Salvianolic acid B plays an anti-obesity role in high fat diet-induced obese mice by regulating the expression of mRNA, circRNA, and lncRNA

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ABSTRACT

Background: Adipose tissue plays a central role in obesity-related metabolic diseases such as type 2 diabetes. Salvianolic acid B (Sal B), a water-soluble ingredient derived from Salvia miltiorrhiza, has been shown to reduce obesity and obesity-related metabolic diseases by suppressing adipogenesis. However, the role of Sal B in white adipose tissue (WAT) is not yet clear.

Methods: Illumina Hiseq 4000 was used to study the effects of Sal B on the expression of long non-coding RNA (lncRNA) and circular RNA (circRNA) in epididymal white adipose tissue induced by a high fat diet in obese mice.

Results: RNA-Seq data showed that 234 lncRNAs, 19 circRNAs, and 132 mRNAs were differentially expressed in WAT under Sal B treatment. The up-regulated protein-coding genes in WAT of the Sal B-treated group were involved in the insulin resistance pathway, while the down-regulated genes mainly participated in the IL-17 signaling pathway. Other pathways may play an important role in the formation and differentiation of adipose tissue, such as B cell receptor signaling. Analysis of the lncRNA–mRNA network provides potential targets for lncRNAs in energy metabolism. We speculate that Sal B may serve as a potential therapeutic approach for obesity.

INTRODUCTION

Obesity has become a worldwide problem and a major risk factor for diabetes, infertility, and cardiovascular disease (Hu et al., 2016; Liang et al., 2017; Ferramosca et al., 2016; Supriya et al., 2018). It is a chronic metabolic disease characterized by abnormal fat distribution or excessive lipid accumulation (Yang et al., 2012). White adipose tissue (WAT), the central metabolic organ that regulates the energy homeostasis of the body (Choe et al., 2016), is closely associated with the occurrence of obesity and related complications (Hajer, Van Haeften & Visseren, 2008).
Noncoding RNA (ncRNA) is a general term for all functional RNAs that are not translated into proteins. As biological mediators, they can participate in the regulation of gene expression through epigenetic modification, transcriptional regulation and post-transcriptional regulation (Tang, Chen & Zhou, 2018). With the development of sequencing technology, a variety of new non-coding RNAs have been discovered, and their role in gene regulatory networks and regulation of endothelial cell function and metabolism is becoming better understood (Santulli, 2015, 2016; Liu et al., 2018). Among them, circular RNA (circRNA) and long non-coding RNA (lncRNA) play roles in regulating beta cell function, influencing transformation of adipose tissue and its energy metabolism and making them a promising target for anti-obesity therapy (Kaur, Mirza & Pociot, 2018; Li et al., 2018; Zhu et al., 2019).

Salvianolic acid B (Sal B) is a water-soluble component extracted from the traditional Chinese medicinal plant Salvia miltiorrhiza (Family Labiatae; referred to herein as S. miltiorrhiza) (Wang et al., 2014). In recent years, studies have shown that Sal B can reduce obesity and obesity-related metabolic disorders (Chien et al., 2016; Pan et al., 2018). Our work has shown that Sal B can improve glycolipid metabolism and reduce body weight in obese mice induced by high fat diet (HFD) (Zhao et al., 2017). However, it is not known whether anti-obesity activity of Sal B is related to the regulation of non-coding RNA expression. In this study, we aimed to investigate the effect of Sal B on the expression of lncRNA and circRNA in epididymis white adipose tissue (EP) of obese mice induced by a HFD. The anti-obesity target of Sal B was screened using functional studies of differentially expressed lncRNA and mRNA.

**MATERIALS AND METHODS**

**Ethics statement**

All the study protocol was approved by the Animal Care and Management Committee of the Beijing University of Chinese Medicine, and all animal manipulations were according to the guidelines of the Animal Care Committee.

