I. INTRODUCTION

Since the discovery of the Kerr metric [1] there have been many attempts to find a physically meaningful matter distribution that could serve as its source (see [2–17] and references therein). However, no satisfactory solution has yet been found to this problem.

It is the purpose of this work, to provide an interior solution to Einstein equations, satisfying all the usual physical conditions, and smoothly matched on the boundary surface of the fluid distribution, to the Kerr metric. With this aim we shall generalize a procedure, recently proposed to find sources of the Weyl metrics [18], to the spherically symmetric limit, our model converges to the well known incompressible perfect fluid solution. The key stone of our approach is based on an ansatz allowing to define the interior metric in terms of the exterior metric functions evaluated at the boundary surface of the fluid distribution, to the Kerr metric. With this aim we shall generalize a procedure, recently proposed to find static and axially symmetric, interior solutions to the Einstein equations, satisfying all the usual physical conditions, and smoothly matched on the boundary surface of the matter distribution, thereby excluding the presence of thin shells, and exhibiting a well behaviour of all physical variables, for a wide range of values of the parameters, and matches smoothly to the Kerr solution, thereby representing a globally regular model describing a non spherical and rotating source of gravitational field.

As a particular example we shall find a source for the Kerr metric which consists in an anisotropic fluid, satisfying the Darmois matching conditions on the boundary surface of the matter distribution, thereby excluding the presence of thin shells, and exhibiting a well behaviour of all physical variables, for a wide range of values of the parameters of the solution. These include values which are commonly assumed in realistic models of rotating neutron stars and white dwarfs.

II. THE GLOBAL MODEL OF A SELF-GRavitATING STATIONARY SOURCE

A. The exterior metric

The line element for a vacuum stationary and axially symmetric space–time, in Weyl canonical coordinates may be written as:

\[ ds^2_E = -e^{2\psi}(dt - w d\phi)^2 + e^{-2\psi} + 2\Gamma (dp^2 + dz^2) + e^{-2\psi} \rho^2 d\phi^2, \]

where \( \psi = \psi(\rho, z) \), \( \Gamma = \Gamma(\rho, z) \) and \( w = w(\rho, z) \) are functions of their arguments.

For vacuum space–times, Einstein’s field equations imply for the metric functions

\[ f(f_{,\rho\rho} + \rho^{-1} f_{,\rho} + f_{,zz}) - f_{,\rho}^2 - f_{,z}^2 + \rho^{-2} f^4 (w_{,\rho}^2 + w_{,z}^2) = 0, \quad (2) \]

\[ f(w_{,\rho\rho} + \rho^{-1} w_{,\rho} + w_{,zz}) + 2 f_{,\rho} w_{,\rho} + 2 f_{,z} w_{,z} = 0, \quad (3) \]

with \( f \equiv e^{2\psi} \) and

\[ \Gamma_{,\rho} = \frac{1}{4} \rho f^{-2} (f_{,\rho\rho} - f_{,\rho}^2) - \frac{1}{4} \rho^{-1} f^2 (w_{,\rho}^2 - w_{,z}^2) \]

\[ \Gamma_{,z} = \frac{1}{2} \rho f^{-2} f_{,\rho} f_{,z} - \frac{1}{2} \rho^{-1} f^2 w_{,\rho} w_{,z}. \quad (4) \]

Notice that (2), (3) are precisely the integrability condition of (1), that is: given any \( \psi \) and \( w \) satisfying (2), (3), a function \( \Gamma \) satisfying (1) always exists.

We can write the line element above, in Erez-Rosen [19], or standard Schwarzschild–type coordinates \( \{r, y \equiv \cos \theta \} \) or in spheroidal prolate coordinates \( \{x \equiv \frac{r - 2M}{r}, y\} \)

\[ \rho^2 = r(r - 2M)(1 - y^2), \quad z = (r - M)y, \quad (5) \]
where $M$ is a constant which will be identified later. 
In terms of the above coordinates the line element may be written as:

$$ds^2_E = -e^{2\psi(r,y)}(dt - w d\phi)^2 + e^{-2\psi + 2[\Gamma(r,y) - \Gamma^*]} dr^2 + e^{-2[\psi - \psi^*] + 2[\Gamma(r,y) - \Gamma^*]} r^2 d\theta^2 + e^{-2[\psi - \psi^*]} r^2 \sin^2 \theta d\phi^2,$$  

where $\psi^*$ and $\Gamma^*$ are the metric functions corresponding to the Schwarzschild solution, namely,

$$\psi^* = \frac{1}{2} \ln \left( \frac{r - 2M}{r} \right), \quad \Gamma^* = -\frac{1}{2} \ln \left[ \frac{(r - M)^2 - y^2 M^2}{r(r - 2M)} \right],$$

where the parameter $M$ is easily identified as the Schwarzschild mass.

**B. The interior metric**

We shall now assume for the interior axially symmetric line element:

$$ds_I^2 = -e^{2\psi(r,y)}(dt - \Omega d\phi)^2 + \frac{e^{2\psi - 2a}}{A(r)} dr^2 + e^{2\psi - 2a} r^2 d\theta^2 + e^{-2a} r^2 \sin^2 \theta d\phi^2,$$  

with

$$\tilde{a} \equiv a(r, \theta) - a^*(r), \quad \tilde{g} \equiv g(r, \theta) - g^*(r, \theta),$$

where $\Omega = \Omega(r, \theta)$, and $a^*(r)$ and $g^*(r, \theta)$ are functions that, on the boundary surface, equal the metric functions corresponding to the Schwarzschild solution, i.e. $a^*(r) = \psi^*_r$ and $g^*(r) = \Gamma^*_r$. Also, $A(r) \equiv 1 - pr^2$ and $Z \equiv \frac{3}{2} \sqrt{A(r^\Sigma)} - \frac{1}{2} \sqrt{A(r)}$, where $p$ is an arbitrary constant and the boundary surface of the source is defined by $r = r^\Sigma = \text{const.}$

The case $w = 0$, $\tilde{g} = \tilde{a} = 0$, corresponds to a spherically symmetric distribution, more specifically, to the well known incompressible (homogeneous energy density) perfect fluid sphere, and hence the matching of the Schwarzschild solution implies $p = \frac{2M}{r^3}$. The simple condition $w = 0$ recovers, of course, the static case.

