Resting-state electroencephalographic biomarkers of Alzheimer’s disease

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Abstract

Objective: We evaluated the value of resting-state EEG source biomarkers to characterize mild cognitive impairment (MCI) subjects with an Alzheimer’s disease (AD)-like cerebrospinal fluid (CSF) profile and to track neurodegeneration throughout the AD continuum. We further applied a resting-state functional MRI (fMRI)-driven model of source reconstruction and tested its advantage in terms of AD diagnostic accuracy.

Methods: Thirty-nine consecutive patients with AD dementia (ADD), 86 amnestic MCI, and 33 healthy subjects entered the EEG study. All ADD subjects, 37 out of 86 MCI patients and a distinct group of 53 healthy controls further entered the fMRI study. MCI subjects were divided according to the CSF phosphorylated tau/amyloid-β ratio (MCIpos: ≥ 0.13, MCIneg: < 0.13). Using Exact low-resolution brain electromagnetic tomography (eLORETA), EEG lobar current densities were estimated at fixed frequencies and analyzed. To combine the two imaging techniques, networks mostly affected by AD pathology were identified using Independent Component Analysis applied to fMRI data of ADD subjects. Current density EEG analysis within ICA-based networks at selected frequency bands was performed. Afterwards, graph analysis was applied to EEG and fMRI data at ICA-based network level.

Results: ADD patients showed a widespread slowing of spectral density. At a lobar level, MCIpos subjects showed a widespread higher theta density than MCIneg and healthy subjects; a lower beta2 density than healthy subjects also was found in parietal and occipital lobes. Evaluating EEG sources within the ICA-based networks, alpha2 band distinguished MCIpos from MCIneg, ADD and healthy subjects with good accuracy. Graph analysis on EEG data showed an alteration of connectome configuration at theta frequency in ADD and MCIpos patients and a progressive disruption of connectivity at alpha2 frequency throughout the AD continuum.

Conclusions: Theta frequency is the earliest and most sensitive EEG marker of AD pathology. Furthermore, EEG/fMRI integration highlighted the role of alpha2 band as potential neurodegeneration biomarker.

Keywords: EEG; eLORETA; MRI; Graph analysis; AD biomarkers

Abbreviations: ADD, Alzheimer’s disease dementia; DMN, Default Mode Network; ICA, Independent component analysis; LLC, Linear lagged connectivity; MCI, Mild cognitive impairment (pos = pTau/Aβ42 ≥0.13, neg = pTau/Aβ42 <0.13); PVN, Primary Visual Network; RFP, Right Frontal-Parietal Network; RS-EEG, resting-state electroencephalogram; RS-fMRI, resting-state functional MRI; VISASS, Visual-Associative Network.

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1. Introduction

Alzheimer’s disease (AD) is the most common cause of dementia worldwide, accounting for up to 75–80% of cases (Qiu et al., 2009). Through the years, the need for an early diagnosis, combined with the non-optimum accuracy of pure clinical diagnosis (estimated sensitivity of 81% and specificity of 70%) (Knopman et al., 2001), progressively led to codifying AD on the basis of in vivo biomarkers of amyloidopathy (Aβ, e.g., reduced cerebrospinal fluid [CSF] β amyloid [Aβ42] and/or positive brain amyloid positron emission tomography scan [PET]), tauopathy (T; i.e., increased CSF hyperphosphorylated tau protein [pTau] and/or positive brain tau PET), and neurodegeneration (N; i.e., increased CSF total tau protein [tTau], positive brain 18F-fluorodeoxyglucose PET [FDG-PET], atrophy on brain magnetic resonance imaging [MRI]) (Jack et al., 2018). Within this new framework, a patient can be diagnosed with AD only in case of both positive A and T biomarkers (A+T/+.)

Most of the considered markers are nevertheless expensive, poorly available in clinical practice, and relatively invasive. In this context, considering the high cost-effectiveness, availability and low-invasiveness of the technique, EEG-based biomarkers have been extensively investigated in the diagnosis of AD (Cassani et al., 2018; Rossini et al., 2020). In the last decade, advanced cortical source mapping algorithms have been applied to estimate the location and distribution of active electric current sources within the brain based on the potential recorded through scalp electrodes (Rossini et al., 2020; Babiloni et al., 2020). Among other algorithms, exact low-resolution brain electromagnetic tomography (eLORETA) solutions (Pascual-Marqui, 2007a) have been previously used and demonstrated to significantly correlate with neuropsychological deficits and MRI hippocampal volume in AD patients (Babiloni et al., 2009, 2013). More recently, new advances in resting-state analysis techniques have shown the possibility of examining the overall structure of the brain network using graph analytical methods and time-series of eLORETA values have been implemented in connectomics studies of AD and physiological ageing (Rossini et al., 2020; Rubino and Sporns, 2010; Vecchio et al., 2014, 2017, 2018). In particular, the functional connected brain network can be represented as a graph, consisting of nodes, and edges (or connections) between regions that are functionally linked; on this basis, it can be described by specific parameters of segregation (e.g., clustering coefficient) and integration (e.g., characteristic path length) (Rossini et al., 2020; Rubino and Sporns, 2010; Vecchio et al., 2014, 2017, 2018).

