Isolation, identification, and application of lactic acid-producing bacteria using salted cheese whey substrate and immobilized cells technology

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Abstract

Background: Lactic acid bacteria (LAB) could be used for bio-production of lactic acid (LA) from wastes of dairy industries. This study aimed to produce LA using isolated and identified LAB capable of withstanding high salt concentration of salted cheese whey and adopting immobilization technique in repeated batch fermentation process.

Results: Seventy four isolates of LAB were isolated from salted cheese whey and examined for lactic acid production. The superior isolates were biochemically and molecularly identified as Enterococcus faecalis, Enterococcus faecium, and Enterococcus hirae. Then the best of them, Enterococcus faecalis, Enterococcus hirae and dual of them besides Lactobacillus casei were immobilized by sodium alginate 2% in entrapped cells. Repeated batch fermentation was executed for LA production from the mixture of salted whey and whey permeate (1:1) using immobilized strains during static state fermentation under optimum conditions (4% inoculum size in mixture contained 5% sucrose and 0.5% calcium carbonate and incubation at 37 °C). The potent bacterial strain was Enterococcus faecalis which gave the maximum LA production of 36.95 g/l with a yield of 81% after 36 h incubation at 37 °C in presence of 5% sugar.

Conclusion: Immobilized cells exhibited good mechanical strength during repetitive fermentations and could be used in repetitive batch cultures for more than 126 days.

Keywords: Immobilization, Lactic acid bacteria, Salted cheese whey, Whey permeate

Background

Lactic acid (LA) is widely used for various applications in food and non-food industries. It has served as a raw material in the production of valuable products [1]. The commercial production level of LA can be achieved using either chemical synthesis or microbial fermentation. However, fermentation method is more preferable due to environment and substrate concerns related to chemical method [2].

Lactic acid bacteria (LAB) are classified into two groups; homofermentative and heterofermentative. Homofermentative LAB can exclusively produce only lactic acid from glucose, while heterofermentative LAB produce other substances like ethanol and CO2 with LA from glucose. LAB typically needs complex nutritional requirements for growth, because of their limited ability to synthesize their own growth factors such as B vitamins and amino acids. They need some elements for growth such as carbon and nitrogen sources in form of carbohydrates, amino acids, vitamins, and minerals [3].

Cheese whey is an industrial waste or by-product of dairy plants. It could be used as a substrate for lactic acid production. Whey contains lactose, protein, fat,
and mineral salts. Microorganisms such as *Lactobacillus helveticus* [4] and *Lacticaseibacillus casei* [5] are used for production of lactic acid from cheese whey. Whey permeate is a by-product obtained when whey is passed through an ultrafiltration membrane to concentrate milk proteins, so whey proteins are retained by the membrane, whereas smaller molecules such as lactose and salts pass through the membrane forming the whey permeate. Whey permeate is readily a valuable and low cost substrate for production of lactic acid [6].

Immobilization of microbial cells is among the procedures to increase cell retention and cell density in the bioreactors, also immobilization of cells provides minimal lag phase, tolerance to high concentration of sugar, improvement of pH control, and high productivity. Several materials such as Ca-alginate gels, polyethylene amine and plastic composite support have been utilized for immobilization of LAB cells to produce lactic acid [7, 8].

The aims of the present work were isolation and identification of lactic acid bacteria from salted cheese whey, maximizing lactic acid production from a mixture of salted cheese whey and whey permeate using free and immobilized cells of different LAB isolates using repeated batch culture technique.

**Methods**

**Microorganisms**

*Lacticaseibacillus casei* was obtained from department of Microbiology in a faculty of Agriculture, to examine its potential to produce lactic acid as a reference strain. The strain was stored at −20 °C by mixing the fresh sub-cultures with 20% glycerol [9]. Before testing, the strain was sub-cultured at appropriate temperature in sterile MRS agar medium.

**Raw materials**

Salted cheese whey (contained total solids 10.5%; lactose 4.9%, protein 0.8%, fat 0.12%, salt 4%, and ash 0.09%) was obtained from Dairy Science department in a faculty of Agriculture and used for isolation of LAB. The strain was stored at −20 °C by mixing the fresh sub-cultures with 20% glycerol [9]. Before using the isolates, frozen cultures were sub-cultured overnight.

**Isolation of LAB from salted cheese whey**

A sample of salted cheese whey was applied using plate count method on selective agar media, the M17 agar medium for lactococci and enterococci [12], MRS medium for lactobacilli [13]. Developed typical colonies were picked up and purified twice. Pure cultures were grown on M17 or MRS agar at 37 °C for 24 h and stored at −20 °C with 20% glycerol [9]. Before using the isolates, frozen cultures were sub-cultured overnight.

**Morphological and biochemical characterization of LAB isolates**

Isolates were cultivated on M17 or MRS agar media at 37 °C for 24 h and used for identification and fermentation process. LAB were phenotypically identified based on morphological and biochemical characters; Gram staining, oxygen requirements, catalase activity [14], litmus milk test [15], CO2 production from glucose and fermentation of sugars (sucrose, mannitol, rhamnose, sorbitol, and maltose), as well as growth at 10, 45, and 50 °C in 6.5% NaCl and pH 9.6 according to [16], Phenol red broth base medium [17] is recommended for carbohydrate fermentation. Growth of bacterial isolates at different temperatures 10, 45, and 50 °C in 6.5% NaCl and pH 9.6 was tested in M17 or MRS.

**Screening of isolates for lactic acid production**

Different set of batches were carried out to study the ability of bacterial isolates to produce lactic acid using different fermentation media containing (salted cheese whey, whey permeate, as well as mixture of both (1:1)) supplemented with SN nutrients (manganese sulphate 20 mg/l, yeast extract 0.75%) at temperature 37 °C for 36 h using inoculum size 4%. All batches were carried out in conical flasks containing 100 ml working volume at static state fermentation.

