Lumped damage mechanics as a diagnosis tool of reinforced concrete structures in service: case studies of a former bridge arch and a balcony slab

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ABSTRACT. Reinforced concrete structures may need repair in order to ensure the designed durability. The assessment of the structural condition usually is made in loco, but sometimes numerical analyses are required as a low cost and effective preliminary diagnosis. Lumped damage mechanics (LDM) may be used as an alternative diagnosis procedure. In LDM approaches for reinforced concrete structures, the concrete cracking is modelled by a damage variable and the reinforcement yielding is represented by plastic deformations. Therefore, this paper presents LDM as a diagnosis tool to analyse actual structures. Then, the procedure is applied in two case studies. The first one is a former bridge arch tested in laboratory. Such bridge was deactivated after almost three decades in service and some damage were observable. The second case study deals with a reinforced concrete balcony that collapsed after fifteen years of service. In the moment of collapse, only the dead load was acting in the balcony. The results show that LDM numerical response of those structures are quite close to laboratory observations, for the former bridge arch, and to in loco measurements, for the balcony. In this sense, according to the analysed structures, LDM may be used as a diagnosis tool.

KEYWORDS. Lumped damage mechanics; Reinforced concrete; Diagnosis; Bridge arch; Balcony.
INTRODUCTION

Reinforced concrete (RC) structures require periodical inspection, maintenance and repairs to ensure the designed durability. Inspections can identify damages that, if not corrected, can lead to partial or total collapse of the structure. When a structure shows signs of damage it is necessary to investigate its causes, which results in a diagnosis that serves as the basis for adopting intervention measures.

The assessment of structural damage may occur in loco using non-destructive methods such as visual inspection [1], acoustic emission [2] and ground penetrating radar [3], or destructive methods as explosions [4]. This analysis can also take place in laboratory, using samples of an original structure [5] or with the combination of experimental and numerical analysis, aiming to reproduce the experimental behaviour, as the stress/strain and fatigue [6] or the damage and dynamic properties [7]. Other diagnosis techniques are based on numerical analysis of the structures such as nonlinear dynamic analysis [8] or on artificial neural networks [9]. One of the most used computational method for modelling the occurrence of damage and monitoring the cracking process in reinforced concrete structures is the finite element method (FEM) [10-17]. However, a disadvantage of these procedures using FEM is the significant computational cost.

An efficient alternative to such procedures in order to assess damage in reinforced concrete structures is the Lumped Damage Mechanics (LDM). This theory combines the concepts of the classic damage and fracture mechanics in plastic hinges, which defines the concrete cracking as the damage variable. LDM was firstly proposed to analyse RC structures submitted to seismic loads [18-22]. Later, LDM was expanded for several other conditions, as impact loads [23-25] and tunnel linings [26-28].

One of the great advantages of using LDM to evaluate damage of reinforced concrete structures is the use of parameters easily obtained by civil engineers in practice, such as cracking moment and the load conditions. In order to ensure that LDM may be applied in actual engineering problems, Flórez-López et al. [29] defined structure integrity according to the damage level of the structural elements. For reinforced concrete elements, a damage value around 0.3 or 0.4 represents the beginning of the reinforcement yield, and a damage of approximately 0.6 means the bearing capacity of the element [29].

In the light of the foregoing, the objective of this paper is the application of LDM as a diagnosis tool of RC structures, using a former bridge arch and a balcony that suffered collapse as case studies. The first case is an arch that was removed from an actual bridge in China [13] and tested in laboratory and the second one is a collapsed balcony of an actual building in Brazil [30]. Then, the damage variable is used as a diagnosis tool, presenting satisfactory results for both analysed structures.

![Figure 1: Relations among variables in a structural problem.](image)

**REVIEW ON LUMPED DAMAGE MECHANICS FOR FRAMES AND ARCHES [26-29]**

The variables of a structural problem can be categorised in three sets: kinematic, static and internal ones (Fig 1). Such variables are related by three sets of equations, which can be called as kinematic equations, equilibrium relations and constitutive law (Fig 1). Classic finite element analysis usually relates directly the matrix of generalised displacements \(\{U\}\) and matrix of generalised external forces \(\{P\}\). Note that the approach presented in this paper presents more matrices, defined in this section. Then, considering a structure composed by frame and arch elements in a XZ Cartesian reference [26], such quantities are described by:
\[
\{U\} = \begin{bmatrix}
  u_1 & w_1 & \theta_1 & \cdots & u_i & w_i & \theta_i & \cdots & u_j & w_j & \theta_j & \cdots & u_n & w_n & \theta_n
\end{bmatrix}^T \tag{1}
\]

