An epidemiologic analysis of the association between eyelid disorders and ocular motility disorders in pediatric age

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Aim of the study was to assess: (a) the prevalence and type of strabismus, ptosis and eyelid dynamic disorders features, (b) the prevalence of refractive errors, amblyopia and, (c) their association with ocular/systemic syndromes in a cohort of patients. This is a retrospective observational multicenter cohort study. Patients with coexisting ocular motility disorders, comitant and incomitant strabismus, ptosis and dynamic eyelid disorders who have never undergone surgery were enrolled throughout a 3-years a study period. 137 out of 19,089 patients were enrolled, of which 97 with uniocular and 40 with binocular disease. Isolated congenital ptosis was observed in 84 patients. A polymalformative syndrome was present in almost one third of cases, whilst among strabismus type, esotropia was slightly more prevalent. Most patients were hypermetropic. In monocular disease, myopia mainly affected older patients, who were characterized by a worse ptosis margin reflex distance and levator function, and significantly higher astigmatism. Amblyopia occurred in 67.4% of the study sub-population. Of note, in monocular disease this was mild in 25.8%, moderate in 24.2% and severe in 11.3% of cases, whilst in binocular disease it was mild in 25%, moderate in 41.7% and severe in 16.7%. All patients with coexisting eyelid and ocular motility dysfunctions in pediatric age need ophthalmologic and systemic evaluation to accurately assess amblyopia, refractive errors and systemic/ocular disorders.

Static and dynamic eyelid disorders and ocular motility dysfunctions in pediatric age are often related. Strabismus incidence among patients with eyelid disorders has been rarely reported, mainly focused on congenital ptosis. The association between congenital ptosis and hypofunction of the superior rectus muscle commonly occurs in 25% of unilateral forms and in 65% of bilateral forms. Sevel described an embryogenic cause in these patients. During normal fetal development levator muscle and superior rectus are detached by a common epimysium; however, if this does not occur, the mesenchymal tissue portends towards atrophy. This might partly explain why thickened fibrous tissue is often present between the two muscles during attempts to repair congenital ptosis. Griepentrog and Mohney observed strabismus in 18% of children with ptosis over a 40-years period. Anderson and Baumgartner reported a prevalence of 36%, of which 48% had vertical squint, and 32% with congenital ptosis, whilst Thapa of 27% among patients with congenital ptosis. This association may be either an isolated feature or associated to several conditions, such as congenital cranial dysinnervation disorders (CCDD), ocular syndromes (BPTS), orbital diseases, systemic genetic disorders, central nervous system (CNS) disorders and neurological diseases. As well, it may also be related, and lead, to refractive errors and amblyopia. Of note, in congenital ptosis a high incidence of astigmatism greater has been observed, with values above 3.50D, which has led many authors to suggest an early examination of refraction in children with ptosis to seek for an appropriate

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correction. As a matter of fact, in pediatric age, this may significantly affect both visual acuity and normal binocular vision development, mainly involving the eye with either worse ptosis or major refractive error.

Only a few studies have assessed the prevalence of eyelid and ocular motility disorders and their association with functional visual deficits and ocular/systemic syndromes. Hence, the aim of our multicenter retrospective cross-sectional study is to assess, in a cohort of pediatric patients affected by both strabismus and eyelid dynamic disorders, (i) type of strabismus, (ii) prevalence of refractive errors, (iii) functional visual deficits (amblyopia) and (iv) their association with ocular/systemic disorders.

Materials and methods

Study design and population. This is a retrospective observational multicenter cohort study, which involved two Italian centers: the Ophthalmology Unit of the Fondazione Policlinico Universitario A. Gemelli IRCCS, Rome, Italy and the Ophthalmology Department of Bambino Gesù IRCCS Pediatric Hospital, Rome.

We included medical records related to all children, aged 6 to 16 years old, with coexisting ocular motility disorders, comitant and incomitant strabismus, ptosis and eyelid dynamic disorders either in primary or in other gaze positions, who have never been previously surgically treated, afferent at the two tertiary referral centers from January 1, 2017 through December 31, 2019. All patients with iatrogenic and traumatic eyelid and ocular motility disorders, as well as those previously surgically treated on eyelids or extraocular muscles were instead excluded.

Data collection and procedures. We collected data from ocular and orthotic examination, including eye motility, cycloplegic refraction, best-corrected visual acuity (BCVA) measurement, upper margin reflex distance (MRD) and levator function (LF) were collected.

Best Correct Visual Acuity (BCVA) was assessed for right and left eye, when possible, using either Lea Symbols charts or ETDRS charts. MRD and LF were measured asking the patient to look at an examination torch held about half a meter away. A ruler was held against the upper eyelid and the distance between the light reflex and superior eyelid margin was measured in primary position (MRD). When patients failed to show a visible light reflex, as their upper lid covered the pupil foramen, either negative or 0 values was assigned, due to analytical purposes. A value of 0 established that the upper lid margin covered the center of the pupil; whereas if equal to –1, it outstripped the inferior pupil margin. LF was assessed by measuring the excursion in millimeters of the upper eyelid between upgaze and downgaze, fixing the eyebrow.

As for the categories of the analyzed association, these were classified either as “congenital isolated” or “others” (i.e., congenital cranial dysinnervation disorders, genetic diseases, CNS disorders and neurologic diseases, ocular syndromes and orbital diseases). Ptosis features were instead classified either as bilateral and unilateral ptosis or eyelid asymmetry, whereas strabismus as esotropia, exotropia, vertical squint, and either comitant or incomitant. The prevalence of polymalformative syndromes was further assessed.

Ocular alignment was assessed using prism cover-uncover tests. Cover tests were performed with fixation targets both at distance (6 m) and near (33 cm). The refractive status of all patients was instead evaluated by retinoscopy both before and after cycloplegia. Refractive status type (Myopia, Hyperopia, and Astigmatism: with the rule and against the rule) and size (diopters) were recorded. Spherical equivalent (SEQ) was calculated as the sum of the spherical plus half of the cylindrical power. Myopia, hyperopia and astigmatism were defined as SEQ < 0.5 diopters (D), SEQ > 0.5 D and cylindrical error > 1.0 D, respectively.

