Estrogen synthesis in the stomach of Sprague-Dawley rats: comparison to Wistar rats

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Abstract: Aromatase, an estrogen synthase, exists in the gastric parietal cells of Wistar rats. The stomach synthesizes large amounts of estrogens and secretes them into the portal vein. We have been particularly studying gastric estrogen synthesis using Wistar rats. However, estrogen synthesis in the stomach of Sprague-Dawley (SD) rats, which are used as frequently as those of the Wistar strain, has not been clarified. We examined steroid synthesis in the stomach of SD rats using immunohistochemistry, in situ hybridization, Western blotting, real-time PCR, and LC-MS/MS. Aromatase also exists in the stomach of SD rats. Its distribution was not found to be different from that of Wistar rats. Results show that H+/K+-ATPase β-subunit and aromatase colocalized in double immunofluorescence staining. Each steroid synthase downstream from progesterone was present in the gastric mucosa. These results suggest that steroid hormones are synthesized in the parietal cells in the same pathway as Wistar rats. Although mRNA expression of steroid synthases were higher in SD, no significant difference was found in the amount of protein and each steroid hormone level in the portal vein. Although differences between strains might exist in steroid hormone synthesis, results show that SD rats are as useful as Wistar rats for gastric estrogen synthesis experimentation.

Key words: 17β-estradiol, aromatase, parietal cells, stomach
nomenon limited to Wistar rats. Reports describe similar phenomena in goats [9] and humans [10]. Especially, results show that estrogen synthesis in the parietal cells of humans occurs irrespective of age or sex. In humans, symptoms suggesting excessive estrogens such as gynecomasia, testicular atrophy, and emmeniopathy are known to be recognized often in patients with liver dysfunction [11]. These symptoms are known to be associated with the decline of estrogen metabolism in the liver. We also experimentally demonstrated the increment of E2 in systemic circulation in hepatic disease model animals [12–14]. Probably, E2 secreted from the stomach into the portal vein flowed into systemic circulation because of reduction of estrogen metabolism associated with liver damage. We expect that estrogen synthesis in the stomach contributes not only to the gastro-hepatic axis, but also to the endocrine system in the body. Nevertheless, many points remain unclear in the mechanism or regulation of estrogen synthesis in the stomach.

However, the SD rat strain is widely used for studying the endocrine system in the mammary gland [15–22], uterus and vagina [23–27], and pituitary gland [18, 25, 27]. In fact, SD rats are also used widely for safety evaluations, drug evaluations, and various studies because they are easily tamed, have good growth, smaller size, and a higher survival rate in long-term breeding experiments, similarly to Wistar rats. Therefore, SD rats are also used widely for experimental studies to evaluate relation between E2 and endocrine-related tumors. Nevertheless, nothing is known of gastric estrogens in SD rats as observed in Wistar rats. This study investigated estrogen synthesis in the SD rat stomach; then results were compared with those found for Wistar rats.

Materials and Methods

Animals

This study examined 14 intact, Wistar (Slc:Wistar, n=7) and SD (Slc:SD, n=7) male rats aged 10 weeks (Japan SLC, Inc., Shizuoka, Japan): Wistar body weight, 210–220 g; SD body weight, 330–340 g. All animals were maintained in a room with a 12 h light and 12 h dark cycle (lights on from 7 a.m. to 7 p.m.). They were housed in air-conditioned quarters. The rats were given a standard pellet diet (Oriental Yeast Co., Ltd., Tokyo, Japan) and tap water ad libitum. Before the experiment, they stayed in the room for one week. Rats were anesthetized with mixed anesthetic agents of three types (medetomidine hydrochloride, 0.15 mg/kg body weight; Nippon Zenyaku Kogyo Co., Ltd., Fukushima, Japan; midazolam, 2 mg/kg body weight; Astellas Pharma Inc., Tokyo, Japan; butorphanol tartrate, 2.5 mg/kg body weight; Meiji Seika Pharma Co., Ltd., Tokyo, Japan). Blood was taken from the portal vein and the abdominal artery. Serum samples were stored at −30°C until steroid hormone levels determined. All animals were killed by exsanguination. The gastric mucosa was then quickly excised and retained at −80°C until assay. All procedures were done at 8 a.m. All were performed in accordance with institutional guidelines, and were approved by the animal research ethical committee of Yamagata University.

