Intersublevel Polaron Dephasing in Self-Assembled Quantum Dots

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(Date: February 2, 2008)

PACS numbers: 78.67.Hc, 78.47.+p, 42.50.Md, 71.38.-k

The strong spatial confinement of carriers in semiconductor quantum dots (QDs) leads to striking differences in the carrier-phonon interaction compared with systems of higher dimensionality. In particular, the discrete energy level structure in QDs results in long exciton and electron dephasing times [1,2,3,4], making these semiconductor nanostructures highly attractive for implementation in quantum information processing applications. The study of dephasing mechanisms in QDs is commonly carried out using transient four wave mixing (FWM) spectroscopy. Using resonant interband excitation, FWM measurements have revealed the absorption lineshape of single QDs to consist of a narrow zero phonon line (ZPL) and an acoustic phonon-related broadband centred at the same energy. The only intraband FWM study [5] involved resonant excitation of high energy transitions in the valence band of p-doped QDs yielding dephasing times $\sim 15$ ps. However it was not possible to determine the dephasing mechanisms in this case.

Intraband studies of the well-resolved lowest energy conduction band electron transitions in InAs/GaAs QDs have provided deep insight into the electron-phonon interaction and carrier relaxation processes in n-doped samples. Clear evidence of strong coupling between electrons and phonons, resulting in polaron formation, has been demonstrated using magneto-transmission measurements [6]. Ultrafast studies [7,8] of polaron decay have shown that the previously assumed ‘phonon bottleneck’ picture is not valid. Compared with semiconductor quantum wells, the intraband population relaxation time in QDs is long ($\sim 50$ ps) suggesting relatively long dephasing times. However there have been no reports of direct dephasing measurements to date.

In the present letter we present the first investigations of intraband dephasing in n-doped QDs using degenerate FWM. Our calculations of the absorption lineshape in this case show marked differences in comparison with the interband absorption [9]. The intraband lineshape consists of peaked acoustic phonon sidebands separated by $\sim 1.5$ meV from the ZPL, which corresponds to phonons with wavelength close to the dot size, and is reminiscent of the lineshape associated with impurity-bound electron transitions [10]. Using pulse durations short enough to excite both the ZPL and acoustic phonon sidebands we find damped oscillations in the FWM signal, indicative of coherent acoustic phonon generation, followed by a single exponential decay. In contrast with the interband case, where the origin of the strong temperature dependence of the excitonic linewidth is still subject to debate, the simple 3-level structure of the lowest energy conduction band states in InAs QDs permits an accurate simulation of the temperature dependence of the FWM signal. The excellent agreement found between experiment and theory, shows that virtual transitions between the $p$-states is the dominant dephasing mechanism at high temperature. At low temperature, we have measured an intersublevel dephasing time of $T_2 \sim 90$ ps. It is also interesting to compare our results with previous intraband dephasing measurements in higher dimensional (quantum well) systems [11]. Here phonon-mediated processes are not significant with the intraband dephasing instead determined by electron-electron interactions, yielding typical dephasing times $\sim 0.3$ ps which are approximately 2 orders of magnitude faster than for the QD samples studied here. The relatively long intraband dephasing time in QDs is key to the efficient operation of new types of mid-infrared QD-based devices, such as intersublevel polaron lasers [12] and may be relevant for potential device applications such as qubits for quantum information processors [13].

The investigated samples were grown on (100) GaAs substrates by molecular beam epitaxy in the Stranski-Krasanov mode. They comprise 80 layers of InAs self-assembled QDs separated by 50 nm wide GaAs barriers, thus preventing both structural and electronic coupling between QD layers. The polaron transitions were studied between $s$-like ground ($s$) and $p$-like first excited ($p$) states within the conduction band. To populate the $s$ state, the samples were delta-doped with Si $2$ nm below each QD layer. The doping density was controlled in such a way that the average doping did not exceed $1$ electron per dot (see Ref. [14] for more details). Absorp-
tion spectra of the investigated QD samples were studied elsewhere [8]. Since our QD samples contain ~1 e/dot only the ground state is occupied and therefore the incident radiation polarized along either the [011] or [011] crystallographic directions excites a transition from the s state to either the lower (p_x) or higher (p_y) energy laterally confined state. The absorption peaks associated with these transitions are inhomogeneously broadened by ~5 meV due to the QD size and composition distribution. The Δ_pp ~ 5 meV anisotropy splitting between the two peaks can be explained by QD asymmetry due to piezoelectric field effects [15, 16] and the atomistic crystallography [17].

