In the magnetorheological (MR) impact buffer system, the internal or external disturbance of the MR damper is one of the main factors that affect the buffer performance of the system. This study aims to suppress or eliminate the influence of the disturbance of the MR damper. The continuous terminal sliding mode control (CTSMC) strategy with a high gain has a strong antidisturbance ability. However, the high gain may cause fluctuation of the damping force of the system. Therefore, a composite control strategy of sliding mode active disturbance rejection control (ADRC) based on an extended state observer (ESO) is proposed in this study. The total disturbance of the system is estimated by the ESO in real time, and the estimated disturbance is used as a feedforward compensation to the controller to reduce the influence of disturbance on the system. The gain of the CTSMC law of the closed-loop system can be reduced. In addition, the Lyapunov stability criterion is used to ensure the stability of the proposed controller. In order to verify the performance of the proposed CTSMC controller on response speed, overshoot, and hysteresis suppression ability, the window function, square wave function, and multistep function are given as the inputs of the control system. To verify the performance of the proposed sliding mode ADRC for the MR impact buffer system, the mechanical model and the control model are established and simulated using MATLAB/Simulink. The simulation results show that the CTSMC controller has the fastest response time and no overshoot and can suppress the hysteresis nonlinearity of the MR device compared with the open-loop control, PID control, and fractional order PID control. The MR impact buffer system with the sliding mode ADRC obtained the minimum peak value of 4350 N within the permitted buffer displacement range compared with the other three traditional control methods. That means the proposed control method in this study has the advantage on buffer performance for the MR impact buffer system.

Keywords: MR fluid damper, disturbance, continuous terminal sliding mode, active disturbance rejection control, shock buffer system
INTRODUCTION

With magnetorheological (MR) fluid as the working medium, MR dampers, a kind of semiactive control device with a new structure, have a simple mechanical structure, fast response speed at the millisecond level, low power consumption, damping force that can be continuously adjusted forward and backward in a wide range, etc. These excellent characteristics make them have broad application prospects in the fields of impact resistance and high-speed vibration reduction and have been initially applied in the fields of aerospace, vehicles, buildings, bridges, and civil engineering (Carlson, 2002; Liu et al., 2005; Wereley et al., 2011; Hughes et al., 2017; Guo et al., 2019; Tudon-Martinez et al., 2019; Du et al., 2020; Yoon et al., 2020). Currently, MR dampers are mainly used in low-speed, low-frequency random load scenarios. In recent years, the application of MR dampers in high-speed impact bumper systems has aroused great interest among researchers, for example, in the landing process of aircraft, the recoil process of weapons, and vehicle operation on bumpy roads (Ouyang et al., 2016; Shou et al., 2018; Bai et al., 2019; Yuan et al., 2019).

MR dampers, a low-cost small-size smart device that generates a big damping force, have been applied in the field of high-speed vibration damping, such as semiactive suspension systems of vehicles, aircraft landing cushion systems, and wave impact processes of speedboats. The MR intelligent suspension system plays an important role in improving vehicle damping, and the selection of suitable controllers can reduce the road-transmitted shocks, thus attracting the widespread attention of domestic and foreign researchers. M. Ahmadian of Virginia Tech University proposed that one of the key issues for the successful application of MR dampers in shock buffer control systems is what control strategy is used to make up for the lack of dampers (Ahmadian and Poynor, 2001). Choi and Wereley (2003, 2005, 2015) studied the response of MR damper suspension systems in military vehicles and automotive seats under impact load and developed a set of nonlinear semiactive control systems. Bai et al. (2012) designed a bidirectional controllable MR damper to improve the performance of impact and vibration by using the sky-hook control algorithm. Rahmat et al. (2019) designed a fast practical control (FPC) algorithm with less computational strength. The control performance of the system was compared by using the control algorithms of sky-hook and FPC under different levels of impact energy. The results show that compared with the sky-hook control, the FPC controller improves the impact response, acceleration response, and force response by about 17.73%, which can better reduce the impact energy. Dong et al. (2010) adopted the sky-hook control algorithm, hybrid controller, LQG controller, sliding mode controller, and fuzzy controller and compared the performance of vehicle vibration reduction using these five control algorithms under different road conditions. Sliding mode control has a significant damping effect. During the landing of helicopters, the pilots or passengers often suffer waist injuries due to the huge impact force. Therefore, researchers applied MR dampers as energy absorbers in aircraft damping systems and devoted considerable effort to control strategies in this system. Choi and Wereley (2003, 2015) successively proposed a sliding mode controller with good robustness for parameter variations and external disturbances and an optimal Bingham number control strategy, and they verified the effectiveness of the control strategies by experiment. Dong et al. from Chongqing University developed a new type of variable stiffness damper based on the MR damper and established the control model. The damping performance of the MR damper was evaluated by drop test. The experimental results show that an MR damper can effectively reduce the impact load of spring-mass (Dong et al., 2011). The above research progress shows that MR dampers are sufficiently feasible and advanced in the field of high-speed vibration damping. In addition, the large amount of effort put into this field has led to a good understanding of the control method of MR dampers under high-speed vibration damping.

