Case Report

Abdominal textiloma mimicking as gastrointestinal stromal tumor: A case report

Amal Hajri\textsuperscript{a,b}, Kenza Benjelloun Touimi\textsuperscript{b,*}, Yassine El Berni\textsuperscript{b}, Driss Erguibi\textsuperscript{a,b}, Rachid Boufettal\textsuperscript{a,b}, Saad Rifki Jai\textsuperscript{a,b}, Farid Chehab\textsuperscript{a,b}

\textsuperscript{a} Faculty of Medicine and Pharmacy, Hassan II University of Casablanca, Casablanca, Morocco
\textsuperscript{b} Department of Digestive Cancer Surgery and Liver Transplantation, CHU Ibn Rochd, Casablanca, Morocco

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\textbf{ABSTRACT}

\textit{Introduction and importance:} Gossypiboma or textiloma is a mass comprising of a cotton matrix within the body left accidentally during a surgical procedure. The body may react to this foreign body through an exudative inflammatory reaction or an aseptic fibrotic reaction in order to encapsulate the cotton material and result into a mass.

\textit{Case presentation:} We report a case of 65-year-old female. She was referred to our department due to 2 episodes of nausea and vomiting. She had history of open cholecystectomy 29 years ago, then cure for eventration one year after. On exploratory laparotomy there was a mass measuring 6 cm axis at the expense of segment 3 of the liver coming into intimate contact with the duodenum. Atypical segmental hepatectomy of segment 3 of liver was performed, and the histological report confirmed necrotic textiloma.

\textit{Clinical discussion:} Textiloma represents a complication of all forms of surgery. It is a real, serious but preventable surgical complication, and could present with various complaints. Prevention of this condition can be achieved by meticulous count of surgical materials.

\textit{Conclusion:} The embarrassment faced by the surgeon and the medico legal implications of this iatrogenic complication are tremendous and all preventive measures should be taken to avoid this as no excuse is justifiable.

1. Introduction and importance

This work has been reported in line with the SCARE 2020 criteria [1]. Gossypiboma or textiloma is a mass comprising of a cotton matrix within the body left accidentally during a surgical procedure. The body may react to this foreign body through an exudative inflammatory reaction or an aseptic fibrotic reaction in order to encapsulate the cotton material and result into a mass [2].

This iatrogenic, unintentional but avoidable misfortune, often under-reported, has damaging effects upon the health of patients, and entails embarrassment as well as medico-legal consequences [3,4].

It is estimated that retained surgical foreign bodies occur in one in every 5500–18,760 in patient operations but the incidence may be as high as one out of every 1000–1500 abdominal cavity operations, and even more common during emergency surgeries [5].

2. Case presentation

Patient was 65-year-old female, was referred to our department due to 2 episodes of nausea and vomiting for no clear reason, loss of appetite and weight loss estimated at 8 kg during 1 year.

In the past, the patient had open cholecystectomy 29 years ago, then cure for eventration one year after, but no documentation was available. The patient had no history of alcohol or drug abuse, and she didn’t have any adverse reaction of medication.

We didn’t have enough information in order to know family history including any relevant genetic issue.

On examination, she was afebrile, with normal respiratory rate and normal resting heart rate. Per abdomen examination revealed a midline vertical scar indicative of previous surgery, without palpable masses. Digital rectal exam and digital examination of the vagina were normal.

Eso-gastro-duodenal fibroscopy revealed: extrinsic compression of the lesser curvature on an erythematous mucosa (Fig. 1). The Biopsy
showed a mixed dense lymphoid infiltrate (T and B) which is difficult to label in this sampling. Abdominal CT scan: evidence of heterogeneous formation connecting with the duodenum, this mass comes into intimate contact at the top with the left liver, with disappearance of the separation border, its site appears duodenal, this aspect is suggestive of a GIST (Fig. 2).

Thoracic CT scan didn’t show any secondary lesions. CA 19-9 slightly raised to 48.50 U/ml, and ACE was normal at 1.70 ng/ml. Preanesthesic assessment was done by an anesthesia provider. Patient was performed by two Professors with superior 20 years of experience in the field of general surgery and was assisted by three junior residents, in the university hospital center. The patient gave her approval to do surgery, especially for tumor ablation.

During laparotomy under general anesthesia, the exploration showed the presence of an irregular contour mass measuring 6 cm axis at the expense of segment 3 of the liver coming into intimate contact with the duodenum (genu superius). We proceed to release of the mass from the duodenum with biopsies of the duodenal edges and atypical segmental hepatectomy of segment 3 of liver after Kellyclasia (Fig. 3). The abdomen was closed with all precautions and counts of surgical items. The material was recognized after incision of the mass as a surgical sponge (Fig. 4). Histological report confirmed necrotic textiloma.

