Confocal and Histological Features After Poly(Ethylene Glycol) Diacrylate Corneal Inlay Implantation

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Introduction

There are several methods to correct refractive errors, namely, ablative (laser-based), incisional, or additive techniques, including intrastromal segments and intrastromal inlay implantations. Intracorneal inlay implantation for the correction of ametropias is a technique known as keratophakia, and it was described by JI Barraquer in 1949.¹ Since Barraquer’s first attempts to modify corneal shape by means of intrastromal inlay implantations, implants made of human corneas (homoplastic implants) and synthetic materials (haloplastic implants) have been developed and implanted in human and animal corneas with variable results.²–⁴

Initial attempts were made with high refractive index (RI)-impermeable materials, such as polysulphone and polymethylmethacrylate (PMMA), aiming to modify refractive errors by increasing the RI of the cornea.¹,⁵–¹² Complications such as epithelial thinning, corneal opacity, stromal necrosis, and implant extrusion were observed and attributed to the lack of permeability of the material, evidencing the absolute requirement for water and glucose permeability of the inlays.¹³,¹⁴ After initial complications with impermeable materials, high water content and high permeability hydrogels were developed and implanted into...
corneas, with the objective of modifying corneal curvature.

Optical properties and permeability of hydrogels have been known since the early 1960s, but it was not until 1967 that Dohlman first used hydrogel material as an intrastromal inlay. Since then, several articles have documented the biocompatibility of different hydrogel inlays in humans and animals in the long term. More recently, there has been emerging interest in corneal inlays as potential methods for the correction of presbyopia, and implants made of different materials and designs have been developed for this purpose.

Hydrogels are crosslinked hydrophilic polymers with properties that mimic those of the natural cornea. Besides the refractive purpose described previously, they have also been used for tissue replacement as artificial corneas in research studies, and there is a commercialized hydrogel-based keratoprostheses (AlphaCor). Photopolymerized hydrogels have been investigated in vitro for tissue engineering and microsphere and keratocyte encapsulation. These features, together with the optical clarity, water content, swelling behavior, and flexibility shown by photopolymerized hydrogels, make them suitable for ophthalmic applications.

The aim of this study was to assess the in vivo biocompatibility of a poly(ethylene glycol) diacrylate (PEGDA) hydrogel. PEGDA inlays were photopolymerized and implanted intralamellarly into rabbit corneas. Biomicroscopy and in vivo confocal microscopy (IVCM) analysis were performed, and rabbits were sacrificed and corneas removed for histological assessment after 2 months. Cellular changes were analyzed by IVCM at different corneal depths, and results were later compared with histological samples.

Materials and Methods

A prospective interventional study including 63 eyes of 42 female New Zealand rabbits weighting between 2.8 and 3.6 kg was conducted. Eyes were divided in three groups. Group 1 (pocket-only group) included 21 right eyes with intrastromal pocket and no inlay implantation. Group 2 (inlay group) included 21 right eyes with a PEGDA hydrogel corneal intrastromal inlay implant after a lamellar stromal pocket dissection. (Fig. 1) Twenty-one left eyes of rabbits of group 1 with no intervention were used as controls (control group). All animals were treated in accordance with the guidelines of the Association for Research in Vision and Ophthalmology for the Use and Care of Animals in Research.

Intracorneal Inlays

Inlays were designed and developed at the Health Division-Biomaterials area of Tecnalia Research and Innovation (Spain). Hydrogel inlays were formed by photopolymerization of a 30% w/v concentration of 3400 Da molecular weight PEGDA (Nektar, Hunds- ville, AL). The photoinitiator used in the photopolymerization process was Irgacure 2959 (5%).

The photopolymerization process was performed according to previously determined procedures. Briefly, PEGDA was dissolved in phosphate-buffered saline (pH 7.4) to form 10% (w/v) solutions. The 2-hydroxy-1-[4-(hydroxyethoxy)phenyl]-2-methyl-1-propanone photoinitiator (Irgacure 2959; Ciba Specialty Chemicals, Basel, Switzerland) was used dissolved in a 70:30 ethanol:water mixture and added to the polymer solution at a final concentration of 0.05% (w/w) with respect to the PEGDA. Photopolymerization of the macromer was carried out using a 365-nm UV light (Fisher Scientific, Madrid, Spain) at a 4-mW/cm² intensity for 5 minutes.

