Differential Phospholipid Substrates and Directional Transport by ATP-binding Cassette Proteins ABCA1, ABCA7, and ABCA4 and Disease-causing Mutants**

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Background: Lipid transport by the A-subfamily of ATP-binding cassette (ABC) transporters implicated in human disorders is poorly understood.

Results: ABCA1 and ABCA7 export phosphatidylcholine and phosphatidylserine across membranes, whereas ABCA4 imports phosphatidylethanolamine. ABCA dependents actively flip phospholipids across membranes, a function severely reduced for disease-causing mutants.

Conclusion: ABCA-dependent phospholipid transport plays a crucial role in cellular lipid homeostasis.

ABCA1, ABCA7, and ABCA4 are members of the ABCA subfamily of ATP-binding cassette transporters that share extensive sequence and structural similarity. Mutations in ABCA1 cause Tangier disease characterized by defective cholesterol homeostasis and high density lipoprotein (HDL) deficiency. Mutations in ABCA4 are responsible for Stargardt disease, a degenerative disorder associated with severe loss in central vision. Although cell-based studies have implicated ABCA proteins in lipid transport, the substrates and direction of transport have not been firmly established. We have purified and reconstituted ABCA1, ABCA7, and ABCA4 into liposomes for fluorescent-lipid transport studies. ABCA1 actively exported or flipped, phosphatidylcholine, phosphatidylserine, and sphingomyelin from the cytoplasmic to the exocytosolic leaflet of membranes, whereas ABCA7 preferentially exported phosphatidylserine. In contrast, ABCA4 transported phosphatidylethanolamine in the reverse direction. The same phospholipids stimulated the ATPase activity of these ABCA transporters. The transport and ATPase activities of ABCA1 and ABCA4 were reduced by 25% in the presence of 20% cholesterol. Nine ABCA1 Tangier mutants and the corresponding ABCA4 Stargardt mutants showed significantly reduced phospholipid transport activity and subcellular mislocalization. These studies provide the first direct evidence for ABCA1 and ABCA7 functioning as phospholipid transporters and suggest that this activity is an essential step in the loading of apoA-1 with phospholipids for HDL formation.

ATP-binding cassette (ABC) transporters comprise a superfamily of membrane proteins that actively transport chemically diverse substrates across biological membranes. They typically consist of four core domains as follows: two transmembrane domains, which provide a pathway for the translocation of a substrate across the membrane, and two ATP-binding cassettes (ABCG) based on phylogenetic analysis (2). The ABCA subfamily is made up of 12 full transporters that share a high degree of similarity in sequence and structural organization (3, 4). They are organized as two nonidentical, tandem halves each containing a transmembrane domain followed by an NBD. A characteristic feature of ABCA transporters is the presence of large glycosylated exocytosolic domains (ECD) between the first membrane-spanning segment and a cluster of five membrane-spanning segments in both the N- and C-terminal halves (5). The importance of the ABCA subfamily is evident from genetic studies that have shown that mutations in four members (ABCA1, ABCA3, ABCA4, and ABCA12) are responsible for severe genetic disorders. Although the substrates of most ABCA members remain to be identified, disease-associated...

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The abbreviations used are: ABC, ATP-binding cassette; NBD, nucleotide binding domain; ECD, exocytoslic domain; ABCA-MM, ABCA-double Walker A mutant Lys-to-Met; BPL, brain polar lipid; apoA-1, apolipoprotein A1; PC, phosphatidylcholine; PS, phosphatidylserine; PE, phosphatidylethanolamine; PG, phosphatidylglycerol; SM, sphingomyelin; Fl-PL, fluorescent phospholipid; AMP-PNP, adenosine 5’-(β,γ-imino)triphosphate; ER, endoplasmic reticulum; PI, phosphatidylinositol; BeF2, beryllium fluoride.
pheno
types, analysis of knock-out mice, and cell-based studies suggest that many ABCA proteins play a crucial role in cellular lipid homeostasis (6, 7).

ABCA1 consisting of 2261 amino acids is expressed in most tissues where it plays a central role in cellular cholesterol homeostasis and high density lipoprotein (HDL) formation (8). Mutations in ABCA1 are associated with Tangier disease, a disorder characterized by severe HDL deficiency in plasma, accumulation of cholesterol esters in macrophages, and an increased risk of atherosclerosis (9–12). Cell-based studies have implicated ABCA1 in the efflux of cholesterol and phospholipids from cells to lipid-poor apolipoprotein A1 (apoA-1) to generate nascent HDL, a pathway termed reverse cholesterol transport. Cross-linking and mutagenesis studies indicate that apoA-1 directly binds to ABCA1 through electrostatic interactions involving lysine residues within the ECDs of ABCA1 (13–16). MDCKII and HeLa cells expressing ABCA1-GFP show enhanced redistribution of endogenous PS and NBD-PS from the cytosolic side to the extracellular side of the plasma membrane (17). Many disease-associated ABCA1 mutants exhibit a decrease in phospholipid and cholesterol efflux compared with wild-type (WT) ABCA1 in heterologous cell expression studies (18–20). Abca1 knock-out mice show similar pathological features observed in Tangier patients, including a significant decrease in HDL, reduced cholesterol and plasma phospholipids, and an accumulation of macrophage foam cells (21).

ABCA7, a 2146-amino acid protein sharing 54% sequence identity with ABCA1, is highly expressed in brain, lung, myelolymphatic tissues, kidneys, macrophages, and platelets (22). Given the high degree of homology of ABCA7 to ABCA1, it has been suggested that ABCA7 may also mediate the removal of phospholipids and cholesterol from cells to apolipoproteins (23). Cell-based studies have confirmed that ABCA7 expression promotes the efflux of PC and SM, but not cholesterol, to apoA-1 (24). However, cholesterol and phospholipid levels of bone marrow-derived macrophages from Abca7 knock-out mice were similar to that of WT mice leading to an uncertainty as to the function of ABCA7 as a lipid transporter (25).

