Seven-layer and Two-layer Domestic Filters for the Removal of Nephrotoxic Constituents in CKDu prevalent Areas, Sri Lanka: Are these Viable Options?

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Abstract: Consumption of water with nephrotoxic constituents is said to have caused the chronic kidney disease of unknown etiology (CKDu) in Sri Lanka; hence removal of such constituents from potable water has received profound attention. Although seven-layer and two-layer filters have been introduced to the communities in the CKDu prevalent areas, the efficacy of such filters for removal of nephrotoxic constituents has not been adequately evaluated. This study investigates the efficacy of these two filters for improving drinking water quality in the presence of hardness, fluoride, aluminum, and cadmium. Feed water was synthesized with 353, 143 mgL-1 hardness, 1.7, 0.9 mgL-1 fluoride, 1.2, 1.3 mgL-1 aluminum and 1.1, 1.0 mgL-1 cadmium for seven-layer filter and 342, 149 mgL-1 hardness, 1.7, 0.8 mgL-2 fluoride, 1.5, 1 mgL-1 aluminum and 1.1, 1.2 mgL-1 cadmium for two-layer filter simulating wet (October, November) and extremely wet (December) seasons, respectively. Filtered water with the seven-layer filter contained 336, 146 mgL-1 hardness, 1.8, 1.0 mgL-1 fluoride, 0.7, 0.9 mgL-1 aluminum, and 0.9, 0.99 mgL-1 cadmium after 60- and 30-days of operation under wet and extreme wet seasons, respectively. Filtered water with the two-layer filter showed 332, 149 mgL-1 hardness, 0.6, 1.4 mgL-1 fluoride, 0.7, 0.3 mgL-1 aluminum, and 0.5, 0.9 mgL-1 cadmium after 60- and 30-day operation under wet and extreme wet seasons, respectively. The quality of the filtered water from both filters did not comply with the Sri Lanka Standards (SLS) drinking water quality guidelines. The XRD, FT-IR, ESEM-EDX analyses revealed the presence of calcium, magnesium, fluoride, and aluminum in various layers of filter media of both filters. Such constituents retained in the filter media leached out during filtration resulting in higher levels in the permeate. Hence, the use of seven-layer and two-layer filters does not seem to be a promising solution to remove nephrotoxic constituents present in water in CKDu prevalent areas.

Keywords: Adsorption, Aluminum, Cadmium, Fluoride, Hardness

1. Introduction

Chronic kidney disease of unknown etiology (CKDu) has become a critical health concern in the agricultural areas of the dry zone in Sri Lanka [1]. The studies carried out to date on the etiology of CKDu have not underpinned any promising cause. Histopathology studies of CKDu patients showed tubule-interstitial nephritis, which is suggestive of a toxic etiology [2]. Various studies propose that the presence of hardness (Hd), fluoride (F), aluminum (Al) and cadmium (Cd) in drinking water, individually or in combination, could act as plausible causal factors for the occurrence of CKDu [2, 3, 4]. Our preliminary studies provide evidence of the presence of Hd, F in elevated levels and Al and Cd in trace levels in groundwater, which is a primary source of drinking water in CKDu prevalent areas.

Fluoride has been reported as a constituent altering the activity of many mitochondria-rich cells, such as those of the human kidneys; hence, F has been implicated as a causal factor responsible for the occurrence of CKDu [5, 6]. The combined effect of high F and Hd levels has suggested causing increased severity of...
Further, the presence of high calcium (Ca) levels leading to high Ca activity in the presence of high F levels in groundwater has been suggested as another causal factor for CKDu [7]. The aluminofluoride complexes that form in the presence of both F and Al have been presumed to be of higher permeability through biological membranes compared to Al and F acting individually, thus could impose higher toxic effects to the kidney [5]. Long-term exposure to Cd present in the drinking water has been reported as a triggering factor causing chronic renal failure [3, 7]. Therefore, development of proper treatment techniques that can reduce Hδ, F, Al, and Cd present in drinking water to non-nephrotoxic levels is of utmost importance.