Within this context, the aim of our study was to investigate the value of 19-channel resting state EEG (RS-EEG) source biomarkers in correctly classifying mild cognitive impairment (MCI) patients with an AD-like CSF profile (i.e., A+T+/+; Jack et al., 2018) and tracking the neurodegeneration throughout the AD continuum. With the purpose to constrain and optimize EEG analysis by capitalizing on the high spatial resolution of MRI, we further applied a new model of functional MRI (fMRI)-driven EEG cortical source reconstruction and subsequently tested its advantage in terms of AD diagnostic accuracy.

2. Materials and methods

2.1. Participants

Thirty-nine patients diagnosed with probable AD dementia (ADD) (McKhann et al., 2011) and 86 subjects with amnestic MCI (Albert et al., 2011) were consecutively recruited at the Neurology Unit, IRCCS San Raffaele Scientific Institute (Milan, Italy). Diagnoses were based on an extensive clinical-instrumental evaluation, which included medical history collection, physical and neurological examination, complete neuropsychological evaluation, routine lab, structural neuroimaging assessment, brain FDG-PET, and lumbar puncture for CSF biomarkers dosage (Aβ42, tTau, pTau). Patients showing relevant psychiatric disorders (including major depression), presence of extensive cerebrovascular disease on routine structural brain images, clinical signs or symptoms suggestive for neurodegenerative disorders other than AD, or history of epilepsy were excluded.

According to the new National Institute on Aging and Alzheimer’s Association (NIA-AA) research framework, AD should be diagnosed when both markers of amyloidopathy and tauopathy are pathologically altered (Jack et al., 2018). CSF pTau/Aβ42 ratio offers the opportunity to consider both markers jointly. As previously described (Santangelo et al., 2019), a ratio ≥0.13 predicts AD pathology with higher diagnostic accuracy than CSF biomarkers taken singularly. In light of this finding, we classified 51 out of 86 MCI patients as MCI due to AD based on their positive CSF ratio (MCIpos) and 35 as negative cases (MCIneg). Moreover, consistently with the clinical diagnosis, all ADD patients showed a positive ratio (i.e., ≥0.13).

As part of the research protocol, a 19-channel RS-EEG was acquired for all patients at baseline, whereas resting-state fMRI (RS-fMRI) was available for all ADD patients and for 37 out of 86 MCI (22 MCIpops and 15 MCIneg) subjects.

EEG and fMRI groups of patients were comparable in terms of demographic and clinical data (Table 1 and Supplemental Table 1) and in terms of neuropsychological performances (Supplemental Tables 2 and 3). Among study subjects, the most common chronic pathologies were diabetes type 2 and hypertension, both well controlled by medical therapy. No patient had liver or kidney insufficiency.

Two different groups of age- and sex-matched healthy controls were also recruited for RS-EEG (33 subjects) and RS-fMRI (53 subjects) analysis among friends and spouses of patients and by word of mouth, having no history of cognitive impairment or any other neurological diseases. A complete neuropsychological battery was obtained for fMRI control group, whereas only a Mini-Mental State Examination (MMSE) (Folstein et al., 1975) was administered to the EEG controls. No lumbar puncture was performed in healthy controls.

Supplemental Information displays further details on CSF acquisition and analysis and on neuropsychological assessments.

2.2. EEG and MRI acquisition protocols and pre-processing

19-channel RS-EEGs were recorded for each participant. Using a 3 T MR scanner, T1-weighted, T2-weighted, fluid-attenuated inversion recovery, and RS-fMRI sequences were obtained. RS-fMRI and RS-EEG acquisition protocols and pre-processing have been previously described (Casol et al., 2012; Filippi et al., 2020) and are reported in Supplemental Information. Experienced observers, blinded to patients’ identity, performed both analyses.

2.3. Aim 1. Profiling of the EEG patterns

The first goal of this study was to assess EEG patterns in order to characterize patients belonging to the AD continuum (Fig. 1-AIM1).

