Liver Tissue Engineering: From Implantable Tissue to Whole Organ Engineering

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The term “liver tissue engineering” summarizes one of the ultimate goals of modern biotechnology: the possibility of reproducing in total or in part the functions of the liver in order to treat acute or chronic liver disorders and, ultimately, create a fully functional organ to be transplanted or used as an extracorporeal device. All the technical approaches in the area of liver tissue engineering are based on allocating adult hepatocytes or stem cell-derived hepatocyte-like cells within a three-dimensional structure able to ensure their survival and to maintain their functional phenotype. The hosting structure can be a construct in which hepatocytes are embedded in alginate and/or gelatin or are seeded in a pre-arranged scaffold made with different types of biomaterials. According to a more advanced methodology termed three-dimensional bioprinting, hepatocytes are mixed with a bio-ink and the mixture is printed in different forms, such as tissue-like layers or spheroids. In the last decade, efforts to engineer a cell microenvironment recapitulating the dynamic native extracellular matrix have become increasingly successful, leading to the hope of satisfying the clinical demand for tissue (or organ) repair and replacement within a reasonable timeframe. Indeed, the preclinical work performed in recent years has shown promising results, and the advancement in the biotechnology of bioreactors, ex vivo perfusion machines, and cell expansion systems associated with a better understanding of liver development and the extracellular matrix microenvironment will facilitate and expedite the translation to technical applications. (Hepatology Communications 2018;2:131-141)

Introduction

Chronic liver diseases affect more than 500 million people worldwide and cause 2% of all deaths. In addition, liver-related deaths are progressively increasing, with cirrhosis anticipated to be the twelfth leading cause of death in 2020. Liver transplant is the only definitive cure, but there is a huge discrepancy between the need for transplantation and the availability of donor organs. As a result, a substantial number of patients die while on the waiting list. Among various approaches proposed to increase the number of available grafts is the use of marginal donors, i.e., cases in which the cadaver graft has been adversely affected by factors such as pressure requirement, hypernatremia, and hepatic steatosis. The use of marginal donor organs is associated with a higher incidence of primary nonfunction and early graft impairment as well as a poorer long-term outcome. Therefore, novel alternative strategies to overcome these limitations are urgently needed.

Hepatocyte transplantation was first introduced to replace a lacking essential enzymatic activity in patients with a hepatic inborn error of metabolism or to improve liver function in patients with liver failure. However, this approach has failed to show long-term clinical benefits due to poor cell engraftment and time-limited survival of the transplanted hepatocytes.Over the last 20–30 years, a variety of methods have been developed to improve or replace, at least temporarily, essential hepatic metabolic functions. These have included extracorporeal bioartificial liver devices and cell therapy. Along these lines, major progress has been made with the development of bioengineering models combining primary or stem cell-derived cells by using three-dimensional (3D) scaffolds attempting to reproduce the complexity of tissue architecture. More recently, efforts to...
engineer a cell microenvironment recapitulating the dynamic native extracellular matrix (ECM) have become increasingly successful, leading to the hope of satisfying the clinical demand for tissue (or organ) repair and replacement within a reasonable timeframe. Several pioneering studies performed employing a variety of native tissue and cell-culture techniques have highlighted the need for precise information on 3D architectural/biomechanic features, ECM biochemical composition, and the potential array of signals derived from the cell–biomaterial interactions.

The current aim is to technically achieve more effective and permanent interventions, such as implantable liver constructs and whole-organ engineering, for total or partial organ function replacement (Fig. 1). This review article summarizes the recent history and the current achievements in the field of liver bioengineering, recapitulating the cultural and technical basis for a hopefully rapid utilization in clinical practice.

