CYSTIC HYDATIDOSIS IN KIDNEY OF SHEEP: PREVALENCE AND HISTOPATHOLOGICAL STUDY

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ABSTRACT

Cystic echinococcosis (CE), also known as hydatid disease, is a zoonotic disease worldwide, including Saudi Arabia. Echinococcosis is of great importance to human health and has a significant effect on the economies of countries. In current study, total 23902 slaughtered sheep carcasses were examined in Jeddah city, Saudi Arabia for the effect of age and sex on the prevalence of infection and the histological examination of kidney. Results of the current study revealed statistically significant difference in the prevalence of kidney hydatidosis in infected sheep. Rate of infection depend on the sex and age, among the investigated kidney samples, female sheep had the highest prevalence of infection as compared to males. Further, in case of sheep age, highest prevalence was reported in the sheep aged more than 2 years while lowest prevalence was reported in sheep aged less than 1 year. The histopathological examination showed severe degeneration in kidney tissues and marked mononuclear infiltrations. Current study provides an insight into sheep infection with kidney cysts suggest that sheep are a potential source of hydatidosis transmission to other animals.

KEYWORDS
Echinococcosis
Prevalence
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Kidney
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1 Introduction

Cystic echinococcosis (CE), also termed hydatid disease, is a worldwide zoonotic disease, including Saudi Arabia (Abdel-Baki et al., 2018). It is caused by *Echinococcus granulosus* larvae that pose a serious problem to human health and livestock and lead to significant economic loss (Yang et al., 2015). According to Abdel-Baki et al. (2016), *Echinococcus* worm completed life cycle in two-hosts, where canines act as end-hosts and domestic livestock serve as intermediate hosts. Further, *Echinococcus granulosus* contains nine genotypes (G1–G9) or strains (Schurer et al., 2013). All these genotypes could cause CE in intermediate host also. Among the identified nine genotypes, the livestock genotypes (G1–G3) have global distribution and are responsible for extensive economic damage due to livestock production losses and human illness. Sheep and goats are the most relevant domestic intermediate host for genotype G1; this genotype may also affect cattle, camels and donkeys (Nakao et al., 2013; Romig et al., 2015).

Echinococcosis significantly affects the economies of many countries where livestock production is a major part of agriculture and when livestock production mainly depends on an extended pasture system. The greater contact in rural communities between man, dogs and sheep makes the parasite life cycle more likely to be completed in this environment (Toulah et al., 2017).

In Saudi Arabia, hydatidosis in sheep was 2.5% in Al Qasim, 12.61% in Al Baha, 6.8% in Najran, 13.5% in Al Taif and 2.83% in Dammam (El-Ghareeb et al., 2017). Unfortunately, CE in the intermediate hosts such as sheep, goat and cattle is usually asymptomatic and unclear to farmers in the live animals. There are different methods for diagnosis and detection of CE in livestock. Serodiagnosis is one of these methods but do not provide a sufficiently specific and sensitive practical pre-mortem alternative. Also, ultrasound screening programmes for CE, has not been the preferred approach for monitoring in poor endemic areas and during control schemes. Accordingly, the most dependable method is to detect the cyst in meat screening or at inspection after death of the animals (Criage et al., 2015). Thus, the slaughterhouse is the suitable place for scanning hydatidosis in livestock (Almalki et al., 2017).

Therefore, the main objectives of the current study was to locate the prevalence rate of the infected kidney by cystic hydatidosis together with the effect of age and sex on the prevalence of the infection and the histopathological examination of kidney in Jeddah sheep slaughtered in Jeddah city, Saudi Arabia.

2 Materials and Methods

2.1 Study area & Sampling

This work was carried out on the kidney of slaughtered sheep in the city of Jeddah, Saudi Arabia. The Global Positioning System (GPS) of the slaughterhouse was 21° 32’ 36 N and 39° 10’ 22 E. The abattoir was visited periodically to examine the kidney of slaughtered sheep for the presence of hydatid cysts. A total of 23902 sheep kidney were inspected and recorded for cystic lesions including age and sex for each animal over one year from the beginning of January 2017 until the end of December 2017. Infected kidneys were transferred with procedures counseled by WHO (1993) to the lab of Parasitology, Parasitology Department, College of Science, Jeddah University. All samples were examined histopathologically.

