Abstract

Background: Magnesium oxide nanoparticles (MgO nanoparticles, with average size of 20 nm) have considerable potential as antimicrobial agents in food safety applications due to their structure, surface properties, and stability. The aim of this work was to investigate the antibacterial effects and mechanism of action of MgO nanoparticles against several important foodborne pathogens.

Results: Resazurin (a redox sensitive dye) microplate assay was used for measuring growth inhibition of bacteria treated with MgO nanoparticles. The minimal inhibitory concentrations of MgO nanoparticles to $10^4$ colony-forming unit/ml (CFU/ml) of Campylobacter jejuni, Escherichia coli O157:H7, and Salmonella Enteritidis were determined to be 0.5, 1 and 1 mg/ml, respectively. To completely inactivate $10^8$–$10^9$ CFU/ml bacterial cells in 4 h, a minimal concentration of 2 mg/ml MgO nanoparticles was required for C. jejuni whereas E. coli O157:H7 and Salmonella Enteritidis required at least 8 mg/ml nanoparticles. Scanning electron microscopy examination revealed clear morphological changes and membrane structural damage in the cells treated with MgO nanoparticles. A quantitative real-time PCR combined with ethidium monoazide pretreatment confirmed cell membrane permeability was increased after exposure to the nanoparticles. In a cell free assay, a low level (1.1 μM) of $H_2O_2$ was detected in the nanoparticle suspensions. Consistently, MgO nanoparticles greatly induced the gene expression of KatA, a sole catalase in C. jejuni for breaking down $H_2O_2$ to $H_2O$ and $O_2$.

Conclusions: MgO nanoparticles have strong antibacterial activity against three important foodborne pathogens. The interaction of nanoparticles with bacterial cells causes cell membrane leakage, induces oxidative stress, and ultimately leads to cell death.

Keywords: MgO nanoparticles, Foodborne pathogens, Antimicrobial mechanism, $H_2O_2$, Oxidative stress
Metal oxide nanoparticles such as ZnO, MgO, CuO, CaO, Ag2O, and TiO2 are a new class of antimicrobial agents that have been increasingly studied for their antibacterial properties and potential applications in food, the environment, and healthcare [8, 9]. As nanoscale (<100 nm) inorganic materials, metal oxide nanoparticles have distinct features including broad spectrum antibacterial activity, large surface area of interaction with cells, low possibility for bacteria to develop resistance, high stability even under harsh conditions, and tunable sizes, shapes, surface properties, and chemical compositions, which lead to great potential for developing nanomaterials as effective antimicrobial agents. Among these, nanostructured MgO is particularly interesting due to its strong antibacterial activity, but high thermal stability and low cost.

The mechanism of metal oxide nanoparticle action on bacteria is complicated and not fully understood. It has been reported that the antibacterial activity of MgO nanoparticles is attributed to the production of reactive oxygen species (ROS) which induce lipid peroxidation in bacteria [10]. In contrast, non-ROS mediated bacterial toxicity was also found in MgO nanoparticles, suggesting oxidative stress might not be the primary mechanism of cell death [11]. Furthermore, the antibacterial effect not only depends upon the sizes, shapes, chemical composition, and surface properties (e.g. hydrophobicity) of the nanoparticles, but also varies with bacterial species [12, 13]. Several studies have shown that smaller particles have greater antibacterial activity due to higher reactive surface area [9]. However, aggregations of very small nanoparticles (~5 nm) could reduce the efficiency of interaction with bacteria. It also has been reported that MgO and CuO nanoparticles had substantially higher antibacterial activities on Gram-positive (G+) bacteria, presumably due to the differences in cell membrane structure between these organisms. Our previous study showed that ZnO nanoparticles displayed extremely strong activity against C. jejuni compared to E. coli O157:H7 or Salmonella likely due to the different tolerances of these organisms to oxidative stress induced by nanoparticles [13].

