Posterior fossa abnormalities in high-risk term infants: comparison of ultrasound and MRI

S. J. Steggerda · F. T. de Bruïne · V. E. H. J. Smits-Wintjens · P. Verbon · F. J. Walther · G. van Wezel-Meijler

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Abstract

Objectives We aimed to assess the characteristics of posterior fossa (PF) abnormalities in a cohort of high-risk term neonates, as well as the diagnostic performance of cranial ultrasound (CUS) with additional mastoid fontanelle (MF) views for the detection of these abnormalities, with magnetic resonance imaging (MRI) being the reference standard.

Methods In this retrospective study, 113 term neonates with CUS and subsequent MRI were included. Sensitivity, specificity, and predictive values of routine CUS and CUS with MF views were calculated.

Results Posterior fossa abnormalities were diagnosed on CUS in 46 of 113 infants. MRI confirmed these findings in 43 and showed additional abnormalities in 32 infants. The sensitivity and specificity of anterior fontanelle views for major PF abnormalities as seen on MRI were 16 % and 99 %. Adding MF views increased the sensitivity of US to 82 %. The sensitivity and specificity of MF views for the detection of any (major or minor) PF abnormality were 57 % and 95 %. Especially acute hypoxic-ischemic injury and small subdural and punctate cerebellar haemorrhage remained undetected by CUS.

Conclusions PF abnormalities are frequent in high-risk term infants. MF-CUS enables early diagnosis of major PF abnormalities. We therefore advocate to perform MF-CUS in high-risk term neonates.

Key Points

• Posterior fossa abnormalities are a frequent finding in high-risk term infants.
• Adding mastoid fontanelle views improves ultrasound detection of clinically relevant abnormalities.
• Hypoxic-ischemic injury and small posterior fossa haemorrhages are better detected with MRI.
• Cranial ultrasound examination should include mastoid fontanelle views in high-risk term neonates.

Keywords Infant, newborn · Ultrasound · MRI · Posterior fossa · Cerebellum

Abbreviations

AF Anterior fontanelle
CUS Cranial ultrasound
CNS Central nervous system
TE Echo time
FOV Field of view
HIE Hypoxic-ischemic encephalopathy
MRI Magnetic resonance imaging
MF Mastoid fontanelle
PF Posterior fossa
TR Repetition time
SI Signal intensity

Introduction

The current widespread availability of advanced neuroimaging techniques has led to the increased detection of cerebellar injury and other posterior fossa (PF) abnormalities in newborn

S. J. Steggerda (✉) · V. E. H. J. Smits-Wintjens · P. Verbon · F. J. Walther
Department of Neonatology, Leiden University Medical Centre, Leiden, The Netherlands
e-mail: s.j.steggerda@lumc.nl

F. T. de Bruïne · G. van Wezel-Meijler
Department of Radiology, Leiden University Medical Centre, Leiden, The Netherlands

G. van Wezel-Meijler
Department of Neonatology, Isala Hospital, Zwolle, The Netherlands
infants requiring intensive care. Cerebellar injury is an important complication of preterm birth and may also occur in full-term infants [1, 2].

In full-term infants, cerebellar and extra axial PF haemorrhage is associated with traumatic delivery, perinatal infection, supratentorial haemorrhage and perinatal asphyxia [2–4]. The cerebellum can be involved in hypoxic-ischemic injury [5]. Cerebellar abnormalities are reported in neonates with metabolic disorders [6, 7], and congenital PF malformations are common in neonates with other central nervous system (CNS) abnormalities.

Cerebellar abnormalities are associated with a broad spectrum of neurodevelopmental disabilities [2, 8]. Early detection is therefore important. Cranial ultrasound (CUS) is the primary neonatal neuroimaging technique. It can be performed early and repeatedly at the bedside, and provides instant diagnostic information. CUS is traditionally performed through the anterior fontanelle (AF). This enables reliable views of supratentorial structures, but visualization of the PF is less optimal due to its distance away from the transducer [9]. In addition, the echogenic tentorium and vermis may impede visualization. The mastoid fontanelle (MF) enables a better view of the PF [10–12]. A previous study [13] demonstrated that addition of MF views in preterm infants improved detection of cerebellar injury as compared to CUS with only AF views. Despite the clinical importance of cerebellar injury and other PF abnormalities, MF views are often not included in the CUS examination of the brains of high-risk term infants.

