The Promise of Single Cell Omics for Onco-therapy

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Abstract

Despite extensive research effort and considerable progress, the “war on cancer” that president Nixon declared in 1971 has yet to be optimally integrated into cancer therapeutics and as such cancer remains a major medical challenge for oncologists. The dynamic and complex biology of tumor cells undergoing clonal evolution generates cells with diverse degrees of drug resistance and metastatic potential. This highlights the need to be able to access this clonal density in order to develop effective therapeutics. With this prospective, early phase single cell studies are vital for thoroughly interrogating tumor heterogeneity to uncover more about cancer cell biology and to explore new therapeutic targets leading to more successful treatments. Current evidence supports the notion that clonogenic cells within the tumor mass may potentially give rise to a population of cells with unique genomic, transcriptomic and proteomic features distinct from the rest of the tumor mass. This observation can explain drug resistance after an initial period of primary tumor response. Therefore, completely abrogating or at a minimum achieving long-term, durable control over cancer requires researchers and oncologists to employ a personalized medicine approach that includes both tumor and patient-associated variables to modify current therapeutic regimens. In this review we discuss the importance of omics and in particular single cell genomics which are increasingly promising given recently developed technology advancements to facilitate exploration of cellular heterogeneity and tumor complexity.

Keywords: Cancer genomics; Single cell; Tumor heterogeneity; Oncology therapy

The Combinatorial Nature of Cancer

Cancer is a catch all term for a collection of many related, but discrete diseases that share some degree of commonality, but can no longer be considered a single disease [1]. Although tumors may initiate following malignant transformation of even a single normal cell, more probably continuous genetic mutations and gene expression alterations during tumor progression lead to a metastatic phenotype composed of multiple subsets of tumor cells with distinct characteristics. In fact, each of the genetic and epigenetic events that happen to the tumor cells after tumor initiation result in a disease that collectively is termed cancer. Yet each discrete cancer shares certain characteristics with other malignancies. In this context, malignancy of tumor cells increase as a result of the cumulative formation of a series of tumor clones.

Multi-step Cancer Development

The six elements of the model of multi-step cancer development [2] including uncontrolled proliferation, growth suppressor inactivation, cell death resistance, replicative immortality, angiogenesis induction and acquisition of an invasive and metastatic phenotype should be considered when defining a novel therapeutic regimen to eradicate primary and metastatic disease. Furthermore, these elements are important considerations for successful cancer therapy in the context proposed in systems cancer medicine including predictive, preventive, personalized and participatory (P4) medicine [3]. This new paradigm in cancer medicine will transform medicine from a passive discipline (that responds only after the disease has progressed to a state that shows debilitating symptoms) to an active approach that focuses on ways to maintain individual wellness.

Successful Cancer Therapy Requires Personalized Medicine

Considering all these important issues, limited success in cancer therapy (in spite of the tremendous amount of data generated), is understandable given that cancer is not a single ailment, but rather a combination of multiple diseases with complexity and widespread heterogeneity within any single tumor type. This in turn mandates researchers to rethink strategies at both the basic and clinical levels to better understand the different aspects of cancer as a complex multi-disease process and treat it accordingly. Given this perspective, the vision of completely curing cancer seems improbable, although not impossible. In order to overcome the challenges in getting there, a new approach based on personalized medicine should be the center of any novel anticancer strategy. In this context, both tumor and patient-associated variables, in combination with assessment of individualized response parameters, should be taken into account to adjust therapeutic regimens based on the patient’s specific tumor characteristics [4].

Complexity in Tumor Cells

Complexity in tumor cells is a significant impediment toward understanding tumor biology that requires assimilating enormous amounts of genomic and proteomic data for each patient to guide successful clinical therapy. Indeed, it has been predicted [3] that by 2020, billions of data points will exist (in a virtual cloud) for every single cancer patient. Therefore, we will need exceptionally powerful computational tools and necessarily concomitant bioinformatics expertise to de-convolute the complex dimensionality of this
enormous patient-specific dataset into a manageable health diagnosis and disease status indication for each patient. The complexity of genomics profiling is readily evident in genotype-wide single nucleotide polymorphism (SNP) screening in predictive responses. It has been shown that patient SNPs can be used as prognostic markers for chemosensitivity to multimodal treatments [5].

