1. Introduction

Medical care at present is facing challenges in the diagnosis and treatment of a number of diseases, such as cancer or genetic deficiencies. These challenges seem to fall beyond the limits of traditional pharmaceutical industry and call for new strategies. One such strategy is to deliver targeted and personalized care to account for the individual differences within the patient population. An implicit requirement to ensure success of such a strategy is the ability to provide early diagnosis and to precisely control the targeted therapeutic effects. For targeted drug delivery applications, this implies refined imaging and monitoring capability as well as an increased level of precision.

A modality that would meet these requirements is ultrasound (US). US is of particular interest as an affordable bedside technique, offering an unrivaled combination of resolution, good imaging depth, and a good safety record. Traditional US imaging relies on the variation of elastic and mechanical properties within tissue. However, this method has the disadvantage of providing relatively weak contrast and low specificity.

The first issue can be addressed by making use of US contrast agents that typically consist of phospholipid-coated microbubbles (Calliada et al 1998, Overvelde et al 2010). These bubbles undergo volumetric oscillations upon exposure to a US field, leading to a strong acoustic scatter that greatly improves contrast (De Jong 1993). Additionally, these oscillations demonstrate great potential for therapeutic applications, for example, by temporarily porating cell membranes to aid the delivery of a drug (Husseini and Pitt 2009). Several studies have
demonstrated an increased cell membrane permeability in the presence of cavitating microbubbles, a process
called sonoporation (Szabo 2004, Deckers et al 2008, Frenkel 2008, Choi et al 2011). Other therapeutic applica-
tions such as blood-brain-barrier opening are currently under clinical investigation (Hynynen et al 2006, Choi
et al 2011, Wei et al 2013).

Another potential candidate for meeting the newly set standards in medical care is photoacoustics (PA). The
contrast generation in PA imaging is based on the optical absorption of tissue components. Light is absorbed
by chromophores in the tissue that rapidly heats up, leading to thermal expansion and subsequent relaxation of
the absorbing material (Bell 1880, Mallidi et al 2011). This transient dilatation generates a pressure wave, which
can be detected in the far field and converted into an image. The large variation in optical properties amongst
tissues makes PA imaging intrinsically more specific than US imaging while maintaining the spatial resolution
of US imaging. Such improvement, however, is made at the cost of a much reduced penetration depth, typically
limited to 1 cm (Mallidi et al 2011). Here as well, contrast agents have been developed to address the penetration
issue, and these include dyes (Kim et al 2007, Bhattacharyya et al 2008, Stantz et al 2010), nanoparticles (Li et al
2006, Mallidi et al 2009, Bayer et al 2011), microbubbles with dyed coatings (Jeon et al 2014, Lajoine et al 2017a,
2017b), polymeric microcapsules (Lajoine et al 2014, Yue et al 2017) and microdroplets (Wilson et al 2010).
These agents improve contrast by either absorbing light at a more favorable wavelength, within the tissue optical
window, or by presenting an order of magnitude stronger absorption than native chromophores (Luke et al
2012). The use of metallic (gold, silver) nanoparticles has been predominantly investigated due to the possibility
of tuning the absorption wavelength and the large absorption cross-section provided by their plasmon reso-
nance (Choi et al 2011, Luke et al 2012). Nanotoxicity of metallic agents, however, remains a serious concern (Luke
et al 2012, Khanna et al 2015).

The image acquisition principle in both US and PA imaging is identical. Both modalities therefore require
very similar equipment and are in practice, easy to combine in order to benefit from their complementary char-
acteristics. Multimodal imaging with US and PA has been used for intra-vascular detection of vulnerable plaques
(Wu et al 2017) and for US-guided PA imaging of tumors (Mallidi et al 2015a). Microdroplets (Wilson et al
2012), coated microparticles (Shih et al 2013, Lajoine et al 2017a), and gold nanoparticles (Lu et al 2010, Wilson
et al 2012, Mallidi et al 2015b) have been proposed as agents that are both, stronger PA emitters and responsive
to US. Additionally, some of these agents have been investigated for their capability to vaporize upon optical or
acoustical triggering, leading to the formation of bubbles (Wilson et al 2012) capable of generating contrast for
US imaging (De Jong 1993).

