Pulmonary MALT Lymphoma in Patients with Sjögren’s Syndrome

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To describe clinical features and outcomes of seven patients with pulmonary mucosa-associated lymphoid tissue (MALT) lymphoma in the setting of underlying primary Sjögren’s syndrome from a single center, we reviewed medical records of consecutive patients with pulmonary MALT lymphoma evaluated at our facility from January 1, 1999 to December 31, 2015 for clinical features, laboratory, pathologic and radiographic findings, management, and outcomes. Out of 13 patients with pulmonary MALT lymphoma, 7 (54 %) met the criteria for Sjögren’s syndrome. The mean age at lymphoma diagnosis was 66 years; male–female ratio was 1:6. One-third of patients were asymptomatic at the time lymphoma was discovered. When symptomatic, patients reported nonspecific pulmonary complaints such as cough and dyspnea. All patients had positive antinuclear antibody and anti-SSA/Ro antibody. Rheumatoid factor was positive in six cases. A monoclonal gammopathy was present in three patients; the remaining four had polyclonal hypergammaglobulinemia. The radiologic, morphologic, and immunohistochemical features of primary Sjögren’s syndrome-associated pulmonary MALT lymphomas did not differ significantly from pulmonary MALT lymphoma cases in general. All treatment modalities used resulted in complete and sustained response. One patient died 11 years after initial diagnosis with no lymphoma but of another cause. The remaining six patients are still alive and disease-free to date. The present series confirms the favorable course of pulmonary MALT lymphoma in Sjögren’s patients. The overall imaging and pathologic features are in accordance with pulmonary MALT lymphoma not associated with primary Sjögren’s syndrome. Further studies should be carried out in order to better understand pulmonary MALT lymphomagenesis, treatment, and outcomes in Sjögren’s patients.

Keywords Lung neoplasms; Lymphoma B-cell; Non-Hodgkin’s lymphoma; Sjögren’s syndrome

Primary Sjögren’s syndrome (pSS) is a systemic autoimmune disease characterized by chronic lymphocytic infiltration of exocrine glands, leading to destruction of glandular tissue and an ensuing hypoproduction of saliva and tears. Among the autoimmune disorders, pSS is most strongly associated with the development of lymphoma. Eventually, 5%–10% of all patients with pSS develop a B-cell non-Hodgkin’s lymphoma.1

Mucosa-associated lymphoid tissue (MALT) lymphomas, also known as extranodal marginal zone B-cell lymphoma (MZL) of MALT-type, are viewed as the most common histologic type in pSS. MALT lymphomas in patients with pSS are most frequently located in the parotid gland, although localization in other sites such as thyroid, stomach and lung has also been described.2-4 Extraneal MZL of the lung, sometimes referred to as bronchial-associated lymphoid tissue (BALT) lymphoma, is a rare pulmonary lymphoid malignancy.5,6 Occasionally, a pre-existing autoimmune disorder, most notably pSS, is observed in patients with pulmonary MALT lymphomas.7 Uncertainties about clinical, radiologic, and pathologic aspects of pulmonary MALT lymphoma in patients with pSS remain. Herein, we describe all consecutive patients over a 16-year period who presented at our institution with pulmonary MALT lymphoma in the setting of underlying pSS.

MATERIALS AND METHODS

The study was approved by the Marshfield Clinic Institutional Review Board with waiver of the requirement to obtain written consent from subjects. We reviewed the medical records of all consecutive patients with biopsy-proven MZL of MALT-type of the lung who were evaluated at Marshfield...
Clinic, Marshfield, Wisconsin, from January 1, 1999, to December 31, 2015. Patients were identified from Marshfield Clinic’s electronic medical record by billing codes for “MALT lymphoma of the lung” and “MZL of the lung”. Only subjects with associated pSS according to the American-European Consensus Group criteria were further analyzed.

Data were extracted using a standardized collection tool. Demographic data included age, sex, and ethnicity. Historical data included smoking history, presenting signs and symptoms at pSS and lymphoma diagnosis, and time from onset of pSS to diagnosis of lymphoma. Biological parameters included serological workup, complete blood count, erythrocyte sedimentation rate, and serum protein electrophoresis at the time of pSS diagnosis. Imaging included chest radiograph and thoracic computed tomography (CT) at the time of cancer diagnosis. Histological data included method of biopsy (open lung biopsy or video-assisted thoracoscopic surgery), microscopic descriptions, and immunohistochemistry. Management and follow-up data included therapies utilized and outcome analysis. Data were analyzed using descriptive methods with means, medians, and proportions.

