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J. A. W. Straquadine, M. S. Ikeda, and I. R. Fisher

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Frequency-dependent sensitivity of AC elastocaloric effect measurements explored through analytical and numerical models

J. A. W. Straquadine, M. S. Ikeda, and I. R. Fisher

AFFILIATIONS
Geballe Laboratory for Advanced Materials and Department of Applied Physics, Stanford University, Stanford, California 94305, USA and Stanford Institute for Materials and Energy Sciences, SLAC National Accelerator Laboratory, 2575 Sand Hill Road, Menlo Park, California 94025, USA

ABSTRACT
We present a comprehensive study of the frequency-dependent sensitivity for measurements of the AC elastocaloric effect by applying both exactly soluble models and numerical methods to the oscillating heat flow problem. These models reproduce the finer details of the thermal transfer functions observed in experiments, considering here representative data for single-crystal Ba(Fe$_{1-x}$Co$_x$)$_2$As$_2$. Based on our results, we propose a set of practical guidelines for experimentalists using this technique. This work establishes a baseline against which the frequency response of the AC elastocaloric technique can be compared and provides intuitive explanations of the detailed structure observed in experiments.

I. INTRODUCTION

The elastocaloric effect (ECE) describes the dependence of a material’s entropy on externally imposed strain. This can be quantified either by measuring the change in entropy $S$ resulting from isothermal changes in strain $\varepsilon_{ij}$ or by measuring the change in temperature resulting from adiabatic changes in strain. For the purposes of this work, we adopt the latter definition. The simplest and most common technique for measuring the ECE is simply to measure the temperature during a single rapid application of compressive or tensile strain. This technique has been applied extensively in studying materials such as shape-memory alloys, which show significant promise for solid-state elastocaloric refrigeration due to the high latent heat of strain-induced martensitic transitions. The ECE is, however, a much more general feature of the solid state; any change in entropy induced by strain, regardless of the microscopic details, is necessarily reflected in an elastocaloric temperature change under adiabatic conditions. While few materials are expected to have as dramatic an ECE response as shape-memory alloys, uni-axial stress and the accompanying symmetry-breaking strains have emerged in recent years as versatile tuning parameters for the phases and phase transitions in several families of strongly correlated materials. Consequently, ECE measurements have the potential to directly probe changes in the entropy of these strain-sensitive materials. However, the large deformations required for the conventional ECE measurements are not well-suited to these materials, which are often brittle, highly anisotropic, or cleave easily under stress. With this in mind, Ikeda et al. developed the use of small oscillating (AC) strains to measure the elastocaloric effect. In an AC-ECE measurement, a bar-shaped sample is glued or clamped between a pair of mounting plates, which then apply a small oscillating stress to the sample, as shown in Fig. 1(a). The resulting temperature oscillations are detected with a small thermometer (usually smrcouple) attached to the center of the freestanding section. In this geometry, while the strain varies significantly within the glued sections of the sample, the strain within the freestanding section has been shown to be approximately homogeneous.

The development of the AC-ECE technique presents several benefits for fundamental research. First, AC-ECE enables the use of phase-sensitive detection, enabling long averaging times and high resolving power. Furthermore, the ability to detect small signals makes it possible to use much smaller strains than conventional
techniques, preventing sample fatigue effects and operating in a regime of linear response to changes in both strain and temperature. Modern piezoelectric technology easily facilitates the in situ application of small oscillating stresses at temperatures spanning from above room temperature to below 1 K such that a single apparatus can access large regimes of phase space—several decades in temperature and strains of 1%–2%. Finally, by introducing frequency as a new tuning parameter, the AC-ECE creates the possibility of exploring dynamical effects intrinsic to the sample material, such as the motion of domain walls.

At the most basic level, the elastocaloric effect can be modeled as a series of discrete thermal elements, as illustrated in Fig. 1(a). A sample with heat capacity \( C_t \) is coupled with thermal conductance \( K_t \) to a thermal reservoir at temperature \( T_0 \) and with thermal conductance \( K_s \) to a thermometer of heat capacity \( C_s \). We define thermal relaxation times of the sample and thermometer as \( \tau_s = C_s / K_s \) and \( \tau_t = C_t / K_t \), respectively, and assume that \( \tau_t < \tau_s \). The sample is then exposed to endogenous heating and cooling within the strained section that oscillates sinusoidally at frequency \( f \).

This simple model describes the asymptotic behavior of the AC-ECE. In the limit \( f \ll \tau_t^{-1} \), the temperature of the thermometer \( T_t \) and the sample \( T_s \) only experience small oscillations about the bath temperature \( T_0 \). In the limit \( f \gg \tau_t^{-1} \), the sample temperature oscillates around \( T_0 \) with amplitude \( T_{\infty} = Q C_t \), where \( Q \) represents the effective heat generated by the elastocaloric effect. The thermometer temperature, however, again performs vanishingly small oscillations around \( T_0 \) due to the finite thermal relaxation time of the thermometer. The magnitude of the thermometer temperature oscillation reaches a maximum at intermediate frequencies, and the transfer function has a flat plateau in the range \( \tau_t^{-1} < f < \tau_t^{-1} \) with no dependence on frequency. As shown in Ref. 11, neglecting the effect of thermal conductances \( K_j \) between the strained and unstrained sections of the sample, the full solution for the thermometer temperature \( T_{\theta} \) in this simplified model is described by

\[
T_{\theta}(t) = T_0 + \frac{\eta \epsilon_0}{\sqrt{a^2 + b^2}} \sin(\omega t + \phi),
\]

\[
\phi = \arctan \left( \frac{a}{b} \right),
\]

\[
a = (\omega \tau_s)^{-1} - \omega \tau_t,
\]

\[
b = 1 + \frac{C_t}{C_s} \frac{\tau_t}{\tau_s}.
\]

As a concrete example, we consider the case of a prototypical iron-based superconductor material, Ba(Fe\(_{1-x}\)Co\(_x\))\(_2\)As\(_2\). These materials exhibit a coupled electronic nematic/orthorhombic phase transition as well as an antiferromagnetic transition, both of which have been shown to be highly sensitive to strain. Experimental frequency-dependent AC-ECE signal is presented in Fig. 1(a) for a sample of this material for \( x = 0.021 \) measured at 100 K. These data have been normalized to their maximum amplitude to enable comparison to the results of Eq. (1). The sample in question is 2200 \( \mu \)m in total length, 550 \( \mu \)m in width, and 35 \( \mu \)m in thickness. The sample is suspended between two sets of mounting plates, with \( \sim1000 \mu \)m of the sample left freestanding. Uniaxial stress is applied along the [100] crystallographic axis of the tetragonal state.