The Cancer Genome Atlas (TCGA) Project

In an extensive attempt to unlock the complexity of tumor cells aberrations, The Cancer Genome Atlas (TCGA) project was launched several years ago as a joint effort of the National Cancer Institute (NCI) and the National Human Genome Research Institute (NHGRI). The focus of the TCGA project is on uncovering the molecular drivers of cancer through genome analysis, including large-scale genome sequencing, DNA copy number variation (CNV), methylation analysis, transcriptional profiling and assessment of splicing aberrations. The main goal of this rather ambitious project is to elucidate the entirety of the molecular and spatio-physical maps of cancer aberrations to improve the availability of cancer data for researchers and oncologists alike in an effort to aid diagnosis, treatment and prevention of cancer. In addition to TCGA project, the Genome Wide Associations Studies (GWAS) and various world-wide genomics studies are also attempting to map genetic aberrations and genetic susceptibility to cancer. This international effort underscores the challenges associated with understanding the impact of genetic network aberrations in tumor cells [6]. Overall, a multimodal omics approach including genomics, transcriptomics, methylosics, proteomics and metabolomics will comprehensively interrogate the patient tumor and allow researchers to learn important aspects of tumor initiation and progression to metastatic and drug resistant phenotypes. Along with technological advancement in omics, new computational tools are being developed to provide a powerful means to translate complex knowledge into daily clinical practice. Prior to the advent of polymerase chain reaction (PCR), oncologists were limited to information generated by a few molecular tests, conventional clinical presentation and histopathological analyses to choose among a small subset of available therapeutic regimens. Glioblastoma multiforme (GBM) was one of the first cancers studied by TCGA and this inquiry resulted in the discovery of genomic dysregulation of RB, p53 and RTK/RAS/PID3 as core biological pathways disrupted in GBM [7-8].

FDA Approval of Next Generation Sequencing Technologies

The early promising results of genome sequencing data convinced authorities at the Food and Drug Administration (FDA) to approve marketing of Illumina's MiSeqDx as the first high-throughput (NextGen) genomic sequencer [9]. Next generation technology was the logical successor to groundbreaking, but limited (in terms of data mining capacity) cloning methods used in the early 90’s to uncover genes such as the CFTR [10], NF-1 [11] and BRCA1 [12,13]. Advanced technologies such as the MiSeqDx [9], MI-ONCSEQ [14-16] and Oncomine [17,18] will allow oncology researchers and physicians to access genome-wide coverage, more accurately, faster and less expensive than prior methods. Furthermore, using an integrative high-throughput sequencing approach for patients with advanced cancer will generate a comprehensive mutational map that facilitates new clinical trials based on the identified biomarkers in patients' tumors. These are a few examples of the early successes and promise that genomic profiling and characterization holds. Similar findings are anticipated for other human cancers by employing current technologies as well as those presently under development to further explore complexity and heterogeneity of tumor cells, particularly at the single cell level.

Single Cell Genomics in Cancer Prevention and Treatment

The National Cancer Institute defines prevention as "the reduction of cancer mortality via reduction in the incidence of cancer". In this respect, both sets of factors including negative (associated with risk) and positive (with preventive effects) such as lifestyle, diet, smoking, alcohol consumption and preventing infections should be thoroughly investigated [19]. A dramatic drop in cancer incidence and death can only be expected by fully understanding the processes of carcinogenesis such as cancer biology and tumor metabolism using advanced technologies including genomics, transcriptomics, metabolomics and proteomics. Such an approach will definitely need to dovetail with chemoprevention, identification of individuals/families with genetic predispositions and comprehensive information on biomarkers for early diagnosis of cancer. Thus far, even PSA screening for prostate cancer (one of the most widely used programs) has not been an entirely successful clinical tool [20,21]. In a genotype screen, the SNP309 T>G polymorphism, which is located in the promoter region of MDM2 gene, was identified and reported to contribute to the risk of colorectal In another study using whole transcriptome sequencing, a novel RUNX1-RUNX1T1 pathway was identified to be upregulated in clear cell renal cell carcinoma and considered an important factor contributing to the etiology of this cancer type [22]. Currently, success in cancer prevention suffers from incomplete information on etiology of all different human cancers and lack of accurate cancer susceptibility screening methods. Therefore, cancer preventive approaches are expected to benefit from advancement in genomic studies. Until then, new chemopreventive agents are in great demand to reduce cancer initiation, stop or delay tumor promotion and progression preferably by targeting tumor self-renewal pathways. The use of anti-inflammatory agents such as aspirin, and later on, the anti-diabetic drug metformin has been associated with a decreased risk of cancer development. Interestingly, metformin has been found to target breast cancer stem cells (CSCs) in mouse models [23]. Furthermore, our group has shown that dietary compounds such as curcumin, found in turmeric [24], and sulforaphane, which is found in broccoli, can inhibit stem cell self-renewal pathways and may prove useful for cancer prevention [25].

