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Cognitive disorders associated with hospitalization of COVID-19: Results from an observational cohort study

Jingqi Zhou a, b, Chang Liu a, c, Yitang Sun a, Weishan Huang d, e, Kaixiong Ye a, f, *

a Department of Genetics, Franklin College of Arts and Sciences, University of Georgia, Athens, GA, USA
b School of Public Health, Shanghai Jiao Tong University School of Medicine, Shanghai, PR China
c College of Life Sciences, Wuhan University, Wuhan, PR China
d Department of Pathobiological Sciences, School of Veterinary Medicine, Louisiana State University, Baton Rouge, LA, USA
e Department of Microbiology and Immunology, College of Veterinary Medicine, Cornell University, Ithaca, NY, USA
f Institute of Bioinformatics, University of Georgia, Athens, GA, USA

A R T I C L E   I N F O

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A B S T R A C T

Introduction: Our understanding of risk factors for COVID-19, including pre-existing medical conditions and genetic variations, is limited. To what extent the pre-existing clinical condition and genetic background have implications for COVID-19 still needs to be explored.

Methods: Our study included 389,620 participants of European descent from the UK Biobank, of whom 3,884 received the COVID-19 test and 1,091 were tested positive for COVID-19. We examined the association of COVID-19 status with an extensive list of 974 medical conditions and 30 blood biomarkers. Additionally, we tested the association of genetic variants in two key genes related to severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection, angiotensin-converting enzyme 2 (ACE2) and transmembrane protease serine 2 (TMPRSS2), with COVID-19 or any other phenotypes.

Results: The most significant risk factors for COVID-19 include Alzheimer’s disease (OR = 2.29, 95% CI: 1.25-4.16), dementia (OR = 2.16, 95% CI: 1.36-3.42), and the overall category of delirium, dementia, amnestic and other cognitive disorders (OR = 1.90, 95% CI: 1.24-2.90). Evidence suggesting associations of genetic variants in SARS-CoV-2 infection-related genes with COVID-19 (rs7282236, OR = 1.33, 95% CI: 1.14-1.54, p = 2.31 × 10^-5) and other phenotypes, such as an immune deficiency (p = 5.65 × 10^-5) and prostate cancer (p = 1.1 × 10^-5), was obtained.

Conclusions: Our unbiased and extensive search identified pre-existing Alzheimer’s disease and dementia as top risk factors for hospital admission due to COVID-19, highlighting the importance of providing special protective care for patients with cognitive disorders during this pandemic. We also obtained evidence suggesting a direct association of genetic variants with COVID-19.

1. Introduction

The pandemic of coronavirus disease 2019 (COVID-19), which is caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), has led to at least 6 million confirmed cases of infection and 370,000 deaths by the end of May 2020 (World Health Organization, 2020). A growing number of studies have started to accumulate information on the common characteristics of patients with COVID-19 and risk factors for viral infection and disease progression (Grasselli et al., 2020; Richardson et al., 2020; Docherty et al., 2020). Older age, male sex, African ethnicity, a lower socioeconomic status, and some pre-existing medical conditions (e.g., chronic kidney diseases and obesity) have been repeatedly associated with a positive COVID-19 test and/or adverse outcomes (Docherty et al., 2020; Niedzwiedz et al., 2020; Raisi-Estabragh et al., 2005; de Lusignan et al., 2020; Kumar et al., 2020; Petrilli et al., 2020). The vast majority of these existing studies relied on

Abbreviations: Apo(a), apolipoprotein A; COVID-19, coronavirus disease 2019; GWAS, genome-wide association study; HDL, high-density lipoprotein cholesterol; ICD, International Classification of Diseases; LDL, low-density lipoprotein cholesterol; OR, odds ratio; PheWAS, phenome-wide association study; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; SNP, single nucleotide polymorphism; SD, standard deviation; TC, total cholesterol; UKB, UK Biobank.

* Corresponding author at: Department of Genetics, Franklin College of Arts and Sciences, University of Georgia, Athens, GA 30602, USA.

E-mail address: Kaixiong.Ye@uga.edu (K. Ye).

