Black hole binaries and light fields: gravitational molecules

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We show that light scalars can form quasi-bound states around binaries. In the non-relativistic regime, these states are formally described by the quantum-mechanical Schrödinger equation for a one-electron heteronuclear diatomic molecule. We performed extensive numerical simulations of scalar fields around black hole binaries showing that a scalar structure condensates around the binary – we dub these states “gravitational molecules”. We further show that these are well-described by the perturbative, non-relativistic description.

I. INTRODUCTION

More than one century after Einstein wrote down the field equations of General Relativity, black holes (BHs) remain one of its most outstanding and intriguing predictions. Among all of its features, the inherent simplicity of BHs is possibly the most remarkable one: just two numbers (mass and angular momentum) suffice to fully characterize these objects in vacuum [1–4].

This simplicity and fundamental nature has led to analogies being drawn between BHs in General Relativity and the hydrogen atom in Quantum Mechanics. In fact, in the context of fundamental fields in curved spacetime, BHs do behave as atoms: massive scalar fields can form long-lived states which are, in a certain limit, mathematically described by the non-relativistic Schrödinger equation for the Hydrogen atom [5–8]; such states have been dubbed “gravitational atoms” [8].

The horizon of non-spinning BHs acts as a dissipative surface, hence these scalar states are in general “quasi-bound”. When the host BH is spinning these configurations may grow via superradiance, extracting a substantial fraction of the BH rotation energy to a bosonic “cloud” in the BH exterior. The process slows the BH spin down and releases monochromatic gravitational waves, giving rise to very particular imprints. These states may form, through a different process, as a consequence of boson star collisions [9] or collisions between axion stars and BHs [10]. Thus BHs can be used as efficient particle detectors of ultralight field across a wide range of mass [5, 11, 12]. For fine tuned conditions, the states can become truly bound-states, and new BH solutions become possible [13].

Black hole binaries were recently shown to have characteristic vibration modes [14]. Together with the above discussion on gravitational atoms, one is led to ask whether the program can be taken a step further: Does it make sense to talk about “gravitational molecules”? We explore this question here, and give a positive answer providing (under certain mild conditions), an equivalence between BH binaries and di-Hydrogen molecules.

We will study this issue by looking at the dynamics of massive scalar fields in a BH binary (BHB) spacetime. We thus consider a Klein-Gordon scalar, governed by the equation

$$\Box \phi = \mu^2 \phi, \quad (1)$$

in a nontrivial background describing a binary, in particular a BHB. We always neglect backreaction of the field in the spacetime geometry, which in all but extreme situations should be a very accurate approximation. Here, the mass parameter $\mu$ is related to the boson mass $m_B = \hbar \mu$.

We use geometric units $G = c = 1$ and a $(-+++)$ convention for the metric signature throughout.

II. NON-RELATIVISTIC SCALARS AROUND BINARIES

We first explore the problem in a non-relativistic setting. This means that the spacetime is taken to be weakly curved, and could describe for instance two non-compact stars. It also means that the rest-mass of the scalar dominants over its kinetic energy.

A. Equivalence with di-Hydrogen molecules

In a non-relativistic setting, the Klein-Gordon equation around a single BH reduces to the Schrödinger equation [3, 4, 8]. There is thus a quasi-bound state structure for scalar fields around a BH which is identical to the spectrum of the Hydrogen atom. Let us now consider the non-relativistic limit of a scalar field around a BHB. To lowest order in a post-Newtonian expansion, the geometry of a binary (including that of a BHB, if we’re not interested in near-horizon phenomena) can be written in the form

$$ds^2 = -(1 + 2\Phi_N) dt^2 + (1 - 2\Phi_N) \delta_{ij} dx^i dx^j, \quad (2)$$

where

$$\Phi_N(t, x^i) = -\frac{M_1}{|\vec{r} - \vec{r}_1(t)|} - \frac{M_2}{|\vec{r} - \vec{r}_2(t)|}. \quad (3)$$
is Newton’s potential. Here, $M_i (i = 1, 2)$ are the individual component masses, and $\vec{r}_i (t)$ their position vector. There are higher-order terms which depend on the specifics of the system, and which become relevant for relativistic and strongly gravitating systems, but which do not affect the physics we are interested in.

Using standard non-relativistic limit procedures, we define the complex field $\Psi(t, \vec{r})$ as

$$\phi = \frac{1}{\sqrt{2\mu}} (\Psi e^{-i\mu t} + \Psi^* e^{i\mu t}) .$$

Assuming that the binary components are widely separated and that the angular frequency is so small that time-dependent terms in the Newtonian potential can be neglected, the Klein-Gordon equation (1) reduces to the Schrödinger equation

$$i\hbar \partial_t \Psi(t, \vec{x}) = \left( -\frac{\nabla^2}{2\mu} + \mu \Phi_N \right) \Psi(t, \vec{x}) ,$$

where we neglect the sub-leading (for weakly gravitating, non-relativistic systems) terms

$$\frac{2}{\mu} \partial_t \Phi_N \partial_t \Psi, \quad 2i\partial_t \Phi_N \Psi, \quad \frac{\partial^2 \Psi}{2\mu}, \quad \frac{2}{\mu} \Phi_N \nabla^2 \Psi ,$$

We can also recover Eq. (5) via a Lagrangian approach [15].

Equation (5) is written in the lab frame, $x^\mu = (t, r, \theta, \phi)$. It will be useful to write it in the binary rest frame (co-rotating frame), $x^\mu = (\bar{t}, \bar{r}, \bar{\theta}, \bar{\phi})$, which we can do with the usual coordinate transformation

$$\partial_t = \partial_\bar{t} - \Omega \partial_{\bar{r}} , \quad \partial_r = \partial_{\bar{r}} , \quad \partial_\theta = \partial_{\bar{\theta}} , \quad \partial_\phi = \partial_{\bar{\phi}} ,$$

where $\partial_{\bar{r}} = -\bar{y} \partial_\bar{r} + \bar{x} \partial_{\bar{\theta}}$ spans the orbital plane, and $\Omega$ is the BHB orbital angular velocity. The frames are related through

$$\bar{t} = t, \quad \bar{r} = r, \quad \bar{\theta} = \theta, \quad \bar{\phi} = \phi - \Omega t .$$

Denoting $\bar{\Psi}(\bar{t}, \bar{r}, \bar{\theta}, \bar{\phi}) = \Psi(\bar{t}, \bar{r}, \bar{\theta}, \bar{\phi} + \Omega \bar{t}) = \Psi(t, r, \theta, \phi)$, and remembering that $\nabla^2 = \nabla^2$, we can then rewrite Eq. (5) in the co-rotating frame as

$$i\hbar \partial_{\bar{t}} \bar{\Psi}(\bar{t}, \bar{x}^i) = H_0 \bar{\Psi}(\bar{t}, \bar{x}^i) + i\Omega \partial_{\bar{\phi}} \bar{\Psi}(\bar{t}, \bar{x}^i) ,$$

where

$$H_0 = -\frac{1}{2\mu} \nabla^2 + V ,$$

and the (time-independent) potential $V$ is given by

$$V = -\mu M_1 \frac{\cdot}{r_1} - \mu M_2 \frac{\cdot}{r_2} ,$$

where $r_{1, 2} = \sqrt{\bar{x}^2 + \bar{y}^2 + \bar{z}^2}$ is the distance to BH “1” and $\bar{x} = \pm a$ are the positions of each BH.

