The evolution process of warm season intense regional rainfall events in Yaan

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Abstract
Accurate simulation and prediction of intense precipitation events require better understanding of their physical mechanisms. This study uses Yaan—a place with regional maximum rainfall in central China—to investigate the cause and process of intense precipitation. Hourly rain gauge records and the new ERA5 reanalysis are used to characterize the evolution process of warm season intense regional rainfall events (RREs) in Yaan and its associated three-dimensional circulation. Results show that before the start of the Yaan intense RREs, moderate rainfall amount (frequency) appears northeast of the key region. The rainfall then moves southward in the following several hours along the eastern periphery of the Tibetan Plateau where it reaches peak. It then moves to and end up in the south and southeast Sichuan Basin. The progression of the RREs is found to be associated with a counter-clockwise rotation of anomalous surface winds associated with a developing mesoscale surface low-pressure center, which is further associated with the southeastward progression of a large-scale synoptic scale wave. The easterly phase of the winds in the counter-clockwise rotation causes upslope motion perpendicularly toward the terrain that leads to maximum rainfall. The findings illustrate how large-scale circulations, mesoscale systems, and specific topographic features interact to create the RREs evolution in Yaan.

Keywords Intense precipitation · Regional rainfall event · Complex terrain · Multi-scale interaction

1 Introduction
Regional precipitation has been a subject of intensive research because of its varied physical mechanisms and extensive economical and societal impacts (e.g., Teixeira and Satyamurty 2007; Li and Yu 2014; Chen and Zhai 2015). Despite the steady improvement in predicting precipitation (Fritsch and Carbone 2004), the skill associated with warm season heavy rainfall prediction remains low (Carbone et al. 2002). Complex orography is one of the factors that can significantly influence regional precipitation (Smolarkiewicz and Rotunno 1989; Smith and Barstad 2004; Chen and Lin 2005). Although the accuracy of numerical models has increased in the past several decades (Bonner 1989; Bauer et al. 2015), long-term bias still exists in the precipitation simulations within complex terrain (Meehl and Arblaster 1998; Yu et al. 2000; Phillips and Gleckler 2006; Xu and Xu 2012; Gao et al. 2015). Therefore, there is the need to better understand the physical processes of how complex terrain impact rainfall by using observations. Located on the eastern periphery of the Tibetan Plateau (TP) and the western edge of the Sichuan Basin (SCB), Yaan is characterized by both windward slope and bell-shaped topography. The complex terrain and its interaction with atmospheric circulation resulted Yaan a “rain city” with the maximum annual precipitation amount and rainy days within inland China (Xi 1992; Peng et al. 1994; Li et al. 2010). Yaan thus becomes an ideal place for studying rainfall and its interaction with complex orography.

The spatiotemporal characteristics of rainfall events reflect the evolution properties of the rainfall process, the
study of which is conducive to understanding the mechanisms. Based on available hourly rain gauge records, the sub daily characteristics of precipitation have been comprehensively revealed within inland China (see, among others, Yu et al. 2007a, b; Li et al. 2008, 2011; Yuan et al. 2010; Zheng et al. 2019). For instance, the well-known nocturnal feature of precipitation in the Sichuan Basin was reported long ago (Lee 1942) and is thought to be connected with the inertial oscillation of the boundary layer low-level jet (Zhang et al. 2019). This nocturnal precipitation shows a prominent eastward timing delay, that is, the diurnal peak of precipitation occurs at early-night in the western basin whereas at late-night in the center and east of the basin (Jin et al. 2013). Chen et al. (2017) investigated the nocturnal rainfall over the eastern periphery of TP and its relationship with rainfall events in adjacent regions. They found that there were some rainfall events over the eastern periphery of TP, especially long intense rainfall events, that are closely related to upstream convection activities. Other hourly characteristics includes the asymmetry of rainfall process (Yu et al. 2013), which means rainfall events usually reach the maximum in short period and then experience a relatively longer retreat to the end of the event, especially over complex terrain. Meanwhile, there are also many case studies analyzing and revealing fine-scale characteristics of the heavy precipitation over Yaan and surrounding areas (see, among others, Peng et al. 2008; Zhou and Wu 2015; Li et al. 2016; Wang et al. 2017). For instance, using the TRMM data combined with surfaces observations, Wang et al. (2017) showed the horizontal structure of a heavy rainfall event over the eastern slope of TP, finding that the rainfall system consisted of a stratiform precipitation cloud cluster and several convective precipitation clouds characterized by high rainfall intensity. Li et al. (2016) gave the hourly time series of rainfall amount at one single station using the rain gauge records, showing that the long-lasting rainfall event in that case was actually composed of several short-term convective precipitations. However, the research is sparse on the overall fine-scale spatiotemporal evolution characteristics of Yaan rainfall events from a climatic perspective.

