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A Method of Evaluating Apple Juice Adulteration with Sucrose Based on Its Electrical Properties and RCC Model

Joanna Katarzyna Banach * and Ryszard Żywica

Institute of Management and Quality, Faculty of Economics, University of Warmia and Mazury in Olsztyn, 10-719 Olsztyn, Poland; ryszard.zywica@uwm.edu.pl
* Correspondence: katarzyna.banach@uwm.edu.pl

Abstract: This study aimed to identify possibilities of controlling basic quality attributes (total soluble solids, organic acids, density, pH) and assessing the adulteration of natural dissociating solids with sucrose in apple juice produced from Malus domestica Borkh, var. Cortland, Idared, and Lobo (family Rosaceae Juss), using electrical parameters (conductivity $Z$, $Y$; capacity $C_p$, $C_s$) and the RCC equivalent electrical model. The feasibility of employing electrical parameters was established based on correlations between selected quality attributes of apple juices varying in sucrose contents in the extract TSS$_{Conc}$ (0%, 15%, 20%, 25%, 30%) and their electrical parameters measured in a frequency range of 100 Hz to 100 kHz. The significant ($p \leq 0.01$) correlations obtained between the selected physicochemical parameters of juice (TSS$_{Conc}$, OA) and electrical properties point to the feasibility of using them as an alternative quality assessment method to the reference methods (refractometric or potentiometric titration) used by the external supervising bodies. The electrical parameters (including $Z_{100Hz}$ and $Y_{100Hz}$) measured in the RCC model can, in the future, aid the design of a simple tool for the quantitative determination of apple juice adulteration with sucrose. They also encourage further research of this electrical method as an alternative to traditional analytical methods for evaluating the authenticity or adulteration of commercial fruit juices with sucrose or other sweetening agents.

Keywords: apple juice; sucrose; adulteration; quality evaluation; electrical parameters; RCC equivalent electrical model; non-destructive method

1. Introduction

The growing demand for apple juice, observed on the market, is a strong economic driver for fraudulent food producers and processors who seek fast profits by concealing the inadequate quality, production method, and chemical composition of the product. One such adulteration method involves diluting natural apple juice with water or other cheaper juices and adding sweetening agents (sucrose, saccharin, aspartame) or acidifying agents (ascorbic acid or malic acid) [1–6]. According to the data given by Dasenaki and Thomaidis [7] based on the European Committee information, fruit juices are included in the top 10 food products with the highest risk of food fraud. In Poland, the market control authorities showed in 2019 that 7.4% of samples of juices and nectars were defective in terms of their physical parameters (a lowered glucose/fructose proportion in apple juice, an inflated TSS content in apple nectar), and 30.5% of samples had faulty labeling.

To limit the use of such practices by producers, external (state) food control bodies are obliged to supervise the safety of consumers and the commercial quality of food offered on the domestic and EU markets and imported from external countries. Quality control of products available on the market is of particular importance when the act of adulteration can be verified via laboratory testing. The currently used measuring equipment can detect even trace amounts of ingredients, but the methods of food adulteration are also being improved by producers.

Analytical reference methods (recognized by Codex Alimentarius: refractometry, titrimetry, gravimetry, and potentiometry) and laboratory techniques (e.g., gas and liquid...
chromatography, mass spectroscopy, nuclear magnetic resonance, and ELISA tests) used to monitor food quality and safety are usually time-consuming, cost-intensive, harmful to the natural environment, and require collecting multiple samples. The advanced modern methods of evaluating juice authenticity are sensitive but can be applied only in large analytical laboratories because of their requirement for skilled and experienced staff [8–12]. Therefore, it is justified to search for methods that enable the rapid assessment and control of juice quality but also allow for real-time corrective actions (on/offline). These methods are expected to guarantee the detection of improper substances in a given juice and assure its authenticity [7,13–15].

