Corn silk methanolic extract improves oxidative stress and inflammatory responses in rats’ excision wound model

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Highlights

- Wound presents two major conditions; oxidative stress and inflammatory response.
- Corn silk extract suppressed oxidative stress by limiting lipid peroxidation.
- Corn silk extract reduces inflammation by inhibiting cytokines release in rat.
- Methanolic extract produced a notable effect relative to aqueous extract.
Corn silk methanolic extract improves oxidative stress and inflammatory responses in rats' excision wound model

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Abstract: Anti-inflammatory and antioxidant activities of corn silk (Stigma maydis of Zea mays L.) extract were investigated in excision wound model. Twenty male Wistar rats (130-150g) were grouped into four (n=5/group): Control rats received 0.5 mL distilled water, the experimental groups received distilled water (0.5 mL), aqueous corn-silk extract (ACSE; 500 mg/kg) and methanolic corn-silk extract (MCSE; 500 mg/kg), twice/day orally, three weeks before and three weeks after they had 1.5 × 1.0 cm excision wound. Rats were sacrificed and blood was collected. Serum was separated while wound tissues were removed, homogenised and supernatant was stored. Antioxidant enzymes, malondialdehyde, hydroxyproline, cyclooxygenase-2 and NO were measured in wound tissues colorimetrically, while serum cytokines were measured using enzyme linked immunosorbent assay. MCSE significantly (p<0.05) increased glutathione peroxidase, superoxide dismutase, catalase, hydroxyproline and total protein content but decreased significantly (p<0.05) malondialdehyde, cyclooxygenase-2, IL-1β, TNF-α, and IFN-γ when compared with untreated wound. ACSE increased significantly (p<0.05) glutathione peroxidase and superoxide dismutase but decreased significantly (p<0.05) malondialdehyde and cyclooxygenase-2. However, it produced no significant effect on catalase, IL-1β, TNF-α, and IFN-γ when compared with untreated wound. MCSE attenuated oxidative and inflammatory responses in excision wound rat model.

Keywords: Corn silk extract; antioxidant enzymes; antiinflammation; cytokines; wound healing.

INTRODUCTION

Wound healing is a natural restorative response to tissue injury. It involves complex cellular events, characterised by four overlapping programmed phases: hemostasis, inflammatory/defensive reaction, proliferation and remodeling (Sorg et al., 2017; Gilmore, 1991). In response to injury, the inflammatory cells infiltrate the wound site and release pro-inflammatory cytokines and growth factors (Nayak et al., 2009). The cytokines released are essential as autocrine regulators of macrophage activation and differentiation (Witsell and Schook, 1992). The inflammatory cells also undergo respiratory burst at the wound site to enhance release of reactive oxygen species (ROS) which further stimulate and reinforce inflammatory cell recruitment, phagocytosis and the release of growth factors necessary for the progression of wound healing to repair phase (Hoffmann and Griffiths, 2018). Delayed acute wound healing and chronic non-healing wounds fail to progress through “inflammation-repair switch” and remain stuck at inflammation phase. The pro-inflammatory cytokines are exuberantly produced in response to impeding factor which uncontrollably activate the inflammatory cells such as polymorphonuclear leukocytes to excessively release reactive oxygen species thereby causing tissue oxidative damage and delay wound repair. As the wound becomes flooded with pro-inflammatory cytokines and products of tissue breakdown, the alternative macrophage differentiation is also disrupted resultantly leaving the wound tissue in the state of “vicious cycle” between inflammation and oxidative tissue breakdown. These form the basis for investigating therapeutic agents that can potentially control pro-inflammatory cytokine release while limiting tissue oxidative damage during the late-inflammatory phase of wound repair (Hoffmann and Griffiths, 2018).

Delayed acute wound and chronic wound have been estimated to affect 1-2% of the population during their life time in developed countries (Järbrink et al., 2016). It has been estimated that close to sixmillion people have chronic non-healingwound every year in the United States (Guo and Di Pietro, 2010). Wound healing impairment has become one of the leading causes of death in Africa due to road and household accidents, wound infection, underlying organic conditions and poor health care system(Guo and DiPietro, 2010). Therefore, it is imperative to investigate affordable and accessible alternative therapeutic agent that can potentially enhance wound healing by targeting the inflammatory markers, tissue oxidative breakdown and antioxidant factors during wound healing. Corn silk extractis one of the locally available plants’ natural products that have been consistently shown to have a remarkable anti-inflammatory and antioxidant potential.

