INTRODUCTION

Amphibian skin is a complex organ that plays a fundamental role in maintaining homeostasis by regulating water, salt, and respiratory gas exchange and functions as an interface between the internal and external environments (Brizzi et al., 2001, 2002, 2003; Fox, 1986; Noble, 1931). Additionally, molecules secreted through the skin provide defense against predators and pathogens and enable communication with conspecifics.
These molecules are produced by morphologically and functionally diverse dermal exocrine glands arranged in four main types, all comprising a duct, an intercalary region, a secretory portion, and a myoepithelial sheath: lipid (or wax), mixed (or seromucous), serous (granular or poisonous), and mucous (Brizzi et al., 2002; Brunetti et al., 2012; Toledo & Jared, 1995).

Although multiple gland types with variable functions can be found in some species (Noble, 1931; Toledo & Jared, 1995; Brizzi et al., 2001, 2002; 2003), serous and mucous glands are ubiquitous (Noble, 1931; Toledo & Jared, 1995). Serous glands are syncytial with an alveolus filled with granules (Mills & Prum, 1984; Toledo & Jared, 1995). In contrast, mucous glands are usually smaller and more numerous than serous glands and are formed by a cuboidal or columnar epithelium and lumen. Mucous and serous glands are classified as ordinary or specialized according to their morphology, topography, histochemistry, and function (Brizzi et al., 2002). Ordinary glands are anatomically widespread, whereas specialized glands are topographically restricted and play specific roles in defense, communication, and/or reproduction (Brizzi et al., 2003; Brunetti et al., 2012, 2015). Hence, specialized glands are a secondary sexual character commonly found in anurans (Duellman & Trueb, 1986; Noble, 1931).

Sexually dimorphic skin glands (SDSGs) occur in different regions of the male (Brizzi et al., 2001; Duellman & Trueb, 1986; Noble, 1931) and can either appear or become more prominent during reproduction due to gonadotrophic hormones (Brizzi et al., 2003; Fujikura et al., 1988; Rastogi, 1976; Rastogi et al., 1986; Thomas et al., 1993) or persist throughout adult life. Morphological and histochemical studies have shown that SDSGs can be mucous (specialized mucous glands, SMGs; Brizzi et al., 2003; Brunetti et al., 2012; Thomas et al., 1993) or serous (specialized serous glands, SSGs; Brunetti et al., 2012). Both gland types can be hypertrophic and densely packed into clusters that form integumentary protrusions or expansions, usually referred to as swollen regions or macroglands (Thomas et al., 1993; Toledo and Jared, 2005; Brizzi et al., 2001, 2003).

For a century, it has been known that finger IV (sensu Fabrezi & Alberch, 1996) is "swollen" in adult males of many species of Dendrobatoida (Dunn, 1924). The swelling is formed by glandular tissue usually extending along the dorsal and preaxial (medial) integument of the finger (Grant et al., 2006, 2017). The swelling has also been reported to extend proximad from finger IV onto the wrist in some species (Grant et al., 2006) and to occur on both finger IV and finger III in one species (Grant & Rodríguez, 2001). Intraspecific variation observed in large samples of adult males suggests that the swelling is either restricted to or at least more prominent in reproductively active males (e.g., Grant et al., 2006; Myers et al., 1991; Simões, 2016).

The swelling appears to be involved in cephalic amplexus, an uncommon form of amplexus shared by most dendrobatoids and possibly a synapomorphy of the clade (Carvajal-Castro et al., 2020; but see Grant et al., 2006). In cephalic amplexus, the male mounts and loosely embraces the female, bringing the dorsal surfaces of his hand, including the swollen area(s), into contact with the female's loreal region, lips, snout, and lateral portion of the throat (Figure 1), presumably delivering courtship pheromones secreted by the glandular tissue (Grant et al., 2017).

The occurrence and external morphology of the swelling on finger IV have played an important role in dendrobatoid systematics for decades (see review by Grant et al., 2006). The swollen finger IV character is unique to Dendrobatidea, and Grant et al. (2017) reported it to occur in at least some species of 10 genera, including Ameerega, Colostethus, Epipedobates, Leucostethus, Silverstonea (Colostethinae), Hyloalus (Hyloalinae), and the "Colostethus" ruthveni group (to be described as a new genus; Dendrobatinae) in Dendrobatidae and Anomaloglossus (Anomaloglossinae), Allobates (Allobatinae), and Aromobates (Aromobatinae) in Aromobatidae. Grant et al. (2017) also reported a complex evolutionary history of independent gains and losses, indicating that the swelling is not homologous in all lineages while also suggesting that this scenario might be clarified by improved hypotheses of homology. Grant et al. (2017: S66) concluded their analysis of the evolution of the swollen finger IV by speculating that "histology of the fingers of species that appear to lack swelling on the basis of external morphology might reveal the presence of the same nuptial glands that are conspicuously enlarged in other species [and] that at least some of the independent origins of this swelling will be found to involve histologically distinct structures."

In the present study, we undertook a detailed comparative analysis of the integument of the hand, including both external morphology and histology, of a diverse sample of dendrobatoid frogs in order to (1) identify and characterize the glands that comprise the swelling, (2) assess the anatomical and taxonomic distribution of the glands, (3) evaluate individual and sexual variation, and (4) analyze the evolutionary history of the characters related to the swollen finger IV.

2 | MATERIALS AND METHODS

2.1 | Terminology

We followed Fabrezi and Alberch (1996) in considering finger I of other tetrapods to be absent in anurans and number the remaining four fingers accordingly (i.e., fingers II–V). We adopted the
terminology of Toledo and Jared (1995) for serous and mucous glands and Brizzi et al. (2003) to distinguish between common and specialized glands. We also employed the terminology of Brunetti et al. (2012) for SDSGs. As noted below (see Character evolution), we employed the phylogenetic hypothesis and taxonomy of Grant et al. (2017) to analyze character evolution. Nevertheless, Marin et al. (2018) restricted Colostethus to the C. latinasus group of Grant et al. (2017) and transferred all C. fraterdanieli group species to Leucostethus, and we followed their taxonomic proposal.

