Anti-hyperalgesic effects of photobiomodulation therapy (904 nm) on streptozotocin-induced diabetic neuropathy imply MAPK pathway and calcium dynamics modulation

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Several recent studies have established the efficacy of photobiomodulation therapy (PBMT) in painful clinical conditions. Diabetic neuropathy (DN) can be related to activating mitogen-activated protein kinases (MAPK), such as p38, in the peripheral nerve. MAPK pathway is activated in response to extracellular stimuli, including interleukins TNF-α and IL-1β. We verified the pain relief potential of PBMT in streptozotocin (STZ)-induced diabetic neuropathic rats and its influence on the MAPK pathway regulation and calcium (Ca²⁺) dynamics. We then observed that PBMT applied to the L4-L5 dorsal root ganglion (DRG) region reduced the intensity of hyperalgesia, decreased TNF-α and IL-1β levels, and p38-MAPK mRNA expression in DRG of diabetic neuropathic rats. DN induced the activation of phosphorylated p38 (p-38) MAPK co-localized with TRPV1+ neurons; PBMT partially prevented p-38 activation. DN was related to an increase of p38-MAPK expression due to proinflammatory interleukins, and the PBMT (904 nm) treatment counteracted this condition. Also, the sensitization of DRG neurons by the hyperglycemic condition demonstrated during the Ca²⁺ dynamics was reduced by PBMT, contributing to its anti-hyperalgesic effects.

Diabetes can damage the peripheral nervous system (PNS) in various ways, and diabetic neuropathy (DN) is one of the most common complications of untreated diabetes. DN is a chronic complex disorder that affects the peripheral nerves, causing a painful condition involving superior and inferior limbs with an incidence rate of about 70% of diabetic patients. The mechanism by which hyperglycemia leads to peripheral nerve injury is not very clear, but it is known that several metabolic pathways are affected. The main events involve the polyol pathway, through the aldose reductase (AR) activation, the protein glycosylation, and the advanced glycation end-products (AGEs) production. In addition, the formation of free radicals linked to oxidative stress, the reduced neurotrophic support, and the increased protein kinase C activation contribute to the peripheral damage. As a result of the metabolic imbalance, mitochondrial failure and inflammatory processes are also frequent and related to the phosphorylation of mitogen-activated protein kinases (MAPKs).

MAPK is a family of serine/threonine protein kinases responsible for transducing extracellular stimuli into intracellular posttranslational and transcriptional responses. It comprises p38-MAPK, extracellular signal-regulated protein kinase (ERK1/2), and c-Jun N-terminal kinase/stress-activated protein kinase (SAPK/JNK). The three main subfamilies of MAPK (p38, ERK1/2, and JNK) coordinate several functions: gene transcription, protein synthesis, cell cycle, proliferation, differentiation, and apoptosis. Extracellular stimuli, such as pro-inflammatory cytokines and oxidative stress, can activate the MAPK pathway, also under influence of...
Calmodulin dynamics. Membrane depolarization can promote calcium influx through L-type calcium channels and activates MEK1, which phosphorylates MAPK. Hyperglycemia seems to be one of the factors which could stimulate the MAPKs phosphorylation, once the activation of p38 has been seen in peripheral sensory neurons of diabetic rats, specifically in the dorsal root ganglia (DRG). Similarly, the phosphorylation of JNK leads to apoptosis of hyperglycemia-stressed neurons via activation of caspase-3,47–49. Furthermore, MAPK signaling stimulates the transient receptor potential vanilloid subtype 1 (TRPV1) expression in chronic pain, a highly Ca²⁺-permeable channel. This implicates several diabetes complications, including thermal hyperalgesia.

Owing to the complexity of the metabolic alterations observed in DN, there are several pharmacological targets for treating the painful condition, but with low efficacy. Most patients refer to some relief of the symptoms, but it regresses over time, even before treatment ends. Characterized as a nonthermal process, photobiomodulation therapy (PBMT) involves the activation of specific cellular chromophores, such as cytochrome c oxidase (CCO; mitochondrial complex IV) with red and infrared irradiation. This process is triggered by photophysical and photochemical reactions inside the cells when the light crosses the cell membrane, causing the modulation of specific pathways related to cellular survival, such as the increase in adenosine triphosphate (ATP), oxygen production, and nitric oxide (NO) release. As a result, photobiomodulation can be used as a therapy to treat some painful conditions including DN, at least complementary, as observed in a previous study conducted by our group.

Based on that, this study aimed to analyze the anti-hyperalgesic effects of PBMT (904 nm) on streptozotocin (STZ)-induced diabetic neuropathy, considering the role of the MAPK pathway in the course of the disease and as a target for the PBMT mechanism.

Results and discussion

PBMT did not alter the metabolic parameters linked to STZ-induced type-1 diabetes (T1D) since its clinical signals (hyperglycemia, weight loss, polyuria, polydipsia, and polyphagia) in the STZ-PBMT group remain unaltered. T1D induction protocol through low doses of STZ (five low doses, a single dose of 25 mg/kg per day) was suitable for the installation of irreversible hyperglycemia. All rats submitted to STZ injections (STZ and STZ + PBMT groups) became hyperglycemic (>250 mg/dL of blood glucose concentration; 349.07 ± 48.23 mg/dL) after five STZ-low doses, reaching the threshold for hyperglycemia between the fourth and fifth days. Hyperglycemic rats also presented polyuria, polyphagia, and polydipsia (data not shown). They stopped gaining weight, with a slight weight loss (in grams) throughout the experimental period. The systemic administration of sodium citrate buffer (SCB), the STZ vehicle, did not alter the glycemia or the weight gain compared with control naive rats.

