Criteria for resolving the cosmological singularity in Infinite Derivative Gravity around expanding backgrounds

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We derive the conditions whereby null rays ‘defocus’ within Infinite Derivative Gravity for perturbations around an (A)dS background, and show that it is therefore possible to avoid singularities within this framework. This is in contrast to Einstein’s theory of General Relativity. We further extend this to an (A)dS-Bianchi I background metric, and also give an example of a specific perturbation where defocusing is possible given certain conditions.

INTRODUCTION

Einstein’s theory of General Relativity (GR) has had many successes in the infrared regime (IR) \(^1\), but it breaks down in the ultraviolet (UV) regime due to its admittance of black hole and cosmological singularities \(^2, 3\).

Initial attempts to resolve these problems by introducing higher derivative terms into a gravitational action, such as Stelle’s 4th derivative theory \(^4\), faltered due to the Ostrogradsky instability \(^5\). When interactions take place in such a system, the vacuum decays into both positive and negative states and is therefore unstable \(^6, 7\). However this instability is avoided for infinite derivative theories of gravity (IDG). The infinite number of derivatives allows for the propagator to be modified in such a way that neither unwanted additional poles are introduced nor negative residues in the form of ghosts. Infinite derivative actions, as seen in string theory \(^9\), were first applied to gravity \(^10\) and investigated around a Minkowski background \(^11\) and later around backgrounds of constant curvature, such as (Anti) de Sitter space \(^12\).

It is well known that GR contains a single (benign) pole in the graviton propagator. To avoid introducing any further poles we can demand that any infinite derivative function appearing in the denominator of the propagator is the exponential of an entire function of the d’Alembertian operator \(\Box = g^{\mu \nu} \nabla_\mu \nabla_\nu\), which by definition contains no zeroes \(^10, 16\). IDG is modulated by a mass scale \(M\), which determines the length scales below which the infinite derivative terms start to have an effect.

It has been shown that the propagator for IDG is renormalisable for higher orders \(^17–24\). A non-singular solution was constructed at the linearised level for both a static background \(^14, 15, 22\) and a time-dependent background \(^25\), \(^26\) within IDG. The full equations of motion for this theory were found in \(^28\). Bouncing cosmological solutions \(^29\), making use of the Ansatz \(\Box R = c_1 R + c_2\), were examined in \(^30, 33\).

Recent work has focused on finding the quadratic variation of the action \(^12, 34\); the Wald entropy \(^35\); the boundary terms \(^36\); the Hamiltonian \(^37\); a black hole solution \(^38\); radiation emission \(^39\); using IDG as an EFT for M-theory \(^40\); the bending of light near the Sun \(^41\); the diffusion equation \(^42\); black hole event horizons \(^43\) and the stability of the Schwarzschild solution \(^44\); IDG’s effects on inflation \(^30, 45\) and in particular perturbations in the early universe using Cosmic Microwave Background data \(^46–49\); while in the context of loop quantum gravity, divergences \(^17, 50\); and UV finiteness \(^51\) were investigated.

In GR, singularities arise because it is not possible for null rays to defocus without violating the Null Energy Condition (NEC) \(^2\). Using the Raychaudhuri equation for null geodesic congruences \(^52–54\), the defocusing conditions for perturbations around a Minkowski background were found within an IDG framework \(^24, 55, 56\), while \(^57\) focused on a bouncing Friedmann-Robertson-Walker (FRW) model. It was shown that IDG allows for the defocusing of null rays in that null rays can be made past-complete.

It is this notion of geodesic completeness, or rather geodesic incompleteness, which forms the definition of a singularity for the current analysis. A photon traveling along a geodesic which is past-incomplete will simply cease to exist in a finite proper ‘time’ (affine parameter), representative of serious weaknesses in the theory. This is in accordance with Hawking and Ellis \(^2\), see also \(^52, 54\) for discussions on the difficulties in defining singularities in GR. In this article, we will generalise the results around flat space to an (Anti) de Sitter background, where all our results reduce to the Minkowski values when we take the Hubble constant \(H \rightarrow 0\).

