ShRNA-MEDIATED KNOCKDOWN OF INTERLEUKIN-6 EXPRESSION RESCUES TUMOR NECROSIS FACTOR α-INHIBITED OSTEOGENESIS IN MOUSE MESENCHYMAL PRECURSOR CELLS

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Rheumatoid arthritis (RA) is a severe autoimmune inflammatory disorder that strongly reduces a quality of patient’s life due to its association with different morbidities and socioeconomic expenses. The etiology of the disease remains unknown. It has been demonstrated that interleukin-6 (IL-6), a target gene of tumor necrosis factor α (TNFα) and interleukin 1β (IL-1β), plays a crucial role in the pathophysiology of RA. It is well known that bone morphogenetic protein (BMP)- and Wnt-involved pathways are key signaling mechanisms that induce and potentiate cartilage and bone formation and maintenance. We found that IL-6 similarly to TNFα inhibits activation of Wnt signaling pathway in primary human synoviocytes. In current study, we evaluated an impact of previously unrecognized negative interaction between the Wnt and IL-6 signaling pathways in skeletal tissues, as a possible major mechanism leading to age- and inflammation-related bone and joints destruction. It was found that shRNA-mediated knockdown of IL-6 mRNA significantly increased early hBMP2/7-induced osteogenesis and rescues it from the negative effect of TNFα in C2C12 cells. It also intensified bone matrix mineralization in KS483 mouse mesenchymal precursor cells (MPC). Thus, IL-6 is an important mediator in the inhibition of osteoblast differentiation by the TNFα, and knockdown of IL-6 expression partially rescues osteogenesis from the negative control of inflammation. The anti-osteoblastic effects of IL-6 are most likely mediated by its negative regulation of Wnt signaling pathway.

Keywords: rheumatoid arthritis, interleukin-6, osteogenesis, mesenchymal stem cells, Wnt signaling pathway.

INTRODUCTION

RA is a chronic systemic autoimmune inflammatory disorder that affects up to 1.8 % of adult population of the world. This disease has a significant medical and social impact,
since the absence of the effective treatment rapidly leads to reduced quality of patients’ life and results in disability and even morbidity. RA may affect many tissues and organs, but primarily it attacks the synovium of joints. The process induces synovitis, synovial hyperplasia with neovascularization, and an excess of synovial fluid causing joint swelling, stiffness, and pain. That leads to a destruction of articular cartilage and multiple erosions into adjacent bones [8]. Although RA has been a subject of numerous investigations, the cause of the disease is still unknown and its etiology and pathogenesis remain poorly understood [22].

Multiple cytokines regulate a broad range of inflammatory processes implicated in the RA pathogenesis. An imbalance between the pro- and anti-inflammatory cytokine activities favors the induction of autoimmunity, chronic inflammation, and thereby damage of RA patient’s joints [21]. TNF-α, IL-1β and IL-6 play primary roles in the RA pathogenesis as well as in other inflammatory diseases [8, 11].

IL-6 can promote synovitis and joint destruction by stimulating neutrophil migration, osteoclast maturation and pannus formation. IL-6 may also be mediating numerous systemic manifestations of RA including joint erosions developing as a result of IL-6 action towards osteoclasts and osteoblasts differentiation. On the other hand, IL-6 plays a positive regulatory role in osteoclast differentiation by inducing the expression of receptor activator of nuclear factor kappa-B ligand (RANKL) on the surface of osteoblasts [9, 24, 26].

Several signaling pathways are strongly misregulated in the synovial fibroblasts, monocytes, neutrophils, endothelial and other cells in joints of RA patients. In particular, recent studies of human rheumatic and orthopedic diseases and specific mouse models with both activating and null mutations of proteins required for the canonical Wnt signaling suggest a crucial role of this signaling pathway in the regulation of bone formation, maintenance, repair and remodeling by regulating osteoblast and osteoclast proliferation and differentiation [6, 10, 12]. Osteoblast differentiation is predominantly supported by BMPs that are members of the transforming growth factor (TGF) superfamily, and by Wnt proteins. Although efficient differentiation of the mesenchymal precursors to the osteo- and chondrogenic lineages requires both Wnt and BMP signaling, and the canonical Wnt pathway subsequently acts as the master regulator of osteogenesis [20].