STZ is a diabetogenic antibiotic known for its selective capacity to kill the pancreatic beta cells (β-cells), commonly used for the T1D model in rats. STZ is taken up by the β-cells glucose transporter GLUT2 and triggers immune mechanisms. STZ restricts GLUT2 expression in vivo and in vitro when administered through multiple low-doses protocols, which is a method that aims to produce fewer STZ side effects, such as neurotoxicity. In general, rats submitted to STZ injections show deficits in insulin production, leading to hyperglycemia and, consequently, polydipsia and polyuria. All those diabetes signals were observed in rats submitted to the low-doses STZ protocol (STZ and STZ + PBMT groups), thus characterizing a reproducible model of diabetes induction, as shown in previous studies from our group.

Diabetic rats, submitted or not to PBMT (STZ + PBMT and STZ groups, respectively), showed similar levels of hyperglycemia on days 21, 24, and 28 of the experimental protocol (454.94 ± 37.10 mg/dL). The same was observed regarding the rats’ weight once this parameter was only dependent on the diabetic condition and not on the PBMT. In like manner, PBMT did not cause any influence over healthy rats (control, non-diabetic and non-hyperalgesic; SCB + PBMT group), as shown in Fig. 1B. Our results corroborate with the study performed by Peplow and colleagues, in which PBMT (660 nm; 100 mW; 4.7–6.3 J/cm²; 20 s) applied for wound healing in diabetic patients does not change the hyperglycemia or the patients’ metabolic status.

PBMT reduced STZ-induced diabetic hyperalgesia. The data reproduced previous results obtained from our research group. On the 21st day (after the first PBMT session), there was no reduction in the mechanical hyperalgesia intensity (Δ withdrawal threshold, g). However, on the 24th and 28th days, a time-significant reduction (p < 0.01 and p < 0.001, respectively) was observed in the intensity of hyperalgesia in the STZ + PBMT group compared to the STZ group. Nonetheless, when PBMT was applied to control rats (SCB + PBMT group), there was no change in the mechanical withdrawal thresholds in a similar condition observed in SCB (vehicle) and Naïve groups, as shown in Fig. 1D,E (the latest in detail for the PBMT period).

PBMT has long been used for the clinical treatment of neuropathic pain with satisfactory results, but its analgesic mechanisms are not entirely understood. The inhibition of the neuronal hyperactivity by the infrared light seems to be one of the ways that PBMT acts directly over the neurons and, consequently, over the pain outcomes. It has been suggested a neuromodulation effect because patients with back pain submitted to PBMT (808 nm; 100 mW; 8.4 J; 84 s; a single session) on L4-L5 levels present a significant pain relief. This modulatory effect could be the key to regulating the neuronal activity affected by hyperglycemia avoiding painful sensibility.

Motor function dysfunction related to DN and detected by the CatWalk system was amended by PBMT, likely due to PBMT’s anti-hyperalgesic property. Our analysis was based on a previous study identifying dynamic motor function alterations related to STZ-induced DN. As shown in Fig. 2A,B, PBMT was able to improve the Maximum Contact Area (cm²) and the Print Area (cm²) of the rats’ hind paws after 4 (24th day) and 8 (28th day) PBMT sessions. Likely, these data suggest an analgesia amelioration ought to improve nerve conduction. Statistical differences were observed between STZ + PBMT and STZ groups in such periods. No difference, however, was observed for the Stride Length (cm) parameter (Fig. 2C), except between...
both neuropathic groups (STZ and STZ + PBMT) vs. control groups (Naïve, SCB, and SCB + PBMT). Areas of the digits and plantar pad (glabrous) appeared well delimited in the footprints of the right hind paw (RH) from rats of the STZ + PBMT group on days 24th and 28th (Fig. 2D: e), which were similar to the observed in Naïve and SCB groups (Fig. 2D: a, b, d), thus differing from the STZ group (Fig. 2D: c). The latest showed a reduction in the contact area with a low resolution of the footprints on the 28th day.

According to Zochodne et al.81, non-controlled diabetes leads to damage of sensory neurons before the involvement of the motor ones. DN is associated with postural changes in this process, involving the alteration of foot positioning during gait82 and alterations in pressure applied throughout the stand phase83,84. Our group demonstrated that Maximum Intensity (a. u.) was the main altered parameter on the 14th day after starting STZ injections74, which agrees with previous results by other groups84. Diabetic animals, which presented a decrease in the mechanical threshold on the 14th day, applied less pressure during the paws’ contact with the glass floor of the CatWalk XT system. These findings follow the pattern of sensory changes in DN, also known as “stocking-and-glove,” which occurs as a sensory disorder of the extremities of limbs, compromising functionality2,85.
Few studies evaluated the influence of PBMT on motor parameters in animal models, primarily when the CatWalk XT system was used. Snake venom-induced local myonecrosis provokes a semi-inflected posture of the affected hind limb 3 h after the venom injection. However, PBMT applied at the same period using the GaAs laser (904 nm; 4 J/cm²) returns the Maximum Intensity, Stand, and Balance to values similar to control60. Although hyperglycemic rats did not present a hind limb semi-flexion, they applied less pressure (represented by less intensity and smaller paw contact area) during gait. Therefore, PBMT could normalize, at least in part, the altered gait of hyperglycemic rats as a consequence of an anti-hyperalgesic effect promoted by this therapy. Altogether, it is plausible to suggest that diabetes-derived neuropathic pain likely results from impairment in sensory and motor neurons.