Histochemistry

For immunohistochemical and hematoxylin and eosin (HE) staining, the stomach, testis and adrenal gland tissues were fixed overnight at 4°C in Bouin’s solution without acetic acid. Tissues were then dehydrated in a graded ethanol series, and were embedded in embedding media (Paraplast; Sigma-Aldrich Japan K.K., Tokyo, Japan). The sections were immunostained with the peroxidase-labeled antibody method using antibody against aromatase (1:10,000 for light microscopic analysis, #MCA2077S; AbD Serotec, Oxford, UK, and 1:1,000 for fluorescence microscopic analysis, GTX18995; GeneTex, Inc., Irvine, CA, USA) and H+/K+ ATPase β-subunit (1:100,000, #SM5117; OriGene Technologies Inc., Rockville, MD, USA). Sections were incubated overnight at 37°C with the first antibody. Then they were reacted for an hour at 37°C with the antimouse and rabbit IgG conjugated with horseradish peroxidase for light microscopic analysis (1:10, Histofine, Simple Stain MAX-PO [MULTI];Nichirei Corp., Tokyo, Japan). They were developed using 0.002% 3,3’-diaminobenzidine tetrachloride, 1 mM ammonium nickel (II) sulfate hexahydrate, and 1% H2O2 in 20 mM Tris buffer (pH 7.4) as a chromogen. For double staining, the secondary antibody, anti-mouse IgG (H+L) highly Cross-Adsorbed Secondary Antibody Alexa Fluor 568 (green, 1:400, #A-11031; Thermofisher Scientific Inc., Waltham, MA, USA), anti-rabbit IgG (H+L) highly Cross-Adsorbed Secondary Antibody Alexa Fluor 488 (red, 1:400, #A-11034; Thermofisher Scientific Inc.) and DAPI FluoroPure grade (1:1,000, #D21490; Thermo Fisher Scientific Inc.), were used for an hour at 37°C. As a negative control, nearly adjacent sections were incubated without the primary antibody. Then they were incubated with the secondary antibody. No labeling was confirmed in these control sections. The images were taken using a camera (DFC7000T; Leica Microsystems GmbH, Wetzlar, Germany) attached to a microscope (DM2500LED; Leica) and a confocal laser scanning microscope (PASCAL; Carl Zeiss Microscopy GmbH, Jena, Germany).
In situ hybridization

The following DNA fragments were amplified from rat cDNA using the polymerase chain reaction (PCR):\textit{Cyp19a1} (GenBank accession no. NM017085; 1824–2309) with forward (5’-CGA GTA TTT CCC CAA GCC CA-3’) and reverse (5’-TTC TTT TGC ATC CCG GCT CT-3’) primers. Gene-specific antisense or sense digoxigenin (DIG)-labeled cRNA probes were made using the Roche DIG RNA labeling kit (Roche Diagnostics Corp., Penzberg, Germany). Gastric frozen sections (20 µm thick) were obtained in a cryostat (CM3000; Leica, New York, NY, USA) and were mounted on glass slides with Tissue-Tek O.C.T. Compound (Sakura Finetek Japan Co., Ltd., Tokyo, Japan). Then DIG-labeled cRNA probe hybridization was performed in a solution containing 50% formamide, 10% dextran sulfate (Wako Pure Chemical Industries Ltd., Osaka, Japan), 3× standard sodium citrate, 120 mM phosphate buffer (pH 7.4, 1× Denhardt solution (Nacalai Tesque Inc., Kyoto, Japan), 125 µg/ml tRNA (Thermo Fisher Scientific Inc.), and 100 µg/ml sonicated sperm DNA (Thermo Fisher Scientific Inc.) at 60°C for 16–18 h. Visualization of mRNA was performed with alkaline-phosphatase-conjugated anti-DIG antibody (Roche Diagnostics Corp.) using 4-nitroblue tetrazolium chloride and 5-bromo-4-chloro-3-indolyl phosphate (Roche Diagnostics Corp.). Control experiments were performed. No specific signals were detected in sections processed with DIG-labeled sense RNA probes.

