Genetic polymorphisms in ALDH2 are associated with drug addiction in a Chinese Han population

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ABSTRACT

We investigated the association between single nucleotide polymorphisms (SNPs) in ALDH2, which has been associated with alcohol dependence and several types of diseases, and the risk of drug addiction in a Chinese Han population. In a case-control study that included 692 cases and 700 healthy controls, eight SNPs in ALDH2 were selected and genotyped using the Sequenom MassARRAY platform. Odds ratios (ORs) and 95% confidence intervals (CIs) were calculated using unconditional logistic regression after adjusting for age and gender. We determined that rs671 is significantly associated with a 1.551-fold increased drug addiction risk (95% CI = 1.263-1.903; \( p < 0.001 \)). In the genetic model analysis, we found that rs671 is associated with an increased risk of drug addiction under additive, dominant and recessive models \( (p < 0.001) \), while rs886205, rs441 and rs4646778 displayed a decreased drug addiction risk under additive and recessive model, respectively \( (p < 0.05) \). SNP rs671 remained significant after Bonferroni correction \( (p<0.00125) \). Additionally, we observed that haplotype “GTCAC” was associated with increased drug addiction risk \( (OR = 1.668; 95\% CI, 1.328–2.094, \( p < 0.001 \)) \); in contrast, “ATCGC” was a protective haplotype for drug addiction risk \( (OR = 0.444; 95\% CI, 0.281–0.704, \( p < 0.001 \)) \). Our findings showed that ALDH2 polymorphisms are significantly associated with the risk of drug addiction in the Chinese Han population.

INTRODUCTION

Drug addiction is widespread in the world. The number of drug addicts is increasing every year. Previous study have suggested that the drug addiction is a multifactorial process which is influenced by many factors, such as impulsivity, risk taking, anxiety, depression and stress responsivity as well as gene variation [1, 2]. Among these factors, environment factors and curiosity were considered as the most important reason for initial drug use; however, recent study shown that the contribution of inherited factors (mainly genetic) to development of drug addictions is approximately 50% [3].

Aldehyde dehydrogenase 2 (ALDH2) is a key enzyme in the oxidation process of acetaldehyde to acetate. Genome wide association studies have demonstrated that genetic polymorphisms in ALDH2 are associated with many alcohol-related conditions [4-6], which has led to studies of the association between ALDH2 and various cancers and disease. For example, rs671 in ALDH2 was found to be associated with accelerated deterioration of bone marrow in Japanese anemia patients [7]. Rs886205 in ALDH2 has been identified as a risk marker for esophagus cancer in African populations [8]. However, few studies have investigated the association between genetic polymorphisms in ALDH2 and the risk of drug addiction.

To investigate the association between ALDH2 and drug addiction risk, we genotyped eight variants in ALDH2 associated with alcohol dependence and performed a comprehensive association analysis to identify SNPs...
associated with drug addiction risk in a Chinese Han population.

RESULTS

This study included 692 drug addicts (594 men, 98 women; mean age 44.66±6.12 years) and 700 healthy controls (393 men, 307 women; mean age 48.53±9.44 years). The clinical characteristics of cases and controls are shown in Table 1. Age (p<0.001) and sex (p<0.001) were significantly different between cases and healthy controls. Multivariate analyses were adjusted for age and sex.

The minor allele frequencies (MAFs) of the analyzed SNPs in the case and control groups are shown in Table 2. All SNPs were in Hardy-Weinberg equilibrium (HWE) in the controls (p>0.05) with the exception of rs2238152, rs4648328 and rs7296651, which were excluded from subsequent analyses. Using chi-square tests, we determined that rs671 was significantly associated with a 1.551-fold increased drug addiction risk (95% CI = 1.263-1.903; p<0.001), which remained significant after Bonferroni correction (p<0.00125).