Implantable Technologies for Liver Therapies

Clinical trials on hepatocyte transplantation have recently demonstrated long-term safety, but donor hepatocyte engraftment and restoration of failing host livers have not been adequate to reduce the need for organ transplantation. The development of implantable engineered hepatic tissue is a promising strategy for the treatment of liver disease due to the possibility of overcoming the limitations of the current cell-therapy strategies, including lack of engraftment, poor long-term cell survival, and the inherent lag phase before a clinical benefit is achieved. Implantable engineered hepatic tissues are typically developed by immobilizing or encapsulating hepatic cells in scaffolds made of different biomaterials in conjunction with strategies to optimize hepatocyte survival and function, thus leading to the in vitro generation of liver-like tissue prior to implantation. The key step to develop a therapeutic product for the treatment of liver failure requires the presence of functional hepatocytes with efficient transport of nutrients and secretion of key hepatic factors, i.e., albumin and coagulation factors, within the engineered hepatic tissue. In addition, the long-term survival of the implanted engineered tissue within the host after transplantation is needed. A variety of biomaterials have been recently developed with potentially adequate physiochemical, biomechanical, and 3D properties. Furthermore, relevant environmental factors, like cell–cell interactions in coculture systems, cell–matrix interactions, and paracrine factors, can be incorporated in the structure of implantable tissues. Different methodologies can be employed for the production of implantable hepatic tissues, such as cell encapsulation, 3D printing, and decellularization–recellularization technologies.
FIG. 1. Applications of liver tissue engineering. The direct infusion of hepatocytes in humans is an established methodology proposed to treat inborn errors of metabolism but is characterized by short-term clinical benefits. Alternative strategies have been developed, including implantation of 3D constructs and tissue/whole-organ engineering. At present, the clinical applicability of these strategies is inversely proportional to the long-term cellular engraftment, which is indeed the ultimate goal. In addition, implantation of 3D constructs of liver cells can achieve a replacement of the hepatic mass below 5% and is therefore indicated only for inborn errors of metabolism and to a much lesser extent for acute liver failure. Based on current technological development, engineering of large portions of liver tissue (e.g., the left liver lobe) or even of the whole organ is able to provide less than 30% of the liver mass and could be used to treat acute and even chronic liver failure as an extracorporeal device.
CELL ENCAPSULATION

The key feature of the microencapsulation technique is that cells are embedded in a semipermeable polymerized structure with the aim of protecting them from a host immune attack while allowing the diffusion of nutrients, oxygen, and metabolic products that ensure cell function and survival. Primary human hepatocytes cultured on alginate microbeads in vitro for 3 days showed albumin and urea production. In addition, the intraperitoneal transplantation of hepatocyte microbeads improved liver function up to 7 days in an animal model of acute liver failure. Despite these encouraging results, it is necessary to achieve more scientific insights and technical validation of both long-term in vitro culture and in vivo implantation before this technology can be proposed for clinical applications. In addition, key challenges have been highlighted and include the risk of an inflammatory reaction against the biomaterial and a significant reduction in cell viability caused by the use of crosslinking agents used for the preparation of the hepatocyte microbeads. Recently, human hepatocyte-like cells derived from inducible pluripotent stem cells (iPSCs) were encapsulated in alginate beads together with human hepatic stellate cells. This promoted an evident hepatic differentiation of iPSCs when compared to single-cell culture conditions. In addition, human cocultured encapsulated cells were transplanted in immunocompetent mice without causing immune rejection for at least 24 days. However, the actual applicability of the encapsulated coculture system approach needs to be further explored in specific disease models where additional parallel strategies aimed at reducing potential foreign body fibrotic reactions and improving neovascularization should be considered.

3D PRINTING

The assembly of 3D structures by employing 3D bioprinting relies on printing programs that allow the precise positioning of living cells within a 3D structure of biocompatible material, i.e., the "ink," able to support cell differentiation and function. Different manufacturing techniques have been used to 3D print hepatic-like structures, including biomimicry (i.e., identical reproduction of the cellular and extracellular components of a tissue or organ) and minitissue building blocks (i.e., cell sphere assembled in a more complex 3D structure). Cells of the hepatic cell line Hepg2 were printed with alginate as the crosslinking agent, but cell viability was reduced when a high-extrusion pressure from the printing device was applied. Because alginate is characterizedly bioinert to mammalian cells and therefore not supportive of cell differentiation and survival, other biomaterials have been explored. For example, the use of gelatin as a base material ensures the control of ink thickness and higher printability. Indeed, addition of gelatin to alginate allowed a primary hepatocyte-laden ink to be extruded at low temperature and subsequently stabilized with calcium chloride. Pure hepatocyte-gelatin solutions have been printed into large (>2 mm in height) structures, but this process required postprinting stabilization with a harsh glutaraldehyde wash, which is known to be cytotoxic. Recently, 3D-printed tissues were fabricated using mouse iPSC-derived hepatocytes mixed with alginate hydrogels. These constructs gradually increased the level of metabolic function during 28 days of in vitro culture and maintained metabolic activity upon transplantation in animal models with liver damage. However, the central challenge is still the need to reproduce the complex microarchitecture and biochemistry of the many ECM components and multiple cell types in sufficient resolution to recapitulate the integrated biological functions typical of a certain tissue.

