The Peculiar Transient AT2018cow: A Possible Origin of a Type Ibn/In Supernova

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We present our photometric and spectroscopic observations of the peculiar transient AT2018cow. The multiband photometry covers from peak to ~70 days, and the spectroscopy ranges from 5 to ~50 days. The rapid rise ($t < 2.9$ days), high luminosity ($M_V$ peak $\sim -20.8$ mag), and fast decline after peak make AT2018cow stand out from any other optical transients, whereas we find that its light curves show a high resemblance to those of Type Ibn supernovae. Moreover, the spectral energy distribution remains at a high temperature of 14,000 K at $t > 20$ days after discovery. These emission lines are reminiscent of the features seen in interacting supernovae like the Type Ibn and In subclasses. We fit the bolometric light curves with a model of circumstellar interaction and radioactive decay of $^{56}$Ni and find a good fit with ejecta mass $M_e \sim 3.16 M_{\odot}$, circumstellar medium (CSM) mass $M_{\text{CSM}} \sim 0.04 M_{\odot}$, and ejected $^{56}$Ni mass $M_{^{56}\text{Ni}} \sim 0.23 M_{\odot}$. The CSM shell might be formed in an eruptive mass ejection of the progenitor star. Furthermore,
medium (CSM) and the SN shock (Rivera Sandoval et al. 2018; Margutti et al. 2019; Leung et al. 2020), and electron-capture collapse of a white dwarf (Lyutikov & Toonen 2019). And Margutti et al. (2019) suggested that there should be a deeply embedded X-ray source in an asymmetrical ejecta. Soker et al. (2019) proposed a common envelope jet supernova scenario for AT2018cow, where the neutron star enters the envelope of a massive star and launches jets which explode the stellar core.

In this paper, we present our optical photometric and spectroscopic observations of AT2018cow. Spectroscopic observations spanned the period from 2018 June 21 to 2018 August 14, and photometric observations lasted until 2018 September 21. In Section 2, we describe our spectroscopic and photometric observations, as well as data processing. In Section 3, we analyze the observational properties of AT2018cow, including light-curve and spectral evolution. The analysis of the host galaxy is presented in Section 4. In Section 5, we explore the possible physical origins of AT2018cow. Further discussion and a final summary are given in Sections 6 and 7, respectively.

2. Observations and Data Reduction

2.1. Photometric Observations

The optical photometric observations of AT2018cow were monitored by several observatories, including the 0.8 m Tsinhua University–NAOC telescope (TNT; Huang et al. 2012) at Xinglong Observatory of NAOC (XLT), the AZT-22 1.5 m telescope (AZT) at Maidanak Astronomical Observatory (Eh gamberdiev 2018), the telescopes of the Las Cumbres Observatory network (LCO), and the telescope of Konkoly Observatory in Hungary (KT). Photometric and spectroscopic data from LCO were obtained via the Global Supernova Project (GSP). We also collected early-time photometric data from the Observadores de Supernovas Group (ObSN) in Spain. The TNT and LCO observations were obtained in the standard Johnson–Cousins $UBVR$ bands and Sloan Digital Sky Survey (SDSS) $gri$ bands. Long-time and short-cadenced observations in the $UBVRi$ bands were obtained by AZT. The KT observations were obtained in the $BVRI$ bands. Data from ObSN were obtained in the $BVri$ and $gr$ bands. The entire data set covers phases from MJD 58,286.89 (2018 June 17.89) to MJD 58,348.74 (2018 August 18.74). The earliest photometric data point comes from ObSN in the $V$ band on MJD 58,286.89, which is $\sim 0.27$ day earlier than that presented in Prentice et al. (2018). Besides the fast rise, the object faded very quickly. The late-time photometry may be influenced by contamination from the galaxy. Thus, for AZT, LCO, and KT, we obtained reference images in each band in 2019 March, 2018 October, and 2019 February, respectively. The reference images were obtained in all corresponding bands except for the $U$ band of AZT. For TNT images, since the source is still bright during the observations, the influence of the background is negligible. Although the observations continued after 2018 August 18, the object became too faint to be distinguished from the background.

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40 We assume a flat universe with $H_0 = 67.7 \, \text{km s}^{-1} \, \text{Mpc}^{-1}$, $\Omega_m = 0.307$ (Planck Collaboration et al. 2016).
Table 1
Portion of Optical Photometric Observations of AT2018cow

