Research
Biphasic onset of splenic apoptosis following hemorrhagic shock: critical implications for Bax, Bcl-2, and Mcl-1 proteins
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Abstract

Introduction  The innate immune response to trauma hemorrhage involves inflammatory mediators, thus promoting cellular dysfunction as well as cell death in diverse tissues. These effects ultimately bear the risk of post-traumatic complications such as organ dysfunction, multiple organ failure, or adult respiratory distress syndrome. In this study, a murine model of resuscitated hemorrhagic shock (HS) was used to determine the apoptosis in spleen as a marker of cellular injury and reduced immune functions.

Methods  Male C57BL-6 mice were subjected to sham operation or resuscitated HS. At t = 0 hours, t = 24 hours, and t = 72 hours, mice were euthanized and the spleens were removed and evaluated for apoptotic changes via DNA fragmentation, caspase activities, and activation of both extrinsic and intrinsic apoptotic pathways. Spleens from untreated mice were used as control samples.

Results  HS was associated with distinct lymphocytopenia as early as t = 0 hours after hemorrhage without regaining baseline levels within the consecutive 72 hours when compared with sham and control groups. A rapid activation of splenic apoptosis in HS mice was observed at t = 0 hours and t = 72 hours after hemorrhage and predominantly confirmed by increased DNA fragmentation, elevated caspase-3/7, caspase-8, and caspase-9 activities, and enhanced expression of intrinsic mitochondrial proteins. Accordingly, mitochondrial pro-apoptotic Bax and anti-apoptotic Bcl-2 proteins were inversely expressed within the 72-hour observation period, thereby supporting significant pro-apoptotic changes. Solely at t = 24 hours, expression of the anti-apoptotic Mcl-1 protein shows a significant increase when compared with sham-operated and control animals. Furthermore, expression of extrinsic death receptors were only slightly increased.

Conclusion  Our data suggest that HS induces apoptotic changes in spleen through a biphasic caspase-dependent mechanism and imply a detrimental imbalance of pro- and anti-apoptotic mitochondrial proteins Bax, Bcl-2, and Mcl-1, thereby promoting post-traumatic immunosuppression.

Introduction

Hemorrhagic shock (HS) is a commonly encountered complication within a blunt traumatic or surgical injury. The consecutive immune response induces a variety of immune dysfunctions, which promote increased susceptibility to infections and post-traumatic complications like multiple organ dysfunction syndrome, multiple organ failure, or adult respiratory distress syndrome [1-4]. Moreover, it has been reported that trauma hemorrhage or ischemia/reperfusion injury is associated with cell-mediated and parenchymal dysfunctions characterized by the imbalanced production of pro-inflammatory and anti-inflammatory cytokines, reactive oxygen species, and arachidonic acid metabolites [5-12]. There is increasing evidence that HS reduces the proliferative capacity of splenocytes and lymphokine release [13], attenuates macrophage

DTT = dithiothreitol; HS = hemorrhagic shock; PBS = phosphate-buffered saline; PCR = polymerase chain reaction; TNFR = tumor necrosis factor receptor; TUNEL = terminal deoxynucleotidyl transferase-mediated dUTP-biotin nick end-labeling.
antigen presentation and cytokine release [14], and consecu-
tively impairs humoral immunity [15]. In this regard, recent data
evaluating trauma-induced organ dysfunctions have sug-
gested that programmed cell death (apoptosis) plays a critical
role in the promotion of post-traumatic complications [16-18].
Therefore, it might be hypothesized that the magnitude of cel-
uclear or parenchymal injury after trauma hemorrhage may be
attributed, in part, to the rate of apoptosis induced by the
respective event. To date, only a few studies following trauma
hemorrhage have focused on functional and immunological
alterations of the spleen as being one of the most powerful
secondary immunological organs [19-22]. Thus, further inves-
tigation focusing on splenic immune alteration induced by
trauma hemorrhage might help to elucidate the impact of the
spleen in the development of post-traumatic immunosuppression.

