Accumulation and clearance of tissue residues and health status of Nile tilapia Oreochromis niloticus (L.) juveniles as influenced by the extended oral oxytetracycline-dosing

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Research Article

Keywords: Oreochromis niloticus, Oxytetracycline, Oral dosing, OTC-residues, Histopathology, Fish health

Posted Date: March 1st, 2021

DOI: https://doi.org/10.21203/rs.rs-164142/v1

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Abstract

Antibiotics are considered an important primary therapy for bacterial diseases in aquaculture. This study evaluated the influence of oral administration of oxytetracycline (OTC) on feed intake, growth, mortality, residue accumulation and clearance, and histopathological changes in the vital organs of six groups of Nile tilapia *Oreochromis niloticus* when fed at 0-10 times the therapeutic dose (1X: 80 mg/kg biomass/day) for 10 and 20 consecutive days. The feed intake was reduced only slightly, viz., 2% in 10 days and 4.25% in 20 days dosing trials at 1X-dose compared to control. While in other groups, an OTC-dose-dependent reduction in feed intake up to 31.25% was noted. The fish of 0.5X and 1X groups recorded significantly high biomass; while the other OTC-dosed groups recorded significantly lower biomass than the control. The fold change in biomass between the control and 1X groups was insignificant. A dose-dependent mortalities were recorded in OTC-dosed fish in 10 days (1.67±2.89-6.67±2.89%) and 20 days (3.33±2.89-8.33±2.89%) trials. The OTC concentration in fish muscle established a dose- and time-response relationship. The OTC residue levels in muscle even on day 20 OTC-dosing were lower than the maximum residue limit permitted by Codex Alimentarius (200 ng/g). On day 23 post-OTC-dosing, the residue levels were traces to <10 µg/g in all groups, except the 10X group. The OTC-dosing caused mild to moderate pathological changes in the gills, liver and kidney of *O. niloticus* and the fish were able to mount adaptive biological responses to overcome the stress with time.

Introduction

World food fish aquaculture production increased from 32.4 million tonnes in 2000 to 82.1 million tonnes in 2018 (FAO 2020). Tilapia (*Oreochromis* spp.) are the third most farmed and intensively cultured fish worldwide. Among the tilapia, production of Nile tilapia *Oreochromis niloticus* increased to 4.5254 million mt, with a share of 8.3% of the total world aquaculture production in 2018. The Chinese tilapia trade is the largest in the world (FAO 2020). The disease is one of the major predicaments that have an outcome on the tilapia production and livelihood of the farmers. Antibiotics are considered an important primary therapy for bacterial diseases in aquaculture (Hernandez 2005; Romero et al. 2012). Tetracyclines are widely used in the aquaculture industry because of their wide spectrum antibacterial activity (Wen et al. 2006; Romero et al. 2012). The United States Food and Drug Administration (USFDA) approved antibiotic oxytetracycline (OTC) is the most widely used chemotherapeutics to treat specific and systemic bacterial infections of finfish (USFWS 2015; Julinta et al. 2019a, b). Many reports are available on the application of OTC and its usefulness in controlling the bacterial diseases in aquaculture (Hernandez 2005; Watts et al. 2017; Limbu et al. 2020). However, the abuse of antibiotics in animal husbandry and aquaculture, as well as lack of awareness on the withdrawal time after treatment, have resulted in their release into the surrounding environments and emergence of antibiotic resistance in pathogenic bacteria (Watts et al. 2017; Limbu et al. 2020). Furthermore, the presence of antibiotic residues in food fish might cause adverse reactions in some susceptible consumers (Romero et al. 2012; Watts et al. 2017; Limbu et al. 2020).
Across the world, the apprehension on the consumption of food fish treated with antibiotics has been increasing due to the impact on the economy, public health and consumers’ ethics (Chen et al. 2020). However, the information on direct human health risk through consumption of antibiotics contaminated food fish are lacking (Limbu et al. 2018, 2020). To ensure the safety of food supply for consumers and simplify international trade, the maximum residue limit (MRL) for OTC residues in fish muscle has been established as 100 ng/g by European Union [EU] (Anonymous 2010a) and 200 ng/g by the Codex Alimentarius (Anonymous, 2006), Canada (Anonymous 2010b) and Japan (Anonymous 2011). Further, the safety data on the farmed fish are required as part of the drug registration process in most countries. In fish, the drug metabolism is generally temperature-dependent so also the toxicity, which is greater at higher temperatures (Li et al. 2012). Also, the potential effects of medicated feed administration in tropical fish are limited. The aquaculture use of antibiotics is reportedly caused numerous effects on the developmental, cardiovascular and metabolic systems of fish than their primary purpose, which may vary with species and life stage, antibiotics types, mode of action, dose and dosages (Yang et al. 2020). Besides, the antibiotics may affect growth performance of the cultured fish through enhanced oxidative stress, body damage, impaired nutrients metabolism, feed utilization efficiency and immunosuppression (Limbu et al. 2020). In global aquaculture, at least eight different groups of antibiotics, dominated by tetracyclines, are used. Among them, OTC is the most abused (Limbu et al. 2020). This study, therefore, evaluated the effects of oral administration of OTC at different concentrations on the feed intake, growth, mortality, residue accumulation and clearance and pathological damages in the tissues of vital organs of Oreochromis niloticus juveniles when fed for 10 and 20 consecutive days at 22-26°C (22.82±0.78°C).

