Physicochemical characteristics, phenolic profile, and antioxidant capacity of Syrah tropical wines: effects of vineyard management practices

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Abstract

The present study evaluated the influence of training systems and rootstocks on the quality of Syrah tropical wines, produced at São Francisco Valley, Brazil. For this purpose, physicochemical characteristics, phenolic composition, and antioxidant activity were assessed in wines produced with grapes grown under divided trellis system (lyre) and espalier or vertical shoot position (VSP) training systems, grafted on IAC 572, IAC 766 and Paulsen 1103 rootstocks and harvested at two different periods. Harvest season had the strongest influence on wine quality, followed by the rootstock. Regardless of the training system and climatic variability between the harvests, the use of the IAC 766 rootstock led to wines with higher alcohol, anthocyanins contents and color intensity. The interaction between the espalier training system and the rootstock IAC 766 resulted in higher flavonol content, phenolic acids, and malvidin-3-O-glucoside, which was detected as the major phenolic as quantified by HPLC. This wine also presented significant levels of procyanidins A2 and B2, which showed a positive correlation with the antioxidant activity.

Keywords: São Francisco Valley; \textit{Vitis vinifera} L; Phenolic compounds; Antioxidant activity; Physicochemical composition.
1. Introduction

Wine consumption has long been related to a myriad of health-promoting effects, such as lower incidence of some types of cancer and cardiovascular ailments (Forester and Waterhouse, 2009). The impact of wine components on health continue to be assessed by many studies, and it seems to be associated with the presence of antioxidant substances, namely phenolic compounds (Cueva et al., 2016; Fernandes et al., 2017). Phenolics are plant secondary metabolites capable of mitigating oxidative stress mainly through free radical scavenging, reducing properties as well as metal chelation (Shahidi and Ambigaipalan, 2015).

Wine possesses a great variety of phenolic groups, namely phenolic acids and flavonoids, including anthocyanins and proanthocyanidins (de Oliveira et al., 2017). Additionally, phenolic-rich extracts from winemaking by-products have displayed in vitro inhibition of copper-induced human LDL-cholesterol oxidation, as well as prevention of peroxyl radical-induced DNA strand scission, which is believed to be related to their antioxidant capacity (de Camargo et al., 2014).

Grape cultivation practices play an important role in wine’s phenolic composition, and, consequently, the health-promoting benefits associated with these compounds (Sartor et al., 2017). The recently established wine production in São Francisco Valley, Brazil, has been gaining attention due to the product’s unique characteristics. The region is located in an area of a semiarid tropical climate, in the Brazilian Northeast (latitude of 8° South, longitude of 40° West, and altitude of 350 m). São Francisco Valley has an annual average temperature of 26 °C, insolation of 3,000 h/year, and maximum rainfall of 500 mm/year (Padilha et al., 2016). Due to the absence of low temperatures during the autumn and winter seasons and the availability of water for irrigation, year-round production can be carried out, with two annual harvests. Currently, the wine production in São Francisco Valley accounts for about 4 million liters per year, being majorly destined to sparkling wines manufacture (70%) (Pereira et al., 2016). Unlike other Brazilian wine regions, São Francisco Valley wines, which are classified as tropical wines, are mainly produced from Vitis vinifera L. grapes, being Syrah the main variety.

However, as grape production for winemaking in São Francisco is still recent, all the optimum agricultural practices for the grape varieties grown in this area have not been totally established thus far. In some cases, the grapes used for winemaking are cultivated using the same practices used to produce table grapes. Techniques applied to vines grown in temperate climate conditions have also been applied. However, neither approach is consistent with the correct cultivation practices for tropical winemaking grapes. The production of quality wines is directly related to the climatic conditions of the vineyard and the agronomic techniques adopted, including the choice of vine rootstock and training system. Some studies have highlighted the relevance of climatic conditions, geographic origin, and crop management practices for wine quality (Alañón et al., 2015; Cassino et al., 2017; Moreno et al., 2017).

A suitable training system favors microclimatic conditions, such as appropriate balance for the vegetative growth of grapevine, increased production, and maximized oenological potential of the grapes (Santos et al., 2006). However, the effect of grapevine grafting on wine composition remains controversial, since other variables such as cultivar and environment may affect the resulting performance (Nassur et al., 2017). Among the adopted management systems in traditional grape-producing areas, the vertical shoot position system is considered the most suitable for Vitis vinifera grapes (Miele and Mandelli, 2014). Vertical and oblique systems, such as espalier and lyre, promote bunches exposure and aeration between the lines, making the microclimate warmer and less humid, which favors grape maturation and reduces rot occurrence (Regina et al., 1998). In addition, the divided trellis system (e.g., lyra) almost doubles grape yield when compared to the VSP system (Carbonneau et al., 2007). Nevertheless, the rootstock influences the plant vegetative growth, yield, and grape quality (Li et al., 2019), with significant soil-climatic interference, responding differently according to the grafted canopy variety (Nassur et al., 2014).

