ABSTRACT. There is a need for participatory methods that simultaneously assess agricultural sustainability and resilience at farming system level, as resilience is needed to deal with shocks and stresses on the pathways to more sustainable systems. We present the Framework of Participatory Impact Assessment for Sustainable and Resilient Farming systems (FoPIA-SURE-Farm). FoPIA-SURE-Farm investigates farming system functioning, dynamics of main indicators, and specifies resilience for different resilience capacities, i.e., robustness, adaptability, and transformability. Three case studies with specialized farming systems serve as an example for the used methodology: starch potato production in Veenkoloniën, The Netherlands; dairy production in Flanders, Belgium; and hazelnut production in Lazio, Italy. In all three farming systems, functions that related to food production, economic viability, and maintaining natural resources were perceived as most important. Perceived overall performance of system functions suggest moderate sustainability of the studied farming systems. In the studied systems, robustness was perceived to be stronger than adaptability and transformability. This indicates that finding pathways to higher sustainability, which requires adaptability and transformability, will be a challenging process. General characteristics of farming systems that supposedly convey general resilience, the so-called resilience attributes, were indeed perceived to contribute positively to resilience. Profitability, having production coupled with local and natural resources, heterogeneity of farm types, social self-organization, and infrastructure for innovation were assessed as being important resilience attributes. The relative importance of some resilience attributes in the studied systems differed from case to case, e.g., heterogeneity of farm types. This indicates that the local context in general, and stakeholder perspectives in particular, are important when evaluating general resilience and policy options based on resilience attributes. Overall, FoPIA-SURE-Farm results seem a good starting point for raising awareness, further assessments, and eventually for developing a shared vision and action plan for improving sustainability and resilience of farming systems.

Key Words: adaptability; agriculture; robustness; social-ecological systems; transformability

INTRODUCTION

Assessing sustainability and resilience of farming systems

Sustainability and sustainable intensification of agriculture is well studied (Pretty 2008, Godfray 2015) and multiple frameworks and tools for sustainability assessments are available (Alkan Olsson et al. 2009, Arodudu et al. 2017, Sieber et al. 2018). Several approaches are specifically designed for assessing multi-dimensional sustainability and sustainable development with participatory approaches (Morris et al. 2011, Delmotte et al. 2013, König et al. 2013, Vaidya and Mayer 2014). Yet, these have not been designed to study resilience of agriculture, i.e., the robustness, adaptability, and transformability of agricultural systems in the context of shocks and challenges (Meuwissen et al. 2020). Many studies have contributed to the search for operationalization of resilience research in agricultural and food systems (e.g., Callo-Concha and Ewert 2014, Ge et al. 2016, Prosperi et al. 2016, Peterson et al. 2018). Only few have reflected on addressing agricultural sustainability and resilience simultaneously (e.g., Tendall et al. 2015, Meuwissen et al. 2019). We see sustainability and resilience as two separate, but often complementary concepts that may, or may not influence each other, depending on the situation (Marchese et al. 2018). Assessing both sustainability and resilience is necessary to move beyond static sustainability assessments and to explain dynamics.

Addressing both is also needed to identify unsustainable but resilient systems or vice versa. Resilience is needed to deal with known and novel shocks and stresses to keep track of pathways to more sustainable systems. Other researchers have studied resilience and sustainability of farms (e.g., Darinhofer 2010, 2014), but did not address the farming system as a whole in which multiple actors beyond the farm also play a prominent role. Ashkenazy et al. (2018) address resilience at farm and regional level, but lack the perspective of a well-defined resilience assessment framework and the attention for the role of different actors. The latter can be evaluated with a participatory assessment that is necessary to adequately address perspectives and issues of multiple actors and issues. Currently, multiple resilience assessment frameworks are available (Quinlan et al. 2016, Douxchamps et al. 2017). The “wayfinder guide” of the Stockholm Resilience Centre (https://wayfinder.earth) provides an extensive framework for the integration of multiple, iterative sustainability and resilience assessments for social-ecological systems, including notions on persistence, adaptability, and transformability. However, to the best of our knowledge, there is no single framework, designed for a one-day workshop, that combined the assessment of multi-dimensional sustainability and resilience (specified and general) of farming systems that include notions of all three resilience capacities, i.e., robustness, adaptability, and transformability.
In this paper we aim to present and test a framework for using a participatory integrated assessment (PIA; Toth 2001, Ridder and Pahl-Wostl 2005) to address perceived sustainability and resilience of farming systems. PIA, in combination with other methods, can contribute to a project cycle where the following steps can be distinguished: data gathering and analysis, planning, implementation, and monitoring and evaluation (Ridder and Pahl-Wostl 2005). In the PIA presented in this paper, the emphasis is on data gathering and analysis at the start of a project cycle. Participatory input allows to identify the most important indicators of the system from the stakeholders’ point of view. The identification of these indicators is a first step toward determining the identity of the system, i.e., mapping its most important structure and feedback mechanisms (Cumming and Peterson 2017). Participatory input also allows to assess variables that are not readily measurable, e.g., social variables such as satisfaction or pride of being a farmer. Variables from the social domain are potentially important for system functioning, but often neglected in studies for instance related to land use (Gliessman 2015, Winkler et al. 2018). Participatory research also reveals differences in perceptions of goals and functioning of a system, which is important to take into account when assessing sustainability and resilience (Robards et al. 2011).

**Intensive specialized agriculture in the EU**

The framework was applied to three intensive, specialized farming systems in the EU through three workshops. Having three farming systems as case studies in different regions allows to demonstrate how the framework works in different conditions. A common denominator, which in our case studies is the intensive and specialized nature of the farming systems, also allows for evaluating the usage of the framework for comparison between farming systems. Applying the proposed framework to intensive, specialized systems in this study is relevant and interesting from different perspectives. Regarding representativeness, the bulk of the food produced within the European Union is provided by medium to highly intensive, specialized farming systems (Andersen et al. 2007). Regarding sustainability, more intensive agricultural systems are associated with higher yields and revenues through economy of scales (Peterson et al. 2018), but also with higher pressure on the environment, certainly per unit of area (Tilman et al. 2002, Pretty and Bharucha 2014). As to resilience, specialized and intensive agricultural systems are often optimized for production under stable socioeconomic and biophysical environments (Urruty et al. 2016). However, many external influences, such as increased occurrence of weather extremes and volatile markets, create a more variable production environment than most specialized agricultural systems are designed for. Farms in such systems often have a relatively high share of financial capital invested in production equipment that cannot be reinvested without making substantial losses (sunk costs). Sunk costs create path-dependency and lock-in of individual farmers, which makes it difficult for the whole agricultural system to adapt and transform if new challenges arrive (Balemann et al. 2006). In addition, the professional network required for providing inputs to and processing outputs from intensive, specialized systems can create a lock-in of stakeholders’ interests inside and outside the agricultural system. Examples may refer to businesses that need to fulfill shareholder expectations regarding economic profit (Westley et al. 2011), or intellectual property rights in technology intensive agriculture (Plumencocq et al. 2018).

**Concepts used in this study**

In this study we define a farming system as a geographical region with relatively homogenous agro-ecological and social conditions. In the farming system, we start with one farming sector and its farms as the focal point of attention and then include all actors in the farming system who influence the focal farmers and who are themselves influenced by focal farmers (Meuwissen et al. 2019). Our working definition for sustainability of farming systems is an adequate performance of all system functions across the environmental, economic, and social domain (see, e.g., Morris et al. 2011, König et al. 2013). Obviously “adequate” is normative and depends on environmental thresholds and economic and societal constraints and objectives. For resilience, we distinguish three resilience capacities: robustness, adaptability, and transformability. Robustness is the capacity to resist and endure shocks and stresses; adaptability is the capacity to actively respond to shocks and stresses without changing farming system structures and feedback mechanisms; and transformability is the capacity of a system to reorganize its structure and feedback mechanisms (Meuwissen et al. 2019). We consider along with Walker and Salt (2012) that to assess resilience, we need to distinguish between specified and general resilience. Assessing specified resilience relates to the questions of resilience “of what?,” “to what?,” and “for what purpose?” (Carpenter et al. 2001, Quinlan et al. 2016). General resilience relates to a system’s robustness, adaptability, and transformability, regardless the type of challenge or shock. General resilience is mainly assessed by looking at system principles that are presumably conveying resilience. The five principles for general resilience that we use in this paper are tightness of feedbacks, modularity, diversity, openness, and system reserves (Resilience Alliance 2010). Based on these principles, more concrete resilience attributes or indicators are needed to assess the general resilience of a specific system. Cabell and Oelofse (2012), for instance, present 13 resilience indicators for agro-ecosystems that are considered as conveying resilience to the system. Some of these indicators are somewhat linked to either robustness, adaptability, or transformability, although not in a consistent manner, as we will elaborate further in this study by addressing potential contributions of resilience attributes to the three defined resilience capacities. Appendix 1 provides an overview of all important concepts used in this study.

**METHODS**

To study the perceptions of farming systems’ current sustainability and resilience, we designed the Framework of Participatory Impact Assessment for Sustainable and Resilient EU Farming systems (FoPIA-SURE-Farm; Paas et al. 2019, Reidmsa et al. 2019). FoPIA-SURE-Farm includes elements from five different existing sources. First, for assessing perceived sustainability, it is inspired by the semi-quantitative approach of the Framework for Participatory Impact Assessment (FoPIA; Morris et al. 2011, König et al. 2013). Second, for assessing perceived resilience, elements from the Resilience Assessment Framework are implemented (RAF; Resilience Alliance 2010). Third, for analyzing dynamics of sustainability indicators, we included participatory techniques used for system dynamics
modeling by Herrera (2017). Fourth, general resilience was assessed based on a list of resilience attributes as proposed by Cabell and Oelofse (2012), which was tailored and complemented for the assessment of farming systems. Last, FoPIA-SURE-Farm builds on the framework developed by Meuwissen et al. (2019) in the context of the SURE-Farm project (https://surefarmproject.eu). Meuwissen et al. (2019) propose to investigate farming system resilience by answering the following questions: (a) resilience of what? (defining the farming system); (b) resilience to what? (identifying challenges), (c) resilience for what purpose? (identifying main goods and services delivered by farming systems to society), (d) what resilience capacities? (assessing robustness, adaptability, as well as transformability), (e) what resilience attributes? (identifying system characteristics that convey resilience to the system). These questions facilitate the framing of general and specific research topics related to resilience for which qualitative as well as quantitative research methods can be applied.

