PERSPECTIVE

Ecological theory as a foundation to control pathogenic invasion in aquaculture

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Detrimental host–pathogen interactions are a normal phenomenon in aquaculture animal production, and have been counteracted by prophylactic use of antibiotics. Especially, the youngest life stages of cultivated aquatic animals are susceptible to pathogen invasion, resulting in disease and mortality. To establish a more sustainable aquatic food production, there is a need for new microbial management strategies that focus on ‘join them’ and not the traditional ‘beat them’ approaches. We argue that ecological theory could serve as a foundation for developing sustainable microbial management methods that prevent pathogenic disease in larviculture. Management of the water microbiota in aquaculture systems according to ecological selection principles has been shown to decrease opportunistic pathogen pressure and to result in an improved performance of the cultured animals. We hypothesize that manipulation of the biodiversity of the gut microbiota can increase the host’s resistance against pathogenic invasion and infection. However, substantial barriers need to be overcome before active management of the intestinal microbiota can effectively be applied in larviculture.

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Microbiota and disease in aquaculture

The presence of detrimental microorganisms is a major concern in animal breeding. The life stages shortly after birth or hatching are highly susceptible to disease and mortality, partly because of an immature immune system. Infections are a common problem for broilers (Suzuki, 1994), piglets (Fairbrother et al., 2005) and calves (Lanzas et al., 2008), and also for larvae of various shrimp and fish species (Vadstein et al., 2013). This has resulted in more than 60 years of prophylactic use of antibiotics in animal production (Gustafson and Bowen, 1997). The way aquatic animals live suggests that the association between the host intestinal microbiota and the environmental microbiota is closer than for land-bred animals (Figure 1). In aquaculture systems, microbes and animals have water as a shared environment, and the water is characterized by a high load of organic material supporting microbial growth (Vadstein et al., 2004). This makes the control of proliferation of pathogens extremely challenging.

The control over bacterial pathogens in aquaculture systems can be pursued at different levels. Biosecurity measures can be taken to prevent pathogens from entering the rearing facility (Pruder, 2004). However, the implementation of hygienic barriers is not flawless and there is substantial regrowth in the water. Consequently, additional measures should be taken to restrain pathogens within the aquaculture system.

The primary compartment where pathogens should be controlled is the water surrounding the animals. Aquaculture systems are traditionally designed as flow-through (that is, continuous intake and discharge of water) or recirculation systems (that is, internal treatment of the water for removal of nutrients during passage through a biofilter system in order to reuse it). Both are often combined with ozonation or ultraviolet irradiation for removal of harmful microorganisms (Summerfelt et al., 2009). The use of disinfection in aquaculture systems may, however, do more harm than good in terms of disease control when it is considered from a microbial ecological point of view. It may give opportunities for opportunistic pathogens to proliferate (Attramadal et al., 2012a; De Schryver et al., 2014) and should thus be evaluated carefully.

Pathogen control may also be achieved at the level of the host. As the gut is considered a main pathogen...
transmission route, the current research revolution in aquaculture aims at biological strategies to control pathogenic infections in the gut of the host. The main focus has so far been on the manipulation of the intestinal microbiota using probiotics and to a lesser extent prebiotics, as illustrated by several reviews (Gatesoupe, 1999, 2010; Verschuere et al., 2000; Ringø et al., 2010). We believe, however, that these strategies too often are developed and applied with little rational basis and ignore the ecology of the microbes. It is safe to state that the intestinal microbiota in aquatic animals contributes to nutrition and immune stimulation (Guanter and Malagelada, 2003), and there is a growing body of knowledge describing how gut bacteria interact with their aquatic host (see, for example, Rawls et al., 2004 and Forberg et al., 2012). However, the potential of managing the natural microbiota associated with aquatic animals for disease prevention and control is still mostly unexplored. An ecological perspective would contribute to the development of new prevention and treatment methodologies against pathogenic infections in aquaculture animals. Before efficient gut microbial management based on theoretical microbial ecology comes within reach, there are, however, substantial challenges that must be overcome and that require the combined efforts of scientists from the field of the applied biological science of animal breeding and the field of (theoretical) microbial ecology.

