The Effects of Hydrogen Distribution on the Elastic Properties and Hydrogen-Induced Hardening and Softening of α-Fe

Zheng Wang 1*, Xiaoming Shi 1, Xu-Sheng Yang 2,3, Zhuhong Liu 1, San-Qiang Shi 4 and Xingqiao Ma 1,*

1 Department of Physics, University of Science and Technology Beijing, Beijing 100083, China; tomwangsim@163.com (Z.W.); shiming_870@163.com (X.S.); zhliu@ustb.edu.cn (Z.L.)
2 Advanced Manufacturing Technology Research Centre, Department of Industrial and Systems Engineering, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong, China; xsyang@polyu.edu.hk
3 Hong Kong Polytechnic University Shenzhen Research Institute, Shenzhen 518057, China
4 Department of Mechanical Engineering, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong, China; san.qiang.shi@polyu.edu.hk
* Correspondence: xqma@sas.ustb.edu.cn

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Abstract: In this work, we conducted a high-throughput atomistic simulation of the interstitial solid solutions of hydrogen in α-Fe. The elastic constants and moduli were calculated. Through statistical analysis of structures and results, the influences of the microscopic distribution of hydrogen on the elastic moduli, as well as hydrogen-induced hardening and softening, are discussed. We found that even though the uniformly distributed hydrogen caused slight softening in α-Fe, the distribution of hydrogen at different adjacent positions significantly affected the elastic moduli. For example, hydrogen increased the Young’s modulus and shear modulus at the 5th and 10th nearest neighbors, resulting in hardening, but decreased the bulk modulus at the 7th nearest neighbor, making the material easier to compress. These phenomena are related to the distribution densities of the positions that hydrogen atoms can occupy on the two major slip families, {110} and {112}, at different nearest neighbors distinguished by distances.

Keywords: hardening and softening; α-Fe; hydrogen distribution; atomistic simulation

1. Introduction

In the manufacturing or service life of structural materials, such as iron and steel, a small number of hydrogen atoms dissolved in the matrix will change the structures even under extremely low loads, seriously reducing the mechanical properties and causing sudden failures and fractures, which are known as hydrogen embrittlement (HE) [1–4]. HE affects the strength of materials and is related to the interactions between hydrogen and dislocations. The hydrogen-enhanced decohesion (HEDE) mechanism suggests that the accumulated hydrogen atoms under stress will reduce the lattice strength or surface binding [3,5,6]. According to the hydrogen-enhanced local plasticity (HELP) mechanism, hydrogen promotes the emission, multiplication, and motion of dislocations, which cause the localization of shears and slips, suppress the cross slips and promote planarity of the shears and slips, thus causing HE [2,7–9].

Hydrogen has a complex effect on the strength of materials. In the bulk of pure iron and ferroalloys, both softening and hardening can be caused when hydrogen is uniformly distributed, which is generally considered to be determined by the interaction between hydrogen and dislocations. For example, if hydrogen decreases the elastic shielding effect on dislocations [10], pinning the screw...
dislocation kinks [11–14], this will lead to hardening. If hydrogen increases the elastic shielding effect on dislocations [10], increasing the mobility of dislocations [10,13–17], or prompting the nucleation or separation of the kinks of dislocations [12,14], this will cause softening. This effect varies with temperatures [11,18,19], hydrogen concentrations (\(c_H\)) [19–21], sample purities [22,23], strain rates [10,15,24], hydrogen-charging methods [21], and even surface conditions [25,26].

However, softening can also occur due to the decrease of lattice flow stress [26] and Young’s modulus [16,17], and first-principle calculations demonstrated that pure iron softens due to volume expansion at large \(c_H\) [27]. As the unstable stacking fault energies (\(\gamma_{us}\)) of the two major slip systems \{110\}<111> and \{112\}<111> in \(\alpha\)-Fe single crystals have different trends and vary greatly with \(c_H\) [28], the microscopic distribution of hydrogen may also affect the elastic moduli and the behaviors of dislocations. It is difficult to keep the ideal uniform distribution of hydrogen when HE occurs, and studies have indicated that hardening and softening can occur locally [13,14,20]. Therefore, it is helpful to understand the HE of iron and steel by studying the hardening and softening of \(\alpha\)-Fe caused by the hydrogen distributions.

The difficulty of detecting hydrogen atoms in materials in experiments [1] led to the extensive use of atomistic simulations, such as the studies of hydrogen-induced hardening and softening [27], the interactions of hydrogen and screw dislocations [14], and the interactions of dislocations and HE [28–30]. With the development of statistics, it has become possible to process large amounts of data for high-throughput atomistic simulations, and such technologies have been applied in new materials discoveries, the synthesis of compounds, and phase transformation studies [31–33]. Previously, we also combined atomistic simulations with statistics to study the connections between the microscopic distribution of hydrogen in \(\alpha\)-Fe single crystals and HE [34]. In this work, we performed clustering after calculating the elastic constants and moduli of the interstitial solid solutions of hydrogen in \(\alpha\)-Fe under different \(c_H\) using atomistic simulations, and we discuss the hardening and softening induced by the microscopic distribution of hydrogen with structural analysis.

