Steady-state thermodynamics of non-interacting transport beyond weak coupling

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received 28 April 2015; accepted in final form 12 June 2015
published online 6 July 2015

PACS
72.10.Bg – General formulation of transport theory
05.30.Fk – Quantum statistical mechanics: Fermion systems and electron gas
05.30.Jp – Boson systems

Abstract – We investigate the thermodynamics of simple (non-interacting) transport models beyond the scope of weak coupling. For a single fermionic or bosonic level —tunnel-coupled to two reservoirs— exact expressions for the stationary matter and energy current are derived from the solutions of the Heisenberg equations of motion. The positivity of the steady-state entropy production rate is demonstrated explicitly. Finally, for a configuration in which particles are pumped upwards in chemical potential by a downward temperature gradient, we demonstrate that the thermodynamic efficiency of this process decreases when the coupling strength between system and reservoirs is increased, as a direct consequence of the loss of a tight coupling between energy and matter currents.

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Introduction. – Thermodynamic studies on nanoscale processes have been investigated intensively over the last years. For nanosystems, the traditional picture of a Carnot engine that is connected in an alternating fashion to different thermal reservoirs is often replaced by stationary currents flowing through a quantum system continuously connecting such reservoirs [1]. When the coupling between system and environments is sufficiently weak, a master equation approach is well applicable. Within standard techniques [2] it is possible to derive thermodynamically consistent master equations of Lindblad form, which lead to a positive entropy production [3] and thus obey the laws of thermodynamics.

With some exceptions [4], the thermodynamic study of such master equations is usually limited to the weak-coupling regime between the system and reservoirs [5]. Within such master equation descriptions, the energy levels of the system become infinitely sharp. In particular for a single intrinsic transition frequency, every particle that passes through the system must then carry a defined amount of energy, resulting in a direct proportionality of the matter and the energy flow (termed tight coupling).

More recently, the fate of thermodynamic bounds has also been investigated beyond master equation approaches [6,7]. However, many studies were limited to the case of a single reservoir that does not support stationary currents [8].

In this paper, we will consider stationary transport through either a bosonic or a fermionic site between two reservoirs of similar type. The weak-coupling results are of course faithfully reproduced but for the particular problems we will be mainly interested in the strong-coupling regime.

The simplest transport model. – To perform our thermodynamic studies we investigate the simplest conceivable models of quantum transport. To support a stationary current, such models should encompass (at least) two reservoirs, tunnel-coupled by a simple system that locally has only a single transition frequency. The Hamiltonian is thus of the form

\[ H = \epsilon d^\dagger d + \sum_{k\alpha} \omega_{k\alpha} c_{k\alpha}^\dagger c_{k\alpha} \]

\[ + \sum_{k\alpha} \left[ t_{k\alpha} d^\dagger c_{k\alpha} + t_{k\alpha}^* d c_{k\alpha}^\dagger \right], \]

where \( \epsilon \) denotes the system-intrinsic transition frequency, \( \omega_{k\alpha} \) the frequency of mode \( k \) of reservoir \( \alpha \in \{L, R\} \), and \( t_{k\alpha} \) the corresponding tunneling amplitudes between system and reservoir. The annihilation operators for the system \( (d) \) and the reservoirs \( (c_{k\alpha}) \) can be of either bosonic
(upper sign) or fermionic (lower sign) nature, manifested in corresponding commutation or anticommutation relations, respectively. In the following expressions, we will adopt this convention, i.e., in case of differences between bosons and fermions the upper sign will hold for the bosonic transport model, and the lower for the fermionic counterpart.