ABCA4 is a 2273-amino acid transporter localized in light-sensitive outer segment disc membranes of rod and cone photoreceptor cells (26). Over 800 mutations in ABCA4 are known to cause Stargardt disease, a macular degeneration associated with severe loss in central vision (27, 28). ABCA4 is the only ABCA transporter that has been purified and reconstituted into liposomes for direct analysis of its substrate binding and transport activities (29, 30). ABCA4 binds and actively transports the Schiff base adduct of retinal and phosphatidylethanolamine (PE) known as N-retinylidene-PE from the lumen to the cytoplasmic leaflet of photoreceptor outer disc membranes. The transport of N-retinylidene-PE by ABCA4 facilitates the removal of retinal by the visual cycle thereby preventing the accumulation of potentially toxic retinoid compounds (31). This is supported by the finding that mice deficient in ABCA4 and individuals with Stargardt disease show an accumulation of retinoid compounds in photoreceptor and retinal pigment epithelial cells (32, 33). Recent single particle electron microscopic studies have provided a glimpse of the structural architecture of ABCA4 and revealed conformational changes that occur upon the binding of ATP (34).

Despite the importance of ABCA transporters in various physiological and pathological processes, relatively little is known about the substrates and direction of transport by the various members of this subfamily. This is largely due to the difficulty in isolating sufficient amounts of purified ABCA proteins for functional analysis and the lack of sensitive assays to measure substrate transport across membranes.

In this study, we have expressed, purified, and reconstituted ABCA1, ABCA4, and ABCA7. We show for the first time that ABCA1 and ABCA7 directly transport PC, PS, and SM from the cytoplasmic to the exocyttoplasmic side of membranes, whereas ABCA4 transports PE in the opposite direction. Our studies further suggest that ABCA1 does not directly transport cholesterol, but instead it mediates the removal of cholesterol from cells most likely through the preloading of apoA-1 with phospholipids. As part of this study, we also describe the effect of Tangier mutations in ABCA1 and corresponding Stargardt mutations in ABCA4 on their ATPase and phospholipid transport activity.

**EXPERIMENTAL PROCEDURES**

**Materials**—Porcine brain polar lipid (BPL), cholesteryl hemisuccinate, 1,2-dioleoyl-sn-glycero-3-phosphoethanolamine, 1,2-dioleoyl-sn-glycero-3-phosphocholine, 1,2-dioleoyl-sn-glycero-3-phosphoserine, and fluorescent-labeled 7-nitro-2,1,3-benzoazadiazol-4-yl or NBD-labeled phospholipids, C6 NBD-labeled PS (Fl-PS), C6-NBD-labeled PC (Fl-PC), C6-NBD-labeled PE (Fl-PE), C6-NBD-labeled PG (Fl-PG), and C6-NBD-labeled-SM (Fl-SM) were purchased from Avanti Polar Lipids (Alabaster, AL). Protease Inhibitor Mixture was obtained from Roche Applied Science. CHAPS was from Ana
trace (Maumee, OH); [α-32P]ATP was from PerkinElmer Life Sciences. Anti-calnexin was from Abcam, and secondary anti-mouse and anti-rabbit antibodies conjugated to Alexa-488 and Alexa-594 was from Molecular Probes. Stock solutions of ATP, ADP, and AMP-PNP were adjusted to pH 7.5 with NaOH and filter-sterilized. The Rho1D4 antibody was purchased from University of British Columbia through Flintbox.

**Generation of ABCA1, ABCA4, and ABCA7 Plasmids and Site-directed Mutagenesis**—Human ABCA7 was a generous gift of Dr. Kazumitsu Ueda and was subcloned with a C-terminal 1D4 tag (Thr-Glu-Thr-Ser-Gln-Val-Ala-Pro-Ala) into a pCEP4 vector at NotI/HindIII sites (Invitrogen) (35). Human ABCA4 and human ABCA1 with a C-terminal 1D4 tag subcloned in pCEP4 vectors at their NotI/Nhel and NotI/NotI sites, respectively, were used for site-directed mutagenesis as described previously (36, 37). Mutations introduced by overlap extension PCR using Pfu AD DNA polymerase in ABCA1 included S100C, W590S, F593L, N935S, T929I, C1477R, T1512M, R2081W, and P2150L. Corresponding ABCA4 mutations determined by amino acid alignment with ABCA1 included S100P, W605S, F608L, T959I, N965S, C1502R, T1537M, R2107P, and P2180L. ABCA1-MM was constructed to harbor the Walker A motif lysine-to-methionine mutations K939M/K952M by the nested PCR method; ABCA4-MM had the corresponding K969M/K1969M Walker A mutations (37), and ABCA7-MM had the
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K847M/K1833M Walker A mutations. The presence of these mutations was confirmed by DNA sequencing.

Transient Transfection and Purification of ABCA Proteins—HEK293T cells were transfected with plasmid DNA (10 µg per plate) using calcium phosphate and grown in a humidified incubator (5% CO₂) at 37 °C in DMEM supplemented with 10% bovine growth serum. After 24 h post-transfection, a cell suspension from nine 10-cm dishes was added slowly to 1.5 ml of Buffer A (50 mM HEPES, pH 7.4, 0.2 mg/ml BPL, 0.002% cholesteryl hemisuccinate, 150 mM NaCl, 1 mM MgCl₂, 10% glycerol, 1 mM DTT) containing 18 mM CHAPS and protease inhibitor and stirred for 45 min at 4 °C. The supernatant after a 10-min centrifugation at 100,000 × g (TLA110.4 rotor in a Beckman Optima TL centrifuge) was mixed with 50 µl of Rhodamine-4-Sepharose 2B for 1 h at 4 °C. The matrix was washed six times in Buffer A containing 10 mM CHAPS, 0.002% cholesteryl hemisuccinate. The protein was eluted three times with 150 µl each at 12 °C over 60 min in the same buffer with 0.2 mg/ml 1D4 peptide. A small fraction was analyzed by SDS-PAGE and Western blotting using Rho1D4 antibody. The concentrated eluted protein (20–70 ng of ABCA/µl) was promptly used for proteoliposome reconstruction.

