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Low temperature-induced viable but not culturable state of Ralstonia eutropha and its relationship to accumulated polyhydroxybutyrate

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One sentence summary: VBNC state of Ralstonia eutropha and its relationship to accumulated PHB.

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ABSTRACT

The culturability of Escherichia coli, Ralstonia eutropha and Bacillus subtilis after incubation in phosphate-buffered saline at either 5 °C or 30 °C was determined. The culturability of B. subtilis showed little dependence on temperature. The culturability of E. coli rapidly decreased at 30 °C but remained almost constant at 5 °C. In contrast, the culturability of R. eutropha decreased by three orders of magnitude at 5 °C within 24 h but only moderately decreased (one order of magnitude) at 30 °C. Remarkably, prolonged incubation of R. eutropha at 30 °C resulted in a full recovery of colony forming units in contrast to only a partial recovery at 5 °C. Ralstonia eutropha cells at 30 °C remained culturable for 3 weeks while culturability at 5 °C constantly decreased. The effect of temperature was significantly stronger in a polyhydroxybutyrate-negative mutant. Our data show that accumulated polyhydroxybutyrate has a cold-protective function and can prevent R. eutropha entering the viable but not culturable state.

Keywords: survival; viable but not culturable; VBNC; polyhydroxybutyrate

INTRODUCTION

Laboratory protocols often suggest that bacterial cultures should be refrigerated during harvest and washing procedures, if different culture media are used in two subsequent growth experiments. The background of this advice is that biochemical reactions slow down with decreasing temperature and that the energy required for maintenance metabolism is higher at a temperature of 30/37 °C compared to a temperature near 0 °C. Cooled cells should enter a state of ‘enforced hibernation’ and should therefore survive for a long period even in the absence of appropriate nutrients. However, a reduction of the temperature has strong effects on biomolecules: proteins might denature, the permeability and fluidity of biological membranes is affected and the efficiency of repair mechanisms is also reduced. These negative effects can compensate the beneficial effects of low temperatures. However, only little is known about the sum of negative and positive effects on the survival of microbial species at reduced temperatures. We therefore compared the culturability of bacteria by incubation in carbon-source-free buffered medium at a temperature of 5 °C to survival near the optimal growth temperature (30 °C). We chose R. eutropha, a Gram-negative β-proteobacterium (alternative designation Cuprividus necator), that is a biotechnologically important species due to its ability to accumulate polyhydroxybutyrate (PHB) (Schlegel, Von Bartha and Gottschalk 1961; Pohlmann et al. 2006; for reviews see Pöpper and Steinbüchel 2006; Rehm 2010; Jendrossek and Pfeiffer 2014). Ralstonia eutropha H16 has also become a model organism for the biochemistry/biophysics of hydrogenases.

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Eschericha coli seems to be adapted to this change of environment and can survive for periods of weeks without nutrients at reduced temperature. However, incubation at 30°C for longer periods resulted in a constant decrease of culturability by about three orders of magnitude within 3 weeks (Fig. 1). Only a moderate decrease was determined at 5°C. Apparently, the reduction of metabolism by the decreased temperature prolonged survival whereas culturability of E. coli in the absence of nutrients at 30°C is low. This may be explained by an adaptation to the natural habitat: as long as E. coli is in the intestine the temperature is constantly high and the supply of nutrients is assured by the host. Therefore, E. coli is not used to the absence of nutrients at high temperature and rapidly dies at non-physiological conditions (no nutrients, high temperature). In contrast, leaving the intestine results in a sudden reduction of the supply of nutrients and in a simultaneous decrease of the temperature. Eschericha coli seems to be adapted to this change of environmental conditions and can survive for periods of weeks without nutrients at reduced temperature until it is taken up by a new host.