**Farming systems**

Compared to studies at farm level, a study at the farming system level allows to take into account challenges that operate at similar levels of integration (Peterson et al. 2018), such as the decrease of farm numbers and specific climate changes in a region. Also, at the farming system level, processes and actors that can influence system dynamics in the face of challenges, such as stakeholder interaction with the environment (Urruty et al. 2016) and self-organization (Cabell and Oelofse 2012), can be included. Consequently, at this level the system dynamics are not entirely due to external challenges, but include strategies by different actors to adapt and transform (Cumming et al. 2017). At the same time, the farming system is a level above the farm (Giller 2013) at which individual stakeholders can still be heard (Cabell and Oelofse 2012), allowing for multiple stakeholder input in participatory settings.

**Case studies**

Workshops were held in three specialized farming system case studies (CS): starch potato production in Veenkoloniën, the Netherlands (NL-Starch potato), dairy production in Flanders, Belgium (BE-Dairy), and hazelnut production in Lazio, Italy (IT-Hazelnut). NL-Starch potato is a capital and input-intensive system with relatively low economic productivity per unit of input (Table 1). Predominant soils are sandy with a high amount of inactive organic matter. The most economically productive crop, starch potato, is typically grown with cereals and sugar beets in a narrow 1:2 or 1:3 rotation. On some farms also onions, carrots, or tulips are cultivated. Relative to cereals and sugar beets, most crop protection products are applied to starch potatoes. Farmers are organized in a cooperative that processes the starch potatoes, which are often grown on a contract basis. Sugar beets are also grown on contract and sold to a cooperative. Main challenges in NL-Starch potato are low economic productivity, plant parasitic nematodes in the soil, and changing policies and legislation. In NL-Starch potato, the number of farmers is decreasing and the prices of agricultural land are increasing.

BE-Dairy is also a capital intensive system (Table 1). Livestock diets contain mainly grass (silage), supplemented with maize silage and feed concentrates. Farmers are organized in cooperatives that collect, process, and market the milk and its derived products. Important challenges are competition on export markets and fluctuating prices of milk and feed. Nitrogen surpluses put pressure on the environment. Other debated subjects in this system are the production of greenhouse gases and the use of antibiotics. Future farm succession is a concern in this farming system because of the capital intensity (Table 1), a decreased interest into farming of the younger generation (relating to a competition with other occupations), and the challenge of administrative and legislative demands.

IT-Hazelnut is the least capital intensive system (Table 1). Use of crop protection products and abstractions of ground-water for irrigation have been claimed to put pressure on the environment, especially on surface waters causing public concern (Liberti 2019). Most of the production is sold to processing facilities outside the farming system. In the region some cooperatives collect the raw product and perform only the first processing step, i.e., shelling, and provide storage services. Main challenges for this system are price instability and competition on the world market, mainly with Turkey. Recent modernization of harvesting through auto-propelled machines has increased labor productivity and instigated a demand for more land for hazelnut cultivation. As a result, land that is less suitable for hazelnut cultivation will be taken into production in the coming years. Results from FoPIA-SURE-Farm in IT-Hazelnut are presented in detail in Nera et al. (2020). Compared to Nera et al. (2020), this study puts more emphasis on presenting and evaluating the methodology when applied to three different farming systems. Nera et al. (2020) evaluate sustainability and resilience in the case study in more detail.

**Stakeholder participation**

Multiple actors influence the dynamics of a farming system. The heterogeneity of actors included in the systems has hence been accounted for in the workshops. Participants were invited via existing stakeholder networks in the case study areas. Attendance to the workshop was based on participants’ own initiative and therefore not necessarily balanced across stakeholder groups. Participants mainly consisted of farmers and representatives from the government, NGOs, research institutes and the processing industry (Table 2). Participant numbers varied across case studies (from one to eight per stakeholder group, and 12 to 21 in total).

To bring all participants to the same level of analysis, the research team, which differed in each case study, started the workshop by presenting the social delineation of the farming system (Table 3), showing farming system actors and (in)direct influencers of the farming system. Participants were given the opportunity to react to the farming system representation. Updates were made if necessary.

**Assessing sustainability of farming system functions**

Eight functions of the farming system, along with their representative indicators, all identified by the research team, were presented to the participants and discussed in a plenary session (Table 3). If necessary, changes were made to the list of representative indicators (Table 4). In BE-Dairy, the function “Bio-based resources” was interpreted broadly as all edible products from the system other than milk. In IT-Hazelnut, “Animal health and welfare” was not assessed because animals are not part of this farming system. Participants were invited to individually assess the importance of the different functions (see
Table 1. Average farming system characteristics related to size, economic performance, specialization, and intensity. CS, case studies; BE-Dairy, dairy production in Flanders, Belgium; IT-Hazelnut, hazelnut production in Lazio, Italy; NL-Starch potato, starch potato production in Veenkoloniën, the Netherlands.

| Indicator                        | Unit                  | BE-Dairy | IT-Hazelnut | NL-Starch potato |
|----------------------------------|-----------------------|----------|-------------|-----------------|
| NUTS-areas CS                    |                       | BE02     | ITI41       | parts of NL111, NL112, NL131, NL132† |
| Number of farms of interest in sector of CS | #                     | 2756†    | 5640‡       | 727‡            |
| People working in agriculture in CS | AWU§                  | 4841     | 11,226.5‡   | 1209            |
| Total area CS                    | 1000 ha               | 1352     | 361         | 140             |
| Total agricultural area CS       | 1000 ha               | 623      | 242         | 84              |
| NUTS-areas harmonized public FADN-dataset¶ | BE02 | ITI4‡    | NL01§       |
| Area per farm                    | ha                    | 46.6     | 10.0        | 61.9            |
| Labor input per farm             | AWU                   | 1.76     | 1.13        | 1.66            |
| Economic size of farms           | European Size Unit (1200 gross margin) | 256     | 55          | 203             |
| Intensity (Input per area)       | € / ha                | 4097     | 2419        | 4669            |
| Intensity (Output per area)      | € / ha                | 4858     | 5298        | 5184            |
| Crop output                      | € output from crops / € total output *100 | 6.5     | 97.4        | 79.8            |
| Livestock output                 | € output from livestock / € total output *100 | 91.3    | 0.2         | 0.3             |
| Other output                     | € other output / € total output *100 | 2.2     | 2.4         | 19.8            |
| Rentability                      | € output / € input   | 1.19     | 2.17        | 1.11            |
| Total subsidies per farm, excluding subsidies on investments | 1000 € | 21     | 3           | 28              |
| Family farm income               | 1000 € / family work unit | 33.8    | 33.9        | 46.5            |
| Leverage ratio per farm          | € total liabilities / € total assets | 0.20    | 0.00        | 0.22            |
| Fraction of sunk costs per farm  | € fixed assets / € total assets | 0.83    | 0.65        | 0.89            |
| Cost of crop protection          | € / ha                | 83       | 138         | 445             |
| Cost for chemical fertilizer     | € / ha                | 158      | 269         | 223             |

†The CS area does not follow the contours of administrative boundaries, as a result, data at the scale of this CS is based on data from two encompassing, and hence larger, nationally defined areas: “Westerwolde and Groninger Veenkoloniën” and “Drentse Veenkoloniën en Hondsruig.”
§People working in agriculture is calculated as “number of farms of interest of sector in CS” * “Labor input per farm,”
§AWU: Annual Work Unit, equaling 1800 working hours.
†Below this point in the table, data is derived from the public data base of the Farm Accountancy Data Network of the European Commission.
¶ITI4: Lazio region, encompassing the CS.
#NL01: The Netherlands, encompassing the CS.
Departement Landbouw en Visserij (2019),
Italian National Institute of Statistics (2020),
Centraal Bureau voor de Statistiek (2019).
Farm Accountancy Data Network of the European Commission (2019).

Table 2. Overview workshop dates and number of participants. BE-Dairy, dairy production in Flanders, Belgium; IT-Hazelnut, hazelnut production in Lazio, Italy; NL-Starch potato, starch potato production in Veenkoloniën, the Netherlands.

| Country   | Workshop dates | Participants | Farmers | Industry | Government | N- GO consultation | Miscellaneous |
|-----------|----------------|--------------|---------|----------|------------|--------------------|---------------|
| BE-Dairy  | 27-11-2018     | 16           | 5       | 5        | 2          | 1                  | 1             |
| IT-Hazelnut | 21-01-2019   | 21           | 8       | 3        | 3          | 3                  | 4             |
| NL-Starch potato | 11-12-2018 | 12           | 4       | 1        | 3          | 1                  | 3             |

Table 3 for details). Similarly, they were asked to assess all indicators regarding their degree of representativeness for the function they were to represent. The outcomes for the degree of representativeness were transformed to relative importance in order to compare importance of indicators across functions (Equation A2.1). Furthermore, the performance of each indicator was assessed by each participant. Function performance was calculated per participant as the sum of scores of indicators per function times the average indicator representativeness according to the stakeholder group to which the participant belonged to (Equation A2.2). Importance and performance of functions and indicators was directly fed back and discussed with the participants during the workshop. Perceived indicator and function performance was interpreted as being indicative for perceived sustainability levels of the system (see, e.g., Morris et al. 2011, König et al. 2013 who applied this method for assessing policy impact on sustainable development). Perceived importance and performance levels of functions between farmers and non-farmers were tested for significant differences, using a Kruskal Wallis test in R (R Core Team 2015). Perceived function importance and performance across functions were tested for significant differences using a Kruskal Wallis test and a post-hoc
Table 3. Framework of Participatory Impact Assessment for Sustainable and Resilient FARMing systems (FoPIA-SURE-Farm) workshop design. For details see Reidsma et al. (2019).

