Degradation of Mutant Protein Aggregates within the Endoplasmic Reticulum of Vasopressin Neurons

HIGHLIGHTS

- Mutant AVP precursors are confined to ERACs connected to the ER of FNDI AVP neurons
- Lysosomes fuse with ERACs surrounded by phagophore-like membranes
- Lysosome-related molecules are localized within ERACs
- Rapamycin reduces and chloroquine increases protein aggregate accumulation in ERACs

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Degradation of Mutant Protein Aggregates within the Endoplasmic Reticulum of Vasopressin Neurons

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SUMMARY
Misfolded or unfolded proteins in the ER are said to be degraded only after translocation or isolation from the ER. Here, we describe a mechanism by which mutant proteins are degraded within the ER. Aggregates of mutant arginine vasopressin (AVP) precursor were confined to ER-associated compartments (ERACs) connected to the ER in AVP neurons of a mouse model of familial neurohypophysial diabetes insipidus. The ERACs were enclosed by membranes, an ER chaperone and marker protein of phagophores and autophagosomes were expressed around the aggregates, and lysosomes fused with the ERACs. Moreover, lysosome-related molecules were present within the ERACs, and aggregate degradation within the ERACs was dependent on autophagic-lysosomal activity. Thus, we demonstrate that protein aggregates can be degraded by autophagic-lysosomal machinery within specialized compartments of the ER.

INTRODUCTION
The ER is an organelle mainly responsible for the synthesis, folding, assembly, and transport of proteins (Kaufman, 1999). While properly folded proteins are packed into secretory granules as secretory proteins or transported to the cellular membrane as membrane proteins through the Golgi apparatus (Braakman and Bulleid, 2011; Gidalevitz et al., 2013), misfolded or unfolded proteins accumulate in the ER causing ER stress (Hetz, 2012; Schroder and Kaufman, 2005; Wang and Kaufman, 2012). The unfolded protein response, including ER-associated degradation (ERAD), is a cellular mechanism by which ER stress is reduced. Through the ERAD machinery, misfolded or unfolded proteins are translocated from the ER to the cytosol and degraded by the ubiquitin-proteasome system (UPS) (Guerrero and Brodsky, 2012; Qi et al., 2017; Smith et al., 2011). In addition, a growing body of evidence has accumulated regarding ER-phagy machinery targeting protein aggregates in the ER lumen that cannot be degraded by ERAD (Fregno and Molinari, 2018; Smith and Wilkinson, 2017; Song et al., 2018; Wilkinson, 2019). In macro-ER-phagy, an isolation membrane called a phagophore sequesters a portion of the ER containing the aggregates to form an autophagosome, which fuses with a lysosome to degrade the contents (Cunningham et al., 2019; Forrester et al., 2019; Schultz et al., 2018). Recent studies have also reported another type of ER-phagy, micro-ER-phagy, in which a lysosome engulfs or fuses with aggregate-containing ER buds independent of autophagosome biogenesis (Fregno et al., 2018; Omari et al., 2018). In either case of ERAD or ER-phagy, aggregates in the ER are degraded only after translocation or isolation from the ER.

Arginine vasopressin (AVP), an antidiuretic hormone, is synthesized in magnocellular neurons of the supraoptic nuclei (SON) and paraventricular nuclei (PVN) in the hypothalamus (Bisset and Chowdrey, 1988). The AVP gene encodes a signal peptide, AVP, the AVP carrier protein neurophysin II (NPII), and a glycoprotein, also referred to as copeptin (Sausville et al., 1985). Upon removal of the signal peptide, prepro-AVP is truncated to pro-AVP, which is folded into its native conformation in the ER and then is packed into secretory granules. AVP, NPII, and the glycoprotein are cleaved from pro-AVP in the vesicle during transport to the posterior pituitary, from which AVP is released into systemic circulation in response to changes in plasma osmolality and blood pressure (Brownstein et al., 1980; Burbach et al., 2001). AVP is also known to be...
released from dendrites and to modulate the phasic activity of AVP neurons by autocrine regulation in order to maximize AVP secretion efficiency (Ludwig and Leng, 2006; Pow and Morris, 1989).

