Active strict saddles in nonsmooth optimization
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Abstract
We introduce a geometrically transparent strict saddle property for nonsmooth functions. This property guarantees that simple proximal algorithms on weakly convex problems converge only to local minimizers, when randomly initialized. We argue that the strict saddle property may be a realistic assumption in applications, since it provably holds for generic semi-algebraic optimization problems.

1 Introduction
Nonconvex optimization techniques are increasingly playing a major role in modern signal processing, high dimensional statistics, and machine learning. A driving theme, fully supported by empirical evidence, is that simple algorithms often work well in highly non-convex and even nonsmooth settings. Gradient descent, for example, often finds points with small objective value, despite existence of many highly suboptimal critical points. A growing body of literature provides one compelling explanation for this phenomenon. Namely, typical smooth objective functions provably satisfy the strict saddle property, meaning each critical point is either a local minimizer or has a direction of strictly negative curvature (e.g., [6, 29, 30, 62, 63]). For such functions, randomly initialized gradient-type methods provably converge to local minimizers, escaping all strict saddle points [36, 52]. Moreover, stochastically perturbed gradient methods escape strict saddles efficiently, indeed, in polynomial time [23, 28, 34].

Smoothness of the objective plays a crucial role in the existing literature on saddle avoidance. Some extensions to constrained optimization do exist. The papers [15, 28, 64] investigate saddle point avoidance for the problem of minimizing a smooth functions over a smooth manifold. The works [31, 45, 50] propose algorithms for minimizing a smooth objective over a closed convex set. At each step of these algorithms, one must minimize a nonconvex quadratic over a certain convex set (an NP hard problem in general). The work [4] proposes a polynomial time first-order algorithm for minimizing a smooth objective over linear
At each step of this algorithm, one identifies the “active linear constraints” and then attempts to find a “second-order stationary point” of the loss in the restricted subspace.

Though impressive in scope, existing work has yet to answer the following question:

Do simple algorithms on typical nonsmooth and nonconvex optimization problems converge only to local minimizers?

This question as stated is purposefully vague, since “simple algorithms” and “typical optimization problems” can be interpreted in multiple ways. Let us try to formalize both ideas. First, if one believes that gradient descent is a canonical first-order method for smooth minimization, it is natural to focus on three concrete algorithms for nonsmooth and nonconvex problems: the proximal point \cite{43,44,47,56}, proximal gradient \cite{5,49}, and proximal linear \cite{9,21,22,41,48} methods. This is the path we follow in the current work.

The latter issue, identifying a typical optimization problem, is more subtle. To motivate our approach, let us revisit the following question: why is the strict saddle property a reasonable assumption for smooth minimization? A first compelling reason is that the property holds in practice for specific problems of interest. There is, however, a more classical justification, one rooted in stability to perturbations. Namely, consider the task of minimizing a smooth function $f$ on $\mathbb{R}^d$. Then for a full measure set of perturbations $v \in \mathbb{R}^d$, the perturbed function $f_v(x) = f(x) - \langle v, x \rangle$ is guaranteed to satisfy the strict saddle property—a direct consequence of Sard’s theorem. Consequently, in a precise mathematical sense, the strict saddle property holds \textit{generically} in smooth optimization. This justification does not suggest one can forgo verification of the strict saddle property in concrete circumstances, but it does suggest that the property is widely prevalent.

Seeking to identify a similarly reasonable class of nonsmooth objectives on which simple algorithms converge to local minimizers, the current paper accomplishes the following.

We formulate natural geometric conditions, guaranteeing the proximal point, proximal gradient, and proximal linear algorithms escape all saddle points. Moreover, the proposed conditions are generic: they hold for almost all linear perturbations of weakly convex and semi-algebraic problems.

The class of optimization problems we consider is broad. A function $f$ is called $\rho$-\textit{weakly convex} if the assignment $x \mapsto f(x) + \frac{\rho}{2} \|x\|^2$ is convex for some $\rho > 0$\footnote{Weakly convex functions also go by other names such as lower-$C^2$, uniformly prox-regularity, paraconvex, and semiconvex. We refer the reader to seminal works on the topic \cite{2,51,54,57,59}.}. Common examples include pointwise maxima of smooth functions and all compositions of Lipschitz convex functions with smooth maps. For detailed contemporary examples, we refer the reader to \cite{13,16,17,24,33}. The genericity guarantee applies to semi-algebraic functions\footnote{A function is called semi-algebraic if its graph decomposes into a finite union of sets, each defined by finitely many polynomial inequalities.} and more broadly, to those that are definable in an o-minimal structure—a virtually exhaustive function class in applications.

\footnote{This work appeared concurrently with our manuscript.}
1.1 The role of curvature

To motivate our core geometric conditions, we revisit the role that curvature plays in saddle-point avoidance. Setting the stage for the rest of the paper, consider the task of minimizing a weakly convex function $f$ on $\mathbb{R}^d$. First-order optimality conditions show that any local minimizer $\bar{x}$ of $f$ satisfies the criticality condition:

$$df(\bar{x})(v) \geq 0 \text{ for all } v \in \mathbb{R}^d,$$

where $df(\bar{x})(v)$ denotes the directional derivative of $f$ at $\bar{x}$ in direction $v$ (see Definition 2.1).

Conversely, sufficient conditions for local optimality at a critical point $\bar{x}$ require a close look at the second-order variations of $f$ along particular directions, namely those where the directional derivative is zero. Mirroring the smooth setting, one may naively call a critical point $\bar{x}$ a strict saddle if there exists a direction $v$ such that $df(\bar{x})(v) = 0$ and $f$ decreases quadratically along $v$. This definition, however, is insufficient for saddle avoidance: simple examples show that typical algorithms can converge to such saddle points from a positive measure of initial conditions.

Negative curvature alone does not guarantee escape from saddle points.

To illustrate what can go wrong, consider the example

$$\min_{(x,y) \in \mathbb{R}^2} f(x,y) = (|x| + |y|)^2 - 2x^2,$$

the graph of which is shown in Figure 1a. First, observe that the origin meets the conditions of the candidate “strict saddle” definition. Indeed, $f$ is differentiable at the origin and the origin is a critical point. Moreover, $f$ decreases quadratically along all directions making a small angle with the $x$-axis. Next, we turn to algorithm dynamics. Figure 1b depicts the subgradient flow $-\dot{\gamma}(t) \in \partial f(\gamma(t))$. From the picture we find a positive measure cone, surrounding the $y$-axis and consisting of origin-attracted initial conditions. Moreover, we show in Appendix B that a typical algorithm—the proximal point method—initialized anywhere within this cone also converges to the origin, illustrating the inadequacy of the definition. While this argument shows that negative curvature is insufficient for nonsmooth optimization, it can be made even more definitive by smoothing the problem at hand. Namely, an alternative view of the proximal point method recognizes that the dynamics of the algorithm coincide with the dynamics of gradient descent on a $C^1$ smooth approximation of $f$, called the Moreau envelope (see Section 2.3). The smooth envelope, whose graph and gradient flow are shown in Figures 1c and 1d, has the same cone of directions of second-order negative curvature as $f$, but despite its smoothness and negative curvature, gradient descent cannot escape the origin. The problem persists under a variety of different choices of the step-size. Note that there is no contradiction with the saddle avoidance property of gradient descent on smooth functions, since the envelope is not $C^2$, but merely $C^1$-smooth around the origin. Although this example appears damning at first, it is highly unstable, since small linear tilts of the function do not exhibit the same pathological behavior around critical points—a direct consequence of the forthcoming results.
The function $f(x, y) := (|x| + |y|)^2 - 2x^2$.

Subgradient flow $\dot{\gamma} \in -\partial f(\gamma)$.

Envelope $\hat{f}(z) := \min_{z' \in \mathbb{R}^2} \{ f(z') + 3\|z' - z\|^2 \}$.

Gradient flow $\dot{\gamma} = -\nabla \hat{f}(\gamma)$.

Figure 1: The function $f$ in (1.1), its Moreau envelope, and their subgradient flows.

1.2 The role of the active manifold

We have seen that negative curvature alone is insufficient for saddle avoidance. We argue here that in addition to negative curvature, one must make a structural assumption on the way nonsmoothness manifests. To illustrate and contrast with example (1.1) above, consider:

$$\min_{(x,y) \in \mathbb{R}^2} g(x, y) = |x| - y^2. \quad (1.2)$$

The graph of $g$ is shown in Figure 2a, while its subgradient flow appears in Figure 2b. Looking at the figure, we see that the subgradient flow of $g$ sharply contrasts with that of the pathological example (1.1). Indeed, while both functions have directions of negative curvature, the set of origin-attracted initial conditions of the flow $-\partial g$ is simply the $x$-axis—a measure zero set. This favorable behavior of $g$ arises because its nonsmoothness manifests in a structured way: its unique critical point $\bar{z}$ (the origin) lies on a smooth manifold $\mathcal{M}$ (the
The function $g$ then varies smoothly along $\mathcal{M}$ and sharply normal to $\mathcal{M}$ meaning:

$$\inf\{\|v\| : v \in \partial g(z), \ z \in U \setminus \mathcal{M}\} > 0,$$

where $U$ is some neighborhood of $z$. Such “active manifolds” have classical roots in optimization and serve as a far reaching generalization of “active sets” in nonlinear programming. Important references include both the original works [1, 10–12, 25–27, 39, 65] and the more recent work on partial smoothness [40] and cone reducibility [8]. Here, we most closely follow the framework developed in [20].

![Graph of function $g(x, y)$](image1)

(a) The function $g(x, y)$

![Subgradient flow](image2)

(b) Subgradient flow $\dot{\gamma} \in -\partial g(\gamma)$

Figure 2: The function $g(x, y) = |x| - y^2$ has an active manifold at the origin.

### 1.3 Escape from saddles by the center stable manifold theorem

Formalizing the favorable behavior of example (1.2), we will call a critical point $\bar{x}$ of a function $g$ a strict saddle whenever (i) $g$ admits an active manifold containing $\bar{x}$, and (ii) the function $g$ decreases quadratically along some direction $v$ satisfying $dg(\bar{x})(v) = 0$. A function $g$ is said to have the strict saddle property if each of its critical points is either a local minimizer or a strict saddle.\(^4\) Though it may seem that this definition is stringent at first, the strict saddle property is in a precise mathematical sense generic. Namely, it follows from [18] that given any semi-algebraic weakly convex function $g$, the perturbed function $g_v(x) = g(x) - \langle v, x \rangle$ has the strict saddle property for almost all $v \in \mathbb{R}^d$.\(^5\) In particular, almost all linear perturbations of the function $f$ in (1.1) do have the strict saddle property.

With the definition of a strict saddle at hand, we can now outline the main results of the paper. As in the smooth setting, first explored in the seminal paper [36], our arguments will

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\(^4\)Perhaps more appropriate would be the terms active strict saddle and the active strict saddle property. For brevity, we omit the word “active.”

\(^5\)Weak convexity is not essential here, provided one modifies the definitions appropriately. Moreover, this guarantee holds more generally for functions definable in an o-minimizable structure.
be based on the center stable manifold theorem. Namely, we will interpret the three simple
minimization algorithms as fixed point iterations
\[ x_{k+1} = S(x_k) \quad \text{for some maps } S : \mathbb{R}^d \to \mathbb{R}^d. \]
Table 1 lists the maps \( S(\cdot) \) for the proximal point, proximal gradient, and proximal linear
algorithms. In each case, the fixed points of \( S(\cdot) \) are precisely the critical points of the
minimization problem.

| Algorithm    | Objective            | Update function \( f_x(y) \) |
|--------------|----------------------|-------------------------------|
| Prox-point   | \( r(x) \)           | \( r(y) + \frac{1}{2\mu} \|y - x\|^2 \) |
| Prox-gradient| \( g(x) + r(x) \)     | \( g(x) + \langle \nabla g(x), y - x \rangle + r(y) + \frac{1}{2\mu} \|y - x\|^2 \) |
| Prox-linear  | \( h(F(x)) + r(x) \) | \( h(F(x) + \nabla F(x)(y - x)) + r(y) + \frac{1}{2\mu} \|y - x\|^2 \) |

Table 1: The three algorithms with the update \( S(x) = \text{argmin}_y f_x(y) \); we assume \( h \) is convex,
\( r \) is weakly convex, and both \( g \) and \( F \) are smooth.

To put our guarantees in context, it will be useful to recall the center stable manifold theorem. To this end, suppose that the iteration map \( S(\cdot) \) is \( C^1 \)-smooth on a neighborhood of some fixed point \( \bar{x} \). Then \( \bar{x} \) is called an unstable fixed point of \( S \) if the Jacobian \( \nabla S(\bar{x}) \) has at least one eigenvalue whose magnitude is strictly greater than one. The center stable-manifold theorem [61, Theorem III.7] guarantees the following: if \( \bar{x} \) is an unstable fixed point of \( S \) and the Jacobian \( \nabla S(\bar{x}) \) is invertible, then almost all initializers \( x \) in a neighborhood \( U \) of \( \bar{x} \) generate iterates \( \{S^k(x)\}_{k \geq 1} \) that eventually escape the neighborhood. More precisely, the theorem guarantees that the set of initial conditions
\[ \{ x \in U : S^k(x) \in U \text{ for all } k \geq 1 \} \]
has zero Lebesgue measure. All that is needed to globalize this guarantee is to ensure that the preimage \( S^{-1}(V) \) of any measure zero set \( V \) is itself measure zero. Then for almost all initial conditions \( x \in \mathbb{R}^d \), the limit \( \lim_{k \to \infty} S^k(x) \), when it exists, is not an unstable fixed point of \( S \). A straightforward way to ensure that the inverse \( S^{-1} \) respects null sets is by introducing the relaxation map:
\[ T(x) := (1 - \alpha)x + \alpha S(x). \quad (1.3) \]
Both \( T \) and \( S \) have the same fixed points, and any fixed point \( \bar{x} \) at which \( \nabla S(\bar{x}) \) has a real eigenvalue strictly greater than one is an unstable fixed point of \( T \). Moreover, if the map \( S \) is Lipschitz, then the inverse \( T^{-1} \) preserves null-sets for sufficiently small \( \alpha \in (0, 1) \).

### 1.4 The main results

We can now summarize our main results:

We show that around each strict saddle of the problem, each of the iterations
maps \( S(\cdot) \) in Table 1 is \( C^1 \) smooth. Moreover, if \( \bar{x} \) is a strict saddle, then the
Jacobian \( \nabla S(\bar{x}) \) has a real eigenvalue strictly greater than one.
From this result, the center stable manifold theorem guarantees that iteration (1.3) locally escapes strict saddles. Seeking to globalize the guarantees, we compute the global Lipschitz constants for the proximal point and proximal gradient methods. We deduce that, when randomly initialized, the relaxed iterations (1.3) for both the proximal point and proximal gradient methods converge to local minimizers of weakly convex functions, provided they have the strict saddle property. On the other hand, without placing further restrictions on the problem data, we are unable to compute the global Lipschitz constant of the map $S(\cdot)$ corresponding to the proximal linear algorithm. We leave it as an intriguing open question to determine Lipschitz properties of the proximal linear update.

The outlined results may seem surprising at first: the optimization problem is nonsmooth and yet we prove the iteration maps $S(\cdot)$ are $C^1$-smooth around any strict saddle. The reason is transparent and derives from the interplay between the active manifold and weak convexity. Take the proximal point method for example. The very definition of the active manifold guarantees that the fixed point iteration $S(\cdot)$ maps an entire neighborhood $X$ around an strict saddle $\bar{x}$ into the active manifold $M$. Consequently, for all $x \in X$, the update $S(x)$ can be realized as a minimizer of a smooth function over the active manifold:

$$S(x) = \arg\min_{y \in M} f(y) + \frac{1}{2\mu} \|y - x\|^2.$$  \hspace{1cm} (1.4)

Weak convexity, in turn, ensures that $S(\bar{x})$ satisfies a quadratic growth condition for the problem (1.4), which by classical perturbation theory guarantees that $S(\cdot)$ is $C^1$-smooth on a neighborhood of $\bar{x}$. It only remains to argue that the negative curvature of the objective function at $\bar{x}$ implies that the Jacobian $\nabla S(\bar{x})$ has at least one real eigenvalue greater than one. Though this computation is straightforward for the proximal point method, it becomes more interesting (and surprising) for the proximal gradient and proximal linear algorithms.

Roadmap. The outline of the paper is as follows. Section 2 is a self-contained presentation of the necessary preliminaries for formalizing the ideas of the introduction. Then in Sections 3, 4, and 5 we directly analyze the iteration maps for the proximal point, proximal gradient, and proximal linear algorithms. Section 6 establishes iterate convergence of the relaxed schemes (1.3) under the Kurdyka-Lojasiewicz property.