| MJD    | Mag  | Mag. Error | Band | Telescope/Reference |
|--------|------|------------|------|---------------------|
| 58,285.4400 | 14.700 | 0.100 | o    | Smartt et al. (2018) |
| 58,286.1950 | 14.320 | 0.010 | i    | Frenling (2018)     |
| 58,286.8880 | 13.695 |        | V    | ObsSN               |
| 58,287.1330 | 13.593 |        | V    | ObsSN               |
| 58,287.1500 | 13.400 | 0.050 | g    | Prentice et al. (2018) |
| 58,287.1500 | 13.800 | 0.100 | r    | Prentice et al. (2018) |
| 58,287.1500 | 14.100 | 0.100 | i    | Prentice et al. (2018) |
| 58,287.4440 | 13.674 |        | V    | ObsSN               |
| 58,287.9270 | 13.771 |        | V    | ObsSN               |
| 58,287.9400 | 14.021 |        | i    | ObsSN               |
| 58,287.9460 | 13.926 |        | r    | ObsSN               |
| 58,287.9520 | 13.742 |        | V    | ObsSN               |
| 58,287.9540 | 13.692 |        | B    | ObsSN               |
| 58,287.9540 | 13.692 |        | g    | ObsSN               |
| 58,287.9750 | 13.725 |        | R    | ObsSN               |
| 58,288.0677 | 13.809 | 0.021 | B    | LCO                 |
| 58,288.0677 | 13.939 | 0.013 | V    | LCO                 |
| 58,288.0677 | 13.787 | 0.011 | i    | LCO                 |
| 58,288.0677 | 14.573 | 0.016 | i    | LCO                 |
| 58,288.0677 | 14.295 | 0.017 | r    | LCO                 |

(This table is available in its entirety in machine-readable form.)

All UBVRI and gri images are preprocessed using standard IRAF\(^{41}\) routines, which include corrections for bias, flat-fielding, and removal of cosmic rays. To remove the contamination from the host galaxy, we applied template subtraction to the AZT, LCO, and KT images. Note that the instrumental magnitudes of both AT2018cow and the reference stars were then measured using the standard point-spread function (PSF). Then, the instrumental magnitudes were converted to standard Johnson and SDSS gri-band magnitudes using the zero-points and color terms of each telescope. The resultant magnitudes are listed in Table 1. We also include the early photometry from Prentice et al. (2018) for comparison. The light curves are shown in Figure 1.

It can be seen that AT2018cow rises to a peak at MJD \(\sim 58,287.0\) in the \(V\), \(R\), and \(I\) bands, where the light curves are better sampled around the peak. The latest nondetection limit is on MJD 58,284.13 in the \(g\) band (Prentice et al. 2018), so the rise time of AT2018cow is less than 2.9 days. If we take the median of the first detection (i.e., discovery by ATLAS), MJD 58,285.44, and the latest nondetection (i.e., MJD 58,284.13) as the first-light time, then the rise time is \(\sim 2.2\) days. We apply an explosion time on MJD 58,284.13 within \(\pm 0.66\) throughout this paper. This rise time is too short compared to SNe, which usually have rise times of more than 10 days. After the peak, the light curves decline as fast as 0.33, 0.27, and 0.22 mag day\(^{-1}\), within the first 10 days in the \(V\), \(R\), and \(I\) bands, respectively.

2.2. Optical Spectroscopic Observations

Our first spectrum was taken on 2018 July 21 by the 2.16 m telescope at the XLT. A total of 31 spectra were collected with different telescopes, including the XLT, the 2 m Faulkes Telescope North (FTN) of the LCO network, and the 9.2 m Hobby–Eberly Telescope (HET). The details of the spectroscopic observations are listed in Table 2.

All spectra were reduced using the standard IRAF routines, which involve corrections for bias, flat-fielding, and removal of cosmic rays. The Fe/Ar and Fe/Ne arc lamp spectra obtained during the observation nights were used to calibrate the wavelength of the spectra, and standard stars observed on the same night at similar airmasses as the SN were used to calibrate the flux of the spectra. The spectra were further corrected for continuum atmospheric extinction during flux calibration using mean extinction curves obtained at XLT and Haleakala Observatory in Hawaii. Moreover, telluric lines were removed from the spectra of XLT and FTN. We recalibrated the fluxes of the spectra to the multiband photometry data. The UV data from Perley et al. (2019) are included in the recalibration process. The recalibrated spectra are shown in Figure 2.

On 2019 September 17, when AT2018cow had already faded away in the host galaxy, a spectrum was obtained at the site of AT2018cow by HET. There are some narrow absorption lines in the resultant spectrum, which are an artifact of data reduction. The HET LRS2 is an IFU spectrograph having 280 individual fibers packed close together in a rectangular pattern with a field of view of 12" \(\times\) 6", which is smaller than the size of the host galaxy of AT2018cow. Since the data reduction pipeline determines the background by combining the fibers having the lowest flux level, the background will necessarily contain some of the galaxy features. Thus, the spectra show some fake absorption lines resulting from subtraction of the emission lines from other faint parts of the host galaxy. These fake lines are manually removed from the spectrum. A detailed analysis of this spectrum is presented in Section 4.

3. Observational Properties

3.1. Light Curves and Color Evolution

The light curves of AT2018cow show much faster evolution than other optical transients. In Figure 3, we compare the V-band light curves of AT2018cow with other SNe of different subtypes, including the peculiar fast-evolving transient KSN2015K
One can see that both the rise and decline of AT2018cow are faster than those of any other known fast-evolving SNe. The rise time is very close to that of KSN2015K, while AT2018cow is about 2 mag brighter. Most SLSNe have much slower evolution, so we do not show them in the plot. In peak luminosity, AT2018cow is close to the Type Ibn SN iPTF15ul (Hosseinzadeh et al. 2017), while it is similar to the Type Ibn SN 2006jc in terms of fast decline after the peak. It should be noted that the high luminosity and rapid evolution seen in AT 2018cow lie in the range of SNe Ibn.

