Computation of transient dynamics of energy power for a dissipative two state system

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Abstract. We consider a two-level system coupled to a thermal bath and we investigate the variation of energy transferred to the reservoir as a function of time. The physical quantity under investigation is the time-dependent quantum average power. We compare quantum master equation approaches with the functional influence method. Differences and similarities between the methods are analysed, showing deviations at low temperature between the functional integral approach and the predictions based on master equations.

Keywords: quantum dissipative systems, energy transport, master equation
1. Introduction

Recently great interest has been devoted to the study of the thermal properties of very small systems [1–3]. When a system's dimensions shrink, the classical concepts of thermodynamics have to be reconsidered carefully. Indeed, dealing with a system at the submicron or nanometer scale, fluctuations and quantum effects become important and, eventually play a crucial role [1, 2, 4]. The field of ‘quantum thermodynamics’ aims exactly at the investigation of energy exchanges from both a fundamental and an applicative point of view. On one hand, the extension of classic concepts to their quantum counterparts is still an open problem. Indeed, heat and work cannot be interpreted as quantum observables and precise protocols have to be considered to deal with these quantities [2, 4–6]. On the other hand, an in-depth understanding of these concepts can serve as a starting point for building new devices such as heat engines or thermal diodes, potentially increasing the efficiency of quantum machines [7–13]. In fact, concepts such as work and heat are well defined in a macroscopic classical system but at quantum the level different approaches must be introduced [2, 3, 6, 14–17] to properly define these quantities.

Basically there are two main issues in this framework. The first is related to the measurement problem and how to extract information about the change of the energy of a quantum system [2, 4, 6, 18–21]. The second is the description of dissipation in an open quantum system at very low temperature, where coherent effects dramatically affect the dynamics [16, 17, 22]. From the experimental side, recent advances have been achieved regarding the study of work in a closed quantum system [18–20] and important progress in the measurement of the dissipated energy through an open quantum system to a reservoir have been reported [3, 24, 25].
Of particular interest is the study of energy exchange between a quantum system and a single thermal bath (reservoir). Here new questions arise such as the knowledge of the statistics of dissipated energy in different conditions, when the quantum system is subject to a time-dependent driving field, in the presence of strong system–bath coupling and also in the low-temperature regime [15–17].

In this article, we study the energy dissipated by a quantum system into the thermal bath. There are different proposals to measure it including a direct double measure [2, 5], a measure of the temperature of the bath along the evolution [3, 24, 25], or a measure with a quantum detector through the system’s degrees of freedom [6, 14]. To properly define and calculate the variation of energy of the reservoir we refer to the so-called two-measurement protocol, which is based on two subsequent strong measurements of the energy of the bath in a given time interval. In this scheme one can characterise all the statistical properties of variation of energy from the reservoir perspective [16, 17].

Once the protocol has been defined, the main problem is to solve the quantum dynamics. Different methods exist to face this problem [22, 26–28]. Different methods are based, for example, on the so-called master equation approach [16, 27, 28] or stochastic quantum jump [3, 15, 23, 24], but they often rely on strong approximations necessary to get simple and computable expressions. An alternative approach is given in [17], where a formalism was developed based on the path-integral approach [26, 29–32], and obtained a general expression was obtained for the functional which formally embodies all the information about the dissipated energy between a reservoir and a generic quantum system.

In this article, we consider the paradigmatic case of a two state system (TSS) coupled to a thermal bath. We focus on the quantum average power in the so-called two-measurement protocol (TMP) and we study its dynamics at different temperatures using different approaches. We postpone to further publications the investigation of the full statistics of energy exchange and focus on the first moments, i.e. the quantum average dissipated heat and power with the functional integral approach [17]. These observables are compared with similar ones obtained with a generalised master equation approach [15, 16, 27, 28]. We will show where the results obtained with the latter approaches, at high temperatures, the reproduce the same behaviour of the functional integral approach and they fail in the low temperature limit.