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recently assembled cohorts of patients with COVID-19, and due to the
time constraints, the sample size and the number of risk factors evalu-
ated are both limited (de Lusignan et al., 2020; Kumar et al., 2020;
Petrilli et al., 2020; Yang et al., 2020; Guo et al., 2020; Bianchetti et al.,
2020). Moreover, candidate factors were usually chosen based on the
ease of collection, clinical experience, and prior publications, with some
medical conditions (e.g., diabetes, respiratory and cardiovascular con-
ditions) receiving much more attention than others (e.g., cognitive
disorders) (de Lusignan et al., 2020; Kumar et al., 2020; Petrilli et al.,
2020; Yang et al., 2020; Guo et al., 2020; Bianchetti et al., 2020). More
risk factors likely remain to be tested and identified. The addition of the
‘Alzheimer’s disease’ to previously existing population cohorts with
comprehensive electronic health records, such as the UK Biobank (UKB)
(Bycroft et al., 2018), provides a valuable opportunity to perform an
unbiased and exhaustive search across all available phenotypes (i.e., the
phenome) to identify novel risk factors.

Another likely source of individual differences in responses to the
SARS-CoV-2 is genetic variations. These variations may directly affect
virus entry and replication, and/or indirectly predispose individuals to
medical conditions that exacerbate COVID-19 progression. For instance,
the ApoE e4 genotype, a known genetic risk factor for both dementia and
Alzheimer’s disease, was recently shown to be associated with an
increased risk of a severe COVID-19 infection (Kuo et al., 2020). While
efforts are still ongoing to assemble COVID-19 cohorts and to sequence
patient genomes in order to map host genetic determinants of suscep-
tibility and severity (Murray et al., 2020), we are able to leverage deep
genomic and phenotyping data in existing biobanks to evaluate the
clinical effects of genetic variants in human genes known to be indis-
ensable for SARS-CoV-2 infection. Angiotensin converting enzyme 2,
encoded by ACE2, is the cell surface receptor for the viral spike (S)
protein (Zhou et al., 2020), while transmembrane protease serine 2,
encoded by TMPRSS2, is essential for priming S protein-mediated
membrane fusion (Hoffmann et al., 2020). Genetic variants located
around TMPRSS2 have been previously associated with prostate cancer
(Al Olama et al., 2014), heart failure and coronary heart disease (He
et al., 2016). However, no associations have been reported for ACE2 in
the GWAS Catalog (Buniello et al., 2019), likely because ACE2 is located
on the X chromosome, a part of the genome that is commonly neglected
in genome-wide analysis (Chang et al., 2014). Similarly, in the existing
UKB GWAS database, GeneATLAS, no information was available for the
sex chromosome and thus ACE2 (Canela-Xandri et al., 2018). Very
recent efforts to investigate the clinical effects of ACE2 and TMPRSS2 did
not identify associations that reach genomewide statistical significance
(Curtis, 2005; Cirulli et al., 2004; Lopera et al., 2004). Extensive
searches including more phenotypes in cohorts with much larger sample
sizes will likely reveal novel findings.

UKB is a large population-based prospective study established to
investigate genetic and environmental determinants of human diseases.
More than 500,000 middle-aged participants were recruited between
2006 and 2010, for whom deep genomic and phenotyping data were
collected, including genome-wide genotypes, physical measurements,
sociodemographic factors, lifestyle indicators, biomarkers in blood and
urine, and linkage to medical records (Bycroft et al., 2018). Recently,
Public Health England provided COVID-19 test results for UKB partici-
pants. Since testing was initially prioritized to patients in the hospital or
with a severe respiratory illness, test positivity may indicate severe
disease in the UK (Jacoubucci, 2020). In this data-driven phenome-wide
association study (PheWAS), we leverage the extensive UKB resource to
develop (i) pre-existing medical conditions that are overrepresented in
patients with COVID-19, and (ii) the clinical effects of genetic variants in
ACE2 and TMPRSS2, including their direct associations with COVID-19.

2. Methods

2.1. UK Biobank cohort

UK Biobank (UKB) is a large population-based prospective study
established for investigations of genetic and nongenetic determinants of
diseases in middle- and old-aged adults. More than 500,000 individuals
aged 40–69 years were recruited between 2006 and 2010, all of whom
underwent baseline measurements, donated biological materials, and
provided access to their medical records. The project was approved by
the North West Multi-Centre Research Ethics Committee and appro-
priate informed consent was obtained from participants (Bycroft et al.,
2018). Data used in the project were accessed through an approved
application to UKB (Application ID: 48818). We analyzed data from
participants of self-reported European ancestry and excluded indi-
viduals from this analysis if they enrolled outside of England, died
prior to September 2019, or the self-reported sex was not consistent with
gene information. In total, 389,620 participants were included in this
analysis. COVID-19 laboratory test results reported for UKB participants
in England from March 16 to May 18, 2020, were included. During this
period, COVID-19 testing was largely restricted to hospitalized patients
with serious illness who required active medical intervention; therefore,
these data are regarded as a proxy for hospitalization for COVID-19 in
England only (Jacoubucci, 2020).

