Strong microsite control of seedling recruitment in tundra

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Abstract The inclusion of environmental variation in studies of recruitment is a prerequisite for realistic predictions of the responses of vegetation to a changing environment. We investigated how seedling recruitment is affected by seed availability and microsite quality along a steep environmental gradient in dry tundra. A survey of natural seed rain and seedling density in vegetation was combined with observations of the establishment of 14 species after sowing into intact or disturbed vegetation. Although seed rain density was closely correlated with natural seedling establishment, the experimental seed addition showed that the microsite environment was even more important. For all species, seedling emergence peaked at the productive end of the gradient, irrespective of the adult niches realized. Disturbance promoted recruitment at all positions along the environmental gradient, not just at high productivity. Early seedling emergence constituted the main temporal bottleneck in recruitment for all species. Surprisingly, winter mortality was highest at what appeared to be the most benign end of the gradient. The results highlight that seedling recruitment patterns are largely determined by the earliest stages in seedling emergence, which again are closely linked to microsite quality. A fuller understanding of microsite effects on recruitment with implications for plant community assembly and vegetation change is provided.

Keywords Arctic · Alpine · Invasibility · Microclimate · Seed limitation
Introduction

Environmental change forces plant populations either to stay and adapt or to remain the same and colonize new areas. In both cases, sexual reproduction and regeneration from seed are essential prerequisites (Bruun and Ejrnaes 2006). Therefore, studies of seedling recruitment in natural communities—and limitations to it—are needed. Seedling recruitment in tundra communities is of particular interest because of the predicted high impact of climate change on this ecosystem (Sala et al. 2000). Furthermore, the tundra is dominated by long-lived, often clonally propagating species, where recruitment by seeds is expected to be rare. These species and communities are thus particularly vulnerable to environmental changes.

In previous studies of seedling recruitment, two different approaches have prevailed: direct observation of naturally occurring seedlings in different communities, and seed addition experiments, sometimes combined with manipulation of environmental conditions. In observational studies, the drivers of observed patterns in natural seedling occurrence are often difficult to disentangle because factors co-vari (e.g., Welling and Laine 2000; Forbis 2003). The manipulative studies can overcome this problem by assessing the effect of a single variable in turn. However, such studies are bound to test only one or two variables, and, once an effect has been found, how it relates to natural biotic and abiotic conditions often remains unclear. Thus, seed addition studies most often report increased seedling emergence, and conclude that seed availability limits recruitment (Myers and Harms 2009). There is, however, growing appreciation that many experiments are made without reference to the background level of seed rain, and that such results may underestimate the effect of microsite limitation (e.g., Clark et al. 2007). Furthermore, seed and microsite limitation experiments are most often carried out in single communities, in spite of expectations of a shifting balance between these opposed types of recruitment limitation along gradients (Foster et al. 2004; Stevens et al. 2004; Brooker et al. 2008). Therefore, we use a novel approach that combines data on background seed rain and the densities of naturally occurring seedlings and seedlings emerging as a result of seed addition to intact vegetation and to experimental competition-released gaps on a gradient of environmental severity in tundra vegetation.

In dry tundra vegetation, plant communities are typically distributed along an environmental gradient running from wind-exposed ridges to more sheltered depressions (Billings and Mooney 1968; Bruun et al. 2006). Ridges have little or no snow cover during the winter and hence experience harsh conditions with low winter temperatures, strong winds, a coarse soil texture and an unreliable water supply, but also a long growing season (Körner 2003). In contrast, depressions have less severe environmental conditions, with more snow cover, greater protection from the wind, soils with better moisture and nutrient statuses, but also a shorter growing season (Choler 2005). In deeper depressions with very late snow melt and water-logged soils, stress levels tend to increase again and limit productivity. The density of seedlings varies dramatically, with most seedlings in vegetation of moist habitats and very few seedlings in heaths or growing under harsh environmental conditions (Chambers 1995a; Welling and Laine 2002; Forbis 2003; Gough 2006). Seed rain also varies (Molau and Larsson 2000) depending on seed production, topography, and how the vegetation structure and soil surface affects seed interception (Chambers et al. 1991; Aguiar and Sala 1997). Recent studies demonstrate that recruitment increases as a result of seed addition (Gough 2006; Klanderud and Totland 2007; Lindgren et al. 2007). While the mentioned studies also document microsite limitation, how microsite quality contributes to the patterns of varying seedling density along gradients of environmental harshness remains to be quantified.