Amblyopia, where possible, was assessed, according to Pediatric Eye Disease Investigator Group (PEDIG), as mild (20/25 to < 20/40), moderate (20/40 to 20/80) and severe (20/100 to 20/400). Family history for eyelid abnormalities, oculomotor disorders and systemic/ocular diseases were also recorded.

The study was carried out with the approval from the Fondazione Policlinico Universitario A. Gemelli IRCCS Ethics Committee (Protocol ID number 0039303/20, ID: 3396) and in accordance with 1976 Declaration of Helsinki and its later amendments. A written informed consent for data collection and analysis was obtained from all patients. Photographs were obtained in selected cases previous patients’ permission.

Statistical analysis. In this retrospective study we examined the charts of all 19,089 children afferent to the two ophthalmologic units involved throughout the three years selected and retrieved 137 patients satisfying the inclusion criteria. Due to retrospective nature we made a post-hoc power calculation based on the primary endpoint of analysing the prevalence of strabismus type (eso- and exo-tropia and vertical squint). Thus, hypothesizing a small to moderate effect size, such sample size achieves 94.0% power to reject the null hypothesis of zero effect size when the population effect size is 0.30 and the significance level (alpha) is 0.050 using a two-sided one-sample z test. Power calculation was performed with PASS 2022 software.

All clinical characteristics were summarized by descriptive statistics techniques. In depth, qualitative variables were expressed by absolute and relative percentage frequencies. Quantitative variables, indeed, were reported either as mean and standard deviation (SD) or median and interquartile range (IQR), as appropriate. Distribution of quantitative data was previously assessed by the Shapiro–Wilk’s test.

Between groups differences for each parameter considered (strabismus type, categories, refractive error, amblyopia, ptosis features) were assessed, as for qualitative variables, either by the Fisher Exact test or the Chi square test, with Yates correction, as appropriate. Quantitative variables were instead assessed either by one-way ANOVA or Student’s t test, whether normally distributed, otherwise either by Mann–Whitney U test or Kruskal–Wallis test. A p value < 0.05 was considered as statistically significant. All analyses were conducted with R software, version 4.1.2 (CRAN®, R Core 2021).
Results

General characteristics of the study cohort. During the 3-year study period 137 out of 19,089 patients (0.72%) afferent at the two Ophthalmological Pediatric Centers met the inclusion criteria.

In the same observation period, overall, patients with eyelid static and dynamic disorders were 292 (1.52%) and isolated congenital ptosis were 84 (0.44%).

Ninety-seven out of 137 patients had a monocular disease, affecting either right or left eye, whereas in 40 cases the disease affected both eyes. Patients were also homogeneously distributed for sex (47.4% M vs. 52.6% F), both overall and between groups, with an overall median age of 12 years (IQR 7–16 years).

Among systemic disorders the less prevalent were ocular syndromes and orbital diseases (6%), whilst in almost one third there was a polyomalformative syndrome associated (28.5%). Exotropia and Vertical squint types of strabismus were equally distributed (31.4%, n = 43), whilst esotropia was slightly more prevalent (37.2%, n = 51). In addition, most patients were hypermetropic (73.7%, n = 101).

Patients with disease affecting both eyes were characterized by a significantly higher strabismus deviation angle for distance (p = 0.039) and for near (p = 0.023). As well, we observed a significantly higher prevalence of comitant strabismus deviation (p = 0.021) and ptosis familiar history (p = 0.008) in this subgroup. Levator function was instead significantly higher among patients with single-eye disease (median 17 vs 8; p < 0.001). All characteristics of the study population are described in Table 1.

Each outcome of interest was further separately compared between the two subgroups.

Strabismus. Strabismus was classified as follows: esotropia, exotropia and vertical squint.

Patients with monocular disease showed that ptosis onset occurs significantly later in those with vertical squint (median 6 months vs.1 in exotropic and esotropic patients, p = 0.010). A suggestive association instead emerged as for what concerns strabismus onset (p = 0.083), towards a later occurrence in those with vertical squint.

For what concerns ptosis features, all patients with vertical squint had unilateral ptosis, with the congenital ones significantly more prevalent (83.9% vs. 51.4% in esotropia and 75.9% in exotropia, respectively; p = 0.010).

Other relevant findings are related to the refractive error value, significantly higher in those with esotropia (median 2.5 vs 1.75 in exotropia and 2 in vertical squint, respectively; p = 0.044), whilst BCVA was less evaluable in patients with esotropia (48.6% vs. 65.5% vs. 77.4%, respectively; p = 0.047).

Findings were similar also in patients with binocular disease as for vertical strabismus (median 18 months in those with vertical squint vs. 0 in both other strabismus types, p < 0.001), whilst ptosis familiar history was significantly prevalent in those with esotropia (42.9% vs. 14.3 in esotropia and 0 in vertical squint, p = 0.019).

A suggestive association instead emerged towards a younger age (median 10 years vs. 16 years in exotropia and 13 years in vertical squint; p = 0.073) and higher MRD values (3 mm vs 1 mm in the other two categories; p = 0.081) among patients with esotropia. All data are reported in Table 2.

Ptosis features. We thus analysed patients according to ptosis features, i.e. congenital ptosis or eyelid asymmetry, either unilateral or bilateral, according to the mono- or bin-ocular disease.

In patients with monocular disease, vertical strabismus emerged as significantly higher among those with unilateral congenital ptosis (p = 0.011). Moreover, we observed a significantly higher prevalence of esotropia in patients with unilateral eyelid asymmetry (60% vs. 28.4%; p = 0.010). In the same subgroup, also MRD (median 4 mm vs. 3 mm; p < 0.001) and levator function (median 18 mm vs. 16 mm; p < 0.001) were significantly higher than among those with congenital ptosis.

