Multifunctional Composite Film Based on Biodegradable Grape Skin and Polyvinyl Alcohol

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Abstract

In winemaking, large amounts of grape skin (GS) are produced as by-products, which contain not only abundant degradable cellulose, hemicellulose, and pectin but various functional polyphenols. In contrast to most studies focusing on the utilization of extractives, the current study investigates the use of an ultrasonicated grape skin (UGS) containing all components to develop a multifunctional composite film. Owing to dissociation during ultrasonication, all GS components were well dispersed in water to obtain the UGS suspension. Transmission electron microscopy (TEM) indicated that the celluloses were successfully transformed into cellulose nanobers (CNFs), which can improve the uniformity of the composite film. Subsequently, biodegradable and multifunctional composite films were fabricated by combining the UGS and polyvinyl alcohol (PVA). The UGS and PVA formed a good interface owing to strong hydrogen bonds, and the resulting films exhibited excellent thermal stability and moisture-sensitive mechanical properties. The polyphenols in the UGS suspension endowed the composite film with multiple functions, including pH-responsive color change, excellent antioxidant activity, ultraviolet shielding, and antimicrobial properties. The use of PVA enhanced the flexibility, strength, and elongation of the UGS film. The easily prepared, tailored, multifunctional, and biodegradable UGS/PVA composite film exhibits excellent potential for application in agriculture, cosmetics, and healthcare.

Introduction

Grape wine is a widely known drink, and the grape industry has a large market share. More than 60 million tons of grapes are harvested annually, ~75% of which is used in winemaking (Fig. 1a), resulting in ~14.5 million tons of grape pomace by-product (Beres et al. 2017; Ferrari et al. 2019; Fan et al. 2020). Grape skin (GS) is the major component of grape pomace, comprising roughly half of the material weight (Mendes et al. 2013). GS is currently not considered a highly profitable waste and is discarded, causing environmental problems. Only a small proportion of GS is used for animal feed. The lack of sufficient applications for GS, as well as the increasing environmental concern, has drawn widespread interest. The GS, which is similar to a porous hydrogel, is presented in Fig. 1b. From the outside to the inside, the porous skeleton of GS consists of the cuticle, intermediate epidermis, and hypodermis (Fig. S1) (Ortega-Regules et al. 2008). Dried GS consists of cellulose, hemicelluloses, polyphenols, pectin, proteins, lipids, and soluble sugar (Mendes et al. 2013). The hypodermis contains most of the polyphenols in GS (Lecas and Brillouet 1994). Although cellulose represents the largest proportion of GS, most studies have focused on the extraction and use of various extractives, such as anthocyanins, hydroxycinnamic acids, flavanols, and flavonol glycosides (de Moura et al. 2002; Esquivel-Alvarado et al. 2020; Lavelli et al. 2016; Quijada-Morin et al. 2015; Xu et al. 2018; Zhu et al. 2015). These extractives represent only a small proportion of the GS, and a significant portion is wasted. Considerable progress effort is required to achieve the comprehensive utilization of the whole GS.

The increasing environmental concern has resulted in the strong inclination to use so-called “green materials” to replace petroleum-based non-degradable plastic films. Biodegradable plant-based materials (cellulose, starch, and polylactic acid) are desirable alternatives to petroleum-based products because
they are environmentally friendly (Liu et al. 2020; Wang et al. 2020; Yu et al. 2020). However, as market demand rises, the overuse of plant-based films may create a new ecological and food crisis (Han et al. 2018; Papadopoulou et al. 2019; Sun et al. 2019; Tu et al. 2020; Wang et al. 2018). Large amounts of plant cellulose (fruit skins, stems, crop husk, leaves, and corn cobs) are wasted as by-products in the food industry. Owing to their high biodegradability, most by-products end up in landfills. Cellulose resources are significantly wasted, and the polyphenols in the by-products may cause groundwater pollution (Jin et al. 2020). Therefore, the efficient use of cellulose in food by-products not only minimizes the imbalance between the supply and demand of the biodegradable materials but also reduces resource wastage and environmental pollution. As one of the aforementioned by-products of winemaking, GS shows significant potential because of its high cellulose content. Naturally dried GS is brittle because of its high pectin content and deficiency in mechanical properties required for creating a film (López de Lerma et al. 2014; Šešlija et al. 2018). Thus, the combination of GS with a suitable material represents a good solution. Poly(vinyl alcohol) (PVA) is a water-soluble and biocompatible polymer that has been studied extensively owing to its excellent film-forming properties and complete biodegradability (Liu et al. 2018). Their excellent interfacial compatibility and the simplicity of the preparation have prompted the research and development of many cellulose/PVA composite films. These films exhibit satisfactory mechanical strength and flexibility (Kim et al. 2019; Yang et al. 2020; Xu et al. 2018). Moreover, cellulose and PVA can be combined in an aqueous solution, which is beneficial for maintaining the activities of functional polyphenols in GS.

