Substantial energy input to the mesopelagic ecosystem from the seasonal mixed-layer pump

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Abstract

The “mesopelagic” is the region of the ocean between about 100 and 1000 m that harbours one of the largest ecosystems and fish stocks on the planet\textsuperscript{1,2}. This vastly unexplored ecosystem is believed to be mostly sustained by chemical energy, in the form of fast-sinking particulate organic carbon, supplied by the biological carbon pump\textsuperscript{3}. Yet, this supply appears insufficient to match mesopelagic metabolic demands\textsuperscript{4–6}. The mixed-layer pump is a physically-driven biogeochemical process\textsuperscript{7–11} that could further contribute to meet these energetic requirements. However, little is known about the magnitude and spatial distribution of this process at the global scale. Here we show that the mixed-layer pump supplies an important seasonal flux of organic carbon to the mesopelagic. By combining mixed-layer depths from Argo floats with satellite retrievals of particulate organic carbon, we estimate that this pump exports a global flux of about 0.3 Pg C yr\textsuperscript{−1} (range 0.1 – 0.5 Pg C yr\textsuperscript{−1}). In high-latitude regions where mixed-layers are deep, this flux is on average 23\%, but can be greater than 100\% of the carbon supplied by fast sinking particles. Our results imply that a relatively large flux of organic carbon is missing from current energy budgets of the mesopelagic.
and biological mechanisms, but gravitational sinking of relatively large particles and aggregates is considered the main force driving this pump.

One overlooked process that could contribute to the biological carbon pump by supplying additional energy to the mesopelagic is the “mixed-layer pump”. This pump is the mechanisms through which carbon is exported below the euphotic zone due to variations in the depth of the surface mixed-layer. In essence, organic matter produced at the ocean surface is first transferred to depth by deep mixing and later isolated there by the formation of a new shallower mixed layer. This succession of deep and shallow mixed layers is the critical force that “pumps” carbon to depth. Because fast gravitational sinking rates are not required, the mixed-layer pump can export neutrally-buoyant and slowly-sinking particulate as well as dissolved organic carbon, that otherwise would not reach the mesopelagic zone.

The organic carbon exported by the mixed-layer pump to the mesopelagic may be either sequestered for climate-relevant time scales, or quickly remineralised and reexchanged with the atmosphere. Indeed, the fate of the carbon exported by the mixed-layer pump depends on multiple poorly-constrained processes. Small, slowly-sinking particles may be remineralised by the heterotrophic community during the summer and the resulting CO$_2$ re-ventilated back to the atmosphere by the following winter mixed layer. Under this scenario, the mixed-layer export would not contribute to long-term carbon sequestration. On the other hand, the mixed-layer pump could also sequester carbon for extended periods of time, if the slowly-sinking particles sank below the depth of the following winter mixed layer. Regardless of its significance for long-term carbon sequestration, the mixed-layer pump may supply a large fraction of the energy required by the mesopelagic heterotrophic community and thus be an important component of the biological carbon pump.

While the mixed-layer pump can occur on a variety of time scales, we focus on the seasonal mixed-layer pump, which exports organic matter accumulated during the previous summer or produced during the spring, when mixed layers are the deepest and the water column is the least stable (Figure 1). During this spring period, brief stratification events can occur (e.g. due to changes in the sign of the heat flux) and generate conditions favourable for accumulation of fresh phytoplankton biomass. Because the water column is unstable, this stratification can be easily disrupted by the passage of storms and the accumulated organic matter mixed deeper into the water column. Thus, in the early spring, deep mixed layers can hold significant stocks of organic carbon. Eventually, summer stratification is established by the formation of a stable shallow mixed layer and the organic carbon mixed to depth remains isolated from the surface, generating a seasonal export flux (Figure 1). Few regional studies recognised that significant fluxes of organic matter may be exported by the mixed-layer pump. However, its role in sustaining global mesopelagic ecosystems remains to date unknown.

