REVIEW

Towards Modeling Anhedonia and Its Treatment in Zebrafish

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Abstract

Mood disorders, especially depression, are a major cause of human disability. The loss of pleasure (anhedonia) is a common, severely debilitating symptom of clinical depression. Experimental animal models are widely used to better understand depression pathogenesis and to develop novel antidepressant therapies. In rodents, various experimental models of anhedonia have already been developed and extensively validated. Complementing rodent studies, the zebrafish (Danio rerio) is emerging as a powerful model organism to assess pathobiological mechanisms of affective disorders, including depression. Here, we critically discuss the potential of zebrafish for modeling anhedonia and studying its molecular mechanisms and translational implications.

Keywords: Anhedonia, animal models, antidepressant, behavior, zebrafish
Introduction: Anhedonia and Its Experimental Models

Affective disorders, especially depression, are a major cause of human disability (Steel et al., 2014). While the ability to experience pleasure and interest are essential for human well-being (Berridge and Kringelbach, 2015), the loss of pleasure (anhedonia) represents a common, severely debilitating clinical symptom of depression (Cooper et al., 2018; De Fruyt et al., 2020). Anhedonia is also highly comorbid with other prevalent psychiatric and neurological disorders, including schizophrenia (Gard et al., 2007), chronic pain (Garland et al., 2020), and Parkinson’s disease (Loas et al., 2012). In humans, anhedonia manifests as losing interest in reward and activities and spending less time experiencing and pursuing pleasure (American Psychiatric Association, 2013) (Table 1; Figure 1). Deficits in specific neuroanatomical areas (e.g., the prefrontal cortex, dorsal striatum, nucleus accumbens, and amygdala) (Rizvi et al., 2016; Auerbach et al., 2017) and neurotransmitter systems (e.g., dopamine, serotonin, opioids, glutamate, and gamma-aminobutyric acid [GABA]) have been consistently implicated in clinical anhedonia (Barbano and Cador, 2007; van Zessen et al., 2012).

Experimental animal models, especially based on rodents, are commonly used to study various aspects of anhedonia (Anisman and Matheson, 2005; Scheggi et al., 2018a). For example, rodent anhedonia-like states can be induced experimentally by unpredictable chronic stress (UCS), social defeat stress, and early-life stress (Anisman and Matheson, 2005; Scheggi et al., 2018a), often being comorbid with anxiety- and depression-like behavior, including behavioral “despair” (Brockhurst et al., 2015; Olejniczak et al., 2021), motor retardation (hypolocomotion), and social withdrawal (various social deficits) (Frenois et al., 2007; Wilson and Koenig, 2014).

As various experimental manipulations can cause anhedonia-like phenotypes in animals, there are also reliable paradigms to detect and quantify these phenotypes (Table 2). Specifically, rodent anhedonia-like states are traditionally assessed in the sucrose preference test (SP; behavioral test based on the animal's natural preference for sweet vs neutral tastes), conditioned place preference test (CPP; a behavioral paradigm used to study rewarding or aversive properties), and social interaction test (a behavioral assay measuring time spent on social investigation, reflecting the animal’s sociability) (Cunningham et al., 2006; Scheggi et al., 2018a). For instance, mice exposed to UCS or repeated social defeat display reduced SP (Strekalova et al., 2004) and social interaction (García-Pardo et al., 2015), whereas rats in the CPP model prefer reward (e.g., amphetamine)-associated compartment, but not when exposed to UCS (Papp et al., 1991). Likewise, acute or chronic administration of phencyclidine, a non-competitive glutamate N-methyl-D-aspartate receptor antagonist, induces a robust social withdrawal phenotype (Snigdha and Neill, 2008) that can be quantified using rodent social preference and social interaction paradigms (Wilson and Koenig, 2014).

