The consequences of online partisan media

Andrew M. Guess\textsuperscript{a,h,1}®, Pablo Barberá\textsuperscript{a}®, Simon Munzert\textsuperscript{b,1}®, and JungHwan Yang (양정환)\textsuperscript{c,1}®

\textsuperscript{a}Department of Politics, Princeton University, Princeton, NJ 08544; \textsuperscript{b}School of Public and International Affairs, Princeton University, Princeton, NJ 08544; \textsuperscript{c}Department of Political Science and International Relations, University of Southern California, Los Angeles, CA 90089; \textsuperscript{d}Data Science Lab, Hertie School, 10117 Berlin, Germany; and \textsuperscript{e}Department of Communication, University of Illinois at Urbana-Champaign, Urbana, IL 61801

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What role do ideologically extreme media play in the polarization of society? Here we report results from a randomized longitudinal field experiment embedded in a nationally representative online panel survey (N = 1,037) in which participants were incentivized to change their browser default settings and social media following patterns, boosting the likelihood of encountering news with either a left-leaning (HuffPost) or right-leaning (Fox News) slant during the 2018 US midterm election campaign. Data on \(\approx 19\) million web visits by respondents indicate that resulting changes in news consumption persisted for at least 8 wk. Greater exposure to partisan news can cause immediate but short-lived increases in website visits and knowledge of recent events. After adjusting for multiple comparisons, however, we find little evidence of a direct impact on opinions or affect. Still, results from later survey waves suggest that both treatments produce a lasting and meaningful decrease in trust in the mainstream media up to 1 y later. Consistent with the minimal-effects tradition, direct consequences of online partisan media are limited, although our findings raise questions about the possibility of subtle, cumulative dynamics. The combination of experimentation and computational social science techniques illustrates a powerful approach for studying the long-term consequences of exposure to partisan news.

media | politics | polarization | computational social science

The internet is transforming society. One of the fundamental ways in which this is occurring is by dramatically increasing the availability of information. In removing barriers to access, some have debated whether the internet is a democratizing force that helps to level the playing field for underrepresented perspectives and social movements (1, 2). These dynamics have eroded the power of traditional gatekeepers to set the boundaries of debate, allowing a wider range of perspectives—but also rumors, misinformation, and biased accounts of reality—to flourish (3–5). These structural changes to the information environment have profound implications for understanding the ways people seek political information and their political behaviors. Scholars have debated the extent to which online news consumers exhibit a preference for politically congenial sources (6–8). This evidence on people’s information consumption raises questions about its causal impact, especially among those frequently exposed to partisan sources of news.

Assessing the consequences of slanted news requires overcoming well-known challenges in the study of media effects. Previous studies have sought to address bias due to self-selection of news sources (9), the artificiality of forced-stimuli designs (10–12), and the unreliability of traditional measures of media exposure (13, 14). Experimental research designs have focused on the relatively short-term impact of curated treatments such as individual news articles or TV clips in controlled settings. For these reasons, consensus on the impact of media in a fragmented, polarized social media age remains elusive (15).

As a result, there is a large gap between academic discussions of these issues and popular accounts about the internet’s role in fostering divisions in society. This state of affairs echoes decades of research in the minimal effects tradition, which argues that media primarily reinforce existing predispositions (16). At the same time, more recent research strongly implies that newspapers and especially cable news can change people’s voting behavior, especially those without strong partisan attachments (17–20). We propose an internet-age synthesis that views people’s information environments through the lens of choice architecture (21): frictions, subtle design features, and default settings that structure people’s online experience. In this view, small changes (or nudges) could disproportionately affect information consumption habits that have downstream consequences.

To that end, we designed a large, longitudinal online field experiment that subtly but naturalistically increased people’s exposure to partisan news websites. Our choice of treatment is ecologically valid: Despite the importance of social media for agenda-setting (22) and public expression (23), more Americans continue to say that they get news from news websites or apps than social media sites (24). The intervention thus served as a nudge, boosting the likelihood that subjects encountered news framed with a partisan slant during their day-to-day web browsing experience, even if inadvertently. The powerful, sustained nature of the intervention and our ability to track participants with survey and behavioral data for months provided the opportunity to test a range of hypotheses about the long-term impact of online partisan media.