**Materials and Methods**

**Bacterial strains and growth conditions**

Ralstonia eutropha H16 (DSM428), R. eutropha ΔphaC (Pfeiffer and Jendrossek 2012), Eschericha coli K12 (ATCC11775) and Bacillus subtilis subspp. spezizenii (DSM15029) were used. Eschericha coli was grown in lysogeny broth (LB); all other species were grown in nutrient broth (NB) medium. Temperature was 30°C for all liquid cultures. A quantity of 0.2 volumes of an overnight seed culture was used to inoculate a 20 ml main culture. Cells were in the late exponential growth phase after 5–6 h and were harvested by centrifugation (10 min, 5000 rpm, room temperature). Alternatively, Schlegel’s mineral salts medium (MSM) with 1% (wt/vol.) of sodium gluconate was used in some experiments (Schlegel, Von Bartha and Gottschalk 1961). The cell pellets were suspended in phosphate-buffered saline (PBS; 1 g l−1 NaCl in 100 mM potassium phosphate buffer, pH 7) or in MSM medium, without a carbon source in the case of MSM-grown cells, and centrifuged again. The pellets were suspended in 6 ml PBS (or in 6 ml MSM in case of a MSM-grown culture) and stored (with shaking) at either 5°C (3 ml) or at 30°C (3 ml) in Falcon tubes.

**Determination of culturability**

Samples were diluted with PBS. Portions of 100 μl of appropriate dilutions were plated each on LB (E. coli) or NB agar (all other species) and the colony counts were determined after growth at 30 or 37°C (E. coli). Viable cell counts (vcc) are given in colony forming units per millilitre (cfu ml−1). Dilutions were generally performed in triplicate and the average values were calculated. Two biological replicates (for R. eutropha four biological replicates) were performed. Each figure shows the results of one biological replicate.

**Other techniques**

The total number of cells was determined by counting the cells of an appropriate dilution (in PBS) in a Neuberg’s counting chamber. The content of PHB was determined by gas chromatography after acid methanolysis of lyophilised cells as described elsewhere (Brandl et al. 1988; Sznajder and Jendrossek 2014). PHB content was also assessed by fluorescence microscopy after staining the cells with Nile red (Sznajder, Pfeiffer and Jendrossek 2015).

**Results and Discussion**

**Resting cells of E. coli survive better at 5°C compared to 30°C**

The viable cell counts (vcc) of E. coli K12 only marginally decreased within the first 24 h regardless of the incubation temperature. However, incubation at 30°C for longer periods resulted in a constant decrease of culturability by about three orders of magnitude within 3 weeks (Fig. 1). Only a moderate decrease was determined at 5°C. Apparently, the reduction of metabolism by the decreased temperature prolonged survival whereas culturability of E. coli in the absence of nutrients at 30°C is low. This may be explained by an adaptation to the natural habitat: as long as E. coli is in the intestine the temperature is constantly high and the supply of nutrients is assured by the host. Therefore, E. coli is not used to the absence of nutrients at high temperature and rapidly dies at non-physiological conditions (no nutrients, high temperature). In contrast, leaving the intestine results in a sudden reduction of the supply of nutrients and in a simultaneous decrease of the temperature. Eschericha coli seems to be adapted to this change of environmental conditions and can survive for periods of weeks without nutrients at reduced temperature until it is taken up by a new host.

**Ralstonia eutropha is sensitive to cold temperatures**

NB-grown cells had a level of 20–30% of accumulated PHB at the time of harvest as revealed by Nile red staining and by gas chromatography analysis. The culturability of PBS buffer-incubated R. eutropha decreased constantly by three orders of magnitude within the first 24 h of incubation at 5°C (Fig. 2A). On the second day of incubation the vcc reproducibly recovered by one order of magnitude before the vcc constantly and slowly decreased in the next 3 weeks (Fig. 2B). The culturability of the parallel culture of R. eutropha at 30°C (Fig. 2) decreased by only one order of magnitude after 1–2 h after which the vcc increased to the original value within 48 h and then remained constantly high. The difference in vcc between 30°C and 5°C amounted to at least two orders of magnitude between the end of week 1 and end of week 3. The total number of cells (viable and non-viable) remained constantly high regardless of the incubation temperature (between 1 × 10⁸ and 5 × 10⁹ cells ml⁻¹) over the whole time period (Fig. 2C).

The rapid increase of vcc after the initial decrease (Fig. 2B) at 5°C cannot be explained by active growth. An increase of vcc by one order of magnitude or more in a buffer without nutrients at 5°C is not possible and such an increase was not recorded for
the total number of cells. We assume that the conditions during harvest and incubation at 5°C led to a metabolic shock of the *R. eutropha* that transferred them into a viable but not culturable state (VBNCS). A decrease of temperature is a well-known factor to provoke prokaryotic species to enter the VBNCS state (Xu et al. 1982; Kell et al. 1998; Oliver, 2005, 2010; Li et al. 2014). Remarkably, *R. eutropha* enters the VBNCS state already after incubation at low temperature for only a few hours while other species need two or more days before a substantial fraction of the cells enters the VBNCS state (Oliver 2005). Although the VBNCS state has been mostly described for pathogenic bacteria (Li et al. 2014), non-pathogenic bacteria can also enter this state (Su et al. 2016). The VBNCS state has also been provoked by dehydration (Pedersen and Jacobsen 1993). However, provocation of the VBNCS state by temperature has not been described for *R. eutropha* strains before.

