A right whale pootree: classification trees of faecal hormones identify reproductive states in North Atlantic right whales (*Eubalaena glacialis*)

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Immuoassay of hormone metabolites extracted from faecal samples of free-ranging large whales can provide biologically relevant information on reproductive state and stress responses. North Atlantic right whales (*Eubalaena glacialis* Müller 1776) are an ideal model for testing the conservation value of faecal metabolites. Almost all North Atlantic right whales are individually identified, most of the population is sighted each year, and systematic survey effort extends back to 1986. North Atlantic right whales number <500 individuals and are subject to anthropogenic mortality, morbidity and other stressors, and scientific data to inform conservation planning are recognized as important. Here, we describe the use of classification trees as an alternative method of analysing multiple-hormone data sets, building on univariate models that have previously been used to describe hormone profiles of individual North Atlantic right whales of known reproductive state. Our tree correctly classified the age class, sex and reproductive state of 83% of 112 faecal samples from known individual whales. Pregnant females, lactating females and both mature and immature males were classified reliably using our model. Non-reproductive [i.e. ‘resting’ (not pregnant and not lactating) and immature] females proved the most unreliable to distinguish. There were three individual males that, given their age, would traditionally be considered immature but that our tree classed as mature males, possibly calling for a re-evaluation of their reproductive status. Our analysis reiterates the importance of considering the reproductive state of whales when assessing the relationship between cortisol concentrations and stress. Overall, these results confirm findings from previous univariate statistical analyses, but with a more robust multivariate approach that may prove useful for the multiple-analyte data sets that are increasingly used by conservation physiologists.

Key words: Cetacean, classification tree, *Eubalaena*, faecal sample, non-invasive

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Introduction

Increasing industrialization of the ocean has caused concern about potential effects of sublethal stressors on marine wildlife (Pompa et al., 2011; Davidson et al., 2012; Wright, 2012). Assessing sublethal effects on large cetaceans poses particular problems, as whale behaviour is relatively cryptic, their habitat is often logistically difficult to access, and it is impossible to collect plasma samples for traditional physiological studies. Given these constraints, a major advance was
the demonstration that immunoassay of hormone metabolites extracted from faecal samples of free-ranging North Atlantic right whales (*Eubalaena glacialis* Müller 1776, hereafter NARW) provides biologically relevant information on reproductive state and stress responses (Rolland et al., 2005, 2007; Hunt et al., 2006). For example, there is concern that underwater noise from shipping is a stressor for whales (e.g. Wright et al., 2007; Tyack, 2008; Erbe, 2012). Research using faecal endocrine assays, in conjunction with the reduction in noise from shipping after 11 September 2001 as a treatment effect, suggests that these concerns are valid (Rolland et al., 2012).

However, interpretation of faecal hormone data is not simple (Palme et al., 2005; Touma and Palme, 2005; Sheriff et al., 2011; Goymann, 2012). Variables such as sex, diet, season, individual variability, antibody cross-reactivities and even sample mass can influence faecal metabolite concentrations (Touma and Palme, 2005; Hunt et al., 2006; Hayward et al., 2010; Sheriff et al., 2011; Goymann, 2012; Stetz et al., 2013; Kalliokoski et al., 2015). Despite these concerns, recent analyses indicate that faecal hormones are indeed useful for physiological assessment of wildlife and, in some cases, may be superior to plasma-based measures, especially for detection of chronic stress and anthropogenic stress (Sheriff et al., 2011; Dickens and Romero, 2013; Dantzer et al., 2014). Nonetheless, it remains a topic of debate whether faecal hormone metabolites accurately reflect the animal’s true physiological state. An additional complication is the lack of a robust published statistical method for combining information from multiple faecal hormones and comparing them directly with independently confirmed physiological state, e.g. as known from individual life-history data (known sex, known reproductive state and age class).