Total RNA extraction and real-time PCR

Total RNAs were prepared from the gastric mucosa (n=4) by TRIzol RNA isolation reagents (Thermo Fisher Scientific Inc.). Expression of steroid synthesizing enzyme mRNAs in the stomach was determined using real-time PCR. Total RNA was converted into cDNA by reverse transcription using ReverTra Ace qPCR RT Master Mix (Toyobo Co., Ltd., Osaka, Japan). All primers were designed in the laboratory following sequences based on the nucleotide sequences of the rat, and were intron-spanning. The nomenclature of cytochrome P450 genes were used according to the report [28]. Primer sequences are shown in Table 1. Real-time PCR was performed in the StepOnePlus Real-Time PCR System with a Thunderbird SYBR qPCR Mix (Toyobo Co., Ltd.) according to the manufacturer’s protocol. PCR conditions were 10 min at 95°C, with 40 cycles of denaturation for 15 s at 95°C, and an annealing-extension for 60 s at 60°C. According to the computational method of Livak & Schmittgen [29], a relative amount of each gene in each animal including \textit{Actb} was calculated based on threshold cycles and was compared with that found in the controls. To confirm the absence of contamination of genomic DNA in all RNAs, PCR was conducted without the RT step. None of the total RNAs was able to detect PCR products of either primer set within 40 PCR cycles.

Western blotting

The gastric mucosa was homogenized in a lysis buffer containing a protease inhibitor (cOmplete™ Protease Inhibitor Cocktail, Roche Diagnostics Corp.). The protein concentration was estimated (TaKaRa BCA Protein Assay, Takara Bio Inc., Shiga, Japan). For immunoblotting, 10–30 µg of total protein was separated on 10% SDS-PAGE. Protein samples were transferred onto PVDF membranes, blocked with 4% non-fat dry milk in TBST, and incubated with the primary antibody against 17α-hydroxylase (1:10,000, #ab231794; Abcam plc., Cambridge, UK), 17β-hydroxysteroid dehydrogenase (HSD) type2 (1:10,000, #GTX12311; GeneTex, Inc.), 17β-HSD type3 (1:100,000, #GTX114480; GeneTex, Inc.), aromatase (1:10,000; AbD Serotec), 5α-reductase type1 (1:3,000, #bs-11308R; Bioss, Boston, MA, USA), and β-actin (1:100,000, #sc-47778; Santa Cruz Biotechnology, Inc., Dallas, TX, USA). Following reaction with

Table 1. List of oligonucleotide primers for real-time PCR

| Gene   | Sequence Product (bp) | Accession |
|--------|-----------------------|-----------|
| \textit{Cyp17a1} | Forward: AGTGTACATCGGCCACTATCGAGCTACCCAGCATCTGCAAA | 150 NM_012753 |
|        | Reverse: TGTTTACGTCAGCACTATC | 139 NM_024391 |
| \textit{Hsd17b2} | Forward: AGAGTGTTACCCACCCGACATCAGCTGCAAC | 144 NM_054007 |
|        | Reverse: ATGGTTACGTCAGCTATCGAGCTGCAAC | 140 NM_017085 |
| \textit{Srd5a1} | Forward: TGGGTGTACGTCAGCACTATCAGCTGCAAC | 129 NM_017070 |
|        | Reverse: AGTACAGGCTGAAATATGGTAATCTGAGCTGCAAC | 114 NM_031144 |
Aromatase does not exist in that location. In sagittal sections, aromatase was not expressed in the fundus (fore-stomach) and pylorus in both Wistar (Figs. 1G and H) and SD rats (Figs. 1I and J). It was observed that aromatase was only expressed in corpus, where the fundic glands exist. Because the borderline in the stomach is not straight, the fundus (fore-stomach) and corpus are mixed in one section. Therefore, aromatase expression in the second from the right section appeared to be interrupted. No aromatase expression was found in the esophagus or duodenum in any micrograph. These results support those of earlier studies.

Because aromatase in the gastric mucosa is well known to exist in parietal cells, double staining of H+/K+-ATPase β-subunit and aromatase was performed (Fig. 2). Aromatase in SD rats colocalized with H+/K+-ATPase β-subunit (Figs. 2D–F) and in Wistar rats (Figs. 2A–C). Furthermore, in situ hybridization demonstrated the expression of aromatase mRNA in gastric mucosa in both strains (Fig. 3). In conclusion, results clarified that aromatase exists in the gastric mucosa of corpus of SD rats and that it produces estrogens in parietal cells as well as Wistar rats.