2.2. Phenotypes

We analyzed three sets of phenotypes (i.e., inpatient hospital
records, cancer registry, and death registry) available in the UKB database.
We used the International Classification of Diseases (ICD) versions 9 and
10 to identify cases in the hospital episode statistics, with both incident
and prevalent cases included. Self-reported diagnoses were not consid-
ered. Diagnoses of ICD9/ICD10 for phenotypic analyses were mapped to
the PheCODE grouping system. Compared with ICD codes, phecodes
have been shown to closely align with disease categories commonly used
in clinical practice and genomic studies (Wu et al., 2019). For each
disease category represented by a phecode, we recoded participants with
the phecode as cases, whereas participants without the target
disease or its parent or child phecodes were classified as controls.
Analysis was limited to phecodes that had enough cases in order to
generate more than 80% statistical power. The numbers of cases and
controls in analyses of phenotypes are shown in Table S1. Sex-stratified
analyses were performed in males and females, separately. In addition to
these phenotypes, 30 biomarkers, measured in blood samples collected
at recruitment, were included in association analyses (Bycroft et al.,
2018).

2.3. Tag SNPs for ACE2 and TMPRSS2

Tag SNPs, capturing haplotype structures and common genetic var-
iants in the regulatory and coding regions of ACE2 and TMPRSS2 were
selected based on the whole-genome sequencing data of 91 British in-
dividuals from the 1,000 Genomes Project (Genomes Project C, Auton A,
Brooks LD, Durbin RM, Garrison EP, Kang HM, Korbel JO, Marchini JL,
McCarthy S, 2015). For each gene, genetic variants fulfilling all the
following criteria were included in the analysis: 1) 5 kb upstream or
downstream of the coding region or associated with the expression of the
gene in any tissue in the GTEx project (Consortium, 2017); 2) biallelic
SNPs; 3) minor allele frequencies >= 5%. Tag SNPs were further
selected using the Tagger function in Haploview 4.2 with R^2 > 0.5
(Barrett et al., 2005). Seventeen tag SNPs were selected for ACE2 and 31
were selected for TMPRSS2. Once these tag SNPs were identified, we
tested their associations with hospitalization for COVID-19 and pheno-
types across the phenome in the UK Biobank.
### 2.4. Statistical analysis

Baseline characteristics are presented as the number (percentage) of participants for categorical variables and the mean (standard deviation) for continuous variables. We performed a logistic regression analysis to estimate the association between each phenotype and hospitalization with a positive COVID-19 test, while correcting for age, sex, body mass index (BMI), assessment center, and 10 genetic principal components. Two types of control samples were used: all other UKB participants who had not yet been tested or tested negative and only participants who tested negative. The effect of each categorical phenotype was measured as an odds ratio (OR). In the blood biomarker analysis, biomarker levels were normalized, and the ORs correspond to each one standard deviation (SD) increase in biomarker levels. We performed a logistic regression analysis of each pair of SNPs and phenotypes, with cases and controls defined as above, while adjusting for age, sex, assessment center, type of genotyping array, and the top 10 genetic principal components, to evaluate the associations between tag SNPs in ACE2 and TMPRSS2 with all possible phenotypes.

The associations between tag SNPs and COVID-19 test positivity were analyzed using all other UKB participants as the control group. Sex-stratified analyses were separately conducted in males and females, separately, with the same covariates except sex. We applied the Bonferroni correction for the number of phenotypes evaluated in the comparison between COVID-19 patients and other UKB participants. Statistical analyses were performed using R (version 3.6.2), and the pheWAS package was used to facilitate the phenotype-wide association analysis (Carroll et al., 2014).

### 3. Results

#### 3.1. Baseline characteristics of the study population

After quality control and the exclusion of confounding factors, such as residence outside of England, death prior to September 2019, and inconsistent sex information, a total of 389,620 self-reported European participants were included in our study (Tables 1). Of these participants, 3,884 (0.997%) patients were tested for COVID-19, and 1,091 of them (19.75%) were tested positive at least once while in the hospital. Compared to all other UKB participants (i.e., untested or tested negative), patients who tested positive for COVID-19 were older (p = 7.33 × 10⁻⁴), had a higher BMI (p = 7.27 × 10⁻⁴), and were previous or current smokers (p = 2.84 × 10⁻⁵). Compared to participants who were tested negative, patients with COVID-19 still had a higher BMI (p = 3.9 × 10⁻⁵) and tend to be male (p = 3.2 × 10⁻⁵) (Table S2 in supporting information). Age, sex, and BMI were included as covariates in our analyses.

