Three small vesicular pools in sequence govern synaptic response dynamics during action potential trains

Van Tran, Takafumi Mikib, and Alain Martya

*Saints-Pères Paris Institute for the Neurosciences, CNRS, Université de Paris, F-75006 Paris, France; and Graduate School of Brain Science, Doshisha University, Kyotanabe-shi, Kyoto 610-0394, Japan

Edited by Laurence Trussell, Vollum Institute, Oregon Health and Science University, Portland, OR; received August 12, 2021; accepted December 8, 2021 by Editorial Board Member Jeremy Nathans

During prolonged trains of presynaptic action potentials (APs), synaptic release reaches a stable level that reflects the speed of replenishment of the readily releasable pool (RRP). Determining the size and filling dynamics of vesicular pools upstream of the RRP has been hampered by a lack of precision of synaptic output measurements during trains. Using the recent technique of tracking vesicular release in single active zone synapses, we now developed a method that allows the sizes of the RRP and upstream pools to be followed in time. We find that the RRP is fed by a small-sized pool containing approximately one to four vesicles per docking site at rest. This upstream pool is significantly depleted by short AP trains, and reaches a steady, depleted state for trains of >10 APs. We conclude that a small, highly dynamic vesicular pool upstream of the RRP potently controls synaptic strength during sustained stimulation.

Significance

Short-term changes in the strength of synaptic connections underlie many brain functions. The strength of a synapse in response to subsequent stimulation is largely determined by the remaining number of synaptic vesicles available for release. We developed a methodological approach to measure the dynamics of various vesicle pools following synaptic activity. We find that the readily releasable pool, which comprises vesicles that are docked or tethered to release sites, is fed by a small-sized pool containing approximately one to four vesicles per release site at rest. This upstream pool is significantly depleted even after a short stimulation train. Therefore, regulation of the size of the upstream pool emerges as a key factor in determining synaptic strength during and after sustained stimulation.

PNAS 2022 Vol. 119 No. 5 e2114469119

https://doi.org/10.1073/pnas.2114469119

Published January 31, 2022.
release kinetics during trains, may provide decisive information on RRP-related subpools.

In the present work, we take advantage of simple synapse recordings at cerebellar parallel fiber–molecular layer interneuron (PF–MLI) synapses, together with modeling, to investigate changes in RRP-related subpools during AP trains. Our results indicate the existence of an unexpectedly small-sized pool (intermediate pool: 1.2 to 4 SVs per release site) located upstream of replacement SVs. We propose that in this preparation, three pools of comparable sizes (intermediate, replacement, and docked SVs) are placed sequentially to guide SVs toward exocytosis.

**Results**

**Biphasic Recovery of Cumulative Synaptic Vesicle Numbers after an Action Potential Train.** In order to study vesicular pools’ dynamics, it is important to measure accurately the consumption of SVs during synaptic function. At large multisite synapses, measures of excitatory postsynaptic current (EPSC) amplitudes are prone to errors linked to receptor saturation and desensitization, as well as to receptor activation by neurotransmitter spillover, particularly during high-frequency trains of presynaptic stimulation (10, 11, 37, 38). By contrast, individual quantal EPSCs can be reliably identified in responses obtained from synapses containing only a few release sites (39, 40). Such an approach has been developed at synapses formed between PFs and MLIs (32).

**Action Potential Train.**

We first used a purely mechanistic model developed for the PF-MLI synapse (32) to study SV release and consumption during trains. This model allows one to simulate the release of SVs from the different pools during trains and to estimate the number of SVs released per AP from each pool.

**Dynamics of SV Pools during Action Potential Trains.**

In order to study vesicular pools’ dynamics, we take advantage of simple synapse recordings at cerebellar parallel fiber–molecular layer interneuron (PF–MLI) synapses. Our results indicate the existence of an unexpectedly small-sized pool (intermediate pool: 1.2 to 4 SVs per release site) located upstream of replacement SVs. We propose that in this preparation, three pools of comparable sizes (intermediate, replacement, and docked SVs) are placed sequentially to guide SVs toward exocytosis.

**Results**

**Biphasic Recovery of Cumulative Synaptic Vesicle Numbers after an Action Potential Train.** In order to study vesicular pools’ dynamics, it is important to measure accurately the consumption of SVs during synaptic function. At large multisite synapses, measures of excitatory postsynaptic current (EPSC) amplitudes are prone to errors linked to receptor saturation and desensitization, as well as to receptor activation by neurotransmitter spillover, particularly during high-frequency trains of presynaptic stimulation (10, 11, 37, 38). By contrast, individual quantal EPSCs can be reliably identified in responses obtained from synapses containing only a few release sites (39, 40). Such an approach has been developed at synapses formed between PFs and MLIs (32).

**Action Potential Train.**

We first used a purely mechanistic model developed for the PF-MLI synapse (32) to study SV release and consumption during trains. This model allows one to simulate the release of SVs from the different pools during trains and to estimate the number of SVs released per AP from each pool.

**Dynamics of SV Pools during Action Potential Trains.**

In order to study vesicular pools’ dynamics, we take advantage of simple synapse recordings at cerebellar parallel fiber–molecular layer interneuron (PF–MLI) synapses. Our results indicate the existence of an unexpectedly small-sized pool (intermediate pool: 1.2 to 4 SVs per release site) located upstream of replacement SVs. We propose that in this preparation, three pools of comparable sizes (intermediate, replacement, and docked SVs) are placed sequentially to guide SVs toward exocytosis.
SV pool leaves the first response almost unchanged, but produces a reduction in synaptic output that is very marked for the second AP and that gradually recovers toward control values thereafter (Fig. 2B, third column). This suggests that S2 is a candidate to represent ρ. Finally, reducing the docked SV pool affects primarily S1, the response to the first AP (Fig. 2B, last column). To explain the tight link between δ and S1, we note that in our recording conditions, the probability of release of docked SVs is high (0.6; ref. 46), so that a large proportion of initially docked SVs are released after the first AP, and few are left at the time of the second AP.

