Pre- and postmortem imaging of transplanted cells

Anna Andrzejewska, Adam Nowakowski, Miroslaw Janowski, Jeff WM Bulte, Assaf A Gilad, Piotr Walczak, and Barbara Lukomska

Abstract: Therapeutic interventions based on the transplantation of stem and progenitor cells have garnered increasing interest. This interest is fueled by successful preclinical studies for indications in many diseases, including the cardiovascular, central nervous, and musculoskeletal system. Further progress in this field is contingent upon access to techniques that facilitate an unambiguous identification and characterization of grafted cells. Such methods are invaluable for optimization of cell delivery, improvement of cell survival, and assessment of the functional integration of grafted cells. Following is a focused overview of the currently available cell detection and tracking methodologies that covers the entire spectrum from pre- to postmortem cell identification.

Keywords: stem cells, transplantation, SPECT, MRI, bioluminescence, cell labeling

Introduction

Cell transplantation has been explored as a new clinical approach to repair injured tissue. Recently, the therapeutic properties of a variety of cell types have been studied extensively, and it is now clear that cells delivered to remote sites home to the area of injury and stimulate repair and regeneration of the damaged tissue. However, to gain some insight into exogenous cell migration, tissue localization, and the level of engraftment, the cells require labeling and subsequent tracking. Moreover, cell-tracking studies require a label that is uniquely distinguishable and biologically stable for the quantitative analysis of dynamic processes in living cells. A variety of methods have been developed to identify transplanted cells premortem (in vivo) and postmortem (ex vivo). These methods rely on various contrast mechanisms and most require some premodification of the cells of interest. In this review, we describe a broad range of techniques that are suitable for cell-tracking studies, from methods applicable solely for postmortem microscopy assessment to those that facilitate longitudinal cell-tracking in live animals and from physical cell labeling methods to the use of reporter genes or strategies that do not require exogenous labeling, but are based on the detection of inherent marker labels, such as the Y chromosome, newly replicating DNA, or natural mutations.

Premortem cell detection techniques

SPECT and PET imaging

Radioactive substances have been employed in medical practice for many years. While the resolution of single-photon emission computed tomography (SPECT) and positron emission tomography (PET) is relatively low, nuclear medicine compensates with an outstanding sensitivity at the whole-body level. One of the main differences between the SPECT and PET techniques is the type of radioisotopes. In SPECT,
Radioisotopes directly emit gamma waves, whereas in PET imaging, the nuclei of the radioactive element first generate a positron, which annhilates after contact with the electron from the body, producing two collinear gamma rays that are then detected coincidently. Technetium-99m, Indium-111, and Gallium-67 are the most commonly used radiometal isotopes in SPECT, while Gallium-68, Copper-64, Yttrium-86, and Zirconium-89 are usually applied in PET. Moreover, there are several nonmetallic radionuclides that could be utilized for PET, including $^{18}$F, $^{11}$C, $^{13}$N, $^{15}$O, and $^{124}$I. Most of the radioisotopes mentioned earlier have been adapted for oncological diagnosis and therapy. Before application, they are conjugated with an adequate chelator (eg, DOTA, DTPA, TETA) and/or a targeting molecule (antibody or small protein) in order to obtain thermodynamic stability, chemical inertness, and optimal biodistribution in the body.\(^1\)\(^2\) The labeling of cells with radioisotopes is a simple and very efficient procedure, but preparation of radioisotopes is complex and costly, including access to highly specialized equipment at the site of application, since, due to rapid decay, the labels cannot be prepared in advance. While the compounds bearing radioisotopes are easily internalized by cells from the high-concentration incubation medium, the radioisotopes can leak.\(^3\) Kim et al\(^4\) used a direct labeling method for rat adipose-derived stem cells, with a radioactive $^{125}$I-HIB-label. PET imaging combined with computed tomography enabled the identification of cells after transplantation in the myocardium for more than 9 days. This technique also provided additional information about the survival rate of transplanted cells. The radioactivity level was inversely proportional to that of apoptosis of transplanted cells.\(^4\) However, in general, the fast decay of radioactivity is another obstacle allowing for cell imaging only acutely after transplantation. The half-life of SPECT radioisotopes ranges from hours to a few days, and it is even shorter for the $^{18}$F used for PET imaging. In addition, the diagnostic/therapeutic centers must be equipped with highly specialized instruments. The doses applied clinically spread throughout the body, thus carrying minimal risk for individual cells. In contrast, the accumulation of radioisotopes in labeled cells can be potentially destructive, as it is for thyroid cells treated with radioiodine.\(^5\)\(^6\) Despite the drawbacks, radioisotopes are actively involved in stem cell tracking both in the preclinical setting and in clinical trials.\(^7\)\(^8\)

