Common fibrillar spines of amyloid-β and human islet amyloid polypeptide revealed by microelectron diffraction and structure-based inhibitors

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Amyloid-β (Aβ) and human islet amyloid polypeptide (hIAPP) aggregate to form amyloid fibrils that deposit in tissues and are associated with Alzheimer’s disease (AD) and type II diabetes (T2D), respectively. Individuals with T2D have an increased risk of developing AD, and conversely, AD patients have an increased risk of developing T2D. Evidence suggests that this link between AD and T2D might originate from a structural similarity between aggregates of Aβ and hIAPP. Using the cryoEM method microelectron diffraction, we determined the atomic structures of 11-residue segments from both Aβ and hIAPP, termed Aβ(24–34) WT and hIAPP(19–29) S20G, with 64% sequence similarity. We observed a high degree of structural similarity between their backbone atoms (0.96-Å root mean square deviation). Moreover, fibrils of these segments induced amyloid formation through self- and cross-seeding. Furthermore, inhibitors designed for one segment showed cross-efficacy for full-length Aβ and hIAPP and reduced cytotoxicity of both proteins, although by apparently blocking different cytotoxic mechanisms. The similarity of the atomic structures of Aβ(24–34) WT and hIAPP(19–29) S20G offers a molecular model for cross-seeding between Aβ and hIAPP.

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This article contains supporting methods, Figs. S1–S7, and Tables S1 and S2. The atomic coordinates and structure factors (code 5VOS) have been deposited in the Protein Data Bank (http://wwpdb.org/).

The atomic coordinates and associated structure factors have been deposited in the EMDataBank under code EMID-8720.

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The abbreviations used are: AD, Alzheimer’s disease; T2D, type II diabetes; Aβ, amyloid-β; hIAPP, human islet amyloid polypeptide; mIAPP, mouse islet amyloid polypeptide; microED, microelectron diffraction; N2a, Neuro-2a; ThT, thioflavin-T; Sc, shape complementarity; MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; r.m.s.d., root mean square deviation; TEM, transmission electron microscopy; HFIP, 1,1,1,3,3,3-hexafluoro-2-propanol; ANOVA, analysis of variance.
with the highest similarity bind to one another with high affinity (14, 15) and appear to catalyze heteroassembly. Aβ and hIAPP appear to interact not only in their native unfolded states but also can interact once aggregated. Aβ fibrils cross-seed hIAPP fibril formation, suggesting that the 3D fibril structure of Aβ is able to template hIAPP aggregation, possibly by conferring a similar structural motif (16). Supporting the idea that the underlying structures of the fibrils are similar, a recent study describes a peptide-based fibril blocker that mitigates fibril formation and cytotoxicity of both Aβ and hIAPP (17).

Cross-seeding is further evident in in vitro studies. One study showed that islet amyloid formed in hIAPP transgenic mice upon injection with fibril seeds of either Aβ or hIAPP (12). Moreover, a recent study observed a similar cross-seeding effect when Aβ transgenic mice were injected with hIAPP seeds (18). Beyond model systems, clinical studies have reported increased risk for AD in T2D patients and vice versa (19–21). Some studies suggest AD and T2D are connected by heightened stress and cholesterol levels, whereas others propose that Aβ and T2D may be effective treatments for AD (22). This has led some to hypothesize that drugs used to treat T2D may be effective treatments for AD (23).

In an effort to uncover a molecular basis for interaction of Aβ with hIAPP, we focused on two 11-residue, fibril-forming protein segments with 64% sequence identity; we call these segments Aβ(24–34) WT and hIAPP(19–29) S20G, which harbors a familial mutation implicated in early-onset T2D (24–36). In addition to high identity, these sequences appear to be important for aggregation and accompanying toxicity of their respective full-length proteins. The Aβ(24–34) WT segment is integral to the core in structures of full-length Aβ fibrils as determined from solid-state NMR (27–30). Additionally, short peptides spanning from residues 27 to 32 and 29 to 34 of Aβ crystallize in steric zipper arrangements (31). Aβ(24–34) WT contains residues necessary for oligomerization and formation of toxic species (32–34). Previously, we demonstrated that fibrils formed from the hIAPP(19–29) S20G segment are structurally related to those of full-length hIAPP and comprise the spine of the mature fibrils (35). Thus, Aβ(24–34) WT and hIAPP(19–29) S20G are candidates for self- and cross-interacting segments of their two parent proteins.

Results
Atomic structure of Aβ(24–34) WT determined using microelectron diffraction (microED)
Aβ(24–34) WT crystallized as nanocrystals only a few hundred nanometers thick (Fig. 2A), similar to the 11-residue segments of previously determined amyloid structures (3, 35). This crystal size is ideal for microED, a diffraction mode of cryoEM (36–39).

The structure of Aβ(24–34) WT reveals a class I steric zipper with pairs of parallel in-register β-sheets antiparallel to each other (Fig. 2B and Table 1). The side chains interdigitate to form two dry interfaces (Fig. 51). Interface A buries 210 Å² of solvent-accessible surface area per strand with a shape complementarity (Sc) of 0.62 with Ala30, Ile32, and Leu34 lining the zipper interface. Additionally, this interface is capped by hydrogen bonding of Lys28 to the carboxyl terminus of the opposing sheet. Interface B is somewhat larger; it buries 256 Å² of solvent-accessible surface area and has an Sc of 0.85 with Asn27, Gly29, and Ile31 lining the center of the interface. Flanking this interface, Val24 packs into the space provided by the lack of side chain at Gly33, and salt bridges form between terminal amine and carboxylates from opposing sheets as previously seen in the non-amyloid-β component core (NACore) of α-synuclein (3). These latter two interactions are introduced by a kink at Gly25.