**Mice experiment and tissue extraction**

Male C57BL/6J mice provided by SPF (Beijing) Biotechnology Co. Ltd. (Certificate NO. SCXK (Jing) 2016-0002) were used in this study. After 1-week acclimation, the mice were fed a HFD (60% fat) for 12 weeks to induce obesity (average body weight: HFD > (1 + 20%) normal, n = 10). After that, obesity mice were randomly divided into EP-S and EP-M groups (n = 5). Sal B intervention group (EP-S) and model (EP-M) groups were respectively administered Sal B (75 mg/kg body weight/day) or vehicle (an equivalent volume of water) by oral gavage daily for 8 weeks. At the end of the study, blood samples and EPs were collected from all the mice sacrificed by cervical dislocation, and immediately frozen in liquid nitrogen and stored at –80 °C for subsequent analysis.

**Measurement of blood lipid profiles and body fat mass**

The concentrations of serum total cholesterol (TC), triglyceride (TG), low-density lipoprotein cholesterol (LDL), and high-density lipoprotein cholesterol (HDL) were
determined using chemistry reagent kits (Nanjing Jiancheng Biology Engineering Institute, Nanjing, China) and an automated biochemical analyzer (Hitachi, Tokyo, Japan). Body composition and total fat mass was measured by magnetic resonance imaging (EchoMRI-100 for mice; Echo Medical System, Houston, TX, USA) after the Sal B administration (weeks 8).

**RNA isolation and RNA-seq analysis**

Total RNAs from tissues were extracted using the Trizol reagent and purified using RiboZero Magnetic Gold Kit according to the manufacturer's instructions. RNA sequencing libraries were generated using the KAPA Stranded RNA-Seq Library Prep Kit. The constructed cDNA libraries were qualified by Agilent 2100 Bioanalyzer, quantified by qPCR, and sequenced on an Illumina Hiseq 4000.

**Functional enrichment analysis**

Using Gene Ontology (GO) database (http://www.geneontology.org). We analysis the GO enrichment of the differentially expressed mRNAs and their functions, based on three aspects: biological processes (BP), cellular components (CC), and molecular functions (MF). The log 10 values (p-value) denote enrichment scores and represent the significance of the GO term enrichment among the differentially expressed genes. KEGG pathway analysis revealed pathway clusters covering the differentially expressed genes, and the log 10 values (p-value) denote the enrichment score and represent the significance of the pathway correlations. In addition, Gene Set Enrichment Analysis (GSEA) is used to compensate for the shortcomings of individual genes in analysis.

**Correlation and co-expression analysis of mRNA and IncRNA**

Based on the inter-regulatory association between differentially expressed genes in the EP between Sal B treatment group and obesity group, the IncRNA–mRNA regulatory network was constructed using Cytoscape v2.8.2 software (http://www.cytoscape.org/).

**Quantitative real time-PCR**

Quantitative real time (qRT)-PCR was performed to verify the results of RNA-seq. Total RNAs were isolated from samples using the Trizol reagent, then reverse-transcribed into cDNA according to the manufacturers’ instruction. The transcriptase reactions contained 1.5 μg RNA, 0.5 μg/μl random primers (N9, 1 μl), 2.5 mM dNTPs mix (1.6 μl), 5× first-strand buffer (4.0 μl), 0.1M dithiothreitol (1 μl), RNase inhibitor (0.3 μl), and Superscript III RT (0.2 μl). Sybr Green-based qPCR was performed using SYBR Premix ExTaq. All data were normalized to data for ARBP to calculate relative mRNA concentrations. The primers used in this study are shown in Table 1.

**Statistical analysis**

The statistical differences were analyzed using the SPSS (version 20.0; IBM SPSS Statistics, Chicago, IL, USA) by independent-samples t-test. All data were shown as the means ± SD. p-values < 0.05 were regarded as statistically significant.
RESULTS

Effects of Sal B on body fat mass and serum lipid profiles of obese mice induced by HFD

After 8 weeks of Sal B intervention, the body weights, TG, TC, HDL, LDL, and body fat mass of experimental mice in the two groups were measured. The body weight, TG, TC, HDL, LDL, and body fat mass in the obesity group was significantly higher than that in Sal B treatment group ($p < 0.05$) (Table 2). These results indicate that Sal B can reduce the body weight and fat mass as well as prevent dyslipidemia caused by HFD feeding.