We will solve for the resulting global dynamics, using only that initially the reservoirs are prepared in grand-canonical equilibrium states, such that the initial state of the compound system is given by

$$\rho_0 = \rho_0^S \otimes \frac{e^{-\beta_\alpha (H_\alpha - \mu_\alpha N_\alpha)}}{\text{Tr} \left\{ e^{-\beta_\alpha (H_\alpha - \mu_\alpha N_\alpha)} \right\}}, \quad (2)$$

with $\text{Tr} \left\{ \rho_0^S \right\} = 1$. Here, $\beta_\alpha$ and $\mu_\alpha$ denote the initial inverse temperature and chemical potential of reservoir $\alpha$, $H_\alpha$ its Hamiltonian —cf. eq. (1)— and $N_\alpha = \sum_k c^\dagger_k c_k$ the corresponding particle number operator. Obviously, there is no initial entanglement between the system and the environment. Our treatment does not require the amplitudes $t_{k\alpha}$ to be small. However, we remark that in general, for large amplitudes, the distinction between system and reservoir becomes somewhat fuzzy, since some eigenstates of the Hamiltonian will extend over both system and reservoir. For example, it is in principle possible that the energy contained in the interaction Hamiltonians then contributes non-negligibly to steady-state transport. We will see later that for our setup this is not the case, enforced by the initial condition (2) and the assumption of a continuous spectral coupling density.

Equation-of-motion method. — In the equation-of-motion method, one simply solves the Heisenberg picture dynamics $\frac{d}{dt}A = i[H, A]$ for the bosonic or fermionic operators generated by eq. (1) exactly. Afterwards, physical observables of interest can be obtained from the time-evolved operators.

For a quadratic Hamiltonian without interactions as considered here, the Heisenberg equations of motion just yield a linear set of first-order differential equations [9],

$$d = -i\varepsilon d + i \sum_{k\alpha} t^*_{k\alpha} c_{k\alpha},$$  
$$\dot{c}_{k\alpha} = -i\varepsilon_{k\alpha} c_{k\alpha} \mp i t_{k\alpha} d, \quad (3)$$

and similarly for the creation operators, where the bosonic (−) or fermionic (+) nature of the operators just manifests in the sign. We note that in case of interactions present, the set will not close and approximations must be applied for further treatment. Similarly to coupled equations for the evolution of amplitudes [10], this closed set of infinitely many differential equations can be transformed to an algebraic set of equations [11] using a Laplace transform $\mathcal{L}\{d\} \equiv d(z) = \int_0^\infty e^{-zt}d(t)dt$, which can then be solved explicitly in terms of the initial operators (denoted by $d$ and $c_{k\alpha}$, respectively). For later convenience, we state the result for $\hat{d}(z)$ and $\hat{c}^\dagger_{k\alpha}(z)$ explicitly,

$$d(z) = \frac{d}{z + i\varepsilon + \sum_{k\alpha} \frac{|t_{k\alpha}|^2}{z + i\varepsilon_{k\alpha}}},$$  
$$\hat{c}^\dagger_{k\alpha}(z) = \frac{c^\dagger_{k\alpha}}{z - i\varepsilon_{k\alpha}} \mp i \Gamma_{k\alpha} d^\dagger,$$  
$$\Gamma_{k\alpha}(z) = \sum_{k'\alpha'} \frac{|t_{k'\alpha'}|^2}{z - i\varepsilon_{k'\alpha'}} \quad (4)$$

Now, exact solutions can in principle be obtained by inverting the Laplace transform, which in the general case is typically tedious. Since we want to consider steady state configurations, we must assume an infinite and continuous distribution of reservoir modes $k$ (finite-sized quantum systems evolve periodically). Technically, this corresponds to the replacement of

$$\sum_k |t_{k\alpha}|^2 \rightarrow \frac{1}{2\pi} \int_0^\infty \Gamma_\alpha(\omega) \frac{d\omega}{z + i\omega} \equiv C_\alpha(z),$$  
$$\sum_k |t_{k\alpha}|^2 \rightarrow \frac{1}{2\pi} \int_0^\infty \Gamma_\alpha(\omega) \frac{d\omega}{z - i\omega} \equiv C_\alpha(z), \quad (5)$$

with the energy-dependent tunneling rate (or spectral coupling density) $\Gamma_\alpha(\omega) = 2\pi \sum_k |t_{k\alpha}|^2 \delta(\omega - \omega_{k\alpha})$. Finally, we mention that to obtain the solution for the Hermitian conjugate operators, the Laplace transform variable should be kept invariant to remain consistent with our further calculations (meaning the same Laplace transform is applied to creation and annihilation operators in the time domain).

