Expression of Cytokeratin 6 and 16 in Middle Ear Cholesteatoma

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Abstract

BACKGROUND: Cholesteatoma is hyperproliferative because of the response of direct biomechanical trauma, and inflammation processes which lead to temporal bone destruction with some clinical manifestations of complications. The hyperproliferation mechanism occurred because of the activation of intermediate filament protein type I and type II known as cytokeratin (CK).

AIM: This study aimed to examine the expression of CK 6 and CK 16 in cholesteatoma.

METHODS: This is a cross-sectional comparative study. Cholesteatoma specimens obtained from 15 patients who underwent surgery were considered as the case, and 15 normal retro-auricular skins were considered as the control. All samples were examined for expression through immunohistochemistry and scored using the immunoreactivity score. All samples were analyzed using SPSS via χ² test and the difference was significant (p < 0.05).

RESULTS: The expression of CK 6 was high in cholesteatoma (33.3%) and low in retro-auricular skin. The expression of CK 16 was high in all samples of cholesteatoma and mostly high in the retro-auricular skin; both expressions were statistically significant (p < 0.05).

CONCLUSION: The expression of CK 6 and CK 16 in cholesteatoma was higher than in normal retro-auricular skin.

Introduction

Chronic suppurative otitis media (CSOM) is a chronic middle ear infection characterized by a history of continuous ear discharge from the middle ear through the perforated tympanic membrane [1], [2], [3]. Secretions in CSOM occur either intermittently or continuously for more than 2 months [4]. Particularly in developing countries, the prevalence of CSOM is 65–330 million people. As per the data of CSOM provided by the World Health Organization, Indonesia belongs to countries with high prevalence, ranging from 2% to 4% [2]. According to a national survey of sight and hearing health in Indonesia, the prevalence rate is 3.8% from 1994 to 1996 [1], [4].

Cholesteatoma is a lesion of the temporal bone lined by a stratified squamous epithelium containing desquamated keratin. The molecular mechanism of the pathogenesis of cholesteatoma formation remains unclear [5], [6], [7]. The incidence of cholesteatoma ranges from nine to ten cases per 100,000 adults and three cases per 100,000 children with a male-to-female ratio of 1:8.1 [8].

The etiopathogenesis of cholesteatoma cannot be certainly explained. The mechanisms that underlie cholesteatoma etiopathogenesis remain under study. Four dominant theories, namely, invagination theory, migration, squamous metaplasia, and basal cell hyperplasia, remain under debate. However, no single theory explains the clinical characteristics of cholesteatoma [9], [10], [11].

Cholesteatoma is hyperproliferative because of the response of direct biomechanical trauma, and inflammation processes which then lead to temporal bone destruction with some clinical manifestations of complications [5], [11]. The hyperproliferation mechanism occurred because of the activation of intermediate filament protein type I and type II known as cytokeratin (CK) [12], [13]. Keratinocyte in the epidermis will express its CK with its specific function to respond to any inflammation or trauma as a first barrier (defense mechanism) [14], [15]. If biomechanical trauma or any inflammation occurred, the keratinocyte balancing cycle and CK expression will be altered and release inflammatory cytokines [15].

The main role of CK in keratin differentiation and regeneration is to respond to mechanical and biochemical factors or inflammation processes. CK is classified into type I soft CK (CK 10–20) called the acidic low-molecular-weight keratin and type II hard CK (CK 1–9) called the neutral/basic high-molecular-weight keratin [13]. Every epithelial cell will have a CK expression paired with type I and type II to adapt to any type of epithelial cell and its differentiation stages [13], [14], [15].
CK activation was divided into two pathways, namely, differentiation (CK 1/10) and regenerative (CK 6/16). In a normal epidermis, keratinocytes will differentiate through the mitotic process in the basal layer and then shift to the squamous, granular, and corneum layers. Normal differentiation will express CK 5/14 in the basal layer and CK 1/10 in the suprabasal layer [16]. If trauma, chemical irritation, or exposure to pathogen occurred, keratinocyte will activate as an epidermal defense mechanism. This activation was stimulated by growth factors and inflammatory cytokines such as interleukin 1 (IL-1), tumor necrosis factor alpha (TNF-α), transforming growth factor alpha (TGF-α), TGF-β, and interferon gamma (IFN-γ) [13], [14], [15], [16].