Effects of Sal B on mRNAs and circRNAs expression in EP of obese mice induced by HFD

In total, 15,184 mRNAs were identified, of which 132 differentially expressed (DEmRNAs). In the EP-S group, 24 were up-regulated and 108 were down-regulated (Figs. 1A and 1C; Table S1). Compared with EP-M, there were 19 differentially expressed circRNAs in the EP-S, of which nine were up-regulated and 10 were down-regulated (Figs. 1B and 1D; Table S2). Among DEmRNAs, the up-regulated expression of Wbscr27
Figure 1  Analysis of DEmRNAs (A, C) and DEcircRNAs (B, D). Hierarchical clustering. Each row represents an mRNA and each column represents a sample. Green and red represent down-and up-regulated mRNAs or circRNAs, respectively. Genes in the volcano-Plot above the green parallel line (p < 0.05) and outside the two longitudinal green lines indicated DEmRNAs and DEcircRNAs between the two compared samples.

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was the highest, with a fold change of 2.053, while C1rb was the most down-regulated, with a fold change of 0.318. In addition, some mRNAs that have been shown to play a role in fat metabolism, such as Sfrp5, Adig, and Saa3 were also differentially expressed.

**Effects of Sal B on the expression and function of lncRNAs in EP induced by HFD in obese mice**

We found 234 differentially expressed lncRNAs (DE lncRNAs), including 87 up-regulated and 147 down-regulated in the experimental group (Table S3). Based on this, we performed a GSEA functional analysis of the DElncRNAs, and found that the up-regulated expression of lncRNAs are mainly involved in brown adipocyte differentiation, steroid biosynthesis, lipid transport, and lipid metabolism, while the down-regulated expression of lncRNAs are associated with the immune process and inflammatory responses (Fig. 2). After classifying the DElncRNAs, 179 were found to be exon sense overlapping, 11 were intergenic, 17 were intron sense overlapping, 16 were antisense, and 11 were bidirectional.

**qRT-PCR validation of differentially expressed mRNAs, lncRNAs, and circRNAs**

We selected four DEMRNAs (Wbscr27, Sfrp5, Adig, and Saa3), DEcircRNAs-chr7:67264864–67268400:- and DElncRNA-ENSMUST00000169194, which are most relevant to obesity, for use in verifying RNA-seq results using qRT-PCR. Results showed that the expression levels of Wbscr27, Sfrp5, Adig, and chr7:67264864–67268400:- were up-regulated in the EP-S group compared with the EP-M group, consistent with the sequencing results. The expressions of ENSMUST00000169194 and Saa3 were down-regulated in the EP-S group, which was also consistent with the sequencing results (Fig. 3).

**LncRNA–mRNA regulatory analysis**

LncRNA has the ability to regulate several groups of mRNAs at the transcriptional level, including positive and negative regulation. Hence, understanding how Sal B alters the expression of lncRNA and its target mRNA expression is key to understanding its molecular mechanism of anti-obesity. We screened two DElncRNAs (ENSMUST0000140351 and ENSMUST00000169194) to construct the lncRNA–mRNA regulatory network map. A total of 11 differentially expressed mRNAs were found to be negatively correlated with the expression of ENSMUST0000140351 (Ms4a14, Cd300ld3, Lum, Gliplr1, Cd300ld5, Rgs18, Cd300ld4, Fgd4, Hpgds, Frmd4b, and Osbpl8). We also found that the expressions of S100a8 and Fgl2 were positively correlated with the expression of ENSMUST00000169194 (Fig. 4; Table S4).

**Functional analysis of DEMRNAs**

We performed GO and KEGG enrichment analysis to determine the functional significance of DEMRNAs in the EP-S/EP-M group. GO enrichment analysis showed that up-regulated mRNA was enriched in 13 BP, 5 CC, and 2 MF, while down-regulated
Figure 2 GSEA Cluster Heat Map of top 10 DElncRNAs, in up-regulation and down-regulation, respectively. (A) Biological process; (B) cellular components; (C) molecular functions, and (D) KEGG pathway, each row represents a functional entry, and each column represents an lncRNA. GSEA is a method used to determine whether a given gene set has significant differences among different groups. Genes in these sets have some degree of correlation. Therefore, enrichment analysis of gene sets can make up for the shortcomings of single gene in the analysis.