The paper is organised as follows. In section 2 we describe the model for the dissipative two state system and we introduce useful notations. In section 3 we recall the two-measurement protocol, giving the expression of the characteristic function of the energy exchange between the reservoir and the TSS. We present the different approaches, giving analytical results for the quantum average power. Finally, section 4 is devoted to a discussion of the main results.

2. Model and general settings

We consider a two state system (TSS) described by the Hamiltonian ($\hbar = 1$) [22, 27, 33, 34]
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\[ H_S = -\frac{\Delta}{2} \sigma_z - \frac{\epsilon}{2} \sigma_z, \]  

(1)

where \( \Delta \) represents the tunnelling amplitude between the two states and \( \epsilon \) is an external bias. For the sake of simplicity in the following we will restrict the discussion to the case of constant external bias \( \epsilon(t) = \epsilon \). The eigenbasis of \( \sigma_z \) are \( |l\rangle \) and \( |r\rangle \) with eigenvalues \( \pm 1 \). The TSS is coupled to an external bath described in terms of an infinite set of harmonic oscillators \([22, 26, 27]\). The total Hamiltonian reads

\[ H = H_S + H_B + H_I, \]  

(2)

where

\[ H_B = \sum_{\alpha=1}^{N} \left[ \frac{p^2_\alpha}{2m_\alpha} + \frac{1}{2} m_\alpha \omega^2_\alpha x^2_\alpha \right], \]  

(3)

and \( H_I \) are the bath and system-bath interaction Hamiltonian, respectively. We assume a weak and linear coupling with

\[ H_I = -\frac{q_0}{2} \sigma_z \otimes \sum_{\alpha=1}^{N} c_\alpha x_\alpha, \]  

(4)

where \( q_0 \) is a characteristic position of the TSS, \( x_\alpha \) a generic position of the \( \alpha \)th harmonic oscillator and \( c_\alpha \) describes the strength of the interactions.

3. Calculation of energy exchange

Here we focus on the variation of the energy of the reservoir in a given time interval \( t - t_0 \). We refer to the so-called two-measurement protocol of the bath energy \([1, 2, 16, 23, 24]\). This scheme consists of an initial projective measurement of the bath Hamiltonian at time \( t_0 = 0 \), followed by the free evolution and a second projective measurement at the final time \( t \). By repeating this protocol, one can define the statistical average of the variation of energy of the bath and its whole statistics \([16]\).

The main advantage of measuring the bath energy lies in the absence of perturbation induced by the initial projective measurement on the initial state of the system, without statistically affecting its evolution. In general, a projective measurement on a quantum system would destroy the off-diagonal elements of the density matrix, which describe coherences between the eigenstates of the measured observable. This affects the dynamics of the system, thus also modifying the energy exchange \([2, 16]\). On the contrary, the bath can initially be safely considered to be in a thermal state, described in terms of the equilibrium density matrix \( \rho_B(0) = e^{-\beta H_B}/Z_B \), with \( Z_B \) the partition function, where \( \beta = 1/(k_B T) \) the inverse temperature. Therefore, it is diagonal in the \( H_B \) eigenstates and the initial projective measure has no effect on the dynamics of the averaged quantities \([2, 14]\).

Having clarified the motivations behind the reservoir measures, we can now discuss how to obtain the energy exchange statistics. We assume that initially the total density

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matrix $\rho$ can be expressed in a product form $\rho(0) = \rho_S(0) \otimes \rho_B(0)$, with $\rho_S(0)$ a generic initial density matrix of the system. This condition can be achieved by letting the bath equilibrate in a thermal state before preparing the system in the initial condition $\rho_S(0)$ and immediately after switching on the coupling between the two. We suppose that at time $t_0 = 0$ the first projective measurement on the bath’s degrees of freedom gives the outcome $E_1$ with probability $P(E_1)$. Then the whole system evolves and after a time interval $t$ the second projective measurement gives the outcome $E_2$. This second measurement is weighted by the conditional probability $P(E_2; E_1, t)$. Denoting with $\varepsilon = E_2 - E_1$ the variation of the reservoir energy and with

$$P(\varepsilon, t) = \sum_{E_1, E_2} \delta(E_2 - E_1 - \varepsilon) P(E_1) P(E_2; E_1, t),$$

the probability of getting $\varepsilon$ from the double measurement in the time interval $t$, the characteristic function can be written as [16, 17]

$$G_\nu(t) = \int_{-\infty}^{+\infty} d\varepsilon e^{i\nu \varepsilon} P(\varepsilon, t).$$