Cytotoxicity is a major concern in the development of antimicrobial agents. MgO has been used as a mineral supplement for magnesium, an essential nutrient for the human body. As a medicine, MgO is used for the relief of cardiovascular disease and stomach problems. At low concentrations (0.3 mg/ml), MgO nanoparticles were reported to not be toxic to human cells [14]. However, toxic effects are greatly dependent on the physical and chemical properties of nanoparticles as well as the types of cells tested [15, 16]. Hence, extensive evaluation of nanoparticles on different biological systems is needed to determine the toxicity of nanoparticles. Understanding of the mechanism of nanoparticle action on bacteria could provide useful guidelines for rational design and assembly of effective antibacterial derivatives. Advanced strategies, such as packaging multiple antimicrobial agents into the same nanoparticle, coating nanoparticles with biodegradable materials, and engineering target-specific nanoparticles for delivery to infection site, have emerged to improve antimicrobial activities and reduce undesirable side effects of nanoparticles.

The aim of this research was to study the antimicrobial activity and mechanism of action of MgO nanoparticles on three major foodborne pathogens. Through scanning electron microscopy (SEM) examination of cell morphology and membrane structure, ethidium monooxazide combined with quantitative real-time PCR (EMA-qPCR) measurement of membrane permeability, transcriptional analysis of oxidative stress defense genes, and quantification of H2O2 produced in nanoparticle suspensions, we suggested the most conceivable mechanism of action of MgO nanoparticles on bacteria.

**Methods**

**MgO nanoparticles**

MgO nanoparticles with an average size of 20 nm were purchased from Nanostructured & Amorphous Materials, Inc. (Houston, TX, USA). ZnO nanoparticles (average size of 30 nm) were from Inframat Advanced Materials LLC (Manchester, CT, USA). A stock suspension (8 mg/ml) was freshly prepared by resuspending 80 mg of the nanoparticles into 10 ml ddH2O for H2O2 production assay or Mueller Hinton broth (MH broth; Becton–Dickinson Co., Sparks, MD, USA) for cell culture experiments. All of the nanoparticle suspensions were homogenized by vigorous vortexing prior to use in the following experiments.

**Bacterial culture conditions**

*Campylobacter jejuni* 81–176 was statically grown at 42 °C in MH broth in a microaerophilic workstation (Don Whitley Scientific, Ltd., Shipley, UK) maintaining an atmosphere of 5 % O2, 10 % CO2, 85 % N2, and 82 % relative humidity. *Salmonella enterica* serovar Enteritidis ATCC 13076 and *E. coli* O157:H7 EDL 933 were aerobically grown at 37 °C in MH broth with shaking at 190 revolution per minute (rpm) (Innova 42, New Brunswick, Enfield, CT, USA).

**Minimum inhibitory concentration of MgO nanoparticles**

The viability of bacterial cells when exposed to varying concentrations of MgO nanoparticles was analyzed in a 96-well plate using the Resazurin Cell Viability Assay Kit (Bio Trend Chemicals LLC, Destin, FL, USA).
Resazurin indicates cell viability by changing from a blue/non-fluorescent state to a pink/highly fluorescent state upon chemical reduction resulting from aerobic respiration due to cell growth. Overnight cultures of C. jejuni, E. coli O157:H7, and S. Enteritidis were diluted to approx. 10^6 CFU/ml. MgO nanoparticles were diluted 1:2 in MH broth from a starting concentration of 8 mg/ml in successive columns of a microtiter plate to an ending concentration of 0.03 mg/ml. To each well containing 100 μl of MgO nanoparticle suspension and 100 μl of the diluted bacteria, 20 μl of Resazurin dye was added and mixed thoroughly. Each microorganism was tested in a different plate with eight replicates of each concentration of MgO nanoparticles. Three controls without nanoparticles (100 μl each of MH broth without cells, and live and heat-killed cells at 10^6 CFU/ml) were also included in each plate. The plates were then incubated aerobically at 37 °C for E. coli and Salmonella or under microaerophilic conditions overnight at 42 °C for Campylobacter. After incubation, the plates were subjected to fluorescence measurement at an excitation wavelength of 530 nm and emission wavelength of 590 nm using a Tecan Safire2 measurement at an excitation wavelength of 530 nm and incubation, the plates were subjected to fluorescence conditions overnight at 42 °C for 24 h. At specific time intervals (0, 0.5, 1, 2, 4, 6 and 8 h), 1 ml of each sample was collected to determine colony-forming units (CFU) on MH agar by the 6 × 6 drop plate method [17]. The average number of CFU/ml (log_{10}) and standard deviation from 6 replicates were used to plot each data point.

