Primary small intestinal extranodal NK/T cell lymphoma, nasal type with kidney involvement: a rare case report and literature review

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Abstract

**Background** Extranodal NK/T cell lymphoma, nasal type (EN-NK/T-NT) is a rare and aggressive type of non-Hodgkin's lymphoma. EN-NK/T-NT seldom occurs in the gastrointestinal tract, and renal involvement is relatively rare.

**Case presentation** Here we report a case of primary small intestinal EN-NK/T-NT with kidney involvement. We present the case of a 71-year-old female who was admitted to our hospital for coronary heart disease with a fever of unknown origin. Laboratory examination showed renal impairment and PET/CT showed a locally thickened wall of the small intestine, abnormally increased FDG metabolism in the right lower abdomen, and multiple slightly high-density masses with abnormal increased FDG metabolism in the right kidney. The gross specimen showed a grayish-white lump located in the ileum approximately 15 cm away from the ileocecum, and two grayish-white lumps located in the upper and lower poles of the right kidney, respectively. The pathological diagnosis was EN-NK/T-NT. The patient died approximately 10 months after the operation.

**Conclusion** EN-NK/T-NT is a rare type of non-Hodgkin's lymphoma and may develop insidiously, with fever as the only clinical manifestation. The disease was found to be difficult to diagnose in the early stage, resulting in a highly aggressive clinical course and short survival time.

**Keywords** NK/T cell lymphoma, EN-NK/T-NT, ENKTL, Small intestine, Kidney, EBV

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Background
Extranodal NK/T cell lymphoma (ENKTL) is a specific non-Hodgkin's lymphoma, which is relatively rare in Western countries; however, it is the most common type of peripheral T-cell lymphoma in China. ENKTL mainly occurs extranodally, most commonly in the nasal cavity and nasopharynx, and seldom in the soft tissue, skin, gastrointestinal tract, and testis. ENKTL is generally believed to originate from NK cells or cytotoxic T cells [1] and is associated with Epstein-Barr virus (EBV) infection [2]. ENKTL also presents with complex molecular genetic changes and an aggressive clinical course.
Case presentation
Summary of case.
The patient was a 71-year-old woman with a history of hypertension, type 2 diabetes, and coronary heart disease. In recent months, she presented with chest distress in the precardiac region after activity, with recurrent attacks that were accompanied by tachypnea and hypodynamia. She presented with edema of both lower limbs over 1 day and was admitted to the hospital, where she had a fever of unknown origin after admission. The patient had abdominal distention, and no obvious nasal congestion, nasal hemorrhage, abdominal pain, and diarrhea symptoms.

Laboratory examination showed creatinine, urea and urinary microalbumin concentrations of 205.7 µmol/L, 17.2µmol/L, and 594 mg/L, respectively. In the urine, the red blood cell count was 20.6/µl and the white blood cell count was 211.0/µl. Other relevant examinations showed no obvious abnormalities.

Computed tomography (CT) showed a locally thickened wall of the small intestine in the right lower abdomen, blurred fat space around the lesions, and a nodular shadow in the right kidney.

Magnetic resonance imaging (MRI) showed an irregularly thickened local small intestine wall, which was intensified in the right lower abdomen (Fig. 1 A), and multiple hypersignal intensities in the right kidney (Fig. 1B), suggesting space-occupying lesions.

Positron emission tomography/computed tomography (PET/CT) showed multiple slightly high-density masses with abnormally increased fluorodeoxyglucose (FDG) metabolism in the right kidney, as well as a locally thickened small intestinal wall with abnormally increased FDG metabolism in the right lower abdomen. Malignant lesions should be considered.

The patient was treated with anti-hypertensive, hypoglycemic, oxygen, and anti-infection therapy, and then transferred to the surgical ward for operation. Intraoperative observation showed a mass was located in the ileum approximately 15 cm away from the ileocecal, infiltrated into the serosal membrane of the intestinal wall, and adhered to the ileum 35 cm away from the ileocecal, ulceration on the surface of the mass. The right kidney was cut open along the renal hilum, two grayish-white masses located in the upper and lower poles of the right kidney, respectively.

