Mesenchymal stem cells rescue acute hepatic failure by polarizing M2 macrophages

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AIM
To investigate whether M1 or M2 polarization contributes to the therapeutic effects of mesenchymal stem cells (MSCs) in acute hepatic failure (AHF).

METHODS
MSCs were transfused into rats with AHF induced by D-galactosamine (DGalN). The therapeutic effects of MSCs were evaluated based on survival rate and hepatocyte proliferation and apoptosis. Hepatocyte regeneration capacity was evaluated by the expression...
of the hepatic progenitor surface marker epithelial cell adhesion molecule (EpCAM). Macrophage polarization was analyzed by M1 markers [CD68, tumor necrosis factor alpha (TNF-α), interferon-γ (IFN-γ), inducible nitric oxide synthase (iNOS)] and M2 markers [CD163, interleukin (IL)-4, IL-10, arginase-1 (Arg-1)] in the survival and death groups after MSC transplantation.

RESULTS
The survival rate in the MSC-treated group was increased compared to the DPBS-treated control group (37.5% vs 10%). MSC treatment protected rats with AHF by reducing apoptotic hepatocytes and promoting hepatocyte regeneration. Immunohistochemical analysis showed that MSC treatment significantly increased the expression of EpCAM compared with the control groups (P < 0.001). Expression of EpCAM in the survival group was significantly up-regulated compared with the death group after MSC transplantation (P = 0.003). Transplantation of MSCs significantly improved the expression of CD163 and increased the gene expression of IL-10 and Arg-1 in the survival group. IL-4 concentrations were significantly increased compared to the death group after MSC transplantation (88.51 ± 24.51 pg/mL vs 34.61 ± 6.6 pg/mL, P < 0.001). In contrast, macrophages showed strong expression of CD68, TNF-α, and iNOS in the death group. The concentration of IFN-γ was significantly increased compared to the survival group after MSC transplantation (542.11 ± 51.59 pg/mL vs 104.07 ± 42.80 pg/mL, P < 0.001).

CONCLUSION
M2 polarization contributes to the therapeutic effects of MSCs in AHF by altering levels of anti-inflammatory and pro-inflammatory factors.

Key words: Acute hepatic failure; Mesenchymal stem cells; Macrophages; Polarization; Inflammation

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Core tip: M1 or M2 polarization governs the therapeutic effect of acute hepatic failure (AHF). Mesenchymal stem cells (MSCs) were transfused into rats with AHF induced by galactosamine. It was found that MSCs alleviated the survival rate and biochemical indicators by promoting hepatocyte regeneration. Immunohistochemistry, flow cytometry, and RT-PCR showed that M2 polarization contributes to the rescue of AHF by MSCs in the survival group after MSC transplantation. In addition, in the death group after MSC transplantation, the number of M1 macrophages increased significantly. Our findings suggest that M2 polarization contributes to the rescue of AHF by MSCs, which result in altered levels of anti-inflammatory and pro-inflammatory factors.
tissue remodeling.

MSC transplantation may be useful in treating AHF conditions. In the present study, we evaluated the contribution of M1 and M2 macrophages in survival and death groups after MSC transplantation to investigate whether macrophage polarization contributes to the rescue of AHF by MSCs.

MATERIALS AND METHODS

AHF animal model

Male Wistar rats weighing 190 ± 20 g were obtained from the Huafukang Experimental Animal Center (Beijing, China). The study was reviewed and approved by the Ethics Committee of Shengjing Hospital of China Medical University. The animal study protocol, in compliance with the Guidelines of China for Animal Care, conformed to internationally accepted principles in the care and use of experimental animals. Animals were housed at room temperature (22 ± 2 °C) with light cycles between 08:00 and 22:00 and free access to food and water. A total of 52 rats were randomly divided into four groups: an experimental group (group A, n = 16), a control group (group B, n = 10), an MSC–treated group (group C, n = 16), and a DPBS (Dulbecco phosphate-buffered saline)–treated group (group D, n = 10). Rats in group A were injected intraperitoneally (i.p.) with D-galactosamine (DGalN) (1.2 g/kg; Sigma-Aldrich, St. Louis, MO, United States). Rats in group B were injected i.p. with 2 mL of 0.9% phosphate buffered saline (PBS). At 12 h after DGalN treatment, rats in group C underwent intravenous tail vein transplantation of 5.5 × 10^4 MSCs dissolved in 1.0 mL of DPBS, and rats in group D were given 1.0 mL of DPBS. All rats were selected for survival analysis at 72 h after treatment. The survival rate of rats remained unchanged at 48 h after treatment. The rats in the survival group were still in good physical condition or in the state of death before they died at 48 h after MSC treatment. Serum and liver tissues were collected at 48 h after MSC transplantation for biochemical analyses, inflammatory factor detection, and further evaluation.