**Antimicrobial effects of MgO nanoparticles**

The antimicrobial effects of MgO nanoparticles were studied by exposing 10^8−9 CFU/ml of C. jejuni, E. coli O157:H7, and S. Enteritidis to 0, 0.5, 1, 2, 4 and 8 mg/ml nanoparticles. The samples were incubated aerobically at 37 °C for E. coli and Salmonella or microaerobically at 42 °C for Campylobacter for a total of 24 h. At specific time intervals (0, 0.5, 1, 2, 4, 6 and 8 h), 1 ml of each sample was collected to determine colony-forming units (CFU) on MH broth by the 6 × 6 drop plate method [17]. The average number of CFU/ml (log_{10}) and standard deviation from 6 replicates were used to plot each data point.

**Morphological analysis by scanning electron microscope**

Bacterial cultures of E. coli O157:H7, S. Enteritidis, and C. jejuni were treated with 0, 1 and 2 mg/ml MgO nanoparticles for 8 h. Aliquots of 1 ml samples were centrifuged for 2 min at 4000 rpm and the cell pellets were resuspended in 0.1 ml MH broth. Subsequently, 20 μl of each concentrated sample was deposited and spread onto a glass coverslip pre-washed with acetone and ethanol. After drying the slips for 15 min at 37 °C, the bacterial cells were subjected to fixation, dehydration, and critical point drying for SEM analysis as described previously [13].

**EMA-qPCR assessment of cell membrane integrity**

EMA-qPCR analysis of C. jejuni, E. coli O157:H7, and S. Enteritidis cells treated and untreated with MgO nanoparticles was carried out as described previously [18]. Briefly, late log phase cultures of Campylobacter were treated with 0, 1 and 2 mg/ml of MgO nanoparticles for 8 h at 42 °C in microaerophilic conditions. E. coli and Salmonella were treated with 0, 2 and 4 mg/ml of nanoparticles for 8 h aerobically at 37 °C. After incubation, 1 ml of each sample was treated with 20 μg/ml EMA in the dark for 5 min and subsequently exposed to a 600 W halogen light for 1 min on ice. Cells were immediately centrifuged at 8000 rpm for 5 min and washed with phosphate-buffered saline. Genomic DNA was extracted from the samples using the DNeasy Blood and Tissue kit (Qiagen, Valencia, CA, USA) and qPCR analyzed using a 7500 Real-Time PCR system (Applied Biosystems, Carlsbad, CA, USA). In the qPCR assay, organism-specific gene targets (hipO, rfbE, and invA), primers and TaqMan probes, and DNA standard curves were chosen for the detection of C. jejuni, E. coli, and Salmonella, respectively [18, 19]. The threshold cycle (Ct) values obtained from the EMA-qPCR assay were converted to DNA copy numbers based on the linear regression equations of the DNA standard curves. The copy number of the DNA target is equivalent to the genome copy of the bacterial cells and provides a good estimate for the number of cells.

**Gene expression analysis of nanoparticle treated and untreated cells**

Total cellular RNA was extracted from 100 ml of late-log phase (13 h microaerobic incubation) C. jejuni culture treated with 0 and 1 mg/ml MgO nanoparticles for 30 min by using TRI-Reagent® (Molecular Research Center, Inc. Cincinnati, OH, USA). DNase I treatment and reverse transcription of the RNA samples were carried out as previously described [20]. The expression of stress response genes was quantified by a real-time PCR assay using SYBR green master mix (Applied Biosystems, Foster City, CA, USA) and the primer sets described in our previous report [13]. Housekeeping genes tif, gyrA, and 16S rRNA were included as references for data normalization. The difference of gene expression between nanoparticle treated and untreated cells was calculated using 2^{−ΔΔCt} formula: ΔΔCt = ΔCt (treated sample) −ΔCt (untreated sample), ΔCt = Ct (target gene) − Ct (16S rRNA), and Ct is the threshold cycle value of the amplified target or reference gene [21].