The above analysis suggests S5–8, S2, and S1 as candidate proxies for the sizes of the upstream pool, the replacement pool, and the docked pool, respectively. We previously found that, after each AP, release occurs in three distinct kinetic components (29). The first release component, with latencies distributed along an exponential with a time constant τfast around 0.5 ms, represents the rapid release of previously docked SVs. The second release component, with latencies distributed along an exponential with a time constant τslow around 2 ms, represents the slower release of SVs that were in the replacement site at the time of the AP. Provided that the corresponding docking site is free, such SVs can undergo a two-step release, which involves an uninterrupted sequence of docking and then release; the additional delay due to docking largely explains the distinctive slow latency of two-step release events. Apart from two-step release, accumulation of calcium near release sites, as well as a gradual decrease of responsiveness of release due to synaptic fatigue, are both thought to contribute to the slowing of release during a train (29). Finally, the third component of SV release, with latencies of 5 ms or more, represents asynchronous release.

Although the majority of SV release after a single AP has short latencies, both slow and asynchronous release appear and become increasingly prominent during a high-frequency AP train. Therefore, by removing asynchronous release and separating the remaining (synchronous) release events between fast and slow components (corresponding to τfast of 0.5 ms and τslow of 2 ms), as illustrated in Fig. 2 C and D, we improve our choice of parameters representing ρ and δ values. Whereas the fast component of S1, noted S1f, directly reflects δ, the slow component S1s is related to ρ, as it reflects two-step release after the first AP. For this reason, S1f is a better representation of δ than S1. Likewise, both S2f and S2s contain a contaminating component coming from the upstream pool, and this component is larger for S2f than for S2s. For this reason, S2f is a better representation of ρ than S2. Altogether, we propose the following representation of the pool sizes (Fig. 2E): for the docked SV pool, the count of fast SV release following the first AP, S1f, for the replacement SV pool, the count of fast SV release following the second AP, S2f; and for the upstream pool, the cumulative SV count for the first to eighth APs, S5–8. Fig. 2F shows the plots of the synaptic parameters S5–8, S2f, and S1f as functions of the pool size parameters Smax, ρ, and δ, respectively. The plot of each synaptic parameter as a function of the corresponding pool size parameter is roughly linear. Equally importantly, when changing the size of an individual pool, the two synaptic parameters representing the other two SV pools remain essentially unchanged. This shows that the representation of the three SV pool sizes with the parameters S5–8, S2f, and S1f is almost completely exclusive—there is no significant cross-talk between the three pool reporters.

In conclusion, measurements of S5–8, S2f, and S1f provide reliable indicators of changes in Smax, ρ, and δ, which respectively represent the sizes of the upstream pool, of the replacement pool, and of the docked pool. Fig. 2F, Right indicates that δ is directly proportional to S1f. Left and Middle show linear
relations that intersect the ordinate axis near 20% of the control values. This indicates that roughly 80% of the values of $S_{\text{5-8}}$ and $s_{2f}$ under control conditions covary with the upstream pool size and the replacement pool size, respectively, while 20% of $S_{\text{5-8}}$ and $s_{2f}$ remain insensitive to the two corresponding pool sizes.

While the present analysis provides a much-needed tool to distinguish between SV pools, its applicability rests on important underlying assumptions. In the simulations of Fig. 2, only pool sizes are allowed to change, while all other model parameters retain their control values. In particular, presynaptic calcium concentration profiles are assumed to be the same for the second train as those for the first train, and the same applies to all rate constants of the model in Fig. 2 except for $S_{\text{r}}$. As further discussed below, these assumptions may not be valid when analyzing consecutive trains with short intertrain intervals.

Recovery Kinetics of $s_{1f}$, $s_{2f}$, and $S_{\text{5-8}}$ after an 8-AP Train. Having used simulations to establish a relation between $S_{\text{max}}$, $\rho$, and $\delta$ on one side, and $S_{\text{5-8}}$, $s_{2f}$, and $s_{1f}$ on the other side, we next employed this relation to analyze recorded synaptic responses to a pair of 8-AP trains separated by different time intervals. Fig. 3A–C compares the average release rate during the first 8-AP train with that during the second 8-AP train after an intertrain interval of 65 or 965 ms ($n=9$ to 15 synapses). As already noted for the exemplar experiment shown in Fig. 1C, the total amount of SV release during the second train is markedly reduced with the 65-ms interval, but it has largely

Fig. 2. Fast component responses to first and second APs represent docked vesicle and replacement vesicle numbers, while cumulative response to the fifth to the eighth AP represents the upstream pool size. (A) Kinetic model depicting SV exchange between upstream, replacement, and docked SV pools (from ref. 28). (B–D) Monte Carlo simulations showing the effect of changing the size of various SV pools on the response pattern to an 8-AP control stimulus. Control simulations are depicted in the first column. The second to fourth columns show the effect of reducing $S_{\text{max}}$, $\rho$, and $\delta$, respectively, representing reductions of the upstream pool, the replacement pool, and the docked pool. (D) Fast and slow components of synchronous release as a function of AP number. (E) Proposed correspondence between the number (Nb.) of SVs in the upstream pool (represented by $S_{\text{max}}$), cumulative SV release number for the second AP ($s_{2f}$), and between the docked pool size (represented by $\delta$) and fast SV release number for the first AP ($s_{1f}$). (F) Effect of reducing separately $S_{\text{max}}$, $\rho$, and $\delta$ on the synaptic parameters $S_{\text{5-8}}$, $s_{2f}$, and $s_{1f}$.
recovered for the longer intertrain interval of 965 ms. In addition, whereas in the control train and in the second train with the 965-ms interval, the peak release rate is smaller for the first AP than for the second or third AP (Fig. 3A and C), following the 65-ms interval, the peak release rate for the first AP is similar to that for the second AP and larger than that for the third AP (Fig. 3B). Consequently, the integrated numbers of released SVs after individual APs display facilitation in control (Fig. 3D, yellow) and after the 965-ms interval (Fig. 3F, blue), but facilitation is almost absent after the 65-ms interval (Fig. 3E, green). This indicates a deeper relative decrease for the replacement pool than for the docked pool after the 65-ms interval.