Radioisotopes can be used for direct labeling of cells, but also can be conjugated with ligands of specific receptors present in a particular type of cell. A properly constructed compound can identify the transplanted stem cells inside the host body. Tarantal et al\(^9\) showed that injection of $^{89}$Zr conjugated to human-specific CD45 antibody into the circulatory system of Rhesus monkeys facilitated imaging of the biodistribution of grafted human stem cells with PET. Another interesting application of noninvasive PET imaging was geared at differentiation of cancer stem cells from healthy brain cells. The CD133 epitope being a promising cancer stem cell marker was used for that purpose. Radioactive tracer $^{64}$Cu-NOTA conjugated to CD133 antibody was shown to successfully detect cancer stem cells in both subcutaneous and intracranial tumors.\(^10\) Another example of that system consists of a somatostatin receptor and a derivative of the somatostatin inhibitor, $^{[111m]}$InDTPA-octreotide (Octreoscan), which is approved in the United States and Europe for the diagnosis of tumors with high endogenous somatostatin receptor expression, such as breast cancers, pituitary tumors, or pheochromocytomas, but such technology has not been used for the detection of transplanted cells as yet.\(^11\)

A PET reporter gene/probe system was described for the first time by Tjuvajev et al\(^12\) in 1995. It was based on the use of a reporter gene together with a reporter probe. There are three main classes of reporter genes: enzymes, receptors, and transporters. The reporter gene can be introduced in an expressive vector into transplanted cells, and its product accumulates inside the cells. Then, the product of the reporter gene interacts selectively with radioactive molecules that are delivered in the reporter probe, which results in the selective accumulation of the probe in transplanted cells. These cells can then be detected using PET. An example of this kind of system is an in vivo tracing of transplanted rat bone marrow mesenchymal stem cells (MSCs) transfected with the recombinant adenovirus vector, Ad5-hERL-IREs-VEGF (Ad-EIV), in the muscle of a rat host. Ad-EIV carries a reporter gene (hERL) coding the human estrogen receptor ligand-binding domain (hERL). After intravenous tail vein injection of a radiolabeled, biologically inactive, estrogen analog, 16α-[${}^{18}$F] fluoro-17β-estradiol ($^{18}$F-FES), the radioactive signal originating from the grafted cells was visible with PET.\(^13\) The engraftment of human and rat hematopoietic stem cells in the rat was successfully observed in vivo using 1-(2-deoxy-2-18fluoro-β-L-arabinofuranosyl)-5-methyluracil and deoxyctydine kinase as a reporter gene. This kinase carries a mutation within the active site.\(^14\) The use of another kinase – the herpes simplex virus thymidine kinase ($sr39TK$) – as a reporter gene was shown to be very beneficial in PET imaging of transplanted, genetically modified human hematopoietic stem cells in rats. The radioactive signal from stem cells engineered to express $sr39TK$ could be recorded after the
infusion of $^{18}$F-FHBG. Moreover, sr39TK is also a suicide gene, and, after administration of gancyclovir, the cells that express its active form undergo apoptosis. The possibility to induce fast and selective destruction of a transplanted, genetically modified stem cell population is quite important in the context of possible clinical application, alleviating to some extent safety concerns related to insertional mutagenesis and cell transformation. The human sodium iodide symporter ($hNIS$) is another reporter gene that is increasingly used. It has demonstrated success in monitoring adenoviral-based gene delivery. The expression of $hNIS$ has been easily achieved in tumor cells, and the subsequent application of the radioactive $^{18}$Re probe proved to be theranostic. Moreover, the tumor-homing property of MSCs has been used for tumor-selective radionuclide accumulation via $hNIS$ expression, with positive therapeutic effects. The $hNIS$ has been also used in the field of regenerative medicine to determine the viability of transplanted cells, and has shown less variable results, and thus, a superior profile compared to eGFP (enhanced green fluorescent protein) for in vivo imaging. The observation of stem cells labeled with radiotracers can not only provide researchers with information about the fate of these cells, but can also enable optimization of the delivery route and technique. The increasing requirement for a detailed visualization of stem cells often leads to the development of multimodal approaches. Some newly introduced radioisotopes, such as $^{55}$Mn, can also be visualized by both PET and magnetic resonance imaging (MRI) scanners. However, the application of radioactive tracers for regenerative medicine carries the risk of not only radiation-induced cell death, but also mutagenesis, which could potentially result in tumor formation, a very grim complication even in a very delayed fashion. In addition, the crossing of radionuclides through the intact blood–brain barrier, as present in restorative neurolubansplants, has not been studied as yet.

**X-ray and US imaging**

X-ray-based fluoroscopy and computer tomography, as well as ultrasonography, are extensively exploited modalities in clinical imaging. X-ray-based methods of cellular imaging work by the absorption of X-rays by contrast agents, which are detected by various 2D and 3D detectors. Ultrasonography depends on the recording of echoes of ultrasonic waves. Heavy elements are the preferred cellular labels for X-ray imaging, while bubbles are the most frequently used contrast agents for ultrasonography. Unfortunately, even heavy elements and bubbles in cell-loadable quantities are difficult to detect with current state-of-the-art detectors. Thus, indirect approaches have been tested to support cell transplantation with these modalities, including, for example, coencapsulation of cells with bromine compounds. Another proposed option is the suspension of cells within a tantalum-labeled scaffold (hydrogel). Microbubbles can be easily internalized by stem cells, thus enabling their localization within internal organs, but such an approach is not useful for cell imaging within the central nervous system due to the low bone permeability of ultrasonic pulses. What is of interest is the current use of extracellular bubbles to facilitate cell homing to injured tissues after intravascular delivery.