The characteristics and evolution process of rainfall events are often controlled by atmospheric circulations. Atmospheric systems such as fronts, troughs and jets could have influence on the rainfall to different degrees under different conditions (Carbone et al. 1990; Konrad 1997). The evolution process is related to the changing processes of these systems. For example, Chen et al. (2010) investigated the diurnal phase change along the Yangtze River and found the clockwise rotation of the nocturnal southwesterly to be the main reason. Numerous studies have described the circulation of rainfall in Yaan. Synoptic research shows that the forecasting of heavy rainfall in Yaan should consider the western Pacific subtropical high, low-level jet, low vortex from the TP, orographic vortex and even typhoons (Zeng et al. 1994; Peng et al. 2008). In summarizing the typical heavy rainfall conditions in northern Yaan, Wang (1977) pointed out the crucial role of the subtropical high in supplementing of warm wet air and in blocking the cold air from the north. Peng et al. (1994) then emphasized the influence of the orographic low on the 850 hPa level and found that the divergent field of the South Asian high and atmospheric stratification instability may also have an influence. How these systems change in collaborating with the evolution of precipitation has not been clearly elucidated. On the other hand, some research (e.g., Yu et al. 2004; Xin et al. 2006) stressed the role of temperature anomaly in the troposphere which may influence the circulation. For example, Sun et al. (2018) investigated the leading circulations of propagating and nonpropagating rainfall in North China and found that the distribution of the upper-tropospheric temperature anomaly greatly affects the propagation of the rainfall. Therefore, tropospheric temperature anomalies may play a key role in the stereoscopic structure of rainfall circulation. However, whether a similar tropospheric temperature anomaly exists in Yaan rainfall events has not been previously discussed.

The purpose of this study is to analyze the fine-scale spatiotemporal evolution process of Yaan rainfall events and to determine the corresponding controlling three-dimensional circulation leading to and during Yaan rainfall events. Following this introduction, the data and methods are described in Sect. 2. Evolution processes of Yaan rainfall events are shown in Sect. 3. Section 4 gives the associated three-dimensional circulation and the structure of the temperature anomaly. A discussion and summary are presented in Sect. 5.

2 Data and methods

The hourly rain gauge records used here are collected and quality controlled by the National Meteorological Information Center of the China Meteorological Administration. The dataset includes 5833 stations covering Sichuan Province in the warm season (May–October) of 2009–2016. Because data in year 2012 are missing at many automatic stations, data in this year are not used in this study. After quality control, 2141 stations (dots in Fig. 1a) are finally used to analyze the hourly characteristics of rainfall events over the target region. All these stations recorded more than 800 days of precipitation in the warm season of 2009–2016 (with 2012 excluded, same below).

To study the evolution process of rainfall events that affects a limited area around Yaan, we applied the method of regional rainfall event (RRE) suggested by Yu et al. (2015). The RRE method is suited to study the spatial–temporal evolution characteristics of rainfall processes in a specific region (Yu et al. 2015; Chen et al.
The evolution process of warm season intense regional rainfall events in Yaan (Yuan et al. 2018). For every hour $t$, the max hourly intensity $P_{x,i,t} = \max\{P_{i,t}\}$ $(i = 1,N)$ is determined within $N$ stations in a selected key region, where $P_{i,t}$ is the measured rainfall of station $i$ at hour $t$ (here $x$ refers to the max). The time series of $P_{x,i,t}$ then represents the precipitation intensity of the key region, and a RRE is then defined as a period of consequent time series above the threshold with at most 1-h intermittence, following Yu et al. (2015). To remove a large number of weak rainfall events, we take 0.2 mm h$^{-1}$ as the threshold. A sensitivity study with 10 different thresholds from 0.1 to 1 mm h$^{-1}$ shows no significant difference of RRE’s characteristics. The ratio of rainy stations in the key region to the total number of stations is defined as $\left(\frac{N_a - 1}{N - 1}\right)$ to quantitatively describe the spatial range of rainfall events, where $N_a$ and $N$ are the numbers of rainy stations and total stations in the key region respectively.

