Facile Synthesis of Triangular and Hexagonal Anionic Gold Nanoparticles and Evaluation of Their Cytotoxicity

R.M. Tripathi 1,2, Sun-Young Yoon 1, Dohee Ahn 1 and Sang J. Chung 1,*

1 School of Pharmacy, Sungkyunkwan University, 2066 Seoburo, Jangan-gu, Suwon, Gyeonggido 16419, Korea; rmtripathi@skku.edu (R.M.T.); youcan26@skku.edu (S.-Y.Y.); ehgm94@naver.com (D.A.)
2 Amity Institute of Nanotechnology, Amity University Uttar Pradesh, Sector 125, Noida 201303, India
* Correspondence: sjchung@skku.edu; Tel.: +82-31-290-7703; Fax: +82-31-292-8800

Received: 7 November 2019; Accepted: 9 December 2019; Published: 12 December 2019

Abstract: Comprehension of the shape-dependent properties of gold nanoparticles (AuNPs) could benefit the advancements in cellular uptake efficiency. Spherical AuNPs have generally been used for drug delivery, and recent research has indicated that the cellular uptake of triangular AuNPs was higher than that of spherical ones. Previous reports have also revealed that chemically synthesized AuNPs were cytotoxic. Therefore, we have developed a facile, cost-effective, and environmentally friendly method for synthesizing triangular and hexagonal anionic AuNPs. The zeta potential of the synthesized AuNPs was negative, which indicated that their surface could be easily functionalized with positively charged molecules to upload drugs or biomolecules. Transmission electron microscopy (TEM) images illustrated that the largest particle size of the synthesized quasi-hexagonal AuNPs was 61 nm. The TEM images also illustrated that two types of equilateral-triangular AuNPs were synthesized: One featured sharp and the other rounded corners. The sides of the smallest and largest triangular AuNPs were 23 and 178 nm, respectively. Energy-dispersive X-ray spectra of the green-synthesized AuNPs indicated that they consisted entirely of elemental Au. The cytotoxicity of the green-synthesized AuNPs was evaluated using 3T3-L1 adipocytes. Using cell viability data, we determined that the green-synthesized AuNPs did not exhibit any cytotoxic effects on 3T3-L1 adipocytes.

Keywords: green synthesis; Erigeron annuus leaf extract; gold nanoparticles; triangular and hexagonal; cytotoxicity; 3T3-L1 preadipocytes

1. Introduction

Gold nanoparticles (AuNPs) have been widely used in the optoelectronics field for electronic and magnetic devices; further, these have been employed as catalysts, antibacterials, colorimetric sensors, and also in drug delivery systems [1–5]. Nanoparticles (NPs) are generally synthesized using chemical methods that involve toxic chemicals, expensive techniques, or inefficient consumption of energy and resources [6]. Chemical methods use reducing and capping agents, such as sodium borohydride, sodium citrate, and sodium dodecyl sulfate; these generate significant environmental and human health problems. Hence, researchers have focused on facile, cost-effective, nontoxic, environmentally friendly, green chemistry methods for synthesizing NPs. Nowadays, researchers have been adopting biological routes for the synthesis of nanomaterials using fungal [1,7,8] and bacterial [9] biomasses as well as plant extracts [10–12]. Of these biomaterials, plant extracts have gained the attention of researchers over bacterial and fungal biomasses. This is because they facilitate easier, more cost-effective synthesis methods, which are amenable to industrial scale-up and do not require culture maintenance.
The physical and chemical properties of AuNPs are shape-dependent [13]. Numerous AuNP morphologies have been reported, such as nanospheres [14], nanocubes [15], and nanorods [16]. Elucidating the influence of the shape of NPs on biological systems could provide valuable information for the development of more effective applications for AuNPs. Few papers have been published on the cellular uptake of AuNPs. Particularly, the cellular uptake of rod-shaped AuNPs by HeLa cells was reported to be lower than that of spherical AuNPs [17]. Au nanospheres and nanocages have been studied to analyze the influence of their shape, size, and surface functional group on cellular uptake [18]. A recent study determined that spherical AuNPs exhibited lower cellular uptake than triangular ones of similar surface areas, and this was less equivocal for HeLa cells than for RAW264.7 ones [19]. It was determined that while the chemically synthesized triangular AuNPs exhibited good cellular uptake, the synthesis method presented inherent drawbacks. Hence, environmentally friendly, facile, and cost-effective methods for the synthesis of AuNPs should be developed.