In physiological states, apoptosis plays an important role in
normal development as well as in tissue proliferation. It
requires a precise regulation while maintaining the cellular
homeostasis [23]. The best-investigated downstream signal-
ing pathways of apoptosis have been described as being pre-
dominantly caspase-dependent, following either the extrinsic
receptor-mediated activation of caspase-3/7 via binding to
members of the tumor necrosis factor receptor (TNFR) super-
family (for example, Fas receptor [CD95] and TNFR-I
[CD120a]) or intrinsic mitochondria-induced release of cyto-
chrome c with subsequent activation of caspase-9 and cas-
pase-3, respectively [24]. As the intrinsic pathway is
controlled by members of the mitochondrial membrane-bound
Bcl-2 family, previous studies on patients with sepsis and
shock have demonstrated an essential role of the anti-apo-
totic Bcl-2 protein for cell survival [25]. The following murine
study focuses on the time-dependent activation of splenic
apoptosis via DNA fragmentation, the activation of receptor-
mediated extrinsic pathway via the death receptors CD120α and
CD95, and the intrinsic mitochondria-related apoptotic
pathway by the differential expression of mitochondrial Bax,
Bcl-2, and Mcl-1 proteins in regard to the HS-induced risk for
post-traumatic immunosuppression.

Materials and methods
This study was approved by the Institutional Animal Care and
Use Committee (LAGetSi, Berlin, Germany). All research was
conducted in compliance with the Animal Welfare Act and
other federal statues and regulations relating to animals and
experiments involving animals.

Animal preparation and experimental groups
Male C57BL/6 mice between 8 and 12 weeks of age (25 to
30 g) were used in this study. Mice were maintained on a
standard 12-hour light cycle and provided with standard
rodent chow and water ad libitum. Mice were randomly
assigned to three groups with six male mice each: control
group, sham group, and HS group. HS mice underwent the
surgical procedures mentioned below. Sham mice were sub-
ject to the same surgical operations except withdrawing
blood and resuscitation. Control mice did not undergo any sur-
gical procedure. All surgical procedures were performed
under initial anesthesia with the use of intraperitoneal injection
of 120 mg/kg ketamine 10% (VDT, Garbsen, Germany) and
6 mg/kg xylazine (Rompun 2%; Bayer AG, Leverkusen, Ger-
many). An adequate plane of anesthesia was assumed when
the animals were unable to right themselves after being placed
on their backs as well as when they were unable to respond to
toe pinch.

Hemorrhagic shock model
Animals were anesthetized and placed in a supine position.
Groins of both femoral arteries were aseptically canulated
using a microcatheter (Fine Science Tools, Heidelberg, Ger-
many). One catheter was connected to a blood pressure ana-
lyzer (Micro-Med, Inc., Louisville, KY, USA) for constant
recording of heart rate and mean systolic and diastolic arterial
blood pressures. The contralateral catheter was used for with-
drawing blood and fluid resuscitation. HS animals were rapidly
bled to a mean blood pressure of 35 ± 5 mm Hg (mean blood
time 532 ± 43 μL), which was maintained for 60 minutes.
At the end of this period, animals were resuscitated with isot-
onic 0.9% NaCl solution (3× of the shed blood withdrawn)
using a perfusor (B. Braun Medical AG, Sempach, Switzer-
land) over 30 minutes, following catheter removal, vessel liga-
tion, and closing of the incisions. Hemorrhaged and
resuscitated animals were sacrificed on defined time points
(Immediately after resuscitation [t = 0 hours] as well as at t =
24 hours and t = 72 hours thereafter) by cervical decapitation.
The spleen was aseptically removed and administrated for fur-
ther analysis.

Cell counting
Lymphocyte cell counting was performed by withdrawing 20
μL of peripheral blood from the caudal tail vein. Cell counts
were analyzed in an ABC Animal Blood Counter (scil animal
care company, Vierrheim, Germany).

