Chronic psychosocial stress and experimental pubertal delay affect socioemotional behavior and amygdala functional connectivity in adolescent female rhesus macaques

Melanie Pincus a, Jodi R. Godfrey b, Eric Fecezko b,c,d, Eric Earl e, Oscar Miranda-Dominguez b,c,d, Damien Fair b,c,d, Mark E. Wilson a,f,i,1, Mar M. Sanchez a,g,i,1, Clare Kelly g,h,i,j,k,l

a Division of Developmental and Cognitive Neuroscience, Yerkes National Primate Research Center, Emory University, Atlanta, GA, USA
b Masonic Institute for the Developing Brain (MIDB), University of Minnesota, Minneapolis, MN, USA
c Institute of Child Development, College of Education and Human Development, University of Minnesota, Minneapolis, MN, USA
d Department of Pediatrics, University of Minnesota Medical School, University of Minnesota, Minneapolis, MN, USA
e Department of Behavioral Neuroscience, Oregon Health & Science University, Portland, OR, USA
f Department of Psychiatry & Behavioral Sciences, Emory University, USA
g School of Psychology, Trinity College Dublin, Dublin, Ireland
h Department of Psychiatry at the School of Medicine, Trinity College Dublin, Dublin, Ireland
i Trinity College Institute of Neuroscience, Trinity College Dublin, Dublin, Ireland

A B S T R A C T

In females, pubertal onset appears to signal the opening of a window of increased vulnerability to the effects of stress on neurobehavioral development. What is the impact of pubertal timing on this process? We assessed the effects of pubertal timing and stress on behavior and amygdala functional connectivity (FC) in adolescent female macaques, whose social hierarchy provides an ethologically valid model of chronic psychosocial stress. Monkeys experienced puberty spontaneously (n = 34) or pubertal delay via Lupron treatment from age 16–33 months (n = 36). We examined the effects of stress (continuous dimension spanning dominant/low-stress to subordinate/high-stress) and experimental pubertal delay (Lupron-treated vs. Control) on socioemotional behavior and FC at 43–46 months, after all animals had begun puberty. Regardless of treatment, subordinate monkeys were more submissive and less affiliative, and exhibited weaker FC between amygdala and dorsolateral prefrontal cortex and stronger FC between amygdala and temporal pole. Regardless of social rank, Lupron-treated monkeys were also more submissive and less affiliative but were less anxious and exhibited less displacement behavior in a “Human Intruder” task than untreated monkeys; they exhibited stronger FC between amygdala and orbitofrontal cortex. No interactions between rank and Lupron treatment were observed. These similar behavioral outcomes may reflect the common factor of delayed puberty – whether this is stress-related (untreated subordinate animals) or pharmacologically-induced (treated animals). In the brain, however, delayed puberty and subordination stress had separable effects, suggesting that the overlapping socioemotional outcomes may be mediated by distinct neuroplastic mechanisms. To gain further insights, additional longitudinal studies are required.

1. Introduction

Adolescence is a critical developmental period during which the brain is particularly sensitive to the effects of adverse experience such as chronic social stress (Dahl et al., 2018; Fuhrmann et al., 2015). From age 13, females are diagnosed with depression at twice the rate of males (Thapar et al., 2012). This disparity continues throughout the reproductive life cycle (Soares and Zitek, 2008), suggesting adverse experiences and psychosocial factors interact with female biology to increase vulnerability to mood disorders. One hypothesis is that sex-specific pubertal increases in gonadal hormones such as estradiol (E2) potentiate stress-induced plasticity within brain circuits supporting emotion.
Psychoneuroendocrinology 127 (2021) 105154

2

Rinc is to separate chronological age from pubertal timing and stage, as these exposure to female gonadal hormones at any age increases vulnerability regardless of timing (e.g., Lewis et al., 2018). Data linking contraceptive nations (e.g., Herman-Giddens, 2017, 2006), combined with rising rates onset) confers risk for adverse neurobehavioral outcomes. (e.g., Koss et al., 2015; Markham et al., 2007). When female rodents

ence. In rodents, sex differences in the number of neurons in ventro
to the effects of stress on brain and behavior is also emerging. For example, typical (puberty-linked) or

The steep drop in the age of the onset of female puberty in developed nations (e.g., Herman-Giddens, 2017, 2006), combined with rising rates of depression among young women (Twenge et al., 2019) suggests that early female puberty may confer increased vulnerability to stress-linked psychopathology, likely reflecting both biological and psychosocial mechanisms (Copeland et al., 2019). Other data suggest that chrono

cological age is less important, however, and that the hormonal changes associated with puberty confer increased risk of mood dysregulation, regardless of timing (e.g., Lewis et al., 2018). Data linking contraceptive medication with increased depressive symptoms (Skovlund et al., 2016) and suicide risk (Skovlund et al., 2018), further suggest that elevated exposure to female gonadal hormones at any age increases vulnerability to mood dysregulation. A key challenge for studies examining these links is to separate chronological age from pubertal timing and stage, as these are inherently entwined and influenced by complex confounds, including body-mass index and socioeconomic status (Herman-Giddens, 2017). Further, studies on the role of stress in catalyzing negative behavioral outcomes in humans are constrained to be correlational.

By permitting direct experimental manipulations of hormone exposure and stress, translational research with non-human animals overcomes these challenges. Such research is uncovering a picture of how gonadal hormones shape brain structure and function during adolescence. In rodents, sex differences in the number of neurons in ventro-

medial prefrontal cortex (vmPFC), and in vmPFC gray and white matter volume in adulthood (females < males) reflect differential rates of neuron and glial cell loss, pruning, and myelination during adolescence (e.g., Koss et al., 2015; Markham et al., 2007). When female rodents undergo prepubertal gonadectomy, these sexual dimorphisms do not emerge, suggesting that they are driven by puberty-related increases in ovarian hormones, including E2 (Koss et al., 2015). Evidence of the mechanisms through which pubertal E2 increases shape brain function and behavior is also emerging. For example, typical (puberty-linked) or early (pre-pubertal) but not late (post-pubertal) exposure to elevated E2 drives the maturation of inhibitory neurotransmission in mouse cingu-
late, thus altering the plasticity of cortical networks supporting cognitive control of behavior that are consistently implicated in psychopathology (Piekarски et al., 2017).

Although sex differences in the effects of stress on brain and behavior in adult rodents are well documented (e.g., McEwen et al., 2016; Rincon-Cortes et al., 2019), murine research on how stress alters neurodevelopment has typically focused on males. Emerging studies on sex differences suggest that stress alters developmental plasticity in areas such as medial PFC, amygdala, and hippocampus in both sex-dependent and sex-independent ways within a specific time window triggered by puberty (e.g., Brench et al., 2019; Eiland et al., 2012). Increased female vulnerability to some of the effects of stress on socioemotional behaviors during adolescence (e.g., Bourke and Neigh, 2011; McCormick and Green, 2013; Weintrab et al., 2010) further suggests differential stress-related alteration of neurodevelopment in males and females. Together, these findings suggest that the normative pubertal rise in E2 may trigger a sensitive window of increased female vulnerability to the effects of stress during adolescence (Hodes and Emperson, 2019; Namİnk et al., 2011). Earlier puberty may thus widen or prematurely open the window of risk. A corollary hypothesis is that later onset of puberty may reduce risk, since the developing brain may become less sensitive to the effects of gonadal hormones with increasing age (Schulz and Sisk, 2016). Secular trends towards earlier puberty onset, rising rates of depression and anxiety among young women, and the growth in medical treatment of girls showing signs of precocious puberty (e.g., Eugster, 2019), highlight the importance of examining how the timing of exposure to puberty-linked increases in gonadal hormones interacts with stress in the developing brain.