An important step of the RRE method is the selection of key stations within the key region. In this study, 10 key stations around Yaan are selected (red dots in Fig. 1a). Each station satisfies the following criteria: (a) the distance from Yaan station is smaller than 0.25°, (b) the elevation of the station and the average elevation of the area approximately 6 km around it is lower than 1200 m, (c) the station is located in the funnel-shaped windward area east of Yaan, and (d) the station records more than 100 days of hourly precipitation without missing data in every warm season from 2009 to 2016. The main purpose of these criteria is to ensure the coherence of the rainfall characteristics and topography among the selected key stations.

Figure 1b shows the multiyear warm-season average daily precipitation amount. Consistent with previous studies (Li et al. 2010; Chen et al. 2017), more rainfall amount is found along the eastern slope of TP than over the eastern TP and western SCB. The 10 key stations are situated in the heavy rainfall center near Yaan along 30° N and 103° E. Based on the 10 key stations over the Yaan region, we identified 1239 RREs in total. Figure 2a–c shows the number of RREs against mean intensity, the rainy station ratio, and the number of hours between RRE start and peak times, respectively. More than 800 RREs have mean intensities weaker than 1 mm h$^{-1}$. Nearly half of the RREs have rainy station ratios of less than 0.1, which means that they affect only 1 of the 10 key stations during the rainfall events. Figure 2a, b show that there are many weak and low impact RREs. The 90th percentile of the number of hours between start and peak times is 8 h (Fig. 2c). Figure 2d shows the diurnal distribution of the start times of RREs. A major diurnal peak is found at approximately 1900 Beijing time (BJT), and more RREs start at night than during the daytime.

As we focus on high-impact RREs with high intensity, further selection for intense RREs is conducted. Based on the results above, 46 intense RREs during the warm season in 2009–2016 are selected. The criteria are as follow: (a) the maximum and mean intensity of the RRE are larger than 10 mm h$^{-1}$ and 1 mm h$^{-1}$, respectively, both of which exceed approximately the 70th percentile to ensure the intensity of
(a) the RRE; (b) the rainy station ratio is larger than 0.3, which means at least 4 out of 10 key stations are affected during the RRE; (c) the number of hours between the start and peak times is less than 8 h (90th percentile); and (d) the start time of the RRE is between 1700 BJT and 2100 BJT. The criteria (c) is to exclude those extremely abnormal RREs whose peak hour is far beyond the start hour. And criteria (d) is set to concentrate the start time of the RREs under the consideration that the mechanisms of rainfall events start at different hour during the day may be different. The values of the parameters in these criteria, such as the 10 mm h$^{-1}$ max intensity and 0.3 rainy station ratio, were changed and tested, and no significant difference to our results was found.

Series reanalysis products (e.g., ERA-40 and ERA-Interim) from the European Centre for Medium-Range Weather Forecasts (ECMWF) had been evaluated and widely used to represent the circulation conditions over the TP and surrounding areas, by which lots of meaningful results has been gained (see, among others, Wang and Zeng 2012; Bao and Zhang 2013; Lin 2015). To analyze the three-dimensional circulation associated with the evolution process of rainfall events, the latest hourly ERA5 reanalysis, which is carried out by ECMWF and developed through the Copernicus Climate Change Service (C3S 2017), is used (Hersbach and Dee 2016; Hersbach et al. 2019). The dataset used here has a horizontal resolution of 0.25° × 0.25° and contains 27 (out of 37 original) vertical levels covering April-November from 2009 to 2016. Due to the long-time span of the warm season, the anomalous circulation is composited and analyzed to avoid intraseasonal and diurnal variability by removing the multiyear mean of the corresponding time steps for 11 days around the analyzed time step.