During our observations, AT2018cow maintains a very blue color (i.e., $B - V \sim -0.1$ mag; Figure 4). Thus, it should suffer little reddening from its host galaxy. This can also be verified by the absence of an Na I D absorption line in the spectra. We only consider the Galactic extinction of $E(B - V) = 0.08$ (Schlafly & Finkbeiner 2011) for AT2018cow and ignore the host extinction in this paper. As also proposed by Perley et al. (2019), the photospheric temperature of AT2018cow is as high as $\sim 30,000$ K near maximum light and still as high as $\sim 14,000$ K at $\sim 50$ days after discovery. This is not seen in any other optical transients ever discovered. For SNe, the photospheric temperature can be high in early times but usually cools down to $\sim 5000$ K a few weeks after explosion, since the energy source is not strong enough to maintain a very high temperature. So the color of normal SNe will become red in late phases. In Figure 4, we show the $B - V$ color evolution of AT2018cow in comparison with other SNe. The color evolution of AT2018cow resembles that of SN 2006jc.

Assuming a blackbody spectral energy distribution (SED) shape, the spectra of SN 2006jc also seem to present an unusually high effective temperature, $\sim 15,000$ K on day 8; then the temperature grows to $25,000$ K on day 25 and drops to $15,000$ K around day 60. The temperature decreases to $\sim 3500$ K and then stays flat after day 80. Nevertheless, the interaction and blending of iron lines may indeed contribute to the high temperature.

Another interesting point is that the photospheric radius seems to be decreasing since the very beginning, unlike that of normal SNe, which will increase before peak and then decrease as a result of the expansion and dilution of the ejecta. The absence of an expansion phase is the main problem of the SN origin of AT2018cow.

### 3.2. Spectral Evolution: Signatures of Interaction

The spectra of AT2018cow are characterized by a featureless blue continuum in the first $\sim 10$ days after discovery, and some broad emission features emerge later, with possible contamination from the host galaxy. Featureless and blue spectra are common in SNe due to high photospheric temperatures at early phases. Then, spectral lines appear as the temperature decreases. We create normalized spectra of AT2018cow from the observed spectra by subtracting and dividing the best-fit single-blackbody continuum of each spectrum. In the first 10 days, the spectra are characterized by a wide feature near 5000 Å, as shown in Figure 5. Later on, many broad emission
lines emerge, overlapped with many narrow and strong emission lines. And there is a flux excess in the red end, which is probably due to dust emission in later phases. As proposed by Fox & Smith (2019), the spectra of AT2018cow might have shown signatures of circumstellar interaction (CSI) like SNe Ibn and IIn, while the typical features of CSI are narrow emission lines of H and He. The last spectrum taken by HET shows many narrow emission lines (FWHM $< 4$ Å) that are apparently from the background host galaxy. Although other spectra of AT2018cow do show strong but broader Hα lines since day 8 (Figure 2), it is quite possible that the lines of H are from the host galaxy, not AT2018cow. The reason is that those spectra do not have such high resolution as the HET spectrum, so the narrow lines are broadened. To figure out whether the narrow emission lines are from the host galaxy or AT2018cow, we measured the FWHMs of the Hα line in each spectrum and compared it with other lines in the same spectrum. The results show that the widths of the Hα lines are only slightly broader (by less than 10 Å, within the uncertainty) than other narrow lines, such as [N II] and [S II], indicating that they are probably from the host galaxy. Thus, we conclude that there is no significant narrow emission of H in AT2018cow.