PBMT reduced the levels of cytokines in DRG. To further investigate whether the anti-hyperalgesic effect of PBMT could be associated with reducing of cytokines in DRG, we analyzed the concentrations of TNF-α, IL-1β, IL-6, CINC-1, and IL-10 by ELISA immunoassay. As shown in Fig. 3B,E, the hyperglycemia increased the level of IL-1β and IL-10, respectively, while did not affect TNF-α, IL-6, and CINC-1 (panels A, C, and D, respectively). However, the PBMT decreased all analyzed cytokines independently of the hyperglycemia (Fig. 3). Agreeing with our findings, hyperglycemia especially increases the level of the pro-inflammatory cytokine IL-1β and the anti-inflammatory cytokine IL-10 in DRG68. Also, the levels of TNF-α, IL-6, and CINC-1 were not affected by the hyperglycemia, suggesting any inflammatory background pure in DN. Nevertheless, this study did not analyze other inflammatory parameters, such as polymorphonuclear cell migration. However, data from this study demonstrated that PBMT decreased the level of cytokines in DRG, including the ones increased by hyperglycemia.

Although the pathophysiology of neuropathic pain depends on each type of neuropathy, the use of PBMT could be associated with reducing of cytokines in DRG, we analyzed the concentrations of TNF-α, IL-1β, IL-6, CINC-1, and IL-10 by ELISA immunoassay. As shown in Fig. 3B,E, the hyperglycemia increased the level of IL-1β and IL-10, respectively, while did not affect TNF-α, IL-6, and CINC-1 (panels A, C, and D, respectively). However, the PBMT decreased all analyzed cytokines independently of the hyperglycemia (Fig. 3). Agreeing with our findings, hyperglycemia especially increases the level of the pro-inflammatory cytokine IL-1β and the anti-inflammatory cytokine IL-10 in DRG68. Also, the levels of TNF-α, IL-6, and CINC-1 were not affected by the hyperglycemia, suggesting any inflammatory background pure in DN. Nevertheless, this study did not analyze other inflammatory parameters, such as polymorphonuclear cell migration. However, data from this study demonstrated that PBMT decreased the level of cytokines in DRG, including the ones increased by hyperglycemia.

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Inflammatory cytokines can activate diverse cell membrane receptors, thus transmitting environmental signals, and in several cell lines, activation of G-protein-coupled-receptors (GPCRs) and receptor tyrosine kinases (RTKs) activate MAPKs. MAPK cascades signaling are evolutionarily conserved pathways related to intracellular signal transduction in response to various extracellular stimuli. MAPK controls many cellular processes, such as growth, proliferation, differentiation, motility, stress response, survival, and apoptosis. All three groups of MAPK (p38; ERK1/2; JNK) can be activated by osmotic perturbations derived from glucose, polyol pathway, oxidative stress, and advanced glycation end products (AGE). These events are highly involved in the etiology of DN.

**PBMT reverses the STZ-increased p38 MAPK gene- and protein expression.** To examine a possible interaction between the inflammation and MAPK pathway, we further assessed MAPKs gene- and protein expression in L4-L5 DRG, once these molecular targets are supposed to be altered in DN, due to a condition imposed by the uncontrolled diabetes. Before the real-time quantitative PCR experiments, primers for target (p38, ERK1/2, and JNK) and housekeeping genes (endogenous controls: Arfgef1 and Serpinb6) were tested for their efficacy by the standard curve construction. It was done through serial dilutions of naïve cDNA (1:4; 1:8; 1:16; 1:32; 1:64) and a fixed primer concentration (100 nM). High efficiency was observed for all tested primers.
including the endogenous controls (99.9; $r^2 0.98$) (data not shown). Then, the expression of target genes was normalized by the mean values of Ct (cycle threshold) from a pool of Arfgef1 and Serpinb6 gene expression.

In this study, we observed a significant increase in the expression of p38 mRNA in the STZ group compared to Naïve, SCB (vehicle) ($p < 0.01$), and SCB + PBMT groups ($p < 0.001$; unpaired Student t-test). In addition, p38 mRNA expression in the STZ group was significantly higher in comparison to the STZ + PBMT group ($p < 0.05$; unpaired Student t-test), as shown in Fig. 4A. Once PBMT does not modify glycemia, we conclude that this effect is associated with hyperalgesia, evident only in the STZ group. No differences in p38 mRNA were observed among the groups STZ + PBMT, SCB, and Naïve. Slight differences between the groups regarding ERK1/2 and JNK mRNA expression were not significant (Fig. 4B,C).

