Self-template formation of porous Co$_3$O$_4$ hollow nanoprisms for non-enzymatic glucose sensing in human serum†

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A novel type of porous Co$_3$O$_4$ hollow nanoprisms (HNP) was successfully prepared using tetragonal cobalt acetate hydroxide [Co$_2$(OH)$_2$(OAc)$_4$·2H$_2$O] as a precursor by a facile solvothermal process and a subsequent calcination treatment. The morphology and structure of the Co$_3$O$_4$ HNPs were characterized by scanning electron microscopy (SEM), transmission electron microscopy (TEM), X-ray photoelectron spectroscopy (XPS), powder X-ray diffraction (XRD) and N$_2$ adsorption–desorption measurements. An enzyme-free glucose sensor was constructed based on the Co$_3$O$_4$ HNPs, and the electrochemical performance was tested by cyclic voltammetry (CV) and chronamperometry. The as-prepared sensor exhibited a good electrocatalytic activity for glucose oxidation at the applied potential of 0.6 V in alkaline solution, with a high sensitivity of 19.83 μA mM$^{-1}$ cm$^{-2}$ and a high upper limit of 30 mM, which provide the potential for direct determination of blood glucose without any dilution pretreatment. The Co$_3$O$_4$ HNPs had a porous and tubular structure with a large amount of accessible active sites, which enhanced the mass diffusion and accelerated the electron transfer. Moreover, the sensor also demonstrated a desirable stability, selectivity and reproducibility, and could verify the non-enzymatic analysis of glucose in real samples.

Introduction

The fields of food analysis, clinical diagnostics, fermentation and biotechnology have relied on glucose detection for decades.1–3 As an essential biological molecule in blood, glucose can provide energy to maintain normal activities.4 The glucose level in the blood is controlled by a peptide hormone, insulin, and yet, once the insulin secretions are disrupted, human diabetes will be caused.5 As a result, the precise and rapid determination of glucose concentration is of importance for the healthy development of society and human beings. Various technologies have been applied in glucose detection such as gas chromatography, conductometry, fluorescence based optical methods, mass spectrometry, electrochemistry, calorimetry, etc.6–11 Particularly, electrochemical sensors have drawn attention.12,13 In general, the classic enzymatic glucose biosensors like glucose oxidase (GO$_x$)-based sensors have been developed for glucose monitoring with high sensitivity and excellent selectivity, but the disadvantages derived from the intrinsic nature of enzymes restrict their practical application.14 In order to address these problems, massive efforts have been devoted to developing non-enzymatic glucose biosensors with the aid of electrocatalysts, which have the benefits of rapid response speed, good stability, simple fabrication and low cost.

It is well-known that the performance of non-enzymatic glucose biosensors largely depends on the electrocatalysts modified on the electrode surface.15 Until now, several noble nanomaterials (e.g., Pt, Ag, Pd, Au) and their alloy have been extensively explored as electrocatalysts for electrocatalytic oxidation of glucose with low detection limit.16–20 Unfortunately, the surfaces of noble metal-based materials are usually easy to be poisoned by adsorbed intermediates and chloride ions, which will result in poor stability and low sensitivity.21,22 Previous studies demonstrate that transition metal oxides, such as ZnO$_x$, MnO$_x$, NiO$_x$, CuO$_x$ and CoO$_x$ can be employed as ideal materials for the non-enzymatic glucose detection owing to low cost, abundant source, outstanding redox behavior, simple production and stability.23–27 Among them, Co$_3$O$_4$ boasting two oxidation states (Co$^{2+}$ and Co$^{3+}$), is a magnetic p-type semiconductor and has received considerable attention because of excellent electrocatalytic activity.28 For instance, Hu et al. prepared Co$_3$O$_4$ nanoparticles using metal–organic frameworks (MOFs) as template, and then Co$_3$O$_4$ nanoparticles were developed as electrode towards glucose detection with low detection limit of 0.13 μM (S/N = 3), high sensitivity of 520.7 mA mM$^{-1}$ cm$^{-2}$ and good selectivity.29 Choi’s group demonstrated that the
porous Co$_3$O$_4$@graphene microspheres were constructed by one-step hydrothermal method, which achieved high electrocatalytic performance to direct oxidation of glucose.$^{22}$ In spite of these efforts, the rapid and simple preparation of Co$_3$O$_4$ nanomaterials is still urgently needed, which can be applied in cost-effective and scalable electrochemical sensors towards glucose determination.