\[
\{P\} = \begin{bmatrix}
P_{u1} & P_{w1} & P_{\theta1} & \cdots & P_{u1} & P_{w1} & P_{\theta1} & \cdots & P_{um} & P_{wm} & P_{\theta m} & \cdots & P_{un} & P_{wn} & P_{\theta n}
\end{bmatrix}^T \tag{2}
\]

where \(u_1\) is the node 1 displacement parallel to the X-axis, \(w_1\) is the node 1 displacement parallel to the Z-axis and \(\theta_1\) is the node 1 rotation on the XZ plane. Analogously, \(P_{un}\) is the applied force on node \(n\) parallel to the X-axis, \(P_{wn}\) is the applied force on node \(n\) parallel to the Z-axis and \(P_{\theta n}\) is the applied moment on node \(n\) on the XZ plane.

The structural equilibrium is given by:

\[
\{P\} = \sum_{b=1}^{\infty} [B]_b^T \{M\}_b \tag{3}
\]

being \([B]_b\) the transformation matrix and \([M]_b\) the generalised stresses of a finite element \(b\), both given as follows:

\[
[M]_b = \begin{bmatrix}
  M_i & M_j & N_j
\end{bmatrix}^T \tag{4}
\]

Frame element:

\[
[B]_b = \begin{bmatrix}
  0 & 0 & 0 & \cdots & \sin \alpha_b & -\cos \alpha_b & 1 & \cdots & -\sin \alpha_b & \cos \alpha_b & 0 & \cdots & 0 & 0 & 0 \\
  0 & 0 & 0 & \cdots & \sin \alpha_b & -\cos \alpha_b & 0 & \cdots & -\sin \alpha_b & \cos \alpha_b & 1 & \cdots & 0 & 0 & 0 \\
  0 & 0 & 0 & \cdots & -\cos \alpha_b & \sin \alpha_b & 0 & \cdots & \cos \alpha_b & \sin \alpha_b & 0 & \cdots & 0 & 0 & 0 \\
\end{bmatrix}
\]

node 1 node \(i\) node \(j\) node \(n\)

Arch element:

\[
[B]_b = \begin{bmatrix}
  0 & 0 & 0 & \cdots & \sin(\beta_1) & \frac{\cos(\beta_1)}{R_0 \sin(\chi_1)} & \frac{-\cos(\beta_1)}{R_0 \sin(\chi_1)} & 1 & \cdots & \\
  0 & 0 & 0 & \cdots & \sin(\beta_1) & \frac{\cos(\beta_1)}{R_0 \sin(\chi_1)} & \frac{-\cos(\beta_1)}{R_0 \sin(\chi_1)} & 0 & \cdots & \\
  0 & 0 & 0 & \cdots & \cos(\beta_1) & \frac{(\cos(\chi_1) - 1) \sin(\beta_1)}{\sin(\chi_1)} & \frac{-\sin(\beta_1) + (\cos(\chi_1) - 1) \cos(\beta_1)}{\sin(\chi_1)} & 0 & \cdots & \\
  -\frac{\cos(\beta_1 + \chi_1) + \cos(\chi_1) \sin(\beta_1 + \chi_1)}{R_0} & \frac{\sin(\beta_1 + \chi_1)}{R_0 \sin(\chi_1)} & \frac{\cos(\chi_1) \cos(\beta_1 + \chi_1)}{R_0} & \frac{\sin(\beta_1 + \chi_1)}{R_0 \sin(\chi_1)} & 0 & \cdots & 0 & 0 & 0 \\
  -\frac{\cos(\beta_1 + \chi_1) + \cos(\chi_1) \sin(\beta_1 + \chi_1)}{R_0} & \frac{\sin(\beta_1 + \chi_1)}{R_0 \sin(\chi_1)} & \frac{\cos(\chi_1) \cos(\beta_1 + \chi_1)}{R_0} & \frac{\sin(\beta_1 + \chi_1)}{R_0 \sin(\chi_1)} & 0 & \cdots & 1 & 0 & 0 \\
  -\frac{\cos(\beta_1 + \chi_1) + (\cos(\chi_1) - 1) \sin(\beta_1 + \chi_1)}{R_0} & \frac{\sin(\beta_1 + \chi_1)}{R_0 \sin(\chi_1)} & \frac{\cos(\chi_1) \cos(\beta_1 + \chi_1)}{R_0} & \frac{\sin(\beta_1 + \chi_1)}{R_0 \sin(\chi_1)} & 0 & \cdots & 0 & 0 & 0
\end{bmatrix}
\]