The best fit of the simple discrete model to the experimental result is plotted on the same axis, and it can easily be seen that the experimental results deviate in several nontrivial ways. First, the corner between the low and intermediate frequency ranges always appears significantly sharper than this model would predict. Second, the predicted flat plateau is replaced by a sloping shoulder. Incorporating a frequency dependence to the ratio of the thermometer and sample heat capacities [a consequence of a finite thermal length \( \xi \equiv (D f)^{-1/2} \), where \( D = k_i / C_i \) is the thermal diffusivity of the sample \(^{12,13,14}\)] as well as considering the strained and unstrained regions of the sample separately, does slightly suppress the high frequency response, but improvement in fit quality is minor.

The consistent behavior of the residuals of the fit [Fig. 1(b)] indicates that this simple model overlooks some nontrivial details in the frequency-dependent sensitivity of the AC-ECE technique. Without a quantitative theoretical understanding of the frequency-dependent behavior of the AC-ECE, the overall signal magnitude cannot be ascertained with confidence. The present understanding...
of the details of heat transfer during a measurement is also insufficient to identify or rule out experimental artifacts that could contribute to these deviations. Finally, frequency-dependent dynamical behavior intrinsic to the sample will also be at least partially masked by the experimental sensitivity. A thorough understanding of the practical frequency dependence effects is critical to interpreting the empirical results and in benchmarking the quality of a given measurement. This work seeks to establish both a detailed description and an intuitive interpretation of the frequency-dependent sensitivity inherent in thermocouple-based AC-ECE measurements.

We begin in Sec. II by establishing a formal definition of the frequency-dependent AC-ECE sensitivity function $\Gamma(\omega)$. In Section III, we present a pair of exactly soluble models for the low-frequency component of $\Gamma(\omega)$, which exhibit and provide an intuitive basis for understanding the low frequency behavior. We then describe the setup and implementation for our finite element calculations in Sec. IV and then use this model to describe the contributions to $\Gamma(\omega)$ arising from practical effects such as sample mounting and thermometer characteristics in Sec. V. Finally, in Sec. VI, we solve for the full sensitivity function with the finite element method, revisit the comparison of these results to the experimental results, and provide an empirical method for estimating the peak sensitivity in a given measurement.

II. STATEMENT OF THE PROBLEM

Consider a bar-shaped sample composed of a material with volumetric heat capacity $c(r)$ and thermal conductivity $k(r)$, where $r$ denotes the position within the sample. We will only consider materials in which $k(r)$ and $c(r)$ are spatially uniform, but we include the spatial dependence in anticipation of the finite element calculations of Secs. IV–VI in which the thermal parameters do vary between different regions of the setup. We define the elastocaloric tensor $\eta_{ij}$ of the sample material as

$$\eta_{ij} = \left( \frac{d\Gamma}{dt^2} \right)_{ij}$$

where $\eta_{ij}$ and $\eta_{ij}'$ are the spatially uniform, but we include the spatial dependence in anticipation of the finite element calculations in Secs. IV–VI in which the thermal parameters do vary between different regions of the setup. We define the elastocaloric tensor $\eta_{ij}$ of the sample material as

$$\eta_{ij} = \left( \frac{d\Gamma}{dt^2} \right)_{ij}$$

and we assume for now that the sample experiences a spatially homogeneous time-varying strain $\epsilon_{ij} = \delta_{ij} \omega^2$. As described above, homogeneous strain is only an accurate assumption within the suspended regions of the sample; we will consider the case of inhomogeneous strain in Secs. III–VI. In general, $\eta_{ij}$ may carry a frequency dependence and may take on complex values $\eta_{ij} = \eta_{ij}'(\omega) + i\eta_{ij}''(\omega)$, reflecting the dynamical behavior of the material. However, for the purposes of this work, we enforce $\eta_{ij}''(\omega) = 0$ and $\frac{d\eta_{ij}}{d\omega} = 0$. The sample temperature oscillation in the adiabatic limit $T_{\infty}$ will therefore be given by

$$T_{\infty}(r, t) = \eta_{ij}^0 \epsilon_{ij}(r) e^{i\omega t}.$$  \hspace{1cm} (3)

The goal of the AC-ECE technique is to use this oscillating temperature signal to accurately quantify $\eta_{ij}$.

Deviations from the ideal adiabatic limit due to practical constraints can be described by a complex-valued sensitivity function $\Gamma(\omega)$ such that the temperature oscillation $T_{\text{det}}(t)$ detected by a thermometer at position $r_0$ is given by

$$T_{\text{det}}(t) = \Gamma(\omega) T_{\infty}(t) = \Gamma(\omega) \eta_{ij}^0 \epsilon_{ij} e^{i\omega t}.$$  \hspace{1cm} (4)

We can separate the impacts of different practical limitations by writing the sensitivity as a product $\Gamma(\omega) = \Gamma_\zeta(\omega)\Gamma_\zeta(\omega)$. Here, $\Gamma_\zeta(\omega)$ describes the loss of heat due to coupling to the bath, which is the dominant deleterious effect at low frequencies. $\Gamma_\zeta(\omega)$ describes sensitivity losses due to the poor coupling of the thermometer to the sample, which dominates at high frequencies.

The sound velocity in most solids is typically several thousand meters per second; for a millimeter-scale sample, a sound wave traverses the entire sample in $\lesssim 1\mu$s. The current technology imposes an upper bound on the range of accessible strain frequencies at $-10\text{kHz}$. The minimum applicable strain oscillation period is then two orders of magnitude greater than both the shock propagation time and the estimated thermoelastic relaxation times for most solids. Additionally, the amplitudes of both the strain and temperature oscillations are assumed to be small, which justifies the use of constant values of $c(r)$ and $k(r)$. (The position dependence of these parameters reflects only the possibility of regions of different materials, such as the sample and the mounting plates—the heat capacity and thermal conductivity are assumed to be homogeneous throughout a given material.) As a consequence, the simplest Fourier heat flow model can be expected to capture the observable phenomena without requiring recourse to a full set of hyperbolic thermoelastic partial differential equations. Similarly, second sound effects are not included in this work.

Linear response (small strain oscillations and small temperature oscillations) justifies the use of the standard heat equation in describing heat transfer in AC-ECE measurements,

$$c(r) \frac{dT(r, t)}{dt} = k(r) \nabla^2 T(r, t) + Q(r, t),$$  \hspace{1cm} (5)

where $T(r, t)$ is the temperature profile within the sample, and the source term $Q(r, t)$ simulates the elastocaloric effect. This source term does not represent conductive, radiative, or convective heat transfer between the sample and another body, but rather the redistribution of entropy between various microscopic subsystems within the sample. One example would be entropy due to fluctuations in electronic degrees of freedom near a continuous phase transition—if a change in the sample strain alters the total entropy in these fluctuations, isentropic conditions dictate that the sum of all other degrees of freedom in the sample (phonons and magnetic moments) must experience an equal and opposite change in entropy, which is reflected in a change in temperature. Away from the adiabatic limit, heat may flow into or out of the sample, and this will suppress the observed temperature oscillation. However, this effect is described solely by the Fourier heat conduction term proportional to $k(r)$, not the elastocaloric heat generation term $Q(r)$.

