Tezepelumab Reduces Exacerbations Across All Seasons in Patients with Severe, Uncontrolled Asthma: A Post Hoc Analysis of the PATHWAY Phase 2b Study

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Introduction: Tezepelumab is a human monoclonal antibody that blocks thymic stromal lymphopoietin (TSLP), an epithelial cytokine implicated in airway inflammation in asthma, from binding to its heterodimeric receptor. In the PATHWAY phase 2b study, tezepelumab significantly reduced exacerbation rates compared with placebo in adults with severe, uncontrolled asthma, irrespective of baseline disease characteristics.

Objective: To evaluate the effect of tezepelumab on asthma exacerbations on a seasonal basis.

Methods: This was a post hoc analysis of the PATHWAY study (NCT02054130). Adults (N=550) with severe, uncontrolled asthma were randomized 1:1:1:1 to receive subcutaneous tezepelumab 70 mg every 4 weeks (Q4W), 210 mg Q4W or 280 mg every 2 weeks (Q2W), or placebo Q2W, for 52 weeks. The annualized asthma exacerbation rate (AAER), total number of days with an exacerbation, proportion of patients with at least one exacerbation or 0, 1 or ≥2 exacerbations, and proportion of patients experiencing an exacerbation per day were evaluated by season and over the year, by treatment in the overall study population and in subgroups according to baseline blood eosinophil count (≥300 cells/µL or <300 cells/µL) or atopic asthma status (fluoro-enzyme immunoassay [FEIA]+ or FEIA–).

Results: Seasonal variations in exacerbation rates were found, with peaks observed in fall and winter, and greater variations in patients with high blood eosinophil counts (≥300 cells/µL). Tezepelumab treatment consistently reduced exacerbation rates across all seasons compared with placebo. Furthermore, there was a trend, which was not significant, toward a reduction in the total number of days with exacerbations and in the proportion of patients with exacerbations during each season in patients treated with tezepelumab compared with those who received placebo, irrespective of blood eosinophil count or atopic asthma status.

Conclusion: Tezepelumab reduced exacerbations across all seasons, irrespective of evaluated baseline disease characteristics. These data support the efficacy of tezepelumab in a broad population of patients with severe, uncontrolled asthma.

Keywords: allergens, asthma, eosinophil, seasonal variation, tezepelumab, thymic stromal lymphopoietin

Introduction

Asthma occurs in approximately 339 million individuals globally,¹ up to 10% of whom have severe asthma.² A substantial number of patients with severe asthma continue to experience exacerbations involving acute worsening of symptoms despite treatment with medium- to high-dose inhaled corticosteroids (ICS) and...
long-acting β2-agonists (LABAs), as well as additional controller therapies. These patients have a high burden of disease and are at risk for recurrent exacerbations and hospital admissions. Seasonal variations in asthma exacerbations have been observed in both epidemiological and clinical studies, with higher rates of exacerbations in adults usually occurring in fall and winter. Seasonal environmental changes in both aeroallergen exposure and the prevalence of respiratory viral infections, including those caused by influenza viruses and, in particular, rhinoviruses, have been implicated in the amplification of airway inflammation in patients with asthma. This increased inflammation may induce asthma exacerbations and acute worsening of symptoms. Data from a recent study suggest that patients with high blood eosinophil counts (≥300 cells/µL) appear to experience greater seasonal variability in asthma exacerbations than those with low blood eosinophil counts (<300 cells/µL).

Currently approved biological therapies for severe asthma, which are indicated for patients with severe, allergic asthma (monoclonal antibodies directed against immunoglobulin E [IgE; omalizumab]) or severe, eosinophilic asthma (anti-interleukin [IL]-5 [mepolizumab, reslizumab], anti-IL-5 receptor-alpha [benralizumab] and anti-IL-4 receptor-alpha [dupilumab]), reduce asthma exacerbation rates in study populations by approximately 50%. Omalizumab has been shown to blunt seasonal exacerbations more effectively in the fall and spring seasons than in summer, whereas mepolizumab and benralizumab have more uniform effects on exacerbations across the seasons.

