Recurrent iliac hydatidosis: A case report

J. Ben Amar*, H. Zaibi, B. Dhahri, H. Aouina, H. Bouacha

Pulmonary Department, Charles Nicolle Hospital, Tunis, Tunisia

1. Introduction

Hydatidosis is a parasitic disease caused by Echinococcus granulosus. The bone infection is rare. About 50% of the cases of bone hydatid disease affect the spine; the second most frequent location is the pelvis (21%). Hydatid bone disease is often asymptomatic, and is therefore usually diagnosed at an advanced stage. It is not easy to eradicate and may be impossible to cure.

We report an unusual case of a recurrent iliac hydatid cyst, despite surgical procedure which was performed in this case.

2. Presentation of case

It was a rural 55-year-old woman. She had previous medical history of iliac hydatid cyst in 6 years before (2006). At this time, she presented with painful lumbar mass and pelvic CT scan showed expansible lytic lesions with cortical rupture of the left iliac wing, with multilobulated endo and exo-pelvic collection measuring 18 cm * 10 cm * 15 cm (Fig. 1). She underwent surgery; partial iliac bone resection and endo and exo-pelvic cyst curettage were performed. Histological examination showed typical bone hydatid cyst. It revealed typical hydatid membranes and fibrohyaline wall, associated to florid foreign body giant cell inflammatory reaction. Note that, Chest X-ray before surgery was normal. Unfortunately, our patient did not receive complementary chemotherapy for its pelvic echinococcosis.

In 2012, she was admitted in our department with cough and chest pain of 2 months duration. The clinical examination was poor; it only found fever at 38.6 °C and left lumbar sensibility. Chest X-ray showed round culminul opacity with hydro-aeric level (Fig. 2). The abnormal findings on laboratory investigations were: Wight blood cells = 21,000, C-reactive protein = 241 mg/l, Erythrocyte Sedimentation Rate = 59.

According to past history of hydatid disease, the diagnosis of complicated hydatid cyst of the lung was supposed. Additional exams were requested in order to confirm that, and to search other hydatid locations. Abdomen and pelvic sonography revealed liver hydatid cyst type V in the 4 segments, associated to peritoneal and pelvic hydatidosis of the left iliac pit. Body scan confirmed the liver and lung involvement and showed multiple lytic lesions in the left iliac wing and revealing iliac hydatid disease extending to adjacent soft tissues (Figs. 3 and 4). This bone hydatidosis was associated to left iliac deep venous thrombosis, extending to inferior vena cava and complicated by pulmonary embolism.

In conclusion, our patient was presenting multifocal hydatid disease, associating an infected lung hydatid cyst, a liver hydatid cyst type V and a recurrent bone hydatid disease, with iliac deep venous thrombosis, extending to inferior vena cava and pulmonary embolism. She benefited for 6 weeks of antibiotherapy using ceftaxin, aminosid and metronidazol and 6 months of anticoagulation therapy. She has also undergone a surgical extirpation of the lung cyst followed by an ischio-femoral arthrodesis with cystic drainage (it was a palliative treatment), associated to chemotherapy using albendazole administer in the presurgical setting (400 mg orally twice a day with meals). Feb. 5 showed the result of pelvic surgery.

Outcome was favourable but patient presents pelvic pain in walking and no new lesion was, however, seen in chest X-ray at 6 months follow-up.

* Corresponding author. Tel.: +216 98656631.
E-mail address: jihenbenamar@gmail.com (J. Ben Amar).

http://dx.doi.org/10.1016/j.jjscrc.2014.07.018
2210-2612/© 2015 Published by Elsevier Ltd. on behalf of Surgical Associates Ltd. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/3.0/).
Fig. 1. Pelvis CT scan shows expansible lytic lesions with cortical rupture of the left iliac wing, with multilobulated endo and exo-pelvic collection measuring 18 cm * 10 cm * 15 cm.

Fig. 2. Chest CT scan shows culminial cavity partially filled, with thickened wall.

3. Discussion

Hydatidosis is a parasitic disease caused by *E. granulosus* by the development of the parasite’s larval in man.1,2 All parts of the body may be involved, but the liver and lungs are the main locations. The bone infection is rare, accounting for 0.5 to 2.5% of all hydatid lesions.2,3 The vertebrae, ilium, long bones, skull and ribs are most frequently affected. It usually occurs in vascularized areas. Skeletal infestation of *E. granulosus* cyst occurs by haematogenous seeding.4

The larval form reaches the bone, penetrates the spongy tissue and grows in the direction of least resistance, infiltrating and damaging the tissue like a tumour.5 But rigid structure of the bone does not allow the cyst to grow rapidly. This is why it is a very slowly progressive disease and patients are usually asymptomatic and present at an advanced stage of the disease, when lesions have become extensive. There is no delimitation between healthy and pathologic tissues.5 As no adventitia is formed around the cyst by the host, daughter cysts can spread to adjacent bones. This can explain why bone hydatid disease is polycystic in contrast to other non-osseous locations.4,6

The radiological signs include lucent osseous lesions associated with expansion of the bone and thinning of the cortex. In patients with these signs, soft tissue calcification is highly suggestive of hydatid disease.4 MR Images and computed tomography are valuable in delineating the extent of bone and soft tissue abnormalities.7

So in endemic regions, because of the diversity of its presentation, hydatid disease should always be in the differential diagnosis list of osteolytic lesions or any growing destructive mass.