Pathological findings.
Grossly, a grayish-white mass, 2.8×1.6×1.5 cm in size, was located in the ileum approximately 15 cm away from the ileocecum. The mass showed surface ulceration formation, involving the full thickness of the ileum wall. One grayish-white mass was located in the upper pole of the right kidney, approximately 3.5×3.5×3.0 cm in size, which was well circumscribed with adjacent tissue. Another grayish-white mass was located in the lower pole of the right kidney, approximately 2.5×2.0×1.0 cm in size, and was formed as a well-circumscribed spheroid adjacent to the renal capsule.

Microscopically, the tumor cells were diffusely distributed, infiltrating the full-thickness of the intestinal wall (Fig. 2 A, 2B) and renal parenchyma, with obvious coagulation necrosis in some areas (Fig. 2D). The tumor cells were diverse in morphology, mainly small to medium-size cells, mixed with a few large cells. The nuclear morphology of the tumor cells was irregular with hyperchromatic nuclei, only sporadic small nucleoli, and visible nuclear fragmentation. The tumor cells invaded the blood vessels, and necrosis was found in the vascular wall (Fig. 2 C, 2E, 2 F). A few reactive inflammatory cells were observed in the surrounding area of the tumor.

Immunohistochemically, the staining results of tumor cells in the small intestine and kidney were consistent; the tumor cells were positive for CD3 (Fig. 3 A), CD56 (Fig. 3B), granzyme B (Fig. 3 C), TIA-1 (Fig. 3D),
and perforin (Fig. 3E), while negative for CD4, CD8, CD5, Desmin, CD34, CKpan, CD20 (Fig. 3 F), CD30, SMA, CD79α, and PAX8. The Ki-67 proliferation index reached up to 90% (Fig. 3G). In situ hybridization for EBER showed strong positivity in most of the tumor cells (Fig. 3 H). And Molecular analysis for T cell receptor (TCR) gene rearrangement showed there was no clonal rearrangement. Based on morphological features, immunohistochemical results, and molecular data, the case was diagnosed as extranodal NK/T cell lymphoma, nasal type (EN-NK/T-NT).

**Treatment and outcome.**

After two treatment courses of gemcitabine and oxaliplatin, the patient was discontinued due to intolerance and switched to toripalimab immunotherapy, followed by withdrawal due to lung infection, and improved infection after anti-inflammatory and hormone therapy. The patient developed intermittent low-grade fever, was generally unwell, and died approximately ten months after operation.

**Discussion and Conclusions.**

ENKTL mainly involves the nasal and nasopharynx, with clinical features including a stuffy nose and nasal hemorrhage, as tumors grow along the respiratory tract and spread to the paranasal sinus and palate. ENKTL seldom involves the skin, gastrointestinal tract, and testis, but there are reports of ENKTL involving the blood vessels, uterus, and adrenal gland [3–5]. Renal involvement is rarely reported. Lymph node involvement occurs in approximately 20% of cases [6], although primary lymph node involvement is rare. Disseminated ENKTL may involve multiple organs and present with the leukemia phase [7].

According to the cell of origin, ENKTL may be classified into T and NK cell subtypes, TCR genes are clonally rearranged in the T cell subtype but not in the NK cell subtype [1, 8]. Both express the cytotoxic proteins GrB, TIA-1, and Perforin. ENKTL may express CD20 infrequently; although co-expression of CD20 in T-cell lymphoma has been reported previously, the TCR rearrangement of these cases was negative, suggesting an NK cell origin. Nevertheless, the significance of CD20 expression remains unclear [9, 10].
An increasing number of studies have suggested that EBV plays an important role in the pathogenesis of ENKTL. EBV is a human gamma herpes double-stranded DNA virus that mainly infects B cells, as well as T cells, NK cells, and epithelial cells [11]. The EBV infection pattern includes proliferative infection and latent infection. At present, ENKTL is considered latency I or II, which corresponds to different expressions of Epstein-Barr Nuclear Antigen (EBNA) and latent membrane protein (LMP). EBV-encoded small RNA (EBER) in situ hybridization has shown that almost all ENKTL tumor cells are positive [12, 13]. Thus, it is important to diagnose ENKTL by detecting the expression of EBER.