Here, we investigate the multimodal capabilities of micron-sized polymeric capsules doped with an absorb-
ing dye located in the capsule shell. Such capsules can be triggered by a laser, leading to vaporization and forma-
tion of a bubble (Lajoine et al 2014, 2017a). In our earlier work (Lajoine et al 2014, 2017a), we have established
the basic physical requirements on these cavitation systems and in particular the need for the melting point of
the polymer shell to be slightly above the boiling temperature of the liquid in order to induce the vaporization.
In this paper, we extend the original high boiling point formulation, first, to a low boiling point formulation that
involves a low glass transition temperature polymer shell (Resomer, formulation consists of PMMA polymer and a high boiling point oil core (hexadecane). The second formulation configuration where the oil is only partially encapsulated, resulting in a total of three particle types. The first
vaporizes preferentially its liquid core rather than the surrounding water and, second, to a different geometrical

2. Materials and methods

2.1. Materials

Gold nanoparticles (20 nm, 5.9 × 10^11 – 7.2 × 10^11 particles ml^-1), Sodium cholate hydrated, Polyvinyl alcohol
(PVA), Poly(lactate-co-glycolide) Resomer RG502 (MW 7-17 and MW 28-34), Poly(methyl methacrylate) (MW
120 000), hexadecane, Sudan Red, Nile Red and dichloromethane (ACS reagent) were purchased from Sigma-
Aldrich (St. Louis, MO, USA). PDLG 5002, PDLG 5004 and PDL 02 were provided by Purac. Perfluoropentane
(PFP), Perfluoropentane (PFP) and 1-Bromoperfluorooctane (PFOB) were purchased from Fluorochem (UK).
Tween 20 was purchased from VWR (The Netherlands).

2.2. Capsules fabrication

PMMA microcapsules were prepared by a emulsion solvent evaporation technique using microsieve emulsification (Loxley and Vincent 1998). Prior to emulsification, the oil (T_g = 286 °C), the polymer
\( T_g = 102 \, ^\circ C \) and the dye were dissolved in dichloromethane. The oil concentration was 2.16% w/w in the solution and the dye concentration was 4.85% w/w as compared to the polymer.

Resomer microcapsules containing perfluorocarbon were fabricated in a similar way as the PMMA capsules. Resomer \( (T_g = 50 \, ^\circ C) \) was dissolved into dichloromethane along with perfluorocarbon oil \( (T_b = 29 \, ^\circ C) \) and the dye and subsequently placed in a 20 °C bath to ensure the full miscibility of the oil in dichloromethane. The oil concentration was 2.42% w/w in the solution and the dye concentration was 4.89% w/w as compared to the polymer.

The solutions were filtered through a 0.45 µm PTFE filter and emulsified through a micro sieve membrane (Nanomi B.V., The Netherlands) with uniform pores along the surface. The emulsions were then dispersed into an aqueous solution containing an emulsifier. This was left to stir at room temperature for at least 3 h to evaporate the dichloromethane, the process is depicted in figure 1(a). The hardened microcapsules were subsequently concentrated and washed repeatedly using vacuum filtration and using 0.05% w/w Tween 20 solution. The washed suspension was stored at 4 °C until further use. Details on the capsules production process are given in SI-1 (stacks.iop.org/PMB/64/034001/mmedia).

### 2.3. Sample preparation

First, a reference concentration of gold nanospheres was chosen, with an absorption coefficient of \(~0.07 \, \text{cm}^{-1}\). In order to get a fair comparison between the various agents investigated, the concentration of PMMA-hexadecane capsules suspension was set to match the extinction coefficient of our reference sample, which required a 40× dilution of the native sample. The concentration of the Resomer-PFP capsules suspension was prepared to roughly match the concentration of the PMMA-hexadecane capsules suspension, corresponding to a 20× dilution of the native sample. The same dilution was applied to the Resomer-PFP cups.

The contrast agents were investigated in a set of experimental conditions: (1) at room temperature and (2) at body temperature, where the sample was heated to 37 °C prior to the experiment (heating bath, Medingen WB6).

