The Polish doughnuts revisited

I. The angular momentum distribution and equipressure surfaces

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ABSTRACT

We construct a new family of analytic models of black hole accretion disks in dynamical equilibria. Our construction is based on assuming distributions of angular momentum and entropy. For a particular choice of the distribution of angular momentum, we calculate the shapes of equipressure surfaces. The equipressure surfaces we find are similar to those in thick, slim and thin disks, and to those in ADAFs.

Key words. black holes physics – accretion, accretion disks

1. Introduction

In accretion disk theory one is often interested in phenomena that occur on a “dynamical” timescale $T_0$ much shorter than the “viscous” timescale $T[\mathcal{L}]$ needed for angular momentum redistribution and the “thermal” timescale $T[S]$ needed for entropy redistribution:

$$T_0 \ll \min (T[\mathcal{L}], T[S]).$$

The question whether it is physically legitimate to approximately describe the black hole accretion flows (at least in some “averaged” sense) in terms of stationary (independent on $t$) and axially symmetric (independent on $\phi$) dynamical equilibria, is not yet resolved. While observations seem to suggest that many real astrophysical sources experience periods in which this assumption is quite reasonable, several authors point out that the results of recent numerical simulations seem to indicate that the MRI and other instabilities make the black hole accretion flows genuinely non-steady and non-symmetric, and that the very concept of the separate timescales (1) may be questionable in the sense that locally $T_0 \approx T[\mathcal{L}] \approx T[S]$. However, this assumption has been made in all existing comparisons between theory and observations, be they by detailed spectral fitting (e.g. Shafee et al. 2007, 2008, and references there), line profile fitting (e.g. Fabian & Vaughan 2003), or studying small amplitude oscillations (see Abramowicz 2005, for references). It seems that the present understanding of the black hole accretion phenomenon rests, in a major way, on studies of stationary and axially symmetric models.

From the point of view of mathematical self-consistency, in modeling of these stationary and axially symmetric dynamical equilibria, distributions of the conserved angular momentum and entropy,

$$\ell = \ell(\xi, \eta), \quad s = s(\xi, \eta),$$

may be considered as being free functions of the Lagrangian coordinates (Ostriker et al. 1966; Abramowicz 1970; Bardeen 1970). The Lagrangian coordinates $\xi, \eta$ are defined by demanding that a narrow ring of matter $(\xi, \xi + \delta \xi), (\eta, \eta + \delta \eta)$ has the rest mass $dM_0 = \rho_0(\xi, \eta)d\xi d\eta$ with $\rho_0$ being the rest mass density. In the full physical description, the form of the functions in (2) is not arbitrary but given by the dissipative processes, like viscosity and radiative transfer. At present, several important aspects of these processes are still unknown, so there is still no practical way to calculate physically consistent models of accretion flows from first principles, without involving some ad hoc assumptions, or neglecting some important processes. Neither the hydrodynamical simulations (that e.g. use the ad hoc $a = \text{const.}$ viscosity prescription), nor the present day MHD simulations (that e.g. neglect radiative transfer) could be considered satisfactory. Furthermore, the simplifications made in these simulations are mathematically equivalent to guessing free functions (such as the entropy distribution). Bohdan Paczyński pointed out that...
it could often be more pragmatic to make a physically motivated guess of the final result, e.g. to guess the form of the angular momentum and entropy distributions.

In practice, it is far easier to guess and use the coordinate distributions of the specific angular momentum and entropy,

\[ L = L(r, \theta), \]
\[ S = S(r, \theta), \]

than the Lagrangian distributions (2). However, one does not know a priori the relation between the conserved \( L \) and specific \( L \) angular momenta (and entropy), or the functions, \( \xi = \xi(r, \theta) \), \( \eta = \eta(r, \theta) \). Thus, assuming (3) and (4) is not equivalent to assuming (2), and usually it should be a subject to some consistency conditions. We shall return to this point in Sect. 6.