2.2 Specimens examined

No new specimens were collected for this study. Although details of the preservation history of each specimen are not known, to our knowledge all were fixed in 10% formalin and stored in 65–70% ethanol, following standard practices (McDiarmid, 1994). Institutional collection abbreviations for voucher specimens are CPZ-UV (Colección de Prácticas Zoológicas, Universidad del Valle, Cali, Colombia), KU (University of Kansas Biodiversity Institute, Lawrence, USA), MZUSP (Museu de Zoologia da Universidade de São Paulo, São Paulo, Brazil), and UMAG (Centro de Colecciones Biológicas, Universidad del Magdalena, Santa Marta, Colombia). Specimens not yet deposited in a permanent institutional collection are identified by their field numbers (MAR, Marco A. Rada). Localities and voucher numbers of all specimens examined are listed in Appendix S1, with information on sex and maturity included in Tables S1 and S2.

In addition to scoring the occurrence of swelling on finger IV, Grant et al. (2006) delimited four character states to account for its external morphological variation, including (1) pre- and postaxial swelling, (2) weak preaxial swelling, (3) strong preaxial swelling, and (4) swelling extending from the wrist, mainly on the preaxial side of the digit. We selected species representing these morphologies, as well as related species reported to lack swelling, from across the phylogeny of Dendrobatoida (Grant et al., 2017). We also included both males and females of 25 species to confirm sexual dimorphism and, when available, multiple individuals (multiple males of 10 species, multiple females of 2 species) to evaluate individual variation and juveniles (4 species) to confirm absence of specialized glands prior to maturity. In total, we studied 77 specimens representing 36 species of 12 of the 21 recognized dendrobatoid genera (Allobates, Ameerega, Andinobates, Anomaloglossus, Aromobates, Colostethus, Epipedobates, Hyloxalus, Leucostethus, Mannophryne, Phyllobates, and Silverstoneia; Grant et al., 2017; Marin et al., 2018), as well as the “Colostethus” ruthveni group (Appendix S1). Among the nine genera not sampled (Adelphobates, Dendrobates, Ectopoglossus, Excidobates, Minyobates, Oophaga, Parawurobates, Ranitomeya, or Rheobates), no species is known to possess swelling. We also studied four specimens of the non-dendrobatoid species Crossodactylus grandis, Hyloides nasus, and Hyloides phylloides (Hylodidae) and obtained information from the literature on Melanophryniscus cambraeensis and M. macrogranulosus (Bufonidae; Jeckel et al., 2019).

2.3 External morphology

Although the swelling is confined to finger IV in most species, it has also been reported to extend onto the wrist and occur on finger III (Grant et al., 2006; Grant & Rodríguez, 2001). Consequently, we examined whole hands and individual fingers in dorsal, palmar, and preaxial (medial) views using a Zeiss Discovery V12 Stereomicroscope equipped with an AxioCam ICc 5 digital camera.

2.4 Histology

For histological analysis, we dissected one hand (usually the right one) of each specimen from the arm just proximal to the wrist. Given that the fingers were splayed in all specimens, we aligned them for sectioning by appressing and binding them using a strand of hair. Also, to distinguish between specialized glands restricted to the hand and ordinary glands distributed elsewhere on the body, we compared cutaneous glands from the hand to those in the integument of the dorsum and venter by compiling information from published accounts and obtaining new histological data on the dorsal skin of one male and one female of Anomaloglossus stepheni.

We transferred hands from the 70% ethanol storage solution to neutral ethylendiaminetetraacetic acid (EDTA; approximately 14% concentration) for decalcification. We then submitted the de-calcified hands and dorsal skin samples to an increasing alcohol series for dehydration (Wolfe, 2019), embedded them in methacrylate glycol resin (Historesin Leica®), and cross-sectioned them at 4.5 μm. We used toluidine blue–basic fuchsine (Junqueira, 1995) and hematoxylin–eosin (Behmer et al., 1976) to observe morphology, periodic acid–Schiff (Bancroft & Stevens, 1982) to identify neutral mucopolysaccharides, alcian blue (Pearse, 1985) to identify acid mucopolysaccharides, and naphthol yellow (Humason, 1962) and bromophenol blue (Pearse, 1985) to identify proteins. We also used Sudan black B to identify lipids (Bancroft & Stevens, 1982). We examined and photographed stained sections using a Nikon Eclipse 80i Light Microscope equipped with a Nikon DS-R1 camera.

2.5 Characterization

We delimited transformation series following the character concept of Grant and Kluge (2004) and using the characters of Grant et al. (2006, 2017) as a starting point. Given the causal relationship between external morphology and the underlying histology, in the absence of evidence of transformational independence we treated variation in each as different properties of the same transformation series. Also, because secondary sexual characters are expected to vary intraspecifically with sexual activity, we coded these characters as “any instance” (cf. Campbell & Frost, 1993), treating the greatest expression of each transformation series as evidence that all equivalent conspecific semaphoronts express that state.
We tested the hypothesized homology and evolutionary history of character-states by constructing a character matrix in Mesquite v. 3.61 (Maddison & Maddison, 2019) and optimizing the characters on the topology of Grant et al. (2017) under Fitch optimization (Fitch, 1971) using Mesquite and YBYRÁ (Machado, 2015) and TNT v.1.5 (Goloboff & Catalano, 2016) to identify and plot synapomorphies. Ideally, analysis of character evolution should be based on the most comprehensive phylogenetic hypothesis available; however, because histological data are available only for the species examined in this study, character optimization would provide little insight into their evolution due to the extensive missing data. As such, we optimized the transformation series on the phylogeny of Grant et al. (2017) pruned to include only the species for which histological data are available.