Given their high reliability, sensitivity, short response time, and relatively low cost, the analyses of food products’ electrical properties will aid the development of a simple, alternative tool for controlling quality through external, state bodies. Raw materials and food products constitute multi-component and multi-phase dispersion systems due to the content of water and compounds dissolved in them, such as mineral salts, acids, sugars, and also proteins and fats. The electrical properties of these products are determined by the concentration, size, and motility of positive and negative ions generated by the dissociation of molecules in the electrolyte and by temperature applied during heating. The methods for testing electrical properties, developed based on such electrical parameters as impedance, conductivity, capacitance, and dielectric constant, have gained in significance in recent years. They are employed to assess changes in the degree of fruit ripeness, damage, and spoilage [16–18]; determine contents of sugar, water, TSS, minerals, dry matter, and pH value; and to detect bacteria and impurities harmful to human health in fruits and fruit juices [6,15,19–24], among other applications. According to Muñoz-Huerta et al. [25], a reliable alternative to the conventional non-destructive techniques can be offered by electrical methods, including electrochemical impedance spectroscopy (EIS), which can provide information about the properties (structure, chemical composition) and behavior of the tested sample in the electric field [26,27]. However, the strength and degree of correlations between quality factors and electrical parameters are determined by the equivalent (substitute) electrical model of the product and by the voltage frequency applied [28]. Juansah and Yulianti [29] found that ion behavior in solvents (i.e., ion–ion and ion–solvent interactions) is also important. Widodo et al. [6], who investigated the effect of cane sugar and saccharin addition to apple cider manalagi on changes in its electrical parameters, showed that, at a frequency of up to 10 kHz, the type of the added sugar could be determined based on the impedance value. In turn, by measuring impedance and checking the degree of fit of the electric models described in the available literature [30–32], Ibba et al. [24] pointed to the usability of impedance and an original electric RRC model for the determination of changes occurring during apple and banana ripening. Our previous investigations showed the usability of the electrical properties in the system of the equivalent electrical model of food products (RCC) for determination of the properties and dilution degree of apple purée [33] and the contents of total soluble solids [34], mineral substances, ash, and dry matter in reconstituted apple juices [35]. Another study carried out by our research group in this research area was the basis for patenting the electrical method for predicting TSS$\text{Conc}$ content in apple juice [36].

With the above in mind, the innovative studies were continued to determine the feasibility of evaluating the adulteration of natural and solid substances dissociating (TSS$\text{Conc}$) in apple juice with sucrose and selected conductivity and capacity parameters. The usability of the measuring system in this study was determined based on mathematical relationships (the strength of correlation) between selected quality features of apple juices differentiated by the percentage content of sucrose in the extract and their electrical parameters.

2. Materials and Methods

The research material included water solutions of apple juice concentrate (further referred to as “apple juices”), with total soluble solids (TSS) content of 10.5°Bx and total acidity not lower than 4.5 g·L$^{-1}$, prepared from industrially produced concentrates
(Tymbark S.A. in Olsztynek, Poland). The juice was produced from apples (species *Malus domestica* Borkh, family Rosaceae Juss; var. Cortland, Idared, and Lobo) grown in Poland (Grójec region, known as the biggest orchard in Europe). The concentrate of apple juice, acquired over 31 consecutive processing days (n = 31), was characterized by an average TSS = 66.3 °Bx, an organic acid content of 3.11 g·100 g⁻¹, active acidity (pH) of 3.17, and a density of 1.3379 g·cm⁻³. The TSS content differed insignificantly in all 31 examined samples of the concentrate (CV = 1.77%). These differences resulted from differentiation of the raw material used for manufacturing and were mainly related to apple variety and fruit maturity [37]. Water used to prepare apple juices from concentrates (n = 31) originated from the water mains and met the drinking water requirements [38]. The water solutions of apple juice concentrate (apple juices) intended for analyses were standardized to a TSS<sub>Conc</sub> content not lower than 10.5 °Bx and total acidity not lower than 4.5 g·L⁻¹, which corresponds to the characteristics (approximate chemical composition) of apple juice offered in the Polish market. The analytical material included five types of apple juices with sucrose addition (SD) and with a TSS content of 10.5 °Bx. The samples were prepared by the partial replacement of reconstituted apple juice, derived from apple juice concentrate (TSS<sub>Conc</sub>) with sucrose (white sugar from Süd Zucker Polska S.A, purchased on the market), the content of which in the extract reached 0%, 15%, 20%, 25%, and 30%. Sucrose was integrated into the juice using a magnetic stirrer MS200 (AMTAST, Poland). Contents of TSS<sub>Conc</sub>, water, and sucrose needed to produce SD solutions were computed from the balance of extract components and density. Each time, the computations were performed for seven series of samples. Water density was assumed at d<sub>20</sub> = 1 g·cm⁻³. The solutions to be analyzed (SD) were stored in glass bottles (volume 0.75 L, juice content 0.75 L, headspace filled with air). The filled bottles were placed in an ICP 500 type incubator chamber (Memmert, Germany) at a temperature of 20 ± 0.1 °C for 24 h, and after that period all the analyses were performed.