**Materials And Methods**

**Experimental fish, design and set up for 10 and 20 days oxytetracycline-dosing trials**

The stocks of Nile tilapia Oreochromis niloticus juveniles of size 10.39±0.67 cm and 13.40±0.48 g were collected from a grow-out system, packed in oxygen-filled bags and transported to the laboratory. The fish were acclimatized for 15 days in circular fiberglass reinforced plastic (FRP) tanks of 500-L capacity. Polypropylene tanks of size L58 × H45 × B45 cm were used for the feeding trials. Each tank was filled with 80-L bore-well water and conditioned for three days. Each tank was then stocked with 20 fish from the acclimatized stocks and protected by nylon net cover.

The safety of OTC in Nile tilapia was evaluated through oral administration for 10 days (10 days trial) and 20 days (20 days trial) separately. The therapeutic dose of OTC, as approved by the USFDA, is 2.50-3.75 g/100 pounds body weight/day (or 55-82.5 mg/kg biomass/day) for 10 consecutive days (USFWS 2015). The therapeutic dose of 80 mg/kg biomass/day was considered a 1X dose in this study. For each trial, the fish were grouped into 6 groups namely control (0X), 0.5X, 1X, 3X, 5X and 10X groups, in triplicate. The fish were fed with 2% of the bodyweight (BW) for thrice daily. The faecal materials and other wastes were removed daily. About 50% of the water was exchanged once in 3 days.

**Oxytetracycline feeds preparation**
Five medicated feeds with varied OTC concentrations were prepared by adding required quantities of oxytetracycline dihydrate powder (HiMedia, India) as described in our earlier studies (Julinta et al. 2019a,b). In brief, the weighed OTC powder was mixed separately in 5 mL refined vegetable oil and then admixed with 1 kg basal pellet feed. The control feed was prepared as above without antibiotic. After proper mixing, the control and OTC-feeds were air-dried under the fan for a day and stored separately in airtight plastic containers at room temperature. The experimental protocols fulfilled the ethical guidelines including adherence to the legal requirements of India (CPCSEA 2018).

**Safety of oxytetracycline (OTC)-dosing**

The total experimental period was 40 days. The fish of all the treatment groups were given the appropriate OTC-feeds at 2% BW thrice daily to get a nominal therapeutic OTC-dose of 40 mg (0.5X), 80 mg (1X), 240 mg (3X), 400 mg (5X), 800 mg (10X)/kg biomass/day. The control group received the control feed (0X). The fish of 10 and 20 days of dosing trials were offered the control feed during the pre-dosing period (day 1-7). During the 10 days (day 8-17) and 20 days (day 18-27) dosing periods, the fish from groups 0.5X-10X were fed with appropriate OTC-feeds. After the completion of dosing, i.e., the post-OTC-dosing period (day 18-40 for 10 days trial) and (day 28-40 for 20 days trial), control feed was offered to all the groups. The daily observations include mortality, external signs of infections and behavioural changes. The observed behavioural changes were the position of fish in the water column, gasping for air, flashing, hyperactivity, lethargy, loss of equilibrium, pigmentation or discolouration and other unusual behaviour or signs. The biomass of at least 10 tilapia from each group was measured on day 0, 10, 20, 30 and 40. The tank-wise uneaten feed pellets, if any, were collected after 90 min of each feeding, air-dried and weighed daily. The feeding behaviour of the experimental tilapia was noted daily and given qualitative (numerical) scores from 0-4, based on the amount of feed consumed (Bowker et al. 2015).

**Oxytetracycline residue analysis by LC-MS/MS**

One fish from each tank were collected on day 0, day 10 and/or 20 OTC-dosing and on the last day of the experiment (day 40) for OTC-residue analysis. The fish were put to death humanely using clove oil (50 μL/L), decapitated, dissected carefully, observed for gross lesions and clinical signs in the vital organs, degutted, washed thoroughly and stored at -20°C. The stored fish tissue samples were packed in dry ice at 1:3 ratio and transported to the Central Institute of Fisheries Technology (CIFT), Kochi, India for LC-MS/MS analysis. Immediately on reaching, the samples were kept in -20°C. Before the extraction of OTC, the fish samples were thawed and collected the edible muscle tissues with the skin. The OTC residues from 2 g fish homogenates were extracted, purified and analysed as described in Sharma et al. (2020). The AB Sciex 4000 QTRAP Mass spectrometry coupled with Exion HPLC system was used for the residue analysis. The method of validation was as per 2002/657/EC decision (European Commission 2002).

**Histopathology**

The kidney, liver and gill tissues were collected on day 0 and day 10 and/or 20 OTC-dosing for histopathology from the 1X-dosed fish collected for LC-MS/MS analysis. The samples were fixed in Bouin’s
fixative for 48 h and transferred to 70% ethyl alcohol overnight. Histopathological analysis was carried out as described in Roberts (2012).