Seven-layer and two-layer filters have been introduced as water treatment techniques at the household level to the communities in the CKDu affected areas intending to reduce Hδ, F, Al, and Cd and provide good quality drinking water. However, the efficacy of these filters for the removal of these constituents has not been adequately evaluated. Therefore, this study investigates the efficacy of these two filters regarding Hδ, F, Al, and Cd removal.

2. Materials and Method

2.1 Characterization of Groundwater in the CKDu Prevalent Areas

Groundwater samples were collected from seven shallow wells located in the CKDu affected areas in Anuradhapura district during wet (October & November) and extremely wet (December) seasons for analysis of Hδ, F, Al, and Cd. F levels in the samples were analyzed by Ion Chromatography (Metrohm, 930 Compact IC Flex, Switzerland) with a mobile phase of 3.2 mmolL⁻¹ Na₂CO₃+1 mmolL⁻¹ NaHCO₃ and a flow rate of 0.7 mLmin⁻¹. Hδ, Ca and magnesium (Mg) levels were analyzed using the EDTA titrimetric method (EPA Method No. 130.2). Cd and Al levels in the samples were analyzed using Flame Atomic Absorption Spectroscopy (AAS: GBC 932 plus, Australia) with a minimum detection level of 0.01 mgL⁻¹ of Cd and 0.2 mgL⁻¹ of Al. Deionized water (Heal Force, SMART Ultra-pure water system, China) was used in all experiments. Table 1 shows the levels of the selected parameters in groundwater collected from the CKDu affected areas in Anuradhapura district during wet and extremely wet seasons and the minimum detection level of each parameter.

2.2 Characterization of the Filter Media

Morphology and elemental composition of filter media were analyzed by Environmental Scanning Electron Microscopy (ESEM- Carl Zeiss, EVO 18, Secondary Electron Microscope, Germany) coupled with Energy-Dispersive X-ray Spectroscopy (EDX Z1 analyzer, USA). The different phases of minerals in the filter media were identified using the X-ray Powder Diffraction (XRD-D8, ECO, Advance Bruker Diffractometer with filtered Cu Kα radiation, Germany), Fourier Transform-Infrared Spectroscopy (FT-IR, ALPHA Bruker, Germany) was performed in the adsorption mode at ambient temperature in the spectral range of 500–4,000 cm⁻¹ to identify the various functional groups present in the filter media.

2.3 Experiment Methodology

Synthetic raw water samples were prepared in the laboratory to simulate the water quality in the wet and extremely wet seasons. Hδ, F, Al, and Cd levels in the respective solutions were decided based on the groundwater quality analysis and the reported values in the literature. The ranges of Hδ, F, Al, and Cd levels in well water have been reported in the literature, as 10–1921, 0.1–7.0, 0.001–1.5 and 0.0002–1.9 mg/L, respectively [2, 3, 4, 7]. Table 2 shows characteristics of the synthetic water samples prepared based on these values.

Eight litres (8 L) of distilled water were first passed through each filter unit to remove impurities present, if any. It is assumed that a family consists of four members with each having a per capita consumption of 2 L with the total water consumption amounting to 8 L per day. Therefore, a cumulative volume of 8 L of the synthetic water was passed through the filters simulating the daily demand.

After cleaning the filters, the synthetic water samples were passed through the two filters, and the filtrate was collected at predetermined time intervals to study the removal of Hδ, F, Al, and Cd by the two filters. During the first phase of the experiment, the filters were operated under the conditions of the wet season (Table 2) for two months. In the end, the second phase of the experiment was conducted under the conditions of the extremely wet season (Table 2) for one month. During the operation of the filter at each phase, the filtrate was collected at predetermined time intervals and analyzed for Hδ, F, Al, and Cd.
Table 1 - Constituent Concentrations in Groundwater during the Wet and Extremely Wet Seasons