Neuroimaging studies have begun to disentangle the effects of age, sex, and pubertal stage on brain structure and function in humans (e.g., Goddings et al., 2019; Herting et al., 2015; van Duijvenvoorde et al., 2019; Wierenga et al., 2018), as well as the impact of stress during development (e.g., Cohodes et al., 2020; Fareri et al., 2017; Totten and Galvan, 2016). Their findings map well onto the rodent work, demonstrating altered structure, function, and connectivity within and between regions such as amygdala, striatum, hippocampus, and PFC. Examining how pubertal hormones interact with stress remains a chal-

leng e for human studies, however, because it is not permissible to experimentally manipulate these. Studies with non-human primates offer a translational bridge from rodent work. In a recent example, Reding et al. (2019) showed that, in ovariec
tomized adult female rhesus monkeys, treatment with E2 differentially modulated amygdala-medial PFC functional connectivity in chronically stressed (subordinate) relative to non-stressed (dominant) animals. This suggests that, even during adulthood, exposure to E2 interacts with chronic stress to alter macro-

scale brain circuits of relevance to human psychopathology.

Here, we examined a similar question in a neurodevelopmental context – adolescence – using the same macaque social subordination model. By experimentally delaying puberty onset in half our sample of adolescent female macaques using a pharmacological blocker, Lupron, we could dissociate chronological age from pubertal timing and compare the effects of species-typical (Control) vs. late (Lupron-treated) pubertal onset on stress-related brain and behavioral phenotypes. We expected that subordinate status would be associated with stress-related socioemotional adaptations and altered functional connectivity (FC) in amygdala circuits, and contrasted the following opposing hypotheses regarding the impact of pubertal timing: (1) given evidence that elevated exposure to female gonadal hormones may increase vulnera-
bility to stress, regardless of age, subordination stress will be associated with altered socioemotional behavior and FC, regardless of chronologic

al age at puberty onset (i.e., there will be no interaction between social status and pubertal delay), or, (2) since the brain may become less sensitive to the organizing effects of gonadal hormones as increasing age, experimentally delaying puberty will protect against the effects of subordination stress (i.e., social status and pubertal delay will interact, such that treated subordinates with late-onset puberty will exhibit fewer neurobehavioral alterations than subordinates with typical puberty). Our study provides an initial experimental test of these two conflicting predictions concerning the role of chronological age vs. puberty-linked hormonal changes in determining the impact of stress on neuro-

behavioral development.

2. Methods

2.1. Subjects

Subjects were 70 female rhesus macaques (Macaca mulatta) housed at the Yerkes National Primate Research Center (YNPRC) Field Station in Lawrenceville, GA, living in 4 large social groups made up of 2–3 adult males, 30–60 adult females, and their offspring (prepubertal animals). The animals were housed in outdoor half-acre (~2000 m²) enclosures with access to climate-controlled indoor facilities (~72 m³). This configuration resulted in 60–90 monkeys per enclosure; overcrowded groups are not permitted. There were no natal males > 2 years old in the groups during the course of this study; routine colony management practices require that males be removed from their natal groups by 2 years of age. Animals had unrestricted access to both outdoor and indoor areas except during daily cleaning of the indoor area (~1 h) or during times of periodic behavioral observations. They had ad libitum access to water and a standard low-fat, high-fiber diet (Purina Mills Int., Lab Diets, St. Louis, MO, USA) supplemented with fresh fruit and vegetables.
The present analyses are part of a family of studies of this cohort examining the effects of social status on a range of neurobehavioral outcomes from the early juvenile, pre-pubertal-period through post menarche and first ovulation (e.g., Wilson et al., 2013). On average, there were 11–21 prepubertal females in a group in any given year. Subjects in the current study were recruited over the course of 2 years. All husbandry activities, animal resource configurations that house animals, and all procedures were approved by the Emory University Institutional Animal Care and Use Committee in accordance with the Animal Welfare Act and the U.S. Department of Health and Human Services “Guide for Care and Use of Laboratory Animals.”

2.2. Social rank

Socially housed female macaques naturally organize into a linear social dominance hierarchy in which subordinate members are subject to constant unpredictable harassment, mimicking the uncontrollable and unpredictable nature of human psychosocial stress (Wilson, 2016). Subordinate group-living macaques experience continuous exposure to subordination stress from early in life and exhibit a range of stress-related neurobehavioral (Godfrey et al., 2016) e.g., Howell et al., 2014; Reding et al., 2019) and health outcomes (Sapolsky, 2005; e.g., Snyder-Mackler et al., 2016).

Our ethologically valid model operationalizes chronic psychosocial stress (PS) as social status, a continuous dimension spanning dominant social status (low-PS) to subordinate social status (e.g., Wilson et al., 2013). Each animal’s relative social rank was determined from the outcome of dyadic agonistic interactions between group mates, based on frequent 30-min observations throughout the study period (Wilson et al., 2013). A more subordinate rank was assigned to an animal that unequivocally submitted to another animal. More subordinate animals exhibit proportionately more submissive behavior, relative to more dominant group mates. Even “dominant” animals show submissive behaviors towards animals that rank above them, however; the only animal in a group that does not submit is the alpha male or female. Each animal’s relative social rank is calculated as a number between 0 and 1 that represents her rank divided by the total number of animals in the social group, excluding animals < 12 months old. Accordingly, dominant animals have low relative ranks (e.g., an animal ranked 1 out of 100 animals has a relative rank of 0.01) while subordinate animals have high relative ranks (e.g., an animal from the same group with a rank of 85 has a relative rank of 0.85). Each animal’s rank was determined using these methods prior to the start of the study (i.e., prior to Lupron administration) and were continuously confirmed during the social group observations as well as during daily rounds made by research staff throughout the study period. Relative ranks were consistent throughout the study for all but seven subjects who were removed from their natal group just before the 42-month data collection point because of intra-group aggression. For these subjects, their relative social rank at the time of removal was used, as it best reflects their life history and experience.

2.3. Determination of menarche and first ovulation

As described previously (Wilson et al., 2013), the initiation of puberty was operationally defined as the appearance of perineal swelling or menarche based on 4–5 observations each week. These early pubertal events reflect small, yet biologically significant fluctuations in serum estradiol, secondary to gonadotropin stimulation of the ovary (Wilson et al., 1986, 1989). Perineal coloration and swelling was each rated on a 3-point scale with 0.5 increments. Prior to puberty onset, before evidence of any perineal swelling or first menstruation, a serum sample was obtained biweekly from capture-acclimated, non-anesthetized subjects. Once menarche or a perineal swelling cycle were first observed, a serum sample was collected twice weekly for the determination of serum progesterone to identify first ovulation from the luteal phase increase in serum progesterone (Wilson et al., 1988, 1986). This protocol was maintained until first ovulation was determined for each subject. Animals were trained to move from the outdoor area to their indoor quarters for conscious blood draws. Animals were well-trained and habituated to all procedures to minimize stress activation.

2.4. Lupron administration

Animals were randomly assigned to a Control group (n = 36) that reached menarche spontaneously (30.88 ± 0.64 months; Fig. 1) or to group that received depot Lupron treatment (Lupron-treated; n = 34), resulting in delayed menarche (38.07 ± 0.34 months). Depot Lupron is a sustained-release gonadotropin-releasing hormone (GnRH) agonist that down-regulates GnRH receptors in the pituitary, suppressing developmental increases in gonadotropins and E2. The FDA has approved Lupron (Leuprolide acetate) for the treatment of disorders/conditions that are acerbated by increased gonadal steroid secretion including endometriosis and uterine fibroids in women; advanced prostate cancer in men; and congenital precocious puberty in children.