Equation (8) can be treated perturbatively when $\Omega$ is small. Let us first consider the unperturbed system,

$$i\hbar \partial_t \bar{\Psi} = H_0 \bar{\Psi} .$$

Since the potential $V$ is not time dependent, we can consider the energy eigenstate problem; writing

$$\bar{\Psi}(\bar{t}, \bar{x}^i) = \bar{\psi}(\bar{x}^i) e^{-i\bar{E}\bar{t}} ,$$

we then have

$$\bar{E} \bar{\psi} = \frac{-1}{2\mu} \nabla^2 \bar{\psi} + V \bar{\psi} .$$

Introducing prolate spheroidal coordinates

$$\bar{\xi}(\xi, \eta, \chi) = a \eta \xi ,$$

$$\bar{\eta}(\xi, \eta, \chi) = a \sqrt{1 - \eta^2} \sqrt{\xi^2 - 1} \sin(\chi) ,$$

$$\bar{\chi}(\xi, \eta, \chi) = a \sqrt{1 - \eta^2} \sqrt{\xi^2 - 1} \cos(\chi) ,$$

where $2a$ is the separation between the two BHs on the $\bar{x}$-axis and $-1 \leq \eta \leq 1, 1 \leq \xi$, and $0 \leq \chi < 2\pi$, Eq. (12) becomes separable. Using the ansatz

$$\bar{\psi}(\xi, \eta, \chi) = e^{im_\chi} R(\eta) S(\xi) ,$$

with $m_\chi = 0, \pm 1, \pm 2, \ldots$, we then find

$$0 = \partial_\eta (1 - \eta^2) \partial_\eta S + \left( A - 2\mu a^2 E\eta^2 + 2a\mu \Delta \alpha \eta + \frac{m_\chi^2}{\eta^2 - 1} \right) S ,$$

$$0 = \partial_\xi ((\xi^2 - 1) \partial_\xi R) + \left( -A - \frac{m_\chi^2}{\xi^2 - 1} + 2a\mu \eta \xi + 2\mu a^2 E \xi^2 \right) R ,$$

where we defined

$$\alpha_i = M_i \mu , \quad \alpha = \alpha_1 + \alpha_2 , \quad \Delta \alpha = \alpha_1 - \alpha_2 .$$

Here, $A$ is a separation constant. $\bar{E}$ and $A$ are labeled by three integers $m_\xi, m_\eta, m_\chi$, characterizing the properties of the solutions of the coupled system. We will focus on bound-state solutions, for which $\bar{E} < 0$.

It is then easily seen that this gravitational problem is completely equivalent to the quantum-mechanical Schrödinger equation for the electronic energy of a one electron heteronuclear diatomic molecule. In particular, if we identify $Z_1 + Z_2 = \mu \alpha$, $Z_2 - Z_1 = \mu \Delta \alpha$ then the equations above are mathematically equivalent to the quantum-mechanical problem (in atomic units), where the nuclei have atomic numbers $Z_i$ each and are separated by a fixed distance $D = 2a$ [16, 20]. In particular, this system also describes the ionized di-Hydrogen molecule [16, 17]. We thus have a formal equivalence between two similar systems, that of a molecule governed by electromagnetism and a simple binary system in a
TABLE I. Eigenvalues for equal-mass binaries corresponding to $a = 0.2$, and to two different binary separation $2a = 10, 60$. The energy $E$ and angular separation $A$ are labeled by three integers $(m_\xi, m_\eta, m_\chi)$ in a manner analogous to the eigenvalues of the Hydrogen atom in Quantum Mechanics. All dimensionful quantities are normalized by the total mass $M$.

| $(m_\xi, m_\eta, m_\chi)$ | $a = 5$ | $a = 30$ |
|---------------------------|---------|---------|
|                           | $A$     | $10^2 \times E$ | $A$     | $10^2 \times E$ |
| (0,0,0)                   | -0.0129 | -0.386   | -0.342 | -0.272 |
| (1,0,0)                   | -0.00327| -0.0981  | -0.0993| -0.0817 |
| (2,0,0)                   | -0.00146| -0.0439  | -0.0468| -0.0387 |
| (0,2,0)                   | 5.998   | -0.0445  | 5.915  | -0.0453 |
| (1,2,0)                   | 5.999   | -0.0250  | 5.952  | -0.0254 |
| (2,2,0)                   | 5.999   | -0.0160  | 5.970  | -0.0162 |

Newtonian setting. We will see below that the inclusion of full general-relativistic effects alters this picture only slightly.

Equations (15) are of spheroidal type. The first is an “angular”-type scalar spheroidal equation [20, 21], and is coupled to the second (radial) equation through the (unknown) energy $E$ and separation constant $A$. We have solved this system to find the characteristic energies $E$, with two different methods. We used direct integration of the ordinary differential equations, shooting to the energy; in addition, we used a high accuracy continued fraction approach to solve the same problem [20]. Our numerical results for selected values of the separation are shown in Table I.

B. The single black hole limit

At zero separation, we are effectively dealing with one single BH, for which the energy levels are known to high precision. In spherical polar coordinates $(\bar{r}, \bar{\theta}, \bar{\varphi})$ the eigenfunction is

$$\bar{\psi} = e^{-\bar{E} \bar{t}} \sum_{\ell,m} \gamma^\ell_m(\bar{\theta}, \bar{\varphi}) e^{-\gamma/2} L_n^{2\ell+1}(\gamma),$$

$$\gamma = \frac{2\mu \bar{r}^2}{\ell + n + 1},$$

with $\gamma^\ell_m$ the scalar spherical harmonics and $L_n^{2\ell+1}$ a generalized Laguerre polynomial (it’s a polynomial of order $n$ in its argument). Note that $M = M_1 + M_2$ is the BHB mass. With these definitions and conventions, the energy eigenvalue is

$$\bar{E} = \frac{-\mu \alpha^2}{2(\ell + n + 1)^2},$$

up to $O(\alpha^3)$. Higher order expansions in $\alpha$ can be calculated using well-known techniques and are shown in Ref. [8], with a different state label. Notice that we follow the state labeling of Ref. [5]. The scalar profile of mode $(n, \ell, m)$ decays spatially as $r^{2n+1}e^{-\gamma/2}$ and the angular profile is dictated by the corresponding spherical harmonic. The spatial extend of the scalar configuration is defined by the exponential decay, and is of order $S \sim 1/(M \mu^2)$.

