Midbrain circuits that set locomotor speed and gait selection

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Locomotion is a fundamental motor function common to the animal kingdom. It is implemented episodically and adapted to behavioural needs, including exploration, which requires slow locomotion, and escape behaviour, which necessitates faster speeds. The control of these functions originates in brainstem structures, although the neuronal substrate(s) that support them have not yet been elucidated. Here we show in mice that speed and gait selection are controlled by glutamatergic excitatory neurons (GlutNs) segregated in two distinct midbrain nuclei: the cuneiform nucleus (CnF) and the pedunculopontine nucleus (PPN). GlutNs in both of these regions contribute to the control of slower, alternating-gait locomotion, whereas only GlutNs in the CnF are able to elicit high-speed, synchronous-gait locomotion. Additionally, both the activation dynamics and the input and output connectivity matrices of GlutNs in the PPN and the CnF support explorative and escape locomotion, respectively. Our results identify two regions in the midbrain that act in conjunction to select context-dependent locomotor behaviours.

Activities such as exploring the surroundings, searching for food or escaping from danger depend on locomotor movements. The episodic nature of locomotion requires cycles of initiation and termination. In addition, during locomotion and depending on behavioural demands, changes of speed are necessary. In quadrupeds this function is often associated with changes in limb coordination, resulting in different gaits1. In mice, the alternating gaits—walk and trot—are associated with slow locomotor speeds, whereas the synchronous gaits—gallop and bound—involve fast locomotor speeds2 and are mostly used during escape-like behaviour. The executive locomotor circuits that control the coordination of muscle activity are localized in the spinal cord3–6, however the commands for initiation and gait selection may originate in different supraspinal structures. The most important neuronal structure that has been implicated in these functions is the mesencephalic locomotor region (MLR)7–9, which is located in the midbrain.

The MLR was first defined functionally in cats as a region localized in or around the CnF, in which continuous electrical stimulation evoked persistent locomotion10. Analogues of the MLR have been observed in many vertebrates—including fish, rodents, primates and humans8,9,11,12—but with conflicting results as to their anatomical location. In addition to the CnF, the more ventrally located PPN has also been implicated in locomotor control. Besides being anatomically separated, each of these regions contain neurons with diverse transmitter phenotypes with excitatory long-range projection neurons—glutamatergic in the CnF and both glutamatergic and cholinergic in the PPN—intermingled with local inhibitory interneurons11,12. Electrical stimulation or lesion studies are therefore unable to distinguish the contribution from the various intermingled neuronal populations present in these areas1,2,13. Recently, optogenetic manipulations have shown that stimulation of GlutNs in and around the PPN induces locomotion in mice14. The MLR has thus been previously regarded as a single entity, precluding any evaluation of the putative divergent control of locomotion by subpopulations of neurons in the CnF and the PPN. As such, the question of whether—and if so, how—neuronal populations of the CnF and the PPN control locomotion remains unanswered.

Here we address this question by using cell-type-specific targeting to modulate and record the activity of neurotransmitter-defined neurons in either the CnF or the PPN. Our results reveal that the MLR is defined by glutamatergic subpopulations of neurons in both the PPN and the CnF that may act in conjunction to control slower, alternating-gait locomotion. Furthermore, glutamatergic neurons in the PPN promote locomotion for the purpose of explorative behaviour, whereas those in the CnF promote escape locomotion. Our study identifies circuits that have key roles in the appropriate command pathways for selecting locomotor outputs contingent on behavioural contexts.

Control of speed by CnF and PPN cells

The anatomical locations of the CnF and the PPN are shown in Fig. 1a, b. The glutamatergic cells in the CnF and the PPN express the vesicular glutamate transporter 2, Vglut2 (Allen Brain Atlas and ref. 15 (Fig. 1c)). Therefore, to target glutamatergic neurons in the CnF or the PPN, we injected a Cre-dependent adeno-associated virus (AAV) carrying channelrhodopsin-2 (ChR2) and the fluorescent tags mCherry or enhanced yellow fluorescent protein (eYFP) (denoted AAV-DIO-ChrR2-eYFP/mCherry) into Vglut2cre mice (ref. 16, Fig. 1d; injection sites in Extended Data Fig. 1a, b).

In a linear corridor1, unilateral light activation of Vglut2Cre ChR2 CnF neurons led to the initiation of full-body locomotion in resting mice (N = 9 out of 9 mice; locomotor movements detected in 115 out of 131 trials, 88%). Increasing the stimulation frequencies stepwise from threshold values of around 2–5 Hz to maximum frequencies at 50 Hz progressively increased the speed of locomotion (P < 0.05, Kruskal–Wallis test, post hoc analysis with Bonferroni correction for multiple comparisons; between speeds at different frequencies shown in Fig. 1e, h, blue line and Extended Data Fig. 2a; P < 0.001, Spearman correlation r = 0.32 between frequency of stimulation and maximum speed, Supplementary Video 1). The activation of Vglut2Cre ChR2 neurons in PPN sites in Extended Data Fig. 1a, b; locomotor movements detected in 114 out of 131 trials, 88%). Increasing the stimulation frequencies stepwise from threshold values of around 2–5 Hz to maximum frequencies at 50 Hz progressively increased the speed of locomotion (P < 0.05, Kruskal–Wallis test, post hoc analysis with Bonferroni correction for multiple comparisons; between speeds at different frequencies shown in Fig. 1e, h, blue line and Extended Data Fig. 2a; P < 0.001, Spearman correlation r = 0.32 between frequency of stimulation and maximum speed, Supplementary Video 1). The activation of Vglut2Cre ChR2
CnF neurons produced a wide range of speeds (Fig. 1i, blue) and all gaits: the alternating gaits of walk and trot and the synchronous gaits of gallop and bound (Fig. 1e, j, top)\(^1\). The onset of locomotion was in the range of 100 to 150 ms (Extended Data Fig. 2c, blue line) and remained constant with the variation of stimulation frequency (\(P > 0.05\), Kruskal–Wallis test). Light activation of the Vglut2\(^{−}\)/ChR2 PPN neurons also initiated locomotion from rest (Fig. 1f, g, \(N = 5\) out of 7 mice; movements detected in 31 out of 67 trials, 46%). Low-frequency stimulation (<10 Hz) was not able to induce locomotion (Fig. 1h; Extended Data Fig. 2b). Increasing the frequency of stimulation increased the speed of locomotion (\(P > 0.05\), Spearman correlation), however very high speeds were not obtained (Fig. 1g, h, red; Extended Data Fig. 2b)—the maximum speed when stimulating Vglut2\(^{−}\)/ChR2 PPN neurons was 19 cm s\(^{-1}\), compared with 56 cm s\(^{-1}\) for Vglut2\(^{−}\)/ChR2 CnF neurons (\(P < 0.001\), Mann–Whitney U-test; Fig. 1i, Supplementary Video 2). Gallop and bound were also not induced upon increasing the stimulation frequency (Fig. 1g, j, bottom). In addition, the onset of the initiation of locomotion was significantly longer (0.2–1.5 s) after the stimulation of Vglut2\(^{−}\)/ChR2 PPN neurons compared with Vglut2\(^{−}\)/ChR2 CnF neurons (Extended Data Fig. 2c, red line; \(P < 0.05\), Mann–Whitney U-test). Stimulation of Vglut2\(^{−}\)/ChR2 PPN neurons (expression of ChR2 in Extended Data Fig. 1b) during ongoing locomotion modulated the speed (\(P = 0.03\), Wilcoxon signed-rank test), causing an overall increase in speed of 18% compared with that before light onset (Extended Data Fig. 2d). However, the speed after stimulation remained within the ranges of walk and trot, confirming that selective activation of Vglut2\(^{−}\)/ChR2 PPN neurons could not initiate fast, synchronous gaits.

