We study the dynamics of the discrete nonlinear Schrödinger lattice initialized such that a very long transitory period of time in which standard Boltzmann statistics is insufficient is reached. Our study of the nonlinear system locked in this non-Gibbsian state focuses on the dynamics of discrete breathers (also called intrinsic localized modes). It is found that part of the energy spontaneously condenses into several discrete breathers. Although these discrete breathers are extremely long lived, their total number is found to decrease as the evolution progresses. Even though the total number of discrete breathers decreases we report the surprising observation that the energy content in the discrete breather population increases. We interpret these observations in the perspective of discrete breather creation and annihilation and find that the death of a discrete breather causes effective energy transfer to a spatially nearby discrete breather. It is found that the concepts of a multi-frequency discrete breather and of internal modes is crucial for this process. Finally, we find that the existence of a discrete breather tends to soften the lattice in its immediate neighborhood, resulting in high amplitude thermal fluctuation close to an existing discrete breather. This in turn nucleates discrete breather creation close to a already existing discrete breather.

I. INTRODUCTION

The concept of discrete breathers has in recent years become more and more central in the investigations of the dynamical properties of nonlinear lattice systems. Much research has been devoted to the study of the existence, stability, mobility etc. of the discrete breathers, also referred to as "intrinsic localized modes", and already several review articles have been devoted to the subject of the dynamics of nonlinear lattices from the perspective of the breather. The main body of this work has been devoted to the study of the properties of discrete breathers in homogeneous lattices and numerical algorithms has been developed allowing accurate and extensive studies of the dynamics of pure breather excitations. Recently, their mobility has been studied and related to the existence of internal modes of the discrete breathers, which has also lead to an appreciation of other properties resulting from the internal structures discrete breather can posses.
Fewer studies have been devoted to discrete breathers in more realistic environments, such as thermalized systems \[13\], and to their interaction with other discrete breathers and phonons \[14,15\], etc. In the present work we will study breathers or breather-like excitations that are spontaneously created and thereafter exists in a realistic noisy environment. The spontaneous emergence of breathers has previously been observed in contexts driven by thermal shocks, \[13\] where the environment is almost void any thermal fluctuations.

We perform this study in the framework of a one-dimensional discrete nonintegrable nonlinear Schrödinger (DNLS) equation. The existence and stability and several other aspects of breathers in the DNLS system have been clarified using the concept of "anti-integrability" \[17\], and Melnikov analysis \[18\]. The importance of the DNLS system, as one of the most widely studied discrete nonlinear systems, stems not only from its applicability in diverse physical situations but also from its simple, yet rich, mathematical structure. It is worth mentioning that the DNLS exhibits a richness that this system in its integrable version does not, either in the discrete version (Ablowitz-Ladik discretization \[19\]) or its continuum limit.

The thermalization of the DNLS systems has been studied previously \[20,21\] and these studies have shown that the dynamics exhibits two very different characteristics depending on the initial energy density \( h = H/N \) and norm density \( n = \mathcal{N}/N \) (for definition of Hamiltonian \( H \) and norm \( \mathcal{N} \) see, Eq. (4) and below Eq. (4), respectively), where \( N \) is the system size. At low densities (exact relationship is given in \[21\]) a thermalized state appears after a relatively short time, where all the correlations can be obtained from the partition function

\[
Z(\beta) = \text{Tr} \left( \exp \left[ -\beta (H + \mu \mathcal{N}) \right] \right). \tag{1}
\]

In the thermalized state the discrete breathers do not occur with long lifetimes and are not easily distinguishable from the phonon background.

Contrary at high densities a non-Gibbsian regime where the a statistical mechanics description requires formal introduction of “negative temperatures” emerge. In this regime breather-like excitations spontaneously appear in the dynamics. This is much in accordance with the concepts known in the statistical mechanics description of vortex structures in plasma and hydrodynamics applications \[22\]. A complete discussion of the statistical mechanics results is given in \[21\]. Since, the existence of long transitory regimes is known several other contexts the above described concept may be thought of as somewhat generic to extended nonlinear systems. Therefore the focus of this paper is the dynamics in this non-Gibbsian regime.