The immunofluorescence (IF) experiments also found a higher increase in the expression of activated MAPK, especially p-p38, in the STZ group (Fig. 5H,I). The fluorescence regarding p-38 phosphorylation in hyperalgesic rats was reduced by the application of PBMT in the DRG region, as shown in the STZ + PBMT group, in which there was a portion of p-38 activation but in a lower number of neurons in comparison to the STZ group (Fig. 5K,L). For both STZ and STZ + PBMT groups, the activation of p38 was highly concentrated in the nuclei of the DRG afferent neurons, as shown by DAPI co-staining (Fig. 5I,L in detail). Besides the lower number of p-p38 positive neurons in the STZ + PBMT group, it was also possible to observe a higher intensity of fluorescence scattered in neurons cytoplasm with some vesicle-like conformations (Fig. 5K,L in detail). However, the meaning of this difference compared with the hyperalgesic non-PBMT rats (STZ group) is unclear.

Similarly to the gene expression results, low phosphorylation of ERK1/2 protein was detected. However, for both SCB + PBMT and STZ + PBMT groups (Fig. 6E,K, respectively), the levels of fluorescence-related p-ERK1/2 activation were even lower in comparison to SCB and STZ groups (Fig. 6B,H, respectively). An interesting observation regarding the STZ + PBMT group is the presence of p-ERK1/2 accrued in the vicinity of the plasma membrane, as shown in Fig. 6K,L (in detail).

In line with ERK1/2 phosphorylation, the application of PBMT in the DRG region decreases the p-JNK expression independently of hyperalgesia (SCB + PBMT and STZ + PBMT groups; Fig. 7E,K, respectively). Rats that did not submit to PBMT presented a basal expression of p-JNK, observed in a diffused way in the cytoplasm (SCB and STZ groups; Fig. 7B,H, respectively). It has been demonstrated that MAPK activation is associated with allodynia and hyperalgesia in different disease conditions. The most studied member of the MAPK family, p38-MAPK, is typically activated by extracellular stress and proinflammatory cytokines, with a prominent role in the inflammatory process once there is a significant reduction in inflammation after the systemic administration of p38 pharmacological inhibitor. Rats, by 8–12-weeks after STZ treatment, showed activation of p38, JNK, and ERK1/2 in L4-L5 DRG, although with delayed activation of JNK, relative to p38 and ERK1/2. It has been suggested that TNF-α and IL-1β play a key role in developing and maintaining pain statuses after peripheral nerve injury. Once p38 regulates TNF-α and IL-1β biosynthesis in DRG, both reductions can culminate in anti-inflammatory effects with a positive reflex in analgesia. Therefore, our data showed that PBMT, a photophysical and photochemical effector of cell events, promotes a reduction in TNF-α and IL-1β associated with less activation (phosphorylation) of p38, which can help explain the analgesic effect of the therapy.
Although our data demonstrated a decrease, even slight, of MAPK activation by PBMT, the laser therapy (He–Ne; 632.8 nm; 4.5 mW; 3 s each 1.8 mm × 1.8 mm square) studied in tissue culture of skeletal muscle cells.

Figure 5. DRG histological micrographs of p-p38 MAPK by confocal microscopy. DRG transversal 14 µm-thick sections were submitted to IF protocol for staining endogenous p38 phosphorylation in Thr180 and Tyr182 (B,E,H,K). DAPI for nuclear staining is shown in (A,D,G,J). Merge (DAPI + p-p38) images are also shown in (C,F,I,L). In (H) and (K), white arrows point to the zoomed-in areas. Details are shown in the left corner of (H,I,K,L). Magnification: ×40; scale bars: 50 µm.
Figure 6. DRG histological micrographs of p-ERK1/2 MAPK by confocal microscopy. DRG transversal 14 µm-thick sections submitted to IF protocol for staining ERK1/2 phosphorylation in Thr202 and Tyr204 (p44/p42) (B,E,H,K). DAPI for nuclear staining is shown in (A,D,G,J). Images of merge (DAPI + p-ERK1/2) are also shown in (C,F,I,L). In (H) and (K), white arrows point to the zoomed-in areas. Details are shown in the left corner of (H,I,K,L). Magnification: ×40; scale bars: 50 µm.

demonstrated an increase of ERK1/2, and no effect over p38 and JNK expression. Also, laser irradiation (Er: YAG; 2.94 µm; fluence between 0.7 and 17.2 J/cm²) in osteoblast cell cultures demonstrated activation of ERK1/2
and no effect on p38 and JNK expression\(^9\). So, the effect of PBMT on the expression of MAPKs may depend on the tissue involved in this therapy.

Figure 7. DRG histological micrographs of p-JNK MAPK by confocal microscopy. DRG transversal sections were 14 \(\mu\)m in thickness and submitted to IF protocol for staining of endogenous p-JNK phosphorylation in Thr183 and Tyr185 (p46/p54) (B,E,H,K). DAPI for nuclear staining is shown in (A,D,G,J). Merge (DAPI + p-JNK) images were also shown in (C,F,I,L). In (B) and (H), arrows point to diffused staining in the cytoplasm. Magnification: \(\times40\); scale bars: 50 \(\mu\)m.
It has been suggested that p38 activation in the DRG is initiated by retrograde transport of nerve growth factor (NGF) release from peripheral tissue, when inflamed, for example. It increases the translation and the transport of TRPV1 (a polymodal receptor channel) to the peripheral nociceptor terminal, contributing to the maintenance of heat pain sensitivity. In addition, p-p38 was found mainly in small neurons of the DRG, suggesting a higher activation in type-C sensory fibers.

