AQP3 is regulated by PPAR\(\gamma\) and JNK in hepatic stellate cells carrying PNPLA3 I148M

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Aquaglyceroporins (AQPs) allow the movement of glycerol that is required for triglyceride formation in hepatic stellate cells (HSC), as key cellular source of fibrogenesis in the liver. The genetic polymorphism I148M of the patatin-like phospholipase domain-containing 3 (PNPLA3) is associated with hepatic steatosis and its progression to steatohepatitis (NASH), fibrosis and cancer. We aimed to explore the role of AQP3 for HSC activation and unveil its potential interactions with PNPLA3. HSC were isolated from human liver, experiments were performed in primary HSC and human HSC line LX2. AQP3 was the only aquaglyceroporin present in HSC and its expression decreased during activation. The PPAR\(\gamma\) agonist, rosiglitazone, recovered AQP3 expression also in PNPLA3 I148M carrying HSC. When PNPLA3 was silenced, AQP3 expression increased. In liver sections from patients with NASH, the decreased amount of AQP3 was proportional to the severity of fibrosis and presence of the PNPLA3 I148M variant. In PNPLA3 I148M cells, the blockade of JNK pathway upregulated AQP3 in synergism with PPAR\(\gamma\). In conclusion, we demonstrated profound reduction of AQP3 in HSC carrying the PNPLA3 I148M variant in parallel to decreased PPAR\(\gamma\) activation, which could be rescued by rosiglitazone and blockade of JNK.

Hepatic stellate cells (HSC) represent central players in the pathogenesis of liver fibrosis\(^1,2\). Quiescent HSCs store vitamin A in the liver. However, in response to hepatic injuries, HSCs may undergo activation and transdifferentiate into a highly proliferative and myofibroblast-like phenotype responsible for hepatic fibrogenesis\(^3,4\).

Lipid content is a crucial factor in HSC pathophysiology\(^5,6\) and lipogenic activity decreases in parallel with vitamin A content during HSC activation\(^1\). In a recent study we showed that primary HSC carrying the human genetic variant of PNPLA3 (adiponutrin), known as PNPLA3 I148M, lack peroxisome proliferator-activated receptor gamma (PPAR\(\gamma\), NR1C3) expression and activity\(^8\), which is closely linked to HSC activation\(^9\). This PNPLA3 I148M variant has been associated to higher accumulation of fat in liver, steatohepatitis and inflammation, progression to fibrosis/cirrhosis and liver cancer\(^10,11\). PPAR\(\gamma\), the master regulator of adipogenesis, is a ligand activated nuclear receptor, which is mainly expressed in adipose tissue and plays a crucial role in adipogenesis and energy metabolism. In liver, PPAR\(\gamma\) is involved in HSC lipid storage, conveys their quiescence and, is reduced in activated HSCs as a direct effect of JNK activation\(^9,12\).

Aquaglyceroporins (AQPs) are channel proteins, facilitating glycerol diffusion in cells\(^13,14\). Glycerol represents the backbone structure for triglyceride synthesis which is a fundamental factor in cell metabolism\(^15\). In HSC, AQPs expression and function are poorly understood. To our knowledge, only one study showed that changes in AQPs expression and water permeability may increase resistance to apoptosis in activated HSCs, although the metabolic impact of glycerol diffusion in activation and quiescence was not analyzed\(^16\). Importantly, previous studies revealed repression of AQP3 by LPS exposure in human colon epithelial HT-29 cells\(^17\) but induction in murine 3T3-L1 adipocytes\(^18\), in line with AQP3 upregulation by arachidonic acid or prostaglandin in human retinal pigment epithelial cells, already suggesting a role of JNK\(^19\). Since in PNPLA3 I148M expressing HSCs

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the JNK/AP-1 pathway is strongly induced\(^\text{20}\), the subsequent PPAR\(\gamma\) downregulation, led us to hypothesize that PPAR\(\gamma\) could regulate AQPs expression in HSC in connection to the I148M variant\(^\text{20}\).

Therefore, we aimed to uncover (i) which AQPs were expressed in primary hepatic stellate cells, (ii) how AQP expression is regulated at the molecular level and (iii) whether PNPLA3 mutations modulated AQP levels in HSC.