2. Calculation Methods

2.1. Elastic Constants

In this work, by using the large-scale atomic/molecular massively parallel simulator (LAMMPS) [35], we performed the molecular statics (MS) and molecular dynamics (MD) simulations for structural relaxations and the calculations of the elastic constant tensor \(C\). The Fe–Fe interaction is described by the embedded atom method (EAM) potential developed by Mendelev [36], and the Fe–H interaction is fitted by Ramasubramaniam et al. [37]. \(C\) is defined by Hooke’s law:

\[
\sigma = C \varepsilon
\]

where \(\sigma\) and \(\varepsilon\) are the stress and strain tensors, respectively. Each component of \(\sigma\) is calculated according to the following formula [38]:

\[
\sigma_{ij} = -\frac{1}{V} \left( \sum_{a} m_{a} v_{a,i} v_{a,j} + \sum_{a} r_{a,i} f_{a,j} \right)
\]

\(V\) is the volume; \(f_{a}\) is the force applied to atom \(a\) by other atoms. Respectively, \(m_{a}\), \(v_{a}\), and \(r_{a}\) are the mass, velocity, and position vector of atom \(a\). Different orientations are denoted by \(i, j\); \(N\) is the total number of atoms in the system; and \(N'\) is the number considering the periodic image atoms.

For cubic structures, \(C\) has only three independent components: \(C_{11}\), \(C_{12}\), and \(C_{44}\). If a deformation is applied to a single direction, it satisfies:

\[
C_{ij} = \sigma_{i}/\varepsilon_{j}
\]
where $i, j = 1, 2, 4$, which, respectively, represent the stretching along the $x, y$ axis, and the angle change between the $y, z$ directions. In this work, $\epsilon_i = 0.00001$; for accuracy, we rotate the $x, y, z$ axes, and then average the results when calculating $C_{ij}$.

The influence of interstitial hydrogen atoms on the elastic parameters is often decomposed into a linear combination of various factors. For example, Psachos et al. considered the elastic parameters of $\alpha$-Fe single crystals under high $\varepsilon_x$ as effects of the chemical interactions and volume expansion [27]. Zhang et al. decomposed the increase of the Young’s modulus under hydrogen-charging conditions into the hydrogen-induced changes in cohesion energy and the effect of stresses [39]. Similarly to them, we write the elastic constant $C_{ij}$ of the structure $q$ as follows:

$$C_{ij}^q(c_H) = \langle C_{ij}(c_H) \rangle + \Delta C_{ij}^{\text{dis}}(c_H) + \Delta C_{ij}^{\text{def}}(c_H, c_{\text{def}})$$

$$= C_{ij}(0) + \Delta C_{ij}^{\text{coh}}(c_H) + \Delta C_{ij}^{\text{vol}}(\Delta V(c_H))$$

$$+ \Delta C_{ij}^{\text{dis}}(c_H) + \Delta C_{ij}^{\text{def}}(c_H, c_{\text{def}})$$

in which $p$ is the structure number. $\langle C_{ij}(c_H) \rangle$ is the average value of $C_{ij}$ for all structures with hydrogen concentration of $c_H$, representing the elastic constant of the solid solution of hydrogen perfectly uniformly distributed in $\alpha$-Fe. It is decomposed into the elastic constant $C_{ij}(0)$ of pure $\alpha$-Fe single crystal; the change $\Delta C_{ij}^{\text{coh}}(c_H)$ caused by the cohesion of iron and hydrogen; and the change $\Delta C_{ij}^{\text{vol}}(\Delta V(c_H))$ caused by the volume change of $\Delta V(c_H)$.

$\Delta C_{ij}^{\text{dis}}(c_H)$ is the deviation of the elastic constant of structure $q$ from the average result, which is caused by the deviation of hydrogen from the ideal uniform distribution in microscopic distribution. $\Delta C_{ij}^{\text{def}}(c_H, c_{\text{def}})$ is the change in elastic constant caused by the concentration of other defects ($c_{\text{def}}$) except for the interstitial hydrogen atoms.

In this work, as $\Delta C_{ij}^{\text{def}}(c_H, c_{\text{def}})$ is not considered for the time being, Equation (4) can be simplified as:

$$C_{ij}^q(c_H) = \langle C_{ij}(c_H) \rangle + \Delta C_{ij}^{\text{dis}}(c_H)$$

$$= C_{ij}(0) + \Delta C_{ij}^{\text{coh}}(c_H) + \Delta C_{ij}^{\text{vol}}(\Delta V(c_H)) + \Delta C_{ij}^{\text{dis}}(c_H)$$

where $C_{ij}(0)$ is calculated by using MS according to Equation (3), and its structure is established by periodically stacking the unit cells of $\alpha$-Fe along the three axes 52 times each, with a total of 281216 iron atoms. The cell lattice constant is 2.85573Å. $C_{ij}^q(c_H)$, which is calculated using a similar method, but with randomly inserted hydrogen atoms (with concentrations of $c_H \in [0.0002, 0.01]$) in the sites of the tetrahedral interstitials (Tet-sites) using the Knuth-shuffle algorithm [40] after stacking the super cell when making structures.

