Modulation of Balance Between Apoptosis and Proliferation by Lipid Peroxidation (LPO) During Rat Liver Regeneration

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Abstract

Background: This work aims to investigate the role of lipid peroxidation (LPO) at early stages of liver regeneration and to evaluate the balance between apoptosis and cell proliferation during this process.

Methods: Sham and partial hepatectomized (PH) male Wistar rats were randomized in seven groups: Control (untreated), E-Control (injected with vitamin E-vehicle), C-Control (injected with vitamin C-vehicle), E1 (vitamin E 100 mg/kg body weight), E2 (vitamin E 600 mg/kg body weight), C1 (vitamin C 30 mg/kg body weight), C2 (vitamin C 100 mg/kg body weight).

Results: Vitamin treatments attenuated the increase of LPO level observed in total homogenate and microsomes at 3 and 5 hr after PH. Both antioxidant vitamins attenuated the increase in Bax pro-apoptotic protein and augmented Bcl-xL antiapoptotic protein levels (35%) at 3 and 5 hr post-PH; Bcl-xL/Bax ratio was, therefore, increased. A direct linear relationship between LPO levels and Bax mitochondrial protein levels was seen. Vitamin-treatments diminished the apoptosis index with respect to PH-Control values, so that this parameter showed a linear relationship with LPO levels. At 24 hr after PH, the vitamin treatments increased the peak of [3H]-thymidine incorporation into DNA and the proliferative index (PI), measured as PCNA expression; an inverse relationship between PI and LPO levels could be demonstrated.

Conclusion: Our data show that the diminution of LPO levels by vitamin-treatment post-PH produces both an attenuation of cellular apoptosis and a marked increase in the proliferation process, suggesting that the modulation of LPO has a role in liver regeneration process.

Introduction

Most hepatocytes in adult liver are quiescent with respect to proliferation. However, following a two-thirds hepatectomy, liver switches to a proliferative state and reenters the cell cycle (1,2). The damage caused by surgical resection results in a cascade of growth factor and cytokine induction designed to restore the liver mass to its original size (3,4). Cell proliferation begins very early during rat liver regeneration, peaking for hepatocytes at 24 hr, with a smaller further peak between 36 and 48 hr. Finally, the remnant liver undergoes almost complete restoration of the lost mass and function by about 1 week (5,6). Partial hepatectomy is the most often used model to study liver regeneration and the molecular signaling and factors involved in cell proliferation.

The determinants of hepatocyte proliferation during liver regeneration are highly complex, and different mechanisms operate during initiation of DNA synthesis and the termination of proliferative surge (7). The control of liver regeneration and the events involved in regulating the growth of the organ remain unknown. It has become increasingly apparent that apoptosis plays a key role in the cell cycle (8). Many proteins that can induce cell death are, in fact, components of the cell division cycle (9). Apoptosis is an important process by which organisms are able to eliminate unwanted, senescent, or damaged cells in absence of an inflammatory response. It plays a critical role in several physiologic as well as pathophysiologic processes (10,11). The cellular threshold for apoptosis is highly regulated, especially by members of the Bcl-2 protein family. Members of this family are anti-apoptotic proteins (Bcl-2, Bcl-xL, Bcl-w) while others can promote programmed cell death (Bax, Bak, Bad, Bcl-xS) (9,10).
In a previous work, we found that after partial hepatectomy an increase in lipid peroxidation (LPO) level in subcellular fractions of rat liver occurs (12). It is known that this increase in LPO might be a modulator of cell division, influencing both the initiation and cessation of mitosis in the regenerating liver (13). LPO is one of the cellular pathways involved in oxidative damage. Oxidative stress, which is an excessive production of reactive oxygen species (ROS), can damage cells by triggering LPO and by altering protein and nucleic acid structures (14,15). ROS is an autocatalytic mechanism that can lead to programmed cell death (apoptosis) (16,17). To prevent oxidative damage and allow survival in an oxygen environment mammalian cells have developed an elaborate antioxidant defense system that includes enzymatic activity, as with glutathione reductase, catalase, and peroxidase, as well as nonenzymatic antioxidants, such as glutathione, vitamin C, and vitamin E. Antioxidant vitamins act as scavenging oxygen free radicals, preventing formation of high reactive lipid peroxidation (18–21).

The precise role that LPO plays in the process of hepatic regeneration is not known as yet. In the present study, we tested whether the modification of LPO level, using vitamin treatments, is implicated in the expression of pro-apoptotic and anti-apoptotic proteins during liver regeneration after 70% partial hepatectomy. We also investigated the role of LPO in the balance between apoptosis and cell proliferation.