Current Source Density Analysis. Estimating the current sources from activity recorded with electrodes is an ill-posed inverse problem, since the number of unknown parameters is greater than the number of known parameters. For this purpose we used eLORETA (Pascual-Marqui et al., 2011; Pascual-Marqui, 2007a), which assesses current densities at 6239 voxels with zero error localization within the cortical grey matter (GM) of a realistic head model co-registered to the MRI and Talairach human brain atlas. As previously described (Casol et al., 2012) and reported in Supplemental Information, EEG inverse solutions were estimated within 7 frequency bands (Fig. 1B.1) and subsequently averaged for all voxels belonging to each lobe of interest (frontal, central, parietal, temporal and occipital) by means of a home-made Matlab routine. Differences in ranked eLORETA solutions among subject groups were computed applying age-, sex- and education-adjusted ANOVA models, followed by post-hoc pairwise comparisons (Bonferroni-corrected for multiple comparisons, p < 0.05, SPSS version 23.0). The two frequencies with most characteristic patterns of differentiation of study groups were then identified. In order to reduce data amount, subsequent analyses in Aim 2
method calculates a set of spatial and temporal discriminative features representing motion-related artifacts (McKhann et al., 2011). This RS-fMRI data in order to identify those independent components (ICs) Automatic Removal of Motion Artifacts (ICA-AROMA) on pre-processed most informative fMRI networks were identified with ICA (Canu et al., 2011). Among group-IC spatial maps, ICs classified as motion-related were removed from the fMRI dataset by of brain and CSF is evaluated, as well as the frequency content and the correspondence of each voxel of eLORETA brain head model with the which included cerebral cortex and basal ganglia but excluded the cerebellum. The methodological process has been recently described (Filippini et al., 2020). Subsequently, using MRI coordinates, the exact correspondence of each voxel of eLORETA brain head model with the 220 MRI brain regions was obtained.

**Definition of fMRI networks (Independent Component Analysis)**. The most informative fMRI networks were identified with ICA (Canu et al., 2017). Specifically, we applied Independent Component Analysis-based Automatic Removal of Motion Artifacts (ICA-AROMA) on pre-processed RS-fMRI data in order to identify those independent components (ICs) representing motion-related artifacts (McKinnon et al., 2011). This method calculates a set of spatial and temporal discriminative features and a classification procedure identifies ICs representing motion artifacts. In particular, the spatial overlap of each component with the edges of brain and CSF is evaluated, as well as the frequency content and the temporal correlation with realignment parameters of the IC time-series. ICs classified as motion-related were removed from the fMRI dataset by means of linear regression. Resulting fMRI dataset was then high-pass filtered (cut-off frequency of 0.01 Hz) and co-registered to the participant’s 3D T1-weighted image using affine boundary-based registration as implemented in FLIRT (Albert et al., 2011; Mazzeo et al., 2016). Subsequently, the fMRI data were transformed to the MN152 standard space with 4 mm isotropic resolution using non-linear registration through FNIRT. The final fMRI data, containing 196 time-points for each subject, were temporally concatenated across subjects to create a single 4D dataset. This fMRI dataset was then decomposed into ICs with a free estimation for the number of components using Multivariate Exploratory Linear Optimized Decomposition into Independent Components (MELODIC) (Beckmann et al., 2005). In order to identify the subject-specific temporal dynamics and spatial maps associated with each group IC, a dual regression analysis was applied. Among group-IC spatial maps, ICs of interest (default mode network, primary visual, right fronto-parietal and visual-associative networks) were selected by visual inspection based on previous literature (Smith and Nichols, 2009). To be confident with the visual inspection, fMRI networks were also spatially correlated to the Shirer functional networks (Shirer et al., 2012). This analysis was performed in order to identify the most similar ICs to the different networks. Then, a dual-regression procedure was performed, which involves: (i) the use of the selected group-IC spatial maps in a linear model fit (spatial regression) against the single subject fMRI data sets, resulting in matrices describing temporal dynamics for each IC and subject; and (ii) the use of these time-course matrices which are entered into a linear model fit (temporal regression) against the associated fMRI data set to estimate subject-specific spatial maps. Altered connectivity within the selected fMRI networks was identified in the ADD group compared with healthy controls using age-, sex-, education- and GM-adjusted ANOVA models, followed by a nonparametric permutation tests (5000 permutations, p < 0.05) (Fig. 1A.1). Only networks showing an alteration of connectivity were selected for subsequent EEG analysis. Brain regions (i.e., selected from the abovementioned 220 ROIs) included for more than 50% of were focused only on these two frequencies.

### 2.4. Aim 2. fMRI network-driven analysis of RS-EEG data

One of the main goals of the present study was to evaluate how the integration of RS-fMRI ameliorates, by constraining the analysis of electrophysiological signals, RS-EEG discrimination among groups. With this purpose, the following EEG analyses were driven by the previous selection of the two frequency bands (Fig. 1B.1) and by fMRI networks identified with Independent Component Analysis (ICA) (Fig. 1A.1).

**Regional correspondence between MRI and RS-EEG data.** MRI GM was parcellated into 220 similarly-sized brain regions of interest (ROIs), which included cerebral cortex and basal ganglia but excluded the cerebellum. The methodological process has been recently described (Filippini et al., 2020). Subsequently, using MRI coordinates, the exact correspondence of each voxel of eLORETA brain head model with the 220 MRI brain regions was obtained.