After some simple manipulations (see [16] for details), the characteristic function can be written as

$$G_\nu(t) = \text{Tr} \left[ U^\dagger(t) e^{i\nu H_B} U(t) e^{-i\nu H_B} \rho(0) \right].$$

In the above expression $U(t) = \exp(-itH)$ represents the usual time evolution operator from an initial time $t = 0$ to time $t$. The characteristic function describes all the statistical properties of the variation of the reservoir energy and is often called the moment generating function (MGF). Indeed the $n$th derivative of the MGF evaluated at $\nu = 0$ gives the $n$th moment of the statistical distribution

$$\langle \varepsilon^n(t) \rangle = (-i)^n \frac{d^n}{d\nu^n} G_\nu(t) \bigg|_{\nu=0},$$

the symbol $\langle \ldots \rangle$ denotes the quantum statistical average. Hereafter, we focus on the first moment $\langle \varepsilon(t) \rangle$ corresponding to the quantum average of energy dissipated by the system into the reservoir in the time interval $t$. This corresponds to the average energy absorbed (or emitted) by the reservoir $\langle \varepsilon(t) \rangle > 0 (\langle \varepsilon(t) \rangle < 0)$. In particular, in the following we are interested in the temporal dynamics of the quantum average power $\langle P(t) \rangle$, defined as the time derivative of the quantum average of the energy exchange $\langle \varepsilon(t) \rangle$, i.e.

$$\langle P(t) \rangle \equiv \frac{d\langle \varepsilon(t) \rangle}{dt} = -i \frac{d}{dt} \frac{dG_\nu(t)}{d\nu} \bigg|_{\nu=0}. $$

This corresponds to the instant power associated with the energy exchange in the TMP. To proceed in the evaluation of this quantity, several approaches can be used. In the following we will sketch the derivation using a generalised master equation approach. We will show results both in the so-called Born–Markov approximation and in the full-secular approximation. Finally we recall the results of [17] obtained using a functional integral approach, where non-Markovian contributions at low temperatures are taken into account.
3.1. Generalised quantum master equation

The MGF $G_{\nu}(t)$ can be rewritten as

$$G_{\nu}(t) = \text{Tr}[\rho^{\nu}(t)] = \text{Tr}[U_{\nu/2}(t)\rho(0)U^\dagger_{-\nu/2}(t)],$$

(10)

where $\rho^{\nu}(t)$ denotes the generalised total density matrix, the Tr[...] is the trace over all the degrees of freedom, and $U_{\nu}(t) = e^{i\nu H_b U(t)}e^{-i\nu H_b}$ is a generalised time evolution operator. At this point one can write a generalised master equation for the evolution of $\partial \rho^{\nu}(t)/\partial t$, which reads

$$\dot{\rho}^{\nu}(t) = -i[H^e, \rho^{\nu}(t)] - i[H^b, \rho^{\nu}(t)] - i[H^I_{\nu}, \rho^{\nu}(t)],$$

(11)

where $H^e_{\nu} = e^{i\nu H_b}H_b e^{-i\nu H_b}$. In the interaction picture with respect to the stationary Hamiltonian $H_S + H_B$ any operator $O$ transforms as $O'(t) = e^{i(H_b + H_S) t}O e^{-i(H_b + H_S) t}$. We thus have

$$\dot{\rho}^{\nu}(t) = -i[H^e_{\nu}, \rho^{\nu}(t)],$$

(12)

