The Effectiveness of Cochlear Implants in Patients with Inner Ear Malformation

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Abstract

Purpose: To analyze the outcome of a cochlear implant (CI) in patients with an inner ear malformation (IEM), to compare two commonly used classification systems for IEM, to identify the highest and lowest outcome performance of IEM, to determine the most frequent inner ear anomalies and a candidate for a cochlear implant with considerable improvement.

Methods: A literature review including 64 previously published studies between the period 1987 to 2020. In addition, a retrospective study inclusive 16 cases with IEM having undergone 20 CI surgeries.

Results: The review shows that 43 studies involving 1273 (19%) cases with IEM out of 6560 patients have demonstrated an improvement in auditory and speech performance after implantation. 30 studies involving a total of 551 cases with an isolated enlarged vestibular aqueduct (EVA) have reported considerable benefits in audiology and speech performance after CI. Several authors reported that patients who have mild anomalies have a better outcome than patients who have severe malformations. Clinical studies revealed that patients with IEM have seen improvements revealed in the outcome of audiology and speech tests after implantation.

Conclusion: CI is effective for patients who have severe to profound sensorineural hearing loss (SNHL) with inner ear anomalies despite other factors which may influence the outcome. The outcome of the minor IEM such as EVA is higher than the performance of the major anomalies like a common cavity (CC). The most frequent inner ear anomaly and candidate for the CI with significant improvement after implantation is EVA.

Keywords: Cochlear implant; Inner ear malformation; Enlarged vestibular aqueduct; Incomplete partition type I; Incomplete partition type II; Common cavity

Introduction

Cochlear implant (CI) is a surgical solution for patients who suffer from unilateral or bilateral severe to profound sensorineural hearing loss (SNHL) and is one of the most challenging ear surgeries as it needs a highly professional surgeon to perform it. This is especially the case for patients who have inner ear malformations (IEM), facial nerve abnormalities, cerebrospinal fluid leakage (CSF), gusher, or difficulty in finding the cochlea itself. Surgeons during the operation must be ready for any difficulties and then are required to modify the surgical approach or choose special electrodes according to the IEM. Several clinical studies have shown a significant improvement in auditory and speech perception performance after performing CI surgery for pediatric and adult patients who suffer from severe to profound SNHL in one ear or both sides of the ears.
In 1791, an Italian physician and anatomist described the first inner ear malformation of an eight-year-old deaf boy. From that time “Mondini dysplasia” has been used to describe any inner ear anomalies [1]. Jackler et al. [2] was the first one to propose a classification of IEM based on embryonic arrested. Sennaroğlu & Saatci [3] have proposed a similar classification of IEM but with a distinction between incomplete partition type I (IP-I) and type II (IP-II). In 2015, Jeong & Kim [4] introduced a new classification of cochleovestibular malformation (CVM) based on the morphology of the cochlea and the modiolus. In 2017, a new classification and management of IEM was proposed by Sennaroğlu & Bajin [5]. In 1983, Mangabeira Albernaz reported the first CI for a patient with a malformed cochlea [6]. The most common classification that has been used to determine the IEM is Jackler et al. who classified the IEM into five categories and Sennaroğlu & Bajin [5] who classified the inner ear anomalies into eight categories (Table 1).

### Materials and Methods

This study was divided into two sections; the first consisting of a literature review which provides an analysis of previous studies. These studies were made up of scholarly journals and approaches (using database parameters such as PubMed, Google scholar, NCPI, Europe PMC, Academia, Balkan medical and SAGE Journals as well as using Research Gate to find articles in related fields. The collection of articles is from the period between 1987 until 2020. The second section was about a retrospective study: After the ethical approval of research committee of King Abdulaziz University Faculty of Medicine, and informed consent was signed from all participants, data were retrospectively compiled for this study consisting of thirty-two participants, including twenty-three adults (range between 2 to 50 years), sixteen patients were excluded from this study due to missing data in the post-operative aided hearing threshold and speech tests. The current study included sixteen patients, nine children and seven adults who have severe to profound SNHL with IEM. Out of twenty CI’s in total, four patients with bilateral and twelve with unilateral hearing loss, were implanted with (MED-EL Innsbruck, Austria), between a period from 2012 to 2020. The inner ear anomalies were divided into: (n=1) incomplete partition type I, (n=12) incomplete partition type II (IP II), (n=6) enlarged vestibular aqueduct (EVA), and (n=1) common cavity (CC). The CI outcome has been evaluated by using a free filed (FF) test with adults and play audiometry or visual reinforcement audiometry (VRA) with children. In addition, the speech recognition test (SRT) and speech discrimination score (SDS) were evaluated by using the standardized Arabic speech materials lists and the patients were also evaluated with an Arabic version of categories of auditory performance II (CAP II), a computerized tomography (CT) scan and magnetic resonance imaging (MRI) was performed before the CI surgery to identify the type of inner ear anomalies. A postoperative CT scan was also performed to check the place of the inserted electrode inside the cochlea.