We combined satellite-estimates of particulate organic carbon (POC, see Supplementary materials) concentration with estimates of the mixed-layer depth ($z_m$) obtained from the Argo array to quantify POC stocks in the mixed layer. To assess the magnitude of the seasonal mixed-layer pump, we focused on the transition from the time of the maximum
winter mixed layer ($t_{\text{max}}$) to the time when summer stratification is established ($t_{\text{strat}}$). During this period, progressively shallower mixed layers form which eventually isolate part of the POC stock below the surface. The mesopelagic is typically defined as the layer of the ocean below the euphotic zone\textsuperscript{23}. However, to simplify the calculations, we conservatively estimated the magnitude of the seasonal mixed-layer pump ($E_{\text{tot}}$) as the POC stock isolated below 100 m due to variations of the mixed layer that take place between $t_{\text{max}}$ and $t_{\text{strat}}$. This nominal depth-threshold of 100 m is also commonly used in satellite and model estimates of export flux by the biological carbon pump\textsuperscript{14,24–26}. We also accounted for the POC accumulated during the previous summer below the mixed-layer before the deepest mixed layer is reached (see Methods). We did not attempt to quantify stocks of fresh dissolved organic carbon (DOC) produced in the spring, because DOC is not readily estimated from satellite data. Finally, we used the relationship between $E_{\text{tot}}$ and the depth of the winter mixed layer ($z_{\text{max}}$) to quantify the climatological magnitude and distribution of $E_{\text{tot}}$ in the global ocean.

The magnitude and spatial variability of the mixed-layer pump depends strongly on the depth of the winter mixed layer (Figures 2 and S1), with its largest values found at high latitudes in the North Atlantic, Southern Ocean and north-west Pacific. The spatially-integrated climatological estimate of the magnitude of the seasonal mixed-layer pump amounts to approximately 0.26 Pg C yr\textsuperscript{-1} (range 0.10 and 0.53 Pg C yr\textsuperscript{-1}). Therefore, the seasonal mixed-layer pump is responsible for a flux of carbon that is on average 4\% (range 2\% – 6\%) of the currently estimated global carbon export\textsuperscript{25–26}. These estimates are conservative, because they do not include the contribution of DOC and because they are derived from a climatological value of $z_{\text{max}}$, which can be significantly smaller than values recorded in individual years.

In high-latitude areas where deep winter mixed layers are common, the proportion of carbon flux by the mixed-layer pump with respect to current estimates of the biological pump can be significant (Figure 3). In these regions, this proportion is on average 23\% (mean of the ratios presented in Figure 3 at latitudes >35°N and <35°S), but it can increase to more than 100\%. Our findings are in agreement with previous in-situ nutrient budgets\textsuperscript{11,18,22} reporting that in regions of the North Atlantic the new production (i.e., a proxy for export\textsuperscript{27}) generated before the summer stratification equals the new production taking place during the spring bloom (i.e., after the stratification is established). Collectively, these results demonstrate that in high-latitude regions the mixed-layer pump supplies a major flux of organic carbon to the mesopelagic.

Most methods for measuring carbon export detect the carbon flux generated by particles that sink at relatively fast rates, but do not measure the redistribution of neutrally-buoyant or slowly-sinking organic matter in the water column (see Supplementary materials). Thus, it is unlikely that current global estimates of carbon export include the contribution of the seasonal mixed-layer pump. Our new global estimates should thus be considered as an additional flux of organic carbon to the mesopelagic region that was previously not accounted for.
The mesopelagic ocean is one of the least explored places on the planet and this is especially true in the very productive, but remote and often inaccessible high-latitude regions. Yet, in these regions the interaction between physical, chemical and biological processes sustains vast fisheries, affects the global cycling of chemical elements, and contributes to regulating the Earth’s climate. Here, we have synergistically exploited satellite and in-situ observations to quantify a poorly-described mechanism that depends on a high-frequency interaction between physical (ephemeral shallow mixed layer formation) and biogeochemical (accumulation of particulate organic carbon) processes. These high-frequency interactions are the most difficult to observe, yet we have found that one of these interactions contributes a major flux of energy to deep ecosystems. New methods are needed to continue filling this observational gap and the growing array of autonomous Biogeochemical-Argo floats promises further insights into how the hidden mesopelagic ocean functions.

