Trichloroethylene Exposure during Cardiac Valvuloseptal Morphogenesis Alters Cushion Formation and Cardiac Hemodynamics in the Avian Embryo

Victoria J. Drake,1 Stacy L. Koprowski,2 John Lough,2 Norman Hu,3,4 and Susan M. Smith1

1Department of Nutritional Sciences, University of Wisconsin–Madison, Madison, Wisconsin, USA; 2Department of Cell Biology, Neurobiology, and Anatomy, Medical College of Wisconsin, Milwaukee, Wisconsin, USA; 3Department of Pediatrics, University of Utah, Salt Lake City, Utah, USA; 4Primary Children’s Medical Center, Salt Lake City, Utah, USA

It is controversial whether trichloroethylene (TCE) is a cardiac teratogen. We exposed chick embryos to 0, 0.4, 8, or 400 ppb TCE/egg during the period of cardiac valvuloseptal morphogenesis (2–3.3 days’ incubation). Embryo survival, valvuloseptal cellularity, and cardiac hemodynamics were evaluated at times thereafter. TCE at 8 and 400 ppb/egg reduced embryo survival to day 6.25 incubation by 40–50%. At day 4.25, increased proliferation and hypercellularity were observed within the atrioventricular and outflow tract primordia after 8 and 400 ppb TCE. Doppler ultrasound revealed that the dorsal aortic and atrioventricular blood flows were reduced by 23% and 30%, respectively, after exposure to 8 ppb TCE. Equimolar trichloroacetic acid (TCA) was more potent than TCE with respect to increasing mortality and causing valvuloseptal hypercellularity. These results independently confirm that TCE disrupts cardiac development of the chick embryo and identifies valvuloseptal development as a period of sensitivity. The hypercellular valvuloseptal profile is consistent with valvuloseptal heart defects associated with TCE exposure. This is the first report that TCA is a cardioteratogen for the chick and the first report that TCE exposure depresses cardiac function. Valvuloseptal hypercellularity may narrow the cardiac orifices, which reduces blood flow through the heart, thereby compromising cardiac output and contributing to increased mortality. The altered valvuloseptal formation and reduced hemodynamics seen here are consistent with such an outcome. Notably, these effects were observed at a TCE exposure (8 ppb) that is only slightly higher than the U.S. Environmental Protection Agency maximum contaminant level for drinking water (5 ppb). Key words: cardiac cushions, chick embryo, Doppler ultrasound, heart development, proliferation, trichloroethylene.

Materials and Methods

Animals. All studies used fertile white leghorn chicken eggs, Babcock strain (University of Wisconsin–Madison) except that the cardiovascular function studies, performed at the University of Utah, used fertile white leghorn eggs, Bovan strain (Utah State University, Logan, UT). We found no differences in the TCE responses of these strains (Drake VJ, Koprowski S L, Smith SM, Lough J, unpublished data). Eggs were incubated at 37.5°C.

Address correspondence to S. Smith, Department of Nutritional Sciences, University of Wisconsin–Madison, 1415 Linden Dr., Madison, WI 53706 USA. Telephone: (608) 263-4316. Fax: (608) 262-5860. E-mail: sussmith@nutrisci.wisc.edu

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Care was taken to exclude myocytes and endocardioocytes. Two sections per cushion comprising approximately 300 OFT or AVC cells per section were counted.

**Cellularity and proliferation assessment.** BrdU (50 μL of 10 mM stock) was directly applied to HH24 embryos *in ovo*; 4 hr later, embryos were fixed, and incorporated BrdU was detected as previously described (Wendler et al. 2003). Sections through the OFT and AVC cushions were prepared as described above for the apoptosis studies. We determined the percentage of proliferating cushion mesenchymal cells for each embryo by counting the number of BrdU-labeled and PI-labeled cells in two sections each through the OFT (> 200 cells/section) and the AVC (> 300 cells/section) cushions. All counts were made at the same position within each heart, at the level of the atrial septum for the OFT and at the level of the incipient superior–inferior cushion fusion for the AVC. We excluded myocytes and endocardioocytes. To ascertain the overall cushion cellularity, PI-labeled cells were counted in these two sections and in two additional, adjacent cranial and caudal sections (total of six sections per heart region), with a mean total of approximately 1,300 OFT cells and approximately 1,700 AVC cells per embryo.

