THE EVOLUTION OF LMC X-4 FLARES: EVIDENCE FOR SUPER-EDDINGTON RADIATION OOZING THROUGH INHOMOGENEOUS POLAR CAP ACCRETION FLOWS?

Dae-Sik Moon, Stephen S. Eikenberry, and Ira M. Wasserman

Department of Astronomy, Cornell University, 512 Space Sciences Building, Ithaca, NY 14853; moon@astro.cornell.edu, eiken@astro.cornell.edu, ira@astro.cornell.edu

Received 2001 August 12; accepted 2002 December 6

ABSTRACT

We present the results of two extensive Rossi X-Ray Timing Explorer observations of large X-ray flaring episodes from the high-mass X-ray binary pulsar LMC X-4. Light curves during the flaring episodes comprise bright peaks embedded in relatively fainter regions, with complex patterns of recurrence and clustering of flares. We identify precursors preceding the flaring activity. Pulse profiles during the flares appear to be simple sinusoids, and pulsed fractions are proportional to the flare intensities. We fit Gaussian functions to flare peaks to estimate the mean FWHM to be \( \sim 68 \) s. Significant rapid aperiodic variability exists up to a few hertz during the flares, which is related to the appearance of narrow, spiky peaks in the light curves. While spectral fits and softness ratios show overall spectral softening as the flare intensity increases, the narrow, spiky peaks do not follow this trend. The mean fluence of the flare peaks is \((3.1 \pm 2.9) \times 10^{40}\) ergs in the 2.5–25 keV energy range, with its maximum at \(\sim 1.9 \times 10^{41}\) ergs. The flare peak luminosity reaches up to \((2.1 \pm 0.2) \times 10^{59}\) ergs s\(^{-1}\), far above the Eddington luminosity of a neutron star. We discuss possible origins of the flares, and we also propose that inhomogeneous accretion columns onto the neutron star polar caps are responsible for the observed properties.

Subject headings: accretion, accretion disks — pulsars: individual (LMC X-4) — stars: neutron — X-rays: bursts — X-rays: stars

1. INTRODUCTION

Out of \(\sim 200\) known neutron star/black hole X-ray binaries, more than 40 sources have been observed with a wide range of coherent spin period of \(\sim 0.07–1400\) s, identifying the central source as a rotating, highly magnetized neutron star powered by accretion (van Paradijs 1995; Bildsten et al. 1997). These accretion-powered X-ray binary pulsars (hereafter X-ray pulsars) often show abrupt increases in X-ray luminosity known as "bursts" or "flares." About 30% of the X-ray pulsars have been observed to show bursts and/or flares, including (1) the low-mass X-ray binary 4U 1626–67 (McCintock et al. 1980), (2) the bursting pulsar GRO J1744–28 (Fishman et al. 1995; Kouveliotou et al. 1996), (3) high-mass X-ray binaries such as LMC X-4 (e.g., Levine et al. 1991; Woo, Clark, & Levine 1995; Levine, Rappaport, & Zojcheski 2000; Moon & Eikenberry 2001) and SMC X-1 (Angelini, Stella, & White 1991; Moon, Eikenberry, & Wasserman 2003), and (4) the transient Be binary system EXO 2030+375 (Parmar et al. 1989b). Although they are easily identified as sudden increases of X-ray luminosity in most cases, the detailed properties of the bursts/flares differ much from source to source. For instance, whereas bursts from the high-mass system SMC X-1 have been detected only once despite extensive studies of the source, another high-mass system, LMC X-4, has been observed with large, semi-regular flaring episodes over the last two decades by various X-ray satellites. This diversity in bursts/flares suggests that many different mechanisms are responsible for the observed phenomena.

Most theoretical studies of the origin of bursts/flares from X-ray pulsars have relied on one of three of the following mechanisms: (1) accretion disk instabilities, (2) nuclear burning on the surface of the neutron star, or (3) nonuniform stellar winds from mass-donating companions. Obviously the most well known case for the accretion disk instability is the X-ray bursts from the bursting pulsar GRO J1744–28, for which a thermal viscous instability in the accretion disk has been investigated to explain the origin of the bursts (e.g., Cannizzo 1996, 1997). The X-ray bursts from GRO J1744–28 share many properties with the type II X-ray bursts from the Rapid Burster (Lewin et al. 1996) and the X-ray flares from SMC X-1 (Moon et al. 2003). On the other hand, the presence of an He-rich dwarf companion led Brown & Bildsten (1998) to suggest the possibility that \(\sim 1000\) s flares from 4U 1626–67 are caused by carbon burning under the neutron star surface. Taam, Fryxell, & Brown (1988) attributed the origin of the flares from EXO 2030+375 to an accretion disk instability caused by the inhomogeneity in the high-velocity (\(\sim 550\) km s\(^{-1}\)) winds from a Be star companion.

LMC X-4 is a persistent, disk-fed, high-mass system with a pulsational and an orbital period of \(\sim 13.5\) s and \(\sim 1.4\) days, respectively (Kelley et al. 1983). It is one of a few X-ray binaries showing a superorbital period (\(\sim 30.3\) days; Ilovaisky et al. 1984) possibly caused by a precessing, tilted accretion disk. The optical companion is a 14th magnitude O-type star of \(\sim 15\ M_\odot\) (Sanduleak & Phillip 1977). Over the last two decades, LMC X-4 has exhibited large X-ray flaring episodes, which have made it one of the most regular and representative flaring X-ray sources. During the flares, the X-ray spectrum softens considerably, and the pulse profiles become simple, sinusoidal (Levine et al. 1991, 2000).
Recently, Moon & Eikenberry (2001) reported two relatively long timescale structures in the flares: quasi-periodic oscillations of $\sim$0.65–1.35 and $\sim$2–20 mHz. They also found that the amplitudes of the flares are almost exactly modulated by those of the neutron star’s coherent pulsations (or vice versa), indicating that the flares occur near the magnetic pole of the neutron star. Although the LMC X-4 flares have been observed for many years with various X-ray satellites, no convincing mechanism has been proposed to explain the origin of the flares (e.g., Levine et al. 2000).

