Ratiometric high-resolution imaging of JC-1 fluorescence reveals the subcellular heterogeneity of astrocytic mitochondria

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Abstract Using the mitochondrial potential (ΔΨ_m) marker JC-1 (5,5′,6,6′-tetrachloro-1,1′,3,3′-tetraethylbenzimidazolylcarbocyanine iodide) and high-resolution imaging, we functionally analyzed mitochondria in cultured rat hippocampal astrocytes. Ratiometric detection of JC-1 fluorescence identified mitochondria with high and low ΔΨ_m. Mitochondrial density was highest in the perinuclear region, whereas ΔΨ_m tended to be higher in peripheral mitochondria. Spontaneous ΔΨ_m fluctuations, representing episodes of increased energization, appeared in individual mitochondria or synchronized in mitochondrial clusters. They continued upon withdrawal of extracellular Ca^{2+}, but were antagonized by dantrolene or 2-aminoethoxydiphenylborate (2-APB). Fluo-3 imaging revealed local cytosolic Ca^{2+} transients with similar kinetics that also were depressed by dantrolene and 2-APB. Massive cellular Ca^{2+} load or metabolic impairment abolished ΔΨ_m fluctuations, occasionally evoking heterogeneous mitochondrial depolarizations. The detected diversity and ΔΨ_m heterogeneity of mitochondria confirms that even in less structurally polarized cells, such as astrocytes, specialized mitochondrial subpopulations coexist. We conclude that ΔΨ_m fluctuations are an indication of mitochondrial viability and are triggered by local Ca^{2+} release from the endoplasmic reticulum. This spatially confined organelle crosstalk contributes to the functional heterogeneity of mitochondria and may serve to adapt the metabolism of glial cells to the activity and metabolic demand of complex neuronal networks. The established ratiometric JC-1 imaging—especially combined with two-photon microscopy—enables quantitative functional analyses of individual mitochondria as well as the comparison of mitochondrial heterogeneity in different preparations and/or treatment conditions.

Keywords Two-photon microscopy · Astrocyte · Organelle interaction · Intracellular calcium stores · Hippocampus · Calcium microdomain

Introduction

Mitochondria of various preparations have been reported to differ remarkably in subcellular distribution, membrane potential (ΔΨ_m), and metabolic activity, and they may exist as spherical particles or form clusters and filaments [1, 7, 30, 37, 38]. It is this heterogeneity of mitochondria which appears to define their functional determination and vulnerability to metabolic insults or oxidative damage. Detailed structure/function analyses of mitochondrial heterogeneity
and identification of the underlying molecular physiological processes will therefore be required to foster the understanding of mitochondrial (dys-)function. For these tasks, sophisticated optical techniques enabling functional real-time analysis of individual mitochondria are essential. Also, a ratiometric approach for the determination of $\Delta \Psi_m$ is desirable, as it would allow a direct comparison of mitochondrial energization among different preparations or experimental conditions independent of the concentration of the $\Delta \Psi_m$ marker applied. 5,5′,6,6′-Tetrachloro-1,1′,3,3′-tetraethylbenzimidazolylcarbocyanine iodide (JC-1) does allow for such a ratiometric approach [9, 38]. It accumulates in mitochondria depending on $\Delta \Psi_m$ and is present either as monomer or J-aggregate. The JC-1 monomer predominating in depolarized mitochondria emits green fluorescence ($\sim$530 nm), whereas the oligomer (J-aggregate) forming in mitochondria with potentials more negative than $\sim$140 mV emits red fluorescence ($\sim$590 nm) [15, 17, 36, 38]. This formation of J-aggregates is fully reversible [33]. Accordingly, the relative green and red components of JC-1 fluorescence distinguish between mitochondria with high and low $\Delta \Psi_m$ and should also be capable of reporting $\Delta \Psi_m$ changes or fluctuations.  

Additional advantages of JC-1 are that it is less sensitive to membrane potential changes of the cell under analysis than the commonly used mitochondrial marker rhodamine 123 (Rh123) and it shows more consistent responses to mitochondrial depolarization [35]. More importantly, JC-1—especially its red fluorescing J-aggregate—responds linearly to $\Delta \Psi_m$ changes [9, 38]. Used in a ratiometric manner, JC-1 can therefore be expected to report also subtle changes in $\Delta \Psi_m$ more sensitively. In contrast, Rh123, dependent on the concentration used, is prone to self quenching, yields highly non-linear responses, and is a qualitative rather than quantitative dye [16].  

