Paracoccidioides Species Complex: Ecology, Phylogeny, Sexual Reproduction, and Virulence

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The Paracoccidioides Genus and Paracoccidioidomycosis

Paracoccidioidomycosis (PCM) is a deep systemic mycosis caused by human fungal pathogens of the Paracoccidioides genus. The disease is geographically restricted to subtropical areas of Latin America (from southern Mexico to northern Argentina) with a high prevalence in Brazil, Colombia, Venezuela, and Argentina [1]. The annual incidence rate in Brazil is 10–30 infections per million inhabitants, and the mean mortality rate is 1.4 per million inhabitants per year, making this disease the highest cause of mortality among systemic mycoses [2]. PCM is endemic in rural populations and mainly affects individuals engaged in agricultural activities, who inhale aerosols containing fungal material during manipulation of the soil.

Molecular evolutionary studies place the genus Paracoccidioides in the thermomorphic fungal pathogen clade related to the family Ajellomyxaceae (Ascomycetes), which includes the Blastomyces, Histoplasma, and Emmonsia genera, and with which it shares a common ancestor, Lacazia loboi. PCM can be caused by two species Paracoccidioides brasiliensis and P. lutzii [3]. P. brasiliensis has been considered a single species since its discovery, although several studies including molecular and morphological data support the split of P. brasiliensis into two species [3,4]. P. lutzii is composed of a single monophyletic and recombining population so far found in central, southwest, and north Brazil and Ecuador [3–5]. On the other hand, P. brasiliensis contains a complex of at least four different cryptic species (S1, PS2, PS3 and PS4; Figure 1A [6]). P. brasiliensis S1 represents a monophyletic and recombining population widely distributed in South America and has been associated with the majority of cases of PCM detected up until the present time. Strains belonging to P. brasiliensis S1 have previously been recovered from armadillos, soil, and penguin feces [6]. P. brasiliensis PS2 is a paraphyletic and recombining population identified so far only in Brazil and Venezuela [6]. P. brasiliensis PS3 is comprised of a monophyletic and clonal population that has been recovered in humans and armadillos in endemic regions of Colombia [6]. P. brasiliensis PS4 was recently identified and is composed of a monophyletic population of clinical isolates from Venezuela [5,7]. Besides the typical bicorn cocked hat– and barrel-shaped conidia produced by both species, P. lutzii frequently produces elongated rod-shaped conidia, a characteristic feature that may be used for species identification [3]. Because of the difficulties of conidia production in the laboratory and slight morphological differences among species, molecular identification of Paracoccidioides species has become the most common tool of choice. Several molecular markers have already been applied in population studies of the Paracoccidioides genus, and for multilocus sequencing typing, gpd3, arf, bβ-tub, and hsp70 loci are the best choices for species delineation [4,6].

Phylogeography of the Paracoccidioides Genus

The finding of the cryptic species in the genus Paracoccidioides has led us to explore the evolutionary mechanisms that were responsible for the current geographic distribution of its five phylogenetic species (S1, PS2, PS3, PS4, and P. lutzii). Phylogeographic inferences from three different loci revealed simultaneous geographic expansions of S1 isolates. This represents a dispersal by distance, leading to a nonsexual population (PS3) that does not produce any gene flow between other species, and a long-distance colonization or a fragmentation resulting in the separation of Venezuelan PS4 species [3–5,7]. The dispersal event that resulted in PS3 has been confirmed, with the remaining divergence processes due to vicariance events. Despite the great stability of the Guiana and Brazilian shields, the uplift of the Andes and episodic marine inclusions 61 million years ago, 20 million years ago, and 11.8–7.0 million years ago may have favored divergence between Paracoccidioides and Lacazia. This may have occurred by creating new and empty ecological niches represented by wetlands and/or totally submerged areas, as well as by the simultaneous emergence of riverine Cetacean mammals. The recent dispersal of PS3 to Colombia may also be explained by the complete submersion of Colombian territory by the Peñas/Solimões lake, derived from marine incursions in the late Miocene era [8] and indicating a recent occupation. As there are no clear geographic barriers, the most challenging task is to explain the speciation processes that have given rise to S1, PS2, and P. lutzii in the very stable Brazilian shield. Indeed, the prevalence of P. lutzii in central-western Brazil and its relatively close proximity to the S1 and PS2 occurrence areas suggests a parapatric speciation. With regards to the divergence between S1 and PS2 and the current sympathy observed between them, probable differences in preferences for...
substrates and resources in their saprobe lifestyle that might have triggered a disruptive selection should be considered [5]. However, more studies are required to complete the biogeographical puzzle of the *Paracoccidioides* genus. These include mapping of the cryptic species in environmental, rather than clinical, samples, as well as searching for saprobe differences between sympatric species.