Our preregistered hypotheses were divided into two separate studies for analysis. Study 1 covers a range of outcomes assessing how partisan media affects political polarization. Study 2 focuses

Significance

Popular wisdom suggests that the internet plays a major role in influencing people’s attitudes and behaviors related to politics, such as by providing slanted sources of information. Yet evidence for this proposition is elusive due to methodological difficulties and the multifaceted nature of online media effects. This study breaks ground by demonstrating a nudge-like approach for exploring these effects through a combination of real-world experimentation and computational social science techniques. The results confirm that it is difficult for people to be persuaded by competing media accounts during a contentious election campaign. At the same time, data from a longer time span suggest that the real consequence of online partisan media may be an erosion of trust in mainstream news.

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1A.M.G., P.B., S.M., and J.Y. contributed equally to this work.
2To whom correspondence may be addressed. Email: aguess@princeton.edu.

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mainly on information and credibility—how our partisan media treatments affect media trust, political knowledge, and the accuracy of election predictions. The first set of hypotheses in study 1 relates to the effects of partisan media exposure on people’s attitudes and opinions. Research on persuasion and opinion change suggests that individuals take cues from the media—especially those that highlight copartisan elite figures—when evaluating candidates and policy options (25, 26). We follow recent research in looking for shifts in policy opinions across a range of issues (27). In addition, we test for effects on a range of outcomes based on findings in prior research, including agenda-setting (9), which has been powerfully demonstrated in one of the few longitudinal field experiments on social media (23); affective polarization (28); and perceived polarization (29). For these and other outcomes, a minimal-effects interpretation of the evidence to date would lead to an expectation of negligible impact. At the same time, recent formulations of this tradition argue that salient issues may be an exception (ref. 15, p. 725). For this reason, we additionally preregistered a hypothesis about attitudes toward immigration, which was the topic of contentious debate during the 2018 US midterm election campaign, during which this study was fielded.

Second, we test hypotheses related to online and offline political behavior. A potential immediate consequence of increased exposure to partisan political coverage is changes to one’s information diet, including possible lasting effects on media consumption habits. This expectation is consistent with viewing our intervention as a subtle nudge altering informational default options (21). Expanding beyond online media, it is possible that exposure to information could motivate people to behave differently on social media, either directly—by sharing links to viewed articles and posts—or indirectly, by altering the amount of posting activity (3).

Third, we study the effect of partisan media on trust in the media generally (study 2). The long-term decline in trust and confidence in the mainstream press has been linked to numerous potential causes, most plausibly an increase in attacks from political elites and elected officials (30). Since this behavior is not symmetric across political parties in the United States, patterns of media trust have become polarized (31). The rise of blogs and social media has further enabled critiques of mainstream coverage; consistent with this, tendencies toward partisan selective exposure are related to a belief that the media is biased (32). Perceptions of bias have a rich history in studies of exposure to media content (33–35). The well-known hostile media phenomenon was demonstrated in scenarios modeled on the broadcast era, with ostensibly neutral or balanced stimuli. Related dynamics have also been shown in response to partisan news shows (36). In both sets of studies, however, outcomes focus on subjects’ attitudes toward the specific clips, shows, or hosts shown as treatments rather than the media writ large. Building on evidence of partisan criticism of the media overall and the effects of partisan media on trust toward specific sources or figures, it is reasonable to ask whether partisan media can reduce the general public’s overall level of trust in the mainstream press. This has not been the focus of prior experimental research in the United States. Finally, we assess the basic ability of media to enhance people’s recall of current news events (37), a key question for understanding whether people are receptive to information from partisan media outlets, even ones they may not trust.

**Design.** To test these hypotheses, we worked with an online polling firm to field a nationally representative panel survey of Americans, which interviewed the same respondents eight times from July 2018 to October 2019 (Fig. 1). These respondents were recruited from YouGov’s Pulse panel, which unobtrusively collects anonymous web visit and mobile app use data from those who consent to install passive metering software. To maintain realism within the high-choice online environment of our subjects, we opted for an encouragement design (38). In the third wave of the survey, we randomly incentivized subsets of our sample to change the default homepage on their primary web browsers for one month. One-third of the sample was asked to set their homepage to Fox News (foxnews.com) and one-third to HuffPost (huffingtonpost.com), while the last third was assigned to a pure control group. The treatment encouragement was aimed at browsers on desktop computers or laptops. We additionally asked subjects in each treatment group to follow the source’s associated Facebook page and subscribe to affiliated newsletters in order to maximize the strength of the intervention (39). We collected pretreatment survey measures in the first three waves of the panel and posttreatment outcomes beginning in wave 4. The size of our final experimental sample was fielded.

