Protective role of paeoniflorin from hydrogen peroxide-mediated oxidative damage in C6 glial cells

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Abstract Oxidative stress is one of the pathogenic mechanisms of various neurodegenerative diseases, such as Alzheimer’s disease. Neuroglia, the most abundant cells in the brain, is thought to play an important role in the antioxidant defense system and neuronal metabolic support against neurotoxicity and oxidative stress. We investigated the protective effect of paeoniflorin (PF) against oxidative stress in C6 glial cells. Exposure of C6 glial cells to hydrogen peroxide (H2O2, 500 μM) significantly decreased cell viability and increased amounts of lactate dehydrogenase (LDH) release, indicating H2O2-induced cellular damage. However, treatment with PF significantly attenuated H2O2-induced cell death as shown by increased cell survival and decreased LDH release. The H2O2-stimulated reactive oxygen species production was also suppressed, and it may be associated with improvement of superoxide dismutase activity by treatment with PF. In addition, an increase in ratio of Bcl-2/Bax protein expression was observed after treatment with PF. In particular, the down-stream of the apoptotic signaling pathway was inhibited in the presence of PF, mostly by phosphorylation of c-Jun N-terminal kinase and extracellular signal-regulated kinase 1/2 was attenuated by treatment with PF. Taken together, neuroprotective effect of PF against oxidative stress probably result from the regulation of apoptotic pathway in C6 glial cells. In conclusion, our findings suggest that PF may be a potent therapeutic agent for neurodegenerative disorders.

Keywords Hydrogen peroxide · Neurodegenerative diseases · Neuroglia · Oxidative stress · Paeoniflorin

Introduction

Oxidative stress-induced cell death in the brain has been implicated in physiological and pathological processes of several neurodegenerative diseases, such as Alzheimer’s disease (AD), Parkinson’s disease, and cerebral ischemia [1,2]. There has been growing evidences of oxidative stress occurring from imbalance between prooxidant production and antioxidant defense in the body. One of the major reactive oxygen species (ROS) is hydrogen peroxide (H2O2). Although H2O2 is not a free radical, it can enter the cellular membrane and produce toxic hydroxyl radical, which attacks proteins, lipid membranes, or nucleic acids, leading to cellular dysfunction and apoptosis in various types of cells [3].

Glial cells play an important role in the antioxidant defense in central nervous system (CNS) and modulation of synaptic functions [4]. According to previous report, glial cells contribute to protection of brain by up-regulation of glutathione synthesis, which acts as an antioxidant in the brain [5]. In addition, glial cells can promote the amyloid β clearance and prevent neuronal cell death in AD brain [6]. When glial cells are stimulated with oxidative stress or neurotoxic factors, it may disrupt the homeostasis of the CNS and exacerbate AD progression [7]. In this regard, protection from oxidative stress and regulation of glial cell death may be an important target in the prevention or treatment of neurodegenerative diseases. Recently, attention has been focused on natural antioxidants that can scavenge free radicals and prevent free radicals-induced apoptotic cell death.

Paeoniflorin (PF), a main monoterpane glycoside of Paeoniae Radix, has been known to have beneficial effects on the brain health. Previous studies suggested that PF attenuated behavioral and cognitive impairment in animal models [8,9]. Mao et al. [10] also demonstrated that PF protects PC12 neuronal cells against...
glutamate-induced neurotoxicity via attenuating oxidative stress.
The neuroprotective properties of PF may be related to regulation of oxidative stress and inflammatory responses in vitro and in vivo [11,12]. However, protective effect of PF in H₂O₂-induced glial cell death and the underlying mechanisms have not been studied yet. Therefore, the aim of this present study was to investigate the effect of PF on cell viability, lactate dehydrogenase (LDH) release, ROS production, and antioxidant enzyme activity in H₂O₂-treated C6 glial cells. Furthermore, the underlying mechanism of PF on glial cell death was examined.