The structure of the paper is a follows. In the next section, we describe the numerical simulations we have performed on the system. We will describe in detail the observations, focusing on the breather behavior. In Sec. III we give our
interpretations of the observation reported in Sec. II. Finally, Section IV presents our conclusions.

II. MOLECULAR DYNAMICS RESULTS

We are studying the one-dimensional discrete nonlinear Schrödinger equation (DNLS)

\[ i\dot{\psi}_n + (\psi_{n+1} + \psi_{n-1}) + a|\psi_n|^2\psi_n = 0, \tag{2} \]

where the overdot denotes the time derivative, \( n \) is a site index, and \( a \) is a real tunable coefficient to the nonlinear term. Equation (2) can be written in Hamiltonian form as

\[ i\dot{\psi}_n = \frac{\partial H}{\partial \psi_n^*} \tag{3} \]

with canonical conjugated variables \( \{\psi_n, i\psi_n^*\} \) and Hamiltonian

\[ H(\{\psi_n, i\psi_n^*\}) = \sum_n \left( -(\psi_n\psi_{n+1}^* + \psi_n^*\psi_{n+1}) - \frac{a}{2}|\psi_n|^4 \right). \tag{4} \]

In addition to the Hamiltonian \( H \), the dynamics conserves the norm \( N = \sum_n |\psi_n|^2 \). These conserved quantities were monitored frequently in our molecular dynamics simulations to insure accuracy of the 4th order Runge-Kutta scheme.

The system is initialized by assigning each site with a random value, \( x \), with the distribution, \( p(x) \)

\[ p(x) = \frac{k}{\pi} \frac{1}{x^2 + k^2}. \tag{5} \]

The Lorentzian distribution is chosen in order to have more than exponentially small probabilities for sites being assigned large values which leads the breather-like excitations to appear almost immediately. Several different initial conditions like, uniform distributions, single phonon modes, etc. has been tried and as long as the energy density and norm densities are in the non-Gibbsian regime (see, [21]) the initial configuration is of no importance in the sense that the breather spontaneously appear and show the behavior we are about to describe. The initial configurations does however influence the timescale involved in reaching the breather regime, which is the reason we choose the Lorentzian (5).

As an example of the molecular dynamics simulations we show in Fig.1 the evolution of the energy density \( E_n \). Here, we clearly see
FIG. 1. Evolution of local energy $E_n$ along the chain (total length 2500 sites). The horizontal axis indicates the position along the chain and the vertical axis corresponds to time (evolving downwards). The blue color indicates that the local energy is at its background level while the more red indicate energies higher than background level. $a = 10$ and the initial state was taken from Eq.(3) with $k = 0.1$.

that high amplitude excitations spontaneously appear out of the fluctuations. That these excitations are breathers is easily verified by frequency analyzing the dynamics of these particular sites.

FIG. 2. The fraction of the total energy $E_0$ trapped at the breathers $E_b$, versus time. Here a breather is (dashed line) defined by an amplitude higher than 1.2 and (solid line) higher than 1.3.

It is seen that some of these breathers are extremely long lived, while others vanish. It is therefore tempting to
conclude that eventually all breathers will vanish from the system causing it to relax into an equipartitioned state. However, if we monitor the evolution of the part of the total energy $E_0$ which is contained within the breather, we find that the fraction of the energy trapped in the breathers is increasing. An example obtained for a $N = 2500$ site system is shown in Fig.2. In Fig.2 the breather has been defined (dashed line) by an amplitude higher than 1.2 and (solid line) higher than 1.3. Even though the number of breathers is obviously decreasing, the energy content in the breathers is increasing, causing an effective cooling of the phonon bath. A closer scrutiny of the curves (particularly the dashed curve) shows that the energy content in the breathers remains constant for a long period of time and then rather suddenly increases. Afterwards it stays constant again until the sudden increase repeats itself. This indicates that the increase is related to special events and thus not a continuous process. This was tested by inserting an exact breather into a previously thermalized bath with a given temperature $T$ [21] and then monitoring the energy content in the breather. The experiment was performed for a representative set of bath temperatures and breather amplitudes (frequencies) and the breather was never observed to gain energy from the bath; rather the energy content always remained (apart from small fluctuations) constant for thousand of breathing periods unless the discrete breather was destroyed at an early stage by the thermal fluctuation. The spontaneous destruction happened primarily for small amplitude breathers and we will address this phenomenon again later in this paper.

