Evaluation of Collaterals and Clot Burden Using Time-Resolved C-Arm Conebeam CT Angiography in the Angiography Suite: A Feasibility Study

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ABSTRACT

BACKGROUND AND PURPOSE: The assessment of collaterals and clot burden in patients with acute ischemic stroke provides important information about treatment options and clinical outcome. Time-resolved C-arm conebeam CT angiography has the potential to provide accurate and reliable evaluations of collaterals and clot burden in the angiographic suite. Experience with this technique is extremely limited, and feasibility studies are needed to validate this technique. Our purpose was to present such a feasibility study.

MATERIALS AND METHODS: Ten C-arm conebeam CT perfusion datasets from 10 subjects with acute ischemic stroke acquired before endovascular treatment were retrospectively processed to generate time-resolved conebeam CTA. From time-resolved conebeam CTA, 2 experienced readers evaluated the clot burden and collateral flow in consensus by using previously reported scoring systems and assessed the clinical value of this novel imaging technique independently. Interobserver agreement was analyzed by using the intraclass correlation analysis method.

RESULTS: Clot burden and collateral flow can be assessed by using the commonly accepted scoring systems for all eligible cases. Additional clinical information (eg, the quantitative dynamic information of collateral flow) can be obtained from this new imaging technique. Two readers agreed that time-revolved C-arm conebeam CTA is the preferred method for evaluating the clot burden and collateral flow compared with other conventional imaging methods.

CONCLUSIONS: Comprehensive evaluations of clot burden and collateral flow are feasible by using time-resolved C-arm conebeam CTA data acquired in the angiography suite. This technique further enriches the imaging tools in the angiography suite to enable a “one-stop-shop” imaging workflow for patients with acute ischemic stroke.

ABBREVIATIONS: AIS = acute ischemic stroke; CBCT = conebeam CT; CBCTA = conebeam CTA; CBCTP = conebeam CTP; tMIP = temporal maximum-intensity-projection; LVO = large-vessel occlusion

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ecent studies have shown that the status of collaterals and clot burden evaluated with multidetector row CT can be used as 2 independent parameters to predict both the success of revascularization and the ultimate clinical outcome of patients with acute ischemic stroke (AIS).1–4 Thus, these 2 parameters can be used as potentially valuable metrics for the selection of appropriate candidates for endovascular thrombectomy.5,6 However, the acquisition of multidetector row CT images to assess clot burden and collaterals may delay the time from stroke onset to revascularization; this delay is primarily due to the time needed to transfer patients among different sites in a clinical facility. As a result, acquisition of complete anatomic and physiologic imaging for a comprehensive diagnosis and evaluation of eligible patients becomes a reluctant option in the current clinical practice. It would be ideal to acquire all the needed imaging information for AIS directly in an angiography suite (ie, a “one-stop-shop” imaging workflow in the angiography suite), to avoid delay while performing comprehensive evaluations of patients with AIS.

Recently, with a C-arm conebeam CT (CBCT) acquisition...
platform in the angiographic suite, the feasibility of acquiring
dynamic CBCT perfusion (CBCTP) maps in the angiography
suite has been demonstrated both in animals and in human sub-
jects.\textsuperscript{2,6} From the acquired CBCT perfusion dataset, time-re-
solved conebeam CT angiography (CBCTA) can also be generated
to provide accurate diagnosis of large-vessel occlusions
(LVOs).\textsuperscript{9,10} In this study, we hypothesized that the use of time-
resolved CBCTA would facilitate the evaluation of collateral sta-
tus and clot burden in patients with AIS. This hypothesis was
tested with the time-resolved CBCTA generated by novel image-
processing algorithms from a CBCTP acquisition in the angiog-
raphy suite.\textsuperscript{1,7,12} The ability to accurately and reliably assess col-
lateral status and clot burden by using time-resolved CBCTA
would, in our opinion, further enrich the environment of the angiography suite as a one-stop-shop for AIS care.

MATERIALS AND METHODS

Patient Selection
Under an approved ethics committee protocol at University of
Erlangen-Nuremberg, 17 consecutive patients with AIS with sus-
pected LVO underwent both conventional pretreatment imaging
(multidetector row CTP or MRP) and dynamic C-arm CBCTP
examinations. During treatment procedures, these patients also
underwent conventional DSA imaging as part of the standard of
care. All patient imaging and data collection was performed at the
University Hospital of the University of Erlangen-Nuremberg.
Ten of these subjects had C-arm CBCTP datasets acquired before
endovascular treatment. Data from these subjects were com-
pletely anonymized and shared with the team at the University of
Wisconsin School of Medicine and Public Health. These are the
subjects included in this study. These subjects had 4 ICA occlu-
sions, 3 M1 occlusions, 2 M2 occlusions, and 1 basilar trunk
occlusion. Details of data acquisition and data postprocessing
follow below.