Table 2: Allele frequencies in cases and controls and odds ratio estimates for drug addiction

| SNP ID    | Gene    | Band  | Alleles A/B | MAF Case | MAF Control | HWE p-value | ORs  | 95% CI    | p-value |
|-----------|---------|-------|-------------|----------|-------------|-------------|------|-----------|---------|
| rs886205  | ALDH2   | 12q24.12 | A/G        | 0.118    | 0.140       | 0.084       | 0.825 | 0.661-1.031 | 0.091   |
| rs2238152 | ALDH2   | 12q24.12 | T/G        | 0.278    | 0.282       | 0.024*      | 0.980 | 0.830-1.157 | 0.813   |
| rs4648328 | ALDH2   | 12q24.12 | T/C        | 0.277    | 0.285       | 0.041#      | 0.963 | 0.817-1.136 | 0.658   |
| rs441     | ALDH2   | 12q24.12 | C/T        | 0.277    | 0.284       | 0.052       | 0.966 | 0.819-1.141 | 0.689   |
| rs4646778 | ALDH2   | 12q24.12 | A/C        | 0.278    | 0.284       | 0.051       | 0.970 | 0.822-1.145 | 0.720   |
| rs671     | ALDH2   | 12q24.12 | A/G        | 0.190    | 0.131       | 0.619       | 1.551 | 1.263-1.903 | <0.001* |
| rs11066028| ALDH2   | 12q24.12 | A/C        | 0.095    | 0.094       | 0.501       | 1.013 | 0.785-1.036 | 0.922   |
| rs7296651 | ALDH2   | 12q24.12 | C/G        | 0.121    | 0.144       | 0.021*      | 0.814 | 0.653-1.014 | 0.066   |

MAF, minor allelic frequency; HWE, Hardy-Weinberg Equilibrium; ORs, odds ratios; CI: confidence interval.

The genotype frequencies of the ALDH2 polymorphisms were shown in Table 3. Compared with the “CC” genotype, the “AC” frequency of rs4646778 polymorphism among cases were significantly different from the controls (AC vs. CC: OR=1.269, 95% CI = 1.269-2.133; p<0.001), which remained significant after Bonferroni correction (p<0.00125).

We further assessed the association between each SNP and drug addiction risk in an unconditional logistic regression analysis, which was performed using three models: additive, dominant and recessive model (Table 4). The minor allele A of rs886205 was associated with a decreased drug addiction risk under additive model (OR=0.782, 95% CI = 0.613-0.998; p=0.048). The minor
Table 3: Genotypes distribution of SNPs and their associations with the risk of drug addiction

| SNP ID | Alleles A/B | genotype | No. (frequency) | Logistic regression |
|--------|-------------|----------|----------------|---------------------|
|        |             |          | Case (%)       | Control (%)         | OR(95% CI) | p*      |
| rs886205 | A/G | GG       | 537(77.6)     | 512(73.1)          | 1          |         |
|         |       | AA       | 9(1.3)        | 8(1.1)             | 0.696(0.255-1.902) | 0.479    |
|         |       | AG       | 146(21.1)     | 180(25.8)          | 0.770(0.587-1.008) | 0.057    |
| rs441   | C/T  | TT       | 347(50.1)     | 369(52.7)          | 1          |         |
|         |       | CC       | 39(5.7)       | 67(9.6)            | 0.655(0.414-1.036) | 0.070    |
|         |       | CT       | 306(44.2)     | 264(37.7)          | 1.262(0.994-1.602) | 0.056    |
| rs4646778 | A/C | CC      | 346(50.1)     | 369(52.8)          | 1          |         |
|         |       | AA       | 39(5.6)       | 67(9.6)            | 0.657(0.415-1.040) | 0.073    |
|         |       | AC       | 306(44.3)     | 263(37.6)          | 1.271(1.001-1.614) | 0.048*   |
| rs671   | A/G  | GG       | 452(65.3)     | 526(75.1)          | 1          |         |
|         |       | AA       | 23(3.3)       | 10(1.4)            | 2.638(1.180-5.899) | 0.018*   |
|         |       | AG       | 217(31.4)     | 164(23.5)          | 1.646(1.269-2.133) | < 0.001* |
| rs11066028 | A/C | CC      | 568(82.1)     | 573(81.9)          | 1          |         |
|         |       | AA       | 7(1.0)        | 4(0.6)             | 1.409(0.392-5.509) | 0.569    |
|         |       | AC       | 117(16.9)     | 123(17.5)          | 0.935(0.692-1.263) | 0.662    |

a: Minor alleles, OR: Odds ratio, CI: Confidence interval; 
*a*: p value were calculated by unconditional logistic regression adjusted by gender and age; 
*: p ≤ 0.05; Bonferroni’s multiple adjustment was applied, with p<0.00125.