FIG. 3. Expanded scale showing a single frequency breather spontaneous splitting into several smaller amplitude excitations.

We take the above observations as a demonstration that the breathers can not pump energy directly from a thermalized background. A direct indication of the energy gain in the breathers being related to discrete events is
found in Fig.1. Here, we clearly see that the increase of energy content in the right most breather occurs just after the smaller breather to the left vanishes. We have observed this to be the typical scenario. Thus there is a tendency for large amplitude breathers to absorb some of the energy released once a spatially close by breather dies. The tendency of the energy to accumulate in breather excitations has previously been observed [23].

In Fig.3 we show a blow-up of the time window where a breather vanishes and it is seen that the breather splits up into several small amplitude but localized excitations which propagate in apparently random directions.

Figure 4 displays the evolution of a center site and the two nearest-neighbor sites for a breather that is about to break up into several small amplitude excitations. As the breather approaches the break-up point the amplitude at the neighboring site to the left increases significantly, and additionally the oscillation at the center site introduce a new frequency besides the breathing frequency.

![FIG. 4.](image)

The evolution of $|\psi_n|$ just before the breather breaks up. Shown is the center site $n = 0$ (solid line), the neighboring site to the left $n = -1$ (dashed line) where the new breather forms, and the neighboring site to the right $n = 1$ (dashed-dotted line) where the evolution is essentially unaffected.

If we Fourier analyze the evolution shown in Fig. 4 (see in Fig.5) we find that the frequency of the oscillation at the neighboring site to the left increases until a certain point amplitude (frequency). It is noteworthy that the frequency is rather far outside the linear phonon band. Additionally the center oscillation is also affected and the frequency of the neighboring site is apparent in the spectrum of the center site.

This scenario indicates that the breather becomes unstable because high amplitude is accumulating at the neighboring site, causing the breather to transform into a multi-breather state. The splitting of the breather can be analyses
in terms of the stability of this multi-breather state.

FIG. 5. Frequency spectrum of the evolution shown in Fig.4 for the center site $n = 0$ (upper panel) and for the neighboring site to the left $n = -1$ (lower panel)

III. INTERPRETATION OF MOLECULAR DYNAMICS RESULTS

In this section we will present an interpretation of the observed phenomena in terms of breather dynamics. The basic elements are that initial condition prevents the system from directly relaxing into a Gibbsian thermalized state. Instead a very long ($> 10^6$ time units) transitory state is reached, where the system behavior is dominated by spontaneously created breathers. Although the number of breathers is decreasing, the portion of the energy trapped in these excitations is increasing. We interpret this as follows. Due to the increased amplitude of the fluctuations close to an existing breather (shown in subsection II.B) a two- (or more) frequency breather is created. An instability due to an internal mode in these more complex excitations can (rather than the initial breather) provide several (shown in subsection II.A) paths for the initial breather excitation to split into lower amplitude excitations capable of propagation. The generated propagating excitations can interact with other existing breathers and transfer their (or part of their) energy to stationary high amplitude breathers (addressed in subsection II.C) producing transfer of energy from the fluctuating phonon bath to the high amplitude breathers.
A. TWO FREQUENCY BREATHERS

It has already been demonstrated in Figs. 4 and 5 that an excitation with more that one frequency can form at the site of an already existing single frequency breather. In order to study the splitting process shown in Fig. 3 we investigate the stability of a two-frequency breather.

The linear stability of multi-breathers in the framework of the DNLS equation has already been discussed [17] in the spirit of the anti-continuous limit [4]. That is starting from the decoupled system and numerically continuing the trivial breather solution into the regime of non zero coupling. Here we shall briefly study the changing stability as ratio between the two breathing frequencies, $\omega_0$ and $\omega_b$, changes. Specifically we shall study the stability of the two frequency breather keeping $\omega_b$ fixed and changing $\omega_0$, ($\omega_0 < \omega_b$).

