Deficient amygdala-prefrontal intrinsic connectivity after effortful emotion regulation in borderline personality disorder

Baczkowski, B.M.; van Zutphen, L.; Siep, N.; Jacob, G.A.; Domes, G.; Maier, S.; Sprenger, A.; Senft, A.; Willenborg, B.; Tüscher, O.; Arntz, A.; van de Ven, V.

DOI
10.1007/s00406-016-0760-z

Publication date
2017

Document Version
Final published version

Published in
European archives of psychiatry and clinical neuroscience

License
CC BY

Citation for published version (APA):
Baczkowski, B. M., van Zutphen, L., Siep, N., Jacob, G. A., Domes, G., Maier, S., Sprenger, A., Senft, A., Willenborg, B., Tüscher, O., Arntz, A., & van de Ven, V. (2017). Deficient amygdala-prefrontal intrinsic connectivity after effortful emotion regulation in borderline personality disorder. European archives of psychiatry and clinical neuroscience, 267(6), 551-565. https://doi.org/10.1007/s00406-016-0760-z

General rights
It is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), other than for strictly personal, individual use, unless the work is under an open content license (like Creative Commons).

Disclaimer/Complaints regulations
If you believe that digital publication of certain material infringes any of your rights or (privacy) interests, please let the Library know, stating your reasons. In case of a legitimate complaint, the Library will make the material inaccessible and/or remove it from the website. Please Ask the Library: https://uba.uva.nl/en/contact, or a letter to: Library of the University of Amsterdam, Secretariat, Singel 425, 1012 WP Amsterdam, The Netherlands. You will be contacted as soon as possible.

UvA-DARE is a service provided by the library of the University of Amsterdam (https://dare.uva.nl)
Deficient amygdala–prefrontal intrinsic connectivity after effortful emotion regulation in borderline personality disorder

Blazej M. Baczkowski1,2 · Linda van Zutphen1 · Nicolette Siep1 · Gitta A. Jacob3 · Gregor Domes4,5,6 · Simon Maier5,7 · Andreas Sprenger8 · Alena Senft9 · Bastian Willenborg9 · Oliver Tüscher3,10 · Arnoud Arntz1,11 · Vincent van de Ven12

Received: 16 June 2016 / Accepted: 13 December 2016 / Published online: 30 December 2016 © The Author(s) 2016. This article is published with open access at Springerlink.com

Abstract Emotion instability in borderline personality disorder (BPD) has been associated with an impaired fronto-limbic inhibitory network. However, functional connectivity (FC) underlying altered emotion regulation in BPD has yet to be established. Here, we used resting-state fMRI to investigate enduring effects of effortful emotion regulation on the amygdala intrinsic FC in BPD. In this multicenter study, resting-state fMRI was acquired before and after an emotion regulation task in 48 BPD patients and 39 non-patient comparison individuals. The bilateral amygdalae were used as a seed in the whole-brain FC analysis and two-way mixed ANOVA to test whether BPD patients exhibited weaker post-task increase in the amygdala intrinsic FC with the prefrontal cortex (PFC), compared to non-patients. Subsequently, we explored whether the results are common for personality disorders characterized by emotional problems, using additional data of 21 cluster-C personality disorder patients. In contrast to non-patients, BPD patients failed to show increased post-task amygdala resting-state FC with the medial, dorsolateral, ventrolateral PFC, and superior temporal gyrus, but surprisingly exhibited decreased FC with the posterior cingulate cortex and increased FC with the superior parietal lobule. In BPD patients, the emotion regulation task failed to increase resting-state amygdala FC with brain regions essential for effortful emotion regulation, which suggests: (a) altered cognitive control typically used to indirectly alleviate distress by reinterpretating the meaning of emotional stimuli; (b) impaired direct regulation of emotional responses, which might be...
common for personality disorders; (c) avoidance of self-related appraisals induced by social emotional stimuli.

**Keywords** BPD · Emotion regulation · Amygdala · Functional connectivity · Resting-state fMRI

**Introduction**

Borderline personality disorder (BPD) is a severe psychiatric disorder with the prevalence in the general population estimated at approximately 1–3% [1, 2]. Patients with BPD are characterized by a pervasive pattern of instability in self-image, interpersonal relationships, affect, and impulsive behavior [DSM-V, 3]. Leading conceptualizations posit that BPD is best understood as a disorder of emotion regulation [4–6].

Functional neuroimaging studies highlight that clinically well-observed BPD features of emotion dysregulation—emotional hypersensitivity and intense emotional reactions—are due to increased limbic and diminished prefrontal activity [for meta-analysis and reviews: [7–9]], which suggests an impaired fronto-limbic inhibitory network. Altered subcortical-cortical functional connectivity (FC) of BPD patients has been identified with fMRI during experimental induction of negative emotions [10–12] and in task-free resting-state [e.g., 13]. Compared to non-patients (NPC), BPD patients exhibit increased amygdala FC with the subgenual anterior cingulate cortex (ACC) when viewing fearful faces [10] and with the ventromedial prefrontal cortex (vmPFC) when exposed to threat [11]. In BPD, induction of pain together with emotionally arousing pictures is associated with enhanced negative FC of the amygdala with the medial and dorsolateral PFC [12]. Furthermore, BPD patients exhibit stronger FC of both the amygdala and dorsal ACC with the dorsomedial prefrontal cortex (dmPFC) during emotional distraction [14]. Resting-state fMRI studies showed that emotional hypersensitivity of BPD patients is associated with hyperconnectivity within the salience network [15], i.e., between the amygdala and bilateral insula together with dorsal ACC [13, 16–19], while their impaired control over emotional reactions is associated mostly with diminished intrinsic connectivity between the central executive fronto-parietal regions and salience network [16, 17]. Both Doll et al. [17] and Wolf et al. [19] reported aberrant FC between the regions of the central executive fronto-parietal network at rest. Taken together, BPD patients show altered FC within the amygdala—PFC network when confronted with negative emotions, which is assumed to contribute to their affective instability and in the long-term shapes the organization of their resting-state networks.

However, brain FC associated with emotion regulation in BPD patients has yet to be established. Despite long-term stability of resting-state networks, resting-state functional connectivity (rsFC) exhibits substantial variations at the timescales of minutes [for review, [20]] and has been successfully used to investigate post-task changes in FC induced by cortical activation during behavioral manipulations [e.g., 21, 22], and stress exposure [23, 24] or memory processes [25, 26]. Hence, resting-state fMRI can be used to investigate whether effortful emotion regulation induces enduring aberrant patterns of FC in BPD patients.

In the present international multicenter study, resting-state fMRI data were acquired before and after an emotion regulation task in 48 BPD patients and 39 NPC. We used an amygdala seed-based approach, since the amygdala is involved in emotion generation and its activity can be modulated by the prefrontal regions during effortful emotion regulation [27–29]. The increased coupling of the amygdala with the prefrontal regions is typically present during active regulation and consequently may alleviate emotional distress [30, 31]. We hypothesized that in NPC effortful emotion regulation would lead to increased post-task amygdala rsFC with these prefrontal regions, whereas BPD patients would exhibit weaker increases. Subsequently, we explored whether the results are specific for BPD or common for personality disorders, including 21 cluster-C personality disorder (CPD) patients. BPD patients are often additionally diagnosed with one of the CPDs [32], and emotional problems are common for both disorders, which, however, might be associated with different neurocognitive mechanisms [33].