**Physicochemical characteristics of water**

The mercury thermometer and digital pH meter (Waterproof HTestr 10, Oakton) were used to measure the water temperature and pH, respectively. The levels of ammonia, dissolved oxygen, nitrate, nitrite and total hardness in the rearing water were determined by APHA/AWWA/WEF (2012) methods.

**Statistical analyses**

The data generated through triplicate experiments are presented as mean±standard deviation. The non-parametric Kruskal–Wallis test with pair-wise comparisons was followed to analyze the feeding behaviour data. The significance of differences in mortalities and biomass were analyzed by one-way ANOVA and Tukey HSD Posthoc for the comparison of means. Statistical Package for Social Sciences (IBM-SPSS) Version: 22.0 was used for the statistical analyses, considering a probability level of P<0.05.

**Results**

The temperature of the rearing tank water was in the range of 21.00-26.00ºC. The minimum and the maximum values of dissolved oxygen were 4.20 and 4.90 mg/L, respectively. The water pH levels were in the range of 7.80-8.60. The ammonia, nitrite and nitrate levels in the experimental tank water were in the range of 0.003-0.008 mg/L, 0.13-0.73 mg/L and 0.12-0.75 mg/L, respectively. The hardness of the rearing water ranged from 710.00 to 798.00 mg/L.

**Effect of 10 days oxytetracycline-dosing on feed intake, mortalities and biomass**

There was no change in the feeding behaviour of *O. niloticus* of 0.5X and control groups. The feed intake reduced with increasing OTC doses and the mean feeding behaviour scores decreased from 3.92±0.03 in 1X to 2.75±0.13 in 10X. The feed intake reduced significantly among the treatment groups in a dose-dependent manner as well as during the dosing period (P<0.05). During the post-dosing period, a significant improvement in feed uptake was noted (P<0.05), with scores in the range of 3.53±0.09 in 10X - 4.00±0.00 in the 1X groups (Table 1). Mortalities were noted only in the higher OTC-dosed groups during the periods of OTC-dosing and within 3 days of post-OTC-dosing. On day 10 OTC-dosing, the observed mortalities were 3.33±2.89% and 6.67±2.89% in 5X and 10X groups. At the end of experimentation, mortalities in the range of 1.67-6.67% were noted in 3X-10X groups (Table 2). There existed significant differences in the mortalities of Nile tilapia between 0X and 10X during the dosing period, and between 0X and 5X as well as 10X during the post-dosing period (P<0.05). The biomass of OTC-dosed *O. niloticus* juveniles showed an increment pattern from day 0. The fold increase in biomass differed significantly among the treatment groups (P<0.05). The fold increase in the biomass of fish fed the 0.5X and 1X doses were significantly high compared to 0X (2.32), with the highest at 0.5X, i.e., 2.51 times the initial weight. On the other hand, the fold increase in the biomass of fish fed the 3X-10X doses were significantly lower than
the 0X (P<0.05). The 5X and 10X-dosed fish recorded the least growth rate, i.e., 2.11 and 2.03 times the initial weight, respectively (Table 3).

**Effect of 20 days oxytetracycline-dosing on feed intake, mortalities and biomass**

Similar to the 10 days trial, reduced feed intake was noted in all cases compared to the pre-dosing period and/or control/0.5X groups. However, the reduction was more with the increase in OTC-dosing period to 20 days. The mean feeding behaviour scores ranged from 2.60±0.10 (10X) to 3.83±0.06 (1X). Significant differences existed in the feed intake among the treatment groups and dosing periods (P<0.05). With the termination of OTC-dosing, the feed intake improved significantly in all the groups (P<0.05) and the scores ranged from 3.31±0.09 (10X) to 4.00±0.00 (1X; Table 1). No mortalities were observed in control and 0.5X group until 40 days of observation. The mortalities were observed in 1X (1.67±2.89%) to 10X (8.33±2.89%) groups on day 20 OTC-dosing. In post-OTC-dosing period, mortalities in the range of 3.33±2.89 in 1X - 8.33±2.89% in 10X groups were noted (Table 2). Significant differences in the mortalities of Nile tilapia between the control and high OTC-dosed groups during the dosing (5X-10X) and post-dosing (3X-10X) periods were noted (P<0.05). Also, the differences in the mortalities between the 10 and 20 days dosing trials of all OTC-dosed groups (1X-10X) were insignificant (P>0.05). The fish of 0.5X group recorded a significantly high fold change in biomass (2.45 times the initial weight) than the control (P<0.05). The fold change in biomass between the 0X (2.32) and 1X (2.31) group was insignificant (P>0.05). The fold changes in biomass in 3X, 5X and 10X were 2.10, 2.03 and 1.99 times the initial weight, respectively, which were significantly lower (P<0.05) than the control (Table 3). The biomass of 0.5X group, though low in 20 days trial compared to the 10 days trial, the difference was insignificant (P>0.05). The differences in the fold change in biomass of 1X - 10X groups of 10 and 20 days trials were significantly different (P<0.05).

