1,25(OH)_2D_3 deficiency-induced gut microbial dysbiosis degrades the colonic mucus barrier in Cyp27b1 knockout mouse model

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Abstract
Background: The relationship between disturbances of the gut microbiota and 1,25(OH)_2D_3 deficiency has been established both in humans and animal models with a vitamin D poor diet or a lack of sun exposure. Our prior study has demonstrated that Cyp27b1<sup>−/−</sup> (Cyp27b1 knockout) mice that could not produce 1,25(OH)_2D_3 had significant colon inflammation phenotypes. However, whether and how 1,25(OH)_2D_3 deficiency due to the genetic deletion controls the gut homeostasis and modulates the composition of the gut microbiota remains to be explored.

Results: 1,25(OH)_2D_3 deficiency impair the composition of the gut microbiota and metabolite in Cyp27b1<sup>−/−</sup> mice, including Akkermansia muciniphila, Solitalea Canadensis, Bacteroides-acidifaciens, Bacteroides plebeius and SCFA production. 1,25(OH)_2D_3 deficiency cause the thinner colonic mucus layer and increase the translocation of the bacteria to the mesenteric lymph nodes. We also found 1,25(OH)_2D_3 supplement significantly decreased Akkermansia muciniphila abundance in fecal samples of Cyp27b1<sup>−/−</sup> mice.

Conclusion: Deficiency in 1,25(OH)_2D_3 impairs the composition of gut microbiota leading to disruption of intestinal epithelial barrier homeostasis and induction of colonic inflammation. This study highlights the association between 1,25(OH)_2D_3 status, the gut microbiota and the colonic mucus barrier that is regarded as a primary defense against enteric pathogens.

Keywords: 1,25(OH)_2D_3 deficiency, Inflammatory bowel disease, Gut microbiota, Colonic mucus barrier

Background
Vitamin D is a prohormone that can be converted to the active form of 1,25-dihydroxyvitamin D3 [1,25(OH)_2D_3] by 1α-hydroxylase encoded by the Cyp27b1 gene [1]. In addition to its role in regulating Ca<sup>2+</sup> and Pi transport and bone mineralization, 1,25(OH)_2D_3 also possesses various biological activities through binding vitamin D receptor (VDR), a high-affinity nuclear receptor that transcriptionally regulates its target genes [2]. There is growing epidemiological evidence demonstrating that vitamin D-deficiency (commonly defined as serum 25(OH)D<sub>3</sub><sub>3</sub> < 20 ng/ml) or vitamin D- insufficiency (serum 25(OH)D<sub>3</sub><sub>3</sub> < 30 ng/ml) is related to an increased risk of inflammatory bowel disease (IBD) [3, 4]. Several studies have reported that vitamin D deficiency is often observed in patients with newly diagnosed IBD [5–7]. Conversely, high vitamin D intake can lower IBD risk [8]. In mouse models, 1,25(OH)_2D_3 deficiency or VDR knockout increased the risk of colitis [9–11]. In either trinitrobenzene sulphonic acid (TNBS)- or dextran sodium sulphate (DSS)-induced colitis mice models, administration of 1,25(OH)_2D_3 effectively reduced the disease severity [9, 12]. Therefore, vitamin D might play a protective role for IBD. The role vitamin D plays in the pathogenesis of IBD is complex and not well defined. Some investigations have shown that 1,25(OH)_2D_3 has a pivotal role in the development of IBD via regulating innate and adaptive immune response [13], autophagy [14] or gut barrier...
deficient in 1,25(OH)₂D₃ presented with significant inflammation at the age of 8–10 months, particularly the relative abundance of A. muciniphila, which are assumed to yield short chain fatty acids (SCFA), were more abundant in WT mice (Fig. 2b). Butyrate, one of SCFA, is a main energy source for intestinal epithelial cells. The concentration of butyrate was decreased in the feces of Cyp27b1⁻/⁻ mice as determined by gas chromatography (Fig. 2d). These observations clearly indicate that 1,25(OH)₂D₃ deficiency could impair the composition of the gut microbiota, particularly the relative abundance of A. muciniphila, and SCFA-producing bacterium.