In the present study, a biodegradable functional composite film was successfully fabricated by mixing an ultrasonicated GS (UGS) suspension with PVA (Fig. 1c). The cellulose nanofibers (CNFs) formed a three-dimensional (3D) porous skeleton to support the composite film. The hemicellulose and pectin in the plant cell wall acted as the mechanical support and adhesive substance (Kozioł et al. 2017), ensuring the formation of the film and improving the interface bonding between the UGS and PVA. The self-standing UGS–PVA composite film was formed after drying the mixed solution at 35 ºC for 12 h. Moreover, the polyphenols endowed the film with desirable multiple functions, including pH-responsive color change, antioxidant activity, ultraviolet (UV) shielding, and antimicrobial properties. The multifunctional biodegradable composite film has considerable potential in cosmetics, health care, and agriculture.

Materials And Methods

Materials

GS was obtained from fresh grapes (*Vitisvinifera cv. Kyoho*). PVA (AR > 97%) was supplied by the Tianjin Guangfu Fine Chemical Research Institute (Tianjin, China). 1,1-diphenyl-2-picrylhydrazyl (DPPH) and sodium hydroxide (NaOH) were purchased from Shanghai Macklin Biochemical Technology Co., Ltd. (Shanghai, China). Ethanol (C₂H₅OH) and methanol (CH₃OH) were provided by Shanghai Aladdin Biochemical Technology Co., Ltd. (Shanghai, China). Hydrochloric acid (HCl), magnesium nitrate
(Mg(NO$_3$)$_2$)$_2$, and potassium nitrate (KNO$_3$) were purchased from Damao Chemical Reagent Factory (Tianjin, China).

**Preparation of the GS**

The fresh GS was washed with distilled water until no stains were observed on the outside surface of the skin, and no grape pulp adhered to the inside surface of the skin. The washed GS was then freeze-dried (Scientz-30ND, Ningbo Scientz Biotechnology Co., Ltd., Ningbo, China) to obtain oven-dried GS. To prevent the growth of yeast and mildew, 75% C$_2$H$_5$OH was sprayed onto the dry GS. The sterilized GS was again dried in a vacuum drying oven (DZ-1A, Tianjin City Taisite Instrument Co., Ltd., Tianjin, China) at 35 °C for 12 h and then stored in a desiccator.

**Preparation of the UGS suspension**

The GS was ground into powder using a pulverizer (BO-2500Y, BoouHardware Products Co., Ltd., Zhejiang, China) and sieved through a 600 mesh screen to prepare the UGS suspension. The GS powder was mixed with distilled water (1% wt) and stirred for 15 min at 800 rpm. The obtained GS powder suspension was treated with an ultrasonic cell disruptor (JY 99-ⅢD, Ningbo ScientzBiotechnology Co., Ltd., Ningbo, China) at 800 W for 4 h to dissociate the cell walls and obtain an initial UGS suspension. The initial UGS suspension was then centrifuged (H1850, Hunan XiangYi Laboratory Instrument Development Co., Ltd., Changsha, China) at 150 rpm for 10 min to remove the large segments. The obtained UGS suspension was adjusted to 0.1% wt. for further use.