The currents. — We are interested in the long-term matter and energy currents entering the right lead and therefore compute the Heisenberg equation of motions for the particle number operator and the Hamiltonian of the right reservoir, yielding

$$\hat{N}_R = \mp i \sum_k \left[ t_{kR} c^\dagger_{kR} d - \text{h.c.} \right],$$  
$$\hat{H}_R = \mp i \sum_k \left[ t_{kR} \omega_{kR} c^\dagger_{kR} d - \text{h.c.} \right]. \quad (6)$$

Computing expectation values and considering the long-time limit, we find that the steady-state matter and energy currents into the right reservoir can be calculated by
must be chosen such that the poles of \( \hat{c}_{kr}(\sigma) \) (blue) lie left and the poles of \( \hat{d}(z-\sigma) \) (red) lie right to it. When the limit \( z \to 0 \) is performed afterwards (thin dashed arrow), it becomes visible that in order to yield a long-term contribution, poles outside the contour. In this case, when evaluating the residue one obtains \( \lim_{z \to 0} \frac{z}{z-\sigma+i\omega} \big|_{\tau=-\omega} = 1 \).

Convolution integrals in Laplace space,

\[
I_M = \lim_{t \to \infty} \langle \hat{N}_R \rangle = \lim_{z \to 0} z L \{ \langle \hat{N}_R \rangle \}
= \mp \lim_{z \to 0} \frac{z}{2\pi} \int \sum_k t_{kr} \langle \hat{c}_{kr}(\sigma) d(z-\sigma) \rangle d\sigma + \text{h.c.,}
\]

\[
I_E = \lim_{t \to \infty} \langle \hat{H}_R \rangle = \lim_{z \to 0} z L \{ \langle \hat{H}_R \rangle \}
= \mp \lim_{z \to 0} \frac{z}{2\pi} \int \sum_k \omega_{kr} t_{kr} \langle \hat{c}_{kr}(\sigma) d(z-\sigma) \rangle d\sigma
+ \text{h.c.}
\]  

(7)

Here, the real constant \( \gamma \) has to be chosen such that the poles of \( \hat{c}_{kr}(\sigma) \) lie left to it and the remaining poles of \( \hat{d}(z-\sigma) \) are on the right of the integration contour as depicted in fig. 1.

To evaluate the currents explicitly, we note that due to our condition of initial thermal equilibrium (2), only few terms may potentially contribute, since \( \langle \hat{c}_{kr}(\sigma) \rangle = \delta_{kk'} \delta_{\sigma \sigma'} n_\alpha(\omega_k) \) with the Bose (−) and Fermi (+) distributions,

\[
n_\alpha(\omega_k) = \frac{1}{e^{\beta \omega_k} - 1}.
\]  

(8)

We can evaluate these contributions with the residue theorem.

For simplicity, we first discuss the term arising from the combination \( \langle \hat{d} \hat{d} \rangle = n_0 \). Here, the residue arising from the pole at \( \sigma = +i\omega_{k_0} \) is multiplied by \( z \) and thus vanishes as \( z \to 0 \). Furthermore, \( \sigma = -i\sigma_y \) can only be solved by a purely imaginary \( \sigma = i\sigma_y \) with \( \sigma_y > 0 \). Hence, we have that \( \lim_{z \to 0} [z - \sigma + i\epsilon + C_L(z-\sigma) + C_R(z-\sigma)]_{\sigma = \delta} = 0 \), and we can invoke the rule of L’Hôpital to find that

\[
\lim_{z \to 0} \frac{z}{z + \sigma + i\epsilon + C_L(z-\sigma) + C_R(z-\sigma)}_{\sigma = \delta} = \frac{1}{1 + \frac{C_L(z-\sigma) + C_R(z-\sigma)}{z + \sigma + i\epsilon}} = 0,
\]

where we have used that \( \sigma_y > 0 \) leads to a divergence of the integral. Therefore, as expected, the steady-state currents will not depend on the initial occupation of the system.