It should be noticed that for simplicity we consider here only matching surfaces of the form $r = r^\Sigma = \text{const}$, of course more general surfaces with axial symmetry could however be considered as well.

**C. The matching conditions**

We shall now turn to the matching (Darmois) conditions. Thus the continuity of the first and the second fundamental form across the boundary surface implies the continuity of the metric functions and the continuity of the first derivatives $\partial_\theta g_{tt}, \partial_\theta g_{r\theta}, \partial_\theta g_{\phi\phi}$, producing:

$$a^\Sigma = \psi^*_\Sigma, \quad a^\star_\Sigma = \psi^*_\Sigma, \quad g^\Sigma = \Gamma^*_\Sigma, \quad g^\star_\Sigma = \Gamma^*_\Sigma,$$

$$a^\Sigma \equiv \psi^*_\Sigma, \quad (a^\Sigma)'_\Sigma = (\psi^*_\Sigma)', \quad g^\Sigma \equiv \Gamma^*_\Sigma, \quad (g^\Sigma)'_\Sigma = (\Gamma^*_\Sigma)'_\Sigma,$$

$$\Omega^\Sigma = w^\Sigma, \quad \Omega^\star_\Sigma = w^\Sigma,'_\Sigma,$$

where prime denotes partial derivative with respect to $r$ and subscript $\Sigma$ indicates that the quantity is evaluated on the boundary surface. It is important to keep in mind that we are using global coordinates $(r, \theta)$ on both sides of the boundary.

Thus, our line element matches smoothly with any stationary exterior, provided conditions are satisfied.

In the particular case when we want to match our interior with the Schwarzschild exterior (the static limit), then $\psi = \psi^*$ and $\Gamma = \Gamma^*$, and the source is a perfect fluid if $\tilde{a} = \tilde{g} = \Omega = 0$.

We shall now see how the field equations constrain further our possible interiors.

**D. The field equations and constraints**

Let us first analyse the well known case when the interior is spherically symmetric, then $\tilde{a} = \tilde{g} = 0$, and the physical variables are obtained from the field equations for a perfect fluid, the result is well known and reads (in relativistic units)

$$-T^0_0 = \mu = \frac{3p}{8\pi},$$

$$T^1_1 = T^2_2 = T^3_3 \equiv P = \mu \left( \frac{\sqrt{A} - \sqrt{A^\Sigma}}{3\sqrt{A^\Sigma} - \sqrt{A}} \right),$$

with $A = 1 - \frac{2m(r)}{r} = 1 - pr^2 = 1 - \frac{2M}{r^3}$, where $\mu$ and $P$ denote the energy density and the isotropic pressure respectively, and for the mass function $m(r)$ we have

$$m(r) = -4\pi \int_0^r r^2 T^0_0 dr,$$

implying

$$M \equiv m(r^\Sigma) = -4\pi \int_0^{r^\Sigma} r^2 T^0_0 dr = \frac{pr^3}{2},$$
This model, which describes the well known incompressible perfect fluid sphere, is further restricted by the requirement that the pressure be regular and positive everywhere within the fluid distribution, which implies \( \tau \equiv \frac{r \Sigma}{M} > \frac{9}{4} \). As it is evident from [11] the pressure vanishes at the boundary surface.

Finally, if we impose the strong energy condition \( P < \mu \), we should further restrict our model with the condition \( \tau > \frac{8}{3} \).

We shall now proceed to consider the general, non-spherical case. Thus, for our line element (8) we have the following non vanishing components of the energy–momentum tensor:

\[
T_0^0 = \kappa (8\pi \mu + \hat{p}_{zz} - E + 3\delta J_+ + \delta \Omega I),
\]
\[
T_1^1 = \kappa (8\pi P - \hat{p}_{xx} - \delta J_-),
\]
\[
T_2^2 = \kappa (8\pi P + \hat{p}_{xx} + \delta J_-),
\]
\[
T_3^3 = \kappa (8\pi P - \hat{p}_{zz} + \delta \Omega I + \delta J_+),
\]
\[
T_0^1 = -\kappa \delta I,
\]

(14)

\[
T_1^2 = g^{\theta \theta} T_{12} = -\frac{\kappa}{r^2} \left[ 2\hat{a}_\theta \hat{a}_\theta' - \hat{g}_\theta' \frac{\cos \theta}{\sin \theta} \frac{\hat{g}_\theta}{r} + \frac{(1 - A)}{r \sqrt{A(3\sqrt{A} - \sqrt{A})}} (2\hat{a}_\theta - \hat{g}_\theta) - \delta \frac{\Omega_\theta \Omega'}{2 r^2 \sin^2 \theta} \right],
\]

