Trypanocidal effect of aqueous and ethanolic extracts of *Strychnos spinosa* on white mice infected with *Trypanosoma brucei brucei*

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INTRODUCTION

Trypanosomiasis is a disease caused by protozoan parasites of the genus Trypanosoma. It occurs in thirty-six (36) African countries south of the Sahara and attacks both humans and animals 1. Human African trypanosomiasis (HAT) is known as sleeping sickness and was endemic in areas infested with *Glossina palpalis palpalis* 2. HAT is considered a re-emergent disease. African animal trypanosomiasis (AAT) or Nagana has been considered one of the most important vector-borne diseases of livestock 3.

The development of cattle breeding has been consistent with the control of this disease 4. Despite these available results, trypanocides remain the most widely sold drugs 5. Currently available treatments (Suramin and pentamidine in the blood stage, melarsoprol and eflornithine in the advanced stage) are outdated, some of them even proving to be toxic to patients 6,7. Several approaches to control the vector, such as breeding trypan tolerant animals, using biotopes unfavorable to vector development and using trypanocides are used 8. Vector control using insecticides of varying degrees of persistence are also used, but these are involved in the destruction of the useful insects such as bees, which play an important role in pollination and honey production 9. The limitations of these different control methods and the appearance of trypan-resistance have been demonstrated worldwide 10. The chemo resistance of trypanosomes to the current drugs used since 1940 is becoming an alarming problem, due to the lack of therapeutic alternatives that seriously compromise the control of this parasite 11. The need for new, less expensive and non-toxic trypanocides has been pressing for almost a century 12. It is also known that locally used plants are an important source of new drugs 13. Thus, in view of the poverty afflicting African countries, the evaluation of the trypanocidal activity of medicinal plants remains an important area of research.

*Strychnos spinosa* is a typical forest and fruit species. It is a thorny shrub with a beautiful appearance that reminds one of the jujube tree in terms of its foliage and thorns. *Strychnos spinosa* is a well-known strong medicinal plant. It is presented as an anti-venomous serum, very good
antispasmodic, anti-diarrheal and excellent purgative. It is also used as an anti-malarial, galactogen, against nerve problems and dermatosis.

This study aims to validate the trypanocidal traditional use of *Strychnos spinosa*, the activity of the aqueous and ethanolic extracts was evaluated on mice infested with *Trypanosoma brucei brucei*.

### 1. MATERIALS AND METHODS

#### 1.1. Plant material

The ethnobotanical survey was carried out among the traditional healers, and the recipes and plants most commonly used for the treatment of the disease were selected for the experimental studies in the laboratory. Thus, the leaves of *Strychnos spinosa* were chosen. The leaves of *Strychnos spinosa* were collected during the months of May and June 2020 in Léré (southwestern Chad), a locality located 35 km from Figuil (Cameroon). The identification was carried out at the National Herbarium of Yaoundé/Cameroon where the voucher was kept under specimen number: 40786/SRF. The leaves were washed with water and then dried under artificial ventilation, free from direct sunlight and dust. Once dried, the leaves were grind into powder and sealed in airtight bags.

#### 1.2. Animal material

The study was carried out on white mice *Mus musculus* Swiss, of both sexes weighing between 20 and 32 g. They were supplied by the National Veterinary Laboratory (LANAVET of Garoua (Cameroon), and then acclimatized for 7 days in the Animal Physiology Laboratory of the University of Yaoundé/Cameroon where the voucher was kept under specimen number: 40786/SRF. The animals were fed with pellets supplied by LANAVET and *ad libitum* water.

#### 1.3. Trypanosomal strain

The *Trypanosoma brucei brucei* strain used in this study to infect mice is originated from the Faculty of Veterinary Medicine, University of Nigeria Nsukka.

#### 1.4. Chemical substance

Isomethamidium chloride (Trypamidium®) which was used as a reference substance in this study was purchased at Veterinary pharmacy in Moundou, Chad. It is in the form of a red powder, which is soluble in water.