PEGDA was cast into inlays by using photomask molds specifically designed for this purpose to obtain 4-mm-diameter and 100-µm-thickness inlays. Resulted inlays were washed in Milli-Q water and immediately transported in specific recipients for the implantation.

Surgery

Surgeries were performed under a surgical microscope (Leica M651; Leica Microsystems, Heerbrugg, Switzerland) by the same experienced surgeon. Rabbits were anesthetized with a combination of 35
mg/kg intramuscular ketamine hydrochloride and 5 mg/kg xylazine hydrochloride and topical tetracaine and oxybuprocaine drops. After ultrasound pachymetry measurement, 5-mm-length and 250-μm-depth incisions were performed with a calibrated diamond blade, and manual lamellar pockets were dissected with Melles dissectors (DORC, Zuidland, Netherlands). Stromal pockets were then irrigated with filtered balance salt solution to remove possible debris. Intrastromal corneal inlays were centered inside the stromal pocket and incisions sutured with 10-0 nylon (Alcon Surgical, Fort Worth, TX). Sutures were removed 1 week after surgery. In corneas of group 1, an identical procedure was followed but no inlay was implanted.

Follow-Up

All rabbits were subjected to routine slit lamp postoperative examinations at 1, 7, 15, 30, and 60 days after surgery. Postoperatively, eyes were treated with tobramycin eye drops (Tobrex) every 6 hours for 1 week. Every examination included an assessment of the conjunctiva, corneal transparency anterior and posterior to the inlay, epithelial integrity, intracorneal inlay position, and inlay transparency.

Confocal Microscopy

IVCM was performed in all corneas preoperatively and at postoperative days 7, 30, and 60, in groups 1 and 2 by the same examiner. Examinations were performed using a scanning slit confocal microscope (Confoscan 4; Nidek Technologies, Padova, Italy) with a Z-ring adaptor to ensure uniform pressure at the cornea throughout the scan. Examinations were performed under the same topical and intramuscular anesthesia described previously. A drop of methylcellulose solution was placed on the tip of the 40×immersion objective lens (Zeiss, Oberkochen, Germany), and corneas were aligned to scan the central cornea. Two to three full-thickness automatic corneal scans were performed in every examination, and 350 images were recorded. Scans with inadequate image quality were excluded from the quantitative analysis.

Anterior and posterior stromal keratocyte density were manually calculated as the mean cell number within a 200-μm² area of two to three different images at each depth, and results were given as cells per square millimeter. Qualitative and quantitative central corneal endothelial analyses were performed by the semiautomatic image analyzing system of the NAVIS software provided by the Confoscan 4 microscope. Mean endothelial cell density, mean endothelial cell area, coefficient of variation of endothelial cell area, and the percentage of hexagonal cells were studied. Evaluation of IVCM images was done in a masked fashion by the same examiner.

Histology

Rabbits were sacrificed after final exploration at 2 months, and corneas were removed for histological assessment. Corneas were fixed in a 4% paraformaldehyde solution for 24 hours, and paraffin blocks were made. Sections of 5 μm were cut limbus to limbus onto slides and stained with hematoxylin-eosin following routine procedures.

Statistics

Software-based statistical analysis was performed (SPSS; SPSS Sciences 19.0, Chicago, IL). Normality of variables was analyzed with the Kolmogorov-Smirnov test. The χ² test was used for categorical variables. Parametric tests used were Student’s t-test and paired Student’s t-test for intragroup mean comparison. The general linear model (GLM) repeated measures procedure was used to analyze mean differences between groups at different time points. The level of statistical significance was P < 0.05.

Results

PEGDA Implants

The water content of the inlays was 79%, the volumetric swollen ratio (Q) was 0.78 ± 0.15 and their glucose diffusion coefficient (D) was 1.11 × 10⁻⁹ ± 0.10 × 10⁻⁹ (cm²/s). The glucose diffusion coefficient (D) of the ex vivo corneas used as reference was 1.87 × 10⁻⁹ ± 0.32 × 10⁻⁹ (cm²/s). The inlays had a 4 mm diameter, central thickness of 100 μm, and RI of 1.35.