In this study, we have developed a facile, cost-effective, and environmentally friendly method for the synthesis of triangular and hexagonal AuNPs. *Erigeron annuus* (*E. annuus*) leaf extract was used as a reducing and capping agent for the green synthesis of AuNPs. *E. annuus* leaf extract is a good source of γ-pyranone derivatives, flavonoids, and phenolic acids [20], and these biomolecules play significant roles in the green synthesis of NPs [21,22]. *E. annuus* has been used for the treatment of indigestion, hematuria, enteritis, and epidemic hepatitis [23]. The synthesized AuNPs were negatively charged, which allowed us to easily modify their surface with positively charged molecules. It was found that the positively charged nanoparticles produce more cytotoxic properties in A549 cells as compared to negatively charged particles of a similar shape and size [24]. The green-synthesized triangular and hexagonal AuNPs were used to evaluate their cell viability against 3T3-L1 adipocytes.

2. Materials and Methods

2.1. Materials

Gold(III) chloride trihydrate (HAuCl₃·3H₂O) was purchased from Sigma-Aldrich (St. Louis, MO, USA). The 3T3-L1 preadipocytes were obtained from the American Type Culture Collection (Manassas, VA, USA). Dulbecco’s modified Eagle’s medium (DMEM) was purchased from Welgene (Gyeongsan-si, South Korea). In addition, deionized (DI) water was used for the green synthesis of AuNPs.

2.2. *E. annuus* Leaf Extract Preparation

*E. annuus* leaves were collected from the Suwon campus of Sungkyunkwan University, Gyeonggido, Republic of Korea. The leaves were washed several times with DI water followed by drying at room temperature to remove the adsorbed water from their surface. After mincing them, 8.5 g leaves were added to a 200 mL Erlenmeyer flask that contained 100 mL DI water. The flask was placed on a magnetic stirrer at 500 rpm and the dispersion was boiled. Then, the mixture was allowed to cool to room temperature. The aqueous dispersion was filtrated using Whatman filter paper to obtain the leaf extract that was used for our study. Lastly, the obtained extract was stored at 4 °C for future use for the green synthesis of AuNPs.

2.3. Green Synthesis of AuNPs

HAuCl₃·3H₂O (0.002 M) was dissolved in 10 mL DI water, and the flask containing the solution was placed on a magnetic stirrer at 85 °C and 450 rpm. After 15 min, 2 mL *E. annuus* leaf extract was added to the solution dropwise under continuous stirring, and the reaction was run for 30 min. Au³⁺ was reduced to Au⁰ as indicated by the change in color of the reaction mixture from light yellow to dark red. Surface plasmon resonance (SPR) analysis was performed using ultraviolet–visible (UV–Vis) spectroscopy.
2.4. Effect of *E. Annuus* Leaf Extract Concentration on Green Synthesis of AuNPs

The *E. annuus* leaf extract was used as a reducing agent as well as a capping agent. The effect of the leaf extract concentration on the synthesis of AuNPs was evaluated. Different volumes of *E. annuus* leaf extract in the range 0–2 mL were added to 10 mL HAuCl₄·3H₂O (0.002 M). Each reaction mixture was added to an Erlenmeyer flask, which was placed on a magnetic stirrer at 450 rpm. The reactions were carried out for 30 min after the addition of the leaf extract.

2.5. Effect of Temperature on Green Synthesis of AuNPs

Temperature plays a significant role in the synthesis of NPs. Hence, we have studied the effect of temperature on the synthesis of AuNPs. A series of experiments were conducted at different temperatures (85, 105, 150, and 200 °C), and the results were analyzed. For a typical reaction, 10 mL HAuCl₄·3H₂O (0.002 M) solution was added to an Erlenmeyer flask which was heated to the pre-set temperature. Then, 15 min after the target temperature was reached, 2 mL *E. annuus* leaf extract was added dropwise to the flask.

2.6. Characterisation of Nanoparticles

The SPR of the green-synthesized AuNPs was evaluated using an UV–Vis spectroscopy (UH-5300, Hitachi, Japan) device in the scanning range 400–800 nm. The AuNPs were also analyzed using a dynamic light scattering (DLS; Zetasizer Nano S90, Malvern) apparatus to determine their size distribution profile and zeta-potential values. The participation of biological molecules to the synthesis of AuNPs was analyzed using a Fourier-transform infrared (FTIR; FTS 7000, Varian, Australia) spectroscopy in the scanning range 500–4000 nm. The size and shape of the green-synthesized AuNPs were analyzed using a transmission electron microscopy (TEM; JEM-3010, JEOL, Japan) instrument. Furthermore, the elemental composition of the AuNPs was examined using energy-dispersive X-ray spectroscopy (EDX).

2.7. Cytotoxicity Assay

2.7.1. Cell Culture

The methods used for culturing the 3T3-L1 preadipocytes have been previously described by Cho et al. [25]. The 3T3-L1 preadipocytes were cultured in high glucose DMEM that contained 10% bovine calf serum (FBS; Thermo Fisher Scientific) and antibiotic-antimycotic solution (Welgene).

