Observation of chiral superfluid order by matter wave heterodyning

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The breaking of time reversal symmetry via the spontaneous formation of chiral order is ubiquitous in nature. Here, we present an unambiguous demonstration of this phenomenon for atoms Bose-Einstein condensed in the second Bloch band of an optical lattice. As a key tool we use a matter wave heterodyning technique, which lets us directly observe the phase properties of the superfluid order parameter and allows us to reconstruct the spatial geometry of certain low energy excitations, associated with the formation of domains of different chirality. Our work marks a new era of optical lattices where orbital degrees of freedom play an essential role for the formation of exotic quantum matter, similarly as in electronic systems.

The determination of the symmetry properties of superfluid or superconducting states requires phase information, which is often difficult to obtain in electronic condensed matter. In contrast, ultracold atomic gases provide a straightforward technique to study phase coherence by interference [1,2], similarly as in the daily practice in optical interferometry. Quantum degenerate atomic gases filled into periodic potentials made of laser light establish an extremely versatile and well-controlled experimental platform for studying superfluid order [5,6]. Prospects to form and probe novel unconventional superfluids in such optical lattices have caused widespread excitement, as is documented by a wealth of recent theory proposals [7–18]. On the experimental side Bose-Einstein condensates were recently formed in higher bands of optical lattices, where orbital degrees of freedom lead to degeneracies of the states with minimal energy [19–21]. The second Bloch band of a bipartite optical square lattice is a basic paradigm. It possesses two inequivalent energy minima at the boundary of the first Brillouin zone, which can be tuned to be energetically degenerate [19,22]. It was shown in Ref. [19] that bosonic atoms loaded to the second band condense to each of these minima in equal shares. Furthermore, upon the assumption that these two condensates possess a fixed relative phase ϕ, such that the two condensation points equally contribute to the formation of a single condensate, it was shown in Ref. [22], that interaction constrains this relative phase to the two possible values ϕ = ±π/2. Hence, the formed condensate wave function locally exhibits chiral order in position space with the consequence of broken time-reversal symmetry. This form of chiral order is related but not to be confused with the global chiral symmetry of the superfluid order parameter in momentum space proposed for the Cooper pairs of certain electronic superconductors [23].

FIG. 1: (color online). (a) Bipartite lattice geometry. The unit cell with two potential minima denoted by A and B is highlighted. λ = 1064 nm. (b) The second band is plotted across the second Brillouin zone. Two degenerate band minima in the points X± arise. (c) and (d) The spatial wave functions associated with the Bloch states |ψ±⟩ associated with X± are composed of local s- and p-orbitals with the local phases ±1 (indicated by red and green color) arranged in order to maximize tunneling.

In this work we provide the missing link for an unambiguous demonstration of chiral superfluid order in the second band of a bipartite optical square lattice by proving phase locking between both condensation points with a matter wave heterodyning technique. Two independent atomic samples are produced in the second band at well separated spatial regions of the lattice, which are subsequently brought to interference. Analysis of the emerging interference patterns reveals that in each of the two regions the relative phase between the two condensation points is locked to a fixed value modulo π, which corresponds to the spontaneous breaking of the expected Z2 symmetry, associated with the two possible signs of chirality. By comparing the interference patterns with calculations [24], we can identify low energy excitations, arising at increased temperatures, associated with the formation of domains with different chirality.