**Preparation of the UGS–PVA film**

PVA and distilled water were added to a beaker at a ratio of 1:9 (wt). The sealed beaker was placed in a water bath and then heated (95 °C) and stirred (200 rpm) until the PVA was completely dissolved. The PVA solution was then cooled to room temperature. UGS–PVA mixed solutions were prepared with solid UGS: PVA concentration ratios of 0:100, 5:95, 10:90, and 15:85. The mixed solutions were placed in superflat plastic Petri dishes and dried at 35 °C for 12 h. The obtained composite films were assigned as PVA, UGS$_5$–PVA, UGS$_{10}$–PVA, and UGS$_{15}$–PVA.

**Characterization**

The chemical structure of the UGS was characterized using a Fourier transform infrared (FTIR) spectrometer (ZN-04, KINGSLH, China) and a solid-state$^{13}$C NMR spectrometer (AVANCE III 400 MHz WB, Bruker, Switzerland). The surface morphology of the films was characterized using an atomic force microscope (AFM, Dimension Icon, Bruker, Germany). Transmission electron microscopy (TEM) was
performed on a Tecnai G20 electron microscope (JEM 2100) with an acceleration voltage of 200 kV. Scanning electron microscopy (SEM, JSM-7500F, JEOL, Japan) was conducted to observe the morphology of the films. The crystalline structure of the films was characterized using an optical polarizing microscope (CX40P, Ningbo, China). The degree of crystallinity index of the films was determined using an X-ray diffractometer (XRD, D8 Advance, Bruker, Germany.) The thermal stability of the film was analyzed with a thermogravimetric analyzer (TGA/DSC 1/1600 HF Mettler-Toledo, Switzerland) at a heating rate of 10°Cmin⁻¹ in a nitrogen environment (from room temperature to 700°C). The optical properties of the films were analyzed using a UV-visible (UV-vis) spectrophotometer (TU-1950, Beijing Purkinje General Instrument Co., Ltd., Beijing, China). A testing machine (AI-7000S TC160701511, Gotech, Taiwan) was used to evaluate the mechanical properties of the films.

**Moisture adsorption test**

Two sealed glass containers with internal relative humidity (RH) levels of 56% and 93% were prepared using the saturated salt solution method with (Mg(NO₃)₂ and KNO₃ at a constant temperature of 20 °C. Dried PVA and UGS–PVA films measuring 1 mm × 1 mm were placed in the containers until the film weight increased by < 0.005 g within 24 h at a given RH. The moisture adsorption of the film was based on moisture content (MC), which was determined using Eq. 1:

\[ \text{MC} \, \% = \frac{m_1 - m_0}{m_0} \times 100\% \quad (1), \]

where \( m_0 \) is the dry weight of the films, \( m_1 \) is the equilibrium weight at a given RH, and MC is equal to the equilibrium MC. Eight replicates of each film were used for each RH.

**Antioxidant activity test**

With the UV-vis spectrophotometer, the antioxidant activity of the UGS–PVA films was measured based on the disappearance of the absorption band at 517 nm of the DPPH free radical. A 0.1mol/L test solution was prepared by dissolving DPPH in CH₃OH, and the solution was covered with foil to shield it from light. Film-soaking solutions were prepared by soaking 0.15 g of the film in 3 mL of CH₃OH for 30 min. Subsequently, 2 mL of the DPPH solution and 2 mL of the film soaking solution were added and mixed in glass vials wrapped in foil for 30 min. The mixed solution was ultimately analyzed using the UV-vis spectrophotometer. The radical scavenging activity (RSA) of the films was calculated using Eq. 2:

\[ \text{RSA} \, \% = \frac{A_{ctr} - A_{sample}}{A_{ctr}} \times 100\% \quad (2), \]

where \( A_{ctr} \) and \( A_{sample} \) are the absorbance values of the control and the films at a wavelength of 517 nm, respectively.
pH responsiveness test

The level of pH responsiveness was measured using a portable colorimeter (CM-2300D, MINOLTA) equipped with a CIELAB system. Aqueous solutions with different pH values (1, 3, 5, 7, 9, 11, and 13) were prepared using distilled water, 0.1 mol/L HCl, and 0.1 mol/L NaOH. The solutions were dropped onto the UGS$_{15}$–PVA film measuring 1 cm × 1 cm, respectively. After sealing and resting for 30 min, the color of the films was determined.