**Results**

**AQP3 is the only adequately expressed aquaglyceroporin in human primary HSC and down-regulates during their activation.** We explore the expression of all known aquaglyceroporin AQP3, -7, -9 and -10 present in primary HSC expressing the WT PNPLA3 variant by quantitative RT-PCR. Interestingly, only AQP3 was detectable in human primary HSC, but not in hepatocytes (HepG2 cell line) (Fig. 1A). Therefore, we measured its expression in stellate cells during their activation. Over time, there was a profound downregulation of AQP3 paralleled by an increased expression of the senescence marker, p21 (Fig. 1B and D) and the profibrogenic marker \(\alpha\)-SMA (not shown). Moreover, protein levels of AQP3 (Fig. 1C) and AQP3 surface staining quantified by a flow cytometric assay (Fig. 1E and Suppl. Figure 1) were reduced. Collectively, these data demonstrated the presence of AQP3 in primary human HSC and its down regulation during HSC activation.
PPARγ agonist increases AQP3 expression in LX2 cells in association with enhanced lipogenesis and reduced PNPLA3 expression. Since AQP3 is a PPARγ target gene21, and PPARγ is strongly down-regulated in fully activated HSCs20, we further explored whether a PPARγ agonist, rosiglitazone (RSG), may reverse the repression of AQP3 during HSC activation. AQP3 mRNA expression increased after RSG stimulation in LX2 cells (Fig. 2A), as well as lipogenesis (demonstrated by increased gene expression of FASN, SREBP1c, SCD1 and PPARγ) while expression of PNPLA3 was significantly reduced (Fig. 2B). These results demonstrate that the regulation of AQP3 is strongly PPARγ dependent in HSC; to such an extent that administration of a PPARγ agonist up-regulates AQP3 expression.

AQP3 expression is reduced in PNPLA3 I148M cells and patients but it is restored in vitro by the PPARγ agonist rosiglitazone. In order to further explore the dependence of AQP3 on PPARγ in HSC, we used LX2 overexpressing PNPLA3 wild type (WT) and I148M, since the latter have previously shown8 to lack PPARγ. As seen in Fig. 3A, AQP3 was present only in LX2 cells overexpressing PNPLA3 WT, with a dramatic down regulation in LX2 cells overexpressing the PNPLA3 I148M variant. Notably, RSG treatment of I148M PNPLA3 strongly restored AQP3 expression while WT cells displayed a relatively milder up-regulation of AQP3 (Fig. 3B). Conversely, when we stably silenced PNPLA3 in LX2 cells (Fig. 4A) AQP3 expression was strongly up-regulated (Fig. 4B). In order to explore the relevance for AQP3 in humans, we performed an immunofluorescence double staining of AQP3 and α-SMA of either healthy liver patient tissues (all fibrosis stage 0 and WT for PNPLA3, n = 4) or NASH patients with fibrosis stage 1c and 4 (n = 5 for PNPLA3 I148M, n = 5 for PNPLA3 WT).

Our data showed that AQP3 is relatively more abundant in normal WT PNPLA3 liver (C/C) than in PNPLA3 I148M livers (G/G) (Fig. 5A,B) and inversely correlates with the stage of fibrosis. In conclusion, we demonstrated that PPARγ robustly up-regulates AQP3 expression in HSCs in a clear PNPLA3 isoform-dependent manner and that in line PNPLA3 I148M patients show lower AQP3 expression.

AQP3 is regulated by PPARγ through JNK pathway and shows a tight dependence on PNPLA3. Since we previously demonstrated that PNPLA3 I148M activates JNK pathway via blocking PPARγ action, which could be partially reversed by a PPARγ agonist8, we next explored whether blockade of JNK pathway with a specific antagonist (SP600125) affected AQP3 expression. LX2 cell line overexpressing PNPLA3 I148M treated with JNK antagonist showed increased AQP3 expression with an additive effect in combination with RSG (Fig. 6A). Moreover, cells with inhibited JNK pathway had higher vitamin A content (Fig. 6B, Suppl. Figure 2), cell size and subsequently became quiescent as reflected by loss of p21 (not shown). Collectively as summarized schematically in Fig. 6C, the impact of PNPLA3 I148M on AQP3 expression could be blocked by JNK inhibition and PPARγ stimulation.
Discussion

Aquaporins are interesting but extremely elusive targets in human physiology. They are expressed in many organs but their metabolic function, especially in adipose tissue and liver, is still unclear. AQP9 in hepatocytes has been by far the most studied AQP in liver, being a key player in the development of liver steatosis. AQP3 expression was originally found in colon, kidney and liver in humans and had the capacity to transport water, urea and glycerol. While AQP3 deletion in kidney resulted in polyuria, deletion in skin reduced glycerol and water content showing that in vivo AQP3 transports water as well as glycerol. Despite its
hepatic expression, AQP3 cell type localization in the liver was not investigated so far. In HSC, a few studies from our group33,34 explored the metabolic relevance of AQP3 in liver fibrosis and its tight hormonal regulation by adiponectin. However, our experiments took place only in LX2 cell line, therefore some questions remained open on the pathway involved and its meaning in vivo. We tested AQP3 expression in human primary HSC, discovering the molecular mechanism involved also in connection to a disease model.