**Abnormalities in oxytetracycline-dosed fish**

The abnormalities increased with the increase in OTC-dose and dosing period. The skin of OTC-dosed fish was normal except the 5X and 10X groups on day 20, and 10X on day 30, which had black patches on the skin. The gills of OTC-dosed fish appeared normal except for the 10X group on day 10- and 20-dosing, which exhibited reddening and excess mucus secretion. The intestines of 5X group were discoloured on day 10 and 20, while those of the 10X group were discoloured as well as swelled on day 10 to 20. The swelling subsided on day 20 in 10 days trial and on day 30 in 20 days trial, but the discolouration of intestine persisted. On and after day 30, all fish became normal and no abnormalities were observed. During the dosing period, the 3X, 5X and 10X OTC-dosed fish were gasping for air. All fish were distributed throughout the water column and there was no flashing, hyperactivity, lethargy and loss of equilibrium. The freshly dead fish were also subjected to necropsy, which had pale kidney and liver, discolouration and liquefaction of internal organs at the higher OTC doses.

**Oxytetracycline residues accumulation and clearance**

The residues in OTC-dosed *O. niloticus* juveniles for 10 and 20 days were analyzed by LC-MS/MS. No OTC-residues were found in control *O. niloticus* tissues as well as during the pre-dosing period. The residue levels increased in a dose-dependent manner from 63.71±3.82 µg/g in 0.5X to 397.15±12.33 µg/g
in 10X groups on day 10 OTC-dosing. In 20 days OTC-dosing trial, the levels of tissue residues increased from 94.52±4.12 µg/g in 0.5X to 754.26±18.44 µg/g in 10X groups, respectively (Table 3). There existed significant differences in OTC-residue levels among the dosing groups and period (P<0.05). On the last day of the experiment, the recorded residue levels were traces to <10 µg/g in all groups, except for the 10X group. The residue levels were 12.78±1.61 µg/g and 85.20±3.69 µg/g for 10 and 20 days trials, respectively on day 23- and 13 post-OTC-dosing (Table 3).

**Histopathology**

The healthy *O. niloticus* juveniles had the normal architecture of the kidney (Fig. 1a), liver (Fig. 2a) and gills (Fig. 3a). The kidney histopathological sections of the 1X-dosed *O. niloticus* juveniles exhibited disintegrated renal tubule, degenerated renal tubular epithelium and vacuolation on day 10 OTC-dosing (Fig. 1b). The 20-day OTC-dosed fish had disintegrated renal tubule, degenerated renal tubular epithelium, vacuolation, disintegrated glomerulus, inflamed renal tubule, widened lumen, constricted renal tubule and necrotised renal tubule (Fig. 1c). The liver of 10 days OTC-dosed group had moderate glycogen-type vacuolization, degenerated hepatocytes and cytoplasmic vacuolization (Fig. 2b). The 20 days OTC-dosed fish exhibited extensive glycogen-type vacuolization, degenerated hepatocytes, cytoplasmic vacuolization and necrotised liver parenchyma (Fig 2c). The gill histopathological sections of the 1X-dosed *O. niloticus* juveniles revealed lamellar fusion, curling of secondary lamellae and desquamation on day 10 OTC-dosing (Fig. 3b). The 20 days OTC-dosed group had lamellar congestion, lamellar fusion, desquamation, lamellar epithelial lifting, ruptured secondary lamellae, swelled lamellar tip and thinning of secondary lamellae (Fig. 3c).

**Discussion**

Intensification of aquaculture favoured the use of a wide range of chemicals including several classes of antibiotics (Hernandez 2005; Romero et al. 2012; Watts et al. 2017). The OTC is the most common one as it is an approved drug for aquaculture and has high potency against bacterial diseases (USFWS 2015). Drugs are assessed for the definition of their MRLs, and their environmental impact, safety and efficacy, which are relatively sparse in tropical aquatic species (Reimschuessel et al. 2005). Our results on Nile tilapia indicated that the feed intake was reduced only slightly, viz., 2% in 10 days trial and 4.25% in 20 days trial at the curative dose (80 mg/kg biomass/day) compared to control during the OTC-dosing period. On the other hand, a dose-dependent reduction in feed intake with the increase in OTC concentrations from 10% in 3X to 31.25% in the 10X group was noted. The reduced feed intake could be attributed to the action of OTC as a feeding deterrent, which can make feed less palatable (Toften and Jobling 1997; Limbu et al. 2020) and antibiotic mediated toxicity (Zhang et al. 2015). An enhanced feed intake was noted in 3X-10X doses with the termination of OTC, yet it was 2.00-11.75% lower than the normal score of 4.0 in 10 days trial. A similar trend was also noted in 20 days OTC-dosing trial, with a reduction of 17.00% in 3X to 35.00% in the 10X group. Though the feed intake increased upon the termination of OTC-dosing, it was lower by 4.25% in 3X to 17.25% in the 10X group than the control. Likewise, a significant dose-dependent reduction in feed intake was noted in Nile tilapia when fed OTC
(Julinta et al. 2019a; Limbu et al. 2020) or florfenicol (Gaikowski et al. 2013) for extended periods. On the other hand, Gaikowski et al. (2003) noted a slight reduction in feed consumption in Walleye (Sander vitreus) at the OTC-dose of 413 mg/kg body weight/day, equivalent to the 5X-dose of our study. Conversely, no dose-related effect on general fish behaviour or feeding behaviour was observed in juvenile sunshine bass when fed florfenicol-medicated feeds at 0, 15, 45, and 75 mg FFC/kg BW/day for 20 days (Straus et al. 2012). Our results indicated that the feed intake may reduce by >2 folds if the dosing period is increased from 10 to 20 days or 5 folds if the therapeutic dose is increased by 3 times in healthy Nile tilapia. It is a cause for concern when treating the diseased fish.