To better look into the spectral features of AT2018cow at $t > 10$ days, we carefully subtracted the narrow emission lines of Hα, [N II] λ6548, 6583, and [S II] λ6730, 6716 from the spectra. For the spectra taken from $\sim 10$ to $\sim 59$ days after discovery, we identify shallow and broad emission lines that can be attributed to H I, He I, He II, O I, O III, and C III lines (as shown in Figure 6). The O I, O III, C II, and He II lines dissipated after around day 45. The peaks of these lines are all slightly redshifted by up to 2000 km s$^{-1}$. The emission lines of AT2018cow are much broader than most SNe Ibn and IIn. The He I λ5876 line has an FWHM of $\sim 300$ Å ($\sim 15,000$ km s$^{-1}$) at day 14, which is 1 mag higher than that of most SNe Ibn ($\sim 1000$ km s$^{-1}$). In late phases, the broad lines become narrower, with the FWHM decreasing to $\sim 3000$ km s$^{-1}$ on day 59. Meanwhile, these broad emission lines are redshifted with velocities decreasing from $\sim 1800$ km s$^{-1}$ when they first emerge to hundreds of kilometers per second in late phases. In the region of Hα, there is a broad emission line, which should be a blending of Hα and He I λ6678. This line is seen getting narrower over time and split into two lines after $t \sim 30$ days, and the peaks move to the rest wavelength. In addition to the long-existing broad emission lines, a weak and narrow (FWHM $\sim 800$–1000 km s$^{-1}$) He I λ6678 line emerged in the spectra after $t \sim 20$ days. This narrow line is certain to be from AT2018cow, as it does not appear in the spectrum of the host galaxy. To conclude, the broad emission lines of highly ionized elements (C III, O III) indicate that there is possible CSM interaction at very early times ($t < 10$ days). And the appearance of narrow He emission lines in late times ($t > 20$ days) implies the existence of another distant CSM formed around the progenitor object.
It is natural to think of an interacting SN picture for AT2018cow. Fox & Smith (2019) found the similarity between AT2018cow and some SNe Ibn and IIn. Here we argue that although AT2018cow shows signatures of interaction similar to SNe Ibn and IIn, its spectral evolution is quite different from that of SNe Ibn and IIn. In Figure 7, we show the spectral evolution of AT2018cow compared with some well-observed SNe Ibn, SN 2006jc (Pastorello et al. 2007; Smith et al. 2008), SN 2015U (Pastorello et al. 2015b; Shivvers et al. 2016), and SN 2002ao (Pastorello et al. 2008a), and a typical SN IIn, 2010jl (Smith et al. 2012c; Zhang et al. 2012). From Figure 7, we can see the diversity of SNe Ibn. As it has weaker lines at all phases, AT2018cow seems to have different spectral features from any other interacting SNe. At earlier phases, AT2018cow is characterized by a blue featureless continuum like that seen in some core-collapse SNe (CCSNe) as a result of high temperature, i.e., SN 2015U from our comparison sample, while SN 2015U shows a narrow P Cygni absorption feature, indicating the recombination of He in the CSM (Shivvers et al. 2016). Note that the emission lines of AT2018cow emerged at later phases and are much weaker compared to SN 2006jc and SN 2002ao. Moreover, the Ca lines are very strong

in SN 2006jc and SN 2015U but weak in AT2018cow. At late times, AT2018cow shows similarities to SN 2002ao, both being dominated by broad lines, while P Cygni absorption of He I lines is present in SN 2002ao, and the lines are stronger. The line velocity of He I at \( t + 24 \) days is \( \sim 8500 \text{ km s}^{-1} \) for SN 2002ao, slightly higher than AT2018cow (\( \sim 7000 \text{ km s}^{-1} \)). Object SN 2002ao is claimed as 06jc-like, which are proposed as Wolf–Rayet (WR) stars exploded in an He-rich CSM (Pastorello et al. 2008a). Although SNe Ibn and IIn are distinguished by the strength of the H emission lines, there are some transitional objects that show roughly equal strength of the H and He emission lines, for example, SN 2005la (Pastorello et al. 2008b) and SN 2011hw (Smith et al. 2012b; Pastorello et al. 2015a).

In most interacting SNe, like SNe Ibn and IIn, the emission lines have velocities in the range of tens to a few thousand kilometers per second, depending on the wind velocities of the progenitor stars. The wind velocities are related to the type of the progenitor stars. At the same metallicities, stars with larger initial masses are expected to have stronger stellar winds and therefore higher wind velocities when they evolve to the end of life (see Smith 2014 and references therein). Some of the objects show intermediate-width emission lines \( (1000 \text{ km s}^{-1} < v < 4000 \text{ km s}^{-1}) \), like SN 2006jc. In the spectra of SN 2006jc, the bluer He lines show narrow P Cygni profiles, while the redder He lines show an intermediate-width emission component \( \text{FWHM} \approx 3000 \text{ km s}^{-1} \); Foley et al. 2007). The broad emission features in AT2018cow are apparently different from the spectral features in ordinary SNe II. The lack of absorption features implies that AT2018cow is possibly more

\[ T = t^{-0.5} \]

Figure 4. Upper: \( B - V \) evolution of AT2018cow, in comparison with other well-observed SNe. Symbols and references are the same as in Figure 3. Lower: temperature evolution of AT2018cow. The dashed line shows the estimation of the early temperature as \( T \propto t^{-0.5} \), which is used to estimate the early-time bolometric luminosity (see Section 5).

Figure 5. Normalized spectra of AT2018cow in the first 10 days. The shaded areas mark the region of telluric lines.
similar to SNe Ibn/IIn, while the velocities of the broad emission component in AT2018cow (v ~ 10,000 km s⁻¹) are much higher than those of normal SNe Ibn/IIn. The lack of narrow emission lines in AT2018cow and relatively weak lines make it unique among interacting SNe. This is not an argument against the interacting SN origin of AT2018cow, because spectral diversity is seen in other SNe Ibn and IIn (e.g., Hosseinzadeh et al. 2017). The absence of narrow lines might result from a closely located CSM that was immediately swept up by the shock within a short time period.

