Micrometeorological simulations to predict the impacts of heat mitigation strategies on pedestrian thermal comfort in a Los Angeles neighborhood

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Abstract

The urban heat island impacts the thermal comfort of pedestrians in cities. In this paper, the effects of four heat mitigation strategies on micrometeorology and the thermal comfort of pedestrians were simulated for a neighborhood in eastern Los Angeles County. The strategies investigated include solar reflective ‘cool roofs’, vegetative ‘green roofs’, solar reflective ‘cool pavements’, and increased street-level trees. A series of micrometeorological simulations for an extreme heat day were carried out assuming widespread adoption of each mitigation strategy. Comparing each simulation to the control simulation assuming current land cover for the neighborhood showed that additional street-trees and cool pavements reduced 1.5 m air temperature, while cool and green roofs mostly provided cooling at heights above pedestrian level. However, cool pavements increased reflected sunlight from the ground to pedestrians at a set of unshaded receptor locations. This reflected radiation intensified the mean radiant temperature and consequently increased physiological equivalent temperature (PET) by 2.2 °C during the day, reducing the thermal comfort of pedestrians. At another set of receptor locations that were on average 5 m from roadways and underneath preexisting tree cover, cool pavements caused significant reductions in surface air temperatures and small changes in mean radiant temperature during the day, leading to decreases in PET of 1.1 °C, and consequent improvements in thermal comfort. For improving thermal comfort of pedestrians during the afternoon in unshaded locations, adding street trees was found to be the most effective strategy. However, afternoon thermal comfort improvements in already shaded locations adjacent to streets were most significant for cool pavements. Green and cool roofs showed the lowest impact on the thermal comfort of pedestrians since they modify the energy balance at roof level, above the height of pedestrians.

1. Introduction

Urban areas contain about half the world’s population, and 80% of the US population [1]. Cities generally have higher air temperatures than their surroundings, a phenomenon known as the urban heat island effect (UHI) [2, 3]. This occurs mainly because of the replacement of natural elements such as vegetation by man-made structures and surfaces that absorb and retain sunlight. These man-made materials, such as asphalt pavements and concrete buildings, absorb and store heat from the Sun due to their optical and thermal properties. They are also largely impervious to moisture and hence reduce the potential for evaporative cooling as compared to the natural surroundings. Heat also gets trapped in urban areas because of the canyon-like morphology of buildings and streets. Decreased coverage of vegetation in urban areas leads to air temperature increases from reductions in (a) ‘ evaporative cooling’ via evapotranspiration, and (b)
shading of surfaces [4–6]. The heat island effect is further amplified by the emission of waste heat from energy consuming activities in cities [7–9]. UHIs can increase building energy use [10], and also affect human health and thermal comfort in urban spaces where pedestrians have no access to air conditioning systems, and consequently are prone to heat related illnesses. These illnesses range from heat edema and heat rash to heat stroke associated with neurologic dysfunction when body temperature is greater than 40.6 °C [11].

Several past studies have investigated the impacts of heat mitigation strategies on the UHI in different climates. The most common strategies are solar reflective ‘cool roofs’, vegetative ‘green roofs’, solar reflective ‘cool pavements’, and increased street-level urban vegetation [12, 13]. Cool roofs and pavements reduce urban temperatures by decreasing the fraction of incoming sunlight that is absorbed and consequently transferred to the atmosphere. Green roofs and urban vegetation reduce urban temperatures by increasing evaporative heat fluxes while decreasing sensible heating. Urban vegetation can also provide shading to urban surfaces, buildings, and pedestrians. Most past studies on the impacts of heat mitigation strategies have generally investigated the mesoscale meteorological consequences of hypothetical city-wide deployments of these strategies using numerical weather prediction models [14–28]. Few studies have investigated heat mitigation strategies at the microclimate (neighborhood) scale using numerical simulations [29–34].

