Evaluation of Quality Raw Cashew (Anacardium occidentale L.) Nuts from Major Cashew Producing Regions of Senegal

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Abstract: Cashew nuts are one of the main cash crops that compete strongly with groundnuts and cotton in Senegal. However, there is no clear scientific evidence to confirm or refute this argument, so this fact is not widely known. This raises a knowledge gap and justifies the need to analyze the nut quality. Raw cashew nut qualities were evaluated using the Out-turn and Principal Component Analysis (PCA) method. Twelve samples of nuts were taken from producers, processors, buyers, and exporters in the four production regions in Senegal. The main quality criteria studied are: Kernel Output Ratio (KOR), Defect Rate (DR), Kernel Yield (KY) and moisture content. The results showed that the highest KOR was recorded in the nuts sourced from Ziguinchor region (45 ± 6 lbs) while the lowest was noted in nuts from Fatick region (38 ± 9). The KORs for the Kolda (42 ± 8 lbs) and Sedhiou (42 ± 5 lbs) regions are similar. The tests indicated a good quality of Senegalese cashew nuts. The average over the whole sample is 42 ± 9 lbs per 80 kg lot compared to international standards which vary from 40 to 50 lbs per 80 kg lot. Kernel yield is 24% compared to 22% applied by the largest manufacturers in Asian and South American countries. Nut Count is 193 ±40 grains per kilogram compared to 190 grains per kilogram applied by some industrial exporters. The average moisture content is 8%, confirming the international standards. The political implication of these results is that in addition to consolidating the quality of the production, it is essential to emphasize the valorization of the kernel through processing in order to create more added value, employment, and wealth for Senegal.

Keywords: Raw, Cashew Nut, Production, Kernel, Quality, KOR, Senegal

1. Introduction

Cashew nuts are now positioned as one of the main cash crops [13], competing strongly with groundnuts and cotton in Senegal. It has enabled a growing number of households to have additional income during the dry season from production activities but also from artisanal processing, especially for women [25].

Out of a world production of 2,200,000 tonnes [24], Senegal accounts for only 0.8%. The country exports the bulk of its production in the form of raw nuts to India, China, and Vietnam and annually processes only 2.92% of its production in-country, i.e. 500 tonnes of nuts [25]. Cashew kernels obtained after shelling are a prestigious product for countries such as India, United States, European Union, China, United Arab Emirates and Australia.

The value chain is carried by thousands of village producers who supply large urban traders, local and foreign exporters through a system of village shops, weekly markets and, above all, collectors who travel through the villages to collect the
nuts. The system also takes into account the cross-border cashew nut traffic along the border with Guinea Bissau, thereby greatly increasing the availability of nuts [12].

The quality of the nuts is an important factor in the marketing of the product [12]. Buyers request a certain quality of nuts with the corollary of a good quality of almonds [23]. The potential buyers who demand this quality control in Senegal are the Indians and the Chinese. Thus, good control of the quality of the nuts makes it possible to better negotiate the price. The actors involved in this quality are the producers, the collectors-buyers, and the processors. According to the study conducted by USAID/SAGIC [30], Fatick region offers the best nut quality, followed by Ziguinchor and Kolda. The introduction of the first varieties improved by the Senegalese Cashew Nut Shelling Project (PASA) in the Fatick region (1980-1990) as well as the intervention of the PFRK (Projet Forestier Rural de Kolda) and PAEFK (Projet d’Appui à l’Entrepreneuriat Forestier de Kolda) projects in Casamance contributed to this quality [29].

Some studies have been carried out in Senegal on cashew nuts [6, 9, 19, 27, 28] but none have focused on the quality of nuts in the major producing areas. Hence, the present study was undertaken to determine and document the quality of the cashew nuts in the large production areas, and, more specifically, to determine the nut count, kernel yield, defect rate, and the KOR (Kernel Output Ratio) per production area.

2. Material and Methods

2.1. Study Area

The study was conducted in the two main cashew nut-producing, agro-ecological zones in Senegal (Figure 1). These are Casamance (regions of Kolda (12°53'00'' N, 14°57'00'' W), Sedhiou (12°42'29'' N, 15°33'25'' W), and Ziguinchor (12°33'40'' N, 16°17'00'' W) and Sine-Saloum (region of Fatick 14°19'00'' N, 16°25'00'' W) [26].

