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(Article begins on next page)
Constraint damping for the Z4c formulation of general relativity

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One possibility for avoiding constraint violation in numerical relativity simulations adopting free-evolution schemes is to modify the continuum evolution equations so that constraint violations are damped away. Gundlach et. al. demonstrated that such a scheme damps low-amplitude, high-frequency constraint-violating modes exponentially for the Z4 formulation of general relativity. Here we analyze the effect of the damping scheme in numerical applications on a conformal decomposition of Z4. After reproducing the theoretically predicted damping rates of constraint violations in the linear regime, we explore numerical solutions not covered by the theoretical analysis. In particular we examine the effect of the damping scheme on low-frequency and on high-amplitude perturbations of flat spacetime as well and on the long-term dynamics of puncture and compact star initial data in the context of spherical symmetry. We find that the damping scheme is effective provided that the constraint violation is resolved on the numerical grid. On grid noise the combination of artificial dissipation and damping helps to suppress constraint violations. We find that care must be taken in choosing the damping parameter in simulations of puncture black holes. Otherwise the damping scheme can cause undesirable growth of the constraints, and even qualitatively incorrect evolutions. In the numerical evolution of a compact static star we find that the choice of the damping parameter is even more delicate, but may lead to a small decrease of constraint violation. For a large range of values it results in unphysical behavior.

I. INTRODUCTION

The most common way to construct numerical solutions to the field equations of general relativity is to take a free-evolution approach. The Hamiltonian and momentum constraints of the theory are explicitly solved only for initial data. Then the remaining field equations are rewritten in a suitable hyperbolic form, and the initial data can be evolved using the desired numerical method with this hyperbolic formulation. In the absence of boundaries the contracted Bianchi identities can be used to show that if the constraints are satisfied on one spacelike slice of a foliation, then they will be satisfied everywhere. However, numerical solutions violate the constraints. This violation can be considered under control, if when one applies more resolution to the problem, the constraint violation converges away at an appropriate rate. Nonetheless, even if the constraint violation converges away, at finite resolution constraint violation is undesirable. A number of strategies to minimize the violation have been considered. One is to choose the formulation such that every constraint propagates. In combination with suitable boundary conditions, the constraint violation on the numerical grid should then be propagated away. On the other hand, if the constraints do not propagate then any violation may sit on the grid and grow. Another strategy is to use a constraint damping scheme, namely to modify the evolution equations so that the constraint-satisfying hypersurface becomes an attractor in phase space; such an evolution scheme is sometimes called a $\lambda$-system. The constraints are then referred to as the $\lambda$-variables.

The Z4 formulation has both propagating constraints and admits a constraint damping scheme. The Z4 formulation has a close relationship with the generalized harmonic formulation, and the damping scheme is essentially the same for both systems. The damping scheme was a crucial ingredient in the first successful evolution of orbiting binary black holes through merger. Analytic calculations demonstrating that constraint violations will be damped away are performed in the frozen coefficient approximation. On the basis of these calculations one expects that the damping scheme will be effective, in numerical applications, on constraint violations that are of low amplitude and high frequency in spacetimes that are close to stationarity. Since the constraint damping scheme is a modification of the continuum equations, this high-frequency should be resolved on the numerical mesh. It is not clear what effect the damping scheme will have on ill-resolved numerical noise.

A conformal decomposition of Z4, called Z4c, was proposed with the hope of bringing the advantages of propagating constraints and the constraint damping scheme to the puncture method for the evolution of binary black holes. Here we continue that investigation, considering more carefully the effect of the constraint damping scheme on numerical evolutions. We address the following questions: (i). Under what conditions can the theoretically predicted damping rates be recovered in the numerical approximation? (ii). How effective is the damping scheme in astrophysically relevant spacetimes? (iii). In practical applications what are reasonable values for the constraint damping coefficients?

A variation of the conformal decomposition has been recently presented in. There it was found that the constraint damping terms are essential for stable long-term 3D evolutions of binary black holes and the gauge wave test. Since the Z4c conformal decomposition differs from that in by nonprincipal terms and implementation details (e.g. constraints projection and summation-
by-part operators), our study does not necessarily apply in that case. More work is required to carefully evaluate the role of the constraint damping scheme in that case.

Because of the obvious computational overhead of working in three dimensions, we once again present numerical results in spherical symmetry. Note that since the constraint damping scheme is a modification to the continuum Z4c formulation, our results are expected to reflect the behavior of the full system. Working in spherical symmetry furthermore affords us the possibility of performing a thorough study in the parameter space of constraint damping coefficients.

In Sec. III we summarize the equations of motion for the Z4c formulation and describe the constraint damping scheme we employ. We also present the expected theoretical rates of damping in the high-frequency, frozen coefficient approximation. In Sec. III we present our numerical study. Finally we conclude in Sec. IV.

**Notation.** Geometric units are employed. Standard notation for the 3+1 general relativity is used, e.g. \( \partial_i \), partial derivative with respect to coordinates \( x^i \), \( i = 1, 2, 3 \), \( D_i \), 3-covariant derivative, \( L_\beta \), Lie derivative along the vector \( \beta \), \( \gamma \), determinant of the 3-metric \( \gamma_{ij} \), \( K_{ij} \), \( \alpha \), \( \beta \), extrinsic curvature, lapse function and shift vector. In the perturbed flat-space simulations there is no natural scale of time; there we give the time in arbitrary units.