**Quantification of H2O2 production in MgO and ZnO nanoparticle suspensions**

The assay of H2O2 released from nanoparticle suspensions was performed in a 96-well plate using the Red
Hydrogen Peroxide Assay Kit (Enzo Life Sciences, Inc. Farmingdale, NY, USA). The assay utilizes horseradish peroxidase (HRP) to catalyze the conversion of a red peroxidase substrate into resorufin (a highly colored and fluorescent compound) during the reduction of H$_2$O$_2$ to O$_2$ and H$_2$O. Scanning of resorufin absorbance was used for the detection of H$_2$O$_2$ production. Briefly, a 5 ml reagent mix was prepared by adding 50 μl of red peroxidase substrate (100×) and 200 μl of HRP (20 units/ml) into 4.75 ml assay buffer. To each well of a microtiter plate, 100 μl each of the freshly prepared reagent mixture and nanoparticle suspensions (0.5, 1, 2 and 4 mg/ml) were added. After 1-h incubation at room temperature, the plate was centrifuged at 4000 rpm for 5 min to pellet the nanoparticles. Subsequently, 100 μl supernatant from each well was transferred into an ultraviolet (UV) transparent plate and scanned for absorbance between 475 and 600 nm wavelengths using a Tecan Safire2™ microplate reader. To estimate the H$_2$O$_2$ concentrations in the nanoparticle suspensions, a standard curve was prepared using a set of 1:3 serial dilutions of H$_2$O$_2$ in distilled water (10, 3.33, 1.11, 0.37, 0.12, 0.04 and 0.01 μM) and scanned in the same assay. Distilled water was used as a blank for scanning. Each of the samples including the standards were analyzed in duplicate.

**Results**

**Minimum inhibitory concentration of MgO nanoparticles**

The viability of *C. jejuni*, *E. coli* O157:H7, and *S. Enteritidis* when exposed to varying concentrations of MgO nanoparticles was determined using an oxidation–reduction assay. Resazurin, a redox sensitive dye, was used to indicate cell viability. Metabolically active cells reduce the non-fluorescent blue resazurin to fluorescent red resorufin. Non-living cells do not reduce the resazurin, and thus indicate cell death. This visible change in color and fluorescence indicates the cells are viable. Freshly grown and diluted bacterial cultures in MH broth (approx. 10$^4$ CFU/ml) were exposed to MgO nanoparticles at concentrations ranging from 0.03 to 8 mg/ml. *C. jejuni* cells were rendered non-viable after treatment with 0.5 mg/ml of MgO nanoparticles. *E. coli* O157:H7 and *S. Enteritidis* were inactivated with 1 mg/ml of MgO nanoparticles (Fig. 1). This indicates that *C. jejuni* is more susceptible to the antimicrobial effects of MgO nanoparticles than *E. coli* O157:H7 or *S. Enteritidis.

**Lethal effect of MgO nanoparticles**

The observed antimicrobial effect was further investigated by exposing 10$^8$ CFU/ml *C. jejuni* and 10$^8$ CFU/ml *E. coli* O157:H7 and *S. Enteritidis* to 0, 0.5, 1, 2, 4 and 8 mg/ml MgO nanoparticles over a set time trial (Fig. 2). Live cells were measured by the colony forming units on MH agar. At a concentration of 2 mg/ml MgO nanoparticles, *C. jejuni* was reduced 6 orders of magnitude after 2 h and completely killed after 4 h. At 4 mg/ml, *C. jejuni* was completely killed within 1 h. On the contrary, 8 mg/ml MgO nanoparticles were required to kill all *E. coli* O157:H7 and *S. Enteritidis* cells in 4 h and 4 mg/ml in 6 h. In addition, *E. coli* O157:H7 could also be killed by 2 mg/ml in 8 h, whereas *S. Enteritidis* was only reduced 5 logs after the same exposure. This demonstrates again that MgO nanoparticles are effective at killing *C. jejuni* at low concentrations in short periods of time. They are also advantageous at killing *E. coli* O157:H7 and *S. Enteritidis* within 4 h.

