Imaging techniques in Veterinary Medicine. Part I: Radiography and Ultrasonography

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ABSTRACT

In Veterinary Medicine all the Imaging techniques are used and described but, due to organizational, managerial and, mostly, economical reasons, Radiography and Ultrasonography are the most used. Veterinary Radiology teaching has a relatively small number of educational credits in the degree courses but, nowadays, educational opportunities are remarkably increased thanks to a number of post-degree courses and masters, organized both by the universities and private veterinary associations. The relevance of Diagnostic Imaging is particularly true in Veterinary Medicine, in which Radiology could be considered “indispensable” for diagnosis, prognosis and follow up. Furthermore, it should not be forgotten that the diagnostic image represents a “document” and, has a relevant role in legal medical debates.

In this first part, Radiography and Ultrasonography are described.

1. Radiography

Radiography in veterinary practice moved its first steps in 1920s, after the introduction of a number of technical improvements like the high-tension transformers, the Coolidge tube and the Bucky-Potter system [1,2]. The first text on veterinary radiology was published in 1926 by dr. Paul Henkel [3]. One of the first publications reporting the use of X-ray was about the hip dysplasia, described as a rare disease in military dogs, in which a positioning similar to that used in human was suggested by the Author [4]. In 1937, there was the first scientific article about X-ray protection [3,5].

For decades, the Radiography was the only technique available in veterinary practice and, therefore, its diffusion in the small animals and horses facilities has been widespread all over the world. That diffusion, after a slowing down period, coincident with the arrival of Ultrasonography and Computed Tomography (CT), knows a new boost thanks to the digital radiographic systems [2].

The radiographic devices used in small animal practice (including exotic pet and wild animals) are usually equipped by a table (trocho-graph) while the portable devices are the most used in the horse practice (less frequently radiography is routinely used in other large animals and livestocks). In a limited number of specialized horse clinics, more powerful radiographic devices, useful not only for the study of the appendicular skeleton but also for the skull, the column, the thorax and the abdomen, are present.

Anyway, compared to the human, beyond the differences caused by the lower budget (depending directly on the owner’s capabilities), the main veterinary radiographic feature is represented by the scarce or absent patient’s collaboration and, consequently, by the necessity of manual or pharmacological constraint (Fig. 1A and B).

Veterinary practice is more like pediatrics in which some person must help to control the patient. This means that, in critical patient, the anesthesia or deep sedation could represent a handicap in performing a radiographic exam [3]. In addition, the need to use human operators to obtain the correct positioning is one of the most common causes of undue exposition to X-rays [5].

The positionings used in veterinary radiography are multiple and they mainly depend on the direction of the X-ray beam: using the vertical X-ray beam, the positioning usually used are the lateral recumbence (right or left), the dorsal recumbence and the sternal-abdominal...
recumbence; using the horizontal X-ray beam, the positionings usually used are the standing position and the bipedal position.

The international terminology adopted for animal body surfaces and anatomical planes, obviously, presents differences compared to the human ones. For example, the “coronal plane” defined in human radiology is called “dorsal longitudinal plane” in veterinary radiology. Other differences concern “anterior” and “posterior” and “superior” and “inferior” that in veterinary patients become “ventral” and “dorsal” and “cranial” and “caudal”, respectively [7].

In Veterinary Medicine, also the rules used for displaying the images are different: radiographs of the skull, the neck, the trunk and the tail, in latero-lateral views, will have cranial to the left, caudal to the right, dorsal to the top and ventral to the bottom, while in ventro-dorsal or dorso-ventral views, cranial will be on the top, caudal on the bottom, right on left and left on the right; radiographs of the appendicular skeleton in lateral views will have cranial/dorsal to the left, caudal/palmar/plantar to the right, proximal to the top and distal to the bottom, while in the axial views, proximal will be on the top and distal on the bottom and, for the right legs, the right side will be on the left, for the left legs, the left side will be on right.