There are similarities in the fibril diffraction patterns of Aβ(1–42) and our crystallized segment. Both display meridional reflections at spacings of 4.7 and 2.4 Å, indicative of the strand-strand spacing within β-sheets, and a set of reflections around 3.7 Å (Fig. 2C). The diffraction pattern of Aβ(24–34) WT has two strong equatorial reflections at 8.6 and 7.4 Å, which match the average separations of the β-sheets in Interfaces A and B, respectively. The closest corresponding reflections in the Aβ(1–42) diffraction pattern are centered around 10 Å, which matches more closely with Interface A rather than B. We hypothesize that Interface A contributes to the strength and spacing of this reflection and therefore is part of the spine of Aβ(1–42) fibrils.

Segment Aβ(24–34) WT is cytotoxic
Full-length Aβ is known to be cytotoxic (40), and we wondered whether the segment Aβ(24–34) WT could be the source of this cytotoxicity. To investigate the cytotoxicity of Aβ(24–34) WT, we assessed the effects of the soluble and fibrillar forms of the protein segment on Neuro-2a (N2a) cells, a mouse neu-roblastoma cell line (41). We measured cytotoxicity using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) dye reduction (42, 43), and we measured proapoptotic caspase activation using a fluorescent marker for caspase activity.

MTT dye reduction assays revealed that soluble Aβ(24–34) WT is mildly cytotoxic at high concentrations, but its fibrillar form is significantly more cytotoxic (Fig. 3A). Aβ(24–34) WT is...
not as cytotoxic as full-length Aβ(1–42), possibly because Aβ(24–34) WT lacks other residues that are important for cytotoxicity, particularly Met35, which is an important contributor to the potent cytotoxicity of Aβ(25–35) (44, 45). Additionally, we observed that fibrillar Aβ(24–34) WT activates proapoptotic caspases but to a lesser degree than full-length Aβ(1–42) at similar concentrations (Fig. 3B and Fig. S2). Fibrils of the toxic spine from hIAPP, hIAPP(19–29) S20G, are slightly more cytotoxic than Aβ(24–34) WT to the same cell line (Fig. S2).

The insoluble fraction of the Aβ(24–34) WT fibrillar sample is cytotoxic, whereas the soluble fractions are not, thus suggesting that fibrils are the cytotoxic species (Fig. 3B). However, it is plausible that some undetectable population of highly toxic oligomers that associate with fibrils causes the cytotoxicity of the fibrillar sample.

**The spines of Aβ and hIAPP are structurally similar**

The similarity in sequence between segments Aβ(24–34) WT and hIAPP(19–29) S20G motivated us to compare their atomic structures. We had previously applied microED to determine the atomic structure of hIAPP(19–29) S20G (35), a spine segment of hIAPP 64% similar in sequence to Aβ(24–34) WT (Fig. 4B). However, it is plausible that some undetectable population of highly toxic oligomers that associate with fibrils causes the cytotoxicity of the fibrillar sample.

**Figure 2. MicroED structure of segment Aβ(24–34) WT from microcrystals.** A, electron micrograph of 3D crystals used for data collection. B, the crystal structure reveals tightly mated pairs of β-sheets. The side chains interdigitate to form two extensive dry interfaces, termed Interface A and Interface B. Top, one layer viewed down the fibril axes with the 2Fo − Fc electron density at 1σ displayed as black mesh. Bottom, six layers viewed nearly perpendicular to the fibril axis. C, comparison of the fibril diffraction of aligned Aβ(24–34) WT microcrystals and Aβ(1–42). Both display a strong reflection at a spacing of 4.7 Å and a weaker reflection at 2.4 Å. Additionally, the two have a broad reflection around 3.7 Å. Aβ(24–34) WT has two distinct reflections at 8.6 and 7.4 Å, reflecting the separation of β-sheets in each interface, whereas Aβ(1–42) has a broad reflection around 10 Å.

S20G is likely the primary interface because it excludes waters, and fibril diffraction calculated from this interface best matches diffraction collected from full-length hIAPP fibrils. Its Interface B contains waters and has lower shape complementarity. The primary interface of Aβ(24–34) WT is less clear; both its A and B interfaces are dry and large. Either could exist in Aβ(1–42); although interface B appears somewhat stronger, interface A is closer to observed diffraction of the full-length fibers.