**Ecology of *P. brasiliensis* and *P. lutzii***

Onygenalean (Ascomycota) organisms have typically evolved by adapting to two distinct ecological niches, the first represented by saprobic conditions in soil and the second by the live tissues of animal hosts. Genomic adaptations such as loss of carbohydrate-degrading enzymes, gain of proteases, and the ability to produce infective conidia allowing long association with the mammalian host are more adapted to a biotrophic lifestyle [9,10]. Epidemiological evidence indicates that the saprobic forms of *P. brasiliensis* and *P. lutzii* may occur in some restricted and/or protected soil conditions, in places containing natural and anthropic disturbed vegetation near water sources [11]. Isolation of *P. brasiliensis* directly from its saprobic form has proved to be difficult. However, the fungus has been repeatedly cultured from the armadillo species *Dasypus novemcinctus* and *Cabassous centralis* in endemic PCM areas [12,13] and, in unique cases, from dogs and two-toed sloths [14,15]. Additional evidence of the infection of several wild and domestic animals has also been provided by intradermal, serological, histopathological, and molecular tests, revealing a broad distribution and adaptation to mammalian hosts [16].

Although outbreaks of PCM have not been documented, the geographical distribution of the disease is heterogeneous and is associated with moderate-to-high precipitation rates, mild temperatures, and fertile soils. The disease occurs in areas such as the central-western and northern regions of Brazil where agricultural activities are more commonly employed. Climatic anomalies, such as those triggered by the 1982–1983 El Niño event, have been associated with an excess of acute PCM cases when compared with the number of expected cases for the same period. This indicates the presence of a temporal cluster of the disease in the state of São Paulo, Brazil, occurring in the year 1985 [17]. Climatic conditions resulting in an atypical increase in soil water storage in 1982–1983 and in an increase in the absolute air humidity in 1984 may have contributed firstly to fungus growth and then to conidial dispersal. This evidently follows the “grow and blow” model already proposed for coccidioidomycosis outbreaks [18]. Experimental studies have indicated that the several genetic groups or cryptic species of *P. brasiliensis* have different abilities in producing the infective conidia, and this may in turn produce differential rates of infection. For example, the S1 and PS2 sympatric cryptic species of *P. brasiliensis* occur at a disproportional rate of approximately 9:1 in both patient and armadillo isolates. At the same time, isolates of the S1 genotype produce many more conidia than PS2 isolates [5].

**Reproductive Modes in the *Paracoccidioides* Species Complex***

*Paracoccidioides* was considered an asexual and clonal microorganism for many years [1]. The anamorph of *Paracoccidioides* is characterized by multiple budding yeast cells that grow at 37°C in mammalian tissues or by mycelia that produce chlamydospores or conidia at 25°C in the environment. Recently, population genetics and comparative genomic studies have provided evidence for...
different breeding strategies in the *Paracoccidioides* genus. Recombination events were detected in both *P. lutzii* and *P. brasiliensis* (S1 and PS2), and the *P. brasiliensis* PS3 population was considered clonal [4,6]. The mating type locus was identified in the three sequenced genomes, and a single copy of *MAT1-1* or *MAT1-2* was found, thus suggesting a bipolar mating system [9]. According to Torres et al. [19], *MAT* gene distribution was evaluated with regards to the country of origin and phylogenetic species, revealing a 1:1 ratio of *MAT1-1* and *MAT1-2*. Additionally, Teixeira et al. [20] tested the *MAT* gene distribution in 98 *Paracoccidioides* isolates and revealed a slight (2-fold) prevalence of the *MAT1-2* idiomorph. Unexpectedly, both the *MAT1-1* and *MAT1-2* genes were identified in 13 of the clinical isolates, suggesting that homothallism may exist in the *Paracoccidioides* genus.

Orthologs of mating and meiotic regulators that have been well characterized in a wide range of fungi were found by comparative genomics to be highly conserved in *Paracoccidioides* and other Ajellomyce tacean sexual fungi [9,20]. The biological functionality of α-pheromone and its receptor was elucidated using heterologous expression of these *Paracoccidioides* genes in the corresponding *Saccharomyces cerevisiae* null mutants [21]. Features related to sexual reproduction, such as coiled constricted hyphae and knob-like structures, were observed in *Paracoccidioides* species, indicating the formation of young ascocarps. In addition, multiple nuclei were found in coiled constricted hyphae, possibly as a consequence of nuclear migration during mating. Unfortunately, no cleiothecium or ascus production has so far been detected. The presence and expression of sexual machinery as well as the ability to produce sex-related structures indicates that mating may occur in the *Paracoccidioides* life cycle.