Similarly, although we scored characters for 41 species (36 ingroup, 5 outgroup), we excluded Allobates sp. Caxiuanã (an apparently undescribed species from Caxiuanã Bay, Pará, Brazil), Anomaloglossus tepecuem, Colostethus mertensi, and Leucostethus sp. cf. fraterdanieli ElTambo (an apparently undescribed species from El Tambo, Cauca, Colombia) from the analysis of character evolution because they have not been included in any phylogenetic analysis to date and their placement among analyzed congenerics is unknown, and we excluded Silverstoneia nubicola from both the character matrix and analysis of character evolution because the only specimen we examined histologically is female. Andinobates dalewsansoni, Aromobates haydeean, and Aromobates mayorgai have not been included in any published phylogenetic analysis to date, but we included them in the pruned topology because they are the only species of these genera that we examined, making their placement in the topology trivial. Santos et al. (2014) identified specimens of the Peruvian populations of Hyloclalus nexitpus that we included from Peru as H. aff. nexitpus, suggesting that they are not conspecific with the nominal population from Ecuador; nevertheless, Grant et al. (2017) found these specimens and H. nexitpus sensu strincto to form a polytomy, so we follow Coloma (1995) in referring to them under that name until their taxonomy is clarified. Although our explicit outgroup sampling was highly limited, this has no bearing on our results because no outgroup species is known to possess either the same swelling or SMGs (but see Discussion for comments on SMG homology).

We scored logically dependent characters in hierarchical character systems as inapplicable for taxa lacking the primary character (e.g., the anatomical distribution of a gland, which depends on the occurrence of that gland in the species). To avoid artifacts caused by inapplicable states in the inference of ancestral states, we visualized optimizations by treating inapplicability as a character state (i.e., absence coding; Strong & Lipscomb, 1999). This approach is inappropriate for phylogenetic analysis, as it treats transformations between “inapplicable” and other states as evolutionary events, leading to incorrect tree lengths that can affect the choice of optimal topologies (Strong & Lipscomb, 1999), but in the context of a pre-specified topology it allows the evolution of dependent characters to be unraveled. We do not illustrate or interpret transformations between “inapplicable” and other states.

3 | RESULTS

3.1 | External morphology

Our observations corroborated previous morphological descriptions and character state delimitations (Grant et al., 2006) and also revealed the condition of swelling restricted to the base of finger IV, not extending past the proximal subarticular tubercle, in male Hyloclalus anthracinus and H. nexitpus (Figure 2, Figures S1–S5). Our observations also corroborated previous reports (see Grant et al., 2006: 68) of variation in the degree of swelling among conspecific adult males, but swelling was detected in all specimens of species in which swelling is present, even in those with the weakest swelling. When present, swelling occurs along the dorsal surface of finger IV (and other fingers in some species; see below), resulting in a dorsally expanded digit, and is usually most easily observed on the preaxial and, less often, postaxial surfaces. We did not observe swelling on the palmar (ventral) surfaces of the fingers or hand.

Our observations also corroborated the extent of swelling onto the dorsal surface of the hand in Anomaloglossus stepheni (Figure S14). Similarly, the same type of swelling found on finger IV also occurs on finger III in Allobates sp. Caxiuanã and Colostethus mertensi and all fingers in H. jacobuspetersi (Figures S4, S18, S26). We did not observe swelling of finger III in our sample of Allobates trilineatus, although Grant and Rodríguez (2001) observed this in some individuals of three populations. All fingers appear to be subtly thicker in juveniles than adults of both sexes (Figure S7), but this is due to the overall shape and size of digits and not the occurrence of integumentary swelling.

Among taxa reported to lack swelling, we confirmed its absence in Andinobates dalewsansoni, Hyloclalus pulchellus, Mannophryne olmoae, and Phyllobates vittatus (Figures S11, S28, S32, S33). However, we observed swelling in Allobates talamancae (Figure S5), A. tapajos (Figure S6), Hyloclalus anthracinus (Figure S25), H. nexitpus, Figure S27), and Leucostethus siapida (Figure S31), all of which had been reported to lack swelling (Coloma, 1995; Dunn, 1924; Edwards, 1971; Frost, 1986; Grant et al., 2006, 2017; Lima et al., 2015; Savage, 1968).

3.2 | Dorsum and venter integument histology

We observed no relevant differences in the dorsal integument of male and female Anomaloglossus stepheni (Figure 3) or between the dorsal integument of A. stepheni and the ventral integument of Ectopoglossus saxatilis and Hyloclalus faciapunctulatus (Grant et al., 2017). The dorsal integument is composed of an epidermis of 2–3 cell layers and a dermis composed of stratum spongiosum and stratum compactum separated by a diffuse Eberth-Katschenko layer. The epidermis is thinner above glands than elsewhere. The stratum spongiosum contains ordinary mucous and serous glands and blood vessels immersed in loose collagen fibers. Melanophores also occur in the stratum spongiosum and can be superficial or deep relative to the glands. The stratum compactum comprises a layer of dense collagen fibers that is approximately the same thickness as the stratum spongiosum. Immediately beneath the stratum
compactum is a layer of variable thickness comprising loose collagen fibers, muscle fibers, melanophores, blood vessels, and abundant adipose cells approximately the same size as the overlying glands.

All observed glands comprise a duct, an intercalary region, and a secretory portion. The short, unbranched duct is composed of a bilayer of flat cells that are keratinized near the exterior opening and invaginate towards the secretory portion. The intercalary region connects the duct to the secretory portion and is a bilayer of cubic cells without granules in their cytoplasm. We observed the same duct and intercalary region morphologies in all gland types, but the secretory portion is variable.

The secretory portion of ordinary serous glands (OSGs) is alveolar, syncytial, and enveloped by a continuous, contractile, myoepithelial sheath (Figures 3, 4a). OSGs are apocrine. Cellular nuclei are mostly round and the gland interior is filled with granules. The content of OSGs varies in terms of granule morphology, but gland histochemistry is uniform, regardless of granule appearance. Histochemistry revealed the presence of neutral mucopolysaccharides, absence of acid mucopolysaccharides, and variable occurrence of proteins (Table 1).