Looking at patients with both eyes affected, findings were almost similar, with MRD (median 4 mm vs. 1 mm; p < 0.001) and LF (median 18 mm vs. 8 mm; p < 0.001) both significantly higher in patients with bilateral eyelid asymmetry as compared to congenital. Conversely, astigmatism value was significantly lower in this subset of patients (median 0.75 vs. 2; p = 0.026). A suggestive association instead emerged towards a slightly higher refractive error among those with eyelid asymmetry (p = 0.060), and towards a higher strabismus deviation angle for near in those with congenital ptosis (p = 0.093). All data are reported in Table 3.

Refractive errors. Refractive error was classified as myopic, hypermetropic and anisometropic.

In patients with monocular disease, patients were significantly older among those with myopia (median 14.5 years vs. 10 hypermetropic and 11 anisometropic, p = 0.005). Moreover, refractive error was significantly lower in myopic subjects, though such a result has to be confirmed due to the too small sample of anisometropic patients.

For what concerns patients with binocular disease, instead, patients were only either myopic or hypermetropic. In this subgroup of patients, strabismus onset occurred significantly later in myopic subjects (median 6 months vs. 1, p < 0.001). A comparable finding was also observed for ptosis onset. Myopic subjects were also characterized by a significantly higher prevalence of ptosis familiar history (60% vs. 6.7%, p = 0.001) and higher astigmatism value (median 3 vs. 1, p = 0.003), and a lower refractive error (median -3 vs. 2.5, p < 0.001). Conversely, both MRD (median 2 mm vs.1 mm, p = 0.003) and LF (median 14 mm vs. 3 mm, p < 0.001) were significantly higher among hypermetropic patients. All data are shown in Table 4.

Diseases categories. For what concerns categories, we considered all categories grouped vs. the isolated one, in order to minimize the bias due to small sample sizes of the single subgroups.

Looking first at monocular disease, we observed a significantly higher prevalence of associated polyomalformative syndromes in the isolated category (37.8% vs. 13%, p = 0.026). A suggestive association instead emerged...
|                          | Overall (n=137) | Monocular disease (n=97) | Bi-ocular disease (n=40) | p   |
|--------------------------|-----------------|--------------------------|--------------------------|-----|
| Age (years)              | 12 [7–16]       | 12 [7–16]                | 13 [6.5–16]              | 0.827 |
| Sex                      |                 |                          |                          | 0.701 |
| M                        | 65 (47.4)       | 45 (46.4)                | 20 (50)                  |     |
| F                        | 72 (52.6)       | 52 (53.6)                | 20 (50)                  |     |
| Categories               |                 |                          |                          | 0.004 |
| Congenital cranial dysinnervation disorders | 25 (18.2) | 23 (23.7) | 2 (5) |     |
| Isolated                 | 27 (19.7)       | 23 (23.7)                | 4 (10)                   |     |
| Genetic                  | 37 (27)         | 23 (23.7)                | 14 (35)                  |     |
| CNS disorders and neurological diseases | 38 (27.7) | 24 (24.7) | 14 (35) |     |
| Ocular syndromes and orbital diseases | 10 (7.3) | 4 (4.1) | 6 (15) |     |
| Categories               |                 |                          |                          |     |
| Isolated                 | 27 (19.7)       | 23 (23.7)                | 4 (10)                   | 0.110 |
| Others                   | 110 (80.3)      | 74 (76.3)                | 36 (90)                  |     |
| Polymalformative syndromes associated | 39 (28.5) | 31 (32) | 8 (20) | 0.158 |
| Strabismus type          |                 |                          |                          | 0.842 |
| Esotropia                | 51 (37.2)       | 37 (38.1)                | 14 (35)                  |     |
| Exotropia                | 43 (31.4)       | 29 (29.9)                | 14 (35)                  |     |
| Vertical squint          | 43 (31.4)       | 31 (32)                  | 12 (30)                  |     |
| Strabismus angle deviation distance | 14 [6–30] | 14 [4–25] | 20 [10–30] | 0.039 |
| Strabismus angle deviation near | 14 [6–30] | 14 [6–25] | 20.5 [10–33.75] | 0.023 |
| Vertical strabismus      | 0 [0–5]         | 0 [0–5]                  | 0 [0–3.75]               | 0.771 |
| Strabismus onset         | 2 [1–6]         | 2 [1–14.3]               | 1 [1–6]                  | 0.311 |
| Strabismus familiar history | 7 (5.1)   | 3 (3.1)                  | 4 (10)                   | 0.214 |
| Strabismus deviation type|                 |                          |                          | 0.021 |
| Comitant                 | 75 (54.7)       | 47 (48.5)                | 28 (70)                  |     |
| Incomitant               | 62 (45.3)       | 50 (51.5)                | 12 (30)                  |     |
| Ptosis familiar history  | 12 (8.8)        | 4 (4.1)                  | 8 (20)                   |     |
| Ptosis features          |                 |                          |                          | <0.001 |
| Bilateral ptosis         | 34 (24.8)       | –                        | 34 (85)                  |     |
| Bilateral eyelid         | 6 (4.4)         | –                        | 6 (15)                   |     |
| Asymmetry unilateral ptosis | 67 (48.9) | 67 (69.1) | – |     |
| Unilateral eyelid asymmetry | 30 (21.9) | 30 (30.9) | – |     |
| Ptosis MRD (mm)          | 3 [1–4]         | 3 [2–4]                  | 1 [1–3]                  | <0.001 |
| Ptosis onset             | 2 [1–6]         | 2 [1–6]                  | 1 [1–6]                  | 0.715 |
| Levator function         | 16 [10–18]      | 17 [14–18]               | 8 [4.25–15]              | <0.001 |
| Refractive error         |                 |                          |                          | 0.658 |
| Myopic                   | 34 (24.8)       | 24 (24.7)                | 10 (25)                  |     |
| Hypermetropic            | 101 (73.7)      | 71 (73.2)                | 30 (75)                  |     |
| Anisometropic            | 2 (1.5)         | 2 (2.1)                  | –                        |     |
| Refractive error         | 2.25 [–0.5 to 3] | 2.25 [–0.5 to 3.13]    | 2.25 [–0.38 to 2.94]    | 0.589 |
| Amblyopia*               |                 |                          |                          | 0.187 |
| None                     | 28 (32.6)       | 24 (38.7)                | 4 (16.7)                 |     |
| Mild                     | 22 (25.6)       | 16 (25.8)                | 6 (25)                   |     |
| Moderate                 | 25 (29.1)       | 15 (24.2)                | 10 (41.7)                |     |
| Severe                   | 11 (11.8)       | 7 (11.3)                 | 4 (16.7)                 |     |
| Fixing eye               |                 |                          |                          | 0.581 |
| Right                    | 60 (43.8)       | 44 (45.4)                | 16 (40)                  |     |
| Left                     | 44 (32.1)       | 32 (33)                  | 12 (30)                  |     |
| Alternative fixation     | 33 (24.1)       | 21 (21.6)                | 12 (30)                  |     |
| Is astigmatism evaluable? | 79 (57.7) | 57 (58.8) | 22 (55) | 0.685 |
| Astigmatism value        | 0.5 [0–1]       | 0.5 [0–1]                | 0.5 [0–2]                | 0.517 |
| Is BCVA evaluable?       | 85 (62)         | 61 (62.9)                | 24 (60)                  | 0.752 |
| BCVA ptosis              | 0.1 [0–0.45]    | [0–0.35]                 | 0.3 [0.1–0.68]           | 0.040 |

