Abstract

We discuss a class of multiexponential maps in Carnot groups. We introduce a notion of multiexponential regularity and we show that such condition ensures a "cone property" for horizontally convex sets. Furthermore, we show that multiexponential regularity guarantees the Pansu differentiability of the subRiemannian distance from the origin at regular points.

1. Introduction

In this paper we analyze some properties of a class of multiexponential maps appearing naturally in the geometric analysis of Carnot groups. We will see that such maps can be useful in at least two interesting problems. First, in relation to the analysis of some regularity properties of horizontally convex sets. Then, we will show that our multiexponential maps can be used to prove the Pansu differentiability of the subRiemannian distance from a fixed point.

Let \((G, \cdot) = (\mathbb{R}^n, \cdot)\) be a Carnot group of step \(s\) and denote by \(V_1\) the first (horizontal) layer of its stratified Lie algebra \(g = V_1 \oplus \cdots \oplus V_s\). See Section 2 for the precise definition. Assume that \(V_1\) is \(m\)-dimensional and denote by \(X_1, \ldots, X_m\) the left-invariant vector fields...
in $V_1$ such that $X_j(0) = \partial x_j$ for $j = 1, 2, \ldots, m$. We define the $p$-th multiexponential map $\Gamma(p) : (\mathbb{R}^m)^p \to G = \mathbb{R}^n$ as

$$\Gamma(p)(u_1, u_2, \ldots, u_p) := \exp(u_1 \cdot X) \cdot \exp(u_2 \cdot X) \cdots \exp(u_p \cdot X),$$

where given $u_j = (u_{j1}, \ldots, u_{jm}) \in \mathbb{R}^m$, we denoted $u_j \cdot X = \sum_{k=1}^m u_{jk}X_k \in V_1$. Furthermore, $\exp : g \to G$ denotes the standard exponential map. See [BLU07]. We are interested in those vectors $\xi \in \mathbb{R}^m$ such that for some $p \in \mathbb{N}$ the map $\Gamma(p)$ is a submersion at $(\xi, \xi, \ldots, \xi) \in (\mathbb{R}^m)^p$, namely

$$d\Gamma^{(p)}(\xi, \xi, \ldots, \xi) : (\mathbb{R}^m)^p \to \mathbb{R}^n \text{ is onto.}$$

If this happens, we will say that the multiexponential is regular at $\xi \in \mathbb{R}^m$. Otherwise, we will say that it is singular. In view of the identification $\mathbb{R}^m \ni u \mapsto u \cdot X \in V_1$, sometimes we will refer to our regularity notion by saying that multiexponentials are regular/singular at $\xi \cdot X \in V_1$. Furthermore, by dilation properties in Carnot groups (see Section 2), the regularity/singularity for some given $\xi \in \mathbb{R}^m \setminus \{0\}$ holds if and only if the same property holds at the normalized vector $\xi/|\xi| \in S^{m-1}$.

In relation with this regularity notion, it is also interesting to consider the path $\gamma_\xi(s) = \exp(s\xi \cdot X)$. It is well known that such path is defined for all $s \in \mathbb{R}$ and it is a global length-minimizer for the Carnot-Carathéodory distance associated with the vector fields $X_1, \ldots, X_m$. It is easy to realize that if the minimizer $\gamma_\xi$ is singular (i.e., abnormal) in the usual sense of the subRiemannian control theory (see [ABB19]) then the multiexponential must be singular at $\xi$. It would be interesting to exploit whether the two notions of singularity are somewhat equivalent in more general Carnot groups.

Our first result concerns a “cone property” for horizontally convex sets at boundary points which are “non-characteristic” in a suitable nonsmooth sense.

**Theorem 1.1.** Let $G = (\mathbb{R}^n, \cdot)$ be a Carnot group and assume that multiexponentials are regular at some $V \in V_1$. Let also $A \subset G$ be a horizontally convex set such that for some $\overline{x} \in \overline{A}$ we have $\overline{x} \cdot \exp(V) \in \text{int}(A)$. Then there is $\varepsilon > 0$ such that for all $x \in \overline{A}$ with $d(x, \overline{x}) < \varepsilon$ we have

$$\bigcup_{0 < s < 1} B\left( x \cdot \exp(sV), \varepsilon s \right) \subset \text{int}(A).$$

(1.1)

In the statement of the theorem $B(x, r)$ denotes the ball centered at $x$ and with radius $r$ with respect to the subRiemannian distance defined by the vector fields $X_1, \ldots, X_m$. The set appearing in the left-hand side of (1.1) is a (truncated) subRiemannian twisted cone and the horizontal segment $\{ x \cdot \exp(sV) : 0 \leq s \leq 1 \}$ can be considered as the axis of the cone. Note that a horizontal segment does not need to be an Euclidean segment, as explicit examples will show later. Finally, note that $\text{int}(A)$ and $\overline{A}$ denote the interior and the closure of a set $A$ in the Euclidean topology (which is the same induced by the subRiemannian distance).

Concerning exterior regularity, in the case of step-two Carnot groups, following an argument of [ACM12], one can show that if the hypotheses of Theorem 1.1 are satisfied and if $x \in \partial A$, then we also have the following “outer cone property”

$$\bigcup_{0 < s < 1} B\left( x \cdot \exp(-sV), \varepsilon s \right) \subset \text{int}(A^c).$$
The proof of such inclusion is based on a comparison between left and right cones, which becomes intricate for Carnot groups of higher step. However, in general Carnot groups, Rickly [Ric06] has shown that for any horizontally convex set $A$ in a Carnot group $G = (\mathbb{R}^n, \cdot)$, there is $c > 0$ such that at any $x \in \partial A$ and for all $r > 0$

$$\frac{\mathcal{H}^Q(B(x, r) \cap A^c)}{\mathcal{H}^Q(B(x, r))} \geq c.$$  \hspace{1cm} (1.2)

Here $Q$ is the homogeneous dimension (see [BLU07]), while $\mathcal{H}^Q$ denotes the Hausdorff outer measure with respect to the subRiemannian distance. Estimate (1.2), as one can expect comparing with the Euclidean case, holds without requiring that $x$ satisfies the assumptions of the theorem above. It is well known that property (1.2) ensures that the generalized solution in the sense of Perron-Wiener-Brelot-Bauer of the Dirichlet problem for the subLaplacian and with continuous boundary data, assumes the boundary datum at any point of $\partial A$. See [NS87]. A similar result holds true for a large class of subelliptic second order partial differential operators in non-divergence form with Hölder-continuous coefficients, see [Ugu07] and [LU10].

The cone property appears in several interesting questions in the geometric analysis of subRiemannian spaces:

(i) in the theory of sets with finite horizontal perimeter in Carnot groups (see [MV12]);

(ii) in the intrinsic version of Rademacher’s theorem in the case of the Heisenberg group (see [FSSC11]);

(iii) in the definition of intrinsic Lipschitz continuous graphs inside Carnot groups (see [FS16] and the references therein).

Let us observe that Theorem 1.1 is completely trivial in the Euclidean geometry. However this is not the case in subRiemannian settings. Indeed, we will see in Sections 4.2 and 4.3 that the theorem is false in some Carnot groups of step at least three. Precisely, we will exhibit examples of horizontally convex sets such that the cone property fails for some directions $Y \in V_1$. Observe that these phenomena will happen when the curve $s \mapsto \cdot \exp(sY)$ is singular in the sense of the subRiemannian control theory. At the same time, the multiexponential is singular at $Y$.

The proof of Theorem 1.1 is based on an argument used by Cheeger and Kleiner in [CK10], in the context of classification of monotone sets in the Heisenberg group. Namely, the mentioned authors used the maps $\Gamma^{(p)}$ with $p = 2$ to prove a qualitative version of Theorem 1.1 in the three-dimensional Heisenberg group. Then, a similar argument with maps $\Gamma^{(p)}$ with $p \geq 2$ has been used by the second author to prove a cone property in general two-step Carnot groups in [Mor18]. Here we adapt the argument in order to show a statement which holds in any Carnot group of any step.