Among the contrastographic techniques, those used for the urinary appataratus (venous urography, antegrade pielo-ureterography, cystography and ureteroigraphy) and for the spinal cord (myelography) still have a primary role, while those for the digestive tract, except esophagography, after the arrival of the Ultrasonography, the CT and Endoscopy, lost the most of their relevance [8-10].

At the moment, Radiography is considered the first step for evaluating the skeleton, the thorax and the abdomen, even if, for the latter, Radiography is considered complementary to the Ultrasonography.

1.1. The skeleton

Radiography is considered the best technique to assess the skeleton and it is currently used for characterizing bone lesions, checking the efficacy of treatments and allowing the monitoring of the healing processes [11].

Some general rules to performe the radiographic exam can be outlined: the use of, at least, two orthogonal views; the radiographs have to include all the bone segment evaluated (from the proximal to the distal joints included); the use of an high contrast technique with higher mAs and lower kV (nevertheless, at the present, the digital systems have partially outdated this specific rule) [12]; the use of other optional, oblique or stressed, views to better assess some bones or joints or some clinical conditions.

In many occasions, the radiographic exam could be performed on awake subjects but in case of painful lesions (i.e. fractures or luxations), the patient has to be sedated or anaesthetized in order to better visualize

Fig. 1. A) Manual restraint in a dog undergoing thoracic Radiography in right lateral recumbence. B) Pharmacological restraint (general anesthesia) in a dog undergoing an uretrography in lateral recumbence with both hindlimbs pulled cranially.

Fig. 2. Intertarsal traumatic subluxation in a 5-years old male English setter. A) Medio-lateral view of the left tarsus in a neutral positioning. B) Same view with stressed position with hindpaw pushed proximally: the lesion is now clearly visible.
a lesion, when it is necessary to obtain a more stressed positioning, (Fig. 2) [13].

In small animals, Radiography is currently used for the screening of many congenital or hereditary osteo-articular diseases, i.e. canine hip and elbow dysplasia (Figs. 3 and 4) [14,15]. In horses, the appendicular skeleton is widely studied by means of X-rays, using portable devices, in case of congenital, degenerative and traumatic injuries (Fig. 5) [16].

1.2. The thorax

As for human beings, in small animals, exotic pets and wild animals, Radiography is considered the technique of choice for assessing the thorax, except for the heart. The good contrast provided by the air in the lungs opens up a window to the thoracic organs, an extent not possible with the abdominal radiographic study [11,17].

The Radiography of the thorax is usually performed on awake subjects, maintained by human operators (Fig. 1A). In some occasions, to have the greatest air contrast, especially when Radiography is
performed to rule out lung metastasis, it is recommended to perform it on animals in general anesthesia and during a positive ventilation [18].

The radiographs of the thorax, particularly those performed on awake subjects, should be obtained using a very short exposition time (0.008/0.012 s) to avoid, as far as possible, movements and artifacts on the image, since the patient does not stop to breath or, more commonly, increase the breath rate, due to stress and fear. However, a correct thorax radiograph must be performed at the end of inspiration except in case of suspect pneumothorax or pulmonary bullae [19].

The routine views for the thorax are: Latero-Lateral (LL) left-to-right, in right lateral recumbence (to assess the heart, the left lung and the esophagus) or right-to-left, in left lateral recumbence (to assess the heart and the right lung); Dorso-Ventral (DV) in sternal-abdominal recumbence (to assess the heart, the main pulmonary vessels and the dorsal portion of the lung lobes); Ventro-Dorsal (VD) in dorsal recumbence (to assess the ventral portion of the lung lobes, the esophagus and the...
mediastinum) [18].

Other optional views are available using the horizontal X-ray beam: LL in standing position or in dorsal recumbence (to assess pleural or mediastinal fluid effusions); VD in bipedal position (to assess pleural or mediastinal fluid effusions, and, during an esophagography, the gastro-esophageal junction), in right or left lateral recumbence (to assess the pneumothorax).