We further go on to generalise this to an (A)dS-Bianchi I metric. This metric is not isotropic as the rate of expansion differs according to direction. Cosmological data suggests that the universe is isotropic to a very high precision, but since the observable universe makes up only a very small region of the universe as a whole, it is permissible that isotropy does not hold at larger scales \(^54\).

RAYCHAUDHURI EQUATION

The behaviour of null geodesic congruences can be understood using the Raychaudhuri equation, which is en-
tirely model-independent, being a purely geometric identity until it is married to a gravitational theory via the Ricci tensor. We look at $k_\mu$, a four vector tangential to the null geodesic congruence, where $k^\mu k_\mu = 0$. We are using a mostly positive metric signature $(-, +, +, +)$ and have defined the expansion parameter as $\theta \equiv \nabla_\mu k^\mu$. If we assume the congruence of null rays to be orthogonal to the hypersurface, the twist tensor vanishes \[53, 58\]. Additionally, since shear forces are always positive on the right hand side of the Raychaudhuri equation, we turn the Raychaudhuri equation into an inequality \[54\]

$$
\frac{d\theta}{d\lambda} + \frac{1}{2} \theta^2 \leq - R_{\mu\nu} k^\mu k^\nu,
$$

(1)

where $\lambda$ is the affine parameter of each curve in the congruence, and $R_{\mu\nu}$ is the Ricci curvature tensor. In fact, the shear tensor always vanishes in FRW-type models, such as the (Anti) de Sitter universes and Minkowski space, as well as for a generic FRW metric \[59\], though not necessarily in anisotropic spacetimes such as the Bianchi I models, discussed later.

Consider the inequality given by \[1\]: If the right hand side is negative, we cannot have a positive and increasing expansion and therefore by the Hawking-Penrose singularity theorem \[2\], a singularity results. Therefore the condition for defocusing and thus avoiding a singularity is

$$
R_{\mu\nu} k^\mu k^\nu < 0.
$$

(2)

For a more complete treatment of this condition, see \[2, 3, 53, 58, 60\]. In GR, the Einstein equation implies that the defocusing condition cannot be fulfilled, because $R_{\mu\nu} k^\mu k^\nu = \kappa T_{\mu\nu} k^\mu k^\nu$ is always positive due to the NEC $T_{\mu\nu} k^\mu k^\nu > 0$ where $T_{\mu\nu}$ is the energy momentum tensor and $\mu, \nu$ run from 0 to 3.

It was shown in \[55\], using modified gravity in the form of IDG that this fate can be avoided around Minkowski backgrounds. In this paper we will aim to generalise that result to (Anti) de Sitter backgrounds and a specified Bianchi I model.

**LINEARISED FIELD EQUATIONS AROUND A DE SITTER BACKGROUND**

Conroy et al. \[55\] examined defocusing from perturbations around a flat background for the action \[11\]

$$
S = \int d^4 x \sqrt{-g} \left( M_p^2 R + \lambda R F(\Box) \right),
$$

(3)

where $R$ is the Ricci scalar, $M_p$ is the Planck mass, $\lambda$ is a constant and $F(\Box) = \sum_{n=0}^{\infty} f_n \Box^n / M^{2n}$ is a function of the d’Alembertian operator $\Box$, where $\{ f_0, f_1, \ldots \}$ are the coefficients of the series. $M$ is the mass scale of the theory, which determines the length scales at which the extra infinite derivative terms come into play.

Laboratory tests of the departure from the 1/r behaviour of the Newtonian potential show that as there is no departure at 5 x $10^{-16} \text{m}$ \[61\], which gives us the constraint $M \geq 10^{-2} \text{eV} \[22\]$ for the simplest version of out theory. Analysis of the raw data from experiment suggests that an oscillating function given by more complicated versions of IDG fits the data better than the GR prediction in the weak field regime \[24, 62\].

