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Androgen deprivation therapy, comorbidity, cancer stage and mortality from COVID-19 in men with prostate cancer

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ABSTRACT
Background: Androgens facilitate entrance of the severe acute respiratory syndrome coronavirus 2 into respiratory epithelial cells, and male sex is associated with a higher risk of death from coronavirus disease (COVID-19). Androgen deprivation therapy (ADT) could possibly improve COVID-19 outcomes.

Methods: In a case–control study nested in the Prostate Cancer data Base Sweden (PCBaSe) RAPID 2019, we evaluated the association between ADT and COVID-19 as registered cause of death in men with prostate cancer. Each case was matched to 50 controls by region. We used conditional logistic regression to adjust for confounders and also evaluated potential impact of residual confounding.

Results: We identified 474 men who died from COVID-19 in March–December 2020. In crude analyses, ADT exposure was associated with an increased risk of COVID-19 death (odds ratio [OR] 5.05, 95% CI: 4.18–6.10); however, the OR was substantially attenuated after adjustment for age, comorbidity, prostate cancer characteristics at diagnosis, recent healthcare use, and indicators of advanced cancer (adjusted OR 1.25, 95% CI: 0.95–1.65). If adjustment has accounted for at least 85% of confounding, then the true effect could be no more than a 5% reduction of the odds for COVID-19 death.

Conclusions: The increased mortality from COVID-19 in men with prostate cancer treated with ADT was mainly related to high age, comorbidity, and more advanced prostate cancer. There was no evidence to support the hypothesis that ADT is associated with improved COVID-19 outcomes.

Introduction
Male sex is an independent risk factor for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). In humans, the risk of infection and hospitalization, critical care admission and death from the coronavirus disease (COVID-19) is 50% higher among men than women [1–4]. Sex influences several parts of the human immune system, specifically the response to viral infections [5]. Androgen receptors are present in immune cells, and androgens have been shown to have mostly immunosuppressive effects [6]. In vitro studies have shown that androgens facilitate cellular uptake of COVID-19 into host respiratory epithelial cells through transmembrane protease serine 2 protease inhibition [7], thereby being one potential pathophysiological mechanism for an increased susceptibility of men to COVID-19.

Androgen deprivation therapy (ADT) has been hypothesized to be protective against COVID-19 [8]. A previous observational study reported that men with prostate cancer not on ADT had a fourfold increased risk of COVID-19 and more severe disease compared with men on ADT [9]. Based on these results, several clinical trials have been initiated to evaluate a potential benefit of ADT in men with COVID-19 [10]. Recently, two other observational studies failed to replicate the protective effect of ADT [11,12]. These studies were, however, limited in terms of sample size and their ability to control for confounding.

Sweden, with a source population of more than 10 million people, was strongly affected by the COVID-19 pandemic in the spring of 2020. Sweden has a unique nationwide register data collection of men with prostate cancer, and in a previous cohort study of men with prostate cancer on ADT, we found no evidence to support a beneficial effect of ADT on excess mortality during the spring of 2020 compared to previous years [13]. Overall mortality in a cancer population may, however, not be entirely reflective of COVID-19-specific mortality. We aimed to estimate the association between ADT and other risk factors, and mortality from COVID-19 in men with prostate cancer using nationwide data sources in Sweden that enabled good control of confounders.
Methods

Study design and participants

We conducted a case–control study among men with prostate cancer identified in the National Prostate Cancer Register (NPCR) of Sweden. Since 1998 NPCR has captured 98% of all cases of prostate cancer in Sweden and contains comprehensive data on cancer characteristics and primary cancer treatment [14]. Data for men in NPCR diagnosed with prostate cancer between 1 January 1998 and 31 December 2019 was via the unique personal identify number [15] given to every Swedish citizen linked to several other national registers held at The National Board of Health and Welfare to create the Prostate Cancer data Base Sweden (PCBaSe) RAPID 2019. These linked registers included the Swedish Cancer Register [16], the Cause of Death Register [17], the Swedish Prescribed Drug Register (medications dispensed from all Swedish pharmacies) [18], and the National Patient Register (hospital inpatient and outpatient diagnoses) [19], with data collected until 16 December 2020. The study was approved by the Swedish Ethical Review Authority.