In the dog, it is possible to distinguish three constitutional morphotype of the thorax: dolycmorphus, in which the thorax is narrow, on latero-lateral diameters, the heart has a triangular shape and its long axis is quite perpendicular to the sternum, furthermore, the diaphragmatic profile is deeply positioned into the thoracic cavity; mesomorphus, in which the latero-lateral thoracic diameters are not shorter than the cranio-caudal ones, the heart has a more globose ellipsoideal shape, a little reclined on the sternum; brachyformus, in which the thorax is wide and the diaphragmatic profile flattened, the heart has a globose shape with a large contact between the cranial profile and the sternum, its caudal profile could be superimposed to the diaphragm [19]. In small animals, including the exotic pets and wild animals, the main clinical indications for the radiography of the thorax are suspect pneumonia, tumors stadiation, esophageal problems, trauma (Figs. 6 and 7) [11,19]. Nevertheless, in small animal practice, Radiography is not considered the technique of choice for assessing the heart, it is still considered the simplest way to assess the dimension and to control the evolution of a cardiomyopathy in longitudinal follow-up (Fig. 8) [20-22].

In the horse, the Radiography of thorax can be performed only using very powerful X-ray devices; furthermore, to assess all the thorax, four lateral views are needed, since it does not exist cassettes or plates so big to include all the thorax in a single shot. The orthogonal views, VD or DV, are impossible to obtain, and not used [18].

1.3. The Abdomen

The abdominal cavity contains several organs and apparatus mostly made by soft tissues and therefore better assessed by Ultrasonography or other advanced tomographic techniques. However, Radiography still remains one of the most used techniques due to its capillary diffusion in veterinary facilities, quick execution, simple interpretation (especially if compared to ultrasonography) and relative cheapness. No other techniques provide an overview of large portions of the body in such a quick time [10]. Unfortunately, Radiography has a low contrast resolution for soft tissues and many abdominal organs, that, when normal, are not distinguishable (i.e. gallbladder, pancreas, adrenal glands, ovary glands, uterus and lumph nodes).

The radiographic exam of the abdomen, like that of the thorax, is usually performed on awake subjects maintained by human operators. Contrastographic exams of the digestive tract are also made on awake subjects especially when it is necessary to evaluate the functionality of the organs. In case of not collaborative patients (as the most of exotic pets and wild animals) or special procedures (i.e. contrastographic studies of the colon and of the urinary apparatus) it is necessary to use deep sedation or general anaesthesia [8].

The Radiography of the abdomen has to be performed at the end of expiration, when the diaphragm is at the most cranial position and, therefore, the abdominal organs are less superimposed. As for the thorax, and in order to reduce the risk of movement artifacts, the exposition time has to be set lower as possible and, however, less than 0.016/0.02 s [23].

When the study is programmable, a fasting of at least 12 h it is ever necessary. Other than the fasting, in case of the urinary apparatus and the colon, 2–3 days of laxative and enema are recommended [23].

The routine views for the abdomen are the Latero-lateral LL (on right or left recumbence) and the Ventro-dorsal VD (on dorsal recumbence). Usually, for the lateral view it is preferred the right recumbence; the LL on left lateral recumbence is performed after the right LL view, when the stomach is assessed.

Other then the routine views, there are some optional views useful to better characterize some organs: the Dorso-ventral DV view in case of pregnancy; the VD view on left lateral recumbence with the horizontal X-ray beam in case of suspect pneumoperitoneum; the 20° oblique VD view, to assess the uretero-vesical junction during the venous urography or the antegrade pyelo-ureterography; the LL view with the
Fig. 9. Gastric foreign body (fishing hook) (arrow) in a juvenile loggerhead (*Caretta caretta*). A) Dorso-ventral view. B) Latero-lateral view using the horizontal X-ray beam.

Fig. 10. Latero-lateral view, in right lateral recumbence, of the stomach in the dog. A) Normal aspect in an 1-year old female Mixed breed dog. B) Gastric volvulus in a 12-years old male German shepherd; the stomach is severely dilated and with an inverted position. Legend: 1 = gastric fundus; 2 = gastric body; 3 = gastric antrum; 4 = liver; 5 = spleen.

