Hyperprogressive Disease in the Irradiation Field after a Single Dose of Nivolumab for Gastric Cancer: A Case Report

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Keywords
Gastric cancer · Hyperprogressive disease · Pseudoprogression · Radiotherapy · Nivolumab · Immune checkpoint inhibitors

Abstract
Following the ATTRACTION-2 study, nivolumab was approved for advanced gastric cancer in Japan. However, pseudoprogression and hyperprogressive disease have been reported in patients treated with immune checkpoint inhibitors. We report a patient with gastric cancer who received nivolumab after radiotherapy only to experience rapid progression within the irradiation field after the first immunotherapy session. A 66-year-old man with dysphagia visited our hospital and was diagnosed with stage IV gastroesophageal cancer (human epidermal growth factor receptor-2 score = 0). He commenced a G-SOX regimen (S-1 80 mg/m² on days 1–14 and oxaliplatin 100 mg/m² on day 1, repeated every 3 weeks) in June 2017. The dysphagia worsened despite 3 cycles of G-SOX, and computed tomography (CT) revealed constriction of the gastroesophageal junction. To ameliorate the dysphagia, palliative
chemoradiotherapy (S-1 and 50.4 Gy in 28 fractions) was performed starting in August 2017. The patient’s dysphagia had not resolved after completing radiotherapy, and pain on swallowing worsened. Nivolumab (3 mg/m² every 2 weeks) was administered 7 days after the completion of radiotherapy. The patient experienced malaise and worsening dysphagia before the second cycle. CT 15 days after the first nivolumab administration revealed rapid progression in the irradiation field. His general condition rapidly deteriorated, and he died 24 days after the first administration. This episode suggests that administration of nivolumab after radiotherapy may be a risk factor for hyperprogressive disease.

Introduction

Nowadays, immune checkpoint inhibitors are used to treat various types of tumors [1–3]. The ATTRACTION-2 study found that nivolumab administered to patients who were previously treated for advanced gastric cancer produces a significant survival benefit [4]. Nivolumab was approved for the treatment of advanced gastric cancer in Japan in September 2017. It has also been reported that immune checkpoint inhibitors administered after radiotherapy produce an abscopal effect [5]. Therefore, many clinical trials of combination therapies involving immune checkpoint inhibitors and radiotherapy are ongoing.

On the other hand, the activities of immune checkpoint inhibitors are different from those of cytotoxic agents; therefore, patients’ responses to them are unique. Pseudoprogression and hyperprogressive disease have been reported in patients treated with immune checkpoint inhibitors [6–8]; specifically, hyperprogressive disease has to date been reported in lung and head and neck cancers [7, 8] but not in gastric cancer.

Here, we report a first-of-its-kind event in a patient with gastric cancer who was prescribed nivolumab after radiotherapy, whereupon he experienced rapid progression within the irradiation field following the first administration of this immune checkpoint inhibitor.

Case Report

A 66-year-old man with dysphagia visited our hospital. Upper gastrointestinal endoscopy revealed a tumor at the gastroesophageal junction; gastric mucosal biopsy revealed signet ring cell carcinoma and poorly differentiated adenocarcinoma. Immunohistochemistry for human epidermal growth factor receptor-2 was negative (score = 0). Computed tomography (CT) and positron emission tomography revealed metastasis to the regional and right hilar lymph nodes (Fig. 1). The patient was diagnosed with gastroesophageal cancer stage IV. He commenced a G-SOX regimen (S-1 [80 mg/m² on days 1–14] plus oxaliplatin [100 mg/m² on day 1]) in June 2017, with treatment repeated every 3 weeks [9]. Although 3 cycles of G-SOX were administered, his dysphagia worsened. CT revealed constriction of the gastroesophageal junction (Fig. 2). To improve the dysphagia, palliative chemoradiotherapy with S-1 and 50.4 Gy in 28 fractions was administered in August 2017; the irradiation field included the hilar lymph node, gastric cardia (primary lesion), and regional lymph nodes (Fig. 2). Radio-
therapy was completed in October 2017 without interruption; however, the patient’s dysphagia persevered and pain on swallowing worsened. This led to immediately prescribing systemic therapy with nivolumab (3 mg/m² every 2 weeks) 7 days after the completion of radiotherapy, with which an abscopal effect was anticipated. Laboratory data on the first day of nivolumab administration are summarized in Table 1. CT findings before commencing nivolumab are shown in Figure 3a. However, the patient complained of malaise and worsening dysphagia before the second cycle. CT performed 15 days following the first administration of nivolumab revealed rapid progression in the irradiation field (Fig. 3b). The patient’s general condition rapidly deteriorated, and he died 24 days after the first nivolumab administration.

Discussion

To the best of our knowledge, we are the first to report hyperprogressive disease in a patient with gastric cancer who was treated with nivolumab. Although the patient received nivolumab after radiotherapy, the disease nevertheless progressed rapidly, and he died within a month of the first administration of this agent. This case suggests that the administration of nivolumab after radiotherapy may be a risk factor for hyperprogressive disease.

The National Comprehensive Cancer Network guideline recommends 45–50.4 Gy or even higher doses for patients with positive surgical margins after gastrectomy [10]. However, radiotherapy is not considered a standard therapy for gastric cancer in Japan; nevertheless, locoregional control was required in our patient to alleviate his dysphagia, and all his lesions were treatable with a single radiation field. Therefore, a curative dose of 50.4 Gy of radiation was administered.