Familial neurohypophysial diabetes insipidus (FNDI) is an autosomal dominant disease caused by mutations in the AVP gene locus, predominantly in the region encoding NPII (Arima et al., 2016; Babey et al., 2011; Christensen and Rittig, 2006). We previously generated FNDI model mice by introducing an NPII mutation (that causes FNDI in humans) into the AVP gene locus, and the resulting heterozygous mice recapitulated the phenotypes of patients with FNDI. Owing to AVP deficiency, urine volumes and water intake were significantly increased, and urine osmolality was significantly reduced in FNDI mice compared with wild-type mice (Hayashi et al., 2009). In the AVP neurons of FNDI mice, inclusion bodies were present and increased in size as the mice aged in proportion to the increase in urine volumes (Hayashi et al., 2009) and decreased in size when the FNDI mice were treated with desmopressin (Hiroi et al., 2010), an AVP agonist (Edwards et al., 1973). Electron microscopic analyses of AVP neurons in FNDI mice revealed that aggregates were confined to a specific compartment of the rough ER, termed the ERAC (ER-associated compartment) (Hagiwara et al., 2014). Despite the presence of massive aggregates in the ER of AVP neurons in FNDI mice, there was no significant difference in the expression levels of an ER chaperone immunoglobulin heavy chain binding protein (BiP) in AVP neurons between wild-type and FNDI mice at 3 months of age. This suggests that the pathophysiological significance of ERACs is their ability to maintain function in the remainder of the ER by sequestering and confining aberrant proteins to the ERAC (Hagiwara et al., 2014). However, it remains to be elucidated whether ERACs are connected to the intact ER lumen or if there are any mechanisms by which aggregates are degraded within the ERACs.

In the present study, we hypothesized that aggregates are degraded by lysosomes within the ERACs which maintain connection to the intact ER lumen. To test this hypothesis, we investigated the following: (1) the structural relationships between ERACs, ER membranes, and lysosomes by serial block-face scanning electron microscopy (SBF-SEM), (2) the localization of several molecules involved in autophagic-lysosomal degradation, as well as ER chaperones by immunoelectron microscopy, and (3) the pharmacological effects of inducing or inhibiting the autophagic-lysosomal degradation system on ERAC formation in AVP neurons of FNDI mice.

RESULTS
ERACs Are Connected to the Intact ER Lumen
In order to elucidate the detailed structural relationships between organelles, three-dimensional electron microscopic analyses were performed by acquiring several sets of serial electron microscopic images from the SON of FNDI mice using SBF-SEM. Each dataset spanned volumes of approximately 30–50 μm x 30–40 μm x 16–20 μm at subcellular resolution (Figure 1A). These datasets included SON neurons which
Figure 2. ERACs Are Connected to the Intact ER Lumen and Lysosomes

(A–E) Serial images of an ERAC (A, red) with multiple small protrusions (A, arrows). The boxed regions in A1-3 are magnified in the inset (A2) or in other panels (B4 and D3). Magnified serial images of one ERAC protrusion connected to the intact ER lumen (B1-4, B1'-4', arrows). The compartments associated with the connection are colored red (B1'-4'). Three-dimensional reconstruction of an ERAC (C, red) and intact ER (C, blue). Magnified serial electron microscopic
possessed electron-dense ERACs located in their cytosol and surrounded by various organelles including the rough ER (Figure 1B). Detailed analyses of these serial images showed that the ERACs were enclosed by membranes of high electron density surrounded by an electron-lucent area and that they frequently had small protrusions (Figure 2A). Careful tracing revealed that these ERAC-derived protrusions were often connected to the intact ER lumen (Figures 2A, 2B, and Video S1). A montage image of two angularly connected electron microscopic images reconstructed from the original serial images also showed the connection between the ERAC and intact ER lumen (Figure S1). In addition, another protrusion originating from the ER-connected ERAC was also found connected to electron-dense lysosomes in the cytosol (Figures 2D and 2E, and Video S2). ERACs containing a relatively small amount of aggregates were also fused with lysosomes but not via the protrusions (Figure S2, and Videos S3 and S4). These results suggest that ERACs have direct connections with both the ER lumen and lysosomes in the cytosolic compartment of AVP neurons and that mutant aggregates in the ER could undergo degradation by lysosomes from relatively early stages of ERAC formation.

Mutant NPII Is Confined within ERACs of AVP Neurons in FNDI Mice

To distinguish normal from mutant NPII, we used two types of antibodies, as described previously (Ben-Barak et al., 1984, 1985; Hayashi et al., 2009). In AVP neurons of FNDI mice, immunofluorescence staining showed that mutant NPII was expressed in round structures; in contrast, there were no normal NPII signals within these structures (Figures 3A–3C). Immunoelectron microscopy demonstrated that mutant NPII was expressed in ERACs (Figures 3D and 3E) and in aggregates in the ER lumen (Figure 3G), suggesting that immunohistochemical staining of mutant NPII in areas other than the round structures represents regions in the ER where mutant NPII is also present. Mutant NPII was not expressed in the electron-lucent area around the aggregates (Figure 3D). While our previous study clearly demonstrated that aggregates were surrounded by membranous structures studded with ribosomes (Morishita et al., 2011), this is less clear in the immunoelectron microscopic analyses in which the membranous structures may be difficult to maintain. Normal NPII was found in neurosecretory granules of the cell bodies in AVP neurons and in the nerve terminals of the posterior pituitary, but not in the ER, in both FNDI (Figures 3F–3I) and wild-type mice (Figure S3). In contrast, mutant NPII was not observed in either neurosecretory granules or the nerve terminals of the posterior pituitary in FNDI mice (Figures 3D–3I). These data indicate that mutant AVP precursors are confined to ERACs and not subjected to proper cellular trafficking out of the ER.

