Visual attention for social information and salivary oxytocin levels in preschool children with autism spectrum disorders: an eye-tracking study

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This study was designed to ascertain the relationship between visual attention for social information and oxytocin (OT) levels in Japanese preschool children with autism spectrum disorder (ASD). We hypothesized that poor visual attention for social information and low OT levels are crucially important risk factors associated with ASD. We measured the pattern of gaze fixation for social information using an eye-tracking system, and salivary OT levels by the Enzyme-Linked Immunosorbent Assay (ELISA). There was a positive association between salivary OT levels and fixation duration for an indicated object area in a finger-pointing movie in typically developing (TD) children. However, no association was found between these variables in children with ASD. Moreover, age decreased an individual’s attention to people moving and pointed-at objects, but increased attention for mouth-in-the-face recognition, geometric patterns, and biological motions. Thus, OT levels likely vary during visual attention for social information between TD children and those with ASD. Further, aging in preschool children has considerable effect on visual attention for social information.

Keywords: oxytocin (OT), autism spectrum disorder (ASD), visual attention, preschool children, eye-tracking

INTRODUCTION
Oxytocin (OT), a neuropeptide secreted from the posterior pituitary, has physiological functions in labor and lactation, and there is increasing evidence that OT plays an important role in modulating social behavior in diverse species (Donaldson and Young, 2008; Insel, 2010). In humans, much research has suggested that OT facilitates the ability to infer the mental state of others from the eye region (i.e., Domes et al., 2007b; Guastella et al., 2008, 2010), and can even selectively enhance the memory encoding of faces (Rimmele et al., 2009). OT also modulates trust and generosity in interpersonal relationships (Kosfeld et al., 2005; Zak et al., 2005, 2007; Baumgartner et al., 2008; Kéri et al., 2009). In fact, OT affects the activation of brain areas responsible for emotion, mentalization, and cognitive control, including the amygdala and prefrontal cortex (Kirsch et al., 2005; Domes et al., 2007a; Baumgartner et al., 2008). In addition, oxytocin receptors (OXTR) are expressed in brain areas, such as medial prefrontal cortex (MPFC), dorsal anterior cingulate cortex (dACC), amygdala and dorsal striatum (Landgraf and Neumann, 2004; Skuse and Gallagher, 2009), that are involved in social behavior, including reproductive and maternal behaviors, affiliation and attachment, and reactivity to social stress in nonhuman mammals (Carter, 1998; Ferguson et al., 2000; Young and Wang, 2004). Further, OXTR gene polymorphisms were associated with prosocial behavior in a dictator game and in social value orientations tasks (Israel et al., 2009).

Autism spectrum disorder (ASD) is a common neurodevelopmental disorder affecting around 3.8/1000 boys and 0.8/1000 girls (Taylor et al., 2013). Revised diagnostic criteria for ASDs recently published in the latest Diagnostic and Statistical Manual of Mental Disorders (DSM-5), include two core areas: communication and social deficits, and fixed or repetitive behaviors (American Psychiatric Association, 2013). A core symptom of ASD is indeed the presence of early and persistent deficits in social interaction and social communication. Individuals with ASD experience difficulties in establishing and maintaining eye contact and in processing facial information and intentions (American Psychiatric Association, 2013). Individuals with ASD have particular difficulty in interpreting nonverbal social information such as facial expressions, vocal expressions (Doi et al., 2013), pointing gestures (Paparella et al., 2011), and body gestures (Centelles et al., 2012) that lead to severe social impairment (Hill and Frith, 2003). Recently, many studies have revealed relations between OT and social functioning (e.g., Muniesue et al., 2010; Higashida et al., 2012), and have devoted particular attention to OT as a candidate treatment for social impairments in patients with ASD. In fact, plasma OT levels in patients with ASDs are reportedly low (Modahl et al., 1998). Moreover, nasal administration of OT improve social impairments in patients with ASDs...
(Andari et al., 2010; Guastella et al., 2010; Kosaka et al., 2012; Watanabe et al., 2014).

Several studies have revealed that patients with ASD have impaired visual attention for social information when compared to individuals that have undergone typical development (e.g., Klin et al., 2002b, 2009; Nakano et al., 2010; Pierce et al., 2011; Jones and Klin, 2013; Sasson and Touchstone, 2014). In that context, eye-tracking technology can provide great benefits for investigating visual attention regarding social information in ASD. This approach enables researchers to measure, with high precision and accuracy, what a participant is looking at and for how long. Moreover, it offers an optimal balance between ecological validity and methodological constraints (Guillon et al., 2014). Eye-tracking is therefore a unique method to detect and characterize subtle variations in the spontaneous viewing patterns of individuals with ASD (Klin et al., 2002a, 2003). Moreover, eye-tracking technology is applicable for all populations, from infants to adults, irrespective of their level of non-verbal and verbal ability (Guillon et al., 2014). Therefore, the different aspects of visual attention for social information can be investigated similarly across various participant statuses, such as age, sex, and clinical condition.

