Introduction

History of medical education in Libya spans over a period of 50 years. Medical education started in faculty of medicine at Benghazi in 1970, and at Tripoli in 1973. Both medical schools performed their main core function and their graduates provided good health services locally and abroad. However, the medical schools did not keep up with the immense changes that medical education experienced over the last two decades with inclusion of research and community services within their main core function [1–3].

Education of professionals must be adapted to practice in order to meet needs and demands of the population and the health systems that serve them. Currently, the role of medical schools needs to be redefined and regulated in a world where specialization is becoming a requirement to practice. Medical schools need to transform their specialist training into a community-oriented education in accordance with World Health Organization (WHO) and World Federation for Medical Education (WFME) recommendation, to reorient medical education to meet current challenges [3–5].

Reflecting the importance of the interface between medical education and the healthcare delivery sector, the WHO/WFME Strategic Partnership was formed in 2004, to improve medical education. In 2005, the partnership published guidelines for accreditation of basic medical education. The WHO/WFME Guidelines recommend the establishment of proper accreditation systems that are effective, independent, transparent and based on medical education–specific criteria [5–7].

An important prerequisite for this development is initiation and use of WFME Global Standards program in 1997 in all six WHO/WFME regions as a basis for quality improvement of medical education [7].

Global Standards for quality Improvement divided the standards into basic standards and quality development standards. Basic standards, which are 106, should be fulfilled by all institutions involved in medical education. Standards for quality development, which are 90, serve as an incentive for development and as a leverage for improvement. Standards are defined in these two levels for each of the different domains (Text box 1).

Text Box 1: Medical Education Global Standards for Quality Improvement.
1. Mission and objectives
2. Educational program and principles
3. Assessment of educational outcomes
4. Students
5. Academic staff/faculty
6. Educational resources
7. Monitoring and evaluation of programs and courses
8. Governance and administration
9. Continuous renewal.

Current status of medical education in Libya

In spite of initial promising level, quality of medical education in Libyan universities progressively declined due to many reasons (Table 1).

Faculty of Medicine in Libyan international medical university was the only medical school getting a provisional
Table 1: Causes of deterioration of Medical education in Libyan medical schools.

| At Management Level | At Teaching/ Learning process level | At Environment Level |
|---------------------|------------------------------------|----------------------|
| 1. Lack of cooperation between ministry of health as demander and ministry of education as provider of professionals (9). | 11. Out dated teaching with Teacher-centered didactic unidirectional lectures. | 29. Lack of sufficient facilities; equipped study and library halls. Lack of standard and up-dated references, books and journals. |
| 2. Six fold unjustified proliferation of medical faculties, >3 fold increase in number of student number in some years. | 12. Out dated non-competency based curriculum that is lacking recommended inclusion of personal and managerial skills, and that could not meet societal needs (9), (11). | 30. Non-availability of internet to promote study and research. |
| 3. Non-functional and ineffective research based promotion bylaws, which should be revised urgently (10). | 13. No adoption of WFME standards (12). | 31. Absent or limited or inaccessible inscription to medical scientific journals. |
| 4. Lack of quality management system in medical faculties | 14. Curriculum lack quality improvement and applied patient safety (13). | 32. An iconic shortcoming of medical schools represented in presence of photocopy office to produce copies of lectures, to use it as a source of readings! |
| 5. Lack of medical education units in most of faculties, and established units are recent or not up to standards. | 15. Lack of applied learning culture. | 33. A Repelling environments with shortage of appropriate hygienic facilities. |
| 6. Lack of accountability, and underfunding aggravated further standards decline. | 16. Language obstacle and minimal student participation. | 34. Lack of an encouraging environments and facilities such as; canteen (with healthy affordable meals), sport halls or stadium. |
| 7. Universities are not independent, they are restricted by out dated un functional financial laws and legislations. | 17. Topics are not representative to current and real problems and non-responsive to community needs. | 35. Lack of medical research culture for students and staff. |
| 8. Non-academic employees, such as legal, administrative and financial staffs are not professional and have a negative rather than supportive role. | 18. Lack of and/or non-effective utilization of clinical skills labs. | 36. Un availability of state of arts hospitals with skilled staff and advanced technology suitable for good standard education. |
| 9. Lack of policy for participation of doctors in international conferences due to financial issue. When it is found, it’s assigned to non-motivated candidates with lack of post conference report where the staff present the new relevant advances for colleagues in order to update daily practice. | 19. Merging of parallel private educational centers, where excellent new graduates, or good tutors are teaching their own sub-standard curriculum (14). | |
| 10. Enrollment of very large number of students without having designated places for them. | 20. Absence of research based education and culture. | |

Consequences of declining teaching level

The decline in the quality of medical education led to exclusion of Libyan medical schools from the annual publications of international rankings, to loss of confidence in Libyan universities, consequent loss of confidence in Libyan doctors, with further decline in medical services.

