Spectral Quality of Light Can Affect Energy Consumption and Energy-use Efficiency of Electrical Lighting in Indoor Lettuce Farming

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Additional index words. broad spectrum, hydroponics, Lactuca sativa, phosphor-converted LED, purple light, vertical farm, white light

Abstract. High energy-use cost for electric lighting is one of the major issues challenging sustainability of the indoor lettuce-farming industry. Thus, maximizing electrical energy-use efficiency (EUE, g·KWh⁻¹), defined as the ratio of dry matter production (g) to electrical energy consumption (EEC, KWh⁻¹), is crucial during indoor production. Light-emitting diodes (LEDs) are energy efficient and highly suitable for indoor farms. Research on optimal spectral quality of LEDs for lettuce growth is extensive; however, there is limited research examining LED spectral quality effects on EEC and EUE. Photon efficiency, defined as the ratio of light output to electrical energy input (PE, μmol·J⁻¹), generally is used for selection of LED fixtures. Because PE does not account for differences in emitted light spectrum, it is not clear whether light-fixture selection based on PE can maximize EUE in lettuce production. This study comprised two experiments. In Expt. 1, we used four “phosphor-converted” commercial LEDs with different light intensities and spectra to model the effect of light spectral quality on lettuce shoot dry weight (SDW), EEC, and EUE. We also evaluated relationships between EUE vs. PE and EUE vs. PEₚ (PE based on red light) for indoor lettuce production. Results indicated that light spectral quality affected SDW, EEC, and EUE in lettuce production. Fitted models indicated that EEC increased linearly with increasing percentage of red-light output and was unaffected by other spectral colors or ratios. However, EUE increased in a curvilinear fashion with an increasing ratio of red to blue (R:B) light and reached a maximum at a ratio of 4.47. Similar to EUE, SDW also responded in a curvilinear fashion to R:B. Results also indicated that EUE correlated poorly with PE but linearly to PEₚ. In Expt 2, we grew three lettuce varieties under two commercial LED fixtures. They had similar levels of PE but different percentages of red, R:B, and PEₚ values. Regardless of the variety, fixtures with greater percentages of red, R:B, and PEₚ significantly increased EUE. We conclude that red-light quality is an important determinant of EUE and growers should select fixtures based on R:B and high PEₚ in indoor lettuce farming.

Indoor farming (including vertical and horizontal methods) involves growing food crops under sole-source electric lighting inside buildings, including warehouses. This system is gaining importance globally, especially near urban areas (Rabara et al., 2017). Leafy greens, such as lettuce, are among the group of popular crops for indoor farming (Kozai, 2013). Crops are produced using electric lighting for an average of 16 h·d⁻¹ (Agrilyst, 2017) in indoor farms. Thus, electrical energy-use costs can be quite high in indoor farming (Barbosa et al., 2015; Shimizu et al., 2011). Due to their relatively low thermal emissions (Nelson and Bugbee, 2014; Poulet et al., 2014), LEDs can be placed close to a canopy to reduce photon losses (Bourget, 2008; Poulet et al., 2014), and subsequently are desirable for indoor farming. Despite using LEDs, estimates indicate that energy costs for electric lighting can be as high as 25% to 30% of operational costs in indoor farming (Agrilyst, 2017; Voss, 2011), which significantly reduces profits. At present, this is one of the major issues challenging profitability and sustainability of the indoor farming industry.

Broad-spectrum LED lights generally are preferred in horticulture production as they enable better visual assessments of plants, and crop growth under these lights is comparable or better than that under monochromatic LED lights (Mickens et al., 2018; Park and Runkle, 2018). Broad-spectrum light usually is produced by a process called “phosphor conversion” (pc) in newer commercial LED fixtures. This involves coating blue LEDs with “phosphor” (a synthetic material with luminescence property), which absorbs blue light and re-emits light of lower energy (phenomenon known as “down conversion”) wavebands (Huang and Yang, 2013; Pattison et al., 2018; Ryu and Ryu, 2015; Yam and Hassan, 2005). This method is more economical as opposed to combining red, green, and blue monochromatic LEDs to produce broad-spectrum light, mainly due to the low quantum efficiency of monochromatic green LEDs (Pust et al., 2015). By fine-tuning the phosphor chemical composition and concentration, different percentages of green and red light can be produced from blue light.