ERACs Are Surrounded by Phagophore-like Membranes Derived from the ER

Immunofluorescent signals for BiP appeared to surround the round structures that were positive for mutant NPII antibodies in AVP neurons of FNDI mice (Figures 4A–4C). Immunoelectron microscopic analyses revealed that BiP was expressed in aggregate-surrounding areas including the electron-lucent regions (Figures 4D and 4E). Our data, derived using immunoelectron microscopy, also showed that both mutant NPII (Figure 3G) and BiP (Figure S4) were expressed in the ER of AVP neurons of FNDI mice, suggesting that the overlapping areas between mutant NPII and BiP immunostaining in areas other than the round structures likely correspond to the ER. In wild-type mice, BiP was expressed in the ER of AVP neurons (Figures S3A–S3C). Green fluorescent protein (GFP)–labeled microtubule-associated protein 1 light chain 3 (LC3) was also observed surrounding these rounded structures that were positively stained with mutant NPII antibodies in the AVP neurons of FNDI/GFP-LC3 mice (Figures 4F–4H) and was also detected around aggregates based on immunoelectron microscopy (Figure 4I). In contrast, immunofluorescent signals for GFP-LC3 were not visible in AVP neurons of GFP-LC3 mice (Figure S5). These findings suggest that ERACs are surrounded by membranes characteristic of phagophores derived from the ER.

Lysosome-Related Molecules Are Expressed within ERACs

Immunofluorescence images demonstrated that lysosome-associated membrane protein 2 (LAMP2) (Figures 5A–5C) and cathepsin D (Figures 5D–5F) were localized within the round mutant NPII-positive structures in AVP neurons of FNDI mice, while these signals were not observed in the AVP neurons of wild-type mice.
type mice (Figure S6). Further analyses using immunoelectron microscopy revealed that LAMP2 and cathepsin D were present inside the ERACs (Figures 5G and 5H) but not in the electron-lucent areas around the aggregates, suggesting that lysosomes were incorporated into ERACs. Furthermore, the overlap between mutant NPII and LAMP2 immunostaining in areas other than the round structures suggests that lysosomes also fuse to the ER where relatively small aggregates are found, as shown in Figure S2. On the other hand, the finding that cathepsin D was preferentially located in the aggregates within ERACs suggests the possibility that lysosomal acid hydrolases including cathepsin D are confined to ERACs and do not spread into the intact ER lumen.

The Accumulation of Aggregates within ERACs Is reduced by the Autophagy Inducer Rapamycin and Increased by the Lysosome Inhibitor Chloroquine

To examine whether peripheral injection of rapamycin and chloroquine could act on the hypothalamus, LC3 conversion (LC3-I to LC3-II) in the hypothalamus of wild-type mice injected with rapamycin or chloroquine was analyzed by immunoblotting. The LC3-II/LC3-I ratio was increased in the rapamycin group
compared with the control (Figure S7A), suggesting that autophagic flux was increased in the hypothalamus of mice treated with the autophagy inducer rapamycin. The LC3-II/LC3-I ratio was also increased in the chloroquine group compared with the control (Figure S7B). This is consistent with previous studies showing that LC3-II, a substitute of autophagic degradation, was increased relative to LC3-I when autophagic degradation was inhibited by the lysosome inhibitor chloroquine (Han et al., 2019).

In FNDI mice, the number of inclusion bodies over 4.5 μm in diameter [the mean size in 3-month-old FNDI mice (Hagiwara et al., 2014)] was significantly decreased by rapamycin treatment (Figure 6A), while the number of inclusion bodies was significantly increased by chloroquine administration (Figure 6B).
DISCUSSION

In the present study, we showed that ERACs, in which mutant NPII was accumulated, were connected to the intact ER and enclosed by membranes. We also showed that BiP and LC3 were expressed around the aggregates and that LAMP2 and cathepsin D were present within the ERACs.
Furthermore, our data showed that the number of ERACs was decreased or increased by rapamycin or chloroquine treatment, respectively. Figure 6E summarizes the findings of our present study.

Figure 6. Accumulation of Aggregates within ERACs Is Reduced by the Autophagy Inducer Rapamycin and Increased by the Lysosome Inhibitor Chloroquine

(A–D) Representative images of immunohistochemical staining for mutant NPII in the SON and the number of inclusion bodies with a diameter >4.5 μm in the SON of 3-month-old FNDI mice in the control and rapamycin (Rapa, A and B) or chloroquine (CQ, C and D) or groups. Results are expressed as means ± SE; n = 5–7 animals per group. White arrowheads indicate the inclusion bodies. Scale bars: 50 μm.

(E) Possible mechanisms of ERAC formation and mutant NPII degradation in AVP neurons of FNDI mice. Mutant NPII is confined to the ERACs of AVP neurons in FNDI mice. The ER chaperone BiP was localized around the ERACs, indicating that ERACs are connected to the ER and that BiP might be associated with ERAC formation. Furthermore, LAMP2 and cathepsin D were expressed in ERACs surrounded by membranes with LC3, suggesting that lysosomes degrade mutant NPII within ERACs which are connected to the ER. mNPII: mutant NPII.