2 Preliminaries

Throughout, we follow standard notation in convex and variational analysis, as set out for example in the monographs [14,16,55,58]. We consider a Euclidean space $\mathbb{R}^d$ endowed with an inner product $\langle \cdot, \cdot \rangle$ and the induced norm $\|x\| = \sqrt{\langle x, x \rangle}$. The unit sphere in $\mathbb{R}^d$ will be denoted by $S^{d-1}$. For any function $f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$, the domain and epigraph are the sets

$$\text{dom } f = \{x \in \mathbb{R}^d : f(x) < \infty\}, \quad \text{epi } f = \{(x, r) \in \mathbb{R}^d \times \mathbb{R} : r \geq f(x)\},$$

respectively. The function $f$ is called closed if epi $f$ is a closed set. For any set $\mathcal{M} \subseteq \mathbb{R}^d$, the indicator function $\delta_{\mathcal{M}}$ evaluates to zero on $\mathcal{M}$ and to $+\infty$ off it. For any function $f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$ and a set $\mathcal{M} \subseteq \mathbb{R}^d$, we define the restriction $f_{\mathcal{M}} := f + \delta_{\mathcal{M}}$. Throughout, the symbol $o(r)$ will denote any univariate function satisfying $o(r)/r \to 0$ as $r \searrow 0$. 7
Consider a differentiable mapping \( F(x) = (F_1(x), \ldots, F_m(x)) \) from \( \mathbb{R}^d \) to \( \mathbb{R}^m \). Throughout, the symbol \( \nabla F(x) \in \mathbb{R}^{m \times d} \) will denote the Jacobian matrix, whose \( ij \)’th entry is given by \( \frac{d}{dx_j} F_i(x) \). Thus row \( i \) of \( \nabla F(x) \) is the gradient of the coordinate function \( F_i(x) \). In the particular case \( m = 1 \), we will treat \( \nabla F(x) \) either as a column or as a row vector, depending on context. For a \( C^2 \)-smooth function \( g: \mathbb{R}^d \times \mathbb{R}^n \to \mathbb{R}^m \), we partition the Hessian as follows:

\[
\nabla^2 g(x, y) = \begin{bmatrix}
\nabla_{xx} g(x, y) & \nabla_{xy} g(x, y) \\
\nabla_{yx} g(x, y) & \nabla_{yy} g(x, y)
\end{bmatrix}
\]

### 2.1 Subdifferentials and subderivatives

The following definition records the standard first and second-order differential constructions, which we will use in the paper. After the definition, we will comment on the role of each construction. For further details we refer the reader to [58, Definitions 8.1, 8.3, 13.59].

**Definition 2.1** (Subdifferential and subderivatives). Consider a function \( f: \mathbb{R}^d \to \mathbb{R} \cup \{\infty\} \) and a point \( \bar{x} \) with \( f(\bar{x}) \) finite. Then the subdifferential of \( f \) at \( \bar{x} \), denoted \( \partial f(\bar{x}) \), consists of all vectors \( v \) satisfying

\[
f(x) \geq f(\bar{x}) + \langle v, x - \bar{x} \rangle + o(\|x - \bar{x}\|) \quad \text{as } x \to \bar{x}.
\]

The subderivative of \( f \) at \( \bar{x} \) in direction \( \bar{u} \in \mathbb{R}^d \) is

\[
df(\bar{x})(\bar{u}) := \liminf_{t \downarrow 0 \atop u \to \bar{u}} \frac{f(\bar{x} + tu) - f(\bar{x})}{t}.
\]

The critical cone of \( f \) at \( \bar{x} \) for \( \bar{v} \in \mathbb{R}^d \) is

\[
C_f(\bar{x}, \bar{v}) := \{ u \in \mathbb{R}^d : \langle \bar{v}, u \rangle = df(\bar{x})(u) \}.
\]

The parabolic subderivative of \( f \) at \( \bar{x} \) for \( \bar{u} \in \text{dom} df(\bar{x}) \) with respect to \( \bar{w} \) is

\[
d^2 f(\bar{x})(\bar{u}|\bar{w}) = \liminf_{t \downarrow 0 \atop w \to \bar{w}} \frac{f(\bar{x} + t\bar{u} + \frac{1}{2}t^2w) - f(\bar{x}) - df(\bar{x})(\bar{u})}{\frac{1}{2}t^2}.
\]

We now comment on these definitions, in order. First, a vector \( v \) lies in the subdifferential \( \partial f(\bar{x}) \) precisely when the affine function \( x \mapsto f(\bar{x}) + \langle v, x - \bar{x} \rangle \) minorizes \( f \) up to first-order near \( \bar{x} \). The definition reduces to familiar objects in classical circumstances. For example, differentiability of \( f \) at \( \bar{x} \) implies the set \( \partial f(\bar{x}) \) is a singleton, containing only the gradient \( \nabla f(\bar{x}) \). Convexity of \( f \) too entails a simplification, wherein \( \partial f(\bar{x}) \) reduces to the subdifferential of convex analysis.

While the subdifferential encodes the set of approximate affine minorants, the subderivative measures the maximal instantaneous rate of decrease of \( f \) in direction \( \bar{u} \). Like the subdifferential, the subderivative reduces to familiar objects in classical circumstances. For example, if \( f \) is locally Lipschitz at \( \bar{x} \), then one may set \( u = \bar{u} \) in its defining expression. Simplifying further, if \( f \) is differentiable at \( \bar{x} \), we recover the directional derivative expression
\( df(x)(\bar{u}) = \langle \nabla f(x), \bar{u} \rangle \). Finally, if \( f \) is convex, then the subderivative reduces to the support function of the subdifferential

\[
df(x)(\bar{u}) = \sup \{ \langle \bar{u}, v \rangle : v \in \partial f(x) \},
\]

highlighting the dual roles of the subdifferential and subderivative constructions.

For smooth losses, necessary optimality conditions entail vanishing gradients, while sufficient optimality conditions follow from second order growth properties of \( f \). Similar characterizations persist in the nonsmooth setting. In particular, the subderivative and the subdifferential feature in first-order necessary optimality conditions, where the (dual) criticality condition \( 0 \in \partial f(x) \) is equivalent to the (primal) nonnegativity condition

\[
df(x)(u) \geq 0 \quad \text{for all } u \in \mathbb{R}^d. \tag{2.1}
\]

A point \( \bar{x} \) satisfying these first-order necessary conditions \( \tag{2.1} \) is thus called critical for \( f \). Sufficient optimality conditions, on the other hand, make use of second-order variations of \( f \). Namely, suppose that a point \( \bar{x} \) is critical for \( f \) and consider a direction \( \bar{u} \in \mathbb{R}^d \). There are two possibilities to consider. On the one hand, if \( df(x)(\bar{u}) > 0 \), then \( f \) must locally increase in direction \( \bar{u} \). On the other hand, if \( df(x)(\bar{u}) = 0 \), then we must examine second order variations of \( f \) to determine local optimality. Such directions of ambiguity for the subderivative make up the critical cone \( C_f(\bar{x}, 0) \). For these directions, we must look to the parabolic derivative \( d^2 f(x)(\bar{u}|w) \), a measurement of the second order variation of \( f \) along a parabolic arc with tangent direction \( \bar{u} \) and second-order variation \( w \). This construction too simplifies when \( f \) is \( C^2 \) smooth at \( \bar{x} \), reducing to the familiar second order variation:

\[
d^2 f(x)(\bar{u}|w) = \langle \nabla^2 f(x)\bar{u}, \bar{u} \rangle.
\]

This relation suggests second-order optimality conditions for nonsmooth problems. Although we will not appeal to such conditions directly in this work, we record them here for completeness. If \( \bar{x} \) is a local minimizer of \( f \), then \( df(x)(u) \geq 0 \) for all \( u \in \mathbb{R}^n \), and moreover \( \inf_{w \in \mathbb{R}^n} d^2 f(x)(u|w) \geq 0 \) for any nonzero \( u \in C_f(x, 0) \). Complementing this necessary condition, a large class of functions, those that are parabolically regular, may also be endowed with a sufficient optimality condition. Namely, if \( df(x)(u) \geq 0 \) for all \( u \in \mathbb{R}^n \) and \( \inf_{w \in \mathbb{R}^n} d^2 f(x)(u|w) > 0 \) for any nonzero \( u \in C_f(x, 0) \), then \( \bar{x} \) is a local minimizer of \( f \). We refer the reader to \([8]\) or \([58, \text{Theorem 13.66}]\) for details.

### 2.2 Smooth minimization on a manifold

The main results of this work exploit local smooth features of nonsmooth optimization problems (c.f. Definition \( \tag{2.6} \)). In the presence of these features, the constructions of Definition \( \tag{2.1} \) locally simplify. Before moving to the general setting, we thus interpret the various derivative constructions in the classical setting of minimizing a \( C^2 \)-smooth function \( f \) on a \( C^2 \)-smooth manifold \( \mathcal{M} \). To that end, we first recall the definition of a manifold.

**Definition 2.2** (Smooth manifold). A subset \( \mathcal{M} \subset \mathbb{R}^n \) is a \( C^p \) manifold of dimension \( r \) around \( \bar{x} \in \mathcal{M} \) if there is an open neighborhood \( U \) around \( \bar{x} \) and a mapping \( G \) from \( \mathbb{R}^n \)
to $\mathbb{R}^{n-r}$ such that following hold: $G$ is $C^p$-smooth, the derivative $\nabla G(\bar{x})$ has full rank, and equality holds:

$$\mathcal{M} \cap U = \{x \in U : G(x) = 0\}.$$  

We call $G = 0$ the local defining equations for $\mathcal{M}$ around $\bar{x}$. The tangent space to $\mathcal{M}$ at $\bar{x}$ is $T_{\mathcal{M}}(\bar{x}) := \ker \nabla G(\bar{x})$ and the normal space to $\mathcal{M}$ at $\bar{x}$ is $N_{\mathcal{M}}(\bar{x}) := \text{range } \nabla G(\bar{x})^*$.  

Turning to the classical setting, consider the optimization problem

$$\min_{y \in \mathbb{R}^d} f(y) \text{ subject to } y \in \mathcal{M}. \quad (2.2)$$

Fix a point $\bar{y} \in \mathcal{M}$ and suppose that both the function $f$ is $C^2$-smooth around $\bar{y}$ and $\mathcal{M}$ is a $C^2$-smooth manifold around $\bar{y}$. Due to local smoothness, the subdifferential admits the simple expression:

$$\partial f_{\mathcal{M}}(\bar{y}) = \nabla f(\bar{y}) + N_{\mathcal{M}}(\bar{y}).$$

Recall that we use the shorthand $f_{\mathcal{M}} := f + \delta_{\mathcal{M}}$. From this expression, we see that a point $\bar{y} \in \mathcal{M}$ is first-order critical for the problem (2.2) precisely when the inclusion holds:

$$0 \in \nabla f(\bar{y}) + N_{\mathcal{M}}(\bar{y}). \quad (2.3)$$

This inclusion can be equivalently stated in terms of the Lagrangian function. Namely, let $G = 0$ be the local defining equations for $\mathcal{M}$ around $\bar{y}$ and define the Lagrangian function

$$\mathcal{L}(y, \lambda) := f(y) + \langle G(y), \lambda \rangle.$$  

Then (2.3) amounts to existence of a (unique) multiplier vector $\bar{\lambda} \in \mathbb{R}^m$ satisfying $0 = \nabla_y \mathcal{L}(\bar{y}, \bar{\lambda})$. Next, assuming $\bar{y}$ is critical, second-order necessary conditions read

$$\langle \nabla^2_{yy} \mathcal{L}(\bar{y}, \bar{\lambda}) u, u \rangle \geq 0 \text{ for all } u \in T_{\mathcal{M}}(\bar{y}). \quad (2.4)$$

Conversely, second-order sufficient conditions read

$$\langle \nabla^2_{yy} \mathcal{L}(\bar{y}, \bar{\lambda}) u, u \rangle > 0 \text{ for all } 0 \neq u \in T_{\mathcal{M}}(\bar{y}). \quad (2.5)$$

It is well-known that the sufficient condition (2.5) implies more than just local minimality; namely, (2.5) holds if and only if there exists $\alpha > 0$ such that

$$f(y) - f(\bar{y}) \geq \alpha \|y - \bar{y}\|^2, \quad \text{for all } y \in \mathcal{M} \text{ near } \bar{y}. \quad (2.6)$$

Any point $\bar{y}$ satisfying (2.6) is called a strong local minimizer of $f$ on $\mathcal{M}$.

The Lagrangian conditions (2.4) and (2.5) may be succinctly expressed through parabolic subderivatives of $f_{\mathcal{M}}(y)$, yielding a form independent of the choice of local defining equations $G = 0$. In particular, a quick computation shows that for any $u \in T_{\mathcal{M}}(\bar{y})$, the function $w \mapsto d^2 f(\bar{y})(u|w)$ is constant on its domain.\footnote{The domain of $d^2 f_{\mathcal{M}}(\bar{y})(u|\cdot)$ consists of $w$ satisfying $\langle \nabla^2 G_1(\bar{y}) u, w \rangle, \ldots, \langle \nabla^2 G_{n-r}(\bar{y}) u, w \rangle = -\nabla G(\bar{y}) w$, where $G_i$ are the coordinate functions of $G$.} Dropping the dependence on $w$, the equation then holds:

$$d^2 f_{\mathcal{M}}(\bar{y})(u) = \langle \nabla^2_{yy} \mathcal{L}(\bar{y}, \bar{\lambda}) u, u \rangle \quad \text{for all } u \in T_{\mathcal{M}}(\bar{y}).$$
The use of (2.5) goes far beyond verifying local optimality; indeed, this condition plays a fundamental role in certifying solution stability under small perturbations. To illustrate, consider the value function of the parametric family

\[ \varphi(x) = \inf_y \{ f(x, y) : y \in \mathcal{M} \}, \tag{\mathcal{P}_x} \]

where \( f \) is \( C^2 \)-smooth and \( \mathcal{M} \subset \mathbb{R}^d \) is a closed set. Let \( \bar{y} \) be a minimizer of \( \mathcal{P}_{\bar{x}} \) for a fixed parameter \( \bar{x} \), and suppose that \( \mathcal{M} \) is a \( C^2 \)-smooth manifold around \( \bar{y} \). Let \( G = 0 \) be the local defining equations for \( \mathcal{M} \) around \( \bar{y} \) and define the parametric Lagrangian function

\[ L(x, y, \lambda) = f(x, y) + \langle G(y), \lambda \rangle. \]

Since \( \bar{y} \) solves \( \mathcal{P}_{\bar{x}} \), there is a multiplier vector \( \bar{\lambda} \) satisfying \( 0 = \nabla_y L(\bar{x}, \bar{y}, \bar{\lambda}) \).

The following perturbation result will form the core of our arguments. In short: both the value function \( \varphi(x) \) and the minimizer of \( \mathcal{P}_x \) vary smoothly with \( x \), provided two mild conditions hold (level-boundedness and quadratic growth). Moreover, the derivatives of both the value function and the solution maps can be computed explicitly. For details and a much more general perturbation result, see [60, Theorem 3.1].

**Theorem 2.3** (Perturbation analysis). Suppose that the following two properties hold.

1. **(Level-boundedness)** There exists a number \( \gamma > \varphi(\bar{x}) \) and a neighborhood \( \mathcal{X} \) of \( \bar{x} \) such that the set
   \[ \bigcup_{x \in \mathcal{X}} \{ y \in \mathcal{M} : f(x, y) \leq \gamma \} \]
   is bounded.

2. **(Quadratic growth)** The point \( \bar{y} \) is a strong local minimizer and a unique global minimizer of \( \mathcal{P}_{\bar{x}} \).

Define the partial Hessian matrices

\[ H_{xx} = \nabla_{xx}^2 L(\bar{x}, \bar{y}, \bar{\lambda}), \quad H_{xy} = \nabla_{xy}^2 L(\bar{x}, \bar{y}, \bar{\lambda}), \quad H_{yy} = \nabla_{yy}^2 L(\bar{x}, \bar{y}, \bar{\lambda}), \]

and the quantities

\[ \eta(h) = \min_{v \in T_{\mathcal{M}}(\bar{y})} \langle H_{xx} h, h \rangle + 2 \langle H_{xy} v, h \rangle + \langle H_{yy} v, v \rangle, \]

\[ \Phi(h) = \arg\min_{v \in T_{\mathcal{M}}(\bar{y})} \langle H_{xx} h, h \rangle + 2 \langle H_{xy} v, h \rangle + \langle H_{yy} v, v \rangle. \]

Then for every \( x \) near \( \bar{x} \), the problem \( \mathcal{P}_x \) admits a unique solution \( y(x) \), which varies \( C^1 \)-smoothly and admits the first-order expansion

\[ \bar{y}(\bar{x} + h) = \bar{y} + \Phi(h) + o(\|h\|) \quad \text{as } h \to 0. \]

Moreover, the function \( \varphi \) is \( C^2 \)-smooth around \( \bar{x} \) and admits the second order expansion

\[ \varphi(\bar{x} + h) = \varphi(\bar{x}) + \langle \nabla_x f(\bar{x}, \bar{y}), h \rangle + \frac{1}{2} \eta(h) + o(\|h\|^2) \quad \text{as } h \to 0. \]
The two assumptions of the theorem play different roles. The level-boundedness property ensures that the solutions of the perturbed problems \( P_x \) lie in a compact set around \( \bar{y} \). The quadratic growth property in turn ensures smoothness of both the solution map and the value function. In what follows, we will apply this result several times. Both conditions will follow in all cases from the next simple lemma.