**MgO nanoparticles alter bacterial cell morphology and membrane structure**

To explore antimicrobial mechanism of the nanoparticles, scanning electron microscopy was used to examine the morphological and membrane structure changes of *C. jejuni*, *E. coli* O157:H7, and *S. Enteritidis* induced by MgO nanoparticles. Bacterial cells in late-log growth
were treated with sub-lethal doses of MgO nanoparticles (1 and 2 mg/ml) for 4 h and collected for SEM study. Both treated and untreated cells were incubated under the same conditions and analyzed by SEM in parallel in order to observe the differences between the control and cells exposed to nanoparticles. SEM images in Fig. 3 show all of the untreated cells have intact and smooth surfaces. As expected, *C. jejuni* cells are spiral-shaped, whereas *E. coli* O157:H7 and *S. Enteritidis* are rod-shaped. After incubation with a sub-lethal concentration of nanoparticles, *C. jejuni* cells underwent significant morphological changes from spiral to coccoid form, but *E. coli* O157:H7 and *S. Enteritidis* remained rod shaped. Noticeably, all of the treated cells displayed some deep craters on their membrane surface, indicating a degree of membrane structure damage. These cells appear to be shorter and more compact, suggesting there could be some leakage of the cellular contents caused by the treatment. No cell lysis was noticed after the treatment of sub-lethal concentrations of nanoparticles.

**MgO nanoparticles increase *C. jejuni* membrane permeability**

To further investigate the effect of MgO nanoparticles on cell membrane integrity and permeability, ethidium monooxide-qPCR assay was employed. Ethidium monooxide (EMA) is a DNA-binding intercalator that enters cells through compromised membranes. After photo cross-linking, the intercalation between EMA and cellular DNA becomes irreversible due to the formation of intermolecular covalent bonds. The EMA-bound DNA cannot be amplified by PCR, thus indicating membrane damage.

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**Fig. 2** Antimicrobial effect of MgO nanoparticles against *C. jejuni*, *E. coli* O157:H7, and *S. Enteritidis*. Various concentrations of nanoparticles were applied to approx. 10⁵ CFU/ml of *C. jejuni* and 10⁶ CFU/ml of *E. coli* O157:H7 or *S. Enteritidis*. At different times after the treatment, viable cell counts were measured by culturing bacterial colonies on MH agar plates. Each of the CFU/ml value represents the mean of six replicates.

**Fig. 3** Scanning electron micrographs of *C. jejuni*, *E. coli* O157:H7, and *S. Enteritidis*. SEM images were taken from the bacterial cells of *C. jejuni*, *E. coli* O157:H7, and *S. Enteritidis* treated (right panel) with 2 mg/ml MgO nanoparticles for 8 h. The control cells (left panel) were incubated under the same conditions without adding nanoparticles.
The membrane permeability of C. jejuni after exposure to 1 and 2 mg/ml MgO nanoparticles for 4 h was assessed by EMA-qPCR assay. The results in Fig. 4 show that cells exposed to MgO nanoparticles had a nearly 1-log reduction in DNA amplification, indicating EMA penetration via damaged membranes. Similar experiments were performed on E. coli O157:H7 and S. Enteritidis cells after exposure to 2 and 4 mg/ml MgO nanoparticles. The effects of membrane leakage by MgO nanoparticles were less noticeable compared to C. jejuni (data not shown). Together, these results indicate that MgO nanoparticles increase cell membrane permeability and that C. jejuni is more susceptible to the membrane damage than E. coli O157:H7 and S. Enteritidis.

MgO nanoparticles induce the expression of oxidative stress response genes in C. jejuni

To study the molecular mechanism of MgO nanoparticle action on bacteria, expression of the genes involved in oxidative and general stress defenses was examined in C. jejuni. Late-log phase cells exposed to 1 mg/ml MgO nanoparticles for 30 min were collected for transcription analysis. Transcripts/mRNAs of these genes were prepared and quantified by reverse transcription-qPCR. In response to the treatment, the expression of oxidative stress response genes katA (encoding catalase), ahpC (encoding alkyl hydroperoxide reductase), and dps (encoding bacterioferritin) were upregulated 44-, 5- and 4-fold, respectively (Fig. 5). In addition, general stress response gene spoT (encoding a bifunctional (p) ppGpp synthetase/hydrolase) was also expressed 22-fold higher. As controls, transcriptions of housekeeping genes gyrA, tsf, and 16 s rRNA were not significantly affected. katA is the sole catalase gene present in C. jejuni and is essential for resistance to hydrogen peroxide [22]. spoT is a stringent response gene required for survival under high O2 [23]. Dramatic increase of the catalase gene (katA) and stringent response gene (spoT) expression in response to treatment strongly suggests MgO nanoparticles induce oxidative stress in C. jejuni cells. To survive, bacteria regulate their detoxification system by increasing their level of oxidative stress defense proteins as well as some of the general stress response proteins.