**Relaxation-based MR contrast agents**

In vivo tracking of stem cells with MRI based on relaxation requires prelabeling of cells with special compounds that can change the water relaxation time and/or magnetic susceptibility, and then, determining the location of these compounds based on the image intensity. MRI contrast agents can be divided into two main groups: exogenous and endogenous. Metal-based compounds are primary among the exogenous-based labeling strategies. Metallic marker tags can be primarily based on iron, manganese, and gadolinium. They can be divided into two main groups. The first group includes MRI contrast agents that affect the longitudinal relaxation time, T1, where the spin lattice relaxation time is generated. T1-weighted contrast agents involve gadolinium ($\text{Gd}^{3+}$) and manganese ($\text{Mn}^{2+}$) chelates, where the mode of action is based on the decrease of the T1 relaxation time. In practice, highly intense T1-weighted images are produced with positive contrast. Contrast agents for stem cell labeling based on Gd elements include chelated Gd–lipid nanoparticles, Gd-chelated dextran nanoparticles, and Gd-DOTA–peptide complexes, and gadolinium oxide nanoparticles. However, the use of gadolinium nanoparticles in stem cell tracking is plagued by significant risk of cytotoxicity, which may compromise cell function or survival. It is also unclear how these compounds are metabolized in labeled cells. There is a potential threat that the toxic, free inorganic Gd$^{3+}$ could be released and influence cell metabolism of the labeled cells as was reported in the case of the rat spinal cord cultured neurons, where free Gd$^{3+}$ distorted the activity of $\text{K}^+–\text{Cl}^-$ membrane cotransporter.

Among the contrast agents with manganese compounds as an MRI signal source, $\text{MnCl}_2$, and mesoporous and hollow $\text{MnO}$ nanoparticles have been employed. An interesting study was performed with the systemic administration of $\text{MnCl}_2$ that made possible simultaneous monitoring and...
elimination of human embryonic stem cell-derived teratoma cells. While a T1-positive contrast agent is more desirable, it is also characterized by lower sensitivity than T2* contrast agents, which capitalize on the magnetic field inhomogeneity produced by iron-oxide-based compounds. The second main group of the metallic contrast agents are those related to transverse relaxation time, T2, where the spin–spin relaxation time is reduced. T2-weighted contrast agents are primarily superparamagnetic iron nanoparticles (SPIOs). The most common use for stem cell labeling is related to Fe₃O₄ magnetite nanoparticles, which are composed of nonstoichiometric Fe²⁺ and Fe³⁺ oxides.

Several types of SPIOs can be used for stem cell imaging, such as citrate-coated or dextran-coated SPIOs and ferumoxides. Ferumoxides are composed of iron particles of approximately 5 nm in size, but with a hydrodynamic diameter of approximately 80–150 nm, where the iron crystals are covered with a dextran layer. Some ferumoxides are combined with poly-L-lysine. Ultrasmall SPIOs (USPIOs), whose diameter size fluctuates approximately 35 nm, are another type of SPIOs. This type of contrast agent has been used successfully for adult rat neural stem cell labeling and tracking.

A commercially available Feraheme® (ferumoxytol, AMAG Pharmaceuticals, Waltham, MA, USA) is an iron oxide with a hydrophilic carboxydextran coat. The overall colloidal particle size is approximately 17–31 nm in diameter. Ferumoxytol was found to be useful in human neural stem cell tracking. For instance, the meso-2,3-dimercaptosuccinic acid-coated iron nanoparticles were used for efficient adipose-derived stem cell labeling, thereby increasing the spectrum of possible uses for different coating materials. An elegant method of simultaneous MRI and fluorescence imaging is achieved by using Molday ION Rhodamine B nanoparticles, where 50 nm magnetite-based nanocolloids are also labeled with the fluorochrome Rhodamine B, with a 565–620 nm emission wavelength. A similar approach was employed in bone marrow-derived stem progenitor cells, where cells were labeled with the T2 contrast agent ferumoxide and a fluorescent tissue marker. Ferumoxide has also been successfully used in intraventricular delivery in the pediatric patient with global ischemia (Figure 1), and long-term observation did not reveal negative consequences. Microsized paramagnetic iron oxide nanoparticles are another type of MRI contrast agent, in which the diameter of nanoparticles is

![Figure 1](image-url)
approximately 1 μm. For instance, iron nanoparticles were covered with a divinylbenzene polymer to detect the migration of bone marrow-derived stromal cells in a stroke model. Despite the numerous examples of its use, similar to Gd-based contrast agents, SPIO labeling does not seem to be neutral for labeled cells. SPIO-based stem cell labeling as a method is presently not FDA (US Food and Drug Administration) approved, because the molecular mechanisms of SPIO actions are not clearly understood as yet. So, there are still concerns about the uncertain side effects on cell function, as well as the possible negative influence on the fate of the labeled cells. For instance, labeling with SPIOs could impair functional properties like migration capacity and colony formation abilities of labeled MSCs. However, there are FDA-approved SPIO formulations, but each clinical application needs Institutional Review Board’s approval for specific SPIO formulation and cell type to be used. In summary, despite the fact that several different MRI contrast agents exist and safety issues are not still resolved, the most popular T2 and T1 MRI-based stem cell labeling and in vivo tracking agents are SPIOs and gadolinium oxide nanoparticles. There are some data that indicate that the use of dual T1 and T2 MRI contrast agents could improve cell detection accuracy. SPIO-based agents are the only MR contrast agents that have so far been used for clinical (stem) cell tracking.

