7. Supplementary Results

7.1. Patient characteristics.

The patient demographics and clinical characteristics of the CHC patient cohort are summarised in Supplementary Table S1. Paired serum samples for miRNA testing and routine laboratory assessment of disease status were obtained with 95% of patients’ samples taken within 4 months of each other. As expected, traditional markers of disease severity (e.g., ALT, AST, sodium and platelet levels) were significantly different amongst the three study groups (all P<0.001), whereas creatinine levels were similar (Supplementary Table S1). Markers of hepatic function (i.e., bilirubin, albumin, INR) were significantly worse in patients with HCC compared with those with cirrhosis alone (all P<0.001). Interestingly, while the tumour marker AFP was increased in HCC vs. cirrhosis alone, this difference was not statistically significant (P=0.129) due to the wide variation of AFP values in the HCC cohort (Supplementary Table S1).

7.2. Discriminating cirrhosis and HCC using serum miRNA panels.

The utility of either serum miRNA-409-3p and miRNA-122-5p to distinguish cirrhosis from mild disease was fair with AUCs of 0.74 (P=0.004) and AUC of 0.69 (P=0.023), respectively. The individual performance of several serum miRNA candidates to distinguish HCC patients from those with cirrhosis alone was better with AUCs of 0.85 (P<0.001) for miRNA-122-5p and 0.78 (P<0.001) for miRNA-486-5p, while the utility of miRNA-151a-5p (AUC=0.70, P=0.014) and miR142-3p (AUC=0.60, P=0.14) was fair (Figure 2).

8. Supplementary Materials and Methods

8.1. Patient recruitment and characteristics

Sixty HCV-positive patients were retrospectively subdivided into 3 cohorts based on expert clinical assessment, transient elastography (FibroScan™; Echosens, Paris, France) and medical imaging as follows: mild disease without advanced fibrosis (F0-2; n=20); cirrhosis (F4; n=20); and cirrhosis with HCC (HCC; n=20). The diagnosis of HCC was established according to currently-accepted professional guidelines.[1] Patient demographics, biochemistry and relevant medical information were obtained from patients’ medical records. Serum samples were obtained through Pathology Queensland collection centres. All samples were processed within 8 hours of blood draw and stored at -80°C. A serum sample was collected from each patient and corresponding APRI (applying a cut-off of 1.0 to exclude cirrhosis),[2] FIB-4 (using a cut-off of 1.45 to exclude advanced fibrosis),[3] Child-Turcotte-Pugh (CTP) and model for end-stage liver disease (MELD) scores were calculated.

8.2. RNA extractions and reverse transcription.

For the screening phase, RNA was extracted from 200 µl of serum using the miRNeasy Serum/Plasma Kit (Qiagen; Hilden, Germany). Isolations were performed according to
manufacturer’s instructions with minor modifications to optimise results. Following the phenol-
chloroform phase separation, the interphase and organic layers were rehydrated with RNase free 
water equal to the volume removed during the aqueous phase collection.[4] Thus, a second aqueous 
phase was obtained maximizing RNA recovery. Both aqueous phases were combined into one 
RNeasy MiniElute spin column and RNA isolation was continued.[4] Following RNA elution, a 
second elution with identical settings was performed using 14µl RNase free water in a new collection 
tube. All samples were assessed for ethanol contamination and RNA yield by NanodropTM (Thermo 
Fisher Scientific; Waltham, MA, USA). Serum extracted RNA was reverse transcribed using the 
miScript II RT Kit (Qiagen) following the manufacturer’s instructions and RNA input 
recommendation for miScript miRNA PCR Arrays with 250 ng RNA. cDNA products were diluted 
10-fold prior to microRNA PCR array run. During the validation phase, serum RNA was extracted 
using the Plasma/Serum RNA Purification Mini Kit (Norgen Biotek Corp; Thorold, Ontario, Canada) 
following the manufacturer’s instructions with minor modifications. Prior to transferring the sample 
onto the Micro Spin Column the mixture was passed through a syringe with a 26G needle to break 
down lysis debris and prevent column clogging. RNA was eluted in 15 µl of RNase free water and 
assessed on a NanodropTM. Extracted RNA was reversed transcribed using the miRCURY LNA™ 
universal RT microRNA PCR Kit (Exiqon, Vedbaek, Denmark) following manufacturer’s 
instructions. A fixed RNA volume input of 4 µL was used (at the manufacturer’s suggestion) due to 
limitations in quantifying circulatory microRNAs. cDNA products were diluted 1:40 prior to qRT-
PCR use.