2.7.2. Cell Differentiation

The methods used for differentiating the 3T3-L1 preadipocytes have been previously described by Cho et al. [25]. When the 3T3-L1 preadipocytes reached 100% confluence, they were cultured in DMEM that contained 10% fetal bovine serum (FBS; Thermo Fisher Scientific Korea Ltd., Seoul, Korea), 0.5 mM isobutylmethylxanthine (Merck KGaA, Darmstadt, Germany) as antibiotic-antimycotic solution, 1 μM dexamethasone (Sigma-Aldrich, St. Louis, MO, USA), and 5 μg/mL insulin (Merck KGaA, Darmstadt, Germany) for 2 days. The cells were then maintained in DMEM supplemented with 10% FBS, antibiotic-antimycotic solution, and 5 μg/mL insulin for two additional days. This was followed by culturing them in DMEM that contained 10% FBS and antibiotic-antimycotic solution for 4 additional days.

2.7.3. Cell Viability Assay

EZ-Cytox assay kits (DOGEN Bio., Seoul, Korea) were used according to the manufacturer’s instructions for measuring cell viability. Differentiated 3T3-L1 adipocytes were incubated with various concentrations of AuNPs (0, 5, 10, 20, 30, and 60 μg/mL) for 48 h and were subsequently assessed at 450 nm using a Victor™X4 (PerkinElmer, Waltham, MA, USA) microplate reader.
3. Results and Discussion

3.1. UV–Vis Spectroscopy Analysis

The green-synthesized triangular and hexagonal AuNPs were examined using UV–Vis spectroscopy. The *E. annuus* leaf extract was used as a reducing and capping agent for the synthesis of AuNPs (Figure 1a). After 30 min of incubation, the color of the solution changed from yellow to dark red owing to the SPR effect; this indicated the formation of the AuNPs [3]. Figure 1b illustrates the UV–Vis spectrum of the aqueous HAuCl₄·3H₂O solution where no peak was observed at 547 nm. However, an intense peak at 547 nm was observed in the UV–Vis spectrum of the dark red color colloidal dispersion, which corresponded to the SPR of AuNPs [26]. This indicated the capability of the *E. annuus* leaf extract to reduce Au³⁺ to Au⁰. The first vial in Figure 1c (left) contained dark red-colored as-synthesized colloidal AuNP dispersion; the second vial (right) contained red-colored AuNP dispersion after dilution with DI water. The complete reduction of Au³⁺ into Au⁰ occurred within 30 min, whereas previous reports mentioned that 72 h was required to reduce Au³⁺ to Au⁰ using fungal biomass [3]. Therefore, this was a biological method for the rapid synthesis of AuNPs.

![Figure 1](image1.png)

**Figure 1.** Green synthesis of Au nanoparticles (AuNPs). (a) *Erigeron annuus* plants. (b) Ultraviolet-visible spectra of green-synthesized AuNPs. (c) Dark red-colored dispersion (left vial) of as-synthesized AuNPs and light red-colored dispersion (right vial) of as-synthesized AuNPs diluted with deionized water.

3.2. DLS Analysis

The green-synthesized AuNPs were analyzed using DLS to determine their size distribution profile and zeta potential values. Figure 2a depicts the DLS graph of the as-synthesized AuNPs, which illustrates that the Z-average diameter of the AuNPs was 83.3 nm. The polydispersity index is an important parameter for assessing the quality of NPs. The polydispersity indices of good-quality NPs are typically higher than 0.7 [2,27]. The polydispersity index of the AuNPs we synthesized was 0.485 (Figure 2a). The surface charge of the synthesized AuNPs was also determined. The zeta potential of the AuNPs was determined to be –26.7 mV, which indicated that the surface of the AuNPs was negatively charged. This negative potential also indicated the presence of biological moieties on the surface of the synthesized AuNPs, which were responsible for the negative charge.

3.3. FTIR Analysis

The FTIR spectrum of the as-synthesized AuNPs was obtained to assess the involvement of the *E. annuus* leaf extract in the synthesis of AuNPs. Figure 3 illustrates the FTIR spectrum of AuNPs in the scanning range of 500–4000 nm. An intense peak was observed at 3419.70 cm⁻¹, which corresponded to the –OH stretching vibrations of the OH units and water [11,28]. A second intense peak was observed at 1604.73 cm⁻¹, which was ascribed to the local environments of the COO⁻ groups (1610–1550 cm⁻¹) in the protein molecule [29]. The peak at 1386.75 cm⁻¹ was attributed to the bending
of the C–H aldehyde bonds. Lastly, the peak at 1070.46 cm⁻¹, corresponded to the flavanones adsorbed on the surface of the AuNPs [30]. The FTIR spectrum indicated that the biomolecules in the *E. annuus* leaf extract were involved in the synthesis of the AuNPs.