**RESULTS**

**Clinical Features and Laboratory Findings**

MZLs of MALT-type of the lung were diagnosed in 13 patients, seven of whom fulfilled the criteria for pSS. Six patients had primary pSS, and one had secondary Sjögren’s in association with rheumatoid arthritis. All patients were Caucasian, and six were women. The mean age at cancer diagnosis was 66 years. The mean time elapsed from the onset of pSS to the development of lymphoma was 7.4 years. Sicca syndrome (keratoconjunctivitis sicca and/or xerostomia) was present in all patients with pSS. Other symptoms at diagnosis are summarized in Table 1. Slowly progressive dyspnea and dry cough were the most common presenting pulmonary symptoms of lymphoma; two individuals had additional B-symptoms, including fever, weight loss, and night sweats. A pulmonary lesion was incidentally noted on imaging in two asymptomatic patients.

All patients had positive antinuclear antibody and anti-SSA/Ro antibody. Rheumatoid factor was positive in six cases. Most of the patients had elevated erythrocyte sedimentation rate. Lymphopenia was present in four patients. Cryoglobulin was not detected in the two patients who were tested. Hypocomplementemia was present in one of the two cases tested. A monoclonal gammopathy was present in three patients; the remaining four had polyclonal hypergammaglobulinemia.

**Imaging Findings**

**Chest Roentgenograms**

No unifying pattern was noted. In three patients, the chest roentgenogram was normal. In those cases, a chest CT was ordered either for symptoms or to confirm incidental findings on abdominal CT. One patient had increased interstitial markings suggestive of interstitial lung disease. A consolidative

### Table 1. Clinical characteristics of the seven patients included in the study.

| Case | Age (yrs)* | Sex | pSS symptoms | Lymphoma symptoms | Interval: pSS to lymphoma (yrs)* | Smoking status |
|------|------------|-----|--------------|-------------------|-------------------------------|---------------|
| 1    | 71         | F   | Sicca, fatigue, myalgias, arthralgias | None              | 12                            | Never         |
| 2    | 60         | F   | Sicca, lung fibrosis, arthralgias | Dyspnea, B-symptoms | 5                             | Never         |
| 3    | 64         | F   | Immune thrombocytopenia, Raynaud’s, Sicca, arthralgias | Dyspnea, cough | 2                             | Never         |
| 4    | 69         | F   | Parotid enlargement, Sicca, accelerated caries, arthralgias | Dyspnea, cough | 3                             | Current       |
| 5    | 68         | F   | Sicca, arthralgias | Cough, B-symptoms, hoarseness | 2                             | Never         |
| 6    | 65         | M   | Sicca, inflammatory arthritis | None              | 15                            | Former        |
| 7    | 65         | F   | Xerostomia, Raynaud’s, myalgias | None              | 13                            | Former        |

*Mean age at lymphoma diagnosis was 66 years.
*Mean interval between onset of pSS and lymphoma was 7.4 years.
*Defined by the American-European Consensus Group and includes subjective and objective findings of ocular and/or oral dryness.
*Defined by Ann Arbor staging criteria and includes fever, weight loss, and night sweats.
A pattern reflective of a pneumonitis was noted in two patients. Airway disease was found in two patients; one had hyperinflation, and one had bronchial wall thickening. Cavitations, pleural disease, and mediastinal adenopathy were never observed.