The frequency of stimulation did not directly translate into the observed stepping frequency. However, the relationship between stepping frequency and the velocity of locomotion (Extended Data Fig. 2e) was similar to that seen during spontaneous locomotion in wild-type mice\(^1\), showing that locomotor activity resulting from light stimulation is similar to that exhibited naturally.

The optogenetically-induced locomotor phenotypes were linked to glutamatergic neurons in PPN or CnF. Locomotion was not induced by stimulation of the local inhibitory neurons in the PPN and the CnF\(^1\), or the cholinergic cells in the PPN, and their activation slowed or stopped ongoing locomotion (Extended Data Fig. 3a–e).

**Dual and singular control of locomotion**

The optogenetically induced locomotor phenotypes raise the question of whether activity in glutamatergic neurons in both the PPN and the CnF, or in either location independently, is necessary to maintain ongoing locomotion at different speeds. We therefore performed experiments that selectively dampened the activity of the identified populations using the inhibitory muscarinic designer receptor hM4Di (iDREADD), which is activated by clozapine N-oxide (CNO)\(^19\,20\). Vglut2\(^{−}\) mice were bilaterally injected with iDREADDs in both structures (CnF, \(N = 8\); PPN, \(N = 9\); CnF and PPN, \(N = 6\); injection sites shown in Extended Data Fig. 4).

In non-viral-injected mice, no difference was seen in the instantaneous speed attained on a treadmill after treatment with either saline injections or intraperitoneal CNO (1 mg kg\(^{-1}\) (Extended Data Fig. 5a). Test mice with viral infections that received saline attained average speeds of 26–27 cm s\(^{-1}\) and maximum speeds of 47–55 cm s\(^{-1}\) (Fig. 2a, b), corresponding to the slow walk/trot and fast trot ranges,
respectively, of spontaneous locomotion in untreated adult mice. When Vglut2+ iDREADDs CnF neurons were inactivated, there was a reduction in both the average and the maximum speed (before versus after CNO treatment, average speed 27 cm s⁻¹ versus 20 cm s⁻¹, maximum speed 50 cm s⁻¹ versus 41 cm s⁻¹, Mann–Whitney U-test $P < 0.05$, Fig. 2a, b); similar results were obtained when Vglut2+ iDREADDs PPN neurons were inhibited (average speed 27 cm s⁻¹ versus 18 cm s⁻¹, maximum speed 54 cm s⁻¹ versus 43 cm s⁻¹, Mann–Whitney U-test $P < 0.05$, Fig. 2a, b). These effects developed over time, with the maximum effects observed after 30 min (Extended Data Fig. 5b–g). Notably, when the iDREADD virus was injected in both the PPN and the CnF bilaterally, the mice could achieve only very slow forward locomotion—maximum speed 50 cm s⁻¹ after CNO treatment, average speed 27 cm s⁻¹ (Extended Data Fig. 6a). We recorded from a total of 169 Vglut2+ CnF neurons and 493 Vglut2+ PPN neurons; Figure 4a, b shows example neurons in the two structures. The Vglut2+ ChR2 CnF neuron (Fig. 4a) showed a notable correlation between speed and firing rate. The depicted Vglut2+ ChR2 PPN neurons were recruited at the beginning of the locomotor bout gallop or bound was observed in 94% of the trials (66 out of 70, $N = 6$, Fig. 3b). After treatment with CNO, the same mice were unable to produce high-speed escape-like actions, and showed no or only isolated signs of gallop or bound in 23% of the trials (18 of 79 trials, $N = 6$, $P < 0.05$, Wilcoxon signed-rank test; Fig. 3b). We next tested if gallop and bound could be initiated upon activation of the Vglut2+ CnF neurons independently of a functioning PPN, by bilateral injection of iDREADDs into Vglut2+ PPN neurons and ChR2 into Vglut2+ CnF neurons (Fig. 3c, $N = 4$). Light activation of Vglut2+ CnF neurons induced a range of locomotor speeds, and all gaits—including gallop and bound—both before and after CNO injection, with only a reduction in the maximum speeds observed after CNO treatment (Fig. 3c, d; Supplementary Video 3). These results show that glutamatergic neurons in the CnF are necessary for producing gallop and bound, and that they can induce these gaits independently of the glutamatergic neurons in the PPN.

