Expression of Interleukin 9 in the Lungs of Transgenic Mice Causes Airway Inflammation, Mast Cell Hyperplasia, and Bronchial Hyperresponsiveness

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Summary

Interleukin (IL)-9, a pleiotropic cytokine produced by the Th2 subset of T lymphocytes has been proposed as product of a candidate gene responsible for asthma. Its wide range of biological functions on many cell types involved in the allergic immune response suggests a potentially important role in the complex pathogenesis of asthma. To investigate the contributions of IL-9 to airway inflammation and airway hyperresponsiveness in vivo, we created transgenic mice in which expression of the murine IL-9 cDNA was regulated by the rat Clara cell 10 protein promoter. Lung selective expression of IL-9 caused massive airway inflammation with eosinophils and lymphocytes as predominant infiltrating cell types. A striking finding was the presence of increased numbers of mast cells within the airway epithelium of IL-9–expressing mice. Other impressive pathologic changes in the airways were epithelial cell hypertrophy as associated with accumulation of mucus-like material within nonciliated cells and increased subepithelial deposition of collagen. Physiologic evaluation of IL-9–expressing mice demonstrated normal baseline airway resistance and markedly increased airway hyperresponsiveness to inhaled methacholine. These findings strongly support an important role for IL-9 in the pathogenesis of asthma.

Key words: interleukin 9 • transgenic mice • asthma • mast cells • eosinophilia

A topic asthma is a chronic inflammatory disorder of the airways associated with reversible airway obstruction and bronchial hyperresponsiveness (1). The response to antigen in the airways involves various types of inflammatory cells, including eosinophils, B cells, mast cells, and activated T cells, in particular CD4+ T cells of the Th2 subset (2, 3). Although the precise mechanisms of this response are still unknown, there is evidence that complex interaction between these cells leads to the production of cytokines and other inflammatory proteins with important impact in the pathogenesis of asthma (4, 5).

Genetic susceptibility to atopic asthma is thought to be multigenic (6, 7). Although the gene(s) predisposing to asthma, atopy, and bronchial hyperresponsiveness have not yet been identified, various genetic studies in humans have linked these characteristics to chromosome 5q31-q33 (8-10). This chromosomal region contains several genes that are implicated in bronchial inflammation associated with asthma (11-13). Recently, one of them, IL-9, has been suggested as a candidate gene for asthma (10, 14).

IL-9 is a T cell–derived cytokine with pleiotropic effects on various cell types (15). IL-9 seems to be produced in vitro and in vivo by CD4+ T cells, preferentially of the Th2 subset (16-22). The in vitro biological functions of IL-9 include its ability to stimulate proliferation of activated T cells (23-25), to enhance production of immunoglobulin in B cells (26, 27), and to promote proliferation and differentiation of mast cells (28, 29) and hematopoietic progenitors (30, 31). The involvement of IL-9 in lymphomagenesis has been suggested by in vivo studies with transgenic mice expressing IL-9 constitutively in which a higher susceptibility to develop thymic lymphoma was observed (32).

The pleiotropic functions of IL-9 suggest a major role for this cytokine in the complex immune response associated with allergic forms of asthma. To study in vivo potential contributions of IL-9 to the pathogenesis of asthma,
we created transgenic mice that overexpress IL-9 selectively within the lungs. We show that expression of IL-9 in the airway epithelium of transgenic mice results in airway inflammation, mast cell hyperplasia, and dramatically increased airway hyperresponsiveness.