Animal experimental models also emerge as a valuable tool to assess pharmacological rescue of anhedonia (Table 3), as chronic antidepressants relieve rodent anhedonia-like behaviors (Papp et al., 2003; Tsankova et al., 2006). For instance, following chronic stress exposure, vortioxetine, an antidepressant agonist of serotonin 5-HT1A receptors, reduces rat anhedonia (Martis et al., 2021), whereas agomelatine, an antidepressant MT1/MT2 melatonin receptor agonist and 5-HT2C serotonin receptor antagonist, rescues mouse anhedonia (Bouille et al., 2014). Likewise,

Table 1. Summary of Key Anhedonic-related/like Phenotypes in Humans, Rodents, and Zebrafish

| Phenotype                              | Humans                           | Rodents                          | Zebrafish                      |
|---------------------------------------|----------------------------------|----------------------------------|--------------------------------|
| Reduced interest in activities and in time spent on activities and experiencing pleasure | Reduced reward behavior (e.g., in CPP tests) | Reduced reward behavior (e.g., in CPP tests) | Reduced reward behavior (e.g., in CPP tests) |
| Loss of appetite                       | Loss of food preference (e.g., in CPP, hypophagia) | Loss of food preference (e.g., in CPP, hypophagia) | Loss of food preference (e.g., in CPP, hypophagia) |
| Social withdrawal                      | Social deficits (reduced social interaction, low social hierarchy) | Social deficits (reduced social interaction, low social hierarchy) | Social deficits (reduced social interaction, low social hierarchy) |
| Lethargy, hypoactivity (motor retardation), loss of energy | Hypoactivity (motor retardation) | Hypoactivity (motor retardation) | Hypoactivity (motor retardation) |
| Reduced ultrasonic vocalizations       | Reduced ultrasonic vocalizations | Reduced ultrasonic vocalizations | Reduced ultrasonic vocalizations |
| Reduced sensory abilities (e.g., hearing loss) | Reduced sensory abilities (e.g., hearing loss) | Reduced sensory abilities (e.g., hearing loss) | Reduced sensory abilities (e.g., hearing loss) |
| Reduced ability to learn from reward   | Sensitivity of anhedonia-like phenotypes to antidepressants | Sensitivity of anhedonia-like phenotypes to antidepressants | Sensitivity of anhedonia-like phenotypes to antidepressants |

Abbreviation: CPP, conditioned place preference.
a 24-hour treatment with ketamine, a non-selective N-methyl-D-aspartate receptor antagonist, causes an antidepressant-like effect in the UCS model and corrects rat anhedonia in the SP test (Jiang et al., 2017).

Anhedonia-like phenotypes can also be induced by various genetic manipulations (Pucilowski et al., 1993; Cinque et al., 2012; Lipina et al., 2013). For example, chronic 4-week UCS decreases SP in the hypercholinergic Flinders Sensitive Line rats, a putative genetic animal model of depression, vs more "resilient" Flinders Resistant Line rats (Pucilowski et al., 1993). The Wistar Kyoto rats (originally bred as normotensive controls for the spontaneous hypertensive "SHR" rat line) are genetically prone to depression and also display reduced SP (Wright et al., 2020), whereas juvenile μ-opioid receptor knockout mice show anhedonia-like low interest in peers and socially rewarding environments (Cinque et al., 2012). The disrupted-in-schizophrenia-1 (Disc1-Q31L) mutant mice also exhibit depression-like behavior, reduced levels of monoamines in the nucleus accumbens, and overt social anhedonia (Lipina et al., 2013). Moreover, various environmental manipulations can also be used to induce anhedonia-like phenotypes in rodents (Ashkenazy et al., 2009). For instance, lengthening the light phase from a 12:-12-hour to a 22:-2-hour-light/-dark cycle induces a complex behavioral syndrome in C3H mice that includes anhedonia in the SP test (Becker et al., 2010). The loss of environmental enrichment (e.g., keeping animals in cages with crinkle paper, metal ladders, and plastic huts) can also elicit an anhedonia-like behavior in female rats (Morano et al., 2019).

**Zebrafish Models Relevant to Anhedonia**

Complementing rodent models, the zebrafish (Danio rerio) has become a valuable model organism to study central nervous system (CNS) pathogenesis (Meshalkina et al., 2017; Fontana et al., 2018), including affective disorders (de Abreu et al., 2018; Demin et al., 2020a). For example, various aquatic models of chronic stress (Marcon et al., 2016; Song et al., 2018; Demin et al., 2020b), social defeat (Nakajo et al., 2020), and early-life stress (Fontana et al., 2020; Fontana et al., 2021a; Hare et al., 2021) have recently been developed and successfully validated in zebrafish. Can these fish display a broader spectrum of evolutionarily conserved CNS traits and, for example, similarly to mammals, develop anhedonia-like phenotypes? Mounting evidence discussed further (Table 4) suggests potential relevance of zebrafish to modeling anhedonia. Here, we critically evaluate the developing utility of zebrafish models of anhedonia in terms of mechanisms and uses to investigate novel therapies for anhedonia alongside their translational implications.