Cases of COVID-19 death and matched controls

We identified deaths from COVID-19 from entries in the Cause of Death Register for the International Classification of Diseases, version 10 (ICD-10) code U07.1 (virus verified) or code U07.2 (virus not verified) as the underlying or contributing cause of death. Each case was matched to 50 controls by region (to account for regional variation in COVID-19 prevalence), randomly sampled with replacement from the NPCR. Controls were required to be alive at the date of death of the case. The index date was the date of death for each case and his matched controls.

Exposure to ADT

Exposure to ADT was determined from filled prescriptions in the Swedish Prescribed Drug Register for the oral androgen receptor blocker bicalutamide (ATC code L02BB03 and L02AE51; flutamide L02BB01, the latter represented only 2% of men in this category), gonadotropin-releasing hormone (GnRH) agonists (L02AE), abiraterone (L02BX03), and enzalutamide (L02BB04) any time before the index date. We have previously demonstrated high adherence to ADT and that it is rare that a man prescribed GnRH agonists does not continue his medication [20–24]. Men who in addition to GnRH agonist received 30 days of flare prophylaxis with bicalutamide were classified as exposed to GnRH agonist only. Bilateral orchidectomy was identified from procedure codes KFC10 or KFC15 registered in the National Patient Register. This method captured all men exposed to ADT, regardless of indication or line of treatment. However, to reduce confounding, we excluded men with a filled prescription for the androgen receptor targeting drugs abiraterone and enzalutamide in the 90 days before the index date due to the strong association between treatment with these and advanced stage prostate cancer. In 18 of the 21 Swedish regions (covering 91% of the Swedish population on the 31 December 2019), GnRH agonists were provided to patients through community pharmacies; however, in the three regions covering the remaining 9% of the Swedish population (Orebro, Värmland and Sörmland), GnRH agonists were provided to the patient directly from the hospital, and therefore were not captured in the Prescribed Drug Register. As a proxy for GnRH use in these three regions, we used a single filled prescription for bicalutamide under the assumption that bicalutamide had been used as flare protection.

Covariates

We obtained data on several variables to ascertain prostate cancer risk category at the time of diagnosis: cancer stage (TNM system [25]), Gleason score, serum level of prostate-specific antigen (PSA), and history of radical prostatectomy or radical radiotherapy. Prostate cancer severity was also determined from the interval between diagnosis and the index date, and from fracture related to metastatic disease or low-energy fracture potentially related to general frailty, osteoporosis, or metastases. We used prescriptions for an opioid or a systemic corticosteroid up to six months before the index date as an indicator of advanced cancer (Supplemental eTable 1). We calculated the Charlson Comorbidity Index (CCI) from hospital discharge diagnoses registered in the National Patient Register during the 10-year period before the start of follow-up at the index date [26,27]. We calculated the Drug Comorbidity Index (DCI) based on prescriptions filled within 365 days before the index date, categorizing medications by chemical subgroup, that is, the first five positions of the ATC code [28,29]. The National Patient Register was also used to obtain data on myocardial infarction, chronic obstructive pulmonary disease (COPD) and diabetes in the 10-year period before the index date (Supplemental eTable 2), and data on recent healthcare use. We measured the latter in two ways: firstly, as the sum of all unique main or secondary diagnosis codes from all outpatient visits in the two years before the index date, and secondly, as the sum of days of in-hospital care for any reason in the two years before the index date.

Statistical analysis

Characteristics of cases and controls on the date of diagnosis of the prostate cancer and the index date for the study were described using frequency counts and percentages for categorical variables, and medians with interquartile range (IQR) for continuous variables. Adjusted odds ratios (ORs) with 95% confidence intervals (CIs) for COVID-19 death were estimated using conditional logistic regression, incrementally adding grouped confounders into the model but with no selection of covariates made based on results. Age, DCI, and the log PSA level at date of prostate cancer diagnosis were modeled as restricted cubic splines. Other numeric and count variables were stratified into categorical variables. The Gleason score was modeled as five categories [2–6, 7 [3 + 4], 7 [4 + 3], 8, 9–10]. Five models were generated, each with
increasing adjustment for confounders to assess the impact on the crude OR. Covariates with missing values were imputed using multiple imputation with chained equations as implemented in the R package Mice [30]. Dichotomous variables were imputed with logistic regression, ordinal variables with ordinal regression, and numerical variables with predictive mean matching.