Note that the prolate coordinates (13) are also given by

$$\xi = \frac{r_1 + r_2}{2a}, \quad \eta = \frac{r_1 - r_2}{2a}. \quad (19)$$

Defining spherical coordinates such that

$$\bar{x} = \bar{r} \cos \bar{\theta}, \quad \bar{y} = \bar{r} \sin \bar{\theta} \sin \bar{\varphi}, \quad \bar{z} = \bar{r} \sin \bar{\theta} \cos \bar{\varphi},$$

one finds, when $a \to 0$,

$$\xi \to \frac{\bar{r}}{a}, \quad \eta \to \cos \bar{\theta}, \quad \chi = \bar{\varphi}.$$

The relation between quantum numbers is then, in this limit [22]

$$m_\xi = n, \quad m_\eta = \ell - |m|, \quad m_\chi = m. \quad (20)$$

For small separations $a\mu$, our results – shown in Table I – for the fundamental $(n = 0)$ mode are compatible with (up to terms of order $O(\alpha^3 \mu^3)$)

$$\bar{E} = -\frac{\mu \alpha^2}{2(\ell + 1)^2} \times \left( 1 + \frac{4a^2 \mu^2}{\ell(\ell + 1) - 3m_\xi^2} \frac{\ell(\ell + 1) - 3m_\eta^2}{\ell(\ell + 1)(2\ell - 1)(2\ell + 1)(2\ell + 3)} \right). \quad (21)$$

This analytic expansion was derived by Bethe, and in subsequent analytical work for the di-Hydrogen molecule and generalizations thereof [18, 19, 22, 25]. Our own numerical results in the limit of small binary separation are in perfect agreement with such expression.

We note that for our numerical simulations shown in Sec. IV we will use a frame rotated by 90 degrees, which therefore superposes different $m$ states. In addition, and more importantly, at finite separation $a$, we can no longer use Eq. (20), a given state in the $(m_\xi, m_\eta, m_\chi)$ basis involves, generically, a superposition of all modes in a spherical-harmonic decomposition, such as that of Sec. IV.

C. Relation with classical closed orbits

Particle analogies of wave equations often play an important role in several physical phenomena. In particular, a lot of BH physics described by wave equations have particle descriptions which helps us to understand the system from a different point of view. For example, BH quasi-normal modes (QNMs) can be related to closed null orbits around the BH based on the WKB approximation, where the QNM frequencies can be estimated...
from the orbital periods \(26\). Conversely, the existence of closed null orbits around relativistic objects may hint at the possibility of existence of QNMs \(14\).

We will then here study the particle analog of the system we have been considering of a massive scalar field around a BHB. As we will now see, this particle description can be derived from the WKB approximation of Schrödinger’s equation and can be applied to states around a general separable spacetime.

In Quantum Mechanics, it is well known that the first order of the WKB approximation corresponds to the classical motion, the right hand side of Eqs. (24) must be

\[
\frac{2\mu a^2 \partial_t S}{(\xi - \eta)(\xi + \eta)} + \frac{(\xi^2 - 1)}{1 - \eta^2} (\partial_\xi S)^2 + 2\mu^2 a \left[(M_1 + M_2)\xi + (M_1 - M_2)\eta\right]
\]

and the allowed region for \(\xi\) is determined from

\[
|E|\xi^2 - \frac{\alpha}{a} \xi + C_0 < 0.
\]

When \(|E| - \frac{\alpha}{a} + C_0 < 0\), the allowed region for \(\xi\) is \(\xi \in [1, \xi_+]\), and when \(|E| - \frac{\alpha}{a} + C_0 > 0\), the allowed region is \(\xi \in [\xi_- , \xi_+]\). Here, \(\xi_\pm\) are solutions of the equation

\[
|E|\xi^2 - \frac{2\alpha}{a} \xi + C_0 = 0,
\]

\[
\xi_\pm = \frac{1}{|E|} \left(\frac{\alpha}{2a} \pm \sqrt{\frac{\alpha^2}{4a^2} - \frac{C_0}{|E|}}\right).
\]

Therefore, when \(C_0 > 0\), the particle motion is an orbit around the binary (see first and second panel in Fig. 1).

We now focus on the \(C_0 < 0\) case. The allowed region for \(\eta\) is \(\eta \in \left[-1, -\sqrt{\frac{C_0}{|E|}}\right] \cup \left[\sqrt{\frac{C_0}{|E|}}, 1\right]\) for \(|C_0| < |E|\). Existence of solutions to Eq. (25) then implies that \(|E| - \frac{\alpha}{a} - |C_0| > 0\), and the corresponding allowed region for \(\xi\) is then \([1, \xi_+]\) (see third panel in Fig. 1). In this case, the motion is an orbit around each individual BH.

Since the WKB approximation is valid only in the high-frequency limit, we cannot easily apply this classical picture to the states from the previous subsection. We can, however, see that there are two distinct profiles for these states: one corresponding to configurations bound to each individual BH, and another to a configuration bound to the binary as a whole.

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1 Strictly speaking, the Bohr-Sommerfeld condition is \(\oint p_k dq_k = 2\pi (n_k + \frac{1}{2})\); however, since we are only interested in its large \(n_k\) limit, we have neglected the \(\frac{1}{2}\) term in Eq. (22).

2 These are actual bound states because we are using a Newtonian approximation, and horizons are not present.
FIG. 1. Typical shape of the classically allowed region for a massive particle with $m_\chi = 0$ around an equal-mass BHB. Black circles denote the BHs. The first panel shows the allowed region for $C_0 > 0$ and $|\bar{E}| - \alpha/a + C_0 < 0$, and the second panel shows the allowed region for $C_0 > 0$ and $|\bar{E}| - \alpha/a + C_0 > 0$. These describe orbits around the binary. The third panel stands for $C_0 < 0$ and $|\bar{E}| - \alpha/a + C_0 < 0$, and describes orbits around each individual BH.