### 2.4. Experimental setup

We tested the contrast-enhancing capabilities of the capsules in vitro. A schematic of the experimental setup is displayed in figure 2(a). The sample was illuminated using a laser beam (Quantel Evergreen, 150 mJ, 532 nm, 15 Hz, 8 ns) to activate the capsules. The fluence of the laser beam was regulated by a computer-controlled attenuator. The laser spot size was confined using a 1 mm diameter diaphragm, ensuring uniform laser spot size and homogeneous energy density. The beam was directed through the tank before reaching a beam-dump. The laser fluence was measured using an energy meter (Coherent FieldMaxII-P).

The samples were inserted into a water-tight sample holder, placed in a temperature-controlled water bath. The lateral sides of the sample holder are made of glass, and the back of the sample holder consists of PDMS to damp the acoustic wave passing through the sample during the acoustic characterization and to minimize the acoustic reflections from the sample. The PDMS also allowed for easy insertion of tubes in order to circulate the sample in the sample holder continuously, ensuring the reproducibility of the measurement. The front plane is made from a highly acoustically transparent Opticell® membrane. The sample holder was set at a 40° angle to the transducer to avoid interferences from acoustic reflections.

The signals were recorded by an oscilloscope (Tektronix DPO4034 Digital Phosphor) and saved to a computer. The experiment was computer-controlled and automated using Matlab®. The timing of the experiment was controlled using a pulse-delay generator (BNC model 575) also controlled using Matlab®.

### 2.5. Photoacoustic measurements

The suspension was circulated in a sample holder where it was constantly refreshed, ensuring the presence of new capsules in the laser beam for each exposure. The suspension was irradiated with a laser fluence ranging from 3.3 mJ cm⁻² to 322 mJ cm⁻². At each energy setting, the laser was fired 10 times. The resulting PA response was recorded with a focused broadband 1 MHz center frequency US transducer (C302 Panametrics—90% BW) after which the signal was amplified 25× (RF preamplifier, Stanford Research Systems inc. model SR445A). The processing of the data was performed in Matlab®. The final curves, displayed in this paper, are obtained after averaging the peak-to-peak pressure amplitude over ten recordings made for each energy setting.

### 2.6. Ultrasound characterization

After activation of the capsules by the pulsed laser, the capsules were acoustically characterized. The 1 MHz transducer was used to transmit a chirp with a ramp-up frequency from 0.3 to 2.3 MHz for a total pulse length of 200 µs and the echo was subsequently recorded. The frequency versus time content of the ultrasound burst used to probe the bubbles produced post laser activation is depicted in figure 2(b). The frequency content of the chirp was linearly swept with a fixed amplitude (Michaels et al. 2013):
\[ s = w \sin \left( 2\pi \left( f_0 + \frac{\pi BW t}{T} \right) \right), \]  

(1)

where \( f_0 \) is the starting frequency, \( BW \) is the bandwidth of the chirp, \( T \) is the duration of the chirp and \( w \) is the amplitude.

To avoid overlap with reflections traveling back to the transducer, the chirp was cut into four segments, resulting in a set of four chirps of 0.3–0.8, 0.8–1.3, 1.3–1.8 and 1.8–2.3 MHz. The routing of the signals (recording of the cavitation signal, emission of the chirp and recording of the chirp echo) was ensured by a custom-built high-voltage/low-noise electronic switch. In order to monitor the evolution of the bubbles over time the set of chirps was sent 8 times for each recording.

The chirp was generated using an arbitrary waveform generator (Tabor Electronic 1000 MS s\(^{-1}\)). The echo signals were amplified 25\( \times \) (RF preamplifier, Stanford Research Systems inc., model SR445A).
The pressures emitted and received during the acoustic characterization were estimated from the calibration of the transducer. The transducer was first calibrated in transmit, using a needle hydrophone (0.2 mm, Precision Acoustics, UK); and then in reception using the reflection from a flat metal plate (Chen et al 1994, Sijl et al 2008).

Acoustic scatter maps were computed by taking the envelope of the received US scatter signal at a specific fluence and taking the average over of all eight chirps sent. This was repeated for every fluence and the result was stacked to produce the scatter map. The standard deviation maps are provided in SI-7.