**Lemma 2.4** (Sufficient conditions for level boundedness). Consider a closed function \( \varphi : \mathbb{R}^d \times \mathbb{R}^n \to \mathbb{R} \cup \{\infty\} \) and fix a point \( \bar{x} \in \mathbb{R}^d \). Suppose there exists \( \alpha > 0 \) such that for all \( x \) near \( \bar{x} \), the function \( \varphi(x, \cdot) \) is \( \alpha \)-strongly convex and its minimizer \( y(x) \) varies continuously. Then \( y(x) \) is a strong global minimizer of \( \varphi(x, \cdot) \) for all \( x \) near \( \bar{x} \). Moreover, there exists a neighborhood \( \mathcal{X} \) of \( \bar{x} \) such that for any real \( \gamma > \varphi(\bar{x}, y(\bar{x})) \), the set

\[
\bigcup_{x \in \mathcal{X}} \{ y \in \mathbb{R}^n : \varphi(x, y) \leq \gamma \}
\]

is bounded.

**Proof.** Strong convexity ensures there is a neighborhood \( \mathcal{X} \) of \( \bar{x} \) such that for any \( x \in \mathcal{X} \),

\[
\varphi(x, y(x)) + \frac{\alpha}{2} \| y - y(x) \|^2 \leq \varphi(x, y) \quad \forall y \in \mathbb{R}^n,
\]

showing \( y(x) \) is a strong global minimizer of \( \varphi(x, \cdot) \). Shrinking \( \mathcal{X} \) if necessary we may assume that \( y(\cdot) \) also varies continuously on \( \mathcal{X} \). Choose any \( \delta > 0 \). Then by shrinking \( \mathcal{X} \) again and by leveraging both closedness of \( \varphi \) and continuity of \( y \), we may ensure that

\[
\| y(x) - y(\bar{x}) \| \leq \delta \quad \text{and} \quad \varphi(x, y(x)) \geq \varphi(\bar{x}, y(\bar{x})) - \delta \quad \text{for all} \; x \in \mathcal{X}.
\]

The proof will now follow quickly from the bound (2.8). Indeed, consider any points \( x \in \mathcal{X} \) and \( y \in \mathbb{R}^d \) satisfying \( \varphi(x, y) \leq \gamma \). Then (2.7) yields

\[
\| y - y(x) \| \leq \frac{2(\gamma - \varphi(x, y(x)))}{\alpha}.
\]

Applying (2.8) then gives the uniform bound

\[
\| y - y(\bar{x}) \| \leq \| y(x) - y(\bar{x}) \| + \frac{2(\gamma - \varphi(x, y(x)))}{\alpha} \leq \delta + \frac{2(\gamma + \delta - \varphi(\bar{x}, y(\bar{x}))}{\alpha},
\]

completing the proof.

### 2.3 Weak convexity and the Moreau envelope

In general, the little-\( o \) error term in the definition of \( \partial f(\bar{x}) \) (Definition 2.1) may depend both on the base point \( \bar{x} \) and on the subgradient \( v \). In this work, we focus on a particular class of functions for which the error in approximation is uniform. Namely, we focus on the class of \( \rho \)-weakly convex functions \( f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\} \), meaning those for which the assignment \( x \mapsto f(x) + \frac{\rho}{2} \| x \|^2 \) defines a convex function. Subgradients of a \( \rho \)-weakly convex function \( f \) automatically yield a uniform lower bound:

\[
f(y) \geq f(x) + \langle v, y - x \rangle - \frac{\rho}{2} \| y - x \|^2, \quad \forall x, y \in \mathbb{R}^d, \; v \in \partial f(x).
\]
A useful feature of weakly convex functions is that they admit a smooth approximation that preserves critical points. Setting the notation, fix a \(\rho\)-weakly convex function \(f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}\) and a parameter \(\mu < \rho^{-1}\). Define the Moreau envelope and the proximal point map, respectively:

\[
\begin{align*}
\mu f(x) &= \inf_{y \in \mathbb{R}^d} \left\{ f(y) + \frac{1}{2\mu} \|y - x\|^2 \right\}, \\
\prox_{\mu f}(x) &= \arg\min_{y \in \mathbb{R}^d} \left\{ f(y) + \frac{1}{2\mu} \|y - x\|^2 \right\}.
\end{align*}
\]

We will use a few basic properties of these two constructions, summarized below.

**Lemma 2.5** (Moreau envelope and the proximal point map). Consider a \(\rho\)-weakly convex function \(f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}\) and fix a parameter \(\mu < \rho^{-1}\). Then the following are true.

1. The envelope \(\mu f\) is \(C^1\)-smooth with its gradient given by

\[
\nabla \mu f(x) = \mu^{-1}(x - \prox_{\mu f}(x)).
\]

2. The envelope \(\mu f(\cdot)\) is \(\mu^{-1}\)-smooth and \(\frac{\rho}{1-\mu \rho}\)-weakly convex meaning:

\[
\frac{\rho}{1-\mu \rho} \|x' - x\|^2 \leq \mu f(x') - \mu f(x) - \langle \nabla \mu f(x), x' - x \rangle \leq \frac{\mu}{2} \|x' - x\|^2,
\]

for all \(x, x' \in \mathbb{R}^d\).

3. The proximal map \(\prox_{\mu f}(\cdot)\) is \(\frac{1}{1-\mu \rho}\)-Lipschitz continuous and the gradient map \(\nabla \mu f\) is Lipschitz continuous with constant \(\max\{\mu^{-1}, \frac{\rho}{1-\mu \rho}\}\).

4. The critical points of \(f\) and \(\mu f\) coincide. In particular, they are exactly the fixed points of the proximal map \(\prox_{\mu f}\).

**Proof.** Claim 1 follows for example from [54, Theorem 4.4]. The left-hand-side of (2.11) is proved in [54, Theorem 5.2]. To see the right-hand-side, observe

\[
\begin{align*}
\mu f(x') &\leq \mu(\prox_{\mu f}(x)) + \frac{1}{2\mu} \|\prox_{\mu f}(x) - x'\|^2 \\
&= \mu f(x) + \frac{1}{2\mu} \|\prox_{\mu f}(x) - x'\|^2 - \|x - \prox_{\mu f}(x)\|^2 \\
&= \mu f(x) + \langle \mu^{-1}(x - \prox_{\mu f}(x)), x' - x \rangle + \frac{1}{2\mu} \|x - x'\|^2.
\end{align*}
\]

Thus Claim 2 holds. The result [54, Theorem 4.4] shows that \(\prox_{\mu f}(\cdot)\) is Lipschitz continuous with constant \(\frac{1}{1-\mu \rho}\). Lipschitz continuity of \(\nabla \mu f(\cdot)\) with constant \(\max\{\mu^{-1}, \frac{\rho}{1-\mu \rho}\}\) follows from (2.11) and Alexandrov’s theorem [58, Theorem 13.51]. Thus claim 3 holds. Claim 4 is immediate from (2.10) and the observation that the function \(y \mapsto f(y) + \frac{1}{2\mu} \|y - x\|^2\) is strongly convex for any \(x\). \(\square\)
2.4 Active manifolds

The nonsmooth behavior of sets and functions arising in applications is typically far from pathological and instead manifests in highly structured ways. Formalizing this perspective we will assume that nonsmoothness, in a certain localized sense, only occurs along an “active manifold.” This notion, introduced in [40] under the name of partial smoothness and rooted in the earlier works [1,10–12,25–27,65], extends the concept of active sets in nonlinear programming far beyond the classical setting. In this work, we will take the related perspective developed in [20], since it will be most expedient for our purpose.

Before giving the formal definition, we provide some intuition. Taking a geometric view, we will assume that each critical point of a function $f$ lies on a smooth manifold $M$, and that the objective varies smoothly along the manifold, but sharply off of it. For example consider Figure 2a: there the function $f(x, y) = |x| - y^2$ admits the active manifold $M = \{0\} \times \mathbb{R}$ around its unique critical point (the origin). From an algorithmic point of view, active manifolds are the sets that typical algorithms (e.g. proximal point, proximal gradient [32], and dual averaging [38]) identify in finite time. Active manifolds also play a central role for sensitively analysis, providing a path to reduce such questions to the smooth setting. In particular, reasonable conditions guarantee that the active manifold is smoothly traced out by critical points of slight perturbations of the problem. We are now ready to state the formal definition.

**Definition 2.6** (Active manifold). Consider a closed weakly convex function $f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$ and fix a set $\mathcal{M} \subseteq \mathbb{R}^d$ containing a critical point $\bar{x}$ of $f$. Then $\mathcal{M}$ is called an active $C^p$-manifold around $\bar{x}$ if there exist a neighborhood $U$ around $\bar{x}$ satisfying the following.

- **(smoothness)** The set $\mathcal{M} \cap U$ is a $C^p$-smooth manifold and the restriction of $f$ to $\mathcal{M} \cap U$ is $C^p$-smooth.

- **(sharpness)** The lower bound holds:

\[
\inf\{\|v\| : v \in \partial f(x), \ x \in U \setminus \mathcal{M}\} > 0.
\]

If $f$ admits an active manifold around a critical point $\bar{x}$, then it must be locally unique: any two active manifolds at $\bar{x}$ must coincide on a neighborhood of $\bar{x}$ [19, Proposition 2.4, Proposition 10.10]. Moreover, the critical cone $C_f(\bar{x}, 0)$ coincides with the tangent space $T_\mathcal{M}(\bar{x})$ [19, Proposition 10.8]. With the definition of the active manifold in hand, we can now introduce the strict saddle property for nonsmooth functions.

**Definition 2.7** (Strict saddles). Consider a weakly convex function $f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$. Then we say that a critical point $\bar{x}$ is a strict saddle of $f$ if there exists a $C^2$-active manifold $\mathcal{M}$ of $f$ at $\bar{x}$ and the inequality $d^2f_\mathcal{M}(\bar{x})(u) < 0$ holds for some vector $u \in T_\mathcal{M}(\bar{x})$. If every critical point of $f$ is either a local minimizer or a strict saddle, then we say that $f$ satisfies the strict saddle property.

---

7 What we call an active manifold here is called an identifiable manifold in [20]—the reference we most closely follow. The term active is more evocative in the context of the current work.

8 Better terminology would be the terms active strict saddle and the active strict saddle property. To streamline the notation, we omit the word active, as it should be clearly understood from context.
Looking at Figure 2a, we see that the function $f(x,y) = |x| - y^2$ indeed has the strict saddle property: the restriction of $f$ to the axis $M = \{0\} \times \mathbb{R}$, namely $f_M(0,t) = -t^2$, certainly has directions of negative curvature. Figure 2b depicts the subgradient flow generated by this function. Notice that the set of initial conditions attracted to the origin has measure zero. This observation suggests that typical algorithms are also unlikely to stall at the strict saddle point, an observation made precise by the forthcoming results.

The curvature condition in the definition of the strict saddle may seem strange at first since it asks for a direction of negative curvature of the restriction of $f$ to $M$. One may instead ask whether existence of directions of negative curvature for $f$ alone suffice. The answer turns out to be yes.

**Theorem 2.8** ([18, Corollary 4.15]). Consider a closed weakly convex function $f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$ that admits a $C^3$-active manifold $M$ around a critical point $\bar{x}$. Then it holds:

$$d^2f(\bar{x})(u \mid w) \geq d^2f_M(\bar{x})(u) \quad \text{for all } u \in T_M(\bar{x}), w \in \mathbb{R}^d.$$

A natural question is whether we expect the strict saddle property to hold typically. One supporting piece of evidence is that the property holds under generic linear perturbations of semialgebraic problems. This is almost immediate from guarantees in [18, Theorem 4.16], though this conclusion is not explicitly stated in the theorem statement. We state this guarantee below and provide a quick proof in Section A for completeness.

**Theorem 2.9** (Strict saddle property is generic). Consider a closed, weakly convex, semi-algebraic function $f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$. Then for a full Lebesgue measure set of perturbations $v \in \mathbb{R}^d$, the perturbed function $f_v(x) := f(x) - \langle v, x \rangle$ has the strict saddle property.

### 2.5 The Center Stable Manifold Theorem

In this work, we will show that a variety of simple algorithms escape strict saddle points. To prove results of this type, we will interpret algorithms as fixed point iterations of a nonlinear map $T : \mathbb{R}^d \to \mathbb{R}^d$, having certain favorable properties. As in the smooth setting of [36], the core of our arguments will be based on the center stable manifold theorem.

**Theorem 2.10** (The Center Stable Manifold Theorem [61, Theorem III.7]). Let the origin be a fixed point of the $C^1$ local diffeomorphism $T : U \to \mathbb{R}^d$ where $U$ is a neighborhood of the origin in $\mathbb{R}^d$. Let $E^s \oplus E^c \oplus E^u$ be the invariant splitting of $\mathbb{R}^d$ into the generalized eigenspaces of the Jacobian $\nabla T(0)$ corresponding to eigenvalues of absolute value less than one, equal to one, and greater than one. Then there exists a local $T$-invariant $C^1$ embedded disk $W^c_{\text{loc}}$, tangent to $E^s \oplus E^c$ at 0 and a neighborhood $B$ around zero such that $T(W^c_{\text{loc}}) \cap B \subseteq W^c_{\text{loc}}$. In addition, if $T^k(x) \in B$ for all $k \geq 0$, then $x \in W^c_{\text{loc}}$.

An immediate consequence of this theorem is the following: if $\nabla T(0)$ is invertible and has at least one eigenvalue of magnitude greater than one, then there exists a neighborhood $B$ of the origin such that the set

$$\{x \in B : T^k(x) \in B \text{ for all } k \geq 0\},$$

9A function is semi-algebraic if its graph can be written as a finite union of sets each cut out by finitely many polynomial inequalities
has measure zero. This fact motivates the following key definition.

**Definition 2.11** (Unstable fixed points). A fixed point $\bar{x}$ of a map $T: \mathbb{R}^d \to \mathbb{R}^d$ is called unstable if $T$ is $C^1$-smooth around $\bar{x}$ and the Jacobian $\nabla T(\bar{x})$ has an eigenvalue of magnitude strictly greater than one.

To globalize the guarantees of the center stable manifold theorem, we will need to impose global regularity properties on $T$. In this work, we will require the map $T$ to be a lipeomorphism, namely, we require that $T$ is globally Lipschitz and its inverse $T^{-1}$ is a well-defined globally Lipschitz map. The following corollary is now immediate. Its proof closely follows the presentation in [35, Theorem 2].

**Corollary 2.12.** Let $T: \mathbb{R}^d \to \mathbb{R}^d$ be a lipeomorphism and let $U_T$ consist of all unstable fixed points $x$ of $T$ at which the Jacobian $\nabla T(x)$ is invertible. Then the set of initial conditions attracted by such fixed points

$$W := \left\{ x \in \mathbb{R}^d : \lim_{k \to \infty} T^k(x) \in U_T \right\}$$

has zero Lebesgue measure.

**Proof.** For every $\bar{x} \in U_T$ there exists a neighborhood $U$ of $\bar{x}$ such that $T: U \to \mathbb{R}^d$ is a local diffeomorphism. Thus, the center stable manifold theorem shows there exists an open neighborhood $B_{\bar{x}}$ of $\bar{x}$ so that $S_{\bar{x}} := \bigcap_{k=0}^{\infty} T^{-k}(B_{\bar{x}})$ is contained in a measure zero set. In particular, $S_{\bar{x}}$ itself is measure zero.

Now observe that $U_T \subseteq \bigcup_{\bar{x} \in U_T} B_{\bar{x}}$ is an open cover of $U_T$. Since $\mathbb{R}^d$ is second countable, this cover has a countable subcover $U_T \subseteq \bigcup_{i=1}^{\infty} B_{\bar{x}_i}$. Observe the inclusion $W \subseteq \bigcup_{i=1}^{\infty} \bigcup_{j=0}^{\infty} T^{-j}(S_{\bar{x}_i})$. Since $T$ is a lipeomorphism, the right hand side is a countable union of measure zero sets, and therefore $W$ has measure zero. 

To verify that a map $T$ is a lipeomorphism, we will appeal to the following standard sufficient condition. We provide a quick proof for completeness.

**Lemma 2.13.** Let $T: \mathbb{R}^d \to \mathbb{R}^d$ be a Lipschitz continuous map with constant $\lambda < 1$. Then $(I + T)$ is invertible and $(I + T)^{-1}: \mathbb{R}^d \to \mathbb{R}^d$ is Lipschitz continuous with constant $(1 - \lambda)^{-1}$.

**Proof.** To show that $(I + T)$ is invertible, we must show that for every $u \in \mathbb{R}^d$, the equation $u = T(x) + x$ has a unique solution $x(u) \in \mathbb{R}^d$. Equivalently, we must show that for every $u \in \mathbb{R}^d$, the mapping

$$\zeta_u(x) := u - T(x)$$

has a unique fixed point. This is immediate from Banach’s fixed point theorem since $\zeta_u(\cdot)$ is strictly contractive.

To show that $(I + T)^{-1}$ is Lipschitz, choose arbitrary $u, v \in \mathbb{R}^d$ and define $x := (I + T)^{-1}(u)$ and $y := (I + T)^{-1}(v)$. We then compute

$$\|u - v\| = \|(I + T)(x) - (I + T)(y)\| \geq \|x - y\| - \|T(x) - T(y)\| \geq (1 - \lambda)\|x - y\|,$$

where we have used the reverse triangle inequality and Lipschitz continuity of $T$. Rearranging completes the proof.
While the iteration mappings $S$ of Section 1.3 can be Lipschitz, they are usually not invertible. Thus to ensure Lipschitz invertibility, we will consider damped fixed point iterations, as summarized in the following elementary lemma. We provide a quick proof for completeness.