![Fig. 1. Overview of study design. Subjects in wave 3 who were randomly assigned to the Fox News or HuffPost encouragement groups were offered $8 in YouGov incentives to participate in the treatment.](https://doi.org/10.1073/pnas.2013464118)
(N = 1,037), a rich set of pretreatment covariates, and repeated measures of our dependent variables allow for reasonably well-powered estimates: as we detail in SI Appendix, the minimum detectable intent-to-treat (ITT) effect for most survey outcomes is small (d < 0.10). The web data collected from our panelists, comprising more than 19 million visits over a 2-mo period, allows us to create both pretreatment and posttreatment measures of news consumption as well as to measure treatment compliance more precisely than previous research. In addition to web visits, our digital trace data include Twitter posts and follow lists from respondents who agreed to share their usernames for research purposes. This design builds off of previous research demonstrating the potential for field experiments to answer questions about media and political behavior (18) by studying higher-frequency exposure to partisan news content and covering a range of outcomes beyond those typically associated with research on news impact.

Results. We characterize the first stage of our treatments to verify that they increased real-world exposure to online partisan media as intended (Fig. 2). In the first 7 d postencouragement, our web tracking data reveal that subjects assigned to the HuffPost treatment visited approximately one additional page on the site per day (M = 1.03; p < 0.001) compared to the control group, and those assigned to the Fox News treatment visited between three and four additional pages on that site per day on average (M = 3.60; p < 0.001). Neither treatment detectably increased visits to the other site. Focusing on time spent on pages from each site reveals that the intensity of the corresponding treatments in the first week was significant: a mean increase of nearly 50 s per day on the HuffPost site (M = 48; p < 0.001) and more than 2 min per day on the Fox News site (M = 126; p < 0.001). By comparison, participants in the pretreatment period spent less than 34 min per week on news-related websites. The impact of treatment is still measurable in the eighth week, with an estimated average of 0.34 additional visits to HuffPost and 3.66 additional visits to Fox News per day due to the intervention (p < 0.01). These results suggest that the Fox News treatment was inherently more powerful, although reassuringly, the estimated share of compliers for each treatment is similar according to a preregistered measure—approximately 29% among those for whom we have digital trace data.* The compliers of our study—participants agreeing to share web visit data who consumed Fox News or HuffPost if and only if encouraged to do so—tend to score higher on political interest than the rest of the sample. Reassuringly, there are no strong differences in ideology or pretreatment visits to Fox News or HuffPost either between compliers and the rest of the sample or between compliers of the two treatments. This indicates that our treatments did not merely increase exposure to partisan news among those who already consume it. We explore the characteristics of compliers in more detail in SI Appendix, section 2.2.

Looking beyond averages, we find reassuring evidence that a substantial proportion of our sample was induced to visit Fox News or HuffPost: 57% of those in the Fox News treatment group increased their visits to Fox News compared to baseline, and 50% of the HuffPost group increased their visits to HuffPost. We also show in SI Appendix, section 2.2, that the treatments induced new visits to the partisan websites among a quarter to a third of those who had not visited them at all prior to

*We also recorded clicks on the email newsletter subscription links shown to respondents assigned to either treatment group. Compliance by this measure was high (76% in the Fox News group and 78% in the HuffPost group), although we could not verify the extent to which clicks led to actual sign-ups.
The exogenous increase in partisan news exposure induced by the randomized encouragement led to additional changes in subjects’ news diets in the weeks after the intervention. Although we could not detect an increase in visits to liberal news sites other than HuffPost as a result of that treatment, Fox News boosted visits to other conservative news sites in the first week ($M = 0.32; \ p < 0.01$), an effect that barely decayed after the sixth week (Fig. 3). A possible explanation for the divergent partisan effects on news consumption is that HuffPost effectively acted as a substitute for other news sources, while Fox, given its centrality in conservative media, drove traffic to other sites in the ecosystem ($M = 0.40$). Regardless of the difference, both treatments immediately increased subjects’ ability to recognize recent events in the news and to distinguish them from made-up events (Fig. 3, Right). This finding is notable given popular accounts that Fox News, in particular, causes people to become less informed (41, 42).