In this paper we are able to find a new interesting class of models, the filiform Carnot groups, where the hypotheses of such theorem are fulfilled. In order to state our result, let us introduce some notation. Consider in $\mathbb{R}^{p+2}$, equipped with coordinates $(x, y, t_1, t_2, \ldots, t_p)$, the vector fields

$$X = \partial_x \hspace{0.5cm} \text{and} \hspace{0.5cm} Y = \partial_y + x\partial_{t_1} + \frac{x^2}{2}\partial_{t_2} + \cdots + \frac{x^p}{p!}\partial_{t_p} = \partial_y + \sum_{k=1}^{p} \frac{x^k}{k!}\partial_{t_k}.$$  \hspace{1cm} (1.3)

Given the vector fields $X, Y$, there is a Carnot group $(\mathbb{R}^{p+2}, \cdot)$ of step $p + 1$ such that $V_1 = \text{span}\{X, Y\}$. See the discussion in Section 3 for details. Note that if $p = 1$ then we
get the Heisenberg group. If \( p = 2 \), then we get a Carnot group of step three which is known as the Engel group. Otherwise, we will call it the filiform group of step \( p + 1 \).

**Theorem 1.2.** Let \( p \geq 2 \) and let \( Z = uX + vY \) be a horizontal left invariant vector field on the filiform group of step \( p + 1 \). Then, multiexponentials are regular at \( \exp(Z) \) if and only if \( u \neq 0 \).

Then we get the following corollary.

**Corollary 1.3.** Let \( A \subset \mathbb{R}^{p+2} \) be a horizontally convex set with respect to the pair of vector fields in (1.3) Assume that \( (z, t) = (x, y, t_1, \ldots, t_p) \in \partial A \) and assume that there is \( Z := uX + vY \) such that \( (z, t) \cdot \exp(Z) \in \text{int}(A) \) and \( u \neq 0 \). Then there is \( \varepsilon > 0 \) such that

\[
\bigcup_{0 < s \leq 1} B\left((z, t) \cdot \exp(sZ), \varepsilon s\right) \subset \text{int}(A).
\]

Corollary 1.3 generalizes the result proved by Arena, Caruso and Monti in [ACM12] and by the second author in [Mor18]. In Section 4.2 we will see that the theorem is false if \( u = 0 \).

Next we pass to a description of our second set of results. In Section 5 we will prove the following statement.

**Theorem 1.4.** Let \((\mathbb{R}^n, \cdot)\) be a Carnot group and assume that multiexponentials are regular at some \( V \in V_1 \). Then the subRiemannian distance from the origin is Pansu differentiable at \( \exp(V) \).

In particular we shall apply our statement to get a new proof of some recent results by Pinamonti and Speight in [PS18].

**Corollary 1.5 ([PS18]).** Let \((\mathbb{R}^n, \cdot)\) be a filiform Carnot group. Then the subRiemannian distance from the origin is Pansu differentiable at \( \exp(uX + vY) \) if \( u \neq 0 \).

The proof of Corollary 1.5 follows immediately putting together Theorems 1.2 and 1.4. Our argument seems to be somewhat simpler than the original one in [PS18].

In the setting of Carnot groups of step two, Le Donne, Pinamonti and Speight [LPS17] proved that the subRiemannian distance is differentiable at \( \exp(V) \) for any \( V \in V_1 \). Such statement can not be obtained as a consequence of Theorem 1.4 because it may happen that the curve \( \gamma(s) = \exp(sV) \) is abnormal and in such case multiexponentials can not be regular at \( V \). However, the Pansu differentiability can be proved using a property of “quadratic openness” of the maps \( \Gamma(p) \). The argument, which can have some independent interest in other questions related with two-step Carnot groups, will be carried out in Section 5.2. Here is the statement.

**Theorem 1.6 ([LPS17]).** If \((\mathbb{R}^n, \cdot)\) is a Carnot group of step two, then the subRiemannian distance from the origin is Pansu differentiable at the point \( \exp(V) \) for any nonzero \( V \in V_1 \).

### 2. Preliminaries

**Control distances.** Let \( X_1, \ldots, X_m \) be a family of smooth vector fields in \( \mathbb{R}^n \). Assume that the vector fields are linearly independent at every point. A Lipschitz path \( \gamma : [a, b] \to \mathbb{R}^n \) is said to be horizontal if it satisfies almost everywhere in \([a, b]\) the ODE
\[ \dot{\gamma} = \sum_{j=1}^{m} u_j(t) X_j(\gamma), \text{ where the control } u = (u_1, \ldots, u_m) \text{ belongs to } L^1((a,b), \mathbb{R}^m). \]

In such case, define the subRiemannian length of \( \gamma \) as \( \text{length}(\gamma) := \int_a^b |u(s)| ds \) and given two points \( x \) and \( y \in \mathbb{R}^n \) the subRiemannian distance \( d(x, y) = \inf \{ \text{length}(\gamma) \} \), where the infimum is taken on all horizontal curves connecting \( x \) and \( y \).

**Carnot groups.** Let us recall the definition of Carnot group of step \( s \geq 2 \). See [BLU07, Section 1.4] for more details. Let \( (\mathbb{R}^n, \cdot) \) be a Lie group with identity \( 0 \in \mathbb{R}^n \). Assume that \( \mathbb{R}^n \) can be written as \( \mathbb{R}^n = \mathbb{R}^{n_1} \times \mathbb{R}^{n_2} \times \cdots \times \mathbb{R}^{n_s} \supset \{ x^{(1)}, \ldots, x^{(s)} \} \) and require that for all \( \lambda > 0 \) the dilation map \( \delta_\lambda \) defined as

\[ x = (x^{(1)}, x^{(2)}, \ldots, x^{(s)}) \mapsto \delta_\lambda(x) := (\lambda x^{(1)}, \lambda^2 x^{(2)}, \ldots, \lambda^s x^{(s)}) \]

is a group automorphism of \( G \) for all \( \lambda > 0 \). Let \( m = m_1 \) and let \( X_1, X_2, \ldots, X_m \) be the left-invariant vector fields such that \( X_j = e_j \) at the origin for \( j = 1, \ldots, m \). We assume that the family \( X_1, \ldots, X_m \) satisfies the Hörmander condition. It is well known that the Lie algebra \( g \) of \( G \) has a natural stratification \( g = V_1 \oplus \cdots \oplus V_s \), where \( V_1 = \text{span} \{ X_1, \ldots, X_m \} \) and \( [V_1, V_j] = V_{j+1} \) for all \( j \leq s - 1 \). Here \( V_k \) denotes the span of the left invariant commutators of length \( k \).

**Carnot groups of step 2.** Let us consider \( (x^{(1)}, x^{(2)}) = (x, t) \in \mathbb{R}^{n_m} \times \mathbb{R}^{\ell} \). Assume that we are given a map \( Q = (Q^1, \ldots, Q^\ell) : \mathbb{R}^m \times \mathbb{R}^n \to \mathbb{R}^\ell \), bilinear and skew-symmetric. Assume also that

\[ \text{span} \{ Q(e_j, e_k) : 1 \leq j < k \leq m \} = \mathbb{R}^\ell. \]

(2.1)

We can define the law

\[ (x, t) \cdot (\xi, \tau) := (x + \xi, t + \tau + Q(x, \xi)). \]

(2.2)

The vector fields \( X_k = \partial_{x_k} + \sum_{j=1, \ldots, m; a=1, \ldots, \ell} Q^a(e_j, e_k) x_a \partial_{x_a} \), as \( k = 1, 2, \ldots, m \), are a basis of \( V_1 \) satisfying \( X_0(0) = \partial_{x_1} \). Another standard computation shows that the condition (2.1) ensures that the Hörmander condition holds. Namely \( \text{span} \{ X_i, [X_j, X_k] : i, j, k = 1, \ldots, m \} = \mathbb{R}^\ell \) at any point.