From here on, we follow the standard procedure to obtain the master equation [16, 27, 28]. Under the assumption of weak coupling, first we expand to the second order in the system–bath coupling. Then, we implement the so-called Born–Markov approximation, which implies that $\rho(t) = \rho_S(t) \otimes \rho_B(0)$, and essentially the Markov approximation which neglects all the memory effects of the reservoir. In this scheme we implicitly assume that the time correlation of the reservoir $\tau_B$ is very short with respect to the dissipative dynamics of the system. Consequently, the dynamics at short times is valid only when $t \gg \tau_B$ [27]. Tracing out all the bath’s degrees of freedom we obtain a generalised quantum master equation in terms of the reduced density matrix of the system

$$\dot{\rho}^{\nu}_{S'}(t) = -\int_0^{+\infty} d\tau g(\tau) S'(t)(t-\tau)\rho^{\nu}_{S'}(t)$$

$$+ \int_0^{+\infty} d\tau g(-\nu + \tau) S'(t)(t-\tau)\rho^{\nu}_{S'}(t)S'(t)$$

$$+ \int_0^{+\infty} d\tau g(-\nu - \tau) S'(t)\rho^{\nu}_{S'}(t)S'(t)(t-\tau)$$

$$- \int_0^{+\infty} d\tau g(-\tau) \rho^{\nu}_{S'}(t)S'(t-\tau)S'(t).$$

(13)

Note that all the integrals in the above equation are taken from 0 to $\infty$ (because of the Markov approximation) and $S'(\tau)$ stands for $\tilde{\sigma}'(\tau)$, which corresponds to the time evolution of the operator coupling the bath to the TSS in the interaction picture. In the above equation we have introduced the correlation function for a bosonic bath

$$g(t) = \int_0^{\infty} d\omega J(\omega) \left[ \cos(\omega t) \coth(\beta \omega/2) - i \sin(\omega t) \right],$$

(14)

where $J(\omega)$ is the spectral function of the bath. For the sake of simplicity, we consider only the case of Ohmic dissipation, in the scaling limit, where $J(\omega) = K\omega e^{-\omega/\omega_c}$, where $\omega_c$ is a high-energy cut-off and $K$ represents the system–bath coupling strength.

It is convenient to write equation (13) in the basis of the eigenstates of the system Hamiltonian $H_S$. We thus introduce the transformation $v = e^{-i\alpha^\theta}$ with
\[ \theta = \arccos(\epsilon / \sqrt{\Delta^2 + \epsilon^2}) \] which diagonalises \( H_S = \tilde{H}_S = \tilde{v} H_S \tilde{v}^\dagger \) with eigenvectors \( |\psi_1\rangle, |\psi_2\rangle \) and eigenvalues \( \pm \Omega \) with \( \Omega = \sqrt{\Delta^2 + \epsilon^2} \). On the rotated basis one has
\[
\tilde{\sigma}_z = \nu \sigma_z \tilde{v}^\dagger = \cos(\theta) \nu \sigma_z - \sin(\theta) \sigma_x \tag{15}
\]
where \( \cos(\theta) = \epsilon / \Omega \) and \( \sin(\theta) = \Delta / \Omega \). We thus have
\[
S'(t) = \tilde{\sigma}_z'(t) = \cos(\theta) \sigma_z - \sigma_x \sin(\theta) e^{-i \Omega t} - \sigma_z \sin(\theta) e^{i \Omega t}. \tag{16}
\]

The full master equation, reduced now in terms of the generalised density matrix of the system \( \rho^\nu_S(t) \) in the interaction picture can be conveniently cast in a matrix form as
\[
\dot{\rho}^\nu_S = M_\nu \rho^\nu_S, \tag{17}
\]
where \( M_\nu \) is a local kernel that describes the evolution of \( \rho^\nu_S \). The matrix elements of \( \rho^\nu_S \) are conveniently expressed in the basis which diagonalise the system Hamiltonian \( H_S \)
\[
[\rho^\nu_S]_{\alpha \beta} = \langle \psi_\alpha \mid \rho^\nu_S \mid \psi_\beta \rangle, \tag{18}
\]
with \( \alpha, \beta = 1, 2 \).