Managing the water microbiota based on ecological theory

The current perception in the aquaculture world is that the rearing water needs to be as low as possible in microbial load, and hence disinfection is a standard water treatment step. As a result, disinfected water in both flow-through and recirculation systems typically contains a perturbed microbial community (Attramadal et al., 2012a). Upon inflow in the rearing unit, the microorganisms arrive in an environment with an increased carrying capacity resulting from the presence of uneaten feed, feces and dead biomass. According to the ecological theory of r/K selection (MacArthur and Wilson, 1967), which also applies to microbial communities (Andrews and Harris, 1986), an environment rich in nutrients per cell, low in competition and with frequent perturbations selects for microorganisms with a high capacity to exploit nutrients and increase in population size, termed fast-growing opportunistic r-strategists. Conversely, a stable environment where there are scarce resources per cell and hence high interspecific competition will select for slow-growing competition specialists—the K-strategists. Current aquaculture practices thus favor the r-selected opportunists (Figure 2). These are often the opportunistic pathogens that attack young and stressed individuals but that are not as able to cause disease in healthy adult individuals (Hajek, 2004).

Based on the principles of r/K selection, the water microbiota may be managed toward a state that decreases the disease risk for the cultured animals. Controlled microbial recolonization of the inflow water with K-strategists counteracts destabilizing forces in the rearing unit (Attramadal et al., 2012b). This microbial maturation can be achieved in a flow-through maturation unit colonized by K-strategists or in recirculating aquaculture systems (Attramadal et al., 2014). In this way, the development of a pioneer community dominated by r-strategists can be avoided in the rearing water, and the contact between opportunistic pathogens and the cultured animals is minimized.

The matured water approach has recently been shown to result in a 65–70% increase in survival of cultured Atlantic cod larvae and to provide...
temporal stability of the microbial community in the rearing unit (Attramadal et al., 2014). This approach illustrates that an understanding of the ecological principles that are relevant for identified problems can serve as a foundation to act and successfully drive a system in a desired direction. It is thus not always required to know in detail the microbial ecological consequences of measures taken. Nonetheless, it would be interesting to verify whether the change in microbial biodiversity in the water and the larval gut resulting from microbial maturation could be a factor decreasing larval susceptibility to infections.

Managing the gut microbiota toward functionality

The biodiversity of the gut microbiota in aquatic animals can be hypothesized to determine the likelihood of pathogenic invasion and disease. Therefore, a specific ecological state of the intestinal microbial community may be targeted by microbial community management to increase the health status or performance of the host.

Gut biodiversity determines invasibility

Invasion resistance can be defined as the inhibition of exogenous microbes to invade and persist in a local community. It can also apply to native opportunistic bacteria that are present in the community at low population densities (Guarner and Malagelada, 2003; Valéry et al., 2008). Several obligate pathogens cause disease and mortality after invading the gut environment of larval, juvenile and adult aquatic animals. Opportunistic pathogens, however, normally cause microbial interference in larvae (Skjermo and Vadstein, 1999). The commensal microbiota is assumed to act as a barrier against pathogenic invasion and establishment (Stecher and Hardt, 2008). The factors considered to provide protection are: stimulation of the host immune response, production of bacteriocins, competition for nutrients and adhesion sites and alteration of the gut physicochemical environment (McCracken and Lorenz, 2001; Stecher and Hardt, 2008). However, only in rare cases have specific members or mechanisms been shown to cause colonization resistance (Dillon et al., 2005). On the other hand, the community structure of the microbiota has been hypothesized to be related to the functionality of a host’s microbiome (Little et al., 2008). Resistance to pathogenic invasion is therefore a community function that may be explained by general ecological principles (Robinson et al., 2010a). This knowledge is of relevance for microbial management in future aquaculture production.

Richness and evenness are considered the most important quantitative measures of biodiversity.
(Purvis and Hector, 2000). The temporal variation of these variables, the dynamics, is also an interesting community descriptor.

