Do we see accreting magnetars in X-ray pulsars?

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Abstract. Strong magnetic field of accreting neutron stars (10\textsuperscript{14} G) is hard to probe by X-ray spectroscopy but can be indirectly inferred from spin-up/spin-down measurement in X-ray pulsars. The existing observations of slowly rotating X-ray pulsars are discussed. It is shown that magnetic fields of neutron stars derived from these observations (or lower limits in some cases) fall within the standard 10\textsuperscript{12}-10\textsuperscript{13} G range. Claims about the evidence for accreting magnetars are critically discussed in the light of recent progress in understanding of accretion onto slowly rotating neutron stars in the subsonic regime.

1 Introduction

In the last decades, a class of isolated neutron stars (NSs) with high magnetic field $\sim 10^{14} \sim 10^{15}$ G (magnetars) including soft gamma-ray repeaters (SGRs) and anomalous X-ray pulsars (AXPs) is rapidly growing (see [1] for a review)\textsuperscript{1}. These sources exhibit slow NS spin periods ($P^* \sim 2 - 12$ s) and rapid spin-down rates ($\dot{P} \sim 5 \times (10^{-10} - 10^{-13}$ s/s), implying huge magnetic fields under the usual assumption of NS braking torque describing by magneto-dipole losses $B \sim 10^{12} \sqrt{(P/1s)(P/10^{-15} s/s)} G$. The high NS magnetic field can explain the observed properties of SGRs and AXPs in the frame of the magnetar model [2]. An alternative model, which can satisfactorily explain observations of SGRs and AXPs, assumes accretion onto a NS with the standard magnetic field from a supernova fall-back disk, see e.g. [3], [4] and references therein.

All known magnetars are single and young NSs, and their high magnetic fields should reflect the initial magnetic field distribution of NSs. Initial field as inferred from observations of radio pulsars by the population synthesis method using various model assumptions (see e.g. [5], [6]) turn out to be broadly Gaussian-like distributed around the typical a few $10^{12}$ G value. The similar range $10^{12} - 10^{13}$ G for magnetic fields of accreting NSs has been found from X-ray spectroscopy of cyclotron resonance scattering features in X-ray pulsars [7]. Secular evolution of the NS magnetic field remains uncertain (e.g. [8]), but there seem to be no reasons to prohibit the birth of a strongly magnetized NS in a close binary system. Soon after the birth the NS may become an accreting NS in a high-mass X-ray binary system.

For accreting magnetized NSs, one can use, under certain assumptions, the plasma magnetospheric interaction to estimate the NS magnetic field. The accreting plasma brings angular momentum and exerts torques to the NS magnetosphere, and there is magnetosphere-plasma coupling when plasma

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\textsuperscript{1}See online catalog \url{http://www.physics.mcgill.ca/pulsar/magnetar/main.html}
enters the magnetosphere, therefore the accreting NS should spin-up or spin-down depending on the sign of the net torques applied to the magnetosphere, as observed [9]. The torques \( K_{su}, K_{sd} \) applied to the accreting NS depend on the NS magnetic field (dipole magnetic moment \( \mu \)), mass accretion rate \( \dot{M} \) (as inferred from the observed X-ray luminosity \( L_x \approx 0.1 M c^2 \)), NS spin period \( P^* \) (or angular frequency \( \omega^* = 2\pi / P^* \)) and other parameters depending on the regime of accretion. Then from the angular momentum conservation written as \( I \omega^* = K_{su}(\mu, \dot{M}... – K_{sd}(\mu, \dot{M}...) \) it is possible to estimate the NS magnetic field by assuming a specific form of the applied torques.

### 2 Spin-up/spin-down torques in different accretion regimes

In different regimes of accretion, magnetospheric torques take different form (see Table 2). Disk accretion takes place when the specific angular momentum of matter near the NS magnetosphere exceeds the Keplerian one: \( j_w(R_A) = \omega_w(R_A)R_A^2 > j_k(R_A) = \sqrt{GM R_A} \); this is the usual case when the optical star fills its Roche lobe. In the case of accretion from stellar wind, the specific angular momentum of gravitationally captured matter is \( j_w = \eta \omega_B R_B^2 \), where \( \omega_B = 2\pi / P_B \) is the binary orbital angular frequency, \( P_B \) is the binary orbital period, \( R_B = 2GM/\left(v_w^2 + v_{orb}^2\right) \) is the gravitational capture (Bondi) radius, \( \eta \) is the numerical coefficient of order one, which can be negative or positive, so that on average, on the long range, the total angular momentum of captured matter can be close to zero [10]. This intrinsic uncertainty strongly complicates the wind accretion case, and the conditions of the accretion disk formation in the wind-fed X-ray pulsars should be checked in each particular case using different observational data.