In this study, we reported a simple and scalable synthesis of porous Co$_3$O$_4$ HNPs using cobalt acetate hydroxide [Co$_5$(OH)$_2$(OAc)$_8$·2H$_2$O] as precursor, followed by the thermal treatment under air atmosphere. The obtained porous Co$_3$O$_4$ HNPs exhibited catalytic ability to glucose and thus were employed to fabricate an enzyme-free electrochemical sensor for glucose detection in an alkaline medium. Due to the good stability, selectivity and repeatability, the as-prepared glucose sensor could realize the glucose analysis in real serum samples.

**Experimental**

**Materials**

All reagents are analytical reagents, and they were used without further purification. The experimental water was double distilled water. Specifically, cobalt(n) acetate tetrahydrate (Co(OAc)$_2$·4H$_2$O), urea, ethanol, sodium hydroxide (NaOH), (−)-glucose, glycine (Gly), L-ascorbic acid (AA), fructose (Fru), uric acid (UA) and L-cysteine (Lcy) were purchased from Additionnally, perfluorosulfonic acid (NaFon, 5 wt%) was purchased from DuPont, and diluted to 0.5 wt% for use.

**Apparatus**

The morphologies and size were characterized by scanning electron microscopy (SEM) (Hitachi S4800) and transmission electron microscopy (TEM) (JEOL JEM-200CX) fitted with energy dispersive X-ray spectroscopy (EDS). The surface elemental oxidation conditions were analyzed by X-ray photoelectron spectroscopy (XPS) (PHI5000 VersaProbe spectrometer, utilizing the Al-Kα X-ray source). The crystalline structure and phase purity were characterized by X-ray diffraction (XRD) (Rigaku Smartlab). The thermogravimetry analysis (TGA) was carried out on TGA 4000 Perkin Elmer Co., Ltd. The nitrogen sorption and desorption isotherms were measured with a Micromeritics ASAP 2020 analyzer. The specific surface area of Co$_3$O$_4$ HNPs was determined using the standard Brunauer–Emmett–Teller (BET) method, while the pore size distribution was calculated by the Barrett–Joyner–Halenda (BJH) method.

**Preparation of Co$_3$O$_4$ HNPs**

The porous Co$_3$O$_4$ HNPs were synthesized according to an evolution pathway based on a previous literature, $^{30}$ which was depicted in Scheme 1. Co(OAc)$_2$·4H$_2$O and urea with molar ratio of 1 : 6.2 were dissolved into 50 mL of ethanol, and then the solution was heating reflux at 65 °C for 4 h. After completion, the cobalt acetate hydroxide [Co$_5$(OH)$_2$(OAc)$_8$·2H$_2$O] precursor of purple NPs were collected by centrifugation and washed with anhydrous ethanol for three times. The product was obtained after drying at 80 °C in air. Afterwards, the freshly-prepared Co precursor was annealed in air for 3 h at 350 °C with a heating rate of 1 °C min$^{-1}$. After the thermal treatment, the color of the product changed from purple to black, and thus the porous Co$_3$O$_4$ HNPs were obtained.

**Electrochemical measurements**

Cyclic voltammogram (CV) and chronoamperometry were performed with a CHI 660D electrochemical workstation (Chenhua Instrument Co., Shanghai, China). All experiments were performed using a three-electrode electrochemical system with a modified ITO working electrode (Φ = 3 mm), a saturated calomel reference electrode (SCE) and a platinum slice counter electrode. All ITO electrodes were washed successively by acetone, ethanol and water before use. After drying with nitrogen, 10 μL of 1 mg mL$^{-1}$ Co$_3$O$_4$ HNPs dispersion in 0.5 wt% of NaFon was casted onto ITO electrode and then let it dry in air at room temperature. The detection of glucose was carried out in 0.05 M NaOH, and the current response of the sensor was the subtraction of total current and the background ($\Delta I = I_p - I_0$).