Limited recruitment, despite sufficient availability of germinable seeds, may be related to microclimatic factors such as temperature, moisture and length of the growing season, or to biotic interactions at microsites, such as herbivory or competition with established vegetation (Turnbull et al. 2005). The extant vegetation furthermore modifies the microsites through the litter layer and through its impact on the microclimate (Suding and Goldberg 1999; Venn and Morgan 2009). Under stressful microclimatic conditions, facilitation by neighboring plants has often been recorded, whereas competition may increase as the microclimate becomes more benign (Tiellörger and Kadmon 2000; Brooker et al. 2008). For seedling recruitment, one recent study testing the balance between facilitation and competition in rather harsh climates found no evidence for strong facilitation (Klanderud and Totland 2007), whereas other studies documented the facilitation by neighboring plants of seedling recruitment above the tree line (Germino et al. 2002), as well as at lower elevations (Cavieres et al. 2006).

Establishment limitation may be related to the different physiological processes associated with breaking seed dormancy, seed germination, and seedling survival. High seedling mortality has often been associated with harsh environments (Moles and Westoby 2004), whereas to our knowledge only a few studies have examined the relationship between microclimate and seedling emergence in tundra species (Cavieres et al. 2007; Klanderud and Totland 2007; Graae et al. 2009; Shvetsova et al. 2009).

In the present study we combine data on seed rain, densities of naturally occurring seedlings (spontaneous seedlings), and seedlings emerging after seed addition in...
intact vegetation and in gaps along a gradient of increasing environmental severity in tundra vegetation. We aimed to answer the following questions. (1) Is seed or microsite limitation driving early recruitment patterns in tundra ecosystems? (2) Is seedling recruitment increasingly facilitated by vegetation cover with environmental severity? (3) Does the regeneration niche vary between species? (4) What is the most decisive phase for early recruitment: germination, summer survival or winter survival?

Materials and methods

Study site

The field study was carried out between autumn 2005 and summer 2007 at 68°17’N, 18°45’E close to Tåttlägret, 8 km south of the Abisko Scientific Station, Northern Sweden. The 1961–1990 average annual temperature in Abisko was approximately −0.8°C. July is on average the warmest month (+11°C) and January the coolest (−11.9°C). Mean annual precipitation for the period 1961–1990 was 304 mm (Alexandersson and Eggertsson Karlström 2001). While Abisko is situated in the forested area dominated by Betula pubescens ssp. tortuosa, the study site is above the treeline between 650 and 800 m.a.s.l. Reindeer are known to graze throughout the area.

Large parts of the alpine landscape consist of heaths, mainly dominated by the dwarf shrubs Empetrum hermaphroditum, Vaccinium vitis-ideae, Vaccinium uliginosum and Betula nana. In depressions with prolonged snowcover, characteristic snowbeds appear with a relatively rich herbaceous vegetation with, for instance, Viola biflora, Saussurea alpina, Sibbaldia procumbens, and Gnaphalium supinum. Downslope from these, often associated with abundant access to water, Salix scrubs or thickets appear that—if not too closed—may harbor a rich understory of herbaceous species too.

Sampling and experimental design

All plots were established on 29 and 30 September 2005. In order to uniformly sample the environmental gradient, from wind-swept ridges to depressions with prolonged snow cover, we applied a stratified random distribution of sample plots. Four sites, typically 200 m from each other, were selected; at each site, one plot was randomly positioned in each of five community types: lichen heath (on ridges), poor dwarf-shrub heath (with sparse vegetation cover), rich dwarf-shrub heath (with taller and denser dwarf-shrub cover), herb field (meadow-like moderate snowbed) and willow (Salix glauca) scrub. There were no signs of larger gaps or disturbances in the vegetation when these plots were established. One plot that appeared to represent lichen heath during plot establishment turned out to be waterlogged during the growing season, with a species composition deviating clearly from other lichen heath plots. Data from this plot were therefore omitted from the analyses. Each plot consisted of one central permanently marked main quadrat (0.5 × 0.5 m) and three adjacent quadrats (Fig. 1). For each plot, a sister plot (0.5 × 0.5 m) that was within 10 m of the main plot—and was as similar as possible to it in terms of vegetation structure, species composition, exposure and slope—was selected, where destructive sampling of biomass could be done without interfering with recruitment monitoring.

In each plot, a 10 × 20 cm subplot located in one corner (Fig. 1) was disturbed mechanically. All living plant tissue above- and belowground (to a depth of 10 cm) was removed from this subplot. If needed, soil from just outside the plot was added and mixed with the original soil in order to maintain the same surface level as the surroundings. Another 10 × 20 cm area that was undisturbed was located in a different corner (Fig. 1). Half of each subplot (10 × 10 cm) was used for the seed addition experiment, and the other half was used to assess nutrient availability (see below).

