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Recent progress on the mutations of SARS-CoV-2 spike protein and suggestions for prevention and controlling of the pandemic

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ABSTRACT

Severe acute respiratory syndrome coronavirus type 2 (SARS-CoV-2) infection has caused a global pandemic in the past year, which poses continuing threat to human beings. To date, more than 3561 mutations in the viral spike protein were identified, including 2434 mutations that cause amino acid changes with 343 amino acids located in the viral receptor-binding domain (RBD). Among these mutations, the most representative ones are substitution mutations such as ΔH69/V70 and Δ242–244, which confer the virus with enhanced infectivity, transmissibility, and resistance to neutralization. In this review, we discussed the recent findings of SARS-CoV-2 for highlighting mutations and variants on virus transmissibility and pathogenicity. Moreover, several suggestions for prevention and controlling the pandemic are also proposed.

1. Introduction

The Coronavirus Disease 2019 (COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) poses an unprecedented impact on global health and the economy. As of 7 June 2021, there have been 173,005,553 confirmed cases of COVID-19, including 3,727,605 deaths.

SARS-CoV-2 belongs to the Coronavirus family, Betacoronavirus genus, and Sarbecovirus subgenus, containing a linear single-stranded positive-sense RNA genome of 29.9 kb (Li et al., 2020b; Lu et al., 2020; Wang et al., 2020b; Xu et al., 2020). Numerous evidence suggested that SARS-CoV-2 is closely related to the bat SARS-like-CoVs, however, the origin of the virus and its intermediate host(s) is still unclear (Li et al., 2020b; Sun et al., 2020; Zhou and Shi, 2021). The genome of SARS-CoV-2 encodes four structural proteins, including spike (S) protein, envelope (E) protein, membrane (M) protein, and nucleocapsid (N) protein, and 16 non-structural proteins (NSP1 to NSP16) (Wang et al., 2020b).

Among viral proteins, the spike protein is a glycoprotein, which anchors to the virus surface in the form of the trimer, and acts as the main antigen, and participates in the entry (Mercurio et al., 2021). SARS-CoV-2 spike harbors two cleavage sites, which are processed by proteases before membrane fusion and accelerates cell entry (Kadam et al., 2021; Seyran et al., 2020; Sun et al., 2020b; Walls et al., 2020). The first cleavage site locates at the boundary between the S1 and S2 subunits (R685), which is characterized by unique polybasic furin site PRRA/R, which is absent in other known coronaviruses. The second one is at S2’ (R815) subunit, which are recognized and cleaved by transmembrane serine protease 2 (TMPRSS2) and other proteases such as cathepsin L (CPL) (Kadam et al., 2021). During the binding and entry, the S protein can be split into two subunits, S1 and S2, which facilitate affinity with cellular receptor ACE2 (Angiotensin-converting enzyme 2) and membrane fusion, respectively (Mercurio et al., 2021; Satarker and Nampoothiri, 2020). Furthermore, functional domains signal sequence (SS), NTD (N-terminal domain), RBM (receptor-binding domain), SD1 (subdomains 1), and SD2 (subdomains 2) locate in the S1 subunit, while domains FP (fusion peptide), HR1 (heptad repeat 1), CH (central helix), CD (connector domain), HR2 (heptad repeat 2), and CT (C-terminal domain) are main parts of S2 subunit (Fig. 1).

The NTD (N-terminal domain) locates at 14–306 amino acids (aa) of the viral spike protein. NTD has obvious structural plasticity, involves prebinding activation and immune activation, and plays vital roles in the effective binding process and immune response together with the RBD domain (Kumar et al., 2020; Liu et al., 2020; McCallum et al.; Rosa et al., 2020; Wallis et al., 2020). The second one is at S2’ (R815) subunit, which are recognized and cleaved by transmembrane serine protease 2 (TMPRSS2) and other proteases such as cathepsin L (CPL) (Kadam et al., 2021). During the binding and entry, the S protein can be split into two subunits, S1 and S2, which facilitate affinity with cellular receptor ACE2 (Angiotensin-converting enzyme 2) and membrane fusion, respectively (Mercurio et al., 2021; Satarker and Nampoothiri, 2020). Furthermore, functional domains signal sequence (SS), NTD (N-terminal domain), RBM (receptor-binding domain), SD1 (subdomains 1), and SD2 (subdomains 2) locate in the S1 subunit, while domains FP (fusion peptide), HR1 (heptad repeat 1), CH (central helix), CD (connector domain), HR2 (heptad repeat 2), and CT (C-terminal domain) are main parts of S2 subunit (Fig. 1).