Materials and Methods

Production of Transgenic Mice. The 443-bp murine IL-9 cDNA (Genetics Institute, Cambridge, MA) was cloned as a XhoI-EcoRI fragment into the Ndel-BglII sites of plasmid pCC10-SV40 (33) using SalI-Ndel and EcoRI-BglII oligonucleotide adapters. The resulting plasmid pCC10-IL9-SV40 was purified from large-scale cultures using the Plasmid Maxi Kit (QIAGEN, Inc., Chatsworth, CA). After digestion of the plasmid with XhoI and SacI, the C.C10-IL9-SV40 transgene was separated by electrophoresis through a 1% agarose gel (SeaKem GTG BioProducts, Inc., Chatsworth, CA). After digestion of the plasmid with XhoI from large scale cultures using the Plasmid Maxi Kit (QIAGEN, Inc., Chatsworth, CA) and SacII, the CC10-IL9-SV40 transgene was separated by electrophoresis through a 1% agarose gel (SeaKem GTG BioProducts, Inc., Chatsworth, CA). After digestion of the plasmid with XhoI and SacI, the C.C10-IL9-SV40 transgene was separated by electrophoresis through a 1% agarose gel (SeaKem GTG BioProducts, Inc., Chatsworth, CA).

Histamine Assay. Histamine levels in lavage fluid were determined using a Histamine-Enzyme Immunoassay Kit (Immunotech, Westbrook, ME) according to the manufacturer’s instructions. The minimum detectable level of histamine was 0.2 nM for this assay.

Immunohistochemistry. Lungs, completely excised from the chest, were inflated with a 1:3 dilution of O.C.T. Tissue-Tek compound (Miles Labs., Inc., Elkhart, IN) in PBS and frozen in O.C.T. by submerison in 2-methylbutane (Aldrich Chemical Co., Milwaukee, WI) cooled with dry ice. Tissue sections were cut, transferred onto silane-treated glass slides, and allowed to dry at room temperature for 1 h. Sections were fixed in acetone for 10 min and then stored at −20°C. For staining, sections were rehydrated in wash buffer (0.1 M Tris-Cl, pH 7.4, and 0.01% Triton X-100) for 10 min. Sections were blocked with blocking buffer (3% BSA, 0.1 M Tris-Cl, pH 7.4, and 0.01% Triton X-100) for 30 min and with Avidin/Biotin Blocking Kit (Vector Labs., Burlingame, CA) for 15 min each before incubation with biotinylated antibody for 1 h. The sections were then washed three times for 5 min in wash buffer and incubated with pre-diluted streptavidin-alkaline phosphatase solution (Kirkegaard and Perry Labs., Inc., Gaithersburg, MD) for 40 min. The sections were washed and developed using Histogam Ark Red Staining System (Kirkegaard and Perry Labs., Inc.) according to the manufacturer’s instructions. The slides were counterstained with Meyer’s hematoxylin and then mounted using Permount (Fisher Scientific Co., Fairlawn, NJ).

For staining of lung sections, monoclonal antibodies, biotinylated anti-mouse CD4 and CD8a (PharMingen), biotin-conjugated anti-mouse B220 (Caltag Labs., San Francisco, CA), and biotin-conjugated anti-mouse Mac-1 (Serotec, Inc., Raleigh, NC) were used at appropriate dilutions in 1% BSA/wash buffer.

Flow Cytometric Analysis. To detect cytokine production at a single cell level, intracellular staining for IL-4 and IFN-γ was performed according to a modified protocol described elsewhere (36). In brief, cells retrieved by lung lavage as described above were washed and cultured at a concentration of 5 × 10⁶ in the presence of 0.05 μg/ml PMA (Sigma Chemical Co., St. Louis, MO) and 0.5 μg/ml ionomycin (Calbiochem Corp., La Jolla, CA) for 6 h. After 2 h of incubation, monensin (PharMingen) was added to a final concentration of 1 μM. Cells were washed once in staining buffer (1% PBS, 1% FBS, and 0.1% sodium azide, pH 7.4) and incubated with monoclonal antibodies for the detection of cell surface markers diluted in staining buffer containing Fc-Block (PharMingen) for 30 min at 4°C. Cells were washed once in staining buffer and then fixed in PBS containing 4% paraformaldehyde for 30 min at 4°C. Cells were washed twice in staining buffer and incubated with monoclonal antibodies for the detection of intracellular cytokines diluted in permeabilization buffer (0.1% saponin/staining buffer) containing Fc-Block for 30 min at 4°C. Cells were washed twice in staining buffer and
kept at 4°C in the dark until analysis by FACScan® using CellQuest (Becton Dickinson, San Jose, CA). Murine Th1 and Th2 cell clones, producing either INF-γ or IL-4 (37), were used as a positive control for intracellular cytokine production. Negative controls consisted of isotype-matched, directly conjugated, non-specific antibodies (PharMingen).