(15)

with \( \kappa = \frac{e^{2\alpha - 2\phi}}{8\pi} \), \( \delta = e^{4\alpha} Z^2 \), \( \Omega, \theta \) denotes derivative of \( \Omega \) with respect to \( y \equiv \cos \theta \), and

\[
J_\pm = \frac{-\Omega_y}{2 r^2} \pm A \frac{\Omega'}{2 r \sin \theta},
\]
\[
I = \frac{\Omega'' A}{2 r^2 \sin^2 \theta} + \frac{2\Omega' A}{r^2 \sin^2 \theta} + \frac{\Omega_{yy} A}{2 r^2} + \frac{2\Omega_y \hat{a}_\theta}{r^2} +
\]
\[
+ \frac{(1 - A) \Omega'}{2 r^3 \sin^2 \theta} \left( \frac{4\sqrt{A \Sigma} - 3\sqrt{A}}{3\sqrt{A \Sigma} - \sqrt{A}} \right),
\]
\[
E = -2\Delta \hat{a} + (1 - A) \left[ \frac{\hat{a}'}{r} \frac{\sqrt{A}}{3\sqrt{A \Sigma} - \sqrt{A}} - \frac{2\hat{a}''}{r} \right],
\]
\[
\Delta \hat{a} = \hat{a}'' + \frac{\hat{a}'}{r} + \frac{\hat{a}_\theta \theta'}{r^2} + \frac{\hat{a}_\theta \theta}{r^2 \sin \theta},
\]
\[
\hat{p}_{xx} = -\frac{\hat{a}_\theta^2}{r^2} \frac{\hat{g}_\theta}{r} + \frac{\hat{g}_\theta' \theta}{r^2} + \frac{\hat{g}_\theta \cos \theta}{r^2 \sin \theta},
\]
\[
+ (1 - A) \left[ \frac{\hat{a}'}{r} \sqrt{\frac{A}{3\sqrt{A \Sigma} - \sqrt{A}}} - \frac{\hat{a}''}{r} \right],
\]
\[
\hat{p}_{zz} = -\frac{\hat{a}_\theta^2}{r^2} \frac{\hat{g}_\theta}{r} - \frac{\hat{g}_\theta' \theta}{r^2} - \frac{\hat{g}_\theta \cos \theta}{r^2 \sin \theta} +
\]
\[
+ (1 - A) \left[ -\frac{\hat{a}'}{r} \sqrt{\frac{A}{3\sqrt{A \Sigma} - \sqrt{A}}} + \hat{a}'' + \frac{\hat{a}'}{r} \right].
\]

(16)

\[
- T_0^0 = \frac{\kappa}{r \xi^2} \left\{ \frac{6}{\tau} - \frac{\hat{a}_\theta^2}{s^2} - A \left[ (\hat{a}_s)^2 + (\hat{g}_s)^2 - 2(\hat{a}_s \hat{g}_s) \right] - \frac{\hat{g}_\theta \theta'}{s^2} + \frac{2(1 - 3A) \hat{a}_s + s}{s^2} \left( \hat{a}_\theta \theta + \hat{a}_\theta \cos \theta \sin \theta \right) \right\} +
\]
\[
+ \frac{\kappa \delta}{r \xi^2} \left\{ \frac{3}{4} \left( \frac{\Omega_y^2}{s^4} + A(\Omega_s)^2 \right) + \frac{\Omega_{ss} A}{s^2 \sin^2 \theta} + \frac{2 \Omega_s \hat{a}_s A}{s^2 \sin^2 \theta} + \frac{\Omega_{yy} A}{s^3} + \frac{2 \Omega_y \hat{g}_y}{s^4} + \frac{(1 - A) \Omega_s}{2 \sin^2 \theta} \right\},
\]

(17)
\[ T^3_0 = -\frac{\kappa \delta}{r^3_{\Sigma}} \left[ \frac{\Omega_{,ss} A}{2 s^2 \sin^2 \theta} + \frac{2 \Omega_{,s} \tilde{a}_{,s} A}{s^2 \sin^2 \theta} + \frac{\Omega_{,yy}}{2 s^4} + \frac{2 \Omega_{,y} \tilde{a}_{,y}}{s^4} + \frac{(1 - A) \Omega_{,s}}{2 s^3 \sin^2 \theta} \left( \frac{4 \sqrt{A_{\Sigma}} - 3 \sqrt{A}}{3 \sqrt{A_{\Sigma}} - \sqrt{A}} \right) \right], \quad (18) \]

\[ T^1_1 = \frac{\kappa}{r^2_{\Sigma}} \left\{ \frac{6 \sqrt{A} - \sqrt{A_{\Sigma}}}{\tau 3 \sqrt{A_{\Sigma}} - \sqrt{A}} + \frac{\hat{a}_{,s}^2}{s^2} + (\hat{a}_{,s})^2 A - \frac{\hat{g}_{,\theta} \cos \theta}{s^2 \sin \theta} - \frac{2}{s^2} \sqrt{A_{\Sigma} - \sqrt{A}} - \frac{\hat{g}_{,s}^2}{s} \left( \frac{1 - A}{3 \sqrt{A_{\Sigma}} - \sqrt{A}} - 1 \right) \right\} + \frac{\kappa \delta}{r^2_{\Sigma}} \left\{ \frac{1}{4} \left( \frac{(\Omega_{,\theta})^2}{s^2} - \frac{A(\Omega_{,s})^2}{s^2 \sin^2 \theta} \right) \right\}, \quad (19) \]