Our structures reveal a similarity that is not accurately reflected by their sequence similarity. We observed that the two A interfaces are more structurally similar to each other than the two Interfaces B. Superimposing Aβ(24–34) WT onto hIAPP(19–29) S20G using LSQKAB, we found that backbone atoms of the A interfaces superimpose with 0.96-Å root mean square deviation (r.m.s.d.) (Fig. 4A), and the backbones of the B interfaces superimpose with a higher r.m.s.d. of 2.11 Å. Surprisingly, the structural alignment with lower r.m.s.d. (Interfaces A) has fewer sequence equivalences than structural alignment with higher r.m.s.d. (Interfaces B). That is, residues expected to align by sequence identity are shifted by two residues in the structural alignment of Interfaces A (Fig. 4B). Although Ala20 in Aβ(24–34) WT would be expected to align with Ala25 in hIAPP(19–29) S20G, the structural alignment instead superimposes these alanines with Phe23 in hIAPP and Ile32 in Aβ, respectively. Moreover, the leucines in the cores of each of the two interfaces, which are not paired in the sequence alignment, almost perfectly superimpose. This startling result makes one
In fact, both Aβ(1–42) fibril formation using Interface A of the hIAPP(19–29) S20G atomic structure as a scaffold. We used a Rosetta-based design strategy and workflow similar to Sievers et al. (47) (Fig. 5A). Our laboratory has used similar strategies to develop peptide-based inhibitors that reduce fibril formation of amyloid proteins tau, p53, and transthyretin, which are implicated in tauopathies, various cancers, and familial amyloid polyneuropathy, respectively (46–48). We performed multiple rounds of design that produced ~50 peptide sequences, about a dozen of which were effective at reducing hIAPP(19–29) S20G fibril formation and cytotoxicity (Table S1 and Figs. S4 and S5).

We chose to focus on two all β-conformation peptide sequences because of their potential for longer in vivo stability (49), which may be important during downstream clinical testing (Fig. 5, B and C). These designs, abbreviated p14 and p15, reduced fibril formation of the design target, hIAPP(19–29) S20G (Fig. 5D), at equimolar concentrations, whereas their cognate negative control sequences did not. Consistent with previous findings, reducing fibril formation likewise reduced the cytotoxicity of hIAPP(19–29) S20G to HEK293 cells (Fig. 5E). The peptide-based fibril blockers are specific for the design target; they do not reduce aggregation of three other amyloid proteins, transthyretin, tau, and α-synuclein (Fig. S6 and supporting methods).

Cross-amyloid efficiency of inhibitors

Given the structural and sequence similarity between the two atomic structures and their ability to cross-seed, we aimed to determine whether the inhibitors, developed using the hIAPP(19–29) S20G atomic structure, are effective against both full-length hIAPP and full-length Aβ. Using ThT fluorescence, we observed that p14 and p15 reduced fibril formation of full-length hIAPP, but their cognate negative control peptides (p16 and p17, respectively) did not (Fig. 6A). 48 h into the ThT fluorescence assay in Fig. 6A, the experiment was paused, and aliquots were taken for negative-stain TEM. Negative-stain TEM analysis confirmed the reduction of fibrils in hIAPP samples incubated with p14 and p15. Instead, these samples contained small fibrillar aggregates and amorphous aggregates (Fig. 6B). As expected, hIAPP samples incubated with negative control peptides contained abundant fibrils. Consistent with our observation of reduced fibrils, we observed that p14 and p15 reduced cytotoxicity of full-length hIAPP, but their cognate negative control peptides did not (Fig. 6C). We tested the cytotoxicity of the samples to Rin5F cells, a rat pancreatic β-cell line, and we quantified cytotoxicity using MTT dye reduction. Next, we tested whether the same inhibitors, designed against hIAPP(19–29) S20G, reduce fibril formation and cytotoxicity of full-length Aβ(1–42). We observed that p14 and p15 reduced cytotoxicity of Aβ(1–42) to N2a cells (Fig. 6D), but neither p14 nor p15 appeared to reduce Aβ(1–42) fibril formation.

Table 1

| Statistics of microED data collection and atomic refinement |
|------------------------------------------------------------|
| Data collection                                           |
| Excitation voltage (kV)                                    | 200 |
| Electron source                                           | Field emission gun |
| Wavelength (Å)                                            | 0.0251 |
| Total dose per crystal (e⁻/Å²)                            | 2.7 |
| Frame rate (frames/s)                                     | 0.3–0.5 |
| Rotation rate (%)                                         | 0.3 |
| No. crystals used                                         | 5 |
| Total angular rotation collected (°)                      | 383 |
| Merging statistics                                        |
| Space group                                               | P2₁ |
| Cell dimensions                                          |
| a, b, c (Å)                                               | 18.78, 4.73, 33.47 |
| α, β, γ (°)                                               | 90, 100.02, 90 |
| Resolution (Å)                                           | 20–1.5 (1.58–1.50) |
| Rmerge (%)                                                | 22.0 (30.6) |
| No. reflections                                           | 5586 (555) |
| Unique reflections                                        | 1032 (133) |
| Completeness (%)                                          | 91.8 (76.4) |
| Multiplicity                                              | 5.4 (4.2) |
| I/σ                                                       | 5.19 (3.11) |
| CC1/2 (%)                                                 | 98.7 (90.8) |
| Refinement statistics                                     |
| No. reflections                                           | 1031 |
| Reflections in test set                                   | 103 |
| Rmerge (%)                                                | 22.7 |
| r.m.s. deviations                                        |
| Bond lengths (Å)                                          | 0.015 |
| Bond angles (°)                                           | 1.879 |
| Avg. B factor (Å²)                                        | 11.56 |
| Protein                                                  | 14.60 |
| Wilson B factor (Å²)                                      | 7.24 |
| Ramachandran (%)                                          | 88.9 |
| Favored                                                  | 11.1 |
| Allowed                                                   | 0 |
| Outliers                                                  |

* Highest resolution shell shown in parentheses.
Common fibrillar spines of Aβ and hIAPP