The main analysis was based on exposure to any ADT before the index date versus no ADT. In subgroup analyses, we evaluated exposure to bicalutamide monotherapy separately from GnRH agonists or orchidectomy (‘GnRH group’). We performed several sensitivity analyses. Firstly, we restricted the analysis to cases with COVID-19 reported specifically as the underlying cause of death (rather than ‘underlying or contributing cause’). Secondly, we excluded cases from three regions, in which GnRH therapy is provided directly from the hospital. Lastly, we retained men who were prescribed abiraterone or enzalutamide in the analyses but adjusted for exposure to these medications in the analysis.

To quantify the potential level of residual confounding, we considered adjustment in our regression analysis as removing a certain proportion of the total amount of confounding, as proposed by Savitz and Barón in relation to confounder misclassification [31]. However, we enabled interpolation to take place on the scale of regression coefficients rather than on Mantel–Haenszel ORs. We considered this to be preferable because the regression coefficient scale is where a logistic regression model assumes linearity. We used the following notation for key estimates of association: crude, no adjustment (regression coefficient $b_c$); partially adjusted, that is, the maximum possible adjustment with available measured covariates (regression coefficient $b_{pa}$), and Completely adjusted, that is, the true causal effect, which would theoretically be obtained had all confounding been possible to remove (regression coefficient $b_{ca}$). The corresponding odds ratios are denoted $OR_c = \exp(b_c)$, $OR_{pa} = \exp(b_{pa})$, and $OR_{ca} = \exp(b_{ca})$. The relation between these is described by Equation (1):

$$b_{ca} = b_c + \frac{b_{pa} - b_c}{\alpha} \tag{1}$$

where $\alpha$ is the fraction of confounding that has been removed. This leads to the following relation between crude, partially adjusted and completely adjusted odds ratios, and $\alpha$:

$$OR_{ca} = OR_c \times \left[ \frac{OR_{pa}}{OR_c} \right]^{\frac{1}{\alpha}} \tag{2}$$

We plotted the relationship to illustrate the potential impact of residual confounding on the key estimate of association. The amount of residual confounding was expressed in terms of percent adjustment. Statistical analyses were performed using R version 4.0.3 (2020-10-10).

Results

We identified 474 men with prostate cancer and COVID-19 recorded as the underlying or contributing cause of death; the earliest death was recorded on 19 March 2020 and the last on 10 December 2020 (flowchart eFigure 1). For the majority of cases (89%), COVID-19 was recorded as the underlying cause of death (Supplemental eTable 3), and prostate cancer was the second most common underlying cause of death. Characteristics of the 474 cases and their controls are shown in Table 1. On average, cases were older and had more advanced cancer at the time of prostate cancer diagnosis than controls. Cases also had a greater number of comorbidities recorded before the index date, as well as more fractures potentially related to metastases or frailty, more healthcare visits and hospitalizations, and they more commonly received a prescription for opioids/systemic corticosteroids.

In crude analyses, ADT exposure was associated with an increased odds of death from COVID-19 ($OR = 5.05$, 95% CI: 4.18–6.10) (Table 2); however, after adjustment for age, comorbidity, prostate cancer risk, and healthcare use, the association was substantially attenuated (adjusted $OR = 1.25$, 95% CI: 0.95–1.65) (Figure 1). The crude association was stronger for GnRH compared to antiandrogens, but this difference was similarly attenuated with increased control of confounders (Table 2). Results of sensitivity analyses were very similar to those seen in the main analyses (Table 3; Supplemental eTables 4 and 5).

The potential impact of residual confounding (in terms of percent adjustment) is illustrated in Figure 2, where the causal effect of ADT on the odds of death from COVID-19 relates to the magnitude of residual confounding. As an example, if adjustment has accounted for approximately 85% of confounding, then the true effect is expected to be a $< 5\%$ reduction of the odds for COVID-19 death.

