Autonomous navigation of a magnetic colonoscope using force sensing and a heuristic search algorithm

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This paper presents an autonomous navigation system for cost-effective magnetic-assisted colonoscopy, employing force-based sensors, an actuator, a proportional–integrator controller and a real-time heuristic searching method. The force sensing system uses load cells installed between the robotic arm and external permanent magnets to derive attractive force data as the basis for real-time surgical safety monitoring and tracking information to navigate the disposable magnetic colonoscope. The average tracking accuracy on magnetic field navigator (MFN) platform in x-axis and y-axis are 1.14 ± 0.59 mm and 1.61 ± 0.45 mm, respectively, presented in mean error ± standard deviation. The average detectable radius of the tracking system is 15 cm. Three simulations of path planning algorithms are presented and the learning real-time A* (LRTA*) algorithm with our proposed directional heuristic evaluation design has the best performance. It takes 75 steps to complete the traveling in unknown synthetic colon map. By integrating the force-based sensing technology and LRTA* path planning algorithm, the average time required to complete autonomous navigation of a highly realistic colonoscopy training model on the MFN platform is 15 min 38 s and the intubation rate is 83.33%. All autonomous navigation experiments are completed without intervention by the operator.

Abbreviations
AI          Artificial intelligent
CRC         Colorectal cancer
GI          Gastrointestinal
CE          Capsule endoscopy
MAC         Magnetic-assisted colonoscopy
EPM         External permanent magnet
IPM         Interior permanent magnet
DFS         Depth-first search
BFS         Breadth-first search
MFN         Magnetic field navigator
MC          Magnetic colonoscope
HD          High-definition
CMOS        Complementary metal-oxide semiconductor
LRTA*       Learning real-time A*
fps         Frames per second
PI          Proportional integral
N           Newtons

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Colonoscopy screening programs are considered the gold standard examination procedure for colorectal cancer (CRC), providing the ability to carefully inspect the entire gastrointestinal (GI) tract and reduces colorectal cancer incidence. However, the intrusive nature of the operation, the rigidity of the device, and the need to maneuver it manually can make the experience highly unpleasant for the recipient. The development of capsule endoscopy (CE) has made the screening process far more tolerable; however, the passive movement of the capsule endoscope through the GI tract greatly hinders the analysis of data after the examination and imposes the risk of capsule retention within a tumor or a narrow area.

Numerous locomotion methods have been developed for CE navigation. The fact that manual navigation systems are highly susceptible to human error and require that operators undergo extensive training has prompted development in autonomous locomotion systems for endoscopy. Therefore, several articles on autonomous navigation of colonoscopy have shown the value of this field. In the current study, endoscope tracking was firstly achieved using force-based sensing technology, wherein load cells were mounted in the joint of a robotic arm to sense attractive forces associated with capsule endoscopes in three-dimensions. This scheme enables the real-time tracking of an interior permanent magnet (IPM) in magnetic colonoscope (MC) with a high degree of accuracy by balancing the four force vectors from load cell module without further add-ons to the system. In doing so, the proposed method won’t have to figure out the actual 2D position of IPM and the computation can be simplified. Additionally, the ability to monitor attractive forces also helps to prevent damage to human tissue resulting from excessive force.

**Figure 1.** The architecture of magnetic-assisted colonoscopy (MAC) system. (a) Magnetic field navigator (MFN). (b) Disposable magnetic colonoscope (MC) and its receiver. (c) Tension/compression load cells and their signal amplifier.
Results

Positioning of IPM: detectable range and maximum attraction of positioning IPM. The purpose of this experiment is to validate the feasibility of the proposed tracking system based on force-based sensing technology. Table 1 lists the maximum attractive forces and effective detectable range at four different vertical distances from external permanent magnet (EPM) to MC. The theoretical maximum attractive force is related directly to the safety of the magnetic tracking system. The use of load cells makes it easier to obtain the attractive force imposed on the organ by the MC’s tip. Overall, the peak force in each of these experiments was less than that of conventional colonoscopy presented by Korman et al. and Plooy et al. which were approximately 33.5 N and 27.5 N, respectively. The detectable range also shows that it is sufficient to the tracking system.

