Light-cured hyaluronic acid composite hydrogels using riboflavin as a photoinitiator for bone regeneration applications

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Received 11 September 2020; revised 17 December 2020; accepted 21 December 2020; Available online 23 February 2021

Abstract

Objective: Self-healing of bone from damage caused by infection, trauma, or surgical removal of cysts is limited. Generally, external intervention is needed to increase bone repair and regeneration. In this study, biocompatible light-cured hyaluronic acid hydrogels loaded with nano-hydroxyapatite and chitosan were prepared using a new photoinitiating system based on riboflavin for bone regeneration applications.

Method: Four light-cured hydrogel groups were prepared as follows: Group I, a control group with no additions; Group II, loaded with nano-hydroxyapatite; Group III, loaded with chitosan; and Group IV, loaded with both nano-hydroxyapatite and chitosan. The new
photoinitiating system consisted of riboflavin as a photoinitiator, dimethylaminoethyl methacrylate (DMAEMA) as a coinitiator (being used with riboflavin for the first time), and diphenyldiiodonium chloride as an accelerator. For each group, X-ray-diffraction, surface morphology by scanning electron microscope, mechanical properties, water uptake (%), and cell viability (%) were tested. The osteogenic potential was then tested in a rabbit model, and histomorphometric assessment was conducted.

**Results:** In the four groups, the light-cured hydrogels were obtained after a short irradiation time of 10 s using a dental light-curing unit. The prepared hydrogels were biocompatible. Simultaneous addition of nano-hydroxyapatite and chitosan increased the mechanical properties threefold and the osteogenic potential, twofold, with a statistically significant difference compared with the control group.

**Conclusions:** Light-cured hyaluronic acid composite hydrogels loaded with nano-hydroxyapatite and chitosan—prepared by using the new photoinitiating system—are promising materials that can be used in bone regeneration applications.

**Keywords:** Bone regeneration; Chitosan; Hyaluronic acid hydrogel; Light-cured; Riboflavin

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**Introduction**

Self-healing of bone from damage caused by infection, trauma, or cysts is limited; thus, external intervention is needed to stimulate bone repair and regeneration. Conventional methods for repairing bone defects such as autografts, allografts, and xenografts have been widely used, but they have several drawbacks that limit their clinical applications. Autografts have limited supply and present many postoperative complications, while allografts and xenografts have an increased risk of disease transmission and rejection.1

Synthetic bone scaffolds (alloplasts) are progressively being used in bone regeneration applications to overcome the disadvantages of the previously mentioned types. Different materials can be used such as polymers (either natural or synthetic), metals, ceramics, and composites. Injectable hydrogels, which are a type of alloplasts, are hydrated networks of crosslinked polymers that offer an advantage compared with other alloplasts such as 3D solid scaffolds or membranes. Specifically, they can be used in non-invasive or minimally invasive techniques and have the ability to fill irregular bone defects.2 The use of dental light-curing units for light-cured hydrogels is an attractive technique for preparing in situ light-cured hydrogels for bone regeneration applications.

Hyaluronic acid has been widely used to prepare hydrogels for bone and cartilage regeneration due to its osteoconductive properties.3 It is a hydrophilic polysaccharide made of β-glucuronic acid and N-acetyl-β-glucosamine, and is one of the main components of the extracellular matrix of several tissues such as epithelial and connective tissues.4 Modification of hyaluronic acid by adding fillers is mandatory to improve its low mechanical properties and fast rate of degradation. Fillers such as bioactive nano-hydroxyapatite can be used. A nano-hydroxyapatite surface allows osteoblastic cell adhesion and growth; thus, new bone is formed by substitution from adjacent normal bone.5

Chitosan is a biopolymer that has been extensively used in tissue engineering applications because of its adjustable degradation rate, antibacterial effect, antifungal, mucosal, analgesic, and hemostatic properties.6,7 Chitosan can be used in oral drug delivery, guided tissue regeneration, tissue engineering scaffolds, and enamel remineralisation.8 Chitosan can stimulate osteogenic progenitor cell chemotaxis and adhesion, thus enhancing bone regeneration.9,10 Accordingly, incorporation of nano-hydroxyapatite and chitosan to hyaluronic acid can increase mechanical stability and enhance osteogenic potential.11