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mRNA was enriched in 89 BP, 24 CC, and 35 MF (Fig. 5; Table S5). The most highly enriched up-regulated GO terms were “brown fat cell differentiation (biological process),” “integral component of membrane (CO),” and “ligase activity (MF),” while the most
highly enriched down-regulated GO terms were “immune system process (BP),” “extracellular region (CC),” and “chemokine activity (MF).”

KEGG pathway analysis showed that differentially expressed mRNAs were enriched in 14 pathways associated with obesity ($p < 0.05$). The most highly enriched pathways were “insulin resistance” and “IL-17 signaling pathway.” Notably, we also identified mRNAs involved in the regulation of these pathways, which may provide targets for Sal B as a potential drug to prevent HFD-induced obesity (Table 3). Moreover, a number of metabolic-related pathways were screened, including the “NF-κB signaling pathway” and the “B-cell receptor signaling pathway.” KEGG pathway analysis suggests the possibility that Sal B exerts its weight reduction effect through the regulation of adipose metabolism via insulin resistance and IL-17 signaling in HFD induced-obesity mice.

**DISCUSSION**

Epigenetic alteration refers to a heritable change in gene expression under conditions in which the genomic DNA sequence does not change, resulting in an altered phenotype. This includes changes in the expression of non-coding RNA (Takada, Kouzmenko & Kato, 2009). Studies have shown that epigenetic modification plays an important role in the occurrence and development of obesity (Kasinska, Drzewoski & Sliwinska, 2016; Huang et al., 2018). With the advancement of RNA sequencing technology, more and more non-coding RNAs related to energy metabolism are recognized as involved in obesity and related metabolic diseases. WAT is mainly distributed in the subcutaneous tissue, omentum and mesentery of mice, with epididymis white fat (EP) as the most

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**Figure 5** GO analysis. (A) up-regulated and (B) down-regulated of DEmRNAs. Using GO database (http://www.geneontology.org) analysis the GO enrichment of the DEmRNAs, based on three aspects: biological processes (BP), cellular components (CC), and molecular functions (MF). The log 10 values ($p$-value) denote enrichment scores and represent the significance of the GO term enrichment among the DEmRNAs.

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commonly used WAT in adipose studies. We studied the effects of Sal B on the expression of mRNAs, lncRNAs, and circRNAs in EP of HFD induced obesity mice from an epigenetic level, and explored the anti-obesity effect of Sal B.

Obesity is an inflammatory state that occurs in adipose tissue, and therefore constitutes a chronic inflammatory disease accompanied by activation of inflammatory signaling pathways in adipose tissue cells, release of inflammatory cytokines, and infiltration of immune cells (Nteeba et al., 2013; Mathieu, Lemieux & Després, 2010). Therefore, research on the treatment of obesity inflammation and new target exploitation will provide novel targets for the treatment of obesity and its related metabolic diseases. In the present study, we found that the expression of many inflammation-associated mRNAs was affected by Sal B treatment, including Sfrp5 and Saa3. Secreted frizzled-related protein-5 (Sfrp5), known as an anti-inflammatory adipokine, is much more abundant in adipose tissue than other tissues, and negatively affects obesity and obesity-related metabolic disorders (Hu et al., 2013). Previous studies have shown that in the adipose tissue of Sfrp5 knockout mice, the number of macrophages is significantly increased, and the expression of factors related to cellular inflammatory activity, such as TNF-a and IL-6, are significantly increased (Ouchi et al., 2010). Sfrp5 exerts anti-inflammatory effects by binding to Wnt5a to inhibit the activation of the downstream target JNK of the Wnt pathway and reduce the secretion of inflammatory factors in obese mice (Catalán et al., 2014) as well as in 3T3-L1 cells (Shadid & Jensen, 2003). Consistent with previous research, we found that Sfrp5 is up-regulated 1.9-fold under Sal B treatment. Therefore, we hypothesize that Sal B may exert anti-obesity effects by regulating the expression of inflammation-related mRNA in adipose tissue. In addition, Sfrp5 can be used as a candidate target for studying the anti-obesity mechanism of Sal B, and its specific mechanism should be the emphasis of future research.