**Lemma 2.14** (Damped fixed point iterations). Consider a map $S : \mathbb{R}^d \rightarrow \mathbb{R}^d$ and fix a damping parameter $\alpha \in (0, 1)$. Define the map

$$T(x) = (1 - \alpha)x + \alpha \cdot S(x).$$

Then the following are true.

1. The fixed points of $T$ and $S$ coincide.

2. If $S$ is differentiable at $\bar{x}$ and the Jacobian $\nabla S(\bar{x})$ has a real eigenvalue strictly greater than one, then $\bar{x}$ is an unstable fixed point of $T$.

3. If the map $S$ is continuous and the iterates generated by the process $x_{k+1} = T(x_k)$ converge to some point $\bar{x}$, then $\bar{x}$ must be a fixed point of $S$.

4. If the map $I - S$ is $L$-Lipschitz, then $T$ is a lipeomorphism for any $\alpha \in (0, L^{-1})$.

**Proof.** Claims [1] and [2] follow directly from algebraic manipulations. Claim [4] follows immediately from Lemma 2.13. To see claim [3], suppose that $T$ is continuous and that $x_k$ converge to some point $\bar{x}$. Then we deduce

$$T(\bar{x}) = T \left( \lim_{k \rightarrow \infty} x_k \right) = \lim_{k \rightarrow \infty} T(x_k) = \lim_{k \rightarrow \infty} x_{k+1} = \bar{x}.$$ 

Therefore $\bar{x}$ is a fixed point of $T$. Using claim [1] we deduce that $\bar{x}$ is a fixed point of $S$. 

## 3 The Proximal Point Method

We now turn to the saddle escape properties of the proximal-point method. Fixing the problem at hand, we consider

$$\min_{x \in \mathbb{R}^d} f(x),$$

where $f : \mathbb{R}^d \rightarrow \mathbb{R} \cup \{\infty\}$ is a $\rho$-weakly convex function that is bounded from below. For a fixed $\mu < \rho^{-1}$, the classical proximal-point method is precisely the fixed point iteration

$$x_{t+1} = \text{prox}_{\mu f}(x_t).$$

Key to our analysis is the equivalence between this algorithm and gradient descent on the Moreau envelope. This equivalence follows from (2.10), which quickly yields the description

$$x_{k+1} = x_k - \mu \cdot \nabla f_{\mu}(x_k).$$

The saddle escape properties of the proximal point method thus flow from the strict saddle properties of the Moreau envelope. Indeed, the following theorem shows that when $f$ admits a $C^2$ active manifold around a critical point $\bar{x}$, the envelope $f_{\mu}$ is automatically $C^2$-smooth near $\bar{x}$. Moreover, if $\bar{x}$ is a strict saddle of $f$, then it is also a strict saddle of $f_{\mu}$. Consequently, any strict saddle point of $f$ is an unstable fixed point of the proximal map $\text{prox}_{\mu f}(\cdot)$. 

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Theorem 3.1 (Saddle points of the Moreau envelope). Let \( f : \mathbb{R}^d \to \mathbb{R} \cup \{ \infty \} \) be a closed and \( \rho \)-weakly convex function and let \( \bar{x} \) be any critical point of \( f \). Suppose that \( f \) admits a \( C^2 \) active manifold \( M \) at \( \bar{x} \). Then for any \( \mu < \rho^{-1} \), the Moreau envelope \( f_\mu \) is \( C^2 \)-smooth around \( \bar{x} \) and its Hessian satisfies
\[
\min_{h \in \mathbb{S}^{d-1} \cap T_M(\bar{x})} \langle \nabla^2 f_\mu(\bar{x}) h, h \rangle \leq \min_{h \in \mathbb{S}^{d-1} \cap T_M(\bar{x})} d^2 f_M(\bar{x})(h).
\]
Consequently, if \( \bar{x} \) is a strict saddle point of \( f \), then \( \bar{x} \) is both a strict saddle point of \( f_\mu \) and an unstable fixed point of the proximal map \( \text{prox}_{\mu f}(\cdot) \). Moreover, \( \nabla \text{prox}_{\mu f}(\bar{x}) \) has a real eigenvalue that is strictly greater than one.

Proof. It is well known (for example from [32]) that for all \( x \) near \( \bar{x} \), the inclusion \( \text{prox}_{\mu f}(x) \in M \) holds. From this inclusion, we will be able to view the proximal subproblem through the lens of the perturbation result in Theorem 2.3. For the sake of completeness, however, let us first quickly verify the claim. Consider a sequence \( x_i \to \bar{x} \) and observe the inclusion \( \nabla f_\mu(x_i) \in \partial f(\text{prox}_{\mu f}(x_i)) \). Since the gradient \( \nabla f_\mu \) is continuous, we deduce the limits \( \text{prox}_{\mu f}(x_i) \to \bar{x} \) and \( \nabla f_\mu(x_i) \to 0 \). Therefore by definition of the active manifold, we have \( \text{prox}_{\mu f}(x_i) \in M \) for all sufficiently large indices \( i \), proving the claim.

Turning to the perturbation result, let \( F : \mathbb{R}^d \to \mathbb{R} \) be any \( C^2 \)-smooth function agreeing with \( f \) on a neighborhood of \( \bar{x} \) in \( M \). Applying the claim, we find that the equality
\[
f_\mu(x) = \min_{y \in M} \left\{ F(y) + \frac{1}{2\mu} \| y - x \|^2 \right\},
\]
holds for all \( x \) near \( \bar{x} \). Our goal is to apply the perturbation result (Theorem 2.3) with \( f(x, y) := F(y) + \frac{1}{2\mu} \| y - x \|^2 \) and \( \varphi(x) := f_\mu(x) \). To that end, we now verify the assumptions of Theorem 2.3. First we verify the quadratic growth condition: since we have chosen \( \mu < \rho^{-1} \), it follows that for every \( x \in \mathbb{R}^d \) the function \( y \mapsto f(x) + \frac{1}{2\mu} \| y - x \|^2 \) is strongly convex with constant \( \mu^{-1} - \rho \). Next we verify the level boundedness condition: since the minimizer \( y(x) := \text{prox}_{\mu f}(x) \) of this function varies continuously and satisfies \( y(\bar{x}) = \bar{x} \), the conditions of Lemma 2.4 are satisfied. Therefore, the assumptions of Theorem 2.3 are valid.

We now apply Theorem 2.3. To that end, let \( G = 0 \) be the defining equation of \( M \) around \( \bar{x} \) and define the parametric Lagrangian function
\[
L(x, y, \lambda) := F(y) + \frac{1}{2\mu} \| y - x \|^2 + \langle G(y), \lambda \rangle.
\]
Since \( \bar{x} \) is critical for \( f \), the equality \( \bar{x} = \text{prox}_{\mu f}(\bar{x}) \) holds. Consequently, \( y(\bar{x}) = \bar{x} \) minimizes the function \( y \mapsto F(y) + \frac{1}{2\mu} \| y - \bar{x} \|^2 \) on \( M \). Therefore, first-order optimality conditions guarantee there exists a multiplier vector \( \bar{\lambda} \) satisfying
\[
0 = \nabla_y L(\bar{x}, \bar{x}, \bar{\lambda}) = \nabla F(\bar{x}) + \sum_{i \geq 1} \bar{\lambda}_i G_i(\bar{x}),
\]
where \( G_i(\cdot) \) are the coordinate functions of \( G(\cdot) \). Appealing to Theorem 2.3, we learn both that \( f_\mu \) is \( C^2 \)-smooth around \( \bar{x} \) and that its Hessian satisfies
\[
\langle \nabla^2 f_\mu(\bar{x}) h, h \rangle = \min_{u \in T_M(\bar{x})} \langle H_{xx} h, h \rangle + 2\langle H_{xy} u, h \rangle + \langle H_{yy} u, u \rangle,
\]
\[ (3.2) \]
where the Hessian matrices are given by
\[ H_{xx} = \mu^{-1}I, \quad H_{xy} = -\mu^{-1}I, \quad H_{yy} = \nabla^2 F(\bar{x}) + \sum_{i=1}^{m} \lambda_i \nabla^2 G_i(\bar{x}) + \mu^{-1}I. \]

Thus rearranging (3.2) and setting \( D := \nabla^2 F(\bar{x}) + \sum_{i=1}^{m} \lambda_i \nabla^2 g_i(\bar{x}) \), we have
\[ \langle \nabla^2 f_\mu(\bar{x})h, h \rangle = \min_{u \in T_M(\bar{x})} \left\{ \langle Du, u \rangle + \mu^{-1}\|h - u\|^2 \right\}. \]

Therefore, we arrive at the estimate
\[ \min_{h \in S^{d-1} \cap T_M(\bar{x})} \langle \nabla^2 f_\mu(\bar{x})h, h \rangle = \min_{u \in T_M(\bar{x})} \min_{h \in S^{d-1} \cap T_M(\bar{x})} \left\{ \langle Du, u \rangle + \mu^{-1}\|h - u\|^2 \right\} \leq \min_{h \in S^{d-1} \cap T_M(\bar{x})} \langle Dh, h \rangle = \min_{h \in S^{d-1} \cap T_M(\bar{x})} d^2 f_M(\bar{x})(h), \]
thereby verifying (3.1). If \( \bar{x} \) is a strict saddle point of \( f \), then (3.1) implies that \( \nabla^2 f_\mu(\bar{x}) \) has a strictly negative eigenvalue. From the expression \( \text{prox}_{\mu f} = I - \mu \nabla f_\mu \), we therefore deduce that the Jacobian of \( \text{prox}_{\mu f} \) at \( \bar{x} \) has at least one real eigenvalue that is strictly greater than one. Consequently, \( \bar{x} \) is an unstable fixed point of \( \text{prox}_{\mu f} \).

Even if the proximal mapping has an unstable fixed-point, it often fails to meet the conditions of the center stable manifold theorem (Theorem 2.10). Indeed, the proximal mapping is generally not injective, even near critical points. To remedy this issue, we instead analyze a slightly damped version of the proximal point method
\[ x_{k+1} = (1 - \alpha)x_k + \alpha \cdot \text{prox}_{\mu f}(x_k), \]
where \( \alpha \in (0, 1) \) is a fixed constant. Reinterpreting this algorithm in terms of the Moreau envelope, we arrive at the recurrence
\[ x_{k+1} = x_k - (\alpha \mu) \cdot \nabla f_\mu(x_k). \quad (3.3) \]

Thus the role of damping is clear: it still induces gradient descent on the Moreau envelope, but with a stepsize slightly below the “theoretically optimal” step \( \mu \). This is entirely inline with the saddle point escape guarantees for gradient descent in smooth minimization [36].

**Theorem 3.2 (Proximal point method: global escape).** Let \( f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\} \) be a closed and \( \rho \)-weakly convex function satisfying the strict saddle property. Choose a constant \( \mu < \rho^{-1} \) and a damping parameter \( \alpha \in (0, \min\{1, (\mu \rho)^{-1} - 1\}) \). With these choices, consider the algorithm
\[ x_{k+1} = (1 - \alpha)x_k + \alpha \cdot \text{prox}_{\mu f}(x_k). \quad (3.4) \]
Then for almost all initializers \( x_0 \), the following holds: if the limit of \( \{x_k\}_{k \geq 0} \) exists, it must be a local minimizer of \( f \).

**Proof.** Define \( T := I - (\alpha \mu) \nabla f_\mu \). Using the expression (3.3), we may equivalently write \( x_{k+1} = T(x_k) \) for each index \( k \geq 0 \). Using Lemma 2.5 and taking into account the range of \( \alpha \), we arrive at the estimate \( \text{Lip}(\alpha \mu \cdot \nabla f_\mu) < 1 \). Consequently, by applying Lemma 2.14 and Theorem 3.1, we may deduce the following three properties: (1) \( T \) is a lipeomorphism, (2) the limit of the sequence \( x_k \), if it exists, must be a critical point of \( f \), and (3) if a critical point of \( f \) is not a local minimum, then it is an unstable fixed point of \( T \). An application of Corollary 2.12 completes the proof. \( \square \)
4 The Proximal Gradient Method

We now turn to the saddle escape properties of the proximal gradient method. Fixing the problem at hand, we consider

$$\min_{x \in \mathbb{R}^d} f(x) = g(x) + r(x), \quad (4.1)$$

where $g: \mathbb{R}^d \to \mathbb{R}$ is a $C^2$-smooth function with $\beta$-Lipschitz gradient and $r: \mathbb{R}^d \to \mathbb{R} \cup \{+\infty\}$ is a closed and $\rho$-weakly convex function. We assume throughout that $f$ is bounded from below. For this problem, the proximal gradient method takes the form

$$x_{k+1} = \text{prox}_{\mu g}(x_k - \mu \nabla g(x_k)).$$

Unlike the proximal point algorithm, the proximal gradient algorithm may not correspond to gradient descent on a smooth envelope of the problem. Still, as the following theorem shows, the iteration mapping is $C^1$ smooth near $\bar{x}$ whenever $f$ admits a $C^2$ active manifold around a critical point $\bar{x}$. Moreover, if $\bar{x}$ is a strict saddle point of $f$, then $\bar{x}$ is an unstable fixed point of the iteration mapping

**Theorem 4.1** (Unstable fixed points of the prox-gradient map). Consider the optimization problem (4.1) and let $\bar{x}$ be any critical point of $f$. Suppose that $f$ admits a $C^2$ active manifold $\mathcal{M}$ at $\bar{x}$. Then for any $\mu \in (0, \rho^{-1})$, the proximal-gradient map

$$S(x) := \text{prox}_{\mu g}(x - \mu \nabla g(x))$$

is $C^1$-smooth on a neighborhood of $\bar{x}$. Moreover, if $\bar{x}$ is a strict saddle point of $f$, then $\nabla S(\bar{x})$ has a real eigenvalue that is strictly greater than one.

**Proof.** It is well-known (for example from [32]) that for all $x$ near $\bar{x}$, the point $S(x)$ lies in $\mathcal{M}$. From this inclusion, we will be able to view the proximal subproblem through the lens of the perturbation result in Theorem 2.3. For the sake of completeness, however, we provide a quick proof. Indeed, consider a sequence $x_i \to \bar{x}$ and set $y_i = S(x_i)$. Then by definition of the proximal gradient map, we have $0 \in \nabla g(x_i) + \mu^{-1}(y_i - x_i) + \partial r(y_i)$, and therefore

$$\text{dist}(0, \partial f(y_i)) = \text{dist}(-\nabla g(y_i), \partial r(y_i)) \leq \text{dist}(-\nabla g(x_i), \partial r(y_i)) + \beta \|y_i - x_i\| \leq (\mu^{-1} + \beta)\|y_i - x_i\|.$$

Since $S(\cdot)$ is continuous and $S(\bar{x}) = \bar{x}$, we deduce $y_i \to \bar{x}$ and therefore $\text{dist}(0, \partial f(y_i)) \to 0$. Therefore the points $y_i$ lie in $\mathcal{M}$ for all sufficiently large indices $i$, proving the claim.

Turning to the perturbation result, let $R: \mathbb{R}^d \to \mathbb{R}$ be any $C^2$-smooth function agreeing with $r$ on a neighborhood of $\bar{x}$ in $\mathcal{M}$. Applying the claim, we find that for $x$ near $\bar{x}$, the point $S(x)$ uniquely minimizes problem

$$\min_{y \in \mathcal{M}} \left\{ g(x) + \langle \nabla g(x), y - x \rangle + R(y) + \frac{1}{2\mu} \|y - x\|^2 \right\}. \quad (P_x)$$

Our goal is to apply the perturbation result (Theorem 2.3) with $f(x, y) := g(x) + \langle \nabla g(x), y - x \rangle + R(y) + \frac{1}{2\mu} \|y - x\|^2$. To that end, we now verify the assumptions of Theorem 2.3. First we
verify the quadratic growth condition: since we have chosen \( \mu < (\beta + \rho)^{-1} \), it follows that for every \( x \in \mathbb{R}^d \) the function \( y \mapsto f(x, y) \) is strongly convex with the constant \( \mu^{-1} - \rho \). Next we verify the level-boundedness condition: since the minimizer \( S(x) \) clearly varies continuously and satisfies \( S(\bar{x}) = \bar{x} \), the conditions of Lemma 2.4 are satisfied. Therefore, the assumptions of Theorem 2.3 are valid.