### II. THE Z4C CONSTRAINT DAMPING SCHEME

#### A. The Z4c formulation

In 3+1 form the field equations of the Z4c formulation of general relativity for the three-metric and extrinsic curvature read

\[
\partial_t \gamma_{ij} = - 2 \alpha K_{ij} + L_\beta \gamma_{ij},
\]

\[
\partial_t K_{ij} = - D_i D_j \alpha + \alpha R_{ij} - 2 K^k K_{kj} + K K_{ij} + 2 \tilde{D}_i (Z_{ij} - \kappa_1 (1 + 2 \kappa_2 \gamma_{ij} \Theta) + 4 \pi \alpha [\gamma_{ij} (S - \rho_{ADM}) - 2 S_{ij}] + L_\beta K_{ij},
\]

where we use the notation

\[
D_i Z_{ij} \equiv \gamma^{-\frac{1}{2}} \gamma_{kj} \partial_i [\gamma^{\frac{1}{2}} Z^k].
\]

The constraints \( \Theta \), \( Z_i \) evolve according to

\[
\partial_t \Theta = \alpha [\frac{1}{2} \tilde{D}_i Z_i - \kappa_1 (2 + \kappa_2) \Theta] + L_\beta \Theta,
\]

\[
\partial_t Z_i = \alpha [M_i + D_i \Theta - \kappa_1 Z_i] + \gamma^3 Z^i \partial_k [\gamma^{-\frac{1}{2}} \gamma_{ij} \beta^j] + \beta^j \tilde{D}_j Z_i,
\]

where the Hamiltonian and momentum constraints \( H \), \( M_i \) are given by

\[
H = R - K_{ij} K^{ij} + K^2 - 16 \pi \rho_{ADM} = 0,
\]

\[
M_i = D^j [K_{ij} - \gamma_{ij} K] - 8 \pi S_i = 0.
\]

Their time dependence can be computed as (neglecting matter terms),

\[
\partial_t H = - 2 \alpha D^j M_i - 4 M_i D^i \alpha + 2 \alpha K H
\]

\[
+ 2 \alpha (2 K \gamma^{ij} - K^{ij}) \tilde{D}_i (Z_{ij})
\]

\[
- 4 \kappa_1 (1 + \kappa_2) \theta K \Theta + L_\beta H,
\]

\[
\partial_t M_i = \frac{1}{2} \alpha \partial_i H + \alpha K M_i - (D_i \alpha) H
\]

\[
+ D^j \left( 2 \alpha \tilde{D}_i (Z_{ij}) \right) - D_i \left( 2 \alpha \gamma^{ij} \tilde{D}_j (Z_{ij}) \right)
\]

\[
+ 2 \kappa_1 (1 + \kappa_2) D_i (\alpha \Theta) + L_\beta M_i.
\]

From Eq. (10) one sees that \( \Theta \), \( Z_i \) behave as \( \lambda \) variables if the free parameters \( \kappa_{1,2} \) are properly chosen. Consequently the Einstein constraint are damped for \( \kappa_1 > 0 \) and \( \kappa_2 > -1 \). The constraint subsystem is closed. If the constraints \( \Theta \), \( Z_i \) and \( H, M_i \) are satisfied in one hypersurface they will remain satisfied at all times. Introducing the following variables and definitions,

\[
\tilde{\gamma}_{ij} = \gamma^{-\frac{1}{2}} \gamma_{ij}, \quad \chi = \gamma^{-\frac{1}{2}},
\]

\[
\tilde{K} = \gamma^{ij} K_{ij} - 2 \Theta, \quad \tilde{A}_{ij} = \gamma^{-\frac{1}{2}} (K_{ij} - \frac{1}{3} \delta_{ij} K),
\]

\[
\tilde{\Gamma}^i = \gamma^{ij} Z_{ij} + \gamma^{ij} \gamma^{kl} \Gamma_{ijk}, \quad \tilde{\Gamma}^{ij} = \gamma^{ij} \Gamma^{ij},
\]

the conformal evolutions equations, Z4c, read,

\[
\partial_t \tilde{\chi} = \frac{2}{3} \chi [\alpha (\tilde{K} + 2 \Theta) - D_i \beta^i],
\]

\[
\partial_t \tilde{\gamma}_{ij} = - 2 \alpha \tilde{A}_{ij} + \beta^k \tilde{\gamma}_{ij,k} + 2 \tilde{\gamma}_{ij,k} \beta^k_j - \frac{2}{3} \tilde{\gamma}_{ij} \beta^k_k,
\]

\[
\partial_t \tilde{K} = - D^i D_j \alpha + \alpha [\tilde{A}_{ij} \tilde{\gamma}^{ij} + \frac{1}{3} (\tilde{K} + 2 \Theta)^2]
\]

\[
+ 4 \pi \alpha [S + \rho_{ADM}] + 4 \kappa_2 (1 - \kappa_2) \beta \tilde{K},
\]

\[
\partial_t \tilde{A}_{ij} = \chi [D_i D_j \alpha + \alpha (R_{ij} - 8 \pi S_{ij})]^{\text{ADM}}
\]