4. Host Galaxy Environment

We notice that the spectra of AT2018cow are almost featureless at early phases (t < 10 days). Later on the spectra are some broader features overlapped with many narrow emission lines that are probably due to the emission from the background galaxy. We obtained a spectrum of the host at the location of AT2018cow with the 9.2 m HET on 2019 September 17 (corresponding to ~460 days after discovery), as shown in Figure 8.

The spectrum is characterized by that of a typical H II region, which implies that this region is currently at gas phase and star-forming. One can see strong emission lines of H, He, N, S, O, and an Na I D absorption line at the rest wavelength of the Milky Way. With this spectrum, we are able to measure the intensities of the emission lines and then derive the properties of the local environment. Following Curti et al. (2017), we get a local metallicity of 12+log(O/H) ~ 8.65 ± 0.07, which is solar-like and within the range of other SNe Ibn (Pastorello et al. 2016). The star formation rate (SFR) can be derived from the luminosity of the Hα emission line, for which we measured L(Hα) ≈ 1.82 × 10³⁹ erg s⁻¹. This is consistent with the result from Lyman et al. (2020), L(Hα) ≈ 1.35 × 10³⁹ erg s⁻¹, at the site of AT2018cow, considering that we applied a larger distance. Using the conversion factor given in Sullivan et al. (2001), we get SFR(Hα)local ≈ 0.015 M⊙ yr⁻¹. We also examine the [O II] 3727 line and get L(O II) ≈ 8.76 × 10³⁸ erg s⁻¹. With the relation given in Kennicutt (1998), we get SFR(O II)local ≈ 0.012 M⊙ yr⁻¹, which is consistent with that from the Hα line. To get more information on the local environment of AT2018cow, we use Firefly (Wilkinson et al. 2017) to fit the spectrum with stellar population models. The input models are two M11 stellar libraries, MILES and STELIB (Maraston & Strömbäck 2011), and the initial mass function “Kroupa” (Kroupa 2001) is adopted in the fit. Figure 8 shows the best-fit spectra, from which we get a stellar mass of M_∗ ~ 5 × 10⁶ M⊙. Combining the above SFR and stellar mass information, we can get a local specific SFR (sSFR) as log(sSFR)local ~ −8.5 (yr⁻¹).

The SDSS (Abolfathi et al. 2018) took one spectrum at the center of the host galaxy of AT2018cow on MJD 53,566. As the HET spectrum we obtained only provides the local information, we also use the SDSS spectrum to measure the above corresponding parameters for the whole galaxy. The resulting metallicity is the same as that measured from the HET spectrum spotted at the site of AT2018cow, while the SFR is measured as SFR(Hα)_center ≈ 0.008 M⊙ yr⁻¹ if we do not consider any host extinction. The Firefly fit shows that the stellar mass of the nucleus is M_∗ ~ 2.6 × 10⁸ M⊙. We caution that the SDSS spectrum only
Figure 8. Upper panel: spectrum taken at the location of AT2018cow. Lower panel: Firefly fitting of the host spectra at the site of the object and galaxy center. The overplotted colored lines are the best-fit models of Firefly.

includes the flux from the galaxy center; thus, the SFR is expected to be lower. For the whole galaxy, we refer to the results from other studies. Perley et al. (2019) and Lyman et al. (2020) found the stellar mass and SFR in good agreement with each other, although they adopted different distances. At $D_L = 63$ Mpc, stellar masses in these two studies become $M_* \approx 1.56 \times 10^9$ and $1.85 \times 10^9 M_\odot$, respectively. And the SFR from Lyman et al. (2020) becomes $0.20 M_\odot$ yr$^{-1}$. In the following discussion, we adopt an average of these results, i.e., $M_* \approx 1.70 \times 10^9 M_\odot$, SFR $\approx 0.21 M_\odot$ yr$^{-1}$, and log(SFR) $\approx -9.88$ (yr$^{-1}$).

The host environment may provide a clue to the physical origin of AT2018cow. We compare the host environment parameters with other well-studied transients, including SNe Ia (Smith et al. 2012a; Galbany et al. 2014), CCSNe (Svensson et al. 2010; Galbany et al. 2014), SLSNe (Angus et al. 2016), and gamma-ray bursts (GRBs; Svensson et al. 2010). As shown in Figure 9, the host galaxy of AT2018cow is located among SNe Ia, CCSNe, and GRBs but away from the SLSN group. The host galaxy of AT2018cow has a stellar mass close to the median of the GRBs but at the lower end of the SN group, except for SLSNe. We cannot say for sure which group it should belong to, and it is likely that AT2018cow is distinct from SLSNe, although AT2018cow has a peak luminosity comparable to them. Meanwhile, the local high SFR of AT2018cow may imply that AT2018cow probably originated from a massive star.

Figure 9. Host galaxy parameters of AT2018cow compared with other types of transients.