Wnt/β-catenin signaling regulates osteogenesis through multiple mechanisms. Wnts repress alternative mesenchymal differentiation pathways such as adipocyte and chondrocyte differentiation and promote osteoblast differentiation, proliferation, and mineralization activity while blocking osteoblast apoptosis. By increasing a ratio of osteoprotegerin (OPG)/RANKL, β-catenin represses osteoclastogenesis [19]. In a healthy skeleton, cortical bones’ formation and resorption adjacent to joints are well balanced but the inflammatory arthritis leads to an imbalance between these processes. Bone formation is hampered by the TNF-mediated expression of inhibitors suppressing Wnt signals, whereas bone resorption is enhanced by an expression of RANKL [3] – a key factor of the osteoclast differentiation and activation.

In terms of the commitment and differentiation of the mesenchymal stem cells (MSC), there is a cooperative crosstalk between the Wnt and BMP pathways [23]. BMP signaling is crucial for skeletogenesis and homeostasis through both development and adulthood. The crosstalk between BMP and Wnt signaling is notoriously complex in all tissues, and it can be either synergistic or antagonistic, depending on the cellular context and bone is not an exception to this rule. In line with the complexity of their crosstalk, BMP and Wnt signaling have opposing effects on the osteoprogenitors, yet they seem to function, for the most part, cooperatively in the osteoblasts and osteocytes.
Although a crucial role for canonical Wnt signaling in skeleton homeostasis has been strongly established, much remains to be discovered in respect to its fine tuning and crosstalk with other pathways in bone [2].

In our studies, we found that IL-6 inhibits activation of Wnt signaling pathway in primary human synoviocytes. Moreover, TNFα and IL-6 cooperatively inhibit the activation of Wnt response (O. Korchynskyi, unpublished data). The main goal of this study was to evaluate an impact of previously unrecognized negative interaction between the Wnt and IL-6 signaling pathways in skeletal tissues as a possible major mechanism leading to age- and inflammation-related destruction of bone and joints.

MATERIALS

Short (small) hairpin RNA (shRNA). ShRNA-expressing constructs are frequently used as a convenient substitution for siRNA specifically targeting gene expression that allows to avoid initial side effects of transfection required for siRNA delivery to the cells. A set of validated shRNA lentiviral constructs that specifically target the expression of mouse versions of IL-6 mRNAs, was purchased as a part of MISSION library from Sigma-Aldrich (St. Louis, MS, U.S.A.).

Plasmids expressing BMP2 and BMP7 full-length cDNA were purchased from Open Biosystems/GE Healthcare (Lafayette, CO, U.S.A). Wnt signaling-specific reporter Bat-Luc was kindly provided by Dr. Stefano Piccolo. BMP2, BMP7 and Bat-Luc adenoviruses were prepared and grown essentially as before [7]. Briefly: to generate the BMP2 and BMP7 adenoviruses the full-length cDNA were recloned into pShuttle-CMV plasmid. A pShuttle vector was used in order to make a Bat-Luc reporter adenovirus. Obtained pShuttle or pShuttle-CMV constructs were linearized with Pmel restrictase and recombined with Easy-1 vector. Resulting cosmids were linearized with PacI restrictase and prepared as adenoviruses in HEK-293 cells [7].

METHODS

Cell culture and ligands. Our studies were performed using mouse mesenchymal precursor cells of C2C12 and KS483 lines. These cells were cultured in Dulbecco's modified Eagle's medium (DMEM, Sigma) containing 10 % fetal calf serum (FCS, Sigma). Cells were grown in a 5 % CO₂-containing atmosphere at 37 °C. Upon transient transfection, cells were grown in DMEM supplemented with 4 % FCS and 16 hours later, they were transferred to fresh DMEM with 10 % FCS and addition of appropriate ligands. In particular, cells in appropriate variants were treated with 10 ng/ml of recombinant TNFα, 100 ng/ml of IL-6 in combination with 500 ng/ml of soluble IL-6R. All ligands were purchased from R&D Systems (Minneapolis, MN, U.S.A.).