With these physical definitions, Eq. (5) holds, regardless of the functional form of $Q(r, t)$. However, we specialize to the case of sinusoidal strains, taking as an ansatz $Q(r, t) = Q_0 e^{i\omega t}$. We define the magnitude and phase $Q_0$ of the heat term in the adiabatic limit $\omega \to \infty$ or, equivalently, $k \to 0$. In this limit, Eqs. (4) and (5) show that

$$Q_0(r) = i\omega \eta_{ij}^0 \epsilon_{ij}(r).$$  \hspace{1cm} (6)

Equivalently, the source term in Eq. (5) is linear in the ECE tensor, the volumetric heat capacity, and the rate of change in strain. Throughout this work, we assume that the magnitude of the strain oscillation is known—this must be measured independently of...
the temperature oscillation. Techniques for quantifying oscillating strain are beyond the scope of this paper, and the reader is referred to Refs. 22–24 for three different options.

All that remains is to define a suitable geometry and boundary conditions under which to solve Eq. (5) for $T_{\text{det}}(t) = T(\tau_0, t)$, which, given $\eta_0$ and $\xi_0^2$, allows the characterization of $\Gamma(\omega)$. We begin by examining two models that can be solved exactly and that isolate $\Gamma_b(\omega)$. We then explore both $\Gamma_f(\omega)$ and the full $\Gamma(\omega)$ numerically through the finite element method.

III. EXACTLY SOLUBLE MODELS FOR $\Gamma_b(\omega)$

A. Continuum model

We begin with a simple one-dimensional continuum model for heat flow within the sample. We discard the geometry of the thermometer and mounting plates and consider the sample as a onedimensional object for $x \in [-s, s]$, as shown in Fig. 2(a). Neglecting the thermometer allows us to set $\Gamma_f(\omega) = 1$. We denote by $c$, $k$, and $T(x, t)$ the heat capacity per unit length, the thermal conductance, and the temperature distribution, respectively, within the sample. At either end of the sample, we dictate that $T(x = \pm s, t) = T_0$. We assume that the region $x \in [-h, h]$ is subjected to homogeneous strain $\varepsilon = \varepsilon_0 e^{i\omega t}$, resulting in

$$Q(x, t) = Q_0 [\Theta(x + h) - \Theta(x - h)] e^{i\omega t}, \quad (7)$$

where $\Theta(x)$ is the Heaviside step function, $Q_0 = \omega_0 \eta_0 \varepsilon_0$, and where we have dropped the tensor indices on $\eta$ and $\varepsilon$ for brevity.

The solution for $T(x, t)$ can be determined through a straightforward eigenfunction expansion,

$$T(x, t) = \sum_{n=0}^{\infty} A_n(t) B_n(x), \quad (8)$$

where the $n$th spatial mode is described by $B_n(x) = \cos(\xi_n x)$ and where

$$\xi_n = \frac{2n \pi}{2n \pi + 1} \quad (9)$$

is the characteristic thermal length of the $n$th mode. The steady-state amplitude of the $n$th mode can be evaluated to be

$$A_n(t) = \frac{4 \eta_0}{\pi (2n + 1)} \sin(\xi_n^{-1} h) \left( \frac{\omega}{\omega - i\gamma_n} \right) e^{i\omega t}, \quad (10)$$

where $\gamma_n = \xi_n^{-2} D$ is the characteristic thermal relaxation and $D = k/c$ is the thermal diffusivity.

Now suppose an ideal thermometer $[\Gamma_f(\omega) = 1]$ is placed at $x = 0$. The detected temperature $T_{\text{det}}(t) = T(x = 0, t)$ is given by

$$T_{\text{det}}(t) = \sum_n A_n(t) = \Gamma_f(\omega) \eta_0 \varepsilon_0 e^{i\omega t}, \quad (11)$$

resulting in

$$\Gamma_b(\omega) = \frac{4}{\pi} \sum_n \left[ \sin(\xi_n^{-1} h) \left( \frac{\omega}{\omega - i\gamma_n} \right) \right]. \quad (12)$$

The magnitude and phase of $\Gamma_b(\omega)$ for realistic values of $k$, $c$, $h$, and $s$ is shown in Fig. 2. As expected, $|\Gamma_b(\omega)|$ approaches zero as $\omega \to 0$ and approaches unity as $\omega \to \infty$. At an intermediate frequency...
which we label $f_{\text{max}} \approx 2\pi\omega_{\text{max}}$, however, we observe a global maximum in $|\Gamma_k(\omega)|$ where the sensitivity function reaches values greater than unity. Figure 2(c) shows $|\Gamma_k(\omega)|$ for a range of values of $h/s$, demonstrating that the proportion of the sample that is heated pushes the maximum out to higher frequencies. For $h/s \lesssim 0.6$, when $f_{\text{max}} \gtrsim 2\pi\gamma_1$, the peak frequency is closely approximated by $f_{\text{max}} \approx (h/s)^2(\beta D)^{-1}$, where $\beta$ is a constant with value $=1.687$ and $D$ is the thermal diffusivity. The peak magnitude is largest for $h/s = 1$ at which $|\Gamma_k(\omega_{\text{max}})| = 1.147$, and for $h/s \lesssim 0.5$, the amplitude approaches a constant value of 1.0693. But another way, this peak always occurs as the characteristic diffusion length becomes smaller than the length of the excited region. These calculations suggest that this peak is a robust feature of the AC-ECE sensitivity function. The results presented in Fig. 2 show that decreasing the thermal conductivity does not remove this peak but rather pushes the peak to higher frequencies. We also refer the reader to Sec. III B for a more intuitive understanding of this peak motivated from the principle of superposition.

Additionally, the thermal parameters $k$ and $c$ only enter Eq. (12) in the form of the diffusivity ratio $D = k/c$ within the definition of $\gamma_i$, scaling $D$ by a multiplicative factor simply rescales the frequency axes in Fig. 2 by the same factor.

As a verification of these results as well as a benchmark for the numerical methods used in Sec. V used here, we have also performed finite element simulations for similar conditions. We used a three-dimensional rectangular prism of length $2s$, width $w$, and thickness $d$, with specific heat $c_{\text{Sp}} = (wd)^{-1}c$ and thermal conductivity $k_{\text{Sp}} = (wd)^{-1}k$, with the same heating and boundary conditions. The results obtained through both numerical and analytical methods match quantitatively.