**Hemodynamic assessment.** Cardiovascular effects of TCE exposure were assessed at HH24 using established methodology (Clark et al. 1986; Hu and Clark 1989). In brief, the egg was positioned blunt end up on a microscope stage. The shell and overlying membranes were removed to expose the embryo. Dorsal aortic and atrioventricular blood velocities were measured with a 20-MHz pulsed-Doppler velocity meter (model 545C-3; Department of Bioengineering, University of Iowa, Iowa City, IA). Dorsal aortic blood velocity was obtained by positioning a 0.75-mm piezoelectric crystal at a 45° angle above the dorsal aorta adjacent to the sinus venous. Atrioventricular blood velocity was recorded by positioning the crystal at the apex of the ventricle, pointing toward the atrioventricular orifice. Analog waveforms were sampled digitally at 500 Hz via an analog-to-digital board (AT-MIO16; National Instruments, Austin, TX) and viewed with custom analysis software (Labview; National Instruments).

Data were analyzed over five consecutive cardiac cycles for each embryo, and heart rate (beats per min) was determined from the

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**Figure 1.** TCE treatment protocol. TCE was administered four times during cardiac cushion formation, at stages HH13, HH15, HH17, and HH20. Embryos were assessed at HH24 or HH30.

**Table 1.** TCE exposure per egg and the conversion factors.

| Amount per injection (μmol) | Total amount of TCE injected per egg | Concentration (nM) |
|----------------------------|--------------------------------------|-------------------|
| > 4 injections              | ppm/egg                              | nmol/egg          |
| 0.1 ppm or 0.05 nmol        | 0.4                                  | 0.2               |
| 2 ppm or 1 nmol             | 8.0                                  | 4.0               |
| 100 ppm or 50 nmol          | 400                                 | 200               | 3,000          |

*AAssumes a mean egg volume of 66.7 mL.*

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**Figure 2.** Effects of TCE on chick embryo survival at (A) HH24 and (B) HH30. Values shown are mean percent survival (± SE) for embryos exposed to TCE during cardiac cushion formation. Each panel represents the mean of five experiments; numbers within bars indicate the total number of embryos.

*Significantly different from 0 nmol treatment (p < 0.01); p-values are given above bars.

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and 70% relative humidity. Embryos were staged using established criteria (Hamburger and Hamilton 1951). Embryos did not develop past day 6.25 and did not experience pain or suffering.

**Materials.** TCE, TCOH, or TCA (all from Sigma-Aldrich, St. Louis, MO) was dissolved in prewarmed (50°C) phosphate-buffered saline (PBS) to give a 1 mM stock concentration. These stock solutions were subsequently diluted in prewarmed PBS and their pH adjusted to 7.4. Solutions were prepared fresh immediately before each experiment.

**Embryonic TCE exposure.** We used an established protocol of *in ovo* teratogen administration in which the teratogen is directly injected into the center of the yolk via a hole at the egg’s blunt end. This method does not cause developmental anomalies in control embryos (Drake et al. 2006). We used a repeated-exposures protocol to simulate the repeated, modest TCE exposures that a human embryo might experience. Embryos received a total of four injections of TCE or carrier solvent PBS at Hamburger and Hamilton (HH) stages HH13, HH15, HH17, and HH20 (2–3.3 days of incubation; Figure 1). These treatment times spanned the major events of cardiac cushion formation, from cushion induction through mesenchyme transformation and migration. We tested three TCE doses that bracket the U.S. EPA MCL: 0.4 ppb, 8 ppb, and 400 ppb (Table 1). Each dose was divided into four 50 μL exposures: 0.1 ppb or 0.05 nmol, 0.4 ppb or 1 nmol, 8 ppb or 4 nmol, and 400 ppb or 200 nmol total. Some embryos instead received TCOH or TCA at a dose of 1.0 nmol or 4 nmol total. After each injection, the hole was sealed and the eggs reincubated.