Primary human synoviocytes (fibroblast-like synoviocytes, FLS) were isolated from synovial biopsies of patients with RA (n = 18) fulfilling the American College of Rheumatology revised criteria for RA [1, 7], cultured as previously described [13] and used for experiments between passages 4 and 9, following overnight culture in medium containing 1% fetal bovine serum (FBS; Invitrogen, Breda, The Netherlands).

Transient transfection. C2C12 and KS483 cells were split at a density of 1.5×10^4 cells per cm² in 12-well plates. Next day, cells were transiently transfected with plasmid constructs expressing shRNA targeting IL-6 mRNA or control scrambled shRNA (0.5 µg of total DNA per well). Transfection was carried out using GeneJuice transfection reagent (Merck Millipore, U.S.A.) following the manufacturer's protocol. An efficacy of
shRNA-mediated knockdown was confirmed with quantitative PCR (polymerase chain reaction) and varied from 6.5 to 8 times for most efficient variants (data not shown).

**Stable infection.** C2C12 cells were plated in a complete media overnight. Lentiviral particles were added at the multiplicity of infection (MOI) =5 and =10 in the presence of DEAE-dextran, and cells were incubated for 24 hours. Then, equal amount of fresh media with no lentivirus was added, and the cells were incubated for additional 24 hours. Two days later, transduced cells were selected by adding puromycin (3–4 µg/ml). Obtained puromycin-resistant multi-clonal cultures of C2C12 cells were used for studies. These cells were tested for presence of the lentiviral p24 using ELISA, and no p24 was detected. An efficacy of shRNA knockdown was confirmed with a Real-Time RT-PCR amplification (data not shown).

**Induction of osteoblast differentiation.** C2C12 and KS483 cell lines can be induced to differentiate into osteoblasts by different BMPs, including BMP2 and BMP7. 24 hours after transient transfection, these cells lines were transduced with a combination of adenoviral constructs encoding recombinant hBMP2 and hBMP7 at the multiplicity of infection (MOI) even to 500 for each one construct [17] to induce a production of hBMP2/hBMP7 heterodimers along with appropriate homodimers. During osteogenesis assay, C2C12 and KS483 cells were cultured in a differentiation-supporting medium supplemented with 50 µg/ml ascorbic acid for 4 and 10 days, respectively. Starting from day 10 upon induction of osteogenesis, KS483 cells were also supplemented with 5 mM β-glycerophosphate for next 8 days totaling in 18 days. Recombinant BMPs were a gift from Dr. K. Sampath (Curis, Inc.).

**Alkaline phosphatase assay.** The alkaline phosphatase activity produced by C2C12 was analyzed spectrophotometrically using a π-nitrophenylphosphate (π-NPP), as a substrate [25]. Four days after induction of osteogenesis, the cells were washed twice with 0.4 ml of 1X phosphate-buffered saline (PBS) per well. Afterwards, cells were lysed in 0.2 ml of alkaline phosphatase (ALP) lysis buffer (10 mM glycine, 100 µM MgCl₂, 10 µM ZnCl₂, 0.1% Triton X-100) per well and agitated gently for 5 min. Then, 10 µl aliquot of cell lysate was placed into a 96-well plate and ALP activity was revealed with 90 µl/well of ALP assay buffer (100 mM glycine, 1 mM MgCl₂, 100 µM ZnCl₂) supplemented with 6 mM π-NPP (Pierce-Thermo Fisher Scientific, Grand Island, NY, U.S.A.) [25], were mixed gently and incubated at room temperature until color developed. The optical density was measured at 405 nm (OD₄₀₅) in a 96-well plate reader (BioTek, Winooski, VT, U.S.A.).