\[ T^3_3 = \frac{\kappa}{r^2_{\Sigma}} \left\{ \frac{6 \sqrt{A} - \sqrt{A_{\Sigma}}}{\tau 3 \sqrt{A_{\Sigma}} - \sqrt{A}} + \frac{\hat{a}_{,s}^2}{s^2} + (\hat{a}_{,s})^2 A + (\hat{g}_{,ss})^2 - \frac{\hat{g}_{,\theta} \cos \theta}{s^2 \sin \theta} + \frac{2}{s^2} \sqrt{A_{\Sigma} - \sqrt{A}} - \frac{\hat{g}_{,s}^2}{s} \left( 1 - 2 A \right) \right\} + \frac{\kappa \delta}{r^2_{\Sigma}} \left\{ \frac{1}{4} \left( \frac{(\Omega_{,\theta})^2}{s^2} + \frac{A(\Omega_{,s})^2}{s^2 \sin^2 \theta} \right) + \Omega \left[ \frac{\Omega_{,ss} A}{2 s^2 \sin^2 \theta} + \frac{2 \Omega_{,s} \tilde{a}_{,s} A}{s^2 \sin^2 \theta} + \frac{\Omega_{,yy}}{2 s^4} + \frac{2 \Omega_{,y} \tilde{a}_{,y}}{s^4} + \frac{(1 - A) \Omega_{,s}}{2 s^3 \sin^2 \theta} \left( \frac{4 \sqrt{A_{\Sigma}} - 3 \sqrt{A}}{3 \sqrt{A_{\Sigma}} - \sqrt{A}} \right) \right] \right\}, \quad (20) \]

\[ T^2_1 = -\frac{\kappa}{s^2 r^3_{\Sigma}} \left[ 2 \hat{a}_{,\theta} \hat{a}_{,s} - \hat{g}_{,s} \cos \theta \sin \theta - \frac{\hat{g}_{,\theta}}{s} + \frac{2 \tau (2 \hat{a}_{,\theta} - \hat{g}_{,\theta})}{\sqrt{\tau - 2 s^2 (3 \sqrt{\tau - 2} - \sqrt{\tau - 2 s^2})}} \right] + \frac{\kappa \delta}{r^2_{\Sigma}} \left[ \frac{\Omega_{,\theta} \Omega_{,s}}{2 s^4 \sin^2 \theta} \right]. \quad (21) \]

Obviously for any specific (non–spherical) model we need to provide explicit forms for \( \hat{a} \), \( \hat{g} \) and \( \Omega \), however even at this level of generality we can assure that the junction conditions \text{[11]} imply \( P_{rr} \equiv g_{rr} T^1_1 \Sigma = 0 \).

We shall first proceed to prove the above statement, and then we shall provide a general procedure to choose \( \hat{a} \) and \( \hat{g} \) producing physically meaningful models.

It is always possible to choose the metric functions \( \hat{a} \) and \( \hat{g} \) such that, once the junction conditions \text{[11]} are satisfied, the angular derivatives of such functions are continuous, i.e.: \( (\hat{a}_{,\theta})_{\Sigma} = (\psi_{,\theta})_{\Sigma} \) and \( (\hat{g}_{,\theta})_{\Sigma} = (\Gamma_{,\theta})_{\Sigma} \), as well as \( (\Omega_{,\theta})_{\Sigma} = (w_{,\theta})_{\Sigma} \).

Then, using \( A_{\Sigma} = \frac{r_{\Sigma} - 2 M}{r_{\Sigma}} \) in \text{[14]}, we obtain for \( \hat{p}_{xx} + \delta J_{-} \) on the boundary surface:

\[ (\hat{p}_{xx} + \delta J_{-})_{\Sigma} = \frac{1}{r^2_{\Sigma}} \left[ -\left( \hat{\psi}_{,\Sigma} \right)^2 + \left( \hat{\Gamma}_{,\Sigma} \right)^\Sigma \sin \theta \sin \theta + 2 M \hat{\psi}_{,\Sigma} + r_{\Sigma} (r_{\Sigma} - 2 M) \hat{\psi}_{,\Sigma}^2 - (r_{\Sigma} - M) \hat{\Gamma}_{,\Sigma} + \right] + \frac{r_{\Sigma} e^{4\psi}}{4 (r_{\Sigma} - 2 M) \sin^2 \theta} \left[ w_{,\Sigma}^2 \frac{r^4_{\Sigma}}{r^2_{\Sigma}} - (w_{,\Sigma})^2 \frac{r_{\Sigma}}{r^2_{\Sigma}} - 2 M \right], \quad (22) \]

where \( \hat{\psi}_{,\Sigma} \equiv \psi_{,\Sigma} - \psi_{,\Sigma}^2 \), \( \hat{\Gamma}_{,\Sigma} \equiv \Gamma_{,\Sigma} - \Gamma_{,\Sigma}^2 \), and \( \psi \) also denotes partial derivative with respect to \( \theta \).
Taking into account the Einstein’s vacuum equations \((G_{\alpha\beta} = 0)\), we find the following relation for the derivatives of the metric function \(w\), from the Einstein tensor component \(G_{11} = 0\):

\[
-\frac{r e^{4\psi}}{4(r - 2M) \sin^2 \theta} \left[ \frac{\ddot{w}^2}{r^2} - (w')^2 \frac{2M}{r} - 2M \right] = -(\psi, \theta)^2 + \left( \hat{\Gamma}_\theta^\theta \right) \cos \theta + r(r - 2M) \psi'^2 - \frac{M^2}{r(r - 2M)} - (r - M) \hat{\Gamma}'^\theta\theta, \tag{23}
\]

implying the vanishing of \((T^2_1)_{\Sigma}\).

