Cultivation of the oil-producing yeast microorganism *Rhodotorula mucilaginosa* for sustainable production of bio-oil energy

Shu-Yao Tsai¹,², *, Hsuan-Ti Yu¹, Chun-Ping Lin¹,³,⁴, *

¹Department of Food Nutrition and Health Biotechnology, Asia University, 500, Lioufeng Rd., Wufeng, Taichung, 41354 Taiwan; sytsai@asia.edu.tw (S.-Y. Tsai); tiffanyyu2357819@gmail.com (H.-T. Yu); cp.lin@asia.edu.tw (C.-P. Lin)
²Department of Biotechnology, National Formosa University, 64, Wunhua Rd., Huwei Township, Yunlin County, 632301 Taiwan
³Office of Environmental Safety and Health, Asia University, 500, Lioufeng Rd., Wufeng, Taichung, 41354 Taiwan
⁴Department of Medical Research, China Medical University Hospital, China Medical University, 91, Hsueh-Shih Rd., Taichung, 40402 Taiwan

*Corresponding authors: E-mail: sytsai@asia.edu.tw (S.-Y. Tsai); cp.lin@asia.edu.tw & chunping927@gmail.com (C.-P. Lin)

Abstract

This study was focused on the development of oil-producing microorganisms to generate lipids. The yeast *Rhodotorula mucilaginosa* (*R. mucilaginosa*) was selected for liquid-state cultivation, and the conditions for growth of the yeast cells were assessed. Additionally, the relationships between different nutrient elements and the growth of *R. mucilaginosa* were explored. The lipid accumulation of *R. mucilaginosa* is increased under nitrogen-restricted conditions. As the concentration of the carbon source increases, the accumulation of lipids is increased. However, if the carbon source concentration is further increased, the growth of yeast is inhibited. From a large-scale liquid fermentation culture with a fixed inoculation amount of 5%, and from a batch of culture experiments, it was determined that a suitable oil-producing culture was obtained on the 6th day, and the optimum conditions involved a carbon source concentration of 60 g/L, a nitrogen source concentration of 0.5 g/L, and a KH₂PO₄ concentration of 7.0 g/L. After utilizing different carbon sources in this study, it was found that glucose was the carbon source most conducive to the accumulation of *R. mucilaginosa* lipids. In addition, the extraction method and solvent for the extraction of *R. mucilaginosa* lipids were chosen. The acid-heat method using the green organic solvent ethyl acetate exhibited the best performance for extraction of yeast lipids under environmentally friendly and safe conditions. The analysis of lipids showed that the fatty acids obtained primarily contained C16:0, C18:1 and C18:2, and especially C18:1 (41%) lipids, indicating that *R. mucilaginosa* lipids are a good bio-oil source for the production of biodiesel.

Keywords: Oil-producing microorganism; *Rhodotorula mucilaginosa*; liquid fermentation; extraction; green organic solvent
1. **Introduction**

Microbial oil is a renewable resource, so the use of microbial fermentation to produce bio-oil instead of using petroleum resources is of great significance. Except for microalgae, which require large open spaces, fertilizers and sunlight to grow effectively, the other oil-production microorganisms are not affected by geography and climate and do not need farmland and expensive sources of nutrition [1]. Oil-producing microorganisms, especially yeast, can produce large amounts of lipids and also have a high growth rates spanning 24 continuous hours; therefore, the production times are short and uniform, with no limiting requirements for cultivating space [2]. Among oil-production technologies, microbial oil production is superior to production of either vegetable oil or algae oil [3–5]. Compared to other microorganisms, yeast culture substrates have a lower cost than cultures using agricultural and industrial residues [6–8].

*Rhodotorula mucilaginosa* (referred to as *R. mucilaginosa*) was used to produce single-cell lipids (SCOs), and the most suitable medium composition and lipid production conditions were found by exploring the different nutrient elements in the medium. There are several new methods known for increasing lipid production in oil-producing yeast, such as genetic engineering to improve the strain, modifying the culture conditions (temperature, pH, stirring rate), and improving the bioreactor used for culturing (batch or sequencing batch model). The nature of fatty acids synthesized by oil-producing yeast depends on the nutrient content of the provided medium and on culture conditions [9,10]. *R. mucilaginosa* belongs to the phyla Basidiomycota, Puccinia, and Spore. It is suitable for growth in an environment of 20–30 °C and pH 5–6; like those of vegetable oils, the lipid produced by *R. mucilaginosa* has a high proportion of unsaturated fatty acids suitable for producing biodiesel. In addition to synthetic fats, *R. mucilaginosa* can also be fermented to prepare products with biological functions, such as astaxanthin, enzyme reagents and carotenoids, which are widely used in energy, medicine, food, cosmetics, feed additives, and other applications. Yeast lipids mainly include triglycerides, such as oleic acid (C18:1), linoleic acid (C18:2), stearic acid (C18:0), palmitic acid (C16:0) or palmitoleic acid (C16:1) [11,12]. However, the effective synthesis of lipids depends largely on the culture conditions.

