Systems Pharmacology Model of Gastrointestinal Damage Predicts Species Differences and Optimizes Clinical Dosing Schedules

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Gastrointestinal (GI) adverse events (AEs) are frequently dose limiting for oncology agents, requiring extensive clinical testing of alternative schedules to identify optimal dosing regimens. Here, we develop a translational mathematical model to predict these clinical AEs starting from preclinical GI toxicity data. The model structure incorporates known biology and includes stem cells, daughter cells, and enterocytes. Published data, including cellular numbers and division times, informed the system parameters for humans and rats. The drug-specific parameters were informed with preclinical histopathology data from rats treated with irinotecan. The model fit the rodent irinotecan-induced pathology changes well. The predicted time course of enterocyte loss in patients treated with weekly doses matched observed AE profiles. The model also correctly predicts a lower level of AEs for every 3 weeks (Q3W), as compared to the weekly schedule.

Study Highlights

WHAT IS THE CURRENT KNOWLEDGE ON THE TOPIC?
☑ Preclinical models can be informative when studying GI toxicants; however, they often have different clinical presentation and time courses, diminishing relevance for clinical development of oncology agents.

WHAT QUESTION DID THIS STUDY ADDRESS?
☑ This study uses irinotecan as an exemplar to address whether a translational modeling approach could be used to predict clinical GI AEs and optimize dosing schedules to minimize clinical toxicity.

WHAT THIS STUDY ADDS TO OUR KNOWLEDGE
☑ Differences between time course and severity of preclinical and clinical chemotherapeutic AEs can be predicted based on differences in physiology between species. Optimal dosing schedules in the clinic can then be accurately predicted based on this understanding.

HOW MIGHT THIS CHANGE DRUG DISCOVERY, DEVELOPMENT, AND/OR THERAPEUTICS?
☑ The present study can be useful in the development of novel oncology agents with GI activity. Because the model separates between system-specific parameters governing GI physiology and drug-specific parameters governing the drug toxicity, the model and approach presented here could be extended to optimize novel therapies under development.

Both cytotoxics and targeted oncology therapeutics induce a range of on-target toxicities, including hematological and gastrointestinal (GI) adverse events (AEs) that limit their clinical utility.¹–⁴ The rapid turnover of the intestinal epithelium from a pool of actively dividing cells may predispose the GI tract in particular to damage from a variety of anti-neoplastics, including DNA damage agents, antimitotics, and targeted agents that affect protein homeostasis, epigenetic regulation, and developmental pathways.²,⁵

The incidence of severe GI toxicity often necessitates dosing schedules that use dosing holidays in order to achieve efficacious exposures while maintaining tolerability.²,⁶ Many of these schedules were identified empirically in the clinic, through direct head-to-head comparison of efficacy and safety. Recent work has demonstrated the utility of quantitative pharmacology approaches to optimize dose and schedule with the potential to minimize lengthy and costly phase I/II trials.⁷–⁹ Mathematical models exist for other on-target oncology toxicities, such as neutropenia, and they allow prediction of neutrophil counts in individual patients.¹⁰ These models have been used to predict the drug effect across species¹¹ and optimize dosing schedules in the clinic.¹²

The GI tract is an ideal system for mechanistic modeling, as cell types and underlying biological processes are readily observed and measured. Cell position along the crypt-villus axis correlates with cell type and function (Figure 1a), allowing detailed studies into the cell types and dynamics.¹³ Mathematical models of GI cell dynamics have been developed and applied to understand cellular differentiation, colorectal cancer development, and irradiation damage and recovery.¹⁴–¹⁸ However, none of these efforts addresses the quantitative translation of preclinical toxicity of oncology agents to the clinical scenario.

To address this gap, we developed a systems pharmacology model to describe the pathophysiology of GI damage.
induced by oncology agents. The model contains compound-independent “system parameters” that enable us to capture the differences in GI homeostasis between rodents and humans. Specifically, we approach the problem of predicting GI damage by modeling irinotecan-induced GI toxicity. Irinotecan is known to induce GI-related AEs in the clinic\textsuperscript{19,20} and induces apoptosis of cells resulting in villous atrophy in preclinical models.\textsuperscript{21} Here, we model the time course of crypt and villous atrophy in rats treated with irinotecan to gain insight into the mechanism of damage and to determine the potency of the compound. We then combine the compound parameters with the human GI system parameters to predict the effect of different clinical doses and schedules. We compare model predictions with clinical GI toxicity data to validate the approach. We then simulate a range of clinical schedules, many of which have not been tested extensively until this date, and rank schedules based on propensity to lower the extent of GI toxicity.

