Does the Location of the Arterial Input Function Affect Quantitative CTP in Patients with Vasospasm?

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ABSTRACT

BACKGROUND AND PURPOSE: In recent years, there has been increasing use of CTP imaging in patients with aneurysmal SAH to evaluate for vasospasm. Given the critical role of the arterial input function for generation of accurate CTP data, several studies have evaluated the effect of varying the arterial input function location in patients with acute stroke. Our aim was to determine the effect on quantitative CTP data when the arterial input function location is distal to significant vasospasm in patients with aneurysmal SAH.

MATERIALS AND METHODS: A retrospective study was conducted of patients with aneurysmal SAH admitted from 2005 to 2011. Inclusion criteria were the presence of at least 1 anterior cerebral artery or MCA vessel with a radiologically significant vasospasm and at least 1 of these vessels without vasospasm. We postprocessed each CTP dataset 4 separate times by using standardized methods, only varying the selection of the arterial input function location in the anterior cerebral artery and MCA vessels. For each of the 4 separately processed examinations for each patient, quantitative data for CBF, CBV, and MTT were calculated by region-of-interest sampling of the vascular territories. Statistical analysis was performed by using a linear mixed-effects model.

RESULTS: One hundred twelve uniquely processed CTP levels were analyzed in 28 patients (mean age, 52 years; 24 women and 4 men) recruited from January 2005 to December 2011. The average Hunt and Hess scale score was 2.89 ± 0.79. The average time to CTP from initial presentation was 8.2 ± 5.1 days. For each vascular territory (right and left anterior cerebral artery, MCA, posterior cerebral artery), there were no significant differences in the quantitative CBF, CBV, and MTT generated by arterial input function locations distal to significant vasospasm compared with nonvasospasm vessels (P > .05).

CONCLUSIONS: Arterial input function placement distal to significant vasospasm does not affect the quantitative CTP data in the corresponding vascular territory or any other vascular territory in aneurysmal SAH.

ABBREVIATIONS: ACA = anterior cerebral artery; AIF = arterial input function; aSAH = aneurysmal subarachnoid hemorrhage; VSP = vasospasm

In recent years, there has been increasing use of CTP imaging in patients with aneurysmal subarachnoid hemorrhage (aSAH) to evaluate vasospasm (VSP). Several studies have reported CTP as a valuable tool for detecting perfusion deficits related to vasospasm, described as focal areas of CBF reduction and/or MTT prolongation.1-5 To obtain the CBF, MTT, and CBV maps, one performs postprocessing of the acquired dataset. Deconvolution-based postprocessing algorithms require selection of an arterial input function (AIF) to represent the actual injection rate of contrast as time-series data during its first pass in the artery. The mathematic algorithm “deconvolves” this arterial attenuation curve from the tissue attenuation curve to compute an impulse residue function. On the basis of the impulse residue function curve, CBF is calculated as the height of this curve, CBV is the area under the curve, and MTT is the area under the curve of the impulse residue function divided by its height.

Given the critical role of the AIF for generation of accurate CTP data, several studies have evaluated the effect of varying the AIF location in patients with acute stroke.6-8 These studies revealed no significant difference in the quantitative CTP data with AIF selection ipsilateral or contralateral to the side of MCA vessel
occlusion in either the anterior cerebral artery (ACA) or MCA segments. However, AIF selection distal to an embolus revealed significant differences in the quantitative CTP data recommending avoidance of this location. It is unclear to what extent these findings are applicable to patients with aneurysmal subarachnoid hemorrhage because vasospasm results in narrowing rather than abrupt occlusion of the cerebral arteries. When significant vasospasm (≥50% narrowing) is present, perfusion deficits have been reported in the corresponding vascular territories, supporting the hypothesis that AIF selection distal to severe vasospasm could potentially affect quantitative CTP data. To date, there are no reports in the literature evaluating AIF placement in vasospasm. The purpose of this study was to determine the effect on quantitative CTP when the AIF location is distal to significant vasospasm in patients with aSAH.