**Figure 2.** Dynamic light scattering analysis of green-synthesized Au nanoparticles (AuNPs). (a) Size distribution profile and (b) zeta potential of AuNPs.
The triangular area needs stacks small AuNPs. Nanomaterials analysis determined the synthesis of triangular and hexagonal AuNPs. The size and morphology of the as-synthesized AuNPs were examined using TEM. A carbon-coated Cu grid was used to prepare the samples for TEM analysis using the drop coating method. The TEM images in Figure 4a,c illustrate that the synthesized AuNPs presented triangular and hexagonal morphologies; the number of hexagonal AuNPs exceeded that of triangular ones. Using the overall TEM image of the sample (Figure 4a), which was scanned at 0.2 μm, we determined that the smallest AuNPs were approximately 5 nm in size (Figure 4a). Figure 4b (the magnified image of the area encircled in red in Figure 4a) illustrates the presence of quasi-hexagonal AuNPs in the sample, where the largest particles were 61 nm in size. Moreover, the TEM image in Figure 4a illustrates that most AuNPs were not spherical, except for a few very small ones.

The TEM images in Figures 4c and d illustrate that the hexagonal green-synthesized AuNPs were larger than the spherical ones. When the particles were scanned at 50 nm (Figure 4e) it was determined that most particles were quasi-hexagonal in shape. Figure 4f (the magnified view of the area encircled in red in Figure 4e) illustrates the hexagonal morphology of the 47 nm AuNPs. According to the TEM images in Figure 5, the green-synthesized triangular AuNPs were equilateral in shape. The TEM image in Figure 5a illustrates two types of triangular AuNPs in the area encircled in red: sharp- and round-cornered ones. The sides of the smallest and largest triangular AuNPs were 23 and 178 nm, respectively. The darker the shade was of the triangular AuNPs, the thicker the sides were (Figure 5b). Figure 5b is the magnified TEM image of the area encircled in red in Figure 5a; this figure illustrates that the triangular AuNPs were very thin. Moreover, the triangular AuNPs and even stacks of two triangular AuNPs were thinner than the hexagonal AuNPs (Figure 5b,c). Furthermore, the TEM images in Figure 5d and its inset confirmed the presence of sharp- and round-cornered triangular AuNPs, respectively, in the sample. The TEM images in Figure 5e,f present a single triangular AuNP; its sides are 104 nm each and its corners are rounded. The TEM micrographs of green-synthesized triangular AuNPs were equilateral type.

![Figure 3. Fourier-transform infrared spectrum of green-synthesized Au nanoparticles.](image-url)
Figure 4. Transmission electron microscopy (TEM) images of green-synthesized hexagonal Au nanoparticles (AuNPs). (a) Overall view of sample. (b) Magnified image of area encircled in red in (a). (c) TEM image scanned at 200 nm. (d) Quasi-hexagonal AuNPs. (e) AuNPs scanned at 50 nm. (f) Magnified image of encircled AuNP in (e) that illustrates its hexagonal shape. (g) Energy-dispersive X-ray spectrum of hexagonal AuNPs.
Figure 5. Transmission electron microscopy (TEM) images of green-synthesized triangular Au nanoparticles (AuNPs). (a) Overall view of sample. (b) Magnified image of area encircled in red in (a). (c) TEM image illustrating thickness difference between hexagonal and triangular AuNPs. (d) AuNPs featuring broad and sharp angles. (e) High-resolution transmission electron microscopy (HR-TEM) image of individual triangular AuNP. (f) HR-TEM image focused on angle feature of AuNP in (e). (g) Energy-dispersive X-ray spectrum of triangular AuNPs.

3.5. EDX Analysis

The green-synthesized triangular and hexagonal AuNPs were characterized using EDX to determine their elemental composition. The EDX profiles were obtained during the TEM analysis of the AuNPs as the EDX device was an attachment of the TEM instrument. Figures 4g and 5g depict the EDX profiles of hexagonal and triangular AuNPs, respectively, which include the strong signals of elemental Au. These signals revealed that the green-synthesized AuNPs consisted of elemental Au, as no other elemental signals were detected in the EDX profiles, except for Cu. The presence of the Cu signal was explained by the use of the Cu grid when preparing the samples. Hence, the synthesized triangular and hexagonal AuNPs consisted of pure elemental Au. Table 1 lists the elemental percentage, composition, series, and K-factor for the nanoparticles by the EDX.
Table 1. Elemental composition of Au nanoparticles acquired using energy-dispersive X-ray spectroscopy.

| Element | Line Type | K Factor | Absorption Correction | Wt.% | Wt.% Sigma | At.% |
|---------|-----------|----------|-----------------------|------|------------|------|
| Cu      | K series  | 1.233    | 0.52                  | 28.31| 0.30       | 55.03|
| Au      | L series  | 2.265    | 0.52                  | 71.69| 0.30       | 44.97|
| Total   |           |          |                       | 100.00| 100.00     |      |

