Robot-assisted sleeve gastrectomy in patients with obesity with a novel Chinese domestic MicroHand S™ surgical system

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Abstract

**Background:** A new member has been added to the Chinese MicroHand surgical robot family, developed based on the successful application of control algorithms. As a benefit of using these specialized control algorithms, the motion mapping relation can be built up without the help of a built-in image system, resulting in a novel Chinese domestic surgical robot with two arms called MicroHand S, which is different from the former MicroHand S and da Vinci systems. The analysis technique of clinical practice using the Chinese domestic surgical robot to perform sleeve gastrectomy is not well presented. In this study, we investigate the performance of a novel MicroHand S robotic platform in patients with obesity.

**Methods:** From March 2018 to April 2019, a total of 7 patients affected by obesity were operated on with the robot-assisted technique using the MicroHand S surgical system. Data regarding demography, surgical procedure and the 3-month outcome postoperation were collected.

**Results:** There were 2 female and 5 male patients with a mean age of 34.0±11.4 years. The mean operative time was 166.4 ±16.1 minutes. None were converted to open surgery. All anthropometry indices improved significantly at 3 months postoperatively.

**Conclusions:** In conclusion, the Chinese domestic robot surgical system MicroHand S could be feasibly and safely applied in sleeve gastrectomy in patients with obesity. This robotic platform has presented its own obvious advantages.

**Background**

Obesity has growing prevalence worldwide, causing a series of severe problems in public health [1]. Compared to non-surgical interventions, bariatric surgery can dramatically reduce body weight in a lasting manner and ameliorate comorbidities in patients with obesity [2, 3]. At present, hundreds of thousands of patients with obesity receive bariatric surgery every year [4]. Laparoscopic sleeve gastrectomy (LSG) has become the most common procedure in bariatric surgery according to an estimation of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) [5]. However, it is difficult to dissociate and release the stomach fundus limited by the laparoscopic technique applied to anatomically deep stomach fundus, especially for patients with obesity.

With the development of robotic surgical systems, robotic surgery has appeared as a new category of minimally invasive surgery [6]. Robotic technology with multiple degrees of freedom (DoF) and tridimensional (3D) imaging can improve operating dexterity, locating precision, and hand-eye coordination in surgery. The robot surgical system compensates for the technical limitations of laparoscopic instruments and solves many problems caused by human restrictions, such as fatigue and low precision.

The robotic platform has gained widespread utilization in bariatric surgery for the treatment of morbid obesity in recent years [7]. The Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) database showed that, in the last few years, the da Vinci robotic platform has increasingly emerged as an attractive technology in bariatric surgery [8, 9]. At present, da Vinci sleeve gastrectomy has been carried out, showing good performance [10, 11]. Therefore, robot-assisted sleeve gastrectomy is a new form of surgery to bring a new experience to patients with obesity, especially for surgeons operating on patients with obesity.

However, the high costs of the da Vinci robotic system make it very difficult to routinely apply it to bariatric surgery [11, 12]. Moreover, its expensive annual maintenance requirements and surgical consumables limit the application of
the da Vinci surgical system in China. However, recently, the Chinese domestic MicroHand surgical system was developed with a compact structure and low cost. Similar to the da Vinci surgical robot, the MicroHand series surgical robot is a kind of master–slave robot [13].

Recently, the MicroHand surgical system added a novel robot called the MicroHand S. Chinese domestic surgical robot. The MicroHand S system was developed in 2015 by two universities. We have witnessed the performance of the MicroHand S robotic platform developed in 2013 in primary clinical applications. According to previous studies [14, 15], MicroHand S has been applied to appendectomy, cholecystectomy, and right hemicolectomy, without deep organs involved. Therefore, we are highly interested in a novel two-arm robot used in deep organs. The purpose of this study is to investigate the performance of the MicroHand S robotic platform by accomplishing the surgical task analysis of sleeve gastrectomy in patients with obesity.