Positioning of IPM: tracking accuracy. Figure 3a illustrates a localization trace after the tracking process is stopped, where the system does not know the location of the IPM at the beginning. As shown in Fig. 3b, the variation in motor speed and force vectors are presented. The maximum speed of the stepping motor was...
51.54 mm/s during localization and the force bias coverage to the balanced state in an instant. Overall, the tracking process required 6.49 s for the EPM to reach the destination (x = 465, y = 186) resulting in 175 mm of displacement with a localization error of 1.41 mm. Table 2 lists the positioning error with six vertical height differences between EPM and IPM. The results show the accurate locating and are as well or better than the errors reported in the articles15–17,26 in the xy-domain (see Table 3).

### Table 2. Average tracking accuracy in different vertical distances from EPM to MC. The average accuracy presented in mean error ± standard deviation.

| Vertical distance from EPM to MC (cm) | $\Delta x$ (mm) | $\Delta y$ (mm) |
|--------------------------------------|-----------------|-----------------|
| 5                                    | $0.59 \pm 0.51$ | $0.53 \pm 0.39$ |
| 6                                    | $0.76 \pm 0.32$ | $0.56 \pm 0.32$ |
| 7                                    | $0.97 \pm 0.50$ | $1.12 \pm 0.47$ |
| 8                                    | $0.99 \pm 0.42$ | $1.72 \pm 0.34$ |
| 9                                    | $1.47 \pm 0.39$ | $2.74 \pm 0.32$ |
| 10                                   | $2.07 \pm 1.45$ | $3.18 \pm 0.88$ |

### Table 3. Average accuracy of previous methods. The average accuracy presented in mean error ± standard deviation.

| Methods                      | $\Delta x$ (mm) | $\Delta y$ (mm) | $\Delta r$ (mm) | $\Delta \theta$ (°) |
|------------------------------|-----------------|-----------------|-----------------|--------------------|
| Salerno et al.26             | $-3.2 \pm 1.8$  | $5.4 \pm 1.5$   |                 |                    |
| Di Natali et al.15           | $-3.40 \pm 3.2$ | $-3.80 \pm 6.2$ |                 |                    |
| Taddei et al.13              | $1.56 \pm 1.41$ | $4.1 \pm 1.67$  |                 |                    |
| Di Natali et al.16           | $6.2 \pm 4.4$   | $1.12 \pm 0.47$ |                 |                    |
Autonomous navigation: simulation in synthetic colon. The simulation trajectories of three path planning algorithms using a synthetic colon map are shown in Fig. 4. The taken steps for LRTA*, online depth-first search (DFS) and online breadth-first search (BFS) are 75, 200 and 768, respectively. The LRTA*’s path with our directional heuristic evaluation design shows a tremendous improvement to other methods not only in route complexity but less intermediate points. In the DFS simulation, it’s worth noting that the inflexible traveling sequence may step backward like what happened at the 133-th step and turning back at the 174-th step. As a result, we choose LRTA* for our synthetic colon autonomous navigation.

Autonomous navigation: experiments in a highly realistic colonoscopy training model. As shown in Fig. 5a, the EPM guides the IPM in steps of 5 cm along the trajectory generated by LRTA*. The entire experiment on autonomous navigation was completed in 13 min 20 s, with an average speed 90 mm/min (see Supplementary Video 1). Figure 5b presents the attractive forces generated between the EPM and IPM during autonomous navigation. The red stars in Fig. 5b indicate the attractive force measured after the EPM had moved 5 cm along its current trajectory, whereas the blue dots indicate the attractive force when the EPM was located above the IPM. Obviously, the attractive force is proportional to the distance between the EPM and IPM. Thus, any sustained decrease in attractive force is an indication that the movement of the IPM toward the EPM has been hindered by an obstacle, such as intestinal folds or walls. An example of interference from intestinal folds can be seen in Fig. 5b, as indicated by the large discrepancy between the blue points and red stars during the interval 9:11–12:31.

