Extracellular and Intracellular Mechanisms of Mechanotransduction in Three-Dimensionally Embedded Rat Chondrocytes

Suguru Shioji*, Shinji Imai, Kosei Ando, Kousuke Kumagai, Yoshitaka Matsusue
Department of Orthopedic Surgery, Shiga University of Medical Science, Otsu, Shiga, Japan

*sshioji@belle.shiga-med.ac.jp

Abstract

**Purpose:** Articular cartilage homeostasis involves modulation of chondrocyte matrix synthesis in response to mechanical stress (MS). We studied extracellular and intracellular mechanotransduction pathways mediating this response.

**Methods:** We first confirmed rapid up-regulation of the putative chondro-protective cytokine, interleukin (IL)-4, as an immediate response to MS. We then studied the role of IL-4 by investigating responses to exogenous IL-4 or a specific IL-4 inhibitor, combined with MS. Next we investigated the intracellular second messengers. Since chondrocyte phenotype alters according to the extracellular environment, we characterized the response to mechanotransduction in 3-dimensionally embedded chondrocytes.

**Results:** Expression of aggrecan and type II collagen was significantly up-regulated by exogenous IL-4 whereas MS-induced matrix synthesis was inhibited by an IL-4 blocker. Further, MS-induced matrix synthesis was completely blocked by a p38 MAPK inhibitor, while it was only partially blocked by inhibitors of other putative second messengers.

**Conclusion:** IL-4 mediates an extracellular pathway of mechanotransduction, perhaps via an autocrine/paracrine loop, while p38 mediates an intracellular pathway prevalent only in a 3-dimensional environment.

Introduction

Articular cartilage covers the ends of bones within joints, enabling them to move smoothly over one another. Chondrocytes maintain articular cartilage home-
ostasis by altering matrix synthesis in response to mechanical stress (MS). Although cell-matrix interactions are pivotal in mediating MS, the detailed mechanism regulating chondrocyte metabolism remains obscure. However, it is likely to depend on molecules such as cytokines in the immediate environment. Interleukin (IL)-1 and tumor necrosis factor-\(\alpha\) (TNF-\(\alpha\)), both pro-inflammatory cytokines, are produced during cartilage repair and up-regulate metalloproteinase expression [1], while inflammation-induced cartilage degradation is counteracted by “cartilage-protective” cytokines [2], including IL-4, IL-10, and IL-13 [3–5].

It has been shown that mechanical stress (MS) on human articular chondrocytes leads to release of IL-4 [6]. Articular chondrocytes increases aggrecan synthesis in response to mechanical stimulation, which was blocked by IL-4 antibody [7]. Normal and osteoarthritic chondrocytes have been shown to express the IL-4 receptor [7,8]. According to our review of literature, however, these studies have used monolayer-culture chondrocytes and it remains yet unclear whether IL-4 is produced by differentiated chondrocytes in vivo [9].

De-differentiated chondrocytes under pre-OA condition may not respond to a variety of changes in the cellular and extracellular environments such as mechanical stress. Exogenous application of cytokines and/or modulation of second messengers mediating MS-induced matrix synthesis may provide new opportunities for the therapeutic modality of osteoarthritis.

Since chondrocyte metabolic activity responds to the extracellular environment, we studied chondrocytes embedded in a three-dimensional (3D) collagen gel. First, cells were subjected to MS, and matrix synthesis was evaluated by reverse transcription (RT)-PCR for type II collagen (Col2) and aggrecan (AGC). We then investigated whether IL-4 can re-activate chondrocytes which have de-differentiated through monolayer proliferation, and found that IL-4 indeed up-regulated both Col2 and AGC expression. In turn, MS increased IL-4 expression, suggesting that IL-4 acts as a paracrine/autocrine signaling molecule during mechanotransduction.

Various pathways have been implicated in chondrocyte signaling following mechanical activation, including mitogen activated protein kinases (MAPKs), which are responsible for the conversion of many extracellular stimuli into specific cellular responses ranging from modulation of cell proliferation, differentiation, and apoptosis to regulation of inflammatory and stress responses [10–13]. Three major MAPK families - ERK1 and ERK2 [14–16], JNK [10,17,18], and p38 [14,19] - have been identified in mammalian cells, but their roles in chondrocyte mechanotransduction remain controversial and may reflect different extracellular environments. We characterized both extracellular and intracellular signaling cascades by which MS regulates the metabolism of 3D-embedded chondrocytes. Putative signaling pathways were blocked using specific inhibitors.
Materials and Methods

All of the experimental protocols conform to The Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (NIH Publication no. 85–23, revised 1996) and were approved by the Animal Care and Use Committee of Shiga University of Medical Science (09-162).