MSCs^{GFP} culture and MSCs^{GFP} transplantation

Wistar bone marrow MSCs were obtained from a cell bank (Shanghai, China) and cultured in α-MEM medium with GlutaMAX-I (Gibco, United States), supplemented with 10% fetal bovine serum (Gibco, United States), 100 IU/mL penicillin and 100 μg/mL streptomycin (Thermo, United States). When cells reached 80%-90% confluence, they were trypsinized with 0.05 g/L trypsin–EDTA (Gibco, United States) and replated at a density of 1 × 10^4/cm^2 for further expansion. After cells were passaged to the fourth generation, they were infected with an adenovirus encoding the gene encoding green fluorescent protein (GFP), and the multiplicity of infection was determined by fluorescence inverted phase-contrast microscopy.

Biochemical assay and histological evaluation

Serum levels of alanine aminotransferase (ALT), aspartate aminotransferase (AST), albumin (ALB), and total bilirubin (TBIL) were monitored with an automatic analyzer (Roche, United States) and liver biochemical indicators were estimated. The liver was fixed in 4% paraformaldehyde for hematoxylin and eosin (HE) or immunohistochemical staining. Paraffin-embedded liver tissue was cut into 3-μm thick sections for histopathological evaluation, deparaffinized in xylene, and rehydrated through a series of decreasing concentrations of ethanol. Sections were stained with HE and analyzed under a light microscope.

Immunohistochemistry and immunofluorescence staining

Immunohistochemistry was performed with primary rabbit or mouse anti-rat antibodies (Abcam, Cambridge, MA, United States) for EpCAM, CD68, and CD163. Liver sections were deparaffinized in xylene and rehydrated through a series of decreasing concentrations of ethanol. Heat-mediated antigen retrieval was performed using citrate buffer (MVS-0100, MXB Biotechnologies, Fujian, China). Blocking solution and secondary antibodies (KIT-9710, MXB Biotechnologies, Fujian, China) were applied according to standard protocols. Sections were incubated overnight with a primary antibody at 4 °C and visualized with DAB (ZLI-9017, ZSGB-BIO, Beijing, China).

Indirect immunofluorescence was used to detect the phenotype of M1/M2 following overnight incubation at 4 °C with primary antibodies. Secondary antibodies (Abcam, Cambridge, MA, United States) were used at room temperature for 4 h with goat anti-mouse IgG-H&L (Abcam, Cambridge, MA, United States) and goat anti-rabbit IgG-H&L (Abcam, Cambridge, MA, United States). Nuclear staining was performed using DAPI (ZSGB-BIO, Beijing, China). A standard in situ TUNEL (Roche, Indianapolis, IN, United States) method was used for detection of DNA fragmentation in apoptotic cells according to the manufacturer’s instructions. Cell proliferation was determined using anti-Ki67 (Novus, NB500-170).

To determine engraftment of MSCs after GFP transfection, the livers from rats in the survival and death groups were dissected out, fixed in 4% formaldehyde and optimal cutting temperature (OCT) compound (Tissue-Tek, Sakura, Japan), and preserved at -20 °C. GFP expression by transplanted MSCs was detected by fluorescence inverted phase-contrast microscopy.