The drug was administered monthly (0.25 µg/kg/mo, i.m.) from 16.36 ± 0.23 to 32.56 ± 0.23 months of age, to experimentally delay menarche until a later chronological age. Once Lupron was discontinued, treated animals began to experience menarche and by the time of data collection for this study, all subjects had reached menarche. Lupron treatments were administered at the time of the biweekly access for blood collection, using previously described procedures (Wilson et al., 1986). Control females were not injected with placebo given that they experienced a blood sample collection at the time of access.

2.5. Social behavior

In the period spanning 1 month prior to and 1 month after MRI data collection (Section 2.7), seven to eight 30-min behavioral focal observations were collected for each subject from towers above the social groups using an established rhesus monkey ethogram that includes submissive (withdraw, fear grimace), affiliative (proximity, groom), anxiety-like (yawn, body shake, self-scratch), and aggressive (threat, display, attack chase) behaviors. Observers recorded behaviors for initiators and recipients in real time with WinObs software. To ensure inter-observer reliability, the observational records (reflecting successive lines of “actor – behavior – recipient”) of pairs of observers (one of whom was previously shown to be reliable) were compared line to line to measure agreement (expressed as percent of lines showing agreement). Once an observer achieved three consecutive records showing > 92% agreement with the reliable co-observer, that individual was also deemed “reliable.” For the present study, seven trained technicians, all of whom were deemed reliable with one another, conducted the observations. Frequencies of behaviors were averaged across observation sessions for analysis. One Lupron-treated subject was excluded due to clinical issues and missing data.

2.6. Human intruder (HI) task

The HI task is an ethologically relevant, standardized measure of animals’ emotional reactivity to an unfamiliar human intruder, as we have described previously (Wilson et al., 2013). The HI paradigm consists of three consecutive 10-min sessions: an alone condition, an intruder profile condition (experimenter enters the room and sits with his/her profile toward the monkey), and an intruder stare condition (experiment turns and makes eye contact with the subject). Sessions were videotaped and established methods were used to score the frequency and duration of behaviors. A Principal Component Analysis (PCA) with varimax rotation was performed using SPSS to reduce the dimensionality of the data. Behaviors with loading scores < 0.4 were excluded from components. Composite scores were calculated for each component and entered as dependent variables in regression models.
described below. Data were not available for three Lupron-treated subjects.

### 2.7. Functional MRI data acquisition

Resting-state-fMRI and T1 images were acquired at 43.43 ± 0.14 months using a 3 T Siemens Tim Trio and an 8-channel phase array coil within the YNPRC Imaging Core. Following induction with telazol (3.81 ± 0.05 mg/kg, i.m.), isoflurane anesthesia inhalation was kept to the lowest possible level (1.03 ± 0.01%). Animals were scanned supine; their heads were immobilized in a custom head holder with ear bars and mouthpiece. Physiological parameters were monitored using an oximeter, ECG, rectal thermistor and blood pressure monitor. An intravenous catheter was also used to administer dextrose/NaCl (0.45%) to maintain normal hydration, and an MRI-compatible heating pad helped maintain the subjects’ body temperature. Four 15-min fMRI scans were acquired using a T2*-weighted gradient-echo echo-planar imaging (EPI) sequence (400 volumes, TR/TE = 2060/25 ms, voxel size = 1.5 mm isotropic). Anatomical scans were acquired using a T1-weighted MPRAGE sequence (128 coronal slices, TR/TE = 3000/3.52 ms, voxel size = 0.5 mm isotropic). Subjects were returned to their social group the following day after fully recovering from anesthesia (alone). Imaging data were not collected from one Control.

### 2.8. Functional MRI preprocessing

Imaging data were preprocessed per published protocols (Reding et al., 2019) using an in-house Nipype pipeline incorporating tools from the FMRIB Software Library (FSL; RRID: SCR_002823) and 4dfp tools. The pipeline performs: (1) slice-time correction, (2) one-step resampling of rigid body head motion correction, distortion correction using diffusion field maps, structural-functional co-registration, and non-linear registration of the T1-weighted structural image to the 112RM-SL atlas in F99 space at 1.5 × 1.5 × 1.5 mm³ resolution, (4) signal normalization to a mode of 1000, (5) detrending, (6) regression of rigid body head motion parameters, whole-brain, ventricle, and white matter signal, and all first-order derivatives, and (7) low-pass filtering (< 0.1 Hz). The four runs were concatenated and frames with displacement (FD) greater than 0.2 mm were censored from analysis.

### 2.9. Regions of interest

For voxelwise analyses, left and right amygdala ROIs were manually drawn using cytoarchitectonic maps in a UNC-Wisconsin adolescent atlas (RRID: SCR_002570), then propagated to the 112 atlas in F99 space with flirt and fnirt tools (FSL; Fig. 4D). For Region of Interest (ROI) analyses, five prefrontal ROIs corresponding to Brodmann Area 46 (BA46 -dorsolateral PFC), BA32 (medial PFC), BA24 (anterior cingulate), BA25 (subgenual cingulate), and BA13 (orbitofrontal cortex) were defined using anatomical parcellations in F99 space (Fig. 4D). Each ROI was then manually edited for neuroanatomical accuracy and to avoid overlap, and masked to avoid regions of signal dropout, using subject-level masks that included voxels exceeding a dropout threshold of the mean intensity of the EPI signal across a whole-brain mask minus two standard deviations.

---

**Fig. 1.** Experimental Timeline. Lupron was administered from prepuberty (16.36 ± 0.23 months of age) through the age typical for menarche for this species (32.56 ± 0.23 months of age). In Control animals, menarche occurred at 30.88 ± 0.64 months of age. Once Lupron was discontinued, Lupron-treated animals began experiencing menarche around 38.07 ± 0.34 months of age. MRI Scans, behavioral observations, and Human Intruder data was collected based on the individual’s age (43.43 ± 0.14 months). All animals had reached menarche by the time of data collection.

**Fig. 2.** Effect of Lupron treatment and social rank on pubertal timing. A. Menarche age was significantly delayed in Lupron-treated subjects relative to Controls. Relative social rank (values close to 1 indicate subordinate status (chronically stressed), while values close to 0 indicate dominant status (unstressed)) was positively associated with menarche age for the Control group, but not for the Lupron-treated group (Table 1). B. Lupron-treated subjects experienced first ovulation at a significantly later age than Controls. A positive linear relationship between relative rank and age at first ovulation is evident only amongst Controls.
A. Frequency of Submissive Behavior

B. Frequency of Affiliative Behavior

C. Frequency of Anxiety-like Behavior

D. Frequency of Aggression Received

E. Human Intruder PCA Component 1: Reactivity

F. Human Intruder PCA Component 2: Inhibition

G. Human Intruder PCA Component 3: Exploration

(caption on next page)
Fig. 3. Associations between subordination stress (relative social rank), Lupron treatment, and socioemotional behaviors. A. Rate of submissive behaviors toward non-kin was predicted by social rank and Lupron treatment, with more subordinate animals more frequently exhibiting submissive behaviors, relative to dominant animals, and Lupron-treated animals more frequently exhibiting submissive behaviors than Controls. B. Rates of proximity initiated with non-kin was negatively predicted by both social rank and Lupron treatment. C. Lupron-treated subjects displayed lower anxiety-like behavior in their social groups. D. There were no significant effects of social rank or Lupron treatment on aggression received. There were no significant effects of social rank or Lupron treatment on Components 1 (E) and 2 (F) of the Human Intruder paradigm behaviors. For Component 3 (Exploration), Lupron-treated subjects had lower scores than Controls (G). The graphs in A-D show the average frequency of behaviors across seven-eight 30-min behavioral focal observation sessions. Extreme outliers (<3 SD from the mean) were excluded from all plots. *Significant at $p < .05$ – see Table 2.