\[
+ \alpha (\tilde{K} + 2 \Theta) \tilde{A}_{ij} - 2 \tilde{A}_{ij} \tilde{\gamma}_{ij} + \beta^k \tilde{A}_{ij,k} + 2 \tilde{A}_{kj} (\beta^k_j - \frac{2}{3} \tilde{A}_{kj} \beta^k_k)
\]

\[
- \tilde{\gamma}_{ij} (2 \tilde{K} + \Theta) - 8 \pi \tilde{\gamma}_{ij} S_{ij} + \tilde{\gamma}_{ij} \beta^{ij}_k
\]

\[
+ 1 \tilde{\gamma}_{ij} \beta^{ij}_j + \tilde{\gamma}^{ij} \tilde{\gamma}_{ij} - \tilde{\Gamma}_{ij} \beta^{ij}_j + \frac{2}{3} \tilde{\Gamma}_{ij} \beta^{ij}_j
\]

\[
+ 2 \kappa_1 \delta_{ij} (\Gamma^{ij} - \Gamma^i j),
\]

\[
\partial_t \Theta = \alpha [\frac{1}{2} R - \tilde{A}_{ij} \tilde{A}^{ij} + \frac{1}{2} (\tilde{K} + 2 \Theta)^2]
\]

\[
- 8 \pi \rho_{ADM} - \kappa_1 (2 + \kappa_2) \Theta + L_\beta \Theta.
\]
Here the intrinsic curvature is written as

\[ R_{ij} = \tilde{R}^g_{ij} + \tilde{R}_{ij}, \quad (19) \]

\[ \tilde{R}^g_{ij} = \frac{1}{2\chi} \tilde{\Gamma}_i \tilde{\Gamma}_j - \frac{1}{2\chi} \tilde{\gamma}^{ij} \tilde{\Gamma}^\ell \tilde{\Gamma}_\ell - \frac{1}{4\chi} \tilde{\gamma}^{ij} \tilde{\Gamma}_\ell \tilde{\Gamma}_\ell \tilde{\gamma}^{\ell \ell}, \]

\[ \tilde{R}_{ij} = -\frac{1}{2} \tilde{\gamma}^{lm} \tilde{\gamma}_{ij lm} + \tilde{\gamma}_{ik} \tilde{\Gamma}_{jk} + \tilde{\Gamma}_{ik} \tilde{\Gamma}_{jk} + \tilde{\gamma}^{km} \left( 2 \tilde{\Gamma}_m^l \tilde{\Gamma}^k_{ij} + \tilde{\Gamma}_m^k \tilde{\Gamma}^l_{ij} \right). \]

The equations above are constrained by two algebraic expressions, \( \ln(\det \tilde{\gamma}) = 0 \) and \( \tilde{\gamma}^{ij} \tilde{A}_{ij} = 0 \), which are explicitly imposed during the numerical evolution. A solution of the evolution system is a solution of the Einstein system provided that \( \Theta, Z_i, H, \) and \( M_i \) vanish. In our numerical applications we close the system with the puncture gauge choice [15, 16].

\[ \partial_\alpha = -\mu_L \alpha^2 \tilde{K} + L_\beta \alpha, \quad (22) \]

\[ \partial_\beta \beta^2 = \mu_S \alpha^2 \tilde{\Gamma}^\ell - \eta \beta^2 + \beta^\ell \partial_\ell \beta^\ell, \quad (23) \]

with \( \mu_L = 2/\alpha, \mu_S = 1/\alpha^2 \) and \( \eta = 2/M \), where \( M \) is the ADM mass of the spacetime. Unless stated otherwise, we employ the constraint-preserving boundary condition of [11].

For a more thorough introduction to the Z4c formulation we refer the reader to [10, 11]. The full formulation generically forms a strongly hyperbolic system of partial differential equations, except in special cases which we do not discuss here.

B. Theoretical damping rates

Here we briefly review the results of [8], see also [11] for a discussion of stability of the undamped nonlinear constraint system. Consider the subsystem [11, 3, 8] when the initial data is constraint violating. We consider a small constraint-violating perturbation on a background which satisfies the Z4c equations of motion. Working in the frozen coefficient approximation we can choose coordinates at a point so that the spatial metric is just that of flat-space, and the lapse is unity. The only nontrivial component of the metric is the shift, which can only be made to vanish if we allow ourselves the freedom to change the spatial slice, which we take as given [11]. We discard nonprincipal terms involving products of the perturbation and the background curvature, extrinsic curvature, and matter sources, which is inconsistent with our first-order perturbation approach. The inclusion of matter sources without background curvature terms should give the correct damping rates for test matter fields on flat space. Such an analysis is not expected to give the rates for compact stars as evolved in Sec. [11] nontrivial background curvature, extrinsic curvature and matter source terms will affect the damping rates, but for a consistent analysis all of these effects should be considered together. Already in the variable coefficient approximation such an analysis will be challenging. We will use the shift only to illustrate that it does not play any role on the damping rates. Besides the inclusion of the shift our calculations are exactly the same as those of [8].