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2021). Moreover, the GTNGTKR motif at 72–78 aa of the NTD may be involved in recognizing other receptors/co-receptors besides the ACE2 (Behloul et al., 2020). Residues Y144, Y145, and V146 form a conservative pocket in the NTD of the S1 subunit of the Wuhan reference strain (GenBank No.: NC_045512), however, the deletion of amino acid residues Y144 and G107 of S protein isolated from India and France was found in the NTD, which resulted in the change of pocket structure in NTD, the decrease of affinity between NTD and endogenous monoclonal antibody, and the disruption of cell entry mediated by NTD (Dawood et al., 2021). Another report showed that a deletion of F140 in the NTD N3 loop, an insertion of 11-aa peptides (KTRNKSTSRRE) containing a glycan sequon (NKS) at N248 in the NTD N5 loop, and an E484K substitution in the RBD lead to complete resistance to plasma neutralization (Andreon et al., 2020). Besides, NTD-specific neutralizing monoclonal antibodies can inhibit cell fusion, activate effector function, and protect animals from SARS-CoV-2 challenge, avoid selecting escape mutants in animal models (McCullum et al., 2021). Therefore, mutations in the NTD may affect viral binding behavior and the binding of neutralizing antibodies.

The RBD in the S1 subunit is considered a critical domain for recognizing the ACE2 receptor and stimulating immune responses (Kadam et al., 2021; Souza et al., 2021). Similar to other SARS-CoV, the RBD in the trimer structure of SARS-CoV-2 spike protein also has two conformations: standing-up (opened conformation) and lying-down (closed conformation) (Liu et al., 2021c; Weissman et al., 2021; Yurkovetskiy et al., 2020; Zhang et al., 2020). The transitions between closed conformation and open conformation of RBD are dynamic, which are mainly caused by mutation, proteolysis, linoleic acid, or antibody binding (Kadam et al., 2021; Weissman et al., 2021; Yurkovetskiy et al., 2020; Zhang et al., 2020). During infection, the SARS-CoV-2 spike was precipitated by furin, which caused a higher proportion of RBD to stand up and bind to the ACE2 receptor, followed by the binding of the S1 subunit and ACE2, and then the membrane fusion and entry primed by the S2 subunit (Berger and Schaftitzel, 2020; Korber et al., 2020; Liu et al., 2021c; Mercurio et al., 2021; Shang et al., 2020; Turonova et al., 2020; Weissman et al., 2021; Yurkovetskiy et al., 2020; Zhang et al., 2020; Zhou et al., 2021a). Notably, compared with SARS-CoV, SARS-CoV-2 RBD, rather than the entire spike protein, has a higher ACE2 binding affinity (Shang et al., 2020). These results indicate that the lying-down RBD (closed conformation) of SARS-CoV-2 is beneficial to immune evasion, while the standing-up RBD (opened conformation) enhances effective binding between the RBD and ACE2 for efficient entry (Pieri, 2020; Turonova et al., 2020). Therefore, SARS-CoV-2 is more infectious than SARS-CoV. Besides, mounting evidence showed that the recently discovered SARS-CoV-2 is more infectious than the isolate reported in Wuhan, China in late December 2019, partly due to the conformational changes caused by the spike mutation (Gobeli et al., 2021; Kumar et al., 2020; Zhang et al., 2021).

The mutation and evolution of viruses are ubiquitous (Su et al., 2016), and the mutation of SARS-CoV-2 in the human population is also one of the hot topics in the past year. Compared with the influenza virus and HIV, the mutation rate of SARS-CoV-2 is lower (Abdelrahman et al., 2020; Rausch et al., 2020). However, due to a large number of infected people, mutations in the SARS-CoV-2 genome, especially in the NTD domain, RBD domain, SD1, and SD2 of the viral spike protein, continue to increase during the pandemic. In this review, we discussed the recent process of the mutations of SARS-CoV-2 spike protein and its influence on virus transmissibility and pathogenicity.