5. Modeling the Rapidly Evolving Light Curves

The physical interpretation of AT2018cow is still in debate, although there are already several papers trying to uncover its physical origin. The radioactive decay (RD) of $^{56}$Ni is a well-known energy source for SNe (Arnett 1982). The bolometric light curve of AT2018cow cannot be powered by pure $^{56}$Ni, as the peak luminosity would require an ejected $^{56}$Ni mass of $\sim 6 M_\odot$ but a low ejecta mass $< 1 M_\odot$. In the above analysis, we find a high resemblance of the light curves of AT2018cow to those of SNe Ibn, and signatures of CSI are found in the spectra, so we try to fit the light curves of AT2018cow using the CSI model. The fast-declining and luminous bolometric light curve of SN 2006jc has been successfully modeled by CSI models (e.g., Tomimaga et al. 2008; Chugai 2009). The rapidly declining light curves can be related to the early shock cooling from the progenitor envelope. Since the progenitor has lost most of its hydrogen envelope, the shock cooling should be weak and short for the core collapse of a massive star. Another reasonable interpretation is the interaction of the SN ejecta with the surrounding CSM. This can be supported by the emission lines in the spectra (see Section 3.2).

We construct the bolometric light curves by integrating the UV and optical flux (the UV data are taken from Perley et al. 2019) and then apply a model in which CSI is dominating the early-time light curve. In order to better constrain the fitting, especially to obtain data before the peak, we estimate the prepeak bolometric luminosities based on the following assumptions: (1) the SED of AT2018cow is a blackbody and (2) the photometric temperature evolves as a power law $T \propto (t - t_0)^{-0.5}$, as we derived from the early temperature evolution. Then, the bolometric luminosities before MJD 58,288.44 are estimated using the single-band photometry data. We adopt a hybrid model that includes $^{56}$Ni powering and the interaction of the SN ejecta with a dense CSM with a density profile as a power law, i.e., $\rho_{\text{CSM}} \propto r^{-s}$, where the typical value of $s$ is 2 and 0 (e.g., Chatzopoulos et al. 2012, 2013; Wang et al. 2019). In our model, the density distribution of the ejecta is uniform in the inner region ($\delta = 0$) and follows a power law ($\rho \propto r^{-12}$) in the outer region. The early fast-rising light curve of AT2018cow is mainly powered by CSI, while the slower-declining tail is dominated by RD of $^{56}$Ni. We first consider the case of $s = 2$, which corresponds to a steady-wind CSM. The best-fit light curve is shown in Figure 10, and the fitted parameters are presented in Table 3. As shown in Figure 10, our CSI+RD ($s = 2$) model can fit the observations quite well. The mass-loss rate of the
progenitor star can be estimated as $0.1 (v_{\text{CSM}}/100 \text{ km s}^{-1}) M_\odot \text{ yr}^{-1}$, $\sim 1 M_\odot \text{ yr}^{-1}$ with $v_{\text{CSM}} \sim 1000 \text{ km s}^{-1}$. Margutti et al. (2019) also reached a similar conclusion by analyzing the optical and X-ray data. Such a mass-loss rate is much higher than that found from the radio observations of AT2018cow ($M \sim 10^{-4} - 10^{-3} M_\odot \text{ yr}^{-1}$; Ho et al. 2019 had a similar conclusion). If we set a limit on the mass-loss rate, the model can hardly fit the observations. Thus, we claim that the early bright and fast-evolving light curve of AT2018cow cannot be produced by CSI with a steady stellar wind.

We then try the other case where $s = 0$, i.e., the density of the CSM is a constant. The fitting result is shown in Figure 10, and the fitted parameters are presented in Table 3. As shown in Figure 10, with $M_{\text{ej}} \approx 3.16 M_\odot$, $M_{\text{CSM}} \approx 0.04 M_\odot$, and $M_{\text{Ni}} \approx 0.23 M_\odot$, the $\text{CSI}^{+\text{Ni}}(s = 0)$ model can also provide a plausible fit for the observed bolometric light curve. The inferred inner radius of the CSM gives a constraint on the radius of the progenitor star $R < 3 R_\odot$, which is consistent with the typical size of WR stars. The CSM shell extends outward to a radius of $8.70 \times 10^{13} \text{ cm}$ ($\approx 1200 R_\odot$), implying that the CSM was formed shortly before the explosion. Such a CSM shell can be produced by an episodic mass ejection from the progenitor star, like a luminous blue variable (LBV), or from a common-envelope episode of a binary system. Combining the mass and velocity of the ejecta, the kinetic energy of the ejecta can be estimated as $6.6 \times 10^{51} \text{ erg}$, several times higher than that of the ordinary SNe Ibc and rather similar to the broad-lined SNe Ic (SNe Ic-BL; Lyman et al. 2016), which are found to be possibly associated with long GRBs (e.g., SN 1998bw; Iwamoto et al. 1998; Nakamura et al. 2001). The high velocity of the ejecta might be connected to a relativistic jet.