Fig. 4. Amygdala Functional Connectivity is altered by social rank and pubertal delay. A. Voxelwise functional connectivity of left and right amygdala (ROIs shown in D) in the Control and Lupron-treated groups. B. Positive association between social status (relative rank, indexing exposure to chronic stress) and FC between left amygdala and right temporal pole; the scatterplot in C shows that more subordinate monkeys (higher relative rank) showed stronger FC between the left amygdala ROI and right temporal pole. D. Anatomically defined Regions of Interest (ROIs) located in amygdala (red), BA46 (yellow), BA32 (green), BA24 (teal), BA25 (purple), and BA13 (orange). E. FC between right amygdala and right dorsolateral PFC (BA46) was negatively associated with subordination stress, with more subordinate monkeys showing weaker FC than dominant ones (Table S4). F. Pubertal delay was associated with FC between left amygdala and left orbitofrontal cortex (BA13) (Table S4), such that Lupron-treated animals exhibited stronger FC than Controls. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)
2.10. MRI quality control

One animal with a large lesion, one with a persistent preprocessing fault, nine with substantial EPI artifact, and six animals with biologically implausible patterns in amygdala FC maps (indicative of additional scanning artifacts) were excluded from imaging analyses. Thirteen further subjects with moderate intensity artifact were excluded from voxelwise analyses, while ROI-ROI analyses were performed with and without them. The results section details the specific number of animals included in each analysis.

2.11. Resting-state functional connectivity

For voxelwise analyses, the average time course across voxels within each amygdala ROI was extracted and correlated with that of all other brain voxels. The resultant correlation coefficient maps were smoothed (3mm FWHM) and Fisher Z-transformed. Using FSL’s FEAT, group-level analyses were performed to identify main and interacting effects of social status (a continuous regressor coding relative social rank) and pubertal delay (Lupron-treated/delayed vs. Control) on whole-brain functional connectivity (FC) within a mask formed by the intersection of 25% gray-matter tissue probability and voxels exceeding a signal dropout threshold (Fig. S1). The native resolution of 1.5 mm was maintained to reduce the risk of false positives. Gaussian Random Field-based correction for multiple comparisons was performed (voxel-wise Z > 3.1, cluster-level p < .005, corrected).

For amygdala-PFC ROI-ROI analyses, the average time course across voxels within the right and left amygdala and right and left counterparts of the five prefrontal ROIs described above (BA46, BA32, BA24, BA25, and BA13) was extracted. To limit multiple comparisons, we computed FC between ipsilateral ROI pairs only (i.e., right amygdala-right BA46, left amygdala-left BA13, etc.). The resulting ten measures of amygdala-PFC FC were examined using the same statistical models as the behavioral data, described in the next section.

2.12. Statistical analyses

We first verified whether social status (psychosocial stress) and/or pubertal delay affected the timing of pubertal milestones (menarche, first ovulation) using regression models (lmPerm in R) that included a continuous regressor coding relative social rank, a binary regressor coding treatment group (Lupron-treated/delayed vs. Control), and an interaction term. Significance was evaluated using a permutation approach and 5000 permutations (perm = “Exact” fewer than 5000 are performed if the p-value does not approach .05).

Next, to examine the effects of subordination stress and experimentally induced pubertal delay on behavior and amygdala-prefrontal FC, we performed a series of regressions. For each dependent variable (i.e., submissive behavior, affiliation (initiating proximity to others), anxiety-like behaviors, aggression received, three principle component scores derived from the Human Intruder task, and ten measures of amygdala-prefrontal FC), relative social rank, treatment condition, and the interaction between social rank and treatment were entered as predictors in the first model (DV = $\beta_0 + \beta_1$ Social Rank + $\beta_2$ Treatment + $\beta_3$ Social Rank x Treatment). We did not correct for multiple comparisons, given the relatively small sample size and complex design, but used a robust permutation approach to statistical significance for all tests. Where variables included extreme outliers (less than or greater than 3 SD from the mean), analyses were performed with and without outliers.

2.13. Brain-behavior analyses

To examine the behavioral significance of FC associations for social status and treatment, we used the lm regression function in R to regress FC between regions (for voxelwise analyses) or nodes (for ROI-ROI analyses) found to exhibit significant effects of social rank or Lupron treatment on the behavioral measures that also showed a significant effect of these factors. For each dependent behavioral variable (e.g., affiliative behaviors), we performed a hierarchical regression in which relative social rank, treatment condition, and the interaction between social rank and treatment were entered as predictors in the first step, and FC was entered in the second step. A brain-behavior relationship was considered significant if the addition of FC significantly improved the explanatory power of the model (i.e., the change in $R^2$ was significant, per the lmSupport function in R).

Data and scripts for statistical analyses are available from: https://osf.io/8zgrs/.

3. Results

3.1. Pubertal timing

As expected, Lupron-treated animals experienced menarche ($p < .001$) and first ovulation ($p < .001$) significantly later than Controls, confirming the efficacy of the Lupron treatment in delaying these pubertal milestones (Table 1, Fig. 2). There was also an effect of social status, such that more subordinate rank (greater psychosocial stress) was associated with later menarche ($p < .031$) and first ovulation ($p < .005$; Fig. 2) than more dominant rank (lower stress). Significant interactions between social status and Lupron treatment (both $p < .01$) show that subordinate social status was linearly associated with later menarche and first ovulation in the Control group, but not in the Lupron-treated group (Fig. 2). For Lupron-treated females, menarche and first ovulation occurred within a restricted age range following cessation of Lupron treatment, and showed no relationship with social status. Sixty-nine animals were included in the menarche analyses (Lupron-treated $n = 33$; Controls $n = 36$). Age of first ovulation was available for 51 animals (Lupron-treated $n = 26$; Controls $n = 25$).

3.2. Socioemotional behavior

Data from sixty-eight animals was available for analyses of socioemotional behaviors (i.e., for submissive, anxiety-like, and aggressive behavior, Controls $n = 36$; Lupron-treated $n = 32$; for affiliative behaviors, Controls $n = 36$; Lupron-treated $n = 33$). Analyses reported below included all available data; excluding extreme outliers (less than or greater than 3 SD from the mean) did not change any of the results (Table S1).

As expected, more subordinate rank was associated with significantly more frequent submissive behaviors toward non-kin ($p < .001$; Table 2; Fig. 3A). This result illustrates the linear dosing effect of social status, with more subordinate females within the hierarchy submitting more frequently to other animals. Importantly, however, there was also a significant effect of treatment, with Lupron-treated animals engaging in submissive behaviors more frequently ($M = 5.17$, 95% CI [4.15, 6.38]) than Controls ($M = 2.85$, 95% CI [2.03, 3.73]$; p < .001$). There was no interaction between social status and treatment on the frequency of submissive behaviors ($p = .56$), demonstrating that there was a global effect of treatment across the dominance spectrum (i.e., relatively more subordinate and relatively more dominant animals exhibited more frequent submissive behaviors).

There was a significant effect of social rank on affiliative behavior, such that more subordinate animals initiated proximity and engaged in grooming with other monkeys (kin and non-kin) less frequently than dominant monkeys ($p < .001$; Table 2; Fig. 3B). There was also a significant effect of treatment on affiliative behaviors, with Lupron-treated animals engaging in affiliative behaviors less frequently ($M = 5.75$, 95% CI [5.10, 6.45]) than Controls ($M = 8.84$, 95% CI [7.45, 10.40]$; p = .002$). The interaction between social rank and treatment for the frequency of affiliative behaviors could be considered close to significance ($p = .06$), but the exclusion of two extreme outliers (less than or
greater than 3 SD from the mean) rendered the interaction non-significant ($p = .35$), while all other effects remained significant (Table S1).