See also Figure S7.

Furthermore, our data showed that the number of ERACs was decreased or increased by rapamycin or chloroquine treatment, respectively. Figure 6E summarizes the findings of our present study.
The formation of ERAC-like structures has been reported not only in FNDI but also in other diseases, such as α1-antitrypsin deficiency (Granell et al., 2008), familial encephalopathy with neuroserpin inclusion bodies (Hagen et al., 2011), seipinopathy (Ito et al., 2012), and autosomal dominant retinitis pigmentosa (Chiang et al., 2012; Saliba et al., 2002). While previous studies including ours suggested that aggregates were confined to a subcompartment of the ER, it has been unclear whether there is any communication between the ER and these compartments. In the present study, we demonstrated that ERACs were connected to the intact ER lumen using SBF-SEM. Furthermore, our data showed that membranes enclosed the aggregates, around which an ER chaperone (BiP) was expressed, suggesting that the ERAC membranes were derived from the ER. As ERAC formation reportedly mitigates ER stress and improves cellular viability not only in FNDI (Hagiwara et al., 2014) but also in α1-antitrypsin deficiency (Granell et al., 2008), it could be a common unfolded protein response shared by several cell types for coping with ER stress. Whether aggregates within ERACs are degraded by autophagic-lysosomal machinery in other diseases remains to be elucidated.

In this study, we showed that lysosomes were fused to the ERAC membrane and that LAMP2 as well as cathepsin D were found within ERACs. While previous studies also suggested that a lysosome might be involved in the degradation of mutant AVP precursor proteins (Castino et al., 2005; Davies and Murphy, 2002), our data suggest that mutant protein aggregates are degraded within the ER by autophagic-lysosomal machinery. A clear difference between macro-ER-phagy and ERAC degradation, as shown in the present study, is that ERAC degradation occurs in a compartment derived from the ER that maintains connection to the ER, whereas in macro-ER-phagy, the ER contents are degraded together with the ER itself following the complete sequestration by phagophores. We showed that aggregates were surrounded by membranes of high electron density based on SEM. Similarly, a previous study reported that the membranes of phagophores showed high electron density when observed by SBF-SEM, although the composition of this high density material has yet to be determined (Arai and Waguri, 2019). Our data also revealed that LC3 was expressed around the aggregates and that rapamycin, which is known to accelerate the formation of phagophores (Vakifahmetoglu-Norberg et al., 2015), increased the degradation of aggregates surrounded by the membranes. Combined, these data suggest that the membranes possess characteristics of phagophores (Kabeya et al., 2000; Mizushima and Komatsu, 2011; Mizushima et al., 2004) and indicate that ERAC degradation is different to micro-ER-phagy. To the best of our knowledge, this is the first report showing that accumulated aggregates are degraded within specialized compartments of the ER. While previous in vitro studies suggested that phagophores originate from the ER (Axe et al., 2008; Graef et al., 2013; Hamasaki et al., 2013; Hayashi-Nishino et al., 2009; Uemura et al., 2014), our data clearly show that this is also the case for the phagophore-like membrane surrounding ERACs to which the lysosomes fuse to form the autolysosome-like structures.

SBF-SEM analyses suggested that lysosomes were fused to the ERACs via ERAC protrusions in some AVP neurons. Given that not only protein aggregates but also the lysosomal acid hydrolase cathepsin D is localized exclusively in ERACs, some mechanisms should exist by which protein aggregates and lysosome-related molecules are confined to ERACs in order to protect the remainder of the intact ER lumen. The electron-lucent areas shown in the electron microscopic analyses have also been observed in our previous studies (Hayashi et al., 2009). Here, we showed that BiP is expressed in these electron-lucent areas. Thus, it is possible that molecules related to ERAC formation and confinement of aggregates as well as lysosomal acid hydrolases to the ERACs might be present in this region, although further studies are required to clarify the underlying mechanisms.

We previously reported that macroautophagy or cell death was not observed as long as mutant NPII was confined to the ERACs in FNDI mice with free access to water (Hagiwara et al., 2014). Conversely, ERAC
formation was disrupted and mutant NPII aggregates were spread throughout the ER lumen after intermittent water deprivation, leading to autophagy-associated cell death of AVP neurons in FNDI mice (Hagiwara et al., 2014, 2019). Taken together, it seems that ERAC formation as well as degradation of mutant proteins within ERACs is essential for protecting AVP neurons from cell death in FNDI.