However, the impact buffer system is usually subject to instantaneous large shock loads, with a short acting time and strong uncertainty, which makes the shock-resistant system more severe than the high-speed vibration damping system. As an important factor in the controlled damping force of the impact bumper systems, the control strategy of MR dampers has been discussed extensively. But there is little research about the control strategy of MR dampers due to the highly nonlinear, time-varying, and uncertain nature of the system parameters of MR dampers in impact loading applications. Browne et al. of General Motors carried out a series of 1.0–10 m/s velocity and magnetic field strength impact tests on MR fluids by using a free-flight falling tower device. The results showed that the damping force, displacement, and energy absorption of MR dampers are dependent on the strength of the applied magnetic field and can be adjusted by varying the strength of the applied magnetic field (Browne et al., 2009). The inherent hysteresis nonlinearity of the MR dampers makes it difficult to obtain the desired magnetic field strength. To compensate for the MR damper hysteresis, Li and Gong et al. designed an MR damper embedded in a Hall sensor and a hysteresis compensation control algorithm in the MR impact buffer system (Li et al., 2019). M. Ahmadian et al. obtained different impact energies by releasing the drop hammers from different heights from the falling tower, producing an impact load with a maximum velocity of 6.604 m/s acting on the MR dampers, and experimentally controlling the recoil motion in the antirecoil device of large- and medium-caliber firearms. The results showed that the MR damper can effectively reduce the recoil force and improve the firing accuracy and the stability of the system (Goncalves et al., 2006; Ahmadian and Norris, 2008). Professor Wang Jiong from Nanjing University of Science and Technology studied the control algorithms of an MR damper under impact load. The delay fuzzy adaptive control, delay fuzzy PID control strategy, optimal buffer control strategy, and fuzzy control strategy have been proposed successively. The four control methods were verified by experiments and have a better buffer effect to improve the cushioning property of the
MR damper recoil system compared with the passive control (Li and Wang, 2012). The above studies show that the effectiveness of MR dampers under impact buffer conditions has been verified experimentally, and valuable control methods were provided. However, there are some shortcomings in the control effect, such as the “platform effect,” where the output damping force–buffer displacement does not reach the optimum due to the initial peak value. One of the reasons for the unsatisfactory control effect may be that the MR damper is subject to various external and internal disturbances under the impact load. Domestic and foreign scholars mainly research the influence of temperature on the MR damper. Under the impact load, the MR damper experiences a great temperature change due to electromagnetic coil resistance heating and energy dissipation, while the temperature can affect the rheological properties of MR fluids significantly (McKee et al., 2011). The experimental results of Breese et al. with regard to MR dampers of different sizes showed that the peak damping force is significantly lower with the increase in temperature and pointed out that this was caused by the decrease in fluid viscosity (Gordaninejad and Breese, 1999). D.C. Batterbee’s research showed that the force/velocity and force/displacement characteristics of the MR damper are significantly affected by the temperature variation. The research also pointed out that the increased temperature increases the effective fluid stiffness and reduces the yield stress and post-yield viscosity characteristics (Batterbee and Sims, 2009). Xia Fan et al. from Nanjing University of Science and Technology studied the effect of temperature on the damping performance of the MR damper. The shear test of the MRF-132DG MR fluid of the LORD company was carried out with or without a magnetic field. The experiment showed that the viscosity and yield stress of the MR fluid changed more obviously under the influence of temperature and the influence degree of temperature decreases with the increase in magnetic field strength. In addition, the mechanical properties of the MR damper were tested using a W + B mechanical property testing machine, and the results show that the viscous damping force of the damper is greatly affected by temperature (Xia et al., 2020). These studies show that the fluid viscosity and damping force of the MR damper decrease with the increase in temperature, affecting the stability of the controller. Therefore, the effect of temperature on the dynamic performance of the MR damper cannot be ignored. However, in the impact buffer system, not only temperature disturbance exists in the MR damper but also some other disturbances, for example, the parameters of the mechanical model of the damper will change due to uncertain disturbances such as settlement and oil leakage (Wang, 2018), the intrinsic hysteresis nonlinearity of the MR damper, the unmodeled dynamics of the system, and unknown disturbances in the external environment under the impact load, all of which may lead to unsatisfactory control results. Therefore, the ADRC strategy is one of the possible solutions to solve the unsatisfactory control effect of MR damping in the impact bumper system.