However, JC-1 seems to be less well retained within cells than Rh123 [31], but used in a ratiometric approach, such loss of dye during the experiment can be neglected. Another potential drawback of JC-1 might be that the red-fluorescing J-aggregates start forming locally inside mitochondria and hence might not always fill up the entire matrix space [13, 26] which may limit its reliability for high-resolution imaging approaches. Nevertheless, JC-1 is being used as a standard indicator in, e.g., flow cytometry [4, 8]. To take advantage of the ratiometric properties which are offered by no other $\Delta \Psi_m$ indicator, we used JC-1 and evaluated its feasibility for ratiometric high-resolution imaging approaches on the level of individual mitochondria/mitochondrial structures in cultured rat hippocampal astrocytes. The hippocampus was chosen since it responds promptly to metabolic compromise; astrocytes appeared ideal for the optical recordings, since they were widely spread out, flatly grown, and contained a multitude of clearly distinguishable individual mitochondrial structures. Using high-resolution wide-field and two-photon microscopy, we analyzed the heterogeneity of mitochondrial shape and function. Ratiometric JC-1 imaging reliably unveiled differences in mitochondrial shape, $\Delta \Psi_m$, and apparently, also the sensitivity to metabolic challenge of individual mitochondria in their cellular environment. Furthermore, JC-1 imaging revealed spontaneous $\Delta \Psi_m$ fluctuations which were proven by subcellular activity correlation imaging to be synchronized within parts of the mitochondrial population. Mechanistically, these $\Delta \Psi_m$ fluctuations were triggered by localized Ca$^{2+}$ release from the endoplasmic reticulum (ER). Accordingly, mitochondria–ER crosstalk seems capable of initiating fluctuations in mitochondrial energization, which may serve to metabolically adjust glial cells to the activity of neighboring neurons.

### Materials and methods

#### Cell cultures

Cell cultures of hippocampal neurons and glial cells were prepared from 2 to 4-day-old Sprague–Dawley rats as described earlier [19, 21]. After decapitation, the brain was removed and placed in ice-cold Hanks’-balanced salt solution containing 20% fetal calf serum (FCS; Biochrom). The hippocampi were isolated, cut into small pieces, and trypsinized (5 mg/ml, 10 min, 37°C). Cells were then dissociated and centrifuged (1,500 rpm, 10 min, 4°C). The pellet was re-suspended and plated on Matrigel (BD Biosciences) -coated glass cover slips, which were transferred to 4-well culture plates (Nunc). Cultures were incubated at 37°C in a humidified, 5% CO$_2$-containing atmosphere. After 24 h, the medium was exchanged with growth medium, and after 3 days, medium and growth factors were refreshed. Within 2–3 days in culture, cells fully recovered well-pronounced cellular processes and were suitable for the experiments. Astrocytes were identified by their characteristic flatly grown shape and markedly larger size than neurons.

#### Solutions

Chemicals, unless otherwise mentioned, were obtained from Sigma-Aldrich. The artificial cerebrospinal fluid (ACSF) was composed of (in millimolar): 130 NaCl, 3.5 KCl, 1.25 NaH$_2$PO$_4$, 24 NaHCO$_3$, 1.2 CaCl$_2$, 1.2 MgSO$_4$, and 10 dextrose; aerated with 95% O$_2$–5% CO$_2$ to adjust pH to 7.4. Minimum essential cell culture medium (MEM, Invitrogen) was supplemented with 5 mg/ml glucose, 0.2 mg/ml NaHCO$_3$, and 0.1 mg/ml transferrin (Calbiochem/Merck). For initial plating, it also contained 10%
FCS, 2 mM L-glutamine, and 25 μg/ml insulin. The medium used after day 1 in culture (“growth medium”) contained 5% FCS, 0.5 mM L-glutamine, 20 μM B27 50× supplement (Invitrogen), and 100 μg/ml penicillin–streptomycin (Biochrom).

JC-1 (Invitrogen) and Rh123 were dissolved in dimethylsulfoxide (DMSO) as 2 and 20 mg/ml stocks, respectively. MitoTracker Red and ER-Tracker Blue-White DPX (both Invitrogen) were dissolved as 1 mM stocks in DMSO. Fluo-3 AM (Mobitec) was prepared as 2-mM stock in DMSO, adding 10% pluronic acid to improve cell loading. 4′,6-Diamidino-2-phenylindol (DAPI), carbonyl cyanide 4- (trifluoromethoxy) phenylhydrazone (FCCP; Tocris), and dantrolene were dissolved as 10 mM stocks in DMSO; 2-aminoethoxydiphenylborate (2-APB) was dissolved as 100-mM stock in DMSO. Cyanide, azide, and glutamate (all obtained as sodium salts) were prepared as aqueous 1-M stocks. DMSO concentrations of the final solutions were ≤0.2%.