With that being said, the study of more suitable techniques for the agronomic management of Syrah vines cultivated under semi-arid tropical climate conditions may play a role in improving the quality of red wine produced in São Francisco Valley, Brazil. Therefore, the objective of this study was to evaluate the effect of different rootstocks and training systems on the physicochemical parameters, phenolic composition, and antioxidant activity of Syrah red wines from the São Francisco Valley.

2. Material and methods

2.1. Chemicals

Phenolic standards ferulic, syringic, chlorogenic, caffeeic acids, and quercetin were obtained from Chem Service (WestChester, USA) and Sigma-Aldrich (St Louis, MO, USA), while the other standards were purchased from Extrasynthese (Genay, France). Orthophosphoric acid was obtained from Fluka (Switzerland), and HPLC grade acetonitrile was purchased from JT Baker (Phillipsburg, NJ, USA).

2.2. Grape cultivation

Grapes of the Syrah variety were harvested from ‘Bebedouro’ experimental field–Embrapa Semi-arid (09° 09’S, 40° 22’W, 365.5 m, Petrolina-PE, Brazil) in June 2014 (harvest I) and December 2014 (harvest II), corresponding to the 5th and 6th production cycles, respectively. The treatments in the field were arranged in subdivided plots, where two training systems represented the main treatments: divided trellis (lyre) and vertical shoot position (VSP), and the secondary treatments by three rootstocks (Paulsen 1103, IAC 572, and IAC 766). The experimental design was a randomized block with four replicates. During the crop year, the climatic conditions presented the following means and deviations: temperature (26.2 ± 0.9 °C), relative humidity (64.4 ± 5.5%), precipitation (549.8 ± 181.8 mm), solar brightness (7.5 ± 1.1 hours), solar radiation (442.3 ± 32.3 W m²), and air velocity (190.4 ± 27.2 km day⁻¹).

2.3. Vinemaking

After manual harvesting, 40 kg of grapes (four replicates of each treatment in the experimental area) were homogenized and experimentally vinified at the Embrapa Semi-Arid Oenology Laboratory, Petrolina-PE, Brazil. Vinification was carried out in duplicate based on the traditional method for young red wines (Peyraud, 1997). After destemming and crushing the grapes, the wort must was placed in 20 L glass bottles, capped with a glass airlock valve, and sulfided with the addition of potassium metabisulphite (100 mg kg⁻¹). The alcoholic fermentation was carried out in an air-conditioned room (25 ± 1 °C), followed by 7-day maceration after
addition of yeast *Saccharomyces cerevisiae* Maurivin PDM® (200 mg Kg\(^{-1}\)), ammonium phosphate activator Gesferm Plus® (200 mg Kg\(^{-1}\)), and Everum ThermP pectinolytic enzyme (0.008 mL Kg\(^{-1}\)). Then, spontaneous malolactic fermentation (18 ± 1 °C), cold tartaric stabilization (0 °C), and the addition of a stabilizer composed of Arabic gum and metatartaric acid–Stabigum® (400 mg L\(^{-1}\)) were performed. Before bottling, the free sulfur dioxide (SO\(_2\)) content of the wines was corrected to 50 mg L\(^{-1}\), and the wines were stored in an air-conditioned wine cellar at 18 ± 1 °C one month before the analyses were carried out.

### 2.4. Physicochemical analyses

The physicochemical parameters were determined following the OIV (2015) procedures. The pH of each sample was measured using a pH meter Tec-3MP (TECNAL, Piracicaba, SP, Brazil). After the simple distillation of the samples in SuperDee automatic distiller (Gibertini, Italy), the alcohol content and the dry extract content in Super Alconat electronic hydrostatic balance (Gibertini, Italy) were determined at 20 °C. The total acidity was quantified by titration of the samples with 0.1 N NaOH to pH 8.2. The volatile acidity was determined after the steam distillation of the samples in the SuperDee distiller and titration with 0.1 N NaOH. The free and total sulfur dioxide contents were determined by iodometry according to the Ripper method, which uses a 0.02 N iodine solution as titrant and starch as an indicator. The content of total reducing sugars was determined by the Lane-Eynon method, based on the procedures described by Ribéreau-Gayon et al. (2006).