1,25(OH)₂D₃ deficiency causes degradation of the colonic mucus barrier

Since gut microbes are important to maintain the integrity of mucus barrier, one possible mechanism by which deficiency in 1,25(OH)₂D₃ causes colon inflammation...
in Cyp27b1−/− mice is acted through thinning the mucus thus predisposing mice to bacterial penetration into the intestinal mucosa. To confirm this possibility we measured the thickness of the colonic mucus layer using Alcian blue staining. We found that mucus thickness was indeed thinner in Cyp27b1−/− mice relative to that in WT mice (Fig. 3a). Since the mucus layer is constantly replenished via the secretory activity of goblet cells [22] we next evaluated whether mucus production was changed in Cyp27b1−/− mice. We counted the goblet cells by Alcian blue staining and quantified the expression of Muc1, Muc2, Muc3 and Muc4 by qPCR. Indeed, the number of goblet cells in Cyp27b1−/− mice was lower than WT mice despite of no statistically significant differences (Fig. 3b). The same was true for the Muc1 and Muc3 mRNA expression (Fig. 3c) although the mRNA levels of Muc2 and Muc4 were higher in Cyp27b1−/− mice. These results indicate
that 1,25(OH)\textsubscript{2}D\textsubscript{3} deficiency could cause a thinner gut mucus layer likely resulting from the alternation of the gut microbiota. Because thinner mucus layer could be beneficial to bacterial penetration, we then checked whether it affected the bacterial translocation to the mesenteric lymph nodes (MLNs) in Cyp27b\textsubscript{1}/−/− mice analyzed by qPCR method with the universal 16S rRNA primers. As shown in Fig. 3d, 1,25(OH)\textsubscript{2}D\textsubscript{3} deficiency significantly increased the translocation of the bacteria to MLNs. These results implicate that 1,25(OH)\textsubscript{2}D\textsubscript{3} deficiency induced the alteration of the gut microbiota to degrade the gut mucus layer leading to bacterial penetration into the gut mucosa for induction of inflammation.

1,25(OH)\textsubscript{2}D\textsubscript{3} affects A. muciniphila colonization in gut

Since the enrichment of A. muciniphila was significantly increased in Cyp27b\textsubscript{1}/−/− mice, we focused on the effect of 1,25(OH)\textsubscript{2}D\textsubscript{3} deficiency on A. muciniphila. In order to exclude the possibility that the change of A. muciniphila in Cyp27b\textsubscript{1}/−/− mice could result from age not from gene, we checked the colon phenotype and A. muciniphila colonization in wild-type and Cyp27b\textsubscript{1}/−/− mice.
abundance between the young Cyp27b1\(^{-/-}\) and WT mice of 10–12 weeks. Both higher A. muciniphila abundance in fecal sample (Fig. 4a) and increased translocation of the bacteria to MLNs (Fig. 4b) were found in young Cyp27b1\(^{-/-}\) mice. Consistently, the thickness of colon mucus layer of Cyp27b1\(^{-/-}\) mice was thinner than that of WT (Fig. 4c) while still thicker than Cyp27b1\(^{-/-}\) mice with age of 10 months. These results suggest that 1,25(OH)\(_2\)D\(_3\) deficiency increased the A. muciniphila abundance and this effect was more significant with the increase of age. To assess whether 1,25(OH)\(_2\)D\(_3\) supplement could reduce the abundance of A. muciniphila, we treated Cyp27b1\(^{-/-}\) mice with 1,25(OH)\(_2\)D\(_3\) supplement from weaning to 10 months. Figure 4d showed that 1,25(OH)\(_2\)D\(_3\) significantly decreased A. muciniphila abundance in fecal samples of Cyp27b1\(^{-/-}\) mice. Likewise, Cyp27b1\(^{-/-}\) mice with 1,25(OH)\(_2\)D\(_3\) supplement obviously recovered the thickness of gut mucus layer.
These data suggest that 1,25(OH)₂D₃ could affect *A. muciniphila* colonization in gut.