Seed rain and spontaneous seedlings

Six seed traps (each comprising a 7.5 × 55 cm FinnTurf™ doormat) were placed around each main quadrat from early August and left in place until early October 2006 (Fig. 1). This type of seed trap has been previously used in arctic studies (e.g., Molau and Larsson 2000). We decided to use six narrow strips rather than one broad rectangle in order to allow us to place seed traps below the seed-producing
plants with a minimum of physical disturbance. Upon collection, traps were taken to the laboratory in sealed plastic bags, where they were dried and carefully cleaned. The content of each trap and the plastic bag was analyzed under a dissecting microscope, and plant propagules (seeds and bulbils) were sorted to species. In the present paper, we used the total number of diaspores (including bulbils) from the six traps around each plot as an estimate of seed rain density.

Spontaneous seedlings (defined here as individuals that appeared to have emerged naturally from seeds or bulbils within the same season) were recorded in each main quadrat by searching the undisturbed part of the vegetation carefully on one occasion in mid-August 2006. If fewer than 20 seedlings were found inside the main quadrat, we continued searching, first in the sister plot, then in additional nonoverlapping 0.5 × 0.5 m quadrats in the surrounding similar vegetation, until at least 20 seedlings had been recorded or we had searched a total area of 5 m². Seedling density was calculated as the seedling number per m².

Environmental variables

A temperature sensor (an Onset 8-bit Temperature Smart sensor) was inserted below each subplot at a soil depth of ca. 2 cm. A soil moisture sensor (ECH2O Diametric Aquameter, Decagon Devices, Inc., Pullman, WA, USA) was inserted at a soil depth of ca. 3–5 cm between the two subplots. The sensors were connected to a HOBO Micro Station Data Logger (Onset Computer Corporation) outside the plot, which recorded temperature and moisture levels every 2 h from the onset of the growing season 2006 until snowmelt in 2007. All data loggers worked from June to the plot, which recorded temperature and moisture levels every 2 h from the onset of the growing season 2006 until snowmelt in 2007. All data loggers worked from June to August, but five loggers (one lichen, two poor dwarf shrubs, one herb field and one willow scrub) were damaged due to waterlogging during the winter period. Data from these plots were omitted from analyses involving winter temperatures and duration of snow cover.

In disturbed and undisturbed subplots, four anion exchange membranes and four cation exchange membranes [IEM; Plant Root Simulator™ (PRS)-probes] were inserted into the top 5 cm of the soil (Fig. 1). These probes were collected after 6 weeks (3 August to 14 September), washed thoroughly with demineralized water (MilliQ), and shipped to the analytical laboratory (Western Ag Innovations) to extract ions and for subsequent analysis. Ions were extracted with 17.5 ml of 0.5 mol/l HCl per probe. Inorganic nitrogen (NH₄⁺ -N and NO₃⁻-N) was determined by colorimetry using a Technicon Autoanalyzer II (TIC 1977). The NO₃⁻-N analysis was slightly modified through the addition of NaOH to the NH₄Cl reagent 8 (adjusting the pH to 8.5) in order to neutralize the sample solution before its entry into the Cd-reduction column (Western Ag Labs 2003). The remaining elements (P, K, S, Ca, Mg, Al, Fe, Mn, Cu, Zn and B) were measured by ICP (inductively coupled plasma; Optima 3000-DV ICP, PerkinElmer Inc., Shelton, CT, USA). All standards and controls were prepared in a 0.5 mol/l HCl matrix, equivalent to that of the sample extracts. Unused PRS probes also were eluted and analyzed as a blank test for contamination during handling.

We calculated mean, minimum and maximum temperatures for June (spring) and July–August (summer) and the minimum temperature for February–March (winter). Mean soil moisture was calculated for the period July–August 2006, and spring moisture for the period May–June 2007.

Vegetation data were obtained in August 2006 by recording the presence of species at a scale of 1 m². Vascular plants were determined in the field, while bryophytes and lichens were generally collected for later identification in the laboratory. Soil depth in the plot was estimated by measuring (to the nearest cm) the depth to which a pointed steel rod (2.5 mm Ø) could be forced vertically into the soil by hand (average of 20 insertions). This estimate provides an index for the available productive soil volume, as the rod would naturally be obstructed by stones as well as by solid bedrock.

In the sister plots, the aboveground biomass from four different 10 × 10 cm areas was harvested and brought back to the laboratory. The samples were carefully sorted according to species and, for vascular plant species and most importantly for the dwarf shrub and shrub species, divided into the current years’ production and the previous years’ production in order to estimate the annual net primary production (NPP). The samples were subsequently dried (40°C, >2 months) and weighed. Samples were collected from the underlying 10 cm of soil (hence 10 × 10 × 10 cm) and soil organic matter content was estimated by loss on ignition (5 h at 550°C) as well as the pH as measured in a water solution.