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We employ the optical chequerboard lattice potential, also used in Refs. [19] [22], which extends in the \( xy \)-plane, with the \( z \)-direction confined by a harmonic trap. Fig. (1a) summarizes the lattice geometry with a unit cell comprised of two classes of lattice sites denoted as A and B. The difference in the potential depth of A- and B-sites \( \Delta V = V_A - V_B \) can be tuned. Fig. (1b) shows the second Bloch band in the extended Brillouin zone scheme. It provides two energy minima, denoted as \( X_{\pm} \), which are located at the two inequivalent quasi-momenta \( \frac{1}{2} \hbar k (1, \pm 1) \) at the edges between the first and second Brillouin zones with \( k = 2\pi/\lambda \) and \( \lambda = 1064 \text{ nm} \) the wavelength of the lattice beams. The bipartite lattice geometry gives rise to hybridized Bloch bands, i.e. the Bloch states \( |\psi_{\pm}\rangle \) associated with \( X_{\pm} \) are composed of local \( s \)-orbitals in the shallow wells and local \( p \)-orbitals in the deep wells as is shown in Fig. (1c) and (d). Minimization of the kinetic energy imposes the local phases \( \psi_{\pm}(r)/|\psi_{\pm}(r)| \) with \( \psi_{+}(r) \equiv (r|\psi_{+}|) \) to match for adjacent orbital lobes such that a striped pattern \( \psi_{\pm}/|\psi_{\pm}| = \pm 1 \) arises. Hence, \( \psi_{\pm}(r) \) represent standing matter waves along the diagonal directions \( x \pm y \) in Fig. (1a). In addition to the lattice potential, by adding a laser beam with 763 nm wavelength propagating along the \( x \)-direction with a tight cylindrical focus with respect to the \( z \)-direction, we introduce a potential barrier with a height of \( 2E_{\text{rec}} \) and \( d_z \approx 10 \mu\text{m} \) thickness in the \( z \)-direction as illustrated in Fig. (2a). This acts to split the tubular minima of the lattice potential into spatially well separated sections.

The experiments begin with a Bose-Einstein condensate (BEC) of \(^{87}\text{Rb}\) atoms prepared in the \( F = 2, m_F = 2 \) hyperfine component of the ground state in a spherical harmonic magnetic trap with 40 Hz trap frequency. The wavelengths of the lattice potential (1064 nm) and the light sheet (763 nm) are detuned to the negative and positive sides of the relevant principle transitions of \(^{87}\text{Rb}\) at 780 nm and 795 nm, respectively, such that the lattice confines the atoms in the intensity maxima, while the light sheet produces a repulsive potential barrier. Initially, the BEC is adiabatically loaded into the lowest Bloch band. With the light sheet activated, both regions of the lattice above and below the light sheet (cf. Fig. 2a) are loaded in equal shares. As has been described in previous work [19] [22], diabatic Landau-Zener sweeps of \( \Delta V \) allow us to excite the atoms to the second Bloch band, which, in a certain range of \( \Delta V \), is well protected against collisional relaxation. After applying the excitation sweep of \( \Delta V \), the second band is nearly evenly populated. However, within the first 10 ms a substantial fraction of the population relaxes to its energy minima via collisions and tunneling processes. Collisional relaxation depletes the band only after several 100 ms. The condensation process in both regions is completely independent, since tunneling between the two sectors is suppressed by the presence of the light sheet. In Fig. 2b, a band mapping technique was used to image the atomic populations in quasi-momentum space after giving the ensemble about 80 ms time to equilibrate. The line of sight in this image is the \( z \)-axis and the light sheet was switched off, however, no notable difference is observed for this viewing direction, if the light-sheet is activated. The observed quasi-momentum distribution shows a simultaneous approximately equal macroscopic occupation of both band minima. Due to the elongate shape of the lattice sites, the interaction energy per particle is about two orders of magnitude lower than the tunneling energy, and hence the associated condensate states \( |\psi_{\pm}\rangle \) are well approximated by Bloch states. Condensate fractions of more than 30% are found.

The experimental protocol is illustrated in Fig. 2. In presence of the light sheet (a), condensates are simultaneously prepared in the \( X_{\pm} \)-points of the second band in two spatially separated regions of the lattice. Subsequently all potentials are switched off. After a ballistic expansion of \( t_{\text{vol}} = 25 \text{ ms} \), which approximates a Fourier transform into momentum space, an absorption image is recorded along the \( r \)-direction indicated in (c). The figure also illustrates the four zero-order Bragg peaks (indicated 1,2,3,4) observed at the four quasi-momenta in the \( xy \)-plane, associated with the condensation points \( X_{\pm} \),...
FIG. 3: (color online). (a) The left (I) and right (II) panels show examples of the two classes of observed interference patterns. The upper row shows the original data, which are repeated in the lower row after low pass filtering and normalization. A data set comprises four density gratings \( n_i(\tilde{z}) \) with \( i \in \{1, 2, 3, 4\} \) corresponding to the four Bragg maxima in Fig. 2(c) and (d) (see text for definition of \( n_i(\tilde{z}) \)). The black dashed boxes highlight the two cases with respect to the spatial correlations of the gratings \( n_i(\tilde{z}) \), found in different realizations. (I): \( n_i(\tilde{z}) \) are spatially correlated, if both indices are either odd or even and anti-correlated for mixed indices. (II): all \( n_i(\tilde{z}) \) are spatially correlated. (b) Stacked histogram for the density-density cross correlation \( \rho_{i,j} \) with both indices odd or even. (c) Stacked histogram for the density-density cross correlation \( \rho_{i,j} \) with mixed indices. (d) Wave function associated with the state \(|\psi_{\pi/2, +}\rangle\). The colors parametrize the local phase factor ranging from +1 (red), via +i (green) and -1 (cyan) to -i (purple). (e) Calculations corresponding to the data shown in (a).