On the other hand, LMC X-4 flares have been known as super-Eddington phenomena: sometimes the flare X-ray luminosity reaches up to $\sim$10$^{39}$ ergs s$^{-1}$ (while its normal state luminosity is $\sim$2 $\times$ 10$^{38}$ ergs s$^{-1}$, comparable to the Eddington luminosity of the $\sim$1.4 $M_\odot$ neutron star of LMC X-4). Because the key physical parameters of LMC X-4, such as mass, distance, and magnetic field, are relatively well determined to be $1.4 \pm 0.3$ $M_\odot$ (Levine et al. 1991), 50 $\pm$ 10 kpc (e.g., Kovács 2000), and $\sim$10$^{13}$ G (La Barbera et al. 2001), respectively, the LMC X-4 flares may provide a rare example for studying super-Eddington phenomena thoroughly without assuming the key parameters. This is not the case for most super-Eddington sources as a result of relatively large uncertainties in their distances and masses. Considering the recent important controversy over the existence of the so-called intermediate-mass black holes (e.g., King et al. 2001; Begelman 2001, 2002), for which mass ($\sim$10$^{-4}$–10$^4$ $M_\odot$) is determined under the assumption that the observed X-ray luminosity is the Eddington luminosity, the investigation of the origin of the super-Eddington radiation from the LMC X-4 flares can also be useful to investigate the origin of the claimed intermediate-mass black holes.

In this paper we present by far the most extensive observations of the LMC X-4 flares made with the Rossi X-ray Timing Explorer (RXTE). We describe the RXTE observations and our data analyses in § 2; we present the results of timing and spectral analyses in § 3. We discuss the possible origin of the LMC X-4 flares, as well as their super-Eddington radiation, in § 4. We summarize our results in § 5.

2. OBSERVATIONS AND DATA ANALYSES

RXTE (Bradt, Rothschild, & Swank 1993) observed two large flaring episodes of LMC X-4 on 1996 August 19 and 1999 December 19 during its long-exposure (49 and 42 hr) observations of the source. The HEASoft package (v5.1) was used for analyzing the data from the Proportional Counter Array (PCA; Jahoda et al. 1996). The data within 30 minutes after passages through the South Atlantic Anomaly and/or with a higher (>0.1) electron ratio were ignored. Only the data obtained with three or more active Proportional Counter Units (PCUs) were used for timing analyses; only the data obtained with all five PCUs were used for spectral analyses. The photon arrival times from the Good Xenon mode were transformed to the solar system barycenter using the JPL DE400 ephemeris. The Very Large Event models of epochs 3 and 4 were used to subtract backgrounds for the data obtained in 1996 and 1999, respectively. The Standard 2 data obtained only from the top xenon layers of the PCUs 0, 1, 2, and 4 were used in spectral fits as a result of responsivity problems of PCU 3 (R. Remillard 2002, private communication). Only the spectrum in the 2.5–25 keV range was considered for the same reason, and a systematic uncertainty of 1% was assumed in spectral fits. A total of 45 data segments (24 from the 1996 observations and 21 from the 1999 ones) of $\sim$1 hr length were obtained, and flares were observed in four and six segments of the two observations.

3. RESULTS

3.1. Light Curves and Rapid Aperiodic Variability

3.1.1. Light Curves

Because no reliable ephemeris of the $\sim$30.5 day superorbital period of LMC X-4 around the two observations reported here was available, we used the RXTE All-Sky Monitor (ASM; Bradt et al. 1993) data to examine the phase of the superorbital motion. Figure 1 shows the ASM light curves around the two observations, indicating that they are likely for the high state of the source.

Figure 2 presents background-subtracted light curves of the PCA data for the 1996 (Fig. 2a) and 1999 (Fig. 2b) observations. The Modified Julian Dates (MJDs) of the start of the two light curves are 50,314.07905 and 51,531.48489, respectively. The binary orbital phase in the upper x-axis was determined by the LMC X-4 ephemeris of Levine et al. (2000). The flares are easily identified in the first four data segments of Figure 2a and six data segments of Figure 2b as significant increases in the photon count rates. Whereas the first half of the data of the 1996 observations

\[\text{Fig. 1.—RXTE ASM data of LMC X-4 around the two observations reported in this paper: (a) for the 1996 August observations; (b) for the 1999 December observations. The arrows show the start times of the two observations, and the error bars correspond to 1} \sigma \text{ uncertainties.}\]
The mean peak intensity and FWHM are 172 ± 103 counts s⁻¹ PCU⁻¹ and 68 ± 31 s, respectively. The median and mean values of the reduced χ² (=χ²/ν) of the fits are 1.6 and 3.8 ± 5.7, respectively. This indicates that while most of the flare peaks are fitted reasonably well (i.e., χ² < 2) with a Gaussian function, some significantly deviate from a Gaussian. If we exclude the six flare peaks with χ² greater than 10 (including the three aforementioned largest flare peaks that apparently show slow decays), the mean χ² decreases to 2.2 ± 1.9. The mean fluence of the flare peaks is (3.1 ± 2.9) × 10⁴⁰ ergs, with the maximum at 1.9 × 10⁴ⁱ ergs. The fluence is the integrated luminosity over the FWHM, and the luminosity was computed by spectral fits (see § 3.2). (All the errors quoted here represent 1 σ rms deviation.)

In Figure 3, the light curves FL2, FL3, and FL4 begin with a normal state, while other light curves begin with a flaring state. The mean photon count rates of the first 500 s of FL2, FL3, and FL4 are ~35, ~39, and ~40 counts s⁻¹ PCU⁻¹, respectively, similar to those of the normal state. This offers an opportunity to examine the light-curve transition from a normal state to a flaring state. In fact, the magnified views around the beginnings of the flares in FL2, FL3, and FL4 (Fig. 4) identify the existence of the rather flat precursors of the flares lasting for a few minutes just before abrupt increases in photon count rates.