There was no significant relationship between social rank and anxiety-like behavior ($p = .24$; Table 2; Fig. 3C), but there was a significant effect of treatment, with Lupron-treated subjects displaying less frequent anxiety-like behaviors ($M = 7.78$, 95% CI [6.89, 8.72]) than Controls ($M = 12.20$, 95% CI [10.20, 14.50]; $p < .001$). No interaction was observed.

No main or interaction effects of social rank or Lupron treatment were observed for the frequency of aggression received (Fig. 3D; Relative Rank: $p = .51$; Lupron treatment: $p = .75$; Interaction: $p = .7$).

### 3.3. HI task: emotional reactivity

Three components were identified in the PCA of HI behaviors (Table S1) and were labeled Reactivity (31.43% of the variance; positive loadings from behaviors from the stare condition: avert gaze, anxiety-like behaviors, threat, appease, and locomote), Behavioral Inhibition (22.07%; positive loadings from freezing in the "alone" and "profile" conditions, negative loading from locomotion), and Exploration (17.51%; positive loadings from exploration and negative from freezing in the "alone" condition).

No main or interacting effects were observed for the first two components, Reactivity and Behavioral Inhibition, although an association...
between social status and Reactivity was just outside the significance threshold (p = .062; Table 2; Fig. 3E). Lupron treatment was associated with lower Exploration scores (Lupron-treated M = −0.40, 95% CI [−0.72, −0.10]; Control M = 0.34, 95% CI [0.01, 0.65]; p = .004), but there was no effect of social status (p = .43) and no interaction (p = .143; Table 2; Fig. 3G).

Sixty-six animals were included in these analyses (Controls n = 36; Lupron-treated n = 30). Excluding extreme outliers (less than or greater than 3 SD from the mean) did not change the results (Table S2).

An examination of inter-relationships amongst behavioral measures (Table S3) revealed two significant correlations. The first was between the frequency of submissive behaviors and frequency of aggression received (r(59) = 0.63; p < .001), indicating that those animals exhibiting the most frequent submissive behavior were also the most frequent targets of aggressive behavior - consistent with subordinate status. The second relationship was between anxiety-like behaviors and scores on the Exploration components of the HI task (r(59) = 0.43; p = .012), such that more frequent anxiety-like behaviors were associated with higher scores on the Exploration components of the HI task. This relationship is consistent with the fact that exploration for a monkey in the context of the HI task reflects “displacement behavior” - engagement in a repetitive activity in response to an unpredictable situation, which is an indicator of stress (e.g., Troisi, 2002).

3.4. Voxelwise resting-state functional connectivity (FC)

Group-level voxelwise FC of amygdala across all subjects (n = 39; Controls n = 19; Lupron-treated n = 20) encompassed a bilateral network including hippocampus, temporal pole, superior temporal sulcus and gyrus, insula, and dorsal anterior cingulate (Fig. 4A). At a stringent statistical threshold (Z > 3.1; p < .005), there was a significant positive association between relative social rank and FC between left amygdala and right temporal pole, such that more subordinate status was associated with stronger FC (cluster volume = 148.5 mm³; Fig. 4B, C). At a less stringent statistical threshold (Z ≥ 2.3; p < .005), the extent of the positive association between social rank and FC between left amygdala and right temporal pole was increased (cluster volume = 556.88 mm³), and there was a further positive association between social rank and FC between right amygdala and left ventrolateral PFC (BA 47/12; cluster volume = 33.75 mm³; Fig. S4). There were no significant effects of treatment on voxelwise FC.

3.5. ROI-ROI analyses

Targeted amygdala-PFC ROI-ROI analyses (n = 52; Controls n = 26; Lupron-treated n = 26) revealed two significant associations. First, FC between right amygdala and right dlPFC (BA46) was negatively associated with social rank, with more subordinate monkeys showing weaker FC than dominant ones (b = −0.074, SE = 0.036, 95 CI [−0.146, −0.002], p = .029; Table S4; Fig. 4E). Second, Lupron-treated animals exhibited stronger FC between left amygdala and left orbitofrontal cortex (BA13; M = 0.045, 95% CI [0.02, 0.07]), than Control animals (M = −0.02, 95% CI [−0.06, 0.02]; b = 0.067, SE = 0.025, 95% CI [0.018, 0.117], p = .014; Table S4; Fig. S4F).

No other effects of social rank or Lupron treatment were observed (all p’s > .062; Table S4; Fig S3). Excluding 13 subjects with mild artifact in their resting-state fMRI scans did not change these two findings, although a significant rank x treatment interaction was observed for FC between right amygdala and BA32 (p = .03; Table S5).

3.6. Brain-behavior relationships

To minimize multiple comparisons, we restricted analyses of brain-behavior relationships to functional connections that exhibited significant effects of social rank or Lupron treatment and behavioral measures that also showed significant effects of social rank or treatment. Accordingly, 12 brain-behavior relationships were examined: between three functional connections (left amygdala-right temporal pole (mean FC within the significant cluster identified in voxelwise analyses, i.e., Fig. 4B), right amygdala and right dlPFC (BA46), and left amygdala and left orbitofrontal cortex (BA13)) and four behaviors (frequency of submissive, affiliative, and anxiety-like behaviors, and scores on HI Component 3: Exploration).

When outliers (z > 3 SD from the mean) were excluded, none of the brain-behavior relationships examined were significant, although there were two brain-behavior relationships that were just above the threshold for significance - for voxelwise FC between left amygdala and temporal and affiliative behaviors (n = 37; b = 0.0021, SE = 0.001, 95 CI = [−0.000025, 0.0041], p = .053) and Human Intruder Exploration component scores (n = 36; b = −0.013, SE = 0.0064, 95 CI = [−0.0262, 0.00007], p = .052).

4. Discussion

Our goal was to examine the effect of the timing of the pubertal rise in gonadal hormones (typical or experimentally delayed) on neurobehavioral correlates of chronic psychosocial stress (subordinate social status) in adolescent female rhesus macaques. Specifically, we sought to test opposing hypotheses – (1) that subordination stress would have robust effects on socioemotional behavior and the brain, regardless of chronological age at puberty onset (i.e., there would be no interaction between social status and pubertal delay), and (2) experimentally delaying puberty would protect against the effects of subordination stress on neurobehavioral outcomes (i.e., social status and pubertal delay would interact, such that the impact of subordination stress would be ameliorated in treated subordinate monkeys, whose puberty was experimentally delayed). Our findings support the first alternative - although Lupron treatment abolished the known effect of social subordination stress on pubertal onset (i.e., later age of menarche and first ovulation), subordinate status (greater stress) was associated with altered socioemotional behavior and amygdala FC, regardless of treatment (i.e., regardless of whether puberty onset was typical or delayed). No interactions between social rank and experimentally induced pubertal delay through treatment with Lupron were detected for any neurobehavioral outcomes. Further, we observed several main, non-interacting effects of experimentally induced pubertal delay via Lupron treatment on behavior and FC that suggest that exposure to puberty-related increases in female gonadal hormones is associated with alterations within socioemotional systems, even when such exposures occur at a later chronological age. These findings highlight a need for further, longitudinal investigations of the interacting impact of pubertal hormones and stress on neurodevelopment, as discussed in more detail below.