| Table 1 | Demographic, clinical and biomarker characteristics according to diagnostic group within the RS-EEG analysis. |
|---------|---------------------------------------------------------------------------------------------------------------|
|         | HC | ADD | MCIneg | MCIpos | p ADD vs HC | p MCIpos vs HC | p MCIneg vs MCIpos | p ADD vs MCIpos | p ADD vs MCIneg | p MCIneg vs MCIpos |
| N       | 33 | 39  | 51     | 35     |             |              |                  |                  |                 |                    |
| Age     | 66.72 ± 1.17 | 68.59 ± 1.10 | 72.30 ± 0.73 | 71.45 ± 1.16 | 1.00 | <0.001 | 0.02 | 0.02 | 0.33 | 1.00 |
| [years] | (49.01–79.74) | (51.18–81.67) | (61.34–83.62) | (55.36–83.50) |                  |              |                  |                  |                 |                    |
| Sex     | 15/18 | 21/18 | 30/21 | 10/25 | 0.47 | 0.23 | 0.14 | 0.06 | 0.03 | 0.06 |
| [women/ men] |             |              |            |          |                  |              |                  |                  |                 |
| Education | 9.58 ± 0.70 | 8.97 ± 0.70 | 9.59 ± 0.60 | 11.11 ± 0.80 | 1.00 | 1.00 | 0.96 | 1.00 | 0.25 | 0.74 |
| [years] | (5.00–21.00) | (2.00–18.00) | (1.00–18.00) | (1.00–23.00) |                  |              |                  |                  |                 |
| Disease duration | 35.38 ± 2.34 | 32.93 ± 3.04 | 39.45 ± 3.96 |                  |                  |              |                  |                  |                 |
| [months] | (7.03–72.06) | (6.05–108.09) | (12.00–108.05) |                  |                  |              |                  |                  |
| Aβ [ng/ml] | – | 341.70 ± 20.10 | 383.10 ± 14.70 | 738.50 ± 40.30 | – | – | 0.67 | <0.001 | <0.001 |
| tTau | – | 559.30 ± 49.30 | 467.30 ± 26.60 | 235.90 ± 18.70 | – | – | 0.15 | <0.001 | <0.001 |
| [ng/ml] | (199.00–1389.00) | (200.00–663.00) | (202.00–1254.00) |                  |                  |              |                  |                  |
| pTau | – | 94.53 ± 6.49 | 86.08 ± 3.67 | 19.68 ± 3.17 | – | – | 0.55 | <0.001 | <0.001 |
| [ng/ml] | (44.00–229.00) | (41.00–163.00) | (19.00–87.00) |                  |                  |              |                  |                  |
| pTau/Aβ | – | 0.29 ± 0.02 | 0.24 ± 0.01 | 0.07 ± 0.01 | – | – | 0.03 | <0.001 | <0.001 |
| (0.14–0.75) | (0.13–0.45) | (0.04–0.12) |                  |                  |              |                  |                  |
| ADL | – | 69.69 ± 5.11 | 97.00 ± 9.1 | 99.02 ± 6.8 | – | – | <0.001 | <0.001 | 0.89 |
| [years] | (0.00–100.00) | (83.34–100.00) | (83.34–100.00) |                  |                  |              |                  |                  |
| IADL | – | 90.17 ± 4.05 | 92.74 ± 2.07 | 92.66 ± 2.34 | – | – | 1.00 | 1.00 | 1.00 |
| [years] | (0.00–100.00) | (50.00–100.00) | (50.00–100.00) |                  |                  |              |                  |                  |
| CDR20 | – | 3.47 ± 0.51 | 1.19 ± 0.12 | 1.80 ± 0.21 | – | – | 0.49 | 0.61 | 1.00 |
| (0.50–12.00) | (0.50–7.50) | (0.50–4.50) |                  |                  |              |                  |                  |
| MMSE | 27.61 ± 0.33 | 19.46 ± 0.83 | 25.82 ± 0.34 | 26.54 ± 0.38 | <0.001 | 0.02 | 0.03 | <0.001 | <0.001 |
| (21.00–30.00) | (5.00–28.00) | (21.00–30.00) | (20.00–30.00) |                  |              |                  |                  |

Values are means ± standard errors (range). Differences of ranked transformed values were assessed through ANOVA models followed by post-hoc pairwise comparisons (Bonferroni-corrected for multiple comparisons, p < 0.05, SPSS). Abbreviations: Aβ = amyloidogenic beta amyloid, ADD = Alzheimer’s disease dementia, ADL = activities of daily living, CDR = clinical dementia rating scale sum of boxes, HC = healthy controls, IADL = instrumental activities of daily living, MCIneg = mild cognitive impairment (pos = pTau/Aβ ≥ 0.13, neg = pTau/Aβ < 0.13), MMSE = Mini-Mental State Examination, pTau = CSF phosphorylated Tau, tTau = CSF total Tau.
their volume into the fMRI ICA-based networks (Supplemental Table 4) were then considered as ‘ICA-regions’ in the EEG ICA-based network current source analysis and in the EEG and fMRI ICA-based network graph analysis.

**EEG ICA-based network current source analysis.** eLORETA values for the two selected frequencies (see Aim 1) were extracted from voxels belonging to the ICA-regions. All voxel values were compared among groups using age-, sex- and education-adjusted ANOVA models (FDR-corrected, p < 0.05, SPSS version 23.0) (Fig. 1B.2). The percentage of statistically significant voxels was calculated for each network.