### Results

#### Literature review

The first section of this study is analyzing the outcome of auditory and speech performance of previously published studies between 1987 until 2020 for patients who were diagnosed severe

### Table 1: Classification of inner ear anomalies.

| Jackler Classifications (1987) | Sennaroğlu and Bajin Classifications (2017) |
|--------------------------------|---------------------------------------------|
| Complete labyrinthine aplasia (CLA) (Michel deformity): absent of inner ear development | Michel deformity is characterized by the absence of the cochlea, vestibule, SCCs, or a vestibular and cochlear aqueduct. |
| Cochlear aplasia: vestibule and semicircular canal might be normal or malformed without cochlea | Cochlear aplasia: is a complete absence of cochlea with normal vestibule and SCCs. |
| Common cavity (CC): a common cavity between cochlea and vestibule, the semicircular canal might be normal or malformed. | Common cavity: is characterized as a single, round, or avoid champers including cochlea and vestibule. |
| Cochlear hypoplasia (CH): small cochlear bud, the semicircular canal, and vestibule can be normal or malformed. | Cochlear hypoplasia: is defined as a group of cochlear malformation, with abnormal external dimensions. |
| Incomplete partition (IP): incomplete or small size of the cochlea or no interscalar septum, vestibule, and SCC might be normal or malformed. | Incomplete partition of the cochlea: defined as a group of cochlear malformation between cochlea and vestibule. |
| a. Incomplete partition type I (IP I): the defect of the stapes footplate and oval window | b. Incomplete partition type II (IP II): the apical part of the modiolus is affected. |
| c. Incomplete partition type IP III (IP III): a complete absence of the modiolus | Rudimentary otocyst: is small otic capsule looks like a round or avoid shape, with absent IAC. |
| - | Enlarged vestibular aqueduct (EVA): the midpoint between the posterior labyrinthine and operculum is equal or more than 1.5 mm with normal cochlea, vestibule, and SCCs. |
| - | Cochlear aperture abnormalities: CA is hypoplastic when the width less than 1.4 mm, and aplastic when there is no canal or replaced by bony. |
to profound sensorineural hearing loss, including IEM, and were implanted with a cochlear implant. The engine search showed a total of 799 related studies, out of which we found sixty-four studies that fulfill the inclusion criteria and are related to the outcome of a CI with IEM. The studies have included a total of 17636 CI subjects including 2836 (16%) cases who were diagnosed with IEM with this being categorized into: (n=947) enlarged vestibular aqueduct at 33%, (n=153) common cavity at 5%, (n=135) cochlear hypoplasia at 5%, (n=102) incomplete partition "unclassified" at 4%, (n=156) incomplete partition type I at 6%, (n=680) incomplete partition type II "Mondini" at 24%, (n=26) incomplete partition type III at 1%, (n=637) other malformations at 22% including single or multi malformations.

There are forty-three studies involving 1273 (19%) cases with IEM out of 6560 patients who have demonstrated an improvement in auditory and speech performance after implantation. Thirty out of the 64 studies, involving a total of 551 cases with an isolated enlarged vestibular aqueduct, have reported considerable benefit in the audiology and speech performance after CI. In several studies, involving 2914 patients which included 419 inner ear malformation concluded that the outcome of patients with inner ear anomalies are like patients with the normal inner ear [7-22]. There are several studies which have compared the audiological outcome of patients with the control group being "normal inner ear anatomy", these studies having 391 patients as a result from the outcome of inner ear anomalies which is equal to the control group (n=1436) [9-15,17,19-22].