Measurement of cytokine production

Cytokine production was measured in serum centrifuged at 1500 r/min for 15 minutes. IL-4 and IFN-γ were tested using Multi-Analyte Flow Assay Kit.
Table 1 Primers used in mRNA expression analysis

| Gene name | Sequence |
|-----------|----------|
| GAPDH (Forward) | 5'-GCCACACGTCAAGGCTGAGAATG-3' |
| CD68 (Reverse) | 5'-CTGGGATGTCCAACTGCCAT-3' |
| CD163 (Reverse) | 5'-TCGGGCCATGCTTCTCTT-3' |
| Arg-1 (Forward) | 5'-GCTGTGGTAGCAGAGACCCAGA-3' |
| Nos2 (Reverse) | 5'-TTCAGGTCACCTTGGTAGGATTTG-3' |
| TNF-α (Reverse) | 5'-CTGGGATGTCCAACTGCCAT-3' |

(BioLegend, CA, United States) and analyzed by flow cytometry. Each analysis was performed in duplicate. In this quantitative assay system, specific antibodies directed against each cytokine are conjugated to the surface of fluorescence-coded microbeads, with each fluorescence-coded microbead type being conjugated to one specific capture antibody.

Quantitative real-time PCR
Total RNA was extracted from liver tissue (~100 mg) using TRIzol reagent (Invitrogen, United States) according to the manufacturer’s instructions, and the amount of isolated RNA was estimated by ribogreen fluorescence. Purity was assessed by the absorbance ratio at 260 and 280 nm. A total of 3 μg was reverse-transcribed using a High Capacity cDNA Reverse Transcription Kit (Promega, United States). Real-time quantitative PCR was performed using SYBR Green I (Bio-Rad Laboratories, CA, United States). The reactions were performed using a LightCycler 480 instrument. In parallel, mRNA levels of human housekeeping GAPDH were analyzed as an internal normalization control. Primers used are shown in Table 1. Data were calculated using the ΔCt method and were normalized to GAPDH.

Statistical analysis
Survival statistics were assessed using Log-rank (Mantel-Cox) test. Data are expressed as the mean ± SD. Differences between groups were analyzed by independent sample t-test. Serum concentration and gene expression of cytokine assays were performed in duplicate or triplicate for each specific sample. All data points are the mean of duplicate or triplicate measurements. Differences were considered statistically significant at P < 0.05.

RESULTS
Survival rate is increased and biochemical indicators are altered by MSC transplantation
Implanted MSCs were observed in the liver of treated rats (Figure 1). At 24 h after treatment, 50% (8/16) and 30% (3/10) of the animals had survived in the MSC- and DPBS-treated groups, respectively. At 48 h after transplantation, survival in the MSC- and DPBS-treated groups decreased to 37.5% (6/16) and 10% (1/10), respectively (Figure 1C). Although there was no statistical significance, survival rate was increased by MSC transplantation. At 24 h and 48 h after MSC transfusion, biochemical indicators (ALT/AST/ALB/TBIL) had significantly changed compared with rats in the DPBS-treated group (Figure 1). To investigate the liver histology of rats with AHF after MSC transplantation, HE staining was conducted (Figure 1). At 48 h after MSC transfusion, no obvious histopathological changes were observed in rats infused with MSCs, and most of the tissue showed generalized necrotic areas. Five days after transplantation, most of the tissue had returned to normal with only a few necrotic areas, indicating liver tissue repair after liver function repair.

MSC transfusion promotes hepatocyte regeneration
To determine whether MSC treatment promotes hepatocyte regeneration compared to rats in the DPBS-treated group, Ki67-positive hepatocytes were detected. Ki67-positive hepatocytes significantly increased at 48 h after transplantation (P < 0.001) (Figure 2). In DPBS-treated rats with AHF, many TUNEL-positive hepatocytes were observed, yet only a few hepatocytes were observed after MSC treatment (P < 0.001).

EpCAM has been shown to be expressed in a population of rat oval cells, which are composed of liver progenitors[16,17]. In the present study, significant up-regulation of EpCAM was observed in the MSC-treated group compared with DPBS-treated group (P < 0.001) (Figure 3). Compared with the death group, EpCAM expression was increased in the survival group after MSC transplantation (P = 0.003), suggesting the vital roles of progenitor cells in the regeneration process after MSC transplantation.