In this regard, the NARW offers an ideal model. Almost all of the (450–500) NARWs are individually identified, 80% of the population has been sighted each year of this study (Hamilton et al., 2007), and systematic survey effort extends back to 1986 (Brown et al., 2007). The NARWs occur seasonally in six well-defined habitats from Florida to the Canadian Maritimes (Kraus and Rolland, 2007), and most individuals are of known age, sex and reproductive state. Calving events are captured by a comprehensive series of aerial surveys of the calving grounds in the southeastern USA (e.g. Keller et al., 2012) and on the northern feeding grounds (e.g. Cole et al., 2013). This comprehensive coverage is coupled with the observation that few juvenile whales enter the photo-identified population that cannot be accounted for by known calving events (Hamilton et al., 2007). This means that the reproductive history was known with certainty for all the females for which faecal samples were collected and identified to that individual.

Since 1999, >375 NARW faecal samples have been collected and analysed for a suite of reproductive and adrenal steroid hormone metabolites (Rolland et al., 2005, 2007; Hunt et al., 2006, 2015). Dietary variation is minimal; NARWs feed on only a few species of copepods, and they actively seek out the CS stage of *Calanus finmarchicus* (e.g. Baumgartner and Mate, 2003; Baumgartner et al., 2003) in particular. This minimizes any contribution of dietary variation to faecal hormone concentrations. Furthermore, samples have been collected primarily from a limited geographical region (encompassing the Bay of Fundy, Canada, and the Nova Scotian Shelf), and primarily from July to October, minimizing potential effects of site variation and seasonality. This NARW faecal archive thus provides an excellent sample set with which to test the reliability of faecal hormone metabolites as a proxy measure of physiological condition.

Our goal was to perform a comprehensive test of whether faecal hormone metabolites reflect a whale’s true (independently known) physiological state, using a new analytical method for assessing multiple-hormone data sets. To do this, we combined data sets of faecal reproductive steroid hormone metabolites (progestins, androgens and oestrogens) and faecal glucocorticoid (iGc) metabolites (adrenal hormones that increase during physiological stress), using samples that were definitively assigned to an identified individual right whale. A subset of these data (samples from 1999–2004) have been previously analysed for the reproductive steroids (Rolland et al., 2005) and glucocorticoids (Hunt et al., 2006) using multiple, separate univariate approaches; here, we combine those data, and data collected in subsequent years, into a unified multivariate approach.

We combined all four hormone data sets with a novel machine-learning approach to construct an ‘evolutionary’ variant of a classification tree (Grubinger et al., 2014). Classification and regression trees (CART) are a data-mining (Hastie et al., 2001) technique, producing a decision tree that classifies which reproductive category a sample belongs to, based on hormone concentrations. The tree provides an heuristic model of the data and works by recursive binary splitting. Each split results in two mutually exclusive groups (nodes) that are as homogeneous as possible, based on the response variable, and then each smaller (child) node is further split in a similar manner. Trees have the advantage of being able to handle ‘messy’ data (e.g. De’ath and Fabricius, 2000), including data that are not multivariate normal, and so are not amenable to analysis using standard multivariate techniques. However, classical formulations of trees rely on relatively simple, forward stepwise searches to determine splits. Although efficient, these can lead to splits that are only locally optimal. For this analysis, we used a new analytical approach, evolutionary trees (Grubinger et al., 2014), that implement an evolutionary algorithm to search for a globally optimal tree. Comparative analyses using benchmark data have demonstrated that evolutionary trees can outperform more classical approaches to generating trees (Grubinger et al., 2014).

### Materials and methods

#### Sample collection

From 1999 to 2011, floating faecal samples were located and collected in the vicinity of feeding right whales. Most
samples were collected opportunistically during photo-
identification surveys of summer habitats and with the assist-
ance of scent detection dogs (Rolland et al., 2005, 2006). A
few samples were collected opportunistically during surveys
of spring feeding habitats. Faecal material was scooped from
the water surface using a 300 μm mesh nylon dip net (Sea-
Gear, Inc., Melbourne, FL, USA) attached to an extendable
boathook and stored frozen until analysis as previously
described by Rolland et al. (2005, 2006).