Notably, while rodent models are presently widely used in translational neuroscience and neuropharmacology research, they are relatively time-consuming, expensive, and low-throughput (Nguyen et al., 2014b). Thus, developing complementary model systems is a critically important strategy to further advance the field. In rodents and humans, stress-induced anhedonia is associated with hypertrophy of medium spiny neurons of the nucleus accumbens, modulation of various...
neurotrophins, cell adhesion molecules, and synaptic proteins (Willner 2005; Bessa et al., 2009; Christoffel et al., 2011). Importantly, the nucleus accumbens is part of a complex network (receiving glutamatergic, monoaminergic, and cholinergic afferents) (Bessa et al., 2013) involved in motivation, reward, and reward-seeking behavior (Gold 2015). In teleost fishes, including zebrafish, a putative homolog of the mammalian nucleus accumbens is the ventral and dorsal telencephalic nuclei, which are rich in GABA (Kim et al., 2004) and dopamine receptors (O’Connell et al., 2011) and receive ascending dopaminergic inputs from the putative ventral tegmental area-like homolog (Rink and Wullimann, 2002; Panula et al., 2010). Zebrafish also share with mammals all major neurochemical (e.g., dopaminergic, serotonergic, and cholinergic) pathways (Rink and Wullimann, 2002; Filippi et al., 2010; Parker et al., 2013a) that are implicated in anhedonia pathogenesis.

In general, several models and tests can be directly pertinent to studying anhedonia in zebrafish. One logical approach is to focus on reward-seeking behaviors, aiming to develop assays that characterize deficits in such responses in zebrafish. Indeed, as these fish display a rich behavioral repertoire with a wide range of reward-related behaviors (Kalouff et al., 2013), reduced reward-seeking behavior can be readily assessed in zebrafish by quantifying their impaired reward-like behavior in CPP and hypophagia models (Collier and Echevarria, 2013; Nguyen et al., 2014a). In both adult and larvae zebrafish, CPP models assess reward-like phenomena (Mathur and Guo, 2010; Mathur et al., 2011; Hinza et al., 2013; Collier et al., 2014; Braida et al., 2020), hence reflecting their potential to characterize experimentally induced anhedonia-like states as well. Zebrafish do develop CPP towards a wide range of reward stimuli, including food, warm temperature (Rey et al., 2015), and various drugs, such as morphine, diazepam, fluoxetine, risperidone, and buspirone (Lau et al., 2011; Abreu et al., 2016). For example, in the CPP test, zebrafish prefer salvinorin A, a hallucinogenic drug, and morphine, over drug-free compartment (Braida et al., 2007; Mathur et al., 2011). However, preference for some rewards is abolished in anosmic zebrafish (Abreu et al., 2016, 2017), resembling smell loss-induced anhedonia in humans (Keller and Malaspina, 2013).

Social motivation is another powerful drive of human and animal behavior, whose loss can generally trigger anhedonia (Chevallier et al., 2012; Fontana et al., 2021a) (Figure 1). In fact, social anhedonia is one of the most common and debilitating types of anhedonia seen in clinical depression (Enneking et al., 2019). Importantly, like humans, zebrafish are highly social species (Suriyampola et al., 2016; Fontana et al., 2021a) and are therefore uniquely positioned to generate valuable translational insights into aberrant sociality linked to social anhedonia. Furthermore, multiple behavioral tests have been developed to assess zebrafish social phenotypes (Pham et al., 2012; Ogi et al., 2021) and are therefore highly relevant to measuring their social anhedonia as well. For example, the shoaling test examines group cohesion (e.g., shoal area and an average inter-fish distance) (Miller and Gerlai, 2007; Parker et al., 2013; Gerlai 2014; Carreno Gutierrez et al., 2019), whereas the aquatic social preference test assesses the number of approaches and time spent near a conspecific (Gerlai et al., 2000; Norton et al., 2019). In contrast, exposure to acute and chronic stress decreases social interaction in adult zebrafish, manifested as shorter time near conspecifics in the social preference test and shorter average inter-fish distance in the shoaling test (Giacomini et al., 2016; Demin et al., 2020).