To be able to determine the recovery of $S_{\text{1f}}$ and $S_{\text{2f}}$, the asynchronous release component (asyn; black traces in Figs. 3A and C) was removed from the original traces to obtain the rate of synchronous release (Fig. 3G–I). The cumulative synchronous release after individual APs (Figs. 3J–L) was then fitted with a double-exponential function with $\tau_{\text{fast}} = 0.5$ ms and $\tau_{\text{slow}} = 2$ ms to yield the corresponding proportions of fast vs. slow synchronous release (Fig. 3M–O). In agreement with our earlier work (29), the proportion of slow release during the first train is initially small, but it increases as a function of AP number, while the proportion of fast release decreases (Fig. 3J and M). Following the 65-ms interval, the proportion of slow release is increased throughout the second 5-AP train compared to the control train (Fig. 3L). The cross-over point where slow and fast components have the same proportion shifts to near AP number 3 (Fig. 3N), compared to AP number 7 in the control (Fig. 3M). Even after a recovery period of 965 ms, the proportion of slow release remains higher than in the control (Fig. 3L), and the cross-over point is still left shifted (around AP number 5 instead of 7: Fig. 3O). These results indicate that the proportion of two-step release increases after the conditioning train, and that this proportion recovers slowly as the interval increases between the conditioning and the test trains.

Group results showing the recovery of $S_{\text{1f}}$ (representing $\delta$) and $S_{\text{2f}}$ (representing $\rho$) are shown in Fig. 3P. Both recovery curves are biphasic, with an initial phase of large amplitude having a time constant of 67 ms for $S_{\text{1f}}$ and 83 ms for $S_{\text{2f}}$, and a second phase of small amplitude with a time constant in the range of several seconds. The recovery of $S_{\text{2f}}$ trails that of $S_{\text{1f}}$ throughout the time period examined (4 s). Back extrapolation to 0-time interval indicates amounts of depression of 54% for $S_{\text{1f}}$ and 86% for $S_{\text{2f}}$.

The recovery of $S_{5–8}$ (representing the upstream pool size) follows a single exponential component with a time constant of 550 ms (Fig. 3Q), markedly slower than the time constants of the main component of recovery for $\delta$ or $\rho$ (Fig. 3P). Back extrapolation of the recovery curve for $S_{5–8}$ indicates an initial amount of inhibition of 32%, substantially smaller than the corresponding numbers for $\delta$ or $\rho$. Nevertheless, these results clearly indicate a significant reduction of $S_{5–8}$, and by implication, of the upstream pool size, at the end of the conditioning 8-AP train.

Marked Inhibition of Synchronous Release during Prolonged AP Trains. Our results so far indicate that following an 8-AP train, the RRP (containing both replacement and docked SVs) is severely depleted and recovers quickly, while the upstream pool is moderately depressed and recovers slowly. These results suggest that the processes regulating the number of replacement and docked SVs have faster kinetics than those regulating the upstream pool. They raise the question as to whether prolonged AP trains would further deplete the upstream pool size. To address these issues, we next investigated the effects of a longer depressing AP train (a 40-AP train at 200 Hz). As shown in the representative recording of Fig. 4A, and in the summary results of Fig. 4B–G ($n = 14$ synapses), synchronization of SV release is dominant at the beginning but not at the end of the AP train. As synchronous release is reduced (Fig. 4B and C), it is replaced with a continuous flow of vesicular release (asynchronous release) that proceeds with little immediate change even after the end of the train. The cumulative plot of released SVs during the train becomes linear for AP numbers $>10$, with a limiting slope of 160 SV/s (yellow curve in Fig. 4D). By contrast, the limiting slope for synchronous release is less than half of this value (65 SV/s; gray curve in Fig. 4D). When plotted as a function of AP number, the share of synchronous release in global release drops from near 100% for the first AP to less than 50% at the end of the train (Fig. 4E). Within the shrinking share of total SV number attributable to synchronous release, the percentage of fast release gradually decreases from an initial value near 90% for the first AP down to a steady-state value of 8% near the end of the train (Fig. 4F).

As predicted by previous Monte Carlo simulations (29), the three components of release have strikingly different time courses (Fig. 4G). Fast synchronous release peaks for AP number 3 and descends to very low levels past AP number 10 (0.03% AP). Slow synchronous release peaks for AP number 4. Finally, asynchronous release is initially very small but grows in size gradually before reaching a plateau level after AP number 10.

According to previous models (28, 29), the amplitude of the fast synchronous component after AP number 1 is $N \delta p$, where $\delta$ is the docking site occupancy, $N$ is the number of sites, and $p$ is the recovery probability per docked SV (assumed constant at 0.6). Since the average number of docking sites in this set of experiments ($N$) is 5, the product $N p$ is 3. Therefore, $\delta$ can be deduced from the blue plot in Fig. 4G by scaling down the vertical axis by a threefold ratio. From the steady-state value of the fast synchronous component, the corresponding estimate for $\delta$ is 0.03/3 = 0.01. Thus, docking sites are largely depleted at the end of the train. Likewise, the occupancy of replacement sites is low, since equilibration between replacement sites and docking sites is rapid. For both replacement sites and docking sites, incoming SVs rapidly move forward toward exocytosis, preventing accumulation of the SVs at these sites. As previously suggested (34, 36), it is then the supply of replacement SVs from the upstream pool that limits the release rate. Since the total release rate remains constant at 160 s/s (Fig. 4D), these results indicate that the size of this upstream pool reaches a stable value at the end of the train, so that the system is at steady state.