Table 1. General characteristics of the study population (n = 137). M male, F female, CNS central nervous system, MRD margin reflex distance, BCVA best corrected visual acuity. *Others: congenital cranial dysinnervation disorders, Genetic, CNS disorders/neurological diseases, Ocular syndromes/orbital diseases. Significant data are in bold, suggestive p-values in italic.
### Table 2. Association between strabismus type and general and clinical characteristics in the study cohort, according to patients’ subgroups (n = 137).

| Categories                                      | Monocular disease (n = 97)          | Binocular disease (n = 40)          |
|------------------------------------------------|-------------------------------------|-------------------------------------|
| Age (years)                                     | 12 [7–16] 10 [7–16] 12 [10–15] p = 0.577 | 10 [6–14] 16 [3–17] 13 [12–17] p = 0.073 |
| Sex                                            | M 19 (51.4) 12 (41.4) 14 (45.2)     | F 18 (48.6) 17 (58.6) 17 (54.8)     |
| Sex                                            | p = 0.713 M, p = 0.123 F            | p = 0.353 M, p = 0.433 F            |
| Categories                                     | Isolated                          | Others*                        |
| Isolated                                      | 6 [16.2] 9 [31] 8 [25.8] 2 (14.3) | 2 (14.3) 0 (0.0) 2 (16.7)          |
| Others*                                        | 31 (83.8) 20 (69) 23 (74.2) 12 (85.7) | 12 (83.3) 14 (100) 10 (83.3)     |
| Polymorphomative syndromes associated           | 13 (35.1) 9 (31) 9 (29) 0.858     | 2 (14.3) 2 (14.3) 4 (33.3) 0.427  |
| Strabismus angle deviation distance            | 15 [5–22.5] 12 [5–27.5] 12 [0–25] | 0.660 20 [10–25] 20 [8–30] 20 [10–35] 0.936 |
| Strabismus angle deviation near                 | 14 [6–25] 14 [7–19] 10 [0–20]       | 0.296 25 [10–30] 15 [8–30] 23 [10–55] 0.676 |
| Vertical strabismus                            | 0 [0–0] 0 [0–0] 10 [5–16] < 0.001 | 0 [0–0] 0 [0–0] 18 [5–40] < 0.001 |
| Strabismus onset                               | 2 [1–6] 2 [1–34.8] 6 [1–48] 0.083 | 1 [1–6] 1 [1–108] 4 [1–6] 0.746  |
| Strabismus familiar history                     | – 2 (6.9) 1 (3.2) 0.275 2 (14.3) | 2 (14.3) 0.0 (0.0) 0.524  |
| Ptosis familiar history                        | 1 (2.7) 2 (6.9) 1 (3.2) 0.665     | 2 (14.3) 6 (42.9) 0.0 (0.0) 0.019  |
| Strabismus deviation type                      | 0.181                               | 0.265                             |
| Concomitant                                    | 17 (45.9) 18 (62.1) 12 (38.7)       | 12 (85.7) 8 (57.1) 8 (66.7)       |
| Incomitant                                     | 20 (54.1) 11 (37.9) 19 (61.3)       | 2 (14.3) 6 (42.9) 4 (33.3)       |
| Ptosis features                                | 0.010                               | 0.182                             |
| Bilateral ptosis                               | – – – 10 (71.4) 12 (85.7) 12 (100) |
| Bilateral eyelid asymmetry                      | – – – 4 (28.6) 2 (14.3) 0 (0.0)   |
| Unilateral ptosis                              | 19 (51.4) 22 (75.9) 26 (83.9)       | – – – |
| Unilateral eyelid asymmetry                     | 18 (48.6) 7 (24.1) 5 (16.1)        | – – – |
| Ptosis MRRD (mm)                                | 3 [2–4] 3 [2–4] 3 [1–4] 0.121 1 [1–4] 1 [1–3] 1 [1–2] 0.081  |
| Ptosis onset                                    | 1 [1–4] 2 [1–17.3] 6 [1–60] 0.010 | 1 [1–6] 1 [1–108] 4 [1–6] 0.750  |
| Levator function                               | 18 [15–18.5] 16 [12–18] 18 [14–18] | 0.489 15 [3–16] 8 [4–14] 8 [5–14] 0.709  |
| Refractive error                                | 0.242                               | 0.811                             |
| Myopic                                         | 5 [13.5] 8 [27.6] 11 (35.5) 4 (28.6) 4 (28.6) 2 (16.7) |
| Hypermetropic                                  | 31 (83.8) 21 (72.4) 19 (61.3) 10 (71.4) 10 (71.4) 10 (83.3)  |
| Anisometropic                                  | 1 (2.7) – 1 (3.2) 0 (0.0) 0 (0.0) 0 (0.0) 0 (0.0)  |
| Refractive error                                | 2.5 [2 to 4] 1.75 [–0.13 to 3] 2 [–1 to 3] 0.044 | 2.55 [–4.00 to 7.00] 1.50 [–2.00 to 2.75] 1.75 [1.0 to 2.5] 0.391  |
| Amblyopia**                                    | 0.597                               | - 0.045                           |
| None                                           | 6 [31.6] 6 [31.6] 12 (50) 2 (25.0) 2 (25.0) 0 (0.0)  |
| Mild                                           | 7 [36.8] 4 [21.1] 5 (20.8) 0 (0.0) 0 (0.0) 4 (50.0)  |
| Moderate                                       | 5 [26.3] 6 [31.6] 4 (16.7) 6 (75.0) 4 (50.0) 0 (0.0)  |
| Severe                                         | 1 [5.3] 3 [15.8] 3 (12.5) 0 (0.0) 0 (0.0) 4 (50.0)  |
| Fixing eye                                     | 0.949                               | 0.045                             |
| Right                                          | 17 [45.9] 12 [41.4] 15 (48.4) 10 (71.4) 2 (14.3) 4 (33.3)  |
| Left                                           | 11 [29.7] 11 [37.9] 10 (32.5) 2 (14.3) 6 (42.9) 4 (33.3)  |
| Alternate fixation                             | 9 [24.3] 6 [20.7] 6 (19.4) 2 (14.3) 6 (42.9) 4 (33.3)  |
| Is astigmatism evaluable?                      | 18 [48.6] 19 [65.5] 20 [64.5] 0.282 | 10 (71.4) 6 (42.9) 6 (50.0) 0.289  |
| Astigmatism value                              | 0.25 [0–1] 0.5 [0–1] 0.75 [0–1] 0.726 1.75 [1.00–2.00] 1.00 [1.00–3.00] 1.75 [0.5–2.5] 0.880  |
| Is BCVA evaluable?                             | 18 [48.6] 19 [65.5] 24 [77.4] 0.047 | 8 [57.1] 8 [57.1] 8 [66.7] 0.848  |
| BCVA ptosis                                    | 0.1 [0–0.3] 0.2 [0–0.4] 0.05 [0–0.38] 0.487 0.45 [0.15–0.60] 0.20 [0.05–0.55] 0.45 [0.1–0.95] 0.790  |