METHODS

Rat in vivo experiments
To assess the GI pathology time course following administration of irinotecan, groups of rats (CRL:Han Wistar) were treated with i.p. doses of irinotecan from 12.5–100 mg/kg. Toxicokinetic data was collected as part of a satellite study at various time points up to 24 hours postdose and analyzed for irinotecan and SN38 (the active metabolite of irinotecan) level (Supplementary Figure S1b). In the toxicity study, rats were euthanized at specific time points postdose and tissue was processed for pathology assessment. Crypts and villi in various sections of the small intestine were scored on a numbered categorical scale based on the severity of observed pathology findings described in Supplementary Table S1 and illustrated in Supplementary Figure S2. The data presented here are for pathology severity scores in the jejunum, which was the most sensitive in terms of the severity of the lesions. Similar observations and dose responses were observed for other regions of the small intestine (duodenum and ileum as well). Jejunal pathology scores were modeled as described in the following sections to quantify the potency of SN38 and to understand the mechanism underlying GI toxicity.

Description of the mathematical model
Cytotoxics, such as irinotecan and 5-fluorouracil, can induce GI damage by acting on the rapidly proliferating cells in the intestinal crypts\textsuperscript{21–23} leading eventually to a reduction of the enterocytes in the villus. This villus atrophy is an important driver of chemotherapy-induced diarrhea.\textsuperscript{2,24} Here, we built a parsimonious mathematical model that would allow us to capture the key aspects of intestinal cell dynamics (Figure 1a,b), fit rat data on crypt and villus atrophy, and translate the results into quantitative predictions of enterocyte loss and recovery kinetics in man. In the model (Figure 1c; see Supplementary Methods for
details), cell division in the crypts leads to a steady flux of cells out of the crypts and into the enterocytes. At steady state, the flux of cells into the base of each villus is driven by cell differentiation in the crypts, and is balanced with the rate of cell loss from the tip of the villus (Figure 1c) leading to a constant number of crypt and villus cells. This parsimonious structure allows us to specify the steady-state behavior of the system and the recovery following injury using a small set of system parameters (Table 1). Drug effects are incorporated via concentration-dependent cell death or cell cycle arrest. Final estimates for the toxicity.

We applied the model to predict the numbers of various cell types as a function of time following drug administration. Because the experimental readout for the extent of damage was categorical in nature (pathology scores), we linked the model outputs to the experimental readout for the extent of damage using ordinal logistic regression (Supplementary Material). We then fit data on the incidence of various pathology grades as functions of dose and time to estimate the potency of SN38 for inducing cell death and cell cycle arrest. Final estimates for the compound-specific parameters of SN38 are presented in Table 1 with confidence intervals determined using the profile likelihood method presented in Supplementary Figure S3 and Supplementary Table S2.
Simulations of time course of enterocyte loss in man
To generate predictions of enterocyte loss in humans, we applied the mathematical model with the human values for the system parameters and the SN38 compound potencies for cell death and cell cycle arrest (Table 1). These IC50 values were corrected for the 2.5-fold higher levels of plasma protein binding in humans relative to that in rats (Table 1). Concentration profiles were generated using the human PK model and parameters for irinotecan and SN38 published in the literature. These concentrations were then combined with the human GI parameter values in Table 1 to generate predictions of fractional enterocyte loss for any given schedule. These predictions were then compared with the time courses of incidence of diarrhea in the clinic, as described in the Results section. A local sensitivity analysis was performed to determine the effect of various parameters on predictions of enterocyte loss (Supplementary Figure S4).

RESULTS
Modeling rat GI pathology data
The system-specific parameters in the model were informed first, and based on data from rodent GI physiology from the literature. To inform the drug-specific parameters in the GI model (Figure 1) we assessed the kinetics of GI pathology in rats exposed to various doses of irinotecan. We observed a clear temporal progression in the nature of intestinal findings with crypt apoptosis observed within 3 hours of dosing (Supplementary Figure S5). Crypt atrophy peaked at 2 days postdose and resolved by 4 days postdose, whereas villus atrophy peaked at 4 days postdose and resolved by 6 days postdose. This progression indicated that: (i) the findings are a result of compound-induced changes in the crypt, which then lead to the loss of enterocytes in the villus; and (ii) the loss of crypt cells occurs in a delayed fashion following the exposure. We accounted for this in the model through a delay between the commitment to cell death and the actual loss of crypt cells (Methods section). We then tested various hypotheses for the effect of SN38, the active metabolite of irinotecan, on cells in the crypt.