**Discussion**

A large body of evidences have established a strong link of low-level vitamin D to high risk of colon cancer and...
colonic inflammatory disease. Epidemiologic studies have shown that decreased vitamin D levels may influence the onset of IBD [8], increase clinical disease activity [7, 23, 24] and have a higher risk of malignant transformation [25, 26]. We and others also documented that in mice models, 1,25(OH)2D3 deficiency or VDR knockout was correlated with an increased risk of colitis and 1,25(OH)2D3 supplement ameliorated DSS-induced colitis [3, 9–11]. In the present study, 1,25(OH)2D3 supplement was able to rescue the inflammation occurred in Cyp27b1−/− mice (Fig. 4f). While the underlying mechanism is still unclear, accumulating evidences indicate that vitamin D play a preventive role in IBD development via regulating immune response, modulating the release of inflammatory cytokines [27, 28], improving intestinal epithelial barrier function by increasing the expression of some tight junction proteins such as Occludin, Zo-1, Zo-2, Vinculin and Claudins [29, 30], inducing colon cells senescence to secret senescence-associated inflammatory cytokines [11], and increasing antimicrobial peptide synthesis and secretion [31]. Metagenomic studies have shown that vitamin D deficient diet or VDR knockout could impact the gut microbiome [20, 32].

Inflammatory bowel disease has been associated with dysbiotic microbiota due to a balance switch between commensal and pathogenic microorganisms [33–35]. For instance, the phylum Firmicutes is often less colonized in the feces of patients with Crohn’s disease [35, 36] whereas members of the Proteobacteria phylum such as Escherichia coli are commonly more abundant in patients with IBD as compared with healthy subjects [36, 37]. Bowdish and his colleagues found that alterations in age-related microbiota influenced intestinal permeability, caused age-associated inflammation, and decreased macrophage function [38]. Microbiome genome-wide association studies have discovered that defects in many human genes involving IBD are associated with an aberrant composition of the gut microbiome [39]. For example, knockout of Nod2 in mice predisposed them to colitis with lower levels of antimicrobial defensins and a higher bacterial load as compared with the control mice [40]. In the present study, we compared the microbiome composition between 1,25(OH)2D3 deficient Cyp27b1−/− mice and WT mice via 16S rRNA sequencing. Our results demonstrated that the microbiomes established in WT and Cyp27b1−/− were distinct (Fig. 2a), suggesting that 1,25(OH)2D3 did modulate the composition of the gut microbiota. While these associations are well fit with the roles of the gut microbiota in IBD pathogenesis, the exact mechanism underlying dysbiosis remains to be fully elucidated.