**Whale identification and reproductive state
classification**

When defection was observed, photographs were taken of
the whale for subsequent photo-identification comparison
with images in the NARW Identification Database (Hamilton
et al., 2007; Right Whale Consortium, 2012, rwcatalog.neaq.
org). Photographic identification was based on the unique
pattern of callosities (i.e. raised, roughened patches of skin)
on the whale’s head, lips and chin, pigmentation and scars
(Kraus et al., 1986). A combination of photo-identification
and molecular profiling using DNA extracted from faecal
samples (i.e. mitochondrial haplotype, microsatellite profiles)
was used to associate faecal samples to known whales
using criteria described by Gillett et al. (2010) and Doucette
et al. (2012).

**Faecal sample storage and processing**

Faecal samples were stored at −20°C until the end of the field
season, and then transported frozen to our laboratory in
Boston (MA, USA), where they were stored at −80°C until
analysis. Samples from 2000–2005 were analysed within 6
months of collection; samples from 2006–2011 were archived
at −80°C and analysed together in late 2011. Faecal hormone
metabolites appear to remain stable for multiple years if sam-
pies are kept frozen (Hunt and Wasser, 2003).

Faecal samples were processed and analysed using techni-
ques described by Rolland et al. (2005) and Hunt et al.
(2006). Briefly, all samples were freeze-dried and pulverized,
the resulting powder was mixed well, and steroids were
extracted in 90% methanol using a 10:1 ratio of solvent to
faecal mass (e.g. 2.0 ml of 90% methanol added to 0.2 g of
dried, well-mixed faecal powder). Samples were vortexed for
30 min, centrifuged for 15 min, and the methanol superna-
tant (containing hormones) was pipetted to vapour-proof
cryovials, diluted in appropriate assay buffers, and assayed
within 3 months of extraction. Two separate extracts were
produced for each sample and assayed in separate assays,
and final results were averaged.

**Hormone assays**

The hormone assays for glucocorticoids, oestrogens, andro-
gens and progestins have been previously validated for
NARW faeces and are described in detail by Rolland et al.
(2005) and Hunt et al. (2006). Briefly, the progestin and
androgen assays are in-house 3H radioimmunoassays using pro-
gestosterone antibody CL#423 (Munro laboratory, University
of California Davis) and testosterone antibody #250 (Niswender
laboratory, University of Colorado), respectively. The oestrogen
and glucocorticoid assays are double-antibody 125I radio-
immunoassays kits (‘total-estrogens’ assay no. 140 202 and cor-
ticosterone assay no. 02-120 103, both from MP Biomedicals
(formerly ICN), Costa Mesa, CA, USA); the manufacturer’s
protocols were followed except that the glucocorticoid
assay was run at half-volume. This particular glucocortico-
oid assay uses an antibody that was raised against cortico-
sterone but that also detects mammalian faecal metabolites
of cortisol in multiple species, including marine mammals
(Wasser et al., 2010).

In all four assays, standards, samples and controls were
assayed in duplicate and non-specific binding and zero tubes
in quadruplicate, and results averaged. Any sample with >10%
coefficient of variation within an assay was re-assayed and
the original result discarded. Based on each assay’s performance
on the tails of the standard curve, cut-offs for acceptable
percentage bound were set at 10–90% bound for the glucocortic-
oid assay, 15–85% bound for the androgen and progestin
assays, and 20–80% bound for the oestrogen assay; any sam-
ple outside these bounds were re-diluted accordingly and
re-assayed. If a sample had >20% coefficient of variation in
hormone concentration (in nanograms per gram) across the
two separate extracts from that sample, a third extract was
produced from dried faecal powder and assayed, the outlying
result was discarded, and the other two results were aver-
ged; if no clear outlier was apparent, a fourth extract was
produced and assayed, and all four results were averaged.
All four assays have inter- and intra-assay variation <10% in
our laboratory. For further details and antibody cross-
reactivities see Rolland et al. (2005) and Hunt et al. (2006).