ADRC and sliding mode control are two good control methods to deal with system uncertainty and external disturbances. With its low dependence on the system model, ADRC can act on various internal uncertainties and external disturbances and has strong robustness, including extended state observer, feedback controller, and disturbance compensation (Han, 1998). The extended state observer estimates the unmeasurable state and the total disturbances of the system through the input–output information and compensates them in the process of controller design so as to achieve the antidisturbance effect. Sliding mode control is a kind of nonlinear control algorithm. The sliding mode surface can be designed and is independent of object parameters and disturbance, which makes sliding mode control have the advantages of fast response, insensitivity to system parameter change and disturbance, no need for system online identification, and simple implementation. Because of these advantages, both domestic and international scholars have carried out deep research on the use of sliding mode ADRC to suppress disturbances in control systems, and it is gradually applied in practical projects, such as motor and power system control (Zheng et al., 2015), robot control (Tan et al., 2010), aircraft control (Wang et al., 2010), and satellite attitude control (Meng et al., 2010). As the tilt-rotor aircraft system is susceptible to internal and external disturbances, Zheng et al. applied the ADRC sliding mode composite controller to the attitude control of tilt-rotor aircraft and designed a new sliding mode observer that can accurately estimate all kinds of disturbances, and the dependence of the controller on the model was reduced. The simulation results show that the composite controller is effective in attitude tracking and disturbance rejection of tilt-rotor aircraft (Pan et al., 2017). In the context of severely uncertain system parameters and completely unknown external disturbances, Awais Shah and Huang et al. designed a nonlinear adaptive sliding mode controller for height and attitude tracking, which is suitable for all four-rotor UAV systems, and the effectiveness and robustness of the control method were verified by simulation and experiment (Huang et al., 2020). Wang et al. (2020) adopted the fuzzy sliding mode ADRC method to reduce the influence of dynamic uncertainty, hydrodynamic force, and unknown disturbance on the trajectory tracking performance of underwater robots. Compared with the traditional PID and fuzzy logic control, the simulation results show that the proposed control method has lower power consumption and better performance. Problems such as system parameter changes and uncertain disturbances have led to the low control accuracy of the permanent magnet synchronous motor servo system. To address this problem, Alonge, F. of the University of Palermo proposed an ADRC based on the sliding mode. On the one hand, the ADRC method was used to deal with internal and external disturbances. On the other hand, the sliding mode controller was used to compensate the uncertainty in the estimation error and control gain. Simulations and experiments were performed to verify the antidisturbance and robustness of the controller (Alonge et al., 2017). Lai et al. (2011), in order to suppress the effect of the hysteresis characteristics on piezoelectric ceramic actuators, designed a segmented boundary layer sliding mode variable control rate to compensate for the hysteresis nonlinearity that the Freisach inverse model cannot completely offset, the uncertainty of model parameters, and disturbances. The experimental results show that the control method can ensure
the positioning accuracy of the nanometer positioning platform. The ADRC based on the sliding mode combines the ADRC and sliding mode controller to learn from each other. The above research has verified that the sliding mode ADRC can overcome the uncertainty of the system and has strong robustness to disturbance, parameter perturbation, and unmodeled dynamics.

This study mainly discusses the influence of disturbance on the MR shock buffer system and proposes an ADRC based on the sliding mode. First, the disturbance signals of temperature and hysteresis are analyzed and established, and the CTSMC is proposed. Then, for the high gain of the CTSMC control law, the steady-state damping force of the impact buffer system will fluctuate, and the sliding mode ADRC strategy is proposed. By introducing an extended state observer (ESO), the internal or external disturbances of the system were regarded as "total disturbances," which are estimated online as extended states, and the influence of disturbances on the system is compensated by the feedback control law; the CTSMC control method can ensure that the system converges to the equilibrium point in a finite time. At the same time, the Lyapunov stability criterion is used to ensure the stability of the proposed controller. Finally, two systems are established in MATLAB/Simulink: one is to verify the response time, overshoot, and the ability of hysteresis suppression of CTSMC, and the other is to verify the buffering performance of the MR shock buffer system using the sliding mode ADRC, which uses the Bingham mechanical model to calculate the damping force of the damper. To verify the advantages of the proposed controllers, an open-loop controller, a PID controller, and a fractional PID controller are established and simulated for comparison. The simulation results verify the disturbance suppression ability of the proposed controller, and a better buffer effect was achieved overall.

CONTROL STRATEGY

Control Objectives
The mechanical model of the MR impact buffer system is simplified as shown in Figure 1. The system includes an MR damper and a mass. When the mass is subjected to an impact force $F_{pt}$, the MR damper outputs the damping force $F_{mr}$ and the buffer displacement of the mass is expressed as $x$. According to Newton’s second law, the motion (Eq. 1) of the system can be described as follows:

$$F_{pt} - F_{mr} = m\ddot{x},$$

where $F_{pt}$ is the impact force, $x$ is the buffer displacement of the mass, $m$ is the mass of the object subjected, and $F_{mr}$ is the output damping force of the MR damper, which is composed of two parts: controllable Coulomb damping force $F_{T} = c_{2}T_{s}\text{sgn}[u(t)]$ and uncontrollable viscous damping force $F_{\eta} = c_{1}\dot{x}$. $c_{1}$ and $c_{2}$ are the coefficients related to the size of the MR damper, where $c_{1} = \frac{3\eta\pi T L}{4h}$ and $c_{2} = \frac{2\pi T d}{4h}$. The MR damper used in this study is the same as that used in the article by Li et al. (2019), where $c_{2} = 0.01546N/\text{pa}$. Without considering the disturbance caused by temperature, let $\eta = 0.19$, then $c_{1} = 921.8 \text{ N/s/m}$.