**Accumulated PHB enhances culturability of *R. eutropha* at 30°C**

Accumulated PHB helps *R. eutropha* to survive in the absence of an exogenous carbon source (Handrick, Reinhardt and Jendrossek 2000). However, a possible effect of PHB on the VBNCS state of bacteria has not yet been investigated (Oliver 2005). To investigate the effect of accumulated PHB on culturability we performed the same experiment with a PHB-negative mutant that cannot synthesise PHB because of the absence of the key enzyme of PHB synthesis (*ΔphaC*, PHB synthase gene) (York et al. 2001; Pfeiffer and Jendrossek 2012). The time course of the vcc of the refrigerated culture of the PHB-negative mutant was similar to the wild type (WT) strain at 5°C (Fig. 2A and B, dotted graphs). However, a remarkable result was obtained when we compared the WT with the mutant at 30°C: a sharp decrease of

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**Figure 2.** Viable cell counts and total cell numbers of *R. eutropha* H16 during incubation in PBS. Cells were grown in NB medium for 5.5 h, harvested by centrifugation and then suspended in PBS and incubated at 30°C (red line) or at 5°C (blue line). At indicated points of time viable cell counts [cfu ml⁻¹] were determined as described in ‘Materials and methods’. Error bars indicate standard deviation. In (A), the time scale of the first 24 h is enlarged relative to the time scale of 20 days in (B). Solid lines refer to the wild type and dotted lines represent the PHB-negative ΔphaC mutant. In (C), the total cell numbers [cells ml⁻¹] are given. The same log scale of 5 decades as for (A) and (B) is given in (C) for better comparability.
The medium composition has an impact on metabolism and may affect the sensitivity to stress factors. We therefore determined the course of VCC after growth of *R. eutropha* in MSM (Fig. 4A and B). MSM-grown *R. eutropha* cells showed a lesser response to incubation in cold buffer than cells that had been grown in NB medium (maximal difference in VCC only 1.5 orders of magnitude compared to up to 3 orders of magnitude in NB medium): the VCC of WT cells even increased during the first 8 h of incubation in PBS at 30 °C by about half an order of magnitude and remained constantly high for the next 2 weeks before a slight decrease was determined in the third week of the experiment. The VCC of the WT at 5 °C showed a slight reduction with subsequent partial recovery and then remained almost constant during the total incubation period. On average, the VCC of the WT at 30 °C was five to eight times higher than at 5 °C. The PHB content decreased from 33 to 7% at the end of the experiment at 30 °C (Fig. 4C). At 5 °C the PHB content decreased to only 16–18% in the 3 week period. The differences in the PHB contents were also evident by fluorescence microscopical analysis (Fig. 4D). Interestingly, the utilisation of PHB at 30 °C was accompanied by a substantial shortening of most of the cells.

The VCC of the PHB-free mutant (ΔphaC) at 30 °C proceeded similarly to the WT. However, the initial increase was less pronounced and the slight decrease started earlier than was determined for the WT. The total number of WT cells (30 °C) slightly increased within the first 48 h similar to the increase of the VCC of the WT at 30 °C (Fig. 4C). Our data indicated that some cells of a mineral salts medium-grown culture with accumulated PHB can perform one cell division or can at least finish an already initiated cell division in a carbon-source-free buffer resulting in the observed slight increase of the VCC and the total number of cells. After 48 h, the total number of cells did not change any more. The total number of cells of WT at 5 °C or of the ΔphaC mutant in both conditions changed only to a minor extent and slowly decreased by a factor of two within the 3 week period. These results show that PHB helps to keep the percentage of VCC high but the absence of PHB has little effect at 30 °C. At 5 °C, the VCC of the PHB-free mutant constantly and slowly decreased, and at the end of the 3 weeks the VCC had decreased by about one order of magnitude compared to the WT at 5 °C. In comparison to NB-grown cells, cells of a MSM-culture showed less sensitivity to stress by the storage condition. As a result, only a few cells have entered the VBNC state in the first hours of incubation. At 5 °C, the VCC of the WT did not decrease during the 3 weeks of the experiment. However, the VCC of the PHB-negative mutant constantly decreased at reduced temperature and this indicated that accumulated PHB has a positive effect on culturability at a reduced temperature.

