Supplementary Materials Table S3. Quality assessments of articles enrolled in the meta-analysis.

| Study           | Selection | Comparability | Outcome | Totals |
|-----------------|-----------|---------------|---------|--------|
|                 | a  b  c  d| e  | f  g  h |        |
| Bartlett 2019   | 1  1  1  0| 2  | 1  1  1 | 8      |
| Christopher 2021| 1  1  1  0| 2  | 1  1  0 | 7      |
| Dodero 2019     | 1  1  1  0| 2  | 1  1  1 | 8      |
| Pedersen 2017   | 1  1  1  0| 1  | 1  0  0 | 5      |
| Zhan 2021       | 1  1  1  0| 1  | 1  1  0 | 6      |
| Zhang 2019      | 1  1  1  0| 1  | 1  0  0 | 5      |

**Selection:** a: Representativeness of the exposed cohort; b: Selection of the non-exposed cohort; c: Ascertainment of exposure; D: Demonstration that outcome of interest was not present at start of study

**Comparability:** e: Comparability of Cohorts on Basis of Design or Analysis Time to Follow-Up

**Outcome:** f: Assessment of outcome; g: Follow-up long enough for outcomes to occur; h: Adequacy of follow-up of cohorts