Optical recordings

Functional time-lapse recordings of mitochondria were mostly performed with a fluorescence imaging system composed of a Xenon light source (Polychrome II, Till Photonics) and a sensitive CCD camera (Imago QE, 62% quantum efficiency at 500 nm, PCO Imaging) attached to an upright microscope (AxioTech Vario, Zeiss). JC-1 was excited at 490 nm and an optical image splitter device (Dual-View™, Optical Insights) was attached to the microscope to separate spectrally the green and red components of JC-1 fluorescence (see Fig. 2d for schematic and filter settings). For fluo-3-AM recordings a 505 nm beamsplitter, a 535/35 nm bandpass filter (emitter) and 485-nm excitation wavelength were used. Experiments were performed in a submersive style chamber; cell cultures were continuously superfused with ACSF (32–33°C, flow rate 3–4 ml/min) and 63× or 100× water immersion objectives (Apochromat and Achroplan, respectively; Zeiss) were used. High-resolution ratiometric JC-1 analyses were performed using a custom-built two-photon laser scanning microscope (TPLSM) [29]. The original system layout has been extended by a second upright microscope (BX51WI, Olympus) equipped with an IR-optimized 20× 0.95NA objective (XLUMPlanFL, Olympus) and two non-descanned single-photon counting photomultiplier tubes (H7421-40, Hamamatsu; Fig. 2a). Also a new laser (Mai Tai eHP DS, Newport Spectra-Physics) has been added just recently. The general scan head design was unchanged, but improved and faster galvanometric scanners (VM5000C with MiniSAX control circuits and 4 mm mirrors; General Scanning/Cambridge Technology) were chosen. The scanning process and data acquisition were controlled by a digital signal processor (ADwin-Gold-ENET; Jäger) and the outputs of the two photomultiplier tubes (TTL pulses) were analyzed by a custom-built 2-channel TTL pulse counter. Z-axis (axial) adjustment was realized by a piezo-driven objective nano-positioning system (Pifoc P-721; Physik Instrumente). For two-photon imaging, the excitation wavelength was 790–800 nm; fluorescence was separated using a 670-nm dichroic mirror (670dcxmr) and the green and red components were further separated by a 570-nm dichroic mirror (570dcxr) followed by 536/40 and 617/73 nm bandpass emission filters, respectively. Offline image analysis was performed with Tillvision 4.0 (Till Photonics) and MetaMorph Offline 6.1/7.0 (Molecular Devices).

Statistics

Data were obtained from 35 rat pups (32 different litters) and each experimental paradigm was performed on at least three different animals. Data are given as mean±standard deviation.

Results

Taking advantage of the ratiometric properties of JC-1, we analyzed the subcellular heterogeneity of mitochondria in rat hippocampal astrocytes. The focus was on their cellular distribution, morphology, static/dynamic differences in ΔΨm, and their responses to metabolic challenge.

Heterogeneity in mitochondrial shape and distribution

Fluorescent labeling of mitochondria with either JC-1 (1 μg/ml, 15 min), Rh123 (2.5 μg/ml, 15–20 min), or MitoTracker Red (1 μg/ml, 10 min) revealed that mitochondria were distributed irregulary, resulting in regions of high and low mitochondrial content within astrocytes (Fig. 1a). As previously reported for various other cell types [1, 7, 30, 37, 38], the morphology of mitochondria was also highly variable in hippocampal astrocytes; mitochondrial shapes ranged from granular to long filamentous structures and their lengths were between 0.8 and 24 μm. Morphometric analysis of 1,373 mitochondria from 23 JC-1-labeled astrocytes yielded an average mitochondrial length of 3.1±2.1 μm. MitoTracker Red labeling revealed a comparable mitochondrial length of 2.2±1.2 μm (n=506). The majority of JC-1-labeled mitochondria (86%), measured between 1 and 5 μm in length, 1.2% of mitochondria appeared granular (≤1.0 μm length) and 12.8% were longer than 5 μm (Fig. 1b). Particularly long mitochondria were usually found in the less densely packed periphery of the cell.

In the majority of astrocytes (77% of 114 analyzed) the mitochondrial density was highest in the perinuclear region.
and dropped off towards the cellular periphery. Calculating a normalized density distribution of mitochondria along a cell-spanning horizontal or vertical line (see dotted line in Fig. 1a) in 39 astrocytes confirmed that on average 50% of mitochondria were closer than 8 μm to the edge of the nucleus (Fig. 1c, d).

Heterogeneity of ΔΨm

To analyze ΔΨm in detail, green and red JC-1 fluorescence were monitored simultaneously using either the dual-detector TPLSM (Fig. 2a) or CCD camera imaging and an optical image splitter device (Dual-View; Fig. 2d, e). The TPLSM was superior in terms of contrast, apparent resolution, and alignment of the “red” and “green” images. The Dual-View/CCD camera approach offers higher frame rates and due to less intense illumination also enables longer time frame recordings. Thus, depending on the experimental protocol, either the TPLSM (frame rate 0.1 Hz) or Dual-View/CCD camera imaging (frame rate 0.2 Hz) was used.

Two-photon excitation of JC-1-labeled cells allowed for the real-time analysis of ΔΨm in individual mitochondria.
Due to perfect alignment of the two images, we established an online ratiometric analysis of JC-1 fluorescence (ratio = \( JC-1_{\text{red}*5}/JC-1_{\text{green}} \); the factor “5” transformed the ratiometric results into an 8-bit scale of 256 levels). The resulting ratiometric image was expressed in pseudo colors, yielding a map of the cell which reports the \( \Delta \Psi_m \) of each individual mitochondrion; mitochondria with high \( \Delta \Psi_m \) are displayed in warm (red/yellow) colors, whereas depolarized mitochondria are displayed in cold (blue/green) colors (Fig. 3a–c). Thus, the functional heterogeneity of mitochondria can be evaluated instantly, which facilitated the selection of proper specimens for the experiments and enabled region-of-interest-based online analyses during the recordings. The JC-1 ratios somewhat differed, being larger for TPLSM than for Dual-View/CCD camera imaging, since two-photon excitation less efficiently excites the JC-1 monomer [11].
Detailed ratiometric analysis revealed that ΔΨₘ was just as heterogeneous as mitochondrial shapes, and that mitochondria with clearly differing potentials coexist even in close proximity within a given cell. Analysis of 1,373 individual mitochondria in 23 randomly chosen astrocytes showed that ΔΨₘ ranged in between a JC-1 ratio of 28 (depolarized) and 247 (polarized) and that its scatter yields a bell-shaped, continuous distribution rather than two distinct classes of functional (polarized) and resting (depolarized) mitochondria (Fig. 3d). Accordingly, the majority of mitochondria show an intermediate ΔΨₘ. A correlation of mitochondrial length and ΔΨₘ (JC-1 ratio) could not be proven (n=1,373 mitochondria; 23 astrocytes). An correlation of the distance of a given mitochondrion from the nucleus and its ΔΨₘ does not exist either. Note, however, that the variability of ΔΨₘ seems less pronounced for those mitochondria located within 15 μm of the center of the nucleus.