For the detection of cell surface markers, Cy-Chrome-conjugated monoclonal antibodies (anti-mouse CD4, anti-mouse CD8α; PharMingen) were used, and for intracellular cytokine staining, FITC-conjugated anti-mouse INF-γ and PE-conjugated anti-mouse IL4 (PharMingen) were used.

Physiologic Assessment. Mice were assessed physiologically by an investigator blinded to the genotype of the mice, using a method for the determination of airway baseline resistance and hyperresponsiveness to inhaled methacholine described elsewhere (34). Mice were anesthetized by intraperitoneal injection of pentobarbital (90 mg/kg) and tracheostomized with an 18-gauge angiocatheter (Baxter Scientific, McGraw Park, IL). Airway resistance was then measured using the micro-pH system and an animal ventilator. R. resistance was then calculated using the method of Amador and M. (39). R. resistance was eliminated and baseline measurements of pulmonary resistance were obtained by ventilating the mouse in the plethysmograph at volumes of 0.4 ml at a rate of 150 breaths/min, which has been shown previously to produce normal arterial blood gases (38). Each mouse was studied at baseline. Bronchial hyperresponsiveness was then determined by methacholine challenge as previously described (34). Increasing concentrations of methacholine in PBS were administered by nebulization (20 1-ml breaths), and pulmonary resistance was calculated precisely 60 s later. Stepwise increases in methacholine dose were administered up to the point of doubling in comparison with the baseline value. The data are expressed as the provocative challenge (PC) of 100 (MC100), the dose of methacholine at which pulmonary resistance was calculated.

Statistical Analysis. Values are expressed as means ± SD. The data were normally distributed, and group means were compared with Student’s two-tailed, unpaired t test using Excel for Apple Macintosh (Microsoft Corporation, Redmond, WA), P < 0.05 was considered significant.

Results

Generation of Transgenic Mice. We constructed several independent lines of transgenic mice in which the expression of the murine IL-9 cDNA was under the control of the rat Clara cell protein, CC10, promoter. Previous studies in mice had demonstrated by chloramphenicol acetyltransferase expression assay (40), R. protection assay (33), and Northern blot analysis (41) that expression regulated by the CC10 promoter is selective to lung tissue. Of 29 original progeny screened by Southern blot analysis and confirmed by PCR analysis of tail DNA, 9 animals (31%) were positive for the CC10 transgene. All founder animals were backcrossed with B10.D2 mice. Based upon the range of IL-9 expression levels, four independent lines, 9, 16, 20, and 25, were chosen for a more detailed analysis.

Assessment of IL-9 Levels Within Lung and Serum. The expression of IL-9 in the lung was assessed by ELISA (Fig. 1). Lower levels of IL-9 were detected in lavage fluid from transgene-positive mice of lines 16 (4.7 ± 3.3 ng/ml) and 20 (19.4 ± 11.2 ng/ml), and higher levels in transgene-positive mice of lines 9 (38.2 ± 18.7 ng/ml) and 20 (36.8 ± 16.3 ng/ml). The levels of IL-9 were below the detection limit (<0.31 mg/ml) in lung lavage fluid from transgene-negative mice of all four independent lines. IL-9 was not detectable in serum of transgene-positive or -negative animals (<0.62 mg/ml). Lung lavage fluid from mice expressing IL-9 did not contain detectable levels of IL-4 (<16 pg/ml) or IL-5 (<40 pg/ml).