3 Characteristics and evolution process of Yaan intense RREs

Following Yuan et al. (2018), we divide the rainfall process of intense RREs into 4 periods to investigate the evolution characteristics: 3 h before the start of RREs, from start to peak time, from peak to end time, and from end time to 3 h later. Figures 3 and 4 show the average hourly rainfall amount and frequency of these four periods respectively. Rainfall frequency at a time step is defined as the ratio of rainy hours to non-missing hours of corresponding time step in all the intense RREs. More stations with larger rainfall amounts are found over the northeastern side of the key region 3 h before the RRE start (Fig. 3a), partly due to relatively larger precipitation frequencies (Fig. 4a) in the same area at the same time. From the start to peak hour, the rainfall amount over the key region increases to the local maximum, which exceeds 1.7 mm h$^{-1}$. The main rain belt lies along the eastern slope of TP. The precipitation frequency shows a pattern similar to that of the rainfall amount in the same period, exceeding 50% at many stations. In the second half (from peak to end time) of the RREs, the
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Rainfall amount in the key region slightly decreases, while the rainfall amount over the south and southeast of the key region increases. The average rainfall amount from the peak to end time is smaller than that from the start to peak time in the key region, which is similar to the evolution of the warm-season strong RREs over the plain area of Beijing City (Yuan et al. 2018). The precipitation frequency also propagates southeastward. Meanwhile, the spatial range of rainfall amount and frequency expands. After the end of the RREs, the hourly rainfall amount and frequency in the key region are below 0.2 mm h\(^{-1}\) and 10\%, respectively. Rainfall then moves further south and east.

From the above results, we find that on average, there was a relatively higher frequency of rainfall occurring over the northeast of the key region several hours prior to the start of the Yaan RREs. After the RREs ended, rainfall tended to propagate to the south and east. To investigate the evolution process of Yaan RREs hour by hour, we divide the eastern periphery of TP into 22 subregions (white boxes in Fig. 1b). For each subregion, we calculate the anomalous rainfall amount at each hour from 12 h before to 12 h after the RREs start. Note that the subregions are numbered north to south from 1 to 22. The rainfall amount anomaly shows a propagation tendency with time from the northern subregion to the southern subregion (Fig. 5). Before the RRE start, there is nearly no anomalous rainfall amount in the key region (within subregions 11 and 12) or the southern subregions. A moderate amount of anomalous rainfall is found in the northern subregions prior to the Yaan RREs. When the RREs start, the rainfall amount anomaly in the key region increases rapidly and reaches a maximum (exceeds 2.6 mm h\(^{-1}\)) a few hours later. The large rainfall amount anomaly in the key region lasts for approximately 6 h, during which rainfall begins to move southeastward. The asymmetry of the evolution of the precipitation amount in Yaan is in good agreement with the previous study (Yu et al. 2013). From the key region toward the south, the precipitation amount gradually decreases.

Fig. 3 Average rainfall amounts (unit: mm h\(^{-1}\)) in four periods of RREs: a 3 h before RRE start, b from start to peak time, c from peak to end time, and d 3 h after end time. The grey shading represents surface elevation (unit: m)
4 Three-dimensional circulation corresponding to the Yaan intense RREs

4.1 Anomalous tropospheric circulations before intense RREs at Yaan

We first examine the atmospheric circulations at 3 h before the RREs start. In the upper troposphere (300 hPa), there are a synoptic-scale ridge and a synoptic-scale trough at high latitudes (Fig. 6a). Associated with this synoptic-scale wave is an anomalous warm belt along 35° N from the west of TP to the east of North China with the warm center at approximately 40° N, 112° E. Driven by hydrostatic and geostrophic equilibriums, a warm anomaly would elevate the geopotential height above it. Associated with synoptic wave, there is an anomalous northeast-southwest oriented divergent belt at 200 hPa extending from the east of TP to the North China. The center of the upper-level divergent center is located in the north and northwest of the Yaan region. An anomalous relative vorticity center at 500 hPa is also located in north of Yaan (Fig. 6b).

The upper tropospheric synoptic-scale wave is accompanied by a broad and deep trough in central China and a ridge...
to the east at 700 hPa level (Fig. 6c). The cyclonic anomaly associated with the trough extends southwestward to the SCB. At the southern tip of the trough is a mesoscale negative center of geopotential height. This negative perturbation of geopotential height has been reported in a previous study (Peng et al. 1994). At the 700 hPa level, a positive anomaly of geopotential height extends from the subtropics at approximately 20° N to northeastern China, which strengthens the subtropical high in the northwestern Pacific. While it is not clear whether this strengthening is caused by the synoptic-scale ridge, the positive anomaly of geopotential height in the subtropics enhances the low-level southwesterly, which transports moisture to the SCB to feed the intense rainfall.