### 2.5. Phenolic composition, color intensity, and antioxidant capacity

The total phenolic content (TPC) was determined by the Folin-Ciocalteu method (Singleton and Rossi, 1965). Absorbance reading was performed on a Genesys™ 10S UV-VIS spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA) and a standard curve was prepared using gallic acid. The concentration of total monomeric anthocyanins was determined spectrophotometrically by the method described by Lee et al. (2005). Monomeric anthocyanin contents were expressed as malvidin-3-O-glucoside equivalent (MGE). The color intensity (CI) was determined from the sum of the absorbance readings at 420 nm, 520 nm and 620 nm (Ough and Amerine, 1988), and the antioxidant capacity was evaluated by the DPPH method (2,2-diphenyl-1-picryl-hydrazyl) according to the procedure described by Brand-Williams et al. (1995), using Trolox (6-hydroxy-2,5,7,8-tetramethylchromate-2-carboxylic acid) to prepare the standard curve.

### 2.6. Identification and quantification of phenolic compounds

Phenolic compounds were identified and quantified by high-performance liquid chromatography (HPLC) using a Waters 2695 Alliance system (Milford, MA, USA) equipped with DAD-array and FD-fluorescence detectors working simultaneously using a validated method described elsewhere (Natividade et al., 2013).

### 2.7. Statistical analysis

The Statistical analysis was carried out using the SAS software (SAS® Institute Inc, Cary, NC, 2015). Results were submitted to ANOVA and means compared by Tukey’s test (p ≤ 0.05). Principal Component Analysis (PCA) and Pearson’s correlation analyses were also performed.

### 3. Results and discussion

#### 3.1. Physicochemical characteristics

The physicochemical characteristics of the wines are presented in Table 1. The pH value of the wines varied slightly between the evaluated harvests, from 3.77 to 3.96 for the harvest I (June) and from 3.70 to 3.90 for the harvest II (December). According to Jackson (2008), the ideal pH for red wines should be between 3.5 and 3.6. However, due to the intense solar radiation in the São Francisco Valley and the high levels of potassium in the soil, the red wines of this region usually have higher pHs, reaching values as high as 4.0. Padilha et al. (2016) evaluated commercial red wines and observed pH values between 3.60 and 4.09. The influence of the training system on pH was significant (p ≤ 0.05) only for samples from grapes grown under the IAC 766 rootstock from harvest II (lower pH value). Reduced pH in wines can be associated with higher color intensity and phenolic compounds concentration (Piccardo et al., 2019). Grape pulp usually ripens faster than skins, reducing pH and sugar content in the must and results in high pH and sugar concentrations in the must (Llaudy et al., 2008) and wine. The period of the year and the rootstock can influence ripening and quality attributes in wines.

The total titratable acidity (TTA) ranged from 5.20 to 6.55 g L\(^{-1}\) in wines from harvest I and 4.03 and 4.63 g L\(^{-1}\) in wines from harvest II (Table 1). Different TTA values between harvests could be due to the higher degree of grape maturation during the harvest II period. The Brazilian legislation (Brasil, 2010) establishes that the TTA content of red wines should be between 55 and 130 mEq L\(^{-1}\) (4.12 to 9.75 g L\(^{-1}\)) and, in general, the evaluated wines followed this specification, except for harvest II wines. For both harvests, the training system did not promote a significant difference in TTA. The Paulsen 1103 rootstock resulted in wines with the highest TTA, considering the ones produced from harvest I. The same was observed for rootstock IAC 572 in harvest II. TTA values reported by Andrade et al. (2008) in red wines from the São Francisco Valley ranged from 3.6 to 6.3 g L\(^{-1}\), similar to what was found in the present study, demonstrating that lower TTAs is a characteristic of wines produced in this location. According to Ordunã (2010), lower TTAs are correlated to higher pH in grapes, which is influenced by the potassium concentration. Higher temperatures, such as the ones recorded in the São Francisco Valley during fruit maturation, can significantly increase the potassium level in the fruit. Lima et al. (2015) also stated that the high temperatures and luminosity in this area could lead to an acidity decrease, with higher pH values.

The alcohol content of the wines ranged from 10.50 to 11.14% (v/v) for the harvest I and 12.11 to 13.40% (v/v) for the harvest II. The increased alcohol content in harvest II may be the result of a higher degree of grape maturation, which, consequently generates a higher content of total soluble solids, mostly sugars. Regardless of the training system, the IAC 766 rootstock resulted in wines with the highest alcoholic content for the harvest I, with no significant differences concerning the rootstock in harvest II for the majority of samples. Miele and Rizzon (2019) suggested that alcohol content is one of the variables most affected by the rootstocks system in Cabernet Sauvignon wines.