**Molecular identification of efficient LA-producing isolates**

**Bacterial DNA extraction**

Bacterial isolates were grown in broth medium for 24 h at 37 °C then harvested by centrifugation at 12,000 g for 5 min. After washing of bacterial pellets for three times using 0.85% NaCl saline, genomic deoxyribonucleic acid (DNA) was extracted using Gene JET genomic DNA purification Kit (Thermo scientific, Lithuania) [18]. DNA yields and purity were checked using both nanodrop spectrophotometer and agarose gel electrophoresis.

**Bacterial fingerprints and genotypic diversity**

The BOX-PCR fingerprints of bacteria were generated according to [19] using BOXA1R primer (CTA CGGCAAGGCGACGCTGACG). Eight microliters of the PCR products were separated by 1.5% agarose gel electrophoresis in 0.5 X TBE-buffer for 4 h (50 V). The BOX-PCR fingerprints patterns were checked and compared visually.
**Identification of bacterial isolates by 16S rRNA gene sequencing**

The 16S ribosomal ribonucleic acid (rRNA) gene fragments of 6 lactic acid-producing isolates were amplified using the universal primers F-27 (5′-AGAGTTTGATCMTGCGCTCAG-3′) and R1494 (5′-CTACGGYTACCTTGGTACGAC-3′) using PCR machine (Bio-rad T100 thermal cycler). PCR products were checked via agarose gel electrophoresis then purified using gel extraction kit (Thermo scientific, Lithuania) and sequenced by Macro - gel electrophoresis then purified using gel extraction kit (Thermo scientific, Lithuania) and sequenced by Macro.

**Phylogenetic analysis of bacterial isolates**

The evolutionary history was inferred using the neighbor-joining method. The tree was computed using the maximum composite likelihood method. The analysis involved 28 nucleotide sequences of which 6 sequences of 16S rRNA gene amplified from bacterial isolates of current study while 22 sequences representing the most similar hits were obtained from the National Center for Biotechnology Information (NCBI) gene bank data base. Evolutionary analyses were conducted in MEGAS5 software.

**Optimization of parameters for LA production using immobilized cells**

Optimization of process parameters for LA production using the most efficient two bacterial isolates (Ent.58 and Ent.68) and L. casei were carried out in batches in 250 ml conical flask containing the fermentation media (100 ml working volume of whey permeate and salted cheese whey (1:1)) using immobilized cells and repeated batches technique to study the effects of calcium carbonate (CaCO₃ 0.5%), incubation temperature (30, 37, and 45 °C), inoculum size (2–4%), and different concentrations of sucrose (5 and 10%) during fermentation for 36 h under static state fermentation conditions. Bacterial cultures were examined in M17 and MRS synthetic broth media for biomass production, respectively. Conical flasks (250 ml) containing 100 ml of media were inoculated with freshly activated 4% (v/v) inoculum and incubated at 37 °C for 24 h.

**Immobilization and cell entrapment method of bacterial cells**

According to [20], immobilization of bacterial isolates (Ent.58, Ent.68, and dual of them) and L. casei was conducted as follows; cells were harvested by centrifugation at 4000 rpm for 15 min at 4 °C and washed by 0.1% (w/v) sterile water peptone. The pellets were suspended in 5 ml of 0.1% (w/v) sterile water peptone and mixed with equal volume of sodium alginate solution to yield a final alginate concentration of 2%. The mixture was gently added drop-wise to sterile stirred 1% CaCl₂ through a needle, where alginate drops have solidified by CaCl₂ forming beads which entrapped bacterial cells. After 30 min of jellification, beads in diameter 2 mm were washed twice with sterile saline solution to remove un-immobilized cells and excess calcium ions. Then, the beads were rinsed with 0.1% sterile water peptone and stored at 4 °C. Analytical growth of beads was carried out to determine the count of immobilized cells in one gram beads.

**Free and immobilized cells counting**

Count of immobilized cells was enumerated; beads (0.1 g) were liquefied in 100 ml of 1% sterilized sodium citrate solution (pH 6.0) and serially diluted in 0.1% water peptone [21]. Dilutions of free and immobilized cells were transferred into plates and counts were determined using M17 or MRS agar according to [13]. The plates were incubated at 37 °C for 48 h under anaerobic conditions [22].

**Repeated batches using immobilized cells for LA production**

To find out the optimal incubation time for the maximal lactic acid production, the fermentative medium was inoculated with immobilized bacterial cultures (Ent.58 and Ent.68 and dual of them as well as L. casei) and incubated for 24, 36, 72, and 96 h. Repeated batch (semi-continuous) fermentation in 250 ml conical flasks with working volume of 100 ml were used. Inoculum size of 4% was added to each flask containing 100 ml of salted cheese whey and whey permeate mixture supplemented with SN and incubated at 37 °C for 18, 27, 54, and 72 days representing 18 runs (each run 24, 36, 72, or 96 h, in which 100 ml of fermentation medium were added and 100 ml fermentation culture were withdrawn). At the end of each period, lactic acid production was estimated according to the higher production of LA, as well as LA yield and efficiency (conversion ratio) were calculated as follows:

\[
\text{Lactic acid yield (\%)} = \frac{\text{Lactic acid production}}{\text{Sugar utilized}} \times 100
\]

\[
\text{Conversion ratio (\%)} = \frac{\text{Initial sugar conc.} - \text{residual sugar conc.}}{\text{Initial sugar conc.}} \times 100
\]

**Analytical methods**

Lactose was measured by an enzymatic method according to [23]. The sample was diluted in distilled water (1:100), 80 μl were placed in spectrophotometer cuvette, then 20 μl of distilled water, 200 μl of citrate buffer, and 50 μl of lactozyme were added. The mixture was shaken and incubated at 25 °C for 20 min for lactose hydrolysis.
Then Peridochrom (2 ml) was added and incubated at 25 °C for 50 min, the developed color was measured at 510 nm in spectrophotometer, and blank solution without lactose was used as well. Reducing sugar was measured using 3,5-dinitrosalicylic acid (DNS) method of [24] as g/l, DNS reagent contains (DNS 1%, phenol 0.2%, sodium sulfite 0.05%, sodium hydroxide 1% and Rochelle salt; sodium potassium tartrate 20%). Three milliliters of DNS reagent were added to 2 ml of aliquot sample in a test tube; the mixture was heated in a boiling water bath for 5 min then cooled to room temperature. Light absorbance of sample and reagent blank was determined using spectrophotometer at 640 nm.

