Introduction

Health research is essential in developing evidence-based interventions that will make a difference in mitigating health problems, promoting health and ultimately improving the quality of life. Data collected and compiled from experimental work, records and surveys should be accurate and complete. They must be checked for accuracy and adequacy before processing further. So far they lie in masses, are scattered in the records and in other words they are mixed and unsorted.

The processing of data and further analysis may be break up into three stages: (1) data management, (2) explanatory data analysis and (3) statistical analysis (testing and modeling). However, before proceeding for statistical analysis, researcher must consider the following raised points:

✓ Understand the process involved in data processing.
✓ Use computers to perform data processing.
✓ Distinguish between qualitative and quantitative data.
✓ Understand probabilities and their applications.
✓ Interpret summary statistics, graphical presentation and contingency tables.
✓ Commonly presented in the health literature.
✓ Carry out exploratory data analysis.
✓ Understand the process involved in estimations and hypothesis testing.
✓ Interpret the functions of confidence intervals and p-values.
✓ Understand statements in published articles relating to statistics.
✓ Use computers to perform some statistical analysis.

Data-processing techniques

Once the fieldwork has been completed, the information that has been gathered must be centralized and input to the computer. Data entry is tiresome work, but it is necessary to accord it some attention because of inevitable errors in reading and entering the information, especially if it is not carried out by people accustomed to using a keyboard for data-entry. The computerized data can be stored in tabular form in a spreadsheet (e.g. Microsoft Excel, Lotus 123) or more compactly and efficiently in a relational database management system (e.g. Access, Oracle, dBase).

Methods of statistical processing

Statistics offers a range of methods, the choice of which will depend on four factors: (1) The type of variables: qualitative or quantitative; (2) The status of the variables: explanatory or dependent; (3) The number of variables: one, two or multiple and (4) the type of analysis: exploratory (descriptive) or confirmatory (inferential).

Scope and purpose

Data analysis is the process of developing answers to questions through the examination and interpretation of data. The basic steps in the analytic process consist of identifying issues, determining the availability of suitable data, deciding on which methods are appropriate for answering the questions of interest, applying the methods and evaluating, summarizing and communicating the results. Analytical results underscore the usefulness of data sources by shedding light on relevant issues. Data analysis also plays a key role in data quality assessment by pointing to data quality problems in a given survey. Analysis can thus influence future improvements to the survey process.

Quality indicators

Main quality elements: relevance, interpretability, accuracy, accessibility. An analytical product is relevant if there is an audience who is (or will be) interested in the results of the study. For the interpretability of an analytical article to be high, the style of writing must suit the intended audience. Sufficient and relevant details must
be provided so that another person if allowed access to the data could replicate the results.

For an analytical product to be accurate, appropriate methods and tools need to be used to produce the results. For an analytical product to be accessible, it must be available to people for whom the research results would be useful.

**Analysis of data**

Data analysis converts data into information and knowledge, and explores the relationship between variables. Data Analysis is the process of systematically applying statistical and/or logical techniques to describe and illustrate, condense and recap, and evaluate data. According to Shamoo & Resnik, various analytic procedures “provide a way of drawing inductive inferences from data and distinguishing the signal (the phenomenon of interest) from the noise (statistical fluctuations) present in the data.”

Understanding of the data analysis procedures will enable you to appreciate the meaning of the scientific method which includes testing of hypotheses and statistical significance in relation to research questions. There are a number of issues that researchers should be cognizant of with respect to data analysis. Some of the key considerations in analysis and selection of the right test of significance are as follows:

- Having the necessary skills to analyze.
- Distinguishing data types.
- Distinguishing different types of Statistical tests.
- Identify the selection of a right test.
- Determining statistical significance.
- Distinguishing between Parametric and Non-Parametric test with their applying criteria.
- Distinguishing between Correlation and Regression.
- Drawing unbiased inference.
- Inappropriate subgroup analysis.
- Lack of clearly defined and objective outcome measurements.
- Partitioning ‘text’ when analyzing qualitative data.
- Reliability and Validity.
- Extent of analysis.

Table 1 consists of common statistical tests. All tests which are described below are provided in the book titled *Intuitive Biostatistics* by Harvey Motulsky and were performed by InStat, except for tests marked with asterisks. Tests labeled with a single asterisk are briefly mentioned in this book, and tests labeled with two asterisks were not mentioned at all.

| Goal                          | Type of Data                          | Rank, Score, or Measurement (from Gaussian Population) | Binomial (Two Possible Outcomes) | Survival Time                                      |
|-------------------------------|---------------------------------------|--------------------------------------------------------|---------------------------------|----------------------------------------------------|
| Describe one group            | Measurement (from Gaussian Population)| Mean, SD                                               | Median, Interquartile range     | Proportion                                         |
| Compare one group to a hypothetical value | One-sample t test                     | Wilcoxon test                                          | Chi-square or Binomial test**  | Kaplan Meier survival curve                        |
| Compare two unpaired groups  | Unpaired t test                        | Mann-Whitney test                                      | Fisher’s test (chi-square for large samples) | Log-rank test or Mantel-Haenszel* |
| Compare two paired groups     | Paired t test                          | Wilcoxon test                                          | McNemar’s test                  | Conditional proportional hazards regression*       |
| Compare three or more unmatched groups | One-way ANOVA                         | Kruskal-Wallis test                                    | Chi-square test                 | Cox proportional hazard regression**              |
| Compare three or more matched groups | Repeated-measures ANOVA                | Friedman test                                          | Cochrane Q**                    | Conditional proportional hazards regression**     |

| Goal                          | Measurement (from Gaussian Population) | Rank, Score, or Measurement (from Non-Gaussian Population) | Binomial (Two Possible Outcomes) | Survival Time                                      |
|-------------------------------|---------------------------------------|--------------------------------------------------------|---------------------------------|----------------------------------------------------|
| Compare one group to a theoretical value | One-sample t test                     | Wilcoxon test                                          | Chi-square or Binomial test**  | Kaplan Meier survival curve                        |
| Compare two unpaired groups  | Unpaired t test                        | Mann-Whitney test                                      | Fisher’s test (chi-square for large samples) | Log-rank test or Mantel-Haenszel* |
| Compare two paired groups     | Paired t test                          | Wilcoxon test                                          | McNemar’s test                  | Conditional proportional hazards regression*       |
| Compare three or more unmatched groups | One-way ANOVA                         | Kruskal-Wallis test                                    | Chi-square test                 | Cox proportional hazard regression**              |
| Compare three or more matched groups | Repeated-measures ANOVA                | Friedman test                                          | Cochrane Q**                    | Conditional proportional hazards regression**     |

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Developments in the field of statistical data analysis often parallel or follow advancements in other fields to which statistical methods are fruitfully applied. Data is known to be crude information and not knowledge by itself. The sequence from data to knowledge is: from **Data** to **Information**, from **Information** to **Facts**, and finally, from **Facts** to **Verification of Truth**. Data becomes information, when it becomes relevant to your research problem. Information becomes fact, when the data can support it. Facts are what the data reveals. However, the decisive instrumental (i.e., applied) knowledge is expressed together with some statistical degree of confidence.

Lastly, I do hope that this in-depth knowledge will create an awareness to promote the use of statistical thinking and techniques to apply them to make educated decisions whenever there is variation in data.

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