In practice, the sample mounting plates generate more complicated boundary conditions; the epoxy holding the sample in place will allow for finite heat flow for $h < x < s$. However, as the freestanding region $-h < x < h$ is still thermally isolated on all other surfaces, this nonideality will only result in a smaller effective value of $s$. This will tend to increase $h/s$, resulting in a lower peak frequency for the same $h$, $k$, and $c$. This acts in the experimentalist’s favor by increasing the frequency range over which $|\Gamma(\omega)| < 1$. This effect is quantified in the FEM calculations presented in Sec. V A.

### B. Discretized model

The results of Sec. III A, however, are not limited to continuous thermal models. We now examine a minimal lumped-element thermal model that reproduces the same behavior and provides further intuition for the physical meaning of $|\Gamma_k(\omega)| > 1$. We begin by separating the 1D sample of Sec. III A into a linear chain of $2N$ discrete elements ($N \geq 2$), each with heat capacity $C$ and coupled to its nearest neighbors with thermal conductance $K$. We maintain the same thermal behavior by defining $C = cs/N$ and $K = k/s/N$. The first and last elements are also coupled to a heat bath at temperature $T_0$ with thermal conductance $K$. By merit of the symmetry of the chain, we safely neglect one half and only consider the first $N$ elements, as shown in Fig. 3(a).

We denote the temperature of the $i$th element by $T_i(t)$ and collect these terms into a vector $T = (T_1, T_2, \cdots, T_N)^T$. The $M$ elements closest to the center of the sample ($M \leq N$) are subjected to an oscillating heat term

$$Q_i(t) = \begin{cases} Q_0 e^{i\omega t}, & \text{where } (N-M) < i \leq N, \\ 0, & \text{otherwise} \end{cases}$$

The equations for heat flow between elements, taking as our ansatz $T_i = T_0 + T_i^0 e^{i\omega t}$, can be collected into matrix form $Q = AT$, where $A$ is a tridiagonal matrix given by

$$A = \begin{pmatrix} g & K & & & \\ K & g & K & & \\ & K & \ddots & K \\ & & & g & K \\ & & & K & (g+K) \end{pmatrix},$$

where $g = i\omega C - 2K$, and all omitted elements vanish. The extra unit of $K$ in element $A_{NN}$ reflects the fact that no heat flows across

![FIG. 3. Discretized model of heat flow in the AC-ECE. (a) Schematic of the model in which a 1D sample is collected into 2N identical discrete elements. Only one half needs to be considered due to symmetry about the sample center. The $M$ units closest to the middle are subjected to an oscillating heat term. (b) Magnitude and (c) phase of the low frequency sensitivity function $\Gamma_k(\omega)$ for $N = 4$ and $M = 2$. We have set both $\eta$ and $c$ to unity such that the observed temperature oscillation $\Gamma_k(\omega)$ is identical to the sensitivity function for an ideal thermometer placed on the $\text{th}$ element. Similar to Fig. 2, a peak greater than unity is observed in $\Gamma_k(\omega)$ at intermediate frequencies. Temperature oscillations in those elements that experience oscillating heating (here $i = 3, 4$) approach unity in magnitude, while oscillations are damped at high frequencies in the unheated elements ($i = 1, 2$), as a consequence of adiabatic decoupling between heated and unheated elements at high frequencies.](image-url)
the mirror plane in the sample. The temperature profile can be computed immediately as $T = A^{-1}Q$. We finally extract the low-frequency sensitivity function $\Gamma_b$ by setting the elastocaloric tensor $\eta$ and strain magnitude $\varepsilon_0$ to unity, which by Eq. (4) equates the magnitude and phase of $T_i$ with those of $\Gamma_b$ for an ideal thermometer placed on the $i$th element. For all cases for which $N \geq M \geq 2$, the elements $i$ for which $N - M + 2 \leq i$ exhibit a peak temperature oscillation magnitude greater than unity.

The principle of superposition, afforded by the linearity of Eq. (5), provides an intuitive explanation for the appearance of this peak. Consider first a case where $N = 2$ and $M = 1$; this model is related to the model first applied to interpreting AC-ECE measurements, but with the assumption of an ideal thermometer placed at $i = 2$. In this case, $|\Gamma_p(\omega)|$ will increase monotonically with the frequency and will not generate a peak. The ideal behavior of the thermometer precludes the suppression of the measured temperature oscillation in the high frequency limit.

In contrast, consider a case in which $N = 2$, but heat is applied only to the $i = 1$ element, not the $i = 2$ element. This is reminiscent of the model used in AC heat capacity measurements. Here, $|\Gamma_p(\omega)|$ (still as measured at $i = 2$) will vanish at either frequency limit but will have a finite peak below unity at some intermediate frequency. The low frequency behavior is the same as above; temperature oscillations are damped due to thermalization with the bath at $T_b$. In the high frequency limit where $\omega > K/C$, however, the heat generated in the $i = 1$ element cannot couple into the $i = 2$ element, resulting in suppressed temperature oscillations in the $i = 2$ element.

The case of $N = M = 2$, the simplest case in which $|\Gamma_p(\omega)| > 1$, can be considered as the superposition of these two cases. If the peak in the second case occurs at or above the frequency at which the oscillation amplitude in the first case approaches unity, then the total response can result in a peak amplitude greater than unity. This is always the case for the model considered here due to the equal heat capacities and thermal conductances between the elements.

The description of the peak in terms of the principle of superposition can also be generalized to the continuum model. In this case, the temperature gradient arising from the spatial variation in the phase of temperature oscillations generates a retarded flow of heat (and therefore entropy) within the sample. The phase delay between the elastocaloric heating and the conductive heat flow can boost the total rate of change in the temperature at and near the center of the sample.

In summary, the peak in $|\Gamma_p(\omega)|$ is a robust feature that contributes to the thermal transfer function of all AC-ECE measurements. It is possible, however, that the peak itself is masked by the high-frequency component of the sensitivity function, $\Gamma_M(\omega)$, which will be discussed in Secs. IV–VI.

IV. FEM IMPLEMENTATION

We now turn our attention to the nontrivial effects of the 3D geometry of the sample, mounting plates, and thermometer. We apply the finite element method (FEM) to solve Eq. (3) on a 3D mesh in which regions representing different materials are assigned appropriate thermal conductivities and heat capacities. We use a Python implementation of the open-source FEniCS Project\textsuperscript{27,28} as our FEM solver. Generation and optimization of the mesh was performed using Gmsh.

The complete finite element mesh, slightly simplified from practical experiments, is shown in Fig. 4. Each pair of mounting plates, as well as the screws that hold the assembly together, are represented by a single C-shaped block. The regions between the mounting plates are completely filled with epoxy into which either end of the sample is then embedded. The thermometer used to detect the temperature oscillation is taken to be a thermocouple (TC) and is represented by two cylinders $\sim 2 \text{ mm}$ in length. One end is “adhered” to the sample with a bead of some bonding material. In practice, such material could be an epoxy, an electrically conductive paint, or a small quantity of solder. For simplicity, the TC wires are taken to lie parallel and adjacent to each other, and the TC “junction” is defined as the point directly between the wires and above the center of the sample. We describe the glue bead as a section of a cylinder.