In general, misfolded or unfolded proteins in the ER are targeted for ERAD, in which substrates are translocated from the ER to the cytosol and degraded by UPS (Guerriero and Brodsky, 2012; Qi et al., 2017; Smith et al., 2011). In AVP neurons, wild-type AVP precursors are reported to undergo proteasomal degradation (Friberg et al., 2004). Furthermore, a recent study demonstrated that deficiency of the Sel1L-Hrd1 protein complex, a principal ER-resident E3 ligase in mammalian ERAD, caused marked retention and aggregation of wild-type AVP precursors in the ER, resulting in polyuria due to AVP deficiency (Shi et al., 2017). While these findings indicate that ERAD is essential to the cellular function of AVP neurons, our present data showed that, in addition to ERAD, there exists another mechanism by which protein aggregates could be degraded without translocation from the ER to the cytosol in AVP neurons.

In conclusion, our data demonstrate that mutant proteins undergo autophagic-lysosomal degradation within ERACs, without isolation or translocation from the ER, in AVP neurons of FNDI mice.

Limitations of the Study
It is unclear from this study how aggregates and lysosomal acid hydrolases are confined to the ERACs. Furthermore, the roles of the protrusions in the ERACs and the electron-lucent areas around the aggregates also remain to be determined.

Resource Availability
Lead Contact
Further information and requests for resources and reagents should be directed to and will be fulfilled by the Lead Contact, Hiroshi Arima (arima105@med.nagoya-u.ac.jp).

Materials Availability
This study did not generate new unique reagents.

Data and Code Availability
This study did not generate datasets or code.

METHODS
All methods can be found in the accompanying Transparent Methods supplemental file.

SUPPLEMENTAL INFORMATION
Supplemental Information can be found online at https://doi.org/10.1016/j.isci.2020.101648.

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AUTHOR CONTRIBUTIONS
T. Miyata, D.H., H. Sakamoto, N.O., and H.A. designed the studies and wrote the manuscript. T. Miyata, Y.H., T. Miwata, Y.K., J.K., H.O., K.M., H.T., H. Suga, T.K., M.S., T.O., Y.I., S.I., and R.B. performed most
of the experiments. N.K. and H. Sakamoto performed the immunoelectron microscopy experiments. M.M. and N.O. performed the SBF-SEM analysis. All authors discussed the results and commented on the manuscript.

DECLARATION OF INTERESTS

The authors declare no competing interests.

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Supplemental Information

Degradation of Mutant Protein Aggregates within the Endoplasmic Reticulum of Vasopressin Neurons

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Figure S1. Luminal connections between ERACs and the intact ER in AVP neurons of FNDI mice, Related to Figure 2

The 3D reconstructed ERAC (A, red) and intact ER (A, blue) was cut at the plane of two angularly connected electron microscopic images (A) in order to observe the connection between an ERAC and the intact ER shown in Figure 2B. The cutting plane is shown as a montage image of the two angularly connected electron microscopic images (B-D), one of which corresponds to an obliquely cut slice montaged from the original SBF-SEM images. In the cutting plane image, the connecting line of the two electron microscopic images is shown as an orange line (B), and the luminal areas are colored red (D) to show the connection (D, arrow). Scale bars 500 nm.
Figure S2. An ERAC containing a relatively small amount of aggregates which fuses with lysosomes in AVP neurons of FNDI mice, Related to Figure 2

(A-D) Serial images of an ERAC containing a relatively small amount of aggregates (A1-9, red) and its 3D reconstruction (B) show connections (A1 and 2, arrowhead) with the intact ER (A1 and 2, blue) and the fusion (A6 and 8, white arrowheads) with lysosomes (A6 and 8, purple). Serial images of another ERAC containing a relatively small amount of aggregates (C1-6, red) and its 3D reconstruction (D) show the fusion (C1-6, white arrowheads) with a lysosome (C1-6, purple). The numbers in the upper-right corners show the respective slice number within the electron microscopic image stack. Scale bars: 500 nm. See also Videos S3 and 4.
Figure S3. Ultrastructural localization of normal NPII and BiP in AVP neurons of wild-type mice, Related to Figures 3 and 4

(A-E) Immunoelectron microscopic analysis of BiP (10 nm gold particles, black arrowheads) and normal NPII (15 nm gold particles, white arrowheads) in AVP neurons of the SON (A-C) and in the posterior pituitary (D and E) of wild-type mice. BiP-immunoreactivity is associated with the membranous structures of rough ER (B) and normal NPII is found in neurosecretory vesicles (C). Higher magnification images of the boxed areas in A and D are shown in B, C, and E, respectively. Scale bars: 500 nm (A and D) and 100 nm (B, C, and E).
Figure S4. Ultrastructural localization of BiP in the intact ER in AVP neurons of FNDI mice, Related to Figure 4

Immunoelectron microscopic analysis for BiP (10 nm gold particles) in AVP neurons showed that BiP-immunoreactivity is associated with the membranous structures of rough ER in the SON of FNDI mice. Scale bars: 500 nm.
Figure S5. Localization of GFP in AVP neurons of GFP-LC3 mice, Related to Figure 4 (A-C) Immunofluorescence staining for GFP-LC3 (green) and normal NPII (magenta) in the SON of GFP-LC3 mice. Higher magnification images of the boxed areas in the left panels are shown at right. Scale bars: 50 μm (left panels) and 10 μm (right panels).
Figure S6. Localization of LAMP2 or cathepsin D in AVP neurons of wild-type mice, Related to Figure 5