The changes of volume and its influences on the elasticity of $\alpha$-Fe can be connected by temperatures, as the variations of volume with temperature (T) (expressed as $\Delta V(T) = V(T) - V(0)$) can be calculated by relaxing the structures under different temperatures in the isothermal–isobaric (NPT, N, P, and T denote the given particle number, pressure, and temperature, respectively) ensemble [41,42]. Each structure consists of $\alpha$-Fe unit cells stacked for 10 cycles along the three axes, and a total of 2000 iron atoms. With the time step $t_s = 0.1 \text{ fs}$, the equilibrium structure $S_e$ and the system volume $V(T)$ were obtained after running 50,000 steps at each temperature $T$. We use Equation (6) to fit the results:

$$\Delta V(T) = y_1 + b_1 e^{-T/b_2}$$

where $y_1, b_1$, and $b_2$ are the parameters to be determined.

The elastic constants at finite temperatures were obtained using the fluctuation method. Using $S_e$ as the initial structure, when $T$ is not too high, there is [43]:

$$C_{ijkl}(T) = \langle \varepsilon_{ij}\sigma_{mn}\rangle(\varepsilon_{mn}\varepsilon_{kl})^{-1}$$

where $\varepsilon_{ij}, \sigma_{mn}$, and $\text{ijkl}$ are the parameters to be determined.
where \( i, j, k, l, m, n = 1, 2, 3 \). Given strain \( \varepsilon_j \), Equation (7) is simplified as follows for the body-centered cubic (bcc) structures:

\[
C_{ij}(T) = \langle a_j \rangle / \varepsilon_j 
\] (8)

where \( i, j = 1, 2, 4 \). Accordingly, \( C_{ij}(T) \) can be calculated in the \( NhT \) ensemble \( (N, h, T) \) denote the given particle number, scale matrix, and temperature, respectively) [44]. In this work, let \( t_s = 0.1 \, \text{fs}, \, T \in [3, 500] \, \text{K}, \, S_6 \) is relaxed under the \( NhT \) ensemble [41,42] for 10,000 steps, and strain \( \varepsilon_j = 0.01 \) is applied in each direction. After each strain was applied, 3000 steps were run under the \( NhT \) ensemble.

The variations of \( C_{ij} \) with temperature \( T \) was fitted by Equation (9):

\[
\Delta C_{ij}^{\text{en}}(T) = C_{ij}(T) - C_{ij}(0) = y_2^{ij} + b_3^{ij} e^{-T/b_4^{ij}} 
\] (9)

where \( y_2^{ij}, \, b_3^{ij}, \, \text{and} \, b_4^{ij} \) are the undetermined parameters. Substituting them to Equation (6), we obtain:

\[
\Delta C_{ij}^{\text{cool}}(\Delta V) = y_2^{ij} + b_3^{ij} \left( \frac{\Delta V}{b_1} \right)^{b_2^{ij}/b_4^{ij}} 
\] (10)

Averaging the results of many structures under the same \( c_H \) eliminates \( \Delta C_{ij}^{\text{dis}(c_H)} \); thus, the \( \Delta C_{ij}^{\text{coh}}(c_H) \) can be calculated from Equation (11):

\[
\Delta C_{ij}^{\text{coh}}(c_H) = \frac{1}{N} \sum_{p=1}^{N} \left( C_{ij}^p(c_H) - C_{ij}(0) - \Delta C_{ij}^{\text{cool}}(\Delta V^p) \right) 
\] (11)

where \( N \) is the total number of structures and \( \Delta V^p \) is the equilibrium volume of structure \( p \).

First-principle calculations show that, for maintaining structural stability, the space between hydrogen atoms in the equilibrium structure of iron should be greater than 2.1 Å [45], or greater than the fourth-nearest neighbor (4NN) distance between the Tet-sites that can be occupied by hydrogen atoms [27]. Therefore, we generated hundreds of structures under each \( c_H \) for relaxation and screening, so that the number of calculated structures at each \( c_H \) was no less than 50. At \( c_H = 0.8\% \) we obtained 101 structures, which was the most of all \( c_H \).

2.2. Hardening and Softening Due to Hydrogen Microscopic Distribution

According to the Voigt–Reuss–Hill polycrystalline approximation, Young’s modulus \( E \), the bulk modulus \( B \), and shear modulus \( G \) can be obtained from \( C_{ij} \) [46]

\[
E = \frac{(C_{11}+C_{12}+3C_{11})(C_{11}+2C_{12})}{2C_{11}+3C_{12}+C_{44}} \\
B = \frac{1}{2}(C_{11}+2C_{12}) \\
G = \frac{1}{2}(C_{11}+3C_{44}-C_{12}) 
\] (12)

They can reflect the strength, stiffness, and hardness of materials [27]. Denoting these moduli as \( M \), the following results can be obtained:

\[
\Delta M^{\text{en}}(\Delta V) = M \left( C(0) + \Delta C^{\text{cool}}(\Delta V(c_H)) \right) - M(C(0)) \\
\Delta M^{\text{coh}}(c_H) = \frac{1}{N} \sum_{p=1}^{N} \left( M(C_{ij}^p(c_H)) - M \left( C(0) + \Delta C^{\text{cool}}(\Delta V(c_H)) \right) \right) 
\] (13)

\[
\Delta M^{\text{dis}(c_H)} = M \left( C^{\text{coh}}(c_H) \right) - M \left( C(0) + \Delta C^{\text{cool}}(\Delta V(c_H)) \right) - \Delta M^{\text{coh}}(c_H) 
\]