These regions are located in the southern and central part of the country. The average annual rainfall ranges from 700 to more than 1300 mm. Casamance has a Sudano-Guinean climate while the Fatick region is characterized by a semi-arid tropical climate ([2]. The choice of the study area is justified by the fact that 90% of cashew nut production is concentrated in this area [25].

Casamance benefits from significant natural resources that offer development opportunities for the agricultural and agroforestry sectors. It is also an area that was once heavily landlocked and is being rebuilt following an irredentist conflict lasting more than three decades. These specificities deserve special attention.

As for the Fatick region, it highly valued the intervention of PASA and the Cashew Husk Shelling Company of Senegal (SODENAS) in the 1980s. “PASA and SODENAS projects have been very beneficial for the region in terms of providing livelihood for the residents.

Figure 1. Localization of the major cashew producing regions in Senegal Study area.

2.2. Data and Methods

2.2.1. Sample Collection and Preparation

Twelve composite samples of Western Anacardium nuts were sourced from Indian producers, processors, buyers, and exporters in the four production regions in Senegal, based on three samples/region (each sample corresponds to 1 kg, repeated three times for each region). The main quality criteria were investigated:

2.2.2. Quality Evaluation

i. Moisture content

The moisture content was measured using the moisture meter type MS-G suitable for cashew nuts. The instrument is immersed in the sample. The results are obtained by direct reading on the display: percent (%) normal humidity < 100 C
and percent (%) high humidity > 100 C.

**ii. Nut Count**

The nut count, which represents the number of nuts per kilogram, is expressed in nuts/kg. It varies generally between 150 and 240 nuts/kg. The smaller the number, the larger the nuts. To obtain the kernel value, the number of nuts counted in the sample was divided by the weight of the sample (Figure 2).

\[
\text{Nut Count} = \frac{N}{P_1}
\]

where \( P_1 \) = the weight of the sample and \( N \) = the number of nuts in the sample. For the interpretation of the graining values, we used the African Cashew Initiative’s graining appreciation table (Table 1).

### Table 1. Correspondence grain/quality of cashew nuts.

| Number of nuts per kg | Quality assessment          |
|-----------------------|-----------------------------|
| Under 180             | Excellent                   |
| [180-190]              | Very good                   |
| [190-200]              | Good                        |
| [200-210]              | Medium                      |
| [210-220]              | Very average                |
| [220-230]              | Just acceptable             |
| Beyond 230            | Bad                         |

Source: ACA, 2011.

**iii. Defect Rate**

The Defect Rate measures the quantity of nuts in the sample with a defect. To determine the defect rate, all nuts in the sample were cut lengthwise with the hornbill so that two halves with or without defects were obtained. The African Cashew Alliance [1] has classified the nuts into three classes based on the quality of the kernels making it possible to identify those with defects. The blue class represents nuts where only 50% of the nut is accepted and is composed of immature and pricked nuts (Figure 3).

The red class represents nuts where 100% of the nut rejected and is composed of stunted nuts, empty nuts, mottled nuts, moldy nuts, and buttered nuts (Figure 4).

The defect rate is expressed as a percentage = \( \frac{P_3 + P_5}{P_1} \times 100 \) (2)

\( P_1 \) = total weight of the nut sample; \( P_5 \) = weight of the 100% rejected nuts (red class); \( P_3 \) = weight of 50% rejected nuts (blue class).

In general, a sample of nuts with a defect rate greater than 24% is rejected. This calculation is faster and simpler than the Out Turn or the kernel yield calculations, and it gives a first indication of the nuts’ quality.

**iv. Kernel Yield**

The KOR, or kernel yield, is an important parameter that allows the producer or exporter to control the quality of the nuts. It represents the quantity in British pounds (lb) of good kernel that can be included in an 80 kg bag of nuts after shelling. It is expressed in lbs/80 kg bag [26].

For the calculation, the Kernel yield must first be calculated by applying the formulas below with the data obtained from the weighing.

