Methicillin resistant staphylococci associated with bovine mastitis and their zoonotic importance

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Received: 13-03-2014, Revised: 03-05-2014, Accepted: 08-05-2014, Re-revised: 24-06-2014, Published online: 25-06-2014

doi: 10.14202/vetworld.2014.422-427

How to cite this article: Vishnupriya S, Antony PX, Mukhopadhyay HK, Pillai RM, Thanislass J, Vivek Srinivas VM and Sumanth Kumar R (2014) Methicillin resistant staphylococci associated with bovine mastitis and their zoonotic importance, Veterinary World 7(6): 422-427.

Abstract

Aim: The present study was conducted to determine the zoonotic importance of methicillin resistant staphylococci associated with bovine mastitis and their potential role in transmission to animal handlers.

Materials and Methods: A total of 158 milk samples from bovine mastitis cases and 126 nasal swabs from the animal handlers were sampled in and around Pondicherry (Southern India). The Presence of Staphylococcal organism was confirmed by PCR amplification using the genus specific primers and among the isolated Staphylococci; methicillin resistance was identified by genetic amplification of mec A methicillin resistant gene. Then the amplified gene from the bacteria expressing the mec A gene (PBPa2a) (2kb fragment) was further sequenced using four sets of primer pairs and aligned for determining their genetic relatedness between the sequences. Both phenotypic and genotypic analysis was carried out for the six MRS isolates (three bovine and three human) in this study.

Results: Out of 158 mastitis milk samples; 96 and 19 bovine isolates were found to be positive for Staphylococcal genus specific PCR and methicillin resistant (mecA) gene PCR, respectively. Similarly, Out of 126 human nasal swabs, 64 and 13 human isolates were found to be positive for Staphylococcal genus specific PCR and mec A gene PCR, respectively. Among the 160 staphylococcal isolates (Bovine and Human origin); 51 were identified as coagulase-positive staphylococci (CPS) and remaining as coagulase-negative staphylococci (CONS). The results obtained in this study revealed the presence of many species of Staphylococcus but the predominant species were Staphylococcus aureus and S. epidermidis. The Sequence analysis of the mec A gene of human isolates obtained in this study had a maximum identity (99%-100%) with the bovine isolates.

Conclusion: The phenotypic and genotypic analysis carried out for the six Methicillin Resistant Staphylococci (MRS) isolates in this study were indistinguishable and epidemiologically related, which may indicate the transmission of MRS between bovine and humans. The occurrence of methicillin resistance among staphylococci isolated from cases of bovine mastitis is increasing, necessitating the periodic surveillance for antimicrobial resistance patterns of Staphylococci in order to control the spread of MRS.

Keywords: bovine mastitis, coagulase-negative staphylococci (CONS), methicillin resistant Staphylococcus aureus (MRSA), sequence analysis.

Introduction

Mastitis is the most common infectious disease among dairy cattle and has been singled out as the most significant cause of economical loss in the dairy industry. Control of mastitis is important because milk may harbor organisms potentially pathogenic to humans [1]. Staphylococcus are the bacteria most commonly isolated from subclinical mastitis [2]. However, during recent years, coagulase-negative staphylococci (CONS) have become the most common bovine mastitis isolates in many countries and are regarded as emerging mastitis pathogens [3]. The indiscriminate treatment with antibiotics, without either a technical prescription or identification of the pathogen, can contribute to an increased resistance of these organisms, making the cure of mastitis still more difficult.

More than 80% of Staphylococcus aureus strains produce penicillinase, and thus ß-lactam antibiotics such as methicillin, which are resistant to penicillinases, were widely used to treat S. aureus infections. By 1990s, Methicillin Resistant Staphylococcus aureus (MRSA) had become a serious nosocomial infection worldwide [4]. MRSA strains are resistant to ß-lactam antibiotics, including all penicillinase-stable ß-lactams, with resistance most commonly mediated by mec A gene. The mec A gene resides on a genomic island termed the Staphylococcal Cassette Chromosome mec (SCCmec) [5]. This gene encodes for a penicillin-binding protein (PBPa2a) which is expressed in the bacterial cell wall and has a low affinity for ß-lactam antibiotics. Thus, this group of antibiotics is ineffective against bacteria expressing mec A gene. In...
the recent years, MRSA has been increasingly reported as an emerging problem in veterinary medicine. Given the importance of Staphylococcus as a cause of mastitis in cattle and the widespread usage of intramammary antibiotics in lactating animals it is perhaps not incorrect to assume that MRSA could be common in bovines.

