Comparison Of The Image Of The Caring Behavior Of Indonesian Nurses At The Tokubetsu Original Yougoroujin Home Ayumien Tokyo With The Caring Behavior Of Nurses At The Elderly Wisma Marry Home Berastagi 2022

Mestiana Br Karo, Kristin Valeria Br Barus

D3 Nursing, STIKes Santa Elisabeth Medan, Jln. Flower Trumpet No.118 Kec. Medan Selayang, Ex. Sempakata, Medan, 2013, Indonesia

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ABSTRACT

Caring behavior is an action related to the patient's well-being such as sensitivity, comfort, attentive listening, honesty and non-judgmental acceptance. This study was conducted because the researcher wanted to know more about the comparison of the caring behavior of Indonesian nurses at the Tokubetsu Yougoroujin Home Ayumien Tokyo with the caring behavior of the nurses at the Marry Home Berastagi Elderly House 2022. This study aims to analyze the comparison of the caring behavior of Indonesian nurses at Tokubetsu Home. Yougoroujin Home Ayumien Tokyo with caring behavior of nurses at Wisma Marry Home Berastagi 2022. This study used a comparative research method with technique total sampling, the number of respondents at the Tokubetsu Yougoroujin Home Ayumien Home in Tokyo amounted to 48 respondents and at Wisma Marry Home Berastagi totaled 49 respondents. The research instrument uses that the caring behaviors Indonesian nurse tools questionnaire. The results show that the caring behavior of Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo from 48 respondents both 19 respondents (39.6%) and very good as many as 29 respondents (60.4%) and the caring behavior of nurses at Wisma Lansia Marry Home Berastagi from 49 respondents very good as many as 49 respondents (100%). Comparison of the caring behavior of Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo with caring behavior of nurses at Wisma Lansia Marry Home Berastagi using the independent sample t-test test show p = 000 (<0.05). Therefore, the caring behavior of nurses needs to be improved and maintained to meet patient needs.

Email: felicbaroese@gmail.com
kristinvaleria1312@gmail.com

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1. Introduction

Nursing is an integral part of health services based on nursing science and tips. This service is in the form of a comprehensive bio-psycho-socio-spiritual service aimed at individuals, families, groups and communities, both healthy and sick, covering all processes of community life (Rofli, 2021). Gerontic nursing is a nursing practice related to diseases in the aging process. Gerontic nursing is a science that studies care for the elderly that focuses on assessing health and functional status, planning, implementing and evaluating (Damanik, 2019).

Caring is one of the most important aspects of nursing. As nurses they care about doing errands, holding hands, being attentive, or being completely present. Nurses care about meeting the needs of patients, family members, and other health care providers (M & RE, 2020). Caring is an act
of nurses who show affection, empathy and sincerity in caring for patients. Behavior *caring* This nurse aims to provide nursing care through an approach that is oriented towards the nurse’s concern for the client, where the behavior caring. This nurse is in accordance with the demands that expect good and quality health services. So that if the behavior *caring* If this is implemented properly, the client will feel satisfied and will have an impact on improving the quality of nursing services (Rahayu, 2018).

Caring behavior in nursing is very necessary, but not all nurses serve patients with caring. This is supported by research conducted by Liu in China (2013), obtained from a survey of 595 patients as many as 197 respondents (33.11%) stated that nurse caring was sufficient, and 83 respondents (13.95%) stated that nurse caring was bad (He et al, 2013). The results of the study Hafrizka & Kamil, regarding the behavior of caring nurses with the Swanson theory approach in the inpatient ward at Meuraxa Hospital Banda aceh show the percentage of behavior caring 58.2% of nurses were in the good category, and suggestions from researchers also said that the nursing profession should increase knowledge about behavior caring because it really helps speed up the healing process of patients being treated so that it will improve the quality of nursing services and also the quality of hospital services (Urzia & Jannah, 2020).

*Caring behavior* is the attitude and behavior we treat others we serve with love. *Caring behavior* is our caring attitude to patients through empathy for patients and families (M & RE, 2020). *Caring behavior* is our caring attitude to patients through empathy for patients and families. The main focus of nursing is the factors carative sourced from a humanistic perspective combined with a basic scientific knowledge. Watson then developed the ten factors carative. This is to help the specific needs of the patient with the aim of realizing complete functional integrity by meeting biophysical, psychosocial and interpersonal needs (Rahayu, 2018).

