Evaluation of a multiplex panel for the diagnosis of acute infectious diarrhea in immunocompromised hematologic patients

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Abstract

Introduction
Diarrhea is a frequent complication in hematologic patients, being an infectious cause frequently suspected. Rapid and accurate detection of gastrointestinal pathogens is vital in immunocompromised hosts. The aim of this study was to compare routine diagnostic methods versus a multiplex polymerase chain reaction (PCR) assay for the diagnosis of infectious diarrhea in immunocompromised hematologic patients.

Material and methods
We conducted a prospective observational study from March 2015 to January 2016 to compare conventional methods for the diagnosis of infectious diarrhea with FilmArray GI Panel (BioFire-bioMérieux, France). Samples from adult immunocompromised hematologic patients with acute diarrhea were collected. In cases with discordant results, a second multiplex assay was performed (Allplex, Seegene, Korea). The result was considered positive or negative when the same result was obtained by at least two of the methods.

Results
A total of 95 samples were obtained from 95 patients (median age of 52 years (46–64)). Sixty-one (64%) episodes were hospital-acquired and 34 (36%) were community-acquired diarrhea. Twenty-five (26%) patients had a positive microbiological result, being Clostridium difficile the most frequent pathogen, followed by Campylobacter spp and norovirus. The concordance between FilmArray methods was good (k = 0.79). The FilmArray GI panel showed a sensitivity of 95%, a specificity of 100% for positive results. The time required to obtain results was markedly reduced with the use of multiplex PCR methods.
Conclusions

Multiplex molecular panels provide a rapid and sensitive tool for the diagnosis of infectious diarrhea, thereby allowing more timely clinical decisions in immunocompromised hematologic patients.

Introduction

Diarrhea is a very frequent complication in immunocompromised patients, including hematologic patients. In patients with these underlying conditions diarrhea can be a severe disease, affecting the patient’s quality of life and leading to longer hospitalizations.

Diarrhea can be caused by many different community- and hospital-acquired pathogens, including several bacteria, viruses and, less frequently, parasites. However, the etiology of diarrhea in these patients may be multiple, varying from infectious disease, graft-versus-host disease or drug-induced diarrhea [1]. Even though diarrhea in hematologic patients is a frequent and important issue, there is a lack of studies regarding the etiology of diarrhea in these patients.

Rapid accurate diagnosis of the etiology of diarrhea is required in order to implement the most adequate treatment in immunocompromised patients. Conventional diagnostic techniques, such as culture, microscopy and antigen detection, as well as one-target polymerase chain reaction (PCR) assays, are often laborious and time-consuming, and are only able to detect a limited number of pathogens. Taking these limitations into account faster and more sensitive molecular tests able to simultaneously detect a wide range of bacterial, viral and parasitic pathogens might be helpful in the case of these patients. Several studies have evaluated these assays in various settings, but their performance in hematological patients has yet to be determined [2][3]. The FilmArray GI panel (BioFire-bioMérieux, France) is a FDA-cleared assay that can detect 22 agents of gastroenteritis by a nested multiplex PCR method directly from stool samples, being a very rapid and easy-to-use technique.

The aim of this study was to compare routine diagnostic methods with a multiplex PCR assay (BioFire FilmArray, Gastrointestinal Panel) and to determine the infectious etiology of acute diarrhea in immunocompromised hematologic patients.

Material and methods

Study design

This was a prospective observational study carried out from between March 2015 to January 2016. Stool samples were obtained from immunocompromised adult patients (>18 years-old) admitted to the Hematology Department of the Hospital Clinic of Barcelona with acute diarrhea (increased frequency of soft or liquid stools (>3/day) lasting less than 14 days) [4]. Written consent was not obtained from the patients, as the samples were remnants of what had to be taken for other diagnostic purposes and the results would have no impact on the patients. The Ethics Committee of the Hospital Clinic of Barcelona approved the study.

Immunosuppression was defined as grades 3–4 neutropenia and/or lymphopenia by the National Cancer Institute Common Toxicity Criteria (NCI-CTC) version 3.0 following the administration of cytotoxic agents or autologous stem-cell transplantation (auto-SCT) or during the first year after allogenic stem-cell transplantation (allo-SCT) [5].