Immunohistochemical analyses with aromatase antibody were also performed for the testis and the adrenal gland, which are known as the main estrogen producing organs in males. Light micrographs of HE (Figs. 4A, C, and E) and immunohistochemical staining with aromatase antibody (Figs. 4B, D, and F) of the stomach (Figs. 4A and B), testis (Figs. 4C and D), and adrenal gland (Figs. 4E and F) of SD rats are shown. Testis and adrenal gland tissues did not show aromatase positive cells in the same condition with immunohistochemistry of gastric mucosa.

Steroid synthases in the gastric mucosa

Gastric E2 was synthesized from progesterone via androstenedione and testosterone by steroidogenic enzymes, 17α-hydroxylase, 17β-HSD type2, 17β-HSD type3 and aromatase, in the mucosal layer. Furthermore, 5α-reductase type1, which converts testosterone to dihydrotestosterone, exists. Consequently, expressions of these mRNAs, Cyp17a1, Hsd17b2, Hsd17b3, Cyp19a1, and Srd5a1, were determined using real-time PCR. The results, normalized by Actb expression, are presented in Fig. 5. Cyp17a1 mRNA expression in the gastric mucosal epithelium of SD rats was about 1.4 fold, Hsd17b3 was about 1.5 fold, Cyp19a1 was about 2.1 fold, and Srd5a1 was about 4.1 fold higher than that of Wistar rats (P<0.05, respectively). Also, Hsd17b2 mRNA expression was lower: about 0.8 fold (P<0.05). However, steroid synthase proteins in mucosal epithelia of the stomach were analyzed using Western blotting in Fig. 6. Lysates

Serum steroid hormone concentrations

Serum steroid hormone concentrations (n=7, each group) were measured using liquid chromatograph-mass spectrometry (LC-MS/MS). As internal standards, progesterone-13C3, androstenedione-13C3, testosterone-13C3, dihydrotestosterone-13C3, E1-13C4, and E2-13C4 were added to the rat serum. Steroids were extracted using methyl tert-butyl ether from the rat serum. After the organic layer was evaporated to dryness, the extract was dissolved in methanol and was diluted with distilled water. It was then applied to an Oasis MAX cartridge. After the cartridge was washed with 1% acetic acid solution, 1M sodium hydroxide solution and distilled water, respectively, and A-dione, T, DHT and P4 were eluted with methanol. Furthermore, the cartridge was washed with methanol, 1% acetic acid solution, methanol/distilled water/pyridine (60:40:1, v/v/v); the E1 and E2 were eluted with methanol/distilled water/pyridine (90:10:1, v/v/v). After each steroid fraction was evaporated, the fraction of E1 and E2 was subjected to derivatization as described in an earlier report [30]. The fraction of A-dione, T, DHT, and P4 was subjected to derivatization as described in an earlier report [31]. The lower limits of quantitation of E1, E2, A-dione, T, DHT and P4 were, respectively, 0.05, 0.005, 2, 1, 1, and 2 pg/tube.

Statistical analysis

The data were analyzed statistically using Mann-Whitney U test, using StatView software (Hulinks Inc., Tokyo, Japan). A P-value less than 0.05 was considered to be significant.

Results

Aromatase distribution

Light micrographs of immunostained sections with aromatase antibody are shown in Fig. 1. Distribution of aromatase in the stomach of Wistar rats was confined to corpus as reported earlier (Figs. 1B and C). Aromatase was also expressed weakly in lesser curvature. The frontal stomach of SD rats showed an almost identical structure to that of Wistar rats (Figs. 1D and E). However, no aromatase expression was found in the lesser curvature because the boundary between gastric corpus and fundus (fore-stomach) continues as a borderline to the pylorus. Aromatase does not exist in that location. In sagittal
of gastric mucosa were loaded on SDS-PAGE. Each synthase and β-actin were detected by immunoblotting. All steroid synthases were confirmed in SD rats. Results of image analysis of Wistar vs. SD shown in mean ± SE were 17α-hydroxylase; 2.68 ± 0.35 vs. 2.52 ± 0.11 ($P=0.5127$), 17β-HSD type2; 0.78 ± 0.01 vs. 0.84 ± 0.16 ($P=0.5127$), 17β-HSD type3; 0.93 ± 0.06 vs. 1.17 ± 0.06 ($P=0.1266$), aromatase; 1.35 ± 0.08 vs. 1.51 ± 0.05 ($P=0.1266$), and 5α-reductase type1; 0.89 ± 0.05 vs. 0.91 ± 0.06 ($P=0.8273$). Then, no significant difference was found between Wistar and SD rats in any steroid synthase.