Testing for a putative effect of the cellular location on ΔΨₘ revealed that in 14 out of 23 analyzed astrocytes peripherally located mitochondria exhibited more negative potentials, five cells did not show any noticeable regional differences in ΔΨₘ, and four cells contained mitochondria with more intense potentials in the perinuclear region. Pooling all 1,373 analyzed mitochondria and testing for a dependence of ΔΨₘ and nuclear distance failed, however, to confirm a general correlation (correlation coefficient 0.042; Fig. 3f). However, the reduced scatter of ΔΨₘ in perinuclear mitochondria located within 15 μm of the center of the nucleus suggests somewhat more uniform potentials of more centrally located mitochondria.

Spontaneous ΔΨₘ fluctuations

As reported for mitochondria in various neuronal preparations earlier [3, 30, 39] ΔΨₘ was not necessarily constant.
over time. In cultured astrocytes, occasional fluctuations of \( \Delta \Psi_m \) occurred and they were most obvious in the red JC-1 fluorescence channel of the CCD camera/Dual-View recordings. Red JC-1 fluorescence clearly increased up to three-fold, whereas green JC-1 fluorescence showed less intense and opposite changes (see Fig. 4a). Accordingly, these \( \Delta \Psi_m \) fluctuations represent episodes of increased mitochondrial potential, i.e., intensified mitochondrial energization. Earlier studies confirmed a clear correlation and linear relationship of \( \Delta \Psi_m \) and JC-1 fluorescence only for the red (J-aggregate) emission but not the green (monomer) emission [9, 38]. An even better correlation can, however, be obtained by calculating the ratio of “red” and “green” fluorescence. Therefore, we also plotted the JC-1 ratio (JC-1{red} – JC-1{green}; see Fig. 4a).

The \( \Delta \Psi_m \) fluctuations typically lasted from several seconds to 1–2 min and the time interval in between two consecutive \( \Delta \Psi_m \) surges was highly variable, ranging from a few seconds to several minutes (Fig. 4a–c). \( \Delta \Psi_m \) fluctuations were detectable in almost every astrocyte (~90% of 124 analyzed), but in a given cell, they occurred only in about 30% of the mitochondrial population. Mitochondria, not undergoing \( \Delta \Psi_m \) fluctuations, remained at a lower level of red JC-1 fluorescence, i.e., lower JC-1
ratios. The $\Delta \Psi_m$ fluctuations occurred highly synchronized in mitochondrial clusters (Fig. 4a) or neighboring mitochondrial filaments (Fig. 4b) as well as less synchronized in individual mitochondria (Fig. 4c).

Since it has been reported earlier that the red-fluorescing J-aggregate of JC-1 may respond to changes in pH, osmolarity, and $\text{H}_2\text{O}_2$ levels [15], we confirmed the existence of spontaneous $\Delta \Psi_m$ fluctuations by using the well-established (non-ratiometric) $\Delta \Psi_m$ marker Rh123. As expected, Rh123-labeled mitochondria also showed prominent $\Delta \Psi_m$ fluctuations (Fig. 4d), whose frequencies were, however, two to three times higher than those observed with JC-1 labeling.

The unequivocal identification of those mitochondria undergoing synchronized $\Delta \Psi_m$ fluctuations became possible by so-called activity correlation imaging (ACI, for details, see [24]) performed offline in 40–50 successively taken image frames. Based on a region of interest (individual mitochondrion), only those structures were identified showing a correlation coefficient $>0.5$. Performed on the subcellular level, ACI confirmed that neighboring but also spatially separated mitochondria did undergo highly synchronized $\Delta \Psi_m$ fluctuations (Fig. 5). Also, ACI analysis identified different groups of mitochondria within a single cell which generated synchronized $\Delta \Psi_m$ fluctuations, each at differing frequencies (Fig. 5).