The dry extract concentration of the wines ranged from 24.70 g
Table 1. Physicochemical characteristics, total phenolic content, total monomeric anthocyanin content, and antioxidant activity of Syrah tropical wines from grapes with different training systems and rootstocks

| Parameter                          | Training systems | Rootstock^2 | June, 2014 (Harvest I) | December, 2014 (Harvest II) |
|-----------------------------------|-----------------|-------------|------------------------|-----------------------------|
|                                   |                 | Paulsen 1103 | IAC-766 | IAC-572 | Paulsen 1103 | IAC-766 | IAC-572 |
| pH                                | Lyre            | 3.77 A^c     | 3.93 A^a | 3.85 A^b | 3.83 A^a | 3.79 A^b | 3.80 A^a |
|                                   | VSP             | 3.79 A^b     | 3.96 A^a | 3.94 A^a | 3.83 A^a | 3.70 B^b | 3.90 A^a |
| Total acidity (g L^-1)             | Lyre            | 5.90 A^a     | 5.30 A^b | 5.55 A^b | 4.40 A^b | 4.40 A^b | 4.63 A^a |
|                                   | VSP             | 6.55 A^a     | 5.45 A^b | 5.20 A^b | 4.03 A^b | 4.10 A^b | 4.10 A^b |
| Alcohol (% v/v)                   | Lyre            | 10.89 A^b    | 11.02 A^a | 10.79 B^c | 12.29 A^a | 12.24 A^c | 12.55 A^a |
|                                   | VSP             | 10.5 B^b     | 11.14 A^a | 11.01 A^a | 13.40 A^a | 12.11 B^b | 13.29 A^a |
| Dry extract (g L^-1)              | Lyre            | 26.90 A^c    | 28.60 B^b | 29.50 A^a | 27.60 A^b | 30.29 A^a | 26.83 A^b |
|                                   | VSP             | 27.30 A^c    | 30.75 A^a | 29.65 A^b | 28.36 A^a | 24.70 B^b | 29.30 A^a |
| Free SO₂ (mg L^-1)                | Lyre            | 30.55 A^a    | 30.72 A^a | 30.38 A^a | 45.91 A^b | 49.66 A^a | 42.32 A^b |
|                                   | VSP             | 26.28 B^b    | 30.21 A^a | 25.77 A^b | 39.70 B^c | 50.00 A^a | 46.50 A^b |
| Total SO₂ (mg L^-1)               | Lyre            | 108.88 A^c   | 154.62 A^a | 13.00 B^a | 68.4 B^b | 77.6 A^a | 70.3 B^a |
|                                   | VSP             | 91.39 B^b    | 106.49 B^b | 153.77 A^a | 78.0 A^a | 73.5 A^b | 75.4 A^a |
| Volatile acidity (g L^-1)         | Lyre            | 0.62 A^a     | 0.59 A^a | 0.62 A^a | 0.98 A^a | 0.99 A^a | 0.55 A^b |
|                                   | VSP             | 0.63 A^a     | 0.62 A^a | 0.48 B^b | 0.41 B^b | 0.72 A^a | 0.39 B^b |
| Reduced sugars (g L^-1)           | Lyre            | 3.33 A^a     | 2.27 A^c | 2.64 B^b | ND      | 1.33 A^a | 1.39 A^a |
|                                   | VSP             | 3.35 A^a     | ND      | 2.79 A^b | ND      | ND      | 1.66 A^a |
| Total phenolics (mg GAE L^-1)     | Lyre            | 1,900 A^b    | 2,290 A^a | 1,880 A^b | 2,270 A^a | 2,500 A^a | 2,040 A^b |
|                                   | VSP             | 1,780 A^a    | 1,520 A^b | 1,500 B^b | 2,180 A^a | 1,680 B^b | 2,400 A^b |
| Monomeric anthocyanins (mg MGE L^-1) | Lyre         | 169.07 A^b  | 183.06 A^a | 178.67 A^a | 166.99 A^b | 191.20 A^b | 185.77 A^b |
|                                   | VSP             | 143.40 B^b   | 253.61 A^a | 203.10 A^a | 162.41 A^a | 177.84 A^a | 162.41 A^a |
| IC (420nm+520nm+620nm)            | Lyre            | 6.91 A^b     | 6.24 B^c | 7.64 A^a | 4.33 B^e | 5.09 B^a | 9.17 A^a |
|                                   | VSP             | 7.04 A^c     | 9.75 A^c | 8.03 A^b | 6.58 A^c | 9.47 A^a | 8.83 B^b |
| DPPH (µmol TE mL^-1)              | Lyre            | 9.23 A^a     | 8.25 B^b | 9.24 A^a | 8.33 A^a | 7.60 B^c | 7.97 A^b |
|                                   | VSP             | 8.95 A^a     | 9.23 A^a | 9.42 A^a | 7.97 A^b | 9.54 A^a | 9.26 A^a |

^1 Results followed by the same uppercase letter in the column (training system) do not differ significantly, according to Tukey’s Test (p ≤ 0.05). ^2 Results followed by the same lowercase letter in the row (rootstock) do not differ significantly, according to Tukey’s Test (p ≤ 0.05). ND: Not detected; GAE: gallic acid equivalent; MGE: malvidin-3-O-glucoside equivalent; TE: trolox equivalent; Lyre: divided trellis system; VSP: vertical shoot positioning, spariler system. IC: Intensity of color.