The impact buffer system is characterized by large impact force and extremely short action time. The impact force is adopted in the simulation as shown in Figure 2. As shown in

![FIGURE 1 | Simplified mechanical model of magnetorheological (MR) impact buffer system.](image1)

![FIGURE 2 | Simulated impact signal.](image2)

![FIGURE 3 | Curve of control target.](image3)
Eq. 2, only when the output damping force \( F_{mr} \) of the MR damper is equal to a constant, a good buffer effect can be obtained. To be specific, according to the law of conservation of energy, the area enclosed by the buffer displacement and the output damping force of the damper is constant, as shown in Figure 3. It can be seen from this figure that only when the output damping force curve is constant, can the peak of the damping force be minimized within the limited displacement. Therefore, only when the relationship of the damping force and the buffer displacement shows a “platform effect,” the MR impact buffer system is the most stable and can obtain the best buffer effect (Li et al., 2019).

\[
F_{mr,i} = F_{\tau} + F_\eta = F_{\tau} + c_1 x = \text{constant},
\]  
\( (2) \)

where \( F_{mr,i} \) is the ideal damping force.

Assuming that the ideal output damping force of the MR damper is equal to 4,000 N regardless of the influence of temperature on the damping force, the ideal controllable Coulomb damping force of the MR damper \( F_{\tau,i} \) can be obtained by combining Eqs. 1, 2, as shown in Figure 4.

According to the Bingham mechanical model, the controllable damping force \( F_{\tau} \) is a nonlinear single-valued function of magnetic flux density \( B \). Therefore, the input of the control system can be converted from ideal Coulomb force to ideal magnetic flux density, as shown in the following equation:

\[
B_t = f\left( \frac{F_{\tau}}{c_2} \right).
\]  
\( (3) \)

However, the dynamic viscosity and the damping force of the MR fluid decrease with the increase in temperature (Wilson et al., 2013). Therefore, the effect of temperature on the damping force must be considered when the MR damper is applied. LORD company’s research (Blanchard, 2003) showed that the viscosity of the MR fluid is in a power exponent relation with the change in temperature; approximately, the viscosity–temperature characteristic of mineral hydraulic oil meets the viscosity–temperature relation, namely,

\[
\eta_T = \eta_{T_0} e^{-\lambda(T-T_0)}.
\]  
\( (4) \)

In this study, the MR fluid used in the damper was produced by Ningbo Shangong Intelligent Safety Technology Co., Ltd. Its model is SG-MRF2035. According to the experimental data of dynamic viscosity and temperature in the manual, the relationship between temperature and dynamic viscosity of the MR fluid can be fitted in MATLAB, the fitting result is shown in Figure 5 and the corresponding equation is as follows:

\[
\eta_T = 0.9357 e^{-0.0088(T-4.47)}.
\]  
\( (5) \)

Under the influence of temperature, the damping coefficient \( c_1 \) of the damper changes with the dynamic viscosity \( \eta_T \) of the MR fluid, which leads to the change in the viscous damping force \( F_\eta \) eventually. The change in the damping force caused by temperature is regarded as a disturbance in this study. By referring to the theoretical model of temperature increase (Gordaninejad and Breese, 1999; Figure 6), three sets of
different temperature disturbance curves are designed, which are 20–40, 20–50, and 20–60°C.

It is well known that the ferromagnetic particles in the MR damper cause the hysteresis nonlinearity of the damper, which is manifested as the hysteresis nonlinearity between $F_{mr} \sim I$ (Li et al., 2018), which limits the application of the MR damper to a great extent, so hysteresis is treated as a disturbance in this study. The experimental results of the article (Li et al., 2019) show that the maximum hysteresis of the MR damper used in this article is 0.03 T. So the hysteresis disturbance signal of the MR impact buffer system is established, as shown in Figure 7.

**Design of Magnetic Flux Density Controller Based on CTSMC**

According to the MR coil electromagnetic circuit, the theoretical model for the response features of magnetic flux density was established (Li et al., 2018):

$$\dot{B} = -\frac{1}{T_1} B + \frac{K_i}{T_1} U,$$

where $T_1$ is the response time constant and $K_i$ is the system gain.

Considering the internal uncertainty and external disturbance of the system, the system can be rewritten as follows:

$$\dot{B} = bU + f(B, d, t),$$

where $b = \frac{K_i}{T_1}$, is considered to be the total disturbances, and $d(t)$ is the external disturbances. The total disturbances include the internal and external disturbances of the MR damper, such as hysteresis, temperature, and unmodeled dynamics.