Isolation of chondrocytes

Chondrocytes were isolated from hip, knee, and shoulder articular cartilage of seven 5-week-old Wistar rats as previously described [20], yielding approximately $5.0 \times 10^5$ chondrocytes per rat.

3D embedded chondrocytes

The suspended cells were seeded at $1.0 \times 10^5$ cells/100 mm dish and cultured in monolayer in a humidified atmosphere of 5% CO$_2$ at 37°C, with medium changes every 3 days. Cells from each animal were cultured separately ($n=7$). Immediately after reaching confluence, the cells were trypsinized and combined with type I collagen gel to a final density of $1.0 \times 10^6$ cells/mL as described previously [20], and 0.2 mL of this mixture was placed in a chamber. These embedded cells were cultured in SF medium with L-ascorbic acid (50 µg/mL) for 24 hours, then subjected to real-time RT-PCR.

Mechanical stimulation

We previously demonstrated that 1 h of MS with 5% strain most effectively enhanced AGC and Col2 expression [20], and then, the histological analysis demonstrated that the cells mechanically-stressed for 1 h were characterized by a larger oval cell soma, suggesting the most active proteoglycan production [20]. After 24 h cultured in SF medium, 3D-embedded chondrocytes were stressed using the Cell Stretcher System NS 500 (Scholar Tech, Osaka, Japan) as previously described [20].

For RT-PCR study, 3D-embedded chondrocytes were stressed for 60 min/day whereas non-stressed (NS) cells served as controls. Mechanical loading took the form of cyclic compression, and the amplitude and frequency of compression followed previous studies, which adjusted to 5% strain [21] and 0.33 Hz [22]. Gels were loaded with a cyclic stress of 2.35 kilopascals (kPa) at peak stress (1 kPa $=1.0 \times 10^3$ N/m$^2$). Immediately after mechanical loading, chondrocytes were analyzed as described below.

Experimental protocol 1

Experimental groups were: IL-4 (–), MS (–); IL-4 (–), MS (+); IL-4 (+), MS (–); IL-4 (+), MS (+). MS was applied at 5% strain. IL-4 (Sigma, Saint Louis, MO) was added at 10 ng/mL ($n=7$). Immediately after 60 min of MS, the gel-embedded cells were removed for total RNA extraction and real-time RT-PCR.
Experimental protocol 2

The IL-4 soluble receptor (sIL-4R, R&D Systems) was used to assess the effect of IL-4 on 3D-embedded chondrocytes, while the second messenger pathways of ERK, JNK and p38 were investigated using the specific inhibitors UO126 [23–25], SP600125 [17, 18, 23], and SB203580 [26–28], respectively, prior to applying MS. Immediately after 60 min of mechanical loading, total RNA was extracted from the embedded cells for real-time RT-PCR.

RNA extraction and reverse transcription

Total RNA was extracted using the NucleoSpin RNA L kit (Macherey-Nagel, Düren, Germany) according to the manufacturer’s protocol, eluted in PCR-grade water, and stored at −80°C. RNA was reverse transcribed into single-stranded cDNA as previously described [20]; cDNA was eluted in PCR-grade water and stored at −30°C.

Quantitative real-time RT-PCR

Real-time RT-PCR was performed with the LightCycler System (Roche Diagnostics) using LightCycler FastStart DNA Master Hybridization Probes (Roche Diagnostics) following the manufacturer’s protocol. Each reaction was performed in a 20-µL mixture containing 5 µL of cDNA and 15 µL master mix. Specific primers and probes were used for aggrecan (AGC), type II collagen (Col2), and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) (Nihon Gene Laboratories Inc., Sendai Miyagi, Japan) and for IL-4 (NGRL, Miyagi, Japan).

Statistical analysis

Results are expressed as means with 95% confidence intervals (C.I.). Differences between groups were analyzed by one-factor analysis of variance (ANOVA) with Bonferroni/Dunn post hoc tests. Differences between means were considered statistically significant at P-values <0.05.