Corn silk (Zea mays L.; Stigma maydis) is a bunch of hair-like strands of stigma from the female flower of maize and it constitutes a large body of waste material from corn cultivation that is available in abundance (Hasanudin et
MATERIALS AND METHODS

Ethics statement

The animal handling and management procedure were as prescribed in the guidelines for the care and use of laboratory animals of University of Ilorin and the study protocols were approved by University of Ilorin Ethical Review Committee (UERC/ASN/2016/357).

Chemicals and reagents

Glutathione peroxidase enzymatic assay kit was purchased from Fortress (Fortress Diagnostics Limited, UK). The rat cytokines ELISA kits used are products of BDBiosciences, US. Thiobarbituric acid reactive substance (TBARS), methanol, protein assay kit, hydroxyproline, NaNO$_2$, bovine serum albumin (BSA), Bradford reagent, malondialdehyde (MDA), N-naphtyl ethylene diamine dihydrochloride, phosphate buffered saline tablet, sulphanilamide, thiobarbituric acid (THB), potassium hydroxide, potassium phosphate buffer, trichloroacetic acid, tris-HCL and zinc sulphate were obtained from Santa cruz (Santa Cruz, CA, USA). Colorimetric-based COX activity assay kit was obtained from Cayman (Cayman, Ann Arbor, MI, USA) and tissue lysis buffer was procured from Thermo Fisher Scientific (Thermo Fisher Scientific, Waltham, MA).

Plant material

Mature fresh maize (Zea mays L.) of the cultivar ‘Oba Super9’, belonging to the family Poaceae or Gramineae, was obtained from Oke Oyi Farm in Ilorin-East LGA, Ilorin, Nigeria. The husks were immediately removed and fresh corn silks (Stigma maydis) were collected in August, 2019. The maize was identified and authenticated by Mr. Bolus Ajayi of Department of Plant Biology, Faculty of Life Science, University of Ilorin, Ilorin Nigeria with a voucher specimen UILH/001/1219 deposited at the Herbarium of the Faculty of Life Science, University of Ilorin for future reference.

Corn silk extracts preparation

Freshly collected Stigma maydis ~50 g was thoroughly washed with distilled water, cut into shreds and air dried at room temperature for seven days and then dissolved in 200 mL of 100% methanol (MeOH) in a conical flask according to the methods by Oyabambi et al., (2019). This was then placed in a shaker for approximately 120 h at 28 ± 2 °C. The resulting extracts were then transferred to clean vessels, evaporated to dryness. After pulverization, 100 g of the extract was soaked in 1 L of distilled water for 72 h, and then concentrated using a water bath. This was done repeatedly until the required stock solution was obtained. The methanol extract was obtained using a rotary evaporator after 150 g of the pulverized corn silk was soaked in 1.5 L of 80% methanol for 24 h. The extract was diluted in distilled water and administered at a dose of 500 mg/kg body weight per oral (p.o.).

Animals

Twenty male adult Wistar rats with mean weight of 140 ± 10g were acquired from the Animal Holding unit of the Faculty of Basic Medical Science, University of Ilorin, Ilorin, Nigeria. Rats were housed in clean cages and kept under standard housing conditions (National Research Council, 2011).

Wound induction and treatments

Twenty rats were randomly assigned into four groups of five rats per group (n = 5/group): (i) Control (distilled H$_2$O)-treated normal group, (ii) excision wound-inflicted (wounded) and treated with distilled H$_2$O group, (iii) excision wound-inflicted and aqueous corn-silk extract (ACSE 500 mg/kg body weight)-treated group, and (iv) excision wound-inflicted and methanol corn-silk extract (MCSE 500 mg/kg body weight)-treated group. The selected dose was based on the previous studies by Wang et al., (2012); Ha et al., (2018); and Kim et al., (2019). It was shown that Corn silk extract, administered per oral (p.o.) for 14 days in the dose range of 0.5 - 4 g/kg, was safe in rats and that corn silk extract at dose up to 500 mg/kg produced no sign of organ toxicity during sub-acute toxicity testing for four weeks. The rats were orally treated two times per
day according to the treatment groups for three weeks before excision wound induction.