Discussion

In our large national population-based nested case–control study of men with prostate cancer in Sweden, we found no evidence to support the hypothesis that use of ADT is associated with a reduced risk of death from COVID-19. The strong increase in risk of COVID-19 death among men on ADT in unadjusted analyses was attenuated after controlling for age (the strongest confounder), prostate cancer risk category at diagnosis, comorbidity, healthcare use, and indicators of frailty and advanced cancer. In addition, quantitative bias analysis indicated that residual confounding would have to be substantial to hide a true beneficial effect of ADT that was of a clinically relevant magnitude.

Previous study results addressing this question have been mixed and have come from small studies with a low number of men exposed to ADT, and with limited control for confounding. For example, some small noninterventional studies have suggested that men on ADT had lower rates of hospitalization, requirement for supplemental oxygen and endotracheal intubation, and mortality [9,32]; whereas, other similar studies have failed to replicate these findings [11,12,33,34]. In a previous study using PCBaSe, we found no evidence that bicalutamide monotherapy or any ADT was associated with lower excess mortality among men with
prostate cancer after comparing data from the first wave of the COVID-19 pandemic in March–June 2020 with corresponding months in 2015–2019 [13]. Results of this study, focusing on COVID-19-specific mortality, are in line with our previous finding. While residual confounding can hide true associations, especially those of moderate strength and/or when confounding is present, our previous study [13] indicated that any association between ADT and COVID-19 severity is unlikely to be strong. This contrasts with factors such as advanced cancer and severe comorbidity, which were expected to be strong confounders [35,36]. Androgen deprivation therapy is currently being tested in men without prostate cancer in randomized trials; it is possible the association between ADT and COVID-19 death is different in men free of prostate cancer. It should, however, be noted that the initial findings of a potential effect of ADT on COVID-19 severity were based on small numbers of cases and therefore require replication in larger datasets.

Table 1. Characteristics of men with prevalent prostate cancer who died from COVID-19 (cases), and their matched controls in PCBaSe RAPID 2019.

| Characteristics at the time of prostate cancer diagnosis | Cases (N = 474) | Controls (N = 23,700) |
|----------------------------------------------------------|----------------|----------------------|
| Age (years), median (IQR) | 74 (51–94) | 67 (35–97) |
| Local clinical tumor stage at prostate cancer diagnosis, % (n) | | |
| Localized (T1–T2) | 77 (366) | 88 (20,859) |
| Locally advanced (T3–T4) | 20 (95) | 10 (2,316) |
| TX | 3 (13) | 2 (525) |
| N0 | 21 (99) | 29 (6,811) |
| N1 | 2 (11) | 2 (583) |
| NX | 77 (364) | 69 (16,306) |
| M0a | 95 (448) | 97 (22,904) |
| M1 | 5 (26) | 3 (796) |
| PSA at prostate cancer diagnosis (µg/L), median (IQR) | 12.0 (7.0–25.0) | 7.3 (4.9–12.4) |
| Missing, % (n) | 4 (17) | 2 (463) |
| Gleason score at prostate cancer diagnosis, % (n) | | |
| 2–6 | 31 (148) | 48 (11,374) |
| 7 (3–4) | 25 (118) | 25 (5850) |
| 8 (7–3) | 15 (73) | 11 (2676) |
| 8–10 | 9 (43) | 6 (1,489) |
| Missingb | 9 (43) | 3 (781) |
| Primary treatment, % (n) | | |
| Deferred treatmentc | 33 (155) | 32 (7,550) |
| Radical prostatectomy | 13 (61) | 34 (8,079) |
| Radical radiotherapy | 18 (86) | 20 (4,637) |
| Bicalutamide | 10 (46) | 4 (862) |
| GnRH | 19 (92) | 6 (1,362) |
| Orchidectomy | 1 (5) | 0.3 (1362) |
| Missingd | 6 (29) | 5 (1140) |
| Any curative treatment, % (n) | | |
| Yes | 38 (182) | 65 (15,459) |
| Missing | 4 (18) | 2 (506) |