**Alizarin staining.** Histochemical examination of mineral deposition by KS483 cells was performed using conventional staining with Alizarin Red (Sigma-Aldrich, St. Louis, MS, U.S.A.) [25]. Cellular monolayers were washed with 1X PBS (0.4 ml/well) and fixed in 10% (v/v) formaldehyde at room temperature for 5 min. The monolayers were then washed with deionized H₂O (dH₂O) prior to addition of 0.4 ml of 2% Alizarin Red S solution (pH 5.5) per well. The plate was incubated at room temperature for 2–5 min with gentle agitation. After aspiration of the unincorporated dye, the wells were washed twice shortly with 0.4 ml of dH₂O per well and once with 3 ml of dH₂O per well while shaking for 5 and 20 min, respectively. Then, the monolayers were stored in 1 ml of 1X PBS and scanned. Representative wells are shown.

**BioEthics Committee Approval.** All human subject samples were collected after approval by the Institutional Review Board of the Academic Medical Center/University of Amsterdam, Amsterdam, The Netherlands (Protocol MEC 07/079 #10.17.0708) and provision of informed consent by the patients.

**Statistical analysis.** Statistical differences were analyzed by Student’s t-test.
RESULTS AND DISCUSSION

In studies performed on primary human synoviocytes, we found that both TNFα and its target gene IL-6 inhibit activation of Wnt signaling induced with an overexpression of Wnt3a adenovirus (Fig. 1). The inhibitory effect was more pronounced at lower level of Wnt signaling activation (correspondingly, 13 and 11 times inhibition for TNFα when Wnt3a was used at MOI = 300 and 500). The inhibitory effect of IL-6 was also more pronounced at lower level of Wnt signaling activation (correspondingly, 3.4 and 3.1 times inhibition for IL-6/IL-6R combination when Wnt3a was used at MOI = 300 and 500) (Fig. 1).

Fig. 1. IL-6 and TNFα inhibit activation of Wnt signaling pathway in primary synovial fibroblasts.

Primary synovial fibroblasts were transduced with the mixture of Bat-Luc luciferase reporter adenovirus at multiplicity of infection (MOI) = 200 and a LacZ adenovirus (MOI = 5) used for normalization, 10 hours later cells were treated with a combination of recombinant IL-6 (100 ng/ml) and IL-6R (500 ng/ml) or 10 ng/ml of recombinant TNFα for 3 days. 20 hours after reporter transduction a Wnt3a adenovirus at indicated MOI was infected for next 48 hours.

We further performed an in vitro evaluation of functional contribution of IL-6 and TNFα effect on inhibition of bone formation using treatment with recombinant cytokines combined with a blocking of IL-6 expression by shRNA in mouse mesenchymal precursor cells of C2C12. ALP is a widely used marker of early stages in osteoblast differentiation [5, 14, 16], and we successfully used it in preliminary studies (not shown). Treatment of C2C12 cells with TNFα completely inhibits their myoblast differentiation, as well as strongly inhibits BMP-induced osteogenesis (Fig. 2, and data not shown).
Transient overexpression of shRNA targeting *IL-6* mRNA, similarly to many other small interfering (siRNA) and shRNA, always induces some off-target interferon response. At the same time, efficient shRNA constructs allowed to partially (IL-6 shRNA-1) rescue the osteogenic differentiation from negative effect of TNFα. In case of IL-6, shRNA-2 converts TNFα from an inhibitor into a potentiator of osteogenesis (data not shown).

We generated lentivirally transduced multi-clonal cultures of C2C12 cells with stable expression of shRNAs that specifically targets the expression of *IL-6* mRNA and scrambled shRNA. It was shown that shRNA-mediated knockdown of *IL-6* expression significantly increased hBMP2/hBMP7-induced osteoblast differentiation (in individual experiments from 2.7 to 6 times compared with a control) in stable multi-clonal cultures of C2C12 cells (Fig. 2).