Preparation of Liposomes and Reconstitution of ABCA1 in Proteoliposomes—For the preparation of unilamellar vesicles, the designated lipid compositions were prepared in chloroform and dried under N₂. For fluorescent phospholipid (Fl-PL) transport assays, 1,2-dioleoyl-sn-glycero-3-phosphocholine was mixed at a weight ratio of 99.4:0.6 with Fl-PL lipid. The lipids were resuspended in buffer containing 20 mM HEPES, pH 7.4, 150 mM NaCl, 2 mM MgCl₂, 10% glycerol, 3.5 mM CHAPS at a concentration of 2.5 mg/ml by bath sonication and incubated at room temperature for 3 h. In a typical reconstitution experiment, 250 µg of lipids were incubated with the ABCA protein (2–6 µg in Buffer A and 10 mM CHAPS) at 4 °C. Buffer B was added to dilute the CHAPS concentration to 4 mM CHAPS, and the mixture was incubated for 1 h at 4 °C. Detergent was removed by dialysis for at least 24 h at 4 °C with a minimum of 3 1-liter changes of Buffer C (10 mM HEPES, pH 7.4, 150 mM NaCl, 2 mM MgCl₂, 10% sucrose, and 1 mM DTT).

Dynamic light scattering measurements with a Zetasizer Nanoseries S90 were used to determine the size of the lipid vesicles. Results are averaged over 10 consecutive measurements showing the mean diameter ± S.D.

Fl-PL Flipping Assay—Typically, 40 µl of liposomes containing Fl-PL reconstituted with the ABCA transporter were suspended in Buffer B (50 mM HEPES, pH 7.4, 0.2 mg/ml BPL, 0.002% cholesteryl hemisuccinate, 150 mM NaCl, 1 mM MgCl₂, 10% glycerol, 1 mM DTT) to a total volume of 100 µl.

To initiate transport, 2 µl of a stock solution of ATP or AMP-PNP was added to the proteoliposomes to obtain a final concentration of 1 mM. The samples were incubated for 1 h at 37 °C prior to being transferred to a 100-µl quartz cuvette (path length of 1.0 cm). The fluorescence was recorded at 22 °C with a Varian spectrofluorometer using excitation and emission wavelengths of 468 nm (slit width, 2.5 nm) and 540 nm (slit width, 5.0 nm), respectively. After a base line was established (~3 min), the fluorescence from Fl-PL in the outer leaflet of the proteoliposomes was quenched by the addition of 4 µl of sodium dithionite solution in 1 M Tris-HCl at a final concentration of 4 mM. When a base line was re-established (~5 min), the proteoliposomes were permeabilized by adding 10 µl of 10% Triton X-100 (final concentration of 1%).

The percent Fl-PL accessible to dithionite (outer leaflet) in the proteoliposomes or protected from dithionite (inner leaflet) was calculated using Equations 1 and 2.

\[
\% \text{ accessible (outer leaflet)} = \left(\frac{F_T - F_0}{F_T - F_0} \right) \times 100
\]

where \(F_T\) is the total fluorescence of the sample before addition of dithionite, \(F_C\) is the fluorescence of the sample following quenching with dithionite, and \(F_0\) is the fluorescence of the sample following permeabilization with Triton X-100. \(F_T\), \(F_C\), and \(F_0\) were determined by averaging the last 10 data points (covering 10 s) of the recorded traces. The net percent Fl-PL translocated from the inner to the outer leaflet of the proteoliposome in the 60-min period was calculated from the difference in transbilayer distribution between ABCA proteoliposomes with ATP and AMP-PNP.

Iodide Quenching of Fl-PL in ABCA Proteoliposomes—To assess the steady-state distribution of the Fl-PL across the membranes of proteoliposomes, collisional quenching of fluorescent lipid probes was performed with potassium iodide (KI) (38). ABCA protein was reconstituted using Buffer C but with 250 mM NaCl and devoid of sucrose. Excitation and emission wavelengths were set at 470 and 530 nm, respectively. Fluorescence intensity of Fl-PL-containing proteoliposomes was measured for samples consisting of 50 µl of vesicles diluted into 100 µl of buffer containing 10 mM HEPES, pH 7.4, 10 mM Na₂SO₄, and the quencher KI (0 to 250 mM). NaCl was used to adjust the ionic strength to 250 mM and maintain the osmolarity of the solution, whereas Na₂SO₄ prevented production of I₂. Parallel samples were measured using NaCl instead of KI. Data were analyzed according to the modified Stern-Volmer Equation 2,

\[
\frac{F_0}{\Delta F} = \frac{1}{f_o \cdot K[Q]} + \frac{1}{f_o}
\]

where \(f_o\) is the fluorescence intensity in the absence of the quencher; \(\Delta F\) is the fluorescence intensity in the presence of the quencher at concentration \([Q]\); \(f_o\) is the fraction of fluorescence that is accessible to the quencher, and \(K\) is the Stern-Volmer quenching constant.