**MATERIALS AND METHODS**

**Study Design**

A retrospective study of consecutive patients with aSAH enrolled in a prospective clinical trial was performed to compare quantitative CTP data when the AIF location is distal to significant vasospasm (AIFVSP) versus without vasospasm (AIFnon-VSP). Patients were enrolled in an institutional review board–approved clinical trial at our institution from January 2005 to December 2011. aSAH was diagnosed by NCCT, CTA, DSA, and/or CSF analysis. The following inclusion criteria were applied in this study to compare quantitative CTP data when postprocessing occurred with AIFVSP and AIFnon-VSP in each patient: 1) CTA performed at the same time as CTP to determine which vessels were in vasospasm at the time of CTP acquisition, 2) the presence of significant arterial narrowing related to vasospasm on CTA in at least 1 first-order segment of the ACA or MCA, and 3) the absence of significant vasospasm on CTA in at least 1 first-order segment of the ACA or MCA. The exclusion criteria were the following: 1) CTP with extreme patient motion or inadequate contrast bolus for which postprocessing could not be performed, and 2) CTP performed following treatment for vasospasm.

Retrospective chart review was performed to collect demographic data on the study population, including age, sex, Hunt and Hess scale grade, ruptured aneurysm location, and the day CTP was performed following aneurysm rupture.

**CTA Scanning and Interpretation**

CTA of the head was performed by using a standard scanning protocol at our institution with LightSpeed or Pro 16 scanners (GE Healthcare). For accurate comparison of the quantitative CTP data derived using 157 mm², sampling the cerebral cortex. Each CTP section in the imaging plane (axial source images or coronal or sagittal reformations) that demonstrated the most severe narrowing and then comparing this diameter with the native arterial luminal diameter on baseline imaging performed before the period of vasospasm. If no prior imaging was available, the normal-appearing vessel segment immediately proximal to the point of narrowing was used as a reference for normal vessel diameter. If this was also thought to be narrowed secondary to vasospasm, the contralateral vessel was used to approximate normal vessel caliber. If diffuse vasospasm was present and no prior imaging was available for comparison, research reader judgment based on previous clinical experience was used to assess the expected normal vessel caliber to grade vasospasm severity. For disagreements, a third neuroradiologist (with 11 years’ experience) independently reviewed the examination in a blinded fashion.

CTP Scanning, Postprocessing, and Data Collection

CTP was performed during the typical time for vasospasm between days 6 and 10 following aneurysm rupture. There is a standard scanning protocol for CTP at our institution by using LightSpeed or Pro 16 scanners (GE Healthcare) with cine 4i scanning mode and 45-second acquisition at 1 rotation per second by using 80 kVp and 190 mA. A scanning volume of 2.0 cm was used, consisting of 4 sections at 5.0-mm thickness with its inferior extent selected at the level of the basal ganglia, above the orbits, to minimize radiation exposure to the lenses. Approximately 45 mL of nonionic iodinated contrast was administered intravenously at 5 mL/s by using a power injector with a 5-second delay.

We performed postprocessing of the acquired dataset into CBF, CBV, and MTT maps on an Advantage Workstation (GE Healthcare) by using CTP software, Version 3.0, using a deconvolution method. The postprocessing technique was standardized for all patients according to recommended guidelines, selecting the venous function as the superior sagittal sinus. While we maintained all postprocessing parameters constant, each CTP dataset was postprocessed 4 times by varying only the AIF location in the A2 segment of the right and left ACAs and M2 segment of the right and left MCAs (Fig 1). Placement of the AIF in the right- and left-sided A2 and M2 segments was performed by a neuroradiologist (with 11 years’ experience) on the basis of the concurrent CTA.

Quantitative analysis was conducted by using a standardized method with contiguous region-of-interest placement, measuring 157 mm², sampling the cerebral cortex. Each CTP section in each functional map (CBF, MTT, and CBV) had up to 24 ROIs distributed in the following territories: approximately 6 ROIs in the ACA, 12 ROIs in the MCA, and 6 ROIs in the posterior cerebral artery. For accurate comparison of the quantitative CTP data derived from each of the 4 different AIF locations, a region-of-interest template was created for each patient to replicate the exact size and location of the region-of-interest sampling at each CTP level.