| Assessment of:                      | Activity                                                                 | Format                                 | Scoring                                                                 |
|------------------------------------|--------------------------------------------------------------------------|----------------------------------------|------------------------------------------------------------------------|
| Farming system delineation          | Identifying the actors and boundaries of the farming system              | Plenary discussion                     | -                                                                     |
| System sustainability               | Feedback on list with representative indicators for system functions     | Plenary discussion                     | -                                                                     |
|                                    | Assessing function importance                                            | Filling in a form individually         | Divide 100 points over the eight functions                             |
|                                    | Assessing indicator representativeness per function                      | Filling in a form individually         | Divide 100 points over the indicators per function                     |
|                                    | Assessing indicator importance                                           | Calculation                            | Equation A2.1                                                          |
|                                    | Assessing indicator performance                                          | Filling in a form individually         | Score from 1 to 5; where 1: very poor performance, 2: poor performance, 3: moderate performance, 4: good performance, 5: perfect performance. |
|                                    | Assessing function performance                                           | Calculation                            | Equation A2.2                                                          |
|                                    | Discussion indicator and function importance and performance              | Plenary discussion                     | -                                                                     |
|                                    | Selecting indicators for further analysis                                | Plenary discussion                     | -                                                                     |
| System resilience                   | Explanation of robustness, adaptability, and transformability            | Presentation                           | -                                                                     |
|                                    | Sketching dynamics of selected indicators                                | Discussion in small groups             | -                                                                     |
|                                    | Identifying major challenges and strategies                              | Discussion in small groups             | -                                                                     |
|                                    | Assessing strategy implementation                                       | Filling in a form individually         | Score from 1 to 5 for implementation; where 1: no to very poor, 2: poor, 3: moderate, 4: good, 5: perfect implementation. |
|                                    | Assessing the contribution of strategies to robustness, adaptability, and transformability | Filling in a form individually         | Score from -3 to +3 for contribution; where 0: no, 1: weak, 2: moderate, 3: strong contribution, and -: negative, +: positive contribution |
|                                    | Assessing presence of resilience attributes                              | Filling in a form individually         | Score from 1 to 5 for presence; where 1: no to very poor, 2: poor, 3: moderate, 4: good, 5: perfect presence. |
|                                    | Assessing the contribution of resilience attributes to robustness, adaptability, and transformability | Filling in a form individually         | Score from -3 to +3 for contribution; where 0: no, 1: weak, 2: moderate, 3: strong contribution, and -: negative, +: positive contribution |

Conover Iman test with Bonferroni correction using the R-package “conover.test” (Dinno 2017).

Assessing resilience

Based on indicator importance and performance, participants decided in a plenary session which 3 to 4 indicators were most interesting to assess in further detail with regard to farming system resilience. Participants were invited to sketch the yearly dynamics of the selected indicators over the time span 2000–2018, and to identify challenges that induced the sketched dynamics. Also they were invited to identify strategies that have been applied by farmers and other farming system actors to deal with the identified challenges. Identified strategies were assessed for their level of implementation and for their contribution to resilience capacities. Results were directly fed back to participants in a plenary setting. In the evaluation phase, strategies were linked to resilience attributes in order to visualize the connection between specified and general resilience and to allow for comparability of strategies between case studies.

To assess general resilience, a list with resilience attributes was constructed (Table 5) based on Cabell and Oelofse (2012) and Meuwissen et al. (2019) to serve the purpose of this study within the context of the SURE-Farm project. This implied that details on the farming system were added in the resilience attribute description. We also split up certain attributes as provided by Cabell and Oelofse (2012). Finally, we arrived at a list with 22 resilience attributes from which we selected 13 to study in the workshop to not overtask the participants. This selection was based on the (1) SURE-Farm research focus, (2) paying equal attention to the different resilience principles, and (3) avoiding overlap between attributes. For instance, “Reflective and shared learning” is partly dependent on “Social self-organization,” which is why we selected the latter as the overarching attribute. We use the term “resilience attribute,” which refers to a higher hierarchical level compared to the term “resilience indicator” as was originally used in Cabell and Oelofse (2012). This distinction also helps to avoid confusion with the concept of “function indicators” as used in this study. Resilience attributes were assessed for their level of presence and for their contribution to resilience capacities. Because of time limitations, results could only be fed back into a limited extent during the workshop. Perceived contribution of resilience attributes to resilience
Table 4. Overview of farming system functions and case study specific indicators representing those functions. The first four functions are private goods, and the last four are public goods. NL-Starch potato, starch potato production in Veenkoloniën, the Netherlands; BE-Dairy, dairy production in Flanders, Belgium; IT-Hazelnut, hazelnut production in Lazio, Italy.

| Farming system function                                                                 | Indicators NL-Starch potato | Indicators BE-Dairy | Indicators IT-Hazelnut |
|---------------------------------------------------------------------------------------|-----------------------------|---------------------|------------------------|
| Deliver healthy and affordable food products (Food production)                        | Starch potato production (t/ha) | Total milk production Flanders | Hazelnut production |
|                                                                                       | Sugar beet production (t/ha)  | Real milk price for consumers| Hazelnut quality |
|                                                                                       | Cereal production (t/ha)      | Tons of meat produced | Shell production for heating |
|                                                                                       | Diversity of industrial potato products | - | - |
|                                                                                       | Straw production (t/ha)       | Tons of crops produced | Production of pruning waste for energy generation |
|                                                                                       | -                           | Total number of farms with bio-gas systems | - |
| Deliver other bio-based resources for the processing sector (Bio-based resources)     | Profit (Euro/ha)              | Share of total farm income from milk | Gross Margin per hectare |
| Ensure economic viability (viable farms help to strengthen the economy and contribute to balanced territorial development) (Economic viability) | Income from agricultural activities (%) | Labor income | Public support to agriculture (Income support and Rural Development Program as part of the Common Agricultural Policy of the European Commission) |
| Improve quality of life in farming areas by providing employment and offering decent working conditions. (Quality of life) | Land prices | Gross margin per liter of milk | Margin from in situ processing activities |
|                                                                                       | Working hours per year per farmer | Average amount of working hours per farmer per day | - |
|                                                                                       | Employment related to agriculture | Number of fully employed workers per farm | Percentage of women among the people employed in the farming system |
|                                                                                       | Satisfaction of being a farmer | Pride of profession | Health of agricultural workers |
|                                                                                       | Women working in agriculture (%) | - | - |
| Maintain natural resources in good condition (water, soil, air; Natural resources)   | Greenhouse gas emissions | Soil quality | Groundwater availability |
| Protect biodiversity of habitats, genes, and species (Biodiversity & habitat)         | Soil quality | Water quality | Water quality in the area |
|                                                                                       | Regional water availability | Total carbon footprint | - |
|                                                                                       | Responsible use of nutrients | Geneic diversity of livestock | Diversification in land use |
|                                                                                       | Number of bird species | Share of ecologically valuable grassland | Number of organic farms |
|                                                                                       | Surface of land with nature friendly management | Responsible use of crop protection | - |
| Ensure that rural areas are attractive places for residence and tourism (countryside, social structures; Attractiveness of the area) | Unhealthy stress under farmers | Extent to which farms are involved in public activities such as; education, tourism, healthcare. | Touristic flow |
|                                                                                       | Farms with broadened activities | Share of farms with outside grazing | Retention of young people in the area |
|                                                                                       | Villages with a minimum of one school and supermarket | Income from farm tourism | - |
| Ensure animal health and welfare (Animal health & welfare)                             | Farms with certificates for animal welfare | Longevity | - |
|                                                                                       | Responsible use of antibiotics | Amount of antibiotics per cow | - |

Participants in the Belgian case study insisted on “Real price for consumers,” because from their point of view it relates to affordability from the perspective of consumers. This pronounced preference was not ignored because of the participatory setting and to stimulate participants to keep giving input.

capacities across attributes was tested for significant differences using a Kruskal Wallis test and a post-hoc Conover Iman test with Bonferroni correction in R using the “conover.test” package (Dinno 2017).

RESULTS

Farming system actors
Participants provided feedback on the social delineation of all three farming systems (Fig. 1). For BE-Dairy and NL-Starch potato, many farming system actors and influencers were identified, while these were much fewer in IT-Hazelnut. In NL-Starch potato, the cooperative for processing starch potatoes was seen as part of the farming system. In BE-Dairy, the cooperative for processing and distributing milk was moved inside the farming system, after feedback from participants. In IT-Hazelnut, cooperatives existed within the farming system, but main processors of hazelnut were considered to be outside the farming system, because they operate on the international market and are not directly affected by changes within the considered farming system. Local NGOs were mentioned in BE-Dairy and NL-Starch potato, but not in IT-Hazelnut.
Table 5. Resilience attributes used in FoPIA-SURE-Farm based on Cabell and Oelofse (2012) and Meuwissen et al. (2019). The resilience attribute name and the explanation statement were presented to stakeholders to assess presence and contribution to resilience capacities.