In order to compare the particle picture to the states of the previous subsection, let us discuss the spectrum of these states using the Bohr-Sommerfeld condition Eq. (22). From this condition we immediately see that $m_\chi$ must be the integer $n_\chi$ and we further get

\[ \int_{\eta_-}^{\eta_+} \sqrt{\frac{2a^2 \mu}{1 - \eta^2} \left( C_0 - \bar{E}\eta^2 + \Delta \alpha/\eta - \frac{m_\chi^2}{2a^2 \mu (1 - \eta^2)} \right)} \, d\eta = 2\pi n_\eta, \]  
\[ \int_{\xi_-}^{\xi_+} \sqrt{\frac{2a^2 \mu}{\xi^2 - 1} \left( -C_0 + \bar{E}\xi^2 + \frac{\alpha}{a} - \frac{m_\chi^2}{2a^2 \mu (\xi^2 - 1)} \right)} \, d\xi = 2\pi n_\xi, \]

where $n_\xi$ and $n_\eta$ are integers, and the integration limits $\eta_{\pm}$ and $\xi_{\pm}$ are the roots of the expressions inside each square root. Since Eqs. (27) cannot be integrated analytically let us consider the Hydrogen atom limit ($a \to 0$) by fixing $l^2 = 2a^2 \mu C_0$ and $r = a\xi$ in the equal mass case ($\Delta \alpha = 0$). We obtain the spectrum

\[ \ell - |m_\chi| = n_\eta, \]
\[ -\alpha \sqrt{\frac{\mu}{2|\bar{E}|}} - \ell = n_\xi. \]

These expressions are in good agreement with the spectrum of the Hydrogen atom in the large $n_\eta$ and $n_\xi$ limit, confirming the validity of this particle picture.

D. Corrections induced by orbital motion

Having solved Eq. (8) to zeroth order in $\Omega$, let us now consider, perturbatively, the effect of rotation. The first order correction in $\Omega$ to the unperturbed energy levels that we have just computed are given by the expectation value of the rotation operator $L_\bar{z} = -i\bar{\partial}_\bar{z}$ for the system in the unperturbed state. In the coordinates $(\xi, \eta, \chi)$ this operator takes the form

\[ L_\bar{z} = \frac{i\bar{y}}{a(\xi^2 - \eta^2)} (\xi \partial_\eta + \eta \partial_\xi) + \frac{i\bar{z} \xi \eta}{a(\xi^2 - 1)(1 - \eta^2)} \partial_\chi. \]

Since $\bar{z} \sim \cos \chi$ and $\bar{y} \sim \sin \chi$, we can easily see that the expectation value of this operator in an eigenstate $\bar{\psi}$ is zero, $\langle L_\bar{z}\bar{\psi} \rangle = 0$. This shows that rotation effects only manifest themselves at order $\Omega^2$ and will therefore be neglected.

III. SETUP FOR TIME EVOLUTIONS

In the previous Section we discussed, in a perturbative setup, the non-relativistic limit of a massive scalar field around a BHB and found molecule-like states which were labeled therein with three parameters $(m_\xi, m_\eta, m_\chi)$. We will now numerically solve the Klein-Gordon equation around a BHB to construct these (quasi-)bound states through time evolutions.
A. Numerical implementation

For our numerical implementation we ignore the backreaction of the massive scalar field on the BHB spacetime and follow the approach described in [1]. In this approach one builds an approximate BHB background metric using the construction outlined in detail in Mundim et al. [28], to where we refer the interested reader (see also Ref. [29] for the equivalent construction used in the context of generating BHB initial data). It is important to mention that we turn off radiation effects and therefore always consider binaries with constant separation.

To solve Eq. (1) in this spacetime we write the equation in a first order form by introducing

$$K_{\phi} \equiv -\frac{1}{2N} (\partial_t - L_\phi) \phi,$$

(29)

where $N$ and $\beta^i$ are the lapse function and shift vector respectively. The resulting system is numerically evolved using the Einstein Toolkit infrastructure [30–32] with Carpet [33, 34] for mesh-refinement capabilities and the multipatch infrastructure Llama [35]. The scalar field equations are evolved in time by adapting the ScalarEvolve code available in [36], which was first used and described in [37]. In our evolutions we further excise the BH interior with the procedure outlined in [38]. The overall infrastructure and evolution is essentially the same as the one used and tested in [14].

B. Initial data

We will evolve two different types of scalar field initial data, which will be referred to as “non-spinning” and “spinning” initial data. The first of these consists of a momentarily static Gaussian profile given by

$$\phi = Ae^{-\frac{r^2}{2\sigma^2}}, \quad K_\phi = 0,$$

(30)

where $A$, $\sigma$ denote the amplitude, width of the Gaussian pulse, respectively.

Secondly, we will evolve configurations which, unlike the previous construction, have angular momentum. These are the “spinning” initial data, for which

$$\phi = R(r)\mathcal{A}(t, \theta, \varphi),$$

(31)

with

$$R(r) = \frac{r}{\sigma} e^{-\frac{r^2}{\sigma^2}},$$

(32)

$$\mathcal{A}(t, \theta, \varphi) = A_{1,1} \left[ \frac{3}{2\pi} \sin \theta \cos(\varphi + \omega t) \right] + A_{1,-1} \left[ \frac{3}{2\pi} \sin \theta \cos(-\varphi + \omega t) \right],$$

(33)

and the initial configuration for the $K_\phi$ field can be trivially obtained from Eq. (29). Here, $A_{l,m}$ is the amplitude of each $(l, m)$ mode, which can be freely specified, and $\sigma$ is a typical width of the clump. $(r, \theta, \varphi)$ are the standard spherical coordinates around the center of mass of the system. The time dependence $m\varphi + \omega t$ ($m = \pm 1$) in each term introduces angular momentum on the $z$-axis. Initial data with negative $m$ is co-rotating with the BHB, while initial data with positive $m$ is anti-rotating.

C. Frequency extraction

To analyze our results, we decompose the evolved field at fixed radial distance into spherical harmonics $Y_\ell^m(\theta, \varphi)$ as follows

$$\phi(t, r = r_{\text{ext}}, \theta, \varphi) = \sum_{l=0}^\infty \sum_{m=-l}^l Y_\ell^m(\theta, \varphi) \phi_{l,m}(t).$$

(34)

Note that, since $\phi$ is real, $\phi_{l,m}(t) = (-)^m \phi^*_{l,-m}(t)$ where * denotes complex conjugation. We will further Fourier transform $\phi_{l,m}(t)$ to check its frequency spectra and compare with the results obtained in Sec. II A. In order to do so, however, we must note that the frequencies computed in Sec. II A were computed in the rest frame of the binary, whereas here we will be extracting the data in the lab frame. To compare the data we then need to change frequencies once again, which can be done as follows.