Seed addition experiment

Each 10 × 10 cm subplot (undisturbed or disturbed) was divided into 16 microplots of 2.5 × 2.5 cm. In these microplots, 30 seeds of each of 14 species belonging to different growth forms and with different main occurrences along the gradient (Table 1) were placed on the surface, with a single species allocated randomly to each microplot. The seed addition thus corresponded to 42,000 seeds per m², which is well above normal seed rain in these communities (Molau and Larsson 2000) and should saturate the communities with seeds. All seeds were collected in the study region during the month before sowing and stored at room temperature, except for fleshy fruits, which were stored at 5°C whilst awaiting seed extraction. Seeds were
sown on 29 and 30 September 2005. Seedling emergence was recorded immediately after snowmelt (25 May for most plots, but 8 June for late-melting plots, i.e., one Salix plot and all four herb plots) and repeated on 29 June, 13 July, 27 July and 14 August. The seedlings in the plots were recorded again on 16 July in 2007.

To determine if seed quality affected recruitment, and how the dormancy patterns of the species affect recruitment in the field, the germinability of the seeds was tested in incubation chambers. For each species, six Petri dishes were prepared, each with 30 seeds on moist filter paper (Munktell 00A). Three dishes were placed directly in warm incubation conditions for 6 weeks, with a light and temperature regime of 14 h light (240 μmol/m²/s)/20°C and 10 h dark/10°C followed by cold stratification (2°C and darkness) for 20 weeks and another 6 weeks of warm incubation. The number of germinated seedlings obtained from these treatments provided two sets of germination percentages: (1) warm incubation (W), and (2) warm + cold + warm incubation (W + C + W). The remaining three dishes prepared for each species were immediately cold stratified for 20 weeks before 6 weeks of warm incubation. The number of germinated seedlings during this trial gave the third set of germination percentages: (3) cold + warm incubation (C + W).

Data analysis

Community composition

The qualitative data on community composition including all photosynthesizing organisms (vascular plants, bryophytes and macrolichens) from the 19.1 m² plots were analyzed using nonmetric multidimensional scaling (NMS) (McCune and Grace 2002). We ran 1,000 NMS trials with one, two, and three dimensions. The one-dimensional solution explained 86% of the variation in the original plot-by-plot distance matrix (using Sørensen dissimilarity), whereas the two-dimensional NMS explained 94% of the variation. The one-dimensional NMS and the first axis of a DCA ordination were nearly identical ($r^2 = 0.99$), providing strong evidence of a single major vegetation gradient in the studied sites, and we decided to use the one-dimensional NMS to represent

Table 1 Germination percentages of the species in the seed addition experiment, ranked by germination capacity

| Growth form | Common habitats | W | W + C + W | C + W | Disturbed | Undisturbed |
|-------------|-----------------|---|-----------|-------|-----------|------------|
| **High germination rates of fresh seeds** |
| Cerastium alpinum | f | P, S, H | 100 | 100 | 99 | 25.3 | 1.8 |
| Deschampsia flexuosa | g | R, H | 97 | 97 | 91 | 25.6 | 2.1 |
| Festuca ovina | g | R, H | 94 | 94 | 96 | 19.3 | 3 |
| Salix herbacea | dd | H | 93 | 93 | 81 | 0.3 | 0 |
| Vaccinium myrtillus | dd | R, H | 52 | 53 | 58 | 5.6 | 0.4 |
| Silene acaulis | f | L, P | 60 | 64 | 78 | 37.5 | 3.7 |
| Dryas octopetala | dd | L, P | 44 | 51 | 51 | 10 | 4 |
| **Increased germination after cold stratification** |
| Salix glauca | s | R, S | 18 | 87 | 86 | 3.3 | 0 |
| Betula nana | dd | R | 43 | 70 | 68 | 9.3 | 0.4 |
| Sibbaldia procumbens | f | H | 1 | 68 | 0 | 7 | 0.6 |
| Gnaphalium supinum | f | H, S | 21 | 47 | 14 | 3.4 | 0 |
| **Germination failed in incubators** |
| Empetrum hermaphroditum | ed | P, R | 0 | 0 | 0 | 0.5 | 0 |
| Vaccinium uliginosum | dd | L, P, R | 0 | 0a | 0a | 17.5 | 1.4 |
| Vaccinium vitis-idaea | ed | R | 0 | 0a | 0a | 14.4 | 0.2 |
| **Average** |
| 45 | 59 | 51 | 12.8 | 0.9 |