Neuronal firing and its relationship to speed

The complementary roles of glutamatergic neurons in the CnF and the PPN in regulating the speed of alternating locomotion may be reflected in their firing activity. We therefore recorded the activity of CnF and PPN neurons extracellularly when mice were walking or trotting on a treadmill ($0–30$ cm s⁻¹). Glutamatergic neurons were infected with AAV-DIO-ChR2 in either the CnF ($N = 2$) or the PPN ($N = 2$), and identified as infected by their short latency (up to 5 ms) and constant jitter responses to brief pulses of blue light (Fig. 4; Extended Data Fig. 6a). We recorded from a total of 169 Vglut2+ CnF neurons and 493 Vglut2+ PPN neurons; Figure 4a, b shows example neurons in the two structures. The Vglut2+ ChR2 CnF neuron (Fig. 4a) showed a notable correlation between speed and firing rate. The depicted Vglut2+ ChR2 PPN neurons were recruited at the beginning of the locomotor bout.
and then slowly derecruited (Fig. 4b, top), showed no modulation with speed (Fig. 4b, middle), or showed a clear modulation with the speed of locomotion (Fig. 4b, bottom).

For further quantitative analysis, we considered only the glutamatergic neurons in the PPN and the CnF for which the firing rate was modified upon changes in speed (Spearman correlation $P < 0.01$; PPN, $n = 105$, median correlation 0.63; CnF, $n = 79$, median correlation 0.63) (Extended Data Fig. 6b). Among these cells, differences were observed between the firing distributions of Vglut2$^+$ ChR2 CnF neurons and Vglut2$^+$ ChR2 PPN neurons during rest and movement (Fig. 4c, rest: average activity CnF 1.62 versus PPN 7.27; movement: maximum activity CnF 16.75 versus PPN 19.53; both $P < 0.05$, Mann–Whitney U-test).

We quantified these firing profiles by computing a speed selectivity index, which weights how much stronger the firing rate is at a specific speed compared to the activity at rest (Fig. 4d). Neurons in both the CnF and the PPN showed selectivity with respect to their baselines (Fig. 4d, $P < 0.05$, Wilcoxon signed-rank test against baseline with post hoc Bonferroni correction). Nevertheless, the selectivity was different: Vglut2$^+$ ChR2 PPN neurons were more selective at the lowest treadmill speed (below 5 cm s$^{-1}$) whereas Vglut2$^+$ ChR2 CnF neurons were more selective at the highest treadmill speed (above 20 cm s$^{-1}$) ($P < 0.05$, Mann–Whitney U-test with post hoc Bonferroni correction).

The relationship between firing rate and speed supports the suggestion that glutamatergic neurons in both the CnF and the PPN contribute towards programming the speed of alternating gait locomotion. At the lowest speeds, the PPN neurons have a greater contribution than those of the CnF, whereas the CnF neurons show the strongest contribution at higher speeds.

**The PPN is involved in exploratory behaviour**

The different firing behaviour of the PPN and the CnF neurons raises the possibility that they might be mobilized differently to support slow, explorative behaviour. We therefore measured explorative behaviour using the hole-board test$^{2,22}$ (Fig. 5a), a context that encourages slow-speed locomotion for exploratory purposes. Mice were injected bilaterally with iDREADDs targeting Vglut2$^+$ neurons in either the CnF or the PPN (Fig. 5b, c). Changes in locomotion induced by Vglut2$^+$ iDREADD CnF neurons or Vglut2$^+$ iDREADD PPN neurons were measured by the average speed of locomotion, the distance travelled and the ambulation time in the same mouse after the injection of either saline or CNO. CnF-injected mice ($N = 6$) did not show any differences in these locomotor parameters (Wilcoxon signed-rank test, saline versus CNO, $P > 0.05$), whereas PPN-injected mice ($N = 6$) showed a significant reduction in the total distance travelled and the average speed (Wilcoxon signed-rank test, saline versus CNO, $P < 0.05$) (data not shown). As a measure of exploration, we measured the number and the fraction of time of head-dips. Before and after the inactivation of Vglut2$^+$ iDREADD CnF neurons, there was no difference in these parameters (Fig. 5b, $N = 6$; $P > 0.05$, Wilcoxon signed-rank test), however both were significantly reduced upon the inactivation of Vglut2$^+$ iDREADD PPN neurons, ($N = 6$; $P < 0.05$, Wilcoxon signed-rank test). These results support the suggestion that glutamatergic PPN activity may facilitate slow, explorative locomotor behaviour.

Next, we tested whether PPN activation could also increase exploration. Vglut2$^+$ neurons in the CnF or the PPN ($N = 2$ and 4, respectively; Extended Data Fig. 7) were infected with ChR2 (Fig. 5d, e) and stimulated for 10 s (40 Hz) at random times throughout the five-minute exploration period (Supplementary Video 4). There was a significant reduction in head-dipping before and after stimulation of the CnF (Fig. 5d, $P < 0.05$, Mann–Whitney U-test, $n = 40$ repetitions in $N = 2$ mice)—due to the induction of escape-like behaviour—but a significant increase in both the number and the fraction of time of head-dips during stimulation of the PPN (Fig. 5e, $P < 0.05$, Mann–Whitney U-test, $n = 53$ repetitions in $N = 4$ mice). These experiments further support the idea that activity in Vglut2$^+$ PPN neurons facilitates movements at slow speeds for the purpose of explorative behaviour.

![Figure 5](https://example.com/figure5.png)

**Brain–wide inputs to the CnF and the PPN**

To investigate the regulation of glutamatergic excitatory neurons of the CnF and the PPN, we traced the sources of neuronal inputs into each structure using rabies-based mono-synaptically restricted retrograde trans-synaptic circuit tracing (refs 23, 24; Methods; Fig. 6). Trans-synaptically labelled neurons are visualized as red-only neurons in Fig. 6a. The overall distribution of projecting neurons to the Vglut2$^+$ CnF neurons or the Vglut2$^+$ PPN neurons was visibly different (orange dots in Fig. 6b; PPN, $N = 3$; CnF, $N = 3$). Most inputs were ipsilateral to the injection site, and inputs to Vglut2$^+$ CnF neurons were more restricted compared to those of the Vglut2$^+$ PPN neurons.