Data regarding the prevalence of Staphylococcal mastitis in Pondicherry indicated that approximately 50% of mastitis in cattle is caused by Staphylococci [6]. Methicillin resistance has been reported in Staphylococci from the cases of bovine mastitis in Pondicherry [7]. So Milk could be a source of MRS infection to human beings. Prevalence of MRS among the two groups namely healthy medical students and healthy nursing students belonging to Pondicherry were found to be 8/19 (42.1%) and 2/21 (9.5%) respectively [8]. The occurrence of MRS infections in both animals and humans are reported in Pondicherry. However no systematic study is available on the relatedness of MRS between animals and humans and vice-versa.

Hence this study was planned for isolation, characterization and molecular detection of methicillin resistance in Staphylococci from cases of bovine mastitis and persons handling the infected cattle; and also to determine the genetic relationship between the animal and human isolates of MRS, to understand the role of animals as reservoir for MRS infection to humans and vice-versa.

Materials and Methods

Isolation and identification of Staphylococci: A total of 158 milk samples from mastitis affected animals and 126 nasal swabs from animal handlers (in contact persons) were sampled in Pondicherry (Southern India) (Table-1) aseptically in sterile vials and cultured in Mueller Hinton agar/blood agar for isolation of the organism. The isolated Gram positive bacteria were identified upto genus level as Staphylococci based on the morphology, cultural and biochemical reactions. All the staphylococcal isolates were identified upto species level based on the methods described by Barrow [9] and William [10].

Antimicrobial sensitivity test: Antimicrobial sensitivity test was done as per the Bauer's standard disc diffusion method [11]. The test was carried out using 16 antimicrobial agents. The interpretation of zone diameter was carried out according to Clinical Laboratory Standard Institute (CLSI). The inoculated plates were inverted and incubated at 37°C and each plate was examined after incubation for 48 hrs. The diameters of the zones of complete inhibition, including the diameter of the disc, were measured to the nearest whole millimeter with ruler in nonreflecting background. The zone margin was the area where no obvious growth was visible and the readings were recorded.

Genus and species specific PCR: Gram positive cocci which were oxidase negative and catalase positive were subjected to PCR analysis using Staphylococci genus specific primers targeting the 16s rRNA gene [12] (Table-2). Isolates which were positive by genus specific PCR analysis was subjected to another round of PCR using species specific primers targeting the thermonuclease gene (nuc gene) of S. aureus [13]. Detection of methicillin resistance in all the Staphylococcal isolates was carried out by genetic amplification of mec A gene [14] (Table-2).

Genetic amplification of mec A gene: PCR assay was carried out for amplification of entire mec A gene using four different sets of primer pairs (Figure-1) as per the method described by Malik [15] to determine the genetic relatedness between the MRS isolates of human and animal origin. Then the amplified (2kb fragment) mec A gene was further sequenced using the same four sets of overlapping primer pairs and aligned to determine their genetic similarities between the sequences.

Table-1: Details of samples/isolates in this study

| Sample          | No. of samples | Gram positive coagulase-positive | Staphylococcus genus specific PCR positive | MRSA coagulase-positive | MRSA coagulase-negative |
|-----------------|----------------|---------------------------------|------------------------------------------|--------------------------|-------------------------|
| Bovine mastitis milk | 158            | 128                             | 22                                       | 74                       | 8                       | 11                      |
| Human nasal swab  | 126            | 88                              | 29                                       | 35                       | 6                       | 7                       |

Table-2: Oligonucleotide primer sequence used for amplification of the following target gene in this study.