![Fig. 4. Geometry of the experimental setup: top view (a) and (b) side view. (c) Detailed side view of the thermocouple bond bead and thermocouple wire. (d) Rendered image of the full mesh and the thermocouple bond. Characteristic element sizes near the center of the sample are 10 $\mu$m, expanding to 75 $\mu$m at the edge of the mounting plates. As several variations of this standard mesh are used throughout this work, differences from this geometry are described in the text.](image-url)
60 μm in diameter and 250 μm in length, which spans from one edge of the sample to slightly beyond the end of the TC wire. Several studies in Sec. V employ meshes that remove either the mounting plates or the TC in order to isolate the $\Gamma_p(\omega)$ and $\Gamma_t(\omega)$ components independently.

The characteristic dimensions of the tetrahedral mesh elements within the sample vary from <10 μm near the center and within the TC to ~75 μm where the sample meets the mounting plates. The elements comprising the mounting epoxy and the mounting plates increase from 75 μm to 125 μm at the outside edge. As will be shown in Secs. V and VI, the temperature variation in these regions is negligibly small for realistic parameters, which makes the additional refinement of the mesh in and around the mounting plates unnecessary.

The section of the sample that is suspended between the plates experiences a fairly homogeneous strain environment. However, a finite but inhomogeneous strain persists within the glued ends of the sample. This strain will still contribute to the overall elastocaloric effect. For a similar setup, we find that the strain within the glued sections can be approximated by

$$\varepsilon_{xz}(x) = 0.0286 \exp\left(-\frac{(x + 597)}{168}\right),$$

where $x$ is the depth (in micrometers) within the glue, with the end of the freestanding sample at $x = 0$.

We take as our initial conditions that the entire mesh is at a constant temperature $T_0$. The linearity of the heat equation allows us to set this temperature as $T_0 = 0$ without loss of generality, interpreting the reported temperature as the deviation from this reference. We employ Dirichlet boundary conditions enforcing $T = T_0$ on three surfaces: the bottom faces of both of the titanium mounting blocks and the far end of the thermocouple wires, 2 mm away from the center of the sample. All other surfaces are assumed to be thermally insulated.

We employ an implicit Crank–Nicholson trapezoidal scheme to advance the heat equation in time. We calculate the temperature distribution at the $(n + 1)$th time step by solving

$$c(x) \frac{T_{n+1} - T_n}{\Delta t} = \frac{\partial}{\partial x_1} \left[ k_0(x) \frac{\partial}{\partial x_2} \left( \frac{T_{n+1} + T_n}{2} \right) \right] + \frac{Q_{n+1} + Q_n}{2},$$

which is then converted into the weak variational form through standard techniques. We use a space of linear basis functions defined on scalar elements.

In order to extract the magnitude and phase of the thermal transfer function from the temperature profile, we must first run the simulation through a finite number of cycles. For all simulations shown here, the time step $\Delta t$ was chosen such that $\Delta t = 1/(100f)$, where $f$ is the strain frequency. At each frequency, we allow the system to run through 10 full cycles or 1000 timesteps, extracting the temperature from various relevant locations within the sample and thermometer at each step. To minimize the effect of transient fluctuations in the finite number of cycles, we discard the results of the first five cycles and perform a sinusoidal fit to the final five cycles.

V. RESULTS OF FEM SIMULATIONS

A. Sample-bath coupling

We begin by studying the details of the thermal connection between the sample and the reservoir. To again isolate only the $\Gamma_p(\omega)$ component, we remove the thermocouple and bonding material from the geometry shown in Fig. 4. We then generate several instances of the mesh with varying sample lengths and thicknesses. For all of the calculations in this section, we maintain the same dimensions of the mounting plate blocks, the width of the sample, and the length of the glued regions of the sample.

The sample itself can be expected to behave in a similar fashion to what was presented in Sec. III A, although the boundary conditions differ slightly near the ends. We define the nominal total sample length (including the glued regions) as $2h_{\text{nom}}$ and the spacing between the mounting plates as $2h_{\text{eff}}$. To account for the differences in boundary conditions, we also define effective dimensions $s_{\text{eff}}$ and $\Gamma_{t\text{eff}}$ for which Eq. (12) reproduces the behavior most faithfully. These parameters are defined schematically in Fig. 5(b). These two effective dimensions are the only free parameters in a least-squares fit of Eq. (12) to the FEM results.

The results of FEM calculations for several different mounting plate spacings are shown in Fig. 5(a), superimposed over fits to the continuum model. Good fits are achieved for all sample lengths, with the shortest samples displaying the largest deviations. The frequency of the peak scales with the inverse square of the sample length, as would be expected from the diffusion equation. The initial rise of the magnitude also varies in steepness, becoming more gradual as the sample decreases in length. This change in shape is also observed in Fig. 2(a), as a consequence of changing the $h/s$ ratio.

The nominal and effective lengths extracted from fits to the FEM results are presented in Fig. 5(c). As $h_{\text{nom}}$ increases, the effective dimensions grow approximately linearly as well. The sample thermalization length, defined as the difference between the edge of the mounting plates $h_{\text{nom}}$ and the total effective half-length of the sample $s_{\text{eff}}$, is plotted in the inset of Fig. 5(c). The thermalization length exhibits only a weak dependence on the plate spacing, adopting values near 150 μm–180 μm for all spacings studied.

As mentioned in Sec. IV, we have also included the finite strain within the glued regions of the sample in our definition of the heat term $Q$. We have performed FEM calculations both with and without these exponential tails, and the difference in the effective dimensions is presented in Fig. 5(d). We find a relatively very little effect on the resulting effective dimensions, amounting to just a few micrometers of difference. The characteristic strain relaxation length is approximately the same as the sample thermalization length. The effective dimensions are most sensitive to the strain relaxation effects for small plate spacings, but the total effect is negligible compared to practical uncertainty in the epoxy dimensions and strain transmission. As a consequence, the details of strain relaxation within the sample ends are unlikely to have a significant effect on the frequency dependence.

The operative parameter for controlling the difference between the nominal and effective dimensions is the thickness of the sample. As shown in Fig. 5(e), increasing the sample thickness causes an increase in $s_{\text{eff}}$ and $\Gamma_{t\text{eff}}$ following an exponential curve with a characteristic length of ~42 μm. The growing thermalization length
is a consequence of the increasing total thermal conductance, as might be expected for a static thermalization problem. The effects of the thermal conductivity and heat capacity of the sample mounting epoxy have also been explored. We find that varying the diffusivity over three orders of magnitude has a very little effect on the resulting effective dimensions.