L^-1 to 30.75 g L^-1 (Table 1). The values for dry extract are lower than those reported by Oliveira et al. (2011) in studies with commercial red wines (V. vinifera L) from the São Francisco Valley, ranging from 32.90 to 38.37 g L^-1. The present values are above the minimum dry extract limit established by the Brazilian legislation, which is 13.0 g L^-1 (Brazil, 2010). The training system influenced the wines’ dry extract content when the grapes were grafted under the IAC 766 rootstock. According to Miele and Rizzon (2019), the main components of the dry extract are organic acids and glycerol, being this an important parameter to regulate the wine body.

In addition, the total SO₂ content of the wines ranged from 70.30 to 154.62 mg L^-1 (Table 1), below the maximum limit allowed by the Brazilian legislation, which is 350 mg L^-1 (Brazil, 2010). The values for volatile acidity varied between 0.39 and 0.99 g L^-1, which is equivalent to 6.50 mEq L^-1 and 16.50 mEq L^-1, respectively, and are also within Brazilian legislation standards, which recommends volatile acidity up to 20 mEq L^-1 (Brazil, 2010). The importance of maintaining wines with lower contents of volatile acidity relies on the fact that this parameter may negatively influence wine nutritional quality and sensory characteristics. Miele and Rizzon (2019) observed no statistical differences in volatile acidity (ranging from 12–14 meq L^-1) for Cabernet Sauvignon wines grafted under different rootstocks. In the present study, rootstocks IAC-572 (harvest I and II) and Paulsen 1103 (harvest II) rendered a decreased volatile acidity.

3.2. Phenolic composition and antioxidant activity

The total phenolic content (TPC) of wines produced from grapes with different training systems and rootstocks ranged from 1,500 to 2,290 mg gallic acid equivalent (GAE) L^-1 for wines from the harvest I and from 1,680 to 2,500 mg GAE L^-1 for the second
harvest of the 2014 year, being higher for this period, when grapes were harvested at a more advanced maturation stage (Table 1). Biasoto et al. (2014) reported that TPC in red wines usually vary from 1,900 to 3,800 mg GAE L\(^{-1}\). In the present study, most of the evaluated wines presented phenolic content within the range suggested by these authors. The combination of lyre training system with rootstock IAC 766 yielded the highest concentrations of TPC both for harvest I (2,290 mg L\(^{-1}\)) and II (2,500 mg L\(^{-1}\)). These differences indicate that grape growing practices have a significant influence on wine phenolic composition, as suggested by Gutiérrez-Gamboa et al. (2019). Other factors that can affect this parameter include climatic and processing conditions.

The content of total monomeric anthocyanins (TMA) in wines ranged from 143.40 to 253.61 mg MGE L\(^{-1}\) for the harvest I and from 162.41 to 191.20 mg MGE L\(^{-1}\) for those from the harvest II. The concentrations of total monomeric anthocyanins obtained in red wines are in accordance with the results obtained by Padilha et al. (2016), who analyzed commercial red wines of São Francisco Valley and found TMA between 36.2 and 351.3 mg L\(^{-1}\). In general, wines from grapes grown under the IAC 766 rootstock presented greater TMA, regardless of the harvest and the evaluated training system (Table 1). Similarly, other authors have shown the influence of the rootstock on grape and wine anthocyanins content (Walker et al., 2000; Satisha et al., 2010; Chou and Li 2014; Li et al., 2019; Gutiérrez-Gamboa et al., 2019).

The higher ability of phenolic compounds in scavenging DPPH may be linked to higher biological activities as recently demonstrated in cell model systems (Falcão et al., 2019). The antioxidant activity values evaluated by the DPPH method ranged from 7.60 to 9.54 \(\mu\)mol Trolox equivalent (TE) mL\(^{-1}\) (Table 1). The antioxidant activity of the wines did not vary according to the harvest season. The training system influenced the antioxidant activity of the wine, only when VSP training system was used in combination with IAC-766 rootstock, yielding slightly lower values. In general, the majority of the wines displayed satisfactory scavenging activity towards the DPPH radical, which is consistent with the presence of phenolic antioxidants in abundance.

### 3.3. Identification and quantification of phenolic compounds

With the use of HPLC-DAD-FD analysis, it was possible to identify and quantify 24 phenolic compounds in the wines (Table 2). Among them, phenolics from different classes, namely flavan-3-ols (n = 7), flavonols (n = 6), stilbenes (n = 1), phenolic acids (n = 5), and anthocyanins (n = 5) were positively identified. The wines produced with the grapes cultivated in the VSP system and IAC 766 rootstock obtained the highest total flavan-3-ol content in both harvests (I = 73.26 mg L\(^{-1}\), II = 37.50 mg L\(^{-1}\)).