Germination percentages shown are those observed when the species was tested in vitro after 6 weeks of warm incubation (W) followed by 20 weeks of cold stratification and another 6 weeks of warm incubation (W + C + W). The third column gives germination percentages of seeds that had 20 weeks of cold stratification followed by 6 weeks of warm incubation (C + W). The last two columns give average germination percentages in disturbed and undisturbed vegetation calculated from the maximum number of emerged seedlings in each plot, observed after sowing in the field. The growth form and the common habitats for each species are indicated

- Growth form: dd deciduous dwarf shrub, ed evergreen dwarf shrub, f forb, g graminoid and s shrub. Common habitats: H herb dominated, L lichen heath, P poor dwarf shrub dominated heath, R rich dwarf shrub dominated heath, S Salix scrub
- a Seeds were attacked by fungi during the treatments
the dominant gradient. Spearman rank correlation was used to investigate the relationships between NMS-1, measured environmental variables, and seedling densities and mortalities.

Spontaneous recruitment

The effects of seed rain density and environmental variability on the density of spontaneous seedlings were tested using a multiple linear regression. Seedling density was log-transformed to obtain normally distributed errors. We used NMS-1 as a proxy for the primary environmental gradient in our study, acknowledging the multivariate nature of this gradient with a large number of highly correlated climatic and soil variables (see “Results”).

Experimental recruitment

To investigate the critical stages in recruitment, we divided the process into four stages: (1) seedling emergence; (2) summer mortality; (3) winter mortality; and (4) second-year emergence. We used Pearson product moment correlation to evaluate which of these stages contributed the most to determining the between-plot variation in final recruitment. The low number of germination events in the undisturbed plots prevented quantitative analysis, so only data from disturbed plots were included. For the same reason, correlation analyses between environmental variables and recruitment, emergence and mortalities in the plot were only conducted for disturbed plots.

The seedling recruitment (defined as the number of individuals that emerged from added seeds and then survived until July 2007, i.e., 22 months after sowing) in the experimental microplots was examined in response to three sources of variation: (1) the position of the plot along the studied environmental gradient (NMS-1); (2) the species sown (Table 1); and (3) the disturbance factor (intact or disturbed vegetation). We also tested for interactions between treatments as indicators of non-neutral processes. An interaction between disturbance and NMS-1 would indicate net facilitation or net competition, whereas an interaction between species and NMS-1 or disturbance would indicate that the species had different regeneration niches (Grubb 1977). We analyzed recruitment using a GLM with Poisson-distributed errors. The individual terms were added sequentially, with the term explaining most variation added first. The significances of all individual and interaction terms were tested using 20-fold cross-validation (Ripley 1996). Candidate variables that did not improve the cross-validated prediction of the model (evaluated by Pearson product moment correlation between predicted and observed recruitment) were considered nonsignificant.

E. hermaphroditum and Salix herbacea were omitted from this analysis since recruitment was too low (2–3 individuals recruited across the whole experiment).

Differences in temperature and ion supply rates between disturbed and undisturbed subplots (variables that were measured in both subplot types) were analyzed using the Wilcoxon signed rank comparison for paired observations.

Nomenclature follows Krok and Almquist (1994). PC-Ord v.4.41 (McCune and Mefford 1999) was used for ordination and S-Plus 2000 (MathSoft 1999) was used for plotting, GLM, ANOVA, and correlation.

Results

The environmental gradient

The gradient described by the NMS-1 placed lichen heath at one end of the axis, followed by poor heath, rich heath, herb field, and Salix scrub. NPP estimates of vascular plants ranged from 18 g m$^{-2}$ in lichen heath to 670 g m$^{-2}$ in Salix scrub, and NMS-1 was strongly associated with this gradient ($\rho = 0.80$, $P = 0.0006$), with peak values for the Salix scrub, but also with a small secondary hump in the middle of the axis, resulting from the relatively high NPP of rich dwarf shrub heath (see the Electronic supplementary material, ESM). Cryptogam standing crop was inversely related to the gradient ($\rho = -0.64$, $P = 0.0070$), ranging from 29 g m$^{-2}$ in Salix scrub to 221 g m$^{-2}$ in lichen heath. Minimum winter temperature 2 cm below the soil surface ranged from −23°C on wind-swept ridges with lichen heath to just below zero in herb field and Salix scrub. Soil depth ($\rho = 0.63$, $P = 0.0078$), Ca supply rate ($\rho = 0.65$, $P = 0.0054$), and winter minimum temperature ($\rho = 0.87$, $P = 0.0016$) all increased along the gradient (ESM 1). Soil pH was typically around 4 in heath and between 5 and 7 in the Salix scrub and herb field. Based on this interpretation, we refer to NMS-1 as the environmental gradient in the following, acknowledging that vegetation composition and productivity as well as soil moisture, available nutrients, pH, soil volume, and microclimate all correlate with and contribute to this complex gradient. The ESM 2 shows the distribution of biomass among the ten most abundant species in each community.

