Modelling Coastal Flood Propagation under Sea Level Rise: A Case Study in Maria, Eastern Canada

David Didier 1,2,*, Marion Bandet 1, Pascal Bernatchez 1 and Dany Dumont 2

1 Chaire de recherche en géoscience côtière, Université du Québec à Rimouski, Québec-Océan, Centre d’études nordiques, Rimouski, QC G5L 3A1, Canada; Marion_Bandet@uqar.ca (M.B.); Pascal_Bernatchez@uqar.ca (P.B.)
2 Institut des sciences de la mer de Rimouski, Université du Québec à Rimouski, Québec-Océan, Physique des Océans—Laboratoire de Rimouski, Rimouski, QC G5L 3A1, Canada; Dany_Dumont@uqar.ca

* Correspondence: David_Didier@uqar.ca; Tel.: +1-418-723-1986

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Abstract: Coastal management often relies on large-scale flood mapping to produce sea level rise assessments where the storm-related surge is considered as the most important hazard. Nearshore dynamics and overland flow are also key parameters in coastal flood mapping, but increase the model complexity. Avoiding flood propagation processes using a static flood mapping is less computer-intensive, but generally leads to overestimation of the flood zone, especially in defended urban backshore. For low-lying communities, sea level rise poses a certain threat, but its consequences are not only due to a static water level. In this paper, the numerical process-based model XBeach is used in 2D hydrodynamic mode (surfbeat) to reproduce an observed historical flood in Maria (eastern Canada). The main goal is to assess the impacts of a future storm of the same magnitude in the horizon 2100 according to an increase in sea level rise. The model is first validated from in situ observations of waves and water levels observed on the lower foreshore. Based on field observations of a flood extent in 2010, the simulated flooded area was also validated given a good fit (59%) with the actual observed flood. Results indicate that the 2010 storm-induced surge generated overwash processes on multiple areas and net landward sediment transport and accumulation (washover lobes). The flood was caused by relatively small nearshore waves (H_s < 1 m), but despite small water depth (>1.2 m), high flow velocities occurred in the main street (U > 2 m/s) prior to draining in the salt marsh. The impact of sea level rise on the low-lying coastal community of Maria could induce a larger flood area in 2100, deeper floodwater, and higher flow velocities, resulting in higher hazard for the population.

Keywords: coastal flood; XBeach; sea level rise; flood mapping; coastal storm; Eastern Canada

1. Introduction

Broad-scale coastal hazard assessments lead to a generalized conclusion: coastal populations around the world are affected by coastal hazards, such as erosion [1] and flooding [2]. As the sea level rises, the intensity and frequency of extreme water levels due to storm surges will increase [3]. It is expected that 0.4–4.6% of the global population will experience coastal flooding due to storm related surges once a year in 2100 [4].

At the regional scale, such general predictions are affected by many factors, such as isostatic adjustment [5] and sea ice shrinking [6]. Wave climate is generally excluded from long-term extreme water level analyses, but its effect on coastal flooding is well documented [7–10]. Depending on the location, a changing wave climate at the interannual-to-multidecadal scales is likely to either greatly damper or increase the total water level at the coast [11]. An extreme flood (e.g., a 100-year flood) results from a combination of variables that may or may not be extremes themselves [12,13], e.g., high
waves during an above average tide. Due to more frequent and severe hazards, coastal flooding, as a combination of high water levels and waves, will increase coastal risks in the future [14].

Coastal hazards are generally concentrated on critical hotspots [15] since coastal geomorphology (i.e., sedimentary versus rock coasts or cliffs) and coastal infrastructure greatly affect interactions between erosion and flooding [16]. Along the Atlantic coast of the Northeastern United States and Canada, extratropical storms are a major factor of erosion and flooding [17]. In the Estuary and Gulf of St. Lawrence (EGSL), virtually 35% of the coastline is considered as low-lying [18]. Moreover, coastal infrastructures are often built not more than 2 m above the higher high water level [19,20].

On 6 December 2010, when an extratropical storm hit Atlantic Canada (Québec, New-Brunswick, Nova-Scotia, Prince Edward Island), severe damages to houses and coastal defenses [21] have been mainly associated to high water levels due to the storm surge [22,23]. Theoretically, the return period (RP) of this event, in terms of water levels only, has first been estimated to be >180 years in Rimouski [19]. In Maria (Chaleur Bay, Gulf of St. Lawrence), the estimated RP of the total water level and wave runup was higher than 100 years [20]. In the latter case, land drainage was considered a major contributor of coastal flood propagation and greatly affected the effectiveness of the flood mapping based on a simplistic total water level (TWL) estimation following [24]:

$$\text{TWL} = \text{SWL} + R_2$$  \(1\)