In addition, the key factor affecting the biosynthetic pathway of *R. mucilaginosa* is the ratio of carbon to nitrogen [13]; medium adjustment is essential to the production of SCO from yeast. The accumulation of microbial lipids is divided into two stages: the growth period of the bacteria and the lipid accumulation period. The growth phase of the bacteria occurs when the strain uses enough medium to multiply cells. When nitrogen is exhausted from the medium, the cells no longer proliferate, and the excess carbon source is converted into lipids that are stored in the cell. In the lipid accumulation period, a low carbon-nitrogen ratio is conducive to bacterial accumulation, and a high carbon-nitrogen ratio is conducive to lipid accumulation. Therefore, the carbon-nitrogen ratio directly affects the lipid
production of the strain. Selecting appropriate carbon and nitrogen sources to cultivate yeast is important for achieving high lipid production [14]. Different oil-producing microorganisms have their preferred carbon sources, and different carbon sources have different effects on the growth of microorganisms. Compared to other organic carbon sources, when glucose is the main carbon source, it can provide different types of oil-producing microorganisms with higher bacterial organisms. Generally, glucose is the most common medium for the accumulation of high levels of carbon source lipids [15–19]. Inorganic salts generally required by microorganisms are those containing sulfate, potassium, iron, magnesium, sodium and other elements. Compared with carbon, nitrogen and phosphorus, micronutrients can only support growth to a limited extent; however, micronutrients play a vital role in the growth and metabolism of bacteria, and they affect nutrition in cells [20].

Typical microbial growth has four phases: these are the lag phase, logarithmic phase, stationary phase, and decay phase. When microorganisms are inoculated from the original culture medium for fermentation in a new medium, they generally do not start to grow and reproduce immediately; only after the process of environmental adaptation can new cells be produced. In the lag phase, cells do not reproduce but only increase in size. After adaptation, their physiological and metabolic functions begin to flourish, and they begin to reproduce and enter the logarithmic phase. Moreover, when cell reproduction reaches its peak, the total number of cells will not increase further because the consumption of nutrients and metabolites in the culture medium inhibits the reproduction process. The lipid content of microbial cells varies significantly with the growth stage of the microorganisms, and the suitable cultivation times for different microorganisms also vary. Therefore, measuring the growth curve of microorganisms is helpful for understanding and mastering the laws of growth for the microorganisms. If the culture time is insufficient, the total number of bacteria will be small, which will affect lipid production; if the culture time is too long, the cells easily deform and auto-dissolve, making it difficult to collect synthetic lipids from the medium [15-19].

The GlaxoSmithKline (GSK) solvent guide introduces the relative ranking of solvents in different categories (1 is the worst and 10 is the best). Based on the color-coding method for choosing safer and less toxic solvents, there are three levels: they are preferred (green), usable (yellow) or avoided (red) [21–23]. Ethyl acetate was used as the main solvent for extracting intracellular yeast lipids in this study, and it is an organic solvent that conforms to "green chemistry" principles and has properties very similar to those used in lipid extraction. It has been proven to be an excellent choice for lipid and protein extraction [24]. Lu et al. (2016) [25] studied single-solvent extraction and compared the efficiencies of ethyl acetate, acetone, ethanol, and n-hexane in recovering lipids and observed that ethyl acetate has excellent selectivity in neutral lipid extraction, higher than that of chloroform [26]. Fine et al. (2013) [27] also used different solvents or mixtures and found that ethyl acetate is more polar than hexane, can improve the extraction rate of lipids and is less toxic than a chloroform-methanol blended
solvent. Ethyl acetate has been used to extract lipids from various plant seeds [28,29]. Although it has similar properties to n-hexane, it is cheaper and safer when subjected to waste treatment processes [28].

Lipid extraction is carried out with dry yeast powder or directly with wet bacteria [30]. To release lipids in bacteria, solvents can be used directly or auxiliary solvents can be used for cell destruction (mechanical, chemical or biological methods) to increase the efficiency of lipid extraction [31]. The cell wall is first physically destroyed so that the lipid molecules mix easily with the solvent. In addition, there are many factors that affect the efficiency and cost of lipid extraction: these include solvent selection, extraction time, temperature, and cell disruption method. The optimization of these factors is key for efficient and low-cost oil extraction [32]. The chemical acid-heat treatment of bacterial cells is mainly based on the acid hydrolysis of sugar polymers and proteins in the cell wall by hydrochloric acid or sulfuric acid, which makes the original compact cell wall loosen; then the cell wall is further destroyed with a boiling water bath and quick freezing treatment, and the organic solvent can extract the lipids in the cells effectively. This process has been effectively used as a pretreatment method for extracting bio-oil [33]. Furthermore, ultrasound-assisted extraction (UAE) uses solvent-assisted ultrasonic extraction to produce a strong cavitation effect that destroys cells, allows the solvent to penetrate the cells, and improves the extraction rate. Ultrasonic waves are mechanical sound waves with high energy that produce a dispersion effect on the cell wall, causing intracellular substances to enter the solvent medium and be easily dissolved. Therefore, as compared with simple solvent extraction methods, ultrasonic-assisted extraction is more efficient for cell division and lipid extraction [32].

The storage-related thermal stability and physical response to low-temperature conditions for *R. mucilaginosa* lipids are also used as references for the safe production, storage, and transportation conditions of biodiesel. It is also known that yeast lipids have good thermal stability, high calorific value, and high kinematic viscosity [34]. Therefore, *R. mucilaginosa* lipids have certain prospects that are useful in the production of biodiesel. Scale-up cultivation can be used to quantify lipid production by *R. mucilaginosa* and ensure the energy sustainability and environmental sustainability of biofuel production by oil-producing microorganisms.