Apart from the metallic elements approach for MRI, stem cell labeling with the use of nonmetallic elements, such as fluorine, can be efficiently implemented, despite the lower sensitivity compared to iron-based nanoparticles. In addition to exogenous substances for MR labeling, endogenous MR tracer tags can be specified. An interesting technical solution for the MR labeling is a genetic-based strategy. Bengtsson et al reported that in β-galactosidase-engineered bone marrow cells, β-galactosidase activity in the presence of a special compound – S-Gal™ (Sigma-Aldrich, St Louis, MO, USA) – resulted in enhanced T2 MR contrast imaging. In another biological MRI approach, cells of interest were transfected with genes encoding proteins that were, in turn, able to bind iron particles, such as ferritin, transferrin receptors, and iron transporters derived from magnetotactic bacteria for the biomineralization of iron. In addition, stem cell surfaces could be engineered by artificial antigens with subsequent detection by SPIO-coupled antibodies.

Chemical exchange saturation transfer (CEST) MRI
MRI has been used extensively over the last 3 decades for anatomical, functional, and dynamic imaging. Rapid improvements in MRI instrumentation and techniques have led to increased spatial resolution. The MRI contrast can be further enhanced by the expression of certain proteins (encoded by genes, termed reporter genes) that increase the MRI contrast. For instance, these proteins can be involved in iron metabolism and storage, and can act as enzymes that convert certain compounds to paramagnetic contrast agents.

(Paramagnetic) chemical exchange saturation transfer ([PARA]CEST) is a novel approach for generating MRI contrast, in which the dynamic exchange process between an exchangeable proton and the surrounding water protons is used to amplify the desired contrast. One advantage of CEST is that the magnetization of different protons can be specifically saturated at different resonance frequencies, enabling the in vivo detection of multiple targets simultaneously. This rapidly evolving approach to creating contrast has been applied to detect temperature changes, pH, enzyme activity, metal ions, and metabolites like glycogen and glucose, and glycosaminoglycan.

One potential application of such reporter genes is in regenerative medicine, where cells (eg, stem, progenitors, or immune cells) are transplanted into patients to repair a damaged tissue. Since the fate of these cells after transplantation is mostly unknown, it would be greatly beneficial if the cells could be tagged. Ideally, the “tag” should be a protein or an enzyme that is expressed only in the transplanted cells and for as long as the cells are viable. Therefore, reporter genes based on CEST MRI have an advantage, since they are bioorganic and biocompatible and are constitutively and continuously expressed by the cell. The first generation of a CEST-based reporter gene was a synthetic gene that encodes a lysine-rich protein. This reporter was used to distinguish glioma cells that overexpress the transgene from control cells in vivo in an animal model. Along the same lines, a synthetic gene was used to encode to an artificial protein that could sense cellular signaling. These studies were followed by a reengineering of the human protamine 1 (hPRM-1) gene as a CEST-based reporter. Since the hPRM-1 is a human protein, which is normally only expressed in sperm cells, it has a very low background signal in the body. Moreover, this is a human protein, and, therefore, would not be expected to trigger an immune reaction. Protamine was also used to monitor sustained drug release. Recently, CEST was applied to detect the activity of the theranostic enzymes, cytosine deaminase, carboxypeptidase G2, and herpes simplex virus type-1 thymidine kinase (HSV1-TK) (Figure 2). In these cases, the reporter can be used both for tagging the cells, if an imaging probe is used, and also as a suicide
gene if a different compound (a prodrug) is used. Thus, such a theranostic gene has an additive value, especially where cells are needed to eradicate tumors. Unlike other labeling techniques, which have a very limited selection of compounds that can be used as imaging agents, CEST MRI that relies on bioorganic compounds allows almost endless possibilities for probe selection and design. Therefore, this technology holds great promise for the next generation of diagnostic imaging tools.