**Do cytosolic $\text{Ca}^{2+}$ signals trigger $\Delta \Psi_m$ fluctuations?**

Since the synchronized $\Delta \Psi_m$ fluctuations suggest a cytosolic trigger event and intracellular $\text{Ca}^{2+}$ levels ([Ca$^{2+}$]$_i$) do modulate mitochondrial metabolism and $\Delta \Psi_m$ [27, 34], we tested for a putative effect of $\text{Ca}^{2+}$ influx and $\text{Ca}^{2+}$ release from intracellular stores. Monitoring changes in [Ca$^{2+}$]$_i$ in astrocytes using fluo-3 AM (5 $\mu$M, 30-min bulk loading) revealed spatiotemporally localized cytosolic $\text{Ca}^{2+}$ transients occurring spontaneously at different sites within the cells (Fig. 6a). These events typically lasted 5–15 s, fluo-3 fluorescence increased up to four-fold (Fig. 6b), and under control conditions, the $\text{Ca}^{2+}$ transients continued to be generated for up to 30 min.

The localized $\text{Ca}^{2+}$ transients persisted in $\text{Ca}^{2+}$-free solutions, suggesting an intracellular origin (Fig. 6c). To verify the involvement of intracellular $\text{Ca}^{2+}$ stores, $\text{Ca}^{2+}$ release from the ER was blocked. Administration of dantrolene (20–40 $\mu$M) in $\text{Ca}^{2+}$-free solutions antagonized the localized $\text{Ca}^{2+}$ transients in 9 out of 13 astrocytes, and they were abolished in the presence of 2-APB (100 $\mu$M, $n=9$; Fig. 6d); this confirms that spatially confined $\text{Ca}^{2+}$ release from the ER is the underlying mechanism. The solvent DMSO itself did not affect [Ca$^{2+}$]$_i$, or the localized $\text{Ca}^{2+}$ transients ($n=4$, Fig. 6d).

To elucidate whether conditions blocking the localized $\text{Ca}^{2+}$ transients would also abolish the $\Delta \Psi_m$ fluctuations, JC-1-labeled astrocytes underwent the corresponding treatment. Under control conditions, the $\Delta \Psi_m$ fluctuations continued for at least 20 min before they slowed down and finally ceased ($n=5$, Fig. 7a)—probably due to the repeated illumination and the associated phototoxicity. Withdrawal of extracellular $\text{Ca}^{2+}$ did not affect the $\Delta \Psi_m$ fluctuations ($n=7$, Fig. 7b), but they were antagonized by dantrolene or 2-APB in $\text{Ca}^{2+}$-free solutions. Upon dantrolene application (20–40 $\mu$M), the $\Delta \Psi_m$ fluctuations slowed down or totally ceased in 18 out of 21 astrocytes within typically ~4 min (Fig. 7c). 2-APB (100 $\mu$M) abolished the $\Delta \Psi_m$ fluctuations within 5 min in eight out of nine astrocytes (Fig. 7d) and markedly slowed them down in the remaining cell. In some astrocytes, the $\Delta \Psi_m$ fluctuations partially recovered upon drug washout. DMSO alone did not affect the $\Delta \Psi_m$ fluctuations ($n=3$).

Responses to metabolic challenge, excitotoxic stimuli, and metabolic compromise

In the next set of experiments, we asked whether challenging mitochondria modulates the $\Delta \Psi_m$ fluctuations, and at the same time, we screened for homogenous $\Delta \Psi_m$ responses, i.e., JC-1 fluorescence changes, of the mitochondrial population. Mitochondria were exposed to high levels of glutamate and pronounced $\text{Ca}^{2+}$ load to mimic massive neuronal activity/excitotoxicity or to CN$^-$, Na$_3$N, or FCCP to generate conditions of chemical anoxia and mitochondrial impairment. Glutamate (1 mM, 4–7 min) noticeably depolarized mitochondria (reduced the JC-1 ratio) in 8 out of 12 cells, and in 5 of these cells blocked the $\Delta \Psi_m$ fluctuations (Fig. 8a). A second and third exposure to glutamate also induced a pronounced mitochondrial depolarization in the remaining four cells and markedly depressed the $\Delta \Psi_m$ fluctuations in the other seven cells.

Marked changes in [Ca$^{2+}$]$_i$ of glial cells can also be elicited by low extracellular K$^+$ levels, a treatment rendering inward-rectifying K$^+$ channels Ca$^{2+}$ permeable [10, 18, 20]. As a result, glial cells experience a pronounced $\text{Ca}^{2+}$ load independent of a preceding marked membrane depolarization. Exposing cultured hippocampal astrocytes to 0.2 mM K$^+$ solutions (5–8 min) depolarized their mitochondria and the $\Delta \Psi_m$ fluctuations slowed down or ceased ($n=11$, Fig. 8b).

Mitochondrial uncoupling by FCCP (1 $\mu$M, 1–3 min) led to massive mitochondrial depolarization and abolished the $\Delta \Psi_m$ fluctuations; washout of FCCP partially restored $\Delta \Psi_m$ as well as its spontaneous fluctuations (Fig. 9a, $n=6$). Pharmacological inhibition of mitochondrial electron transport by azide (Na$_3$N; 2–4 mM, 1–
Fig. 5 Subcellular activity correlation imaging (ACI) reveals synchronized $\Delta \Psi_m$ fluctuations. 