Richness
There is ecological evidence of a positive relationship between diversity and ecosystem functioning and stability (see, for example, Naeem et al., 1994; McGrady-Steed et al., 1997; Ptacnik et al., 2008). In the context of invasion, the diversity resistance hypothesis states that a more diverse community has a higher probability for a protective effect (Kennedy et al., 2002). A possible mechanism behind this diversity–invasibility relationship is niche complementarity (Fargione and Tilman, 2005). Niche opportunities in the form of unused resources and the physical environment that supports the presence of an invader are in theory fewer when a more diverse community inhabits a given environment (Shea and Chesson, 2002; Costello et al., 2012). As resistance to invasion also depends on individual traits, a more diverse community has a higher chance of having a member with an antagonistic trait toward an invader (that is, sampling effect) (Fargione and Tilman, 2005) or is more likely to have species that contribute to each other’s invasion resistance (that is, facilitation effect) (Bruno et al., 2003).

Negative richness–invasibility relationships have been found for a variety of ecosystems including plant communities (Knops et al., 1999; Mitchell et al., 2002; Kennedy et al., 2002; Fargione and Tilman, 2005), animal communities (Stachowicz et al., 1999; Johnson et al., 2008) and microbial communities (Cook et al., 2006; van Elsas et al., 2012). The specific case of invasion resistance to pathogens by an animal’s gut microbiota has, as far as we know, been the subject of only one study. Dillon et al. (2005) investigated the effects of a bacterial richness gradient in the gut of the desert locust on the invasibility by the pathogenic bacterium Serratia marcescens. They found a significant negative relationship between the number of symbiotic bacterial species and the density of the pathogen inside the gut.

Some authors state that the richness–invasibility relationship is not straight forward in natural ecosystems (Meiners et al., 2004; Bell et al., 2005), and that a high native species richness also can indicate a high risk for invasion (Jiang and Morin, 2004). An ecosystem with a high community richness is indeed more likely to harbor invaders (the community scale), but also implies a higher chance for the presence of an antagonistic or competitive invasion resisting mechanism (the individualistic scale) (Levine, 2000). At the lower levels of species richness, the individual effect is likely to decrease considerably (Bell et al., 2005).

Evenness
Most studies on the ecological aspects of invasion have focused on species richness. However, community evenness may also be of importance for the stability of a variety of functions, including invasion resistance (Emery and Gross, 2007). Evenness usually changes more rapidly than richness after environmental perturbations that may result in functional disturbance (Chapin et al., 2000). Positive evenness–functional stability (Wittebolle et al., 2009) and negative evenness–invasibility (Wilsey and Polley, 2002; De Roy et al., 2013) relationships have been observed for microbial communities. In highly uneven communities, the functionality relies mainly on the traits of the dominating species (Hillebrand et al., 2008). In the short run, under stable conditions, this results in high functionality. The risk for loss of functionality is, however, higher for uneven than for even communities (Balvanera et al., 2005).

Dominance may prevent invasion if the dominant species create the most competitive environment for the invader (Hillebrand et al., 2008). The inhibition effect then depends on the one-to-one interaction between a putative invader and a ‘protector’, and is thus specific (Losure et al., 2007). However, there is a risk that the invader outcompetes the protector, or that environmental perturbations cause the protector to become less abundant or even lost from the community. In a more even native community, the protection against invasion could be spread over functionally redundant species or over a wider range of functions that can prevent invasion. This is especially valid for environments subjected to frequent fluctuations (Hillebrand et al., 2008).

Dynamics
Natural microbial communities are not compositionally stable, but are subject to changing selection pressure resulting in a continuous succession of populations (Curtis and Sloan, 2004). In biotechnological applications, it has been shown that dynamic microbial communities can provide functional stability (Cabrol and Malhautier, 2011). This illustrates that on a temporal scale the conservation of traits is vital (Lemon et al., 2012), and presence of functionally redundant species may ensure functional stability at the community level.

The rate at which a microbial community changes may influence its functionality. Healthy gut microbiotas in vertebrates are rather stable (Benskin et al., 2010; Lozupone et al., 2012). In larvae of aquatic animals, however, the gut community is highly dynamic because of the interaction between colonizing bacteria and a rapidly developing gut environment (Rawls et al., 2006; Bakke et al., 2013). The highly dynamic situation in larvae may be a factor contributing to their unpredictable viability as transient communities have populations that are less adapted to the prevailing selection pressure.
There are hardly any data on the relationship between community dynamics and invasibility. Robinson et al. (2010b) investigated the resistance of the cabbage white butterfly gut community to invasion. The results suggest that the altered state of the community after perturbation resulted in increased invasibility, but their data were not conclusive with respect to the rate of change in the community (abrupt change vs gradual change). Thus, whether the rate at which microbial communities change in the larval gut affects their susceptibility to (opportunist) invaders is an open question. It can be hypothesized that the normal changes, representing a succession of functionally redundant community members, minimize opportunities for a pathogen to invade. A gut community should thus be able to quickly adapt to the rapidly changing environment in the larval gut in order to provide invader resistance. More rapidly changing communities then represent a perturbed environment that is more prone to invasions as there is a higher chance for open niches or lack of presence of antagonists during transition toward recovery.