| Resilience attribute | Definition | Implications | Explanation statement | Link with resilience principle$^\dagger$ |
|----------------------|------------|--------------|-----------------------|--------------------------------------|
| Reasonably profitable | Persons and organizations in the farming system are able to make a livelihood and save money without relying on subsidies or secondary employment | Being reasonably profitable allows participants in the system to invest in their future; this adds buffering capacity, flexibility, and builds wealth that can be tapped into following disturbance | Farmers and farm workers earn a livable wage while not depending heavily on subsidies | Systems reserves (economic capital) |
| Production$^\dagger$, coupled with local and natural capital | The system functions as much as possible within the means of the bio-regionally available natural resource base and ecosystem services | Responsible use of local resources encourages a system to live within its means; this creates an agroecosystem that recycles waste, relies on healthy soil, and conserves water | Soil fertility, water resources and existing nature are maintained well | Systems reserves (natural capital), tightness of feedbacks |
| Functional diversity$^\dagger$ | Functional diversity is the variety of (ecosystem services that components provide to the system | Diversity buffers against perturbations (insurance) and provides seeds of renewal following disturbance | There is a high variety of inputs, outputs, income sources, and markets | Diversity |
| Response diversity$^\dagger$ | Response diversity is the range of responses of these components to environmental change | Diversity buffers against perturbations (insurance) and provides seeds of renewal following disturbance | There is a high diversity of risk management strategies, e.g., different pest controls, weather insurance, flexible payment arrangements$^\dagger$ | Diversity |
| Exposed to disturbance | The system is exposed to discrete, low-level events that cause disruptions without pushing the system beyond a critical threshold | Such frequent, small-scale disturbances can increase system resilience and adaptability in the long term by promoting natural selection and novel configurations during the phase of renewal, described as “creative destruction” | The amount of year to year economic, environmental, social, or institutional disturbance is small (well dosed) in order to timely adapt to a changing environment | Openness |
| Spatial and temporal heterogeneity of farm types$^\dagger$ | Patchiness across the landscape and changes through time | Like diversity, spatial heterogeneity provides seeds of renewal following disturbance | There is a high diversity of farm types with regard to economic size, intensity, orientation, and degree of specialization$^\dagger$ | Modularity, diversity |
| Optimally redundant farms$^\dagger$ | Critical components and relationships within the system are not duplicated in case of failure$^\dagger$ | Redundancy may decrease a system’s efficiency, but it gives the system multiple back-ups, increases buffering capacity, and provides seeds of renewal following disturbance$^\dagger$ | Farmers can stop without endangering continuation of the farming system and new farmers can enter the farming system easily$^\dagger$ | Modularity |
| Supports rural life$^\dagger$ | The activities in the farming system attract and maintain a healthy and adequate workforce, including young, intermediate, and older people | A healthy workforce that includes multiple generations will ensure continuation of activities and facilities in the area, and the timely transfer of knowledge. | Rural life is supported by the presence of people from all generations, and also supported by enough facilities in the nearby area (e.g., supermarkets, hospital, shops) | Systems reserves (social capital) |
| Socially self-organized | The social components of the agroecosystem are able to form their own configuration based on their needs and desires | Systems that exhibit greater level of self-organization need fewer feedbacks introduced by managers and have greater intrinsic adaptive capacity | Farmers are able to organize themselves into networks and institutions such as co-ops, community associations, advisory networks, and clusters with the processing industry$^\dagger$ | Tightness of feedbacks, system form own (social capital) |
| Appropriately connected with actors outside the farming system$^\dagger$ | The social components of the agroecosystem are able to form ties with actors outside their farming system$^\dagger$ | In case self-organization fails, signals can be sent to actors that indirectly influence the farming system$^\dagger$ | Farmers and other actors in the farming system are able to reach out to policy makers, suppliers, and markets that operate at the national and EU level$^\dagger$ | Tightness of feedbacks |
| Legislation$^\dagger$, coupled with local and natural capital | Regulations are developed to let the system function as much as possible within the means of the bio-regionally available natural resource base and ecosystem services | Responsible use of local resources encourages a system to live within its means; this creates an agroecosystem that recycles waste, relies on healthy soil, and conserves water | Norms, legislation, and regulatory frameworks are well adapted to the local conditions$^\dagger$ | Systems reserves (social capital) |
| Infrastructure for innovation$^\dagger$ | Existing infrastructure facilitates diffusion of knowledge and adoption of cutting-edge technologies (e.g., digital) | Through timely adoption of new knowledge and technologies, a farming system can better navigate in a changing environment | Existing infrastructure facilitates knowledge and adoption of cutting-edge technologies (e.g., digital) | Openness, system reserves |
| Diverse policies$^\dagger$ | Various policy instruments stimulate different mechanisms that improve different resilience capacities | Policies addressing all three resilience capacities avoid situations in which farming systems are permanently locked in a robust but unsustainable situation. Or situations in which adapting and transforming systems are increasingly vulnerable | Policies stimulate all three capacities of resilience, i.e., robustness, adaptability, transformability | Diversity |

$^\dagger$Link of resilience attributes with resilience principles, as perceived by the authors.

$^\ddagger$Deviating from Cabell and Oelofse (2012) for the purpose of this study.

New resilience attributes for the purpose of this study.
In all three case studies, “Food production” and “Economic viability” were considered to be among the most important functions. In NL-Starch potato and BE-Dairy, “Maintaining natural resources” was also considered as important (Fig. 2). In NL-Starch potato, the function “Food production” was evenly represented by the three main crops: starch potato, sugar beet, and wheat (Table 4). In IT-Hazelnut, this function was represented by hazelnut quantity and quality. In BE-Dairy, this function was represented by milk production and the price consumers pay for milk in the supermarket. Representative indicators for “Economic viability” related to farm income and profit per hectare. Representative indicators for “Maintaining natural resources” related to soil and water quality.

Performance of “Food production” and “Economic viability” was considered high in IT-Hazelnut and moderate in BE-Dairy (Fig. 1). For “Natural resources,” participants in BE-Dairy perceived a moderate to high performance, while participants in IT-Hazelnut and NL-Starch potato perceived a moderate performance. Participants in NL starch potato indicated that they found it challenging to assess individual functions, because they perceived functions as interacting with each other. Participants in IT-Hazelnut indicated that they perceived that the recent modernization and enlargement of the sector increased pressure on the environment, while neglecting the importance of the function of “Natural resources.”

In all case studies, it seemed that farmers perceived “Economic viability” as more important and “Natural resources” as less important compared to other stakeholders. However, only for “Natural resources” in BE-Dairy, a significant difference was detected. Farmers generally allocated less importance to functions that deliver public goods. At the same time, in BE-Dairy and NL-Starch potato, farmers tended to assess performance of “Natural resources” on average higher than other stakeholders. In BE-Dairy, participants indicated that these results would have been different if more people from nature organizations had participated in the workshop. In NL-Starch potato, farmers also assessed the performance of “Biodiversity & habitat” higher than other stakeholders (Appendix 3).
cooperatives, producer groups, and using funds of the Rural Development Program of the European Commission (RDP funds).

In all three case studies, indicators related to food production and economic viability were assessed to have improved over time, except in BE-Dairy, where farm income was perceived to be on average stable, but with increased yearly variation. The perspective in all three case studies is more negative for indicators representing the environmental domain. In NL-Starch potato, soil quality was perceived to decline, and in BE-Dairy, emissions of carbon were perceived to go up again. In IT-Hazelnut, the indicator “Area of organic hazelnut production” was seen as positively related to the function “Biodiversity & habitat” and was perceived to be increasing. However, participants indicated that they perceived that biodiversity in the farming system was generally decreasing because of the limited habitat provision in the expanding area with hazelnut monocultures. In the expansion areas, hazelnut cultivation also requires more ground water extraction compared to the cultivations of chestnut and olives that it usually replaces.

Resilience strategies for the farming system
Overall, perceptions on implementation levels of strategies was scored most positive in IT-Hazelnut (Fig. 3A-C). In IT-Hazelnut, the strategies of establishing cooperatives and starting new value chain activities were perceived to be least well implemented. In BE-Dairy and NL-Starch potato implementation levels of different strategies were scored poor to good. In BE-Dairy, strategies related to the carbon footprint were less well implemented than for the indicators “real milk price” and “labor income”. In NL-Starch potato, strategies related to soil quality were less well implemented than for profit per hectare. (Figure 3A-C)

Strategies (Table 6) could mostly be related to the resilience attributes “Reasonably profitable,” “Infrastructure for innovation,” “Production coupled with local and natural capital,” “Socially self-organized,” and “Functional diversity.” Strategies linked to “Socially self-organized” were perceived to be well implemented in all case studies. Strategies related to innovation were perceived to be very well implemented in IT-Hazelnut, and moderately in the other case studies. Only in BE-Dairy and NL-Starch potato could several strategies be evaluated as contributing to functional diversity and the coupling of production with local and natural capital. In the case studies there were no strategies identified that could be linked to redundancy of farms or to policies (Appendix 4).

In general, perceived contribution of strategies to robustness was moderate. Contribution to adaptability was generally equal or lower, with a few exceptions. Contribution to transformability was considered positive as well as negative. When positive, contribution was equal or lower than moderate, with a few exceptions. When negative, contribution was considered weak and sometimes moderate. (Figure 3D-F)

In IT-Hazelnut, the perceived contribution of RDP funds was controversial, where participants scored negative as well as positive. Participants indicated that the RDP funds were de facto used as subsidies by farmers, without changing farming practices in the long term. Dependent on the indicator that was considered,
Fig. 3. Perceived level of implementation of resilience enhancing strategies (A–C) and their contribution to the resilience capacities (D–F) per case study per studied indicator. Level of implementation was assessed on a scale from 1 to 5 and contribution to the resilience capacities was assessed on scale from -3 to 3 (Table 3). BE-Dairy, dairy production in Flanders, Belgium; IT-Hazelnut, hazelnut production in Lazio, Italy; NL-Starch potato, starch potato production in Veenkoloniën, the Netherlands.

Mechanization was sometimes seen as being negative for transformability, but overall positive. Cooperatives, producer organizations, and value chain activities were all perceived to contribute to farming system resilience. In BE-Dairy, all strategies were perceived to contribute positively to robustness and to a lesser extent to adaptability and transformability. Moreover, interventions from outside this farming system, such as exceptional financial support from the sectoral federation (Fedisupport), genetic improvement, and creation of milk powder stocks, as well as strategies that require on-farm investments, were perceived to negatively affect transformability. In NL-Starch potato, many strategies were perceived to contribute positively to robustness and adaptability. There were four strategies that were evaluated to weakly affect transformability in a negative way: scaling (of area and hence the production), increase value of starch products, have land available outside contract farming, apply precision agriculture. In NL-Starch potato, strategies related to soil quality and potato production were perceived to be good for transformability. Diversity was evaluated to be poorly present in all case studies, especially in NL-Starch potato. The studied farming systems were perceived to have a poor to moderate degree of openness. “Exposed to disturbance” was especially evaluated lower, as participants perceived that disturbances are threatening system functioning instead of making a system more resilient. Diversity was evaluated to be poorly present in all case studies, with the exception of “Spatial and temporal heterogeneity of farm types”, which was assessed to be moderately present. Modularity in the farming system was perceived to be moderately present in IT-Hazelnut and weakly present in BE-Dairy and NL-Starch potato.

