Lysozyme Influence on Monolayers of Individual and Mixed Lipids

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Abstract: Fatty acids, cholesterol, and phospholipids are amphiphilic compounds of biological interest, which form ordered monolayers mimicking biomembranes, and can be studied with the Langmuir technique using surface pressure-area isotherms and compressibility plots. Proteins are also components of biomembranes or are present in body fluids. In this study, the influence of lysozyme on different films of a fatty acid (stearic acid or oleic acid), cholesterol, a phospholipid (dipalmitoylphosphatidylcholine, DPPC, or palmitoyloleoylphosphatidylcholine, POPC), and mixtures of them is presented using a 0.9% saline solution as subphase. Results show that the presence of lysozyme alters the lipid monolayer formation in an important way at the beginning (low surface pressures) and the middle (intermediate surface pressures) parts of the isotherm. At high surface pressures, the phospholipids DPPC and POPC and the saturated fatty acid, stearic acid, expel lysozyme from the surface, while oleic acid and cholesterol permit the presence of lysozyme on it. The mixtures of oleic acid-DPPC also expel lysozyme from the surface at high surface pressures, while mixtures of oleic acid-POPC and cholesterol-POPC permit the presence of lysozyme on it. The compressibility of the monolayer is affected in all cases, with an important reduction in the elastic modulus values and an increase in the fluidity, especially at low and intermediate surface pressures.

Keywords: fatty acid; cholesterol; phospholipid; mixed lipids; Langmuir monolayer; lysozyme; compressibility

1. Introduction

Fatty acids, cholesterol, and phospholipids are of biological interest, and they can form ordered and compact monolayers. References to previous studies can be found in [1–3]. Some articles on single fatty acids and single phospholipids published in the last years are reported in reference [4]. Recent articles related to mixtures of fatty acid and a phospholipid are those of [5–15], and articles related to mixtures of cholesterol and a phospholipid are those of [16–22].

Interactions of proteins with lipid films and membranes are of great interest for biological systems such as tear films and cellular membranes. Works studying the surface properties of protein solutions and the influence of proteins on lipid monolayers are those of references [23–38] and those reported in reference [39]. Sah et al. [26] observed that reversible hysteresis persists if the protein molecules contain effective positive or negative surface charges. For neutral conditions, irreversibility in the hysteresis behavior dominates. They also found that at lower surface pressures, a monomolecular layer of bovine serum albumin, BSA, is formed on the water surface and molecules start to lift up when increasing the surface pressure. Depending on the surface pressure and surface charge of BSA, a monomolecular or bimolecular layer of BSA is formed on the water surface; however, a bimolecular layer is observed when the pH is closer to the BSA isoelectric point of \( \approx 5 \). Pasquier et al. [38] studied protein interfacial layers of ovalbumin and lysozyme at a free air–water interface, using neutron reflectivity and null-ellipsometry. These authors found that the combined effect of a positive charge of protein and the presence of advection flow...
(convection towards the interface) induce the formation of interfacial multilayers. In the absence of advection flow, ovalbumin and lysozyme form monolayers. Lipid monolayers are considered as a model for half a membrane, being valuable to characterize protein–membrane interactions. Nobre et al. [40] presented a critical review on the subject of interactions of bioactive molecules and nanomaterials with Langmuir monolayers.

Only some of these cited works have studied lysozyme [25,27] or the influence of lysozyme on lipid films [28,32,33,35,36]. Miñones et al. [25] studied how to obtain a well-spread monolayer of lysozyme at the air–water interfaces. Tihonov et al. [27] studied dynamic surface properties of lysozyme solutions. Chernysheva et al. [28] studied the influence of non-ionic surfactants on lysozyme adsorption at aqueous–air and aqueous–organic liquid interfaces. Ohno et al. [33] studied the interfacial tension in the adsorption of lysozyme onto lipid monolayer formed at a water–chloroform interface. Derde et al. [35,36] studied lysozyme and dry-heated lysozyme interactions with membrane lipid monolayers using a lipopolysaccharide from E. coli, and they observed that lysozyme has a high affinity for the lipopolysaccharide monolayer due to polysaccharide moieties. Nishimura et al. [32] investigated the effect of lysozyme adsorption on the interfacial rheology of DPPC and cholesteryl myristate films, and they found that the adsorption of lysozyme into a cholesteryl myristate or a DPPC-cholesteryl myristate film resulted in a more expanded film and increased the compressibility.