**Data analysis**

For samples from whales of known reproductive state, we
tested whether faecal hormone metabolites could be used to
ascertain their sex and reproductive state reliably. The inter-
action between sex and reproductive state was the classifying
variable, and levels of four hormone metabolites (androgens,
progestins, oestrogens and glucocorticoids) were independent
variables. Given that this analysis sought to investigate the
reliability of faecal hormone analyses, samples that were too
small to run in all four hormone assays were excluded. We
also excluded whales suspected *a priori* to have elevated levels
of stress hormones attributable to anthropogenic impacts, e.g.
whales entangled in fishing gear or struck by ships. Calves
and juveniles of unknown sex were also excluded.

The NARW sex and reproductive state categories were as
follows: mature male (MM); immature male (IM); immature
female (IF); pregnant female (Preg); lactating female (Lact);
and resting (mature, non-pregnant, non-lactating) female
(Rest). Life-history data on identified whales (i.e. age, age
class, sex and reproductive history) were obtained from the
NARW Identification Database (Right Whale Consortium, 2012). For whales not sighted as calves, an estimated minimal age was used based on the year of first sighting. Classification of age classes followed standard practice with NARW research using the NARW Identification Database (Hamilton et al., 1998): calves, birth to 1 year of age; juveniles, 1–8 years of age; and adults ≥9 years of age or first documented calving for females (if earlier). Trees were produced using the evtree library (Grubinger et al., 2014) in R 3.2.0 (R Core Team, 2015).

Results
Sample collection and whale identification
The final data set included 112 samples for which the sex and reproductive state of the NARW that produced the sample could be definitively ascribed. The vast majority of these (104 of 112, 93%) were collected from 1999–2011 in the vicinity of feeding NARWs in the lower Bay of Fundy and Roseway Basin, Canada, where right whales congregate seasonally to feed (July–October). The remaining samples were collected in the spring months (April–June) in right whale habitats in the southern Gulf of Maine. Samples came from 81 identified individual whales, and there were 24 individuals for which hormone data included repeat samples. As there was no a priori reason to assume that these should be pseudoreplicates (Hurlbert, 1984), given the purpose of our analyses, these samples were all included in analyses.

Analysis
An initial tree (not shown) comprised seven terminal nodes classifying the samples and included three males identified as ‘immature’ using the standard classification by age used in the NARW Identification Database (see above). Two of these males were known to be 8 years old at sampling (as they were identified as calves), suggesting that they were likely to be nearly mature or pubescent. The third whale was estimated to be at least 6 years old; however, he was not identified in his calving year, and therefore may have been ≥9 years old when the sample was collected. Faecal androgen levels for these three individuals were 6459, 7803 and 6250 ng/g, all substantially higher than the mean + 2 SEM for androgens previously recorded for juvenile NARW (5558.2 ng/g, as 4422 ± 568.1 ng/g is mean + 1 SEM; Rolland et al., 2005). Based upon their elevated faecal androgen levels (a direct correlate of testicular activity that may be a more accurate indicator of sexual maturity than age; see, for example, Bechner et al., 2009), these three males were reclassified as ‘mature’ and the analysis was re-run. Levels of reproductive steroids, as classified using the Database’s standards (Fig. 1; note that progesterone and oestrogen levels are log10 transformed to improve the readability of those plots), varied with sex and reproductive state as has been previously described using a subset of the samples analysed here (Rolland et al., 2005).