To start with, we make a plane wave ansatz

\( \Theta = e^{s t + i \omega x^i} \tilde{\Theta}, \quad Z_i = e^{s t + i \omega x^i} \tilde{Z}_i, \quad (24) \)

for the solution of the constraint subsystem, with complex \( s \) and real \( \omega \). We restrict to the special case \( \kappa_2 = 0 \), and write \( \kappa_1 = k \). Rewriting the constraint subsystem in fully second order in time form, we find that following eigenvalue problem

\[ \left( \begin{array}{cc} \lambda + 2sk + 2i\omega \beta k & i\omega k \\ 0 & \lambda + sk - i\omega \beta k \end{array} \right) \left( \begin{array}{c} \hat{\Theta} \\ \hat{Z}_\omega \end{array} \right) = 0, \quad (25) \]

\[ (\lambda + sk - i\omega \beta k) \left( \begin{array}{c} \hat{Z}_A \\ \hat{Z}_\omega \end{array} \right) = 0, \quad (26) \]

must be satisfied, where we write

\[ \lambda = s^2 + \omega^2 - 2i\omega \beta - \omega^2 \beta^2, \quad (27) \]

and \( \hat{Z}_\omega \) stands for the component of \( \hat{Z} \), in the \( \omega^i \) direction, while \( \hat{Z}_A \) are the components transverse to the unit wave vector \( \hat{\omega}^i \) and \( \beta = \beta^i \hat{\omega}_i \). The symbol of this equation generically has a complete set of eigenvectors, so the system can be rotated to diagonal form,

\[ \left( \begin{array}{cc} \lambda_{\Theta} & 0 \\ 0 & \lambda_{Z_\omega} \end{array} \right) \left( \begin{array}{c} s\hat{\Theta} + i\omega(\hat{Z}_\omega - \beta\hat{\Theta}) \\ \hat{Z}_\omega \end{array} \right) = 0, \quad (28) \]

\[ (\lambda_{Z_A})(\hat{Z}_A) = 0. \quad (29) \]

In one dimension, identifying the direction \( r \), one expects that the behavior of the combinations of primitive variables,

\[ u_{\Theta} = \partial_\ell \Theta + \partial_\ell Z_r, \quad (30) \]

\[ u_\omega = Z_r, \quad (31) \]

will be determined, in the linear regime, by the eigenvalues of the symbol provided that the shift is small. The eigenvalues are

\[ \lambda_{\Theta} = \lambda + 2sk - 2ik\omega\beta, \quad s = -k + i\omega\beta \pm \sqrt{k^2 - \omega^2}, \quad (32) \]

and

\[ \lambda_{Z_\omega} = \lambda + sk - i\omega k\beta, \quad s = -\frac{k}{2} + i\omega\beta \pm \sqrt{\left(\frac{k}{2}\right)^2 - \omega^2}, \quad (33) \]

and finally

\[ \lambda_{Z_A} = \lambda + sk - i\omega k\beta, \quad s = -\frac{k}{2} + i\omega\beta \pm \sqrt{\left(\frac{k}{2}\right)^2 - \omega^2}. \quad (34) \]
TABLE I: Setting used for the numerical simulations presented in this paper. The resolution is given in grid points, \( r_{\text{out}} \) is the coordinate location of the computational boundary, and \( \alpha_{\text{CFL}} \) is the Courant-Friedrichs-Levy factor used in the time-stepping.

| Initial data | Resolution | \( r_{\text{out}} \) | \( \alpha_{\text{CFL}} \) |
|-------------|------------|----------------|----------------|
| Flat        | 4000       | 100 a.u.      | 0.5            |
| Puncture    | 1000       | 50 M          | 0.5            |
| Star        | 2000       | 50 M          | 0.4            |

In the low-frequency limit \( \omega \ll k \) we find that

\[
\begin{align*}
  s & \simeq -2k + i\omega \beta, \\
  s & \simeq -k + i\omega \beta + \frac{\omega^2}{k}, \\
  s & \simeq i\omega \beta - \frac{\omega^2}{2k},
\end{align*}
\]

whereas in the high-frequency limit \( k \ll \omega \), we have

\[
\begin{align*}
  s & \simeq -k + i\omega (\beta \mp 1), \\
  s & \simeq -\frac{k}{2} + i\omega (\beta \pm 1),
\end{align*}
\]

so at lower frequencies half of the modes are damped less. In the high-frequency limit, the damping scheme causes an exponential decay of the constraints with a decay rate of \(-k\) and \(-k/2\) respectively.

III. NUMERICAL RESULTS

In this section we present our numerical results. Spherical symmetry is assumed. We perform a detailed analysis of the damping scheme applied to the evolution of flat spacetime with different constraint-violating perturbations in order to reproduce the analytic results and explore the regime not accessible to a pen-and-paper analysis. We consider then nontrivial initial data composed of either punctures or a compact star and evolve them using different values for the damping parameters. In this case the performance of the damping scheme in a strong-field regime on constraint violations related, essentially, to different truncation errors are investigated. The code employed is described in detail in [10].

**Numerical setup.** In all numerical simulations we use fourth-order finite differences for the discretization of the spatial derivatives of the metric fields. For the time integration we use Runge-Kutta fourth order in the vacuum and puncture tests. In the simulation of the compact star we employ the Runge-Kutta third order in combination with a high-resolution shock capturing based on the local Lax-Friedrichs flux and the convex-essentially-non-oscillatory interpolation for the reconstruction of the matter fields. Table I summarizes the numerical settings employed for the results presented; convergence tests were run on some cases (see also discussions in the following paragraphs).