When trauma or inflammation occurred, keratinocytes will give an alarmin signal with IL-1 and chemokin. IL-1 has an autocrine/paracrine role; it can initiate activation or act as a paracrine. Thus, IL-1 will change CK 5/14 into CK 6/16 with hyperproliferative and migratory characteristics. Moreover, IL-1 will induce TNF-α and TGF-α, which could balance the expression of CK 6/16 until re-epithelialization was considered complete. At the end of the cycle, the IFN-γ was released to expressed CK 17 to make healed keratinocyte contract and form a new one; then, TGF-β was released to bring an epithelial cell back into CK 5/14 expression at the basal layer. The whole process was called the normal keratinocyte activation cycle [13], [14], [15], [16].

One etiopathogenesis of cholesteatoma is basal cell hyperplasia, which then leads to the hyperproliferation of the suprabasal cell. Koç and Emre stated in the animal study from Sasaki [17] that there was an increasing expression of CK 16 through immunohistochemistry in cholesteatoma, suprabasal layer, and retro-auricular skin. In Kim’s study, there was an increasing expression of CK 13 and CK 16 in the suprabasal layer [18]. Klenke’s study also found an increasing expression of CK 6 and CK 14 through immunohistochemistry [19]; moreover, they conduct a real-time polymerase chain reaction (RT-PCR) examination and found an increasing expression of CK 6 in cholesteatoma.

This study was conducted to analyze the expression of CK 6/16 in cholesteatoma patients with CSOM and also to find if it could be one of the management modalities in treating cholesteatoma patients with CSOM. So far, this is the first study about CK conducted in Indonesia.

Materials and Methods

Study design

This research is an analytical study that used a comparative cross-sectional design.

Subjects

The subjects of this study were the biological materials (cholesteatoma as the case and retro-auricular skin as the control) of CSOM patients who had undergone tympanomastoidectomy in Dr. M. Djamil Hospital Padang. The inclusion criterion was cholesteatoma tissue that has been confirmed by the Laboratory of Pathology Anatomy, Dr. M. Djamil Hospital Padang, and the exclusion criterion was CSOM type cholesteatoma patient with psoriasis vulgaris of the ear. A total of 15 cases of cholesteatoma as the case and retro-auricular skin as the control were included in the study. The study was approved by the ethics committee of the Faculty of Medicine, Andalas University, Padang, Indonesia (No.012/KEP/FK/2020).

Cholesteatoma isolation

Cholesteatoma samples were taken from the mastoid cavity, whereas normal ear skin was taken from the retro-auricular skin with a size of 0.5 cm when tympanomastoidectomy was performed in the operating room. Cholesteatoma collection is included in one of the steps of the tympanomastoidectomy procedure, in which the sample material that was taken is the residual material of the operation that will be examined for Anatomical Pathology at the Anatomical Pathology Laboratory. Samples were taken, put into a tube containing formalin, and then were transferred into glass slide and paraffin block and stored at −80°C in the Anatomical Pathology Laboratory of the Faculty of Medicine, Andalas University, Padang.

Immunohistochemistry

The paraffin blocks were cut, and the samples were adhered to a layered glass of poly-l-lysine, dewaxed for an hour, deparaaffinized, rehydrated, and then rinsed with poly buffer saline for 30 min. Primary antibody of CK-6 Monoclonal Antibody, Elabscience E-AB-71048; dilution 1:100 and CK-16 Monoclonal Antibody; Elabscience E-AB-71052; and dilution 1:100 were applied. Add the secondary antibody, and then, coloring with counterstaining hematoxylin follows.

Data collection

The expression of CK 6/16 was analyzed through immunohistochemistry and scored using the immunoreactivity score (IRS) from the multiplication of proportion score and intensity score, that range from 0 to 3 as the under/low expression and >4 as the over/high expression.

Statistical analysis

All data were processed manually, the quantitative data were analyzed in a computer using
the SPSS program and presented in a tabular form and then continued using the \( \chi^2 \) test. The difference was statistically significant (p < 0.05).

### Results

A total of 15 patients were included in this study, and all the information was compiled and presented in tables. Table 1 shows the characteristics of the samples. In this table, males are more affected (53.3%) than females (46.7%). The male-to-female ratio is 1.4:1.