Bioluminescent imaging (BLI)

BLI is an attractive approach for tracking transplanted cells, as it specifically, and with relatively high sensitivity, reports on the viability of cells expressing a BLI reporter gene. In addition, this technique with the use of specific promoters, eg, Oct4 could potentially be used to observe alterations of gene expression in cultured or transplanted stem cells. This imaging modality relies on stable expression of the reporter gene in the target cells, and such expression can be induced using one of the well-established molecular biology techniques, eg, lentiviral transduction, or with the use of primary cells isolated from transgenic, light-producing animals. Several BLI reporter genes have been isolated, including the North American firefly (Photinus pyralis; FLuc), jellyfish (Aequorea), sea pansy (Renilla; RLuc), corals (Tenilla), the click beetle (Pyrophorus plagiophthalamus), and several bacterial species (Vibrio fischeri, Vibrio harveyi); however, for cell tracking purposes, FLuc is, by far, most widely used. The variety of currently available luciferase types with different substrate specificities opens a new possibility to observe two or more cell lines simultaneously. Leng et al adapted this idea to show the therapeutic effect of transplanted MSC in a model of human breast cancer. In this study, MSCs engineered to express RLuc were injected in mice bearing Fluc-expressing tumors, and due to different enzyme substrates, it enabled simultaneous detection of both MSCs and tumor cells. That imaging paradigm revealed the inhibition of cancer progression induced by the presence of MSC. This example showed that dual luciferase imaging enables investigation of the interaction between cell populations.

The principle of BLI is based on the luciferase reaction that requires an enzyme (firefly luciferase), its substrate (D-luciferin or coelenterazine), ATP, and oxygen. This enzyme-catalyzed oxidation results in oxyluciferin, a product that, when decaying, emits photons. Photons are detected by specialized charge-coupled device (CCD) cameras that convert photons into electrons. The noise of the system is reduced by supercooling the CCD camera and mounting the camera in a light-tight chamber (Figure 3). The sensitivity of this imaging modality is dependent on several factors, including the optical properties and expression level of the reporter gene, the depth of labeled cells within the body, and the sensitivity of the detection device. The major challenge of in vivo BLI is that emitted photons must pass through the tissues and have to be detected outside the body. For that reason, detection of cells implanted superficially is much more effective than are deeper targets. As a general rule, the signal drops approximately tenfold for each 10 mm of tissue depth. In order to address the problem of tissue attenuation that limits sensitivity, significant effort has been directed toward improving the optical properties of imaging probes. The potential strategies include developing reporter genes with red-shifted emission profiles of photons known to have better tissue penetration, or developing new generations of substrates, such as CycLuc1, which offers significantly better pharmacokinetics and effectively results in an improved imaging signal. Another technique with the potential to improve detection of luciferase-expressing cells is based on the modification of
ABC-transporter activity. These proteins are involved in the removal of xenobiotics from cells. The result of their inhibition is a higher accumulation of D-luciferin inside cells, and thus, an increased availability of substrate for the luciferase enzyme.\textsuperscript{106} An important advancement in BLI was the development of image processing algorithms for extracting spatial information from the imaging signal, referred to as optical tomography.\textsuperscript{107} Another quite interesting alternative is the use of bioluminescent luciferase from \textit{Gaussia princeps} (GLuc), which is naturally secreted from cells in an active form. GLuc is present in body fluids. After the addition of the substrate to urine or serum, the measurement of the bioluminescent signal can provide information about the condition and viability of the transplanted cells.\textsuperscript{108}

Optoacoustic/photoacoustic imaging

Optoacoustic imaging is based on the phenomenon of a transverse wave of light (photons generated by a short laser pulse or less expensive high-power LED [light-emitting diode] hitting specific molecules and causing their transient thermal expansion, which, in turn, generates an acoustic wave sensed by external detectors, such as microphones or piezoelectric tools (Figure 4).\textsuperscript{110} Thus, the stimulation is the same as for fluorescent imaging, but the detected signal is based on an acoustic wave, which can be a huge advantage. In fluorescent imaging, the energy of photons generated by a fluorescent lamp or a laser is sufficient for relatively deep penetration to tissues, and the limiting factor is the energy of reflected photons, which is insufficient to reach detectors. In optoacoustic imaging, this limitation is overcome by the detection of an acoustic wave, which has dramatically better penetration of tissues. The lack of tissue autofluorescence is an additional advantage of optoacoustic technology. While fluorescence provides a scattering contrast, optoacoustic technology provides an absorption contrast.\textsuperscript{111,112} Several systems have been developed for optoacoustic imaging. Portable, hand-held imaging probes can reach 1.5 cm in depth at a speed of 10 volumetric frames per second and a spatial resolution of 200 \(\mu\)m.\textsuperscript{113} Photoacoustic microscopy provides
high-resolution images of tissue slices, can be combined with multiphoton microscopy, and can also be used for in vivo photoacoustic imaging. The recent development of optoacoustic devices with tomographic capabilities, based on multispectral inmixing (multispectral optoacoustic tomography – MSOT), has fueled even more interest in this imaging modality. This was made possible because of the relatively high yield of the acoustic signal. An MSOT device has just come on the market.

Optoacoustic imaging can be virtually always applied to fluorescence imaging, including reporter genes and probes. The resolution of images from infrared fluorescent protein-labeled cells has been found to be 10× higher (100 µm) compared to fluorescence molecular tomography. However, the applicability goes beyond fluorescence, with the recognition of gold as a strong generator of an optoacoustic signal. Gold nanoparticles, nanorods, and nanocages are widely available and biocompatible; thus, they have been increasingly used as an optoacoustic contrast agent. The utility of optoacoustic imaging has been shown to be advantageous not only for cell labeling, but also for the imaging of biomaterial scaffolds (Table 1).