Cellular Constituents of Lung Lavage Fluid. Analysis of lung lavage fluid from IL-9-expressing mice revealed the presence of inflammatory cells. The total number of cells recovered in BALF from mice expressing IL-9 was significantly increased compared to transgene-negative mice (Fig. 2A). The number of eosinophils (E) and lymphocytes (L) were significantly increased in IL-9-expressing mice compared with transgene-negative mice (P ≤ 0.04 and P < 0.03; B). Whereas the number of neutrophils (M) was only slightly but not significantly increased (B). N, neutrophils.
IL-9 Induces Airway Inflammation and Airway Hyperresponsiveness

Differential counts on lung lavage cells revealed a great increase in the number of eosinophils along with substantial accumulations of lymphocytes (Fig. 2, A and B). In contrast, in transgene-negative animals the majority of cells were macrophages (Fig. 2, A and B). Neutrophils were not identified in lung lavage fluid from transgene-positive and -negative animals (Fig. 2, A and B, respectively).

Histologic Assessment of Lung Tissue. Examination of lung tissue stained with hematoxylin and eosin by light microscopy revealed the same impressive histologic changes in the lungs of all IL-9-expressing mice from four independent lines (Fig. 3, B–D), which were not observed in lung tissue from transgene-negative control mice (Fig. 3 A).

Infiltration of lung tissue with mononucleated as well as multinucleated inflammatory cells occurred around airways and blood vessels of different sizes (Fig. 3, B and C). A higher cellularity was also noted within the lung parenchyma with the appearance of large macrophages and accumulations of mononuclear cells in areas of high infiltration (Fig. 3 D). Histologic analysis of the airways from IL-9-expressing mice revealed that the epithelium from most conducting airways was hypertrophic (Fig. 3, B and C). Many epithelial cells seemed to be enlarged due to the accumulation of material that appeared homogenous within the cytoplasm that stained positively for mucin with alcian blue/periodic acid–Schiff (Fig. 4 B). Higher magnification

**Figure 3.** Lung histology of conducting airways and parenchyma. Sections of formalin-fixed lung tissue from a transgene-negative control mouse (A) and an IL-9-expressing mouse of line 9 (B–D) were stained with hematoxylin and eosin before examination by light microscopy. Lung sections from IL-9-expressing mice revealed the presence of inflammatory cells in the subepithelium of conducting airways of all different sizes, smaller airways (B) and larger airways (C), and around blood vessels, which was not seen in sections from transgene-negative mouse (A). The airway epithelium was hypertrophic (B and C, arrows) compared with that in transgene-negative animals (A). Cellular infiltrations in the lung parenchyma from IL-9-expressing mice were often associated with nodule-like accumulations of mononuclear cells and large macrophages (D, arrows). Original magnification, A–D: ×250.
Figure 4. Histologic staining for mucin and collagen in lung sections. Light micrographs of formalin-fixed tissue from a transgene-negative control mouse (A and D) and an IL-9-expressing mouse (B, C, E, and F) stained with alcian blue/periodic acid–Schiff (A–C) or Masson’s trichrome (D–F). The hypertrophic airway epithelium in sections from IL-9-expressing mice stained positively (magenta) for mucins with alcian blue/periodic acid–Schiff (B). Higher magnification of the epithelium revealed that only nonciliated epithelial cells but not ciliated cells (arrows) were hypertrophic and stained positive for mucin (C). The airway epithelium in sections from transgene-negative mice did not stain for mucin (A). Lung sections stained with Masson’s trichrome demonstrated that thickening of the airway wall in IL-9-expressing mice is associated with increased deposition of material staining positively (blue) for collagen (E), which was not present in transgene-negative mice (D). A higher magnification of the same area demonstrates extracellular, intensely blue staining collagen adjacent to inflammatory cells around airway and blood vessel (F). Original magnifications: A, B, and F, ×500; C, ×1,000; D and E, ×250.
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cin-like material appeared in nonciliated but not ciliated
epithelial cells (Fig. 4 C). In contrast, airway epithelia were
not hypertrophic and did not stain positively for mucin
with alcian blue/periodic acid-Schiff in lung sections from
transgene-negative mice (Fig. 4 A).