8.3. MiRNA PCR Array, qRT-PCR and data analysis.

During the screening phase, a miRNA PCR Array (Human Liver miFinder miScript miRNA PCR 
Array MIHS-3116ZG; Qiagen) was used to simultaneously measure expression of 372 liver-related 
microRNAs in all 60 samples. The most significant differentially-expressed microRNAs, (>2-fold change 
and P<0.05) were selected for further validation. Leading miRNA candidates were independently 
validated by qRT-PCR (miRCURY LNA™ miRNA kit and Exiqon primers, Supplementary Table 2). The miRNA PCR Array and miRCURY microRNA qRT-PCR were performed using the Lightcycler480 
(Roche; Basel, Switzerland) and CFX384 (Bio-Rad; Hercules, California) thermal cycler, respectively. MiRNA PCR Array and miRCURY qRT-PCR data were reported as crossing points (CP) and 
quantification cycles (Cq), respectively.

Statistical analysis of patient demographics was undertaken using the chi-square test for 
categorical variables, and either an ANOVA, Kruskal-Wallis test, unpaired t-test or Mann-Whitney 
test for continuous variables as informed by the D’Agostino & Pearson normality test. Significance 
was defined as P<0.05.

The endogenous reference microRNAs let-7i-5p and miRNA-23a-3p were selected for further 
validation studies based on a distance metric ranking combining the P-values from the pairwise 
comparisons of comparing mild disease (F0-2) vs cirrhosis (F4) and comparing cirrhosis (F4) vs HCC.
The distance metric was calculated as the summation of the absolute value of the log transformed P-
values. Validation qRT-PCR data were analysed using the 2^ΔCT method and expression values 
normalized to let-7i-5p and miRNA-23a-3p.

8.4. Panel design and k-fold cross validation.

Stepwise logistic regression using forward selection and backward elimination was used to 
derive microRNA panels for i) cirrhosis (F4) vs mild disease (F0-2), and ii) HCC vs cirrhosis (F4). 
Pairwise correlations between each of the microRNAs were assessed to exclude any significant 
correlations within the models at the 5% level of significance. Model selection was based on the
Akaike Information Criteria, the likelihood ratio test based on the change of the residual deviance, and by assessing the stability of the coefficient estimates.

The resulting model equation is as follows:

**Function A:** F4 vs F0-2

\[
\ln \left( \frac{p_i}{1-p_i} \right) = 4.03 - (0.89 \times \Delta CT \text{ miR-122-5p}) - (0.83 \times \Delta CT \text{ miR-409-3p})
\]

**Function B:** HCC vs F4

\[
\ln \left( \frac{p_i}{1-p_i} \right) = 3.59 + (1.78 \times \Delta CT \text{ miR-122-5p}) - (1.99 \times \Delta CT \text{ miR-486-5p}) + (2.32 \times \Delta CT \text{ miR-142-3p})
\]

To obtain the \( p_i \), the probability of the \( i^{th} \) subject having the outcome of cirrhosis (function A) or HCC (function B), use the following formula where function is the right hand side of the equation in Function A or B:

\[
p_i = \frac{1}{1 + \exp(-\text{function})}
\]

The probability, \( p_i \), will range from 0 to 1.

The Youden’s index is a technique used to determine the most appropriate cut-off value, which corresponds to a point on the ROC curve with the highest vertical distance from the 45% diagonal line. At this point, the true positive rate and the false positive rate is at the maximum possible.[5] Using the Youden’s index a panel specific cut-point for \( p_i \) was determined. For the probability \( p_i \) derived using function A, a value above the cut-point of 0.44 would classify the subject as cirrhosis. For the probability \( p_i \) derived using function B, a value above the cut-point of 0.65 would classify the subject as HCC.