ATPase Assays and Membrane Preparations—ATPase activity was measured using 100 µM [γ-³²P]ATP and thin layer chromatography as described previously (39). ATPase assays on BPL or synthetic proteoliposomes were performed as described earlier (29). Membranes from transfected cells were also prepared as described previously (37), except that the procedure was scaled down and the cell suspension originated from two 10-cm dishes of HEK293T cells. SDS-gel electrophoresis and Western blotting were carried out as described previously (29). Quantification of cell expression was measured using a LiCor imaging system with data obtained from three independent experiments and expressed as the mean ± S.D.
**RESULTS**

**Purification and Reconstitution of ABCA Proteins into Proteoliposomes**—ABCA1, ABCA4, and ABCA7 and corresponding mutant proteins in which lysine residues in the Walker A motifs (GXXGXX(S/T)) of NBD1 and NBD2 were replaced with methionine (ABCA-MM), all containing a 9-amino acid C-terminal epitope were expressed in HEK293T cells and purified on a Rho1D4 immunoaffinity matrix. A, Coomassie Blue-stained gel and Rho1D4-labeled Western blot of the ABCA1 and ABCA7 detergent-solubilized cell lysates (lane labeled I) and purified protein eluted from the immunoaffinity column with the 1D4 peptide (lane labeled E). The arrow identifies the position of the ABCA1 and ABCA7 transporters. B, ATPase activity of WT and mutant ABCA proteins. Immunoaffinity purified WT ABCA1, ABCA7, and ABCA4 and their MM mutants were reconstituted into brain polar lipid for analysis of their ATPase activity. Results are the mean ± S.D. for three independent experiments.

**Immunofluorescence Microscopy**—COS7 cells transfected with 1D4-tagged ABCA proteins were fixed in 4% paraformaldehyde, 100 mM phosphate buffer, pH 7.4, for 1 h and subsequently blocked and permeabilized with 10% normal goat serum and 0.2% Triton X-100 in phosphate buffer for 30 min. The cells were then labeled for 2 h at room temperature with Rho1D4 hybridoma culture fluid diluted 1:50 in phosphate buffer containing 2.5% normal goat serum and 0.1% Triton X-100 and an anti-calnexin polyclonal antibody (Abcam) diluted 1:200 in the same buffer. The cells were labeled with secondary 1:1000 diluted anti-mouse and anti-rabbit antibodies conjugated to Alexa-488 and Alexa-594 (Molecular Probes), respectively. Samples were visualized under a Zeiss LSM 700 confocal microscope. Relative quantification of co-labeling of ABCA1 and calnexin as an ER marker was determined using ImageJ software (rsb.info.nih.gov) as follows. In the micrographs, mean pixel background ± 3 × SD intensity in a selected area without cells for both green and red channels was subtracted from the respective micrograph. Each cell was delimited with the region of interest tool, and a binary mask was formed to multiply both channels. Co-localization was analyzed using the JaCop plugin (Just Another Co-localization Plugin) for ImageJ, and Pearson’s coefficient (r) was calculated with a JaCop plugin (40).

Lipid Transport Activity of ABCA Transporters

**Stimulation of ABCA1, ABCA4, and ABCA7 ATPase Activity by Specific Membrane Lipids**—The phospholipid specificity of the ABCA transporters was studied by reconstituting the proteins in unilamellar liposomes consisting of 1,2-dioleoylphosphatidylglycerol (abbreviated here as PG) as the base phospholipid for ABCA1 and ABCA7, and 1,2-dioleoylphosphatidylcholine (abbreviated as PC) for ABCA4. The lipid composition was modified by replacing a portion of the base phospholipid with a defined amount of 1,2-dioleoylphospholipids (PC, PS, PE, PI, and PG), SM, or cholesterol. The mean diameter of the proteoliposomes as determined by dynamic light scattering was typically within the range of 50–100 nm (Table 1). The unilamellar nature of the vesicles was confirmed by cryoelectron microscopy and fluorescence lipid measurements in which greater than 50% of the FL-PL was accessible to bleaching by sodium dithionite (see Fig. 3, A and B). The orientation of the reconstituted ABCA transporters in the liposomes was determined from the increase in ATPase activity following detergent permeabilization. In the case of the ABCA proteins reconstituted into PC vesicles, ~60% of the protein was oriented in an inside-out configuration, i.e. nucleotide-binding domains exposed on the outside of the ves-
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icles. ABCA proteins reconstituted in liposomes composed of PC/PS (7:3), PC/PE (7:3), or PG were oriented with 70–80% of the protein having their NBDs on the outer side of the proteoliposomes.

The effect of various phospholipids, sphingolipids, and cholesterol on the ATPase activity of reconstituted ABCA1, ABCA7, and ABCA4 is shown in Fig. 2, A–C. The ATPase activity of ABCA1 was stimulated 2- and 1.6-fold by the addition of 30 mol % PC and PS, respectively, with a smaller 1.4-fold increase for 30 mol % SM. In contrast, a decrease in activity was found when ABCA1 proteoliposomes were doped with 30 mol % PE, PI, cholesterol, or ceramide. These data indicate that PC, PS, and SM specifically stimulate the ATPase activity of ABCA1 over the ATPase activity in pure PG liposomes. The ATPase activity of ABCA7 was also stimulated by PC, PS, and SM, but PS was more effective than PC for this transporter. For comparison, the effect of these lipids on the ATPase activity of ABCA4 was also measured in PC liposomes containing 30 mol % added lipid. A maximal stimulation of 1.8-fold was found when ABCA4 proteoliposomes were doped with 30 mol % PE, PI, cholesterol, or ceramide. These data indicate that ABCA4 was also measured in PC liposomes containing 30 mol % PE, PI, cholesterol, or ceramide.