Synthetic photoinitiators are commonly used to prepare light-cured hydrogels for bone regeneration applications. However, there are concerns about their biocompatibility and limited solubility in water during processing. Riboflavin or vitamin B2 is naturally derived and absorbs visible light in the range of 220–450 nm; thus, it can act as an alternative to synthetic photoinitiators and can be used with conventional dental light-curing units.12 Riboflavin is a type II photoinitiator; thus, a coinitiator is needed as a proton donor to initiate the polymerisation reaction. In the literature, a commonly used coinitiator with riboflavin is triethanol amine. Dimethylaminoethyl methacrylate (DMAEMA) is a carboxylic acid ester with a tertiary amine group. It can be used as a new alternative coinitiator with riboflavin.13

In this study, biocompatible light-cured hyaluronic acid composite hydrogels were prepared based on a new photoinitiating system—with riboflavin as a photoinitiator, DMAEMA being used for the first time with riboflavin as a coinitiator, and diphenyldiiodonium chloride as an accelerator—to prepare hydrogels with a short irradiation time. The osteogenic potential of the prepared hydrogels was also tested in a rabbit model. The study tested the null hypothesis that loading nano-hydroxyapatite and chitosan onto light-cured hyaluronic acid hydrogels has no effect on mechanical properties and osteogenic potential.

**Materials and Methods**

**Preparation of light-cured hyaluronic acid hydrogels**

To prepare light-cured hyaluronic acid hydrogels, methacrylated hyaluronic acid copolymer (GMA-HA) was first
prepared by reacting hyaluronic acid (HA; $M_w = 10,000–15,000$ g/mol; Shanghai Jiaoouan Industry, China) with glycidyl methacrylate (GMA; Sigma Aldrich, USA) in the presence of triethyl amine (Sigma Aldrich, USA) and tetra-butyl ammonium bromide (Sigma Aldrich, USA) as catalysts at $55\, ^\circ C$ and stirring for 2 h. After cooling to $25\, ^\circ C$, the mixture was precipitated in acetone (Tedia, USA). The precipitate was then collected and redissolved in distilled water. The precipitate (GMA-HA) was freeze-dried and stored at $4\, ^\circ C$ for preparation of hydrogel groups.14

Four light-cured hydrogel groups were then prepared (Table 1) using the prepared methacrylated hyaluronic acid (GMA-HA). The new photoinitiating system consisted of riboflavin $5'$-monophosphate sodium salt hydrate (RF) as a photoinitiator, dimethylaminoethyl methacrylate (DMAEMA) as a coinitiator, and diphenyliodonium chloride (DPIC) as an accelerator (Sigma Aldrich, USA), which were added at the given percentages (Table 1). In groups II and IV, nano-hydroxyapatite (HAP; $<200$ nm; Sigma Aldrich, USA) was silanised before addition to the mixture, as described by Wang et al.15 In groups III and IV, chitosan (CS; de-acetylation degree: $<86\%$, $M_\theta 4.5 \times 10^5$; Ruji Biotech Development, China) was first dissolved in acetic acid before addition to the mixture.

### Laboratory characterisation

Hydrogel discs (6 mm in diameter and 4 mm in height) were prepared for each group for laboratory characterisation. The hydrogel was injected into polytetrafluorethylene molds and light-cured by a dental light-curing unit (2000 mW/cm$^2$; Denjoy DY 400, China; Figure 1). For each light-cured hydrogel group, the following laboratory characterisation tests were conducted.

### X-ray diffraction (XRD)

The XRD patterns of the lyophilised light-cured hydrogels of the four groups were obtained with an X-ray diffractometer (Shimadzu XRD-6100, Japan) using copper K-alpha energy. The patterns were recorded in the range of $2 \theta = 4^\circ$–$80^\circ$ at a speed of $5^\circ$ min$^{-1}$.

### Surface morphology examination by scanning electron microscope (SEM)

The surface morphology of the lyophilised hydrogel discs were examined with a scanning electron microscope (JEOL; JSM-6360LA, Japan). Hydrogel discs were immersed in distilled water for 24 h to swell before measurement. The discs were then lyophilised at $-90\, ^\circ C$ for 24 h under a pressure of 0.5 mbar. The lyophilised hydrogel discs were gold-coated using an ion sputter coater and then examined.

### Mechanical properties

The mechanical properties of the light-cured hydrogels were tested using a rheometer (HAKE MARS-III; Thermo-Fisher Scientific, USA). The oscillatory shear and rotational flows were measured at $25\, ^\circ C$ by a two-plate model with a frequency sweep ranging from 0.1 to 10 Hz. The polymer-photoinitiating mixture for each of the four groups ($n = 5$) was light-cured $in situ$ the measuring plate, forming light-cured hydrogel discs; after which, the storage modulus ($G'$) was measured.