The main inputs to Vglut2$^+$ PPN neurons originate in midbrain structures (Fig. 6c) and sensory-motor and raphe nuclei in the brainstem (Fig. 6d). Furthermore, Vglut2$^+$ PPN neurons also receive direct input from the output nuclei in the basal ganglia (Fig. 6e, f). Sparse inputs were found from sensory-motor and frontal cortices or the hypothalamus (Fig. 6c). Therefore, Vglut2$^+$ PPN neurons integrate sensory-motor information from many brain structures. Conversely, Vglut2$^+$ CnF neurons receive little input from basal ganglia output nuclei (Fig. 6e, f) or from cortices, but stronger projections from midbrain structures (for example the periaqueductal grey or the inferior colliculus, Fig. 6c, d) that have been assigned a role in escape responses$^{25,26}$.

Lastly, Vglut2$^+$ neurons in the CnF and the PPN have reciprocal projections, with dominant projections from the CnF to the PPN (Extended Data Fig. 8); these provide gateways for Vglut2$^+$ CnF neurons to modulate PPN neurons in the range of slower, alternating locomotion.

**Convergent and divergent outputs**

Descending projections from Vglut2$^+$ CnF neurons and Vglut2$^+$ PPN neurons were evaluated using transmitter-specific anterograde tracing (Extended Data Fig. 9a). Few neurons projected directly to the cervical and thoracic spinal cord (see also refs 27–29) (Extended Data Fig. 9c5). Vglut2$^+$ PPN neurons have broad—predominantly ipsilateral—projections, including to motor-related nuclei in the pons as well as to modulatory nuclei (Extended Data Fig. 9b, c1–4). Most of these brainstem nuclei project to the spinal cord in mice$^{27}$. By contrast, the CnF has more restricted projection, and both overlapping and non-overlapping projections with the PPN in the medulla (Extended Data Fig. 9c1–4).
Conclusions

Our study shows that two transmitter-defined and spatially segregated populations of neurons in the mouse midbrain form command pathways that encode speeds of locomotion in complementary ways. Neuronal circuits in the PPN and the CnF both contribute to the maintenance and speed regulation of slower locomotion, whereas only the CnF is able to elicit high-speed, synchronous locomotor activity. The functional locomotor signatures are linked to the activity of the glutamatergic neurons in the CnF and the PPN. The focus on speed control and the selection of gaits provides a combined solution to understanding the functional organization of the midbrain structures involved in locomotor control. The concept of a unitary mesencephalic locomotor region in mammals is therefore refined by a more advanced model, in which the locomotor control function resides in both the PPN and the CnF.

The support of slow exploratory and fast escape behaviour by glutamatergic PPN and CnF neurons, respectively, suggests that these neuronal circuits may be recruited in specific behavioural contexts. The differential input matrices into glutamatergic neurons in the CnF or the PPN also suggest the existence of dual functions in addition to the combined control of alternating gaits. The strong inputs into Vglut2+ CnF neurons from the periaqueductal grey (especially the dorsal part), the inferior colliculus and the hypothalamus are in accordance with previous anatomical findings and suggest that CnF-mediated fast locomotion may be generated as part of an escape response independent of the PPN. As previously shown, PPN neurons receive rich projections from basal ganglia nuclei, but also from many midbrain and medullary sensory-motor nuclei as well as from the motor cortex. This innervation pattern is in accordance with a role of glutamatergic PPN neurons in exploratory locomotor behaviour under the motor action selection of the basal ganglia. The strong connection from the basal ganglia also suggests that dysregulation of glutamatergic neurons in the PPN may have important roles in locomotor disability related to Parkinson’s disease.

The descending projections from glutamatergic CnF and PPN neurons suggest that the speed signal is funnelled through diverse brainstem nuclei, which in turn project to the locomotor networks in the spinal cord. The convergent projections of the CnF and the PPN to regions that contain excitatory reticulospinal neurons provide a gateway to support alternating gaits in a speed-dependent manner. This area may also be accessed from the CnF independent of the PPN, as the CnF can initiate gallop and bound without activity in the PPN. Conversely, neurons in the PPN project more broadly to nuclei in the pons and the medulla, which are mostly devoid of CnF projections, and may provide descending pathway(s) involved in slow, explorative locomotor behaviour.

Online Content

Methods, along with any additional Extended Data display items and Source Data, are available in the online version of the paper; references unique to these sections appear only in the online paper.

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Supplementary Information is available in the online version of the paper.

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Author Contributions O.K. initiated the project. V.Cag., R.L., H.G.-E. and O.K. designed the experiments with contributions from all authors. V.Cag. and R.L. performed optogenetic experiments, in vivo recordings and analysis. C.B. and H.G.-E. contributed to locomotor gait analysis, and J.B. to the initial optogenetic experiments. H.G.-E. and D.M. were responsible for chemogenetic inactivation experiments together with R.L. and V.Cag., and all analysed the data together with O.K. H.G.-E. and R.L. performed anatomical analysis with V.Cag. V.Cal. carried out in situ hybridisations. V.Cag. and O.K. wrote the paper with contributions from all authors. O.K. supervised all aspects of the work.

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METHODS

Data reporting. The experiments were not randomized. For the hole-board experiments, the investigators were blinded to treatment allocation and outcome assessment. For all other experiments, the investigators were not blinded to allocation during experiments and outcome assessment. No statistical methods were used to predetermine sample size.

Mice. All experiments were approved by the local ethical committee (Stockholm Norra djuretiska näm). For most experiments, adult Vglut2\textsuperscript{cre} transgenic mice\textsuperscript{16} were used (3–5 months old, of both sexes). In some experiments, adult Vglut2\textsuperscript{cre} and Chat\textsuperscript{cre} (Chat-IREs-Cre knock-in, Jackson Laboratory) transgenic mice were used (8–14 weeks old, of both sexes). Chat\textsuperscript{cre} mice were crossed with Rosa26-CAG-LSL-Chr2-eYFP-WPRE mice (Jackson Laboratory). Mice were genotyped before the experiments.