In a similar way it can be shown that \(T^2_1\) vanishes on the boundary surface, if we take into account that the Einstein vacuum equation \(G_{12} = 0\) produces

\[
\frac{w'\ddot{w}}{\sin^2 \theta} e^{4\psi} = 4r(r - 2M) \dot{\psi}\psi' - 2(r - M) \dot{\Gamma}' - r(r - 2M) \hat{\Gamma}' \cos \theta \sin \theta, \tag{24}
\]

and from \([15]\), we have the following expression for \(T^2_1\) on the boundary

\[
(T^2_1)_{\Sigma} = 2(\tilde{\psi}, \theta)\Sigma \tilde{\psi}'_{\Sigma} - \hat{\Gamma}_\Sigma^\Sigma \frac{\cos \theta}{\sin \theta} + \frac{r_{\Sigma} - M}{r_{\Sigma}(r_{\Sigma} - 2M)}(\hat{\Gamma}_\theta^\theta) + \frac{2M}{r_{\Sigma}(r_{\Sigma} - 2M)}(\psi, \theta) + \frac{-w_{\Sigma}'(w, \theta) e^{4\psi}}{2r_{\Sigma}(r_{\Sigma} - 2M) \sin^2 \theta}. \tag{25}
\]

This last condition \((T^2_1)_{\Sigma} = 0\), which follows from the Darmois conditions, and therefore is necessary, in order to avoid the presence of shells on the boundary surface, can be obtained at once from a simple inspection of the equation \((22)\) in \([22]\).

### E. The ansatz for the metric functions

We shall provide a general procedure to choose \(\hat{\alpha}, \hat{\gamma}\) and \(\Omega\) producing physically meaningful models. With this aim, besides the fulfillment of the junction conditions \([10]\), we shall require that all physical variables be regular within the fluid distribution and the energy density to be positive.

To ensure the fulfillment of the junction conditions \([10]\), we may write without loss of generality,

\[
\begin{aligned}
\hat{\alpha} &= \tilde{\psi}_{\Sigma}(\theta) + \tilde{\psi}'_{\Sigma}(\theta)(r - r_{\Sigma}) + \Lambda(r, \theta)(r - r_{\Sigma})^2, \\
\hat{\gamma} &= \tilde{\Gamma}_{\Sigma}(\theta) + \tilde{\Gamma}'_{\Sigma}(\theta)(r - r_{\Sigma}) + \Xi(r, \theta)(r - r_{\Sigma})^2, \\
\hat{\Omega} &= w_{\Sigma}(\theta) + w'_{\Sigma}(\theta)(r - r_{\Sigma}) + \Pi(r, \theta)(r - r_{\Sigma})^2, \tag{26}
\end{aligned}
\]

where \(\Lambda(r, \theta)\), \(\Xi(r, \theta)\) and \(\Pi(r, \theta)\) are so far two arbitrary functions of their arguments.

On the other hand, to guarantee a good behaviour of the physical variables at the center of the distribution we shall demand:

\[
\begin{aligned}
\hat{\alpha}'_{\theta} &= \hat{\alpha}_{\theta\theta} = \hat{\alpha}_{,\theta\theta\theta} = \hat{\alpha}'_{,\theta\theta\theta} = 0, \\
\hat{\gamma}'_{,\theta} &= \hat{\gamma}_{,\theta\theta} = \hat{\gamma}_{,\theta\theta\theta} = \hat{\gamma}'_{,\theta\theta\theta} = 0, \\
\hat{\gamma}''_{,\theta} &= \hat{\gamma}''_{,\theta\theta} = \hat{\gamma}''_{,\theta\theta\theta} = \hat{\gamma}''_{,\theta\theta\theta} = 0, \tag{27}
\end{aligned}
\]

\[
\begin{aligned}
\hat{\Omega}_0 &= \hat{\Omega}'_0 = \hat{\Omega}''_0 = 0, \\
\hat{\Omega}_0 &= \hat{\Omega}'_0 = \hat{\Omega}''_0 = 0, \tag{28}
\end{aligned}
\]

where \([15] [16]\) have been used, and the subscript 0 indicates that the quantity is evaluated at the center of the distribution.

Using the conditions above in \([20]\), we may write for \(\Lambda, \Xi\) and \(\Pi\)

\[
\begin{aligned}
\Lambda(r, \theta) &= \lambda_0(\theta) + \lambda_0'(\theta)r + F(r, \theta), \\
\Xi(r, \theta) &= \Xi_0(\theta) + \Xi_0'(\theta)r + \Xi_0''(\theta)r^2 + G(r, \theta), \\
\Pi(r, \theta) &= \Pi_0(\theta) + \Pi_0'(\theta)r + \Pi_0''(\theta)r^2 + H(r, \theta), \tag{29}
\end{aligned}
\]

with \(F(0, \theta) = F'(0, \theta) = 0\) and \(G(0, \theta) = G'(0, \theta) = G''(0, \theta) = 0\), as well as \(H(0, \theta) = H'(0, \theta) = H''(0, \theta) = 0\). Then we can finally write for \(\hat{\alpha}\) and \(\hat{\gamma}\) (please notice a that there is a misprint in Eq.(43) in \([18]\), there it should read \(\Gamma\) instead of \(\psi\) in the terms within the round brackets for the metric function \(\hat{\gamma}(r, \theta)\))