**EEG and fMRI ICA-based network graph analysis.** EEG and fMRI graph analysis were performed considering only ICA-regions in all study subjects. Initially, concerning EEG graph analysis, Linear Lagged Connectivity (LLC) was computed considering the 220 ROIs in patient groups and matched healthy controls (Fig. 1B.2) (Pascual-Marqui et al., 2011; Pascual-Marqui, 2007b). For the functional brain network construction undirected, weighted graphs were obtained by computing LLC at the two selected frequency bands. In particular, mean multivariate time series were extracted from the 220 ROIs by averaging the signal from all voxels within each region (see Supplemental Information). Concurrently, undirected, weighted graphs describing fMRI connectivity were also obtained in patient groups and matched healthy controls, considering the 220 ROIs; the methodological approach has been recently described (Filippi et al., 2020).

Basal ganglia ROIs were excluded from the analysis because of the lack of correspondence between fMRI and EEG data. Moreover, to avoid considering spurious functional connections, EEG and fMRI functional interactions were required to be present in a structural connectivity matrix of an independent healthy control sample (N = 90, mean age 62.3 ± 8.07 years, 51 women/39 men), i.e., we measured functional interactions only where an anatomical connection between two areas occurs in the independent healthy control sample, as recently described (Filippi et al., 2020). These healthy controls were considered only for the construction of the structural architecture (Filippi et al., 2020).

Topographical metrics, including nodal strength, characteristic path length, local efficiency and clustering coefficient were then explored using the Brain Connectivity Matlab toolbox (http://www.brain-connectivity-toolbox.net) only within ICA-regions (Fig. 1A.2 and 1B.2) (Sporns et al., 2004). All the remaining ROIs considered in the LLC and fMRI matrices were excluded from further analysis. Rank-transformed metrics were then compared between groups using age-, sex- and education-adjusted ANOVA models, followed by post-hoc pairwise comparisons, Bonferroni-corrected for multiple comparisons (p < 0.05, SPSS version 23.0).
2.5. Aim 3. Testing EEG diagnostic performance driven by fMRI

To investigate the advantage of fMRI network-driven RS-EEG source analysis in distinguishing MCIpos from MCIneg patients, binomial logistic regression models were computed for the frequency band with lobar highest statistical power of differentiation, both at lobar and at ICA-based network level, and accuracy of each model was calculated (SPSS version 23.0) (Fig. 1B.3). Specifically, the belonging to either MCIpos or MCIneg group was introduced as dependent variable in the models, whereas current density values within each lobe or ICA-based network were singularly implemented as predictive variable, together with age, sex and education. Receiver operating characteristic (ROC) curves for lobar and fMRI ICA-based network prediction models were subsequently built, and accuracy, sensitivity and specificity were calculated. Finally, in order to compare the performance of EEG alone (i.e., at lobar level) and driven by fMRI (i.e., at ICA-based network level), we used the single-tailed Hanley-McNeil area under the curve (AUC) test (Hanley and McNeil, 1983).

3. Results

3.1. Aim 1. Profiling of the EEG patterns

**ADD vs other groups.** After current source analysis, ADD patients showed higher delta density in central, parietal and occipital lobes relative to both MCI groups and controls, and in temporal lobes in comparison to healthy and MCIneg subjects (Fig. 2A). Similarly, ADD showed an increased current density in the theta band within all lobes when compared to controls, and in central, parietal and occipital regions in comparison to MCIneg subjects, whereas no differences were found when compared to MCIpos patients. Moreover, in ADD patients, alpha1 density appeared decreased in all lobes relative to MCIpos subjects, and in temporal and occipital regions when compared to controls. Conversely, a diffuse lower alpha2 current density was detected in ADD relatively to all other groups. Density at beta1 resulted significantly lower in parietal and occipital lobes in ADD when compared to MCIneg subjects and controls. Finally, occipital beta2 density was lower in ADD than in healthy subjects.

**MCIpos vs MCIneg.** MCIpos patients showed greater theta density in central, parietal, temporal and occipital lobes relative to MCIneg subjects (Fig. 2A).

**MCIpos vs healthy controls.** MCIpos patients showed a significantly greater theta density in all lobes (Fig. 2A). They also showed lower beta2 density in parietal and occipital lobes.

**MCIneg vs healthy controls.** The analysis revealed no significant differences (Fig. 2A).

3.2. Aim 2. fMRI network-driven analysis of RS-EEG data

Since theta band could diffusely differentiate MCIpos from MCIneg
patients, and alpha2 band distinguished ADD from all other groups in all lobes, both frequencies were considered for subsequent analyses in Aim 2 (Fig. 2A). Furthermore, with regards to the selection of fMRI networks, ICA was performed. A decreased fMRI connectivity in ADD patients relative to controls was detected within the four networks, including only posterior regions of the brain. The default-mode network (DMN) showed an alteration of connectivity in the left posterior cingulate cortex, in the right midcingulate cortex, in the left angular cortex, as well as in the middle temporal gyrus and in the precuneus, bilaterally; anterior regions of DMN were instead mainly spared. The connectivity within the right frontal-parietal network (RFP) was mainly altered in the right middle occipital gyrus and cuneus, as well as in right inferior parietal gyrus and angular gyrus; also in this case, anterior regions of this network appeared substantially preserved. A reduced connectivity was found also in the primary visual network (PVN) within the lingual and the calcarine cortex bilaterally, within the right occipital and temporal middle gyrus and the left fusiform gyrus. Finally, the visual-associative network (VISASS) was affected within the calcarine cortex bilaterally, the right lingual gyrus and the bilateral middle and inferior occipital and fusiform gyri (Fig. 3).