While the global spatial phases \( \theta_i \) of the density gratings \( i \in \{1, 2, 3, 4\} \) in Fig. 2(c,d) vary for different experimental realizations, thus reflecting the complete independence of the atomic samples produced in the two regions of the lattice \[25\], the relative spatial phases \( \theta_{i,j} \equiv \theta_i - \theta_j \) carry information about the underlying quantum state. For a quantitative correlation analysis of the density gratings, we perform 420 independent experimental realizations, each yielding a set of four sectors (one for each of the 4 Bragg peaks in Fig. 2(c) and (d)) as is illustrated in the upper row of Fig. 3(a). Since we are only interested in the periodic parts, we remove a constant offset by low pass filtering (see appendix) and get the distributions \( n_i(\tilde{x}, \tilde{z}) \) shown in the lower row of Fig. 3(a). These distributions take values in the interval \([-1, 1]\) and are centered around zero: \( \sum_{\tilde{x}, \tilde{z}} n_i(\tilde{x}, \tilde{z}) \approx 0 \). After summing along the pixel values in the \( \tilde{x} \)-direction in order to obtain \( n_i(\tilde{z}) \equiv \sum_{\tilde{x}} n_i(\tilde{x}, \tilde{z}) \), we evaluate the normalized density-density correlations

\[
\rho_{i,j} = \frac{\sum_{\tilde{x}, \tilde{z}} n_i(\tilde{x}, \tilde{z}) n_j(\tilde{x}, \tilde{z})}{\sqrt{\sum_{\tilde{x}, \tilde{z}} n_i^2(\tilde{x}, \tilde{z}) \sum_{\tilde{x}, \tilde{z}} n_j^2(\tilde{x}, \tilde{z})}}. \tag{1}
\]

Note that \( \rho_{i,j} = +1 \) if \( \theta_{i,j} = 0 \) and \( \rho_{i,j} = -1 \) if \( \theta_{i,j} = \pi \). In Fig. 3(b) a histogram for the observed values of \( \rho_{1,3} \) and \( \rho_{2,4} \) is plotted, i.e. both indices are either odd or even. A clear accumulation point is observed near +1. Fig. 3(c) displays the histogram of all correlations \( \rho_{i,j} \) with one odd and one even index. In contrast to (b), a bimodal distribution with practically equal numbers of correlated and anti-correlated patterns is observed. Examples of an anti-correlated (I) and a correlated (II) realization are shown in the left and right panels of Fig. 3(a). This central finding of our work leads to a remarkable consequence: consider each atomic subsample in the upper (I) and lower (II) regions of the lattice, indicated by \( \nu \in \{u, l\} \) as a superposition \(|\psi_+\rangle + e^{i\phi_\nu}|\psi_-\rangle\) with arbitrary and possibly indeterminate phases \( \phi_\nu \). Since "indeterminate" means that these phases arbitrarily change over time, the single accumulation point in Fig. 3(b) reflects the fact that the Bragg peaks with odd or even indices belong to the same condensation point. Hence, the spatial phases of their interfe-
FIG. 4: (color online). (a) Interference pattern of a slightly excited sample: the inner density gratings (2 and 4) show vertical nodal lines indicated by the arrows at the lower edge. (b) Schematic of the experimental scenario, which explains the observations. The atomic sample in the upper lattice region is divided into two equally sized domains of different chirality indicated by the orange and green areas. The sample in the lower lattice region (green area) carries no excitations. (c) Calculation of the interference based on the scenario illustrated in (b). The nodal lines corresponding to the observations are indicated by black arrows.