where the TWL is the resulting combination of the still water level (SWL), which is the observed water level offshore to which we add the contribution of the wave energy at the shoreline from wave setup and swash, known as wave runup \((R_2)\). Although a TWL simulation indirectly accounts for the effect of nearshore wave dynamics on the flood processes, overland flow is not considered. This simple and straightforward flood mapping approach is referred to as a “bathtub” model and is typically applied in regional and large-scale flood assessments [25]. Within a GIS framework, TWL scenarios are applied on digital elevation models (DEMs), and the flood extent is limited to equivalent topographic contours [26–28]. Assuming surface conductivity, the water flow is assumed directly through adjacent and/or diagonal cells [29]. Based on the assumption of hydraulic conductivity, a conservative approach can also be used, where all elevation cell values under the design scenario are considered as flooded [30]. Bathtub flood mapping is known to overestimate flood extent because it excludes the effects of landscape roughness [31] and flow velocity, leading to exaggerated overland flow distances [25,26,32,33]. Considering flood propagation parameters, such as velocity, \(U\), and direction, can improve the effectiveness of coastal flood maps. It is also crucial to develop vulnerability indices for people [34] to define an effective coastal management plan [35] and address evacuation travel-time, distances, and subsequent response to early warnings [36]. Global and static coastal flood projections are not sufficient for effective local coastal flood management, where specific tools, such as high-resolution maps, are needed by authorities and stakeholders [37].

Using low-resolution elevation datasets (e.g., resolution > 15–30 m, such as ASTER GDEM, SRTM) for coastal flood mapping increases uncertainties and tends to underestimate flood extents [30]. With greater accessibility to LiDAR data, several studies have recently focused on local scale coastal flood mapping by reproducing past storm events in particular [7,38–40]. Despite the high spatial resolution of LiDAR data, the representation of complex elements from DE Ms, DTM s, or DSM s (e.g., defense structures, crest elevation, building, microtopography, hydraulic connectivity) is not always adequate [41]. For urban environments, the acquisition of RTK [42] or terrestrial LiDAR data [20] can improve the overall quality of the elevation model. Seamless topo-bathymetric surfaces with high resolution and accuracy not only offer the possibility of better representing complex environments [43], they contribute to a better quantification of the flooding patterns and types (e.g., overflow and overtopping) from hydrodynamic models [7]. For instance, the effects of buildings on the flood dynamics (i.e., current velocity) have been addressed in Le Roy et al. [44]. Gallien et al. [42] further demonstrated that drainage can reduce flood propagation. Multiple flooding pathways can also influence the flood extents [45,46].
Urbanization in coastal areas greatly affects the beach response to, and recovery from, storm events [21]. Defense structures alter the local morphology of the beach by inducing scouring [47], which decreases wave energy dissipation prior to reaching the structure slope and increases wave overtopping [20,21]. Due to the importance of the water entrance location on the flood path, significant progress has been made on overtopping modelling, to calculate the volumes of water passing over defense structures [48–54] as well as on runup modelling [39,55–57]. Hydrodynamic modelling often uses a cascade of models to simulate hydrodynamic conditions from offshore to shore and to estimate wave runup, overtopping, and flow patterns [39,52,57]. Gallien et al. [45] conducted a literature review on coastal flood modelling and underlined the need to integrate the multi-pathway flooding processes (e.g., groundwater and surface dynamics, overtopping and overflow, surface and subsurface sewer flow) into flood mapping. Physics-based processes affecting flow pathways and connectivity, varying water depths, and velocities can be solved with numerous 2D numerical models, such as LISFLOOD-FP [58,59], BreZo [60], and Deft3D [61], among others. With the recent development of regional sea level rise models [62–64], local-scale relative sea level rise forecasts are increasingly used to map future flood-prone areas [57] or to evaluate future wave runup levels [56], but their effects on the coastal flood propagation are still limited [65]. Recently, XBeach [66] has been increasingly used to simulate the propagation of water levels and waves in a context of risk management [32,33,67–70]. Its ability to seamlessly simulate wave propagation, overwash and flooding in complex nearshore environments under sea level rise has also been demonstrated [71,72].

This paper explores the impact of sea level rise on the coastal community of Maria (eastern Canada) based on numerical simulations with XBeach at a local-scale. The model is first validated with in situ observations of waves and water levels, then its performance in simulating a historical flood (December 6 2010 [20]) is evaluated. The model is further used to understand the propagation of the 2010 flood in terms of hydrodynamic and morphological changes. Finally, specific effects of sea level rise for the low-lying coastal community of Maria are addressed.

2. Materials and Methods

2.1. Study Area and Flood Surveys

The municipality of Maria in the Chaleur Bay (Québec, Canada) (Figure 1) suffered from two major flood events in December 2005 and December 2010. A large area was flooded during both events [20,21]. The study focuses on the most vulnerable area, an urbanized low-lying coast characterized by a beach terrace and the Pointe-Verte sand spit. The beach of Maria is composed of sand and gravel and the beachface is narrow, with an average width of ~22 m in the natural area and only 12 m in front of defense structures [22]. The defense structures were established mainly since the 90s and consist of small seawalls made of concrete and wood, and rock armor structures. They were mostly constructed on the upper beach to prevent erosion, with a structure toe above the higher average tide, and were not built to stand against high water levels and waves. The crest elevation is highly variable along the coastline, and overtopping occurs during extreme storms [20,21]. Cross-shore concrete boat ramps promote the accessibility to the beach, but also enhance overland flow in specific locations during storms. According to field observations, water flows inland during flood events [20], but does not return to sea: Flow routes are rather derived by roads and drainage systems through a salt marsh protected by the spit, but these processes have never been quantified.