In a comprehensive review study, Santamouris [35] showed that city-wide urban albedo increases are associated with mean reductions in ambient air temperature of about 0.3 K per 0.1 increase in the urban albedo. Corresponding decreases in daily peak ambient temperatures are about 0.9 K per 0.1 urban albedo increase. Cool roofs in particular were reported to decrease ambient temperatures between 0.1 and 0.33 K per 0.1 increase in roof albedo. City-wide deployment of green roofs, on the other hand, was estimated to decrease ambient temperatures by 0.3 to 3 K. In another study, Millstein and Menon [36] performed simulations to predict the climate impacts of modifying urban surface albedo in cities around the United States. They found that air temperatures in urban locations around the US were reduced by 0.11–0.53 °C and 0.05–0.41 °C during summer and winter, respectively. In another study focusing on central and southern California, Taha [37] simulated 1–2 °C reductions in peak urban air temperatures after increasing surface albedo and implementing urban reforestation across the city.

Heat mitigation studies generally focus on changes to urban air temperature. However, air temperature is only one of the factors that influences human thermal comfort. Several studies have shown that outdoor thermal comfort is better associated with mean radiant temperature than air temperature [38–40]. Mean radiant temperature sums the shortwave and longwave radiation fluxes to which a body is exposed, and therefore is an important metric related to the energy balance of the human body and human thermal comfort [41, 42]. It is defined as the ‘uniform temperature of an imaginary enclosure in which the radiant heat transfer from the human body is equal to the radiant heat transfer in the actual non-uniform enclosure’ [43]. Heat mitigation strategies can alter both radiative fluxes (that can be absorbed by pedestrians) and air temperature. As an example, trees in urban spaces block the Sun and thus reduce mean radiant temperature in street canyons while also reducing air temperature by increasing evapotranspiration. The influence of vegetation on thermal comfort has been studied on different scales ranging from single trees to urban parks [32, 44–47].

At the scale of single trees, Lin and Lin [47] measured air and surface temperature under ten different tree types in Taipei City. They showed that air temperatures under the tree canopies were 0.6 to 2.5 °C cooler than a nearby unshaded open space, while surface-soil temperatures were 3.3 to 8.1 °C lower. At the park scale, Spronken-Smith and Oke [44] found that the cooling influence of parks in a hot climate (Sacramento, California) was 2 °C larger than in a cold climate (Vancouver, Canada). Another class of heat mitigation strategies that influence both radiative fluxes and air temperature is solar reflective materials such as cool roofs and pavements. These cool materials have lower surface temperatures and thus transfer less heat to the air, but also increase reflected sunlight. The influence of reflective materials on air temperature has been investigated in past work [19, 23–28, 35, 48–51], but to our knowledge only one study has investigated the impacts of cool surfaces on pedestrian thermal comfort [23]: they investigate heat mitigation at the mesoscale, and so may leave out important complexities that occur at the microscale that influence thermal comfort.

In this study, we investigate the influence of different heat mitigation strategies on the microclimate of El Monte, California, located in eastern Los Angeles County (34.073 °N, 118.028 °W). The heat mitigation strategies of focus are cool roofs, cool pavements, street-level trees, and vegetative roofs. The impacts of these heat mitigation strategies on the thermal comfort of pedestrians is quantified. We implement a high resolution micrometeorological model that is capable of resolving individual buildings and the complex mixing phenomena that occurs as a result of buoyancy effects resulting from differential solar heating of roofs, exterior walls, and ground-level surfaces. Simulating the impacts of heat mitigation strategies at this scale allows for better characterizing their impact on the thermal comfort of pedestrians in urban spaces and streets. This study builds on previous work that has investigated the influence of heat mitigation strategies using mesoscale climate models. These models do
not resolve some important complexities of urban environments due to their relatively low spatial resolution (typically ~1 × 1 km or coarser).

2. Methods

2.1. Microclimatological model

This research employs a computational fluid dynamics (CFD) model known as ENVI-met, which was initially developed in the late 1990s at the Institute for Geography in Ruhr-University, Germany [52] and is still undergoing refinements and extensions to its capabilities. ENVI-met has been validated in numerous studies for its ability to replicate thermal environmental conditions at the neighborhood scale (see the Supplementary Materials for a summary of such studies).