### Measurement of water uptake (%)

The water uptake (%) of light-cured hydrogels was measured according to the equilibrium swelling theory of hydrogels. For each group, hydrogel discs ($n = 5$) were immersed in distilled water and weighed daily after placing filter paper on them to remove excess water to determine increase in weight and volume due to swelling. This step was repeated until no change in the hydrogel discs’ weight was found and the discs reached the equilibrium swelling state. The discs were freeze-dried, and the water uptake (%) was determined according to the equation:16

$$\text{Water uptake} (\%) = \frac{(W_s - W_0)}{W_0} \times 100$$

where $W_s$ is the weight of the swollen hydrogel disc, and $W_0$ is the weight of the dried hydrogel disc.

### Cell viability (%) by MTT assay

The effect of the swollen hydrogel extract on cell viability (%) of rabbit peripheral blood mononuclear cells (PBMCs) was determined by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) assay. PBMCs cells ($1.0 \times 10^3$) were seeded into 96-well sterile flat bottom tissue culture micro-plates. PBMCs cells were cultured in RPMI-1640 media, supplied with 10% fetal bovine serum, and incubated at $37\, ^\circ C$ in 5% $\text{CO}_2$ for one day. Then, (50 $\mu$L) of swollen hydrogel extracts of each group were added to the cells and incubated for 48 h. After incubation, the hydrogel extract was removed, and the cells were washed thrice with PBS to remove debris and non-viable cells. Then, 200 $\mu$L of MTT solution were added per well and incubated for 5 h. Formazan crystals were then dissolved in 200 $\mu$L well of dimethyl sulfoxide, and the absorbance (A) was measured at 550 nm using a microplate reader (Urit 660; Guanxi, China). Cell viability (%) was calculated using the following formula, with wells containing cells in media as control, without adding hydrogel extracts:17

$$\text{Cell viability}(\%) = \frac{A_{\text{Test}}}{A_{\text{Control}}} \times 100$$

### In vivo osteogenic potential and histomorphometric assessment

The osteogenic potential of light-cured hyaluronic acid hydrogels was assessed $in vivo$ on a femoral defect of a rabbit model. Twenty New Zealand white rabbits were used as test subjects, with five rabbits per group. For each group, autoclave sterilised hydrogels ($15\, \text{min}$, at $121\, ^\circ C$)18 were injected into a surgical defect (5 mm in diameter and 4 mm in depth)
in the right and left distal femur heads of each rabbit and light-cured in situ using dental light-curing unit for 10 s (Figure 2).

After eight weeks, the rabbits were euthanised via an overdose of diethyl ether, and the right and left femur heads of each rabbit were obtained. The femur heads were fixed in 10% buffered formalin, then dehydrated in ascending concentrations of ethyl alcohol from (70%–100%), followed by clearing in xylene and finally, embedded in polymethyl methacrylate (PMMA; Figure 3). Undecalcified sections (50 μm thick) were obtained using a microtome precision cutter (Isomet 5000; Buehler, USA) and stained using Van Gieson’s and Stevenel’s blue stains (Sigma Aldrich, USA). A histomorphometric assessment to quantify the amount of newly formed bone was done using ImageJ software (National Institute of Health, USA) to calculate new bone area (%) in the region of interest (ROI) according to the following equation:\(^{(19)}\)

\[
\text{New bone area (\%) = \left( \frac{\text{New trabeculae area}}{\text{ROI area}} \right) \times 100}
\]

Statistical analysis

Statistical analysis of the data was carried out using analysis of variance and Tukey’s post hoc test for comparison between each two groups, at a significance level of 0.05. Analysis of data was done by IBM SPSS version 20.0.

Results

Preparation of light-cured hyaluronic acid hydrogels

In the four groups, hydrogel discs were obtained after 10 s of irradiation using a dental light-curing unit. The prepared light-cured hydrogel discs were 6 mm in diameter and 4 mm in height.

| Hydrogel groups | GMA-HA (wt./v. %) | HAP (mg/mL) | CS(mg/mL) | Photoinitiating system |
|-----------------|------------------|-------------|-----------|----------------------|
| I               | GMA-HA           | 12.5        | —         | —                    |
| II              | GMA-HA/HAP       | 12.5        | 0.5       | —                    |
| III             | GMA-HA/CS        | 12.5        | —         | 1                    |
| IV              | GMA-HA/CS/HAP    | 12.5        | 0.5       | 1                    |

| Component       | Percentage       |
|-----------------|------------------|
| Riboflavin      | 1 wt. %          |
| DMAEMA          | 0.025 v/v %      |
| DPIC            | 0.5 wt. %        |

Table 1: Composition of the light-cured hyaluronic acid hydrogel scaffolds.