The tree (Fig. 2) had an overall misclassification of 17.0%. Pregnant females, lactating females and mature males were categorized with excellent reliability by nodes in the tree (Table 1). Most immature males were categorized correctly, but the tree had the greatest difficulty distinguishing between immature and resting females (Fig. 2 and Table 1). ‘Nodes’ in the tree are where the tree splits into two separate branches. ‘Terminal nodes’ are where the tree branches no further. The low rate of successful classification of resting females was because several (nine) were classified in a node identified by the algorithm as being immature females (terminal node 8 in Fig. 2; all nodes hereafter refer to Fig. 2), but this node really represented a mix of immature and resting females, which are both in a non-reproductive state. In an earlier analysis, we also found that immature and resting females were indistinguishable using faecal reproductive hormone data (Rolland et al., 2005). As there were only six separate sex–reproductive state categories in the analysis, but seven terminal nodes in the tree, one category (immature females) was represented in two nodes, 4 and 8 (Fig. 2). The misclassification rate for individuals other than immature and resting females was 10.5%.

Highly elevated levels of faecal progestins (≥11 500 ng/g) separated pregnant females from all other individuals (terminal node 13). Next, levels of fGC >16.3 ng/g separated resting females and some immature females (with lower levels of fGC) from other whales (node 2). The ‘low-fGC’ node then split into two terminal nodes; resting females had higher levels of progestins (terminal node 5) than a terminal ‘immature female’ node that included three resting females (terminal node 4). The ‘higher fGC’ node split (node 6), based on oestrogen levels, into a node of immature animals (node 7) with lower oestrogen and a node combining lactating females and mature males (node 10), which split further based on androgen levels (terminal nodes 11 and 12). The ‘lower oestrogen’ node of immature whales split (node 7) based on androgen levels into terminal nodes of immature males (terminal node 9, higher androgens) and a terminal ‘immature female’ node that included five resting females (terminal node 8).

Glucocorticoid levels in samples categorized correctly (i.e. to correct sex and reproductive class) by the tree were different (Kruskal–Wallis test, for Testosterone, $\chi^2_5 = 60.7$, $P < 0.001$; Fig. 1).

Discussion
The aim of any tree algorithm (evolutionary trees, CARTs or others) is to balance predictive accuracy and complexity, while producing a model that can be easy to interpret (Grubinger et al., 2014). In this instance, we have a tree that has a reasonable level of misclassification (five out of every six samples were classified correctly) and separates out most sex, age and reproductive classes in an intuitive manner. We did not aim, in this analysis, to develop a definitive descriptor of the hormone metabolite levels that classify right whales into different classes of reproductive states (see Rolland et al., 2005; Hunt...
et al., 2006 for baseline faecal hormone ranges in the NARW) but to verify the previous, univariate approaches using an analytical technique that combines all data in one analysis. To our knowledge, this is the first use of this type of technique in analysing faecal hormones of any free-ranging wildlife.

Given these results, we are confident that faecal hormones reliably reflect predicted physiological states in this species. Multiple studies now indicate that this is the case in many other mammals as well, despite the noise introduced by the myriad other variables that can potentially affect faecal hormone concentrations (see Introduction). For example, in dugongs (Dugong dugon), pregnancy can be reliably detected from faecal progestins, the progesterone concentrations derived from serum and faecal samples were highly correlated, and faecal androgens were reliable indicators of sexual maturation and reproductive activity in males (Burgess et al., 2012a,b). Likewise, in killer whales (Orcinus orca), faecal progestins and androgens predicted reproductive state; and glucocorticoids and thyroid hormones have been successfully used to distinguish between the variable effects of boat traffic and prey availability (Ayres et al., 2012).

Two recent reviews have concluded that faecal hormone analysis may even be superior to plasma-based measures, particularly for assessment of chronic stress and responses to anthropogenic stressors (Dickens and Romero, 2013; Dantzer et al., 2014). Goymann (2012) and others have pointed out that possible effects of diet, season, temperature and other influences on faecal hormone data should not be overlooked. We suggest that the best way to address such concerns is to validate faecal hormone analysis in populations that have known individuals, enabling comparison of faecal hormone profiles directly with individual state (sex, age class and reproductive state).