2. Molecular evolution of SARS-CoV-2 in the human population

2.1. General overview of SARS-CoV-2 genetic diversity

As reported, the SARS-CoV-2 spike and its receptor-binding domain (RBD) are highly variable (Choi et al., 2021; Kemp et al., 2021; Thomson et al., 2021). As of 27 May 2021, SARS-CoV-2 can be subdivided into hundreds of lineages based on the types of mutations, among which mutations in the ORF1ab and S protein account for the largest proportion, followed by mutations in the N, ORF3a, and M protein. These results are similar to those reported by Su's group that most recombination occurred in the ORF1ab gene of porcine deltacoronavirus (PDCoV) and other human- and animal CoVs, not structural genes (He et al., 2020; Su et al., 2016). The number of nucleic acid mutation and amino acid mutation in the ORF1ab are 20,396 (frequency of nucleic acid mutation: 0.958%) and 15,091 (frequency of amino acid mutation: 2.126%), and the number of nucleic acid mutation and amino acid mutation in the spike are 3698 (frequency of nucleic acid mutation: 0.968%) and 2746 (frequency of amino acid mutation: 2.157%), respectively. Moreover, SARS-CoV-2 strains with different mutations from different patients have obvious differences in replication and infectivity (Korber et al., 2020; Thomson et al., 2021). The binding ability of the spike of the circulating variants to human ACE2 was significantly enhanced, which led to a significant increase in its replication and transmission (Korber et al., 2020; Thomson et al., 2021).

| Name | Variants | S1 | S2 | Mutation Number |
|------|----------|----|----|----------------|
| N493K | -- | -- | -- | 1 |
| D614G | -- | -- | -- | 1 |
| S01YV1 | B.1.1.7 | -- | -- | 3 |
| S01YV2 | B.1.351 | -- | -- | 10 |
| S01YV3 | B.1.1.28 | -- | -- | 3 |

Fig. 1. Major mutations in the spike protein of SARS-CoV-2. To date, more than 3698 mutations in the S protein were identified, including 2746 mutations causing amino acid changes, of which more than 340 amino acids are located in the viral RBD. Among these mutations, the most representative ones are substitution mutations such as D614G, N501Y, Y453F, N439K/R, P681H, K417N/T, and E484K, and deletion mutations of ΔH69/V70 and ΔA242–244. Three mutations, D614G, N501Y, and E484K, confer the virus with enhanced infectivity, transmissibility, and resistance to neutralization. Δ, deletion; *, two meaningful mutations at this site; ---, unidentified mutations. Signal sequence (SS), NTD (N-terminal domain), N2R (NTD-to-RBD linker), RBD (receptor-binding domain), SD1 and SD2 (subdomains 1 and 2), FP (fusion peptide), HR1 (heptad repeat 1), CH (central helix), CD (connector domain), HR2 (heptad repeat 2), and CT (C-terminal domain).
The most representative ones in the spike protein are substitution mutations such as D614G, N501Y, Y453F, N439K/R, P681H, K417N/T, and E484K, and deletion mutations of $\Delta$H69/V70 and $\Delta$a24–244 (Fig. 1). Compared with wild-type viruses, the D614G mutation enhanced the ability of virus proliferation and transmission (Daniloski et al., 2021). The N501Y strengthened the affinity with human ACE2 and the infectivity, while S01-Y2 variant is more resistant to multiple monoclonal antibodies, convalescent plasma, and vaccine sera partly due to the E484K substitution (Cеле et al., 2021; McCormick et al., 2021; Noh et al., 2021). Furthermore, Kemp et al. found the virus population changed dynamically during convalescent plasma therapy, which was characterized by the emergence of a dominant virus carrying double mutations in the spike, including D796H in the S2 and $\Delta$H69/$\Delta$V70 in the N-terminal of the S1 (Kemp et al., 2021). Although some mutations, such as D796H, may lead to a decrease in infectivity, it seems the deletions of $\Delta$H69/$\Delta$V70 can enhance the viral infectivity by more than two times to compensate for this decrease, and finally resulting in a moderate decrease in sensitivity to convalescent plasma (Kemp et al., 2021). The sentinel mutation N439K in the viral receptor-binding motif endows the virus with enhanced binding affinity to human ACE2, resistance to several neutralizing monoclonal antibodies, and polyclonal sera from the recovered patients (Thomson et al., 2021). A recent paper identified a novel neutrophil elastase (ELANE) cleavage site near the S1–S2 junction of the spike protein in the SARS-CoV-2614G-mutant (D614G), which may be the reason for enhancing the spread of SARS-CoV-2 in high Alpha-anti-trypsin (AAT)-deficient regions (Bhartacharya et al., 2021). These results demonstrate that the mutation of SARS-CoV-2 will persist in the population for a long time.