2.2 Kidney samples

The infected kidney samples were dissected and fixed in 10% formaldehyde solution and processed to obtain paraffin blocks. Five μm-thick sections were cut and stained with Hematoxylin and Eosin stain (H&E) for examination of overall morphology (Bancroft & Gamble, 2008).

2.3 Statistical analysis

Statistical analysis was carried out using Graph Pad prism, software program, version 5.0. (2007) Inc., CA, USA. Age and sex on hydatid infestation and the prevalence for hydatidosis were analyzed and tested for significance using the “t” test and the Pearson’s χ² (Chi‐square). P values <0.05 were considered statistically significant.

3 Results

3.1 Prevalence of hydatidosis among kidney of slaughtered sheep

In current study, scanning of hydatidosis in sheep kidney was carried out in slaughtered animal in slaughterhouse of Jeddah city, Saudi Arabia. The results recorded throughout the year (Table 1) revealed that the overall prevalence of infected sheep at Jeddah abattoirs was 1.17% (281/23902). The statistical analysis results revealed that the prevalence of infected kidney varies significantly (P <0.05) according to sex (Table 1). Female sheep had the highest prevalence of infection at (55.51%) as compared to males (44.48%).

In addition, the results revealed that infection differed according to the sheep’s age, highest prevalence was reported in sheep aged more than 2 years old (50.53%) followed by sheep aged 1 -2 years (30.96%) while the lowest prevalence was in sheep aged less than 1 year (18.50%). The statistical analysis confirmed that these differences were statistically significant (P <0.05) (Table 1).
3.2 Histopathological Findings

Examination of H&E-stained sections of normal non-infected sheep showed renal cortex containing renal corpuscles, proximal (PCT) and distal convoluted tubules (DCT). The renal corpuscle was composed of a glomerulus formed of a lobulated capillary enveloped by Bowman’s capsule. The PCTs were seen more numerous having narrow lumina and lined by columnar cells with indefinite cell boundaries. Their cytoplasm was strongly acidophilic with rounded vesicular nuclei. The DCTs were apparently less numerous than the PCTs in the renal cortex. They had relatively wider lumen and were lined by cubical cells with faint acidophilic cytoplasm and apical rounded vesicular nuclei (Figures 1-4).

The sections of infected sheep kidney stained by H&E showed severe degenerative changes in renal tubules in the cortex as destruction in lining epithelial cell and loss brush border in P.T. There was exfoliated cellular debris in lumen of tubules. Cells of renal tubules showed dense nuclei and cytoplasmic vacuolation, some cells showed separation from basement membrane. Atrophy of the renal glomeruli with wide Bowman’s space was detected. Some renal tubules showed shedding of their epithelial cells in the lumen. Intraluminal homogenous acidophilic hyaline casts were detected. Moreover, pyknotic and karyolitic nuclei were seen in some tubular epithelial cells. There were interstitial cells infiltration, intratubular cell debris, exfoliation and extrusion of some epithelial tubular cells and severe congestion in blood capillaries between tubules (Figures 5-17).

Table 1 The Prevalence of hydatid cysts affected kidney (Overall, age and sex dependent) among slaughtered sheep in Jeddah Abattoir, Saudi Arabia.

| Characteristics | Investigate samples | Percentage (%) |
|-----------------|---------------------|----------------|
| Over all Prevalence | Normal 236/23902 | 98.82 |
| | Infected 281/23902 | 01.17 |
| Sex a | Male (11685) | |
| | Normal 11560 | 48.94 |
| | Infected 125 | 44.48 |
| Female (12217) | Normal 12061 | 51.06 |
| | Infected 156 | 55.51 |
| Age b | <1 year (7572) | |
| | Normal 7520 | 31.84 |
| | Infected 52 | 18.50 |
| 1-2 years (7349) | Normal 7262 | 30.74 |
| | Infected 87 | 30.96 |
| >2 years (8981) | Normal 8839 | 37.42 |
| | Infected 142 | 50.53 |

a Chi Squares for the effect of sex on hydatid prevalence (Value = 2.206), is high significant (P = <0.05).

b Chi Squares for the effect of age on hydatid prevalence (Value = 28.292), is high significant (P = <0.05).