The main atmospheric prognostic variables in ENVI-met are turbulence, wind flow, temperature, and humidity. Turbulent air flow is modeled in three dimensions using the non-hydrostatic incompressible Navier–Stokes equations with density removed using the Boussinesq approximation. The inflow profile at the boundary comes from a one-dimensional reference model, and the lateral and outflow boundary conditions for wind use a zero-gradient Neumann condition. The boundaries of all solid surfaces use the no-slip condition.

Three-dimensional air temperature and specific humidity is described using the combined advection-diffusion equation with internal sources and sinks. Surface temperatures for building surfaces and the ground are used as physical boundary conditions. Boundary conditions at the domain edges use a zero-gradient Neumann condition. Turbulence is simulated using a 1.5 order turbulence closure model. This model is based on Mellor and Yamada [53], but adds local turbulence (E) and its dissipation rate (ε) as two additional prognostic variables [54, 55].

Ground surface temperatures are computed using the energy balance equation as

\[ 0 = R_{sw,net} + R_{lw,net} - C_p \rho \beta h_w - \rho L \cdot J_v - G \]  

where \( R_{sw,net} \) and \( R_{lw,net} \) are the net radiative fluxes of shortwave and longwave energy, \( h_w \) and \( J_v \) are turbulent fluxes for heat and vapor, \( C_p \) and \( \rho \) are the specific heat and density of air, \( L \) is the latent heat of vaporization, and \( G \) is the soil heat flux. For building surface temperatures, heat transmission through the roof and wall replace \( G \). Radiative fluxes are altered by buildings and plants using flux reduction coefficients [56] for both direct and diffuse radiation, and the influence of local obstructions are parameterized using sky view factors derived from a ray-tracing module. In equation (1), \( R_{sw,net} \) is calculated as

\[ R_{sw,net} = (R_{sw,dir} \cos \beta + R_{sw,diff})(1 - a_s) \]  

where \( \beta \) is the incidence angle of downward shortwave radiation, \( a_s \) is the albedo of the surface, and \( R_{sw,dir} \) and \( R_{sw,diff} \) are the direct and diffuse components of shortwave radiation at the surface.

The longwave budget \( (R_{lw,net}) \) is split into two parts corresponding to a fraction that is unshielded by buildings \( (R_{lw,net}^{as}) \) and a fraction shielded by buildings \( (R_{lw,net}^{ss}) \) as

\[ R_{lw,net} = \sigma_{svf} R_{lw,net}^{as} (T_0) + (1 - \sigma_{svf}) \sigma_{svf} R_{lw,net}^{ss} \]  

where \( \sigma_{svf} \) is the sky view factor, which weights the energy budget terms for the shielded and unshielded parts, and \( T_0 \) is the ground surface temperature. The exchange of radiation between the ground and vegetation, and ground and buildings, is further described in [57].

A 14-layer soil model computes the distribution of temperature and soil moisture content. The soil heat flux is calculated from equation (4) based on the ground surface temperature and the temperature of the boundary under the first soil layer \( (T_1) \) as,

\[ G = \lambda_s \frac{T_0 - T_1}{0.5 \Delta z} \]  

where \( \lambda_s \) and \( \Delta z \) are the heat conductivity and thickness of the first soil layer.

For buildings, \( G \) is replaced by \( Q_{sw} \) and calculated as

\[ Q_{sw} = k(T_w - T_{as}) \]  

where \( k \) is the wall’s heat transmission coefficient, \( T_w \) is temperature of the wall, and \( T_{as} \) is the air temperature inside the building.

The vegetation model in ENVI-met is extensively explained in section 4 of [52] and accounts for turbulent fluxes of heat and vapor, leaf stomatal resistance, the energy balance of the leaf, and water balance of the plant/soil system.

Simulations in this study were performed for a hot summer day during a heat wave, July 30th, 2014 (table 1). Corresponding initial conditions for the control simulation are shown in table 1. The horizontal resolution of the model grid is 3 m, and the vertical
resolution is 1 m at the surface. A telescoping grid in the vertical is used with layer thickness increasing with height. In some situations this can limit vertical resolution at rooftop level, which may adversely impact the ability of the model to resolve rooftop mitigation strategies.

