Prevalence and Risk Factors of Cryptosporidium spp. on Dairy Farms in Bogor

Prevalensi dan Faktor Risiko Cryptosporidium spp. pada Peternakan Sapi Perah di Kabupaten Bogor

Arifin Budiman Nugraha¹, Umi Cahyaningsih¹, Etih Sudarnika²

¹Laboratory of Protozoology, Faculty of Veterinary Medicine, Jln. Agatis Kampus IPB Dramaga, IPB University, Bogor
²Veterinary Public Health, Faculty of Veterinary Medicine, Jln. Agatis Kampus IPB Dramaga, IPB University, Bogor
*Email: arifin@apps.ipb.ac.id

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Abstract

Cryptosporidiosis is an important zoonotic disease caused by Cryptosporidium spp. which found infect humans and livestock worldwide. The aim of this study was to estimate the prevalence of Cryptosporidium infection and to identify risk factors related with shedding of oocysts in two dairy farms in Bogor. A total of 308 faecal samples were collected which consisted of 136 faecal samples from cattle aged less than 6 months, 43 samples from those between 6 to 12 months and 128 samples from those above 12 months. Data of factors potentially associated with the likelihood of Cryptosporidium spp. infection were recorded (i.e., environmental status, size of herd, and herd management). Cryptosporidium spp. oocyst was identified by using modified acid fast (Ziehl Neelsen) staining technique and microscopically examined under 400x magnification. Results showed that the prevalence of cryptosporidiosis in Bogor was 21.1% (CI 95%; 16.5%-25.6%). The highest prevalence was 29% (CI 95%; 26.8%-31.7%) which was observed in cattle aged less than 6 months. The oocysts abundance were around <5 oocysts per microscopy visual area. Data was analyzed using logistic regression models. Statistical
Introduction

*Cryptosporidium* species belong to the Apicomplexa phylum of parasites and have been detected in a wide range of vertebrate hosts. *Cryptosporidium* is a zoonotic protozoa that infects many different mammals including cattle and humans. *Cryptosporidium* is recognized as one of the primary pathogens causing diarrhea in neonatal calves (Thompson *et al.*, 2017). This protozoa is transmitted through water, food, and environmental contamination by its oocysts. Control of environmental contamination by oocysts is difficult because the oocysts are very small (4-6 µm) and can survive for months at room temperature (Ramirez *et al.* 2004).

*Cryptosporidiosis* is the concern of dairy producers due to its direct losses due to calves not performing well and the potential for environmental contamination. It has been reported that cattle infected with *Cryptosporidium* loses its weight 0.5 kg per day. It was suggested that chronic infection in cattle causes gastritis, reduces milk yield and poor weight gain (Anderson 1998). These conditions may lead to serious economic losses.

Currently, there is limited information regarding the prevalence and risk factors for this protozoal parasite in the Indonesian cattle production systems and how the best way to reduce the occurrence of animal infection. In Indonesia, dairy cattle are primarily managed by small farmers with traditional management systems. It is therefore necessary to improve management approaches in order to prevent the risk of *Cryptosporidium* infection. The aim of the study is to determine the prevalence of *Cryptosporidium* infection and its associated risk factors in dairy cattle at the district of Bogor, Indonesia.

Materials and Methods

Study Area

A cross-sectional study was conducted to identify factors associated with the risk of *Cryptosporidium* spp. infection in two dairy farms (i.e., Kawasan Usaha Ternak and KUD Giri Tani) district in Bogor, West Java, Indonesia. All animals in the dairy farms are of Holstein-Friesian breed or local breeds crossed with Holstein-Friesian. Faecal samples were collected per rectum from a random selection of calves younger than 6 months, animals between 6 and 12 months and adult cows (>12 months).