Generally, the wines showed significant amounts of (+) catechin (5.50 to 27.00 mg L\(^{-1}\)), procyanidin B1 (5.50–14.90 mg L\(^{-1}\)), and procyanidin B2 (3.83–14.00 mg L\(^{-1}\)). Padilha et al. (2016) found (+) catechin to be the major component of red wine, with amounts ranging from 2.20 to 40.40 mg L\(^{-1}\). The presence of oligomeric flavan-3-ols (e.g., proanthocyanidins) leads to perceived astringency, rich body, and improved aging properties (Waterhouse et al., 2002). The phenolic-driven sensory changes in several feedstocks has been recently discussed by de Camargo and Schwember (2019).

The Pearson’s correlation analysis \((\rho \leq 0.05)\) aimed to verify the correlation between the antioxidant activity and the quantified phenolic compounds. A positive and significant correlation existed between the antioxidant activity and the total content of flavan-3-ols \((r = 0.56; p = 0.05)\), as well as procyanidins A2 \((r = 0.74, p = 0.01)\) and B2 \((r = 0.57, p = 0.05)\). The wine containing the highest levels of procyanidin A2, B2, and total flavan-3-ols was obtained from grapes grown in a espalier system and grafted on IAC 766 rootstock.

A higher concentration of flavonols was observed for the wines produced in December, when high temperatures are recorded in Brazil. Similar findings were obtained by Pereira et al. (2006) that investigated the climate influence on Merlot wine metabolic profiles with or without the exposition to higher solar radiation. In the present study, an increased amount of flavonols was observed in grapes and wines (harvest II) due to higher solar exposition and temperature.

Flavonols are also considered fundamental for the intensity and stability of red wine color, and also play an important role for their astrignency and bitterness (Niculea et al., 2015). Regardless of the training system, IAC 766 rootstock resulted in higher flavonol contents in grapes from harvest I. On the other hand, IAC 572 rootstock originated wines with higher contents of flavonols in the harvest II. Thus, the choice of rootstock possibly influenced the synthesis of flavonols in grapes as a function of the period of the year. Isoquercetin and isorhamnetin-3-O-glucoside were the main flavonols present in the tested samples, ranging from 9.35 to 41.25 mg L\(^{-1}\) for isoquercetin, and 8.06 to 26.45 mg L\(^{-1}\) for isorhamnetine-3-O-glucoside. The wine produced with grapes obtained from harvest II and grown under lyre system and IAC 572 rootstock showed to be particularly rich in these two compounds. Evaluating grape juices produced in the São Francisco Valley, Nassur et al. (2014) observed that IAC 572 rootstock resulted in significantly high phenolic compounds and anthocyanins levels.

The levels of trans-resveratrol in the wines ranged from 0.20 to 0.50 mg L\(^{-1}\), exhibiting the lowest contribution amongst the phenolic compounds. However, trans-resveratrol content was not influenced by the training system and rootstocks. In contrast, the grapes from harvest II resulted in wines containing higher contents of trans-resveratrol. Similar results were observed by Lucena et al. (2010) for wines from the São Francisco Valley, with contents between 0.04 and 1.26 mg L\(^{-1}\). However, the authors reported that resveratrol in the cis form is found in higher levels than the trans form in wines from this location. Consumption of resveratrol is associated with the prevention of a wide range of chronic-degenerative diseases (Gresele et al., 2011). According to Urvieita et al. (2018), fruits that receive higher UV-B incidence may result in wines with higher resveratrol content, which lends support to the differences observed in the present study. In fact, the wines produced from grapes from harvest I, that received a lower UV-B incidence, also had lower levels of trans-resveratrol, while the opposite was found for the wines produced from the second harvest, which may be explained by the higher UV-B incidence.

The training system and rootstock also influenced the content of phenolic acids of the wines (Table 2). Similar to flavonoids, phenolic acids are of great importance due to their antioxidant activity and can influence the wine quality as well as its stability (Rodtjer et al., 2006). The climatic variability between harvests during the crop year did not play a strong influence on the content of phenolic acids. Gallic (10.50–22.30 mg L\(^{-1}\)) and caffeic (7.00–20.76 mg L\(^{-1}\)) acids were found to be the primary ones in the wine. Regardless of the harvest, the wine obtained from the grapes grown under a VSP system and grafted on IAC 766 rootstock presented higher total phenolic acids, gallic, and caffeic acids contents. The concentrations of gallic acid in the wines evaluated are similar to those found by Padilha et al. (2016) that studied commercial wines from the São Francisco Valley region. Caraguso and Nardini (2015) evaluated commercial red wines from Italy. The contents of caffeic, syringic, and ferulic acids found in the present study are also
Table 2. Phenolic compounds identified and quantified in Syrah wines from grapes with different rootstock and training systems