The intubation rate of the autonomous navigation presented in this paper is 83.33% by 30 experiments and only 5 of them take more than 20 min. As shown in Fig. 5c, the average time required to complete navigation of a training model with 25 shape settings was 15 min 38 s, which represents an average moving speed of 96 mm/min. All 25 experiments are completed without intervention by the operator. Ultimately, these experimental results demonstrate the efficiency of the proposed MAC system.

Discussion
Based on the advantages and future prospects of autonomous navigation in colonoscopy, researchers in this field have been active a lot in recent years. Trovato et al. developed a screw-type colon endoscope robot with automated motion adjustment controlled via reinforcement learning in vitro and in vivo; however, forward motion through straight segments was slow (11 mm/min) and navigation through bends proved awkward10. Ji-Yoon Kim et al. developed a twistable threaded mechanism capable of spiral motion at roughly 350 mm/min 13. A control algorithm automatically adjusts the direction of movement and position of the robotic arm to maintain the capsule within the arc-shaped tract model. Nonetheless, their model is somewhat unrealistic due to a lack of wrinkles and other impediments encountered in real-world situations. Alsunaydih et al. developed a capacitive-based pressure monitoring system to enable the autonomous navigation of capsule endoscopes11. Unfortunately, the PVC tube used to mimic the GI tract in that study did not accurately represent real-world conditions. Prendergast et al. developed an autonomous robotic endoscope however, their image-based path search scheme was hindered by indiscrete edges and the irregular shapes of haustral folds14. Martin et al. developed a semi-autonomous
navigation strategy; however, the user needs to override the system’s choice optionally to select a correct output of orientation. In other words, lumen detection could be unstable due to the sharp turns especially in the rectum. Also, images could be overexposed and even no lumen in sight that needs intervention. Therefore, we developed a non-image-based navigation scheme with a high intubation rate in a fully automated way.

In the current field, many researchers developed the MAC system that used an EPM to guide permanent magnets embedded within a capsule endoscope. The magnetic navigation in MAC system provides more friendly procedure instead of the rear-push mechanical actuation in the conventional colonoscopy. In doing so, the patient pain caused by the looping of the endoscope can be avoided. Note however that variability in the magnetic forces generated by a large-gradient EPM has been shown to hinder the accurate control of slaved devices and make it difficult to predict the forces exerted on tissue. Furthermore, the position of IPM is estimated using a common localization method based on magnetic field strength from a Hall sensor array, which is susceptible to interference from other magnetic fields. Shi et al. sought to overcome the problem of locating the slave magnet under conditions of external magnetic interference by treating the EPM signal as a priori knowledge. In recent works, we sought to resolve this problem through the use of iterative algorithms tasked with identifying and locating the EMP and slave magnet. Nonetheless, localization is still prone to uncertainty in instances where the magnetic moment ratio between magnets is large. The derived magnetic moments of the proposed EPM and IPM are 388 A m² and 1.857 A m², respectively. The enormous difference in magnetic moments between two magnets resulted in a ratio of 209:1 causes a scaling problem in numerical computation. In this scenario, the conventional approach to multiple magnet localization would not provide positioning results of high accuracy due to the overwhelming influence of the EPM rendering variations in the signal from the slave magnet imperceptible. As a result, most existing methods based on Hall array structure have been implemented only in situations where the magnets possess a similar magnetic moment in the current study. Salerno et al. presented a positioning method based on a triaxial magnetic sensor inside the capsule in the MAC system. The method overcomes the limitation of the location where the magnetic moment ratio between magnets is large. Di Natali et al. improved the system with several Hall sensors and an inertial measurement sensor installed in the capsule to enable real-time positioning method, and the efficiency improvement was also provided. Tadese et al. present a hybrid approach that solves the singularity problem based on the articles. However, these methods complicate structure of the endoscope and the complex algorithm calculation is needed. In addition, due to frequent contact with tissues in the GI tract during endoscopy, there is a risk of subsequent infection from patient-to-patient transmission. The data show that highly resistant bacteria still exist in 30% or more of reprocessed endoscopes that have undergone high-level disinfection. The report stated that the infection rate of 115,243 patients 30 days after sigmoidoscopy and colonoscopy was 0.37%, which was higher than the 0.04% of the control group. The article also shows that there are 1.1% and 1.6% of the postendoscopic infection per 1000 procedures after screening colonoscopy and non-screening colonoscopy, respectively. Postendoscopic infections are more frequent than commonly expected. Given these points, these disadvantages have prompted us to develop the force-based sensing system and use the endoscope designed for disposable.

