Impedance testing of porous Si₃N₄ scaffolds for skeletal implant applications

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Received: 28 November 2019 / Accepted: 11 March 2020 / Published online: 6 April 2020 © The Author(s) 2020

Abstract
Si₃N₄ ceramics show excellent characteristics of mechanical and chemical resistance in combination with good biocompatibility, antibacterial property and radiolucency. Therefore, they are intensively studied as structural materials in skeletal implant applications. Despite their attractive properties, there are limited data in the field about in vitro studies of cellular growth on ceramic implant materials. In this study, the growth of bone cells was investigated on porous silicon nitride (Si₃N₄) ceramic implant by using electrochemical impedance spectroscopy (EIS). Partial sintering was performed at 1700 °C with limited amount of sintering additive for the production of porous Si₃N₄ scaffolds. All samples were then sterilized by using ethylene oxide followed by culturing MG-63 osteosarcoma cells on the substrates for in vitro assays. At 20 and 36 h, EIS was performed and results demonstrated that magnitude of the impedance as a result of the changes in the culture medium increased after incubation with osteosarcoma cells. The changes are attributed to the cellular uptake of charged molecules from the medium. Si₃N₄ samples appear to show large impedance magnitude changes, especially between 100 and 1 Hz. Impedance changes were also correlated with WST-1 measurements (36 h) and DAPI results.

Keywords Electrochemical impedance spectroscopy · Cellular attachment · Bone implant · Si₃N₄

1 Introduction
Si₃N₄ ceramics are non-oxide technical ceramics that have been used in various applications due to its advantageous combination of chemical, thermal, tribological, and mechanical properties [1–4]. Beside these unique properties, the possible usability of Si₃N₄ as a bone substitute or an implant was proven with various studies [5–7]. This is due to the fact that the surface of the Si₃N₄ ceramics has a unique property which helps to increase the metabolic activity of osteoblast cells; this results in efficient bone growth. In other words, the surface of Si₃N₄ encourages cells to produce bony apatite [8]. Si₃N₄ ceramics also support osteogenesis behaviour where human mesenchymal cells (HMC) differentiate to osteoblast cells [9, 10]. In one study, Si₃N₄ ceramic-based hip prosthesis was compared with the commercially used hip prostheses which are CoCr and Al₂O₃ and it was shown that Si₃N₄ had the lowest artefact level in the MRI images than CoCr and Al₂O₃ [11]. In other studies, Si₃N₄ ceramics were used to investigate the relation between biocompatibility, cell growth behaviour and antibacterial resistance [12, 13]. The Si₃N₄ surface inhibits bacterial colonization because it releases NH₄⁺ (in major) and NH₃ (in minor) ions at physiological pH. This
release occurs due to the covalent bonding of Si–N. The NH₃ ion diffuses into the membrane of the bacteria and reacts with the DNA/RNA, whereas the NH₄⁺ ion is used as a nutrient by the cells and induces cells to synthesize proteins to continue the differentiation [12]. Silicon has an important role in osteoblastic activity increment, and nitrogen has an impact on the antibacterial effect. Osteogenic and antibacterial effect of the both Si and N elements and their atomic ratio in Si₃N₄ were also investigated in particular [13]. It was shown that the Si-rich surfaces showed poor osteogenic ability and osteoblast proliferation decreased on its surface. In addition, the important role of nitrogen was investigated in the osteoblast proliferation and osteogenic abilities. To investigate the osteogenic differentiation further, electrochemical impedance spectroscopy (EIS) analysis was used in a different study [14]. The changes in the magnitude of the impedance due to the activity of human mast cell (HMC) used in the study proved that the EIS is a potential candidate cell culture-based in situ analysis technique.

In this study, the cell growth and viability of osteosarcoma cells on the surface of a porous Si₃N₄ substrate were investigated using EIS technique. MG-63 osteosarcoma cells were seeded on the samples, and EIS was used to detect the cell growth by determining its high sensitivity to the changes in the electrode–solution interface of an electrode. Our results confirmed that Si₃N₄ shows promise as a ceramic material in the joint implants, where the integration of bone cells onto the surface is crucial for osseointegration.