When generating lower energy light from greater energy blue photons in pc-LEDs, some electrical energy is lost as thermal dissipation inside the phosphor (Huang and Yang, 2013), which increases phosphor temperature. Greater phosphor temperature lowers phosphor efficiency (Ryu and Ryu, 2015). This suggests that EUE can be lower when a greater proportion of red light is emitted by phosphor due to a larger “down conversion” involved (blue vs. red) and increased wastage of electrical energy in the form of heat as a result. In contrast, a greater proportion of red light in the incident light may be preferred for lettuce production as it increases leaf expansion and shoot growth (Kang et al., 2016; Lee and Kim, 2013; Wang et al., 2016; Zhang X. et al., 2018). Thus, the spectral quality of LEDs can potentially influence EUE by affecting both SDW and EEC in opposite ways. However, studies simultaneously examining the effects of the spectral quality of LEDs on lettuce SDW, EEC, and EUE are limited in terms of the net effects on productivity.

Manufacturers of LED fixtures commonly use PE to characterize light fixtures (Both et al., 2017; Nelson and Bugbee, 2014; Park and Runkle, 2018). Greater PE values are associated with lower energy costs of producing artificial light (Kubota et al., 2016) and can thereby increase EUE (Park and Runkle, 2018). This measurement is specific to a given fixture, and as such it is broadly useful for light-fixture selection for different species and purposes. An issue with using PE for maximizing EUE is that it is solely based on light intensity, or the number of photons generated by the fixture for a given input of electrical energy, but does not indicate spectral composition of light. Thus, PE does not account for plant response to differences in spectral quality of light emitted by a fixture. Several reports indicated a reduction in lettuce growth when spectral quality of supplied light is not optimized for a given light intensity (Jolkan et al., 2010; Tosti et al., 2018; Zhang T. et al., 2018; Zhen and van Iersel, 2016). Moreover, effects of light spectrum on plant dry-matter production can be pronounced under low light intensities (Nelson and Bugbee, 2014), suggesting that spectrum of electric lighting can be an important determinant of EUE for indoor production. The disconnect between PE and SDW can be
seen in recent reports on cucurbits (Hernandez and Kubota, 2014) and bedding plants (Park and Runkle, 2018). Thus, greater PE may lower EEC, but it is unclear whether it translates to greater EUE in indoor lettuce production when spectral quality of light is not optimized.

To better understand the effect of spectral quality of light on EUE and bridge the disconnect between PE and EUE in indoor lettuce farming, we conducted two experiments in which our objectives were to 1) study the effects of spectral quality of LEDs on lettuce SDW, EEC, and EUE; 2) verify whether greater PE can increase EUE for indoor lettuce production; and 3) assess other efficiency metrics associated with EUE for indoor lettuce production. The purpose of Exp. 1 was to study the aforementioned objectives using select lettuce varieties. The findings from Exp. 1 were then validated in Exp. 2 using a vertical hydroponic farm and three different lettuce varieties.

**Materials and Methods**

**Exp. 1**  
**Plant material and environmental conditions.** Exp. 1 was conducted inside a greenhouse at Purdue University, West Lafayette, IN. To ensure that plants were grown under sole-source lighting only, two layers of weed cloth (WeedBlock; Jobes Co., Waco, TX) that allowed air movement but restricted sunlight transmission to less than 10 μmol·m−2·s−1 of intensity were used to cover the experimental setup. Seeds of green leaf lettuce (Lactuca sativa L. ‘Black-Seeded Simpson’) were germinated in 1.5-inch (3.8 cm) rock wool starter plugs (Grodan, Stockton, CA). The starter plugs were put on a bench without weed cloth in the same greenhouse and transferred to a horizontal hydroponic production system (see the section “Growing system” to follow). Exp. 1 was conducted during the Winter of 2017 for 3 weeks. Temperature and relative humidity (RH) were measured at the center of each replication using a Watchdog plant growth station (Model# 2475; Spectrum Technologies, Aurora, IL). Average temperature and RH maintained were 25.6 ± 1.37/18.3 ± 1.15 °C (day/night) and 35.4 ± 6.3%, respectively, during germination and production.