By solving the full generalised dynamics in (13), we could, in principle, obtain the whole statistics of the dissipated energy. Here, we restrict the discussion to the simple problem of determining the behaviour of the first moment, i.e. the dissipated energy.

The main advantage of considering directly the quantum average power \( \langle P(t) \rangle \) is directly related to the structure of the differential equations (17). It is sufficient to calculate the system trace
\[
\Sigma_\nu = \sum_{\alpha=1,2} \rho^\nu_S \equiv \text{Tr}_S [\rho^\nu_S(t)], \tag{19}
\]
since
\[
\langle P(t) \rangle^{(\text{BM})} = -i \frac{\partial \Sigma_\nu}{\partial \nu} \bigg|_{\nu=0}. \tag{20}
\]
It is worth noting that on the right-hand side of the equation only terms which depend on the generalised density matrix of the TSS appear Therefore, we have reduced the initial problem of solving the full dynamics to the more manageable one of solving a standard master equation for the reduced system dynamics. For the latter, a large number of analytical and numerical approaches have been developed [15, 27, 28, 35–38]. In the specific case of an undriven TSS, after some simple algebra, we arrive at
\[
\langle P(t) \rangle^{(\text{BM})} = \pi K \Delta \sin(\theta) \Omega \left( \langle \sigma_x(t) \rangle \right. \right. \right. \right. \left. \right. \right. \left. \right. \right. \left. \right. \rangle \left. \coth \left( \frac{\beta \Omega}{2} \right) - \sin(\theta) \right), \tag{21}
\]
which is the result for the quantum average power in the Born–Markov scheme, as indicated by the index BM. We stress that in obtaining this result we have kept all the fast oscillating terms in all the matrix elements. In the above expression \( \sin(\theta) = \Delta / \Omega \) (see equation (15)) and \( \langle \sigma_x(t) \rangle \) represents the time evolution of the average coherence function of the TSS [17, 22].
3.2. Full secular approximation

Another widely used approximation scheme, known as full secular approximation, can be considered. This is a further approximation in the Born–Markov scheme, which greatly simplifies the calculation. This consists of a full decoupling of the diagonal and the off-diagonal elements of the differential equation in (13). This can be done simply by taking $\exp(i \Omega t) \to 0$ in the expressions for the diagonal elements $[\dot{\rho}_S^2]_{1,1}$ and $[\dot{\rho}_S^2]_{2,2}$ of (17). This is valid under the assumption that $\Omega$ is faster than any other decoherence rates that appear in the generalised quantum master equation, and any fast oscillating term of the form $e^{it\Omega}$ averages to zero. Under this hypothesis, one can analytically calculate the quantum average power $\langle P(t) \rangle$ following the same lines described in the previous section. In this regime one obtains

$$\langle P(t) \rangle^{(FS)} = \pi K \Omega^2 \sin^2(\theta) \times \left[ \coth\left(\frac{\beta \Omega}{2}\right)(\langle \sigma_1(t) \rangle \sin(\theta) + \langle \sigma_2(t) \rangle \cos(\theta)) - 1 \right],$$

where $\langle \sigma_i(t) \rangle$ describes the time evolution of the average population function [17, 22, 39, 40]. It is worth recalling that both approaches, the Born–Markov (BM) and the full secular (FS), rely on the assumption of weak coupling between the bath and the system, with the coupling strength $K \ll 1$. Note that both approaches based on the generalised master equation does not reproduce the correct dynamics for a very short time, while considering $t \ll \tau_B$, with $\tau_B$ the characteristic correlation time of the reservoir.

3.3. Functional integral approach

A different route towards the evaluation of the energy exchange between the thermal bath and the TSS is represented by the functional integral approach for quantum dissipative systems [22, 26, 29–32]. In [17] a formalism was developed to deal with a generic quantum system coupled with a reservoir, by means of well-known path-integral dissipative techniques. In essence, this is a generalisation of the Feynman–Vernon functional for a quantum dissipative system for the inspection of energy exchange processes. In particular, an influence functional was constructed to evaluate all the statistical properties of the variation of the energy of a reservoir coupled to a generic quantum system.