ference gratings are necessarily always the same and we cannot learn anything from these correlations on the phases $\phi_{\nu}$. The bimodal distribution in Fig. 3(c), however, observed for Bragg peaks belonging to different condensation points, shows that the arbitrary phases $\phi_{\nu}$ are constrained by the condition $\phi_{u} - \phi_{l} \in \{0, \pi\}$ for all implementations. This correlation between $\phi_{u}, \nu \in \{u, l\}$, observed although both samples are completely independent, implies that $\phi_{u}$ must take specific values $\phi_{0} \pm m_{\nu} \pi$ (with integer $m_{\nu}$) inherent to the system, which can only change by multiples of $\pi$ in different realizations. The comparable widths of the accumulation peaks in Figs. 3(b) and (c) show that in each lattice region the relative phase $\phi_{0}$ of the subsamples condensed in different condensation points is similarly well defined as the phase across each of the subsamples.

Our observations show that in each lattice region a coherent superposition $|\phi_{0}, \pm\rangle \equiv (|\psi_{u}\rangle \pm e^{i\phi_{0}}|\psi_{l}\rangle) / \sqrt{2}$ is realized. Given that coherence prevails, the value $\phi_{0} = \pi/2$ then directly follows from observations reported in Ref. [22] and their comparison to calculations derived there upon the assumption that the realized state has the form of $|\phi_{0}, \pm\rangle$. Hence, the quantum states $|\pi/2, +\rangle$ or $|\pi/2, -\rangle$ produced in each lattice region in each experimental implementation arise via a spontaneous breaking of the $Z_{2}$ symmetry corresponding to two possible chiral orders with different signs. The corresponding wavefunction $\langle r | \pi/2, +\rangle$ is illustrated in Fig. 3(d). In the deep wells, it possesses alternating local $p_{x} \pm i p_{y}$ orbitals, thus maximizing angular momentum. The local phases are arranged to introduce plaquette currents breaking time-reversal symmetry and the translation symmetry of the lattice. Previous work has also indicated the physical reason, why the system should prefer to break time-reversal symmetry [22]. While the states $|\phi_{0}, \pm\rangle$ have the same kinetic energy, irrespective of the value of $\phi_{0}$, this is not the case with respect to the interaction energy. In the deep wells of the lattice potential, the local wave function is a superposition of two orthogonal local $p$-orbitals: $p_{x} \pm e^{i\phi_{0}} p_{y}$. In analogy to Hund’s second rule in multi-electron atoms, the interaction energy is minimized if $\phi_{0} = \pm \pi/2$, because for this situation the repulsively interacting atoms in the $p$-orbitals can best avoid each other.

Our findings are supported by detailed calculations. In Fig. 3(c) we show the interference contrast calculated for the two cases of equal condensates with $\phi_{0} = \pi/2$ in both lattice regions (right panel) and for different condensates with $\phi_{0} = \pi/2$ and with $\phi_{0} = -\pi/2$ in the upper and lower lattice region, respectively (left panel). These pictures reproduce the signatures of the corresponding data in Fig. 3(a). Details are deferred to the appendix.

At higher temperatures, the correlations $\rho_{ij}$ reduce and eventually, the distributions in the histograms in Fig. 3(b) and (c) wash out. Even at the lowest temperatures possible in our experiments some realizations give rise to distorted interference patterns with spatial irregularities, indicating the presence of excitations. Some specific low energy excitations (found in about 1% of all implementations) yield characteristic interference patterns, as for example that shown in Fig. 4(a). While the two outer interference gratings (1 and 3) are not notably different from those of Fig. 3(a), the inner gratings 2 and 4 show additional vertical nodal lines, highlighted by the two arrows. These lines are associated with a phase jump of $\pi$, leading to the zipper-like structure, more clearly seen in the high-pass filtered but otherwise equivalent images shown in the bottom part of the graph. A theoretical analysis, deferred to the appendix, shows that this signature reflects the formation of two domains of different chirality in one of the lattice regions, while the other region does not exhibit notable excitations. These domains are nearly equally sized, and they are separated by a straight domain wall approximately aligned with the $x + y$-direction (see Fig. 4(b)). In Fig. 4(c), an interference pattern calculated for this specific configuration is plotted, which reproduces the signatures seen in the data in Fig. 4(a) (see appendix).