Alternatively, the bolometric luminosity and effective temperature evolution can be explained by a magnetar-powered model (Nicholl et al. 2017). Assuming that the opacities of the ejecta are $\kappa = 0.2 \text{ cm}^2 \text{ g}^{-1}$ for the optical photon and $\kappa_{\text{mag}} = 0.013 \text{ cm}^2 \text{ g}^{-1}$ for the magnetar wind, respectively, the best-fit parameters for this model are $t_0 = 58,283.4$, $M_{\text{ej}} = 0.1 M_\odot$, $v_{\text{ej}} = 2.72 \times 10^5 \text{ km s}^{-1}$, $P = 4.5 \text{ ms}$, and $B = 1.11 \times 10^{14} \text{ G}$, where $P$ and $B$ are the initial spin period and magnetic field strength of the nascent magnetar, respectively. We caution that the best-fit $M_{\text{ej}} = 0.1 M_\odot$ is the lower limit of the magnetar model in our fitting program. If no limit is given, the fitting tends to find a significantly lower value to fit the narrow light curve better. This may imply that the magnetar-powered model requires a rather low ejecta mass for AT2018cow.

### 6. Discussion: Progenitor Properties

In the previous section, we analyzed the bolometric light curve of AT2018cow based on the assumption that it is of SN origin. While we do not rule out other possibilities, especially a TDE origin, a main problem of the SN origin for AT2018cow is that the process of an expanding photosphere is missing. In early phases, the photospheric velocity may be very high ($\sim 0.1c$) for AT2018cow in the early phases. The photospheric radius has kept decreasing since very early times. This can be a clue for interpreting AT2018cow as a TDE. Both Margutti et al. (2019) and Lyman et al. (2020) found no evidence of the connection between the site of AT2018cow and an intermediate-mass black hole. Nevertheless, one can notice that the measurements of the photospheric radius start after the peak, probably suggesting that the expanding phase is not observed.

The magnetar-powered model can make a good fit to the bolometric light curve. The best-fit $B$ and $P$ of the central engine lies in the range of SLSNe (Lin et al. 2020 and references therein). The distinction between AT2018cow and SLSNe is the evolution timescale, which is related to the ejecta mass. Nicholl et al. (2017) found $M_{\text{ej}} \geq 2.2 M_\odot$, with an average of $4.8 M_\odot$. Besides, the low ejected mass ($M_{\text{ej}} \sim 0.1 M_\odot$) required by the magnetar model for AT2018cow is not likely favorable for a massive star, except for some really extreme cases. Some studies find that massive stars can be ultrastripped by binary interaction with a compact neutron star (Tauris et al. 2015). But in these cases, little H or He remains in the progenitor system, which is not consistent with the observed spectral features of AT2018cow. Thus, we disfavor the magnetar model for AT2018cow.

Our $\text{CSI}^{+\text{RD}}(s = 0)$ model makes a plausible fit to the bolometric light curve of AT2018cow. With $R < 3 R_\odot$, the
progenitor star is most likely to be a compact WR star. The ejected mass ($M_{ej} \approx 3 M_{\odot}$) is lower than that predicted by single stellar evolution models (e.g., Georgy et al. 2012) but around the mean value of SNe Ibc (Lyman et al. 2016). This might be a result of binary interaction or episodic eruptive mass loss during the lifetime of massive stars. It is hard to derive the mass of the progenitor star simply from the ejecta mass, since the mass-loss mechanisms of massive stars can be complicated and ambiguous.

In the case of $s = 0$, the CSM can be dense shells formed by the strong stellar winds of WR stars or an eruptive of LBV stars (Chevalier & Liang 1989; Dwarkadas 2011). According to our fitting result, with a wind velocity of 100 km s$^{-1}$, the eruption started several months before core collapse and was possibly still on when exploding. The average mass-loss rate is $\sim 0.15 M_{\odot}$ yr$^{-1}$, or even higher if the wind velocity is higher, lying well in the range of LBV eruptions (Smith 2014). Such mass-loss behavior can be found in some SNe IIn and Ibn (Gal-Yam et al. 2007; Kiewe et al. 2012; Moriya et al. 2014a; Pastorello et al. 2014; Taddia et al. 2015). Under this scenario, the progenitor of AT2018cow might be a massive star that is in an eruptive state. However, with $R < 3 R_{\odot}$, the progenitor star is most likely to be H- or even He-poor, and so is the CSM. There is a possibility that H and He are mixed into the inner shells so that the progenitor can keep some H/He at core collapse. Meanwhile, binary interaction might dominate the evolution of massive stars, which are thought to be the progenitors of stripped-envelope SNe. Mass loss can be quite efficient in binaries (Eldridge et al. 2017). Object SN 2006jc is a representative of interacting SNe originating from binary massive stars (Maund et al. 2016; Sun et al. 2020). In the binary scenario, the progenitors can be less massive stars, and the companion stars evolve slower so that they can keep their H/He envelopes. A common-envelope episode of a binary system can also form this dense CSM shell. The detection of H and He lines in the spectra of AT2018cow indicates that the CSM is not H-free. So it is quite possible that the CSM is from the companion star rather than the progenitor itself. The slightly redshifted peaks of the emission lines in the spectra of AT2018cow suggest asymmetry of the CSM, in favor of the common-envelope picture.