The same arguments can be applied to evaluate the other contributions. In particular, combining the first term in \( \hat{c}_{kr}(\sigma) \) with the second term in \( \hat{d}(z-\sigma) \) we obtain a stationary contribution to the matter current,

\[
I_M^{(1)} = - \int_0^\infty \frac{d\omega}{2\pi} \Gamma_R(\omega) n_R(\omega) \frac{\Gamma(\omega) + \Sigma(\omega)}{2} + i\Sigma(\omega),
\]

(9)

for which we used

\[
\lim_{z \to 0} C_\alpha(z - i\omega) = C_\alpha(-i\omega) = \frac{\Gamma(\omega)}{2} + i\Sigma(\omega),
\]

(10)

where \( \Sigma(\omega) = \sum_\omega \Sigma_\alpha(\omega) \) and in a similar fashion for \( \Sigma(\omega) \). To further separate real and imaginary parts, we can use the identity \( \Sigma(\omega) = \sum_\omega \Gamma(\omega) \) and performing similar calculations for the energy current, we finally obtain for the steady-state currents the expressions

\[
I_M = \int_0^\infty G_C(\omega) [n_L(\omega) - n_R(\omega)] S_C(\omega) d\omega,
\]

\[
I_E = \int_0^\infty \omega \cdot G_C(\omega) [n_L(\omega) - n_R(\omega)] S_C(\omega) d\omega,
\]

(12)

with the factors

\[
G_C(\omega) = \frac{\Gamma(\omega)}{\Gamma(\omega)},
\]

\[
S_C(\omega) = \frac{1}{\pi} \frac{\Gamma(\omega)/2}{(\omega - \epsilon)(\omega - \Sigma(\omega))^2},
\]

(13)

and where \( \Gamma(\omega) = \Gamma_L(\omega) + \Gamma_R(\omega) \) and \( \Sigma(\omega) = \Sigma_L(\omega) + \Sigma_R(\omega) \). The difference between bosonic and fermionic transport enters in the different distributions (8) and the fact that for bosons, the chemical potentials must be
negative (otherwise the total particle number does not converge), whereas they are unbounded for fermions. Furthermore, also for fermions we assumed the reservoir frequencies $\omega_{\alpha}$ to be positive. Relaxing this assumption would simply extend the lower bound in all integrals to $-\infty$.

The Landauer form of the current is well known for purely fermionic [12–15] and purely bosonic transport [16,17]. Structurally similar results hold for bosonic transport through a central spin [18,19].

A nice feature of eqs. (12) and (13) is the common representation for both bosons and fermions. The key advantage of this Landauer-like representation [20–22] is that it is completely independent of the actual shape of $\Gamma_{\alpha}(\omega)$.

For consistency, we note that in the weak-coupling limit $\Gamma_{\alpha}(\omega) \to 0$ (also implying $\Sigma(\omega) \to 0$), one of the factors becomes a Dirac delta function $S_C(\omega) \to \delta(\omega - \epsilon - \Sigma(\omega)) \to \delta(\omega - \epsilon)$, such that the integrals collapse and the master equation results are reproduced,

$$I_M \to \Gamma_L(\epsilon)\Gamma_R(\epsilon) \int \frac{d\omega}{\pi} \left( n_L(\omega) - n_R(\omega) \right), \quad I_E \to \epsilon M. \quad (14)$$