During the infection, recombination and natural selection promoted the evolution and transmission of SARS-CoV-2 in humans and animals. Host immune responses induced by host gene editing, namely APOBEC (apolipoprotein B mRNA editing enzyme, catalytic polypeptide-like) and ADAR (adenosine deaminases acting on RNA), are the main driving forces of SARS-CoV-2 evolution, accounting for nearly 65% of the recorded mutations (Wang et al., 2020d; Wu et al., 2020). Thus, under the pressure of host selections (including gene editing and immune response), SARS-CoV-2 undergoes continuous mutations in different hosts, and finally exists and spreads as a more toxic and/or infectious variant, which was prevalent in Britain, South Africa, and other countries. Furthermore, more than 1500 mutations in SARS-CoV-2 have been identified in Russia, and 18 mutations of SARS-CoV-2 were found in a Russian woman with low immunity, some of which are the same as the mutated virus appearing in Britain, and two others are consistent with the variant carried by Danish mink (Y453F and $\Delta$K854) (Ozono et al., 2021), and K854, providing flexible space for the S trimer (Ozono et al., 2021) and increasing furin binding (Mohammad et al., 2021), which leads to enhanced cleavage of S protein and entry of host cells. Furthermore, SARS-CoV-2 contains two identical structures in their RBD, called “9-down” and “1-up” (Weissman et al., 2021). However, the percentage of the “3-RBD-down” and “1-RBD-up” in the G614 spike (18% versus 82%) is higher than that of the parent strain D614 (54% versus 46%) (Gobeil et al., 2021; Weissman et al., 2021; Yurkovetskiy et al., 2020).

These results suggest that D614G mutation leads to allosteric effects of SD1 and SD2 domains, with a more open conformation of the S trimer, thus exposing neutralizing epitopes and ACE2 receptor binding residues on the RBD, and finally making S protein more sensitive to neutralizing antibodies and increasing the efficiency of membrane fusion.

2.2. Representative variants of SARS-CoV-2 in the human population

2.2.1. D614G

From the end of January 2020, the SARS-CoV-2 variant, named 501Y Variant 1, or N501Y, was reported in United Kingdom (Leung et al., 2021; Makowski et al., 2021). The first discovered strain 501Y (501Y Variant 1) has six mutations, namely T14l, N501Y, S944l, H2357Y, P395l, and M6723l (Leung et al., 2021). Then, a second N501Y mutant 501Y Variant 2 (also named 20B/501Y-V1, SARS-CoV-2 VOC 202012/01, or lineage B.1.1.7) appeared in England in late September 2020 and became the dominant lineage in December 2020 (Leung et al., 2021). The 501Y Variant 2 contains 17 mutations, including H69-V70 deletion ($\Delta$69/70), Y144 deletion ($\Delta$144), N501Y, A570D, P681H, T716l, S982A, D1118l, T1001l, A1708D, I2230l, S3675-G3676-F3677 deletion, Q27stop, R52I, Y73C, D3L, and S325F (Leung et al., 2021). The N501Y strain has stronger transmission ability, which is 40–70% higher than the original strain, and the transmission index $R_0$ of the 501Y Variant 1 and Variant 2 was 10% and 75% higher, respectively, than that of the parent strain S01 N, but the pathogenicity and reinfection rate is similar (Leung et al., 2021). Moreover, the infection rate of children has increased significantly. Thereafter, the strain soon became the main epidemic strain in London and spread in more than 50 countries in Europe and America.

Among the mutations in the B.1.1.7, nine mutations, including H69-V70 deletion ($\Delta$69/70), Y144 deletion ($\Delta$144), N501Y, A570D, D614G, P681H, T716l, S982A, D1118l, T1001l, A1708D, I2230l, S3675-G3676-F3677 deletion, Q27stop, R52I, Y73C, D3L, and S325F (Leung et al., 2021). The H69-V70 deletion in the S1 NTD of the spike protein, which was found in SARS-CoV-2 from both human- and mink-originated SARS-CoV-2, may be associated with increased infectivity and reduced sensitivity to neutralizing antibodies (Bai et al., 2021; Kemp et al., 2021). The efficacy of non-RBD-binding monoclonal antibodies against the $\Delta$69/$\Delta$70 mutant was lower than that of the monoclonal antibodies targeting the RBD (Kemp et al., 2021). These results indicate the $\Delta$69/$\Delta$70 may induce viral escape from neutralizing antibodies.

Furthermore, a new mutation P681H was identified at the S1/S2 linkage site, which is adjacent to the furin cleavage site (682–685 aa) (Huang et al., 2020; Maison et al., 2021; Wang et al., 2020c). Numerous pieces of evidence show that the furin cleavage site promotes SARS-CoV-2 infectivity and then escape from the human immune response.
2 to enter respiratory epithelial cells and spread in animal models, which is considered to be the key to the enhancement of the transmission of SARS-CoV-2. However, whether P681H affects the recognition and cleavage of S1/S2 by furin protease remains to be further studied.