These represent the elastic moduli of different \( c_H \), as well as the influence of volume change, the cohesion of Fe-H, and the microscopic distribution of hydrogen on the elastic moduli, respectively.

\[ \text{Appl. Sci. 2020, 10, 8958} \]
As the strength of metals are related to $E$ and $G$, and the compressibility is related to $B$, we used $\Delta E_{\text{dis,q}}$ and $\Delta G_{\text{dis,q}}$ to discuss the hardening and softening caused by the microscopic hydrogen distribution, and $\Delta B_{\text{dis,q}}$ to discuss the influences on compression. In the following, we write $\Delta E_{\text{dis,q}}$, $\Delta G_{\text{dis,q}}$, and $\Delta B_{\text{dis,q}}$ as $\Delta E_{\text{dis}}$, $\Delta G_{\text{dis}}$, and $\Delta B_{\text{dis}}$, respectively.

We used the mean-shift algorithm [47] provided by the machine learning library scikit-learn [48] to perform clustering on $\Delta E_{\text{dis,q}}$, $\Delta G_{\text{dis,q}}$, and $\Delta B_{\text{dis,q}}$ at $c_H = 0.8\%$, using the distance between data points as the clustering criterion. Then, we calculated the partial pair-correlation function (PCF) between hydrogen atoms in each structure according to Equation (14) [49]:

$$g(r) = \frac{1}{\rho_H N_H} \left( \sum_{i \neq j} \delta(r - |R_i - R_j|) \right)$$

where $\rho_H$ and $N_H$ are the average atomic density and the number of hydrogen atoms respectively, and $R_i$, $R_j$ are the position vectors. The average result of the $g(r)$ of different structures in each group according to the clustering results is obtained as $\overline{g}(r)$, based on which the distributions of hydrogen atoms inducing hardening or softening in distances can be found, and then the related slip planes can be discussed. The crystal structures in the article were drawn with the visualization software VESTA [50].

### 3. Results and Discussion

The EAM potential [36,37] used in this work is widely used when simulating the HE of $\alpha$-Fe single crystals [28,34,51] and is also suitable for elasticity and thermal expansion problems [52]. As shown in Table 1, we calculated that the elastic constants and moduli of $\alpha$-Fe single crystals were also very close to the experimental results.

**Table 1. The elastic constants and moduli of $\alpha$-Fe.**

| Data Source   | Elastic Constants (GPa) | Elastic Moduli (GPa) |
|---------------|-------------------------|----------------------|
|               | $C_{11}$ | $C_{12}$ | $C_{44}$ | $E$    | $B$    | $G$    |
| This work     | 247.13  | 146.47  | 116.75  | 231.83 | 180.02 | 90.18  |
| Experiment [53]| 239.55  | 135.75  | 120.75  | 236.50 | 170.35 | 93.21  |

After calculating the elastic constants of $\alpha$-Fe single crystal at $T \in [0, 500]$ K using the fluctuation method [44], by fitting Equations (6) and (9), we obtained the following parameters, listed in Table 2:

**Table 2. Fitted parameters for the relationships of the elastic constants and the changes of temperatures and volumes.**

| Parameter     | Result       | Parameter     | Result       | Parameter     | Result       |
|---------------|--------------|---------------|--------------|---------------|--------------|
| $y_1$ (Å³/atom) | -0.03212     | $b_1$ (Å³/atom) | 0.03199      | $b_2$ (K)    | -286.533     |
| $y_{11}$ (GPa) | -121.484     | $b_{11}$ (GPa) | 118.488      | $b_{11}$ (K) | 1085.129     |
| $y_{12}$ (GPa) | -45.014      | $b_{12}$ (GPa) | 45.113       | $b_{12}$ (K) | 250.363      |
| $y_{24}$ (GPa) | -44.799      | $b_{24}$ (GPa) | 45.431       | $b_{24}$ (K) | 253.642      |

Figure 1 was obtained from Equations (9) and (10). $C_{11}$, $C_{12}$, and $C_{44}$ all decreased with the temperature increase and volume expansion, and their changing trend is basically in accordance with previous studies [52,53].
Figure 1. Elastic constants of α-Fe, influenced by (a) the temperatures, and (b) the changes of volumes.

Figure 2 shows the changes of the elastic constants $C_{ij}$ with $c_H$. $C_{ij}^{\text{vol}}$ and $C_{ij}^{\text{coh}}$ are defined as follows:

$$
C_{ij}^{\text{vol}}(c_H) = C_{ij}(0) + \Delta C_{ij}^{\text{vol}}(\Delta V(c_H)) \\
C_{ij}^{\text{coh}}(c_H) = C_{ij}(0) + \Delta C_{ij}^{\text{coh}}(\Delta V(c_H))
$$

From Figure 2, if the $c_H$ increases, $\Delta C_{ij}^{\text{vol}}$ always decreases, while $\Delta C_{ij}^{\text{coh}}$ continues increasing, and their total effect reflected by $\langle C_{ij}^p \rangle$ is slightly reduced, which is consistent with the first-principle calculation results [27].

