INTRODUCTION

Antibiotics have been a mainstay for treatment of bacterial infections since their discovery. However, the continued misuse and overuse of antibiotics has led to the rapid development and spread of antibiotic-resistant strains of bacteria. As a result, antibiotic resistance is rising more rapidly than new antibiotics are being developed. This threatens to end the golden age of antibiotics we are currently living in and begin the postantibiotic era (Perry, Waglechner, & Wright, 2016). One such bacterial pathogen that has become a problem in the clinical setting due to the wide variety of antibiotics it has developed resistances to is Staphylococcus aureus.

Staphylococcus aureus is a Gram-positive cocci bacterium that can be found as a commensal on human skin and nares. Approximately 30% of the population live asymptomatically colonized with S. aureus. However, it can also act as a pathogenic...
bacterium in humans causing diseases that range from minor skin infections to more serious infections such as impetigo, osteomyelitis, and endocarditis (Rojo, Barrios, Palacios, Gomez, & Chaves, 2010). Infections with S. aureus are typically treated with antibiotics but the spread of increasingly resistant strains of S. aureus has made treatment with antibiotics difficult. One of the most widespread antibiotic-resistant strains of S. aureus is methicillin-resistant S. aureus (MRSA) that is resistant to β-lactam antibiotics including penicillin and methicillin. As many as 60% of clinically isolated strains of S. aureus are resistant to methicillin (Romaniuk & Cegelski, 2015).

Even antibiotics like vancomycin and daptomycin, which were considered last-resort antibiotics for MRSA infections, have become ineffective against certain strains of S. aureus (Bayer, Schneider, & Sahl, 2013; McGuinness, Malachowa, & DeLeo, 2017; Walters et al., 2015). As resistances continue to develop, alternative treatment options are required. This includes the development of new antibiotics as well as novel treatment methods such as anti-virulence medication and phage therapy (Khodaverdian et al., 2013; Zhang et al., 2018).

Infections with S. aureus are often associated with scabies infections. Scabies is an infectious skin disease caused by the Sarcoptes scabiei mite and is spread primarily by skin-to-skin contact. The mites infect a host and burrow into the skin causing itching and irritation which can disrupt the skin barrier. Skin barrier disruption allows for the development of secondary bacterial infections. This treatment regimen was sufficient in curing both scabies and associated bacterial infections. However, subsequent analysis of the bacterial strains found that most of the staphylococci strains were resistant to flucloxacillin. This was despite all the patients recovering and implicates either the soap and water baths or the 5% permethrin cream as having a major benefit for treating antibiotic-resistant bacterial infections.

This study aimed to identify the cause of the observed antibacterial effect in Whitehall et al. (2013). In doing so, a new antibacterial treatment method could be identified for use in combating antibiotic-resistant strains of bacteria. The effect of permethrin on insects is well characterized but there are no reports of it possessing antibacterial activity. Therefore, this study focused on the 5% permethrin cream used in Whitehall et al. (2013) looking for an antibacterial effect in its components. Initially, permethrin itself was the sole focus but after failing to identify substantial antibacterial effect with permethrin alone, formaldehyde (used as a preservative in the 5% permethrin cream) was investigated. As a result, it was identified that formaldehyde both alone and in the presence of permethrin can inhibit the growth of S. aureus and was, therefore, the most likely cause of the antibacterial activity in Whitehall et al. (2013). This article highlights the potential for the already used permethrin cream with a formaldehyde preservative as a treatment for antibiotic-resistant bacterial skin infections, particularly refractory impetigo.

2 MATERIALS AND METHODS

2.1 Bacterial isolates and growth conditions

A total of ten strains of S. aureus including five methicillin-susceptible (MSSA 1, MSSA 2, MSSA 4, MSSA 6 and MSSA 8) and five methicillin-resistant (MRSA 1, MRSA 2, MRSA 8, MRSA 9 and MRSA 13; Table 1; Turnidge, Coombs, Daley, & Nimmo, 2016) were obtained from Prof Iain Gosbell (Liverpool Hospital) and used throughout the experiments. Before use, each strain was freshly streaked on lysogeny broth (LB) agar plates (Difco Laboratories) and incubated overnight at 35 ± 2°C in a Binder Drying and Heating Chamber Model ED 115. After overnight incubation, 2–3 colonies were suspended in Mueller-Hinton Broth (MHB) (Difco Laboratories) to OD₅₉₅ ≤ 0.09 (=1 × 10⁸ CFU/ml matching a 0.5 McFarland turbidity standard) using a spectrophotometer (SPECTROstar Nano; BMG Labtech). These cells were then diluted to 1 × 10⁷ CFU/ml, and appropriate volumes were used to have 0.5 × 10⁵ CFU/ml in the experiments.
2.2 | In vitro antimicrobial testing