Figure 3. Aβ(24–34) WT is cytotoxic to N2a cells, a mouse neuroblastoma cell line. A, the cytotoxicity of Aβ(24–34) WT mainly resides in its fibrillar form, but its soluble form is also mildly cytotoxic. Samples were diluted to 10X from 1 mM stocks and then further diluted 1:10 in medium containing preplated cells to the concentration specified. Concentrations represent monomer equivalents for both preparations. B, the insoluble fraction of the 25 µM fibrillar sample, which contains fibrils, is cytotoxic, further confirming that fibrils or some type of oligomer that tightly associates with fibrils is the cytotoxic species. The insoluble fraction was isolated by centrifuging the fibrillar sample for 1 h using a tabletop centrifuge and then aspirating off the soluble fraction. Then the insoluble fraction was resuspended in fresh buffer at its original volume. The “soluble filtered” fraction was filtered with a 0.1-µm spin filter, whereas the “soluble-unfiltered” fraction was not. For A and B, cytotoxicity was quantified using MTT dye reduction. Points and bars show median with individual technical replicates (n = 6–12; ns, not significant; **, p < 0.05; ***, p < 0.01; ****, p < 0.001; *****, p < 0.0001) using an unpaired t test with equal standard deviations (in A, relative to vehicle; in B, relative as indicated by brackets). C, the fibrillar form of Aβ(24–34) WT is associated with increased proapoptotic caspase-3/7 activation. Cells were treated as described in A, and then caspase-3/7 activity was visualized using a fluorescence-based probe for caspase activity. Cells were imaged using a Zeiss fluorescence microscope. Scale bars, 50 µm.

Discussion

As detailed in the Introduction, a variety of biochemical and animal studies have linked Aβ and hIAPP, associated with AD and T2D, respectively, but the underlying cause of the link has not been clear. Previous studies point to their similar sequences and their cross-seeding property in vivo and in vitro as the underlying cause (12, 14, 18, 51). Here, through atomic structures determined using microED and designed inhibitors with cross-amyloid efficacy, we provide evidence for a molecular mechanism based on fibril spines having similar structures.

Although the spines of Aβ and hIAPP are similar in sequence and structure, their structural similarity is not fully reflected by their sequence similarity. This is particularly true for the Aβ interfaces of the two segments. This observation that sequence similarity is not a sure determinant of cross-seeding efficiency has been described previously for immunoglobulin (Ig) light chains, polyglutamine tracts, and β2-microglobulin, all of which seed Aβ(1–40) fibril formation in vitro (16), and this is especially true for the amyloid-like prion proteins Sup35p, Ure2p, and Rnq1p (52). The efficiency with which Aβ(24–34) WT and hIAPP(19–29) S20G fibrils seed both Aβ(1–42) and hIAPP fibril formation suggests that their common structures are important for cross-seeding.

Our experiments further support the hypothesis that the linked effects of Aβ(1–42) and hIAPP are based on their similar fibrillar structures; the peptide inhibitors, designed against Interface A of the atomic structure of hIAPP(19–29) S20G, are potent in reducing cytotoxicity of both full-length hIAPP and Aβ(1–42). The mechanism for reducing cytotoxicity of hIAPP in rat pancreatic β-cells appears to involve primarily fibril inhibition. In contrast, the mechanism for reducing Aβ(1–42) cytotoxicity to neuroblastoma cells might involve interference with oligomerization or a relatively small population of fibril
polymorphs with an interface similar to Interface A observed in the Aβ(24–34) WT structure. The persistence of Aβ fibrils in the presence of inhibitor could be explained by dominance of a less toxic but more prevalent polymorph such as one driven by Aβ \(^{16}\)KLVFFA\(^{21}\) (53), which we presume would not interact with our inhibitor.

To determine how Aβ(24–34) WT and hIAPP(19–29) S20G may cross-seed, we generated models of all 12 possible heteroassemblies using the structures of these two segments and an ideal β-strand as templates. Next, we applied Rosetta to assess their propensities to form. Heteroassemblies constructed using the B interfaces provided several usable models, whereas all heteroassemblies of Interface A failed to converge due to significant steric clashes. The heteroassembly modeled onto the backbone of Interface B of the hIAPP(19–29) S20G atomic structure possesses the highest Sc of all the models at 0.66 (Fig. 8). Its Sc score and Rosetta energy score are comparable with those of the homoassemblies containing Interface B.
(Table S2), suggesting that this heteroassembly model may represent an actual interface between Aβ and hIAPP.

This heteroassembly model, taken together with the effects of the inhibitors on hIAPP and Aβ(1–42) fibril formation and cytotoxicity, leads us to suggest that different fibrillar interfaces may be important for cytotoxicity and cross-seeding. Recall that the inhibitors were designed to target Interface A of the hIAPP(19–29) S20G atomic structure. Indeed, these inhibitors reduced fibril formation and cytotoxicity of full-length hIAPP, likely by targeting a similar interface in the full-length protein and preventing it from forming. In contrast, these inhibitors did not reduce fibril formation of Aβ(1–42), but they did reduce its...
cytotoxicity. As Aβ(24–34) WT contains a structurally similar Interface A, it seems plausible that these inhibitors target and reduce the formation of interfaces similar to Interface A in both full-length proteins and that Interface A may be important for cytotoxicity of both proteins. Conformation-specific antibodies mOC 88, mOC 3, and mOC 22, all of which show a marked reduction in binding to Aβ(1–42) incubated with inhibitors, may recognize a structural motif, or epitope, similar to Interface A. Indeed, a previous study showed that mOC 3 and mOC may recognize a structural motif, or epitope, similar to Interpeptide in 100% 1,1,1,3,3,3-hexafluoro-2-propanol (HFIP) at Park, CA). Peptides were prepared by dissolving lyophilized desorbed in buffer A. The fibrillar atomic structures of the segments studied here possess structural motifs important for cytotoxicity and cross-seeding, and they may also support the same properties in their parent full-length proteins. Going forward, these structures may serve as templates for the development of pharmaceutical therapeutics that may have dual efficacy.