2.2. Study domain
This study focuses on a neighborhood in El Monte, California, located in eastern Los Angeles County on the west coast of the United States. El Monte has a Mediterranean climate based on the Köppen-Geiger climate classification [58], and is influenced by the Pacific Ocean, which is 53 km to the west (figure 1). The average daily maximum air temperature in August is 31 °C (88 °F), and average daily minimum air temperature in January is 7 °C (45 °F) [59]. As of the 2010 Census, El Monte had an average income of $39,535. This is in contrast to a national average of $50,502 [60]. Hence, El Monte represents a neighborhood with a particularly vulnerable population. The neighborhood of focus, which covers 450 × 650 m, was chosen as generally representative of a residential area in El Monte. Land cover characteristics including geometries and distributions of buildings, vegetative cover, and pavements, were developed manually for the neighborhood under investigation using Google Earth and used as inputs to ENVI-met.

2.3. Scenarios
A total of five scenarios were simulated, each assuming different land cover in the neighborhood. The control (CO) scenario was simulated assuming current land cover, determined using Google Earth imagery (figure 1). Most buildings in this neighborhood were observed to be detached residential homes with two stories, and back yard and front yard gardens largely covered with grass and some trees. The roads are made of asphalt concrete and the sidewalks of cement concrete. Other surface physical characteristics and soil data are presented in tables 1s and 2s in supplementary material. The control simulation was evaluated by comparing simulated results to the nearest weather station, located at the El Monte airport [59]. Measured versus simulated surface air temperatures show a coefficient of determination of 0.91 (see the supplementary material for more detail). A series of perturbation scenarios were simulated to investigate the impacts of heat mitigation strategies on micro-meteorology and thermal comfort (table 2).

In the green roof (GR) scenario, each roof was assumed to be covered with grass. We note here that not all residential roofs have the structural integrity to house a green roof. Nevertheless, our aim is to predict the maximum possible impact of these heat mitigation strategies and thus we assume hypothetically that all roofs could house green roofs. In the cool roof (CR) scenario, the albedo of all roofs was increased from 0.1 to 0.4. Cool roofing products (e.g. shingles or tiles) for residential

Table 2. Description of simulations.

| Acronyms | Perturbation scenarios | Details |
|----------|------------------------|---------|
| CO       | Control                | Represents current land cover characteristics |
| GR       | Green roofs            | Same as Control but rooftops were covered with grass. |
| CR       | Cool roofs             | Same as Control but albedo of roofs were increased by 0.3 (from 0.1 to 0.4) |
| TA       | Trees added            | Same as Control but additional street trees were added in open grassy spaces adjacent to sidewalks and in front and backyards |
| CP       | Cool pavement          | Same as Control but the albedo of asphalt concrete pavements were increased by 0.3 (from 0.2 to 0.5). |

Figure 1. The neighborhood of focus in El Monte, California, located in eastern Los Angeles County. Red circles show unshaded and yellow circles show shaded receptor locations for the calculation of thermal comfort. Unshaded receptors are over asphalt pavements, whereas shaded receptors are on average 5 m away from roadways. For the most part, trees do not cover roadways in this domain.
homes with pitched roofs are currently available in the marketplace with ‘aged’ [61] albedos of 0.4 [62]. These materials are designed to maximize reflectivity in the near-infrared part of the solar spectrum, allowing for high albedo roofs that appear relatively dark in color. In the third perturbation scenario (TA), trees were added to open grassy spaces in front yards adjacent to sidewalks (in addition to current vegetation and trees). For the cool pavement scenario (CP), the albedo of all asphalt pavement in the domain was increased by 0.3. This represents an upper bound value for what is currently technologically achievable. Wall albedo in all simulations is assumed to be 0.2.

The impacts of the four heat mitigation strategies on meteorology and thermal comfort were investigated by comparing GR, CR, TA, and CP to the control simulation (CO). We focus on micrometeorological predictions of surface air temperature, mean radiant temperature, relative humidity, and wind speed. More details on the calculation of thermal comfort are presented in the next section.