We now apply Theorem 2.3. To that end, let \( G = 0 \) be the defining equation of \( \mathcal{M} \) around \( \bar{x} \) and define the parametric Lagrangian function

\[
\mathcal{L}(x, y, \lambda) = g(x) + \langle \nabla g(x), y - x \rangle + R(y) + \frac{1}{2\mu} \|y - x\|^2 + \sum_{i \geq 1} \lambda_i G_i(y),
\]

where \( G_i(\cdot) \) are the coordinate functions of \( G \). Clearly \( y(\bar{x}) = \bar{x} \) minimizes \( f(\bar{x}, \cdot) \) on \( \mathcal{M} \). Therefore, first-order optimality conditions guarantee there exists a multiplier vector \( \bar{\lambda} \) satisfying

\[
0 = \nabla_y \mathcal{L}(\bar{x}, \bar{x}, \bar{\lambda}) = \nabla g(\bar{x}) + \nabla R(\bar{x}) + \sum_{i \geq 1} \bar{\lambda}_i G_i(\bar{x}).
\]

Appealing to Theorem 2.3, we learn that the solution map \( S(\cdot) \) is \( C^1 \)-smooth around \( \bar{x} \) with

\[
\nabla S(\bar{x}) h = \arg\min_{v \in T_{\mathcal{M}}(\bar{x})} 2\langle H_{xy} v, h \rangle + \langle H_{yy} v, v \rangle,
\]

where the Hessian matrices are given by

\[
H_{xy} = \nabla^2 g(\bar{x}) - \mu^{-1} I, \quad H_{yy} = \nabla^2 R(\bar{x}) + \mu^{-1} I + \sum_{i=1}^p \lambda_i \nabla^2 G_i(\bar{x}).
\]

We now simplify the expression (4.2). To that end, let \( W \) be the orthogonal projection onto \( T_{\mathcal{M}}(\bar{x}) \) and define the linear maps \( H_{yy} : T_{\mathcal{M}}(\bar{x}) \to T_{\mathcal{M}}(\bar{x}) \) and \( H_{xy} : T_{\mathcal{M}}(\bar{x}) \to T_{\mathcal{M}}(\bar{x}) \) by setting

\[
H_{yy} = WH_{yy}W \quad \text{and} \quad H_{xy} = WH_{xy}W,
\]

respectively. Since \( \bar{x} \) is a strong local minimizer of \( \mathcal{P}_x \), the map \( H_{yy} \) is positive definite, and hence invertible. Solving (4.2) then yields the expression

\[
\nabla S(\bar{x}) h = -H_{yy}^{-1} H_{xy}^\top h \quad \text{for all } h \in T_{\mathcal{M}}(\bar{x}).
\]

Note that \( H_{xy}^\top \) is a symmetric matrix, so we drop the "\( \top \)" throughout.

Let us now verify that if \( \bar{x} \) is a strict saddle of \( f \), then \( \nabla S(\bar{x}) \) has a real eigenvalue that is greater than one. To this end, observe that \( \gamma \in \mathbb{R} \) is a real eigenvalue of \( \nabla S(\bar{x}) \) with an associated eigenvector \( v \in T_{\mathcal{M}}(\bar{x}) \) if and only if

\[
\nabla S(\bar{x}) v = \gamma v \quad \iff \quad H_{yy}^{-1} H_{xy}^\top v = \gamma v \quad \iff \quad (\gamma H_{yy} + H_{xy}) v = 0.
\]

In particular if the matrix \( \gamma H_{yy} + H_{xy} \) is singular, then \( \gamma \) is an eigenvalue of \( \nabla S(\bar{x}) \). To prove such a \( \gamma \) exists, we will examine the following ray of symmetric matrices

\[
\{\gamma H_{yy} + H_{xy} : \gamma \geq 1\}.
\]

Beginning with the end point, the strict saddle property shows that

\[
H_{yy} + H_{xy} = W \left( \nabla^2 g(\bar{x}) + \nabla^2 R(\bar{y}) + \sum_{i} \bar{\lambda}_i \nabla^2 G_i(\bar{x}) \right) W.
\]
has a strictly negative eigenvalue. On the other hand, the direction of the ray $\mathbf{H}_{yy}$ is a positive definite matrix. Therefore by continuity of the minimal eigenvalue function, there exists some $\gamma > 1$ such that the matrix $\gamma \mathbf{H}_{yy} + \mathbf{H}_{xy}$ is singular, as claimed.

Similar to the proximal point method, the proximal gradient mapping fails to meet the conditions of the center stable manifold theorem (Theorem 2.10), since it generally lacks invertibility. Therefore as before we will analyze a slightly damped version of the process, and prove the following theorem.

**Theorem 4.2** (Proximal gradient method: global escape). Consider the optimization problem (4.1) and suppose that $f$ has the strict saddle property. Choose any constant $\mu \in (0, \rho^{-1})$ and a damping parameter $\alpha \in (0, 1)$ satisfying

$$\alpha \cdot \left( \mu \beta + (1 + \mu \beta) \max \left\{ 1, \frac{\mu \rho}{1 - \mu \rho} \right\} \right) < 1.$$

Consider the algorithm

$$x_{k+1} = (1 - \alpha)x_k + \alpha \cdot \text{prox}_{\mu r}(x_k - \mu \nabla g(x_k)). \tag{4.3}$$

Then for almost all initializers $x_0$, the following holds: if the limit of $\{x_k\}_{k \geq 0}$ exists, it must be a local minimizer of $f$.

**Proof.** We first verify the map

$$T(x) := (1 - \alpha)x + \alpha \cdot \text{prox}_{\mu r}(x - \mu \nabla g(x)).$$

is a lipeomorphism. To this end, observe

$$T = I + \alpha (\text{prox}_{\mu r}(I - \mu \nabla g) - I)$$

$$= I + \alpha (\text{prox}_{\mu r}(I - \mu \nabla g) - (I - \mu \nabla g) - \mu \nabla g)$$

$$= I + \alpha \cdot \nabla r_{\mu} \circ (I - \mu \nabla g) - \mu \nabla g).$$

Using Lemma 2.5 and taking into account the range of $\alpha$, we find that $\text{Lip}(I - T) < 1$. Consequently, by applying Lemma 2.14 and Theorem 4.1 we may deduce the following three properties: (1) $T$ is a lipeomorphism, (2) the limit of the sequence $x_k$, if it exists, must be a critical point for $f$, and (3) if a critical point of $f$ is not a local minimum, then it is an unstable fixed point of $T$. An application of Corollary 2.12 then completes the proof.

## 5 The Proximal Linear Method

We now turn to the saddle escape properties of the proximal linear method, a generalization of the proximal point and proximal gradient methods. Setting the stage, consider the composite optimization problem

$$\min_x f(x) = h(F(x)) + r(x), \tag{5.1}$$
where $F: \mathbb{R}^d \to \mathbb{R}^m$ is a $C^2$-smooth map, $h: \mathbb{R}^d \to \mathbb{R}$ is convex, and $r: \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$ is $\rho$-weakly convex. As is standard in the literature, we will assume that there exists a constant $\beta > 0$ satisfying

$$|h(F(y)) - h(F(x) + \nabla F(x)(y - x))| \leq \frac{\beta}{2} \|y - x\|^2, \quad \forall x, y \in \mathbb{R}^d. \quad (5.2)$$

These assumptions then easily imply that $f$ is weakly convex with constant $\beta + \rho$.

With the stage set, we now slightly refine the notion of a strict saddle, adapting it to the compositional nature of the problem. This refinement intuitively asks that the active manifold for $f$ at a critical point $\bar{x}$ is induced by active manifolds of $h$ and $r$. Similar conditions have appeared elsewhere, for example, in [20, 40, 41]. To describe the condition formally, we will also revise the definition of an active manifold, allowing us to discuss active manifolds of $h(\cdot)$ and $r(\cdot)$ at noncritical points. The revision is intuitive, requiring just a linear tilt of the functions:

- Consider a set $R \subset \mathbb{R}^d$, a point $x \in R$, and a subgradient $v \in \partial r(x)$. We will say that $R$ is a $C^2$ active manifold of $r$ at $x$ for $v$ if $R$ is a $C^2$ active manifold of the tilted function $r - \langle v, \cdot \rangle$ at $x$ in the sense of Definition 2.6.

We may likewise define the active manifold of $h$ at $z$ for $w \in \partial h(z)$, based on a tilting of $h$ by $w$. Coupling these definitions, we arrive at the active manifold concept for the composite problem (5.1).

**Definition 5.1 (Composite active manifold).** Consider the compositional problem (5.1) and let $\bar{x}$ be a critical point of $f$. Fix arbitrary vectors $\bar{w} \in \partial h(F(\bar{x}))$ and $\bar{v} \in \partial r(\bar{x})$ satisfying

$$0 \in \nabla F(\bar{x})^* \bar{w} + \bar{v}. \quad (5.3)$$

Suppose the following hold.

1. There exist $C^2$-smooth manifolds $R \subset \mathbb{R}^d$ and $H \subset \mathbb{R}^m$ containing $\bar{x}$ and $F(\bar{x})$, respectively, and satisfying the transversality condition:

$$\nabla F(\bar{x}) [T_R(\bar{x})] + T_H(F(\bar{x})) = \mathbb{R}^m. \quad (5.4)$$

2. $R$ is an active manifold of $r$ at $\bar{x}$ for $\bar{v}$ and $H$ is an active manifold of $h$ at $F(\bar{x})$ for $\bar{w}$.

Then we will call $\mathcal{M} := R \cap F^{-1}(H)$ a composite $C^2$ active manifold for the problem (5.1) at $\bar{x}$. If in addition the inequality $d^2 f_M(\bar{x})(u) < 0$ holds for some vector $u \in T_M(\bar{x})$, then we will call $\bar{x}$ a composite strict saddle point.

This definition has several important subtleties. First, the set $\mathcal{M} := R \cap F^{-1}(H)$ is indeed a $C^2$-smooth manifold around $\bar{x}$, due to the classical transversality condition (5.4), a central fact in differential geometry [37, Theorem 6.30]. Next, the vectors $\bar{v}$ and $\bar{w}$ do exist. This follows since $\bar{x}$ is first-order critical for $f$:

$$0 \in \nabla F(\bar{x})^* \partial h(F(\bar{x})) + \partial r(\bar{x}).$$
Beyond existence, the vectors $\bar{v} \in \partial r(\bar{x})$ and $\bar{w} \in \partial h(F(\bar{x}))$ are in fact the unique elements satisfying (5.3), a second consequence of transversality. To see this, we state (5.4) in dual terms as

$$(\nabla F(\bar{x}))^{-1} N_R(\bar{x}) \cap N_H(F(\bar{x})) = \{0\}. \tag{5.5}$$

Considering another pair $v \in \partial r(\bar{x})$ and $w \in \partial h(F(\bar{x}))$ satisfying (5.3), we deduce

$$0 = \nabla F^*(\bar{x})(\bar{w} - w) + (\bar{v} - v).$$

To conclude $v = \bar{v}$ and $w = \bar{w}$, we use (5.5) and simply recall that span $\partial h(F(\bar{x})) = N_H(F(\bar{x}))$ and span $\partial r(\bar{x}) = N_R(\bar{x})$, as shown in [19, Proposition 10.12]. Finally, collecting these facts together, it follows from the chain rule [19, Proposition 5.1] that $M$ is an active manifold of $f$ at $\bar{x}$ in the sense of Definition 2.7.

A natural question is whether we expect the composite strict saddle property to hold typically. One supporting piece, of evidence, analogous to Theorem 2.9, is that the property holds under generic linear perturbations of semialgebraic composite problems. This result quickly follows from [18, Theorem 5.2]. We provide a proof sketch in Section A.

**Theorem 5.2 (Strict saddle property is generic).** Consider the composite problem (5.1), where $h$, $r$, and $F$ are in addition semi-algebraic. Then for a full Lebesgue measure set of perturbations $(y, v) \in \mathbb{R}^m \times \mathbb{R}^d$, the problem

$$\min_x h(F(x) + y) + r(x) - \langle v, x \rangle$$

has the composite strict saddle property.

Turning to our central task, we aim to analyze the saddle escape properties of the proximal linear method:

$$x_{k+1} = \arg\min_y h(F(x_k) + \nabla F(x_k)(y - x_k)) + r(y) + \frac{1}{2\mu}\|y - x_k\|^2.$$  

To analyze this method, we prove the following theorem, showing that any strict saddle point of the composite problem (5.1) is an unstable fixed point of proximal linear update.

**Theorem 5.3 (Unstable fixed points of the proximal linear map).** Consider the composite problem (5.1) and let $\bar{x}$ be any critical point of $f$. Suppose the problem admits a composite $C^2$ active manifold $M$ at $\bar{x}$. Then for any $\mu \in (0, \rho^{-1})$, the proximal linear map

$$S(x) : = \arg\min_y h(F(x) + \nabla F(x)(y - x)) + r(y) + \frac{1}{2\mu}\|y - x\|^2. \tag{5.6}$$

is $C^1$-smooth on a neighborhood of $\bar{x}$. Moreover, if $\bar{x}$ is a composite strict saddle point, then the Jacobian $\nabla S(\bar{x})$ has a real eigenvalue strictly greater than one.

In most ways, the proof mirrors that of Theorem 3.2. There is, however, an important complication: we must move beyond the perturbation result of Theorem 2.3 and instead analyze a parametric family of optimization problems where both the objective and the constraints depend on a perturbation parameter. Therefore, we will rely on the following generalization of Theorem 2.3. For details and a much more general perturbation result, see [60, Theorem 4.2].
Theorem 5.4 (Perturbation analysis). Consider the family of optimization problems

\[
\min_y f(x, y) \quad \text{subject to} \quad G(x, y) = 0 \quad (\mathcal{Q}_x)
\]

Fix a point \( \bar{x} \) and a minimizer \( \bar{y} \) of \( \mathcal{Q}_x \), and suppose the following hold.

1. (Non-degeneracy) The function \( f(\cdot, \cdot) \) and the map \( G(\cdot, \cdot) \) are \( C^2 \)-smooth near \( (\bar{x}, \bar{y}) \), and the Jacobian \( \nabla_y G(\bar{x}, \bar{y}) \) is surjective.

2. (Level-boundedness) There exists a neighborhood \( \mathcal{X} \) of \( \bar{x} \) and a number \( \gamma \) greater than the minimal value of \( \mathcal{Q}_{\bar{x}} \) such that the set

\[
\bigcup_{x \in \mathcal{X}} \{ y \in \mathcal{Y}(x) : f(x, y) \leq \gamma \}
\]

is bounded, where \( \mathcal{Y}(x) := \{ y : G(x, y) = 0 \} \) denotes the set of feasible points for \( \mathcal{Q}_x \).

3. (Quadratic growth) The point \( \bar{y} \) is a strong local minimizer and a unique global minimizer of \( \mathcal{Q}_{\bar{x}} \).

Define the parametric Lagrangian function

\[ L(x, y, \lambda) = f(x, y) + \langle G(x, y), \lambda \rangle. \]

Fix the multiplier vector \( \bar{\lambda} \) satisfying

\[
0 = \nabla_y L(\bar{x}, \bar{y}, \bar{\lambda}) = \nabla^2_{xx} L(\bar{x}, \bar{y}, \bar{\lambda})h + \nabla^2_{xy} L(\bar{x}, \bar{y}, \bar{\lambda})v + \nabla^2_{yy} L(\bar{x}, \bar{y}, \bar{\lambda})v + \langle G(\bar{x}, \bar{y}), v \rangle h.
\]

Then for every \( x \) near \( \bar{x} \), the problem \( \mathcal{Q}_x \) admits a unique solution \( y(x) \), which varies \( C^1 \)-smoothly. Moreover, its directional derivative in direction \( h \) given by

\[
\nabla y(\bar{x})h = \arg\min_v 2\langle H_{xy}v, h \rangle + \langle H_{yy}v, v \rangle \quad \text{s.t.} \quad \nabla_x G(\bar{x}, \bar{y})h + \nabla_y G(\bar{x}, \bar{y})v = 0.
\]

(5.7)

With these tools in hand, we now prove Theorem 5.3.

Proof of Theorem 5.3. Let \( \bar{v}, \bar{w}, \mathcal{H}, \mathcal{R} \), and \( \mathcal{M} \) be the vectors and manifolds specified in Definition 5.1. It is known from [41, Theorem 4.11] that for all \( x \) near \( \bar{x} \), the inclusions hold:

\[
S(x) \in \mathcal{M} \quad \text{and} \quad F(x) + \nabla F(x)(S(x) - x) \in \mathcal{H}.
\]

From this inclusion, we will be able to view the proximal subproblem through the lens of the perturbation result in Theorem 5.4. For the sake of completeness, however, we provide a quick proof. Indeed, consider a sequence \( x_i \to \bar{x} \) and define \( z_i = F(x_i) + \nabla F(x_i)(S(x_i) - x_i) \). Then appealing to the optimality conditions of the proximal linear subproblem, we deduce that there exist vectors \( v_i \in \partial r(x_i) \) and \( w_i \in \partial h(z_i) \) satisfying

\[
\frac{1}{\mu}(x_i - S(x_i)) = \nabla F(x_i)^*w_i + v_i.
\]

Since \( S(\cdot) \) is continuous and \( h \) is Lipschitz, the vectors \( w_i \) and \( v_i \) are bounded. Passing to a
subsequence, we may assume that \( w_i \) and \( v_i \) converge to some \( w \in \partial h(F(\bar{x})) \) and \( v \in \partial r(\bar{x}) \), respectively, and moreover, that

\[
0 \in \nabla F(\bar{x})^* w + v.
\]

We therefore deduce \( w = \bar{w} \) and \( v = \bar{v} \). Taking into account that \( \mathcal{R} \) is a \( C^2 \)-active manifold at \( \bar{x} \) for \( \bar{v} \) and \( \mathcal{H} \) is a \( C^2 \)-active manifold at \( F(\bar{x}) \) for \( \bar{w} \), we deduce \( S(x_i) \in \mathcal{R} \) and \( z_i \in \mathcal{H} \) for all large indices \( i \), proving the claim.