Table 1

| Lipid composition of vesicles (lipid ratio) | Size in nm (S.D.) |
|-------------------------------------------|------------------|
| DOPG                                      | 56 ± 19          |
| DOPG/DOPC (7:3)                           | 66 ± 26          |
| DOPG/DOPS (7:3)                           | 62 ± 24          |
| DOPG/DOPPE (7:3)                          | 58 ± 28          |
| DOPG/Chol (7:3)                           | 79 ± 24          |
| DOPG/SM (7:3)                             | 84 ± 31          |
| DOPC                                      | 76 ± 22          |
| DOPC/DOPC (7:3)                           | 81 ± 21          |
| DOPC/Chol (7:3)                           | 98 ± 28          |
| DOPC/SM (7:3)                             | 106 ± 34         |
| BPL                                       | 91 ± 29          |

The effect of varying the PC, PS, and PE contents of the liposomes on the ATPase activity of these ABCA transporters was also determined (Fig. 2, D and E). A maximum relative increase in ATPase activity of 75–85% was observed at 30% PC for ABCA1, 30% PS for ABCA7, and 20% PE for ABCA4.

Transport of Phospholipids by ABCA Transporters—Stimulation of the ATPase activity of ABCA1, ABCA7, and ABCA4 by selected phospholipids suggests that these lipids may serve as substrates that are actively transported or flipped across the lipid bilayer by these transporters. To test this possibility and determine the direction of transport, we utilized the well-established dithionite phospholipid fluorescence bleaching technique (42, 43). Proteoliposomes reconstituted with purified ABCA proteins were prepared with a low concentration (0.6%) of Fl-PL. ATP was added to the proteoliposomes to initiate active transport with the nonhydrolyzable derivative AMP-PNP added to the control sample. After 1 h, sodium dithionite, an impermeable reducing agent, was added to bleach the Fl-PL exposed on the outer leaflet of the proteoliposome. The amount of Fl-PL transported was determined from the difference in fluorescence between the ATP- and AMP-PNP-treated samples after dithionite addition. Fig. 3A shows typical fluorescence traces for the transport of Fl-PC across the lipid bilayer of PG liposomes reconstituted with ABCA1. ATP addition resulted in a decrease in the degree of dithionite bleaching (higher fluorescent signal) compared with the control AMP-PNP indicating that ABCA1 promoted an energy-dependent transport of Fl-PC from the outer to the inner leaflet of the proteoliposome, a direction that is consistent with PC transport from the cytoplasmic to the extracellular/luminal side of biological membranes. Similar results were obtained for the transport of Fl-PC by ABCA7.

For comparison, this assay was used to measure the transport of Fl-PE across the membrane of liposomes reconstituted with ABCA4 (Fig. 3B). In this case, the addition of ATP resulted in an...
increase in dithionite-mediated fluorescence bleaching relative to the AMP-PNP indicating that ABCA4 transports Fl-PE in the opposite direction, i.e. from the extracellular/luminal leaflet to the cytoplasmic leaflet of cells.

The time course for the flipping of phospholipids across the lipid bilayer was determined for ABCA1 and ABCA4 reconstituted into liposomes (Fig. 3, C–E). A linear increase in Fl-PC and Fl-PS flipped from the outer (cytoplasmic) to the inner (lumen) leaflet was observed over 60 min for ABCA1 reconstituted into PG liposomes. A linear decrease in the amount of Fl-PE in the inner leaflet was observed for ABCA4 reconstituted into PC liposomes.

ABCA1- and ABCA4-catalyzed phospholipid transport was also measured using the collisional fluorescence quenching method (Fig. 3, F–H) (38). In this technique, membrane-impermeable iodide ion was used to quench the fluorescence contribution of Fl-PL on the outer (cytoplasmic) to the inner (lumen) leaflet. ABCA1 showed reduced bleaching after ATP treatment relative to AMP-PNP treatment, whereas ABCA4 showed the reverse indicative of differential vectoral transport (flipping) of the fluorescent phospholipids by these transporters. C–E, rate of transport of Fl-PL across the lipid bilayer in the presence of 1 mM ATP (F) and AMP-PNP (G). C, Fl-PC transport by ABCA1 reconstituted into PG liposomes; D, Fl-PS transport by ABCA1 reconstituted into PG liposomes; E, Fl-PE transport by ABCA4 reconstituted into PC liposomes. F and G, determination of the fraction of Fl-PL accessible on the outer leaflet of proteoliposomes via collisional quenching of Fl-PL with iodide ions. PG liposomes reconstituted with ABCA1 and containing 0.6% (w/w) Fl-PC (F) and Fl-PS (G) and PG liposomes reconstituted with ABCA4 and containing 0.6% Fl-PE (H) were treated with 1 mM AMP-PNP or 1 mM ATP prior to iodide quenching. The data are presented as modified Stern-Volmer plots. \( F_0 \) is the fluorescence intensity of the sample in the absence of quencher; \( F \) is the fluorescence intensity at a given iodide ion concentration; \( K_I \) is the concentration of potassium iodide. The connecting lines were obtained by linear regression. The inverse of the y intercept represents the fraction of Fl-PL that is accessible to the quencher. Error bars represent S.D.

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ABCA1- and ABCA4-catalyzed phospholipid transport was also measured using the collisional fluorescence quenching method (Fig. 3, F–H) (38). In this technique, membrane-impermeable iodide ion was used to quench the fluorescence contribution of Fl-PL on the outer leaflet of the proteoliposomes after the addition of ATP or AMP-PNP. The results shown in a modified Stern-Volmer plot (44) confirm the results obtained using the dithionite fluorescence bleaching assay indicating that ABCA1 transports Fl-PC and Fl-PS from the outer to the inner leaflet of the proteoliposome (Fig. 3, F and G), whereas ABCA4 transports Fl-PE in the opposite direction (Fig. 3H).