Data Acquisition
The details of the technique for obtaining the CBCTP data have
been reported elsewhere.\textsuperscript{9,10} Briefly, the dynamic C-arm CBCTP
data were acquired by using a biplane flat detector angiographic
system (Axiom Artis zee; Siemens, Erlangen, Germany). Contrast
was injected into a peripheral vein with a dual-syringe angiog-
raphic power injector (Accutron HP-D; Medtron, Saarbrücken,
Germany). Sixty milliliters of contrast material (iopamidol,
Imeron 350; Bracco, Milan, Italy) was injected at a rate of 5 mL/s
followed by a 60-mL saline flush. Nine bidirectional rotational
scans (5 forward rotations and 4 reverse rotations) were obtained
for each subject; contrast was injected 5 seconds after the start of
the acquisition so that the first 2 rotations served as the nonen-
hanced (mask) images, while the following 7 were contrast-en-
hanced (fill) images.

Image Postprocessing
3D isotropic filtered back-projection image volume for each ro-
tation was reconstructed and coregistered with the proprietary
software of the vendor. To reduce noise and improve temporal
resolution and temporal sampling density, we used Prior Image
Constrained Compressed Sensing and Temporal Resolution and
Sampling Recovery techniques\textsuperscript{11,12} to generate time-resolved im-
age volumes with better image quality and a half-second temporal
resolution. Then, temporal maximum-intensity-projection (tMIP)
image volumes were generated from time-resolved image volumes
by assigning each image voxel the maximum value along the tempo-
ral direction. Both time-resolved and tMIP image volumes were im-
ported into a Leonardo workstation (Siemens) for future measure-
ment and evaluation.

Image Evaluation
Clot burden and collateral flow were evaluated by 2 experienced
raters (30 and 8 years of experience in neurointervention) by con-
sensus. Temporal MIP images were used to detect the proximal and
distal sites of vessel occlusion to score the clot burden,\textsuperscript{17} mea-
sure the thrombus length and size of distal vessel, and evaluate
collateral status. Collateral status was evaluated by using 3 com-
monly used scoring systems.\textsuperscript{4,13,14} Time-resolved image volumes
were also displayed in MIP mode and used to evaluate the flow
direction (ante grade or retrograde) of the MCA occlusions and
also to generate time-density curves for selected symmetric mea-
suring points on the bilateral MCA branches. From these time-
density curves, the differences of time-to-peak and peak density
between the lesion and normal sides could be quantified. These
parameters were of interest because they may reflect the differ-
ences of flow velocity and volume, respectively. The criterion
standard used to identify the site of occlusion was the clinician’s
report of the 2D DSAs, which were performed at the start of
treatment.

Statistics
Intraclass correlation analysis was performed by using SPSS, Ver-
sion 20.0 (IBM, Armonk, New York). The Cronbach \( \alpha \) coeffi-
cients were calculated to assess the interrater agreement on the
subjective evaluation of the capability and potential of this novel
 technique. Alpha values were interpreted according to the follow-
ing criteria: unacceptable (\( \alpha < .5 \)), poor (0.5 \( \leq \alpha < .6 \)), fair (0.6 \( \leq \alpha < .7 \)), good (0.7 \( \leq \alpha < .9 \)), and excellent (\( \alpha \geq .9 \)).

RESULTS
The full extent of vessel occlusion (ie, the proximal and distal
occlusion sites) could be determined by using tMIP images for all
10 patients. In 7 of these patients, the length of the thrombus
could be measured (7 with terminal ICA, M1, basilar trunk, or M2
occlusions) and the measured lengths ranged from 5.9 to 19.9
mm. In the 3 patients with cervical or cavernous ICA occlusion,
thrombus length could not be measured due to the tortuous
course of the ICA and the presence of streaking artifacts over the
cavernous or cervical portions of the artery. Clot burden could
thus be qualitatively evaluated for 6 patients by using a clot-bur-
den score designed specifically for LVOs in the anterior circula-
tion.\textsuperscript{13} The diameter of the occluded vessel distal to the thrombus
could be measured for all patients (Table 1).