The starting point is the expression of the characteristic function $G_v(t)$ in (6). By taking advantage of the Gaussian properties of the set of the harmonic oscillators, one can trace out all the degrees of freedom of the reservoir and consider the reduced dynamics of the quantum system, ending up with a functional integral which embodies all the effect of quantum dissipation and energy exchange between the reservoir and the system. The details of this procedure are presented in [17]. In the case of a two state system the characteristic function takes the form

$$G_v(t) = \int d\eta_i \langle \eta_i | \rho_S(0) | \eta_i \rangle \int d\eta_f \int D\xi e^{i S_\xi[\eta,f]} \mathcal{F}_{FV}[\eta, \xi] \cdot e^{i \Delta} \eta \eta_f, \xi,$$

where the integrations run over all the possible initial and final states of the TSS. In the above expression $S_\xi$ represents the action of the system, while $\mathcal{F}_{FV}$ is the usual Feynman–Vernon functional of the quantum dissipative TSS, see for example [17, 22].
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The new functional $\Delta \Phi^{(\nu)}[\eta, \xi]$ formally carries all the statistical information of the energy exchange.

Using this formalism one in principle can access all the moments of the statistical distribution and it is valid for general linear dissipation and any type of memory-friction, and for different strengths of the system–bath interaction. Moreover, it does not depend on the specific nature of the quantum system and it can be used as a starting point for different powerful numerical and analytical methods [22, 33, 35–38, 41].

Considering the paradigmatic case of linear spectral function $J(\omega) = K \omega e^{-\omega/\omega_c}$ (the Ohmic case of interest in this work) and weak coupling $K \ll 1$, it is possible to get a compact analytical expression, exact at the lowest order of $K$, for the time-evolution of the quantum average power $\langle P(t) \rangle$. Here, we report only the final result, as obtained in [17]

$$
\langle P(t) \rangle^{(\text{PI})} = -\frac{\Delta}{2\pi} \int_0^t d\tau \Re \{g(\tau)\} [\langle \sigma_s(t - \tau) \rangle_s \langle \sigma_s(\tau) \rangle_s - \langle \sigma_s(t - \tau) \rangle_s \langle \sigma_s(\tau) \rangle_s] \\
+ \frac{\Delta}{2\pi} \int_0^t d\tau \Re \{g(\tau)\} [\langle \sigma_a(t - \tau) \rangle_a \langle \sigma_a(\tau) \rangle_a - \langle \sigma_a(t - \tau) \rangle_a \langle \sigma_a(\tau) \rangle_a] \\
+ \frac{\pi K}{2} \Delta^2.
$$

The above quantity is expressed in terms of a time convolution which involves in the time segment the population correlation function $\langle \sigma_s(t) \rangle$ [22, 31, 39, 42] and the coherence correlation function $\langle \sigma_a(t) \rangle$ of the TSS [22, 39, 40, 42]. The average power $\langle P(t) \rangle^{(\text{PI})}$ depends on the polarisation correlation function of the reservoir which takes into account possible memory effects. These contributions become relevant and strongly affect the dynamics at low temperatures and short times as we will show below. The indices $s$ and $a$ which appear in (24) indicate that such quantities are symmetric and antisymmetric terms under bias inversion $\epsilon \rightarrow -\epsilon$.

4. Results and discussion

In this section we discuss the behaviour of the quantum average power $\langle P(t) \rangle$, comparing the obtained results with the different schemes exposed above. We underline the main differences between the non-perturbative approach based on the functional integral and the ones based on the quantum master equation, showing in which regimes they reproduce comparable results or not. We consider only the case of weak coupling, with $K \ll 1$, where all approaches are potentially valid and can be compared. For sake of definiteness, hereafter we fix $K = 0.02$. We also assume an initial condition with the TSS in a diagonal state with probability $p_l = p_r = 1$. Generalisation to other cases is straightforward [17, 22].

In general, all the approaches reproduce the same behaviour for the quantum average power at high temperatures $T \gg \Omega = \sqrt{\Delta^2 + \epsilon^2}$, while marked differences can be found in the opposite regime, where the temperature is of the same order or lower than $\Omega$.  