Biodiversity–invasibility applied to aquaculture

Based on the reasoning above, we hypothesize that the following biodiversity–invasibility relationships in the larval gut microbiota can lower the risk for disease caused by pathogens:

(1) Microbial richness should be maximized to lower the risk for pathogen invasion. The relative richness should be considered here, as species richness depends on niche richness. Absolute richness may increase with age of the animal, but the relative richness can go down because the number of niches increases even more. Functionally redundant species that share the same niche also (temporarily) increase richness.

(2) A more evenly organized gut microbiota has a lower risk for pathogen invasion because the probability of instantaneous antagonism is higher and antagonism is partly dependent on population size.

(3) Gut microbial dynamics should be limited to the normal succession of populations in a developing larval gut. In practice, this means that stress on the animals should be avoided, constant environmental conditions should be ensured (physicochemical as well as microbial) and abrupt dietary changes should be limited.

The hypotheses above should be tested experimentally, and the gnotobiotic experimental systems established for aquatic animals are excellent for this purpose (Rawls et al., 2004; Marques et al., 2005; Dierckens et al., 2009; Forberg et al., 2012). Such systems can provide experimental insight into the biodiversity–invasibility relationships in the larval gut under conditions of full control over the microbial community. However, the findings from gnotobiotic systems should be verified under normal culture conditions. The conclusions from such research could serve as a basis for developing gut microbial management strategies.

Managing community assembly of gut microbiota

Securing the establishment of a desired gut microbiota in larvae, and hence proper functionality, is a better microbial management strategy than antibiotics. This is, however, not straightforward. A prerequisite is gaining insight into the ecological mechanisms and processes in the larval gut environment that regulate community composition, that is, the assembly rules. Similar to humans (Costello et al., 2012), the first colonization can be assumed to have long-term consequences for larval health. This motivates the development of management strategies to steer first colonization. This has only recently been acknowledged among aquaculturists.

The randomness of first gut colonization

For aquatic animals, the colonization of the unoccupied gut starts at mouth opening and progresses at the onset of feeding. Recent studies have shown substantial variation in the composition of the microbiota between individuals, even for cohabiting larvae (Fjellheim et al., 2012; Bakke et al., 2013). The same has been observed for terrestrial animals (van der Wielen et al., 2002). In line with theory (Costello et al., 2012), colonization of larvae can be the result of environmental filtering by the host, often termed host selection (that is, similar niches in the gut allow presence of similar assemblies), historical contingency (that is, timing and order of species inflow determines assembly), random sampling (that is, community members are randomly drawn from the species pool) and dispersal limitation (that is, some species gain access to the new habitat and others do not). Dispersal limitation intuitively seems to be of limited importance for the colonization of larvae that live in the same water as the microbes and continuously ingest them at high rates during drinking and by eating prey organisms (Reitan et al., 1998). Analyses of similarities in gut microbiota between cohabiting larvae (Bakke et al., 2013) suggest some degree of selection in the host. However, the interindividual variation is consistent with the involvement of random sampling from the bacterial species pool and the sequence of inflow of functionally redundant species in the colonization process.

Gut biodiversity: niche processes vs neutral processes

The microbial assembly in an animal gut may be determined by the number of available niches and species interactions according to Darwin-based niche theory (Silvertown, 2004). It is then primarily the number of available niches that determine
species richness (Wennekes et al., 2012) whereas niche differentiation and interspecies interactions regulate coexistence patterns (Chesson, 2000). Alternatively, neutral theory states that biodiversity is the result of stochasticity in demographic processes such as reproduction, death and dispersal of species that are neutral with respect to competitive ability (Hubbell, 2001).