| Characteristics on the index date of the study (case date of death) | Cases (N = 474) | Controls (N = 23,700) |
|----------------------------------------------------------|----------------|----------------------|
| Age (years), median (IQR) | 85 (80–89) | 75 (69–80) |
| Time (years) since prostate cancer diagnosis, median (IQR) | 10.4 (5.8–14.8) | 6.8 (3.5–11.5) |
| Androgen deprivation therapy, % (n) | | |
| None | 43 (203) | 78 (18,519) |
| Bicalutamide | 16 (76) | 10 (2283) |
| GnRH agonists/antagonists | 38 (180) | 10 (2423) |
| Abiraterone/enzalutamide | 3 (15) | 2 (475) |
| Duration of ADT (years), median (IQR) | 6.2 (3.0–10.1) | 4.3 (2.0–8.3) |
| Charlson comorbidity index, % (n) | | |
| 0 | 18 (83) | 62 (14,749) |
| 1–2 | 42 (199) | 27 (6,493) |
| 3–5 | 31 (145) | 9 (2,160) |
| ≥6 | 10 (47) | 1 (298) |
| Drug Comorbidity Index, median (IQR) | 4.4 (2.8–6.3) | 4.3 (2.0–8.3) |
| History of myocardial infarction, % (n) | | |
| 20 (93) | 9 (2,091) |
| History of diabetes mellitus, % (n) | 26 (122) | 10 (2336) |
| History of COPD, % (n) | 14 (66) | 5 (1254) |
| Number of diagnostic codes for specialist outpatient visits during the previous 2 years, median (IQR) | 2 (1–4) | 1 (0–3) |
| Number of days in hospital during the previous 2 years, median (IQR) | 12 (2–27) | 0 (0–1) |
| Fracture, % (n) | 14 (66) | 3 (734) |
| Prescribed opioid, % (n) | 34 (163) | 10 (2325) |
| Prescribed systemic corticosteroid, % (n) | 19 (89) | 8 (1836) |
| Diagnosis indicating metastatic disease, % (n) | 10 (49) | 5 (1111) |

The characteristics were determined at the time of prostate cancer diagnosis or at the index date.

aAlso includes men categorized as MX.
bAlso includes cases categorized as 7 without specification.
cIncludes active surveillance, watchful waiting, and a previously used category for unspecified conservative treatment.
dAlso includes unspecified curative and non-curative treatment.

ADT: androgen deprivation therapy; COPD: chronic obstructive pulmonary disease; GnRH: Gonadotropin-releasing hormone; IQR: inter-quartile range (25th to 75th percentile); PCBaSe: Prostate Cancer data Base Sweden; PSA: prostate-specific antigen.
came from a small single-center study of men with prostate cancer exposed to ADT [9]. The ADT exposure in our study is also optimal in the sense that it was a pretreatment before the virus exposure, while ADT for treatment of COVID-19 is initiated after the initial virus exposure.

Our study population is highly representative of the prostate cancer population in Sweden. Other strengths of our study include the large size with sufficient number of events, complete follow-up to allow precise estimates of associations, information that enabled accurate identification of COVID-19 deaths and ADT exposure, and good control for important confounders. Although the PCBaSe does not contain information on some of the known risk factors for severe COVID-19, such as body mass index [37] and smoking [38], these are unlikely to be confounders because they are unlikely to influence the decision to initiate ADT. Furthermore, we believe our findings to be robust because our quantitative bias analysis demonstrated that any residual confounding would have to be substantial to have missed a clinically relevant beneficial effect of ADT. We acknowledge the possibility of residual confounding; for example, since information on prostate cancer stage and severity – both likely strong confounders – was incomplete.

In conclusion, in men with prevalent prostate cancer we found most notably age, but also comorbidity, and advanced cancer to be important risk factors for death from COVID-19. Our findings do not provide evidence that ADT reduces mortality from COVID-19.