Sample Size

Samplings were conducted in two dairy farm regions (Kawasan Usaha Ternak, Cibungbulang and KUD Giri Tani, Cisarua), with a total of 3500 animals population. Sample size was determined based on 95% confident, 50% expected prevalence,
and 5% desired absolute precision. Based on that, a total sample size of 308 samples was determined. The formula for determining the sample size (Thrusfield 2005) is as follows:

\[ n = \frac{4pq}{L^2} \]

- \( n \): required sample size
- \( p \): expected prevalence
- \( q \): \((1 - p)(1 - p)\)
- \( L \): desired absolute precision

**Sample collection**

Those samples were taken from the rectum of each animal and put into separate plastic bags. The plastic bags were identified based on the farmer’s name, age of animal, and animal ear tag and then stored without any preservation at 4°C until faecal processing in the laboratory.

**Oocyst purification in faeces**

Faecal samples were mixed with Sheater's sucrose floatation, centrifuged at 1500 rpm for 10 minutes, and the upper third of solution (Cryptosporidium oocyst layer) were harvested. A drop of the oocyst suspension was spread onto a microscope slide, cover slipped, and examined for oocysts using phase contrast microscopy at 400x magnification. This method was used as an initial screening tool and to generate a semi-qualitative evaluation of oocyst intensity for the sample. After that, the oocyst layer is combined with 30 to 50 ml of distilled water centrifuged at 1500 rpm for 10 minutes, and the supernatant removed. The sediment layer typically contains many oocysts for positive samples and this purification step dramatically improves the sensitivity and specificity of the acid fast staining procedure defined below.

**Modified Ziehl-Nelseen (acid fast) staining of oocysts**

Twenty µl of resuspended faecal sediment was smeared onto a glass slide and air dried overnight. Slides were stained in carbol fuchsin for 5 to 10 minutes, rinsed in tap water for 2 to 3 minutes, and decolorized in acid alcohol (1% HCL in 70% ethanol) for 5 seconds. Slides were then rinsed in water for 5 minutes, counterstained with methylene blue for 2 to 3 minutes, and air dried. Using light microscopy, the entire smear was examined at 1000x magnification for Cryptosporidium spp. oocysts (Rosiléia et al. 2006).

**Data collection**

A questionnaire was designed to collect data on demographic, general herd management, and health factors hypothesized to be associated with the risk of Cryptosporidium spp. infection in dairy herds. Data were collected by personal interview with the farm owner or worker.

**Oocyst abundance**

Oocyst abundance was determined by assessing the average number of oocyst seen per ten fields (1+ = < 5 oocysts per field, 2+ = >5 oocysts per field, 3+ = > 20 oocysts per field). Oocysts were identified using 400x magnification and confirmed under 1000x magnification (Banda et al., 2009).

**Statistical Analysis**

The SPSS statistical program (Version 6.1) was used to generate descriptive statistics and manage data. Prevalence was determined as the proportion of samples tested positive for Cryptosporidium spp. to those tested negative. Prevalence was examined in the population as a whole, at the herd level and by age. Logistic regression analysis was used to determine association of risk factors and infection of Cryptosporidium spp. Interval prevalence was calculated as follows:

\[ \hat{p} \pm Z_{\alpha/2} \sqrt{\frac{\hat{p}(1-\hat{p})}{n}} \]

- \( \hat{p} \): prevalence
- \( x \): positive samples
- \( n \): sample size
- \( Z_{\alpha/2} \): normal standard value \( \alpha/2 \)

**Results and Discussion**

The number of faecal samples obtained in this study was 308 samples from 3 different age groups. The sample consisted of 136 faecal samples from cattle aged less than 6 months, 43 samples from those between 6 to 12 months and
128 samples from those above 12 months. The overall prevalence of cryptosporidiosis in the two dairy farms in Bogor was 21.1% (67/308) (CI 95%; 13.1% -21.5%) with the respective prevalence in each farm was 17.3% (CI 95%; 13.1% -21.5%) in Kunak and 24.9% (CI 95%; 20% -29.7%) in Cisarua. Cryptosporidiosis prevalence data for each region is presented in Table 1.

Table 1 revealed that the highest prevalence was found in cattle aged less than 6 months. Based on microscopic examination with modified acid fast (Ziehl Neelsen) staining, there were 67 stool samples positive for Cryptosporidium spp. from a total of 308 samples. From the 67 positive samples, the average abundance of oocysts was less than 5 oocysts per field of view with 400 x magnifications. Cattle aged less than 6 months was the highest age group infected with Cryptosporidium spp. compared to the other two age groups (6 to 12 months and more than 12 months).