A. Perturbed flat space-time experiments

**Initial data and parameter space.** Perturbations of flat space-time are constructed, depending on which of the two eigenmodes, \( u_{\Theta}, u_{\omega} \), we want to analyze, by modifying the \( \chi \) variable,

\[
\chi(0, r) = 1 + A \exp \left( \frac{-r^2}{2b^2} \right) \cos \left( \frac{2\pi \nu}{b} r \right),
\]

or the \( \tilde{\Gamma}^r \) variable,

\[
\tilde{\Gamma}^r(0, r) = A \exp \left( \frac{-r^2}{2b^2} \right) \cos \left( \frac{2\pi \nu}{b} r \right).
\]

Simulations employing the first kind of initial data are analyzed by looking at the eigenmode \( u_{\Theta} \), while those employing the second kind by looking at \( u_{\omega} \). The eigenmodes are Fourier-transformed in space for every time step, and their decay is studied by means of the power spectral density (PSD) at the frequency \( \tilde{\nu} = \frac{\nu}{2} \).

The parameter space, depicted in Fig. 1 (left panel), is spanned by the amplitude \( A \) and the frequency \( \nu \) of the initial constraint violation. We vary also \( \kappa_1 = k \in [0, 1] \) but keep for simplicity \( \kappa_2 = 0 \). The parameter \( b = 10 \) (fixed) introduces a length scale to the problem, which is useful for tuning the frequency \( \nu \) (number of cycles in the period \( b \), see right panel of Fig. 1). To evaluate the strength of the perturbation, the value of the perturbation’s amplitude \( A \) should be compared with unity, see Eq. (37).

**High-frequency, low-amplitude corner.** In this region of the parameter space the analytical results hold. We set \( \nu = 10 \) (\( \tilde{\nu} = 1 \)) and \( A = 10^{-4} \), Fig. 2 displays the results obtained. The numerical data show an exponential decay of the PSD at the induced frequency \( \tilde{\nu} \) for both eigenmodes and for different values of the damping parameter \( k \). The rate is quantified by linear fitting as displayed in Fig. 3. Table II reports the decay rates for different values of \( k \) and different grid resolution (\( n \) is the number of grid points), together with the computed fitting error. Almost for every case the analytically predicted values, i.e. \( s \approx k \) (for \( u_{\Theta} \)) and \( s = \frac{k}{2} \) (for \( u_{\omega} \)), lie within the error range of the numerically found number. For increasing resolution the error gets smaller. Note that the large error is caused by the oscillations of the modes. The decay rates of the modes agree much better with the analytically predicted values than our conservative error estimate suggests (see Fig. 3).

**From high to low frequency.** To explore the low-frequency regime, we keep the low amplitude \( A = 10^{-4} \) and vary the frequency in the range \( \nu = [0, 10] \). Analytic results indicates that there is no damping for constant in space modes (zero-frequency modes). The numerical experiments show that, for decreasing values of the initial perturbation frequency in the range [2, 10], the damping scheme remains effective with the analytic exponential decay rates. The behavior is displayed in Fig. 4.
The transition from exponential damping to no damping happens after the second octave $\nu \in [0, 2]$, Fig. 3. As demonstrated by the plot the transition is smooth and quite rapid. The experimental fact, observed here, that constraint-violating modes of “almost all” nonzero frequencies are killed by the damping scheme can be important in numerical relativity simulation.

**From low to high amplitude.** Increasing the amplitude of the perturbation, i.e. moving from a perturbative regime to a fully nonlinear situation is a delicate procedure. Our results can be summarized as follows.

High-amplitude perturbations, up to $A \simeq 0.1$, are damped and the damping rates unaffected. The use of progressively higher amplitudes first modifies the damping rates (constraint-violating modes are less damped) and secondly leads to unphysical results and code failures. The maximum amplitude which can be reached without changing the damping parameter $k$ depends on the frequency of the initial perturbation. For low-frequency initial perturbations higher amplitudes are effectively damped by the damping scheme than for high frequencies. Furthermore, it is not true that increasing $k$ generically allows for higher amplitudes. The dependence on the damping parameter is not monotonic, the
optimal value for this problem has been experimentally found to be $k = 0.5$.

Figure 3 shows that, for $k = 0.5$ and $\nu = 10$, the damping rates stay the same as in the low-amplitude case for an amplitude range $A \in [0.0001, 0.01]$. Setting the amplitude to $A = 0.1$, the damping is no longer exponential and, for higher values, the code gives no reasonable result.

Resolution dependency. Convergence of the results has been already reported in Table III and briefly discussed; we further comment here focusing on representative simulations with $k = 0.5$, $\nu = 10$, $A = 10^{-4}$ with varying resolutions. As shown in Fig. 4 the damping effect holds longer for higher resolutions, i.e. if the
The effect of the damping scheme suggests that the damping scheme works as long as the frequency of the constraint violation is well-resolved and it is partially expected since it acts at the continuum level. The same effect could have been already anticipated from Fig. 4, which refers to a single resolution but different frequencies which are resolved differently on the grid.