#### 3.2. Phenome-wide association study for COVID-19

We performed an exhaustive association analysis across 974 phenotypes and 30 blood biomarkers to identify pre-existing medical conditions that are overrepresented in patients with COVID-19, with all other UKB participants and COVID-19-negative individuals served as controls. Compared to all other UKB participants, a wide range of pre-existing conditions were overrepresented in patients with COVID-19, even after the Bonferroni correction (Fig. 1A and Table S3 in the supporting information). Some of the most significant associations included the overall category of delirium, dementia, amnestic and other cognitive disorders (p = 1.36 × 10⁻⁴), dementia (p = 3.48 × 10⁻⁴), renal failure (p = 2.63 × 10⁻²), Alzheimer’s disease (p = 1.33 × 10⁻²), type 2 diabetes (p = 2.45 × 10⁻²), pneumonia (p = 8.43 × 10⁻²⁴), hypertension (p = 1.31 × 10⁻²³), and hyperlipidemia (p = 9.94 × 10⁻²²). Since these overrepresented conditions may only reflect sampling bias in individuals who received COVID-19 tests, we made further correction against this bias by comparing patients with COVID-19 to participants who were tested negative (Fig. 1B and Fig. 2 and Table S4 in supporting information). Some phenotypes were consistently overrepresented in patients with COVID-19: the overall category of delirium, dementia, amnestic and other cognitive disorders (OR = 1.90, 95% CI: 1.24–2.90 in combined samples; OR = 2.06, 95% CI: 1.11–3.81 in males), dementia (OR = 2.16, 95% CI: 1.36–3.42 in combined samples; OR = 2.05, 95% CI: 1.05–3.98 in males; OR = 2.24, 95% CI: 1.18–4.24 in females), Alzheimer’s disease (OR = 2.29, 95% CI: 1.25–4.16 in combined samples; OR = 2.40, 95% CI: 1.02–5.62 in males), and type 2 diabetes (OR = 1.25, 95% CI: 1.00–1.55 in combined samples). The comparison to participants who were tested negative also revealed the following novel comorbidities that were overrepresented in patients with COVID-19: bronchiectasis (OR = 2.95, 95% CI: 1.23–7.05 in males), varicose veins (OR = 1.71, 95% CI: 1.20–2.42 in combined samples; OR = 1.81, 95% CI: 1.13–2.89 in females), varicose veins in the lower extremities (OR = 1.69, 95% CI: 1.18–2.42 in combined samples; OR = 1.74, 95% CI: 1.08–2.80 in females), reflex esophagitis (OR = 1.65, 95% CI: 1.03–2.63 in females), fracture of the clavicle or scapula (OR = 8.40, 95% CI: 1.61–43.43 in females), and fracture of the radius and ulna (OR = 2.5, 95% CI: 1.00–6.22 in males) (Fig. 2).

In the blood biomarker analysis, at the nominal significance level, four biomarkers were different between patients with COVID-19 and participants who were tested negative (Fig. 3 and Table S5 in the supporting information). Each SD increase in high-density lipoprotein cholesterol (HDL) and apolipoprotein A (Apo(a)) levels was associated with reduced risks of COVID-19 (OR = 0.82, 95% CI: 0.75–0.90; OR = 0.85, 95% CI: 0.78–0.92, respectively). On the other hand, rheumatoid factor and triglyceride levels were associated with increased risks (OR = 1.33, 95% CI: 1.03–1.72; OR = 1.08, 95% CI: 1.00–1.16, respectively). Overall, our extensive phenome-wide search highlighted multiple pre-existing medical conditions, particularly Alzheimer’s disease and dementia, as risk factors for COVID-19.