Materials and Methods

Animals and Surgical Procedures

Male Wistar rats weighing 360–400 g were housed two per cage and maintained at 12-hr light/dark period. Rats were fed ad libitum with a normal standard diet and water. All the experimental protocols were performed according to the Guide for the Care and Use of Laboratory Animals (National Institutes of Health, Publication no. 86-23, revised 1985). Sham operated animals (Sh) were laparotomized under pentobarbital anesthesia (50 mg/kg body weight, IP) to provide a control for surgical conditions. Two-thirds hepatectomy (PH) consisted of removal of the central and left lateral lobes as originally described by Higgins and Anderson (22). Animals were killed 3, 5, 24, and 48 hr after surgery. To avoid variations due to circadian rhythm, animals were always sacrificed at the same time day (between 10:00 and 12:00 hr).

At time of sacrifice, all rats were bled through a cardiac puncture after pentobarbital anesthesia and liver were removed. Pieces of liver tissue were processed for immunohistochemical studies. The remaining liver tissue was frozen in liquid nitrogen and stored at −70°C until the analytical assays.

Modification of Cellular Antioxidant Levels

To enhance cellular antioxidant levels we used two antioxidants: vitamin E (α-tocopherol) and vitamin C (ascorbic acid). Sh and PH were randomized in seven groups:

1. I—Control (untreated)
2. II—Injected subcutaneously with vegetal oil, the vitamin E vehicle (E-Control)
3. III—Injected IP with saline solution, the vitamin C vehicle (C-Control)
4. IV and V—received subcutaneously vitamin E (α-tocopherol 0.95 g/ml [Sigma Chemicals Co. St. Louis, MO, USA]) 100 mg/kg body weight (E1) and 600 mg/kg body weight (E2), respectively. Each dose was administrated 24 hr before surgery (23).
5. VI and VII—injected IP with vitamin C (ascorbic acid, Sigma Chemicals Co), 30 mg/kg body weight (C1) and 100 mg/kg body weight (C2). Vitamin C solution was administrated 30 min before surgery (24).

Assays for Lipid Peroxidation

The amount of aldehydic product generated by lipid peroxidation in subcellular fractions was quantified by the thiobarbituric acid (TBA) reaction according to the method of Ohkawa et al. (25). The amount of TBA reactants (TBARS) was expressed in terms of malondialdehyde using 1,1,3,3-tetramethoxypropane as standard.

Estimation of lipid peroxidation-related dienes conjugation was made in microsomal fraction essentially as described by Recknagel and Glende (26).

Protein content in each subcellular fraction was measured by the method of Lowry et al. (27), using human serum albumin as standard.

Western Blot Analysis

Liver tissue lysates were prepared by homogenization of frozen tissues in 3 volumes of lysating RIPA buffer containing PBS, 1% Triton, 0.5% sodium deoxycholate, 0.1% SDS, 1 mM phenylmethylsulfonyl fluoride, 10 μg/ml leupeptin, and 1 μg/ml aprotinin. After 30 min of incubation at 0°C and three freeze-thaw cycles, lysates were cleared by centrifugation at 15,000 rpm for 30 min, and supernatants were kept at −70°C. For the preparation of mitochondria-enriched fractions, liver tissues were homogenized in 4 volumes of 300 mMol/L sucrose with protease inhibitors. Homogenates were centrifuged at 1000 g to remove unbroken cells, nuclei, and heavy membranes. Mitochondria fractions were then obtained by centrifugation at 3000 g at 4°C for 15 min (28).

For Western blot analysis, aliquots of whole cell or mitochondria-enriched protein (50 μg per lane) were subjected to 12% SDS-PAGE and transferred to polyvinyl difluoride membranes (Perkin Elmer...
Liver slices from different lobes were fixed in 10% v/v formalin solution and embedded in low-melting paraffin. Sections of slides were deparaffinized in xylene and alcohol and then rehydrated in deionized water. Immunohistochemical staining procedures were then performed (29).

**Determination of Apoptotic Index**
Quantitative analysis of apoptosis was performed by in situ specific labeling of fragmented DNA using a modified terminal deoxynucleotidyl transferase (Tdt) mediated biotin-deoxyuridine triphosphate nick-end labeling (TUNEL) method (30) (Promega, Madison, WI, USA). Apoptotic cells were counted only if they were TUNEL positive and displayed hallmark characteristics of apoptosis. An apoptotic index (AI) was calculated for each sample by counting the number of positively stained hepatocyte nuclei divided by the total number of hepatocytes and expressed as percentage. The number of apoptotic hepatocytes was assessed by systematically scoring at least 6000 hepatocytes per slide at a magnification of 400×.