In several “astrophysical scenarios” one indeed guesses a particular form of (3) and (4). For example, the celebrated Shakura & Sunyaev (1973) thin disk model assumes the Keplerian distribution of angular momentum,

\[ L(r, \theta) = L_0 = \text{const.}, \]
\[ S(r, \theta) = S_0 = \text{const.} \]

This was used by Paczyński and his Warsaw team to introduce the thick disk models (Abramowicz et al. 1978; Kozłowski et al. 1978; Jaroszynski et al. 1980; Paczyński & Wiita 1980; Abramowicz et al. 1980; Abramowicz 1981; Paczyński 1982). Thick disks have characteristic toroidal shapes, resembling a doughnut. Probably for this reason, Martin Rees coined the name of Polish doughnuts\(^2\) for them.

Figure 1 shows a comparison of a state-of-art MHD simulation of black-hole accretion (time and azimuth averaged) with a Polish doughnut corresponding to a particular \( L_0 \). Both models show the same characteristic features of black hole accretion: (i) a funnel along the rotation axis, relevant for jet collimation and acceleration; (ii) a pressure maximum, possibly relevant for an inner boundary condition; and (iii) a cusp-like self-crossing of one particular equipressure surface, relevant for an inner boundary condition, and for stabilization of the Papaloizou-Pringle (Blaes 1987), thermal, and viscous instabilities (Abramowicz 1971). The cusp is located between the radii of marginally stable and marginally bound circular orbits,

\[ r_{\text{in}} < r_{\text{cusp}} < r_{\text{ms}} \equiv \text{ISCO}. \]

Polish doughnuts have been useful in semi-analytic studies of the astrophysical appearance of super-Eddington accretion (see e.g. Sikora 1971; Madau 1988; Susskrevich et al. 1996) and in analytic calculations of small-amplitude oscillations of accretion structures in connection with QPOs (see e.g. Blaes et al. 2006). In the same context, numerical studies of their oscillation properties for different angular momentum distributions were first carried out by Rezzolla et al. (2003a,b). Moreover, Polish doughnuts are routinely used as convenient starting initial configurations in numerical simulations (e.g. Hawley et al. 2001; De Villiers & Hawley 2003). Recently, Komissarov (2006) has constructed analytic models of magnetized Polish doughnuts. However, a closer inspection of Fig. 1 reveals that the numerically constructed model of accretion has a (much) larger “vertical” pressure gradient than the analytic Polish doughnut, and that in the numerical model the gradient is visibly enhanced along roughly conical surfaces, approximately 30° from the equatorial plane.

The four velocity of matter

\[ u^i = (u^t, u^\phi, 0, 0), \]

in the standard distributions where this is appropriate, but leads to a far richer variety of possible accretion structures, as are indeed seen in numerical simulations.

2. Assumptions and definitions

We assume that the accretion flow is stationary and axially symmetric. This assumption expressed in terms of the Boyer-Lindquist spherical coordinates states that the flow properties depend only on the radial and polar coordinates \( r, \theta \), and are independent on time \( t \) and azimuth \( \phi \). We also assume that the dynamical timescale is much shorter than the thermal and viscous ones (1). Accordingly, we ignore dissipation and assume the stress-energy tensor in the perfect fluid form,

\[ T^i_j = (p + \epsilon) u^i u^j - p \delta^i_j, \]

with \( p \) and \( \epsilon \) being the pressure and energy density, respectively. The four velocity of matter \( u^i \) is assumed to be purely circular.
The last assumption is not fulfilled close to the cusp (see Fig. 1), where there is a transition from “almost circular” to almost “free-fall” radial trajectories. Nevertheless, the transition could be incorporated in the form of the inner boundary condition (the relativistic Roche lobe overflow, see e.g. Abramowicz 1985).