**ADD vs other groups.** Source analysis within fMRI ICA-based networks showed a widespread significant increase in theta density in ADD patients compared to healthy controls, in 100% of DMN (932/932 voxels), in 94% of PVN (701/742 voxels), in 89.9% of RFP (841/935 voxels) and in 100% of VISASS (554/554 voxels). Theta frequency band also differentiated ADD from MCIneg patients in 90.2% of DMN, in 58% of PVN, in 26.2% of RFP and in 89.9% of VISASS, whereas no differences were found when comparing ADD and MCIpos patients. The analysis also showed a lower alpha2 density in ADD patients than in healthy subjects (DMN: 100%, PVN: 91%, RFP: 65.2%, VISASS: 100%), MCIpos patients (DMN: 90.7%, PVN: 91.5%, RFP: 99.6%, VISASS: 78.7%), and MCIneg patients (100% of all four networks analyzed) (Fig. 2B).

EEG ICA-based network graph analysis in theta band showed a higher nodal strength, local efficiency and clustering coefficient, in addition to a shorter path length, in ADD patients when compared to controls in DMN, PVN and VISASS (Fig. 4 and Supplemental Table 5). Similar results were obtained (including also RFP) when considering the ADD vs MCIneg comparison. No differences were detected between ADD and MCIpos patients. Regarding alpha2 frequency band, the analysis revealed a lower nodal strength and clustering coefficient in RFP network of ADD patients compared with controls (Fig. 4 and Supplemental Table 5), whereas the comparison with MCIneg and MCIpos patients showed no significant differences. Furthermore, graph analysis of RS-fMRI data showed similarly less well-ordered brain networks in

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**Fig. 3.** Independent Component Analysis (ICA) showing decreased functional connectivity in Alzheimer’s disease dementia patients compared with controls. First line shows the selected fMRI ICA-based networks (highlighted in light blue). Second and third lines report three dimensional rendered brains illustrating altered patterns of functional connectivity in Alzheimer’s disease dementia (ADD) patients compared with controls (p < 0.05 FDR-corrected) within networks: a) default mode network (left posterior cingulate cortex, right midcingulate cortex, left angular cortex and middle temporal gyrus and precuneus bilaterally), b) primary visual network (lingual and calcarine cortex bilaterally, right occipital and temporal middle gyrus and left fusiform gyrus), c) right frontal-parietal network (right middle occipital gyrus and cuneus, so as in right inferior parietal gyrus and angular gyrus) and d) visual associative network (calcarine cortex bilaterally, right lingual gyrus and bilateral middle and inferior occipital gyri and bilateral fusiform gyri). (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)
ADD subjects when compared with both controls and MCIneg patients, exhibiting alterations in DMN, PVN, RFP and VISASS (lower nodal strength, local efficiency and clustering coefficient and longer path length).

**MCIpos vs MCIneg.** Source analysis showed a significant greater theta density in MCIpos in 83.6% of DMN, in 69.8% of PVN, in 29.2% of RFP and in 95.3% of VISASS (Fig. 2B). Within the alpha2 band, MCIpos subjects showed lower current density in 42% of DMN, 54.9% of PVN, in 30 voxels out of 935 in RFP and in 81.6% of VISASS.

EEG ICA-based network graph analysis showed no statistical differences between MCIpos and MCIneg in the two selected frequencies (Fig. 4 and Supplemental Table 5). On RS-fMRI graph analysis, MCIpos subjects showed longer path length within VISASS relative to MCIneg.

MCIneg vs healthy controls. No significant differences were found by source analysis and EEG and RS-fMRI graph analysis (Fig. 2B, Fig. 4 and Supplemental Table 5).

### 3.3. Aim 3. Testing EEG diagnostic performance driven by fMRI

MCIpos were differentiated from MCIneg patients at lobar level by theta band only. Therefore, Aim 3 analysis was performed at this frequency band. Table 2 shows accuracy, sensitivity and specificity obtained from the ROC-curve analysis applied to lobes and ICA-based networks. Accuracy was over the acceptance level of 70% in all cases. After the application of Hanley-McNeil AUC test no statistically significant differences were found (p-value = 0.17).

