Suppression of Herpes Simplex Virus Type 1 (HSV-1)-induced Pneumonia in Mice by Inhibition of Inducible Nitric Oxide Synthase (iNOS, NOS2)

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Summary

Intranasal Herpes simplex virus type 1 (HSV-1) infection of mice caused pneumonia. Manifestations of the disease included: histological pneumonitis, pulmonary influx of lymphocytes, decreased pulmonary compliance, and decreased survival. Immunohistochemical staining demonstrated iNOS induction and the nitrotyrosine antigen in the lungs of infected, but not uninfected mice, suggesting that nitric oxide contributes to the development of pneumonia. To elucidate the role of nitric oxide in the pathogenesis of HSV-1 pneumonia, infected mice were treated either with the inhibitor of nitric oxide synthase activity, NG-monomethyl-l-arginine (l-NMMA), or, as a control, with PBS or d-NMMA. l-NMMA treatment decreased the histological evidence of pneumonia and reduced the bronchoalveolar lavage lymphocyte number to one-quarter of the total measured in control-treated mice. l-NMMA treatment significantly improved survival and pulmonary compliance of HSV-1-infected mice. Strikingly, the l-NMMA-mediated suppression of pneumonia occurred despite the presence of a 17-fold higher pulmonary viral titer. Taken together, these data demonstrated a previously unrecognized role of nitric oxide in HSV-1-induced pneumonia. Of note, suppression of pneumonia occurred despite higher pulmonary virus content; therefore, our data suggest that HSV-1 pneumonia is due to aspects of the inflammatory response rather than to direct viral cytopathic effects.

Herpes simplex virus type 1 (HSV-1) pneumonia is of considerable clinical significance, particularly in newborns and immunocompromised patients (1–6), but the pathogenesis is poorly understood. A broader mechanistic understanding of the disease would provide a basis for prophylactic and therapeutic strategies in HSV-1 pneumonia patients (7).

Nitric oxide (NO) produced by the inducible isoform of NO-synthase (iNOS, NOS2) plays a multifunctional role in the cytotoxicity of activated macrophages, in the pathophysiology of septic shock, and in the suppression of cardiac function (8, 9). Studies of iNOS-deficient mutant mice demonstrated that NO contributes to endotoxic shock and to the immune response to bacteria and parasites (10, 11). Experiments with NG-monomethyl-l-arginine (l-NMMA) or aminoguanidine, inhibitors of nitric oxide synthase (NOS), showed the involvement of NO in influenza virus pneumonia (12), graft versus host disease (13), experimental autoimmune encephalomyelitis (14), and alloreactivity (15).

NO production can be beneficial as an antiviral effector mechanism against HSV-1 and other viruses (16–19). On the other hand, NO may also be detrimental by contributing to pathology during viral infections (20–22); for example, NO induced by gp41 of HIV-1 contributes to the dementia seen in AIDS patients (23).

NO is crucial for the pathogenesis of influenza virus pneumonia in mice (12). Inhibition of iNOS by l-NMMA treatment improved survival of virus-infected mice without exerting an effect on the pulmonary viral titer. Thus, NO is important for the development of influenza virus pneumo-
nía but not as an antiviral effector mechanism (12). In contrast, HSV-1 is susceptible to NO (18, 19). Furthermore, NO is produced during HSV-1 infection (24). Therefore, we wanted to determine whether iNOS inhibition in H SV-1-induced pneumonia would lead to a higher pulmonary viral burden and exacerbation of pneumonitis, or alternatively, to a reduction in proinflammatory effects of NO with suppression of pneumonitis. Therefore, inhibition of NO production could affect the development of viral pneumonitis in opposite ways: it could worsen the disease by diminishing the antiviral effect of NO, or it could improve the pneumonitis by reducing a proinflammatory mechanism.

Our data suggest that NO is an important mediator of HSV-1 pneumonia. Inhibition of NO production by i-NMMA treatment led to a significantly improved survival rate and to a strong suppression of HSV-1-induced pneumonitis despite the presence of a higher pulmonary virus content. These results suggest that iNOS inhibition is beneficial; the proinflammatory effects of NO are more important for the pathology of HSV-1 pneumonia than the antiviral effects of NO.