| Parameter                                | Extremely wet season | Wet season | MDL |
|------------------------------------------|----------------------|------------|-----|
|                                          | S1                   | S2         | S3  | S4  | S5  | S6  | S7  |     |
| Hardness (mgL⁻¹ as CaCO₃)                | 112                  | 140        | 632 | 136 | 120 | 120 | 176 | 4   |
| Fluoride (mgL⁻¹)                         | 0.8                  | 0.7        | 3.2 | 2.8 | 2.8 | 0.7 | 0.7 | 0.05|
| Calcium (mgL⁻¹)                          | 90                   | 50         | 40  | 392 | 545 | 544 | 579 | 1   |
| Magnesium (mgL⁻¹)                        | 28                   | 3          | <1  | <1  | 26  | 17  | 14  | 1   |
| Aluminum (mgL⁻¹)                         | <0.2                 | <0.2       | <0.2| <0.2| <0.2| <0.2| <0.2| 0.2 |
| Cadmium (mgL⁻¹)                          | <0.2                 | <0.2       | <0.2| <0.2| <0.2| <0.2| <0.2| 0.2 |
| pH                                       | 6.7                  | 7.2        | 6.9 | 6.8 | 6.8 | 7.3 | 7.5 | 0.001|

MDL – Minimum detection level; S – sample

Table 2 - Characteristics of Synthetic Water Samples Used in the Experiment

| Parameter                                | Two-layer filter unit | Seven-layer filter unit |
|------------------------------------------|-----------------------|-------------------------|
|                                          | Wet season (October, November) | Extremely wet season (December) | Wet season (October, November) | Extremely wet season (December) |
| Hardness (mgL⁻¹ as CaCO₃)                | 342                   | 149                    | 353 | 143 |
| Calcium (mgL⁻¹)                          | 122                   | 43                     | 101 | 40  |
| Magnesium (mgL⁻¹)                        | 38                    | 10                     | 24  | 11  |
| Fluoride (mgL⁻¹)                         | 1.7                   | 0.8                    | 1.7 | 0.9 |
| Aluminum (mgL⁻¹)                         | 1.1                   | 1.2                    | 1.1 | 1.0 |
| Cadmium (mgL⁻¹)                          | 1.5                   | 1.2                    | 1.2 | 1.3 |
| pH                                       | 6.5                   | 6.5                    | 6.5 | 6.5 |

The percentage removals of constituents by two filters were compared with drinking water guideline values (SLS 614:2013) (Hd = 250 mg/L, F = 1.0 mg/L, Al = 0.2 mg/L and Cd = 0.003 mg/L) to investigate their efficacy in the removal of Hd, F, Al, and Cd.

3. Results and Discussion

3.1 Characterization of Filter Media

Seven-layer filter unit

The seven-layer filter unit was composed of a micro-ceramic filter dome, activated carbon layer, mineral sand layer, silica sand layer, silver impregnated granular activated carbon layer, far-infrared balls layer, and mineral stones layer. Figure 1(a–g) depicts the XRD pattern of the seven layers. The micro-ceramic filter dome (Figure 1a) comprised 2-Thiohydantoin (C₇H₆N₄O₃), Wollastonite (CaSiO₃), Lapacol (C₁₅H₁₅O₄) and Anorhite (CaAl₂Si₂O₈ Feldspar mineral). 2-Thiohydantoin [8] and Lapacol [9] have been widely used as the antimicrobial (antifungal, antibacterial and antiviral) agent. Wollastonite is one of industrially synthesized minerals, which is used to remove ammonia and phosphorus in water [10]. Anorhite acts as a good source of micronutrient [11].

The ESEM-EDX analyses (Figure 2a) of the micro-ceramic filter dome also confirm the availability of silicon (Si) (35.6%), Al (6.7%), Ca (9.5%), potassium (K) (2.2%) and oxygen (O) (46.0%). FT-IR pattern (Figure 3) shows peaks at 1017 cm⁻¹, 915 cm⁻¹, 642 cm⁻¹, 535 cm⁻¹ assigned to in-plane Si–O–Si stretching, the Al–O–Al bending vibration, the Al–O coordination and the Si–O asymmetrical bending vibration, respectively [12].