* Others: congenital cranial dysinnervation disorders, Genetic, CNS disorders/ neurological diseases, Ocular syndromes/orbital diseases. ** Amblyopia was analysed on the subgroup of patients for which information was available. Significant data are in bold, suggestive p-values in italic.
Table 3. Association between ptosis features and general and clinical characteristics in the study cohort, according to patients’ subgroups (n = 137). * Others: congenital cranial dysinnervation disorders, Genetic, CNS disorders/neurological diseases, Ocular syndromes/orbital diseases. ** Amblyopia was analysed on the subgroup of patients for which information was available. Significant data are in bold, suggestive p-values in italic.
| Table 4. Association between type of refractive error and general and clinical characteristics in the study cohort, according to patients’ subgroups (n = 137). M male, F female, MRD margin reflex distance, BCVA best corrected visual acuity, IQR interquartile range. Significant data are in bold, suggestive p-values in italic. |
towards a higher prevalence of incomitant strabismus deviation type (56.8% vs. 34.8%, p = 0.066) and a higher mild amblyopia (50% vs. 17.4%, p = 0.060) in patients with other diseases.

Among patients with binocular disease, indeed, in the isolated category there was a significantly higher prevalence of strabismus familiar history (50% vs. 5.6%, p = 0.043), and a suggestive association towards a higher MRD (median 3 mm vs. 1 mm, p = 0.064). All data are reported in Table 5.

### Table 5. Association between disease categories and general and clinical characteristics in the study cohort, according to patients’ subgroups (n = 137).