Methods

Seven patients with obesity who met the metabolic surgery criteria set by the Chinese Society for Metabolic & Bariatric Surgery (CSMBS) underwent MicroHand S robot-assisted sleeve gastrectomy (M:SG) from March 2018 to April 2019. All patients suffered from fatty liver with hypertrophic hepatic lobes. Perioperative overall operative time, preoperative setup time, intraoperative blood loss, hospital stays, and perioperative complications were recorded. Anthropometry data, including body weight, body mass index (BMI) and waist circumference (WC) preoperatively and 3 months postoperatively were collected. Percentage excess weight loss (% EWL) was estimated in the following 3 months. % EWL = (weight loss/baseline excess weight) x 100%, where baseline excess weight = baseline weight - ideal weight. The ideal weight is based on a person's weight at a BMI of 25 kg/m². All results were expressed as a mean ± standard deviation. The paired-samples T test was used, and the significance level was set at a two-tailed \( \alpha = 0.05 \). The surgeons had sufficient training to adapt well to the MicroHand S robot. Written informed consent was obtained from each patient. This study was authorized by the ethics committee of the hospital and registered in the National Institutes of Health website: www.clinicaltrials.gov. The registration identifier is NCT02752698.

Overview of the MicroHand S robot surgical system

The MicroHand S robot surgical system mainly consists of a surgeon console, a slave robot and a video vehicle (Fig. 1), the structure and appearance of which are distinctly different from those of the da Vinci surgical system. The preloaded cable-driven system and harmonic reducers make it light in weight, compact in structure, and enable a large range of motion. Compared to the MicroHand S, this robot was upgraded successfully in configuration, such as being equipped with an ultrasonic scalpel, a master-slave motion scaling function and an audible alarm function. Both the scaling and alarm functions are integrated into the control panel for quick manual manipulation. Benefitting from using specialized control algorithms, the motion mapping relation can be built up without the help of a built-in image system, which are different from the MicroHand S and da Vinci systems. Therefore, the two-arm MicroHand S is compatible with conventional endoscopic image systems in hospitals, in which the manipulator used to hold the endoscope is abolished. Thanks to this design, the cost, volume and weight of the MicroHand S can be further reduced.

The surgeon console allows the surgeon to control multi-DoF instruments by operating master manipulators and foot pedals. The two master manipulators conform to the ergonomic engineering facilitating to filter out hand tremors, relieve hand fatigue and improve precision. Owing to the embedded controller, the motions input by operating master manipulators outside the abdomen can be mapped to the end-effector motions of instruments inside the abdomen cavity exactly. The reproduced motions of the instruments following the master manipulators
are activated by grasping the button on the handle. Then, incremental motion is used to reposition the master manipulators during surgery to solve the mutual interference or motion limits of the master manipulators, which is implemented by the clutch mechanism fired by pinching the clamp to disengage the instrument motion from the corresponding motion of the master manipulators. The control panel is used for system initialization and to establish the initial values of certain key parameters prior to surgery. The motion scale between the master and the slave is adjustable among different proportions, such as 3:1, 6:1 and 10:1, by simply clicking the keys on the control panel at any time during the entire procedure (as shown in Fig. 2).

This master-slave motion scaling function improves the accuracy by switching the motion scale during the operation. A 3:1 proportional motion control means the movement of the slave manipulator takes one-third of the master manipulator movement. For example, when dissociating the gastrocolic ligament using the ultrasonic scalpel, the surgeon usually chooses 3:1 to complete resection quickly. When isolating the short gastric vessel, the surgeon can choose 10:1 to refine the operation. The master–slave motion mapping strategies of MicroHand S are a unique design. The setting can be turned up in fine operations and turned down in extensive operations. This design can improve the safety and speed up the process of the operation and has been well applied in operations.