Fig. 11. Antegrade pyelo-ureterography in a 4-years old neutered male Labrador, affected by a left ectopic ureter. A) Latero-lateral view. B) Oblique 20° left ventral- right dorsal view. Post-contrast images obtained following US-guided injection of non-ionic iodinated contrast medium in the renal pelvis. Legend: 1 = severely dilated (hydronephrotic) pelvis of the left kidney; 2 = severely dilated left ureter (hydroureter) ending in the prostatic urethra (empty arrowhead); 3 = urinary bladder distended by air (pneumocystography).
hindlimbs cranially pulled to avoid their superimposition on the uretra in male dogs (Fig. 1B).

Radiography is considered the first step when a gastro-intestinal disease is suspected, particularly in case of suspect ingestion of a foreign body or pronounced meteoric dilatations (Figs. 9 and 10) [23].

In addition, Radiography is still considered the technique that permits a more objective evaluation of liver and kidney dimensions [24,25]. Urinary apparatus, especially the ureters and urethra, always need contrastographic studies (venous urography, antegrade pyelography and urethrography) (Fig. 11) [25,26]. In small animals, Radiography still keeps relevance in last pregnancy to count the number of newborn (Fig. 12) [27].

2. Ultrasonography

It was in the 1960s [28] that a new imaging technique, based on the use of ultrasound, started to be considered in small animal clinics. This new imaging tool, called “Ultrasonography” rapidly spread among veterinarians and small animal clinics all over the world. Ultrasonography came out to be a very suitable imaging technique able to give clinical information for a wide variety of diseases. This probably was the main reason of its success among veterinarians. It was clear since the beginning of its application that it was “operator dependent”. In order to gain good quality results, the veterinarian operator should reach good manual skills, proper preparation in ultrasonographic anatomy, not only for dogs and cats but also of other species. Moreover, a good preparation on the pathophysiology of the different apparatus is necessary.

The most important applications of Ultrasonography in small animal clinics include abdominal and thoracic Ultrasonography, echocardiography and musculoskeletal Ultrasonography.

Abdominal Ultrasonography is probably the most important application in small animal clinic. Ultrasonography is useful to study parenchymal organs like the liver, the kidney and the urinary system, the spleen, the endocrine glands, the lymph nodes, the reproductive apparatus, and the gastrointestinal tract.

Liver Ultrasonography is indicated primarily in cases of chronic diseases (hepatic insufficiency, fat parenchyma infiltration, focal parenchymal lesions) and in their follow up. Characterization of liver primary/metastatic expansive masses should be considered. The presence of hepatic fluid filled cysts in cats may be associated to a congenital disease called Polycystic Kidney Disease (PKD) frequently observed in exotic and Persian cat [29]. The characterization of the malignancy of multiple parenchymal liver nodules can be studied by means of ultrasonographic contrast medium [30,31]; the evaluation of the portal venous phase is able to discriminate among benign and malignant nodules with a high sensitivity and specificity as it is described in human medicine [32]. Ultrasonographic evaluation of the gallbladder and common bile duct may outline thickening of the wall suggestive of colecitisits; its contents with the common “kiwi pattern appearance” may suggest the presence of mucocele (Fig. 13) [33]. Gallbladder calculi, expansive masses, common bile duct obstruction are other conditions that can be described ultrasonographically. Doppler evaluation of the portal vein flow, when indicated, may outline conditions of portal hypertension, or conditions of portal-cava shunts.

Ultrasonography of the kidney allows the evaluation of the parenchyma, especially of the cortex, medulla and the pelvis. Modification of cortical echogenicity (focal or diffuse), kidney profile, pelvis dimension and alteration of the vascularization are indicative of the presence of chronic kidney diseases [34,35]. Moreover, the ultrasonographic follow up of chronic kidney disease is very important for the clinician together with biochemical-clinical data collection [36]. By means of Ultrasonography, primary/multiple nodular expansive masses, cystic formation, calculi formation and their location within the pelvis or along the ureter can be observed. In some instance, ultrasonography may be useful for the evaluation of urethers outlet in the bladder, allowing ectopic ureter diagnosis [37].