2.7. Single capsules cavitation

A second setup was built to record the response of single microcapsules using an optical microscope. The schematics of this setup is shown in figure 3. A suspension of microcapsules was injected into an OptiCell® and a single microcapsule was located using a water-immersion objective (LUMPLFL 20×, Olympus). The capsules were excited with an 8 ns laser pulse at a wavelength of 532 nm (Quantel Evergreen 150 mJ). The PA response was monitored with a focused broadband 1MHz US transducer (C302 Panametrics). The response of the microcapsules was recorded using a CCD camera (LM165m, Lumenera, CA) at low frame rate. These recording were too slow to visualize the cavitation dynamics but allow for sizing of the bubbles remaining after laser activation. From the images it was determined whether a cavitation event had taken place (through capsule destruction) and if a stable bubble was produced. We then calculated the probability of this cavitation event. The probability was calculated as the ratio between capsules that experienced cavitation and the total number of capsules tested.

The scattering properties of a free gas bubble in the presence an acoustic wave is well-known and well-documented (Leighton 1994). De Jong (1993) have shown that the scattering cross-section of an air bubble was 100 million times larger than that of a rigid sphere of the same size. These enhanced acoustic properties are primarily due to the compressibility of the gas (De Jong 1993), which allows for the system to resonate under US irradiation near its eigenfrequency (Szabo 2004). This resonance frequency for a free bubble can be derived from the Rayleigh–Plesset equation and is dependent on the inertia of the surrounding liquid and inversely proportional to the size of the bubble (Doinikov et al 2009, Overvelde et al 2010):

\[ f_r = \frac{1}{2\pi R_0} \sqrt{\frac{1}{\rho} \left( 3\kappa P_0 + (3\kappa - 1) \frac{2\sigma}{R_0} \right)}, \]  

(2)

with \( f_r \) the resonance frequency, \( R_0 \) the equilibrium radius of the bubble, \( P_0 \) the ambient pressure, \( \kappa \) the polytropic exponent of the gas, \( \rho \) the density of the surrounding liquid and \( \sigma \) is the interfacial tension of the bubble. An expression neglecting the surface tension effects was already derived 80 years ago by Minnaert (Leighton 1994, Szabo 2004, Overvelde et al 2010):

\[ f_r R_0 \approx 3.28 \text{ MHz} \cdot \mu\text{m}. \]  

(3)
The response of the remaining bubbles to an US pulse can be calculated using the Keller–Miksis equation (Keller and Miksis 1980, Prosperetti and Lezzi 1986, Hilgenfeldt et al 1998), as a compressible alternative to the Rayleigh–Plesset equation:

\[
\frac{1}{\rho} (R \ddot{R} + \frac{3}{2} R^2) = P_g (R, t) - P(t) - P_0 - \frac{R}{c_s} \frac{d}{dt} P_g (R, t) - \frac{4\mu \dot{R}}{R} - \frac{2\sigma}{R},
\]

where \( \rho \) the density of the surrounding medium, \( R \) is the radius of the bubble, \( P_g \) is the pressure of the gas, \( P(t) \) is the US driving pressure, \( P_0 \) the ambient pressure, \( c_s \) the speed of sound in the medium, \( \mu \) the viscosity of the surrounding liquid and \( \sigma \) is the surface tension of that liquid. The corresponding scattered pressure in the incompressible liquid is obtained from the conservation of mass and momentum (Versluis et al 2000):

\[
P_{\text{out}} (r, t) = \frac{R}{r} \left( R \ddot{R} + 2\dot{R}^2 \right).
\]

Under the first-order assumption that the capsules concentration is low, we neglect bubble–bubble interactions. A justification for this simplification is provided in SI-4. The response of the ensemble can then be calculated by summing the individual bubble responses, with an initial size distribution according to the measured distribution (De Jong 1993):

\[
P_r (F) = \int_{R_0=0}^{R_0=10} P_e (R_0) p(R_0| F) dR_0,
\]

where \( P_r (F) \) is the pressure received by the transducer, \( P_e (R_0) \) is the pressure emitted by a bubble of radius \( R_0 \), \( p(R_0| F) \) is the probability of a bubble having a radius \( R_0 \) for a given fluence \( F \) (i.e. \( p(R_0) \) knowing \( F \)). Using the results of single capsule experiments and equations (4)–(6), a pressure response map can be computed for PFP-Resomer capsules for frequencies in the range of 0.3–2.3 MHz and fluences ranging from 3 to 322 mJ cm\(^{-2}\).