Very high frequencies, grid modes and dependency on artificial dissipation. The effect of the damping scheme on frequencies comparable to or of the order of the numerical grid (grid modes) is finally studied. For these tests we use \( k = 0.5 \) and vary the frequency \( \nu \in [10, 30] \) (Note the grid spacing is \( h = 0.025 \)). As demonstrated in Fig. 5 if the frequency \( \nu \) of the perturbation is increased further to a regime where the signal is not well-resolved, the damping becomes progressively less effective and deviates from the analytic expectation. More importantly, the amount of artificial dissipation plays a significant role. The use of the artificial dissipation filters out grid modes and generically attenuates high frequencies which are aliased to lower ones. Figure 9 (left panel) shows that the use of different amounts of dissipation, \( \sigma \), quantitatively changes the decay rate of the eigenmodes. The higher \( \sigma \) is, the higher the damping rate does not change. For very high-amplitude \( A = 10^{-1} \) the damping of the eigenmode is not exponential anymore and the code does not give physically reasonable results.

Table II: Fits results for the decay rates for different resolutions. The parameters of the initial perturbation are \( \nu = 10 \) and \( A = 10^{-4} \).

| \( k \) | \( s \ (n = 2000) \) | \( s \ (n = 4000) \) | \( s \ (n = 8000) \) | \( s_{\text{analytic}} \) |
|---|---|---|---|---|
| 0.25 | \(-0.21 \pm 0.02\) | \(-0.24 \pm 0.02\) | \(-0.25 \pm 0.04\) | \(-0.25\) |
| 0.50 | \(-0.49 \pm 0.06\) | \(-0.51 \pm 0.04\) | \(-0.50 \pm 0.04\) | \(-0.50\) |
| 0.75 | \(-0.74 \pm 0.09\) | \(-0.78 \pm 0.08\) | \(-0.77 \pm 0.05\) | \(-0.75\) |
| 1.00 | \(-0.93 \pm 0.16\) | \(-1.02 \pm 0.20\) | \(-1.02 \pm 0.14\) | \(-1.00\) |
| 0.25 | \(-0.12 \pm 0.01\) | \(-0.12 \pm 0.01\) | \(-0.12 \pm 0.01\) | \(-0.125\) |
| 0.50 | \(-0.24 \pm 0.02\) | \(-0.24 \pm 0.02\) | \(-0.24 \pm 0.01\) | \(-0.250\) |
| 0.75 | \(-0.35 \pm 0.04\) | \(-0.35 \pm 0.04\) | \(-0.36 \pm 0.02\) | \(-0.375\) |
| 1.00 | \(-0.47 \pm 0.07\) | \(-0.48 \pm 0.07\) | \(-0.48 \pm 0.03\) | \(-0.500\) |
FIG. 7: The damping effect depends on the resolution of the initial constraint violation. The figure shows for high-frequency $\nu = 10$, low-amplitude $A = 10^{-4}$ the damping of the eigenmode $u_\Theta$ for different resolutions. For high resolution the frequency is well-resolved and therefore the damping effects last longer than for less well-resolved case.

FIG. 8: Increasing the frequency of the initial constraint violation with low-amplitude $A = 10^{-4}$ even further to very high frequencies. At these high frequencies the constraint violation get less resolved which weakens the effect of the damping.

performing convergence tests. In our test case we found that $\sigma = 0.05$ roughly reproduce the analytic damping rates.

As a final test we evolve initial data containing random noise,

$$\chi(0, r) = 1 + A \exp \left(-\frac{r^2}{2b^2}\right) \text{rand}([-1, 1]).$$  (39)

Note that, in principle, random noise differs from the high-frequency perturbation used before because it has a flat spectrum. Figure 8 (right panel) shows that the effectiveness of the damping scheme depends again strongly on the value of $\sigma$ in the artificial dissipation operator used. However, differently from the previous case, in this case we were not able to recover the analytic damping rates.

B. Punctures and compact star experiments

Single puncture. In order to test the damping effect on strong-field evolution, we evolve puncture initial data [20]. While the initial data are constraint-satisfying, a constraint-violating wave leaving the hole and propagating outside is observed in numerical simulations. This feature is generic and not related to the use of Z4, but observed also in BSSNOK evolutions, e.g. [21]. Note however that the constraint violation is converging away with resolution, thus not a continuum feature (the constraint subsystem in Z4c does not have superluminal speeds). Figure 10 (left panel) shows a snapshot of the constraint violation leaving the horizon. During the evolution the biggest violation is instead found at the puncture, where the solution is not smooth. A priori, the frequency of the initial constraint-violating wave, as well as the later violation at the puncture, cannot be estimated, whereas their amplitude is expected to be “small” (in the sense that it is converging away). From Fig. 10 it is evident that the frequency of the constraint-violating wave spans a certain range of frequencies; in terms of the length scale given by the mass, $M = 1$, we mainly observed violation at a peak frequency $\bar{\nu} \sim 0.5$. It can be considered as “high” and we expect it to be damped since it is within the first octave.