**Methods and materials**

**Participants**

Sixty-two BPD patients, 48 NPC, and 31 CPD patients were recruited from two sites in the Netherlands (Maastricht, Heerlen) and three sites in Germany (Freiburg, Lübeck, Hamburg). BPD and CPD patients were recruited from mental health clinics at local sites. NPC were recruited among the general population at each site. Participants had to be hetero- or bisexual females, aged 18–65, and sufficient understanding of the language of the local sites. Participants who did not fulfill the scanning or clinical criteria were excluded, and the final sample comprised 48 BPD patients, 39 NPC, and 21 CPD patients. Detailed description of additional measures including: BPD Severity Index [BPDSI; 34–36], Brief Symptom Inventory [BSI; 37], BPD checklist [38] and Interview for Trauma Events in Childhood [ITEC; 39], participant recruitment and exclusion procedure, is provided in the supplementary material.

Demographics and clinical measures of the sample are presented in Table 1. The groups did not significantly differ for age, handedness preference, and IQ. After complete description of the study, all participants provided written consents for age, handedness preference, and IQ. After complete description of the study, all participants provided written
Table 1 Descriptive statistics of the three groups: borderline personality disorder (BPD), non-patient comparison individuals (NPC), and cluster-C personality disorder (CPD)

|                                | BPD (n = 48) | NPC (n = 39) | CPD (n = 21) | Test statistics |
|--------------------------------|--------------|--------------|--------------|----------------|
|                                | Mean        | SD           | Mean         | SD             |               |
| Age (years)                    | 30.79       | 9.21         | 28.67        | 10.70          | 0.67          | 0.512         |
| Estimated IQ \(^a\)            | 96.88       | 10.08        | 100.73       | 11.38          | 1.45          | 0.239\(^b\)  |
| Brief symptom inventory        | 1.68        | 0.55         | 0.13         | 0.13           | 1.11          | 0.43          |
| BPD checklist                  | 118.44      | 25.58        | 50.68        | 5.21           | 74.80         | 17.31         |
| Interview traumatic events childhood |           |              |              |                | 8.85          | <0.001\(^c\) |
| Sexual abuse                   | 9.44        | 8.85         | 0.13         | 0.42           | 2.26          | 5.43          |
| Physical abuse                 | 17.15       | 12.40        | 1.69         | 3.61           | 7.00          | 10.95         |
| Emotional abuse                | 20.35       | 8.93         | 2.47         | 3.32           | 13.06         | 8.49          |
| Emotional neglect              | 11.28       | 6.99         | 0.82         | 2.07           | 6.14          | 6.55          |
| Physical neglect               | 10.68       | 9.42         | 0.88         | 2.82           | 4.35          | 6.90          |
| Dissociation \(^e\)            |             |              |              |                | 5.00          | <0.01\(^f\)  |
| Prior scanning                 | 19.81       | 19.41        | 5.18         | 6.60           | 6.37          | 6.98          |
| Post scanning                  | 31.87       | 26.85        | 6.40         | 7.81           | 15.36         | 20.60         |
| Education level \(^h\)         |             |              |              |                | 7.70          | 0.02\(^i\)   |
| Level 1                        | 22.9        | 11           | 17.9         | 7              | 14.3          | 3             |
| Level 2                        | 14.6        | 7            | 5.1          | 2              | 19.0          | 4             |
| Level 3                        | 27.1        | 13           | 10.3         | 4              | 28.6          | 6             |
| Level 4                        | 4.2         | 2            | 5.1          | 2              | 14.3          | 3             |
| Level 5                        | 25.0        | 12           | 43.6         | 17             | 14.3          | 3             |
| Level 6                        | 6.3         | 3            | 17.9         | 7              | 9.5           | 2             |
| Handedness                     |             |              |              |                | 6.00          | 0.20\(^j\)   |
| Left                           | 8           | 4            | 5            | 2              | –             | –             |
| Right                          | 86          | 41           | 95           | 37             | 100           | 21            |
| Mixed                          | 6           | 3            | –            | –              | –             | –             |
| Axis I disorders               |             |              |              |                |               |               |
| Major depressive disorder      | 87.5        | 42           | 61.9         | 13             | 5.92          | 0.02          |
| Dysthmic                       | 8.3         | 4            | 4.8          | 1              | 0.28          | 0.60          |
| Bipolar type II                | 2.1         | 1            | –            | –              | 0.44          | 0.51          |
| Generalized anxiety disorder   | 4.2         | 2            | 4.8          | 1              | 0.12          | 0.91          |
| Panic disorder with agoraphobia| 12.5        | 6            | –            | –              | 2.88          | 0.09          |
| Panic disorder                 | 12.5        | 6            | 14.3         | 3              | 0.41          | 0.84          |
| Agoraphobia                    | 8.3         | 4            | –            | –              | 1.86          | 0.17          |
| Specific phobia                | 18.8        | 9            | 4.8          | 1              | 2.31          | 0.13          |
| Social phobia                  | 31.2        | 15           | 23.8         | 5              | 0.39          | 0.53          |
| Obsessive compulsive disorder  | 14.6        | 7            | 9.5          | 2              | 0.33          | 0.57          |
| Posttraumatic stress disorder  | 35.4        | 17           | 14.3         | 3              | 3.17          | 0.08          |
| Somatoform disorder            | 10.4        | 5            | 19.0         | 4              | 0.96          | 0.33          |
| Eating disorders               | 35.4        | 17           | 33.3         | 7              | 0.03          | 0.87          |
| Substance abuse                | 43.8        | 21           | 4.8          | 1              | 10.23         | 0.001         |
| Intermittent explosive disorder| 2.1         | 1            | –            | –              | 0.44          | 0.51          |
| Axis II disorders              |             |              |              |                |               |               |
| Avoidant PD                    | 43.8        | 21           | 71.4         | 15             | 4.49          | 0.03          |
| Dependent PD                   | 14.6        | 7            | 9.5          | 2              | 0.33          | 0.57          |
| Obsessive compulsive PD        | 20.8        | 10           | 33.3         | 7              | 1.23          | 0.27          |
| Passive aggressive PD           | 6.2         | 3            | –            | –              | 1.37          | 0.24          |
| Depressive PD                  | 25.0        | 12           | 9.5          | 2              | 2.16          | 0.14          |
informed consent and received financial remuneration for their participation. The study was approved by the local medical ethical committees [40].

Study design

Two six-minute resting-state runs, during which participants were instructed to lie still, relax, and keep their eyes open, were part of a larger study investigating emotion dysregulation in BPD [van Zutphen et al., submitted]. Resting-state runs were acquired before and after an emotion regulation task, which was an adapted version of previously published emotional regulation paradigm [41, 42]. In this task, participants were presented with negative, positive, erotic, and neutral pictures and instructed to either attend to the picture and respond naturally without altering their emotional state (passive viewing condition) [42], or to regulate their emotional state by realizing that they are safe (regulation condition), a technique inspired by schema therapy [43]. Since BPD patients are particularly responsive to interpersonal stimuli [41], only pictures with a social content (i.e., one person emotionally relating to the viewer or two or more persons in interaction) were selected. Each trial consisted of a 2 s visual instruction to “look” or “realize being safe”, 8 s presentation of the pictures while implementing the instruction, 4 s rating period and variable 5–6.5 s fixation period (for schematic overview Fig. S1). During the rating period, participants assessed their momentary emotional state on a horizontal visual analogue scale (−100 to 100 mm). The order of the conditions and stimulus categories were equally divided and presented in a pseudo-randomized order. The task consisted of 96 trials divided into four runs of 24 trials each. The time between the two resting-state scans was about 45 min (two runs of the task, then an anatomical scan, next two more runs of the task). The experimental manipulation successfully affected the subjective ratings and brain activation [van Zutphen et al., submitted]. After the MRI data acquisition,
participants evaluated the arousal and valence of each picture presented in the task, using the Self-Assessment Manikin [44]. Furthermore, participants were asked to fill out an exit questionnaire, in which they stated their compliance to the study instructions. Finally, prior to the scanning session and immediately afterward participants rated their level of dissociative experiences with the Dissociation-Tension-Scale [45] as well as the level of anxiety and nervousness.

