Detection of Seoul virus in wild brown rats (Rattus norvegicus) from pig farms in Northern England

Ellen G Murphy, Nicola J Williams, Malcolm Bennett, Daisy Jennings, Julian Chantrey, Lorraine M McElhinney

Abstract

Introduction Hantaviruses are maintained by mammalian hosts, such as rodents, and are shed in their excretions. Clinical disease can occur in humans from spillover infection. Brown rats (Rattus norvegicus) are the globally distributed reservoir host of Seoul virus (SEOV). Human cases of SEOV-associated haemorrhagic fever with renal syndrome (SEOV-HFRS) have been reported in Great Britain (GB) since 1977.

Methods Brown rats (n=68) were trapped from a variety of peridomestic locations, with a focus on pig farms. Kidney and lung tissues were tested for viral RNA using a pan-hantavirus RT-PCR assay followed by Sanger sequencing and analysis.

Results SEOV RNA was detected in 19 per cent (13/68, 95% CI 11 to 30) of rats and all sequences fell within SEOV lineage 9. Twelve sequences were highly similar to each other and to the previously reported GB Humber strain of SEOV (98 per cent). One rat SEOV sequence was more distant. The SEOV prevalence in rats from pig farms was significantly greater (p=0.047) than other sites sampled. No significant sex or age differences were observed among positive and negative rats.

Discussion The results from this study suggest that SEOV could be widespread in wild rats in GB and therefore pose a potential risk to public health.

Introduction

Hantaviruses are trisegmented RNA viruses that belong to the genus Orthohantavirus, which contains 35 recognised species. Hantaviruses establish persistent infections in their reservoir mammalian hosts, such as rodents, bats and insectivores. These reservoir hosts are capable of maintaining the infection without developing clinical signs or the immune-mediated pathology sometimes seen when these viruses infect humans. Hantaviruses replicate in the reservoir hosts’ cells and are subsequently shed in urine, faeces and saliva. It is through the inhalation of aerosolised viruses from these excretions that humans become infected.

The severity of the hantavirus infection in humans can vary from asymptomatic to fatal, largely dependent on the virus species. Hantavirus pulmonary syndrome (HPS), which has a mortality rate of 35–50 per cent, is mostly reported in the Americas and haemorrhagic fever with renal syndrome (HFRS), with a mortality rate of 1–15 per cent, predominates in Europe and Asia. However, due to the global distribution of Seoul virus (SEOV)-associated HFRS (SEOV-HFRS) and the overlap between the syndromes, such as pulmonary involvement in HFRS cases and acute kidney injury in HPS cases, it has more recently been recommended to describe the clinical syndromes as ‘hantavirus fever’ or ‘hantavirus disease’ to avoid misdiagnosis.

SEOV-HFRS was first reported in Great Britain (GB) in 1977, and there have been several reports of human clinical disease and of hantavirus infection (RNA or seropositivity) in British brown rats (Rattus norvegicus).
Pet rats (also *R. norvegicus*), of which there are an estimated 100,000 in 24,000 GB households, have been confirmed as a source of SEOV-HFRS in their owners. SEOV may be widespread throughout the British pet rat community, as 34.1 per cent of pet rat owners have been shown to have hantavirus antibodies and a high hantavirus prevalence has been detected in breeding colonies of pet rats. Thus far, although not all identical, the UK strains of SEOV detected in pet, wild and laboratory rats have all belonged to lineage 9 of SEOV.

In 2011, a 59-year-old man who worked on a rat-infested pig farm in Yorkshire, GB, was diagnosed with SEOV-HFRS, and SEOV was detected in wild rats from the same pig farm. However, very little is known about SEOV in British wild rats in terms of distribution or prevalence and therefore the public health risk is unclear. In this report, we describe a study of hantavirus surveillance in wild brown rats in Northern England and Wales in order to begin to better understand the epidemiology of this infection, and therefore its public health risk.

**Materials and methods**

**Rats**

Brown rats (n=68) were collected from various peridomestic locations across Northern England and Wales, which included pig farms, smallholdings and urban environments (figure 1). Rats were live trapped and humanely killed, donated from pest control programmes or collected as road kill. Each rat was examined postmortem and the kidney and lung tissues removed.

**RNA extraction**

A 50–100 mg sample of tissue (kidney or lung) from each rat was homogenised using a motor pestle (Sigma-Aldrich, Dorset, UK) with 1 ml of TRIzol Reagent (Thermo Fisher Scientific, Leicestershire, UK). The extraction was performed according to the manufacturer’s instructions.