**Table 1: Distribution of patients by sex (n = 15)**

| Sex      | f | %  |
|----------|---|----|
| Male     | 8 | 53.3|
| Female   | 7 | 46.7|

Table 2 showed some type of tympanic membrane perforation mostly is in the attic (46.7%) of the patients who suffered from clinical symptoms for 11–15 years (33.3%). Furthermore, Table 3 showed that almost all the patients presented with more than one symptom. The most common symptoms include discharge from the ear (100%) and hearing impairment (100%), followed by headache and postauricular swelling.

**Table 2: Distribution of patients by age (n = 15)**

| Age (years) | f | % |
|-------------|---|---|
| ≤10         | 1 | 7 |
| >10–20      | 4 | 27|
| >20–30      | 6 | 40|
| >30–40      | 2 | 13|
| >40–50      | 2 | 13|

Table 3: Distribution of patients by symptoms and perforation type (n = 15)

| Characteristic                     | f | %     |
|-----------------------------------|---|-------|
| Symptom                           |   |       |
| Discharge from ear                | 15| 100   |
| Hearing impairment                | 15| 100   |
| Vertigo                           | 1 | 6.7   |
| Facial paralysys                   | 1 | 6.7   |
| Retro-auricular swelling           | 3 | 20    |
| Headache                          | 5 | 33.3  |
| Seizure                           | 0 | 0     |
| Decrease of consciousness          | 0 | 0     |
| Tympanic membrane perforation type|   |       |
| Total                             | 4 | 26.7  |
| Subtotal                          | 3 | 20    |
| Central                           | 1 | 6.7   |
| Attic                             | 7 | 46.7  |

Table 4 shows the expression of CK 6 between the cholesteatoma group and the retro-auricular skin group. The expression of CK 6 was highly expressed in five cases of cholesteatoma (33.3%) and low in ten cases (66.7%). In the retro-auricular skin group, CK 6 was low in all samples. This CK 6 expression is statistically significant (p < 0.05) (Figure 1).

**Table 4: Expression of CK 6 in the cholesteatoma and retro-auricular skin groups**

| Group       | CK 6 expression | Total | p    |
|-------------|-----------------|-------|------|
|             | Low             | High  |      |
|             | f %             | f %   |      |
| Cholesteatoma| 10 66.7         | 5    | 33.3 |
| Retro-auricular skin | 15 100         | 0    | 0    |

Table 5 shows the expression of CK 16 between the cholesteatoma group and the retro-auricular skin group. The expression of CK 16 was highly expressed in 15 cases of cholesteatoma (100%). In the retro-auricular skin group, CK 16 expression was high in ten cases (66.7%) but low in five cases (33.3%) of cholesteatoma. This CK 16 expression is statistically significant (p < 0.05).

**Table 5: Expression of CK 16 in the cholesteatoma and retro-auricular skin groups**

| Group       | CK 16 expression | Total | p    |
|-------------|-----------------|-------|------|
|             | Low             | High  |      |
|             | f %             | f %   |      |
| Cholesteatoma| 0              | 15    | 100  |
| Retro-auricular skin | 5 33.3      | 10    | 66.7 |
| Total       | 15              | 100   |      |

Table 6 presents the distribution expression of CK 6 and CK 16 between the cholesteatoma group and the retro-auricular skin group. The distribution expression of CK 6 was mostly in the basal layer in cholesteatoma, whereas in retro-auricular skin, all samples were expressed in the basal layer (Figure 1). Conversely, all samples of cholesteatoma were expressing CK 16 in the suprabasal layer, whereas most of the retro-auricular skin (66.7%) was expressed in the basal layer (Figure 2).

**Table 6: Distribution expression of CK 6/16 in the cholesteatoma and retro-auricular skin groups**

| Cytokeratin | Group            | Layer | Total | p    |
|-------------|-----------------|-------|-------|------|
|             |                 |       |       |      |
| CK 6        |                 |       |       |      |
| Cholesteatoma| 5 33.3          | 10    | 66.7  | 15 100|
| Retro-auricular skin | 0 0        | 15    | 100   | 15 100|
| CK 16       |                 |       |       |      |
| Cholesteatoma| 15 100          | 0     | 0     | 15 100|
| Retro-auricular skin | 15 100    | 10    | 66.7  | 15 100|