Seed rain and spontaneous seedlings along the gradient

The density of spontaneous seedlings was closely correlated with the environmental gradient and ranged from 42.7 seedlings per m$^2$ at the productive end of the gradient to 1.3 at the unproductive end. The seed rain was highest in the herb field and Salix scrub (Fig. 2a). The number of
The importance of disturbance, environmental gradient and sown species for recruitment

The GLM of recruitment from added seeds, as a function of disturbance, species and environment, revealed that significant effects were associated with each explanatory factor (Table 2). Disturbance had by far the strongest effect, with 34 times as many seedlings emerging on average after disturbance. There were also strong effects of species (11.8 times more seedlings for *Deschampsia flexuosa* than for *Dryas octopetala*) and NMS-1 (4.5-fold increase in seedling numbers from the unproductive to the productive end of the gradient). Despite slightly lower residual deviance and AIC (Akaike information criterion) values, none of the interactions improved the cross-validated predictions of the model. Therefore, we were unable to find a significant change in the effect of disturbance along the environmental gradient (such a change would have indicated a change in facilitation/competition along the gradient), and also no significant species-specific variation in the patterns of recruitment along the gradient (which would have indicated species-specific regeneration niches).

We observed overdispersion in data, and were also concerned about zero inflation. Both model violations may explain why the cross-validation test appeared to be more conservative in model complexity than AIC and residual deviance. To check that model coefficients were reliable, we performed both a GLM and a zero-altered model assuming a negative binomial distribution (Zuur et al. 2009). However, the predictions of these models were not superior to the selected GLM, and they produced very similar results, with model coefficients correlating strongly with the reported set ($r = 0.98$ and $r = 0.96$, respectively).

Spontaneous and experimental seedling densities from undisturbed vegetation were not significantly correlated, possibly due to the very low number of experimental seedlings in the undisturbed vegetation. However, seedling density in disturbed subplots was positively correlated with spontaneous seedling density ($r = 0.72$, $P = 0.0025$).

Generally, the correlations between environmental variables and recruitment in the disturbed subplots mirrored the correlations with NMS-1. In particular, soil depth, snowmelt timing, winter temperatures, and the supply rates of Ca and Cu were positively correlated with both natural and sown seedling emergence (all $p > 0.6$, $P < 0.05$). Nitrate and ammonium supply rates appeared to exert opposite effects on spontaneous recruitment, with nitrate having a positive effect ($p = 0.49$, $P = 0.038$) and ammonium a negative effect ($p = -0.49$, $P = 0.037$). Nitrate was also positively correlated with the emergence of sown seeds ($p = 0.60$, $P = 0.011$) but not with recruitment after 2 years ($p = 0.36$, $P = 0.12$). In general,
Sibbaldia procumbens germination rates (47–100% in at least one treatment). V. uliginosum laboratory screening of seed germinability showed the decisive phase in early recruitment between the two subplot types. These factors, so they could not explain the differences in recruitment between the two subplot types. However, the differences caused by disturbance were relatively small compared to the between-plot variations in microclimate. Significant differences in microclimate between disturbed and undisturbed subplots were found. Disturbed subplots had more pronounced temperature extremes and significantly increased supply rates of Ca, Fe and S. The highest mortality was recorded for D. flexuosa (25%), Fig 3g) and D. octopetala (61%). For D. octopetala and S. acaulis, the mortality was particularly high at the most productive end of the gradient (Fig. 3a,b). D. flexuosa (25%, Fig 3g) and Festuca ovina (45%, Fig. 3i) exhibited the lowest mortalities. Significant differences in microclimate between disturbed and undisturbed subplots were found. Disturbed subplots had more pronounced temperature extremes and significantly increased supply rates of Ca, Fe and S. However, the differences caused by disturbance were relatively small compared to the between-plot variations in these factors, so they could not explain the differences in recruitment between the two subplot types.

The decisive phase in early recruitment

Laboratory screening of seed germinability showed (Table 1) that all species, except for E. hermaphroditum, V. uliginosum and V. vitis-idaea, had relatively high germination rates (47–100% in at least one treatment). Sibbaldia procumbens needed warm + cold + warm stratification before germination occurred. The lack of in vitro germination of the two Vaccinium species could be attributed to fungal attack during the required stratification treatment (Baskin et al. 2000), and experimentally sown seed did indeed germinate under field conditions.

Emergence from sown seeds was relatively common in the disturbed subplots (average emergence = 12.8%) and all sown species emerged in at least one microplot. In undisturbed plots, 12 out of 14 species emerged in at least one undisturbed microplot during the course of the experiment but the emergence was much lower, averaging 0.9% (Table 1).