Figure 3 shows the effect of the $c_H$ on the elastic moduli. It can be seen from Figure 3a that for E, B, or G, as $c_H$ increases, $\Delta M^{\text{coh}}$ always increases, while $\Delta M^{\text{vol}}$ always decreases. Their common result is a slight decrease, and the reduction of E is more obvious. This indicates that when hydrogen is ideally uniformly distributed in α-Fe single crystals, the chemical bonding process causes hardening, the volume expansion causes softening, and the overall result is light-softening, which is also consistent with the first-principle calculations [27]. In this work, the $c_H$ was significantly lower than the first-principle calculations but still higher than the general experimental conditions, and the observed
softening was still very slight, which may be the reason why the change of E in the experiment was not easily detected [39].

Figure 3. Solute hydrogen atom effects on the elastic moduli of the α-Fe single crystal. (a) Averaged elastic moduli changes. This shows that Young’s modulus E, the bulk modulus B, and shear modulus G were all slightly decreased by the hydrogen solution, which is a combination of the decrease by volume and the increasing by cohesion. (b) The hydrogen distribution influences on the moduli in each structure, which indicates that the slight differences in the microscopic distribution of hydrogen atoms might cause different effects from the averaged results.

Figure 3b shows that the microscopic distribution of hydrogen caused the elastic moduli deviations and the average results. Although all the structures had a uniform distribution of hydrogen atoms randomly arranged, when \( c_H > 0.2\% \), the differences in the microscopic distribution still led to significant changes in the results. Combined with Table 1, these differences can reach up to 15\% and increase with the \( c_H \). Such significant changes caused by the deviations of hydrogen atoms from uniform distribution conditions are likely to occur during HE and other processes and significantly impact the material service security.

According to the interstitial hydrogen atom spacing condition in iron [27,45], the relaxed structures were screened. When \( c_H = 0.8\% \), there are enough hydrogen atoms in the system for statistics and comparison, the structures that meet the conditions are the most present (101 groups in total), and the elastic moduli of each structure are significantly different at this concentration. Thus, we selected them for the clustering calculation. Clustering algorithms are increasingly used in materials science and condensed matter physics research for complex data [32,54,55].

In this work, we used the mean-shift algorithm [47], which does not require manually setting the clustering centers and the number of classifications and can handle arbitrary shapes of data distributions. We established a coordinate system \( S \), with \( \Delta E^{\text{dis}}, \Delta G^{\text{dis}}, \) and \( \Delta B^{\text{dis}} \) as the values on the \( x, y, \) and \( z \) axes, and the values of the structure \( q \) as the coordinates of the point \( M_q \). All points were clustered, and the results were projected to the \( \Delta E^{\text{dis}}-\Delta G^{\text{dis}} \) and \( \Delta E^{\text{dis}}-\Delta B^{\text{dis}} \) planes, as shown in Figure 4a,b. It can be seen from Figure 4a that \( \Delta E^{\text{dis}} \) was proportional to \( \Delta G^{\text{dis}} \), the proportional coefficient \( R = 2.2 \), and there were obvious gaps between different groups.

The \( \Delta E^{\text{dis}} \) and \( \Delta G^{\text{dis}} \) in the second, third, and fourth groups were less than 0. The elastic moduli of the structures in these groups were lower than the average results when \( c_H = 0.8\% \), and more obvious softening occurred; correspondingly, the 1, 5, 6, and 7 groups had obvious hardening. It can be seen from Figure 4b that the number of structures in group 0 was the most, and the \( \Delta E^{\text{dis}} \) and \( \Delta G^{\text{dis}} \) of these structures were also the closest to 0, indicating that the microscopic distribution of hydrogen atoms in most randomly generated structures deviated little from the ideal uniform distribution. In addition, there was no linear relationship between \( \Delta E^{\text{dis}} \) and \( \Delta B^{\text{dis}} \).
We set the peaks at the 5th nearest neighbor (5NN) and the 10th nearest neighbor (10NN) between hydrogen and hydrogen increased E and G, thus inducing hardening.

Figure 4. Mean-shift clustering for the differences of the elastic moduli in generated structures. (a) The projection of points in the S system and the clustering results on the \( \Delta E_{\text{dis}}-\Delta G_{\text{dis}} \) plane, which shows the linear correlation of \( \Delta E_{\text{dis}} \) and \( \Delta G_{\text{dis}} \). (b) The projection of points in the S system and the clustering results on the \( \Delta E_{\text{dis}}-\Delta B_{\text{dis}} \) plane, which shows that group 0 contained the most structures, and that there was no linear relationship of \( \Delta E_{\text{dis}} \) and \( \Delta B_{\text{dis}} \).

We calculated \( g(r) \) for each structure according to Equation (14), and then averaged it for groups 2, 3, and 4, group 0, and groups 1, 5, 6, and 7, respectively, to obtain \( \overline{g}(r) \). As shown in Figure 5, the peaks at the 5th nearest neighbor (5NN) and the 10th nearest neighbor (10NN) between hydrogen atoms were clearly related to \( \Delta E_{\text{dis}} \) and \( \Delta G_{\text{dis}} \). The values of the three groups of \( \overline{g}(r) \) obtained at 5NN, were 3.434, 4.226, and 4.568, and, at 10NN were 2.023, 2.105, and 2.659, all of which increased gradually. This indicates that the increase of \( c_{\text{H}} \) at positions 5NN (s<sup>5NN</sup>) and 10NN (s<sup>10NN</sup>) between hydrogen and hydrogen increased E and G, thus inducing hardening.