(A-F) Immunofluorescence staining for normal NPII (green) and LAMP2 or cathepsin D (magenta) in the SON of wild-type mice. Higher magnification images of the boxed areas in the left panels are shown at right. Scale bars: 50 μm (left panels) and 10 μm (right panels).
Figure S7. LC3 conversion (LC3-I to LC3-II) in the hypothalamus of wild-type mice treated with the autophagy inducer rapamycin or the lysosome inhibitor chloroquine, Related to Figure 6

(A and B) Representative immunoblot of protein lysates from the hypothalamus of wild-type mice in the control and rapamycin (Rapa, A) or chloroquine (CQ, B) groups immunolabeled for LC3. The adjacent bar graph displays the ratio of LC3II/LC3I densitometric signals relative to that of control mice. Results are expressed as means ± SE; n = 4 animals per group.
**Transparent Methods**

**Animals**

FNDI mice heterozygous for the mutant *Avp* gene (Cys98stop) were generated previously (Hayashi et al., 2009). All FNDI mice in the present study were backcrossed over 15 generations onto the C57BL/6J background. C57BL/6J mice were purchased from Chubu Science Materials (Nagoya, Japan). GFP-LC3 transgenic mice (strain GFP-LC3#53) harboring a rat LC3-enhanced GFP fusion construct under the control of the chicken β-actin promoter with the cytomegalovirus immediate early enhancer (Mizushima et al., 2004) were obtained from the RIKEN BioResource Center (Tsukuba, Japan). FNDI mice were crossed with GFP-LC3 transgenic mice to generate FNDI/GFP-LC3 mice. Mice were maintained under controlled conditions (23.0 ± 0.5°C, lights on 09:00 to 21:00), and male mice were used in the experiments. All procedures were approved by the Animal Experimentation Committee of the Nagoya University Graduate School of Medicine and performed in accordance with institutional guidelines for animal care and use.

**Brain collection for immunohistochemistry**

Three-month-old male FNDI mice, their wild-type littermates, FNDI/GFP-LC3 mice, and GFP-LC3 mice were deeply anesthetized and transcardially perfused with a cold fixative containing 4% paraformaldehyde (PFA) in 0.1 M phosphate buffer (pH 7.4). After fixation, brains were immediately removed and immersed in the same fixative for 3 h at 4°C. Brains were kept in PBS containing 10-20% sucrose at 4°C for cryoprotection. They were then embedded in Tissue-Tek O.C.T. compound (Sakura Finetechnical, Tokyo,
Japan) and stored at −80°C until sectioning. Brains were cut into 16-µm sections on a cryostat at −20°C, thaw-mounted on Superfrost Plus microscope slides (Matsunami Glass Ind., Osaka, Japan), and stored at −80°C until immunohistochemical analysis.

Antibodies

Primary antibodies used for immunofluorescence staining in the current study included: rabbit anti-mutant NPII (Cys98stop) (Hayashi et al., 2009), mouse anti-normal NPII (PS41; kindly provided by Dr. H Gainer, National Institutes of Health, Bethesda, MD, USA) (Ben-Barak et al., 1984; Ben-Barak et al., 1985), rabbit anti-BiP (#ab21685; Abcam, Cambridge, UK), rat anti-LAMP2 (#ab13524; Abcam), goat anti-cathepsin D (#sc6486; Santa Cruz Biotechnology, Dallas, TX, USA), and chicken anti-GFP (#ab13970; Abcam). The following secondary antibodies were used: Alexa Fluor 488-conjugated donkey anti-rabbit IgG (H+L) highly cross-adsorbed (#A-21206; Invitrogen, San Diego, CA, USA), Alexa Fluor 488-conjugated goat anti-chicken IgY (H+L) (#A-11039; Invitrogen), Alexa Fluor 488-conjugated donkey anti-mouse IgG (H+L) highly cross-adsorbed (#A-21202; Invitrogen), Alexa Fluor 546-conjugated donkey anti-mouse IgG (H+L) highly cross-adsorbed (#A-11036; Invitrogen), Alexa Fluor 546-conjugated F(ab’2)-goat anti-rabbit IgG (H+L) cross-adsorbed (#A-11071; Invitrogen), Alexa Fluor 546-conjugated goat anti-rat IgG (H+L) cross-adsorbed (#A-11081; Invitrogen), and Alexa Fluor 546-conjugated donkey anti-goat IgG (H+L) cross-adsorbed (#A-11056; Invitrogen). Nuclei were stained with DAPI (#340-07971; DOJINDO, Kumamoto, Japan).