After three weeks of treatment, the dorsal region of the fifteen experimental rats’ left thigh was shaved after the administration of light ethyl ether anaesthesia. The wound incision of 1.5×1.0 cm was induced on the animals while the control had no wound incision. The control rats continue to receive 0.5 mL (twice/day; p.o.) distilled water without wound induced on them. The experimental groups also continue to receive distilled water 0.5 mL (twice/day; p.o.), aqueous corn-silk extract (ACSE 500 mg/kg body weight twice/day; p.a.) and methanol corn-silk extract (MCSE 500 mg/kg body weight twice/day; p.o.) for three weeks after excision wound was induced i.e. distilled water and the extracts were administered twice/day; p.o., three weeks before and three weeks after excision wound induction.

Sample collection and preparation

After six weeks of treatment, rats were anesthetized with deep ethyl ether anaesthesia. Blood was collected by cardiac puncture into plain bottles and was left to clot. Serum was separated by centrifugation at 3000 rpm, at room temperature for five minutes and stored at -20 °C until use for biochemical assays of inflammation markers (IL-1β, TNF-α, IFN-γ). Wound granulation tissues were also carefully removed as previously reported (Nafiu and Rahman, 2015), weighed, homogenised in ice-cold sodium phosphate buffer (0.01 moldm⁻³; pH 7.4) and centrifuged at 12 000 ×g, and 4°C for five minutes. The supernatant was collected and kept at -20°C until use for the biochemical estimations of wound tissue total protein, antioxidant factors; glutathione peroxidase (GPx; EC 1.11.1.9), superoxide dismutase (SOD; EC 1.15.1.1), catalase (EC 1.11.1.6), oxidative stress marker (malondialdehyde; MDA), cyclooxygenase-2 (COX-2; EC 1.14.99.1), NO, and hydroxyproline contents, an index of collagen turnover synthesis that is correlated to wound tensile strength (breaking force). Protein content was quantified following Bradford standard method (Bradford, 1976).

Biochemical estimations of catalase, superoxide dismutase and glutathione peroxidase

Catalase activity was measured using spectrophotometric method as described by Cohen et al., (1970). The rate of H₂O₂ degradation by the addition of collected supernatant to standard excess of KMnO₄ was determined by allowing the reaction to continue for three minutes and measuring the absorbance of the residual KMnO₄ at 480 nm. In this assay, 1 unit of enzyme activity equals k/(0.00693), where k = log (Sₒ/Sₜ) × (2.3/4), Sₒ = absorbance of standard - absorbance of blank, Sₜ = absorbance of standard - absorbance of sample, and t = time interval (Aebi et al., 1974). Catalase activity was calculated as units per mg of sample protein concentration.

SOD activity was assessed according to the method of Marklund and Marklund, which is based on the ability of SOD to scavenge superoxide anion radical (O₂⁻) to inhibit the auto-oxidation of pyrogallol. Briefly, 50.0 µL of the collected supernatant was mixed with 1.0 mL of 0.05 mol dm⁻³ Tris-HCl buffer (pH 8.2) containing 1 mmol dm⁻³ diethylenetriaminepenta-acetic acid and the reaction was initiated by the addition of pyrogallol. SOD activity was determined by measuring the absorbance kinetically at 420 nm, 25 °C for 3 minutes with 1 unit of SOD defined as the amount that inhibited the rate of pyrogallol autoxidation by 50% and adjusted per sample protein concentration (Marklund and Marklund, 1974).

GPx activity was measured using Glutathione peroxidase enzymatic assay kit (Fortress Diagnostics Limited, UK) following the manufacturer’s instruction. It is based on the oxidation of reduced glutathione by the sample GPx. The oxidised glutathione is then reduced by the action of glutathione reductase and NADPH. In the reaction, 1 unit GPx causes the formation of 1.0 mmol of NADP+ from NADPH per minute. Thus GPx enzyme activity was calculated as units per mg of sample protein concentration.