K-fold cross-validation (5-fold) was used to assess the performance of the selected microRNA panels. Univariate and multivariable analyses were used to perform receiver operating characteristic (ROC) curve analysis resulting in area under the curve (AUC) with 95% confidence interval (CI), positive predictive value (PPV), negative predictive value (NPV), sensitivity, specificity and accuracy. All calculations were performed using the cvAUC and the ROCR package on R version (version 3.3.3).[6]

**Supplementary Tables**

**Supplementary Table S1. Demographic and clinical characteristics of patients across all study groups**

|                | Mild fibrosis (n=20) | Cirrhosis (n=20) | HCC (n=20) | P-value |
|----------------|----------------------|------------------|------------|---------|
| Gender         |                      |                  |            |         |
| Male (n/%)     | 10 (50%)             | 17 (85%)         | 15 (75%)   | 0.045   |
| Female (n/%)   | 10 (50%)             | 3 (15%)          | 5 (25%)    |         |
| Age (years)    | 49.6 (SD 10.1)       | 53.8 (SD 7.4)    | 58.3 (SD 5.3) | 0.004 |
| BMI            | 26.3 (SD 6.0)        | 27.2 (SD 5.1)    | 27.1 (SD 5.2) | 0.864 |
| HCV genotype (n) |                    |                  |            | 0.695   |
| 1              | 1 (5%)               | -                | 2 (10%)    |         |
| 1a             | 8 (40%)              | 8 (40%)          | 6 (30%)    |         |
| 1b             | 3 (15%)              | 4 (20%)          | 2 (10%)    |         |
|                | Mild fibrosis (n=20) | Cirrhosis (n=20) | HCC (n=20) | P-value |
|----------------|----------------------|------------------|------------|---------|
| Disease severity assessment | 6.1 (SD 1.2) | 19.2 (SD 8.5) | NA | <0.001 |
| Transient elastography | 12.2 (IQR 0.9-1.9) | 3.2 (IQR 2.7-4.6) | NA | <0.001 |
| FIB-4 | 0.6 (IQR 0.3-1.2) | 2.3 (IQR 1.1-4.5) | NA | <0.001 |
| APRI | 1.47 (SD 6.40) | 0.22 (SD 1.45) | 0.01 (SD 0.76) | NA |
| Proximity of sample collection to baseline routine laboratory tests (months) | 0.03 (SD 2.48) | 0.48 (SD 1.55) | NA | |
| Clinical follow up (months) | 16.7 (SD 7.2) | 21.2 (SD 6.7) | 3.3 (SD 3.0) | NA |

**Baseline routine laboratory tests**

|                        | Mixed 1/3 | 2 | 3 | 4 | Prior SVR |
|------------------------|-----------|---|---|---|-----------|
| HCV treatment history | 6 (30%)   | 6 (30%) | 6 (30%) | 9 (45%) | 1 (5%) |
| Treatment experienced |           |           |           |         |         |
| Treatment naïve       | 14 (70%)  | 14 (70%) | 10 (50%) |          |         |
| On DAA treatment      |           |           |           |         |         |
| Sodium (mmol/L)²      | 138.5 (SD 2.7) | 137.6 (SD 1.4) | 135.9 (SD 2.4) | 0.002 |
| creatinine (µmol/L)²  | 68.2 (SD 14.6) | 71.3 (SD 13.4) | 68.2 (SD 16.9) | 0.761 |
| ALT (U/L)³,⁶          | 63.5 (IQR 46.0-97.3) | 155.5 (IQR 105.5-223.5) | 55 (IQR 34.3-88.5) | <0.001 |
| AST (U/L)³,⁶          | 39.5 (IQR 30.0-70.3) | 123.5 (IQR 78.5-235.0) | 75.5 (IQR 53.8-101.3) | <0.001 |
| Platelet (x10⁹/L)²    | 226.3 (SD 57.6) | 164.4 (SD 32.8) | 124.7 (SD 63.2) | <0.001 |
| bilirubin (µmol/L)⁴   | NA | 14.5 (SD 4.5) | 25.3 (SD 10.0) | <0.001 |
| albumin (g/L)⁴        | NA | 40.4 (SD 2.8) | 33.7 (SD 6.1) | <0.001 |