A logical approach to identify the ideal composition of the bio-ink is to analyze the composition and distribution of ECM proteins in decellularized tissue scaffolds. The ability to image, map, and reproduce complex 3D structures composed of biologically relevant ECM proteins would represent a major technical advancement. In this direction, ECM derived from decellularized tissues could be a useful biomaterial for bioprinting applications. Along these lines, liver ECM derived from decellularized tissue has been employed as bio-ink for 3D cell printing, improving the differentiation of bone marrow-derived stem cells into hepatocyte-like cells as well as enhancing HepG2 cell metabolic function when compared to cells cultured in monolayers of collagen type I.

ARTIFICIAL AND NATURAL SCAFFOLDS

One of the most exploited systems for the development of 3D platforms for in vitro culture consists of seeding cells into 3D scaffolds. These scaffolds can be derived from both synthetic and biological sources. Synthetic scaffolds can be easily manufactured but lack

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Decellularized 3D ECM Scaffolds for Tissue/Whole Organ Engineering

Decellularization of tissues and even whole organs represents a novel approach for the development of perfusable ECM-derived scaffolds with preserved vascular integrity. Over the past decade, several studies have demonstrated the appropriateness of using naturally occurring ECM scaffolds derived by decellularized human or animal tissues for tissue engineering. In this context, liver bioengineering could be used for transplantation and for drug toxicity testing in 3D in vitro cultures. There is convincing experimental evidence that decellularization–recellularization technologies provide a valuable platform for liver bioengineering through the repopulation of liver ECM scaffolds with parenchymal and nonparenchymal liver cells, thus recapitulating, at least in part, natural tissue complexity.

The decellularization of whole organs was first introduced by Ott et al. in 2008 with the aim to develop an acellular heart from mice. This pioneering work entailed the removal of cellular material while preserving the vascular network, ECM composition, and 3D architecture of native tissue. The preservation of those physiologic features allowed the functional engraftment of cardiomyocytes with restoration of contractility. The perfusion protocol employed by Ott and colleagues was characterized by retrograde coronary perfusion at constant pressure. Afterward, Uygun et al. adapted this protocol to develop the first whole-organ rodent liver scaffold. In this case, investigators used an antegrade perfusion through the portal vein at a constant flow rate and were able to obtain a translucent acellular tissue within several days. Subsequently, several protocols have been developed to obtain nonhuman liver scaffolds. The resulting 3D ECM scaffolds have been shown to provide an excellent environment for the in vitro growth of multiple liver cell types retaining excellent functionality. Notably, in 2010, the repopulation of an acellular rat liver scaffold with 50 million mature rat hepatocytes was achieved by cell perfusion through the portal vein. Importantly, hepatocytes migrated beyond the matrix barrier to reach the decellularized sinusoidal spaces. In 2012, a further step onward was made with the repopulation of a pig liver scaffold with human fetal hepatocytes and stem cells. Shortly
after, larger size livers were decellularized, including ferret in 2011\(^{(54)}\) and porcine in 2012.\(^{(53)}\) Although the use of xenogeneic livers is widely discussed and proposed as a base for applications ranging from transplantation to tissue engineering, there is concern about the relevant differences in the 3D architecture when compared to human liver, in addition to biocompatibility and immunogenicity issues. In particular, the differences in the vascular structure between human liver and liver obtained from other species may lead to hemodynamic consequences incompatible with the preservation of the transplanted engineered liver tissue. Indeed, the ideal biomaterials for liver tissue engineering should be derived from human liver. The first successful decellularization of a human liver (left lobe and whole organ) was achieved by our research group in 2015\(^{(34)}\) by using a novel retrograde, two-step, perfusion flow-rate methodology able to preserve the fine 3D hepatic architecture and the liver ECM biochemical composition as confirmed by scanning electron microscopy and proteomic analysis, respectively.