|                         | Monocular (n = 74) | Binocular (n = 63) |
|-------------------------|--------------------|--------------------|
|                         | Other (n = 24)     | Isolated (n = 4)    |
| Age (years)             | 12 [7.8–16]        | 12 [7–15]          |
| p                       | 0.683              | 0.026              |
| Sex                     | M 0.524            | F 1.000            |
|                         | 33 (44.6)          | 12 (52.2)          |
|                         | 41 (55.4)          | 11 (47.8)          |
| Polymalformative syndromes associated | 28 (37.8) | 3 (13) |
|                         | 0.353              | 0.566              |
| Strabismus type         | Esotropia 31 (41.9)| 6 (26.1)           |
|                         | 20 (27)            | 9 (39.1)           |
|                         | 23 (31.1)          | 8 (34.8)           |
| Strabismus angle deviation distance | 13 [4–26.3] | 14 [6–20] |
|                         | 12 [4–25]          | 16 [8–25]          |
| Vertical strabismus     | 0 [0–5]            | 0 [0–12]           |
| Strabismus onset, mean (SD) | 2 [1–17] | 2 [1–13] |
|                         | 1 (1–4)            | 2 (8.7)            |
| Strabismus familiar history | 0.277             | 2 (50.0)           |
|                         | 0.433              | 0.566              |
| Strabismus deviation type | Comitant 32 (43.2)| 15 (65.2)          |
|                         | Incomitant 42 (56.8)| 8 (34.8)          |
| Posis familiar history  | 4 (5.4)            | –                  |
|                         | 0.500              | 0.566              |
| Posis features          | Bilateral piosis   | –                  |
|                         | 4 (100)            | 24 (66.7)          |
|                         | Bilateral eyelid asymmetry | –             |
|                         | 6 (16.7)           | 6 (16.7)           |
|                         | Unilateral piosis  | 49 (66.2)          |
|                         | 18 (78.3)          | 18 (78.3)          |
|                         | Unilateral eyelid asymmetry | 25 (33.8) |
|                         | 5 (21.7)           | 5 (21.7)           |
| Posis MRD (mm)          | 3 [2–4]            | 3 [2–4]            |
|                         | 3 [2–4]            | 0.968              |
|                         | 0.064              | 0.064              |
| Posis onset             | 2 [1–9.9]          | 2 [1–6]            |
|                         | 0.405              | 6 [6–6]            |
|                         | 0.108              | 0.108              |
| Levator function        | 18 (14–18)         | 16 (15–18)         |
|                         | 0.608              | 0.608              |
| Refractive error        | 0.658              | 0.556              |
| Myopic                  | 19 (25.7)          | 5 (21.7)           |
|                         | 10 (27.8)          | 10 (27.8)          |
| Hypermetropic           | 53 (71.6)          | 18 (78.3)          |
|                         | 4 (100)            | 26 (72.2)          |
| Anisometropic           | 2 (2.7)            | –                  |
|                         | 6 (25.0)           | 6 (25.0)           |
| Refractive error        | 2 [–0.5 to 3]      | 3 [1 to 3.25]      |
|                         | 0.185              | 2 [1.75 to 2.25]   |
|                         | 0.928              | 0.928              |
| Amblyopia*              | None 21 (45.7)     | 3 (18.8)           |
|                         | 4 (16.7)           | 4 (16.7)           |
| Mild                    | 8 (17.4)           | 8 (50)             |
|                         | 6 (25.0)           | 6 (25.0)           |
| Moderate                | 2 (28.1)           | 3 (18.8)           |
|                         | 10 (41.7)          | 10 (41.7)          |
| Severe                  | 5 (10.9)           | 2 (12.5)           |
|                         | 4 (16.7)           | 4 (16.7)           |
| Fixing eye              | Right 34 (45.9)    | 10 (43.5)          |
|                         | 4 (100)            | 12 (33.3)          |
| Left                    | 23 (31.1)          | 9 (39.1)           |
|                         | 12 (33.3)          | 12 (33.3)          |
| Alternative fixation    | 17 (23)            | 4 (17.4)           |
|                         | 12 (33.3)          | 12 (33.3)          |
| Is astigmatism evaluable? n (%) | 43 (58.1) | 14 (60.9) |
|                         | 0.814              | 2 (50.0)           |
| Astigmatism value       | 0.5 [0–1]          | 0.5 [0–1]          |
|                         | 0.989              | 0.5 [0.5–0.2]      |
| Is BCVA evaluable? n (%) | 45 (60.8)          | 16 (69.6)          |
|                         | 0.448              | 0.24 (66.7)        |
| BCVA Ptosis             | 0.1 [0–0.4]        | 0.2 [0.1–0.3]      |
|                         | 0.3 [0.1–0.7]      | n.a.               |