Resilience attributes
As shown in Figure 4A, perceptions about presence of most resilience attributes followed similar patterns in the three case studies. Presence of resilience attributes was perceived to be low to moderate, with some exceptions, especially in IT-Hazelnut. For example, BE-Dairy and NL-Starch potato scored “Reasonably profitable” as low, while this attribute scored high in IT-Hazelnut, providing it with financial capital reserves. “Socially self-organized” scored high in IT-Hazelnut, and moderate in other case studies. Perceptions on legislation being coupled to local and natural capital were low in all cases. Diversity was evaluated to be poorly present in all case studies, especially in NL-Starch potato. The studied farming systems were perceived to have a poor to moderate degree of openness. “Exposed to disturbance” was especially evaluated lower, as participants perceived that disturbances are threatening system functioning instead of making a system more resilient. Diversity was evaluated to be poorly present in all case studies, with the exception of “Spatial and temporal heterogeneity of farm types”, which was assessed to be moderately present. Modularity in the farming system was perceived to be moderately present in IT-Hazelnut and weakly present in BE-Dairy and NL-Starch potato.

Figure 4B reveals that the potential contribution of resilience attributes to robustness was perceived to be very weakly to
Table 6. Stakeholder perceptions of main dynamics, underlying causes and applied strategies to maintain or enhance performance of selected indicators in the three case studies. NL-Starch potato, starch potato production in Veenkoloniën, the Netherlands; BE-Dairy, dairy production in Flanders, Belgium; IT-Hazelnut, hazelnut production in Lazio, Italy.

| Case study | Function          | Indicator                        | Main trend in last 20 years | Main causes of dynamics                                                                                                                                                                                                 | Strategies                                                                 |
|------------|-------------------|----------------------------------|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| NL-Starch potato | Food production | Starch potato production | Remained stable           | Cultivated area decreased and production per hectare increased, decoupled payments reducing subsidies                                                                                                                                                       | Exchanging land with dairy farmers, reduce costs                                                                                 |
| Economic viability | Profit per hectare | Increased, but a plateau seems to be reached | Increased but also variable prices; higher yields, increased input prices, extreme events, decoupled payments reducing subsidies, more alternative crops |                                                                                                                                                                                                                                                                  | Extending knowledge on soils and varieties, scale enlargement, increase value of starch potato products, better varieties, reduce costs, have land available outside contract farming, precision agriculture |
| Natural resources | Soil quality | Decreased   | Nematode pressure, nutrients not being replenished, lack of awareness |                                                                                                                                                                                                                                                                  | Improved varieties against nematodes, raising awareness, replenish soil minerals, avoid artificial fertilizer                      |
| BE-Dairy | Food production | Total milk production | Increased                   | Increased efficiency, abolition of quota                                                                                                                                                                                                                     | Increase efficiency, expansion of business (own rearing), expansion of business (buying cattle), broaden business, futures exchange |
| Food production | Real milk price for consumers | Decreased, currently stable | Banking crises, Arabic spring, stop on export to Russia |                                                                                                                                                                                                                                                                  | Open up to international markets, exceptional financial support from sectoral federation, creating milk powder stocks |
| Economic viability | Farm income | Average is stable, but more fluctuations in the last decade | Financial crises, globalization, decreasing demand from China, export ban to Russia |                                                                                                                                                                                                                                                                  | Intensification and scale enlargement, cyclical investing, investments of cooperatives, maintain diversity of dairy farms |
| Natural resources | Total carbon foot print | Gradual decrease in 2000s, increase in 2010s | Increased efficiency, abolition of quota |                                                                                                                                                                                                                                                                  | More efficient feeding, manure recycling/circular agriculture, production of green energy, increase longevity of cows, genetic improvement |
| IT-Hazelnut | Food production | Gross saleable production | Increase, with a peak in 2012-2014 | Machinery development, frost in Turkey                                                                                                                                                                                                                       | Mechanization, cooperatives                                                                                                           |
| Economic viability | Gross margin per hectare | Increase, with a peak in 2012-2014 | Machinery development, frost in Turkey |                                                                                                                                                                                                                                                                  | Mechanization, producer organizations                                                                                               |
| Biodiversity & habitat | Organic cultivated area | Increase | Launch of tenders for organic production |                                                                                                                                                                                                                                                                  | Applying for rural development program funds                                                                                       |
| Attractiveness of the area | Retention of young people in the area | Stable | Hazelnut value chain generating job opportunities, attracting young people that would have out-migrated otherwise |                                                                                                                                                                                                                                                                  | Mechanization, value chain activities                                                                                               |

Scores for contribution of resilience attributes to adaptability were similar or lower compared to contributions to robustness (Figures 4B and 4C). An exception was “Infrastructure for innovation,” which received similar scores for adaptability and for robustness in all three case studies. Other resilience attributes scoring relatively high in all three case studies related to the profitability, production being coupled with local and natural capital, response diversity, and diverse policies.

Finally, contribution of resilience attributes to transformability was assessed to be very weak to moderate (Figure 4D). Scoring patterns for transformability deviated from the patterns as observed for robustness and adaptability. In BE-Dairy, expectations were lower for resilience attributes contributing to transformability than to adaptability. In all three case studies, “Infrastructure for innovation” got relative high scores for contributing to transformability compared to other resilience attributes.

**DISCUSSION**

**Farming system sustainability assessment**

The studied intensive, specialized farming systems are perceived to primarily provide economic viability, to provide food and, in NL-Starch potato and BE-Dairy, to maintain natural resources. Farmers (participating in the workshops) put more emphasis on economic viability compared to other participants, who divided importance more equally over farming system functions. This
Fig. 4. Perceived level of presence of resilience attributes (A) and their perceived contributions to robustness (B), adaptability (C), and transformability (D). Level of presence was assessed on a scale from 1 to 5 and contribution to robustness, adaptability, and transformability was assessed on a scale from -3 to 3 (Table 3). BE-Dairy, dairy production in Flanders, Belgium; IT-Hazelnut, hazelnut production in Lazio, Italy; NL-Starch potato, starch potato production in Veenkoloniën, the Netherlands.
difference in perception indicates that no optimal solution exists across all stakeholder groups and that a balance between differing views needs to be found (in line with Robards et al. 2011). Detecting the difference between stakeholder groups was possible because participants assessed the same set of functions. The top-down approach of our method, dividing 100 points over eight functions, forced participants to make choices between economic, environmental, and social functions and indicators. In our case studies, this revealed a lack of attention for social functions such as quality of life and attractiveness of the area, which might result in missing out on important feedbacks from the social domain. The identification of this knowledge gap is an important result of our participatory method. Mosse (1994) points out that the identification of the boundaries of local knowledge is an important, but often overlooked, goal of participatory research. Performance of functions was generally perceived to be moderate, with a few low and well performing functions in each case study. Contrary to perceptions on function importance, perceptions on function performance were similar between the stakeholder groups in most case studies. The remarkable variety in allocated importance of functions, together with an only moderate performance of more important functions, suggests the presence of interactions and trade-offs between functions. Further indications of trade-offs were found in the studied farming systems (Appendix 5). Existence of trade-offs may influence stakeholders’ perceptions, which emphasizes the importance to have both information on perceptions of stakeholders as well as observational data.

**Farming system resilience assessment**

Based on perceived presence and potential contribution of resilience attributes, the case studies were perceived to show more robustness than transformability, which is typical for specialized systems aiming to control external factors as much as possible (Hoekstra et al. 2018). Strategies applied in the past 20 years, mainly with regard to economic functions and food production, show that the studied farming systems mainly use their adaptability to increase robustness, e.g., increasing farm size in BE-Dairy and NL-Starch potato to better cope with small margins. It should be noted that regarding the strategies, the method is biased toward the interest of stakeholders for specific functions. This interest may also have resonated within the stakeholders’ mind when reflecting on resilience attributes.

All farming systems were perceived to have a relative low presence of functional and response diversity, and contribution of diversity to resilience was perceived low. According to Hoekstra et al. (2018), the lack of diversity is an indication that production systems are operating more under a control rationale rather than a resilience rationale. Hoekstra et al. (2018) pose that for systems to optimally perform, a balance needs to be found between the control and resilience rationales. In the case studies, this balance between rationales might be partly found in the spatial heterogeneity of farm types, which relates to diversity (see also Reidsma and Ewert 2008). Heterogeneity of farm types is assessed to have relatively high presence, and especially in BE-Dairy and IT-Hazelnut this resilience attribute was perceived to contribute to resilience. Common building blocks for resilience in all case studies were profitability, production coupled with local and natural capital, social self-organization, and infrastructure for innovation. Profitability was perceived as having a large potential for improving robustness and adaptability in all case studies, but was currently perceived to be low in BE-Dairy and NL-Starch potato. Higher profitability was perceived to mainly increase robustness and adaptability in BE-Dairy. To attain higher profitability in BE-Dairy, many strategies in the past required large investments, which can explain the perceived negative contribution of these strategies to transformability. Production being coupled with local and natural capital is also assessed to have a large contribution to resilience in all case studies, but was currently considered to be low in IT-Hazelnut and moderate in BE-Dairy and NL-Starch potato. Loss of natural capital such as loss of ecosystem quality might be more visible in the quickly intensifying and expanding IT-Hazelnut (Biasi and Botti 2010). This could explain why the other case studies, which actually have more intensive systems, scored higher. Self-organization is commonly accepted as enhancing resilience (Cabell and Oelofse 2012). However, too much connections between actors in a system can increase the risk for co-dependency and reduce modularity. This could be the case in NL-Starch potato where the transformative capacity of the local cooperative has provided a pathway toward higher profitability. However, to stay on this pathway, the cooperative maintains a high demand of starch potatoes, resulting in a very narrow rotation and an increased pressure from nematodes in the soil. Our study indicates that infrastructure for innovation is an important resilience attribute for specialized farming systems, especially for adaptability and transformability, and should receive more emphasis. Although Gunderson and Holling (2002) emphasized the importance of innovation for resilience, resilience literature often lays more emphasis on social and ecological aspects (e.g., Cabell and Oelofse 2012).