Results

Effects of mechanical loading on 3D-embedded chondrocytes

Expression of AGC and Col2 was measured at 1, 7, 13 and 25 h after the start of optimal MS application. Expression of AGC was significantly enhanced at 1 h (Fig. 1A), but was then rapidly down-regulated and remained low during the studied period (Fig. 1A). Thus, MS activated AGC expression in 3D-embedded chondrocytes, but this activation terminated once the stimulus was removed. In turn, Col2 expression underwent bimodal down-regulation following the initial up-regulation at 1 h (Fig. 1B). The detailed mechanistic links involved in MS-induced matrix synthesis were then studied.
Effects of IL-4 on 3D-embedded chondrocytes

To study the role of IL-4 in regulation of the matrix synthesis, we added IL-4 to 3D-embedded chondrocytes without applying mechanical stress. AGC and Col2 expression was measured at 1, 7, 13 and 25 h after addition of IL-4 (10 ng/mL). IL-4 significantly enhanced expression of AGC, which peaked at 7 h (Fig. 2A), returning to control levels by 25 h (Fig. 2A). For Col2, expression was increased 5- to 6-folds, which peaked at 1 h (Fig. 2B), whereas AGC enhancement remained below 2-fold (Fig. 2A).

Figure 1. Mechanical stress-induced up-regulation of aggrecan and type II collagen. Effects of MS (60 min/day) on relative expression of (A) aggrecan (AGC), and (B) type II collagen (Col2) by chondrocytes in a 3D matrix were assessed at 1, 7, 13, and 25 h by real-time RT-PCR. Results are expressed as mean (95% C.I.), n=7. Means were compared by one-factor ANOVA. \*P<0.05 versus NS.

doi:10.1371/journal.pone.0114327.g001

Effects of IL-4 on 3D-embedded chondrocytes

To study the role of IL-4 in regulation of the matrix synthesis, we added IL-4 to 3D-embedded chondrocytes without applying mechanical stress. AGC and Col2 expression was measured at 1, 7, 13 and 25 h after addition of IL-4 (10 ng/mL). IL-4 significantly enhanced expression of AGC, which peaked at 7 h (Fig. 2A), returning to control levels by 25 h (Fig. 2A). For Col2, expression was increased 5- to 6-folds, which peaked at 1 h (Fig. 2B), whereas AGC enhancement remained below 2-fold (Fig. 2A).

IL-4 expression by 3D-embedded chondrocytes

IL-4 has been shown to be present in monolayer chondrocytes [6,7,9]. On the other hand, Rai et al. revealed that utilized IL-4 in a 3D cartilage model in the previous study [29]. They transfected dog chondrocytes with IL-4 and showed that IL-4 down-regulated messenger RNA of IL-1 beta and others under simulated inflammatory condition, but they did not report endogenous expression of IL-4 by 3D-embedded chondrocytes. So, we concluded that there have been no previous studies demonstrating that MS enhances expression IL-4 using 3D-embedded chondrocytes. To test whether MS-induced matrix synthesis requires IL-4 in the 3D environment, we studied IL-4 expression in mechanically-stimulated chondrocytes using real-time RT-PCR. In agreement with our hypothesis, the 3D-embedded chondrocytes up-regulated IL-4 expression after dynamic compression. Expression was almost entirely limited to the first 7 h, being barely detectable at 13 and 25 h (Fig. 3).
Effects of IL-4 inhibitors on 3D-embedded chondrocytes under mechanical stress

Conditioned medium from mechanically-stimulated chondrocytes affects the membrane potential of naïve chondrocytes via IL-4 [6], while we found that mechanically stimulated 3D-embedded chondrocytes up-regulate IL-4 expression. To test whether IL-4 is involved in mechanotransduction we used the IL-4 soluble receptor (sIL-4R) to block putative effects of an IL-4 loop (Fig. 4A). One hour after applying MS, sIL-4R was added to the medium at various concentrations ranging from 1 ng/mL to 1000 ng/mL. Because enhancement of IL-4 requires 7 h
Figure 4. Inhibition of mechanical stress-induced up-regulation of aggrecan and type II collagen by adding soluble IL-4 receptor.

(A) Schematic diagram showing putative mechanotransduction pathways in 3D-embedded chondrocytes following mechanical stimulation. (B) Effect of IL-4 inhibitors on 3D-embedded chondrocytes during mechanical loading. Dynamic compressive loading (60 min/day) was applied in combination with soluble IL-4 receptor (sIL-4R) at a range of concentrations (1, 10, 100, and 1000 ng/mL). (C) Effect of soluble IL-4 receptor (sIL-4R) on type II collagen (Col2) gene expression. All data are shown as mean (relative to GAPDH, 95% C.I.). n=7. *P<0.05 versus NS by one-factor ANOVA.
AGC and Col2 mRNA were measured at 7 h after the initial application of MS.

