Release of Terpenes from Fir Wood during Its Long-Term Use and in Thermal Treatment

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Abstract: Building structures made from fir wood are often attacked by wood-destroying insects for which the terpenes it contains serve as attractants. One of the possibilities for extending the lifetime of structures is to use older wood with a lower content of terpenes and/or thermally modified wood. The study evaluated the levels of terpenes in naturally aged fir wood (108, 146, 279, 287 and 390 years) and their decrease by thermal treatment (the temperature of 60 °C and 120 °C, treatment duration of 10 h). Terpenes were extracted from wood samples by hexane and analyzed by gas-chromatography mass-spectrometry (GC-MS). The results indicate that recent fir wood contained approximately 60 times more terpenes than the oldest wood (186:3.1 mg/kg). The thermal wood treatment speeded up the release of terpenes. The temperature of 60 °C caused a loss in terpenes in the recent fir wood by 62%, the temperature of 120 °C even by >99%. After the treatment at the temperature of 60 °C the recent fir wood had approximately the same quantity of terpenes as non-thermally treated 108 year old wood, i.e., approximately 60–70 mg/kg. After the thermal treatment at the temperature of 120 °C the quantity of terpenes dropped in the recent as well as the old fir wood to minimum quantities (0.7–1.1 mg/kg). The thermal
treatment can thus be used as a suitable method for the protection of fir wood from wood-destroying insects.

Keywords: terpenes; fir wood; thermal treatment; old wood

1. Introduction

There are several types of monoterpenes in fir wood, particularly $\alpha$-pinene, $\beta$-pinene, limonene, $\Delta$3-carene, camphene, $\beta$-phellandrene and myrcene. Monoterpenes are acyclic, monomeric and/or bicyclic C-10 isoprenoids structurally derived from isoprene. They are natural products with characteristic odours that affect the growth regulation, reproduction cycles, defence mechanisms and the transmission of signals of various organisms. Some monoterpenes have toxic effects on fungi and insects, and they seem to be essential components of conifer resistance due to their physically repellent and chemically toxic properties [1,2]. Conifer terpenoid profiles vary geographically [3], across closely related taxa [4] and among genotypes of the same species [5]. Within a species, several examples exist of differences in tree resistance to specific insects, and some of these correlate with terpenoid profiles [2]. For example, limonene and other terpenes correlate with resistance of Italian stone pine (*Pinus pinea*: Pinaceae) and Aleppo pine (*Pinus halepensis*) to attack by the scale insect *Marchalina hellenica* (Homoptera) [6]. Bornyl acetate [7] and other terpenes [8] are important in the interaction between the western spruce budworm (*Choristoneura occidentalis*: Lepidoptera) and its Douglas-fir host. However, other monoterpenes can act as attractants for some insect species [9–12]. Fettköther *et al.* [13] found out that females of the wood-destroying beetle—house longhorn beetle (*Hylotrupes bajulus*) are attracted by a mixture of (−)-verbenone, (+)-$\alpha$-pinene, (+)-terpinen-4-ol and (−)-trans-pinocarveol, while males are attracted by a mixture of (+)-terpinen-4-ol, (+)-$\alpha$-pinene and (−)-trans-pinocarveol.

Wood is currently being used more and more for construction purposes due to its advantageous properties (strength, flexibility, thermal and sound insulation). On the other hand, it also shows some disadvantages such as flammability and low resistance to fungi and insects. It is said in the construction practice that log houses, roof timber, ceilings and other structures made of soft wood are more resistant against an attack by wood-destroying insects if they are produced from older seasoned wood from which monoterpenes (or higher terpenes as well) have vaporised and/or transformed into other compounds. In contrast, structures made of fresh timber with higher levels of monoterpenes are more liable to the attacks of *H. bajulus* beetles as well as other species of wood-destroying insects. Terpenes are released from wood during its storage and its first-stage processing—debarking, sawing, peeling, cutting, chipping and drying [14–16].