The secretory portion of ordinary mucous glands (OMGs) is alveolar with a broad, empty, lumen composed of a monolayer of cubic cells and enveloped by a discontinuous, contractile, myoepithelial sheath (Figures 3, 4b), and is smaller than that of OSGs (Figure 3). OMGs are merocrine. Cellular nuclei are round and mostly basal. Histochemistry revealed the presence of neutral

| Glands   | PAS | AB  | NY/BB |
|----------|-----|-----|-------|
| OSG      | +   | -   | −/+   |
| OMG      | ++  | −/+ | −/+   |

The strength of histochemical reactions is scored as negative (−), weakly positive (+), positive (++), or variably negative and positive (−/+−) to periodic acid–Schiff (PAS) for neutral mucopolysaccharides, alcian blue (AB) for acid mucopolysaccharides, and naphthol yellow (NY) and bromophenol blue (BB) for proteins.
mucopolysaccharides and variation in the occurrence of proteins and acid mucopolysaccharides (Table 1). The epithelium of the secretory portion of the OMGs varies in thickness among glands of the same species, presumably in relation to gland maturity (Brizzi et al., 2003).

3.3 | Finger and wrist integument histology

The integument of the fingers and wrist comprises an epidermis of 3–5 cell layers and dermis composed of a conspicuous stratum spongiosum and greatly reduced stratum compactum (Figures S36–S73). Melanophores are abundant in the dermis and either clumped in specific regions, usually above the glands but sometimes below them, or distributed in a continuous layer immediately beneath the epidermis (Figure S74). Vascularization is greater near glands and in the pre- and postaxial regions of all fingers.

The OSGs and OMGs of all specimens have the same characteristics as those of the dorsum and venter (see above), with the exception that they are larger in the fingers. OSGs are absent from the palmar (ventral) integument but present in the dorsal, preaxial, and postaxial regions of the fingers of all specimens, their distribution being the same in regions with and without swelling. In contrast, OMGs occur in the integument on all sides of the finger, including the palmar side, but in regions of swelling they are distributed predominantly in the palmar integument and are less abundant than other glands. Adult females (and juveniles) have more OMGs than OSGs, while adult males have a similar quantity of both types of glands (e.g., OMG:SMG ratio in Aromobates haydeeae female = 5:1, male = 1:1).

In addition to OSGs and OMGs, we observed four types of specialized mucous glands (SMGs; Figure 5; Table 2) exclusively in adult males of species that exhibited swelling of finger IV. The SMGs differ from OMGs in the morphology and size of their secretory portion, being conspicuously larger than OMGs and are absent from the palmar integument. The SMGs are usually densely packed, almost to the exclusion of both OMGs and OSGs, to form the swollen macroglands. Like OMGs, the SMGs appear to be merocrine. We characterize the four SMG types below and illustrate intra- and interspecific variation in supporting information (Figures S36–S73).

3.3.1 | Type I SMGs

Type I SMGs are characterized by a secretory portion that is alveolar (both alveolar and tubular in Anomaloglossus stepheni and Colostethus panamansis) with a small, empty lumen formed by a monolayer of cubic or columnar cells filled with granules and enclosed by a discontinuous, contractile, myoepithelial sheath (Figure 5a, Figure S75). Cellular nuclei are round and mostly basal. Histochemistry revealed the presence of neutral mucopolysaccharides and proteins in all type I SMGs and absence of acid mucopolysaccharides in most species (present in only four species; Table 3, Table S2). Cells of the secretory epithelium of a single type I SMG can vary in stain intensity (Figure 6), and a given cell can be positive for more than one stain (Table 3, Table S2), indicating that type I SMGs produce mixed secretions.

Type I SMGs occur in the swollen regions of all species, although they are largest in finger IV even when swelling also occurs in other areas. Type I SMGs also occur in the dorsal region of other fingers (usually present in Allabates imperatus, A. ofersioides, A. talamancae, A. tapajos, Ameerega petersi, Anomaloglossus apiav, An. kaiei, Aromobates haydeeae, Ar. mayorgai, C. panamansis, “Colostethus” ruthveni, Epipedobates machailllla, Hylocolus anthracinus, H. jacobuspetersi, H. nexipus, Leucostethus brachistriatus, and Silverstonea erasmos), despite the lack of externally visible swelling in those fingers. In some species, type I glands are the only type of SMG, whereas in others they co-occur with type II, type III, or type IV SMGs (Table 2). Type I SMGs are distributed adjacent to the epidermis (Figure 7).

3.3.2 | Type II SMGs

Morphologically, type II SMGs differ from type I SMGs primarily in the shape of their secretory portion, which is tubular-alveolar or tear shaped. Like type I SMGs, the secretory portion of type II...
SMGs comprises a small, empty lumen formed by a monolayer of cubic or columnar cells enveloped by a discontinuous, contractile, myoepithelial sheath (Figure 5b), but the granules that fill the secretory cells are more evident than those of type I SMGs. Cellular nuclei are round and basal. Neutral mucopolysaccharides are present in all secretory cells, whereas proteins are variably present and absent and acid mucopolysaccharides are absent (Table 3). When present, both mucopolysaccharides and proteins are distributed throughout the secretory cells (Figure 5b, Figure S55c). The main histochemical difference between type I and II SMGs is the intensity of periodic acid–Schiff staining, with type I being predominantly positive and type II being predominantly strongly positive (Table S2).

Unlike type I SMGs, the taxonomic distribution of type II SMGs is restricted to Dendrobatidae, occurring in most species that exhibit swelling (Table 2). Type II SMGs are restricted to finger IV, where they are distributed throughout the swollen region and do not extend beyond the macroglands. Within a given macrogland, type II SMGs co-occur with type I SMGs, being either interspersed with them or forming a deeper layer of secretory portions beneath the type I SMGs (Figure 7a,b); this variation in the distribution of type II SMGs within a macrogland varies among conspecific individuals.