### Table 1
Baseline characteristics of UK Biobank participants by COVID-19 test positivity.

| Characteristic                  | All Participants (N = 389,620) | Test Negative (N = 2,793) | COVID-19 Test Positive (N = 1,091) |
|--------------------------------|-------------------------------|---------------------------|-----------------------------------|
| Sex                            |                               |                           |                                   |
| Male                           | 176,151                       | 1,343                     | 582                               |
| Female                         | 213,469                       | 1,450                     | 509                               |
| Age at                         | 56.62(8.03)                   | 57.71(8.59)               | 57.17(9.23)                       |
| Recruitment                    |                               |                           |                                   |
| BMI                            | 27.25(4.95)                   | 27.91(5.88)               | 28.52(5.85)                       |
| Smoking status                 |                               |                           |                                   |
| not answer                     | 1,368                         | 13                        | 8                                 |
| Never                          | 211,495                       | 1,282                     | 492                               |
| Previous                       | 138,423                       | 1,110                     | 471                               |
| Current                        | 38,315                        | 388                       | 120                               |
| Alcohol use                    |                               |                           |                                   |
| not answer                     | 329                           | 6                         | 2                                 |
| Never                          | 12,195                        | 101                       | 30                                |
| Previous                       | 12,885                        | 144                       | 67                                |
| Current                        | 364,211                       | 2,542                     | 992                               |
| Pre-existing conditions        |                               |                           |                                   |
| Type 2 diabetes                | 19,732                        | 450                       | 144                               |
| Hypertension                   | 86,337                        | 306                       | 394                               |
| Obesity                        | 15,361                        | 214                       | 83                                |
| Dementias                      | 992                           | 45                        | 34                                |
| Alzheimer’s disease            | 509                            | 25                        | 20                                |
| Biomarkers                     |                               |                           |                                   |
| HDL cholesterol                | 1.45 (0.38)                   | 1.43 (0.37)               | 1.35 (0.38)                       |
| Apolipoprotein A               | 1.55 (0.26)                   | 1.52 (0.27)               | 1.48 (0.24)                       |
| Triglycerides                  | 1.74 (1.01)                   | 1.76 (1.02)               | 1.86 (1.03)                       |
| Rheumatoid factor              | 24.35 (19.6)                  | 22.1 (19.6)               | 27.9 (18.6)                       |
3.3. Phenome-wide association study of ACE2 and TMPRSS2

Genetic variants in human genes that mediate SARS-CoV-2 infection (e.g., ACE2 and TMPRSS2) may directly affect viral susceptibility or indirectly influence pre-existing medical conditions. We evaluated the direct associations between common genetic variants in these two genes and COVID-19 test positivity to assess the former possibility. Seventeen and 31 tag SNPs were selected to capture haplotype structures and common genetic variants in the regulatory and coding regions of ACE2 and TMPRSS2, respectively. We did not identify associations reaching the genome-wide significance cutoff ($p < 5 \times 10^{-8}$, Table S6 in the supporting information). However, five tag SNPs for TMPRSS2 were associated with COVID-19 test positivity at the nominally significant level ($p < 0.05$) in both analyses using all other UKB participants and individuals who were tested negative as the controls (Table 2). When comparing patients with COVID-19 to participants who were tested negative, the association of SNP rs7282236 (A/G) passed the Bonferroni correction cutoff ($p = 3.30 \times 10^{-3}$; OR = 1.2, 95% CI: 1.06–1.36, respectively). Collectively, these association signals suggest a possible role of TMPRSS2 genetic variants in modulating the risk of COVID-19.

We systematically evaluated associations between tag SNPs and 848 phenotypes to broadly evaluate the clinical effects of these two genes. We performed separate analyses of males, females, and combined samples. Although no associations reached the genome-wide significance cutoff, suggestive associations were identified with the Bonferroni correction for the number of phenotypes tested ($p < 5.9 \times 10^{-5}$, Fig. 5).

Fig. 1. Manhattan plots showing the associations between COVID-19 and pre-existing comorbidities. (A) Comparison between COVID-19 patients and all other UKB participants. The significance threshold with Bonferroni correction ($p < 5.13 \times 10^{-5}$) is represented by the red dashed line. Labelled phenotypes are over-represented in COVID-19 patients and remain nominally significant after the correction for bias in the testing sample. (B) Comparison between COVID-19 patients and those tested negative. Nominal significance ($p < 0.05$) is indicated by the red dashed line. Phenotypes over-represented in COVID-19 patients are labeled. Results based on males, females, and combined samples are shown with different shapes. The size of the shape is proportional to the odds ratio. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)
and Tables S7 and S8 in the supporting information). For ACE2, only one suggestive association was identified in all analyses, namely, immune deficiency ($p = 5.65 \times 10^{-5}$) in the combined analysis. For TMPRSS2, the only phenotype reaching the cutoff value in both combined and female-specific analyses was atypical inflammatory spondylopathies ($p = 4.2 \times 10^{-5}$ and $4.3 \times 10^{-5}$, respectively). In males, four suggestive associations were identified: noninfectious gastroenteritis ($p = 1.1 \times 10^{-6}$), symptoms involving the head and neck ($p = 2.91 \times 10^{-5}$), and neoplasm of uncertain behavior ($p = 2.91 \times 10^{-5}$).