One introduces the specific angular momentum \( L \), the angular velocity \( \Omega \), and the redshift factor \( A \) by the well known and standard definitions,

\[
L = -\frac{u_\theta}{u_t}, \quad \Omega = \frac{\vartheta}{\varphi}, \quad A^{-2} = g_{\theta\theta} + 2\Omega g_{\theta\phi} + \Omega^2 g_{\phi\phi}. \tag{11}
\]

The specific angular momentum and angular velocity are linked by

\[
L = \frac{\Omega g_{\theta\phi} + g_{\theta\theta}}{\Omega g_{\phi\phi} + g_{\theta\theta}}, \quad \Omega = -\frac{L g_{\theta\theta} + g_{\theta\phi}}{L g_{\phi\phi} + g_{\phi\phi}}. \tag{12}
\]

The conserved angular momentum \( \ell \) is given by,

\[
\ell = \frac{(p + \epsilon)u_t}{\rho_0} L. \tag{13}
\]

### 3. The shapes of the equipressure surfaces

In this section we briefly discuss one particularly useful result obtained by Jaroszynski et al. (1980). It states that for a perfect fluid matter rotating on circular trajectories around a black hole, the shapes and location of the equipressure surfaces \( p(r, \theta) = \text{const} \) follow directly from the assumed angular momentum distribution (3) alone. In particular, they are independent of the equation of state, \( p = p(\epsilon, S) \), and the assumed entropy distribution (4).

For a perfect-fluid matter, the equation of motion \( \nabla_i T^i_k = 0 \) yields,

\[
\frac{\partial_p, p}{p + \epsilon} = -\frac{1}{2} \left[ \frac{\partial_{\phi} g_{\phi\phi}}{g^{\phi\phi}} - 2L \frac{\partial_{\phi} g^{\phi\phi}}{g^{\phi\phi}} + \frac{\partial^2 g^{\phi\phi}}{g^{\phi\phi}} \right], \tag{14}
\]

which may be transformed into

\[
\frac{\partial_p, p}{p + \epsilon} = \frac{\partial_\phi \ln \Lambda + \frac{L}{1 - L \Omega}}{1 - L \Omega}. \tag{15}
\]

From the second derivative commutator \( \partial_r \partial_\theta - \partial_\theta \partial_r \), of the above equation,

\[
\frac{\partial_r, p \partial_\theta, \epsilon - \partial_\theta, p \partial_r, \epsilon}{(p + \epsilon)^2} = \frac{\partial_\lambda \Omega \partial_\theta L - \partial_\theta \Omega \partial_\lambda L}{1 - L \Omega}, \tag{16}
\]

one derives (see e.g. Abramowicz 1971) the von Zeipel condition: \( p(r, \theta) = \text{const} \), surfaces coincide with those of \( L = \text{const} \), if and only if the surfaces \( L(r, \theta) = \text{const} \). Obviously, the constant angular momentum case satisfies the von Zeipel condition.

Jaroszynski et al. (1980) have also discussed a general, non barytropic case. They wrote Eq. (14) twice, for \( i = r \) and \( i = \theta \), and divided the two equations sideward by side to get

\[
\frac{\partial_r, p}{\partial_\theta, p} = \left[ \frac{\partial_r g_{\phi\phi}}{g^{\phi\phi}} - 2L \frac{\partial_r g^{\phi\phi}}{g^{\phi\phi}} + \frac{\partial^2 g^{\phi\phi}}{g^{\phi\phi}} \right] \equiv -F(r, \theta). \tag{17}
\]

\(^3\) The best known Newtonian version of the von Zeipel condition states that for a barytropic fluid \( p = p(\epsilon) \), both angular velocity and angular momentum are constant on cylinders, \( \Omega = \Omega(R), L = L(R) \), with \( R = r \sin \theta \) being the distance from the rotation axis.

For the Kerr metric components one knows the functions \( g^{\phi\phi}(r, \theta) \), and therefore the function \( F(r, \theta) \) in the right hand side of Eq. (17) is known explicitly in terms of \( r \) and \( \theta \). If one knows or assumes the angular momentum distribution \( L = L(r, \theta) \), this has an important practical consequence.

Let \( \theta = \theta(r) \) be the explicit equation for the equipressure surface \( p(r, \theta) = \text{const} \). It is, \( \partial \theta / \partial r = -\partial_r p / \partial_\theta p \). If the function \( F(r, \theta) \) in (17) is known, then Eq. (17) takes the form of an ordinary differential equation for the equipressure surface, \( \theta = \theta(r) \),

\[
\frac{d \theta}{d r} = F(r, \theta), \tag{18}
\]

with the explicitly known right hand side. It may be therefore directly integrated to get all the possible locations for the equipressure surfaces.