A two-dimensional coordinate system \( S' \) can be established by making a transformation as Equation (16) for the moduli \( \Delta M_{\text{dis}} \):

\[
\Delta M_{\text{dis}} = \Delta E_{\text{dis}} \cdot \sin(\theta) + \Delta G_{\text{dis}} \cdot \cos(\theta) \\
\theta = 180°(1 - \cos(R)/\pi)
\]

We set \( \Delta M_{\text{dis}}^{\text{EG}} \) and \( \Delta B_{\text{dis}}^{\text{dis}} \) as the values on the x and y axes, clustering the transformed points, and \( \overline{g}(r) \) could then be calculated. Ignoring groups 4, 6, and 7 with too few structures, the results are shown in Figure 6. Figure 6a shows that \( \Delta M_{\text{dis}}^{\text{EG}} \) was proportional to \( \Delta B_{\text{dis}}^{\text{dis}} \) with a ratio of \( R' = 0.076 \). From Figure 6b,
We obtained the area density of the hydrogen-occupied positions on the crystal face, which is decided by the crystal index \((hkl)\). Dividing the number of these sites by the area of the crystal face determined by \((hkl)\) of the \(n\)NN spherical shell, we obtained the areal densities \(\rho\) of the \(n\)NN spherical shell. 

Figure 6. Clustering and averaged partial PCF analysis for the hydrogen distribution effects on \(\Delta B^{\text{dis}}\). (a) Mean-shift clustering for \(\Delta B^{\text{dis}}\) with an x-axis of \(\Delta M_{\langle EG\rangle}^{\text{dis}}\) transformed using Equation (16). (b) The averaged partial PCF \(g(r)\) for structures in clustered groups. \(\Delta B^{\text{dis}}\) decreased with the hydrogen atoms distributed in the 7NN.

Most mechanical properties of metallic materials are generally influenced by shears and slips; however, what we observed was that E, B, and G were affected by the distribution of the amount of hydrogen atoms occupied at 5NN, 7NN, and 10NN in \(\alpha\)-Fe, which is also likely related to the effects of hydrogen and slip systems. For this reason, we analyzed the relationship between the Tet-sites that can be occupied by hydrogen atoms and the specific crystal faces. As shown in Figure 7a, if any Tet-site is selected as the reference position \(Z\), the Tet-sites on its neighbors are distributed on concentric spherical shells, and the radius of the \(n\)th spherical shell is the distance between one of its \(n\) nearest neighbor (nNN) sites and \(Z\).

We cut any spherical shell with a crystal plane with an index of (hkl). If the number of Tet-sites on the cross-section was greater than or equal to three, then we say that they fell on the crystal plane with index (hkl). Dividing the number of these sites by the area of the crystal face determined by them, we obtained the area density of the hydrogen-occupied positions on the crystal face, which is decided by the crystal index (hkl). This means that at the same \(c_{H}\), if hydrogen is more distributed in a certain spherical shell, this may affect the difficulties of shears and slips of different crystal planes and cause different effects. Since the crystal faces in the \([hkl]\) family are equivalent by the symmetry of the lattice of \(\alpha\)-Fe, the effect of hydrogen on elastic moduli of \([hkl]\) should be the same on \(\rho\). We considered all (hkl) crystal planes in the \([hkl]\) family when calculating \(\rho_{[hkl]}\) of the nNN spherical shell.

As the major slip planes of \(\alpha\)-Fe belong to the \{110\} and \{112\} families [56], we calculated the areal densities \(\rho_{[110]}\) and \(\rho_{[112]}\) of Tet-sites on planes at different NN locations. As shown in Figure 7b, there were more NNs where \(\rho_{[110]} \neq 0\) than \(\rho_{[112]} \neq 0\), and \(\rho_{[110]} > \rho_{[112]}\) in most NNs. The rise of \(c_{H}\) caused \(\gamma_{\text{us}}\) of the \{112\}<111> slip system to rise and that of the \{110\}<111> slip system to fall [28], that is, to inhibit the slips of the \{112\} planes and promote the slips of the \{110\} planes. Therefore, at most NNs, \(\rho_{[110]} > \rho_{[112]}\) is clearly beneficial to the occurrence of shears and slips when \(c_{H}\) rises. This is the reason why the uniformly distributed hydrogen generally induces softening in \(\alpha\)-Fe.
At the same time, \( \rho_{[112]} \) was the greatest at 10NN and was significantly larger than \( \rho_{[110]} \); therefore, an increment of occupied hydrogen atoms at this position will inhibit shears and slips, which can increase E and G, and cause hardening. Figure 7b shows that \( \rho_{[112]} \) at 7NN is second only to 10NN but is still smaller than \( \rho_{[110]} \). This indicates that the increase of hydrogen on 7NN will affect the elastic properties, but without inducing hardening. At 13NN, 14NN, and 27NN, \( \rho_{[112]} \) and \( \rho_{[110]} \) are very close, and their effects on shears and slips may cancel each other out.

It can be seen from Figure 5 that the hydrogen occupancy of 5NN also significantly promoted E and G, and Figure 6 shows that hydrogen occupancy of 7NN significantly inhibited B; thus, we analyzed the planes that 5NN and other nearby neighbors jointly affect, and the effect of \( s_{7\text{NN}} \) planes. The positions of 5NN and 6NN (denoted as \( s_{5\text{NN}-6\text{NN}} \) jointly determined the \{112\} planes, while considering the positions of 5NN and 10NN (denoted as \( s_{5\text{NN}-10\text{NN}} \)) increased \( \rho_{[110]} \). And the geometric structure of the densest planes (DPs) of \( s_{7\text{NN}} \) may be the reason why it affects B.