The posterior fossa is well depicted on magnetic resonance imaging (MRI). However, compared with CUS, MRI is a burdensome procedure in critically ill neonates and is less suitable for early or serial imaging.

The aims of this study were to assess: (1) the frequency and characteristics of PF abnormalities in a cohort of high-risk term neonates, and (2) the diagnostic performance of CUS with additional MF views (MF-CUS) for the detection of these abnormalities, with MRI being the diagnostic reference standard.

Materials and methods

Patients

The ethics committee of the Leiden University Medical Centre waived the need for informed consent for this retrospective study. A systematic database search identified all term infants (gestational age>36 weeks) admitted to the neonatal unit of the Leiden University Medical Centre (tertiary neonatal referral centre) between January 2008 and December 2012 with a diagnosis of hypoxic-ischemic encephalopathy (HIE), central nervous system (CNS) infection, supratentorial intracranial haemorrhage, ventricular dilatation, metabolic disorder, congenital CNS malformation and/or abnormal neurologic examination [3]. Infants were eligible for the study if they had undergone at least one good quality CUS that included both AF and MF views and at least one MRI examination during admission.

We included 113 infants with a total of 187 CUS examinations [mean number of CUS 1.7 per patient (range 1–7)] and 117 MR examinations. MF-CUS was performed at a mean age of 5.4 days (SD±5.0), and MRI at a mean age of 8.0 days (SD±8.8). The mean interval between MF-CUS and MRI was 3.1 days (SD±7.9). Patient characteristics are shown in Table 1.

CUS

CUS was performed by an experienced neonatologist or fellow-neonatologist, using an US system with multifrequency (5–10 MHz) transducers (Aloka Alpha 10; Biomedic Nederland BV, Almere, The Netherlands). Our standard CUS protocol includes imaging through the AF in at least six coronal

Table 1 Patient characteristics (n=113)

| Characteristic                  | Value          |
|--------------------------------|----------------|
| Gestational age (weeks)*       | 38.8 ± 1.7     |
| Birth weight (grams)*          | 3,280 ± 679    |
| Male gender                    | 61 (54)        |
| Mode of delivery               |                |
| Spontaneous birth              | 46 (41)        |
| Vacuum/forceps assisted         | 22 (20)        |
| Elective caesarean section     | 18 (16)        |
| Emergency caesarean section    | 27 (24)        |
| Apgar score 5 min#             | 5.8 (0-10)     |
| Died                           | 22 (20)        |
| High risk category:            |                |
| HIE                            | 51 (45)        |
| Haemorrhage                    | 10 (9)         |
| Traumatic delivery             | 4 (4)          |
| CNS infection                  | 5 (4)          |
| Metabolic disorder             | 8 (7)          |
| Congenital malformation        | 18 (16)        |
| Other                          | 17 (15)        |
| Age at MF-CUS (days)*          | 5.4 ± 5.0      |
| Age at MRI (days)*             | 8.0 ± 8.8      |
| - Cases with HIE (days)#       | 6.3 ± 1.4      |
| Number of MF-CUS#              | 1.7 (1-7)      |

HIE = hypoxic-ischemic encephalopathy, CNS = central nervous system, MF-CUS = mastoid fontanel cranial ultrasound

Except when indicated, data are number of infants with percentages in parentheses

* mean ± standard deviation

# mean, with range in parentheses
and five sagittal planes [14]. The standard transducer frequency is set at 7.5 MHz. To assess deeper structures, including the posterior fossa, a frequency of 5 MHz can be applied. Depending on the clinical history of the infant and the imaging findings on the AF views, the sonographer can decide to perform additional MF views in term neonates who are considered at risk for PF abnormalities (neonates with HIE, CNS infection, intracranial haemorrhage, ventricular dilatation, metabolic disorder, congenital CNS malformation and/or abnormal neurologic examination) [3]. Scanning through the MF is performed in axial and coronal planes (Fig. 1), with views of the ventricular system, brain stem, cerebellar peduncles, vermis, and hemispheres [9, 11, 14]. Generally, one of the MF is used, depending on the position of the infant. When abnormalities are suspected, additional images can be obtained using the opposite MF.

MRI

In our hospital, MRI examination of the brain (Achieva 3 T; Philips Medical Systems, Best, The Netherlands) is performed in all neonates with clinical or CUS suspicion of parenchymal brain abnormalities. Details of the MRI procedure and imaging protocols have been reported previously [15]. A standard MRI examination includes a 3D T1-weighted turbo field-echo sequence, a T2-weighted turbo spin-echo sequence, a T2* fast field-echo sequence, and diffusion-weighted spin-echo sequences in three directions.