Urinary bladder ultrasonographic evaluation gives many information about the bladder wall (focal/diffuse bladder neoplasia, chronic inflammation, polypoid formation) and its content, that could be variable. Within the bladder lumen veterinary ultrasonographers could find calculi, foreign bodies as migrating grass awn [38], and blood clot in cases of inflammation and/or bladder wall neoplasia. In male dogs it is important the evaluation of the bladder neck and prostatic urethra/prostate gland, being sites in which frequently some neoplasia origin. Ultrasonography is used also as a tool able to guide the operator in the correct positioning of the needle within the bladder lumen

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Fig. 12. Dorso-ventral view of the abdomen in a pregnant 2-years old female Scottish terrier. After the 45th day of pregnancy, the fetal skeleton is sufficiently mineralized to be visible on radiograms. X-ray is reccomended for counting the number of fetuses, usually identifying the fetal skulls (asterisks).

Fig. 13. Mucocele in a 12-years old female Mixed breed dog: sagittal oblique scan of the gallbladder. Within the anaechoic lumen of the gallbladder, echoic structures suggestive of a “kiwi pattern” are visible.
Spleen Ultrasonography must always be included during a routine abdominal ultrasound and it is required also in some acute conditions like the gastric volvulus where the spleen may be involved in the torsion. Moreover, primary splenic torsion is also described in case of peritonitis and abdominal haemorrhage (Fig. 14) [39]. Ultrasonography is also indicated in the evaluation/follow up of splenic masses. Attention is requested in the ultrasonographic approach of complex expansive masses suggestive of possible rupture causing life-threatening haemorrhage.

The evaluation of adrenal glands is routinely performed during abdominal ultrasound examination. Normally the adrenal glands are quite small, peanut shaped the left one, more ovalar the right one. The Ultrasonographic evaluation of the right adrenal gland might be challenging, being located far cranially adjacent to the caudal vena cava: the presence of air in the gastrointestinal tract or fluid/food filled stomach are conditions which often interfere with its evaluation. Ultrasonographic pathological features (size, shape, echotexture) of adrenal glands can aid the diagnosis [40]. Most common disease of adrenal glands include hormone secreting or non secreting hormone.

Lymph nodes ultrasonography is frequently performed in different anatomical regions and so it is for the abdomen. Their evaluation may rise suspect of the presence of malignant disease or inflammatory conditions. Lymph nodes ultrasonographic features as shape, vascularity, echogenicity helps in the diagnosis of the ongoing disease (Fig. 15) [41, 42]. Reproductive apparatus is frequently examined both in small and large animals (bovine and horses in particular). Ultrasonography is useful in the evaluation of ovary glands and uterus. Moreover, the fetus evaluation (fetus measurement, fetus position in uterus, viability of the...
strong predictive value in determining the presence of an intestinal lesion, integrity of the wall layers, regional lymph nodes infiltration of the intestinal tract, regional lymph nodes involvement and intestinal motility. The loss of wall layering has a predictive value in determining the presence of an intestinal lesion. The ultrasonographic features that are considered in the evaluation of gastrointestinal disease are intestinal wall thickening and length of the intestinal lesion, integrity of the wall layers, regional lymph nodes involvement and intestinal motility. The loss of wall layering has a strong predictive value in determining the presence of an intestinal lesion.

Furthermore, thoracic Ultrasonography can be considered in the lung examination of large animals as foal/horses [49]. Both for small and large animals, thoracic ultrasound examination is indicated in the investigation of suspected respiratory disease. In animals with suspected intrathoracic disease, ultrasonography can be used to identify pleural effusion, pneumothorax, pulmonary parenchymal disease and other diseases (Fig. 17) [48,49].

