Cancer associated fibroblasts are distinguishable from peri-tumor fibroblasts by biological characteristics in TSCC

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Abstract. The aim of the present study was to investigate the differential biological characteristics between cancer-associated fibroblasts (CAFs) and peri-tumor fibroblasts (PTFs) in tongue squamous cell carcinoma (TSCC). The primary CAFs and PTFs from TSCC were obtained and purified. Cell morphology was observed, and the expression of α-smooth muscle actin (α-SMA), vimentin and cytokeratin 19 (CK19) was detected by immunohistochemistry (IHC). The percentage of α-SMA positive cells in CAFs and PTFs was calculated separately, and α-SMA expression was further confirmed by western blot analysis. Cell viability and the expression of matrix metalloproteinase 2 (MMP2), stromal cell derived factor1 (SDF-1) and transforming growth factor β1 (TGFβ1) in the purified fibroblasts was detected separately. CAFs and PTFs were attained and purified. Compared with PTFs, CAFs were long-fusiform shaped cells with reduced cytoplasm and variable size. CAFs crowded together in a disorderly manner when the cell density was increased, but this phenomenon did not occur with PTFs. IHC results verified that there was no significant difference between CAFs and PTFs in the percentage of cells staining positive for CK19 and vimentin (P>0.05); the percentage of positive staining cells for α-SMA in CAFs was significantly higher compared with that in PTFs (P<0.001) Western blot analysis showed that α-SMA expression in CAFs was 4.3-fold higher compared with that in PTFs (P<0.001). A Cell Counting Kit-8 assay indicated that the viability of CAFs increased significantly compared with that in the PTFs (P<0.05). Reverse transcription-quantitative polymerase chain reaction and ELISA analysis showed that the expression of MMP2, SDF-1 and TGF β1 in CAFs was higher compared with that in PTFs (P<0.05). CAFs are distinguishable from PTFs with respect to their morphology, cellular phenotype, cell viability and pro-carcinogenic cytokine expression.

Introduction

Tongue squamous cell carcinoma (TSCC) is one of the most common oral cancer types, usually characterized by the early occurrence of lymph node metastasis and poor prognosis (1-4). Though the precise mechanism of TSCC tumorigenesis remains unclear, it has become clear that the initiation and progression of tumors depends not only on the epithelial cells, but also on the interactions between the tumor stroma and tumor cells (5,6). Cancer associated fibroblasts (CAFs), also named ‘activated fibroblasts’, are the most abundant stromal cell types of the tumor stroma (7,8). CAFs modulate tumor angiogenesis, remodeling of the extracellular matrix and epithelial-to-mesenchymal transition, and also contribute to tumor recurrence and drug resistance (9,10), and thus play a major role in the initiation and progression of carcinomas (6,11). Therefore, CAFs would be effective targets for cancer treatment; the present study on CAFs may be beneficial for investigating the mechanisms of tumorigenesis and tumor progression.

CAFs have been identified to differ phenotypically and functionally from normal fibroblasts (NFs) (12,13). Compared with fibroblasts from normal oral mucosal tissue, CAFs are...
Characterized by higher expression of α-SMA and a distinct morphology (13). This is why NFs are often used as the control when CAFs are studied (14). However, whether the behavior, phenotype and function of peri-tumor fibroblasts (PTFs) are different from CAFs in TSCC is not clear. In the present study, CAFs and PTFs were collected from specimens of TSCC and peri-tumor tissues (confirmed by histology), from which fibroblasts were purified, and subsequently their differential biological characteristics by means of morphology observation, cell surface marker [α-smooth muscle actin (α-SMA), vimentin and cytokeratin 19 (CK19)] expression, cell viability and pro-carcinogenic cytokine expression was investigated. This information, on the one hand, will provide some benefits in further understanding stromal cell changes in tumor development, and, in turn, understanding the mesenchymal-epithelium interactions in carcinogenesis. On the other hand, it may provide further experimental evidence for PTFs as a control in the examination of CAFs in TSCC.