**FMRI data acquisition and statistical analyses**

Structural and functional MRI data were acquired with 3-Tesla scanners at each site. Participants were scanned in head first supine position. Head movements were minimized using foam paddings. Functional images were taken with a T2*-weighted echo planar imaging (EPI) sequence with the following parameters: 180 volumes, TR = 2000 ms, TE = 27 ms, flip angle = 90°, FoV = 192 × 192 mm, voxel size = 3 × 3 × 3 mm, and matrix = 64 × 64. One volume in Maastricht consisted of 32, and in Freiburg and Lübeck of 34, interleaved measured axial slices. The T2*-weighted slices were optimized with a negative tilt of 30°, to minimize susceptibility and distortion artifacts within the amygdala [46] in Maastricht and Freiburg. Anatomical images were acquired with high-resolution T1-weighted sequence with the following parameters: TR = 2250 ms, TE = 2.6 ms, flip angle = 9°, FoV = 256 × 256 mm, voxel size 1 × 1 × 1 mm. In total, 192 slices were obtained in Maastricht, 160 in Freiburg, and 170 in Lübeck. Scanner specifications and preprocessing steps are described in the supplementary material.

The statistical analyses were performed using BrainVoyager 2.8 (Brain Innovation, Maastricht, The Netherlands), SPSS Statistics 21 (IBM Corp, NY), NeuroElf (MR imaging analysis toolbox, www.neuroelf.net), and custom routines in MATLAB (Mathworks, Natick, MA). An amygdala seed-based whole-brain correlation approach was used. The masks for left and right amygdala were obtained by applying a sphere of 5 mm radius around the coordinates (Tal: ±22, −6, −14) which is similar to that used in the previous rsFC studies in NPC [24] and in BPD [13]. The amygdala seeds of the left and right hemisphere are depicted in Fig. S2.

Functional connectivity was estimated with the Pearson r correlation coefficient. The time courses of the two amygdala seeds were extracted, due to high correlations between the left and right seed averaged [13, 14], and then correlated with the time course of all other voxels in the brain on the individual level. The resulting r values were converted to z-scores using Fisher’s transformation in order to increase normality of the distribution. The obtained z-scores were then entered into a second-level analysis. We attempted to equalize the scanner parameters across sites, but at the local sites not everything could be translated exactly the same; therefore, a discrete factor representing site was entered into a regression analysis to estimate the effect of site on the amygdala rsFC. The resulting residual amygdala rsFC data were used in the subsequent random effects analysis, thereby accounting for effects of site. Multiple comparisons across space were FWE corrected on a cluster level, using Monte Carlo simulation (1000 iterations) based on the smoothness of a statistical map [47, 48].

Statistical maps were first thresholded at p = 0.01 and then corrected at the 3D cluster level at p = 0.05.

To determine whether the emotion regulation task led to differential changes in amygdala rsFC in BPD compared to NPC, we calculated a two-way mixed ANOVA and analyzed the time (before vs. after the task) × group (BPD vs. NPC) interaction. To avoid detection of “spurious” clusters of interaction, we restricted the interpretation of the interaction F-map in the following way. First, in order to indicate whether there were any baseline group differences in the amygdala rsFC before the emotion regulation task, we performed two-tailed independent sample t test with the contrast BPD versus NPC. Second, to indicate whether there were significant changes in the rsFC of the amygdala after the task, we performed two-tailed paired t test in each group with the contrast resting-state after versus before the task. The t-map represents a putative change in the amygdala rsFC for each group, respectively. Following, we used a conjunction analysis of the two t-maps to determine whether there was any common network of the post-task change for both groups. With these restrictions, we limited our interpretation to only those interaction effects that were based on an effect of the task in at least one group regardless any potential baseline group differences. The individual average z-score (the strength of the rsFC) was extracted from the remaining clusters and exported to SPSS for analysis of simple effects to indicate the direction of a significant connectivity change in each group. Finally, each cluster was investigated post hoc for the confounding effect of medication within the BPD group.

Further, we performed correlation analyses within the BPD group to test whether the differences in severity of BPD pathology and traumatic events in childhood were associated with the magnitude of change in the amygdala rsFC network representing differential post-task change in BPD compared to NPC. BPD pathology was indicated by individual scores of the BDPSI, BSI, BPD checklist, and the baseline level of dissociation measured with a four-item Dissociation-Tension-Scale. The severity of childhood abuse and neglect was expressed by a summation of the ITEC subscales. In addition, we assessed whether the change (increase) in the level of dissociation before versus after scanning is associated with change in the amygdala rsFC to explore the impact of more state-dependent
BPD characteristics. These scores were correlated with the magnitude of change in amygdala rsFC with the clusters retrieved from the group × time interaction. The magnitude was indicated by subtracting the z-scores of the resting-state before from the resting-state after the task, indicating the higher the z-score, the more increase in the rsFC after the task. Each correlational analysis was family-wise error (FWE) corrected by Bonferroni procedure.

Lastly, we explored whether the results of altered changes in the amygdala rsFC after the emotion regulation task are specific for BPD or common with CPD. We performed a two-way mixed ANOVA in BPD versus CPD and analyzed the time × group interaction on the individual z-scores. We restricted the ANOVA model to the brain regions that previously indicated the significant interaction effect between BPD and NPC. The analysis was FWE corrected by Bonferroni procedure.

Results

Behavioral results

To determine whether each group implemented the task instructions and regulated their emotional state, the ratings of emotional state obtained immediately after the passive viewing or regulation condition across stimulus categories were compared between BPD and NPC. Both groups implemented the task instructions, as indicated by the significant change in their behavioral performance of the regulation condition, compared to the passive viewing condition [NPC: M = 16.67, SD = 41.81, t(37) = 2.46, p = 0.02; BPD: M = 11.90, SD = 31.41, t(46) = 2.60, p = 0.01]. Additionally, the condition × group interaction was not significant (p = 0.55), indicating that both groups regulated their emotional state to a similar extent between the two resting-state runs.

Group differences in functional connectivity at baseline

A common network of the intrinsic amygdala connectivity was obtained in both BPD and NPC before and after the emotion regulation task (Fig. S3a), which was identified as similar to patterns previously described in the literature [e.g., 49].

At baseline, BPD patients exhibited decreased amygdala rsFC with a cluster comprising the right ventral ACC and right orbitofrontal cortex [peak coordinates Tal: 11, 46, 0; t(85) = 3.89; Fig. 1]. No significant differences were obtained for the cluster between BPD patients who were medicated versus non-medicated (p = 0.85).

Change in functional connectivity after the emotion regulation task

After the emotion regulation task, NPC exhibited increased amygdala rsFC with the following areas: bilateral insula, striatum, superior frontal gyrus, middle frontal gyrus, ACC, lingual gyrus, right posterior cingulate cortex (PCC), medial PFC, posterior part of the left middle temporal gyrus, right precentral gyrus, right fusiform gyrus, and left cuneus (Fig. 2a; Table 2).

In BPD patients, we observed increased amygdala rsFC after the emotion regulation task with the following areas: bilateral insula, left caudate, bilateral middle frontal gyrus, posterior part of the right middle temporal gyrus, left postcentral gyrus, right supplementary motor area, and left superior and inferior parietal lobule (Fig. 2b; Table 2). The time (before vs. after) × medication (medicated vs. non-medicated) interaction within this network did not yield...
significant results. None of the identified clusters overlapped with the cluster indicating baseline differences between BPD and NPC, which did not significantly change after the task ($p > 0.06$, uncorrected).