Animal anhedonia in general is also commonly associated with decreased novelty-seeking behavior, such as novel object
| Substance | Human effects | Rodent effects | Zebrafish effects | References |
|-----------|---------------|----------------|------------------|------------|
| Agomelatine | Reduces severity of anhedonia, depression and anxiety | Reduced anxiety- depression-like behaviors | | (Gargoloff et al., 2016; Lapmanee et al., 2017) |
| Amantadine | Antidepressant effect in bipolar depression | Antidepressant-like effects in the forced swim test, chronic mild stress paradigm, and reserpine test | | (Raupp-Barcaro et al., 2018; Krzystanek and Pałasz, 2020) |
| Bupropion | Antidepressant effect with robust improvement of self-reported anhedonia | Altered social anhedonia | | (Tomarken et al., 2004; Lipina et al., 2013) |
| Flibanserin | Improved libido in depressed women | Increased sucrose intake in stressed mice | Chronic administration promotes exploration and lowers whole-body cortisol levels | (D’Aquila et al., 1997; Kennedy, 2010) |
| Fluoxetine | Improved Montgomery-Åsberg Depression Rating Scale (including anhedonia) | Increased palatable sweet solution intake in stressed mice | | (Muscat et al., 1992; Corrigan et al., 2000; Egan et al., 2009; Cachat et al., 2010) |
| Ketamine | Reduced anhedonia in depressed patients | Increased sucrose preference in rats exposed to 21-day unpredictable chronic stress | | (Li et al., 2011; Lally et al., 2014; Lally et al., 2015; Ballard et al., 2017) |
| Maprotiline | Antidepressant effects | Antidepressant effects, reversed stress-induced anhedonia | | (Li and Yan, 1989; Muscat et al., 1992) |
| Moclobemide | Antidepressant effect, reduced social phobia | Reversed stress-induced anhedonia | | (Moreau et al., 1993; Bonnet 2003) |
| Pramipexole | Antidepressant effect | Reversed stress-induced anhedonia | | (Willner et al., 1994; Corrigan et al., 2000) |
| Sertraline | Antidepressant effect, reduced anhedonia in patients with major depression | Antidepressant effects | Reversed reserpine-induced depression and cognitive deficits | (Boyer et al., 2000; Ulloa et al., 2010; Zhang et al., 2018) |
or novel environment exploration (Strekalkova et al., 2004). In zebrafish, various protocols have been developed to assess their exploration of a novel object (May et al., 2016; Gaspary et al., 2018; Magary 2019) or novel environments (Godwin et al., 2012; Stewart et al., 2012), thereby providing a potential tool to assess fish anhedonia by measuring reduced novelty-seeking. Interestingly, exploration of an unfamiliar conspecific fish (Madeira and Oliveira, 2017; Ribeiro et al., 2020) may combine both types of appetitive (social preference and novelty-seeking) behaviors, whose inhibition may potentially reflect both aspects of anhedonia in zebrafish and can conveniently be simultaneously assessed in one aquatic “combined” test. Reduction in other appetitive behaviors, such as sexual interaction (Spence and Smith, 2006), palatable food consumption (Lau et al., 2006), preference for warm temperature (Rey et al., 2015), and social status (Dahlbom et al., 2011), can all potentially reflect anhedonia-like states in zebrafish, therefore warranting further studies.

Various novel genetic models of zebrafish anhedonia can also be interesting to develop. For example, the “too few” zebrafish mutation reduces selective groups of dopaminergic and serotonergic neurons in the basal diencephalon and generates normal food preference but no preference for morphine (Lau et al., 2006). In contrast, pretreatment with dopamine receptor antagonists abolishes morphine preference in the wild-type fish, suggesting that preference for natural reward and addictive drug in zebrafish can be dissociable by a single-gene mutation that alters subregions of brain monoamine neurotransmitter systems (Lau et al., 2006). As such, genetic models with impaired reward in zebrafish (e.g., similar to the “too few” mutation) can be developed with potential relevance to mimicking anhedonia in this species.

Pharmacological Models of Anhedonia: From Rodents to Zebrafish?