We studied the coherent polaronic states in QDs using a standard two-pulse photon echo arrangement in a non-collinear geometry [18]. The far-infrared time-integrated FWM measurements were carried out using the Dutch free electron laser (FELIX) which provides subpicosecond, tunable laser pulses. We used a ratio of 1:2 between the two incoming pulses with wave vectors k_1 and k_2, and the intensity of the third order nonlinear signal was measured in the 2k_2 − k_1 direction. The applied peak power density was ~50 W/mm² [19]. The measurements were performed in the χ(3) regime, where the intensity of the FWM signal has a cubic dependence on the excitation intensity.

The comparison between the FWM signal and the pump-probe signal at the same s-p_x transition energy of ~53 meV is shown in Fig. 1. To verify that the FWM signal arises from excitation in resonance with the s-p_x transition in the QDs we measured the spectral dependence of the FWM signal amplitude and find a good correspondence with the square of the linear s-p_x absorption signal (inset Fig. 1).

Unlike pump-probe, the FWM signal is sensitive not only to changes in carrier population but also to a decay of coherent optical polarizations, thus providing a direct measurement of the excited carrier dephasing time. The decay time of the FWM signal is fitted with a single exponential curve yielding τ_{FWM} ∼ 22 ps. In the case of inhomogeneously broadened transitions the FWM signal decay time is T_2 = 4τ_{FWM} [20], and thus the low temperature dephasing time of the s-p_x transition is T_2 ∼ 88 ps. This is close to the value 2T_1 ∼ 100 ps deduced from independent pump-probe measurements. The homogeneous linewidth Γ_2 = 2h/Γ_2 can be decomposed as the sum of a population relaxation Γ_1 = h/Γ_1 and a pure dephasing Γ_1' = 2h/Γ_2' contributions. The relation T_2 ∼ 2T_1 indicates that pure dephasing processes are negligible at low temperature.

We find that at low temperature the polaron dephasing time decreases from T_2 ∼ 88 ps at an excitation energy w_0 ∼53 meV to T_2 ∼ 60 ps at w_0 ∼48 meV [22]. This is consistent with the energy dependence of the polaron decay time T_1 ∼ w_0 + q_p, which decreases as the polaron energy approaches that of the LO-phonon. As we have shown in Ref. [8], the polaron relaxation to the ground state is due to anharmonic disintegration of polarons into two high energy acoustic phonons, leading to the following temperature dependence: Γ_1 = 1 + N(hω_0/2)^2 / T_1, where N(hω_0) = 1/(e^{hω_0/k_BT}−1) is the Bose occupation number, T_1 is the polaron lifetime at low temperature and hω_p is the s to p_x energy transition. But as we shall see below, Γ_2 >> Γ_1 when the temperature is increased, indicating that pure dephasing processes become dominant.

In order to take into account additional sources of dephasing, we consider the polaron interaction with bulk-like longitudinal acoustic (LA) phonon modes:

\[ V = \sum_{i,j} \sum_{q} M_{ij}^{q} (a_q + a_q^+) |i⟩⟨j| \]  \tag{1}

where \( M_{ij}^{q} = D_c \sqrt{\frac{\hbar}{2\rho_v^C} v} |i⟩e^{iq·r} |j⟩ \) and |i⟩ denotes the polaron state with the dominant component of the electron wave-
function \( i = s, p_x \) or \( p_y \). The deformation potential constant for the conduction band is taken as \( D_s = -7.2 \text{ eV} \) [23], the sound velocity is \( c_s = 5000 \text{ m.s}^{-1} \) and the density \( \rho = 5.32 \text{ g.cm}^{-3} \). The diagonal parts within the polaron basis \((i = j)\) are treated within the independent Boson model [24], and results in phonon sidebands as replicas to the ZPL. The lineshape of the absorption as a function of the energy detuning \( \varepsilon \) is then given by \( A(\varepsilon) = Z \psi(t) \), where the exponential part is taken in the convolution sense \((e^t = \delta + f + f \otimes f/2 + \ldots)\) of the function:

\[
f(\varepsilon) = \sum_q \frac{|M_{p_x}^{p_x} - M_{p_y}^{s}|^2}{\varepsilon^2} \left[ N(|\varepsilon|) + \Theta(\varepsilon) \right] \delta(\varepsilon - \hbar \omega_q)
\]

where \( \Theta \) is the Heavyside function. The weight of the ZPL is given by \( Z = \exp \left[ -\int_{-\infty}^{+\infty} d\varepsilon f(\varepsilon) \right] \). Calculation of \( A(\varepsilon) \), convolved with a Lorentzian of linewidth \( \Gamma_2 \) as calculated below, is shown in Fig. 2 for different temperatures. Due to cancellations of the contributions from \( s \) and \( p \) levels for long wavelength phonons in Eq. 2, \( f(\varepsilon) \) behaves as \( e^t \) close to zero detuning \( \varepsilon = 0 \) and is peaked around 1.5 meV, which corresponds to phonons with wavelength of about the dot size [25]. As a consequence, instead of a broad peak at the optical transition energy as in the interband case, this leads to the appearance of two peaks separated from the ZPL in the absorption spectrum (see inset of Fig. 3).

As the ZPL is given by a delta function in Eq. 2, the diagonal parts of the phonon coupling do not contribute to the linewidth \( \Gamma_2 \). On the other hand, off-diagonal acoustic phonon coupling between the close-in-energy \( p_x \) and \( p_y \) states are expected to contribute to pure dephasing processes. Taking into account these off-diagonal interactions with acoustic phonons up to second order [26], we have calculated analytically the broadening associated with real and virtual transitions from the \( p_x \) state to the \( p_y \) state:

\[
\Gamma_2^s = \frac{1}{2\pi} \int_{-\infty}^{+\infty} d\varepsilon \frac{4 \Delta_{pp}^2}{(\varepsilon + \Delta_{pp})^2} \times \frac{\Gamma_{pp}(\varepsilon) N(\varepsilon) [N(\varepsilon) + 1]}{(\varepsilon - \Delta_{pp})^2 + \left( \frac{\Gamma_{pp}(\varepsilon) [N(\varepsilon) + 1]}{2} \right)^2}
\]

where \( \Gamma_{pp}(\varepsilon) = 2\pi \sum_q |M_{p_x}^{p_x} p_y|^2 \delta(\varepsilon - \hbar \omega_q) \). The integration of \( \Gamma_2^s \) around \( \varepsilon = \Delta_{pp} \) corresponds to the linewidth \( N(\Delta_{pp}) \Gamma_{pp}(\Delta_{pp}) \) of the real transition from \( p_x \) toward \( p_y \) by absorption of acoustic phonon, while phonons with an energy which is not in resonance with \( \Delta_{pp} \) are responsible for virtual transitions, i.e., simultaneous absorption and emission of phonons of same energies but different wavevectors. By analysing Eq. 3 we found that phonons which contribute mainly to these virtual transitions have energies \( \varepsilon \) between 2 and 3 meV, and their contribution to the dephasing is proportional to \( N(\varepsilon) [N(\varepsilon) + 1] \). Therefore, the full width at half maximum of the single dot homogeneous line \( \Gamma_2 = \Gamma_1 + \Gamma_2^s \) has a strong temperature dependence.

Figure 3: (Color online) Temperature dependent four wave mixing signals: simulations (a) and experiment (b). Inset: calculated FWM curves at 100 K for delta pulses (dotted line) and 1.5ps-long pulses compared with experimental data.

We have calculated the FWM dynamics for excitation in resonance with the \( s \) to \( p_x \) transition, taking into account polaron decay to the \( s \) state, real and virtual transitions to the \( p_y \) state, as well as the presence of phonon sidebands [27]. The intensity of the FWM response to a delta pulse as a function of the delay time between the 2 pulse reads:

\[
I(t) \propto \Theta(t) \exp \left[ -2\Gamma_2 t - 16 \int_{-\infty}^{+\infty} d\varepsilon f(\varepsilon) \sin^2 \left( \frac{\varepsilon t}{2\hbar} \right) \right]
\]