Benghazi medical schools achieved 33% of basic standards in an assessment performed in 2018, followed by Tripoli medical schools achieved 22%. Other medical schools achieved less than 5% of basic standards [9].

Most current medical graduates are under-qualified due to sub-standard medical education, with resulting lack of professionalism, absent scientific attitude, weak creativity and inability to play a role in health advocacy. Suboptimal medical education was aggravated by enrolling of large numbers of students despite non-readiness of medical schools. As a result, a lot of Libyans seek treatment in neighboring countries and in Europe with increase of financial costs and economic burden for both patients and government. In addition, patients pay an additional price because of consequent ineffective and/or incomplete management especially for cancer, trauma and rare diseases.

Road map for accreditation in Libya

Road to accreditation composed of two phases. First phase is establishment of a national task force for accreditation prepares for establishment of a national system for accreditation. Second phase is establishment of sound Internal Quality Assurance (IQA) system with clear responsibilities at medical universities (Figure 1).

Phase one is composed of the following steps to be taken in order to establish a national system for accreditation for higher educational institutes (Text Box 2). The Quality Assurance Accreditation of Higher Educational institutes (QAHEI), currently named National Center for Quality Assurance and Accreditation of Educational and Training Institutes (NCQAETIs), is the only governmental authorized body accrediting and quality assuring the higher educational institutes in Libya.

Citation: Nasef A, Al-Griew MA, Taguri AE (2020) Improving Quality of Education in Extreme Adversities-The case of Libya. J Biol Med 4(1): 006-011. DOI: https://dx.doi.org/10.17352/jbm.000020
Updated strategic plan (2012–2017), addressed all drawbacks such as redundancy, repetition of mission as well as an ambiguity and inconsistency with higher institute mission. However, a very big obstacle facing center is being affiliated to Ministry of Education with possibility of conflict of interest and loss of independency and credibility. Secondly, being subjected to continuous changes of bylaws and management staff, absence of clear regulation, job description and specification. Thirdly, it’s currently below standards due to several causes despite being a member of International Network for Quality Assurance Agencies in Higher Education (INQAAHE) and Arab Network for Quality Assurance in Higher Education (ANQAHE) till 2012. Moreover, it’s not recognized by WFME yet.

All the higher educational institutes were requested to adapt and implement the standards of quality assurance and accreditation of the Quality Assurance and Accreditation Guide Lines (General Popular Committee Decree # 430 – 2008). Higher educational institutes have to maintain the minimum requirements for accreditation (Institutional / programs; provisional / final).

Phase two concerning with establishment of sound IQA system at medical schools. This system should have a model QA, responsible for QA, customers charter, continuous monitoring of the implementation of the activity (analysis of previous competences, control of the presence, interim verification, students satisfaction, etc), plan for continuous improvement, attention to customer’s satisfaction, determination of vision, mission and goals of the institute, adequate strategic planning and effective action plans to satisfy the goals. General process of Academic Accreditation are shown in (Text Box 3).

**Text Box 2: Steps taken for establishment of National Center for Quality Assurance and Accreditation of Educational and Training Institutes**

**Stage 1: Establishment Stage**
- 1. 2004: GPC Decree #141 – 2004 Establishment of Research and Quality Assurance in Higher Education. First Annual Quality Conference.
- 2. 2005: GPC Decree #80 – 2005 Executive Committee for QA & Accreditation.
- 3. 2006: Establishment of Quality Assurance Accreditation of Higher Educational institutes by GPC Decree #164 – 2006.
- 4. 2006: GPC Decree #303 – 2006. Forming committee for center management.
- 5. 2006: GPC Decree #339 – 2006. Approval of organizational structure and organogram.
- 6. 2007: QA & Accreditation Guidelines Approval.
- 7. 2008: GPC Decree #430 – 2008 Mandated the use of the Guidelines for Assuring the Educational Process.