**Experimental procedures**

**Peptide preparation**

Candidate inhibitors were custom-made and purchased from Innopep (San Diego, CA). For studies with the design target, hIAPP(19–29) S20G, lyophilized candidate inhibitors were dissolved at 1 mM in PBS and 1% DMSO. For studies with full-length hIAPP and Aβ(1–42), lyophilized candidate inhibitors were dissolved at 10 mM in 100% DMSO. 10 mM stocks were diluted as necessary. All stocks were stored frozen at −20 °C.

hIAPP(1–37)-NH2 (hIAPP) was purchased from Innopep. Mouse (m) IAPP(1–37)NH2 was purchased from CSBio (Menlo Park, CA). Peptides were prepared by dissolving lyophilized peptide in 100% 1,1,1,3,3,3-hexafluoro-2-propanol (HFIP) at 250 μM for 2 h. Next, the sample was spin-filtered, and then HFIP was removed with a CentriVap concentrator (Labconco, Kansas City, MO). After removal of the HFIP, the peptides were dissolved at 1 or 10 mM in 100% DMSO (IAPP alone) or 100% DMSO solutions containing 1 or 10 mM inhibitor. The DMSO peptide stocks were diluted 100-fold in filter-sterilized Dulbecco’s PBS (catalog number 14200-075, Life Technologies).

**Recombinant amyloid-β peptide cloning and expression**

Aβ was cloned and purified similarly to the methods described in Laganowsky et al. (69). Aβ was cloned into p15-maltose-binding protein (MBP) as described previously and expressed with the following exceptions. An overnight starter culture was grown in 50 ml instead of 50 ml, 15 ml (instead of 7 ml) of which was used to inoculate 1 liter. After induction, cells were allowed to grow for 3–4 h at 37 °C (instead of 34 °C). Cells were then harvested by centrifuging at 5,000 × g. The cell pellet was frozen and stored at −80 °C.

The cell pellet was thawed on ice and resuspended in buffer A (50 mM sodium phosphate, 0.3 mM sodium chloride, 20 mM imidazole, pH 8.0) at 120 ml per liter of culture volume and lysed by sonication. Crude cell lysate was clarified by centrifugation at 15,000 × g for 30 min at 4 °C. The clarified cell lysate was filtered through a 0.45-μm syringe filtration device (HF PMilllex-HV, Millipore, Billerica, MA) before loading onto two 5-ml HisTrap-HP columns (GE Healthcare). The HisTrap-HP column was washed with 5 column volumes of buffer A and then washed in 5 column volumes of 10% buffer B (50 mM sodium phosphate, 0.3 mM sodium chloride, 500 mM imidazole, pH 8.0). Protein was eluted in 3 column volumes of 100% buffer B. The pooled sample was diluted to less than 10 mg/ml, loaded into 6,000–8,000 molecular weight–cutoff tubing (Fisher Scientific), and dialyzed against buffer C (25 mM Tris, pH 8.0, 20 mM imidazole, 100 mM sodium chloride) at 4 °C for 4 h, changing buffer after 2 h. The dialyzed sample was pooled, and 1/50 volume of tobacco etch virus protease stock was added. The tobacco etch virus protease reaction was incubated overnight at 4 °C before loading over a 5-ml HisTrap-HP column equilibrated in buffer A. The flow-through, containing the recombinant Aβ peptide, was collected. Pooled recombinant Aβ peptide was filtered through a 0.22-μm filter unit (Sterilip, Millipore) and further purified by reverse-phase high-performance liquid chromatography (HPLC) on a 21.2 × 250-mm Agilent 897250–106 Zorbax StableBond 300 C8 PrepHT cartridge with 7-μm beads at 80 °C equilibrated in buffer RA (0.1% trifluoroacetic acid (TFA), water) and eluted over a linear gradient from 15 to 50% buffer RB (acetonitrile, 0.1% TFA) in 59 min at a flow rate of 10 ml/min. Absorbances at 220 and 280 nm were recorded using a Waters 2487 dual A absorbance detector. Peak fractions containing peptide were assessed for purity by MALDI-TOF mass spectrometry (Voyager-DE-STR, Applied Biosystems, Carlsbad, CA). Pooled fractions were frozen in liquid nitrogen and lyophilized. Dried peptide powders were stored in desiccant jars at −20 °C.