Immunohistochemistry

Frozen sections were washed with PBS for 15 min and then incubated with rabbit anti-
mutant NPII antibody (1:1000) in PBS with 0.3% Triton X-100 and 1% normal goat serum overnight at 4°C. After rinsing the sections with PBS, the primary antibody was probed using biotinylated goat anti-rabbit IgG (H+L) (1:200, #BA-1000; Vector Laboratories, Burlingame, CA, USA) for 3 h at room temperature. The sections were washed in PBS and then incubated with avidin-biotin complex solution (1:100, Vectastain ABC kit, #PK-4000; Vector Laboratories) for 90 min at room temperature before immersion in PBS containing 0.1% 3,3’-diaminobenzidine dihydrochloride (Sigma-Aldrich, St. Louis, MO, USA). Antibody-binding sites were visualized upon addition of 0.004% hydrogen peroxide. The number and diameter of inclusion bodies in the SON were measured using an Olympus DP73 digital camera system and an Olympus BX51 microscope equipped with cellSens Software (Olympus, Tokyo, Japan). The best-matched slices at 0.70 mm caudal from the bregma, according to the brain atlas [The Mouse Brain in Stereotaxic Coordinates, Academic Press, New York, 2000.], were selected from each mouse for analysis. The number of inclusion bodies per SON were counted, and the mean values for each mouse were subjected to statistical analyses. Five to seven mice per group were used for this analysis. For immunofluorescence staining, sections were incubated with these primary antibodies - rabbit anti-mutant NPII (1:1000), mouse anti-normal NPII (1:100), rat anti-LAMP2 (1:100), goat anti-cathepsin D (1:100) and chicken anti-GFP (1:10000) - overnight at 4°C. The sections were then treated with a 1:1000 dilution of secondary antibodies for 1 h at room temperature. For double-immunofluorescence staining using the same host primary antibodies, rabbit anti-BiP and mutant NPII antibodies, sections were first incubated with rabbit anti-BiP antibody (1:600) overnight at 4°C and treated with Alexa Fluor 546-conjugated F(ab’2)-goat anti-rabbit IgG (H+L) cross-adsorbed (1:100) for 1 h at room temperature. After washing in
PBS, the sections were next incubated with rabbit anti-mutant NPII antibody (1:2000) overnight at 4°C and treated with Alexa Fluor 488-conjugated donkey anti-rabbit IgG (H+L) highly cross-adsorbed (1:2000) for 1 h at room temperature. Fluorescence images were acquired with a laser-scanning confocal microscope (TiEAI R; Nikon Instech, Tokyo, Japan) or a fluorescence microscope (BZ-9000; Keyence, Osaka, Japan) and processed using Adobe Photoshop CS5 (Adobe Systems, San Jose, CA, USA). Three mice per experiment were used for the immunofluorescence analyses.

SBF-SEM

SBF-SEM analyses were performed as described previously with slight modifications (Matsumoto et al., 2019). Briefly, three-month-old male FNDI mice were deeply anesthetized and transcardially perfused with 4% PFA and 2.5% glutaraldehyde in 0.1 M phosphate buffer (pH 7.4). After fixation, brains were immediately removed and immersed overnight at 4°C in the same fixative. Brains were cut into 100-μm sections on a Vibratome (VT1200 S; Leica Biosystems, Wetzlar, Germany). Tissues were treated with 2% OsO₄ in 1.5% K₄[Fe(CN)₆] for 1 h at 4°C, and subsequently 1% thiocarbohydrazide for 20 min, and 2% OsO₄ for 30 min at room temperature. Thereafter, the tissues were treated with 1% uranyl acetate at 4°C overnight and lead aspartate solution for 30 min at 65°C. The tissues were dehydrated in a graded series of ethanol (60, 80, 90, 95%), treated with dehydrated acetone, and embedded in Durcupan resin containing Ketjen black powder (5%) for 48 h at 60°C to ensure polymerization. SBF-SEM for the SON was performed using a SigmaVP scanning electron microscope (Carl Zeiss) equipped with a 3View in-chamber ultramicrotome system (Gatan). Serial image sequences were generated at 50-nm steps at a resolution of 4.8-5.7 nm per pixel. Sequential images were
processed with FIJI. Segmentation and three-dimensional reconstruction were performed using Microscopy Image Browser (http://mib.helsinki.fi) (Belevich et al., 2016) and Amira software (FEI Visualization Science Group, Hillsboro, OR, USA). Two mice were used for the SBF-SEM analyses.