In contrast with the complicated differences in the flare light curves (Fig. 3), the pulse profiles of FL1–FL10 show a remarkable similarity (Fig. 5), all having simple, sinusoidal profiles. Figure 6 compares the pulsed fraction with the peak intensity of the 10 pulse profiles in Figure 5. The pulsed fraction is proportional to the peak intensity of the pulse profile with a linear correlation coefficient of ~0.76.

### 3.1.2. Rapid Aperiodic Variability

In order to examine the possible existence of any rapid variability associated with the flares, we present 45 s light curves of FL1–FL10 with 0.0625 s resolution around the brightest peak in each light curve (Fig. 7). The light curves are modulated by ~13.5 s pulsations of the neutron star of LMC X-4 and exhibit strong narrow peaks of which intensities are significantly greater than those expected from the Poisson noise of the given light curve. The Leahy-normalized power density spectra (PDSs) of the light curves of the central 10 s segments reveal the existence of significant powers up to a few hertz, especially for the bright flares such as FL2–FL5 (Fig. 8; we only used the central 10 s segments in order to avoid the contamination by the source’s pulsations in PDSs; note that the Leahy power owing to a Poisson noise is 2; Leahy et al. 1983). We investigated this possible correlation between the existence of the significant powers in the PDSs and the flare intensity more as follows. First, we divided the FL1–FL10 light curves (Fig. 5) into segments of which lengths are equal to the pulsational period (~13.5 s) of LMC X-4 determined by Fourier transformations of the light curves. Next, we computed the Leahy-normalized PDSs of all the ~13.5 s segments, as well as their integrated intensities. The correlation between the flare intensity and the existence of the significant powers in PDSs is evident in Figure 9, where we compare the distributions of the integrated intensities with those of the significant powers (>10; in PDSs) of the ~13.5 s segments. This confirms that the rapid aperiodic variability during the flares increases along
with the flare intensity, which sometimes appears as strong narrow peaks in the light curves (Fig. 7).

3.2. Spectral Evolution of the Flares

3.2.1. Softness Ratio Distribution

We investigated the spectral evolution of the flares via the softness ratio, which we defined to be the ratio of the soft X-ray (2–8 keV) photon count rates to those of the hard X-ray (10–20 keV). Figure 10 compares the total photon count rates (integrated over the 2–25 keV range) of the flares with the softness ratios obtained with 32 s resolution, identifying a strong linear correlation between them with a linear correlation coefficient of $\sim 0.95$

However, Figure 11a, which is the same as Figure 10 but obtained with 0.0625 s resolution, shows that the strong correlation identified with 32 s resolution disappears when time resolution improves: the linear correlation coefficient decreases to $\sim 0.30$. The data points with large photon count rates (so with small Poisson noise) show more significant deviations from the linear correlation (identified with 32 s resolution) than those with small photon count rates, indicating that the deviation is not simply owing to the increased Poisson noise caused by the improved time resolution. We investigated this further via comparison of the correlations obtained from two separate groups of the data: one is the “faint group” having small total photon count rates; the other is the “bright group” having large total photon count rates. We chose the faint group as the group of data points of which total photon count rates belong to the lower 90% and the bright group as the group of which total photon count rates belong to the upper 1%. The dotted and dashed lines in Figure 11a represent the correlations obtained in the faint and bright groups, respectively. The correlations obtained in the two groups are quite distinctive:

Fig. 3.—Same as Fig. 2, but only for the data segments containing the flares with 4 s resolution. (a)–(j) are for FL1–FL10. The inserted numbers represent the time elapsed from the start of the two observations, i.e., the 1996 ones for FL1–FL4 and the 1999 ones for FL5–FL10.
while the faint group shows a positive correlation with a slope similar to that obtained with 32 s resolution (Fig. 10), the bright group does not show any apparent correlation, indicating that the strong linear correlation between the flare intensities and the softness ratios obtained with 32 s resolution does not hold for this component (i.e., the narrow, spiky peaks in Fig. 7).

In order to examine the effect of the increased Poisson noise caused by the improved time resolution in Figure 11 a more thoroughly, we used a Monte Carlo simulation by resampling each data point obtained with 32 s resolution (Fig. 10) with 0.0625 s resolution. We resampled the 32 s resolution data points using a Gaussian distribution with the standard deviation equal to the Poisson noise of 0.0625 s resolution. We performed the simulation 1000 times and present a typical result in Figure 11 b. Although the correlation coefficients of the three lines representing all the data points (solid line; ~0.20), the faint group (dotted line; ~0.09), and the bright group (dashed line; ~0.25) are much smaller than that obtained with 32 s resolution (~0.95), they

| Table 1—Continued |
|-------------------|----------------|----------------|----------------|
| Flare             | Position (s)   | Peak (counts s⁻¹ PCU⁻¹) | FWHM (s) | Fluence² (×10⁹ ergs) |
|-------------------|----------------|----------------|----------------|----------------|
| FL10............. | 3261           | 136            | 58             | 7               | 1.9            | 37             |
| FL10............. | 3600           | 135            | 67             | 11              | 1.7            | 39             |
| FL10............. | 4009           | 155            | 54             | 7               | 1.1            | 23             |
| FL10............. | 4461           | 147            | 51             | 6               | 4.6            | 24             |
| FL10............. | 4565           | 95             | 78             | 10              | 1.2            | 23             |

* Calculated at 2.5–25 keV.
show very similar slopes to that obtained with 32 s resolution and no apparent difference among them. This contrasts with the real data (Fig. 11a), demonstrating that the simulated data are unable to produce the decreases in the softness ratios of the bright group of the real data (while the correlation coefficients of the simulated data decrease as a result of the increased Poisson noise caused by the improved time resolution, 0.0625 s). Therefore, the absence of the linear correlation between the softness ratios and the total photon count rates in the bright group of the real data seems to be of statistical significance. Table 2 summarizes the correlation coefficients and slopes of the lines in Figures 10 and 11.