In summary, our work provides an unequivocal signature for the interaction-induced formation of chiral superfluid order and hence time-reversal symmetry breaking in the second band of an optical lattice. By applying the technique of matter wave heterodyning we were furthermore able to analyze the spatial geometry of low energy excitations showing formation of domain walls. Our results emphasize the growing relevance of optical lattices for simulating exotic orbital quantum phases.
APPENDIX

Theoretical analysis of interference patterns

The interference contrast of the time-of-flight images (TOF) corresponds to the spatially oscillatory part of the density-density correlation function \( \langle \rho(R; t) \rho(R + \tilde{R}; t) \rangle \) at time \( t \) after the release from the trap. The density operator is \( \rho(R; t) = \psi^\dagger(R; t) \psi(R; t) \), and \( \tilde{R} \) describes the spatial distance of the two operators. The trapped system consists of one-dimensional tubes along the \( z \)-axis, which are centrally split by a barrier potential located within the \( xy \)-plane at \( z = 0 \). The orbitals in the \( xy \)-plane are Wannier states with \( s \), \( p_x \) or \( p_y \) geometry. They are arranged as shown in Fig. 5. We approximate these Wannier states by the eigenstates of a harmonic oscillator:

\[
W_\omega(r - n) = \frac{c_\omega}{\sqrt{\pi l}} e^{-\frac{1}{2}L^2 (r-n)^2}, \tag{2}
\]

with the oscillator length \( l \) and \( r \equiv (x, y) \). The coefficients are defined as \( c_1 = 1 \), \( c_2/3 = \left[(x - n_x + \frac{a}{2}) \pm (y - n_y + \frac{a}{2})\right]/l \) with the lattice constant \( a \). The Wannier orbitals are centered at the lattice locations \( n \), as depicted in Fig. 5. These orbitals expand ballistically during TOF, resulting in time-dependent orbitals \( W_\omega(r - n, t) \), given below.

In the \( z \)-direction, the expansion of the one-dimensional clouds is more involved. We approximate this expansion with a single, ballistically expanding orbital. At time \( t = 0 \) it is the ground state of a harmonic oscillator, with a harmonic oscillator length scale \( d_z \). This scale and the corresponding energy \( \hbar^2/(2md_z^2) \) is the effective, typical energy scale of the atomic expansion in the \( z \)-direction, which consists of both the initial kinetic energy in \( z \)-direction, and the interaction energy that has been converted into kinetic energy in the early stage of the TOF expansion. The length scale \( d_z \) controls the scale of the interference fringes and could be determined experimentally from these. With this approximation, the time evolution of the field operator can be separated as \( \psi(R; t) = T_d(z; t) \psi_d(R; t) + T_u(z; t) \psi_u(R; t) \), see 24. The propagator along the \( z \)-direction is \( T_j(z; t) = e^{iq_jz-i\omega_t^2 t/2m} \) with \( q_d, u = m(z \pm d_z/2)/\hbar t \), and \( j = u, d \) indicating the upper and lower half-spaces with \( z > 0 \) and \( z < 0 \), respectively. The projection of the interference contrast along the imaging direction \( \tilde{y} \) (see Fig. 5) is

\[
I(r, \tilde{y}, z) = \frac{1}{L} \int_0^L d\tilde{y} \langle \rho(R; t) \rho(R + \tilde{R}; t) \rangle_{\text{int}} = \frac{1}{L} \left[ A_q(r, \tilde{y}, \tilde{z}; t) e^{i\omega t} + \text{h.c.} \right], \tag{3}
\]

Here, the density-density correlation \( \langle \rho(R; t) \rho(R + \tilde{R}; t) \rangle_{\text{int}} \) is written as a sum of a term slowly varying with respect to \( \tilde{z} \), which is irrelevant for the interference, and a term \( \langle \rho(R; t) \rho(R + \tilde{R}; t) \rangle_{\text{int}} \) that rapidly oscillates with \( \tilde{z} \) and essentially comprises the product of the in-situ Green’s functions of both subsystems:

\[
A_q(r, \tilde{y}, \tilde{z}; t) = \int_0^L d\tilde{y} \mathcal{G}_u(r, r + \tilde{r}; t) \mathcal{G}_d^*(r, r + \tilde{r}; t), \tag{4}
\]

with \( q = m d_z/\hbar t \) and the imaging length \( L \). We relate the field operators \( \psi_j(r; t) \) to the lattice operators \( b_{j\nu}(n) \) via

\[
\psi_j(r; t) = \sum_n \sum_n W_\omega(r - n; t) b_{j\nu}(n). \tag{5}
\]