Biochemical estimation of lipid peroxidation

Lipid peroxidation (LPx) was evaluated based on the thiobarbituric acid reactive substance TBARS method as described by Buege and Aust (1978). Tissue sample was mixed with reaction solution containing 15% trichloroacetic acid, 0.375% thiobarbituric acid, and 0.25N NaOH. The mixture was boiled at 100 °C for 10 minutes, and allowed to cool down to room temperature. The absorbance of the resulting solution was recorded at 532 nm. LPx in the form of malondialdehyde (MDA) equivalent was expressed as nmol/mg of the sample protein concentration.

Biochemical estimations of IL-1β, TNF-α and IFN-γ

The serum concentrations of cytokines (IL-1β, TNF-α, and IFN-γ) were measured by respective rat enzyme-linked immunosorbent assay (rat-ELISA) kit according to the manufacturer’s protocol (BD Biosciences, USA). In order to ensure reproducibility, the experiments were performed in triplicate and serum concentration of cytokines was determined in pg/mL equivalent of the standard.

Biochemical estimations of COX-2, NO and hydroxyproline

A COX-2 colorimetric-based assay kit (Cayman, Ann Arbor, MI) was used to estimate wound tissue COX-2 enzyme activity according to the manufacturers’ protocol.

Wound tissue NO level was estimated following a modified method reported by Batool et al., (2017). Briefly, Serum sample (30 µL) was mixed with 0.3 M NaOH and 5% ZnSO₄. The mixture was centrifuged for 20 minutes at 6400 ×g and supernatant collected. Supernatant (10 µL) was mixed with 100 µL of 1% sulfanilamide (dissolved in 1.2 mol dm⁻³ HCl) and 100 µL of 0.1% N-naphthyl ethylene diamine dihydrochloride, and incubated for five minutes at room temperature. The absorbance was read at 540 nm using a microplate reader. Nitrite concentration was estimated using NaNO₂ as a standard (Batool et al., 2017).

Wound tissue samples were oven-dried and hydrolyzed in 5 N HCl for 12 h at 130 °C in closed tubes to measure the hydroxyproline content. Colourimetric-based assay, described by Reddy and Enwemeka (1996), was used to
determine the hydroxyproline content of the hydrolysate containing 0.5 mg of wound tissue samples. Hydroxyproline concentration was estimated in µg/mg tissue equivalent of the standard and the absorbance was read at 560 nm in Lambda 25 UV/Vis spectrophotometer (Perkin Elmer, MA, USA) (Reddy and Enwemeka, 1996).

**Statistical Analysis**

Sample size was determined by the use of ‘resource equation’ method and the data were analysed using a statistical software package SPSS for Statistics version 20 (IBM, Armonk, NY) and expressed as mean ± standard error of mean (mean ± SEM). Means were compared by analysis of variance (ANOVA) followed by the Turkey’s post-hoc test for multiple comparison. A p-value less than 0.05 (p<0.05) was considered as statistically significant.

**RESULTS**

**Corn silk improved wound bed condition**

Corn silk extract treated groups showed no sign of oedema or exudate formation around the wound site, unlike the distilled water treated (wounded) group, throughout the experimental period. At day 1 post wounding, the distilled water treated group showed sign of edema with large amount of exudates formation in the form of pus which remains in three out of five rats until day 10 post wounding. The ACSE group also showed little signs of swelling on the day 1 however, the appearance of exudates was only noticed on the day five in one of the rats. Animals treated with MCSE exhibited “clean healing” as the wounds remain clean throughout the experimental period. It is also observed that time taken for scab shedding varies among the groups. The ACSE and MCSE treated groups shed

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**Figure 1:** Catalase, superoxide dismutase and glutathione peroxidase activities and malondialdehyde in wound tissues following treatment with corn silk extracts. ACSE, aqueous corn silk extract; MCSE, methanolic corn silk extract. Bars indicate mean±SEM (n = 5); *, #, and †indicate significant difference at p<0.05 as compared with control, wounded and ACSE respectively.
scab between day eight and day 10 post wounding while the distilled water treated groups shed scab between day seventeen and day twenty completely or partially. This result showed that corn silk extract prevented formation of macroscopic signs of inflammation in excision wound and prevented contamination to improve healing by reducing time for scab shedding.