The XRD patterns of the activated carbon layer (Figure 1b) and silver impregnated granular activated carbon layer (Figure 1e) illustrate a prominent peak at 26.6° and the silicon dioxide, the quartz, and a graphicitic structure such as Dichloroglyoxime (C₂H₂Cl₂N₂O₂), 4-buty l-1, 2-diphenyl pyrazolidine-3 and 5-dione (C₁₉H₂₈N₂O₅). The ESEM-EDX analyses (Figure 2b) confirmed the presence of Si (3.8%), carbon (C) (80.5%) and O (15.7%) on the surface. FT-IR analysis (Figure 3) of the activated carbon and silver impregnated granular activated carbon layers shows a broad peak at the fingerprint region appearing at 1300–1000 cm⁻¹. The peaks are ascribed to all carbon samples, and others could be ascribed to a mixed combination of C-C, C=C, C–H stretches and C-CH rocking vibrations [13] and a prominent peak at 532 cm⁻¹ may be due to Phthalic acid [14].
Mineral sand and mineral stone layers show similar XRD patterns (Figures 1c and 1g) confirming that these two layers are composed of the same mineral type. Two prominent peaks at 26.6° and 27.5° and different crystalline phases of the minerals such as the Quartz (SiO₂), Albite (NaAlSi₃O₈), Microcline (KAlSi₃O₈), Magnesium carbon arsenide (MgC₃As₂), the Hexamethylene tetra Selenafulvaleneperfluoro tetra cyanoquinodi-methane (C₂₄ H₁₂ F₄ N₄ Se₄) were observed.

The ESEM-EDX analyses (Figure 2c) confirm the presence of Si (28.6%), Al (12.2%), sodium (Na) (7.1%), K (1.2%), iron (Fe) (0.9%), Ca (3.4%) and O (46.5%) on the surface. FT-IR analysis (Figure 3) shows the peak at 535 cm⁻¹ due to Si–O asymmetrical bending vibration, at 695 cm⁻¹ due to the Si–O symmetrical bending vibration, at 775 cm⁻¹ due to Si–O symmetrical stretching vibration [15], and at 872 cm⁻¹ due to Fe–Al–OH vibration and at 1395 cm⁻¹ as asymmetric vibration of COO groups [15]. Weak broad bands at 3440 and 3435 cm⁻¹ correspond to overlapping of O-H stretching band of hydrogen-bonded water molecules (H–O–H…H), as the Si–O–H stretching of surface silanol hydrogen-bonded water molecules (Si–O–H…H₂O) [17].

The XRD pattern of far-infrared balls shows (Figure 1f) the silicon dioxide (alpha–SiO₂), Dichloroglyoxime (C₃H₂Cl₂N₂O₂), Quartz (SiO₂) and 4–butyl 1, 2-di-phenylpyrazolidine3, 5–dione (C₁₉H₂₀N₂O₂). Dichloroglyoxime shows remarkable activity against gram-negative and positive bacteria and yeast [18]. ESEM-EDX vibration, at 872 cm⁻¹ due to Fe–Al–OH vibration and at 1395 cm⁻¹ as asymmetric vibration of COO groups [15]. Weak broad bands at 3440 and 3435 cm⁻¹ correspond to overlapping of O-H stretching band of hydrogen-bonded water molecules (H–O–H…H), as the Si–O–H stretching of surface silanol hydrogen-bonded water molecules (Si–O–H…H₂O) [17].

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analyses (Figure 2e) show the presence of Si (0.6%), C (88.3%), Al (0.5%), sulphur (S) (0.2%) and O (10.3%). The FT-IR bands (Figure 3) around 3400 - 3700 cm\(^{-1}\) are assigned to the stretching vibration of Si–O group and H-O-H molecules [16]. The peak at 1055 cm\(^{-1}\) is attributed to stretching vibration of symmetric Si–O–Si, and peaks at 789 cm\(^{-1}\), 646 cm\(^{-1}\), and 610 cm\(^{-1}\) are assigned to a motion of Si atoms [19].