**Apoptosis assessment.** HH24 embryos were sectioned to consistently visualize the OFT and AVC cushions at the level of the atrial septum and the incipient superior–inferior cushion fusion, respectively. Cushion morphogenesis is largely complete by HH24, and the cushions function as rudimentary valves. Apoptotic cells were detected using a modified terminal deoxynucleotidyl transferase–mediated dUTP nick end-labeling (TUNEL) protocol (Gavrieli et al. 1992); nicked DNA was end-labeled via 5-bromo-2’-deoxyuridine 5’-triphosphate (BrdU; Sigma-Aldrich) incorporation and visualized by immunostaining with anti–BrdU antibody (G3G4; Developmental Studies Hybridoma Bank, Iowa City, IA) and Alexa Fluor 488–conjugated antibody (Molecular Probes, Eugene, OR). All nuclei were visualized by propidium iodide (PI) counterstaining. The percentage of TUNEL–positive nuclei in the OFT and AVC mesenchymal nuclei was determined by treatment-blinded observers.
interval of cardiac cycles. The dorsal aortic blood flow (cubic millimeters per second) was calculated by multiplying the integrated velocity curve and the dorsal aortic cross-sectional area; the latter did not differ between PBS- and TCE-exposed groups. Dorsal aortic blood flow includes all blood ejected from the heart except for 10% that is directed cranially (Hu and Clark 1989). The stroke volume index (cubic millimeters per beat) was obtained as the quotient of dorsal aortic blood flow against heart rate. The atrioventricular blood velocity of the diastolic filling has a passive and an active component. The passive phase emerged from end-systole to the onset of the a-wave, and the active phase, from the onset of the a-wave to ventricular pressure upstroke (Hu et al. 1991). Passive atrioventricular blood flow (cubic millimeters per second) was calculated using the equation [passive component area/(passive + active areas)] × dorsal aortic blood flow. Active atrioventricular blood flow (cubic millimeters per second) was calculated using the equation [active component area/(active + passive areas)] × dorsal aortic blood flow.

Statistical analyses. Values are presented as mean ± SE. Data sets were examined using SigmaStat statistical software (version 2.0; Systat Software Inc., Point Richmond, CA). Normally distributed data were subjected to an unpaired, two-tailed t-test employing the appropriate variance parameter (equal or unequal variance). Data not normally distributed were examined using the Mann-Whitney U-test. We considered p < 0.05 significant.

Results

TCE decreased embryo survival. Chick embryos were exposed to TCE (total of 0.2, 4, or 200 nmol/egg) during cardiac cushion formation (HH13, HH15, HH17, and HH20). Twenty-two hours after the last injection (HH24; 4.25 days’ incubation), embryo survival, defined as the presence of a beating heart, was normal for all four treatments (Figure 2A). However, at HH30 (6.25 days’ incubation; Figure 2B), there was significantly reduced survival for embryos receiving 4 or 200 nmol TCE/egg. Gross malformations at HH24 and HH30 were rare and did not differ in frequency or appearance between the control and experimental groups.

Cardiac cushion morphology and cellularity. TCE-exposed hearts at HH24 were not grossly dysmorphic. Myocardial wall thickness and trabeculation were superficially normal. Because cardiac cushion development may be sensitive to TCE (Boyer et al. 2000), we evaluated the cushions in detail. The cellular morphology of cushion mesenchyme, cardiomyocytes, and endocardioocytes was unaffected by TCE exposure for all concentrations tested (data not shown). TCE did not alter the incidence of apoptosis in the AVC and OFT cushions, except at the 200 nmol dose, which caused a modest but significant increase in the OFT mesenchyme (Table 2). In contrast, TCE exposure at 4 nmol/egg significantly increased the proliferative index in the OFT and AVC cushion mesenchyme (Figure 3A,B). Exposure to 200 nmol TCE/egg also increased proliferation in the AVC cushion (p = 0.009) but not in the OFT (p = 0.185). The increased cushion mesenchyme proliferation was translated into significant cushion hypercellularity for both the OFT and AVC of TCE-exposed embryos (Figure 3C,D).

Effects of TCE metabolites. TCE metabolites such as TCA are also reported to be cardiac teratogens (Johnson et al. 1998a), and some propose that the proximate teratogen of TCE exposure is TCA (Johnson et al. 1998b). We evaluated the consequences of exposure to the major TCE metabolites TCOH and TCA compared with TCE. All metabolites were provided as sequential 1 nmol doses at HH13, HH15, HH17, and HH20 as described above (4 nmol/egg total). As before (Figure 2B), 4 nmol/egg TCE reduced embryonic survival when assessed at HH30 (Figure 4A). Equimolar exposure to TCOH similarly reduced embryo survival at HH30. An equivalent TCA dose caused the greatest reduction in embryo survival (p < 0.001) and was more potent in this aspect than was TCE (p = 0.041) or TCOH (p = 0.003).