The scattering of the acoustic wave by the transiently stable bubbles created by the cavitation events was simulated by first fitting a Gaussian probability function to the size distribution obtained during single capsule experiments. The Gaussian distribution was then used to integrate the Rayleigh–Plesset equation using the Matlab\textsuperscript{®} ODE45-solver for the different fluences used. This procedure resulted in a prediction of the frequency response of the bubble population generated by the laser pulse.

3. Results

Most combinations of polymer and oil have shown to result in cup shaped capsules, see SI-1 for details. Resomer in combination with PFP and PMMA in combination with hexadecane, however, have the right interfacial energies to result in core-shell shaped capsules. Final size of the capsules are 6 ± 1 μm and 5 ± 1 μm for PMMA-Hexadecane and Resomer-PFP, respectively. Size distributions of the capsules are shown in SI-1. Here, we also test Resomer-PFP cups that produced with a same polymer and oil than the capsules, except for a higher molecular weight, in order to investigate the effect of morphology on the PA and US behavior of the capsules, see figure 1(b) for a summary of the three particles tested here.

3.1. Photoacoustic response

Figures 4(a)–(d) depict the temporal PA response of AuNPs, PMMA-hexadecane capsules, Resomer-PFP capsules and Resomer-PFP cups for increasing fluence, respectively. The PA response for the AuNP has an amplitude of only 0.15 kPa at the maximum fluence. In contrast, the microcapsules generated large PA signatures with a formulation-dependent amplitude and shape.

At low fluence PMMA-hexadecane and Resomer-PFP particles display a similar bi-polar response pulse. At higher laser fluences, however, as cavitation starts to occur, the response shifts towards a tri-polar pulse. This third peak originates from the large positive acceleration during final bubble collapse. This last peak is then followed by secondary oscillations corresponding to the free oscillation, or ringing, of bubbles that remained after laser activation.

In figures 4(e)–(h) the ratio between the first and third peak is shown as a function of the fluence. The large amplitude ratio and large deviation at low fluence is due to a very low signal to noise ratio in the recorded waveforms. In these plots, the activation threshold of the microcapsules corresponds to a clear jump in the peak pressures ratio. Resomer-PFP capsules and cups generate secondary oscillations above ~75 mJ cm\(^{-2}\) and ~60 mJ cm\(^{-2}\), respectively. This threshold reduction is consistent with the incomplete encapsulation of the oil in the cups, which therefore do not have to break open their shell (Lajoinie et al 2014).

In the absence of a volatile oil, PMMA-hexadecane capsules mainly generate transient water vapor bubbles that collapse and disappear. Nonetheless, above ~150 mJ cm\(^{-2}\), gas intake by the cavitation bubble becomes
sufficient to produce measurable secondary oscillations. The activation threshold for the PMMA-Hexadecane capsules, clearly visible in figure 4(f), is 150 mJ cm$^{-2}$.

The average peak-to-peak acoustic emission from the microcapsules in response to laser activation (PA response) for each energy setting is plotted in figure 5 together with that of a gold nanospheres suspension whose absorbance has been matched to the capsules sample.

Figure 5 illustrates the photoacoustic strength of these vaporization agents above their activation threshold as compared to gold nanoparticles. More importantly, figure 5 demonstrates the positive effect of both, a reduction of the boiling point of the liquid and of a Janus configuration on the photoacoustic strength of the particles. The peak pressures ratio displayed in figure 4(e) suggests that gold nanoparticles start inducing cavitation above ∼120 mJ cm$^{-2}$, and on the contrary to the polymeric particles, the photoacoustic response of the gold nanoparticles remains quasi-linear as a function of the laser energy beyond cavitation inception.
3.2. Microbubble generation from single microcapsules

Experiments with single microcapsules were performed to measure cavitation probability and stable bubble probability and size. The probability of activation of Resomer-PFP capsules, shown in figure 6(a), approaches 100% already at a fluence of 96 mJ cm\(^{-2}\). The fraction of cavitating capsules that produce transiently stable bubbles gradually increases from \(~10\%\) at 60 mJ cm\(^{-2}\) to \(~80\%\) at 240 mJ cm\(^{-2}\). A fluence of 1200 mJ cm\(^{-2}\) results in less bubbles surviving, which we attribute to the extreme violence of the cavitation events. Figure 6(b) displays the average bubble size after activation, which slowly increases from 1.8 \(\mu m\) at 60 mJ cm\(^{-2}\) to just under 3 \(\mu m\), for fluences of 120 mJ cm\(^{-2}\) and higher.