The aim of this study was to investigate the relationship between visual attention for social information and salivary OT levels in preschool children with ASD compared to children with typical development. In terms of peripheral OT, studies have reported correlations between plasma and salivary OT concentrations in humans (Carter et al., 2007; Feldman et al., 2011). Although several studies have examined the relationship between social dysfunction and peripheral OT levels, or between social dysfunction and the pattern of visual attention using eye-tracking, the association between the two in preschool children with ASD compared to children with typical development remains unclear. Moreover, developmental patterns change with age, and sex differences could exist; thus, it is surprising that these aspects of ASD have not been investigated. Here, we measured the pattern of visual attention for social information and salivary OT levels using eye-tracking and Enzyme-Linked Immunosorbent Assay (ELISA), respectively, to investigate the relationship among these factors. We hypothesized that poor visual attention for social information and low salivary OT levels are crucially important risk factors associated with ASD.

MATERIALS AND METHODS

ETHICS STATEMENT

The Ethics Committee of the University of Fukui approved the study protocol (Assurance # FU24-123), and the parents of all participants gave written informed consent. The experimental protocol was conducted in accordance with the Declaration of Helsinki.

PARTICIPANTS

In this study, 19 preschool children with ASD (16 boys and 3 girls, mean age, 57.9 months; SD, 13.6 months) participated along with 60 typically developing (TD) preschoolers (28 boys and 32 girls, mean age, 48.1 months; SD, 22.7 months) (Table 1). Subjects in the ASD group were predominantly male (84%), whereas TD controls were skewed slightly female (53%). Six children (4 with ASD, 2 TD) were excluded from our final analyses because of non-compliance during testing, which was attributable to fewer than 50% of valid trials in the eye-tracking task or to insufficient saliva samples.

The patients were referred to our laboratory during 2013–2014 for examination of visual attention and OT measurement in saliva. All patients were referred from the Department of Child and Adolescent Psychological Medicine, University of Fukui Hospital. All participants’ race/ethnicity was Japanese. Diagnoses were made by one senior pediatric neurologist through interviews and reviews of clinical records, according to the DSM-5 (American Psychiatric Association, 2013). We assessed their developmental status using the developmental quotient (DQ) (Kyoto Scale of Psychological Development), PARS (Pervasive Developmental Disorders Autism Society Japan Rating Scale), and SDQ (Strength and Difficulties Questionnaire). The validity and reliability of the Japanese version of these scales were confirmed (Ikuzawa et al., 2002; Tsujii et al., 2006; Matsuishi et al., 2008; Izuka et al., 2010). The detailed characteristics of the participants included in the final analysis are summarized in Table 1.

To obtain data from normal age-matched typically developed controls, healthy preschool children were recruited as subjects from the community. Kindergarten students were targeted, and none had any physical problem or had encountered any abnormal developmental milestone.

MEASURES OF OT LEVELS IN SALIVA

Saliva samples were collected using Salivettes® (Sarstedt, Rommelsdorf, Germany). Parents were asked to put a roll of cotton in their child’s mouth and instructed their child to chew for 1 min until it was saturated with saliva. Two cotton samples were collected by repeating the chewing process twice. Saliva samples were frozen and stored at −80°C in the laboratory. Before the assay was run, saliva samples were lyophilized overnight and kept at −20°C to concentrate them 2–4 times. The dry samples were reconstructed in the assay buffer immediately before analysis using an OT enzyme immunoassay commercial kit (Assay Designs Inc., Ann Arbor, MI). These protocols were consistent with ASD. This approach enables researchers to measure, with high precision and accuracy, what a participant is looking at and for how long. Moreover, it offers an optimal balance between ecological validity and methodological constraints (Guillon et al., 2014). Eye-tracking is therefore a unique method to detect and characterize subtle variations in the spontaneous viewing patterns of individuals with ASD (Klin et al., 2002a, 2003). Moreover, eye-tracking technology is applicable for all populations, from infants to adults, irrespective of their level of non-verbal and verbal ability (Guillon et al., 2014). Therefore, the different aspects of visual attention for social information can be investigated similarly across various participant statuses, such as age, sex, and clinical condition.