3.3.3 Type III SMGs

Type III SMGs are morphologically indistinguishable from type II SMGs, although the granules that fill their secretory cells are even more evident than those of type II (Figure 5c). In contrast, type III SMGs differ markedly in their histochemistry, which shows the presence of proteins and absence of both neutral and acid mucopolysaccharides (Table 3).
Among the species we examined, type III SMGs occur exclusively in *Anomaloglossus stepheni*. They are distributed throughout the swelling that extends over finger IV and the wrist. They are also observed in finger III even though there is no indication of swelling on it (Figure S50). Type III SMGs co-occur with type I SMGs, forming an inner layer beneath the type I SMGs (Figure 7).

3.3.4 | Type IV SMGs

The secretory portion of type IV SMGs (Figure 5d) is morphologically indistinguishable from types II and III SMGs. However, type IV differs from type III in possessing both neutral mucopolysaccharides and proteins (Table 3). Although the same histochemical content was
observed in types II and IV (Table 3), proteins are present in only some type II SMGs (Table S2) but all type IV SMGs. Furthermore, proteins and neutral mucopolysaccharides are segregated in the secretory cells of type IV SMGs, with the former concentrated around the periphery of the gland and the latter adjacent to the lumen (Figure 5d), whereas both proteins and neutral mucopolysaccharides are distributed throughout the cells in type II SMGs (Figure 5b, Figure S55c).

Type IV SMGs also differ from type III SMGs in being interspersed with type I SMGs in an outer layer adjacent to the epidermis (like type II SMGs), whereas type III SMGs lie beneath the type I SMGs (Figure 7). Among the species we examined, type IV SMGs occur exclusively in _Anomaloglossus tepequem_ and are restricted to the swollen area of finger IV.

### 3.4 | Character delimitation

We propose 15 characters to account for the variation in external morphology and histology of the swelling on the hand of adult males. The states scored for all 41 examined species are given in Data S1.

**TABLE 3** Summary of histochemistry of ordinary serious glands (OSGs), ordinary mucous glands (OMGs), and type I–IV specialized mucous glands (SMGs) in fingers (for detailed distribution see Table S2)

| Gland   | PAS  | AB   | NY, BB |
|---------|------|------|--------|
| OSG     | −/+  | −    | −/+    |
| OMG     | −/+  | −/+  | −/+    |
| SMG I   | +    | −/+  | −/+    |
| SMG II  | +    | −    | −/+    |
| SMG III | −    | −    | +      |
| SMG IV  | +    | −    | +      |

Histochemical reactions are scored here as negative (−), positive (+), or variably negative and positive (−/+ to periodic acid-Schiff (PAS) for neutral mucopolysaccharides, alcian blue (AB) for acid mucopolysaccharides, and naphthol yellow (NY) and bromophenol blue (BB) for proteins.

### 3.4.1 | External morphology (characters 1–8)

1. Phalangeal swelling on finger IV of adult males: absent = 0; present = 1.

   We employ the term “phalangeal swelling” in reference to the topological position of the integumentary swelling, which corresponds to the phalangeal portion of the digits. Specifically, phalangeal swelling arises in the region of the proximal subarticular tubercle (either adjacent to it or near its distal edge) and extends distad along the finger to the base of the disc (Figure 2a). It does not reach the base (i.e., metacarpal portion) of the finger. Contrary to other fingers, we did not observe type I SMGs in the absence of at least weak phalangeal swelling on finger IV, which prevented us from scoring the occurrence of swelling and type I SMGs in this region as separate characters. Future studies revealing that SMGs can occur in the absence of swelling would validate the decoupling of this variation into two characters.

2. Expansion of phalangeal swelling on finger IV of adult males: dorsal and preaxial = 0; dorsal, preaxial, and postaxial = 1.

   When swelling occurs, it is always present on the dorsal surface of finger IV, resulting in a dorsally expanded digit, and extends medially to the preaxial surface of the digit, where it is most conspicuous and easily observed in palmar view (state 0). In some species, it also expands laterad to the postaxial surface (i.e., state 1).

3. Degree of preaxial phalangeal swelling on finger IV of adult males: weak = 0; strong = 1.

   In palmar view, the preaxial expansion of finger IV (when present) can be weak, often detectable only by comparison with other fingers or with finger IV of females (state 0), or strong, conspicuous. Although we observed intraspecific variation in the degree of swelling, the variation in strongly swollen fingers did not overlap with the variation in weakly swollen fingers. That is, swelling was always conspicuous in adult males of species scored as state 1, although in some individuals it

![Figure 6](image-url)
was as wide or wider as the disc and in others it was narrower. Indeed, it is likely that more than one character state is concealed in state 1, but refining our coding to recognize additional states is hampered by individual variation, presumably related to reproductive condition.

4. Basal swelling on finger IV of adult males: absent = 0; present = 1.

Basal swelling is formed by type I SMGs and confined to the proximal segment of the finger, not extending distad past the proximal subarticular tubercle or proximad onto the dorsal surface of the hand (Figure 2b).

5. Metacarpal swelling in adult males: absent = 0; present = 1.

Metacarpal swelling extends proximad from the area adjacent to finger IV over the dorsal surface of the hand and even onto the wrist in extreme cases (Figure 2c). An alternative to our coding scheme would be to score characters 1, 4, and 5 as alternative homologous states of the same transformation series. However, that hypothesis fails the conjunction test (Patterson, 1982), given the continuous phalangeal, basal, and metacarpal swelling in Anomaloglossus stepheni. Similarly, their treatment as a single additive transformation series is refuted by the presence of basal swelling without either phalangeal or metacarpal swelling and phalangeal swelling without basal or metacarpal swelling.

6. Phalangeal swelling on finger II of adult males: present = 0; absent = 1.

Although type I SMGs occur on finger II of multiple species (see below), we observed phalangeal swelling of finger II exclusively in Hyloxalus jacobuspetersi.

7. Phalangeal swelling on finger III of adult males: present = 0; absent = 1.

We did not observe swelling on finger III in our sample of Allobates trilineatus; however, we scored it as present on the basis of Grant and Rodríguez (2001). The glandular basis of the swelling is unknown.