a–d ACI analyses identified those mitochondria undergoing synchronized $\Delta \Psi_m$ fluctuations. The left image of each pair displays the JC-1 labeled mitochondria (CCD camera/Dual-View imaging, red JC-1 channel) and the right image shows the corresponding correlation map. Those mitochondria showing synchronized $\Delta \Psi_m$ fluctuations (correlation coefficient $>0.5$) are plotted in the same color. Up to five different large groups of synchronized mitochondria could be identified in a given cell. Comparison of the displayed cells reveals the individual organization and extent of the different groups of synchronized mitochondria. Scaling is identical for all panels.
2 min) or cyanide (CN−; 1 mM, 1–2 min) rapidly depolarized mitochondria and abolished the ΔΨm fluctuations (n=13 and n=12, respectively; Fig. 9b, c). The effects of both drugs could be reversed, yet their reversibility decreased with repetitive exposure. Against expectation, upon mitochondrial poisoning with NaN3 or CN− or uncoupling by FCCP not all mitochondria depolarized rapidly; some mitochondria depolarized only slowly and/or remained partly energized. This may suggest heterogeneous time courses of functional impairment within the mitochondrial population of a given cell.

Oxygen withdrawal (95% N2-5% CO2-aerated solutions for up to 20 min) was less efficient. The depolarization of mitochondria was less intense as compared to NaN3 or CN−-mediated poisoning, and only some mitochondria depolarized markedly. Nevertheless, the ΔΨm fluctuations were consistently abolished or markedly depressed in 11 of 14 cells; upon reoxygenation, the ΔΨm fluctuations reoccurred (Fig. 9d). The oxygen scavenger Na-sulfite was not added to the solutions, since in initial trials it seemed to promote the formation of JC-1 J-aggregates.
Fig. 7  ΔΨᵢₘ fluctuations are triggered by Ca²⁺-release from the ER. a Under control conditions, ΔΨᵢₘ fluctuations were regularly observed. Plotted is the normalized red JC-1 fluorescence as detected by CCD-camera/DualView imaging; time scaling is identical for all panels. b The ΔΨᵢₘ fluctuations continued despite withdrawal of extracellular Ca²⁺, suggesting independence of Ca²⁺ influx from extracellular space. Solid and dashed lines represent different mitochondria analyzed. c Administration of dantrolene (20 µM) antagonized the ΔΨᵢₘ fluctuations, confirming an involvement of the ER as intracellular Ca²⁺ store. d Treatment with 2-APB (100 µM) also abolished the ΔΨᵢₘ fluctuations of the three mitochondria analyzed.

Fig. 8  Challenging mitochondria by voltage-dependent and voltage-independent Ca²⁺ transients. a Glutamate (1 mM) depolarized the mitochondria and blocked the ΔΨᵢₘ fluctuations. Plotted are the normalized red and green JC-1 fluorescence as well as the normalized JC-1 ratio of an individual mitochondrion (CCD camera/Dual-View time-lapse recordings). The TPLSM images show the overlay of red and green JC-1 fluorescence. Scaling is identical for all images/traces. b Lowering [K⁺]ₒ to 0.2 mM depolarized mitochondria and depressed ΔΨᵢₘ fluctuations, indicating that it is not the depolarization of the astrocyte but rather the Ca²⁺ load which modulates mitochondrial function.
Our present work confirms the suitability of JC-1 for analyses of the subcellular heterogeneity of mitochondria. Taking advantage of the unique property of JC-1 to spectrally differentiate among functional and depolarized mitochondria \[38\], we performed ratiometric analyses of red/green JC-1 fluorescence and detected static and dynamic differences in the $\Delta \Psi_m$ of mitochondria in hippocampal astrocytes down to the level of the individual organelle. Possible correlations of mitochondrial size, subcellular location, and $\Delta \Psi_m$ were analyzed, as were the mitochondrial responses to metabolic challenge and interactions with other cellular organelles. To our knowledge, there is only one prior study on the use of JC-1 in two-photon microscopy \[11\], which, however, did not include ratiometric analyses.

**Suitability of JC-1**

We found JC-1 to label reliably mitochondria and we obtained corresponding staining patterns as with the other mitochondrial markers tested (MitoTracker Red, Rh123).
Inhomogeneous staining of individual mitochondria due to localized J-aggregates as reported earlier [13, 26] was observed only rarely and does not seem to limit the suitability of JC-1 in hippocampal glial astrocytes. Some limitations may apply, if time courses/kinetics of fast $\Delta \Psi_m$ changes are analyzed, as this may be hampered by the response kinetics of JC-1 (J-aggregate formation/breakdown) which seem to be slower than those of the non-aggregating markers such as Rh123 or tetramethylrhodamine methyl ester (TMRM). Compared with Rh123, we found JC-1 to be less sensitive to photobleaching (see e.g., Fig. 4c, d). This is in line with earlier studies reporting that especially Rh123 is highly susceptible to photobleaching and exhibits strong photo-induced toxicity [6, 31]. In contrast, JC-1 even withstands more than 100 scans performed during either confocal one-photon excitation microscopy or TPLSM imaging [11]. Furthermore, Rh123 concentrations $>1 \mu M$ (0.36 $\mu g/ml$) may interfere with mitochondrial respiration and ATPase activity and concentrations of $>10 \mu M$ induce mitochondrial swelling [16]. In the case of JC-1, concentrations of up to 550 nM (0.37 $\mu g/ml$) have been confirmed not to affect mitochondrial respiration [32]; flow cytometry cell viability assays using even higher concentrations of JC-1 (10 $\mu g/ml$) always yielded viability counts of $>95\%$ [8]. In our experiments, a concentration of 1 $\mu g/ml$ JC-1 was applied and we did not observe any adverse effects on cell viability or cell shape.