node \(j\) node \(n\)
where $M_i$ and $M_j$ are bending moments on the nodes $i$ and $j$ of the element, respectively, $N_i$ is the axial force on the node $i$ of the element, $\alpha$ is the orientation of the frame element and $L_b$ its length; $\beta_b$, $\chi_b$ and $R_b$ geometrically define the circular arch element (Fig 2). Note that the second member of (3) is the sum of the internal forces of each finite element.

Figure 2: Generalised stresses and geometric definition of (a) arch and (b) frame finite elements.

The kinematic relations for a finite element are given by:

$$\{\Phi\} = \{\hat{B}(U)\} \{\hat{U}\}$$

being $[B(U)]_b$ the same transformation matrix previously presented in (5-6) considering large displacements and $\{\Phi\}$ the matrix of generalised deformations, which is conjugated to $\{M\}$ and written as:

$$\{\Phi\} = \{\phi_i, \phi_j, \delta_i\}^T$$

where $\phi_i$ and $\phi_j$ are flexural rotations due to the bending moments $M_i$ and $M_j$, respectively, and $\delta_i$ is the axial deformation related to $N_i$.

If small displacements and small deformations are assumed, (7) can be rewritten as follows:

$$\{\Phi\} = [B_0] \{U\}$$

being $[B_0]$ the transformation matrix for the initial condition.

The elastic relations of the element are obtained by assuming the deformation equivalence hypothesis, by applying the Castigliano’s Theorem [26-27, 29] and considering the inelastic phenomena are concentrated at hinges located at the edges of the element (Fig 3):

$$\{\Phi - \Phi^p\} = [F(D)]_b \{M\}_b$$

where $\{\Phi^p\}_b$ is the matrix of generalised plastic deformations, that accounts for reinforcement yielding, and $[F(D)]_b$ is the damaged flexibility matrix, both written as:

$$\{\Phi^p\}_b = \{\phi_i^p, \phi_j^p, 0\}^T$$

$$[F(D)]_b = \begin{bmatrix}
\frac{1}{1 - d_j} F_{11}^0 & F_{12}^0 & F_{13}^0 \\
F_{12}^0 & \frac{1}{1 - d_j} F_{22}^0 & F_{23}^0 \\
F_{13}^0 & F_{23}^0 & F_{33}^0
\end{bmatrix}$$
being $d_i$ and $d_j$ the damage variables at hinges $i$ and $j$, respectively, which account for concrete cracking. The terms $F_{ij}^0$ are described in the Appendix for frame and arch elements.

![Figure 3: Lumped damage modelling for reinforced concrete members [26-29].](image)

In order to complete the constitutive law, the evolution laws of internal variables (damage and plastic rotation) must be considered. Thus, consider the complementary energy of the finite element:

$$W = \frac{1}{2} \left\{ M \right\}_b^T \left\{ \Phi - \Phi^p \right\}_b$$ (13)

The evolution law of the damage variables are obtained throughout the Griffith criterion i.e.

$$\begin{cases}
\Delta d_i > 0 \Rightarrow G_i = Y(d_i) \\
G_i < Y(d_i) \Rightarrow \Delta d_i = 0 \\
\Delta d_j > 0 \Rightarrow G_j = Y(d_j) \\
G_j < Y(d_j) \Rightarrow \Delta d_j = 0
\end{cases} \quad \therefore G_i = \frac{\partial W}{\partial d_i} = \frac{M_i^T F_{ii}^0}{2(1-d_i)^2}
$$ (14)

$$\begin{cases}
\Delta f_i > 0 \Rightarrow f_i = 0 \\
f_i < 0 \Rightarrow \Delta f_i = 0 \\
\Delta f_j > 0 \Rightarrow f_j = 0 \\
f_j < 0 \Rightarrow \Delta f_j = 0
\end{cases} \quad \therefore f_i = \frac{M_i}{1-d_i} - C f_i^p - k_0 \leq 0$$ (16)

where $G_i$ and $G_j$ are the damage driving moments for the hinges $i$ and $j$, respectively, and $Y(d_i)$ and $Y(d_j)$ are the cracking resistance functions [28].