**Postmortem cell identification**

**Immunohistochemical and genetic techniques**

**Thymidine analog markers**

Various thymidine analogs can be used effectively to label proliferating cells. Among these, 5-bromo-2′-deoxyuridine (BrdU) is extensively used for labeling cells through its incorporation into newly synthesized DNA. BrdU applied to donor cells before transplantation could be used to trace their migration and identify the destination and accumulation in the host tissues. However, this method has a number of limitations and pitfalls. It has been shown that BrdU can be transmitted from the labeled cells into the neighboring cells of the recipient, leading to incorrect results by identifying the host cells as transplanted cells. Furthermore, due to proliferation of the originally labeled cells, the interpretation of a positive signal is often merely guesswork due to the label dilution when BrdU is transferred to the daughter cells.

A new thymidine analog, 5-ethynyl-2-deoxyuridine (EdU), has been introduced for tracking transplanted cells.
Table 1 Summary of most commonly used techniques for premortem identification of transplanted cells

| Imaging technique     | Source of signal                     | Detected parameters                                             |
|-----------------------|--------------------------------------|-----------------------------------------------------------------|
| SPECT/PET             | Radioisotopes:                        | Radiation                                                       |
|                       | • $^{18}$F                            |                                                                 |
|                       | • $^{188}$Re (theranostic)            |                                                                 |
|                       | • Gene/probe system (eg, hERL and $^{18}$F-FeS) |                                                                 |
| Fluoroscopy X-ray     | Heavy elements                       | X-ray radiation                                                 |
| Ultrasonography       | Bubbles                              | Echoes of ultrasonic waves                                     |
| MRI                   | Nanoparticles of:                    | Changes of water relaxation time or magnetic susceptibility      |
|                       | • Iron                                |                                                                 |
|                       | • Manganese                          |                                                                 |
|                       | • Gadolinium                          |                                                                 |
|                       | • Fluorine                            |                                                                 |
|                       | • Genetic-based strategy (S-Gal™)     |                                                                 |
| CEST, PARACEST        | Reporter genes:                      | Proton exchange between solutes and water                      |
|                       | • LRP                                 |                                                                 |
|                       | • hPRM-1                              |                                                                 |
|                       | • HSV1-TK                             |                                                                 |
|                       | • Carboxypeptidase G2                 |                                                                 |
| BLI                   | Reporter genes:                      | Photons                                                        |
|                       | • Firefly luciferase                  |                                                                 |
|                       | • CycLuc1                             |                                                                 |
|                       | • RLuc                                |                                                                 |
|                       | • Tenilla                             |                                                                 |
| Optoacoustic MSOT     | Gold:                                 | Acoustic wave                                                   |
|                       | • Nanoparticle                        |                                                                 |
|                       | • Nanorods                            |                                                                 |
|                       | • Nanocages                           |                                                                 |
|                       | • IRFP                                |                                                                 |

**Abbreviations:** SPECT, single-photon emission computed tomography; PET, positron emission tomography; MRI, magnetic resonance imaging; CEST, chemical exchange saturation transfer; PARACEST, paramagnetic CEST; BLI, bioluminescent imaging; MSOT, multispectral optoacoustic tomography; HSV1-TK, herpes simplex virus type-1 thymidine kinase; LRP, lysine-rich protein; hPRM-1, human protamine 1; IRFP, infrared fluorescent protein.

While BrdU leaks from the labeled cells, EdU overcomes this difficulty since it is covalently bound to DNA and persists in the nucleus of tracked cells. It was shown that EdU labeling did not interfere with in vitro cell proliferation, differentiation, cytokine secretion, or migratory response. EdU-tracked cells are detected by a chemical reaction using an azide-conjugated fluor (red or green Alexa Fluors) that binds to the EdU alkyne moiety. However, sometimes “false-positive” staining occurs since certain types of unlabeled cells, eg, bone marrow cells, reveal a positive reaction with Alexa-azide fluor in the absence of an alkyne label.

**Species-specific markers**

In the context of preclinical studies in xenogeneic transplantation, it is possible to use species-specific markers to distinguish donor cells from surrounding host cells. Thus, exogenous cells of human origin, engrafted within rodent tissues, could be identified using antibodies specific for human antigens. Recently, successful attempts at species-specific immunolabeling include antibodies to anti-human mitochondria, anti-human nuclei, or anti-human neuron-specific enolase. Y chromosome markers

Localization of donor-derived cells in the sex-mismatched transplant recipients can be detected by chromosome fluorescence in situ hybridization (FISH). Y chromosome-specific probes for FISH have been used to determine male cells transplanted into female recipients in both animals and humans. This method could be used to identify transplanted cells for a long period of time, regardless of their differentiation into different cell phenotypes. Double staining of tissue sections by Y chromosome FISH and immunohistochemistry enables monitoring of the path taken by transplanted male cells and their fate toward maturation. When FISH is combined with nuclear dyes, eg, DAPI (4′,6-diamidino-2-phenylindole) or ethidium bromide counterstaining to highlight the nucleus, the nuclear localization of the Y chromosome probe could be confirmed, thus eliminating false-positive results.