The practical consequence of this relatively short thermalization length for the frequency-dependent sensitivity function is that \( h_{\text{eff}} / s_{\text{eff}} \approx 0.9 \), largely independent of the sample dimensions when the sample is of order 1 mm or longer. This condition places the response squarely in the regime where the greater-than-unity peak in the transfer function reaches the largest values [cf. inset of Fig. 2(b)].

In principle, the ideal case would be to directly embed, deposit, or weld the thermocouple to the surface of the sample, minimizing extra thermal mass such as epoxy while creating solid thermal contact. A thermocouple that is directly embedded into a sample can react within \( \sim 10 \mu s \) while using the sample surface itself (assuming it is conductive) as one leg of an intrinsic thermocouple can produce response times of \( 3 \mu s \). However, the use of such techniques will be highly material-dependent and may damage the sample; using a small bead of a bonding material such as an epoxy is a more generally applicable solution. Additionally, thermocouples are often adhered to samples by hand. This certainly allows for decent measurements to be made, although some variance in the quality of the thermal contact is to be expected. In principle, micro-manipulators and small syringes could be employed in order to improve reproducibility.
In practice, the dimensions of the thermocouple and bonding material may be of similar orders of magnitude to the dimensions of the sample itself. In order to test the influence of bond geometry in a controlled way, we have developed a set of four different geometries for the TC bonding material, labeled I–IV, each of which includes the same volume of material and therefore the same total $C_{TC}$. The size, shape, and orientation of the thermocouple wires are held fixed, as is the total height of the bonding material above the top surface of the sample. The different shapes are shown schematically in Figs. 6(a) and 6(b). Bonds I and II are long and thin volumes running along the thermocouple wire but with cross sections of a circular segment and a rectangle, respectively. Bond III is wide and short, near the TC junction only, and also has a circular segment cross section. Bond IV consists of a spherical cap with its axis of revolution passing through the TC junction.

We high the frequency contributions $\Gamma_f(\omega)$ of the TC bond by removing the components of the mesh corresponding to the mounting plates and sample mounting epoxy. The entire sample is considered to be strained uniformly at a given frequency, and the entire mesh is thermally isolated, except for the far end of the TC wires. FEM calculations are otherwise identical to those in Sec. V A.

The results of FEM calculations for these four meshes are presented in Fig. 6(c). As expected, the magnitude of $\Gamma_f(\omega)$ approaches unity at low frequencies.

As the frequency increases, the magnitude drops over approximately one decade of frequency. It is observed that for strain frequencies above $\approx 100$ Hz, the sensitivity function is largest for the long, thin, cylindrical bond I, while the short and wide bond III performs most poorly. The phase of the signal decreases linearly between 100 Hz and 10 kHz and then decreases more quickly at larger frequencies.

We find that a long thin bead of a bonding material running from the tip of the thermocouple along the wires to the edge of the sample provides better thermal coupling than a shorter, but wider, bead of identical volume and thermal parameters. This geometry is a compromise between the optimal case of minimum bond volume and the reality of working with liquid adhesives. For example, a low-viscosity epoxy would wick along the surface of the thermocouple wire by capillary action.

In order to evaluate the effective dimensionality $d_{eff}$ of the thermal diffusion volume of the sample, we extract the instantaneous power law dependence of $|\Gamma_f(\omega)| = f^\alpha$ as a logarithmic derivative in Fig. 6(d). Beginning in the low-frequency limit, $\alpha \approx 0$, indicating that the thermal diffusion volume is larger than the sample. As the frequency increases and the thermal length decreases, the magnitude begins to decline rapidly. The onset of the decline corresponds to $L_{th} = 250 \mu m$, the length of the bond region. Increasing the frequency further, $\alpha$ reaches a minimum just beyond $\approx -1$, which corresponds to 2D heat flow. This minimum corresponds to the crossover between different thermal bottlenecks: for frequencies below this minimum, heat flow is dominated by the changing thermal volume of the sample, while heat flow at higher frequencies is limited by diffusion through the bonding material. At this point, the diffusion length within the sample becomes smaller than the short axis of the interfacial area between the sample and the bond. For extreme frequencies $\geq 10$ kHz, $\alpha$ indicates an approach to 1D behavior, and the thermal contact between the sample and thermocouple is dominated by flow perpendicular to this interface.

Finally, we compare the results for different thermal parameters in both the sample and bond material in Fig. 6(e). We consider changes in the diffusivity of the sample ($D_s$) and the thermocouple bond $D_b$ relative to the default values $D_s^0$ and $D_b^0$, as well as the ratio between the sample and bond heat capacities $C_s/C_b$. Of these parameters, we find that the heat capacity ratio exerts the largest effect on the cutoff frequency $\omega_c$, although an order of magnitude change in $C_s/C_b$ causes $\omega_c$ to vary by less than a factor of 3. Changes in the

---

FIG. 6. High-frequency contributions to the AC-ECE sensitivity function arising from the geometry and material properties of the thermocouple. Four different geometries of the TC bond, each containing the same total volume of the bond material, are shown in panels (a) and (b). Panel (c) shows the magnitude and phase response of $\Gamma_f(\omega)$ for each variant. We find that bond I (red squares) maintains the largest magnitudes out to the highest frequencies, indicating that a long and thin bond bead with a center of mass as close as possible to the sample surface is the best choice for a given bond volume. Panel (d) extracts the effective power law $\alpha = d \log|\Gamma_f(\omega)|/d \log(f)$ describing the frequency dependence of the magnitude. For heat flow of dimension $d$, one expects $\alpha = -d/2$. All four thermocouple bond variants initially exhibit a trend in $\alpha$ toward the 2D limit interrupted by a rebound back to $\alpha = -0.5$ over roughly one decade in frequency. Panel (e) shows the expected behavior of $|\Gamma_f(\omega)|$ for bond I under various material conditions. Increasing the sample diffusivity increases the cutoff frequency most strongly, while the bond diffusivity dominates for $f \geq 10$ kHz. Changing the ratio between the sample and bond specific heat (holding the diffusivity constant) causes a very little effect.
diffusivity of the TC bond material has no noticeable effect, consistent with the interpretation that the behavior is limited by \( L_{th} \) within the sample. Increasing \( D_s \) by a factor of 3 does increase the cutoff frequency, but only slightly.

A consequence of the results presented in Fig. 6(e) is that both the high and low frequency cutoff frequencies (which we will denote by \( \omega_t \) and \( \omega_b \), respectively) are primarily determined by the geometry and diffusivity of the sample, parameters that cannot generally be controlled by the experimentalist. In the context of experiments making use of round-wire thermocouples, then there are relatively few parameters that can be optimized. Further improvements would require a significant paradigm shift, such as the implementation of thin-film thermometers, which can be deposited onto the sample surface, and the thermal coupling will be very close to ideal for all strain frequencies. However, it should be noted that in such a case, strain transmission between the sample and thermometer material will also be nearly perfect, so care must be taken to ensure that the thermometer’s response is insensitive to strain.