The Fourier spectra in the lab frame is computed through ($\phi = \phi(t, r_{\text{ext}}, \theta, \varphi)$)

$$\mathcal{F}[\phi_{l,m}](\omega) = \int dt \ e^{i\omega t} \phi_{l,m}(t) = \int dt \ e^{i\omega t} \sin \theta \ d\theta d\varphi Y_\ell^m(\theta, \varphi) \phi.$$

(35)

Given that $Y_\ell^m(\theta, \varphi) = N e^{im\varphi} P_\ell^m(\cos \theta)$, where $P_\ell^m$ are the Legendre polynomials and $N$ is the normalization constant, using (30) we can write

$$\mathcal{F}[\phi_{l,m}](\omega) = \int d\tilde{t} \sin \tilde{\theta} \ d\tilde{\theta} d\tilde{\varphi} \ e^{i\tilde{\omega}(\tilde{t} - m\Omega)}$$

$$\times N e^{-im\tilde{\varphi}} P_\ell^m(\cos \tilde{\theta}) \phi(\tilde{t}, r_{\text{ext}}, \tilde{\theta}, \tilde{\varphi} + \Omega \tilde{t})$$

$$= \int d\tilde{t} \sin \tilde{\theta} d\tilde{\theta} d\tilde{\varphi} e^{i\tilde{\omega}(\tilde{t} - m\Omega)}$$

$$\times Y_\ell^m(\tilde{\varphi} + \tilde{\omega} \tilde{t}, \tilde{\phi}) \phi(\tilde{t}, r_{\text{ext}}, \tilde{\theta}, \tilde{\varphi})$$

$$= \mathcal{F}[\tilde{\phi}_{l,m}](\omega - m\Omega),$$

(36)

relating the frequencies computed in the lab frame to the ones computed in the co-moving frame.

Since in the following Section we will be focusing on the real part of the multipolar components let us also...
TABLE II. List of simulations analyzed for the momentarily molecules with scalar fields.

| Run      | D/M | μ M | σ/M |
|----------|-----|-----|-----|
| nonspin1 | 60  | 0.2 | 12  |
| nonspin2 | 10  | 0.2 | 25  |
| nonspin3 | 60  | 0.2 | 25  |

It is useful to keep in mind the different length scales involved in this problem. As we saw in Sec. II B, the scale \( S \) of a state around an isolated BH of mass \( M_i \) is of order \( S_i \sim 1/(M_i μ^2) \) in the small \( M_i μ \) limit. In a binary of component masses \( M_1, M_2 \), we thus have scales \( S_i \), and a global scale \( S_{BHB} \sim μ^{-2}/M \) where the total BHB mass is \( M = M_1 + M_2 \). If \( S_i \) is much smaller than \( D = 2a \), the quasi-bound state can be formed around each BH, and feels a tidal force from the companion object. On the other hand, if \( S_i \) is much larger than \( D \), the companion BH strongly disturbs such state, destroying it. However, as discussed in Sec. III, we can expect that a quasi-bound state forms around the BHB. Furthermore, if this state around the binary is stable, it should be formed starting from generic initial conditions.

Note also that timescales are important. A light-crossing timescale is of order \( D/M \), whereas an orbital timescale is of order \( 2π\sqrt{D^3/M} \sim 200M, 3000M \) for binaries separated by \( D = 10M \) or \( 60M \), respectively.

A. Quasi-bound states around individual BHs

Based on the scales above, we expect that for large enough couplings \( M μ \) the scale \( S_i \) obeys \( S_i < D \), in which case the scalar cloud localizes around each BH but not around the binary. In other words, we expect that BHs sufficiently far apart can support clouds as if in isolation. To test this, we evolved momentarily static Gaussian initial data, Eq. (50), corresponding to configuration nonspin1 in Table II. For these parameters, the typical size of the cloud around each BH is \( S_1 = S_2 \sim 8M \), which is smaller than the BH separation. We therefore expect that quasi-bound states form around each BH and our results confirm this, as shown in Fig. 2. As can be seen, localized structures are apparent with the dominant mode being an \( l = 1, m = 0 \) state around each individual BH.

B. Global quasi-bound states from evolution of static initial data

We will now discuss molecular-like structures, i.e., scalar clouds around BHBs. We focus on BH separations \( D = 10M, 60M \), and we fix the mass of the scalar field to \( μM = 0.2 \). This corresponds to configurations nonspin2 and nonspin3, respectively. The scales are such that now the size of the quasi-bound states, if present, would encompass the binary when \( D = 10M \). We will see that even for \( D = 60M \) such global states exist.

TABLE III. List of simulation analyzed for the spinning initial data of Eq. (51).

| Run      | D/M | μ M | σ/M | A1,1 | A1,−1 | ω M |
|----------|-----|-----|-----|------|-------|------|
| spin1    | 10  | 0.2 | 25  | 0    | 1     | 0.2  |
| spin2    | 60  | 0.2 | 25  | 0    | 1     | 0.2  |
| spin3    | 60  | 0.2 | 25  | 1    | 0     | 0.2  |
FIG. 2. Profile of a massive scalar field around an equal-mass BHB of total mass $M$. Color codes are unimportant to interpret the results (and will be omitted throughout this work), since the Klein-Gordon equation is linear in the scalar field, and there is no backreaction on the metric. The field has a dipolar, $l = 1,$ $m = 0$ profile around each BH, which was obtained from evolving configuration nonspin in Table II. Left panel shows contours of constant scalar field. Purple, green, and red lines represent lines of constant scalar field which are 0.05, −0.05, and −0.16, respectively. Right panel shows a contour plot of (scalar field) energy density. The snapshots were taken at $t = 1600M$.

The evolution of these configurations is show in Fig. 3. Perhaps the most evident aspect of these simulations is that there is a persistent structure, a cloud or quasi-bound state of scalar field around the binary for relatively long time. In the context of Fig. 3 the evolution timescale is large enough that the binary performed over ten periods. This timescale is orders of magnitude larger than the free-fall time, and yet the scalar structure persists.

The second noteworthy aspect is that the state keeps, roughly, the symmetry of the initial conditions. This is clearly seen in the energy density plots, Fig. 3. However, it is clear also that fine structure arises, clearly seen for larger binary separations, excited by the presence of the binary, an asymmetric perturber. In particular, we observe the excitation of the quadrupole mode by the BHB. This is clearly shown in Fig. 4, where we show the monopole $l = m = 0$ and quadrupole $l = m = 2$ component of the field at selected “extraction” $r_{\text{ex}}/M = 40, 60, 90$.

Figure 4 shows that this is indeed a quasi-bound state, decaying exponentially in time, albeit on long timescales. This is exactly as expected from an analysis of massive fields around non-spinning BHs [5]. The scalar at late times behaves as an exponentially damped sinusoid, as expected for quasi-bound states. A fit to the late time behavior (see Fig. 4) shows that the lifetime of such structure is $3 \times 10^3 M$ for $D = 10M$, and $10^4 M$ for $D = 60M$.