Recovery Kinetics of $\delta$, $\rho$, and Upstream Pool Size after a 40-AP Train. We studied the recovery of pool sizes after the 40-AP train with two distinct protocols. The first protocol aimed at studying the recovery of $S_{\text{1f}}$ and $S_{\text{2f}}$. It employed a series of twin test stimuli applied at various intervals (Fig. 5A). The average profile of cumulative synchronous release at an intertrain interval of 50 ms (Fig. 5B, blue curve) shows a severe depression of the fast component and a relatively large slow component of release, compared to the control or to the longer interval of 4 s (Fig. 5B, gray and green curves, respectively; $n = 4$ synapses). The recovery curve of the fast component is monotonous (Fig. 5C, blue), but that of the slow component is biphasic, with a peak at 50 ms (Fig. 5C, pink: closed circle represents SV release after the last AP of the 40-AP train; open circles correspond to release after the first AP of the twin test stimulation). This biphasic recovery may be understood by the double requirement of two-step release for a sufficient supply of replacement SVs and for a free downstream docking site. Extrapolation of $S_{\text{1f}}$ and $S_{\text{2f}}$ recovery curves at short intervals indicates a deep depression for both parameters at the end of the train, to less than 10% of the control values (Fig. 5D). These results are consistent with our previous conclusion that $\delta$ and $\rho$ reach low values near the end of the train. Both $S_{\text{1f}}$ and $S_{\text{2f}}$ recover with a time constant of 160 ms after the 40-AP train.
Fig. 3. Recovery kinetics of s1f, s2f, and S5–8 after an 8-AP train. (A–C) The overall release rates (original) and the associated asynchronous component (async), averaged from 15 (A), 9 (B), and 13 (C) synapses. The first AP train serves as control (A). Test trains at different intervals (B: 65 ms; C: 965 ms) examine the time course of recovery of different SV pools. (D–F) The number of released SVs following individual APs. Control data are shown together with test 65- and 965-ms intervals for comparison. (G–I) The synchronous release component, obtained by subtracting the asynchronous component from the overall release rate in A–C. (J–L) Overlay of cumulative synchronous release for AP number 1, 3, 5, and 7. Traces have been scaled vertically to have the same amplitude so that the release kinetics after individual APs can be compared. (M–O) Fast and slow components of synchronous release as a function of AP number. (P) The numbers of rapidly releasing SVs after the first AP (s1f, representing δ) and after the second AP (s2f, representing ρ) of the second train plotted against intertrain interval. All values had been normalized to those of the first train. Plots were fitted with a double-exponential function with time constants 67 ms (68%) and 4.0 s (32% of the total amplitude) for s1f, and 83 ms (64%) and 6.6 s (36% of the total amplitude) for s2f. (Q) The summed number of SVs released between AP 5 and 8 of the second train (S5–8, representing the upstream pool size), normalized to that during the first train, and plotted against intertrain interval. Plot was fitted with a single exponential function having a time constant of 550 ms. n = 9 to 15 synapses for each time interval.
(Fig. 5D), slightly larger than those observed after the 8-AP train (Fig. 3P). These results suggest that δ and ρ likewise recover with time constants on the order of 160 ms.

To examine the recovery kinetics of S₅₋₈, representing the upstream pool size, we performed additional experiments using a single 8-AP test train following each 40-AP train with various time intervals (protocol 2 in Fig. 5A). This revealed that S₅₋₈ was less reduced than s₁f or s₂f by the 40-AP train (Fig. 5E; to about 45% of the control value for S₅₋₈, compared to <10% for either s₁f or s₂f). However, compared to those after the 8-AP train, the
extent of reduction of $S_{5-8}$ was larger following the 40-AP train (respectively to 68% and to 45% of the control), and the recovery of $S_{5-8}$ was slower (respective recovery time constants: 550 and 830 ms; compare Fig. 5E with Fig. 3Q). These results suggest that the amount of depression of the vesicular pool upstream of the replacement sites increases with the duration of the AP train.

**Modeling SV Pool Changes during AP Trains.** The standard view of SV recycling assumes a recycling pool with relatively large capacity upstream of the RRP (46). This view is at odds with the results of experiments with two 8-AP trains (Fig. 3). These experiments suggest that the upstream SV pool feeding the RRP had a low capacity, since this upstream pool was significantly reduced at the end of a relatively short AP train (on average, a total of 11 SVs were released during the first 8-AP train). Therefore, we introduced an intermediate pool (IP) with a limited size between the recycling pool (assumed of infinite size) and the replacement sites (Fig. 6A). This introduced two new parameters: the size of the IP at rest, and the replenishment rate of this pool ($S_{IP}$). Like the other replenishment rates $S_f$ and $R_f$, $S_{IP}$ was assumed to be calcium dependent (see detailed numerical assumptions and simulations in SI Appendix, Fig. S1 for paired 8-AP trains, in SI Appendix, Fig. S2 for 40-AP trains, and in Materials and Methods; also see below).