With this, the interference contrast is entirely controlled by the single particle correlation functions \( \langle b_{j\nu}^\dagger(n) b_{j\nu}(m) \rangle \) in each subsystem. In the following, we calculate these for condensates with chiral \( p_x \pm i p_y \) symmetry. We thus obtain Fig. 3(c) of the main text, where we plot the interference contrast for the case of two subsystems with opposite chirality (left panel) and with the same chirality (right panel). Furthermore, we can determine the interference signature in presence of defects, by choosing the in-situ correlation functions accordingly. In Fig. 4(c) of the main text we show the interference pattern of two chiral BECs, when one of them has a domain wall defect sketched in Fig. 4(b).

The bosonic Green’s function As pointed out above, the interference patterns are related to the
two-dimensional bosonic Green’s function $\mathcal{G}_j(r_1, r_2; t)$. Adopting the coordinate conventions illustrated in Fig. 3 we expand the bosonic fields in the Wannier basis and Fourier transform to momentum space

$$\psi_j(r; t) = \sum_\nu \sum_n W_\nu(r - n; t) b_{\nu n}(n),$$

$$= \frac{1}{\sqrt{N}} \sum_\nu \sum_n \sum_k W_\nu(r - n; t) e^{ik\cdot n} \delta_{\nu k}(k),$$

where $\nu = 1, 2, 3$ denote the three different orbitals within one unit cell, and $n = n_x\hat{x} + n_y\hat{y}$ with $n_{(x,y)}/\sqrt{2a} = -(N - 1)/2, \cdots, -1/2, 1/2, \cdots, (N - 1)/2$. We employ Gaussian-like time-dependent Wannier functions

$$W_\nu(r - n; t) = \frac{C_\nu}{\sqrt{\pi l_t^3}} e^{-i\theta_t - \frac{1}{2l_t^2}|r - n|^2} e^{i(k_{\nu n}/2)^2} t \nu^2 (r - n)^2,$$

where the time-dependent width is defined as $l_t = t\sqrt{1 + (h/n_{\nu n})^2}$ with the initial width $l$ at $t = 0$, $\theta_t = \tan^{-1}(h/n_{\nu n})$, and the coefficients $C_1 = 1$ and $C_{2/3} = c_{2/3} \cdot e^{-d^2 l/4}$. We note that $W_1(r - n; t)$ represents the isotropic $s$-orbitals sketched by the green disks in Fig. 3. The Wannier functions $W_2(r - n; t)$ and $W_3(r - n; t)$ represent the $p_x$- and $p_y$-orbitals, illustrated as blue and red bar-bells in Fig. 3. Diagonalizing the tight-binding Hamiltonian in momentum space [22] yields the band representation $b_{\nu n}(k) = \sum_\nu M_{\nu \nu}(k) b_{\nu n}(k)$ with the transformation matrix $M_{\nu \nu}$. Since at low temperature only the lowest energy band is occupied, one obtains $b_{\nu n}(k) \cong M_{n1}(k) b_{11}(k)$. Simplifying notation by writing $b_j \equiv b_{11}$ the Green’s function reads

$$\mathcal{G}_j(r_1, r_2; t) \cong \frac{1}{N^2} \sum_\nu \sum_n \sum_{m, k_1, k_2} W_\nu(r_2 - m; t) W_\nu(r_1 - n; t) e^{-ik_1 \cdot n} e^{ik_2 \cdot m} M_{n1}(k_2) M_{n1}^*(k_1) \langle b_j^\dagger(k_1) b_j(k_2) \rangle.\] (8)

For the numerical simulation the hopping parameters used to compute the transformation matrix for the numerical simulation are taken from Ref. [22].