For the purpose of extending the lifetime of wooden parts of newly built houses and historical buildings, various methods for their protection have been studied such as wood-destroying beetle traps [17,18], chemical wood treatment with insecticides [19,20] and/or thermal modification of wood at the temperature of 160–220 °C which improves its dimensional stability and biological resistance [21,22]. A more moderate form of thermal wood protection is its thermal sterilisation—so called “thermal remediation”. In thermal remediation, wood is treated with air heated to the
temperature of 120 °C, where it is necessary to achieve at least the temperature of 55–60 °C in the wood cross-section for the period of 1 h. It is sufficient for the coagulation of proteins and killing wood-destroying insects and at the same time it reduces the quantity of terpenes present in wood which is then less attractive to insects. The thermal sterilisation utilisation is mainly suitable for historical buildings, where the application of fungicides and insecticides is impossible.

To isolate terpenes from various matrices (needles, leaves, wood, honey, wine etc.), various technologies are used such as water steam distillation, supercritical carbon dioxide distillation, solid-phase extraction (SPE), solid-phase micro-extraction (SPME) and extraction using solvents—hexane, dichloromethane, acetone, ether, methanol. In this study, the isolation method of the extraction with hexane was used. Gas-chromatography (GC) and/or the combination of gas-chromatography and mass-spectroscopy (GC-MS) are commonly used for terpene determination [23–29]. The method of GC-MS was used in this study.

The quantity and composition of terpenes in wood depends on the wood species, growth location, harvest season, etc. In fir wood in particular α-pinene, β-pinene, limonene, Δ3-carene, camphene, β-phellandrene, myrcene are found, in various concentration ranging from trace quantities to dozens of percents depending on the species and location [26,30–32]. The wood of coniferous trees contains approximately 0.1%–0.6% of terpenes. In needles, approximately five times higher concentrations were found compared to wood [3,33,34]. The rate of release of terpenes from harvested wood depends on the size of samples, moisture content, temperature, the manner of further processing and the course of exposure. A higher temperature significantly speeds up emissions of terpenes from wood. This is shown at different manners of drying, when there are several mechanisms of movement and release of terpenes from wood [35]. McDonald and Wastney [36] found out about 60%–70% higher emissions of volatile organic compound (VOC) at the temperature of 140 °C than at 120 °C. In contrast, Ingram et al. [37] did not observe any differences in VOC emissions between the temperatures of 82 °C and 118 °C. Banerjee [35] found an increase of α-pinene emissions with an increasing temperature in the temperature range of 105–200 °C. Peters et al. [16] determined about a 30% decrease in the amount of terpenes in spruce wood during its treatment at the temperature of 180 °C, but they did not observe any further drop of their concentration at 200 °C. The thermal treatment conditions used have no adverse effect on mechanical wood properties [38] and therefore they can be applied as a suitable ecological and economic alternative for its sterilisation and long-term protection.

Data on changes in terpenes in wood after its long-lasting use as a building material and on the impact of thermal sterilisation on such wood are missing in scientific literature. The aim of this paper was to evaluate changes in the quantities of selected terpenes in fir wood depending on the age of building structures as well as on conditions of thermal sterilisation—wood treatment. The obtained results can be useful to the thermal sterilisation of buildings attacking by wood-borer insect and/or at the thermal treatment of wood dedicated to building purposes.

2. Results and Discussion

In the samples of fir wood we found α-pinene, camphene, β-pinene, α-phellandren, cymene, limonene, fenchol, borneol, thymol, myrtenal and verbenone (Table 1).
Table 1. Quantities of terpenes in samples of non-treated wood (mg/kg).