All CUS images that included both AF and MF views were reviewed by at least two investigators (GM has 25 years of experience, SS and VSW have 10 years of experience in CUS). To avoid recall bias, the scans were reviewed at least 4 months after they were made. The MRI images were also reviewed by two experienced investigators (FdB, paediatric neuroradiologist with 20 years of experience and SS, with 10 years of experience in neonatal MRI). This was done at least 6 weeks after reviewing the CUS images. The investigators were blinded to the patients’ names and clinical history and reviewed the images together. Any discrepancies in interpretation were resolved by consensus.

CUS and MRI images were reviewed for the presence of PF malformations, loss of normal anatomic features, local or diffuse echogenicity changes or signal intensity (SI) changes in the cerebellar parenchyma (hemispheres and/or vermis), abnormalities in size and/or shape of the fourth ventricle, haemorrhage within the fourth ventricle, extra axial posterior fossa haemorrhage, and other abnormalities in PF structures (cisterna magna, subarachnoid and subdural spaces). When abnormalities were present, location and extent were noted, and if abnormalities were seen on MRI, it was noted whether these were visible on T1-weighted and/or T2-weighted, or only on T2* or diffusion-weighted images.

The following US and MRI abnormalities were considered major and possibly clinically relevant: PF malformation, large cerebellar haemorrhage (>4 mm), diffuse echogenicity or SI changes in the cerebellar parenchyma, large extra axial haemorrhage with mass effect, and fourth ventricular dilatation or compression. Other abnormalities, such as mild enlargement of the cisterna magna with an intact vermis and without other structural abnormalities or mass effect, punctate cerebellar haemorrhage (<4 mm), and small subdural or subarachnoid haemorrhage without mass effect, were considered minor and less relevant, based on available literature [16–18].

Data analysis

Statistical analysis was performed using SPSS software (SPSS 17; Chicago, Illinois, USA). The frequency of PF abnormalities on CUS and MRI was calculated. We compared the diagnostic performance of CUS for the detection of PF abnormalities with the results of MRI, which was considered to be the reference standard. We calculated sensitivity, specificity, positive predictive value and negative predictive value of CUS, with and without MF views.
Results

In 46 (41 %) of the 113 infants, CUS detected abnormalities in the PF. In 39 (85 %) of 46 infants, these abnormalities were seen only on MF views. In six infants (13 %), abnormalities were seen on both AF and MF views, and in one infant (2 %), abnormalities were seen only on AF views.

In 75 (66 %) of the 113 infants, MRI depicted abnormalities in the PF.

Comparison CUS and MRI

MRI findings in infants with abnormal CUS

In the only infant in whom a PF abnormality was suspected on the AF, but not on the MF views, no PF abnormality was seen on MRI. In 43 (96 %) of 45 infants, the PF abnormalities on MF-CUS were confirmed by MRI. In 31 infants, the abnormalities were classified as major (Table 2), including two infants with a large extra axial haemorrhage, two with a large cerebellar haemorrhage and three with a haemorrhagic clot in the fourth ventricle and post-haemorrhagic ventricular dilatation (Fig. 2). In nine infants with HIE, in whom MF-CUS showed echogenicity changes of the cerebellar vermis and/or hemispheres, MRI showed SI changes on T1, /T2-weighted and/or diffusion-weighted images (Fig. 3). In two of these cases, MRI showed additional small haemorrhagic lesions in the cerebellar parenchyma. In three infants with CNS infection, PF abnormalities were seen on both MF-CUS and MRI (Fig. 4). There were six cases with cerebellar hypoplasia (Fig. 5); in five of them, a metabolic disorder was diagnosed. Six infants had other major PF malformations diagnosed on both MF-CUS and MRI (Table 2).

In 12 infants, minor abnormalities were diagnosed on both MF CUS and MRI: punctate cerebellar haemorrhage (one infant) (Fig. 6), small extra axial haemorrhage (nine infants), and mildly enlarged cisterna magna (two infants).

In two infants, the abnormalities suspected on MF-CUS were not confirmed by MRI. One infant with meningitis showed increased echogenicity and loss of foliation of both cerebellar hemispheres on MF-CUS, possibly representing oedema (classified as major, Table 3). The MRI performed 8 days later showed no abnormalities. In the other infant, a minor extra axial haemorrhage was suspected on MF-CUS, but in retrospect, this was a misinterpretation of an imaging artefact and might have been avoided when both MF had been used.