In accordance with our analysis in Sec. II the scalar field is oscillating with a frequency $\sim \mu$. To quantify the agreement with the non-relativistic analysis, we computed the Fourier spectrum of the monopole and quadrupole modes at different radii, and averaged the result. We find clear peaks at different frequencies, the dominant ones are shown in Table IV for $D = 60M$ and compared against the non-relativistic prediction of

| Run       | $(l, m)$ | $M\omega$ | $M (\mu + E_{000} \pm m\Omega)$ |
|-----------|----------|-----------|----------------------------------|
| nonspin3  | (0, 0)   | 0.1976    | 0.1973                           |
| spin2     | (1, 1)   | 0.1992    | 0.1994                           |
|           |          | 0.1948    | 0.1951                           |
| nonspin3  | (2, 2)   | 0.2012    | 0.2016                           |

TABLE IV. Spectrum content of waveforms and comparison against non-relativistic results. The third column of this table shows the location of the dominant peak of the waveform, from time evolutions, in Fourier space (for $l = m = 1, 2$ there are two dominant peaks). The fourth column shows the non-relativistic prediction, obtained solving the coupled system Eq. (15) (these values are also in Table I in slightly different form), which is formally equivalent to solving the di-Hydrogen molecule. As we noted before, the fundamental mode $E_{000}$ should always be present in each spherical harmonic $(l, m)$ basis used for the simulations. Other components are also present, but we find those to be subdominant. The agreement between both is very good and lends strong support to the interpretation that these are “molecular” gravitational quasi-bound states.
FIG. 3. Snapshots depicting the evolution of a scalar field around an equal-mass BHB. The first two rows correspond to evolutions of configuration nonspin2 (cf. Table II), whereas the last two depict evolutions of configuration nonspin3. First and third rows: scalar field. Second and fourth row: energy density. At late times, the scalar and energy density profile rotate counter-clockwise at a frequency equal to the binary Keplerian orbital frequency.

FIG. 4. Monopolar $l = m = 0$ and dipolar $l = m = 2$ components of the scalar, at selected extraction radius $r_{ex}$ are shown for configuration nonspin2 (left panel) and configuration nonspin3 (right panel) of Table II. The signal modulation is not due to beating of higher overtones, but to the binary orbital motion. The modulation frequency is $2mf\Omega$ to a good approximation.
Sec. III C The agreement is of order 0.1% or better, providing strong evidence that bound, molecular-like gravitational states do form around BHBs. Notice also that we find two (or more) peaks for \( l = m \) modes. For \( D = 60 M \) we can read from the Table that their separation in frequency \( \Delta n \equiv M(\omega_m - \omega_{-m}) \) is \( \Delta n = 0.0082 \) in good agreement with the expected prediction of Sec. III C \( \Delta n = 2mM\Omega \) (\( \Omega \sim 0.0022 \) for this example).

The interpretation of these states as molecular-like is further supported by the spatial profile of the scalar and energy density, shown in Fig. 5. The time evolution of the energy density along the \( x \)-axis is depicted in the three panels of this figure. The late time profile around the binary is well described by a density \( \sim e^{-2r/(25M)} \).

This profile is in accord with the non-relativistic, single BH expression \( \omega \) for the quasi-bound state. Our results indicate this is also a good expression even for the moderately large separations that we studied. Figure 5 shows that the exponential falloff gives rise to a slowly decaying but small tail of energy density for distances \( r \gtrsim 100M \). This looks to be a slow, radiative component part of the signal.

In fact, this gravitational system behaves like a rotating molecule in Quantum Mechanics. The snapshots of the scalar field and energy density shown in Fig. 5 show that the scalar field is not only localized around the BHB, but that it is dragged by it, rotating counter-clockwise, along the orbital motion of the binary. The field shows modulations at low-frequency, in particular at \( 2\Omega \), as can be seen in the figures. Such modulation is the expected for an equal-mass binary. Notice that the signal is almost equally modulated in amplitude at different extraction radii, thus the low-frequency envelope is not the result of beatings caused by overtone excitation. In other words the scalar is indeed gravitationally dragged by the binary. The period of such pattern is the same as the orbital period of the binary.

C. Co-rotating dipolar global states

The previous evolutions referred to spherically symmetric, momentarily static initial data. We now consider time-asymmetric initial data. Let us focus on dipolar initial data co-rotating with the binary, i.e., configurations spin1 and spin2 of Table III. The evolution of the spatial profile of the field and its energy density is shown in Figs. 6, 7 A dipolar pattern stands out from these plots.

Figures 6, 7 show that for compact binaries (when the BH separation is smaller than the typical size of the cloud), the energy density of the state acquires a torus-like shape, centered on the binary, and supported by its angular momentum. This is similar to the topology of quasi-bound states around single BHs. On the other hand, for large BH separations as in Fig. 7, the profile is no longer connected; the torus “breaks up”, and leaves two over-density clumps of scalar field co-rotating with the BHB.

The presence of the binary excites other modes with similar symmetries as that in the initial data. In particular, we see a strong octupole \( l = m = 3 \) mode, shown in Fig. 5 for \( D = 60M \). Notice that the octupole mode grows from a negligible value to roughly 10% in amplitude of the dipolar component. Notice also the large timescales involved: the amplitude of these components is approximately constant up to timescales of order \( \sim 10^4 M \) or larger. The modulation in the signal is, as we explained before, due to the motion of the binary, and has a frequency \( 2m\Omega \) as expected for an equal-mass binary.

These results indicate that the evolution drove the system to a quasi-bound state, a relativistic analogue of the molecular solutions discussed in Sec. II A for the non-relativistic system. Together with the previous results, and as we will insist below, these features indicate that the formation of quasi-bound states is a robust result for general initial conditions. The analysis of the Fourier-decomposed signal shows a frequency content which is peaked at \( M\omega = 0.1992, 0.1948 \). This is in good agreement with the non-relativistic predictions of Sec. II A (which yield 0.1994, 0.1951 respectively). One finds (see Table III) \( \Delta n = 0.0044 \), also in very good agreement with the expectations. The energy density of the configuration is shown in Fig. 8. These results show clearly that the initial conditions are similar to those of a quasi-bound state, and the system evolution does not take it away significantly from the initial conditions.

The asymptotic behavior of the density profile is well described by \( (r e^{-r/50M})^2 \). Note that the non-relativistic prediction Eq. (10) for the scalar profile is of the form \( \sim e^{-M\mu r^2/(\ell+1)} = e^{-r/(50M)} \) for the fundamental mode when \( M\mu = 0.2 \). This is in perfect agreement with our time-evolution results around a BHB.

D. Counter-rotating dipolar global states

Similar results hold for the evolution of counter-rotating initial data (with respect to the binary, thus data rotating clockwise). We have evolved configuration spin3 of Table III and the corresponding profiles of the field and energy density are shown in Fig. 10.