Lactic acid was determined using high performance liquid chromatograph (HPLC), before HPLC, samples were filtered using 0.20 μm membrane filters. A Bio-Rad Aminex HPX-87H column (300 × 7.8 mm) packed with a sulphonated divinyl benzene-styrene copolymer was used for the separation of compounds. The mobile phase (0.005 M H2SO4) was fed at a flow rate of 0.6 ml/min and temperature was kept at 50 °C. After HPLC, lactate concentration was spectrophotometrically estimated using an enzymatic kit (lactate-liquizyme, Schiffgraben, Hannover, Germany); 1 ml of reagent and 10 μl of sample were mixed and incubated at 37 °C for 5 min, then light absorbance was measured at 546 nm wavelength for sample and standard blank reagent (lactate conc. = (absorbance of sample / absorbance of standard) × 10) [25].

**Statistical analysis**

All experiments were achieved in triplicates in a completely randomized design. The significance of the main factors was estimated by analysis of variance (ANOVA). The significance of variance treatments was assessed by Duncan’s multiple range test ($P < 0.05$). Analyses were estimated using a software package “Costat,” a product of Cohort Software Inc., Berkeley, California. All results were reported as means of three replications. Standard deviation (SD) and least significant difference (LSD) were calculated.

**Results**

**Isolation and characterization of LAB from salted cheese whey**

Seventy-four isolates of LAB were isolated from salted cheese whey. All the 74 isolates were characterized as Gram positive, catalase negative, non-spore forming, rods, or cocci shaped. Morphological and biochemical results of the isolates are shown in Table 1. In general, the isolates were divided into three genera: *Lactococcus* (31 isolates, 41.89%), *Enterococcus* (30 isolates, 40.54%), and *Lactobacillus* (13 isolates, 17.57%).

| Characters | Lactobacilli | Lactococci | Enterococci |
|-----------|-------------|-----------|-------------|
| Cell shape | Rods        | Cocci     | Cocci       |
| Oxygen requirements | microaerophilic | facultative | facultative |
| Gram staining | +           | +         | +           |
| Catalase test | −          | −         | −           |
| Growth at 10 °C | −          | +         | +           |
| Growth at 45 °C | +          | −         | +           |
| Growth at 50 °C | +          | +         | −           |
| Growth in 6.5 % NaCl | −          | −         | −           |
| Growth at pH 9.6 | −          | −         | +           |
| Sugar fermentation | +          | ±         | +           |
| Mannitol | +           | ±         | +           |
| Maltose | +           | +         | +           |
| Rhamnose | −          | −         | ± or −      |
| Fructose | +           | ±         | +           |
| Galactose | +          | ±         | +           |
| Xylose | −          | +         | ± or −      |

**Screening of lactic acid-producing isolates using salted cheese whey and whey permeate mixture (1:1)**

The isolates were examined for production of LA in mixture of salted cheese whey and whey permeate (1:1) supplemented with SN at temperature 37 °C for 36 h and inoculum size of 4%. Isolates were sorted according to production of LA (g/l) as follow: 15 isolates produced 15.01 to 16.27 g/l, 29 isolates produced 14.01 to 14.98 g/l, 18 isolates produced 13.03 to 13.99 g/l, and 12 isolates produced 10.95 to 12.87 g/l.

**Production of lactic acid using salted cheese whey**

The superior 21 LA-producing isolates which gave highest LA production levels in salted cheese whey and whey permeate mixture were chosen to study effect of salt on LA production using salted whey (4% salt). Isolates *Ent*.68, *Ent*.58, and *L*.6 gave LA yield ranging between 74.1 and 70.6 %. The highest production of LA was 15.93 g/l with yield 74.1% by isolate *Ent*.68 with efficiency of 43% in Fig. 1.

**Production of lactic acid using whey permeate**

The potent ten LA-producing isolates were used to produce LA using different media (whey permeate, salted cheese whey, and mixture of both (1:1)) supplemented with SN at temperature of 37 °C for 36 h and 4% inoculum size. Results in Table 2 showed that when using whey permeate, isolate (*Ent*.68) gave the highest LA production (14.8 ± 0.09 g/l) with yield of...
57.4% followed by isolate (*Ent*.58) producing 14.7 ± 0.1 g/l LA with 57% yield. LSD$_{0.05}$ was 0.083 for isolated strains while LSD$_{0.05}$ was 0.046 for culture media. In salted cheese whey medium, the best bacterial isolates were *Ent*.68 and *Ent*.58, which produced LA 15.93 ± 0.13 g/l and 15.43 ± 0.03 g/l with yields of 74.1 and 71.4%, respectively. In whey permeate and salted cheese whey mixture (1:1), *Ent*.68 and *Ent*.58 produced LA 16.27 ± 0.09 g/l and 16.23 ± 0.03 g/l with yields of 55.2 and 56.6%, respectively. Therefore, isolates *Ent*.68 and *Ent*.58 were used for further experiments.

**Molecular identification of efficient isolates for LA production**

**Bacterial fingerprints and genotypic diversity**

BOX-PCR fingerprints were generated for 9 bacterial isolates obtained from salted cheese whey. The fingerprint profiles in Fig. 2 showed the genotypic diversity of tested isolates, identical fingerprint profiles were detected among the isolates 48, 51, and 65 and also among the isolates 53, 54, and 58. One representative isolate of each different fingerprint profile was identified based on the sequence of 16S rRNA gene. Furthermore, the fingerprint profiles confirmed by the results of 16S rRNA gene sequencing, as more similar fingerprint profiles (isolates; 30 and 58) compared to the fingerprint profile of isolate 65, showed also higher similarity based on 16S rRNA gene sequences as shown in the phylogenetic tree in Fig. 3. Dark circles refer to the closest hits obtained from the NCBI gene bank.