**Results and discussion**

**Characterization of Co precursor**

The morphology and structure of Co precursor were characterized by SEM and TEM, which were shown in Fig. 1. It could be
found from Fig. 1A and B that the morphology of Co precursor is a uniform NP with smooth outer surface, and the length was ~2 μm and the diameter was ~380 nm. Observed from the corresponding TEM images (Fig. 1C and D), the Co precursor was solid. Fig. S1† displayed the TGA curve of the Co precursor under air atmosphere. It could be seen the first slight weight loss between 10–250 °C, resulting from the removal of adsorbed water and ethanol. The subsequently obvious and sharp weight loss between 250–300 °C might correspond to the complete decomposition of Co precursor to Co3O4. Therefore, in order to ensure that the burning is complete and the morphology remains unchanged, the optimal annealing condition of Co precursor is 350 °C in air. In addition, the XRD pattern of Co precursor was in full agreement with the tetragonal Co5(OH)2(OAc)8·2H2O phase (JCPDS Card No. 22-0582) shown in Fig. S2,† which was prepared as the self-engaged template.

Characterization of the Co3O4 HNPs

After calcination, the Co3O4 HNPs were achieved. Compared with the Co precursor, the SEM images of the Co3O4 HNPs in Fig. 2A and B exhibited the similar size and shape, but porous structure was formed. More structure information are revealed by TEM, as seen in Fig. 2C and D. The Co3O4 HNPs have large central void space and the grained shell with the thickness of ~40 nm, owing to the release of CO2 and water during the calcination process. Furthermore, EDS (figure determined the chemical composition of Co3O4 sample S3) and the strong Co and O peak signals were found (other peaks originated from the ITO substrate). To further clarify the crystalline structure of the Co3O4 HNPs, the HRTEM in Fig. 2E identified two well-defined lattice fringes of 0.47 and 0.26 nm, which are attributed to the (111) and (311) lattice plane of the Co3O4 phase, respectively, according to the calculation of Bragg’s equation (2d sin θ = nλ). The powder XRD pattern of Co3O4 HNPs (Fig. 2F) showed the diffraction peaks at 19.3°, 31.5°, 36.9°, 44.9°, 55.8°, 59.5° and 65.5° (2θ), which were designated to the (111), (220), (311), (400), (422), (511) and (440) crystal planes of the spinel-type Co3O4 (JCPDS Card No. 43-1003). In addition, it can be observed from the XRD analysis with no other impurity phases, which indicates that the Co precursor was completely converted into Co3O4 HNPs after calcination treatment.

To confirm the valence states and corresponding element information of the Co3O4 HNPs, the detailed XPS measurements were performed. Fig. 3A showed the presence of Co and O elements in the XPS survey spectrum of Co3O4 HNPs. In Fig. 3B, the regional Co 2p spectrum exhibited two contributions located at 794.7 eV and 779.7 eV, which correspond to 2p1/2 and 2p3/2, respectively. In particular, the two peaks located at 774.6 and 779.6 eV were assigned to the 2p1/2 and 2p3/2 of Co3+, while peaks at 796.1 and 780.9 eV signify the 2p1/2 and 2p3/2 of Co2+, respectively, confirming the product of Co3O4 species. Moreover, the two small peaks located around 789.5 and 804.4 eV correspond to Co3+ shake-up satellite peaks, which further verify the formation of Co3O4 crystal phase. From the XPS O 1s spectrum in Fig. 3C, the peaks at about 529.8 and 531.3 eV are ascribed to lattice oxygen and hydroxyl group, respectively. Afterwards, the specific surface area and porous feature of the Co3O4 HNPs were measured by N2 adsorption–desorption isotherms at 77 K. It is well known that most of physisorption
Electrochemical catalysis of Co₃O₄ HNPs towards glucose

Initially, the electrochemical behaviors of the Co₃O₄ HNPs and bare ITO towards glucose oxidation were characterized by CVs in the potential range of 0.2–0.65 V. Fig. 4A presented the CV curves of the Co₃O₄ HNPs modified electrode in the absence (curve a) and presence (curve b) of 1 mM glucose in 0.1 M NaOH electrolyte at a scan rate of 50 mV s⁻¹, and two pairs of redox peaks can be observed with anodic peaks at around 0.52 V and 0.3 V and cathodic peaks at around 0.44 V and 0.23 V, respectively, which indicated that electroactive substance existed on the surface of ITO. When glucose was added into NaOH, the electrocatalytic activity of Co₃O₄ HNPs toward glucose oxidation was confirmed by the increasing the anodic peak and the decreasing of cathodic peak. Here, one pair of poorly defined redox peaks were located at 0.3 V and 0.23 V for the transfer between Co₃O₄ and CoOOH, whereas the other pair of well-defined peaks appeared at 0.52 V and 0.44 V corresponding to the reversible transition between CoOOH and CoO₂. The remarkable current increase in the presence of glucose may suggest that the oxidation of glucose to gluconolactone at the as-prepared Co₃O₄ HNPs is mainly electrocatalyzed by CoOOH/CoO₂ redox couple rather than Co₃O₄/CoOOH in NaOH solution. And the corresponding equations were described as follows:²⁹,¹²