For wind-accreting X-ray pulsars with moderate and weak X-ray luminosity \( L_x < 4 \times 10^{36} \text{ erg/s} \) the settling regime of subsonic quasi-spherical accretion sets in [11], [12] (see also [13]). For equilibrium pulsars (in which on average \( \omega^* = 0 \)), the estimation of magnetic fields from spin-up/spin-down observations in this regime strongly depends on stellar wind velocity, \( \mu_{eq} \sim v_w^4 \), which is usually poorly known. Equilibrium pulsars in the settling accretion regime have been discussed in [13]. However, for non-equilibrium pulsars (e. g. those which demonstrate long-term spin-down) it is possible to obtain a lower limit of the NS magnetic field.

| Accretion regime          | Spin-up torque, \( K_{su} \) | Spin-down torque, \( K_{sd} \) | Alfvén radius, \( R_A \) |
|---------------------------|-------------------------------|-------------------------------|--------------------------|
| Disk \( R_A < R_c \)      | \( M \sqrt{GM R_A} \)       | \( \mu^2 / R_c^3 \)           | (\( \alpha \gamma \mu^2 / M \))^{1/7} |
| Quasi-spherical, supersonic (Bondi) \( L_x > 4 \times 10^{36} \text{ erg/s} \) | \( \eta M \omega_B R_B^2 \) (\( \eta > 0 \)) | \( \eta M \omega_B R_B^2 \) (\( \eta < 0 \)) | (\( \mu^2 / M \))^{2/11} |
| Quasi-spherical, subsonic (settling) \( L_x < 4 \times 10^{36} \text{ erg/s} \) | \( Z M \omega_B R_B^2 \) | \( Z(1 - \pi / Z) M \omega^* R_A^2 \) | (\( \mu^2 / M \))^{2/11} |
| Strong coupling: \( (B_p < B_0) \) | \( \mu^2 / R_A^3 \) | \( \mu^2 / R_A^3 \) | |
| Moderate coupling: \( (\text{convection}) \) | \( \mu^2 (\omega_w - \omega^*) \sqrt{R_A} / \omega_w(R_A) \) | \( \mu^2 \omega_m \ll \omega^* \) | |
3 Non-equilibrium X-ray pulsars

The NS spin-up/spin-down equation in the settling accretion regime of quasi-spherical wind accretion (at $L_e < 4 \times 10^{36}$ erg/s) reads:

$$I\dot{\omega}^* = ZM\omega_B R_B^2 - Z(1 - z/Z)\dot{M}R_A^2 \omega^*,$$  

(1)

(see [13] for definitions of the coefficients and derivation). The critical mass accretion rate at which $\dot{\omega}^* = 0$ is

$$\dot{M}_{16,eq} \approx 478(1 - z/Z)^{11/4} \xi_3 \mu_30^3 \left(\frac{v_8}{\sqrt{\delta}}\right)^{11} \left(\frac{P_b/10d}{P_s/100s}\right)^{\frac{11}{4}}.$$  

(2)

At $\dot{M} < \dot{M}_{eq}$ the pulsar spins down, $\dot{\omega}^* < 0$. From the simple fact that the spin down is stable, we may obtain a lower limit on the magnetic field in the case of quasi-spherical accretion with $\dot{\omega}^* < 0$:

$$\mu_30 > \mu_{30, min} \approx 0.13(1 - z/Z)^{-\frac{11}{4}} \xi^{-1/3} \left(\frac{v_8}{\sqrt{\delta}}\right)^{\frac{11}{4}} M_{16}^1 \left(\frac{P_s/100s}{P_b/10d}\right)^{\frac{11}{4}}.$$  

(3)

It can be shown (see [12] for more detail) that at the spin-down stage $\dot{\omega}^*$ reaches minimum at $\dot{M}_{cr} = \dot{M}_{eq} \times (3/7)^{11/4} \approx 0.1 \dot{M}_{eq}$:

$$\dot{\omega}_{sd, min}^* \approx -1.12 \times 10^{-12}[\text{rad/s}^2](1 - z/Z)^{7/4} \tilde{K}K_1K_3\mu_30^2 \left(\frac{v_8}{\sqrt{\delta}}\right)^{3} \left(\frac{P_s/100s}{100s}\right)^{7/4} \left(\frac{P_b/10d}{10d}\right)^{3/4}.$$  

(4)