Static flood mapping based on a fixed elevation threshold is particularly difficult in this area because inundation patterns are complex due to the proximity of the salt marsh at the back barrier of the spit (Figure 1c,d). Drainage was considered a critical source of flood mapping overprediction by Didier et al. [20], especially on the sandy low-lying area flooded both on 2 December 2005 and 6 December 2010 (Figure 1b). During 6 and 7 December 2010, a 2.2 km longshore field survey was carried out in Maria to locate the maximum floodwater levels, tracing storm debris lines using a RTK-GPS Thales ProMark3 system (x, y, z uncertainties of ±2 cm). One hundred eighty-eight (188)
elevation points were used to recreate the landward limit of the 2010 flood (the larger flooded zone in blue in Figure 1b), and to extract the elevation values from a 2007 airborne LiDAR dataset (spatial resolution of 1 m, vertical accuracy of 20 cm) [20].

Figure 1. Study area location (a) and flooded areas in 2005 and 2010 (b). Airborne photographs (c,d) show the urbanized sandy spit with the wetland. The wave rose is provided by the WW3 hindcast 1983–2010 offshore of Maria (a, blue dot), and the Belledune tide gauge is shown by a yellow diamond.

2.2. Topo-Bathymetric Data

High-resolution digital elevation models (DEMs) covering the entire flood simulation domains (offshore, nearshore, and inland topography) are needed for effective hazard assessments. In Maria, a seamless topo-bathymetric surface was created based on a combination of Mobile Terrestrial LiDAR surveys (MTLS) [20], airborne LiDAR, offshore bathymetry from the Canadian Hydrographic Service (CHS), and video-derived intertidal topography [73] (Figure 2a,b). The latter was used to recreate the elevation surface of the lower foreshore in front of one of the areas most prone to flooding. Furthermore, the intertidal topography in this area is complex due to the remnants of an old jetty (dismantled in 1945), which is unresolved with other acquisition techniques. The video-derived intertidal topography was created during the tidal cycle of 12 January 2016. The elevation matrix was generated with a 1 m × 1 m grid resolution (Figure 3a). We systematically refer to the Canadian Geodetic Vertical Datum 1928 (CGVD28) in this paper. The reader is referred to Appendix A for a detailed methodological description.
Figure 2. Example of the video camera calibration in 2017 where ground control points (GCPs) are acquired with an RTK-GPS (a). The Mobile Terrestrial LiDAR Surveying method (MTLS) is also shown in (a). True GCPs (cyan crosses), projected GCPs (red circles), and the resulting camera position (blue line) are shown in a 3D space in (b). The representative cross-shore beach profile (yellow line in (a)) is shown in (c) with the pressure transducers of the inner (IS) and outer (OS) lower foreshore (LF). The mean sea level (MSL) in Maria is indicated by the blue line (c).

2.3. Offshore Waves and Water Levels

The beach of Maria is under the influence of a semi-diurnal and meso-tidal regime (tidal range < 3 m). The mean sea level (MSL) is located at 1.33 m relative to Chart Datum [74] (Table 1). During mid- and high-tides, the thin beach face is therefore mostly under water. For the boundary conditions in the 2010 flood simulations, hourly observed water levels (astronomical tide + storm surge) at the nearest tide gauge of Belledune (Canadian Hydrographic Service (CHS)) were used [75]. For the validation of XBeach, water levels were provided by a Nortek Acoustic Wave And Current profiler (AWAC) located offshore at 14 m deep (48.138000° N, −65.991997° W) (Figures 1a and 3c).

Table 1. Tidal level values in 2010 according to chart and geodetic datum, Belledune (NB) (CHS).

| Water Levels                          | Mean Value (2010) Chart Datum (CD) | Canadian Geodetic Datum 1928 (CGVD28) |
|--------------------------------------|-------------------------------------|---------------------------------------|
| Extreme level (tide + storm surge)  | 3.64                                | 2.46                                  |
| Highest Astronomical Tide (HAT)     | 2.84                                | 1.66                                  |
| Mean Sea Level (MSL)                | 1.33                                | 0.15                                  |
| Lowest Astronomical tide (LAT)      | 0.1                                 | −1.08                                 |
Figure 3. Seamless topobathymetric surface used in the XBeach simulations (a) and XBeach bed model and grid (b) in Maria. The modelling spatial extent is shown in (c) where the curved lines represent the bathymetric contour and the white dot the AWAC location.

The validation of XBeach was performed over a continuous survey period between 10–25 November 2015. The AWAC provided hourly observations of surface gravity waves and water levels during the entire survey (pressure at 1 Hz, AWAC-surface distance at 2 Hz). Statistical wave parameters include the spectral wave height ($H_{m0}$), mean period ($T_{02}$), peak period ($T_p$), mean direction ($\theta$), and directional spreading ($s$). Hourly wave boundary conditions for the 2010 flood simulation were extracted from WAVEWATCH III.
(see a description in Appendix A) with a 1 km grid resolution. The reader is referred to Didier et al. [33] and Bernatchez et al. [76] for a detailed explanation of the WW3 implementation in the EGSL. Based on the comparison between wave observations at the AWAC location and WW3 between 9–30 November 2015, Bernatchez et al. [76] observed a negative bias of $-0.253$ m (RMSE = 0.297 m) attributed to (1) the insufficient resolution of the CFSR wind forcing model in coastal environments and (2) bathymetric effects, which are not resolved in the 1 km grid simulations. This bias was statistically corrected on wave heights based on simple linear regressions following $H_{\text{ ctrl}} = H_0 / 0.445$ [76].