The feasibility of using the proposed electrical method for evaluating the apple juice authenticity and determining its adulteration with sucrose was identified employing traditional analytical methods recommended by the International Federation of Fruit Juice Producers [39].

2.1. Physicochemical Parameters

Physicochemical analyses of samples (concentrate of apple juice and apple juice) conducted at 20 °C included the following determinations:

- Total acidity—by titration method [40];
- Total soluble solids content (TSS)—by refractometric method [41];
- Organic acids content—by titration method [40];
- Density—by pycnometric method [42];
- Active acidity—by pH measurements using a Piccolo PLUS, ATC pH meter (Hanna Instruments, USA) [43].

2.2. Electrical Measurements

The measurements of the electrical parameters of apple juice with sucrose addition were carried out using a measuring system (Figure 1), comprising:

- A glass container (L × In × H: 94 × 55 × 80 mm) equipped with two plate electrodes made of stainless steel, mounted on the two opposite smaller walls of the container;
- A stainless-steel container equipped with a water jacket that was coupled to a thermostat (PolyScience, USA);
- An HP 4263B LCR meter (Hewlett Packard, USA).
The prepared samples of apple juice with 0% to 30% addition of sucrose were weighed and poured into ca. 200-cm³ glass containers, which were placed in a steel container with a water jacket coupled to a thermostat with a temperature set at 20 ± 0.05 °C. The electrical measurements of apple juice were performed starting with the sample having the lowest (0%) and ending with the sample having the highest (30%) sucrose content in the extract. The last measurement was conducted for the apple juice concentrate used to prepare a given series of dilutions. Prior to the measurements, the LCR meter with the wires supplied was calibrated. Next, the wires were coupled to the LCR meter, and measurements were conducted at significance levels of p ≤ 0.05 and p ≤ 0.01.

2.3. Statistical Analysis

The statistical analysis of data was performed using Statistica 13.1 (StatSoft Inc.) software. The results of analyses are presented as means ± standard deviation. Analysis of variance and Duncan's multiple comparisons test were conducted at significance levels of p ≤ 0.05 and p ≤ 0.01.
Correlation and linear regression equations \( y = a \pm bx \) were calculated to determine the correlations between selected physicochemical distinguishing features of quality, including total soluble solids from the concentrate (TSS\textsubscript{Conc}) and organic acids (OA), and their conductivity (\( Z \), \( Y \)) and capacity (\( C_p \), \( C_s \)), electrical parameters measured at frequencies of 100 Hz, 1 kHz, and 100 kHz. The results of statistical analyses are presented as correlation coefficients \((r)\), and the level of significance was calculated \((p)\).

3. Results and Discussion

3.1. Changes in the Physicochemical and Conductivity Parameters

The physicochemical characteristics of apple juice demonstrated that the sucrose content increase in TSS from 0% to 30% significantly \((p \leq 0.01)\) reduced the content of organic acids (OA) dissociating in juice and capable of transferring electrical charges and increased the content of soluble but not dissociating sucrose, thereby deteriorating the electrical conductivity of this juice. These observations point to the feasibility of assessing apple juice based on the content of organic acids (OA), represented mainly by malic acid as its quality indicator \[45\]. In contrast, no significant differences were noted between TSS content, pH, and density (Table 1). The lack of these differences indicates that the reference (analytical, for instance TSS, pH, or density) methods used today fail to detect juice adulteration with both the lowest and the highest sucrose addition level \[12\]. In this context, it is justified to continue research on juice adulteration using modern instrumental methods, including the electrical methods that are inexpensive, rapid, and simple to perform and effective in terms of sensitivity, repeatability, and non-invasiveness.