In vivo optogenetic experiments. For viral transfection of Vglut2-expressing neurons, Vglut2\textsuperscript{cre} mice aged 3–5 months were anaesthetized with isoflurane. For activation experiments, 100–300 nl of an AAVdj-EF1a-DIO-hChR2-p2A-mCherry-WPRE virus was pressure-injected using a glass micropipette into the CnF (anteroposterior angle 15°, from bregma: anteroposterior −5.7 mm, mediolateral 1.2 mm, depth 2.9 mm) or the PPN (anteroposterior angle 20°, from bregma: anteroposterior −5.9 mm, mediolateral 1.2 mm, depth 4.2 mm). In the same surgery, an optical fibre (200 μm core, numerical aperture 0.22, Thorlabs) held in a 1.25 mm ferrule was implanted (500 μm above the injection site) for stimulation of the transfected cells. To reduce firing in Vglut2-expressing neurons, 100–200 nl of an AAV-h$hyn$-DIO-hM4D(Gi)-mCherry virus (UNC vector core) was bilaterally injected in either the CnF or the PPN, or in both structures.

When accessing the PPN, great care was taken not to damage the CnF by adjusting the angle to 20°. By measuring the response evoked from stimulation of the CnF in mice (N = 2) expressing ChR2 in both the CnF and the PPN, we confirmed that actually lowering the optical fibre to stimulate first the CnF and then the PPN did not damage the CnF. Thus, the same activation of both the CnF and the PPN was obtained both when lowering and retracting the probe, demonstrating that damage to the CnF did not account for the findings in the PPN.

Some mice were injected bilaterally with AAV-h$hyn$-DIO-hM4D(Gi)-mCherry virus in the PPN, and unilaterally with AAVdj-EF1a-DIO-hChR2-p2A-eYFP-WPRE and implanted for optical stimulation of the CnF. For the first week after surgery, all mice were treated daily with analgesics and monitored for any sign of discomfort.

Optogenetic stimulation. A 473 nm laser (Optoduet, Ikecool Corporation) was connected to the ferrule that was chronically implanted on the mice through a ceramic mating sleeve. For light-activation of ChR2-transfected neurons, we used trains of light pulses (Master-8 pulse generator, AMPI or custom-made MATLAB scripts connected to the ferrule that was chronically implanted on the mice through a ceramic mating sleeve). When accessing the PPN, great care was taken not to damage the CnF by adjusting the angle to 20°. By measuring the response evoked from stimulation of the CnF in mice (N = 2) expressing ChR2 in both the CnF and the PPN, we confirmed that actually lowering the optical fibre to stimulate first the CnF and then the PPN did not damage the CnF. Thus, the same activation of both the CnF and the PPN was obtained both when lowering and retracting the probe, demonstrating that damage to the CnF did not account for the findings in the PPN.

For activation experiments, 100–300 nl of an AAVdj-EF1a-DIO-hChR2-p2A-mCherry-WPRE virus (UNC vector core) was bilaterally injected in either the CnF or the PPN, or in both structures.

When accessing the PPN, great care was taken not to damage the CnF by adjusting the angle to 20°. By measuring the response evoked from stimulation of the CnF in mice (N = 2) expressing ChR2 in both the CnF and the PPN, we confirmed that actually lowering the optical fibre to stimulate first the CnF and then the PPN did not damage the CnF. Thus, the same activation of both the CnF and the PPN was obtained both when lowering and retracting the probe, demonstrating that damage to the CnF did not account for the findings in the PPN.

Some mice were injected bilaterally with AAV-h$hyn$-DIO-hM4D(Gi)-mCherry virus in the PPN, and unilaterally with AAVdj-EF1a-DIO-hChR2-p2A-eYFP-WPRE and implanted for optical stimulation of the CnF. For the first week after surgery, all mice were treated daily with analgesics and monitored for any sign of discomfort.

Anterograde labelling. For anterograde labelling, 50–100 nl of cell-filling AAVdj-EF1a-DIO-hChR2-p2A-mCherry-WPRE and AAVdj-EF1a-DIO-hChR2-p2A-eYFP were injected into the CnF and the PPN, respectively. The mice were euthanized six weeks after the injection.

Sectioning, histology, and imaging. Adult mice were anaesthetized with pentobarbital and perfused with 4% (w/v) paraformaldehyde in PBS. Brains and spinal cords were removed and post-fixed for 3 h in 4% paraformaldehyde. After fixation, tissues were rinsed in PBS, cryoprotected in 25% (w/v) sucrose in PBS overnight and frozen in Neg-50 embedding medium. Coronal sections (30–40 μm thick) were cut on a cryostat.

Sections were permeabilized with PBS and 0.5% (w/v) Triton X-100 (PBST) and blocked in PBST supplemented with 5% (v/v) normal donkey serum (Jackson Immunoresearch), before incubation for 24–48 h at 4°C with one or several of the following primary antibodies diluted in PBST supplemented with 1% normal donkey serum: chicken anti-GFP (1:1,000, Abcam, ab19370), rabbit anti-mCherry (1:1,000, Clontech 632496), goat anti-CHAT (1:100, Millipore AB144P), rabbit anti-Cre (1:8,000, a gift from G. Shu; see ref. 16), secondary antibodies (F(ab')2; fragments) were obtained from Jackson Immunoresearch or Invitrogen, used at 1:500 and incubated for 3 h at room temperature in PBST 1% normal donkey serum. A fluorescent Nissl stain (NeuroTrace Blue 435/455, 1:200, Life Technologies) was added during the primary antibody incubation. No antibody was required to detect the rabies–mCherry labeling. Slides were rinsed, mounted in Prolong Diamond Antifade mounting medium (Life Technologies) and scanned on a confocal laser scanning microscope (LSM510 or LSM700, Zeiss Microsystems) using 10×, 20× and 40× objectives.

Fluorescent in situ hybridization combined with immunofluorescence labelling was performed as previously described\textsuperscript{16} using a Vglut2 probe spanning the base pairs 540–983 (produced by L. Borgius).

Assessment of fibre placement and viral expression pattern. The assessment of the position of the optical fibre tip was based on the visible tract in the tissue. The extent of virus expression in Vglut2\textsuperscript{cre} or Vglut2\textsuperscript{cre} mice was evaluated by outlining the area of expression on sections from individual mice redrawn from a mouse brain atlas, and then superimposing all mice at 30% transparency to highlight the average expression in each group (see ref. 40). Mice with no successful bilateral injections were excluded from the analysis.