However, ALP cannot be used as a marker for late stages of osteoblast differentiation for which bone mineral deposition and nodules formation are specific. According to literature and to our preliminary data (not shown), Wnt pathway is activated during late stages of osteoblast differentiation [18]. Unfortunately, C2C12 cells cannot undergo late stages of osteoblast differentiation. In order to confirm a proper functional outcome of IL-6 inactivation in differentiating osteoblasts, we used for these experiments KS483 cells that can efficiently follow late stages of osteogenesis [25]. Unfortunately, we were not able to combine hBMP2/hBMP7 treatment with TNFα due to massive death induced in KS483 cells by TNFα (data not shown). Similar effect was also observed by other investigators with other (pre)osteoblastic cell lines [4, 15].

![Fig. 2. ShRNA-mediated knockdown of *IL-6* expression potentiates and rescues early osteogenesis from negative effect of TNFα in stable multi-clonal cultures of C2C12 cell line.](image)

As is shown on a fig. 3, a treatment of KS483 cells with hBMP2/7 strongly intensified their late osteoblast differentiation and overexpression of a combination of 6 versions of shRNA constructs targeting *IL-6* further potentiated osteoblast differentiation. It
was observed through nodules formation and matrix mineralization when compared with a control scrambled shRNA.

We showed that a knockdown of IL-6 expression partially rescues osteogenesis from the negative control of inflammation. Such a result suggests that IL-6 is an important mediator in inhibition of osteoblast differentiation by TNFα. Despite the fact that IL-6 and TNFα are well recognized as the key cytokines in RA pathogenesis, a proper understanding of the precise molecular mechanism(s) for functional contribution of IL-6 and TNFα interaction into inhibition of bone formation is critically important.

![Fig. 3.](image)

Taking into account known data, it was unexpectedly to find TNFα as an activator of osteoblast differentiation. It shows that activation/inhibition and regulation of osteogenesis are poorly known, in particular during inflammation or due to aging. It is a complex system that includes many components and interactions and many of them are still unknown.

We also showed that IL-6 is an important inhibitor of late osteogenesis which can be explained by the existence of still unknown direct or indirect negative interaction between IL6 and Wnt signaling pathways. The Wnt signaling pathway inhibition by this cytokine in skeletal tissues is a possible major mechanism leading to age- and inflammation-related bone and joints destruction.

Thus, our data as well as results of other investigators together with our preliminary results allow us to hypothesize that a crosstalk between IL-6 and Wnt signaling pathways represents a novel key system in regulating homeostasis of joint tissues with involvement into pathogenesis of RA and osteoporosis progression. Our understanding of the precise molecular mechanisms and functional impact of inhibition of Wnt signaling pathway by IL-6 is crucially important for proper knowing of its role in the RA and osteoporosis pathogenesis and progression. Besides that, knowing these mechanisms can become a basis for development of novel strategies in diagnostics and treatment of this and other related disorders.
CONCLUSIONS

IL-6 is an important mediator in inhibition of osteoblast differentiation by the TNFα, and knockdown of IL-6 expression partially rescues osteogenesis from negative control of inflammation. The anti-osteoblastic effects of IL-6 are most likely mediated by its negative interaction with Wnt signaling pathway.

ACKNOWLEDGMENTS

This work was partly supported by Young Scientist Carrier Support grant from the West-Ukrainian BioMedical Research Center (WUBMRC), and by the Molecular & Cellular Biotechnologies Grant of the National Academy of Sciences of Ukraine (Project No 37).

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ShRNA-ОПОСЕРЕДКОВАНИЙ НОКАДУН ЕКСПРЕСІЇ ІНТЕРЛЕЙКІНУ-6 ЗВІЛЬНЯЄ ОСТЕОГЕНЕЗ МИШАЧИХ МЕЗЕНХІМНИХ СТОВБУРОВИХ КЛІТИН ВІД БЛОКУВАННЯ ФАКТОРОМ НЕКРОЗУ ПУХЛИН α.