### Discussion

Several studies regarding the expression of CK 6 and CK 16 against cholesteatoma had been...
In cholesteatoma, proliferative activity occurs in the basal layer with a large number of cells (hyperplasia) and additional proliferative activity in the suprabasal layer. In normal epithelium, keratinocytes undergo a slow proliferation process in the basal layer and differentiation in the suprabasal layer. Based on the CK activation cycle, if there is inflammation or injury, the proliferation and differentiation cycle will take place very rapidly as a regenerative response induced by IL-1. IL-1 will activate the keratinocyte regenerative pathway, that is, the activation of CK 6 and CK 16 to initiate the proliferative and migration process. CK 6 is migratory, whereas CK 16 is hyperproliferating. Both of these CK expressions are simultaneously regulated by TNF-α (as a signal of inflammation) and TGF-α (as a signal of proliferation). However, in cholesteatoma due to chronic inflammation and continuous mechanical trauma from the accumulated cholesteatoma debris, the induced IL-1 resulted in an imbalance of the regenerative activation pathways of CK 6 and CK 16 and an imbalance of the action of TNF-α and TGF-α. Hence, normal CK loses its balancing ability between proliferation and differentiation to the corneum layer due to chronic inflammation and continuous mechanical trauma from cholesteatoma and shifting to surface layer pattern that results in immature differentiation of keratinocytes in the suprabasal layer due to different differentiation rates from the normal epithelium. Published, Maniu et al. [6] stated that CK 6 and CK 16 are known as intermediate filamentous proteins derived from the epithelium as markers of keratinocyte proliferation. Maniu et al. [6] also stated that the cholesteatoma matrix expresses large amounts of CK 16 in the suprabasal layer. Moreover, Olszewaska et al. [20] stated that there was an increase in hyperproliferative expression in CK 6, CK 16, and CK 19 in cholesteatoma epithelium on immunohistochemical examination, especially in the suprabasal layer.

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In this study, CK 16 was more significantly expressed in cholesteatoma than CK 6 (Figure 2). High CK 16 expression was obtained in all cholesteatoma samples (100%), whereas CK 6 was highly expressed in five cholesteatoma samples (33.3%). This is believed to be related to the types of CK expressed: type I (10–20, acidic) and type II (1–9, base-neutral). The theory of acidity in cholesteatoma has been proposed by Nguyen et al. [23] who obtained an acidic pH of cholesteatoma keratin debris with a mean pH of 6.65 + 0.07. According to his study, it was concluded that the accumulation of cholesteatoma keratin debris would cause high acidity in cholesteatoma, further causing bone destruction due to the suppression of keratin debris and the effect of this acidity. Based on the Nguyen et al. [23] found highly expressed CK 16 is closely related to the high acidity of cholesteatoma, which is also associated with the risk of bone destruction later [23]. Thus, it can explain why CK 16 is more clearly expressed in cholesteatoma than CK 6.

Kim et al. [22] conducted an experimental study of experimental animals that were given three treatments (closure of the external acoustic canal,
retraction pocket, and the administration of propylene glycol) to develop cholesteatoma; it was found that the increase in CK 16 was very prominent in the suprabasal layer of the cholesteatoma epithelium in the retraction pocket group (with the unilateral cautereization of the left Eustachian tube). In the suprabasal layer of ear skin, CK 16 expression was also found, but it was not as strong as the expression in the cholesteatoma epithelium (Figure 2). CK 16 which is strongly expressed in the suprabasal layer is the result of hyperproliferation that is not balanced with the re-epithelialization process. In the expression of CK 6, there was a significant increase in the external acoustic canal closure group compared with that in the others. Based on the overall study, it was concluded that CK 6, which was strongly expressed in the external acoustic canal closure group, supported the theory of basal cell hyperplasia in cholesteatoma and strong CK 16 expression in the retraction pocket group supported the invagination and migration theory in the pathogenesis of cholesteatoma. If it is related to the characteristics of the sample, almost half (46%) appeared with a perforation type that, based on the theory of cholesteatoma formation, can arise due to the process of invagination theory and migration theory.

The previous studies stated that there were differences in the expression of CK 6 and CK 16 between cholesteatoma and retro-auricular skin. These studies used different examination methods, such as RT-PCR, microarray, and IHK. In this study, the examination method used was an immunohistochemistry examination, in which the analysis used was the IRS system. IHK examination with IRS analysis is a type of CPI analysis that is widely used and can assess from the intensity level, the proportion in the cytoplasm, to the cell nucleus [24].

Conclusion

Our study reveals that CK 6/16 was highly expressed in cholesteatoma compared with that in controls, and there is a statistically significant difference. Further studies are still warranted to elaborate on the role of CK 6/16, as well as its correlation with IL-1 and TNF-α in cholesteatoma.

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