Tezepelumab is a human monoclonal antibody (IgG2α) that binds specifically to thymic stromal lymphopoietin (TSLP), blocking it from interacting with its heterodimeric receptor. TSLP is an upstream epithelial cytokine released in response to airborne triggers of asthma, including allergens, viruses, cigarette smoke and other pollutants interacting with the airway epithelium, and is implicated in the initiation and persistence of airway inflammation in asthma. In the PATHWAY phase 2b study (ClinicalTrials.gov identifier: NCT02054130), tezepelumab significantly reduced the annualized asthma exacerbation rate (AAER) by up to 71% compared with placebo in adults with severe, uncontrolled asthma. Reductions in exacerbations were observed irrespective of baseline disease characteristics, suggestive of a potential benefit of tezepelumab treatment in a broad population of patients relative to other approved biological therapies. This post hoc analysis evaluated the effect of tezepelumab treatment on asthma exacerbations in the PATHWAY study population on a seasonal basis.

Methods

Study Design and Participants

PATHWAY was a phase 2b, randomized, multicenter, double-blind, placebo-controlled trial, conducted between December 2013 and March 2017. The full design and inclusion and exclusion criteria of this study have been described previously. Patients included in the study were 18–75 years old and were current non-smokers with severe asthma that was uncontrolled, despite treatment with medium- or high-dose ICS (250–500 µg/day or >500 µg/day of fluticasone dry powder inhaler or equivalent, respectively) plus a LABA. Patients were required to have a history of at least two asthma exacerbations that led to systemic corticosteroid treatment, or at least one severe exacerbation that resulted in hospitalization, in the 12 months before study entry.

Patients with any clinically important pulmonary disease other than asthma were excluded. Randomization was stratified according to study site (Japanese or non-Japanese) and subsequently by blood eosinophil count (≥250 cells/µL or <250 cells/µL) and ICS dose level (medium or high). Patients were randomized (1:1:1:1:1) to receive subcutaneous doses of tezepelumab 70 mg every 4 weeks (Q4W), 210 mg Q4W or 280 mg every 2 weeks (Q2W), or placebo Q2W, for 52 weeks.

The study was conducted in accordance with the ethical principles of the Declaration of Helsinki, International Conference for Harmonisation Good Clinical Practice guidelines, and applicable regulatory requirements. Approvals from Copernicus central Institutional Review Board (Durham, NC, USA) and local independent ethics committees were obtained, and all patients provided written informed consent in accordance with local requirements. A full list of the Institutional Review Boards and independent ethics committees is provided in Table S1.

Outcomes

The primary outcome measured in this analysis was the AAER, which was evaluated by season for each treatment group. An asthma exacerbation was defined as worsening of asthma that led to use of systemic corticosteroids for at
least 3 days, an emergency room visit that required systemic corticosteroids for at least 3 days, or hospitalization.

In addition, the total number of days with an exacerbation per patient, the proportion of patients with at least one exacerbation or 0, 1 or ≥2 exacerbations, and the proportion of patients experiencing an exacerbation per day were evaluated by season and over the year; these outcomes were assessed by treatment in the overall study population and in subgroups according to central blood eosinophil count (≥300 cells/µL or <300 cells/µL) or atopic asthma status (fluoro-enzyme immunoassay [FEIA] + or FEIA− for IgE-mediated asthma) at baseline (defined as the last valid assessment before the first administration of study drug on day 1). The allergens tested for in the specific IgE FEIA are listed in Table S2.

Data presented will focus primarily on the tezepelumab 210 mg (selected for phase 3 clinical studies) and pooled tezepelumab dose groups.