The results reported in the bibliography indicate that, in general, the systems fatty acid-phospholipid present miscibility, but the interactions may be more attractive with $\Delta A < 0$ (see Equation (2)), or more repulsive with $\Delta A > 0$, depending on the fatty acid and phospholipid. A saturated fatty acid affords more rigidity to the phospholipid monolayer, but an unsaturated fatty acid affords more fluidity to the phospholipid monolayer. A saturated fatty acid interacts more favorably with a saturated phospholipid than with an unsaturated phospholipid. Some authors point out that between a saturated fatty acid and an unsaturated phospholipid, phase separation occurs at certain values of surface pressure and composition. In the particular case of cholesterol, as a rule, cholesterol induces a contraction of the phospholipid monolayer with $\Delta A < 0$, indicating attractive interactions, but this fact also depends on the phospholipid having a stronger interaction with PC than with PE phospholipids.

Fatty acids, cholesterol, phospholipids, and their mixtures are present in the lipid layer of the tear film, and lysozyme is a protein present in the aqueous layer of the tear film that interacts with the lipids of the lipid layer [41]. Stearic acid and oleic acid are typical fatty acids abundant in natural systems, thus are models for the study. DPPC and POPC are typical phospholipids and models for the study. In previous work, the influence of lysozyme on individual lipid films using water subphase was studied [38]. In the present work, the influence of lysozyme on mixed lipid films with oleic acid-DPPC, oleic acid-POPC, cholesterol-POPC, and on the individual lipids using NaCl 0.9% water subphase, a more physiological medium, has been studied. Thus, the aim of the work is first to study these particular lipid systems, which present an unsaturation on the fatty acid and/or in the phospholipid, and to see their behavior, and secondly, the influence of lysozyme on them. For that, surface pressure-area isotherms were registered, and from these, the elasticity modulus, $C_S^{-1}$ (Equation (1)), was calculated, where $\pi$ is the surface pressure and $A$ the area.

$$C_S^{-1} = -A \left( \frac{d\pi}{dA} \right)$$  \hspace{1cm} (1)

For the mixed films, the increment of area $\Delta A$ (Equation (2)), or excess area $A^E$, can be calculated at several surface pressures, where $A_{12}$ is the mean area per molecule for the mixture, $X_1$ and $X_2$ the molar fractions of the components, and $A_1$ and $A_2$ the area per molecule of each individual component at a fixed surface pressure.

$$\Delta A = A^E = A_{12} - (X_1 \cdot A_1 + X_2 \cdot A_2)$$  \hspace{1cm} (2)
2. Materials and Methods

2.1. Materials

Oleic acid (OA), purity ≥ 99%, was provided by Fluka (Madrid, Spain). Palmitoleoylphosphatidylcholine (POPC), purity ≥ 99%, was purchased from Avanti Polar Lipids (Alabaster, AL, USA). Stearic acid (SA), purity ≥ 98.5%, dipalmitoylphosphatidylcholine (DPPC), purity ≥ 99%, and cholesterol (CHO), purity ≥ 99%, and lysozyme from chicken egg white, purity ≥ 98%, were provided by Sigma-Aldrich (Sant Louis, MO, USA). NaCl, purity ≥ 99.0%, and chloroform, purity ≥ 99.5%, of analytical grade from Sigma-Aldrich, were used in solution preparation. Water was ultrapure MilliQ® (resistivity 18.2 MΩ·cm and pH = 6.8).

2.2. Techniques

Langmuir monolayer formation was carried out on a trough (Nima Technology, Cambridge, UK) model 1232D1D2 equipped with two movable barriers. The surface area of this trough was 1200 cm², dimensions 60 cm × 20 cm. The surface pressure was measured using paper Whatman 1 held by a Wilhelmy balance connected to a microelectronic system registering the surface pressure (π). In one case, the subphase used in these experiments was a saline solution at 0.9% in NaCl. In the other case, the subphase used was a saline solution at 0.9% NaCl containing lysozyme at a concentration of 0.1 g·L⁻¹ (pH = 5.0). This concentration of lysozyme is close to that in the tear film. Before the subphase addition, the trough was cleaned twice with chloroform and once with MilliQ® quality water. Residual impurities were cleaned from the air–liquid interface by surface suctioning. Solutions of the lipids were prepared using chloroform, at concentrations of 1 mg·mL⁻¹, and spread at the air–liquid interface using a high-precision Hamilton microsyringe. For the binary mixtures of lipids, corresponding volumes of each lipid solution in chloroform were mixed to attain a total lipid concentration of 1 mg·mL⁻¹, and from that, the molar fraction was calculated. These molar fractions are indicated in the captions of Figure 7, Figure 8 and Figure 9. The barrier closing rate was fixed at 50 cm²·min⁻¹ (2.5 cm·min⁻¹). Surface pressure-area isotherm was recorded, in one case, for the lysozyme subphase without lipid addition, and in the other case, the recording was carried out adding the lipid solution drop by drop to the subphase, waiting 15 min for perfect spreading and solvent evaporation, and then compressing by closing barriers. The X-axis of the isotherm plot represents the area per molecule referred to the corresponding lipid, except for the isotherm of lysozyme alone where the surface area is used, and in the case of mixed lipids, it is the mean area per molecule, where the lipid composition is considered. Experiments were conducted at 22 ± 1 °C in a closed chamber and repeated at least 3 times for reproducibility control. The reproducibility was good.