**Materials and methods**

**Tissue collection.** TSCC specimens and ‘histologically normal’ peri-tumor tissues (at least 1 cm from the outer tumor margin) were collected from primary tumors from 6 patients (2 males and 4 females, age 40–65 years) who underwent surgical resection at the Qilu Hospital of Shandong University between March 2016 and January 2017. The inclusion criteria included: Age 18-75 years; a Karnofsky score (15) ≥60%, and a life expectancy ≥3 months; white blood cell ≥4.0x10⁹/l, absolute neutrophil count ≥2.0x10⁹/l, platelet count ≥100x10⁹/l, and hemoglobin ≥100 g/l; alanine transaminase and aspartate transaminase <2.5x the upper limit of normal, total bilirubin and serum creatinine <1.5x the upper limit of normal. Patients were excluded if they had distant metastasis or other types of cancer, had undergone surgery involving primary tumor or lymph nodes (except diagnostic biopsy), had received prior radiotherapy or chemotherapy, presented with other malignancies within 5 years, or had creatinine clearance <30 ml/min. All the resections (TSCC and peri-tumor tissues) were confirmed by clinical and histopathological examination, according to the World Health Organization and the 2010 criteria of the International Union Against Cancer (16). All research procedures were approved by the Medical Ethics Committee of Qilu Hospital, Shandong University (2016015) and informed consent was obtained from all the participants.

**Separation, cultivation and purification of CAFs and PTFs.** The obtained tissues (tumor or peri-tumor) were immersed in Dulbecco's modified Eagle's medium (DMEM; HyClone; GE Healthcare Life Sciences) three times. The tissues were minced with scalpels into 1.0x1.0x1.0 mm³ fragments and tiled on the bottom of a culture bottle. The cells were cultured in DMEM supplemented 20% FBS (HyClone; GE Healthcare Life Sciences) and 1% penicillin-streptomycin. After 3 h, the culture bottle was turned over. Cultures were incubated at 37°C in a humidified atmosphere of 5% CO₂ and cell growth was observed under an inverted microscope (magnification, x100).

Upon reaching 90% confluence, the areas which epithelioid cells had grown in clusters were marked on the culture bottle when the cells were observed under the phase-contrast microscope (magnification, x100), and according to the markers, epithelioid cells were wiped with a cotton stick dipped in 10 µl of trypsin. The remaining cells were digested with 0.25% trypsinase for 1 min; digestion was terminated with 3 ml of medium containing serum, and cells were sub-cultured into fresh bottles. Cells at passage (P)3-P5 were used in subsequent experiments.

**Cell morphology observation.** Morphology of the purified P3-P5 CAFs and PTFs was observed using a phase-contrast microscope.

**Immunohistochemistry (IHC).** Coverslips with attached fibroblasts (at a density of 3x10⁴ cells/cm²) were fixed with 4% paraformaldehyde for 10-20 min at room temperature. IHC procedures using the SP kit (cat. no. SP9002; OriGene Technologies, Inc.) were performed according to the manufacturer's instructions. The fixed cells were washed in PBS three times, permeabilized with 0.05% Triton for 5 min, and blocked with 4% bovine serum albumin (cat. no. A8010; Beijing Solarbio Science & Technology Co., Ltd.) for 30 min at 37°C. Subsequently, the coverslips were incubated at 4°C in a moist chamber overnight with the following primary mouse anti-human monoclonal antibodies: Anti-human CK19 (dilution, 1:100; cat. no. BM3267), anti-human vimentin (dilution, 1:100; cat. no. BM0135), and anti-human α-SMA (dilution, 1:100; cat. no. BM0002; all Wuhan Boster Biological Technology, Ltd.). PBS was used as the negative control, in place of the primary antibody. After incubation with HRP-conjugated rabbit-anti-mouse secondary antibody (dilution, 1:100; cat. no. BA1048; Wuhan Boster Biological Technology, Ltd.) for 30 min at room temperature, the coverslips were counterstained with Mayer hematoxylin (cat. no. G1080; Beijing Solarbio Science & Technology Co., Ltd.) and observed under a light microscope (magnification, x400; Olympus BX53; Olympus Corporation, Tokyo, Japan.). Cells showing light-brown or yellow-brown grains in the cytoplasm were classified as positively stained.