### 4. Discussion

Our study explored the accuracy of RS-EEG-based biomarkers in the
early diagnosis of AD and in tracking the progression of neurodegeneration throughout the AD continuum. Many aspects support the usefulness of EEG recordings in the study of AD patients; non-invasiveness, speed of execution, low cost and large availability. Moreover, acquisition in resting-state conditions does not require external stimuli and necessitates therefore only minimal compliance. With the intent of exploiting MRI high spatial resolution and optimizing EEG analysis, we further developed a novel fMRI-driven EEG source reconstruction model. By applying ICA on fMRI data, resting-state networks showing altered functional connectivity in our ADD sample were identified, and corresponding eLORETA inverse solutions were then computed and extracted. To our knowledge, in the recent scenario of fMRI-driven EEG analysis for the study of brain function, our model is unique (Jorge et al., 2014).

The comparison of eLORETA solutions at lobar level confirmed the trend towards a general slowing of oscillatory neural activity as a consequence of AD pathology (Caso et al., 2012; Babiloni et al., 2016; Jovicich et al., 2019). Even years before clinical symptoms appear, indeed, amyloid and tau deposition affects synaptic function (de Wilde et al., 2016), determining a progressive disruption of inter-neuronal connections and a subsequent slowing of oscillatory activity (D’Amelio and Rossini, 2012). Our analysis of lobar EEG cortical sources, in particular, suggests that theta band may be consistently altered already in the prodromal phases of AD clinical syndrome, thus emerging as early hallmark of AD pathology. We observed indeed that both MCIPos and ADD patients shared a widespread and comparable increase in theta density relative to both MCIneg and healthy controls (Fig. 2A). On the contrary, MCIPos and ADD subjects were characterized by a decrease in beta2 density when compared to healthy controls, even if limited to the occipital lobe (Fig. 2A). ADD, but not MCIPos, was further associated with a widespread augmentation of delta power, reasonably stemming from a longer duration of the disease (Babiloni et al., 2013). The rare previous studies focusing on profiling EEG activity in AD and its relationship with CSF biomarkers seem to corroborate our findings in theta band; decreased Aβ42 has been shown to significantly correlate with theta global field power (i.e., a measure of global strength of scalp potentials) in a population of mild AD and MCI patients (Smailovic et al., 2018), and with the logarithms of theta current density over the posterior regions of patients with AD (both MCI and ADD) (Fig. 2A); secondly, MCIneg subjects showed an increase in theta density in the anterior regions, comparable to that of patients with AD (Fig. 2A). Consistently, MCIPos patients were slightly (i.e., non-significantly) more impaired in ‘posterior’ cognitive functions (i.e., mnestic and visuo-spatial skills) than MCIneg subjects, whereas frontal (i.e., attentive and executive) skills of two MCI groups substantially overlap (Supplemental Table 2). On the contrary, the lack of difference in theta density between ADD and MCIPos groups despite their differences in cognitive performances seems to confirm that theta alteration might develop early during AD pathology and that it should be considered a marker of pathology, rather than of disease progression.

Moreover, the fMRI-driven analysis revealed that the alpha2 band could significantly differentiate ADD from MCIPos patients and MCIPos from healthy subjects, confirming its potential role as a neurodegeneration biomarker of AD pathology, only visually guessed at lobar level (Fig. 2). Consistently, one of the abovementioned studies, which analyzed the relationship between EEG activity and CSF biomarkers in AD patients (Hata et al., 2017), showed a negative correlation between source connectivity in alpha2 band in the right posterior temporal regions and the CSF tTau level, recently included in the class of neurodegeneration biomarkers (Jack et al., 2018). However, a clarification must be done; looking at Fig. 2A, it can be appreciated how in frontal lobes MCIPos patients showed a greater difference from ADD patients than healthy subjects did. Concurrently, in Fig. 2B, significant differences in RFP were wider in the MCIPos vs ADD comparison than in the healthy controls vs ADD one. We can speculate that this finding might be at least partially justified by the ‘anteriorization’ of alpha electrical field due to AD pathology described in previous studies (Smailovic and Jelic, 2019), which could result in a transient augmentation of alpha2 sources within frontal regions in prodromal phases of AD. In support of this hypothesis, Fig. 2B clearly shows that the largest alpha2 decrease when comparing MCIPos patients and MCIPos with healthy subjects was found within VISASS and PVN, both extending within posterior regions (i.e., where, in normal condition, the strongest sources of alpha frequency band lay) (Smailovic and Jelic, 2019).