Table 4: Association between SNPs and drug addiction in multiple inheritance models

| SNP ID | Minor allele | Additive model | Dominant model | Recessive model |
|--------|--------------|----------------|----------------|----------------|
|        |              | OR   | 95% CI     | p-value | OR   | 95% CI     | p-value | OR   | 95% CI     | p-value |
| rs886205 | A             | 0.782 | 0.613-0.998 | 0.048* | 0.765 | 0.587-0.997 | 0.047 | 0.740 | 0.271-2.018 | 0.556 |
| rs441   | C             | 0.996 | 0.831-1.195 | 0.969 | 1.144 | 0.911-1.437 | 0.247 | 0.591 | 0.378-0.924 | 0.021* |
| rs4646778 | A            | 1.000 | 0.834-1.200 | 0.996 | 1.151 | 0.917-1.446 | 0.226 | 0.592 | 0.378-0.923 | 0.021* |
| rs671   | A             | 1.640 | 1.307-2.057 | < 0.001* | 1.706 | 1.325-2.196 | < 0.001* | 2.293 | 1.030-2.106 | 0.042* |
| rs11066028 | A          | 0.977 | 0.741-1.287 | 0.867 | 0.953 | 0.710-1.281 | 0.752 | 1.486 | 0.397-5.568 | 0.556 |

ORs, odds ratios; CI: confidence interval. 
*p value ≤ 0.05; Bonferroni’s multiple adjustment was applied, with p<0.00125.

alleles C of rs441 and A of rs4646778 also displayed significantly decreased drug addiction risk under recessive model (rs441: OR=0.591, 95% CI = 0.378-0.924; p = 0.021; rs4646778: OR=0.592, 95% CI = 0.378-0.923; p = 0.021). Additionally, the minor allele A of rs671 displayed a remarkable increased drug addiction risk under additive model (OR=1.640, 95% CI = 1.307-2.057; p < 0.001), dominant model (OR=1.706, 95% CI = 1.325-2.196; p < 0.001) and recessive model (OR=2.293, 95% CI = 1.030-2.106; p = 0.017). However, only rs671 remained significant in the additive and dominant model after Bonferroni correction (p<0.00125).

We further characterized the SNPs in *ALDH2* SNPs using linkage disequilibrium (LD) and haplotype analyses. In the control group, one LD block was detected (Figure 1). This block consisted of 5 closely linked SNPS, rs886205, rs441, rs4646778, rs671 and rs11066028. Finally, a haplotype-based association study was performed to show the associations between *ALDH2* haplotypes and drug addiction risk (Table 5). The haplotype “GTCAC” was associated with increased drug addiction risk (OR = 1.668; 95% CI, 1.328-2.094, p < 0.001); in contrast, haplotype “ATCGC” was associated with decreased drug addiction risk (OR = 0.444; 95% CI,
Both of the haplotypes remained significant after Bonferroni correction ($p<0.00125$).

**DISCUSSION**

In this study, we investigated the associations between eight selected *ALDH2* SNPs and risk of drug addiction in the Chinese Han population. We found that rs671 is significantly associated with an increased risk of drug addiction, while rs886205, rs441 and rs4646778 displayed decreased drug addiction risk. Our results suggest that the polymorphisms of *ALDH2* may play an important role in the risk of drug addiction in the Chinese Han population.

The *ALDH2* gene is located on chromosome 12. Rs671 (Glu504Lys) is a functional SNP in *ALDH2*, which could decrease the normal dehydrogenase activity of ALDH2 by approximately 90% [9, 10]. Previous study has shown that rs671 is associated with the risk of upper aerodigestive tract cancers in a Japanese population [11]. Later, Chinese study shown that individuals with the rs671 A allele may experience increased coronary heart disease risk because of interfering HDL-C and endothelial ADMA concentrations [12]. Recently, another study demonstrated that rs671 polymorphism may influence post-stroke epilepsy susceptibility by affecting plasma 4-HNE levels [13]. In our study, we found that “AG” and “AA” genotypes of rs671 are significantly associated with an increased risk of drug addiction. As a result, we concluded that carriers of the allele “A” of *ALDH2* rs671 may have low activity of ALDH2 enzymes and reduced metabolism, resulting in increased plasma concentration and delayed clearance of drugs. As far as we know, our study is the first to demonstrate that rs671 affect the development of drug addiction. Therefore, further research with a larger sample size is needed to confirm our data.