The cracking resistance function for reinforced concrete elements [29] is given by:

$$Y(d) = Y_0 + q \frac{\ln(1-d_i)}{1-d_i}$$ (15)

being $Y_0$ and $q$ model parameters.

The plastic evolution laws for each hinge of the element are given by:
being \( f_i \) and \( f_j \) the yield functions for the hinges \( i \) and \( j \), respectively, and \( C \) and \( k_0 \) model parameters. Note that the model parameters \( Y_0, q, C \) and \( k_0 \) can be directly related to the classic theory of reinforced concrete structures, as presented by [20, 27-29].

**CASE STUDIES**

*Bridge Concrete Arch [13]*

The first case study is the failure analysis of two reinforced concrete arch ribs that were part of a 28 years old bridge in China. The geometry of the arches is described in Tab. 1. The failure experiments were made in laboratory where the arches were submitted to static loads [13]. Fig. 4 presents the location of the applied loads (\( P \)).

| Span (\( L \)) | Height (\( H \)) | Radius | Inclined angle at arch foot | Cross section width (\( T \)) | Cross section height (\( h \)) |
|---------------|-----------------|--------|-----------------------------|-------------------------------|-------------------------------|
| 19.72 m       | 3.08 m          | 17.89 m| 35.5°                       | 20 cm                         | 28 cm                         |

**Table 1: Arch geometric parameters [13].**

![Figure 4: Lumped damage modelling for the arch tested by [13].](image)

The loads were applied at middle (point E), at the left quarter plus 27 cm (point C) and at the right quarter of the arch (point G), which were applied in eighteen load steps. The two end sections of the arches were fixed. The reinforcement is located near the upper and lower sides of the arch cross section. Three bars with 16 mm of diameter composed each layer. Tab. 2 presents the elastic constants of the materials.

| Material     | Concrete | Steel |
|--------------|----------|-------|
| Elastic modulus \( E \) (GPa) | 9.8      | 210   |
| Poisson’s ratio \( v \) | 0.17     | 0.27   |

**Table 2: Material elastic constants [13].**

Due the long usage time and problems related to the removal and transportation of the arches, both of them suffered damages at the two ends (nodes A and I). Moreover, at 1/8 distance of the left and right supports (nodes B and H) the arches were also damaged, when they were being dismantling in the field, resulting in two notches.

It was obtained that the collapse load (\( P_{\text{max}} \)) was equal to 68 kN and 65 kN for the tested arches. Tab. 3 presents the experimental data of the vertical displacements at the measured location, for different load ratios.
Table 3: Experimental data of vertical displacements for $P_{\text{max}} = 68\text{kN}$ [13].

| Load $P/P_{\text{max}}$ (%) | Vertical displacement (mm) Node E |
|-----------------------------|----------------------------------|
| 0                           | 0                                |
| 6.76                        | -                                |
| 8.46                        | -                                |
| 10.15                       | 4.43                             |
| 11.84                       | 5.02                             |
| 13.53                       | 5.77                             |
| 16.91                       | 7.24                             |
| 27.99                       | 12.63                            |
| 39.06                       | 17.39                            |
| 47.91                       | 22.35                            |
| 52.35                       | 24.96                            |
| 54.57                       | 26.53                            |
| 59.41                       | 30.07                            |
| 68.97                       | 36.4                             |
| 73.09                       | 39.49                            |
| 77.5                        | 43.45                            |
| 90.88                       | 56.43                            |

Figure 5: Inclined balcony slab [30].

Collapse of a reinforced concrete balcony slab [30]

A balcony of a fifteen years old building suddenly collapsed. The balcony structure severely cracked at the clamped end of the cantilevered slab, rotating approximately 17 degrees, but remained connected to the rest of the structure of the building, as is shown in Fig. 5.