2. Materials and Methods

2.1. Strains, Inoculum, Culture, and Liquid fermentation

*Rhodotorula mucilaginosa* (BCRC 22360) was purchased from the Bioresources Collection and Research Center (BCRC) of the Food Industry Research and Development Institute (FIRDI) in Hsinchu, Taiwan. The strain was stored in YPD medium (2% glucose, 1% yeast extract, 2% peptone and 2% agar) at 4 °C, the culture temperature was 25 °C, and the culture time was 6 days. A 5 mm × 5 mm piece of a well-growing strain was placed on a plate and inserted into 100 mL of liquid medium
(each liter contains: glucose 10 g, yeast extract 3 g, peptone 5 g and malt extract 3 g) in a 250 mL Erlenmeyer flask and shaken at 100 rpm and 25 °C for 15 days. Then the liquid containing the well-growing strain was inoculated into the fermentation medium with 5% inoculum, 200 mL liquid medium (each liter contains: glucose 40 g, yeast extract 1.5 g, (NH4)2SO4 2 g, KH2PO4 7 g and MgSO4·7H2O 1.5 g) in a 500 mL Erlenmeyer flask and shaken at 100 rpm and 25 °C for 15 days [15–19].

2.2. Suitable liquid culture conditions

A 200 mL sample of liquid culture medium (4% glucose, 0.15% yeast extract, 0.2% (NH4)2SO4, 0.7% KH2PO4 and 0.15% MgSO4·7H2O) was added to a 500 mL Erlenmeyer flasks and sterilized, the inoculum 10 mL was inserted into the sterile box and covered with culture paper, and then the flask was shaken at 100 rpm and 25 °C for 0, 3, 6, 9, 12 or 15 days. The carbon source concentration was 40, 60, 80 or 100 g/L, and 200 mL of liquid medium (with the chosen carbon source concentration, 0.15% yeast extract, 0.2% (NH4)2SO4, 0.7% KH2PO4 and 0.15% MgSO4·7H2O) was put it into a 500 mL Erlenmeyer flask and sterilized; 10 mL of the inoculum was inserted into the sterile box, covered with culturing paper, and shaken for culturing at 100 rpm for 6 days at a culture temperature of 25 °C [13–20]. The nitrogen content source concentration was 0.5, 1.0, 1.5, or 2.0 g/L, and 200 mL of liquid medium (containing 60 g/L of the carbon source, the chosen nitrogen source concentration, 0.2% (NH4)2SO4, 0.7% KH2PO4 and 0.15% MgSO4·7H2O) was put it into a 500 mL Erlenmeyer flask and sterilized; then 10 mL of the inoculum was inserted into the sterile box, covered with culture paper, and shaken for culturing at 100 rpm at the optimum culture temperature for 6 days. All experiments were performed in triplicate [15–19].

2.3. Biomass and lipid analysis

The cultured yeast fermentation broth was centrifuged for 10 min with 50 mL of fermentation broth, the supernatant was removed, and the sediment was washed several times with deionized water. The cells were collected by centrifugation, then dried at 50 °C to a constant weight, and the dry weight of the cells was measured. The dry weight is expressed in g/100 mL. We took 50 mL of fermentation broth to collect yeast cells by centrifugation, added 20 mL of 1 mol/L hydrochloric acid solution, and placed the sample in a water bath at 60 °C for 10 min to obtain broken cells. Ten milliliters of ethyl acetate was mixed with the yeast cells, ultrasonically shaken for 30 min, and then centrifuged for 20 min to collect the extract. Then, 10 mL of ethyl acetate was added to repeat the extraction of yeast lipids, and the two extracts were combined and isothermally concentrated to dryness at 50 °C [30].

2.4. Selection of extraction conditions and solvent

The aim was to study different organic solvents, such as dichloromethane, n-hexane, and ethyl acetate,
to evaluate the lipid extraction of *R. mucilaginosa* and compare the effects of different solvents. Acid-hot extraction was used to simultaneously explore the influence of different hydrochloric acid concentrations of 1, 2, 3, and 4 M on the amount of extracted lipid, and to find the appropriate concentration of hydrochloric acid for extraction. Next, the influence of the acid-heat extraction temperatures 60, 80, and 100 °C on lipid extraction was assessed. A fixed acid-heat extraction with selected hydrochloric acid concentration and the hot-water bath temperature can be used consistently for subsequent yeast lipid extraction. Furthermore, the influence of ultrasonic (Ultrasonic Processor DC200, Delta Electronics, Taiwan) (40 kHz, 200 W) vibration on the lipid weight of the bacterial body has also been discussed [26–33]. All experiments were carried out in triplicate.

### 2.4. Fatty acid composition and biodiesel analysis

To approximately 100 mg of yeast lipid in 10 mL of n-hexane, we added 1 mL to 0.5 mL of internal standard solution, put the solution in a brown glass bottle, mixed in 1 mL of a 1 N solution of potassium hydroxide in methanol, filled the bottle with nitrogen and mixed with a vortex mixer for 30 sec, placed the bottle in an 80 °C water bath for 15 min, removed it and allowed it to cool, added 1 mL of boron trifluoride-methanol solution, filled the bottle with nitrogen, mixed the solution with a vortex mixer for 30 sec, and then placed the bottle in a 100 °C water bath for 15 min. After removing and cooling it, we added 1 mL of n-hexane, mixed the solution with a vortex mixer for 1 min, added 5 mL of saturated sodium chloride solution and shook gently, let the mixture stand for layering, then collected the supernatant and injected it into the gas chromatography/mass spectrometer for detection of the fatty acid composition by gas chromatography/mass (GC/Mass) with an Agilent 8975/7890A system (Agilent Technologies Inc., Santa Clara, CA, USA). The measurement conditions were as follows: chromatographic column initial temperature: 170 °C for 40 min; heating rate: 3 °C/min; final temperature: 200 °C for 50 min; detector temperature: 300 °C; injector temperature: 250 °C; injection volume: 1 μL; mobile phase gas helium flow rate: 0.75 mL/min; and split ratio: 40:1 [34].