Let $B_r$ denote the magnetic flux density reference signal. Then the magnetic flux density tracking error is defined as follows:

$$e = B_r - B.$$  \hspace{1cm} \text{(8)}

When the derivative of $e$ is substituted into Eq. 7, the differential equation of the flux density tracking error can be obtained as follows:

$$\dot{e} = \dot{B}_r - bU - f(B, d, t).$$  \hspace{1cm} \text{(9)}

The terminal sliding surface is designed as

$$s = ce + \dot{e}.$$  \hspace{1cm} \text{(10)}

The CTSMC law is designed as (Wang et al., 2016)

$$U_c = b\left(u_{eq} + u_e\right),$$  \hspace{1cm} \text{(11)}

$$u_{eq} = ce + \dot{B}_r,$$  \hspace{1cm} \text{(12)}

$$u_e = k\int_0^t \text{sgn}(s) \, dt,$$  \hspace{1cm} \text{(13)}

where $c > 0$, $k > 0$, and $\text{sgn}$ is the symbolic function. We ignore the disturbance and uncertainty of the system and set $\dot{s} = 0$ to obtain the equivalent control $u_{eq}$. Through analyzing $\dot{s}$, substituting $u = u_{eq} + u_e$ to $\dot{s}$, and making $\dot{s} \leq -\eta|s|$ hold, the switching robust term $u_e$ of the control law can be obtained.

Hypothesis 1: Suppose the derivative of $f(B, d, t)$ is bounded, and there is a constant $k_d > 0$, such that

$$|f(B, d, t)| \leq k_d, \quad t \geq 0.$$  \hspace{1cm} \text{(14)}

Theorem 1: Suppose the system satisfies Hypothesis 1. Under the control law (Eqs. 11–13), when the gain meets $k > k_d$, the magnetic flux density error of the system converges to zero in a finite time.

Proof: According to Eq. 9, the terminal sliding surface (10) can be rewritten as follows:

$$s = ce + \dot{e} = ce + \dot{B}_r - bU - f(B, d, t),$$  \hspace{1cm} \text{(15)}

Substituting Eqs 11–13 into Eq. 15 yields

$$s = -u_e - f(B, d, t).$$  \hspace{1cm} \text{(16)}

Taking the Lyapunov equation as $V = \frac{1}{2}s^2$ and the derivative of the sliding surface (16) along the flux density tracking error system (9) yields...
FIGURE 8 | Control schematic diagram of MR impact buffer control system based on the CTSMC.

FIGURE 9 | Simulation block diagram of MR impact buffer control system containing disturbance based on the CTSMC.

FIGURE 10 | Control schematic diagram of the sliding ADRC (CTSMC + ESO).
Hence,
\[ s' = -k|s| - \dot{f}(B, d, t)s, \]
\[ V = s's = -k|s| - \dot{f}(B, d, t)s \leq -k|s| + |f(B, d, t)||s| \]
\[ = -[k - f(B, d, t)]|s| \]
\[ = -\sqrt{2}(k - k_d)V^2. \]

It can be proved from the above inequality that if \( k > k_d \), the magnetic flux density error will reach the terminal sliding surface in finite time \( t_r \). The total time from \( s(0) \neq 0 \) to \( e(t_r) = 0 \) can be calculated as follows:
\[ t_r = t_{0} \leq \frac{\sqrt{2} V^2(0)}{(k - k_d)}, \]
where \( t_r \) is the time from \( s(0) \neq 0 \) to \( s(t_r) = 0 \). Therefore, the magnetic flux density error will converge to zero in a finite time. The theorem is proved.

From Eqs. 11–13, it can be seen that the control term \( U_c \) is continuous, although Eq. 13 includes the high-frequency conversion term \( \text{sgn}(s) \). Therefore, the CTSMC law eliminates the chattering caused by the switching term.

According to the above design process, the control system based on CTSMC is obtained, as shown in Figure 8. The magnetic flux density sliding mode controller is in the dashed box, the input of the sliding mode controller is the error \( e \) between the ideal magnetic flux density and the actual magnetic flux density, and the output is the control voltage \( U_c \) of the MR damper. The system adjusts the magnetic flux density \( B \) by voltage \( U_c \) to track the ideal magnetic flux density. In addition, the MR impact buffer control system based on CTSMC was built in MATLAB/Simulink, as shown in Figure 9. The system includes the sliding mode magnetic flux density controller, the simulated impact force, the theoretical model for the response features of magnetic induction intensity, and the Bingham mechanical model. At the beginning of the simulation, let \( T = 20^\circ \text{C} \), from Eq. 5, \( \eta_T = 0.82 \), then \( c_1 = 3978.3 \text{N} \cdot \text{s/m} \). The corresponding damping force can be calculated by substituting the Bingham mechanical model. More specifically, as shown in Figure 6, the temperature changes with time, and the value of \( \eta_T \) at this temperature can be calculated according to Eq. 5, and then, the corresponding damping force can be calculated. The disturbance hysteresis curve, shown in Figure 7, is added with the magnetic induction generated by the theoretical model of the magnetic induction response characteristics to obtain the inherent hysteresis characteristics of the MR fluid damper.