Figure 5. The tracking result of autonomous navigation. (a) Illustration of the autonomous navigation trajectory. (b) Attractive force in each state corresponds to the tracking result in the graph (a). (c) Time required to complete autonomous navigation experiment 25 times. The average navigation duration was 15 min 38 s, corresponding to an average moving speed of 96 mm/min.
In the current research, several experiments demonstrated the feasibility and effectiveness of the proposed autonomous navigation system. The detectable range, maximum attraction monitoring and positioning accuracy show the feasibility of tracking function. The attractive force of magnets is inversely proportional to the square of the distance between two magnets; therefore, it was important to consider the measurable range of load cells tracking function. Note that the operating range corresponds to the degree of attraction between the EPM and IPM. If the two devices were too far apart, then the tracking function would neither operate sensitively nor possibly converge to the correct location. If the two devices were too close together, then the resulting attractive forces might be sufficient to cause damage to intestinal tissue between them. Therefore, we outline two experiments aimed at evaluating the feasibility of the proposed system in terms of the maximum attractive forces and a detectable range of the positioning system. Although there are insufficient sensors in the disposable MC and no more information about the location is acquired, the tracking results are still sufficient to fulfill autonomous navigation in subsequent experiments. In future work, the three-dimensional positioning system will be implemented in force sensors and the disposable MC will maximize the value of disposable colonoscopy. Results demonstrate that the positioning accuracy and the detectable range are within an acceptable range. Experiments of autonomous navigation also show the effectiveness of the proposed methods by integrating force-based sensing technology and directional heuristic evaluation in LRTA* algorithm. Moreover, the real-time monitoring of attractive force can be used as a proxy to estimate discomfort and the likelihood of damaging intestinal tissue.

### Conclusion

This paper presents a fully autonomous navigation scheme in the cost-effective MAC system via a novel tracking technique using load cells and LRTA* for path searching. The accuracy of load cells tracking function is promising. The average tracking accuracy on the MFN platform in x-axis and y-axis are 1.14 ± 0.59 mm and 1.61 ± 0.45 mm (mean error ± standard deviation). The EPM is able to magnetic recoupling with IPM by minimizing the force bias on x-axis and y-axis. Also, the sensing information can be used for monitoring the attractive force of the IPM from being dangerous to the colon wall. Furthermore, LRTA* algorithm with fortified heuristic evaluation considers the directional information to resolve problems associated with the autonomous navigation of magnetic colonoscopes. In autonomous navigation, all 25 experiments are completed without operator intervention. The average time required was 15 min and 38 s, and the intubation rate was 83.33%. Experimental results demonstrated the feasibility and effectiveness of the proposed system.

### Methods

**MAC system.** Figure 1 presents the architecture of the proposed MAC system. Basically, the MAC system comprises the following subsystems: magnetic colonoscope (MC), magnetic field navigator (MFN) platform, and load cell module.

