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The Structure and Dynamical Evolution of the Stellar Disk of a Simulated Milky Way-Mass Galaxy

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ABSTRACT
We study the structure, age and metallicity gradients, and dynamical evolution using a cosmological zoom-in simulation of a Milky Way-mass galaxy from the Feedback in Realistic Environments project. In the simulation, stars older than 6 Gyr were formed in a chaotic, bursty mode and have the largest vertical scale heights (1.5–2.5 kpc) by $z=0$, while stars younger than 6 Gyr were formed in a relatively calm, stable disk. The vertical scale height increases with stellar age at all radii, because (1) stars that formed earlier were thicker ‘at birth’, and (2) stars were kinematically heated to an even thicker distribution after formation. Stars of the same age are thicker in the outer disk than in the inner disk (flaring). These lead to positive vertical age gradients and negative radial age gradients. The radial metallicity gradient is negative at the mid-plane, flattens at larger disk height $|Z|$, and turns positive above $|Z| \sim 1.5$ kpc. The vertical metallicity gradient is negative at all radii, but is steeper at smaller radii. These trends broadly agree with observations in the Milky Way and can be naturally understood from the age gradients. The vertical stellar density profile can be well-described by two components, with scale heights 200–500 pc and 1–1.5 kpc, respectively. The thick component is a mix of stars older than 4 Gyr which formed through a combination of several mechanisms. Our results also demonstrate that it is possible to form a thin disk in cosmological simulations even with strong stellar feedback.

Key words: galaxies: abundances – galaxies: evolution – galaxies: formation – cosmology: theory

1 INTRODUCTION
Gilmore & Reid (1983) first discovered that the vertical stellar density profile in the solar neighborhood in the Milky Way (MW) can be described by two exponential components with scale heights $\sim 300$ pc and $\sim 1450$ pc, respectively, and identified them as the thin disk and the thick disk. Such a two-component profile is also seen in external edge-on disk galaxies (e.g. Yoachim & Dalcanton 2006; Comerón et al. 2011, 2012). However, it remains unclear whether the thin and thick disks are two distinct components or one single structure that varies continuously above the disk plane.

Several mechanisms have been proposed to explain the formation of the thick disk, despite the ambiguity of whether it is a discrete component or not. Some popular scenarios, all motivated by theory or observations, include: (1) kinematic heating from a pre-existing thin disk during minor mergers (e.g. Quinn et al. 1993; Kazantzidis et al. 2008; Hopkins et al. 2008; Villalobos & Helmi 2008; Purcell et al. 2009; Qu et al. 2011), (2) star formation at high redshift from chaotic gas accretion during hierarchical assembly (Brook et al. 2004) or in a turbulent, gas-rich disk (Bournaud et al. 2009; Haywood et al. 2013), (3) radial migration of stars from the inner disk to the outer disk (Schönrich & Binney 2009b; Loebman et al. 2011), and (4) accretion of stars from SMC-like satellites (Abadi et al. 2003). Nonetheless, it is still unclear which mechanism (or combination of mechanisms) is responsible for the formation of thick disks in the MW and other galaxies.

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Thanks to spectroscopic surveys of stars in the MW, such as RAVE (Steinmetz et al. 2006), SEGUE (Yanny et al. 2009), APOGEE (Allende Prieto et al. 2008), and Gaia-ESO (Gilmore et al. 2012), one can now combine three-dimensional position, velocity, and chemical abundance information for large samples (for a recent review, see Rix & Bovy 2013). Many groups have claimed that there are two distinct sub-populations, named α-rich and α-poor stars, as revealed by the gap in the [α/Fe]–[M/H] plane ([M/H] represent total stellar metallicity relative to solar abundance) or the bimodality of the [α/Fe] distribution at fixed [M/H]. These two populations are attributed to the thick and thin disks (e.g. Adibekyan et al. 2013; Bensby et al. 2014; Anders et al. 2014; Nidever et al. 2014; Mikolaitis et al. 2014; Kordopatis et al. 2015). However, some samples show a much less significant gap in the [α/Fe]–[M/H] plane than others (e.g. Mikolaitis et al. 2014; Kordopatis et al. 2015), or no gap at all (e.g. Boeche et al. 2014). Also, in some cases, the bimodality appears in certain α elements but disappears in others (e.g. Bensby et al. 2014; Mikolaitis et al. 2014). The bimodality, if real, implies that the MW may have a special formation history (e.g. Nidever et al. 2014). Also, it is not clear whether such feature is common in other galaxies.

Many groups have confirmed a negative radial metallicity gradient with a slope $d[M/H]/dr \sim -0.06$ dex kpc$^{-1}$ in MW stars near the disk plane (height $|Z| < 0.5$ kpc), with $d[M/H]/dr$ gradually flattening above the mid-plane and turning positive at and above $|Z| > 1.5$ kpc (e.g. Cheng et al. 2012; Boeche et al. 2013, 2014; Anders et al. 2014; Hayden et al. 2014; Mikolaitis et al. 2014). A negative vertical metallicity gradient is also found in the MW disk from the mid-plane to $|Z| \sim 3$ kpc, but the slope varies dramatically in the literature (e.g. Carrell et al. 2012; Boeche et al. 2014; Hayden et al. 2014). Hayden et al. (2014) found that the vertical metallicity gradient is steeper at inner Galactocentric radii than at outer radii.

Nevertheless, using the data at a single epoch alone is not sufficient to identify the mechanism for MW thick disk formation. Cosmological simulations are useful for this problem as they allow one to trace the evolution of the galaxy as well as understand the underlying implications in the observational data. For example, Stinson et al. (2013) presented a cosmological simulation that produces a disk galaxy with similar mass and structure to the MW; they found that older stars tend to have larger scale heights but shorter scale lengths than younger stars and supported the observationally motivated conjecture in Bovy et al. (2012) that mono-abundance populations (stars with certain [Fe/H] and [α/Fe]) are good proxies for single age populations. They found that the thick disk was formed kinematically hot in their simulated galaxy. However, Miranda et al. (2016) pointed out that the metallicity gradients in the disk strongly rely on the treatment of (simplified) feedback in these simulations and only certain recipes produced similar behavior to the MW in their simulations. Therefore, it is important to include realistic models of the interstellar medium (ISM) and stellar feedback to understand the formation of galactic disks.