The p-p38 staining is co-localized to TRPV1 in DRG. Complementarily to the IF staining of p-p38 in DRG, it was further analyzed whether its expression was involved in a particular type of nerve fibers, i.e., type-C fibers (small DRG neurons; unmyelinated; TRPV1+). TRPV1+ fibers were detected in DRG sections of all experimental groups. They were classified as type-C, with higher intensity of fluorescence and occurrence in the STZ and STZ + PBMT groups (Fig. 8K,O, respectively). The co-staining of p-p38 and TRPV1+ fibers was widely distributed (Fig. 8L,P), with a prevalence of TRPV1+ signal (red) over p-p38 (green) in the STZ + PBMT group, as shown in Fig. 8P (in detail).

There is a correlation between TRPV1 and MAPK because the Ca2+ entry through TRPV1 leads to ATP release, P2Y2 purinergic receptor activation, and the transactivation of the epidermal growth factor receptor (EGFR). It has been described that the increase in [Ca2+], and the binding of ATP to P2Y2 upregulate the intracellular IP3 via phospholipase C (PLC). The upregulation of IP3 leads to the opening of store-operated channels (SOC), which causes Ca2+ release from the endoplasmic reticulum (ER). The previous TRPV1-mediated EGFR transactivation prompts Ras/Raf/MAPK signaling.

The cutaneous tissue is innervated by TRPV1+ nociceptive nerve endings, easily exposed to sunlight, and activated by ultraviolet (UV) light. UV light activates Ca2+ influx and non-selective cationic current in immortalized human keratinocytes (HaCaT cells). This activation was suppressed by capsazepine, a TRPV1 antagonist, thus showing an interaction between the light and TRPV1 channels. In this sense, Wang et al. showed that PBMT through a 980 nm laser device (3 J/cm2; continuous wave) induced a thermal effect and, consequently, TRPV1 activation in adipose-derived stem cells. Our data from DRG suggested that PBMT increases the expression of TRPV1 in diabetic hyperalgesic rats, although, as described below, the PBMT decreased the Ca2+ influx in the DRG neurons culture. However, further studies should be done to investigate better the involvement of TRPV1 in the anti-hyperalgesic effect of PBMT applied in the DRG region of hyperglycemic rats.

PBMT influenced Ca2+ dynamics in DRG-cultured neurons. The activation of the MAPK pathway and its modulation by PBMT seems to be related to the Ca2+ dynamics in the DRG neurons. The increase in the fluorescence intensity of FLUO-4 AM-stained DRG neurons was observed after the stimuli with 15 mM KCl and, especially, 50 mM KCl to all the groups (Fig. 9A). Remarkably, the increased fluorescence regarding the Δ[Ca2+]i after a 15 mM KCl stimulus was mainly observed in neurons previously maintained in the hyperglycemic medium (High-glucose group) (Fig. 9B,C). In contrast, DRG neurons kept in a hyperglycemic medium (55 mM glucose) and exposed to PBMT (High-glucose + PBMT group) showed a significant (p < 0.001) decrease in fluorescence intensity during the 15 mM KCl stimulus compared to the High-glucose group (Fig. 9B,C). During the 50 mM KCl stimulus, which was used as a control for the stimulus of Ca2+ influx in responsive neurons, the main difference (p < 0.05) was observed between the fluorescence intensity of the Low-glucose group compared to the Low-glucose + PBMT group (Fig. 9D,E). When the 50 mM KCl stimulus ceased, the fluorescence intensity decreased in both hyperglycemic groups, although it did not return to basal levels (Fig. 9D,E).

Beyond the fluorescence intensity (Δ[Ca2+]i), we also quantified the percentage (%) of 15 mM KCl-responsive cells about the total number of neurons responsive to 50 mM KCl (Fig. 9F). The % of neurons responsive to the 15 mM KCl stimulus was higher in the High-glucose group compared to the Low-glucose (p < 0.001) and the High-glucose + PBMT groups (p < 0.05). This data suggests that PBMT reduces the responsiveness of the DRG neurons increased by hyperglycemia. Thus, it is plausible to hypothesize that one of the possible analgesic mechanisms of PBMT in the DRG region is, at the same time, increasing the TRPV1 expression in DRG neurons via IL-1β-induced p38 MAPK and desensitizing the TRPV1+ neurons by decreasing Ca2+ influx.

Conclusion
PBMT might represent a novel therapeutic approach for treating diabetic neuropathic hyperalgesia, based on its beneficial photophysical and photochemical effects against the functional, molecular and cellular alterations observed in such disease, ruled by the MAPK pathway and calcium dynamics.