Masson’s trichrome staining of lung tissue demonstrated
that infiltration around the airways in IL-9–expressing mice
was often accompanied by an increased deposition of collagen
in the subepithelial region (Fig. 4, E and F), which was not
found in airways of transgene-negative animals (Fig. 4 D).

Blood vessels of all different sizes in lungs from IL-9–
expressing mice showed thickening of their walls due to mild
mediated hypertrophy as demonstrated in van Gieson-stained
sections (Fig. 5 B). This was not observed in lung sections
of transgene-negative animals (Fig. 5 A). Immunostaining
of lung sections from IL-9-expressing mice for α-smooth
muscle actin demonstrated that hypertrophy was due at
least in part to marked muscle cell proliferation in the me-
dia with migration into the intima (Fig. 5 D). Staining for
smooth muscle actin was much less intensive in lung sec-
tions from transgene-negative mice (Fig. 5 C).

One of the most striking histologic findings in the air-
ways of IL-9-expressing mice was the presence of mast
cells within the airway epithelium. Mast cells were detected
in epithelial and subepithelial regions of all conducting air-
ways in lung tissue stained with toluidine blue (Fig. 6, B
and C) or using Leder’s chloracetate esterase reaction (Fig.
6 D). As expected, mast cells were not present in airway
epithelia from transgene-negative animals (Fig. 6 A).

**Figure 5.** Histologic analysis of blood vessels. Blood vessels in van Gieson-stained sections from formalin-fixed lung tissue of an IL-9-expressing mouse (B) showed medial hypertrophy compared with vessels from a transgene-negative control mouse (A). Immunostaining for α-smooth muscle actin was strongly positive (brown) in wall and lumen of blood vessels found in sections from an IL-9-expressing mouse (D), which was not observed in blood vessels from transgene-negative mice (C). Original magnification, A–D, ×500.
Electron Microscopic Examination of Airway Epithelium. Electron microscopic analysis of the epithelium of conducting airways of the lower respiratory tract from IL-9–expressing mice confirmed the presence of mast cells (Fig. 7A) that appeared to be fully granulated (Fig. 7, A and B). Mast cells were not present in the airway epithelium from transgene-negative control mice (Fig. 7C).

Electron micrographs of airway epithelium from IL-9–expressing mice also demonstrated that only nonciliated epithelial cells were hypertrophic due to massive accumulations of vacuoles containing a homogenous, low-density material (Fig. 7A), confirming the results obtained from alcian blue/periodic acid–Schiff–stained epithelium (Fig. 4C). These vacuoles were not observed in ciliated cells that were not hypertrophic (Fig. 7A), nor in any cells of the airway epithelium from transgene-negative animals (Fig. 7C).

Histamine Levels within Lung Lavage Fluid. To assess the potential release of mediators from mast cells within the airway epithelium from IL-9–expressing mice, lung lavage fluid was analyzed for histamine. Low levels of histamine were detected in lung lavage fluid of both IL-9–expressing mice (1.98 ± 0.65 nM) and transgene-negative mice (1.14 ± 0.79 nM) of all four independent lines (Fig. 8). The slightly but not significantly increased histamine levels found in lavage fluid of IL-9–expressing mice might be explained by increased numbers of mast cells in the airway epithelia of these mice.