MRI findings in infants with normal CUS findings

MRI detected abnormalities in 32 infants with normal CUS findings. In seven infants, these abnormalities were classified as major (Table 3): in four infants with HIE, MRI showed SI changes of the cerebellar vermis, which were only seen on the diffusion-weighted images (Fig. 7); in one infant with alloimmune thrombocytopenia, T2* MRI sequences showed a haemorrhagic lesion in the cerebellar vermis, probably of foetal origin; one infant had cerebellar dysplasia with abnormal foliation, which was, in retrospect, also visible on MF-CUS; and one infant had a small arachnoid cyst with abnormal foliation, which could not be visualized on the MF views. The other 25 infants had minor PF abnormalities, including punctate cerebellar haemorrhage (three infants), small extra axial haemorrhage (18 infants), and combined punctate cerebellar haemorrhage and small extra axial haemorrhage (four infants).

### Table 2 Imaging findings in 31 infants with major abnormalities on MF-CUS, confirmed with MRI

| Category          | MF-CUS findings                          | MRI findings                                           | No infants |
|-------------------|------------------------------------------|-------------------------------------------------------|------------|
| HIE               | Increased echogenicity cerebellar vermis  | Abnormal SI cerebellar vermis and hemispheres (also punctate CBH) | 9 (2)      |
|                   | and hemispheres                           |                                                       |            |
| CNS infection     | Increased echogenicity cerebellar vermis  | Abnormal SI cerebellar vermis and hemispheres          | 2          |
|                   | and hemispheres                           |                                                       |            |
|                   | Subdural debris, dilated fourth ventricle | Subdural debris, dilated fourth ventricle              | 1          |
|                   | with debris                               | with debris                                           |            |
| Metabolic disorder| Cerebellar hypoplasia                     | Cerebellar hypoplasia                                 | 5          |
| CNS malformation  | Cerebellar hypoplasia                     | Cerebellar hypoplasia                                 | 1          |
|                   | Arachnoid cyst with mass effect on        | Arachnoid cyst with mass effect on cerebellum          | 3          |
|                   | cerebellum                               |                                                       |            |
|                   | Displacement of PF structures, abnormal   | Displacement of PF structures, abnormal fourth ventricle| 3          |
|                   | fourth ventricle                          |                                                       |            |
| PF haemorrhage    | Echogenic clot in dilated fourth ventricle| Echogenic clot in dilated fourth ventricle, PHVD       | 3          |
|                   | Large extra axial PF haemorrhage with     | Large extra axial PF haemorrhage with mass effect on   | 2          |
|                   | mass effect on cerebellum and brain stem  | cerebellum and brain stem                             |            |
|                   | Major cerebellar haemorrhage              | Major cerebellar haemorrhage                          | 2          |
Predictive values of CUS

The sensitivity and specificity of routine AF-CUS views for major PF abnormalities, as seen on MRI, were 16 % and 99 %, and the positive and negative predictive values were 86 % and 70 %, respectively. Adding the MF views did not change the specificity of CUS for major PF abnormalities, but increased the sensitivity to 82 % and the positive and negative predictive values to 97 % and 91 %, respectively.

The sensitivity and specificity of CUS with additional MF views for the detection of any (major or minor) PF abnormality, as seen on MRI, were 57 % and 95 %. The positive predictive and negative predictive values were 96 % and 53 %, respectively.

Discussion

This is the first study assessing the prevalence of PF abnormalities in high-risk term infants and comparing the diagnostic accuracy of CUS, including both AF and MF views, with MRI.

MRI detected PF abnormalities among 75 (66 %) of the 113 infants in our cohort of high-risk term infants; in 38 (34 %) of the infants, these abnormalities were classified as major. The majority (82 %) of these abnormalities were also found on MF views, but remained undetected when only AF views were used. In seven infants, MRI demonstrated major PF abnormalities that remained undetected on MF views.

Our results indicate that the addition of MF views to standard AF-CUS can be used as an early diagnostic tool in high-risk term infants. Most infants in our study had a clinical picture and/or supratentorial CUS abnormalities that would eventually require MRI examination. However, due to practical shortcomings such as transportation of the neonate, MRI can be undesirable or unfeasible during the first days after birth, especially in critically ill neonates. The strength of MF-CUS is that it takes only a few minutes of extra scanning time, and in experienced hands, detects the majority of major PF abnormalities much earlier than possible with MRI.