**Computed Tomography**

The CT appearance reflected the pattern of the disease on chest radiograph, when present, but also provided more details about the nature and distribution of the lesions and the structures involved. Airway disease (bronchial wall thickening and bronchiectasis) was found in five patients. The airway abnormalities were present bilaterally and mainly involved the lower lobes except in one patient where bronchiectasis was predominantly seen in the upper lobes. The lung parenchyma surrounding the abnormal airways was involved by confluent alveolar opacifications in two cases. In two other cases, there was a background of diffuse parenchymal ground glass changes (Figure 1). Another common finding observed in five patients was multiple nodular densities bilaterally, with ill-defined borders, ground glass texture, variable degrees of attenuation, and harboring a subtle pseudocavitation sign (Figure 2). The presence of masses was noted in two patients; one had multiple bilateral masses, and one had a single mass. Peripheral pneumonic infiltrates, some in a wedge shape pattern, were observed in four patients. Thin-walled cystic structures were identified in three patients (two of them were smokers). There were no pleural effusions noted. Subcentimetric mediastinal lymphadenopathy was seen in two patients but was not considered significant.

**Pathologic Descriptions**

Lung biopsy specimens were obtained by video-assisted thoracoscopic surgery in three patients and thoracotomy in the other four. In all seven specimens, infiltration of normal lung parenchyma by an infiltrate of lymphocytes including monocytoïd forms and plasma cells was readily identified (Figure 3). Lymphoepithelial lesions involving the bronchial and bronchiolar epithelium were present in all cases (Figure 4). Other morphologic features of MALT lymphoma, including Dutcher bodies and colonization of residual lymphoid follicles by lymphoma cells, were variably present (Figure 5). CD20 stain was performed in all cases, with positive results. Co-expression of CD5, CD10, and cyclin D1 was absent whenever tested (four of seven cases for each marker). Kappa/lambda distribution was assessed in four cases (two by RNA in situ hybridization and two by immunohistochemistry); results were clonal in all cases (Figure 6). Proliferation was assessed by Ki-67 staining in two cases, and ranged from 5% to 50% proliferation fraction. Gene rearrangement studies were performed in four cases, with positive results in two cases, equivocal results in one case, and negative results in one case. Flow cytometry was only performed in one case, which showed a prominent CD38+ plasma cell population as well as a smaller B lymphocyte population with aberrant light chain intensity (inconclusive for kappa versus lambda specificity). One case contained squamous cell carcinoma in addition to the MALT lymphoma.

**Therapies and Outcomes**

Two patients were treated with surgery alone; both are currently disease-free at 3 and 5 years from initial diagnosis.
Figure 2. CT scans showing (A) nodular and peribronchovascular consolidation and (B) resolved nodular consolidation after therapy. Mild progressive fibrosis is present.

One patient had surgical resection of a lung mass but had progression after 4.5 years, and was subsequently treated with single agent rituximab weekly for four doses and has not had progression/relapse for 3 years. One case was treated with watchful waiting and remains disease-free to date. Another case was also observed initially, but then progressed 2 years later. The patient was treated first with single agent rituximab weekly for four doses with further progression of disease. Subsequently, the patient responded to bendamustine and rituximab and has not had progression/relapse for 5 years. Another patient with advanced lymphoma was treated with chemotherapy alone (R-CVP regimen [rituximab, cyclophosphamide, vincristine, and prednisone] for six cycles) with complete remission and without progression/relapse for 5 years. One patient diagnosed prior to the CD20 targeted therapy era was treated with long-term antibiotic therapy with tetracycline with complete radiographic and clinical response. The patient died 11 years later with no lymphoma but of another cause. All remaining six patients are still alive and disease-free to date.

DISCUSSION

We present a large series of pulmonary MALT lymphoma in pSS. The involvement of the lungs by MALT lymphoma in patients with pSS has been reported only briefly in the literature.9,10 According to the latest World Health Organization (WHO) lymphoma classification scheme, MALT lymphomas are considered a subtype of B-cell marginal zone lymphoma (MZL).11 The presence of MALT in the lung was first described by Bienenstock and colleagues in 1973 as peribronchiolar lymphoid aggregates bearing a close similarity to Peyer’s patches.12 Certain conditions, such as chronic lung infections, smoking history, and autoimmune diseases notably pSS have been shown to trigger the formation of MALT in the lungs, which can further transform to lymphoid malignancy.13 MZLs of MALT-type of the lung have been associated with underlying Helicobacter pylori infection, human immunodeficiency virus infection, common variable immunodeficiency, chronic hepatitis C, and Borrelia burgdorferi infection, as well as autoimmune diseases.9 In our series, out of 13 patients with pulmonary MALT lymphoma, 7 (54 %) met the criteria for Sjögren’s syndrome. Similar to previous published reports,7,14 the mean age at lymphoma diagnosis in this study was 66 years. The youngest patient was aged 60 years, and the oldest was aged 71 years. Female patients predominated in this and in most other reported studies7,9 with a male to female ratio of 1:6. All patients in this series were Caucasian. In the current study, one-third of patients were asymptomatic at the time that lymphoma was discovered. When symptomatic, patients generally reported nonspecific pulmonary complaints such as cough and dyspnea, and some experienced fever, night sweats, and weight loss. Sicca and arthralgias were the most common presenting symptoms of pSS, and the mean time interval from onset of pSS to establishment of lymphoma diagnosis in our study was 7.4 years.