*Amblyopia was analysed on the subgroup of patients for which information was available. Significant data are in bold, suggestive p-values in italic.
| Monocular disease | Amblyopia | | | |
| | Absent (n = 24) | Mild (n = 16) | Moderate (n = 15) | Severe (n = 7) |
| Age (years) | 12 [8.5–16] | 12.5 [8.3–18] | 11 [8–14] | 12 [12–15] |
| Sex | | | | |
| M | 8 (33.3) | 6 (37.5) | 8 (53.3) | 1 (28.6) |
| F | 16 (66.7) | 10 (62.5) | 7 (46.7) | 5 (71.4) |
| Categories | | | | |
| Isolated | 6 (25) | 5 (31.3) | 4 (26.7) | – |
| Others* | 18 (75) | 11 (68.7) | 11 (73.3) | 7 (100) |
| Polymalpormative syndromes | – | 4 (25) | 5 (33.3) | 3 (42.9) |
| Strabismus type | | | | |
| Esotropia | 6 (25) | 7 (43.8) | 5 (33.3) | 1 (14.3) |
| Exotropia | 6 (25) | 4 (25) | 6 (40) | 3 (42.9) |
| Vertical squint | 12 (50) | 5 (31.3) | 4 (26.7) | 3 (42.9) |
| Strabismus angle deviation distance | 12 [0–17.5] | 16 [8–20] | 15 [4–35] | 20 [6–30] |
| Strabismus angle deviation near | 8 [4–15.5] | 14 [7–23.3] | 20 [8–35] | 12 [6–25] |
| Vertical strabismus | 1 [0–8] | 0 [0–9] | 0 [0–0] | 0 [0–5] |
| Strabismus onset | 4.5 [1–48] | 4 [1–110.9] | 4 [1–30] | 6 [1–21.3] |
| Strabismus familiar history | 3 (12.5) | – | – | – |
| Ptosis features | | | | |
| Bilateral ptosis | – | – | – | – |
| Bilateral eyelid asymmetry | – | – | – | – |
| Unilateral ptosis | 16 (66.7) | 10 (62.5) | 11 (73.3) | 6 (85.7) |
| Unilateral eyelid asymmetry | 8 (33.3) | 6 (37.5) | 4 (26.7) | 1 (14.3) |
| Pptosis familiar history | – | – | 1 (6.7) | 1 (14.3) |
| Pptosis MRD (mm)* | 3 [3–4] | 3 [2.3–4] | 3 [2–4] | 2 [1–4] |
| Pptosis onset | 3.5 [1–57] | 2 [1–6] | 4 [2–6] | 6 [1–21.5] |
| Levator function | 18 [16.3–18.8] | 18 [16–18] | 16 [14–18] | 16 [10–18] |
| Refractive error | | | | |
| Myopic | 9 (37.5) | 8 (50) | 9 (60) | 4 (57.1) |
| Hypermetropic | 15 (62.5) | 8 (50) | 6 (40) | 3 (42.9) |
| Anisometropic | – | – | – | – |
| Refractive error | 1.4 [−0.5 to 2.9] | 2.8 [−0.1 to 3.4] | 2.5 [−1.25 to 3.25] | 0.5 [−7.5 to 2.5] |
| Fixing eye | | | | |
| Right | 11 (45.8) | 5 (31.3) | 11 (73.3) | 4 (57.1) |
| Left | 8 (33.3) | 8 (50) | 1 (6.7) | 3 (42.9) |
| Alternative fixation | 5 (20.8) | 3 (18.8) | 3 (20) | – |
| Is astigmatism evaluable? | 15 (62.5) | 12 (75) | 11 (73.3) | 3 (42.9) |
| Astigmatism value | 0.5 [0–1] | 0.63 [0–1] | 0.5 [0–1.25] | 1 [0–1] |
| Is BCVA evaluable? | 23 (95.8) | 16 (100) | 15 (100) | 7 (100) |
| BCVA ptosis | 0 [0–0] | 0.1 [0.1–0.2] | 0.4 [0.3–0.5] | 1 [1–1] |
| Binocular disease | Absent (n = 4) | Mild (n = 6) | Moderate (n = 10) | Severe (n = 4) |
| Age (years) | 13 [10–16] | 13 [12–16] | 15 [10–17] | 18 [17–18] |
| Sex | | | | |
| M | 2 (50) | 4 (66.7) | 6 (60) | – |
| F | 2 (50) | 2 (33.3) | 4 (40) | 4 (100) |
| Categories | | | | |
| Isolated | – | – | – | – |
| Others* | 4 (100) | 6 (100) | 10 (100) | 4 (100) |
| Polymalpormative syndromes association | – | 2 (100) | – | – |
| Strabismus type | | | | |
| Esotropia | 2 (50) | – | 6 (60) | – |
| Exotropia | 2 (50) | 2 (33.3) | 4 (40) | – |
| Vertical squint | 0 | 4 (66.7) | – | 4 (100) |
| Continued | | | | |
Amblyopia. Sixty-two patients with monocular disease were assessed for the visual acuity vs. 24 with binocular disease. Fifty-one uncooperative patients (37.2%) were not assessed. Amblyopia was reported in 58 out of 86 patients (67.4%).

Thirty-eight out of 62 patients with monocular disease were diagnosed as amblyopic (61.3%), according to Pediatric Eye Disease Investigator Group (PEDIG), of which 16 (25.8%) were diagnosed as mild, 15 (24.2%) as moderate and 7 (11.3%) as severe. Twenty-four patients (38.7%) did not show amblyopia in the affected eye.

Among the 24 patients with binocular disease assessed, amblyopia was diagnosed in 60% of cases. Six patients (25.0%) were diagnosed as mild, 10 (41.7%) as moderate and 4 (16.7%) as severe, whilst the remaining four patients (16.7%) did not have amblyopia.

Moreover, 33.3% of the patients with moderate amblyopia and monocular disease presented polymalformation syndromes. All data are reported in Table 6.

### Table 6. Association between amblyopia and general and clinical characteristics in the study cohort according to patients' subgroups. Amblyopia was analysed on the subgroup of patients for which information was available. Qualitative variables are expressed as absolute and percentage frequency quantitative data as median and interquartile range (IQR). M male, F female, MRD margin reflex distance, BCVA best corrected visual acuity. *Others: congenital cranial dysinnervation disorders Genetic CNS disorders/neurological diseases ocular syndromes/orbital diseases.

| Strabismus angle deviation distance | Absent (n = 4) | Mild (n = 6) | Moderate (n = 10) | Severe (n = 4) |
|------------------------------------|---------------|-------------|-------------------|---------------|
| 8 [6–10] 30 [10–35] 25 [25–30] 35 [0–70] |
| Strabismus angle deviation near     |               |             |                   |               |
| 9 [8–10] 40 [10–55] 30 [25–30] 35 [0–70] |
| Vertical strabismus                | 0 [0–0]      | 5 [0–50]    | 0 [0–0]           | 35 [30–40]    |
| Strabismus onset                   | 55 [1–108]   | 1 [1–6]     | 6 [6–6]           | 7 [1–14]      |
| Strabismus familiar history        |              |             |                   |               |
| Comitant                           | 4 (100)      | 4 (66.7)    | 6 (60)            |              |
| Incomitant                         |              | 2 (33.3)    | 4 (40)            | 4 (100)       |
| Strabismus deviation type          |               |             |                   |               |
| Bilateral ptosis                   | –             | 6 (100)     | 10 (100)          | 4 (100)       |
| Bilateral eyelid asymmetry         | 4 (100)      | –           |                   | –             |
| Unilateral ptosis                  | –             | –           |                   | –             |
| Unilateral eyelid asymmetry        | –             | –           |                   | –             |
| Phtosis familiar history           | –             | –           | 6 (60)            | –             |
| Phtosis MRD (mm)*                  | 4.0 [3.5–4.5] 1.0 [1.0–3.0] 1.0 [0.0–1.0] 1.0 [0.5–1.5] |
| Phtosis onset                      | 55 [1–108]   | 1 [1–6]     | 6 [6]             | 69 [1–138]    |
| Levator function                   | 17 [16–18]   | 14 [5–17]   | 3 [3–4]           | 6 [2–9]       |
| Refractive error                   |               |             |                   |               |
| Myopic                             | –             | –           | 8 (80)            | 2 (50)        |
| Hypermetropic                      | 4 (100)      | 6 (100)     | 2 (20)            | 2 (50)        |
| Anisometropic                      | –             | –           |                   |               |
| Refractive error                   | 2.4 [2.3 to 2.6] 1.0 [0.0 to 1.5] – 3.0 [−4.0 to −2.0] 1.0 [−0.5 to 2.5] |
| Fixing eye                         |               |             |                   |               |
| Right                              | 2 (50)       | 2 (33.3)    | 4 (40)            | 2 (50)        |
| Left                               | 2 (50)       | –           | 2 (20)            | 2 (50)        |
| Alternative fixation               | –             | 4 (66.7)    | 4 (40)            | –             |
| Is astigmatism evaluable?          | 2 (50)       | 2 (33.3)    | 8 (80)            | 2 (50)        |
| Astigmatism value                  | 0.75 [0.5–1.0] 2.5 [2.5–2.5] 2.50 [1.75–3.00] 2.0 [1.0–3.0] |
| Is BCVA evaluable?                 | 4 (100)      | 6 (100)     | 10 (100)          | 4 (100)       |
| BCVA ptosis                        | 0 [0–0]      | 0.1 [0.1–0.1] 0.6 [0.3–0.6] 0.95 [0.85–1] |