The numerical evolutions performed with different values of $k$ show that the use of the damping scheme generally introduces a certain dynamics in the constraints, whose values in space oscillates in time around a small value close to zero. The evolution of the L2 norm of the constraint monitor

$$C = \sqrt{H^2 + M^i M_i + \Theta^2 + Z^l Z_l}.$$  (40)

is reported in Fig. 11 (left panels) for different values of $k$. In these tests artificial dissipation is used with $\sigma = 0.007$. In all the cases the norm at early times is dominated by a violation inside the horizon during the gauge adjustment which leads to the trumpet solution [22–27]. The initial constraint violation wave is also propagated out during this phase, and eventually damped depending on the value of $k$. The bottom left panel shows the norm outside the horizon at early times and highlights the effect of the damping scheme for several values of $k$. At
FIG. 9: For initial constraint violations with low amplitude and very high frequency, the artificial dissipation starts to have an effect. The high-frequency modes are shifted by the artificial dissipation to lower frequencies which are then damped. The figure shows the dependence of the decay of the eigenmode $u_{\Theta}$ on the artificial dissipation parameter $\sigma$ using high-frequency $\nu = 30$ (left) and random noise constraint violation initial data (right).

FIG. 10: The puncture and the stuffed puncture initial data violate the constraints. This constraint violations leave the black hole horizon. The figure shows the Hamiltonian constraint $H$ at time $t = 15M$ and $t = 30M$. (Left) Puncture initial data, (right) Stuffed puncture initial data.

later times the amplitude of the oscillations in the constraints amplifies around $t \sim 1.25 \times 10^3M$ as shown in the top left panel. Depending on the value of $k$, the amplification is observed to saturate and damp ($k < 0.2$) or to keep on growing, contaminating the numerical solution ($k > 0.2$). In the latter case the code eventually fails because the boundary conditions implemented [11] can not sustain such a large violation.

To assess the relative importance of boundary conditions and the constraint damping scheme in our numerical experiments, we performed long evolutions of a single puncture with and without both the damping scheme, and either constraint-preserving [11] or Sommerfeld boundary conditions. The outer boundary was placed at $50M$. The results are presented in Fig. 12. We find that the use of constraint-preserving boundary conditions is more important than that of the damping scheme in avoiding violations. Although the use of the damping scheme with $k = 0.02$ reduces the violation by a factor of 9 when Sommerfeld conditions are used. This test is not expected to be representative of more general scenarios in which the outer boundary is placed farther out with the same resolution, since then, experimentally we find that a smaller constraint violation interacting with the Sommerfeld condition results in smaller reflections. On the other hand, since the constraint-preserving conditions are found to converge numerically, and the Sommerfeld conditions do not, it is expected that at
some resolution the constraint violation induced by the Sommerfeld conditions will become dominant, even if the outer boundary is placed far out. This has been recently pointed out for the case of 3D matter simulations and of BSSNOK in [28].

**Stuffed puncture.** A second series of tests performed is the evolution of puncture initial data stuffed in the black-hole interior $[21, 23, 50]$. The hole has been stuffed inside the horizon $r_h = M/2$ at $r_{ex} = 0.475$ using a fourth-order polynomial in the conformal factor

$$\psi(0, r) = 2.97368 - 5.83175 \left( \frac{r}{M} \right)^2 + 7.75413 \left( \frac{r}{M} \right)^4.$$  

(41)

The polynomial matches the puncture data at $r_{ex}$ up to the second derivatives. The initial data are clearly constraint-violating and also show the outgoing constraint-violation wave Fig. 11 (right panel). The evolution of the constraint monitor for different $k$ is reported in the right panels of Fig. 11. Only quantitative differences with respect to the puncture case are observed. As demonstrated in the right bottom panel of Fig. 11 (note the difference in the scale with respect to the left panel), the damping scheme is again effective in reducing the outgoing constraint violation during the initial adjustment. At late times the situation is completely analogous to the puncture evolution and we do not repeat the description, see top right panel.

**Stable star.** As a final test, we present a study of the influence of the damping scheme on the evolution of a stable equilibrium model of a compact star of mass $M = 1.4 M_\odot$ described by the ideal gas equation of state. Initial data are the same as those employed in previous works $[10, 11]$ and constraint-satisfying. Furthermore they provide the exact solution for the evolution problem since the system is static. At the typical resolutions employed (and without damping, $k = 0$) stable evolu-
different boundary conditions were tested with and without damping (with $k = 0.02$). Sommerfeld boundary conditions lead to a high constraint violation, which is effectively suppressed by the damping scheme. Using Sommerfeld, the constraint violation is roughly a factor of 9 lower with and without damping at late times. Using constraint-preserving boundary conditions, without damping, leads to a late-term constraint violation which is 20 times lower than that of undamped Sommerfeld. The damping is less important in the case of constraint-preserving boundary conditions. Using the standard damping value $k = 0.02$, the improvement is by only a factor of 2.

In previous investigations on stable stars, which considered only one value of the damping parameter, we found that the constraint damping terms have a negligible effect on the dynamics, while constraint propagation made a large difference with the equivalent BSSNOK simulations [10]. The new results discussed here confirm the previous ones for the specific $k$ considered, but they also show that for certain values of the damping parameter the constraint damping terms are not beneficial in the long-term evolutions.