Can Single Cell Studies Unravel Tumor Heterogeneity?

Heterogeneity in cancer is mainly related to the genetic perturbations and the fact that random mutation frequency in human cancer cells is several hundred-fold greater than in adjacent normal cells [26]. Furthermore, epigenetic mechanisms such as DNA-methylation, histone-modification and non-coding RNA expression also significantly contribute to the complexity and heterogeneity of tumor cells. Molecular studies on seemingly homogenous population of tumor cells have revealed that single tumor cells can exhibit tremendous heterogeneity in gene expression, protein levels and phenotypic output that exerts crucial functional consequences [27,28]. In comparison to earlier studies of cellular heterogeneity that, due to technological issues, were limited to a few targeted RNAs or proteins, newer studies have benefitted from advancement in microfluidic
methodologies for single cell analysis [29-31]. Researchers have used single cell RNA-Seq and RNA-Fluorescent in situ hybridization (FISH) methods to investigate cellular heterogeneity and observed bimodal variation in gene expression and splicing patterns that have not been previously reported. Surprisingly, this bimodal pattern in key immune genes across cells was also observed even for genes that are very highly expressed in the bulk population [32]. Although challenging, it is vitally important to compare single cell data sets from different studies with respect to the source of the analyzed samples, the biological status of the individual cells and the cellular microenvironment that highly influence the extent of single cell heterogeneity within a biological system. Studying single cell genomics may also help inform new schemes for cell characterization, identify cellular transition states, uncover hidden biological features and map molecular markers that can be used for new classifications of heretofore seemingly homogenous populations. To accomplish this goal, novel strategies are required to address the high level of noise inherent in single cell genomics related to technical difficulties of extremely low amounts of input material as well as biological issues such as transient bursts of RNA transcription [33]. Combining single cell studies and stochastic gene expression analyses can reveal both qualitative and quantitative characteristics of gene regulation that otherwise would remain hidden in population averaging gene expression studies [34]. In order to facilitate single cell studies, microfluidic devices are now being developed to do next generation sequencing (NGS) on appropriate linear mRNA after amplification and bar-coding, in much less time than prior generation of genome experiments.

Novel Microfluidic Technologies to Study Breast CSCs Heterogeneity

Collaborations between translational labs and biotechnology companies including Fluidigm Corporation (San Francisco, CA) and Denovo Sciences (Plymouth, MI) are underway for developing and/or optimizing microfluidic devices to study the heterogeneity of breast CSCs and circulating tumor cells (CTCs) at the single cell level. In a preliminary attempt to explore heterogeneity of CSCs and CTCs, our group has determined the gene expression signature of the CD44+/CD24- ALDH+ sorted CSC populations and bulk cells from breast cancer cell lines and patient derived xenografts at the single cell level (Figures 1 and 2) using Fluidigm’s C1 and BioMark HD platforms. These three sorted fractions show distinct patterns of gene expression from one another, but also clearly show heterogeneity within each sorted population of CSCs. This observed heterogeneity would otherwise be obscured using conventional gene expression methods based on average population studies [35]. We and other researchers in the field believe that single cell analysis will soon become a transformative technology in cancer biology as well as in clinical cancer practice [36-38]. Future studies combining thousands of single cancer cells using these advanced technologies and others for assay preparations along with the novel computational methods will enable researchers to better reconstruct intracellular networks, re-evaluate cell types and states and transform our knowledge about the process of decision-making in individual cells at the genomic level.

Hierarchical Model in Breast Cancer

Breast cancer is ideally for studying tumor heterogeneity, because it is hierarchically organized, similar to the normal mammary epithelium and the disease process is known to be highly heterogeneous. The heterogeneity of breast cancer is manifested by its classification into a number of distinct subtypes, including luminal, HER2 positive, triple negative and claudin-low, featuring significantly different transcriptome and molecular expression signatures [39,40].