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Table 1: Characteristics of the study population

| Characteristic                  | Value          |
|--------------------------------|----------------|
| Age (mean) (yr)                | 52 ± 11        |
| Sex: female                    | 86% (24/28)    |
| Hunt and Hess scale score (mean)| 2.89 ± 0.79   |
| Time to CTP (mean) (days)      | 8.2 ± 5.1      |
| Aneurysm site                  |                |
| Basilar                        | 3.6% (1/28)    |
| ICA                            | 35.7% (10/28)  |
| AcomA                          | 14.3% (4/28)   |
| ACA                            | 3.6% (1/28)    |
| MCA                            | 32.1% (9/28)   |
| PcomA                          | 25% (7/28)     |
| Multiple                       | 25% (7/28)     |
| First-order cerebral arteries  |                |
| Significant vasospasm, AIF_{VSP} | 56            |
| (≥50% narrowing)              |                |
| No significant vasospasm, AIF_{non-VSP} | 54         |
| (<50% narrowing)              |                |

Note: AcomA indicates anterior communicating artery; PcomA, posterior communicating artery.

Statistical Analysis

We performed a power analysis to determine the sample size needed for this study design, analyzing quantitative CTP data from 6 vascular territories (right- and left-sided ACA, MCA, and posterior cerebral artery) in each patient. Bonferroni adjustments were performed for multiple comparisons so that the significance level (α) remained at .05. An effect size for CBF of 5 mL/100 g/min was used, indicating that the study would be adequately powered to detect a mean CBF difference of 5 U (per vascular territory) between the AIF_{VSP} and AIF_{non-VSP} data. This more conservative approach by using a 5-U difference in CBF may not necessarily be clinically significant, but it is important in ensuring that the study design would detect small differences between AIF_{VSP} and AIF_{non-VSP} data. The remaining parameters in the power analysis (mean, SD) were based on pilot data. The sample size calculation was performed by using PASS 2008, Version 8.0.13. All tests were performed as 2-tailed. A sample size of 112 CTP levels (28 patients) achieved 90% power with a significance level (α) of .05.

Quantitative analysis of the CTP parameters was performed by using a linear mixed-effects model. The response variable was CBF; the fixed effects in the model were vascular territory, AIF location, and AIF status ($AIF_{VSP}$ and $AIF_{non-VSP}$). Subjects were included as random effects to account for multiple measures per subject. Differences in CBF values in the $AIF_{VSP}$ and $AIF_{non-VSP}$ data by vascular territory and AIF location were reported along with 95% confidence intervals. Overall, this model accounts for intersubject variability, variability in the number of vasospasm and nonvasospasm vessels among patients, variability in the number of measurements among patients, and missing data. Most important, analysis for all 6 vascular territories can be performed by using this single fitted model. Similar models were fit for the CBV and MTT analysis. Statistical analysis was performed by a biostatistician and conducted by using R: A Language and Environment for Statistical Computing (http://www.R-project.org).

RESULTS

Study Population Characteristics

Twenty-eight consecutive patients with aSAH were included to achieve sufficient power for statistical analysis. The mean age was 52 ± 11 years. There were 86% (24/28) female and 14% (4/28) male patients. Table 1 demonstrates the characteristics of the study population.

One hundred twelve postprocessed CTP levels were derived from the 28 patients; each patient’s acquired data were repeatedly postprocessed 4 times by varying only the AIF location (right- and left-sided A2 and M2 segments). Of the 112 A1 and M1 vessels assessed for this study, we required a third reader as a tie-breaker in 7.1% (8/112) of vessels. Analysis was performed at the level of the 6 vascular territories (right- and left-sided ACA, MCA, and posterior cerebral artery), resulting in 672 territories for each CBF, CBV, and MTT analysis.