4.1. Experimental and stress-related delay of puberty in female group-housed macaques

Lupron treatment was effective in delaying the onset of puberty, evidenced by the delayed age of menarche and first ovulation in Lupron-treated animals. An interaction between social rank and Lupron-induced pubertal delay was also detected, such that the well-established linear association between social status and menarche age and first ovulation observed in untreated animals (Wilson et al., 2013) was abolished in Lupron-treated animals. It is important to highlight here the contrasting effects of social stress on puberty in the rhesus macaque (stress delays puberty onset) and in humans (stress appears to advance puberty onset). A key species difference is that rhesus macaques exhibit seasonal fertility (Walker et al., 1983). This seasonal mating cycle may lead to an evolutionarily adaptive strategy amongst more subordinate-ranking animals whereby puberty is delayed so that reproductive resources are conserved, contributing to the apparently divergent effects of subordination and adversity/low SES in humans. In macaques, it is likely the...
HPG axis is primed for puberty onset at a specific age for each animal, potentially under the control of a biological clock or critical body weight, which is also modulated by social status (Wilson et al., 2004; Zehr et al., 2005). Under Lupron treatment, puberty onset was suppressed, but unfolded relatively quickly after Lupron treatment was discontinued, masking any relationship between social rank and pubertal timing.

4.2. Social status and experimental pubertal delay separately affect behavior

We obtained a number of expected associations between social status and behavior in the social group (Fig. 3) as well as in response to a standardized behavioral test of a threatening stimulus (Human Intruder task; Fig. 4). The positive association between social rank and frequency of submissive behaviors (Fig. 3A) confirms the hallmark feature of the social subordination model (e.g., Michopoulos et al., 2012). Consistent with previous observations (Michopoulos et al., 2012; Snyder-Mackler et al., 2016), subordinate-ranking monkeys engaged less frequently in affiliative social behaviors than dominant-ranking monkeys (Fig. 3B). Affiliative behavior (e.g., seeking proximity and grooming with both related and non-related monkeys) serves an important social bonding function amongst unrelated group-living female macaques, and the relatively reduced opportunities for prosocial interactions experienced by subordinate-ranking animals may be a critical factor that accounts for the adverse effects of chronic stress on neurobehavioral and health related outcomes (Howell et al., 2014; Reding et al., 2019; Sapolsky, 2005; Snyder-Mackler et al., 2016).

Rates of anxiety-like behaviors, aggression received, and behavioral responses during the Human Intruder Task did not differ in association with social status, however. This might seem inconsistent with well-established observations that subordinate animals receive more aggression from group mates (Wilson, 2016) and are more stressed and therefore expected to be more anxious and behaviorally inhibited. While overwhelming data suggest anxiety is one of many stress-related phenotypes in human adolescents, the expression of anxiety-like behavior may not result from subordinate status in monkeys, particularly for animals living in complex social groups. In fact, no clear relationship between rank in the social hierarchy and anxiety-like behaviors has been established (Michopoulos et al., 2012; Wilson et al., 2013). As noted in the results section, an association between social status and the first principal component of the Human Intruder task fell just above the threshold for significance, suggesting a weak relationship between subordinate status and more reactive behavior (gaze-aversion, anxiety-like behaviors, appeasing behavior, and movement) on the task. Finally, the absence of an association between aggression received and social status may reflect the fact that subordinate animals successfully reduced the probability of receiving aggression by moving away from dominant animals (i.e., they showed reduced affiliative social behavior with dominants), an adaptive feature of submissive behavior.

No interactions between social rank and Lupron treatment were detected for any behavioral outcome - pubertal delay did not appear to moderate the effects of subordination status on neurobehavioral outcomes. Yet, several main effects of treatment (pubertal delay) were found. Some of these effects were similar to the associations observed for subordinate status, challenging the hypothesis that delayed exposure to puberty-linked increases in female gonadal hormones would be protective. First, Lupron-treated animals were more submissive than untreated animals. It is important to note that submissive behavior was proportionately increased in all Lupron treated females above that of their similarly ranked control cohorts – there was no interaction between social rank and treatment; treatment did not make animals “more subordinate.” Similarly, Lupron-treated animals were less affiliative, regardless of their social status. These similarities in behavioral outcomes between untreated subordinates and treated animals may be due to the common factor of delayed puberty – whether this is stress-related (untreated subordinate animals) or pharmacologically-induced (treated animals). It is thought that exposure to elevated gonadal hormones is a necessary trigger for neuroplasticity supporting developmentally appropriate learning during an adolescent critical period (e.g., Dahl et al., 2018). In Lupron-treated animals, blocking this individual biological trigger, even temporarily, may have disrupted the maturation of adult behaviors and capacities, since the critical window may have ended or been substantially narrower due to the delay in puberty. Although this hypothesis needs to be tested in the context of a longitudinal study, this effect of Lupron treatment is in line with previous reports of an association between ovarioectomy and reduced affiliative behavior (e.g., Coleman et al., 2011).

Lupron treatment was also associated with lower rates of anxiety-like behavior and with lower scores on the Exploration component in the HI paradigm (i.e., treated animals showed less displacement behavior and more freezing in response to the intruder). In contrast, there was no association between subordinate status and these behavioral indicators of anxiety. As stated above, there is no clear relationship between rank in the social hierarchy and anxiety-like behaviors (Michopoulos et al., 2012; Wilson et al., 2013). Michopoulos et al. (2012) found that E2 replacement in ovarioctomized macaques significantly reduced anxiety-like behavior; the more recent onset of puberty in the Lupron-treated group (and the associated rise in E2) may therefore explain lower anxiety amongst Lupron-treated animals, relative to Controls. On the other hand, the effects of E2 on anxiety may be context dependent (e.g., Morgan et al., 2004) and the notion that E2 is anxiolytic vs. anxiogenic is likely an oversimplification that ignores the social context.

4.3. Social subordination and experimental pubertal delay separately affect functional connectivity

The overall pattern of amygdala FC (Fig. 5A) was consistent with previous FC studies (e.g., Grayson et al., 2016; Reding et al., 2019) and the known anatomical connectivity of macaque amygdala (Höistad and Barbas, 2008), which is reciprocally interconnected with medial temporal pole, hippocampus, parahippocampal cortex, anterior insula, posterior orbitofrontal and medial PFC. In voxelwise, whole-brain analyses with stringent correction for multiple comparisons, we observed only one significant effect – subordinate status was associated with increased FC between left amygdala and right temporal pole (Fig. 5B). The temporal pole is a polymodal association area (Sallet et al., 2011) that has been centrally implicated in social and emotional processing in both humans and monkeys. For example, in an innovative study, Sliwa and Freiwald (Bickart et al., 2012) collected fMRI data while adult male macaque monkeys viewed videos of social interactions between conspecifics. They identified a social interaction processing network that included medial and dorsomedial prefrontal cortices, ventrolateral PFC, and temporal pole, that they argue supports the analysis of social interactions, potentially an evolutionary precursor of human theory of mind. Adult male macaques with larger social networks have greater gray matter volumes in a network that included amygdala and temporal pole (Bickart et al., 2012), and humans with larger social networks have stronger FC within amygdala circuits that also include temporal pole (Bickart et al., 2012), consistent with a role for these circuits in processing social cues and integrating social information with motivation and emotion to promote social affiliation (Bickart et al., 2012). The increased amygdala-temporal pole FC we observed in subordinate animals may therefore reflect a neurocognitive adaptation to optimize processing of relevant social stimuli. We previously observed similar, potentially adaptive effects of social rank on white matter integrity in prepubertal female macaques, using diffusion tensor imaging (Howell et al., 2014). These observations are consistent with the idea that the subordinate phenotype does not necessarily represent a pathological condition; instead, the experience of being subordinate likely leads to behavioral or physiological adaptations that enable subordinate animals.
to successfully navigate their social environments and minimize the risk of aggression from more dominant animals (Wilson, 2016).