**Other laboratory tests**

|                        | Mild fibrosis (n=20) | Cirrhosis (n=20) | HCC (n=20) | P-value |
|------------------------|----------------------|------------------|------------|---------|
| INR⁴                   | NA | 1.1 (SD 0.1) | 1.2 (SD 0.1) | <0.001 |
| AFP (µg/L)³,⁶          | NA | 5.8 (IQR 3.3-13.0) | 8.6 (IQR 8.0-21.3) | 0.129 |

**Proximity of sample collection to AFP (months)**

|                        | Mild fibrosis (n=20) | Cirrhosis (n=20) | HCC (n=20) | P-value |
|------------------------|----------------------|------------------|------------|---------|
| INR⁴                   | NA | 1.1 (SD 0.1) | 1.2 (SD 0.1) | <0.001 |
| AFP (µg/L)³,⁶          | NA | 5.8 (IQR 3.3-13.0) | 8.6 (IQR 8.0-21.3) | 0.129 |
A NA 20 (100%) 8 (40%)
B NA - 11 (55%)
C NA - 1 (5%)

MELD NA 7.31 (SD 0.67) 10.26 (SD 2.38)

BCLC (n/%) NA
0 NA NA 2 (10%)
A NA NA 8 (40%)
B NA NA 8 (40%)
C NA NA 1 (5%)
D NA NA 1 (5%)

Following normality testing, P-values were calculated using the 1Chi-Square test, 2ANOVA, 3Kruskal-Wallis test, 4unpaired t-test and 5Mann-Whitney test with significance defined as a P-value < 0.05. 6Data shown as median. Data are shown as mean values unless otherwise specified. (Abbreviations: AFP, alpha-fetoprotein; ALT, alanine aminotransferase; APRI, aspartate aminotransferase to platelet ratio; AST, aspartate aminotransferase; BCLC, Barcelona clinic liver cancer; BMI, body mass index; CTP, Child-Turcotte-Pugh Score; DAA, direct acting antiviral drug; Fib-4; Fibrosis-4; HCC, hepatocellular carcinoma; HCV, Hepatitis C virus; INR, international normalized ratio; IQR, interquartile range; LSM, liver stiffness measurement MELD, model for end-stage liver disease score; NA, not applicable; SD, standard deviation; SVR, sustained virologic response).

Supplementary Table S2: Target qRT-PCR primer sequences for candidate miRNAs during the validation phase.

| No. | microRNA name | Description | Target Sequence | Product No. Exiqon |
|-----|----------------|-------------|-----------------|-------------------|
| 1   | miR-19b-3p     | hsa-miR-19b-3p LNA™ PCR primer set, UniRT | UUGGCAAAUCCAUGGAAAAACUGA | 204450 |
| 2   | miR-151a-5p    | hsa-miR-151a-5p LNA™ PCR primer set, UniRT | UCGAGGAGCUACAGUCUGAGU | 204007 |
| 3   | miR-122-5p     | hsa-miR-122-5p LNA™ PCR primer set, UniRT | UGGAGUGUGACAUUGUGUUUG | 205664 |
| 4   | miR-409-3p     | hsa-miR-409-3p LNA™ PCR primer set, UniRT | GAAGUUGUUCGCUGGAACCCCU | 204358 |
| 5   | miR-23a-3p     | hsa-miR-23a-3p LNA™ PCR primer set, UniRT | AAGCUGCCAGUGAAGAUGUGU | 204606 |
| 6   | miR-142-3p     | hsa-miR-142-3p LNA™ PCR primer set, UniRT | UGUAGUGUUCACUUUAUGGA | 204291 |
| 7   | miR-486-5p     | hsa-miR-486-5p LNA™ PCR primer set, UniRT | UCCUGUACUGAGCUGCCCGAG | 204001 |
| 8   | let-7i-5p      | hsa-let-7i-5p LNA™ PCR primer set, UniRT | UGAGGUAGUUGUUGUGCUUU | 204394 |
| 9   | miR-23a-3p     | hsa-miR-23a-3p LNA™ PCR primer set, UniRT | AUCACAUUGCCAGGGAUUUC | 204772 |

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