Either:
- \( P_1 \) is the total weight of the nut sample;
- \( P_4 \) is the total weight obtained of the Kernel + skins of the
nuts rejected at 50%;
- P2 is the total weight obtained of the kernel + skins of healthy nuts.

\[
\text{KY (Kernel Yield)} = \frac{(P2 + P4)}{2} / P1 \times 100 \quad (3)
\]

Thus, the yield KY becomes the out-turn or KOR by performing the following conversion:

\[
\text{KOR} = \frac{\text{KY}}{100} \times 80 \times 1/0.45359 \quad (4)
\]

3. Results

3.1. Analysis of Quality Raw by Region

3.1.1. Quality Test for the Fatick Region

The results from Fatick (Table 3) showed that the average kernel weight was 145 ± 16.1 nuts/kg and the defect rate is 13%. Kernel yield is 22%. The region has nuts with an average KOR of 38 ± 9 lbs with a maximum of 45. Humidity varied between 7 and 8%. The combined count test and yield test show excellent kernel yield is noted in the Ziguinchor region. This quality can be classified as appreciable. Nevertheless, the link analysis showed that growers have lower quality nuts due to poor storage conditions after harvest. Better quality nuts are obtained at the processor level (KOR is equal to 45 lbs and KY is equal to 25%).

| Variables | Description |
|-----------|-------------|
| KOR       | Kernel Output Ratio |
| NC        | Number of nuts per kilogram (Nut Count) |
| Humidity  | Amount of water vapour contained in the nuts |
| DR        | Quantity of nuts with a defect (Defect Rate) |
| KY        | Quantity obtained after shelling (Kernel yield) |
| UK        | Useful Kernel |
| Log_ind   | Kolda, Sedhiou, Ziguinchor Fatick |

3.1.2. Quality Test for the Kolda Region

The average grading is 211 ± 32 nuts/kg, the defect and moisture content are 11% and 8.4%, respectively. Kernel yield is 24% with a KOR of 42 ± 8 lbs (Table 4). The combined count test and yield test show a very average quality of the nuts. The number of nuts per kilogram for this region is still high. Contrary to the Fatick region, the best nuts are obtained from the growers (with a KOR of 49 lbs and a KY of 27%).

| Variables | Description |
|-----------|-------------|
| NC        | Number of nuts per kilogram (Nut Count) |
| DR        | Quantity of nuts with a defect (Defect Rate) |
| UK        | Useful Kernel |
| KY        | Quantity obtained after shelling (Kernel yield) |
| Log_ind   | Kolda, Sedhiou, Ziguinchor Fatick |

3.1.3. Quality Test for the Sedhiou Region

The average nut count is 187 (±18) nuts/kg, the defect rate is 10%. Kernel yield is 24% with a KOR of 42 ± 5 lbs (Table 5). The average moisture content is 8.4%.

| Variables | Description |
|-----------|-------------|
| NC        | Number of nuts per kilogram (Nut Count) |
| DR        | Quantity of nuts with a defect (Defect Rate) |
| UK        | Useful Kernel |
| KY        | Quantity obtained after shelling (Kernel yield) |
| Log_ind   | Kolda, Sedhiou, Ziguinchor Fatick |

3.1.4. Quality Test for the Ziguinchor Region

Ziguinchor has an average nut count of 227 ± 36 nuts/kg, with a defect rate of 7% (Table 6). The kernel yield is 25% with a KOR of 45 (±6). The measured humidity is 8.2%.

The quality can be classified as appreciable. Nevertheless, the best kernel yield is noted in the Ziguinchor region. This means that larger nuts count are not always the best. The quality of the nuts is good in all links (KOR which varies between 41-51 lbs and kernel yield rate of 23-29%).

| Variables | Description |
|-----------|-------------|
| NC        | Number of nuts per kilogram (Nut Count) |
| DR        | Quantity of nuts with a defect (Defect Rate) |
| UK        | Useful Kernel |
| KY        | Quantity obtained after shelling (Kernel yield) |
| Log_ind   | Kolda, Sedhiou, Ziguinchor Fatick |

3.2. Indicators Country of Nuts

The cashew production in Senegal is between 20,000-25,000 tonnes per year (Table 7). On average, households in Senegal that grow cashew nuts dedicate 2-3 ha to the crop. The yield per household is 728 kg compared to 297 kg per ha. The most important quality indicators (KOR and KY) are 42-51 lbs and 24% respectively. In the study area, the standard on variables (KOR, Useful Kernel, Defect Rate and Moisture) is consistent with international standards. The KOR is 42-51 versus 49-50, which is applied by some exporters and
is considered as a "good quality" grade. Kernel yield is 24% compared to 22% applied by the industry. The only variable that is not at the maximum of the standard is nut count with 193 grains per kilogram versus 180 grains per kilogram applied by some exporters-industrials.