In this paper, we study a simulation from the Feedback in Realistic Environments project (FIRE; Hopkins et al. 2014)\(^1\), which produces a disk galaxy with stellar mass similar to the MW at $z = 0$, to study the structure and abundance pattern of stars in the galactic disk. We present the structure and dynamical evolution of the stellar disk, compare the metallicity gradients and their variation with recent observations, and show how the metallicity gradients can be understood from the disk structure. The FIRE project is a suite of cosmological zoom-in simulations with detailed models of the multi-phase ISM, star formation, and stellar feedback taken directly from stellar evolution models and it produces reasonable galaxy properties broadly consistent with observations from $z = 0$–6, such as the stellar mass–halo mass relation (Hopkins et al. 2014; Feldmann et al. 2016), the Kennicutt–Schmidt law (M. Orr, in preparation), neutral hydrogen covering fractions around galaxies at both low and high redshift (Faucher-Giguère et al. 2015, 2016; Hafen et al. 2016), the stellar mass–metallicity relation (Ma et al. 2016), mass-loading factors of galactic winds (Muratov et al. 2015), metal budgets and CGM metal content (Muratov et al. 2016), galaxy sizes (El-Badry et al. 2016), and the population of satellite galaxies around MW-mass galaxies (Wetzel et al. 2016). We briefly summarize the simulation in Section 2, present our main results in Section 3, discuss our findings in Section 4, and conclude in Section 5.

We adopt a standard flat ΛCDM cosmology with cosmological parameters $H_0 = 70.2$ km s$^{-1}$ Mpc$^{-1}$, $\Omega_m = 0.728$, $\Omega_{\Lambda} = 0.272$, $\Omega_{\Lambda} = 0.0455$, $\sigma_8 = 0.807$ and $n = 0.961$, broadly consistent with observations (e.g. Hinshaw et al. 2013; Planck Collaboration et al. 2014).

| Symbol | Description |
|--------|-------------|
| $z$    | Redshift    |
| $t_{\text{lookback}}$ | Lookback time |
| age    | Stellar age at $z = 0$ |
| $X, Y, Z$ | Cartesian coordinates |
| $R$    | Galactocentric radius |
| $|Z|$   | Height from the mid-plane |
| [M/H]  | Total metallicity (relative to solar) |
| [Fe/H] | Fe abundance (relative to solar) |
| [Mg/Fe]| Mg to Fe abundance ratio (relative to solar) |

Table 1. A list of symbols used in this paper.

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2 SIMULATION AND METHODS

In this work, we perform a case study using galaxy m12i, a disk galaxy with mass comparable to the Milky Way at $z = 0$, from the FIRE project. We pick this simulation because it has been well-studied in previous work (e.g. Hopkins et al. 2014; Muratov et al. 2015, 2016; El-Badry et al. 2016) and has a morphology that is closest to the MW in our suite. A detailed description of the simulations, numerical recipes, and physics included is presented in Hopkins et al. (2014, and references therein). We briefly summarize their main features here. The simulation is run using GIZMO (Hopkins 2015), in P-SPH mode, which adopts a Lagrangian pressure-entropy formulation of the smoothed particle hydrodynamics (SPH) equations that improves the treatment of fluid-mixing instabilities (Hopkins 2013).

The cosmological ‘zoom-in’ initial conditions for m12i are adopted from the AGORA project (Kim et al. 2014). The zoom-in region is about one Mpc in radius at $z = 0$. The initial particle masses for baryons and dark matter are $m_b = 5.7 \times 10^8 M_{\odot}$ and $m_{\text{dm}} = 2.8 \times 10^3 M_{\odot}$, respectively. The minimum force softening lengths for gas and star particles are $\epsilon_{	ext{gas}} = 14$ pc and $\epsilon_{\text{star}} = 50$ pc (Plummer-equivalent). The force softening lengths for the gas particles are fully adaptive (Price & Monaghan 2007). The most massive halo in the zoom-in region has a halo mass of $M_{\text{halo}} = 1.4 \times 10^{12} M_{\odot}$ and a stellar mass around $M_* = 6 \times 10^{10} M_{\odot}$ at $z = 0$.

In our simulation, gas follows a molecular-atomic-ionized
Table 2. Lookback time vs redshift.

| Lookback Time \( t_{\text{lookback}, \text{in Gyr}} \) | 0   | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 10  |
|-----------------------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Redshift \([z]\)                             | 0.076 | 0.162 | 0.258 | 0.369 | 0.497 | 0.649 | 0.834 | 1.068 | 1.812 |
Figure 1. Top: Morphology of stars in different age intervals at $z = 0$. The thickness increases with stellar age, but the scale length first decreases with stellar age in $0 < \text{age} < 6\,\text{Gyr}$ and then increases in age $> 8\,\text{Gyr}$, leaving stars of age $\sim 6\,\text{Gyr}$ the most radially concentrated (owing to a merger-driven nuclear starburst about this time). Middle: Morphology of the same stars from each $z = 0$ age interval in the top panel, but viewed at the epoch when they just formed (labeled by lookback time) in the galaxy progenitor. Stars younger than 6 Gyr at $z = 0$ were formed in a relatively calm disk. Stars older than 8 Gyr at $z = 0$ were formed in a violent, bursty mode and relax by $z = 0$. Bottom: Morphology of gas, viewed at the same epochs as in the middle panel. At early time, the gas is highly irregular and chaotic. By $t_{\text{lookback}} \sim 6\,\text{Gyr}$ ($z \sim 0.7$), the gas eventually formed a disk.

There are no longer large scale outflows (Muratov et al. 2015). Hayward & Hopkins (2015) proposed an analytic model and argued that such bursty-to-calm transition is expected in massive galaxies at late times, due to the change of ISM structure at low gas fractions.