Multiple pharmacological manipulations are used to treat depression pathogenesis (Table 3) and may therefore alleviate clinical anhedonia as part of their therapeutic profile (Cao et al., 2019). Paralleling clinical data, antidepressants fluoroxetine and imipramine, as well as typical and atypical antipsychotic drugs, reverse stress-induced neurochemical alterations and reduce rodent anhedonia; whereas haloperidol prevents anhedonia when administered before (but not after) stress (Orsetti et al., 2006). In zebrafish, several anxiolytic, antipsychotic, and antidepressant drugs have also been tested following acute and chronic stress exposure (Demin et al., 2020a). Zebrafish chronically treated with fluoxetine, bromazepam, or norryptiline display blunted behavioral and endocrine (e.g., whole-body cortisol levels) responses to UCS (Marcon et al., 2016; Song et al., 2018). However, putative, more specific roles of anxiolytic, antipsychotic, and antidepressant drugs in zebrafish anhedonia-like phenotypes merit further scrutiny.

Promises, Problems, and Limitations of Zebrafish Models of Anhedonia

As there is an urgent need to develop novel translational animal models of anhedonia, using animals to understand human diseases must also widen the spectrum of model organisms used. Indeed, the greater number of species studied increases the behavioral repertoire that can be evaluated and may more fully mimic the observed behaviors in the human syndromes or symptoms of these disorders. In line with this, as already mentioned, zebrafish possess a generally similar brain architectonics to that of mammals (Wullimann et al., 1996), including the reward circuits and shared neurotransmitters and hormones (Panula et al., 2010) traditionally associated with anhedonia states. Moreover, zebrafish models have also been developed for several common CNS disorders with frequent anhedonic phenotypes, including depression (Fonseka et al., 2016; de Abreu...
et al., 2018) and schizophrenia, as well as for chronic stress (Demin et al., 2019; Gawel et al., 2019; Campbell and Granato, 2020; Costa et al., 2021). In addition, zebrafish also offer several clear advantages to study anhedonia and its therapy. For example, these fish have a high degree (approximately 70%) of genetic homology to humans (Howe et al., 2013), including a large number of orthologous genes of the serotoninergic, dopaminergic, opioidergic, and GABA-ergic systems (Kim et al., 2004; Panula et al., 2006; Lillesaar 2011; Demin et al., 2018) all relevant to anhedonia. At the same time, the availability of modern gene-editing tools for zebrafish remarkably surpasses that of rodents (Liu et al., 2019; Sharma et al., 2021). As such, developing innovative genetic models of anhedonia in zebrafish may be an important, feasible, and promising strategy of research in this field.

Likewise, adult and especially larval zebrafish are particularly suitable for medium- and high-throughput CNS drug screening (Stewart et al., 2015; Khan et al., 2017). As such, the possibility of testing multiple antidepressants in zebrafish models enables not only targeting anhedonia-like phenotypes as part of their broader antidepressant action, but also may help identify anhedonia-specific CNS drugs as well, hence eventually discovering drugs that can differentially correct various subtypes of anhedonic behaviors. Zebrafish also have sophisticated behavioral responses that are easily assessed using automated video-tracking systems, increasing the efficiency and speed of time-intensive manual coding (Kalueff et al., 2013), which may be helpful for extracting anhedonial-related phenotypes and fostering an in-depth investigation of pharmacological correction of anhedonia-like phenotypes. Collectively, this supports zebrafish as a promising species to explore the pathobiology of anhedonia.

Notably, as depression is often triggered by stress, and given the high sensitivity of zebrafish to chronic stress, this aquatic species may be suitable not only for modeling depression-like states in general (Marcon et al., 2016; Song et al., 2018), but anhedonia in particular, as a core symptom of depression. For example, paralleling low dopamine levels [suggested to cause anhedonia in mammals (Gorwood, 2008)], UCS evokes depression-like motor retardation and reduced brain serotonin and dopamine levels in zebrafish (Nguyen et al., 2014b; Zakaria et al., 2021). Likewise, chronic treatment of adult zebrafish with the antidepressant fluoxetine normalizes anxiety- and motor retardation-like behavioral deficits, cortisol, and pro-inflammatory cytokines induced by UCS (Song et al., 2018). However, the effect of UCS on zebrafish anhedonic-like phenotypes are unclear and necessitate further studies. The role of other factors that induce or promote mental disorders like depression (e.g., psychological traumas associated with the loss of a family member) clinically can also be hypothetically used to develop more specific models that induce stress-related (including socially mediated) anhedonic-like phenotypes in zebrafish. If successful, such findings would further support zebrafish as a potentially promising candidate aquatic model organism to probe the link between chronic stress and depression-and anhedonia-like phenotypes.