The morphologic, immunohistochemical, and molecular features of pSS-associated pulmonary MALT lymphomas do not differ significantly from pulmonary MALT lymphoma cases in general.7 Pseudolymphoma has been described in pSS, but can be distinguished from pulmonary MALT lymphoma on the basis of lymphocyte clonality, extent of involvement, and other neoplastic features such as Dutcher bodies. In the present series, all pathological reports showed lymphoepithelial lesions containing dense proliferations of B-cells. The neoplastic cells were morphologically described as monocytoid-like in almost all cases, and large cells were absent. The overall imaging features are in accordance with previously published series of pulmonary MALT lymphoma both associated and not associated with pSS.10
Some of the well-known predictors of lymphomagenesis in pSS that are easily checked in daily practice include permanent swelling of salivary glands, lymphadenopathies, palpable purpura, cryoglobulinemia, lymphopenia, low complement levels, and a monoclonal component in serum or urine. In the cases we present, lymphopenia was present in four patients, and a monoclonal gammopathy was present in three patients. In pSS, circulating immunoglobulin M autoantibodies that are specific for immunoglobulin G-Fc, called rheumatoid factors (RFs), are found in the serum of 50%–60% of affected individuals. In addition to previously known predictive factors of lymphoma occurrence, Nocturne and colleagues recently demonstrated the independent role of RF in the development of this severe complication. In our series, out of seven patients, six tested positive for RF. This observation further supports the role of RF as a risk factor for the occurrence of subsequent pulmonary MALT lymphoma in patients with pSS.

Bende et al analyzed the structure of antigen receptors of a comprehensive panel of mature B-cell non-Hodgkin’s lymphomas by comparing, at the amino acid level, their immunoglobulin VH-CDR3s with CDR3 sequences present in GenBank. They found that among B-cell non-Hodgkin’s lymphomas, MALT lymphomas express a unique antibody repertoire with frequent RF reactivity. Thus, RF+ B-cells in the MALT tissue are thought to be more prone to transform into malignant lymphoma cells. In pSS patients, the chronic stimulation by immune complexes (with Ro/La or an unknown auto-antigen) of polyclonal marginal zone RF+ B-cells might precipitate their monoclonal lymphomatous escape and would be a key event involved in lymphomagenesis. Therefore, negativation of RF could be an important target for new treatments, particularly regarding the possible decreased risk of subsequent lymphoma in pSS patients.

Two previous large retrospectives studies did not show different outcomes between patients receiving different treatment modalities, i.e. surgery, chemotherapy or combined therapy. Watchful waiting, without specific treatment, is reserved for asymptomatic cases. Treatment is indicated for patients with bulky lymphadenopathies and/or splenomegaly, risk of local compressive disease resulting in organ dysfunction, significant cytopenias from bone marrow compromise, and/or

Figure 3. H&E features of MALT lymphoma include effacement of normal pulmonary structures by an infiltrate of lymphocytes and plasma cells. Lymphocytes include small monocytoid forms and occasional larger forms. Destruction of lung parenchyma is evident.

Figure 4. Cytokeratin stain (brown) highlights destruction of native epithelial structures by the B-cells of MALT lymphoma (nuclei counterstained in blue).
The present series confirms the favorable course of pulmonary MALT lymphoma with all treatment modalities resulting in complete and sustained response. Further multicenter prospective studies should be carried out in order to better understand pulmonary MALT lymphomagenesis, treatment, and outcomes in pSS patients.

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