Statistical Analyses
Exacerbations were assigned to a single season in which the exacerbation began. For exacerbations that extended over several seasons, the number of days of the exacerbation that fell within a defined seasonal period contributed to that period accordingly. Winter, spring, summer and fall were defined as January to March, April to June, July to September and October to December, inclusive, respectively. Data from patients in the southern hemisphere were transformed to align with equivalent seasonal time periods in the northern hemisphere by shifting the data by 6 months (ie, July would become month 1 and January would become month 7). To visualize the annual exacerbation pattern, each exacerbation was mapped onto a day of a 365-day year. Given that 2016 was a leap year, all data from February 29, 2016 to December 31, 2016 were assigned to the previous day; to keep exacerbation episodes spanning February 29, 2016 the correct length, an extra day was added to the end of these episodes. Area plots were generated to show, on a day-by-day basis, the sum of patients experiencing an exacerbation divided by the number of patients. Area plots were also generated for each subgroup where appropriate.

AAERs and 95% confidence intervals (CIs) during each season were estimated using a negative binomial regression model, with treatment group (placebo or tezepelumab) and baseline ICS dose level (medium or high) as covariates. The logarithm of the time at risk within each season was included as an offset in the model. Owing to convergence issues, the baseline blood eosinophil count stratification factor (≥250 cells/µL or <250 cells/µL) was not included as a covariate in the model.

Descriptive summary statistics (n [%] or mean [standard deviation; SD]) were used to report: total number of exacerbations per patient during each season; total number of days with an exacerbation per patient during each season and weekly; proportion of patients with at least one exacerbation or 0, 1 or ≥2 exacerbations during each season; and proportion of patients experiencing an exacerbation per day throughout the year (for the overall population, and for subgroups of patients with high [≥300 cells/µL] or low [<300 cells/µL] baseline blood eosinophil counts and with FEIA+ or FEIA− atopic status).

As an additional exploratory analysis, the relationship between exacerbations and the influenza season was visualized graphically by plotting the proportion of Eastern European patients experiencing an exacerbation per day together with the mean proportion of positive influenza tests among respiratory specimens in Eastern Europe (after aligning at the median peak for the period comprising the 2003–2004 to 2013–2014 seasons, excluding 2009–2010). Eastern Europe, consisting of Bulgaria, Czech Republic, Hungary, Latvia, Lithuania, Serbia, Slovakia and Ukraine, was selected for this analysis because patients from these countries comprised the largest regional population of the PATHWAY study.

All analyses were conducted without control of type 1 error; as such, p values are not presented.

Results
Patient Disposition
Overall, 550 patients were randomized to receive tezepelumab 70 mg Q4W (n=138), 210 mg Q4W (n=137) or 280 mg Q2W (n=137), or placebo Q2W (n=138). Patient demographics and clinical characteristics at baseline have been reported previously. The overall proportion of patients in the combined placebo and pooled tezepelumab groups with a history of at least three exacerbations at baseline (ie, in the 12 months before study start) was slightly higher in patients with high (≥300 cells/µL) vs low (<300 cells/µL) baseline blood eosinophil counts (22.8% vs 17.1%, respectively), and in patients with non-atopic asthma (FEIA−) versus atopic asthma (FEIA+) (21.1% vs 18.5%, respectively; Table S3).
Effect of Tezepelumab Treatment on Exacerbation Frequency by Season

Overall, across treatment groups, AAER was highest in winter, followed by fall and summer, and lowest in spring. Treatment with tezepelumab 210 mg Q4W reduced AAER by 64% (95% CI 22 to 83), 80% (95% CI 41 to 93), 82% (95% CI 48 to 94) and 67% (95% CI 21 to 86), compared with placebo, in winter, spring, summer and fall, respectively (Figure 1; Table S4). For the pooled tezepelumab group, AAER was reduced by 63% (95% CI 37 to 78), 70% (95% CI 42 to 85), 77% (95% CI 56 to 88) and 63% (95% CI 34 to 79), compared with placebo, in winter, spring, summer and fall, respectively.