To widen the quasi-adiabatic region by minimizing \( \omega_b \), one can use the longest sample possible. Increasing the length by a factor of \( \lambda \) will decrease the cutoff frequency by \( \lambda^{-2} \). Simultaneously, however, the sample strain for a given stress will decrease by \( \lambda^{-1} \) and the critical compressive buckling stress will decrease by \( \lambda^{-2} \) as well. Increasing the sample thickness by a factor of \( \gamma \) can counteract the buckling condition somewhat (increasing the buckling force by \( \gamma^2 \) due to changes in the bending moment of the sample) at the further cost of strain (\( \gamma^{-1} \)). While the practical limits will depend on the material under test, increasing the length, thickness, and driving stress generally provides the best conditions for quasi-adiabatic behavior at the lowest frequencies possible.

To improve the response on the high-frequency side by maximizing \( \omega_t \), the choice of bond material (with the optimum corresponding to minimizing \( C_b \), while \( D_b \) appears irrelevant) has the largest effect, although even this effect is somewhat muted. The shape of the bond bead can alter the cutoff frequency by approximately a factor of 2. The optimal geometry consists of a thin, low-volume bead that connects a significant portion of the thermocouple wire to the sample surface and has a low center of mass relative to the sample surface to maximize thermal coupling. Additionally, samples that are thinner than the bond bead are wide, for instance, tend to reduce the cutoff frequency due to a reduction in heat capacity per unit area of the sample. However, the cutoff frequency saturates when the sample thickness is increased beyond the width of the bond bead, making sample thickness a poor tuning parameter for increasing the cutoff frequency.

VI. RESULTS OF FULL SIMULATIONS

Finally, we combine the low- and high-frequency effects and study the complete sensitivity function \( \Gamma(\omega) \) for realistic parameters.

![Graphs](https://example.com/graphs.png)

**FIG. 7.** Dependence of the full AC-ECE sensitivity function \( \Gamma(\omega) \) on strain frequency and material parameters. Panels (a)–(d) illustrate the effects of the volumetric heat capacity of the sample, the thermocouple bond, the thermocouple itself, and the sample mounting epoxy, respectively. Panels (e)–(h) show the effect of the thermal conductivity of the same materials. Only one parameter is varied at a time; all the rest are held at the values listed in Table I. In panel (e), the sample thermal conductivity anisotropy ratio \( k_{xx}/k_{yy} \) is held constant, and the legend corresponds to values of \( k_{xx} \).
A. Material property dependence

Figure 7 shows a map of $\Gamma(\omega)$ as a function of the heat capacity and thermal conductivity of the sample, sample mounting epoxy, thermocouple, and thermocouple bond material. All parameters except the one being varied are set to the values listed in Table I. Despite the variability of the response across the range of parameters, the shape of the response takes on only two qualitatively different forms. In one case, when the parameters are far from ideal (i.e. when the maximum value of $|\Gamma(\omega)| \leq 1$) the frequency response of $\Gamma(\omega)$ consists of a single sharp peak. In the second case, as one alters the parameters such that the peak magnitude approaches the “ideal” value described in Sec. III, the response splits into a peak on the low frequency side and a shoulder on the high frequency side.

Within the field of fundamental condensed matter physics research, many of the most actively studied material families exhibit significantly anisotropic crystal structures. The flat sample morphology presented here is particularly well-suited to the layered materials that can be cleaved easily; however, the layered structure usually also implies an anisotropic thermal conductivity. Thermalization between the sample and thermocouple, as well as between the sample and mounting plates, primarily occurs through heat flow that runs perpendicular to the plane of the sample, whereas thermalization within the sample occurs primarily within the plane. As such, anisotropy in the thermal conductivity may have a substantial effect on the sensitivity function $\Gamma(\omega)$.

We consider a sample material that exhibits a three-, four-, or six-fold symmetry axis normal to the plane (parallel to the $z$-axis) such that the thermal conductivity tensor $k_{ij}$ takes on the form

$$k_{ij} = \begin{pmatrix} k_{xx} & 0 & 0 \\ 0 & k_{xx} & 0 \\ 0 & 0 & k_{zz} \end{pmatrix}.$$  

We neglect any strain-induced anisotropy within the plane. A series of FEM calculations varying the out-of-plane component $k_{zz}$ while holding $k_{xx}$ fixed is presented in Fig. 8. Focusing first on the behavior of the bath coupling component $\Gamma_b(\omega)$, we see that increasing $k_{zz}$ has almost no change in the magnitude. Fits of these data to the continuum model of Eq. (12) show that neither of the effective lengths depends on the out-of-plane thermal conductivity, further indicating that $z$-axis heat flow normal to the sample–epoxy interface is significantly less important than the $x$-axis heat flow between the strained and unstrained sections of the sample.

![Figure 8](image-url)
The temperature measured at the thermocouple junction, however, does depend modestly on \( k_{zz} \). Temperature profiles in the cross section of the sample [see Figs. 8(c)–(e)] show that the actual temperature within the sample varies only slightly. The behavior is most different on the top surface of the sample, where it is suppressed slightly in the highly anisotropic case. The thermocouple temperature is similarly affected. The resulting impact of this effect on the sensitivity function is a slight decrease in the magnitude on the high frequency side of the peak, but the difference is minor. In the case of an extremely thermally anisotropic material, if shaping a sample, such that the largest thermal conductivity points normal to the plane, is not possible, then the frequency range can be improved slightly by adhering the thermocouple to the side of the sample rather than the top.

### B. Comparisons to experiment

We now revisit the experimental results for AC-ECE measurements on Co-doped BaFe\(_2\)As\(_2\), and compare the phenomenology to FEM results for the full mesh presented in Fig. 4. The experimental results at three different temperatures are compared to three values of the thermal conductivity of the TC bonding material. Unlike the simplified model presented in Fig. 1, the FEM results accurately predict the shape of the signal.

Two parameters were required to bring the experimental and simulated curves into quantitative agreement. One is the vertical scale factor between the measured elastocaloric effect and \( |\Gamma(\omega)| \), which is the quantity we are trying to measure. The other parameter is the thermal conductivity of the bonding material. Depending on the type of bond used, the thermal properties or the shape of the bond may be unknown or poorly defined. Allowing one of the thermal properties of this material to vary, however, is sufficient to capture all of these effects. Most importantly, the elastocaloric scale factor and the thermal properties of the bond affect the sensitivity function in orthogonal ways—the scale factor only affects the height of the curve, while the thermal parameters affect the width of the response in frequency space.