The linear stability is determined by the spectrum [17] of the Floquet $F$ operator (defined in Eq.(8)), which we calculate and diagonalize numerically. Generally, linear stability is assured so long as all eigenvalues remain on the unit circle (due to the Floquet operator being symplectic). For the the two-frequency breather four eigenvalues will always be unity $\lambda = 1$ due to time reversibility [17].

The stability of a two-frequency breathers generally follows the following pattern for fixed frequency $\omega_b$ (and nonlinearity $a$). The two-frequency breather is unstable if $\omega_0$ is too small, but becomes stable as $\omega_0$ is increased. Further increasing $\omega_0$ leads, at $\omega_0 = \omega_b - 2$ to the localized two-frequency breather bifurcating into a phonon breather which has a non vanishing phonon tail. Investigating the the stability in more detail we therefore choose ($\omega_b = 14$) (which is in the range of the breathers observed in the full system dynamics) and choose $\omega_0 = 3.4$ where the two-frequency breather is stable. In Fig. 6 we show the eigenvalue of the Floquet matrix as the frequency $\omega_0$ is decreased.
At $\omega_o = 3.4$ all the eigenvalues are in the phonon band (strictly speaking the frequency $\omega_{\mu} = \frac{\theta}{2\pi} \omega_b (\lambda = \exp(\pm i \theta)$) of the corresponding eigenmode is in the phonon band) so all eigenmodes are extended. However, as $\omega_o$ is decreased one pair of eigenvalues bifurcates off the $k = 0$ phonon band edge (at $\omega_o \simeq 3.2$), and creates a localized eigenmode. These eigenvalues collide at unity when $\omega_o \simeq 2.9$ and move out on the real axis as $\omega_o$ is decreased, further causing the two-frequency breather to become unstable. If we increase $\omega_o$, no localized modes appear and the breather consequently remains stable. However when $\omega_o = \omega_b - 2$ (as can be deduced from Eq.(29) of Ref. [17]) the two-frequency breather bifurcates to a phonon breather shown in Fig.7. The phonon breathers is also linearly stable but because of the nonvanishing tail the energy content is not finite making this object irrelevant for our case.
It was already demonstrated in Ref. [17] that localized mode bifurcating off the linear band corresponds to a pinning mode of the weakest localized part of the two-frequency breather. Also in Ref. [11] it was demonstrated for a single-site breather that a perturbation along the pinning mode can lead to mobility of the breather. In our situation this implies that a perturbation along the localized mode could lead the two-frequency breather to break apart into its two components. The presence of a thermalized bath around the breather could lead to a perturbation of the localized mode and consequently a spontaneous splitting. To illustrate this, we have injected a two-frequency breather ($\omega_b = 14$, and $\omega_o = 3.5$; thus a breather with a very weak localized mode) into a bath thermalized at the (low) temperature $\beta = (k_B T)^{-1} = 1000$ (see Ref. [21] for details about thermalizing the system at a prescribed temperature). The result is seen in Fig.8 where the energy density is plotted versus time. As expected, the presence of the thermal bath causes the two-frequency breather to split into its two components. The splitting was tested not to occur in the absence of the localized mode.
FIG. 8. Energy density of the evolution of a two-frequency breather versus time ($\omega_b = 14$, and $\omega_o = 3.5$) subjected to a thermalized bath.

We believe this mechanism is responsible for the thermally induced splitting that is observed in the full dynamics, of which an example is detailed in Fig. 3.