| Components          | A (1622) | B (1725) | C (1733) | D (1866) | E (1904) | F (2011) |
|---------------------|----------|----------|----------|----------|----------|----------|
| α-Pinene \(^1\)    | 0.5591 ± 0.011 | 0.9940 ± 0.020 | 5.5471 ± 0.017 | 4.3292 ± 0.026 | 34.8298 ± 0.008 | 115.4721 ± 1.095 |
| Camphene \(^1\)     | -        | -        | -        | 0.3871 ± 0.004 | 5.0133 ± 0.042 | 12.3156 ± 0.297 |
| β-Pinene \(^1\)     | 0.2759 ± 0.015 | 0.2989 ± 0.004 | 0.5565 ± 0.012 | 0.1918 ± 0.003 | 0.5448 ± 0.025 | 20.9857 ± 0.087 |
| α-Phellandrene \(^1\) | 0.2989 ± 0.023 | 0.3795 ± 0.011 | 0.2715 ± 0.014 | -        | 1.4577 ± 0.029 | 1.6450 ± 0.041 |
| Cymene \(^2\)       | 0.0000 ± 0.000 | 0.6989 ± 0.013 | 0.0000 ± 0.000 | -        | 2.0209 ± 0.03 | 6.1589 ± 0.047 |
| Limonene \(^1\)     | 1.0155 ± 0.026 | 2.0284 ± 0.015 | 1.1708 ± 0.008 | 1.0672 ± 0.013 | 1.5015 ± 0.021 | 6.1684 ± 0.120 |
| Fenchol \(^2\)      | -        | -        | -        | -        | 0.5582 ± 0.007 | 2.3811 ± 0.172 |
| Borneol \(^2\)      | -        | -        | -        | -        | 1.0892 ± 0.017 | 3.3375 ± 0.079 |
| Thymol \(^2\)       | -        | 0.2284 ± 0.002 | -        | 0.5200 ± 0.014 | 1.2312 ± 0.011 | 4.3070 ± 0.127 |
| Myrtenal \(^2\)     | 0.5330 ± 0.013 | 0.8778 ± 0.005 | 0.5144 ± 0.013 | 1.2875 ± 0.004 | 5.1788 ± 0.02 | 6.1012 ± 0.214 |
| Verbenon \(^2\)     | 0.4081 ± 0.010 | 0.4279 ± 0.014 | -        | 0.7923 ± 0.019 | 5.2141 ± 0.138 | 7.6208 ± 0.134 |
| **Total**           | 3.0906 ± 0.071 | 5.9338 ± 0.045 | 8.0603 ± 0.027 | 8.5751 ± 0.058 | 58.6394 ± 0.214 | 186.4933 ± 1.943 |

Note: \(^1\) identified by MS-database and retention time data; \(^2\) identification was based on MS-database only.

Quantities of individual and total terpenes determined by us in fir beams are lower compared to their amounts in fir wood of freshly cut trees [26,31]. The reason is a partial evaporation of terpenes during the processing of fresh logs into timber (sawing, drying etc.) and as a result of their long-term use as stated in Granström [39]. It follows from the data in Table 1 that the amount of terpenes in fir wood decreases with the age of the used material. The decrease of the total terpene amount achieved the highest value between the current wood sample (F = 186 mg/kg) and a 150 years old wood sample (D = 8.6 mg/kg). Most terpenes were thus released during the first years of fir beam exposure in buildings, while later the rate of release decreased and their total amount in beams approached the limit value of 3 mg/kg (Sample A). Resulting values are similar to those found by Granström [33,34] and Rupar, Sanati [15] during the storage of fir wood chips at various levels of moisture content.

For thermal sterilisation treatment of wood (thermal remediation), hot air at a temperature of 120 °C is used which affects the surface of wooden elements with the goal of achieving a temperature between 55 and 60 °C inside. Due to the quite big dimensions of wooden elements in roofs and other structures as well as heat leakage from reconstructed buildings the heat transmission to bigger elements is quite slow and the whole process of thermal remediation lasts for 10–24 h. For this reason, two temperatures operating for 10 h were used under laboratory conditions in the thermal treatment of fir wood samples: (a) 60 °C—the temperature inside wood if the heating of small cross-section elements such as battens is modelled; (b) 120 °C—the temperature on wood surface during a practical thermal remediation of buildings (Figure 1).

An increased temperature causes faster release of terpenes into air which results in their lower concentration in the thermally treated sample (Tables 2 and 3). The temperature of 60 °C caused a decrease in the quantity of terpenes in the recent wood (Sample F) by 62%, and the temperature of 120 °C by >99%. Results of other authors differ depending on the temperature and the form of its action. In agreement with McDonald and Wastney [36] we observed increased emissions of terpenes at the higher temperatures.
Figure 1. Temperatures in the dryer and in samples during the thermal treatment at 60 °C and 120 °C.