In practice, when \( \eta_0 \) is not known a priori, the frequency dependence of the signal can be used to determine the quality of the thermal coupling for a given sample and material. Unlike specific heat measurements in which an external heater is used,\(^2\) a flat plateau is almost never to be expected in an AC-ECE measurement implemented using round wires. Instead, we propose an empirical prescription for evaluating the quality of a given measurement and the peak magnitude of \( \Gamma(\omega) \) without requiring recourse to one’s own finite element calculations. The prescription is shown graphically in Fig. 9.

Consider a single measurement of the frequency-dependent AC-ECE signal, consisting of oscillations in temperature \( T(\omega) \) and strain \( \varepsilon'_j(\omega) \), where both are complex quantities. In what follows, we denote the measured quantities with primes, while the unprimed variables denote the true value corrected for frequency-dependence of the sensitivity. Calculate the raw elastocaloric response \( \eta'_h(\omega) = T(\omega)/\varepsilon'_j(\omega) \) as well as the normalized magnitude \( H(f) \) defined as

\[
H(f) = \frac{|\eta'_h(\omega)|}{|\eta'_h(\omega_{\text{max}})|},
\]

where \( \omega = 2\pi f \). Define a concavity function \( J(\omega) \) that is the second derivative of \( H(f) \) with respect to \( \log(f) \).

\[
J(f) = \frac{d^2H(f)}{d(\log(f))^2}. \tag{19}
\]

In “optimal” cases, where the experimental setup permits \( |\Gamma(\omega_{\text{max}})| = 1.1 \), \( J(f) \) will exhibit a local maximum at \( f_1 \). By calculating \( J(f) \) for all of the simulated traces in Fig. 7 and comparing its behavior to the simulated \( \Gamma(\omega) \), we have found consistent relationships between the two, despite the variability in terms of frequency dependence. By comparing the value of \( J \) at this local maximum to the true peak in the sensitivity function \( |\Gamma(\omega_{\text{max}})| \), we have found the two to be related linearly by the equation

\[
|\Gamma(\omega_{\text{max}})| = 1.085(2) + 0.20(3) \cdot J(f_1). \tag{20}
\]

In cases where no such local maximum is observed, extract the local minimum of \( J \) at \( f_2 \), which lies on the low frequency side of the peak in \( H \). In this case, the peak sensitivity can be estimated with...
the relation

$$|\Gamma(\omega_{\text{max}})| = 1.39(10) + 1.16(30)/(f_2).$$

Regardless of which case is used, the peak sensitivity $|\Gamma(\omega_{\text{max}})|$ sets the scale factor for calculating the bare elastocaloric tensor,

$$\eta_b = \frac{\eta_0(\omega_{\text{max}})}{|\Gamma(\omega_{\text{max}})|}.$$ (22)

This procedure assumes that the bare elastocaloric tensor is frequency independent.

The results of this study clearly demonstrate both the possibility of and protocol for measuring the AC-ECE in absolute units. However, even once the experiment has been optimized, it should be remembered that $\Gamma(\omega)$ will vary with temperature as the thermal parameters shift. The sloping “pseudo-plateau” region of Fig. 9(a), for example, spans ~25% of the maximum sensitivity. One of the major findings of this work is that quantitative measurements of $\eta_b$ as a function of temperature require that the frequency dependence be measured for a range of temperatures of interest in order to correct for these effects. This becomes even more important in the vicinity of a phase transition in the sample material at which the thermal conductivity and specific heat of the sample can change dramatically and abruptly.

If the bare elastocaloric tensor of the sample does carry an intrinsic frequency dependence, the situation becomes more challenging. The intrinsic response could, in principle, vary dramatically in different materials. The measured temperature oscillation will consist of a product of the sensitivity function and the intrinsic response of the material. In this case, one possible procedure for disentangling the two would be to perform elastocaloric measurements on samples of differing lengths, holding all other variables constant. The low-frequency behavior of $\Gamma(\omega)$ will change dramatically as in Fig. 5(a), while the material response remains consistent. Comparisons between the observed frequency dependences and the expected variations in $\Gamma(\omega)$ with length will provide a way to demonstrate that the intrinsic response is nontrivial. As demonstrated in this paper, especially Fig. 10, independent measurements of the sample heat capacity and thermal conductivity can produce a reasonably accurate estimation of $\Gamma(\omega)$, which can be used as a reference for isolating the intrinsic response. Additionally, if a reasonable theoretical model describing the frequency dependence of the dynamical effect can be proposed, dividing the total measured response by the results of this model ought to return the bare $\Gamma(\omega)$ itself, as described throughout this paper; this can serve as an additional verification of the presence and, to a limited extent, the quantitative magnitude of the intrinsic frequency dependence.

VII. CONCLUSIONS

Numerical and analytical heat flow studies have been applied to the frequency-dependent AC elastocaloric sensitivity function $\Gamma(\omega) = \Gamma_2(\omega)\Gamma_1(\omega)$. We have shown through analytical models that coupling between the sample and the bath always give rise to a small peak where $|\Gamma(\omega)| > 1$, which arises as a consequence of the finite spatial extent of the elastocalorically excited region. By comparison to finite element simulation, we have also quantified the effects of sample dimensions and strain relaxation. Examination of the decoupling behavior of the thermocouple at high frequencies indicates that the optimal thermocouple bond geometry is a long, thin bead with a center of mass closest to the sample surface. We have demonstrated the effects of the heat capacity and thermal conductivity of the various materials involved in this measurement, including anisotropy in the sample thermal conductivity tensor. By combining both the high and low frequency components, we have shown good agreement with the data acquired on a sample of Ba(Fe$_{1-x}$Co$_x$)$_2$As$_2$. Finally, we have provided an empirical technique for estimating the absolute magnitude of the elastocaloric tensor through measurements of the frequency dependence, and we emphasize the importance of measuring the frequency dependence at a variety of temperatures throughout the range of interest for the sample. This work provides an intuitive baseline for the detailed interpretation of the frequency dependence of AC elastocaloric effect measurements.

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The true value is slightly decreased below 1 due to the finite heat capacity of the sample. Both the conventional elastocaloric effect and the elastic energy away from the strain-neutral point, however, can be lumped together into our definition of the total conductance.

Changes in strain imply that work is being done on the sample, changing the internal elastic energy even in the adiabatic limit. This would also result in a change in the sample temperature; however, since both compressive and tensile deformations of a solid at equilibrium requires positive work, an oscillation at frequency \( f \) about the strain-neutral condition generates temperature oscillations at frequency \( 2f \), which will not affect phase sensitive measurements. If the oscillation is superimposed on a constant strain offset, there will be a contribution to the signal at \( f \) arising from the work done on the sample. Both the conventional elastocaloric effect and the elastic energy away from the strain-neutral point, however, can be lumped together into our definition of the total conductance.

The results of the calculations in this paper, as well as the experimental results to which the calculations are compared, are available from the corresponding author upon reasonable request.

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