It is well known that echocardiography is the gold standard for a reliable examination of cardiovascular structure and function in humans [50]. With advancement of clinical echocardiography, methodology and equipment have been extended from humans to small animals [51]. Ultrasound imaging helps in the evaluation of cardiac function in small animals, and permits to assess cardiac anatomy and function without inducing significant stress to the patient. In dogs and cats, echocardiography helps in the characterization of congenital anatomical defects as persistent ductus arteriosus (PDA), pulmonic/aortic valve stenosis, atrial/ventricular septal defect, trilogy/tetralogy of Fallot; moreover, it gives information on pressure gradient in great vessels for a proper evaluation of heart-lungs circulation. Longitudinal studies are possible and necessary for the assessment of the vascular pressure gradients, and medical treatment strategies. One of the most common diseases which affect cardiac valves in dogs is represented by mitral valve endocardiosis (Fig. 18). Degenerative Mitral valve disease (DMVD) is a common canine cardiac disease; approximately 30% of dogs over 10 years old are affected by this disease which results in mitral regurgitation [52]. Echocardiography is the gold standard for the assessment of cardiac
Fig. 18. Mitral valve endocardiosis in a 10-years old female Cavalier King Charles Spaniel. The Color Doppler in a four chambers apical scan outline the mitral valve insufficiency.

Fig. 19. Rupture of the right proximal biceps muscle tendon in a spayed 4-years old female Deutsch Kurzhaar. Longitudinal scan of the proximal insertion of the left (A) and right (B) tendon of the biceps muscle. The right tendon lost the normal fibrillar echostructure visible in the left one, it is hypoechoic with some anechoic small defects. The distal profiles of the right scapular glenoid tubercole are irregular. Legend: s = scapular glenoid tubercle; h = cranial surface of the proximal humerus; * = tendon of the biceps muscle.

Fig. 20. Longitudinal ultrasonographic scan of the median palmar metacarpal region (proximal is on the left). A) Normal aspect of the digital flexor tendons (superficial and deep), the accessory carpal ligament of the deep digital flexor tendon and the suspensory ligament in a 3-years old male Italian trotter. B) Partial tearing of the left accessory carpal ligament of the deep digital flexor tendon in a 4-years old male Warmblood dressage horse: the accessory carpal ligament is enlarged, hypoechoic and with loss of fiber pattern. Legend: 1 = superficial digital flexor tendon; 2 = deep digital flexor tendon; 3 = accessory carpal ligament of deep digital flexor tendon; 4 = suspensory ligament; 5 = palmar surface of the third metacarpal bone.
structure and function and, together with electrocardiography and thoracic radiography, becomes an important tool in the evaluation of the progression of the disease and gives indications for a proper assessment of medical treatment strategies.

Musculoskeletal ultrasonography is a rapidly growing field within the veterinary medicine. Ultrasound for musculoskeletal disorders has been commonly used in equine sports medicine and human medicine and nowadays, it is also more commonly performed in small animal patients due to the increase in the recognition of soft tissue injuries. Advantages of musculoskeletal ultrasonography consists in the possibility to explore also the contralateral limb, to evaluate symmetry of the tendinous structures, and to repeat the ultrasound examination to assess the healing process [53]. The increase of sport competitions, which request to the dogs more and more physical strength, has led to an increase of musculoskeletal injuries. Shoulder diseases involving bicipital muscle tendon as tendinitis/partial rupture (Fig. 19), mm. sartorius and mm. infraspinatus affected by partial rupture, and avulsion of the distal bony insertion of the tendon are some of the most frequent injuries observed. Chronic myositis of ileopsoas muscles must be mentioned as a typical disease consequent to dog sport competitions. Among these diseases other pathological conditions that can be considered ultrasonographically include muscles rupture, muscle neoforinations (granuloma/abscess/neoplasia), osteosarthritis, and tendon/ligament diseases (inflammation, partial/can be observed, partial rupture, and avulsion of the distal bony insertion of the tendon are some of the most frequent injuries observed. Chronic myositis of ileopsoas muscles must be mentioned as a typical disease consequent to dog sport competitions. Among these diseases other pathological conditions that can be considered ultrasonographically include muscles rupture, muscle neoforinations (granuloma/abscess/neoplasia), osteosarthritis, and tendon/ligament diseases (inflammation, partial/closure).

Horse’s Ultrasonography of the musculoskeletal system is a well diffusible practice that helps in the evaluation of tendons, muscles and joints and nowadays is well considered in the studies of orthopedic diseases in equine sport medicine (Fig. 20) [54].

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