Materials and Methods

Mice. Female CBA/J (H-2k) mice, purchased from The Jackson Laboratory (Bar Harbor, ME), were used at 12–26 wk of age.

Infection of Mice. Mice were infected intranasally with 1 × 10⁶ PFU HSV-1, strain KOS 1.1 (25), kindly provided by Drs. R. Finberg and J. Brubaker (Dana-Farber Cancer Institute, Boston, MA), given in a final volume of 0.03 ml sterile 0.9% sodium chloride (Fujisawa USA, Inc., Deerfield, IL) per mouse. For survival experiments, mice were infected with 2 LD₅₀ (5 × 10⁷ PFU per mouse in this system). The virus stock used for this study was clarified supernatant derived from infected Vero cell cultures (Advanced Biotechnologies, Inc., Columbia, MD). The Vero cells and culture media were screened and shown to be free of mycoplasma and endotoxin contamination.

Treatment of Mice with N M M A. L-NMMA (Alexis Corp., San Diego, CA) dissolved in PBS (pH 7.4), was given at a dose of 2 mg/day i.p., in a volume of 0.2 ml from the day of virus infection until analysis of mice as described (12). Infected control mice were treated with the same amount of N₆-monomethyl-d-arginine (d-NMMA) (Sigma Chem. Co., St. Louis, MO) or with PBS. Treatment of uninfected mice with l-NMMA did not affect any of the tested parameters, when compared to uninfected, untreated mice (data not shown).

Tissue Sampling. Mice were euthanized by CO₂ asphyxiation 7 d after infection, blood was collected by cardiac puncture, and the trachea was cannulated using a 19-gauge tubing adapter (Becton Dickinson, Rutherford, NJ) inserted through an incision immediately distal to the larynx. Bronchoalveolar lavage (BAL) was performed with sterile 0.9% sodium chloride, using three separate 1.0-ml aliquots, each of which was infused and withdrawn five times. The cells were centrifuged and resuspended in RPMI medium containing 10% FCS for further analysis. When indicated, the left lung was processed for virus titration, and the right lower lobe of the lung was used for histological examination. Previous studies demonstrated that the virus titration and histology were not affected by the lung lavage procedure (Adler, H., L. Kobzik, and I.J. Rimm, unpublished results).

Flow Cytometry. BAL lymphocytes were stained for flow cytometry and analyzed using CellQ uant™ (Becton Dickinson). The following monoclonal antibodies, conjugated either with fluorescein isothiocyanate or phycoerythrin were used for staining: anti-B220, anti-CD4, anti-CD8, anti-α/β T cell receptor, and anti-γ/δ T cell receptor (PharMingen, San Diego, CA). Fluorescein isothiocyanate- or phycoerythrin-conjugated isotype-matched antibodies were used as negative controls.

Virus Titration and Histology. The left lung was homogenized by grinding in 1 ml of sterile 0.9% sodium chloride and stored frozen at –80°C. Viral titers were determined from thawed aliquots by plaque assay on Vero cells, and the number of plaques was determined after staining the cells with crystal violet.

For histology, the lower lobe of the right lung was inflated with O.C.T. compound (Miles Inc., Elkhart, IN) and fixed in 10% formalin in PBS (Fisher Scientific, Fair Lawn, NJ). After fixation, the samples were dehydrated and embedded in paraffin. 5-μm-thick sections were cut and stained with hematoxylin/eosin (H/E). The samples were analyzed and scored microscopically in a blind study on coded slides as described (26). Two types of pathological changes were scored separately. Histopathologic changes around airways and vessels were termed periluminal, and histopathologic changes within the alveolar parenchyma were scored as parenchymal abnormalities. A final score of pneumonitis from 0 to 9 was assigned for each pathologic process (periluminal and parenchymal) as the product of severity grade by the extent. The score that is presented reflects the sum of both scores.