A mucus layer in the gut tract is generally considered as a protective barrier against pathogenic micro-organisms and various chemical, enzymic or physical damage. Mucus produced by goblet cells is a viscous gel that mainly consists of high-molecular-mass glycoproteins, named as mucins [41]. During evolution some mucolytic bacterial species may gain the capacity of utilizing this nutrient source [42]. Therefore, the integrity of the mucus layer is leveraged between degradation by gut bacteria and replenishment by goblet cells. The Gram-negative A. muciniphila is a strictly anaerobic bacterium and abundant in the human gut with the capability of degrading mucin [41]. Seregin and his colleagues found that NLRP6, which is a member of Nod-like receptor (NLR) family and are involved in the formation of inflammasomes [43], its deficiency can increase the susceptibility to DSS-induced colitis [44] and induced the enrichment of Akkermansia muciniphila that could function as a pathobiont by promoting colitis in a genetically-susceptible host [45]. In contrast, Lemire et al. [46] and Mamantopoulos et al. [47] found that NLRP6 did not significantly influence the intestinal microbiota at homeostasis. These differences may be resulted from several factors including the mouse lineages (NLRP6 conditional knock-out versus NLRP6 conventional knock-out) and location of mouse facilities. 1,25(OH)2D3 has been reported to be involved in the inflammasome [48], whether 1,25(OH)2D3 has a function on NLRP6 is worthy of further investigation. It has also been reported that fiber-free dietary promoted enrichment of mucus-degrading bacteria including A. muciniphila and B. cacaee [49]. Consistently, our data showed that A. muciniphila was significantly enriched in Cyp27b1−/− mice as compared to WT mice (Fig. 2b, c), and supplement of 1,25(OH)2D3 could reduce its enrichment (Fig. 4d). This indicated that 1,25(OH)2D3 could limit the colonization of A. muciniphila. However, vitamin D deficient high fat diet has been shown to decrease the abundance of A. muciniphila in ileum [21]. Such discrepancy might be due to the different mouse model and location site of A. muciniphila. In our study, Cyp27b1−/− mice showed the long-time status of 1,25(OH)2D3 deficiency while 1,25(OH)2D3 deficient diet indicated the short-time 1,25(OH)2D3 deficiency, which might result in the different effects on gut microbiota. The role of A. muciniphila in colitis is not very clear. Some studies showed that it could promote colitis. For example, one study found that occurrence of colitis was substantially increased in SPF IL10−/− mice administered with repeated oral gavage of A. muciniphila [45]. In the presence of A. muciniphila, Salmonella-induced colitis was worsen and ulcerative colitis patients was accompanied by active pouchitis and the IBD patients presented with treatment failure [50–52]. The mechanism underlying A. muciniphila-promoted
colitis might be due to the degradation of the mucus layer that allows a greater microbial access to the gut mucosa. However, some studies showed that colitis was associated with a reduction in Akkermansia muciniphila in IBD patients [53, 54]. Therefore, a large scale of studies is needed to confirm the clinical relation of colitis and A. muciniphila. In fact, we found a thinner mucus layer in Cyp27b1−/− mice with alterations in bacterial species such as higher amount of A. muciniphila (Fig. 3a) and an increase of total bacterial translocation (Fig. 1c) leading to the inflammation (Fig. 1d). Our results also showed no significant changes in the number of goblets and the compositions of mucins such as Muc1 and Muc3 between WT and Cyp27b1−/− mice (Fig. 3b, c). Since the proliferation of goblet cells and the expression of mucin genes were not significantly altered, it is reasonable to conceive that thinner mucus layer in Cyp27b1−/− mice may result from faster degradation of mucus layer due to the enrichment of mucin-degraded A. muciniphila in the gut rather than a reduction of mucin production itself. We further found that 1,25(OH)2D3 supplement reversed the amount of A. muciniphila, recovered the mucus layer and relieved the colonic inflammation (Fig. 4d–f). These findings indicate that 1,25(OH)2D3 could limit the colonization of A. muciniphila in gut. We and others have shown that 1,25(OH)2D3 is an important regulator of immune systems that could elicit Th2 immune responses and decrease pro-inflammatory cytokines such as IL-1, IL-6, IL-8, IFNγ and TNFα [11]. 1,25(OH)2D3 could also increase Tregs, downregulate T cell-driven IgG production, inhibit DC differentiation, and enhance protective innate immune responses [55]. Moreover, it has also been reported that 1,25(OH)2D3 promotes the production of anti-microbial peptides (AMPs), including β-defensins and cathelicidin [56, 57]. Although the mechanism was unclear, we speculated that 1,25(OH)2D3-reduced colonization of A. muciniphila in gut might result from activation of immune response by 1,25(OH)2D3 or antimicrobial peptide induced by 1,25(OH)2D3. In order to exclude the influence of age on A. muciniphila, we checked the colon phenotype and A. muciniphila abundance between the young Cyp27b1−/− and WT mice of 10–12 weeks. Our data demonstrated that even in young mice, 1,25(OH)2D3 deficiency led to a higher A. muciniphila abundance in fecal sample (Fig. 4a) and increased the translocation of bacterial to MLNs and thinner mucus layer in Cyp27b1−/− mice (Fig. 4b, c). It may be noteworthy that the inflammation was not significant in Cyp27b1−/− mice (data not shown), which was in concert with our prior study showing that 1,25(OH)2D3 deficiency could induce colon inflammation with aging [11]. Our present study suggests that 1,25(OH)2D3 deficiency-induced higher A. muciniphila location in gut was gene associated but not age-related.