To identify the effect of permethrin and formaldehyde on the growth of S. aureus both alone and in combination, each strain was exposed to four concentrations of permethrin, four concentrations of formaldehyde and a combination of permethrin and formaldehyde. The four concentrations of permethrin and formaldehyde used were twofold concentrations and included the concentration present in the commercial permethrin cream. For the combination treatment, the concentration of permethrin and formaldehyde as present in the commercial permethrin cream was used.

Permethrin was obtained from Sigma, and its stock was made in MHB by dissolving in an ultrasonic cleaner (Scientifix) at 37°C for 10 min or until the solution was homogenous. Organic solvents like DMSO and methanol were not used for dissolving permethrin because they interfered with the growth of the test organisms. The bacterial inoculum, as prepared above, was added to each of 1.25%, 2.5%, 5%, and 10% permethrin set in a 96-well microplate. Also, positive growth control of cells in MHB without permethrin was included. The cells were incubated on a benchtop orbital shaker (Thermo Scientific) for 20 hr at 35°C and 100 rpm. At 0, 4, 8, and 24 hr postincubation, samples were taken and viable counts determined as described in Section 2.4. Each experiment was repeated three times independently.

Formaldehyde solution was obtained from Electron Microscopy Sciences and diluted in MHB to make a stock. The bacterial inoculum was added to each of 0.07%, 0.15%, 0.3%, and 0.6% formaldehyde, and the experiment was conducted as was done for permethrin described above.

To identify whether permethrin and formaldehyde affected each other’s activity when present together, combination exposure experiments were conducted in which each strain was tested in the presence of a combination of permethrin and formaldehyde at the concentrations found in the permethrin cream. The bacterial inoculum was added to each of 5% permethrin, 0.3% formaldehyde and both 5% permethrin and 0.3% formaldehyde together, and the experiment was conducted as was done for permethrin described above.

2.3 | Time-kill assay

To determine the time at which formaldehyde exerts its antibacterial effect on S. aureus, whether permethrin delays bacterial growth and whether permethrin interferes with the effect that formaldehyde exerts against S. aureus, a time-kill assay was conducted. The bacterial inoculum was set up as was done for the combined exposure experiment described above and samples incubated on a benchtop orbital shaker at 35°C and 100 rpm. At 0, 4, 8, and 24 hr postincubation, samples were taken and viable counts determined as described in Section 2.4. Each experiment was repeated three times independently.

2.4 | Viable counts

Viable counts were determined using a drop plate method (modified from Miles, Misra, and Irwin (1938)). Each cell suspension was serially diluted tenfold and the appropriate dilutions dispensed onto LB agar plates in triplicate. The plates were incubated overnight (19–20 hr) in an incubator at 35°C. After incubation, the number of colonies was counted to determine the average CFU/ml and percent inhibition. Bactericidal activity was defined as a decrease in growth of ≥99.9% (≥3log10 CFU/ml reduction).

2.5 | Scanning electron microscopy

To visualize any effect that permethrin had on the growth and morphology of S. aureus cells, each strain was grown in the presence...
of 5% permethrin, fixed, and dehydrated for imaging by scanning electron microscopy (SEM). Cells were first grown either in the presence of 5% permethrin or in MHB alone as a positive growth control and incubated on a benchtop orbital shaker for 20 hr at 35°C and 100 rpm. The cell suspension was then washed three times in 0.1 M sodium phosphate buffer (pH 7.4) (made by adding 0.1 M NaH₂PO₄ [VWR Chemicals] to 0.1 M Na₂HPO₄ [Merck]). Washed cells were then resuspended in 2.5% glutaraldehyde (ProSciTech) in 0.1 M sodium phosphate buffer and incubated overnight at 4°C to fix the cells. Following overnight incubation at 4°C, the cells were again washed three times in 0.1 M sodium phosphate buffer before being dehydrated in graded ethanol (Chem-Supply) series (30%, 50%, 70%, 80%, 90% 10 min each and 100% for one hour). The cell suspension was then transferred to a silica wafer for imaging by SEM.

