Drug repurposing strategies for COVID-19

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“drug repurposing will have to compete with structure-based design of preventative/therapeutic vaccines and small molecules on efficacy and off-target toxicity turfs”

COVID-19 has now been declared a pandemic and new treatments are urgently needed as we enter a phase beyond containment. Developing new drugs from scratch is a lengthy process, thus impractical to face the immediate global challenge. Drug repurposing is an emerging strategy where existing medicines, having already been tested safe in humans, are redeployed to combat difficult-to-treat diseases. While using such repurposed drugs individually may ultimately not yield a significant clinical benefit, carefully combined cocktails could be very effective, as was for HIV in the 1990s; the urgent question now being which combination.

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It is no secret that COVID-19 has caught the global public health community by surprise, with the number of laboratory-confirmed human cases surpassing the 200,000 mark as of late March 2020, leading to the WHO declaring it a pandemic. While all efforts should be made toward prevention and/or containment of the 2019/2020 outbreak, it is evident that contingency measures with experimental therapeutics must be urgently sought. With the average cost of de novo drug development reportedly over $1 billion USD, what are viable strategies to discover potential candidate drugs to combat severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)? Here we take a snapshot look at the strategy of drug repurposing – also known as drug reprofiling or repositioning – that promises to identify antiviral agents for the novel coronavirus disease in a time-critical fashion. We also offer a perspective that antiviral combinations with a ‘double hit effect’ may offer the best chance of success and clinical translatability.

Repurposing of existing antivirals

Broad-spectrum antiviral agents (BSAAs) that have been deemed ‘safe-in-man’ through testing on early phase clinical trials have been touted as good drug repurposing candidates [1]. Andersen et al. have recently summarized 31 potential candidates for COVID-19 in a highly accessible database of 120 experimental, investigational and approved agents [2]. Conceptually, BSAAs take advantage of the promiscuity of viral replicative mechanisms and host interactions to target two or more viral families [3]. Following the COVID-19 outbreak in December 2019, a few existing BSAAs have been rapidly introduced into clinical trials, spanning Phases II though IV. Umifenovir is a membrane fusion inhibitor targeting viral entry and lopinavir/ritonavir is a drug combination targeting viral protease, both approved for the indications of Influenza and HIV. They are currently being considered in different combinations in a Phase IV clinical trial for pneumonia associated with COVID-19 (ClinicalTrials.gov ID: NCT04255017) [4].

At the Phase III level, remdesivir, a viral RNA-dependent RNA polymerase inhibitor, is under investigation for mild and moderate SARS-CoV-2 (ClinicalTrials.gov Identifier: NCT04252664) [5]. Remdesivir has activity in preclinical studies against the species of coronaviridae implicated in SARS-CoV and Middle East respiratory syndrome (MERS-CoV) [6]. Notably, it has already been studied in a randomized, controlled trial for Ebola...
virus disease, demonstrating an antiviral effect [7]. Other Phase III agents being evaluated in combination therapy for viral pneumonia interestingly include the antimalarial hydroxychloroquine, based on promising in vitro data (ClinicalTrials.gov Identifier: NCT04261517) [8]. Chloroquine, in addition to its immunomodulating properties, has been shown to have antiviral activity at entry and post-entry stages of the SARS-CoV-2 infection. It can enhance the antiviral activity of remdesivir and potentially serve as a synergizer of BSAs [9]. At more early stages, the viral RNA polymerase inhibitor favipiravir in combination is also on a Phase II clinical trial for novel coronavirus-associated pneumonia (Chinese Clinical Trial Registry Identifier: ChiCTR2000029544) [10]. Finally, preclinical studies of ribavirin (ribonucleic analog) has shown in vitro activity against SARS-CoV-2 [9].

**BSAA combination therapy**

One limitation of phenotypic screens is the low potency of hit compounds as single agents, as their maximal tolerated dose is often subtherapeutic for the new indications being sought [11]. One way to circumvent this issue is to evaluate two or more drugs acting on different cellular signaling pathways involving viral replication with minimal redundancy. Another strategy is high-throughput screening of compound libraries for synergistic combinations at the host–virus interactome level for emerging and re-emerging infectious diseases, which may allow researchers to narrow down the spectrum of individual antimicrobials [3,12,13]. These strategies promise to address the often-weak activity of BSAs by improving efficacy while potentiating dose reductions, reducing duration, cost of the drug development pipeline, lowering toxicity and minimizing emergence of secondary resistance.

**Future perspective**

A notion that will determine the effectiveness of this drug repurposing strategy is whether such agents will compare favorably with virus-specific vaccines or small molecules, both options traditionally considered gold standards of modern drug development. If one were to extrapolate the experience from precision oncology, where targeted cancer therapies and immunotherapeutics have made major gains against cancer, a broad-spectrum strategy will have fundamental flaws. Importantly, the lack of specificity of BSAs may become implicated in the emergence of drug resistance and more virulent strains.

For example, the nonstructural protein nsp14-ExoN, together with its cofactor nsp10, of *coronaviridae* has been found to repair nucleotide mismatches caused by nucleoside analogs such as ribavirin, thus potentially negating the antiviral effect of BSAs [14]. As elegantly demonstrated by Ferron et al., the nsp14-ExoN of SARS-CoV forms part of a highly flexible complex with multi-enzymatic properties, likely facilitating compensated low fidelity of replication. What are viable strategies to circumvent this remarkable innate ability of *coronaviridae* to proofread their RNA and maintain genomic integrity, while allowing some degree of evolutionary freedom to mutate? Again high-throughput screening can come to the rescue here. Possibilities include compounds with affinity toward the nsp14-ExoN catalytic subunit or those with allosteric effects at critical sites with conserved residues causing conformational change of the entire viral RNA repair complex. Therefore, the hunt should now be on to identify an inhibitor of this viral nuclease.

Further, drug repurposing will have to compete with structure-based design of preventative/therapeutic vaccines and small molecules on efficacy and off-target toxicity turfs. The CoV spike glycoprotein used by SARS-CoV-2 at the atomic resolution and human ACE2 enzyme as its port of cellular entry have now been determined. These discoveries are hoped to spur rapid efforts to develop vaccines and antibodies. However, such processes typically take up to a decade and can be hindered by the potential for blunted antigenicity of epitopes due to genetic drift of the virus [15–17].

Another important dimension in this quest for repurposed drugs involves patent protection issues under current national and/or international regulations [18]. A global health emergency of this magnitude calls for a bold, international response at the governmental and political levels. Therefore, the regulatory community must act fast to minimize any financial hurdles implicating private industry and update guidelines for drug licensure through repurposing if necessary. It should not escape us that this is a vital behind-the-scene act while efforts are underway to seek new indications for existing compounds.

The urgently launched clinical trials worldwide on investigational medicinal products for the current COVID-19 outbreak should read out within weeks to months. We can anticipate the notion of drug repurposing for emerging viral diseases to be scrutinized based on these results. At a deeper level, this is a battle not only against COVID-19...
but for the very soul concept of new antimicrobials and their clinical indications: ‘one drug, one virus versus one drug, multiple viruses or multiple drugs, one virus are the contenders’ [19,20].

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