The conjunction analysis showed similar increases after versus before the emotion regulation task in the amygdala rsFC with the left middle frontal gyrus and left anterior insula in both groups (Fig. 2c, d; Table 2).

These results indicate that the emotion regulation task induced changes in the pattern of amygdala rsFC in both groups, and a common network of post-task changes comprised increased amygdala rsFC with the middle frontal gyrus and anterior insula.

**Change in functional connectivity in BPD and NPC after the emotion regulation task**

The resulting F-map revealed a significant group × time interaction in the following clusters: the right superior and left inferior frontal gyrus, left superior and inferior
temporal gyrus, medial PFC, left PCC, right cuneus, and left superior parietal lobule (Fig. 3a; Table 3). The clusters of the cuneus and inferior temporal gyrus were not analyzed further, because they did not show overlap with the t-map of either BPD or NPC.

Simple effects on the z-scores extracted from the clusters indicated specific group differences in the change of the amygdala rsFC after the task (Fig. 3b). After the task, NPC showed an increase in the amygdala rsFC with all clusters except for the left superior parietal lobule. In contrast to NPC, BPD patients exhibited decreased post-task amygdala rsFC with PCC and increased rsFC with the left superior parietal lobule. None of these clusters overlapped with the cluster indicating baseline differences between BPD and NPC, of which the non-significant interaction effect was confirmed in the post hoc analysis ($p > 0.69$, uncorrected). No significant time $\times$ medication interaction within the BPD group was observed for any of the clusters ($p > 0.06$, uncorrected). Taken together, these results indicate that BPD patients and NPC showed different post-task patterns of the amygdala rsFC.

### Table 2: Change in the functional connectivity after the emotion regulation task

| Region                              | L/R | BA  | Peak voxel coordinates (Talairach) | Size (mm$^3$) | $t$   |
|-------------------------------------|-----|-----|------------------------------------|---------------|------|
|                                     |     |     | $x$ $y$ $z$                        |               |      |
| **NPC**                             |     |     |                                    |               |      |
| Caudate                             | R   | –   | 11 7 0 10,394 4.79                 |               | 4.79 |
| Precentral gyrus                    | R   | 9   | 44 19 39 1932 3.87                 |               | 3.87 |
| Superior frontal gyrus              | R   | 10  | 20 58 18 3068 4.81                 |               | 4.81 |
| Fusiform gyrus                      | R   | 37  | 29 −50 −9 9590 4.97                |               | 4.97 |
| Medial frontal gyrus                | R   | 32  | 20 10 45 2483 3.69                 |               | 3.69 |
| Anterior cingulate gyrus            | L   | 32  | −4 37 24 21,876 6.34               |               | 6.34 |
| Posterior cingulate gyrus           | R   | 31  | 5 −35 39 3282 4.42                 |               | 4.42 |
| Lingual gyrus                       | L   | 18  | −1 −92 −6 1279 4.13                |               | 4.13 |
| Culmen                              | L   | –   | −10 −50 −9 10,382 5.22             |               | 5.22 |
| Cuneus                              | L   | 19  | −25 −86 33 1395 4.04               |               | 4.04 |
| Middle frontal gyrus                | L   | 10  | −37 43 21 5195 4.43                |               | 4.43 |
| Insula                              | L   | 13  | −37 10 3 18,351 5.10               |               | 5.10 |
| Middle frontal gyrus                | L   | 8   | −25 16 39 4776 4.72                |               | 4.72 |
| Middle temporal gyrus               | L   | 37  | −43 −65 9 1682 3.88                |               | 3.88 |
| **BPD**                             |     |     |                                    |               |      |
| Superior temporal sulcus            | R   | 22  | 44 −26 −6 3661 4.55                |               | 4.55 |
| Middle temporal gyrus               | R   | 37  | 47 −62 0 1269 3.79                 |               | 3.79 |
| Middle frontal gyrus                | R   | 10  | 32 49 18 4197 4.15                 |               | 4.15 |
| Insula                              | R   | 13  | 35 4 19 6486 5.44                  |               | 5.44 |
| Caudate                             | L   | –   | −20 −14 21 2932 5.04               |               | 5.04 |
| Supplementary motor area            | R   | 6   | 2 −8 48 1679 3.83                  |               | 3.83 |
| Insula                              | L   | 13  | −31 10 12 6027 5.31                |               | 5.31 |
| Superior parietal lobule            | L   | 7   | −19 −56 60 2429 4.43               |               | 4.43 |
| Sub-gyral                           | L   | 6   | −25 −2 57 1081 3.66                |               | 3.66 |
| Middle frontal gyrus                | L   | 10  | −31 46 21 2665 3.93                |               | 3.93 |
| Inferior parietal lobule            | L   | 40  | −52 −32 36 1160 3.99               |               | 3.99 |
| Postcentral gyrus                   | L   | 2   | −61 −20 24 1029 3.89               |               | 3.89 |
| **Conjunction**                     |     |     |                                    |               |      |
| Middle frontal gyrus                | L   | 10  | −34 46 21 1238 3.76                |               | 3.76 |
| Insula                              | L   | 13  | −34 7 6 1232 3.48                  |               | 3.48 |

Statistical maps (resting-state after vs. before the task) are corrected at the cluster level ($p = 0.05$; $k = 1134, 891, 837$ mm$^3$ for the NPC, BPD, and conjunction map, respectively). Anatomical labels of the peak voxel coordinates are identified with the “nearest gray matter” option in the Talairach Client (www.talairach.org) [50]. BA Brodmann area; $R$ right hemisphere; $L$ left hemisphere.
Fig. 3 Changes in the functional connectivity in BPD and NPC after the emotion regulation task. a Depicts the F-map of the time × group interaction (corrected at the cluster level, \( p = 0.05; k = 459 \text{ mm}^3 \)) and overlaid on an anatomical image averaged over all participants in the Talairach standard space, according to the radiological convention. b Depicts the bar plots of the mean z-scores (±SEM) in each group before and after the emotion regulation task and indicates significant within-group difference. The z-scores were extracted from six out of eight significant clusters (see “Methods and materials”). The between-group comparisons after the task were significant in all clusters (ps < 0.01), and no group differences were shown before the task.

Table 3 Differential changes in the functional connectivity between BPD and NPC after the emotion regulation task

| Region                              | L/R | BA  | Peak voxel coordinates (Talairach) | Size (mm³) | \( F \) |
|-------------------------------------|-----|-----|-----------------------------------|------------|-------|
| Superior frontal gyrus              | R   | 6   | 17, 22                            | 748        | 11.87 |
| Cuneus                              | R   | 19  | 20, -83                           | 662        | 10.63 |
| (Posterior) Cingulate gyrus         | L   | 31  | -1, -32                           | 2650       | 14.71 |
| Medial prefrontal gyrus             | R   | -   | 2, 49                             | 2271       | 14.67 |
| Superior parietal lobule            | L   | 7   | -16, -56                          | 1290       | 15.08 |
| Inferior frontal gyrus              | L   | 45  | -58, 13                           | 481        | 11.64 |
| Superior temporal gyrus             | L   | 42  | -67, -13                          | 544        | 12.74 |
| Inferior temporal gyrus             | L   | 20  | -61, -23                          | 484        | 12.97 |

Statistical maps are corrected at the cluster level (\( p = 0.05; k = 459 \text{ mm}^3 \)). Anatomical labels of the peak voxel coordinates are identified with the “nearest gray matter” option in the Talairach Client (www.talairach.org) [50]. BA Brodmann area; R right hemisphere; L left hemisphere.
Change in the functional connectivity and BPD characteristics

The correlation analysis did not show significant associations between the severity of BPD pathology, including baseline level of dissociation, and any of the clusters retrieved from the group × time interaction. Subsequently, we tested the hypothesis that BPD characteristics are not associated with changes in the network of differential effects between BPD and NPC, but rather with the network that showed a putative response for BPD patients. Therefore, we performed a whole-brain correlation analysis with the mask of the network that showed significantly increased resting-state functional connectivity of the amygdala after the task in the BPD group (see “Methods and materials”). Positive association is shown in hot colors, whereas cold colors indicate negative association. The two r-maps were overlaid with the map of the conjunction analysis (see “Methods and materials”), which is depicted in yellow. Statistical maps were overlaid on an anatomical image averaged over all participants in the Talairach standard space, according to the radiological convention.