Figure 12 shows the evolution of the central rest-mass density (left) and of the $L_2$ norm of the constraint monitor (right) for different values of $k$ employed in the damping scheme. For $k \geq 0.3$ the constraint damping amplifies the radial oscillations and drives the star to collapse. Large constraint violations indicate the departure from the constraint-satisfying solution space (for clarity they are not shown in the right panel). Smaller values of $k \leq 0.06$ produce instead an effective constraint damping at early times (see right panel Fig. 13). In the long-term however, the evolution without damping scheme ($k = 0$) is always preferable to the evolutions with $k \geq 0.03$. In the latter cases a long-term growth is observed, similar to that seen in the puncture simulations. The value $k = 0.02$ leads to a constraint damped evolution, but its effect is almost negligible. More importantly, this choice is not robust in other tests performed. In both simulations employing a different equation of state, specifically a polytrope which produces different truncation errors at the surface of the star, and in the migration test of [10] we were not able to identify a value of $k$ which leads to an efficient constraint damping. We presented here in detail only the test with the most varied outcome.

While the static stable star is a delicate test (every small perturbation causes a departure from the Einstein solution), it provides a specific relevant example in which the constraint damping fails for a large choice of damping parameters. This indicates that the use of the constraint damping scheme without specific investigations is potentially dangerous.

IV. CONCLUSION

In order to expand the body of evidence that a conformal decomposition of the Z4 formulation of general relativity [2] may be a useful tool for numerical relativity we have presented a detailed study of the effect of the constraint damping scheme of Gundlach et al. [8].

We have attempted to answer three questions, which we address here specifically:

(i). Under what conditions can the theoretically predicted damping rates be recovered in the numerical approximation? By studying the evolution of parametrized constraint violating-perturbations on top of flat space, we first found that the predicted damping rates of [8] are recovered for well-resolved high-frequency constraint violations. Varying the frequency of the constraint violation, we found that the analytically predicted exponential decay is maintained over a large, three-octave, range. The cut-off in the effectiveness of the scheme occurs over a small range at low frequencies. On grid noise, unsurprisingly, we find that the predicted damping rates are not recovered, although the combination of damping and artificial dissipation does help to suppress constraint violations. The intuitive explanation for this is that artificial dissipation aliases the grid noise to lower frequencies which are well-resolved, and on which the damping scheme is effective. Finally we increased the amplitude of the constraint violation. At amplitudes above $A \simeq 0.1$ the damping scheme becomes increasingly less effective, after which numerical integration is often not possible, either with or without constraint damping.

(ii). How effective is the damping scheme in astrophysically relevant spacetimes? For this part of the investigation we began by evolving a single puncture black hole. We find that the constraint damping scheme suppresses constraint-violating numerical error leaving the black hole horizon, but that it generically introduces a dynamical behavior to the constraints. The suppression of the violation leaving the horizon is furthermore not
dramatic. For reasonable values of the damping parameter a factor of about 2 or 3 is gained in the norm of the constraint violation. If the damping parameters are chosen too large, the dynamical behavior induced by the scheme causes a large constraint violation to hit the outer boundary, which in our tests was placed at 50M, eventually causing a code failure, which we think it may be possible to avoid by including constraint damping terms in the constraint-preserving boundary conditions [11] appropriately. Since mixed puncture-black-hole neutron-star initial data are not readily available, “black-hole stuffing” has been proposed [21, 29, 30]. Therefore to investigate the likely effect of the constraint damping scheme in mixed binary evolutions, we evolved a single puncture with a constraint-violating interior. Here we find qualitatively the same behavior as in the single puncture evolutions, the only difference being that the size of the constraint-violating numerical error leaving the black-hole is larger. Finally on the question of astrophysically relevant spacetimes evolutions of a static star were performed. Here we find that using the damping scheme is generically of minor benefit and can cause an unphysical collapse.

(iii). In practical applications what are reasonable values for the constraint damping coefficients? Our flat-space tests demonstrate that higher values of the damping parameters are preferable, because then faster rates of exponential damping are achieved. On the other hand, since our evolutions of compact objects suffer from severe problems when the damping parameters are chosen too large, we suggest that the damping parameter are chosen in the range \( k \in [0, 0.1] \) for puncture evolutions while for matter evolution the safest option to use \( k = 0 \) unless specific damping tests are performed.

In summary, at least for the spherical symmetric systems studied within this work, the following statements about the constraint damping scheme can be made: Considering vacuum spacetimes, the damping scheme may be, for carefully chosen damping parameters, a useful tool for suppressing constraint violations. This is certainly true if there are features in the numerical setup which cause large constraint violations, for example, Sommerfeld boundary conditions or constraint-violating initial data. If no such features are present, the damping scheme is not essential and can furthermore affect the physics of the system if the damping parameters are taken too large. In the evolution of a static compact star our numerical evidence indicates that the damping scheme sometimes leads to a slight decrease of constraint violation. On the other hand the damping scheme, in combination with some numerical setups, causes growth of the constraints; in the special cases we have considered the damping scheme is of marginal use.

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FIG. 13: (Left) Time evolution of central rest-mass density for a stable star obtained using different values of \( k \). (Right) Time evolution of the constraint monitor corresponding to a subset of the evolutions of the right panel.

\[
\rho_c(t) / \rho_c(0) - 1 \times 1000
\]

\[
\log \| C \|_2
\]

\[
k = 0.0, 0.02, 0.05, 0.06
\]
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