**Identification of bacterial isolates by 16S rRNA gene sequencing**

The 16S rRNA gene sequence analysis of 6 bacterial isolates representing different BOX-PCR fingerprint profiles are presented in Fig. 2, in addition to the reference bacterial strain *Lactocaseibacillus casei*. The 16S rRNA sequence of isolates 30, 58, and 65 showed 100% similarity to *Enterococcus faecalis*, isolate 57 was 100% similar to *Enterococcus faecium*, while isolate 68 showed 100% similarity to *Enterococcus hirae*. 16S rRNA sequences were deposited in the Gene Bank under the accession numbers from MN120883 to MN120887 in Table 3.

**Optimization of fermentation process parameters for lactic acid production**

To maximize LA production, the most active two strains *Enterococcus faecalis*-58 and *Enterococcus hirae*-68 were used to produce LA using mixture of whey permeate and salted cheese whey (1:1) as presented in Table 4.

**Inoculum size**

To study the effect of inoculum size on LA production, different inocula sizes (2, 3, and 4%, v/v) were added to the fermentation medium supplemented with SN nutrients and CaCO$_3$ 0.5% at 37°C for 36 h under static condition. LA production increased with increasing inoculum size up to 4% being 16.23 ± 0.23 and 16.27 ± 0.27 g/l with yields of 57 and 59% by *Ent. faecalis*-58 and *Ent. hirae*-68, respectively, LSD at 0.05 was 0.326.

![Fig. 1 Production of lactic acid using the best 21 isolates in salted whey (LSD 0.05% = 0.381 for isolates)](image-url)
Table 2  Lactic acid production using whey permeate, salted whey and their mixture

| Isolates | Lactic acid (g/l) (mean ± SD) | Consumed sugar(g/l) | Yield (%) | Efficiency (%) | Lactic acid (g/l) (mean ± SD) | Consumed sugar(g/l) | Yield (%) | Efficiency (%) | Lactic acid (g/l) (mean ± SD) | Consumed sugar (g/l) | Yield (%) | Efficiency (%) |
|----------|-------------------------------|----------------------|------------|----------------|-------------------------------|----------------------|------------|----------------|-------------------------------|----------------------|------------|----------------|
| L. 6     | 14.66 ± 0.06                  | 261                  | 56         | 522            | 14.35 ± 0.1                  | 234                  | 61.3       | 468            | 15.34 ± 0.05                  | 288                  | 53         | 57.6           |
| Ent. 30  | 14.04 ± 0.05                  | 269                  | 52         | 538            | 15.31 ± 0.03                 | 21.7                 | 70.6       | 434            | 16.04 ± 0.04                  | 282                  | 57         | 56.4           |
| Ent. 48  | 13.26 ± 0.06                  | 227                  | 58         | 454            | 14.83 ± 0.08                 | 22                   | 67.4       | 44             | 15.64 ± 0.05                  | 41.6                  | 38         | 83.2           |
| Ent. 51  | 10.62 ± 0.12                  | 17                   | 62         | 34             | 14.78 ± 0.08                 | 21.7                 | 68.1       | 434            | 15.45 ± 0.07                  | 41.1                  | 38         | 82.2           |
| Ent. 53  | 14.19 ± 0.19                  | 275                  | 52         | 55             | 15.06 ± 0.06                 | 21.8                 | 69.1       | 436            | 16.02 ± 0.04                  | 21.6                  | 74         | 43.2           |
| Ent. 54  | 13.1 ± 0.11                   | 216                  | 61         | 432            | 15.01 ± 0.08                 | 21.9                 | 68.5       | 438            | 15.73 ± 0.05                  | 28.6                  | 55         | 57.2           |
| Ent. 57  | 13.73 ± 0.13                  | 23.3                 | 59         | 466            | 14.18 ± 0.16                 | 21.5                 | 66         | 43             | 15.31 ± 0.11                  | 39.7                  | 54         | 79.4           |
| Ent. 58  | 14.7 ± 0.1                    | 25.8                 | 57         | 516            | 15.43 ± 0.03                 | 21.6                 | 71.4       | 43.2           | 16.23 ± 0.03                  | 28.3                  | 57         | 56.6           |
| Ent. 65  | 13.73 ± 0.04                  | 23.3                 | 59         | 466            | 14.92 ± 0.02                 | 21.7                 | 68.8       | 43.4           | 15.7 ± 0.11                   | 28.1                  | 56         | 56.2           |
| Ent. 68  | 14.8 ± 0.09                   | 25.8                 | 57.4       | 51.6           | 15.93 ± 0.13                 | 21.5                 | 74.1       | 43             | 16.27 ± 0.09                  | 27.6                  | 59         | 55.2           |

Initial sugar concentration, 5% CaCO₃, 0.5; L., Lactobacillus; Ent., Enterococcus
LSD₀.₀₅= 0.083 for isolates, LSD₀.₀₅= 0.046 for culture media
Fig. 2  BOX-PCR fingerprints of 9 bacterial isolates obtained from salted whey; M, 1Kb ladder

Fig. 3  A neighbor-joining phylogenetic tree based on 16S rRNA gene sequences of 9 LAB isolates
Table 3  Bacterial identification and accession numbers of isolates

| Isolates No. | Identification   | Gene bank closest hit Accession number |
|--------------|-----------------|---------------------------------------|
| 30           | Enterococcus faecalis | 100.00% | MN749533.1 | MN120883 |
| 57           | Enterococcus faecium  | 100.00% | MN120884.1 | MN120884 |
| 58           | Enterococcus faecalis | 100.00% | MN120885.1 | MN120885 |
| 65           | Enterococcus faecalis | 100.00% | MN120886.1 | MN120886 |
| 68           | Enterococcus hirae   | 100.00% | MN629240.1 | MN120887 |

Incubation temperature
To determine the optimum temperature for LA production, the medium of salted whey and whey permeate mixture supplemented with SN, inoculum size (4%), CaCO$_3$ (0.5%) under static condition was incubated at different temperatures 30, 37, and 45 °C. Incubation at 37 °C gave the highest LA production levels of 16.23 ± 0.23 and 16.27 ± 0.27 g/l and yields of 57 and 59% using Ent. faecalis-58 and Ent. hirae-68, respectively; LSD at 0.05 was 0.277.

