Retroperitoneal Synovial Sarcoma Manifested by Obstructive Jaundice in an Elderly Woman: Case Report

Dae Ho Kim1, Kwang Ro Joo1, Jae Myung Cha1, Hyun Phil Shin1, Joung Il Lee1, Jae Jun Park1, Hyun Soo Kim2 and Dal Mo Yang3

Departments of 1Gastroenterology, 2Pathology, and 3Radiology, Kyung Hee University Hospital at Gangdong, Kyung Hee University School of Medicine, Seoul, Korea

Synovial sarcoma is a rare type of soft tissue sarcoma that arises in tissues containing synovial fluid, usually in the extremities. It has only rare occurrence in the retroperitoneal space. Early detection of retroperitoneal synovial sarcoma is difficult, since the retroperitoneal space is highly expandable and deeply hidden. Furthermore, the presenting symptoms are often vague and nonspecific, and are related to the pressure on adjacent structures. In this study, we present an unusual case of retroperitoneal synovial sarcoma with obstructive jaundice due to intrabiliary blood clots caused by invasion of bile duct by tumor. The obstructive jaundice was relieved through endoscopic removal of the blood clots and insertion of a biliary stent.

Key Words: Sarcoma; Synovial; Retroperitoneal space; Obstructive jaundice

INTRODUCTION

Synovial sarcoma is a rare type of soft tissue sarcoma that occurs most commonly in young adults. It can be found in almost any part of the body, but the most common location is the lower extremity, followed by the upper extremity, trunk, abdomen, and head and neck. Retroperitoneal synovial sarcoma, which is the topic of our present case, is a rare finding and represents about 1% of retroperitoneal tumors. Since the first report by Pack and Tabah in 1954, there have been about 32 cases of retroperitoneal synovial sarcomas. Early detection of retroperitoneal synovial sarcoma is difficult because the retroperitoneal space is highly expandable and deeply hidden. This specific tumor has no special features that would distinguish it from other abdominal and retroperitoneal tumors.

Recently, we experienced a rare case of retroperitoneal synovial sarcoma presented with obstructive jaundice. Such kind of presentation has never been reported in the previous literature. To the best of our knowledge, ours is the first report on the case of retroperitoneal synovial sarcoma manifested by obstructive jaundice.

CASE REPORT

A 78-year-old woman was admitted to the hospital for jaundice since 14 days back. Besides generalized jaundice, the patient complained about vague abdominal pain and feeling of fullness. On physical examination, she showed tenderness on epigastric and right upper quadrant region. There was the presence of a palpable mass, about the size of an adult fist which was firm and tender to the touch. Initial laboratory studies revealed hemoglobin level of 9.2 g/dL (normal range, 14 to 18), white blood cell count of 6,000/mm3 (4,000 to 10,000) and a platelet count of 407,000/dL (140,000 to 400,000). The liver function tests showed a total serum bilirubin level of 4.7 mg/dL (0.1 to 1.2), an aspartate aminotransferase level of 205 IU/L (10 to 35), alanine aminotransferase level of 153 IU/L (0 to 40), alkaline phosphatase level of 1,532 IU/L (20 to 90), and a gamma glutamyl transpeptidase level of 260 IU/L (0 to 50). A computerized tomography scan (Fig. 1) revealed the presence of a huge irregular mass at the portocaval space measur-
ing 14×8.5 cm, encircling the extrahepatic bile duct with mild dilatation of the intrahepatic bile duct. The mass infiltrated liver parenchyme and common hepatic artery was displaced to forward position by the mass. Also, portal vein and inferior vena cava were compressed. In the next step, we performed magnetic resonance cholangiopancreatography (MRCP) and found intra- and extra-hepatic bile duct dilatation with a filling defect at the hilar and common hepatic duct level (Fig. 2). Therefore, we carried out endoscopic retrograde cholangiopancreatography (ERCP) for the biliary decompression and to confirm the nature of the filling defect. At ERCP, we observed some fresh blood getting discharged from the papillary orifice when we injected contrast media into the bile duct (Fig. 3; inset). Cholangiography revealed mild dilatation of the bile duct with a filling defect, which moved downwards to the distal part of the bile duct when compared with the previous MR-CP finding (Fig. 3). Through the endoscopic sphincterotomy and sweeping of the bile duct by balloon catheter, we ascertained that the filling defect was blood clots, which might be caused by direct tumor invasion of the bile duct. Subsequently, we inserted a biliary stent up to the hilar level for considering the progression of biliary obstruction due to presence of
Retroperitoneal Synovial Sarcoma with Obstructive Jaundice

the mass. After the procedure, there was an improvement in the patient’s general condition and there was also a decrease in the severity of the jaundice. For pathological confirmation, we carried out ultrasonography-guided biopsy on the mass. Pathologically, a poorly differentiated synovial sarcoma was diagnosed, which was immunoreactive for CD99 but negative for S-100, desmin, and smooth muscle actin (Fig. 4). After the confirmative diagnosis was carried out, we planned to perform chemoradiotherapy on the patient. But the patient refused any further treatment and was discharged from the hospital. Two weeks after getting discharged from the hospital, the patient returned for follow-up. She was in good condition except for the presence of abdominal fullness. The serum total bilirubin was 0.9 mg/dL, and there was a great improvement on other liver function tests. Nevertheless, 2 months later, the patient expired due to aggravation of the tumor.

DISCUSSION

Retroperitoneal synovial sarcoma usually appears as a non-specific soft tissue mass that does not have specific imaging features and distinct clinical presentation for differentiation from other mesenchymal tumors. It usually has vague and nonspecific symptoms like abdominal pain, discomfort and tenderness with related pressure on adjacent structures. Therefore, most of the reported cases of retroperitoneal synovial sarcoma, up to now, have focused on its rarity, radiologic characteristics, pathological confirmative process, and their results. Recent studies have been focused on radiographic studies including computed tomography and magnetic resonance imaging, which can allow proper identification of the primary anatomic location of the tumor; they can also help in differentiating it from a tumor originating from retroperitoneal structure. However, these studies provide only suggestion about preoperative diagnosis of synovial sarcoma. Eventually, most of the retroperitoneal synovial sarcomas are diagnosed on the basis of pathological characteristics of the specimen obtained by needle or surgical resection. The present case also shows similar radiologic findings and diagnostic processes to the previously reported cases. Initially, we suspected the lesion to be a kind of sarcoma or lymphoma or other retroperitoneal tumors. The retroperitoneal synovial sarcoma could be diagnosed only after confirming the pathological findings of the needle biopsied specimen. However, our patient had unique and distinct clinical presentation with obstructive jaundice. With ERCP, the cause of obstructive jaundice was revealed to be the presence of intrabiliary blood clots with bile duct dilatation, which might be caused by bile duct injury from a tumor’s invasion. Also, bile duct compression due to the presence of a bulk tumor might have also affected the presentation. After removal of the intrabiliary blood clots and biliary stenting, improvement in the severity of obstructive jaundice was observed. Unfortunately, the patient refused further treatment and finally died due to progression of the disease.

Conflicts of Interest

The authors have no financial conflicts of interest.

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