4. Discussion

This study leverages the existing extensive genomic and phenotyping data and the recent COVID-19 test results in the UKB to identify risk factors for COVID-19 and to evaluate the clinical effects of genetic variants in key human genes on regulating SARS-CoV-2 infection. Our findings highlighted multiple pre-existing medical conditions as risk factors for COVID-19: dementia, Alzheimer’s disease, general cognitive disorders, and type 2 diabetes. In addition, genetic variants in genes related to SARS-CoV-2 infection were found to have suggestive associations with hospitalized COVID-19 and other phenotypes, such as immune deficiency and prostate cancer.

The most significant and consistent risk factors we identified are cognitive disorders, consistent with a few prognostic studies investigating smaller clinical samples. A study of 627 patients with COVID-19 in Northern Italy showed that dementia and its progressive stages were associated with mortality and that these patients commonly exhibited neurological symptoms of delirium and a worsening functional status (Bianchetti et al., 2020). In another study of 214 patients in Wuhan, China, neurological symptoms including acute cerebrovascular diseases, impaired consciousness, and skeletal muscle injury, were observed in 36.5% of patients with COVID-19 and were more common (45.5%) in patients with a severe illness (Mao et al., 2020). Interestingly, dementia was commonly observed in inpatients with COVID-19 and associated with COVID-19 in models adjusted for demographic characteristics, and smoking and drinking status (Tables S9 supporting information). As the COVID-19 pandemic progresses, reports of neurological manifestations are increasing (Mao et al., 2020; Ding et al., 2020). These manifestations may be direct effects of tissue damages caused by viral infection and replication in the nervous system or indirect effects due to neural immunopathology caused by exuberant unspecific immune responses triggered the viruses, or a combination of both direct and indirect effects of the infection, manifesting the neurological complications of the systemic effects of COVID-19 (Ellul et al., 2020). Key issues of SARS-CoV-2 infection and its associated neuropathology include the routes of viral entry, tissue tropism, immune responses, as well as immunopathology in the nervous system (Wu et al., 2020). SARS-CoV-2 may enter the brain through the olfactory bulb. Studies of intranasal injection in mice have shown that the human coronavirus invades the central nervous system through infected white blood cells that cross the blood–brain barrier (Desforges et al., 2019). Additionally, SARS-CoV-2 is found in cerebral vascular endothelial cells that binds to angiotensin-converting enzyme 2 receptor (Yan et al., 2020). Therefore, internal damage to the central nervous system may be directly caused by the virus or the systemic infection in the body. The detailed characteristics of inflammatory infiltrates must be determined to correctly interpret the mechanisms underlying the over-representation of cognitive disorders in patients with COVID-19.

To date, data on pre-existing dementia and COVID-19 hospitalization are limited, although dementia affects more than 40 million people worldwide (Ritchie et al., 2016). As age is one of the greatest risk factors for dementia and cognitive disorders, the vast majority of patients with Alzheimer’s disease is aged 70 years or older. When the sample was stratified into four groups by age, we only observed associations
between an increased risk of COVID-19 and dementia or cognitive disorders in groups older than 70 years, while the relatively younger age group (<70) did not contain a sufficient number of individuals with dementia or cognitive disorders (Table S10 in the supporting information). We also observed a qualitatively similar result when our association model adjusted by the age at 2020 (Table S11 in the supporting information). Based on our findings, cognitive disorders are likely risk comorbidities in older groups and their associated susceptibility to severe COVID-19 is not merely a result of an older age. Another possible explanation for the finding that more individuals with mental disorders suffer from COVID-19 is that they are at a higher risk of viral infection because of their limited self-care ability and their frequent interactions with care providers. Overall, these results should help stimulate COVID-19 research on the special needs of patients with these cognitive conditions. Given the different risks faced by the elderly living with different styles, a more comprehensive strategy with precise approaches of primary prevention may be desirable during this and similar pandemics.

The comparison between patients with COVID-19 and participants who were tested negative also revealed associations of four blood biomarkers and multiple novel comorbidities with COVID-19. Among the four blood biomarkers, three are indicators of cardiovascular health.