Additionally, other studies reported a variable CI surgery outcome among patients based on types of inner ear anomalies [2,4,23-36]. Several authors reported that patients who have mild anomalies such as EVA and IP II have a better outcome than patients who have severe malformations such as a common cavity [4,24-28,31]. Nevertheless, Tay et al. has concluded that the outcome of patients who have an absent cochlear nerve, electrode folding and underlying neurological disorders is poor [37]. Xia et al. concluded that twenty-one patients with a common cavity had full insertion of the electrode. The post CT scan demonstrated that fourteen CI had full insertion size such as compressed, medium, form 24, Form 19, and Flex 24. It seems that most patients underwent CI surgery with a short electrode in seven of SYNCHRONY and two of SYNCHRONY-P. It appears that children with inner ear malformation performed much better than patients with inner ear dysplastic because of their disabilities (such as CHARGE syndrome, and mental retardation). Bilingualism can also be considered as one of the factors that can affect the outcome of inner ear anomalies.

It is recommended to evaluate the cognitive and developmental delay before performing CI surgery and for counselling the parents about the expected outcome and habilitation [35]. Szudek et al. [40] reported a worse outcome from children and adults who were affecting by these factors; late of implantation, presence of gusher, and incomplete electrode insertion. Kim et al. [34] observed a poor cochlear implant outcome induced from cochlear nerve hypoplasia. Incesulu et al. had reported that they cannot accept CI surgery for inner ear anomalies except cochlear or cochleovestibular nerve agenesis due to cochlear implant contraindication [16]. Umashankar and Jayachandran have also shown a slow cochlear implant outcome of an individual with Goldenhar Syndrome associated with IEM [41].

**Case studies**

Table 2 shows the demographic data of the sixteen subjects who were diagnosed with severe to profound SNHL, the inner ear anomalies were divided into: (n=1) incomplete partition type I, (n=12) incomplete partition type II (IP II), (n=6) enlarged vestibular aqueduct (EVA), and (n=1) common cavity (CC). There are twelve patients with unilateral CI (seven on the right side, and five on the left side), and four patients with a bilateral cochlear implant. All patients were implanted and evaluated with MED-EL devices between 2012 until 2020. The types of the internal implant were distributed as follows; four of SONATAAti100, seven of CONCERTO, seven of SYNCHRONY and two of SYNCHRONY-P. It seems that most patients underwent CI surgery with a short electrode in size such as compressed, medium, form 24, Form 19, and Flex 24. The post CT scan demonstrated that fourteen CI had full insertion electrodes except three, due to fault in selecting the appropriate size of the electrode.

**Table 2:** Demographic data for adults and pediatric undergone CI surgery.

| Subject no. | Age at Implantation | Side | Etiology     | IEM | Implant Type | Electrode Type | Speech Processor | Post-Radiology (Electrode Insertion) |
|-------------|---------------------|------|--------------|-----|--------------|----------------|------------------|----------------------------------|
| S1 R        | 2 y 8 m             | Right| Congenital   | IP II| CONCERTO    | FORM 24       | SONNET          | Complete                        |
| S2 R        | 5 y 8 m             | Right| Congenital   | IP II| CONCERTO    | FLEX 24       | SONNET          | 4 electrodes out |

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Table 3 shows that all the patients have a relative improvement in the post-implantation performance of aided hearing threshold and speech tests. Among the twenty CI surgeries, it has been seen that the average score of each frequency is between 31 to 36dB (Figure 1), the progression of speech performance after CI surgery was high as the mean average of the SRT was 31 (Figure 2), the score of SDS was 72% (Figure 3) and all the participants reaching a CAP II score between 5 to 9 had an average score of 7 out of 9 (Figure 4) indicating that they can understand common phrases, converse with a familiar person without lip reading, use the telephone with a person they are familiar with, follow a conversation with a group in a noisy environment and are able to use the telephone with unknown people in an unpredictable context. There were four patients having had bilateral CI that benefited from their CI after implantation.