**Stage 2: Launching Stage**
- 1. 2008: Workshops of Quality Assurance and introduction of quality assurance and accreditation center, and auditing teams formation.
- 2. 2009: Membership of the Arabic & International Network.
- 3. 2009: GPC Decree #129 – 2009 Renaming: Quality Assurance Accreditation of Educational institutes
- 4. 2009: GPC Decree #134 – 2009 Reform of organizational structure and organogram.
- 5. 2010: GPC Decree #18 – 2010 Authorization of evaluation of for Quality Assurance in educational institute.
- 6. 2010: Meeting with quality assurance managers in Libyan universities.
- 7. 2010: Decree from Minister of Health to consider 2010 as the Year of Quality in Libyan Universities.
- 8. 2010: Report on public and private higher education institutes in Libya.

**Stage 3: Reform Stage.**
- 1. 2011-2014: Manual of Quality Assurance and Accreditation of Higher Education Institute and models of institutional and Program Accreditation.
- 2. 2012-2017: Strategic Plan of Quality Assurance and Accreditation of Education Institute.
- 3. 2012: Report of National Center for Quality Assurance Accreditation of Educational and Training Institutes-2012.
- 4. 2013: report of challenges facing Quality Assurance and performance evaluation offices.
- 5. 2013: Report of exploratory visits of 13 auditing team consist of 130 academic staff, listing challenges, weakness and corrective practice as well as.
- 6. 2016: Minister of Higher Education and Scientific Research: Decree #674 – 2016. Approval of guiding procedure and accreditation standards for higher educational institute, and up-dating institutional and program accreditation standards(18).

**Establishment of internal quality system at medical universities**

Quality and innovation of medical education in Libyan medical schools is needed, to identify weak area, to enforce education, to graduate competent care giver medical students, to have an international standards of services to retain public trust, to prevent financial and brain drain. Quality medical education can be established in three steps (Table 2).

Self-study and description through assessment of current status such as; facilities, student’s number/staff number,
students (attendance, participation, accomplishments, etc.), teaching staff (self-management, professionalism and ethics, skills, knowledge and commitment), resources and availability of sufficient material for practical teaching, uses of advanced technology in teaching such as (clinical skills laboratories, 3D models, telemedicine conferences, etc), examination method and out–come.

Second component of self-study is bench marking with international faculties for modernization of medical schools, through evaluations and revisions to compete with other similar institutions around the world and to ensure delivery of quality medical education for Libyans and inclusion of Libyan medical schools/universities in the annual publications of international rankings.

Initiation of IQA through adoption of recommendation and action plan for changes by finding an alternative approaches. Integrative teaching/learning approaches could help keeping a track between basic and clinical sciences and sequentially link all major components of the teaching/learning process. These approaches permit minimum curriculum that meets agreed–upon learning objectives, thus avoiding unnecessary repetition, saving time money and effort of medical school staff and takes into consideration community needs. Implementation of national quality assurance is composed of institutional and program accreditation process [22,23]. Both institutional and program accreditation scope are listed (Table 3). Accreditation process of both institutional and program are shown in (Text Box 4).

Implementation would start by specifying criteria and standards which have to be met, by an official agency of accreditation body in order to achieve a positive

| Table 2: Steps of establishment of sound IQA system at medical universities. |
|---|
| STEPS | Components |
| Step 1 | Conduction of self study |
| 1) Self study: • Self assessment and description. • Assessment of current status and SWOT analysis. To assess quality and effectiveness of services. 2) Bench-marking. 3) Recommendation and Action Plan. |
| Step 2 | Initiation of QA in Medical universities |
| 1) Adoption of recommendation and Action Plan For Further Enhancermnt. 2) Having an alternative teaching/learning approaches and adoption of evidence based medicine (19). 3) certification of quality management systems of educational institutions. |
| Step 3 | Implementation of national quality assurance according to standard guidelines |
| 1) Accreditation of educational institutions (Institutional accreditation). 2) Accreditation of degree programmes (Program accreditation) (20). |
| Step 4 | Auditing |
| Evaluation, supervision of the accredited educational institutions and accredited degree program for of ten standrads (20), (21). |

Table 3: Scope of Institutional and Program accreditation.