**Serum steroid hormone concentrations in the portal vein**

Table 2 shows each steroid hormone concentration in the portal vein. Progesterone, a substrate of gastric estrogens, was not different between Wistar and SD rats ($P=0.631$). Although no significant difference was found in androstenedione, which is converted from progesterone by 17α-hydroxylase, androstenedione in SD rats tended to be higher ($P=0.583$). Similarly to androstenedione, testosterone, which is converted from androstenedione by 17β-HSD type 3 and dihydrotestosterone, which is converted from testosterone by 5α-reductase type 1 tended to be higher in SD rats ($P=0.1495, 0.4233$ respectively). No significant difference was found in estrone converted from androstenedione by aromatase ($P=0.5224$). Furthermore, 17β-estradiol converted from testosterone by aromatase was not significantly different. However, 17β-estradiol in SD rats tended to be lower ($P=0.1495$).

**Discussion**

Results of this study clarified that SD rats also synthesize estrogens in the stomach similarly to Wistar rats. The distribution of aromatase in the stomach of SD rats is identical to that in Wistar rats (Figs. 1 and 2). Furthermore, not only aromatase protein but also mRNA is
expressed in the gastric mucosa of SD rats as well as of Wistar rats (Fig. 3). This indicates that aromatase mRNA is translated in the parietal cells, but aromatase does not come from other tissues. Estrogens are synthesized in the parietal cells when testosterone or androstenedione is supplied as a substrate. We also confirmed that aromatase did not colocalize with pepsinogen and ghrelin (data not shown). This result suggests that only parietal cells in the stomach of SD rats synthesize and secrete estrogens. Therefore, SD rats were shown to be ideally suited for the study of gastric estrogens synthesis as well as Wistar rats. We consider that SD rats are useful for experiments that require surgeries and experiments that require large amounts of samples from one individual because they are larger than Wistar rats. Conversely, Wistar rats are known to be smaller and are known to have a high survival rate in long-term breeding experiments. Consequently, Wistar rats are useful for experiments that use lower amounts of drugs, aging or time-dependent experiments, and experiments that require samples from many individuals.

In the gastric mucosa of SD rats, all steroid synthases to convert estrogens from progesterone were confirmed. Estrogen synthesis pathways in the parietal cells of Wistar and SD rats can be regarded as identical. Progesterone as the substrate of estrogens is converted from cho-

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**Fig. 2.** Immunofluorescence staining for H⁺/K⁺-ATPase β-subunit (red), aromatase (green), and their merged overlay of Wistar (A–C) and SD (D–F) rats. In both strain, aromatase co-localized with H⁺/K⁺-ATPase β-subunit in the parietal cells. Scale bars represent 10 µm.

**Fig. 3.** Expression of Cyp19a1 mRNA in Wistar (A) and SD (B) rats. In situ hybridization signals are shown in red purple. Cyp19a1 were expressed in fundic glands of both strains. Scale bars represent 200 µm.
lesterol by P450 cholesterol side-chain cleavage enzyme (P450scc) [32]. Actually, P450scc does not exist in the gastric mucosal epithelium [8]. Large amounts of P450scc are known to be expressed in all three zones of the adrenal cortex [33, 34], theca interna of the ovary [32], and Leydig cells in the testis [35]. Therefore, when the substrate level is increased or decreased because of these organ or steroidogenic abnormalities, it might affect gastric estrogen synthesis.

Although no significant difference of steroid synthase proteins was found (Fig. 6), differences were found between the respective mRNA expressions of Wistar and SD rats (Fig. 5). In mRNA expressions, Hsd17b2 mRNA expression in SD was less than in Wistar rats. Actually, 17β-HSD type2 translated from Hsd17b2 reverses testosterone to androstenedione in contradiction to steroidogenesis downstream. Conversely, other mRNAs in SD expressed more than Wistar rats. Although no significant difference was found, these tendencies are reflected in protein levels and serum hormone levels in the portal vein. Particularly, Srd5a1 was expressed much higher. Therefore, SD rats tend to have a more dominant pathway for converting testosterone to dihydrotestosterone rather than E2 compared to the pathway for Wistar rats. These results suggest possible differences in the hormone synthesis in the stomach depending on the strain.