Demographical data including age and sex, and clinical data (community or hospital-acquired diarrhea (acquired >72 hours after admission [4]), diagnosis of graft-versus-host disease, underlying conditions) were obtained from the patients’ clinical history.
A single stool sample was obtained from each patient. The fresh stool specimens were immediately inoculated into different bacterial culture media. The remainder of the sample was stored at 4°C. The remaining routine tests and FilmArray GI Panel were performed only during working hours (i.e. from 8am to 3pm from Monday to Friday). An aliquot of each sample was stored at -20°C for further studies. The maximum time from arrival of the sample until performance of all test was 72 hours. Time and temperature affect especially culture-based procedures, which were performed at the time the sample arrived, so the storage of the samples for further studies should not have an impact on the results of the remaining techniques.

All samples were processed by both routine methods and the FilmArray GI panel. Samples showing a discordant result were tested by an additional method (Allplex (Seegene, Korea)).

**Routine microbiological techniques**

All the samples were processed for bacterial, parasitological, viral and *Clostridium difficile* toxin study. The media used for culture of bacteria were as follows: Blood and MacConkey agar plates, SS agar plate (Becton Dickinson, Heidelberg, Germany) for *Shigella* and *Salmonella*, CIN agar plate (Oxoid, Basingstoke, UK) for *Yersinia* and CCDA agar plate (Oxoid) for *Campylobacter* isolation. Additionally, Rappaport-Vassiliadis Salmonella Enrichment Broth (VWK Chemicals, MerckKGaA, Darmstadt, Germany) was used as an enrichment step for the recovery of *Salmonella*, followed by plating onto SS agar. All of the plates were incubated at 37°C a 5% CO2 atmosphere for 24–48 hours, except for Campylobacter agar which was incubated in a microaerophilic environment at 42°C.

The final identification of the bacterial isolates was performed by matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF (Bruker, Bremen, Germany)). The presence or absence of diarrheagenic *Escherichia coli* was not studied by routine methods in these patients.

*Clostridium difficile* diarrhea was detected following a two-step scheme: detection of GDH by immunochromatography (Health&Research Diagnostics, Spain), followed by PCR (Xpert *C. difficile*, Cepheid, California) in the case of a GDH-positive result.

Parasites were detected by microscopy of both, direct and concentrated samples (merthiolate formalin ether method). Modified Kinyoun acid-fast stain was also performed to diagnose *Cryptosporidium* and *Cyclospora cayetanensis*.

The detection of viruses was performed using immunochromatographic tests for rotavirus and adenovirus antigens (VIKIA Rota-ado, bioMérieux, France) and a real time RT-PCR for detection of norovirus (Xpert Norovirus, Cepheid, California).

Data regarding the time from sample arrival to the laboratory until definitive identification by routine techniques was also obtained. Fresh stool samples were immediately inoculated into different media upon arrival of the samples to the laboratory, but the reading of the plates, microscopic examination, immunochromatographic tests and PCR techniques were only performed during working hours (i.e. from 8am to 3pm from Monday to Friday).

**FilmArray**

The FilmArray GI Panel is an automated system in which nucleic acid extraction, amplification and detection occur on a single closed pouch. A nested PCR and melt-curve analysis are performed and analyzed by the FilmArray analyzer. The amount of sample needed is very small and it has a hands-on time of approximately 5 minutes. The total turnaround time is about 1 hour.

All the samples were also processed by the FilmArray GI panel (BioFire-bioMérieux, France) following the manufacturer’s instructions. The FilmArray GI Panel was only
performed during working hours. However, clinicians were not informed of the results obtained with this method, and therefore they had no impact on patient management.

This panel includes a total of 22 targets, including bacteria (*Campylobacter jejuni*, *Campylobacter coli*, *Campylobacter upsaliensis*, *Clostridium difficile* (toxin A/B), *Plesiomonas shigelloides*, *Salmonella*, *Yersinia enterocolitica*, *Vibrio parahaemolyticus*, *Vibrio vulnificus*, *Vibrio cholerae* and diarrheagenic *Escherichia coli*/*Shigella* (Enterococolitis (*EAEC*), Enteropathogenic *E. coli* (EPEC), Enterotoxigenic *E. coli* (ETEC) It/st, Shiga-like toxin-producing *E. coli* (STEC) stx1/stx-2, *E. coli* O157, *Shigella*/Enteroinvasive *E. coli* (EIEC)), parasites (*Cryptosporidium*, *Cyclospora cayetanensis*, *Entamoeba histolytica*, *Giardia lamblia*) and viruses (Adenovirus F 40/41, Astrovirus, norovirus GI/GII, Rotavirus A, Sapovirus (I, II, IV and V)). The detection methods used for each of the pathogens are further explained in the panel insert (https://www.online-ifu.com/ITI0030).