3. Results

3.1. Surface Lysozyme Behaviour

In this section, the surface behavior of lysozyme is reported. First, the surface tension of the subphase with lysozyme was measured, obtaining a value of 70.4 mN·m⁻¹ for the 0.1 g·L⁻¹ (6.94 × 10⁻⁶ M) lysozyme solution. This value is only slightly lower than that of water (72.6 mN·m⁻¹ at 22 °C). The surface tension was also measured during the time interval of 1 h, as well as before and after registering the isotherm with open barriers in the trough, and no differences were observed. This result agrees with those of Tihonov et al. [27] and Crawford et al. [42]. These authors observed the influence of time in the measured value of surface tension, but it seems that the initial value of surface tension of lysozyme does not change during approximately the first 90 min [27], and a similar fact has been observed for β-galactosidase [42].

Figure 1 shows the isotherm using a subphase with lysozyme at a concentration of 0.1 g·L⁻¹, without a lipid layer. A total of 15 min elapsed between pouring the subphase and the start of the isotherm. At first, it is seen that lysozyme shows an isotherm, reaching a surface pressure value around 25 mN·m⁻¹. It was also observed that a certain hysteresis
is present when performing a cycle, but the compression–decompression process is quite reversible, and a second cycle (not shown) presents only small differences in respect to the first one. The hysteresis is less important when lower surface pressures are reached. In a spectroscopic study by Crawford et al. [42], performing compression–decompression cycles, no influence of these on the β-galactosidase structure was reported, which agrees with our results. Thus, we can assume no significant changes in lysozyme structure during the time-scale of our experiments by the effect of compression and that the possible aggregation or conformational changes induced during compression are reversible and revert during decompression. Sah et al. [26], studying hysteresis on BSA layers, found reversible hysteresis if the protein molecules contain effective positive or negative surface charges. As lysozyme, with an isoelectronic point at pH = 11.4, presents a positive charge at pH = 5, our results agree with those of Sah et al. [26].

![Figure 1. Surface pressure-area isotherm, with cycle, for lysozyme at a concentration of 0.1 g·L−1. Inset: Elastic modulus curve from the isotherm (only compression) of Figure 1.](image)

An analysis of the compressibility can be done (Inset Figure 1). The values of elastic modulus, CS−1 (Equation (1)), indicate a liquid expanded, LE, state with a maximum value of CS−1 around 30 mN·m−1 (LE: 12.5 < CS−1 < 100 mN·m−1, LC: 100 < CS−1 < 250, S: CS−1 > 250 [43–45] and Supplementary Information). This plot presents two maxima and a minimum in between, which corresponds to a change in the molecular organization.

Caselli et al. [46] point out that changes in orientation of adsorbed proteins are in fact probable because the polypeptide must re-adapt to the less hydrophilic air phase, but unfolding may be only partial with the proteins preserving their functions.

### 3.2. Influence of Lysozyme over Lipid Monolayers

The presence of lysozyme in the subphase and its influence on lipid monolayers has been investigated. The used lipids are DPPC, POPC, oleic acid (OA), stearic acid (SA), and cholesterol (CHO). In all cases, 15 min elapsed after pouring the subphase and prior to the lipid spreading, and then 15 min more for perfect lipid spreading and solvent evaporation. At first, a notable influence is observed due to the presence of lysozyme since the isotherms start at high surface pressure values. When spreading the lipid, a high value of surface pressure is obtained against the value of zero observed when the same amount of lipid was spread in the absence of lysozyme. The isotherms in the presence of lysozyme present more inflection points, as are visible in the isotherm plots and more clearly in the compressibility plots. Below, the obtained isotherms for the different pure lipids are shown. In all cases the subphase composition is 0.1 g·L−1 lysozyme + 0.9% NaCl.
3.2.1. Stearic Acid

Figure 2 shows the surface pressure-area isotherms for SA in the absence and in the presence of lysozyme. There is a clear influence of lysozyme on the SA isotherm. The isotherm starts at a surface pressure value of around 16 mN·m\(^{-1}\), and then there is a slow increase of surface pressure when compressing until an area value of around 35 Å\(^2\)·molecule\(^{-1}\). Then, the surface pressure increases fast up to a value of 47 mN·m\(^{-1}\), where an inflection occurs, and a short plateau is reached. This plateau is followed by a new sharp increase until reaching the collapse at a surface pressure of 62 mN·m\(^{-1}\), which is slightly higher than for SA in the absence of lysozyme (collapse at 57 mN·m\(^{-1}\)). The collapse areas are similar.