| Sucrose Content in the Extract (%) | Physicochemical Parameters | Electrical Parameters, \( f = 100 \text{ Hz} \) |
|------------------------------------|-----------------------------|-------------------------------------------|
|                                    | TSS (°Bx)                   | pH                                        | OA (g 100 g\(^{-1}\)) | D (g cm\(^{-3}\)) | Z (\( \Omega \)) | Y (mS) |
| 0                                  | 10.56 ± 0.16\(^a\)         | 3.36 ± 0.09\(^a\)                        | 0.48 ± 0.02\(^a\)     | 1.0441 ± 0.0007\(^a\) | 187.14 ± 0.98\(^a\) | 5.345 ± 0.027\(^a\) |
| 15                                 | 10.56 ± 0.11\(^a\)         | 3.36 ± 0.08\(^a\)                        | 0.40 ± 0.01\(^b\)     | 1.0438 ± 0.0006\(^a\) | 210.79 ± 1.54\(^b\) | 4.745 ± 0.034\(^b\) |
| 20                                 | 10.51 ± 0.11\(^a\)         | 3.35 ± 0.08\(^a\)                        | 0.37 ± 0.01\(^c\)     | 1.0439 ± 0.0009\(^a\) | 220.73 ± 2.24\(^c\) | 4.532 ± 0.046\(^c\) |
| 25                                 | 10.51 ± 0.09\(^a\)         | 3.35 ± 0.08\(^a\)                        | 0.35 ± 0.01\(^d\)     | 1.0436 ± 0.0007\(^a\) | 232.56 ± 1.79\(^d\) | 4.301 ± 0.033\(^d\) |
| 30                                 | 10.51 ± 0.12\(^a\)         | 3.35 ± 0.08\(^a\)                        | 0.32 ± 0.01\(^e\)     | 1.0435 ± 0.0007\(^a\) | 244.78 ± 1.90\(^e\) | 4.086 ± 0.031\(^e\) |

TSS—total soluble solids; OA—organic acids; D—density; Z—impedance; Y—admittance; \(^a\)—\(^e\)—mean values in columns indicated with various letters are significantly different at \( p \leq 0.01\); the measurements of conductivity parameters—impedance and admittance—were performed assuming that the conductivity properties are an approximate measure of the relative number, type, and concentration of free electric charges present in juice and that the electric field generated between two electrodes can be used to determine their ability to conduct electric current in an electrolyte solution \[22,24,46\].

Results of these measurements demonstrated that the conductivity properties of the analyzed apple juice changed in response to its modified chemical composition. An increase in sucrose content of the extract from 0% to 30% and a decrease in OA content from 0.48 to 0.32 g 100 g\(^{-1}\) in the analyzed solutions caused the impedance \((Z)\) values measured at the current frequency of \( f = 100 \text{ Hz} \) \((Z_{100\text{Hz}})\) to increase from ca. 187 to ca. 245 \( \Omega \). In turn, the values of admittance \((Y_{100\text{Hz}})\) decreased from ca. 5.3 to ca. 4.1 mS. Significant \((p \leq 0.01)\) differences were also noted between \(Z_{100\text{Hz}}\) and \(Y_{100\text{Hz}}\) values of apple juices differing in sucrose content in TSS (Table 1). This means that the solutions’ capability to conduct electric current diminished along with the increased contents of electrically neutral sucrose in TSS. Presumably, this decrease is due to a decreased number of ions able to transfer electrical charges and their motility being reduced proportionally to the increasing concentration of sucrose (being a dielectric) and to a decreasing concentration of the electrolyte \[29,47\]. This theory might be confirmed by significant changes observed in the concentrations of OA.
in the solutions tested, being dissociated carriers of electrical charges in apple juices. This is due to the fact that the mineral components of apple juice are mainly represented by small ions, i.e., potassium (1.12 g·L⁻¹), calcium (0.07 g·L⁻¹), phosphorus (0.06 g·L⁻¹), and magnesium (0.04 g·L⁻¹) [48], which are the main determinants of its electrical conductivity.