Furthermore, the characteristic sickness behavior, induced by infections and mediated by pro-inflammatory cytokines (Maier and Watkins 1998), is another pathological syndrome relevant to depression. Indeed, activated brain cytokines are associated with depression pathogenesis (Dantzer 2001), which, in turn, shares considerable phenomenological similarities with sickness behavior (Dantzer 2009; Maes et al., 2012). For example, they both share motor retardation, anorexia, weight loss, anhedonia, somatic symptoms (fatigue, hyperalgesia, and malaise), anxiety, and neurocognitive deficits (Maes et al., 2012). Similar to anhedonia, humans also exhibit decreased appetite during both illness and depression (Plata-Salamán, 1996; Simmons et al., 2016). Likewise, rodent infection and inflammation are commonly accompanied by reduced food intake (Bernstein et al., 1985; McHugh et al., 1993). For example, mimicking food anhedonia, the acute administration of endotoxin lipopolysaccharide reduces self-administration of sucrose pellets in rats (De La Garza et al., 2004). Similarly, rat sepsis model with polymicrobial abdominal infection evokes sickness behavior, fever and anhedonia-like low activity/energy (lethargy), SF, and body weight loss (Pereira de Souza Goldim et al., 2020).

Strikingly parallelizing rodent findings, sickness behavior can be induced in adult zebrafish by formalin-inactivated bacteria, reducing fish locomotor activity (motor retardation), social preference (social anhedonia), and exploration of a novel object (reduced novelty-seeking behavior) in addition to upregulating brain expression of pro-inflammatory cytokines (e.g., interleukins (IL)-1, IL-6, and tumor necrosis factor-α) (Kirsten et al., 2018). In line with this, pharmacological therapies can revert some of these deficits in various animal models (Yirmiya, 1996; Yirmiya et al., 2001; Sammut et al., 2002; Merali et al., 2003). For example, chronic treatment with a tricyclic antidepressant, imipramine, or fluoxetine abolishes reduced rat SF produced by acute lipopolysaccharide (Yirmiya, 1996; Yirmiya et al., 2001), interferon-α (Sammut et al., 2002), or IL-1β (Merali et al., 2003).

Anhedonia can be conceptually modeled in animals as reduced reward in multiple ways, from targeting simpler cognitions (e.g., reward valuation assessed by delay or effort) and reward responsiveness (e.g., anticipation, initial response to it, its satiation) to recapitulating more complex cognitive processes, such as learning from the reward (e.g., by assessing probabilistic and reinforcement learning or reward prediction errors) (Schenegli et al., 2018a). Thus, zebrafish models based on reduced reward anticipation or impaired reinforcement learning may also be a promising avenue of translational research modeling anhedonia across taxa.

At the same time, zebrafish models also have some clear limitations in terms of their translatability into human anhedonia, especially given certain differences from mammals in brain neuroanatomy (Parker et al., 2013b). For example, the cortex plays an important role in mammalian reward circuits (Haber and Knutson, 2010) in addition to the nucleus accumbens, ventral pallidum, and orbitofrontal cortex (OFC) (Der-Avakian and Markou, 2012). The OFC and ventral striatum receive inputs from sensory cortices and calculate the reward values, while the OFC projects reward value information to the rostral anterior cingulate cortex projecting to the prefrontal cortex. The latter has bidirectional connections with multiple areas, including the dorsal raphe, ventral temporal area, and locus coeruleus, which play an important role in adaptive responses to reward and decision-making (Der-Avakian and Markou, 2012). However, since zebrafish lack a cortex (Parker et al., 2013b), they may not be appropriate models to study various aspects of cortically driven modulation of anhedonia.

Moreover, the small body size (Lakstygal et al., 2018) of zebrafish not only complicates their videorecording but also the development of operant and/or touchscreen-based assays for studying CPP deficits relevant to modeling anhedonia. The small size of zebrafish brain also complicates the development of intracranial self-stimulation protocols, commonly used to study anhedonia in rodents (Schenegli et al., 2018a), as well as real-time analyses of neurochemical markers in specific brain regions (Jones et al., 2015).