Antimicrobial simulation test

Two plastic Petri dishes 6 cm in diameter were sterilized by UV light, and 20 mL of milk was placed into both Petri dishes. The PVA and UGS$_{15}$–PVA film measuring 2 cm × 2 cm were placed into the two Petri dishes. Both Petri dishes were sealed and stored for 3 days to ensure the migration of polyphenols in the film into the milk. The seal was subsequently removed, and the dishes were placed in the laboratory for about 3 weeks. The final state of the milk was determined using photographs.

Results And Discussion

Preparation of UGS and fabrication of the UGS–PVA films

The dried GS with a porous skeleton was first pulverized into powder measuring 10–20 µm (Fig. 2a–2c), which further underwent ultrasonic treatment for sufficient dissociation and good dispersion of the UGS suspension. The ultrasonic impact disintegrated the grape cellulose into the CNF with a high specific surface area and a diameter of 4–10 nm, resulting in the sufficient explosion of large amounts of the hydroxyl group (Fig. 2d). Thus, the CNF and aqueous solution formed a uniform and stable 3D network attributable to hydrogen bonds (Chen et al. 2011). In addition, the TEM image showed the presence of aggregates, which formed as core–shell structures measuring ~100 nm (Fig. 2d–2e). Consisting of proteins or lipids, the core was encapsulated by polyphenols as shells due to hydrogen bonds (Liu et al. 2019a; Zhang et al. 2020).

In addition to efficient dissociation of cellulose into CNFs, the polyphenols, pectin, proteins with multiple functions were successfully maintained after ultrasonication, as determined by FTIR and NMR spectroscopy (Fig. 2f–2g). As shown in Fig. 2f, the UGS filtrate has adsorption peaks at 2918 and 2849 cm$^{-1}$ (i) which are ascribed to the asymmetric and symmetric stretching vibration of CH$_2$ in the lipids. The peaks at 1732 and 1716 cm$^{-1}$ (ii) were attributed to the C = O stretching vibration of the aliphatic polyesters. Proteins showed typical peaks at 1689 cm$^{-1}$ (iii) owing to the C = O stretching vibration; however, the peak was weak because the protein content of the GS was less than 5% (Pinelo et al. 2006). The peak at 1605 cm$^{-1}$ (iv) was ascribed to the C = O asymmetric stretching vibration of the pectin and C = C stretching vibration of the polyphenols. The pectin had adsorption peaks at vi, vii, and viii attributed to the CH$_2$, OH, C-O, and C-C stretching vibrations, respectively. The peaks at vii were ascribed to C-H
deformation in the polyphenols. The FTIR peaks are described in detail in Table S1. The polyphenols were analyzed by solid-sate $^{13}$C NMR. As shown in Fig. 2g, the filtered UGS primarily consists of pectins (170–182; 105.2; 53.6 ppm), holocelluloses (62–106 ppm), residual polyphenols (115–155 ppm), and lipids (30 ppm) (Castillo-Muñoz et al. 2009; Farooque et al. 2018; Matharu et al. 2016; Mendes et al. 2013; Zhu et al. 2014). The dominant polyphenols included tannins, anthocyanins, proanthocyanidins, and flavonols, which exhibited typical peaks at 55–155 ppm (Mateus et al. 2002; Prozil et al. 2012). The UGS filtrate also contained pectins, proteins, and lipids, those substances combined with the polyphenols and formed functional aggregates (Fig. 2e). Details of the NMR results are listed in Table S2.