![Figure 2](image)

**Figure 2.** Surface pressure-area isotherms for SA in the absence (black) and in the presence of lysozyme (grey). Inset: Elastic modulus curves from the isotherms of Figure 2 for SA in the absence (black) and in the presence of lysozyme (grey).

Analyzing the compressibility plots (Inset Figure 2), the \(C_S^{-1}\) values for SA in the absence of lysozyme show a liquid condensed, LC, state that changes to solid, S, at a surface pressure around 25 mN·m\(^{-1}\). This corresponds to the inflection point in the isotherm. In the presence of lysozyme, the \(C_S^{-1}\) values correspond to a LE state at the beginning, with a change to LC when compressing (around 36 mN·m\(^{-1}\)) and to S at higher compressions (around 49 mN·m\(^{-1}\)).

The isotherms at low compressions indicate the presence of lysozyme in the surface competing with SA. As the isotherm in the presence of lysozyme become closer to that in its absence as compression increases, it seems to indicate that lysozyme is displaced by SA, allowing the compaction of a monolayer of SA in the surface, but still perturbed by the presence of lysozyme.

3.2.2. Oleic Acid

Figure 3 shows the surface pressure-area isotherms for OA in the absence and in the presence of lysozyme. The isotherm of OA also shows a shift to higher areas and surface pressures due to the presence of lysozyme. In this case, the influence of lysozyme over the surface pressure and area at the collapse is more noticeable, occurring both at a higher area and higher surface pressure. In the absence of lysozyme, the collapse occurs at 28 mN·m\(^{-1}\), but in the presence of lysozyme, the collapse occurs at 37 mN·m\(^{-1}\).
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The $C_S^{-1}$ values for OA (Inset Figure 3) show a LE state, and in the presence of lysozyme, a LE state but with lower values of $C_S^{-1}$ is also observed. In the presence of lysozyme, an inflection is observed at 22–23 mN·m$^{-1}$, and another small inflection at 27–28 mN·m$^{-1}$, the latest being similar to the value of surface pressure for the collapse of OA in the absence of lysozyme. After that, the isotherm in the presence of lysozyme follows a behavior more similar to that of OA without lysozyme.

The characteristics of the isotherms also indicate that OA tends to displace lysozyme at higher compressions, but as the OA does not compact as strong as SA or DPPC does (see next section), the lysozyme molecules compete with the OA molecules on the surface.

3.2.3. DPPC

Figure 4 shows the surface pressure-area isotherms for DPPC in the absence and in the presence of lysozyme. Apart from the displacement of the isotherm in the presence of lysozyme, in this case, it is also observed that lysozyme influence on the phase change of DPPC, even the phase change from LE to LC occurs at a similar area per molecule. The collapse surface pressure values are 52 and 57 mN·m$^{-1}$ in the absence and in the presence of lysozyme, respectively.

The $C_S^{-1}$ values for DPPC (Inset Figure 4) in the absence of lysozyme show a change from LE to LC state, at a surface pressure around 7.5 mN·m$^{-1}$. In the presence of lysozyme, the $C_S^{-1}$ values remain low, in a LE state, until higher compressions where values corresponding to a LC state are reached. After some weak inflections at 17 and 32 mN·m$^{-1}$, at a surface pressure around 42 mN·m$^{-1}$ appears the inflection point leading to LC, and after that, at higher surface pressures, the isotherm and $C_S^{-1}$ plot shapes are close to those of DPPC.

It means that at higher compressions, the DPPC molecules tend to arrange in a more compact way and to displace the lysozyme molecules from the surface. The influence of lysozyme is more marked at the LE state than at the LC state.
3.2.4. POPC

Figure 5 shows the surface pressure-area isotherms for POPC in the absence and in the presence of lysozyme. For POPC, it is observed that lysozyme induces several inflections in the POPC isotherm. At higher compressions, the slope of the isotherms tends to that of the POPC alone. The surface pressure and area at the collapse are similar, the collapse occurring at 47 mN·m⁻¹.

The $C_S^{-1}$ values for POPC (Inset Figure 5) show a LE state, even close to a LC state at high compressions. In the presence of lysozyme, the $C_S^{-1}$ values indicate a LE state, but with lower values than in its absence, but at a surface pressure around 33 mN·m⁻¹ the film compacts arriving at $C_S^{-1}$ values close to those of POPC without lysozyme. The different inflection points, in the presence of lysozyme, are observed at 18, 23 (very weak inflection), 33, and 42 mN·m⁻¹. At high surface pressure values, POPC tends to displace lysozyme from the surface.