The audible alarm function is attributed to the sensor equipped in each passive joint, which is to guarantee operation safety. The control system compares the angular positions provided by the sensors and those obtained through the kinematic calculation at each controller time-step. Once the error between them exceeds a certain range, the robot is stopped immediately, and an alarm sounds in the control panel. The surgeon needs clear out the fault first by clicking the button on the control panel and then continue the surgical procedure. The imaging system transmits a stable 3D view in an open-field way (Fig. 3a). Benefitting from the open high-definition 3D view of MicroHand S, an easier real-time discussion and teaching intraoperative is allowed for, which is inconvenient with a closed image viewer integrated in the console in da Vinci (Fig. 3b). In addition, it is helpful to relieve the surgeon's neck fatigue without persistently laying the head down against the image viewer for a long time.

The operating arm system is optimized with two movable manipulators installed on the swivel head used to place the instruments (Fig. 4a). The structure of the instrument is designed optimally on the basis of the kinematic analysis together with the ergonomic index. To ensure that the surgical robot can perform the suture motion, which is largely a rotation about the bisector line of the two jaws of the instrument, an end rotational motion needs to be realized. Based on this, a separated roll joint is designed at the distal end of the instrument (Fig. 4b). Eventually, the system allows the manipulator to move with seven DoFs beyond the laparoscopic surgery, technically.

The technical advantages in patient-robot interaction

Patients with obesity have inherent surgical features that greatly increase the operation difficulty. During M-LSG, the target organ is the stomach in the upper abdominal region; the robot is used to assist in operations. In terms of the LSG surgical requirements, problems related to thick abdominal walls, a mass of visceral fat, deep stomach fundus and limited space to manoeuvre the instrument are always encountered. At the same time, the anterior and posterior diameters of the abdominal cavity are large, and stomach fundus and part of the gastric body in patients with obesity are covered by the plump left liver lobe. However, MicroHand S has some particular features, especially in patient-robot interaction, to overcome the difficulties in exposure and operation.

It is convenient to locate the slave robot owing to its crossbeam design and flexible swivel head. The route of movement up and down the column of the slave robot is long-range, which is enough to overcome the elevated bed after patients with obesity lay on the bed. The surgeon need not intentionally turn down the bed to adapt to the slave
robot. This design can free up space around the patient's head, which makes general anaesthesia easier during a robotic surgery. It is beneficial to place and settle surgical equipment, including the anaesthetist cabinet, several sterile trays, display monitors, several instrument cupboards, and so on, to satisfy operation room area requirements. However, many pieces of equipment are always stored in every area until needed for surgery. This compact robot does not occupy much room around the patient, keeping the surgeon or assistants close to the patient.

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R1 was replaced by a 12-mm trocar as the camera-holder port during the stapling, provisionally. A0 was used as the stapler port, accordingly. In addition, another 5-mm port was placed at the anterior axillary line in the left hypochondrium as an assistant port (A1), which was used to retract the left lobe of the liver, assist stapling and so on.

The patient was placed in the steep reverse Trendelenburg position. The slave robot was brought from one of the available sites on the left side of the patient, and docking was performed in a short time. The camera-holder stood between the patient’s legs. The assistant surgeon was on the left of the operating table. Although the fundus of the stomach was very close to the spine, which is far from the port site, especially for patients with obesity, the range of the instruments was sufficient to reach the fundus field and His angle to isolate tissue and to finish the separation of the fundus.

The two main steps of sleeve gastrectomy include the complete dissection and subsequent resection of the greater curvature and gastric fundus. Safe exposure and mobilization of the fundus are regarded especially as the crucial procedure of a sleeve gastrectomy. Gastrolysis was performed along the greater curvature of the stomach from the prepyloric region to the His angle using a MicroHand ultrasonic scalpel. The short gastric vessels from the gastroplenic ligament and posterior gastric adhesions with the pancreas were divided. The left crus was completely defined so that the fundus was adequately mobilized. Instead of a bougie, a gastroscope was placed through the pylorus into the first part of the duodenum and was kept in place to guide the sleeve formation. The console surgeon applied traction on the stomach so that it was in the right orientation. Continuous stapling started 5 cm from the pylorus towards the His angle using a linear stapler through the A0 port to resect the stomach by a patient-side surgeon with adequate training in LSG skills. Instead, R1 was replaced by a 12-mm trocar with the laparoscope inserted. After gastric resection, gastroscopy with saline solution immersion was performed in all cases to rule out any leak, bleed, or obstruction. Finally, the resected stomach specimen was removed through the accessory port, and one drain was left in the peritoneal cavity. The port placement, operation room layout and detailed reality images of the robotic operating procedure are shown in Fig. 6.