Figure 8a, c, e shows the positions of \( s_{5\text{NN}-6\text{NN}} \), \( s_{5\text{NN}-10\text{NN}} \), and \( s_{7\text{NN}} \) in the lattice of \( \alpha\)-Fe, and the DPs determined by them. The DPs determined by \( s_{5\text{NN}-6\text{NN}} \) belong to the \{210\} and \{531\} planes, which are colored by green and pink, respectively, in Figure 8a, and they are located on both sides of Z. There are only two DPs of \( s_{5\text{NN}-10\text{NN}} \), belonging to the \{100\} family, and they are perpendicular to each other, and are colored by green and pink respectively in Figure 8c; The DPs of \( s_{7\text{NN}} \) contain two different sets of \{120\} (blue and pink respectively) and one set of \{100\} faces (green). The details of these DPs are listed in Table 3.
0.4028 sites/Å², that is, the increase of hydrogen atoms on 5NN will significantly increase the amount of hydrogen atoms on {112} planes, which will bring greater resistance to shears and slips and weaken the softening effect.

From Figure 8d, the addition of s 5NN will also increase the \( \rho_{\{110\}} \) of the type III {110} planes determined by s 10NN, which will enhance the shears and slips. However, although the total \( \rho_{\{110\}} = 0.2637 \) sites/Å² determined by s5NN-10NN is higher than the original \( \rho_{\{110\}} = 0.2372 \) sites/Å² determined by s10NN, it is still less than the areal density of \( \rho_{\{112\}} = 0.2772 \) sites/Å² of {112} planes, that is, the occupation of s5NN by hydrogen atoms will not eliminate the possibility of hardening caused by occupation of s10NN. Therefore, hydrogen can weaken the softening effect of 6NN by occupying the 5NN positions, and can achieve hardening by occupying the 10NN positions.

| Plane Family | s5NN-6NN | s5NN-10NN | s7NN |
|--------------|----------|-----------|-------|
| Type I       |          |           |       |
| Mark by Sites|          |           |       |
| Family       |          |           |       |
| Density      | 0.5122   | 0.5163    | 0.531 |
| Mark by Sites|          |           |       |
| Plane        |          |           |       |
| Family       |          |           |       |
| Density      | 0.4845   | 0.4704    | 0.465 |
| Mark by Sites|          |           |       |

**Figure 8.** A selected reference site Z, its 5NN, 6NN, 10NN, and 7NN positions, and the planes decided by them in the \( \alpha \)-Fe single crystal. (a) The 5NN and 6NN positions of Z (s⁵NN-6NN) and the maximum density planes of them. (b) Two types of \( \{110\} \) and one type of \( \{112\} \) plane decided by s⁵NN-6NN. (c) The 5NN and 10NN positions of Z (s⁵NN-10NN) and the maximum density planes of them. (d) Three types of \( \{110\} \) and one type of \( \{112\} \) plane decided by s⁵NN-10NN. (e) The 7NN positions of Z (s⁷NN) and the maximum density planes of them. (f) Two types of \( \{110\} \) and three types of \( \{112\} \) planes decided by s⁷NN, in which the type I and II planes of \( \{110\} \) are parallel but with different shapes.
Table 3. The densest planes (DPs) of \(s_{5\text{NN}-6\text{NN}}\), \(s_{5\text{NN}-10\text{NN}}\), and \(s_{7\text{NN}}\).

| Plane Family | Density (Sites/Å\(^2\)) | Mark by Sites | Plane Family | Density (Sites/Å\(^2\)) | Mark by Sites | Plane Family | Density (Sites/Å\(^2\)) | Mark by Sites |
|--------------|--------------------------|---------------|--------------|--------------------------|---------------|--------------|--------------------------|---------------|
| \{210\}     | 0.5122                   | DEMO, BCNJ,   | \{100\}     | 0.5163                   | IJBGPO,      | \{120\}     | 0.5122                   | CDM, JKON,   |
|              |                          | DEIK, BGLP    |              |                          | DEMNLK       |              |                          | EFG, ABHI    |
| \{531\}     | 0.4845                   | ADI, BCI, CCO,|              | 0.4704                   | ABCDEFG,     | \{100\}     | 0.4652                   | AFCH, MNOP   |
|              |                          | DEF, GH, AEK, |              |                          | BCJOP, GHJKL,|              |                          |               |
|              |                          | BIH, EFO     |              |                          | DEKL, MN     |              |                          |               |

As shown in Figure 8b,d,f and listed in Table 4, most of the points in the DP are also situated on the \{110\} and \{112\} planes; thus, the slips of the \{110\} and \{112\} planes will affect the structures of the DPs. The DPs of \(s_{7\text{NN}}\) completely surround Z to form a closed convex decahedron structure, which makes the effect of hydrogen distributed on the \{110\} and \{112\} planes tend to be more isotropic. It can be seen from Figure 7b that, at 7NN, \(\rho_{\{112\}}\) is the second largest compared with other NNs. \(\rho_{\{110\}} > \rho_{\{112\}}\), which shows that the shears and slips were promoted by the increase of hydrogen atoms situated on these positions. Combined with the phenomenon of the DP surrounding structure, these shears and slips may eventually act on the volume, resulting in the reduction of B and making the material easier to compress.