Fig. 2 Male infant born at 37 weeks gestational age after precipitous labour. Abnormal neurologic examination and respiratory failure developing in the first hours after birth. (A) Coronal CUS (second postnatal day, right MF) shows a large extra axial haemorrhage (dotted arrow) with mass effect on the right cerebellar hemisphere (asterisk), shift of the vermis (arrow) and compression of fourth ventricle (arrowhead). (B) T2-weighted MRI on the same day confirms the presence of a large extra axial posterior fossa haemorrhage (arrow) with mass effect on the cerebellum and brain stem. Emergent neurosurgical decompression was performed and the boy fully recovered.

Fig. 3 Female infant born at 41 weeks gestational age, with severe perinatal asphyxia. (A) Axial CUS scan (fifth postnatal day, left MF) shows diffuse increased echogenicity of the cerebellum with loss of normal appearance of cerebellar foliae. (B) T2-weighted MR image on same day shows abnormal signal intensity in both cerebellar hemispheres with loss of normal foliation, and also shows extensive supratentorial signal intensity changes in the cerebral hemispheres.
The high percentage of infants with PF abnormalities in this study (66 %) is probably secondary to the inclusion of both major and minor abnormalities in a high-risk population. Furthermore, we used diffusion-weighted images to detect acute hypoxic-ischemic injury and T2* sequences that are especially sensitive for the detection of small hemosiderin deposits [19]. In addition, T1-weighted and T2-weighted images had a slice thickness of 1 and 2 mm respectively, thereby assuring the detection of even the smallest lesions.

The most frequent major abnormalities that were detected were SI changes in the cerebellar parenchyma in cases with severe HIE. In about two-thirds of these cases, abnormalities (increased echogenicity or loss of normal architecture) were also diagnosed on MF-CUS views. However, especially acute hypoxic ischemic injury of the cerebellar vermis as seen on diffusion-weighted MR images remained undetected on CUS.

The high incidence of cerebellar abnormalities in infants with HIE is not consistent with some previous studies reporting sparing of the cerebellum in term infants with HIE [20–22]. Other studies, however, have shown involvement of the cerebellum in neonates with hypoxic-ischemic brain injury [23–28]. Previous neuroimaging studies that used late or follow-up MR scans, or autopsy and combined autopsy/MR studies described involvement of the cerebellum (in particular the vermis) in HIE [24–28]. Cerebellar abnormalities were also reported in 13 % of full term infants with HIE and basal ganglia-thalamic (BGT) injury [23]. The higher incidence of hypoxic-ischemic cerebellar injury in our study may be explained by the frequency of this finding on the diffusion-weighted MR images, which were not included in the former study. The infants with HIE and cerebellar injury in our study frequently had severe BGT and/or brain stem injury, and had a high mortality (62 %). The former study also reported high mortality and poor neurologic outcome of infants with cerebellar involvement. We therefore assume that cerebellar injury mainly occurs in neonates with severe HIE brain injury. This assumption needs to be confirmed by larger studies. However, since cerebellar injury in HIE mainly seems to occur in the most severe cases, it is unclear whether this finding will have an independent effect on outcome [23]. Future studies

Fig. 4 Male infant born at 41 weeks gestational age, admitted at eight postnatal day with E. Coli meningitis and symptoms of increased intracranial pressure. CUS scan though AF showed severe ventricular dilatation (not shown). (A) Axial and (B) coronal ultrasound (eight postnatal day, left MF) showing debris in dilated fourth ventricle (arrow) and strands in third ventricle (arrowhead). (C) T2-weighted MRI on the same day confirms CUS findings

Fig. 5 Male infant born at 38 weeks gestation who died in the neonatal period. Foetal polyhydramnios, neonatal hypotonia, contractures and respiratory failure. Suspected type IV 3-Methylglutaconic aciduria. AF-CUS showed a dilated ventricular system with abnormal echogenicity of the basal ganglia and abnormal gyral pattern. (A) Axial CUS scan (third postnatal day, right MF) shows severe hypoplasia of cerebellum (arrow) and pons (dotted arrow), with enlarged fourth ventricle (arrowhead) and pericerebellar spaces (asterix). (B) T1-weighted MRI confirms severely hypoplastic cerebellum (arrow) and pons (dotted arrow). Gyral abnormalities of the temporal lobes can be seen on this image
investigating cerebellar injury in HIE and its consequences on cerebellar development and neurodevelopmental outcome in term infants are needed.