Experimental results measured at \( \sim 53 \text{ meV} \) and calculations of the FWM are presented in Fig. 3. Our calculations reveal the occurrence of decoherence oscillations between 0 and 5 ps due to the presence of acoustic phonon sidebands (see Fig. 3b), followed by an exponential decay of the FWM signal on a picosecond time scale \((T_2/4)\) due to real and virtual polaron transitions. The period of these oscillations is given approximately by \( \hbar/\varepsilon_1 \) where \( \varepsilon_1 \sim 1.5 \text{ meV} \) is the energy separation between the ZPL and the sideband peaks in Fig. 3. These oscillations, also observed experimentally (Fig. 3b), become more prominent with increasing temperature since the population of the acoustic phonons increases. In order to make a comparison with our experimental data, \( I(t) \) is convolved by a 1.5 ps-long Gaussian pulse (see inset of Fig. 3b). As the width of the sideband peaks is also in the \( \sim 1 \text{ meV} \) energy range, the damping of the oscillations occurs on the same time scale as the oscillation, giving only one oscillation. Thus, similar to exciton dephasing, the phonon sidebands are responsible for a fast non-exponential FWM decay on a picosecond time scale after excitation [28].
The decay time of the exponential contribution to the FWM signal reduces significantly with increasing temperature from \( \sim 22 \text{ ps} \) at 10 K to \( \sim 3 \text{ ps} \) at 100 K, resulting in a decrease of the polaron dephasing time from \( \sim 88 \text{ ps} \) to \( \sim 12 \text{ ps} \) over the same temperature range. In Fig. 4 we have plotted the calculated total linewidth of ZPL, \( \Gamma_\text{ZPL} = \Gamma_1 + \Gamma_2 \) (solid line), which shows very good agreement with the experiment. We also present the temperature dependence of the polaron linewidth due to virtual acoustic phonon scattering (dash-dotted line), and the calculated contribution to the polaron linewidth due to real transitions \( N(\Delta_{pp})\Gamma_{pp}(\Delta_{pp}) \) (dotted line). Contributions of real and virtual transitions to the dephasing are comparable up to 60K. However for higher temperatures, the virtual contribution becomes dominant as it is enhanced quadratically with temperature. The measured and calculated homogeneous linewidths \( \Gamma_2 \) increase rapidly from \( \sim 15 \mu\text{eV} \) up to \( \sim 150 \mu\text{eV} \) with increasing temperature from 10 to 120 K. This behaviour contrasts with the weak temperature dependence of the polaron population relaxation to the ground state \( \Gamma_1 \) over the same temperature range (dotted line in Fig. 4), indicating that the dephasing is dominated by pure dephasing for higher temperatures.

In summary, these first FWM studies of intersublevel dephasing in n-doped quantum dots reveal oscillatory behaviour of the polarization decay for times \( < 5 \text{ ps} \) after excitation, followed by a single exponential decay yielding dephasing times of \( \sim 90 \text{ ps} \) at 10 K. The oscillation at short times arises from coherent acoustic phonon generation due to resonant excitation of both the zero phonon line and the peaked acoustic phonon sidebands associated with the intersublevel transition. We find excellent agreement between our measured and calculated four wave mixing signals over a wide temperature range, allowing us to determine the role of real and virtual acoustic phonons in the dephasing process. Compared with interband studies, intraband investigations allow a clear picture of dephasing mechanisms in n-doped dots to be obtained as a result of the simple and well-resolved conduction band system (with no dark states), providing a new insight into decoherence mechanisms of electron states in QDs.

Funding was provided by the UK Engineering and Physical Sciences Research Council (EPSRC) under the EPSRC/FOM agreement, and grant numbers GR/S76076/01 and GR/T21158/01. The LPA (UMR 8551) is associated with the CNRS and the Universities Paris 6 and Paris 7. In addition, we would like to thank Dr B. Redlich and the FELIX staff for their help and guidance.

\[ \text{Figure 4: (Color online) Temperature dependence of the polaron linewidth: experiment (closed squares) and calculation including real (dashed line), virtual (dash-dotted line) and both virtual and real (solid line) transitions. Dotted line exhibits the temperature dependence of the population relaxation.} \]
smaller compared to the excitonic case: the weight of the ZPL decreases from $Z = 0.98$ at 0K to $Z = 0.77$ at 100K, while at the same temperature $Z \sim 0.3$ for excitonic transitions (see P. Borri, et al., Phys. Rev. B 71, 115328 (2005)).