Nanoparticle suspensions generate hydrogen peroxide

To further investigate the causes of oxidative stress in bacteria by MgO nanoparticles, we measured hydrogen peroxide (H2O2) produced in nanoparticle suspensions by using the highly sensitive Red Hydrogen Peroxide assay kit (with sensitivity as low as 10 pmol). H2O2 contains a highly reactive oxygen species and is able to penetrate into cells to cause oxidative stress. Since H2O2 is the most unstable form of reactive oxygen species, all the nanoparticle suspensions and H2O2 standard solutions were freshly prepared for the study. The levels of H2O2 produced in nanoparticle suspensions were determined by scanning the absorbance of resorufin fluorescence between 475 and 600 nm wavelengths and shown in Fig. 6. Referenced to the fluorescent absorbance of known concentrations of H2O2 standards (0.12, 0.37, 1.1, 3.3 and 10 μM), the H2O2 released in MgO nanoparticle suspension was estimated to be ca. 1.1 μM. In the same assay, a low level of H2O2 (ca. 0.12 μM) was also detected in ZnO nanoparticle suspensions, suggesting the H2O2 generated from MgO/ZnO nanoparticles contributed to antibacterial activity by inducing oxidative stress in cells.

Discussion

In this study, we have shown that MgO nanoparticles have a strong antimicrobial activity against three major foodborne pathogens from both the microplate-based resazurin assay and viable cell count method. The use of visible color change of resazurin from blue to red as an indicator of cell growth not only made the detection simple and fast, but allowed us to avoid the turbidity problem of insoluble nanoparticles interfering with cell optical density measurements. By using this assay, we determined that the minimal inhibitory concentrations of MgO nanoparticles against 10^4 CFU/ml of C. jejuni and E. coli O157:H7/Salmonella were 0.5 and 1 mg/ml, respectively. This is reasonably close to the result reported by Krishnamoorthy et al. [24] which showed the MIC of MgO nanoparticles (average size 25 μM) to 5 × 10^5 CFU/ml of E. coli was 0.5 mg/ml. The slight variances of the MICs found in these studies might be due to the size and/or shape variations of the nanoparticles or the different numbers of cells used.

By viable cell count, we found at least 2 mg/ml nanoparticles (equivalent to 1.3 × 10^14 of 20 nm size and sphere-shaped MgO nanoparticles per ml) were required
to completely inactivate $10^8$ CFU/ml of C. jejuni, and 4 mg/ml was the minimal amount of nanoparticles needed to kill $10^9$ CFU/ml of E. coli O157:H7 or Salmonella. Apparently, higher concentrations of MgO nanoparticles were required to inactivate increased numbers of bacterial cells. Also, C. jejuni cells were found to be more susceptible to the nanoparticles than E. coli O157:H7 or Salmonella.

In this study, we chose C. jejuni, a microaerophilic bacterium, as a model organism to study the expression of stress defense genes. C. jejuni is extremely sensitive to oxidative stress due to the lack of SoxRS and OxyR, the most important regulatory proteins of oxidative stress defense in E. coli and Salmonella. It has been known that C. jejuni uses a number of enzymes including KatA, SodB, AhpC, Dps, Tpx, and Bcp to detoxify a low level of endogenous H$_2$O$_2$ produced during cell metabolism and as a defense to the oxidative stresses potentially encountered in a host and the environment [25]. To better understand bacterial cell responses to the nanoparticle treatment, we selected a number of genes associated with oxidative stress and general stress defenses as targets of transcriptional study. Of the important anti-oxidative stress proteins in C. jejuni, KatA is the only catalase and primary enzyme for decomposing H$_2$O$_2$ to H$_2$O and O$_2$; AhpC is the secondary enzyme for reducing H$_2$O$_2$ and is responsible for removal of low level of H$_2$O$_2$ from cells; and Dps protects cellular DNA from oxidative damage [26–28].