**Table 3:** Result of Post-Pure-Tone Audiometry Measurements and Speech Tests.

| Subjects | Side | Postoperative Pure-Tone Audiometry, dB | Speech Tests |
|----------|------|----------------------------------------|--------------|
|          |      | 25 OHZ | 500 Hz | 1 KHZ | 2 KHZ | 4 KHZ | 8 KHZ | PTA4 | SRT | SDS | CAP-II |
| S1 Bilateral | Right | 30 | 35 | 40 | 35 | 30 | 30 | 35 | 35 | 80% | 8 |
|            | Left  | 30 | 30 | 25 | 30 | 40 | 35 | 31 | 20 | 76% | 8 |
| S2 Bilateral | Right | 25 | 25 | 20 | 20 | 25 | 30 | 23 | 20 | 88% | 7 |
|            | Left  | 35 | 30 | 25 | 20 | 30 | 40 | 26 | 25 | 80% | 7 |
| S3         | Right | 25 | 20 | 20 | 20 | 20 | 25 | 20 | 15 | 88% | 7 |
| S4         | Left  | 25 | 30 | 30 | 30 | 40 | 30 | 33 | 35 | 64% | 6 |
| S5         | Right | 30 | 25 | 35 | 25 | 30 | 30 | 28 | 30 | 52% | 5 |
| S6         | Right | 40 | 40 | 40 | 40 | 45 | 45 | 41 | 45 | 52% | 5 |
| S7         | Left  | 30 | 35 | 30 | 30 | 35 | 30 | 32 | 35 | 70% | 5 |
| S8         | Right | 35 | 35 | 30 | 35 | 30 | 35 | 33 | 25 | 90% | 7 |
| S9         | Right | 35 | 35 | 40 | 30 | 35 | 40 | 36 | 30 | 70% | 6 |
| S10 Bilateral | Right | 30 | 20 | 20 | 35 | 30 | 35 | 26 | 35 | 80% | 6 |
|            | Left  | 30 | 25 | 15 | 25 | 40 | 45 | 26 | 30 | 68% | 6 |
| S11 Bilateral | Right | 30 | 20 | 20 | 30 | 35 | 35 | 25 | 20 | 52% | 8 |
|            | Left  | 25 | 25 | 25 | 30 | 30 | 45 | 28 | 25 | 56% | 5 |
PTA4: Average Pure Tone Audiometry of (500Hz, 1,2,4KHz), SRT: Speech Recognition Threshold, SDS: Speech Discrimination Score, CAP-II: Categories of Auditory Performance II.

|    | S12 | Left | 55 | 55 | 45 | 55 | 55 | 60 | 53 | 50 | 76% | 6 |
|----|-----|------|----|----|----|----|----|----|----|----|-----|---|
|    | S13 | Right | 35 | 30 | 30 | 30 | 30 | 30 | 31 | 30 | 70% | 7 |
|    | S14 | Right | 25 | 30 | 30 | 35 | 35 | 35 | 32 | 35 | 90% | 9 |
|    | S15 | Left | 40 | 30 | 40 | 35 | 35 | 35 | 30 | 30 | 70% | 8 |
|    | S16 | Left | 40 | 35 | 35 | 35 | 30 | 30 | 34 | 35 | 60% | 7 |

**Figure 1:** Post- Pure-tone audiometry.

**Figure 2:** Speech recognition threshold.

**Figure 3:** Speech discrimination score.
Table 4 shows the average outcome of each anomaly, twenty cases having a good average at the aided hearing threshold and speech performance after performing CI. Six cases with enlarged vestibular aqueduct had a significant improvement in auditory and speech tests, twelve cases with incomplete partition type II had a good outcome after implantation, one patient with an incomplete partition type I and one patient with a common cavity showed an improvement but less than the average of EVA and IP type II. Among the twenty patients with IEMs, six patients with EVA achieved the highest performance scores with approximately 76% in the SDS and 8 in the CAP-II, twelve patients with IP II achieved 71% in the SDS and 7 in the CAP-II, one patient with IP I achieved 60% in the SDS and 6 in the CAP-II, and one patient with CC had the lowest scores with approximately 52% in the SDS and 5 in the CAP-II.