North Atlantic right whales may represent an ideal case for faecal hormone analysis because several of the potentially confounding variables discussed by Goymann (2012) are naturally minimized. North Atlantic right whales have very little dietary variation (Baumgartner et al., 2007) and tend to feed within a relatively narrow range of water temperatures (minimizing the dramatic seasonal changes in metabolic rate discussed by Goymann, 2012). Furthermore, sample degradation issues, such as those discussed by Stetz et al. (2013), are minimal because faecal samples in marine studies are typically collected within minutes of defecation, unlike terrestrial studies where samples may be collected days to weeks after defecation.

Figure 1: Boxplots of hormone metabolites extracted from faecal samples of North Atlantic right whales (Eubalaena glacialis). Plots were produced using the ggplot2 library (Wickham, 2009) of R 3.3.1 running under RStudio. Upper and lower limits of the box are 25% and 75% quantiles; box mid-lines are medians. Upper and lower whiskers show values to 1.5 times the distance between the 25 and 75% quartiles. Dots indicate outliers. Oestrogen and progesterone values are log10 transformed.
after excretion. Likewise, the dugong and killer whale studies discussed above (Ayres et al., 2012; Burgess et al., 2012a,b) were also characterized by a relatively consistent diet, rapid sample collection and minimal temperature variation. Certain species may thus be more amenable to faecal hormone analysis than others.

Faecal hormone analyses also may offer a method to assess the onset of maturity in male NARWs. Determining the age at sexual maturity of baleen whales is challenging, especially for males. Samples obtained from past commercial whaling operations allowed for reliable estimation for females, comparing age (from ear plug laminations) with ovarian state, and likewise for males by relating testicular development with age from laminations (e.g. Best and Lockyer, 2002). Using non-invasive techniques, age at first calving for females can be determined observationally, from photo-identification catalogues that have sufficient coverage of their study populations to ensure that a first calving event is unlikely to be missed (e.g. Clapham and Mayo, 1990; Kraus et al., 2007). Onset of the age of sexual maturity for male baleen whales using these observational techniques is inherently more difficult because they lack an attendant calf.

**Figure 2:** Tree of known reproductive states of North Atlantic right whales (*Eubalaena glacialis*) constructed using the evtree library (Grubinger et al., 2014) of R 3.3.1 running under RStudio. The NARW sex and reproductive state categories were as follows: mature male (MM); immature male (IM); immature female (IF); pregnant female (Preg); lactating female (Lact); and resting (mature, non-pregnant, non-lactating) female (Rest). The variables used for splitting (all values in nanograms of immunoreactive hormone per gram of dried faecal powder) are oestrogen (Eng); Progesterone (Png); Testosterone (Tng); and Cortisol (Bng). Names in the ovals at each node of the tree indicate the variable driving the split at that node. Numbers in the small boxes on the ovals at each node indicate the node’s number. Values on the lines joining nodes (e.g. >11 554.33 on the line joining nodes 1 and 13; <11 554.33 on the line joining nodes 1 and 2) indicate the value of the variable (in nanograms of immunoreactive hormone per gram of dried faecal powder) in each direction of the split. Bar graphs at the terminal nodes of the tree show the proportion of that node that is comprised of each of the known reproductive states.