**Nested RT-PCR**

A pan-hantavirus reverse transcriptase (RT)-PCR assay was used to screen the kidney and lung tissues of the rats for viral RNA. A One-Step RT-PCR Kit (Qiagen, Manchester, UK) was used for the first round of the PCR with first-round primers and 1 µl of extracted RNA. In a thermocycler (BioRad, Watford, UK), a reverse transcriptase step was performed at 50°C for 30 minutes followed by 95°C for 15 minutes, then 45 cycles of 94°C for 30 seconds, 53°C for 30 seconds and 72°C for one minute followed by 72°C for seven minutes. In the second round, 1 µl of the first-round PCR products was added to a reaction mix containing the second-round primers and the HotStarTaq Plus Master Mix (Qiagen, Manchester, UK). Cycling parameters were 95°C for five minutes followed by 40 cycles at 94°C for 30 seconds, 53°C for 30 seconds then 72°C for one minute, then a final elongation step at 72°C for seven minutes. PCR products from both rounds (452 and 390 bp) were visualised under UV light after gel electrophoresis on a 1.8 per cent agarose gel at 120 V for 75 minutes.

![Figure 1](http://veterinaryrecord.bmj.com/). Locations of sites at which rat (*Rattus norvegicus*) samples were collected and correspond to table 1. Letters correspond to the sites which rats were collected and stars indicate the sites where hantavirus Seoul virus (SEOV)-positive rats were detected. This map was created using GQIS Desktop V.3.2.3 software.
Phylogenetic analysis was performed with 1000 repeats.

Phylogenetic analysis showed that all the SEOV sequences generated in this study belonged to lineage 9, as do all previous British SEOV and others from western Europe (figure 2).22 Furthermore, with one exception, all the rat SEOV sequences in this study were closely related (98 per cent identity at the nucleotide level) to the Humber strain, previously identified in a wild rat from Yorkshire in 2013.25 These wild rat strains differed from those detected in British pet rats23 and the 1984 laboratory rat strain.21 One wild rat SEOV strain in this study (R62, site J) was distinguishable from other UK wild rat SEOV sequences.

Discussion

The results of this study indicate that SEOV is geographically widespread, but not uniformly distributed in British wild rats. Transmission of hantaviruses within rodent populations is complex and varies not only with the virus-host combination but over time, with population density, behaviour and landscape or environment, all of which may be interlinked. These various factors cannot be distinguished in this study, but the geographic spread and finding of two strains suggest that SEOV is well established in British rats and not recently imported.

All but one of the SEOV-infected wild rats was collected from a pig farm and the remaining positive rat was collected as road kill adjacent to a pig farm. Most of the pig farms sampled were in Northern England, reflecting regional differences in farming in England that cannot be differentiated from simple geographic landscape differences that might also affect transmission among rats. Pounder22 found no SEOV RNA in 133 rats sampled in semirural and urban areas in Northwest England, and the only positive site in this region in this study was a pig farm. Furthermore, an unpublished study of 27 rats in rural Gloucestershire found none to be infected (Animal and Plant Health Agency unpublished data). It is not clear if pig farms really are more likely to harbour infected rats than other sites, and if so whether or not this reflects particularly suitable environments for sustaining large populations of brown rats and hantavirus transmission, or, indeed, if pig farms simply enable easier trapping, and therefore sampling, of rats.

There were six sites that had SEOV-infected rats, four of which were in the Yorkshire region, which raises the question of whether there might be a higher risk of SEOV infection in this region. The first GB wild rat SEOV strain to be reported, the Humber strain, originated from the Yorkshire region.26 Seroprevalence to SEOV has already been demonstrated in farmers from the Yorkshire region.23 The results from our study confirm that the 2013 detection of SEOV in a wild rat26 was not an isolated incident, as multiple pig farms across the Yorkshire region were shown to contain SEOV-positive rats. However, the results from this study are not

### Table 1

| Year | Site and map ID | Site type | Location | Rattus norvegicus collected | Hantavirus positive (%) |
|------|----------------|-----------|----------|----------------------------|-------------------------|
| 2014 | A              | Dairy farm| Cheshire | 5                          | 0/5 (0)*                |
| 2015 | B              | Beef farm | Derbyshire| 1                          | 0/1 (0)*                |
| 2015 | C              | Beef farm | Cheshire | 6                          | 0/6 (0)*                |
| 2015 | D              | Smallholding | Denbigshire | 1                          | 0/1 (0)*                |
| 2015 | E              | Urban    | Merseyside| 4                          | 0/4 (0)*                |
| 2015 | F              | Residential | Cheshire | 4                          | 0/4 (0)*                |
| 2015 | G              | Pig farm | North Yorkshire | 16                     | 2/16 (12.5)            |
| 2015–16 | H      | Pig farm | Cheshire | 10                         | 3/10 (30)               |
| 2015 | I              | Pig farm | East Yorkshire| 1                          | 0/1 (0)                 |
| 2015 | J              | Road kill | East Yorkshire| 1                          | 1/1 (100)               |
| 2015 | K              | Pig farm | East Yorkshire| 2                          | 0/2 (0)                 |
| 2015 | L              | Pig farm | North Yorkshire| 1                          | 1/1 (100)               |
| 2015 | M              | Pig farm | West Yorkshire| 16                         | 6/16 (37.5)            |
| Total |               |           |          | 68                         | 13/68 (19)              |

PCR was performed on lung and kidney tissues except those marked by asterisks.