3.6. Possible Green Synthesis Mechanism

The possible green synthesis mechanism of anionic AuNPs has been discussed to understand the formation. The polyphenolic compounds are present in the leaf extract which plays an important role in the synthesis of nanoparticles. E. annuus leaf extract is a prominent source of γ-pyranone derivatives, flavonoids, and phenolic acids [20], and these biomolecules show significant roles in the synthesis of NPs [5,21,22]. These polyphenolic compounds are abundantly existing in all parts of the plants which play a major role in counteracting the effect of reactive oxygen species (ROS) [5,22]. The flavonoids and tannins are abundantly found in aqueous extract of E. annuus leaf extract which shows high antioxidative activity. When leaf extract was added into gold(III) chloride trihydrate (HAuCl₃·3H₂O) solution, the reduction of Au⁺⁺ started into Au⁰. The neutralized Au⁰ undergoes physical phenomena nucleation to get its size and shape. FTIR analysis supported that the protein molecules stabilized the nanoparticles. An intense peak was witnessed at 1604.73 cm⁻¹, which was attributed to the local environments of the COO⁻ groups in the protein molecule. The zeta potential of the synthesized nanoparticles was determined to be −26.7 mV, which indicated that the surface of the nanoparticles was negatively charged. The presence of COO⁻ groups (1604.73 cm⁻¹) on the surface of nanoparticles is mainly responsible for the negative zeta potential [2]. The peak at 1070.46 cm⁻¹, corresponded to the flavanones on the surface of the AuNPs. The FTIR analysis clearly revealed the participation of biological molecules for the synthesis of nanoparticles. However, further experimental analysis would be necessary to understand the detailed mechanism.

3.7. Effect of E. Annuus Leaf Extract Concentration on Green Synthesis of AuNPs

The E. annuus leaf extract was used as both reducing and capping agents during the synthesis of the AuNPs [7]. Hence, the concentration of the leaf extract could play a significant role in the green synthesis process. The effect of the E. annuus leaf extract on the synthesis of AuNPs was analyzed using SPR as well as data on the size of the synthesized AuNPs. Figure 6a depicts the UV–Vis spectra of the AuNPs green-synthesized using different E. annuus leaf extract concentrations. No reaction occurred in the absence of the leaf extract, as the color of the reactant mixture remained unchanged as time went by and no peaks were observed in the UV–Vis spectrum of the mixture. When the HAuCl₃·3H₂O solution was treated with 1 mL E. annuus leaf extract, the color of the solution changed from light yellow to light red and a very weak peak was observed in the UV–Vis spectrum. Whereas, when 2 mL E annuus leaf extract was added to the HAuCl₃·3H₂O solution, the color of the final mixture was bright red. The SPR of the AuNPs synthesized using 2 mL E. annuus leaf extract was stronger than that of the AuNPs synthesized using 1 mL leaf extract (Figure 6a). Moreover, the absorbance of the reaction mixture that contained 2 mL E. annuus leaf extract was higher than that of the mixture that contained 1 mL leaf extract at 554 nm (Figure 6b). The sizes of the AuNPs synthesized using 1 and 2 mL E. annuus leaf extract were analyzed using DLS (Figure 6c,d, respectively). Using these size distribution profiles, the Z-average sizes of the AuNPs synthesized using 1 and 2 mL E. annuus leaf extract were determined to be 200 and 100 nm, respectively. Therefore, 2 mL was determined to be the optimum E. annuus leaf extract volume for the synthesis of AuNPs; the AuNPs obtained using 2 mL leaf extract presented the smallest size and highest absorbance (highest AuNP yield) of all synthesized AuNPs in this study.
Figure 6. Effect of *Erigeron annuus* (*E. annuus*) leaf extract on synthesis of Au nanoparticles (AuNPs). (a) Ultraviolet–visible spectra of green-synthesized AuNPs using different leaf extract (LE) volumes. (b) Comparison of absorbance of reaction mixtures containing different volumes of *E. annuus* leaf extract at 554 nm. (c,d) Dynamic light scattering graphs of AuNPs synthesized using 1 and 2 mL *E. annuus* leaf extract, respectively.