**Discussion**

Over a 3-year study period, this multicenter study analyzed 137 out of 19,089 patients (0.72%) afferent at the two Ophthalmological Pediatric Centers. The overall prevalence of isolated congenital ptosis was 0.44% (84 out of 19,089 patients), of whom 27 (32.1%) were associated with ocular motility disorders. The reported prevalence of strabismus associated with congenital ptosis ranges from 18 to 36%1–4, remarkably higher than in the general population. In about one third there was a concomitant diagnosis of polymalformation syndrome. The binocular type shows a significantly higher prevalence of ptosis familiar history, comitant strabismus, higher strabismus deviation angles and lower levator function values.
Regarding strabismus type (esotropia, exotropia, vertical squint), congenital unilateral ptosis was more prevalent in patients with vertical squint. Some Authors suggested that strabismus could be secondary to a disruption of binocularity by the pptic eyelid\(^1\). On the other hand, as for congenital ptosis associated with vertical strabismus, a prenatal insult or maldevelopment of the third cranial nerve might play an important role\(^1,2\). Moreover, consistent with the current literature, refractive error value was significantly higher in patients with esotropia\(^3\).

As for ptosis features, we observed a significantly higher prevalence of esotropia and mild ptosis, as well as a good levator function in patients with either unilateral or bilateral eyelid asymmetry. These data are mainly related to the clinical features of Type I Duane Retraction Syndrome\(^7\).

With regard to refractive error features, patients with monocular disease were significantly older in the myopic subgroup, and they also had a significantly worse ptosis MRD and IF, as well as higher astigmatism values. Several authors reported more severe refractive errors in either moderate or severe ptosis. Zeng et al. reported a higher frequency of hyperopia and a lower axial length–corneal radius (AL/CR) ratio in case of severe ptosis, thus suggesting a delay in the growth of the eye\(^4\). Huo et al. instead deemed that long-standing congenital ptosis might produce myopia\(^5\). The refractive modifications were also related to a mechanic effect of the pptic eyelid on ocular surface which reshapes the corneal surface\(^6,48\).

Of note, this study presents several limitations, mainly due to the retrospective nature of the study. This has surely affected inclusion of parameters which might have been interesting to be investigated, such as genes and mutations involved in these patients. However, genetic data were not available for all patients, as they are not routine examination. We hope to include such an important issue in future prospective studies on this topic. In addition, the small sample size did not allow to deeply examine each feature, which was in turn characterized by more sub-categories. The concomitant occurrence of ocular motility disorders and eyelid dynamic disorders establishes a rare condition, which would need the co-participation of several referral centres for a targeted study.

Finally, our data, though limited by the small sample size, confirm a mechanical and deprivation effect of moderate and severe eyelid ptosis, which may lead to refractive changes.

The monocular isolated association, as compared with the other categories, is significantly related to polymalformative syndromes (37.8% vs. 13%, \(p = 0.026\)), and more often shows an incontinent strabismus deviation.

Amblyopia occurred in the 67.4% of the assessed subpopulation. In monocular disease the 25.8% was diagnosed as mild, the 24.2% as moderate and 11.3% as severe (vs. the 25%, 41.7% and 16.7% in those with binocular disease). Amblyopia estimated prevalence in the general population ranges from the 2.5% to 5.6%\(^22,49\). The reported prevalence of amblyopia in patients with ptosis, and both ptosis and strabismus, is 7–8 times higher, and it is associated to a higher prevalence of refractive errors, as well as to a not alternating strabismus\(^6,12,24,25\).

Conclusions
To the best of our knowledge, this is the first study investigating the relation of eyelids and ocular motility disorders. Eyelid static and dynamic disorders and ocular motility disorders are often related. Ocular motility evaluation and follow-up is especially important in congenital ptosis, where the ptotic lid may in fact precipitate strabismus and amblyopia. The high incidence of polymalformative syndromes in monocular disease should alert the specialist to a possible multidisciplinary assessment. Ultimately these patients thus need a careful ophthalmologic and systemic evaluation, due the high prevalence of amblyopia, refractive errors and systemic/ocular associated disorders.

Data availability
The datasets generated and/or analyzed during the current study are not publicly available due the common policy of our institution. However, they are available from the corresponding author on reasonable request.

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**Author contributions**

G.S., M.R. and G.C. conceptualized and designed the study, collected and statistically analyzed the database and critically reviewed the manuscript. P.C.P. designed the data collection instruments, statistically analyzed the database and critically reviewed the manuscript. G.C. and M.R. collected the database. S.R. and L.B. involved in drafting the manuscript. P.V. and R.M. involved in revising the manuscript. All authors contributed to clinical evaluations of the patients, approved the final manuscript as submitted and agree to be accountable for all aspects of the work.

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**Additional information**

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