We estimate the fraction of stars that comes from mergers or tidally disrupted satellites, i.e. stars formed outside the main progenitor galaxy, using the particle tracking technique developed by and presented in D. Anglés-Alcázar et al. (in preparation). We find that only $\lesssim 10\%$ of the stellar mass in the $z = 0$ galaxy was formed ex situ and this contribution is only significant far above the galactic plane ($|Z| \gtrsim 5\,\text{kpc}$). For example, during the last minor merger
Figure 2. Vertical stellar density profile $\rho_\ast(|Z|)$ at $R = 8$ kpc (black points) in the simulation at $z = 0$. The density profile cannot be well described by a single-component profile (Eqn. 1, black dotted line), while a two-component profile provides a good fit (Eqn. 2, black dashed line). The dark green and brown dashed lines show the thin- and thick-disk profiles from the fitting. The ‘thin’ and ‘thick’ disks have scale heights of 300 pc and 1.1 kpc, respectively, close to the MW scale heights around the solar neighborhood (300 pc and 1450 pc, e.g. Gilmore & Reid 1983). The ‘thick disk’ contributes 36% of the total stellar mass around $R = 8$ kpc. The open symbols show the density of stars in different age intervals. Stars younger than 4 Gyr contribute more than 90% of the mass in the ‘thin disk’, while the ‘thick disk’ is made almost entirely of stars older than 4 Gyr.

Figure 3. Scale heights of stars in five age intervals, as a function of galactocentric radius in the disk. Each population can be well-described by a single-component profile from Equation (1). At fixed radius, $Z_H$ increases with stellar age. For a given population, $Z_H$ increases with $R$. The cross and plus symbols show the scale heights of the thin- and thick-disk component, respectively. At all radii, the ‘thin disk’ has a scale height close to that of stars younger than 4 Gyr.

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3.2 Disk Structure

One common argument for the presence of a thick disk in the MW and nearby disk galaxies is that the stellar density profile along the $|Z|$-direction cannot be well-described by a single-component profile

$$\rho_\ast(|Z|) = \rho_\ast(0) \text{sech}^2 \left( \frac{|Z|}{Z_H} \right),$$

where $Z_H$ is the scale height, but requires a second component

$$\rho_\ast(|Z|) = \rho_{\ast,1}(0) \text{sech}^2 \left( \frac{|Z|}{Z_{H,1}} \right) + \rho_{\ast,2}(0) \text{sech}^2 \left( \frac{|Z|}{Z_{H,2}} \right)$$

(e.g. Gilmore & Reid 1983; Yoachim & Dalcanton 2006; Comerón et al. 2011, 2012). In Fig. 2, we show the vertical stellar density profile $\rho_\ast(|Z|)$ at $R \sim 8$ kpc in our simulation (black dots) at $z = 0$ and fit it with a single-component profile (grey dotted line) and a two-component profile (black dashed line), respectively. The dark green and brown lines show the thin- and thick-components, respectively.

We find that a two-component profile provides a much better fit than a single-component profile. The two components, which we refer to as the ‘thin’ and ‘thick’ disks, have scale heights of $Z_{H,1} \sim 300$ pc and $Z_{H,2} \sim 1.1$ kpc, respectively, close to the observed MW-disk scale heights around the solar neighborhood (300 pc and 1450 pc, e.g. Gilmore & Reid 1983). Derived from the profile fitting, the thick disk component contributes 36% of the stellar mass at $R = 8$ kpc, broadly in agreement with measurements of nearby edge-on disk galaxies (e.g. Yoachim & Dalcanton 2006). Note that this is far greater than the fraction of stars that were formed ex situ, which is $\lesssim 5\%$ at $R = 8$ kpc, so the ‘thick disk’ in our simulation does not originate from accreted satellite galaxies.

In Fig. 2, we further decompose the density profile into five bins according to stellar age (open symbols). Qualitatively, the thickness of stars increases with age, with younger stars being most concentrated to the mid-plane and the oldest stars being most vertically extended. This is consistent with the visualization shown in Fig. 1. We find that over 90% of the mass in the ‘thin disk’ is contributed by stars younger than 4 Gyr, while the ‘thick disk’ is made of stars older than 4 Gyr. Note that our thin-to-thick disk decomposition is purely based on the mass density at this point. In Section 4.1, we will further discuss the formation mechanisms of both components.

Stars in each age interval in Fig. 2 can be well-described by a single-component profile from Equation 1. In Fig. 3, we further show $Z_H$ as a function of $R$ for stars in all five age intervals. Only $R = 4-14$ kpc is shown to minimize contamination from the bulge component, which is important within $R < 4$ kpc. Stars older than 8 Gyr have very large scale heights ($Z_H > 1.5$ kpc), since they were formed during the chaotic phase and have relaxed to be quasi-spherical by $z = 0$. Stars younger than 6 Gyr have considerably smaller scale heights, since they were formed in a disk. Even for these stars, the scale heights increase with stellar age at any radius. For example, the scale heights of stars with age 4–6 Gyr are larger than those of stars with age < 2 Gyr by a factor of 2. Note that this is equivalent to the observed age–velocity dispersion relation (e.g. Nordström et al. 2004), since the vertical velocity dispersion is proportional to disk thickness as expected from disk equilibrium.
Figure 4. Top: Median stellar age as a function of $R$ and $|Z|$. The median stellar age naturally follows the disk structure. At fixed radius, stellar age increases with $|Z|$. Above the mid-plane, the stellar age decreases with $R$ due to disk flaring. Bottom: Stellar metallicity in the disk. $[M/H]$ is higher at the inner disk and near the mid-plane than at the outer disk and large heights.

comparison, we also show the scale heights of the ‘thin’ and ‘thick’ disks as a function of galactocentric radius (black cross and plus symbols). At all radii, the ‘thin disk’ scale heights are comparable to those of stars younger than 4 Gyr ($Z_{th1} = 200–500$ pc), while the ‘thick disk’ represents a median stellar age of 8 Gyr ($Z_{th2} = 1–1.5$ kpc). Moreover, the disk is flaring for stars younger than 6 Gyr – the scale height increases with $R$, with $Z_H$ being a factor of 2 larger at $R = 14$ kpc than that at $R = 4$ kpc. The disk flaring broadly agrees with observations in the MW stellar disk (e.g. Momany et al. 2006; Kalberla et al. 2014; Lópes-Corredoira & Molgó 2014; Bovy et al. 2016).