**Determination of Proliferative Index**
Sections of slides were examined by immunohistochemical staining with anti-proliferating cell nuclear antigen (PCNA) antibodies 24 and 48 hr after surgery. PCNA was visualized by the method of Greenwell et al. (31) using anti-PCNA from Santa Cruz Biotechnology as primary antibody. Ten random fields of liver sections (400× magnification) were evaluated and scored. All PCNA positive cells in G1, S, M, and G2 phases were judged as proliferating cells and scored per 1000 hepatocytes.

**DNA Synthesis**
Twenty-four and 48 hr after the surgery [³H] thymidine (New Life Sciences, Boston, MA, USA) (10 μCi/200 g body weight) was injected IP, and rats were sacrificed 1 hr after injection. Liver tissues were immediately excised and washed with ice-cold physiologic saline. The incorporation of radioactivity into the acid-insoluble fraction was measured by a Liquid Scintillation Counter (1214 Rack Beta, Pharmacia, Wallac OY, Finland). The incorporation was expressed as dpm/mg DNA (32).

**Regression Coefficient Values**
From data shown in Figures 1 and 2, a direct linear relationship was obtained between Bax mitochondrial protein levels and LPO of total homogenates (r = 0.70; p < 0.0046; n = 14). In the same way, a direct linear relationship between AI and LPO of total homogenates was obtained (r = 0.70; p < 0.007; n = 14). Regarding PI, an inverse linear regression was seen (r = −0.74, p < 0.0046; n = 14).

**Statistical Analysis**
Results were expressed as mean ± SE. Significance in differences was tested by one-way ANOVA, followed by Tukey's test to determine difference between groups. Differences were considered significant when the p value was < 0.05. Correlations were examined by Spearman rank linear regression.

**Results**

**Lipid Peroxidation and Antioxidant Administration**
LPO was measured in total homogenate and in microsomal fraction obtained by differential centrifugation. Total homogenate and microsomal fraction from 3- and 5-hr PH-Control rats showed a significant increase of TBARS level as compared with their Sh-Control (Fig. 1).

To elucidate whether changes in LPO levels were associated with early steps of the liver regeneration process, we treated the animals with two antioxidants: α-tocopherol (lipophilic antioxidant) or ascorbic acid (reducing agent in aqueous phase). The vehicle treatment of Sh and PH animals (E-Control and C-Control) showed no difference relative to Sh and PH-Control, respectively (data not shown); all results were analyzed with respect to Control animals.

Both antioxidants at two different doses (E1, E2, C1, C2) attenuated the increase of TBARS levels in both total homogenate and microsomal fractions after PH at the studied times (Fig. 1). Sh-vitamin treated groups showed no statistically significant changes in TBARS levels compared to Sh-Control group at any time tested. The variation in LPO levels in the microsomal fraction, measured as conjugated dienes, was similar to those observed in TBARS level (Table 1).

**Bax–Bcl-xL Protein Levels**
To determine the balance between apoptosis and cell proliferation we examined the expression of Bax and Bcl-xL proteins by western blot analysis at 3 and 5 hr post-PH. Bax and Bcl-xL are members
of the Bcl-2 protein family, which plays a major role as regulator of the apoptotic process: whereas Bax promotes apoptosis, Bcl-xL protects cells from programmed cell death (10).

Bax protein levels in total lysates showed an increase in PH-Control animals with respect to Sh, at 3 and 5 hr after PH (data not shown). To determine whether enhanced expression of Bax protein after PH was associated with an increase in the mitochondrial translocation, we analyzed the expression of this protein in liver mitochondrial fraction. In Control group, Bax showed an increase of 48% in the liver mitochondrial fraction after PH, relative to Sh animals (Fig. 2). Vitamin-treatments reduced the level of Bax protein by 34% for PH-E and 30% for PH-C as compared with PH-Control group (Fig. 3).

Three and 5 hr after PH, mitochondrial Bcl-xL levels in Control animals showed an increase of 50% relative to corresponding Sh (Fig. 2). Vitamin-treatments increased Bcl-xL levels (35%) in PH-animals versus PH-Control values (Fig. 4). In addition, Bcl-xL/Bax mitochondrial protein ratios were calculated (Table 2). The Bcl-xL/Bax protein ratios were significantly elevated ($p < 0.05$) in all vitamin treated PH rats.