The easiest example of two-step Carnot group is the Heisenberg group, where \( \mathbb{R}^m \times \mathbb{R}^\ell = \mathbb{R}^2 \times \mathbb{R} \) and \( Q((x_1, x_2), (\xi_1, \xi_2)) = x_1 \xi_2 - x_2 \xi_1 \).

**Pansu differentiability.** It has been shown by Pansu [Pan89] that, given a Carnot group \( G = (\mathbb{R}^n, \cdot) \) with dilations \( \delta_\lambda \) and given a map \( f : G \to \mathbb{R} \) which is Lipschitz-continuous with respect to the subRiemannian distance, then the map \( f \) is Carnot differentiable \( \mathcal{L}^n \)-almost everywhere. Namely, for almost all \( x \in \mathbb{R}^n \) there exists a G-linear map \( T : G \to \mathbb{R} \) such that

\[ \lim_{y \to 0} \frac{f(x \cdot y) - f(x) - Ty}{d(0, y)} = 0. \]

Recall that a map \( T : G \to \mathbb{R} \) is said to be \( G \)-linear if it satisfies \( T(x \cdot y) = T(x) + T(y) \) and \( T(\delta_\lambda x) = \lambda T(x) \) for all \( x, y \in G \) and \( \lambda > 0 \). By elementary properties of metric spaces, the distance function from a fixed set (or from a point) is Lipschitz-continuous.

A. Montanari and D. Morbidelli, – [Tuesday 6th August, 2019 h. 00:58]
Lines and convex sets. Let $X_1, \ldots, X_n$ be the horizontal left-invariant vector fields on a Carnot group. Given $u = (u_1, \ldots, u_n) \in \mathbb{R}^n$ we denote by $u \cdot X := \sum_{i=1}^n u_i X_i$. Note that any horizontal left-invariant vector field can be written in the form $u \cdot X$ for some $u \in \mathbb{R}^n$.

A horizontal line (briefly, a line) is any set of the form $\ell := \{ x \cdot \exp(su \cdot X) : s \in \mathbb{R} \}$ for some $x \in G$. Observe that not all Euclidean lines are horizontal lines. On the other side, in Carnot groups of step at least three, it can happen that a line is not an Euclidean line.

We say that the points $x$ and $y \in G$ are horizontally aligned if they belong to the same horizontal line $\ell = \{ \gamma(s) := \bar{x} \cdot \exp(sV) : s \in \mathbb{R} \}$ for some $\bar{x} \in \mathbb{R}^n$ and $V \in V_1$. A set $A \subset G$ is horizontally convex if for all horizontally aligned points $x = \gamma(a)$ and $y = \gamma(b) \in \ell$, then the horizontal segment $\gamma([a, b])$ connecting $x$ and $y$ is contained in $A$.

Multiexponentials. Given a Carnot group $G$ with the vector fields $X_1, \ldots, X_m$, and a fixed number $p \in \mathbb{N}$, we define for all vectors $u = (u_1, u_2, \ldots, u_p) \in (\mathbb{R}^m)^p$, the map

$$\Gamma^{(p)}(u_1, \ldots, u_p) := \exp(u_1 \cdot X) \cdot \exp(u_2 \cdot X) \cdots \exp(u_p \cdot X) = e^{u_1 X} \cdots e^{u_p X}(0),$$

where $e^Z x$ denotes the value at time $t = 1$ of the integral curve of $Z$ starting from $x$ at $t = 0$, while $\exp : \mathfrak{g} \to G$ denotes the exponential map of the Lie group theory. See [BLU07]. The map $\Gamma^{(p)}$ can be thought as defined on the product $(V_1)^p$.

Definition 2.1 (Regular multiexponential). Given a Carnot group $(G, \cdot, \delta_\lambda)$, we say that multiexponentials are regular at $\xi \in \mathbb{R}^m$ (or at $\xi \cdot X \in V_1$) if there is $q \in \mathbb{N}$ such that $\Gamma^{(q)}$ is a submersion at $(\xi, \ldots, \xi)$, i.e. the linear map

$$d\Gamma^{(q)}(\xi, \ldots, \xi) : (\mathbb{R}^m)^q \to G$$

is onto. Otherwise we say that multiexponentials are singular at $\xi$.

Well known properties of dilations show that $\Gamma^{(q)}$ is a submersion at $(\xi, \ldots, \xi)$ if and only if $\Gamma^{(q)}$ is a submersion at $(\lambda \xi, \ldots, \lambda \xi)$ for any $\lambda \neq 0$.

Métivier groups. A two-step Carnot group, see (2.2), is said to be of Métivier type if for all $t \in \mathbb{R}$ and for all $x \neq 0$ there is a solution $y \in \mathbb{R}^m$ of the system $Q(x, y) = t$. Métivier groups were introduced in [Mét80]. The most elementary example of Métivier group is the Heisenberg group, while the easiest example of non-Métivier group is $\mathbb{R}^2_\xi \times \mathbb{R}$, with the map $Q((x_1, x_2, x_3), (y_1, y_2, y_3)) = x_1 y_2 - x_2 y_1$. Here, taking $x = (0, 0, 1)$, we see that $Q(x, y) = 0$ for all $y$.

Note that in a two-step group of Métivier type the map $\Gamma^{(2)}$ is regular at any $\xi \neq 0$. Indeed, differentiating the quadratic map $\Gamma^{(2)}(u, v) = (u + v, Q(u, v))$, we have

$$(u, v) \mapsto d\Gamma^{(2)}(\xi, \xi)(u, v) = (u + v, Q(\xi, v) + Q(u, \xi)) = (u + v, Q(u - v, \xi)), $$

and for all $\xi \neq 0$ this map is onto because the function $y \mapsto Q(y, \xi)$ is onto.

3. Filiform groups and multiexponentials in nonsingular directions.

In this section we introduce filiform Carnot groups and we discuss regularity of multiexponentials in that setting.
Let us consider in $\mathbb{R}^{p+2}$ equipped with coordinates $(x, y, t_1, t_2, \ldots, t_p)$ the vector fields
\[
X = \partial_x \quad \text{and} \quad Y = \partial_y + x\partial_{t_1} + \frac{x^2}{2}\partial_{t_2} + \cdots + \frac{x^p}{p!}\partial_{t_p} = \partial_y + \sum_{k=1}^{p} \frac{x^k}{k!}\partial_{t_k}.
\tag{3.1}
\]
where $(z, t) = (x, y, t_1, \ldots, t_p) \in \mathbb{R}^{p+2}$. Let us denote $\text{ad}_X Y := [X, Y]$ and $\text{ad}_X^k Y := [X, \text{ad}_X^{k-1} Y]$ for $k \geq 2$. A computation shows that for $j = 1, \ldots, p$, we have
\[
\text{ad}_X^j Y = \partial_{t_j} + \sum_{k=j+1}^{p} \frac{x^{k-j}}{(k-j)!}\partial_{t_k}.
\]
In particular $\text{ad}_X^p Y = \partial_{t+p}$. The vector fields $X$ and $Y$ generate a nilpotent filiform Lie algebra of step $p + 1$. Defining in $\mathbb{R}^{p+2} = \mathbb{R}_x^2 \times \mathbb{I}_p^t$ the binary law
\[
(x, y, t) \cdot (\zeta, \eta, \tau) = (x + \zeta, y + \eta, t + \tau + x\eta),
\]
with horizontal vector fields $X = \partial_x$ and $Y = \partial_y + x\partial_{t_1}$, which after a linear change of variables becomes the familiar Heisenberg group. A second particular case is the so-called Engel group, which has step $p + 1 = 3$ and whose group law is
\[
(x, y, t_1, t_2) \cdot (\zeta, \eta, t_1, t_2) = \left( x + \zeta, y + \eta, t_1 + \tau_1 + x\eta, t_2 + x\tau_1 + \frac{x^2}{2}\eta \right),
\]
with horizontal vector fields $X = \partial_x$ and $Y = \partial_y + x\partial_{t_1} + \frac{x^2}{2}\partial_{t_2}$.