Materials and Methods

Instruments and reagents
PF (purity >98%, MW: 480.5) was obtained from Cayman Chemical Co. (Ann Arbor, MI, USA). Prior to use, PF was freshly prepared as a stock solution in dimethyl sulfoxide (DMSO). For cell culture, Dulbecco's modified eagle's medium (DMEM), fetal bovine serum (FBS) and penicillin/streptomycin were obtained from Welgene (Daegu, Korea). The H₂O₂ was purchased from Junsei chemical Co. (Tokyo, Japan). The dichlorofluorescin diacetate (DCFH-DA) was from Sigma Chemical Co. (St Louis, MO, USA). Radio-immunoprecipitation assay (RIPA) buffer, 30% acrylamide bis solution, and protein size markers were supplied from Elpis Biotech (Daejeon, Korea).

Cell culture
C6 glial cells used in this study were obtained from KCLB (Korean Cell Line Bank, Seoul, Korea). Cells were cultured with DMEM, 10% FBS, and 1% penicillin/streptomycin in a humidified CO₂ incubator (37 °C, 5%).

3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) assay
According to our preliminary research, treatment with PF (at a range of concentration from 0.1 to 10 μg/mL) did not affect cellular conditions in C6 glial cells. However, 25 μg/mL of PF significantly decreased cell viability compared to normal group, indicating that PF has toxic effect for C6 glial cells at the concentration of 25 μg/mL. Based on this finding, we decided to further investigate the effect of PF at a concentration range of 1-10 μg/mL. At confluence, the cells were seeded at a density of 5 × 10⁵ cells/mL in 96-well plate overnight. Different concentrations of PF (1, 5, and 10 μg/mL) were treated for 4 h, and then added with H₂O₂ (500 μM) for 24 h. The supernatant (100 μL) was collected and mixed with reaction solution (100 μL). After incubation for 30 min at room temperature, the absorbance of each well was detected wavelength at 490 nm, using a microplate reader [14].

LDH release assay
The levels of LDH release were investigated by using a LDH cytotoxicity kit (Takara Bio, Shiga, Japan). In brief, C6 glial cells were seeded in 96-well plate at a density of 5 × 10⁵ cells/mL overnight. Different concentrations of PF (1, 5, and 10 μg/mL) were treated for 4 h, and then added with H₂O₂ (500 μM) for 24 h. The supernatant (100 μL) was collected and mixed with reaction solution (100 μL). After incubation for 30 min at room temperature, the absorbance of each well was detected wavelength at 490 nm, using a microplate reader [14].

DCFH-DA assay
Intracellular levels of ROS were measured using the method of DCFH-DA assay, as described by Cathcart et al. [15]. C6 glial cells were plated at density of 5 × 10⁵ cells/mL in 96-well plate overnight. The cells were pre-treated with PF (1, 5, and 10 μg/mL) for 4 h, and further incubated with H₂O₂ (500 μM) for 24 h. After that, 80 μM DCFH-DA were added and incubated at 37 °C for 30 min. The fluorescence was read with a wavelength at 480 nm excitation and a wavelength at 535 nm emission for 60 min, using a fluorescence microplate reader (BMG LABTECH, Ortenberg, Germany).

Superoxide dismutase (SOD) enzyme activity
The cells were collected by centrifugation, and the cell pellets were sonicated in cold PBS. Cell lysates was centrifugated at 10,000 × g for 15 min, and supernatant was assayed for SOD activity according to manufacturer instructions using the commercial SOD kit (Sigma Chemical Co.). The absorbance was determined at 440 nm, using a microplate reader.