Of all sown seeds, 7.2% were subsequently recorded as being “recruited”. The most successful recruitment in disturbed microplots was observed for S. acaulis (26.5%), Cerastium alpinum (19.1), and D. flexuosa (17.2% of all sown seeds). V. uliginosum and V. vitis-idaea showed intermediate emergence percentages (17.6 and 14.3%, respectively; the numbers for recruitment were 12.4 and 11.6 for these species) in the field, despite their failure to germinate in vitro, whereas S. glauca and S. herbacea showed very poor performance in the field despite good germination in vitro. Hence, the germinability of the seeds used is not likely to have affected the recruitment patterns significantly. Note that the break in dormancy requirement for S. procumbens was clearly seen in its emergence pattern in the field (Fig. 3h).

In contrast to the recruitment in disturbed vegetation, the mean recruitment in undisturbed subplots in the second year was only 0.2%, and only C. alpinum, D. flexuosa and F. ovina were still present at that time.

We analyzed the contributions of four temporal stages (first-year emergence, % summer mortality, % winter mortality and second-year emergence) to second-year recruitment in disturbed subplots. Correlation with final recruitment was significant for all stages ($R = 0.86, -0.63, -0.27$, and 0.70, respectively). Summer mortality reinforced the environmental gradient patterns in germination (correlation with NMS1: $R = -0.58, P = 0.014$), whereas

| Variable                  | df | Explained deviance | Residual deviance | AIC | Cross-validated $r^2$ |
|---------------------------|----|--------------------|-------------------|-----|----------------------|
| Intercept                 | 1  |                    |                   |     |                      |
| Disturbance               | 1  | 672                | 1270              | 1274| 0.168                |
| + Species                 | 11 | 254                | 1016              | 1042| 0.245                |
| + NMS-1                   | 1  | 100                | 916               | 944 | 0.297                |
| +Species × NMS-1          | 11 | 112                | 804               | 854 | 0.287                |
| +Species × disturbance    | 11 | 28                 | 888               | 938 | 0.293                |
| +NMS-1 × disturbance      | 1  | 7                  | 909               | 939 | 0.296                |

The effects of the interaction terms were evaluated individually, one at a time, in the basic model. The consumed degrees of freedom (df), the explained deviance, the residual deviance after adding the variable, and the cross-validated $r^2$ from a correlation between cross-validated predictions and observed recruitment are provided.
winter mortality worked in the opposite manner \( (R = 0.43, P = 0.13) \), with the highest mortality occurring at the productive end of the gradient (see also above).

**Discussion**

By combining background seed rain density, spontaneous seedling density and experimental seed addition along a gradient in environmental severity, we were able to disentangle the effects of important environmental factors on patterns of seedling recruitment. High between-community variation in seed rain density was demonstrated. Spontaneous seedling density corresponded to as little as 0.25\% of the natural seed rain. Seed addition markedly increased recruitment, which is not surprising given that seed rain enhancement corresponded to an up to several thousand-fold increase in natural seed rain (Duncan et al. 2009).

The results demonstrate in several ways the great importance of the microsite for recruitment. The tight correlation found between natural seed rain density and natural seedling emergence could lead to the misconception that seed rain patterns govern recruitment patterns. However, experimentally sowing a constant number of seeds all along the gradient did not change seedling density patterns. Hence, the relationship between seed rain and seedling densities was not causal. Communities with high seed rain density had vegetation with more important forbs

Fig. 3 Percentage of seedlings (mean ± SE) observed in seed addition microplots in each community. Black bars are the maximum percentage of all sown seeds emerging during the first growing season, gray bars show the percentage of all sown seeds surviving to the end of the first growing season, and white bars indicate the percentage of all sown seeds surviving to the second growing season. The species are ordered with respect to their occurrence along the environmental gradient: a Silene acaulis and b Dryas octopetala occurring mostly in the least productive, and i Festuca ovina and j Cerastium alpinum occurring at the most productive end of the gradient. Only 10 of the 14 species are shown; there was very little recruitment of the other four species.
and grasses and greater lee effects, which, taken together, provides a good explanation for the higher seed deposition (Chambers 1995a, b; Aguiar and Sala 1997). Welling and Laine (2002) found that seed rain is higher in alpine meadows than in heaths, but the soil seed banks tended to be depleted under meadows, whereas they build up under heaths. This confirms that lack of recruitment in the heath communities is not caused by seed limitation per se. The tiny fraction of seedlings recruiting compared to seeds deposited in traps (0.25%) gives yet another indication of the overwhelming importance of the microsite. Removing vegetation and litter layers increased the number of seedlings recorded in the plots from 0.9% in undisturbed to 11% of all sown seeds in the disturbed sites, again pointing to the high importance of microsite limitation.