Number of Days with Exacerbations During Each Season and Throughout the Year

Patients treated with tezepelumab experienced fewer days with exacerbations than those who received placebo. In the placebo group, the total number of days with an exacerbation were 336, 217, 255 and 323 during winter, spring, summer and fall, respectively, compared with 81, 46, 31 and 89 days in the tezepelumab 210 mg Q4W group, respectively, and 353, 189, 203 and 304 days in the pooled tezepelumab group, respectively. During each season, the mean [SD] number of days with an exacerbation per patient in the placebo group was higher (2.5 [7.2], 1.6 [4.9], 1.9 [5.5] and 2.3 [7.4] days for winter, spring, summer and fall, respectively) than in the tezepelumab 210 mg Q4W group (0.6 [2.8], 0.4 [2.0], 0.2 [1.6] and 0.7 [3.2] days, respectively) and the pooled tezepelumab group (0.9 [3.7], 0.5 [2.8], 0.5 [3.0] and 0.8 [3.3] days, respectively) (Figure 2). These observations were also true for both the high and low blood eosinophil count subgroups, and the atopic and non-atopic asthma subgroups (Tables S5 and S6). In general, irrespective of treatment, patients with high blood eosinophil counts experienced more days with exacerbations than those with low blood eosinophil counts. Patients with both atopic and non-atopic asthma experienced more days with exacerbations during winter than in the other seasons, while patients with atopic asthma also experienced more days with exacerbations in fall.

When presented by week, the mean number of days with an exacerbation per patient was generally lower for the tezepelumab 210 mg Q4W and pooled dose groups than for the placebo group throughout the year (Figure 3).

Proportion of Patients with Exacerbations During Each Season and Throughout the Year

The proportion of patients who experienced at least one exacerbation was higher in all seasons in the placebo

![Figure 1 AAER during each season.](https://www.dovepress.com/)

**Note:** Data are annualized rates and 95% CIs.

**Abbreviations:** AAER, annualized asthma exacerbation rate; CI, confidence interval; Q4W, every 4 weeks.
group (16.9%, 13.1%, 15.4% and 14.5% during winter, spring, summer and fall, respectively) than in the tezepelumab 210 mg Q4W group (6.9%, 3.1%, 3.1% and 5.3%, respectively) and the pooled tezepelumab group (7.9%, 4.1%, 4.0% and 6.4%, respectively) (Table 1). This finding was also observed in both the high and low blood eosinophil count subgroups (Table S5) and the atopic and non-atopic subgroups (Table S6). Correspondingly, there were more patients with no exacerbations in the tezepelumab-treated subgroups with high and low blood eosinophils and atopic and non-atopic status, during each season, than in the subgroups who received placebo (Tables S5 and S6). In general, irrespective of treatment, patients with both atopic and non-atopic asthma experienced more exacerbations during winter than in the other seasons, and patients with atopic asthma also experienced a peak in exacerbations in fall.

Peaks in the proportion of patients with exacerbations per day were observed in winter, early summer, and fall (Figure 4). The proportion of patients with exacerbations per day was generally lower in the tezepelumab 210 mg and pooled tezepelumab dose groups than in the placebo group throughout the year, which was also the case in both blood eosinophil count subgroups and both atopic asthma status subgroups (Figure 5). The greatest peak in the proportion of Eastern European patients with exacerbations per day

Figure 2 Mean number of days with an asthma exacerbation per patient, by season. Notes: Standard deviations are provided in parentheses. Winter, spring, summer and fall are defined as Jan–Mar, Apr–Jun, Jul–Sep and Oct–Dec, respectively.

Figure 3 Mean number of days with an asthma exacerbation per patient, for each week of the year. Notes: Weeks are defined as 7-day periods starting on January 1; day 365 was added to week 52, resulting in an 8-day week.
occurred during winter, which coincided with the annual peak in the proportion of positive influenza tests recorded in that region (Figure 6). On average, fewer patients treated with tezepelumab had exacerbations during the peak of positive influenza tests than those who received placebo.