The size of the bubbles produced by Resomer-PFP cups is similar to those generated by the capsules. From the sizes displayed in figure 6(b) and equation (3), the bubbles created by the cavitation events of PFP-loaded capsules and cups are expected to resonate around 1 MHz.

As seen in figure 4, PMMA-Hexadecane capsules require a much higher fluence before reaching their activation threshold. Activation, in the case of PMMA-Hexadecane capsules, rarely resulted in a stable bubble. In this case, a size of approximately 1.5–2 \(\mu m\) in radius hints at an acoustic activity predominantly around a frequency of 2 MHz.

3.3. Acoustic scattering

The bubbles were probed with a chirp, in the setup of figure 2(a), sweeping the frequencies from 0.3 to 2.3 MHz. Figure 7 displays the acoustic scatter maps and the simulated scatter map for the Resomer-PFP capsules.

The experimental and simulated scatter map displayed in figures 7(d) and (e) agree well. In both cases, the frequency of maximum response is about 1 MHz and the bandwidth is comparable: 0.6–2.2 MHz for the computed map and a 0.6–1.9 MHz for the measured map. The 1 MHz center frequency corresponds to a \(~3.3 \mu m\) radius bubble (estimated from equation (3)). The computed map displays, however, a slightly lower threshold than the experimental results.

The acoustic activity of the Resomer-PFP cups (see figure 7(c)) is very similar to that of the capsules in terms of center frequency, bandwidth, and onset of acoustic activity. The maximum received pressure by the transducer in both cases is \(~2 kPa\), corresponding to 2% of the transmit pulse. The root mean square error between the measured maps and the calculated map scaled to the magnitude of the measured maps is, in both cases about 17%.

Laser activation of PMMA-hexadecane microcapsules lead to a very different result. First, the pressure received is an order of magnitude lower, 0.35 kPa, see figure 7(b). Secondly, the center frequency of the response lies around 1.7 MHz, indicating significantly smaller bubbles (\(~1.8 \mu m\) radius), which is also consistent with figure 6(b). The scatter signal of PMMA-hexadecane capsules increases from 150 mJ cm\(^{-2}\) onwards, which corresponds to the cavitation threshold observed in photoacoustic emission.
The reference measurements, performed in pure water and with AuNP (figure 7(a)), produced no measurable US scatter, despite the evidence of cavitation from the gold nanoparticles visible in figure 4(e), suggesting that the bubbles created by the nanoparticles are purely transient.

3.4. Temperature effect

To mimic more clinically relevant temperature conditions, the experiments were performed at a temperature of 37 °C. The result of the PA response is displayed in figures 8(a) and (d). The response of the PMMA-hexadecane capsules is slightly increased at higher temperature. Increasing the medium temperature lowers the difference between the capsule vaporization temperature threshold and the ambient temperature. The activation energy is thereby reduced and the laser energy threshold decreases accordingly (from 150 mJ cm\(^{-2}\) to 133 mJ cm\(^{-2}\)).

Thus, the observation is in line with the theoretical prediction. At a given ambient temperature \(T_r\), and assuming a constant light absorption coefficient \(\alpha\) and heat capacity \(c_p\):

\[
E_{ab}(T_r) = \alpha E_{laser} = \rho V_T (T_a - T_r).
\]

The 2 measured energy thresholds therefore provide a rough estimate of the activation temperature:

\[
T_a = \frac{E_2 T_{1a} - E_1 T_{1z}}{E_2 - E_1} \approx 154 ^\circ C \tag{8}
\]

where \(T_{1a} = 22 ^\circ C\) and \(T_{1z} = 37 ^\circ C\) are the two experimental ambient temperatures and \(E_1\) and \(E_2\) are the two energy thresholds for cavitation, at those ambient temperatures.