### Confirmation testing

Discordant results between routine methods and the FilmArray GI Panel were confirmed using a second multiplex PCR panel, Allplex (Seegene, Korea), following the manufacturer’s instructions. This assay is made up of 4 different panels that include the following: Panel 1 Virus (Norovirus GI and GII, Rotavirus, Adenovirus, Astro virus, and Sapovirus), Panel 2 Bacteria I (*Campylobacter spp*, *Clostridium difficile* toxin B, *Salmonella spp*, EIEC/Shigella spp, *Vibrio spp*, *Yersinia enterocolitica*, *Aeromonas spp*), Panel 3 Bacteria II (*Clostridium difficile* hypervirulent, *E. coli* O157, EHEC, EPEC, ETEC, and EAEC) and Panel 4 Parasite (*Giardia lamblia*, *Entamoeba histolytica*, *Cryptosporidium spp*, Blastocystis hominis, *Dientamoeba fragilis*, and *Cyclospora cayetanensis*).

The stool specimen was previously shaken in a bead tube with lysis buffer and then centrifuged. Then 200 μl of the supernatant were used for automatic extraction with the EZ1 Virus Mini Kit (Qiagen), obtaining the nucleic acids in 60 μl of AVE elution buffer.

### Result interpretation

A result was considered positive or negative when the same result was obtained by at least two of the three methods.

### Statistical analysis

We show the number and percentage of patients for categorical variables and the median (interquartile range) for continuous variables. The Cohen’s kappa coefficient (κ) [6] was calculated to measure the agreement between the FilmArray GI Panel and the routine methods. The sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV) and likelihood ratios (LR) of positive detection of the FilmArray GI Panel and routine methods were also calculated for comparison with the final diagnosis. All tests were 2-tailed and significance was set at 0.005. All analyses were performed with IBM SPSS Statistics 22.0 (Armonk, New York, USA) and Epidat 3.1 (Santiago de Compostela, A Coruña, Spain).

### Ethical aspects

This study was approved by the Ethics Committee of the Hospital Clinic of Barcelona, which considered that written consent was not necessary, as the samples had to be taken for other diagnostic purposes and the results had no impact on the patients.

BioMerieux España S.A.U. provided the kits of FilmArray used in this study. They did not, however, take part in designing the study or in analyzing the results.
Results

Patients and samples

During the study period, a total of 95 stool samples were obtained from 95 patients with a median age of 52 years (46–64). Forty-one (43%) patients were within the first year after an allo-SCT, and the remaining patients were immunocompromised after an auto-SCT (n = 19; 20%) or secondary to chemotherapy for acute leukemia (n = 19; 20%), lymphoma (n = 9; 10%), multiple myeloma (n = 3; 3%), myelodysplastic syndrome (n = 2; 2%) or other underlying immunosuppressive conditions (n = 2; 2%). Graft-versus-host disease was suspected in 5 patients with allogenic bone marrow transplantation, but it was confirmed in only two of these patients.

Regarding the acquisition of diarrhea, 61 episodes were classified as nosocomial diarrhea (64%) and 34 were community-acquired diarrhea (36%).

Laboratory results

A positive definite diagnosis was achieved in 25 patients (26%), with the same pathogen being detected in at least two of the three methods tested. Table 1 shows the positive results obtained with all the methods and the final interpretation of them. The percentage of positive samples excluding those with only diarrheagenic E. coli was 22%.

A total of 70 samples were negative by both methods, ruling out infectious etiology in this group of patients.

Diarrheagenic E. coli were detected by the FilmArray GI Panel, but these pathogens were not searched for by routine methods. Diarrheagenic E. coli were detected in 12 samples using the Filmarray GI Panel, 10 of which were confirmed by Allplex. E. coli was the only pathogen detected in 4 of these samples.