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PROCEDURE
Testing was executed in a research laboratory located in the Research Center for Child Mental Development at University of Fukui. Children were seated (on a parent’s lap when younger than 18 months) 40 cm in front of the eye-tracking monitor. To obtain calibration information, children were first shown images of an animated animal that appeared in one of five locations on the screen. If the calibration quality was poor for any of these points, then the calibration process was repeated. Before the task, children were told that pictures of faces, people, and objects would be shown on the computer screen and that they should look at them without looking away for as long as possible. Stimulus movies were displayed in a definitive order. Before each trial, an attention-getting animation with a voice saying “Hey! Look!” was presented in the center of the screen to reorient their attention for stimuli.

STATISTICAL PROCEDURE
We computed the percentage of fixation durations on two AOIs as well as for other areas on the screen, and analyzed them as dependent variables of social attention relevant to the autistic phenotype. Analysis of visual attention for social information between the groups was then conducted using a separate repeated measures analysis of variance (ANOVA) for each primary variable, with a cue type (face, people, motion, and pointing) as the within-subjects variable and group (ASD, TD) as the between group variable. The significance level was set to $p < 0.05$. Statistical analyses were conducted using software (IBM SPSS 20.0 for Windows, Statistical Package for the Social Sciences; IBM).

RESULTS

TYPICAL DEVELOPMENT OF VISUAL ATTENTION FOR SOCIAL INFORMATION AND SALIVARY OT LEVELS
Mean values of salivary OT levels and the mean percentage of fixation durations for each category of social information in TD children are presented in Table 2, together with standard errors. Mean values of these variables by sex are also shown. For salivary OT levels and the percentage of fixation durations, we tested the effect of sex difference separately for each variable. First, for the salivary OT levels, no significant difference was observed [$t_{(56)} = 0.35, n.s.$], indicating that no sex difference of OT levels existed in either group. Next, for the face stimuli, a significant difference was observed in the % of fixation on the mouth [$t_{(56)} = 1.84, p < 0.10$], indicating that female TD children were more attentive to the mouth area in faces than male children, although no sex-related difference of attention for the eye area was found between groups [$t_{(56)} = 0.93, n.s.$]. For the people and geometry stimuli, a significant difference was observed in the % of fixation on people stimuli [$t_{(56)} = 3.42, p < 0.001$], indicating that female TD children were more attentive to people moving than male children; however, no sex-related difference in attention for geometry patterns was found between groups [$t_{(56)} = 1.52, n.s.$]. For bodily motion stimuli, a significant difference was observed in the fixation % on stimuli of upright positions [$t_{(56)} = 3.10, p < 0.01$], indicating that female TD children were more attentive to biological motion than were male children, although no sex-related difference in attention for inverted presentation of bodily motion was found between groups [$t_{(56)} = 0.38, n.s.$]. Finally, for finger-pointing stimuli, a significant difference was observed in the % of fixation on pointed objects [$t_{(56)} = 2.38, p < 0.05$], indicating
that female TD children were more attentive to pointed-at objects than male children; however, no sex difference of attention for non-pointed-at objects was found between groups \( [t_{56} = 0.66, n.s.] \).

Next, we investigated aging effects for salivary OT levels and fixation durations for each social measure in order to address whether the pattern of attention for social information is dependent on age. We also wanted to address this since the relationship between OT levels and aging in infant and preschool children remains unclear. The correlation coefficients between age, salivary OT levels, and each variable of fixation duration are also presented in Table 2. First, no significant correlation was found between age and OT levels. Next, for fixation durations, a significant positive correlation was observed for mouth area of the facial stimuli, geometric pattern stimuli, and upright body position. Significant negative correlations were found for stimuli showing people moving and pointed-at objects in finger-pointing stimuli. These results suggest that aging reduces attention for human movement and for pointed-at objects, but that aging increases a TD child’s attention for mouths, geometric patterns, and biological motion. Finally, a significant correlation of salivary OT levels was found only with the fixation % of pointed-at objects in finger-pointing stimuli. To exclude the effects of sex and age, we calculated partial correlation coefficients between salivary OT levels and the % of pointed-at objects, controlled by sex and age. Results showed significant partial correlation coefficients between the variables, indicating that children with high OT levels were more attentive to the pointed-at object than children with low OT levels (Figure 2).

**DEVELOPMENT OF VISUAL ATTENTION FOR SOCIAL SIGNALS AND OT LEVELS WITH ASD**

Together with standard errors, mean values of salivary OT and proportions of gaze fixations for each category of social information in children with ASD are presented in Table 3. Mean values of these parameters grouped by sex are also shown.