### Biomarker

|       | OR     | 95% CI     | p value |
|-------|--------|------------|---------|
| HDL cholesterol | 0.82   | (0.75,0.90) | 1.17E−05 |
| Apolipoprotein A | 0.85   | (0.78,0.92) | 1.74E−04 |
| Rheumatoid factor | 1.33   | (1.03,1.72) | 2.61E−02 |
| Triglycerides     | 1.08   | (1.00,1.16) | 4.30E−02 |
| Sex hormone–binding globulin | 0.93   | (0.85,1.01) | 8.46E−02 |
| Glycated haemoglobin HbA1c | 1.05   | (0.99,1.10) | 1.09E−01 |
| Albumin           | 0.94   | (0.88,1.02) | 1.38E−01 |
| Apolipoprotein B  | 1.05   | (0.98,1.13) | 1.73E−01 |
| Phosphate         | 0.95   | (0.88,1.02) | 1.81E−01 |
| C reactive protein | 1.04   | (0.98,1.11) | 1.84E−01 |
| Urea              | 0.96   | (0.91,1.02) | 2.00E−01 |
| LDL direct        | 1.05   | (0.97,1.13) | 2.05E−01 |
| Creatinine        | 0.97   | (0.91,1.02) | 2.30E−01 |
| Aspartate aminotransferase | 0.96 | (0.89,1.04) | 3.18E−01 |
| Vitamin D         | 1.03   | (0.96,1.11) | 3.82E−01 |
| Calcium           | 0.97   | (0.90,1.05) | 4.28E−01 |
| Alkaline phosphatase | 1.02   | (0.96,1.09) | 4.46E−01 |
| Lipoprotein A     | 1.03   | (0.95,1.12) | 5.17E−01 |
| Gamma glutamyltransferase | 0.98 | (0.93,1.04) | 5.53E−01 |
| Testosterone      | 0.95   | (0.81,1.12) | 5.66E−01 |
| Total protein     | 1.02   | (0.94,1.10) | 6.55E−01 |
| Total bilirubin   | 1.02   | (0.94,1.10) | 6.73E−01 |
| Glucose           | 1.01   | (0.96,1.07) | 6.82E−01 |
| Oestradiol        | 0.96   | (0.78,1.19) | 7.21E−01 |
| Cholesterol       | 1.01   | (0.94,1.08) | 8.52E−01 |
| Urate             | 1.00   | (0.93,1.08) | 9.44E−01 |
| IGF 1             | 1.00   | (0.93,1.08) | 9.50E−01 |
| Direct bilirubin  | 1.00   | (0.93,1.08) | 9.51E−01 |
| Cystatin C        | 1.00   | (0.95,1.05) | 9.81E−01 |
| Alanine aminotransferase | 1.00 | (0.93,1.08) | 9.94E−01 |

**Fig. 3.** A Forest plot showing the associations between blood biomarkers and COVID-19. Point estimates of ORs are represented by the filled squares while horizontal lines indicate the 95% confidence intervals. Biomarkers are ordered by their statistical significance.
including HDL, Apo(a), and triglycerides. These findings consistently identified an association between deteriorating cardiovascular health (i.e., decreased HDL and Apo(a) levels, but increased triglyceride levels) and a higher risk of COVID-19 test positivity. We explored the association between these significant risk biomarkers and a wide range of neurological symptoms. The three indicators related to cardiovascular health were associated with multiple neurological phenotypes, including peripheral nerve disorders, headache syndromes, migraine, inflammatory and toxic neuropathy, sleep apnea, and sleep disorders (Bonferroni-corrected \( p < 0.001 \)), while no neurological symptoms were associated with the level of rheumatoid factor (Table S12 in the supporting information). Thus, mental health is closely associated with indicators of cardiovascular health. While these blood biomarkers were measured and collected a decade before this pandemic, our results revealed evidence suggesting associations with COVID-19 test positivity and other medical conditions. None of the associations reached the genome-wide significance cutoff, which is consistent with very recent studies (Cirulli et al., 2004; Lopera et al., 2004). However, our study identified associations that passed the stringent Bonferroni correction cutoff. In terms of a direct association with COVID-19, one tag SNP in \( \text{TMPRSS2} \), rs7282236, is associated with COVID-19 test positivity, regardless of which control group was used. A very recent study used exome sequencing data from 49,953 UKB subjects and 74 patients with COVID-19 to evaluate the contributions of rare coding variants in \( \text{ACE2} \) and \( \text{TMPRSS2} \) to COVID-19, but did not find associations (Curtis, 2005). Our focus on common coding and regulatory variants in the almost full UKB cohort of participants with COVID-19 patients may have facilitated our novel discovery. In terms of broader clinical effects, we observed one association (i.e., immune deficiency) with \( \text{ACE2} \) that met the Bonferroni correction cutoff. In terms of a direct association with COVID-19, one tag SNP in \( \text{ACE2} \) and \( \text{TMPRSS2} \), rs7282236, is associated with COVID-19 test positivity, regardless of which control group was used. A very recent study used exome sequencing data from 49,953 UKB subjects and 74 patients with COVID-19 to evaluate the contributions of rare coding variants in \( \text{ACE2} \) and \( \text{TMPRSS2} \) to COVID-19, but did not find associations (Curtis, 2005). Our focus on common coding and regulatory variants in the almost full UKB cohort of participants with COVID-19 patients may have facilitated our novel discovery. In terms of broader clinical effects, we observed one association (i.e., immune deficiency) with \( \text{ACE2} \) that met the Bonferroni correction cutoff. More associations were identified for \( \text{TMPRSS2} \), including atypical inflammatory spondylopathies, noninfectious gastroenteritis, prostate cancer, symptoms involving the head and neck, and neoplasm of uncertain behavior. Notably, the association of \( \text{TMPRSS2} \) with prostate cancer has been previously identified (Al Olama et al., 2014), supporting the validity of our findings. It is possible that these genetic variants are associated with other COVID-19-relevant conditions.
phenotypes, which were not available in UK Biobank, such as specific immune cell types or cytokine levels. Among the analyzed hypotheses, the most interesting signal is the relation between genetic variants in \textit{TMPRSS2} and COVID-19 test positivity. It is of great interest to evaluate if these genetic variants are associated with different degrees of severity or different disease manifestations in COVID-19 patients.