Mortalities were observed only from the 3X (1.67±2.89%) to 10X (6.67±2.89%) groups in 10 days OTC-dosing trial. On the other hand, dose-dependent high mortalities from 3.33±2.89% in 1X to 8.33±2.89% in 10X were recorded in 20 days OTC-dosed Nile tilapia. Our results agree with Trushenski et al. (2018), who recorded 3% mortality in Nile tilapia fed with 80 mg OTC/kg biomass/day for 10 days. Julinta et al. (2019a) also recorded increased mortalities with the increase in OTC-dose, i.e., from 5.00±0.00% in 1X to 13.33±2.89% in 10X groups, respectively when fed for 30 consecutive days. The observations like pale kidney and liver, discolouration and liquefaction of internal organs at the higher doses (3X-10X groups) possibly indicated the consequence of toxicity upon long-term oral OTC-dosing that might have triggered the mortality. It has been opined that any antibiotic/drug dose higher than the permissible limit may result in toxicity reaction (Yang et al. 2020) or affect the parasympathetic nervous system (Limbu et al. 2020). The water quality parameters, except hardness, were optimally well within the acceptable ranges required for the normal growth of fish (Boyd 1979), which rule out as stressful factors for the observed mortalities.

In both 10 and 20 days trials, the 0.5X-dosed Nile tilapia recorded the highest growth rate, 2.45-2.51 times the initial weight, followed by 2.31-2.45 times in the 1X group. The lowest growth rate was recorded in 10X (1.99-2.03 times) followed by 5X (2.03-2.11 times) groups. The significant dose-dependent differences in the fold increase in the biomass of Nile tilapia among the dosing groups indicated that OTC at the higher doses may affect the growth so also in an earlier study with similar doses for 30 days dosing (Julinta et al. 2019a). The 0.5X-dose had significantly high growth increment, while the therapeutic dose (1X) did not affect the growth of Nile tilapia. It has been proved in many earlier studies (Sanchez-Martinez et al. 2008; Reda et al. 2013) that OTC at lower doses favoured the growth of fish including tilapia, possibly due to the reduction of the gastrointestinal tract bacteria and their consequences (Dibner and Richards 2005). Contrarily, many earlier studies have shown the negative effects of antibiotics on the feed digestibility (Toften and Jobling 1997), feed palatability and growth (Trushenski et al. 2018; Julinta et al. 2019a, b; Limbu et al. 2020), immune system (Guardiola et al. 2012), serum biomarkers (Julinta et al., 2019b) and various other functions of fish (Limbu et al. 2020; Yang et al. 2020). The abnormal changes observed on OTC-dosed Nile tilapia at the higher doses also elucidated the side effects of long-term use of antibiotics, similar to several earlier studies that suggested OTC can induce nephrotoxicity and hepatotoxicity (Nunes et al. 2015; Julinta et al. 2019b; Limbu et al. 2020; Yang et al. 2020).

Residual periods of different antibiotics in various fish species are not well studied and, thus, have scarce information. Oxytetracycline remains one of the most common antibiotic residues found in animal tissues (Granados-Chinchilla and Rodríguez 2017). It is an easily degradable drug but can stay in muscle as
metabolites forms or the pond sediment for a certain period (Romero et al. 2012; Watts et al. 2017). The absorption and elimination period is greatly influenced by temperature (Li et al. 2012). The present study at 22-26°C recorded a dose-dependent OTC-residue increase during the dosing period both in 10 and 20 days trials. Nevertheless, the residue levels were well within the MRL prescribed by Codex Alimentarius (200 ng/g; Anonymous 2006) or slightly above the EU regulations (100 ng/g; Anonymous 2010a) on day 10 OTC-dosing (119.75±6.72 ng/g) at the therapeutic dose (1X group). The residue levels were traces to <10 µg/g in all groups, except the 10X group, i.e., 12.78±1.61 µg/g and 85.20±3.69 µg/g for 10 and 20 days trials, respectively on the last day of the experiment. Likewise, many earlier studies noted residues of OTC in fish for several days or weeks (Reda et al. 2013; Elia et al. 2014; Limbu et al. 2020), which may pose an increased risk of the possible transfer of drug residues to the consumers (Mo et al. 2017; Limbu et al. 2020). Our results uphold the observations of Elia et al. (2014), who recorded significantly lower OTC-residue levels in carp muscle 10 days after the 75 mg/kg antibiotic withdrawal than the MRL permitted by the EU regulation. Our residue clearance data may be useful to the policymakers in establishing the best possible dosages or the withdrawal periods in cultured Nile tilapia.