Assuming both strong coupling and flat tunneling rates $\Gamma_{\alpha}(\omega) \to \Gamma_{\alpha}$ (such that $S_C(\omega) \to 2/(\pi\Gamma)$), we can obtain analytic results for the bosonic (upper sign) and fermionic (lower sign) matter and energy currents,

$$I_M \to \alpha \left[ \frac{\ln \left( 1 + e^{\beta_L \mu_L} \right)}{\beta_L} \pm \frac{\ln \left( 1 + e^{\beta_R \mu_R} \right)}{\beta_R} \right],$$

$$I_E \to \alpha \left[ \pm \frac{L_2(\pm e^{\beta_L \mu_L})}{\beta_L^2} \mp \frac{L_2(\pm e^{\beta_R \mu_R})}{\beta_R^2} \right]. \quad (15)$$

where $\alpha \equiv \frac{2}{\beta_L + \beta_R}$ and $L_2(x)$ denotes the polylog function. Even simpler expressions arise for fermions when the integral is extended to the complete real axis (not shown).

For finite coupling strengths, the factor $S_C(\omega)$ encodes the coupling-induced level renormalization via $\Sigma(\omega)$. The integral over all energies $\omega$ in the expressions for the currents (12) can be interpreted as a broadening of the system energy level, since all modes contribute to the transport, weighted by the tunneling rates. This broadening violates the tight coupling of matter and energy fluxes.

We remark that the long-term energy content of the interaction Hamiltonian between system and the right lead can be extracted from the imaginary parts of the integrals in eq. (9) and eq. (11) via \(|\langle H_{L,R}(t)\rangle| \to 23/(I_M^{(1)} + I_M^{(2)})

Since these remain finite for large times, we conclude that the interaction energy does not contribute to the steady-state energy currents. For finite-time statements however [23–26], these contributions will matter.

**Thermodynamics.**

**Steady-state entropy production.** When a system is coupled to different equilibrium environments, its change of entropy can be split in terms that have an interpretation as entropy flow and entropy production [6]. In particular, when a finite system reaches a steady-state (and hence its change of entropy vanishes), the internal entropy production rate $\Delta_\alpha \dot{S}$ must be balanced by the entropy flow $\Delta_\alpha \dot{S}$ entering the system,

$$\Delta_\alpha \dot{S} = -\Delta_\alpha \dot{S} = -\sum_\alpha \beta_\alpha \dot{Q}_\alpha \geq 0. \quad (16)$$

Here, $\dot{Q}_\alpha$ denotes the heat current entering the system from reservoir $\alpha$. We note that positivity of integrated entropy production—defined as difference between change of internal entropy and integrated entropy flow—has been proven generally [6,27] and also at the level of individual trajectories [28]. Here, we will demonstrate explicitly that our transport scenario—without changes in the basic thermodynamic definitions [25]—at steady state supports a positive entropy production rate (16). The proof is simple and general for Landauer-Büttiker transport [29]. Using matter and energy conservation (one can of course explicitly check that at steady state the first law is obeyed), the heat currents entering the system are defined as

$$\dot{Q}_L = +I_E - \mu_L I_M, \quad \dot{Q}_R = -I_E + \mu_R I_M. \quad (17)$$

Altogether, the internal entropy production rate is thus of the form

$$\Delta_\alpha \dot{S} = (\beta_R - \beta_L) I_E + (\mu_L \beta_L - \mu_R \beta_R) I_M. \quad (18)$$

Inserting the integral expressions for the currents to the equation above yields

$$\Delta_\alpha \dot{S} = \int_0^\infty \chi(\omega) G_C(\omega) S_C(\omega) d\omega, \quad (19)$$

$$\chi(\omega) = \left[ \omega (\beta_R - \beta_L) + (\mu_L \beta_L - \mu_R \beta_R) \right] [n_L(\omega) - n_R(\omega)].$$