| Primers  | Primer sequence | Target gene | Size (bp) | Reference |
|----------|-----------------|-------------|-----------|-----------|
| MEC A-F  | 5’GTGAAATGACTGAAGCGTGCAGGTTA3’ | mec A gene | 310       | [14]      |
| MEC A-R  | 5’CCATTCTACCTGTTACCGTCTGTA3’ | Genus specific | 16s RNA | 756       | [12]      |
| STAP-F   | 5’AATGCTTGTTATATCCGAGGAAC3’   | 16S rRNA    | 756       | [12]      |
| STAP-R   | 5’CCACCTTCTCTCCGTTGTTGATCC3’  | nuc gene    | 270       | [13]      |
| S.ARS-F  | 5’CCGATTGATGGTGATACGGT3’       | gene        | 270       | [13]      |
| S.ARS-R  | 5’AGCCAAAGCTGTCAGAATTCAC3’     | gene        | 270       | [13]      |
| F1       | 5’AGTTGATGGTTGCTCGGTTTGG3’     | mec A gene  | 454       | [15]      |
| R1       | 5’GGGCGAATTCGAGCGTTGGTC3’      | mec A gene  | 454       | [15]      |
| F2       | 5’TCCAGGAATGACGAAGAACC3’       | mec A gene  | 454       | [15]      |
| R2       | 5’TCACCTTGTTGAGGGTGAT3’        | mec A gene  | 454       | [15]      |
| F3       | 5’GGCATATCGTGATCCAGCTGTT3’     | mec A gene  | 454       | [15]      |
| R3       | 5’TACCGTTGCGGTAACCTGA3’        | mec A gene  | 454       | [15]      |
| F4       | 5’TACGTGATGGTGCAAGGTCA3’       | mec A gene  | 454       | [15]      |
| R4       | 5’CCGGAGAAAGTGTGAGCAGGA3’      | mec A gene  | 454       | [15]      |
Sequence and phylogenetic analysis: The four amplified PCR products targeting different regions of the entire mec A gene of six isolates (3 bovine and 3 human isolates) were gel purified using a DNA extraction kit (Eppendorf) and custom sequenced for both directions (5'-3' and 3'-5') with same four sets of primer pairs, using the Automated Sequencer, Applied Biosystem 3100. The specificity of the sequences obtained, the nucleotide variations and amino acid variations with respect to the mec A gene sequence of MRSA strain were determined using BLAST [Basic Local Alignment Search Tool] (http://blast.ncbi.nlm.nih.gov/Blast.cgi). The obtained nucleotide sequences of mec A gene were aligned with the sequence of MRSA strain (Y00688) using ClustalW (www.ebi.ac.uk/clustalw) and analyzed for the nucleotide variation of mec A gene.

For phylogenetic analysis, sequences from various parts of the world were retrieved from the GenBank and used. The sequences were aligned using ClustalW 1.8 program and .aln and .nxs files were generated. The .aln file was converted to .meg file using Mega 4 [30] and Neighbor Joining tree (NJ tree) was constructed (bootstrap replicates=1000; seed=64,248) using Kimura 2 parameter method for pairwise deletion at uniform rates.

The mec A gene of 6 complete aligned sequences (three human and three bovine isolates) under study were submitted in Genbank under the accession numbers JF710610, JF710611, JF710612, JF710613, JF710614 and JF710615.

Results and Discussion

Isolation and identification of Staphylococci from milk samples: Out of the 128 gram positive cultures, 96 were found to carry the Staphylococcus genus specific gene. Among the 96 genus specific PCR positive isolates, 22 were coagulase-positive Staphylococci (Table-1). In this Twenty two, 20 were identified as S. aureus and two were S. intermedius. These results are in accordance with the study conducted by Amsaveni [6]. Remaining 74 coagulase-negative Staphylococci were characterized up to the species level. They were identified as S. epidermidis (17), S. hominis (8), S. lugdenensis (6), S. chromogenes (6), S. saccharolyticus (5), S. lentus (5), S. xylosus (4), S. simulans (4), S. hemolyticus (4), S. auricularis (3), S. sciuri (3), S. arlettae (3), S. caprae (2), S. caseolyticus (2), S. capitis (1) and S. cohnii (1).

Isolation and identification of Staphylococci from nasal swabs of animal handlers: Out of the 88 gram positive cultures, 64 were found to carry the Staphylococcus genus specific gene. Among the 64! genus specific PCR positive isolate, 29 were coagulase-positive Staphylococci (Table-1). Among these 29 isolates, 28 were identified as S. aureus and one was S. intermedius. Remaining 35 coagulase-negative Staphylococci were identified as S. epidermidis (12), S. lugdenensis (7), S. caseolyticus (3), S. chromogenes (3), S. xylosus (2), S. hominis (2), S. capitis (2), S. auricularis (1), S. caprae (1), S. hemolyticus (1) and S. lutrae (1). The present findings are in accord with the study conducted by Ohara who reported that seven species of CONS along with eight S. aureus strains were isolated from 18 nasal swabs collected from humans for bacteriological study [16].