Transport of Specific Lipids by ABCA1, ABCA7, and ABCA4—A number of fluorescent-labeled phospholipids, including Fl-PC, Fl-PS, Fl-PE, Fl-PG, and Fl-SM, were used to define the lipid specificity of the ABCA transporters. We first compared the specificity of ABCA1 and ABCA7 for Fl-PC and Fl-PS. As shown in Fig. 4, ABCA1 showed a preference for PC over PS, whereas ABCA7 preferred PS over PC. ABCA1 showed no significant transport activity. The differential specificity of ABCA1 and ABCA7 for PC and PS transport is in agreement with the differential stimulatory effect of these phospholipids on the ATPase activity of these transporters (Fig. 2).

The transport of specific phospholipids by ABCA1 and ABCA4 was measured in PG and PC liposomes (Fig. 4, B and C).
ABCA1 transported Fl-PC, Fl-PS, and Fl-SM but not Fl-PE or Fl-PG, whereas ABCA4 was highly specific for Fl-PE. The transport activity of ABCA1 was lower in PC vesicles compared with PG vesicles due in part to the competing effect of unlabeled PC for transport of Fl-PC.

The effect of Fl-PL concentration, various phosphate analogs, ATPase inhibitors, and protein-modifying reagents on phospholipid transport by ABCA4 reconstituted into PC and PG liposomes. Unlabeled PC effectively competes with Fl-PC in liposomes reducing the transport of Fl-PS and Fl-SM (sphingomyelin) compared with liposomes composed of PG base lipid. Phospholipid transport by ABCA4 reconstituted into PC and PG liposomes. A, phospholipid transport activity of ABCA4 reconstituted into PC liposomes. B, phospholipid transport by ABCA1 reconstituted into PC or PG liposomes. Unlabeled PE decreases the Fl-PC flippase activity of ABCA4 through the competing effect of unlabeled PC in the lipid environment of the protein. Unlabeled PC decreases the Fl-PC flippase activity of ABCA1 and ABCA4 presumably by altering the lipid environment of the protein. Unlabeled PE decreases the Fl-PE flippase activity of ABCA4 through the competing effect of these unlabeled PLs for transport of the Fl-PL.

**Effect of Cholesterol on Phospholipid Transport**—Cell-based assays have implicated ABCA1 in the efflux of cholesterol as well as phospholipids from cells. To determine whether cholesterol affects phospholipid transport activity, ATP-dependent flipping of Fl-PC across the lipid bilayer was measured for proteoliposomes containing ABCA1 and increasing concentrations of cholesterol. As shown in Fig. 5A, a 30–35% decrease in Fl-PC flippase activity of ABCA1 was observed at 20–30% cholesterol. Cholesterol had a similar effect on the Fl-PE flippase activity of ABCA4 reconstituted into PC vesicles. A cholesterol-mediated decrease in phospholipid transport activity is in agreement with the decrease in ATPase activity of ABCA transporters by cholesterol (Fig. 2).

To further assess the effect of lipid environment on the phospholipid flippase activity of these transporters, ABCA1 and ABCA4 were reconstituted into PG- and PC-based liposomes containing various phospholipids. The addition of 10% PE or 10 or 50% PI had little effect on the transport activity of ABCA1 relative to its activity in pure PG vesicles. However, addition of 10% unlabeled PC or BPL, which contains ~10% PC, suppressed Fl-PC transport. Similarly, Fl-PE transport by ABCA4 was unaffected by the addition of PI but was reduced by the addition of unlabeled 10% PE and BPL. These results indicate that cholesterol modestly reduces the phospholipid flippase activity of ABCA1 and ABCA4 presumably by altering the lipid environment of the protein. Unlabeled PC decreases the Fl-PC flippase activity of ABCA1, and unlabeled PE decreases the Fl-PE flippase activity of ABCA4 through the competing effect of these unlabeled PLs for transport of the Fl-PL.

**Expression and Purification of Disease-causing ABCA1 and ABCA4 Mutants**—As part of this study, we have generated a number of disease-causing mutations in ABCA1 and ABCA4 to determine their effect on the expression and functional properties of these transporters. We focused our studies on nine missense mutations in ABCA1 known to cause Tangier disease, including three (S100C, W590S, and F593L) in ECD1, two (T929I and N935S) in the NBD1, two (C1477R and T1512M) in NBD2, one (R2081W) in NBD2, one (P2150L) in the C-terminal segment as shown in Fig. 6A (blue). Alignment of the ABCA1 and ABCA4 sequences indicated that six mutations in corresponding positions in ABCA4 are associated with Star-
Stargardt disease (S100P, F608L, N965S, T959I, T1537M, and R2107P) (Fig. 6A, red). Mutations in residues Trp-605 and Pro-2180 of ABCA4 have yet to be linked to Stargardt disorder. These two residues were replaced with serine and leucine, respectively, (W605S and P2180L) corresponding to the disease-causing substitutions in ABCA1. Finally, the null mutant C1502X associated with Stargardt disease was modified to C1502R to reflect the primary sequence change of the corresponding C1477R mutant in ABCA1 linked to Tangier disease.

These mutants were expressed in HEK293T cells and purified by immunoaffinity chromatography. Fig. 6B shows the expression profile of the ABCA1 and ABCA4 mutants. The levels of expression of the ABCA1 and ABCA4 mutants were generally lower than the corresponding WT proteins with the ABCA1 mutants S100C and R2081W and the corresponding ABCA4 mutants S100P and R2107P expressing at levels less than 25% of WT and the remaining mutants expressing in the range of 35–90% of the WT proteins. Despite the differences in expression levels, all mutants could be purified by immunoaffinity chromatography on the Rho1D4-Sepharose matrix in sufficient quantities for functional studies (Fig. 6C).