2 Materials and methods

2.1 Preparation and physical characterization of samples

α-Si₃N₄ (UBE SN E10, Japan) and CaO (CaCO₃, Reidel-de Haen, Germany) were used as starting materials. Powders were mixed by the ball milling process (MSE Technologies, Turkey) at 180 rpm for 24 h by isopropanol alcohol. The powder mix was dried by using rotary evaporation. The tape casting method was chosen for shaping where powder and tape solution (alcohol-based solution) were mixed by a dual asymmetric centrifugal mixer (Speed-Mixer™ (DAC150.1 FVZ)) for 20 min at 3000 rpm. The slurry was casted onto the silicone-coated polyester sheet and shaped by a blade with a thickness of 400 µm. After casting, tape was left to dry to remove all the alcohol-based substances. Tapes were then cut into 15 × 15 mm² square shapes, and 45 samples were laminated. The laminated tapes were pressed by uniaxial press (MSE Technologies, Turkey) under 10 MPa pressure. The polymeric substances were removed by a burn-out process with the heating rate of 0.5 °C/min up to 750 °C. After the burn-out process, sintering was formed at 1700 °C with a 7 °C/h under a nitrogen atmosphere by using an atmosphere controlled furnace (MSE Technologies, Turkey). Dimensions of the samples were reduced into 5 × 5 × 5 mm³ for the cell culture studies. Samples were analysed based on physical characterization in which density, porosity and microstructure were investigated. Density and apparent porosity were measured and calculated by Archimedes’ principle. The phase and microstructural analysis were conducted by XRD (Rigaku Miniflex, Japan) and SEM (Hitachi SU5000, Japan), respectively. The pore sizes and their distribution were analysed by a mercury intrusion porosimetry (Micrometric, Autopore IV, USA).

2.2 Cell culture and cell viability assay

MG-63 osteosarcoma cells were cultured in high-glucose Dulbecco’s modified Eagle’s medium (DMEM) with 1% L-glutamine, 1% penicillin + streptomycin and 10% foetal bovine serum (FBS). Cells were cultured at 37 °C, 95% humidity and 5% CO₂ until they reached confluence. When cells reached the confluence, they were trypsinated, counted and seeded as 5000 cells/50 µL onto each sample surface. Cell seeded samples were incubated for 4 h to allow cells to attach to the surface in six-well plates, and then 2 mL of fresh medium was slowly added to each well and incubation continued until the first measurement time point. Si₃N₄ samples as the working electrode were then partially submerged in the medium.

WST-1 was used as a measure of cell viability. WST-1 contains a tetrazolium salt which is converted to formazan in the presence of active mitochondrial enzymes. Formazan absorbs light at a wavelength of 440 nm and can therefore be quantified by absorbance measurements at this wavelength. The production of formazan is not toxic to cells, allowing multiple viability measurements to be performed on the same sample. At reading time points, medium from the wells was discarded until only 300–400 µL remained, and then WST-1 was added to a concentration of 10% v/v. Samples were incubated for 3.25 h with WST-1 reagent, then medium containing WST-1 was removed, and finally the absorbance of medium was measured at 440 nm using a microplate reader. Following the medium removal, the wells containing the samples were immediately refilled with the 2 mL fresh DMEM. Control measurements were performed on medium with WST-1 and without WST-1 solutions.
2.3 Electrochemical measurements

EIS was performed using a PalmSens PS4 potentiostat. A 3-electrode cell was used, which consisted of a stainless steel working electrode, counter electrode, and a silver reference electrode. Electrodes were added to the medium where the sample was also immersed (Fig. 1). A 10 mV AC signal was applied on top of a DC bias equal to the open circuit potential (OCP) of the cell, which was measured immediately prior to the measurement being performed. Frequencies were swept from 100 kHz to 0.1 Hz, with 10 steps per decade resulting in 61 measured points. Samples were not removed from the medium during measurements.