MS-induced enhancement of AGC mRNA was not affected by sIL-4R at any concentrations but at the highest concentration of 1000 ng/mL sIL-4R (Fig. 4B). MS-induced enhancement of Col2 mRNA was similarly inhibited (Fig. 4C), supporting the existence of a paracrine/autocrine IL-4 signaling loop (Fig. 4A).

Effects of MAPK inhibitors on MS-induced chondrocyte activation

MS-induced activation of matrix synthesis is thought to occur via second messenger cascades (Fig. 4A). Various pathways including mitogen activated protein kinase (MAPK) pathways have been implicated in this signaling process [10–13] but it is unclear which plays the major role. To investigate this, the extracellular-regulated kinase (ERK1/2) pathway was first blocked with UO126, a specific inhibitor of ERK1/2 [23–25], in the 3D-embedded chondrocytes. UO126 clearly inhibited the MS-induced up-regulation of AGC expression (Fig. 5A), but it did not interfere with the MS-induced activation of Col2 (Fig. 5B), suggesting that Col2 activation is independent of ERK1/2-dependent signaling in this system.

Next, the c-Jun N-terminal kinase (JNK) pathway was blocked using the specific inhibitor SP600125 [17, 18, 23], which clearly inhibited MS-induced activation of AGC expression (Fig. 5C) but did not interfere with the MS-induced enhancement of Col2 (Fig. 5D). It suggests that Col2 activation is also independent of the JNK-dependent signaling pathway in 3D-embedded chondrocytes.

Since inhibition of both the ERK1/2 pathway and the JNK pathway interfered with the MS-induced activation of AGC expression, both pathways were assumed to participate in the AGC response to MS, but were unlikely to mediate the Col2 response. To identify the pathway implicated in MS-induced activation of Col2, the p38 MAPK pathway was blocked by using the specific inhibitor SB203580 [26–28], which significantly inhibited MS-induced activation of both AGC and Col2 genes (Fig. 6A, B). All of the MAPK inhibitors were added prior to MS and total RNA was extracted immediately after MS. One should remember that up-regulation of IL-4 requires 7 h after MS (Fig. 3). Therefore, these findings suggest that the p38 MAPK signaling pathway mediates the MS-induced activation of ECM synthesis, but not the downstream IL-4 effects.

Discussion

Chondrocytes alter their metabolic activities according to their mechanical environment. Cellular responses to MS in vitro in monolayer cultures have been studied using methods including compressive strain, tensile strain and hydrostatic pressure. However, this cellular environment differs from that in vivo, and it has been classically known that monolayer-cultured chondrocytes de-differentiate and decrease matrix synthesis [30–32].
In contrast, primary chondrocyte culture embedded in collagen gel could proliferate, synthesize the ECM molecules and maintain the chondrocyte phenotype for up to 4 weeks [33]. Some used different scaffolds such as alginate [34] or agarose [35] and demonstrated various effects on phenotype-preservation of chondrocytes. Others used type I collagen as scaffold for 3D culture of chondrocytes and had demonstrated its phenotype-preserving property [36–37]. Atelocollagen (Koken, Tokyo, Japan) is a type I collagen construct used in these previous studies [36–37] as well as in the present and our previous study [20].

In our previous study [20], we applied a cyclic compression with its amplitude and frequency adjusted to 5% strain [21] and 0.33 Hz [22] to result in most effective enhancement of AGC and Col2 expression [20]. Because elasticity of different 3D construct may result in altered strain of cells, the present study used Atelocollagen and followed the compression protocol adjusted in the previous study [20].

![Figure 5. Effects of MAPK inhibitors on aggrecan and type II collagen expression during mechanical loading.](image-url)

(A) Effect of the ERK pathway inhibitor UO126 (25 μM) on AGC expression. (B) Effect of UO126 on Col2 expression. (C) Effect of the JNK inhibitor SP600125 on AGC expression at different concentrations (10, 20 μM). (D) Effect of SP600125 on Col2 expression. All data are shown as relative means (95% C.I.), n=7. * P<0.05 versus NS, ** P<0.05 versus MS by one-factor ANOVA.

doi:10.1371/journal.pone.0114327.g005
We analyzed matrix synthesis in chondrocytes 3D-embedded in a collagen matrix by evaluating expression of the chondrocyte-specific markers Col2 and AGC. As expected, the 3D-embedded chondrocytes increased matrix synthesis in response to MS.