The associative property of the law (3.2) can be checked easily if we identify
\[
(x, y, t_1, t_2, \ldots, t_p) \mapsto \begin{bmatrix} 1 & 0 & 0 & \cdots & 0 \\ y & 1 & 0 & \cdots & 0 \\ t_1 & x & 1 & \cdots & 0 \\ t_2 & x^2/2 & x & \cdots & 0 \\ t_3 & x^3/3! & x^2/2 & x & \cdots \\ \vdots & \vdots & \vdots & \ddots & \vdots \\ t_p & \frac{x^p}{p!} & \frac{x^{p-1}}{(p-1)!} & \frac{x^{p-2}}{(p-2)!} & \cdots & 1 \end{bmatrix} \in \mathbb{R}^{(p+2) \times (p+2)}.
\tag{3.3}
\]
Under (3.3), the binary law (3.2) can be identified with the matrix product. See [BLU07 Section 4.3.5 and 4.3.6].

Define for $(w_1, w_2, \ldots, w_q) \in \mathbb{R}^{2q}$
\[
\Gamma^{(q)}(w_1, \ldots, w_q) = e^{w_q Z} \cdots e^{w_2 Z}(0) = \exp(w_1 \cdot Z) \cdot \exp(w_2 \cdot Z) \cdots \exp(w_q \cdot Z)
\tag{3.4}
\]
where $w_k = (u_k, v_k) \in \mathbb{R}^2$ and $w_k \cdot Z = u_k X + v_k Y$. 

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Theorem 3.1. Fix $p \in \mathbb{N}$ and consider the vector fields in (3.1). Let $\zeta = (\xi, \eta) \in \mathbb{R}^2$ such that $\zeta \neq 0$. Then the map $\Gamma^{(p+1)} : \mathbb{R}^{2p+2} \to \mathbb{R}^{p+2}$ defined in (3.4) is a submersion at $(\zeta, \xi, \ldots, \xi) \in \mathbb{R}^{2p+2}$.

Remark 3.2. Note that there is no $p \in \mathbb{N}$ such that the map $\Gamma^{(p)}$ is a submersion at $((0, \eta), (0, \eta), \ldots, (0, \eta))$ for some $\eta \neq 0$. Indeed, if it would happen, we would contradict the well-known fact that the curve $\gamma(s) := \exp(sY)$ is a singular extremal for the subRiemannian length minimization problem. See [LS95].

Proof of Theorem 3.1. We have to show that the linear map $d\Gamma^{(p+1)}(\zeta, \ldots, \xi) : \mathbb{R}^{2(p+1)} \to G$ is onto. We claim that the square matrix

$$M(\xi) := \begin{bmatrix} \partial \Gamma^{(p+1)} & \partial \Gamma^{(p+1)} & \partial \Gamma^{(p+1)} & \cdots & \partial \Gamma^{(p+1)} \\ \frac{\partial \Gamma^{(p+1)}}{\partial v_1} & \frac{\partial \Gamma^{(p+1)}}{\partial v_2} & \frac{\partial \Gamma^{(p+1)}}{\partial v_3} & \cdots & \frac{\partial \Gamma^{(p+1)}}{\partial v_{p+1}} \end{bmatrix}$$

is nonsingular. Since the matrix above is formed taking $p + 2$ of the $2(p + 1)$ columns of the Jacobian matrix, the statement will follow immediately.

A first calculation shows that for $w = (u, v) \in \mathbb{R}^2$ and $(z, t) \in \mathbb{R}^2 \times \mathbb{R}^p$ we have

$$e^{w \cdot Z}(x, t) = \left( x + u, y + v, t_1 + v \int_0^1 (x + su)ds, t_2 + v \int_0^1 \frac{(x + su)^2}{2!}ds, \ldots, t_p + v \int_0^1 \frac{(x + su)^p}{p!}ds \right).$$

In particular

$$\exp \left( \xi X + \eta Y \right) = (\xi, \eta, \frac{\eta \xi}{2}, \frac{\eta \xi^2}{3!}, \ldots, \frac{\eta \xi^p}{(p + 1)!}).$$

(3.6)

Iterating the computation, we discover that the point $\Gamma(w_1, \ldots, w_{p+1}) \in \mathbb{R}^{p+2}$ takes the form

$$\begin{bmatrix} u_1 + u_2 + \cdots + u_{p+1} \\ v_1 + v_2 + \cdots + v_{p+1} \\ v_1 \int_0^1 su_1ds + v_2 \int_0^1 (u_1 + su_2)ds + \cdots + v_{p+1} \int_0^1 (u_1 + u_2 + \cdots + su_{p+1})ds \\ v_1 \int_0^1 \frac{(su_1)^2}{2!}ds + v_2 \int_0^1 \frac{(u_1 + su_2)^2}{2!}ds + \cdots + v_{p+1} \int_0^1 \frac{(u_1 + u_2 + \cdots + su_{p+1})^2}{2!}ds \\ \vdots \\ v_1 \int_0^1 \frac{(su_1)^p}{p!}ds + v_2 \int_0^1 \frac{(u_1 + su_2)^p}{p!}ds + \cdots + v_{p+1} \int_0^1 \frac{(u_1 + u_2 + \cdots + su_{p+1})^p}{p!}ds \end{bmatrix}$$

In order to calculate the matrix $M(\xi)$, we write the first column in the form $\frac{\partial \Gamma^{(p+1)}}{\partial u_1}(\zeta, \ldots, \xi) = [1, *, \ldots, *]$, where the terms * are unimportant in the computation of the rank. All other variables $v_1, v_2, \ldots, v_{p+1}$ appear linearly. Then it is easy to see that

$$M(\xi, \eta) = \begin{bmatrix} 1 & 0 & 0 & \cdots & 0 \\ * & 1 & 1 & \cdots & 1 \\ * & \xi \int_0^1 sds & \xi \int_0^1 (1 + s)ds & \cdots & \xi \int_0^1 (p + s)ds \\ * & \xi^2 \int_0^1 \frac{s^2}{2!}ds & \xi^2 \int_0^1 \frac{(1 + s)^2}{2!}ds & \cdots & \xi^2 \int_0^1 \frac{(p + s)^2}{2!}ds \\ * & \xi^p \int_0^1 \frac{s^p}{p!}ds & \xi^p \int_0^1 \frac{(1 + s)^p}{p!}ds & \cdots & \xi^p \int_0^1 \frac{(p + s)^p}{p!}ds \end{bmatrix}.$$
In order to check the nonsingularity, we look at the submatrix obtained by deleting the first row and column. Since \( \zeta \neq 0 \), it suffices to check the nonsingularity of the square matrix of order \( p + 1 \)

\[
\hat{M} := \begin{bmatrix}
1 & 1 & \cdots & 1 \\
2 \int_0^1 sds & 2 \int_0^1 (1 + s)ds & \cdots & 2 \int_0^1 (p + s)ds \\
\vdots & \vdots & \ddots & \vdots \\
(p + 1) \int_0^1 s^p ds & (p + 1) \int_0^1 (1 + s)^p ds & \cdots & (p + 1) \int_0^1 (p + s)^p ds
\end{bmatrix}
\]

\[
= \begin{bmatrix}
1 & 1 & \cdots & 1 \\
1 & 2^2 - 1^2 & 3^2 - 2^2 & \cdots & (p + 1)^2 - p^2 \\
\vdots & \vdots & \ddots & \vdots \\
1 & 2^p - 1^p & 3^p - 2^2 & \cdots & (p + 1)^p - p^p
\end{bmatrix}
\]

whose determinant, after some trivial column operations, is equal to a nonsingular Vandermonde determinant.

\[ \square \]

4. Inner cone property for horizontally convex sets

4.1. Existence of inner cones to convex sets in nonsingular directions

**Proof of Theorem 1.1.** The proof of the inner cone property is based on a modification of the arguments of Section 2.2, proof of Theorem 1.1.