To date, the only published work on whole liver engineering has been based on perfusion decellularization-recellularization strategies, with no recorded work on whole liver reconstruction with synthetic or biological polymers. There are several advantages in using decellularized organs as a platform for whole liver engineering; the use of the decellularized liver bioscaffold provides not only a 3D-vascularized scaffold for nutrient delivery but also retains the environmental cues necessary for progenitor hepatic and endothelial cells to grow, differentiate, and maintain functionality.\(^{(55-57)}\)

The three major obstacles to be addressed to produce large-volume bioengineered tissues and organs are (i) the selection of appropriate cell types, (ii) the route of cell administration, and (iii) the cell-seeding protocol. Uygun et al.\(^{(46)}\) achieved for the first time the recellularization of a whole rat liver scaffold by perfusing rat hepatocytes through the portal vein. This work highlighted key limitations, such as (i) a slow flow rate is unable to spread the hepatocytes deep into the liver lobes and a fast flow rate would cause the hepatocytes to aggregate, thereby obstructing the vessels; (ii) once transplanted in the experimental animal, the bioengineered liver was rejected as a result of extensive liver intravascular thrombosis.

To further investigate the efficiency of cell seeding into the liver scaffolds, Soto-Gutierrez et al.\(^{(52)}\) evaluated three different methods to reintroduce adult mouse hepatocytes into a decellularized rat liver: (i) direct parenchymal injection, (ii) continuous perfusion, and (iii) multistep infusion. All three methods used a total of 10 million to 50 million cells and a slow perfusion rate of 2 mL/minute. After extensive evaluation of the integrity, attachment, function, and distribution of engrafted cells, it was found that the multistep infusion technique presented the most suitable results. However, these studies highlighted the fundamental need of providing an adequate re-endothelization before reseeding the scaffolds with hepatocytes. Indeed, when exposed to the systemic circulation, repopulated scaffolds missing an appropriate endothelial lining are prone to thrombosis induced by platelet activation due to exposure to the basement membrane.

In an attempt to provide an answer to the key questions raised by previous studies and to better understand the role of re-endothelization on decellularized liver scaffolds, Baptista et al.\(^{(54)}\) reported the engraftment of fetal liver cells cocultured with human umbilical cord endothelial cells in decellularized ferret liver scaffolds and the key importance of the direction of perfusion flow in the localization of endothelial cells within the liver. Cells seeded through the portal vein (i.e., by antegrade perfusion) were distributed throughout the liver microcirculation while cells seeded through the vena cava (i.e., retrograde perfusion) were found to be localized predominantly in large- and medium-caliber vessels throughout the liver.

Strategies involving heparinized scaffolds have also been tested to reduce posttransplantation thrombosis. Bao et al.\(^{(58)}\) treated decellularized rat livers with heparin using a layer-by-layer self-assembly technique prior to hepatocyte seeding. Ex vivo perfusion with whole blood showed reduced platelet activation and adhesion in heparin-treated bioengineered livers, with a consequent reduction of thrombotic events.

In addition to the need for an endothelial lining, increasing evidence suggests that repopulation also with other nonparenchymal liver cells could improve the functionality of the bioengineered ECM scaffold. In this direction, Barakat et al.\(^{(53)}\) successfully improved the engraftment of hepatocytes by coculturing them with hepatic stellate cells in porcine livers. In this study, human fetal stellate cells seeded 1-2 days prior to human fetal hepatocytes actively produced fibronectin, which assisted hepatocyte engraftment within the liver parenchyma.