Materials and methods
Ethics statement and animals. All experiments were approved by the institutional Committee for Ethics in Animal Use (CEUA/UNICAMP, permit number 5337-1/2019) and followed the ARRIVE guidelines. The experiments were also performed according to the Brazilian National Council for Animal Experimentation Control (CONCEA) and the Brazilian College of Animal Experimentation (COBEA) guidelines. Male Lewis rats (LEW/HsdUnib, Harlan, USA, 1996), 4–8-week-old, weighing 200–250 g, provided by the University’s Multidisciplinary Center for Biological Research (CEMIB) were used. Rats were maintained in plastic cages with sawdust bedding (changed three times a week), in some four per cage, and received food (commercial chow for rodents)

SCB + PBMT (received five doses of the vehicle and were submitted to PBMT); STZ + PBMT (received five doses of the vehicle and were submitted to PBMT); STZ + PBMT (received five doses of STZ and were submitted to PBMT). All efforts were made to minimize the number of rats and their suffering.
T1D was induced through multiple low doses of streptozotocin (STZ). The T1D induction was performed according to previous studies performed by our group, consisting of a low dose of STZ (25 mg/kg) (N-[Methyl(2-nitrosoamino)carbonyl]-α-D-glucosamine; Sigma-Aldrich, St. Louis, MO, USA), diluted in the vehicle (0.1 M sodium citrate buffer, SCB [pH 4.5]) and injected intraperitoneally (i. p.) once a day, during five consecutive days (STZ and STZ + PBMT groups). The same volume of vehicle was injected daily in control animals (SCB and SCB + PBMT groups), ranging from 50 to 62.5 µL, according to rats’ weight. Blood glucose measurements from the tail vein were performed with an Accu-Chek® Sensor Comfort (Roche Diagnostics, Germany). The development of hyperglycemia and the rats’ weight were monitored on days 0, 7, 14, 21, 24, and 28 after starting the STZ or vehicle injections.

The electronic von Frey test. The hyperalgesia was measured through the mechanical withdrawal thresholds, determined by applying the electronic von Frey test (Insight, Ribeirão Preto, SP, Brazil). We used a polypropylene pipette tip adapted to a hand-held force transducer with crescent pressure in the plantar surface of the right and left rats’ hind paws. The equipment automatically transduces the pressure applied to the paw mid-plantar surface into gram-force (g) once the paw is withdrawn. Rats were randomly placed into individual plastic cages with a metal mesh floor, followed by 30 min of acclimatization before the test. Electronic von Frey tests

Figure 8. DRG histological micrographs of p-p38 MAPK and the co-staining of TRPV1 by confocal microscopy. DRG transversal sections were made in 14 µm thickness and submitted to IF protocol for staining endogenous p38 phosphorylation in Thr180 and Tyr182 (B,F,J,N) and TRPV1 (C,G,K,O). DAPI for nuclear staining is shown in (A,E,I,M). Merge (DAPI + p-p38 + TRPV1) images are also shown in (D,H,L,P). STZ + PBMT group showed moderate staining for p-p38 MAPK (N; white arrows) and increased staining for TRPV1 (O; white arrows). Details are shown in the left corner of (L) and (P). Magnification: ×40; scale bars: 50 µm.
Automatically recorded the paw prints as the animal crossed the pathway in a calibrated 20 × 10 cm length lane. GEViCAM Inc., Milpitas, CA, USA) equipped with a wide-angle lens (6.0 mm; DF6HA-1B, Fujinon Corp., Netherlands) consists of an illuminated walkway glass floor with a high-speed video camera (Gevicam GP-3360; CatWalk XT configurations were set up according to the parameters used by Vieira et al.74. For the current study the green LED plus a red-illuminated background creates a contrast in the glass floor according to animal steps.

Shaved skin at a single point between L4-L5 spine levels, bilaterally. PBMT parameters are described in Table 1.

48 h in 30% sucrose at 4°C. Individual DRG were embedded in Tissue-Tek® O.C.T. compound  (Sakura® Finetek, 4°C, 300 mL). Then, L4 and L5 DRG were collected and post-fixed in 4% PFA overnight at 4°C, followed by 4% paraformaldehyde (PFA, pH 7.4, 4°C, 300 mL). After exsanguination, rats were perfused with 4% paraformaldehyde (PFA, pH 7.4, 4°C, 300 mL). Then, L4 and L5 DRG were collected and post-fixed in 4% PFA overnight at 4°C, followed by 48 h in 30% sucrose at 4°C. Individual DRG were embedded in Tissue-Tek® O.C.T. compound (Sakura® Finetek, Spectrometer, BioTek Instruments Inc., Winooski, VT, USA).

Scientific™). Total DRG RNA was quantified using an ultra-low-volume spectrophotometer (Epoch Microplate manufacturer’s instructions. To the homogenate were added 0.2 mL of chloroform (Sigma-Aldrich ®), and after 3 min of resting at room temperature, it was centrifuged at 12,000 rpm for 15 min at 4°C. The aqueous phase was transferred to a new tube. Protein concentrations were measured through the Bradford assay.185

For MAPK gene expression through real-time RT-qPCR, DRG were fragmented and homogenized in TRIzol® (Invitrogen Life Technologies®, Carlsbad, CA, USA) (1 mL/mg) for isolating the total RNA, according to the manufacturer’s instructions. To the homogenate were added 0.2 mL of chloroform (Sigma-Aldrich®), and after 3 min of resting at room temperature, it was centrifuged at 12,000 rpm for 15 min at 4°C. The aqueous phase was transferred to a new tube, in which 0.5 mL of isopropanol was added. After a new centrifugation, the pellet was washed with 75% ethanol, and the total RNA was resuspended in UltraPure™ DEPC-treated water (Thermo Scientific®). Total DRG RNA was quantified using an ultra-low-volume spectrophotometer (Epoch Microplate Spectrometer, BioTek Instruments Inc., Winooski, VT, USA).

