Research on the Importance of Chinese Traditional Music Education in the Process of Higher Vocational Aesthetic Education Based on Computer-aided

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Abstract. With the comprehensive development of quality education in our country, Chinese traditional music education attaches more and more importance to aesthetic education. Based on computer-aided analysis, Chinese traditional music education has been greatly developed in the past two decades, but there are still many shortcomings. How to improve the role of Chinese traditional music education in aesthetic education in higher vocational colleges has become the main direction. This paper first analyses the important content and means of aesthetic education of Chinese traditional music. Then, based on computer-aided analysis, this paper analyses the important function of Chinese traditional music education to aesthetic education. Finally, this paper puts forward some suggestions for some problems.

Keywords: Chinese Traditional Music Education, Aesthetic Education, Higher Vocational, Computer-aided Analysis

1. Introduction

Aesthetic education is a science that applies aesthetic theory to educational practice to improve perfect personality. Aesthetic education can guide people to shape their souls according to the law of beauty by cultivating people's correct aesthetic view and their ability to feel, identify, appreciate, express and create beauty. Aesthetic education has many functions, such as pleasing body and mind, purifying mind, cultivating sentiment, improving thinking and developing intelligence. As far as individual development is concerned, aesthetic education is a necessary way to improve personality[1]. As far as social development is concerned, aesthetic education is the driving force to promote social spiritual civilization to a higher level. Therefore, aesthetic education is a kind of self-perfection education mode in the course of human being's transition from ignorance to civilization. As the oldest and most vital form of aesthetic education, Chinese traditional music has been playing an important role in aesthetic education. Chinese traditional music is the art of hearing. Through organized music, music will form an artistic image to express people's thoughts and feelings[2]. Aesthetic education is an art of expressing social reality. It is
an art of educating people with emotion and beauty. Chinese traditional music originated from labor, which has a wide social impact. A good Chinese traditional music works often have rich contents, profound thoughts, strong emotions and strong appeal. Traditional music can express everything we can't express in language without silence. Through direct penetration into the human mind, Chinese traditional music can act on human emotions, which has the supreme role in regulating human emotions. The beauty of sound, rhythm, melody and connotation of Chinese traditional music can clean up the dust of people's soul. By purifying the mental space, students can actively create a better life. Therefore, Chinese traditional music is an important content and means of aesthetic education.

2. Aesthetic education function of Chinese traditional music education

2.1. Cultivate sentiment and purify soul

Any art expresses human feelings. Chinese traditional music is the most emotional art, which plays an irreplaceable role in cultivating people's noble feelings and aesthetic taste. Chinese traditional music can beautify people's soul, which can stimulate people's unremitting pursuit of a better life. Chinese traditional music aesthetics is the spiritual transcendence of human practice, which is a creative and free activity. Today's college students are under heavy pressure of schoolwork and employment. They often make them busy all day. Therefore, they often have mental confusion, deviation and anxiety[3]. However, beautiful traditional Chinese music can often free people from the shackles of reality and spirit, which can be emotional release and spiritual detachment. The emotions and artistic conceptions deduced by traditional Chinese music bring endless spiritual enjoyment. The function of edifying sentiment and purifying soul of excellent Chinese traditional music works is incalculable.

2.2. Cultivating morality and shaping personality

Any ideological and moral education without emotional basis can only become empty preaching. However, as an emotional art, Chinese traditional music can lay a good emotional foundation for moral education. Chinese traditional music realizes its moral education function by means of teaching and enjoying. When Chinese traditional music realizes its function of ideological education, it does not rely on compulsory way, but on beautiful and beautiful timbre to exert a subtle influence. Ancient China attached great importance to the educational role of traditional Chinese music. Confucius believed that "changing customs and customs, not good at music", which emphasized the role of traditional Chinese music in shaping personality, building a country and rejuvenating the nation. Chinese traditional music can cultivate self-cultivation and moral character. Cai Yuanpei, a modern educator, once put forward the theory that education without traditional Chinese music is incomplete, which emphasizes the position of traditional Chinese music in national education. By affirming the role of traditional Chinese music in society and educating people, we can get its importance in the process of aesthetic education. Excellent traditional Chinese music works are the cream of human culture, which make people's souls clean and sublimate[4]. Chinese traditional music is a bridge of aesthetic education, which can give people a noble touch and resonance.