3.8. Effect of Reaction Temperature on Green Synthesis of AuNPs

The effects of the temperature on the SPR and size of AuNPs were evaluated using UV–Vis spectroscopy and DLS, respectively. Agarwal et al. indicated that temperature is an important parameter for nanoparticle synthesis [11]. We synthesized AuNPs at various temperatures in the range 85–200 °C using 2 mL *E. annuus* leaf extract. The UV–Vis spectra of the reaction mixtures revealed that all temperatures supported the green synthesis of AuNPs as SPR was observed at approximately 550 nm regardless of the temperature (Figure 7a). The absorbance increased as the synthesis temperature increased from 85 to 105 and 150 °C, but decreased as the temperature was further increased to 200 °C (Figure 7b). The highest absorbance was observed when the reaction was performed at 150 °C. The effect of the temperature on the size of the AuNPs was also determined using DLS. Figure 7c,d illustrates that the Z-average values of the AuNPs synthesized at 85, 105, 150, and 200 °C were approximately 100, 120, 110, and 150 nm, respectively. Therefore, the results supported the hypothesis that increasing the synthesis temperature increased the Z-average size of the AuNPs.
Figure 7. Effect of temperature on green synthesis of Au nanoparticles (AuNPs). (a) Ultraviolet-visible spectra of AuNPs green-synthesized at different temperatures. (b) Comparison of absorbance of AuNPs synthesized at different temperatures at 550 nm. (c,d,e,f) Dynamic light scattering graphs of AuNPs synthesized at 85, 105, 150, and 200 °C, respectively.

3.9. Cytotoxicity Assays

The cytotoxicity of the green-synthesized AuNPs was examined against 3T3-L1 adipocytes. Various concentrations of AuNPs in the 5–60 μg/mL range were supplemented with DMEM that contained 10% FBS and antibiotic-antimycotic solution. The cell viability, expressed as a percentage of untreated control adipocytes (100% cell viability) was examined using EZ-Cytox assay kits. After analyzing the assays for 48 h, it was concluded that the green-synthesized AuNPs did not affect the viability of the 3T3-L1 adipocytes, even at the high concentration of 60 μg/mL (Figure 8). Vijayakumar and Ganesan indicated that citrate-stabilized AuNPs (chemically synthesized) considerably affected cell viability compared with biologically stable AuNPs [32]. Using cell viability data, we concluded
that the AuNPs synthesized using *E. annuus* leaf extract did not exhibit any adverse effects on 3T3-L1 adipocytes. However, a very slightly negative slope was found which represents very less cytotoxic at high concentration of nanoparticles. The previous study has used very few concentration gold nanoparticles for cytotoxicity analysis [33,34]. We have found that cytotoxicity is very less with a high concentration of nanoparticles. It was observed that the 93.83% cell viability was found after 48 h incubation. Figure 8 does not show a sharp decrease in the cell viability with increasing concentration of nanoparticles. Therefore, our present study showed that the synthesized nanoparticles were no-toxic or very less toxic to 3T3-L1 adipocytes.

![Cell viability assay](image)

**Figure 8.** Cell viability assay in presence of different concentrations of biogenic Au nanoparticles (AuNPs) against 3T3-L1 adipocytes.

### 4. Conclusions

In this study, we have developed an environmentally friendly method for the synthesis of triangular and hexagonal AuNPs. The method did not require the use of hazardous chemicals or any chemicals except for Au salt. *E. annuus* leaf extract, which acted as a reducing as well as a capping agent. Further, this extract was used for the synthesis of triangular and hexagonal AuNPs. The surface potential of the green-synthesized AuNPs was negative and could be easily modified. The TEM images of the AuNPs illustrated that a fraction of the synthesized AuNPs was quasi-hexagonal, and the largest quasi-hexagonal AuNPs were 61 nm in size. In addition, two types of equilateral triangular AuNPs were synthesized—sharp- and round-cornered—as observed in the TEM images that are included in the manuscript. The strong signals of Au in the EDX profiles of the triangular and hexagonal AuNPs revealed that elemental Au was the only element present in the synthesized AuNPs. Furthermore, the green-synthesized AuNPs did not present cytotoxic effects on 3T3-L1 adipocytes; this was evidenced using cell viability analysis.

**Author Contributions:** S.J.C. developed the study concept and contributed to study design. R.M.T. performed the experiments related to the green synthesis of anionic triangular and hexagonal gold nanoparticles. S.J.C., and R.M.T. performed the samples characterization. D.A., and S.Y. performed the cytotoxicity assay. S.J.C. supervised throughout the study. All authors have analyzed and discussed the results thoroughly and have contributed to the final version of the manuscript.

**Funding:** This research was supported by the Bio and Medical Technology Development Program of the National Research Foundation (NRF) funded by the Korean government (MSIT) (NRF-2012M3A9C4048775 and NRF-2017M3A9C8031995).
**Acknowledgments:** All authors are thankful to the Cooperative Center for Research Facilities (CCRF), Sungkyunkwan University (SKKU) to provide excellent facility for the characterization of the nanoparticles.

**Conflicts of Interest:** The authors declare no conflict of interest.

**References**

1. Tripathi, R.M.; Shrivastav, B.R.; Shrivastav, A. Antibacterial and catalytic activity of biogenic gold nanoparticles synthesised by Trichoderma harzianum. IET Nanobiotechnology 2018, 12, 509–513.

