Improved ganoderic acids production in *Ganoderma lucidum* by wood decaying components

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**Ganoderma lucidum** is a legendary Traditional Chinese Medicine (TCM) over a few thousands of years and one kind of its major active components are Ganoderic acids (GAs). GAs are largely produced in the mushroom primordium and fruiting body but much less in mycelium stage. However, little is known on the underlying regulatory mechanism. As a saprophytic fungus, *G. lucidum* solely obtains nutrients by wood decaying. Wood in general contains sophisticated chemical components with diverse structural units. To explore a strategy that extensively leads to GAs induction in the submerged liquid fermentation, all chemical components that might be possibly from the wood decaying were tested individually as GAs inducers. It was found that GAs production increased 85.96% by 1.5% microcrystalline cellulose (MCC) and 63.90% by 0.5% D-galactose. The transcription level of a few rate-limiting or chemically diverting enzymes responsible for GAs biosynthesis was greatly induced by MCC and D-galactose. The concentration and time-course titration study indicated that these two chemicals might not be utilized as carbon sources but they played a comprehensive role in the secondary metabolites synthesis. Our data indicated that MCC and D-galactose might be further industrialized for higher GAs production in *G. lucidum* in submerged fermentation.

*Ganoderma lucidum* is a medicinal fungus which is widely known as “Lingzhi” or “Reishi” in East Asia. Lingzhi has been used as a medical material for a few thousand years in China1. Recent study indicated that *G. lucidum* has many pharmacological activities such as antimicrobial, antiviral, antitumor, antiallergic, immunomodulating, anti-inflammatory, antiatherogenic and against obesity2–4. The most important bioactive products of *G. lucidum*, as claimed by numerous studies5–16, are Ganoderic acids (GAs), which belong to a class of oxygenated C30 lanostane-type triterpenoids (Fig. 1).

Production of GAs without tedious *G. lucidum* culture has been a target for decades because of huge market demand. GAs production from mycelium is much easier to control with fermentation technology, compared to the classical extraction from fruiting bodies. Medicinal metabolites may be extracted from mycelium without a long mushroom stage17. However, the mycelium of *G. lucidum* has a low content of GAs18. In order to increase the yield of GAs during fermentation, various strategies have been tried. In general, factors like culture medium, temperature, pH, oxygen and light who inevitably affect the growth of the fungi, may affect the GAs content17. A swapping flask shaking/static fermentation greatly improved the GAs yield19. Shifting temperature during submerged liquid fermentation also significantly improved the GAs production up to 37.11%20. Other studies focus on additives for the GAs induction, such as total GAs increased 30% by fungal elicitors treatment21, 45% by methyl jasmonate22, 105% by acetic acid23, 80% by aspirin24 and 90% by ethylene25. The static fermentation seemed to promote GAs yield higher, such as the GAs level increased 270% by Ca2+ activation26, while Mn2+ increased the GAs content by 220%27. In order to enhance the oxygen utilization of *G. lucidum*, mushroom transformed with *Vitrioscilla hemoglobin* gene showed up to two times higher GAs production over the non-transgenic control28. Nevertheless, the diverse treatments that brought to higher GAs production help to shape a better route towards the understanding of GAs synthesis and regulation. On the other hand, how these chemicals profoundly affecting

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Figure 1. The biosynthetic pathway of ganoderic acids in *Ganoderma lucidum*. The enzyme’s acronyms used in the figure are: AACT: acetyl CoA: acetyl CoA C-acetyltransferase; HMGS: 3-hydroxy-3-methylglutaryl CoA synthase; HMG-CoA: 3-hydroxy-3-methylglutaryl CoA; HMGR: 3-hydroxy-3-methylglutaryl CoA reductase; MVA: mevalonate; MK: mevalonate kinase; IPPI: isopentenyl diphosphate isomer; FPP: farnesyl pyrophosphate; SS: squalene synthase; SE: squalene epoxidase; LAS: lanosterol synthase; IPP: isopentenyl pyrophosphate; GPPS: geranyl diphosphate; GPP: geranyl pyrophosphate; FPPS: farnesyl diphosphate synthase.
the overall biological logic of the fungi is largely unknown. It also raises a safety issue with some of the treatments such as aspirin or heavy metals.