The systematic difference in the softness ratios of the bright and faint groups of the real data is more clearly identified in Figure 12, where we compare the binned softness ratios of the real data (solid line) in Figure 11a with those of the simulated data (dotted line) in Figure 11b. For this, we made 100 bins of the total photon count rates (each bin with \(\sim 1230\) data points) and computed the mean softness ratios in each bin. As we see in Figure 12, the softness ratios of the real data with small total photon count rates (<300 counts...
rates increase (>300 counts s\(^{-1}\)/PCU) decrease in the softness ratios as the total photon count data; however, the real data show a clear systematic was fixed to be 3 \(\times 10^{31}\) photons cm\(^{-2}\) s\(^{-1}\)/PCU.

3.2.2. Spectral Fits

In order to study the spectral evolution of the flares more thoroughly, we obtained flare spectra over 32 s intervals and fitted them to a model spectrum consisting of a power-law, a blackbody, and a Gaussian component, as well as a component for photoelectric absorption due to the intervening interstellar matter. The power-law and Gaussian components represent nonthermal magnetospheric emission and iron line emission, respectively, which is typical of X-ray pulsars (e.g., White, Swank, & Holt 1983). The blackbody component represents the thermal emission associated with the neutron star polar cap and the accretion columns during the flares. The model spectrum is given by

\[
I(E) = \exp[-\sigma(E)N_H]\times [I p E^{-\alpha} + BB(E) + G(E)] \text{photons cm}^{-2} \text{ s}^{-1} \text{ keV}^{-1},
\]

where \(E\) is the photon energy in keV; \(\sigma(E)\) and \(N_H\) are the photoelectric cross section and the hydrogen nuclei column density of the intervening matter, respectively; \(I_p\) and \(\alpha\) are the norm and the power-law index of the power-law component, respectively; \(BB(E)\) is the blackbody function of temperature \(kT\); and \(G(E)\) is the Gaussian function for the iron line emission with its center at \(E_G\). The lower limit of \(N_H\) was fixed to be \(3 \times 10^{30}\) cm\(^{-2}\) based on the previous results (Woo et al. 1995 and references therein). We obtained the mean \(\chi^2\) of 0.99 ± 0.22 with ~43 degrees of freedom (dof) from spectral fits between 2.5 and 25 keV.

Figure 13 presents the distributions of the resulting power index (\(\alpha\); Fig. 13a) and the blackbody temperature (\(kT\); Fig. 13b) along with the flux obtained from the model fits in the 2.5–25 keV range. The power index increases as the flux increases; the blackbody temperature decreases on the contrary. The possible saturation in the decrease of the blackbody temperature may be due to the lower energy limit of the fits (= 2.5 keV). Figure 13 shows that both the power-law and blackbody components soften as the flare intensity increases, which is consistent with the softness ratio distribution obtained with 32 s resolution (Fig. 10). (We tried many different model spectra, e.g., adding a high-energy cutoff to the power-law component, subtracting the Gaussian component or the blackbody component, and fixing the hydrogen nuclei column density. The fits to these trial spectra gave us a moderately reasonable \(\chi^2\) [\(<2\)]. The trends identified in Fig. 13 always existed in the spectral fits to these trial model spectra. The fits to the model spectrum of eq. [1] yielded the least \(\chi^2\).) Table 3 lists the luminosities of the precursors (Fig. 4) and the brightest flare peak of each FL1–FL10 (Fig. 3), as well as the fluence of FL1–FL10. We used a distance of 50 kpc to LMC X-4 to estimate the luminosity. Figure 14 presents a comparison between the best-fit model spectra (solid line) and the observed ones (crosses) of the brightest flare peak of each FL1–FL10. Table 4 summarizes the best-fit parameters of Figure 14.

We compared the spectrum from the normal state with that of the brightest flare peak in all FL1–FL10 (i.e., the peak at \(t \approx 1770\) s of FL4 in Fig. 3). We used three different model spectra: (1) the model spectrum given by equation (1), (2) a model spectrum consisting only of a power-law component and a Gaussian component, and (3) the same model spectrum of case 2 but with a high-energy cutoff for the power-law component. For case 3, the model spectrum is given by

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I(E) = \exp[-\sigma(E)N_H]\times [I p E^{-\alpha} + f_{\text{in}}(E) + G(E)] \text{photons cm}^{-2} \text{ s}^{-1} \text{ keV}^{-1},
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where \(f_{\text{in}}(E)\) is the Gaussian function for the iron line emission with its center at \(E_G\). The lower limit of \(N_H\) was fixed to be \(3 \times 10^{30}\) cm\(^{-2}\) based on the previous results (Woo et al. 1995 and references therein). We obtained the mean \(\chi^2\) of 0.99 ± 0.22 with ~43 degrees of freedom (dof) from spectral fits between 2.5 and 25 keV.

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I(E) = \exp[-\sigma(E)N_H]\times [I p E^{-\alpha} + f_{\text{in}}(E) + G(E)] \text{photons cm}^{-2} \text{ s}^{-1} \text{ keV}^{-1},
\]
where

\[ f_{\text{Hi}}(E) = \begin{cases} 1, & E < E_c \\ \exp\left(-\frac{E - E_c}{E_f}\right), & E \geq E_c \end{cases} \]

represents the high-energy cutoff for the power-law component. Figure 15 compares the three best-fit model spectra (solid lines) with the observed ones (crosses), and Table 5 summarizes the best-fit parameters. All the spectral fits to the three model spectra gave us acceptable \( \chi^2 \) (<2). We noted that the fitted values for the high-energy cutoff component of the normal state were very close to those previously obtained (16.1 ± 0.4 and 35.6 ± 6.7 keV; Woo et al. 1996), whereas those for the flare peak were considerably different. In order to examine the significance of this change in the high-energy cutoff component, we fit the flare peak spectrum to the model spectrum given by equation (2) with the high-energy cutoff component fixed to the values obtained from the normal state: \( E_c = 16.1 \) keV and \( E_f = 27.4 \) keV. The resulting best-fit parameters are \( N_H = (6.5 \pm 0.7) \times 10^{22} \) cm\(^{-2} \), \( \alpha = 3.3 \pm 0.2 \), and \( E_G = 5.8_{-0.6}^{+0.4} \) keV (with \( \chi^2 \approx 1.3 \)), similar to the values in Table 5. Therefore, the changes in the high-energy cutoff component between the normal state and flares do not seem to be significant. The mean luminosity of the normal state luminosity is \( \sim (1.5-2.0) \times 10^{38} \) ergs s\(^{-1} \).
4. DISCUSSION