Then, from the condition $|\dot{\omega}_{sd}^*| \leq |\dot{\omega}_{sd, min}^*|$ follows a more interesting lower limit on the neutron star magnetic field:

$$\mu_30 > \mu_{30, min}' \approx 0.94 \left(\frac{\dot{\omega}_{sd}^*}{10^{-12}\text{rad/s}^2}\right)^{1/2} (1 - z/Z)^{-7/8} (\tilde{K}K_1K_3)^{-1/2} \left(\frac{v_8}{\sqrt{\delta}}\right)^{-3/2} \left(\frac{P_s/100s}{100s}\right)^{7/8} \left(\frac{P_b/10d}{10d}\right)^{-3/8}.$$  

(5)

Note the weaker dependence of this estimate on the stellar wind velocity as compared to the inequality (3). If the accelerating torque can be neglected compared to the breaking torque (corresponding to the low X-ray luminosity limit $\dot{M} \ll \dot{M}_{eq}$), we find directly from (1) that for accreting pulsars at spin down,

$$\dot{\omega}_{sd}^* \approx -0.75 \times 10^{-12}[\text{rad/s}^2](1 - z/Z)\tilde{K}K_1K_3\xi^{-3/11} \mu_{30}^{13/11} \dot{M}_{16}^{3/11} \left(\frac{P_s/100s}{100s}\right)^{-1}.$$  

(6)

From this we obtain a lower limit on the neutron star magnetic field that does not depend on the parameters of the stellar wind nor the binary orbital period:

$$\mu_30 > \mu_{30, min}'' \approx 1.27 \left|\frac{\dot{\omega}_{sd}^*}{10^{-12}\text{rad/s}^2}\right|^{11/13} (1 - z/Z)^{-11/13} (\tilde{K}K_1K_3)^{-11/13} \xi^{3/13} \dot{M}_{16}^{-3/13} \left(\frac{P_s/100s}{100s}\right)^{11/13}.$$  

(7)

4 Several examples

Here we analyse the steady spin-down behavior in several slowly rotating moderate-luminosity X-ray pulsars (GX 1+4, SXP 1062, 4U 2206+54) within the framework of quasi-spherical settling accretion theory. The results are summarized in Table 2.
4.1 GX 1+4

GX 1+4 has a spin period of $P^* \approx 140$ s and the donor is an MIII giant [? ]. The system has an orbital period of 1161 days [? ]. The donor is far from filling its Roche lobe and accretion onto the neutron star is by capture of the stellar wind of the companion. The system has a very interesting spin history. During the 1970’s it was spinning up at the fastest rate ($\dot{\omega} \sim 3.8 \cdot 10^{-11}$ rad/s) among the known X-ray pulsars at the time (e.g. [? ]). After several years of non-detections in the early 1980’s, it reappeared again, now spinning down at a rate similar in magnitude to that of the previous spin-up. At present the source is steadily spinning down with an average spin down rate of $\dot{\omega} \sim -2.34 \times 10^{-11}$ rad/s. A detailed spin-down history of the source is discussed in the recent paper [14]. Using our model this behavior, as well as the observed inverse correlation between the instant torque applied to NS $-\dot{\omega}^* \sim L_{x}^{0.48}$ [15], can be readily explained in the framework of quasi-spherical subsonic accretion (see also discussion of GX 1+4 in [11], [12]).

Clearly, GX 1+4 is not in equilibrium, so to derive a lower limit on the neutron star magnetic field from the observed value of $\dot{\omega}_{sd}$ we can use formulae from the previous Section. To avoid dependence on the uncertain stellar wind velocity, we shall neglect the spin-up torque, and from (7) we get $\mu_{30,\text{min}}^\prime \approx 40(\ddot{K}K_{1} K_{3})^{-11/13} \zeta^{3/13}$. Then, by assuming similarity of coupling parameters in all X-ray pulsars, it is safely to set the dimensionless factor $\ddot{K}K_{1} K_{3} \sim 10$ (as suggested by the analysis of equilibrium pulsars Vela X-1 and GX 301-2 in [13]), thence $\mu_{30,\text{min}}^\prime \approx 2.4$. Somewhat higher value would be obtained from (5), under the same assumption of the coupling coefficients: $\mu_{30,\text{min}}^\prime \approx 9(v_{w}/200\text{km/s})^{-3/2}$. Obviously, careful measurements of stellar wind velocity from the optical star and independent estimates of the NS magnetic field are highly needed for this source.