Another critical component of native livers is the biliary tree. It is estimated that a healthy human liver produces 750 mL of bile daily, the majority of which is
secreted by hepatocytes. Efforts to address this aspect were first addressed by Baptista et al. who showed the ability of decellularized livers to support the differentiation of fetal hepatoblasts into biliary and hepatocytic lineages. The fetal liver cells were seeded through the portal vein and vena cava but showed no accurate distribution of the various differentiated cells to the correct location within the liver lobules. Moreover, Ogiso et al. demonstrated the existence of organ-specific cell–ECM communication, which promotes the maturation of engrafted fetal hepatocytes into both hepatocyte and cholangiocyte lineages, without the addition of any prodifferentiation signals. In addition, it was found that using the biliary tree to seed the fetal hepatocytes resulted in a more accurate distribution of differentiated cells as well as an enhanced distribution of hepatocytes into the parenchyma compared to seeding through the vena cava.

Overall, the work so far performed has increased our awareness on the challenges we are facing to translate a truly functional bioengineered liver into clinic. In addition to these challenges, one key aspect that still needs to be answered is the enormous number of cells needed. A hepatic function below 30% of normal is hardly compatible with life. Accordingly, an average human of 70 kg would need approximately 84 billion hepatocytes to achieve at least 30% liver function. Although many groups have attempted to overcome this problem by using fetal liver cells or stem cells (Table 1), the production of such enormous numbers of hepatocytes is still far from our technical capability.

### TABLE 1. REPRESENTATIVE WHOLE LIVER RECELLULARIZATION TECHNIQUES

| Authors            | Year | Species | Cell Source(s)                                                                 | Recellularization Techniques                                                                 | In Vitro Culture | In Vivo Transplantation |
|--------------------|------|---------|--------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------|-------------------------|
| Uygun et al.       | 2010 | Rat     | 2 × 10^7 adult rat hepatocytes                                                 | 4-step infusion through the PV and 1-step infusion through the PV                             | 7 days           | 8 hours                 |
| Bao et al.         | 2011 | Rat     | 1 × 10^6 adult rat hepatocyte spheroids                                         | Co-infusion through the PV over a period of 16 hours                                         | 0.25 days        | 72 hours                |
| Baptista et al.    | 2011 | Ferret  | 7 × 10^7 human fetal liver cells + 3 × 10^6 human umbilical vein endothelial cells | Direct PIs vs. continuous perfusion vs. multistep perfusion through the PV                    | 7 days           | -                       |
| Gutierrez et al.   | 2011 | Mouse   | 10-50 × 10^6 mouse hepatocytes                                                  | Direct PIs vs. continuous perfusion vs. multistep perfusion through the PV                    | 7 days           | -                       |
| Barakat et al.     | 2012 | Pig     | 3.5 × 10^6 human fetal stellate cells + 1 × 10^6 human fetal hepatocytes        | 3-step infusion through the PV and 1-step infusion through the PV                             | 13 days          | -                       |
| Yagi et al.        | 2013 | Pig     | 1 × 10^6 porcine hepatocytes                                                    | 3-step infusion through the PV and 1-step infusion through the PV                             | 7 days           | -                       |
| Kodota et al.      | 2014 | Rat     | 5 × 10^7 adult rat hepatocytes + 1 × 10^7 bone marrow-derived rat MSCs           | 3-step infusion through the PV and 1-step infusion through the PV                             | 6 days           | 1 hour                  |
| Jiang et al.       | 2014 | Mouse   | 5 × 10^7 bone marrow-derived mouse MSCs                                         | 3-step infusion through the PV and 1-step infusion through the PV                             | 28 days          | -                       |
| Navarro-Tableros et al. | 2015 | Mouse   | 0.8-1 × 10^6 adult human liver stem-like cells                                  | 4-step infusion through the PV, IVC, SVC, CD                                                | 21 days          | -                       |
| Ko et al.          | 2015 | Pig     | 5 × 10^7 mouse vascular endothelial cells expressing GFP protein (MS1)           | 1-step infusion through the PV and 1-step infusion through the PV                             | 3 days           | 24 hours                |
| Bruinsma et al.    | 2015 | Rat     | 8 × 10^7 adult rat hepatocytes                                                  | 4-step direct PIs                                                                              | 5 days           | 24 hours                |
| Zhou et al.        | 2016 | Rat     | 2 × 10^7 rat normal liver cell line (BRL) + 5 × 10^6 endothelial progenitor cells | 10-step direct PIs + 1-step PV perfusion                                                     | 7 days           | -                       |
| Park et al.        | 2016 | Mouse   | 2 × 10^7 porcine iPSC-Heps                                                        | 4-step infusion through the PV and 1-step infusion through the PV + HA perfusion             | 5 days           | 1-8 hours               |
| Hussein et al.     | 2016 | Pig     | 4.5 × 10^6 human liver hepatoblastoma (HepG2) + 3.5 × 10^6 and 1.5 × 10^6 human endothelial cell line | 4-step infusion through the PV and 1-step infusion through the PV + HA perfusion            | 10 days          | 1 hour                  |
| Ogiso et al.       | 2016 | Rat     | 6 × 10^6 mouse fetal hepatocytes                                                  | 1-step infusion through the BD and 1-step infusion through the PV + HA perfusion            | 7 days           | -                       |
| Wen et al.         | 2016 | Mouse   | 2 × 10^6 mouse hepatocytes                                                        | 4-step infusion through the BD and 1-step infusion through the PV + HA perfusion            | 7 days           | -                       |

