Treatment Goals for Psoriasis as Measured by Patient Benefit Index: Results of a National Psoriasis Foundation Survey

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**Supplementary Table 1**: Treatment goals by treatment class

| Therapy goal                                                                 | Biologics (N=528) | Non-biologic systemic therapy (N=172) | Phototherapy (N=101) | Non-topical steroids (N=24) | Topical steroids (N=246) |
|------------------------------------------------------------------------------|-------------------|----------------------------------------|-----------------------|-----------------------------|--------------------------|
| To reduce the amount of psoriasis covering your skin to BSA of 1% or less    | 3.29 (1.21)       | 3.20 (1.18)                            | 3.35 (1.10)           | 3.25 (0.90)                 | 3.13 (1.14)              |
| To be free of pain                                                          | 3.05 (1.53)       | 3.01 (1.47)                            | 2.57 (1.65)           | 2.29 (1.83)                 | 2.24 (1.75)              |
| To be free of itching                                                       | 3.37 (1.11)       | 3.27 (1.18)                            | 3.32 (1.12)           | 3.13 (1.23)                 | 3.05 (1.35)              |
| To no longer have burning sensations on your skin                           | 2.55 (1.68)       | 2.59 (1.56)                            | 2.39 (1.68)           | 2.29 (1.55)                 | 2.09 (1.78)              |
| To be healed of all skin lesions                                            | 3.25 (1.11)       | 3.20 (1.04)                            | 3.41 (1.05)           | 3.13 (1.19)                 | 3.18 (1.14)              |
| To be able to sleep better                                                  | 2.80 (1.57)       | 2.45 (1.63)                            | 2.34 (1.72)           | 2.50 (1.72)                 | 2.13 (1.75)              |
| To feel less depressed                                                      | 2.64 (1.60)       | 2.41 (1.59)                            | 2.33 (1.70)           | 2.38 (1.69)                 | 2.04 (1.72)              |
| To experience a greater enjoyment of life                                    | 3.22 (1.26)       | 3.03 (1.35)                            | 2.90 (1.42)           | 2.54 (1.67)                 | 2.60 (1.58)              |
| To have no fear that the diseases will become worse                         | 3.54 (0.92)       | 3.34 (1.04)                            | 3.27 (1.09)           | 3.38 (0.82)                 | 3.30 (1.10)              |
| To be able to lead a normal day life                                        | 3.44 (1.07)       | 3.25 (1.21)                            | 3.13 (1.32)           | 2.88 (1.51)                 | 2.88 (1.49)              |
| To be more productive in daily life                                         | 3.02 (1.40)       | 2.88 (1.45)                            | 2.44 (1.62)           | 2.46 (1.69)                 | 2.24 (1.68)              |
| To be less of a burden to relatives and friends                             | 2.13 (1.72)       | 1.88 (1.70)                            | 1.52 (1.68)           | 1.63 (1.79)                 | 1.24 (1.62)              |
| To be able to engage in normal leisure activities                           | 3.05 (1.34)       | 2.70 (1.48)                            | 2.58 (1.50)           | 2.29 (1.68)                 | 2.28 (1.65)              |
| To be able to lead a normal working life                                     | 2.55 (1.70)       | 2.39 (1.67)                            | 2.12 (1.69)           | 1.67 (1.63)                 | 1.61 (1.71)              |
| To be able to have more contact with other people                           | 2.50 (1.58)       | 2.34 (1.59)                            | 2.30 (1.68)           | 1.83 (1.55)                 | 1.85 (1.65)              |
| To be comfortable showing yourself more in public                           | 2.90 (1.43)       | 2.80 (1.45)                            | 3.06 (1.40)           | 2.13 (1.51)                 | 2.64 (1.51)              |
| To be less burdened in your partnership                                      | 2.04 (1.74)       | 1.89 (1.69)                            | 1.70 (1.71)           | 1.50 (1.74)                 | 1.32 (1.66)              |
| To be able to have a normal sex life                                         | 2.30 (1.73)       | 2.00 (1.75)                            | 1.97 (1.78)           | 1.96 (1.76)                 | 1.55 (1.75)              |
| To be less dependent on doctor and clinic visits                             | 3.09 (1.20)       | 2.95 (1.23)                            | 2.99 (1.22)           | 2.79 (1.50)                 | 2.37 (1.52)              |
| goal                                      | 1 | 2 | 3 | 4 | 5 |
|-------------------------------------------|---|---|---|---|---|
| To need less time for daily treatment     | 2.72 (1.43) | 2.81 (1.29) | 3.14 (1.10) | 2.58 (1.44) | 2.59 (1.38) |
| To have fewer out-of-pocket treatment expenses | 3.22 (1.20) | 3.05 (1.29) | 3.02 (1.41) | 2.96 (1.52) | 2.90 (1.42) |
| To have fewer side effects                | 3.20 (1.23) | 3.15 (1.26) | 2.93 (1.59) | 2.96 (1.40) | 2.63 (1.61) |
| To find a clear diagnosis and therapy     | 3.27 (1.27) | 3.36 (1.04) | 3.27 (1.23) | 3.08 (1.38) | 3.18 (1.23) |
| To have confidence in the therapy         | 3.51 (0.98) | 3.47 (0.89) | 3.51 (0.92) | 3.25 (1.15) | 3.37 (1.08) |
| To get better skin quickly                | 3.26 (1.17) | 3.20 (1.05) | 3.49 (0.89) | 3.63 (0.65) | 3.25 (1.09) |
| To regain control of the disease          | 3.48 (1.05) | 3.52 (0.89) | 3.53 (0.82) | 3.46 (1.02) | 3.36 (1.09) |

Important/Very important are defined as PNQ item score ≥ 2 (moderately); BSA = body surface area; SD = standard deviation. Score for each goal was graded from 0 (“not important”) to 4 (“very important”).