2.4. Nearshore Waves and XBeach Validation

Two pressure transducers (from RBR) were installed in the nearshore zone between 10–25 November 2015 to assess the performance of XBeach in simulating waves and water levels on the beach of Maria (Figure 2). One of them was bottom-mounted on the inner lower foreshore (IS), and the other on the outer lower foreshore (OS) (Figures 1 and 2). Both instruments recorded continuous total pressure at 4 Hz. A spectral analysis was performed over a duration of 1024 s (17.06 min) to infer the significant wave height ($H_s$), mean period ($T_{\text{p}02}$), and mean water level ($\eta$). During the validation period, energetic events have been recorded in the area. Maximum offshore $H_s$ reached 0.91 m ($T_p = 4.5$ s) on 13 November 2015 (Figure 4), which is considered as storm conditions in the Chaleur Bay [20]. Time-series of waves and water levels were coupled with the video-based shoreline detection to recreate the intertidal beach elevation. The location of both sensors in the camera view is shown in Figure 2a.

The coupled hydro- and morphodynamic model, XBeach [66], was used to simulate the storm of December 2010 in Maria. The model simulates physical processes on various coastal environments, but was mainly built to predict storm impacts (e.g., swash, collision, overwash, and inundation [77]) on longshore-complex beaches [54]. XBeach solves the continuous water levels variations from short to long waves based on depth-averaged, non-linear shallow water equations. XBeach includes a hydrostatic (surfbeat) and a non-hydrostatic mode. For the purpose of this study, only the hydrodynamic module was implemented in 2D mode (2DH), and the morphological updating was turned off (morphology = 0). The 2DH model domain was created with a varying grid spacing, $\Delta x$, from 30 m at the offshore boundary to 2 m at the coast (Figure 3c). The longshore spacing, $\Delta y$, was fixed at 2 m. The domain covers an area of 19.34 km$^2$ (5.05 km × 3.84 km). All the simulations were run in surfbeat mode, with the preserving wave groupiness option (single_dir = 1). Hourly wave characteristics ($H_0$, $T_p$) from the AWAC were used to create parametric JONSWAP wave spectrums (shape, $\gamma = 3.3$, directional spreading of 20$^\circ$). Front and back boundaries were set to absorbing-generating (weakly-reflective) in all simulations (front/back = abs_2d) (Van Dongeren and Svendsen 1997). Lateral boundaries were set to Neumann (left/right = neumann), imposing a longshore gradient of zero [78]. Other XBeach parameters were set to default.

The performance of XBeach in simulating the nearshore hydrodynamics and water levels was assessed with common statistical indicators. The mean bias errors (MBE) indicate the tendency of a model to over- or under-estimate, and was calculated following:

$$\text{MBE} = \frac{1}{n} \sum_{i=1}^{n} S_i - O_i,$$

where $S_i$ and $O_i$ are the simulation values and observations, respectively. The second model performance indicator is the root-mean-square error (RMSE):

$$\text{RMSE} = \sqrt{\frac{1}{n} \sum_{i=1}^{n} (S_i - O_i)^2}.$$

Finally, the mean absolute error (MAE) is calculated

$$\text{MAE} = \frac{1}{n} \sum_{i=1}^{n} |S_i - O_i|.$$
2.5. Actual and Future Design Storm Simulations

To assess the effect of rising sea levels in Maria in terms of identifying flood-prone areas, two storm scenarios were assessed through XBeach simulations using the same settings as in Section 2.4, but with an increase in sea level for the year of 2100. First, the storm event of 6 December 2010 was simulated with XBeach, with boundary conditions extracted from WW3 (same domain and grid as the validation) (Figure 5). According to Didier et al. [20], the flood occurred around 15–16 h (EST). Boundary conditions for the 6-hour long simulation are thus characterized by a high tide/surge of 2.05 m around 15–16 h (EST) (Figure 5d) occurring simultaneously with the highest waves of the joint event ($H_m^0 = 2.03$ m) (Figure 5a).
A hypothetical storm scenario for the year of 2100 was simulated based on an increase in sea level only, assuming a stable future wave climate. The observed rate of sea level rise is both the result of eustatic sea level variations and regional glacio-isostatic adjustments (GIA) along Atlantic Canada [5,42–44], varying between −1 and −4 mm/year in the Gulf of St Lawrence [5,45]. The relative sea level has risen at a mean rate of 0.93 ± 1.25 mm/year over the past ~1500 years in the Chaleur Bay and GIA was a significant contributor to this rate [79]. In recent decades, sea level rise has increased at a mean rate of 4.06 mm/year at the Belledune tide gauge between 1964–2014 (Figure 1a). In the absence of sea level rise projections for the study area, we applied this constant rate to obtain a hypothetical scenario for 2100, which is considered sufficient to assess the influence of sea level rise on flood propagation patterns. Sea level rise was applied to the water level time-series between 2010–2100, resulting in a peak water level boundary condition of ~2.42 m in 2100. For both flood simulations, outputs were generated at 10-min intervals.