**Cry stalization**

24VGSNKGAIIGL34 (Aβ(24–34) WT) was dissolved at 7.5 mg/ml in 25 mM citric acid, pH 4.0, 5% DMSO. Microcrystals were grown in batch at 37 °C with shaking. Crystals grew within 2 days to a maximum of 1 week.
MicroED data collection

The procedures for microED data collection and processing largely followed published procedures (36, 54). Briefly, a 2–3-μl drop of crystals in suspension was deposited onto a Quantifoil holey-carbon EM grid, then blotted, and vitrified by plunging into liquid ethane using a Vitrobot Mark IV (FEI, Hillsboro, OR). Blotting times and forces were optimized to keep a desired concentration of crystals on the grid and to avoid damaging the crystals. Frozen grids were then either immediately transferred to liquid nitrogen for storage or placed into a Gatan 626 cryo-

Figure 6. Cross-amyloid efficacy of inhibitors developed with structure-based design against hIAPP(19–29) S20G. A, peptide inhibitors p14 and p15 reduce fibril formation of full-length hIAPP, whereas negative control peptides p16 and p17 do not. 10 μM hIAPP was incubated with a 1:1 or 1:10 molar ratio of each inhibitor under quiescent conditions. Fibril formation was monitored using ThT fluorescence. Lines show the average of three technical replicates. B, negative-stain TEM analysis confirms the results of the ThT assays in A. 45 h into the ThT assay, the experiment was paused, and samples were extracted for TEM analysis. After samples were extracted, the assay was resumed for 3 more days. C, peptide inhibitors reduce cytotoxicity of full-length hIAPP. 10 μM hIAPP was incubated alone or with the designated concentration of peptide inhibitor overnight under quiescent conditions and then diluted 1:10 with preplated Rin5F cells, a rat pancreatic β-cell line. Cytotoxicity was quantified using MTT dye reduction. Bars show median with individual technical replicates (n = 3–9; ns, not significant; ****, p < 0.0001 using an ordinary one-way ANOVA relative to the leftmost column). D, peptide inhibitors reduce the cytotoxicity of Aβ(1–42), whereas negative control peptides do not. 10 μM Aβ(1–42) was incubated alone or with 1:1 or 1:10 molar ratio of each peptide for 6 h and then diluted 1:10 with preplated N2a cells. Cytotoxicity was quantified using MTT dye reduction. Bars represent median with individual technical replicates (n = 3–9; ns, not significant; ****, p < 0.0001 using an ordinary one-way ANOVA relative to the leftmost column). E, peptide inhibitors reduce the formation of Aβ(1–42) assemblies recognized by conformational monoclonal antibodies, whereas negative control peptides do not. 10 μM Aβ(1–42) was incubated alone (leftmost column) or with a 10-fold molar excess of each peptide-based inhibitor. Aliquots of the reaction were tested for antibody binding at 6 and 24 h. Binding to 4G8, a monoclonal antibody specific for residues 17–24 in the linearized Aβ sequence, was used to confirm equal loading of sample onto membranes. Membranes were spliced as indicated for clarity. F, peptide inhibitors do not reduce Aβ(1–42) fibril formation as assessed with ThT fluorescence. AU, absorbance units.
holder for imaging. Images and diffraction patterns were collected from crystals using FEI Tecnai 20 TEM with field emission gun operating at 200 kV and fitted with a bottom mount Tietz Video and Image Processing Systems TemCam-F416 complementary metal oxide semiconductor–based camera. Diffraction patterns were recorded by operating the detector in a video mode using electronic rolling shutter with 2/110132 pixel binning (38). Exposure times for these images were either 2 or 3 s/frame. During each exposure, crystals were continuously unidirectionally rotated within the electron beam at a fixed rate of 0.3°/s, corresponding to a fixed angular wedge of 0.6 or 0.9°/frame.

Crystals that appeared visually undistorted produced the best diffraction. Data sets from individual crystals were merged to improve completeness and redundancy. Each crystal data set spanned a wedge of reciprocal space ranging from 40 to 80°. We used a selected area aperture with an illuminating spot size of ~1 μm. The geometry detailed above equates to an electron dose rate of less than 0.01 e−/Å²/s deposited onto our crystals.

Figure 7. Other peptide inhibitors developed against hIAPP(19–29) S20G reduce cytotoxicity. A and B, 10 μM hIAPP was incubated alone or with a 1:1 or 1:10 molar ratio of peptide inhibitor overnight under quiescent conditions and then diluted 1:10 with preplated Rin5F cells, a rat pancreatic β-cell line. Cytotoxicity was quantified using MTT dye reduction. Bars show mean with one standard deviation (n = 3–9; ns, not significant; *, p < 0.05; **, p < 0.01; ***, p < 0.001; ****, p < 0.0001 using an ordinary one-way ANOVA relative to the leftmost column). C and D, 10 μM Aβ(1–42) was incubated alone or with a 1:1 or 1:10 molar ratio of each peptide for 6 h and then diluted 1:10 with preplated N2a cells. Cytotoxicity was quantified using MTT dye reduction. Bars represent median with individual technical replicates (n = 3–9; ns, not significant; *, p < 0.05; **, p < 0.01; ***, p < 0.001; ****, p < 0.0001 using an ordinary one-way ANOVA relative to the leftmost column). E, summary of peptide inhibitors and efficacies on reduction of cytotoxicity described in this study.