We were somewhat surprised not to see other significant effects of subordination stress, Lupron treatment, or their interaction at the whole-brain level, but this may be due, in part, to our sample size and application of appropriately stringent corrections for multiple comparisons. Targeted amygdala-PFC ROI-ROI FC analyses revealed only two further main effects. First, we found that FC between right amygdala and right dorsolateral PFC (BA46) was associated with relative rank, such that FC was weaker in subordinate animals, relative to dominants. Second, we found a main effect of Lupron treatment on FC between left amygdala and left orbitofrontal cortex (OFC; BA13), with Lupron-treated animals exhibiting stronger FC than Controls. In the absence of significant brain-behavior relationships, differences about the behavioral significance of our FC findings are speculative. Identifying the nature of the individual differences in brain organization that confer resilience and vulnerability is a key piece of the psychopathology puzzle, however. Clearly, social, experiential, and innate temperamental factors can mitigate or accentuate the consequences of stress on puberty, resulting in a spectrum of neurobehavioral responses. For example, human adolescents at risk for depression in whom depression did not develop (‘resilient’ individuals) exhibited stronger connectivity between amygdala and PFC (dorsolateral and orbitofrontal) than at-risk adolescents in whom depression did develop (‘converted’ individuals) (Fischer et al., 2018). Our data suggest that while stress and the timing of puberty-linked changes in gonadal hormones may have some overlapping behavioral effects, their effects may be distinguishable at the level of the brain. Fully uncovering the nature of these effects and their long-term behavioral significance may ideally be investigated in a larger and statistically well-powered longitudinal study, potentially more feasible in rodents than in non-human primates. In addition to experimentally more tractable lifespans, the effect of stress on the timing of pubertal onset in the rat match that observed in humans (Cowan and Richardson, 2019), further highlighting the potential utility of future studies in rodent models.

4.4. Limitations

In addition to the small sample size, which was likely underpowered to detect some of the interacting effects hypothesized, a primary limitation of this study is that MRI data collection was conducted at only one time-point that was fixed based on age. Larger-scale fully-powered longitudinal studies featuring multiple data points before, immediately following menarche, and at a first time point post menarche, would precisely control for the duration of E2 exposure independent of chronological age. A related point is that we cannot determine whether neurobehavioral effects of subordinate status are related to the monkeys’ postnatal experience in the social group, or to prenatal factors including maternal gestational stress or inherited genetic/epigenetic differences related to social rank. Future studies taking a lifespan approach beginning prenatally may be better positioned to disentangle these possibilities.

Second, our imaging data revealed fewer effects than expected, particularly in the context of the robust behavioral effects of both social rank and experimental delay of puberty. It is possible that issues like image quality (our data exhibited several imaging artifacts necessitating the exclusion of a number of subjects) and depth of anesthesia may have negatively impacted our ability to detect effects. Advances in MRI data acquisition (for both humans and animals) and the use of sedatives such as medetomidine over anesthesia may produce more robust data in future studies.

5. Conclusions

The striking sex disparity in vulnerability to stress-linked disorders such as anxiety and depression begins at the onset of puberty and is evident throughout the reproductive life cycle (Thapar et al., 2012), suggesting adverse experiences and psychosocial factors interact with female biology to increase vulnerability to behavioral disorders. We do not fully know why this happens, and animal studies have historically tended to focus on adult male animals (Shansky and Woolley, 2016), thus neglecting the role of both sex and development in vulnerability to psychopathology. Here, using an ethologically valid and translational female macaque model of chronic psychosocial stress, we sought to assess whether female pubertal hormones exacerbate the effects of chronic stress on behavior and brain during adolescence by experimentally manipulating the timing of puberty. While we observed several overlapping effects of subordinate social status and Lupron-induced pubertal delay on socioemotional behavior (namely, increased frequency of submissive behaviors and decreased frequency of affiliative behaviors), social status and pubertal delay did not interact - late onset of puberty did not exacerbate subordination stress. Further, Lupron-treated monkeys exhibited less frequent anxiety-like behaviors, relative to untreated animals, suggesting that the effects of late exposure to pubertal hormones are complex and may not be simply categorized as anxiogenic or anxiolytic. At the level of the brain, the effects of social status and experimental pubertal delay were more distinct - subordination stress was associated with alterations in amygdala-temporal pole and amygdala-dorsolateral PFC circuitry, while Lupron-treated animals exhibited alterations in amygdala-OFc functional connectivity. Taken together, our findings suggest that while some behavioral phenotypes show similarities in their sensitivity to the effects of stress and to the timing of pubertal hormones, effects may be distinguishable at the level of the brain. Future longitudinal studies are needed to determine precisely how the timing of E2 exposure during the transition through adolescence affects brain structure and function linked to specific cognitive, emotional, and social behavioral outcomes and how these relationships are modulated by exposure to adverse experiences and individual differences in vulnerability and resilience.

Funding

This study was supported by Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD, USA) grants R03HD082534 (CK), R01MH079 (MEW), and ORIP/OD P51OD011132 (YNPRC).

Acknowledgements

The authors would like to thank Jennifer Whitely, Shannon Moss, Angela Tripp, Marta Checchi, Erin O’Sheil, Christine Marsteller, and Natalie Brutto for their exceptional technical contributions. They also thank the staff at the YNPRC for their dedicated animal care and its Imaging Core for excellent services. The YNPRC is fully accredited by AAALAC International.

Declarations of Interest

None.

Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at doi:10.1016/j.psyneuen.2021.105154.

References

Bickart, K.C., Hollenbeck, M.C., Barrett, L.F., Dickerson, B.C., 2012. Intrinsic amygdala-cortical functional connectivity predicts social network size in humans. J. Neurosci. 32, 14729–14741. https://doi.org/10.1523/JNEUROSCI.1599-12.2012.

Bourke, C.H., Neigh, G.N., 2011. Behavioral effects of chronic adolescent stress are sustained and sexually dimorphic. Horm. Behav. 60, 112–120. https://doi.org/10.1016/j.yhbeh.2011.03.011.
Breach, M.R., Moench, K.M., Wellman, C.L., 2019. Social instability in adolescence differentially alters dendritic morphology in the medial prefrontal cortex and its response to stress in adult male and female rats. Dev. Neurobiol. 79, 839-856, 10.1002/dneu.22723.

Cohodes, E.M., Kirt, E.R., Baskin-Sommers, A., Gee, D.G., 2020. Influences of early-life stress on frontocortical circuitry: harnessing a dimensional approach to elucidate the effects of heterogeneity in stress exposure. Dev. Psychobiol. 59, 389, 10.1002/dev.21969.

Coleman, K., Robertson, N.D., Bethel, C.L., 2011. Long-term ovariectomy alters social and anxious behaviors in semi-free ranging Japanese macaques. Behav. Brain Res. 225, 317-327, 10.1016/j.bbr.2011.07.046.

Copeland, W.E., Worthman, C., Shanahan, L., Costello, E.J., Angold, A., 2019. Early pubertal timing and testosterone associated with higher levels of adolescent depression in girls. J. Am. Acad. Child Adolesc. Psychiatry 58, 1197–1206. https://doi.org/10.1176/jaap.2019-10007.

Cowan, C.S.M., Richardson, R., 2019. Early-life stress leads to sex-dependent changes in pubertal timing in rats that are reverses by a prorbiotic formulation. Dev. Psychobiol. 61, 679-687, 10.1002/dev.21765.

Dahl, R.E., Allen, N.B., Wilens, E., 2018. Importance of investing in adolescence from a developmental science perspective. Nature 554, 441–450, 10.1038/nature25770.