### 4. The angular momentum distribution

#### 4.1. Physical arguments: the radial distribution

Jaroszynski et al. (1980) discussed general arguments showing that the slope of the specific angular momentum should be between two extreme: the slope corresponding to \( L = \text{const} \) and the slope corresponding to \( \Omega = \text{const} \). These two cases, together with the Keplerian one \( L = L_K \), may be considered as useful archetypes in discussing arguments relevant to the angular momentum distribution.

Indeed, far away from the black hole \( r \gg r_g \), these arguments are well known (see e.g. Frank et al. 2002) and together with numerous numerical simulations show that typically (i.e. in a stationary case with no shocks) the specific angular momentum should be slightly sub-Keplerian \( L(r, \pi / 2) \approx L_K(r) \). There is a solid consensus on this point.

The situation close to the black hole is less clear because there is not sufficient knowledge of the nature of the stress operating in the innermost part of the flow, i.e. approximately between the horizon and the ISCO. Formally, one may consider two extreme ideal cases, depending whether the stress is very small or very large.

In the first case, the almost vanishing stress implies that the fluid is almost free-falling, and therefore the angular momentum is almost constant along fluid lines. This leads to \( L(r, \pi / 2) \approx \text{const} \). Such situation is typical for the thin Shakura & Sunyaev (1973) and slim (Abramowicz et al. 1988) accretion disks. In the second case, one may imagine a powerful instability like MRI, which occurs when \( d\Omega / dr \neq 0 \). It may force the fluid closer to the marginally stable state \( \Omega \approx \text{const} \). This situation may be relevant for ADAFs (Narayan & Yi 1988; Abramowicz et al. 1995).

#### 4.2. The new ansatz

We suggest adopting the following assumption for the angular momentum distribution,

\[
L(r, \theta) = \begin{cases} 
    L_0 \left( \frac{L_0(r)}{L_0(r_g)} \right)^{1/2} \sin^2 \gamma \theta & \text{for } r \geq r_m \\
    L_{ms}(r) \sin^2 \gamma \theta & \text{for } r < r_m 
\end{cases} \tag{19}
\]

The constant \( L_0 \) is defined by \( L_0 \equiv \eta L_K(r_m) \). For the “hydrodynamical” case, the function \( L_{ms}(r) \) is constant,

\[
L_{ms}(r) = L_0 \left[ L_K(r_m) / L_0 \right]^{1/2} = \text{const}. \tag{20}
\]
4.3 Angular momentum on the equatorial plane

On the equatorial plane, \( \sin \theta = 1 \), and therefore only \( \beta \) and \( \eta \) (through \( L_0 \)) enter the distribution formulae (19).

\[
L(r, \pi/2) = L_0 \left( \frac{\Omega_0(r)}{\Omega_m} \right)^{\beta} \quad \text{for } r \geq r_{ms} \\
L_{ms} \quad \text{for } r < r_{ms}
\]

(23)

when \( \beta = 0 \), the angular momentum is constant, \( \mathcal{L} = L_0 \), and when \( \beta = 1 \), it equals the Keplerian one, \( \mathcal{L} = \mathcal{L}_k \).

For small values of \( \beta \) the assumed equatorial plane angular momentum (23) reproduces the characteristic shape, shown in Fig. 2, which has been found in many numerical simulations of accretion flows – including stationary, axially symmetric, \( \alpha \) viscosity, hydrodynamical “slim disks” (e.g. Abramowicz et al. 1988), and more recent, fully 3-D, non-stationary MHD simulations (e.g. Machida & Matsumoto 2008; Fragile et al. 2009). It corresponds to a distribution that is slightly sub-Keplerian for large radii, and closer to the black hole it crosses the Keplerian distribution twice, at \( r_{\text{center}} > r_{ms} \) and at \( r_{\text{cusp}} < r_{ms} \), forming a super-Keplerian part around \( r_{ms} \). For \( r < r_{\text{cusp}} \) the angular momentum is almost constant.