Fig. 4 Correlational analyses of the change in the functional connectivity and BPD characteristics. a Depicts the correlation analysis between the magnitude of change in the amygdala resting-state functional connectivity after the task and the severity of the BPD psychopathology (BPDSI). b Depicts the correlation analysis with the severity of the reported childhood traumatic events (ITEC). The r-maps were corrected at the cluster level (\( p = 0.05; k = 270 \) and 351 mm³ for the map of BPDSI and ITEC, respectively) and restricted to the mask of the network that showed significantly increased resting-state functional connectivity of the amygdala after the task in the BPD group (see “Methods and materials”). Positive association is shown in hot colors, whereas cold colors indicate negative association. The two r-maps were overlaid with the map of the conjunction analysis (see “Methods and materials”), which is depicted in yellow. Statistical maps were overlaid on an anatomical image averaged over all participants in the Talairach standard space, according to the radiological convention.

Increase in the level of dissociation in BPD patients after versus before scanning was positively associated with the change of coupling between the amygdala and two clusters retrieved from the interaction: inferior frontal gyrus \( (r = 0.34, p = 0.025) \) and superior temporal gyrus with the ITEC. Again, no significant association was found between ITEC and any of the clusters of the group × time interaction. When using the mask of post-task amygdala rsFC network observed in BPD, we found a negative association of the ITEC with the magnitude of change in the amygdala rsFC with the ventral part of the left insula \( [r(46) = -0.52, p < 0.001; \text{peak coordinates Tal: } -34, -2, -2; \text{ Fig. 4b}] \).

The two clusters showed minimal overlap with the clusters of the left middle frontal gyrus and the left insula that were retrieved from our conjunction analysis representing a common network of post-task changes of the BPD and NPC (Fig. 4c). These findings suggest that the severity of BPD psychopathology and childhood traumatic are associated with the changes of the intrinsic amygdala connectivity that are putative for BPD but not for NPC.
(\(r = 0.33, p = 0.030\)), demonstrating in BPD stronger amygdala rsFC with more change in dissociation. However, these results did not survive Bonferroni correction. Hence, similarly to the previous analyses, we performed whole-brain analysis with the mask of post-task amygdala rsFC network observed in BPD. We did not observe any significant results. These findings suggest that in BPD patients increased level of dissociation after scanning does not significantly contribute to their altered change of amygdala rsFC.

**Diagnosis specificity: comparison with cluster-C personality disorders patients**

From the behavioral measures, we observed a weak trend toward a significant difference between the passive viewing and regulation condition across stimulus categories in CPD patients (M = 11.74, SD = 28.46, \(t(20) = 1.89, p = 0.07\)). There was no significant difference between CPD and BPD (\(p = 0.98\)) as well as NPC (\(p = 0.63\)) in the difference between the passive viewing and regulation condition, which suggests that the difference score is similar in magnitude and failed to reach significance in CPD likely due to smaller number of participants. The amygdala rsFC network observed in CPD before and after the task was similar to the patterns observed in the BPD and NPC (Fig. S3b). The interaction analysis between BPD and CPD patients did not yield significant results after Bonferroni correction. We additionally performed a conjunction analysis of the whole-brain F-maps indicating the interaction effects BPD versus NPC and CPD versus NPC to explore whether there were common altered changes in the amygdala rsFC in both patients groups. Again, no significant results were observed. However, the uncorrected map (thresholded at \(p = 0.01\)) showed a cluster in the left vmPFC (peak coordinates Tal: \(-4, 43, -3\)). We used the z-scores extracted from the cluster in the subsequent post hoc analysis, using two-way mixed ANOVA with three groups and observed a significant time \(\times\) group interaction (\(p = 0.001\)). Only NPC exhibited a significant post-task increase in the amygdala rsFC with the cluster \([t(38) = 3.86; p < 0.001]\). The exploratory results suggest that effortful emotion regulation leads to an altered amygdala rsFC with the vmPFC that might be common for personality disorders characterized by emotional problems.

**Discussion**

In the present study, we investigated whether a cognitive emotion regulation task induces different changes of the amygdala rsFC with the PFC in BPD patients, compared to NPC. Although according to the behavioral results both groups reported similar change in their emotional state due to cognitive regulation, BPD patients exhibited a different post-task amygdala rsFC, which did not involve the brain network of pre-task differences between the groups. While NPC showed increased post-task amygdala rsFC with the medial, dorsolateral and ventrolateral PFC, and superior temporal gyrus, BPD patients exhibited a lack of change in this network. Compared to NPC, BPD patients surprisingly showed decreased post-task amygdala rsFC with the PCC and increased rsFC with the superior parietal lobule.

Effortful emotion regulation is a complex cognitive process that involves neuronal systems responsible for emotion generation and regulation [29, 51]. The amygdala is a key node detecting potential threats [52, 53], and together with the striatum, anterior insula and dACC forms a salience network [15], which selects stimuli as relevant for current goals and thus initiates subsequent regulatory mechanisms subserved by a fronto-parietal cognitive control network [54]. We observed in NPC that our emotion regulation task induced changes in the amygdala rsFC patterns that involved both the emotion generating and regulatory networks. Hence, we infer that such enduring changes reflect employment of neuronal circuits, which subserve the complete process of effortful emotion regulation including the generation (i.e., effects of passive viewing or presentation of different stimulus categories) and regulation of emotions, as these components could not be strictly disentangled.

In light of this, BPD patients seem to modulate their emotions with different brain networks. They showed altered post-task amygdala rsFC with the dIPFC, vIPFC, and temporal cortex that comprise the cognitive control network used to maintain, select, evaluate, and reinterpret the emotion-related representations retrieved from the lateral temporal cortex [27, 29]. Moreover, when BPD patients are confronted with the effortful emotion regulation task, they exhibit additional post-task cross-talk between the amygdala and superior parietal lobule, which is implicated in attention [55, 56] and episodic memory retrieval [57]. Additionally, the more severe the condition of BPD according to the BPDSI, the more areas of the left middle frontal gyrus within the post-task intrinsic amygdala network was observed. We speculate that severely affected BPD patients engaged more the middle frontal gyrus to maintain their reappraisals in working memory [27, 28] due to following reasons. Over the course of the task, the passive viewing condition can induce (un-)intentional regulation in patients who are emotionally hyperreactive [e.g., 33, 58, 59] and/or the regulation cannot be terminated by the impaired inhibitory loop, which involves the vIPFC, when a goal-appropriate reappraisal has been selected [60]. To overcome this deficit, BPD patients might employ a compensatory but maladaptive strategy, such as dissociation, which typically occur due to overwhelming emotions in stressful situations.
While previous research shows that dissociation is associated with rsFC and predicts changes in brain activity due to emotional tasks [13, 14, 19], in the current study, we did not find evidence for similar associations. Yet, these associations might become apparent when BPD patients encounter emotional challenge. To this end, we additionally explored whether increased dissociation after scanning is associated with differential change of the rsFC in BPD. Although this additional analysis did not survive correction for multiple comparisons, it is noteworthy for future studies to report that increased dissociation was moderately associated with increased amygdala rsFC with the inferior frontal gyrus and superior temporal gyrus. While these findings might potentially indicate a tendency for a compensatory mechanism in BPD, they are speculative and should be taken with caution.