While studies have shown that gaps are important for recruitment in alpine and arctic communities (Chambers 1995a, b; Suzuki and Kudo 2005; Gough 2006; Olofsson and Shams 2007), others have found that seedling emergence and survival is limited on bare soils (Bell and Bliss 1980; Niederfriniger-Schlag and Erschbamer 2000). We expected that the effects of disturbance on recruitment would vary along the environmental gradient, with positive effects of disturbance in more productive sites and negative or neutral effects in low-productivity sites (Grime 1979; Foster et al. 2004). We found no such interaction in our study of the early stages of seedling recruitment.

The importance of disturbance along the entire gradient does, however, indicate that the vegetation and/or litter may limit recruitment. The disturbance induced simultaneous changes in microclimate, light conditions and nutrient availability after removal of the vascular plants, cryptogams and litter, but these changes were minor compared to the natural variation along the gradient and could not explain the large effect of disturbance on recruitment. Litter and moss layers may facilitate seedling establishment, as they provide shelter and humidity, but in small seeded species these layers often constitute a physical barrier for the seeds to overcome before reaching the soil (Sayer 2006; Jeschke and Kiehl 2008). Given the high importance of the emergence phase, we suggest that poor soil contact is an important limitation on seedling establishment in these ecosystems.

We did not find significant interactions indicating differentiation in regeneration niches between species. Some species were indeed more successful than others, but overall recruitment was favored by disturbance and constrained by environmental severity. We saw high mortality of high alpine species such as S. acaulis and D. octopetala in the more productive Salix scrub (Fig. 3a, b). Species filtering that was not yet statistically detectable may have started during the second year.

Studies on arctic and alpine seedling recruitment often stress the detrimental effects of harsh winter climate (Körner 2003). Wager (1938) demonstrated that, for arctic plants, about 50% of individuals that are <5 years old die each year, and most seedling survival studies demonstrate decreasing mortality with plant age (Kitajima and Fenner 2000). In accordance with this, around 50% of the emerged seedlings died during the first year in the present study. We were surprised to find that high winter mortality occurred in the less severe, sheltered sites with abundant snow cover and winter temperatures just below zero. Venn and Morgan (2009) also recorded high winter mortality in plots with high seedling emergence, and suggest that the seedlings had not attained critical carbohydrate thresholds to survive the winter. Other reasons for the high winter mortality may have been physical damage due to movement and compression of the snow or periodical waterlogging. We saw no sign of herbivory in our plots, but fungal attack may have killed seedlings, as abundant snow mold was observed on the vegetation in sites with prolonged snow cover. Soil-borne pathogens may cause high mortality where seedling density is high, since dormant spores of soil-borne fungi germinate preferentially under hydrological regimes similar to those promoting the germination of their host plants (Kitajima and Fenner 2000).

Since the recruitment response along the environmental gradient was clear and similar for both disturbed (experimental seeding) and undisturbed (spontaneous seedlings) vegetation, it is unlikely that the factors driving the recruitment reside in the standing vegetation itself. Rather, our findings suggest that the observed differences are associated with abiotic variation correlated with the vegetation, such as soil moisture, as suggested in other studies (Bell and Bliss 1980; Elberling 2000; Niederfriniger-Schlag and Erschbamer 2000; Welling and Laine 2002; Forbis 2003). Further, we wish to draw attention to the correlation with winter conditions and the high importance of the very early emergence phase during recruitment. High winter temperatures help to break seed dormancy in tundra species (Milbau et al. 2009), and sites with high snow cover stay moist for longer times during the germination phase, providing the right cold stratification conditions (Shimoto and Kudo 2005).

While the variation in seed rain and seed banks is of obvious importance for vegetative transitions in changing environments, this is the first study to combine data on natural and manipulated seed availabilities and to demonstrate the very high importance of disturbance and microsite environment for recruitment. From a climate change perspective, changes in herbivore densities that cause important disturbances and changes in snow depths in the microenvironment may greatly influence seedling establishment/recruitment. Though the present study only
examine the first 22 months after sowing, the observed strong filtering effect of early seedling establishment on final recruitment may have important implications for population dynamics, vegetative transitions and plant migration. The importance of arrival time and the ability to germinate rapidly has been stressed as being an important influence on the final community composition in sowing experiments running for up to 3 years (Ejrnæs et al. 2006; Körner et al. 2008). However, other factors may act as strong filters affecting community composition at later life stages, and long-term studies are needed to test whether the variation in early recruitment observed in our study has the capacity to drive succession.

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