The PNPLA3 I148M variant is key risk factor for development of hepatic steatosis and its progression to more severe liver disease, with development of more advanced fibrosis, cirrhosis and cancer11,35,36. A recent study from our group8, uncovered how PNPLA3 I148M in HSC results in an intrinsic reduction of PPARγ, the main gene involved in lipid metabolism and AQPs regulation21,25,27. Importantly, several AQPs have been shown to be regulated by PPARγ agonists. More specifically, RSG induced AQP7 expression in adipose tissue from OLETF rats and AQP3 in a hepatoma cell line27. In line, in leptin deficient mice treated with RSG, the levels of AQP3 in

Figure 5. Immunohistochemistry of healthy (C/C) human liver showed more AQP3 abundance than PNPLA3 I148M (G/G) patients. (A) Representative images with merged immunofluorescence of AQP3 depicted in red, α-SMA depicted in green and Dapi in blue of control liver (C/C) and PNPLA3 I148M (G/G) at different stages of fibrosis (0, 1c, 4). Magnification all 20X, up panel right 40 X. (B) Relative quantification of AQP3 positive cells show G/G patients having overall less AQP3 than any stage of C/C (*p < 0.05; p values for F1c G/G vs F1c C/C: p = 0.04; F4 G/G vs F1c C/C p = 0.04). AQP3 + nuclei divided for the total amount of cells per slide, results of 5 pictures per slide shown as mean percentage ± SD of patients per fibrosis stage and genotype.
subcutaneous adipocytes and AQP9 in hepatocytes increased\(^{38}\). Therefore, we aimed to explore a putative connection between AQP3 expression and PNPLA3 I148M within HSC activation.

We here demonstrate that AQP3 is the only aquaporin expressed in human primary HSC consistent with previous findings in LX2 cells\(^{33}\), and repressed during their activation. Treatment with rosiglitazone, a PPAR\(\gamma\) agonist and upstream transcription factor known to regulate AQPs expression in other organs\(^{20}\), induced AQP3 expression and therefore may modulate glycerol influx. In line with reduced PPAR\(\gamma\) activity in PNPLA3 I148M\(^{8}\), AQP3 expression decreased dramatically. This highlights the interplay between AQP3 and PNPLA3, consistent with their roles in glycerol uptake and triglyceride synthesis or degradation, respectively, further emphasized by the increased expression of genes involved in lipogenesis. Importantly, downregulation of AQP3 in PNPLA3 I148M could be strongly counteracted with the PPAR\(\gamma\) agonist rosiglitazone in comparison to WT cells, underlying a strong PPAR\(\gamma\) dependence. Moreover when PNPLA3 was silenced in LX2 cells, AQP3 strikingly upregulated. These data indicate that PPAR\(\gamma\) is not only required for stimulation of AQP3, but may also drive its baseline expression. Interestingly, PPAR\(\gamma\) agonists are known to promote white adipose tissue differentiation and expansion in pre-adipocytes and stimulate lipogenesis\(^{39}\), similar to what we now observed in HSC.

![Figure 6](Figure6.png)

**Figure 6.** The JNK antagonist SP600125 increased AQP3 expression and Vitamin A content in LX2 cells overexpressing PNPLA3 I148M, showing an additive effect when combined with rosiglitazone. (A) AQP3 mRNA relative expression increased after treatment with a JNK inhibitor (SP600125) and rosiglitazone (RSG) compared to untreated cells (Ctrl) \(^{*p < 0.05, **p < 0.01}\). (B) Vitamin A cells’ content increased after same treatments in a flow cytometric analysis \(^{**p < 0.01\text{ vs untreated control - ctrl}}\), with representative dot plots shown in Suppl. Figure 2. C. Schematic summary of the proposed molecular mechanism. RSG increases PPAR\(\gamma\) level, which in turn regulates AQP3 expression and glycerol shuttling. PNPLA3 I148M activates JNK pathway, which suppresses PPAR\(\gamma\) and consequently AQP3 expression.
showed to improve liver steatosis, inflammation and ballooning scores, also ameliorating metabolic and histologic expression. Each reaction was performed in duplicates and the value of the gene of interest was normalized to α-factored using a 1:2000 dilution of the monoclonal mouse anti-human α-SMA was identified using a JNK inhibitor to explore the impact of this pathway on AQP3 regulation in HSC. Indeed, although others showed the involvement of P13K/Akt/mTor pathway in AQP3 regulation in adipocytes and hepatocytes, in HSC this appears to occur through JNK. Moreover, JNK inhibition also increased the amounts of vitamin A and lipids in the cells, indicating that reduction of AQP3 may disrupt glycerol metabolism in HSC.