**Table 7. Parameters of cashew nut production in Senegal.**

| Parameters                        | Data collected          |
|-----------------------------------|-------------------------|
| Area per household (ha)           | 2-3                     |
| Production (tonnes)               | 20 000-25 000           |
| Yield (Kg/household)              | 728                     |
| Yield/Ha (kg/ha)                  | 297                     |
| Average KOR (lbs)                 | 42± 9                   |
| Average Nut Count (grains/kg)     | 193± 40                 |
| Kernel Yield (KY) (%)             | 24± 4                   |
| Defective rate Kernel (%)         | 10± 3                   |

3.3. **Eigenvalue of Inertia**

The PCA analysis showed that axis 1 contains 59% of the information while axis 2 explained 18% of the total variability, i.e. a total of 77% of the information is in the components (1 and 2) (Table 8).

**Table 8. Key Components/Correlation.**

| Comp | Ev   | Diff  | Pro  | Cumul |
|------|------|-------|------|-------|
| Comp1| 2.95244 | 2.0543 | 0.5905 | 0.5905 |
| Comp2| .898141 | .172247 | 0.1796 | 0.7701 |
| Comp3| .725894 | .30262 | 0.1452 | 0.9153 |
| Comp4| .423273 | .423022 | 0.0847 | 0.9999 |
| Comp5| .000250879 | . | 0.0001 | 1.0000 |

Comp= Components, Ev= Eigenvalue, Diff=difference, Pro= Proportion, Cumul= Cumulative

The cartel elbow rule was applied for the choice of factor axes. The bend is drawn after the second axis. Thus, the first two dimensions were retained with confirmation that 77% of the information was retrieved.

3.4. **Results for Individuals**

The results in Figure 7 show a strong correlation between KOR and Kernel Yield (KY). The higher the KOR (a positive) the higher the Kernel yield. On the other hand, nut moisture (zHumidity) and Nut Count (zCN) are negatively correlated.

The moisture content does not depend on the number of nuts obtained per kg or per bag. The higher the moisture content (>10%), the higher the risk of defect. Defect rate (zDR), KOR (zKOR) and Kernel Yield (zKY) are also negatively related. This shows that the higher the default rate (>24%), the poorer the production tends to be on the KY and KOR parameters. These variables (KOR and KY) are very important in measuring the quality of the nuts for the processing link.

3.5. **Variable Results**

The quality of raw cashew nuts from the Sedhiou and Ziguinchor regions are very similar (Group 1) (Figure 6). This similarity is valid for nuts from the Ziguinchor and Kolda regions (Group 2).

On the other hand, for the Fatick region, the quality characteristics (Nut count, KOR, moisture content, Kernel yield, and defect rate) of the nuts are strongly differ from those of the Casamance (Group 3).

The quality characteristics on the Group 1 label are nuts from the processors. Those on the Group 2 label are nuts from producers.

Thus, the analysis shows that processors in all the regions concerned buy generally good quality nuts (high KOR and Kernel yield), with an average of 42 (±7) and 24% respectively. The moisture content is 8%. The nut counts is at 193 (±40) nuts per kg.

4. **Discussions**

4.1. **Comparison of Quality Raw**

Analysis of the yield quality based on the ACA method
showed that very good nuts influence the quality of the Kernel Yield (KY) obtained after processing [3,11, 21]. The average KOR is 42 ± 9 lbs depending on the origin. This average masks the inter-regional variations. The highest KOR was recorded in the Ziguinchor region (45±6 lbs) while the lowest was noted in the Fatick region (38±9 lbs). This variation in KOR is correlated with other variables such as kernel yield or the amount of useful kernel, moisture content, and nut defect. The largest nuts were recorded in the Fatick region (145 nuts/kg ± 16.1) while the Ziguinchor region had the smallest nuts (227 nuts/kg ± 36) with a moisture content of 8%. A moisture content of 8 to 10% is generally acceptable as it is safe for cashew nuts and most edible almonds and oilseeds [21]. The fundamental consideration is that a quality cashew nut is due to the combination of large nut sizes (low nut count per kilo) and a high percentage of kernel inside the shell (high yield) [25]. This supports our findings that quality measurement requires composite indicators, the most important of which are KOR and KY. KOR as a criterion is very important in determining quality export in the cashew nut trade. Indeed, the Cashew nut with a KOR ≥ 46 lbs allows sellers to attract the premium price and to produce good quality grains during processing. According also to [7], the KOR of cashew nuts from producing countries varies from 40 to 56 lbs per 80 kg, giving a better quality of kernel.