**Growing system.** A custom production system was built using hydroponic trays (1.22 m × 0.61 m × 0.1 m, Active Aqua Co.; Hydrofarm, Petaluma, CA), LED lights (see the section “Light treatments”), nutrient solution reservoirs (20-gal; Active Aqua Co.; Hydrofarm), and submersible pumps (320 GPH or 20.2 LPM; TotalPond Co., West Palm Beach, FL). Reservoirs were connected to individual trays using flexible vinyl tubing (1.0-inch OD and 0.75-inch ID, Everbilt Co.; Home Depot, Atlanta, GA). The area of each tray containing 32 plants was 0.74 m². Plants were grown at a spacing of 0.15 m × 0.15 m. Trays were laid out horizontally with 0.61 m separation. The nutrient solution was recycled for 15 min at the beginning of every hour from 6:00 AM to 10:00 PM (16 h) each day by connecting the pump to a 24-h analog timer (Apollo 6; TitanControl, Villa Allende, Córdoba, Argentina) for automated operation. Fertilizer solution was prepared by combining 15–2.2–12.5 and 21–2.2–16.6 N–P–K commercial mixtures (The Scotts Co., Marysville, OH) in a 3:1 ratio. Plants were supplied a nutrient solution with a concentration of 1.8 ds m⁻³ (178 mg L⁻¹ N) and pH of 5.8 and 6.2. EC and pH were measured using a digital probe (HI8810; Hanna Instruments, Smithfield, RI) twice every week to ensure that the values are within the targeted range. Recycled nutrient solution was discarded and reservoirs were refilled every week with fresh nutrient solution.

**Light treatments.** Plants were grown under four different light treatments using commercial LED lights including FRX (Fluence Razr X; Fluence Bioengineering, Austin, TX), FRP (Fluence Razr Physiopspec Purple; Fluence Bioengineering), TGB (TG1A Bulbs; TotalGrow, Holland, MI), and LT8 (2GT8 4 32 A12 1/4; Lithonia Lighting, Conyers, GA). In the FRP fixture, a red diode with a peak emission at 659 nm is added to provide additional red light. There was one fixture in each light treatment. Fixtures were hung 0.4 m above the trays and spaced 0.3 m apart. Polystyrene sheets (0.61 m × 1.22 m; U-line, Pleasant Prairie, WI) were placed along the length of each tray to contain dispersed light within each treatment but allow air from greenhouse cooling/ heating. Plants were grown under a photoperiod of 16 h for each light treatment.

**Measurements.** Fixtures and intensity were measured using a quantum sensor connected to a logger (LI190; LI-COR Biosciences, Lincoln, NE). A spectroradiometer (SS-110; Apogee Instruments, Logan, UT) with a hemispherical field-of-view (180 °) was used to measure spectral quality of incident light. As both PPFD and spectral composition were measured during growth at canopy level (close to harvest stage), these measurements were likely affected by light reflected from plants in addition to incident light from the fixtures. From spectroradiometer measurements, total intensity between 400–700 nm (FPAR), 400–499 nm (Igreen, μmol·m⁻²·s⁻¹), 500–599 nm (Igreen, μmol·m⁻²·s⁻¹), and 600–700 nm (Ired, μmol·m⁻²·s⁻¹) broadband wavelengths was calculated by adding intensities of individual wavelengths within each range. Percentage of blue, green, and red light output was calculated as following:

\[
\text{Blue} = 100 \times \frac{I_{\text{blue}}}{I_{\text{PAR}}} \left( \frac{\mu \text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}}{\mu \text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}} \right)
\]

\[
\text{Green} = 100 \times \frac{I_{\text{green}}}{I_{\text{PAR}}} \left( \frac{\mu \text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}}{\mu \text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}} \right)
\]

\[
\text{Red} = 100 \times \frac{I_{\text{red}}}{I_{\text{PAR}}} \left( \frac{\mu \text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}}{\mu \text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}} \right)
\]

In addition, the ratio of red to blue (R:B), red to green (R:G), and blue to green (B:G) was calculated.