**Virulence Factors Associated with Dimorphism and Host Adaptation**

The most probable environmental habitat of mycelial-phase *Paracoccidioides* is the soil. Once conidia or mycelia fragments are inhaled into the lung alveoli, the fungus shifts its morphology to a yeast phase because of temperature, hormones, and immune response. This step is crucial for the survival and maintenance of *Paracoccidioides* and other dimorphic fungi in hosts. The dimorphic transition promotes changes in the cell wall composition and carbohydrate polymer structure. Additionally, the presence of an outermost layer of α-1,3-glucan in the *P. brasiliensis* yeast cell wall has been proposed as a protective shield against host defense [22,23].

The yeast transcriptional profile indicating the diversion of pyruvate from the glycolytic pathway into the glyoxylate cycle is consistent with a lower oxygen level in infected tissues [24]. Stress adaptations that induce genes encoding molecular chaperones, such as heat shock proteins (HSPs), are a common trait of *Paracoccidioides* during dimorphism and exposition to different host niches. These adaptations may be indispensable for fungal virulence upon infection [25]. In contrast, some HSP genes are down-regulated when mycelia cells are incubated in vitro with estradiol or human female serum, in some part explaining the predominance of the disease in adult males [26]. The ability of fungal cells to adhere to host cells is also vital for the initial steps of the infection process. Phospholipase B, involved in the fungus-macrophage interaction, and PbHad32p, a hydrolase involved in adherence to host cells, have both been proposed to be important for the initial steps of the virulence process [27,28]. The genes encoding glyceraldehyde-3-phosphate-dehydrogenase (GAPDH), identified as a cell wall-associated host-adhesion molecule in *Paracoccidioides*, and enolase, which binds to fibronectin, have also been linked to the initial adhesion of the fungus to lung epithelial cells and alveolar macrophages upon infection [29].

New strategies for gene function studies using antisense RNA technology have recently emerged, overcoming problems with gene knockout due to multicellular cells and unstable transformants [30]. The depletion of *P. brasiliensis* encoding genes Cdc42 [31], AOX [32], Gp43 [33], SCONC [34], HSP90 [35], P27 [36], and Rbi5 [37] contributed significantly to the elucidation of host-pathogen interaction, pathogen resistance, and virulence in those species.

In years to come, more information on virulence processes will emerge from the accumulated data from transcriptome and complete genome releases at our disposal. This will pave the way for the identification of possible mechanisms to control the initial steps of infection which, when available to clinicians, will benefit patients.

**Paracoccidioides Species Complex and Its Impact on Clinical and Serological Aspects of PCM**

Since the discovery of the cryptic speciation in the genus *Paracoccidioides*, some important regional features of the disease were discussed regarding its impact on the current statement of PCM. The acute or subacute (juvenile PCM) and chronic (adult PCM) are the two main forms of the disease; however, the presentation and course of the disease may vary from case to case [16]. The first discrimination between the PCM pathology related to geographical origin was observed by Barbosa et al. [38], in which patients from the central region of Brazil had predominantly lymphoabdominal forms not shared by patients from the south and southeast, a finding later confirmed by Andrade [39]. Is there a possibility that lymphoabdominal forms are associated with the pathology caused by *P. lutzii* and not by *P. brasiliensis*? Are there different pathologies caused by different species of *Paracoccidioides*? This possibility should not be ruled out and must be fully investigated in order to verify possible associations of cryptic species and different clinical manifestations of PCM. In addition to clinical manifestation, issues addressed to treatment have been raised by Hahn et al. [40] who found that patients infected with *P. lutzii* had good responses to trimethoprim-sulfamethoxazole while those infected with *P. brasiliensis* relapsed with the same drug administration. Moreover, there are known to be a high number of patients coming from the north-central region of Brazil with PCM with low or no immunoreactivity [41,42]. Immunodiffusion tests with antigens produced by isolates from São Paulo (*P. brasiliensis* strain 339) crossed with sera from patients of Mato Grosso have low positivity (Figure 1B). Recently, serological tests confirm that sera from patients with PCM due to *P. lutzii* are able to recognize cell-free antigens from *P. lutzii*; however, sera from patients with PCM due to *P. brasiliensis* could not recognize any *P. lutzii* antigens [43]. Undoubtedly, these issues are critical and need an urgent mobilization to improve the methods of diagnosis and therapy that can specifically detect and effectively combat the *Paracoccidioides* species of a given patient with PCM.
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