Clinical Examination

The surgical procedure was completed in 42 right eyes (21 of group 1 and 21 of group 2), and all animals remained in the study until the predetermined final time point. The control group consisted of 21 left eyes that had no surgical intervention. No intraoperative complications occurred in any of the groups. Corneas remained biomicroscopically clear at day 60 in all cases except in two eyes (one in group 1 and one in group 2). The epithelium remained intact, and no epithelial defects, corneal
ulcers, or epithelial ingrowths were observed during follow-up. Mild conjunctival injection was observed in 35% and 33% of cases (groups 1 and 2, respectively) in postoperative day 7. All of them resolved favorably by postoperative day 60. Stromal edema was seen in 40% and 11% of cases of group 1 and 43% and 33% of cases of group 2 at postoperative days 1 and 7, respectively. All cases of edema underwent complete resolution by day 60 except two (one case in group 1 and one case in group 2). These two cases associated corneal infiltration and were the only cases with corneal opacity at day 60. No other cases of significant clinical haze were seen at final exploration in the inlay group. There were five cases of corneal superficial neovascularization (one case in group 1 and four cases in group 2), with no statistically significant differences between groups ($P = 0.2$). No cases of stromal thinning or melting were observed. Inlays remained optically clear during follow-up in all cases, including the case with the stromal infiltration, and their position remained stable with no evidence of lateral or anterior migration of the inlays throughout the study.

### In Vivo Confocal Microscopy

Two major peaks of reflectivity, corresponding to the endothelium and the superficial epithelium and a minor peak in the midstroma corresponding to the interface, were observed on the z-scan graphic of corneas in group 1. Z-scan graphics of corneas in group 2 showed similar epithelial and endothelial reflectivity peaks and a depression of the reflectivity in the midstromal area, corresponding to the inlay.

Superficial, intermediate, and basal cell layers of the epithelium were observed by IVCM in all cases, with no morphologic differences between groups. There was no evidence of abnormal structures on the epithelium in any of the groups analyzed. Activated keratocytes in the anterior stroma (anterior to the inlay) were seen in all cases at postoperative days 7, 30, and 60. No keratocyte activation was seen below the lamellar dissection. Mean anterior and posterior keratocyte density values in every examination are shown in Table 1. Anterior and posterior keratocyte density did not show statistically significant differences inside group 1 (anterior stroma, $P = 0.23$; posterior stroma, $P = 0.11$) or group 2 (anterior stroma, $P = 0.76$; posterior stroma, $P = 0.27$) during the follow-up period. There was no statistically significant change in the anterior ($P = 0.33$) or posterior ($P = 0.1$) keratocyte cell density between groups 1 and 2 during follow-up (GLM repeated measures procedure). Endothelial cell density, endothelial cell area, percentage of hexagonal cells, and coefficient of variation of cell area values recorded during follow-up are shown in Table 2. No endothelial cell loss was seen in group 1 ($P = 0.07$) or group 2 ($P = 0.23$) during postoperative follow-up. There was no statistically significant change in the endothelial cell density, endothelial cell area, percentage of hexagonal cells, or in the coefficient of variation of cell area between groups during follow-up (GLM repeated measures procedure).

### Histology

Corneas with no intervention (control group) showed normal tissue properties, such as regularly

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**Table 1.** Keratocyte Density by IVCM

| Parameter          | Preoperative | Day 7          |
|--------------------|--------------|----------------|
|                    | Group 1      | Group 2        | Group 1 | Group 2 |
| AKD, cells/mm², mean ± SD | 1035 ± 98    | 1010 ± 97      | 1095 ± 196 | 1040 ± 101 |
| PKD, cells/mm², mean ± SD  | 702 ± 92     | 670 ± 99       | 803 ± 110 | 658 ± 139 |

AKD, anterior keratocyte density; PKD, posterior keratocyte density.