Another major abnormality was cerebellar hypoplasia, which was mostly detected in infants with inborn errors of metabolism. All cases of cerebellar hypoplasia could be diagnosed on MF-CUS views. Several inborn errors of metabolism can affect early cerebellar development [6, 7] and lead to cerebellar hypoplasia or atrophy. In combination with a clinical picture suggesting a metabolic disorder, this finding on CUS may help diagnose the underlying disease.

Apart from a haemorrhagic lesion in the cerebellar vermis that was probably of antenatal origin and was only detected on T2* MRI, all other major PF haemorrhages were detected on MF-CUS views. These included large cerebellar haemorrhage, large extra-axial haemorrhage with mass effect, and haemorrhage and dilatation of the fourth ventricle. The finding of large PF haemorrhage can be relevant, as these haemorrhages may cause cerebellar and brain stem compression, or progressive ventricular dilatation requiring neurosurgical intervention. In preterm infants, large cerebellar haemorrhage has important prognostic consequences. In term infants, these larger haemorrhages are less commonly reported, but they have also been associated with a broad spectrum of neurodevelopmental disabilities [2, 8].

The most common minor abnormalities seen were small extra axial haemorrhages in 34 % and punctate cerebellar haemorrhages in 9 % of the infants of this high-risk population. Previous studies have shown that small extra axial haemorrhages are a common MRI finding in asymptomatic term newborns. Looney et al. [17] reported a prevalence of 26 % of asymptomatic intracranial haemorrhages on MRI after vaginal birth in full-term infants, the majority were subdural and infratentorial haemorrhages. Rooks et al. [18] reported an incidence of 20 % of PF subdural haemorrhages in asymptomatic term infants. Most haemorrhages resolved spontaneously within one month and did not affect neurodevelopmental outcome at 2 years. Punctate cerebellar haemorrhages are a common MRI finding in very preterm infants and have a favourable outcome [16, 29]. Not much is known about the incidence and consequences of punctate cerebellar haemorrhage in term infants. Our study suggests that these haemorrhages are also common in high-risk term infants.

Our study has a few limitations. Firstly, although prior studies demonstrated the clinical significance of posterior

Table 3  Imaging findings in nine infants with discrepancies between CUS and MRI in the detection of major PF abnormality

| Category           | MF-CUS findings                  | MRI findings                                    | No infants |
|--------------------|----------------------------------|------------------------------------------------|------------|
| HIE                | Normal                            | Abnormal SI in cerebellar vermis on DWI          | 4          |
| CNS infection      | Increased echogenicity cerebellum | Normal                                          | 1          |
| CNS malformation   | Normal                            | Cerebellar dysplasia                             | 1          |
|                    | Normal                            | Small arachnoid cyst in cerebello-pontine angle  | 1          |
| PF haemorrhage     | Normal                            | (Old) vermian haemorrhage on T2* MRI, without atrophy | 1          |
|                    | AF-CUS cerebellar haemorrhage, MF-CUS normal | MRI normal                                    | 1          |
fossa abnormalities in preterm infants, clinical data in full term infants are limited. Therefore the importance of these findings, both on CUS and MRI, needs further investigation. Secondly, this was a selective and retrospective cohort of high-risk term infants assessed with both MF-CUS and MRI. The true incidence of PF abnormalities in specific clinical conditions, such as HIE, metabolic disorders or CNS infection, cannot be determined from our study and needs to be studied prospectively. In the third place, there was an interval between the CUS and MRI examinations. A prospective study with CUS and MRI performed on the same day may reveal a higher sensitivity of CUS, especially in cases with HIE [30, 31] or CNS infection. Finally, CUS examination is operator dependent. Increasing experience with the MF approach will improve knowledge of the normal anatomy and imaging appearance of the PF, and lead to an increased detection of abnormalities. However, all CUS images in this study were performed by well-trained neonatology staff members.

In conclusion, MF-CUS enables early diagnosis of PF abnormalities in high-risk, full-term neonates. Adding these MF images is relatively easy, can be performed bedside, and takes only a few minutes of extra imaging time. We therefore advocate to perform MF CUS not only in preterm, but also in high-risk term neonates, especially when MRI is not directly available.

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