In most fungi and higher plants, GAs are synthesized via the mevalonate (MVA) pathway\(^29,30\). Most of the enzymes responsible for GAs have been elucidated (Fig. 1). Among these enzymes, three are important for the GAs biosynthesis, which are: 3-Hydroxy-3-methylglutaryl coenzyme A reductase (HMGR), a rate-limiting enzyme of the mevalonate/isoprenoid pathway; squalene synthase (SQS), an enzyme catalyzing the first step specific to the triterpenoids and lanosterol synthase (LAS), the enzyme responsible for the formation of lanostane-type triterpene skeleton\(^26,31–33\). By a series of further oxidation and reduction reactions, various GA derivatives are formed in current study as shown in Fig. 1.

G. lucidum and its close relatives obtain nutrients through wood decomposition, which results in extensive delignification of wood around the world\(^34\). Wood chemical composition mainly includes cellulose, hemicellulose and lignin. Cellulose is composed of glucose units through β-1, 4 glycosidic bond while hemicellulose is formed by a variety of simple sugars, such as D-galactose, L-arabinose, D-xylene, D-rhamnose and D-mannose\(^35–37\). Lignin is another important structural material in the plant cell wall\(^38\). Lignin digestion by fungi is conducted by peroxidase or laccase, producing mainly three kinds of phenol elements: coniferyl alcohol, sinapyl alcohol and para-coumaryl alcohol\(^39\). The nutrients from the wood decay solely support G. lucidum growth from a spore to mycelium, then primordia and last into fruiting body.

In this study, inspired by a natural phenomenon that various tissues and organs of the fungus could grow out of simple wood, we tried to find out possible degradative components from wood that could be a significant spur for GAs biosynthesis that might be lent by us for liquid fermentation. In this regard, various components of cellulose, hemicellulose and lignin were tested for the total GAs production in the liquid fermentation. Our findings will benefit the future research in this economically as well as medicinally important mushroom.

Results

The effect of possible wood chemical degradation components on GAs yield in liquid fermentation of G. lucidum. In order to find out whether any possible chemical component from wood decomposition would significantly improve the GAs production of G. lucidum in liquid fermentation, we tested all possible chemical components of wood decomposition as a preliminary screening of the potential inducers. Chemicals tested for GAs induction were MCC and its degradative product D-cellubioside, lignin and its degradate product coniferyl alcohol and various hemicellulose degradation products, including D-galactose, L-arabinose, D-xylene and D-rhamnose, D-mannose, glucan hyaluronic acid and algin sodium mannuronic acid. The dry weight and total GAs for each treatment were measured, using potato dextrose agar (PDA) media culture as a control. The effect of different concentrations of the above chemicals was also tested (Fig. 2). In our hands, MCC could not be dissolved in any solvent, but it could be evenly dispersed in the culture media. As it is difficult to separate the MCC from mycelium through filtering, so we compare the GAs production in 100 ml medium. The result showed that the GAs production increased along with MCC dosage, while D-cellubioside had no effect on GAs biosynthesis and G. lucidum growth at a concentration of 0.1%, 0.5% and 0.25% (Fig. 2a–c). Though adding of L-arabinose and D-xylene increased the biomass of G. lucidum significantly, they had no contribution to GAs biosynthesis (Fig. 2d–f). On the other hand, D-galactose significantly induced GAs biosynthesis and it promoted G. lucidum growth with an increase of 58.9% at the dosage of 0.5% (Fig. 2d–f). It showed that 0.5% D-rhamnose also enhanced GAs accumulation by 22.4% (Fig. 2d–f). Lignin, another important compound of wood degradation, could increase GAs content significantly (Fig. 2g–i). Another wood degradation product, the coniferyl alcohol, produced no effect on GAs content. Additionally, we found comparably high triterpenoid background absorbance in lignin and coniferyl alcohol, which depreciated our interest on further optimization, especially with a low improvement by these two chemicals. The preliminary screening prompted us to further concentrate on MCC and D-galactose as the GAs inducers.