\[
\hat{\alpha}(r, \theta) = r^2 \left( \frac{\tilde{\psi}'_{\Sigma}}{r_{\Sigma}} + 3 \frac{\tilde{\psi}'_{\Sigma}}{r_{\Sigma}^2} \right) + r^3 \left( -\frac{\tilde{\psi}_{\Sigma}'}{r_{\Sigma}^3} - 2 \frac{\tilde{\psi}_{\Sigma}'}{r_{\Sigma}^2} \right) + (r - r_{\Sigma})^2 F(r, \theta) \tag{30}
\]
\[ \hat{g}(r, \theta) = r^4 \left( \frac{\hat{\Gamma} r^2 \Sigma - 3 \hat{\psi} r^2 \Sigma}{r^2 \Sigma^2} \right) + r^3 \left( -\frac{\hat{\Gamma} r^2 \Sigma}{r^2 \Sigma} + 4 \frac{\hat{\psi} r^2 \Sigma}{r^2 \Sigma^2} \right) \\
+ (r - r_\Sigma)^2 G(r, \theta). \tag{31} \]

\[ \Omega(r, \theta) = r^4 \left( -\frac{w \Sigma}{r^2 \Sigma} + 5 \frac{\Sigma}{r^2 \Sigma} \right) + r^5 \left( \frac{w \Sigma}{r^2 \Sigma} - 4 \frac{\Sigma}{r^2 \Sigma} \right) \\
+ (r - r_\Sigma)^2 H(r, \theta). \tag{32} \]

The metric functions obtained so far, satisfy the junction conditions and produce physical variables which are regular within the fluid distribution. Furthermore the vanishing of \( \hat{g} \) on the axis of symmetry, as required by the regularity conditions, necessary to ensure elementary flatness in the vicinity of the axis of symmetry, and in particular at the center (see [23, 24, 25]), is assured by the fact that \( \hat{\Gamma} \) and \( \hat{\Gamma} \) vanish on the axis of symmetry. Furthermore, the good behaviour of the function \( \Omega \) on the symmetry axis is fulfilled since \( w \Sigma \) and \( w \Sigma \) vanish when \( y = \pm 1 \). Finally, let us note that the energy-momentum tensor components [11, 13] do not diverge on the symmetry axis because the first derivative with respect to the angular variable \( \theta \) of both \( \hat{\Omega} \) and \( \hat{\Omega} \) vanishes on the symmetry axis since not only \( w \Sigma \) and \( w \Sigma \) vanish there, but their first derivatives with respect to \( \theta \) vanish as well.

So far we have presented the general procedure to build up sources for any stationary metric, in what follows, we shall illustrate the method with the example of Kerr metric.

### III. PARTICULAR SOLUTION

#### A. A source for the exterior Kerr’s solution

The Kerr metric in Weyl coordinates is given by the following metric functions

\[ f = \frac{(r_1 + r_2)^2(1 - j^2) - 4M^2(1 - j^2) + j^2(r_1 - r_2)^2}{(r_1 + r_2 + 2M)^2(1 - j^2) + j^2(r_1 - r_2)^2}, \tag{33} \]

\[ e^{2\tau} = \frac{(r_1 + r_2)^2(1 - j^2) - 4M^2(1 - j^2) + j^2(r_1 - r_2)^2}{4r_1r_2(1 - j^2)}, \tag{34} \]

where \( j \equiv \frac{\sqrt{a}}{M} \) denotes the dimensionless parameter representing the angular momentum of the source, and is related to the rotation parameter \( a \) of Kerr in its well-known Boyer-Lindquist representation. Also, \( r_{1,2} \equiv \sqrt{\rho^2 + (\pm M\sqrt{1 - j^2})^2} \), which in the Erez-Rosen coordinates becomes

\[ r_{1,2}^2 = [(r - M) \pm Mg(r - M)\sqrt{1 - j^2}]^2 - M^2j^2(1 - y^2). \tag{36} \]

As is well known, the relativistic multipole moments (RMM) [26-30], of the Kerr solution, are easily given in terms of the rotation parameter \( j \) (as well as \( a \)). In fact, using the FHP method [31] in order to calculate the RMM, these are expressed in terms of the expansion coefficients \((m_k)\) of the Ernst potential on the axis of symmetry, but the Kerr solution is the only one verifying that each RMM \((M_k)\) [38], is that the rotation of the object leads to a negative quadrupole massive moment, \( q \equiv M_{22}^2 \). As a consequence, all the possible sources of Kerr solution are oblate.

In particular let us remind that a first conclusion derived from these RMM [35], is that the rotation of the object leads to a negative quadrupole massive moment, \( q \equiv M_{22}^2 = -j^2 \), i.e. all the possible sources of Kerr solution are oblate.

Let us next, consider the line element with metric functions given by [30] and [31]

\[ \hat{\omega}(r, \theta) = \hat{\psi} \Sigma s^2(3 - 2s) + r_\Sigma \hat{\psi} \Sigma s^2(s - 1), \]

\[ \hat{\theta}(r, \theta) = \hat{\Gamma} r \Sigma s^2(4 - 3s) + r_\Sigma \hat{\Gamma} r \Sigma s^3(s - 1), \]

\[ \Omega(r, \theta) = w \Sigma s^4(5 - 4s) + r_\Sigma w \Sigma s^4(s - 1). \tag{39} \]

with \( s \equiv r/r_\Sigma \in [0, 1] \).