Structure determination

We determined the structure of Aβ(24–34) WT using molecular replacement. An idealized 10-residue peptide strand...
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Figure 8. Model of an Aβ(24–34) WT and hIAPP(19–29) S20G heteroassembly, which may explain how full-length Aβ and hIAPP cross-seed. The interface of the heteroassembly model is highlighted with transparent spheres representing van der Waals radii. The model was generated from the backbone of Interface B of the hIAPP(19–29) S20G atomic structure using Rosetta. Its Rosetta energy and shape complementarity scores are shown to its right. These scores are comparable with the Interface B homoassemblies (Aβ(24–34) WT: −19.4 Rosetta energy units (REU); Sc, 0.85; hIAPP(19–29) S20G: −35.09 Rosetta energy units; Sc, 0.72). Our results with the peptide inhibitors suggest that Interface A may be important for cytotoxicity.

with the sequence GAAGAIIGA led us to our atomic model. The solution was identified using Phaser (56). Subsequent rounds of model building and refinement were carried out using Coot and Phenix, respectively (57, 58). Electron scattering factors were used for refinement. Some reflections extended to 1.42-Å resolution. Although the outer shell was incomplete (48% complete), we retained this data as being potentially helpful in the refinement. Statistics are reported to 1.5-Å resolution where completeness reaches 75% (59). Calculations of the buried area and shape complementarity were performed with AREAIMOL and Sc, respectively, from the CCP4 suite of crystallographic programs (60). The solubility of each peptide was evaluated by hydropathy index (66), and its aggregation propensity was calculated by self-stacking score. The designed peptides were selected based on calculated binding energy of top or bottom binding mode, shape complementarity, and peptide solubility. Each structural model of selected peptides went through human inspection using PyMOL where those peptides with sequence redundancy and fewer binding interactions were omitted. Finally, selected peptides were synthesized and tested experimentally.

Testing of candidate inhibitors with design target

To test whether the candidate inhibitors prevent fibril formation of the design target, hIAPP(19–29) S20G, we dissolved the lyophilized hIAPP(19–29) S20G peptide at 1 mM in PBS and 1% DMSO or in an equimolar solution of candidate inhibitor in PBS and 1% DMSO. Samples were incubated for 6–15 h at room temperature under quiescent conditions. Fibril abundance was checked using electron microscopy. Next, the samples were applied to preplated HEK293 cells for 24 h, and then cell viability was measured using MTT dye reduction.

Transmission electron microscopy

Samples were spotted onto non-holey grids and left for 160–180 s. Remaining liquid was wicked off and then left to dry before analyzing. Samples for negative-stain TEM were treated with 2% uranyl acetate after the sample was wicked off the grid. After 1 min, the uranyl acetate was wicked off. The grids were analyzed using a T12 electron microscope (FEI). Images were collected at 3,200× or 15,000× magnification and recorded using a Gatan 2,000× 2,000 charge-coupled device camera.

ThT kinetic assays

ThT assays with hIAPP were performed in black 384-well plates (Nunc, Rochester, NY) sealed with UV optical tape. hIAPP(1–37)-NH₂ and mIAPP(1–37)-NH₂ were prepared as

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described. The total reaction volume was 50 µl/well. ThT fluorescence was recorded with excitation and emission of 444 and 482 nm, respectively, using a Varianok Flash (Thermo Fisher Scientific, Grand Island, NY). Experiments were performed at 25 °C without shaking in triplicate, and readings were recorded every 5 min.

For the seeding assays in Fig. 4, 1 mM hIAPP(1–37)-NH₂ in 100% DMSO was diluted 1:100 in 0.1 M NaOAc, pH 6.5, containing 10% monomer-equivalent seed and 10 µM ThT. Seeds of Aβ, Aβ(24–34) WT, and hIAPP(19–29) S20G were sonicated for 5 min prior to addition; seeds of hIAPP were not sonicated.

For the inhibition assays in Fig. 6, 1 mM hIAPP(1–37)-NH₂ in 100% DMSO was diluted 1:100 in PBS buffer containing 10 µM ThT. Stocks of each inhibitor were diluted 1:100 in the same manner.

ThT assays with Aβ were performed as above with the following exceptions. Experiments were performed in black 96-well plates (Nunc) sealed with UV optical tape. The total reaction volume was 180 µl/well. Experiments were performed at 37 °C without shaking in triplicate, and readings were recorded every 5 min.

For seeding experiments, 1 mM Aβ in 100% DMSO was diluted 1:100 in PBS containing 10% monomer-equivalent seed and 10 µM ThT. Seeds of Aβ, Aβ(24–34) WT, and hIAPP(19–29) S20G were sonicated for 5 min prior to addition; seeds of hIAPP were not sonicated.

For inhibition experiments, 1 mM Aβ in 100% DMSO was diluted 1:100 in PBS containing 25 µM ThT. Stocks of each inhibitor were diluted 1:100 in the same manner.

**Cell culture**

HEK293 cells were a gift from Carol Eng in the laboratory of Arnold J. Berk at UCLA. Cells were cultured in DMEM (catalog number 11965-092, Life Technologies) plus 10% heat-inactivated fetal bovine serum and 1% penicillin-streptomycin (Life Technologies). Cells were cultured at 37 °C in a 5% CO₂ incubator.

Rin5F cells were purchased from ATCC (catalog number CRL-2058; Manassas, VA). Cells were cultured in RPMI 1640 medium (catalog number 30-2001, ATCC) plus 10% heat-inactivated fetal bovine serum. Cells were cultured at 37 °C in a 5% CO₂ incubator.