**Computation of the interference patterns** Collisional interaction acts to scatter boson pairs among the two energy minima of the lowest-energy band such that superposition states involving both minima are energetically favored (cf. Ref. [22]). Thus the ground states can be represented in a binomial form with respect the two energy minima,

$$|\Psi_j\rangle_{\theta, \phi} = \frac{1}{\sqrt{N_0}} \left[ \cos(\theta_j) b_{j+}^\dagger + e^{i\phi_j} \sin(\theta_j) b_{j-}^\dagger \right]_{N_0} |0, 0\rangle,$$

where $b_{j\pm} \equiv b_j(k_{\pm})$, $k_{\pm} \equiv (1 \pm 1, 1\pm 1) \pi/(\sqrt{8}a)$ denotes the quasi-momenta at the two minima, and $N_0$ is the total number of bosons. In this expression, $\theta_j$ determines the relative number of bosons in the two minima, and $\phi_j$ represents the phase difference between the bosons in the two minima. At zero temperature, the ensemble average $\langle b_j^\dagger(k_1) b_j^\dagger(k_2) \rangle$ in Eq. [9] results as the expectation value with respect to the ground state of Eq. [9]

$$\frac{1}{N_0} \langle b_j^\dagger(k_1) b_j^\dagger(k_2) \rangle = \cos^2(\theta_j) \delta_{k_1, k_1} \delta_{k_2, k_2} + \sin^2(\theta_j) \delta_{k_1, k_2} \delta_{k_2, k_1} + e^{-i\phi_j} \delta_{k_1, k_2} \delta_{k_2, k_1}.$$

In the weakly repulsive regime, relative phases $\phi_j = \pm \pi/2$ are energetically preferred (see Ref. [22]) yielding a $p_x \pm i p_y$ ground state with broken time-reversal symmetry. In our experiment the boson numbers of the two minima are almost equal. Thus we set $\theta_j = \pi/4$ and $\phi_j = \pm \pi/2$ in our numerical simulations. Assuming equal populations in the upper and lower lattices and choosing $l = 0.3a$, $|r| \approx 130a$, $L \approx 2|r|$, $\alpha = 13^6$, $N = 20$, $\hbar/l = 37$, we first compute the Green’s function at zero temperature. Then, by using Eq. [3], we construct the interference contrast for atomic samples in both lattice sections exhibiting equal or opposite chirality. This yields the interference patterns plotted in Fig. 3(d) of the main text.

**Simulation for two domains in the upper lattice** When the upper lattice section hosts two domains with opposite chirality, the Green’s function can be represented as

$$\langle \psi_u^\dagger(r_1; t) \psi_u(r_2; t) \rangle = \sum_{n = 0, \pm 1} P_n \langle \Phi_{N_1+n}, \Phi_{N_2-n} | \psi_u^\dagger(r_1; t) \psi_u(r_2; t) | \Phi_{N_1}, \Phi_{N_2} \rangle.\] (11)

Here, $|\Phi_{N_1}, \Phi_{N_2}\rangle$ denotes the quantum state with $N_1$ and $N_2$ bosons condensed in the two domains, respectively, and $P_n$ is the probability of exchanging $n$ bosons between the two domains. Upon the simplifying assumption that the particle number in each domain is fixed, the two dimensional Green’s function of the upper lattice is approximated as

$$\langle \psi_u^\dagger(r_1; t) \psi_u(r_2; t) \rangle \cong \langle \Phi_{N_1}, \Phi_{N_2} | \psi_u^\dagger(r_1; t) \psi_u(r_2; t) | \Phi_{N_1}, \Phi_{N_2} \rangle = \langle \psi_u^\dagger(r_1; t) \psi_u(r_2; t) \rangle_{N_1} + \langle \psi_u^\dagger(r_1; t) \psi_u(r_2; t) \rangle_{N_2},\] (12)

where $\langle \psi_u^\dagger(r_1; t) \psi_u(r_2; t) \rangle_{N_i}$ describes the propagator of the $i$-th domain for $N_i$ bosons. This yields the interference patterns plotted in Fig. 4(c) of the main text, calculated for a domain wall at $n_x = 0$.

**Lattice set-up**

The optical square lattice potential provides two different lattice sites per unit cell denoted as A and B. They
are arranged as the black and white fields of a chequerboard. The well depth difference between these two sites $\Delta V = V_A - V_B$ and the average well depth $V_0$ can be dynamically adjusted. The potential is given by

$$V(x,y) = -\frac{V_0}{4} \left| \eta \left( e^{ikx} + \epsilon_x e^{-ikx} \right) + e^{i\theta} \left( e^{iky} + \epsilon_y e^{-iky} \right) \right|^2,$$