Let us consider \( \bar{x} \in \partial A \) and assume that for some multiexponentially regular \( \zeta \in \mathbb{R}^m \) we have \( \bar{x} \cdot \exp(p \zeta \cdot X) \in \text{int} A \). This means that for some \( \rho > 0 \) we have \( B(\bar{x} \cdot \Gamma^p(p \zeta), \rho) \subset \text{int}(A) \). Assume also the regularity condition \( d\Gamma^p(\zeta, \ldots, \zeta) : \mathcal{V}_1^p \rightarrow G \) is onto. By continuity, there is \( \varepsilon > 0 \) such that if

\[
\max \{ d(\bar{x}, y) : |u_j - \zeta| : j = 1, \ldots, p \} < \varepsilon
\]

then

\[ y \cdot \Gamma^p(u_1, u_2, \ldots, u_{p-1}, u_p) \in B(\bar{x} \cdot \Gamma^p(p \zeta), \rho) \subset \text{int}(A). \]

We organize the proof in four steps.

**Step 1.** We claim that for all \( x \in A \) with \( d(x, \bar{x}) < \varepsilon \) we have

\[ x \cdot \Gamma(\lambda_1 w_1, \ldots, \lambda_q w_q) \in B(\bar{x} \cdot \Gamma^p(p \zeta), \rho) \subset \text{int}(A), \]

for all \( \lambda_1, \ldots, \lambda_p \in [0, p] \) such that \( \sum_{j=1}^p \lambda_j = p \) and \( u_1, \ldots, u_p \) such that \( \max_j |u_j - \zeta| < \varepsilon \).

Let us consider for \( p \in \mathbb{N} \) and \( C > 0 \) the set

\[ K_C := \left\{ (x, \lambda_1, \ldots, \lambda_p, w_1, w_2, \ldots, w_p) : |x| + \sum_{j=1}^p |w_j| \leq C, \lambda_j \geq 0, \sum_{j=1}^p \lambda_j = p \right\}. \]

For any \( C > 0 \) the set \( K_C \) is compact. Furthermore, for any \( C \), the function

\[ K_C \ni (x, \lambda_1, \ldots, \lambda_p, w_1, \ldots, w_p) \mapsto x \cdot \exp(\lambda_1 w_1 \cdot X) \cdots \exp(\lambda_p w_p \cdot X) \]
depends in a polynomial way from its arguments. Therefore, given any \( \overline{X} \in \mathbb{G}, \zeta \in \mathbb{R}^n \), \( \lambda_1, \ldots, \lambda_p \geq 0 \) with \( \sum_{j=1}^{p} \lambda_j = p \), there is \( \sigma > 0 \) such that
\[
|x \cdot \Gamma^{(p)}(\lambda_1 w_1, \lambda_2 w_2, \ldots, \lambda_p w_p) - \overline{X} \cdot \Gamma^{(p)}(\lambda_1 \zeta_1, \lambda_2 \zeta_2, \ldots, \lambda_p \zeta_p)| < \rho \tag{4.3}
\]
if \( |x - \overline{X}| < \sigma, \lambda_j \geq 0, \sum_j \lambda_j = p \) and \( \max_j |w_j - \zeta_j| < \sigma \). Then the equality
\[
x \cdot \Gamma^{(p)}(\lambda_1 \zeta_1, \lambda_2 \zeta_2, \ldots, \lambda_p \zeta_p) = x \cdot \exp(p \zeta \cdot X)
\]
and a choice of small \( \varepsilon \) in (4.1) gives the inclusion (4.2).

Step 2. We claim that for all \( x \in A \) with \( d(x, \overline{X}) < \varepsilon \) and for all \( \lambda \in ]0, 1[ \) we have
\[
\left\{ x \cdot \Gamma^{p}(\lambda u_1, \lambda u_2, \ldots, \lambda u_p) : |u_j - \zeta_j| < \varepsilon \ \forall j \right\} \subseteq A.
\]
The proof is the same presented in [Mor18] and works as follows. Let us look at any point \( x \in A \) such that \( d(x, \overline{X}) < \varepsilon \). Consider also the point \( x \cdot \Gamma^{p}(p u_1, 0, \ldots, 0) \). This point belongs to \( A \) and is aligned with \( x \in A \). Then the horizontal segment connecting those two points, and in particular the point \( x \cdot \Gamma^{p}(\lambda u_1, 0, \ldots, 0) \) belong to \( A \).

Next we repeat the argument considering the pair of points \( x \cdot \Gamma^{p}(\lambda u_1, 0, \ldots, 0) \) and \( x \cdot \Gamma^{p}(\lambda u_1, (p - \lambda) u_2, 0, \ldots, 0) \). Since both these points belong to \( A \), we deduce that the horizontal line connecting them is contained in \( A \). In particular \( x \cdot \Gamma^{p}(\lambda u_1, \lambda u_2, 0, \ldots, 0) \). An iteration of the argument completes Step 2.

Step 3. Following [Mor18], by a standard dilation and translation arguments in Carnot groups, for a suitable \( \delta_0 > 0 \) we get the inclusion
\[
\left\{ x \cdot \Gamma^{p}(\lambda u_1, \ldots, \lambda u_p) : \lambda \in ]0, 1[, \max_j |u_j - \zeta_j| < \varepsilon \right\} \supset \bigcup_{\lambda \in ]0, 1[} B\left(x \cdot \exp(\lambda p \zeta \cdot X), \delta_0 \lambda \right),
\]
which gives ultimately the proof of (1.1).

Step 4. Until now we proved the inner cone inclusion for vertices \( x \in A \). By an approximation argument, we can approximate any point \( x \in \partial A \) with \( d(x, \overline{X}) < \varepsilon \) with a family \( x_n \in A \) for all \( n \) such that \( x_n \to x \) as \( n \to \infty \). Since the aperture of the cones are stable as \( n \in \mathbb{N} \), we get inclusion (1.1) for \( x \in \partial A \). Note that we are not assuming that \( A \) is closed.

\[\square\]

4.2. Examples in singular directions – the filiform case

In this section we consider the pair of vector fields
\[
X = \partial_x \quad \text{and} \quad Y = \partial_y + x \partial_{t_1} + \cdots + \frac{x^p}{p!} \partial_{t_p}
\]
described in Section 3. We look at the direction \( Y \) and we show an example where Theorem 1.1 fails at that direction, for some convex sets. This gives also an indirect proof of the fact that the multiexponentials are singular at \( Y \in V_1 \).
Example 4.1. Let $p \geq 2$. Assume first that $p$ is even and let us look at the set
\[ E = \{(x,y,t_1,\ldots,t_p) \in \mathbb{R}^{p+2}: F(x,y,t) := t_p + y^{p+2}X_{[0,\infty]}(y) \geq 0\}. \] (4.4)

It is easy to check that $XF = 0$ identically, and
\[ YF(x,y,t_1,t_2,\ldots,t_p) = \frac{x^p}{p!} + (p+2)y^{p+1}X_{[0,\infty]}(y) \geq 0, \] (4.5)

because $p$ is even. Then the set has constant horizontal normal and then both $E$ and $E^c$ are horizontally convex.\footnote{A set $A \subset G$ is said to have constant horizontal normal if there is a vector $X \in V_1$ such that $X \chi_A \leq 0$ while for any $Y$ orthogonal to $X$ we have $Y \chi_A = 0$. See \cite{FSSC03,BASCV07,BLD13} and the references therein. The derivatives appearing in the definition are distributional, but if the set is the superlevel set of a smooth function, $A = \{F > 0\}$, it suffices to check that $XF \leq 0$ and $YF = 0$ for all $Y$ orthogonal to $X$.}