#### 1.5. Preparation of extracts

One hundred and fifty grams of the crushed material was macerated in 500 ml of distilled water. The maceration was carried out for 24 hours under magnetic stirring, protected from light by covering the beakers with aluminum foil. The macerate was then collected and centrifuged. The supernatant was filtered, frozen and freeze-dried. After 72 hours of freeze-drying, a powder was obtained with a percentage yield of 24.6%. The lyophilisate was kept in a desiccator to avoid any humidification.

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\text{Percentage yield} = \frac{\text{Mass of powder extract}}{\text{Mass of concentrated filtrate}} \times 100
\]

#### 1.5.1. Preparation of ethanolic extracts of *Strychnos spinosa*

One gram of lyophilisate was taken and dissolved into 10 ml of 70 % ethanol. The stock solution of concentration 100 mg/ml was obtained and corresponded to the dose of 1000 mg/kg (D1). This solution was dissolved into ½ and ¼ in distilled water and yielded the respective doses of 500 (D2) and 250 mg/kg (D3).

#### 1.5.2. Preparation of aqueous extracts of *Strychnos spinosa*

One gram of dry extract of *Strychnos spinosa* was taken and dissolved into 10 ml of distilled water. The stock solution of concentration 100 mg/ml was obtained and corresponded to the dose of 1000 mg/kg (D1). This solution was dissolved into ½ and ¼ in distilled water, and yielded the respective doses 500 (D2) and 250 mg/kg (D3).

#### 1.6. Qualitative analysis of phytochemical constituents

Three solvents of different polarity were used: Water, ethanol, and diethyl ether. For both extracts, extraction was done by decocation of the plant material at 10 % (W/V: 10/100) in the solvent for 30 minutes. The mixture was filtered and then subjected to various phytochemical tests to determine the content of tannins, saponosides, triterpenes, flavonoids and alkaloids.

##### 1.6.1. Determination of tannins

Two drops of 2 % FeCl3 solution was added to 2 ml of the test solution and the mixture was left to stand for 5 minutes. A positive test was revealed by the appearance of a blue-black coloration and a precipitate, which confirms the presence of tannins.

##### 1.6.2. Determination of saponosides

Five millimeters of three solvents: etheric, ethanolic and aqueous were thoroughly mixed with 10 ml of distilled water for 2 minutes. There was the formation of a persistent foam after 15 minutes, which confirmed the presence of saponosides.

##### 1.6.3. Determination of triterpenes

Five millimeters of each extract was mixed with 2 ml of chloroform and 3 ml of concentrated sulphuric acid. A
brownish-red color of the interface layer indicated the presence of heterosidic triterpenes 17.

1.6.4. Determination of flavonoid

Five millimeters of Strychnos spinosa extracts were mixed with a few drops of concentrated HCl and a quantity of magnesium turnings was added (leaving to act). The presence of aglycone flavonones was confirmed by the appearance of a red or orange color 16.

1.6.5. Determination of alkaloid

A few drops of Mayer’s reagent were added to 1 ml of Strychnos spinosa extracts. The formation of a white precipitate indicated that the test was positive 18.

1.7. Distribution and infestation of mice

Mice of about 8 to 10 weeks old were selected homogeneously according to their weight (20 to 32 g). These mice marked on their tails were distributed into 14 groups of 6 mice each in polystyrene cages: 1 negative control group, 1 positive control group and 12 test groups. After one week of acclimatization in the laboratory, the mice were inoculated by an intraperitoneal injection of about 0.05 ml of blood containing about 1000 strains of T. brucei brucei trypanosomes. After injection, the animals were placed in cages with the same environmental conditions as before. Parasitemia was checked on day 4 post-infection, and then the mice were treated on day 5 with the different doses of the extracts (250, 500 and 1000 mg/kg) and isometmidium chloride (1 mg/kg). As from the 7th day, a cut was made on the terminal part of the tail of each animal every 2 days during 10 days. After the cutting of the tail, a drop of blood was deposited between slide and coverslip for the observation under the microscope and the number of parasites per field was recorded. The observation of mice body weight was also evaluated. The pronouncement of clinical symptoms (coat, behavior, noticeable emaciation) and mortality during the infection were recorded.