3. Results and Discussion

3.1. XBeach Validation

Validation results for the parameter, $H_s$, indicate a good prediction of the XBeach 2DH model compared to observations in the nearshore zone on both sensors ($\rho^2 > 0.8$) (Table 2). All performance
indicators are under 0.07 cm, which is consistent with other studies (e.g., [33,71]). Overall, there is no tendency to over- or under-estimate wave heights in the nearshore zone (MBE close to 1 on both sensors) and regression lines have a nearly null intercept (a2 = ±0.01). Some underpredictions are nevertheless observed near the coastline (IS between 19 and 21 November 2015) (Figure 6b), mostly under low-energy conditions with small waves (Hs < 20 cm), which appears to be due to water level oscillations. Since most underpredictions seem to occur during low tides while short waves would break and dissipate their energy across the lower foreshore, we assume this should not affect the results of the flood simulations during the peak event. Validation results for the mean water level (not included in Table 2) are virtually within a centimeter-scale deviation from the observations (r2 = 0.99).

### Table 2. Error statistics between XBeach simulations and significant wave height (Hs) at two pressure sensors located in the inner and outer lower foreshore in Maria. Slope coefficient (a1), intercept (a2), and r2 are also shown. Results are indicated in meters.

| Variable | Sensor | RMSE | MAE | MBE | STD | a1  | a2  | r2  | Sample |
|----------|--------|------|-----|-----|-----|-----|-----|-----|--------|
| Hs       | Inner LF | 0.05 | 0.05 | −0.01 | 0.06 | 0.85 | 0.01 | 0.80 | 386    |
| Hs       | Outer LF | 0.05 | 0.06 | 0.03  | 0.07 | 0.81 | −0.01| 0.85 | 502    |

1 The sample size at the inner LF sensor is lower because of a longer period emerged from the water.

3.2. Understanding the Flood Propagation

During the storm of 6 December 2010, high water levels reached the sandy-gravel beach of Maria and flooded the urbanized low-lying spit and surrounding area (Figure 7a). The performance of XBeach was assessed by comparing the predicted flooded area with field observations (RTK-GPS) on 6 and 7 December 2010 (see Section 2.1). The coefficient of aerial correspondence (critical success...
or fit \( F \) [80], defined as the area both flooded and correctly predicted as flooded by the model, was calculated following:

\[
F = \frac{A_{\text{obs}} \cap A_{\text{pred}}}{A_{\text{obs}} \cup A_{\text{pred}}},
\]

(5)

where \( F \) is the ratio of the intersection and union of observed \( (A_{\text{obs}} = 0.151 \text{ km}^2, \text{considering only the inland area without the salt marsh}) \) and predicted \( (A_{\text{pred}}) \) floods \( (0.099 \text{ km}^2) \) (Figure 7a). According to Equation (5), the overall fit of the 2DH simulation for the 2010 event is 59%.

The model results indicate that flooding was globally induced by overwash and surge-driven flow landward of the coastline (Figure 8). Furthermore, flow channels developed on boat access and ramps perpendicular to the coastline, acting as artificial breaches for flow propagation (Figure 8, e.g., \( y = 477 \)). Inland flows were essentially concentrated in the streets and lateral drainage systems, directing the gravity-driven surface waters toward the salt marsh [20]. Apart from being located at a lower elevation, the marsh acted as a buffer zone for water level fluctuations. This is visible in Figure 8d, where the water level at the most landward boundary of the salt marsh, at the back of the spit, is the same at \( t = 12 \text{ h} 10 \) and \( t = 16 \text{ h} 10 \). The 2DH model clearly captures the essential drainage process in dampening the inland flood propagation, as seen in Figure 9, from the flow direction.

The flood propagation essentially covered the low-lying area of the park and adjacent urbanized areas along the main street. Flow velocities were mostly less than 0.5 m/s (Figure 9), and flood depths
systematically less than 1 m. The most important flow velocities are observed near the coastline, with a maximum velocity around \(\approx 2.5 \text{ m/s}\) in the main overwashing entrance (Figure 9a).