The balcony floor structure is a reinforced concrete slab with 12 cm of thickness, 9.32 m long and 2.03 m wide (Fig. 6). The cantilevered slab is clamped in the outer edge of the living room slab, whose thickness is 15 cm, and both are simply supported on the facade beam. The bottom of the two slabs are on the same level, so the difference in thickness between them results in a 3 cm step at the top of the cantilevered slab, located next to the beam (Fig. 7).
The visual inspection of the fractured slab showed steel bars with 9.5 mm of diameter spaced 150 mm. Analysis of samples of concrete and steel bars resulted in characteristic compressive strength ($f_{ck}$) equal to 30 MPa and yield stress of 500 MPa, respectively. The permanent vertical loads on the slab are concrete dead load (3.0 kN/m²), weight of the bottom coating (0.4 kN/m²), weight of the laying mortar (1.0 kN/m²) and weight of the marble floor (0.56 kN/m²). These loads generate a bending moment in the clamped section equal to -10.55 kNm/m. The flexural design considering only the permanent vertical loads and concrete with $f_{ck}$ of 14 MPa, value adopted in the building design, results in a steel area equal to 3.4 cm²/m. This value is lower than the steel area actually utilized on the balcony slab, which is 4.72 cm²/m.

Thus, it was concluded that the accident was caused by the abrupt rectification of the steel bars of the negative reinforcement that were installed with double curvature in the form of a step, due to the rupture of the surface layer of concrete by the action of the straightened bars (Fig. 8).

**RESULTS**

**Bridge Concrete Arch [13]**

The arch was divided in eight finite elements, as shown in Fig. 4. Although a complete nonlinear analysis is possible [14-29], since the goal of this paper is to present a diagnosis of the analysed structure, a single measurement of the tested arch [13] is taken into account. Then, the procedure was carried out for the step of 10.15% of the collapse
load i.e., experimental value of 6.902 kN, since the collapse load is 68 kN. The vertical displacement at the mid-span of the tested arch is equal to 4.43 mm.

The LDM analysis reached applied load of 6.802 kN (about 10% of the collapse load) and vertical displacement of 4.334 mm for the initial damage values in nodes A, B, H and I equal to 0.25, 0.23, 0.22 and 0.12, respectively. Compared to the experimental values, the absolute and relative displacement errors were equal to 0.096 mm and 2.16%.

For the estimated initial damage values in the arch, it is possible to suggest minor repairs at nodes A, B, H and I, considering what is indicated by Flórez-López et al. [29] (Tab. 4), if the arch was not tested up to collapse and then returned to service.

| Performance level | Maximum expected damage in beams | Maximum expected damage in columns | Description |
|-------------------|----------------------------------|-----------------------------------|-------------|
| 1                 | 0.30                             | 0.10                              | The elements do not require any intervention after the event |
| 2                 | 0.40                             | 0.30                              | Some minor repairs may be needed |
| 3                 | 0.50                             | 0.40                              | The element requires repair at reasonably costs |
| 4                 | 0.60                             | 0.50                              | The structure requires a major rehabilitation process |
| 5                 | > 0.70                           | > 0.60                            | Inacceptable structural behaviour |

Table 4: Performance level for damage [29].

**Collapse of a reinforced concrete balcony slab [30]**

Since the acting permanent load is 4.96 kN/m² during the accident, it was verified that the damage evolution law (Eqn. 14) that $G < Y(d)$ i.e. the loads did not cause the damage in the clamped section. This is corroborated by comparing the cracking moment (15.73 kNm/m) with the acting bending moment in the clamped section (10.22 kNm/m). To achieve the cracking moment (15.73 kNm/m) and the ultimate moment (23.69 kNm/m), the load in the balcony should be 7.63 kN/m² and 11.5 kN/m², respectively. Based on that and in the conditions observed *in loco*, the accident occurred due to the action of the straightened bars. In the ultimate condition of the slab section, it was observed that the residual thickness was approximately 2 cm, as shown in Fig. 9.

The simulation, considering large displacements, reached a damage value of 0.9995 and the horizontal and vertical displacement in the edge of the slab are equal to 13.57 cm and 58.99 cm, respectively. These values lead to an angle approximately equal to 17.30°, which confirms the *in loco* observations. Note that the damage obtained in the analysis characterises an unacceptable structural behaviour [29] (Tab. 4), denoting that almost there is no cross section at the clamped end. Assuming that the damage penalises directly the inertia moment [27], the remaining thickness at the clamped end is estimated as 0.95 cm, quite close to the field observations.

![Figure 9: Geometry and typical reinforcement after the accident [25-26].](image-url)
CONCLUSION

This paper presents lumped damage mechanics (LDM) as a diagnosis tool to evaluate damage levels (concrete cracking) in reinforced concrete (RC) structures. Differently from all previous studies, where LDM was used in nonlinear analyses, this paper showed that the LDM formulation can be easily applied in practical engineering problems. Therewith, LDM was applied as a diagnosis tool in two different structures: a former bridge arch in China that was tested in laboratory and a RC balcony slab in Brazil that collapsed after 15 years of service.