The renal toxicity may affect the tubules or glomeruli directly or alter hemodynamics indirectly, inflammatory tissue injury, and/or obstruction of renal excretion (Seely et al. 2018). The disintegrated renal tubule, degenerated renal tubular epithelium and vacuolation were the major histological alterations observed in the kidney of 10 days OTC-dosed Nile tilapia. Besides these, the extended dosing caused more alterations like disintegrated glomerulus, inflammation of renal tubule, widened lumen, constricted renal tubule and necrosis of renal tubule. The onset of necrosis and other inflammatory changes in the renal tubules may be the outcome of the toxic effect of long-term oral OTC-dosing and oxidative stress (Limbu et al. 2020). Nevertheless, the changes were observed to be only mild to moderate. The tubular epithelium degeneration noticed in the kidney indicated that the damage can be toxic, ischemic, inflammatory or obstructive. It has been reported that the tetracycline interacts with organic anionic transporters (OATs) and mediates the renal excretion in the kidney, although tetracycline does not possess anionic moieties (Konig et al. 2013). These transport characteristics may lead to the accumulation of tetracycline and induction of tetracycline-associated nephrotoxicity (Yang et al. 2020). The lumen constriction in the collecting canals indicated low filtration rate. The observations on the vacuolation in the renal tubules can reflect an alteration of many cytoplasmic components (Seely et al. 2018). Similarly, cytoplasmic vacuolization in the kidney renal duct epithelium was demonstrated by Svobodova et al. (2006) in C. carpio when fed OTC-feed at a higher dose (15 g/kg live weight). In contrast, the oral administration of low levels of OTC (150 mg OTC/kg feed) caused no alteration of the kidney tissues of Piaractus mesopotamicus (Carraschi et al. 2012). The present study also noted inflammation in the renal tubules of OTC-dosed Nile tilapia upon extended dosing, possibly due to the presence of inflammatory cells within the tubule lumen, epithelium, or both. The inflammation of renal tubules (nephritis) and disintegrated glomerulus revealed a defective glomerular filtration of blood. The inflammation and loss of structural integrity of the renal tubules in OTC-dosed fish may decrease the availability of ATP and impair the energy supply (Baldissera et al. 2017). A perusal of literature on the histopathological changes in the kidney of fish treated with various antibiotics at varied concentrations through different routes of administration indicated conflicting results. For example, several earlier studies reported no changes in the kidney of fish (Fairgrieve et al. 2005; Straus et
al. 2012; Shiogiri et al. 2016); while others demonstrated histopathological alterations in the kidney (Reimenschuessel and Ferguson 2006; Gaikowski et al. 2013). Our observation on the progressive increase in the renal changes with the duration of treatment validated earlier studies (Reimenschuessel and Ferguson 2006; Gaikowski et al. 2013; Yang et al. 2020; Limbu et al. 2020).

The OTC-dosed Nile tilapia of the present study exhibited varying degrees of glycogen-type vacuolization in the liver. Glycogen vacuolization is a signal of the degenerative process, which can cause an increase in the size of hepatocytes or acute swelling of the organ (Rejeki et al. 2005). It may also result in depletion of the glycogen reserves in the hepatocytes (Wilhelm-Filho et al. 2001) and an imbalance in synthesis and release of metabolic substances (Senarat et al. 2015), thus, leading to stress in fish. The vacuolization of the hepatocytes was severe in 20 days OTC-dosed Nile tilapia than the 10 days dosed group, which suggested severe metabolic damage, possibly related to OTC-medication. It implied that vacuoles formation is a defence mechanism against OTC toxicity and may be an adaptive change to protect against liver injury (Wolf et al. 2015). The fish of both trials also had degeneration of hepatocytes and cytoplasmic vacuolization. Besides, the 20 days OTC-dosed group necrotised liver parenchyma, thus confirming the hepatotoxic effect of OTC. Alike, the histopathological sections of the gill of 1X-dosed *O. niloticus* revealed varying degrees of changes on the gills upon extended OTC-dosing. Changes observed on 10 days OTC-dosed fish were lamellar fusion, curling of secondary lamellae and desquamation. The 20 days OTC-dosed group had more severe pathological changes, viz., lamellar congestion, desquamation, lamellar epithelial lifting, ruptured secondary lamellae, swelled lamellar tip and thinning of secondary lamellae. Tissue damages in the gills, as reported here due to extended OTC-dosing, may reduce the oxygen up-take and disturb the osmoregulatory functions of the fish. Similarly, tetracyclines or OTC induced pathological changes in *Oncorhynchus mykiss* (Rodrigues et al. 2017) and *Gambusia holbrooki* (Nunes et al. 2015), possibly associated with circulatory disturbances and oxidative stress, have been demonstrated In contrast, zebrafish *Danio rerio* exposed to OTC at 10–50 mg/L levels failed to show changes in the gill tissues (Oliveira et al. 2013).