Trans-synaptic labelling experiments. For trans-synaptic labelling experiments, all sections were serially collected spanning the whole brain, from the C1 vertebral level to the olfactory bulbs. Each third section was scanned for analysis. Each slice was captured with at least two channels: one for the Nissl staining, and the other for the mCherry that enables the detection of rabies-infected neurons. In addition, a third channel was used to detect the GTB in primary-infected neurons at the site of injection. The analysis consisted of two parts. First, anatomical landmarks were identified based on the Nissl staining and matched (affine transformation followed by cubic B-spline transformation) to the coordinate framework (CCF v3) of the Allen Mouse Brain Atlas at 25-μm resolution with custom-made MATLAB scripts. Second, single neurons were automatically detected based on pixel values above the first of eight thresholds computed using Otus’s method. Then, the sections were manually checked to remove fluorescent counts that were inaccurately detected as neurons or to add neurons that were not detected automatically. Projection to the standardized Allen Mouse Brain Atlas was performed via the B-spline maps
computed in the first step. A contrast enhancement and a noise reduction filter were applied using ImageJ to images for publication.

**Gait data analysis.** Videos were analysed using scripts written in MATLAB. The speed of the mice was detected by colour segmentation with respect to the background and compensated for the movement of the camera in the corridor using the Lucas–Kanade method. The initiation of locomotion was defined as mouse displacement with speeds greater than 3 cm s$^{-1}$. Gait analysis was performed with the same methods as described previously$^{1-3}$. A step cycle was defined as a complete cycle of leg movement from the beginning of the stance phase (foot touchdown) to the end of the swing phase (foot touchdown again). The step frequency was defined as the inverse of the step-cycle duration. All steps were divided into four main gaits on the basis of footprint analysis. The classification of steps involved visual inspection followed by quantitative evaluation of limb coordination. For quantification, we identified the beginning of the stance phase (touchdown of the foot with the ground) and the beginning of the swing phase (lift-off of the foot from the ground) for all limbs in each step. Walk is defined as a pattern of limb movement in which three or four feet are on the ground simultaneously (speed $<25$–$30$ cm s$^{-1}$) (ref. 1). Trot is characterized by a pattern of movement in which diagonal pairs of limbs (for example, left forelimb and right hindlimb) move forward simultaneously and homologous pairs of limbs (for example, hindlimbs) are in alternation (speed $30$–$70$ cm s$^{-1}$) (ref. 1). Bound is a pattern of movement in which the mouse moves the forelimbs and hindlimbs in synchrony throughout the movement, but with the fore- and hindlimb moving out of phase (speed $80$–$150$ cm s$^{-1}$) (ref. 1). Gallop is characterized by synchronized hindlimb movement and out-of-phase forelimb movement (speed $60$–$120$ cm s$^{-1}$) (ref. 1).

**Neuronal recordings and analysis.** Linear arrays (NeuroNexus multi-site electrode, A1-X16-5 mm-100-413) were inserted into the CnF or the PPN through a microscope. Mice were placed on a custom-built treadmill, the speed of which could be continuously changed. Movement of the treadmill, laser stimulation and array data were stored at 25 kHz on a TDT logger and analysed offline. The maximum speed of the treadmill that mice could reliably follow in a head-fixed experimental set-up was 30 cm s$^{-1}$. Spike trains were aligned either to the speed of the treadmill or to the onset of the optical stimulation. Neurons infected with ChR2 were detected by their fast and reproducible response to 20 ms pulses of blue light. The neuronal activity was quantified in a window from 10 ms before light onset to 5 ms after light onset. Neurons that showed a significant increase in the instantaneous frequency of firing in the ‘after-light-onset-period’ compared to the ‘before-light-onset-period’ ($P<0.05$, Wilcoxon signed-rank test) and had a short-latency response were considered Vglut2$^+$ChR2 CnF or Vglut2$^+$ChR2 PPN neurons. We calculated the instantaneous frequency of firing and speed of locomotion in 500 ms bins and quantified the relationship between the firing rate and the speed of the treadmill by averaging the firing rate every 1 cm s$^{-1}$. A neuron was included as speed-related when it showed a significant correlation between the firing rate and the speed of the treadmill ($P<0.01$, Spearman correlation). A speed selectivity index was calculated as the absolute value of the average binned neuronal activity in specific speed ranges (for example, up to 5 cm s$^{-1}$, from 5 to 10 cm s$^{-1}$, etc.) minus the average neuronal activity at rest, and then divided by their sum. This index weighs how much the firing rate at a specific speed is stronger than the activity at rest. It is close to 1 when the firing rate at that given speed is markedly different to the baseline.

**Tracking in hole-board.** Head-dipping behaviour was recorded using a camera (30 frames per second) placed above the test box. Average speed, distance moved and duration of the head dips were measured using Ethovision software (Noldus Information Technology Inc.). The total number of head dips (hole visits) for each single hole was corrected by visual inspection of an experimenter blind to group and treatment. For optogenetically induced exploration, data were collected in 10 s stimulus periods. Only trials in which mice were exploring for less than 25% of the time before light stimulation were included in the analysis, to avoid behavioural adaptation.

**Data availability.** The datasets generated and/or analysed during the current study are available from the corresponding author upon reasonable request.

**Code availability.** Code used for analysis is available from the corresponding author upon reasonable request.

**Statistics.** Throughout the paper, the level of significance is indicated as * for $P<0.05$, ** for $P<0.01$ and *** for $P<0.005$. All statistical tests used were two-tailed. Exact $P$ values less than 0.001 were reported as $P<0.001$. Non-parametric Kruskal–Wallis tests were used for non-matched data, and Friedman tests were used for repeated measurements. Correction for multiple comparisons was performed using the Bonferroni method. Custom scripts in MATLAB or R were used for the generation of graphs and statistical measurements. Wherever reported, data are medians and error bars indicate the 25th and 75th percentiles of the distribution, unless specified otherwise.

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Extended Data Figure 1 | ChR2 expression in the CnF and the PPN. This figure summarizes the behavioural data in Fig. 1 and Extended Data Fig. 2a, b. a, Expression of ChR2 and fibre-tip positions in the CnF (left) and the PPN (right) for the data in Fig. 1 and Extended Data Fig. 2a–c. Coronal brain sections with viral expression from injected \( \text{Vglut}^\text{Cre} \) mice were superimposed on sections redrawn from a mouse brain atlas\(^{38}\).