3.2.5. Cholesterol

Figure 6 shows the surface pressure-area isotherms for CHO in the absence and in the presence of lysozyme. From the isotherms, it is observed that the influence on CHO is notable, and the surface pressure and area at the collapse are different from those of CHO in the absence of lysozyme. In the absence of lysozyme, collapse occurs at 43 mN·m⁻¹, and in its presence occurs at 53 mN·m⁻¹. The CHO isotherm shifts to higher areas in the presence of lysozyme. In addition, several inflections appear in the presence of lysozyme, more clearly observable from the $C_S^{-1}$ plots (inset Figure 6). These inflections are observed at surface pressures around 22, 25, and 45 mN·m⁻¹. The latter nearly corresponds with the collapse in the absence of lysozyme.

The $C_S^{-1}$ values for CHO (Inset Figure 6) show an S state. In the presence of lysozyme, the $C_S^{-1}$ values indicate a LE state that changes to LC at high compressions, or even to S state at surface pressures higher than 35 mN·m⁻¹, but with $C_S^{-1}$ values remaining lower than those of individual CHO.
The $CS_{-1}$ values for POPC (Inset Figure 5) show a LE state, even close to a LC state at high compressions. In the presence of lysozyme, the $CS_{-1}$ values indicate a LE state, but with lower values than in its absence, but at a surface pressure around 33 mN·m$^{-1}$ the film compacts arriving at $CS_{-1}$ values close to those of POPC without lysozyme. The different inflection points, in the presence of lysozyme, are observed at 18, 23 (very weak inflection), 33, and 42 mN·m$^{-1}$. At high surface pressure values, POPC tends to displace lysozyme from the surface.

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3.3. Influence of Lysozyme over Mixed Lipid Monolayers

3.3.1. Oleic Acid-DPPC

The isotherms of OA-DPPC mixtures (Figure 7) show a shape in between that of OA (Figure 3) and DPPC (Figure 4), being closer to that of DPPC as the content of it in the mixture increases. The surface pressure of the phase change of DPPC, from LE to LC state, changes with lipid composition and becomes higher in the mixtures, indicating that a certain degree of miscibility occurs between OA and DPPC. For instance, the phase change occurs at 7.5 mN·m$^{-1}$ for pure DPPC and at 11 mN·m$^{-1}$ for the OA-DPPC mixture with $X_{OA} = 0.224$. These phase changes are clearly observed in the inset of Figure 7 with the...
elastic modulus plots. The values of $\Delta A$ (Equation (2)) are negative (see Table 1), which correspond to attractive or favorable interactions between the lipids.

![Surface pressure-area isotherms and elastic modulus curves](image)

**Figure 7.** Surface pressure-area isotherms and elastic modulus curves (inset) for OA-DPPC mixtures: $X_{\text{OA}} = 0.634$, in the absence (red) and in the presence (green) of lysozyme; $X_{\text{OA}} = 0.224$, in the absence (blue) and in the presence (orange) of lysozyme.

**Table 1.** Excess area (in Å$^2$·molecule$^{-1}$) (see Equation (2)) for the mixed lipids at several surface pressures.

| $\Pi$ (mN·m$^{-1}$) | OA-DPPC$^1$ | OA-DPPC$^2$ | OA-POPC$^3$ | OA-POPC$^4$ | CHO-POPC$^5$ | CHO-POPC$^6$ |
|---------------------|------------|------------|------------|------------|------------|------------|
| 5                   | $-8.2$     | $-6.8$     | $-7.1$     | $-5.0$     | $-14.9$    | $-11.3$    |
| 15                  | $-0.9$     | $-0.7$     | $-5.1$     | $-3.3$     | $-10.1$    | $-8.2$     |
| 25                  | $-1.4$     | $-4.2$     | $-4.2$     | $-2.3$     | $-7.4$     | $-5.9$     |
| 35                  | $-1.4$     | $-4.2$     | $-4.2$     | $-2.3$     | $-7.4$     | $-5.9$     |

$^1 X_{\text{OA}} = 0.634$, $^2 X_{\text{OA}} = 0.224$, $^3 X_{\text{OA}} = 0.402$, $^4 X_{\text{OA}} = 0.230$, $^5 X_{\text{CHO}} = 0.567$, $^6 X_{\text{CHO}} = 0.179$.