Staining for NO and Nitrotyrosine. For immunohistochemistry, mouse lungs were inflated by intratracheal instillation of O.C.T. compound and immediately frozen in a dry ice/2-methylbutane bath. Immunostaining was performed on 8-μm cryostat sections using a standard peroxidase anti-peroxidase protocol (27). Primary antibodies included rabbit anti-N O S 2 or anti-nitrotyrosine (Upstate Biotechnology Inc., Lake Placid, NY) or normal rabbit IgG (Sigma) used at 1 μg/ml. Diaminobenzidine was used as a chromogen, and slides were counterstained with hematoxylin before microscopic evaluation.

Pulmonary Function Test. As parameter of lung function, dynamic compliance (Cdyn, defined as the increase in lung volume obtained from a given increase in distending pressure at points of zero flow) was determined in vivo 7 d after infection. Cdyn is a parameter that generally reflects the condition of the lung parenchyma, and is decreased by pulmonary interstitial edema, or inflammation, or by any condition that reduces alveolar patency. We used a previously described plethysmographic technique for making measurements of lung function (28). Anesthetized mice (70–90 mg/kg Na pentobarbital i.p.) underwent placement of a tracheostomy tube for mechanical ventilation (7 ml/kg/breath, 150 breaths/min) and thoracotomy to eliminate any effect that the chest wall may have on pulmonary function.

Determination of H SV-1–specific Antibodies. H SV-1–specific IgG antibodies in serum samples of mice 7 d after infection were determined using a specific ELISA (29). In brief, microtiter plates coated with H SV-1 M acintyre Strain Viral Lysate (Advanced Biotechnologies Inc., Columbia, MD) were incubated with serial dilutions of a standard serum or test samples, and after extensive washing, alkaline phosphatase-conjugated goat anti-mouse IgG2a (Southern Biotechnology, Birmingham, AL) was added. The plates were developed using n-nitrophenyl phosphate (Sigma) in DEA buffer. The reaction was stopped with 3 N NaOH, and absorbance was read at 405 nm using an ELISA reader. In all assays, samples and standards were run at least in duplicates. The calculation of the H SV-1–specific antibodies was performed by the
method of Zollinger and Boslego (30). As expected, no HSV-1–specific IgG2a antibodies were detected in sera of uninfected mice. In contrast, in all sera of infected mice, regardless of their treatment, HSV-1–specific IgG2a antibodies were readily detected (data not shown). Thus, all infected animals seroconverted in response to infection.

Statistical Analyses. The Student’s t test (unpaired) and the Wilcoxon rank sum test were used for data analysis where appropriate. Treatment-group differences in the viral titer per lung were analyzed by one-way analysis of variance (ANOVA).

Results

Intranasal Infection of Mice with HSV-1 Led to the Development of Pneumonia. Intranasal infection of mice with HSV-1 led to the development of pneumonia. Histopathological changes in infected animals were most evident at day 7 after infection. The pneumonia was characterized histologically by mononuclear infiltrates (Fig. 1, compare A with D), an increase in the histology score (Fig. 2, compare uninfected/l-NMMA with infected/PBS), an increase in the number of cells recovered by BAL (Fig. 3, A and B, compare uninfected/l-NMMA with infected/PBS), a change in the CD4/CD8 ratio (Table 1, compare uninfected/untreated with infected/PBS), and by a decrease in lung compliance (see below).

Immunolocalization of iNOS and Nitrotyrosine Antigens. To demonstrate the induction of iNOS and the production of NO during HSV-1–induced pneumonia, we performed immunohistochemistry on lung tissue of uninfected and infected mice at days 3 and 7 after infection, using antibodies against murine iNOS and nitrotyrosine. iNOS was detected within inflammatory cells in infected mice, but not in uninfected mice. Similarly, nitrotyrosine staining was observed in infected mice, but not in uninfected mice (data not shown). Thus, these results demonstrated that NO is indeed produced during the course of HSV-1 infection, confirming previous data (24). NO reacts with O₂⁻ to generate peroxynitrite, which is involved in microbial killing as well as toxicity (9, 31, 32). Nitrotyrosine is a marker of peroxynitrite generation, since nitrotyrosine is a product resulting from peroxynitrite action (12).

l-NMMA Treatment Decreased Histological Evidence of Pneumonia. Since iNOS and nitrotyrosine staining demonstrated the involvement of NO in HSV-1 pneumonia, experi-