The darker contour colours indicate the centre of expression, whereas the lighter colours indicate the border of the most extended expression. The round dots show the tip of the fibre. b, Expression of ChR2 and fibre-tip positions for the PPN data in Extended Data Fig. 2d. The mouse brain schematics in this figure have been reproduced with permission from Elsevier\(^{38}\).
Extended Data Figure 2 | Control of locomotion speed from glutamatergic neurons in the CnF and the PPN. a, b, Speed profiles of mice after the stimulation of Vglut2^-ChR2 CnF (a) and Vglut2^-ChR2 PPN (b) neurons. Top panels show the location of optical stimulation in the CnF (a) and the PPN (b). Middle panels show colour plots of individual trials after the stimulation of Vglut2^-ChR2 CnF (a) and Vglut2^-ChR2 PPN (b) neurons (Fig. 1). The x axis represents time and the y axis represents trials at different stimulation frequencies. Data are aligned to the onset of stimulation (stim.). The colour gradient illustrates speed, with dark blue representing no movement and colours towards yellow representing the increase in speed (up to 120 cm s^-1) of the mouse in the linear corridor. Bottom panels show speed profiles obtained as an average of the movements at each stimulation frequency. c, Latencies to onset of locomotion from the stimulation of Vglut2^-ChR2 PPN (red) and Vglut2^-ChR2 CnF (blue) neurons as a function of the stimulation frequency. Error bars indicate the 25th and 75th percentiles of the distribution. d, Post-stimulus locomotor speed plotted against pre-stimulus locomotor speed in Vglut2^-cre mice that had been injected in the PPN with AAV-DIO-ChR2-mCherry (n = 50 trials from N = 4 mice). e, Step frequency plotted against speed of locomotion for the stimulation of Vglut2^-ChR2 PPN neurons (red, n = 84 trials from N = 5 mice) or Vglut2^-ChR2 CnF neurons (blue, n = 173 trials from N = 9 mice).
Extended Data Figure 3 | See next page for caption.
Extended Data Figure 3 | Activation of inhibitory neurons in the CnF or the PPN, and cholinergic neurons in the PPN, does not initiate locomotion but may modulate ongoing locomotion. a–c, Top panels show the implantation of the optical fibre to stimulate inhibitory cells in the CnF (a) and the PPN (b), and the cholinergic cells in the PPN (c). AAV-DIO-ChR2 virus was injected in Vgatcre mice to target inhibitory cells, whereas cholinergic neurons expressed ChR2 transgenically by crossing Chatcre with RC26-ChR2flx/flx mice. Experiments were performed 3–4 weeks after injection of the virus, with mice locomoting spontaneously in a linear corridor. Middle and bottom panels show colour plots in which the x axis represents time and the y axis represents different trials, when the mice were not locomoting (middle panels, ‘still’) or when they were locomoting (bottom panels, ‘moving’) before the stimulation. Data are aligned to the onset of stimulation (dotted lines). The colour gradient illustrates speed, with dark blue representing no movement and colours towards yellow representing an increase in speed (up to 60–80 cm s⁻¹) of the mouse in the linear corridor. Speed before versus after stimulation: CnF-Vgat inhibitory neurons: from still, \( P > 0.05 \) Wilcoxon signed-rank test (two sided) (\( n = 18, N = 2 \)); when moving, from 27.9 cm s⁻¹ to 4.2 cm s⁻¹ \( P < 0.05 \) Wilcoxon signed-rank test (\( n = 22, N = 2 \)). PPN-Vgat inhibitory neurons: from still, \( P > 0.05 \) (\( n = 5, N = 2 \)); when moving from 27.6 cm s⁻¹ to 8.6 cm s⁻¹, \( P < 0.05 \) Wilcoxon signed-rank test (two-sided) (\( n = 34, N = 2 \)). Stimulation of long-projecting cholinergic cells in the PPN: from still, \( P > 0.05 \), Wilcoxon signed-rank test (\( n = 102, N = 5 \)); when moving: before 47.3 cm s⁻¹, after 22.9 cm s⁻¹, \( P < 0.05 \), Wilcoxon signed-rank test (two-sided) (\( n = 88, N = 5 \)). \( n \), number of trials; \( N \), number of mice. d, Diagram of viral expression and fibre-tip positions in Vgatcre mice in the CnF (left) and the PPN (right). e, Diagram of fibre-tip positions in Chatcre mice. The mouse brain schematics in this figure have been reproduced with permission from Elsevier.© 2018 Macmillan Publishers Limited, part of Springer Nature. All rights reserved.
Extended Data Figure 4 | Summary diagram of iDREADD injection sites in the CnF and the PPN. a, Expression of iDREADD in Vglut2⁺ neurons of the CnF (left, N = 8) or the PPN (right, N = 9) in mice used in Fig. 2. b, c, Coronal sections showing the expression pattern of iDREADD in Vglut2⁺ CnF (b) and Vglut2⁺ PPN (c) neurons. Scale bars, 500 μm. The mouse brain schematics in this figure have been reproduced with permission from Elsevier. © 2018 Macmillan Publishers Limited, part of Springer Nature. All rights reserved.
Extended Data Figure 5 | Control for CNO injection and time course of the silencing effect of glutamatergic neurons in the CnF and the PPN.

a, Average (left) and maximum (right) speeds attained by wild-type mice during treadmill experiments after the intraperitoneal injection of saline (black) and CNO (orange, 1 mg kg\(^{-1}\)) (N = 7). There was no significant difference in these speed parameters between the saline and CNO experiments (Wilcoxon signed-rank, two-sided, P > 0.45).

b–d, Sites of AAV-DIO-hM4D(Gi)–mCherry injection in Vglut2\(^{cre}\) mice in the CnF (b), the PPN (c) or the CnF and PPN (d). CNO was injected intraperitoneally and locomotor performance was tested on a treadmill. e–g, Graphs show the development of the inhibition of glutamatergic cells in the CnF (e, N = 3), the PPN (f, N = 3) or the CnF and PPN (g, N = 5) on maximal locomotor speed over time. Grey bars, baseline. Orange bars, time (in min) after CNO administration. Points show individual trials.
Extended Data Figure 6 | Latencies of the light activation of PPN and CnF neurons, and fractions of Vglut2⁺ChR2 neurons of the CnF and PPN with speed-related activity. 