Assessing perceived sustainability and resilience allows to reflect on both concepts simultaneously. In the studied farming systems, function indicators relating to sustainability were on average perceived to perform moderately. This suggests that adaptations or even transformations need to be realized. Without those, sustainability might further decline, especially social sustainability that currently seems to receive relatively little attention compared to economic and environmental sustainability. On the one hand further decline could lead to undesired transformational change. On the other hand current perceived lower levels of adaptability and transformability do not seem to allow orchestrated transformations by stakeholders in the farming system: apart from infrastructure for innovation, no other attribute was assessed to support transformability well in any of the three farming systems. A promising resilience attribute for transformability is related to an enabling environment for shared learning and experimentation and should be included in further assessments (Appendix 6).

**Methodology**

The FoPIA-SURE-Farm framework employed in this research captures essential steps to assess farming system resilience (see Meuwissen et al. 2019). The framework encompasses multiple dimensions and perspectives by including lists with many farming system functions and resilience attributes. These lists form a base for knowledge exchange between researchers and participants. Researchers exposed participants to the notion that sustainability and resilience need to be addressed in a structured, integrated approach. Based on this approach, participants could add local
meaning to the still abstract system functions and resilience attributes. Adding local meaning enabled further discussions about sustainability and resilience. For instance, for both researchers and participants, it was informative that most important system parameters, according to participants’ perceptions, could be identified and directly discussed. This allowed for identification of important system dynamics and also strategies that were aimed to maintain or enhance system functions. Selection of important system parameters can also support further analyses on systems dynamics. For instance, by zooming in on a specific set of parameters, Kinzig et al. (2006) were able to study critical thresholds of agro-ecological systems. It should be noted, however, that by first identifying main sustainability indicators, a path-dependency is created, which in the application to the three case studies resulted in an emphasis on economic and production indicators in later steps of the workshop. In general, the selection of main system parameters is also a further simplification of reality. This increases the risk of not being able to understand the dynamics of the studied system (Quinlan et al. 2016). Related to adequately understanding farming system behavior, it should be noted that other levels than the farming system should be taken into account as well when studying multi-level concepts such as sustainability (e.g., Van Passel and Meul 2012, Delmotte et al. 2017) and resilience (e.g., Peterson et al. 2018, Meuwissen et al. 2019). In that sense FoPIA-SURE-Farm needs to be complemented with analyses at farm level (Spiegel et al. 2019) and the level beyond the farming system (Feindt et al. 2019). The level beyond the farming system is not well defined in agricultural literature because there are multiple possibilities, e.g., entire value chains, food systems, and the political or socio-technical environment.

The selected case studies were different in geographical size and had different positions in governmental hierarchy. On the one hand this shows the wide applicability of FoPIA-SURE-Farm to handle various farming systems with different geographical and political boundaries. On the other hand it made the comparison between the three case studies in this paper challenging, i.e., differences observed could be confounded with size and hierarchical level of the case study. Differences could also be confounded with the influence of the individual research teams in each case study. Also culturally defined inclinations, e.g., toward optimism or pessimism, could play a role. To deal with these challenges in this paper, we did not compare scores between case studies directly, e.g., stating that a function was performing better in one case study compared to another, or by performing statistical tests on differences between case studies. Instead, we treated scores as being relative to other scores within the same case study. This revealed certain patterns such as the relative absence of attention for social functions, the emphasis on robustness, and the relative importance of the resilience attributes related to profitability, social self-organization, and infrastructure for innovation in all case studies.

Summarizing weighted indicator scores into sustainability indices is a common practice in sustainability science (Mayer 2008), and for instance applied in the original FoPIA-approach (Morris et al. 2011, König et al. 2013). However, letting participants divide 100 points over functions and indicators is less commonly applied. We argue that this method helps to raise awareness of trade-offs between functions, in case such trade-offs are until then only implicit or part of a subconscious process. Dividing 100 points over functions and indicators resembles the Q-methodology (McKeown and Thomas 2013; https://qmethod.org/), in which participants are forced to allocate scores to a number of items, while following a predefined distribution in which extreme values are more rare than moderate values. In the approach taken in this study, the participants themselves effectively determine their own distribution. This means that an observed imbalance between importance of functions or indicators can be interpreted as an outcome of the study rather than a design input as is the case for the Q-methodology.

Using Likert items and scales poses another challenge for interpreting the results from FoPIA-SURE-Farm. In this paper, the performance of functions can be seen as Likert scales, where the representative indicators are weighted Likert items, allowing for presenting the mean as summarizing statistic (Guerra et al. 2016). Regarding the scoring of strategies and resilience attributes, we chose to present the mean as well, which is not entirely correct according to some, but acceptable to others (e.g., Norman 2010) and more intuitive compared to using the median and quartiles in communicating results (Guerra et al. 2016). This is especially true for the strategies where the number of observations is low. Appendix 3 provides means as well as individual observations, which shows that means and medians, basically the observations in the middle of the data, do not differ much. Moreover, for testing significant differences, non-parametric tests were used that correspond with the ordinal nature of the data. It can be argued that, although participants may have different points of reference regarding whether a function for instance is performing poorly or perfectly, perceptions of performance between stakeholders and across indicators can be compared (e.g., Morris et al. 2011, König et al. 2013). The possibility that participants have avoided extreme values on the provided scoring scales, might be reflected in the moderate scorings that many functions and resilience attributes received. This is an additional reason to look at differences between scores and consequently focus on the patterns of higher and lower scoring items, as is done in this study. This is somewhat similar to the analyses on the outcomes of Q-methodology, where patterns of extreme values for a set of specific items can be interpreted as being expressions of mental models of stakeholders in a system (McKeown and Thomas 2013). A final point of attention relates to the notion that negative and positive values are for various reasons not true opposites of each other, possibly leading to a method bias (Alexandrov 2010). In our study, all Likert-type items were phrased in a positive way, thus reducing the impact of a method bias (Alexandrov 2010). Practically, this reduces the likelihood that, for instance, the positive scoring of resilience attributes is partly a methodological artefact.

Another point of discussion is that participants showed signs of fatigue toward the end of the FoPIA-SURE-Farm workshop. This coincided with the intellectually challenging scoring exercise on presence of resilience attributes and their contribution to robustness, adaptability, and transformability. Still, this exercise was completed correctly in six out of eight other European case studies (Paas et al. 2019, Reidsma et al. 2020). Dependent on the research question, scoring on presence and contribution could be combined into a score that summarizes the overall importance of the resilience attribute for the farming system. Filling out forms
was especially experienced as tedious. Moreover, this method was top-down, which is advised to be avoided in participatory approaches that deal with the topic of resilience (Callow-Concha and Ewert 2014). In FoPIA-SURE-Farm we could not avoid top-down questions in order to save time of participants, to enhance comparability between case studies, and to identify knowledge gaps. However, we stimulated participants to influence the content of the workshop, e.g., by providing feedback during the plenary and small group discussions that alternated the individual exercises. To further compensate for top-down questions, and to make sure that the right issues are addressed, stakeholders should be consulted again when main indicators of the farming system as identified in this study are used for further analyses, for instance, when moving to the planning phase of a project cycle (Ridder and Pahl-Wostl 2005) where concrete strategies for improved sustainability and resilience have been identified (Paas et al. 2020).

With the FoPIA-SURE-Farm framework, the underlying system mechanisms that bring current resilience were only revealed occasionally in plenary discussions, rather than being a fundamental part of the framework. For instance, interactions between resilience attributes through competition for resources or co-dependence was not addressed. To complete the resilience assessment and understand underlying mechanisms, further research is necessary that includes the impact of (new) shocks, adaptation measures, and future scenarios (Walker et al. 2002). For that reason we continued within the SURE-Farm project with participatory integrated assessments in which we assess performance, interactions, and thresholds of important system parameters in different possible futures (Paas et al. 2020).

CONCLUSION
The framework presented in this paper is based on existing sustainability and resilience frameworks. It provides a method to identify main indicators of a farming system and to obtain a qualitative assessment of its perceived sustainability and resilience, based on opinions of stakeholders from that system. This reveals stakeholder perspectives on importance and performance of functions and resilience attributes accounting for the complex nature of farming systems. Perspectives on importance were sometimes imbalanced, i.e., too little importance was allocated to social and environmental functions. Also attention to resilience attributes was imbalanced. The identification of imbalance is an important outcome of the method because it indicates the boundaries of local perspectives and knowledge. Perspectives on performance were sometimes deviating from findings presented in literature, which emphasizes the need to have input from quantitative analytical sources as well.

Assessing perceived sustainability and resilience simultaneously allows to reflect on pathways to higher sustainability. Taking the case of specialized systems in the EU, workshop outcomes suggest that function performance relating to sustainability was perceived to be moderate, while presence of resilience attributes was perceived to be low to moderate and contribution of these attributes to resilience was perceived to be weak to moderate. In the studied systems, robustness was perceived to be stronger than adaptability and transformability. This indicates that finding pathways to more sustainability, which requires adaptability and transformability, will be a challenging process.

Strategies to maintain performance of indicators of the studied systems were mainly related to keeping the system economically viable, partly through innovations in the system. Across case studies, profitability, production coupled with local and natural capital, infrastructure for innovation, and self-organization were perceived as important resilience attributes. Based on workshop results, we conclude that an additional resilience attribute related to an enabling environment for experimentation and learning is necessary. The relative importance and contribution of some resilience attributes in the studied systems differed from case to case, e.g., heterogeneity of farm types. This indicates that the local context in general, and stakeholder perspectives in particular, are important when evaluating general resilience and policy options based on resilience attributes. Overall, despite some methodological limitations, the case study specific results seem a good starting point for raising awareness, further assessments, and eventually for developing a shared vision and action plan for improving sustainability and resilience of a farming system.

Responses to this article can be read online at: https://www.ecologyandsociety.org/issues/responses.php/12200

Acknowledgments:
We acknowledge the SURE-Farm Horizon 2020 project (Grant Agreement No 727520) for funding this study. We are thankful to all workshop participants, whose input was essential for this study. We are thankful to ILVO, UNITUS, and Experimental Farm Veltheimond (WUR) in collaboration with Inovativ Veekoloonien for providing meeting facilities and catering in the Belgian, Italian, and Dutch case study, respectively. We are thankful for assistance to Erwin Wauters, Jo Bijttebier, and Jorrit Becking in the Belgian case study, Federico Antonioli, Giudìo Paolini, Saverio Semni, and Elena Nera in the Italian case study, and Alisa Spiegel, Inge van der Wiel, Yannick Buitenhuis, and Bert Rijk in the Dutch case study. We are thankful to two anonymous reviewers and colleagues in the Plant Production Systems Group of Wageningen University for providing feedback on this work.