Figure 1: (A) Injectable light-cured hyaluronic acid hydrogel, (B) Injecting hydrogel into mold, (C) Light-curing using dental light-curing unit for 10 seconds, and (D) Light-cured hydrogel disc for laboratory characterisation.

New bone area (\%) = (New trabeculae area / ROI area) \times 100
X-ray diffraction (XRD)

The XRD patterns of the four hydrogel groups are presented in (Figure 4). The patterns show the amorphous nature of control group I and the semi-crystalline nature of group II as caused by the addition of crystalline nano-hydroxyapatite with characteristic peaks of nano-hydroxyapatite at $2\theta = 32^\circ$. In group III, the addition of semi-crystalline chitosan produced characteristic peaks at $2\theta = 10^\circ$ and $28^\circ$. Meanwhile, the addition of nano-hydroxyapatite and chitosan in group IV showed the same characteristic peaks as in the previously mentioned groups.

Surface morphology examination by scanning electron microscope (SEM)

The surface morphology images of the four hydrogel scaffolds are shown in (Figure 5). The SEM images revealed that the surface morphology of group I was dense with less porosity compared with the other groups. However, the incorporation of nano-hydroxyapatite to groups II and IV led to the formation of polyhedral pores. Meanwhile, the addition of chitosan to groups III and IV resulted in the formation of a filamentous structure in the hydrogel scaffolds.

Mechanical properties

The results showed a statistically significant difference between the four groups (Figure 6, Table 2). Control group I had the lowest storage modulus at 3.48 ± 0.36 KPa. However, addition of chitosan to group III increased the storage modulus to 5.56 ± 0.53 KPa. Addition of nano-hydroxyapatite to group II resulted in a higher storage modulus (7.56 ± 0.34 KPa) than that of groups I and III. Interestingly, group IV had the highest value (10.60 ± 0.34 KPa) due to the simultaneous addition of nano-hydroxyapatite and chitosan.

Figure 2: (A) Shaved and exposed surgical site in rabbit femur, (B) Drilled hole (5 mm in diameter and 4 mm in depth) in femur head, (C) Measuring depth and diameter of surgical defect by periodontal probe, (D) Injection of prepared hydrogel into surgical defect and (E) Light-curing hydrogel in situ by dental light-curing unit for 10 s.
Measurement of water uptake (%)

Water uptake (%) of the four hydrogel groups is shown in (Table 2). The equilibrium swelling state of the four hydrogel groups was reached after five days, regardless of the hydrogel composition. The water uptake (%) in the four groups was 97.04 ± 0.11%, 98.46 ± 0.18%, 98.38 ± 0.26%, and 98.30 ± 0.16%, respectively, with no statistically significant difference.

Cell viability (%) by MTT assay

MTT assay data revealed that cell viability (%) after 48 h was the highest in group III (83.54 ± 0.21%) with a statistically significant difference compared with the other groups. In groups II and IV, cell viability (%) decreased to 73.50 ± 0.27% and 73.80 ± 0.19%, respectively with no significant difference between both groups. However, cell viability (%) in control group I remained higher (75.60 ± 0.27%) than in groups II and IV, but lower than in group III, with a statistically significant difference. Cell viability (%) in all groups remained > 70% (Table 2).

In vivo osteogenic potential and histomorphometric assessment

Histological examinations of the undecalcified sections of all groups showed bone regeneration after eight weeks, at different amounts (Figure 7). The newly formed bone was seen extending from the surface of the surgical defect to the core. In the case of group I, bone formation was in the form of small islands surrounded by hydrogel remnants. In group II, undecalcified sections showed formation of thin bone trabeculae that were beginning to interconnect. In group III, undecalcified sections showed newly formed bone trabeculae at the centre of the defect. In group IV, undecalcified sections revealed that the surgical defect was filled with interconnected thick bone trabeculae formed of lamellar bone.
Statistical analysis of the histomorphometric results (Table 2) revealed a statistically significant difference between the four groups. After eight weeks, group IV showed the highest bone-forming ability (53.90 ± 5.68%), followed by group II (43.63 ± 4.55%). Group III showed less osteogenic potential than the former two groups (34.15 ± 2.25%), while group I showed the least potential (26.76 ± 2.52%).