The results obtained became the basis for determining equations of linear regression between selected quality attributes of apple juice and its electrical parameters (Z, Y) as a function of sucrose content in TSS. The correlations obtained, determined by the equation $y = a \pm bx$ at a significance level of $p \leq 0.01$ and a correlation coefficient of $r \geq 0.99$, can be used to determine the content of the extract originating from the concentrate (TSSConc) in the total TSS content in apple juices based on measurements of $Z_{100Hz}$ and $Y_{100Hz}$ conducted at $f = 100$ Hz. To check these correlations, the usefulness of the determined regression equations was verified by substituting $Z_{100Hz}$ and $Y_{100Hz}$ as the variable “x” (Table 1).

The TSSConc contents computed based on regression equations in the juices with the assumed 100% and 70% TSSConc, i.e., with 0% and 30% sucrose content in TSS, were similar to these assumed values, i.e., 98.57% and 68.78% TSSConc (based on $Z_{100Hz}$) as well as 99.90% and 69.79% TSSConc (based on $Y_{100Hz}$), respectively. The analysis of correlations between OA content and values of $Z_{100Hz}$ and $Y_{100Hz}$ (Table 2) showed that these electrical parameters allow for very precise ($r = -0.962$; $r = 0.972$, $p \leq 0.01$) determination of OA content in apple juices with various TSSConc contents. Inserting the $Z_{100Hz}$ and $Y_{100Hz}$ values typical of apple juices with sucrose contents of 0% and 30% in TSS to the regression equations produced OA concentrations similar to (for $Z_{100Hz}$, OA = 0.47 and OA = 0.31) or the same (for $Y_{100Hz}$) as the values assumed in the solutions tested (0.48 and 0.32 g·100 g⁻¹). This means that the above equations enable highly precise determination of TSSConc and OA contents in apple juice (Table 2).

### Table 2. Linear regression analysis of total soluble solids from concentrate (TSSConc) and organic acids (OA) content of aqueous apple juice concentrate solutions as a function of average impedance and admittance values ($Z_{100Hz}$, $Y_{100Hz}$; Table 1), with sucrose addition from 0% to 30%.

| Regression Equation | $r$ | $p$ | Calculated Values | Established/Measured Values |
|---------------------|-----|-----|-------------------|--------------------------|
| TSSConc (%) = 195.267 − 0.517*Z_{100Hz} | 0.990 | $\leq 0.01$ | 98.57 | 68.78 | 100 | 70 |
| TSSConc (%) = −26.926 + 23.669*Y_{100Hz} | 0.997 | $\leq 0.01$ | 99.90 | 69.79 | 0.997 | $\leq 0.01$ | 0.47 | 0.31 | 0.48 | 0.32 |
| OA (g·100 g⁻¹) = 0.998 − 0.003*Z_{100Hz} | −0.962 | $\leq 0.01$ | 0.47 | 0.31 |
| OA (g·100 g⁻¹) = (−0.205) + 0.129*Y_{100Hz} | 0.972 | $\leq 0.01$ | 0.48 | 0.32 |

$r$—correlation coefficient; $p$—level of significance; $Z_{100Hz}$—impedance measured at $f = 100$ Hz; $Y_{100Hz}$—admittance measured at $f = 100$ Hz.

### 3.2. Changes in Capacitance Properties

The results of the measurements of equivalent parallel capacitance ($C_p$) demonstrated that increasing sucrose content in TSS of apple juice caused the $C_p$ values to decrease at all measuring voltage frequencies tested. The statistical analysis showed that the $C_p$ values of the solutions without sucrose addition (0%) and the solutions with 15%, 20%, 25%, and 30% sucrose content in TSS differed significantly when measured at $f = 100$ Hz and $f = 1$ kHz and did not differ significantly at $f = 100$ kHz (Table 3).