In the presence of lysozyme, it is observed, at first, that isotherms shift to higher area and surface pressure values, and that the effect of lysozyme is higher at lower surface pressures where a more fluid phase is present. These effects have also been observed in the other mixtures studied here. The isotherm of OA-DPPC at the higher OA content ($X_{\text{OA}} = 0.634$) shows a shape more similar to that of OA in the presence of lysozyme (Figure 3) until a surface pressure of 40 mN·m$^{-1}$. Then, the isotherm presents an inflection related to a phase change, followed by a surface pressure increase until the collapse, with a behavior closer to that of DPPC. On the other hand, the isotherm of OA-DPPC at the lower OA content ($X_{\text{OA}} = 0.224$) shows a shape more similar to that of DPPC in the presence of lysozyme (Figure 4). At the surface pressure of 50 mN·m$^{-1}$, there is an inflection in the isotherm near the collapse, and thus the isotherm gets closer to that of the lipid mixture, indicating that lysozyme molecules are displaced from the surface at high surface pressures. This is due to the higher degree of compactness of DPPC, the major component in this mixture. The effect of lysozyme on the collapse surface pressure is slight (49 and 50 mN·m$^{-1}$.
for the mixture with $X_{OA} = 0.634$ and without and with lysozyme, respectively; and 51 and 53 mN·m$^{-1}$ for the mixture with $X_{OA} = 0.224$ and without and with lysozyme, respectively).

Analyzing the values of $C_S^{-1}$ (inset of Figure 7), it is seen that in the absence of lysozyme, a LC state is reached for the mixture with higher DPPC content. Meanwhile, the mixture with lower DPPC content presents several inflections, and the maximum value of $C_S^{-1}$ hardly arrives at 100 mN·m$^{-1}$, indicating a higher degree of fluidity of this mixture due to the higher content of OA, which is less rigid than DPPC. In the presence of lysozyme, several inflections are clearly seen, and the values of $C_S^{-1}$ always remain in the LE state for the mixture with higher OA content. However, the values of $C_S^{-1}$ arrive at the LC state for the mixture with the higher DPPC content, even though the values of $C_S^{-1}$ are always lower than those of the mixture in the absence of lysozyme.

3.3.2. Oleic Acid-POPC

The isotherms of OA-POPC mixtures (Figure 8) show a shape in between that of OA (Figure 3) and POPC (Figure 5). These isotherms only show a weak inflection at high surface pressures, probably due to a certain phase separation between OA and POPC. The surface pressure at which the inflection occurs depends on composition, taking place at a lower surface pressure when the OA content is higher. The values of $\Delta A$ (Equation (2)) are negative (see Table 1), which correspond to attractive or favorable interactions between the lipids.

In the presence of lysozyme, the shape of the isotherms is similar in both mixtures, presenting practically the same collapse surface pressure (47 mN·m$^{-1}$ for the mixture with $X_{OA} = 0.402$ and 47 mN·m$^{-1}$ for the mixture with $X_{OA} = 0.230$). The isotherms in the presence of lysozyme are shifted to higher areas in respect to those in the absence of lysozyme.

3.3.3. Cholesterol-POPC

The isotherms of CHO-POPC mixtures (Figure 9) show a shape in between that of CHO (Figure 6) and POPC (Figure 5), being closer to that of CHO as the content of it in the mixture increases. The values of $\Delta A$ (Equation (2)) are negative (see Table 1), which correspond to attractive or favorable interactions between the lipids. A weak inflection is observed at high surface pressures, slightly higher than that of CHO collapse, which indicates a partial phase separation between CHO and POPC at these high values of the surface pressure.

In the presence of lysozyme, the shape of the isotherms is relatively similar in both mixtures, presenting practically the same collapse surface pressure (48 mN·m$^{-1}$ for the mixture with $X_{CHO} = 0.567$ and 48 mN·m$^{-1}$ for the mixture with $X_{CHO} = 0.179$). The isotherms in the presence of lysozyme are shifted to higher areas in respect to those in the absence of lysozyme.
correspond to attractive or favorable interactions between the lipids. It is also seen that these values are the most negative of the studied mixed lipids. A weak inflection is observed at high surface pressures, probably due to a certain phase separation between OA and POPC. The surface pressure at which the inflection occurs depends on composition, taking place at a surface pressure of \(X_{\text{OA}} = 0.402\), in the absence (violet) and in the presence (orange) of lysozyme; \(X_{\text{OA}} = 0.230\), in the absence (red) and in the presence (green) of lysozyme.

The isotherms of OA-POPC mixtures (Figure 8) show a shape in between that of OA (Figure 3) and POPC (Figure 5). These isotherms only show a weak inflection at high surface pressures, since the isotherms are shifted to higher areas, indicating a partial phase separation between CHO and POPC at these high values of the surface pressure.

Table 1. Excess area (in Å²·molecule\(^{-1}\)) (see Equation (2)) for the mixed lipids at several surface pressures. These values indicate a LE state, especially for the mixture with high CHO content. This is due to the high rigidity of CHO. In the presence of lysozyme, a LE state is always observed, only reaching values close to a LC state at high compression.

Figure 8. Surface pressure-area isotherms and elastic modulus curves (inset) for OA-POPC mixtures: \(X_{\text{OA}} = 0.402\), in the absence (violet) and in the presence (orange) of lysozyme; \(X_{\text{OA}} = 0.230\), in the absence (red) and in the presence (green) of lysozyme.