Quantitative CTP Analysis by AIF Location

Figure 2A demonstrates the mean and 95% CI of the quantitative CTP for all vascular territories in both the $AIF_{VSP}$ and $AIF_{non-VSP}$ data according to each AIF location. There was no statistically significant difference in the quantitative CBF, CBV, and MTT for any of the AIF locations when they were distal to significant vasospasm. Quantitative CTP Analysis by Vascular Territory

Figure 2B demonstrates the mean and 95% CI of the quantitative CTP for each vascular territory in both the $AIF_{VSP}$ and $AIF_{non-VSP}$ data. There was no statistically significant difference in the quantitative CTP for each vascular territory.
Quantitative CTP Analysis by AIF Location and Its Corresponding Vascular Territory

An additional analysis was performed to evaluate quantitative CTP for the MCA and ACA territories when the AIF was located in its supplying artery in both the AIF\textsubscript{VSP} and AIF\textsubscript{non-VSP} data (Table 2). There was no statistically significant difference in the quantitative CBF, CBV, and MTT for any vascular territory when the AIF location was distal to vasospasm.

DISCUSSION

CTP has been increasingly used in patients with aSAH, given its reported high sensitivity and specificity to detect perfusion abnormalities thought to occur in vasospasm.\cite{1,3,9,10} Furthermore, several studies have reported quantitative threshold values for CBF and MTT to determine perfusion deficits for management and treatment of vasospasm.\cite{1,3,4,10} However, generation of quantitative CBF, CBV, and MTT for any vascular territory when the AIF location in its supplying artery was distal to vasospasm.

Table 2: Model-adjusted mean and 95% CI for CBF, CBV, and MTT data classified by the vascular territory and AIF location in its supplying artery in both AIF\textsubscript{VSP} and AIF\textsubscript{non-VSP} data

| Vascular Territory | Cerebral Blood Flow (mL/100 g/min) | Cerebral Blood Volume (mL/100 g) | Mean Transit Time (sec) |
|---------------------|-----------------------------------|---------------------------------|------------------------|
|                     | Mean 95% CI                        | Mean 95% CI                     | Mean 95% CI            |
| R ACA               | 38.68 31.23, 46.12                 | 2.23 1.89–2.57                  | 5.16 4.50–5.81         |
| R2 AIF\textsubscript{VSP} | 42.11 33.79–50.43               | 2.33 1.96–2.70                  | 5.28 4.60–5.97         |
| R MCA              | 60.99 55.41–66.56                 | 2.92 2.64–3.2                   | 4.87 4.28–5.46         |
| R2 AIF\textsubscript{non-VSP} | 62.80 57.13–68.46                | 2.61 2.33–2.89                  | 4.68 4.09–5.27         |
| L ACA              | 34.23 24.91–43.54                 | 2.14 1.73–2.54                  | 5.11 4.38–5.84         |
| L2 AIF\textsubscript{VSP} | 37.73 30.58–44.88               | 2.09 1.76–2.41                  | 5.07 4.43–5.72         |
| L MCA              | 53.09 47.46–58.72                 | 2.63 2.36–2.91                  | 5.07 4.48–5.66         |
| L2 AIF\textsubscript{non-VSP} | 58.76 53.14–64.39               | 2.71 2.44–2.99                  | 4.28 3.69–4.87         |

Note:—R indicates right; L, left.
accurate and reproducible quantitative CTP data relies on selecting an appropriate AIF. Standardization of AIF placement by using the A2 segment has been suggested in patients with acute stroke to improve its reproducibility. This approach is not feasible in patients with aSAH, given the diffuse and variable pattern of vasospasm.

A review of the literature reveals several studies demonstrating the robustness of various AIF locations in patients with acute stroke. These studies found that major variations in the AIF location, whether ipsilateral or contralateral to the affected territory, had no significant effect on the quantitative CTP data. Additionally, the ACA and even the superficial temporal artery may be used as appropriate AIF locations in patients with acute stroke, regardless of the cortical region affected; using these locations may assist in its standardization. Most important, placement of the AIF in a vessel distal to the embolus has been shown to affect the quantitative CTP data by overestimating MTT and underestimating CBF values due to the marked delay or lack of contrast distal to the clot. It is physiologically plausible that marked delay in contrast arrival distal to a vessel in significant vasospasm may also occur in patients with aSAH, affecting the quantitative CTP data, but to our knowledge, this has never been studied.