ATPase Activities of Disease Variants—The purified ABCA1 and ABCA4 mutants were reconstituted into liposomes containing BPL to determine the effect of the mutations on the ATPase activity of these proteins. Variants in the ECD1 (S100C, W590S, and F593L), NBD1 (T929I and N935S), and NBD2 (R2081W) of ABCA1 showed significantly reduced ATPase activities in the range of 20–35% of WT activity (Fig. 7A). By contrast, the T1512M mutation in ECD2 and P2150L in the C-terminal segment exhibited ATPase activity similar to the WT protein. The C1477R mutant in ECD2 showed an intermediate reduction in activity. ABCA4 variants showed a similar ATPase activity profile as the ABCA1 mutants with the exception of the T1537M mutation of ABCA4, which was significantly lower than the corresponding T1512M mutant in ABCA1.

Phospholipid Flippase Activity of Disease Variants—The ATP-dependent phospholipid transport properties of the ABCA1 and ABCA4 mutants were also investigated by the fluorescence dithionite bleaching protocol. As shown in Fig. 8, A and B, the FI-PC flippase activity of the ABCA1 mutants and the FI-PE flippase activity of ABCA4 mutants have a similar profile with the ABCA1 variants C1477R, T1512M, and P2150L and corresponding ABCA4 variants C1502R, T1537M, and P2180L showing transport activities ranging from 60 to 80% of the WT protein and the other mutants showing reduced activity in the range of 20–40% of the WT protein. Interestingly, the PS transport activity of most mutants showed a larger decrease in activity than the PC transport activity relative to the respective transport activity of the WT proteins.

Immunofluorescence Localization of WT and Mutant ABCA1 and ABCA4 Proteins in Transfected COS7 Cells—The effect of disease-causing mutations on the localization of ABCA1 and ABCA4 in transfected COS7 cells was investigated by immunofluorescence microscopy. In agreement with earlier studies, WT ABCA1 localized primarily to the plasma membrane and intracellular endosomes, whereas WT ABCA4 was present in large intracellular vesicles that also contained calnexin (Fig. 9, A and B) (20, 37, 41). The ABCA1-MM and ABCA4-MM showed a similar distribution as their WT counterparts indicating that these functionally inactive mutants fold into a native-like conformation allowing their exit from the ER. In contrast, some of the mutants, including ABCA1 mutants T929I and R2081W and related ABCA4 mutants T959I and R2107P, showed partial or complete co-localization with calnexin in a reticular pattern characteristic of the ER. This indicates that some of the mutants are highly misfolded and retained in the ER by the cellular quality control system. The extent of co-localization of ABCA1

![Figure 5. Effect of cholesterol and phospholipids on the transport activity of ABCA1 and ABCA4.](image-url)

**A**

FI-PC transport activity of ABCA1 and FI-PE transport activity of ABCA4 reconstituted in PG liposomes containing 0–30% (w/w) cholesterol (Chol). **B**

Effect of PC, PE, and PI on the transport of FI-PC by ABCA1 reconstituted into PG liposomes. Unlabeled PC and BPL effectively compete with FI-PC for transport by ABCA1, whereas PI has little effect. **C**

Effect of PC, PE, and PI on the transport of FI-PE by ABCA4 reconstituted into PC liposomes. Unlabeled PE and BPL effectively compete with FI-PE for transport by ABCA4, whereas PC and PI have little effect. Results are the mean ± S.D. for three independent experiments.
DISCUSSION

Although previous cell-based studies have implicated ABCA1 and ABCA7 in the efflux of phospholipids and cholesterol from cells as a critical step in the reverse cholesterol transport pathway, it has been unclear if these proteins directly transport these lipids across the membrane or simply mediate lipid transfer to apo-A1 through an indirect “regulatory” mechanism (45). In this study, we provide the first direct biochemical evidence that ABCA1 and ABCA7 transport or flip specific phospholipids from the cytoplasmic leaflet to the exocyttoplasmic leaflet of the lipid bilayer, and we determine the phospholipid specificity for these ABCA transporters. This was achieved through analysis of ATP-dependent transport of Fl-PL by these transporters and supported by the stimulation of their ATPase activity by the same phospholipids.

Imunoaffinity-purified ABCA1, ABCA7, and ABCA4 exhibited significant ATPase activity upon reconstitution into liposomes consisting of BPL, in contrast to the ABCA-MM Walker A mutants that were devoid of activity. The ATPase
activity of ABCA1 and ABCA7 (~220–280 nmol/min/mg) was within the range of values observed in previous studies (37, 46) but was significantly lower than values observed for other ABC proteins (1.7–1.9 μmol/min/mg) such as P-glycoprotein and the TAP complex (47, 48). The ATPase activity of ABCA1 in PG liposomes was activated ~2-fold by PC and to a lesser degree by PS and SM, whereas the activity of ABCA7 showed a preference for PS over PC. Little if any activation was observed for PE in contrast to ABCA4, which was specific for PE. In agreement with an earlier report (46), cholesterol did not activate the ATPase activity of ABCA1, but instead it decreased the activity of ABCA1, ABCA7, and ABCA4 by 20–30%. This general inhibitory effect most likely occurs through the effect of cholesterol on overall lipid environment of the reconstituted transporters.

Analysis of the phospholipid transport properties of ABCA1, ABCA7, and ABCA4 was a central focus of this study. Previously, we had shown that ABCA4 functions as an importer flipping N-retinylidene-PE from the lumen to the cytosolic leaflet of photoreceptor disc membranes and proteoliposomes (29). In this study, we have used both the FI-PL dithionite bleaching assay and the FI-PL collisional quenching method to further examine phospholipid transport by reconstituted ABCA1, ABCA7, and ABCA4. Although these ABCA transporters share a high degree of sequence identity (~50%), ABCA1 and ABCA7 functioned as exporters flipping phospholipids from the cytoplasmic to the exocytoplasmic leaflet of membranes, whereas ABCA4 transported PE in the opposite direction. ABCA1 actively transported PC, PS, and SM with a preference for PC, whereas ABCA7 preferentially transported PS in general agreement with the phospholipid ATPase activation studies. Cholesterol inhibited the phospholipid transport activity of ABCA1, ABCA7, and ABCA4 to the same degree that it inhibited their ATPase activity suggesting that cholesterol is not co-transported with phospholipids. Our results are consistent with a previous study reporting the inability of the photoactivatable cholesterol derivative to bind ABCA1(49) and suggest that cholesterol is not directly transported by ABCA1. A direct cholesterol transport assay, however, is needed to further support this contention.