**Table 1.** Extended

| Parameter          | Day 30 | Day 60 | Day 70 |
|--------------------|--------|--------|--------|
|                    | Group 1 | Group 2 | Group 1 | Group 2 | $P$ Value |
| AKD, cells/mm², mean ± SD | 1034 ± 187 | 1002 ± 177 | 1111 ± 159 | 934 ± 325 | 0.33 |
| PKD, cells/mm², mean ± SD  | 735 ± 105 | 779 ± 123 | 665 ± 123 | 665 ± 140 | 0.1 |
Table 2. Endothelial Cell Features Measured by IVCM

| Parameter | Preoperative | Day 7 |
|-----------|-------------|-------|
| ECD, cells/mm², mean ± SD | 2879 ± 310 | 2844 ± 307 |
| MCA, mm², mean ± SD | 351 ± 38 | 354 ± 37 |
| CVCA, mean ± SD | 19 ± 6.5 | 22.23 ± 9.3 |
| HEC, %, mean ± SD | 66 ± 6 | 63 ± 8 |

ECD, endothelial cell density; MCA, mean cell area; CVCA, coefficient of variation of cell area; HEC, hexagonal endothelial cells.

Table 2. Extended

| Parameter | Day 30 | Day 60 | Day 7 |
|-----------|-------|-------|-------|
| ECD, cells/mm², mean ± SD | 2720 ± 288 | 2739 ± 201 | 2844 ± 307 |
| MCA, mm², mean ± SD | 371 ± 40 | 367 ± 28 | 354 ± 37 |
| CVCA, mean ± SD | 19.04 ± 6.5 | 16.7 ± 5.9 | 22.23 ± 9.3 |
| HEC, %, mean ± SD | 59 ± 9 | 66 ± 10 | 63 ± 8 |

ECD, endothelial cell density; MCA, mean cell area; CVCA, coefficient of variation of cell area; HEC, hexagonal endothelial cells.

Discussion

The purpose of this study was to evaluate the biocompatibility of photopolymerized PEGDA inlays after intrastromal implantation in rabbit corneas to be used with therapeutic purpose as a keratoprosthesis. Clinical results were then compared with IVCM findings and with histology samples of the corneas. To investigate the biocompatibility of PEGDA implants with corneal stroma, corneas with inlays were compared with a group of corneas with stromal pockets and no implant and with control corneas over a 2-month period.

Hydrogel inlays made of different materials and designs have shown efficacy and safety after intrastromal implantation in human and rabbit corneas. Poly(ethylene glycol) (PEG) is a biocompatible polymer used extensively as biomaterial in medicine, and it has shown good biocompatibility when used as intrastromal inlay. PEG is soluble in aqueous solutions and can be easily modified on exposure to UV light to form cross-linked hydrogels of high water content. These properties of PEGDA-based photo-
polymerized hydrogels make them potentially suitable for corneal tissue engineering and the development of skirts for keratoprosthesis.

In vivo biocompatibility of stromal inlays depends on different factors such as the surgical procedure, the animal species, postoperative conditions, and especially glucose and water permeability of the material. Glucose diffusion coefficient of the photopolymerized 30% PEGDA inlay was analyzed in vitro, and results were compared with the glucose diffusion coefficient of ex vivo rabbit corneas, showing equivalent permeability. An absence of melting, thinning of the cornea or ulceration, as well as histologic results corroborate well with the in vivo permeability of the 30% (w/v) PEGDA inlays. IVCM images and histology samples showing healthy epithelium and stroma corroborate clinical biocompatibility. Comparative clinical data from control, sham-operated, and implanted corneas showed little response to the presence of a stromal pocket and to the PEGDA intrastromal inlay, with no statistically significant differences observed between groups with or without inlay in any of the clinical variables analyzed. Optical properties of the PEGDA inlays did not change during the study and implants remained optically clear and stable, with no cases of migration observed during follow-up.