Antibiogram of bovine mastitis milk isolates: Out of 22 coagulase-positive Staphylococci, 63.64% were sensitive to ceftriaxone, 59.09% were sensitive to chloramphenicol and gentamicin, 50% were sensitive to enrofloxacin, cloxacillin and ciprofloxacin, and 45.54% were sensitive to tetracycline, methicillin and oxacillin. 81.82% were resistant to ampicillin, 72.78% were resistant to amoxycillin, 63.64% were resistant to penicillin G, 54.54% were resistant to methicillin and oxacillin, and 50% were resistant to cloxacillin.

Out of 74 coagulase-negative Staphylococci, 78.38% were sensitive to chloramphenicol, 75.68% were sensitive to enrofloxacin, 72.97% were sensitive to oxacillin and methicillin, 64.86% sensitive to co-trimoxazole, 63.51% sensitive to gentamicin, 62.16% sensitive to ampicillin, 61.60% sensitive to amoxycillin, 54.54% sensitive to ciprofloxacin and 63.51% sensitive to chloramphenicol. Resistance to ampicillin, amoxycillin, penicillin G, cloxacillin, ciprofloxacin, methicillin and oxacillin were observed in 77.03%, 64.86%, 52.70%, 36.49%, 35.14% and 27.02% of the isolates respectively.

Among the 22 coagulase-positive Staphylococci and 74 CONS; 12 CPS and 20 CONS isolates showed methicillin resistance by disc diffusion method (Figure-2). Moon documented that 2.5% of S. aureus and 2.4% of CONS isolated from bovine mastitis were
methicillin resistant [17].

**Antibiogram of human nasal swab isolates:** Out of 29 coagulase-positive Staphylococci, 72.41% were sensitive to chloramphenicol, 65.51% were sensitive to cloxacillin, 62.06% were sensitive to tetracycline, 58.62% were sensitive to ceftriaxone, and 55.17% were sensitive to amoxycillin/clavulanic acid, oxacillin and methicillin, 79.31% were resistant to ampicillin, 55.17% were resistant to amoxycillin, 48.28% were resistant to penicillin G, 44.83% were resistant to methicillin and oxacillin and 37.93% were resistant to cefotaxime.

Out of 35 coagulase-negative Staphylococci, 74.29% were sensitive to enrofloxacin, 68.57% were sensitive to cloxacillin and tetracycline, 65.71% were sensitive to ciprofloxacin, 62.86% were sensitive to ceftriaxone, and chloramphenicol, 57.14% sensitive to methicillin and oxacillin. Resistance to ampicillin, penicillin G, amoxycillin (amoxycillin/clavulanic acid, methicillin and oxacillin), cefotaxime were observed in 71.43%, 65.71%, 62.86%, 42.86% and 34.29% of the isolates respectively.

Among the 29 coagulase-positive Staphylococci and 35 CONS; 13 CPS and 15 CONS isolates showed methicillin resistance by disc diffusion method (Figure-2). Tariq isolated 45 Staphylococci from eighty four swabs taken from the anterior nares of various staff members of the unit. Out of 45 isolates, 35 CONS and 4 *S. aureus* isolates were resistant to methicillin by disc diffusion method [18].

**Genetic amplification and sequence analysis**

**Genus and species specific PCR:** Out of the 128 gram positive isolates from animals suffering from mastitis and 88 gram positive isolates from human nasal swabs subjected to PCR with Staphylococcus genus specific primers, 96 and 64 isolates respectively were confirmed to carry genes specific for Staphylococci targeting a 756bp fragment within the 16S rRNA gene of Staphylococcus (Figure-3). Among 22 CPS of Bovine mastitis isolates and 28 CPS of Human nasal swab isolates; 20 and 28 isolates respectively gave a single DNA band of approximately 270 bp of the *nuc* gene confirmed the identity of *S. aureus* (Figure-4).