Our observation was that apoptosis was concentrated in the upper crypt, and we, therefore, tested models in which SN38 induced death and arrest of the TADCs alone. Our results indicated that both TADC death and a cell cycle arrest were necessary to fit the data (Table 1). As seen in Figure 2, model predictions for crypt and villus atrophy following a 100 mg/kg dose (Figure 2c,d) were in good agreement with the observed pathology time course (Figure 2a,b). Further, the model was able to describe the pathology onset and recovery kinetics extremely well over the entire dose range tested (Figure 2e,f), and model parameters could be estimated with good confidence (Supplementary Table S2 and Supplementary Figure S3).

Human predictions on a weekly dose schedule
We next replaced the rat system parameters with human parameters, corrected the compound potencies for protein binding differences (Table 1), and generated predictions of enterocyte loss for man. As a check of the model predictions, we compared the enterocyte loss predicted in man to clinical data on villus shortening following chemotherapy and found reasonable agreement in magnitude of loss and timing of recovery (Supplementary Figure S6). We then predicted the enterocyte loss time course for a dose of 125 mg/m² administered on a 4 week on 2 week off schedule (Figure 3a), commonly referred to as the weekly schedule, which is the most common schedule that is used in the United States. On this schedule, the model predicts a peak level of enterocyte loss of ~40% with a sustained level of loss observed for weeks 2–4 of dosing on both the first and second cycles. The predicted time course of enterocyte loss is in good agreement with the time course of diarrhea incidence (Figure 3a, blue vs. brown lines). To better examine the relationship between enterocyte loss and diarrhea, we plotted the incidence of high-grade diarrhea vs. the model-predicted enterocyte loss on each day of dosing over 2 cycles (Figure 3b). The data in Figure 3b illustrate a steep relationship between the extent of enterocyte loss and the incidence of diarrhea, whereby grades 3 and 4 AEs increase rapidly beyond an enterocyte loss level of ~30% (i.e., below a normalized enterocyte level of 0.7).

Comparison of model to clinical irinotecan dosing schedules
A key question is whether the model is able to distinguish between the levels of toxicity observed with alternate clinical schedules of irinotecan. To address this, we generated predictions of enterocyte loss for schedules that have been tested in a head-to-head manner in clinical trials. In Figure 4a we compare predictions for the weekly schedule that is currently used in the United States with a 350 mg/m² “once in 3 week” schedule that is used in Europe. These two schedules have similar dose intensities averaging between 80 and 120 mg/m²/week but differ in the number of consecutive doses delivered in a given cycle. A large phase III trial has shown that the European trial has a lower incidence of late onset diarrhea than the weekly schedule.20 Predictions indicate that the once in 3 week schedule would have a slightly lower nadir (maximal level of enterocyte loss) and almost identical average enterocyte loss over the treatment duration. However, simulation suggests that the European schedule would result in significantly lower time with >30% enterocyte loss (Figure 4a, Supplementary Table S5). This metric (duration with >30% enterocyte loss) was evaluated due to our weekly schedule analysis (Figure 3), in which there was significant increase in all-grade clinical observations when enterocyte loss was predicted to be >30%. Our comparison of the European and weekly schedules (Figure 4a) also suggests that more sustained levels of enterocyte loss would translate to a greater number of patients with GI AEs during the course of the treatment, and that the maximal level of enterocyte loss (the nadir) is less important in this regard.

We additionally generated simulations to better understand the results reported in ref. 34, in which they tested the European schedule against an atypical schedule of 175 mg/m² delivered on days 1 and 10 every 21 days. The model prediction indicated a more sustained level of
enterocyte loss for this schedule with a greater duration spent at level >30% loss over the treatment as well as a higher average level of enterocyte loss for this schedule (Figure 4b, Supplementary Table S5). Together, these results suggest that schedules with more sustained enterocyte loss would translate to a greater AE occurrence in the population.