4.1. Possible Origin of the Flares

4.1.1. Thermonuclear Burning

Levine et al. (2000) discussed the possibility of carbon burning under the neutron star surface as the origin of the LMC X-4 flares. According to their discussion, the nuclear burning scenario can roughly explain several features of the flares, including the luminosity, the daily recurrence time, the rapid rise and gradual decay, and the spectral softening. Shortcomings are an absence of any mechanism that can explain the $\frac{1}{24}$–$\frac{1}{100}$ s substructure and the lack of enough carbon material needed for powering the flares when the accreting material is mostly H-rich material (Brown & Bildsten 1998). Although it might be possible to attribute the $\frac{1}{24}$–$\frac{1}{100}$ s substructure to an accretion disk origin (Moon & Eikenberry 2001), the results of this paper are not supportive of the nuclear burning mechanism as the origin.
of the flares. First, the precursors found in this paper (Fig. 4) do not reconcile readily with the nuclear burning scenario because the higher accretion rate during the precursor on the polar cap region would suppress the thermonuclear instability (e.g., Bildsten & Brown 1997; Brown & Bildsten 1998). We note that type I X-ray bursts, which are known to be caused by nuclear flashes on the neutron star surface in low-mass X-ray binaries, have occasionally been observed with precursors of a few seconds (e.g., Lewin, Vacca, & Basinska 1984). However, the burst precursors are distinctive from the precursors of the LMC X-4 flares of this paper. The burst precursor is generally followed by a normal state of a few seconds as a result of a rapid expansion and subsequent cooling of the neutron star photosphere, which is clearly different from the LMC X-4 flares. In addition, while many Type I X-ray bursts have been observed with spectral softening during the decay, the LMC X-4 flares show the opposite phenomena: the spectrum is hardening during the decay. The very strong magnetic field strength of LMC X-4 (~10^{13} G; La Barbera et al. 2001) also makes the nuclear burning scenario less likely: no X-ray pulsars have been observed with Type I X-ray bursts except for rare accreting millisecond pulsars (e.g., SAX J1808.4–3658; in ’t Zand et al. 1998). Finally, the observed spectra of the flares are far from thermal, although the thermal spectra from a highly magnetized object may be very different from those of non-magnetized objects. Therefore, it is very difficult to explain the LMC X-4 flares in terms of the nuclear burning scenario.

4.1.2. Viscous Instability

We note that X-ray bursts/flares from the X-ray pulsars GRO J1744–28 and SMC X-1 have been explained as
results of viscous instabilities in the accretion disk (Cannizzo 1996, 1997; Li & van den Heuvel 1997; Moon et al. 2003). If the radiation pressure is comparable to the gas pressure around the inner-disk radius, the accretion disk is susceptible to a viscous instability. Under the classical $\alpha$-disk configuration (Shakura & Sunyaev 1973), this requires that the transition layer between the radiation pressure–dominated and the gas pressure–dominated regions be comparable to the inner-disk radius. In order to satisfy this condition, the magnetic moment of the neutron star is expected to be (Shapiro & Teukolsky 1983, p. 451)

$$\mu_{30} \simeq 4 \times 10^{-3} M_{17}^{11/6},$$

where $\mu_{30}$ is the magnetic moment of a neutron star in units of $10^{30}$ G cm$^3$ and $M_{17}$ is the mass accretion rate in units of $10^{17}$ g s$^{-1}$. We assumed $1.4 \ M_{\odot}$ and 10 km for the mass and radius of the neutron star, respectively, and obtained $\mu_{30} \simeq 0.3$ with $M_{17} \simeq 10$. This is significantly smaller than the value estimated from observations ($\mu_{30} \simeq 11$; La Barbera et al. 2001), indicating that the viscous instability is difficult to grow in the accretion disk around LMC X-4 with the $\alpha$-disk configuration. This also confirms that it is unlikely that radiation pressure–dominated regions can exist around highly magnetized neutron stars (i.e., X-ray pulsars).

4.1.3. Plasma Rayleigh-Taylor Instability and Stellar Winds

LMC X-4 is known to be in a spin equilibrium state (Narayan et al. 1985; Woo et al. 1995; La Barbera et al. 2001) in which the magnetospheric radius is comparable to the corotation radius of the source. In this case, it has been suggested that the plasma Rayleigh-Taylor instability (which is known as the Kruskal-Schwarzschild instability) can develop to result in X-ray bursts from the neutron star X-ray binaries (Baan 1977, 1979). According to this scenario, accreting matter can be accumulated outside the magnetosphere when the neutron star spins faster than the inner accretion disk owing to the centrifugal barrier of the magnetosphere. Once the density of the accumulating matter exceeds the critical value, the effective gravity becomes larger, driving the magnetosphere inside the corotation radius, and an abrupt increase in the accretion onto the neutron star can occur. Based on this mechanism, Apparao (1991) explained the origin of the six flares observed from EXO 2030+375. We note that the flares of EXO 2030+375 share similar properties with the LMC X-4 flares, including the $\sim3$–$4$ hr flare recurrence time, the $\sim1$–$2$ hr flare duration, the high fluences of the flares (>10$^{40}$ ergs), the very similar precursors, the rapid rise with gradual decay, and the absence of any significant spectral change (Parmar, White, & Stella 1989a; Parmar et al. 1989b).