3.3 Age and Metallicity Gradients

In Fig. 4, we show the median stellar age as a function of galactocentric radius $R$ and height $|Z|$ (upper panel) for $R = 0–15$ kpc and $|Z| = 0–5$ kpc in our simulation at $z = 0$. At each radius, the median stellar age increases with $|Z|$, resulting in a significant positive vertical age gradient in the disk. Moreover, there is also a moderate negative radial age gradient above the mid-plane, as the median stellar age decreases with $R$ at fixed $|Z|$. These features naturally follow the disk structure presented above: (1) differential scale heights of stars in different age intervals and (2) the disk flaring for any single-age stellar population. In Fig. 4, we also show the mass-weighted mean stellar metallicity as a function of $R$ and $|Z|$ (bottom panel). Qualitatively, the stellar metallicity is higher at the inner disk and near the mid-plane than at the outer disk and large heights.

In Fig. 5, we further show the radial metallicity gradient $d[M/H]/dR$ as a function of height $|Z|$ (left panel) and vertical metallicity gradient $d[M/H]/d|Z|$ as a function of galactocentric radius $R$ (right panel). The black dashed lines show the values measured in a $z = 0$ snapshot of our simulation. The radial metallicity gradient at a certain $|Z|$ is measured using stars in a layer of thickness $\Delta |Z| = 0.5$ kpc and by fitting the radial metallicity profile from $R = 4–14$ kpc with a simple linear function. For vertical metallicity gradients, we use stars in annuli of $\Delta R = 1$ kpc and fit the vertical metallicity profile from $|Z| = 0–2.5$ kpc with a linear function. We take all star particles into account.

In Fig. 5, we also compare our results with published radial and vertical metallicity gradients measured from different samples of MW stars in the literature (Cheng et al. 2012; Carrell et al. 2012; Boeche et al. 2014; Anders et al. 2014; Hayden et al. 2014). The horizontal error bars show the $R$ or $|Z|$ interval where the metallicity gradient is measured. Our simulation is qualitatively consistent with observations, despite the fact that the slopes are not identical – $d[M/H]/dR = -0.03$ dex kpc$^{-1}$ at $|Z| < 0.5$ kpc is shallower than the canonical MW value of $-0.06$ dex kpc$^{-1}$, but is close or slightly steeper than that of $-0.02$ dex kpc$^{-1}$ in M31 (e.g. Gregersen et al. 2015). It is difficult to know whether this discrepancy is meaningful, without a large, statistically significant sample (both simulated and observed). We find that the radial gradient is negative and steepest near the mid-plane, gradually flattens, and finally becomes positive above $|Z| \gtrsim 1.5$ kpc, as observed (e.g. Cheng et al. 2012; Boeche et al. 2014; Anders et al. 2014). The vertical gradient is negative at any radius between $R = 4–14$ kpc, but is steeper at inner radii. This trend is qualitatively consistent with observations in Hayden et al. 2014.

To understand why the metallicity gradients have such behavior, in Fig. 6, we break down the radial (top panels) and vertical (bottom panels) metallicity profiles into four age intervals: age $< 2$ Gyr (blue dashed lines), $2 < age < 4$ Gyr (red dotted lines), $4 < age < 6$ Gyr (green dash-dotted lines), and age $> 6$ Gyr (magenta dashed lines). The black lines show the metallicity profile of all stars. To leading order, metallicity is a proxy of stellar age, with young stars being more metal-enriched than old stars (also see Section 4.3). The top panels in Fig. 6 show the radial metallicity profiles from $R = 4–14$ kpc in three layers: $0 < |Z| < 0.5$ kpc, $1.0 < |Z| < 1.5$ kpc, and $2.0 < |Z| < 2.5$ kpc. The flattening and inversion of the radial metallicity gradient can be naturally understood from the negative age gradient at large heights. For example, in the $2.0 < |Z| < 2.5$ kpc layer, old, metal-poor stars dominate at $R = 4$ (where the disk scale heights of young stars are small, i.e. $Z_H \sim 0.3$ kpc), while younger, more metal-enriched stars take over at much larger radius (where the young stellar disk is thicker in absolute units, i.e. $Z_H \sim 1$ kpc at $R = 14$ kpc). This leads to an overall positive radial metallicity gradient at this fixed height. The bottom panels in Fig. 6 show the vertical metallicity profile at $R = 6$, 10, and 14 kpc, respectively. The reasons why the vertical metallicity gradient flattens at large radius are twofold: (1) the metallicity of young stars is lower at larger radius than at small radius and (2) the age gradient is much weaker at larger radius.

The negative radial metallicity gradient for stars younger than 6 Gyr (those formed in a disk) near the mid-plane is inherited from the parent star-forming gas disk. A negative radial metallicity gradient is expected from the coevolution between the gas disk and stellar disk (e.g. Ho et al. 2015). In short, suppose a pure gas disk has formed with an exponential surface density profile and begun to form stars. The star formation efficiency is higher at the inner disk than at the outer disk according to the observed Kennicutt–Schmidt law (Kennicutt 1998). Under the local closed-box assumption, the inner disk would be enriched more rapidly than the outer disk, leading to a negative radial metallicity gradient in the disk. Nonetheless, the slope of such a gradient can be affected by disk scale length, ra-
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Figure 5. Left: Radial metallicity gradient $d\text{[M/H]}/dR$ as a function of height $|Z|$. Right: Vertical metallicity gradient $d\text{[M/H]}/dZ$ as a function of galactocentric radius $R$. $d\text{[M/H]}/dR$ is negative at the mid-plane, gradually increases with $|Z|$, and eventually becomes positive above $|Z| \sim 1.5\text{kpc}$. $d\text{[M/H]}/dZ$ is negative at all radii, but is stronger at smaller radii. These trends are qualitatively consistent with observations in the MW disk. A number of observations are shown, including Cheng et al. (2012), Carrell et al. (2012), Boeche et al. (2014), Anders et al. (2014), and Hayden et al. (2014).

Figure 6. Top: Radial metallicity profile in layers with $|Z| = 0–0.5$, 1.0–1.5, and 2.0–2.5 kpc. Bottom: Vertical metallicity profile at radii $R = 6, 10, 14\text{kpc}$. We show the metallicity profiles for all stars (black solid lines) as well as in bins of different stellar ages. The flattening and inversion of the radial metallicity gradient at high $|Z|$ follows the negative age gradient at these heights. The steepening of the vertical metallicity gradient at smaller radii results from a stronger age gradient. The stellar age gradient is a natural consequence of disk structure.
...in a disk (i.e. stars younger than age ≈ 4–6 Gyr at z = 0), as they would be observed at three different epochs (labeled by lookback time) after their formation. Stars formed at an early epoch were born in a thicker disk than those formed at later times, because the star-forming disk was more gas-rich and therefore turbulent. The scale heights of those populations then increase with time due to kinematic heating.