At the surface (Fig. 6d), the region to the south of the SCB is under the influence of southwesterly. Warm advection by the southwesterly and downslope winds lead to warm anomaly center in the SCB as well as its downstream area. A low-pressure perturbation is collocated with the mesoscale low at the 700 hPa level. The anomalous cold northwesterly behind the trough confronts the warm and wet southwesterly from lower latitudes at the north of the key region, resulting in wind convergence in the northwestern SCB.

Figure 7 shows cross sections along the oblique line which approximately fit the topography (red line shown in Fig. 6c) at 3 h prior to the Yaan intense RREs start. An obvious tilted tropospheric warm anomaly can be found with its main body extending from the surface at approximately 30° N to the upper troposphere at approximately 45° N. Cold anomalies are located to the north of the warm anomaly. This resembles the typical thermodynamic structure of a frontal system associated with a synoptic wave. There is a positive geopotential height anomaly above the warm anomaly in the
middle and high latitudes. An anomalous meridional lifting branch can be found over the SCB at approximately 30° N, with the significant anomalous northerly intruding to the northern SCB. The upward motion brings the moisture to upper-level and favors the northern rainfall prior to the Yaan intense RREs.

Therefore, prior to RREs at Yaan, the atmospheric condition has two key features that favor intense rainfall. One is the enhanced southwesterly from the south and southeast; the second is the approaching synoptic wave from the northwest. The southwesterly brings moisture to the SCB east of Yaan; the approaching wave creates a lower tropospheric trough in northern China that extends to the region near Yaan, forming a mesoscale low-pressure center. The northwesterly behind the trough and the southwesterly in front of it converge in the SCB region, causing upward motion and rainfall.

4.2 Evolution of the anomalous tropospheric circulations corresponding to the rainfall process

We next investigate the evolution of anomalous circulation that results in the evolution process of rainfall events. The circulation features are presented at −9 h, −6 h, −3 h of the RREs start, and at their start, peak and end time. The warm anomaly in the upper troposphere moves southeastward during these time steps (Fig. 8). At −9 h before the start time, the main warm center associated with the synoptic wave is located at approximately 105° E and beyond 40° N at 300 hPa. In the following several steps, the anomalous warm center moves eastward and southward, corresponding to the southeastward propagation of the synoptic wave. The anomalous divergent region experiences a southeastward movement and intensifies at 3 h prior to the start time. Meanwhile, an anomalous relative vorticity center at 500 hPa is located over the northeastern TP at 9 h prior. This anomalous vortex is at the southern edge of the trough. It moves southeastward together with the high-level warm and divergent anomaly to the SCB and merges with the vorticity anomaly in the SCB that corresponds to the mesoscale low discussed before. At 3 h before the Yaan RREs develop, the intensified divergent anomaly center and positive vorticity anomaly center are located immediately north of and over the key region, providing favorable high-middle level conditions for the northern rainfall. At the peak time, the key region is covered by both upper-level divergent and mid-level vorticity anomalies. These two anomalies propagate southeastward and decrease at the end of RREs.

The time evolution of the wind and temperature anomalies at the 700 hPa is shown in Fig. 9. A lower-tropospheric warm anomaly center over the eastern slope of TP and an anomalous cyclonic center at approximately 33° N, 104° E can be found at 9 h before the start time of the Yaan RREs (Fig. 9a). In the following several time steps, the cold northerly from the rear of the anomalous cyclone intrudes southward as the anomalous cyclone moves southeastward, and the warm center moves southward along the eastern slope of TP and vanishes. The boundary of the warm and cold temperature anomalies is located on the northeastern slope of TP at 9 h prior. Most part of SCB is controlled by significant southwesterly. As the temperature boundary moves southward in the following time steps, the southwesterly retreats to the south of SCB, favoring the moisture transportation to Yaan. The negative geopotential height intensifies and expands at the start and peak time of RREs, providing benefit low-level convergence condition. At the end of RREs, the warm anomaly, the anomalous southwesterly and the negative geopotential center decrease with the cold wind intruding from the north.