The evaluation of collateral flow was successfully performed
for 7 patients with LVOs in the anterior circulation (4 ICAs, 3
M1s). In all of these patients, the extent of collateral flow could be
assessed by using the tMIP images, regardless of which scoring
system was used (Table 2).\textsuperscript{4,13,14} Antegrade flow into the down-
DISCUSSION

In this feasibility study, we have demonstrated the ability to evaluate collateral status and clot burden by using time-resolved C-arm CBCTAs derived from C-arm CBCTP acquisitions. On the basis of our experience, this novel technique enabled us to evaluate collateral score and clot burden in a more comprehensive manner than currently available methods (ie, multidetector row CT or MRA). The availability of time-resolved C-arm CBCTAs and tMIP images that are derived from CBCTP acquisitions acquired at the site of treatment further enhances the angiographic suite as a one-stop-shop for the care of patients with AIS.

Several modalities have been used for the evaluation of collateral status (eg, DSA, CT, MR imaging, and transcranial Doppler). Although DSA allows assessment of anatomic and dynamic features of collateral flow, it is usually reserved for those patients selected for endovascular treatment. Full evaluation of collaterals with DSA also requires the catheterization of multiple arteries for full collateral assessment. The advantage of the C-arm time-resolved conebeam CTA over 2D DSA is due to the following reasons: 1) the ability to provide a global (3D instead of 2D) view of collaterals with a single IV injection rather than by a series of intra-arterial injections, and 2) the ability to provide time-resolved conebeam CTAs viewable from any desired angle at the point of treatment. Previous studies have shown that conventional CTAs may underestimate the collateral flow, overestimate the clot burden, and lack dynamic information compared with time-resolved 4D-CTAs. Several 4D-CTA is only used occasionally.
The dynamic information about antegrade or retrograde collateral filling allowed us to see downstream filling in 3 patients. If we had only conventional CTAs, this would not have been possible. These series were shown to be superior to conventional single-phase CTA for visualization of both collateral flow and clot burden.

Using the time-resolved MIP images, we were able to determine the direction of blood flow (antegrade or retrograde) (Fig 2A) and also generate time-density curves, which provide some quantitative information about blood flow velocity and volume (Fig 2C, D). Because they are acquired as an IV technique (thus including the full circulation), it seems likely that they will be preferable to intra-arterial DSA (with the requirement for multiple intra-arterial injections) as a means of acquiring this information. The C-arm CBCTAs have better spatial resolution than conventional CTAs and also provide whole-brain coverage, which is superior to most of the clinically used MDCTAs, which are either static if the whole-brain coverage is needed or only a time-resolved series for a thin slab of brain anatomy. The whole-brain coverage ensures isotropic reconstructions from at least the level of the ICA bifurcation.

Thus, it is possible to obtain secondary reformats that provide images from any direction. This flexibility of secondary reconstruction from any view angle should help to evaluate accurately the distribution of the clot burden and the size and angulation of distal vessels for any LVOs (Fig 1). This information can, in principle, facilitate accurate selection of the size and deploying site of a stent or thrombectomy device and could thus shorten the groin puncture-to-revascularization time. More important, time-resolved C-arm CBCTA can be directly derived from the CBCTP data acquisition in the angiography suite, thus eliminating the need to transfer patients among different locations in the hospital. This change should result in a meaningful reduction of the picture-to-puncture time from stroke onset to endovascular treatment time. Because of its technical advantages and availability at the point of treatment, in our opinion, this novel imaging technique has great potential as a new tool for the care of patients with AIS suspected of having an LVO.

This study has several limitations. First, there was no control group. We were thus unable to directly compare the CBCTAs against other techniques. Because this was only a feasibility study, we are not able to offer rigorous comparisons of CBCTAs with either MDCTAs (single or multiphase) or MRAs. Second, our sample size was small; this feature further limits the ability to understand the real utility of CBCTAs. We are working to establish a prospective multicenter study, which will eliminate these limitations and will allow validation of the technique in real-world clinical practice.

CONCLUSIONS
In this small feasibility study, evaluation of clot burden and collateral status was feasible by using time-resolved C-arm CBCTAs derived from CBCTP acquisitions obtained in the angiography suite. Our results suggest that this novel technique provides a more complete method for evaluation of these parameters than conventional modalities.
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FIG 2. Antegrade flow for a case with left M1 occlusion was detected from time-resolved MIP images (A), which may reflect partial recanalization of the vessel. The extent of collateral flow can be accurately detected from the tMIP images for a case with a right M1 occlusion (B). Collateral flow can be evaluated by using any of the 4 commonly used scoring systems based on these images. Time-density curves for bilateral symmetric measuring points can be generated from early-phase (C, left and middle) and late-phase (D, left and middle) time-resolved MIP images, respectively. Compared with the normal side (C, right), the lesion side (D, right) has delayed vessel filling (34/17, 8.5 seconds) and reduced vessel enhancement (396/676, 58.6%).
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