ENKTL presents with complex molecular genetic changes, with deletion of 6Q21 being the most common chromosome change. The tumor suppressor genes associated with this change are PRDM1, PTPRK, HACE1, and FOXO3 [14]. Deletion, methylation or mutation of PRDM1 cause inactivation, resulting in changes in NK cell homeostasis [15, 16].

In collaboration with 22 clinical centers, Professor Zhao conducted a multiomics study on 128 samples of NK/T cell lymphoma and proposed three molecular subtypes:

![Immunohistochemical analysis](image)
Primary renal lymphoma often occurs in the unilateral kidney, or shows bilateral involvement, invading the adjacent tissue, including the perirenal fat, psoas major, pancreas, and small intestine [26]. Primary renal lymphoma is rare; when extranodal lymphoma presents as kidney involvement, it is regarded as secondary renal lymphoma [27]. ENKTL includes nasal and non-nasal. Nasal involvement is more common than non-nasal. In the diagnosis of extra-nasal tumors, the primary nasal with extra-nasal invasion should be excluded [28]. In this case, the patient had no definite symptoms of nasal involvement, and PET/CT also showed no space-occupying lesion in the nasopharynx. Therefore, we diagnosed it as primary small intestinal extranodal NK/T cell lymphoma, nasal type with kidney involvement.

Patients with EN-NK/T-NT have different prognoses. The overall 5-year survival rate of patients with limited lesions and good response to treatment is better, while most patients with tumor metastases have an overall survival rate of less than 1 year. Poor prognostic factors include high stage, high international prognostic index, bone involvement, and high levels of circulating EBV DNA [29, 30]. The detection of circulating EBV DNA can be used to monitor the disease [31].

We reported a rare case of primary small intestinal EN-NK/T-NT with kidney involvement. The patient had no obvious abdominal pain and diarrhea symptoms; the tumor was found on examination and had metastasized.

We concluded that ENKTL may develop insidiously, with fever as the only clinical manifestation. The disease was found to be difficult to diagnose in the early stage, resulting in a highly aggressive clinical course and short survival. With continuous in-depth study of ENKTL, several potential therapeutic targets have been identified, which could provide new clues for targeted therapy and improve prognosis.

Abbreviations

| Abbreviation | Definition |
|--------------|------------|
| CT           | computed tomography. |
| FDG          | fluorodeoxyglucose. |
| MRI          | magnetic resonance imaging. |
| PET/CT       | positron emission tomography/computed tomography. |
| ENKTL        | extranodal NK/T cell lymphoma. |
| EBV          | Epstein-Barr virus. |
| EBER         | EBV-encoded small RNA. |
| EN-NK/T-NT   | extranodal NK/T cell lymphoma, nasal type. |
| EBER-N       | Epstein-Barr Nuclear Antigen. |
| LMP          | latent membrane protein. |
| MEITL        | monomorphic epitheliotropic intestinal T-cell lymphoma. |
| TCR          | T cell receptor. |

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Author contributions
S.M. and C.D. designed the entire study. L.C. performed the clinical observation and data collection. S.M. and L.C. took responsibility for data analysis. S.M. drafted this manuscript and C.D. revised it. All the authors read and approved the final version of the manuscript for submission.

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Data Availability
All data and materials generated or analyzed during this study are included in this article.

Declarations

Ethics approval and consent to participate
The study was approved by the Medical Ethics Committee of Shanghai Pudong New Area People’s Hospital, China, and the Medical Ethics Committee granted an exempt from signing written informed consent. Because this study only reported a rare case, and was not an intervening trial and the follow-up was not involved, there was little risk for the patient in this study.

Consent for publication
The patient has died, and we have obtained the oral consent the relatives of the patient.

Competing interests
The authors declare that they have no competing interests.

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