Several authors have suggested that spatial and temporal changes in biodiversity cannot be explained by either niche or neutral processes (Leibold and McPeek, 2006; Dumbrell et al., 2010; Ofiteru et al., 2010; Jeraldo et al., 2012). It is the interplay of dispersal, diversification and environmental selection that shapes local assemblages (Vellend, 2010). The relative contribution depends on the strength of stabilizing mechanisms (niches) and species fitness equality (neutrality) (Adler et al., 2007). For aquatic animals, the characteristics of the gut environment are age dependent. The immature gut goes through a series of developmental changes from the larval, over juvenile, to the adult stages, and even within the larval stage there is a continuous change (Zambonino-Infante and Cahu, 2001; Elbal et al., 2004; Yang et al., 2010; He et al., 2012).

The variation in gut microbiota of cohabiting larvae (Fjellheim et al., 2012) raises two questions that are relevant for microbial management: (1) Is the early gut made up out of relatively broad niches that make neutral assembly possible? (2) When the intestine differentiates (Kamisaka and Ronnestad, 2011) will the niches increase in number but become narrower, thus increasing competition and reducing the probability of stochasticity in assembly? Differences in early coexistence patterns may then lead to divergence in microbiota composition between larva as a result of physicochemical and morphological changes in the gut during maturation in combination with competition between the community members (Rogers et al., 2012).

Yan et al. (2012) suggested that assembly in larval zebrafish was deterministic (that is, high interindividual similarity), whereas assembly in juveniles reaching adulthood was stochastic (that is, increased gut turnover rates). The inconsistencies between these data and the aforementioned data indicate the need for more studies that focus on the mechanisms involved in gut microbiota assembly in larvae. Understanding the neutral and/or deterministic processes that determine community assembly can form the basis for strategies that aim at manipulating gut microbial community composition (Marino et al., 2014). An ultimate goal would be the development of predictive models of community assembly in larvae. Quantitative ecology in larvae presents itself, however, as a huge challenge because

![Figure 3](https://ispe.org/journals/tispe/figures/2365f3.png)

*Figure 3* Achieving invasion resistance by gut microbiota management in larviculture presents a big challenge. Primarily, knowledge should be gained on the ecological processes that determine the assembly of the microbiota in a developing gut environment. This will allow identification of the opportunities to actively manage the gut microbiota. Second, the development of predictive ecological models should provide information on how factors can be altered to direct assembly of gut microbiota in a desired direction. Even for systems far simpler than a larval gut, this is not an easy task. Finally, information on the biodiversity–invasibility relationship should provide knowledge on which ecological state of the intestinal microbiota is most auspicious to minimize invasion risk. To answer the questions in the figure, use can be made of gnotobiotic model systems that exist for aquatic species such as brine shrimp (Marques et al., 2005), Atlantic cod (Forberg et al., 2012), European sea bass (Dierckens et al., 2009) and zebrafish (Rawls et al., 2004) in combination with synthetic microbial ecosystems as applied in the researches of Wittebolle et al. (2009) and De Roy et al. (2013).
of the complexity of the system under consideration for which aquaculture requires the input from theoretical microbial ecologists (Figure 3). Fortunately, effective microbial management is not always dependent on such models as illustrated above by the r/K-selection concept.

Conclusions
Microbial management offers opportunities for a decrease in diseases and increase in larval viability in aquaculture systems (Vadstein et al., 1993). An ecological perspective would contribute to an understanding of how clinical benefits can be achieved. Active management of the water and the intestinal microbiota as a strategy to control bacterial foes in aquaculture was introduced already in the 1990s (Vadstein et al., 1993; Vadstein, 2000). However, it seems the focus on human health was required for the concept of microbial management to become an acknowledged strategy (Costello et al., 2012). With the increasing ecological knowledge on structure and function of the gut microbiota, the time seems ripe for a reintroduction of the ‘join them’ approach in the biological science of animal breeding. Moreover, emerging knowledge on biodiversity–invasibility relationships can form a basis for future research that, at the moment, is still mainly focusing on probiotics and disinfection. This current low richness and evenness in research hampers the progress in knowledge required for establishing sustainable microbial management strategies based on ecological principals in aquaculture.

Conflict of Interest
The authors declare no conflict of interest.

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