### 3.4 Dynamical Evolution of the Stellar Disk

In Section 3.2, we show that even for stars that are initially formed in a disk (i.e. stars younger than age ≈ 6 Gyr by z = 0), by z = 0, their scale height increases with stellar age at all radii (Fig. 3). To explain this, we first explore the scale heights of stars at the time when they just formed. In the left panel in Fig. 7, we show the scale heights for stars in three z = 0 age intervals: 0–2 Gyr, 2–4 Gyr, and 4–6 Gyr, but measured just after their formation time (labeled by lookback time). In other words, these stars are younger than 2 Gyr at the time we measure their scale heights. The newly formed stars inherit the scale heights and velocity dispersion from the cold star-forming gas in the disk where they were born. In general, stars formed earlier (which are older today) were born with larger scale heights than stars formed at late times. For example, stars with z = 0 age 4–6 Gyr (formation time at t_{lookback} = 4 Gyr) were born with a scale height of Z_H ∼ 0.4 (0.8) kpc at R = 4 (14) kpc at this epoch, larger by a factor of ∼ 2 compared to the ‘at birth’ scale heights of stars formed at z = 0. This naturally follows the evolution of the gas disk, because the thickness of a star-forming disk, where self-regulation by feedback yields a Toomre parameter Q ∼ 1, is proportional to its gas fraction (e.g. Thompson et al. 2005; Faucher-Giguère et al. 2013), which is higher at early times.

We now examine how the scale height evolves over time. In the right panel in Fig. 7, we show the scale heights at three post-formation epochs (labeled by lookback time), for stars in the z = 0 age interval 4–6 Gyr. At all radii, the scale height increases by ∼ 30% (or ∼ 0.2 kpc in absolute units) over the 4 Gyr from their formation time to z = 0. During the same period, the vertical velocity dispersion has also increased consistently. Several mechanisms have been proposed to cause such kinematic heating, including: (1) bars and spiral arms (e.g. Sellwood & Carlberg 1984; Minchev & Quillen 2006; Saha et al. 2010; Faure et al. 2014; Yurin & Springel 2015; Grand et al. 2016), (2) radial migration (e.g. Sellwood & Binney 2002; Schönrich & Binney 2009b; Loebman et al. 2011; however, see e.g. Minchev et al. 2012), (3) perturbation of satellites and sub-halos (e.g. Quinn et al. 1993; Kazantzidis et al. 2008; Purcell et al. 2009; Gómez et al. 2013), and (4) scattering by giant molecular clouds (GMCs) or star clusters (e.g. Spitzer & Schwarzschild 1951, 1953; Aumer et al. 2016). In a cosmological context, these mechanisms are usually combined and difficult to isolate in practice. For example, gravitational perturbation of satellites can induce bars and spiral arms (e.g. Purcell et al. 2011), which further result in kinematic heating and radial migration (Lynden-Bell & Kalnajs 1972). Scattering by massive GMCs is also needed to redistribute the energy between planar and vertical motions (Carlberg 1987).

In our simulation, the increase of disk thickness and velocity dispersion is roughly a linear function of time, indicating that spiral arms may be the dominant heating mechanism, as suggested by an analysis of a large sample of disk galaxy simulations (Grand et al. 2016).

The flaring of the stellar disk is present ‘at birth’ and preserved during kinematic heating. At their formation time, stars inherited the flaring of their parent gas disk, which is likely to be a natural consequence of hydrostatic equilibrium in a galactic potential (e.g. Olling 1995; O’Brien et al. 2010; Allaert et al. 2015), although disk flaring may also be induced and enhanced by mergers, spiral arms and bars, and radial migration (e.g. Bournaud et al. 2009; Purcell et al. 2011).

#### 4 DISCUSSION

In this section, we discuss some observational and theoretical implications of our simulation. Although our analysis in Section 3 is based on a single simulation, preliminary analysis of several other MW-mass disk galaxy simulations indicates that the disk structure and dynamic evolution are similar in other systems, including one using 8 times higher mass resolution from Wetzel et al. (2016, see Appendix A for more details), despite the fact that these simulations are run with a different hydrodynamic method and slightly modified numerical implementations of the feedback model (the
Figure 8. Scale heights as a function of stellar age at \( R = 5, 9, \) and 13 kpc. The cross and plus symbols show the scale heights of the 'thin' and 'thick' components obtained from the profile fitting (e.g. see Fig. 2) at three radii, but we intentionally select their \( x \)-coordinates to match the curve. At all radii, the scale heights increase dramatically above stellar age 6 Gyr, since these stars were formed in a chaotic, bursty mode. In terms of mass density, the thin and thick disks can be separated by stars younger and older than 4 Gyr, as illustrated by the vertical dotted line. The thick disk defined in this way contains two distinct populations of stars: (1) stars older than 6 Gyr which were formed in the chaotic, bursty mode and (2) stars in 4–6 Gyr age interval that were formed in a gas-rich disk and kinematically heated after their formation. Note that the gas disk evolved smoothly during the past 6 Gyr, so there is no sharp transition at 4 Gyr ago when the thin disk at \( z = 0 \) started to form.

4.1 The thin and thick disks

In Section 3.2, we show that the vertical stellar density profile in the simulation can be well described by a two-component function (Fig. 2), which we refer to as the traditional thin disk (\( Z_0 \sim 200–500 \text{pc} \)) and thick disk (\( Z_0 \sim 1–1.5 \text{ kpc} \)) (e.g. Gilmore & Reid 1983). In terms of mass density, the thin and thick disks in our simulation can be roughly divided into stars younger and older than 4 Gyr, respectively.