As one obviously has $G_C(\omega) S_C(\omega) \geq 0 \ \forall \omega$, since $\Gamma(\omega) \geq 0$, it is sufficient to show that $\chi(\omega) \geq 0$. In the trivial case of equal temperatures and chemical potentials $\langle n_L(\omega) = n_R(\omega) \rangle$, all currents vanish and the entropy production is zero. Only for different temperatures, a nontrivial root of $\chi(\omega) = 0$, $\dot{\chi}(\omega) = 0$ exists with

$$\frac{d}{d\omega}\chi(\omega) \bigg|_{\omega=\omega_0} = 0,$$

$$\frac{d^2}{d\omega^2}\chi(\omega) \bigg|_{\omega=\omega_0} = \frac{(\beta_L - \beta_R)^2}{\cosh(\beta_L \beta_R (\mu_L - \mu_R))} \geq 0. \quad (20)$$

Consequently, the root at $\omega_0$ also corresponds to a global minimum. As $\chi(\omega)$ is continuously differentiable for finite temperatures and vanishes in the limit of $\omega \to \infty$, we obtain that $\chi(\omega) \geq 0$. Non-negativity of the integrand in eq. (19) along the real axis thus also implies a positive internal entropy production rate at steady state. A similar proof would hold if the Bose-Einstein or Fermi-Dirac distributions were replaced by Boltzmann factors.
difference Δ

power (solid orange line) now yields a wrong bound for the region of finite efficiency. The right panel shows for fixed temperature power (dashed red line) and maximum efficiency (dashed orange line) are much closer, and the master equation curve for zero power (solid orange line) now yields a wrong bound for the region of finite efficiency. The right panel shows for fixed temperature difference Δβ/β = 1.7 (top, horizontal dashed line in contour plots) and for fixed potential difference βΔμ = 1.75 (bottom, vertical dashed line in contour plots) that for increasing coupling strength the maximum efficiency decreases. Furthermore, it can be seen that also for small coupling strengths, the exact solution predicts that the maximum efficiency is reached slightly before the power vanishes (magenta line). Contours denote efficiency steps of 0.05. Symmetric Lorentzian tunneling rates Γω l = Γω r = Γδ²/(ω² + δ²) with δ = ϵ have been used throughout. Other parameters: β = +2 and μ = −ϵ/2.

Fig. 2: (Color online) Plot of the renormalized fermionic heat-to-power–conversion efficiency η/C vs. dimensionless bias voltage and dimensionless temperature difference for different regimes. In the weak-coupling regime (βΓ = 0.01, left panel) the efficiency reaches its maximum (dashed orange line) vs. the bias voltage near the master equation prediction of zero power (solid orange line). The efficiency at maximum power (maximized vs. bias voltage, dashed red line) is far away from the maximum efficiency and thus significantly smaller than the Carnot efficiency. For strong coupling (βΓ = 10.00, middle panel), efficiency at maximum power (dashed red line) and maximum efficiency (dashed orange line) are much closer, and the master equation curve for zero power (solid orange line) now yields a wrong bound for the region of finite efficiency. The right panel shows for fixed temperature difference Δβ/β = 1.7 (top, horizontal dashed line in contour plots) and for fixed potential difference βΔμ = 1.75 (bottom, vertical dashed line in contour plots) that for increasing coupling strength the maximum efficiency decreases. Furthermore, it can be seen that also for small coupling strengths, the exact solution predicts that the maximum efficiency is reached slightly before the power vanishes (magenta line). Contours denote efficiency steps of 0.05. Symmetric Lorentzian tunneling rates Γω l = Γω r = Γδ²/(ω² + δ²) with δ = ϵ have been used throughout. Other parameters: β = +2 and μ = −ϵ/2.

We mention that this second-law-inequality automatically implies that at equal temperatures matter will always flow from reservoirs with large to the one with small chemical potential and that at equal chemical potentials heat will always flow from hot to cold reservoirs.