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\begin{align*}
\text{Co}_3\text{O}_4 + \text{OH}^- + \text{H}_2\text{O} & \leftrightarrow 3\text{CoOOH} + e^- \\
\text{CoOOH} + \text{OH}^- & \leftrightarrow \text{CoO}_2 + \text{H}_2\text{O} + e^- \\
2\text{CoO}_2 + \text{C}_6\text{H}_{12}\text{O}_6(\text{glucose}) & \leftrightarrow 2\text{CoOOH} + \text{C}_6\text{H}_{10}\text{O}_6(\text{gluconolactone})
\end{align*}
\]

As shown in Fig. 4B, the oxidation peak current increased continuously along with the glucose concentration increased from 0 to 20 mM, demonstrating a good electrochemical catalytic ability towards glucose oxidation. In order to further explore the electrochemical kinetics of Co₃O₄ HNPs, the relationship between the peak current and scan rate was also investigated in the range of 10–150 mV s⁻¹. In Fig. 4C, it was found that the current increased with increasing the scan rate, and both the oxidation and reduction peak currents (Iₚₐ and Iₚₖ) were in proportion to the square root of the scan rate (ν¹/₂) with the correlation coefficients R² of 0.9823 (Iₚₐ) and 0.9910 (Iₚₖ), respectively (Fig. 4D). The presented typically diffusion-controlled electrochemical behavior illustrated the fast electron transfer between electrode surface and Co₃O₄ HNPs modification. It was might attributed to the porous and hollow structure of Co₃O₄ HNPs, which provided more pathways for electron transfer and thus accelerate the electron transfer rate.

Experimental parameters optimization

The alkaline electrolyte is beneficial to improve the electrochemical catalytic activity of the Co₃O₄ HNPs in non-enzymatic glucose sensors,²²,²⁹ so the influence of NaOH concentration need to be investigated. The CV curves recorded in NaOH solution with different concentrations (0.001–0.5 M) containing 1 mM glucose between 0.0 V and 0.7 V at 50 mV s⁻¹ were shown in Fig. 5A. The oxidative peak current rose correspondingly...
when NaOH concentration increased from 0.001 to 0.05 M, owing to the increasing availability of hydroxyl ion (OH\(^-\)) and improved electrocatalytic activity of Co\(_3\)O\(_4\) HNPs on the glucose oxidation. Nevertheless, the oxidative peak current decreased when the NaOH concentration exceeded 0.05 M, and the reason might be that too much OH\(^-\) ion covered the surface of catalyst so that the adsorption of glucose was hindered, which caused a decreased current signal.\(^{39,40}\) Therefore, the electrolyte concentration was an important element in the electrochemical reaction and OH\(^-\) also played a role in the catalysis process. As a result, the optimal NaOH solution was chosen as 0.05 M for our proposed Co\(_3\)O\(_4\) HNPs-based non-enzymatic glucose sensor.

The effect of applied potential on the steady-state current response was also studied. As presented in Fig. 5B, the amperometric current response \(\Delta I\) was found increased rapidly with the potential positively shifted from 0.45 to 0.6 V, and decreased at 0.65 V. Significantly, the higher working potential usually generates serious interference and larger background noise.\(^{38}\) Therefore, 0.6 V was chosen as the optimum working potential to investigate the performance of the Co\(_3\)O\(_4\) HNPs towards the oxidation of glucose.