We first discuss the formation mechanisms of the thick disk. In Fig. 8, we show the scale heights as a function of stellar age at three radii \( R = 5, 9, \) and 13 kpc. The cross and plus symbols represent the scale heights of the thin and thick components, respectively, as obtained from profile fitting. The vertical dotted line located at 4 Gyr illustrates the separation of the thin and thick disks. The thick disk contains two distinct populations. First, about two thirds of the stars in the thick disk are older than 6 Gyr (formation redshift \( z \gtrsim 0.7 \)). These were formed during the chaotic, bursty phase in the galaxy progenitor (Fig. 1). This agrees with the picture proposed in Brook et al. (2004). These stars have very large scale heights, as shown in Fig 8. Second, the other 1/3 of the stars in the thick disk are in the 4–6 Gyr age interval, which were formed in a relatively calm, stable disk. The disk was more gas-rich and turbulent at early times, however, so the stars were formed thick ‘at birth’, as proposed in Bournaud et al. (2009). Furthermore, these stars continued to be kinematically heated into a thicker spatial distribution after forming. Therefore, the thick disk in our simulation is a mix of stars older than 4 Gyr, which formed through a combination of several mechanisms.

Regarding the formation of the thick disk, we note that the gas disk smoothly became thinner down to \( z = 0 \), thus forming the thin disk at late times. There is no sharp transition about 4 Gyr ago when the thin disk at \( z = 0 \) started to form.

In the literature, some authors have claimed that there is a tension between preserving thin disks and the necessity of strong stellar feedback to prevent galaxies from forming too many stars in cosmological simulations (e.g. Roškar et al. 2014; Agertz & Kravtsov 2016). However, our simulation simultaneously forms a thin-disk component while producing a reasonable stellar mass and star formation history in good agreement with observational constraints (Hopkins et al. 2014). These results demonstrate that it is possible to form thin disks in cosmological simulations, even in the presence of strong stellar feedback. This is due to the fact that (1) our simulation has sufficient spatial resolution (smoothing length far less than the vertical scale heights of the thin disk), (2) we allow gas to cool to very low temperatures to explicitly resolve the cold, star-forming gas, and (3) the high resolution and the physically motivated star formation and feedback models adopted in the simulation allow one to explicitly resolve the launching and venting of galactic winds without disrupting the entire galaxy.

4.2 Stellar Migration in the Disk

It has been proposed that radial migration of stars in the disk due to angular momentum exchange may be an important mechanism of disk heating that also flattens the stellar metallicity gradients (e.g. Sellwood & Binney 2002; Schöncrich & Binney 2009a,b; Loebman et al. 2011). Recent numerical calculations suggest, however, that radial migration has little impact on the disk thickening (e.g. Minchev et al. 2012; Vera-Ciro et al. 2014). Nonetheless, radial migration can still occur due to resonance effects in the presence of spiral arms and bars (e.g. Lynden-Bell & Kalnajs 1972; Sellwood & Binney 2002), which is likely to be the dominant mechanism of disk heating (e.g. Grand et al. 2016).

In our simulation, stars older than 8 Gyr show strong radial migration, because the bursty gas outflows driven by stellar feedback generate large fluctuations in the galactic potential, causing stars to migrate toward large radius (El-Badry et al. 2016). However, this is a very different mechanism from the standard radial migration within a stable disk. To test the standard migration scenario, we study stars in the \( z = 0 \) age interval 4–6 Gyr. First, we go back to the snapshot at \( t_{\text{back}} = 4 \) Gyr and select stars in three annuli centered at \( R = 5, 9, \) and 13 kpc with 1 kpc width near the disk plane (\(|Z| < 0.5 \text{kpc}\)) at that epoch. In the left panel in Fig. 9, we show the distribution of galactocentric radius \( R \) for these stars by \( z = 0 \). Stars in a given annulus 4 Gyr ago have a wide distribution in \( R \) by \( z = 0 \). Only a small fraction (less than 10%) of stars...
Figure 9. **Left:** Distribution of galactocentric radius at \( z = 0 \) for stars in the age interval 4–6 Gyr that were located in three annuli centered at \( R = 5, 9, \) and 13 kpc (of 1 kpc width) near the disk mid-plane (|\( Z \)| < 0.5 kpc) at \( t_{\text{lookback}} = 4 \) Gyr. Stars in a given annulus 4 Gyr ago have a wide distribution in \( R \) by \( z = 0 \). A small fraction (less than 10%) of stars have migrated to very large radii (\( \Delta R > 5 \) kpc), while more than half of the stars have moved inward (\( \Delta R < 0 \)), as expected from exchange of angular momentum. **Right:** Stellar surface density (top) and metallicity (bottom) profiles from \( R = 4–14 \) kpc for all stars with \( z = 0 \) age 4–6 Gyr, but measured at three epochs \( t_{\text{lookback}} = 0, 2, \) and 4 Gyr. The surface density does not change by more than 0.05 dex, while the average stellar metallicity slightly increased at large radii, but the net effect of stellar migration on the properties of a galactic disk is weak at late times.

Figure 10. **Left:** Stellar age–metallicity relation. **Right:** [Mg/Fe]–[M/H] relation. Colors show the total stellar mass in each pixel (in logarithmic scale). The white dashed lines show the median for each relation. To leading order, stellar age, metallicity, and [Mg/Fe] correlate with each other, but there is large scatter (over 1 dex in [M/H] at a given age).

have migrated to very large radii (\( \Delta R > 5 \) kpc), while more than half of the stars have migrated inward (\( \Delta R < 0 \)). This is expected from the exchange of angular momentum between stars, because outward-migrating stars carry more angular momentum, so more stars migrate inward. In the right panel, we show the stellar surface density and metallicity profiles in \( R = 4–14 \) kpc for all stars with \( z = 0 \) age 4–6 Gyr, measured at three epochs \( t_{\text{lookback}} = 0, 2, \) and 4 Gyr. The surface density does not change by more than 0.05 dex during the past 4 Gyr (stellar mass loss is subdominant). The average stellar metallicity has increased at large radii, resulting in a flattening of metallicity gradient by 0.01 dex kpc\(^{-1}\). Our results suggest that radial migration is common, but only has a weak net effect on the late-time global properties (mass density, metallicity profiles) of the galactic disk.
4.3 Abundance Patterns and Mono-abundance Populations