**Methods**

**Ocean Colour Data and POC estimates**

Surface POC (mg m\(^{-3}\)) was estimated from remote-sensing reflectance data (8-day temporal and 4-km spatial resolution) generated by the European Space Agency Ocean Colour Climate Change Initiative (ESA OC-CCI) project using the standard NASA remote-sensing algorithm based on the reflectance ratio at 490 and 555 nm. To compute POC at latitudes south of 35°S we used a Southern Ocean regional algorithm based on the reflectance ratio at 443 and 555 nm. Frequency distributions of the POC values estimated at the time of the deepest mixed layer and of stratification are presented in Figure S2.

**Argo data and mixed-layer estimates**

The global Argo dataset was filtered to remove floats that did not meet the following criteria: a) profiles were collected for at least 365 days; b) all profiles had coincident measurements of temperature, salinity and pressure; c) all pressure data increased monotonically between >0 and <2100 dbars; d) all temperature data were >−10 and <+50°C; e) all salinity data were >0 and <45 psu. Using only the floats that passed the filtering procedure, the depth of the mixed layer, \(z_m\) (m), was derived using a density-based algorithm. The analysis is based on all satellite data collected between 1997 and 2012 and all Argo profiles that passed the above filtering procedure. Nevertheless, due to increased number of satellite data points and of Argo profiles available from the year 2002 onwards, the results presented below are mostly based on data from the years 2006-2011 (Figure S3).

**POC flux generated by the seasonal mixed-layer pump**

To compute the carbon flux generated by the seasonal mixed-layer pump, the following procedure was applied to each float dataset that contained profiles for a minimum of 320 days:

1. The time \(t_{\text{max}}\) and value \(z_{\text{max}}\) of the deepest \(z_m\) were identified.

2. A timeseries of \(z_m\) was extracted starting at \(t_{\text{max}}\) and conservatively ending 9 months after \(z_{\text{max}}\). Only timeseries without missing data were selected.
Timeseries without missing data were defined as those timeseries for which the maximum time interval between profiles did not exceed 5 times the modal time step between all profiles.

3. The beginning of the summer stratification was estimated based on a criterion developed to account for the inherent geographic variability of $z_{\text{max}}$. First, to ensure that the transition to the summer stratification had begun, the “time of mid-shoaling” was identified as the time after $t_{\text{max}}$ when $z_m$ reached a value that was half of the range of $z_m$ during the timeseries. Then, from the part of the timeseries following the mid-shoaling, the time $t_{\text{strat}}$ was extracted after which $z_m$ did not vary by more than 20% of $z_{\text{max}}$ per 10-day period for at least 30 days. The time between $t_{\text{max}}$ and $t_{\text{strat}}$ is indicated as $\Delta t$.

4. For each profile between $t_{\text{max}}$ and $t_{\text{strat}}$ the average surface POC was then extracted from a grid of 8 x 8 satellite pixels centred on the location of and closest in time to the profile. Only years for which all POC and $z_m$ values were available during $\Delta t$ were used.

5. We assumed that the POC concentration is homogeneous in the mixed layer (optical backscattering data from Bio-Argo floats have been used to verify this hypothesis, see Supplementary materials and Figure S4). The POC stock in the mixed layer for each profile was then computed as the product of the POC concentration at the surface and the depth of the mixed layer.

6. The variation in the POC stock isolated below the mixed layer between times $t_{i-1}$ and $t_i$ was estimated as:

$$E(t_i) = \begin{cases} +\text{POC} \left( t_{i-1} \right) \left[ z_m \left( t_{i-1} \right) - z_m \left( t_i \right) \right], & \text{if } z_m \left( t_i \right) \leq z_m \left( t_{i-1} \right) \\ -\text{POC} \left( t_{i-2} \right) \left[ z_m \left( t_i \right) - z_m \left( t_{i-1} \right) \right], & \text{if } z_m \left( t_i \right) > z_m \left( t_{i-1} \right) \end{cases}$$

(1)

where the formulation for $z_m(t_i) \leq z_m(t_{i-1})$ was used to compute the increase in the POC isolated below the mixed layer at time $t_i$ due to a shoaling of the mixed layer, while the formulation for $z_m(t_i) > z_m(t_{i-1})$ was used to compute a decrease of the POC isolated below the mixed layer due to re-entrainment after a temporary deepening of the mixed layer.