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Since the quantum average power \( P(t) \) is expressed in all approaches in terms of the population and the coherence correlation function \( \sigma_s(t) \) and \( \sigma_z(t) \), respectively (see (21), (22) and (24)). We write their explicit for [17, 22, 33, 43]. One has
\[
\langle \sigma_i(t) \rangle = \langle \sigma_i(t) \rangle_s + \langle \sigma_i(t) \rangle_a \quad i = x, z
\]
(25)
where the symmetric and antisymmetric (with respect to bias inversion) contributions are given by [22]
\[
\langle \sigma_i(t) \rangle_s = \frac{\epsilon^2}{\Omega^2} e^{-\gamma t} + \frac{\Delta^2}{\Omega^2} \cos(\Omega t) e^{-\gamma t},
\]
(26)
\[
\langle \sigma_i(t) \rangle_a = \frac{\epsilon \tanh(\beta/2)}{\Omega} (1 - e^{-\gamma t}),
\]
(27)
\[
\langle \sigma_i(t) \rangle_s = \frac{\Delta \tanh(\beta/2)}{\Omega} (1 - e^{-\gamma t}),
\]
(28)
and
\[
\langle \sigma_x(t) \rangle_a = \frac{\epsilon \Delta}{\Omega^2} [e^{-\gamma t} - \cos(\Omega t) e^{-\gamma t}].
\]
(29)
In the above equations we introduced the relaxation \( \gamma \) and damping \( \gamma \) rates. These are connected by the so-called Vieta relations [22]
\[
\gamma + \gamma_r = \frac{4\pi K}{\beta}
\]
\[
\gamma_r (\gamma^2 + \Omega^2) = \frac{2\pi K \Delta^2}{\beta}
\]
\[
\gamma^2 + 2\gamma \gamma_r + \Omega^2 = \left( \frac{2\pi K}{\beta} \right)^2 + \epsilon^2 + \Delta^2.
\]
(30)
In the weak coupling limit \( K \ll 1 \) the relaxation rate is given by [22]
\[
\gamma_r = \pi K \frac{\Delta}{\Omega} \coth\left( \frac{\beta \Omega}{2} \right).
\]
(31)
With these ingredients one can calculate the time evolution of the quantum average power given in equations (21), (22) and (24).

In figure 1 we show the quantum average power as a function of time for a fixed external constant bias \( \epsilon = \Delta \). Different curves are obtained considering different approximation schemes. The chosen initial conditions and the finite external bias are responsible for a finite value of \( \langle P(t) \rangle \). For long times, the quantum average power vanishes in all the approaches when the whole system reaches equilibrium, as one would expect for the case of constant bias. This feature is clearly visible in figure 1 in all the curves for a sufficiently long time. On the contrary, the transient dynamic evolution towards equilibrium shows different features for the three approaches considered here. In particular, the master equation approach in the full secular approximation FS (dotted

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line) is able to capture only the exponential decay towards equilibrium. The quantum average power \( \langle P(t) \rangle \) shows an oscillating behaviour if one considers the path integral approach \( \text{PI} \) (solid line) or the Born–Markov scheme \( \text{BM} \) (dashed line). In passing we note that these different behaviours (relaxation decay or oscillations) are analogous to the ones obtained in similar approaches for the population dynamics of the dissipative TSS [22, 39, 42]. From the left-hand panel of figure 1, where the temperature is set to \( T = 2\Delta \), it is evident that the master equation approach without secular approximation gives quite accurate results, with a very similar oscillating behaviour of the \( \text{PI} \) curve. Note that the \( \text{FS} \) curve reproduces only the relaxation dynamics, with the same decaying behaviour but with no oscillations. Differences between the \( \text{BM} \) and \( \text{PI} \) approaches become evident while lowering the temperature \( T \leq \Omega \), where non-Markovian effects are clearly relevant. The latter play an important role at low temperature and are captured only by the \( \text{PI} \) approach [17]. These deviations are shown in the right-hand panel of figure 1, where the temperature is set to \( T = 0.05\Delta \).