2. Tripathi, R.; Park, S.H.; Kim, G.; Kim, D.-H.; Ahn, D.; Kim, Y.M.; Kwon, S.J.; Yoon, S.-Y.; Kang, H.J.; Chung, S.J. Metal-induced redshift of optical spectra of gold nanoparticles: An instant, sensitive, and selective visual detection of lead ions. Int. Biodeterior. Biodegrad. 2019, 144, 104740.

3. Tripathi, R.; Gupta, R.K.; Singh, P.; Bhadwal, A.S.; Shrivastav, A.; Kumar, N.; Shrivastav, B. Ultra-sensitive detection of mercury (II) ions in water sample using gold nanoparticles synthesized by Trichoderma harzianum and their mechanistic approach. Sens. Actuators B Chem. 2014, 204, 637–646.

4. Tripathi, R.; Chung, S.J. Biogenic nanomaterials: Synthesis, characterization, growth mechanism, and biomedical applications. J. Microbiol. Methods 2019, 157, 65-80.

5. Mehrotra, N.; Tripathi, R.M. Short interfering RNA therapeutics: Nanocarriers, prospects and limitations. IET Nanobiotechnology 2015, 9, 386–395.

6. Lee, S.Y.; Krishnamurthy, S.; Cho, C.-W.; Yun, Y.-S. Biosynthesis of gold nanoparticles using Ocimum sanctum extracts by solvents with different polarity. ACS Sustain. Chem. Eng. 2016, 4, 2651–2659.

7. Tripathi, R.M.; Gupta, R.K.; Bhadwal, A.S.; Singh, P.; Shrivastav, A.; Shrivastav, B. Fungal biomolecules assisted biosynthesis of Au–Ag alloy nanoparticles and evaluation of their catalytic property. IET Nanobiotechnology 2015, 9, 178–183.

8. Tripathi, R.; Kumar, N.; Bhadwal, A.S.; Gupta, R.K.; Shrivastav, B.; Shrivastav, A. Facile and rapid biomimetic approach for synthesis of HAp nanofibers and evaluation of their photocatalytic activity. Mater. Lett. 2015, 140, 64–67.

9. Tripathi, R.; Bhadwal, A.S.; Singh, P.; Shrivastav, A.; Singh, M.; Shrivastav, B. Mechanistic aspects of biogenic synthesis of CdS nanoparticles using Bacillus licheniformis. Adv. Nat. Sci. Nanosci. Nanotechnol. 2014, 5, 025006.

10. Mahajan, R.; Bhadwal, A.S.; Kumar, N.; Madhusudanan, M.; Pudake, R.N.; Tripathi, R.M. Green synthesis of highly stable carbon nanodots and their photocatalytic performance. IET Nanobiotechnology 2016, 11, 360–364.

11. Agarwal, M.; Bhadwal, A.S.; Kumar, N.; Shrivastav, A.; Shrivastav, B.R.; Singh, M.P.; Zafar, F.; Tripathi, R.M. Catalytic degradation of methylene blue by biosynthesised copper nanoflowers using F. benghalensis leaf extract. IET Nanobiotechnology 2016, 10, 321–325.

12. Tripathi, R.; Rao, R.P.; Tsuzuki, T. Green synthesis of sulfur nanoparticles and evaluation of their catalytic detoxification of hexavalent chromium in water. RSC Adv. 2018, 8, 36345–36352.

13. Langille, M.R.; Personick, M.L.; Zhang, J.; Mirkin, C.A. Defining rules for the shape evolution of gold nanoparticles. J. Am. Chem. Soc. 2012, 134, 14542–14554.

14. Zhang, J.; Zhao, B.; Meng, L.; Wu, H.; Wang, X.; Li, C. Controlled synthesis of gold nanospheres and single crystals in hydrogel. J. Nanoparticle Res. 2007, 9, 1167–1171.

15. Omar, R.; Naciri, A.E.; Jradi, S.; Battie, Y.; Toufaily, J.; Mortada, H.; Akil, S. One-step synthesis of a monolayer of monodisperse gold nanocubes for SERS substrates. J. Mater. Chem. C 2017, 5, 10813–10821.

16. Alekseeva, A.; Bogatyrev, V.; Khlebtsov, B.; Mel’Nikov, A.; Dykman, L.; Khlebtsov, N. Gold nanorods: Synthesis and optical properties. Colloid J. 2006, 68, 661–678.
17. Fytianos, K.; Rodriguez-Lorenzo, L.; Clift, M.J.; Blank, F.; Vanhecke, D.; Von Garnier, C.; Petri-Fink, A.; Rothen-Rutishauser, B. Uptake efficiency of surface modified gold nanoparticles does not correlate with functional changes and cytokine secretion in human dendritic cells in vitro. Nanomed. Nanotechnol. Biol. Med. 2015, 11, 633–644.