These results indicate that Δ69/Δ70, N501Y, and P681H are three key mutations in the spike protein of the N501Y strain, and their effects on virus pathogenicity, transmission, and immune escape should be further evaluated. It is worth noting that N501Y mutation was detected in four SARS-CoV-2 mutants, which appeared almost simultaneously in different countries, including B.1.1.7 (UK, mid-December 2020), B.1.351 (South Africa, late December 2020), COH.20 g/N501Y (the USA, late December 2022) and P.1 strain (501Y-V3, Brazil, January 2021), suggesting that this residue may play an important role for the virus evolution and transmission.

2.2.3. 501Y-V2

In November 2020, another SARS-CoV-2 variant similar to the N501Y mutant was detected in South Africa, which was named 501Y-V2 strain (or B.1.351 lineage). Up to now, there are three most popular variants of 501Y-V2 lineage, including 501Y-V2-1, 501Y-V2-2, and 501Y-V2-3 (Li et al., 2021; Wibmer et al., 2021; Zhou et al., 2021b). The 501Y-V2-1 was the dominant variant in the early stage of the second wave of epidemic in South Africa, which enhances ACE2 affinity through seven mutations in spike protein, D614G, D80A, D215G, R246L, E484K, N501Y, and A701V. Thereafter, two other mutations L18F and K417N were identified in 501Y-V2-1, resulting in strain 501Y-V2-2. Shortly after that, an L242-244 deletion (Δ242-244) of spike protein was deleted in the 501Y-V2-2 strain, generating the third variant 501Y-V2-3 (Tegally et al., 2021; Zhou et al., 2021b).

Compared with the spike protein of SARS-CoV-2 Wuhan-1 strain, the spike protein of 501Y-V2-3 contains eight mutations: four mutations in NTD (L18F, D80A, D215G, and Δ242-244), three mutations in viral RBD (K417N, E484K, and N501Y), and one mutation in S2 region (A701V) (Li et al., 2021; Wibmer et al., 2021; Zhou et al., 2021b). Three mutations on the RBD of 501Y-V2-3 may lead to higher viral load and transmission ability than that of the Wuhan-1 strain (Li et al., 2021; Wibmer et al., 2021; Zhou et al., 2021b). Furthermore, residue K417N can bind to N501Y, thus increasing the binding between spike and ACE2 receptor in the variant (Fratev, 2020; Li et al., 2021; Wibmer et al., 2021; Zhou et al., 2021b). Mutations K417N and E484K may also reduce the sensitivity of the virus to neutralizing antibodies by more than 10 times (Li et al., 2021; Wibmer et al., 2021; Zhou et al., 2021b). Moreover, the South African variant 501Y-V2-3 can escape the inhibition of convalescent plasma and cause re-infection, which may be mainly due to the E484K and N501Y mutations (Li et al., 2021; Wibmer et al., 2021; Zhou et al., 2021b). This virus mutant, which can escape the immune system and re-infect the recovered person, has the strong advantage of becoming an epidemic strain. Moreover, to date, four mutations have been identified in amino acid 484 of spike protein, namely E484A, E484G, E484D, and E484K, and each mutation has partial resistance to the convalescent plasma, indicating that amino acid 484 is also one of the dominant epitopes of spike protein (Celé et al., 2021; Jangra et al., 2021; Li et al., 2021; Liu et al., 2021c; Wang et al., 2020e).