We begin with an (A)dS metric $\bar{g}_{\mu\nu}$, background Ricci scalar $\bar{R}$ and the background Ricci tensor $\bar{R}_{\mu\nu} = \delta^\alpha_\mu \bar{R}/4$. We perturb around this background using $g_{\mu\nu} \to \bar{g}_{\mu\nu} + h_{\mu\nu}$, producing the linearised equations of motion

$$
T_{\mu\nu} = \left( M_p^2 + 2 \bar{R} \lambda f_0 \right) \left( \bar{r}_\mu - \frac{1}{2} \bar{\sigma}_{\nu} r \right)
$$

$$
-2 \bar{\sigma}_{\nu} \bar{F}(\Box) r + \lambda \bar{R} \delta_{\mu}^\nu F(\Box) r.
$$

(4)

The Ricci tensor is perturbed as $R_{\mu\nu} = \bar{R}_{\mu\nu} + r_{\mu\nu}$ and the Ricci scalar is perturbed as $R = \bar{R} + r$ where the linearised Ricci tensor and Ricci scalar are \[12, 55\]

$$
r_{\mu\nu} = \frac{1}{2} \left( \nabla_{a} \nabla^{a} h_{\mu\nu} + \nabla_{\nu} \nabla_{a} h^{a\mu} - \nabla_{\mu} \nabla_{a} h - \Box h_{\mu\nu} \right) - \frac{R}{4} h_{\mu\nu},
$$

$$
r = \nabla_{a} h \nabla^{a\mu} h^{\nu} - \Box h - \frac{\bar{R}}{4} h.
$$

(5)

We can write (4) in the neat form

$$
M_p^{-2} T_{\mu\nu} = ar_{\mu\nu} - \frac{1}{2} \bar{\sigma}_{\nu} c(\Box) r - \frac{1}{2} \nabla^{a} \partial_{a} f(\Box) r,
$$

(6)

similarly to the Minkowski case \[55\], but where we have now defined

$$
a = 1 + 2 M_p^{-2} \bar{R} \lambda f_0,
$$

$$
c(\Box) = 1 + 2 \lambda M_p^{-2} \bar{R} f_0 - 4 \lambda M_p^{-2} \left( \Box + \frac{\bar{R}}{3} \right) F(\Box),
$$

$$
\bar{\sigma}_{\nu} f(\Box) = 4 M_p^{-2} \lambda \left( \nabla^{a} \partial_{a} + \delta^{\mu}_{\nu} \bar{R} \right) F(\Box).
$$

(7)

By taking the trace of the last line of (7), we can see that

$$
\Box f(\Box) = a - c(\Box),
$$

(8)

as for the Minkowski case \[55\].

The defocusing condition $r_{\mu\nu} k_{\mu} k^{\nu} < 0$ can be reached using the same method as \[55\]: that is, we contract with the null tangent vectors $k_{\mu}$, where $k^{\mu} k_\mu = 0$ and therefore from (2), we obtain the requisite condition for defocusing

$$
r_{\mu\nu} k_{\mu} k^{\nu} = \frac{1}{a} \left[ M_p^{-2} T_{\mu\nu} k_{\mu} k^{\nu} + \frac{1}{2} k_{\mu} k^{\nu} \nabla^{a} \partial_{a} f(\Box) r \right] < 0.
$$

(9)

The NEC dictates that $T_{\mu\nu} k^{\mu} k^{\nu} > 0$, while $a$ must be strictly positive to avoid the introduction of ghosts \[34\] or negative entropy states \[35\] \[66\]. We may then write the minimum defocusing condition

$$
k_{\mu} k^{\nu} \nabla^{a} \partial_{a} f(\Box) r < 0.
$$

(10)
If we expand the covariant derivatives and note that if the perturbed Ricci scalar $r$ is dependent only on time, then the d’Alembertian operator is given by $\Box = -\partial_t^2 - 3H\partial_t$, so that the defocusing condition becomes: \[\Box f(\Box) r(t) > -4H\partial_t f(\Box) r(t). \tag{11}\]

We have thus shown that it is possible to achieve defocusing around an (A)dS background. Therefore by using the power of IDG we can avoid the Hawking-Penrose singularity.

**(A)DS-BIANCHI I METRIC**

Next we investigate perturbations around a more general background metric, where the scale factor is different in each direction. By introducing anisotropy we allow for a more general Bianchi I metric. This has the line element

\[ds^2 = -dt^2 + e^{2A} dx^2 + e^{2B} dy^2 + e^{2C} dz^2, \tag{12}\]

which we call an (A)dS-Bianchi I metric. Examples of anisotropic universes are given in Fig. 1. As discussed earlier, the observable universe appears to be highly isotropic but this may not be the case at larger scales. A vacuum solution with a cosmological constant is only possible when $A = B = C$, i.e. when there is no anisotropy. In this paper, we assume that the positive constants $A, B$ and $C$ are roughly of the same magnitude.