Turning to the perturbation result, let \( \hat{h} : \mathbb{R}^m \to \mathbb{R} \) be any \( C^2 \)-smooth function agreeing with \( h \) on a neighborhood of \( F(\bar{x}) \) in \( \mathcal{H} \), and let \( \hat{r} : \mathbb{R}^d \to \mathbb{R} \) be any \( C^2 \)-smooth function agreeing with \( r \) on a neighborhood of \( \bar{x} \) in \( \mathcal{R} \). Applying the claim, we find that for \( x \) near \( \bar{x} \), we may write

\[
S(x) = \arg\min_y \hat{h}(F(x) + \nabla F(x)(y - x)) + \hat{r}(y) + \frac{1}{2\mu} \|y - x\|^2.
\]

(5.8)

Our goal is to apply the perturbation result (Theorem 5.4) to the parametric family (5.8). To this end, let \( \omega = 0 \) be the local defining equations of \( \mathcal{H} \) around \( F(\bar{x}) \) and let \( \eta = 0 \) be the local defining equation of \( \mathcal{R} \) around \( \bar{x} \). We can now place (5.8) in the setting of Theorem 5.4 by setting

\[
f(x, y) = \hat{h}(F(x) + \nabla F(x)(y - x)) + \hat{r}(y) + \frac{1}{2\mu} \|y - x\|^2
\]

and

\[
G(x, y) := (C^H(x, y), G^R(x, y)) := (\omega(F(x) + \nabla F(x)(y - x)), \eta(y)).
\]

For these functions, we now verify the assumptions of Theorem 2.3. First, the nondegeneracy property follows from the transversality condition (5.4). Second, we verify the quadratic growth condition: since we have chosen \( \mu < \rho^{-1} \), it follows that for every \( x \in \mathbb{R}^d \) the function \( y \mapsto f(x, y) \) is strongly convex with the constant \( \mu^{-1} - \rho \). Finally, we verify the level-boundedness condition: since the minimizer \( S(x) \) clearly varies continuously and satisfies \( S(\bar{x}) = \bar{x} \), the conditions of Lemma 2.3 are satisfied. Therefore, the assumptions of Theorem 2.3 are valid. In particular, we learn that the solution map \( S(\cdot) \) is \( C^1 \)-smooth around \( \bar{x} \).

Computing the Jacobian of the solution mapping will occupy the remainder of the proof. To that end, define the parametric Lagrangian

\[
\mathcal{L}(x, y, \lambda) = f(x, y) + \langle G(x, y), \lambda \rangle.
\]

Localizing, the identification properties then entail that \( y = \bar{x} \) is a minimizer of the problem (5.8) corresponding to \( x = \bar{x} \). We conclude there exists a Lagrange multiplier vector \( \bar{\lambda} = (\lambda^H, \bar{\lambda}^R) \) satisfying \( 0 = \nabla_y \mathcal{L}(\bar{x}, \bar{x}, \bar{\lambda}) \), a fact we will return to after a few calculations.

We now compute the first order variations of \( f \) and \( G \). To simplify notation, we adopt two conventions. First we align the notation of gradients and Jacobians, viewing every gradient as a row vector. Second, we let the symbol \( \nabla^2 F[x; v] \) denote the \( m \times d \) matrix whose \( i \)th row equals \( v^\top \nabla^2 F_i(x) \). Then defining the map

\[
\zeta(x, y) = F(x) + \nabla F(x)(y - x),
\]

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Therefore using the chain rule, we compute the first-order variations

\[
\begin{align*}
\nabla_x G^H(x, y) &= \nabla \omega(\zeta(x, y)) \cdot \nabla^2 F[x, y - x] \\
\nabla_y G^H(x, y) &= \nabla \omega(\zeta(x, y)) \cdot \nabla F(x) \\
\nabla_x G^R(x, y) &= 0 \\
\nabla_y G^R(x, y) &= \nabla \eta(y) \\
\nabla_x f(x, y) &= \nabla \hat{h}(\zeta(x, y)) \cdot \nabla^2 F[x, y - x] + \mu^{-1}(x - y)^\top \\
\nabla_y f(x, y) &= \nabla \hat{h}(\zeta(x, y)) \cdot \nabla F(x) + \nabla r(y) + \mu^{-1}(y - x)^\top.
\end{align*}
\]

From these variations we deduce \( \nabla_x G(\bar{x}, \bar{x}) = 0 \) and therefore the constraint in (5.7) simply amounts to the inclusion

\[
v \in \ker \nabla_y G(\bar{x}, \bar{x}) = \left( \ker \nabla \eta(\bar{x}) \right) \cap \left( \ker(\nabla \omega(F(\bar{x})) \cdot \nabla F(\bar{x})) \right)
\]

\[= T_\mathcal{R}(\bar{x}) \cap \nabla F(\bar{x})^{-1} T_\mathcal{H}(F(\bar{x})) = T_\mathcal{M}(\bar{x}). \tag{5.9}\]

In particular, formula (5.7) reduces to

\[
\nabla S(\bar{x})h = \arg\min_{v \in T_\mathcal{M}(\bar{x})} 2\langle H_{xy}v, h \rangle + \langle H_{yy}v, v \rangle, \tag{5.10}\]

To find an explicit solution, we mirror the analysis of the proximal gradient method. We let \( W \) be the orthogonal projection onto \( T_\mathcal{M}(\bar{x}) \) and define the linear maps \( H_{yy} : T_\mathcal{M}(\bar{x}) \to T_\mathcal{M}(\bar{x}) \) and \( H_{xy} : T_\mathcal{M}(\bar{x}) \to T_\mathcal{M}(\bar{x}) \) by setting \( H_{yy} = WH_{yy}W \) and \( H_{xy} = WH_{xy}W \), respectively. Since \( \bar{x} \) is a strong local minimizer of (5.7), the map \( H_{yy} \) is positive definite and invertible. Solving (5.7) then yields the expression

\[
\nabla S(\bar{x})h = -H_{yy}^{-1} H_{xy}^\top h \quad \text{for all } h \in T_\mathcal{M}(\bar{x}).
\]

Let us now verify that if \( \bar{x} \) is a composite strict saddle of \( f \), then \( \nabla S(\bar{x}) \) has a real eigenvalue that is greater than one. To this end, observe that \( \gamma \in \mathbb{R} \) is an eigenvalue of \( \nabla S(\bar{x}) \) with an associated eigenvector \( v \in T_\mathcal{M}(\bar{x}) \) if and only if

\[
\nabla S(\bar{x})v = \gamma v \iff -H_{yy}^{-1} H_{xy}^\top v = \gamma v \iff (\gamma H_{yy} + H_{xy}^\top) v = 0.
\]

In particular if the matrix \( \gamma H_{yy} + H_{xy}^\top \) is singular, then \( \gamma \) is an eigenvalue of \( \nabla S(\bar{x}) \). To prove such a \( \gamma \geq 1 \) exists, we will show that \( H_{xy} \) is self-adjoint, and then we will examine the following ray of symmetric matrices

\[
\{ \gamma H_{yy} + H_{xy}^\top : \gamma \geq 1 \}.
\]

Beginning with the end point, we will show that the matrix \( H_{yy} + H_{xy}^\top \) has a strictly negative eigenvalue. On the other hand, we already know the direction of the ray \( H_{yy} \) is a positive
definite matrix. Therefore by continuity of the minimal eigenvalue function, there will exist some \( \gamma > 1 \) such that the matrix \( \gamma \overline{H}_{yy} + \overline{H}_{xy} \) is singular, as claimed.

To this end, we now compute the second-order variations.

\[
\begin{align*}
\nabla_{xy} G_i^H(x, y)v &= \nabla^2 F[x; v] \nabla \omega_i(\zeta(x, y))^T + \nabla^2 F[x; y - x] \nabla^2 \omega_i(\zeta(x, y)) \nabla F(x)v \\
\nabla_{yy} G_i^H(x, y)v &= \nabla F(x)^T \nabla^2 \omega_i(\zeta(x, y)) \nabla F(x)v \\
\nabla_{xy} f(x, y)v &= \nabla^2 F[x; v]^T \nabla \hat{h}(\zeta(x, y))^T + \nabla^2 F[x; y - x] \nabla^2 \hat{h}(\zeta(x, y)) \nabla F(x)v - \mu^{-1}v \\
\nabla_{yy} f(x, y)v &= \nabla F(x)^T \nabla^2 \hat{h}(\zeta(x, y)) \nabla F(x)v + \nabla^2 \hat{r}(y)v + \mu^{-1}v.
\end{align*}
\]

A quick computation then shows that \( \nabla_{xy} f(\bar{x}, \bar{x}) \) and \( \nabla_{xy} G_i^H(\bar{x}, \bar{x}) \) are self-adjoint operators. Consequently, we obtain \( H_{xy} = H_{xy}^T \) and the expression

\[
\begin{align*}
(H_{yy} + H_{xy}^T) v &= \nabla F(\bar{x})^T \nabla^2 \hat{h}(F(\bar{x})) \nabla F(\bar{x})v + \nabla^2 \hat{r}(\bar{x})v + \nabla^2 F[\bar{x}; v]^T \nabla \hat{h}(F(\bar{x}))^T \\
&+ \sum_{i \geq 1} \lambda_i^H \left( \nabla F(\bar{x})^T \nabla^2 \omega_i(F(\bar{x})) \nabla F(\bar{x})v + \nabla^2 F[\bar{x}; v]^T \nabla \omega_i(F(\bar{x}))^T \right) \\
&+ \sum_{i \geq 1} \lambda_i^R \nabla^2 \eta_i(y)v.
\end{align*}
\]

To prove that \( H_{yy} + H_{xy}^T \) has a strictly negative eigenvalue, we will show that it coincides with the Hessian of the Lagrangian of the problem:

\[
\begin{align*}
\min_x \; \hat{h}(F(x)) + \hat{r}(x) \quad \text{subject to} \quad \omega(F(x)) = 0, \eta(x) = 0.
\end{align*}
\]

Indeed, define the Lagrangian function

\[
L_0(x, \lambda) = \hat{h}(F(x)) + \hat{r}(x) + \sum_{i \geq 1} \lambda_i^H \omega(F(x)) + \sum_{i \geq 1} \lambda_i^R \eta_i(x).
\]

A quick computation shows

\[
\begin{align*}
\nabla^2 (\hat{h} \circ F)(x)v &= \nabla F(x)^T \nabla^2 \hat{h}(F(x)) \nabla F(x)v + \nabla^2 F[x, v]^T \nabla \hat{h}(F(x))^T \\
\nabla^2 (\omega \circ F)(x)v &= \nabla F(x)^T \nabla^2 \omega_i(F(x)) \nabla F(x)v + \nabla^2 F[x, v]^T \nabla \omega_i(F(x))^T
\end{align*}
\]

and therefore the equality

\[
\nabla^2 L_0(\bar{x}, \bar{\lambda}) = H_{yy} + H_{xy}^T.
\]

The composite strict saddle property guarantees that the matrix \( \nabla^2 L_0(\bar{x}, \bar{\lambda}) \) has a strictly negative eigenvalue, completing the proof. \( \square \)

In line with the previous sections, one could ask whether a damped and randomly initialized proximal linear method almost surely escapes all composite strict saddle points. An immediate obstacle is that the global Lipschitz constant of the proximal linear map \( S(\cdot) \) defined in (5.6) seems unclear, and therefore we are unable to find an appropriate damping parameter. Instead we will settle for a local escape guarantee supplied by the center stable manifold theorem. We leave it as an intriguing open question to obtain global escape guarantees for the damped proximal linear algorithm.
A first difficulty in applying the center stable manifold theorem is that the Jacobian $\nabla S(\bar{x})$ at the saddle point $\bar{x}$ may not be invertible. Consequently, we will damp the proximal linear method, forcing the update to be a local diffeomorphism. To compute an appropriate threshold for the damping parameter we will need to estimate the operator norm of $\nabla S(\bar{x})$. This is the content of the following lemma.

**Lemma 5.5 (The slope at the critical points).** Consider the composite optimization problem (5.1) and choose any $\mu \in (0, (\rho + 2\beta)^{-1})$. Then for all points $x \in \mathbb{R}^d$ and all critical points $\bar{x} \in \mathbb{R}^d$, the proximal linear map $S(\cdot)$ defined in (5.6) satisfies

$$\|S(x) - \bar{x}\| \leq \left(1 + \sqrt{\frac{2\beta \mu}{\rho - \beta}}\right) \cdot \max \left\{1, \frac{\mu \rho + \mu \beta}{1 - \mu \beta - \mu \rho}\right\} \cdot \|x - \bar{x}\|.$$  

**Proof.** To simplify notation, define the map

$$\zeta(x, y) = F(x) + \nabla F(x)(y - x).$$

Set $\gamma := \mu^{-1} - \beta$, fix an arbitrary point $x \in \mathbb{R}^d$, and define

$$x^+ := S(x) \quad \text{and} \quad \hat{x} := \text{prox}_{f/\gamma}(x).$$

Using strong convexity of the prox-linear and proximal subproblems and the estimate (5.2), we successively compute

$$h(\hat{x}) + r(\hat{x}) + \frac{\gamma}{2} \|\hat{x} - x\|^2 \leq h(x^+) + r(x^+) + \frac{\gamma}{2} \|x^+ - x\|^2 - \frac{\gamma - \rho - \beta}{2} \|x^+ - \hat{x}\|^2$$

$$\leq h(\zeta(x, x^+)) + r(x^+) + \frac{\gamma + \beta}{2} \|x^+ - x\|^2 - \frac{\gamma - \rho - \beta}{2} \|x^+ - \hat{x}\|^2$$

$$\leq h(\zeta(x, \hat{x})) + r(\hat{x}) + \frac{\gamma + \beta}{2} \|\hat{x} - x\|^2 - (\gamma - \rho) \|x^+ - \hat{x}\|^2$$

$$\leq h(\hat{x}) + r(\hat{x}) + \frac{\gamma + 2\beta}{2} \|\hat{x} - x\|^2 - (\gamma - \rho) \|x^+ - \hat{x}\|^2.$$ 

Rearranging yields the estimate

$$(\gamma - \rho) \|x^+ - \hat{x}\|^2 \leq 2\beta \|\hat{x} - x\|^2 = 2\beta \gamma^2 \|\nabla f_{1/\gamma}(x)\|^2.$$ 

Therefore, using Lipschitz continuity of the gradient $\nabla f_{1/\gamma}$ (Lemma 2.5) and the triangle inequality yields

$$\|x^+ - \bar{x}\| \leq \left(\gamma^{-1} + \sqrt{\frac{2\beta \gamma^{-2}}{\gamma - \rho}}\right) \cdot \max \left\{\gamma, \frac{\rho + \beta}{1 - \gamma^{-1}(\rho + \beta)}\right\} \cdot \|x - \bar{x}\|$$

$$= \left(1 + \sqrt{\frac{2\beta \mu}{1 - \mu \beta - \mu \rho}}\right) \cdot \max \left\{1, \frac{\mu \rho + \mu \beta}{1 - \mu \rho - 2\mu \beta}\right\} \cdot \|x - \bar{x}\|,$$

as claimed. □
We are now ready to deduce that the damped proximal linear method almost locally escapes any composite strict saddle point.

**Theorem 5.6 (Proximal linear method: local escape).** Consider the composite problem \( (5.1) \) and let \( \bar{x} \) be any composite strict saddle point. Choose any constant \( \mu \in (0, (\rho + 2\beta)^{-1}) \) and a damping parameter \( \alpha \in (0, 1) \) satisfying

\[
\alpha \cdot (1 + \left( 1 + \sqrt{\frac{2\beta\mu}{1 - \mu\beta - \mu\rho}} \right) \max \left\{ 1, \frac{\mu\rho + \mu\beta}{1 - \mu\rho - 2\mu\beta} \right\}) < 1.
\]

Define the damped proximal linear update

\[
T(x) = (1 - \alpha)x + \alpha S(x),
\]

where \( S(\cdot) \) is the proximal linear map defined in \( (5.6) \). Then there exists a neighborhood \( U \) of \( \bar{x} \) such that the set of initial conditions

\[
\{x \in U : S^k(x) \in U \text{ for all } k \geq 0\}
\]

has zero Lebesgue measure.

**Proof.** First, using Theorem \( 5.3 \) and Lemma \( 2.14 \), we deduce that \( \bar{x} \) is an unstable fixed point of \( \bar{x} \). Let us next verify that \( T \) is a local diffeomorphism around \( \bar{x} \). To see this, observe

\[
\nabla T(\bar{x}) = I - \alpha(I - \nabla S(\bar{x})).
\]

Using Theorem \( 5.5 \) we deduce \( \alpha \|I - \nabla S(\bar{x})\|_{op} < 1 \) and therefore \( T \) is invertible. An application of the center stable manifold theorem (Theorem \( 2.10 \)) completes the proof.