Significant vasospasm, defined as ≥50% arterial narrowing, has been found to result in perfusion deficits, suggesting that this degree of arterial narrowing is hemodynamically significant and potentially could result in delay of contrast arrival in the distal vessel. On the basis of digital subtraction angiography, delay in contrast arrival was found in vessels distal to significant vasospasm, with associated diminished height and prolongation of the arterial attenuation curve. Our study revealed no statistically significant difference in the quantitative CBF, CBV, or MTT data between AIFVSP and AIFnon-VSP data (Fig 3) according to the AIF location and vascular territory. Furthermore, there was no quantitative difference in these CTP parameters in the ACA or MCA vascular territories when the AIF location was in its supplying artery distal to significant vasospasm. Even though our software does not use delay-correction that would likely have demonstrated differences between AIFVSP and AIFnon-VSP CTP data if present, these findings suggest that the deconvolution-based algorithm is robust to alterations in the arterial attenuation curve occurring in significant vasospasm. Similar findings in patients with acute stroke were reported for deconvolution-based algorithms, with delay-insensitive techniques producing less pronounced differences in quantitative CTP data when AIF placement distal to the embolus was used. Another possible explanation is that the delay in contrast arrival distal to vasospasm is not as severe as that distal to an occlusive embolus, thereby not significantly affecting CTP quantitation.

These results have several potential implications for patient care in centers using CTP in patients with aSAH. First, flexibility in selecting the AIF location in patients with vasospasm is valuable, given the challenges with streak artifacts from surgical clips or coils and motion degradation in this population. Second, it is not always known at the time of postprocessing the CTP whether a vessel is in vasospasm when selecting the AIF location. Our study suggests that the presence of significant vasospasm does not have to be determined from CTA before selecting an AIF location. Third, given that many postprocessing software programs have fully or semiautomated processing methods to rapidly generate CBF, CBV, and MTT data, our study supports the selection of variable AIF locations in the A2 or M2 segments by automated computer algorithms. Last, AIF placement is not a limiting factor in postprocessing CTP data in patients with diffuse vasospasm.
significance or validity of our findings. Finally, although we chose a software package without delay-correction that would likely have demonstrated differences between AIF\textsubscript{VSP} and AIF\textsubscript{non-VSP} CTP data if present, this work will require future validation across multiple software platforms, including those with algorithms involving delay-correction, to ensure generalizability across variable postprocessing techniques.

**CONCLUSIONS**

AIF placement distal to significant vasospasm does not significantly affect the quantitative CTP data in the corresponding vascular territory or any other vascular territory in patients with aSAH. Therefore, vasospasm status should not necessarily influence the selection of the AIF location in either the ACA or MCA segments. This information may be helpful in selecting an AIF location in patients with challenging aSAH with diffuse vasospasm and streak artifacts from aneurysm repair or motion.

**DISCLOSURES:** Benjamin J. Shin—UNRELATED: Stock/Stock Options: I own stock in Amazon, Activision, Disney, Intel, and Verizon (all unrelated). Sandra Hurtado-Rúa—RELATED: Grant: National Center for Advancing Translational Sciences (NCATS) grant ULI-RR024996. Comments: This project was supported in part by funds from the Clinical Translational Science Center (CTSC) and NCATS, grant ULI-RR024996. Ranita Campbell—RELATED: Other: Summer Internship Program. Comments: This project was supported in part by funds from the CTSC and NCATS, grant ULI-RR024996. Thomas Caruso—RELATED: Fees for Participation in Review Activities, Such as Data Monitoring Boards, Statistical Analysis, Endpoint Committees, and the Like: Weill Cornell Medical College. Comments: Weill Cornell Medical College paid me a salary that was in return for my input in collecting data for the research stage of the manuscript. Christopher Robinson—UNRELATED: Grants/Grants Pending: Medical Scientist Training Program grant. Comments: NINDS NIH grant. *Money paid to the institution.

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