Conclusions

The present study demonstrated that 1,25(OH)2D3 deficiency impacted gut homeostasis including an increased enrichment of A. muciniphila in Cyp27b1−/− mice that might degrade the mucus layer thus allowing a greater microbial access to the intestinal mucosa and promoting colonic inflammation. The effect of 1,25(OH)2D3 on limiting the colonization of A. muciniphila was genetic-associated but not age-associated. Thus, the observations obtained from this study may disclose a potential new mechanism of how 1,25(OH)2D3 protects against colitis.

Methods

Mice

Generation of Cyp27b1−/− (KO) mice and the confirmation of their genotypes were described previously [11]. Wild-type (WT) littermates served as the controls. Animals were maintained under pathogen-free conditions on a 12-h light/12-h dark cycle. 10–12 weeks or 8–10 months of male Cyp27b1−/− and WT littermates were used in this study. After weaning, they were fed with rescue diet (TD96348 Teklad, Madison, WI) formulated with 1.25% phosphorus, 2% calcium and 20% lactose or injected subcutaneously with 1,25(OH)2D3 at the dose of 1 μg/kg (KO + VD) until 10–12 weeks or 8–10 months old. It was confirmed that in the Cyp27b1−/− mice serum phosphorus and calcium levels were normalized and the littermates fed with the rescue diet [11].

Assessment of colon inflammation

After euthanasia, full length of colon was taken out and washed in PBS to remove fecal matter and then opened longitudinally, and jelly-rolled for formalin fixation and paraffin embedding. Histological assessment of H&E sections was performed in a blinded fashion by a pathologist using a scoring system as previously described [58]. Briefly, each 100 × microscopic field along the length of the colon was scored separately for the presence and severity of inflammatory cell infiltration, hyperplasia, or epithelial damage. A weighted average percent for each lesion was calculated by the equation: [(1 × # of fields with score = 1) + (2 × # of fields with score = 2) + (3 × # of fields with score = 3)]/3 × total # of fields. Colon excluding the cecum was weighed after removal of feces normalized by its length (cm).
Extraction of bacterial DNA and 16S rRNA sequence analyses

DNA was extracted from fecal samples and 16S rRNA analysis was performed. Total genomic DNA from feces was isolated by CTAB/SDS method. Amplification of the V4 region of the 16S rRNA gene was performed by PCR with Phusion® High-Fidelity PCR Master Mix (New England Biolabs, Ipswich, MA) using custom barcoded primers (16S V4:515F-806R). Sequencing libraries were constructed according to the manufacturer’s recommendations on TruSeq® DNA PCR-Free Sample Preparation Kit (Illumina, San Diego, CA) and index codes were added. The library quality was evaluated on the Qubit® 2.0 Fluorometer (Thermo Scientific, Waltham, MA) and Agilent Bioanalyzer 2100 system. Finally, an Illumina HiSeq 2500 platform was used to sequence the library with 250 bp paired-end reads generated. Analysis of sequences was done through Uparse software (Uparse v7.0.1001, http://drive5.com/uparse/) [59]. Sequences with the similarity greater than 97% were assigned to the same OTUs and representative sequence for each OTU was screened for further annotation. The GreenGene Database (http://greengenes.lbl.gov/cgi-bin/nph-index.cgi) [60] was employed for analysis of each representative sequence based on RDP classifier (Version2.2, http://sourceforge.net/projects/rdp-classifier/) algorithm to annotate taxonomic information. A standard of sequence number corresponding to the sample with the least sequences was used to normalize OTUs abundance information. Based on this output normalized data, subsequent analyses of both alpha and beta diversity were performed.