Transparent and self-standing brown UGS–PVA films were fabricated by solvent casting of the mixtures of UGS and PVA solution (Fig. 2a). After the water evaporated, transparent films with homogenous distribution of UGS were obtained (Fig. 2a). The surface roughness increased slightly relative to that of the pure PVA film (Fig. 3a, 3b, and S2). The homogeneous distribution of UGS in the composite films is ascribed to sufficient dissociation by ultrasonication and the presence of numerous hydroxyl groups, which can strongly interact with PVA chains via hydrogen bond formation. This occurrence led to superior compatibility between PVA and UGS at the interface and prevented the debonding of the UGS substrate from the matrix, as observed in the SEM images (Fig. 3b). By contrast, GS without ultrasonication, which contained micro-scaled particles, could not feasibly be used to fabricate such homogenous films but instead, only films with considerably aggregated GS particles (Fig. S3). Thus, the nano-dimension of UGS by ultrasonication is critical for the formation of homogenous transparent and self-standing composite films. In addition, solely drying UGS failed to generate stable self-standing films and only resulted in small cracks (Fig. S4).

The addition of UGS effectively influenced the crystal nucleation of PVA. As shown in Fig. 3a and 3b, the morphological surface of pure PVA is relatively smooth. This smoothness can be attributed to the low crystallization of pure PVA chains, which renders most PVA molecular chains amorphous during water evaporation. However, the surface of the UGS–PVA composite film was uneven and rough, with numerous grains and gullies (Fig. 3b). These qualities could be caused by the improvement of crystallization after the addition of UGS; some PVA chains crystallized into ordered domains, whereas the others were amorphous. This occurrence was verified by the significant increase in the crystallinity index ($C_r I$) as UGS was added (Fig. 3c). Pure PVA had a $C_r I$ of 26.82%, and UGS$_{15}$–PVA had a $C_r I$ of 61.26%. On the basis of the polarized light microscopy measurement, well-distributed bright domains were visible in the composite film, with a higher density than that of the pure PVA film, indicating significant improvement in the crystallization of the UGS–PVA composite film. Moreover, the presence of typical peaks ascribed to UGS within the FTIR spectra confirmed the successful maintenance of all UGS components in the composite film, particularly polyphenols, which are critical for the introduction of new functions in the composite films (Fig. 3d). The UGS–PVA composite films exhibited thermal stability superior to that of the pure PVA film because the cellulose and pectin showed higher thermal stability than the PVA (Einhorn-Stoll et al. 2007; Kaboorani et al. 2012) (Fig. 3e). Specifically, with an increase in UGS content from 0–15%, the first thermal decomposition peak of the film shifted from 249 ºC to 289 ºC.
This improvement in thermal stability would be beneficial for the practical application of the UGS–PVA composite films.

**Moisture-sensitive mechanical properties of the UGS–PVA films**

As shown in Fig. 4a, the dried UGS₅–PVA film with excellent flexibility and toughness can be easily folded into an airplane; no damage occurs after the film is unfolded. Similar to the pure PVA film, the composite films exhibited moisture-switchable mechanical properties. In its wet state, the UGS₅–PVA film could attach to the finger and be easily deformed without damage when the finger was bent, exhibiting excellent softness and adhesion (Fig. 4b). Moreover, the wet UGS₅–PVA film could be stretched to about twice its original length and was restored to its original shape (Fig. 4c), revealing an elastic mechanical behavior after stretching. To understand the influence of moisture on the mechanical properties, moisture-dependent analyses were further performed. As shown in Fig. 4d, the MCs of all films increase as RH rises from 56–93%. The pure PVA film with a semi-crystalline structure could be easily destroyed by moisture, resulting in efficient moisture adsorption at increased RH (Konidari et al. 2011). Unlike that in PVA film and UGS-PVA films with similar MC levels at low RH (56%), the addition of UGS impeded moisture adsorption at a high RH level (93%) because of the enhancement of the crystalline structure (Fig. 3c), leading to lower MC of the UGS–PVA film than that of the PVA film (Fig. 4d). In Fig. 4e, the crystalline domains in the UGS₁₅–PVA film almost disappears after moisture equilibrium treatment at high RH and vice versa after drying. This occurrence endowed the composite film with moisture-sensitive mechanical properties.