The IP was assumed to contain eight SVs at rest. Following partial IP depletion, like in the simulation of Fig. 2, the entry

---

**Fig. 5.** $s_{1f}$ and $s_{2f}$ recover more quickly than $S_{5-8}$ after a 40-AP train. (A) Two protocols were used to study the recovery of SV pools after the 40-AP train. In the first protocol, double AP stimulations with a 5-ms inter-AP interval were given after various delay periods following the end of the 40-AP train. This protocol was used to assess the recovery of $s_{1f}$ and $s_{2f}$. In the second protocol, a single 8-AP test train was given at variable intervals following the end of the 40-AP train. This protocol was used to assess the recovery of $S_{5-8}$. (B) Cumulative release following the two test APs used to study the recovery of $s_{1f}$ and $s_{2f}$. Traces with test intervals of 50 ms and 4 s were averaged from four synapses and superimposed with the control from the beginning of the conditioning train. Note the reduced fast component and the enhanced slow component of release for the 50-ms recovery interval. (C) Recovery kinetics for $S_{1f}$ and of $S_{1s}$. Closed symbols show values after the last AP of the 40-AP train. (D) $s_{1f}$ and $s_{2f}$, normalized to that of the conditioning 40-AP train and plotted against test interval. Plots were fitted with single exponential functions having a time constant of 160 ms. (E) $S_{5-8}$, normalized to that of the conditioning train and plotted against test interval. Plot was fitted with a single exponential function having a time constant of 830 ms. $n = 4$ synapses for each protocol.
rate $S_t$ into individual replacement sites was scaled proportionally to the current IP size (pictured as a brake on $S_t$ in Fig. 6A; see Materials and Methods). With these assumptions, the simulations could replicate many features of the experimental data (Fig. 6). Specifically, following an 8-AP train, the simulation predicted a time constant for recovery of 46, 131, and 760 ms for $\delta$, $\rho$, and the IP size (Fig. 6B), compared to experimental values of 67, 83, and 550 ms, respectively (Fig. 3P and Q). The model also replicated the reduced facilitation during the test 8-AP train when preceded by a conditioning 8-AP train with short intervals (compare simulations in SI Appendix, Fig. S3 with experimental data in Fig. 3A–F). Moreover, for this set of experiments, the model correctly predicted the increase in slow release during the test 8-AP train, as well as the left shift of the cross-over point where the proportions of fast and slow release are equal (compare simulations in Fig. 5D and E).

Fig. 6. Simulating synaptic responses to train stimulations using a sequential SV pool model. (A) Sequential SV model. On their way toward exocytosis, SVs transit sequentially from an infinitely large recycling pool (above, not shown) to an intermediate pool (resting pool size: eight SVs), followed by replacement sites and to docking sites (five sites each per AZ). All pool replenishment rates (downward arrows) are assumed to be calcium dependent (see numerical values in SI Appendix, Figs. S1B and S2B). (B) Recovery kinetics of $S_{1f}$, $S_{2f}$, and $S_{5-8}$ after an 8-AP train. Recovery time constants are similar to experimental values (compare with Fig. 3P and Q). (C) Fast and slow components of synchronous release during 8-AP trains. The simulation reproduces the leftward shift of the cross-over point at short intertrain intervals (compare with experimental data in Fig. 3M–O). (D) Recovery kinetics of $S_{1f}$, $S_{2f}$, and $S_{5-8}$ after a 40-AP train (compare with Fig. 5D and E).
recovery time constants for the three pools after prolonged stimulation (compare Fig. 6D with Fig. 5D and E).

A key feature of our model is that the SV pool upstream of replacement SVs (IP) is small. As already mentioned, the small size of this pool accounts for the significant depression of $S_{5-8}$ in experiments with two 8-AP trains. Remarkably, the same assumption brought a solution to an otherwise intractable problem of an entirely different nature. With a large size upstream pool (such as the infinite recycling pool assumed in ref. 29), the large residual calcium concentration following an 8-AP train resulted in a large (severalfold) rebound of $\delta$ over its basal value, due to a rapid refilling of replacement and docking sites from the upstream pool (SI Appendix, Fig. S4). By contrast, on average, the experimental values of $s_f$ remained smaller than the control value following the 8-AP train (Fig. 3P), and only a small potentiation was apparent after the 40-AP train (to about 120% of the control value: Fig. 5D). We were unable to remove this discrepancy as long as the upstream pool was kept large. However, with a basal IP size as small as 8, the IP size was reduced to about two SVs after the end of an 8-AP train, or to 1/4 of the basal value (SI Appendix, Fig. S1D). Consequently, the refilling rate of the RRP after the first 8-AP train was reduced by a factor of 4, and the $\delta$ rebound was likewise reduced (SI Appendix, Fig. S4).

To understand the interplay among vesicular pools, it is instructive to follow the evolution during intertrain intervals of the global calcium concentration, of the calcium-dependent replenishment rates $R_c$, $S_c$, and $S_R$ as well as of the replacement, docked, and intermediate SV pools (SI Appendix, Fig. S1 B–D and F–H; Fig. S2 B–D). It can be seen that the order $R_c > S_c > S_R$ was always respected, $\delta$ and $\rho$ varied roughly in parallel, even though $\delta$ always remained below $\rho$, and varied with somewhat faster kinetics than $\rho$ (SI Appendix, Fig. S1C; Fig. S2C); by contrast, the evolution of the IP was markedly slower (SI Appendix, Fig. S1D; Fig. S2D). This indicates that the RRP equilibrates rapidly compared to the IP. Finally, in conformity with the predictions of Fig. 2, the recovery kinetics of $S_{1f}$, $S_{2f}$, and $S_{5-8}$, respectively, mimicked those of $\delta$, $\rho$, and the IP size (compare SI Appendix, Fig. S1 G and H with Fig. 3 P and Q or with Fig. 6B; and SI Appendix, Fig. S2 C and D with Fig. 5 D and E or with Fig. 6D).

The model predicts that $S_{1f}$ the calcium-dependent entry rate into the IP should reach a maximum value near 30 $S_{V}$s per SV site in the IP (amounting to ~240 $S_{V}$s per AZ) during the late part of a 40-AP train (SI Appendix, Fig. S2 B, Bottom). During this time, $\delta$ and $\rho$ are <0.1 while the IP is reduced to 3.2 $S_{V}$s (SI Appendix, Fig. S2 C and D). Although the downstream on-rate constants $S_c$, $R_c$, and $P$, are all higher than $S_R$ (SI Appendix, Fig. S2 A and B), due to its proportionality with the current IP size, the actual flux associated with $S_i$ (= 74/$S_{V}$ × 5 docking sites × 3.28 = 148/$S_{V}$) becomes equal to that of $S_{IP}$ (= $240S_{V}$ × 4.8/$S_{V}$ = 144/$S_{V}$; SI Appendix, Fig. S2 B and D), thereby limiting the flow of SVs. This accounts for the similarity between these fluxes and the slope of the cumulative release plot (143/$S_{V}$, SI Appendix, Fig. S2 E, Bottom).