After 6 hours of surgery, the patient was extubated. However, on postoperative day 3 the patient presented respiratory distress for which we realised thoraco-abdominal CT showing lesion related to infection lung (treated by ATB). She was transferred to an intensive care unit where she was intubated, ventilated with hypotension at 8/4 tachycardia at 124. The patient died on postoperative day 10 following an unrecovered cardio-respiratory arrest despite the resuscitation measures.

3. Clinical discussion

A surgical sponge that is inadvertently left in a surgical wound eventually develops into a textiloma [6]. Strictly speaking, the term “textiloma” should be reserved only for a surgical sponge consisting of organic material. Indeed, “gossypiboma” is the term used to describe a mass within the body that comprises a cotton matrix surrounded by a foreign-body reaction like our CASE [6]. However, these days, synthetic material has replaced cotton, so the definition of a textiloma and gossypiboma need to be adapted. The incidence of retained foreign bodies following surgery varies from 0.01% to 0.001% [1, 6, 7]. Of these cases, 80% are gossypibomas [6].

Textiloma represents a complication of all forms of surgery: abdominal (52%); gynecological (22%); urological and vascular (10%); orthopedic and spinal (6%) [5]. Olnick et al. [7] has further classified textilomas into acute necrotic forms and chronic forms. The acute form, in which an exudative reaction dominates the clinical picture, along with abscess formation and skin fistulas, is symptomatic in the early postoperative period. The differential diagnosis in such cases includes postoperative collection, hematoma and non foreign-body abscess. In the chronic form, as seen in our patient, adhesions and encapsulation eventually lead to the development of a foreign-body granuloma. Asymptomatic forms are sometimes discovered fortuitously. A delayed presentation may be seen months or even years after the initial surgery. Our patient was referred to us with episode of nausea and vomiting for no clear reason and loss of appetite and weight loss, 29 years after the primary operation. Adhesions and encapsulation are common features of gossypiboma, and the lesion may present as a mass. In such cases, the differential diagnosis typically includes tumors [6]. The exudative type of gossypiboma causes symptoms earlier than does the fibrinous type [6].

Such foreign bodies are often discovered long after surgery and may present with non-specific clinical symptoms. The imaging appearance of

Fig. 1. Fibroscopy shows extrinsic compression of the lesser curvature.

Fig. 2. Heterogenous formation which suggest a GIST (blue arrow). (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

Fig. 3. Atypical segmental hepatectomy of segment 3 of liver.
textilomas is not widely known and they can often be mistaken for a soft-tissue tumor [8].

The radiological diagnosis of textiloma is easily made by plain abdominal radiography, when a radio-opaque marker is seen. However, these markers could disintegrate or fragment over years after the surgery [9].

This diagnostic doubt led to an abdominal ultrasound and a CT scan. Ultrasound is useful in the diagnosis of abdominal retained gauze. Ultrasound features are usually a well delineated mass containing an echo with a hypoechoic ring and strong posterior acoustic shadowing. CT is the technique of choice for detecting gossypibomas and possible complications. Many authors consider a gossypiboma to be specifically indicated by a CT finding of a low-density heterogeneous mass with an external high-density wall that is further highlighted on contrast-enhanced imaging and that has a spongiform pattern containing air bubbles [10].

But in our scenario the surgical swab retained in our patient as a heterogeneous formation specially like gastro intestinal stromal tumor, and this was attributed to the nature of the surgical gauze, the different foreign-body reaction, and the quantity of fluid and protein associated with the lesion.

Though the diagnosis of left out foreign body can be made by taking careful history, clinical examinations and by doing some necessary investigations. Yet some patients are diagnosed on the operating table during re-laparotomy. Surgical exploration is the answer to the problem [11]. In 2003, Gawande and colleagues [4] described the most common risk factors associated with “retained foreign bodies” are-emergency operations, unplanned changes in operating procedures. The prevention of this condition can be achieved by meticulous count of surgical materials in addition to thorough exploration of surgical site at the conclusion of operations and also by routine use of surgical textile materials impregnated with a radio opaque marker that are easily detected by intraoperative radiological screening when the counts suspicious.

4. Conclusion

Gossypiboma is serious but avoidable, postoperative complication. It must be prevented at all costs. The embarrassment faced by the surgeon and the medico legal implications of this iatrogenic complication are tremendous and all preventive measures should be taken to avoid this as no excuse is justifiable.

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Fig. 4. The materiel after incision of the mass.