**a**, Latencies of light activation of all cells included in the analysis. 

**b**, Distribution of Vglut2⁺ChR2 CnF neurons (blue bars, \( n = 79 \) out of 169) and Vglut2⁺ChR2 PPN neurons (red bars, \( n = 105 \) out of 493) showing the correlation of firing activity with the locomotor speed of the mouse. In both panels, grey bars indicate neurons that show no significant correlation with the speed (Spearman correlation test, \( P > 0.05 \)).
Extended Data Figure 7 | Summary of injection sites in the PPN and the CnF for hole-board stimulation experiments. a, Expression of ChR2 and fibre-tip positions in the CnF (left) or the PPN (right) for mice used in the experiments shown in Fig. 5d, e. The mouse brain schematics in this figure have been reproduced with permission from Elsevier.© 2018 Macmillan Publishers Limited, part of Springer Nature. All rights reserved.
Extended Data Figure 8 | Connectivity between the PPN and the CnF.

**a**, **b**, AAV-EF1a-FLEX-GTB helper virus followed by EnvA G-deleted-rabies–mCherry virus were unilaterally injected in the PPN (left, red) or the CnF (right, blue) in Vglut2\(^{cre}\) mice to trace inputs to glutamatergic neurons. Schematics summarizing the inputs to Vglut2\(^{+}\)PPN neurons (red) and Vglut2\(^{+}\)CnF neurons (blue) are shown in **a**; the thickness of the arrows indicates the amount of connectivity based on the counts of the normalized number of neurons as shown in **b**. Dashed arrows indicate sparse connectivity.
Extended Data Figure 9 | The CnF and PPN have different descending output matrices. a, Simultaneous unilateral injection (top) of AAV-DIO-ChR2 virus in the CnF (mCherry, red) and the PPN (eYFP, green) in Vglut2Cre mice (N = 3). Sagittal view of the brain (bottom) displaying the location in the brainstem (1–4) and the spinal cord (5) of the coronal sections shown in c, b. Coronal section showing ipsilateral and contralateral projection areas from glutamatergic PPN neurons. c1–5. Schematics and coronal sections showing projection areas from glutamatergic PPN (left, green) and CnF (right, red) neurons onto nuclei in the pons, medulla and spinal cord. In the schematics, the darker shades delineate the areas with the highest density of projections. In coronal sections, labelled processes are seen in black. Anatomical landmarks are indicated in the schematics. Scale bars, 200 μm. 4V, fourth ventricle; 7N, facial motor nucleus; Gi, gigantocellular nucleus; GiA, gigantocellular reticular nucleus, alpha part; GiV, gigantocellular reticular nucleus, ventral part; IOM, inferior olive, medial nucleus; Irt, intermediate reticular nucleus; LC, locus coeruleus; LPGi, lateral paragigantocellular nucleus; LRt, lateral reticular nucleus; MdV, medullary reticular nucleus, ventral part; PnC, pontine reticular nucleus, central part; PnV, pontine reticular nucleus, ventral part; py, pyramidal tract; pyx, pyramidal decussation; RMg, raphe magnus; ROb, raphe obscurus; RPa, raphe pallidus. The mouse brain schematics in this figure have been reproduced with permission from Elsevier. © 2018 Macmillan Publishers Limited, part of Springer Nature. All rights reserved.
# Life Sciences Reporting Summary

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## Experimental design

1. **Sample size**  
   Describe how sample size was determined.  
   - The same sample size is typically used in the literature.

2. **Data exclusions**  
   Describe any data exclusions.  
   - Only animals that got unhealthy or where viral injections were not correctly targeted were excluded from the study.

3. **Replication**  
   Describe whether the experimental findings were reliably reproduced.  
   - In most of the experiments several trials were performed.

4. **Randomization**  
   Describe how samples/organisms/participants were allocated into experimental groups.  
   - Randomization was not applied.

5. **Blinding**  
   Describe whether the investigators were blinded to group allocation during data collection and/or analysis.  
   - Investigators were not blinded except for experiments in Figure 5.

Note: all studies involving animals and/or human research participants must disclose whether blinding and randomization were used.

6. **Statistical parameters**  
   For all figures and tables that use statistical methods, confirm that the following items are present in relevant figure legends (or in the Methods section if additional space is needed).

   | Item | Confirmed |
   |------|-----------|
   | The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement (animals, litters, cultures, etc.) | ☒ |
   | A description of how samples were collected, noting whether measurements were taken from distinct samples or whether the same sample was measured repeatedly | ☒ |
   | A statement indicating how many times each experiment was replicated | ☒ |
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   | A description of any assumptions or corrections, such as an adjustment for multiple comparisons | ☒ |
   | The test results (e.g. P values) given as exact values whenever possible and with confidence intervals noted | ☒ |
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   | Clearly defined error bars | ☒ |

See the web collection on statistics for biologists for further resources and guidance.
7. Software

Describe the software used to analyze the data in this study.

Reference to computer code publicly available is reported in the methods section. Ad hoc scripts have been developed for analysis purposes (described in the methods section). Those scripts are not publicly available but can be provided from the corresponding authors upon reasonable request.

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8. Materials availability

Indicate whether there are restrictions on availability of unique materials or if these materials are only available for distribution by a for-profit company.

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9. Antibodies

Describe the antibodies used and how they were validated for use in the system under study (i.e. assay and species).

Reference to all antibodies used are given in methods section.

10. Eukaryotic cell lines

a. State the source of each eukaryotic cell line used.

b. Describe the method of cell line authentication used.

c. Report whether the cell lines were tested for mycoplasma contamination.

d. If any of the cell lines used are listed in the database of commonly misidentified cell lines maintained by ICLAC, provide a scientific rationale for their use.

N/A

N/A

N/A

N/A

11. Description of research animals

Provide details on animals and/or animal-derived materials used in the study.

Strains, sex and age of animals are reported in methods section.

12. Description of human research participants

Describe the covariate-relevant population characteristics of the human research participants.

N/A