| Institutional Accreditation | Program Accreditation |
|-----------------------------|-----------------------|
| Components                  | Components            |
| 1 Planning                  | Planning and administrative organization. |
| 2 Educational resources & program | educational resources and program: |
| 3 Academic staff            | Academic staff.       |
| 4 Student affair            | Student affair.       |
| 5 Facilities and educational resources | Facilities and educational resource. |
| 6 Scientific research       | Scientific research. |
| 7 Community services        | Community services    |
| 8 Quality assessment & continual improvement | Quality assessment and continual improvement |
| 9 Leadership and governance |                       |

Table 4: Criteria and Standards to be fulfilled in order to achieve a positive external accreditation by an official agency of accreditation body.

| A- Input standards: | B- Process standards | C-Outcome standards |
|---------------------|----------------------|---------------------|
| Institution and budget | Curricular demands | Minimum performances to achieve efficiency and effectiveness as trusted professionals. |
| Physical arrangement | Levels of competences to be achieved | |
| Staff Planning      | Teaching should be effective, tailored to student’s needs | |
|                     | Examinations should assess the actual student’s achievements; | |
|                     | Transparent teaching plan, curriculum, and learning outcomes | |
|                     | Analysis of students needs | |
|                     | Teaching equipment Use of effective and differentiated methodologies Guidance | |
|                     | Examination procedures and evaluation.. | |
|                     | Examination standards, etc. | |

External assessment. The criteria and standards for accreditation vary widely between different countries and according to the specific field of training (Table 4).

Auditing should involve evaluation of 10 standards, and result should be ≥ 60% for each standard, and overall result should be ≥ 70% (Table 5) [22].

Conclusion

Evidence based medicine, clinical reasoning, self-directed critical thinking and problem solving approach are mandatory
in order to acquire better retained and usable knowledge in a clinical context through student-centered teaching, and team interpersonal skills promotion. Adoption of new and high standards methods of teaching such as 3D models [24,25], along with updated responsive teaching materials are mandatory and represent pre-requisites for accredited medical schools.

Accreditation, a risk-reduction strategy, is not an aim by itself but it is a tool for self-recognition, continuous improvement of pedagogical skills and a guide to reach out for the standards as a way to achieve academic excellence, which is the real added value of all the operations, we do.

Therefore, the accreditation and continuous quality improvement in medical education is crucial to adjust medical education to improve the current status of health service system and to prepare qualifying doctors for the needs and expectations of their essential clients, i.e the community they serve.

Accreditation and continuous quality improvement are expected to ensure training in era of information technologies in order to help doctors cope with the explosion in medical and scientific knowledge and technology, and to be lifelong learners.

Stakeholders in National Center for Quality Assurance and Accreditation should work urgently to acquire mandatory state of art performance and excellence of execution. It would be advisable, for Quality Assurance and Accreditation center to consider a mandate for issuing practice license for all future public and private medical school, to ensure availability of quality requirements since establishment. Then they should consider closing severely underperforming medical schools.

| Standards                          | Points | Indicators |
|-----------------------------------|--------|------------|
| Mission and Objectives.           | 60     | 11         |
| Governance and administration system. | 80     | 11         |
| Educational program/Program evaluation. | 180  | 28         |
| Academic staff/ Faculty.          | 130    | 20         |
| Educational resources.            | 100    | 17         |
| Student /Student assessment.      | 80     | 15         |
| Infrastructure and facilities.    | 110    | 15         |
| Financial affairs.                | 100    | 15         |
| Scientific research.              | 80     | 14         |
| Continuous renewal                | 80     | 6          |

Program Standards

| Educational program.             | 1200   | 100        |
| Academic staff.                  | 400    | 34         |
| Educational resources.           | 180    | 18         |
| Student affair.                  | 400    | 40         |
| Infrastructure and facilities.   | 150    | 17         |
| Quality assurance & continual improvement | 300  | 29         |

A check list of standard requirements including inputs, process, outcomes, institutional and program quality, financial cost should be prepared as first step. This should be followed by a review of all medical schools according to these selected criteria. Subsequently, tough but needed decisions are needed to close medical schools with low quality standards in order to ensure efficiency and effectiveness of medical education.

National Center for Quality Assurance and Accreditation achieved remarkable progress despite all inconvenient circumstances. However, there is still a long way to go. Auditing own performances and outcomes, implementing standards of quality, hiring competent employees, collaboration with international centers and having a national plan to have medical schools with international standards in near future.

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