Characterization of Infiltrating Cells by Histology and Flow Cytometry. New vital red staining of lung sections from IL-9–expressing mice demonstrated that high numbers of eosinophils were among the infiltrating cells around airways and blood vessels (Fig. 9A) and within the paren-

Figure 6. Histologic staining for mast cells. Toluidine blue staining of sections from formalin-fixed lung tissue revealed mast cells in the airway epithelium from an IL-9–expressing mouse (B and C) but not in the epithelium from transgene-negative mice (A). Dark blue-stained mast cell granules (arrows) were present in the epithelium of smaller (B) and larger (C) airways. Higher magnification shows red-stained mast cells (arrow) in the airway epithelium using Leder's chloracetate esterase reaction (D). Original magnifications A and B, ×500; C, ×250; D, ×1,000.
10 shows typical dot-plots of IL-4 and INF-γ for the presence of intracellular IL-4 and INF-γ-expressing mice were analyzed individually by flow cytometry. Th1- or Th2-type cytokines, lung lavage cells from IL-9–expressing mice were retrieved by lung lavage that were present at a 2:1 ratio (data not shown). The percentage of INF-γ-producing cells among CD4+ as well as CD8+ lymphocytes was slightly higher compared with IL-4–producing cells or cells staining positively for both cytokines (Fig. 10, A and B). Nonetheless, there was no selective accumulation of either IL-4 or INF-γ-producing CD4+ lymphocytes detectable in lung lavage fluid from IL-9–expressing mice.

A sessament of Lung Physiology. To assess the physiologic changes associated with lung selective expression of IL-9 in the airways of transgenic mice, both baseline airway resistance and the bronchial responsiveness to inhaled methacholine was determined. Several IL-9–expressing mice had increased airway resistance at baseline compared with transgene-negative control mice. However, when analyzed as a group, IL-9–expressing mice exhibited no significant difference in baseline airway resistance, 0.79 ± 0.07 cm H2O/ml/s (n = 8), compared with transgene-negative littersmates, 0.31 ± 0.05 cm H2O/ml/s (n = 8, P > 0.09) (Fig. 11 A). Challenge with methacholine showed that IL-9–expressing mice required a significantly lower dose of methacholine to achieve a 100% increase in respiratory resistance (PC100), 0.452 ± 0.487 (n = 8), than did transgene-negative littersmates, 1.606 ± 0.362 (n = 8, P < 0.0001) (Fig. 11 B). This difference reflects a 30-fold increase in airway hyperresponsiveness compared with transgene-negative littersmates. Thus, airway-selective overexpression of IL-9 in the lungs of transgenic mice resulted in a non-significant trend toward increased baseline airway resistance as well as markedly increased airway hyperresponsiveness.

Discussion

Our results strongly support a potential and major role for IL-9 in the pathogenesis of allergic asthma. Expression of IL-9 selectively within the lungs of our transgenic mice caused hypertrophy of airway epithelium, submucosal accumulation of collagen, cellular infiltrates with eosinophils and lymphocytes, and mast cell hyperplasia. These mice also demonstrated the critical physiological response to inhaled methacholine that is characteristic of patients with asthma, namely hyperresponsiveness.

CD4+ (Fig. 10 A) and CD8+ (Fig. 10 B) lymphocytes retrieved by lung lavage that were present at a 2:1 ratio (data not shown). The percentage of INF-γ-producing cells among CD4+ as well as CD8+ lymphocytes was slightly higher compared with IL-4–producing cells or cells staining positively for both cytokines (Fig. 10, A and B). Nonetheless, there was no selective accumulation of either IL-4 or INF-γ-producing CD4+ lymphocytes detectable in lung lavage fluid from IL-9–expressing mice.