First order thermodynamics considerations (detailed in SI-5) dictate that the Resomer-PFP capsules should display a plateau in their response, as a function of the laser energy, and that the plateau temperature for the polymer shell decreases linearly with the bath temperature.

Using the glass transition of the Resomer \(T_{g,Res} = 50 ^\circ C\) and the activation energy of \(E_a = 75\) mJ cm\(^{-2}\) at ambient temperature \(T_{1a} = 22 ^\circ C\) in combination with a plateau temperature of \(T_{plateau} = 117 ^\circ C\) for a bath temperature \(T_{1z} = 37 ^\circ C\) (see SI-5) leads to a laser energy \(E_{plateau}\):
\[ E_{\text{plateau}} = \frac{T_{\text{plateau}}}{T_{g, \text{Res}} - T_{r1}} E_a = 214 \text{ mJ cm}^{-2}, \quad (9) \]

which agrees well with figure 8(d).

The scattering at body temperature is shown in figures 8(b), (c), (e) and (f). The center frequency scattered by the bubble created from the PMMA-hexadecane capsules shifts from 1.7 to 1.4 MHz at 37 °C, see figure 8(c). This result suggests that the temperature increase causes an increase of the transiently stable bubble size by \( \sim 20\% \). For the Resomer-PFP capsules the frequency shift with temperature is not significant, see figure 8(f).
The amplitude of the scattered pressure for Resomer-PFP capsules, follows the same trend as the PA response, compare figures 8(d) and (e). PMMA-hexadecane capsules display no significant change in scattered pressure amplitude with temperature, even though the PA response was higher at 37 °C. This lack of temperature dependence indicates that the number of residual bubbles is similar at both temperatures.

4. Discussion

In this study, we investigated the feasibility of multimodal imaging with two formulations of microcapsules, PMMA-hexadecane and Resomer-PFP, and we found that both enhance contrast in PA and US as compared to AuNPs.

The single-capsule experiments performed on PMMA-hexadecane capsules showed limited response and almost no remaining stable bubbles. Nonetheless, the PA pulse showed a tri-polar response indicating transient bubble formation. This emission is probably produced by a small amount of capsules with more dye and thus a higher absorption than the average capsule.

Also the PA signal showed transition to a tri-polar pulse above \( \sim 150 \text{ mJ cm}^{-2} \). These oscillations and the corresponding remaining bubbles are attributed to the exchange of dissolved gas in the liquid by the vapor bubble during the initial cavitation event. Gas exchange leads to the creation of a stable gas bubble (Suslick et al 1990, Leighton 1995) that requires time to dissolve back into the medium (Epstein and Plesset 1950). In the present case, dissolution of the gas bubble is further slowed down by the local heating of the surrounding liquid, which reduces the saturation concentration of dissolved gases (Suslick et al 1990, Leighton 1995). The details of this process require further investigation.

The lower amplitude of the third peak in the PA response of the Resomer-PFP capsules, in combination with the strong secondary oscillations, clearly indicates that the collapse of the cavitation bubble is dampened by a transiently stable gas bubble. Furthermore, the lower frequency of these oscillations, as compared to the ringing generated by PMMA-hexadecane, hints to the formation of larger bubbles (Szabo 2004), which is consistent with the vaporization of a volatile oil core.

The amplitude response of the Resomer-PFP cups is higher than that of the capsules. This can be partially caused by their lower activation threshold. Even though the PA response was higher and showed a lower threshold for the cups than for the capsules, the pulse-echo signal strength is similar (see figures 5 and 7(c), (d)). Thus, the probability of producing a stable remaining bubble is likely to be marginally lower for the cups than for the capsules.

According to the current hypothesis (Lajoinie et al 2014), nucleation of the capsules is triggered when the polymer shell melts. Therefore, in an ideal case, these light-absorbing microcapsules should display a step response as a function of the laser energy rather than a gradual increase as is observed here. We attribute this smoothing out of the response to a variability of the capsules absorption yield and its size within the probed volume.