1.8. Treatment of infected mice

The mice divided as described above were treated with different treatments. The negative control group was treated with distilled water (by oral pathway), the positive control group was receive a dose of 1 mg/kg of isometmidium, while the 12 test groups were treated orally with different doses (250, 500 and 1000 mg/kg) of the aqueous and ethanolic extracts. After treatment, mice were monitored for 10 days and fresh blood was drawn (50 µl) by cutting off the terminal part of the tail of each mouse every 2 days for parasitaemia analysis.

1.9. Body weight and food intake measurements

Every animal in each group were weighed before blood collection every two days sing an electronic kitchen scale. The animal food intake in each group was also recorded daily.

1.10. Realization of blood smears

A drop of blood from the tip of the tail of each mouse was placed on a slide. Another slide was used to spread the drop. A smear was prepared following the usual hematology procedure. The smear was air-dried and then fixed with methanol for one minute. Excess methanol was removed by turning the smear downwards onto a staining tray. Using a 20 ml syringe and a blunt-tipped needle, the Giemsa was diluted 1:10 with buffered distilled water. After mixing, the Giemsa was removed by air. Using the needle and syringe, the Giemsa solution was introduced under the slide, taking care to avoid trapping large air bubbles.

The whole set was left for 30 minutes. At the end of the staining time, the slides are rinsed briefly with running water and then left to dry in an upright position. Any parasites were observed with an immersion objective for further detail of their morphology. Immersion objectives x 100 were particularly useful in the preliminary examination. Several microscopic fields are scanned to determine the presence or absence of trypanosomes.

1.11. Statistical analysis:

Blood parasite densities (D) were determined using the following formula from 19:

$$D = \frac{\text{Number of parasites}}{\text{Number of fields read}} \times 50$$

The number of parasites corresponds to the number of trypanosomes in 100 slide fields.

Mortality rates (T) are determined by the following formula from 20:

$$T = \frac{(A-B)}{A} \times 100$$

A and B are the parasite densities before and after treatment respectively, the same animal being considered as a control before treatment. The difference between the positive control and treated groups was statistically analyzed by the analysis of variance (ANOVA) method followed by Dunnnett’s multiple comparison tests, using Graph Pad Instate software. P-values of less than 5% (P<0.05) are considered statistically significant. The lethal doses 50 (LD50) were calculated using the equation of the linear regression line expressed as follows:

$$Y = A x + B$$

x is the value of the decimal logarithm of the doses, assuming that for LD50, Y = 5, then x = (5-B)/A.

2. RESULTS

2.1. Phytochemical characterization tests

Table 1: Phytochemical composition of Strychnos spinosa

| Families of chemical compounds | Decoction |
|--------------------------------|-----------|
| Alkaloids                      | +         |
| Saponosides                    | +         |
| Flavonoids                     | +         |
| Tannins                        | -         |
| Triterpenes                    | -         |

Legends: +: Present; -: Absent

2.2. Overall parasite densities before treatment

Observation of parasite densities before treatment ranged from 250 to 800 parasites/µl (Figure 3). We found out that, the 84 mice inoculated with the Trypanosoma brucei brucei strain, where all parasitic. More than 70 % of the mice showed a high parasite density [400-650]. Mice with low parasite densities ranged from [250-350] and those with very low parasite densities were less numerous [700-800].
2.3. Effects of Strychnos spinosa on parasite numbers

2.3.1. Effect of aqueous extract on parasite density

In each batch, the different treatments resulted in a progressive decrease in parasite densities as the time after treatment increased. During the ten days (D10) after treatment, the 250 and 500 mg/kg dose had a statistically similar trypanocidal effect. The 1000 mg/kg dose on day six (D6) right up to day eight (D8), induced a statistically decrease in density which is similar to that of isometamidium chloride (Figure 4). On day ten (D10), there was a significant difference between the 1000 mg/kg dose and isometamidium chloride.

2.3.2. Variations in parasite mortality rate in relation to the effect of the aqueous extract

The different results showed that the high dose [1000 mg/kg] has a potential effect compared to the low doses [250 and 500 mg/kg]. On day ten (D10) of treatment, parasite mortality was induced by 32 % by the 250 mg/kg dose, 37 % by the 500 mg/kg dose and 56 % by the 1000 mg/kg dose of the aqueous extract of Strychnos spinosa in mice infested with T. brucei brucei (Figure 5). On day ten (D10) of treatment, an increase in mortality rate was observed depending on the dose used. The 250 and 500 mg/kg doses showed a mortality rate of less than 50 %. On the other hand, the 1000 mg/kg dose and isometamidium chloride 1 mg/kg a positive control, induced a mortality rate of 65 % and 85 % respectively.