Several complications, such as corneal neovascu-

Figure 2. Pathology samples of corneal tissues of rabbits in group 1 (pocket-only). Hematoxylin-eosin staining. Normal endothelium, stroma, and epithelium are observed in all cases except for four cases. These four cases (identifiers 101, 108, 115, and 116) showed midstromal fibrosis with irregularities of the collagen organization and absence of keratocytes around the scarring tissue.
larization, haze, scarring, corneal opacity, epithelial ingrowth, inlay encapsulation, inlay decentration, and significant visual loss, in humans have been described in eyes after hydrogel permeable intrastromal inlay implantations. Complications in this study were few with no statistically significant differences observed between groups with or without inlay and could not be directly attributed to the PEGDA inlay implantation. There was a maximum peak of corneal edema incidence 1 week after surgery, and the incidence decreased progressively in the following weeks in all operated eyes (sham and inlay). Only two intervened cases (one sham and one inlay) showed edema after 2 months. Similar patterns of corneal edema incidence have been described in the early phase after intrastromal implants by other authors and have been attributed to the surgical procedure rather than to the inlay implantation. These two cases with more severe corneal edema and corneal infiltration were the only two cases with severe inflammation and corneal opacity at final exploration. The presence of severe edema with hydrogel inlays made of different materials leading to stromal infiltration and neovascularization has also been previously described. Although most cases of corneal neovascularization after intrastromal inlay implantations described in the literature were secondary to the impermeability of the materials, corneal neovascularization secondary to permeable hydrogel implants has also been reported, suggesting other possible causes apart from the permeability of the hydrogel. Experimental models of corneal neovascularization have shown the ability of topical steroids to suppress the proliferation of stromal blood vessels in the rabbit cornea, and it has been described that long-term use of postoperative me-droxyprogesterone eye drops lead to fewer corneal melts with AlphaCor implants in humans. Corneal neovascularization was observed in five cases (one sham and four inlay). Although a 20% incidence of corneal neovascularization is not to be dismissed, no statistically significant differences were observed between operated groups for the calculated sample size. Steroids were not used to control inflammatory response in this study, as evaluation of inflammatory response to PEGDA inlays was intended. However,
inflammation control is crucial to reduce complications associated with hydrogel intrastromal inlays, and the use of topical steroids could have prevented some of the complications observed.44

Confocal Microscopy

IVCM was used to evaluate corneal structure, morphologic features, and keratocyte and endothelial cell density after photopolymerized PEGDA intrastromal inlay implantation. Results showed little response of the corneal tissue to the presence of stromal pocket and PEGDA inlay, and this response was confined to the vicinity of the pocket and the implant. The epithelium maintained its integrity with minimal alteration of the epithelial layers in all cases (sham and inlay) over the 2-month period.

Activated keratocytes characterized by greater corneal backscattering than quiescent keratocytes, indicating a wound repair process, were observed in the anterior stroma of both groups. Although some authors report no cellular activation or corneal fibrosis by IVCM examination after intrastromal inlays of different designs and materials in rabbit corneas,22,55 other studies have reported keratocyte activation in rabbit corneas after stromal dissection in deep anterior lamellar keratoplasty (DALK)62 and laser-assisted in situ keratomileusis (LASIK)63 and after hydrogel inlay insertion in humans.24,25,64 Keratocytes posterior to the interface area appeared quiescent in every postoperative examination in our study, similar to previous reports with other intrastromal implants described in the literature.24,39,65

No changes in anterior and posterior keratocyte density were observed in any of the groups or between groups during follow-up. Previous studies have reported similar results, with no keratocyte density changes after lamellar dissections with microkeratome or manually dissected pockets and after different stromal inlay implants in rabbit corneas.54,55,65 However, a decrease in keratocyte density after hydrogel inlay implantation in corneas, and it has been previously reported after LASIK and after hydrogel intrastromal inlay implantation in rabbits and in humans.22,24,55,67,70 However, an endothelial cell density reduction has also been described after long-term follow-up with a lidofilcon A inlay in a human cornea.29 To our knowledge, results regarding qualitative features (polymorphism and polymegathism) of the endothelium after intrastromal hydrogel inlays in rabbit corneas have not been previously reported.

