Utilization of over-ripened fruit (waste fruit) for the eco-friendly production of ethanol

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Abstract
This research was carried out to produce ethanol for use as a sanitizer in today’s COVID-19 pandemic situation, via cost-effective and eco-friendly techniques. The waste of seasonal fruit, i.e. apple, grape and Indian blueberry, was used in the study. Saccharomyces cerevisiae (baker’s yeast) was used with KMnO4 (5%), sucrose (47 g) and urea (1.5 g) for the fermentation process. All the selected overripe fruits were analyzed for variations in parameters including specific gravity, pH, temperature and concentration during complete fermentation for ethanol production. After complete fermentation, it was clear that the use of Indian blueberry at a temperature of 33 °C, specific gravity of 0.875 and pH value of 5.2 yielded the highest ethanol concentration of 6.5%. The concentration of ethanol obtained from grape samples was 5.23% at 30 °C with specific gravity of 0.839 and pH 4.3. Lastly, the ethanol concentration obtained from apple waste was about 4.52% at 32 °C with specific gravity of 0.880 and pH of 4.7 pH. The FTIR curve of each sample shows an absorbance peak in a wave number range of 3000 cm⁻¹ to 3500 cm⁻¹, which indicates the absence of alcohol in the samples after fermentation.

Keywords Fruit waste · Bioethanol · Alcoholic fermentation

Introduction
A wide range of organic chemicals are produced commercially via fermentation using different microorganisms (Robak and Balcerek 2018). The industrial production of ethanol via traditional chemical methods involve the reaction between ethylene and steam at high pressure in the presence of extreme temperatures (Lin et al. 2017). This process has various adverse effects on the environment. Biofuels are emerging worldwide as an alternative because of their industrial and economic value. They pose no threat to the environment, thus helping to reduce greenhouse gases and provide energy security, which is leading to their growing use (Sharma 2015; Liang 2013). The production of biofuels using biomass from microalgae or other waste represents an important effort to save nature and the environment which are being exploited by using harmful chemical substances around the globe (Behera et al. 1996; Fukuda et al. 2009; Singh et al. 2016; Sarmah et al. 2019; Shah et al. 2019). Ethanol has long been considered as a suitable alternative to fossil fuels. Moreover, bioethanol is not a petroleum product and can be easily synthesized via agricultural feedstock or fruit waste, which makes it a suitable industrial chemical (Jahid et al. 2018). A huge amount of fruit waste and residues are generated after industrial processing of various fruit crops. Such waste includes apple, grapes, Indian blueberry, citrus (oranges, lemons, limes, mandarins) and banana (Kosseva 2017). These fruit wastes have very good antimicrobial and antioxidant potential, with high levels of fermentable soluble sugars (glucose, sucrose and fructose) that can be converted or broken down into bioethanol after fermentation. Because they are a ubiquitous and renewable resource, fruit wastes have proven to be an useful source of waste biomass for ethanol production (Zabed et al. 2014). However, the chemical composition may vary between different ripening stages, particularly in terms of sugar and ethanol concentrations (Dudley 2004). Further, due to the hydrolysis of starch...
present in overripe fruits, the conversion of soluble sugars into alcohol takes place (Singh et al. 1984). Fermentation of ethanol converts sugar into cellular energy and produces ethanol and CO₂ as end products. The alcoholic fermentation converts 1 mol of glucose into 2 mol of ethanol and 2 mol of carbon dioxide, producing 2 mol of ATP in the process (C₆H₁₂O₆ → 2C₂H₅OH + 2CO₂) (Baskar et al. 2012). Ethanol (CH₃CH₂OH), also known as ethyl alcohol or grain alcohol, is a volatile, flammable, colorless and synthetic oxygen-containing organic chemical compound which is commonly used in antibacterial hand sanitizer gels, medical wipes and antiseptic liquid gels (Gold et al. 2018). In addition, its unique properties allow it to act as a solvent, disinfectant, antifreeze and chemical intermediate for biofuels and other organic chemicals (Kerton and Marriott 2013). Today, as the whole world is battling COVID-19 pandemic, the use of sanitizer will be a part of good hygiene practice to protect ourselves from this dreaded virus. However, in the current scenario, the country needs abundant hand sanitizer gels, medical wipes and antiseptic liquids. Therefore, the production of bioethanol in the country by small-scale industries through fruit wastes will be an essential, eco-friendly and cost-effective alternative (Balat and Balat 2009; Anwar et al. 2014).