Table 2. Odds ratios (ORs) with 95% confidence intervals (CIs) for the association between ADT exposure and COVID-19 death (underlying or contributing cause) in men with prostate cancer in PCBaSe RAPID 2019.

| Exposure      | Cases (N=459) | Controls (N=22,497) | Crude OR (95% CI) | Adjusted OR (95% CI) [Model 1: Age] | Adjusted OR (95% CI) [Model 2: Model 1 + Comorbidity b] | Adjusted OR (95% CI) [Model 3: Model 2 + Prostate cancer risk factors at time of diagnosis c] | Adjusted OR (95% CI) [Model 4: Model 3 + Indicators of disease progression d] |
|---------------|---------------|---------------------|------------------|------------------------------------|-------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| No ADT        | 203           | 17,929              | 1.0 (ref)        | 1.0 (ref)                          | 1.0 (ref)                                             | 1.0 (ref)                                                                        | 1.0 (ref)                                                                        |
| Any ADT       | 256           | 4,568               | 5.05 (4.18, 6.10)| 2.00 (1.63, 2.46)                 | 1.53 (1.22, 1.91)                                    | 1.39 (1.05, 1.82)                                                              | 1.25 (0.95, 1.65)                                                               |
| Bicalutamide  | 76            | 2,214               | 3.07 (2.35, 4.03)| 1.39 (1.05, 1.83)                 | 1.20 (0.89, 1.62)                                    | 1.08 (0.77, 1.50)                                                              | 1.03 (0.74, 1.45)                                                               |
| GnRH a        | 180           | 2,354               | 6.93 (5.63, 8.53)| 2.54 (2.02, 3.19)                 | 1.77 (1.38, 2.27)                                    | 1.72 (1.26, 2.35)                                                              | 1.49 (1.08, 2.06)                                                               |

aIncludes men on GnRH analogs, GnRH antagonists, and men who underwent orchidectomy.
bCharlson Comorbidity Index + Drug Comorbidity Index + history of myocardial infarction, diabetes mellitus, COPD + number of days hospitalized + number of outpatient visits.
cLocal clinical tumor stage at diagnosis + Gleason score (2–6, 7[3+], 7[4+3], 8, 9–10) + PSA + any curative treatment.
dYears since prostate cancer diagnosis + hip/spine fracture or pathological fracture + opioid usage + systemic corticosteroid use + hospital discharge diagnoses indicating metastatic disease.

ADT: androgen deprivation therapy; CI: confidence interval; COPD: chronic obstructive pulmonary disease; GnRH: gonadotropin-releasing hormone; PCBaSe: Prostate Cancer data Base Sweden.

Figure 1. Forest plot of associations between exposure to any ADT and COVID-19 mortality. Estimated odds ratios are represented by squares and 95% confidence intervals are represented by horizontal whiskers (variables adjusted for in each step are described in the methods section and in Table 2 footnotes). GnRH: gonadotropin-releasing hormone.
Table 3. Sensitivity analyses: odds ratios (ORs) with 95% confidence intervals (CIs) for the association between ADT exposure and COVID-19 death in men with prostate cancer in PCBaSe RAPID 2019.

| Exposure | Cases (N) | Controls (N) | Crude OR (95% CI) | Adjusted OR (95% CI) [model 1: age] | Adjusted OR (95% CI) [Model 2: Model 1 + Comorbidity] | Adjusted OR (95% CI) [Model 3: Model 2 + Prostate cancer risk factors at time of diagnosis] | Adjusted OR (95% CI) [Model 4: Model 3 + Indicators of disease progression] |
|----------|-----------|--------------|-------------------|-------------------------------------|-------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------|
| No ADT   | 189       | 16,153       | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| Any ADT  | 224       | 4,090        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| Bicalutamide | 69   | 1,969        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| GnRH     | 155       | 2,121        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |

Restricted to cases with COVID-19 as underlying cause of death

| Exposure | Cases (N) | Controls (N) | Crude OR (95% CI) | Adjusted OR (95% CI) [model 1: age] | Adjusted OR (95% CI) [Model 2: Model 1 + Comorbidity] | Adjusted OR (95% CI) [Model 3: Model 2 + Prostate cancer risk factors at time of diagnosis] | Adjusted OR (95% CI) [Model 4: Model 3 + Indicators of disease progression] |
|----------|-----------|--------------|-------------------|-------------------------------------|-------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------|
| No ADT   | 192       | 16,365       | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| Any ADT  | 224       | 4,044        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| Bicalutamide | 55   | 1,883        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| GnRH     | 169       | 2,161        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |

Restricted to regions with exposure to GnRH agonists in The Prescription Register

| Exposure | Cases (N) | Controls (N) | Crude OR (95% CI) | Adjusted OR (95% CI) [model 1: age] | Adjusted OR (95% CI) [Model 2: Model 1 + Comorbidity] | Adjusted OR (95% CI) [Model 3: Model 2 + Prostate cancer risk factors at time of diagnosis] | Adjusted OR (95% CI) [Model 4: Model 3 + Indicators of disease progression] |
|----------|-----------|--------------|-------------------|-------------------------------------|-------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------|
| No ADT   | 189       | 16,153       | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| Any ADT  | 224       | 4,090        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| Bicalutamide | 69   | 1,969        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |
| GnRH     | 155       | 2,121        | 1.0 (ref)         | 1.0 (ref)                           | 1.0 (ref)                                              | 1.0 (ref)                                                                       | 1.0 (ref)                                                           |

\[a\]Includes men on GnRH agonists and antagonists, and men who underwent orchidectomy.

\[b\]Charlson Comorbidity Index + Drug Comorbidity Index + history of myocardial infarction, diabetes mellitus, COPD + number of days hospitalized + number of outpatient visits.

\[c\]Local clinical tumour stage at diagnosis + Gleason score (2–6, 7[3 + 4], 7[4 + 3], 8, 9–10) + PSA + any curative treatment.

\[d\]Years since prostate cancer diagnosis + hip/spine fracture or pathological fracture + opioid usage + systemic corticosteroid usage + hospital discharge diagnoses indicating metastatic disease.

ADT: androgen deprivation therapy; CI: confidence interval; COPD: chronic obstructive pulmonary disease; GnRH: gonadotropin-releasing hormone; PCBaSe: Prostate Cancer data Base Sweden.

Figure 2. Quantitative evaluation of impact of potential residual confounding. Interpolation of regression coefficients based on the change from the crude estimate to the maximally adjusted estimate. The curve describes the relation between percent adjustment of confounding and the resulting completely adjusted odds ratio (causal effect). The calculation is based on the maximally adjusted odds ratio from the main analysis (the intercept). OR: odds ratio

Disclaimer

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Consent to participate

The requirement for informed consent was waived by the Ethical Review Authority.

Disclosure statement

The public health-care administration for Region Uppsala in Sweden has, on behalf of the National Prostate Cancer Register, made agreements on subscriptions for quarterly reports from Patient-overview Prostate Cancer with Astellas, Sanofi, Janssen, and Bayer, as well as research projects with Astellas, Bayer, and Janssen. Johan Styrke is a co-PI of the CoviDenza trial of Enzalutamide for Covid 19: ClinicalTrials.gov Identifier: NCT04475601. Johan Styrke report no financial interest in the present study or in the CoviDenza trial. Stacy Loeb reports equity in Gilead. Region Uppsala has, on behalf of NPCR, made agreements on subscriptions for quarterly reports quarterly reports from Patient-overview Prostate Cancer with Astellas, Janssen, and Bayer, as well as research projects with Astellas, Bayer, and Janssen. All remaining authors have declared no conflicts of interest.

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Data availability statement

Data used in the present study was extracted from the Prostate Cancer Database Sweden (PCBaSe), which is based on the National Prostate Cancer Register (NPCR) of Sweden and linkage to several national health-data registers. The data cannot be shared publicly because the individual-level data contain potentially identifying and sensitive patient information and cannot be published due to legislation and ethical approval (https://etikprovningsmyndigheten.se). Use of the data from national health-data registers is further restricted by the Swedish Board of Health and Welfare (https://www.socialstyrelsen.se/en/) and Statistics Sweden (https://www.scb.se/en/) which are Government Agencies providing access to the linked healthcare registers. The data will be shared on reasonable request in an application made to any of the steering groups of NPCR and PCBaSe. For detailed information, please see www. nPCR.se/in-english, where registration forms, manuals, and annual reports from NPCR are available alongside a full list of publications from PCBaSe. The statistical program code used for the present study analyses can be provided on request (contact hans.garmo@rccmellan.se).

Ethics approval

Approved by the Swedish Ethical Review Authority: Dnr 2020-03889.

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