Turning to less proximate outcomes, we uncover results that in many ways provide support for a minimalist view of media impact. Especially after correcting for multiple comparisons within studies (SI Appendix, section 7), we do not find measurable impact on many attitudes and behaviors (Fig. 4). We are able to rule out modest effects (Cohen’s $d < 0.10$) of either treatment on agenda-setting, elite approval, and an index of issue positions. We also cannot reject the null hypothesis that exposure to either treatment shifted people’s feelings toward the parties or that they affected perceptions of polarization, self-reported vote turnout intentions, or social media activity (following news sources and sharing links on Twitter), although these effects are less precisely estimated.\footnote{In SI Appendix, we conduct an analysis of the minimum detectable effect for each treatment–outcome combination expressed in standardized (Cohen’s $d$) terms.} Results remain similar even after we tested revised hypotheses by directly comparing the two treatment groups with each other (SI Appendix, section 6). These findings are consistent with recent research evaluating the persuasive impact of advertising and campaign contact, which suggest negligible effects especially in settings that map onto the political divide (43, 44). They also align with a recent field experiment on the effects of Facebook news subscriptions (39), which similarly finds no changes in opinions (however, the study does find that counterattitudinal news reduces negative attitudes toward the out-party).

At the same time, we uncover findings that suggest an underappreciated pathway of influence. First, we produce evidence that Fox News online caused among our subjects a decrease in overall trust and confidence in the mainstream media within the first several weeks of boosted exposure (complier average causal effect [CACE], $-0.56 \ SD; \ p < 0.05$), although this does not survive any of our multiple comparisons adjustments (corrected, $p = 0.32$). However, looking beyond our original panel data to waves that we subsequently collected, we find a lasting effect not only for Fox News (CACE, $-0.54 \ SD; \ p < 0.05$) but for HuffPost as well (CACE, $-0.70 \ SD; \ p < 0.01$) approximately 5 mo after the intervention (in wave 7), with little decay. Remarkably, these changes appear fairly durable even after a year (in wave 8) with similar magnitudes, although the effect of Fox News (CACE, $-0.48 \ SD; \ p < 0.10$) falls short of significance at the...
Fig. 4. Summary of effects (with 95% confidence intervals) on issue importance, attitudes, and self-reported behavior. Standardized coefficients represent CACE estimates from two-stage least squares models in which treatment receipt, measured using web visit data, is instrumented with treatment assignment and covariates are selected via LASSO.

95% level (two-sided) in contrast to HuffPost (CACE, $-0.54$ SD; $p < 0.05$). Substantively, the size of these effects is large, equivalent to 40% of the difference between liberals’ and conservatives’ average levels of media trust in the sample (SI Appendix, Fig. S15). Although we did not specifically preregister analyses beyond wave 5, we interpret these additional results—along with a continuing lack of significant effects on our other survey measures on these later waves—as indicative of a subtle, long-term media effect that has eluded the attention of prior research.

Discussion

In this article, we demonstrate a methodological framework for studying the effect of social media and the internet on individuals. By embedding a naturalistic encouragement in an online panel survey with linked digital trace data, our design achieves ecological validity without sacrificing internal validity (45). This approach does not come without costs: our intervention was necessarily a bundle, although multiple survey waves allowed us to prespecify and test for different pathways of influence. While our sample enables fairly precise estimates of main effects, we are generally not well powered to test for subgroup effects (see SI Appendix for analyses of heterogeneous effects by party, ideology, and pretreatment media consumption).

The longitudinal nature of our data enables us to study the cumulative effects of a relatively strong intervention: increased real-world exposure to either a left-leaning or right-leaning partisan news source. Encouraging people to alter their online information environments in this way seems to work on a basic level: it can increase awareness of recent political events. However, for most of the kinds of outcomes frequently studied by social scientists—such as voting behavior, agenda-setting, and affective polarization—we do not find strong evidence of direct influence. Despite the seismic technological, societal, and political shifts of the past 75 y, this evidence is consistent with a tradition of research on media’s minimal effects arising out of the Second World War (16).
In assessing the generalizability of our findings, we consider how the experimental participants who complied with the treatment differ from the population. In a best-case scenario for strong effects, we could have had compliers who are infrequent news consumers, highly inattentive, and with weak political preferences, or in the other extreme, compliers could have been partisan, frequent consumers of political news with more crystallized attitudes. As shown in SI Appendix, Fig. S12, the compliers in this study are comparable to the overall sample in many important respects, including pretreatment visits to Fox News/HuffPost, ideology, and age, although they are notably more interested in politics (more than 80% of compliers have very high political interest compared to an already-high 70% in the full sample). Thus, while our treatments did not simply increase the partisan news consumption of people who already visit such websites, they did successfully encourage people who tended to have a higher interest in politics to begin with. For this reason, it may be reasonable to think of our findings on attitudes and behavior as closer to the lower bound of possible effects as compared to research focusing on compliers with a different, less politically engaged profile (20). Further, our study was conducted during the Trump presidency, when a polarized and high-volume political media environment plausibly pretrained these engaged citizens, potentially attenuating the effects of our randomized encouragements (46). Understanding the limited effects of exposure to partisan media on relatively engaged partisans is itself of substantive interest. Given the heuristics observed in evidence of this group (8). At the same time, it is precisely people with these characteristics—interested in politics but not frequent partisan news consumers—who may have less crystallized views about the media in general.