8. Phalangeal swelling on finger V of adult males: present = 0; absent = 1.

See Character 11 (below) for comments on the transformational independence of phalangeal swelling and SMGs.
3.4.2 Specialized mucous glands (characters 9–15)

On the basis of our histological data, we identified four types of specialized mucous glands (SMGs) in the hands of adult males (Figure 5). Given their morphological and histochemical differences, we scored each type of SMG as a separate character. Should future evidence demonstrate an ontogenetic relationship between SMG types (see Discussion), then the coding scheme would require revision.

9. Type I SMGs: absent = 0; present = 1.

According to the available data, if a species possesses SMGs, they are always present on finger IV. As such, we do not score type I SMGs located on finger IV as a separate character. In contrast, the presence of SMGs on other fingers is variable, so we score those occurrences as separate characters.

10. Type I SMGs, finger II: absent = 0; present = 1.

Although type I SMGs cause the phalangeal swelling on finger II (character 6, above), these two characters are not taxonomically co-extensive, which establishes their transformational independence. Only Hyloxalus jacobuspetersi was scored as presenting both phalangeal swelling and type I SMGs on finger II, while multiple species of Allobates, Ameerega, Anomaloglossus, Aromobates, Colostethus, Epipedobates, Hyloxalus, Leucostethus, and Silverstoneia and possess type I SMGs without swelling.

11. Type I SMGs, finger III: absent = 0; present = 1.

The occurrence of type I SMGs and phalangeal swelling on finger III vary independently. Although both occur in Allobates sp. Caxiuanae and Hyloxalus jacobuspetersi, all other species that presented type I SMGs on finger III lacked swelling. We scored A. trilineatus as unknown for the occurrence of type I SMGs on finger III because Grant and Rodríguez (2001) did not report histological data and the specimens examined in the present study lack swelling or SMGs on finger III.

12. Type I SMGs, finger V: absent = 0; present = 1.

Type I SMGs on finger V and phalangeal swelling on finger V (Character 8, above) are transformationally independent, with only Hyloxalus jacobuspetersi scored as presenting both conditions and all other species with type I SMGs on finger V lacking swelling.

13. Type II SMGs: absent = 0; present = 1.

Type II SMGs (Figure 5b) are restricted to the swollen region of finger IV.

14. Type III SMGs: absent = 0; present = 1.

We detected type III SMGs (Figure 5c) in swollen areas (i.e., along length of finger IV and on wrist) as well as finger III, despite the lack of external evidence of swelling in the latter.

15. Type IV SMGs: absent = 0; present = 1.

Type IV SMGs (Figure 5d) are restricted to the swollen region of finger IV.

3.5 Character evolution

On the basis of our taxon sample (Data S2), type I SMGs arose in the most recent common ancestor (MRCA) of Dendrobatoidae and were independently lost in Allobates femoralis, Mannophryne olmonae, Hyloxalus pulchellus, and either the MRCA of Dendrobatidae or independently in Phyllobates vittatus and Andinobates daleswansoni (Figure 8, ch. 9, ambiguous optimizations not shown). Type II SMGs are absent in all aromobatids and originated either in the MRCA of Dendrobatidae (with a subsequent loss in Dendrobatinae; Figure 8, ch. 13) or as independently derived synapomorphies of Colostethinae and Hyloxalus (Figure 8, ch. 13”). Type III SMGs arose deep within Aromobatidae as an autapomorphy of Anomaloglossus stepheni. Type IV SMGs were not included in our analysis because they are restricted to A. tepequem, which has not been included in any phylogenetic analyses to date. Nevertheless, the presence of the median lingual process and cis-Andean distribution make its placement in Anomaloglossus non-controversial (Fouquet et al., 2015; Grant et al., 1997, 2017).

Phalangeal swelling on finger IV either originated in the MRCA of Dendrobatidae and was lost in the MRCA of Hyloxalinae +Dendrobatinae (Figure 8, ch. 1’ ) or independently in Aromobatidae and Colostethinae (Figure 8, ch. 1””). Phalangeal swelling of finger IV was unambiguously lost in both Allobates femoralis and Mannophryne olmonae and independently regained in Hyloxalus jacobuspetersi and “Colostethus” ruthveni.

Type I SMGs are common and phylogenetically widespread on finger II (ch. 10: present in the MRCA of Dendrobatoidae, unambiguously lost in Allobates trilineatus, Aromobates mayorgai, and Anomaloglossus apiau, and absent in Ameerega, Colostethus, Leucostethus, and some species of Epipedobates and Silverstoneia), finger III (ch. 11: present in the MRCA of Dendrobatoidae, unambiguously lost in the most recent common ancestor of Colostethinae and regained in Silverstoneia erasmos and Colostethus panamanis), and, to a lesser degree, finger V (ch. 12: absent in the MRCA of Dendrobatoidea, independently evolved within Aromobates, Silverstoneia, Leucostethus, Colostethus, Ameerega, and Hyloxalus). In contrast, swelling on those fingers is extremely rare, with swelling on fingers II (ch. 6) and V (ch. 8) restricted exclusively to Hyloxalus jacobuspetersi and swelling on finger III (ch. 7) found only in Allobates trilineatus (fide Grant & Rodríguez, 2001) and H. jacobuspetersi.
4 | DISCUSSION

4.1 | Morphology, histochemistry, and homology

OSGs and OMGs are widespread in the integument of *Anomaloglossus stepheni* and other species of Dendrobatidea. Our histological observations of the dorsal integument of *A. stepheni* generally agree with published accounts of the OSGs of *Colostethus panamansis* (as *C. inguinalis*; see Grant, 2004), *Dendrobates auratus*, *Epipedobates anthonyi* (including specimens reported as *E. tricolor*; for taxonomy see Graham et al., 2004; Tarvin et al., 2017), *Mannophrynine trinitatis*, *Oophaga histrionica*, and *Phyllobates terribilis* (Newirth et al., 1979) and the OSGs and OMGs of *Phyllobates bicolor* (Delfino et al., 2010; Moreno-Gómez et al., 2014), *Ameerega picta* (Prates et al., 2011), and *Ectopoglossus satxilis* and *Hyloalus faciapunctatus* (Grant et al., 2017).