Splenocyte isolation
Spleens were carefully removed in an aseptic manner, washed
in Petri dishes containing phosphate-buffered saline (PBS),
and placed onto 40-μm nylon-mesh cell strainers (Becton
Dickinson, Heidelberg, Germany). A small syringe plunger
was used to homogenize spleen tissue through the cell strainer.
The remaining cell suspension was washed and resuspended
in PBS following cell staining, caspase activity assays, real-
time polymerase chain reaction (PCR), and Western blot as
described below. Splenic cell suspension was centrifuged at
300 g for 5 minutes and washed in buffer containing PBS, 2%
fetal calf serum, and Polymeric B. Cells (0.5 × 10⁶) were
resuspended in staining buffer (containing PBS w/o Mg²⁺/
Ca²⁺, 1% albumin fraction V, and 0.01% NaN₃) for further flu-
orescence activated cell sorting analysis. Additionally, splenic
cell suspension was resuspended in RNAlater (Qiagen, Hilden, Germany) for further RNA isolation or in lysis buffer (containing 25 mM HEPES [4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid] [pH 7.5], 0.1% Triton X 100, 5 mM MgCl₂, 2 mM dithiothreitol [DTT], 1 mM EDTA [ethylene glycol-bis (2-aminoethyl ether)-N,N,N,N-tetra acetic acid]) containing protein inhibitors (Complete Mini; Roche Diagnostics, Mannheim, Germany) for further Western blot analysis and caspase activity assays, respectively.

**Flow cytometry**

Freshly isolated mouse splenocytes were analyzed by direct labeling procedures with primary antibodies anti-mouse CD3 (Invitrogen, Karlsruhe, Germany), anti-mouse CD120α (BioLegend, San Diego, CA, USA), and anti-mouse CD95 (BD Pharmingen, Heidelberg, Germany) and their respective isotype controls. Data acquisition was performed using a FACS-Calibur flow cytometer and Cell Quest software (Becton Dickinson). Further data analysis was performed using FlowJo software for PC (TreeStar Inc., Ashland, OR, USA).

**Caspase activity assay**

Apoptotic cell death-inducing caspase-3/7, caspase-8, and caspase-9 activity was determined in protein lysates from murine splenocytes. Equal volumes containing 30 μg of protein were applied to the caspase-3/7 activity and caspase-8/-9 activity assays using the Apo-ONE Homogeneous and CaspaseGlo systems (Promega, Mannheim, Germany), respectively. Caspase-3/7 activity was determined via emission intensity of fluorescence (excitation wavelength 490 nm and emission of luminescence, using a GeniusSpectra Fluorplus fluorescence spectrometer (Tecan Deutschland GmbH, Crailsheim, Germany).

**RNA isolation, cDNA synthesis, and real-time polymerase chain reaction**

Total T-cell RNA of murine splenocytes was isolated using an RNeasy Mini Kit (Qiagen) according to the manufacturer’s instructions. RNA quantity and quality were evaluated with the RNA 6000 Nano Assay from Agilent Technologies (Waldbronn, Germany). From total RNA, 1 μg was denatured at 75°C for 10 minutes in the presence of oligo-primers (pd(T)₁₂–₁₈) (Amersham Buchler, now part of GE Healthcare, Little Chalfont, Buckinghamshire, UK) and reversely transcribed into cDNA using Moloney mouse leukemia virus (Invitrogen) in the presence of frozen storage buffer (Invitrogen), 250 μM dNTPs, 0.01 M DTT, 4 U DNase, and 20 U RNaseIn (Promega) at 37°C for 30 minutes, followed by heating at 75°C for 5 minutes for DNase activation. After cooling at 4°C, cDNA synthesis was performed at 42°C for 60 minutes. Aliquots (1 μL) of the resulting cDNA were amplified by real-time PCR using a QuanTitect Probe PCR Kit (Qiagen). Primer pairs for Bax and Bcl-2 detection were obtained from the QuanTitect Gene Expression Assay (Qiagen). The primer pair for the β-actin housekeeping gene was used as a reference control (QuanTitect Primers; Qiagen). All assays were performed in an Opticon I Real-Time Cycler from MJ Research (Bio-Rad Laboratories, Inc., Munich, Germany) as follows: primary step of 2 minutes at 95°C, 15 minutes at 95°C, 46 cycles of 15 seconds at 94°C, 30 seconds at 56°C, and 30 seconds at 72°C, according to the manufacturer’s protocol.