Western blotting
The protein extracts from C6 glial cells for Western blot were collected by using RIPA buffer and 1× protease inhibitor cocktail. The protein concentration of whole-cell lysates were quantified using bovine serum albumin solution. Protein samples were subjected to electrophoresis in 10-13% sodium dodecyl sulfate polyacrylamide gel electrophoresis for protein separation and transferred to polyvinylidene fluoride (PVDF) membrane (Millipore, Billerica, MA, USA). For blocking, the PVDF membrane was placed in 5% skimmed milk solution for 1 h at room temperature, and incubated at 4 °C overnight with the primary antibody [cleaved caspase-9 (1:1000, #9508, Cell signaling), Beverly, MA, USA], cleaved caspase-3 (1:1000, #9661, Cell signaling), poly ADP ribose polymerase (PARP, 1:1000, #9532, Cell signaling), Bax (1:200, #sc-493, Santa Cruz Biotechnology, Santa Cruz, CA, USA), Bel-2 (1:200, #sc-492, Santa Cruz Biotechnology), phospho c-Jun N-terminal kinase (phospho JNK, 1:200, #4668, Santa Cruz Biotechnology), phospho extracellular signal-regulated kinase1/2 (phospho ERK1/2, 1:200, #4370, Santa Cruz Biotechnology), and β-actin (1:1000, #8457, Cell signaling). After incubation, the membrane was washed with TBS-T (Tris-base buffered containing...
0.1% Tween 20) and incubated with the appropriate HRP-conjugated secondary antibodies. Membranes were visualized using enhanced chemiluminescence kit (Bio-Rad, Hercules, CA, USA) and intensity of Western bands was detected by chemiluminescent imaging system (Davinci Chemi, Seoul, Korea).

**Statistical analysis**

All data in the present study were shown as mean values ± standard deviation (SD). Statistical significance was determined using one-way analysis of variance (ANOVA), followed by Duncan’s post-hoc tests for multiple comparisons using SPSS statistics software program, version 23 (IBM SPSS Statistics, Chicago, IL, USA). Statistically significance was set at $p < 0.05$.

**Results**

**Effects of PF on cell viability in H$_2$O$_2$-induced C6 glial cells**

To investigate the effect of PF on cytotoxicity in C6 glial cells induced by H$_2$O$_2$, we examined cell viability using MTT assay. As shown in Fig. 1, exposure of C6 glial cells to H$_2$O$_2$ significantly decreased the cell viability (63.71%), compared to that of normal group (100%). However, cell viability was significantly higher in cells treated with PF (5 and 10 μg/mL), showing 75.38 and 78.15%, respectively. This observation suggests that PF has protective effect from oxidative stress-induced glial cell death.

**Effects of PF on LDH release in H$_2$O$_2$-induced C6 glial cells**

To assess the effect of PF on glial cell damage, we examined the changes in LDH release induced by H$_2$O$_2$ in C6 glial cells. As presented in Fig. 2, H$_2$O$_2$ exposure significantly increased LDH release (30.40%) compared with the normal group (1.64%). However, PF inhibited H$_2$O$_2$-induced cellular damage; treatment with 10 μg/mL of PF resulted in LDH release of 25.88%. This data indicates that PF prevents C6 glial cells from oxidative stress induced by H$_2$O$_2$.

**Effects of PF on ROS production in H$_2$O$_2$-induced C6 glial cells**

To evaluate the levels of intracellular ROS in H$_2$O$_2$-induced C6 glial cells, the DCFH-DA fluorescence was assessed. Our result indicated that H$_2$O$_2$-treated control group had a significant increase in DCF fluorescence intensity when compared to that in the normal group (Fig. 3). However, the fluorescence intensity was significantly reduced in the PF-treated group. In particular, 10 μg/mL of PF group had the strongest ROS inhibitory effect among the treatment groups. Therefore, this result suggests that PF could inhibit ROS generation induced by H$_2$O$_2$ in C6 glial cells.

**Effects of PF on SOD activity in H$_2$O$_2$-induced C6 glial cells**

We measured the SOD activity to determine whether antioxidant enzyme activity was involved in the protective effect of PF against H$_2$O$_2$-induced oxidative and neurotoxic conditions. As shown in Fig. 4, our results revealed that H$_2$O$_2$ treatment reduced SOD activity by 73.76%, in comparison to normal group (100%).
Meanwhile, PF (1, 5, and 10 μg/mL) treatments led to an increase in SOD activity with over 80%. This finding supports that inhibitory effect of PF on ROS production may be associated with SOD activity in H$_2$O$_2$-treated C6 glial cells.