Our study has strengths and limitations. UKB is a large prospective cohort with extensive genomic and phenotyping information, enabling a hypothesis-free phenome-wide scan for COVID-19 risk factors. The availability of the background cohort and a subgroup of individuals who were tested for COVID-19 allow us to compare patients with COVID-19 to the general population while simultaneously correcting for sampling bias. This relatively small sample size renders the analysis susceptible to collider bias. We applied two methods to adjust for collider bias and examined the sensitivity of our study: i) where the selected sample is nested within the complete UKB dataset that comprises samples representative of the target population, or ii) where the dataset consists of only the tested samples. However, it is difficult to estimate the extent of sample selection, and even if that parameter were known, we would be unable to prove that it has been fully explained by any method. Collider bias might also arise because of the original selection in the UK Biobank, which include more healthy and well-educated participants. In addition to pre-existing medical conditions and biomarkers, our study evaluated the possible role of genetic factors in COVID-19 by studying candidate genes. Our phenome-wide analysis of the two key genes related to SARS-CoV-2 infection also provided clinical insights into their biological functions. Another limitation of our study was the inability to provide additional information about the specific symptoms or outcomes of the patients with COVID-19. The physical measurements, biomarker levels and medical conditions were either measured at recruitment or retrieved from medical records, and therefore they may not accurately reflect the current health status. To reduce the potential

Fig. 5. Manhattan plots showing the associations between (A) ACE2 and (B) TMPRSS2 genetic variants and disease status. The significance threshold with Bonferroni correction ($p < 5.82 \times 10^{-5}$) is represented by the red dashed line. For each phenotype, only the p value from the most significant tag SNP is shown. Results for males, females, and combined samples are shown in different shapes. The size of the shape is proportional to the odds ratio. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)
confounding effect of ethnicity, which is well-known to affect COVID-19-related health disparity, our analysis was restricted to participants of European descent, a group with the biggest sample size. Future studies with large sample sizes are urgently needed for other ethnicities. Last, our study is associative in nature and was unable to address the causal roles of risk factors. Our findings identified associations of an extensive range of pre-existing conditions and genetic variants as being associated with COVID-19. However, the real causal effects of risk factors on COVID-19 susceptibility are likely to vary by genetic background, lifestyle, and social connectedness and are presumably more complicated than indicated by our population-level screen.

5. Conclusion

Overall, our unbiased phenome-wide study in UK Biobank confirmed known and identified novel risk factors for COVID-19, including dementia, Alzheimer’s disease, type 2 diabetes, blood biomarkers of cardiovascular health, and genetic variants in TMPRSS2. These systematic discoveries provide insights into the management, prevention, and treatment of COVID-19 during future phases of the outbreak, while highlighting an urgent need of special protective care for patients with cognitive disorders.

6. Ethics approval and consent to participate

UK Biobank was approved by the North West Multi-Centre Research Ethics Committee and appropriate informed consent was obtained from participants. Data used in the project was accessed through an approved application to UK Biobank (Application ID: 48818).

Author contributions

JZ, WH, and KY conceptualized the study idea and design. JZ, CL, and YS curated the data and performed formal analysis. JZ and KY prepared the figures. JZ and KY wrote the original draft of the manuscript. All authors reviewed and edited the first draft. KY acquired the funding and supervised the study.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Appendix A. Supplementary data

The summary statistics supporting the conclusions of this article are included within the article and its additional files. Individual-level genetic and phenotypic data are available from the UK Biobank (https://www.ukbiobank.ac.uk/register-apply/) through application. Supplementary data to this article can be found online at https://doi.org/10.1016/j.jbi.2020.10.019.

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