2. Research methods

The research method used in this research is comparative. This study involved 48 respondents at the Tokubetsu Yougoroujin Home Ayumien Tokyo and 49 respondents at the Wisma Marry Home Berastagi for the elderly. Respondents in this study were the elderly. Collecting data in this study using a questionnaire that was distributed directly to respondents to determine the caring behavior of nurses in providing nursing services to the elderly. The results obtained through the questionnaire were analyzed to compare the caring behavior of Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo with caring behavior of nurses at Wisma Lansia Marry Home Berastagi. The instrument in this study was a standardized questionnaire by Karo, (2018) with a total of 40 statements to assess the caring behavior of nurses. The data analysis technique used in this study was the independent sample t-test.

3. Results And Discussion

| TABLE 1 | Frequency of Respondents Based on Demographic Data (Gender, Age, Education) at the Tokubetsu Youngoroujin Home Ayumien Tokyo 2022. |
|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Demographics | (f) | (%) |
| Gender | | |
| Man | 28 | 58.3 |
| Woman | 20 | 41.7 |
| Total | 48 | 100.0 |
| Age | | |
| 75-90 | 44 | 87.4 |
| >90 | 4 | 12.6 |
| Total | 48 | 100.0 |
| Education | | |
| SENIOR HIGH SCHOOL | 33 | 68.8 |
| PT | 15 | 31.2 |
| Total | 48 | 100.0 |
Based on the table above, data shows that the majority of respondents are male, as many as 28 respondents (58.3%) and the minority of respondents are female as many as 20 respondents (41.7%). The average age of the majority respondents aged 75-90 years was 44 respondents (87.4%) and the minority respondents aged >90 years were 4 respondents (12.6%). The data obtained that the majority of respondents have high school education as many as 33 respondents (68.8%) and a minority of respondents.

| Caring Behavior | (f) | (%)        |
|-----------------|-----|------------|
| Very good       | 29  | 60.4       |
| Well            | 19  | 39.6       |
| Total           | 48  | 100        |

Based on the table above, it was obtained data that the caring behavior of nurses from 48 respondents was in the very good category as many as 29 respondents (60.4%).

| Characteristics | (f) | (%)  |
|-----------------|-----|------|
| Gender          |     |      |
| Man             | 32  | 65.3 |
| Woman           | 17  | 34.7 |
| Total           | 49  | 100.0|
| Age             |     |      |
| 45 - 59         | 2   | 4.1  |
| 60 - 74         | 18  | 36.7 |
| 75 - 90         | 25  | 51.0 |
| > 90            | 4   | 8.2  |
| Total           | 49  | 100.0|
| Ethnic group    |     |      |
| Karo Batak      | 42  | 85.7 |
| Toba Batak      | 5   | 10.2 |
| Simalungun      | 1   | 2.0  |
| Java            | 1   | 2.0  |
| Total           | 49  | 100.0|
| Education       |     |      |
| SD              | 45  | 91.8 |
| high school     | 4   | 8.2  |
| Total           | 49  | 100.0|
| Religion        |     |      |
| Catholic        | 7   | 14.3 |
| Christian       | 40  | 81.6 |
| Islam           | 2   | 4.1  |
| Total           | 49  | 100.0|

Based on the table above, it is obtained data that the majority of respondents are male as many as 32 respondents (65.3%) and the minority of respondents are female as many as 17 people (34.7%), the majority of respondents aged 75 - 90 years are 25 people (51.0%), minority respondents aged 45 – 59 years were 2 people (4.1%), the majority of respondents were Batak Karo as many as 42 respondents (85.7%), minority respondents were from Simalungun ethnicity as many as 1 respondent (2.0%) and Javanese ethnicity as many as 1 respondent (2.0%), the majority of respondents with elementary education as many as 45 respondents (91.8%), the minority of respondents with high school education as many as 4 respondents (8.2%), the majority of respondents are 40 respondents are Christian (81.6%) and the minority of respondents are Muslims as many as 2 respondents (4.1%).
TABLE 1
Frequency Distribution of Respondents Based on Caring Behavior of Nurses at Berastagi Elderly Wisma 2022.

| Caring behavior (f) | (%) |
|---------------------|-----|
| Caring Behavior     |     |
| Very good           | 49  | 100 |
| Total               | 49  | 100 |

Based on the results of the analysis in the table above, it was found that the caring behavior of nurses from 49 respondents was very good, as many as 49 respondents (100%).

3.1 Discussion

Based on the diagram above, data shows that the caring behavior of Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo in 2022 from 48 respondents showed that the majority were in the very good category as many as 29 respondents (60.4%) and 19 respondents (39.6%).