Several models have been proposed to explain ABCA1-mediated cholesterol and phospholipid efflux from cells to apoA-1. In the concurrent model, PC and cholesterol are effluxed together to apoA-1 by ABCA1 (50). In the two-step model, ABCA1 first mediates PC efflux to apoA-1, and this apoA-1 PC complex subsequently accepts cholesterol from the outer leaflet of the plasma membrane independent of ABCA1 (49, 51). In a third model, ABCA1 mediates the translocation of phospholipids to the outer leaflet to generate a phospholipid imbalance between the inner and outer leaflets resulting in membrane bending. The resulting protrusions promote transient binding of apoA-1 to the membrane and a solubilization of the exovesiculated lipid domain leading to the loading of apoA-1 with phospholipids and cholesterol for the generation of nascent HDL particles (52–54). Other models stress the importance of the interconversion of ABCA1 monomers to dimers and membrane meso-domain organization in apoA-1 binding and HDL formation (55, 56).

Our studies support the active export of the phospholipids by ABCA1 as an important initial step in reverse cholesterol transport and argue against the direct transport of cholesterol by ABCA1 as postulated in the concurrent model. ABCA1 may simply flip PC, PS, and SM from the cytoplasmic to the extracellular leaflet of cells thereby altering the surface area of the opposing leaflets resulting in cell protrusions that facilitate the
loading of apoA-1 with cholesterol and phospholipids. Alternatively, ABCA1 may directly efflux phospholipids to apoA-1 directly bound to ABCA1 as a preloading step prior to the loading of cholesterol as suggested in the two-step model. Because we were unable to reconstitute the ABCA1/H18528 apoA-1 complex into liposomes, we could not determine whether ABCA1 can directly translocate phospholipids onto apoA-1 or if ABCA1 primarily functions as a phospholipid flippase. Further studies are needed to delineate between these mechanisms.

As part of this study, we determined the effect of disease-causing missense mutations in ECD1, NBD1, ECD2, and NBD2, the C terminus of ABCA1, and corresponding mutations in ABCA4 on protein expression, phospholipid-specific ATPase activity, ATP-dependent phospholipid flippase activity, and subcellular localization. The mutants were expressed at levels ranging from 20 to 100% WT and were readily purified by immunoaffinity chromatography after solubilization in CHAPS buffer. The ATPase and phospholipid transport activities of the various mutants were in general lower than WT ranging from 20 to 80% that of WT activity. Interestingly, the overall profiles of the ABCA1 and ABCA4 mutants were strikingly similar. The ABCA1/ABCA4 mutants in the ECD1 (S100C/S100P, W590S/W605S, and F593L/W608L) displayed the lowest activities (20–30% WT), whereas those in the ECD2 (C1477R/C1502R and T1512M/T1537M) and the P2150L/P2180L mutants in the C terminus showed the highest activities (60–100% WT). This suggests that the structure-function relationships of ABCA1 and ABCA4 are broadly similar despite the fact that they transport different phospholipids in different directions. A low resolution structure of ABCA4 has recently been determined by single particle EM (34). One may surmise that ABCA1 will have a similar overall structure and undergo similar conformational changes as ABCA4 during the transport cycle, although the high affinity access phospholipid-binding site most likely resides on different sides of the proteins with the initial PL-binding site for ABCA1 on the cytoplasmic side and the PE binding for ABCA4 on the exocytoplasmic (lumen/extracellular) side.

Several reports have described the effect of some of the Tangier-associated mutations on apoA-1 binding, phospholipid and cholesterol efflux, and subcellular localization of ABCA1 (18–20). In these studies, the disease-associated mutants all showed reduced activity particularly with regard to phospholipid and cholesterol efflux. Our data on the effect of disease-associated mutations on phospholipid transport broadly agrees with their effect on phospholipid efflux as reported in the literature. For example, the P2150L showed only mild loss in phospholipid transport and efflux, whereas R2081W showed a more pro-
nounced effect. However, the extent of reduction in these activities differs for some mutants. For example, the C1477R mutant shows intermediate (~60% WT) phospholipid transport activity, whereas it shows minimum (<20% WT) phospholipid efflux activity. It is possible that this mutant is relatively active in flipping PC/PS across the bilayer, but due to its more limited ability to bind apoA-1, it shows a more marked decrease in phospholipid efflux activity. The Cys-1477 residue has been implicated in intramolecular disulfide bonding between the ECDs of ABCA1 (57), which may be required for efficient binding of apoA-1. Finally, our results showing that some mutants with limited functional activity are able to exit the ER is in agreement with previous studies showing that some, but not all, ABCA1 and ABCA4 mutants show subcellular localization similar to the WT proteins.

To date, relatively few eukaryotic ABC transporters have been purified for identification of their substrates and analysis of their transport mechanism. The immunoaffinity purification and reconstitution methodology used here to characterize ABCA1, ABCA4, and ABCA7 have broad application for analysis of other ABC transporters as well as other membrane proteins (58, 59). It will be of particular interest to identify the putative lipid substrates and direction of transport for ABCA3 associated with neonatal surfactant deficiency and pediatric interstitial lung disease and ABCA12 linked to harlequin ichthyosis as well as other members of the ABCA subfamily, including ABCA2.

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