The MC features a working channel (diameter = 3.2 mm), a high-definition (HD), a complementary metal-oxide semiconductor (CMOS) camera and multiple white LEDs. These components are affixed in N52 magnetized cylindrical ring-shaped NdFeB magnet while the magnet is represented as an interior permanent magnet (IPM). The total length of the MC is 180 cm, including the flexible silicone tube. The MC sends a video stream (1280 × 720 pixels; 30 frames per second (fps)) to the user interface via the receiver. The difference between the proposed MC and conventional colonoscopes is the fact that MC control is implemented using an EPM rather than a hand-controlled unit in which steering force is transmitted physically from the handle to the rotary joint of the colonoscope. This configuration made it possible for users to create a very thin supple MC tube to reduce discomfort during surgery. For the purpose of decreasing postendoscopic infections, the MC is designed as a disposable device.

The MFN platform in our MAC system provides a working space of 650 × 650 × 410 mm³ (x-, y-, and z-axes) with control covering five degrees of freedom (5-DOF). The end of the MFN robotic arm contains a diametrically magnetized N52 NdFeB permanent magnet (remanence 1.48 T), providing an external magnetic field sufficient to navigate the IPM in the MC (see Table 4). To observe the forces produced by the EPM and IPM, we installed tension/compression load cells providing 50 Newtons (N) of load capacity in a single axial direction (equally on the four sides) between the MFN robotic arm and the EPM (see Fig. 2). The accuracy of the load cell is 2.5 g-force (gF) calibrated by the manufacturer. The load cells return load-related information (in four directions) to the user interface following amplification in accordance with the RS-485 half-duplex protocol.

**Working principle: force variation from the load cells.** In the proposed system, we developed a novel force-based sensing method involving the use of load cells. In addition, tension and compression load cells can respectively be used to measure positive and negative forces. As shown in Fig. 2, we used four load cells (A, B, C, and D) to measure the forces between the EPM and a robotic arm in four directions simultaneously.

Magnetic flux from the EPM creates an attractive force to draw the MC. According to Newton’s third law, the EPM is subjected to a force of equal magnitude in the direction opposite to that generated by the IPM. Thus,
all of the tensile and compressive forces between the EPM and robotic arm are received by the four load cells. To clarify this description, we drew up various simulation examples using Solidworks (see Fig. 6). When the tracking system is initialized, forces are in a balanced state between the EPM and robotic arm (Fig. 6a), such that the load cells detect nothing. Locating the IPM immediately below the EPM induces the generation of attractive force between the two magnets (Fig. 6b), which produces tension in the load cells but no force bias though. Locating the IPM in front of the EPM produces the stress and strain observed in Fig. 6c. The attraction of the EPM in the forward direction by the IPM causes load cell A to be stretched (positive force) and load cell C to be squeezed (negative force). Finally, locating the magnet in the bottom right of the EPM produces the stress and strain observed in Fig. 6d, wherein load cells A and D are stretched, while load cells B and C are squeezed.

Careful configuration of the load cells makes it possible to use the stretching and compressive forces for IPM positioning. We can obtain the relative directional force vectors between the IPM and EPM in three dimensions using the following equations to calculate:

\[
\begin{align*}
F_{\text{Bias}X} &= F_D - F_B \\
F_{\text{Bias}Y} &= F_A - F_C \\
F_{Z-\text{axis}} &= F_A + F_B + F_C + F_D
\end{align*}
\] (1)

Figure 6. Heat maps showing forces in various locations around an IPM. (a) Without magnetic objects; (b) IPM directly beneath the EPM; (c) IPM is in front of the EPM. Load cell A is stretched while load cell C is squeezed; (d) IPM is located in the bottom right region of the EPM. Load cells A and D are stretched while load cells B and C are squeezed.
where $F_{\text{BiasX}}$, $F_{\text{BiasY}}$, and $F_{Z-\text{axis}}$ are single dimension differential force (bias), indicating a single relative direction from the EPM to the IPM. The force values from load cells A to D are respectively represented as $F_A$, $F_B$, $F_C$ and $F_D$.