3. Current concerns and suggestions on SARS-CoV-2 mutation

3.1. Cross-species transmission of SARS-CoV-2 between animals and humans

Till now, although several groups speculated that SARS-CoV-2 originated from bats or pangolins, the origin of the virus and its intermediate host(s) remained a mystery. As reported, the spike protein of SARS-CoV-2 can interact with ACE2 of a variety of species in vitro and in vivo (Damas et al., 2020; Liu et al., 2021b; Wu et al., 2020; Zhai et al., 2020), suggesting that SARS-CoV-2 has the ability of cross-species recognition. The virus has also been detected in numerous non-human species by natural infection or artificial inoculation, including bat, hamster, raccoon dog, ferret, mink, monkey, rhesus macaque, gorilla, pangolin, tiger, lion, cat, dog, etc. (Bosco-Lauth et al., 2020; Kirov et al., 2020; Schlottau et al., 2020; Segales et al., 2020; Wu et al., 2020; Zhai et al., 2020), which have frequent contact with humans. Moreover, reports from Denmark and other countries confirmed that SARS-CoV-2 can be transmitted from humans to mink and raccoon dogs, and vice versa (Freuling et al., 2020; Ouide Munnink et al., 2021). These results indicate the host spectrum of SARS-CoV-2 is wider than we expected, and the possibility of SARS-CoV-2 spreading between humans and animals, especially domestic or economic animals, is very high by direct contact or aerosols. Besides, SARS-CoV-2 was stable on various surfaces, including plastic, stainless steel, skin, paper, glass, etc., for a long time, especially at low temperature or cold-chain transportation (Harbourt et al., 2020; Li et al., 2021). Thus, with the movement of people and the contact between people and animals, the spillover events of SARS-CoV-2 from animals to humans (Zhou and Shi, 2021), especially wild mammals, are inevitable.

It is worth noting that most of the SARS-CoV-2-infected animals show asymptomatic to mild symptoms, which may often be ignored by farmers or owners, resulting in a widespread of the virus. Meanwhile, existing evidence shows that SARS-CoV-2 may have originated from bat coronaviruses 40–70 years ago (Chaw et al., 2020; Forini et al., 2017; He and Chen, 2020), and SARS-CoV-2 appeared in Europe and America earlier than it was reported in Wuhan, China, which further confirms that SARS-CoV-2 formed or appeared in animals earlier than it appeared in humans and caused an outbreak. And we are sure that mutations of SARS-CoV-2 continue in animals and humans, although little progress has been reported on evaluating the recombinant rate of SARS-CoV-2 in animals. Therefore, continuous transmission, especially asymptomatic infection and superspreading events, will lead to many animals carrying the virus, which will transfer to more species and humans. Although experts predict that SARS-CoV-2 may become similar to other human coronaviruses causing the common cold and coexist with humans (Lavine et al., 2021), it will take a long time for the virus and humans to adapt to each other. Thus, monitoring SARS-CoV-2 in susceptible animals is still necessary before effective vaccines are widely used. People who contact animals should take necessary precautions, the hunting and consumption of wild animals should be permanently banned. More attention needs to be paid to the transmission of SARS-CoV-2 and its variants between humans and animals.

3.2. SARS-CoV-2 variants affect the efficacy of the vaccine and therapeutic antibodies

It was reported that the human sera from people immunized with Pfizer BNT162b2 vaccine can neutralize three SARS-CoV-2 viruses containing key spike mutations, including N501Y, 69/70-deletion +N501Y + D614G, and E484K + N501Y + D614G, with neutralization geometric mean titers of 0.81–1.46 times of the parental virus (Xie et al., 2021). Furthermore, other vaccines, including BBIBP-CorV (Sinopharm) and CoronaVac (Sinovac) in China, mRNA-1273 vaccine (Moderna) in the United States, Sputnik-V vaccine in Russia, most of which are aimed at the viral spike or its RBD, have been granted emergency use authorization. However, the protective rate and effectiveness of each vaccine to different variants are distinct. It is unclear whether these vaccines are still effective against SARS-CoV-2 mutants continuously generated in the population because increasing evidence shows that SARS-CoV-2 Variants B.1.351 and B.1.1.7 are resistant to neutralizing antibodies in convalescent plasma and vaccinee sera (Chen et al., 2021; Wang et al., 2021a). Moreover, although inactivated vaccine contains all the viral components, it is not clear whether the inactivation process will affect the activity of the spike and the integrity of the virus. Besides, antibodies, such as Regeneron's REGN-COV2 cocktail (REGN10933 and REGN10987) and Eli Lilly’s LY-CoV016 antibody can effectively neutralize the virus, however, viral mutations in the
3. Beneficial intestinal microbes can be used to alleviate severe symptoms and improve the prognosis of COVID-19

The gut microbiome plays an important role in modulating host immune response and affecting viral pathogenesis and secondary infection in the gastrointestinal (GI) tract. As reported, patients infected with SARS-CoV-2 show a wide range of GI disorders, including anorexia, nausea, vomiting, and abdominal pain (Luo et al., 2021). The gut microbiome is also associated with the COVID-19 severity and levels of plasma concentrations of cytokines, chemokines, and inflammation markers (Luo et al., 2021; Yeoh et al., 2021). The composition of gut microflora in patients with COVID-19 and even recovered patients is unbalanced, which is characterized by the decrease of beneficial microbes and the increase of harmful ones (Yeoh et al., 2021). These results suggest that the GI disorders caused by COVID-19 are mainly due to the destruction of intestinal mechanical barrier integrity, alteration of the intestinal microflora, and systemic inflammatory response to the virus (Luo et al., 2021; Syed et al., 2020; Villapol, 2020). Therefore, it is recommended to properly add beneficial intestinal microbes, especially probiotics and prebiotics, which may enhance the intestinal barrier function, help to improve and alleviate the sequelae of COVID-19 and accelerate the complete recovery of patients. The beneficial intestinal microflora and good intestinal barrier may be helpful for the human body to resist SARS-CoV-2, while the imbalance of intestinal microflora may lead to an increased risk and adverse results of the COVID-19.