**DESIGN OF THE SLIDING MODE ADRC CONTROLLER**

**Design of the ESO**

The ESO can estimate the original system state and disturbance together; in addition, the ESO regards internal and external disturbances as the new state of the system. The biggest advantage of the ESO is that it does not rely on the generated disturbance model, nor does it use the functional relationship of the controlled object. The controller can eliminate the system disturbance signal estimated by the ESO, so as to achieve the purpose of auto disturbance rejection (Han, 1998).

\( f(B, d, t) \) is considered as a new extended state of the system. Let \( x_1 = B \) and \( x_2 = f(B, d, t) \), then system (7) can be written as the following equation of state:
\[
\begin{align*}
\dot{x}_1 &= x_2 + bU_c, \\
\dot{x}_2 &= c(t),
\end{align*}
\]
where \( c(t) = \dot{f}(B, d, t) \).

The second-order linear ESO design of system (21) is as follows:
\[
\begin{align*}
\dot{z}_1 &= z_2 - 2w_0(z_1 - x_1) + bU_c, \\
\dot{z}_2 &= -w_0(z_1 - x_1),
\end{align*}
\]
where \( b \) is the gain of the control, \(-w_0\) is the double pole expected by the ESO, and \( w_0 > 0 \). \( z_1 \) and \( z_2 \) are estimates of the states \( x_1 \) and \( x_2 \), respectively. State \( z_1 \) converges to \( B \) asymptotically and state \( z_2 \) converges to total disturbance \( f(B, d, t) \). The convergence rate can be adjusted by the parameter \( w_0 \). Based on the disturbance estimate of the ESO, a feedforward compensator is designed to suppress the system disturbances.

**Control Law Design of the Sliding Mode ADRC**

The CTSMC control law not only enables the closed-loop system to have strong antidisturbance ability but also can eliminate buffeting. However, in the case of strong disturbance, the CTSMC control law needs a higher gain to eliminate disturbance. The sliding mode ADRC control method can greatly reduce the CTSMC law gain while compensating the total disturbances of the observation system in real time.

The control law of the sliding mode ADRC is shown in Eqs. 23–25:

\[
U_c = b' \left( u_{eq} + u_v - z_2 \right),
\]
where \( c > 0 \), \( k > 0 \), and \( \text{sgn} \) is the symbolic function.

**Hypothesis 2**: Suppose the derivative of \( e_d \) is bounded, and there is a constant \( k_{ed} > 0 \), such that

\[
\left| \dot{e}_d(t) \right| \leq k_{ed}, \quad t \geq 0,
\]
where \( e_d(t) = f(B, d, t) - z_2 \) is the error of the estimate of the disturbance and \( f(B, d, t) \) is the disturbance of system (7).

**Theorem 2**: Suppose system (7) satisfies Hypothesis 2. In the control law (Eqs. 23–25), the magnetic flux density error of the system will converge to zero in a finite time if the gain satisfies \( k \geq k_{ed} \).

**Proof**: According to Eq. 9, the terminal sliding mode surface (10) can be rewritten as

\[
s = c \dot{e} + \dot{e} = c e + \dot{B}_r - bU_c - f(B, d, t).
\]
Substituting the control law (Eqs. 23–25) into Eq. 25 yields

\[
s = -u_v - e_d(t).
\]
Taking the Lyapunov equation as $V = \frac{1}{2}s^2$ and the derivative of the sliding surface (27) along the flux density tracking error system (9) yields

$$\dot{s} = -u_s - e_d'(t) = k \cdot \text{sgn}(s) - e_d'(t),$$

(28)

Hence,

$$s\dot{s} = -k|s| - e_d'(t)s.$$

(29)

According to Hypothesis 2, the above equation can be rewritten as follows:

$$\dot{V} = s\dot{s} = -k|s| - e_d'(t)s$$

$$\leq -k|s| + |e_d'(t)||s|$$

$$= -[k - |e_d'(t)||s|]$$

$$\leq -[k - k_{ed}||s|$$

$$= -\sqrt{2}(k - k_{ed})V^{\frac{1}{2}}.$$  

(30)

The above inequality can prove that if $k > k_{ed}$, the magnetic flux density error will reach the terminal sliding surface in a finite time and hold there. The calculation of total time $t_f$ from $s(0) \neq 0$ to $e(t) = 0$ can be referred to the CTSMC control strategy, and the proof is completed.