The left-hand panel of figure 2 shows the behaviour of the average dissipated energy \( \langle \varepsilon(t) \rangle \) as a function of the bath temperature \( T \). This quantity is obtained by the direct integration of \( \langle P(t) \rangle \) and the observation time \( t \) is now fixed to \( 10/\Delta \). Here, the overall qualitative behaviour of \( \langle \varepsilon(t) \rangle \) is well described within all the three approaches, (see the different curves in the figure).

It is possible to analytically demonstrate that in the high-temperature regime all the curves collapse, giving the same result for \( \langle \varepsilon(t) \rangle \) (although the asymptotic behaviour is not yet reached in the left-hand panel of figure 2). Instead, at low temperature the \( \text{BM} \) and \( \text{FS} \) give very similar results, with visible differences with the \( \text{PI} \) one. Note that differences between the three approaches vanish for a long integration time, since the oscillations of the dissipated quantum average power (see figure 1) average out. Therefore, marked and strong differences can be found in the low-temperature regime and for sufficiently short times. This analysis confirms that the more rigorous \( \text{PI} \) approach could give very different results with respect to simpler approaches such

Figure 1. Quantum average power \( \langle P(t) \rangle \) in units of \( \Delta^2 \) as a function of time. The different curves refer to different approximation schemes: the Born–Markov \( \text{BM} \) (dashed line), full secular \( \text{FS} \) (dotted line) and path-integral \( \text{PI} \) (solid line) approach. The parameters are \( K = 0.02 \) and \( \varepsilon = 1 \). The bath temperature is \( T = 2 \) (left panel) and \( T = 0.05 \) (right panel). In both cases the times, frequencies and temperatures are scaled with \( \Delta \).
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as the one based on different approximations with a generalised master equation. In essence this is due to the fact that non-Markovian and coherent contributions are properly taken into account with the functional integral approach. However, in specific regimes the BM, and also the FS, schemes can reproduce very similar results and are thus well suited for the evaluation of such quantities.

The right-hand panel of figure 2 gives quantitative information about the deviation between the different approaches. We have chosen to focus on the solutions that preserve the non-Markovian dynamics, i.e. the path integral, and on the Born–Markov approaches, and studied them as a function of the temperature $T/\Delta$ and the external bias $\Delta \epsilon_0$. As a distance estimator we use the difference between $\langle \epsilon(t) \rangle^{\text{PI}} - \langle \epsilon(t) \rangle^{\text{BM}}$ of the average dissipated energy (in units of $\Delta$) between the PI and the BM approaches as a function of $\epsilon_0/\Delta$ and $T/\Delta$. Large deviations are marked with a lighter colour, while the black regions represent the case of vanishing deviations with $\langle \epsilon(t) \rangle^{\text{PI}} \approx \langle \epsilon(t) \rangle^{\text{BM}}$. In both panels the measurement time is fixed to $t_{\text{max}} = 10/\Delta$ in order to enhance the visibility of the non-Markovian contributions.

5. Conclusions

We have investigated the energy exchange between a two state system, subjected to a constant external bias, and a thermal reservoir. In particular we have focused on the variation of energy $\langle \epsilon(t) \rangle$ of the reservoir in a given time interval in the case of weak system–bath coupling. This quantity can be measured, for instance, by means of a
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The temporal dependence of the time derivative of this quantity \( \dot{\langle P(t) \rangle} \) shows different transient behaviour depending on the approximations and the approaches used in the derivation. In particular, we have compared the results obtained by solving a master equation with and without the secular approximation and the functional integral approach. The transient behaviour of \( \langle P(t) \rangle \) is correctly described by the functional integral formulation and the Born–Markov master equation without the secular approximation. We have shown that the solution with secular approximation is able to catch only the coarse-grained dynamics, reproducing only an exponential decay for the quantum average power. At low temperature, the difference between the path integral and master equation approach increases, as we have discussed, as a consequence of the increasing importance of non-Markovian effects in those regimes.

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