Figure 2 - ESEM-EDX Analysis of Seven-layer Filter (a) Micro-ceramic Filter Dome, (b) Activated Carbon and Silver Impregnated Granular Activated Carbon, (c) Mineral Sand, and Mineral stones (d) Silica Sand, and (e) Far-infrared Balls.
Two-layer filter unit

Figure 1h shows the XRD pattern of the bottom layer, which mainly consists of different crystalline phases such as quartz (SiO$_2$), albite (NaAlSi$_3$O$_8$), hydrogen aluminum silicate (H$_2$(Al$_3$Si$_9$O$_{19}$) and the derivatives of organic salicylic acid such as 2-hydroxy-5-((2-nitrophenyl) azo), -2-hydroxybenzoic acid and 2-Hydroxy-5-((2-nitrophenyl) azo) salicylic acid (C$_{13}$H$_9$N$_3$O$_5$). Quartz-type mineral shows peaks at 20.8º, 26.67º (Figure 1h) and Albite is one of the feldspar type minerals, which shows peaks at 27.52º and 27.95º. Hydrogen tecto-alumo-silicate and Hydrogen aluminum silicate are also found by the XRD analysis. ESEM-EDX analyses (Figure 4a) of the bottom layer confirm the availability of O (45.8%), F (1.2%), Al (20.7%), Si (31.9%) and Phosphorus (P) (0.4%). FT-IR absorption bands (Figure 5) were observed in the range 650 to 1200 cm$^{-1}$ and are due to the Si-O-Si bending and stretching vibration, respectively, and the sharp peak at 800 cm$^{-1}$ is due to symmetric stretching of Si-O [12], and the peak at 1087 cm$^{-1}$ is due to the stretching vibration of symmetrical Si-O groups [16]. The broad peak at 3451 cm$^{-1}$ is due to hydrogen bonded -OH as a result of surface adsorbed water molecules, and broadband around 1632 cm$^{-1}$ further supports -OH bonding [17]. The asymmetric stretching vibration of CO$_2$ adsorbed molecules are represented around 2375 cm$^{-1}$ broad bands [20].

The XRD pattern of the top layer shows the same as the bottom layer (Figure 1i). The top layer minerals consist of silicon oxide ($\gamma$-SiO$_2$), quartz (SiO$_2$), and gottardiite (natural zeolite) (Na$_3$Mg$_5$Ca$_5$Al$_19$Si$_{117}$O$_{272}$). ESEM-EDX analyses (Figure 4b) of the top layer also confirm the availability of C (21.2%), O (44.6%), F (1.5%), Si (23.5%), Al (9.0%) and P (0.3%). FT-IR pattern of the top layer shows a similar absorption pattern like for the bottom layer (Figure 5).

Figure 6 shows the raw water and filtrate Hd when using the seven-layer (Figure 6a) and two-layer filter (Figure 6b) under wet and extremely wet conditions. Hd levels in the filtrate by both filters were approximately similar to that of raw water. During the wet season, Hd levels in the filtrate exceeded the respective SLS guideline values (250 mgL$^{-1}$). Hence, it was observed that the removal of Hd was not satisfactory by both the filters. Different factors could contribute to reducing the adsorbed amount of Ca$^{2+}$ and Mg$^{2+}$ such as: i) when the total amount of divalent cations in the raw water is below half of the number of surface charges on minerals, it limits on the adsorbed amount of cations irrespective of binding affinity, and ii) Ca$^{2+}$ has a considerable binding affinity, which neutralizes a substantial fraction of surface sites than Mg$^{2+}$ does, where its binding affinity becomes
comparatively smaller. As a result, Ca$^{2+}$ and Mg$^{2+}$ adsorption are reduced in magnitude, notably, in the presence of Ca$^{2+}$ [21].