Detectable range and maximum attraction of IPM positioning. While the IPM was placed at the center of the MFN platform ($x = 327$, $y = 327$), the EPM scanned the entire platform continuously at a very slow speed using a stepping motor to avoid unnecessary kinetic forces from interfering with the load cells. Differential force values $F_{\text{BiasX}}$, $F_{\text{BiasY}}$ and $F_{Z-\text{axis}}$ were recorded in real-time. Figure 7 presents the detectable range and force distribution with the device suspended at four vertical distances above the model. The arrow indicates the differential force vector in each vertex, as calculated using Eq. (1) in the $xy$-plane. The dashed circle shows the detectable range in which the robotic arm was able to locate the IPM. The maximum attractive forces and effective detectable range are listed in Table 1.
Force-based tracking system. From the beginning, $F_A$, $F_B$, $F_C$ and $F_D$ will be set to zero when the tracking system is initialized. The load cells tracking function goes into a balanced state when the following conditions $|F_{BiasX}| \leq F_{Thres}$ and $|F_{BiasY}| \leq F_{Thres}$ are met. The use of load cells in this manner makes it possible to observe the relative direction and magnitude of forces between two magnets in real-time. The actual position of the IPM can be determined using a tracking function involving movement of the robotic arm along the differential vector calculated using Eq. (1) until the difference between $F_{BiasX}$ and $F_{BiasY}$ converges within thresholds and $F_{BiasX}$ reaches its maximum. The accuracy of the load cell is 2.5 gF. Therefore, we set the threshold force $F_{Thres}$ to 3 gF as stop conditions. As the tracking function is executed, the speeds of the robotic arm moving along the $\omega_x$-axis and $\omega_y$-axis are modified instantly in accordance with differential forces $F_{BiasX}$ and $F_{BiasY}$ via the proportional integral (PI) controller as follows:

$$\omega_x = K_p F_{BiasX} + K_i \sum_{m=0}^{n} F_{BiasX} m(t) \Delta t$$

$$\omega_y = K_p F_{BiasY} + K_i \sum_{m=0}^{n} F_{BiasY} m(t) \Delta t$$

where $K_p$ is the proportional gain (multiplier term), $K_i$ is the integral gain (another multiplier term), and $\Delta t$ is the interval between each control iteration; $n$ represents total control iteration. The chosen controller parameters were $K_p = 3000$ and $K_i = 500$. And they were obtained by using manual tuning from the practical MFN platform so as to perform the best tracking. The speed changes calculated using Eq. (2) allow the robotic arm to move more smoothly and precisely than could be achieved using a constant speed. Eventually, the MFN robotic arm stops at the top of the IPM, verification of which is sent to the operator and a balanced state for load cells is achieved (see Supplementary Video 2). The differential force sensing technique proposed in this paper makes it possible to perform tracking operations under the situation of not knowing the actual IPM position.

We simulated the implementation of the load cells tracking function using the PI controller. The starting point of EPM was placed at $(x = 347, y = 315)$, and the IPM was placed at $(x = 464, y = 187)$ with a vertical height difference of 7.5 cm. During positioning, the MFN robotic arm separately adjusted motor speeds along the x-axis and y-axis using the PI controller from Eq. (2). Figure 3a illustrates a localization trace after the tracking process is stopped and the variation in motor speed and force vectors are presented in Fig. 3b.

Path planning algorithm. Automating the guidance of the MC requires a MFN path planning algorithm based on artificial intelligence (AI). Note that the algorithm must have the ability to navigate unknown regions in which the path of the intestine varies with each patient in an unpredictable manner and the target location is unknown at the beginning of the search process. Most search algorithms are based on the known environments that the agent can pre-compute solution before stepping into the environments, also called offline search algorithms. In contrast, the online search algorithm performs the method that interleave computation and action in an unknown environment. That is, the online search algorithm should take an action first, then observe the environment and finally make the next move. There are two well-known basic traversal methods that can be applied in an unknown environment, breadth-first search (BFS) and depth-first search (DFS). However, cumbersome exploration of BFS process makes it inefficient. In contrast, DFS approach is better suited than BFS to navigating the bewildering convolutions of the intestine where there is only one path from the rectum to the cecum. Nonetheless, the initial conditions of DFS stipulate that all directions are tested in the same order of priority in every iteration, which inevitably leads to numerous unnecessary actions.