Although the defensive chemicals secreted by many dendrobatoid frogs have been studied for decades (Saporito et al., 2012), histochemical assays are lacking for most of them. Consequently, with the exception of Prates et al. (2011), who reported that *Ameerega picta* OSGs lack proteinaceous material and contain neutral and acid mucopolysaccharides, Moreno-Gómez et al. (2014), who reported acid mucopolysaccharides in the OMGs of *Phyllobates bicolor*, and the current study, histochemical information is lacking for dendrobatoid skin glands.

Sexually dimorphic skin glands are widespread in Anura and occur in multiple body regions (Brizi et al., 2003), with the preaxial surface of finger II and adjacent surfaces of adult males of most species being adorned with nuptial pads composed of a highly variable epidermal component (smooth or possessing epidermal projections—papillary or not—of different sizes and shapes) and a dermis with SDSGs (Luna et al., 2018). In contrast, nuptial pads appear to be absent in dendrobatoids, which instead possess the following three different sexually dimorphic integumentary structures: (1) the black arm gland, a patch of black, apparently glandular tissue on the ventral and medial surfaces of the distal extremities of the upper arm and often extending onto the inner surface of the lower arm known from a few species of the dendrobatid genus *Hyloalus* (Grant & Ardila-Robayo, 2002; Grant & Castro, 1998; Grant et al., 2006), (2) the supracarpal pad, a conspicuous, glandular (incorrectly described as “nonglandular” by Grant et al., 2006: 68), heavily melanized thickening of the skin above the wrist of males (weak or vestigial in females) known exclusively from *Allobates undulatus* (Myers & Donnelly, 2001) and, in an astonishing instance of independent evolution, two species of *Anomaloglossus* (Fouquet et al., 2020), and (3) swelling on the fingers (primarily finger IV but also variably present on other fingers) and sometimes the wrist (Dunn, 1924; Grant et al., 2006, 2017). La Marca (1995: 50; see also La Marca, 1994) also reported “non-cornified swollen structures that resemble nuptial pads” on the dorsal surfaces of fingers II and III in *Mannophryne obliterata* that are presumably related to the swelling known in other species, but this hypothesis remains to be confirmed. Although co-occurrence of these sexually dimorphic integumentary structures is rare, the black arm gland and swollen finger IV co-occur in at least *Hyloalus anthracinus* and *H. nexius*, and all three species that possess the supracarpal pad also have swelling on finger IV (and possibly the other fingers as well in *Allobates undulatus*). The histology of the black arm gland and supracarpal pad remains unknown, but our results show that the swelling of finger IV is caused by four densely packed, hypertrophic, morpho-histochemical types of SMGs without additional modification of the dermis (except the decreased abundance of OMGs) or epidermises.

Like the sexually dimorphic integumentary structures of dendrobatoids (as well as the upper lip swelling of the hylid *Electrophilo* and lateral glands of centrolenids; Luna et al., 2018, 2019), the dermal component of nuptial pads is primarily populated by SMGs, sometimes with a few OMGs and rarely with OSGs, while only Xenopus nuptial pads are known to contain SSGs (Luna et al., 2018). In contrast, other sexually dimorphic glandular structures described for anurans either contain both SMGs and SSGs (e.g., lateral glands of the hylid tribe Cophomantini; Brunetti et al., 2012, 2015) or only SSGs (e.g., femoral glands of mantellids, inguinal glands of *Cycloraphus*; ventrolateral glands of *Psycholyta*; inguinal glands of at least one species of *Scinax*; Vences et al., 2007; Gonçalves & Brito-Gitirana, 2008; Brito et al., 2019; Luna et al., 2019).

Given the shared predominance of SMGs in both nuptial pads and the sexually dimorphic integumentary structures of dendrobatoids, the relationship between nuptial pad SMGs and the widespread type I and II SMGs requires additional investigation to determine if they are evolutionary novelties (as assumed here) or homologues of nuptial pad SMGs that underwent a heterotopic shift. The extensive diversity in nuptial pad SMG morphology and histochemistry and lack of clarity regarding the dermal component of the nuptial pads of *Hylodidae* (Luna et al., 2018), compounded by the highly variable placement of Dendrobatidea among lineages of Notogaeanura (e.g., Feng et al., 2017; Frost et al., 2006; Grant et al., 2006, 2017; Hime et al., 2021; Jetz & Pyron, 2018), prevent us from investigating the homology of these SMGs further in the present study.

Type I SMGs are morphologically different from the other three types, but types II–IV differ only in histochemistry and position
relative to type I. Given their morphological similarity, investigation of the ultrastructure and ontogeny of these SMGs is merited to determine if they are independent types or developmental stages of type II SMGs. Nevertheless, the fact that we did not observe histochcmical variation within individuals or co-occurrence of type II SMGs with either type III or IV SMGs and the cladistic distance between taxa with type II SMGs (restricted to Dendrobatidae) and type III and IV SMGs (restricted to the amplexus, as it does in anurans and salamanders that possess mental pads (Bossuyt et al., 2019; Thomas et al., 1993; Willaert et al., 2013). Secretion of adhesive compounds has also been hypothesized for SMGs (Luna et al., 2018), but the comparatively loose contact between the male’s hand and the lateral portion of the female’s head in cephalic amplexus, which follows often prolonged and elaborate courtship (see citations below), is inconsistent with that function in dendrobatoids.

4.3 | Functional implications

A century after the swelling on finger IV was first reported by Dunn (1924), it is now known to be formed by one or two of at least four types of SMGs. In addition to their occurrence in the swollen area of finger IV, SMGs variably occur on all fingers and extend onto the wrist—all surfaces that contact the female during cephalic amplexus (Grant et al., 2017). Although the secretions from dendrobatoid SMGs have yet to be characterized, all four types of SMGs stained positively for proteins, and the molecules synthesized and stored in these SDSGs presumably include proteinaceous courtship pheromones that are transferred to the female during amplexus to affect female physiology and/or behavior, as hypothesized for nuptial pads (Bossuyt et al., 2019; Thomas et al., 1993; Willaert et al., 2013). Secretion of adhesive compounds has also been hypothesized for SMGs (Luna et al., 2018), but the comparatively loose contact between the male’s hand and the lateral portion of the female’s head in cephalic amplexus, which follows often prolonged and elaborate courtship (see citations below), is inconsistent with that function in dendrobatoids.