4.4 Angular momentun off the equatorial plane

Numerical simulations show that away from the equatorial plane, the angular momentum falls off. Figure 2 shows that indeed several MHD simulations (Machida & Matsumoto 2008; Fragile et al. 2009, Figs. 2c and d respectively), feature a drop of angular momentum away from the equatorial plane. This behavior is reflected by the term \( \sin^2 \theta \) in (19). One may see that this form accurately mimics the outcome of the numerical simulations. Proga & Begelman (2003a,b) also studied axisymmetric accretion flows with low specific angular momentum using numerical simulations. In their inviscid hydrodynamical case Proga & Begelman (2003a) found that the inner accretion flow settles into a pressure-rotation supported torus in the equatorial region and a nearly radial inflow in the polar funnels. Furthermore, the specific angular momentum in the equatorial torus was nearly constant. This behavior changes once magnetic fields are introduced, as shown in Proga & Begelman (2003b).

In the MHD case, the magnetic fields transport specific angular momentum so that in the innermost part of the flow, rotation is sub-Keplerian, whereas in the outer part, it is nearly Keplerian. Similar rotational profiles are also found in MHD simulations of the collapsar model of gamma-ray bursts (Proga et al. 2003; Baiotti et al. 2008), which use a sophisticated equation of state and neutrino cooling (instead of a simple adiabatic equation of state). Therefore, it appears that the rotational profile assumed in our model is quite robust as it has been obtained in a number of numerical experiments with various microphysics.

5. Results

Figures 3 and 4 show sequences of models calculated with the new ansatz (19) for black-hole spins \( a = 0 \) and 0.5, respectively. For these models we hold \( \eta = \eta_{\text{max}} \) fixed, while \( \beta \) and \( \gamma \) are varied over the limits of their accessible ranges.

5.1. Equipressure surfaces on the axis of rotation

Figures 3 and 4 show an interesting change of the behavior of equipressure surfaces close to the axis with increasing \( \gamma \). No equipressure surface can cross the symmetry axis when the dependence of the angular momentum on \( \theta \) is weak. This is the case for the first three columns of Fig. 3 where \( \gamma \leq 0.5 \). On the other hand, for the angular momentum distributions with higher \( \gamma \) the equipressure surfaces cross the axis perpendicularly. This happens in plots of the last column of Fig. 3. This behavior can
be understood easily from the limit of \(r \theta / dr\) as \(\theta \to 0\). In Schwarzschild spacetime Eqs. (17) and (18) give
\[
\lim_{\theta \to 0^+} \frac{r d\theta}{dr} = -\frac{2L^2_0(r)}{L^2(r, \pi/2)} \lim_{\theta \to 0^+} (\sin^{4\gamma-3} \theta).
\]
(24)

The limit on the right-hand side is either 0, 1 or \(\infty\), depending on the value of \(\gamma\). When \(\gamma < 3/4\), \(r \theta / dr = 0\) and no equipressure surface goes across the axis. On the other hand, when \(\gamma > 3/4\) equipressure surfaces cross the axis perpendicularly. Of course, a stationary torus may exist only within an equipotential surface located inside the Roche lobe, i.e., the critical self-crossing equipotential within the cusp (Abramowicz 1985).

5.2. Comparison with numerical simulations

Figure 5 illustrates that the results of the analytic models are well matched with results of modern 3-D MHD numerical simulations (here taken from Fragile et al. 2007, 2009). For the correct choice of parameters, the model can reproduce many of the relevant features of the numerical results, including the locations of the cusp and pressure maximum, as well as the vertical thickness of the disk. At this stage, such qualitative agreement is all that can be hoped for. One notable difference between the analytic and numerical solutions is the behavior inside the cusp. While the analytic equipressure surfaces formally diverge toward the poles, the numerical solution maintains a fairly constant vertical height, which is also evident in Fig. 1. This is because in the region inside the cusp, our assumption (10) about the form of the velocity is not valid – velocity cannot be consistent with a pure rotation only, \(u' = (u', u^\phi, 0, 0)\). In this region the radial velocity \(u'\) must be non-zero and large. Thus, accuracy of our analytic models may only be trusted in the region outside the cusp, \(r > r_{\text{cusp}}\).