4.2 SXP 1062

This recently discovered young X-ray pulsar in Be/X-ray binary system, located in a supernova remnant in the Small Magellanic Cloud. Its rotational period is $P^* \approx 1062$ s and it has a low X-ray luminosity of $L_{x} \approx 6 \times 10^{35}$ erg/s [16]. The source shows a remarkably high spin-down rate of $\dot{\omega}^* \approx -1.6 \times 10^{-11}$ (rad/s$^2$). Its origin is widely discussed in the literature (see e.g. [17], [18]) and a possibly anomalously high magnetic field of the neutron star has been suggested [19]. In the framework of our model we use more conservative limits. Neglecting the spin-up torque (7), and assuming $\ddot{K}K_{1} K_{3} \sim 10$ for dimensionless coupling parameters [13], we get the magnetic field estimate $\mu_{30} > \mu_{30,\text{min}}^\prime \approx 10$, which is independent on the unknown stellar wind velocity and orbital parameters of the system. This shows that the observed spin down can be explained by a magnetic field of the order of $10^{13}$ G, and thus we believe it is premature to conclude that the source is an accreting magnetar.

4.3 4U 2206+54

This slowly rotating pulsar has a period of $P^* = 5560$ s and shows a spin-down rate of $\dot{\omega}_{sd} \approx -9.4 \times 10^{-14}$ rad/s [20]. The orbital period of the binary system is $P_{b} \approx 19$ days [20], and the measured stellar wind velocity is $v_{w} \approx 350$ km/s, abnormally low for an O9.5V [21] optical counterpart. The X-ray luminosity of the source is on average $L_{x} = 2 \times 10^{35}$ erg/s. A feature in the X-ray spectrum sometimes observed around 30 keV can be interpreted as a cyclotron line [22], [23], [24], [25]. That gives an estimate of the magnetic field of the order of $B \sim (30/11.6) \times 1.3 \approx 3.4 \times 10^{12}$ G (taking into account the gravitational redshift close to the surface $1 + z \sim 1.3$), and thus $\mu_{30} \approx 1.7$. Using this value of the magnetic field and neglecting the accelerating torque, from the formula in (6) we obtain a lower limit on the parameter $\ddot{K}K_{1} K_{3} \gtrsim 20$, which is close to the coupling parameter values for the
Table 1.

| Pulsars | Non-equilibrium pulsars |         |
|---------|-------------------------|---------|
|         | GX1 + 4                | SXP1062 | 4U2206 + 54 |
| Measured parameters |         |         |         |
| $P^*(s)$  | 140 | 1062 | 5560 |
| $P_B(d)$  | 1161 | ~ 300$^\dagger$ | 19(?) |
| $v_w(km/s)$  | 200 | ~ 300$^\ddagger$ | 350 |
| $\mu_{30}$  | ? | ? | 1.7 |
| $M_{16}$  | 1 | 0.6 | 0.2 |
| $\dot{\omega}'_{sd}$  | $-2.34 \cdot 10^{-11}$ | $-1.63 \cdot 10^{-11}$ | $-9.4 \cdot 10^{-14}$ |

| Derived parameters |         |         |
| $KK_1 K_3^{-3/11}$  | ≳ 20 |
| $\mu_{30,min}''$  | ≈ 2.4 | ≈ 10 | ≈ 0.6 |

$^\dagger$ Estimate of the source’s position in the Corbet diagram $^\ddagger$ Estimate of typical wind velocity binary pulsars containing Be-stars.

equilibrium pulsars Vela X-1 and GX 301-2 [13]. If we consider the magnetic field to be unknown (see discussion in [?]), and apply the formula(7), like in the case of GX 1+4, assuming moderate coupling with $\bar{KK}_1 K_3^{-3/11}$, we get the limit $\mu_{30} > \mu_{30,min}''$, which is in agreement with standard neutron star magnetic field values. Note that applying our formulas for equilibrium pulsars would here give a magnetar value for the NS magnetic field [20].

5 Conclusion

Using theory of quasi-spherical subsonic accretion onto slowly rotating magnetized neutron stars [11], we have obtain lower limits on the NS magnetic field in X-ray pulsars showing a long-term spin-down (GX 1+4, SXP 1062, 4U 2206+54). These limits in all cases turned out to be consistent with the standard value of NS magnetic fields $10^{12} - 10^{13}$ G as derived from analysis of radio pulsars [5], [6] and observations of cyclotron resonance scattering features in spectra of X-ray pulsars [7]. We conclude that present observations of spin-up/spin-down of X-ray pulsars do not provide firm evidence for accreting magnetars, including the cases of very slowly rotating low-luminosity pulsars (contrary to conclusions in [19], [20]). The obtained lower limits of NS magnetic fields in X-ray pulsars do not exclude high magnetic fields of accreting neutron stars, so we stress the need for further accurate timing and spectral observations of accreting X-ray pulsars.

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