The dependence of key parameters of synaptic responses as a function of the IP size is shown in SI Appendix, Fig. S6. The optimal IP size is close to 20 when examining the y intercept of $S_{1f}$ (SI Appendix, Fig. S6A), and it is around 6 to 8 when examining either the horizontal asymptote of $s_f$, the time constant of $s_f$ recovery, or the slope of the release rate at the end of 40-AP trains (SI Appendix, Fig. S6 C–E). By contrast, the time constant of $S_{5-8}$ recovery was largely unaffected by a basal IP size between 6 and 40 $S_{V}$s (SI Appendix, Fig. S6B). Therefore, while a small IP size accounts both for the lack of $\delta$ overshoot and for the depression of $S_{5-8}$, the optimal IP size differs somewhat, depending on the synaptic parameter that is considered. Overall, the simulations suggest a range of 6 to 20 for the IP size for a standard synapse with five release sites, corresponding to 1.2 to 4 SVs per release site (gray zones in SI Appendix, Fig. S6).

Discussion

The main conclusion from this work is the existence of a small pool of SVs upstream of replacement SVs. This conclusion is based on the finding that a single 8-AP train, which releases around 2 SVs per release site, significantly reduces $S_{5-8}$, a parameter reporting the size of the upstream pool. This indicates that the upstream pool is significantly depleted after losing at most 2 SVs per release site, so that its size cannot be larger than a few SVs per release site. Modeling release kinetics suggests a pool size of 1.2 to 4 SVs per release site, or 6 to 20 SVs per AZ.

The classical view of SV pools places a recycling pool upstream of the RRP, with a size 5 to 20 times larger than the RRP (47). As our estimate of the RRP size is 7/AZ, the upstream pool is only one to three times larger than the RRP. For this reason, we call the upstream pool “intermediate pool” (IP); determining the relation between the IP and the actual recycling pool will need further investigation.

Following Changes in Vesicular Pool Sizes

One of the advances of the present work is to propose a method to follow changes of various SV pool sizes based on the number of released SVs elicited by an 8-AP test train. As shown in Fig. 2, $S_{1f}$, $S_{2f}$, and $S_{5-8}$, respectively, represent the size of the docked pool, the replacement pool, and the IP. This approach rests on the assumption that only pool sizes change between the control and test conditions. In particular, it requires the profile of calcium concentration to remain unchanged between the conditioning train and the test train. For intertrain intervals of a few hundred milliseconds or less, this condition may not be met, as the tail of the calcium rise associated with the conditioning train overlaps with the calcium rise elicited by the test train (29). On the other hand, such errors are unlikely to affect our key finding that the replenishment rate from the IP (rate constant $S$ in the scheme of Fig. 24) is reduced after an AP train. This is because the IP reduction is observed for intertrain intervals extending beyond 500 ms, for which the tail of the calcium transient has subsided close to baseline levels (ref. 29 and see SI Appendix, Fig. S1F).

To identify the pools of origin of released SVs, we have used in the present work a higher external calcium concentration than normal (3 mM). In these conditions, when taking an initial IP size of eight SVs, we estimate that the decrease in the IP size to be slightly larger than 50% after an 8-AP train (Fig. 3Q), and slightly larger than 50% after a 40-AP train (Fig. 5E). One could expect smaller effects under normal calcium concentration conditions (1.5 mM), because of a smaller number of total SV release. However, due to the differential sensitivities of synaptic facilitation and synaptic depression on external calcium, differences in the number of released SVs between high and low calcium conditions diminish as a function of stimulus number (46). As a result, the cumulative number of released SVs shows a weak dependence on the external calcium concentration.
Specifically, the total number of released SVs at the end of an 8-AP train are only 10% lower in 1.5 mM calcium compared to 3 mM calcium (29). Therefore, our results suggest a significant reduction of the IP size during train activity also under physiological calcium conditions (SI Appendix, Fig. S7).

Recovery of the Three Subpools after a Train. Our data indicate that after a train, the IP size recovers with a time constant comprised between 500 ms and 1 s (Fig. 3Q and Fig. 5E). This time constant reflects the refilling rate of the IP from a further upstream pool (presumably the recycling pool). Recovery kinetics for docking sites and replacement sites are clearly faster (Fig. 3P and Fig. 5D). They represent a downward flux of SVs coming from the IP, $s_{1f}$ and $s_{2f}$, respectively, representing the occupancy of docking sites ($\delta$) and of replacement sites ($\rho$), have similar recovery kinetics. This indicates that equilibration within the RRP is rapid, so that the entire RRP (the sum of docked and replacement SVs) recovers as a single unit. However, the time constants of $s_{1f}$ and $s_{2f}$ recovery are in the time window where the assumptions underlying the analysis of Fig. 2 may not be valid. Therefore, a definitive description of the recovery kinetics of $\delta$ and $\rho$ will need further investigations.

A Small-Sized Pool between Replacement SVs and Recycling Pool. Our simulations showed that not only does a small IP size account for the significant reduction of $S_{1,8}$ after a short AP train, but it also prevents a severalfold overshoot of $\delta$ during the test trains. However, it remains possible that after a conditioning train, inhibition of $S_{1,8}$ during the test train could result from a reduction of the rate constant $S_1$ independently from a reduction of the IP size. Thus, we cannot exclude the alternative possibility that $S_1$ becomes inactivated after the conditioning train and thereby suppresses late release during the test trains. Nonetheless, it is unlikely that $S_1$ inactivation also prevents $\delta$ overshoot during the test trains (Fig. 2 F, Left). Therefore, our proposal of a small-sized IP appears as the most parsimonious interpretation of the data.