Heterogeneity of mitochondrial shape and $\Delta \Psi_m$

Even though glial cells are less compartmentalized than neurons, their mitochondria are quite heterogeneous in terms of shape, $\Delta \Psi_m$, and subcellular distribution. Mitochondrial shapes ranged from granular to filamentous, resembling conditions found in neuronal, other glial, myocardial, endothelial, and fibroblast preparations [7, 30, 37]. This structural heterogeneity arises from the ability of mitochondria to undergo fusion and fission [1, 2, 42], but also reflects their respective function. Mitochondrial fusion is considered to protect against accumulation of oxidative damage by enabling the exchange of mitochondrial genes and gene products [5]. Furthermore, long mitochondrial filaments were proposed to act as power-transmitting wires [37] and mediate Ca$^{2+}$ tunneling [7].

Ratiometric JC-1 imaging nicely revealed that $\Delta \Psi_m$ within the mitochondrial population was quite heterogeneous, which is in line with earlier non-ratiometric studies on glia [7, 12]. Since $\Delta \Psi_m$ determines the functional status of mitochondria, it is not surprising that their metabolism is heterogeneous as well; for example, heterogeneously distributed $\alpha$-ketoglutarate dehydrogenase was reported for mitochondria of cerebellar and cortical astrocytes [41]. Our ratiometric analyses yielded a bell-shaped distribution of $\Delta \Psi_m$ with the majority of mitochondria exhibiting an intermediate $\Delta \Psi_m$. Within an individual mitochondrial structure $\Delta \Psi_m$ appeared homogenous, suggesting that even long filamentous mitochondria are luminally continuous functional entities [12, 30]. Occasional red JC-1 speckles within individual mitochondria are considered artifacts arising from localized J-aggregate formation [13, 26]. Mitochondrial length and $\Delta \Psi_m$ were not correlated, indicating that mitochondrial activity and $\Delta \Psi_m$ are rather determined by intracellular location and interactions with other organelles. It therefore seems worthwhile to differentiate mitochondria according to their very cellular localization and involvement in organelle crosstalk.

Two-photon imaging revealed mitochondrial clustering around the nucleus—comparable to cortical astrocytes [7]—and intense colocalization of mitochondria and ER. This clustering and the tendency of a more uniform $\Delta \Psi_m$ among perinuclear mitochondria may serve the high ATP demand of gene expression and subsequent synthesis processes within the ER and Golgi complex. It thus represents an example of local mitochondrial specialization. Preventing a very negative $\Delta \Psi_m$ in perinuclear mitochondria may also serve to limit the formation of reactive oxygen species in that cell region. In addition to the observed $\Delta \Psi_m$ modulation by nuclear proximity and ER interactions, also adjacent acidic vesicles mediate a depolarizing effect on mitochondria [12]. Another example for mitochondrial specialization is that in HeLa cells, HUVEC cells, and hepatocytes, especially peripheral mitochondrial, show a proportionally more negative $\Delta \Psi_m$ [7], which may be an adaptation to episodes of cell growth. We observed such a trend in 61% of astrocytes; yet pooling all data did not confirm a general correlation of the nuclear distance of a mitochondrion and its $\Delta \Psi_m$.

$\Delta \Psi_m$ fluctuations

JC-1 time-lapse recordings indicated clear fluctuations of $\Delta \Psi_m$ during which mitochondria entered a state of higher energization. The time course of the $\Delta \Psi_m$ fluctuations depended on the fluorophore used; they were two to three times faster in Rh123-labeled cells. In accordance, in forebrain neurons, $\Delta \Psi_m$ fluctuations visualized by TMRM show higher frequencies than those recorded with JC-1 [3], which was attributed to different distribution kinetics of both dyes across the inner mitochondrial membrane. Accordingly, JC-1 labeling, due to slow disaggregation of J-aggregates, may underestimate the true kinetics of the $\Delta \Psi_m$ fluctuations. Mechanistically, $\Delta \Psi_m$ fluctuations are on-off transitions of oxidative phosphorylation [3], which also occur in cardiomyocytes and endothelium [14, 22], various neurons [3, 30], human fetal astrocytes [13], and even isolated mitochondria [22, 23, 39, 40]. In our
experiments, ~30% of mitochondria produced \( \Delta \Psi_m \) fluctuations; in neurons, 55% of mitochondria were reported to be involved [3]. By applying activity correlation imaging analysis [24] to the subcellular level, we found that neighboring mitochondria, but also groups of mitochondria separated by quite a distance, did undergo synchronized \( \Delta \Psi_m \) fluctuations. Also, different groups of synchronized mitochondria could be identified within a given cell.