*Tested using only kidney tissue.
sufficient to suggest a greater risk of SEOV transmission from wild rats in Yorkshire as the larger proportion of samples in this study (37/68, 54 per cent) were derived from this region, which could bias the results. Further surveillance in a wider study of multiple rat populations across GB would be needed to compare and statistically examine whether there is a greater public health risk of SEOV infection in the Yorkshire region. It may also be interesting to compare other UK regions with high numbers of pig farms, such as Norfolk or Wiltshire.
to ascertain if there is an additional occupational risk associated with pig farming and SEOV infection.

SEOV transmission among rats can be direct or indirect, but has been associated in several studies with aggressive behaviour and wounding. As population pressure increases so does the aggressive behaviour towards members of the established colonies due to the increased competition for food and territory.24 Higher numbers of rats with more frequent aggressive biting encounters could lead to an increase in SEOV transmission in a population via infected saliva.25 This has also been proposed in infected pet rats that were housed with non-infected rats in close proximity, SEOV easily spreads throughout the entire colony12. Previous studies have also found male rats are more likely to be infected with SEOV than female rats,26 27 which has been linked to more aggressive encounters between males.24 25 28 Increased prevalence with age has also been reported.25 29 No obvious difference in prevalence between the sexes or with age was found in this study, however, probably owing to relatively small sample sizes.

All of the GB SEOV rat strains so far identified, including those from this study, are members of lineage 9 (figure 2), with the exception of one SEOV rat strain detected in a pet rat which was exported from GB to Sweden, which was lineage 7.12 Within lineage 9, two different SEOV clusters of strains were identified in rats in this study, one closely related to the Humber strain, previously has been identified in wild rats in Yorkshire,20 and one (R62, site J) that clustered with SEOV sequences from Chinese rats, laboratory rat SEOV strains and a Baxter SEOV strain identified in rats in New York City, USA.30 The patterns of genetic diversity observed likely reflect both the recent and longer term movement of the reservoir host. Brown rats are known to commonly travel 0.5 km within a day, with the longest overnight single journey recorded being 3.3 km.23 This movement might explain widespread dispersal SEOV strains across England. On the other hand, SEOV, like its host the brown rat, is believed to have originated from China. Brown rats first arrived in Europe only some 300 years ago. The greatest genetic diversity of both rats and SEOV is found in China, with particular lineages (in the case of SEOV phylogroup A) associated with migration westwards and, through shipping trade, globally.31 Sequences with high genetic similarity within lineage 9 of SEOV have been detected in farmed rats in mainland Europe, in countries such as the Netherlands12 and France,32 as well as identified in a human SEOV-HFRS case in Germany.33 The detection of highly similar, but distinguishable, sequences in England may reflect the multiple rat migration events that have occurred since rats arrived in GB. If so, then the increased detection of infected brown rats is likely not owing to SEOV being an emerging pathogen but rather an increased interest, more surveillance studies and improved diagnostics.

The presence of SEOV in rat populations in different geographical locations of GB does raise the question of why there have not been more reported human cases linked to exposure to SEOV from wild rats as the majority of cases of confirmed UK SEOV-HFRS are as a result of exposure to infected pet rats.12 This could be due to the different exposure levels people have with pet and wild rats. Pet rat owners often have a close relationship with their pets and there is often close contact through handling and shared living quarters as well as frequent exposure to rat excretions through the cleaning of rat cages. There is also a high rate of transmission between rats which are kept in breeding colonies in confined spaces, as it has been shown that once the virus has been introduced it can easily spread throughout the entire colony.12 This could explain why there are more human cases due to exposure to SEOV relating to pet rats rather than wild rats. Although this study has detected multiple locations with SEOV-positive rats, the risk of exposure of SEOV from wild rats may be less than in pet rats as there is less direct interaction and exposure is likely to be coincidental when living, working or visiting an area with an infected rat population. However, SEOV has been shown to cause clinical human disease that can sometimes be severe, therefore the presence of this virus in the British wild rat population cannot be ignored as a potential public health risk. Further study would be required to determine if there are certain geographical areas or certain professions where the risk of infection could be higher.

Conclusion

The study has demonstrated that SEOV may be widespread in British rats, although this distribution is not uniform and the strains in wild rats are genetically distinguishable from those reported in UK pet and lab rats. SEOV can cause severe disease in humans, and wild rat populations are said to be increasing in GB, therefore this is clearly of public health concern. However, the transmission dynamics of SEOV among rats is likely to be complex, and transmission to humans even more so, therefore further work needs to be done to understand the epidemiology of this virus and the public health risk.

Contributors Conceived and designed the experiments: EGM, MB, LM, NJW, JC. Collected samples: EGM. Performed the experiments: EGM, DJ. Collated, analysed and interpreted the data: EGM, DJ, LM, MB, NJW. All authors contributed to and approved the final manuscript.

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Competing interests None declared.

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