2.4. Calculation of thermal comfort
Thermal comfort is defined as ‘that condition of mind which expresses satisfaction with the thermal environment’ [63]. There exist models to assess thermal perception of humans that mimic thermoregulatory processes of the body [39, 64]. We assess thermal comfort based on physiological equivalent temperature (PET), which is one of the most commonly used indices for outdoor thermal comfort. PET uses the Munich energy balance model for individuals (MEMI) [64], a thermo-physiological heat balance model based on the following heat balance equation:

$$ S + W + R + M + C + E_{\text{be}} + E_0 + E_{\text{sw}} = 0 $$

where $S$ is body heat storage, $W$ is physical work output, $R$ is the net radiation for the body, $M$ is the rate of metabolism (internal energy production by the body), $C$ is the flow of convective heat, $E_{\text{be}}$ represents all heat flows for heating and humidifying inspired air, $E_0$ is the flow of latent heat for evaporating water that is diffusing through the body skin (i.e. imperceptible perspiration), and $E_{\text{sw}}$ is the flow of latent heat due to evaporation of sweat.

This index considers four meteorological and two thermo-physiological parameters [65]: air temperature ($T_a$), mean radiant temperature ($T_{\text{mrt}}$), wind velocity ($v$), air relative humidity ($\text{RH}$), thermal resistance of clothing (Clo), and level of activity of humans (W).

PET simplifies the complexities of human thermal comfort to a standardized index with units of °C. The heat balance of a person with skin and core temperature equivalent to the outdoor conditions under investigation are considered, and an equivalent temperature is computed for a reference environment with 12 hPa water vapor pressure (relative humidity = 50% at 20 °C) and 0.1 m s⁻¹ air velocity [65, 66]. Table 3 shows ranges of PET with corresponding human thermal perception and grades of physiological stress.

To calculate PET we use the RayMan model [67]. This model calculates PET based on the aforementioned six parameters given for a specific time and location. Thus, pedestrian thermal comfort was computed for each scenario at a variety of receptor locations (see red and yellow circles in figure 1) in the neighborhood. Meteorological parameters are from the ENVI-met simulations. Assumed thermo-physiological parameters for a ‘normal’ pedestrian are shown in table 4. We note that computed PET is sensitive to assumed thermo-physiological parameters. Activity (a.k.a. metabolic rate) can range from 40 W m⁻² (sleeping) to 410—505 W m⁻² (wrestling) [68]. Metabolism also depends on personal attributes such as height, weight, age and gender. Clothing insulation, which affects heat exchange between the human body and surroundings, ranges from 0 for a naked person to 1.5 for a person in heavy winter clothes. Note that 1 Clo = 0.155 K m² W⁻¹ = R-value of 0.88 (United States customary units). The assumed values listed in table 4 represent a normal person walking with summer clothes in the simulated neighborhood.

| Table 3. Thermal comfort ranges for physiological equivalent temperature (PET) [65]. |
|-----------------|-----------------|-----------------|
| PET (°C)        | Thermal perception | Grade of physiological stress |
| T < 4           | Very cold        | Extreme cold stress |
| 4 < T < 8       | Cold             | Strong cold stress |
| 8 < T < 13      | Cool             | Moderate cold stress |
| 13 < T < 18     | Slightly cool    | Slightly cold stress |
| 18 < T < 23     | Comfortable      | No thermal stress |
| 23 < T < 29     | Slightly warm    | Slightly heat stress |
| 29 < T < 35     | Warm             | Moderate heat stress |
| 35 < T < 41     | Hot              | Strong heat stress |
| 41 < T          | Very Hot         | Extreme heat stress |

| Table 4. Conditions used in the simulation of thermal comfort using the RayMan model for a normal person. |
|---------------------------------|-----------------|
| Activity                        | 80 W (walking)  |
| Personal data                   | 1.75 m (height), 75 kg, 35 years old, male |
| Clothing insulation             | 0.5 Clo (summer clothes) |
| Emission coefficient of the human body | Standard value 0.97 |

3. Results and discussion

3.1. Impacts of heat mitigation strategies on air and mean radiant temperature
Air temperature ($T_a$) and mean radiant temperature ($T_{\text{mrt}}$) for the control simulation is presented in figure 2. Values are for a height of 1.5 m above the ground, close to the height of the human body core.
Surface air temperatures above asphalt pavements are higher than other parts of the domain. This is expected given the low albedo and lack of shading of pavements by trees in this domain. The lowest surface air temperatures correspond to locations underneath trees, a direct consequence of shading the surface. Similarly, $T_{\text{mrt}}$ is higher in unshaded paved areas relative to shaded areas adjacent to roadways. The maximum difference in $T_{\text{mrt}}$ for unshaded asphalt concrete roads versus shaded vegetative areas is nearly 30 °C.