If we consider the point $P = 0 \in \partial E$, the point $Q := \exp(Y) = (0,1,0,\ldots,0) \in \text{int}(E)$ and the curve $\gamma(s) = \exp(sY) = (0,s,0,\ldots,0)$, it turns out that $\gamma(s) \in \partial E$ for all $s \leq 0$ and $\gamma(s) \in \text{int}(E)$ for all $s > 0$. However for any $\varepsilon > 0$ and $s_0 > 0$ the inclusion
\[ \bigcup_{0<s<s_0} B((0,0,0,\ldots,0),\varepsilon s) \subset E \] fails. Indeed, by the translation law (3.2) and the standard ball-box theorem, $B((0,0,0,\ldots,0),\varepsilon s)$ contains all points of the form $P_s := (0,s,0,0,\ldots,-c(se)^{(p+1)})$ for some universal $c > 0$. Instead, the point $P_s$ can not belong to the set $E$ for $s$ belonging to any nontrivial interval with left extremum $0 \in \mathbb{R}$.

Even more strikingly, if we choose $P = \exp(-Y) = (0,-1,0,\ldots) \in \partial E$ and $Q \in \text{int}(E) \subset \exp(2Y) = (0,1,0,\ldots)$, we see that even the much weaker qualitative property \{$(sY) : s \in [-1,1]$\} $\subset \text{int}(E)$ fails.

If $p \geq 3$ is odd then the set in (4.4) is not horizontally convex. To check this claim it suffices to take $\gamma(s) = \exp(s(-X+Y)) = (-s,s,-\frac{s^3}{3!},-\frac{s^5}{5!},\ldots,-\frac{s^{p+1}}{(p+1)!})$, by (3.6). It is easy to see that the path $\gamma$ satisfies $\gamma(0) \in E$, $\gamma(1/(p+1)!) \in E$ and $\gamma\left([0,\frac{1}{(p+1)!}\right) \subset E^c$. However the discussion concerning the set defined in (4.4) can be modified by taking
\[ E = \{t_{p-1} + y^{p+1}X_{[0,\infty]}(y) \geq 0\} \] and arguing as above.

Remark 4.2. In the Engel group $\mathbb{R}^4$ with vector fields $X_1 = \partial_1$ and $X_2 = \partial_2 + x_1\partial_3 + \frac{s^2}{2!}\partial_4$, the analogous example is given by $x_4 > \psi(x_2)$ with $\psi' \leq 0$. See \cite{BLD13} where many examples of constant horizontal normal sets are exhibited. In such case a counterexample to the cone property is given by $E = \{x_4 > -x^2X_{[0,\infty]}(x_2)\}$ where the inner cone property does not hold.
### 4.3. Examples in singular directions in the free group of step three and rank two

Here we show in the model of free three-step Carnot group with two generators an example where Theorem 1.1 fails. The following class of examples are minor modifications of the examples of Section 4.2.

Consider in $\mathbb{R}^5$ with variables $(x_1, x_2, x_3, x_4, x_5)$ the vector fields

\begin{equation}
X_1 = \partial_1 - \frac{x_2}{2} \partial_3 - \frac{x_1^2 + x_2^2}{2} \partial_5 \quad \text{and} \quad X_2 = \partial_2 + \frac{x_1}{2} \partial_3 + \frac{x_1^2 + x_2^2}{2} \partial_4
\end{equation}

which together with their commutators

\begin{equation}
X_3 := [X_1, X_2] = \partial_3 + x_1 \partial_4 + x_2 \partial_5, \quad X_4 := [X_1, X_3] = \partial_4 \quad \text{and} \quad X_5 := [X_2, X_3] = \partial_5
\end{equation}

generate the free Lie algebra of step three with two generators and are left invariant with respect to the law

\begin{align*}
x \cdot y &= \left( x_1 + y_1, x_2 + y_2, x_3 + y_3 + \frac{1}{2} (x_1 y_2 - x_2 y_1),
\right. \\
& \quad \left. x_4 + y_4 + \frac{y_2}{2} (x_1^2 + x_2^2 + x_1 y_1 + x_2 y_2) + x_1 y_3,
\right. \\
& \quad \left. x_5 + y_5 - \frac{y_1}{2} (x_1^2 + x_2^2 + x_1 y_1 + x_2 y_2) + x_2 y_3 \right).
\end{align*}

This model has been studied by Sachkov \[Sac03\] \[ALDS19\].

A standard computation gives for all $(\xi_1, \xi_2) \in \mathbb{R}^2$

\[ \exp \left( s(\xi_1 X_1 + \xi_2 X_2) \right) = \left( \xi_1 s, \xi_2 s, 0, \frac{\xi_2}{6} (\xi_1^2 + \xi_2^2) s^3, -\frac{\xi_1}{6} (\xi_1^2 + \xi_2^2) s^3 \right). \]

It is well known that in this model all integral curves $\gamma(s) = \exp(s(\xi_1 X_1 + \xi_2 X_2))$ are normal and abnormal minimizers. Therefore the construction of the multieponential map does not provide the inner cone property. In the following discussion we present some examples of sets where inclusion (1.1) fails in singular directions.

**Lemma 4.3.** Let $\psi : \mathbb{R} \to \mathbb{R}$ be a nonincreasing regular function. Then, for any fixed unit vector $\xi := (\xi_1, \xi_2) \in \mathbb{R}^2$, the set

\[ E := \left\{ x = (x_1, \ldots, x_5) : F(x_1, \ldots, x_5) := \xi_2 x_4 - \xi_1 x_5 - \frac{(\xi, x)^3}{6} - \psi(\langle \xi, x \rangle) > 0 \right\} \]

has constant horizontal normal. In particular, both $E$ and its complementary $E^c$ are horizontally convex.

In the statement and below we denoted $\langle \xi, x \rangle = \xi_1 x_1 + \xi_2 x_2$.

**Proof.** Let $F(x) = -\xi_2 x_4 - \xi_1 x_5 - \frac{(\xi, x)^3}{6} - \psi(\langle \xi, x \rangle)$. A trivial computation shows that

\[ (-\xi_2 X_1 + \xi_1 X_2) F = 0 \quad \text{and} \quad (\xi_1 X_1 + \xi_2 X_2) F = |\xi|^2 \left( x_1^2 + x_2^2 - \langle x, \xi \rangle^2 \right) - |\xi|^2 \psi(\langle x, \xi \rangle) \geq 0, \]

because $\psi$ is nonincreasing and $|\xi| = 1$. Therefore the set has constant horizontal normal and in particular both $E$ and $E^c$ are horizontally convex. \[\square\]
**Example 4.4.** Let $\xi \in \mathbb{R}^2$ be a unit vector and let us consider the set $E$ defined in (4.8). Let us choose the function $\psi(t) = -t^4 \chi_{[0, +\infty)}(t)$, so that the set $E$ becomes

$$E := \left\{ x : \xi_2 x_4 - \xi_1 x_5 - \frac{\langle \xi, x \rangle^3}{6} + \langle \xi, x \rangle^4 \chi_{\{\langle \xi, x \rangle > 0\}} > 0 \right\}.$$ 

Here the origin $0 \in \partial E$, while

$$\exp(s \xi \cdot X) = \left( s \xi_1, s \xi_2, 0, \frac{\xi_2}{6} s^3, -\frac{\xi_1}{6} s^3 \right) \in \text{int}(E) \quad \text{for all } s > 0.$$