| TABLE 5 |
|---|
| Best-Fit Parameters of the Spectral Fits |

| Parameters | $N_{\text{H}}$ ($\times 10^{22}$ cm$^{-2}$) | $kT$ (keV) | $E_{c}$ (keV) | $E_{f}$ (keV) | $E_{G}$ (keV) | Flux ($\times 10^{-9}$ ergs cm$^{-2}$ s$^{-1}$) | $\chi^2$ |
|---|---|---|---|---|---|---|---|
| Flare peak | 4.8$^{0.8}_{-1.0}$ | 3.1$^{0.1}_{-0.2}$ | 1.4$^{0.1}_{-0.1}$ | ... | ... | 6.3$^{0.2}_{-0.2}$ | 7.1 | 1.0 |
| Normal state | 4.5$^{0.5}_{-1.2}$ | 2.1$^{0.4}_{-0.7}$ | 6.0$^{0.6}_{-0.5}$ | ... | ... | 7.2$^{0.3}_{-0.3}$ | 0.71 | 1.4 |

Model 1

| Parameters | $N_{\text{H}}$ ($\times 10^{22}$ cm$^{-2}$) | $\alpha$ | $kT$ (keV) | $E_{c}$ (keV) | $E_{f}$ (keV) | $E_{G}$ (keV) | Flux ($\times 10^{-9}$ ergs cm$^{-2}$ s$^{-1}$) | $\chi^2$ |
|---|---|---|---|---|---|---|---|---|
| Flare peak | 5.7$^{0.5}_{-0.5}$ | 3.3$^{0.3}_{-0.5}$ | ... | ... | ... | 5.3$^{0.6}_{-0.6}$ | 7.2 | 1.4 |
| Normal state | 1.9$^{0.3}_{-0.5}$ | 0.98$^{0.03}_{-0.03}$ | ... | ... | ... | 7.3$^{0.5}_{-0.5}$ | 0.69 | 1.7 |

Model 2

| Parameters | $N_{\text{H}}$ ($\times 10^{22}$ cm$^{-2}$) | $\alpha$ | $kT$ (keV) | $E_{c}$ (keV) | $E_{f}$ (keV) | $E_{G}$ (keV) | Flux ($\times 10^{-9}$ ergs cm$^{-2}$ s$^{-1}$) | $\chi^2$ |
|---|---|---|---|---|---|---|---|---|
| Flare peak | 2.9$^{0.8}_{-0.5}$ | 2.0$^{0.3}_{-0.3}$ | ... | 3.6$^{1.2}_{-1.3}$ | 8.3$^{1.2}_{-1.3}$ | 5.3$^{0.4}_{-0.4}$ | 7.1 | 1.0 |
| Normal state | 0.6$^{0.3}_{-0.5}$ | 0.81$^{0.1}_{-0.3}$ | ... | 16.1$^{3.3}_{-3.3}$ | 27.4$^{3.3}_{-14.4}$ | 6.3$^{0.9}_{-0.9}$ | 0.54 | 1.5 |

Model 3

*a* See eq. (1).

*b* Same as eq. (1), but without the blackbody component.

*c* See eq. (2).
Similar to LMC X-4, $\sim 10^{13}$ G magnetic field strength is expected from EXO 2030+375 (Apparao 1991). These similar properties are suggestive that the same mechanism may be responsible for the flares from both objects.

Finally, we investigate the possibility that the LMC X-4 flares are caused by nonuniform stellar winds from the O-type companion. One noticeable result is that, based on the estimation of stellar mass-loss rate, Boroson et al. (1999) found that the gravitational capture of stellar winds could power $\sim 3 \times 10^{37}$ ergs s$^{-1}$ luminosity of LMC X-4, which is comparable to the excess luminosities of the flare precursors over the normal states (Table 3). In fact, several early-type stars have been observed with nonuniform stellar winds of $\sim 2$–$3$ hr periods (Vogt & Penrod 1983; Kudritzki & Puls 2000), which is similar to the time interval of the three consecutive flares of the LMC X-4 (FL1–FL3; Figs. 2 and 3). (The flares FL6–FL10 are also consecutive, but it is difficult to estimate flare recurrence time from these flares.) Additionally, the roughly estimated recurrence period of the flaring episode of LMC X-4 is compatible to its orbital period, $\sim 1.4$ days. Based on these, one can imagine a very speculative scenario in which the LMC X-4 flare precursors are caused by the capture of material in the nonuniform stellar winds from the companion star related to binary orbital motion, and then the precursor induces instabilities in the accretion disk (such as the plasma Rayleigh-Taylor instability) by satisfying the conditions for the instability to develop.

4.2. Softness Ratio Distributions and Inhomogeneous Polar Cap during Super-Eddington Flares

4.2.1. Softness Ratio Distributions and Inhomogeneous Polar Cap Accretion Flows

As identified by the analysis with 0.0625 s resolution, the LMC X-4 flares appear to consist of two distinctive components. The first one, which is the major component corresponding to $\sim 85\%$ of the total data, has relatively small total photon count rates ($< 300$ counts s$^{-1}$ PCU$^{-1}$); the second one, which is the minor component corresponding to the remaining $\sim 15\%$, has large total photon count rates ($> 300$ counts s$^{-1}$ PCU$^{-1}$). The softness ratio distribution of the major component is almost equal to that obtained with 32 s resolution, showing a strong linear correlation between the softness ratio and flare intensity (Figs. 10 and 12). The minor component also shows an overall proportionality between them; however, it has a distinctive feature showing a much slower increase in the softness ratio, as the flare intensity increases, than the major component (Fig. 12). The minor component often appears as very narrow, spiky peaks in the light curves (Fig. 7) and is also responsible for...
the increased rapid aperiodic variability in PDSs (Fig. 8). We shall call the major component the "broad, normal" component and the minor component the "narrow, spiky" one. With 32 s resolution, the narrow, spiky component is dominated by the broad, normal component, so that it is impossible to identify them.