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Figure 9. Characterization of inflammatory cells in lung sections from an IL-9-expressing mouse. Formalin-fixed tissue was stained with new vital red to demonstrate that eosinophils were present in high numbers in lung tissue from IL-9-expressing mice (A). Immunostaining of frozen lung sections (B–E) revealed that cell infiltrates also contained CD4$^+$ (B), CD8$^+$ (C), B220$^+$ (D), and Mac-1$^+$ (E) mononuclear cells. Original magnifications: A, $\times600$; B–E, $\times500$. 
Genetic studies have linked asthma, atopy, and bronchial hyperresponsiveness to human chromosome 5q31-q33 (10), which contains several genes involved in the allergic immune response. The gene for IL-9 is located within that region (12), and allelic association between IL-9 and total serum IgE levels has been demonstrated (10). Recently, studies with different inbred strains of mice linked bronchial hyperresponsiveness to mouse chromosome 13, which shares homology with human chromosomal region 5q31-q33 and on which the murine homologue of the IL-9 gene is located (14). Correlation between strain-specific mRNA and protein levels of IL-9 and hyperresponsiveness has been demonstrated. In particular, these studies have shown that reduced expression levels of IL-9 were associated with hyporesponsiveness (14). Based on these data and on its pleiotropic functions, IL-9 was proposed as a critical factor involved in the pathogenesis of asthma (14). Expression of IL-9 in vivo in the lungs of our transgenic mice resulted in increased native airway hyperresponsiveness. Thus, the overexpression of one cytokine, selectively within the lungs, even in the absence of exposure of these mice to known antigens, resulted in marked increase in sensitivity to the bronchoconstrictor agonist. This new finding is in accord with recently published data (14) suggesting a role for IL-9 in the development of airway hyperresponsiveness.

There appears to be a clear association between airway hyperresponsiveness that defines asthma and airway inflammation (1). However, the exact mechanism(s) leading to this altered airway physiology is still unknown. Eosinophilic and lymphocytic infiltration of the airways is a common feature of human asthma (42, 43). A similar inflammatory response was seen in the lungs of IL-9-expressing mice that demonstrated airway hyperresponsiveness to methacholine. Eosinophils and lymphocytes were found surrounding airways and blood vessels and were present in lung lavage fluid. These findings mimic important histologic characteristics of human asthma. Several studies have demonstrated a correlation between the degree of inflammation, in particular eosinophilia, and airway hyperresponsiveness in asthmatic patients (44–46). The application of animal models to the study of experimental atopic asthma has not yet confirmed the requirement of eosinophils and their products in the development of airway hyperresponsiveness, which remains controversial (47–49). For example, studies in mice have demonstrated that hyperresponsiveness might occur in the absence of eosinophilic airway inflammation (48, 49). Therefore, how eosinophils and their products may contribute to the altered human airway physiology typical of asthma remains to be determined.

Recently, interest has focused on the association between activated CD4+ T lymphocytes, in particular the Th2 subset, and the pathogenesis of asthma (50–52). It has been shown that CD4+ Th2 cells are present and activated in the bronchial wall and lavage fluid of atopic asthmatics (53, 54). IL-4 and IL-5, produced by Th2 cells, have been postulated to have central roles in the initiation and maintenance of allergic inflammation because IL-4 is essential for sustaining a Th2-type immune response (55), acts on mast cells and eosinophils (56), and is a critical factor for IgE isotype switching in B cells (57). IL-5 regulates growth, differentiation, and activation of eosinophils (58, 59). Expression of either IL-4 or IL-5 in the lungs of transgenic mice promotes an impressive inflammatory response (33, 60). Despite evidence for an important role of these Th2 cell–derived cytokines in the inflammatory response in the lungs of asthmatics, proof of direct contributions of these factors to pathologic and physiologic changes in the airways of asthmatics has remained elusive. Expression of IL-9, another Th2 cell–derived cytokine (15), in the lungs of our transgenic mice also resulted in an impressive inflammatory response that showed differences from that observed in IL-4 or IL-5 transgenic mice. Accumulations of B220+ lymphocytes as found in the lungs of IL-4 transgenic mice (Temann, U.-A., unpublished observation)
expansion of bronchus-associated lymphoid tissue, mostly consisting of B cells, as in IL-5 transgenic mice, were not seen in the lungs of IL-9–expressing mice. Only a minor population of the infiltrating cells were B220–. Instead, cell infiltrates seen in the lungs of IL-9–expressing mice, predominantly eosinophils but also CD4+ and CD8+ lymphocytes, were very similar to those seen in asthmatic lungs. In human asthma, a predominance of Th2-like lymphocytes has been demonstrated in several studies (53, 54). We show that IL-4 as well as INF-γ–producing lymphocytes were identified among infiltrating cells in lung lavage fluid after short-term stimulation in vitro, which suggests that local expression of IL-9 alone does not lead to a Th2 specificity of the infiltrating CD4+ lymphocytes in the lungs. Interestingly, similar results have recently been published on lung lavage cells from allergic asthmatics (61), demonstrating that only a smaller portion of T cells are producing IL-4 while the majority produces INF-γ. Therefore, the postulated predominantly Th2-regulated immune response in allergic asthma remains controversial.