**Western blot analysis.** CAFs/PTFs were seeded into 6-well plates (1x10⁵ cells/well) overnight. Following this, whole-cell proteins were extracted using RIPA buffer (cat. no. R0020; Beijing Solarbio Science&Technology Co.,Ltd.) and quantitated using a bicinchoninic acid protein assay kit (cat. no. PC0020; Beijing Solarbio Science & Technology Co., Ltd.) according to the manufacturer's protocols; the proteins (10 µg/lane) from different samples were separated via 10% SDS-PAGE (cat. no. AR0138; Wuhan Boster Biological Technology, Ltd.) and transferred to polyvinylidene fluoride (PVDF) membranes (cat. no. ISEQ0010; EMD Millipore). The PVDF membranes were blocked with blocking buffer containing 5% skimmed milk for 1 h at room temperature before incubation with the primary α-SMA antibody (dilution, 1:200; cat. no. BM0002; Wuhan Boster Biological Technology, Ltd.) overnight at 4°C. Protein bands were detected using the appropriate secondary antibodies (dilution, 1:2,000; cat. no. BA1092; Wuhan Boster Biological Engineering Co., Wuhan, China) for 1 h at 37°C. and ECL reagents (cat. no. 17-373SP; EMD Millipore; Merck
KGaA) according to the manufacturer's protocol. Quantitative analyses were performed using ImageJ software (version 1.46; National Institutes of Health, Bethesda). GAPDH (dilution, 1:2,000; cat. no. 60004-1-Ig; ProteinTech Group, Inc.) was used as an internal control.

Cell viability analysis. Purified CAFs and PTFs (4x10^3 cells/well) were loaded onto 96-well plates in 100 µl complete medium (DMEM containing 1% penicillin-streptomycin and 10% FBS) and maintained in a CO₂ incubator at 37°C for 24 h. Each group contained five parallel wells, as well as a negative control (without cells). Cells were monitored for 7 consecutive days using a Cell Counting Kit-8 (CCK-8) kit (Dojindo Molecular Technologies, Inc.) following the manufacturer's instructions. The CCK-8 agent (10 µl) was added to each well and incubated for 1 h at 37°C in the dark. Absorbance values [optical density (OD)] values at 450 nm were measured using a microplate reader.

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). CAFs and PTFs were seeded into 6-well plates (1.5x10^5 cells/well) and cultured in DMEM supplemented with 10% FBS for 24 h. Total RNA from these fibroblasts was isolated using TRIzol reagent (Invitrogen; Thermo Fisher Scientific), and 1 µg of the extracted RNA was used to synthesize cDNA according to the manufacturer's recommendations for PrimeScript RT master mix (Takara Biotechnology Co., Ltd.). The mRNA levels of secreted matrix metalloproteinase 2 (MMP2), stromal cell derived factor 1 (SDF-1) and transforming growth factor β1 (TGFβ1) were determined using a SYBR PremixTaq II kit (Takara Biotechnology Co., Ltd.) and a Roche 480 Light Cycler. GAPDH was used as a reference gene. The oligonucleotide sequences of the qPCR primers were as follows: GAPDH: Forward 5'-GCACCGTCAAGGCTGAGAACAC-3' and reverse 5'-TGTTGAAGAGCCAGTTGA-3'; MMP2: Forward 5'-CCTGCAAGTTCATTTCCGC-3' and reverse 5'-AACAGTGACATGGCGTGTC-3'; SDF-1: Forward
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5′-ATTCTCAACACTCCAAACTGTGC-3′ and reverse 5′-ACT TTAGCTTGGGTCAATGC-3′; and TGFβ1: Forward 5′-CGA CTCGCCAGAGTGTAT-3′ and reverse 5′-CGGTA GTGTA ACCCGTTGATGT-3′. Relative mRNA changes of the target genes were calculated using the 2^ΔΔCq method (17).

ELISA. CAFs and PTFs were cultured in 6-well plates (1.5x10^5 cells/well) with serum-free DMEM for 24 h, after which the conditioned medium (CM) was harvested for ELISA analysis using the method described by Wang et al (18). The concentrations of MMP2, SDF-1 and TGFβ1 in CAFs- or PTFs-derived CM were determined using ELISA kits (cat. no. 70-EK1022, 70-EK1192 and 70-EK1812, respectively; Multisciences Biotech Co., Ltd.) according to the manufacturer’s instructions.