Addition of CaCO$_3$
In the presence of two different CaCO$_3$ concentrations (0% and 0.5%), the fermentation medium of (whey permeate and salted whey mixture (1:1)) supplemented with SN was inoculated by 4% inoculum size and incubated at 37 °C for 36 h under static condition. CaCO$_3$ 0.5% concentration seemed better than CaCO$_3$-free medium, where production of LA reached 16.23 ± 0.23 and 16.27 ± 0.27 g/l with yields of 57 and 59% for Ent. faecalis-58 and Ent. hirae-68, respectively; LSD at 0.05 was 0.314.

Production of LA using immobilized cells
Immobilization of bacterial cells
Analytical growth of beads revealed that 1.6 × 10$^9$ CFU/ml were immobilized in one gram beads of Ent. faecalis-58, Ent. hirae-68, dual of them and L. casei cells.

Effect of incubation period on LA production in salted cheese whey and whey permeate mixture (1:1) using immobilized cells and repeated batches fermentation
Repeated batches were used for LA production with immobilized cells of Ent. faecalis-58, Ent. hirae-68, mixture of them as well as L. casei under optimum conditions, which were determined based on batch fermentation results. Data represented in Table 5 showed that the maximum LA production and yield by Ent. hirae-68 were 36.13 ± 0.93 g/l and 89%, respectively, after 36 h of incubation period, while after 72 h of incubation, the maximum LA production and yield were 40.04 ± 0.54 g/l and 89%, respectively. After 96 h of incubation, the maximum LA production and yield reached 41 ± 0.4 g/l and 89%, respectively; LSD at 0.05 for lactic acid production was 1.22. In Table 6, using immobilized Ent. faecalis-58, the maximum LA production and yield were 36.95 ± 0.14 g/l and 81%, respectively, after 36 h of incubation period. After 72 h of incubation, the maximum LA production and yield reached 42.07 ± 0.1 g/l and 89%, respectively. After 96 h of incubation, the maximum LA production and yield reached 42.07 ± 0.3 g/l and 89%, respectively; LSD at 0.05 for lactic acid production was 0.633. From the point of economic, 36 h was chosen to complete the next experiments.

In Table 7, using mixture of immobilized cells of Ent. faecalis-58 and Ent. hirae-68 strains, LA production and yield reached 35 ± 0.11 g/l and 84%, respectively, after 36 h of incubation period, but they were 38 ± 0.11 g/l and 85% after 72 h of incubation and 31 ± 0.08 g/l and 82% after 96 h of incubation; LSD at 0.05 for lactic acid production was 0.327. For using of L. casei in Table 8, after 36 h of incubation period, the maximum LA production and yield were 36 ± 0.11 g/l and 77% respectively, while after 72 h were 35 ± 0.22 g/l and 74% in addition to 40 ± 0.3 g/l and 83% after 96 h of incubation period; LSD at 0.05 for lactic acid production was 0.502. Although immobilized entrapped cells could be used during repetitive batch fermentations for more than 72 days (96 h incubation for 18 runs), increasing LA production by increasing of incubation period was not significant, so incubation for 36 h was deemed effective and economic.

Effect of sugar concentration on LA production from salted cheese whey and whey permeate mixture using immobilized cells and repeated batch fermentation
Two different sugar concentrations were used (5 and 10% sucrose) to examine their effects on LA production by immobilized cells of Enterococcus faecalis-58 and Enterococcus hirae-68 at 37 °C for 126 days representing 84 runs (each run 36 h). As shown in Figs. 4 and 5 (Enterococcus faecalis-58), results indicated that 5% sugar was better than 10% sugar where LA production reached 36.95 g/l (LSD at 0.05 = 0.244) with yield of 81% using 5% sugar and decreased to 25.3 g/l (LSD at 0.05 = 0.315) with yield of 72 %, respectively as a result of sugar concentration increased to 10%. For immobilized cells of
Table 4  Effect of inoculum size, incubation temperature, and CaCO₃ concentration on lactic acid production

| Bacterial strains | Lactic acid (g/l) (mean ± SD) | Consumed sugar (g/l) | Yield (%) | Efficiency (%) | Lactic acid (g/l) (mean ± SD) | Consumed sugar (g/l) | Yield (%) | Efficiency (%) | LSD at 0.05 for lactic acid production |
|-------------------|-------------------------------|----------------------|-----------|----------------|-------------------------------|----------------------|-----------|----------------|--------------------------------------|
| Inoculum size     |                               |                      |           |                |                               |                      |           |                |                                      |
| Enterococcus faecalis-S8 | 9.66 ± 0.34  | 24.1  | 40  | 48            | 3%  | 9.85 ± 0.13  | 24.8  | 40  | 50            | 4%  | 16.23 ± 0.23  | 28.3  | 57  | 57            | 0.326                                |
| Enterococcus hirae-68  | 8.55 ± 0.26  | 21.9  | 39  | 44            | 3%  | 8.69 ± 0.28  | 23.7  | 37  | 47            | 4%  | 16.27 ± 0.27  | 27.6  | 59  | 55            |                                      |
| Incubation temperature | 30 °C        | 37 °C  | 45 °C |                | 3%  | 16.23 ± 0.23  | 28.3  | 57  | 57            | 4%  | 16.27 ± 0.27  | 27.6  | 59  | 55            | 0.277                                |
| Enterococcus faecalis-S8 | 9.98 ± 0.18  | 25.7  | 39  | 51            | 3%  | 16.23 ± 0.23  | 28.3  | 57  | 57            | 4%  | 16.27 ± 0.27  | 27.6  | 59  | 55            |                                      |
| Enterococcus hirae-68  | 8.50 ± 0.12  | 24.5  | 35  | 49            | 3%  | 16.27 ± 0.27  | 27.6  | 59  | 55            | 4%  | 16.28 ± 0.28  | 23.3  | 36  | 47            |                                      |
| CaCO₃ concentration | 0%              | 0.5%         | 0%         |                | 3%  | 16.23 ± 0.23  | 28.3  | 57  | 57            | 4%  | 16.27 ± 0.27  | 27.6  | 59  | 55            | 0.314                                |
| Enterococcus faecalis-S8 | 10.9 ± 0.3   | 26.3  | 41  | 53            | 3%  | 16.23 ± 0.23  | 28.3  | 57  | 57            | 4%  | 16.27 ± 0.27  | 27.6  | 59  | 55            |                                      |
| Enterococcus hirae-68  | 9.03 ± 0.08  | 25  | 36  | 50            | 3%  | 16.27 ± 0.27  | 27.6  | 59  | 55            | 4%  | 16.27 ± 0.27  | 27.6  | 59  | 55            |                                      |