Assume that there exist positive numbers $\varepsilon$ and $s_0$ such that

$$C_{\varepsilon, s_0} := \bigcup_{0 < s < s_0} B\left( \exp(s \xi \cdot X), \varepsilon s \right) \subset E$$

for all $s > 0$. We claim that this gives a contradiction. The cone $C_{\varepsilon, s_0}$ must contain all points of the form $\exp(s(\xi_1 X_1 + \xi_2 X_2)) \cdot (\varepsilon u_1, \varepsilon u_2, \varepsilon^2 s^2 u_3, \varepsilon^3 s^3 u_4, \varepsilon^3 s^3 u_5)$, where $|u| \leq c$ and $c > 0$ is an absolute constant. In particular,

$$C_{\varepsilon, s_0} \supseteq \left( s \xi_1, s \xi_2, 0, \frac{\xi_2}{6} s^3, -\frac{\xi_1}{6} s^3 \right) \cdot (0, 0, 0, -c \xi_2 s^3, c \xi_1 s^3) = \left( s \xi_1, s \xi_2, 0, \xi_2 s^3 \left( \frac{1}{6} - ce^3 \right), -\xi_1 s^3 \left( \frac{1}{6} - ce^3 \right) \right) =: \gamma(s),$$

where we recall again that $\xi_1^2 + \xi_2^2 = 1$. An elementary computation shows that for $s > 0$ we have $\gamma(s) \in E$ if and only if $-c e^3 s^3 + s^4 > 0$ and this inequality fails for $s \in ]0, e^3[$. In other words for any $\varepsilon > 0$ fixed, the point $\gamma(s)$ does not belong to the set $E$ defined in (4.8) for positive $s$ close to 0.

**5. Differentiability of the distance**

5.1. Multiexponential regularity implies differentiability

In this section we prove Theorem 1.4.

**Proof of Theorem 1.4.** Let $(\mathbb{R}^n, \cdot)$ be a Carnot group of step $s$. Write $x = (x^1, x^2, \ldots, x^s) \in \mathbb{R}^n = \mathbb{R}^{m_1} \times \mathbb{R}^{m_2} \times \cdots \times \mathbb{R}^{m_s}$. Denote for brevity $m = m_1$. Assume that $d\Gamma^{(p)}(\xi, \zeta, \ldots, \zeta) : (\mathbb{R}^m)^p \to \mathbb{R}^n$ is onto for some given $\xi \in \mathbb{R}^m$. This is equivalent to require that the map $d\Gamma^{(p)}(\lambda \xi, \lambda \zeta, \ldots, \lambda \zeta) : (\mathbb{R}^m)^p \to \mathbb{R}^n$ is onto for any $\lambda > 0$. Let $w = p \zeta$. We want to show that

$$d\left( \exp(w \cdot X) \cdot x \right) = d\left( \exp(w \cdot X) \right) + \left\langle \frac{w}{|w|} \cdot x^1 \right\rangle_{\mathbb{R}^m} + o(d(x)), \quad (5.1)$$

as $x \to 0 \in \mathbb{R}^n$. We adopt here and hereafter the standard notation $d(x) := d(0, x)$. In [PS18] Lemma 2.11 it has been proved that the lower estimate $\geq$ in (5.1) holds in any Carnot group of arbitrary step and for all choice of $\xi \in \mathbb{R}^m \setminus \{0\}$. Therefore, we discuss here the upper estimate only. If (5.1) holds, then this means that the distance from the origin is Pansu differentiable at $\exp(w \cdot X)$ and its differential is the map $T : G \to \mathbb{R}$ defined by $T(x^1, \ldots, x^s) = \left\langle \frac{w}{|w|} \cdot x^1 \right\rangle_{\mathbb{R}^m}$. This explicit formula shows that the differential is the same at any point $\exp(\lambda w \cdot X)$ for any $\lambda > 0$, as it happens in the Euclidean case.
Let us discuss the upper estimate in (5.1). Let \( \frac{\|}{p} = \zeta \). Look at the map
\[
(\mathbb{R}^m)^p \ni (\alpha_1, \ldots, \alpha_p) \mapsto F(\alpha_1, \ldots, \alpha_p)
:= \exp\left((\zeta + \alpha_1) \cdot X\right) \cdots \exp\left((\zeta + \alpha_p) \cdot X\right) \in \mathbb{R}^n.
\]
(5.2)
Note that \( F(0) = \exp(w \cdot X) \). Since \( dF(0, \ldots, 0) \) is onto, there is a \( n \)-dimensional subspace \( V \subset (\mathbb{R}^m)^p \) such that \( dF(0)|_V : V \to \mathbb{R}^n \) is invertible. By the inverse function theorem there is a neighborhood \( U \) of the origin in \( \mathbb{R}^n \) such that for all \( x \in U \) the system of equations
\[
\exp\left((\zeta + \alpha_1) \cdot X\right) \cdots \exp\left((\zeta + \alpha_p) \cdot X\right) = \exp(w \cdot X) \cdot x
\]
has a unique solution \( (\overline{\alpha}_1, \ldots, \overline{\alpha}_p) \in V \) which satisfies
\[
|\overline{\alpha}_1, \ldots, \overline{\alpha}_p|_{\text{Euc}} \leq C |\exp(w \cdot X) \cdot x - \exp(w \cdot X)|_{\text{Euc}} \\
\leq Cd\left(\exp(w \cdot X) \cdot x, \exp(w \cdot X)\right) = Cd(x),
\]
by standard subRiemannian facts. In the formula above, we denote by \( | \cdot |_{\text{Euc}} \) the Euclidean norm.

By definition of distance we have,
\[
d\left(\exp(w \cdot X) \cdot x\right) \leq \sum_{j=1}^p |\zeta + \overline{\alpha}_j| = p|\zeta| + \left< \frac{\zeta}{|\zeta|}, \sum_{j=1}^p \overline{\alpha}_j \right> + O(|\overline{\alpha}|^2),
\]
by the Taylor formula, as \( x \to 0 \). Formula (5.4) tells that \( O(|\overline{\alpha}|^2) = O(d(x)^2) \).

Recall also that \( d(\exp(w \cdot X)) = \|w\| = p|\zeta| \). A look to the first \( m \) equations of the system (5.3) gives also the equality \( \sum_{j=1}^p \overline{\alpha}_j = x^1 \in \mathbb{R}^m \). Therefore, we have obtained the inequality
\[
d\left(\exp(w \cdot X) \cdot x\right) \leq d(\exp(w \cdot X)) + \left< \frac{w}{|w|}, x^1 \right>_{\mathbb{R}^m} + O(d(x)^2),
\]
which concludes the proof. \( \square \)

5.2. The step-two case
Here we prove Theorem 1.6 stating that in Carnot groups of step two the subRiemannian distance is differentiable at any point \( \exp(W) \) for any \( W \in V_1 \). As we already observed, here we are able to get the differentiability also when \( s \mapsto \exp(sW) \) is a singular subRiemannian length-minimizer. The theorem was first proved in \cite{Montanari2017}, but our proof relies on a different argument.

Let us consider a Carnot group of step two. Namely, equip \( \mathbb{R}^m_z \times \mathbb{R}^l_\xi \) with the group law
\[
(z, t) \cdot (\zeta, \tau) = (z + \zeta, t + \tau + Q(z, \zeta)) \in \mathbb{R}^m_z \times \mathbb{R}^l_\xi.
\]
See Section 2 for further details. In the sequel we will use several times the fact that the bilinear function \( Q \) satisfies the alternating property \( Q(z, z) = 0 \) for all \( z \in \mathbb{R}^m_z \).
An easy computation based on the skew-symmetry of $Q$ gives $(w,0) = \exp(w \cdot X)$, where $w \in \mathbb{R}^m$ and $w \cdot X := \sum_{j=1}^{m} w_j X_j$. For any $w \in \mathbb{R}^m \setminus \{0\}$ we want to get the estimate

$$d((w,0) \cdot (z,t)) \leq \left( \frac{|w|}{|w|} z \right) + o(d(z,t)) \quad \text{as} \quad (z,t) \to (0,0). \quad (5.5)$$

Recall again that the opposite inequality holds in general Carnot groups, see [LPS17] Lemma 3.2] and [PS18, Lemma 2.11].