Inadequate maternal behavior is an important factor in triggering anhedonia in both humans (Widom et al., 2007) and...
A common model to induce depression-like anhedonia phenotypes based on maternal influences. Likewise, social defeat is used to develop translationally relevant models of anhedonia-like behavior as adults (Lavi-Avnon et al., 2005). However, maternal behavior is absent in some fishes, including zebrafish (Perrone Jr and Zaret, 1979), and therefore cannot be used to develop translationally relevant models of anhedonia based on maternal influences. Likewise, social defeat is a common model to induce depression-like anhedonia phenotypes in rodents (Holli and Kabbaj, 2014; Riga et al., 2015) but is less straightforward in zebrafish, whose repeated social defeat (e.g., by social subordination for 6 days) reduces the motivation to fight, likely representing a more specific and distinct social subtype of anhedonia (Nakajo et al., 2020).

Although anhedonia is commonly found in patients with chronic pain (Garland et al., 2020), and zebrafish present robust models to study pain (Costa et al., 2021), their potential to evoke anhedonia is unclear (Table 4). In addition, robust sex differences are also reported in anhedonia, as men score higher on physical anhedonia and social anhedonia scales (Miettunen and Jääskeläinen, 2010) and display greater anhedonic depression than women (Langvik et al., 2016). Likewise, female mice display longer latency to eat in the novelty-suppressed feeding test (Paden et al., 2020). Although robust sex differences are also noted for zebrafish behaviors (e.g., UCS increases aggression in males, but not in females (Rambo et al., 2017)), the role of sex in zebrafish anhedonia-like phenotypes remains unclear (Table 4) and warrants further studies.

Modeling zebrafish anhedonia also meets some translational challenges. For example, it is difficult to measure in fish several key clinical symptoms of anhedonia, such as negative feelings and reduced emotional verbal or nonverbal expressions. In addition, anhedonia is a highly heterogeneous phenotype, and in depressed patients it may differ from that in schizophrenic patients (Culig and Belzung, 2016). For example, the latter may be characterized by a disorganization, rather than a deficiency, in reward processing and cognitive function, including inappropriate energy expenditure and focus on irrelevant cues. In contrast, depressed patients display deficits in anticipatory pleasure, development of reward associations, and integration of information from past experience (Lambert et al., 2018).

Thus, the possibility to distinguish between different types of experimental anhedonia in animals, including both rodents and zebrafish, is yet to be established. Likewise, animal models cannot assess some other anhedonia-related feelings (e.g., sadness, guilt, or suicidal thoughts), as such symptoms are limited to humans (Nestler and Hyman, 2010). Thus, modeling some subtypes of anhedonia (e.g., sadness-related anhedonia) in animals may be problematic.

Nevertheless, it is possible to model some other related anhedonia-like phenotypes (e.g., pessimistic bias), as telomerase-deficient zebrafish display more negative judgments in response to ambiguous stimuli than wild-type zebrafish (Espigares et al., 2021). Some other important conceptual questions remain in regard to animal anhedonia models in general, including zebrafish anhedonia (Table 4). For example, is animals’ behavior anhedonic-like because they are “depressed,” or, alternatively, does depression emerge first and then may induce anhedonia-like states? These possibilities must clearly be considered when planning experimental protocols to study complex dynamics of anhedonia pathogenesis in zebrafish and other species.

Despite these challenges, mounting evidence summarized here indicates several key characteristics—the presence of selected anhedonia-related behaviors in zebrafish and the availability of sensitive behavioral tests capable of assessing these anhedonic phenotypes—that, together with the growing number of experimental models evoking anhedonia-like states, support the zebrafish as a promising experimental model to probe the pathobiology of anhedonia. However, as many questions regarding anhedonia in zebrafish remain open (Table 4), further studies are needed to better understand the pathobiology of zebrafish anhedonia-like states as well as to develop novel therapies to correct these phenotypes in zebrafish-based screens. Overall, all advantages of zebrafish models discussed here make this animal a valuable and unique species to study anhedonia pathobiology.

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**Interest Statement**

The authors declare no conflict of interest, financial or otherwise.

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