Optimization of inducer dosage and timing in fermentation. In order to find out a suitable dosage for MCC and D-galactose in our study, different concentrations of these two chemicals were added into the fermentation medium on the third day of culture. As shown in Fig. 3, GAs production increased along with the dosage of MCC. The content increased significantly with 1.5% to 3.5% MCC (Fig. 3a). D-galactose also significantly induced GAs biosynthesis and promoted the growth of G. lucidum on the concentration of 0.25% and 0.5%, but lower or higher concentration of D-galactose resulted in insignificance (Fig. 3b). Since MCC is insoluble in the culture media, a common dispersant, Tween-20 was added to increase the permeability. The data showed that tween-20 significantly increased the GAs yield (Fig. 3c). To check the possible synergic effect of MCC and D-galactose on the GA induction, different proportions of these two chemicals were added and tested on GAs production. Results proved that MCC and D-galactose at a ratio of 1:1, 1:2 or 1:3 all significantly increased GAs production, compared to the untreated control (Fig. 3d). However, GAs from the combination was not greatly higher than either galactose or MCC alone (Fig. 3b–d). We also tested adding of the inducer at an interval of every 2 days during the fermentation. The results indicated that addition of both MCC and D-galactose at the day 3 greatly stimulated the GAs yield (Fig. 4a,b). On the third day, the MCC led to GAs increase by 85.96% (from 11.4 mg/100 ml to 21.2 mg/100 ml) as shown in Fig. 4a and D-galactose resulted a GAs increase of 63.9% (from 12.42 mg/100 ml to 20.36 mg/100 ml) (Fig. 4b). It means the third day was the best time for adding of the inducer. In order to verify the fermentation time of MCC and D-Galactose on GAs induction, we recorded the dynamic change of GAs biosynthesis every 24 hrs for 4 days (Fig. 4c,d). The results demonstrated that GAs yield was significantly increased by MCC from day 1 to day 4, while the yield from D-galactose induction was significant higher than that of control from day 3 to day 4 (Fig. 4c,d).
Transcript alterations responding to inducers. To further understand the impact of MCC and D-galactose addition on the metabolism, the expression of genes in GAs biosynthesis was investigated by qRT-PCR. Therefore, the transcriptional levels of GA biosynthetic genes HMGR, SQS and LAS in the fungi treated with 1.5% MCC or 0.5% D-galactose were detected. As shown in Fig. 5, as the upstream rate-limiting gene, HMGR expression level was high from the beginning 2 hrs to 24 hrs of the fermentation, and then declined from 48 hrs to 72 hrs. But the HMGR expression level recovered at 96 hrs. MCC shared the similar trend with the control but the expression level was significantly higher from 48 hrs to 96 hrs, with the highest expression of 3.5 fold than that of the beginning (Fig. 5a). On the other hand, D-galactose also induced HMGR's expression but the peak was at the 24 hrs with a 4.3 fold increase (Fig. 5d).

The SQS expression reached the highest point at 6 hrs and then decreased to a much lower level in the rest 4 days. However, MCC promoted SQS expression at 6 hrs to an even higher level and it enhanced the expression at the day 3 and day 4 (Fig. 5b). D-galactose significantly enhanced SQS expression at day 1 and day 4 after the expression reached to the peak at 6 hrs (Fig. 5e).

The LAS gene expression gradually increased along the time while the gene's expression was further increased by either the MCC or D-galactose. The difference between MCC and D-galactose is that MCC greatly induces the gene expression from day 2 to day 4 but D-galactose increases the expression from day 1 to day 2. This might be a valuable clue for further fermentation optimization.