### Discussion

In the PATHWAY phase 2b study, tezepelumab significantly reduced the AAER compared with placebo in adults with severe, uncontrolled asthma.\(^{21}\) This post hoc analysis extended this observation by demonstrating that tezepelumab reduced the AAER compared with placebo across all seasons, irrespective of baseline blood eosinophil count and specific IgE (FEIA) status.

Seasonal variations in exacerbation rate (encompassing both frequency and duration) were observed in this study population, with peaks occurring in fall and winter. This is consistent with findings from previous studies of seasonal variation in asthma exacerbations.\(^{9,12}\) Interestingly, a somewhat smaller peak in exacerbation rates was also observed during summer in our data set. The greatest peak in the daily proportion of Eastern European patients experiencing an exacerbation came in winter and coincided with the peak of the regional influenza season. Seasonal variation in exacerbations was observed in both patients with high (≥300 cells/µL) and low (<300 cells/µL) baseline blood eosinophil counts, although there appeared to be more exacerbations and also greater seasonal variability in the former group among placebo-treated patients. Similar observations were made in placebo-treated patients with moderate-to-severe asthma in a study of the anti-IL-13 monoclonal antibody lebrikizumab, which used the same blood eosinophil count threshold.\(^{12}\) We also observed that patients with non-atopic asthma (FEIA–) experienced the greatest peak in exacerbations in winter, whereas those with atopic asthma (FEIA+) experienced the greatest peaks during both fall and winter.

Treatment with tezepelumab consistently reduced exacerbations throughout the seasons; the AAER was reduced by 64–82% with tezepelumab 210 mg Q4W compared with placebo, with the greatest reductions observed during summer and the smallest reductions observed during winter. In addition, treatment with tezepelumab reduced both the number of exacerbations during each season and the total days of exacerbations during each season, compared with placebo. These data indicate that asthma exacerbations in the group of patients treated with tezepelumab were less frequent and shorter in length.

Previously, in PATHWAY, tezepelumab treatment was shown to significantly improve the AAER in patients with either high or low blood eosinophil counts, and with either atopic or non-atopic asthma (as determined by FEIA status),
Figure 4 Proportion of patients with asthma exacerbations per day throughout the year. 
Notes: The upper part of the figure shows the marginal overlapping area plot of exacerbations per day throughout the year, expressed as percentage of placebo patients and percentage of all tezepelumab treatment arms summed. The lower part of the figure shows the occurrence and duration of individual exacerbations. Treatment arms are grouped between horizontal dividers.
Abbreviations: Q2W, every 2 weeks; Q4W, every 4 weeks.

at baseline. In the present analysis, tezepelumab was again shown to reduce asthma exacerbations in all baseline blood eosinophil and atopic asthma subgroups, with a trend, which was not significant, towards reductions in both the number and duration of exacerbations during all seasons, compared with placebo. Studies of other biological therapies in patients with severe asthma have reported reductions in exacerbations during each season; however, these analyses either showed reduced efficacy in patients with low baseline eosinophil counts (<300 cells/μL) or were only investigated in patients with high baseline eosinophil counts (≥300 cells/μL). The ability of tezepelumab to reduce exacerbations in patients irrespective of baseline disease characteristics, including blood eosinophil count and atopic status, and across all seasons suggests that it may have efficacy in a broad population of patients with severe, uncontrolled asthma across the spectrum of exacerbation etiologies. The effect of tezepelumab on seasonal asthma exacerbations is consistent with its mechanism of action, targeting the epithelial cytokine TSLP, which activates
downstream inflammatory pathways in response to airborne particles, such as allergens and viruses, interacting with the airway epithelium.