It is assumed that the cognitive control network of effortful emotion regulation modulates the amygdala activity indirectly via the vmPFC [29, 30, 62]. The amygdala is extensively interconnected with the mPFC [63], and its FC strength predicts lower levels of anxiety and effective emotion regulation [64]. Previously, Kamphausen et al. [11] reported that an exaggerated amygdala response to threat in BPD patients is associated with a failure of the regulatory amygdala–mPFC connectivity loop. Similarly, the present results show that enduring effects of emotion regulation in BPD are absent in the amygdala–mPFC circuit. The plausible dysfunction of this network may underlie impaired cognitive emotion regulation in BPD patients. Although the altered neurocognitive component of effortful emotion regulation might be specific for BPD [16], our results suggest that the direct regulation of the amygdala by vmPFC seems to be common for other personality disorders characterized by emotional problems.

Effortful emotion regulation induced altered post-task changes of the intrinsic amygdala connectivity with the PCC, which we did not expect. The PCC is a key node in the default mode network (DMN) and has been implicated in self-referential processing and autobiographical memory [65, 66]. Veer et al. [24] reported increased amygdala rsFC with PCC and the adjacent precuneus after acute social stress in NPC, which after the task might promote the evaluation of emotionally salient events stored in autobiographical memory to prepare for future challenges. Individuals who experienced childhood maltreatment may not be able to benefit from such an adaptive strategy [67]. Childhood abuse and neglect is prevalent in BPD patients [68] and contributes to their emotion dysregulation [69]. BPD patients also show evidence for altered self-referential processing at rest [13, 19] and during pain, which is associated with dissociation [70], likely influenced by childhood traumatization [71]. Although we did not find the severity of early-life abuse and neglect in BPD patients to be associated with post-task changes in the amygdala rsFC with the PCC, a negative association was observed in the left insula, a brain region implicated in somatosensory processing and interoception [72] and responsible for switching between the DMN and frontal-parietal control network [73]. Hence, we speculate that BPD patients tend to avoid self-related appraisals of salient emotional stimuli, which might be partly mediated by their blunted affect caused by childhood maltreatment. Future studies could directly investigate brain connectivity of the intertwined relations between emotion, autobiographical memory, and childhood abuse and neglect in BPD [cf., 74, 75].

Limitations

In the current study, we included only females, which hampers generalizability to males. Second, the BPD patients represented a rather heterogeneous group given the presence of co-occurring disorders, with most prominent depression and substance abuse. Comorbid Axis I disorders are typical in BPD, and BPD patients without Axis I co-occurring disorders are rare and not representative for the disorder. As a consequence, we cannot exclude the possibility that our results might be affected by these comorbidities. Furthermore, left-handed participants were included in the study. A third limitation of our study pertains to the possible impact of medication intake, which might have influenced the intrinsic organization of connectivity networks [76]. However, to recruit a representative and severe clinical sample we did not exclude patients on medication. We performed additional analyses within the BPD group, medicated versus non-medicated, to exclude acute effects of medication on our results, as adding medication as a covariate could remove some substantial part of the variance associated with group differences. Fourth, we have reported all results at a relatively lenient initial threshold of $p < 0.01$ and corrected for multiple comparisons at cluster level at $p < 0.05$. However, to limit the possibility of false positives we restricted the interpretation of only those interaction effects that were based on an effect of the task in at least one group regardless potential group differences. Finally, we should always be cautious about the interpretation of the amygdala FC, because the blood-oxygenation level-dependent signal of the amygdala is susceptible to physiological confounds due to its proximity to draining veins. Of note, the results of the correlation analyses should be interpreted with some caution, because of a small sample size.

Conclusion

In BPD patients, the emotion regulation task failed to increase amygdala intrinsic FC with brain regions essential
for effortful emotion regulation, which suggests: (a) altered cognitive control typically used to indirectly alleviate distress by interpreting the meaning of emotional stimuli; (b) impaired direct regulation of emotional responses, which might be common for personality disorders; (c) avoidance of self-related appraisals induced by social emotional stimuli. The lack of enduring post-task effects in BPD patients in these networks might hamper their cognitive control over subsequent emotional challenge. These findings portray a complex picture and vicious circle of avoidance of self-related appraisals induced by social emotional stimuli. The lack of enduring post-task effects in BPD patients in these networks might hamper their cognitive control over subsequent emotional challenge. These findings portray a complex picture and vicious circle of emotional dysregulation in BPD.

Acknowledgements This work has been conducted in the program “Open Research Area in the Social Sciences”, funded by the Netherlands Organization for Scientific Research (NWO) [464-10-080] and the German Research Foundation [JA1785/3-1].

Compliance with ethical standards

Conflicts of interest The authors declare that they have no conflict of interest.

Ethical approval This work has been approved by the medical ethical committees.

Informed consent All participants gave their written informed consent prior to their inclusion in the study.

Open Access This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made.