### Table 3 KEGG pathway analysis.

| ID   | Term                              | Count | Genes                           |
|------|-----------------------------------|-------|---------------------------------|
| mmu04931 | Insulin resistance                     | 2     | Slc27a1, Slc2a4                  |
| mmu04657 | IL-17 signaling pathway               | 6     | Ccl12, Ccl7, Cxcl1, Fosl1, S100a8, S100a9 |
| mmu04145 | Phagosome                            | 7     | Atp6v0d2, Cnlp, Cybb, Fcgri1, Fcgri4, Msrb1, Rab7b |
| mmu05323 | Rheumatoid arthritis                  | 5     | Atp6v0d2, Ccl12, Ccl3, Gdf8, Il18 |
| mmu04064 | NF-kappa B signaling pathway           | 5     | Bcl2a1a, Bcl2a1b, Bcl2a1d, Btk, Card11 |
| mmu04380 | Osteoclast differentiation            | 5     | Btk, Cnlp, Cybb, Msrb1, Il18     |
| mmu04652 | B cell receptor signaling pathway      | 4     | Btk, Card11, Cxcl1, Il18         |
| mmu04620 | Toll-like receptor signaling pathway   | 4     | Ccl3, Ccl8, Thr1, Thr8          |
| mmu04060 | Cytokine-cytokine receptor interaction | 6     | Ccl12, Ccl3, Cxcl1, Cxcl16, Il18 |
| mmu04062 | Chemokine signaling pathway           | 5     | Ccl12, Ccl3, Cxcl1, Cxcl16, Fosl1, Fosr1, Msrb1, Rab7b |
| mmu04621 | NOD-like receptor signaling pathway    | 4     | Ccl3, Cxcl1, Cybb, Il18         |
| mmu04668 | TNF signaling pathway                 | 3     | Ccl12, Cxcl1, Gm5431            |
| mmu04210 | Apoptosis                            | 3     | Bcl2a1a, Bcl2a1b, Bcl2a1d       |
| mmu04933 | AGE–RAGE signaling pathway            | 2     | Ccl12, Cybb                     |
Another inflammation-related mRNA, Saa3, was found to be expressed at half the control rate under Sal B treatment, consistent with previous studies. The serum amyloid A family is a class of proteins released during acute inflammatory response and is closely related to the pathogenesis of chronic inflammatory diseases such as obesity (Van Dielen et al., 2001). The expression of Saa3 is significantly increased under a promoted adipocyte inflammatory response by saturated fatty acids and glucose. In addition, Saa3 is highly expressed in the adipose tissue of obese mice, which may be related to the induction of adipose tissue inflammation (Den Hartigh et al., 2014).

In this study, we found that the expression of Saa3 was significantly down-regulated in EP-S, suggesting that Sal B can reduce the inflammatory response induced by Saa3.

In the EP-M group, we found some abnormal expression of mRNA associated with adipose transformation, with Sal B intervention reversing these changes. Adipocytokine (Adig), also known as small adipocytokines 1, plays a significant role in the differentiation of adipocytes (Ren et al., 2016). Our results showed that the expression Adig in the Sal B treatment group was significantly higher than in the obese model group. This is in line with the previous findings that Adig can promote the differentiation of adipocytes by activating the expression of PPARγ, Srebp-1, and Fas genes (Mei, Zhang & Fu, 2016). Therefore, we speculate that Sal B can up-regulate the expression level of Adig to activate the adipose transcription factor and promote the differentiation of adipocytes.

We identified 234 DElncRNAs, including 87 up-regulations and 147 down-regulations. Several differentially expressed lncRNAs might participate in lipid metabolism and glucose metabolism. For example, Rora and Dnm2 were predicted to be involved in “oxidative phosphorylation” and “glycine, serine, and threonine metabolism.” This is consistent with previous studies showing that Rora regulates lipid metabolism (Kim et al., 2017). Therefore, the differential expression profiles obtained indicate that Sal B can exert a potential regulatory function in fat deposition and metabolism in obese mice by modulating the expression of lncRNAs.