Combination therapy with paclitaxel and the antivascular endothelial growth factor receptor-2 antibody ramucirumab is a recommended second-line treatment for advanced gastric cancer after progression following an S-1 based regimen. However, prior thoracic radiotherapy was reported to be a risk factor for hemoptysis in patients treated with bevacizumab [11]. Ramucirumab is similar to bevacizumab, and it was therefore not advisable to use it immediately after radiotherapy. Because his dysphagia persisted and pain on swallowing worsened, the patient required systemic therapy as soon as possible, hence the nivolumab treatment.

Immune checkpoint inhibitors function differently from cytotoxic agents, and pseudoprogression is one of the specific sequelae of these inhibitors. Pseudoprogression is defined as a transient increase in tumor size while undergoing immunotherapy for cancer [12] and is thought to be caused by edema or necrosis following T-cell infiltration into the tumor as well as continued tumor growth prior to the onset of the immune response [13]. Pseudoprogression was reported in patients with metastatic melanoma [6]; usually, the general conditions of patients who experience this phenomenon improve [12].

On the other hand, hyperprogressive disease has been previously reported in patients with lung and head and neck cancer [7, 8]. It is not clearly defined, but is sometimes described as an acceleration of the tumor growth rate following treatment with immune checkpoint inhibitors compared to previous treatments, as was the case with our patient. In a retrospective study, Saâda-Bouzid et al. [8] reported that hyperprogressive disease fre-
quently occurred in patients with locoregional recurrence; almost all such patients in their study had undergone radiotherapy.

The mechanism of hyperprogressive disease is not clear. Radiotherapy causes the production of tumor antigens that alter the immune environment [14], which we hypothesize may facilitate rapid progression within the irradiation field. In gastric as well as head and neck cancers, recurrence within the irradiation field may be a risk factor for hyperprogressive disease.

The abscopal effect has been reported in patients treated with immune checkpoint inhibitors after radiotherapy. An abscopal effect in a patient with gastric cancer has been reported only by Sato et al. [15]; it occurred following radiotherapy plus concurrent adoptive T-cell immunotherapy. Abscopal effects may be very rare in patients with gastric cancer; when such patients require postradiotherapy treatment, alternatives to nivolumab may need to be considered.

In conclusion, our patient with gastric cancer is the first to experience rapid progression within the irradiation field following a single nivolumab treatment cycle after radiotherapy. This suggests that the administration of nivolumab after radiotherapy may be a risk factor for hyperprogressive disease.

**Statement of Ethics**

The Ethics Committee of Kobe City Medical Center General Hospital approved the study. Written informed consent was obtained from the deceased's wife for publication of this case report and any accompanying images.

**Disclosure Statement**

The authors report no conflict of interest.

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Fig. 1. Computed tomography (CT) findings at diagnosis. a No metastasis was detected in the mediastinal lymph node. b Right hilar lymphadenopathy was observed. c Gastric cardia (primary lesion). d No metastasis to the para-aortic lymph node was observed.

Fig. 2. Computed tomography (CT) findings before radiotherapy. a Metastasis to the pretracheal lymph node at the level of the esophagus. b Right hilar lymphadenopathy at the level of the esophagus. c Gastric cardia (primary lesion). d No metastasis was visible in the para-aortic lymph node. e The radiotherapy dose distribution.
Fig. 3. Clinical course following the administration of nivolumab. 

a Computed tomography (CT) findings upon completing radiotherapy; the tumor was still visible. 

b CT findings 14 days after the first administration of nivolumab; all lesions rapidly progressed.
Table 1. Laboratory data on the day of the first nivolumab dose

| Hematological data | Normal range |
|-------------------|--------------|
| White blood cells | 10,000/µL | 3,900–9,800 |
| Neutrophils | 87.0% |
| Eosinophils | 0.0% |
| Basophils | 0.0% |
| Monophils | 8.0% |
| Lymphocytes | 5.0% |
| Red blood cells | 451×10^4/µL | 410–570×10^4 |
| Hemoglobin | 15.3 g/dL | 13.4–17.6 |
| Platlets | 28.1×10^4/µL | 13.0–37.0×10^4 |

| Immunological data | Normal range |
|--------------------|--------------|
| TSH | 1.00 µU/mL | 0.50–5.00 |
| Free T4 | 1.56 ng/dL | 0.90–1.70 |
| ACTH | 20.8 pg/mL | 7.2–63.3 |
| Cortisol | 18.8 µg/dL | 7.1–19.6 |

| Biochemistry data | Normal range |
|-------------------|--------------|
| Total protein | 6.8 g/dL | 6.5–8.5 |
| Albumin | 3.4 g/dL | 3.9–4.9 |
| Total bilirubin | 1.0 mg/dL | 0.2–1.2 |
| AST | 21 U/L | 8–40 |
| ALT | 13 U/L | 8–40 |
| LDH | 184 U/L | 120–250 |
| BUN | 18.9 mg/dL | 8.0–20.0 |
| Creatinine | 0.72 mg/dL | 0.60–1.10 |
| Na | 135 mEq/L | 136–148 |
| K | 3.7 mEq/L | 3.5–5.3 |
| Ca | 9.1 mg/dL | 8.0–10.0 |

| Tumor markers | Normal range |
|---------------|--------------|
| CEA | 5.5 ng/mL | <5.0 |
| CA19-9 | 20.7 U/mL | <37.0 |

ACTH, adrenocorticotropic hormone; ALT, alanine aminotransferase; AST, aspartate aminotransferase; BUN, blood urea nitrogen; Ca, calcium; CA19-9, carbohydrate antigen 19-9; CEA, carcinoembryonic antigen; K, potassium; LDH, lactate dehydrogenase; Na, sodium; T4, thyroxine; TSH, thyroid-stimulating hormone.