For the Kerr solution we may write:
Both functions is positive, and their relative magnitudes verify the inequality \( e^{-\hat{a}(y=1)} > e^{\hat{a}(y=0) - \hat{a}(y=0)} \) for all values of \( s \) in the range \( s \in [0, 1] \), no matter the sign of the parameter \( j \), leading to the well known result that the rotation of the object always generates an oblate source \( (q < 0) \) since \( l_z < l_\rho \). In the figure 1, one example is shown.

\[
\psi = \frac{1}{2} \ln \left\{ \frac{\tau - 2 N + r_1^2 r_2^2 (2)^2 - 1}{\tau - 2 N + r_1^2 r_2^2 (2)^2 - 1 - 2(1 - j^2)(r_1^2 + r_2^2 + 2)} \right\},
\]

\[
\hat{\psi} = \psi - \psi_{\Sigma} = \frac{1}{2} \ln \left\{ \frac{N + r_1^2 r_2^2 (2)^2 - 1}{\tau - 2 N + r_1^2 r_2^2 (2)^2 - 1 - 2(1 - j^2)(r_1^2 + r_2^2 + 2)} \right\},
\]

\[
\hat{\Gamma}_\Sigma = \Gamma_\Sigma - \Gamma^s = \frac{1}{2} \ln \left\{ \frac{(\tau - 2 N + r_1^2 r_2^2 (2)^2 - 1)}{\tau(\tau - 2) - 2(1 - j^2)(r_1^2 + r_2^2 + 2)} \right\},
\]

\[
w_\Sigma = \frac{M_j}{(j^2 - 1)(N + r_1^2 r_2^2 (2)^2) + 2(N + j^4)}
\]

with

\[
r_{1,2}^\Sigma = \sqrt{(\tau - 1 \pm y\sqrt{1 - j^2})^2 - j^2(1 - y^2)},
\]

\[
N = -\tau(\tau - 2) + (1 - y^2) - j^2.
\]

A straightforward calculation, using \((17, 21)\) allows us to find the explicit expressions for the physical variables, these are displayed in figures \((3)-(7)\). However, before entering into a detailed discussion of these figures, we shall carry out some calculations with the purpose of providing some information about the “shape” of the source. In particular we shall see how it is related with the rotation parameter \( j \) of the source.

For doing so, using our interior metric, we shall calculate the proper length \( l_z \) of the object along the axis \( z \), and the proper equatorial radius \( l_\rho \):

\[
l_z \equiv \int_0^{r_\Sigma} e^{\hat{a}(y=1) - \hat{a}(y=1)} \sqrt{A} \, dz, \quad l_\rho \equiv \int_0^{r_\Sigma} e^{\hat{a}(y=0) - \hat{a}(y=0)} \sqrt{A} \, d\rho,
\]

where \( \rho, z \) are the cylindrical coordinates associated to the Erez-Rosen coordinates.

Obviously in the spherical case \((\hat{a} = \hat{g} = \Omega = 0)\), both lengths are identical:

\[
l_z^s = l_\rho^s = \int_0^{r_\Sigma} \frac{d\xi}{\sqrt{1 - \rho^2 \xi^2}} = r_\Sigma \sqrt{\frac{\tau}{2}} \arcsin \sqrt{\frac{2}{\tau}},
\]

where the fact that \( p = \frac{2}{r r_\Sigma} \) has been taken into account and where \( l_z^s, l_\rho^s \) denote the lengths corresponding to the spherical case.

It would be convenient to introduce here the concept of ellipticity \((e)\), which in terms of \( l_z \) and \( l_\rho \), is defined as \( e \equiv 1 - \frac{l_\rho}{l_z} \). The two extreme values of this parameter are \( e = 0 \), which corresponds to a spherical object, and \( e = 1 \) for the limiting case when the source is represented by a disk. In between of these two extremes we have \( e > 0 \) for a prolate source and \( e < 0 \) for an oblate one.

In the general (non-spherical case) we must compare function \( e^{-\hat{a}(y=1)} \) with \( e^{\hat{g}(y=0) - \hat{a}(y=0)} \), since \( \hat{g}(y = \pm 1) \) vanishes along the axis. It can be seen that the sign of both functions is positive, and their relative magnitudes

\[
\begin{align*}
\text{FIG. 1: Functions } & \exp(\hat{g}(s, y = 0) - \hat{a}(s, y = 0)) \text{ and } \\
& \exp(-\hat{a}(s, y = 1)) \text{ for values of the rotation parameter } j = \pm 0.1 \text{ and } \tau = 2.7.
\end{align*}
\]

Figure 2 shows the ellipticity \( e \) of the source as a function of the rotation parameter \( j \), for different values of the parameter \( \tau \). As can be seen, the relation between \( e \) and \( j \) for any value of \( \tau \) shows that the greater is \( j \), the greater is \( e \), and therefore the shape of the source is more oblate. Of course, for \( j = 0 \) (static case) we recover the sphericity \((e = 0)\). It is also observed from the figure 2 that the deformation of the source with respect to the spherical case, for any fixed value of \( j \), is smaller for larger values of \( \tau \) (less compact object).

Let us now turn back to the physical variables of our model. Figure 3 exhibits the behaviour of the radial pressure \( P_{rr} \equiv g_{rr} \Sigma_1 \) for different values of \( j \).

In it, we observe the variation of the radial pressure with respect to the spherically symmetric case \((j = 0)\). This variation is smaller for angle values close to the equator, as it is apparent for \( y = 0.3 \). Notice that the radial pressure is positive, with negative pressure gradient, and vanishes on the boundary surface.

Figures 4 and 5 depict the behaviour of different energy momentum components, for a specific choice of the parameters \( q \) and \( \tau \).

Figure 6, shows the verification of the strong energy condition \((-T_0^0) - T_1^1 > 0 \) (also for a specific choice of
FIG. 2: Relation between the ellipticity of the source $e$ and its rotation parameter $j$ for different values of $\tau$.