Figure 2 presents differences in surface air temperature (top) and mean radiant temperature (bottom) in the control simulation at 14:00 h at a height of 1.5 m.

Surface air temperatures above asphalt pavements are higher than other parts of the domain. This is expected given the low albedo and lack of shading of pavements by trees in this domain. The lowest surface air temperatures correspond to locations underneath trees, a direct consequence of shading the surface. Similarly, $T_{\text{mrt}}$ is higher in unshaded paved areas relative to shaded areas adjacent to roadways. The maximum difference in $T_{\text{mrt}}$ for unshaded asphalt concrete roads versus shaded vegetative areas is nearly 30 °C.

Figure 3 presents differences in surface air temperature (a)–(d) and mean radiant temperature (e)–(h) for the four heat mitigation simulations versus the control simulation. Values are for afternoon at 14:00 h, when surface air temperature reaches a maximum in the control simulation. Cool pavements cause significant decreases in surface air temperature, with regions above asphalt pavements cooling up to 2 °C relative to the control simulation. Adding street level trees and cool roofs also reduces surface air temperature, but to a lesser extent than cool pavements. Green roofs are simulated to have the least impact on surface air temperature. Thus, these simulations suggest that roof level heat mitigation strategies are less effective at reducing surface air temperature than street-level strategies for the neighborhood and conditions under investigation (figures 3(a)–(d)). This is consistent with another recently published study that found little street-level effects for rooftop mitigation on buildings higher than two stories [69]. Assessing changes in mean radiant temperature at 1.5 m (figures 3(e)–(h)) suggests that street level strategies (cool pavements and additional trees) again have more impact than roof-level strategies (cool and green roofs). Additional street trees reduces mean radiant temperature at the locations of new trees by up to 20 °C. This is due to the decrease in downwelling solar radiation that reaches the surface from tree shading. The mean radiant temperature above pavement in this scenario is nearly unchanged. In contrast, cool pavements cause an increase in mean radiant temperature above paved surfaces of up to about 7.8 °C. The increase in mean radiant temperature is driven by
the increase in reflected shortwave radiation from the surface.

3.2. Impacts of heat mitigation strategies on thermal comfort of pedestrians

To assess the impacts of heat mitigation strategies on the thermal comfort of pedestrians, we begin by focusing on five unshaded receptor locations within the domain, shown in figure 1. The receptors are located on asphalt pavements in the center and outside streets of the central block.

Figure 4 shows vertical profiles of air temperature and mean radiant temperature at 14:00 for the receptor near the center of the model domain. Vertical profiles are plotted from the surface to a height of 2.5 m, slightly above the simulated pedestrian height of 1.75 m. The addition of cool pavements reduces the air temperature of the atmospheric surface layer by about 0.8 °C relative to the control; the temperature difference decreases as height increases (figure 4(a)). Street level vegetation reduces air temperature in the surface layer at this receptor by about 0.15 °C. The impact of street-level trees at this unshaded receptor is lower
than it would be for a receptor underneath a newly added tree. Green and cool roofs reduce air temperature in the surface layer by about 0.2°C. This temperature difference is similar in magnitude as height increases to 2.5 m. The impacts of heat mitigation strategies on vertical profiles of mean radiant temperature are markedly different than for surface air temperatures (figure 4(b)). Cool pavements increase mean radiant temperature at this receptor by around 8.9°C at all heights considered. The other heat mitigation strategies reduce mean radiant temperature by less than 0.15°C at this receptor location.