Eiland, L., Ramroop, J., Hill, M.N., Manley, J., McEwen, B.S., 2012. Chronic juvenile subordination produces distinct stress-related phenotypes in female rhesus monkeys. J. Neuroendocrinol. 24, 383-392, 10.1111/j.1365-2826.2011.02125.x.

Ekstrand, K., Boivin, J.R., Wilbrecht, L., 2017. Ovarian hormones organize the maturational of inhibitory neurotransmission in the frontal cortex at puberty onset in female mice. Curr. Biol. 27, 1735-1745.e3, 10.1016/j.cub.2017.05.027.

Fair, D.A., Sanchez, M.M., 2019. Effects of social subordination and estradiol on resting-state amygdala functional connectivity in adult female rhesus monkeys. J. Neuroendocrinol., e12822, 10.1111/jne.12822.

Fukuhara, M., Tsujii, I., Kasai, K., Kusakabe, K., Kato, M., Saito, M., 2019. Effects of social subordination on macaque neurobehavioral outcomes: focus on neurodevelopment. Social Inequalities in Health in Nonhuman Primates, Development in Primatology: Progress and Prospects. Springer, Cham, Cham, pp. 25-47. https://doi.org/10.1007/978-3-319-30872-3_3.

Fuhrmann, D., Knoll, J.I., Blakemore, S.-J., 2015. Adolescence as a sensitive period of brain development. Trends Cogn. Sci. (Regul. Ed.) 19, 558. https://doi.org/10.1016/j.tics.2015.07.008.

Goddings, A.-L., Abbot, B., Pierson, C., McEwen, B.S., 2018. Neuroendocrine adaptations in the rhesus monkey connectome predict disrupted neural circuits in macaques. Science 363, 697-700, 10.1126/science.aap959.

Grayson, D.S., Bliss-Moreau, E., Machado, C.J., Bennett, J., Shen, K., Grant, K.A., Fair, D.A., Sanchez, M.M., 2019. Effects of social subordination and estradiol on stress and gender differences in adolescent rats. JAMA Psychiatry 76, 493–502. 10.1001/jamapsychiatry.2017.4516.

Harrington, P.S., Blissett, J.M., 2017. Social status alters immune regulation and response to infection in macaques. Science 354, 1041–1045. https://doi.org/10.1126/science.aah5380.

Jami, S., 2014. The role of prefrontal cortex circuitry and ventral striatum as developmental targets. Neurosci. Biobehav. Rev. 70, 217–227. https://doi.org/10.1016/j.neubiorev.2016.07.036.

Johann, P.F., 2017. Different sex and reproductive stage dependent brain areas mediate sexual behavior in male rats. Neurobiol. Learn. Mem. 138, 312–316. https://doi.org/10.1016/j.nlm.2017.03.004.

McEwen, B.S., Morrison, J.H., 2013. The brain on stress: vulnerability and plasticity of the prefrontal cortex over the life course. Neuron 79, 16–29. https://doi.org/10.1016/j.neuron.2013.06.013.

McEwen, B.S., Nasca, C., Gray, J.D., 2016. Stress effects on neuronal structure: hippocampus, amygdala, and prefrontal cortex. Neuropharmacology 41, 3-23. 10.1016/j.neuropharm.2015.171.

Michopoulos, V., Higgins, M.G., Wenderoth, M., Wilson, M.E., 2012. Social subordination produces distinct stress-related phenotypes in female rhesus monkeys. Psychoneuroendocrinology 37, 1071–1085. 10.1016/j.psyneuen.2011.12.004.

Morgan, M.A., Schullkin, J., Piff, D.W., 2004. Estrogen and non-reproductive behaviors related to activity and fear. Neurosci. Biobehav. Rev. 28, 55–63. https://doi.org/10.1016/j.neubiorev.2003.11.017.

Nanis, E.E.G., Lazarus, P.J., Wenderoth, M., 2019. Sex differences in adolescent depression: do sex hormones determine vulnerability? J. Neuroendocrinol. 23, 1071–1085. 10.1111/jne.12821.

Peckarsky, B.J., Wierenga, L.M., Bos, M.G.N., Schreuders, E., vander Kamp, F., Peper, J.S., 2019. Altered functional connectedness of the social reward network in adults exposed to early institutional care. Dev. Psychopathol. 29, 1865-1881. https://doi.org/10.1017/s1469778918000851.

Shansky, R.M., Rubinow, K., Brennan, A., Arntzen, A.F.T., 2006. The effects of sex and hormonal status on restraint-stress-induced working memory impairment. Behav. Brain Funct. 2, 8. 10.1186/1744-9081-2-8.

Shansky, R.M., Woolley, C.S., 2016. Considering sex as a biological variable will be central to achieving meaningful progress in understanding sex differences in psychiatric illness. J. Neuropsychiatry Clin. Neurosci. 28, 245–257. https://doi.org/10.1176/jnp.2016.28.2.245.

Thapar, A., Collishaw, S., Pine, D.S., Thapar, A.K., 2012. Depression in adolescence. Lancet Psychiatry, 2(6), 426-435. https://doi.org/10.1016/S2215-0366(16)00080-4.

Tracy, J.L., 2010. The role of social subordination in the development of pubertal timing and testosterone associated with higher levels of adolescent depression. J. Am. Acad. Child Adolesc. Psychiatry 49, 61–62. https://doi.org/10.1097/jaac.2010.02.007.

van Duijvenvoorde, A.C.K., Westhoff, B., de Vos, F., Wierenga, L.M., Crane, E.A., 2020. A three-wave longitudinal study of subcortical-cortical resting-state connectivity in adolescence: testing age- and puberty-related changes. Hum. Brain Mapp. 40, 8417–8428. https://doi.org/10.1002/hbm.24930.

Wierenga, L.M., Bos, M.G.N., Schreuders, E., van der Kamp, F., Peper, J.S., Tanss, C.K., 2016. Association of hormonal contraception with depression. JAMA Psychiatry 73, 1154-1162. https://doi.org/10.1001/jamapsychiatry.2016.2369.

Wierenga, L.M., Bos, M.G.N., Kessing, L.V., Lidegaard, Ø., 2016. Association of hormonal contraception with depression. JAMA Psychiatry 73, 1154-1162. https://doi.org/10.1001/jamapsychiatry.2016.2369.
Wilson, M.E., Gordon, T.P., Collins, D.C., 1986. Ontogeny of luteinizing hormone secretion and first ovulation in seasonal breeding rhesus monkeys. Endocrinology 118, 293–301. https://doi.org/10.1210/endo-118-1-293.

Wilson, M.E., Gordon, T.P., Rudman, C.G., Tanner, J.M., 1988. Effects of a natural versus artificial environment on the tempo of maturation in female rhesus monkeys. Endocrinology 123, 2653–2661. https://doi.org/10.1210/endo-123-6-2653.

Wilson, M.E., Chikazawa, K., Fisher, J., Mook, D., Gould, K.G., 2004. Reduced growth hormone secretion prolongs puberty but does not delay the developmental increase in luteinizing hormone in the absence of gonadal negative feedback. Biol. Reprod. 71, 588–597. https://doi.org/10.1095/biolreprod.104.027656.

Wilson, M.E., Bounar, S., Godfrey, J., Michopoulos, V., Higgins, M., Sanchez, M., 2013. Social and emotional predictors of the tempo of puberty in female rhesus monkeys. Psychoneuroendocrinology 38, 67–83. https://doi.org/10.1016/j.psyneuen.2012.04.021.

Zehr, J.L., Van Meter, P.E., Wallen, K., 2005. Factors regulating the timing of puberty onset in female rhesus monkeys (Macaca mulatta): role of prenatal androgens, social rank, and adolescent body weight. Biol. Reprod. 72, 1087–1094. https://doi.org/10.1095/biolreprod.104.027755.