Corn silk enhances antioxidant enzymes activities but reduces malondialdehyde

Wound induced altered endogenous antioxidant enzymes’ (GPx, SOD and catalase) activities were restored to control level by ACSE. However, MCSE further increased the enzymes’ activities significantly ($p<0.05$) when compared with control, untreated wounded and ACSE-treated groups (Figure 1A-C). Both ACSE and MCSE, similarly and significantly ($p<0.05$), reduced plasma MDA when compared with the wounded group (Figure 1D).

Corn silk increases protein, NO and hydroxyproline but reduces cyclooxygenase-2

Untreated wound tissue exhibited significant ($p<0.05$) depletion in total protein, nitric oxide and hydroxyproline contents with remarkable upsurge in wound tissue cyclooxygenase-2 level when compared to the control group (Figure 2A-D). ACSE increased the wound total protein content and reduced cyclooxygenase enzyme activity in wound significantly ($p<0.05$) when compared to the wounded group (Figure 2A&C). However, hydroxyproline and NO were not affected by ACSE treatment (Figure 2B&D). Treatment with MCSE significantly ($p<0.05$) increased wound total protein, NO, and hydroxyproline contents but reduced significantly ($p<0.05$) wound cyclooxygenase enzyme when compared to control, wounded and ACSE groups (Figure 2A-D). Except that MCSE improved wound protein and NO contents similar to ACSE and control respectively without marked changes

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**Figure 2:** Total protein, nitrite (NO$_2^-$), cyclooxygenase-2, and hydroxyproline in wound tissues following treatment with corn silk extracts. ACSE, aqueous corn silk extract; MCSE, methanolic corn silk extract. Bars indicate mean±SEM ($n=5$); *, #, and † indicate significant difference at $p<0.05$ as compared with control, wounded and ACSE respectively.
Corn silk reduces IL-1β, TNF-α and IFN-γ

The elevated inflammatory markers (IL-1β, TNF-α, and IFN-γ) in untreated wounded group were significantly (p<0.05) reduced by the MCSE when compared with wounded and ACSE groups (Figure 2A & B). However, ACSE showed trend towards reduction of the inflammatory markers but was not significant (p>0.05) when compared with wounded group. IL-1β and TNF-α remain significantly elevated following treatment with ACSE while IFN-γ remain unchanged (Figure 2A).

DISCUSSION

The intricate cellular and molecular events, during acute wound healing, result in the elevated levels of reactive oxygen species and pro-inflammatory cytokines as observed in the current study (Nayak et al., 2009). These either prolong the inflammatory phase of acute wound healing or arrest wound healing at inflammation phase in chronic wounds. Generally, corn silk extracts enhance activities of the endogenous antioxidant enzymes, determined in the current study, with the methanolic extract remarkably increasing the enzymes’ activities better than control and the aqueous extract. Similarly, both aqueous and methanolic extracts of corn silk ameliorate wound induced oxidative stress as revealed by the lower tissue level of MDA. However, methanolic corn silk extract only markedly reduced the tissue level of NO.

Evidently, methanolic corn silk extract consistently suppressed oxidative stress and reduced NO synthesis by enhancing antioxidant enzyme activities and controlling the activity of inducible nitric oxide synthase respectively to promote wound healing. Using different models of oxidative stress, studies have proven the potential antioxidant properties of corn silk extract both in vitro and in vivo. Corn silk extract efficiently scavenges free radicals and chelates the catalytic metal ions comparable to a reference compound in an in vitro study with a moderate nitric oxide-scavenging effect (Ebrahimzadeh et al., 2008). The study associated the antioxidant properties of corn silk extract to high amount of flavonoid and phenolic compounds detected in the extract. In another study, ferrulic acid was implicated as the main bioactive phytochemical in the corn silk that correlated strongly with the potent cellular antioxidant activity (Yang et al., 2019). Corn silk has been used successfully in the traditional management of diseases that are associated with oxidative stress mainly diabetes and diabetic complications such as diabetic nephropathy (Wang and Zhao, 2019). Our current findings support the fact that impaired wound healing is associated with redox imbalance leading to suppressed glutathione/superoxide dismutase/catalase antioxidant defence and an increase in lipid peroxidation. This shift in redox status towards oxidative stress indicates the possibility of on-going tissue damage and consequent inflammatory responses. It is therefore noteworthy that MCSE and ACSE are potent enough to attenuate or normalise the oxidative damage that characterize delayed wound healing. Although MCSE showed greater potency and could be that methanol extracted more antioxidant phytochemicals from corn silk than water (Thoudam et al., 2011; Yang et al., 2019).