Excluding diarrheagenic E. coli, the most frequent etiological agent was C. difficile, being identified in 10 samples (in two samples the immunochromatographic test was negative, and thus PCR was not performed, leading to routine methods not detecting C. difficile). The second most frequent pathogen was Campylobacter spp, being detected in 6 samples (not detected by culture techniques in 2 cases). The third most frequent pathogen was norovirus which was detected in 5 cases. Other less frequent etiologies were salmonella, adenovirus, rotavirus and giardia. Table 2 shows the frequency of the pathogens detected in total, by each method, their frequency in coinfection and the type of acquisition.

In 15 samples only one pathogen was found, whereas 10 patients presented coinfections (9 coinfections with 2 pathogens and 1 coinfection with 3 pathogens).

Among the samples with a positive microbiologic result, there were 10 hospital-acquired (40%) and 15 community-acquired diarrhea (60%). In the 10 cases of nosocomial diarrhea the most frequent pathogen was also C. difficile in 5 cases (50%) followed by norovirus in 3 (30%).

The concordance between the FilmArray GI Panel and routine methods was good (k = 0.79, 95% CI [0.65 to 0.91], p<0.001). The positive results obtained using the FilmArray GI Panel had a sensitivity of 95%, a specificity of 100%, a PPV of 100%, a NPV of 99%, a LR+ of 140 and a LR- of 0.05, respectively. With routine methods (Table 3). As mentioned previously, routine methods did not take diarrheagenic E. coli into account.

Regarding the time to achieving the results, the routine methods took up to 89 hours (53–110) for a definite result.

The samples from all 5 patients with suspected graft-versus-host disease were negative with both the routine methods and the FilmArray GI Panel.
Discussion

The etiology of the diarrhea in our cohort of immunocompromised hematologic patients was infectious in 26% of the cases. This percentage of infectious diarrhea is similar to that reported in previous studies focusing in other populations of immunocompromised patients [7] and highlights the importance of an infectious etiology in this group of patients.

The most frequently detected pathogen was *Clostridium difficile* which is in agreement with previous studies [8][9], showing that this etiology of diarrhea should be taken into account in these patients, especially if they have been hospitalized for a prolonged period of time. However, even though until recently this pathogen was considered a nosocomial pathogen, we found that half of our cases were not hospital-acquired. Again, this is in agreement with a population-based study that found that 41% of *C. difficile* infections were community-acquired [10]. In view of the present data, the lack of previous hospitalization or contact with other health

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**Table 1. Microbiological results obtained by each method and the final diagnosis of the positive cases.**

| Patient | FilmArray | Diagnostic methods | Final Diagnosis |
|---------|-----------|--------------------|----------------|
| 7       | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B |
| 12      | Campylobacter spp | Campylobacter jejuni | Campylobacter spp |
| 18      | Rotavirus | Rotavirus | Rotavirus |
| 20      | Campylobacter spp + *Clostridium difficile* toxin A/B | Campylobacter jejuni + *Clostridium difficile* toxin A/B | Campylobacter spp + *Clostridium difficile* toxin A/B |
| 21      | EPEC + *Clostridium difficile* toxin A/B | Negative | EPEC + *Clostridium difficile* toxin A/B |
| 22      | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B |
| 24      | EPEC + ETEC | Negative | EPEC + ETEC |
| 27      | EPEC | Negative | EPEC |
| 28      | EPEC | Negative | EPEC |
| 44      | EPEC + Norovirus | Adenovirus + Norovirus | EPEC + Norovirus |
| 47      | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B |
| 48      | EPEC | Negative | Negative |
| 55      | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B |
| 56      | Norovirus | Norovirus | Norovirus |
| 58      | ETEC + EPEC | Adenovirus | ETEC + Adenovirus |
| 60      | EAEC + Campylobacter spp | Negative | EAEC + Campylobacter spp |
| 70      | EPEC | Negative | Negative |
| 73      | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B |
| 76      | Campylobacter spp + EPEC | Campylobacter jejuni | Campylobacter spp + EPEC |
| 79      | Campylobacter spp | Negative | Campylobacter spp |
| 84      | *Salmonella* spp + EPEC | *Salmonella* typhimurium + Norovirus | *Salmonella* spp + EPEC + Norovirus |
| 85      | Norovirus | Norovirus | Norovirus |
| 86      | Campylobacter spp + Giardia lamblia | Campylobacter jejuni | Campylobacter spp + Giardia lamblia |
| 90      | *Clostridium difficile* toxin A/B + Norovirus | Norovirus | *Clostridium difficile* toxin A/B + Norovirus |
| 92      | EPEC | Negative | EPEC |
| 97      | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B |
| 100     | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B | *Clostridium difficile* toxin A/B |