![Figure 1](image_url)

**Figure 1.** l-NMMA treatment decreased histological evidence of pneumonia. Mice were infected with HSV-1 and treated with l-NMMA, d-NMMA, or PBS. Photomicrographs of lung sections stained with H/E show the histopathological changes at day 7 after infection. (A) infected, treated with PBS; (B) infected, treated with l-NMMA; (C) infected, treated with d-NMMA; (D) uninfected, treated with l-NMMA. Original magnification: (A and C) ×100; (B and D) ×40.
ments were designed to test the effect of \textsc{l-NMMA} treatment on HSV-1 pneumonia. Mice were infected intranasally with $1 \times 10^6$ PFU of HSV-1 per mouse, and histological examination of lungs was performed at day 7 after infection. In HSV-1–infected, PBS-treated control mice, pneumonitis was characterized by mononuclear infiltrates around vessels and bronchioles (periluminal), and a diffuse intraalveolar infiltrate consisting mainly of mononuclear cells (parenchymal) (Fig. 1A). In contrast, the development of pneumonia was strongly suppressed in mice treated with \textsc{l-NMMA} (Fig. 1B). The suppression of pneumonia was specific, since the biologically inactive stereoisomer \textsc{d-NMMA} did not show this effect (Fig. 1C). Normal lungs were observed in uninfected mice either treated with \textsc{l-NMMA} (Fig. 1D) or left untreated (data not shown). Histological scores reflecting the periluminal and parenchymal changes in the lungs of infected mice were significantly lower in infected animals treated with \textsc{l-NMMA}, compared to infected mice treated with \textsc{d-NMMA} or PBS. In fact, treatment with \textsc{l-NMMA} suppressed the pneumonitis scores nearly to the level observed in uninfected mice (Fig. 2).

\textsc{l-NMMA} treatment reduced the number of cells recovered by BAL. Intranasal infection with HSV-1 led to a pronounced increase in the total cell number as well as in the lymphocyte number recovered by BAL at day 7 after infection, when compared to uninfected animals (Fig. 3, A and B). \textsc{l-NMMA} treatment, however, markedly inhibited the influx of inflammatory cells. In contrast, treatment with \textsc{d-NMMA} showed no effect. Thus, the BAL data were consistent with the results obtained by histology.

Since lymphocytes were the predominant cells recruited to the lung after HSV-1 infection, we analyzed whether treatment with \textsc{l-NMMA} changed the composition of the lymphocyte population. Neither treatment with \textsc{l-NMMA} nor \textsc{d-NMMA} altered the lymphocyte subpopulations in infected mice, when compared with infected, PBS-treated control mice (Table 1). All groups of infected mice showed a dominance of CD3$^+$ T cells. The CD4/CD8 ratio changed from 2:1 in uninfected mice to $\sim$1:4 in infected mice. The vast majority of the cells were $\alpha/\beta$ TCR$^+$; very low numbers of $\gamma/\delta$ TCR$^+$ cells were detected (data not shown).

\textsc{l-NMMA} treatment improved lung compliance in infected mice. To assess the effect of \textsc{l-NMMA} treatment on the development of pneumonia, we also measured lung compliance as a parameter of in vivo global lung function. Pulmonary compliance is a quantitative measure of broncho-pulmonary injury; additionally these results estimate the
magnitude of the physiological derangement resulting from the infection. A reduction in lung compliance, or the most closely related human pulmonary function test parameter, total lung capacity, to 30% of a previously normal level would be considered a life-threatening change of pulmonary status. Lung compliance was 0.032 ± 0.002 (mean ± SE; n = 3) in uninfected mice treated with L-NMMA, which was similar to values measured in uninfected, untreated mice (data not shown). In infected, d-NMMA–treated mice, compliance was reduced to 0.010 ± 0.003 (n = 3), i.e., to 30% of the level in uninfected mice. In contrast, treatment of infected mice with L-NMMA significantly improved lung compliance to 0.029 ± 0.001 (n = 4), when compared to infected, but d-NMMA–treated mice (P < 0.004; Student’s t test). Thus, L-NMMA treatment improved lung compliance of infected animals nearly to the levels measured in uninfected mice.