In the literature, several authors have suggested that mono-abundance populations (stars with certain $[\text{M/H}]$ and $[\alpha/\text{Fe}]$) are proxies for single-age populations in the MW (e.g. Bovy et al. 2012; Rix & Bovy 2013). This is important because one cannot infer the assembly history of the MW without reliable information on stellar ages. We first examine the abundance patterns in our simulation. In Fig. 10, we show the stellar age–metallicity relation in the $\alpha$ population. In the right panel, we compare three mono-abundance populations. In the left panel in Fig. 11, we show the mass-weighted age distribution of stars from four mono-abundance populations selected within a tolerance in metallicity and abundance ratio of $\Delta[\text{M/H}] = 0.06$ and $\Delta[\text{Mg/Fe}] = 0.04$. In general, low-metallicity, $\alpha$-rich populations represent old stars, while high-metallicity, $\alpha$-poor stars are more biased toward younger populations. These results marginally support the idea that chemical abundances might represent stellar ages to leading order. However, we caution that for any mono-abundance population, the age distribution is wide. For example, the most metal-poor and $\alpha$-rich population still contains a non-negligible fraction of young stars with age 2–6 Gyr. A consequence, if we repeat our analysis in this paper by breaking the stars into several bins of metallicity instead of stellar age, we obtain more complicated results due to age blending effects. Independent constraints on stellar age are required to break the degeneracy.

Recent observations reveal that MW stars fall into two distinct populations on the $[\text{Mg/Fe}]$–$[\text{M/H}]$ plane, known as the high- and low-$\alpha$ populations (e.g. Adibekyan et al. 2013; Bensby et al. 2014; Anders et al. 2014; Nidever et al. 2014; Mikolaitis et al. 2014; Kordopatis et al. 2015). Such feature is difficult to explain and cannot be reproduced by current cosmological simulations (see Nidever et al. 2014, and reference therein), including ours. Nidever et al. (2014) proposed several tentative models to explain how the two populations may form, but all require fine-tuned parameters to match the observed abundance pattern. Nevertheless, we show that in our simulation, star formation has undergone two distinct modes – chaotic, bursty mode at high redshift and relatively calm, stable mode at late times. It is possible that such two-mode formation history may lead to a bimodality in the abundance pattern in very restricted conditions, while in other conditions the two populations may simply merge. Alternatively, the MW may have a very different assembly history from our simulation. In future work, we will study a large sample of simulations of MW-size halos with diverse assembly history and explore if and how such two populations form. Also, spectroscopic survey of stars in extragalactic galaxies with next generation of observational facilities may also reveal whether this is common in MW-mass galaxies or just a unique feature in the MW.

4.4 $[\alpha/\text{Fe}]$ gradients

There is evidence indicating the presence of an $[\alpha/\text{Fe}]$ gradient in the MW disk (e.g. Boeche et al. 2014; Anders et al. 2014; Recio-Blanco et al. 2014), despite the fact that such measurements are quite uncertain and show contradictory results. Future spectroscopic surveys that include much larger samples will provide a more robust measurement. Here we use our simulation to make qualitative predictions for $[\alpha/\text{Fe}]$ gradients. In Fig. 12, we show the radial gradient of $[\text{Mg/Fe}]$ as a function of height $|Z|$ (left panel) and the vertical gradient of $[\text{Mg/Fe}]$ as a function of radius $R$ (right panel). We find that $d[\text{Mg/Fe}]/dR$ is positive near the mid-plane, gradually decreases to zero at about $|Z| = 1.3$ kpc, and turns negative at larger heights. Moreover, $d[\text{Mg/Fe}]/d|Z|$ is positive at all radii, but is larger at the inner disk than at the outer disk. These are qualitatively similar to the trends of metallicity gradient presented.
in Section 3.3, with the sign flipped following the anti-correlation between $\text{[Mg/Fe]}$ and $\text{[M/H]}$. The gradient of $\text{[Mg/Fe]}$ is also a consequence of the age gradient in the disk.

5 CONCLUSIONS

In this work, we have studied the structure, age and metallicity gradients, and dynamical evolution of the stellar disk via a case study of one simulation from the FIRE project, chosen to be a disk galaxy of similar mass to the MW at $z = 0$. The simulation is a cosmological zoom-in simulation that includes physically motivated models of the multi-phase ISM, star formation, and stellar feedback, with parameters taken directly from stellar evolution models. Our main findings include the following:

(i) Stars older than 6 Gyr (formation redshift $z > 0.7$) were formed in a violent, bursty mode in a clumpy galaxy progenitor with powerful episodic outflows, and thus have round, puffy morphologies at $z = 0$. Stars younger than 6 Gyr were formed in a relatively calm, well-maintained star-forming disk. By $z = 0$, stars that formed in the chaotic mode have the largest scale heights. Even for those that formed in a disk at late times, their scale heights increase with stellar age at any radius; stars of the same age have larger scale heights in the outer disk than in the inner disk (flaring). As a consequence, the median stellar age increases with $|Z|$ at a fixed radius, but decreases with $R$ in a constant-$|Z|$ layer.

(ii) The radial metallicity gradient is negative at the mid-plane, gradually flattens when moving to larger $|Z|$, and ultimately turns positive at about $|Z| > 1.5$ kpc. The vertical metallicity gradient is negative at all radii, but is stronger at small radii. These trends are qualitatively consistent with observations in the MW. Such variation of metallicity gradient naturally follows the age gradient in the disk, since stellar age, metallicity, and $\alpha$/Fe all correlate with each other. Similar trends also exist in $\alpha$/Fe gradients, but with a flipped sign due to the anti-correlation between $\alpha$/Fe and metallicity.

(iii) For stars that formed within the past 6 Gyr, in a disk, those that formed earlier were thicker ‘at birth’ than those formed later, because the star-forming disk was more gas-rich and therefore more turbulent and thicker at earlier times (a factor of $\sim 2$ thicker at 6 Gyr ago). After each population formed, their scale height was further increased via kinematic heating (by $\sim 40\%$ during the past 6 Gyr). In our simulation, the two factors have comparable effect in absolute units on the differential scale heights by $z = 0$.

(iv) The vertical stellar density at $z = 0$ can be well described by a two-component profile, defined as the traditional ‘thin disk’ (scale heights $Z_H \sim 200–500$ pc) and ‘thick disk’ ($Z_H \sim 1–1.5$ kpc). The thin and thick disks can be roughly separated by stars younger and older than 4 Gyr. Two thirds of the stars in the thick disk are formed during the chaotic, bursty phase; the other 1/3 stars in the thick disk are formed in a gas-rich star-forming disk and then were further thickened via kinematic heating. The gas disk smoothly evolves during the past 6 Gyr and forms the thin disk at late times. Therefore, the thick disk is a mix of stars that formed via different mechanisms, while the formation is continuous at the transition time (around 4 Gyr ago) when the $z = 0$ thin-disk stars started to form.