Abbreviations: EAEC Enteroaggregative *E. coli*, EPEC Enteropathogenic *E. coli*, ETEC Enterotoxigenic *E. coli* Ilt/st, NA not applicable

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care settings should not exclude the suspicion of *C. difficile* diarrhea. However, the classification of episodes of diarrhea as hospital- or community-acquired in immunocompromised patients is not easy, since these patients are frequently in contact with the health care system and often require hospitalization. In addition, according to our algorithm, two cases were not detected because of a negative GDH result. When The FilmArray results were available, these samples were re-tested by RT-PCR and positive results were obtained. This shows that our diagnostic algorithm could miss cases with false negative immunochromatography results which would not remain unnoticed with the FilmArray GI Panel.

*Campylobacter* were the second most frequently detected bacteria in our study. In 2 out of the 6 cases, the microorganism was not isolated in the culture. The lack of sensitivity of culture techniques for *Campylobacter* has been reported previously [11], although this has improved greatly with the new molecular techniques.

The most frequent viral pathogen was Norovirus. Several studies have reported that immunosuppressed patients seem to be more prone to norovirus infection than other patients [12]. This pathogen is also considered an important cause of nosocomial diarrhea, although we found that nearly half of our cases were community-acquired.

### Table 2. Summary of the pathogens detected by routine methods and FilmArray, the percentage of coinfection and the acquisition.

| Pathogen     | Total (%) | Coinfection (%) | Detected by routine | Detected by FilmArray | Acquisition |
|--------------|-----------|-----------------|---------------------|-----------------------|-------------|
|              |           |                 |                     |                       | Nosocomial  | Community |
| *Bacteria*   |           |                 |                     |                       |             |           |
| *C. difficile*| 10 (27.78)| 3 (30)          | 8                   | 10                    | 5           | 5          |
| Campylobacter spp | 6 (16.67) | 4 (66.67)       | 4                   | 6                     | 2           | 4          |
| Salmonella spp | 1 (2.78)  | 1 (100)         | 1                   | 1                     | 1           | 1          |
| EAEC         | 1 (2.78)  | 1 (100)         | NA                  | 1                     | 1           | 1          |
| EPEC         | 8 (22.22) | 5 (62.5)        | NA                  | 11                    | 1           | 7          |
| ETEC         | 2 (5.56)  | 2 (100)         | NA                  | 2                     | 1           | 1          |
| *Virus*      |           |                 |                     |                       |             |           |
| Adenovirus   | 1 (2.78)  | 1 (100)         | 1                   | 0                     | 1           | 1          |
| Norovirus    | 5 (13.89) | 3 (60)          | 5                   | 5                     | 3           | 2          |
| Rotavirus    | 1 (2.78)  | 0               | 1                   | 1                     | 1           | 1          |
| *Parasites*  |           |                 |                     |                       |             |           |
| G. lamblia   | 1 (2.78)  | 1 (100)         | 0                   | 1                     | 1           | 1          |

Abbreviations: EAEC Enteraggresive *E. coli*, EPEC Enteropathogenic *E. coli*, ETEC Enterotoxigec *E. coli* lt/st

### Table 3. Diagnostic accuracy of positive detection of FilmArray and Routine methods.

| Results      | FilmArray | Routine methods |
|--------------|-----------|-----------------|
|              | Value     | 95% CI          | Value     | 95% CI          |
| Sensitivity (%)| 95.2      | 83.8 to 100.0   | 75.0      | 53.5 to 96.5    |
| Specificity (%)| 100.0     | 99.3 to 100.0   | 98.7      | 95.5 to 100.0   |
| PPV (%)      | 100.0     | 97.5 to 100.0   | 93.8      | 78.8 to 100.0   |
| NPV (%)      | 98.7      | 95.4 to 100.0   | 93.8      | 87.8 to 99.7    |
| LR+          | 140.0a    | 8.8 to 2219.0a  | 57.0      | 8.0 to 406.0    |
| LR-          | 0.05      | 0.01 to 0.32    | 0.25      | 0.12 to 0.54    |

Abbreviations: CI confidence interval; LR, likelihood ratio; NPV, negative predictive value; PPV, positive predictive value.