**Effects of PF on the levels of Bcl-2/Bax, cleaved caspase-9, -3, and cleaved PARP protein expression in H$_2$O$_2$-induced C6 glial cells**

In order to investigate the protective effect of PF on glial cell death against H$_2$O$_2$, we identified the underlying mechanisms by Western blotting. In our results, the Bcl-2/Bax ratio was significantly lower in cells treated with H$_2$O$_2$, whereas this decrease was prevented by treatments with PF (Fig. 5A). To further examine whether PF prevents cell death by the regulation of caspase cascade, we analyzed the levels of cleaved caspase-9, -3, and cleaved PARP protein expression. The expressions of cleaved caspase-9 and -3 proteins were up-regulated in cells exposed to H$_2$O$_2$, compared to non-exposed cells (Fig. 5B). However, treatment with PF (5 and 10 μg/mL) significantly reduced the cleaved caspase-9 and -3 expressions induced by H$_2$O$_2$. In particular, 10 μg/mL of PF remarkably inhibited PARP cleavage, which is consistent with the suppression of caspase-9 and -3 expressions. These results suggest that PF could protect H$_2$O$_2$-induced C6 cell death by down-regulation of apoptotic signaling pathway.

**Effects of PF on the levels of phospho JNK and phospho ERK1/2 protein expression in H$_2$O$_2$-induced C6 glial cells**

To confirm the role of PF on mitogen-activated protein kinase (MAPK) signaling pathway, the levels of phospho JNK and phospho ERK1/2 protein expression were determined by Western blotting. Our results showed that exposure of C6 glial cells to 500 μM H$_2$O$_2$ caused a significant increase in phospho JNK (Fig. 6A) and phospho ERK1/2 (Fig. 6B) protein expression, whereas the low levels of these protein expression were observed in PF-treated groups, when compared to control group. Especially, 10 μg/mL of PF significantly reduced H$_2$O$_2$-mediated JNK phosphorylation, which was similar to normal group. These findings suggest that neuroprotective effect of PF may also be due to inactivation of JNK and ERK1/2 phosphorylation induced by oxidative stress.
Fig. 5 Effect of PF on the levels of Bcl-2/Bax (A), cleaved caspase-9, -3 and cleaved PARP (B) protein expression in H$_2$O$_2$-induced C6 glial cells. The C6 glial cells were pretreated with different concentrations of PF (1, 5, 10 $\mu$g/mL) for 4 h and further incubated in the presence of 500 $\mu$M H$_2$O$_2$ for 24 h. Images of band are from a representative experiment and bars represent the mean ± SD (n=3). *Means with different letters indicate significant differences ($p$ <0.05) as determined by Duncan’s multiple range test. β-Actin was used as a loading control. ‘Normal’ group represents the non-treated cells, ‘Control’ group represents the H$_2$O$_2$-treated cells, ‘PF1’, ‘PF5’, or ‘PF10’ groups represent the three concentrations of paeoniflorin treatment (1, 5, 10 $\mu$g/mL) in H$_2$O$_2$-treated cells.
Discussion

Moderate concentrations of ROS play an important physiological role in the body. However, high levels of ROS and low levels of antioxidant enzyme activity in the brain result in oxidative damage, which is a major cause of neurodegenerative disease, such as AD [16]. In addition to oxidative stress, AD is characterized by mitochondrial dysfunction and increased sensitivity to apoptosis in the neuronal and glial cells [17]. Glial cells are the most abundant cell types in the brain, and they support and protect neurons against oxidative stress. Moreover, glial cells are responsible for maintaining the homeostasis in the brain through modulation of neurotransmission and secretion of growth factors [18]. They are also believed to play a critical role in the neuronal function mediated by mobilizing nutrients to the neurons and removing the waste materials from neurons [19]. They influence neuronal survival through regulation of free radical scavenging and production of cytokines [20], thus dysfunction of glial cells affects neuronal cell viability. Oxidative stress stimulates glial cells and induces secretion of pro-inflammatory cytokines, causing cellular dysfunction and progression of inflammatory responses [21]. Delacourte [23] also demonstrated that the changes in shape and function of glial cells results from certain gene expression and secondary reaction might be a key element in the pathogenesis of neurodegenerative disorders.