3.2 Histopathological Findings

Echinococcosis is one of the most common health problems and causes serious economic losses throughout the world (World Health Organization, 2015). Present study included the survey of hydatidosis infected sheep in slaughterhouse of Jeddah, Saudi Arabia.

4 Discussion

Echinococcosis is one of the most common health problems and causes serious economic losses throughout the world (World Health Organization, 2015). Present study included the survey of hydatidosis infected sheep in slaughterhouse of Jeddah, Saudi Arabia.
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Figure 3 A photomicrograph of a section of the renal cortex from noninfected sheep showing proximal convoluted tubules (↑) and its Brush border (H&E × 400).

Figure 4 A photomicrograph (H&E × 400) of the renal cortex section of control group showing renal distal convoluted tubule (dot↑).

Figure 5 A photomicrograph of the kidney (infected with hydatid cyst) stained by H&E (X400) showing: proximal tubules loss their brush border and there is vacuolation in their cytoplasm, intratubular acidophilic deposition, capillaries congestion between renal tubules (V), and mononuclear cellular infiltration between degenerated tubule and renal corpuscles.

Figure 6 A photomicrograph of a section of the renal cortex from infected sheep showing interstitial hemorrhage (yellow↑) and exfoliation of some lining epithelial cells of some tubules. Notice: mononuclear cellular infiltration between degenerated tubule and renal corpuscles (H&E × 400).

Figure 7 A photomicrograph of a section of the renal cortex from infected sheep showing mononuclear cellular infiltration between degenerated tubule and renal corpuscles (*) and congested dilated blood vessels (V) (H&E × 400).

Figure 8 A Photomicrograph of the kidney (infected with hydatid cyst) stained by H&E (X400) showing: proximal tubules with loss their brush border and there is vacuolation of their cytoplasm (↑), exfoliation of some lining epithelial cells of some tubules (dot↑), and mononuclear cellular infiltration between degenerated tubule and renal corpuscles (*).
Figure 9 A photomicrograph of a renal cortex section of infected sheep showing Glomerular tuft area was shrunken accompanied by reduction of capillary and some with extravasation of the blood (*) (H&E × 400).

Figure 10 A photomicrograph of renal cortex section of the infected sheep showing Glomerular tuft area was shrunken accompanied by reduction of capillary and some with extravasation of the blood (*) (H&E × 400).

Figure 11 A photomicrograph of the renal cortex section of the infected sheep showing mononuclear cellular infiltration between degenerated tubule and renal corpuscles (*) and thick capsule (▲). Notice intratubular acidophilic deposition (H&E × 200).

Figure 12 A photomicrograph of renal cortex section of the infected sheep showing longitudinally cut blood vessel (V) with mononuclear cellularly infiltrated wall also seen (*) (H&E × 200).

Figure 13 A photomicrograph of renal cortex section of infected sheep showing glomerular tuft area was shrunken (H&E × 200).

Figure 14 A photomicrograph of higher magnification of the previous section in the renal cortex of infected sheep showing glomerular tuft area was shrunken accompanied by reduction of capillary diameter and mononuclear cell infiltrations(*).
and reported 1.17% (281/23902) kidney infection prevalence. These findings are contradictory to the findings of previous researchers from Saudi Arabia those who reported higher prevalence rate of infection in Al Baha (12.61%) and Al Taif (13.5%) (Ibrahim, 2010; Hayajneh et al., 2014). These variables results may be due to various factors affecting the transmission between farm animals in these areas. However, findings of Almalki et al. (2017) are in agreement with the findings of present study those who reported lower prevalence (1.06%) in Sawakny sheep in Riyadh. Moreover, Toulah et al. (2012) conducted study in Jeddah and reported that camels have higher prevalence, and this was followed by the cattle, sheep and goats. This decline was attributed to the fact that perfections in living conditions and increased realization of the risk of diseases have contributed to the decrease of rate of infection in Jeddah and Riyadh (Toulah et al., 2017; Almalki et al., 2017).