Immediately before the addition of the cells to the sample, measurements were taken in fresh medium and the results were used as reference in the EIS analysis. Measurements were then performed in triplicate, with the working electrode being removed and cleaned with 70% isopropyl alcohol between each measurement for the same sample. Alcohol was allowed to fully evaporate before the electrode was replaced in the solution. Between measurements of different samples, all electrodes were removed from the well and then cleaned thoroughly with 70% isopropyl alcohol.

2.4 DAPI staining

Fluorescence staining was performed using DAPI. The presence of cells in the scaffolds was evaluated by fluorescent microscopy at the end of culture period (36 h). After the impedance and WST-1 measurements, scaffolds were washed with sterile phosphate-buffered saline (PBS) and fresh culture medium was added to the scaffolds. The scaffolds were washed with sterile PBS and fixed in 4% neutral formalin. The scaffolds were placed in fluoroshield mounting medium with DAPI solution for 15 min, and transferred on a slide, and examined under an fluorescent microscope (Olympus DP74, Tokyo, Japan) at 20 × and 40 × magnifications.

3 Result and discussion

3.1 Material properties

Samples were sintered under partial sintering circumstances by limited temperature (1700 °C) and limited amount of sintering additions. Due to these limitations (sintering time, temperature and amount of sintering aids), a porous structure was obtained. It was shown that mass transport occurs by volume or grain boundary diffusion in Si₃N₄ ceramics in which high amount of covalent bonds causes extremely low diffusion coefficients and this process is activated at high sintering temperatures ~1800 °C (for α-Si₃N₄). When the sintering temperature is lower than ~1800 °C, the grain growth cannot complete and porous structure was obtained [15]. The measured bulk density and open porosity were 1.56 g/cm³ and 49.44%, respectively. This type of sintering can be preferable for production of porous ceramics because the technique brings some advantages to the material comparison with other methods such as sacrificial template, replica technique and direct foaming method.

In addition, partial sintering eliminates the need for a special apparatus during sintering of Si₃N₄ ceramics. Fine porous structure of the sample (in Fig. 2a, b) showed that densification was completed, and the bonding of grains occurred via surface diffusion or evaporation-condensation. The structure consisted of both equiaxed and rod-like grains. The lower aspect ratio of the rod-like grains resulted from low sintering temperature. EDX spectrum analysis of the sample, as shown in the inlet of Fig. 2b, confirmed the presence of Si and N as the main component of the sample. Ca and O probably resulted from the sintering additive which have been used in the fabrication procedure.

Mercury intrusion porosimetry was used to estimate the pore size and pore size distribution of the Si₃N₄. Figure 2c shows the pore size distribution and according to MIP curve, the median pore size was 0.77 μm and mono-modal distribution was obtained. Also, Fig. 2a shows uniform pore sizes that were distributed homogeneously in the microstructure. Instead of formation of rounded pores, irregular-shaped pores were formed as a result of angular shape of Si₃N₄ grains. The XRD pattern (Fig. 2d) of the sample shows that β-Si₃N₄ was formed as a major phase with a minor entity of α-Si₃N₄, Not only sintering temperature, lower amount of sintering additives also retarded the transformation from α to β-Si₃N₄ by decreasing the amount of liquid phase formed during sintering where transformation occurs via solution and precipitation processes.
3.2 Cell viability assay

Figure 3a shows the absorbance of the collected medium following incubation with WST-1 solution for 3.25 h. A higher absorbance shows that a more of the tetrazolium salt was converted by mitochondrial enzymes to formazan. The samples had viable cells present on the surface. WST-1 responses were quite consistent between the time points, but the sample showed a mean increase in cellular activity after 36 h. Moreover, Fig. 3b, c shows fluorescence microscopy images of the sample surfaces following DAPI staining. Typically, the nucleus of MG-63 cells should be rounded and uniform as we observed in Fig. 3b, c.

3.3 Normalized impedance

Impedance data obtained at 20 h and 36 h were normalized against the baseline measurements to visualize how the impedance changed as the cells proliferated and consumed the medium. Normalization was performed according to the following formula [16], which outputs the percentage change from the baseline measurement observed after time t:

\[
\text{Normalised data}_{t,f} = \left( \frac{\text{Data}_{t,f}}{\text{Data}_{0,f}} - 1 \right) \times 100
\]

This normalization was performed on both the impedance magnitude and the phase angle data collected.
During the measurements, the mean of this normalized data was then found and can be seen in Fig. 4.