PPARs were shown to be promising targets for treatment of fibrosis; in details, a PPARγ agonist like pioglitazone has been shown to increase AQP3 expression, ameliorate insulin resistance inducing adipogenesis, and a local effect in HSC should not be underestimated as it renders them quiescent. Moreover, it was recently demonstrated pioglitazone anti-fibrotic effects in a cohort of human diabetics with NASH. A long term treatment, up to 3 years, was valued safe, well tolerated with no significant drug-related side effects; pioglitazone treatment showed to improve liver steatosis, inflammation and ballooning scores, also ameliorating metabolic and histologic parameters in NASH, pre-diabetic and type 2 diabetic patients.

In conclusion, AQP3 is regulated in PNPLA3 I148M via the JNK pathway through a PPARγ mediated activation and associates to different degrees of fibrosis. Future studies are required to decipher whether AQP3s are targetable within HSCs activation, in order to develop new treatments for liver fibrosis in PNPLA3 I148M patients.

### Materials and Methods

**Isolation and culture of primary human HSCs and LX-2.** HSCs were isolated from surgical liver resections unsuitable for transplantation, all experimental protocols were approved by the Ethics Committee of Medical University of Florence after informed consent from all subjects, and carried out in accordance with relevant guidelines and regulations. After mechanical digestion, a multi-step enzyme digestion with a collagenase/pronase/DNAase solution was performed. Hepatic cells were centrifuged and separated using a density gradient (Percoll, GE Amersham, Arlington Heights, IL). HSCs were seeded on uncoated plastic dishes and cultivated with Iscove’s Modified Medium (Dulbecco’s medium, EuroClone, Italy) supplemented with 20% non-heparinized fetal bovine serum, 0.2 mol/L glutamine, sodium pyruvate 0.1 mol/L, non-essential amino acid solution 100x, antibiotic solution 100x (Life Technologies, Carlsbad). After 5 days of culture the purity was ~95% as estimated by retinoid auto fluorescence. All experiments with primary HSCs were performed on cells from passage 1 to 8. Primary HSCs at the same passage were used for comparison experiments of WT and I148M PNPLA3. The genotype of each isolated HSC line has been analyzed by real-time PCR for the I148M SNP, as done routinely in our lab. LX-2 cell line, kindly provided by Prof. S.L. Friedman (Mount Sinai School of Medicine, NY), an in vitro model of partially activated HSCs, were cultured in Dulbecco’s modified Eagle’s medium (DMEM) with 4.5 g/L glucose supplemented with 5% FBS, L-glutamine (0.2 mol/L) and antibiotics (all Thermo Fisher Scientific). The genotype of LX-2 cells was analyzed by real-time PCR for the I148M SNP.

**Stable PNPLA3 wild type, I148M transfection and PNPLA3 silencing.** LX-2 cells were transfected with 15 nanograms of pcDNA™3.1/V5-His-TOPO® (Thermo Fisher Scientific) carrying either the PNPLA3 wild type (WT) and I148M sequence as previously reported. Silencing was performed with Lipofectamine® 2000 Transfection Reagent (Thermo Fisher Scientific) according to manufacturer’s instructions. The efficiency of transfection was evaluated via RT-quantitative PCR and western blotting.

**RNA extraction and quantitative reverse transcriptase polymerase chain reaction (qRT-PCR) analysis.** Primary HSC and LX2 cells were homogenized in TRIzol reagent (Thermo Fisher Scientific) and RNA was isolated according to the manufacturer’s protocol. Total RNA (1 μg) was transcribed into cDNA using Superscript II and random hexamer primers (Thermo Fisher Scientific). Gene expression of human AQP3 (NM_004925.4), AQ7P (NM_001170.2), AQP9 (NM_01320635.1), AQP10 (XM_011510104.2), FASN (NM_001104.4), SCD1 (NM_005603.4), PNPLA3 (NM_025225.2), p21 (NM_000389.4), PPARγ (NM_005037.5) and SREBP1c (NM_00132096.2) was analyzed by quantitative real-time PCR on a ABI Step One Plus cycler using assays-on-demand kits (TagMan® Gene Expression Assay, Thermo Fisher Scientific). Each reaction was performed in duplicates and the value of the gene of interest was normalized to human ubiquitin C expression. The comparative threshold cycle (CT) method was used to calculate the relative expression.