Figure 9. Surface pressure-area isotherms and elastic modulus curves (inset) for CHO-POPC mixtures: \(X_{\text{CHO}} = 0.567\), in the absence (violet) and in the presence (green) of lysozyme; \(X_{\text{CHO}} = 0.179\), in the absence (blue) and in the presence (red) of lysozyme.

Analyzing the values of \(C_s^{-1}\) (inset Figure 9), it is seen that in the absence of lysozyme, these values indicate a LC state, especially for the mixture with high CHO content. This is due to the high rigidity of CHO. In the presence of lysozyme, a LE state is always observed, only reaching values close to a LC state at high compression.
4. Discussion

4.1. Individual Lipids

Different behaviors have been observed in the influence of lysozyme on lipid monolayers spread over a saline subphase, depending on the lipid, but the isotherm shape in the presence of lysozyme is very similar at low compressions for all lipids. This could indicate that at the first stages of compression, the monolayer behavior is more dependent on the protein. Advection flow (convection towards the interface) occurs due to solvent evaporation [38]. In the case of lipids spread on an aqueous subphase, which form a surface layer, and using a closed chamber as in the present work, it can be assumed that solvent evaporation is weak or null. Thus, no protein multilayer formation should occur [38], but this point would need future research using surface physical techniques.

Concerning the fatty acids and cholesterol, when compressing the SA, which forms compact monolayers, lysozyme is practically expelled at high surface pressures (the difference in area between isotherms in the absence and in the presence of lysozyme is very small, as well as the difference in the collapse). This expulsion is gradual with the change of state of the SA monolayer. For OA, which does not form monolayers as compact as SA does, the expulsion of lysozyme is not so important (the difference in area between isotherms in the absence and in the presence of lysozyme is significant even at high surface pressures, and the collapse surface pressure increases). For cholesterol, even though it forms compact monolayers, the presence of lysozyme at the surface is notable (the difference in area between isotherms in the absence and in the presence of lysozyme is significant even at high surface pressures, and the collapse surface pressure increases), showing a behavior more similar to OA than to SA. This could be due to the lower hydrophilic character of cholesterol in respect to SA and a higher hydrophobic interaction between hydrocarbon chains of cholesterol and lysozyme.

Concerning the phospholipids, for DPPC, the expulsion of lysozyme is practically total at high surface pressures and near the collapse (the difference in area between isotherms in the absence and in the presence of lysozyme is practically null, and the collapse surface pressure is only slightly different). For POPC, there is also an expulsion practically total at surface pressures near the collapse (the difference in area between isotherms in the absence and in the presence of lysozyme is practically null, and the collapse surface pressure is practically the same). In contrast with DPPC, POPC shows positive values of $\Delta A$ at high surface pressures below the collapse. This could be explained by the fact that POPC forms monolayers less compact than DPPC due to the unsaturation present in one of the hydrocarbon chains.

DPPC and POPC are zwitterion phospholipids, and at a surface pressure around 33 mN·m$^{-1}$, close to the physiological lateral pressure value of natural membranes (in between 30 and 35 mN·m$^{-1}$ [47]), the fluidity effect of lysozyme on the phospholipid monolayer is still seen. Gorbenko et al. [37] studied the binding of lysozyme to phospholipid bilayers and found an influence of the content of anionic phospholipids on the binding of lysozyme, and also found that lysozyme increases acyl-chain order for liposomes in the presence of anionic phospholipids. In our case, as DPPC and POPC are zwitterion phospholipids, cholesterol is neutral, and SA and OA ($pK_a$(SA) = 5.63 and $pK_a$(OA) = 6.22 [48]) show a weak negative charge at the pH = 5.0 of the subphase, the electrostatic interactions seem to have a weak or no effect. Nevertheless, comparing the results of the present work, in 0.9% NaCl subphase, with those of previous work [39] in water subphase, a notable influence of the subphase is observed. The influence of lysozyme becomes more important when 0.9% NaCl is present in the subphase, as this saline solution is closest to physiological media. A possible explanation for this fact could be attributed to the effect of sodium ions. Sodium ions could bind or adsorb on the negative or hydroxylated groups of the monolayer (phosphate, carboxylate, OH), increasing the electrostatic repulsion with lysozyme, which is positively charged ($\text{IEP} = 11.4$).

Comparing all the lipids at high surface pressures, in the presence of lysozyme, SA and DPPC show similar behavior due to the absence of unsaturation in the hydrocarbon
chains. On the other hand, OA and POPC show differences in spite of the presence of unsaturation, which could be explained by the fact that POPC also has a saturated chain that allows it to form monolayers that are more compact than those of OA. Cholesterol presents a specific behavior since, despite forming compact monolayers, its behavior is more similar to that of OA than to the other lipids.