The tensile curves of all films at different RH levels are presented in Fig. 4f–4g. In its dry state, the pure PVA film exhibits the highest strength of 95.3 MPa, with a breaking elongation of 5.6%. For the UGS–PVA films, the strength decreased from 76.6 MPa to 13 MPa, and the breaking elongation was reduced from 3.2–1.2% as the UGS content increased from 5–15%. After the films were equilibrated at RH levels of 56% and 93%, their strengths decreased, and their breaking elongations increased significantly (Fig. 4g–4h and Fig. S6). The UGS₁₅–PVA film treated at RH of 93% exhibited its lowest strength of 12.1 MPa and breaking elongation of 412.3%, which still satisfied the standard requirement for polyethylene film in packaging applications ((strength ≥ 10.5 MPa and breaking elongation ≥ 100%).(2016) The significant increase in breaking elongation at a high MC is attributed to the dissociation of the crystalline structure, which would facilitate the application of UGS–PVA films in packaging, wound dressing, and cosmetics, among others.

**Multiple functions of UGS–PVA films**

The polyphenols in the UGS endowed the UGS–PVA films with multiple functions. As shown in Fig. 5a, the UGS₁₅–PVA film exhibits pH-induced color switch ability. The color could change from soft pink to
blue/brown with an increase in pH from 1 to 13. This change is ascribed to the chemical structural change in anthocyanin in the GS (Fig. S7). The anthocyanin gradually became deprotonated as the pH changed from acidic to basic (Fig. S8). Red flavylium cations (AH$^+$) formed and became predominant at pH 1–3. When the pH increased to 4–6, a colorless hemiketal formed, and yellow chalcone developed via ring opening. The AH$^+$ was ultimately transformed into purple–blue quinonoid base isomers (pH > 6) (Liu et al. 2019b; Sigurdson et al. 2017). Moreover, the anthocyanin also exhibits considerably high antioxidant activity (Serra et al. 2008; Šťavíková et al. 2011). The combination of anthocyanin with other GS antioxidants, such as proanthocyanidins and resveratrol, endowed the UGS–PVA films with high antioxidant activity (Fig. 5b–5c). DPPH is a stable free radical with a characteristic absorption wavelength of 517nm. The pure PVA exhibited no antioxidant activity, as indicated by the similar peak strength in the control group. The UGS–PVA composite films exhibited excellent antioxidant activity as indicated by an evident reduction in peak strength. RSA increased from 20–85% as the UGS content increased. The color of the DPPH solution changed from purple to colorless, which was attributed to the reduction in DPPH by the antioxidants in UGS (Fig. S9). Usually, when fruits and vegetables suffered physical injuries, the injured areas would brown due to the polyphenol oxidation (Le Bourvellec et al. 2004). Hence, the antioxidant activity of UGS-PVA film further was demonstrated via attaching the film on a fresh apple. As showed in Fig. 5e, the peeled area attached with UGS15-PVA film had the slightest discoloration after the apple placed in the atmospheric environment for 3 hours. That was owed to the excellent antioxidant activity of the composite film, and the excellent adhesion (Fig. 4b) which could effectively isolate oxygen. Therefore, both above functions endowed the composite film a huge potential in food safety and packing.

The polyphenols with high UV absorption capacity (Fig. S10) endowed the UGS–PVA films with excellent UV-shielding. Compared with the pure PVA films, the UGS–PVA films showed superior UV-shielding performance with low UV transmittance (Fig. 5d). The positive synergistic effect of excellent antioxidant activity and UV-shielding performance provides such composite films great application potential for the repair of skin damage caused by UV illumination (Li et al. 2019; Wang et al. 2019). Moreover, the UGS–PVA film possessed antimicrobial properties (Fig. 5f). After immersion, the films in milk and storage at room temperature for 21 days, as well as the milk containing the PVA film, was entirely covered by fungi. By contrast, the UGS$_{15}$–PVA film inhibited fungal growth, and the milk contained only a small number of fungi. These observations are assumed to be related to the antimicrobial activity of grape polyphenols, which migrated from the composite film into the milk (Hassan et al. 2019; Katalinić et al. 2010). In addition, polyphenols had other functions, such as enhancing visual acuity and providing anti-inflammatory and anti-cancer properties (Ju and Howard 2003; Udenigwe et al. 2008), thus expanding the potential applications of the UGS–PVA film.