For the first time, we demonstrate that 3D-embedded chondrocytes up-regulate IL-4 expression under MS (Fig. 3). Moreover, in accordance with our hypothesis, synthesis of the matrix components Col2 and AGC by 3D-embedded chondrocytes was significantly enhanced by IL-4 (Fig. 2A, B). These observations further suggest that chondrocytes may share information on their mechanical environment via an autocrine/paracrine loop involving IL-4 (Fig. 4A). Application of IL-4 to unstressed chondrocytes might therefore exert “cartilage-protective” effects by replicating the response to MS.

It has been shown that STAT signaling is implicated with IL-4 activation [9]. However, mechanical stress results in AGC and Col2 up-regulation in 1 h, while IL-4 up-regulation requires 7 h. We assume that MS does not act only through IL-4, but it does lead to paracrine communication among chondrocytes by IL-4 in parallel (Fig. 4A). Thus, we further studied second messengers related chondrogenesis and matrix synthesis. Previous studies have suggested important roles for the ERK, JNK and p38 MAP kinases in chondrogenesis in response to MS. However, the effects of MS on activation of ERK, one of the second messengers of the MAPK pathways, have been reported in several types of cells [11, 38] but both positive and negative roles have been reported in chondrocytes [24, 25]. Likewise, controversial reports have been published on the JNK-dependent increase in proteoglycan synthesis in response to cyclical mechanical strain [18, 39]. Many of the previous studies were conducted using chondrocytes cultured in monolayer. It is well-known that chondrocytes de-differentiate in the monolayer environment [31–33]. The controversial results concerning second
messengers pertinent to mechanotransduction could therefore be attributed to the various degrees of chondrocyte de-differentiation in monolayer culture.

In the present report, we demonstrate that application of a p38 inhibitor to 3D-embedded chondrocytes significantly inhibits MS-induced activation of both AGC and Col2 genes, suggesting that the p38 MAPK signaling pathway plays an important role in MS-induced activation of 3D-embedded chondrocytes.

It has been shown that de-differentiation of chondrocytes due to a pre-OA condition may result in an inability to respond to changes in the cellular environment, including MS. Future studies on normalization or enhancement of cellular responses, e.g., gene transduction of IL-4, may provide new opportunities for the therapeutic modality of osteoarthritis.

Acknowledgments
We express special thanks to Mrs. Yoko Uratani for skillful technical assistance.

Author Contributions
Conceived and designed the experiments: SS SI KA YM. Performed the experiments: SS SI KA KK. Analyzed the data: SS SI KA KK. Contributed reagents/materials/analysis tools: SS SI KA KK. Wrote the paper: SS SI. YU for skillful technical assistance.

References
1. Fernandes JC, Martel-Pelletier J, Pelletier JP (2002) The role of cytokines in osteoarthritis pathophysiology. Biorheology 39: 237–246.

2. Lubberts E, Joosten LA, van Den Bersselaar L, Helsen MM, Bakker AC, et al. (1999) Adenoviral vector-mediated overexpression of IL-4 in the knee joint of mice with collagen-induced arthritis prevents cartilage destruction. J Immunol 163: 4546–4556.

3. Joosten LA, Lubberts E, Durez P, Helsen MM, Jacobs MJ, et al. (1997) Role of interleukin-4 and interleukin-10 in murine collagen-induced arthritis. Protective effect of interleukin-4 and interleukin-10 treatment on cartilage destruction. Arthritis Rheum 40: 249–260.

4. Jorgensen C, Apparailly F, Couret I, Canovas F, Jacquet C, et al. (1998) Interleukin-4 and interleukin-10 are chondroprotective and decrease mononuclear cell recruitment in human rheumatoid synovium in vivo. Immunology 93: 518–523.

5. Cleaver CS, Rowan AD, Cawston TE (2001) Interleukin 13 blocks the release of collagen from bovine nasal cartilage treated with proinflammatory cytokines. Ann Rheum Dis 60: 150–157.