Compressibility curves show a clear descent of the values of $C_S^{-1}$ in the presence of lysozyme at low and intermediate surface pressures, with values closer to those of pure lipids at high surface pressures but without reaching them. This behavior can be explained by the fact that lysozyme molecules are present on the surface and inhibit the packing of the lipid monolayer or make it more difficult. The interaction of lysozyme at a surface pressure around 33 mN·m$^{-1}$, close to the physiological value of natural membranes, is more important with cholesterol and OA, or even with SA, than with the phospholipids DPPC and POPC. Particularly, cholesterol in the presence of lysozyme also shows high values of the elastic modulus even though isotherms indicate the presence of lysozyme in the monolayer.

The multiple inflections observed in the isotherms in the presence of lysozyme correspond to the reorientation or reorganization of the lysozyme molecules or of the lipid molecules in the presence of lysozyme. In the case of the fatty acids, SA and OA, as well as for cholesterol, one of these inflections corresponds with the collapse surface pressure of the pure lipid, which does not hold for the phospholipids POPC and DPPC. This is in agreement with the behaviors delineated previously.

Derde et al. [35,36] found that lysozyme is able to insert itself into a bacterial phospholipid monolayer, resulting in lipid packing reorganization. They stated that a protein could modify the lipid packing simply by adsorbing onto the lipid headgroups and that protein insertion is not a prerequisite for monolayer packing modifications. A notable effect of lysozyme was also observed on the surface pressure-area isotherm of an artificial lipid tear [41], whose main components are phosphatidylcholine phospholipids. Very low values of $C_S^{-1}$ were obtained, indicating a notable fluidization effect of lysozyme over the monolayer of the lipid artificial tear.

4.2. Mixed Lipids

In mixed lipid monolayers, the influence of lysozyme on the surface pressure-area isotherms is important at low surfaces pressures and similar for all the mixtures. At intermediate and high surface pressures, the influence of lysozyme depends on the mixed lipids and their content, but as at least one of the studied lipid components shows a significant influence of lysozyme in the individual monolayer, this also occurs in the mixture. Only the mixtures with DPPC show less influence at high surface pressures, according to the behavior shown by individual DPPC.

It is worth commenting on the different behavior of the DPPC mixtures in respect to those of CHO. DPPC and CHO form compact monolayers, but in the presence of lysozyme, the CHO isotherm shows a stronger shift to higher areas at high surface pressures. This behavior is also present in the studied mixtures, which reinforces the idea discussed in the previous section that CHO has specific behavior.

Looking at the monolayer compressibility through the elastic modulus plots $C_S^{-1}$, it is seen that at low and moderate surface pressures, all the mixtures in the presence of lysozyme show lower values of $C_S^{-1}$; that is, monolayers are in a more fluid state. However, at high surface pressures, practically all the mixtures present a maximum value of $C_S^{-1}$ near 100 mN·m$^{-1}$, even though it depends on the lipid composition and content. Again a specific behavior is observed for CHO mixtures, where lower values of $C_S^{-1}$ than expected occurs due to the CHO presence, not reaching a value of 100 mN·m$^{-1}$ (when the maximum $C_S^{-1}$ value is around 280 mN·m$^{-1}$ for the mixture with higher CHO content and around 500 mN·m$^{-1}$ for the individual CHO).
5. Conclusions

According to surface pressure-area isotherms and compressibility plots, it is observed that lysozyme affects lipid monolayer formation. This influence is more important at low and moderate surface pressures, but at high surface pressures and near the physiological value of lateral pressure of 33 mN m\(^{-1}\), there is an expulsion of lysozyme out of the monolayer. This expulsion is more important for SA, DPPC, and POPC, while for OA and cholesterol, the isotherms indicate that a residual content of lysozyme remains in the monolayer. In the case of the studied lipid mixtures (OA-DPPC, OA-POPC, CHO-POPC), there is always some lysozyme remaining in the monolayer, but the expulsion is more important when DPPC is present. As the elastic modulus values decrease in the presence of lysozyme, this indicates that lysozyme makes the monolayer more fluid, especially up to moderate surface pressures, and generally in the LE state. In the presence of lysozyme, cholesterol presents the highest value of elastic modulus and corresponds to a LC state at high compressions. This result is interesting since cholesterol isotherms indicate that some lysozyme remains in the monolayer, which could suggest that lysozyme molecules arrange well in the monolayer with cholesterol forming a compact layer, a fact that could be related to the role of cholesterol in biological membranes. The results obtained in the present work could also be of interest in the design of new lipid artificial tears. An open question that remains is to better study the phase separation in the studied mixed lipids and the possible differential interaction of lysozyme with the formed phases.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/colloids6010015/s1. Table S1: Values of $C_1$ for different film states.

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