Table 1. Treatment with L-NMMA Did Not Affect the Lymphocyte Subset Distribution at Day 7 after Intranasal HSV-1 Infection

| Lymphocyte subsets (%) | Uninfected/untreated or L-NMMA (n = 13) | Infected/L-NMMA (n = 13) | Infected/d-NMMA (n = 7) | Infected-PBS (n = 6) |
|------------------------|----------------------------------------|--------------------------|------------------------|---------------------|
| Ratio CD4/CD8           | 2:1                                    | 1:4                      | 1:4                    | 1:5                 |
| B220+                  | 1.8 ± 0.4                              | 2.4 ± 0.6                | 3.4 ± 0.4              | 2.5 ± 0.6           |
| CD3+                   | 40.2 ± 8.5                             | 73.2 ± 6.2               | 82.4 ± 1.4             | 82.7 ± 1.6          |
| CD4+                   | 20.4 ± 5.7                             | 15.0 ± 0.9               | 14.9 ± 1.7             | 13.1 ± 1.6          |
| CD8+                   | 11.0 ± 1.8                             | 56.6 ± 7.5               | 65.7 ± 3.2             | 68.7 ± 4.0          |

Animals were treated from day 0 to 6 with L-NMMA, d-NMMA, or PBS. BAL was performed at day 7 after infection, and the recovered cells were analyzed by FACS analysis. Values presented are means ± SEM of the number of mice shown in brackets. Data are pooled from 3–5 separate experiments.

Figure 4. L-NMMA treatment increased survival after HSV-1 infection. Mice were infected intranasally with 5 × 10⁶ PFU of HSV-1 per mouse (~2 LD₅₀), and treated with L-NMMA or PBS daily for 7 d after infection. Survival of mice was monitored over a period of 14 d after infection. L-NMMA treatment led to a significant improvement in the survival rate (Fig. 4).

Figure 5. Treatment with L-NMMA led to a significant higher pulmonary viral titer. Animals were treated from day 0 until analysis with L-NMMA (triangles) or PBS (circles). Each data point represents the pulmonary viral titer (log PFU/Lung) obtained from an individual animal. The means for the groups are shown by the solid lines. The viral titer in the L-NMMA–treated group at day 3 post infection was significantly higher than in PBS-treated animals. The difference in viral titer per lung between the L-NMMA and PBS group was significant (P = 0.0199 using ANOVA).
infection, a 2.5-fold higher viral titer was measured in the L-NMMA-treated mice. Virus was cleared at day 7 after infection in all groups of mice. The difference in pulmonary viral titer between the L-NMMA and PBS group was significant.

The significantly higher pulmonary viral titer observed at day 3 after infection in the L-NMMA-treated mice was not accompanied by an increase in the extent of pneumonia, as demonstrated by a comparable histopathology score and a similar number of BAL inflammatory cells for both the L-NMMA and PBS-treated mice (Table 2).

### Table 2. The Higher Pulmonary Viral Titer at Day 3 after Intranasal HSV-1 Infection Was Not Associated with Increased Pulmonary Pathology

|                      | Infected/ L-NMMA | Infected/ PBS |
|----------------------|------------------|---------------|
| Histology score      | 0.3 ± 0.2        | 0.8 ± 0.4     |
| Total cell number in BAL (×10⁴) | 69.0 ± 7.0       | 72.0 ± 17.0   |
| Lymphocyte number in BAL (×10⁴) | 8.3 ± 1.4       | 6.5 ± 3.6     |
| Pulmonary virus content (Log PFU/lung) | 3.7 ± 0.2*     | 2.7 ± 0.4     |

Animals were treated from day 0 until analysis with L-NMMA or PBS. Histopathology scores, BAL cell numbers and pulmonary viral titers were determined in parallel 3 d after infection. Values presented are means ± SE of five individual mice per group.

*The difference in viral titer per lung between the L-NMMA and PBS group was significant (P <0.05; Student’s t test).