PEr was calculated as following:

\[
PE_R = \frac{P \cdot \text{Red}}{\text{J}}
\]

Due to limited drying oven space, all (32) plants belonging to each treatment within each replication could not be dried at the same time. We harvested 12 plants from the center of each treatment within a replication and dried them at the same time. Shoots were dried in a forced-air oven set to 80 °C until the material was completely dry. SDW was determined by multiplying dry weight of 12 plants by 3.6 as there were 43 plants/m² in each treatment. From this, EUE (g·KWh⁻¹) was calculated as:

\[
\text{EUE} = \frac{\text{SDW}}{\text{EEC}} \left( \frac{\text{g} \cdot \text{m}^{-2}}{\text{KWh} \cdot \text{m}^{-2}} \right)
\]

Experimental design and statistical analysis. The experiment used a randomized block design with four replications. Light treatments were randomized within each replication. An experimental unit was composed of 32 plants belonging to a light treatment within a replication. Data were analyzed using the analysis of variance procedure of statistical analysis software (SAS, version 9.4; SAS Institute, Cary, NC) and means were compared using the Tukey’s honestly significant difference procedure. A model that included red, green, blue, R:B, R:G, B:G, and PPFD as predictor variables was fit and analyzed.
Table 1. Fixture characteristics measured in Expt. 1.

| Fixture       | Manufacturer/Model/Color                  | Cost ($/m²) | Power (W·m⁻²) | PPFDa (μmol·m⁻²·s⁻¹) | Blue (%) | Green (%) | Red (%) | PEb (μmol·J⁻¹) | R:B | PEa (μmol·J⁻¹) | EUE (g·KWh⁻¹) |
|---------------|-------------------------------------------|-------------|----------------|----------------------|----------|-----------|---------|----------------|-----|---------------|--------------|
| FRX           | Fluence /RazrX/Warm-white                 | 456         | 120            | 217 a               | 16.6 a   | 45.6 a    | 37.4 c  | 2.3            | 2.25 c | 0.92 b        | 1.03 b       |
| TGB           | TotalGrow/TG1A/Dull purple                | 471         | 138.6          | 140 b               | 22.2 a   | 24.7 b    | 52.6 b  | 1.3            | 2.37 b | 0.65 c        | 0.66 b       |
| LT8           | Lithonia/2GT8/Cool-white                  | 207         | 95.8           | 137 b               | 22.0 a   | 47.8 a    | 30.0 c  | 1.9            | 1.36 c | 0.63 c        | 0.61 b       |
| FRP           | Fluence/Razr/Purple                       | 569         | 174.5          | 232 a               | 14.9 a   | 21.6 b    | 63.5 a  | 2.1            | 4.26 a | 1.46 a        | 2.54 a       |

aMeasured using a LI-COR quantum sensor.
bManufacturer provided values.
xMeans with different letters are significantly different at P < 0.05.

PPFD = photosynthetic photon flux density; blue = percentage of blue light; green = percentage of green light; red = percentage of red light; PE = photon efficiency; R:B = ratio of percentage of red light to percentage of blue light; PEa = photon efficiency based on red light; EUE = electrical energy use efficiency.