Data Availability:
This human subject research in the context of the SURE-Farm project has been approved by the Social Sciences Ethics Committee of Wageningen University & Research. The datacode that support the findings of this study are available on request from the corresponding author, [WP]. The datacode are not publicly available because they contain information that could compromise the privacy of research participants.

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## Appendix 1

### Used concepts in this study

*Table A1.1. Used concepts and their explanations and main references.*

| Concept                | Explanation                                                                                                                                                                                                 | References                   |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Farming system         | The basis of a farming systems consists of farms producing the main products of interest in a regional context. Social actors included in the farming systems are the producers of main products and other actors that mutually influence one another. | Meuwissen et al. (2019)      |
| Functions              | Delivery of public and private goods from the farming system to society: production of food and bio-based resources, economic viability, quality of life, maintenance of natural resources, biodiversity & habitat, attractiveness of the area, and animal health & welfare. | Meuwissen et al. (2019)      |
| Indicators             | Indicators that represent farming system functions in the absence of a unique metric for these functions. Indicators with high allocated importance are assumed to represent the identity of the farming system. | Reidsma et al. (2019), Meuwissen et al. (2019) |
| Sustainability         | Our working definition for sustainability of farming systems is an adequate performance of all system functions across the environmental, economic and social domain. Obviously adequate is normative and depends on environmental thresholds and societal constraints and objectives. | See e.g. Morris et al. (2011) and König et al. (2013) |
| Resilience capacities  | Robustness, adaptability and transformability potential of systems in the face of shocks and stresses. The explanation of the resilience capacities follows below and is influenced by the mentioned sources. | Walker et al. (2004), Folke et al. (2010), Anderies et al. (2013), Meuwissen et al. (2019) |

**Robustness**
- Robustness is the capacity to resist to and endure shocks and stresses.

**Adaptability**
- Adaptability is the capacity to actively respond to shock and stresses without changing farming system structures and feedback mechanisms.

**Transformability**
- Transformability is the capacity of a system to reorganize its structure and feedback mechanisms in response to shocks and stresses.
| Concept                | Explanation                                                                                                                                                                                                 | References                                                                                   |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Specific resilience    | Resilience specified with regard to answering the questions "resilience of what, to what and for what purpose?"                                                                                       | Carpenter et al. (2001), Quinlan et al. (2016)                                                |
| General resilience     | General resilience is related to a system's robustness, adaptability and transformability, regardless the type of challenge or shock.                                                                     | Resilience Alliance (2010), Walker and Salt (2012), Meuwissen et al. (2019)                   |
| Strategies             | Strategies implemented to counteract impact of shocks and stresses on the farming system (indicators).                                                                                                    | Reidsma et al. (2019), Meuwissen et al. (2019)                                                |
| Resilience principles  | Generic system characteristics that are associated with general resilience: diversity, modularity, openness, tightness of feedbacks, system reserves. The explanation of the principles follows below and is apart from the mentioned sources, influenced by the work of Biggs et al. (2012). | Resilience Alliance (2010), Walker and Salt (2012), Meuwissen et al. (2019)                   |
| Diversity              | Diversity in the system with regard to functioning of sub-components and their response to shocks and stresses.                                                                                           |                                                                                               |
| Modularity             | The degree of independence of connected sub-components in the system.                                                                                                                                       |                                                                                               |
| Openness               | Connectivity within the farming system and with systems beyond the farming system.                                                                                                                                 |                                                                                               |
| Tightness of feedbacks | The degree into which the farming system and its sub-components and processes can create signals and interact in reaction to these internal signals as well as external signals from other (overarching) systems. Included are signals from slow variables and feedbacks. |                                                                                               |
| System reserves        | Natural, economic and social capital that the farming system can access to use as a buffer to compensate for losses or changes in the system during and after a disturbance. |                                                                                               |
| Resilience attributes  | Specific system characteristics that are supposedly contributing to general resilience of farming systems. In this paper, resilience attributes are associated with the more generic resilience principles. The resilience attributes as used in this paper are explained in Table 5. | Cabell and Oelofse (2012), Meuwissen et al. (2019)                                             |
Appendix 2

Information on data correction and data transformation

Data correction

In some cases, scoring for function importance did not add up to hundred. In these cases, scores were corrected relative to their size to add up to hundred.

In some cases, scoring for representativeness of indicators did not add up to hundred. In these cases, scores were corrected relative to their size to add up to hundred.

Data transformation

To compare importance of indicators across function, Equation A2.1 was applied.

\[
\text{TransIndicatorImp} = \text{FunctionImp}_s \times (\text{IndicatorImp} / 100) \times \text{FunctionIndNr}
\]

Equation A2.1.

Where “TransIndicatorImp” is the transformed importance of the indicator that allows for direct comparison between indicators of different functions, “FunctionImp,

“FunctionImp” is the average importance allocated to the function by the stakeholder group a participant belongs to, “IndicatorImp” is the importance allocated to the indicator and “FunctionIndNr” is the number of indicators that the function concerned has.

To calculate function performance, Equation A2.2 was applied

\[
\text{PerformanceFunction}_i = \sum_{j,k,l} \text{IndicatorImp}_{i,j,k}/100 \times \text{IndicatorPerf}_{i,j,l}
\]

Equation A2.2

Where “PerformanceFunction” is the performance of function i, “IndicatorImp,” is the average importance allocated to indicator j of function i per stakeholder group k (per stakeholder group, because not all participants filled in the tables on indicator importance), and “IndicatorPerf,” is the performance of indicator j of function i of participant l.
Appendix 3

Detailed workshop results

Table A3.1. Kruskal Wallis test p-values for differences between stakeholder groups (farmers and non-farmers) for function importance. “Animal health & welfare” was not assessed in the Italian case-study.

| Function                  | BE-Dairy | IT-Hazelnut | NL-Starch potato |
|---------------------------|----------|-------------|------------------|
| Food production           | 0.810097 | 0.227307    | 0.803255         |
| Bio-based resources       | 0.331893 | 0.32905     | 0.898669         |
| Economic viability        | 0.219892 | 0.697195    | 0.531615         |
| Quality of life           | 0.056315 | 0.28506     | 0.796253         |
| Natural resources         | 0.030649 | 0.388095    | 0.458664         |
| Biodiversity & habitat    | 0.514506 | 0.633634    | 0.531615         |
| Attractiveness of the area| 0.746298 | 0.067067    | 0.420829         |
| Animal health & welfare   | 0.5758   | NA          | 0.434291         |

Table A3.2. Kruskal Wallis test p-values for difference between stakeholder groups (farmers and non-farmers) for function performance. “Animal health & welfare” was not assessed in the Italian case-study.

| Function                  | BE-Dairy | IT-Hazelnut | NL-Starch potato |
|---------------------------|----------|-------------|------------------|
| Food production           | 0.658997 | 0.485757    | 0.327187         |
| Bio-based resources       | 0.67042  | 0.227512    | 0.769698         |
| Economic viability        | 0.13746  | 0.01335     | 0.805701         |
| Quality of life           | 0.461285 | 0.443575    | 0.386476         |
| Natural resources         | 0.029973 | 0.579015    | 0.027486         |
| Biodiversity & habitat    | 0.298621 | 0.384546    | 0.04909          |
| Attractiveness of the area| 0.959311 | 0.434121    | 0.710992         |
| Animal health & welfare   | 0.03292  | NA          | 0.224765         |
Figure A3.1. Function importance (size of bubbles) and performance (y-axis) as perceived by farmers and other stakeholders.
Figure A3.2. Perceived mean function importance and performance (red shapes) and perceived performance according to individual observations in BE-Dairy. See Table 3 for scoring methods. Letters indicate similar importance (Imp) and performance (Per) scorings across functions based on a post-hoc Conover-Iman test with Bonferroni correction.
Figure A3.3. Perceived mean function importance and performance (red shapes) and perceived performance according to individual observations in IT-Hazelnut. See Table 3 for scoring methods. Letters indicate similar importance (Imp) and performance (Per) scorings across functions based on post-hoc Conover-Iman tests with Bonferroni correction.
Figure A3.4. Perceived mean function importance and performance (red shapes) and perceived performance according to individual observations in NL-Starch potato. See Table 3 for scoring methods. Letters indicate similar importance (Imp) and performance (Per) scorings across functions based on post-hoc Conover-Iman tests with Bonferroni correction.
Table A3.1. Dynamics of main indicators in BE-Dairy.

| Function          | Indicator                  | time period       | Main dynamics according to participants | Main causes of dynamics                                                                 | Identified strategies                                           |
|-------------------|----------------------------|-------------------|------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------------|
| Food production   | Total milk production      | 2000-2007         | Stable                                   |                                                                                       |                                                                     |
|                   |                            | 2007-2014         | Slight increase                         | Announcement of milk quota abolition?                                                 | Increase efficiency, expansion of business                      |
|                   |                            | 2015-2018         | Steep increase of production but more volatile | Abolition of milk quota, drought, lack of available land, price volatility, lack of available labor | Increase efficiency, expansion of business, broaden business, futures exchange |
|                   | Real milk price for consumers | 2000-2009       | Decreasing                               | Banking crises, Arabic spring, stop on export to Russia                               | Open up to international markets, Exceptional financial support from sectoral federation, creating milk powder stocks |
|                   |                            | 2010-2018         | Prices are more fluctuating and have on average slightly increased |                                                                                       |                                                                     |
| Economic viability| Farm income                | 2000-2006         | Small fluctuations                       | Financial crises, globalization, decreasing demand from China, stop on export to Russia | Increase efficiency, production increase, investing in innovation, maintain diversity of farms |
|                   |                            | 2007-2018         | Larger fluctuations                      |                                                                                       |                                                                     |
| Natural resources | Total carbon footprint     | 2000-2014         | Gradual decrease                        |                                                                                       | Improved genetics, more efficient feeding, increased longevity of cows |
|                   |                            | 2015-2018         | Increase                                | Abolition of milk quota                                                              |                                                                  |
Table A3.2. Dynamics of main indicators in IT-Hazelnut.