In order to prove (5.5), we analyze the multiexponential map

$$\Gamma^{(p)}(u_1, \ldots, u_p) := \exp(u_1 \cdot X) \cdots \exp(u_p \cdot X) = \left( \sum_{j=1}^{p} u_j, \sum_{1 \leq j < k \leq p} Q(u_j, u_k) \right),$$

where $p \in \mathbb{N}$ will be chosen later on, and the vectors $u_1, \ldots, u_p$ belong to $\mathbb{R}^m$.

Our purpose is to analyze the system $\Gamma^{(p)}(\xi + u_1, \ldots, \xi + u_p) = (w,0) \cdot (z,t)$, where $\xi := \frac{w}{|w|}$, in order to get the upper estimate (5.5). Using the group law we get the set of equations

$$\left( \sum_{j \leq p} (\xi + u_j), \sum_{1 \leq j < k \leq p} Q(\xi + u_j, \xi + u_k) \right) = (w + z, t + Q(w,z)). \quad (5.6)$$

After a short manipulation, we get

$$\begin{cases}
\sum_{j=1}^{p} u_j = z \\
Q\left( \sum_{j=1}^{p} (p - 2j + 1)u_j, \xi \right) + \sum_{1 \leq j < k \leq p} Q(u_j, u_k) = t + Q(p\xi, z).
\end{cases} \quad (5.7)$$

By definition of subRiemannian distance, a solution $u_1, \ldots, u_p$ of (5.7) provides immediately the estimate $d((w,0) \cdot (z,t)) \leq \sum_j |\xi + u_j|$. Besides this trivial remark, the key point in the proof of (5.5) is the following proposition.

**Proposition 5.1.** There are $p \in \mathbb{N}$ and $C > 0$ such that for all $\xi \in \mathbb{R}^m$ and for each $(z,t) \in \mathbb{R}^m \times \mathbb{R}^l$, the system (5.7) has a solution $(u_1, \ldots, u_p)$ satisfying the inequality

$$\sum_{j=1}^{p} |u_j| \leq C(|z| + |t|^{1/2}). \quad (5.8)$$

By standard facts, $|z| + |t|^{1/2}$ is equivalent to $d(z,t)$. In [Mor18] Theorem 2.1] the second author solved a system similar to (5.7), but without the term $Q(p\xi, z)$. Unfortunately, the estimates of the mentioned paper are not sufficient to discuss the present case. Furthermore, here we find a method of solution which is much simpler than the one in [Mor18].

Before proving Proposition 5.1 we show how such result gives the required estimate (5.5).
Proof of Theorem 1.6. Let us fix \((w, 0) \in \mathbb{R}^m \times \mathbb{R}^\ell\). Let \((z, t)\) and take a solution of (5.7) satisfying (5.8). Using the definition of control distance and the Euclidean Taylor formula we discover that
\[
d((w, 0) \cdot (z, t)) \leq \sum_{j=1}^{p} |\xi + u_j| = \sum_{j=1}^{p} \left(|\xi| + \left< u_j, \frac{\xi}{|\xi|} \right> \right) + O(|u_j|^2)
\]
\[
= |p\xi| + \left< z, \frac{\xi}{|\xi|} \right> + O(|\xi|^2 + |t|),
\]
which is the required inequality (5.5).

Proof of Proposition 5.1. It suffices to show that there is \(C > 0\) such that for all \((z, t) \in \mathbb{R}^m \times \mathbb{R}^\ell\), the system
\[
\begin{cases}
  \sum_{j=1}^{p} u_j = z \\
  \sum_{j=1}^{p} (p - 2j + 1)u_j = -pz \\
  \sum_{1 \leq j < k \leq p} Q(u_j, u_k) = t
\end{cases}
\]
has a solution which satisfies estimate (5.8). Note that the system (5.10) does not contain \(\xi\). Therefore our final estimates will be independent of \(\xi \in \mathbb{R}^m\).

Observe now that the second equation of (5.10), combined with the first, can be written in the form
\[
\sum_{j=1}^{p} j u_j = \frac{1 + 2p}{2} z
\]
(5.11)

Let us make the linear change of variable
\[
v_1 = u_1, \quad v_2 = u_1 + u_2, \quad \ldots, v_k = \sum_{j=1}^{k} u_j = v_{k-1} + u_k, \quad \text{up to} \ k = p.
\]

Therefore, we have
\[
\sum_{j=1}^{p-1} v_j = \sum_{k=1}^{p} (p - k)u_k = p \sum_{k=1}^{p} u_k - \sum_{k=1}^{p} ku_k = pz - \sum_{k=1}^{p} ku_k.
\]
Comparing with (5.11), we discover that the first two equations of the system (5.10) become
\[
v_p = z \quad \text{and} \quad \sum_{j=1}^{p-1} v_j = -z/2.
\]
(5.12)

Since we would have no advantage in solving the problem with small \(p\), we will feel free to use large values of \(p\) in the argument below. The quadratic part takes the form
\[
t = \sum_{1 \leq j < k \leq p} Q(u_j, u_k) = \sum_{k=1}^{p-1} Q(v_k, v_{k+1})
\]
\[
= \sum_{k \leq p-3} Q(v_k, v_{k+1}) + Q(v_{p-2} - v_p, v_{p-1}).
\]
(5.13)
Let us choose $v_{p-1} = 0$, so that the last term in (5.13) vanishes. Fix also $v_{p-3} = 0$. Then we have fixed the set of conditions

$$v_p = z, \quad v_{p-1} = 0, \quad v_{p-2} = \frac{z}{2} - \sum_{j \leq p-4} v_j, \quad v_{p-3} = 0. \quad (5.14)$$

Under all these choices, the first two equations of (5.10) are satisfied, while the quadratic part takes the easy form

$$\sum_{j \leq p-5} Q(v_j, v_{j+1}) = t,$$

where the variables $v_1, v_2, \ldots, v_{p-4}$ are completely free. Finally, taking $h \in \mathbb{N}$ and $p - 5 = 1 + 3h$ and choosing $v_3 = v_6 = v_9 = \cdots = v_{3h} = 0$ for all $h \in \{1, 2, \ldots\}$, the system becomes

$$Q(v_1, v_2) + Q(v_4, v_5) + Q(v_7, v_8) + \cdots + Q(v_{1+3h}, v_{2+3h}) = t,$$

which takes a pairwise decoupled form. Then it suffices to apply the Hörmander condition, as in [Mor18, Lemma 2.3] to see that if $h \in \mathbb{N}$ is sufficiently large (depending on the algebraic structure of the group only) then there is a solution satisfying the required estimates $|v_j| \leq C|t|^{1/2}$ for all $j \leq 2 + 3h = p - 4$. The final terms $v_j$ with $j = p - 3, p - 2, p - 1$ and $p$ can be estimated by (5.14) with $C(|z| + |t|^{1/2})$.

**Remark 5.2.** In [PS18], Pinamonti and Speight introduce the notion of deformable direction in a Carnot group of step $s \geq 1$. We observe informally that from our results one can get the following two facts.

- In any Carnot group, nonsingularity of multiexponentials at the direction $w \cdot X \in V_1$ implies that the direction is deformable;
- the discussion of Section 5.2 proves that in step-two Carnot groups any horizontal direction is deformable.

Therefore, our results can be used to give another proof of the deformability results in [LPS17, PS18].

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