**DNA fragmentation**

The DeadEnd Fluorometric TUNEL (terminal deoxynucleotidyl transferase-mediated dUTP-biotin nick end-labeling) System Kit (Promega Corporation, Madison, WI, USA) on splenic frozen sections was used to detect in situ DNA fragmentation. For this purpose, splenic tissues were embedded in Tissue Tec (Sakura, Zoeterwoude, The Netherlands) immediately after removal and frozen in liquid nitrogen. Tissue sections were obtained by cutting 6-μm blocks on a microtome (model RM 2155; Leica, Wetzlar, Germany). Each section was mounted onto a microscope slide and underwent standardized TUNEL staining. The resulting stained sections were examined for apoptotic cells by a fluorescence microscope (Axioskop 40; Carl Zeiss, Jena, Germany) followed by visualization with a C-4000 camera (Olympus, Hamburg, Germany). Quantification TUNEL analyses were performed by counting the rate of TUNEL-positive cells within a total number of 200 cells using the Alpha Digidoc software (Alpha Innotech, Grödig/Salzburg, Austria).

**Western blot**

Protein lysates from isolated splenocytes were thawed on ice. Equal amounts of protein (60 μg) were boiled and denatured in sample buffer at 95°C for 5 minutes and then separated by 12% Tris-glycine SDS-PAGE. Afterward, proteins were transferred to a nitrocellulose membrane by wet blotting. Equal protein loading was examined by Ponceau S staining. Afterward, the membrane was blocked and incubated overnight at 4°C with primary host species rabbit anti-mouse Bax, mouse anti-mouse Bcl-2 (Santa Cruz Biotechnology, Inc., Heidelberg, Germany) (1:300 diluted in PBS, 0.05% Tween 20, and 5% skim milk powder) and rabbit anti-mouse Mcl-1 (BioLegend) (diluted 1:500 in PBS, 0.05% Tween 20, and 3% bovine serum albumin) polyclonal antibodies. Finally, membranes were washed and incubated with the secondary goat anti-rabbit (1:2,500) or goat anti-mouse IgG (1:5,000) horseradish peroxidase-conjugated antibodies (DakoCytomation, Hamburg, Germany) for 2 hours. After washing, detection was performed by non-radioactive chemiluminescence using RotiLumin (Carl Roth, Karlsruhe, Germany) and an LAS 3000 Image Reader (Fujifilm, Düsseldorf, Germany). Antibody against the cytosolic marker β-actin (1:2,500 for 45 minutes) (Sigma-Aldrich, Munich, Germany) was used to re-examine equal sample loading and detection of contamination. Quantification Western blot analyses were performed using the Alpha Digidoc software.
Presentation of data and statistics
Results are presented as the mean (± standard error of the mean). Differences between experimental groups were considered significant at a p value of less than 0.05 as determined by the analysis of variance (Bonferroni/Dunn) test and the Mann-Whitney test.

Results
A total of 42 mice were subject to HS or sham operation or were healthy controls. HS treatment led to a rapid decrease of the mean arterial pressure after blood withdrawal from initial values of 97.7 ± 10.3 mm Hg to 35 ± 5 mm Hg (data not shown). The average volume of blood withdrawn comprised 532 ± 43 μL. In sham-operated mice, no significant changes in blood pressure compared with control animals were observed (data not shown).

Lymphocyte cell counts
Peripheral whole blood from control mice was directly obtained by puncture of the caudal vein and immediately processed for further analyses. Blood from animals subjected to HS was obtained and processed in an analogous manner after resuscitation and vessel ligation at t = 0 hours and at t = 24 hours and t = 72 hours after resuscitated hemorrhage. Blood from sham-operated mice was obtained and processed in an analogous manner after removal of the catheter and vessel ligation. Total lymphocyte cell counts revealed a significant lymphocytopenia in mice undergoing HS compared with those of the sham group and control animals (Figure 1). Absolute lymphocyte decrease was observed from time point t = 0 hours onward without regaining baseline levels within the consecutive 72-hour observation period. However, mainly for two reasons, peripheral blood lymphocyte cell counts may not accurately reflect the total number of lymphocytes. First, peripheral blood lymphocytes represent only a small fraction of the total body lymphocytes whereas the majority of lymphocytes are found in lymphoid tissues like lymph nodes, Payer’s patch, or spleen. Second, a potential dilutional effect provoked by the resuscitation must be considered.