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**6 Convergence of relaxed decent methods**

Thus far, all of our escape theorems made an assumption that the iterate sequence generated by the algorithms converges. In this section, we verify this assumption for the damped proximal point, proximal gradient, and proximal linear methods. Taking a general view, we see that the iterative methods of this paper can be understood within a broad family of damped model-based algorithms for minimizing a function \( f \). These algorithms construct iterates \( x_0, x_1 \ldots \) by repeatedly minimizing a local model \( f_x(\cdot) \) of the function and moving in the direction of its minimizer. More specifically, in the section we suppose that there exist constant \( \rho, \eta, \beta > 0 \) such that the the following properties hold:

(A1) The function \( f : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\} \) is closed and \( \rho \)-weakly convex.

(A2) For all \( x \in \mathbb{R}^d \) there exists a closed \( \eta \)-weakly convex function \( f_x : \mathbb{R}^d \to \mathbb{R} \cup \{\infty\} \) satisfying

\[
|f(y) - f_x(y)| \leq \frac{\beta}{2} \|y - x\|^2 \quad \text{for all } y \in \mathbb{R}^d.
\]
Under these assumptions we will study how the following algorithm behaves: given iterates $x_0, \ldots, x_t$ define
\[
y_t = \arg\min_{y \in \mathbb{R}^d} \left\{ f_{x_t}(y) + \frac{\tau}{2} \| y - x \|^2 \right\}
\] (MBA)
\[
x_{t+1} = (1 - \alpha)x_t + \alpha y_t,
\]
where $\tau > 0$ and $\alpha > 0$ are fixed constants, determined below.

To analyze this algorithm, we rely on the seminal paper [3]. There, the authors identified three conditions, guaranteeing global convergence of a sequence $\{z_t\}$ of “algorithm iterates” to a critical point of a closed function $g: \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$. Namely, they assume there exist $a, b > 0$ such that the following holds:

(B1) (Sufficient Decrease.) For each $t \in \mathbb{N}$, we have
\[
g(z_{t+1}) + a\|z_{t+1} - z_t\|^2 \leq g(z_t)
\]

(B2) (Relative Error Conditions.) For each $t \in \mathbb{N}$ there exists $w_{t+1} \in \partial g(z_{t+1})$ such that
\[
\|z_{t+1}\| \leq b\|z_{t+1} - z_k\|
\]

(B3) (Continuity Condition.) There exists a subsequence $\{z_{t_j}\}$ and $\tilde{x}$ such that
\[
z_{t_j} \to \tilde{z} \text{ and } g(z_{t_j}) \to g(\tilde{z}), \quad \text{as } j \to \infty.
\]

The above assumptions alone may not guarantee that $z_t$ converges to a critical point of $g$. Instead, the authors of [3] restrict their focus to the broad class of functions satisfying the Kurdyka-Lojasiewicz property.

**Definition 6.1 (KL Function).** Let $g: \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$ be a closed function. We say that $g$ has the Kurdyka-Lojasiewicz (KL) property at a point $\bar{x}$, where $\partial g(\bar{x})$ is nonempty, if there exists $\varepsilon \in (0, +\infty]$, a neighborhood $U$ of $\bar{x}$, and a continuous convex function $\varphi: [0, \varepsilon) \to \mathbb{R}_+$ satisfying

1. $\varphi(0) = 0,$
2. $\varphi$ is $C^1$ on $(0, \varepsilon)$ with $\varphi' > 0$, and
3. the KL inequality
\[
\text{dist}(0, \partial g(x)) \geq \frac{1}{\varphi'(g(x) - g(\bar{x}))},
\]
holds for all $x \in U$ satisfying $g(\bar{x}) < g(x) < g(\bar{x}) + \varepsilon$.

If $g$ satisfies the KL property at each point $x$, with $\partial g(x) \neq \emptyset$, then $g$ is called a KL function.

The class of KL functions is broad, containing all closed semialgebraic functions and more broadly any functions definable in an o-minimal structure, as shown in the pioneering work [7]. Under these assumptions we have the following theorem from [3, Theorem 2.9].
Theorem 6.2. Let \( g : \mathbb{R}^d \to \mathbb{R} \cup \{ \infty \} \) be a closed function. Consider a sequence \( x_t \) that satisfies (B1), (B2), and (B3). If \( g \) satisfies the KL property at some cluster point \( \tilde{x} \), then \( \tilde{x} \) is a critical point of \( g \), the entire sequence \( x_k \) converges to \( \tilde{x} \), and the sequence \( x_t \) has finite length
\[
\sum_{t=0}^{\infty} \|x_{t+1} - x_t\| < +\infty.
\]

In the remainder of this section, we will verify assumption (B1), (B2), and (B3) for the sequence \( \{ z_t \} = \{ x_t \} \) and the Moreau envelope \( g := f_{1/\hat{\rho}} \), where \( \hat{\rho} \) will be chosen in a moment. Since the critical points of \( f \) and \( f_{1/\hat{\rho}} \) agree, the result will imply convergence to critical points of \( f \). To do so, we employ one final assumption.

(A3) For every \( \hat{\rho} > 0 \), the Moreau envelope \( f_{1/\hat{\rho}} \) is a KL function.

Although assumption (A3) may appear hard to verify, it holds whenever \( f \) is semialgebraic since in this case \( f_{1/\hat{\rho}} \) is also semialgebraic. More generally, the analogous statement holds if \( f \) is definable in an o-minimal structure. The following is the main result of this section.

Theorem 6.3 (Convergence of relaxed model-based methods). Suppose that \( \alpha \in (0, 1] \), that \( \tau > \max\{ \eta, 2\rho, \frac{3\beta + \rho + \eta}{2} \} \), and that assumptions (A1) and (A2) hold. Then for all \( T \geq 0 \), we have
\[
\min_{t=0, \ldots, T} \| \nabla f_{1/\hat{\rho}}(x_t) \| \leq \frac{f_{1/\hat{\rho}}(x_0) - \inf f}{\alpha(2\hat{\rho} - \rho - \eta - \beta) (T + 1)},
\]
where \( \hat{\rho} = (1/2)\tau + (1/4)(\rho + \eta) \). Moreover, if (A3) also holds and the sequence \( \{ x_t \} \) has a cluster point \( \bar{x} \), then \( \bar{x} \) is critical for \( f \) and the entire sequence \( \{ x_t \} \) converges to \( \bar{x} \). Moreover, the sequence \( \{ x_t \} \) has finite length.
\[
\sum_{t=0}^{\infty} \|x_{t+1} - x_t\| < +\infty.
\]

This result is new and may be of independent interest. In particular, the conclusion of the theorem extends the convergence guarantees for the proximal linear method developed in [53] to all relaxed model-based algorithms.

6.1 Proof of Theorem 6.3

We are free to choose the parameter \( \hat{\rho} \) defining the Moreau envelope. To this end, we will need the existence of a parameter \( \hat{\rho} \), satisfying the following inequalities.

Lemma 6.4. Under the assumptions of Theorem 6.3, it holds that \( \hat{\rho} > \rho \) and

1. \( \tau - \hat{\rho} - \beta > 0 \),
2. \( 2\hat{\rho} - \rho - \eta - \beta > 0 \),
3. \( \hat{\rho} + \tau - \rho - \eta > 0 \),
4. \( 1 - \frac{2\hat{\rho} - \rho - \eta - \beta}{\rho + \tau - \rho - \eta} > 0 \).

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Proof. Note that $\hat{\rho} > \tau/2 > \rho > 0$ and that $\hat{\rho} = \tau - \beta - \varepsilon/2$ for $\varepsilon = (2\tau - 4\beta - \rho - \eta)/2 > 0$. To prove the first inequality, notice that $\tau - \hat{\rho} - \beta = \varepsilon/2 > 0$. To prove the second inequality, notice that

$$2\hat{\rho} - \rho - \eta - \beta = 2\tau - 4\beta - \rho - \eta - \varepsilon = \varepsilon > 0.$$  

To prove the third inequality, observe

$$\hat{\rho} + \tau - \rho - \eta > \hat{\rho} + (\hat{\rho} + \beta) - \rho - \eta \geq 2\hat{\rho} - \rho - \eta - \beta > 0,$$

where the first and second inequalities follow from items [1] and [2] respectively. To prove the fourth inequality, we compute

$$1 - \frac{2\hat{\rho} - \rho - \eta - \beta}{\hat{\rho} + \tau - \rho - \eta} = \frac{\beta + \tau - \hat{\rho}}{\hat{\rho} + \tau - \rho - \eta} = \frac{2\beta + \varepsilon/2}{\hat{\rho} + \tau - \rho - \eta} > 0,$$

as desired. 

Throughout the rest of this section, we fix a constant $\hat{\rho}$ satisfying the conditions of Lemma 6.4. Critical to our proof is the following lemma, comparing the proximal point

$$\hat{x}_t := \text{prox}_{t/\hat{\rho}}(x_t)$$

to the “approximately proximal point” $y_t$. A closely related estimate appeared in [16, Lemma 4.2], driving the convergence analysis of that paper.

Lemma 6.5. It holds that

$$\|\hat{x}_t - y_t\|^2 \leq \|\hat{x}_t - x_t\|^2 - \frac{2\hat{\rho} - \rho - \eta - \beta}{\hat{\rho} + \tau - \rho - \eta} \|\hat{x}_t - x_t\|^2 - \frac{\tau - \hat{\rho} - \beta}{\hat{\rho} + \tau - \rho - \eta} \|x_t - y_t\|^2.$$  

Proof. Since the function $y \mapsto f(y) + \frac{\hat{\rho}}{2}\|y - x_t\|^2$ is $(\hat{\rho} - \rho)$-strongly convex and $\hat{x}$ is its minimizer, we have

$$\frac{\hat{\rho} - \rho}{2} \|\hat{x}_t - y_t\|^2 \leq \left( f(y_t) + \frac{\hat{\rho}}{2}\|y_t - x_t\|^2 \right) - \left( f(\hat{x}_t) + \frac{\hat{\rho}}{2}\|\hat{x}_t - x_t\|^2 \right).$$

Consequently, using the double-sided model property (A2), we find

$$\frac{\hat{\rho} - \rho}{2} \|\hat{x}_t - y_t\|^2 \leq f_{x_t}(y_t) - f_{x_t}(\hat{x}_t) + \frac{\hat{\rho} + \beta}{2} \|x_t - y_t\|^2 - \frac{\hat{\rho} - \beta}{2} \|\hat{x}_t - x_t\|^2.$$  

(6.1)

Since the function $y \mapsto f_{x_t}(y) + \frac{\tau}{2}\|y - x_t\|^2$ is $(\tau - \eta)$-strongly convex and $y_t$ is its minimizer, we have

$$f_{x_t}(y_t) - f_{x_t}(\hat{x}_t) \leq \frac{\tau}{2} \|\hat{x}_t - x_t\|^2 - \frac{\tau}{2} \|y_t - x_t\|^2 - \frac{\tau - \eta}{2} \|y_t - \hat{x}_t\|^2.$$  

Combining this estimate with (6.1), we compute

$$\frac{\hat{\rho} - \rho}{2} \|\hat{x}_t - y_t\|^2 \leq \frac{\tau}{2} \|\hat{x}_t - x_t\|^2 - \frac{\tau}{2} \|y_t - x_t\|^2 - \frac{\tau - \eta}{2} \|y_t - \hat{x}_t\|^2 + \frac{\hat{\rho} + \beta}{2} \|x_t - y_t\|^2 - \frac{\hat{\rho} - \beta}{2} \|\hat{x}_t - x_t\|^2$$

$$= \frac{\beta + \tau - \hat{\rho}}{2} \|\hat{x}_t - x_t\|^2 + \frac{\hat{\rho} + \beta - \tau}{2} \|x_t - y_t\|^2 - \frac{\tau - \eta}{2} \|y_t - \hat{x}_t\|^2.$$
Rearranging, we conclude
\[
\frac{\hat{\rho} + \tau - \rho - \eta}{2} \| \hat{x}_t - y_t \|^2 \leq \frac{\beta + \tau - \hat{\rho}}{2} \| \hat{x}_t - x_t \|^2 + \frac{\hat{\rho} + \beta - \tau}{2} \| x_t - y_t \|^2.
\]
Dividing both sides by \( \frac{\hat{\rho} + \tau - \rho - \eta}{2} \), we achieve the result:
\[
\| \hat{x}_t - y_t \|^2 \leq \frac{\beta + \tau - \hat{\rho}}{\hat{\rho} + \tau - \rho - \eta} \| \hat{x}_t - x_t \|^2 + \frac{\hat{\rho} + \beta - \tau}{\hat{\rho} + \tau - \rho - \eta} \| x_t - y_t \|^2
\]
\[
= \| \hat{x}_t - x_t \|^2 - \left( 1 - \frac{\beta + \tau - \hat{\rho}}{\hat{\rho} + \tau - \rho - \eta} \right) \| \hat{x}_t - x_t \|^2 + \frac{\hat{\rho} + \beta - \tau}{\hat{\rho} + \tau - \rho - \eta} \| x_t - y_t \|^2
\]
\[
= \| \hat{x}_t - x_t \|^2 - \frac{2\hat{\rho} - \rho - \eta - \beta}{\hat{\rho} + \tau - \rho - \eta} \| \hat{x}_t - x_t \|^2 - \frac{\tau - \hat{\rho} - \beta}{\hat{\rho} + \tau - \rho - \eta} \| x_t - y_t \|^2.
\]
This completes the proof of the lemma.

The following lemma verifies the Assumption (B1).

**Lemma 6.6** (Sufficient Decrease). We have
\[
f_{1/\hat{\rho}}(x_{t+1}) \leq f_{1/\hat{\rho}}(x_t) - \frac{\hat{\rho}(\tau - \hat{\rho} - \beta)}{2\alpha(\hat{\rho} + \tau - \rho - \eta)} \| x_{t+1} - x_t \|^2 - \frac{\alpha(2\hat{\rho} - \rho - \eta - \beta)}{2\hat{\rho}(\hat{\rho} + \tau - \rho - \eta)} \| \nabla f_{1/\hat{\rho}}(x_t) \|^2.
\]
In particular, \( f_{1/\hat{\rho}} \) and \( \{x_t\} \) satisfy (B1). Moreover, for all \( T \geq 0 \), we have
\[
\min_{t=0,\ldots,T} \| \nabla f_{1/\hat{\rho}}(x_t) \|^2 \leq \frac{1}{T+1} \sum_{t=0}^T \| \nabla f_{1/\hat{\rho}}(x_t) \|^2 \leq \frac{f_{1/\hat{\rho}}(x_0) - \inf f}{\alpha(2\hat{\rho} - \rho - \eta - \beta)} (T+1)
\]

**Proof.** We successively compute
\[
f_{1/\hat{\rho}}(x_{t+1}) = f(\hat{x}_{t+1}) + \frac{\hat{\rho}}{2} \| \hat{x}_{t+1} - x_{t+1} \|^2
\]
\[
\leq f(\hat{x}_t) + \frac{\hat{\rho}}{2} \| \hat{x}_t - x_{t+1} \|^2
\]
\[
= f(\hat{x}_t) + \frac{\hat{\rho}}{2} \| (1 - \alpha) (\hat{x}_t - x_t) + \alpha (\hat{x}_t - y_t) \|^2
\]
\[
\leq f(\hat{x}_t) + \frac{\hat{\rho} (1 - \alpha)}{2} \| \hat{x}_t - x_t \|^2 + \frac{\hat{\rho} \alpha}{2} \| \hat{x}_t - y_t \|^2
\]
\[
\leq f(\hat{x}_t) + \frac{\hat{\rho}}{2} \| \hat{x}_t - x_t \|^2
\]
\[
\quad - \frac{\hat{\rho} \alpha}{2} \left( \frac{2\hat{\rho} - \rho - \eta - \beta}{\hat{\rho} + \tau - \rho - \eta} \| \hat{x}_t - x_t \|^2 + \frac{\tau - \hat{\rho} - \beta}{\hat{\rho} + \tau - \rho - \eta} \| x_t - y_t \|^2 \right)
\]
\[
\leq f_{1/\hat{\rho}}(x_t) - \frac{\hat{\rho} \alpha (\tau - \hat{\rho} - \beta)}{2(\hat{\rho} + \tau - \rho - \eta)} \| x_t - y_t \|^2 - \frac{\alpha(2\hat{\rho} - \rho - \eta - \beta)}{2\hat{\rho}(\hat{\rho} + \tau - \rho - \eta)} \| \nabla f_{1/\hat{\rho}}(x_t) \|^2,
\]
where (6.2) follows from Lemma 6.5 and the final inequality follows since \( \hat{\rho}(x_t - \hat{x}_t) = \nabla f_{1/\hat{\rho}}(x_t) \). To get the descent inequality, it remains to write \( x_t - y_t = (x_{t+1} - x_t)/\alpha \). Finally, the bound on the average gradient norm follows by induction.

\[\square\]
The following Lemma verifies the Assumption \([B2]\).

**Lemma 6.7 (Relative Error).** It holds
\[
\|\nabla f_{1/\hat{\rho}}(x_{t+1})\| \leq \left( \max \left\{ \hat{\rho}, \frac{\rho}{1 - \rho/\hat{\rho}} \right\} + \frac{\hat{\rho}}{\alpha} \right) \frac{1}{1 - \sqrt{\left( 1 - \frac{2\hat{\rho} - \rho - \eta - \beta}{\hat{\rho} + \tau - \rho - \eta} \right)}} \|x_{t+1} - x_t\|.
\]

In particular, \(f_{1/\hat{\rho}}\) and \(\{x_t\}\) satisfy \([B2]\).