Independent of the time resolution used, the LMC X-4 flare spectra become softer as the flare intensities increase (Figs. 10, 12, and 13). For the case of high-luminosity sources (>10^{38} ergs s^{-1}, for example), the accretion column is expected to be optically thick to its own X-ray radiation and to reradiate in soft X-rays (Basko & Sunyaev 1976). Because the number of reprocessings (i.e., scatterings/absorptions) of photons is expected to be proportional to the flare intensities (i.e., the accretion rates), it seems natural to attribute the origin of the broad, normal component to the increased optical depths of the accretion columns during the flares, which can explain the spectral softening along with the flare intensities. (See Basko & Sunyaev 1976 for detailed mechanisms responsible for the spectral softening. We assume here that the LMC X-4 flares are caused by the abruptly increased accretion rates possibly caused by an accretion disk instability [see § 4.1].)

This mechanism can also account for the proportionality between the softness ratios and flare intensities of the narrow, spiky component. However, it is not readily capable of explaining the much slower increase in the softness ratios as the flare intensities increase (Fig. 12), indicating that a different mechanism is responsible for it. We propose here that density inhomogeneity in the accretion columns onto the neutron star polar cap during the flares may be responsible for the observed softness ratio distributions. If the accretion column is inhomogeneous, it is possible that some photons escape it without suffering as many reprocessings as expected by the flare intensities. As indicated by the increase of the rapid aperiodic variability (Fig. 9), the inhomogeneity of the accretion columns is most likely proportional to the flare intensities, suggesting that the probability of the leakage of photons is higher for the more intense flares. In this case, the photons from more intense flares are expected to have a greater chance of leaking through the inhomogeneous accretion columns. Therefore, while the overall softness ratios are still proportional to the flare intensities, the intense flares are expected to show a slower increase in the softness ratio as the flare intensities increase, consistent with the observed softness ratio distributions (Figs. 10 and 12).

In contrast with the large scatter in the softness ratios of photons having similar total photon count rates (Fig. 11), the statistically averaged softness ratios show a well-defined systematic behavior (Fig. 12). This is also consistent with the argument given above because it is based on the probability of the leakage of photons, which can best appear as a statistical behavior. In conclusion, the narrow, spiky peaks in the light curves (Fig. 7) seem to represent the photons leaking through the inhomogeneous accretion columns; the rapid aperiodic variability proportional to the flare intensity (Figs. 8 and 9) is most likely related to the scale of the density inhomogeneity in the accretion columns.

For bright X-ray pulsars, the previous studies have shown that low-density "photon bubbles" form at the settling mound of the accretion column above a polar cap (Arons 1992) because the relatively heavy accretion column is supported against gravity by radiation. If the X-ray radiation is strong enough (\(L \geq 10^{36} \text{ ergs s}^{-1}\)), a radiative shock forms at the bottom of the accretion column (Basko & Sunyaev 1976; Wang & Frank 1981; White, Nagase, & Parmar 1995). Numerical studies (Klein et al. 1996a) have shown a variation in the number of photon bubbles if accretion continues onto the neutron star polar cap, resulting in quasi-periodic variations in the luminosity by changing the efficiency of radiation transport in the accretion column. These are known as the "photon bubble oscillations" (PBOs). Klein

Fig. 13.—Comparisons of (a) the fitted power index and (b) the blackbody temperature of the flares with the flux at 2.5–25 keV.
et al. (1996b) have found the relation, $\nu_{\text{PBO}} \propto L^{-0.617}$, between the frequency of the PBOs and luminosity in the numerical simulation for the narrow polar cap model, assuming $\theta_c = 0.1$, $B = 3 \times 10^{12}$ G, and $L = (0.07-2) \times 10^{38}$ ergs s$^{-1}$ for the polar cap radius, the neutron star magnetic field, and the luminosity, respectively. This narrow polar cap model predicts fast (>1000 Hz) PBOs. As a result of the increased photon diffusion time, Klein et al. (1996b) have also found that the frequency of PBOs decreases if the polar cap size increases. According to their results on the larger polar cap model ($\theta_c = 0.4$), 85 Hz PBOs are possible for an X-ray pulsar with $L = 3 \times 10^{37}$ ergs s$^{-1}$ and $B = 3 \times 10^{12}$ G. Because no previous study is directly applicable to the extreme conditions of the LMC X-4 flares studied in this paper ($L \approx 10^{39}$ ergs s$^{-1}$; $B \approx 10^{13}$ G), we extended the results of Klein et al. (1996b) to the LMC X-4 flares. If we use the $\nu_{\text{PBO}} \propto L^{-0.617}$ scaling law obtained from the narrow polar cap model and $\nu_{\text{PBO}} = 85$ Hz from the larger polar cap model of $L = 3 \times 10^{37}$ ergs s$^{-1}$, the expected PBO frequency of the LMC X-4 flares is $\sim 10$ Hz for $L \approx 10^{39}$ ergs s$^{-1}$, comparable to the observed frequencies of the aperiodic variabilities during the flares (Fig. 8). We need a more thorough numerical simulation directly applicable to the LMC X-4 flares to investigate the possible relations between the rapid aperiodic variability discovered in this paper and PBOs.

Fig. 14.—Comparisons between the observed spectra (crosses) and the best-fit spectra (solid lines) of the flare peaks in FL1–FL10.
4.2.2. Origin of the Super-Eddington Radiation of the Flares

The flare luminosities obtained in this paper are often well in excess of the Eddington luminosity of the 1.4 $M_\odot$ neutron star in LMC X-4, $\sim 2 \times 10^{38}$ ergs s$^{-1}$. However, the Eddington luminosity is the upper limit that a steady, isotropic, homogeneous, and fully ionized atmosphere can support, which is not the case for LMC X-4 primarily because most emission is through the neutron star polar cap. The size of the neutron star polar cap is expected to be much smaller than the total neutron star surface (i.e., $\lesssim 10\%$). Therefore, if all observed emission is through the polar cap, this indicates that sometimes LMC X-4 flare luminosities are above the Eddington limit by more than 2 orders of magnitude. However, because a significant fraction of the emission may be transported as fan beams through the sides of accretion columns above the polar cap (as a result of the increased optical depths along the direction of the magnetic field), it is not clear if the polar cap emission can really decrease the Eddington limit by such magnitude. On the other hand, the photon scattering cross section in a strongly magnetized plasma has been known to be considerably reduced along the magnetic field lines for the photons of which energy is much lower than the cyclotron energy (White et al. 1995 and references therein). According to the results of Paczynski (1992), the strong magnetic field ($\sim 10^{13}$ G) of LMC X-4 can render its X-ray luminosity up to $\sim 50$ times the Eddington limit at the neutron star surface by