During infection, SARS-CoV-2 interacts with at least four confirmed host receptors or co-receptors, including ACE2, transmembrane serine protease 2 (TMPRSS2), neuropilin-1 (NRPI), and tyrosine-protein kinase receptor UFO (AXL), which either mediate the viral infection alone or act synergistically with each other (Cantut-Castelvetri et al., 2020; Daly et al., 2020; Hoffmann et al., 2020; Nie et al., 2021; Wang et al., 2021a; Wang et al., 2021b; Wang et al., 2020c). High expression of ACE2 was detected in the nasal goblet and ciliated cells, duodenum, small intestine, gallbladder, kidney, and testis, while high expression of TMPRSS2 was observed in the kidney, parathyroid gland, stomach, pancreas, epididymis, and prostate (Wang et al., 2020e). Notably, the number of tissues and organs with high NRP1 expression was more than those with high ACE2 and TMPRSS2 expression (Wang et al., 2020c). Therefore, SARS-CoV-2 can infect almost all human organs, including the respiratory tract, digestive system organs, heart, kidney, brain, bladder, liver, cornea/conjunctiva, lymph nodes, and/or reproductive organs, and cause multiple organ damages, among which nasal and intestine are the first to encounter the virus and produce mucosal immunity (Singh et al., 2020; Villena et al., 2021). It is worth noting that IgG specific to the receptor-binding domain of the viral spike is highly correlated with neutralizing antibodies for the first few months (3 to 5 months) after SARS-CoV-2 infection (Iyer et al., 2020). Most patients with mild-to-moderate symptoms have a strong humoral response to the spike, and the relatively stable IgG lasts at least 5 months after infection (Iyer et al., 2020). However, IgM and IgA against the viral spike decayed in 2.5 months after the onset of the disease (Iyer et al., 2020). These results indicate that strengthening the mucosal immune response may be beneficial to the treatment of the disease.

Lactic acid bacteria are food-grade probiotics, which are isolated from the nasal and intestine of humans or animals. These bacteria have high intestinal adhesion and strong anti-inflammatory and immunomodulatory functions (Villena et al., 2021; Wang et al., 2020a). During the last decades, lactic acid bacteria have been widely used to express and display target antigens in nasal and oral vaccines. Mounting evidence showed that these vaccines can induce a significant immune response, especially mucosal immune response, provide efficient protection against infection, and improve lung-gut axis health by nasal or oral administration. Altered gut microbiota has been observed in COVID-19 patients leading to an enrichment of opportunistic pathogens and a depletion of beneficial bacteria (Wang et al., 2020a). We previously constructed a recombinant Lactobacillus plantarum expressing the spike of SARS-CoV-2 (Wang et al., 2020a). The recombinant bacterium can induce high levels of effective mucosal immune response via intranasal or oral administration (Villena et al., 2021; Wang et al., 2020a), which indicates that it is a promising vaccine for the COVID-19 pandemic. The efficiency and protective rate of the vaccine are still under evaluation.

Notably, there is no significant difference in the prognosis of COVID-19 patients with or without antibiotics (Moretto et al., 2021; Yeoh et al., 2021), suggesting antibiotics do not affect the treatment but can aggravate the imbalance of intestinal flora. Therefore, the use of antibiotics should be carefully considered or restricted in the treatment of the COVID-19.