The data from the single capsule experiments were used to compute the simulated pressure response map for Resomer-PFP capsules. This was not done for the other particles because of the limited statistical relevance of the data collected. The geometry of the Resomer-PFP cups also complicates the observation as the oil droplet core often faces downwards by gravity, and is therefore partially occluded by the polymer. The orientation of the cups may have resulted in unaccounted cavitation events.

Microbubbles used as US contrast agents, rely on their second harmonic or subharmonic backscatter to improve contrast (Shekhar et al 2014). In our experiments, chirps were used to probe the bubble oscillations. During the eight chirps sent, no significant harmonics were observed in the backscattered signals (Borsboom et al 2005).

In the current study we have used mono-disperse particles, resulting in a mono-disperse stable bubbles and thus consistent US scattering. However, the US scattering properties of the capsules is expected to change by altering the size of the capsules. The US scattering properties are directly related to the size of the bubbles produced upon photothermal activation. The bubble size is correlated to the volume available for vaporization, either encapsulated in the case of the low boiling point core capsules, or by the surface area of the particles in case of a high boiling point core.

Previous studies have investigated bubble–bubble interactions within a bubble cloud (Testud-Giovanneschi et al 1990, Kurz and Thomas 2010, Tinne et al 2010, Yoichiro and Shin 2000). Most of these studies are based on the bubble–bubble interaction between two bubbles and report asymmetry, deformation and attraction (Testud-Giovanneschi et al 1990). These interactions between bubbles can be experienced up to a distance of 10 radii (Testud-Giovanneschi et al 1990, Tinne et al 2010). Despite the statistically large inter-bubble distance, \( >30\times \) their radius (see SI-4 for justification), we cannot rule out a hypothetical influence of these interactions, owing to the statistical nature of this argument, and to the large size of the initial cavitation bubbles. Coalescence can also not be ruled out at this stage, although no direct evidence of it has been observed.
First order thermodynamics considerations detailed in SI-5 justify the existence of a plateau in figure 8(d) and predict its position. The signal amplitude, however, is expected to reach similar values in both cases but appear to be significantly lower at 37 °C than at 20 °C. This may be a sign of spontaneous activation of a fraction of the agents during the incubation at 37 °C, leaving less capsules available for laser activation.

The absence of temperature effect on the frequency of the maximum US scatter is consistent with the vaporization of a preexisting, volume-limited volatile core. Vaporizing water (as is the case for the PMMA-hexadecane capsules) requires much more energy than vaporizing PFP. Therefore, at energies around the activation threshold of the PFP-filled particles, only the volatile core is vaporized, which result in bubbles with a constant size (neglecting thermal dilation). Subsequently, the US frequency response remains unchanged.

Currently, these first formulations of PFP-loaded particles still present activations thresholds that are slightly elevated in view of medical safety recommendations. However, the improved response over traditional agents make them promising for clinical applications, since the probability of a vaporization event and the probability of producing a stable bubble are high. The threshold for the activation of these capsules can be further reduced by increasing the dye loading efficiency of the polymer shell. Other possibilities to reduce the threshold would be a liquid core with a lower boiling point and a polymer with a lower glass transition temperature.

Additionally, the dye could be replaced by a dye absorbing in the NIR or IR range, thereby increasing the MPE. This would be beneficial in terms of imaging depth as well.
5. Conclusions

The results of our study demonstrate that both PMMA-Hexadecane and Resomer-PFP particles in suspension are capable of enhancing multimodal contrast in a combined US and PA imaging modality. However, the threshold and signal strength of PFP-loaded capsules were shown to be more advantageous. For PFP-loaded capsules, the PA activation threshold was found to be around the medically relevant values and the US scatter was readily measured and proved to be maximum at medically relevant frequencies. The surrounding temperature was shown to affect both the maximum PA signal and US contrast generation from Resomer-PFP capsules and the proposed agents display an increased efficiency at body temperature. The response of the capsules to a laser pulse can be advantageously combined with US to increase the amount of information provided by the contrast agents.

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ORCID iDs

Mirjam Visscher 🌐 https://orcid.org/0000-0002-6867-7398
Guillaume Lajoinie 🌐 https://orcid.org/0000-0002-8226-7301
Michel Versluis 🌐 https://orcid.org/0000-0002-2296-1860

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