**Quantitative detection of glucose**

Under the optimal conditions, the real-time electrocatalytic response of different amount of glucose on Co\(_3\)O\(_4\) HNPs/ITO was performed using chronoamperometry technique at an applied potential of 0.6 V. In Fig. 6A, a rapid current increment could be observed along with the glucose concentration increased from 0.1 to 30 mM. When the glucose concentration exceeded 30 mM, the current response became gradually decreased, probably due to the adsorption and diffusion dominance of highly concentrated intermediates onto the active sites of Co\(_3\)O\(_4\) HNPs catalyst to impede incoming glucose.\(^{39-42}\) In addition, the steady-state current response was achieved in about 0.1 s (Fig. S8†), which is much faster than the previous glucose sensors based on metal oxide catalysts.\(^{3,44}\) It is attributed to the excellent catalytic capability of Co\(_3\)O\(_4\) HNPs in alkaline solution, along with the tubular structure facilitating the electron transfer between glucose and electrode surface. Fig. 6B described the corresponding calibration curves involved in the concentration of glucose and the current response, which presented two linear concentration ranges with 0.1–7.8 mM (\(R^2 = 0.98\)) and 7.8–30 mM (\(R^2 = 0.92\)), with the linear equations of  \(\Delta I/\mu A = 1.018C_{\text{glucose/mM}} + 0.464\) and  \(\Delta I/\mu A = 0.199C_{\text{glucose/mM}} + 7.08\), respectively. The different concentrations of glucose can give rise to the different diffusion rates on catalyst, which produced two linear ranges. And the oxidation products can rapidly detach from the surface of electrode under low concentration of glucose, while the high concentration of glucose hinder the diffusion of the gluconolactone.\(^{24}\) In consequence, the high concentration of glucose easily leads to lower oxidation peak current and the low concentration range is often accompanied by relatively higher oxidation current.

Then the Co\(_3\)O\(_4\) HNPs can manifest a good linearity even at low concentrations in the range from 0.1 to 0.9 mM (\(R^2 = 0.99\)) with the linear equation of  \(\Delta I/\mu A = 1.408C_{\text{glucose/mM}} + 0.074\), where 1.408 was the slope (Fig. 6B, inset). Sensitivity is calculated as the result of slope divided by the geometric area of ITO electrode. The geometric area is 0.071 cm\(^2\) since the diameter of ITO working electrode is 3 mm.\(^{43}\) On the basis of quantitative determination, the sensitivity of the Co\(_3\)O\(_4\) HNPs toward glucose oxidation is 19.83 \(\mu A\) m\(^{-1}\) cm\(^{-2}\). Additionally, the limit of detection (LOD) of around 0.0286 mM (S/N = 3) was calculated for glucose at the Co\(_3\)O\(_4\) HNPs electrode. It essentially indicates high sensitivity of Co\(_3\)O\(_4\) HNPs towards glucose catalysis with a good linear dependence.\(^{26,44}\) Compared with some previous reports shown in Table 1, it was worth

**Table 1** The performance comparison of metal oxide-based electrochemical glucose sensors

| Electrode                  | Linear range/mM | LOD/\(\mu\)M | Sensitivity/\(\mu A\) mM\(^{-1}\) cm\(^{-2}\) | Ref. |
|----------------------------|-----------------|-------------|---------------------------------|------|
| NiO–SnO\(_2\)             | 0.01–26         | 1.0         | 14                              | 25   |
| Co\(_3\)O\(_4\)–NiO        | 0.001–3.4       | 0.81        | 62                              | 34   |
|                            | 3.4–12.2        |             |                                 |      |
| Co\(_3\)O\(_4\)/GO        | 0.09–6.03       | 0.52        | 20.1                            | 45   |
| Co\(_3\)O\(_4\)/MCF-Chi-GOx| 0–1.7          | 107.7       | —                               | 46   |
| Co\(_3\)O\(_4\)/UHMSA      | 0.1–5           | 1.84        | 102.8                           | 47   |
| Co\(_3\)O\(_4\)/NF/GOH     | 0.25–10         | —           | 492.8                           | 48   |
| CuO                      | —               | 5342.8      | 26                              |
| NiO–SDHHCNSS              | Up to 13        | 0.052       | 1697                            | 39   |
| Au@Cu\(_2\)O              | 0.05–2          | —           | 715                             | 15   |
| Co\(_3\)O\(_4\) HNPs      | 0.1–30          | 28.6        | 19.83                           | This work |
mentioning that the proposed glucose sensor exhibited a comparatively wider linearity range and a lower detection limit. And the proposed Co$_3$O$_4$ HNPs could be directly employed in the real sample analysis due to the wide linear concentration range, which could cover the normal human blood glucose concentration ranges.\(^5\)