For DRG immunofluorescence (IF), rats were anesthetized with ketamine (85 mg/kg, i. p.) and xylazine (10 mg/kg, i. p.) and then exsanguinated via cardiac perfusion (through the ascending aorta) with saline solution (0.9% NaCl, 200 mL). After exsanguination, rats were perfused with 4% paraformaldehyde (PFA, pH 7.4, 4°C, 300 mL). Then, L4 and L5 DRG were collected and post-fixed in 4% PFA overnight at 4°C, followed by 48 h in 30% sucrose at 4°C. Individual DRG were embedded in Tissue-Tek® O.C.T. compound (Sakura® Finetek,
CA, USA), and 14 µm non-serial sections were made on a cryostat (Leica Biosystems, Wetzlar, Germany) using gelatinized slides.

**ELISA immunoassay for measuring the cytokines concentrations (IL-1β, TNF-α, IL-6, CINC-1 and IL-10).** For IL-1β, TNF-α, IL-6, and CINC-1 were used 96-well-plates through the DuoSet® ELISA kit (R&D Systems, Minneapolis, MN, USA), and the results were expressed in picograms per milliliter (pg/mL). For the IL-10, concentrations were measured through the RayBio® Rat IL-10 ELISA kit (#ELR-IL10) (RayBiotech, Peachtree Corners, GA, USA), and the results were expressed in picograms per milliliter per milligram (pg/mL/mg) of tissue. The manufacturer's instructions were followed for both ELISA kits. The absorbance was deter-
mined at 450 nm using an Asys UVM 340 microplate reader (Biochrom Ltd., Cambridge, UK), and the results were obtained by comparing the optical density to the standard-curve densities.

**Real-time quantitative RT-PCR for MAPK gene expression.** 500 ng of total RNA extracted from L4 and L5 DRG were subjected to cDNA synthesis (SuperScript™ VILO™ cDNA Synthesis Kit, Invitrogen Life Technologies™) according to the manufacturer’s protocol. Specific primers for p38, ERK1/2, JNK, Arfgef1, and Serpinb6 genes were designed with the "Pick Primers" tool, available on NCBI/Primer-blast (http://www.ncbi.nlm.nih.gov/tools/primer-blast) and synthesized commercially. The amplicons were set to less than 200 base pairs, and dimers, cross-dimers, and hairpins were eliminated during primers design (or were kept to a minimum). Primer sequences are described in Table 2. The annealing temperature was set at 60 °C and the GC (guanine-cytosine) content was 50–55%.

The 2−ΔΔCt method106 performed relative gene expression analysis to an internal control index. The reactions were carried out at the StepOne Plus Real-Time PCR (Applied Biosystems, Foster City, CA, USA) using SYBR Green as a fluorescent signal (Power SYBR™ Green PCR Master Mix, Applied Biosystems, USA) and 1:10 of the obtained cDNA from each sample.

**DRG immunofluorescence (IF) for detection of phosphorylated MAPKs.** DRG sections were incubated in 0.1 M glycine for 30 min, followed by a blockage with 2% bovine serum albumin (BSA) and permeabilization in 0.2% Triton X-100 for 1 h at room temperature. For anti-phospho-p44/42 MAPK (ERK 1/2) and anti-phospho-SAPK/JNK, an additional step was done before the 2% BSA blocking, consisting of methanol 100% permeabilization at −20 °C. Then, sections were incubated in 0.1 M PBS plus 0.1% Triton-100 and 1% BSA overnight in a humid atmosphere at 4 °C with the specific primary antibodies. The following antibodies were used: anti-phospho-p38 MAPK (Thr180/Tyr182) (D3F9) XP® Rabbit mAb (1:500); anti-phospho-p44/42 MAPK (ERK 1/2) (Thr202/Tyr204) (D13.14.4E) XP® Rabbit mAb (1:200); and anti-phospho-SAPK/JNK (Thr183/Tyr185) (G9) Mouse mAb (1:400), all from Cell Signaling Technology® (Danvers, MA, USA). After the incubation period, the sections were washed twice in the same incubation solution (without the antibodies) and then washed 5 times in 0.1 M PBS, 5 min each time. Sections were then incubated with the secondary antibodies (donkey anti-rabbit or anti-mouse Alexa 488, 1:1000, #A21206, Thermo Scientific™) diluted in the same primary antibody solution for 1 h at room temperature. After incubation, DRG sections were washed with 0.1 M PBS five times for 5 min.

Nuclei were stained with 4′,6-Diamidino-2-phenylindole dihydrochloride (DAPI, 0.25 µg/mL, D9542, Sigma-Aldrich®) diluted in 0.1 M PBS, for 10 min at room temperature and sections were coverslipped using Vectashield® (Vector Laboratories, Burlingame, CA, USA). Negative controls were prepared without incubation in primary antibodies to confirm non-specific binding. The slides were first examined in an epifluorescence inverted Leica DMi6000 B microscope coupled with a DFC360 FX camera and a Leica fluorescent light source CTR7000HS (Leica Microsystems). After the confirmation of positive fluorescence, the final images were obtained in a Zeiss Axio Observer Z1 LSM780-NLO (Carl Zeiss AG, Oberkochen, Germany) confocal laser-scanning microscope, with the aid of the EC Plan-Neofluar 20x/0.50 Dry and EC Plan-Neofluar 40x/1.30 Oil DIC objective lens.