Oxygen radicals can cause cellular damage to structure and functions, which in the end can lead to cell death. Among them, H$_2$O$_2$ can enter the cells rapidly and induce the high degree of oxidative stress because of its high membrane permeability [24]. Glial cells also can be affected by H$_2$O$_2$ and undergo degeneration, resulting in apoptotic cell death [25]. In previous study, phosphatidylinositol 3 kinase/protein kinase B signaling pathway is activated by treatment with PF and plays a protective role in neural progenitor cell death induced by H$_2$O$_2$ [26]. In addition, PF treatment significantly reduced H$_2$O$_2$-mediated neuronal apoptosis and intracellular ROS accumulation by suppression of neuro-inflammation in PC12 cells [27]. However, whether PF possesses protective activity in C6 glial cells against the H$_2$O$_2$-induced cell death is not known. Taken together, we focused on the protective effect and mechanisms of PF from oxidative stress using glial cells.

Treatment of H$_2$O$_2$ has been reported to induce cytotoxicity in glial cultures, and to increase LDH release as well as ROS production, which could be blocked by using antioxidants [28,
Our results of MTT and LDH assays revealed that treatment with 500 μM H₂O₂ significantly decreased cell viability and accelerated the amounts of LDH release. However, treatment with PF (5 and 10 μg/mL) was observed to remarkably increased cell viability and decreased LDH release against H₂O₂. Li and Li [27] also reported that PF protected the neuronal cells against H₂O₂-induced oxidative injury, as shown by increasing cell viability and attenuating LDH release. These results demonstrate that PF plays a protective role in C6 glial cells against H₂O₂-induced cellular damage.

Increased ROS production following H₂O₂ treatment has already been reported to cause cellular dysfunction and reduction of antioxidant defense system in the brain [30,31]. To evaluate the levels of intracellular ROS in H₂O₂-induced C6 glial cells, the DCFH-DA fluorescence was assessed. After exposure to H₂O₂, DCFH-DA was oxidized into 2,7-dichlorofluorescein (DCF), which can be measured by fluorescence microplate reader. From our results, it is evident that H₂O₂ induces cellular damage by increasing the production of ROS, whereas treatment with PF prior to H₂O₂ exposure significantly suppressed ROS levels. Previously, PF has been shown to scavenge ROS in an extracellular environment against oxidative stress [32]. Moreover, PF has been shown radical scavenging activity, such as hydroxyl radical and peroxy radical, which was similar to the effect of major antioxidant, glutathione [33], suggesting that PF is responsible for protection from ROS-mediated cellular damage. On the basis of these evidences, PF is considered as a promising antioxidant with radical scavenging effect.

Excessive production of ROS can induce brain damage, which could be eliminated by several antioxidant enzymes. Glial cells contain high levels of antioxidant enzymes, including SOD, catalase, glutathione peroxidase (GPx). However, SOD enzyme is reduced and inactivated by oxidative stress, and deficiency of SOD activity could result in accumulation of toxic O₂⁻ radicals, leading to additional cellular damage [34]. Therefore, we hypothesized that the protective mechanism of PF on C6 glial cells against H₂O₂-induced oxidative damage may be due to its up-regulation of cellular antioxidant system, such as SOD activity, that is capable of scavenging ROS. Li et al. [35] reported that PF treatment inhibited production of free radicals by enhancement of SOD activity and reduction of malondialdehyde contents in the brain [36]. In agreement with previous result, our finding showed that treatment of the cells with PF enhanced SOD activity compared to H₂O₂-treated control group. Although further studies are required to investigate whether PF increase activity of catalase or GPx in addition to decomposition of H₂O₂, these results support that PF protected H₂O₂-induced cellular damage by regulating the activity of intracellular antioxidant enzymes in C6 glial cells.