Our research and that of others has shown that hierarchically organized breast cancer is driven by a small fraction of tumor cells that display stem cell properties [41-43]. This small population of breast CSCs also termed breast cancer initiating cells was first identified among solid tumors by virtue of their expression of the cell surface molecular marker CD44+/CD24- ALDH+ and their capability to recapitulate heterogeneous populations of tumor cells [44]. Furthermore, it has been shown that both normal and malignant breast CSCs express high levels of the enzyme aldehyde dehydrogenase (ALDH) that serves as a predictor of poor clinical outcome in breast cancers [45]. These two types of breast CSCs are anatomically distinct, one with EMT (epithelial-to-mesenchymal transition) and one with MET (mesenchymal-to-epithelial transition) gene expression profiles. Furthermore, they dynamically show transition between the mesenchymal and epithelial-like states reflective of their normal counterparts in the mammary epithelial hierarchy [46]. Interestingly, this plasticity of breast CSCs from a quiescent mesenchymal state to a proliferative epithelial-like state plays a critical role for these cells to establish sizable metastatic nodules in distant organs. Indeed, there is increasing experimental evidence to suggest that such transition, termed colonization, is essential for development of successful macrometastasis [47].

Figure 1: Representative image of the C1™ Single-Cell Auto Prep Array IFC for PreAmp containing 96 chambers for single cell isolation and pre-amplification of 96 target mRNA (top left), BioMark HD Dynamic Array™ IFCs to run 96x96 qRT-PCR assays (top right) and single cancer cells captured in chamber 69 and 70 (Green, ALDH+ cells) of the C1 Array IFC (bottom).
Importance of CTCs in Tumor Metastasis

Metastasis, a major cause of cancer related death, starts with the dissemination of cancer cells from the primary site to the blood stream and ends with tumor formation in one or more distant organ sites. Cancer cells that enter the blood stream are called CTCs and are reportedly enriched in CSCs [48,49]. The majorities of the cells that enter the bloodstream from primary tumors are dead or dying as a consequence of shear force, apoptosis, necrosis or anoikis, or are directly eliminated by the immune system. Therefore, only a small fraction of CTCs survives to extravasate into distant sites. Those successfully disseminated tumor cells may grow to form a metastasis or may remain dormant for many years awaiting the appropriate microenvironmental cues to re-initiate their unchecked growth and differentiation program [50]. Although, most of the studies in the past focused on identifying CTCs of an epithelial phenotype [51-53], it has been increasingly recognized that CTCs are themselves a heterogeneous population of tumor cells consisting of several subpopulations with different characteristics such as CSCs and/or cells with the EMT phenotype that might be drivers of metastasis. Although epithelial cell adhesion molecule (EpCAM)-based systems are valuable tools for CTC enrichment, they lack comprehensive coverage to also isolate non-epithelial CTCs including EMT, dual epithelial/EMT, irreversible EMT and cancer stem cells. The inadequacy of EpCAM-based CTC capture methods, including CellSearch, underscores the importance of profiling the entire CTC population in order to develop the most robust and informative liquid biopsy [54].
Towards a Liquid Biopsy to Interrogate Metastasis

The prospect of a non-invasive liquid biopsy that could elucidate metastatic mechanisms makes CTCs an active area of cancer research. In addition, researchers have studied blood markers and identified transcripts that were organ-specific by deep comparative transcriptome analysis across forty or more different organs in humans and mice [3]. These data suggest that investigators will be able to assess early disease detection as well as disease progression through this non-invasive blood monitoring approach. This methodology of organ-specific blood fingerprinting will enable oncologists to more readily distinguish disease status, assess disease progression, monitor response to therapy and better determine probabilities for cancer recurrences. In addition to CTCs and blood proteins as tumor biomarkers, circulating DNAs, mRNAs and microRNAs from tumor cells are being studied as surrogate tumor biomarkers and for monitoring cancer recurrence [55-58]. In addition, accumulating evidence suggest that CTCs may display phenotypes distinct from their corresponding primary tumors [59-61]. This discordance may reflect tumor evolution as well as differential expression of markers on CSCs and bulk tumor cell populations. Very recently, our laboratory in collaboration with the BioMEMS for CTC research laboratory at the University of Michigan has jointly characterized isolated CTCs by using a highly-sensitive microfluidic capture device (Figure 3) and found HER2 positive CTCs from the blood of metastatic breast cancer patients had HER2 negative primary tumors [62]. This provides a potential explanation for the surprising finding that HER2 blockade in the adjuvant setting benefits women whose breast tumors do not display HER2 gene amplification. In addition, in a study on prostate cancer patients, researchers examined the functional diversity of viable, single CTCs for clonal comparison and mapping of heterogeneity. They reported that only a rare subset of isolated CTCs were resistant to anoxia within blood circulation, showing metastatic features such as invasiveness and producing proteases in patients with late-stage, metastatic castration-resistant prostate cancer (mCRPC). These data further suggest that enumeration of CTCs alone may be insufficient to fully interrogate the metastatic potential of tumor cells in the circulation of cancer patients [63]. Furthermore, disseminated tumor cells (DTCs) in the bone marrow of breast cancer patients have also been studied in tumor metastasis.