Rs886205 (A>G) is an SNP in the promoter of *ALDH2*, which has been identified as a risk marker for esophageal squamous cell carcinoma in several Western populations [8]. Furthermore, one recent study has reported that rs886205 is associated with altered methylation levels of the negative regulatory promoter fragment and corresponding ALDH2 protein levels in alcohol-dependent patients’ blood during withdrawal [14]. Our data shown that rs886205 is associated with a decreased risk of drug addiction. We concluded that it may be associated with drug addiction by influencing the adaptation of ALDH2 protein levels during detoxification.

Previous study have reported that rs4646778 polymorphism may influence the methadone dose and adverse reactions in patients with heroin addiction [15]. In our study, we also found that rs4646778 and rs441
displayed a decreased risk of drug addiction. However, literatures about rs4646778 and rs441 are relatively rare. So these results should be confirmed in further studies.

The Bonferroni correction is one of the most important methods used to address false discovery rates resulting from multiple testing. We found that only rs671 remained significant after Bonferroni correction, this may due to our strict SNP filtering criteria and small sample size. Additionally, the Bonferroni correction adjusts the value of alpha based on the number of tests performed, and is thus conservative; in some cases, truly significant differences may be deemed non-significant as a result of type II errors [16].

Our study had several intrinsic limitations. For example, drug addiction is a very complicated process, and environment factors such as level of education and income are important risk factors for drug addiction. Because our study had a relatively small size, and it did not incorporate data regarding education and income, we could not explore the interactions between genetic polymorphisms and environmental factors in drug addicts. Therefore, the relationship between \textit{ALDH2} polymorphisms and environment factors in drug addicts must be evaluated in future studies.

Our present study provided evidence that SNPs in the \textit{ALDH2} are associated with drug addiction in a Chinese Han population. It is possible that these variants are drug addiction risk factors and these data can provide a theoretical foundation for other researchers to further study the association between the \textit{ALDH2} gene and drug addiction risk in the Chinese Han or other populations.

### MATERIALS AND METHODS

#### Subjects

In this study, all subjects were restricted to genetically unrelated Han Chinese individuals. A total of 8601 individuals were included in the study. After excluding patients with comorbidities or with incomplete data, the final dataset consisted of 8519 individuals. All subjects were required to provide informed consent before enrollment. The study was approved by the Ethics Committee of the Second Xiangya Hospital, Central South University.

#### Table 5: \textit{ALDH2} haplotype frequencies and the association with drug addiction risk

| Block ID | Haplotype | Freq(case) | Freq(control) | $\chi^2$ | Pearson’s $p$ | OR | 95% CI | $p$-adj |
|----------|-----------|------------|---------------|--------|--------------|----|--------|--------|
| 1 | ATCGA | 0.095 | 0.091 | 0.128 | 0.72 | 0.999 | 0.756 | 1.32 | 0.996 |
| | GTCAC | 0.190 | 0.129 | 19.65 | <0.001* | 1.668 | 1.328 | 2.094 | <0.001* |
| | GCAGC | 0.278 | 0.283 | 0.101 | 0.7511 | 1.003 | 0.836 | 1.202 | 0.977 |
| | ATCGC | 0.024 | 0.049 | 12.76 | <0.001* | 0.444 | 0.281 | 0.704 | <0.001* |
| | GTCGC | 0.414 | 0.445 | 2.726 | 0.0987 | 0.859 | 0.731 | 1.009 | 0.065 |

OR: odd ratio; CI: confidence interval.
$p$-adj: $p$-value was adjusted by sex and age.
*p value ≤ 0.05; Bonferroni’s multiple adjustment was applied, with $p<0.00125$.