Cells were examined by SEM using a Zeiss Merlin FE-SEM under low vacuum with a beam strength of 1 kV, an aperture of 30 µm, and with a working distance of 5 mm. A high-efficiency secondary electron (HE-SE2) detector was used to image cells.

3 | RESULTS

The effect of permethrin on the growth of *S. aureus* cells was tested at four concentrations to determine if the concentration of permethrin found in a commonly used permethrin cream was capable of inhibiting bacterial growth. The focus was not on the determination of minimum inhibitory concentration (MIC) of permethrin but rather on the concentration found in the permethrin cream. The results of these experiments are summarized in Figure 1 as an average percent inhibition of three independent runs. 1.25% permethrin showed inhibition ranging from 0% to 34%, 2.5% permethrin showed inhibition ranging from 0% to 23%, 5% permethrin showed inhibition ranging from 0% to 32%, and 10% permethrin showed inhibition ranging from 0% to 32%. In several cases, no inhibition was observed as was an increase in cells in the permethrin-treated samples when compared to the positive growth control. The observed inhibition was also not concentration-dependent. Poor aqueous solubility and unavoidable use of multiple batches of permethrin across experiments could have been responsible for large variations seen in percent inhibition in repeats of experiments but none of them was high enough to warrant bactericidal effects of permethrin.

The effect of formaldehyde on the growth of *S. aureus* cells was also tested at four concentrations to determine if the concentration of formaldehyde in a commonly used permethrin cream was capable of inhibiting bacterial growth. The results of these experiments are summarized in Figure 2 as an average percent inhibition of three independent runs. All four concentrations of formaldehyde (0.07%, 0.15%, 0.3%, and 0.6%) were capable of inhibiting 100% of growth in all ten tested *S. aureus* strains.

The effect of 0.3% formaldehyde, 5% permethrin and a combination of 0.3% formaldehyde and 5% permethrin on the growth of *S. aureus* was investigated to determine the effect of permethrin in combination with formaldehyde (at the concentrations found in a commonly used permethrin cream) to inhibit bacterial growth. The results of these experiments are summarized in Figure 3 as average percent inhibition of three independent runs. Both 0.3% formaldehyde alone and in combination with 5% permethrin were capable of inhibiting 100% of growth in all ten tested *S. aureus* strains. 5% permethrin alone exhibited similar inhibition as seen in the permethrin experiments with inhibition ranging from 0% to 41%.

To identify the time at which formaldehyde and permethrin alone and in combination exert their activity against *S. aureus*, a time-kill assay was conducted on MSSA 1 and MRSA 1 in the presence of 0.3% formaldehyde, 5% permethrin and a combination of 0.3% formaldehyde and 5% permethrin. In both experiments, 5% permethrin exposure resulted in growth rates similar to the positive growth control (Figure 4). However, 0.3% formaldehyde and the combination of 0.3% formaldehyde and 5% permethrin exhibited zero growth at all-time points including the zero-hour time point. This meant that on contact with formaldehyde, all bacterial cells were rendered nonviable with no latency in this activity.

After confirming that 5% permethrin exerts no significant effect on the growth of *S. aureus* in the above time-kill curve experiment, the remaining eight strains were only exposed to the combination of 0.3% formaldehyde and 5% permethrin. The results for the four methicillin-sensitive strains are summarized in Figure A1, and the
results for the four methicillin-resistant strains are summarized in Figure A2. All eight strains exhibited zero growth in the combination treatment at all-time points.

All ten strains were grown in the presence of MHB alone and permethrin to compare and identify any changes to their morphology as a result of permethrin exposure. The methicillin-sensitive strains can be seen in Figure 5, and the methicillin-resistant strains can be seen in Figure 6. As can be seen in these representative SEM images, there was no difference in the morphology between the untreated and permethrin-treated cells. There were also no obvious signs of forced cell death, cell shrinkage, lysis, or other forms of cell damage in the permethrin-treated cells. Furthermore, there appear to be cells that are embedded within the permethrin itself and capable of growth.