Mesenchymal cell proliferation within the cardiac cushions was assessed in HH24 embryos exposed to these metabolites. Exposure to 4 nmol TCA, but not TCOH, significantly increased cell proliferation in the OFT (Figure 4B) and AVC (Figure 4C) cushions to levels similar to those caused by the parent compound TCE. This increased proliferation was accompanied by increased OCT1 and AVC cushion hypercellularity (Figure 4D,E).

TCE exposure alters cardiac hemodynamics. The cushion hypercellularity and increased mortality caused by 4 nmol/egg TCE prompted an evaluation of cardiac hemodynamics. Pulsed-Doppler assessment of in ovo hearts was performed at HH24, when...
embryo survival was still normal (Figure 2A). The hemodynamic parameters (heart rate, stroke volume, mean blood flow) of PBS-treated embryos were consistent with previously published values for HH24 chick embryos (Broekhuizen et al. 1993; Clark and Hu 1982; Hu and Clark 1989; Hu et al. 1991); hence, the treatment protocol per se did not adversely affect cardiac blood flow. In contrast, TCE exposure altered hemodynamic parameters. Although TCE affected neither cardiac cycle length (474 ± 18 msec vs. 431 ± 13 msec, TCE vs. PBS treatment; p = 0.088) nor heart rate (p = 0.085; Figure 5A), TCE-treated embryos had a 22.9% reduction in dorsal aortic blood flow (p = 0.032; Figure 5B–D). Because TCE did not affect the dorsal aortic diameter (PBS, 0.42 ± 0.008 mm; TCE, 0.42 ± 0.01 mm; p = 0.78), this decrease could be attributed to a 30.5% reduction in the active component of atrioventricular blood flow (0.46 ± 0.05 mm/sec vs. 0.66 ± 0.04 mm/sec, TCE vs. PBS treatment; p = 0.006; Figure 5E,F). The passive-to-active atrioventricular blood flow ratio also was significantly greater in TCE-exposed embryos (p = 0.018; Figure 5G). Additionally, TCE treatment was associated with a trend toward a lower stroke volume, although this did not reach statistical significance (p = 0.067; Figure 5H). Collectively, these data show that exposure to 4 nmol TCE during cushion morphogenesis reduced the cardiac output of these embryos.

**Discussion**

In this article we report that exposure to environmentally relevant TCE doses during cushion formation altered avian heart development. These exposures caused significant reductions in intracardiac blood flow and were associated with increased mortality. These findings provide independent confirmation that TCE exposure alters heart development in a manner that has deleterious, functional consequences. This work does not address the issue of “selectivity” because only the heart was examined. The question of whether TCE is a cardiac teratogen is controversial (Hardin et al. 2004; Johnson et al. 2004). With the exception of increased mortality that was revealed as development progressed (6.25 vs. 4.25 days’ incubation; Figure 2), the cardiac anomalies induced by TCE, although statistically significant, were subtle. Moreover, previous studies of TCE did not evaluate cardiac function, perhaps because of technologic limitations. From these considerations, we conjecture that subtle cellular alterations that nonetheless affect cardiac function have been overlooked until now. Other recent examples of nonobvious embryonic defects that cause remarkable cardiac dysfunction at later stages of development include the disruption of genes encoding the aryl hydrocarbon receptor (Thackaberry et al. 2002) and retinol binding protein (Smith SM, Flentke GR, Lough J, unpublished data; Wendler et al. 2003).

Our results reinforce previous findings that cardiac cushion development is adversely affected by TCE. TCE alters the expression of rat heart genes, some of which regulate epithelial–mesenchymal cell transformation in the cushions (Collier et al. 2003). Substantially higher TCE concentrations than those studied here (parts per million vs. parts per billion) inhibit epithelial detachment and mesenchyme formation in cultured chick AVC explants (Boyer et al. 2000), and this may reflect overt toxicity to these cells.