Figure 3: Overall parasite densities from to 4 days before treatment with plant extracts and isometamidium chloride.

Figure 4: Effect of aqueous extract of Strychnos spinosa on the daily evolution of T. brucei brucei numbers.

Figure 5: Mortality rate by the effect of aqueous extract of Strychnos spinosa on the parasite density of T. brucei brucei.
2.3.3. Lethal Dose 50 (LD_{50}) of the aqueous extract of *Strychnos spinosa*

The equation of the linear regression line obtained with the mortality probits at day 10 of treatment is \( y = 0.355x + 2.181 \) (Figure 6).

![Figure 6: Regression line of *T. brucei brucei* mortality versus the decimal logarithm of the doses of the aqueous extract of *Strychnos spinosa*.](image)

The LD_{50} of the aqueous extract of *Strychnos spinosa* is 218.07 mg/kg on day 10.

2.3.4. Effect of ethanolic extract on parasite density

In figure 7, the effect of the *Strychnos spinosa* extract was a function of the treatment days and the doses administered. The decrease was progressive over time. The 1000 mg/kg dose induced a significant decrease compared to the doses (250 and 500 mg/kg) (Figure 7). At day 0 (D_0) the parasite density was 500 parasites/µl and at day 10 (D_{10}) it was reduced to 250 parasites/µl in the 1000 mg/kg treated group. Until day 6, the effect of isometamidium chloride was comparable to that of the 1000 mg/kg dose (Figure 7). The 250 and 500 mg/kg doses showed a statistically similar trypanocidal effect from day 2 until day 10. The 1000 mg/kg dose and isometamidium chloride have a statistically similar effect on day 2 until day 3 and then its effect differs significantly on day 6 until day 10.

![Figure 7: Effect of ethanolic extract of *Strychnos spinosa* on the daily evolution of *T. brucei brucei* numbers](image)

2.3.5. Variations in parasite mortality rate by the effect of ethanolic extract

On the tenth day (D_{10}) of treatment, all doses induced a mortality rate higher than 50%. The activity of this extract is explained by its composition: alkaloids, tannins, terpenes and flavonoids that have an antiparasitic activity. Parasite mortality on the tenth day of treatment was induced by 32% by the 250 mg/kg dose, 39% by the 500 mg/kg dose and 62% by the 1000 mg/kg dose. Isometamidium chloride, a positive control, induced a mortality of 85% (Figure 8).

![Figure 8: Mortality rate of the effect of ethanolic extract of *Strychnos spinosa* on the parasite density of *T. brucei brucei*](image)

The LD_{50} of the ethanolic extract of *Strychnos spinosa* is 225.79 mg/kg on day 10.

2.3.6. Lethal dose 50 (LD_{50}) of ethanolic extract of *Strychnos spinosa*

The equation of the linear regression line obtained with the mortality probits at day 10 of treatment is \( y = 0.348x + 2.326 \) (Figure 9).
DISCUSSION

More than 80 % of the population in developing countries uses medicinal plants for their health problems. Despite this extensive use, very little scientific work is undertaken to verify the safety and efficacy of remedies derived from these plants. In this study, ethanolic and aqueous extracts of Strychnos spinosa foliage were tested on mice infected with Trypanosoma brucei brucei to demonstrate competition between different doses of isometamidium chloride and the doses of 250 and 500 mg/kg of Strychnos spinosa. Between these doses, aqueous and ethanolic extracts of Strychnos spinosa showed trypanocidal activity.

The results of the overall parasite densities before treatment of the 84 mice inoculated with the Trypanosoma brucei brucei strain showed that more than 70 % of the mice showed high parasite density. White mice are very sensitive hosts to trypanosomes in general and Trypanosoma brucei brucei in particular. Several authors have used this parasite in white mice. This is the case of Matovu et al. who showed the role of IgM and B-cells antibodies in Trypanosoma brucei brucei infected mice and Balé Bayala et al.