The block diagram of the sliding mode ADRC system is shown in Figure 10. The input of the controller is the error $e$ of the ideal magnetic flux density and the actual magnetic flux density, and the output is the control voltage $U_c$ of the MR damper. Moreover, the input of the ESO is the control voltage $U_c$ and the actual magnetic flux density $B$ of the MR damper, and the outputs are the estimations of the disturbance $f(B, d, t)$ and the estimated magnetic flux density value of the MR damper. Furthermore, the estimated disturbance is used as the feedforward compensation to the sliding mode controller to reduce the disturbance effect on the MR damper, and the gain of the CTSMC law can be adjusted. As shown in Figure 11, an MR impact buffer control system based on the sliding mode ADRC law was built in MATLAB/Simulink. It is different from the CTSMC control law in that this system has one more ESO. The treatment of temperature disturbance and hysteresis disturbance is the same as in the CTSMC control system.

![Figure 13](image-url)
RESULTS AND DISCUSSION

Verification of Hysteresis Suppression

The ideal magnetic flux density input signal includes low-frequency signals and high-frequency signals. Among them, the low-frequency signal is a window function and the high-frequency signal includes a high-frequency window function and a multistep function. The maximum amplitude of each analog input signal is set to 1 T. Open loop, PID, fractional PID, and CTSMC strategies are adopted to suppress the hysteresis nonlinearity of the MR damper. The simulation results are shown in Figure 13 and Figure 14. In Figure 14, A and C are hysteresis disturbance curves, which are drawn based on the open-loop simulation result that uses the Jiles–Atherton (J–A) model to describe the hysteresis characteristics of the MR damper (Li et al., 2019), as shown in Figure 12. It can be seen from Figure 12A that the hysteresis characteristic of the MR damper in the positive stroke can be ignored, but there is a 30% hysteresis of the reverse stroke in 0.8–1 s. Therefore, in the simulation in this article, 30% hysteresis is added to the system in 0.8–1 s of the reverse stroke to form the hysteresis disturbance curve of the window function. As above, the hysteresis curves of the system with the input signals of the high-frequency multistep function and high-frequency window function can be obtained.

According to B and D in Figure 13, after the signal begins to drop in the open-loop control system, the magnetic flux density output by the MR damper cannot track the ideal magnetic flux density. There is a certain amount of hysteresis; at the same time, there is about 20% oscillation at the signal drop point, which seriously affects the control accuracy of the system. In the PID and fractional PID control systems, the changes of the input signal can be tracked by the output signal of the magnetic flux density, but compared with CTSMC, the PID control system has a response time of 0.03 s and 0.7% remaining magnetic, fractional PID control system has 2% overshoot. Compared with the other three control methods, CTSMC has a response time that can almost be neglected and no overshoot in the dynamic process, so that the output can quickly track the input, which shows that
compared with the other three control methods, CTSMC has the most obvious suppression effect on hysteresis. The impact loading duration of the MR impact buffer system is very short, always less than 0.1 s. To verify whether the hysteresis suppression control method can work normally in the impact buffer system, two high-frequency input signals were used for simulation. As shown in Figure 14A and C, the origin of the hysteresis curve at high frequency is the same as that at low frequency. The simulation results are shown in Figure 14B and D. Under the condition of high-frequency input signals, the suppression effect of the hysteresis of the four control strategies is not much different from that under low-frequency input signals, which shows that the disturbance suppression control method put forward in this article is suitable for the impact buffer system with a short working cycle and is beneficial for improving the disturbance suppression ability in the MR impact buffer system.

**Verification of Temperature Suppression**

When using an MR damper, the influence of temperature must be considered. As shown in Figure 6, three groups of different temperature disturbance curves are designed, which are 20°C–40°C, 20°C–50°C, and 20°C–60°C. In the case of three groups of different temperature disturbances, the simulation results of the impact buffer system using the CTSMC controller and the CTSMC + ESO controller are shown in Figure 15 and Figure 16. It can be seen from Figure 15 and Figure 16D that the buffering effect of the system is close to the “platform effect” and consistent with the control objective, except for the peak damping force at the beginning. Moreover, the peak damping force output by the MR damper does not change with temperature changes, which indicates that the CTSMC control system and the CTSMC + ESO control system are not sensitive to temperature changes and can effectively suppress the temperature disturbance in the MR shock buffer system.

**Simulation Results of the MR Impact Buffer Disturbance Rejection Control System**

Under the circumstance of hysteresis disturbance and temperature (20–50°C) disturbance, the simulation results of the MR impact buffer system under the controller of open loop, PID, fractional PID, CTSMC, and the sliding mode ADRC are shown in Figure 17 and Table 1. The standard for evaluating the performance of the MR impact buffer system is that the curve of the output damping force and buffer displacement shows a “platform effect.” In the action stage of the impact force, since the impact force is far greater than the