In this study, three different fruit wastes, namely apple, grape and Indian blueberry were used for the comparative study of ethanol production and efficiency via a fermentation method. To calculate the efficiency of ethanol production, parameters including specific gravity, temperature, pH and concentration were measured. Apple (Malus pumila) was used as a source for the production of ethanol because it has high sugar (fructose, glucose and sucrose) content (Zabed et al. 2017). Overripe grape (Vitis vinifera) waste was used as a substrate in this experiment because grapes contain naturally high levels of sugar content of around 26 g in 100 g of grape juice, which is much higher than the natural sugar levels found in maize, sugarcane and beetroot (Mansouri et al. 2016). Blueberries (Vaccinium spp.) are a good source of super antioxidant function. They have approximately 15 g of sugar, 21 g of carbohydrates and 3.6 g of fiber found in 100 g of blueberries, and thus were used as a substrate for ethanol production. All these fruits are cost-effective seasonal fruits which are easily available as feedstock for ethanol production in the local market. Thus, the main aim of this study is to analyze the efficiency and percentage of ethanol obtained from different fruit waste for best-quality sanitizer production.

Material and methods

Sample collection and preparation

An appropriate quantity of overripe fruits (waste fruit) including apple, grape and Indian blueberry were randomly collected from the local fruit market located in the Alam-bagh area of Lucknow district in India. All the waste fruit was packed in sterilized poly bags and stored at room temperature in the laboratory for 24 h. Approximately 200 g of the collected waste fruit was subjected to surface sterilization with 5% potassium permanganate (KMnO₄) solution followed by thorough rinsing twice with distilled water and air drying. All the samples were crushed individually in a mixer and collected in beakers for further study.

Inoculum preparation for fermentation

To prepare the inoculum, 20 g of dried yeast containing Saccharomyces cerevisiae (Lalvin ICV K1-V1116) was slowly blended with distilled water at 35–40 °C and left to activate for about 15 min. The activated yeast was then mixed with 1.5 g urea and 47 g sucrose. This combination was used as an activated inoculum during the fermentation process for a fruit crush. The fruit crush and inoculum were transferred into a 2L conical flask, and distilled water was added to a final volume of 1000 ml. The other two waste fruit crushed samples were prepared in the same manner, and the samples were then ready for the fermentation. The three flasks were then incubated at 35 °C at 150 rotations min⁻¹ for 1 week; the incubation may have varied among samples. An uninoculated control was maintained along with the test and incubated in a similar culture condition for comparison (Walker 2010; Lin and Tanaka 2006).

Distillation of end product

After completion of the fermentation process, the supernatants were separated from all samples, and specific gravity was checked by hydrometer as described in the first revision of the Indian Standards for wines (IS-7585:1995; reaffirmed in 2000) and FSSAI manual (2015) to determine the percentage concentration of alcohol. The distillation was performed in a distillation assembly for about 4–6 h. The distillation was optimized accordingly to obtain the maximum percentage of bioethanol in the final product. After filtration, the physicochemical analysis of parameters including pH, temperature, concentration and the amount of ethanol obtained was made on the collected
end products. All three solutions were also subjected to an iodine test to confirm the presence of ethanol (Dhanaseeli and Balasubramanian 2014).

**Fourier transform infrared spectroscopy (FTIR)**

The degradation levels of all the processed waste were also analyzed via Fourier transform infrared spectroscopy (FTIR) (α-E-Fourier Transform Infrared Spectrophotometer, Bruker, USA) over a spectrum range of 500 cm$^{-1}$ to 4000 cm$^{-1}$ with fermented fruit waste samples. Pellets of the dried samples were prepared using KBr and scanned under the spectrum with a scanning frequency of 24 scans and resolution of 4 cm$^{-1}$ (Godheja et al. 2017) (Fig. 1).