Thermal comfort is computed for the receptor locations shown in figure 1(b) at the height of 1.5 m. The diurnal variation in mean physiological equivalent temperatures for all receptors is presented in figure 5, and shown separately for the aforementioned unshaded receptors, and a set of five additional shaded receptors that are an average of 5 m away from roadways. These calculations are performed for a walking person (80 W) wearing summertime clothing (0.5 Clo) as described in section 2.4.

In unshaded locations (figure 5(a)), PET shows a strong diurnal cycle with maximum values at 15:00. The differences in PET among the simulations are generally largest during the Sunlit hours of the day, as expected. The mean PET between 05:00 and 17:00 in unshaded locations was 35.5°C, 34.9°C, 36.3°C, 34.7°C, and 37.7°C for the control, green roof, cool roof, street trees, and cool pavement scenarios, respectively. Thus, the implementation of cool pavements result in the highest values of PET and street trees result in the lowest values in these unshaded receptor locations. On the other hand, after 17:00, the cool pavement simulations result in the lowest values for PET. This can be explained by the fact that (a) solar radiation and therefore reflected solar radiation is small after 17:00 and zero after sundown, and (b) surface air temperatures are reduced compared to the control given the lower absorbed solar radiation throughout the day. (For reference, the Sunset on July 30th is at 19:56.) In summary, street trees and green roofs were the most effective strategies for reducing PET in unshaded locations in the domain during sunlit hours, while cool pavements were the most effective after sundown (mainly because cool pavements with high albedo store less heat during the day and consequently release less at night).
To explore how shading and proximity to the roadway impacts the effect of heat mitigation strategies on pedestrian thermal comfort, PET was also calculated in each scenario for the set of receptors underneath street trees and an average of 5 m from roadways (figure 5(b)). Note that these receptors were located underneath preexisting trees, not new trees added in the ‘TA’ scenario (see figure 1). As with the unshaded receptors, the maximum PET for the shaded locations occurred at 15:00. The maximum PET among the scenarios occurred for the control and cool roof scenarios (39.6 °C at 15:00), while the minimum PET was simulated in the cool pavement scenario (11.3 °C at 4:00). In general, the mean PET between 05:00 and 17:00 in shaded locations was 21.9 °C, 21.8 °C, 21.9 °C, 20.9 °C, and 20.8 °C for the control, green roof, cool roof, street trees, and cool pavement scenarios, respectively. Thus, adding street trees and cool pavements were the most effective heat mitigation scenarios for reducing PET in shaded receptor locations (under trees that existed in all scenarios including the control). Also, note that adding cool pavements increased PET by 2.2 °C in unshaded regions as explained in the previous paragraph, but decreased PET by 1.1 °C at shaded receptors. These decreases in PET in shaded receptors, which are on average 5 m away from roadways, stem from (a) reductions in surface air temperatures from air that has been advected from above pavements to the shaded receptors, in conjunction with (b) small changes in mean radiant temperature at the shaded receptors during the day. In other words, the air temperature effect overwhelmed the radiative effect.

To further investigate the effect of shading on thermal comfort, PET was compared near the center of the domain in the control scenario in a shaded and unshaded location (figure 6). After sunrise at 06:00, PET in the unshaded location increases markedly. The maximum PET at this location reaches 48.3 °C at 15:00. PET in the shaded location at this time of day is 41.0 °C, illustrating the importance of increasing shade for improving PET. PET in the two locations nearly converge after 17:00.

PET for unshaded and shaded receptor locations near the center of the domain is shown in figure 7 for each simulation. Values are for 15:00, the time at which maximum PET occurs (figure 6). The difference in shaded and unshaded PET is about 7 °C for all simulations other than ‘CP’, which has a corresponding difference of 12.7 °C. The shaded location in the cool pavement scenario has a lower PET than the other scenarios including the control.

3.3. Caveats

Results presented here are likely dependent on the baseline land cover of the neighborhood under investigation. This is because baseline land cover dictates the extent to which land cover change can be implemented. For example, a neighborhood that contains many homes with cool roofs and street trees will benefit less from these strategies. As another example, neighborhoods in which pavements are fully shaded by street trees will likely show negligible impacts from cool pavements. In addition, results are likely dependent on the baseline meteorology of the neighborhood. We recommend future studies that investigate the efficacy of different heat mitigation strategies in a variety of neighborhoods and baseline meteorological conditions.