Discussion

Wood chemical degradation components affect GAs biosynthesis in liquid fermentation of *G. lucidum.* *G. lucidum* has been used as a tonic TCM for a long history in Southeast Asia countries. The scarcity of the wild-grown mushroom made it extremely precious in old days. However, the recent in-depth biological study of *G. lucidum* has made the cultivation of the mushroom fairly straightforward\(^4^0\). However, cultivation of the mushroom need a large quantity of fine wood and the fruiting body is hard to be consumed because it is highly-lignified and it has a strong bitter taste with normal boiling. Consumers turn to take the spores of *G. lucidum* for an alternative. However, compared to mycelia and fruiting bodies, the biomass of the spores is very limited. Therefore, the medicinal applications of Lingzhi have to be more efficient, unless there are scientific proofs to support the advantage of spores over mycelia and fruiting bodies.
G. lucidum essentially belonging to a member of Basidiomycota (white-rot fungi), which have the ability to grow on wood for their growth\(^4\). G. lucidum is highly adoptable to grow on a dozen of lignocellulosic biomass materials due to its rich enzymes which can degrade different components of wood including cellulose, hemicellulose as well as lignin\(^4\). Recent genome sequencing revealed that G. lucidum has one of the largest sets of enzymes for wood decomposition in the Basidiomycota\(^1\). G. lucidum is fully dependent on wood decomposition for its growth nutrients but the mushroom undergoes a few developmental stages, namely, the mycelium, primordia and fruiting body and sporing stage during its life cycle. The mycelium is easy to culture in bulk yield with modern fermentation technology. However, it is reported that the GAs content was much less compared to that of primordia and fruiting body\(^1\). We hypothesized that there is a trigger of the morphologic change for G. lucidum and it could be a chemical from wood decomposition.

In this study, we tested all possible chemical components or units from wood decomposition as a preliminary screening of the potential inducers. MCC, a natural occurring polymer of glucose linked with 1→4 β glycosidic bonds, is from wood partial decomposition. MCC serves as an uncomplete state of the wood during its composition. The results indicated that GAs yield increased alone the culture time (Figs. 2 and 3). However, the cellobiose, a disaccharide formed with 1→4 β glycosidic bonds, did not lead to GAs over production (Fig. 2). The difference might be because there are some chemical residues other than glucose in the MCC made a contribution to the GAs over production. The assumption is based on the fact that the glycosidic bonds in MCC and cellobiose are the same and so their final products as well.

Further tests were conducted with lignin and its degradation product coniferyl alcohol and various hemicellulose degradation products, including D-galactose, L-arabinose, D-xylene and D-rhamnose, D-mannose, glucan hyaluronic acid and algin sodium mannnuronic acid (Fig. 2). Of all the chemicals tested above, only D-galactose significantly increased both the biomass and GAs yield. Other sugars had little improvement in the GAs production or even adversely affected its yield. Galactose is only 6% of the glucose and 3% of all monosaccharide in the pine tree\(^4\), indicating a very low ratio in the wood composition. Yeast evolved to metabolize galactose as a carbon source in case glucose is absent\(^4\). In our experiments, however, the glucose was sufficient for the whole stage of fermentation, and so it is less likely to have a similar genetic circuit in the G. lucidum. On the other hand, the biomass did not increase with the concentration of galactose (Figs 2 and 3), indicated that it was not a main carbon source to support the mushroom’s growth. Further study is needed to look into the mechanism underlying the improvement of the biomass and GAs content of G. lucidum by galactose.
Optimization of GAs production. In a specific culture system, cell growth and metabolite yield are greatly affected by the optimization of fermentation time and the dosage of an elicitor. Previous studies also proved that GAs yield was greatly influenced by a number of environmental factors including the elicitor, parameters of fermentation process and culture medium.