with the laser wavelength $\lambda = 2\pi/k = 1064$ nm, the time-phase difference $\theta$ between the two oscillating standing waves and the asymmetry parameters $\epsilon_x, \epsilon_y, \eta$ which account for an intensity imbalance between all four involved laser beams. The active stabilization of $\theta$ by means of an interferometric set-up (with a precision better than $\pi/300$) leads to a direct control of $\Delta V = V_0(1+\epsilon_x)(1+\epsilon_y) \cos(\theta)$. To ensure the degeneracy of the states at $X_{\pm}$ in the second Bloch-band we set the asymmetry parameter in the $y$-direction to $\epsilon_y = 1$. The other parameters are given by $\epsilon_x = 0.81, \eta = 1.11$. The lattice system is superimposed with a spherical harmonic magnetic trap with 40 Hz trap frequency. This leads to tubular shaped lattice sites elongated in the $z$-direction.

**Experimental Procedure**

Our experiment starts with the preparation of a Bose-Einstein condensate (BEC) ($^{87}$Rb, $N \approx 50 \cdot 10^3$, $F = 2, m_F = 2$) in the magnetic trap. Subsequently we apply the experimental sequence sketched in Fig. 6. Within the first 80 ms the BEC is adiabatically loaded into the lattice potential with a time-phase difference set to $\theta = 0.42 \pi$ and a final depth of $V_0 = 6.5 E_{\text{rec}}$. The atoms are located in the deeper B-sites and the tunneling rates are on a low level resulting in an almost evenly populated first Bloch-band. In the next step the system gets separated into two identical layers by a potential barrier applied in the $xy$-plane. This barrier is provided by a laser beam with a wavelength of 763 nm, which is blue detuned with respect to the relevant atomic transitions of Rb. The beam propagates in the $x$-direction and the beam waist radius is elliptically shaped with $w_y = 32 \mu m$ and $w_z = 4.5 \mu m$. A slow increase of the barrier within 80 ms to a final height of $2 E_{\text{rec}}$ ensures a controlled separation of the two clouds by approximately 10 $\mu m$. At this stage the two systems evolve completely independently since the particle exchange is suppressed.

To excite the two ensembles into the second Bloch-band we change the sign of $\Delta V$ by setting the time-phase difference to $\theta = 0.535 \pi$ within 200 $\mu$s. After the excitation procedure we wait a total of 40 ms to let the system equilibrate. This duration is longer than the condensation process to the two minima of the band (10 ms) and shorter than the lifetime due to interband relaxation (200 ms). During this period we adiabatically increase the population in the $p$-orbitals by setting the time-phase difference to $\theta = 0.56 \pi$ to suppress fluctuations of the population difference between the two condensation points. Finally, all potentials are switched off, the two ensembles expand ballistically and get imaged after 25 ms.

**Data analysis**

The optical axis of the imaging system $\hat{y}$ runs parallel with respect to the $xy$-plane. We introduced a small angle of $13^\circ$ between $\hat{y}$ and the $y$-axis of the lattice system allowing to distinguish all zero order Bragg-resonances in the images. Each Bragg peak comprises a density grating along the $z$-axis due to interference from contributions from the two lattice regions above and below the potential barrier shown in Fig. 2(a) of the main text. We are interested to determine the relative spatial positions of the density gratings shown in Fig. 3(a) of the main text. Hence, as a first step we extract the oscillating parts of these gratings by band-pass filtering. This procedure is illustrated in Fig. 7. We Fourier transform the original image Fig. 7(a) and use two generalized normal window functions of second order with different radii to block the DC offset and all frequencies much higher than the spatial frequency of the interference pattern. This leads to Fig. 7(b) and after a subsequent inverse Fourier transform to Fig. 7(c). We combine sections including each interference pattern of Fig. 7(c) to get Fig. 7(d), which corresponds to Fig. 3(b) of the main text. The optical axis of our imaging system $\hat{y}$ is actually slightly tilted ($\approx 2^\circ$) out of the $xy$-plane. This introduces a small shift between the Bragg-resonances located in the front and rear object planes (cf. Fig. 2(c) of the main text). We account for this in all images by translating pattern 1 and 4 into the negative $z$-direction by an amount of two pixels with respect to pattern 2 and 3.

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FIG. 7: Data analysis. Each image (a) is Fourier transformed and multiplied with generalized normal window functions of second order to yield (b). After an inverse Fourier transform (c) is obtained. Combining sections each comprising one of the interference patterns in (c) yields (d), which is used for further analysis.

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