Risk factor analysis was conducted to determine which variables are risk to cryptosporidiosis. All variables were tested by bivariate (Chi square) to determine the variables candidate. Variables with p<0.05 value was selected candidate variable of risk factors to Cryptosporidium infection. The variables candidate included source of water, diarrhea in cattle, cattle age, duration of diarrhea, faecal disposal sites, and animal density. Furthermore, the six variables were further analyzed using multiple logistic regressions to determine which variables were at risk an incidence risk of cryptosporidiosis in cattle. Calves aged less than 6 months have odds ratio (OR) of 2.7 (CI 95%; 1.5-5.5) times, compared to cattle aged more than 12 months, but only cattle aged less than 6 months with significant relation (p <0.05) on the incidence of cryptosporidiosis (Table 2).

Cryptosporidiosis prevalences which has been reported from other countries vary from 22 to 59% (Anderson & Hall 1982; Castro-Hermida et al. 2006; Brook et al, 2008), although this depends on the age of the target population and the diagnostic test used. Meanwhile, studies on the prevalence of cryptosporidiosis in Indonesia in beef cattle has been reported in two regions namely in Bali district which reported a prevalence of 37.4% with the highest prevalence in cattle aged less than 6 months (16%) (Artama 2005), and in West Java which reported two samples were

| No | Variable | Number of observation | Cryptosporidium spp Oocyst Shedding | Odds Ratio (CI 95%) | p |
|----|----------|-----------------------|-----------------------------------|--------------------|---|
| 1  | Feed storage |                      | Positive | Negative | 1.1 (0.6-2.1) | 0.79 |
|    | On the floor | 71 | 16 (23%) | 55 (77%) |
|    | Feed storage | 237 | 50 (21%) | 187 (79%) |
| 2  | Age | | | | |
|    | < 6 months | 136 | 40 (29%) | 96 (70%) | 2.7 (1.5-5.5)* | 0.002 |
|    | 6-12 months | 44 | 10 (23%) | 33 (77%) | 1.9 (0.8-4.8) | 0.12 |
|    | > 12 months | 128 | 17 (13%) | 112 (87%) | Reference | |
| 3  | Herd density | | | | |
|    | < 10 herds | 156 | 35 (23%) | 121 (77%) | Reference | |
|    | ≥ 10 herds | 152 | 31 (20%) | 121 (80%) | 1.1 (0.6-1.9) | 0.01 |
| 4  | Waste disposal | | | | |
|    | River | 186 | 45 (24%) | 141 (76%) | 0.6 (0.1-3.6) | 0.61 |
|    | Field | 116 | 19 (16%) | 97 (84%) | 0.4 (0.07-2.3) | 0.29 |
|    | Septic tank (biogas) | 6 | 2 (33%) | 4 (67%) | Reference | |

note : (*) statistically significant p<0.05
positive for *Cryptosporidium andersoni* (Ananta 2014). However, the information regarding the cryptosporidiosis prevalence in dairy cattle in Indonesia has not been reported so far.

According Fayer et al., (2000), the results of the prevalence of cryptosporidiosis depend on the sensitivity and specificity of inspection methods and the age of the animal sampled. Examination of samples using the modified Ziehl Neelsen method had lower specificity and sensitivity compared to molecular technique. Therefore, to obtain better results, a combination of conventional and molecular examination is needed (Brook et al. 2008). Low levels of oocysts were detected because the samples were taken mainly in weaned cattle as in this period there were a lack of pre-weaned calves. However, the highest number of positive sample was found in calves aged less than 6 months. Age has a high correlation with *Cryptosporidium* infection, mainly in calves aged between 8 days to 21 days. Brook et al. (2008) reported that calves aged 8 days to 21 days old had 5.24 times at higher risk compared to the older cattle, while Atwill et al. (1999) reported that calve aged 4 months or less was 13 times at risk compared to older animals. Cryptosporidiosis incidence will decrease when the age increases (Maldonado-Camargo et al. 1998), and it was proven by Doungmala et al. (2019) who observed that the prevalences in young cattle were higher than older animals (12 months to 24 months and more than 2 years). This is perhaps associated with the immunity of the animals where adult animals have a better immunity due to previous exposure to *Cryptosporidium* infection compared to young animals, which are usually susceptible to initial infections.