### 2.7. Differential scanning calorimetry (DSC) thermal analysis

Differential scanning calorimetry (TA Q20-RCS90, TA Instruments, Newcastle, DE, USA) was used to measure the thermal stability and low-temperature characteristics of lipids. The sample preparation conditions should be kept as consistent as possible to reduce the fluctuation of the baseline, and the instrument should be calibrated before the test. Approximately 1.5 mg of the yeast lipid and biodiesel were sealed in 20 μL aluminum lips, hermetic 900794.901, and a special tool for the TA DSC instrument was used to tighten the seal. In all experiments, high-purity nitrogen was used as the purge gas, with a flow rate of 50 mL/min. The samples were heated at rates of 4, 6 or 8 °C/min, with a temperature range of 30–300 °C; the initial temperature was 30 to 70 °C, the sample was heated at rate
of 4, 6, or 8 °C/min, then held at 70 °C for 3 min, and next cooled to –60 °C for determining the low-temperature characteristics and thermal stability of the samples [35].

2.6. Heat of combustion measurement

One gram of yeast lipid was carefully weighed and placed on the test dish, which was then placed on the measuring device of the Parr 1341 oxygen bomb calorimeter instrument (Parr Instrument Company, Moline, IL, USA). We cut the combustion wire and used fused Ni alloy wire (Paar item No. 45C10) of approximately 10 cm in length. The two ends of the lead were connected to the two electrodes of the bomb. The loading dish was put into the bomb, and high-purity 97% oxygen was added into the bomb until the pressure in the bomb reached 20 bar. Two liters of deionized water was allowed to stand for 24 h and then poured into the water tank. The burner was put into the stainless-steel water tank, and the burner and the 2 L water tank were put into the card instrument, and the wires were connected to start the stirrer. The stirrer was operated for five minutes to allow the internal water temperature to reach equilibrium, the system was then ignited, and the temperature rise was recorded. After the experiment was completed, the inner wall of the burner and the surface of the upper cover were cleaned with distilled water and the cleaning liquid was collected. The unburned lead wire was removed from the electrode to measure the length. The cleaning solution was collected and titrated with 0.0709 N sodium carbonate solution and methyl orange was used to determine the endpoint of the titration; all experiments were performed in triplicate [34].

2.7 Measurement of isothermal 40 °C kinematic viscosity

We used a Cannon-Fenske75 U540 viscometer tube (Cannon Instrument Company, State College, PA, USA) fixed in a 40 °C isothermal water tank with a bracket, added 10 mL of yeast lipid to the viscometer tube, placed it in a 40 °C water bath for 10 min, and measured its kinematic viscosity. We used a safety suction ball to suck the sample and keep the oil level at 5 mm above mark C. We started measurement of the oil flowing downwards from the capillary tube under the action of gravity. The timing was started when the oil dropped to mark C and it ended when the oil dropped to mark E. We recorded the time (seconds) required for the oil level to flow from mark C to mark E and multiplied it by the constant of the viscometer to obtain the isothermal 40 °C kinematic viscosity of the yeast oil. Each experiment was conducted in triplicate [34].

3. Results and discussion

3.1. Rhodotorula mucilaginosa culture time and liquid medium composition

Figures 1 (a) and (b) show the morphology of the R. mucilaginosa strain after 0–15 days of culturing
in liquid medium (see photographs in Figure 1 (c)). The color of the medium changed to orange on the 3rd day, and then the color darkened to orange-red after the 6th day. Moreover, *R. mucilaginosa* was cultured for two days and the dry cells were extracted; then, the biomass of the cells and the amount of accumulated were evaluated. Table 1 shows that the culture process for *R. mucilaginosa* conforms to the microbial growth metabolism curve over time. Figure 2 shows that *R. mucilaginosa* was in the lag phase for four days after the initial culture, and the increase in its lipid content was not obvious. After the 4th day, the yeast began to accumulate secondary metabolite fatty acids; the logarithmic phase occurred in days 4–6 days, during which time the yeast mass multiplied in the rapid division and multiplication stage. The highest mass was observed on the 6th day, and the lipid content began to decline after the 8th day. Table 1 shows that extraction of the dry cells of *R. mucilaginosa* collected at 6 days resulted in the highest level of lipids obtained.

3.2. Influence of liquid medium composition on *R. mucilaginosa* lipid production

3.2.1 Carbon source

Initially, glucose was used as the main carbon source, and four carbon source concentrations of 40, 60, 80, and 100 g/L were selected to evaluate the accumulations of biomass and lipids. Table 2 shows that the yeast cell lipid content tended to increase as the carbon source concentration was increased. In terms of the accumulation of lipids by yeast, the 60 g/L carbon source with glucose provided the highest lipid content, which accounted for approximately 15% of the dry yeast cell weight. The ratios of the carbon source and nitrogen source were suitable for effective growth of the yeast. For the yeast lipid content, when the carbon source concentration was 40 g/L, the carbon source was in short supply, and the yeast could no longer grow after depleting the carbon source. In addition, if the carbon source concentration was higher than 60 g/L, the lipid content gradually decreased, which should be due to the “oversupply” of carbon sources.