Our suggestive results on the long-term consequences of increased exposure to online partisan news for overall trust in the media point to a possible resolution of a related puzzle in research on consumption of online news and its effects: controlled experiments have often found that exposure to partisan media content causes polarization, although whether this is driven by the inadvertent audience (11) or already polarized partisans (27, 47) remains the subject of debate. At the same time, fine-grained evidence on people’s online news diets reveals that the actual consumption of partisan content is limited and that exposure to cross-cutting information is relatively common on the web and on social media (3, 8, 48, 49). If echo chambers are not as common as popular discourse suggests, then can online partisan media be to blame for polarization (50)? Our findings on lowered overall trust in mainstream media suggest an answer: even if people are regularly exposed to content (partisan or not) that challenges them, they may more heavily discount it as their trust and confidence in news decreases. In this way, partisan media can help drive polarization—although not necessarily by influencing opinions directly, as the null effects on our index of issue positions indicates. This conclusion has mixed normative implications: it may be more difficult than ever for people to be swayed by potentially inflammatory partisan content encountered on the internet, but this may come at the cost of reduced trust in crucial informational intermediaries that work to support the democratic process. We conducted multiple survey waves: a baseline survey (wave 1, July 3 to 22, 2018; N = 1,551), a survey with additional pretreatment covariates (wave 2, August 28 to September 10, 2018; N = 1,339), another survey with pretreatment covariates in which the treatments were administered (wave 3, October 5 to 29, 2018; N = 1,098), and a posttreatment survey that contained our outcome measures and was fielded immediately prior to the midterm elections (wave 4, October 30 to November 5, 2018; N = 1,195). An additional wave was designed to test for persistence of effects (wave 5, December 20, 2018, to January 7, 2019; N = 1,195), and three more waves (not part of our preanalysis plan) were fielded through October 2019.

In the first two waves of the survey, we asked a battery of questions about news media consumption, attitudes about domestic and foreign policy issues, turnout and vote choice, and presidential approval (wave 1) as well as affective polarization, social distance, news reception, policy attitudes, and projected US midterm election outcomes (wave 2). Question wordings and response options for all survey items in all waves used in the study are available in SI Appendix.

Materials and Methods

Sampling and Participants. In partnership with the online survey firm YouGov, we initially recruited a total of 1,551 respondents from the Pulse panel, a subset of YouGov’s traditional survey panels in which members opt in to install passive metering software on their desktop and mobile devices. Respondents agreed to join a “Politics and Media” study with multiple survey waves. Their participation was rewarded using YouGov’s proprietary points system and included a bonus for completing all waves in order to discourage attrition. Participation was voluntary, and respondents were able to opt out from the passive metering part of the study at any time. Respondents were sampled according to YouGov’s demographic/political targets and then reweighted in order to obtain a sample that is representative of the US population (54). Specifically, respondents were weighted to a sampling frame constructed from the full 2016 American Community Survey 1-y sample. The sample cases were matched to the sampling frame using propensity scores. The weights were then poststratified on 2016 presidential vote choice and a four-way stratification of gender, age (four categories), race (four categories), and education (four categories) to produce the final weights.

Digital Trace Data. The Pulse panel uses passive metering technology developed by Reality Mine which relies on a combination of proxy connections and in-browser plug-ins to capture data on web visits and mobile app use. After preprocessing, we are left with 19,105,773 URL visits (laptop/desktop and mobile/tablet combined) covering the period September 1 to October 28, 2018. Respondents provided informed consent and were given the ability to pause or halt data sharing at any time; see below for details on consent and privacy protections and refs. 5, 8 for extensive validation. We also scraped homepages and article text from Fox News and HuffPost stories published in 2018.