Substrate: mixture of salted cheese whey and whey permeate in ratio (1:1) with initial sugar concentration of 5%
Enterococcus hirae-68 (Figs. 6 and 7), it was recorded that 5% sugar was effective than 10% sugar, where LA production reached 36.91 g/l (LSD at 0.05 = 0.258) with yield of 88% at 5% sugar which was higher than in 10% sugar which reached 24.03 g/l (LSD at 0.05 = 0.408) with yield of 72%, respectively.

Discussion
Cheese whey can be used as a substrate for production of lactic acid by microbial fermentation to manage and reduce environmental pollution. Study of [25] found that Lactcaseibacillus casei produced 33.73 g/l of LA during 36 h using fermentation of cheese whey at 37 °C.

**Table 5** Effect of incubation period on lactic acid production using immobilized cells of Enterococcus hirae-68

| Incubation period (h) | Number of runs | Lactic acid (g/l) (mean ± SD) | Consumed sugar (g/l) | Yield (%) | Efficiency (%) |
|-----------------------|----------------|-------------------------------|----------------------|-----------|----------------|
| 24                    | (1–18) 18      | 8 ± 0.7–10 ± 0.8              | 13–14.8              | 62–68     | 26–30          |
| 36                    | (1) 1          | 13.5 ± 0.7                    | 18.95                | 71        | 38             |
|                       | (2–3) 2        | 24.41 ± 0.41–35.5 ± 0.5       | 31.18–42.22          | 78–84     | 62–84          |
|                       | (4–8) 5        | 31.27 ± 0.4–34.1 ± 0.4        | 36.4–40              | 86–85     | 73–80          |
|                       | (9–10) 2       | 28.15 ± 0.15–33.03 ± 0.43     | 33.28–38.16          | 85–87     | 67–76          |
|                       | (11–13) 3      | 35.06 ± 0.26–36.13 ± 0.93     | 42.13–40.82          | 83–89     | 84–82          |
|                       | (14–18) 5      | 30.36 ± 0.36–34.1 ± 0.7       | 35.48–39             | 86–87     | 71–78          |
| 72                    | (1–3) 3        | 34.1 ± 0.9–37.1 ± 0.91        | 39.03–42.38          | 87–88     | 78–85          |
|                       | (4–6) 3        | 38.43 ± 0.43–39.5 ± 0.9       | 43.8–44.5            | 88–89     | 88–89          |
|                       | (7–9) 3        | 36.47 ± 0.47–40.04 ± 0.54     | 41.65–45.2           | 87–89     | 83–90          |
|                       | (10–12) 3      | 33.09 ± 0.19–35.96 ± 0.34     | 38.19–41.9           | 87–86     | 76–84          |
|                       | (13–18) 6      | 25.3 ± 0.4–29.9 ± 0.9         | 34–37.9              | 74–79     | 68–76          |
| 96                    | (1–4) 4        | 37.12 ± 0.32–39 ± 0.8         | 42.29–44             | 88–89     | 85–88          |
|                       | (5–9) 5        | 40.19 ± 0.44–41 ± 0.3         | 45.09–45.8           | 89–90     | 90–92          |
|                       | (10–13) 4      | 36.07 ± 0.77–37 ± 0.8         | 41.15–42.5           | 88–87     | 82–85          |
|                       | (14–16) 3      | 40.24 ± 0.36–41 ± 0.4         | 45.61–46             | 88–89     | 91–92          |
|                       | (17–18) 2      | 29.95 ± 0.95–32.27 ± 0.27     | 39.2–40.89           | 76–79     | 78–82          |
|                       |                | LSD at 0.05 1.22              |                      |           |                |

Substrate: salted cheese whey and whey permeate mixture (1:1) with CaCO₃ (0.5%), inoculum size (4%)