2.3. Promoting physical and mental health

Chinese traditional music education has the function of health care. Beautiful traditional Chinese music can help people adjust their psychology, relieve fatigue, cultivate their body and mind, relax their spirit
and promote their physical and mental health. The melodious Chinese traditional music can sublimate people's happy mood. College students can get great psychological satisfaction, but also can let off bad mood. Unhappy emotions can produce substances harmful to nervous, cardiovascular and other tissues in the body, which will cause various ulcers, cancer, heart disease and so on. Happy moods increase the number of healthy chemicals in the blood. The longevity of many Chinese traditional musicians is related to the happy mood. In addition, sports is an external emotional movement, which promotes the healthy development of human body and mind from different aspects with traditional Chinese music. Chinese traditional music, with its harmonious and undulating rhythm, makes people get a pleasure. It can make people's own energy release with the triggering of Chinese traditional music emotions. At the same time, Chinese traditional music can also make life more colorful.

3. Problems of Chinese traditional music education in aesthetic education

A total of 1000 questionnaires were issued, and 961 questionnaires were valid, with an effective rate of 96.1%. The specific analysis is as follows.

3.1. Understanding of aesthetic education in higher vocational colleges

Influenced by the realistic utilitarianism, universities, under the requirements of relevant policies, will cultivate talents for the society, at the same time, it will inevitably lead to the strengthening of science and technology education. The social demand mode for high-tech talents in Higher Vocational colleges. The function of science is becoming more and more important in economic production. In the socialist modernization construction, science is badly in need of the influence of realistic utilitarianism[5]. Under the requirements of relevant policies, universities must cultivate talents for the society at the same time, which will inevitably lead to the strengthening of science and technology education and the neglect of humanistic education. This shows that the society neglects humanistic education, but also shows the lack of understanding of aesthetic education, leading to the importance of aesthetic education is not recognized enough. According to the survey results, the neglect of aesthetic education and humanistic education is the main problem, accounting for 63.8% and 53.4% respectively. Details are shown in figure 1.

![Figure 1: Understanding of Aesthetic Education in Higher Vocational Colleges.](image)

3.2. The defects of talent training model
Nowadays, although the specialty of colleges and universities has been adjusted to diversification, they only emphasize professional quality and neglect other qualities. Aesthetic education is still affected by this mode and has not received due attention, which makes the aesthetic education quality of college students not high, which has a great impact on the implementation of aesthetic education. College English, computer, two courses, physical education, and even college Chinese are all compulsory courses, while Chinese traditional music courses are optional courses. Many higher vocational colleges have arbitrary teaching plans, which lack scientific syllabus and curriculum standards. Many courses are arranged by the teachers themselves. Aesthetic education can’t follow the unique laws of traditional Chinese music education, and it lacks a complete, scientific and systematic teaching plan. Therefore, there are many shortcomings in the talent training mode of Higher Vocational colleges. According to the survey results, lack of scientific teaching plan and leadership are the main problems, accounting for 70.7% and 61.8% respectively. Details are shown in figure 2.

4. Strategies of permeating aesthetic education in music education

4.1. Enriching aesthetic education

Music is a comprehensive emotional art, which reflects emotional color through language, melody and other forms. Chinese traditional music can accurately reflect human spiritual quality, ideological pursuit and emotional consciousness. By stimulating human aesthetic senses, Chinese traditional music can make people’s moods and emotions fluctuate rapidly. Therefore, the aesthetic education of music is very important for the growth of students. Chinese traditional music can not only stimulate students’ yearning for and love for music, but also make students interested in the emotion expressed by music. This combination of emotion and beauty is a necessary stage of aesthetic education. Under the influence of long-term aesthetic art, students' own emotions, qualities, personal temperament and so on will be greatly improved. By actively participating in various music activities, vocational college students can actively find beauty in life. By experiencing and feeling the beauty of life, they will create the beauty of life.

4.2. Improving the quality of teachers

Teachers' words and deeds will directly affect students' interest in music learning and their behavior. Teachers should improve their professional level. Excellent teachers should not only possess excellent music knowledge and teaching skills, but also have extensive cultural basic knowledge. Secondly, teachers should pay attention to the improvement of personal charm and self-cultivation. Only when we are aware of the influence of our words and deeds on students, can we attach importance to the ways
and means of teaching by words and deeds. Therefore, teachers will have the personality charm and personal accomplishment that students praise.

5. Conclusion

Through computer-aided analysis, it is concluded that Chinese traditional music has extraordinary charm and peculiar effect. It is indispensable spiritual food for everyone. The aesthetic education function of music education can’t be replaced by other disciplines. In quality education, art education is an important part of computer higher education, and music education is aesthetic education with music as its unique artistic form. Only by attaching importance to the aesthetic education function of traditional Chinese music education can we give full play to the aesthetic education function of music. By improving the comprehensive quality of College students, we can promote the all-round development of college students' quality.

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