Hemorrhagic shock-induced lymphocyte apoptosis and caspase activity
Apoptotic lymphocytes in spleen were detected by their fluorescent signal after labelling DNA strand breaks with fluorescein-conjugated nucleotides. Figure 2 shows a representative TUNEL stain (a) and quantificational analysis (b) of freshly isolated and frozen sectioned splenocytes of at least three experiments. In control and sham-operated mice, no or only insular apoptotic cells were observed within the entire observation period (Figure 2a). In resuscitated HS animals, the number of splenocytes showing apoptotic DNA fragmentation was increased at t = 0 hours and t = 72 hours after hemorrhage (Figure 2a). In contrast, 24 hours after HS, most of the splenocytes showed fluorescence signals comparable to those in sham-operated or control mice, demonstrating no observable apoptotic activity (Figure 2a). Accordingly, quantificational analysis of apoptotic DNA fragmentation revealed a significant increase at t = 0 hours and t = 72 hours after hemorrhage, whereas no changes at t = 24 hours occurred, when compared with control and sham animals (Figure 2b). Subsequently, comparative analyses of both receptor- and non-receptor-mediated caspase-3/7 activity in addition to activity of caspase-8 as well as mitochondria-related caspase-9 activity in control, sham-operated, and resuscitated HS mice were performed. Thereby, HS animals demonstrated significantly increased caspase-3/7, caspase-8, and caspase-9 activities at t = 0 hours and t = 72 hours in splenic tissue when compared with the appropriate sham-operated or control animals (Figure 2c). On the other hand, at t = 24 hours after hemorrhage, baseline levels of caspase activities were monitored (Figure 2c).

Hemorrhagic shock-induced death receptor expression
Splenic death receptor CD95 and CD120α protein expression in control, sham-operated, and HS animals was examined by flow cytometry. Previous studies have shown that CD95 is expressed by the majority of immature T cells in the normal mouse thymus, but to a lower extent in normal splenic lymphocytes [26-28]. In this study, splenic CD95 protein expression of control animals did not differ significantly within the entire observation period when compared with sham- and HS-
operated mice (Figure 3a,b). In contrast, CD120α was upregulated at t = 0 hours and t = 72 hours in HS animals (Figure 3a,b). Twenty-four hours after hemorrhage, the level of CD120α expression was rather comparable to those of sham-operated mice and control animals. However, CD120α expression was consistent with appropriate results of caspase-3/7 and caspase-8 activities at t = 0 hours, t = 24 hours, and t = 72 hours after hemorrhage (Figure 2c). Therefore, a contribution of the CD120α-mediated pathway to splenic apoptosis cannot be excluded but might play a minor role.

Hemorrhagic shock-induced mitochondria related pro- and anti-apoptotic proteins
To prove the involvement of mitochondria-related proteins in the downstream apoptotic signalling cascade in spleen after HS, we investigated the protein expression of pro-apoptotic Bax as well as anti-apoptotic Bcl-2 and Mcl-1 by semi-quantitative Western blot analysis. Figure 4 demonstrates a representative Western blot of Bax, Bcl-2, and Mcl-1 proteins of at least three experiments. In regard to Bax protein expression, weak expression signals were detected in sham animals within the observed time point whereas control animals showed a higher expression level (Figure 4a, left). Protein expression levels of Bcl-2 in both control animals and animals that underwent
a sham procedure did not show any significant differences throughout the entire observation period (Figure 4a, middle). In bright contrast, splenocytes of HS mice showed remarkably divergent values in their Bax and Bcl-2 protein expression levels at t = 0 hours, t = 24 hours, and t = 72 hours after hemorrhage (Figure 4b, left and middle). Moreover, the expression levels of both proteins appeared to be inversely expressed. Throughout the three observation time points, Bcl-2 expression levels were continuously decreasing from t = 0 hours onward, whereas Bax expression was significantly elevated at t = 24 hours and t = 72 hours when compared with t = 0 hours after hemorrhage, indicating a distinct pro-apoptotic shift (Figure 4c, left and middle). Furthermore, protein data of inversely expressed Bax and Bcl-2 protein expression were confirmed by additional analysis of Bax and Bcl-2 mRNA expression using real-time PCR (data not shown).