The metric \[(12)\] gives a constant background Ricci tensor $\bar{R}^\alpha_{\beta\gamma\delta}$ and positive Ricci scalar $\bar{R} = 2(A^2 + B^2 + C^2 + AB + AC + BC)$, where bars denote background quantities. We perturb around the background metric, again according to $g_{\mu\nu} \rightarrow \bar{g}_{\mu\nu} + h_{\mu\nu}$. The equations of motion for this perturbation are

\[T^\alpha_{\beta\gamma\delta} = (M^2_p + 2\lambda f_0 \bar{R}) \left( \bar{R}^{\alpha}_{\beta\gamma\delta} - \frac{1}{2} \delta^\alpha_{\beta} \bar{R} \right) + 2\lambda \bar{R}^\alpha_{\beta\gamma\delta} F(\Box) r + \frac{\lambda}{2} \delta^\alpha_{\beta} \bar{R} F(\Box) r - 2\lambda \left( \nabla^\alpha \nabla_\beta - \delta^\alpha_\beta \Box \right) F(\Box) r. \tag{13}\]

This is identical to the (A)dS field equations \[(11)\] with the exception of the extra term $\bar{S}^\gamma_{\beta}$ which vanishes for (A)dS. By redefining

\[c(\Box) = 1 + 2\lambda M^{-2}_p \bar{R} f_0 - 4\lambda M^{-2}_p \left( \Box + \frac{\bar{R}}{12} \right) F(\Box),\]

\[\nabla^\mu \partial_\mu f(\Box) = 4M^{-2}_p \lambda \left( \nabla^\mu \partial_\mu + \delta^\mu_\alpha \bar{R} - \frac{1}{4} \bar{R} \right) F(\Box), \tag{14}\]

\[(13)\] can be written in the neat form \[(16)\]. However, to see the effect of anisotropy more clearly, we continue in the form \[(13)\]. Contracting \[(13)\] with $k^\alpha k_\alpha$, where $k^2 k_\alpha = 0$, produces the defocusing condition

\[k^\beta k_\alpha r^\alpha_{\beta\gamma\delta} = \frac{\lambda}{M^2_p + 2\lambda f_0 \bar{R}} \left( k^\beta k_\alpha T^\alpha_{\beta\gamma\delta} - 2\lambda k^\beta k_\alpha \bar{R}^\alpha_{\beta\gamma\delta} F(\Box) r + 2\lambda k^\beta k_\alpha \nabla^\alpha \nabla_\beta F(\Box) r \right) < 0, \tag{15}\]

where $T^\alpha_{\beta\gamma\delta}$ is the full stress energy tensor, which reduces to the (A)dS condition when we take $A = B = C = H$, and thus $\bar{R}^\alpha_{\beta\gamma\delta} k^\beta = \frac{\bar{R}}{4} \delta^\alpha_\beta k^\beta = 0$. Using the NEC, the minimum defocusing condition becomes

\[\frac{\lambda}{M^2_p + 2\lambda f_0 \bar{R}} \left( k^\beta k^\alpha \nabla_\alpha \nabla_\beta - k_\alpha k^\alpha \bar{R}^\alpha_{\beta\gamma\delta} F(\Box) r \right) < 0. \tag{16}\]

We can choose $k_0 = e^{-At}$, $x_1 = 1$, $y_1 = z_1 = 0$, which means that the rotation $\omega_{\alpha\beta} = \nabla_\alpha k_\beta - \nabla_\beta k_\alpha$ is zero, which is required for \[(16)\] to be valid \[(13)\], and the geodesic equations to be fulfilled. When we assume the perturbation is $t$-dependent, we find the following defocusing condition

\[\frac{\lambda}{M^2_p + 2\lambda f_0 \bar{R}} \left[ \partial_t^2 - A\partial_t + (B^2 + C^2) - A(B + C) \right] F(\Box) r(t) < 0, \tag{17}\]

which reduces to the standard (A)dS case in Eq.(11) with $A = B = C = H$, as expected. Compared to the (A)dS case with $H = A$, the anisotropic (A)dS-Bianchi I metric produces an extra term in the defocusing condition:

\[\frac{\lambda}{M^2_p + 2\lambda f_0 \bar{R}} F(\Box) r(t) \left[ (B^2 + C^2) - A(B + C) \right]. \tag{18}\]