Enhanced M2 polarization in the survival group after MSC transplantation
To investigate the role of macrophage subsets in AHF, liver sections were stained for the recently described M1/M2 specific markers CD68 and CD163, which preferentially detect invading macrophages. The number of CD68+ macrophages was obviously up-regulated in the DGAlN-treated group (Figure 4). However, compared to the death group after MSC transplantation, a significantly greater number of CD163+ macrophages was observed in the survival group, while the number of CD68+ macrophages was decreased (Figure 5). Serum protein levels of IL-4 were significantly higher in the survival group than in the death group (88.51 ± 24.51 pg/mL vs 34.61 ± 6.6 pg/mL, P < 0.001) (Figure 6). The mRNA expression of IL-10 and Arg-1 was significantly up-regulated in the survival group (P < 0.001) (Figure 7).
Enhanced M1 polarization in the death group after MSC transplantation

In the death group after MSC transplantation, the number of CD68+ macrophages was significantly increased and the number of CD163+ macrophages was markedly reduced. We investigated serum IFN-γ protein levels and showed that the concentration of IFN-γ was significantly up-regulated in the death group (542.11 ± 51.59 pg/mL vs 104.07 ± 42.80 pg/mL, P < 0.001) (Figure 6). TNF-α and INOS gene expression was dramatically increased (P < 0.001) (Figure 7).

DISCUSSION

As a heterogeneous population of cells, MSCs have the potential for multilineage differentiation. MSCs can differentiate into a variety of liver cells under appropriate culture conditions[20-23]. Many clinical studies have indicated that MSCs are safe and effective in clinical studies and are useful to treat hepatic failure[24-26]. In the present study, MSC infusion was beneficial in improving the survival rate and liver histopathology after altering the concentration of biochemical indicators. To study the reasons for increased survival in the MSC-treated group, we analyzed the expression of EpCAM, which is a marker used to assess liver regeneration[27,28].

There is growing evidence that MSCs increase angiogenesis and improve local cell function through paracrine effects, which are involved in releasing growth factors and signaling molecules[5,20-33]. The pivotal role of paracrine effects in stem cell therapies has been recognized to contribute to many biological processes, such as preventing inflammation, inhibiting apoptosis, improving metabolism, and promoting regeneration.
Macrophages are the major cells involved in paracrine effects. We found that M2 macrophages and their associated cytokines can contribute to AHF rescuing by MSCs. The number of CD163+ macrophages and levels of IL-10 and Arg-1 were significantly up-regulated in the survival group. In contrast, CD68+ macrophages and levels of TNF-α and INOS were significantly up-regulated in the death group. During type 2 helper T (TH2)-mediated immune responses, IL-4 can induce macrophages undergoing M2 activation, leading to expansion beyond a continuum in multiple activation states. In response to IFN-γ, macrophages undergo M1 activation during type 1 (TH1)-mediated immune responses and represent another extreme in terms of activation states. Our study demonstrates that high IL-4 levels drive M2 polarization, which occurred in the survival group after MSC transplantation. High expression of IFN-γ in the death group stimulated macrophages to undergo M1 activation.

In this study, we investigated the role of macrophage polarization in AHF rescuing by MSCs and found that polarized macrophages from the M2 anti-inflammatory phenotype promote MSC activity. Macrophages to M2 polarization also increase infused MSC activity during myocardial and spinal cord injuries. Tremendous research efforts have corroborated the concept that hepatic macrophages are central in the pathogenesis of acute hepatic injury.

MSC: Mesenchymal stem cell.
the number of macrophages increases in the liver to induce liver progenitor cell proliferation in chronic liver injury models. Our data suggest that the number of macrophages was increased in the pathogenesis of acute hepatic injury. Importantly, the number of M1 macrophages was increased significantly compared to M2 macrophages. Lanthier et al\textsuperscript{[11]} reported that higher liver macrophage expansion could increase proliferative hepatocytes and is associated with a favorable outcome. Here, we determined that TNF-$\alpha$ expression depressed hepatocyte regeneration in AHF. These results differ from those of Lanthier et al\textsuperscript{[11]} and Bihari et al\textsuperscript{[38]}, who reported that TNF-$\alpha$ levels contribute to liver cell proliferation in chronic hepatic injury. This disparity could reflect differences in the mechanisms of hepatocyte repair in acute and chronic liver injury. Our results show an increase in IL-10 gene expression in the survival group. Interestingly, these results are in agreement with the suggestion that IL-10 released by MSCs has the potential for therapeutic recovery of liver fibrosis\textsuperscript{[39,40]}.