N2a cells were a gift from Pop Wongpalee in the laboratory of Douglas Black at UCLA. Cells were cultured in minimum Eagle’s medium (catalog number 11095-080, Life Technologies) plus 10% heat-inactivated fetal bovine serum and 1% penicillin-streptomycin. Cells were cultured at 37 °C in a 5% CO₂ incubator.

**MTT dye reduction assay for cell viability**

HEK293 cells, Rin5F cells, and N2a cells were plated at 10,000, 27,000, and 15,000 cells/well in 90 µl, respectively, in clear 96-well plates (catalog number 3596, Costar, Tewksbury, MA). Cells were allowed to adhere to the plate for 20–24 h. For cell assays with Aβ(24–34) WT, fibrillar samples were incubated for at least 4 days, and soluble samples were freshly dissolved and then applied to N2a cells. For cell assays with the design target, hIAPP(19–29) S20G, samples were incubated with or without inhibitors for 6–15 h and then applied to HEK293 cells. For cell assays with full-length hIAPP, samples were incubated with or without inhibitors for 15 h to 1 week and then applied to Rin5F cells. For cell assays with Aβ(1–42), samples were incubated with or without inhibitors for 6 h at 37 °C and then applied to N2a cells. 10 µl of sample was added to cells. By doing this, samples were diluted 1:10 from in vitro stocks. Experiments were done in triplicate.

After a 24-h incubation, 20 µl of MTT dye (Sigma) was added to each well and incubated for 3.5 h at 37 °C under sterile conditions. The MTT dye stock was 5 mg/ml in Dulbecco’s PBS. Next, the plate was removed from the incubator, and the MTT assay was stopped by carefully aspirating off the culture medium and adding 100 µl of 100% DMSO to each well. Absorbance was measured at 570 nm using a SpectraMax M5. A background reading was recorded at 700 nm and subsequently subtracted from the 570 nm value. Cells treated with vehicle alone (PBS + 0.1% DMSO) were designated at 100% viable, and cell viability of all other treatments was calculated accordingly.

We determined the appropriate statistical test for significance by assessing whether 1) the sample sets had a Gaussian distribution using a D’Agostino-Pearson omnibus normality test and 2) the sample sets had equal variance using a Bartlett’s test or F test. For samples with Gaussian distributions and equal variances, we used an unpaired t test with equal standard deviations. For samples with Gaussian distributions but unequal variances, we used an unpaired t test with Welch’s correction. For samples with non-Gaussian distributions and unequal variances, we used a Mann-Whitney U test.

**Detection of caspase-3/7**

N2a cells were plated at 7,200 cells/well in black-walled 96-well plates (catalog number 3603, Costar) and treated as described in the previous section. After a 24-h treatment, cell medium was aspirated, and then 100 µl of 2 µM Nexcelom ViaStain Live Caspase 3/7 in PBS (catalog number CSK-V0003-1, Nexcelom Bioscience LLC, Lawrence, MA) was added to each well. The stain was incubated with cells at 37 °C for 30 min, and then the cells were imaged using a Celigo Image Cytometer (Nexcelom Bioscience) and a Zeiss fluorescence microscope. Cells treated with 2 µM staurosporine were used as a positive control for caspase activation.

**Heteroassembly model**

Energies and structures for the heteroassembly models were calculated using the 3D profile method (67). Using Rosetta, the sequences of Aβ(24–34) WT and hIAPP(19–29) S20G were “threaded” onto three template backbone structures: the Aβ(24–34) WT backbone, the hIAPP(19–29) S20G fiber backbone, and an idealized β-sheet fiber backbone. The distance between the β-sheets of each of these threaded structures was varied by 10 Å in increments of 0.25 Å, and the shift along the strand axis was 20 Å, also by 0.25-Å increments. Each of the structures was scored by Rosetta energy, buried surface area, and shape complementarity (68).
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Dot blot assay

Aβ(1–42) samples were incubated at 10 μM with or without inhibitors for 6 and 24 h at 37 °C and spotted onto a nitrocellulose membrane (catalog number 162-0146, Bio-Rad). 20 μl was loaded for each condition; 2 μl was spotted at a time and allowed to dry between applications. The membranes were blotted as described previously (35) with the exception of the primary antibodies used. The antibodies used in the assay were generated and characterized previously (50).

Author contributions—P. K. and S. L. G. conceived and designed the study, interpreted results, and cowrote the manuscript. S. L. G. crystallized, solved, and analyzed the Aβ(24–34) WT; purified Aβ(1–42); performed the Aβ and α-synuclein aggregation assays; and prepared Aβ samples for toxicity and dot blot assays. P. K. designed and screened inhibitors, performed structural alignments, cultured cells, executed and analyzed toxicity experiments, and performed hIAPP aggregation assays. M. R. S. performed structural alignments, helped solve and analyze the Aβ(24–34) WT structure, and revised the manuscript. D. C. helped solve and analyze the Aβ(24–34) WT structure. L. J. designed inhibitors for hIAPP(19–29) S20G. K. M. generated and characterized previously (50). D. S. acquired and analyzed microED diffraction data. L. S. and J. L. performed and analyzed the TTR aggregation assay. P. S. performed and analyzed the tau aggregation assay. S. P. and C. G. G. generated essential material for experiments and performed and analyzed the dot blot assay. D. S. E. conceived the idea for the project, secured funding, reviewed results, and revised the manuscript. All authors reviewed the results and approved the final version of the manuscript.

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