The synthesis of lipids shows that when the carbon source level is high and the nitrogen source level is low, the yeast produces lipids well, but when the carbon source is too high, production will be inhibited. In addition, Table 2 also shows that when considering the accumulated lipid content of the yeast, the carbon source was fixed at an initial level of 60 g/L, and this was used for the subsequent shake flask amplification experiment.

Moreover, in determining the influences of different carbon sources on the growth of yeast, we used other carbon source substrates and selected low-cost glycerin and molasses as biomass sources with which we planned to reduce the production cost of bio-oil and improve the market competitiveness of bio-oil. The concentrations of the various fixed carbon sources glucose, glycerol, and molasses were 60 g/L, and the experimental results are shown in Figure 3. The results showed that molasses at 0.76 g/100 mL had the highest biomass content, followed by glucose and glycerol, but
the use of glucose as a carbon source resulted in the highest lipid content, with lipid accumulation above 13%. According to these results, the concentration of glucose biomass was lower than that of molasses; glucose was the best carbon source for cell lipid synthesis, so glucose will be used as the main carbon source. We also confirmed that low-cost carbon sources such as glycerol and molasses can be used as competitive substitutes for microbial lipid production.

3.2.2 Nitrogen source

The fixed carbon source concentration was 60 g/L, and the effects of the different nitrogen source concentrations 0.5, 1.0, 1.5, and 2.0 g/L on the growth and lipid accumulation of _R. mucilaginosa_ were explored. Table 3 shows that the initial nitrogen source concentration of 1.5 g/L resulted in the highest biomass, 0.76 g/100 mL, but the lipid content was only 10.25%. When the initial nitrogen source concentration was 0.5 g/L, the biomass obtained was only 0.60 g/100 mL, but the lipid content reached its highest level at 16.11%. In addition, when the nitrogen source concentration was at the highest concentration of 2.0 g/L, the biomass and lipid content obtained were only 0.71 g/100 mL and 9.92%, respectively. Therefore, it was proven that when the nitrogen source content of the medium is too low, it is not conducive to the growth of _R. mucilaginosa_. Under culture conditions with excessive carbon sources and limited nitrogen sources, yeast grows slowly and _R. mucilaginosa_ can continue to accumulate lipids produced from glucose. When the yeast was used for lipid production, the carbon source concentration was fixed at 60 g/L and a suitable nitrogen source concentration of 0.5 g/L were selected for the subsequent amplification experiment.

3.2.3 KH$_2$PO$_4$ concentration

Due to the influence of KH$_2$PO$_4$ concentration on the growth of yeast, phosphorus is known to be responsible for regulating most cell activity and metabolism. According to the abovementioned results, a carbon source concentration of 60 g/L and a nitrogen source concentration of 0.5 g/L were cultivated with shaking at 25 °C and 100 rpm for 6 days to select among three KH$_2$PO$_4$ concentrations, 1.0, 3.0, and 7.0 g/L, for cultivation. Then, the influence of KH$_2$PO$_4$ on yeast growth and lipid accumulation during liquid culture was assessed. Table 4 shows that increasing the KH$_2$PO$_4$ concentration increased biomass and lipid contents. When the KH$_2$PO$_4$ concentration reached 7.0 g/L, the yeast biomass reached 0.59 g/100 mL, the lipid yield reached 0.15 g/100 mL, and the lipid production rate from multiple extractions was as high as 25%. Thus, we found that adding KH$_2$PO$_4$ is beneficial to _R. mucilaginosa_ growth and lipid accumulation; therefore, a fixed carbon source concentration of 60 g/L, a nitrogen source concentration of 0.5 g/L, and a KH$_2$PO$_4$ concentration of 7.0 g/L were used for subsequent amplification of lipid production.

3.3. Influences of different extraction methods on _R. mucilaginosa_ lipids
After the yeast was pretreated, and due to the effective release of lipids from yeast cells, the yeast lipids must be extracted using appropriate methods. We compared three different extraction methods, Soxhlet ether extraction, the organic solvent method and the acid-heat method, to determine their effects on the extraction of lipids from <i>R. mucilaginosa</i> and to find a suitable extraction method in this study. Table 5 shows that, among the three methods studied, the Soxhlet extraction and the organic solvent method were less effective than the acid-heat method. This is because yeast lipids are intracellular products and the efficiency of direct extraction with organic solvents is not high. Thus, the extraction requires acid hydrolysis to break the yeast cell walls, and then the hot water bath treatment is applied to release a large amount of lipid; the lipid content obtained from acid-heat extraction is as much higher than that from the Soxhlet ether extraction. Therefore, we used acid-heat extraction as the extraction method for lipid production.

Since solvents account for a large part of the extraction cost, it is necessary to find a cheaper and safer extraction solvent. Furthermore, the different organic solvents dichloromethane-methanol (1:1), n-hexane, and ethyl acetate were also studied to evaluate the lipid extraction of <i>R. mucilaginosa</i>. Using the extraction results, a suitable extraction solvent was selected after consideration of environmental protection factors. Table 6 shows data for the use of the acid-heat method with a 4 M HCl solution in determining the lipid contents obtained by extractions with different organic solvents. The three organic solvents were compared using the same acid-heat extraction method, and the extraction efficiency of ethyl acetate was the highest. Among the organic solvents considered, ethyl acetate is an excellent choice with low toxicity and low cost. The results of this study also proved that ethyl acetate can replace other, toxic solvents and operational costs can be reduced by recycling.