Simulations to identify optimal schedules

Next, we used the model to examine a range of different irinotecan schedules, including ones that have not been extensively tested in the clinic. For the comparisons in Figure 4, we fixed the average weekly dose delivered (dose density) and simulated a range of dose-fractionated schedules to see if any would be expected to be optimal. By varying the number of consecutive weeks of dosing (weeks on, x axis) and the duration of the dose holiday (weeks off, colored markers) between cycles, we generated schedules in which the same average weekly dose of say 100 mg/m² was delivered as a sharp burst (400 mg/m² 1-on/3-off) or in a more spread out dosing paradigm (150 mg/m² 4-on/2-off). Predictions for the duration of the treatment with >30% enterocyte loss are shown in this figure. In Figure 4, results representative of the United States and European schedules are highlighted with the red square and the blue circle, respectively. The model predicts a more sustained level of enterocyte loss for schedules in which the dose is more evenly spread out across the cycle. Focusing on an
average weekly dose of 100 mg/m² (left panel) the model predicts a lower level of toxicity for a 400 mg/m² 1-on/3-off schedule compared to the European schedule of 300 mg/m² given 1-on/2-off. Importantly, the predictions indicate that a 150 mg/m²/week intensity – a higher dose intensity than what is currently used – may be delivered with a level of toxicity comparable to existing regimens if administered on a 1-on/2-off (450 mg/m² 1-on/2-off) or a 1-on/3-off (600 mg/m² 1-on/3-off) schedule. In this regard, we note that although a dose of 350 mg/m² 1-on/2-off was deemed to be the maximum tolerated dose in the European studies,35 higher doses have been effectively administered in other settings with careful management.36,37 There have been no reported studies with a 1-on/3-off schedule, and evaluation of this option from both a safety and efficacy perspective may be warranted.

DISCUSSION

Gastrointestinal toxicity remains a major obstacle for oncology drug development, frequently limiting the dose for both cytotoxic compounds and targeted therapies. Historically, these toxicities have been mitigated through palliative treatments,2 or through modifications to dose and schedule, with the latter being optimized in the clinic by testing of alternative schedules in phase I or phase II cohorts. Preclinical models of GI toxicity have not frequently been utilized, as there are differences in the manifestation of GI findings, as well as differences in the timescale of damage and recovery.

In the present work, we present a quantitative pharmacology approach to model the GI toxicity of irinotecan. Rather than using a black-box PK/pharmacodynamic (PD) approach, we developed a mechanistic model that accounts for the underlying biology.38 The model was fit to preclinical measurements of irinotecan effects in rats and was able to translate these findings into human GI toxicity kinetics. Most notably, the model was correctly able to predict both the time course of chemotherapy-induced villous shortening as well as the time course of irinotecan-induced diarrhea based purely on known mechanistic differences between the species. Further, based on the relationship between enterocyte loss and diarrhea score, the model was also
In fitting the model, we identified that neither cell death nor cell arrest alone would explain the results and that a combination of both effects was needed to reproduce the time course of GI damage observed in vivo. This is not entirely unexpected, as double stranded breaks in DNA, like those elicited by treatment with SN38, can lead to both transient cell cycle arrest followed by apoptosis. A sensitivity analysis of the clinical predictions (Supplementary Figure S4) revealed that the cell death parameters played a more important role in dictating the predicted extent of enterocyte loss.

In contrast to the translational approach for neutropenia from rat to man, which incorporates differences between species obtained from in vitro potency data, we find that for irinotecan these were not necessary. As other compounds are modeled and new in vitro GI toxicity assays become available, these data could be incorporated. It may eventually be possible to incorporate in vitro GI toxicity parameters directly in the model structure presented here, allowing for direct in vitro to in vivo extrapolation, bypassing species differences between the rat and man.

Although the present work is focused on irinotecan-induced GI toxicity, the underlying model structure is built on data derived from normal gastrointestinal physiology. In this way, it provides a natural separation between parameters relating to the biology and parameters relating to drug effects on crypt cells. Similar work has shown that such systems pharmacology approaches can be expanded to include multiple compounds with the same model structure to capture the underlying physiology.10 Because of this, the model presented here may be applicable to prediction of GI toxicities for a wider variety of oncology compounds that have an effect on cell cycle or survival. We should note that a very different set of model assumptions and structure would likely be needed to capture other types of GI toxicity, such as secretory diarrhea. Future work may be able to go beyond making translational predictions for other antineoplastic agents, and could also extend this model so that it can be applied directly to clinical data as is common practice with hematopoietic toxicities.10 In addition, we have focused on modeling a median typical human GI response and implicitly considered population variability by examining the relationship between enterocyte loss and the likelihood of an AE. Extension of the model from a typical response to a population response may be enabled through more detailed individual patient measurements with additional compounds.

Although the model applied in this manuscript was developed on a preclinical toxicological species, future work may enable in vitro data collected in GI organoids or 3D models to be translated directly to AEs. We hope that a model, such as the one presented here, would provide a solid foundation for scaling the cell number, turnover, and sensitivity observed in vitro into clinical effects following a similar paradigm as that presented for preclinical to clinical translation.

**Conflict of Interest.** The authors are employed by AstraZeneca and RES Group, as disclosed in the affiliations.
Supplementary information accompanies this paper on the CPT: Pharmacometrics & Systems Pharmacology website (http://psp-journal.com)