Abbreviations: BD, bile duct; BRL, CD, cystic duct; GFP, green fluorescent protein; IVC, inferior vena cava; MSC, murine stem cell; PI, parenchymal injections; PV, portal vein; SVC, superior vena cava.
Conclusions

Liver tissue engineering is a fast growing field with the ambitious goal of shaping the field of hepatology and liver transplant. Several technical standards to achieve have been identified and are summarized in Fig. 2. The preclinical work performed in recent years is showing promising results, and the advancement in the biotechnology of bioreactors, ex vivo perfusion machines, and cell expansion systems associated with a better understanding of liver development and the ECM environment will facilitate and expedite the move of tissue engineering technologies in clinic.

More favorable funding routes should be implemented at the academic level for researchers working in the field of regenerative medicine. Tissue engineering research and regenerative medicine research is currently underfunded, receiving less than $500 million annually in the United States compared to $5 billion for cancer and $2.8 billion for human immunodeficiency virus/acquired immune deficiency syndrome. Similarly, biotechnology companies active in the field of tissue engineering are facing several difficulties in bringing forward tissue-engineered products toward market authorization because of the large costs for production and challenges to scaling up the production.

The regulatory framework of tissue engineering and regenerative medicine products is continuously moving toward a more favorable environment, allowing the rapid commercialization of innovative medical products and for improved access for patients in need.

FIG. 2. Technical standards for liver tissue engineering. In vitro cell engraftment, biocompatibility, and maintenance of cell function are the key requisites for the clinical use of implantable liver constructs. After in vivo implantation, engineered constructs need long-term maintenance of their metabolic function associated with biodegradability and absence of fibrotic reaction. The whole-organ engineering approach presents more challenges compared to implantable constructs. Indeed, this approach requires a high cell number for recellularization, extensive or complete re-endothelization, and maintenance of cell viability and function. In addition, before the engineered tissue can be proposed for clinical use, preclinical studies need to demonstrate the absence of thrombogenic reaction and the absence of an immunogenic response in addition to the long-term maintenance of metabolic function.
Expedited-approval pathways and programs, priority review, or programs alternative to the standard review processes for medical products have been developed, and legislation has been enacted by the U.S. Food and Drug Administration and the European Medicines Agency. Recently, the Japanese government reformed its pharmaceutical affairs legislation and created a new regulation called the Pharmaceuticals, Medical Devices, and Other Therapeutic Products Act in November 2014. The new Act introduces conditional and time-limited approval for regenerative medicine products, which are still in early phase of clinical trial (i.e., safety data confirmed). Along this line, one product has already been granted conditional and time-limited authorization based on the probable benefit that was demonstrated by pilot clinical trial data.

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