The use of XBeach as a 2D coastal inundation model is still developing. Its validation is typically done with field measurements of simulated water levels and waves. To assess the impact of sea level rise on small islands with XBeach (calibrated and without morphological updating), Quataert et al. [71] validated the simulated hydrodynamic parameters in the nearshore zone with field measurements in Roi-Namur (Marshall Islands). They obtained good agreement with observations. More recently, van Dongeren et al [72] presented flood simulations for the same island and noted that some overwash were not simulated by the model. Elsayed and Oumeraci [32] demonstrated the effectiveness of XBeach in simulating the combined effect of breaching and inundation. Their case study applied to a real dam breach (Het Zwin [66]) showed good agreement with water depth and flow velocities virtually at any given point in the hinterland, despite slight overestimations of velocities in the order of 6–15%. Although the morphodynamic module was not implemented in the Maria case, the results of the hydrodynamic simulations against the observed flood extents also demonstrate that XBeach in 2DH mode offers good performances. The fit ratio \((F)\) of \(\approx 60\%\) is well within the performances of other models obtained in flood simulations. For instance, in a pan-European study using LISFLOOD-FP, fits between 43–65\% were observed by Alfieri et al. [81]. With the same model, Bates et al. [82] and Vousdoukas et al. [25] respectively obtained \(F\) values of the order of 54–91\% and 49\%. Recently, using XBeach in surfbeat mode, Didier et al. [33] simulated the extreme flood of 6 December 2010 in the St. Lawrence Maritime Estuary, and obtained an averaged critical success of 51\% over nine different
domains. XBeach therefore offers a successful alternative to common hydrological models, such as LISFLOOD-FP and BreZo, for coastal flood assessment, with the advantage of simulating nearshore dynamics, including low frequency wave motions, which are generally important during storms on low-sloping nearshore environment, such as Maria [71]. Furthermore, the 2DH mode provides the flow routes of the flood event, which is often an important source of confusion in flood simulation based on static water levels [50].

![Figure 9. Flood propagation during the 6 December 2010 storm in Maria at the peak event t = 16 h 10. Top (a) and bottom (b) panels are located in Figure 8. The main flood entrance and overwash zone along the park is shown in (a), the gravity-driven flow toward the salt marsh is shown in (b). Colorbar represents water depth. Arrows represent flow velocity, U, from XBeach.](image)

In the present study, XBeach enhanced the understanding of storm impacts on the coast of Maria and contributed to a better understanding of the flood hazard not only in terms of static flood surface (spatial extent), but also in a more dynamic sense considering the timing, intensity, and duration of the event affecting the flow-related processes and the water depth. These are critical parameters in disaster risk management [83,84].

The storm impact scale from Sallenger [77] defines the overwash regime as a situation when wave runup is higher than the first line of defense (i.e., coastline), which creates net landward sediment transport and accumulation. Such morphodynamic response is only possible when water depth and flow velocity are sufficient [85]. Typically, overwash is the result of flow velocities of 1–3.5 m/s and water depths of at least 0.7 m [77,86]. During the RTK-GPS surveys in December 2010, photographs taken on the field near the XBeach grid point [x = 460, y = 640] (see Figure 10a,b) clearly show the net landward sediment transport resulting from overwash processes. Washover lobes (Figure 10b) formed under a mean water depth of ~0.5–0.6 m and maximum flow velocities, $U_{max}$, varying between 2.28 m/s near the shoreline prior to overwashing. On the beach crest, velocities reached 1.34 m/s (Figure 10a). Velocities rapidly decrease with the flow distance inland to ~0.3–0.4 m/s. Wave height does not exceed 1 m on the beach face along the cross-shore profile and decreases to 0.2 m on the beach crest, suggesting...
the overwash is mainly due to the surge-driven flow landwards of the coastline. Another way to improve our understanding of the morphodynamics during this event would be to run XBeach with morphological updating, which introduces sediments fluxes, avalanching, and bed characteristics [78]. XBeach was previously used to represent overtopping and overflow hydrodynamics (e.g., [32,50,87]). However, Phillips et al. [53] suggest that neglecting the morphological impacts may significantly underestimate overtopping volumes. Morphological updating would imply many more calibration steps and require more quantitative information on evolving topo-bathymetry [69] that would go beyond the scope of this paper. Furthermore, the lack of pre/post-storm sediment characteristics could greatly impact the model result [88].

![Figure 10. Flow velocity, $U_{\text{max}}$ (m/s), water depth (m), mean water level ($\eta$) (m), and significant wave height ($H_s$, m) during the peak flood event on 6 December 2010 (a) and resulting washover lobes (b).](image)

3.3. Impacts of Sea Level Rise on Flood Hazard

Based on the same hydrodynamic boundary conditions as the simulation of the 6 December 2010 storm event in Maria, an increase in sea level up to 2100 (peak event at 2.05 in 2010 compared to 2.42 in 2100) would induce an increase in 178% of the flood zone area (0.176 km$^2$ in 2100 compared to 0.099 km$^2$ in 2010) (Figure 11a). The totality of the area flooded in 2010 is also simulated as flooded in 2100 (see $A_{2010} \cap A_{2100}$ in Figure 11b), but the flood in 2100 is essentially larger due to higher water levels. Average flood depth is almost doubled in 2100 (an average depth of 59.4 cm in 2100 compared to 31.5 cm in 2010) (Figure 11c,d). This is mainly the result of a major shift in flood depths from the very shallow waters (i.e., <25 cm where the peak density is observed) to slightly deeper values...
Coastal communities along the Estuary and Gulf of St. Lawrence are highly vulnerable to coastal hazards [37,93,94]. Impacts of sea level rise on nearshore dynamics and flood propagation have never been assessed, yet stakeholders and land-planners recently ranked the roads as the most highly vulnerable infrastructure to flooding in the Chaleur Bay [37]. In Maria, the XBeach simulations clearly demonstrate an effect of higher water levels both on wave height (Figure 12a–c) and velocity (Figure 12d,e), impacting not only the coast, but also the local roads. For a given grid location affected by floodwater in 2010, the 2010 and 2100 simulations have the same flooded area along the main street (as shown by the red arrow). Considering the flood propagation for coastal flood mapping is therefore crucial for effective hazard assessments in a context of changing climate, and numerical simulations provide such possibilities over static flood mapping.