Post-embedding immunoelectron microscopy

Three-month-old male FNDI mice, their wild-type littermates, and FNDI/GFP-LC3 mice were deeply anesthetized and transcardially perfused with 4% PFA and 0.1% glutaraldehyde in 0.1 M phosphate buffer (pH 7.4). Brains and neurohypophyses were immediately removed and immersed in the same fixative for 3 h at room temperature or overnight at 4°C. Preparations were dehydrated through increasing concentrations of methanol, embedded in LR Gold resin (Electron Microscopy Sciences, PA, USA), and polymerized under UV lamps at −20°C for 24 h. Ultrathin sections (70 nm in thickness) were collected on nickel grids coated with a collodion film, rinsed with PBS several times, then incubated with 2% normal goat serum and 2% BSA in 50 mM Tris(hydroxymethyl)-aminomethane-buffered saline (TBS; pH 8.2) for 30 min to block non-specific binding. The sections from FNDI mice were then incubated with either a 1:1,000 dilution of rabbit anti-mutant NPII antibody or a 1:60 dilution of rabbit anti-BiP antibody and a 1:200 dilution of mouse anti-normal NPII antibody (Castel et al., 1986) for 1 h at room temperature in the blocking solution. The sections were then washed with PBS, then incubated with a 1:50 dilution of a goat antibody against rabbit IgG conjugated to 10 nm gold particles (BBI Solutions, Cardiff, UK) and a goat antibody against mouse IgG conjugated to 15 nm gold particles (BBI Solutions) for 1 h at room temperature. The rat anti-LAMP2 antibody or the goat anti-cathepsin D antibody was also used both at 1:20
overnight at 4°C in Can Get Signal Solution 1 (Toyobo, Tokyo, Japan). After the sections were washed with PBS, then incubated with a 1:50 dilution of either a goat antibody against rat IgG conjugated to 10 nm gold particles (Sigma, St. Louis, MO, USA) or a rabbit antibody against goat IgG conjugated to 10 nm gold particles (BBI Solutions) for 1 h at room temperature, respectively. To detect the GFP signals in tissues from FNDI/GFP-LC3 mice, the sections were incubated with a 1:20 dilution of rabbit anti-GFP antibody (Cell Signaling Technology Japan, Tokyo, Japan) for detection of GFP antigens to intensify the GFP-LC3 signal (for subcellular localization of LC3) for 1 h at room temperature. The immunoreactivity was detected with a streptavidin-biotin kit (Nichirei, Tokyo, Japan), followed by incubation with a 1:50 dilution of a goat antibody against horseradish peroxidase conjugated to 12 nm gold particles (Jackson ImmunoResearch Laboratory, PA, USA) for 1 h at room temperature. Finally, the sections were contrasted with uranyl acetate and lead citrate and viewed using an H-7650 (Hitachi, Tokyo, Japan) electron microscope operated at 80 kV. Three mice per experiment were used for the immunoelectron microscopic analyses.

Rapamycin and chloroquine administration

Two-month-old male FNDI mice and their wild-type littermates were divided into control and rapamycin or chloroquine groups. FNDI mice in the rapamycin or chloroquine groups were treated with an intraperitoneal administration of rapamycin (20 mg/kg/day, #R-5000, LC Laboratories, Woburn, MA, USA) or chloroquine (20 mg/kg/day, #C6628, Sigma-Aldrich) daily for 28 days, in addition to wild-type littermates for 7 days. The dosage of rapamycin or chloroquine employed in this study was determined based on previous studies (Cortes et al., 2012; Nalbandian et al., 2015;
Immunoblotting

The hypothalamus of wild-type mice were lysed in a buffer containing 10 mM Tris-HCl pH 7.4, 150 mM NaCl, 1% Triton X-100, 1% sodium deoxycholate, 0.1% SDS, 5 mM EDTA, 50 mM NaF, 2 mM Na$_3$VO$_4$, and 1% protease inhibitor cocktail (Sigma-Aldrich). After centrifuging the samples, protein concentrations in the supernatants were determined by bicinchoninic acid assay using a bicinchoninic acid kit (Sigma-Aldrich). Ten micrograms of protein per sample was separated by 10% SDS-PAGE and transferred to polyvinylidene difluoride membranes (Millipore). Blots were blocked in 5% skimmed milk in TBS-T solution (10 mM Tris-HCl pH 7.4, 150 mM NaCl and 0.1% Tween) for 1 h at RT. Membranes were incubated with a mouse anti-LC3 antibody (1:10000, #M186-3; Medical and Biological Laboratories, Nagoya, Japan) overnight at 4°C and a rabbit anti-β-actin antibody (1:10000, #ab8227; Abcam) for 1 h at RT. Primary antibodies were probed with HRP-conjugated goat anti-mouse IgG (1:10000, #P0447; Agilent, Tokyo, Japan) and HRP-conjugated donkey anti-rabbit IgG (1:10000, #NA934; GE Healthcare, Little Chalfont, UK) for 1 h at RT. To improve sensitivity and the signal-to-noise ratio, Can Get Signal Immunoreaction Enhancer Solution (Toyobo) was used for the dilution of the primary and secondary antibodies. Immunoreactivity was detected using the ECL Prime Western Blotting Detection Reagent (GE Healthcare). Blots were quantified using NIH ImageJ software. Four mice per group were used for the immunoblotting analyses.

Statistical analysis

Statistical significance of the differences among groups was analyzed by an unpaired
t-test. Results are expressed as means ± SE, and differences were considered statistically significant at $P < 0.05$. 
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