### Table 1. PBMT parameters. GaAs = Gallium-Arsenide; nm = nanometers; mW = milliWatts; J = Joule; (″) = seconds; cm² = square centimeters; mW/cm² = milliWatts per square centimeter.

| Laser   | Wavelength | Power | Output | Irradiance |
|---------|------------|-------|--------|------------|
| GaAs   | 904 nm     | 70 mW | 0.001 cm² | 7000 mW/cm² |

### Table 2. 5′-3′ gene sequences. FW’ forward; RV reverse. a Target genes; b housekeeping.

| Gene | Sequence | GenBank |
|------|----------|---------|
| p38a | FW: GCCTGACATAATCCACAGGG | NM_031020.2 |
| RV: CCGGTATTCTGCTACATC | |
| ERK1/2a | FW: TGCTTTCTGACCTAGTCC | NM_133283.1 |
| RV: CGTTGATGAGGCATGGT | |
| JNKa | FW: TGCACTTCTGCCATCCCCATC | NM_053829.2 |
| RV: AGATAACACGGGGTGCCGCTA | |
| Arfgef1b | FW: CAACAGGTAAAGCTACGCGCA | NM_001277056.1 |
| RV: TCCTGTTCAAGTTGTTGTA | |
| Serpinb6b | FW: GAGCTTACGGTAGCTTGCTG | NM_199085.2 |
| RV: TCCATGATTAGTGAACTGCC | |
**DRG primary cell culture.** Primary cell culture of DRG neurons was performed according to the protocol described by Linhart et al. and modified by our research group as published by Manzo et al. and do Prado et al. Healthy male Lewis rats (LEW/HsdUnib, Harlan, USA) weighing about 200 g, 4 weeks old, were used. Rats were humanely euthanized under deep anesthesia (3% Isoflurane; Cristália) followed by decapitation. Sixteen to twenty thoracic and lumbar DRGs were collected and placed in Hank’s Balanced Salt Solution (HBSS, containing 10 mM of HEPES). Then, cells were dissociated by incubation with HBSS containing 0.28 U/mL of collagenase type II for 60 min at 37 °C followed by 6 min in 0.25 mg/mL trypsin. For inhibition of the trypsin action, cells were washed twice in DMEM supplemented with fetal bovine serum (FBS; 10%), 50 U/mL of penicillin, and 50 mg/mL of streptomycin. Mechanically-dissociated cells were plated on laminin and poly-L-lysine-coated coverslips and maintained at 37 °C and 5% CO₂. All cell culture supplies were purchased from Sigma-Aldrich except FBS, purchased from Vitrocell Embriolife (Campinas, SP, Brazil).

**Calcium imaging.** After completion of 24 h incubation under normoglycemic (5.5 mM of glucose) or hyperglycemic (55 mM of glucose) cell medium, sensory DRG neurons were exposed to PBMT with the same parameters described in Table 1 but with indirect contact through the “swiping motion”, where the laser probe output was kept in a distance of 1 cm far from the cell medium. Immediately after the irradiation, DRG-cultured neurons were incubated in HBSS containing 10 µM of FLUO-4, AM, and 1% PowerLoad (Thermo Scientific™) for 40 min, protected from the light at 37 °C and 5% CO₂. Coverslips were inserted into a perfusion chamber (Warner Instruments, Holliston, MA, USA) and placed on an inverted Leica DMi6000 B microscope coupled to a DFC360 FX camera and a Leica fluorescent light source CTR 7000 HS (480 nm excitation, 527/30 nm suppression filters) (Leica Microsystems). A computer-controlled valve system (Warner Instruments) was used for cell perfusion with different KCl molarities [5 mM (basal), 15 mM (partial), and 50 mM (maximum)], and the flow rate was set at 5 mL/min (complete change of chamber volume every 2 s). Images were taken at the rate of one image/s, and the values of fluorescence intensity (Δ[Ca²⁺]) were normalized by ΔF/F₀, where ΔF equals the final fluorescence (F) minus the basal fluorescence (F₀). Data were also presented as the % of 15 mM KCl-responsive cells about the total number of cells responsive to 50 mM KCl, in four distinct situations: (i) when cells were incubated in low-glucose; (ii) low-glucose plus PBMT; (iii) high-glucose or (iv) high-glucose plus PBMT.

**Statistical analysis.** For comparisons between groups and treatment time, we used Two-way ANOVA followed by Bonferroni posthoc test. One-way ANOVA made other comparisons between three or more groups, followed by Bonferroni posthoc test. For comparisons between only two groups, we used an unpaired Student t-test. p < 0.05 (*), p < 0.01 (**), and p < 0.001 (***) were considered statistically significant. All statistical tests were performed on the GraphPad Prism® software, versions 5 and 7. Numerical values were expressed as mean ± standard error of the mean (SEM).

**Data availability**
The data that support the findings of this study are available upon request from the corresponding author [CAP].

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Author contributions
W.F.V. and C.A.P. designed the study; W.F.V., K.F.M., S.F.M., J.B.P.L., G.G.S., and C.M.N. carried out the experiments; W.F.V., A.L.R.O., M.A.C.H., C.H.T., and C.A.P. drafted the manuscript. All authors critically reviewed the manuscript and approved it for submission.

Competing interests
The authors declare no competing interests.

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