7. The POC exported by the mixed-layer pump at the time of stratification was finally estimated as the sum of POC stock variations below 100 m during all time steps between the time of the deepest mixed layer and the time of stratification, multiplied by the fraction $(1-B)$ of this carbon stock that is not due to POC present in the mesopelagic before the deepening of the mixed layer (see below the explanation for how $B$ was estimated):
The nominal depth of 100 m was chosen as the depth where the upper sunlit ocean layer ends and where the mesopelagic zone begins. This is a common threshold for the upper boundary of the mesopelagic, and for the bottom of the euphotic zone, especially in high-latitude regions. This depth is also consistent with other studies estimating carbon export (e.g., IPCC CMIP5 models, as well as current satellite estimates).

\[ E_{\text{tot}} = (1 - B) \sum_{i=1}^{t_{\text{strat}}} E(t_i). \]  

\[ (2) \]

In order to provide a parametrization for \( E_{\text{tot}} \), a regression analysis was carried out between \( E_{\text{tot}} \) values and their corresponding values of \( z_{\text{max}} \). The bootstrap method (with 1000 simulated samples) was employed to estimate the coefficients of this relationship and their uncertainties (Figure S5). This relationship was then applied to climatological gridded winter mixed-layer depths obtained from the publicly available \( z_{\text{m}} \) product to obtain a global estimation of the \( E_{\text{tot}} \) at a 1-degree resolution.

**Uncertainty estimates / Sensitivity analysis**

A sensitivity analysis was carried out to estimate a plausible range of uncertainties associated with our \( E_{\text{tot}} \) values. Specifically, we investigated how the derived values of \( E_{\text{tot}} \) are affected by the following uncertainties: uncertainty in POC, \( z_{\text{m}} \) and the definition of \( t_{\text{strat}} \). Uncertainties for each of these variables are presented in Supplementary Table 1. Results of this analysis are reported as the median value of the ratio of the nominal values of \( E_{\text{tot}} \) calculated for each year and each float to the values of \( E_{\text{tot}} \) computed when each parameter was varied separately. These results demonstrate that \( E_{\text{tot}} \) is mostly sensitive to uncertainties in POC and \( z_{\text{m}} \).

**Duration of the transition between \( z_{\text{max}} \) and \( z_{\text{strat}} \)**

One of the parameters determining the value of \( E_{\text{tot}} \) is the duration of the transition between the timing of the deepest mixed layer and of stratification (i.e., \( \Delta t \)). Figure S6 demonstrates that this transition is rapid, with a median value of 20 days and 80% of the shoaling events occurring 40 days after the deepest mixed layer.

**Estimating the mesopelagic background stocks of POC**

When mixed layers at the end of the summer start deepening and begin transferring surface particles deeper into the mesopelagic region, other particles may be already present below the mixed layer. As a consequence, as mixed layers deepen, they not only transfer surface particles to depth, but they also re-entrain existing mesopelagic particles. Therefore, to accurately estimate the stock of carbon that is transferred to the mesopelagic by the mixed layer pump, it is necessary to remove the contribution of these background particles already present below the mixed layer from the signals recorded by satellite sensors at the surface.

Because ocean-colour satellites only sense the upper part of the water column, to estimate this contribution we employed a data set collected by Biogeochemical-Argo floats. These
floats were mostly deployed in regions with deep mixed layers and mounted optical sensors that can be used to determine particulate backscattering ($b_{bp}$), which is a proxy of POC (e.g., reference 10). We then computed the fraction $B=\frac{E_{bck}}{E_{tot}}$ of background POC stock ($E_{bck}$) to $E_{tot}$ as follows. We extracted each year of data from each float and computed $E_{tot}$ using the same methodology employed for the core-Argo floats and satellite data employed for the main analysis. However, instead of satellite estimates of POC, we used estimates of POC derived from the float $b_{bp}$ data in the mixed layer. For each year of data and each float, we then computed the average background POC concentration below the mixed layer and above $z_{max}$ during the three months preceding $t_{max}$. The average stock of background POC present between 100 m and $z_{max}$ ($E_{bck}$) was computed by multiplying this average concentration of background POC by the depth difference ($z_{max} - 100$). The bio-optical model used to convert $b_{bp}$ into POC is a simple multiplicative factor 10, thus the resulting values of $B$ are independent of the conversion factor.