Table 4. The \{110\} and \{112\} planes decided by the \(s_{5\text{NN}-6\text{NN}}\), \(s_{5\text{NN}-10\text{NN}}\), and \(s_{7\text{NN}}\) as well as the selected reference hydrogen atom Z.

| Plane Family | Type | Mark by Sites | Type | Mark by Sites | Type | Mark by Sites |
|--------------|------|---------------|------|---------------|------|---------------|
| \{110\}     | I    | ILMPZ, IKNPZ, | I    | JKM, JKP, JKP,| I    | BENO, ILMP,  |
|              |      | JLMOZ, JKNOZ  |      | JKM, JKP, JKP,|      | ADHK, CFGJ   |
|              | II   | AIK, BJL, CJN,| II   | IJLK, IJMN,  | II   | AFKJ, BIMN,  |
|              |      | DIM, EKO, FMO,|      | MNOP, KLOP   |      | ELOP, CDGH   |
|              |      | GNP, HLP     |      |              |      |               |
| \{112\}     | I    | AJM, ALO, BIN,BKP,| I    | IKNPZ, ILMPZ,| I    | AKE, BFE, CGL,BDN,CEO, |
|              |      | CIL, CMP, DJK,|      | JKNOZ, IJMOZ |      | DHL, IJM, JLP |
|              |      | DNO, EIL, EMP,FIN,|      |             |      |               |
|              |      | FKP, GJM, GLO,|      |             |      |               |
|              |      | HJK, HNO     |      |             |      |               |

Figure 8b,d,f shows the positions of \(s_{5\text{NN}-6\text{NN}}\), \(s_{5\text{NN}-10\text{NN}}\), and \(s_{7\text{NN}}\), as well as the plane types in the \{110\} and \{112\} families where they are distributed. These positions form different polygons on different types of crystal planes, and the areal densities of these positions are also different. The classification of the crystal planes is listed in Table 4. It can be seen from Figures 7b and 8b that compared with \(s_{6\text{NN}}\), \(s_{5\text{NN}-6\text{NN}}\) newly determines a group of \{112\} faces and a group of \{110\} faces, which makes \(\rho_{\{112\}}\) increase from 0 sites/Å\(^2\) to 0.2814 sites/Å\(^2\), and \(\rho_{\{110\}}\) increases from 0.3625 sites/Å\(^2\) to 0.4028 sites/Å\(^2\), that is, the increase of hydrogen atoms on 5NN will significantly increase the amount of hydrogen atoms on the \{112\} planes, which will bring greater resistance to shears and slips and weaken the softening effect.

From Figure 8d, the addition of \(s_{5\text{NN}}\) will also increase the \(\rho_{\{110\}}\) of the type III \{110\} planes determined by \(s_{10\text{NN}}\), which will enhance the shears and slips. However, although the total \(\rho_{\{110\}} = 0.2637\) sites/Å\(^2\) determined by \(s_{5\text{NN}-10\text{NN}}\) is higher than the original \(\rho_{\{110\}} = 0.2372\) sites/Å\(^2\) determined by \(s_{10\text{NN}}\), it is still less than the areal density of \(\rho_{\{112\}} = 0.2772\) sites /Å\(^2\) of \{112\} planes, that is, the occupation of \(s_{5\text{NN}}\) by hydrogen atoms will not eliminate the possibility of hardening caused by occupation of \(s_{10\text{NN}}\). Therefore, hydrogen can weaken the softening effect of 6NN by occupying the 5NN positions, and can achieve hardening by occupying the 10NN positions.
4. Conclusions

In this work, we used atomistic simulation methods combined with clustering to study the influences of the concentration and microscopic distribution of hydrogen atoms on the elastic moduli in the interstitial solid solution of hydrogen in α-Fe. Through this research, we made the following conclusions:

The uniformly distributed hydrogen atoms slightly decreased the elastic constants and moduli of the α-Fe, thereby causing softening, which was the result of the combined effect of the hardening of the Fe–H cohesion and the softening of the volume expansion of the lattice of α-Fe.

Different microscopic hydrogen distributions caused significant differences in the elastic moduli and induced softening or hardening. In the crystal planes determined by the Tet-sites on 10NN, ρ_{112} > ρ_{110}, and the increase of hydrogen atoms occupying these positions increased E and G. The positions in 5NN affected those in 6NN, and made ρ_{112} increased significantly, in the crystal planes which were determined by the Tet-sites of 5NN and 6NN, thereby, weakening the promotion effect of hydrogen on shears and slips. This explains why hardening can be induced by the hydrogen distributed in the 5NN, 6NN, and 10NN positions.

Hardening was not be induced by hydrogen atoms occupying the Tet-sites on 7NN. In the crystal planes determined by such sites, ρ_{112} was relatively large, but still less than ρ_{110}. This caused an increase in the shears and slips with the increasing hydrogen occupation. However, the enclosed decahedral structure by the DPs determined by these positions makes the effect of hydrogen on shears and slips tends to be isotropic; thus, the occupation of these positions by hydrogen will reduce B and make the α-Fe easier to compress.

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