Though resembling a ubiquitous phenomenon, the detailed mechanisms of the \( \Delta \Psi_m \) fluctuations are not entirely understood. They are triggered by increased \( \text{Ca}^{2+} \) levels [39] and abolished by \( \text{Ca}^{2+} \) chelators [3], suggesting a key role of \( \text{Ca}^{2+} \) ions. Indeed, a rise in [\( \text{Ca}^{2+} \)]e stimulates oxidative phosphorylation [27], and by releasing \( \text{Ca}^{2+} \), the ER is capable of modulating mitochondrial function [19, 25, 28, 34]. Vice versa—as we reported recently—also mitochondria by generating reactive oxygen species are capable of triggering \( \text{Ca}^{2+} \) release from the ER [19]. Our present observations strongly suggest that in hippocampal astrocytes, the \( \text{Ca}^{2+} \) that drives the \( \Delta \Psi_m \) fluctuations is released from the ER rather than entering the cell, which is similar to findings in cardiomyocytes [14]. Increasing \( \Delta \Psi_m \) intensifies the electrochemical gradient for \( \text{Ca}^{2+} \) uptake and the driving force for ATP synthesis. Accordingly, when astrocytes are exposed to neurotransmitters during neuronal activity, \( \text{Ca}^{2+} \) release from intracellular stores and the generation of \( \text{Ca}^{2+} \) microdomains might activate and energize nearby mitochondria for the metabolic demand associated with, e.g., \( \text{K}^- \) and neurotransmitter uptake from interstitial space.

Metabolic challenge

In addition to being part of physiological organelle crosstalk, \( \Delta \Psi_m \) fluctuations may also be evoked by pathophysiological events such as excitotoxic stimuli, oxidative stress, and intense illumination/phototoxicity [3, 22, 30, 39] and—at least for non-neuronal mitochondria—transient opening of the permeability transition pore was proposed as another underlying mechanism [22, 23]. In our experiments, glutamate occasionally triggered \( \Delta \Psi_m \) fluctuations in previously “silent” mitochondria. Yet in general, increasing the metabolic load by low \( \text{K}^- \) solutions or glutamate treatment as well as hypoxia, chemical mitochondrial poisoning, or uncoupling blocked the \( \Delta \Psi_m \) fluctuations. The antagonistic effect of low \( \text{K}^- \) solutions confirms that a massive \( \text{Ca}^{2+} \) load even without a pronounced glial depolarization is sufficient to abolish \( \Delta \Psi_m \) fluctuations.

In line with the concept that \( \Delta \Psi_m \) fluctuations represent on–off transitions of oxidative phosphorylation, hypoxia, complex IV blockers (CN\(^-\), NaN\(_3\)), and mitochondrial uncoupling (FCCP) abolished the \( \Delta \Psi_m \) fluctuations. Such pharmacological inhibition was more efficient than massive \( \text{Ca}^{2+} \) influx, obviously due to a direct effect on respiratory complexes and/or the mitochondrial proton gradient. Altogether, these results confirm that \( \Delta \Psi_m \) fluctuations are restricted to functional mitochondria and hence can be taken as an indication of mitochondrial viability. Nevertheless, it still remains to be elucidated, why only a certain fraction of an intact mitochondrial population produces \( \Delta \Psi_m \) fluctuations. For this task, JC-1 seems a valuable tool.

Also, the responses to metabolic compromise varied to some degree within the mitochondrial population. Some mitochondria appeared to remain at a stable relatively polarized potential despite of close proximity to massively depolarizing mitochondria. Clearly, this cannot be explained by differences in \( \Delta \Psi_m \) at the time-point of drug administration or uneven intracellular drug distribution. Such heterogeneity was also reported for the timing of the mitochondrial permeability transition in HeLa cells [7]. In part, also the slow disaggregation kinetics of the JC-1 J-aggregates may have contributed to the delayed and/or more subtle responses of some mitochondria to metabolic compromise.

Concluding remarks

Combining high-resolution imaging with the ratiometric properties of JC-1 revealed that mitochondria in hippocampal astrocytes exhibit a marked heterogeneity that is complemented by structural and functional plasticity. Even though mitochondria are largely autonomous organelles, we found that \( \Delta \Psi_m \) is—at least partly—defined and modulated by their immediate cellular environment, which involves interactions with other cellular organelles. Pronounced \( \Delta \Psi_m \) fluctuations which seem to indicate mitochondrial viability can clearly arise from spatial proximity to the ER. The localized \( \text{Ca}^{2+} \) changes eliciting such \( \Delta \Psi_m \) fluctuations were confirmed to represent a possible communication mode in organelle crosstalk. Identification of further cellular events underlying mitochondrial heterogeneity and functional plasticity will be crucial for the understanding of mitochondrial (patho-)physiology in defined cellular compartments. Mitochondrial heterogeneity may give rise to the formation of cytosolic microdomains—such as localized \( \text{Ca}^{2+} \) changes, output of reactive oxygen species, and ATP generation—which may critically modulate cellular signaling or even initiate neurodegenerative alterations. In this aspect, the established ratiometric approach of JC-1-based mitochondrial analysis in combination with high-resolution/two-photon microscopy constitutes a valuable optical tool enabling functional and time-resolved organelle analyses at the level of individual mitochondria and mitochondrial superstructures such as long filaments.

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