The effect of the aqueous extract treatments on the parasite density of mice in each batch resulted in a progressive decrease in parasite densities as the time after treatment increased. Ten days after treatment, the 250 and 500 mg/kg doses had a statistically similar trypanocidal effect. These results are comparable to those obtained by several authors on the competitive effect of aqueous extracts of the plant and testosterone propionate on impuberate castrated mice. They obtained a similar effect of two concentrations; this can be explained by the proximity of the doses which induce a similar effect (250 and 500 mg/kg) compared to the 1000 mg/kg dose. These authors show that apart from the low toxicity for the plant, the 1000 mg/kg dose is the most effective.

The different results of the variation of the parasite mortality rate in relation to the effect of the aqueous extract showed that the higher dose (1000 mg/kg) has a potential effect compared to the lower doses (250 and 500 mg/kg). On the tenth day of treatment, the increase in mortality rate was relative to the dose used. Thus, the 250 and 500 mg/kg doses had a mortality rate of less than 50 %. In contrast, the 1000 mg/kg dose and the positive control isometamidium chloride induced a mortality of 65 % and 85 % respectively. The lethal dose 50 of the aqueous extract of Strychnos spinosa obtained on day 10 was 218.07 mg/kg. This inhibitory action of the different doses of the extract on Trypanosoma brucei, brucei parasites could be explained by the presence of active substances such as alkaloids, which have antiparasitic activity. This activity could also be explained by the trypanocidal activity of alkaloids and flavonoids. Tamini and Sawadogo have shown that the accumulation of diminazene rapidly and specifically in the kinetoplast, a parasite organelle containing DNA, suggests selective inhibition of parasite DNA synthesis.

The effect of the ethanolic extract on the parasite density of the Strychnos spinosa extract was relative to the days of treatment and the doses administered. The decrease was progressive over time. The 1000 mg/kg dose induced a significant decrease compared to the doses (250 and 500 mg/kg). This effect is comparable to that of the 1000 mg/kg dose revealed by isometamidium chloride. Indeed, whatever the concentration used the parasite densities decrease when the time increases. This decrease would be due to the concentration of the active principle. We can say that this decrease is caused by the dilution, which decreases the effectiveness of the extract. The less active effects of the 250 and 500 mg/kg doses are comparable to those obtained by Vitouley on the study of the trypanocidal potential of aqueous plant extracts for the treatment of trypanosomiasis. He showed that some plants used at a low dose, have a weak action.

Variations in the mortality rate of parasites by the effect of the ethanolic extract on the tenth day (D10) of treatment induced a mortality rate higher than 50 %. The activity of this extract could be explained by its composition: alkaloids, tannins, terpenes and flavonoids that have antiparasitic activity. Parasite mortality on the tenth day of treatment was increasing with increasing doses. Ethanolic extract of Strychnos spinosa induced a mortality of 62 % at a dose of 1000 mg/kg. These results are statistically comparable to the 95 % mortality rate induced by the isometamidium chloride positive control. The lethal dose 50 of ethanolic extract of Strychnos spinosa was obtained at 225.79 mg/kg on day 10 (D10), which could be explained by the presence of active substances such as alkaloids with anti-parasitic activity.

CONCLUSION

At the end of this study, it was found that extracts of Strychnos spinosa showed trypanocidal activity, which confirms the concern of farmers about the decline in animal fertility after consumption of this plant. Thus, we noted mortality rates of 32 %, 39 % and 62 % respectively for doses of 250; 500 and 1000 mg/kg of the ethanolic extract of Strychnos spinosa while the aqueous extract of Strychnos spinosa induced mortality rates of 32 %, 37 % and 56 % respectively for the doses 250; 500 and 1000 mg/kg. The lethal doses 50 of ethanolic and aqueous extracts of Strychnos spinosa noted were 225.79 and 218.07 mg/kg on T. brucei brucei respectively.

Authors’ contributions

Vouchakbé Joël contributed to the design of the study, sample collection, data analysis and drafting of the manuscript. Djamilou Zouheira participated in the design of the study and the writing of the manuscript. Nfor Njini Gael participated in the design and writing of the manuscript. All authors read and approved the final manuscript.

Availability of data and materials

All data generated and/or analyzed during this study are included in the article and its additional files.
Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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