18. Cho, E.C.; Au, L.; Zhang, Q.; Xia, Y. The effects of size, shape, and surface functional group of gold nanostructures on their adsorption and internalization by cells. Small 2010, 6, 517–522.

19. Nambara, K.; Niikura, K.; Mitomo, H.; Ninomiya, T.; Takeuchi, C.; Wei, J.; Matsuo, Y.; Iijiro, K. Reverse size dependences of the cellular uptake of triangular and spherical gold nanoparticles. Langmuir 2016, 32, 12559–12567.

20. Nazaruk, J.; Kalembali, D. Chemical Composition of the Essential Oils from the Roots of Erigeron acris L. and Erigeron annuus (L.) Pers. Molecules 2009, 14, 2458–2465.

21. Tripathi, R.; Shrivastav, A.; Shrivastav, B. Biofabrication of gold nanoparticles using leaf of Ficus benghalensis and their characterization. Int. J. Pharm. Biol. Sci. 2012, 3, 551–558.

22. Tripathi, R.M.; Ranac, D.; Shrivastav, A.; Singh, R.P.; Shrivastav, B.R. Biogenic Synthesis of Silver Nanoparticles Using Saraca indica Leaf Extract and Evaluation of Their Antibacterial Activity. Nano Biomed. Eng. 2013, 5, 50–56.

23. Li, X.; Yang, M.; Han, Y.-F.; Gao, K. New sesquiterpenes from Erigeron annus. Planta Med. 2005, 71, 268–272.

24. Baek, M.; Kim, M.; Cho, H.; Lee, J.; Yu, J.; Chung, H.; Choi, S. Factors influencing the cytotoxicity of zinc oxide nanoparticles: particle size and surface charge. In Proceedings of Journal of Physics: Conference Series; IOP Publishing: Bristol, UK, 2011; p. 012044.

25. Cho, Y.-L.; Min, J.-K.; Roh, K.M.; Kim, W.K.; Han, B.S.; Bae, K.-H.; Lee, S.C.; Chung, S.J.; Kang, H.J. Phosphoprotein phosphatase 1CB (PPP1CB), a novel adipogenic activator, promotes 3T3-L1 adipogenesis. Biochem. Biophys. Res. Commun. 2015, 467, 211–217.

26. Yeh, Y.-C.; Creran, B.; Rotello, V.M. Gold nanoparticles: Preparation, properties, and applications in bionanotechnology. Nanoscale 2012, 4, 1871–1880.

27. Malvern, I. Inform White Paper Dynamic Light Scattering; Malvern Malvern Instruments Ltd: Malvern, UK, 2011; pp. 1–6.

28. Mehrotra, N.; Tripathi, R.M.; Zafar, F.; Singh, M.P. Catalytic degradation of dichlorvos using biosynthesized zero valent iron nanoparticles. IEEE Trans. Nanobioscience 2017, 16, 280–286.

29. Nara, M.; Tanokura, M. Infrared spectroscopic study of the metal-coordination structures of calcium-binding proteins. Biochem. Biophys. Res. Commun. 2008, 369, 225–239, doi:10.1016/j.bbrc.2007.11.188.

30. Shankar, S.S.; Rai, A.; Ahmad, A.; Sastry, M. Rapid synthesis of Au, Ag, and bimetallic Au core–Ag shell nanoparticles using Neem (Azadirachta indica) leaf broth. J. Colloid Interface Sci. 2004, 275, 496–502.

31. Shankar, S.S.; Rai, A.; Ankamwar, B.; Singh, A.; Ahmad, A.; Sastry, M. Biological synthesis of triangular gold nanoparticles. Nat. Mater. 2004, 3, 482–488, doi:10.1038/nmat1152.

32. Vijayakumar, S.; Ganesan, S. In vitro cytotoxicity assay on gold nanoparticles with different stabilizing agents. J. Nanomater. 2012, 2012, 14.
33. Steckiewicz, K.P.; Barcinska, E.; Malankowska, A.; Zauszkiewicz-Pawlak, A.; Nowaczyk, G.; Zaleska-Medynska, A.; Inkielewicz-Stepniak, I. Impact of gold nanoparticles shape on their cytotoxicity against human osteoblast and osteosarcoma in in vitro model. Evaluation of the safety of use and anti-cancer potential. *J. Mater. Sci. Mater. Med.* 2019, 30, 22.

34. Milanezi, F.G.; Meireles, L.M.; de Christo Scherer, M.M.; de Oliveira, J.P.; da Silva, A.R.; de Araujo, M.L.; Endringer, D.C.; Fronza, M.; Guimarães, M.C.C.; Scherer, R. Antioxidant, antimicrobial and cytotoxic activities of gold nanoparticles capped with quercetin. *Saudi Pharm. J.* 2019, doi:10.1016/j.jsps.2019.07.005.

© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).