### Narrative Review Checklist

| Section/Topic | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|----------------------------------------------------------------------|-------------------------------------|------------------------------|
| **TITLE**     |         |                                                                        |                                     |                              |
| Title         | 1       | Identify the report as a Narrative Review of …                       | p1 / line 14                        | Title                        |
| **ABSTRACT**  |         |                                                                        |                                     |                              |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | p1 / from line 18 | ABSTRACT |
| **INTRODUCTION** |         |                                                                        |                                     |                              |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | from p2 / line 33 | INTRODUCTION |
| Objectives | 4 | Specify the key question(s) identified for the review topic.         |                                     | -                            |
| **METHODS**   |         |                                                                        |                                     |                              |
| Research selection | 5 | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | p3 / line 74 | METHODS |
| **DISCUSSION/SUMMARY** |         |                                                                        |                                     |                              |
| Narrative | 6 | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | From p3 / line 78 | DISCUSSION |
| Summary | 7 | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | From p11 / line 348 | DISCUSSION |

Article information: [http://dx.doi.org/10.21037/tjcr-20-806](http://dx.doi.org/10.21037/tjcr-20-806)  
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*