**Repeatability, reproducibility and selectivity of the glucose sensor**

The long-term stability is a very important character for glucose sensing. As illustrated in Fig. 7A, the stability of the sensor was tested by periodically detecting the current responses to 0.5 mM glucose, and the results revealed that the current remained about 95.3\% of its initial value even after the sensor was preserved for 25 days at room temperature. It might be due to the inherent good stability of the Co$_3$O$_4$ HNPs. In addition, the reproducibility of the constructed glucose sensor was further evaluated. The obtained relative standard deviation (RSD) for different concentrations of glucose were investigated as 5.3\%, 4.1\% and 2.4\%, respectively (\(n = 5\)), demonstrating its good reproducibility.

As is known, one of the major challenges in non-enzymatic electrochemical sensor is to discern the target molecule from interferents in a complex biological environment.\(^{41}\) Normally in real human blood serum samples, some co-existed species such as UA, dopamine, AA and other carbohydrate compounds may interfere with the glucose sensing. Thus, in the anti-interference evaluation experiment, 0.34 mM of glucose, UA, AA, Fru, Gly and Lcy were successively added into the system to detect the current response. As shown in Fig. 7B, an obvious current increase appeared when adding glucose, and a minor increase or even a decrease was observed in current response along with the addition of Gly and Fru. In consideration of the physiological level of the glucose concentration is in the range of 4–7 mM, the endogenous interferents are 30 times lower than that of glucose concentration, for example, the concentrations of AA and UA are about 0.125 and 0.33 mM in human blood, respectively.\(^{48–53}\) Thereinto, Lcy and AA might result in about 1.3\% and 1.1\% enhancement in current response compared with that from glucose, which can be considered insignificant and negligible.\(^50\) Furthermore, another current increase was obviously observed with a second injection of glucose, which well suggested the excellent anti-interference capability of the glucose sensor.

**Real sample application**

In order to evaluate the feasibility for practical sample testing, the Co$_3$O$_4$-based sensor was employed to detect glucose in healthy human serum sample without pretreatment, which was donated by one volunteer. Fig. 8A displayed the amperometric responses of the glucose sensor in the stirring NaOH solution mixed with 5\% human serum. Actually, the first 0.1 mM glucose was injected into 9.5 mL of NaOH, and then 0.5 mL serum was added into it. After mixing thoroughly, a second injection of 0.1 mM glucose was added. Thus, a smaller current response compared with the first injection was observed, owing to the slight interference in real system. After that, the current increased along with the addition of glucose. As illustrated in Fig. 8B, the corresponding calibration curves presented two linear concentration ranges of 0.42–8.1 mM (\(R^2 = 0.96\)) and 8.1–30 mM (\(R^2 = 0.89\)), with the linear equations of \(\Delta I/\mu A = 1.31 C_\text{glucose}/\text{mM} + 1.496\) and \(\Delta I/\mu A = 0.14C_\text{glucose}/\text{mM} + 9.901\), respectively. The linearity was consistent with that in Fig. 6, demonstrating a promising future of the developed glucose sensor in practical determination.\(^{49}\)

**Conclusions**

In summary, we have successfully developed a simple and scalable synthetic method of Co$_3$O$_4$ HNPs by self-template process and calcination treatment, which was immobilized on ITO to fabricate a non-enzymatic glucose sensor. The as-prepared Co$_3$O$_4$ HNPs present favourable electrocatalytic capability towards glucose oxidation in alkaline medium with a wide linear range, a low detection limit, a high selectivity and specificity. The results exhibit a scalable, low-cost and effective alternate for developing novel non-enzymatic glucose sensors based on transition metal oxides via ingenious structure design.

**Ethical statement**

The serum sample used in this work was donated by a healthy person, and the informed consent was also obtained from her. All experiments were performed in accordance with the guideline “NJTECH 2019-6”, and approved by the Department of
Scientific Research at Nanjing Tech University. Study participants were fully informed regarding the purposes of the study and consent was obtained.

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

This work was financially supported by the National Natural Science Foundation of China (No. 21575064), and the Six Talent Peaks Project in Jiangsu Province (2016-SWYY-022). This work is also sponsored by Qing Lan Project of Education Department of Jiangsu Province.

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