Since the initial profile has angular momentum which is opposite to that of the binary, the scalar field rotates in a direction opposite to the BHB. However, the energy density of the scalar cloud does rotate in the same direction as that of the binary. The asymptotic late-time spatial distribution of the energy density is well described by a radial dependence \( (r e^{-r/50M})^2 \), consistent with a non-relativistic analysis of quasi-bound states.

---

3 One needs to pay attention when comparing against the results of Sec. II since a rotation of axes is involved and, as we mentioned, at finite separations a spherical-harmonic mode maps into a superposition of the \((m_\xi, m_\eta, m_\kappa)\) states used in Table II.
FIG. 5. Energy density of the scalar field on the $x$-axis for configuration nonspin2 (left panel) and nonspin3 (right panel). Dashed lines are best fits to the numerical results, and agree well with the analytical, non-relativistic predictions (see text).

FIG. 6. Snapshots depicting the evolution of a scalar around an equal-mass BHB for configuration spin1 of Table III. The initial conditions are therefore those of a dipolar $l = 1$, $m = -1$ scalar configuration co-rotating with the binary in a counter-clockwise direction. Top panels: evolution of scalar field. Bottom panels: evolution of energy density. At late times, the scalar and energy density profile rotate counter-clockwise at a frequency dictated by the binary orbital frequency.

FIG. 7. Same as Fig. 6 but for configuration spin2 of Table III.

E. General initial data

We investigated other types of initial conditions, such as narrower pulses, with smaller width $\sigma$. This changes the amount of field that is dissipated in the early stages, but a quasi-bound state always ends up forming, with a phenomenology similar to what we described.

We also studied data with higher initial frequency content: since quasi-bound states have $\omega \sim \mu$, it is conceivable that high frequency initial data just dissipates away. Our results show that this does not happen. Instead, again, the system evolves towards a frequency content $\omega \sim \mu$ and a spatial distribution described well by a non-relativistic quasi-bound state. It seems that these quasi-bound states are an attractor in the phase-space.

We should also add that quasi-bound states decay ex-
FIG. 8. Dipolar \((l = m = 1)\) and octupolar \((l = m = 3)\) components of the scalar field, measured at various \(r_{\text{ex}}\), for configuration spin2 of Table III. Notice that a dipolar mode is already present initially. This is the same initial data as that of Fig. 7. The signal modulation is not due to beating of higher overtones, but by the binary orbital motion. The modulation frequency is \(2m\Omega\) to a good approximation.

FIG. 9. Energy density of a quasi-bound state around a BHB separated by \(D = 60M\). The density is measured along the \(x\)-axis. Initial data is that of configuration spin2 in Table III, corresponding to a co-rotating dipole. The density was measured at different instants, and our results show that the late-time profile is in accordance with the non-relativistic prediction for a bound state.

FIG. 10. Evolution of configuration spin3 in Table III corresponding to a dipolar \((l = m = 1)\) scalar field counter-rotating with the binary. Top panels: evolution of scalar field. Bottom panels: evolution of energy density.

FIG. 11. Multipolar \(l = m = 1, 3\) components of the scalar field, corresponding to configuration spin3. These are the same initial conditions as those of Fig. 10. The signal modulation is not due to beating of higher overtones, but by the binary orbital motion.

V. CONCLUSIONS

Light scalar fields are interesting solutions to some of the most pressing problems in physics. One example is the dark matter problem. It is tempting to introduce fields with a scale (the Compton wavelength) similar to the size of galactic cores. One would thus be dealing with fields of mass \(10^{-21}\text{eV}\) or similar, in what is known as fuzzy dark matter models \[43, 44\]. Understanding the physics and evolution of compact binaries in such environments is crucial to model their evolution and to search for such fields \[45, 46\].
Our results indicate that, in the presence of a background scalar, the scalar field dynamics close to a BHB parallels very closely that of an electron in a one-electron heteronuclear diatomic molecule. We do note that there are very important differences between realistic BHBs and molecules. In particular, a BHB is a dissipative system. Our numerical results for the time evolution of initial data show that non-relativistic bound states turn into quasi-bound states, via absorption at the horizon.

A BHB is dissipative in another way, not included (for simplicity) in our simulations: the system loses energy through gravitational wave emission. We focused on timescales much shorter than the typical scale for BH coalescence. Naturally there are systems for which this assumption is not justified. The typical time scale until coalescence is $t_c \sim D^4/M^3$ [47] (for simplicity, we assume a circular orbit and an equal mass binary). The time scale is $t_c \sim 10^7 M$ for $D = 60 M$, and $t_c \sim 10^4 M$ for $D = 10 M$. Our numerical simulations clearly show that the quasi-bound state lifetime is at least $O(10^4) M$. Thus, BHB evolution via gravitational-wave emission is indeed relevant for the evolution of these states, specially at small separations, and left for future work.

We have not dealt with eccentricity, nor did we consider unequal-mass binaries, although it is straightforward to apply our formalism and methods to these situations. Unequal-mass binary evolution might lead, due asymmetric accretion and drag, to substantial center-of-mass velocities making it specially interesting to study [48].

In the context of gravitational-wave imprints, dynamical friction caused by such fields and its impact on the gravitational-wave phase was recently described [45, 46]. However, such description does not include possible quasi-bound state formation. The clouds have a size $1/(M \mu^2)$ and according to general considerations and specific calculations [49] they should contribute an extra attracting force which scales linearly with the scalar density. Since this is a conservative effect, its only consequence is a slight renormalization of the binary mass, and we do not expect changes to the dephasing introduced by dissipative effects [45, 46] (in particular, a dephasing appearing at post-Newtonian order “$-6$” with respect to the leading vacuum General Relativity prediction).

Still in the context of ultralight dark matter, consider a BHB evolving within a “cloud” of coherently oscillating scalars. This cloud could have primordial origin – and be a component of ultralight dark matter, or could simply arise as a consequence of superradiant instabilities, and be localized around a supermassive, spinning BH. Now, when this cloud is much larger than any scale in a BHB system, the corresponding boundary conditions are different. It is possible that molecular-like states arise, but their study requires understanding the time evolution of scalar fields with coherent oscillating boundary conditions [50].

Tidal disruption of scalar clouds by orbiting companions was recently discussed [51]. Our results raise the interesting possibility that the final state of such a disruption can be a gravitational molecule.

Finally, we note that the response of BHBs to external fluctuations has been studied recently. In particular, the response to high frequency and low frequency scalars was studied in toy models [38, 52, 53]. A realistic BHB configuration revealed already universal ringdown for binaries, and hints of superradiance [5, 14, 54]. Together with the results we discussed here, these studies show that compact binaries are a fertile ground to new phenomenology.