**Fluorescent dyes**

The widespread use of fluorescence-based microscopy resulted from the many available fluorophores that could be used to label cells. Fluorophores are divided into exogenous dyes that interact with different cellular components or endogenous fluorescent proteins constitutively produced.
by cells. The density of staining and localization of fluorophores is influenced by their properties and the target cells being labeled. Fluorescent dyes are suitable for attaching to the cell structures of interest and for controlled localization and expression levels.

Cell membrane dyes
Lipophilic carbocyanine fluorescent dyes that bind to the cell membrane lipid bilayer have been widely used due to their low cytotoxicity. Membrane dyes can be used to visualize the donor cells in the host tissues or to assess the proliferation of transplanted cells after their division. Commonly used are PKH lipophilic dyes, eg, PKH26 used to track stem cells derived from the different sources.134,144–146 These dyes stain the whole plasma membrane of cells through lateral diffusion, then spread into intracellular compartments.147 Recently, PKH dyes have been validated for their applicability to stain microvesicles isolated from MSC.148

Other types of carbocyanine lipophilic membrane dyes, such as the chloromethyl-dialky-carbocyanine (CM-DiI) series, have been recently used to track multiple cell populations.149,150 These dyes have a number of advantages. They heavily intercalate within the lipid layer of the cell membrane, providing strong, highly photostable and long-lasting staining.151 Most importantly, these dyes have not been reported to be cytotoxic, even at high concentrations. However, CM-DiI dyes reveal decreased detection after mitotic cell division when the fluorescence of daughter cells appears to be halved compared to that of the mother cells.152 More importantly, the most significant problem with lipophilic membrane dyes is their transfer between the cells. The acquisition of PKH and CM-DiI dyes by neighboring cells, mostly tissue macrophages, has been shown, particularly if the labeled cells were dead.153,154 Although, even if there are no dead cells among the transplanted cell population, the noncovalently bound DiI can dissociate from labeled donor cells and get picked up by the host cells.155

Cytoplasmic and nuclear dyes
Cytoplasmic and nuclear dyes seem to be very efficient for cell tracking; however, they can affect different cellular functions. There are several fluorescent dyes permeable through the cell membrane. Among these, CFDA-SE (carboxyfluorescein diacetate succinimidyl ester) and CFSE (carboxyfluorescein succinimidyl ester) are frequently used.156–159 These dyes penetrate the cells where they are metabolized to amine-reactive chemicals, which then covalently bind to cytosolic cell components and are retained within the cytoplasm for a long period of time in vitro.147 However, CFDA-SE and CFSE are easily photobleached and their fluorescence decreases rapidly within the tissue. For this reason, they could be used for cell labeling only in short-term studies.

The other fluorescent dyes, eg, Hoechst and DAPI, reveal a high affinity for double-stranded DNA. They are mostly used to stain the nuclei of fixed cells in immunofluorescent studies, but they also could be applied to track cells before transplantation.160 However, despite the high labeling efficiency of dead cells after their fixation, DAPI and Hoechst are poor dyes for live cells due to inefficient penetration of the intact cell membrane. Moreover, since binding to DNA is noncovalent, the label can dissociate from DNA and it can be released from donor cells and taken up by the host cells, giving false-positive results.

All the abovementioned methods of staining are primarily based on immunohistological evaluation, which provides only “snapshot” evidence rather than a comprehensive study of transplanted cells over time. Such limited techniques partially reflect the conflicting observation of exogenous cells in the host. To address these limitations, the most reliable methods for assessing transplanted cells in vivo were determined. Among these methods, different reporter genes that are introduced into cells in vectors or integrated into the DNA of transplanted cells are highly accurate tools for following cell graft fate. Stable expression of fluorescent proteins in cells can be obtained through transfection and enables the long-term detection of genetically engineered cells in vitro and in vivo.

Reporter genes
Fluorescent proteins
GFP, first isolated from the jellyfish Aequorea victoria, is a widely used fluorescent reporter in various in vivo studies. The emission of light occurs after absorption of radiation in the ultraviolet spectrum. GFP-transgenic animals expressing this fluorescent protein in all tissues have been extensively maintained, and the isolated cells were applied in a suitable host.161–163 However, the level of GFP expression in transgenic animals is highly variable among animals and even among the cells within the same animal.164 Harting et al165 reported that only 50% of MSCs isolated from GFP-transgenic rodents expressed GFP. Due to insufficient GFP expression and the complexity and cost of development of transgenic animals, vector-mediating GFP transfection in vitro is still the preferred technique for GFP labeling.166–168 The generation of various colors of blue/yellow-shifted GFP variants, or the mutation-based development of red fluorescent proteins from...
anemones and tropical corals, have enlarged the reporter strategies available to track cells. The transfected GFP is densely localized and tightly packed in the nucleus, making the fluorescent signal in a small area easy to detect in the deep tissues after transplantation of GFP+ cells. However, the GFP gene is also problematic because many mammalian tissues are endogenously fluorescent. Another limitation of GFP usage is the oxygen accessibility that is necessary for proper fluorophore formation. This type of fluorescent dye may also interfere with DNA replication or transcription, and thus, may affect cell function. While fluorescence can potentially also be visualized in vivo, the amount of fluorescent signal is very low due to light absorption by the host tissues. In addition, because of the additional autofluorescence, this method is used for postmortem identification of transplanted cells. Even in that case, the signal from GFP must be enhanced by the application of specific antibodies.