The average yearly locations and estimates of $B$ for all floats are presented in Figure S7. A total of 59 independent estimates were obtained, once data were filtered to only include years where $z_{max} > 150$m. Overall, the median $B$ value was $0.51 \pm 0.18$, where the uncertainty range was computed as half the range between the 84th and 16th percentile, which corresponds to one standard deviation if the distribution is normal. We also tested the sensitivity of this result to the length of the period before $z_{max}$ over which the background is computed. We found that by varying this parameters by ±2 months with respect to the nominal value of 3 months, $B$ changed by less than 10%, supporting the robustness of this result.

**Comparison with carbon export by the biological carbon pump estimated by Earth System Models**

We compared our estimates of $E_{tot}$ to estimates of the sinking particulate carbon export flux at 100 m from two representative Coupled Model Intercomparison Project Phase 5 (CMIP5) models with explicit marine ecological modules. We used the “historic” yearly simulation for the year 2005 from the US NOAA GFDL-ESM2M35 and UK MetOffice HadGEM2-ES36.

**Data availability**

The satellite ocean-colour data used in the analysis are available from the ESA OC-CCI website (http://www.esa-oceancolour-cci.org). Argo data are available from the official Argo web site (http://www.argodatamgt.org/Documentation/Access-via-FTP-on-GDAC). Climatological gridded winter mixed-layer depths can be obtained from http://mixedlayer.ucsd.edu. The US NOAA GFDL-ESM2M and UK MetOffice HadGEM2-ES datasets are made available by the UK Centre for Environmental Data Archival (http://www.ceda.ac.uk). Data from Bio-Argo floats are available from the Coriolis data centre (http://www.argodatamgt.org/Documentation/Access-via-FTP-on-GDAC) and from the Monterey Bay Aquarium Research Institute website (http://www.mbari.org/science/upper-ocean-systems/chemical-sensor-group/floatviz).
Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 1. Schematic representation of the seasonal mixed-layer pump.
In the spring the depth of the mixed layer (yellow line) reaches its maximum annual value. Before and during this event, ephemeral stratification events can occur due, for example, to intermittent changes in the heat flux from negative (out of the ocean, blue arrows) to positive (into the ocean, red arrows). These stratification events can result in new accumulation of organic matter, which is then re-distributed over the water column by subsequent deep mixing. Eventually, when the summer stratification is established, the deeply-mixed organic matter remains isolated below the sunlit layer, resulting in an export of carbon. Orange, white and green squares and circles represent small particles accumulated within and below the surface mixed layer during the previous summer and produced due to the ephemeral stratification events, respectively.
Figure 2. Relationship between winter mixed layer depth and export by the mixed-layer pump. (a) climatological deepest winter mixed layers ($z_{\text{max}}$, black colours refer to regions with $z_{\text{max}} < 100$ m and not considered in this study) and (b) estimates of particulate carbon export by the mixed-layer pump ($E_{\text{tot}}$).
Figure 3. Comparison between mixed-layer pump and biological pump.
Ratio of carbon exported by the mixed-layer pump and estimates of the biological carbon pump by satellite-based algorithms: (a) $E_{tot}:TotEZ$ for reference 26, (b) $E_{tot}:H11$ for reference 24; and by two Earth System Models (c) GFDL-ESM2M and (d) HadGEM2-ES. Regions with ratios greater than 1 indicate our estimates of carbon export by the mixed-layer carbon pump are higher than current estimates of the biological pump. Black colours refer to regions with $z_{max}<100$ m and not considered in this study.