References

1. Trull TJ, Jahng S, Tomko RL, Wood PK, Sher KJ (2010) Revised NESARC personality disorder diagnoses: gender, prevalence, and comorbidity with substance dependence disorders. J Pers Disord 24:412–426. doi:10.1521/pedi.2010.24.4.412
2. Lenzenweger MF, Lane MC, Loranger AW, Kessler RC (2007) DSM-IV personality disorders in the national comorbidity survey replication. Biol Psychiatry 62:553–564. doi:10.1016/j.biopsych.2006.09.019
3. American Psychiatric Association (2013) Diagnostic and statistical manual of mental disorders. American Psychiatric Association, Arlington
4. Carpenter RW, Trull TJ (2013) Components of emotion dysregulation in borderline personality disorder: a review. Curr Psychiatry Rep 15:335. doi:10.1007/s11920-012-0335-2
5. Linehan MM (1993) Cognitive-behavioral treatment of borderline personality disorder. Guilford Press, New York
6. Sebastian A, Jacob G, Lieb K, Tuscher O (2013) Impulsivity in borderline personality disorder: a matter of disturbed impulse control or a facet of emotional dysregulation? Curr Psychiatry Rep 15:339
7. Krause-Utz A, Winter D, Niedtfeld I, Schmahl C (2014) The latest neuroimaging findings in borderline personality disorder. Curr Psychiatry Rep 16:438. doi:10.1007/s11920-014-0438-z
8. Schulze L, Schmahl C, Niedtfeld I (2015) Neural correlates of disturbed emotion processing in borderline personality disorder: a multimodal meta-analysis. Biol Psychiatry 69:564–573. doi:10.1016/j.biopsych.2015.03.027
9. van Zutphen L, Siep N, Jacob GA, Goebel R, Arntz A (2015) Emotional sensitivity, emotion regulation and impulsivity in borderline personality disorder: a critical review of fMRI studies. Neurosci Biobehav Rev 51C:64–76. doi:10.1016/j.neubiorev.2015.01.001
10. Cullen KR, Vizueta N, Thomas KM, Han GJ, Lim KO, Cambond J, Mueller BA, Bell CH, Heller MD, Schulz SC (2011) Amygdala functional connectivity in young women with borderline personality disorder. Brain Connect 1:61–71. doi:10.1089/brain.2010.0001
11. Kamphausen S, Schroder P, Maier S, Bader K, Feige B, Kaller CP, Glauche V, Ohlendorf S, Tebartz van Elst L, Kloppel S, Jacob GA, Silbersweig D, Lieb K, Tuscher O (2013) Medial prefrontal dysfunction and prolonged amygdala response during instructed fear processing in borderline personality disorder. World J Biol Psychiatry 14(307–318):S301–S304. doi:10.3109/15629752.2012.665174
12. Niedtfeld I, Kirsch P, Schulze L, Herpertz SC, Bohus M, Schmahl C (2012) Functional connectivity of pain-mediated affect regulation in borderline personality disorder. PLoS ONE 7:e33293. doi:10.1371/journal.pone.0033293
13. Krause-Utz A, Veer IM, Rombouts SA, Bohus M, Schmahl C, Elzinga BM (2014) Amygdala and anterior cingulate resting-state functional connectivity in borderline personality disorder patients with a history of interpersonal trauma. Psychol Med 44:2889–2901. doi:10.1017/s0033291714000324
14. Krause-Utz A, Elzinga BM, Oei NY, Paret C, Niedtfeld I, Spin-hoven P, Bohus M, Schmahl C (2014) Amygdala and dorsal anterior cingulate connectivity during an emotional working memory task in borderline personality disorder patients with interpersonal trauma history. Front Hum Neurosci 8:848. doi:10.3389/fnhum.2014.00848
15. Menon V (2015) Salience network. In: Toga AW (ed) Brain mapping: an encyclopedic reference. Academic Press, Elsevier, pp 597–611
16. Das P, Calhoun V, Malhi GS (2014) Bipolar and borderline patients display differential patterns of functional connectivity among resting state networks. NeuroImage 98:73–81. doi:10.1016/j.neuroimage.2014.04.062
17. Doll A, Sorg C, Manoliu A, Woller A, Meng C, Forstl H, Zimmer C, Wohlschlager AM, Riedl V (2013) Shifted intrinsic connectivity among resting state networks. Neuroimage 98:73–81. doi:10.1016/j.neuroimage.2014.04.062
18. Salvador R, Vega D, Pascual JC, Marco J, Canales-Rodriguez EJ, Aguilar S, Anguera M, Soto A, Ribas J, Soler J, Maristany T, Rodriguez-Fornells A, Pomerol-Clotet E (2014) Converging medial frontal resting state and diffusion-based abnormalities in borderline personality disorder. Biol Psychiatry 79:107–116. doi:10.1016/j.biopsych.2014.08.026
19. Wolf RC, Sambataro F, Vasic N, Schmid M, Thomann PA, Bientmuller SD, Wolf ND (2011) Aberrant connectivity of resting-state networks in borderline personality disorder. J Psychiatry Neurosci 36:402–411. doi:10.1503/jpn.100150
20. Hutchison RM, Womelsdorf T, Allen EA, Bandettini PA, Calhoun VD, Corbetta M, Della Penna S, Duyn JH, Glover GH, Gonzalez-Castillo J, Handwerker DA, Keilholz S, Kiviniemi V, Leopold DA, de Pasquale F, Sporns O, Walter M, Chang C (2013) Dynamic
functional connectivity: promise, issues, and interpretations. Neuroimage 80:360–378. doi:10.1016/j.neuroimage.2013.05.079
21. Grigg O, Grady CL (2010) Task-related effects on the temporal and spatial dynamics of resting-state functional connectivity in the default network. PLoS ONE 5:13131. doi:10.1371/journal.pone.0013131
22. Lewis CM, Baldassarre A, Committeri G, Romani GL, Corbetta M (2009) Learning sculpts the spontaneous activity of the resting human brain. Proc Natl Acad Sci U S A 106:17558–17563. doi:10.1073/pnas.0902455106
23. Cremers HR, Veer IM, Spinphvon P, Rombouts SA, Yarkoni T, Wager TD, Roelofs K (2015) Altered cortical-amygdala coupling in social anxiety disorder during the anticipation of giving a public speech. Psychol Med 45:1521–1529. doi:10.1017/S0033291714002165
24. Veer IM, Oei NY, Spinphvon P, van Buchem MA, Elzinga BM, Rombouts SA (2011) Beyond acute social stress: increased functional connectivity between amygdala and cortical midline structures. Neuroimage 57:1534–1541. doi:10.1016/j.neuroimage.2011.05.074
25. Tambini A, Ketz N, Davachi L (2010) Enhanced brain correlations during rest are related to memory for recent experiences. Neuro 65:280–290. doi:10.1016/j.neuro.2010.01.001
26. Gordon EM, Breeden AL, Bean SE, Vaidya CJ (2014) Working memory-related changes in functional connectivity persist beyond task disengagement. Hum Brain Mapp 35:1004–1017. doi:10.1002/hbm.22230
27. Buhle JT, Silvers JA, Wager TD, Lopez R, Onyemekwu C, Koher H, Weber J, Ochsner KN (2014) Cognitive reappraisal of emotion: a meta-analysis of human neuroimaging studies. Cereb Cortex 24:2981–2990. doi:10.1093/cercor/bht154
28. Kohn N, Eickhoff SB, Scheller M, Laird AR, Fox PT, Habel U (2014) Neural network of cognitive emotion regulation—an alle meta-analysis and MACM analysis. Neuroimage 87:345–355. doi:10.1016/j.neuroimage.2013.11.001
29. Ochsner KN, Silvers JA, Buhle JT (2012) Functional imaging studies of emotion regulation: a synthetic review and evolving model of the cognitive control of emotion. Ann N Y Acad Sci 1251:E1–E24. doi:10.1111/j.1749-6632.2012.06751.x
30. Urry HL, van Reekum CM, Johnstone T, Kalin NH, Thurow ME, Schaefer HS, Jackson CA, Frye CJ, Greischar LL, Alexander AL, Davidson RJ (2006) Amygdala and ventromedial prefrontal cortex are inversely coupled during regulation of negative affect and predict the diurnal pattern of cortisol secretion among older adults. J Neurosci 26:4415–4425. doi:10.1523/JNEUROSCl.3215-05.2006
31. Banks SJ, Eddy KT, Angstadt M, Nathan PJ, Phan KL (2007) Amygdala-frontal connectivity during emotion regulation. Soc Cogn Affect Neurosci 2:303–312. doi:10.1093/scan/nsm029