Animals and humans can potentially be infected by *Cryptosporidium* oocysts excreted in faeces of infected cows. Disposal of waste on a dairy farm in Bogor in general has not been implemented properly, because the waste is not disposed off in a special channel. There was evident that farmers were flowed some waste disposal (faeces and food remains) that into the river and the area of plantation. Based on observations, most of the farmers dispose the livestock waste (faeces) directly into the river. Therefore, the re-use of river water poses high risk of infection by *Cryptosporidium* infection. Sischo et al. (2000) reported that the poor management of surface water which contaminated with cattle manure was one of the potential risk for the spread of *Cryptosporidium* oocysts. Yoshinori et al. (2001) reported that 6 out of the 10 samples of river water that was along the dairy farm in Hokkaido were positive for *Cryptosporidium* oocysts. Additionally, Artama (2005) reported that water samples taken from the river water used to bathe the Bali cattle in Karangasem regency were 100% positive for *Cryptosporidium* oocysts. However, the examination of *Cryptosporidium* oocysts in river water was not conducted in this study. The poor of waste management and disposal were not done properly will be a source of environmental pollution.

Calves are important sources of cryptosporidiosis in herds. The most important thing that calf infected by oocysts was when the farmer provides colostrum. Calves can be infected by *Cryptosporidium* oocyst at any time after birth. Shortly after calves are born, farmer will directly give colostrum from the cow. If the farmers did not clean the udders properly when milking the colostrum, the dirt/contaminant attached to the udder can be a source of contamination to the colostrum. The farmers in Bogor usually gave colostrum in the bucket and assisted by hand to stimulate the calf to drink. However, generally farmers in this area do not pay attention to good personal hygiene such as washing hands properly before giving the colostrum to the calves. Maldonado et al. (1998) reported that the way the colostrum was fed to calf was related to incident of cryptosporidiosis. Another study reported that calves infected by oocysts of *Cryptosporidium* were the first hour post birth caused by environmental contamination by oral route (Naciri et al. 2011).

Furthermore, there were two sources of water used by the farmers for their activity, one from rivers and the other from springs. The used of river water was risk of *Cryptosporidium* infection. Because one of the transmission of *Cryptosporidium* oocysts was through water. It is known that the water of the river was a collection of faecal waste water from various places, one of which the waste water from dairy farms. In addition, many farmers stated that the source of water used was never checked periodically.
for filtration and chlorination. Therefore, it is recommended to farmers one precaution against the possibility of contamination of oocysts in water sources used by breeders do a double check water for Cryptosporidium oocysts spp. Korich et al. (1990) reported that the use of ozonation and chlorine dioxide for the water was able to reduced the viability and infectivity of Cryptosporidium oocysts. In addition, the use of disinfectants in combination was much better than the used single disinfectants.

There are 5 risk factors associated with cryptosporidiosis such as herd density, number of milking cows, presence of animals other than cattle on the farm, the distance of the barn from the house septic system, and animals' age (Nydam & Mohammed 2005). In this study, the farmers raised the animals in groups and not in individual pen. This management practice will increase the risk of Cryptosporidium infection, because if one of the animals gets infected with cryptosporidiosis, the infected animal can be a source of infection for other healthy animals.

Conclusions

Prevalence of cryptosporidiosis in dairy farms in district of Bogor district was 21.1% (CI 95%: 16.5% -25.6%) with the highest prevalence in cattle aged less than 6 months, is 29% (CI 95%: 26.8% -31.7%). The cattle aged less than 6 months have Odds Ratio 2.7 (CI 95%; 1.5-5.5) times compared than other age groups. Cryptosporidium oocysts abundance in general is still in the low range (less than 5 oocysts per field of view). Therefore, the prevention and control the danger of infection Cryptosporidium infection needs to be done to reduce the potential of infection to humans and decrease the mortality of young animal due to parasites.

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