## Results

The patients with obesity included 2 females and 5 males. The mean age was 34.0±11.4 years. The overall operating time was 166.4±16.1 minutes, of which preoperative setup time was 27.5±2.5 minutes. The mean hospital stay was 3.6±1.8 days. Intraoperative blood loss was 20.8±3.6 ml. No serious complications occurred, such as margin leak, postoperative bleeding or conversion to open. Compared to the baseline, all anthropometry indices improved at 3 months postoperatively (see Table 1). The percentage excess weight loss (% EWL) at 3 months was 62.6±10.3.

| Table 1 | Anthropometry indices at the baseline and 3 months post-MGSG |
|---------|-------------------------------------------------------------|
|          | Baseline (n = 7)               | 3 months (n = 7)               |
| Weight (kg)    | 106.3 ± 19.1                   | 86.7 ± 10.2*                   |
| BMI (kg/m²)    | 36.5 ± 7.6                     | 29.7 ± 4.0*                    |
| WC (cm)        | 118.7 ± 12.3                   | 103.3 ± 11.8*                  |
| %EWL          |                               | 62.6 ± 10.3                     |

MGSG: MicroHand Srobot-assisted sleeve gastrectomy; BMI: body mass index; WC: waist circumference; %EWL: percentage excess weight loss

* p < 0.05
Discussion

Owing to exciting anthropometric results, SG has currently become the commonest procedure in utilization of bariatric surgery. However, because SG has potential risk of promoting gastroesophageal reflux disease and Barrett esophagus, some procedures designed to prevent postoperative reflux have also gained a widespread diffusion [19, 20]. The clinical application experience to perform SG assisted by the MicroHand S is presented for the first time, but the risk of reflux after M-SG needs to be confirmed by a further large sample study.

In terms of SG surgical effectiveness results, all of the variables considered, such as BMI change and %EWL, are similar to our laparoscopic data [21]. We introduced the course and have built a standardized technique by summing up our experience. The use of the MicroHand S robot during the entire intervention is smooth and comfortable. The operating surgeon is seated at the console; it is no longer necessary to force against the lever resistance of the abdominal wall or endure the discomfort of the body position. The tremor filtration obtains stable movement despite hand fatigue and minimizes the risk of secondary injury to healthy tissues.

In the da Vinci robot system, the preoperative setup procedure is cumbersome and time-consuming, and interference often occurs between the crowded robotic arms owing to large and heavy passive arms [22]. By comparing those manipulators, it can be observed that the robotic arms of the da Vinci surgical system are more complex and that more passive joints need to be adjusted before surgery compared with the MicroHand robot [23]. The design of the active slave manipulator combined with the passive arm and swivel head structure can fulfill the requirement of a fast preoperative setup procedure, as there is a quick-exchange interface designed at the end of each manipulator. The function is to realize the quick installation or removal of the surgical tools. Two arms with quick-exchange interface can save setup time. The total operation time is extended in M-SG compared to LSG, by experience, mainly due to the preoperative setup procedure. However, it is far offset by the great advantages of robot-assisted technology especially in complex surgeries. Moreover, the preoperative setup time and the total operation time will be reduced reasonably with more M-SG cases performed [24].