B. TWO FREQUENCY BREATHER GENERATION

In this section we address question of why the presence of a single frequency breather allows creation of a nearby breather which eventually leads to the creation of breathers. Considering the statistics of the phonon bath around a breather, we assume that it is acceptable to treat the small fluctuations in a linear framework and therefore study the linearized system around a periodic breather solution $\{\psi_n^{(0)}(t)\}$. That is we have $\psi_n(t) = \psi_n^{(0)}(t) + \epsilon_n(t)$. Decomposing into real and real and imaginary parts, we write $\psi_n^{(0)} = x_n + iy_n$, and $\epsilon_n = \xi_n + i\eta_n$, where $x_n$, $y_n$, $\xi_n$, and $\eta_n$ are real functions. Substituting into Eq.(2) and linearizing, we obtain

$$\dot{\xi}_n = - (\eta_{n+1} + \eta_{n-1}) + a(x_n^2 + y_n^2)\eta_n - 2(x_n\xi_n + y_n\eta_n)y_n$$

(6)

$$\dot{\eta}_n = - (\xi_{n+1} + \xi_{n-1}) + a(x_n^2 + y_n^2)\xi_n - 2(x_n\xi_n + y_n\eta_n)x_n.$$  

(7)

Then the linear modes around the breather are found by diagonalizing the Floquet operator, $F$, defined as
$X(t_b) = F X(0)$  \hspace{1cm} (8)

with

$$X(t) = \begin{pmatrix} \{ \xi_n(t) \} \\ \{ \eta_n(t) \} \end{pmatrix}.$$ \hspace{1cm} (9)

Here, $F$ exhibits a set of conjugate pairs of eigenvalue $\exp(\pm 2\pi i \omega_\mu/\omega_b)$ and the corresponding \textit{normalized} eigenmodes $X^\mu(0) = \{ \xi_\mu^n(0), \eta_\mu^n(0) \}$ and $X^{\mu \ast}(0)$. These eigenmodes will fulfill the Bloch condition $X^\mu(t) = \exp(i \omega_\mu t) \chi_\mu(t)$, where $\chi_\mu$ is periodic with the period $t_b$ of the breather.

It is known \cite{14} that as we are dealing with a one channel scattering the scattering of phonons through the breather is elastic, so that the breathers behave as a \textit{static impurity} at least in the limit of low amplitude phonons. In this case it appears justified that, in thermal equilibrium at temperature $T = (k_B \beta)^{-1}$, the complex amplitude $\lambda_\mu$ of each eigenmode follows standard Boltzmann statistics $\exp(-\beta \omega_\mu |\lambda_\mu|^2/2)/C_0$ ($C_0$ is a normalizing factor). This will produce the the correct thermodynamic statistics far from the breather, where the eigenmodes are plane waves with frequency $\omega_\mu$ and wave vector $\pm q_\mu$. However, this requires $\epsilon_\mu^n$ to be expressed in an orthonormal basis

$$\sum_n |\epsilon_\mu^n|^2 = 1, \quad \text{and} \quad \sum_n \epsilon_\mu^n \epsilon_\mu^{n'} = \delta_{\mu,\mu'}.$$ \hspace{1cm} (10)

This condition would be trivially achievable considering a real static impurity. It is more speculative in our case, with a time dependent potential. In a small system these quantities may dependent on time, for large systems however this time dependence becomes negligible because the solutions of Eq. (7) tend to plane waves at infinity and the weight of the breather region thus become negligible. (The problem would persist in the presence of internal modes but we assume that such modes are absent). So the remedy of this problem is to choose the system larger enough, in order to avoid significant time dependence.

Now the general solution of the linearized equations (7) can be expressed as a linear combination of the eigenmodes

$$\epsilon_n = \frac{1}{2} \sum_\mu \lambda_\mu \epsilon_\mu^n + cc.$$ \hspace{1cm} (11)

The probability distribution of $\epsilon_n$ which is a sum of independent Gaussian variables, is obviously, from Eq. (11), a Gaussian. The variance of the Gaussian is

$$\langle |\epsilon_n|^2 \rangle = \sum_\mu \langle |\lambda_\mu|^2 \rangle |\epsilon_\mu^n|^2 = \sum_\mu \frac{1}{\beta \omega_\mu} |\epsilon_\mu^n|^2.$$ \hspace{1cm} (12)