#### Table 6: Primers used for this study

| SNP_ID   | 1st_PCRP             | 2st_PCRP             | UEP_SEQ                      |
|----------|----------------------|----------------------|------------------------------|
| rs886205 | ACGTTGGATGCTTCG      | ACGTTGGATGCTTCG      | TGGAGCATCAGCCGGG             |
| rs2238152| CTTTGGGTTTACGG       | GACCCCAATGTGAAC      | CCAACCTCAAAGCCAAA            |
| rs4648328| ACGTTGGATGTTTAG      | ACGTTGGATGTTTAG      | TCTCTACCATATCCAGGT           |
| rs441    | GGTGCAGCAGAGA        | ACGTTGGATGCTCTCTTACC | TCTCTACCATATCCAGGT           |
| rs4646778| GGCAACAAGACAC       | ACGTTGGATGCTCTCTTACC | TCTCTACCATCTTTTACCT         |
| rs671    | ACGTTGGATGAGGTC      | ACGTTGGATGAGGTC      | ACAAGACAACTGGGAAT            |
| rs11066028| ACCATAAAGCTATGAC    | ACCATAAAGCTATGAC    | ggccgACACTCACAGTTTACCTT      |
| rs7296651| AGACCCAGATTGCAAGGGA | AGACTCATTGGGCTATAGA | ACATCTTGGGCCTATAACT          |
of 692 unrelated former severe common illicit drug addicts (including opioid, stimulants, and marijuana) were recruited from the First People’s Hospital of Yunnan Province from June 2014 to July 2016, and 700 healthy controls were randomly selected from the same hospital. Subjects were at least 18 years old who had one or more years of daily multiple uses of narcotics and underwent repeated random and observed urine tests. All patients had a clinical diagnosis of drug addiction. All psychiatric axis-I disorders were used as exclusion criteria. In addition, participants were excluded if they had a history of a seizure disorder (except cocaine-induced seizures) or severe medical illness. Individuals currently being treated with psychotropic medications or with psychiatric symptoms, including psychosis, dementia, suicidal or homicidal ideation, mania or depression requiring antidepressant therapy were also excluded.

All of the participants signed an informed consent agreement. The Human Research Committee for Approval of Research Involving Human Subjects, the First People’s Hospital of Yunnan Province, approved the use of human blood in this study.

SNP selection and genotyping

Eight SNPs were chosen from previously published polymorphisms associated with alcohol dependence [17-20], with minor allele frequencies >5% in the HapMap Chinese Han Beijing population. DNA was extracted from whole-blood samples by GoldMag-Mini Whole Blood Genomic DNA Purification Kit (GoldMag Co. Ltd, Xi’an City, China). Quantification of the extracted DNA was performed using NanoDrop 2000 (Thermo Scientific, Waltham, Massachusetts, USA). The multiplexed SNP MassEXTENDED assay was designed using Sequenom MassARRAY Assay Design 3.0 Software [21]. Genotyping was done with the Sequenom MassARRAY RS1000 system using the standard protocol recommended by the manufacturer. Primers of PCR which were used for each SNP in our study are listed in Table 6. Data management and analysis was done using Sequenom Typer 4.0 Software [21, 22].

Statistical analysis

We used Microsoft Excel and the SPSS 18.0 statistical package (SPSS, Chicago, IL, USA) to perform statistical analyses. All p values presented in this study are two sided, and p = 0.05 was considered the cutoff for statistical significance. The differences in the characteristics of the case and control study population were compared using the chi-squared test (for categorical variables) and Welch’s t tests (for continuous variables). In all analyses, the lower frequency allele was considered as the ‘risk’ allele. Control genotype frequencies for each SNP were tested for departure from Hardy-Weinberg equilibrium (HWE) using Fisher’s exact test. The χ² test was used to compare allele and genotype frequencies in cases and controls [23]. In order to assess the association between each genotype and the risk of drug addiction, three models were used, including additive model, dominant model and recessive model. The effects of the polymorphisms on the risk of drug addiction were expressed as odds ratios (ORs) with 95% confidence intervals (95% CIs), computed using unconditional logistic regression analysis with adjustments for age and sex [24]. Finally, the patterns of linkage disequilibrium (LD) and haplotype construction was evaluated by Haploview software package (version 4.2) [25]. All p values were Bonferroni corrected, and statistical significance was set at p<0.00125 (0.05/40).

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CONFLICTS OF INTEREST

The authors have no conflicts of interest to report.

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