**Western Blotting.** Approximately, 500.000 cells per condition were collected in RIPA buffer (Radio immune precipitation assay buffer, 0.01 mol/L Tris-Cl (pH 8.0), 0.001 mol/L EDTA, 5 × 10⁻⁴ mol/L EGTA, 0.1% sodium deoxycholate, 0.1% SDS, 1% NP-40) and protein concentration was measured using 660 nm protein assay kit. Twenty micrograms per sample were loaded on a SDS-PAGE using 10% polyacrylamide gels. α-SMA was identified using a 1:2000 dilution of the monoclonal mouse anti-human α-SMA (Sigma-Aldrich), AQP3 was detected using a 1:500 dilution of monoclonal rabbit anti-AQP3 as performed before. PNPLA3 was detected with a 1:1000 dilution of the rabbit polyclonal anti-PNPLA3 (Abcam, Cambridge, UK). Band intensity achieved from these antibodies was normalized to band intensity of Calnexin using mouse anti-calnexin 1:3000 (Santa Cruz Biotechnology Inc, Dallas, TX, USA).
Flow cytometry. HSC (approximately 70,000 cells/well) were incubated with the primary antibody (Rabbit anti-AQP3, Sigma Aldrich), diluted 1:500 in blocking solution, for 45 mins at RT, followed by washing and incubation with a fluorochrome-labelled secondary antibody (Alexa Fluor 594 – goat anti rabbit, Thermo Scientific) diluted 1:500 in the blocking solution for 1 h in the dark. Cells were washed twice in PBS and prepared for flow cytometric analysis. Retinol amount contained in LX2 cells was analysed exploiting its intrinsic auto-fluorescence with an 351 nanometers excitation as seen48. Flow cytometry was performed with BD FACSCanto™ II and BD FACS Diva™ software (Becton Dickinson New Jersey, USA).

Immunohistochemistry. Healthy specimens were collected after liver resection of colorectal metastasis (n = 4), whereas fibrosis samples (n = 10) were obtained by percutaneous liver biopsy (informed consent was obtained from all subjects); the study and all experimental protocols were approved by the local ethics committee (EK747/2011) and carried out in accordance with relevant guidelines and regulations, samples were evaluated by a board certified pathologist. Formalin-fixed human liver slides were de-paraffinized and prepared for hema-toxylin & eosin staining. For the immunofluorescence, slides were blocked for 1 h in blocking buffer (1XPBS, 5% goat serum and 0.3% Triton™ X-100) as seen previously47. Blocking buffer was discarded and sections incubated overnight with polyclonal rabbit anti-human AQP3 antibody (Sigma-Aldrich) diluted 1:250 in PBS with 5% goat serum (Dako, Glostrup Municipality, Denmark) at 4°C. Slides were washed three times in PBS and incubated for 1 h at room temperature with a 1:500 dilution of monoclonal mouse anti-human α-SMA antibody (Sigma-Aldrich). Slides were then washed and incubated for 1 h in the darkness with the secondary antibody Alexa Fluor 594 goat anti rabbit IgG (1:500, Thermo Scientific) for AQP3. Slides were washed three times in PBS and the process was repeated with Alexa Fluor 488 goat anti mouse IgG (1:500, Thermo Scientific) for α-SMA. Thereafter, nuclei were counterstained with DAPI (Sigma) for 10 min. washed and mounted (VECTASHIELD™ Mounting medium) for microscope analysis (Olympus BX51). The relative amount of AQP3 + cells was quantified and divided by the amount of nuclei per field. A number of 5 pictures were taken for each liver slide, and the average was representative for one patient as already performed in49.

Statistics. Data are presented as mean ± standard deviation of 3 independent experiments performed in duplicates. Kruskal-Wallis test was employed for non-parametric multi-group comparisons, Mann-Whitney U test for comparisons between two groups only. A P-value < 0.05 was considered statistically significant. All statistics were calculated using SPSS 22.0 software (Chicago, IL, USA).

Data availability. All data generated or analysed during this study are included in this published article (see supplementary material for original Western blots).

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Author Contributions
M.T. designed and performed the experiments, wrote the manuscript; F.V.B. planned and performed the experiments, T.C. designed the experiments and revised the manuscript, V.M.V. designed the experiments and revised the manuscript; E.H., M.H. and F.M. provided materials and revised the manuscript. T.M.S. provided materials and revised the manuscript, M.T.* supervised the study, revised the manuscript and provided funding.

Additional Information
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