Gene Ontology and KEGG pathway analyses were performed to predict the possible functions of DEmRNAs. Our results indicated that the up-regulated expression of mRNAs involved in BP is primarily associated with brown adipocyte differentiation (Adig and Slc2a4), lipid metabolic process (Aacs, Fdx1, and Slc27a1), and metabolic process (Aacs and Slc27a1). The down-regulated mRNAs might be related to inflammatory response (Ccl12, Ccl3, Ccl7, Ccl180, Cxcl1, Cybb, Il18, Ly86, S100a8, S100a9, Tlr1, and Tlr8). KEGG pathway analysis showed that two DEmRNAs, Slc27a1 and Slc2a4, were involved in the insulin resistance signaling pathway, which is closely related to obesity (Yu, Kim & Lee, 2017). The inflammatory signaling, IL-17 signaling, and NF-kappa B signaling pathways were also subjected to KEGG annotation prediction analysis (Tanti et al., 2012, Tarantino et al., 2014). Our results indicate that Sal B may exert anti-obesity effects by modulating the expression of mRNAs in lipid metabolism and inflammation-related signaling pathways.

Among all RNAs, circRNAs are the least understood, but appear to have complex regulatory effects in the development of obesity. We identified 9 up-regulated and 10 down-regulated circRNAs under Sal B treatment. Among them, the expression changes
of chr14:103252408–103276518:- and chr14:103282597–103291362:- were the most obvious, with an approximate 30-fold upregulation. Therefore, these circRNAs may serve as targets for the design of therapeutic drugs for obesity, pending study of their specific mechanisms.

**CONCLUSIONS**

This study is the first comprehensive analysis of mRNA, lncRNA, and circRNA expression in EP of HFD-induced obese mice. We found that Sal B regulates the expression of mRNAs and lncRNAs associated with adipocyte differentiation, lipid metabolism, and inflammation, as well as the insulin resistance and IL-17 signaling pathways. These findings suggest that Sal B plays an important role in inhibiting obesity by regulating anti-inflammatory related factors and signaling pathways. Our research provides valuable insights into the molecular mechanism of Sal B in anti-obesity effects and contributes therapeutic markers for pharmaceutical design in the prevention and treatment of obesity. In the future, the corresponding roles and molecular mechanisms of non-coding RNAs should be further elucidated. In addition, differential expression at the RNA level does not necessarily indicate that the expression of related proteins is also significantly different. We aim to correlate RNA and protein analysis to more fully investigate the anti-obesity mechanism of Sal B.

**ABBREVIATIONS**

| Abbreviation | Description                          |
|--------------|--------------------------------------|
| LncRNAs      | long non-coding RNAs                 |
| GO           | Gene Ontology                        |
| WAT          | white adipose tissue                 |
| Sal B        | Salvianolic acid B                   |
| EP           | epididymal white adipose tissue      |
| HFD          | high fat diet                        |
| circRNA      | circular RNA                         |
| EP-S         | Sal B intervention group             |
| EP-M         | obesity model group                  |
| TC           | total cholesterol                    |
| TG           | triglyceride                         |
| LDL          | low-density lipoprotein cholesterol  |
| HDL          | high-density lipoprotein cholesterol |
| BP           | biological processes                 |
| CC           | cellular components                  |
| MF           | molecular functions                  |
| GSEA         | Gene Set Enrichment Analysis         |
| DEmRNAs      | differentially expressed mRNAs       |
| DElncRNAs    | differentially expressed lncRNAs     |
| Sfrp5        | Secreted frizzled-related protein-5  |
| Saa          | serum amyloid A.                     |
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Competing Interests
The authors declare that they have no competing interests.

Author Contributions
• Tian An conceived and designed the experiments, performed the experiments, analyzed the data, contributed reagents/materials/analysis tools, prepared figures and/or tables, authored or reviewed drafts of the paper, approved the final draft.
• Jing Zhang analyzed the data, authored or reviewed drafts of the paper, approved the final draft.
• Bohan Lv performed the experiments, contributed reagents/materials/analysis tools.
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• Sihua Gao conceived and designed the experiments, approved the final draft.
• Guangjian Jiang conceived and designed the experiments, approved the final draft.
Animal Ethics
The following information was supplied relating to ethical approvals (i.e., approving body and any reference numbers):

The study protocol was approved by the Animal Care and Management Committee of the Beijing University of Chinese Medicine, and all animal manipulations were according to the guidelines of the Animal Care Committee.

Data Availability
The following information was supplied regarding data availability:

The raw measurements are available in Tables S1–S5.

Supplemental Information
Supplemental information for this article can be found online at http://dx.doi.org/10.7717/peerj.6506#supplemental-information.

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