Real-time RT-PCR

Bacterial DNA was extracted from fecal samples and its concentration was measured by Nanodrop (Thermo Scientific, Waltham, MA). Total 20 ng DNA was input for qPCR using the SYBR Green reagents (Takara Bio) in an ABI 7300 sequence detector (Applied Biosystems, Foster City, CA, USA). The forward and reverse primers used are listed as follows: 5′-TGGATT TGGACGCTATTGTC-3′ and 5′-TTTGCTAGCTGTA CGTGTGAT-3′ for GAPDH; 5′-CAGGGAGGACCG ACTTAAAT-3′ and 5′-CAGCAAGCTTGGATATC TGAGA-3′ for IL-1α; 5′-GAAATGCCACCTTTTGAC AGTG-3′ and 5′-CTGGATGTCTCTACAGGAACA-3′ for IL-1β; 5′-CTGCAAGAGACTTCCATCCAG-3′ and 5′-AGTGTATAGACAGGTCTTGG-3′ for IL-6; 5′-ATGTGAGGGGACAAACTCTTG-3′ and 5′-GGA TGCCGACATGAGCAG-3′ for HGF1-F; 5′-TTAAAG ACAGGCCACCTTTGGCG-3′ and 5′-CCCTCGTATAGCC CAGAACT-3′ for MMP3. The respective forward and reverse primers were used to detect the relative expression levels of the target genes as fold changes by the 2−ΔΔct method. The relative amount of target mRNA was normalized to GAPDH.

Assessment of bacterial translocation

Total DNA was isolated from mesenteric lymph nodes (MLNs) and the bacterial load was measured using qPCR analysis of the universal 16S rRNA gene EUB primers in 20 ng DNA.

Alcian blue staining, goblet cell count and mucus thickness

The tissue of colon for Alcian blue staining was fixed in Carnoy’s fixative solution (dry methanol: chloroform: glacial acetic in the ratio of 60:30:10) and embedded in paraffin following standard procedure and the paraffin-embedded tissues were then cut 5 μm thick for staining. Alcian blue staining was performed with Kit from Nanjing Jiancheng Bioengineering Institute in China in compliance with the manufacturer’s instructions. On each slide, 10 high-power fields (200× and 400× magnification) were selected randomly. Mucus layer thickness was measured according to the method previously described [61]. Goblet cells were counted and averaged over five high power fields at 400× magnification.

Determination of butyrate/SCFA concentrations

Gas chromatography was used to analyze the lyophilized fecal samples. One gram of lyophilisate was dissolved in 5–10 volume of ddH2O and 1 ml supernatant was added to 0.2 ml crotonic acid/metaphosphoric acid and then centrifuged for 10 min at 12,000 rpm. Butyrate concentration in the supernatant was measured by using a GC-14B gas chromatograph (Shimadzu Deutschland GmbH, Duisburg, Germany) equipped with a flame ionization detection with a NUKOLTm capillary column (Supelco) 30 m × 0.32 mm × 0.25 μm. A combined standard
solution containing acetic acid, propionic acid, isobutyric acid, butyrate, isovaleric acid, valeric acid and crotonic acid to identify the presence of butyrate. Butyrate concentration was determined by the formula: Butyrate (mM) = (Sample PA × Standard crotonic acid PA × Concentration of standard butyrate)/(Sample crotonic acid PA × Standard PA). PA: peak area.

Statistical analysis
Data are expressed as mean ± SEM. Statistical analyses were performed by SPSS 20.0 (Abbott Laboratories, Chicago, IL). ANOVA was employed to compare the difference between WT, KO and KO + VD.

Authors’ contributions
Conceived and designed the experiments: XY. Performed the experiments: WZ, QZ. Analyzed the data: JY, CZ. Contributed reagents/materials/analysis tools: WZ, JY. Wrote the paper: XY. All authors read and approved the final manuscript.

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Competing interests
The authors declare that they have no competing interests.

Availability of data
The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Consent for publication
Not applicable.

Ethics approval and consent to participate
Experimental procedures and animal welfare were approved by the Institutional Animal Care and Use Committee of Nanjing Medical University (Approval ID 1601080).

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