Statistical analysis. Statistical analysis was performed using SPSS 21.0 software (IBM Corp.). Values were compared using the Student’s t-test. Data are presented as the means ± standard deviation P<0.05 was considered to indicate a statistically significant difference.

Results

Separation, cultivation and purification of CAFs and PTFs. The epidermoid cells and/or fibroblasts grew from the edge of the tissue. The epithelioid cells grew in clusters and exhibited dominant growth in the first few days, while the fibroblasts (CAFs or PTFs) grew radially along the tissue block or surrounding the clusters of epidermoid cells. The time taken for CAFs to migrate out of the tissue block is usually 4-6 days, faster than for PTFs (5-7 days after inoculation). It took 10-12 days for CAFs and 12-14 days for PTFs to reach 90% confluence in a Petri dish. In P0-P2 cells, the fibroblasts mixed with the epithelioid cells. A mechanical curettage method (13) combined with trypsinization was used to purify these fibroblasts for P0-P2, and no epithelioid cells or tumor cells were mixed in with the cells after the P3 generation (Fig. 1).

Different morphology of CAFs and PTFs. There were differences in the morphology and growth mode between CAFs and PTFs. Morphological observation of CAFs and PTFs under an inverted microscope showed that the fibroblasts had a long spindle shape. CAFs usually have small cytoplasmic protrusions, which are accumulated and overlap in a disorderly arrangement, and presented visible loss of contact inhibition,
which is characteristic of the proliferation of malignant cells (19). By contrast, PTFs seem to have more cytoplasmic processes and were nearly invariable with respect to size; the cells showed obvious contact and density inhibition (Fig. 2).

### Different immunophenotypical characterization of PTFs and CAFs.

To observe the immunophenotype of PTFs and CAFs, the expression of vimentin, α-SMA (markers for mesenchymal cells) and CK19 (marker for epithelial cells) were detected in these fibroblasts using IHC staining. The IHC results showed that both CAFs and PTFs had positive expression of vimentin and negative expression of CK19. CAFs positively expressed α-SMA, while PTFs showed negative or only partly positive expression for α-SMA (Fig. 3A). The percentages of CAFs and PTFs with positive expression of CK19, α-SMA or vimentin were calculated (Fig. 3B). The results show that the percentage of α-SMA-positive cells in CAFs was significantly higher compared with that in PTFs (92.8±2.05 vs. 4.4±2.5%; *P*<0.001). However, there was no significant difference in the percentage of positive staining for CK19 (2.4±1.0 vs. 3.5±0.6%; *P*>0.05) and vimentin (97.7±1.5 vs. 94.5±2.2%; *P*>0.05) in CAFs compared with that in PTFs (Fig. 3B). The expression of α-SMA in CAFs and PTFs was further confirmed using western blot analysis for quantitative analysis, and the results showed that the expression of α-SMA in CAFs was 4-fold higher compared with that in PTFs (P<0.001; Fig. 3C and D). These data demonstrate that α-SMA may serve as an excellent marker for distinguishing CAFs from PTFs.

### Different viability of CAFs and PTFs.

A CCK-8 kit was used to detect the viability of CAFs and PTFs. To ensure the same culture conditions, equal quantities of the cells (4x10^3) were inoculated in 96 well plates, and the time of CCK-8 incubation and detection was the same every day. From day 3-7 after inoculation, the OD450 value of CAFs increased compared with that of PTFs. These results showed that the viability of CAFs was significantly higher compared with that of PTFs (P<0.05, P<0.01 and P<0.001; Fig. 4).