6. Millward-Sadler SJ, Wright MO, Lee H, Nishida K, Caldwell H, et al. (1999) Integrin-regulated secretion of interleukin 4: A novel pathway of mechanotransduction in human articular chondrocytes. J Cell Biol 145: 183–189.

7. Millward-Sadler SJ, Wright MO, Davies LW, Nuki G, Salter DM (2000) Mechanotransduction via integrins and interleukin-4 results in altered aggrecan and matrix metalloproteinase 3 gene expression in normal, but not osteoarthritic, human articular chondrocytes. Arthritis Rheum 43: 2091–2099.

8. Salter DM, Millward-Sadler SJ, Nuki G, Wright MO (2001) Integrin-interleukin-4 mechanotransduction pathways in human chondrocytes. Clin Orthop Relat Res: S49–60.
9. Millward-Sadler SJ, Khan NS, Bracher MG, Wright MO, Salter DM (2006) Roles for the interleukin-4 receptor and associated JAK/STAT proteins in human articular chondrocyte mechanotransduction. Osteoarthritis Cartilage 14: 991–1001.

10. Fanning PJ, Emkey G, Smith RJ, Grodzinsky AJ, Szasz N, et al. (2003) Mechanical regulation of mitogen-activated protein kinase signaling in articular cartilage. J Biol Chem 278: 50940–50948.

11. Fitzgerald JB, Jin M, Chai DH, Siparsky P, Fanning P, et al. (2008) Shear- and compression-induced chondrocyte transcription requires MAPK activation in cartilage explants. J Biol Chem 283: 6735–6743.

12. Saito T, Nishida K, Furumatsu T, Yoshida, Ozawa M, et al. (2013) Histone deacetylase inhibitors suppress mechanical stress-induced expression of RUNX-2 and ADAMTS-5 through the inhibition of the MAPK signaling pathway in cultured human chondrocytes. Osteoarthritis Cartilage 21: 165–74.

13. Kong D, Zheng T, Zhang M, Wang D, Du S, et al. (2013) Static mechanical stress induces apoptosis in rat endplate chondrocytes through MAPK and mitochondria-dependent caspase activation signaling pathways. PLoS One 8: e69403.

14. Kim SJ, Ju JW, Oh CD, Yoon YM, Song WK, et al. (2002) ERK-1/2 and p38 kinase oppositely regulate nitric oxide-induced apoptosis of chondrocytes in association with p53, caspase-3, and differentiation status. J Biol Chem 277: 1332–1339.

15. Vincent TL, Hermansson MA, Hansen UN, Amis AA, Saklatvala J (2004) Basic fibroblast growth factor mediates transduction of mechanical signals when articular cartilage is loaded. Arthritis Rheum 50: 526–533.

16. Bobick BE, Kulyk WM (2006) MEK-ERK signaling plays diverse roles in the regulation of facial chondrogenesis. Exp Cell Res 312: 1079–1092.

17. Ip YT, Davis RJ (1998) Signal transduction by the c-Jun N-terminal kinase (JNK)—from inflammation to development. Curr Opin Cell Biol 10: 205–219.

18. Zhou Y, Millward-Sadler S, Lin H, Robinson H, Goldring M, et al. (2007) Evidence for JNK-dependent up-regulation of proteoglycan synthesis and for activation of JNK1 following cyclical mechanical stimulation in a human chondrocyte culture model. Osteoarthritis Cartilage 15: 884–893.

19. Namdari S, Wei L, Moore D, Chen Q (2008) Reduced limb length and worsened osteoarthritis in adult mice after genetic inhibition of p38 MAP kinase activity in cartilage. Arthritis Rheum 58: 3520–3529.

20. Ando K, Imai S, Isoya E, Kubo M, Mimura T, et al. (2009) Effect of dynamic compressive loading and its combination with a growth factor on the chondrocytic phenotype of 3-dimensional scaffold-embedded chondrocytes. Acta Orthop 80: 724–733.

21. Eckstein F, Tieschky M, Faber S, Englmeier KH, Reiser M (1999) Functional analysis of articular cartilage deformation, recovery, and fluid flow following dynamic exercise in vivo. Anat Embryol 200: 419–424.

22. Korver TH, van de Stadt RJ, Kiljan E, van Kampen GP, van der Korst JL (1992) Effects of loading on the synthesis of proteoglycans in different layers of anatomically intact articular cartilage in vitro. J Rheumatol 19: 905–912.