**Dependence of culturability of Bacillus strains from temperature**

To find out whether the unexpected good survival of *R. eutropha* cells at 30 °C could also be determined for other species we performed a similar experiment with *B. subtilis* as a representative of Gram-positive species. As shown in Fig. 5, the VCC of the 30 °C and the 5 °C cultures strongly decreased during the first 3 days. After this period, the decrease in the VCC slowed down at both incubation temperatures. Notably, the VCC decreased more strongly at 5 °C than at 30 °C resulting in a 10-fold higher VCC at 30 °C compared to 5 °C between day 10 and day 20. Microscopical examination of the cells at all points of time indicated that endospores were never formed under conditions of storage in PBS. These data indicate that also in *B. subtilis* long term survival in carbon-source-free buffer is slightly better at 30 °C compared to 5 °C. However, evidence for a VBNC state was not observed for *B. subtilis*.

**CONCLUSIONS**

Our data show that exponentially grown *R. eutropha* cells are highly sensitive to sudden changes in the environmental conditions such as incubation in a carbon-source-free buffer at reduced temperature and rapidly enter the VBNC state. The presence of previously accumulated PHB and incubation near the optimal growth temperature helps *R. eutropha* not to enter the
Figure 3. Viable cell counts, total cell numbers and PHB contents of *R. eutropha* H16 and *R. eutropha* ΔphaC cells during incubation in PBS. Cells were grown in NB medium supplemented with 0.2% of sodium gluconate for 5.5 h, harvested by centrifugation and then suspended in PBS and incubated at 30 °C (red line) or at 5 °C (blue line). Wild type cells (solid lines) had ~32% accumulated PHB and ΔphaC cells (dotted lines) were free of any storage PHB. At indicated points of time, viable cell counts [cfu ml⁻¹] (A and B), and total number of cells [cells ml⁻¹] and PHB content [% of cellular dry weight (cdw), mean of two determinations] (C) were determined. In (A), the time scale of the first 24 h is enlarged relative to the time scale of 3 weeks in (B). The same log scale of 5 decades is given in all graphs for better comparability. Examples of microscopical images of Nile red-stained wild type cells (overlay of bright field image and fluorescence image) are shown in (D). Note, the decrease in the number of red-stained PHB granules after 21 days at 30 °C but not at 5 °C. Error bars indicate standard deviation. PHB contents of the phaC mutant were not determined because the inability to synthesise PHB in the absence of PHB synthase has been frequently reported.
Figure 4. Viable cell counts, total cell numbers and PHB contents of mineral salts medium-grown *R. eutropha* H16 and *R. eutropha* ΔphaC cells during incubation in PBS. Cells were grown in mineral salts medium supplemented with 1% of sodium gluconate for 10 h as described in ‘Materials and methods’, harvested by centrifugation and then suspended in MSM without a carbon source and incubated at 30°C (red line) or at 5°C (blue line). Wild type cells (solid lines) had ~33% accumulated PHB. At indicated points of time, viable cell counts [cfu ml⁻¹] (A and B), total number of cells [cells ml⁻¹] and PHB content [% of cellular dry weight (cdw), mean of two determinations] (C) were determined. In (A), the time scale of the first 24 h is enlarged relative to the time scale of 3 weeks in (B). The same log scale of 5 decades is given in all graphs for better comparability. Examples of microscopical images of Nile red-stained wild type cells (overlay of bright field image and fluorescence image) are shown in (D). Note, the shortening of the cells and decrease in the number of red-stained PHB granules after 21 days at 30°C but not at 5°C. Error bars indicate standard deviation. PHB contents of the *phaC* mutant were not determined because the inability to synthesise PHB in the absence of PHB synthase has been frequently reported.
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Conflict of interest. None declared.

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Figure 5. Viable cell counts of Bacillus subtilis during incubation in PBS. Cells were grown in NB medium for 5.5 h, harvested by centrifugation and then suspended in PBS buffer and incubated at 30°C (red line) or at 5°C (blue line). At indicated points of time viable cell counts [cfu ml$^{-1}$] were determined. Error bars indicate standard deviation.
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