**Table 1:** Accuracy of the classification tree of North Atlantic right whale age and sex classes from faecal hormones

| Reproductive class | Sample size | Correctly classified | Incorrectly classified | Percentage correctly classified |
|--------------------|-------------|----------------------|-----------------------|-------------------------------|
| Mature male        | 25          | 23                   | 2                     | 92.0                          |
| Immature male      | 12          | 8                    | 4                     | 66.7                          |
| Pregnant female    | 14          | 14                   | 0                     | 100.0                         |
| Lactating female   | 25          | 23                   | 3                     | 92.0                          |
| Resting female     | 17          | 7                    | 10                    | 41.2                          |
| Immature female    | 19          | 18                   | 1                     | 94.7                          |
Also, the onset of sexual maturity is one of the more labile life-history parameters in mammals (e.g. Gaillard et al., 2000). At present, the NARW Identification Database’s approach to determining whether a whale is mature is age based (Hamilton et al., 2007). The age of maturation in males is estimated at 9 years based on the mean age of female maturity (Kraus et al., 2007). In our original analyses, three ‘immature’ male whales could be classified into the ‘mature’ node by their androgen levels; two of these were known with certainty to be 8 years old at the time of sampling. Additionally, a 10-year-old male was classified in the final tree as ‘immature’ (node 9 in Fig. 2). This whale may have been pubertal, as it had a faecal androgen level of 6584 ng/g, substantially higher than the baseline for immature males (Rolland et al., 2005). Although these sample sizes are admittedly small, our data indicate that male NARWs may reach sexual maturity between the ages of 8 and 10 years.

Our tree-based method reliably detects reproductively active adult females (pregnant and lactating) and adult males. However, with a misclassification rate of one in six, our method does not clearly determine the sex and reproductive state of all whales accurately enough that samples from unknown whales in other reproductive categories can be categorized with complete certainty. Considering this caveat, there are potential conservation benefits (Rolland et al., 2007; Hunt et al., 2013) derived from further analyses of faecal hormones. Baleen whales can show patterns of movement that are differentiated by sex, which has implications for estimating population size (e.g. Brown et al., 1995; Valsecchi et al., 2010). Migration patterns also vary by reproductive class (e.g. Dawbin, 1966), with consequences for the likely susceptibility of different classes (e.g. pregnant females) to anthropogenic stressors. Although sex determination of large whales is generally made by genetic analysis of skin samples obtained by remote biopsy, photographs of an identified individual’s genital slit, or by observations of identified individuals with a calf (Hamilton et al., 2007), faecal hormone analyses provide a secondary check. Furthermore, the ability to identify pregnancies and potentially assess sexual maturity could result in more accurate estimates of the proportion of breeding individuals in a population.

Two recent reviews have concluded that fGC analysis may be superior to plasma-based measures, particularly for assessment of chronic stress and responses to anthropogenic stressors (Dickens and Romero, 2013; Dantzer et al., 2014). In NARWs, fGCs have proved useful for identifying exposure to chronic stressors (Rolland et al., 2012). In our analysis, glucocorticoid levels were also confirmed to vary with reproductive state, as previously shown (Hunt et al., 2006; Rolland et al., 2007), with resting and immature females having the lowest levels of fGCs (as shown by the second split in the tree, node 2 in Fig. 2). This can complicate the identification of drivers of observed elevations of glucocorticoids, especially if the sample was collected from an unknown individual. It is clear from our data that fGCs can be elevated in healthy animals of certain reproductive states, namely, pregnant and lactating females and mature males (Figs 1 and 2; also see Hunt et al., 2006). Breeding activity and pregnancy are known to cause elevations in glucocorticoids in other species as well (e.g. Dantzer et al., 2010). Thus, studies focused on determining stress responses to anthropogenic factors should use reproductive hormone data along with glucocorticoid data to control for natural variations in stress hormones with reproductive state.

Our 13 year data set indicates that hormone metabolites from right whale faecal samples are reliable indicators of the physiological state of individual whales. By taking a machine-learning approach to our data analysis, we avoided any possible issues of ‘researcher degrees of freedom’ (i.e. circular reasoning; Simmons et al., 2011) influencing our results. We believe the approach presented here provides a complementary analytical option to the univariate, hormone-by-hormone analyses traditionally used in faecal hormone studies. The results of the tree also offer a way to classify faecal samples by age and reproductive category when those samples are not linked to a known individual whale, offering a new way to assess the demographic structure of whale populations (see also Labrada-Martagón et al., 2014). These can then be further checked against the baseline data already derived using standard techniques (Rolland et al., 2005; Hunt et al., 2006).

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