Table 2. Quantities of terpenes in samples of treated wood at the temperature of 60 °C (mg/kg).

| Components      | A (1622) | B (1725) | C (1733) | D (1866) | E (1904) | F (2011) |
|-----------------|----------|----------|----------|----------|----------|----------|
| α-Pinene ¹      | 0.2766 ± 0.003 | -        | 0.5243 ± 0.023 | 2.4906 ± 0.018 | 24.7044 ± 0.139 | 43.5522 ± 0.035 |
| Camphene ¹      | -        | -        | 0.7200 ± 0.024 | -        | 4.1916 ± 0.098 | 8.4603 ± 0.026 |
| β-Pinene ¹      | 0.0506 ± 0.003 | -        | -        | 0.3041 ± 0.011 | 0.4841 ± 0.019 | 0.8930 ± 0.012 |
| α-Phellandrene ¹| -        | -        | -        | 0.3971 ± 0.013 | 1.4752 ± 0.017 | 0.9597 ± 0.008 |
| Cymene ²        | -        | -        | -        | 0.5163 ± 0.015 | 1.3008 ± 0.058 | 3.8669 ± 0.028 |
| Limonene ¹      | 0.8267 ± 0.012 | 0.6107 ± 0.011 | 0.6847 ± 0.011 | 2.3443 ± 0.004 | 0.8725 ± 0.05 | 0.7227 ± 0.003 |
| Fenchol ²       | -        | -        | -        | -        | 0.6654 ± 0.014 | 0.5609 ± 0.007 |
| Borneol ²       | -        | -        | -        | -        | 1.2818 ± 0.020 | 1.2658 ± 0.024 |
| Thymol ²        | 0.2809 ± 0.015 | 0.2492 ± 0.032 | 0.3240 ± 0.028 | 0.2441 ± 0.016 | 1.3113 ± 0.080 | 3.3447 ± 0.009 |
| Myrtenal ²      | 0.6276 ± 0.014 | 0.5774 ± 0.005 | 0.8914 ± 0.055 | 1.0085 ± 0.017 | 4.8605 ± 0.11 | 3.0267 ± 0.056 |
| Verbenon ²      | -        | 0.2620 ± 0.030 | 0.2965 ± 0.020 | 0.3579 ± 0.020 | 8.4572 ± 0.166 | 3.1520 ± 0.086 |
| Total           | 2.0625 ± 0.004 | 1.6993 ± 0.069 | 3.4410 ± 0.101 | 7.6630 ± 0.081 | 49.6046 ± 0.239 | 69.8048 ± 0.076 |

Note: ¹ identified by MS-database and retention time data; ² identification was based on MS-database only.

Table 3. Quantities of terpenes in samples of treated wood at the temperature of 120 °C (mg/kg).

| Components      | A (1622) | B (1725) | C (1733) | D (1866) | E (1904) | F (2011) |
|-----------------|----------|----------|----------|----------|----------|----------|
| α-Pinene ¹      | 0.1141 ± 0.001 | -        | -        | -        | 0.0826 ± 0.0006 | 0.1687 ± 0.0034 |
| Camphene ¹      | -        | -        | -        | -        | 0.0547 ± 0.0007 | 0.1746 ± 0.0033 |
| β-Pinene ¹      | 0.0291 ± 0.002 | -        | -        | -        | 0.0033 ± 0.0002 | 0.0059 ± 0.0002 |
| α-Phellandrene ¹| -        | -        | -        | -        | 0.0102 ± 0.0002 | 0.0077 ± 0.0001 |
| Cymene ²        | -        | -        | -        | -        | 0.0198 ± 0.0009 | 0.0672 ± 0.0013 |
| Limonene ¹      | 0.1089 ± 0.001 | 0.4629 ± 0.005 | 0.5499 ± 0.014 | 0.6303 ± 0.006 | 0.0103 ± 0.0004 | 0.0163 ± 0.0002 |
| Fenchol ²       | 0.0440 ± 0.004 | -        | -        | -        | 0.0076 ± 0.0002 | 0.0399 ± 0.0022 |
| Borneol ²       | -        | -        | -        | -        | 0.0116 ± 0.0004 | 0.0459 ± 0.0009 |
| Thymol ²        | 0.2737 ± 0.011 | -        | -        | -        | 0.0089 ± 0.0001 | 0.0252 ± 0.0009 |
| Myrtenal ²      | 0.1271 ± 0.003 | 0.2892 ± 0.006 | 0.3147 ± 0.007 | 0.3373 ± 0.006 | 0.0353 ± 0.0008 | 0.0413 ± 0.0004 |
| Verbenon ²      | -        | -        | -        | -        | 0.2145 ± 0.0037 | 0.4551 ± 0.0086 |
| Total           | 0.6969 ± 0.021 | 0.7521 ± 0.002 | 0.8646 ± 0.019 | 0.9676 ± 0.001 | 0.4588 ± 0.007 | 1.0480 ± 0.0199 |