**Figure 11.** Comparison of the 2010 flood in Maria with a simulation in 2100 (a) in terms of flood extents. The intersection of both simulations is shown in (b). Frequency (c) and density (d) plots of water depths within the intersection indicate an increase of flood depths of 28 cm (mean deviation, MD) in 2100. The density scatter (e) represents the flood depths in 2100 against 2010.

Flood risk management (e.g., flood mapping) and coastal engineering projects (e.g., establishing design standards) are commonly based on design storm scenarios representing extreme events with a long return period (RP) (i.e., often a 100-year RP, or an annual probability of occurring of 0.01) [89,90]. In Canada, the probability of exceeding a specific storm intensity within a certain period of time is commonly associated to a static intensity-duration-frequency (IDF) curve for a given hazard (e.g., river flooding, coastal flooding), without considering climate change [91]. In coastal areas, this often means neglecting the effect of climate variability on nearshore dynamics, such as wave runup and wave climate [19,92].
(Figure 12d,e), impacting not only the coast, but also the local roads. For a given grid location affected by floodwater in 2010, \( H_s \) are approximately 19 cm higher in 2100 compared to 2010 (considering only \( H_s > 0.2 \) to avoid uncertainties for small waves) (\( r^2 = 0.93, p\)-value < 0.01) (Figure 12a). This small increase is the result of higher overwash and overtopping volumes over the coastline under higher wave energy in the nearshore zone. Once inland, the flow in the 2100 simulation has higher velocities (\( U > 2 \text{ m/s} \) in 2100, point grid \( [y=180, x=90] \)), and literally follow the main street toward the salt marsh with a continuous flow (Figure 12e) compared to 2010 where the flow was \( \sim 1.2 \text{ m/s} \) before abruptly dropping to almost zero in the salt marsh (Figure 12d).

Global-scale coastal flood assessments are commonly made with a static approach of simulated total water levels [95], without considering critical physical processes (e.g., groundwater fluctuations, sediment porosity, channeling and land drainage, wave runup, and overtopping, etc.) affecting the flood propagation. At the regional scale, this kind of basic flood mapping is often needed by stakeholders and land-planners as a first-order approximation of potential extreme hazard [96], but their uncertainties generally limit their reliability for future assessment. Despite significant advances in sea-level projections at local and regional scales [62,64], simulations for the Quebec coasts are rather rare.

In Maria, our results suggest that the actual trend in sea level, extrapolated up to 2100, which is a scenario that can be considered optimistic, could potentially induce a massive urban flood twice as large as the extreme storm of December 2010, for an event of the same magnitude. However, unlike static and raster-based flood modelling, the process-based model, XBeach, simulates a dynamic flood zone in Maria, and thus a better understanding of the flood pattern, including the effect of drainage and morphology. Despite being site-specific to the Maria case, these results suggest that other low-lying communities along the EGSL where urbanization took place on late-Holocene emerged beach terrace (i.e.,

![](scatter_plot.png)

**Figure 12.** Scatter plot of simulated wave heights (\( H_s \)) in Maria for the coastal area under 1.2 m water depth in 2010 and 2100 (a) with the least-square-regression line (solid red line). The effect of sea level rise on significant wave height and velocity is shown in (b,e) and (d,e), respectively.
relatively plane surface) could suffer from sea level rise. That could trigger important risk not only to human settlements [97], but also directly to people and emergency services during peak floods. As seen in Figure 13, sea level rise can potentially increase the risk to people by increasing not only the water depth for a given design storm scenario, but also by shifting the flooded area toward higher velocity flows and therefore more danger to people [98]. For instance, Ramsbottom et al. [98] suggested an empirical formulation relating flood hazard to people (HR, m²/s) to water depth (d) and velocities (v) following:

$$HR = d(v + 0.5) + DF$$

(6)

where 0.5 is a velocity coefficient and DF a debris factor of 0, 0.5, or 1.

Assuming no debris, we can estimate the effect of sea level rise on HR within four typical hazard classes: low hazard (HR < 0.75), moderate hazard (0.75 < HR < 1.5), significant hazard (1.5 < HR < 2.5), and extreme hazards (HR > 2.5) (Figure 13). Based on these thresholds, not only the flood zone will be

Figure 13. Hazard rating (HR) level related to water depth and velocity for the XBeach simulations during the peak flood t = 16 h 10 in 2010 (a) and 2100 (b). Color scale shows the point density.
larger in Maria with sea level rise, but it will also slightly increase the hazard to people during a peak flood event, such as the 6 December 2010 storm (Figure 13b).