4 | DISCUSSION

In an earlier study, the use of a 5% permethrin cream in patients with scabies and impetigo was associated with a decrease in infection with antibiotic-resistant S. aureus (Whitehall et al., 2013). Permethrin is an insecticide used to treat scabies infections (Currie & McCarthy, 2010) and while its insecticidal effects are well characterized, the literature does not contain any mention of permethrin possessing direct antibacterial properties. There is however some evidence that it can affect the composition of bacterial populations (Dada et al., 2019; Jin, Wu, Zeng, & Fu, 2017). This study, therefore, attempted to identify what component of the permethrin cream was responsible for the observed antibacterial effect and found that while permethrin itself does not possess antibacterial activity; the formaldehyde preservative was more than sufficient for the killing of S. aureus.

In this study, it was observed that none of the tested concentrations of permethrin was able to significantly inhibit the growth of S. aureus for it to be termed as antibacterial. None of the tested concentrations exhibited more than 41% inhibition. As this is well below the ≥99.9% inhibition required for it to be termed bactericidal, permethrin itself was not responsible for the observed antibacterial effect in Whitehall et al. (2013). However, the permethrin cream used in Whitehall et al. (2013) contained 0.3% formaldehyde as a preservative. Formaldehyde is known to possess strong antibacterial properties (with a MIC of 156 mg/L [0.02%] against S. aureus) and is hence used as a preservative (Mazzola, Jozala, Novaes, Moriel, & Penna, 2009). Formaldehyde may, therefore, have been responsible for the observed antibacterial activity. This is supported by all four tested concentrations of formaldehyde completely inhibiting the growth of all ten S. aureus strains as well as 0.3% formaldehyde being able to
completely inhibit bacterial growth even in the presence of permethrin. This indicates that permethrin does not interfere with the antibacterial action of formaldehyde. The conducted time-kill assay was able to confirm that the rate of growth of *S. aureus* was unaffected by permethrin as well as that formaldehyde both alone and in combination with permethrin exhibits complete inhibition of *S. aureus* very rapidly with no growth seen even at the 0-hr time point.

While the above results indicate that permethrin has no bactericidal effect, it may have the ability to alter the growth of *S. aureus* cells in some other way. However, as can be seen in the representative electron micrographs, both the control and permethrin-treated cells exhibit similar morphology with no indication of cell damage. Furthermore, healthy *S. aureus* cells embedded within the permethrin imply that *S. aureus* is unaffected by exposure to permethrin.

**FIGURE 4** Time-kill curves of methicillin-sensitive and methicillin-resistant *Staphylococcus aureus* grown in 0.3% formaldehyde and 5% permethrin alone, and combined from three independent runs with standard deviation of the mean error bars. (a) MSSA 1 (b) MRSA 1

**FIGURE 5** Scanning electron micrographs of methicillin-sensitive *Staphylococcus aureus* grown in Mueller-Hinton broth or permethrin. The top row shows control cells, and the bottom row shows cells treated with 5% permethrin. (a & f) MSSA 1; (b & g) MSSA 2; (c & h) MSSA 4; (d & i) MSSA 6; and (e & j) MSSA 8
Through combination exposure and time-kill assays, this study has shown that 5% permethrin does not possess strong bactericidal properties, nor does it act antagonistically against the action of formaldehyde. Therefore, the observed antibacterial activity in the earlier study (Whitehall et al., 2013) was most likely due to the presence of 0.3% formaldehyde in the 5% permethrin cream. While the results presented here show that permethrin cannot be used as a novel antimicrobial, they do bring to attention the potential for antibacterial treatment using formaldehyde at low concentrations in medicinal creams.