In addition, the current study has shown that methanolic corn silk extract produced not only marked antioxidant effect but also significant antiinflammation during wound healing. The aqueous corn silk extract also showed some inhibitory effect on IFN-γ and COX-2 but methanolic corn silk extract considerably inhibited release of all the pro-inflammatory cytokine evaluated in the current study. Similar findings have been reported by Wang and his colleagues. They showed that pre-treatment of rat model of
carrageenin-induced pleurisy with corn silk extract inhibited the inflammatory response by mechanisms associated with inhibition of TNF-α, IL-1β, VEGF-α, and IL-17A. The extract also blocked inflammation-related events such as expressions of ICAM-1 and prooxidant enzymes iNOS by modulating NF-κB (Wang et al., 2012). Furthermore, corn silk displayed a remarkable anti-inflammatory activity, in vitro and in vivo, in a separate study targeting the bioactive peptide components of the protein rich aqueous corn silk extract and the trypsin hydrolysate of corn silk (Hoet et al., 2017). Aqueous corn silk extract and the identified peptide from trypsin hydrolysate of corn silk extract, comparably interacted with IκKβ to inhibit the phosphorylation of IκB-α thereby suppressing the activation of NF-κβ (Hoet et al., 2017). This explains the possible mechanism through which corn silk extract inhibited the release of all the inflammatory cytokines evaluated in the current study especially when the central role of NF-κβ in transcriptional induction of pro-inflammatory cytokines is considered.

Although dose response effect is not recorded in this study, many previous studies have consistently reported the dose response effect of corn silk extracts in vitro and in vivo with a wide margin of safety and therapeutic window. A dose range of 50 to 300 mg/kg and 0.5 to 4.0 g/kg have been administered in rodents for various biological activities for a period of 2 to 4 weeks. The single dose of the corn silk extracts (500 mg/kg), administered orally to the animals in the current study, is far below the high doses used in the previous studies that investigated the antioxidant and anti-inflammation properties of the corn silk extract in different animal models (Wang et al., 2012; Ha et al., 2018; Kim et al., 2019; Wang and Zhao, 2019). More so, the no-observed-adverse-effect level (NOAEL) of corn silk is reportedly 8.0% w/w when administered orally for 90 days. This corresponds to a mean daily corn silk intake of approximately 9.354 and 10.308 g/day/kg body weight for males and females respectively (Wang et al., 2011).

There was no disparity among the studies reporting the anti-inflammatory and antioxidant properties of corn silk extracts in different models and disease conditions. However, different corn silk preparations were used. Corn silk extracts prepared using different organic solvents with varying polarity and aqueous extraction are commonly reported (Thoudam et al., 2011). It appears methods of extraction and extraction media have limited effect on the potency of corn silk extracts since different forms of the extract are consistently reported to have anti-inflammatory and antioxidant properties. Though, this study suggests methanol as better extraction media and this is in line with the study by Thoudam et al., (2011). Till now, identification and characterization of phytochemicals that play predominant role in the anti-inflammation and antioxidant properties of corn silk are yet to be determined. Peptides and phenolic compounds extracted from corn silk using different methods and media have been indicated. Therefore, further study is required to divulge the optimum extraction method and characterised the most important candidate compound for molecular targeting in different pathologic condition involving inflammation and oxidative stress.

CONCLUSIONS

Wounds present two major conditions; increased oxidative stress (increased lipid peroxidation) as well as inflammatory response (increased production of proinflammatory cytokines). Corn silk provides protection against oxidative stress by inhibiting lipid peroxidation and reduced inflammation by inhibiting release of proinflammatory cytokines induced by wound in rat model. Inhibition of oxidative stress and inflammation accelerate wound healing and restore the functional and structural integrity of damaged tissues. It is also evident that methanolic corn silk extract produced a more notable effect relative to the aqueous corn silk extract. This is owing to the increased presence of some phytochemical constituents in methanol corn silk extract than in aqueous corn silk extract.

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DECLARATION OF CONFLICT OF INTEREST

Authors declare that they have no conflict of interest.

DATA AVAILABILITY STATEMENT

The data sets used and analysed during the current study is available with the corresponding author upon request.

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