| Phenolic compounds (mg L⁻¹) | Training system | June, 2014 (Harvest I) | December, 2014 (Harvest II) |
|----------------------------|-----------------|-------------------------|-----------------------------|
|                            | Rootstock       | 16.30 A<sup>c</sup> 27.00 A<sup>a</sup> | 22.70 A<sup>b</sup> 7.30 A<sup>b</sup> |
| (+)-Catechin               | VSP             | 13.86 A<sup>b</sup> 16.73 A<sup>b</sup> | 17.40 A<sup>a</sup> 6.90 A<sup>b</sup> |
|                            | Lyre            | 7.50 A<sup>b</sup> 10.33 A<sup>a</sup> | 7.00 A<sup>c</sup> 3.40 A<sup>b</sup> |
|                            |                 | 6.00 B<sup>c</sup> 6.16 A<sup>b</sup> | 6.90 A<sup>a</sup> 3.23 B<sup>b</sup> |
| (−)-Epicatechin            | VSP             | 1.40 A<sup>b</sup> 2.30 A<sup>a</sup> | 1.43 A<sup>b</sup> 0.90 A<sup>c</sup> |
|                            | Lyre            | 1.40 A<sup>b</sup> 1.36 A<sup>b</sup> | 1.43 A<sup>b</sup> 1.16 A<sup>a</sup> |
| (−)-Epicatechin Gallate    | VSP             | 3.83 A<sup>a</sup> 3.36 A<sup>a</sup> | 2.83 A<sup>b</sup> 2.35 A<sup>b</sup> |
|                            | Lyre            | 3.30 A<sup>a</sup> 2.60 B<sup>c</sup> | 2.83 A<sup>b</sup> 2.73 A<sup>a</sup> |
| Procyanidin A2             | VSP             | 1.10 A<sup>b</sup> 1.40 A<sup>a</sup> | 1.00 B<sup>b</sup> 0.60 A<sup>b</sup> |
|                            | Lyre            | 1.00 B<sup>b</sup> 0.90 B<sup>c</sup> | 1.10 A<sup>a</sup> 0.60 A<sup>a</sup> |
| Procyanidin B1             | VSP             | 13.50 A<sup>b</sup> 14.96 A<sup>a</sup> | 11.13 A<sup>c</sup> 7.52 A<sup>a</sup> |
|                            | Lyre            | 13.93 A<sup>a</sup> 9.13 B<sup>c</sup> | 10.63 B<sup>b</sup> 7.10 B<sup>b</sup> |
| Procyanidin B2             | VSP             | 8.53 A<sup>a</sup> 14.00 A<sup>a</sup> | 10.03 A<sup>b</sup> 5.55 A<sup>b</sup> |
|                            | Lyre            | 6.50 B<sup>c</sup> 9.80 A<sup>a</sup> | 9.03 B<sup>b</sup> 5.06 A<sup>a</sup> |
| Σ Flavan-3-ols             | VSP             | 52.16 A<sup>c</sup> 73.26 A<sup>a</sup> | 56.13 A<sup>b</sup> 37.62 A<sup>a</sup> |
|                            | Lyre            | 46.00 B<sup>c</sup> 46.70 B<sup>b</sup> | 49.33 A<sup>a</sup> 26.78 A<sup>a</sup> |
| Kaempferol-3-O-glucoside   | VSP             | 0.66 A<sup>a</sup> 1.20 A<sup>a</sup> | 0.56 A<sup>a</sup> 0.57 B<sup>b</sup> |
|                            | Lyre            | 0.66 A<sup>a</sup> 0.46 A<sup>a</sup> | 0.43 A<sup>a</sup> 0.63 B<sup>b</sup> |
| Isorhamnetin-3-O-glucoside | VSP             | 9.06 A<sup>b</sup> 13.53 A<sup>a</sup> | 8.66 A<sup>c</sup> 11.95 B<sup>c</sup> |
|                            | Lyre            | 8.06 B<sup>b</sup> 8.10 B<sup>b</sup> | 8.53 A<sup>a</sup> 12.83 A<sup>b</sup> |
| Rutin                      | VSP             | 0.90 A<sup>c</sup> 1.30 A<sup>a</sup> | 1.00 A<sup>b</sup> 0.45 B<sup>b</sup> |
|                            | Lyre            | 0.90 A<sup>a</sup> 0.90 A<sup>a</sup> | 0.83 A<sup>a</sup> 1.40 A<sup>a</sup> |
| Quercetin                  | VSP             | 0.20 NS 0.20 NS | 0.20 NS 0.30 B<sup>c</sup> |
|                            | Lyre            | 0.20 NS 0.20 NS | 0.20 NS 0.60 B<sup>b</sup> |
| Myricetin                  | VSP             | 0.86 A<sup>b</sup> 1.33 A<sup>a</sup> | 0.96 A<sup>b</sup> 0.60 A<sup>b</sup> |
|                            | Lyre            | 0.76 A<sup>c</sup> 1.10 A<sup>b</sup> | 1.00 A<sup>a</sup> 0.70 B<sup>b</sup> |
| Isoquercetin               | VSP             | 13.50 A<sup>c</sup> 18.33 A<sup>a</sup> | 14.0 A<sup>b</sup> 15.90 B<sup>b</sup> |
|                            | Lyre            | 12.90 A<sup>a</sup> 12.80 A<sup>b</sup> | 12.26 A<sup>a</sup> 30.75 A<sup>b</sup> |
| Σ Flavonols                | VSP             | 25.20 A<sup>b</sup> 35.90 A<sup>a</sup> | 25.40 A<sup>b</sup> 34.90 B<sup>b</sup> |
|                            | Lyre            | 23.50 A<sup>b</sup> 24.00 A<sup>a</sup> | 23.25 A<sup>b</sup> 62.96 A<sup>b</sup> |
| Trans-resveratrol (Stilbene) | VSP         | 0.20 NS 0.20 NS | 0.20 NS 0.50 NS |
|                            | Lyre            | 0.20 NS 0.20 NS | 0.20 NS 0.46 NS |
| Gallic acid                | VSP             | 13.83 A<sup>c</sup> 20.73 A<sup>a</sup> | 14.56 A<sup>b</sup> 16.85 A<sup>b</sup> |
|                            | Lyre            | 13.16 A<sup>a</sup> 12.00 B<sup>b</sup> | 13.03 A<sup>a</sup> 16.16 A<sup>a</sup> |
| Caffeic acid               | VSP             | 7.00 B<sup>c</sup> 20.76 A<sup>a</sup> | 8.40 B<sup>b</sup> 12.20 A<sup>b</sup> |
|                            | Lyre            | 15.60 A<sup>a</sup> 12.46 B<sup>b</sup> | 8.96 A<sup>c</sup> 10.36 B<sup>b</sup> |
| Chlorogenic acid           | VSP             | 5.20 A<sup>a</sup> 0.93 B<sup>c</sup> | 4.30 B<sup>b</sup> 0.40 NS |
|                            | Lyre            | 2.30 B<sup>c</sup> 2.90 A<sup>b</sup> | 5.13 A<sup>a</sup> 0.40 NS |
close to those reported by these authors.