Pheromones are generally detected by chemoreceptors in the nasal cavity (Wyatt, 2017), and the proximity of the male’s hands to the female’s snout during cephalic amplexus suggests the possibility of delivery through the nares to the nasal cavity (olfactory delivery); however, transdermal delivery cannot be dismissed, since contact does not target the female’s snout specifically during cephalic amplexus, as it does in anurans and salamanders that possess mental or lateral glands (Arnold et al., 2017; Brunetti et al., 2014; Woodley & Staub, 2021), but also involves the loreal region, lips, and lateral portion of the throat. Furthermore, although phalangeal swelling is likely to contact the snout, the glands that comprise basal and metacarpal swelling (as well as the carpal pad and black arm gland) would not contact or come into close proximity to the snout during amplexus. Amphibian skin is thin, highly permeable, and densely vascularized, so even though cutaneous wounds presumably facilitate diffusion into the female’s circulatory system (Organ, 1961; vaccination delivery, Arnold, 1977), they do not appear to be necessary to achieve transdermal delivery. As summarized by Luna et al. (2018), although nuptial pads usually possess asperous or spinous epidermal projections that can cause abrasions or scratches, the nuptial pads of more than 20% of the species they examined using histology or SEM are smooth, without epidermal projections. Nevertheless, both olfactory and transdermal delivery are plausible, and additional research is required to identify the delivery mechanism in these frogs.

The widespread occurrence of these SMGs among dendrobatoids adds a new dimension to studies of the reproductive biology of these frogs, which, for decades, have investigated acoustic,
visual, and tactile cues in courtship, mating, and parental care across the diversity of Aromobatidae (e.g., Allobates: Castilloy-Trenn & Coloma, 2008; Costa & Dias, 2019; Juncá, 1998; Lima et al., 2002; Montanarin et al., 2011; Rocha et al., 2018; Roithmair, 1994; Souza et al., 2017; Stückler et al., 2019; Zimmermann, 1989; Anomaloglossus: Bourne et al., 2001; Pettit et al., 2012; Juncá, 1998; Mannophrynine: Dole & Durant, 1974; Greener et al., 2020; Wells, 1980a; Rheobates: Lüdecke, 1999) and Dendrobatidae (e.g., Ameerega: Costa et al., 2006; Forti et al., 2013; Roithmair, 1994; Colostethus: Wells, 1980b; Dendrobates: Rojas & Pasukonis, 2019; Summers, 1992, 2014; Wells, 1978; Epipedobates: Zimmermann, 1989; Hylodal: Lötters et al., 2000; Guiquango-Ubíllus & Coloma, 2008; Oophaga: Crump, 1972; Dreher & Pröhl, 2014; Limerick, 1980; Jungfer, 1985; Jungfer et al., 1996; Silverstone, 1973, Summers, 1992; Yang et al., 2019a, 2019b; Parawrubotes: Myers & Burrowes, 1987; Phyllobates: Zimmermann, 1989; Zimmermann & Zimmermann, 1985; Ranitomeya: Caldwell, 1997; Caldwell & Oliveira, 1999) but have almost entirely overlooked the possible role of chemical cues (but see Forester & Wisnieski, 1991; Korbeck & McRoberts, 2005; Schulte, 2016; Schulte & Lötters, 2014; Schulte and Rössler, 2013; Schulte et al., 2011).

Characterization of the composition and effects of SMG secretions and a more detailed understanding of their evolution could shed light on the variation in courtship and breeding observed both in species that employ reproductive amplexus and those that have lost it. For example, Anomaloglossus stepheni performs two amplexi, each lasting approximately 50 min, with an interval of approximately 5 h (Juncá, 1998). The first amplexus initiates ovulation, oocytes are transported along the oviduct and enveloped in a dense gelatinous capsule during the interval, and the second amplexus is necessary for oviposition (Juncá & Rodrigues, 2006). The occurrence in males of both type I and type III SMGs raises the possibility that the secretion from one type might cause ovulation and the other oviposition. In contrast, both SMGs and reproductive amplexus are absent in Phyllobates vitatus (Lötters et al., 2007; Silverstone, 1976), in which females are significantly more active in tactile stimulation than males (Summers, 2000). Histological and behavioral studies of Allobates femoralis from multiple localities could elucidate the process by which amplexus is gained and/or lost, since amplexus is absent in A. femoralis from Panguana, Peru (Roithmair, 1994) but present in A. femoralis from Reserva Ducke, Brazil (Montanarin et al., 2011)—even though both localities pertain to the same genetic population (Simões et al., 2010)—and unknown in the A. femoralis population studied here. Similarly, Allobates talamancae lacks amplexus, but the male mounts the female and leans his forelimbs on her upper forelimbs prior to oviposition (Zimmermann, 1989), and we observed both swelling and type I SMGs in this species. Understanding the role of chemical communication in these frogs will provide novel insights into the complexity of the communication system of this clade and the contributions and importance of different classes of cues in multimodal signaling generally (e.g., Hebets et al., 2016; Mitoyen et al., 2019; Starnberger et al., 2014).

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CONFLICT OF INTEREST
The authors declare that they have no conflict of interests.

AUTHOR CONTRIBUTIONS
T.G. conceived of the study and obtained primary funding and samples. I.R. and T.G. designed the study. I.R. performed primary data collection, which was examined, confirmed, interpreted, and analyzed by all authors. I.R. and T.G. prepared the figures and wrote and revised the manuscript, with additional revisions and contributions by M.C.L. and J.F. All authors read and approved the final submission.

DATA AVAILABILITY STATEMENT
All data generated or analyzed during this study are included in this article.

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