Previous study demonstrated that glial cells undergo apoptosis after exposure to H₂O₂ [37]. In response to oxidative stress, apoptosis is regulated by Bcl-2 family proteins, which consists of the pro-apoptotic protein, Bax, and the anti-apoptotic protein, Bcl-2. The Bcl-2 protein improved mitochondrial function, leading to increased ability to withstand oxidative stress [38]. In addition, intracellular ROS levels can be decreased by Bcl-2, which is consistent with an effect of Bcl-2 on ROS clearance [39]. Conversely, Bax expression in cells increased ROS generation and oxidative damage, leading to subsequent activation of caspase-9 and -3 [40,41]. Cleavage of PARP is known to regulate the cell death responses to stimuli caspase activation [42]. Our results showed that the expression of Bcl-2 family protein was modulated by treatment with PF; the apoptosis accelerator, Bax, was down-regulated and the apoptosis suppressor, Bcl-2, was up-regulated. Furthermore, Bcl-2/Bax up-regulation by treatment of PF contributes to the suppression of caspases-9 and -3 activation as well as PARP cleavage in oxidative stress-induced apoptosis. Similar to our study, it has been also demonstrated that PF inhibited the kainic- or glutamate-induced apoptosis by up- or down-regulation of these apoptosis-associated proteins (Bcl-2, Bcl-xL, Bax, Bad, caspase-3, and -9) [43,44].

Recently, increasing evidences have suggested that MAPK family, such as JNK and ERK1/2, play crucial roles in regulation of apoptosis, inflammation, oxidative stress, and neuronal dysfunction [45,46]. The H₂O₂ can stimulate ROS production, which participates in the activation of MAPK signaling pathway in neuronal and glial cells [47,48]. To determine whether PF protects glial cell death via modulation of MAPK signaling pathway against H₂O₂-induced oxidative stress, we analyzed protein expression levels of phospho JNK and phospho ERK1/2. In our study, pretreatment with PF suppressed the H₂O₂-induced phosphorylation of JNK and ERK1/2. Previous studies also reported that PF reduced the phospho p38 protein expression levels in AD mice [49]. Furthermore, PF protects against H₂O₂-induced p38 and ERK phosphorylation in human retinal pigment epithelium cells [50], indicating that PF may partially support protective effect on glial cell death via regulation of MAPK activation.

Several in vivo studies demonstrated that orally administration of PF has neuroprotective effects. In rat models, PF administration attenuated cognitive deficits induced by scopolamine [51]. In addition, supplementation of PF significantly alleviated the neurotoxic effect through regulation of neurotransmitters and hormones in rat serum and brain [52]. According to previous studies, PF was detectable immediately in the cortex and hippocampus of rats after intravenous administration of Paeoniae Radix extract containing PF [53,54]. Moreover, PF could quickly penetrate through the blood-brain-barrier to reach the brain region and maintain a high concentration [55], supporting that PF distributes to protective effect on glial cells against oxidative stress.

In conclusion, PF increased the cell viability and decreased the LDH release as well as ROS production induced by H₂O₂ in C6 glial cells. This was further confirmed by evaluating the antioxidant enzyme activity and apoptosis-related protein expressions, which are considered to be increased to potentiate the elimination of ROS. PF could improve the activity of SOD in H₂O₂-treated C6
glial cells. Additionally, treatment with PF was involved in the up-regulation of Bel-2/Bax ratio and down-regulation of caspase-9, -3, and PARP, indicating that PF may influence the apoptotic signaling pathway via the regulation of the caspase cascade and PARP activation. The protective effect of PF on glial cell damage may, at least partially, be associated with the inhibition of H$_2$O$_2$-mediated activation of MAPK signaling pathway, as shown by down-regulation of phospho JNK and phospho ERK1/2. Although further study to clarify the neuroprotective effect and absorption of PF administration in vivo model is needed, PF has potential therapeutic value in the progression of neurodegenerative diseases.

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