This study has both strengths and weaknesses. An asset of this study is that it included patients with high and low blood eosinophil counts, which allowed insights into the treatment effects of tezepelumab in these two important subgroups. Other valuable aspects of the study design were the duration and regional diversity. The study lasted an entire year, which allowed assessment through multiple viral and allergen seasons, and it was performed in a large number of countries around the world, making the results more generalizable. A limitation of this study was that rigorous assessments of the causes of exacerbations, such as identification of specific viral infections, were not performed. Complete evaluations of atopic status, such as the use of skin testing, were also not performed. In addition, it was not possible to examine the effect of environmental irritants such as smoke and pollution. Owing to the relatively small size of the PATHWAY study population and to the low rate of exacerbations observed in the study, statistical comparisons within seasons across eosinophil and atopic subgroups were not possible, hence these results are

Figure 5 Proportion of patients with asthma exacerbations per day throughout the year, stratified by (A) low (<300 cells/µL; left) or high (≥300 cells/µL; right) baseline blood eosinophil counts, or (B) atopic (FEIA+; left) or non-atopic (FEIA−; right) asthma status.

Notes: A number of patients had no atopic status recorded (placebo, n=8; pooled tezepelumab, n=28).

Abbreviations: FEIA, fluoroenzyme immunoassay; QHV, every 4 weeks.
Figure 6 Relationship between asthma exacerbations and the influenza season in Eastern Europe.

Notes: The overlapping area plot shows the proportion of patients with asthma exacerbations per day throughout the year in a subset of patients from Eastern Europe. The purple line, associated with the secondary axis to the right, shows the mean proportion of positive influenza tests for Eastern Europe after aligning at the median peak for the period comprising the 2003–2004 to 2013–2014 seasons (excluding 2009–2010).25

Presented descriptively only. The effect of tezepelumab across the seasons in these subgroups, and in all patients with severe asthma, will be further assessed in the phase 3 NAVIGATOR study (ClinicalTrials.gov identifier: NCT03347279), which has a considerably larger patient population than PATHWAY.

Conclusions

In conclusion, treatment with tezepelumab reduced the rate of exacerbations compared with placebo in patients with severe, uncontrolled asthma across all seasons. Exacerbations were reduced irrespective of baseline blood eosinophil count and atopic asthma (FEIA) status. These data support the efficacy of tezepelumab in reducing exacerbations in a broad population of patients with severe, uncontrolled asthma across the spectrum of exacerbation etiologies.

Abbreviations

AAER, annualized asthma exacerbation rate; CI, confidence interval; FEIA, fluoro-enzyme immunoassay; ICS, inhaled corticosteroids; Ig, immunoglobulin; IL, interleukin; LABA, long-acting β2 agonist; Q2W, every 2 weeks; Q4W, every 4 weeks; SD, standard deviation; TSLP, thymic stromal lymphopoietin.

Data Sharing Statement

Data underlying the findings described in this paper may be obtained in accordance with AstraZeneca’s data sharing policy described at https://astrazenecagrouptrials.pharmaco.com/ST/Submission/Disclosure.

Ethics Approval and Informed Consent

This study was conducted in accordance with the ethical principles of the Declaration of Helsinki, International Conference for Harmonisation Good Clinical Practice guidelines, and applicable regulatory requirements. Approvals from Copernicus central Institutional Review Board (Durham, NC, USA) and local independent ethics committees were obtained, and all patients provided written informed consent in accordance with local requirements.

Consent for Publication

Not applicable.
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Author Contributions
All authors made a significant contribution to the work reported, whether that was in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article was submitted; and agree to be accountable for all aspects of the work.

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Disclosure
JC received grants and personal fees from AstraZeneca during the conduct of the study, and has received grants and personal fees from Genentech, personal fees from Teva Pharmaceuticals, grants from Sanofi and personal fees from Vectura Group outside of the submitted work. MK, AH and GC are employees of AstraZeneca, and may own stocks in AstraZeneca. JRP is an employee of AstraZeneca and owns stock and stock options in Amgen Inc. In addition, JRP has patents: US20180296669A1 and WO2018191479A1, Treatment of Asthma with Anti-TSLP Antibody, pending. The authors report no other potential conflicts of interest for this work.

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