| Function                     | Indicator                  | time period | Main dynamics according to participants | Main causes of dynamics                                                                 | Identified strategies                                                                 |
|------------------------------|----------------------------|-------------|------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Food production              | Gross saleable production | 1981-1983   | Steep increase                           | Machinery development                                                                   |                                                                                       |
|                              |                            | 1984-1990   | Slight increase                          | Quality standardization                                                                |                                                                                       |
|                              |                            | 1991-1993   | Decrease                                 | Opening of Turkish market                                                              |                                                                                       |
|                              |                            | 1994-2011   | Increase                                 | Machinery development, crisis in industrial sector, launching of RDP tenders, incoming of big confectionary industries | Mechanization (self-propelled machinery), cooperatives                                   |
|                              |                            | 2012-2014   | Peak                                     | Frost in Turkey                                                                        |                                                                                       |
|                              |                            | 2015-2018   | Back to trend from before the peak       | Recovery of Turkish market                                                             |                                                                                       |
| Economic viability           | Gross margin per hectare   | 1990-1993   | Decrease                                 | Incoming of Turkish production on the market                                           |                                                                                       |
|                              |                            | 1994-2000   | Increase                                 | Machinery development                                                                   | Mechanization, producer organizations                                                  |
|                              |                            | 2001-2011   | Increase, but less steep than before      |                                                                                        | Mechanization, producer organizations                                                  |
|                              |                            | 2012-2014   | Peak                                     |                                                                                        | Mechanization, producer organizations                                                  |
|                              |                            | 2015-2018   | Decrease after peak and more stable      |                                                                                        | Mechanization, producer organizations                                                  |
| Biodiversity & habitat       | Organic cultivated area    | 2000-2008   | Increase                                 | Launch of tenders for organic production                                               |                                                                                       |
|                              |                            | 2009-2011   | Stable, but fluctuating                   | RDP starting to operate                                                                | Use of RDP subsidies                                                                   |
|                              |                            | 2012-2018   | Increase, steeper than before the fluctuations | Big multinational entering the area, frost in Turkey                                    | Use of RDP subsidies                                                                   |
| Biodiversity & habitat       | Biodiversity               | 2000-2012   | Decrease                                 | Hazelnut expansion increasing monocultures and ground water usage                     |                                                                                       |
| Attractiveness of the area   | Retention of young people in the area | 2000-2018   | Stable                                   | Hazelnut value chain generating many job opportunities, attracting young people that would have outmigrated otherwise | Mechanisation, value chain activities                                                  |
### Table A3.3. Dynamics of main indicators in NL-Starch potato.

| Function          | Indicator                | time period    | Main dynamics according to participants | Main causes of dynamics                                                                 | Identified strategies                                                   |
|-------------------|--------------------------|----------------|------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| Food production   | Starch potato production| 2000-2017      | Remained stable, with a small peak in 2012| Cultivated area decreased and production per hectare increased, decoupling of payments reduce subsidy flows | Exchanging land with dairy farmers, reduce costs                        |
|                   |                          | 2018           | Sharp decrease                           | Drought                                                                                 |                                                                        |
|                   |                          |                |                                          |                                                                                        |                                                                        |
| Economic viability| Profit per hectare       | 2000-2010      | Increase                                 | Good prices and higher yields                                                           | Extending knowledge on soils and varieties, scale enlargement, increase value of starch products, better varieties |
|                   |                          | 2011-2013      | Stable                                   | Lack of implementation of new techniques, decoupling of payments reduce subsidy flows     |                                                                        |
|                   |                          |                |                                          |                                                                                        |                                                                        |
|                   |                          | 2014-2017      | Decrease                                 | Increasing input prices                                                                 | Better varieties, reduce costs, have land available outside contract farming |
|                   |                          | 2018           | Sharp decrease                           | Drought                                                                                 |                                                                        |
| Natural resources | Soil quality             | 2000-2018      | Slowly declining                         | Nutrients not being replenished                                                         | Improved varieties against nematodes, raising awareness, replenish soil minerals, avoid artificial fertilizer |
Figure A3.5. Perceived implementation levels (A) of indicator specific strategies and their contribution to robustness, adaptability and transformability (B) in BE-Dairy. Mean levels (large symbols) and individual observations (small symbols) are presented.
Figure A3.6. Perceived implementation levels (A) of indicator specific strategies and their contribution to robustness, adaptability and transformability (B) in IT-Hazelnut. Mean levels (large symbols) and individual observations (small symbols) are presented.
Figure 3.7. Perceived implementation levels (A) of indicator specific strategies and their contribution to robustness, adaptability and transformability (B) in NL-Starch potato. Mean levels (large symbols) and individual observations (small symbols) are presented.
Figure A3.5. Perceived mean and individual contribution to robustness, adaptability and transformability in BE-Dairy. See Table 3 for scoring method. Letters indicate similarity in scoring across resilience attributes per resilience capacity, based on the Conover-Iman (post-hoc) test with Bonferroni correction.
Figure A3.6. Perceived mean and individual contribution to robustness, adaptability and transformability in IT-Hazelnut. See Table 3 for scoring method. Letters indicate similarity in scoring across resilience attributes per resilience capacity, based on the Conover-Iman (post-hoc) test with Bonferroni correction.
Figure A3.7. Perceived mean and individual contribution to robustness, adaptability and transformability in NL-Starch potato. See Table 3 for scoring method. Letters indicate similarity in scoring across resilience attributes per resilience capacity, based on the Conover-Iman (post-hoc) test with Bonferroni correction.
Appendix 4. Strategy linkages to resilience attributes

Please click here to download file 'appendix4.xlsx'.
Appendix 5.

Reflections on comparing perceptions with data

The remarkable variety in allocated importance of functions, together with an only moderate performance of more important functions, suggests the presence of interactions and trade-offs between functions. Trade-offs are generally encountered in socio-ecological systems, e.g. for ecosystem services (Bennett et al. 2009, Raudsepp-Hearne et al. 2010). The notion of a trade-off was further supported by the perceived stability or improvement of main indicators related to food production and economic viability, while main indicators related to natural resources were perceived to be deteriorating over time in the sketching exercise. This is in line with the observations of Tilman et al. (2002) that intensive production practices usually put pressure on the environment. In IT-Hazelnut, food production and economic performance was perceived to be high, but participants feared that this came at the cost of the environment.

Indeed there are reports that indicate that hazelnut farming increases pressure on the environment, e.g. on water quality of lake Vico (Recanatesi et al. 2013).

Especially regarding potential trade-offs it is necessary to consider that the assessments are based on perceptions of stakeholders. In BE-Dairy, farmers struggled with public opinion and put a lot of effort to fulfil legal requirements with regard to environmental issues. As a consequence of this, stakeholders from this farming system perceived that functions related to private goods were currently performing less well than functions related to public goods. The higher performance of public goods may be due to the composition of the stakeholder group in BE-Dairy, as also suggested by the participants themselves. Private goods performing less than public goods is contrary to what is commonly observed in intensive systems (Tilman et al. 2002) and dairy farms specifically (Reidsma et al. 2015). Multiple sources suggest that this is also the case for BE-Dairy (Lenders and Deuninck 2015, Van der Straeten and Deuninck 2015, Anonymous 2017, Vlaamse Milieumaatschappij 2017). In the Dutch case study, production of starch potato and other crops was assessed to be high. Crop production is indeed high and relatively close to the maximum yield potential (Rijk et al. 2013, Silva et al. 2017). A moderate economic viability was perceived, which is supported when comparing data of the region with other agricultural regions in the Netherlands (Diogo et al. 2017). With regard to environmental indicators it should be noted that starch potato is cultivated in monocultures and requires disproportional amounts of crop protection products compared to other crops. However, in the last decade, crop protection products already have been substantially reduced, explaining why stakeholders perceived for instance biodiversity and habitat to be performing moderately. In general, highly intensive production systems are considered to have five percent left of their original ecosystem quality (Reidsma et al. 2006), which is in contrast with the reported perceived moderate to high levels of performance of biodiversity & habitat in the case studies.
The examples from BE-Dairy and NL-Starch potato emphasize the importance to have both information on perceptions of stakeholders as well as observational data. We argue that, despite the limitations regarding participation, stakeholder input is important for designing, implementation and success of policies and strategies, as stakeholders are likely to act based on their perceptions. However, the information on stakeholder perceptions should always be used in complementary ways with information from other non-participatory assessments.

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Appendix 6.

Reflections on resilience attributes contributing to transformability

Apart from infrastructure for innovation, no other attribute was assessed to support transformability well in any of the three case studies. It is likely that interaction between multiple processes in the social, environmental and economic domain are required to bring transformation (Kemp and Rotmans 2005), which could explain why a single attribute cannot contribute strongly to transformability by itself. Also case specificity may play a role, for instance heterogeneity is perceived to play a role for transformability in BE-Dairy and social self-organization in IT-Hazelnut. Another example is genetic improvement, which is perceived to contribute positively to transformability in NL-Starch potato and negatively in BE-Dairy. Termeer et al. (2017) suggest that transformation is not something that can easily be governed, and that governance needs to be able to change with the transformation. They further suggest that transformation can be realized by the creation of small in-depth wins, which in a next step can be further integrated in the system and finally can unblock stagnating systems. The idea of small in-depth wins resembles the notion of the benefit of experimentation for system resilience (e.g. Biggs et al., 2012; Folke, 2016). This notion is partly covered by the resilience attribute “Diverse policies”, but participants assessed this attribute’s presence to be low, and its contribution to transformation to be weak. Moreover, in BE-Dairy and NL-Starch potato, participants indicated that profitability was too low to allow for experimentation. In the original list of resilience attributes of Cabell and Oelofse (2012), “reflective and shared learning” also refers to experimentation. We considered this specific attribute being covered by the attributes of self-organization and infrastructure for innovation. In hindsight, with regard to transformability, we argue that it is necessary to include a specific attribute related to an enabling environment for shared learning and experimentation.

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