For salivary OT levels and gaze fixation, we first tested whether there was an effect of sex on each parameter. No significant difference was observed for salivary OT levels \( [t_{56} = 0.35, n.s.] \), indicating a lack of sex difference among OT levels in both groups.

Regarding the relationship between age, salivary OT levels, and respective gaze fixation parameters, the correlation coefficients for these variables are presented in Table 3. First, no significant correlation was found between age and OT levels, as it was for TD children. For variables of gaze fixation, a significant negative
correlation was found only for the fixation % of people moving. This result suggests that aging in children with ASD also decreases attention for people moving as it does in TD children. Finally, for salivary OT levels, a marginally significant correlation was found with the % of fixation on eyes in the facial stimuli, indicating that children with ASD and high OT levels were more attentive to the eye area in terms of facial recognition than children with low OT levels.

**COMPARISON OF VISUAL ATTENTION FOR SOCIAL SIGNALS AND OT LEVELS IN TD CHILDREN AND THOSE WITH ASD**

To examine the interaction among sex and developmental status for OT levels and the fixation duration for social information, the ratio of the percentage of fixation duration for each category was calculated as the dependent variable: Face, eyes-to-mouth; People and Geometry, people-to-geometry; Biological motion, upright-to-inverted; Finger pointing, pointed-to-non-pointed. Subsequently a Two-Way (2 × 2) ANOVA was conducted with sex (male, female) and development status (patients, controls) as between-subjects factors.

First, for salivary OT levels, there was no main effect of sex (p = 0.693) or developmental status (p = 0.449), and no sex × developmental status interaction (p < 0.897) (Figure 3A).

Next, regarding fixation variables, analysis of the eyes-to-mouth ratio in the face stimuli showed no main effect of either sex (p = 0.223) or developmental status (p = 0.979), and no sex × developmental status interaction (p = 0.790) (Figure 3B). Analysis of the people-to-geometry ratio showed a main effect of sex [F[1, 69] = 9.73, p < 0.01], but no main effect of developmental status (p = 0.815) or sex × group interaction (p = 0.118), indicating that female children were more attentive to people moving than male children, irrespective of developmental status (Figure 3C). Analysis of upright-to-inverted biological motion showed no main effect of sex (p = 0.066), developmental status [F[1, 69] = 3.96, p < 0.05], or sex × group interaction (p = 0.455), indicating that children with ASD were more attentive to biological motion than TDs irrespective of the sex group (Figure 3D). Analysis of pointed-to-non-pointed ratio showed no main effect of sex (p = 0.323), development status (p = 0.907), or sex × developmental status interaction (p = 0.385) (Figure 3E).

**DISCUSSION**

This study examined the relationship between gaze fixation for social information and OT levels in preschool children with ASD or typical development. The results revealed a positive association between salivary OT levels and % pointed-at object area in TD children, although no association was found between these variables in children with ASDs. Thus, TD children with high OT levels pay more attention to a pointed-at object than do those with low OT levels. Most gaze fixation variables were dependent on age, with results revealing a positive association of the % fixation on mouths, geometric patterns, and biological motion. In contrast, a negative association was found between age and the % of fixation on people and pointed-at objects in TD children. Although there was a negative association between age and the fixation duration on people in children with ASD, those tendencies were clearer in TD than in ASD. These results suggest that attention for people moving and pointed-at objects decreases with aging in preschool children, although attention for the mouth, geometric patterns, and biological motion increased with age.

Many previous studies have suggested that OT has a positive effect on attention for social information (Domes et al., 2007a,b; Donaldson and Young, 2008; Guastella et al., 2008; Insel, 2010). Earlier studies also suggested that impairments in social
functioning of patients with ASDs were related to dysfunction of the OT mechanism (Andari et al., 2010; Guastella et al., 2010; Kosaka et al., 2012). Moreover, several studies have revealed that patients with ASD have poorer or different visual attention for social information than the amount of visual attention expected to result from typical development (Klin et al., 2002a, 2003). In that context, eye-tracking technology presents numerous advantages for investigating visual social attention in ASD (Guillon et al., 2014). This report is the first study to clarify the association between the pattern of visual attention for social information and OT levels in preschool children with ASD and TD.