Figure 5: SEM pictures of the surface morphology of light-cured hydrogels of the four groups (a) GMA-HA, (b) GMA-HA/HAP, (c) GMA-HA/CS, and (d) GMA-HA/CS/HAP.

Figure 6: Storage modulus (G') of light-cured hydrogels of the four groups.
Discussion

Light-cured hyaluronic acid hydrogels were successfully prepared after a short irradiation time of 10 s using riboflavin as a photoinitiator, DMAEMA as a new coinitiator with riboflavin, and DPIC as an accelerator. This result of a short irradiation time is inconsistent with previous studies, such as that of Kim et al., who used riboflavin as a photoinitiator with L-arginine coinitiator and obtained hydrogels after 15 min, and Chichiricco et al., who used riboflavin with triethanol amine coinitiator and reported an irradiation time of 2 min. This short irradiation time is thought to be clinically practical for both the patient and the clinician and proves the enhanced polymerisation kinetics of the new photoinitiating system. The riboflavin photoinitiator initiates photopolymerisation in the presence of a

![Figure 7: Photomicrographs of undecalcified sections by Van Gieson’s and Stevenel’s blue stains (x40); (a) GMA-HA, arrow showing few newly formed bone islands; (b) GMA-HA/HAP, arrow showing thin bone trabeculae extending from the periphery of the original bone to the centre of the defect and starting to interconnect; (c) GMA-HA/CS, arrow showing new bone trabeculae extending from the periphery of the original bone to the centre of the defect; (d) GMA-HA/CS/HAP, arrow showing thick interconnected bone trabeculae extending from the periphery of the original bone and filling the centre of the defect. Yellow-coloured parts in all sections represent the hydrogel remnants.](image-url)

| Light-cured hydrogel groups | I: GMA-HA | II: GMA-HA/HAP | III: GMA-HA/CS | IV: GMA-HA/CS/HAP |
|----------------------------|-----------|----------------|----------------|-------------------|
| Storage modulus (G’)       | (3.48 ± 0.36)a | (7.56 ± 0.34)b | (5.56 ± 0.53)c | (10.60 ± 0.34)d |
| Water uptake (%)           | (97.04 ± 0.11)a | (98.46 ± 0.18)b | (98.38 ± 0.26)c | (98.30 ± 0.16)d |
| Cell viability (%)         | (75.60 ± 0.27)a | (73.50 ± 0.27)b | (83.54 ± 0.21)c | (73.80 ± 0.19)b |
| New bone area (%)          | (26.76 ± 2.52)a | (43.63 ± 4.55)b | (34.15 ± 2.25)c | (53.90 ± 5.68)d |

Different letters (a, b, c, d) indicate statistical difference between groups in the same row (p < 0.05).
cointitiator such as DMAEMA, which acts as a proton donor, and DPIC improves photopolymerisation kinetics by reacting with inactive riboflavin radicals to produce active radicals, thus accelerating the polymerisation reaction.22

Scanning electron microscope images of lyophilised hydrogel discs revealed that adding nano-hydroxyapatite led to the formation of a porous structure, which is essential for angiogenesis and cell growth. This finding is consistent with that of Huang et al.,23 who also found that addition of nano-hydroxyapatite to glycol chitosan and hyaluronic acid hydrogels led to a porous structure. Porosity formed because the addition of nano-hydroxyapatite fillers increased the opacity of the hydrogel and decreased light penetration; thus, crosslinking density decreased and pores were formed. Meanwhile, addition of chitosan led to the formation of a filamentous structure, which is essential for osteoblast cells attachment, proliferation, and growth, as supported by the findings of Hamilton et al.24

Simultaneous addition of nano-hydroxyapatite and chitosan increased the mechanical properties of light-cured hydrogels threefold, as compared with the control group. This result is in accordance with Hu et al.,25 who found that simultaneous addition of nano-hydroxyapatite and chitosan to chondrotin sulfate/hyaluronic acid hydrogels increased the mechanical properties twofold, as compared with the control group. This can be attributed to the synergistic effect of the addition of silanised nano-hydroxyapatite fillers and the ionic bond formed between anionic hyaluronic acid and cationic chitosan.25

Water uptake (%) in the four groups, which is approximately 98%, is thought to be sufficient, as Fricain et al.26 has found that excessive swelling of hydrogels may lead to increased pressure on tissues, opening of surgical site, and postoperative complications.