Expression of Bax and Bcl-xL proteins did not show differences between vehicle treated-PH animals and PH-Control (data not shown), so all the results were analyzed with respect to Control-PH group.

**Immunohistochemical Analysis**

**Apoptotic Index** Table 3 shows the AI in each experimental group. At 3 and 5 hr after PH, apoptosis was induced in Control group. Vitamin-treatments decreased the number of apoptotic cells in PH-rats versus Sham values.

**Proliferative Index** PCNA staining allows differential identification of cells in the late G1, S, G2,
and mitotic phases. As expected, 24 hr after surgery PI of PH-Control was higher than Sh-Control. On the other hand, PI showed an increase in treated-vitamin animals with respect to PH-Control group (Table 4). PI decreased 48 hr after PH, although maintaining differences with respect to Control animals (data not shown). Figure 5 shows light microscope images from Sh-Control and hepatectomized with and without vitamins treatment 24 hr after the surgery.

**DNA Synthesis.**

The regenerative process following PH was monitored by the time-course of \[^3H\] thymidine incorporation into DNA in the remnant tissue. Figure 6 shows the rates of DNA synthesis 24 hr after PH. The treatment with E1 increased the peak 182%, E2 350% and with two doses of ascorbic acid the increase was about 30%. The peak decreased toward 48 hr, although maintaining differences with respect to Control animals (data not shown). No significant differences exist between Sham-treated and Sham-Control rats.

**Discussion**

In this work, we demonstrated that a diminution of LPO levels (via antioxidants treatments) is followed by an enhancement of cell proliferation, as indicated by an increased number of proliferating cells and a diminution in the AI.

Immediately after PH, a sequential and regulated series of events begins as the quiescent hepatocytes progress in the cell cycle from G0 to G1 (33). The mechanisms regulating this process are complex and incompletely understood. As a consequence of liver damage or loss of liver mass, like that produced by a 70% partial hepatectomy, an ROS increase occurs (19,20). Potentially toxic actions of free radicals are controlled by cellular antioxidants. In many studies, LPO was monitored as an indirect indicator of ROS generation (13,14,19). Following PH, LPO levels were increased at all the periods of time studied, a finding consistent with our earlier observations (12).

Vitamin E is a lipid-soluble antioxidant that accumulates in cellular membranes and scavenges lipid-peroxyl radicals, thus preventing the formation of highly reactive lipid peroxidation products (34). Similarly, vitamin C is a potent scavenger of reactive species, particularly in plasma, cytosol, and other aqueous compartments (18). We selected these vitamins as a useful tool to increase cellular antioxidant defense; the hepatoprotective effects of vitamins on lipid oxidative damage are well established, and are partially attributed to their ability to scavenge oxygen free radicals (18,35). We found

| Time after surgery (h) | 3 | 5 |
|-----------------------|---|---|
| Sh-Control            | 0.488 ± 0.051 | 0.497 ± 0.040 |
| PH-control            | 0.800 ± 0.080* | 0.965 ± 0.090* |
| PH-E1                 | 0.704 ± 0.010# | 0.400 ± 0.050# |
| PH-C1                 | 0.623 ± 0.090# | 0.436 ± 0.010# |

Presence of microsomal conjugated dienes was detected by their absorption at 233 nm. Sh-vitamin treated groups showed no statistically significant changes with respect to Sh-Control group at all times tested. Values are expressed as the mean ± SE of at least six animals per group.

*Significant difference versus Sh-Control (p < 0.05).

#Significant difference versus PH-Control (p < 0.05).
that the treatment with both antioxidants was able to protect the liver from oxidative stress. The neutralizing effect of vitamin-treatments against potent oxidizing species was apparent from the diminution of peroxidative decomposition of phospholipids in cellular membranes (LPO) observed at all times studied post-PH (Fig. 1).

ROS have been implicated in apoptosis (36). In liver, the involvement of reactive oxygen radicals has been suggested in apoptotic cell death of hepatocytes and endothelial cells (16). Bcl-xL and Bax are members of a growing family of genes that are involved in promoting either cell survival or cell death via apoptosis (10). Bax protein has been shown to promote cell death via homodimerization, whereas heterodimerization with Bcl-xL results in cell survival. Other authors have found an increase in basal levels of Bax protein and its RNA messenger (mRNA) in normal rats after PH (10). In accordance with their results, our findings indicate that during the first 3 and 5 hr after PH, Bax protein levels were increased (Fig. 2). Our results showed that oxidative process regulates protein levels of the Bcl-2 family. Administration of antioxidants reduced the pro-apoptotic protein (Bax)
level (Fig. 3) and increased the anti-apoptotic protein (Bcl-xL) level (Fig. 4). Furthermore, a direct linear relationship was obtained between Bax protein levels and total LPO levels in homogenate throughout the treatments. The relative prevalence of Bax and Bcl-xL protein are critical factors influencing cell fate; they promote cell either survival or death, whose ultimate outcome largely depends on the Bcl-xL/Bax ratio. This parameter increased with antioxidant-treatment both at 3 and 5 hr after PH (Table 2).