**Proof.** We have
\[
\|\nabla f_{1/\hat{\rho}}(x_{t+1})\| \leq \|\nabla f_{1/\hat{\rho}}(x_t)\| + \max \left\{ \hat{\rho}, \frac{\rho}{1 - \rho/\hat{\rho}} \right\} \|x_{t+1} - x_t\|.
\]

Thus, we want to bound
\[
\|\nabla f_{1/\hat{\rho}}(x_t)\| = \hat{\rho}\|\hat{x}_t - x_t\|
\]
by a multiple of \(\|x_{t+1} - x_t\|\). This follows by Lemma 6.5:
\[
\|\hat{x}_t - x_t\| \leq \|\hat{x}_t - y_t\| + \|y_t - x_t\| \leq \sqrt{\left( 1 - \frac{2\hat{\rho} - \rho - \eta - \beta}{\hat{\rho} + \tau - \rho - \eta} \right)} \|x_t - \hat{x}_t\| + \|y_t - x_t\|
\]
Rearranging and using the definition \(x_t - y_t = (x_{t+1} - x_t)/\alpha\), it holds
\[
\|\hat{x}_t - x_t\| \leq \frac{1}{1 - \sqrt{\left( 1 - \frac{2\hat{\rho} - \rho - \eta - \beta}{\hat{\rho} + \tau - \rho - \eta} \right)}} \|y_t - x_t\| = \frac{1}{\alpha} \frac{1}{1 - \sqrt{\left( 1 - \frac{2\hat{\rho} - \rho - \eta - \beta}{\hat{\rho} + \tau - \rho - \eta} \right)}} \|x_{t+1} - x_t\|.
\]

The proof is complete. as desired.

Finally, we can dispense with Assumption \([B3]\) which is a simple consequence of the continuity of \(f_{\hat{\rho}}\).

**Lemma 6.8 (Continuity Condition).** The function \(f_{\hat{\rho}}\) and the sequence \(\{x_t\}\) satisfy \([B3]\).

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A Proofs of Theorem 2.9 and 5.2

In this section, we prove Theorem 2.9. We should note that Theorem 2.9, appropriately restated, holds much more broadly beyond the weakly convex function class. To simplify the notational overhead, however, we impose the weak convexity assumption, throughout.

We will require some basic notation from variational analysis; for details, we refer the reader to [58]. A set-valued map $F : \mathbb{R}^d \Rightarrow \mathbb{R}^m$ assigns to each point $x \in \mathbb{R}^d$ a set $F(x)$ in $\mathbb{R}^m$. The graph of $F$ is defined by

$$\text{gph } F := \{(x, v) : v \in F(x)\}.$$ 

A map $F : \mathbb{R}^d \Rightarrow \mathbb{R}^m$ is called metrically regular at $(\bar{x}, \bar{v}) \in \text{gph } F$ if there exists a constant $\kappa > 0$ such that the estimate holds:

$$\text{dist}(x, F^{-1}(v)) \leq \kappa \text{dist}(v, F(x))$$

for all $x$ near $\bar{x}$ and all $v$ near $\bar{v}$. If the graph gph $F$ is a $C^1$-smooth manifold around $(\bar{x}, \bar{v})$, then metric regularity at $(\bar{x}, \bar{v})$ is equivalent to the condition [58, Theorem 9.43(d)]\footnote{We should note that metric regularity of $F$ at $(\bar{x}, \bar{v})$ is equivalent to (A.1) for an arbitrary set-valued map $F$ with closed graph, provided we interpret $N_{\text{gph } F}(\bar{x}, \bar{v})$ as the limiting normal cone [58, Definition 6.3].}

$$(0, u) \in N_{\text{gph } F}(\bar{x}, \bar{v}) \implies u = 0. \quad (A.1)$$

We begin with the following lemma.

Lemma A.1 (Subdifferential metric regularity in smooth minimization). Consider the optimization problem

$$\min_{x \in \mathbb{R}^d} f(x) \quad \text{subject to } x \in \mathcal{M},$$

where $f : \mathbb{R}^d \to \mathbb{R}$ is a $C^2$-smooth function and $\mathcal{M}$ is a $C^2$-smooth manifold. Let $\bar{x} \in \mathcal{M}$ satisfy the criticality condition $0 \in \partial f_{\mathcal{M}}(\bar{x})$ and suppose that the subdifferential map $\partial f_{\mathcal{M}} : \mathbb{R}^d \Rightarrow \mathbb{R}^d$ is metrically regular at $(\bar{x}, 0)$. Then the guarantee holds:

$$\inf_{u \in \mathbb{S}^{d-1} \cap T_{\mathcal{M}}(\bar{x})} d^2 f_{\mathcal{M}}(\bar{x})(u) \neq 0. \quad (A.2)$$

Proof. First, appealing to (A.1), we conclude that the implication holds:

$$(0, u) \in N_{\text{gph } \partial f_{\mathcal{M}}}(\bar{x}, 0) \implies u = 0. \quad (A.3)$$

Let us now interpret the condition (A.3) in Lagrangian terms. To this end, let $G = 0$ be the local defining equations for $\mathcal{M}$ around $\bar{x}$. Define the Lagrangian function

$$\mathcal{L}(x, \lambda) = f(x) + (G(x), \lambda),$$

and let $\bar{\lambda}$ be the unique Lagrange multiplier vector satisfying $\nabla_x \mathcal{L}(\bar{x}, \bar{\lambda}) = 0$. According to [42, Corollary 2.9], we have the following expression:

$$(0, u) \in N_{\text{gph } \partial f_{\mathcal{M}}}(\bar{x}, 0) \iff u \in T_{\mathcal{M}}(\bar{x}) \text{ and } Lu \in N_{\mathcal{M}}(\bar{x}), \quad (A.4)$$
where $L := \nabla^2_{xx} \mathcal{L}(\bar{x}, \bar{\lambda})$ denotes the Hessian of the Lagrangian. Combining (A.3) and (A.4), we deduce that the only vector $u \in T_M(\bar{x})$ satisfying $Lu \in N_M(\bar{x})$ is the zero vector $u = 0$.

Now for the sake of contradiction, suppose that (A.2) fails. Then the quadratic form $Q(u) = \langle Lu, u \rangle$ is nonnegative on $T_M(\bar{x})$ and there exists $0 \neq \bar{u} \in T_M(\bar{x})$ satisfying $Q(\bar{u}) = 0$. We deduce that $\bar{u}$ minimizes $Q(\cdot)$ on $T_M(\bar{x})$, and therefore the inclusion $L\bar{u} \in N_M(\bar{x})$ holds, a clear contradiction.

The following corollary for active manifolds will now quickly follow.

**Corollary A.2** (Subdifferential metric regularity and active manifolds). Consider a closed and weakly convex function $f: \mathbb{R}^d \to \mathbb{R} \cup \{\infty\}$. Suppose that $f$ admits a $C^2$-smooth active manifold around a critical point $\bar{x}$ and that the subdifferential map $\partial f: \mathbb{R}^d \rightrightarrows \mathbb{R}^d$ is metrically regular at $(\bar{x}, 0)$. Then $\bar{x}$ is either a strong local minimizer of $f$ or satisfies the curvature condition $d^2 f_M(\bar{x})(u) < 0$ for some $u \in T_M(\bar{x})$.

**Proof.** The result [19, Proposition 10.2] implies that $\text{gph} \partial f$ coincides with $\text{gph} \partial f_M$ on a neighborhood of $(\bar{x}, 0)$. Therefore the subdifferential map $\partial f_M: \mathbb{R}^d \rightrightarrows \mathbb{R}^d$ is metrically regular at $(\bar{x}, 0)$. Using Lemma A.1, we obtain the guarantee:

$$\inf_{u \in S^{d-1} \cap T_M(\bar{x})} d^2 f_M(\bar{x})(u) \neq 0.$$ 

If the infimum is strictly negative, the proof is complete. Otherwise the infimum is strictly positive. In this case, $\bar{x}$ is a strong local minimizer of $f_M$, and therefore by [20, Proposition 7.2] a strong local minimizer of $f$.

We are now ready for the proofs of Theorem 2.9 and Theorems 5.2.

**Proof of Theorem 2.9.** The result [18, Corollary 4.8] shows that for almost all $v \in \mathbb{R}^d$, the function $f_v(x) := f(x) - \langle v, x \rangle$ has at most finitely many critical points. Moreover each such critical point $\bar{x}$ lies on some $C^2$ active manifold $M$ of $f_v$ and the subdifferential map $\partial f_v: \mathbb{R}^d \rightrightarrows \mathbb{R}^d$ is metrically regular at $(\bar{x}, 0)$. Applying Corollary A.2 to $f_v$ for such generic vectors $v$, we deduce that every critical point $\bar{x}$ of $f_v$ is either a strong local minimizer or a strict saddle of $f_v$. The proof is complete.

**Proof of Theorem 5.2.** The proof is identical to that of Theorem 2.9 with [18, Theorem 5.2] playing the role of [18, Corollary 4.8].

**B Pathological Example**

**Theorem B.1.** Consider the following function

$$f(x, y) = \frac{1}{2}(|x| + |y|)^2 - \frac{\rho}{2} x^2$$

Assume that $\lambda > \rho$. Define a mapping $T: \mathbb{R}^d \to \mathbb{R}$ by the following formula.

$$S(x, y) = \begin{cases} 
0 & \text{if } (x, y) = 0; \\
(0, \frac{\lambda}{1+\lambda}y) & \text{if } |x| \leq \frac{1}{1+\lambda} |y|; \\
\left(\frac{\lambda}{1+\lambda-\rho} x, 0\right) & \text{if } |y| \leq \frac{1}{1+\lambda-\rho} |x|,
\end{cases}$$

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and if \( \frac{1}{(1+\lambda-\rho)} |x| < |y| < (1+\lambda)|x| \), we have

\[
S(x, y) = \begin{cases}
\frac{\lambda}{(1+\lambda)(1+\lambda-\rho)-1} \begin{bmatrix} (1+\lambda) & -1 \\ -1 & (1+\lambda-\rho) \\ (1+\lambda) & 1 \\ 1 & (1+\lambda-\rho) \end{bmatrix} \begin{bmatrix} x \\ y \\ x \\ y \end{bmatrix} & \text{if } \text{sign}(x) = \text{sign}(y); \\
\frac{\lambda}{(1+\lambda)(1+\lambda-\rho)-1} \begin{bmatrix} (1+\lambda) & -1 \\ -1 & (1+\lambda-\rho) \\ (1+\lambda) & 1 \\ 1 & (1+\lambda-\rho) \end{bmatrix} \begin{bmatrix} x \\ y \\ x \\ y \end{bmatrix} & \text{if } \text{sign}(x) \neq \text{sign}(y).
\end{cases}
\]

Then \( \text{prox}_{(1/\lambda)f}(x, y) = S(x, y) \).

**Proof.** Let us denote the components of \( S(x, y) \) by \((x_+, y_+) = S(x, y) \). By first order optimality conditions, we have \( \text{prox}_{(1/\lambda)f}(x, y) = (x_+, y_+) \) if and only if

\[
\lambda(x-(1-(1/\lambda)\rho)x_+, y-y_+) \in \begin{cases}
\{x_+ + \text{sign}(x_+)|y_+|\} \times \{\text{sign}(y_+)|x_+| + y_+\} & \text{if } x_+ \neq 0 \text{ and } y_+ \neq 0; \\
([[-1,1]|y_+|) \times \{y_+\} & \text{if } x_+ = 0 \text{ and } y_+ \neq 0; \\
\{x_+\} \times ([[-1,1]|x_+|) & \text{if } x_+ \neq 0 \text{ and } y_+ = 0; \\
\{0\} \times \{0\} & \text{if } x_+ = 0 \text{ and } y_+ = 0.
\end{cases}
\]

Let us show that \((x_+, y_+)\) indeed satisfies this inclusion.

1. If \((x, y) = 0\), then \(x_+ = y_+ = 0\), and the pair satisfies the inclusion.

2. If \(|x| \leq \frac{1}{1+\lambda}|y|\) and \(y \neq 0\), then \(x_+ = 0\), \(y_+ = \frac{\lambda}{1+\lambda}y\), and

\[
\lambda(x-(1-(1/\lambda)\rho)x_+, y-y_+) = \lambda(x, \frac{1}{1+\lambda}y) = \lambda(-[[-1,1]|y_+|) \times \{y_+\}.
\]

Thus the pair satisfies the inclusion.

3. If \(|y| \leq \frac{1}{1+\lambda-\rho}|x|\) and \(x \neq 0\), then \(x_+ = \frac{\lambda}{(1+\lambda-\rho)}x\), \(y_+ = 0\), and

\[
\lambda(x-(1-(1/\lambda)\rho)x_+, y-y_+) = \lambda(x, \frac{\lambda-\rho}{(1+\lambda-\rho)}x, y) \in \{x_+\} \times ([[-1,1]|x_+|).
\]

For the remaining two cases, let us assume that \(\frac{1}{(1+\lambda-\rho)} |x| < |y| < (1+\lambda)|x|\).

4. If \(\text{sign}(x) = \text{sign}(y)\), let \(s = \text{sign}(x)\) and note that

\[
\begin{bmatrix} x_+ \\ y_+ \end{bmatrix} = \frac{\lambda}{(1+\lambda)(1+\lambda-\rho)-1} \begin{bmatrix} (1+\lambda) & -1 \\ -1 & (1+\lambda-\rho) \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix}
= \frac{s\lambda}{(1+\lambda)(1+\lambda-\rho)-1} \begin{bmatrix} (1+\lambda)|x| - |y| \\ -|x| + (1+\lambda-\rho)|y| \end{bmatrix}
\]

From this equation we learn \(\text{sign}(x_+) = \text{sign}(y_+) = s\). Inverting the matrix we also learn

\[
\lambda \begin{bmatrix} x \\ y \end{bmatrix} = \begin{bmatrix} (1+\lambda-\rho) & 1 \\ 1 & (1+\lambda) \end{bmatrix} \begin{bmatrix} x_+ \\ y_+ \end{bmatrix} = \begin{bmatrix} x_+ + \lambda(1-\rho/\lambda)x_+ + y_+ \\ x_+ + y_+ + \lambda y_+ \end{bmatrix}
= \begin{bmatrix} x_+ + \text{sign}(x_+)|y_+| + \lambda(1-\rho/\lambda)x_+ \\ \text{sign}(y_+)|x_+| + y_+ + \lambda y_+ \end{bmatrix}.
\]

Thus the pair satisfies the inclusion.
5. If \( \text{sign}(x) \neq \text{sign}(y) \), let \( s = \text{sign}(x) \) and note that

\[
\begin{bmatrix}
  x_+ \\
y_+
\end{bmatrix} = \frac{\lambda}{(1 + \lambda)(1 + \lambda - \rho) - 1} \begin{bmatrix}
  (1 + \lambda) & 1 \\
  1 & (1 + \lambda - \rho)
\end{bmatrix} \begin{bmatrix}
x \\
y
\end{bmatrix}
= \frac{s\lambda}{(1 + \lambda)(1 + \lambda - \rho) - 1} \begin{bmatrix}
  (1 + \lambda)|x| - |y| \\
  |x| - (1 + \lambda - \rho)|y|
\end{bmatrix}
\]

From this equation we learn \( \text{sign}(x_+) \neq \text{sign}(y+) \). Inverting the matrix we also learn

\[
\lambda \begin{bmatrix}
x \\
y
\end{bmatrix} = \begin{bmatrix}
  (1 + \lambda - \rho) & -1 \\
  -1 & (1 + \lambda)
\end{bmatrix} \begin{bmatrix}
x_+ \\
y_+
\end{bmatrix} = \begin{bmatrix}
x_+ + \lambda(1 - \rho/\lambda)x_+ - y_+ \\
x_+ + \lambda(1 - \rho/\lambda)x_+ - y_+
\end{bmatrix}
= \begin{bmatrix}
x_+ + \text{sign}(x_+)|y_+| + \lambda(1 - \rho/\lambda)x_+ \\
x_+ + \text{sign}(y_+)|x_+| + y_+ + \lambda y_+
\end{bmatrix}.
\]

Thus the pair satisfies the inclusion.

Therefore, the proof is complete.

\[\square\]

**Corollary B.2 (Convergence to Saddles).** Assume the setting of Theorem [B.1](#). Let \( \alpha \in (0, 1] \) and define the operator \( T := (1 - \alpha)I + \alpha S \) on \( \mathbb{R}^2 \). Then the cone \( \mathcal{K} = \{(x, y) : |x| \leq (1 + \lambda)^{-1}y\} \) satisfies \( TK \subseteq \mathcal{K} \). Moreover, for any \((x, y) \in \mathcal{K}\), it holds that \( T^k(x, y) = ((1 - \alpha)^kx, (1 - \alpha(1 - \lambda(1 + \lambda)^{-1}))^ky) \) linearly converges to the origin as \( k \) tends to infinity.

**Proof.** Since \( \mathcal{K} \) is convex, it suffices to show that \( SK \subseteq \mathcal{K} \). This follows from Theorem [B.1](#). \[\square\]