In order to find the suitable addition dosage in our study, different concentrations of MCC and D-galactose were added into the fermentation medium on the third day of culture. The galactose with a certain concentration stimulated the GAs production, indicating it was not a carbon source, as discussed above. Dispersant Tween-20 was added to increase the permeability of MCC since it is not soluble in the media. It is worth noting that Tween-20 has inhibitive effect on GAs production without MCC addition, indicating that Tween-20 did assist MCC permeability.

As the secondary metabolites, triterpenoids essentially are a group of chemicals that are not necessary for basic growth but indispensable for the survival and competition in the environment. So it may have a balance between optimal growth with rich nutrients and stressed growth with limited nutrient environment. In this regard, we sought to find a suitable addition time for the MCC and D-galactose. Our results proved that adding of both MCC and galactose at the third day of fermentation gained the highest GAs yield. However, it is still unknown the particular role of MCC and galactose in GAs induction in the course of fermentation.

Understanding of the GAs biosynthesis at molecular level. Previous studies showed that the yield of GAs can be improved by regulating the expression level of specific genes. It is also reported that it was possible to increase the production of GAs by enhancing the expression level of a few genes in G. lucidum culture. The biosynthesis of most triterpenoid derivatives shares a basic metabolic pathway, of which the final products are produced by a series of enzymatic reactions. Thus investigation of the activity of the genes which are responsible for the tritepenoids synthesis may provide information at the molecular level. The qRT-PCR data showed that the activity of most genes was enhanced during MCC and galactose induction.

SQS is a critical branch-point enzyme and an important regulatory point monitoring the carbon change into the terpenoid synthesis. Studies showed that SQS was more critical for the GA biosynthesis than LAS and HMGR in G. lucidum. Our data indicated that both MCC and galactose enhanced HMGR and SQS's expression, while with different patterns. It exhibited a tendency that MCC and galactose induced the above three genes' expression. However, it is unknown that why a chemical could activate different gene's expression. We hypothesized that MCC and galactose were unlikely used as nutrients during the fermentation. These two chemicals may globally affect the status of fungi growth. It correlates with the over-expression of three key genes for GAs production. We deduced that since these two chemicals were not direct substrate for GAs, the higher GAs production might come from elevated enzymes' activity for...
its biosynthesis. Further studies may explore the mechanism how MCC and galactose induce the GAs enhanced production.

In all, we studied the influence of wood degradation components on GAs production in liquid cultivation of *G. lucidum* because the mushroom is capable to utilize the wood as sole nutrients. Although the saprophytic fungus is originally dependent on the timber for its life cycle, we found out that not all kinds of wood degradation components contributed to the GAs accumulation in the liquid culture. Our result showed that two possible wood degradation intermediates, MCC and a monosaccharide, the D-galactose, played a significant role in the secondary metabolism, and both chemicals increased the expression level of key genes that are responsible for the GAs biosynthesis. Both MCC and D-galactose are part of native cellulose structural components. Currently it is hard to clearly explain why only a few components are strong inducers of secondary metabolites but this work provides a convenient, economical and safe approach for the enhancement of GAs. Our strategy paves a way to further explore the wood degradation process for the optimal production of GAs in *G. lucidum* and active components from other medicinal mushrooms.