In addition, the <i>R. mucilaginosa</i> lipid is an intracellular product that is wrapped by the yeast cell wall and cell membrane. Comparing Tables 5 and 6, we found that the efficiency of direct extraction with organic solvents was not high. To achieve improved production efficiency, it is necessary to break the yeast cell walls first. The acid-heat method was used to break the yeast cell walls, mainly by using hydrochloric acid and the sugar and protein in the cells to loosen the originally intact cell wall; then, during boiling in a water bath and a rapid cooling treatment, the yeast cell wall was further destroyed. Here, we used hydrochloric acid solution as the single variable, with other conditions unchanged, to further understand the effect of the different hydrochloric acid concentrations 1, 2, 3, and 4 M on the extraction of broken yeast cells. In Table 7, the acid-heat method involved HCl concentrations of 1–4 M, the lipid contents were 11, 15, 18, and 20%, respectively, and the highest lipid content was obtained with 4 M HCl. However, it was found that when the extraction was attempted with a concentration of 5 M hydrochloric acid, the extraction could not be performed. The possible cause was that the concentration of hydrochloric acid was too high and led to lipid emulsification. Therefore, hydrochloric acid concentrations of 5 M and above were not considered.
Moreover, **Figure 4** displays the extraction effect of the different hot water bath temperatures 60, 80 and 100 °C. The results show that the effect of the 100 °C water bath on yeast lipid acid-heat extraction is greater than those of the 60 and 80 °C hot water baths. This means that when the hot water bath temperature was 100 °C the cell wall breakage by hydrolysis was more effective. Compared with a 60 °C water bath, the lipid extraction rate at 100 °C was increased by 3%. Thus, yeast lipids were extracted by the acid-heat method; a 100 °C hot water bath was selected for the extraction, since this was the best extraction temperature in this study. In addition, according to the literature, ultrasonic-assisted extraction is effective in increasing the extraction yield. **Figure 5** shows that the lipid extraction yield increased with increasing ultrasonication time; however, ultrasonic extraction was used for 45 min and the yeast lipid extraction yield only increased by 1% compared with the extraction done without sonication. Moreover, if the ultrasonic action time was too long, it would also increase the extraction cost. Considering the factors time and cost, the subsequent steps of this research will not use ultrasonic extraction for yeast lipids.

### 3.4. Analysis of fatty acid composition of yeast lipid

The fatty acid composition of yeast lipids was measured by GC/mass analysis, and the results are shown in **Table 8**. The fatty acid composition of the *R. mucilaginosa* strain comprises mainly oleic acid (C18:1) and palmitic acid (C16:0). In particular, C18:1 could exceed 41%; this means that the fatty acid composition of *R. mucilaginosa* is similar to those of other oleaginous yeasts, so *R. mucilaginosa* is also a good lipid source for the production of biodiesel. In addition, yeast lipids also contain long-chain fatty acids with C20 and C24 chains. For biodiesel, the composition of fatty acids affects the physical and chemical properties (saponification value and iodine value) and economic value of the lipid, and its composition also affects the quality of the biodiesel (oxidation stability, heat of combustion, and lubricity).

### 3.5. DSC thermal analysis of yeast lipid

Using DSC and the initial temperatures to analyze the thermal characteristics and phase changes of yeast lipids under different thermal conditions, the peak maximum temperatures of endothermic and exothermic reactions and enthalpies of endothermic and exothermic reactions were estimated. **Figure 6** shows that yeast lipids have good thermal properties. We found that during heating from 30 to 300 °C, the yeast lipid exhibited almost no obvious exothermic or endothermic reaction. In addition, DSC thermal analysis was used to assess the exothermic reaction characteristics of yeast lipids at general operating temperatures. This was done to observe the influences of summer or high operating temperatures on lipids and determine whether condensation would occur at low temperatures. DSC nonthermal analysis conditions were conducted with increase rates of 4, 6, and 8 °C/min, and the
temperature rose from 30 to 70 °C at the beginning of the experiment, stayed at 70 °C for three minutes to reach a stable state, and then decreased to −60 °C, as displayed and listed in Table 9. Moreover, from Figure 7 and Table 9, we obtained data regarding cooling from 70 to −60 °C. There were two obvious exothermic peaks observed during cooling condensation; the first peak, for the condensation crystallization, was at approximately 9 °C and the enthalpy of crystallization was 24.51 J/g, and the second peak, for the precipitation solidification, was at ca. −17 °C and the enthalpy of solidification was 38.23 J/g (at cooling rate of 4 °C/min). From the abovementioned results, we learned that the saturated fatty acids contained in yeast lipids still display the low-temperature characteristics of lipids. Therefore, after the yeast lipid is transesterified, it still needs to be blended with petrochemical fuel to allow the lipid cycles of engines to operate normally at low temperature.

3.5. Measurement of yeast lipid calorific value and isothermal 40 °C kinematic viscosity

A good fuel has a suitable heat of combustion. Here, we put the yeast lipid into an oxygen bomb calorimeter to measure the heat of combustion, averaged the values from triplicate determinations, and then obtained the calorific value of yeast lipid as 38.16 MJ/kg. The carbon chain lengths in gasoline range from C4–C12 the carbon chain lengths in diesel range from C10–C22, and the carbon chain lengths in yeast lipid ranges from C14–C24. The difference in chain length causes the yeast lipid to have a higher calorific value of combustion. Kinematic viscosity is one of the important properties of diesel. If the carbon chain length of the lipid and the molecular weight increase, the kinematic viscosity will increase accordingly. Based on the results of the kinematic viscosity measurements run in triplicate, the kinematic viscosity of the yeast lipid (not yet transesterified) was 49.04 mm²/s.