The diagnosis is often made on the basis of the characteristic radiographic appearance of the lesions. Eosinophilia is seen in only 25% of cases. Serological tests are often negative when hepatic and lung disease are absent. Although histological study is diagnostic, needle biopsy may lead to dissemination of the infection; it can be responsible for anaphylactoid reactions.9

The treatment and prognosis of bone hydatid disease resemble those of a malignant tumor.4 Surgery is the treatment of choice with or without chemotherapy. Radical and wide resection of the

Figs. 3 and 4. Abdomino-pelvis CT scan show osteolysis of the left iliac wing with large multilocated retroperitoneal hydatid cyst of 16 cm with invasion of the left psoas muscle and hydatid cyst of subcutaneous fat regarding left iliac crest of 7 cm.

Fig. 5. Pelvis X-ray shows the ischio-femoral arthrodesis.
involved bone with the surrounding soft tissue is recommended except in areas such as the pelvis, which is technically impossible.4,6 Curettage and bone graft is another procedure but with local recurrence rate of 70–80%.5 Adjuvant medical therapy using albendazole or mebendazole may be added to surgery when complete excision of the cyst is not possible or doubtful,5,9,10, or used like isolated therapy when surgical treatment is not possible because of extensive involvement.9 It can control the disease locally, prevent recurrence and avoid systematic spread. A treatment period of 2 years may be necessary, although sometimes lifelong treatment is recommended.

The prognosis is poor when bone is involved, even in patients who undergo extensive medical and surgical treatment,5 such as is the case of our patient, in whom the bone pelvic hydatidosis had recurred despite surgical treatment.

4. Conclusion

Hydatid bone disease is often asymptomatic, and is therefore usually diagnosed at an advanced stage, it is not easy to eradicate and may be impossible to cure. Its prognosis is poor. Surgery is the treatment of choice. Radical resection of the involved segment, with or without chemotherapy, is recommended except in areas such as the pelvis, which is technically impossible, justifying the recurrence frequency even in patients who undergo extensive medical and surgical treatment.

Conflict of interest
None.

Funding
None.

Ethical approval
Authors confirm that consent has been obtained.

Author contributions
Ben Amar J, Zaibi H: data collection, data analysis, and writing; Bouacha H, Aouina H, Dahari H: contributors.

Key learning points

- Hydatid bone disease is often asymptomatic, and is therefore usually diagnosed at an advanced stage. It is not easy to eradicate and may be impossible to cure.

References

1. Kalinova K, Proichev V, Stefanova P, Tokmakova K, Poriazova E. Hydatid bone disease: a case report and review of the literature. J Orthop Surg (Hong Kong) 2005;13(3):323–5.
2. Metanat M, Sharifi-Mood B, Sandoghi M, Alavi-Naini R. Osseous hydatid disease: a case report. Iran J Parasitol 2008;3:60–4.
3. Natarajan MV, Kumar AK, Sivaseelam A, Iyakutty P, Raja M, Rajagopal TS. Using custom mega prosthesis to treat hydatidosis of bone: a report of 3 cases. J Orthop Surg (Hong Kong) 2002;10(2):203–5.
4. Emarni MJ, Vosoughi AR, Vadlei I, Pakhaz S, Liaghat S. Primary hydatid disease of the ilium: a case report. IJCMJ 2010;12(2):190–4.
5. Nuth P, Bhattacharya S, Dutta V, Joshi GR, Patel M. Primary iliac bone hydatid disease: an unusual presentation. MJAFI 2009;65(2):180–1.

6. Belzunegui J, Maiz O, Lopez I, Plazola I, Gonzalez C, Figueroa M. Hydatid disease of bone with adjacent joint involvement: a radiological follow up of 01 years, case report. Br J Rheumatol 1997;36:133–5.
7. Maiuri F, Iaconetta G, Benvenuti D, Rendano F, Serra LL. Hydatid cyst of the lumbar sacral spine with large pelvic mass. Acta Neurol (Napoli) 1993;15:215–21.
8. Papanikolaou A, Antoniou N, Pavlakis D, Garas G. Hydatid disease of the tarsal bones: a case report. J Foot Ankle Surg 2005;44:396–400, http://dx.doi.org/10.1053/j.jfas.2005.07.004.
9. Szypryt EP, Morris DL, Mulholland RC. Combined chemotherapy and surgery for hydatid bone disease. J Bone Joint Surg Br 1987;69:141–4.
10. King CH. Cestodes. In: Mandell GL, Bennett JE, editors. Principles and practice of infectious diseases. Churchill Livingstone; 2005. p. 3285–99.