**Genetic amplification of mec A gene:** Among the 96 bovine mastitis staphylococcal isolates subjected to PCR with *mec A* gene primers, 8 isolates of *S. aureus* and 11 isolates of CONS (total 19) were detected to be positive for methicillin resistance targeting a 310bp fragment within the *mec A* gene of Staphylococcus (Figure-5). Huber demonstrated that out of 142 *S. aureus* strains obtained from 2,662 samples collected...
from bovine mastitis in Switzerland [19], only 2 (1.42%) isolates were positive for MRSA. Febler found that out 121 CONS isolated from cases of bovine mastitis, 16 isolates (13.22%) were classified as methicillin resistant and 96 isolates as methicillin susceptible by disc diffusion method. But the mec A gene was identified only in 15 out of 16 resistant isolates (12.40%) respectively [20].

Similarly among the 64 human nasal swab staphylococcal isolates; 6 isolates of and 7 isolates of CONS (total 13) were methicillin resistant as they harbored mec A gene. The results of the present finding are in accordance with Unal [21] who found that out of ninety eight staphylococcal isolates obtained from the nasal swabs of healthy volunteers, fifty one isolates were mec A positive. Among 51 methicillin resistant isolates 17 (17.74%) were strains and 34 (34.70%) were coagulase-negative Staphylococci which included , , and .

Four sets of overlapping primers targeting larger segment of mec A gene were used in this study. Template DNA prepared from three human (JF710610, JF710611, JF710612) and bovine methicillin resistant isolates (JF710613, JF710614, JF710615) were subjected to PCR with these four set of primer pairs. Each primer pair yielded an amplified product of 454bp, 675bp, 689bp and 715bp overlapping segments of the mec A gene (Figure-6). The four PCR products for each of the six isolates (three human and three bovine) were gel purified and custom sequenced.

The complete sequence of mec A gene (penicillin binding protein gene) of three human and three bovine isolates were subjected to pair wise blast in order to find the genetic similarity between the isolates of bovine and their related handlers viz (JF710610 and JF710613), II-(JF710611 and JF710614) and III- (JF710612 and JF710615) were subjected for the pair wise blast. BLAST analysis of mec A gene of human and bovine isolates (JF710610 and JF710613; JF710611 and JF710614) revealed that the sequence had a maximum identity of 100% while there was 99% homology between JF710612 and JF710615 isolates. The study is in accordance to the Turutoglu [22] who reported three methicillin resistant S. aureus isolates from bovine mastitis cases that were sequenced and found identical to human strains. Similar results showing homology between mec A gene from dogs and cats [15], horses [23] and humans have been reported. Based on the results obtained from this study and other reports [15], it is presumed that these isolates may originate from humans, considering that the methicillin resistance among human S. aureus isolates is more common.

Phylogenetic analysis: Phylogenetic analysis of the obtained sequences using MEGA 4.1 neighbor-joining method revealed that the nucleotide sequence of the JF710610 (human isolate) were found to be phylogenetically related to JF710610 (bovine isolate) showing distinct lineage and shared ancestral origin with other isolates obtained in this study and with the MRS strains of various species from different parts of the world.

Conclusion

Both phenotypic and genotypic analysis showed that the three MRS isolates of bovine and human origin were indistinguishable. It could be concluded that the bovine and human MRS strains described in this study were epidemiologically and genetically related, which may indicates the transmission between bovine and humans. Further studies using DNA sequence based
methods such as SCC mec typing, pulsed-field gel electrophoresis (PFGE), multilocus sequence typing (MLST), and DNA sequencing of the X region of the protein A gene (spa typing) of these isolates will improve our understanding of the mobile genetic element carrying the mec A gene and the clonal relationship of these bovine MRS isolates to human. This will aid in the understanding the transmission of MRS between bovine and their handlers and will also help in formulating strategies for the control of spread of MRS infections. Periodic surveillance for antimicrobial resistance patterns of MRS isolated from dairy cows with mastitis could be an important measure in detecting the emergence and spreading of such resistance.

Authors’ contributions

SV and PXA were involved in the design of this research work. The research was done by SV. PXA has monitored all the activities being a supervisor. VMVS, RSK, HKM, RMP and JT have assisted this research work. VMVS and SV drafted and revised the manuscript. All authors read and approved the final manuscript.

Acknowledgements

The authors are grateful to the Dean, Rajiv Gandhi College of Veterinary and Animal sciences, Kurumbapet, Pondicherry, India for providing necessary facilities and fund to conduct this research.

Competing interests

The authors declare that they have no competing interests.

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Available at www.veterinaryworld.org/Vol.7/June-2014/12.pdf