The higher kinematic viscosity value, which indicates lower fluidity, may cause the fuel to stick in the fuel pipe or stick to the wall of the fuel cylinder, which will have an adverse effect on the engine. The solution is to blend the biodiesel with petrochemical fuel, but the kinematic viscosity of the diesel should not be too low. Because parts of the high-pressure fuel injection system are lubricated by diesel, poor lubrication will cause the parts to wear excessively. Biodiesel with a high kinematic viscosity must be blended with petrochemical diesel in a certain proportion to reduce the kinematic viscosity value to within the range specified in biodiesel regulations (1.9 to 6.0 mm²/s). According to the method of Tsai et al. (2015) (previous research) [34], transesterifying yeast lipids to be made into biodiesel reduces the kinematic viscosity value of yeast lipid biodiesel to 6.37 mm²/s.

4. Conclusion

Overall, this study investigated the relationships between different nutrient elements and the growth of R. mucilaginosa. R. mucilaginosa exhibited higher lipid accumulation under nitrogen-restricted conditions, but the increase in carbon source concentration promoted the accumulation of
lipids. However, a further increase in the concentration of the carbon source inhibited the growth of yeast. Therefore, the sampling of the shake flask fermentation was done in the 6th day, and culturing was done with glucose as the carbon source, an initial carbon source concentration of 60 g/L, an initial nitrogen source concentration of 0.5 g/L, and a KH$_2$PO$_4$ concentration of 7.0 g/L. The accumulation of yeast lipids reached a maximum with these conditions. In addition, the selection of extraction method and solvent affected the extraction of *R. mucilaginosa* lipids. We determined that the acid-thermal extraction method had the best effect: ethyl acetate had a higher lipid extraction efficiency than n-hexane and was also more efficient than a methylene chloride:methanol mixture, and it is less toxic and safer to operate. From the analysis of fatty acid composition of yeast lipids, the fatty acids mainly included C16:0, C18:1 (41%), and C18:2, which showed that *R. mucilaginosa* lipids are a good raw material for the production of biodiesel. Furthermore, the thermal stability and low-temperature physical characteristics of *R. mucilaginosa* lipids were also used as a reference to determine safe conditions for production, storage, and transportation of biodiesel. It is also known that yeast lipids have good thermal stability, high calorific value and suitable kinematic viscosity (biodiesel). Therefore, *R. mucilaginosa* lipids have excellent prospects for the production of biodiesel. We believe that with additional research, cultivation technology and methods will become more mature. As a result of larger scale cultivation, increases in the production of lipids by *R. mucilaginosa* will be gradually realized, ensuring that the biofuels produced from oil-producing microbial raw materials are cost-effective, environmentally friendly, and sustainable.
Table captions

Table 1. The growth of *R. mucilaginosa* dried cell extract.
Table 2. Effects of different initial reducing sugar concentrations on the growth and lipid accumulation of *R. mucilaginosa*.
Table 3. Effects of different nitrogen source concentrations on the biomass and lipid contents of *R. mucilaginosa*.
Table 4. Influences of different KH$_2$PO$_4$ concentrations on the biomass and lipid contents of *R. mucilaginosa*.
Table 5. Comparison of *R. mucilaginosa* lipid content obtained with different extraction methods.
Table 6. Comparison of *R. mucilaginosa* lipid content obtained with the acid-heat method and different extraction solvents.
Table 7. Differences in the *R. mucilaginosa* lipid contents of yeast cells obtained with various concentrations of hydrochloric acid.
Table 8. Fatty acid composition of lipid extracted from *R. mucilaginosa*.
Table 9. DSC analysis results for *R. mucilaginosa* lipids with heating rates at 2, 4, 6 and 8 °C/min, with operating temperature ranging from 30 to 70 °C and then cooling to –60 °C.
Table 1. The growth of *R. mucilaginosa* dried cell extract.

| Day | Biomass (g/100 mL) | Lipid yield (g/100 mL) | Lipid content (%) |
|-----|--------------------|------------------------|-------------------|
| 2   | 0.37±0.00          | 0.04±0.00              | 10.72±0.74        |
| 4   | 0.80±0.11          | 0.09±0.01              | 10.92±0.44        |
| 6   | 0.99±0.07          | 0.12±0.00              | 12.51±0.55        |
| 8   | 1.14±0.01          | 0.13±0.01              | 11.28±0.38        |

Table 2. Effects of different initial reducing sugar concentrations on the growth and lipid accumulation of *R. mucilaginosa*

| Carbon concentration (g/L) | Biomass (g/100 mL) | Lipid yield (g/100 mL) | Lipid content (%) |
|----------------------------|--------------------|------------------------|-------------------|
| 40                         | 0.60±0.02          | 0.07±0.00              | 12.30±0.45        |
| 60                         | 0.62±0.01          | 0.09±0.00              | 14.86±0.17        |
| 80                         | 0.62±0.01          | 0.08±0.01              | 13.43±0.66        |
| 100                        | 0.62±0.01          | 0.09±0.01              | 14.17±0.80        |