(v) Our simulation demonstrates that it is possible to form a thin disk in sufficiently high-resolution cosmological simulations even in the presence of strong stellar feedback.

Although we only study one simulation in this paper, our main results here are derived from global processes that can be understood with simple analytic arguments, including (1) star formation is bursty at high redshift and becomes relatively stable at late times, (2) the thickness of the star-forming gas disk decreases at low gas fraction, and (3) kinematic heating is continuously present from spiral structure, bars, GMCs, etc. Therefore, our results are expected to be common in the assembly histories of disk galaxies.

Our simulation predicts a transition time when the star formation altered from bursty, chaotic mode to relatively calm, quiescent mode. This is also the time when a stable gas disk formed. Such a transition, if happens in reality, may leave an observable imprint on stellar kinematics at $z = 0$. At a given radius, the scale heights, as well as velocity dispersion, increase dramatically for stars that formed before the transition time. Such chaotic-to-calm scenario
can be tested by future observations of MW stars if an independent constraint on stellar age can be obtained.

Nevertheless, our simulation is not designed or chosen in any way to be identical to the MW and differs from it in several aspects. The radial metallicity gradient is $-0.03 \text{ dex kpc}^{-1}$ in the disk midplane in our simulation, shallower than the $-0.06 \text{ dex kpc}^{-1}$ slope in the MW disk (e.g. Cheng et al. 2012). This can be affected by disk scale length, disk pre-enrichment at formation time, the extent of radial mixing, and specific merger or accretion events in the past. Also, our simulation does not show any bimodality in the [$\alpha$/Fe]–[M/H] relation, in contrast to some observations of MW stars (e.g. Nidever et al. 2014). Such differences may originate from details in the assembly history. In future work, we will further explore the disk formation, morphology, and metallicity profile and their dependence on galaxy formation history using an enlarged sample of disk galaxy simulations.

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In this paper, we performed a case study of a cosmological zoom-in simulation that produces a MW-mass disk galaxy at $z = 0$. This simulation is originally presented in Hopkins et al. (2014) and has been thoroughly studied in other work (van de Voort et al. 2015; Faucher-Giguère et al. 2015; Muratov et al. 2015; Ma et al. 2016; El-Badry et al. 2016). Recently, Wetzel et al. (2016) have re-run this simulation with eight times better mass resolution and higher spatial resolution ($\epsilon_{gas} = 1\,\text{pc}$ and $\epsilon_{stell} = 4\,\text{pc}$), but using the mesh-less finite-mass (MFM) hydrodynamics method in GIZMO. We have extended this mesh-less numerical implementation of the FIRE model (see Hopkins et al., in preparation, for details). We repeat our analysis on the new run and find all the results presented in the paper remain qualitatively unchanged. Particularly, the thin-to-thick disk decomposition, disk scale heights, and the amount of disk thickening at late times are consistent within 10%. As one explicit example, in Fig. A1, we show the median stellar age and average stellar metallicity as a function of $R$ and $|Z|$ in the new run. The disk structure and metallicity profile are very similar to the simulation analyzed in the paper (Fig. 4). This suggests that our results are independent of resolution and numerical details, because most of the physics we consider in the paper are global processes and can be understood by simple analytic considerations. Nevertheless, there are some quantitative differences between the two runs. In the new run, the star-forming disk formed and stabilized at a later time ($t_{\text{lookback}} \sim 4\,\text{Gyr}$), due to stochastic effects during the last minor merger. The gas disk is more metal-enriched at formation time, so the radial metallicity gradient on the mid-plane is weaker. Moreover, the disk is more strongly flared, so the radial metallicity gradient turns positive at a lower height ($|Z| \sim 1\,\text{kpc}$). This suggests that a large statistical sample is needed to make rigorous statements about quantitative details, as opposed to the robust qualitative trends we have focused on here.

APPENDIX A: RESOLUTION TEST

In this paper, we performed a case study of a cosmological zoom-in simulation that produces a MW-mass disk galaxy at $z = 0$. This simulation is originally presented in Hopkins et al. (2014) and has been thoroughly studied in other work (van de Voort et al. 2015; Faucher-Giguère et al. 2015; Muratov et al. 2015; Ma et al. 2016; El-Badry et al. 2016). Recently, Wetzel et al. (2016) have re-run this simulation with eight times better mass resolution and higher spatial resolution ($\epsilon_{gas} = 1\,\text{pc}$ and $\epsilon_{stell} = 4\,\text{pc}$), but using the mesh-less finite-mass (MFM) hydrodynamics method in GIZMO. We have extended this mesh-less numerical implementation of the FIRE model (see Hopkins et al., in preparation, for details). We repeat our analysis on the new run and find all the results presented in the paper remain qualitatively unchanged. Particularly, the thin-to-thick disk decomposition, disk scale heights, and the amount of disk thickening at late times are consistent within 10%. As one explicit example, in Fig. A1, we show the median stellar age and average stellar metallicity as a function of $R$ and $|Z|$ in the new run. The disk structure and metallicity profile are very similar to the simulation analyzed in the paper (Fig. 4). This suggests that our results are independent of resolution and numerical details, because most of the physics we consider in the paper are global processes and can be understood by simple analytic considerations. Nevertheless, there are some quantitative differences between the two runs. In the new run, the star-forming disk formed and stabilized at a later time ($t_{\text{lookback}} \sim 4\,\text{Gyr}$), due to stochastic effects during the last minor merger. The gas disk is more metal-enriched at formation time, so the radial metallicity gradient on the mid-plane is weaker. Moreover, the disk is more strongly flared, so the radial metallicity gradient turns positive at a lower height ($|Z| \sim 1\,\text{kpc}$). This suggests that a large statistical sample is needed to make rigorous statements about quantitative details, as opposed to the robust qualitative trends we have focused on here.
Figure A1. The same as Fig. 4, but for the ultra-high-resolution simulation presented in Wetzel et al. (2016). The disk structure does not significantly differ from the simulation studied in the paper, although this run has eight times better mass resolution and uses a more accurate hydrodynamic solver.