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Ревматоїдний артрит (РА) – важке аутоімунне запалювальне захворювання, яке значно ускладнює життя пацієнтів, оскільки асоціюється з різними патологічними станами та соціально-економічними витратами. Етіологія цього захворювання залишається невідомою. Було показано, що інтерлейкін-6 (ІЛ-6), ген якого є мішенню дії інтерлейкіну 1β (ІЛ-1β) та фактора некрозу пухлини α (ФНПα), відіграє важливу роль у патофізіології РА. Відомо, що сигнальні ланцюги морфогенетичних білків кістки (МБК) і Wnt є ключовими сигнальними шляхами, які важливі для індукції та підтримання формування хрящової і кісткової тканин. Нами з’ясовано, що стимуляція первинних синовіоцитів людиною ІЛ-6 підібрано до ФНПα призводить до блокування сигнального шляху Wnt. У цій роботі зроблено оцінку впливу нововиявлених негативних відділів клітин лінії C2C12 на регулювання його від негативного впливу ФНПα. Він також підсилює
мінералізацію кісткового матрикса мезенхімними клітинами-попередниками миші лінії KS483. Отже, ІЛ-6 є важливим медіатором викликаного дією ФНПα інгібування диференціювання остеобластів. Нокдаун мРНК ІЛ-6 частково звільняє остеогенез від негативного впливу запалення. Антiosoosteобластні ефекти ІЛ-6, ймовірно, опосередковані його негативним впливом на сигналний шлях Wnt.

Ключові слова: ревматоїдний артрит, мезенхімні стовбурові клітини, остеогенез, інтерлейкін-6, сигналний шлях Wnt.

ShRNA-ОПОСРЕДОВАННЫЙ НОКДАУН ЭКСПРЕССИИ ГЕНА ИНТЕРЛЕЙКИНА-6 ОСВОБОЖДАЕТ ОСТЕОГЕНЕЗ ОТ БЛОКИРОВКИ ФАКТОРОМ НЕКРОЗА ОПУХОЛЕЙ α В МЫШИХ НЕЗЕНХИМАЛЬНЫХ КЛЕТКАХ-ПРЕДШЕСТВЕННИКАХ

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Ревматоидный артрит (РА) – тяжелое аутоиммунное воспалительное заболевание, которое значительно осложняет жизнь пациентов, поскольку ассоциировано с различными патологическими состояниями и социально-экономическими затратами. Этиология заболевания остается неизвестной. Было показано, что интерлейкин-6 (ИЛ-6), являющийся геном-мишенью фактора некроза опухолей α (ФНОα) и интерлейкина 1β (ИЛ-1β), играет важную роль в патофизиологии РА. Известно, что сигнальные цепи морфогенетических белков кости (МБК) и Wnt являются ключевыми сигнальными путями, которые индуктируют и поддерживают формирование хрящевой и костной тканей. Нами показано, что стимуляция первичных синовиоцитов человека с помощью ИЛ-6 подобно ФНОα ведет к блокированию сигнального пути Wnt. В этом исследовании мы оценили влияние ранее неизвестного негативного взаимодействия между сигнальными путями Wnt и ИЛ-6 в скелетных тканях, в качестве вероятного основного механизма, который приводит к обусловленному возрастом или воспалением разрушению костей и суставов. Было показано, что shRNA опосредованный нокдаун экспрессии гена ИЛ-6 значительнее усиливает ранние стадии hBMP2/7 – индуцированного остеогенеза клеток линии C2C12 и освобождает его от негативного влияния ФНОα, а также усиливает минерализацию костного матрикса мезенхимальными клетками-предшественниками мыши KS483. Таким образом, ИЛ-6 является важным медиатором ФНОα-опосредованного ингибирования дифференцировки остеобластов и нокдаун гена ИЛ-6 частично освобождает остеогенез от негативного воздействия воспаления. Антиостеобластные эффекты ИЛ-6, вероятно, опосредованы его отрицательным взаимодействием с сигналным путем Wnt.

Ключевые слова: ревматоидный артрит, мезенхимальные стволовые клетки, интерлейкін-6, остеогенез, сигналый путь Wnt.

Одержано: 24.11.2015