News visits were identified based on the list of top 500 domains shared on Facebook and compiled in ref. 3. We classify domains as liberal or conservative based on their audience ideology score (negative for liberal and positive for conservative), which was computed by ref. 3 based on the self-reported political identity of Facebook users that shared those URLs on Facebook. The Pulse panel uses proprietary software to track user visits to web data, we collected public Twitter data links to respondent accounts via an approved authentication app. In addition to survey respondents’ posted tweets, we periodically collected the friends (followers) and followers of participants’ Twitter accounts during the study period.

Survey Waves and Treatment. Fig. 1 provides an overview of the data collection process. We conducted multiple survey waves: a baseline survey (wave 1, July 3 to 22, 2018; N = 1,551), a survey with additional pretreatment covariates (wave 2, August 28 to September 10, 2018; N = 1,339), another survey with pretreatment covariates in which the treatments were administered (wave 3, October 5 to 29, 2018; N = 1,098), and a posttreatment survey that contained our outcome measures and was fielded immediately prior to the midterm elections (wave 4, October 30 to November 5, 2018; N = 1,195). An additional wave was designed to test for persistence of effects (wave 5, December 20, 2018, to January 7, 2019; N = 1,195), and three more waves (not part of our preanalysis plan) were fielded through October 2019.

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As we note in SI Appendix, it is possible that the compliers additionally differ from the full sample in unobserved ways. Beyond this, it is important to recall that our sample is itself a subsample of respondents willing to share private web data with researchers.
The treatment was deployed in wave 3 starting on October 5, 2018. For the experiment, we administered a randomized encouragement: one third of the sample was asked to change their browser homepage to a left-leaning news outlet (huffingtonpost.com), another third was asked to change it to a right-leaning news outlet (foxnews.com), and another third received no encouragement (control group). The encouragement also asked respondents to follow the sites’ corresponding Facebook pages and sign up for related email newsletters. Selection of these news sites was not only based on the significance of Fox News and HuffPost in the current political environment but also based on empirical web-tracking data during the pretreatment period.

Randomization was blocked by detected pretreatment browser type (Chrome, Firefox, Safari, Internet Explorer, Edge, and a sixth category for others). Respondents received clear, tailored instructions for how to follow the encouragement and were compensated for doing so with a YouGov points reward equivalent of $8 (in addition to standard incentives for completing the surveys). Wave 3 also included a few questions related to other pretreatment covariates: attitudes about domestic and foreign issues, most important problem, presidential feeling thermometer, Congress control preference after the midterms, and turnout intention.

Wave 4 was in the field from October 30 to November 5 (the day before the election). This wave was longer than wave 3 and included a battery of outcome variables, such as attitudes about domestic and foreign issues, most important problem, political knowledge, political perceptions, affective polarization, presidential approval and vote intention/choice, racial resentment, threat perceptions, beliefs about the effects of trade, social media use, and media trust (including trust specifically in HuffPost and Fox News). For our primary analyses, we subset the sample to only those respondents who took part in waves 3 and 4. This reduces our sample size to N = 1,037. Additional details about the surveys, including all question wordings and attrition, are available in SI Appendix.

Analysis. We estimate average treatment effects using both weighted difference-in-means and saturated regressions (55). Both methods enable unbiased estimation of treatment effects given a blocked random assignment procedure. For all regressions, we use a LASSO (least absolute shrinkage and selection operator) procedure to select covariates.

To estimate the treatment effect among compliers, or the CACE, we also use an instrumental-variables framework (56). This requires a credible measure of treatment take-up, which we construct using web visit data in the week after subjects receive the encouragement. In SI Appendix we specify our definition and coding rules for this variable, which we preregistered given the many possible ways in which compliance could potentially be measured.

Consent and Ethics. Collecting passive behavioral data that can be linked to survey responses poses privacy and ethical challenges beyond those typically associated with traditional social science research methods (57). We join other researchers in striving to meet these challenges with robust and ethical research procedures.

Data Availability. Data files and scripts necessary to replicate the results in this article are available at the following GitHub repository: https://github.com/NetDem-USC/homepage-experiment (59). Preanalysis plan is available at https://osf.io/j6i6h.

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