In vivo recordings indicate that, during sensory input such as whisker stimulation, granule cells typically fire short or moderate bursts of APs (<100 ms) (48). Our results suggest that during moderate duration trains, IP recruitment slows RRP depletion and maintains synaptic output. In particular, during an 8-AP train, the number of released SVs originally in the IP can be roughly estimated in our simulations from the reduction of the IP size, which amounts to six SVs in 3 mM external calcium concentration (SI Appendix, Fig. S1D) and to five SVs in 1.5 mM external calcium concentration (SI Appendix, Fig. S7D). These numbers represent about 60% of the synaptic output in both cases, showing that the IP is a potent contributor to synaptic output in these conditions.

Our results also suggest that the IP is quickly depleted (to $<1/2$ of the control during an 8-AP train; SI Appendix, Figs. S1D and S7D). In order to restore the initial IP size, a resting period of $>1$ s is necessary. As shown in SI Appendix, Fig. S4, the persistent IP depletion resulting from the first AP train prevents subsequent overfilling of the docking sites. The lack of overfilling enables the response to the first AP of the second train to be restored to a level similar to that observed with the first train after a waiting time as short as 65 ms and allows the response to an 8-AP train to be restored to the original response after a waiting time on the order of 1 s (SI Appendix, Fig. S4D). Thus, IP depletion contributes to preserving the pattern of response to AP trains separated in time, particularly for the first stimuli within trains.

Ambiguities in the Separation between RRP and IP. Our finding of a small-sized pool upstream of the RRP raises questions about the reliability of standard methods of RRP measurements. We find that in our conditions (3 mM external calcium), $\delta$ is 0.5 and $\rho$ is 0.9 (29, 46), so that an AZ containing five release sites has 2.5 docked SVs and 4.5 replacement SVs at rest. As both docked and replacement SVs are released during a short AP train, we assign both of them to the RRP, with a total RRP size of 7/AZ. Together with the 8 SVs that we found optimal for the IP, the total size of the RRP-related pools is 15/AZ, or 3/release site. An RRP size of 9/AZ was obtained using the classical back-extrapolation method of cumulative release, performed on the data of Fig. 4D. However, this method actually measures the drop in the pool size during the train, and it gives an underestimate of the total pool size (49). Accordingly, the 9/AZ value obtained with the extrapolation method is consistent with a total pool size of 15/AZ, and not with a total pool of 7/AZ. Therefore, this method does not distinguish the RRP from the IP in our synapses. Likewise, an RRP size estimate using capacitance measurements of PF-MLI synapses in culture gave 20/AZ (50). This number is markedly larger than our present RRP size estimate, but it is only slightly larger than the sum of RRP and IP sizes found here (15/AZ); the difference is likely explained by a bias toward selecting large presynaptic boutons for capacitance recording. Altogether, the rapid replenishment kinetics of the RRP by the IP make the separation between these two pools difficult when using standard pool measurements.

Comparison with Other Synapses. The sequential model proposed here is in agreement with previous studies at the PF-MLI synapses (28, 29). Such a model can account for many aspects of short-term synaptic plasticity and may have general validity (26, 51–53). In the calyx of Held, a recent study suggests that the FRP can be subdivided into primed and superprimed components, placed sequentially (9). These components act similarly to the replacement and docked pools of the present study. Furthermore, the SRP can replenish the FRP after synaptic depression (7, 23), so that the SRP, primed, and superprimed SVs may be organized in sequence. As the sizes of SRP and FRP in the calyx of Held are similar (54), and the sizes of the IP and the RRP are likewise similar in the present study, it is tempting to draw a parallel between the IP proposed here and the SRP of the calyx of Held. However, in the calyx of Held, following prolonged presynaptic stimulation, recovery is faster for the SRP than for the FRP (5), whereas we find a slower recovery for the IP than for the RRP at PF-MLI synapses. The reasons for this apparent discrepancy remain to be investigated.

The exact geometric arrangement of replacement SVs and docked SVs is still uncertain (review: ref. 55), making the position of IP vesicles also uncertain. If replacement SVs are located in a second row of SVs, behind docked SVs, IP vesicles would be placed further back, at a distance of >80 nm from release sites. If, however, replacement and docked SVs are all located within the first row of SVs above the plasma membrane, as suggested by the “two-state model” (26), IP vesicles would correspond to the second row of vesicles and could be attached to the plasma membrane by Munc13 links (55).

Materials and Methods
Preparation. The use and care of experimental animals complied with guidelines of Université de Paris (approval no. D 75-06-07). Tissue harvesting was carried out as described previously (56). See SI Appendix for details.

Electrophysiology. A single PF-MLI connection was established as described previously (31, 41). See SI Appendix for details.

Decomposition of EPSCs. The time of occurrence and the amplitude of individual release events were determined based on deconvolution analysis, as described previously (31). See SI Appendix for details.

Simulation of AP-Evoked Ca2+ Transients. All simulations were performed using CAI (version 7.9.4) (57). The simulation parameters are as described in ref. 29. See SI Appendix for details.
Simulation of SV Release. We performed Monte Carlo simulations of SV release using the two-step model as described previously (29). Refer to SI Appendix for details.

Data Availability. Data for replication of the figures are publicly available via the Open Science Framework (OSF) (https://osf.io/mwfdj). All other study data are included in the article and/or the SI Appendix.