**β-galactosidase**

β-galactosidase is a hydrolase enzyme encoded by the LacZ gene of *Escherichia coli*, and has been applied to convert a colorless substrate, eg, Blue-gal or X-gal, into a blue reaction product. Various cells transfected with the LacZ gene or isolated from *LacZ*-transgenic rodents have been visualized histochemically after their infusion into the host. However, the β-gal gene as a label is problematic because many mammalian cells demonstrate endogenous β-gal activity. While there are reports about the difference between bacterial and mammalian β-gal activity, it has been challenging for LacZ gene users to overcome the recipient tissue background problem.

**Alkaline phosphatase**

Alkaline phosphatase (AP) is a hydrolytic enzyme (EC 3.1.3.1) that catalyzes the nonspecific transestrification of phosphoryl ester optimally in alkaline environment. In *E. coli* research, *AP* gene (*phoA*) is commonly used as a reporter gene fused with gene of interest. Its product is naturally secreted to culture medium and can be easily detected by colorimetric and luminescent methods. Moreover, it may work as sensor of subcellular localization of particular proteins. The research with murine AP injected into the tail vein of mouse shows that this enzyme causes no immunogenic responses, which is a huge advantage in in vivo studies. Currently secreted AP (SEAP) originating from human placenta is broadly used. The removal of some of amino acids from the carboxy end of this protein inhibits the secretion process, and AP protein is accumulated inside the cell. Furthermore, modified AP is stable at high temperature contrary to the endogenous expressing enzyme which is produced naturally by some cells. Due to this feature, the researchers can dispose of nonspecific background signal from endogenous AP. SEAP fused with continuously expressing protein was successfully used to identify postmortem the transplanted neural cells in central nervous system by immunohistochemistry and fluorescence-activated cell sorting. Moreover, this technique enables assessment of percentage of cells which survive in host body after transplantation (Table 2).

**Conclusion**

Cell therapy is a rapidly growing field of medicine. Cell imaging dramatically increases our understanding of the

### Table 2 Summary of existing techniques for postmortem identification of transplanted cells

| Light microscopy | Fluorescence |
|------------------|--------------|
| **Labels**       | **Recognition of specific biostructures** |
| Nuclear          | Visualized directly or indirectly by nonimmunological means |
| Cytoplasmatic    | Everything below can be detected by both light microscopy and fluorescence depending on the tag attached to the recognizing structure |
| Membraneous      | Endogenous: This technology uses species- or sex-specific epitopes |
| **Reporters**    | Nuclear: HuNu (species), Y chromosome (sex) |
| **Cytoplasmatic**| Cytoplasmatic: HuMi (species), hNSE (species) |
| Membraneous      | Membraneous: – |
| **Exogenous**    | Endogenous: Thymidine analogs: BrdU, EdU |
| Nuclear          | Cytoplasmatic: – |
| Cytoplasmatic    | Membraneous: – |

**Abbreviations:** DAPI, 4′,6-diamidino-2-phenylindole; CMFDA, 5-chloromethylfluorescein diacetate; CFSE, carboxyfluorescein succinimidyl ester; GFP, green fluorescent protein; AP, alkaline phosphatase; BrdU, 5-bromo-2′-deoxyuridine; EdU, 5-ethynyl-2′-deoxyuridine.

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therapeutic effects. There are a variety of options to visualize transplanted cells, with a major division into premortem (in vivo) and postmortem (ex vivo) techniques (Figure 5). Noninvasive, premortem techniques that permit evaluation of the efficiency of transplantation and the migration of transplanted cells are essential for animal model studies and human clinical therapeutic approaches. Postmortem techniques allow to see the transplanted cells within the context of surrounding tissue in detail due to the possibility of imaging at high magnification. Driven by the urgent need, there has been continuous progress in cell labeling approaches, which we have presented in our review. This progress includes novel nucleotide analogs for postmortem stem cell identification, such as EdU; novel MRI reporter genes, such as MagA; novel MR contrast techniques, such as CEST; as well as entirely novel methods such as optoacoustic imaging. The breadth of options allows for fitting the cell labeling and detection methods to the specific needs of particular applications on the preclinical and clinical level, which will allow for a more comprehensive application of regenerative medicine.

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Figure 5 The summary of pre- and postmortem labeling and identification techniques described in detail in text.

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Abbreviations: PET, positron emission tomography; BLI, bioluminescent imaging; MRI, magnetic resonance imaging; HSV1-TK, herpes simplex virus type-I thymidine kinase; LRP, lysine-rich protein; MR, magnetic resonance; EdU, 5-ethynyl-2-deoxyuridine; FISH, fluorescence in situ hybridization; GFP, green fluorescent protein; DAPI, 4′,6-diamidino-2-phenylindole; BrdU, 5-bromo-2′-deoxyuridine.
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Disclosure
The authors report no conflicts of interest in this work.

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