**Results and discussion**

It was clearly observed that in the process of ethanol production from fruit wastes, Indian blueberries at 33 °C produced the highest amount of ethanol (Fig. 2c), whereas grapes (Fig. 2b) ranked second at 30 °C, and apple (Fig. 2a) produced the least amount of ethanol at 32 °C. Moreover, the optimum temperature from beginning to end for fermentation ranged between 30 °C and 33 °C, which may vary according to the environmental conditions (Table 1). Studies have clearly shown that temperature plays a key role (Fig. 1b) in the process of fermentation, because there is a high level of enzymatic activity which is essential for the maximum growth of organisms, and these enzymes are activated at a particular temperature (Tesfaw and Assefa 2014). Variation in temperature may cause denaturation or unfolding of enzymes, making them slow or nearly inactive, and if one essential enzyme stops working, the organism fails to grow. The pH value also has a significant influence on the process of alcoholic fermentation (Fig. 1c). In this study, the pH of bioethanol produced from each of the fruit wastes ranged from 4.7 to 5.2. Indian blueberries with a pH value of 5.2 produced the best quality of ethanol among the three fruit wastes; grapes had a pH value of 4.3, and apple had pH of 4.7. According to Wong and Sanggari (2014), the optimum pH for yeast to produce ethanol is 4.5. The relation between temperature and pH is understood by another research study reporting that during an alcoholic fermentation process, the maximum amount of ethanol can be produced at temperatures between 30 °C and 35 °C and pH of 5 to 6 (Ogbonda and David 2013). Apart from the temperature and pH value, specific gravity is generally used to measure the sugar content (Fig. 1a). However, when the alcoholic fermentation is at its peak, the specific gravity is significantly decreased and remains constant at a value of 0.860 for 48 hrs. The specific gravity of Indian blueberries was reduced to 0.875 and remained constant, whereas the specific gravity of grapes was reduced to 0.839, and lastly, the specific gravity of apple

![Fig. 1](image-url) Graph showing a specific gravity, b temperature, c pH and d concentration for each fruit waste during fermentation
was reduced to 0.880 at the peak of fermentation and remained constant. A continuous drop in the specific gravity indicates the conversion of sugar into ethanol in the alcoholic fermentation process via yeast, and the entire process of fermentation ends when the drop in the specific gravity is stabilized or remains constant after incubation (Bokulich and Bamforth 2013). Similarly, some research reports have concluded that the value of specific gravity has significant importance throughout the process of alcoholic fermentation (Gnansounou and Dauriat 2011). In the present study, the best concentration of ethanol was obtained in Indian blueberry, followed by apple and grapes (Fig. 1d). In the FTIR curve of each sample, an absorbance peak was found in a wave number range of 3000 cm⁻¹ to 3500 cm⁻¹ (slightly different in apple, grape and Indian blueberry samples) after fermentation, indicating that the polysaccharides were degraded during fermentation (Figs. 3, 4, 5). Sarkar et al. (2019) and Godheja et al. (2017) observed absorbance peaks between approximately 1000 cm⁻¹ and 1320 cm⁻¹ during the fermentation. Notably, high-efficacy ethanol can be produced by this process for medical, surgical or

| S. no. | Fruit            | Specific gravity | Temperature (°C) | pH   | Concentration % |
|-------|------------------|------------------|-----------------|------|-----------------|
| 1     | Apple            | 0.880            | 32              | 4.7  | 4.52            |
| 2     | Grapes           | 0.839            | 30              | 4.3  | 5.23            |
| 3     | Indian blueberry | 0.875            | 33              | 5.2  | 6.5             |
sanitization use without the high cost of industrial ethanol production. In this study, the high ethanol production may be subjected to the laboratory conditions during yeast fermentation, enzyme activity, etc. It is necessary to mention here that all the residues of fruit pulp waste generated after bioethanol production by this method were used to make biological compost, and the manure was used to increase the fertility of soil during organic farming.

**Conclusion**

Various types of fruit wastes can be used for the production of bioethanol. During this study, it was observed that Indian blueberry waste produced the highest amount of bioethanol with higher efficiency in comparison to other selected fruit wastes for production of sanitizers at optimum laboratory conditions. Also, the production of
bioethanol from this method is very cost-effective, which would prove very useful for small-scale industries.

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Fig. 5 FTIR analysis of Indian blueberries

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