To elucidate the involvement of additional mitochondrial proteins in splenocyte apoptosis, we sought to introduce another member of the mitochondria-related anti-apoptotic Bcl-2 family, Mcl-1 (Figure 4a-c, right). However, consistent expression levels of the Mcl-1 protein were detectable in sham-operated and control animals, except for an increased expression at t = 24 hours after hemorrhage. In contrast, Mcl-1 expression in

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**Figure 3**

**Expression of death receptors after hemorrhagic shock (HS).** (a) HS-induced expression of extrinsic CD95 and CD120α death receptors in murine spleen. (b) Gating strategy and percentage of splenic CD3 T cells positive for CD95 as well as for CD120α compared with healthy controls and sham-operated animals (representative dot plots and histograms for at least three experiments, green line = isotype control, red line = specific marker). *P < 0.05 as determined by analysis of variance (with post hoc Bonferroni/Dunn) test and Mann-Whitney test. Co, control; FSC, forward scatter; SSC, side scatter.
splenocytes of HS-treated animals was significantly enhanced at t = 24 hours after hemorrhage when compared with t = 0 hours and t = 72 hours, supporting our hypothesis that splenic cells are rescued from apoptosis by potential involvement of Mcl-1 (Figure 4b,c, right). Additionally, the time course of anti-apoptotic Mcl-1 expression is in line with the appropriate caspase-3/7 and caspase-9 activities and correlates with the HS-induced DNA fragmentation demonstrated in Figure 2.

**Discussion**

Previous human studies have shown that serious injury induces a variety of both morphological and functional changes in lymphocytes, which are indicated to play a major part in post-traumatic immunosuppression [29-32]. To date, reports on animal models and clinical studies have been able to demonstrate that the consecutive dysfunction of key immune effector cells after trauma hemorrhage and shock, such as lymphocytes, may be associated with induced and prematurely activated apoptosis [33-36]. Animal studies have clearly shown that hemorrhage alone is sufficient to cause a variety of parenchymal alterations, including cellular damage and cytotoxic effects [37-39]. Additionally, hemorrhage alone has been shown to induce thymocyte apoptosis, which is assumed to contribute to the deregulation of immune responses and the development of post-traumatic immunosuppression [18]. Furthermore, the spleen as an important homing of T lymphocytes appears to be involved in the immune response following hemorrhage in combination with trauma [19]. After ischemia/reperfusion injury, apoptosis also can be induced in liver [6], kidney [40], heart [41], and brain [42]. On the basis of our experimental settings presented in the following study, previous data have critically discussed the type fluid resuscitation following HS in regard to the extent of parenchymal apoptosis. For example, an increased hepatic, intestinal, and pulmonary apoptotic activity has been reported during resuscitation with lactated Ringer solution [43,44]. In contrast,
hypertonic saline infusion exhibits protective properties reduc-
ing cellular apoptosis, tissue damage, and susceptibility to sepsis [45-48]. Nevertheless, our correlating results obtained by TUNEL stain and caspase activity assays allowed us to pro-
pose that HS induces both pro- and anti-apoptotic changes in murine splenocytes. Biphasic activation of parenchymal apop-
totic processes in various animal models of injury has been reported by the use of several pharmacological substances (for example, staurosporin [49] or bleomycin [50]).