Likewise, the $C_p$ values of the equivalent serial capacitance ($C_s$) also depended on both the measuring voltage frequency and sucrose addition. At $f = 100$ Hz, increasing the content of sucrose (0-30%) and consequently decreasing the content of TSS of the concentrate (TSSConc) caused the $C_s$ values to increase. At $f = 1$ kHz, the $C_s$ values increased insignificantly, whereas at $f = 100$ kHz they decreased along with increasing sucrose content in TSS (Table 3).
The statistical analysis of changes in \( C_p \) and \( C_s \) values of the sweetened apple juices demonstrated that not all of them differed significantly between each other. At \( f = 100 \) Hz, the \( C_s \) value of the juice without sucrose addition (0%) differed significantly \((p \leq 0.05)\) from the \( C_s \) values of the juices with 20%, 25%, and 30% sucrose content in TSS, whereas the \( C_s \) value of the juices with 30% and 25% sucrose content differed from the corresponding values measured for the juices with 0% and 15% sucrose content in TSS. In contrast, the differences between the \( C_s \) values measured at \( f = 1 \) kHz for the juices without sucrose and with sucrose addition (20%, 25%, and 30%) did not differ significantly. The statistical analysis of results of \( C_s \) measurements conducted at \( f = 100 \) kHz for the juices differing in sucrose addition showed significant differences between values \((p \leq 0.05)\). This means that the increase in sucrose content of TSS was accompanied by the deteriorating ability of the water solutions of apple juice concentrate (apple juice) to accumulate electric charges (Table 3). As in the case of \( Z_{100Hz} \) and \( Y_{100Hz} \) values, the linear regression analysis carried out for changes in \( C_p \) and \( C_s \) values in the function of varying sucrose contents in TSS demonstrated that these parameters also enable the highly probable \((p \leq 0.01)\) determination of TSS\_Conc content and, by this means, sucrose content in the water solutions of apple juice concentrate, but only at the selected frequencies of the measuring voltage. For \( C_p \), significant \((p \leq 0.01)\) correlations were obtained at \( f = 100 \) Hz and \( f = 1 \) kHz \((r = 0.994)\), whereas for \( C_s \) it was only at \( f = 100 \) kHz \((r = 0.962)\). Verifying the correctness and accuracy of the TSS\_Conc and OA regression equations determined based on \( C_p \) and \( C_s \) measurements (Table 4), it was observed that the same values as the assumed values were achieved only for OA content. The computations performed for TSS showed that similar values were obtained in the juices with 100% and 70% TSS\_Conc. For \( C_{p100Hz} \) and \( C_{p1kHz} \), the TSS\_Conc content was 99.85% and 70.59% as well as 99.80% and 70.47%, respectively. In turn, for \( C_{s100kHz} \) the value was 98.67% and 71.03%, respectively (Table 4). This means that, as in the case of the conductivity parameters, the above equations enable highly probable determination of TSS\_Conc and OA contents in apple juices using the capacitance parameters.

The significant differences in the values of the conductivity (\( Z, Y \)) and capacitance parameters (\( C_p, C_s \)) in the function of sucrose content in TSS as well as the regression equations obtained based on these values affirm the usability of the RCC model for determining sucrose content in apple juice. In turn, considering that the \( Z \) and \( Y \) measurements are more rapid and simpler to conduct than the determination of organic acids content (OA) with the reference method, it was found advisable to continue the research on other types of fruit juices. As for the measuring cell, the system with two parallel flat electrodes can be adapted for determining sucrose content in juices, similarly to the investigations performed by Widodo et al. [46]. The results obtained in our experiment can be used in the future to develop a screening technique for state bodies that would allow them to evaluate the authenticity of commercial juices or their adulteration with sucrose. In turn, the significant correlations demonstrated between the conductivity parameters of apple juice at \( f = 100 \) Hz
(i.e., twice the electric grid frequency of 50 Hz) will enable the design of portable devices as an alternative to standardized methods in terms of price and simplicity.