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**FIGURE 15 | Simulation results of MR impact buffer system under CTSMC control strategy. (A) Displacement. (B) Velocity. (C) Damping force. (D) Damping force vs. displacement.**
resistance, the energy of the impact load determines the peak value of the speed. As shown in Figure 17B, the speed reaches the peak quickly before 0.005 s, and the peak speed is about 3.7 m/s and then quickly drops to 0. This indicates that the peak speed has nothing to do with the control algorithm and is determined by the energy of the impact load and the structural size of the damper. From the perspective of the output damping force–displacement curve in Figure 17D, it can be seen that the buffering effect under open-loop control is far from the ideal buffering effect during the entire buffering process, and the damping force cannot be maintained as a constant. The damping force–displacement curves under the PID and fractional PID control strategies show that the peak damping force is much larger than the ideal value of 4000 N, and the control effect is close to constant except for the initial part of the buffering process. The damping force–displacement curves under the CTSMC and the sliding mode ADRC method have a better buffering effect, of which the latter is the most satisfactory one. Compared with the other four control algorithms, the sliding mode ADRC algorithm has the smallest initial damping force peak, the “platform effect” between damping force and buffer displacement is more obvious, and the control process is close to a constant. Meanwhile, the buffer displacement of the entire damper system increases significantly, while the output damping force becomes smaller, which is completely consistent with the set control target.

To facilitate the analysis and comparison of the effects of the five control methods, Table 1 is made. In addition to open-loop control, the displacement of the other control methods is about 148 mm, but the peak value of the output damping force of the sliding mode ADRC algorithm is much smaller than that of the other control algorithms, 1944 N smaller than the maximum output damping force, and the peak damping force is effectively weakened. In addition, compared with CTSMC, the gain of the sliding mode ADRC is 9,000 smaller, which can reduce the pressure of the controller and improve the control accuracy. The simulation results show that disturbance is one of the important reasons for the unsatisfactory buffering effect and further show that the two control strategies proposed in this study have a certain degree of suppression on disturbance during the impact stage. In brief, in the presence of disturbances, compared with other control strategies, the sliding mode ADRC obtains the overall optimal buffering effect, which is completely consistent with the set control target, and suppresses the influence of temperature and hysteresis disturbances on the shock buffer system and reduces the high gain of the CTSMC law simultaneously.
CONCLUSION

In this article, the disturbance suppression control method of the MR impact buffer system is studied. First, in order to suppress the influence of disturbance on the MR impact buffer system, the temperature disturbance and hysteresis disturbance of the system are analyzed. Meanwhile, the related disturbance signals are described, and the CTSMC law is proposed. Then, considering that the high gain of the CTSMC control law will cause the steady-state damping force fluctuation of the MR impact buffer system, a sliding mode ADRC is proposed. The Lyapunov stability criterion can ensure the stability of the CTSMC strategy, and the feedforward compensation term based on the ESO disturbance estimation is designed to compensate for the system’s total disturbance to reduce the gain of the CTSMC law and disturbance suppression. Finally, two simulation experiments are carried out in MATLAB/Simulink. One of them uses window function, square wave function, and multistep function as ideal input signals to verify the response time, overshoot, and suppression of hysteresis nonlinearity of the CTSMC method. The second is to establish a simulation model of the MR shock buffer system in MATLAB/Simulink to verify the antidisturbance ability and buffer performance of the system by using the CTSMC method and the sliding mode ADRC method. In order to highlight the advantages of the proposed controllers, an open-loop controller, a PID controller, and a fractional order PID controller are used as a comparison. Numerical simulations show that the CTSMC controller has fast response speed,

![Simulation results of MR impact buffer system under five control strategies.](image)

**FIGURE 17** | Simulation results of MR impact buffer system under five control strategies. (A) Displacement. (B) Velocity. (C) Damping force. (D) Damping force vs. displacement.

| Control method | Gain (K) | Maximum displacement (mm) | Peak damping force (N) |
|----------------|----------|---------------------------|------------------------|
| Open loop      | –        | 112                       | 6,294                  |
| PID            | –        | 148                       | 5,769                  |
| *P*D*          | –        | 147                       | 5,066                  |
| CTSMC          | 11,000   | 148                       | 4,759                  |
| CTSMC + ESO    | 2000     | 148                       | 4,350                  |

**TABLE 1** | Comparison of maximum displacement and peak damping force of five control methods.
no overshoot, and effectiveness in restraining the hysteresis of the MR damper. In addition, the simulation results of the MR shock buffer system show that the peak value of the output damping force is the smallest, about 4350 N, when the sliding mode ADRC strategy is adopted in the presence of hysteresis and temperature disturbance; however, the output damping force of the system with the other four control methods is much larger than the ideal value of 4000 N. Furthermore, the gain of the CTSMC can be reduced from 11,000 to 2000 while ensuring better buffer performance. This means that the sliding mode ADRC method proposed in this study is suitable for the MR shock buffer system and can improve the buffer performance of the system under impact load.

**DATA AVAILABILITY STATEMENT**

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

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**AUTHOR CONTRIBUTIONS**

ZL proposed a sliding mode active disturbance rejection control method and analyzed the experimental data. BW carried out formula derivation and simulation on sliding mode active disturbance rejection control of magnetorheological damper. WW did some work for revising the manuscript and participated in the experiments of this paper.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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