In the present study, apoptotic changes of murine splenocytes from animals subjected to HS and resuscitation were compared with sham-operated and control animals and investi-
gated within an observation period of 72 hours. Our results demonstrate a time-dependent and biphasic activity (at t = 0 hours and t = 72 hours after hemorrhage) of key apop-
tosis-inducing enzymes (caspase-3/7 and caspase-8) and apopto-
sis-related CD120α expression along with corresponding apoptotic DNA fragmentation via TUNEL analysis. However, the minor expression levels of both CD120α and CD95 death receptors do not necessarily mean that the receptor-mediated pathway is not activated, since it requires not only the receptors but also binding of their ligands. Despite this, TUNEL staining analysis and confirmative results of increased caspase-3/7 and caspase-8 activity of splenocytes over the 3-
day observation period support the common notion that the early splenocyte apoptosis is associated, at least in part, with caspase-dependent and both intrinsic and extrinsic apoptotic signalling pathways. Our analyses of HS-induced apoptotic changes in splenocytes indicated a biphasic activation of caspase-9 with a corresponding increase of pro-apoptotic Bax and repressed anti-apoptotic Bcl-2 protein expression. This is partially in line with recent observations showing pulmonary upregulation of Bax protein expression in rats following lactated Ringer solution and hetastarch resuscitated HS [44]. Remarkably, our results suggest a downregulated splenocyte apoptosis at t = 24 hours after HS predominantly correlating with an upregulation of the specific anti-apoptotic mediators, namely Mcl-1 as a member of the Bcl-2 family. The essential role of Mcl-1 in regulating cell viability has been established in various experimental settings [51,52], including a murine host-
mediated macrophage apoptosis model during pneumococcal infection [53]. In the latter model, a tightly regulated biphasic pattern of macrophage susceptibility to apoptosis has been proposed for optimal killing of bacteria during infection. Follow-
ning this, a biphasic course of apoptosis regulation seems to be a beneficial feature providing effective host response against serious injury or pathogens. Furthermore, our results suggest the potential involvement of Mcl-1 protein in a possi-
ble counter-regulatory mechanism at t = 24 hours after HS. Thus, our results provide evidence of early splenocyte apoptosis triggered by HS, implicating an initial pro-apoptotic shift, counter-regulation, and subsequent rebound effect. It might be proposed that the predominant and specific upregulation of the Mcl-1 protein at t = 24 hours within the early phase of post-
hemorrhage recovery contributes to a physiological attempt, thus acting against the potential risk of immunsuppression following HS.

**Conclusion**

Our findings demonstrate that HS is sufficient to induce murine splenocyte apoptosis and further itemize time-dependent downstream signalling events within the complex patho-
physiology of HS-induced immune alterations, which have not been described in these settings to date. We further provide evidence that splenocyte apoptosis after HS displays a bipha-
sic pattern within the early recovery phase, which is caspase-
3/7 – as well as caspase-9-dependent and appears to be mainly intrinsic-mediated via the mitochondrial proteins Bax, Bcl-2, and Mcl-1. Due to the observed activation of caspase-
8, an involvement of receptor-mediated pathways in HS-
induced apoptotic changes cannot be excluded. In summary, it might be suggested that HS-induced apoptosis-related mal-
function of murine splenocytes may be critically involved in the post-traumatic immunsuppression.

**Key messages**

- Animal models help to elucidate the complex patho-
physiology of trauma-hemorrhage-induced immune responses.
- Immunsuppression following trauma hemorrhage might be caused by parenchymal alterations (for example, in the spleen).
- Murine hemorrhagic shock leads to time-dependent activation of splenic apoptosis
- The biphasic course of apoptosis after hemorrhagic shock displays a biphasic pattern in the early recovery phase in which the intrinsic mitochondria-related Bax, Bcl-2, and Mcl-1 proteins are critically involved.

**Competing interests**

The authors declare that they have no competing interests.

**Authors' contributions**

AH, in part with AO, drafted the study, carried out all surgical animal procedures, and wrote the manuscript. KJ carried out all described methods. GS-T revised the manuscript and con-
tributed to Western blot analysis and TUNEL stains. YR and WE each contributed substantially to the revision of the man-
uscript. AO, in part with AH, drafted the study and contributed substantially to the revision of the manuscript. SKT performed statistical analysis and participated in writing the manuscript. All authors have read and approved the final manuscript.

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