Table 4. Linear regression analysis of total soluble solids from concentrate (TSS\text{Conc}) and organic acids (OA) content of aqueous apple juice concentrate solutions as a function of electrical capacitance ($C_p$, $C_s$) with sucrose addition from 0% to 30%.

| Regression Equation | $r$ | $p$ | Calculated Values | Established/Measured Values |
|---------------------|-----|-----|-------------------|-----------------------------|
| TSS\text{Conc} (%) = 33.981 + 0.221$C_{p100Hz}$ | 0.994 | $<0.01$ | 99.85 | 70.59 | 100 | 70 |
| TSS\text{Conc} (%) = 31.252 + 13.368$C_{p1kHz}$ | 0.994 | $<0.01$ | 99.80 | 70.47 |
| TSS\text{Conc} (%) = 22.805 + 21.766$C_{s100kHz}$ | 0.962 | $<0.01$ | 98.67 | 71.03 |
| OA (g·100 g$^{-1}$) = 0.1244 + 0.0012$C_{p100Hz}$ | 0.975 | $<0.01$ | 0.48 | 0.32 | 0.48 | 0.32 |
| OA (g·100 g$^{-1}$) = 0.1084 + 0.0731$C_{p1kHz}$ | 0.977 | $<0.01$ | 0.48 | 0.32 |
| OA (g·100 g$^{-1}$) = 0.0543 + 0.1219$C_{s100kHz}$ | 0.969 | $<0.01$ | 0.48 | 0.32 |

$r$—correlation coefficient; $p$—level of significance; $C_{p100Hz}$—equivalent parallel capacitance, measured at $f = 100$ Hz; $C_{s100kHz}$—equivalent serial capacitance, measured at $f = 100$ kHz.

Ibba et al. [24] used impedance measurements with the electrochemical impedance spectroscopy (EIS) method to determine the ripening degree of apples and bananas by employing RC and RRC electrical models differing in the variants of coupling resistance (R) with capacitance (C) in a frequency range from 100 Hz to 85 kHz. Based on the example of the RRC model, the authors demonstrated that Warburg’s element ($Y_0$) added to the model of serial resistance ($R_s$) connected to parallel resistance ($R_p$) and capacitance ($C_p$) provided the best fitting to the experimental data. The Warburg impedance element was intended for the explanation of the mass diffusion process occurring at the interface between an electrode and an electrolyte, specifically the diffusion of ions towards the electrode. This is due to the fact that the electrical properties of plant tissues are determined by both the features of cellular components and membrane structures. Therefore, the measurements of their electrical parameters are summarized at different frequency ranges, other than for liquids. The cell membranes of plant tissues probably influence the electric capacity of the system and make the RCC model more useful for the evaluation of the fruit ripeness compared to the RRC model. The RCC model was also applied by Mabrook and Petty [49,50] to determine the chemical composition and dilution of milk. Thus, this model can be deemed more versatile than the equivalent RRC model employed in the analysis of the physicochemical properties of food products, in which the equivalent parallel capacitance ($C_p$) is replaced by the equivalent parallel resistance ($R_p$). The feasibility of employing the RCC model to assess the quality of milk and juices is additionally justified by granted patents [36,51].

4. Conclusions

The significant ($p \leq 0.01$) mathematical correlations obtained between the content of total soluble solids in apple juices prepared from the concentrate (TSS\text{Conc}), the content of organic acids (OA), and the values of electrical parameters ($Z$, $Y$, $C_p$, $C_s$) measured in the system of the RCC equivalent electrical model, point to the feasibility of using them to evaluate the adulteration of natural dissociating solid components with sucrose.

The computations based on regression equations demonstrated a high usability of conductivity parameters ($Z$, $Y$) measured in a frequency range from 100 Hz to 100 kHz. The use of $Z_{100Hz}$ and $Y_{100Hz}$ is recommended for designing an alternative, inexpensive, and portable prototype of the device due to practical applications. In turn, the measurements of capacitance can be useful only at selected frequencies ($C_p$: 100 Hz and 1 kHz; $C_s$: 100 kHz).

The method developed and presented in this work is faster, more effective, and more objective than traditional analytical methods used to detect adulteration of fruit juices with sucrose. This method can be used to determine the dissociating components (capable of
transferring electric charges), mainly organic acids, which are the basic quality determinants of apple juice and other fruit juices. Therefore, the results obtained provide a sound basis for further research on the improvement of this electric method as an alternative to traditional analytical methods used to detect adulteration of commercial fruit juices with sucrose and other sweeteners.

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