**Table 6** Effect of incubation period on lactic acid production using immobilized cells of Enterococcus faecalis-58

| Incubation period (h) | Number of runs | Lactic acid (g/l) (mean ± SD) | Consumed sugar (g/l) | Yield (%) | Efficiency (%) |
|-----------------------|----------------|-------------------------------|----------------------|-----------|----------------|
| 24                    | (1–18) 18      | 7.97 ± 0.47–10 ± 0.4          | 13.5–14.8            | 59–68     | 27–30          |
| 36                    | (1) 1          | 16.43 ± 0.43                  | 21.58                | 76        | 43             |
|                       | (2–10) 9       | 29.38 ± 0.38–34.5 ± 0.4       | 35.45–42.5           | 83–81     | 71–85          |
|                       | (11–12) 2      | 36.5 ± 0.3–36.95 ± 0.14       | 45.65–45.69          | 80–81     | 91–91          |
|                       | (13–15) 3      | 30.62 ± 0.31–32.19 ± 0.19     | 35.79–37            | 85–87     | 72–74          |
|                       | (16–18) 3      | 34.42 ± 0.3–36.1 ± 0.3        | 40.39–44.52          | 85–81     | 81–89          |
| 72                    | (1–5) 5        | 36.5 ± 0.4–39.49 ± 0.19       | 41.9–44.82           | 87–88     | 84–90          |
|                       | (6–8) 3        | 39 ± 0.22–40.19 ± 0.19        | 44.11–45.33          | 88–89     | 88–91          |
|                       | (9–10) 2       | 40 ± 0.2–42.07 ± 0.1          | 45.36–47.3           | 89–89     | 91–95          |
|                       | (11–14) 4      | 34.59 ± 0.32–35.43 ± 0.23     | 44.85–41.78          | 77–88     | 90–84          |
|                       | (15–18) 4      | 25.2 ± 0.2–31.75 ± 0.24       | 34.7–37.2            | 73–85     | 69–74          |
| 96                    | (1–9) 9        | 41.21 ± 0.21–42 ± 0.3         | 46.17–47            | 89–89     | 92–94          |
|                       | (10–16) 7      | 38.48 ± 0.15–40.95 ± 0.36     | 43.66–45.91          | 88–89     | 87–92          |
|                       | (17–18) 2      | 32.2 ± 0.32–33.38 ± 0.38      | 40.8–41.6            | 79–80     | 82–83          |
|                       |                | LSD at 0.05 0.633             |                      |           |                |

Substrate: salted cheese whey and whey permeate mixture (1:1) with CaCO₃ (0.5%), inoculum size (4%)
while [26] recorded maximum LA production of 2.53 g/l at 42 °C. Another study recorded almost a similar level of LA (16 g/l) by immobilized \textit{L. casei} in batch culture [27]. Also, salted cheese whey could be used for production of carotenoid using different strains of yeasts [28]. Our results are in agreement with [27] who reported that the highest concentration of LA (16 g/l) in batch fermentation was attained at 28 °C and pH 5.5 after 5 days of incubation by immobilized \textit{L. casei} and the highest concentration of LA (14.8 g/l) in continuous fermentation was attained at 32 °C and pH 5 after 5 days of incubation. LAB could be used for bio-production of LA from wastes of dairy industries. In this context, [29] isolated \textit{Enterococcus faecalis} CBRD01 from soil and used it for LA production. Also [30] isolated \textit{Enterococcus hirae} and used it for LA production. In the same direction, [31] could use new isolated strain of \textit{Enterococcus faecium} for production of lactic acid.

Panesar [25] scored maximum LA production of 33.72 g/l with 2–4% inoculum size of bacterial culture. Also, [26] observed maximum LA production of 2.53 g/l with 4% inoculum of bacterial culture. Other studies, [26] observed maximum LA production of 2.53 g/l at 42 °C, while [25] observed maximum LA production of 33.72 g/l at 37 °C. Also, [5] found that the fastest and highest LA production from whey using \textit{L. casei} was obtained at 37 °C. Most of the lactic acid-producing enterococci described in the literature show extraordinary production of lactic acid at the temperature ranged between 30 and 43 °C. In this context, [31] found that 40 °C was the optimal temperature for LA production by \textit{Ent. faecium}, [32] reported that 38 °C was the optimal temperature.

### Table 7 Effect of incubation period on lactic acid production using immobilized cells (\textit{Enterococcus faecalis-58 and Enterococcus hirae-68})

| Incubation period (h) | Number of runs | Lactic acid (g/l) (mean ± SD) | Consumed sugar (g/l) | Yield (%) | Efficiency (%) |
|-----------------------|----------------|-----------------------------|----------------------|------------|----------------|
| 24                    | (1–18) 18      | 6.82 ± 0.12–8 ± 0.3         | 11.4–13.8            | 60–58      | 23–28          |
| 36                    | (1–3) 3        | 10.1 ± 0.1–11 ± 0.2         | 15.2–16.7            | 66–66      | 30–33          |
| 72                    | (1–18) 8       | 34 ± 0.09–35 ± 0.11         | 39.2–41.5            | 87–84      | 78–83          |
| 96                    | (1–18) 18      | 29.03 ± 0.03–31 ± 0.08      | 34.1–37.6            | 85–82      | 68–75          |

LSD at 0.05 0.327

Substrate: salted cheese whey and whey permeate mixture (1:1) with CaCO\(_3\) (0.5%), inoculum size (4%)

### Table 8 Effect of incubation period on lactic acid production using immobilized cells of \textit{Lacticaseibacillus casei}

| Incubation period (h) | Number of runs | Lactic acid (g/l) (mean ± SD) | Consumed sugar (g/l) | Yield (%) | Efficiency (%) |
|-----------------------|----------------|-----------------------------|----------------------|------------|----------------|
| 24                    | (11–18) 11     | 14.93 ± 0.12–16 ± 0.52       | 27.7–29              | 54–55      | 55–58          |
| 36                    | (1–3) 2        | 28.2 ± 0.2–29 ± 0.08         | 42.5–44.3            | 66.3–65    | 85–89          |
| 72                    | (3–6) 6        | 34.85 ± 0.65–35 ± 0.22       | 46–47.1              | 75.7–74    | 92–94          |
| 96                    | (1–18) 18      | 39.2 ± 0.2–40 ± 0.3          | 45.5–48.3            | 86–83      | 91–97          |

LSD at 0.05 0.502

Substrate: salted cheese whey and whey permeate mixture (1:1) with CaCO\(_3\) (0.5%), inoculum size (4%)
for LA production by *Ent. faecalis* RKY1, and [33] found that 30 °C was the optimal temperature for the production of lactic acid from sago starch using *Ent. faecalis*. It is important to maintain the operating temperature at the optimal level because it affects the growth rate, enzymes activity, biochemical reactions, as well as substrate consumption rate and LA production efficiency [34]. Researchers reported that addition of calcium carbonate was important to neutralize the acid produced during fermentation using LAB [5, 25]. Results of the present study (Table 4) indicated that the optimum conditions for LA production were 37 °C, 4% inoculum size, and 0.5% CaCO₃ concentration. Also, [35] reported that, production of lactic acid from mixture of salted whey and whey permeate (1:1) reached 27–38 g/l with efficiency ranged between 60 and 80% using *L. casei* and *L. rhamnosus* B-445 strains under the conditions of 5% sugar, 3% salt, and 0.5% calcium carbonate during static state fermentation at 37 °C. Hitha [36] reported that LA production using immobilized cells of LAB in sodium alginate beads during fermentation of cheese whey increased to 109 g/l, while it was 60 g/l using free cells. El-Gizawy [37] encapsulated *Lactobacillus delbrueckii subsp. bulgaricus* with sodium alginate for improving quality of Kareish cheese. Abdel-Rahman [30] obtained maximum LA production of 19.6 g/l using 20 g/l glucose in batch fermentation by *Ent. hirae*.