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0.5 added to cells to estimate LR+ and CI's of the LR+.

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An interesting finding of this study is the high number of diarrheagenic *E. coli* detected (10 cases, being the only pathogen found in 4), suggesting the involvement of this microorganism as a cause of diarrhea in immunocompromised patients. These pathogens have also been described in diarrhea in other settings, such as travelers returning from developing countries [13]. Several studies have also described the importance of diarrheagenic *E. coli* as a causative agent of diarrhea in children in developed countries [14]. Indeed, the use of multiplex panels for the etiologic study of diarrhea has shown that this previously unsuspected pathogen is present in many patients’ stool samples [15][16]. However, further studies are needed to analyze the role of these pathogens in immunocompromised hematologic patients. In our study EPEC was the most frequent diarrheagenic *E. coli* detected. Some studies have shown that this pathogen is frequently found in asymptomatic patients and healthy carriers [17][18], thereby underlining the importance of detecting this pathogen in these patients.

In 70 patients, who were also immunocompromised patients admitted to the Hematology Department with acute diarrhea, negative results were obtained by both methods, ruling out infectious diarrhea. This is also an important finding, as it would allow the clinician to consider other possible non-infectious etiologies (such as drug-induced diarrhea or graft-versus-host disease) which are frequent in these patients.

Regarding the diagnostic methods evaluated in this study, the FilmArray GI Panel showed good concordance with the routine methods and increased sensitivity compared with these latter methods. The FilmArray GI Panel also allowed the diagnosis of unsuspected pathogens such as diarrheagenic *E. coli* or even parasites and improved the number of coinfections detected.

The ease of use of the FilmArray GI Panel allows non-trained personal to perform the analysis 24 hours a day, 7 days a week providing results in less than one hour, compared to the longer time-to-results obtained with routine methodology. The speed in obtaining results using multiplex testing is important not only when positive results are obtained, but also in order to rule out an infectious etiology after performing a sensitive test that includes the most frequent pathogens. A negative result in immunocompromised hematologic patients would suggest that the episode could be due to non-infectious causes such as immunosuppressive drugs or graft-versus-host disease. On the other hand, a rapid diagnostic tool can have a great impact on the control of nosocomial infections allowing the implementation of timely measures to prevent the spread of infection and avoid the development of new cases.

Multiplex assays do, however, present some limitations. Many bacterial infections require bacterial culture, as isolation is needed in order to perform susceptibility testing. In addition, a higher sensitivity could imply an increase in the detection of non-viable pathogens or pathogens that are actually colonizers without causing infection [19]. Moreover, the FilmArray GI Panel represents a considerable increase in cost over routine techniques. However, evaluation of cost-effectiveness should be further studied [20], taking into account not only reagents, but also technician time, as well as instrumentation and hospital-associated fees (e.g. isolation days and treatment decisions). Indeed, targeted use of the FilmArray GI Panel in specific populations could have an impact on treatment costs and also on costs derived from nosocomial outbreaks.

This study presents some limitations including the reduced number of patients and that its descriptive nature which has no impact on patient management. However, the results of this study showed that infectious agents cause a considerable number of diarrheal episodes in immunosuppressed hematological patients. These patients are a critical population that could benefit from a rapid and sensitive diagnosis in which the confirmation of a positive result is as important as ruling it out, since the treatment may substantially differ. The use of multiplex PCRs may significantly reduce the time between sample reception and result reporting to the
clinicians, and it may help them to correctly classify the cause of the diarrhea and implement the most adequate therapy. A positive result could allow the immediate start of antibiotic therapy, which could be later adjusted after antimicrobial susceptibility testing is performed by other methods. A negative result could reduce the amount of antibiotics prescribed, improving patient management and reducing the appearance of new resistant bacteria. However, this was only an observational study and these aspects were not evaluated, needing further studies to correctly assess the effectiveness of these new diagnostic approaches.

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