According to this classification, extreme and significant hazards are essentially rare in Maria, corresponding respectively to 1% and 2–3% of the flood zone in the 2010 and 2100 simulations, respectively. Although most observations (93% in 2010, 90% in 2100) fall under the low hazard level (HR < 0.75), sea level rise induces a small shift toward higher danger, doubling the moderate hazard frequency to 7% in 2100 compared to 3.5% in 2010. Such statistics improve the understanding of the extreme flood and offer a coastal management perspective that helps to better define evacuation routes for timely evacuation and effective early warning [99,100]. It should be noted that such hazard thresholds are based on the stability of people in water: For instance, some people (i.e., children) are assumed to be greatly affected by a moderate hazard, while most people could be affected by the significant hazard [34].

4. Conclusions

This paper presented a coastal flood analysis with XBeach, implemented at a local scale for a small urban community in the Chaleur Bay, eastern Canada. The 6 December 2010 historical flood in Maria was well predicted with the 2DH model in surfbeat mode. According to the numerical simulation, flooding was mainly induced by overwashing along the beach, which was also supported with field observations. Observations of sediment accumulations in the form of washover lobes in Maria are associated to velocities of 2.3 m/s under small waves (e.g., $H_s < 1$ m) and high water levels. The flood propagated toward the salt marsh following the topographic gradient, which underlines the importance of land drainage for coastal flood adaptation strategies.

Consequences of sea level rise on coastal communities are generally uncertain due to many factors inherent to flood modelling, especially the effect of overland flow (e.g., namely water depth, velocities, pathways). Using a sea level rise scenario for 2100 to force XBeach, which more precisely means a rise of 0.37 m in Maria, the same storm would increase the extent of the flooded area as a result of higher water levels, more overwash, and overflow along the coastline. Sea level rise increases the water depth in the flood prone area. Nearshore waves are slightly increased, generating higher flow velocity along the main channels and streets. This study underlines the necessity to account for the inland processes during coastal flood assessment, as a better understanding of the overland flow routing leads to improved flood mitigation strategies for future storm and sea level rise scenarios. In this context, it becomes necessary to develop local-scale relative sea level rise projections in eastern Canada that integrate new developments in climate and GIA models.

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Abbreviations

DEM Digital Elevation Model
DF Debris Factor
DTM Digital Terrain Model
DSM Digital Surface Model
EGSL Estuary and Gulf of St. Lawrence
GCP Ground Control Points
GIA Glacio-Isostatic Adjustment
HAT Highest Astronomical Tide
HR Hazard Rating
IDF Intensity-Duration-Frequency
IS Inner lower foreshore sensor
LAT Lowest Astronomical Tide
MTLS Mobile Terrestrial LiDAR Survey
OS Outer lower foreshore sensor
RTK-GPS Real-Time Kinematic Global Navigation Satellite System
RP Return Period
SWL Still water level
TWL Total Water Level

Appendix A

Appendix A.1. Video-Derived Intertidal Topobathymetry

To recreate a digital elevation model of the intertidal zone in front of Maria, a video monitoring system (AXIS P3367VE, 4 Hz, 2592 × 1944 pixels, 5 megapixels, pan range of 84°) was used in combination with a shoreline detection technique based on color ratios between the beach sediments and the water [73,101]. This water/land junction, known as the shoreline, is systematically extracted in pixel coordinates from successive 5-min time-averaged video-images (1200 images) during a tidal cycle in calm conditions ($H_s < 15$ cm). To include the effect of waves on shoreline locations, the total water level (TWL) was given by the summation of the mean water level and $H_s$ at the outer sensor. The resulting shoreline is attributed the same TWL elevation and projected into ground coordinates according to a conversion matrix based on Grounds Control Points (GCPs) (Figure 2a,b) [102]. The last step involves merging the entire shoreline datasets into a single elevation matrix with an ANUDEM interpolation technique [103].

To assess the effectiveness of this method, we compared five interpolated surfaces created from five different video surveys to the MTLS elevation. The MTLS was conducted in October 2015 to acquire beach topography, including a concrete boat ramp built on the beach. The LiDAR cloud point (resolution of 5 cm × 5 cm, RMSE = 0.03) was filtered manually using LP360 to remove wood debris. The concrete slab was used as a target for the validation of the video-derived topography (Figure A1). Overall, the mean deviation of the video-derived topography is systematically under 5 cm for all surveys. This positive bias is mostly affected by the detected shorelines at high tide around a small spatial area (between the rising/falling tide) and should not influence the performance of the video-derived DEM at low tide. For the topobathymetric surface, only the shorelines on the lower foreshore on 12 January 2016 were integrated into the seamless elevation model. The MTLS covers the entire upper beach along the study area.
Appendix A.2. Description of the WW3 Hindcast

To produce the wave and water level boundary conditions for the 2010 storm event, the third-generation model WW3 version 4.18 [104] was used to recreate the wave climate in the EGSL at a 1km-grid resolution. This version integrates both the attenuation of incident wave energy by sea ice through scattering and the viscous dissipation, giving a more realistic representation of the effect of wave-ice interactions over the wave field during winter. Oceanic forcings in the EGSL wave model (currents, water levels, sea ice) were provided by a coastal ice-ocean model forced by the NCEP North American Regional Reanalysis (NARR) and the atmospheric forcing comes from the Climate Forecast System Reanalysis (CFSR).

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