IgG4-Related Hypertrophic Pachymeningitis with Skull Base Involvement Presenting with Isolated Glossopharyngeal and Vagus Nerve Palsy

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Abstract:
We herein report a 70-year-old man diagnosed with IgG4-related hypertrophic pachymeningitis with skull base involvement, who presented with isolated glossopharyngeal and vagus nerve palsy. Contrast-enhanced magnetic resonance imaging (MRI) showed enhanced dural thickening of the posterior clivus and skull base involvement. When a patient with hypertrophic pachymeningitis presents with isolated cranial neuropathy without systemic manifestations or definite MRI abnormalities, it is difficult to make a diagnosis, and the patient may be misdiagnosed. This case suggests that a detailed radiological evaluation including contrast enhancement of the skull base is very important in patients with isolated glossopharyngeal and vagus nerve palsy.

Key words: IgG4-related disease, hypertrophic pachymeningitis, glossopharyngeal and vagus nerve palsy

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Introduction
Hypertrophic pachymeningitis (HP) is an inflammatory condition that causes a diffuse or localized thickening of the dura mater. Although headache and cranial neuropathies are the most common neurological manifestations of HP, when a patient presents with isolated cranial neuropathy without systemic manifestations or definite magnetic resonance imaging (MRI) abnormalities, it is difficult to make a diagnosis, and the patient may be misdiagnosed.

We herein report a 70-year-old man diagnosed with IgG4-related HP with skull base involvement, who presented with glossopharyngeal and vagus nerve palsy. MRI without contrast medium failed to reveal any abnormalities; however, contrast-enhanced MRI showed enhanced dural thickening of the posterior clivus and the cerebellar tentorium. This case suggests that a detailed radiological evaluation including contrast enhancement of the skull base is very important in patients with isolated glossopharyngeal and vagus nerve palsy, and an early and appropriate diagnosis and treatment of HP are indispensable for reducing neurological sequelae.

Case Report
A 70-year-old previously healthy Japanese man was admitted to our hospital in November 2019 owing to gradually worsening hoarseness of voice and swallowing difficulty. On admission, neurological examinations revealed glossopharyngeal and vagus nerve palsy (severe hoarseness of voice, swallowing difficulty, soft palate palsy, and poor gag reflex). Other cranial nerve functions showed no abnormalities, and no motor or sensory deficits were observed. The laryngoscopic findings were bilateral vocal fold immobility and fixation in the paramedian position. Routine laboratory examinations revealed no remarkable findings except for an
elevated erythrocyte sedimentation rate (44 mm/h). An immunologic analysis revealed an elevated serum IgG4 level (136 mg/dL; normal range, 4.5-117 mg/dL). Serum angiotensin-converting enzyme levels were normal. Tests for antinuclear antibodies, rheumatoid factor, anti-SS-A/SS-B antibodies, myeloperoxidase- and proteinase 3-antineutrophil cytoplasmic antibodies (MPO-, and PR3-ANCA), anti-acetylcholine receptor, and anti-muscle-specific tyrosinase antibodies were all negative. Cerebrospinal fluid (CSF) studies showed no remarkable findings. CSF cultures for bacteria and fungi were negative, and polymerase chain reaction for Mycobacterium tuberculosis was also negative. MRI without contrast medium could not reveal any abnormalities; however, contrast-enhanced MRI showed enhanced dural thickening of the posterior clivus and the cerebellar tentorium. In addition, infiltrative lesions in the clivus, petrous apex, and prevertebral and carotid spaces were observed (Figure A-C). Based on these findings, he was diagnosed with IgG4-related HP with skull base involvement present (Figure A-C). Therefore, this case is classified as “possible” based on the diagnostic criteria for IgG4-RD (7).

He started treatment with the oral administration of prednisolone at 40 mg/day, which was then slowly tapered. At two months after the start of treatment, soft palate palsy and dysphagia gradually began to improve. At this point, IgG4 levels had already normalized, and follow-up MRI showed a reduction in dural thickening and enhancement (Figure D-F). His voice hoarseness took a long time to improve and gradually improved about six months after treatment. In May 2021, he was in stable remission with oral administration of corticosteroids at 5 mg/day, and MRI showed no recurrence of HP.

Discussion

IgG4-related disease (IgG4-RD) is an immune-mediated multisystem disorder characterized by tissue infiltration with lymphocytes and IgG4-secreting plasma cells. Common clinical presentations include autoimmune pancreatitis, salivary and lacrimal gland enlargement, orbital inflammation, and retroperitoneal fibrosis (1). Central and peripheral nervous system complications of IgG4-RD are relatively uncommon, but HP, hypophysitis, and neuropathy have been reported (2-4). Skull base and sinonasal involvement is also rare, although there have been some reports (5, 6). The present case had no lesions on which a biopsy could be performed. Therefore, this case is classified as “possible” based on the diagnostic criteria for IgG4-RD (7).

HP is an inflammatory condition that causes a diffuse or localized thickening of the dura mater. It is associated with tuberculosis, fungal meningitis, syphilis, rheumatoid arthritis, granulomatosis with polyangiitis, sarcoidosis, and IgG4-RD (2). The clinical manifestations of HP vary and depend...
on the location of lesions. The most common symptoms are headache and cranial nerve palsy. Cranial nerve VIII is the most frequently affected nerve, followed by cranial nerves II, V, VII, IX, X, and XII. Isolated glossopharyngeal and vagus nerve palsy is a rare condition in HP (8). It is interesting that cranial nerve palsy can cause lower cranial nerve palsies due to HP, although IgG4-RD is known to directly affect the trigeminal nerves (9).

Treatment for HP varies based on the underlying mechanism. Corticosteroids is conventionally recommended as the first-line therapy, and for refractory cases we consider additional immunosuppressive therapies. Early therapy using steroids and immunosuppressants can prevent neurologic complications (10).

The diagnosis of IgG4-related HP is often difficult, particularly in patients who develop isolated cranial neuropathy without systemic manifestations or definite MRI abnormalities. In patients with isolated glossopharyngeal and vagus nerve palsy, as seen in the present case, physicians should be careful not to overlook subtle changes in the skull base on MR images including gadolinium enhancement and should thoroughly rule out a treatable immunological disorder including localized HP.

The authors state that they have no Conflict of Interest (COI).

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