Figure 5 - FT-IR Analysis of Two-layer Filter Unit

Figure 7 depicts the F levels present in raw water and filtrate when using a seven-layer filter (Figure 7a) and two-layer filter (Figure 7b) under wet and extremely wet conditions. It was observed that the seven-layer filter was not effective in removing F possibly due to lack of availability of adsorption sites that have the affinity for F adsorption. In the seven-layer filter, in general, the F levels in the filtrate were higher than that in the raw water (Figure 7a). This could be due to leaching of F from F-contained mineral phases present in the filter media as confirmed by the XRD analysis (Figures 1c and 1g). When using the two-layer filter under the wet season F removal was observed. Up to 50 days, F levels in the filtrate complied with the SLS guideline value for F (1.0 mgL$^{-1}$), beyond which a gradual increase in F level in the filtrate was observed. Higher F removal of efficiency was observed during the first 50 days, which could be attributed to higher retention of F in the two-layer filter medium, possibly due to the formation of complexes with free F in the solution and cations (Al$^{3+}$, Ca$^{2+}$, Mg$^{2+}$) present in the filter medium (e.g. AlF$^-$, AlF$^2-$, AlF$^3-$, AlF$^3-$ [5]; CaF$_2$, MgF$_2$, [4] leading to high levels of F removal. When using the two-layer filter under the extremely wet season, F level in the filtrate was higher than that in the raw water (Figure 2b). This effect could be attributed to i) saturation of F adsorption sites leading to poor retention of F, and ii) detachment of F adsorbed on the filter medium during the wet season, resulting in elevated F levels in the filtrate compared to those in the raw water.

Figure 8 illustrates the Cd levels present in raw water and filtrate when using the seven-layer (Figure 8a), and two-layer filters (Figure 8b) under wet and extremely wet conditions. The seven-layer filter was not effective in removing Cd (Figure 8a). When using the two-layer filter,
the removal of Cd was observed under both wet and extremely wet seasons (Figure 8b). However, Cd levels in the filtrate did not comply with the SLS drinking water guideline value for Cd (0.003 mgL⁻¹). In comparison to the seven-layer filter, the two-layer filter mainly comprised the clay minerals. Therefore, high removal of Cd with the two-layer filter could be due to the high affinity of Cd to the net negative charges present on clay minerals in the filter media leading to the attraction of the positively charged Cd in the solution. The binding coefficient of Cd²⁺ exceeds that of Ca²⁺ [21] that helps absorb more Cd²⁺.

Figure 9 shows Al levels present in raw water and the filtrate when using the seven-layer filter (Figure 9a) and two-layer filter (Figure 9b) under wet and extremely wet conditions. Though both filters manifested removal of high fractions of Al, the Al levels in the filtrate did not comply with the SLS drinking water guideline value for Al (0.2 mgL⁻¹). The high removal of Al with the two-layer filter could be due to the net negative charges present on clay minerals in the filter media that have a higher affinity for the adsorption of Al leading to the attraction of positively charged Al in solution. High cation-exchange capacity was indeed shown to favor fixation of Al over Ca ions [22]. In the seven-layer filter, Fe in the Ferro-gedrite of the silica sand layer could be readily replaced by other cations [23], which in turn could increase the removal of Al from the solution.

4. Conclusions

The removal of Hd, F, Cd, and Al was investigated by a two-layer and seven-layer filter commonly used in the areas prevalent with CKDu. The Hd, F, Cd, and Al levels present in the filtrate with both filters did not comply with the SLS drinking water quality guidelines concerning each parameter. The XRD, FT-IR, ESEM-EDX analyses revealed the presence of Ca, Mg, F, and Al on various layers of filter media in both the filters. Such constituents retained in the filter media leach out during continuous filtration leading to an increase in levels in the filtrate. Hence, use of seven-layer and two-layer filters does not seem to be a promising solution to remove Hd, F, Cd, and Al present in water in CKDu prevalent areas even in wet and extremely wet seasons. Therefore, the authors recommend evaluating the available potable water treatment units to ensure their suitability to supply safe potable water to people in CKDu prevalent areas.

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