23. Liacini A, Sylvester J, Li WQ, Huang W, Dehnade F, et al. (2003) Induction of matrix metalloproteinase-13 gene expression by TNF-alpha is mediated by MAP kinases, AP-1, and NF-kappaB transcription factors in articular chondrocytes. Exp Cell Res 288: 208–217.

24. Murakami S, Kan M, McKeegan WL, de Crombrugghe B (2000) Up-regulation of the chondrogenic Sox9 gene by fibroblast growth factors is mediated by the mitogen-activated protein kinase pathway. Proc Natl Acad Sci U S A 97: 1113–1118.

25. Watanabe H, de Caestecker MP, Yamada Y (2001) Transcriptional cross-talk between Smad, ERK1/2, and p38 mitogen-activated protein kinase pathways regulates transforming growth factor-beta-induced aggrecan gene expression in chondrogenic ATDC5 cells. J Biol Chem 276: 14466–14473.

26. Ridley SH, Sarsfield SJ, Lee JC, Bigg HF, Cawston TE, et al. (1997) Actions of IL-1 are selectively controlled by p38 mitogen-activated protein kinase: regulation of prostaglandin H synthase-2, metalloproteinases, and IL-6 at different levels. J Immunol 158: 3165–3173.

27. Badger AM, Cook MN, Lark MW, Newman-Tarr TM, Swift BA, et al. (1998) SB 203580 inhibits p38 mitogen-activated protein kinase, nitric oxide production, and inducible nitric oxide synthase in bovine cartilage-derived chondrocytes. J Immunol 161: 467–473.
28. Mengshol JA, Vincenti MP, Coon CI, Barchowsky A, Brinckerhoff CE (2000) Interleukin-1 induction of collagenase 3 (matrix metalloproteinase 13) gene expression in chondrocytes requires p38, c-Jun N-terminal kinase, and nuclear factor kappaB: differential regulation of collagenase 1 and collagenase 3. Arthritis Rheum 43: 801–811.

29. Rai MF, Graeve T, Twardziok S, Schmidt MF (2011) Evidence for regulated interleukin-4 expression in chondrocyte-scaffolds under in vitro inflammatory conditions. PLoS One 6: e25749.

30. Holtzer H, Abbott J, Lash J, Holtzer S (1960) The Loss of phenotypic traits by differentiated cells in vitro. I. Dedifferentiation of cartilage cells. Proc Natl Acad Sci U S A 46: 1533–1542.

31. von der Mark K, Gauss V, von der Mark H, Müller P (1977) Relationship between cell shape and type of collagen synthesized as chondrocytes lose their cartilage phenotype in culture. Nature 267: 531–532.

32. Benya PD, Padilla SR, Nimni ME (1978) Independent regulation of collagen types by chondrocytes during the loss of differentiated function in culture. Cell 15: 1313–1321.

33. Chaipinyo K, Oakes BW, Van Damme MP (2004) The use of debrided human articular cartilage for autologous chondrocyte implantation: maintenance of chondrocyte differentiation and proliferation in type I collagen gels. J Orthop Res 22: 446–455.

34. Caron MM, Emans PJ, Coolsen MM, Voss L, Surtel DA, et al. (2012) Redifferentiation of dedifferentiated human articular chondrocytes: comparison of 2D and 3D cultures. Osteoarthritis Cartilage 20: 1170–1178.

35. Chai DH, Arner EC, Griggs DW, Grodzinsky AJ (2010) Alphav and beta1 integrins regulate dynamic compression-induced proteoglycan synthesis in 3D gel culture by distinct complementary pathways. Osteoarthritis Cartilage 18: 249–256.

36. Uchio Y, Ochi M, Matsusaki M, Kurioka H, Katsube K (2000) Human chondrocyte proliferation and matrix synthesis cultured in Atelocollagen gel. J Biomed Mater Res 50: 138–143.

37. Ochi M, Uchio Y, Tobita M, Kuriwaka M (2001) Current concepts in tissue engineering technique for repair of cartilage defect. Artif Organs 25: 172–179.

38. Zhang W, Liu HT (2002) MAPK signal pathways in the regulation of cell proliferation in the mammalian cells. Cell Res 12: 9–18.

39. Nakamura K, Shirai T, Morishita S, Uchida S, Saeki-Miura K, et al. (1999) p38 mitogen-activated protein kinase functionally contributes to chondrogenesis induced by growth/differentiation factor-5 in ATDC5 cells. Exp cell Res 250: 351–364.