1. R. S. Zucker, W. G. Regehr, Short-term synaptic plasticity. Annu. Rev. Physiol. 64, 355–405 (2002).
2. K. L. Moulder, S. Mennerick, Reluctant vesicles contribute to the totally releasable pool in glutamatergic hippocampal neurons. J. Neurosci. 25, 3842–3850 (2005).
3. B. Par, R. S. Zucker, A general model of synaptic transmission and short-term plasticity. Neuron 62, 539–554 (2009).
4. L.-G. Wu, J. G. G. Borst, The reduced release probability of releasable vesicles during recovery from short-term synaptic depression. Neuron 23, 821–832 (1999).
5. T. Sakaba, E. Neher, Calmodulin mediates rapid recruitment of fast-releasing synaptic vesicles at a calyx-type synapse. Neuron 32, 1119–1131 (2001).
6. M. Muller, J. D. Goutman, O. Kochubey, R. Schengeburger, Interaction between facilitation and depression at a large CNS synapse reveals mechanisms of short-term plasticity. J. Neurosci. 30, 2007–2016 (2010).
7. J. S. Lee, W.-K. Ho, E. Neher, S.-H. Lee, Superpriming of synaptic vesicles after their recruitment to the readily releasable pool. Proc. Natl. Acad. Sci. U.S.A. 110, 15079–15084 (2013).
8. H. Taschenberger, A. Woehler, E. Neher, Superpriming of synaptic vesicles as a common basis for intersynapse variability and modulation of synaptic strength. Proc. Natl. Acad. Sci. U.S.A. 113, E4548–E4557 (2016).
9. E. Neher, H. Taschenberger, Non-negative matrix factorization as a tool to distinguish between vesicular synapses in different functional states. Neuroscience 458, 182–202 (2021).
10. S. Hallermann et al., Bassoon speeds vesicle reloading at a central excitatory synapse. Neuron 68, 710–723 (2010).
11. A. Ritzau-Joent et al., Ultrafast action potentials mediate kilohertz signaling at a central synapse. Neuron 94, 152–163 (2017).
12. A. Ritzau-Joent et al., Apparent calcium dependence of vesicle recruitment. J. Physiol. 596, 4693–4707 (2018).
13. S. Hallermann, C. Pavlu, P. Jonas, M. Heckmann, A large pool of releasable vesicles in a cortical glutamatergic synapse. Proc. Natl. Acad. Sci. U.S.A. 100, 8975–8980 (2003).
14. M. Midorikawa, T. Sakaba, Kinetics of releasable synaptic vesicles and their plastic changes at hippocampal mossy fiber synapses. Neuron 96, 1033–1040 (2017).
15. T. Miki, M. Midorikawa, T. Sakaba, Direct imaging of rapid tethering of synaptic vesicles accompanying exocytosis at a fast central synapse. Proc. Natl. Acad. Sci. U.S.A. 117, 14493–14502 (2020).
16. P. S. Kranser, W. G. Regehr, The readily releasable pool of synaptic vesicles. Curr. Opin. Neurobiol. 43, E60–70 (2017).
17. T. Sakaba, Kinetics of transmitter release at the calyx of Held synapse. Proc. Jpn. Acad., Ser. B, Phys. Biol. Sci. 94, 139–152 (2018).
18. J. F. Wesseling, Considerations for measuring activity-dependence of recruitment of synaptic vesicles to the readily releasable pool. Front. Synaptic Neurosci. 11, 32 (2019).
19. N. L. Chanaday, E. T. Kavalali, Presynaptic origins of distinct modes of neurotransmitter release. Curr. Opin. Neurobiol. 51, 119–126 (2018).
20. T. Sakaba, Roles of the fast-releasing and the slowly releasing vesicles in synaptic transmission at the calyx of Held. J. Neurosci. 33, 12061–12064 (2013).
21. K. Wadell, E. Neher, T. Sakaba, The coupling between synaptic vesicles and Ca2+ channels determines fast neurotransmitter release. Neurosci. 53, 563–575 (2007).
22. M. Wolff, X. Lou, R. Schengeburger, A mechanism intrinsic to the vesicle fusion machinery determines fast and slow transmitter release at a large CNS synapse. J. Neurosci. 27, 3198–3210 (2007).
23. J. S. Lee, W.-K. Ho, S.-H. Lee, Actin-dependent rapid recruitment of reluctant synaptic vesicles into a fast-releasing vesicle pool. Proc. Natl. Acad. Sci. U.S.A. 109, E765–E774 (2012).
24. D. Vandel, C. Borges-Merjane, X. Zhang, P. Jonas, Short-term plasticity at hippocampal mossy fiber synapses is induced by natural activity patterns and associated with vesicle pool engrainment formation. Neurom. 107, 509–521 (2020).
25. Z. Chen, B. Das, Y. Nakamura, D. A. DiGregorio, S. M. Young Jr., Ca2+ channel to synaptic vesicle distance accounts for the readily releasable pool kinetics at a functionally mature auditory synapse. J. Neurosci. 35, 2083–2100 (2015).
26. E. Neher, N. Brose, Dynamically primed synaptic vesicle states: Key to understand synaptic short-term plasticity. Neuron 100, 1283–1291 (2018).
27. J. R. L. Kobbersmed et al., Rapid regulation of vesicle priming explains synaptic facilitation despite heterogeneous vesicle.Ca2+ channel densities. elife.9, e5102 (2020).
28. T. Miki et al., Actin- and myosin-dependent vesicle loading of presynaptic docking sites prior to exocytosis. Neuron 91, 808–823 (2017).
29. T. Miki, Y. Nakamura, G. Malagon, E. Neher, A. Marty, Two-component latency distributions indicate two-step vesicular release at simple glutamatergic synapses. Nat. Commun. 9, 3943 (2018).

ACKNOWLEDGMENTS. This work was supported by CNRS (UMR 8118, and UMR 8003), by the European Community (ERC Advanced Grant “Single Site” to A.M., No. 294509), by the Japan Society for the Promotion of Science (KAKENHI Grant JP21H02584 to T.M., and Core-to-Core Program A, Advanced Research Networks), and by Fondation pour la Recherche Médicale (grant SPF201809007190 to V.T.). We thank the BioMedTech Facilities of Université de Paris (CNRS U.M.C.2009, INSERM US36) for help with animal care.