The MicroHand S surgical robot is a master–slave robot, similar to the da Vinci surgical robot. However, this platform is different from the da Vinci robotic platform in many aspects of the original design. First, da Vinci surgical systems are equipped with four manipulators, including one laparoscope carrier and three working arms. MicroHand S systems are equipped with only two manipulators to perform surgical procedure and with an assistant holding the laparoscope, similar to conventional laparoscopic surgery. Second, instruments of the da Vinci surgical system are connected to the front end of the retractable manipulators, occupying too much space above the patient. Thus, the workspace reachable is reduced due to collisions between robot arms and other obstacles [22]. However, the two manipulators of MicroHand S are suspended on the hoisting beam, thus occupying more upper useless space and reserving enough useful workspace for the assistant surgeon, effectively avoiding interference between instruments and surgeons. Third, the instruments in the da Vinci surgical system move in the roll–pitch–yaw way. However, the DoF arrangement of the instruments in MicroHand S take a roll–pitch–distal roll way. The DoF mechanism has diversity, as the configuration is different from the da Vinci system.

The two systems are different in many ways, such as the surgeon operation panel, manipulator design and imaging system. The two different systems complete surgery in different courses during surgical procedures with the respective robot techniques. The double-arm design is more conducive to the promotion of the MicroHand S system in different endoscopic operations. The design of the MicroHand S arms requires the help of a hand holding the
laparoscope, which is conducive to the wider range of the system to adapt to different parts of the endoscopic surgery at the present development stage. A new series design of the MicroHand system is proposed to meet the requirements of more complex operations. A prototype integrated with the slave manipulator carrying a laparoscope and/or a fourth one will be applied clinically soon.

In patients with obesity, the leverage resistance effect is obvious after the trocar passes through the thick abdominal wall [25]. This effect can be effectively mitigated by the MicroHand S system. In pneumoperitoneum, the abdominal cavity is domed, and the abdominal wall is filled with gas in a uniform radian. Under the MicroHand S system, the setting of the joint module can further adjust the expanded position and state of the abdominal wall in the presence of pneumoperitoneum, which is conducive to intraoperative trocar regulation. Because the relative positions between the incision point and the slave manipulator are not so strictly determined in the manipulator with three passive joints, the robot can reach different operation positions by adjusting the height of the passive arm and by rotating the swivel head.

**Conclusions**

In conclusion, the Chinese novel surgical robot system MicroHand S could be feasibly and safely applied in sleeve gastrectomy. The MicroHand S robotic platform has obvious advantages in routine use and will be applied widely to more complicated surgical procedures. At the same time, the medical cost of domestic robot-assisted surgery is expected to be reduced by more than half compared to that with the da Vinci robot. Therefore, more patients will benefit from a low-cost and easy-use surgical robot system with the commercialized MicroHand system in future. However, additional studies, including more clinical studies, should be carried out to verify the comprehensive performance of the developed surgical robot.

**Abbreviations**

LSG: Laparoscopic sleeve gastrectomy

IFSO: The International Federation for the Surgery of Obesity and Metabolic Disorders

DoF: Degrees of freedom

3D: Tridimensional

MBSAQIP: The Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program

CSMBS: The Chinese Society for Metabolic & Bariatric Surgery

M*S: MicroHand S robot-assisted sleeve gastrectomy

BMI: body mass index

WC: waist circumference

% EWL: Percentage excess weight loss

**Declarations**
Ethics approval and consent to participate

This study was authorized by Institutional Review Board of the Third Xiangya Hospital, CSU. and registered in the National Institutes of Health website: www.clinicaltrials.gov. The registration identifier is NCT02752698. Informed consent was obtained from all individual participants included in the study.

Consent to publish

Informed consent for publication was obtained from all individual participants included in the study.

Availability of data and materials

The data supporting our thesis is completely available in this article.

Competing interests

All authors have no conflicts of interest or financial ties to disclose.

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Authors’ contributions

WL and KK analyzed the data concerning the treatment of the patients regarded and wrote the manuscript. SZ and LZ treated the patients regarded, read and approved the manuscript. PL, GW and BC contributed to the data collection and revised the manuscript critically and provided comments on the structure and grammar of the article. All authors have read and approved the manuscript.

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