The researcher assumes that the caring behavior of Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo still needs to be improved, namely in performing nursing services, nurses must be able to show caring through greeting, listening to everything conveyed by the elderly, being polite, respecting dignity as fellow human beings, fostering trust and friendly relationship.

This assumption is supported by Yustisia et al (2020), caring must be shown by nurses in every job they do, when they talk, greet, provide health education, counseling and listen to clients. Courtesy is caring behavior of nurses in respecting human dignity, namely clients and their families, instilling mutual trust, respecting humanity by being friendly to clients.

This is supported by Karo (2019), that the way to provide caring behavior in nursing practice is to meet the needs of patients, even family members coordinate with other health care providers in providing care to patients. The quality of nursing services in hospitals depends on the speed, ease and accuracy of carrying out nursing actions which also means that nursing services depend on the efficiency and effectiveness of the structural system.
Based on the diagram above, it was found that the Caring Behavior of Indonesian Nurses at Wisma Lansia Marry Home Berastagi in 2022 from 49 respondents showed that the caring behavior of nurses was very good as many as 49 respondents (100%).

The researcher assumes that nurses at Wisma Lansia Marry Home Berastagi have been able to provide caring behavior to the elderly through caring, respecting, paying attention to the elderly, giving a feeling of calm when the elderly feel anxious. Caring behavior of nurses is also applied by upholding honesty, trust, being emotionally present and understanding the meanings that occur in the lives of the elderly.

This assumption is supported by Imanuel Sri Mei Wulandari (2021), with the caring attitude of a nurse where the nurse gives a caring attitude, respects, gives attention during the nursing care process and the presence of the nurse gives a feeling of calm when the patient feels anxious during the healing process. Caring behavior of nurses is applied to uphold honesty, trust given to patients and good intentions. The caring behavior given helps patients and families to improve well in all psychological, physical, social and spiritual aspects. This is supported by Swanson dalam Karo (2019), caring is the process of how health workers understand the meaning of what is happening in a person’s life, be present emotionally, do things to other women as well as do to oneself, inform and facilitate the way a person goes through life transitions and to trust someone in life.

### Table 5.

**Results of Calculation of Differences in Average Comparison of Caring Behavior of Indonesian Nurses at Tokubetsu Yougoroujin Home Ayumien Tokyo with Caring Behavior of Nurses at Wisma Marry Home Berastagi 2022**

| Variable                | t     | df | Sig. (2-tailed) | Mean Difference | Std error difference |
|-------------------------|-------|----|-----------------|-----------------|---------------------|
| Caring behavior nurse   | -11.46| 95 | .000            | -19.98937       | 1.75096             |
|                         | -11.36| 79.47| .000            | -19.98937       | 1.75869             |

Based on the results of the statistical test, namely the independent sample t-test, it was found that p = .000 (<0.05) where it is said that the significance value (2-tailed) <0.05, which means Ho is rejected and Ha is accepted. Which means that there is a significant difference in the description of caring behavior between Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo...
and caring behavior of nurses at Wisma Lansia Marry Home Berastagi. A prominent difference is found in one of the statements which states that nurses allow patients and their family members to perform rituals of worship for patients.

Researchers assume that a nurse must be able to provide comprehensive nursing care including the spiritual needs of the elderly. In providing spiritual needs for the elderly, nurses must be able to identify, understand the spiritual aspects and understand the influence of these spiritual needs on the lives of the elderly, so that this can provide support for the spiritual needs of the elderly.

This assumption is supported by Pengetahuan (2021), nurses are professional health workers, a nurse must be able to provide comprehensive nursing care services which include bio-psycho-social-spiritual. Spiritual nursing care will be fulfilled if the nurse is able to identify and understand the spiritual aspect of the patient and understand the spiritual influence on the life of each individual. Every nurse must be able to understand their own spirituality first so that they can provide support for the spiritual needs of patients, but in reality there are still many nurses who have not implemented spiritual nursing care due to lack of knowledge, lack of self-confidence and feeling unable to meet the spiritual needs of patients.

4. Conclusion

Caring behavior Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo 2022 can be concluded very well, from 48 respondents with as many as 29 respondents (60.4%). Caring behavior of nurses at Wisma Lansia Marry Home Berastagi in 2022 can be concluded very well from 49 respondents with 49 respondents (100%). Comparison of the caring behavior of Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo with caring behavior of nurses at Wisma Lansia Marry Home Berastagi based on the results of the independent sample t-test, the value of \( p = .000 \) (<0.05) is said to be significant (2-tailed) < 0.05.

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