Peripheral blood mononuclear cells (PBMCs) are blood cells such as lymphocytes, monocytes, and macrophages. It is widely used in cytotoxicity assessment of materials because it is easy to obtain and is cost effective.27 The MTT assay results revealed that the prepared hydrogels were biocompatible, as the cell viability (%) remained higher than 70% according to ISO 10993-5 (E).28 Moreover, it was observed that cell viability (%) in group III, which was loaded with chitosan only, had the highest percentage value (83.54 ± 0.21%) after two days, with a statistically significant difference. These results corroborate those of Xu et al.,29 who pointed out the positive regulatory effect of chitosan on PBMCs, in vitro. This result can be attributed to the featured biological activity of chitosan, namely, antibacterial, antifungal, and muco-adhesive properties.30 Group I showed higher cell viability (%) than groups II and IV, with a statistically significant difference. This might be attributed to the presence of free unreacted silane from silanised nano-hydroxyapatite in the latter two groups, which might have had a slight toxic effect on the cells. This finding is consistent with those of Esparza-González et al.,31 who stated the dose-dependent cytotoxic effect of silane on PBMCs.

The osteogenic potential of light-cured hyaluronic acid hydrogels was tested in a rabbit femur to be able to drill surgical defects 5 mm in diameter and 4 mm in depth without damaging any vital structures.31 The increased osteogenic potential of group IV hydrogel (53.90 ± 5.68%) after eight weeks is attributed to the synergistic effect of nano-hydroxyapatite and chitosan. These findings are in accordance with Zhang et al.,11 who found that the use of an injectable hydrogel based on chitosan and nano-hydroxyapatite enhanced bone regeneration in rabbit femur heads after eight weeks, as compared with the use of only chitosan. The nano-hydroxyapatite surface supports osteoblastic cell adhesion and growth; thus, new bone is formed by substitution from adjacent normal bone.32 Meanwhile, chitosan can stimulate osteogenic progenitor cell chemotaxis, adhesion, and differentiation, thus enhancing bone regeneration.9

The null hypothesis was rejected, as the addition of nano-hydroxyapatite and chitosan increased the mechanical properties threefold, and the osteogenic potential, twofold, compared with the control group. In this study, histomorphometric assessment was done after eight weeks to evaluate early osteogenic potential of the prepared new hydrogels; however, further studies are needed to evaluate complete bone formation after a period of four to six months.

Conclusion

Light-cured hyaluronic acid hydrogels loaded with nano-hydroxyapatite and chitosan, using riboflavin as a photo-initiator, DMAEMA as a new coinitiator, and DPIC have high mechanical properties, high osteogenic potential, and are biocompatible; thus, they are promising materials to be used in bone regeneration applications after infections or cyst removal, as they can easily fill irregular defects.

Recommendations

Because of the high mechanical properties, biocompatibility, and osteogenic potential of the prepared light-cured hyaluronic acid hydrogels loaded with chitosan and nano-hydroxyapatite, it is recommended for use in filling irregular bone defects caused by infections or cysts. It is recommended to test the osteogenic potential of the prepared light-cured hyaluronic acid hydrogels when loaded with stem cells, growth factors such as bone morphogenetic proteins (BMPs), or bioactive materials such as nano-graphene oxide. It is also recommended to test the printability of the prepared hydrogel using the new photoinitiating system to produce 3D printed hydrogel scaffolds for bone regeneration applications.

Source of funding

This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

Conflict of interest

The authors have no conflict of interest to declare.
Ethical approval

The study was approved by the Ethics Research Committee of the Faculty of Dentistry, Alexandria University, Egypt (IRB No.: 00010556-IORG 0008393) /14-10-2018.

Authors' contributions

MMA and EAK conceived and designed the study, conducted research, provided research materials, collected and organised data, analysed and interpreted data, and wrote the initial and final drafts of the article. DMA and EME conducted research, collected and organised data, and analysed and interpreted data. FHA and HMA analysed and interpreted data and provided logistic support. All authors have critically reviewed and approved the final draft and are responsible for the content and similarity index of the manuscript.

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How to cite this article: Abdul-Monem MM, Kamoun EA, Ahmed DM, El-Fakharany EM, Al-Abbasy FH, Aly HM. Light-cured hyaluronic acid composite hydrogels using riboflavin as a photoinitiator for bone regeneration applications. J Taibah Univ Med Sc 2021;16(4):529–539.