Discussion

Intranasal infection with HSV-1 led to the development of pneumonia. We demonstrated that inhibition of NO production led to a significantly improved survival rate as well as to a strong suppression of the pneumonia despite the presence of a 17-fold higher viral titer in the lung at 3 d after infection. These results suggest that the proinflammatory effects of NO are more important than its antiviral effecter functions for the development of HSV-1-induced pneumonia. Furthermore, these results also support the notion that the inflammatory response to HSV-1 infection, rather than direct viral cytopathic effects, is critical for the development of pneumonia. Immunopathology is involved in other HSV-1 infections, for example, an immune-mediated pathogenesis that involves T cells is the basis for herpetic stromal keratitis (33, 34). A T cell–mediated immunopathology is also believed to be involved in the pathogenesis of CMV-induced pneumonia (35). Consequently, reduction of virus growth did not prevent, but did moderate, murine CMV pneumonitis (36, 37). Therefore, treatment of HSV-1-induced pneumonia with antiviral drugs alone might not be sufficient, and a modulation of components of the immune response may also be required. Administration of selective inhibitors of NOS activity in the treatment of inflammatory airway diseases has been suggested (38, 39).

In our study, inhibition of NO production led to a 17-fold increase in pulmonary viral titer at 3 d after infection, confirming earlier reports on an antiviral activity of NO against HSV (18, 19). Therefore, it was remarkable that inhibition of NO production strongly suppressed the development of pneumonia. A recent study of the pathogenesis of influenza virus-induced pneumonia in mice demonstrated that inhibition of NO production by L-NMMA administration resulted in a significant improvement of the survival rate of virus-infected mice (12). However, in this case, L-NMMA treatment did not significantly affect the propagation of influenza virus in vivo.

Inhibition of NO production might lead to suppression of pneumonia by preventing the influx of inflammatory cells to the lung. NO can cause vasodilation, leading to alterations in blood flow, which may promote leukocyte infiltration. NO can also modulate leukocyte adhesion to endothelial cells and alter microvascular permeability during inflammation (9, 31). In vivo neutralization of IFN-γ reduced the magnitude of the pulmonary cellular infiltrate after pulmonary influenza virus infection (40). Thus, IFN-γ may recruit leukocytes into inflamed lung parenchyma. IFN-γ is a strong NOS inducer, able to induce NO production as a single stimulus (41). Thus, the mechanism of IFN-γ action in this system may be to increase NO production. IFN-γ is also induced during HSV-1 infection of the lung (Adler, H., and I.J. Rimm, unpublished results).

NO or its reaction products might directly cause tissue damage and the release of cytokines and chemokines, which then attract inflammatory cells to the site of virus infection. Influenza A virus infection selectively induced chemokines responsible for the predominant mononuclear leukocyte infiltration in virally infected tissue (42). NO induces NF-κB binding activity and may lead to secretion of proinflammatory lymphokines and cytokines from activated lymphocytes (8, 43).

Treatment with L-NMMA clearly did not prevent the development of pneumonia by interfering with the viral infection of the lung for the following reasons: (a) higher viral titers were detected in L-NMMA-treated animals (Fig. 5). (b) The change in the CD4/CD8 ratio of the BAL lymphocytes, which is characteristic for a viral infection of the lung (44), was not affected by the treatment (Table 1). (c) All infected animals seroconverted in response to the intranasal infection (data not shown).

Although there is currently controversy regarding the production of NO by human macrophages (45), increasing numbers of reports demonstrate NOS induction or NO production in human diseases (46–50). Moreover, NO can be produced by NOS of a number of other cell types including for example pulmonary epithelial cells (31, 39, 51). In conclusion, we demonstrated an important role of NO in HSV-1-induced pneumonia in mice that may have substantial implications for the therapy of this disease.
The authors thank Dr. Steven Burakoff for helpful discussions and Dr. Paul Martin for critical reading of the manuscript.

This study was supported by grants from the National Institutes of Health, the Malick Foundation and the Aid for Cancer Research. I.J. Rimm is a Claudia Adams Barr Investigator. H. Adler is supported by a grant from the Deutsche Forschungsgemeinschaft.

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Received for publication 21 January 1997 and in revised form 4 March 1997.

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