Table 2

| Comparison | Frequency band | Lobes/Networks | Accuracy | Sensitivity | Specificity |
|------------|---------------|---------------|----------|-------------|-------------|
| MCIPos vs MCIneg | Theta | Central | 75.40% | 71.40% | 70.60% |
|              | Parietal | 75.70% | 71.40% | 70.60% |
|              | Temporal | 74.50% | 71.40% | 70.60% |
|              | Occipital | 75.80% | 71.40% | 70.60% |
|              | DMN | 76.80% | 71.40% | 70.60% |
|              | PVN | 76.60% | 74.30% | 70.60% |
|              | RFP | 75.80% | 71.40% | 70.60% |
|              | VISASS | 76.60% | 74.30% | 68.60% |

Values are reported as Accuracy, Sensitivity and Specificity calculated on receiver operating characteristic curves (comprehensive of age, sex and education). Abbreviations: DMN = Default Mode Network, MCI = mild cognitive impairment (pos - pTau/ Aβ42 ≥ 0.13, neg - pTau/Aβ42 < 0.13), PVN = Primary Visual Network, RFP = Right Frontal-Parietal Network, VISASS = Visual-Associative Network.
MCIPos subjects, yet not meeting full statistical significance, probably due to greater value variance. These findings sound counterintuitive; however, it is reasonable to assume that the described transition towards more ordered connectivity at theta frequency might be a consequence of the described general slowing of electrical activity due to AD pathology and clinical benefit of such phenomenon should be doubted. Indeed, previous studies that have assessed the EEG complexity of AD patients by both linear and nonlinear approaches found that the EEG of AD patients were more regular than age-matched controls within theta frequency band, which is in line with our findings (Iteachor E., 2018; Cai et al., 2018).

A widespread alteration of network configuration within ADD patients was also observed in alpha2 band, but with an opposite trend of decreasing segregation metrics and increasing path length. Even if not being fully significant, probably due to the strict statistical process, a visual inspection of Fig. 4 allows moreover to depict MCIPos group as an intermediate stage of alteration between ADD and healthy subjects; this reasonably reflects a progressive transition toward a random reconfiguration of brain connectome in alpha2 frequency (Xie and He, 2011). Future studies with a larger sample and a longitudinal design should lead to the full statistical significance.

Previous EEG studies exploring AD brain connectomics showed discordant results, basically due to different methodological approaches, which complicates the comparability of obtained results (Vecchio et al., 2017; Xie and He, 2011; Lazarou et al., 2020; Tijms et al., 2013). Among others, for instance, one study applied linear lagged coherence to eLORETA solutions extracted from a population of AD, MCI and healthy subjects, describing network reconfiguration profiles which are only partially in line with our findings (Vecchio et al., 2014, 2015); in parallel with an increased normalized clustering coefficient in theta band in MCI and AD patients, indeed, they also described an increased normalized path length. As previously described (Tijms et al., 2013), though, an increased unnormalized path length can be associated with a decreased normalized path, which makes the interpretation of results ambiguous. Further methodological differences (e.g., patient classification and matrices construction) may at least partially account for discordant results.

Moving to RS-fMRI graph analysis, ADD patients showed a severe alteration of graph properties in all considered networks, whereas MCIPos patients were characterized by a less profound connectivity impairment. These findings are in line with a large body of previous literature (Filippi et al., 2020; Agosta et al., 2012; Jones et al., 2016; delEtoile and Adeli, 2017).

Our study has at least two main limitations: first, we recruited two different groups of healthy subjects for fMRI and EEG analysis, which might have led to biases in the analysis, albeit limited. Moreover, controls who entered the EEG analysis did not perform a complete medical history collection and a complete neurological examination, which excluded the presence of past or present neurological diseases, together with a MMSE (Folstein et al., 1975), showing significantly higher scores than other study groups.

The identification of early biomarkers of AD pathology that could help distinguish MCI patients in urgent need of therapies is of great interest in the recent scenario. We found that the most accurate EEG biomarker differentiating MCIPos from MCINeg patients was represented by the increase in theta band density, reaching a good diagnostic accuracy (sensitivity 70%) both at lobar level (75.8% in occipital lobe) and when the analysis was driven by fMRI ICA-based networks (76.8% in DMN – Table 2). Despite the slight increase in accuracy, though, Hanley-McNeil test did not find a full statistically significant difference between lobar and network AUCs. Concurrently, fMRI-driven EEG analysis allowed highlighting the role of alpha2 band density as neurodegeneration biomarker by correlating it with disease progression. Furthermore, graph analysis applied to both eLORETA solutions and fMRI data showed a characteristic disruption of connectivity measures in patients with AD. Future studies focusing on a greater sample and with a longitudinal design are required to further explore the role of fMRI-driven EEG source estimation analysis in the diagnostic workup of AD pathology.

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Declaration of interest

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CRediT authorship contribution statement

Giordano Cecchetti: Conceptualization, Formal analysis, Data curation, Writing - original draft, Writing - review & editing. Federica Agosta: Conceptualization, Data curation, Writing - review & editing. Silvia Basaia: Conceptualization, Formal analysis, Data curation, Methodology, Writing - original draft. Camilla Cividini: Conceptualization, Formal analysis, Data curation, Methodology, Writing - original draft. Marco Cursi: Conceptualization, Formal analysis, Data curation, Methodology, Writing - review & editing. Roberto Santangelo: Investigation, Writing - review & editing. Francesca Caso: Investigation, Writing - review & editing. Fabio Minicucci: Investigation, Writing - review & editing. Giuseppe Magnani: Investigation, Writing - review & editing. Massimo Filippi: Supervision, Resources, Writing - review & editing.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.nicl.2021.102711.

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