Fig. 15.—Same as Fig. 14, but for (a), (c), and (e) the spectra from the brightest peak in all the flares and (b), (d), and (f) the spectra typical of the normal state. (a) and (b) are for model spectrum from eq. (1), (c) and (d) are the same as (a) and (b) but without the blackbody component, and (e) and (f) are for eq. (2).
reducing Thomson and Compton cross sections. However, this effect is expected to be substantially diminished during the LMC X-4 flares. This is because, during the flares, radiative shocks can easily form at the bottom of the accretion columns, supporting the accretion columns above the neutron star polar cap (Basko & Sunyaev 1976; Wang & Frank 1981; White et al. 1995), which would significantly decrease the effect of the magnetic field on the photon cross sections (note that the magnetic field is decaying $1/r^2$). Therefore, we regard the LMC X-4 flares as super-Eddington phenomena.

What then is the origin of the super-Eddington radiation of the LMC X-4 flares? We suggest that the inhomogeneous accretion columns during the flares, which were already proposed to explain the softness ratio distributions and rapid aperiodic variability ($\S$ 4.2.1), are also responsible for the super-Eddington radiation. Recently, some authors have proposed that a magnetized, radiation pressure–dominated atmosphere (and an accretion disk) is susceptible to a density inhomogeneity (e.g., Shaviv 1998, 2000; Begelman 2001, 2002), most likely caused by the nonlinear development of a "photon bubble instability" (Arons 1992; Gammie 1998). In this mechanism, once the matter is trapped in the magnetic field by radiation pressure, the magnetic field prevents the trapped matter from spreading sideways, maintaining the density inhomogeneity. The net flux through this inhomogeneous atmosphere can easily exceed the Eddington limit by a large factor primarily through the low-density (=low-opacity) regions (Shaviv 1998, 2000; Begelman 2001). We note that the LMC X-4 flares satisfy the conditions for the development of the density inhomogeneity in the accretion columns easily as a result of their high luminosities and the strong magnetic field of the source. In addition, because a radiative shock can readily develop above the polar cap as a result of the high luminosities of the LMC X-4 flares, the "photon bubbles" are expected to form at the bottom of the accretion columns during the flares, which can be a seed for the proposed density inhomogeneity.

4.3. Pulse Profiles

During the LMC X-4 flares, the accretion columns are expected to be highly opaque. In this case, one might expect that a significant fraction of the flare emission is transported via the fan beams in the direction perpendicular to the magnetic field as a result of the relatively smaller optical depths in this direction than the direction parallel to the magnetic field. The increased fan beams then can result in substantial gravitational bendings of the X-ray photons from the neutron star polar cap (e.g., Brainerd & Mészáros 1991), which may be responsible for the broad pulse profiles of the LMC X-4 flares. On the other hand, the simple sinusoidal, in-phase pulse profiles may indicate that pulse profiles are simply dominated by one mechanism, i.e., the flares, probably at one magnetic pole.

5. SUMMARY AND CONCLUSION

In this paper we have analyzed two extensive observations of the LMC X-4 flares made with RXTE. We summarize our main results as follows:

1. The flare light curves reveal the existence of the flat precursors preceding the flares, with the complex activity of the LMC X-4 flares.
2. The FWHM and mean fluence of the flares are $68 \pm 31$ s and $(3.1 \pm 2.9) \times 10^{40}$ ergs, respectively.
3. The pulse profiles during the flares are broad, sinusoidal, and the pulsed fractions increase with the flare intensities.
4. With 0.0625 s resolution, narrow, spiky peaks appear in the light curves, and so does the rapid aperiodic variability in PDSs. Both intensify along with the flare intensities.
5. The softness ratios and spectral fits show that the flare spectra soften as the intensities increase.
6. With 0.0625 s resolution, while the photons having count rates less than 300 counts s$^{-1}$ PCU$^{-1}$ show the softness ratio distributions almost equal to those obtained with 32 s resolution, the photons having larger photon count rates show a much slower increase in the softness ratios as the flare intensities increase.
7. The peak luminosity of the flares reaches up to $\sim 2.1 \times 10^{39}$ ergs s$^{-1}$, well above the Eddington limit for a $1.4 M_\odot$ neutron star.

We find it difficult to explain the observed properties of the LMC X-4 flares in terms of the thermonuclear instability on the neutron star surface or the viscous instability at the inner accretion disk. We consider the possibility that the plasma Rayleigh-Taylor instability in the accretion disk may be responsible for the flares. We propose that increased optical depths and density inhomogeneity in the accretion columns onto the neutron star polar cap during the LMC X-4 flares are responsible for the observed properties, including the super-Eddington luminosities of the flares. If confirmed, this is the first observational evidence for the inhomogeneous atmosphere responsible for super-Eddington radiation. The broad pulse profiles of the LMC X-4 flares may be caused by substantial gravitational bending of the flare emission transported via fan beams.

We would like to thank the anonymous referee for his or her comments, which substantially improved this paper. We also would like to thank Ron Remillard for his help on the RXTE data analyses. D.-S. M. acknowledges Akiko Shirakawa for her comments. This research has made use of data obtained from the High Energy Astrophysics Science Archive Research Center provided by NASA’s Goddard Space Flight Center. D.-S. M. is supported by NSF grant AST 99-86898, and S. S. E. is supported in part by an NSF Faculty Early Career Development award (NSF 99-83830). I. M. W. is supported by NASA grant NAG 5-8356.

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4.2.1), are also responsible for the