MSCs improve liver function, although the specific mechanism of action is still unknown. Several studies have shown that MSCs have immunomodulatory properties, focusing on their paracrine effect. Studies of macrophage functions in hepatocyte repair have typically not distinguished between M1 and M2 after MSC transplantation. EpCAM+ hepatocytes are able to

![Figure 3 Immunohistochemical staining for epithelial cell adhesion molecule expression in each group. A: Survival group after mesenchymal stem cell (MSC) treatment; B: Death group after MSC treatment; C: Survival group after DPBS treatment; D: Death group after DPBS treatment; E: Integrated optical density of immunohistochemical staining for EPCAM+ hepatocytes. Bar represents the mean ± SD ($n = 5$, $^aP < 0.05$, $^bP < 0.001$).]
differentiate into cholangiocytes or hepatocytes and are located in the portal area. CD68+ macrophages and CD163+ macrophages are mainly located in the portal zone. However, a specific signaling pathway between macrophage polarization, associated cytokines, and hepatocyte regeneration has not been examined to
In conclusion, MSCs transfused into rats were recruited and increased the survival rate by inhibiting apoptotic hepatocytes and promoting hepatocyte regeneration. This study demonstrates that expression of hepatic progenitor surface marker (EpCAM) is the key to improving the prognosis of AHF. Although this study lacks specific cell numbers of macrophage polarization, we detected macrophage polarization by cell markers and related cytokines. Importantly, M2 plays a crucial role in the prognosis of AHF, which results in altered levels of anti-inflammatory and pro-inflammatory factors. The mechanism by which M2 macrophages participate in the activation of infused MSCs remains unclear. In such a situation, the observed differential effects of M1 and M2 macrophages suggest that M2 polarization may provide a potential therapeutic application in AHF after MSC transplantation.

**ARTICLE HIGHLIGHTS**

**Research background**
Recent studies have demonstrated that macrophages promote stem cell activity via paracrine action. Macrophages can express multi-phenotype and multi-functional roles in the liver and are a major source of both pro-proliferative and anti-proliferative mediators in liver pathology. There is little information available on the role of macrophage polarization in rescuing acute hepatic failure by mesenchymal stem cells.

**Research motivation**
Different macrophage phenotypes play various roles in tissue damage and maintenance. It is not clear whether M1 or M2 polarization contributes to the
therapeutic effects of mesenchymal stem cells (MSCs). Macrophages to M1 or M2 polarization can increase infused MSCs activity during MSC transplantation, and improve the clinical efficacy of MSCs in the treatment of acute hepatic failure.

Research objectives
To investigate whether M1 or M2 polarization contributes to the therapeutic effects of MSCs.

Research methods
The rats were divided into a survival group and a death group at 48 h after MSC treatment. The rats in the survival group were still in good physical condition at 48 h after MSC treatment. The polarization of M1 and M2 was compared between the two groups. Macrophage polarization was analyzed by M1 markers (CD68, tumour necrosis factor alpha (TNF-α), interferon-γ (IFN-γ), and inducible nitric oxide synthase (iNOS)) and M2 markers (CD163, interleukin (IL)-4, IL-10, and arginase-1 (Arg-1)).

Research results
The number of CD163+ macrophages and levels of IL-4, IL-10, and Arg-1 were significantly up-regulated in the survival group. In contrast, CD68+ macrophages and levels of TNF-α, TNF-α, and iNOS were significantly up-regulated in the death group. However, a specific signaling pathway between macrophage polarization, associated cytokines, and hepatocyte regeneration has not been examined to date.

Research conclusions
This study demonstrates that expression of hepatic progenitor surface marker (EpCAM) is the key to improving the prognosis of AHF. We detected macrophage polarization by cell markers and related cytokines. M2 macrophages play a crucial role in the prognosis of AHF, which results in altered levels of anti-inflammatory and pro-inflammatory factors. The mechanism by which M2 macrophages participate in activation of infused MSCs remains unclear. The observed differential effects of M1 and M2 macrophages suggest that M2 polarization may provide a potential therapeutic application in AHF after MSC transplantation.

Research perspectives
M2 macrophages and their associated cytokines can contribute to AHF rescuing by MSCs. It is unclear whether M2 related cytokines originate from the liver or from the implanted MSCs. Further localization studies and relevant cell experiments are needed to confirm the results.

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