FIG. 3: Four profiles of $r_0^2\Sigma P_{rr} \equiv r_0^2g_{rr}T_1^1$, as function of $s$, for $y = 0.3$ (graphic a), and $y = 1$ (graphic b) with $\tau = 2.7$, and different values of $j$.

FIG. 4: $-r_0^2T_0^0$ (graphic a), and $r_0^2T_1^1$ (graphic b), as functions of $y = \cos \theta$ and $s$, with $j = 0.1$ and $\tau = 2.7$.

FIG. 5: (a) $r_0^3T_3^3$, and (b) $r_0^3T_1^1$ as functions of $y$ and $s$.

IV. DISCUSSION

By extending the general procedure developed in [18] to the stationary case, we have been able to build up a physically meaningful source for the Kerr metric, satisfying the matching conditions on the boundary surface of the matter distribution. In spite of the fact that a perfect fluid source for the Kerr metric might exist [32], our source is necessarily anisotropic in the pressure.

Particular attention deserves the presence of a non–vanishing $T_0^0$ component of the energy–momentum tensor. Indeed, defining as usual an energy–momentum flux vector as: $F^\nu = -V^\mu T_{\nu\mu}$ (where $V^\mu$ denotes the four velocity of the fluid), it appears that, in the equatorial plane of our system, energy flows round in circles around the symmetry axis. This result is a reminiscence of an effect appearing in stationary Einstein–Maxwell systems. Indeed, in all stationary Einstein–Maxwell systems, there is a non vanishing component of the Poynting vector describing a similar phenomenon [33, 34] (of electromagnetic nature, in this latter case). Thus, the appearance of such a component, seems to be a distinct physical property of rotating fluids, which has been overlooked in previous studies of these sources.

We have carried out a systematic search for the range of values of $\tau$ and $j$ for which our models exhibit acceptable physical properties. We have focused on the fulfillment of Positive Energy Density (P.E.D.) ($-T_{00} > 0$), Strong Energy Condition (S.E.C.) ($-T_{00} - T_{ii} > 0$) and Positive Radial Pressure (P.R.P.) ($P_{rr} = g_{rr}T_{11}^1 > 0$). The results of this search are shown in Table I. It appears evident that physically meaningful sources exist for a wide range of values of the parameters.

On the other hand, the chosen range of values of the parameters, incorporates values considered in the existing literature, to describe realistic models of rotating neutron stars and white dwarfs. Let us elaborate on this issue with some detail.

The rotation of the source is determined by the parameters $a, M$ of the exterior solution. Indeed, the rotation parameter $j = J/M^2 = a/M$ stands for the dimensionless
Restrict ourselves to a sub-extreme Kerr solution ($a < M$), then $j < 1$.

In [22] numerical models of rotating neutron stars are constructed for different EOSs. For each EOS the star’s angular momentum, ranges from $J = 0$ to the Keplerian limit $J = J_{\text{max}}$, and the dependence of the quadrupole moment on the rotation parameter $j$, is established. Within the interval 1.0 to 1.8 solar masses for the mass $M$, the parameter $j$ is in the interval between 0.1 and 0.8.

In [23] upper limits on the parameter $j$ are found for representative EOSs; uniformly rotating neutron star models with maximum mass for various equations of state are studied, and the parameter $j$ does not exceed the value 0.7.

In [37] realistic equations of state for rapidly rotating neutron stars are explored, including a wider range of values for $j$.

Finally, we would like to conclude with the following comment. In some static sources it may occur that $l_z < l_{\rho}$ does not imply that the source is oblate ($q < 0$) (see [18, 38] for a discussion on this issue). However, as we have seen, this is not the case of our source.

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TABLE I: Fulfillment (F) or violation (V) of different criteria for good physical behaviour: Positive Energy Density (P.E.D.) \((-T_0^0 > 0)\), Strong Energy Condition (S.E.C.) \((\{-T_0^0 \} - T_i^i > 0\) and Positive Radial Pressure (P.R.P.) \((P_{rr} = g_{11}T_{11}^1 > 0)\). The symbol * over F means that although the criterion is fulfilled, nevertheless \(\partial_s P_{rr}\) changes its sign in the interval \(s \in [0, 1]\) within the source. This table corresponds to an oblate source (due to the rotation) of the Kerr solution for different values of \(j\) and a sequence of different values of the parameter \(\tau\).  

| \(\tau \backslash j\) | 0.9 | 0.8 | 0.7 | 0.5 | 0.3 | 0.1 | 0.05 | 0.03 |
|---------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 2.67                | V V V | V V V | V V F* | V V F | F V F | F V F | F V F | F F F |
| 2.7                 | V V V | V V V | V V F* | V V F | F V F | F F F | F F F | F F F |
| 2.8                 | V V V | V V V | V V F* | V V F* | V V F | F F F | F F F | F F F |
| 2.9                 | V V V | V V V | V V F* | V V F* | V V F* | F F F | F F F | F F F |
| 3                   | V V F* | V V F* | V V F* | V V F* | F F F | F F F | F F F | F F F |
| 3.1                 | V V F* | V V F* | V V F* | V V F* | F F F | F F F | F F F | F F F |
| 3.5                 | V V F* | F V F* | F V F* | F F F | F F F | F F F | F F F | F F F |
| 4                   | F F F* | F F F* | F F F* | F F F | F F F | F F F | F F F | F F F |
| 4.5                 | F F F* | F F F* | F F F* | F F F | F F F | F F F | F F F | F F F |
| 5                   | F F F | F F F | F F F | F F F | F F F | F F F | F F F | F F F |

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