Moreover, the present study showed that hydatid infection is significantly increased in females (55.51) than males (44.48). According to Roostaei et al. (2017) this variation might be due to a mix of different factors like hormones, genetic causes, and the interaction between the host and the parasite.

In present study, prevalence of hydatid cysts for age group less than one year, 1-2 years and more than two years in sheep was reported as 18.50% 30.96% and 50.53% respectively. Results are in agreement with the findings of Ibrahim (2010); Al-Qurashi & Bahmass (2012); Elmajdoub & Rahman (2015), those who suggested that higher incidence of infection were reported in old

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**Figure 15** A photomicrograph of renal cortex section of the infected sheep showing marked reduction of the renal corpuscles (↑) accompanied by mononuclear cell infiltrations (*) (H&E × 400).

**Figure 16** A photomicrograph of renal cortex section of the infected sheep showing glomerular (G) tuft area was shrunken accompanied by areas with no renal corpuscles (↑). Notice mononuclear cell infiltrations (*) (H&E × 400).

**Figure 17** A photomicrograph of the kidney (infected with hydatid cyst) stained by Hx&E (×400) showing: proximal tubules with vacuolation of their cytoplasm (dot↑), and mononuclear cellular infiltration between degenerated tubule and renal corpuscles (*). Notice congested blood vessels (V), glomerular (G) tuft area was shrunken accompanied by reduction of capillary diameter and wide bowman’s space (↑).
animals as compared to young one. These observations attribute to the long exposure of sheep infected by E. granulosus. Abunna et al. (2012) and Khan et al. (2013) reported a positive correlation between the rate of infection and the age of the animal which has great value in the field of preventive medicine and in reducing the risk of the zoonotic diseases. Contrary to this, Hayajneh et al. (2014) and Almalki et al. (2017) have reported higher prevalence in young sheep than the old sheep.

In the current study, the histopathological examination of the uninfected sheep (control normal animals) showed the renal glomeruli, proximal convoluted tubules, distal convoluted tubule, and macula densa. These results confirmed by Maurya et al. (2018) who mentioned the normal histological structures of the kidney. Infected sheep histopathological evaluation of kidney showed the separation of the epithelial lining of tubular cells from their basement membrane. This might be due to reallocation or alteration of the integrin that proves the tubular cells and cause cell detachment from the basement membrane (Kumar et al., 2014).

The renal interstitium of infected sheep with hydatid cyst of the current study revealed sever mononuclear cellular infiltration, congested dilated blood vessels and interstitial hemorrhage. The death of tubular cells by necrosis may be used to recruit inflammatory cells, including macrophages and leukocytes. In addition, renal endothelial cell loss and renal dysfunction and may be the cause of the extravasation of red blood cells (RBCs), congestion of glomerular and dilatation of peritubular capillaries seen in infected sheep (Duffield, 2014). The vacuolation in the cytoplasm of renal tubules described as a kind of cellular defensive mechanism against injurious substances (Abdel Hameed, 2004). In addition Cheville (2009) explained that these vacuoles are responsible for collecting harmful elements and preventing them from interfering with the biological activities of these cells.

Conclusion

This study showed a significantly less incidence of infected kidney disease among sheep in Jeddah compared to previous studies in other locations in Saudi Arabia, which reflects the variation in the rate of infection in rural or urban areas. This increased rate of infection in females and age group more than 2 years of the infected kidney have an epidemiological significance since they suggest an increased potential for transmission and thus the continuation of the hydatidosis life cycle.

It is therefore recommended to take further measures to control the hydatid disease in Jeddah. To achieve this goal, it is recommended to follow the strongest slaughter process together with the treatment of stray dogs because the stray dog sac as a definitive host for E. granulosus and plays an important role in the spread of infection via contamination of the environment. Further efforts should be made to control the carriage of infection from slaughterhouses by safe disposal of infected waste.

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Conflict of Interest

Authors would hereby like to declare that there is no conflict of interests that could possibly arise.

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