Nanothermal engine. Now we consider a configuration in which our transport setup may function as a simple nanothermal engine. For fermions, exactly this kind of model has been considered before in the weak-coupling regime [30]. Assuming that the temperature of the left lead is smaller than that of the right βL > βR, whereas the potential gradient V = μL − μR > 0 is tilted in the other direction, it is possible in certain parameter regions to induce a current against the potential gradient (I M < 0), such that the generated power

\[ P = -I_M(μ_L - μ_R) \]  

(21)

becomes positive. For positive power, the thermodynamic efficiency of this process is defined as the ratio between generated power and the heat current entering the system from the hot (right) reservoir,

\[ η = \frac{P}{\dot{Q}_R} \Theta(P) = \frac{I_M(μ_L - μ_R)}{I_E - μ_R I_M} \Theta(-I_M(μ_L - μ_R)), \]  

(22)

where we have introduced the Heaviside-function to enforce the correct regime (finite-time realizations [26,31,32] would have to relate work output and heat input). From the positivity of eq. (18) we can deduce that the efficiency η is always upper-bounded by the Carnot efficiency

\[ η ≤ \frac{C}{T_L / T_R}. \]

Loss of tight coupling. In the weak-coupling limit —compare eq. (14)— there is only a single transition frequency ϵ in the system, and the currents become tightly coupled I E = ϵI M. Then, one can explicitly show that the Carnot efficiency is actually reached when the current (and hence, also the power) vanishes. Due to the fact that the power at maximum efficiency is zero, it has become customary to consider the efficiency at maximum power output instead. Since this still goes beyond the linear response regime, this becomes an optimization problem that can in general not be solved analytically but requires numerical approaches.

In contrast, in the strong-coupling regime —compare eq. (15)— one can numerically verify that the power at maximum efficiency does not need to be significantly smaller than the maximum power.

As we will show in the following, beyond the weak-coupling regime, the power generated at maximum efficiency remains finite. With the aim of a symmetric and consistent description for both bosons and fermions, we introduce the new variables

\[ 2β^{-1} = β^{-1}_L + β^{-1}_R, \quad \Delta β = β_L - β_R, \quad 2μ^{-1} = μ^{-1}_L + μ^{-1}_R, \quad \Delta μ = μ_L - μ_R. \]  

(23)

Thus, with the correct choice of the parameters β and μ, we are able to vary the (inverse) temperature gradient Δβ and the voltage bias Δμ over the complete real axis.
In particular for the bosonic model, this representation is useful to ensure negative chemical potentials throughout.

In fig. 2 we plot the efficiency vs. the temperature and potential gradients in the weak (left) and strong (middle) coupling regimes and also provide a direct comparison of the different coupling strengths (right). We note that in contrast to the master equation efficiency —cf. eqs. (22) and (14)— the true efficiency also varies with respect to temperature. It is visible that the maximum efficiency vs. bias voltage will decrease with increasing coupling strength. Whereas for small coupling (left) it is close to the master equation results and thus close to the Carnot efficiency, it decreases drastically for larger couplings (middle). We attribute this to the loss of tight coupling in the strong-coupling regime —compare eqs. (15)— these curves will not coincide, such that one still has find a tradeoff between maximum power and maximum efficiency [33]. The plots for bosonic transport (not shown) are very similar.

**Summary.** — Using a simple equation-of-motion technique in combination with Laplace transform methods, we have calculated the exact steady-state energy and matter currents of simple two-terminal transport models both for fermions and bosons, yielding a Landauer-type representation. The approach can be expected to be significantly more complicated both from a technical and from a conceptual perspective when applied for finite times. When combining the resulting expressions into heat currents, we showed explicitly that the steady-state entropy production rate is positive. Using this second-law-inequality, we discussed the efficiency of converting a thermal gradient into power. For our transport models we noticed that for increased system-reservoir coupling strength, the maximum efficiency decreases. Importantly, we also note that the power at maximum efficiency is finite, rendering the strong-coupling regime a potential candidate for practical applications.

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Financial support by the DFG (SCHA 1646/3-1, SFB 910, GRK 1558) and discussions with M. Esposito and S. Gurvitz are gratefully acknowledged.