LAB such as *Lactobacillus* and *Lactococcus* with fed-batch or repeated batch fermentations were used to produce lactic acid [38]. Moreover, [39] could obtain five isolates of lactic acid producing bacteria from cheese sample which were identified genetically using 16S rRNA as *Lacticaseibacillus casei* MT682513, *Enterococcus camelliae* MT682510, *Enterococcus faecalis* MT682509, *Enterococcus lactis* MT682511, and *Wissella paramesenteroids* MT682512. *Lacticaseibacillus casei* could produce the highest production of lactic acid (44.9 g/l) using whey permeate and small scale batch fermentation without any supplementation. The maximum lactic acid productions were obtained at 30–37 °C for all isolates. Likewise, [40] found that wild strain of *Lacticaseibacillus casei* BL23 could produce 2.89 g/l of L-lactate after 95 h during batch fermentation of cheese whey, L-lactate production increased to 8.13 g/l with the addition of 0.5% yeast extract as a source of nitrogen.

Our results are in agreement with [20] who reported that the highest LA production was 35 g/l when they used *Streptococcus thermophilus* and *Lactobacillus delbrueckii subsp. bulgaricus* co-immobilized in high viscosity beads (1% w/v alginate) hardened in 0.1 M CaCl₂ which was lower than the maximum concentration achieved in the present study. Consistently, immobilized cells of *Lactiplantibacillus plantarum* in continuous fermentation could produce lactic acid from cheese whey with titer (33.8 g/l), yield (88%), and productivity (11.3 g/l h.) [41]. Consequently, [42] deduced that cell immobilization alters cell membrane due to increasing the permeability and LA production [43]. found that repeated batch fermentation using *Lacticaseibacillus casei* in alginate entrapped cells decreased the fermentation time by half with volumetric productivity of 0.625 g/l h compared to 0.375 g/l h using free cells fermentation; therefore,
immobilized cells could be used in repetitive batch fermentation for more than 40 days, where the maximum productivity in the present study was 1.03 g/l h. In the same direction, fermentation of glucose using \textit{L. casei} in immobilized form on gluten pellets needs shorter time (18 h) to produce higher LA (42 g/l) compared to free cells [44]. Also, immobilized cells of \textit{Lactiplantibacillus pentosus} had higher heat stability and higher LA production rate from fructose [45]. Moreover, \textit{Lactiplantibacillus plantarum} could use industrial wastes such as whey as substrates for LA production [46]. In comparison with batch or fed batch culture, repeated batch operation has proved to have several advantages in increasing LA productivity besides saving the time and labor work [30]. Luongo [47] obtained maximum LA production concentration of 20.1 g/l and maximum yield of 37% using repeated batch fermentation of cheese whey for LA production during semi-continuous fermentation by mixed cultures.

High concentration of sugar causes osmotic stress and long lag phase of LAB resulting in low sugar consumption and LA production, fed-batch fermentation can be used

![Fig. 5](image_url)

**Fig. 5** Lactic acid production from salted cheese whey and whey permeate mixture (1:1, contained 10% sugar) using immobilized cells of \textit{Enterococcus faecalis}-58

![Fig. 6](image_url)

**Fig. 6** Lactic acid production from salted cheese whey and whey permeate mixture (1:1, contained 5% sugar) using immobilized cells of \textit{Enterococcus hirae}-68
to reduce substrate inhibition to maximize LA production [38]. Moreover, [47] obtained maximum LA production using sugar concentration of 20.1 g/l with maximum yield of 37 % using repeated-batch fermentation of cheese whey during semi-continuous fermentation by mixed cultures. Abdel-Rahman [30] studied LA production in repeated fermentation process for ten repeated runs; the authors reported that LA productivity increased when the total of ten repeated runs were carried out using 60 g/l glucose but the productivity decreased by increasing glucose concentration to 100 g/l.

**Conclusion**

Salted cheese whey can be used for lactic acid production in mixture with whey permeate using immobilized cells of the promising bacterial strains *Enterococcus faecalis* and *Enterococcus hirae* using static state fermentation under the optimum conditions of (4% inoculum size, in mixture contained 5% sucrose and 0.5% calcium carbonate, with incubation at 37 °C). Sodium alginate immobilized entrapped cells exhibited good mechanical strength during fermentation and could be used in repetitive batch cultures for more than 126 days.

**Abbreviations**

LAB: Lactic acid bacteria; LA: Lactic acid; *L.*: Lactocaseibacillus; *Ent.*: Enterococcus; *Lac.*: Lactococcus; CFU: Colony-forming unit; DNA: Deoxyribonucleic acid; RNA: Ribonucleic acid; rRNA: Ribosomal ribonucleic acid; PCR: Polymerase chain reaction; DNS: Dinitrosalicylic acid; NCBI: National Center for Biotechnology Information; HPLC: High-performance liquid chromatograph; SD: Standard deviation; LSD: Least significant difference.

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**Authors’ contributions**

AD, EY, OB, and NF conceived the presented idea. AD and TE verified the analytical methods, carried out the experiments and analyzed data. AD and NF wrote the original draft. All authors discussed the results and contributed to the manuscript writing. All authors have read and approved the final manuscript.

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The authors declare that all data supporting the findings of this study are included within the article and its supplementary information file.

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**Consent for publication**

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**Competing interests**

The authors declare no competing interests.

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