Formaldehyde is widely used in cosmetics and medicines but its risks need to be investigated further than what is currently available. While the airborne formaldehyde gas is known to cause nasopharyngeal cancer (Nielsen, Larsen, & Wolkoff, 2017) and allergic contact dermatitis (De Groot, Flyvholm, Lensen, Menné, & Coenraads, 2009), and its effects in allergic individuals are well characterized (Hauksson et al., 2016), the effects of dermally applied formaldehyde in nonallergic individuals are not as well understood (most studies published in the 1980s). Similarly, the rate of formaldehyde absorption through human skin is unknown with no in vivo human studies available. Only animal studies and studies on excised human skin, published in the 1980s, indicate that dermal application of low concentrations of formaldehyde results in minimal absorption through unbroken skin (Bartnik, Gloxhuber, & Zimmermann, 1985; Iversen, 1986; Lodén, 1986). A more recent study showed that 2% formaldehyde caused swelling in mice ears but the minimal concentration required for this effect was not identified (Saito et al., 2011). Widespread use of formaldehyde in cosmetics and medicinal creams may highlight its relative safety in the dermal application at low concentrations.

It is, therefore, possible that a formaldehyde cream could serve as a last-resort treatment in infections with antibiotic-resistant bacteria that are not responsive to any other form of therapy. A benefit of using formaldehyde in this manner is that it is difficult for bacteria to develop resistance to it. No Gram-positive bacteria have been reported to be resistant to formaldehyde and while bacteria, such as *Amycolatopsis methanolica* and *Mycobacterium gastri*, are tolerant to formaldehyde, both are still susceptible at concentrations above 0.8 mM (Bystrykh et al., 1993).

The results presented here, combined with the potent antibacterial activity of formaldehyde, the difficulty bacteria have in developing adequate resistance to formaldehyde and the implication that low concentrations of formaldehyde may be safe for use in humans, highlight that formaldehyde-containing cream such as a permethrin cream can be used for treating refractory infections (Nikolic, Mudgil, & Whitehall, 2019). By treating infections with multi-resistant strains of *S. aureus*, formaldehyde could help to combat antibiotic resistance by both curing what may be considered incurable infections and reducing the use of antibiotics. For example, in scabies infections, a permethrin cream with a formaldehyde preservative would be sufficient in treating both scabies and the associated bacterial infections, rather than using permethrin cream for scabies and a separate antibiotic for the bacterial infections.

While permethrin creams containing formaldehyde are already medically approved for dermal application, it is recommended that more research is conducted to confirm what was published in the 80s and to fill the current gaps present in the literature before using it for treating antibiotic-resistant bacterial skin infections. This would include research into how formaldehyde affects humans after dermal application, the rate of absorption through human skin and whether or not dermally applied formaldehyde can release dangerous levels of airborne formaldehyde. However, the currently available information does indicate that the dermal application of low concentrations of formaldehyde is unlikely to cause significant harm.

5 | CONCLUSION

The results presented here conclude that permethrin does not possess strong antibacterial properties and that formaldehyde was responsible for the observed antibacterial effect after...
administration of a 5% permethrin cream. Formaldehyde is a known antiseptic, and it could serve as a last resort in bacterial infections with no other treatment option. However, the risks associated with its use would need to be considered and, in the case of dermal contact in nonallergic individuals, investigated further. The continued use of formaldehyde in dermal creams suggests lower risk than currently thought.

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CONFLICT OF INTEREST
None declared.

AUTHOR CONTRIBUTION
Philip Nikolic: Data curation (lead); Formal analysis (lead); Investigation (lead); Methodology (supporting); Validation (lead); Visualization (lead); Writing-original draft (lead); Writing-review & editing (equal). Poonam Mudgil: Conceptualization (lead); Methodology (lead); Project administration (lead); Resources (lead); Supervision (lead); Validation (supporting); Visualization (supporting); Writing-review & editing (equal). John Whitehall: Conceptualization (supporting); Writing-review & editing (supporting).

ETHICS STATEMENT
None required.

DATA AVAILABILITY STATEMENT
All data generated or analyzed during this study are included in this published article.

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**APPENDIX**

**FIGURE A1** Time-kill curves of methicillin-sensitive *Staphylococcus aureus* grown in 0.3% formaldehyde and 5% permethrin combined from three independent runs with standard deviation of the mean error bars. (a) MSSA 2; (b) MSSA 4; (c) MSSA 6; and (d) MSSA 8.

**FIGURE A2** Time-kill curves of methicillin-resistant *Staphylococcus aureus* grown in 0.3% formaldehyde and 5% permethrin combined from three independent runs with standard deviation of the mean error bars. (a) MRSA 2; (b) MRSA 8; (c) MRSA 9; and (d) MRSA 13.