The progenitor star could be a very massive star that has experienced violent mass loss due to pulsational ejection. Recently, Leung et al. (2020) proposed a scenario based on a pulsational pair-instability SN model, concluding that the rapidly evolving light curve of AT2018cow can be explained by a $42 M_{\odot}$ He star exploding in a dense He-rich CSM ($M_{\text{CSM}} \sim 0.5 M_{\odot}$). The proposed model can fit the bolometric light curve well (at $t < 30$ days). However, the presence of H lines in the spectra of AT2018cow is inconsistent with the assumption that both the ejecta and CSM formed around AT2018cow should be H-poor. Leung et al. (2020) tested different compositions of the CSM and found that the amount of H in the CSM only has a slight effect on the bolometric light curve. Our fitting result is in agreement with Leung et al. (2020) in terms of the density and size of the CSM, but we find a much lower CSM mass. We do not assume any Ni mixing, while Leung et al. (2020) assumes that Ni is fully mixed into the outer layers of the ejecta. Nevertheless, both models may be plausible. Our model can correspond to a massive progenitor in a binary system, while Leung et al. (2020) required a very massive star whose zero-age main-sequence (ZAMS) mass is $80 M_{\odot}$. It is worth noting that Leung et al. (2019) claimed that a massive He core can only be formed under low metallicity ($Z \leq 0.5 Z_{\odot}$), which is inconsistent with our measurement of a solar-like metallicity environment for the progenitor of AT2018cow (see Section 4). This may imply that the progenitor of AT2018cow did not undergo pulsational pair instability (PPI).

The fast-evolving light curves of AT2018cow may be related to a very low ejecta mass, which is consistent with electron-capture SNe (ECSNe; Nomoto 1984, 1987; Nomoto & Kondo 1991; Moriya et al. 2014b). Stars with a ZAMS mass of $\sim 8-12 M_{\odot}$ form degenerate cores of O, Ne, and Mg, which are susceptible to electron capture, leading to core collapse. For KSN 2015K, an example of a FELT, Rest et al. (2018) preferred a CSI model, while Tolstov et al. (2019) found that the collapse of an ONeMg star surrounded by an optically thick CSM can also explain the fast rise of the light curve. However, the progenitors of ECSNe are thought to be super–asymptotic giant branch stars, which have stellar winds with relatively low velocities ($\sim 10$ km s$^{-1}$). According to theoretical predictions, ECSNe are usually faint and have low explosion energies (e.g., Botticella et al. 2009; Kawabata et al. 2010; Hiramatsu et al. 2020). Thus, the ECSN scenario is unlikely for AT2018cow.

7. Summary

In this paper, we present our photometric and spectroscopic observations of the peculiar transient AT2018cow. The multiband photometry covers from peak to $\sim 70$ days, and the spectroscopy ranges from 5 to $\sim 50$ days after discovery. The rapid rise ($t_{\text{rise}} \approx 2.9$ days), luminous light curves ($M_{V,\text{peak}} \sim -20.8$ mag), and fast postpeak decline make AT2018cow stand out from any other optical transients. After a thorough analysis, we find that the light curves and color evolution show a high resemblance to some SNe Ibn. With a detailed analysis of the spectral evolution and line identifications, we find that AT2018cow shows similar properties to the interacting SNe, like SNe Ibn and Ibn. Some broad emission lines due to H$\alpha$, He$\alpha$, He$\beta$, C III, O I, and O III emerge at $t \sim 10$ days, with $FWHM_{\text{peak}}$ decreasing from $\sim 11,000$ to $\sim 3000$ km s$^{-1}$ at the end of our observations. At $t \sim 20$ days, narrow and weak He I lines ($FWHM_{\text{peak}} \sim 800–1000$ km s$^{-1}$) are overlaid on the broad lines. These emission lines are evidence of interaction between the ejecta and an H-rich CSM. Furthermore, we spotted the site of AT2018cow after it faded away and found that it has a solar-like metallicity. The host galaxy of AT2018cow has properties similar to those of GRBs and CCSNe but is distinct from SLSNe and SNe Ia. A high SFR at the site of AT2018cow implies that AT2018cow might originate from a massive star.

Based on the interpretation of a CSI SN, we fit the bolometric light curves with CSI+RD models. We find that in order to produce the fast and bright early light curve of AT2018cow, the CSI model with a steady wind requires a much larger mass-loss rate than that derived from radio observations. With a dense uniform CSM shell, the CSI+RD model can make a plausible fit with the best-fit parameters $M_{ej} \sim 3.16 M_{\odot}$, $M_{\text{CSM}} \sim 0.04 M_{\odot}$, and $M_{\text{CSM}} \sim 0.23 M_{\odot}$. Such a CSM shell can be formed by eruptive mass ejection of LBVs immediately before core collapse or common-envelope ejection in binaries. With $Z \approx Z_{\odot}$, the progenitor is less likely to have undergone PPI. We conclude that the progenitor of AT2018cow is likely to be a less massive star in a binary system.

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