Novel Genomic Methods in Studying CTCs and DTCs

In addition to CTCs, DTCs from breast cancer patients have also been studied as an independent prognostic factor using whole-genome amplification (WGA) followed by NGS and reported a clear difference in the copy number between the DTCs and matched primary tumors, indicating that the DTC underwent further evolution at the copy number level [64,65]. It has also been reported that the PCR-based WGA methods may better preserve single cell DNA copy number changes during the amplification process and may also be employed for single-nucleotide variant detection [31]. Another improvement in technologies related to single cell analysis is development in validation of a novel and robust mRNA-Seq protocol (Smart-Seq) that has improved read coverage across transcripts to be able to significantly enhance detailed analyses of alternate transcript isoforms and better identify SNPs. Researchers have recently used this sensitive and quantitative technique on single melanoma CTCs and identified distinct gene expression patterns, including new candidate biomarkers for melanoma CTCs [31].

Therefore, single cell analyses of CTCs and DTCs are an important tool for exploring tumor heterogeneity as well as complexity of the cancer genome [65-67]. Blood is anticipated to be utilized as the preferred patient sample in the clinic in the near term as a window for monitoring tumor progression and response to therapy. The attraction for researchers to use microfluidic technologies along with the omics tools to further explore CTCs is the non-invasive nature of liquid compared to traditional tissue biopsy protocols. Technical improvements in CTC collection and characterization will lead to advancements in the liquid biopsy approach that will ultimately guide oncologists to select more successful anti-cancer therapies based on both tumor cells characteristics and individual patient response. Furthermore, single cell genomic studies on CTCs (as well as those on primary and metastatic tumor cells) will have a profound impact on cancer preventative approaches for tumor initiation and/or progression to drug resistant and metastatic phenotypes.

Tumor Cell Genome Analysis for Cancer Therapeutics

Genomic analysis is expected to untangle the complex nature of cancer biology and the extensive tumor heterogeneity leading to identification of new targets for more successful cancer therapy [68]. Current anticancer regimens mostly target the rapidly proliferating bulk tumor cells to shrink the tumor mass. Despite effectiveness of these therapeutic strategies in reducing the size of primary tumors, they frequently fail to eradicate advanced tumors and are associated with tumor relapse. The CSC hypothesis suggests that conventional anti-tumor strategies targeting rapidly proliferating cells may fail to target CSCs that divide less frequently in the tumor [69]. A plethora of studies have shown that BCSCs are relatively resistant to both ionizing radiation and chemotherapy [70-73]. Genomic and other molecular
studies on the pathways that regulate CSC self-renewal and survival have revealed numerous new targets for therapeutic development. Indeed, several biotechnology and pharmaceutical companies are currently developing agents to target CSCs. These agents commonly target the Notch, Hedgehog, Wnt, Akt/mTOR and NFkB signal transduction pathways. Some of these targeted agents are already in early phase trial awaiting phase II/III assessments to determine clinical efficacy [69,74]. In the context of developing new agents to target CSCs, genomic analysis will provide crucial insight into prediction of the rate of success and in control or eradication of heterogeneous tumors. Cell. For example, in a genome-wide SNP screening, patients with tumors that were homozygous for the wild type alleles of LIFR rs3729740 treated with Cetuximab and ANXA11 rs1049550 in patients treated with Bevacizumab showed some degree of predictive potentials for chemoresistance to these targeted therapeutic agents [5].