The calculation of thermal comfort was based on an average adult male walking (80 W) in the neighborhood with summer clothing (0.5 Clo). The results reported here may depend on assumed pedestrian characteristics such as gender, age, height, weight, activity level, and clothing properties. These parameters can change metabolism and radiation exchange of the pedestrian with surroundings. In addition, we focus only on thermal comfort of outdoor pedestrians and do not consider indoor thermal comfort. Cool roofs, green roofs, and trees that shade buildings can reduce indoor air temperatures of unconditioned spaces and therefore improve indoor thermal comfort as well [70–72].

It is also important to note that, as with any study that relies on a numerical model, results and
conclusions can be dependent on the particular model used. For example, the model used here may not optimally resolve the shedding of turbulent eddies around buildings, which may lead to less coupling between roofs and the near-ground environment than occurs in reality. We suggest future work investigate the model dependence of the research presented here.

Lastly, results presented here may be dependent on the particular unshaded and shaded receptor locations chosen.

4. Summary and conclusions

In this study, the impacts of four heat mitigation strategies on the thermal comfort of pedestrians was assessed for a neighborhood in the city of El Monte, located in eastern Los Angeles County. The four strategies included solar reflective cool roofs, vegetative green roofs, solar reflective cool pavements, and increased street-level urban vegetation. The impacts of these strategies on local surface air and mean radiant temperature were simulated using a micrometeorological model. The simulations were performed for a summer day during a heat wave in July 2014. Physiological Equivalent Temperature (PET) was computed using RayMan to quantify thermal comfort of pedestrians for each heat mitigation strategy scenario. Increases in PET are associated with decreased thermal comfort.

Comparison of the results of these scenarios with the control scenario assuming current land cover in the neighborhood showed that converting existing streets to cool pavements could appreciably reduce surface air temperatures in the neighborhood. Adding street-level trees were also found to decrease surface air temperatures, though to a lesser extent than cool pavements. Cool and green roofs were found to have small impacts on surface air temperatures relative to cool pavements and street trees. This is due to the fact that they modify the energy budget at roof level and not at ground level.

Mean radiant temperatures at the mean height of pedestrians (1.5 m) were computed at 10 receptor locations within the neighborhood, five of which were unshaded and above pavements, and five of which were underneath trees and an average of 5 m away from roadways. Though cool pavements were found to reduce surface air temperatures in the unshaded receptors, they also increased mean radiant temperature at the mean height of pedestrians during the day. This occurred due to the increase in reflected shortwave radiation at the surface. Cool pavements subsequently increased PET in the unshaded receptor locations, and therefore reduced the thermal comfort of pedestrians during the day. In the shaded receptor locations, cool pavements caused reductions in surface air temperatures but small changes in mean radiant temperature during the day. The air temperature effect outweighed the radiative effect, and cool pavements therefore decreased PET at the shaded receptors. Cool pavements also absorbed less heat during the day and therefore released less at night, leading to reductions in nighttime surface air temperatures and PET.

In contrast, adding street trees led to relatively smaller reductions in surface air temperature and mean radiant temperature in both unshaded and shaded receptor locations, where shaded receptor locations were underneath trees that existed in the control and not newly added trees. PET was decreased and thermal comfort was improved at all receptors. Thermal comfort improvements from trees were more pronounced when comparing shaded to unshaded receptors.

Cool and green roofs led to small changes in surface air temperature, mean radiant temperature, and consequently thermal comfort, due to the fact that these strategies modify the energy balance at roof level, well above the height of pedestrians.

In this study we investigate the efficacy with which adopting heat mitigation strategies at the neighborhood scale could modify microclimate and the thermal comfort of pedestrians. Future work should investigate how results presented here vary depending on the baseline climate, baseline land cover, and numerical model used. Investigating the impacts of these heat mitigation strategies on indoor thermal comfort, as well as building energy use, is also of interest.

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