Histology

Although described previously after lamellar surgery, no thinning of the epithelium was observed in corneas of group 1 (pocket-only) on histological analysis. The reasons for epithelial thinning after lamellar dissection are not fully understood, and different causes, including cutting the corneal nerves71,72 and the particularity of the species (rabbit),52,73 have been suggested as a possible cause. Epithelial thinning over the inlay area, as observed in the corneas of group 2, has been previously reported after hydrogel inlay implantation in corneas, and it has been attributed to the implant’s thickness, mechanical factors, and glucose diffusion.13,74,75 The pathophysiologic significance of epithelial thinning after hydrogel inlays is uncertain and does not seem to affect optical results or intrastromal inlay retention rates.76

The absence of changes in endothelial cells shown on histological analysis are consistent with IVCM results evidencing no qualitative or quantitative significant alterations of the endothelium between groups in the GLM repeated measures procedure. Results from both histology and IVCM confirm that
changes related to intrastromal PEGDA implants only affect the stroma and epithelium above the implant, with no evidence of posterior stromal or endothelial changes.

Only one case of biomicroscopically visible haze was described in corneas of group 1, whereas the rest of the corneas remained clear. However, histologic corneal scarring secondary to lamellar dissection was observed in four corneas of group 1. This stromal scarring was consistent with the hyperreflective area represented by a midstromal peak observed on the z-scan graphic by IVCM in corneas of group 1. The stromal structure surrounding implants was similar to previous descriptions after hydrogel inlays of different materials in rabbit and human corneas. However, the presence of keratocyte nuclei lining the empty space could indicate the start of a wound healing response caused by fibroblastic transformation of keratocytes that could eventually lead to stromal fibrosis and haze, as has been observed with other implants aimed for refractive purpose, such as the Raindrop inlay. PEGDA inlays were not visible in their original place and shape in contact with the stroma, and the inlay-stromal interface could not be adequately analyzed. It has been reported that high water content and the environmental sensitivity of hydrogels make them unable to be successfully processed for histology by using ordinary tissue-processing techniques, leading to structural changes in the hydrogel-stromal architecture. Histological processing techniques using a glycol methacrylate-embedding protocol could have avoided expanding and shrinking of the hydrogel as a response to an increase in the pH and could have preserved the structure and morphology of the PEGDA hydrogel intracorneal inlays, as has been described for different types of hydrogels implanted in rabbit corneas.

Keratocyte nuclei on the edge of lamellar channels were observed in samples of group 2. Cells were arranged in different patterns from nonhomogeneous formations to organized layers of plane cells surrounding the channel. The presence of keratocyte nuclei on the channels could be attributed to the incapability of the keratocytes to invade PEGDA hydrogel implants and to the intention to fill the potential space generated by the vertical edge of the implants. We did not find lipid deposits, as has been described previously after hydrogel and impermeable intrastromal inlays and ring segment implantation in humans and monkeys. No inflammatory cells were seen except for two cases of eosinophilic infiltration (one in each group). The presence of eosinophils after intrastromal inlay implantations has been reported, although no explanation has been suggested for their presence. The eosinophilic infiltrates in our series corresponded to cases with severe inflammation and infiltration and suggest immunologic origin.

The limitations of this study have been considered. Corneal pockets were performed using a manual technique, and the use of a femtosecond laser could help deliver more regular pocket or flap dissections for the implants, as it has been described for implants aimed at correcting presbyopia. Follow-up time of the study was limited to 2 months. Other studies with a longer duration have shown a higher incidence of complications with hydrogel intrastromal inlays, such as those seen with the Raindrop inlays aimed for refractive purpose, that could arise months or years after intrastromal implantation of synthetic materials.

Conclusions

Photopolymerized PEGDA inlays have shown relatively good safety and stability to be used as corneal inlays with therapeutic purpose in rabbit corneas. PEGDA inlays were biostable in the corneal environment and remained clear during follow-up. No significant changes were observed by IVCM in the keratocyte density (anterior and posterior to the implant) nor in the endothelial cell morphology and density. These results were later confirmed by histology. Follow-up time was limited to 2 months, and further studies are required to assess the long-term in vivo biocompatibility with PEGDA inlays for therapeutic purpose.

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