For the former bridge arch, LDM response was quite close to the experimental one and then initial damage values in four different points were estimate around 0.20, concluding that minor repairs might be needed if the arch was returned to service.

On the other hand, the RC slab balcony collapsed with only permanent loads where, the reinforcement straightened up due to an incorrect design. By applying LDM, it was noticed that the analysis reached large displacements as the actual balcony, with a rotation near 17º, quite close to in loco observations. The calculated damage was 0.9995, characterising collapse. Also, the residual thickness is estimated near to 1.0 cm, quite close to in loco measure (2.0 cm).

Finally, regarding the analysed engineering problems in this paper, it is possible to observe that the LDM may be adequately a diagnosis tool to evaluate the levels of damage in structures, being able to determine the distribution of initial/current damage values and to verify its acceptability and safety for use. Moreover, it is feasible tool for technical analysis of actual structural accidents, such as the case of the RC balcony slab in Brazil.

ACKNOWLEDGEMENTS

The first author acknowledges CAPES for the financial support of his D.Sc. studies. The second author acknowledges PNPD/CAPES for the financial support of her Postdoc studies.

APPENDIX

Just for convenience, the flexibility matrix of a damaged member (12) is reproduced here:

\[
[F(D)]_b = \begin{bmatrix}
\frac{1}{1-d_j} F_{11}^0 & F_{12}^0 & F_{13}^0 \\
F_{12}^0 & \frac{1}{1-d_j} F_{22}^0 & F_{23}^0 \\
F_{13}^0 & F_{23}^0 & F_{33}^0
\end{bmatrix}
\]  

(A.1)

For frame members such matrix is denoted as:

\[
[F(D)]_b = \begin{bmatrix}
\frac{1}{1-d_j} \frac{L_a}{3EI} & \frac{L_a}{6EI} & 0 \\
-\frac{L_a}{6EI} & \frac{1}{1-d_j} \frac{L_a}{3EI} & 0 \\
0 & 0 & \frac{L_a}{AE}
\end{bmatrix}
\]  

(A.2)

For arch elements the terms of the flexibility matrix are given by:
\[
\begin{align*}
F_{11}^0 &= \frac{1}{2} R_\delta \left( -4 \sin \chi_\delta + 3 \chi_\delta - 2 \chi_\delta \cos^2 \chi_\delta + 3 \sin \chi_\delta \cos \chi_\delta \right) - \frac{1}{2} R_\delta \frac{\sin \chi_\delta \cos \chi_\delta - \chi_\delta}{R_\delta A E \sin^2 \chi_\delta} \\
F_{12}^0 &= \frac{1}{2} R_\delta \left( -2 \sin \chi_\delta + \chi_\delta + \sin \chi_\delta \cos \chi_\delta \right) + \frac{1}{2} R_\delta \frac{\sin \chi_\delta \cos \chi_\delta - \chi_\delta}{R_\delta A E \sin^2 \chi_\delta} \\
F_{13}^0 &= \frac{1}{2} R_\delta^2 \left( -5 \sin \chi_\delta + 5 \chi_\delta \cos \chi_\delta - \chi_\delta \cos \chi_\delta - 3 \chi_\delta - 2 \chi_\delta \cos^2 \chi_\delta \right) \\
F_{22}^0 &= \frac{1}{2} R_\delta \left( \chi_\delta - \sin \chi_\delta \cos \chi_\delta \right) - \frac{1}{2} R_\delta \frac{\sin \chi_\delta \cos \chi_\delta - \chi_\delta}{R_\delta A E \sin^2 \chi_\delta} \\
F_{23}^0 &= \frac{1}{2} R_\delta^2 \left( - \sin \chi_\delta - \chi_\delta \cos \chi_\delta + \chi_\delta + \sin \chi_\delta \cos \chi_\delta \right) \\
F_{33}^0 &= \frac{1}{2} R_\delta \left( -3 \sin \chi_\delta - \chi_\delta \cos^2 \chi_\delta - \chi_\delta \cos \chi_\delta + 2 \chi_\delta + 3 \sin \chi_\delta \cos \chi_\delta \right) \\
&\quad - \frac{R_\delta^3 \left( - \sin \chi_\delta + \sin \chi_\delta \cos \chi_\delta \right)}{R_\delta A E \sin^2 \chi_\delta} \tag{A.3}
\end{align*}
\]

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