### Differential expression of pro-carcinogenic cytokines in CAFs and PTFs.

CAFs and PTFs were cultured in DMEM containing 10% FBS for 24 h. To detect the mRNA expression of pro-carcinogenic cytokines (MMP2, SDF-1 and TGFβ1) RT-qPCR was performed. The expression of MMP2, SDF-1 and TGFβ1 in CAFs were 2.97-, 1.68- and 1.92-fold higher compared with that in PTFs (P<0.05, P<0.01, P<0.05, respectively; Fig. 5A). Since these pro-carcinogenic cytokines are secretory proteins, the levels of solubilized MMP2, SDF-1 and TGFβ1 protein in the CM of CAFs and PTFs were assessed using corresponding ELISA kits. The concentrations of MMP2, SDF-1 and TGFβ1 in CAFs were 1.51-, 3.47- and 2.40-fold higher compared with those in PTFs. Thus, it was confirmed that CAFs expressed significantly higher mRNA and protein levels of MMP2, SDF-1 and TGFβ1 compared with PTFs (P<0.05, P<0.001 and P<0.01, respectively; Fig. 5B).

### Discussion

There are several differences between CAFs and NFs; in particular, cell morphology, proliferation, secretory function and the expression of certain surface markers (such as α-SMA; fibroblast activation protein, FAP; fibroblast specific protein 1, FSP1) (20,21). However, whether these features distinguish CAFs from PTFs in TSCC is still unclear. During carcinogenesis, the changes occurring within cells are not only restricted to epithelial cells, but also occur in stromal cells. Following changes in epithelial cancer cells, various cells, such as resident fibroblasts, adipocytes, epithelial cells, endothelial cells or bone...
marrow derived mesenchymal stem cells, were phenotypically and functionally modified and differentiated into CAFs in the TME (22,23). Cancer cells play an important role in inducing the transformation of local fibroblasts into CAFs, and in endowing CAFs with pro-carcinogenic effects by secreting cytokines such as TGFβ and IL-1β (24), thus leading to differences between CAFs and PTFs in terms of cell morphology, viability, secretory function and surface marker expression.

To study the changes to stromal cells during tumor progression, the purified fibroblast populations were verified according to cell morphology under a microscope, and using immunostaining, cell viability analysis and pro-carcinogenic cytokine expression. Observation under a phase-contrast microscope showed that, compared with CAFs, PTFs performed more cytoplasmic processes, were variable in size and showed contact and density inhibition.

Previous studies have reported that CAFs express vimentin (mesenchymal marker) and α-SMA (a specific marker of active fibroblasts), but do not express cytokeratin (maker of epithelial cells) (13,14,25), though they are usually derived from various origins. Therefore, the expression of vimentin, α-SMA and cytokeratin was detected to identify the immunophenotype of the primarily cultured fibroblasts. α-SMA is not only a widely used marker for identifying CAFs, but is also an independent prognostic marker, which significantly correlated with metastasis, recurrence and mortality in oral squamous cell carcinoma (OSCC) (26-28). It has been reported that the expression of α-SMA in PTFs is variable in different organs (29,30). In the present study, the expression of α-SMA in purified CAFs was significantly higher compared with that in PTFs in TSCC detected by IHC. Western blot analysis further verified that CAFs expressed high levels of α-SMA relative to that in PTFs. These results confirmed that the expression of α-SMA is increased step by step in PTFs and CAFs, which indicated that the fibroblasts may perform partial immunophenotypic changes earlier than the epithelial cells.

A study on the morphological, functional and genetic alteration of NFs, PTFs and CAFs in normal tissue, peri-tumor tissue and tumoral tissue would be beneficial to further reveal the processes involved in tumor progression. In general, peri-tumor tissue described in the literature refers to the tissues with no abnormal histological appearance at a certain distance around the tumor boundary. In a previous study, fibroblasts derived from normal oral mucosa or para-cancerous tissue at least 2 cm away from the outer tumor margin were more commonly used as control cells (31). In the present study, fibroblasts derived from peri-tumor tissues 1 cm away from the outer tumor margin were not only significantly different from the biological characteristics of CAFs, but also retained the morphology and function of the tongue tissue to a greater extent.

Paracrine signaling is an important way for tumor stromal cells to participate in tumorigenesis and development. In the present study, CAFs showed significant pro-carcinogenic potential compared with that in PTFs. It has recently become widely accepted that CAFs could be an efficient target for cancer therapy (32). Drugs that can regulate the phenotype and function of CAFs cells may be used in the treatment of tumors. In future studies, it is necessary to further explore the differential performance in chemosensitivity between CAFs and PTFs, which will be beneficial to the therapy of TSCC.