**Conclusion**

The effects of OTC on the reduced in feed intake and biomass and increased mortalities were observed to be dose-dependent. The OTC concentration in muscle demonstrated a dose- and time-response relationship. The OTC residue levels in muscle even on day 20 OTC-dosing at 80 mg/kg biomass/day were lower than the MRL permitted by Codex Alimentarius (200 ng/g). The data on the residue clearance can be useful in establishing the safe withdrawal period in cultured Nile tilapia. From the results of the present study, it can be concluded that oral OTC administration at 80 mg/kg biomass/day for 10 consecutive days at 22-26°C did not affect the survival, feed intake and growth performance. Though the oral OTC-dosing caused mild to moderate pathological changes in the gills, liver and kidney, the Nile tilapia were able to mount biological adaptive responses to overcome the stress with time.

**Declarations**
Acknowledgement The authors thank the Vice-Chancellor, West Bengal University of Animal and Fishery Sciences, Kolkata for providing necessary infrastructure facility to carry out the work.

Authors’ contributions TJA and PKP designed the study, contributed to study materials and consumables. AR, JS and RBJ performed the wet laboratory experiments, histopathology and generated the data. EKNK and RR performed the LC-MS/MS analysis. KAK interpreted the LC-MS/MS data. TJA performed statistical analyses, interpreted the data and wrote the manuscript. All authors agreed with the results and conclusions.

Funding The research work was supported by the Indian Council of Agricultural Research, Government of India, New Delhi under the All India Network Project on Fish Health (Grant F. No. CIBA/AINP-FH/2015-16 dated 02.06.2015).

Data availability The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Compliance with ethical standards

Competing interests The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Ethics approval and consent to participate All the experimental protocols were as per the guidelines of the Government of India and approved by the University Ethical Committee and the Indian Council of Agricultural Research, Government of India, New Delhi (F. No. CIBA/AINP-FH/2015-16 dated 16.7.2015) under the All India Network Project on Fish Health.

Consent for publication Not applicable.

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**Tables**

**Table 1**

Feeding behaviour numerical scores of oxytetracycline (OTC)-dosed Oreochromis niloticus at 0-10 times the therapeutic dose of 80 mg/kg biomass/day (X) for 10 and 20 consecutive days
| Period                      | Dosing days | Feeding behaviour scores: Range and mean±standard deviation |
|-----------------------------|-------------|-------------------------------------------------------------|
|                             | 0 mg (0X) and 40 mg (0.5X) | 80 mg (1X) | 240 mg (3X) | 400 mg (5X) | 800 mg (10X) |
| Pre-dosing period           | 10 and 20   | 4.00 (4.00±0.00)    | 4.00 (4.00±0.00) | 4.00 (4.00±0.00) | 4.00 (4.00±0.00) |
| OTC-dosing period 10*       | 4.00 (4.00±0.00)  | 3.50-4.00 (3.92±0.03)  | 3.00-4.00 (3.60±0.05)  | 3.00-4.00 (3.40±0.18)  | 2.00-3.00 (2.75±0.13)  |
|                             | 20**        | 4.00 (4.00±0.00)  | 3.50-4.00 (3.83±0.06)  | 3.00-4.00 (3.32±0.11)  | 3.00-4.00 (3.23±0.09)  |
| Post-OTC-dosing period 10*  | 4.00 (4.00±0.00)  | 4.00 (4.00±0.00)  | 3.00-4.00 (3.92±0.08)  | 3.00 - 4.00 (3.68±0.11) | 3.00 - 4.00 (3.53±0.09) |
|                             | 20**        | 4.00 (4.00±0.00)  | 4.00 (4.00±0.00)  | 3.00-4.00 (3.83±0.06)  | 3.00-4.00 (3.46±0.09)  |

*: 10 days OTC-dosing, i.e., 1-7 days: Pre-dosing period; 8-17 days: OTC-dosing period (OTC-dosing); 18-40 days: Post-OTC-dosing period; **: 20 days OTC-dosing, i.e., 1-7 days: Pre-dosing period; 8-27 days: OTC-dosing period (OTC-dosing); 28-40 days: Post-OTC-dosing period; 1-5: Values sharing uncommon numerical superscripts within a row for a particular dosing period differed significantly (P<0.05). a-c; A-C: Values sharing uncommon alphabetical superscript within a column for a particular treatment (dose) differed significantly (P<0.05).