The PCA test shows that southern regions have similar parameters for nut quality. In contrast, the Fatick region has different parameters from the other three regions. These differences can be related to soil quality, plant material, and the rainfall pattern noted between the two agro-ecological zones. The highest Kernel Yield (25%) is noted in the sample of nuts from processors in the Ziguinchor and Fatick regions while the lowest KY are noted among producers.

In general, quality controls in the regions are done by exporters, collectors, and processors. Producers do not have the specialized knowledge or culture to do KOR testing. However, the exercise of counting nuts per kilogram is done by some producers. Nut Count is also used to assess quality. In Senegal many studies have been carried out on dendrometric characterization of nuts (9-19]). According to [3] larger nuts are easier to process and are preferred by consumers. Indeed, the combination of large cashews with a high percentage of kernels generates the highest price. According to [10], product quality influences the demand for those products on the world market, which, in turn, positively affects the price based on the quality of raw cashew nuts. These elements explain the choice of Senegal by exporters.

4.2. Quality of Nuts in Senegal

This study was conducted in an area which covers almost 90% of Senegal’s cashew production. According this survey, the production is estimated at 20,000 to 25, 000 tonnes/year. The quality of nuts in the four major producing zones demonstrates the high quality of Senegalese nuts. The average over the whole sample is 42 to 51 lbs per 80 kg lot, revealing good quality compared to international standards which vary from 40 to 50 lbs per 80 kg lot in Benin [14]. These results corroborate those of the IRD/ISRA [15] report on cashew nut varieties. Based on their study, Senegal, Gambia and Guinea Bissau have the best KOR (up to 50 lbs) compared to other West African countries. However, in the same report, the distribution of KORs by region is slightly different to our results.

The percentage of defective nuts is between 10% against 24% according to [14]. The average nut count for the whole is 193 nuts/kg, which is in line with international standards varying between 150 and 240 nuts/kg [14]. Similar results were found by [21] in his study.

The average moisture content is 8%, meeting the standards [3-4] required for efficient processing operations according to a 2017 report of the Ministry of Commerce, Industry and Handicrafts Burkina-Faso. This level of quality of the Senegalese kernel (judged as good) can be maintained or improved. For this, constraints related to diseases and soil fertilization must be properly taken into account by producers [5]. According to PAFDEC/IRD surveys [25], 59% of households noted diseases and more than 56.17% reported the presence of pests in the same area targeted by the study (Kolda, Sedhiou, Ziguinchor and Fatick). Thus, according to [21], pests and diseases play an important role in determining the quality of nuts since they can cause premature nut drop, incomplete filling of the nuts, and damage to the nut. The management of pests and diseases requires a strategic response, making joint actions between different actors in the value chain particularly necessary [29]. Senegal will improve its quality if control methods are deployed against these pests.

5. Conclusion

This study evaluated the quality of nuts in the four major producing regions of Senegal (Kolda, Sedhiou, Ziguinchor and Fatick). The study area, which accounts for 90% of national production, estimated at 20,000 to 25, 000 tonnes, has good nut quality. The average KOR is 42 ± 9 lbs with a kernel weight of 193 nuts per kilogram. The defect rate is 10% with an average moisture content of 8% in all regions. Kernel yield is 24%. All these parameters meet the international standards required for the processing of the nut. These elements also showed that the choice of exporters (Indian, Chinese) on Senegal is not fortuitous. Even if annual production remains low (less than 1% of world production), the quality of the nuts makes the difference. If we consider almond product in Senegal, the quality of the raw nuts has a positive impact on the quantity of "all grades" kernels that can be obtained from shelling, but it also has an impact on the proportions of whole white almonds obtained and income of the workers who are paid according to the yield of whole kernel. Therefore, it is a central issue for the profitability of processing and the income of the workers in the sector. In the light of the results obtained, it is necessary to consolidate the quality of the cashew nut and add value to the kernel through processing, which offers more income and creates more jobs locally in Senegal.
Conflicts of Interest

The authors declare that they have no competing interests.

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