6. Discussion

In this paper we assumed a form of the angular momentum distribution (19) and from this calculated the shapes and locations of the equipressure surfaces. This may be used in calculating spectra (in the optically thick case) by the same “surface” method as used in works by Sikora (1971) and Madau (1988).

We plan to construct the complete physical model of the interior in the second paper of this series. Here, we only outline the method by considering a simplified toy model. Let us denote \(\rho = \epsilon + p\). We assume a toy (non-barytropic) equation of state and an entropy distribution, by writing,
\[
p = e^{K(S)}\rho, \quad K = K(r, \theta).
\]
(25)
Let us, in addition, define two functions connected to the entropy distribution,
\[ \partial_\theta K = \kappa(r, \theta), \quad \frac{\partial_r K}{\partial_\theta K} = \lambda(r, \theta). \]  
(26)

From the obvious condition that the second derivative commutator of pressure vanishes, \((\partial_\theta \partial_r - \partial_r \partial_\theta) p = 0\), and Eqs. (25), (26) and (17) one derives,
\[ \kappa = -\frac{\partial_r G_\theta - \partial_\theta G_r}{G_r - \lambda G_{\theta}}, \]  
(27)

where \(G_r\) and \(G_\theta\) are defined as
\[ G_i(r, \theta) = \frac{\partial_i p}{\rho} \]  
(28)

and can be calculated from the angular momentum distribution using Eq. (14). From (27) it is obvious that one cannot independently assume the functions \(\kappa(r, \theta)\) and \(\lambda(r, \theta)\). Assuming \(\lambda(r, \theta)\) is equivalent with assuming the shapes of isentropic surfaces.

\[ \lambda = \frac{G_r}{G_\theta}, \]  

A somewhat similar situation in the case of rotating stars is known as the von Zeipel paradox (Tassoul 1978): Pseudo-barytropic models in a state of permanent rotation cannot be used to describe rotating stars in strict radiative equilibrium.

Indeed, from (26) one concludes that the function \(\theta = \theta_S(r)\) that describes an isentropic surface is given by the equation,
\[ \left[ \frac{d\theta}{dr} \right]_{\theta_S} = -\lambda(r, \theta), \]  
(29)

that may be directly integrated. Then the condition (27) gives the physical spacing (“labels”) to the isentropic surfaces, and through the equation of state (25) also to equipressure surfaces and isopicnic \((\rho = \text{const.})\) surfaces.

Note, that a possible choice \(\lambda = \frac{G_r}{G_\theta}\) corresponds, obviously, to the “von Zeipel” case in which equipressure and isentropic surfaces coincide. In this case the denominator in (27) vanishes, implying a singularity unless the numerator also vanishes. The condition for the numerator to vanish is, however, equivalent to the von Zeipel condition.

7. Conclusions

The new ansatz (19) captures two essential features of the angular momentum distribution in black hole accretion disks:

1. On the equatorial plane and far from the black hole, the angular momentum in the disk differs only little from the Keplerian one being slightly sub-Keplerian, but closer in it
Fig. 5. Comparison of pressure distributions between the analytic model (dark lines) and numerical simulations (colors). The results of MHD simulations (taken from Fragile et al. 2007, 2009) have been time-averaged over one orbital period at $r = 25r_G$. Upper panel: Schwarzschild black hole ($a = 0$); the analytic model parameters are $\eta = 1.085$, $\beta = 0.9$, and $\gamma = 0.18$. Lower panel: Kerr black hole ($a = 0.5$); the analytic model parameters are $\eta = 1.079$, $\beta = 0.7$, and $\gamma = 0.2$.

becomes (slightly) super-Keplerian and still closer, in the plunging region, sub-Keplerian again and nearly constant.

2. Angular momentum may significantly decrease off the equatorial plane, and become very low (even close to zero, in a non-rotating “corona”).

Models of tori described here may be useful not only for accretion disks but also for tori that form in the latest stages of neutron star binary mergers. This is relevant for gamma ray bursts (Witt et al. 1994) and gravitational waves (Baiotti et al. 2008).

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