Table 3. Effects of different nitrogen source concentrations on biomass and lipid content of *R. mucilaginosa*

| Nitrogen concentration (g/L) | Biomass (g/100 mL) | Lipid yield (g/100 mL) | Lipid content (%) |
|------------------------------|--------------------|------------------------|-------------------|
| 0.5                          | 0.60±0.00          | 0.10±0.00              | 16.11±0.64        |
| 1.0                          | 0.69±0.05          | 0.07±0.01              | 10.32±0.43        |
| 1.5                          | 0.76±0.06          | 0.08±0.00              | 10.25±0.22        |
| 2.0                          | 0.71±0.03          | 0.07±0.00              | 9.92±0.09         |
Table 4. Influences of different KH$_2$PO$_4$ concentrations on the biomass and lipid content of *R. mucilaginosa*

| KH$_2$PO$_4$ concentration (g/L) | Biomass (g/100 mL) | Lipid yield (g/100 mL) | Lipid content (%) |
|---------------------------------|--------------------|------------------------|-------------------|
| 1.0                             | 0.43±0.00          | 0.08±0.01              | 19.08±1.24        |
| 3.0                             | 0.45±0.01          | 0.10±0.01              | 21.30±0.89        |
| 7.0                             | 0.59±0.01          | 0.15±0.03              | 25.51±2.07        |

Table 5. Comparison of *R. mucilaginosa* lipid content obtained with different extraction methods

| Extraction method          | Lipid yield (g/100 mL) | Lipid content (%) |
|---------------------------|------------------------|-------------------|
| Soxhlet                   | 0.04±0.01              | 7.90±0.15         |
| Organic solvent           | 0.06±0.02              | 11.38±0.49        |
| Acid-heat method          | 0.07±0.01              | 14.85±0.26        |

Table 6. Comparison of *R. mucilaginosa* lipid content obtained with the acid-heat method and different extraction solvents.

| Organic solvent                     | Lipid yield (g/100 mL) | Lipid content (%) |
|-------------------------------------|------------------------|-------------------|
| Dichloromethane: methanol (1:1)     | 0.09±0.01              | 18.56±1.13        |
| Ethyl acetate                       | 0.09±0.00              | 18.80±0.03        |
| N-hexane                            | 0.08±0.01              | 15.80±0.25        |
Table 7. Differences in the *R. mucilaginosa* lipid contents of yeast cells obtained with various concentrations of hydrochloric acid

| Hydrochloric acid concentration (M) | Lipid yield (g/100 mL) | Lipid content (%) |
|-----------------------------------|------------------------|-------------------|
| 1                                 | 0.07±0.01              | 11.43±0.60        |
| 2                                 | 0.09±0.01              | 15.08±1.14        |
| 3                                 | 0.11±0.01              | 18.29±0.46        |
| 4                                 | 0.12±0.00              | 20.29±0.32        |

Table 8. Fatty acid composition of lipids extracted from *R. mucilaginosa*

| Fatty acid            | Form | %    |
|-----------------------|------|------|
| Myristic acid         | C14:0| 1.08 |
| Palmitic acid         | C16:0| 15.85|
| Palmitoleic acid      | C16:1| 1.92 |
| Stearic acid          | C18:0| 0.86 |
| Oleic acid            | C18:1| 41.44|
| Linoleic acid         | C18:2| 10.35|
| Linolenic acid        | C18:3| 0.97 |
| Eicosenoic acid       | C20:1| 0.25 |
| Lignoceric acid       | C24:0| 0.65 |
| Total saturation      |      | 18.45|
| Total monounsaturated |      | 43.61|
| Total polyunsaturated |      | 11.32|

Table 9. DSC analysis results for *R. mucilaginosa* lipids with heating rates of 2, 4, 6 and 8 °C/min, with operating temperature ranging from 30 to 70 °C, and then cooling to –60 °C

| Mass (mg) | Cooling rate (°C/min) | 1exoT<sub>onset</sub> (°C) | 1exoT<sub>peak</sub> (°C) | 1Enthalpy (J/g) | 2exoT<sub>onset</sub> (°C) | 2exoT<sub>peak</sub> (°C) | 2Enthalpy (J/g) |
|-----------|-----------------------|-----------------------------|---------------------------|-----------------|----------------------------|------------------------|-----------------|
| 1.50      | 4                     | 8.94                        | 8.30                      | 24.51           | -17.15                    | -18.06                | 38.23           |
| 1.45      | 6                     | 9.08                        | 8.34                      | 21.16           | -16.43                    | -17.19                | 37.94           |
| 1.48      | 8                     | 9.20                        | 8.61                      | 26.25           | -17.19                    | -18.19                | 42.54           |

Remarks: Standard deviation: temperature accuracy: +/- 0.1; temperature precision: +/- 0.05 calorimetric reproducibility: +/- 1 mass%; sensitivity: 1.0 uW.
Figure captions

Figure 1. *R. mucilaginosa* strain morphology (a) cultured in solid medium, (b) yeast cell at 400X magnification, (c) yeast grown in liquid medium on days 0, 3, 6, 9, 12, and 15

Figure 2. *R. mucilaginosa* dry cells extracted relative to the growth curves of *R. mucilaginosa*

Figure 3. Effects of different carbon sources on the biomass and lipid content of *R. mucilaginosa* (carbon source concentration 60 g/L)

Figure 4. Influences of hot water bath temperature on the lipid extraction efficiency of *R. mucilaginosa* (hydrochloric acid concentration 4 M)

Figure 5. Effect of ultrasonic extraction time on the lipid content of *R. mucilaginosa* (hot water bath 100 °C)

Figure 6. *R. mucilaginosa* lipids analyzed by DSC at heating rates of 4, 6, and 8 °C/min, with the temperature ranging from 30 to 300 °C.

Figure 7. *R. mucilaginosa* lipids measured with DSC with heating rates of 2, 4, 6, and 8 °C/min, with the operating temperature ranging from 30 to 70 °C and then cooling to –60 °C.
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