From transcriptional analysis of the stress response genes, we found the expression of katA, ahpC, and dps were significantly increased in response to a sub-lethal concentration of MgO nanoparticle treatment. Interestingly, the same set of stress response genes (katA, ahpC, and dps) were also found expressed at higher levels in the C. jejuni cells treated with 1 mM H$_2$O$_2$ [29]. H$_2$O$_2$ is highly reactive to cell biomolecules (e.g. DNA, proteins, and lipids) and causes oxidative stress in bacteria when present at high concentrations. Severe or continuous oxidative stress could result in failure of the cellular defense system and cell death. By using a highly sensitive cell-free assay, we detected approximately 0.12 and 1.1 μM H$_2$O$_2$ in ZnO and MgO nanoparticle suspensions, respectively. The concentrations of H$_2$O$_2$ produced in these nanoparticle suspensions seem to be relatively low, so it is possible...
that the production of H$_2$O$_2$ from nanoparticles is not the sole mechanism for the antibacterial activity of MgO/ZnO nanoparticles. SEM analysis showed considerable cell morphology change and membrane disruption in the cells treated with MgO nanoparticles. Furthermore, the EMA-qPCR results provided from this study confirmed that MgO nanoparticles increased membrane permeability in the bacteria which likely resulted in the leakage of cell content.

Our previous study showed ZnO nanoparticles had remarkable anti-Campylobacter activity with the MIC 8–16 fold lower than E. coli and Salmonella [13] In this study, we did not find significant differences of MgO nanoparticles in inhibiting growth or inactivating cells between C. jejuni, E. coli O157:H7, and S. Enteritidis. However, the effects of ZnO and MgO nanoparticles on triggering cell morphology change, membrane leakage, and oxidative stress, were found to be similar, suggesting the modes of actions of these nanoparticles on bacteria might be similar but not exactly the same.

On the basis of these findings, we propose multiple mechanisms for the action of MgO nanoparticles on bacteria: (1) MgO nanoparticles continuously generate a certain level of H$_2$O$_2$ while in suspension, which induces oxidative stress in cells; (2) physical interaction between nanoparticles and cell surface disrupts bacterial membrane integrity and causes membrane leakage; (3) higher concentrations of nanoparticles lead to severe membrane damage, cell content release, irreversible oxidation of biomolecules (e.g. DNA, proteins, and lipids), and ultimately cell death.

Conclusions
This study demonstrated that MgO nanoparticles have strong antibacterial activity against three important foodborne pathogens and addressed the underlying mechanisms of MgO nanoparticles’ deleterious action on bacteria. The distinct evidence of H$_2$O$_2$ production in suspension of MgO nanoparticles, nanoparticle-induced expression of oxidative stress defense genes, alteration of cell morphology, and membrane leakage strongly suggests that the antibacterial mechanism of MgO nanoparticles is due to the induction of oxidative stress and disruption of membrane integrity in bacterial cells.

Abbreviations
CFU: colony forming unit; C. jejuni: Campylobacter jejuni; E. coli: Escherichia coli; S. Enteritidis: Salmonella Enteritidis; KatA: catalase; ROS: reactive oxygen species; G+ Gram positive; G− Gram negative; SEM: scanning electron microscopy; EMA: ethidium monoazide; qPCR: quantitative real-time PCR; MH: Mueller–Hinton; MIC: minimum inhibitory concentration; rpm: revolution per minute; ATCC: American Type Culture Collection; Ct: threshold cycle; HRP: horseradish peroxidase; UV: ultraviolet.

Authors’ contributions
YH designed all of the experiments, performed all calculations and statistical analyses, participated in running most of the experiments and prepared the manuscript. PI and SI performed the experiments and statistical data analyses. SR and TS performed the experiments and helped to draft the manuscript. AG assisted in certain aspects of the experiments as well as drafting the manuscript. All authors read and approved the final manuscript.

Author details
Molecular Characterization of Foodborne Pathogens Research Unit, Eastern Regional Research Center, Agricultural Research Service, United States Department of Agriculture, 600 East Mermaid Lane, Wyndmoor, PA 19038, USA. *ICAR Research Complex for NEH Region, Umiam 793103, Meghalaya, India.

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Competing interests
The authors declare that they have no competing interests.

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