**Omis Studies in Other Cancer Types**

Whole genome mapping of promoters that are activated by DNA hypomethylation has been used in hepatocellular carcinoma (HCC). Gene expression inhibition by siRNA or shRNA reduced human tumor xenograft growth in mice and altered other tumor characteristics in, breast and bladder cell lines. Results indicate that RASAL2 (a tumor and metastasis suppressor) and NENF (a neuron-derived neurotrophic factor) depletion interferes with Akt, Wnt and MAPK signaling pathways as well as regulation of epigenetic drivers of growth and metastasis [75]. In addition, a new NGS-based method to identify somatic mutations has been used to do comprehensive mutation profiling in thirty genes found frequently mutated in lung adenocarcinoma. The variations in TP53, KRAS, STK11 and EGFR were detected in lung cancer cells that were also previously reported as somatic mutations in the COSMIC database, with more than 1000× coverage. These mutation profiles were validated by DNA microarray-based genotyping and indicated high-throughput mutation profiling is a robust and effective tool for somatic variant screening [76]. A targeted sequencing platform using NGS technology has been established for clinical use in colorectal cancer to explore mutation and CNV data. A total of 526 somatic non-synonymous sequence variations were found in 113 genes such as APC, TP53 and KRAS. This study revealed ErbB signaling pathway as the most commonly involved pathway [77]. Sequencing techniques were also used to evaluate mutation profile of telomerase reverse transcriptase (TERT) and telomerase RNA component (TERC) in 143 esophageal cancer patients. This study revealed one deletion in TERC and two non-synonymous variants in TERT and down-regulation of canonical Wnt signaling in cancer cells [78]. In order to better understand cellular pathways and facilitate drug discovery, a project named the Library of Integrated Network-Based Cellular Signatures (LINCs) has been established to look at genomics and proteomics alterations associated with cell perturbations following exposure to different compounds. Furthermore, a novel binary linear programming (BLP) was developed and applied to the MCF7 breast cancer cell line to study signaling response of phosphorylation. This approach was also applied to the PC3 prostatecell line and the cross-validation analysis showed a high level of accuracy in predicting effects of test compounds [79].

**Genome Sequencing and the Development of Novel Therapeutic Targets**

As a result of genomic sequencing studies, two novel small-molecule drugs, crizotinib and PLX4032, have been advanced to late phase clinical trials for their impressive anticancer effects on NSCLCs carrying EML4-ALK translocations [80,81] and metastatic malignant melanomas carrying the V600E mutation of the BRAF gene [82]. Additionally, it has been shown in a mouse model that stimulatory effects of sympathetic activation on bone metastasis of breast cancer cells can be blocked by beta blockers and or inhibition of RANKL signaling [83]. Recent research has revealed an ETS fusion in prostate cancer cell lines and mouse xenograft models and reported that PARP1 inhibition can sensitize tumor cells to radiation therapy by contracting ERG/PARP enhanced DNA repair activities. [84]. This same group studied micropapillary carcinoma (MPC), a historically rare but aggressive type of breast cancer, using the Sequenom OncoCarta mutation analysis and RNAsq methodology to identify expressed fusion genes [85]. In this study, two in-frame fusion genes, SLC2A1–FAF1 and BCAS4–AURKA, with stimulatory effects on cell proliferation were identified in both primary and lymph-node metastasis samples. In addition, they reported that disruption in the CDK12 gene as a result of somatic rearrangement observed in the subset of HER2-amplified breast cancers can sensitize these tumor cells to PARP inhibition. This finding provides molecular rational for therapeutic benefits of PARP inhibitors in treatment of the HER2 positive cancers. Another group of researchers used a proteomics rather than genomics approach to study the impact of ERBB2/HER2 amplification that activates signaling cascades in breast CSCs. They reported that protein content of extracellular vesicles was relevant to cellular malignancy and therefore can be potentially exploited as biomarker for HER2 cancer patients [86].

**First Successful Targeted Therapy in Breast Cancer**

Trastuzumab, an anti-HER2 antibody, was the first successful targeted therapy available for treatment of HER2-positive breast cancers. Current clinical practice dictates anti-HER2 therapy should only benefit to breast cancer patients with HER2 positive primary tumors. Recently our group demonstrated that increased HER2 expression, but not HER2 gene amplification, in the breast CSCs is mediated by the receptor activator of NF-kB (RANK)-ligand in the bone microenvironment. Therefore, patients with HER2 negative luminal breast cancers may benefit from adjuvant Trastuzumab therapy to target breast CSC population [87,88]. Unfortunately, resistance to Trastuzumab in some HER2 positive breast cancers resulted in incurable metastatic disease [89,90]. One of the possible reasons for development of Trastuzumab-resistance has been explored in the PTEN knockdown breast cancer cell lines and in mouse xenograft models. It has been demonstrated that an inflammatory feedback loop mediated by IL6 in the absence of PTEN is responsible for the development of Trastuzumab resistance in breast CSCs.