The time evolution of circulation features at the surface is similar to that at the 700 hPa (Fig. 10). At 9 h before the Yaan RREs start, the south and east of the SCB are dominated by anomalous southerly, and the front of the significant northerly is located along 37° N. An anomalous warm low-pressure center exists in the SCB. As the anomalous southeasterly blows to the northern part of the eastern slope of TP, there is a wet center over the northern SCB,
The evolution process of warm season intense regional rainfall events in Yaan favoring the northern rainfall. In the following two steps, an enhancement of the vortex can be seen as the central pressure decreases. And the southerly intensifies, and the warm center gets warmer. At the start time, the northerly intrudes into the SCB along the eastern slope of TP and the wet center is closer to Yaan relative to several hours prior. At the end time, the anomalous northerly takes over the SCB, the temperature thus decreases, and the anomalous warm vortex weakens and moves southeastward.

With the above discussions, we can explain the time evolution of the RREs previously shown in Figs. 3, 4 and 5. Prior to the RREs at Yaan, low-level winds in the key region are southerly. The low-level anomalous air flow converges toward topography to the north of Yaan and favors northern rainfall (Fig. 11a). As the anomalous trough approaches, upper level divergence leads to the decrease of surface pressure and geopotential height to the northwest of Yaan. This causes the southerly to rotate to southeasterly (Fig. 11b) and rainfall to form near Yaan at the peak time become the easterly which is larger than that at the start time. The easterly converges toward the windward slope and funnel-shaped topography perpendicularly, creating the largest slope-perpendicular wind component, and corresponding to the rainfall center at peak hour (Fig. 11c). Further southeastward propagation of the trough leads to weakening of the easterly and southeastward spreading of the rain area, corresponding to the end of the RREs. During the evolution, the 750 hPa wind over Yaan experiences

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**Fig. 8** Anomalous temperature at 300 hPa (shaded, unit: K), divergence at 200 hPa (black contour, unit: $10^{-5}$ s$^{-1}$, start from 0.8, interval 0.5) and relative vorticity at 500 hPa (blue contour, unit: $10^{-5}$ s$^{-1}$, start from 0.8, interval 0.5) at different time steps (a–f represents − 9 h, − 6 h, − 3 h of the RREs start, and the start, peak and end time, respectively). The gray contour indicates the 3000 m surface elevation, and the dot shading indicate the temperature which are significant at the 10% level of Student t test.
a counter-clockwise rotation, whose angle with the terrain explains the rainfall distributions in Figs. 3, 4 and 5.

We use the Hovmueller diagram to more clearly show the role of the synoptic wave and associated upper level forcing on the lower-tropospheric circulation. A clear eastward propagation of upper-level divergence and warm anomalies as well as mid-level vorticity anomaly can be found (Fig. 12a). At 9 h prior, the upper-level divergence are located in the west. When the RREs start, the anomalous divergent and vorticity centers move to just north of Yaan. The southward progression of lower tropospheric circulation is shown in Fig. 12b. At the surface, a southward intrusion of the cold anomaly can be found before the start time. The wind anomaly at 750 hPa near the key region shows an obvious counter-clockwise rotation during these time steps. The change in the wind direction in the SCB, as pointed out earlier, is closely connected with the intrusion of the cold northerly.

The anomalous southerly during −9 to −6 h blows to the northern terrain and results in the northern large vertical velocity at 700 hPa at around 35° N. As the winds rotate toward the right west of the slope, an even larger vertical velocity appears at the middle part of the eastern slope of TP, i.e., the Yaan region at the start hour. These changes in the location and intensity of dynamic conditions explain the southward movement and intensity evolution of the rainfall amounts of the Yaan intense RREs.