### Table 4: The average outcome obtained from sixteen patients with twenty CI surgeries.

| IEM      | (n) | 250 Hz | 500 Hz | 1 KHz | 2 KHz | 4 KHz | 8 KHz | PTA4 | SRT | SDS | CAP-II |
|----------|-----|--------|--------|-------|-------|-------|-------|------|-----|-----|--------|
| EVA      | 6   | 38     | 33     | 26    | 34    | 39    | 45    | 33   | 35  | 76% | 8      |
| IP II    | 12  | 30     | 29     | 29    | 29    | 31    | 33    | 30   | 27  | 71% | 7      |
| CC       | 1   | 40     | 40     | 40    | 40    | 45    | 45    | 51   | 45  | 52% | 5      |
| IP I     | 1   | 40     | 35     | 35    | 30    | 30    | 35    | 34   | 35  | 60% | 6      |

IEM: Inner Ear Malformation, PTA4: Average of Pure-Tone Audiometry, SRT: Speech Recognition Threshold, SDS: Speech Discrimination Score, CAP-II: Categories of Auditory Performance II, EVA: Enlarged Vestibular Aqueduct, IP II: Incomplete Partition Type II, CC: Common Cavity, IP I: Incomplete Partition Type I.

### Discussion

A cochlear implant is a worldwide solution for patients who have severe to profound sensorineural hearing loss. This study has resulted in a considerable benefit in the aided hearing threshold and speech tests in children and adults with inner ear anomalies. This is especially in minor malformations like an enlarged vestibular aqueduct and incomplete partition type II. In addition, bilateral cochlear implantation for patients with IEM is effective. These results are in line with previously published works. Grover M. et al. had reported all subjects improved performance after cochlear implantation, especially patients with enlarged vestibular aqueduct [25]. Bille et al. [22] has studied 28 patients with incomplete partition type II and resulted that the outcome of patients with malformed cochlear is comparable to patients with normal cochlear anatomy. Qi et al. has studied 108 IEM with Mondini dysplasia out of 700 patients and concluded that the post-operative outcome of children with Mondini is equal to children with the radiological normal inner ear [14].

Arnoldner et al. concluded that the auditory response of speech for patients with IEM is like those in children with normal cochlea factoring in the success of implantation such as a preoperative radiological examination, a well-performed surgery, and an individually tailored postoperative rehabilitation program [18]. Van Wermeskerken et al. concluded that speech perception in children with inner ear anomalies is like that of other congenitally deaf children after an average of 2 years follow-up [19]. Chadha et al. stated that bilateral cochlear implantations with inner ear anomalies are effective and safe [42]. Pradhanaga
et al. have studied three cases with isolated EVA and concluded that a cochlear implant with a patient who has large vestibular aqueduct syndrome is effective and favorable [43].

Ozkan et al. reported that the outcome of cochlear implantation is acceptable in inner ear anomalies with patients with a visible cochlear nerve on magnetic resonance imaging. It is of fundamental importance to take the anatomical differences into account (especially after implantation during each visit), the rehabilitation sessions and to deal with each CI patient according to their needs [44]. The limitation of this study needs to be taken into account for any future research related to this topic: More research is required to evaluate the outcome of CI in patients with inner ear anomalies by using an Arabic standardized speech perception test in a different culture. It is also necessary to have a high number of patients with IEM with all types of anomalies, especially the minor and major inner ear malformation.

Conclusion

A cochlear implant is effective for children and adults who have severe to profound sensorineural hearing loss with inner ear malformations despite other factors which may influence the outcome. These can consist of the age at implantation, syndromes, pre- and post-lingual, duration of deafness, preoperative radiological examination, intraoperative challenging, the proper candidate electrode selection, postoperative complications, a well-performed surgery, an individually tailored postoperative rehabilitation program and family support. The outcome of the minor inner ear malformation such as EVA and IP-II is higher than the performance of the major anomalies like a common cavity. The most frequent inner ear anomaly and candidate for the CI with a considerable improvement after implantation is enlarged vestibular aqueduct.

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