**Inflammatory Interleukins in Trastuzumab Resistance**

The inflammatory feedback loop can be inhibited by an IL6 receptor antibody [91]. Furthermore, the role of IL8 in regulating the breast CSCs has been reported to be partly due to a novel SRC and EGFR/HER2-dependent pathway [92]. These researchers were able to demonstrate that in HER2-positive breast cancers, IL8 blocking effect on mammosphere formation via CXCR1/2 inhibition increases the efficacy of Lapatinib, a dual inhibitor for EGFR/HER2 tyrosine kinase. These data suggest that combination of HER2 targeted therapies with the CXCR1/2 inhibitors may improve the survival of HER2-positive patients via targeting breast CSCs. In addition, the combination of
Lapatinib with chemotherapy showed a decrease in time to progression of trastuzumab-resistant patients [93,94].

Anti-Notch Targeted Therapy

Other molecular studies on cancer cells found that inhibiting the Notch signaling pathway is potentially promising in targeted CSCs therapy [74,95]. Therefore, researchers have investigated the effects of small molecules with γ-secretase inhibitory activities or monoclonal antibodies against Notch ligands and/or receptors that resulted in a few promising agents that are currently in clinical development. In addition to targeted therapy against CSCs and chemotherapy, anti-hormone therapy is another important choice in hormone-dependent malignancies such as breast and prostate cancers.

Single Cell Genomics in Hormonal Therapy

Recently a group of researchers characterized the single cells and expression signatures of hormone-starved MCF-7 cells that respond to estrogen [96]. In this study, dissecting single cell states from time-course microarray data revealed that within less than two days following stimulation, MCF-7 cells transit through six different cellular states. Furthermore, they employed genome-wide transcriptional profiling of single cell states and also functional characterization that supported a scenario of promoting estrogen effects on cell cycle progression. Employing this method also enabled researchers to identify estrogen target genes involved in each of the six transitional states. Combining these data with the findings of another study [97] on the efficacy of anti-estrogen drugs such as ICI 182,780/ Faslodex, a pure anti-hormone used in hormone therapy of hormone-responsive breast tumors, provides a genetic explanation for dynamic responses of breast cancer cells to anti-hormone therapy. Together these results describe the impact of mutational perturbations of one or more single cell states resulting in cell cycle progression to a hormone-independent manner. Furthermore, these findings explain one of the main reasons for development of anti-hormone resistant phenotype in about 30% of anti-hormone treated breast tumors.

Challenges in Single Cell Genomic Studies

Although genome analyses at the single cell level can resolve ambiguities associated with data generated from average population, such analyses are error prone due to WGA artifacts and are also limited in the types of identifiable DNA mutations [98,99]. Researchers have been able to develop methods for paired-end sequence analysis of single cell WGA products to detect multiple classes of DNA mutation, discriminate the CNVs from allelic WGA artifacts and specify the break points and architecture of structural variants [100]. Furthermore, the NGS approach for DNA analysis provides potential advantages in comparison to the traditional methods, including the ability to fully sequence thousands of genes in a single run. NGS can also simultaneously identify multiple genetic aberrations including insertions and deletions, CNVs, translocations and many more genetic perturbations. However, important challenges, particularly with respect to demands on expertise and infrastructure, need to be addressed in order to translate data generated by NGS to make it “clinically-actionable” [68]. Highly anticipated new technologies, far better than NGS and WGS, will soon emerge with clinically preferred features such as reduced overall cost, faster turnaround time, more genome coverage as well as epigenome interrogation, to be applied on ever-minute amounts of specimens including single CTCs and circulating free DNAs, RNAs and proteins in blood samples of cancer patients.

New Advancements in Single Cell Proteomics

New advancements in multiplexing and high-throughput assays for proteomic studies have been innovated by using mass cytometry to determine the expression and abundance of key target proteins under conditions of interest. The DVS Sciences mass cytometry technology, CyTOF, (recently acquired by Fluidigm Corporation) and similarly developed technologies allow cancer researchers to study several target proteins simultaneously in each single cancer cell. In mass cytometry, rare earth metals are used in conjugate with antibodies that allows determination of protein markers expression in individual cells based on the metal abundances. This highly advanced methodology completes the chain of data generation on tumor heterogeneity from genome to proteome characterizations of single cancer cells [101,102]. Mass cytometry has previously been applied only to cell suspensions but to gain spatial information, researchers have coupled immunohistochemical and immunocytochemical methods with high-resolution laser ablation to C1TOF mass cytometry. Simultaneous imaging of thirty-two proteins and protein modifications has been achieved at subcellular resolution that is expected to be increased to one hundred markers using additional isotopes. Researchers have applied imaging mass cytometry to human breast cancer samples, to explore subpopulations of cancer cells and cell-cell interactions for highlighting tumor heterogeneity. Mass cytometry will enable researchers to study heterogeneity and function of cancer cells and further support the transition of medicine toward individualized molecularly targeted diagnosis and therapies [103].