**Methods**

**Fungal strain and culture conditions.** The *G. lucidum* dikaryotic strain CGMCC5.0026 was obtained from China General Microbiological Culture Collection Center (Beijing, China). Microcrystalline cellulose (MCC), lignin, D-cellobiose, D-galactose, L-arabinose, D-xylose and D-rhamnose were purchased from Sangon Biotech (Shanghai, China). Vegetative mycelia were grown on PDA plate at 28 °C in the dark. Liquid cultures were shaken at 28 °C with 125 revolutions per minute (rpm). Seed cultures were grown in 250 ml flasks containing 100 ml preculture medium (g/L: glucose 35, peptone 5, yeast extract 2.5, KH₂PO₄ 0.883, Vitamin B₁ 0.05, MgSO₄·7H₂O 0.5, initial pH 5.5) at 125 rpm and 28 °C for 7 d. The fermentation experiments were performed in 250 ml flasks containing 100 ml fermentation medium (g/L: glucose 35, peptone 5, yeast extract 5, KH₂PO₄ 0.883, Vitamin B₁ 0.05, MgSO₄·7H₂O 0.5, pH5.5) at 125 rpm at 28°C for 7 days. All chemicals were added to the fermentation media at 72 h post of inoculation at indicated concentration. MCC and lignin were sterilized at 115 °C for 30 min. Instead, the rest of saccharide and sugars were sterilized by filtration through a 0.2 μm membrane.

**Measurement of GAs.** After fermentation, *G. lucidum* cells were collected by centrifuge. The mycelium was then placed in a heated chamber at 50 °C for 4 h to dry. GAs were extracted from 0.1 g dried fungal mycelium by 50% (v/v) ethanol and measured as previously described. Briefly, 0.1 g mycelium powder was added with 3 ml 50% (v/v) ethanol for extraction. After centrifugal, the supernatants were dried at 50 °C under rotary...
evaporation. The residues were then resuspended with 3 ml water and extracted again with chloroform. After mixing, the chloroform layer was taken out and extracted with 5% (w/v) NaHCO3. The pH of the NaHCO3 layer was adjusted to 3.0 with 2 M HCl. Then the NaHCO3 layer is extracted with chloroform and dried at 40 °C under rotary evaporation. Final precipitations were dissolved in anhydrous ethanol. The absorbance measured under 245 nm represents the GA yield.

Transcriptional analysis. The mycelium samples were taken from fermentation media at indicated time. The mycelia were harvested by centrifuge and stored immediately in −80 °C until use. Total RNA was extracted using RNAiso Kit (TaKaRa, Shanghai). The cDNA was synthesized with a HiFi Script Quick dDNA Removal Kit (Tiangen Biotech., China). The RNA samples were quantified by a Nanodrop 2000 spectrophotometer (Thermo Scientific, USA). The quality of RNA was verified by electrophoresis. Fluorescence quantitative reverse transcription PCR (qRT-PCR) solution was prepared with SYBR Green qPCR Mix according to manual operation (Aidlab Biotech., China). The expression levels of 18 s, HMGR, SQS and LAS were analyzed by qPCR method. Primers were quoted from Chen et al. (18s-F: TATCGAGTTCTGACTGGGTTGT; 18s-R: ATCCGTGTCGTAAGAATGTTAT); HMGR (F: GCGTCGGTAACATGATCCTT; R: GAAAGACGGCTTGGAATAG); SQS (F: AAAACGCGACATTACCCAA; R: CTTGATGACCCCAGAGAAA); LAS (F: GAAACCAGATCCATACAGGA; R: GAACCACCGTCTGTTAT). The qRT-PCR was performed on a qTOWER 2.0 machine (Analytik Jena AG, Germany). The PCR reactions were set up by the following procedures: After an initial denaturation step at 94 °C for 3 min, amplification was carried out in three steps: 20 s of annealing at 54 °C and 30 s of extension at 72 °C for a total of 40 cycles. Identical PCR conditions were used for all targets.

Statistical analysis. SPASS (version 19.0) was used to analyze data. Analysis of variance (ANOVA) of data and graphics was also generated by the software. Data were presented as mean ± standard error, and significant difference was analyzed at the 0.05 level by one-way ANOVA, LSD multiple range test.

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Author Contributions
Conceived and designed the experiments: X.H., Y.H. Performed the experiments: Y.H., J.L., B.L. and Z.G. Analyzed the data: Y.H., S.A. and X.H. Performed sample preparation and experiments: Y.H., Q.Y. and X.L. Wrote the manuscript: Y.H., S.A. and X.H.

Additional Information
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