Irrespective of the harvesting season and training system, increased anthocyanin levels were found in wines from grapes grafted under the IAC 766 rootstock. Wines from grapes of the harvest I cultivated in a VSP system with the IAC 766 rootstock presented a total anthocyanin content of 119.10 mg L\(^{-1}\) (Table 2). The total anthocyanin content of the evaluated wines is within the range found by Padilha et al. (2016), who analyzed VSF commercial red wines of different Vitis vinifera L. varieties, and found concentrations ranging between 6.5 and 141.7 mg L\(^{-1}\). Through co-pigmentation and formation of polymeric pigments, anthocyanins participate in the main reactions resulting in wine color, being responsible for the red, purple, and blue tones (Lee et al., 2008). Regardless of harvest season it can be observed (Table 1) that the combination of IAC 766 and the VSP system resulted in wines with higher color intensity. Malvidin-3-O-glucoside rendered the highest contribution to the phenolic profile in all wines analyzed. In the samples obtained from the combination of VSP and IAC 766, the values of this anthocyanin for harvests I and II were 105.13 and 83.20 mg L\(^{-1}\), respectively.

Figure 1 shows about the Principal Component Analysis (PCA). The results demonstrate that the climatic variability between the harvesting seasons influenced the profile of phenolic compounds of the wines more than the evaluated rootstock or training system. The wines from harvest I are located on the positive side of CP1, which explains 48.26% of the variability among the samples, while the wines from the harvest II were located on the negative side of this component. The wines of the harvest II were highlighted in the anthocyanins pelargonidin-3-O-glucoside, petunidin-3-O-glucoside, delphinidin-3-O-glucoside, peonidin-3-O-glucoside, trans-resveratrol, ferulic acid, and of most flavonols, except in myricetin. In contrast, the wines from harvest I were closer to the vectors that represent all the other phenolic compounds that were quantified in the samples.

### 4. Conclusions

The influence of training systems and rootstocks on the quality of the Syrah tropical wines from São Francisco Valley, Brazil, was addressed in this study. Both affected the wine quality in different ways. Among the variables (e.g. harvests, training systems, and rootstocks), the PCA analysis showed that the climatic variability between the two harvests of the year had the most prominent influence. In general, the use of espalier training system combined with rootstock IAC-766 rendered wines with increased contents of flavan-3-ols, flavonols, phenolic acids, and anthocyanins. However, in order to recommend an optimum combination of training system and rootstock, further studies under field conditions and the evaluation of a larger number of harvests are required.
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