We also found a positive association between salivary OT levels and % pointed object areas in the pointing gesture movie for TD children. The ability to follow pointing gestures by others is a significant component in establishing joint attention (Paparella et al., 2011), and various studies have reported a deficit in joint attention as one of the salient signs of ASDs (Warreyn et al., 2007; Redcay et al., 2013). Although there is no direct evidence that OT has a positive effect on joint attention, the idea that social motivation deficits play a central role in ASD has recently gained increasing interest (Chevallier et al., 2012), and it has also been suggested that OT may have a positive effect on enhancing social motivation including joint attention (Stavropoulos and Carver, 2013). In addition, although previous studies have suggested that the mPFC and posterior superior temporal sulcus (pSTS) mediate joint attention (Redcay et al., 2013), recent brain imaging studies have shown that mPFC and pSTS were more activated for social literacy when OT was administered (Gordon et al., 2013). Moreover, several findings have suggested that OXTRs are abundant in the mPFC compared with other brain regions (Skuse and Gallagher, 2009). These findings suggest a positive OT effect for joint attention. Hence, an increase in OT levels may induce enhanced gaze duration at a pointed object.

In the current study, the pattern of visual attention for social information was affected not only by OT levels, but also by age or sex, the development of which represents interactions between these variables. However, results of previous studies have suggested that children with ASD have less attention for social information than TD children; especially for social information variables related to the eyes (Jones and Klin, 2013), people relative to a geometric pattern (Pierce et al., 2011), and biological motion (Klin et al., 2002a,b). In terms of aging effects, our results revealed a positive association with people moving, eye area on the face, and pointed-at objects, and a negative association with geometric patterns in TD preschoolers. These results suggest reduced attention for social information with aging, although this has not received much attention at this point. Furthermore, although this tendency was also observed in children with ASD, the results were not clear because of the insufficient number of samples.

This study confirmed the findings of earlier studies in that female children had more attention for people, whereas male children had more attention for geometric patterns (Pierce et al., 2011). Sex differences reportedly exist for infants’ preferences for several properties of the human face and body (Bower, 1989). However, although the present study found that children with ASD were more attentive to biological motion than TD children were, irrespective of sex group, this finding is inconsistent with
those of earlier studies (Klin et al., 2002a,b). We were unable to clarify the underlying mechanism, but a possible explanation is the difference of age groups examined in current and previous research. Our participants were preschoolers, whereas most subjects of previous research were infants. As described above, the visual attention for social information can change depending on age. Therefore, aging might be the cause of the discrepancy that we observed. This study also presents some limitations that, if resolved, would improve assessment for ASD. For one, we should analyze the difference between ASD and TD groups using DQ and gender differences as confounding factors. This will be important analyses to conduct since these factors could produce differences in terms of performance and visual attention. Moreover, a larger sample size will be beneficial, therefore, it is necessary to conduct this study again with more participants.

In conclusion, these results demonstrate that OT levels have a positive association with visual attention for finger pointing in TD preschoolers, although no association was found between these variables in children with ASDs. These results suggest that OT is involved in visual attention for social information. Moreover, with the exception of biological motion, age showed a negative relationship with visual attention for social information. However, this study did not directly investigate the neural mechanism underlying this effect. Thus, combining this experimental paradigm with neurophysiological indicators of brain activity (such as imaging techniques) should prove fruitful in further elucidating mechanisms underlying visual attention for social information.

FUNDING
This work was supported by a Grant-in-Aid for Scientific Research (B), Young Scientists (B) and Challenging Exploratory Research from the Ministry of Education, Culture, Sports, Science and Technology (MEXT) of Japan (KAKENHI: grant numbers 24300149 and 25560386 to Akemi Tomoda, grant number 25750405 to Takashi X. Fujisawa). Part of this report is the result of “Integrated Research on Neuropsychiatric Disorders” conducted under the Strategic Research Program for Brain Sciences by MEXT of Japan. This work also was partially supported by a research grant from the “Center of Community (COC)” program from the MEXT of Japan to Takashi X. Fujisawa, Daisuke N. Saito, and Akemi Tomoda. Funding organizations had no role in the design or conduct of the study, such as the collection, management, analysis, or interpretation of the data, or the preparation, review, or approval of the manuscript.

ACKNOWLEDGMENTS
We thank Chisato Ohta, Tohru Fujioka, Rikako Teshigawara, Sakae Mizushima, and Hitomi Suzuki for their excellent technical assistance in evaluating the participants.

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Received: 02 May 2014; accepted: 30 August 2014; published online: 17 September 2014.

Citation: Fujisawa TX, Tanaka S, Saito DN, Kosaka H and Tomoda A (2014) Visual social attention and oxytocin in preschool children with autism spectrum disorders: an eye-tracking study. *Front. Neurosci.* 8:295. doi: 10.3389/fnins.2014.00295

This article was submitted to Neuroendocrine Science, a section of the journal Frontiers in Neuroscience.

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