3.4. Intranasal vaccine is a promising candidate vaccine to prevent the infection and spread of SARS-CoV-2

A recent paper published in PNAS showed one or two injections of modified vaccinia virus-vectored vaccine could effectively protect hACE2 transgenic mice against lethal infection of SARS-CoV-2 in the upper and lower respiratory tract (Liu et al., 2021a). The vaccine can induce spike-specific CD3 + CD8 + IFN+ T cells and reduce cytokine and chemokine profiles (Liu et al., 2021a). Furthermore, to date, there are more than 150 candidate vaccines at various stages of development, especially several vaccines that were granted emergency use...
mucosal immunity is a local immunity that effectively inhibits respiratory virus infection and nasal T cells with Th1-like cytokine expressions in the respiratory tracts and neutralizing antibodies, systemic and mucosal IgA, and CD4+ (Hassan et al., 2020; King et al., 2020). Meanwhile, CD8+ (AdCOVID) can entirely prevent SARS-CoV-2 infection in both the upper or intranasal adenovirus type 5-vectored vaccine targeting the RBD under evaluation. Moreover, a single dose of intranasal chimpanzee adenovirus-vectored vaccine encoding the spike (ChAd-SARS-CoV-2-S) or intranasal adenovirus type 5-vectored vaccine targeting the RBD (AdCOVID) can entirely prevent SARS-CoV-2 infection in both the upper and lower respiratory tracts of animal models, with high levels of serum-neutralizing antibodies, systemic and mucosal IgA, and CD4+ and CD8+ T cells with Th1-like cytokine expressions in the respiratory tracts (Wang et al., 2020a). The efficiency and protective rate of the vaccine are still under evaluation. Moreover, a single dose of intranasal chimpanzee adenovirus-vectored vaccine encoding the spike (ChAd-SARS-CoV-2-S) or intranasal adenovirus type 5-vectored vaccine targeting the RBD (AdCOVID) can entirely prevent SARS-CoV-2 infection in both the upper and lower respiratory tracts of animal models, with high levels of serum-neutralizing antibodies, systemic and mucosal IgA, and CD4+ and CD8+ T cells with Th1-like cytokine expressions in the respiratory tracts (Hassan et al., 2020; King et al., 2020). Meanwhile, CD8+ T cells play a front-line role in the fight against respiratory virus infection, and nasal mucosal immunity is a local immunity that effectively inhibits respiratory virus infection and transmission. It is predicted SARS-CoV-2 may become similar to other human coronaviruses causing the common cold and coexist with humans. Therefore, same as the nasal flu vaccine for seasonal influenza virus, the intranasal vaccines may be promising candidate vaccines preventing SARS-CoV-2 infection and transmission, which can rapidly cover the whole-body mucosa within 3–5 days.

4. Conclusion and perspective

Since the outbreak of the COVID-19 pandemic, various studies on SARS-CoV-2 have been carried out rapidly and comprehensively. Basic research has been deepened, relevant diagnostic methods and treatment measures have been gradually improved (Li and Ren, 2020; Li et al., 2020a), and several vaccines have been granted emergency authorization. However, the understanding of basic biological problems in SARS-CoV-2 is still very limited, such as the details of the virus life cycle and the molecular mechanism of interaction with the host. Especially, the variation of the virus in the process of natural evolution or under the pressure of host immunity has a great influence on its pathogenicity, transmission ability, and antibody neutralization level (Fig. 2). Therefore, it is necessary to continuously monitor the variation of the virus genome, especially the amino acid variation of the spike, and analyze and predict the dominant virus strains for the development of vaccine and antiviral agents. Furthermore, whether the vaccines used in the clinic or being developed can provide effective protection against the variants with continuous mutation of the genome, whether the different virus subtypes and mutants produced by the mutation have cross or dominant epitopes, cross-species infection potential, and ability to evade immune recognition, etc. are the major key scientific issues that need further exploration.

Besides, with the continuation of the pandemic in COVID-19, it is of great significance to understand the factors that may promote virus mutation and their influence on virus behavior. Meanwhile, the analysis of the above problems will accelerate the more effective drug screening and vaccine development for SARS-CoV-2, and will also provide a very powerful theoretical basis for the prevention and control of the COVID-19 pandemic.

Author contributions

Conceptualization, R.L. and L.C.; writing-original draft preparation, L.X., and Z.L.; writing-review and revision, R.L., J.W., and C.S.; figure, R.L. and L.C.; supervision, L.R.; and funding acquisition, R.L. All authors have read and agreed to the published version of the manuscript.

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Data availability statement

Not applicable.

Declaration of Competing Interest

The authors declare no conflict of interest.

Fig. 2. Possible ways to enhance the spread of SARS-CoV-2. SARS-CoV-2 is transmitted among different hosts during the pandemic via direct contact, aerosols, or the virus-contaminated environment. During the infection, the virus interacts with various cellular receptors, which either mediate the viral infection alone or act synergistically with each other. Furthermore, recombination and natural selection promote the evolution and transmission of SARS-CoV-2 in humans and animals. Subsequently, SARS-CoV-2 coexists with human beings or animals.
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