Note: ¹ identified by MS-database and retention time data; ² identification was based on MS-database only.
The decrease of terpenes in fir wood samples exposed in structures for a long time was milder after its thermal treatment (Tables 1–3, Figure 2). In addition to the total quantity of terpenes, wood resistance against wood-destroying insects has an impact on concentrations of β-pinene and the ratio of β-pinene/α-pinene [40], as α-pinene increases the activity and orientation of the beetle *H. bajulus* [13]. The pheromones verbenone and *p*-cymen-8-ol produced by insect larvae of *H. bajulus* also supported egg laying [41]. The wood thermal sterilisation during which the temperature of at least 60 °C is achieved in the whole cross-section of used parts guarantees killing all live forms of wood-destroying insects (eggs, larvae, adult individuals), and at the same time the quantity of terpenes in wood which can serve as attractants for these insects is reduced.

**Figure 2.** Total quantity of terpenes in original and thermally treated fir wood samples of different ages (mg/kg).

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**3. Experimental**

**3.1. Material**

Drill hole samples were taken from fir wood (*Abies alba* Mill.) beams situated in five historical buildings and one newly built building and on this basis, the age of beams was determined using a dendrochronological method (years of origin: A—1622, B—1725, C—1733, D—1866, E—1904, F—2011). Subsequently, samples with dimensions of 20 × 20 × 40 mm were taken from the beams. These either were and/or were not thermally treated in a Memmert UNB 200 drier (Memmert GmbH, Schwabach, Germany) at the temperatures of 60 °C, resp. 120 °C for 10 h. Temperatures in the drier and in the centre of individual samples were measured by NiCr-Ni thermocouples with the thickness of 0.4 mm using an Almemo 2290-8 device (Ahlborn, Holzkirchen, Germany). The samples of thermally non-treated and treated samples were disintegrated to sawdust in a Polymix PX-MFC 90D mill (Kinematica AG, Luzern, Switzerland) and sieved to individual fractions (<0.35 mm, 0.35–0.50 mm, 0.50–1.00 mm, >1.00 mm) in Analysette 3 (Fritsch, Idar-Oberstein, Germany).
3.2. Extraction

Sawdust fractions of 0.35–0.50 mm (10 g) were extracted by hexane (100 mL) in a Promax 2020 shaker (Heidolph, Kelheim, Germany) for 24 h, partly evaporated under vacuum at the temperature of 27 °C and the final sample amount (1 mL) was obtained in a gentle nitrogen flow. Two independent extractions were performed, and each extract was injected twice into the GC-MS.

3.3. Chromatographic Analysis

The GC-MS analyses of extracted terpenes were performed using an HP 7890A-5975C VL MSD instrument (Agilent Technologies, Santa Clara, CA, USA) equipped with an HP-5 MS column (30 m × 250 μm i.d., 0.25 μm film thickness) (Agilent J&W). Helium was used as the carrier gas at 1.5 mL·min⁻¹ flow rate. The temperature program was starting at the temperature 75 °C (5 min hold), and then increased to 140 °C at 7 °C·min⁻¹, followed by a 20 °C·min⁻¹ ramp until 250 °C (5 min hold). The split-splitless injector and MS-transfer line were held at 250 °C and 280 °C, respectively. MSD was operated in electron impact ionization mode at 70 eV electron energy. The injected volume was 1 μL and the split ration was 1:20. Compounds were identified by comparing mass spectra using Agilent Technologies software and NIST05 MS-library, as well as by comparing retention times and mass spectra with those of authentic standards. Concentrations were quantified by means of peak areas by using standard compounds for calibration.

4. Conclusions

Terpenes in fir wood after its long-term use as a building material are released especially during first 150 years of use. Fir wood thermal modification at the temperature 60 °C accelerates the terpene emission and at the temperature 120 °C removes the terpenes almost completely. The thermal treatment can thus be used as a suitable method for the protection of fir wood from wood-destroying insects, as it decreases the amount of terpenes which are insect attractants for more insect-species and parallely kills the actual insects in attacked wood. In our next research the studies on biological activity against insects (attractant/repellent) will be carried out.

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*Sample Availability*: Samples of the are available from the authors.

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