**Conclusion**

In summary, a facile process via ultrasonication dissociation of GS and further compositing with PVA was developed to prepare a multifunctional UGS–PVA composite film. The efficient dissociation by
ultrasonication resulted in a transparent and homogenously distributed UGS–PVA composite film. Similar to the pure PVA film, the UGS–PVA film retained its moisture-sensitive mechanical properties, particularly the significant improvement in breaking elongation at high MC. Notably, the retention of polyphenols in the UGS resulted in the multiple functions of the UGS–PVA films, such as pH-sensitive color change, excellent antioxidant properties with an RSA of 85%, excellent UV-shielding performance, and antimicrobial properties. These findings provide a new route for the resourceful utilization of waste GS. The UGS–PVA films exhibit significant potential for application in packaging, cosmetics, and healing materials.

**Declarations**

**Declaration of Competing Interest**

The authors declare no competing financial interest.

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**Figures**

![Figures](image)

**Figure 1**

a Yield and utilization of grapes. b Structure and components of natural GS. c Structure and components of ultrasonicated UGS–PVA films.
Figure 2

a Preparation of UGS and UGS–PVA composite films. b–c SEM images of the dried grape skin (GS) b and GS powder c. d TEM image of the UGS suspension. e TEM images of the UGS suspension after filtering through a 450 nm ultrafiltration membrane at room temperature. f–g FTIR absorption spectra f and 13C NMR spectra g of the dried UGS, filtered UGS, and UGS filtrate. The red dashed area in b is the cuticle and intermediate epidermis, and the blue ovals in b indicate the vessel structure in the hypodermis of the GS.
The blue arrows in d are the CNF, and the brown arrows in d are the aggregates, likely consisting of polyphenols, pectin, and soluble sugar. The inset in e shows the high-magnification TEM image.

**Figure 3**

a–b SEM images of a PVA and b UGS15–PVA films: a1 and b1 are the cross-sections, a2 and b2 are the surfaces. c XRD patterns of pure PVA, UGS5–PVA, and UGS15–PVA films. d FTIR spectra of PVA, UGS, and UGS15–PVA films. The serial numbers of the peaks were consistent with those in Fig. 2f. e TG and DTG curves with temperatures ranging from room temperature to 700 °C. The inserts in a1 and b1 were the photographs of the films.
Figure 4

Images of the flexible UGS5–PVA film under different conditions: a the dry film is folded and unfolded without damage; b the film wetted in deionized water for 5 minis attached to the finger joint and is deformed when the finger is bent; c stretching and retraction of the wet film. d Moisture content of the films at relative humidity (RH) levels of 56% and 93%. e Polarizing microscope images of the UGS15–PVA film in dry and wet states. f–g Stress–strain curves of the films after equilibrating f at RH of 0%, g at RH of 56% and 93%. h Tensile strength of the films after equilibrating at different RH levels.
a pH-responsiveness of the UGS15–PVA film: change in color of the film at different pH values (a* is red–green, b* is yellow–blue). b–c Antioxidant activity of the migrated components of different UGS–PVA films: b Decolorization of DPPH radicals in methanol attributed to the reaction with UGS–PVA film solutions (characteristic absorption wavelength of DPPH, 517 nm), c Radical scavenging activity (RSA) of different UGS–PVA films. d Optical transmittance of the films. e Demonstrating the antioxidant properties of the film on a fresh apple. After placed in atmospheric environment for 3 hours, the films were removed, and the blue area with the UGS15-PVA film exhibited the slightest discoloration. f Fungal growth in milk in the presence of PVA or UGS15–PVA films after 21 days in the laboratory. The blue dashed area in the magnified image is transparent owing to the dissolution and release of the colored polyphenols.

**Supplementary Files**

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