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1 It is straightforward to verify that this reduces to the condition for perturbations around Minkowski, by taking the limit $H \rightarrow 0$. This is equivalent to the form found in [56].
In this example we have taken the spatial part of the null ray to be in the $x$ direction. In order to avoid singularities it is necessary to fulfill the defocusing condition for all $k_\mu$. Looking first at the case where the prefactor $\frac{1}{M_\rho + 2\lambda f_0 R} F(\Box) r(t)$ in (18) is positive (as is the case around an (A)dS background, [35]), $A > B, C$ implies that (18) is negative and so the anisotropy makes defocusing easier, because it allows null geodesic congruences to more readily diverge. This means that the tangent vector must be in the direction of fastest expansion for anisotropy to aid defocusing. This situation is reversed for a negative prefactor.

**EXAMPLE OF A PERTURBATION**

Finally we choose a specific perturbation to see whether our defocusing conditions can be fulfilled. We can choose $h_{\mu\nu}$, where $g_{\mu\nu} \rightarrow \bar{g}_{\mu\nu} + h_{\mu\nu}$, to be $\delta_{\mu}^{\phi}\delta_{\nu}^{\phi} P e^{2Xt}$, i.e. an exponential perturbation in the $K$-direction. Here $P$ and $X$ are dimensionless constants. This gives the perturbed Ricci scalar

$$r(t) = K e^{2(X-A)t},$$

where $K$ is the constant $2PX(2A + B + C + 2X) - 2AP(B + C)$. Therefore

$$\Box r(t) = [2(A - X)(2X - A + B + C)]^n r(t),$$

and since $e^{2(X-A)t}$ is strictly positive, the defocusing condition [17] becomes

$$\left[ 4X^2 - 10AX + 6A^2 + (B^2 + C^2) - A(B + C) \right] K \lambda F((A - X)(X + B + C)) \frac{M_\rho^2 + 2\lambda f_0 R}{M_\rho^2 + 2\lambda f_0 R} < 0.$$ (21)

Taking $y \ll A$, the term in the square brackets will be positive unless $A$ is significantly bigger than $B$ and $C$, which does not agree with current observations. If we take the simplest choice of the propagator $\Gamma$ which has no ghosts [9, 31], $\Gamma(\Box) = \exp(-\Box/M^2)$, and discard $X^2$ terms, the condition becomes

$$P > 0,$$ (22)

i.e. the perturbation must be positive. It is clearly possible to fulfill the defocusing condition and avoid the singularities which plague the theory of General Relativity.

**CONCLUSION**

In this short note, we have shown that it is possible for null rays to defocus in an (Anti) de Sitter background, using ghost-free Infinite Derivative Gravity. This allowed us to avoid the initial singularity that naturally occurs in General Relativity according to the Hawking-Penrose Singularity Theorem.

Furthermore, we extended the analysis to an anisotropic and homogenous Bianchi I model resembling an anisotropic “(Anti) de Sitter space”. Finally, we looked at a particular perturbation within this model and showed that defocusing was possible given certain constraints on the parameters of the metric, the perturbation and the form of $F(\Box)$.

**ACKNOWLEDGEMENTS**

We would like to thank David Burton and Charlotte Owen for their advice and suggestions in preparing this paper.

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2 If we were to replace $k_\mu$ with $k_\rho$ (or $k_z$), we would obtain an equation of the form [15] with $A \rightarrow B$ (or $A \rightarrow C$).

3 This choice gives the coefficients of $F(\Box)$ as $f_n = \frac{1}{6} \left( \frac{1}{n+1} \right)^n$ so $f_0 = 1/6$. Note that as the background Ricci scalar is positive, the denominator of the second line of [21] is then also strictly positive.
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