Fig. 4. Light photomicrographs obtained under the same conditions (HE staining - A, C, and E; immunohistochemistry of aromatase - B, D, and F) of the gastric mucosa (A and B), testis (C and D), and adrenal gland (E and F) are shown. No immunostained cells were found in the testis or adrenal gland, but the gastric mucosa has many aromatase positive cells. Scale bars represent 200 µm in the stomach and adrenal gland, and 100 µm in the testis.
Dihydrotestosterone, an endogenous androgen sex steroid and hormone, is converted from testosterone by 5α-reductase type 1. Actually, 5α-reductase type 1 is expressed in more locations, including the liver, skin, scalp and prostate. These organs synthesize dihydrotestosterone [36]. Dihydrotestosterone synthesized in the stomach flows into the portal vein, where it is metabolized in the liver as well as estrogens. Reportedly, glucocorticoids and androgens differentially regulate \textit{Srd5a1} mRNA in the rat liver [37]. Consequently, the possibility exists that dihydrotestosterone synthesized in the stomach is involved in steroid metabolism in the liver.

Aromatase is well known to be expressed mainly in granulosa cells of the ovary. Furthermore, earlier reports show that aromatase is expressed in various organs [1–6]. Especially, the testes and adrenal glands are well known as estrogen-producing organs other than the ovary. However, aromatase protein levels in these organs were significantly lower, as portrayed in Fig. 4. In Wistar rats, the mRNA level in the testis was about 10^{-2} times and the adrenal gland was about 10^{-2} times lower compared to the gastric mucosa [38]. Result of SD rats of the mRNA level is almost identical to that obtained for the Wistar rats (data not shown). With increased sensitivity, aromatase will be detected in the testis and adrenal gland. However, aromatase levels are clearly expressed in gastric mucosa and are much higher than in these organs. Although this study does not investigate ovarian aromatase in SD rats, we presume that comparison with ovarian aromatase shows the same tendency as that found for Wistar rats [39].

We have been researching the stomach as a new organ producing estrogens [10, 12–14, 38–41]. Aromatase-positive parietal cells were costained with the H^+\text{}/K^+-ATPase β-subunit completely (Fig. 2). Consequently, the cells which express aromatase are parietal cells. However, the opposite situation is not always the same. In postnatal development, aromatase starts to express in the gastric mucosa from 20 days after birth [13]. However, H^+\text{}/K^+-ATPase β-subunit wasn’t expressed in the gastric mucosa at 0 day after birth. Also, in adult rats, H^+\text{}/K^+-ATPase β-subunit doesn’t necessarily colocalize with aromatase in the parietal cells [38]. We believe that further research is necessary on the developmental process of parietal cells. Moreover, the regulation mechanism and existence significance of gastric estrogens synthesis remain unknown. We regard this phenomenon as clinically important. Therefore, extensive research using SD as well as Wistar rats must be undertaken in future studies.

### Table 2. Serum steroid hormone concentrations

|                | Wistar        | SD            |
|----------------|---------------|---------------|
| Progesterone (ng/mL) | 1.23 ± 0.23   | 1.35 ± 0.26   |
| Androstenedione (pg/mL) | 165.25 ± 23.29 | 218.20 ± 31.24 | 2.06 ± 0.30   | 3.32 ± 0.84   |
| Testosterone (ng/mL) | 2.06 ± 0.30   | 3.32 ± 0.84   |
| Dihydrotestosterone (pg/mL) | 38.58 ± 6.38 | 61.77 ± 17.37 | 3.20 ± 0.84   | 3.32 ± 0.84   | 61.77 ± 17.37 |
| Estrone (pg/mL) | 38.58 ± 6.38 | 61.77 ± 17.37 | 4.06 ± 1.18   | 4.60 ± 0.63   |
| 17β-estradiol (pg/mL) | 57.01 ± 9.99 | 32.21 ± 7.46 |

n=7, Mean ± SEM.
Conflicts of Interests

The authors declare that they have no conflict of interest that would prejudice the impartiality of this research work.

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