Table 2

Mortalities in oxytetracycline (OTC)-dosed *Oreochromis niloticus* at 0-10 times the therapeutic dose of 80 mg/kg biomass/day (X) for 10 and 20 consecutive days
| Treatment groups | Mortality (%) |
|------------------|---------------|
|                  | OTC-dosing period | Post-OTC-dosing period |
|                  | 10 days# | 20 days$ | 10 days# | 20 days$ |
| 0 mg (0X)        | 0.00±0.00 | 0.00±0.00 | 0.00±0.00 | 0.00±0.00 |
| 40 mg (0.5X)     | 0.00±0.00 | 0.00±0.00 | 0.00±0.00 | 0.00±0.00 |
| 80 mg (1X)       | 0.00±0.00 | 1.67±2.89 | 0.00±0.00 | 3.33±2.89 |
| 240 mg (3X)      | 0.00±0.00 | 3.33±2.89 | 1.67±2.89 | 5.00±0.00* |
| 400 mg (5X)      | 3.33±2.89 | 6.67±2.89 | 5.00±0.00* | 6.67±2.89* |
| 800 mg (10X)     | 6.67±2.89* | 8.33±2.89* | 6.67±2.89* | 8.33±2.89* |

#: 10 days OTC-dosing, i.e., 1-7 days: Pre-dosing period; 8-17 days: OTC-dosing period (OTC-dosing); 18-40 days: Post-OTC-dosing period; $: 20 days OTC-dosing, i.e., 1-7 days: Pre-dosing period; 8-27 days: OTC-dosing period (OTC-dosing); 28-40 days: Post-OTC-dosing period. Values with an asterisk (*) within a column differed significantly from control (P<0.05).

Table 3

Biomass and residues accumulation in oxytetracycline (OTC)-dosed *Oreochromis niloticus* at 0-10 times the therapeutic dose of 80 mg/kg biomass/day (X) for 10 and 20 consecutive days

| Treatment groups | Biomass: Fold increase in 40 days | OTC residues in the muscle (ng/g)# |
|------------------|----------------------------------|-----------------------------------|
|                  | 10 days | 20 days | 10 daysα | 20 daysα |
| 0 mg (0X)        | 2.32±0.03¹ | 2.32±0.02¹ | 0.00±0.00¹ | 0.00±0.00¹ |
| 40 mg (0.5X)     | 2.51±0.04¹a* | 2.45±0.04¹* | 63.71±3.82¹ | 94.52±4.12² |
| 80 mg (1X)       | 2.45±0.05¹a* | 2.31±0.02² | 119.75±6.72¹ | 183.13±11.97² |
| 240 mg (3X)      | 2.15±0.02¹b* | 2.10±0.01²* | 163.52±3.54¹ | 328.34±14.45² |
| 400 mg (5X)      | 2.11±0.02¹b,c* | 2.03±0.02²a* | 218.65±8.43¹ | 453.43±10.74² |
| 800 mg (10X)     | 2.03±0.02¹c* | 1.99±0.02²a* | 397.15±12.33¹ | 754.26±18.44² |

Dosing periods are as in Table 2. #: Data represent the observations made on day 10 or day 20 OTC-dosing. The residue levels were traces to <10 µg/g in all groups, except the 10X group, i.e., 12.78±1.61 µg/g and 85.20±3.69 µg/g for 10 and 20 days trials, respectively on the last day of the experiment. Values with
an asterisk (*) within a column differed significantly from control (P<0.05). a-c: Values sharing uncommon alphabetical superscripts within a column differed significantly (P<0.05). 1,2: Values sharing uncommon numerical superscript within a row for a particular parameter differed significantly (P<0.05). α: Values among the treatment groups within a column differed significantly (P<0.05).

**Figures**

![Figure 1](image1.png)

**Figure 1**

The histopathological sections of the [a] normal kidney of O. niloticus juveniles, X200 H&E staining and [b] 1X-dosed fish showing disintegrated renal tubule (DR), degenerated renal tubular epithelium (DRE) and vacuolation (V) on day 10 OTC-dosing, X400 H&E staining, and [c] disintegrated renal tubule (DR), degenerated renal tubular epithelium (DRE), vacuolation (V), disintegrated glomerulus (DG), inflammation of renal tubule (I), widened lumen (W), constricted renal tubule (C) and necrosis (N) of renal tubule on day 20 OTC-dosing, X200 H&E staining
Figure 2

The histopathological sections of the [a] normal liver of *O. niloticus* juveniles, X200 H&E staining and [b] 1X-dosed fish showing moderate glycogen-type vacuolization (V), degeneration of hepatocytes (D) and cytoplasmic vacuolization (CV) on day 10 OTC-dosing, X200 H&E staining, and [c] extensive glycogen-type vacuolization (V), degeneration of hepatocytes (D), cytoplasmic vacuolization (CV) and necrotised liver parenchyma (NLP) on day 20 OTC-dosing, X200 H&E staining
Figure 3

The histopathological sections of the [a] normal gill of O. niloticus juveniles, X100 H&E staining and [b] 1X-dosed fish showing lamellar fusion (LF), curling of secondary lamellae (CSL) and desquamation (DS) on day 10 OTC-dosing, X200 H&E staining and [c] lamellar congestion (C), lamellar fusion (LF), desquamation (DS), lamellar epithelial lifting (EL), ruptured secondary lamellae (RSL), swelled lamellar tip (SLT) and thinning of secondary lamellae (TSL) on day 20 OTC-dosing, X200 H&E staining

Supplementary Files

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