Within two groups, the phase angle does not show a large change from baseline at any point. There are moderate deviations at high frequencies, but these are typically quite variable with little consistency between samples in the same group. With a higher replicate number, there may be more significant changes in phase angle observed. However, it is currently believed that phase angle is not a reliable indicator of the level of growth of osteosarcoma cells on these samples.

This is to be expected since the impedance measurement employed was probing the cell medium where capacitive effects would have been minimal. Changes in the impedance magnitude appear to be much more consistent as an indicator for cell growth on the sample. The impedance magnitude between 100 kHz and 100 Hz showed a little difference between the different samples at the same time points due to wide standard deviations, but the mean response was quite variable between samples and time points. With increased replicate number, these responses may become more consistent and could possibly show significant differences in cell growth on the sample. The impedance magnitude between 100 Hz and 100 mHz showed similarity between samples and time points. The percentage change in impedance magnitude in this region showed a similar profile in two plots, with the peak impedance change located between 10 and 1 Hz. The percentage change in impedance magnitude is increased ~50% in this range. The increase in impedance is likely due to the uptake of charged molecules (salts, amino acids etc.) from the medium by the cells. Therefore, a greater increase in impedance may reflect the cells growing more effectively on the substrate. Previous work reported in the literature with other cell types (e.g. smooth muscle cells) has shown similar changes in impedance which can be monitored to infer cell behaviour under culture conditions [17] and supports our findings.

Table 1 shows the p values from a 2-sample t test performed on the normalized impedance magnitude data taken after 36 h. As expected from observation of the graphs, the p value at high frequencies is high. As the frequency falls, the p values approach 0.05, with a minimum value of 0.101 obtained at 10 Hz. With an increased replicate number, it is believed that statistically significant results could be obtained in the 100–0.1 Hz region.

### 4 Conclusion

Impedance-based technology is a powerful non-invasive tool to monitor proliferation of adherent cells in culture in the real time. EIS is a label-free, cost effective method enabling the interrogation of living constructs. Once validated, EIS diminishes the need to use histological and biochemical assays to evaluate viability, proliferation and cell differentiation which are also time-consuming and expensive techniques. The results presented here show that osteosarcoma cells will successfully colonize onto a silicon nitride sample, and this colonization is semi-quantitatively detectable using EIS measurements of the cell medium as discussed in our study. EIS results correlated well with the DAPI staining tests indicating that cells are growing on the

![Fig. 4 Mean normalized impedance magnitude and phase angle measured from Si₃N₄ samples, 20 h (left) and 36 h (right) after initial inoculation on substrate. N= 3. Shading shows standard deviation](image)

| Frequency (Hz) | 100,000 | 10,000 | 1000 | 100 | 10 | 1 | 0.1 |
|---------------|---------|--------|------|-----|----|---|-----|
| P value       | 0.601   | 0.607  | 0.729 | 0.495 | 0.101 | 0.141 | 0.151 |

Table 1 Results from 2-sample t test performed on normalized impedance magnitude (Z) data from 36 h trial
sample. WST-1 results showed an increase in cell growth in correlation with EIS and histology findings.

The experiment performed here is not representative of an impedimetric sensor attached directly to a silicon nitride sample. However, it shows the changes in the biological activity of the cell-culturing medium and thus indirectly represents the biocompatibility of Si₃N₄. In conclusion, the sensitivity of EIS can be a criterion to obtain useful information on cell growth and viability; however, further studies are required to establish more quantitative relationship.

Acknowledgements Authors would like to acknowledge Scientific Research Projects Funds (BAP - 4116) from Ankara Yildirim Beyazit University for the support of this study. DC and AB would like to thank the Scottish Funding Council (SFC) for award of a pump-priming grant to enable this collaboration.

Funding This study was funded by Scientific Research Projects Funds (BAP - 4116), Ankara Yildirim Beyazit University and the Scottish Funding Council (SFC).

Compliance with ethical standards

Conflict of interest The corresponding author states that there is no conflict of interest.

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