In a large system without a breather the linear modes would be plane waves, and Eq. (12) would yield the standard result.
\[
\langle |\epsilon_n|^2 \rangle = \frac{1}{2\pi\beta} \int_{-\pi}^{\pi} dq \frac{d\varphi}{\omega(q)},
\]

where \( \omega(q) \) is the phonon dispersion. Thus, in the absence of the breather the average size of the fluctuations would be uniform. In the presence of a breather we have to calculate \( |\epsilon_n|^2 \) numerically, diagonalizing the Floquet operator. In Fig. 9 we show \( |\epsilon_n|^2 \) versus lattice site \( n \) and breather frequency \( \omega_b \). Surprisingly, we see that the averaged fluctuation at the sites close to the breather is significantly larger than in the rest of the lattice. The breather seems to introduce a softening at the neighboring sites. The possibility of large fluctuations close to the breather sites indicates that there is an increased probability to create a new breather close to an existing breather, which explains the formation of multi-frequency breathers seen in the simulations reported in this paper. Further we see from Fig. 9 that, as the breather frequency \( \omega_b \) approaches the edge of the linear band, the fluctuations at the breather center increase dramatically, indicating that broad, low amplitude breathers have a higher probability of being destroyed by the thermal fluctuations than high amplitude breathers.

**FIG. 9.** Variance \( \langle |\epsilon_n|^2 \rangle \) of thermal fluctuations, versus breather frequency \( \omega_b \). Breather center is at \( n = 31 \).

**C. ENERGY ACCUMULATION IN BREATHERS**

In the preceding two subsections we show how the presence of a single frequency breather makes it probable that a new breather is generated nearby by the thermal fluctuations, and we show that the multi-frequency breathers created in this manner are likely to split due to thermal excitation of their internal modes. We are still missing the final
feature, namely the absorption of the generated small amplitude breathers by neighboring high amplitude breathers.

We now address this.

As a demonstration that this is indeed possible, we show an example in Fig. 10.

FIG. 10. Collision of a propagating small amplitude breather with a pinned large amplitude breather with \( \omega_b = 7.5 \). Almost total absorption is observed. \( a = 10 \)

Figure 10 shows the collision of a small amplitude wave initialized as

\[
\psi_n = A \text{sech}(Bn) \exp(iCn),
\]

where \( A, B \) and \( C \) are tunable parameters. (In Fig. 10 \( A = 0.2 \), \( B = 0.3 \) and \( C = 0.4 \) was chosen). The particular values of these parameters has no significance for the phenomenon observed: several choices were tested and absorption always occurred to some degree. The reason for the wavepacket not to move at constant velocity is that, due to the large nonlinearity (\( a = 10 \)), the localized excitations encounters a rather large barrier when translating from site to site.

There is one subtlety to the phenomenon of absorption we demonstrate in Fig. 10. Namely, if the large amplitude breather is chosen to be exact, that is generated from the anti-continuous limit, and inserted in a non-thermalized system, and the small amplitude wavepacket is launched toward it no absorption occurs since, the wavepacket is fully reflected. On the other hand if the breather \( \psi_n^s \) upon injection in the system is perturbed in the following manner,

\[
\psi_n = \psi_n^s \exp(i\gamma n),
\]

then the absorption appears as demonstrated above. The power \( \gamma \) can be chosen to be rather large, because the large
amplitude breathers is very tightly pinned to the lattice [24].

IV. SUMMARY

In summary we have found that initializing the system in a non Gibbsian state with large fluctuations spontaneously generates several discrete breathers. The total energy content of these breathers increase in time while the actual number of breathers decrease so that the system tends to a state of isolated breathers in a cold phonon bath. These breathers become more rare but of increasingly larger amplitude and the phonon bath colder as time increases.

Discrete breathers seem to favor larger phonon fluctuations in their immediate neighborhood, which makes more probable the generation of a new breather in their close vicinity (using the energy of the phonon bath). This new breather may be ejected as a propagating breather by effect of the phonon noise if this two frequency breather approaches its instability threshold. In the example of Fig.9 a stationary single frequency breather is recovered, allowing the same process to be repeated. This means that the initial breather acts like a catalyst for extracting energy from the phonon bath and generating new propagating breathers. In other cases, the two-frequency breather is, via the interaction with the phonon bath, broken into two (or more) propagating breathers. Finally the traveling breathers can be absorbed (or at least partly absorbed) by existing breathers. As a result the number of breathers eventually decrease while their total energy content increases, leaving the phonon bath increasingly colder.

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