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**Appendix A: Mode excitation by a binary spacetime**

To understand which modes are excited by the BHB let us again consider the metric [2]. Expanding the Newtonian potential [3] we obtain

$$\Phi \simeq -\frac{M_1 + M_2}{r} + \frac{M_1 r_1(t)^2 + M_2 r_2(t)^2}{2\mu^3} - \frac{M_1 (\vec{r} \cdot \dot{r}_1(t))^2 + M_2 (\vec{r} \cdot \dot{r}_2(t))^2}{2\mu^5}. \quad (A1)$$

The Klein-Gordon equation on this spacetime can be written as

$$(-\partial_t^2 + \nabla^2 - \mu^2) \phi = -4\partial_t \Phi \partial_t \phi - 4\Phi \nabla^2 \phi + 2\mu^2 \Phi \phi.$$

...
The formal solution of this equation is
\[
\phi - \phi^{\text{hom}} = \int dt' d^3 \vec{x}' G(t-t', \vec{x} - \vec{x}') \times ( -4 \partial_{t'} \Phi \partial_{t'} \phi - 4 \Phi \nabla^2 \phi + 2 \mu^2 \Phi \phi ) (t', \vec{x}')
\]
where $\phi^{\text{hom}}$ is the homogeneous solution, fixed by the initial data. $G(t-t', \vec{x} - \vec{x}')$ is the Green’s function,
\[
G(t, \vec{x}) = \int \frac{d^3 \vec{k}}{(2\pi)^3 2\omega_k} e^{-i \omega_k t + i \vec{k} \cdot \vec{x}} \iota(t) + \text{c.c.}, \quad (A2)
\]
where $\omega_k = \sqrt{\mu^2 + k^2}$, and c.c. is a complex conjugate. For weak couplings, $\phi \sim \phi^{\text{hom}}$.

\[
\phi - \phi^{\text{hom}} = \int dt' d^3 \vec{x}' G(t-t', \vec{x} - \vec{x}') \times ( -4 \partial_{t'} \Phi \partial_{t'} \phi^{\text{hom}} - 4 \Phi \nabla^2 \phi^{\text{hom}} + 2 \mu^2 \Phi \phi^{\text{hom}} ) (t', \vec{x}'). \quad (A3)
\]

Let us now expand the right hand side of this equation in spherical harmonics,
\[
\phi^{\text{hom}} = \sum_{lm} \phi^{\text{hom}}_{lm}(t, r) Y^m_l(\theta, \varphi), \quad (A4)
\]
\[
\Phi = \sum_{lm} \Phi_{lm}(t, r) Y^m_l(\theta, \varphi) = \Phi_{00}(t, r) Y^0_0(\theta, \varphi) + \sum_{l=2,3,\ldots} \sum_{m=\pm 2} \Phi_{lm}(t, r) Y^m_l(\theta, \varphi), \quad (A5)
\]
where
\[
\Phi_{00} = \frac{M_1 + M_2}{r} + \frac{M_1 R_1^2 + M_2 R_2^2}{2r^3} - \frac{3 M_1 R_1^2 + M_2 R_2^2}{4r^3}
\]
and $c_2 = \frac{1}{4} \sqrt{\frac{27}{\pi}}, c_4 = \frac{1}{2} \sqrt{\frac{27}{\pi}}, c_6 = \frac{1}{4} \sqrt{\frac{81}{\pi}}, \ldots$ The Green function can also be expanded in spherical harmonics through the plane wave expansion
\[
e^{i \vec{k} \cdot \vec{x}} = 4\pi \sum_{l=0}^{\infty} \sum_{m=-l}^{l} j_l(kr) Y^m_l(\theta, \varphi),
\]
where the $j_l$ are the spherical Bessel functions and the hat denotes a unit vector. Thus,

\[
\phi(t, \vec{x}) - \phi^{\text{hom}}(t, \vec{x}) = \int dt' d^3 \vec{x}' \frac{d^3 \vec{k}}{(2\pi)^3 2\omega_k} \left\{ e^{-i \omega_k (t-t')} \iota(t-t') e^{i \vec{k} \cdot \vec{x}} \sum_{l,m, l', m'} \sum_{t', m'} \sum_{\ell, \ell'} \frac{\sqrt{4\pi}}{4} (-1)^{\ell'} j_{\ell'}(kr) Y^{m', \ell'}_{l'} Y^{m, \ell}_l(\theta', \varphi') Y^m_l(\theta', \varphi') Y^m_l(\theta', \varphi') A_{lm', \ell', m'}(t', r') + \text{c.c.} \right\},
\]
where
\[
A_{lm', \ell', m'}(t, r) = -4 \partial_{t'} \Phi_{lm}(t, r) \partial_{t'} \phi^{\text{hom}}_{lm}(t, r) - 4 \Phi_{lm}(t, r) \left( \partial_{rr} \phi^{\text{hom}}_{lm}(t, r) + \frac{2}{r} \partial_r \phi^{\text{hom}}_{lm}(t, r) - \frac{l(l+1)}{r^2} \phi^{\text{hom}}_{lm}(t, r) \right) + 2 \mu^2 \Phi_{lm}(t, r) \phi^{\text{hom}}_{lm}(t, r).
\]

Let us consider the modes of the scattered field, $(\phi(t, \vec{x}) - \phi^{\text{hom}}(t, \vec{x}))_{lm'}$. Performing the integration in the angular directions of $\vec{k}$ we obtain
\[
(\phi(t, \vec{x}) - \phi^{\text{hom}}(t, \vec{x}))_{lm'} = \int \frac{dt' dr' r'^2 dk^2}{\pi \omega_k} e^{-i \omega_k (t-t')} \iota(t-t') j_l(kr) j_{l'}(kr') \sum_{l', m', l, m} \left\{ A_{l', m', \ell', m'} A_{l', m', \ell, m'}(t', r') + (-)^m A_{l', m', \ell', m'} A_{l', m', \ell, m'}(t', r') \right\}, \quad (A6)
\]
where
\[
A_{l', m', \ell', m'} = \int d\Omega Y^m_l(\theta, \varphi) Y^{m'}_{l'}(\theta, \varphi) Y^{m'}_{l'}(\theta, \varphi).
\]
This integral is nonzero only when $m' + m = -m'$. Since, from Eq. (A5), $A_{l', m', \ell', m'}(t, r)$ is nonzero only for $m' = 0, \pm 2$ we see that $(\phi(t, \vec{x}) - \phi^{\text{hom}}(t, \vec{x}))_{lm'}$ is nontrivial only when $m = \pm m', m = m' \pm 2$ or $m = -m' \pm 2$, for nontrivial values of $\phi^{\text{hom}}_{lm'}$. 
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