In the current study, we apply the LRTA* method with designed directional heuristic evaluation to overcome the inefficiency of DFS that is more flexible to the synthetic colon. In the design of heuristic evaluation, the passable direction (action) from the previous iteration is adopted to change the current state neighbors’ heuristic costs with a specific priority. Considering common intestinal shape and trends, the neighbors’ heuristic value able direction (action) from the previous iteration is adopted to change the current state neighbors’ heuristic

Automous navigation control strategies. The integration of autonomous navigation control strategies with this search scheme and force-based sensing makes it possible to implement autonomous navigation in the MAC system. Figure 9 illustrates the implementation of LRTA* scheme within the MAC system for autonomous navigation, where the $\omega$ is the yaw angle towards the next state s'. While the exploration process is started,
IPM is dragged more than one-half of the total distance moved by the EPM, then the algorithm treats the direction (action) and target state in this iteration as passable. In contrast, if the IPM is dragged less than one-half of the total distance moved by the EPM, then the algorithm treats the direction (action) and target state in this iteration as a dead-end. The algorithm then initiates an exploration process until the function of LRTA* finishes or is interrupted by the user. The search algorithm does not have any information about the graph or destination location; therefore, it is up to the operator to determine whether the end location has been reached (based on the MC video) and manually halt the process.

The 30 experiments of autonomous navigation were implemented to demonstrate the efficiency and feasibility of the proposed MAC system. In these experiments, 5 cm was the shortest distance that the EPM had to move in a single step. When using steps of less than 5 cm, the combined friction and flexibility of the intestine walls prevented the IPM from being dragged by the EPM, such that it was often left behind. Once the EPM tracked down the IPM based on the differential force vector, it positioned itself directly above (see Supplementary Video 1).

Considering the effectiveness of practical application, the intubation rate is defined according to the time spent in the experiment. According to the published definition of cecal intubation time benchmark, the minimal competency range is 15 to 20 min. Therefore, the definition of successful intubation is the cecal intubation time less than 20 min. In this research, 30 experiments were conducted and only 5 of them take more than 20 min to reach. The average time in 25 autonomous navigation experiments is 15 min 38 s while the intubation rate is 83.33%. One of the experiments shows the navigation trajectory of MC and attractive forces after reaching the cecum, as shown in Fig. 6a,b.

**Experimental setup.** Figure 10 presents the experimental setup used in this study. We simulated the environment of a human intestine using a 150 cm colonoscope training model (KKM40; KYOTO KAGAKU CO). By fixing individual sections, the colonoscope training model can be arranged in a variety of shapes simulating inter-patient differences. Prior to the experiment, the colonoscope training model was placed on a table and covered with a transparent acrylic board. To ensure smooth operations, lubricant was initially applied to the MC. The MC was manually inserted for a short distance, after which the operator only supported the weight of the tube (i.e., did not apply propulsion). We implemented EPM in sweeping mode to produce a sweeping magnetic field, wherein the pitch angle of the magnet is rotated between $-45^\circ$ and $45^\circ$. This was done to ensure smooth passage past intestinal wrinkles.
Figure 9. The flowchart of the autonomous navigation in the MAC system.
Figure 10. Experimental setup. A flexible colonoscope training model was placed on the MFN platform and covered with a clear acrylic board. While the EPM is guiding the MC, the illustration of EPM in sweeping mode is also presented.
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Author contributions

G.S.L., C.W.L. and F.M.S. contributed to conception and design. H.E.H., S.Y.Y. and C.F.C. were involved in data collection and the experiments implementation; All authors involved in interpretation of data and editing the manuscript. All authors revised the manuscript together and approved the final version of this manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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