Overexpression of IL-9 in the lungs of our transgenic mice resulted in certain, important pathologic and physiologic changes characteristic of human asthma. These in vivo findings support a new and important central role for IL-9 in the pathogenesis of asthma. Also of interest is that other typical features of human asthma, such as airway epithelial shedding, mucus plugs, or airway smooth muscle hypertrophy, were not observed in IL-9–expressing mice used in this study. Furthermore, the vascular changes seen in the lungs of IL-9–expressing mice are not typical of human asthma. The observed medial hypertrophy in vessel walls that are due, at least in part, to smooth muscle cell proliferation are histologic changes seen more commonly in primary pulmonary hypertension (62).

An important new finding that distinguishes IL-9 transgenic mice from those expressing other Th2 cytokines selectively within the lungs was the presence of mast cells in the airway epithelium of all conducting airways. Mast cells are important in immediate allergic responses and acute bronchoconstriction. Cross-linking of allergen-specific IgE bound to high affinity receptors FceRI on the surface of mast cells by antigen leads to activation and secretion of a wide variety of mediators causing direct bronchoconstriction and enhancement of airway inflammation (63, 64). In the human lung, mast cells are located in the trachea, mucosa, and submucosa of all airways and within the parenchyma (65). Their number is increased in the lungs of asthmatics compared with nonasthmatics, and they often exhibit signs of degranulation (66). In contrast, mast cells are sparse in the murine lung and only limited numbers are present in the tracheal tissue. Mast cells were detected in great numbers in the airway epithelium of our IL-9–expressing mice. The presence of fully granulated mast cells in the airway epithelium demonstrated by electron microscopic analysis as well as similar histamine levels in lung lavage fluid from IL-9–expressing mice and transgene-negative control mice suggest no significant mast cell degranulation with release of mediators. However, whether or not these mast cells play a role in the development of the observed phenotype in IL-9–expressing mice is still not completely elucidated. A further characterization of these mast cells, especially for their protease phenotype, may allow a more specific assessment of the potential contributions these cells may make to pathologic and physiologic changes in the lungs of IL-9–expressing mice. IL-9 is known to promote growth and differentiation of mast cells in vitro (28, 29) and in vivo (67). Therefore, the presence of mast cells in the airway epithelium from IL-9–expressing mice seems to be a direct effect of IL-9, since mast cell hyperplasia in the airway epithelium has not been described in transgenic mice expressing other Th2 cytokines, IL-4, IL-5, or IL-6 selectively within their lungs (33, 60, 34). Our observations in vivo support the function of IL-9 as a primary growth and differentiation factor of mast cells. They further suggest that mast cells are recruited to, or proliferate and differentiate in, the airways of asthmatics as a consequence of IL-9 produced locally within the lungs by activated Th2 lymphocytes. Our data provide functional evidence for a potential important role of IL-9 in the pathogenesis of asthma.

We propose that IL-9 derived from CD4+ Th2 cells may play an important role in inflammatory responses in the lung and potentially contributes to both pathologic and physiologic changes characteristic of the asthmatic airway.

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