Importantly, depending on the region affected and its severity, cushion hyperplasia leads to defects ranging from valvular stenosis, cardiac regurgitation, and reduced chamber flow to overt CHDs, including failed atrial or ventricular septation, aortic or pulmonary aortic stenosis, double-outlet right ventricle, and transposition of the great arteries (Chen et al. 2000; Costell et al. 2002; Galvin et al. 2000; Iwamoto et al. 2003; Lakkis and Epstein 1998). These are among the most common CHDs observed in animals exposed to TCE and dichloroethylene, which include stenosis of the atrioventricular, pulmonary, and aortic valves; aortic and pulmonary artery hypoplasia; and disrupted atrial and ventricular separation (Goldberg et al. 1992; Johnson et al. 1998a;
Loeber et al. (1988). Although the cause of the cushion hypercellularity seen here is unknown, the increased proliferation without a commensurate rise in apoptosis is likely contributory. TCE might also affect cues that induce the mesenchymal transition of endocardial cells (Boyer et al. 2000; Collier et al. 2003), or other participants in valvuloseptal morphogenesis, including the neural crest or the cardiomyocytes themselves. Curiously, the 4 nmol/egg TCE dose, when applied to the cardiomyogenesis window of chick embryos (HH3+ to HH17), causes myocyte and endocardioyte hyperproliferation (Drake VJ, Koprowski SL, Smith SM, Lough J, unpublished data). This suggests that the TCE-induced proliferation of cushion mesenchyme may not be an isolated phenomenon.

The cardiac cushions are critical structures that arise early during heart morphogenesis to form the valves, anchor the atrial and ventricular muscular septa, and divide the OFT into the aorta and pulmonary artery. They also act as rudimentary valves that control chamber filling, prevent backflow, and sustain cardiac output and arterial pressure. Their function is critical to embryonic survival because the embryo’s expanding vascularization in response to rapid growth requires the heart to continuously increase its cardiac output and meet this growing demand (Campbell et al. 1992). Perhaps because the early embryonic heart is morphologically simple, its structure can adjust to small changes in hemodynamic load (Sedmera et al. 1999); in turn, subtle changes in cardiac structure may cause disproportionate hemodynamic responses. Hence, the primary defect caused by TCE could be anatomical or functional. With respect to the former, as outlined in Figure 6, cushion hypercellularity would narrow the OFT and AVC orifices, consequently reducing blood flow during a time of high growth demand, thereby causing mortality. Cardiomyocyte dysfunctions, although not identified, could be contributory. Changes in flow rate and pressure would in turn remodel the growing OFT and AVC septa and valves. Regardless of the initial target, such changes are often lethal.

The TCE doses studied here may have relevance for environmental exposure. Of the three doses tested—0.2 nmol/egg (0.4 ppb), 4 nmol/egg (8 ppb), and 200 nmol/egg (400 ppb)—only the latter, which is a dose encountered at contaminated sites (Goldberg et al. 1990; MDPH 1996), appreciably exceeds the 5 ppb U.S. EPA MCL (U.S. EPA 2004). Our study revealed a clear dose–response threshold: whereas TCE at 0.2 nmol/egg did not affect cushion formation or embryo survival, these measures were adversely affected at the two higher doses. The 4 nmol/egg and 200 nmol/egg doses were largely equipotent, suggesting that the hyperproliferative response of cushion cells reached a maximum at the lower dose. Our 4 nmol/egg dose, administered into the yolk, is in a similar range (0.30–0.75 nmol/egg, applied directly to the embryo).
embryo) previously shown to increase CHD in chick embryos (Loeber et al. 1988). These doses are lower than those causing CHD in the mammalian studies (0.25, 1.5, and 1,100 ppm; Dawson et al. 1990, 1993; Johnson et al. 1998a, 2003), although direct comparison is difficult because the fetal TCE or TCA content was not assessed.

Metabolic activation of TCE to TCA may be necessary for the compound’s cardiac teratogenicity (Johnson et al. 1998b). Compared with TCE and TCOH, TCA most potently decreased embryonic survival (Figure 4A) and with TCE and TCOH, TCA most potently decreased embryonic survival (Figure 4A) and with TCE and TCOH, TCA most potently decreased embryonic survival (Figure 4A) and...