5 Conclusions and discussion

Hourly rain gauge data and new hourly ERA5 reanalysis are used to investigate the evolution process of warm season intense RREs in Yaan and their associated three-dimensional circulations. The statistical characteristics of the Yaan RREs

![Fig. 9](image-url) Same as that in Fig. 8, but for anomalous temperature (shaded, unit: K), geopotential height (black contour, unit: gpm) and winds (vector, unit: m s⁻¹, only significant at the 10% level of Student t test are shown) at 700 hPa.
The evolution process of warm season intense regional rainfall events in Yaan are analyzed. The spatiotemporal evolution of intense RREs is presented by dividing the events into four periods and dividing the eastern periphery of TP into 22 subregions. The main conclusions are summarized as follows:

1. During the Yaan intense rainfall events, a clear progression of north to south movement of the rainfall amount (frequency) is found along the eastern periphery of TP. Before the Yaan intense RREs start, there are moderate rainfall amounts over the northern part of the eastern periphery of TP. The rainfall amount increases rapidly after the RREs start in the key region of Yaan. The rainfall then moves southeastward, expands in spatial range, and gradually decreases.

2. A rainfall-favorable circulation is found when the Yaan intense RREs are to start. An upper-level synoptic-scale wave creates a lower tropospheric trough in northern China that extends to the region near Yaan, forming a mesoscale low-pressure center. The northwesterly behind the trough and the southwesterly in front of it converge in the SCB region, causing upward motion and rainfall. The anomalous low-level southwesterly enhances moisture transport to the SCB.

3. The evolution of the Yaan intense rainfall process is closely related to the intrusion of the anomalous low-level wind associated with the surface low pressure center and the middle level trough of the synoptic scale wave. It is the interaction of the anomalous low-level wind and the topography that causes the particular progression of RREs in Yaan: Before the start of Yaan rainfall, the anomalous cold air underneath the tropospheric warm anomaly is located to the northwest of

Fig. 10 Same as that in Fig. 8, but for anomalous surface pressure (black contour, unit: Pa), temperature (shaded, unit: K), winds (black vector, unit: m s$^{-1}$, only significant at the 10% level of Student t test are shown) and water vapor (green contour, unit: g kg$^{-1}$, start from 0.8, interval 0.5) at the surface
Fig. 11  Winds at 750 hPa (vector, unit: m s$^{-1}$) and their perpendicular component toward terrain (black contour, unit: m s$^{-1}$), and precipitation frequency (color dots, unit: %) at −3 h of RREs start (a), and at the start (b), peak (c), and end time (d). The grey contours represent surface elevation (unit: m, 500, 1500 and 2500 m contour are drawn).

Fig. 12  a Hovmueller plot for anomalous temperature at 300 hPa (shaded, unit: K), divergence at 200 hPa (black contour, unit: 10$^{-5}$ s$^{-1}$) and relative vorticity at 500 hPa (blue contour, unit: 10$^{-5}$ s$^{-1}$) averaged between 30° N and 40° N; b the temporal evolution of anomalous surface temperature (shaded, unit: K), 700 hPa vertical velocity (blue contour, unit: −10$^{-2}$ Pa s$^{-1}$), and 750 hPa horizontal winds (vector, unit: m s$^{-1}$) at different latitudes averaged between 103° E and 105° E.
Yaan. Lower-tropospheric wind is southwesterly over Yaan, which causes weak precipitation over the north slope. When the cold air moves southeastward and the surface lower pressure intensifies, Yaan experiences a counter-clockwise wind rotation, from southwesterly to southerly and then easterly. It is the easterly phase, with wind convergence perpendicularly upslope the terrain, that corresponds to the peak RREs.

Based on the limited rain gauge data available, the overall evolution characteristics of precipitation processes revealed in this study are imperfect to a certain degree. There is a significant decrease in the number of stations from the SCB to the eastern TP. The rainfall process, especially those from the plateau, could hardly be captured by the station network. In addition, different phases of precipitation could appear over the mountains and may not be fully recorded by rain gauges. Therefore, additional datasets, including satellite and radar products, are needed to further study the characteristics of different kinds of Yaan RREs. The precipitation around Yaan and associated circulations are affected by multiscale orography. There is the large-scale TP in the west, the relatively smaller scale SCB in the east, and the even smaller scale terrains on the eastern periphery of TP. These orographic features could have different thermal and dynamical effects on the circulations at different levels under different conditions. Topography may also influence the microphysics in clouds that directly form the raindrops. Our findings, however, provide some insights on the distribution of precipitation along the surrounding terrains. The complicated effects of topography will be investigated further with the help of additional observations and model simulations.

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