Newer Single Cell Omics Technologies

Newer omics technologies including metabolomics [104] and methylyomics [105,106] have emerged and been used at both the bulk and single cell level to further explore tumor heterogeneity and complexity with respect to metabolic status (as a measure of dynamic functionality) and DNA methylation patterns (controlling gene expression and phenotypic characteristics). Researchers have used metabolomics approach in metastatic androgen-dependent prostate cancer (AD) and castration-resistant prostate cancer (CRPC) cell lines to measure levels and utilization rate of metabolites using a combination of targeted mass spectrometry and metabolic phenotyping. Oncomine concept map (OCM) analysis revealed that the most altered metabolites in the CRPC in comparison to AD cells were related to biochemical pathways involved in the activation of UDP glucuronosyltransferase (UGT). In addition, data analysis of this study showed an association between the time to treatment failure that can potentially be used as a predictive marker in clinical settings for cancer therapy [107]. The latest set of metabolomics data combines GWA with high-throughput metabolic profiling to explore influences of genetic variation on metabolism in complex diseases. This study revealed important information on more than one hundred metabolic loci and their biochemically connected metabolites in human blood that is now available as database and web-based resources for the research community. These findings will provide new insights into the role of genetic variation in blood metabolic diversity that can be used to better understand the complexity of various disease processes including cancer and ultimately identify potential new targets for drug development [108]. Researchers have also employed whole DNA methylome (WDM) profiling to study the process involved in
transition of lung cancer cells to a metastatic phenotype. Results of this study showed that the expression of several DNA methyltransferases and TET1 genes was altered after the EMT in the lung cancer cells. However, this TGF-β-induced EMT was not associated with the WDM alteration in cancer cells [109].

Clinical Requirements of Omics-based Technologies

Advancement in omics technologies and the generation of voluminous amounts of data on heterogeneity and complexity of cancer cells will necessitate a close cooperation between industry and academia to foster early stage drug discovery, biomarker characterization, unique animal model generation, target/pathway validation and clinical trial translational studies. Importantly, dual or multiple pathway inhibitors will be at a significant advantage since many cancers are heterogeneous and are driven by multiple cellular regulators. In addition, novel identification, isolation and molecular/functional characterization assays are desperately needed for highly sensitive discrimination and quantification of CSCs in the primary and metastatic tumors as well as in the CTCs. One important clinical consideration is that stem cell targeting therapy would be much more beneficial if co-administered with conventional de-bulking anticancer agents to significantly increase the rate of successful oncology therapy. Overall, cancer genomics studies will provide information for clinical applications including new targeted anticancer drug development and screening tests to identify patients for being treated with such newly developed targeted therapies. The principle challenge now for cancer omics studies is to address remaining methodological hurdles with respect to increased genome coverage, assay speed and overall robustness. Furthermore, for clinical application of genomics data in daily practice, cost effectiveness for cancer patients and insurance plans as well as simplifying bioinformatics data for oncologist are important issues that must be adequately addressed.

Conclusion

The clinical efficacy of cancer therapies has been limited by tumor complexity, heterogeneity and resistance mechanisms inherent in tumor clones. Revolutionary single cell technologies will allow researchers to study omics of cancer cells to unlock these unknown, but important features of different tumors. This in turn is expected to improve several aspects of cancer medicine, including early detection, monitoring CTCs, assessing tumor cells heterogeneity and guiding anticancer therapy that are crucial for successful cancer treatment. Therefore, the clinical value of omics studies at the single cell level will be most evident with improved profiling of scarce CTCs and CSCs in clinical samples and detecting clones with drug resistant and metastatic features. In addition to advancement in single cell omics technologies, adopting these methods to clinical daily practice is desperately needed. The accuracy and speed in generating valuable patient-specific omics data in a more streamlined manner for use by researchers and oncologists alike should be considered as important as the cost for cancer diagnosis and treatment.

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Disclosure

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