32. Zanarini MC, Frankenburg FR, Dubo ED, Sickel AE, Trikha A, Levin A, Reynolds V (1998) Axis ii comorbidity of borderline personality disorder severity index IV: psychometric properties of the German version of the borderline personality disorder severity index–version iv. Psychopathology 49:396–403. doi:10.1159/0000345404
33. Ochsner KN, Bunge SA, Gross JJ, Gabrieli JD (2002) Rethinking feelings: an fMRI study of the cognitive regulation of emotion. J Cogn Neurosci 14:1215–1229. doi:10.1162/08989290276007212
34. A, van Gendemen H (2009) Schema therapy for borderline personality disorder. Wiley, Chichester
35. Bradley MM, Lang PJ (1994) Measuring emotion: the self-assessment manikin and the semantic differential. J Behav Ther Exp Psychiatry 25:49–59. doi:10.1016/0005-7916(94)90063-9
36. Stiglmayr CE, Shapiro DS, Stieglitz RD, Limberger MF, Bohus M (2001) Experience of aversive tension and dissociation in female patients with borderline personality disorder: a controlled study. J Psychiatr Res 35:111–118
37. Marowetz C, Holz P, Lange C, Baudewig J, Weniger G, Irle E, Dechent P (2008) Improved functional mapping of the human amygdala using a standard functional magnetic resonance imaging sequence with simple modifications. Magn Reson Imaging 26:45–53. doi:10.1016/j.mri.2007.04.014
38. Forman SD, Cohen JD, Fitzgerald M, Eddy WF, Mintun MA, Noll DC (1995) Improved assessment of significant activation in functional magnetic resonance imaging (fMRI): use of a cluster-size threshold. Magn Reson Med 33:636–647
39. Gotimer K, Biswal BB, Castellanos FX, Milham MP (2009) An organizational framework for fMRI data with brainvoyager QX: from single-subject to cortically aligned group general linear model analysis and self-organizing group independent component analysis. Hum Brain Mapp 27:392–401. doi:10.1002/hbm.20249
40. Roy AK, Shehzad Z, Margulies DS, Kelly AM, Uddin LQ, Gotimer K, Biswal BB, Castellanos FX, Milham MP (2009) Functional connectivity of the human amygdala using resting state fMRI. Neuroimage 45:614–626. doi:10.1016/j.neuroimage.2008.11.030
41. Lancaster JL, Woldorff MG, Parsons LM, Laittie M, Freitas CS, Rainey, L, Kuchunov, PV, Nickerson D, Mikiten SA, Fox, PT (2000) Automated Talairach atlas labels for functional brain mapping. Hum Brain Mapp 10:120–131. doi:10.1002/0007-1598(200007)
42. Ekkin A, Buchel C, Gross JJ (2015) The neural bases of emotion regulation. Nat Rev Neurosci 16:693–700. doi:10.1038/nrneuro.2005.09.025
35. Giesen-Bloo JH, Wachters LM, Schouten E, Arntz A (2010) The
53. Phillips ML, Drevets WC, Rauch SL, Lane R (2003) Neurobiology of emotion perception I: the neural basis of normal emotion perception. Biol Psychiatry 54:504–514
54. Ochsner KN, Ray RR, Hughes B, McRae K, Cooper JC, Weber J, Gabrieli JD, Gross JJ (2009) Bottom-up and top-down processes in emotion generation: common and distinct neural mechanisms. Psychol Sci 20:1322–1331. doi:10.1111/j.1467-9280.2009.02459.x
55. Han S, Jiang Y, Gu H, Rao H, Mao L, Cui Y, Zhai R (2004) The role of human parietal cortex in attention networks. Brain 127:650–659. doi:10.1093/brain/awh071
56. Corbetta M, Shulman GL (2002) Control of goal-directed and stimulus-driven attention in the brain. Nat Rev Neurosci 3:201–215. doi:10.1038/nrn755
57. Cabeza R, Ciaramelli E, Olson IR, Moscovitch M (2008) The parietal cortex and episodic memory: an attentional account. Nat Rev Neurosci 9:613–625. doi:10.1038/nrn2459
58. Donegan NH, Sanislow CA, Blumberg HP, Fulbright RK, Lacadie C, Olson IR, McGlashan TH, Wexler BE (2003) Amygdala hyperreactivity in borderline personality disorder: implications for emotional dysregulation. Biol Psychiatry 54:1284–1293
59. Herpertz SC, Dietrich TM, Wenning B, Erberich SG, Willmes K, Thron A, Sass H (2001) Evidence of abnormal amygdala functioning in borderline personality disorder: a functional MRI study. Biol Psychiatry 50:292–298
60. Morawetz C, Bode S, Baudewig J, Kirilina E, Heekeren HR (2015) Changes in effective connectivity between dorsal and ventral prefrontal regions moderate emotion regulation. Cereb Cortex. doi:10.1093/cercor/bhv005
61. Lanius RA, Vermetten E, Loewenstein RJ, Brand B, Schmahl C, Bremner JD, Spiegel D (2010) Emotion modulation in PTSD: clinical and neurobiological evidence for a dissociative subtype. Am J Psychiatry 167:640–647. doi:10.1176/appi.ajp.2009.09081168
62. Motzkin JC, Philippi CL, Wolf RC, Baskaya MK, Koenigs M (2015) Ventromedial prefrontal cortex is critical for the regulation of amygdala activity in humans. Biol Psychiatry 77:276–284. doi:10.1016/j.biopsych.2014.02.014
63. Ghashghaei HT, Hilgetag CC, Barbas H (2007) Sequence of information processing for emotions based on the anatomic dialogue between prefrontal cortex and amygdala. Neuroimage 34:905–923. doi:10.1016/j.neuroimage.2006.09.046
64. Kim MJ, Loucks RA, Palmer AL, Brown AC, Solomon KM, Marchante AN, Whalen PJ (2011) The structural and functional connectivity of the amygdala: from normal emotion to pathological anxiety. Behav Brain Res 223:403–410. doi:10.1016/j.bbr.2011.04.025
65. Buckner RL, Carroll DC (2007) Self-projection and the brain. Trends Cogn Sci 11:49–57. doi:10.1016/j.tics.2006.11.004
66. Cavanna AE, Trimble MR (2006) The precuneus: a review of its functional anatomy and behavioural correlates. Brain 129:564–583. doi:10.1093/brain/awl004
67. van der Werff SJ, Pannekoek JN, Veer IM, van Tol MJ, Aleman A, Veltman DJ, Zitman FG, Rombouts SA, Elzinga BM, van der Wee NJ (2013) Resting-state functional connectivity in adults with childhood emotional maltreatment. Psychol Med 43:1825–1836. doi:10.1017/S0033291712002942
68. Zanarini MC, Yon L, Frankenburg FR, Hennen J, Reich DB, Marino MF, Vujanovic AA (2002) Severity of reported childhood sexual abuse and its relationship to severity of borderline psychopathology and psychosocial impairment among borderline inpatients. J Nerv Ment Dis 190:381–387
69. Fernando SC, Beblo T, Schlosser N, Terfehr K, Otte C, Lowe B, Wolf OT, Spitzer C, Driessen M, Wingenfeld K (2014) The impact of self-reported childhood trauma on emotion regulation in borderline personality disorder and major depression. J Trauma Dissociation 15:384–401. doi:10.1080/15299732.2013.863262
70. Kluefelsc RH, Schmahl C, Niedtfeld I, Densmore M, Calhoun VD, Daniels J, Kraus A, Ludaescher P, Bohus M, Lanius RA (2012) Alterations in default mode network connectivity during pain processing in borderline personality disorder. Arch Gen Psychiatry 69:993–1002. doi:10.1001/archgenpsychiatry.2012.476
71. Vermetten E, Spiegel D (2014) Trauma and dissociation: implications for borderline personality disorder. Curr Psychiatry Rep 16:434. doi:10.1007/s11920-013-0434-8
72. Craig AD (2009) How do you feel–now? The anterior insula and human awareness. Nat Rev Neurosci 10:59–70. doi:10.1038/nrn2555
73. Uddin LQ (2015) Salience processing and insular cortical function and dysfunction. Nat Rev Neurosci 16:55–61. doi:10.1038/nrn3857
74. Winter D, Elzinga B, Schmahl C (2014) Emotions and memory in borderline personality disorder. Psychopathology 47:71–85. doi:10.1159/000356360
75. Jones B, Heard H, Startup M, Swales M, Williams JM, Jones RS (1999) Autobiographical memory and dissociation in borderline personality disorder. Psychol Med 29:1397–1404
76. Phillips ML, Travis MJ, Fagiolini A, Kuper DJ (2008) Medication effects in neuroimaging studies of bipolar disorder. Am J Psychiatry 165:313–320. doi:10.1176/appi.ajp.2007.07071066