Apoptosis is characterized by a number of morphologic features, including membrane blebbing, nuclear and cytoplasmic shrinkage, and chromatin condensation (11). In the present study, we used the TUNEL assay in combination with morphologic criteria to identify apoptotic cells. When these criteria were applied and hepatocytes were quantified, treatment with both antioxidants reduced AI (Table 3). Our results show a direct linear relationship between AI and total LPO levels, suggesting that apoptosis plays an important role in the process of hepatic remodeling during regeneration and in the fine tuning of the regenerative process. Therefore we hypothesize that a decrease in apoptotic protein levels with a concomitant decrease in apoptosis at early steps after PH are, in part, responsible for improvement in the proliferate response.

The processes of development and differentiation are regulated by a balance between proliferation, growth arrest, and programmed cell death (37). We found a significant increase in hepatocyte proliferation in resting liver after treatment with both antioxidants, as measured by PI (Table 4 and Fig. 5); this suggests that diminution of LPO levels enhances hepatocyte proliferation. This indicates a causal relationship between attenuated levels of LPO and stimulation of liver proliferation, supporting evidence that LPO inversely correlates with the rate of mitosis in several tissues (13). Furthermore, our results clearly show an increase in the peak of synthesis of DNA in hepatectomized rats when they were treated with each vitamin (Fig. 6).

The mechanism by which LPO modulates the proliferation/apoptosis balance cannot be completely ascertained from our results. LPO could influence some cellular processes in the proliferating organ. Free radicals and oxidative stress might initiate a general cell responsive mechanism and even activate transcriptional factors to serve as signal transducers between cytoplasm and nucleus, providing a framework supporting an important role of LPO during early steps of the liver regeneration (13).

Overall, the observations in this study support the role of LPO as an active participant in the regulation the balance between cellular proliferation and apoptosis after PH. Further studies are required to identify the precise mechanism(s) responsible for the protective effects of the antioxidant vitamins and also to elucidate how oxidative stress regulate liver regeneration after PH.
Fig. 5. Light microscope images of PCNA detection 24 hr after surgery from (A) Sh-Control, (B) PH-Control, (C) PH-E1 (100 mg/kg body weight), (D) PH-E2 (600 mg/kg body weight), (E) PH-C1 (30 mg/kg body weight), PH-C2 (100 mg/kg body weight). Six animals were studied in each group. Positive immunohistochemical staining for PCNA was evaluated by the brown to black reaction product that correlates with the different phases of the cell cycle. PI of PH-vitamin treated animals were higher than PH-Control animals. No difference was observed between Sh-Control, Sh-treated with vitamins or theirs corresponding vehicles.

Table 4. Proliferative index

| Sh-Control  | PH-Control  | PH-E1  | PH-E2  | PH-C1  | PH-C2  |
|-------------|-------------|--------|--------|--------|--------|
| 3.3 ± 1.3   | 21.4 ± 1.5* | 36.2 ± 3.5*# | 38.3 ± 3.9*# | 32.3 ± 0.5*# | 30.4 ± 0.5*# |

PI is expressed as proliferating hepatocytes cells per 1000 hepatocytes evaluated in 10 random fields of liver sections (400× magnification). Sh-vitamin treated showed no statistically significant changes respect to Sh-Control group at all times tested. All values represent mean ± SE of six animals per group.
* p < 0.05 versus Sh-Control.
# p < 0.05 versus PH-Control.
Fig. 6. Methyl [3H] thymidine incorporation to DNA 24 hr after surgery in Sh-Control (black bar) and in PH rats (gray bars) with and without treatment. PH-Control, vitamin E: E1 (dose 30 mg/kg body weight); E2 (dose 600 mg/kg body weight); and vitamin C: C1 (dose 30 mg/kg body weight); C2 (100 mg/kg body weight). (Sh-treated and Sh-Control group.) Data are expressed in DPM/mg DNA as mean of six rats ± SE. *Significant difference versus Sh-Control (p < 0.05). #Significant difference versus PH-Control (p < 0.05).

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