### Narrative Review Checklist

| Section/Topic       | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------------|---------|----------------------------------------------------------------------|-------------------------------------|------------------------------|
| TITLE               |         |                                                                      |                                     |                              |
| Title               | 1       | Identify the report as a Narrative Review or Literature Review.      | Page 1                              | Title                        |
| ABSTRACT            |         |                                                                      |                                     |                              |
| Structured summary  | 2       | Provide a structured summary with the subsections as: objective, background, methods, conclusion (1). | Page 2                              | Abstract                     |
| INTRODUCTION        |         |                                                                      |                                     |                              |
| Rationale/background| 3       | Describe the rationale for the review in the context of what is already known. | Page 3-4                            | Introduction                 |
| Objectives          | 4       | Specify the key question(s) identified for the review topic.         | Page 4                              | End of Introduction          |
| METHODS             |         |                                                                      |                                     |                              |
| Research selection  | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page 4                              | Methods Section              |
| DISCUSSION/SUMMARY  |         |                                                                      |                                     |                              |
| Narrative           | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Pages 4-19                          | Main Body of Text            |
| Summary             | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Pages 19-20                         | Conclusions Section          |

Reference
1. Green BN, Johnson CD, Adams A. Writing narrative literature reviews for peer-reviewed journals: secrets of the trade. J Sports Chiropr Rehabil 2001;15:5–19.

Article information: https://dx.doi.org/10.21037/jau-21-123
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*