Fig. 1. Spectroradiometer measurement of light quality of pc-LED fixture treatments used in experiments. FRX: Fluence RazrX (Expt. 1), FRW: Fluence Razr Physiospec Warm White (Expt. 2), TGB: Total Grow bulb (Expt. 1), LT8: Lithonia T8 LED fluorescent lamp (Expt. 1), and FRP: Fluence Razr Physiospec Purple (Expts. 1 and 2). Peak wavelength numbers are shown for each fixture. Total light intensity between 400–499, 500–599, and 600–700 nm was added to determine broadband blue, green, and red-light intensities in the study. Pc-LED = phosphor conversion light-emitting diode.
Growing system. A custom vertical farm was built using same hydroponic trays, pumps, and reservoirs as in Expt. 1, wired shelving units (1.21 m × 0.61 m × 1.98 m, Huskey Model #MR482478WS; Home Depot), and LED lights (see the section “Light treatments”). The trays were spaced 0.5 m apart vertically within each shelf. Nutrient solution was continuously recycled (closed-loop) during the experiment among the trays and reservoir in each shelf. The fertilizer type, nutrient-solution concentration, pH, and plant spacing were similar to those used in Expt. 1. Three lettuce varieties, with 10 plants per variety and two gap fillers, were grown in each tray.

Light treatments. Plants were grown under two different commercial LED fixtures, i.e., FRW (Fluence Razr PhysioSpec White; Fluence Bioengineering) and FRP (Fluence Razr PhysioSpec Purple; Fluence Bioengineering). The FRW fixture was similar to the FRX fixture used in Expt. 1, except that an additional array of LED lights was present in FRW to increase the electrical power requirement and PPFD to equivalent levels of the FRX fixture (Table 3). Fixtures were hung 0.4 m above trays with one fixture belonging to one tray. Light treatments were isolated from each other using black plastic sheets. Plants were grown under a 24-h photoperiod in each light treatment. Continuous lighting was used to maximize EUE in each light treatment.

Measurements. Similar to Expt. 1, fixture cost ($/m²), power consumption (W·m⁻²), EEC (KWh·m⁻²·d⁻¹), PPFD (μmol·m⁻²·s⁻¹), blue (%), green (%), red (%), R.B, and PEₚ (μmol·J⁻¹) were measured. Four plants from the center of production area and belonging to each of the three varieties were harvested after 23 d of growth. Shoots were dried in a forced-air oven set to 80 °C until the material was completely dry. SDW was determined by multiplying dry weight of 4 plants by 10.75 as there were 43 plants/m² in each treatment. From this, EUE (g·KWh⁻¹) was calculated as described in Expt. 1.

Experimental design and statistical analysis. The experiment used a split-plot design with four replications. A replication contained three shelves, each treated as a subsample. Each shelf contained two light treatments (main level). In each light treatment, there were three varieties (split level) with 10 plants grouped together. Both main and split-levels were randomized within each shelf and replication. An experimental unit was composed of 10 plants belonging to a variety under a light treatment within a shelf. Data from three subsamples were collected separately and averaged before the analyses. For analyzing EUE and SDW, a split-plot model was used with an appropriate “error term” for main and split-levels.

As PPFD, blue, green, red, and PEₚ were the same for a fixture (or all three varieties in a tray), they were analyzed using a randomized complete block model. Mean comparisons were made using the Tukey’s

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Table 2. Results of stepwise model selection showing response variables, predictor variables, coefficient values for predictor variables, se of estimate, P value, partial R² for each variable, and model R².

| Response variable | Predictor variable | Estimate | SE  | P value | Partial R² | Model R² |
|-------------------|--------------------|----------|-----|---------|------------|----------|
| EUE               | Intercept          | -1.6     | 0.91| 0.07    | 0.79       | 0.79     |
|                   | R:B                | 1.9      | 0.68| 0.010   | 0.69       | 0.69     |
|                   | (R:B)²            | -0.2     | 0.11| 0.06    | 0.10       | 0.10     |
| SDW               | Intercept          | -208.1   | 167.1| 0.012   | 0.88       | 0.88     |
|                   | R:B                | 204.1    | 52.87| 0.003   | 0.78       | 0.78     |
|                   | (R:B)²            | -22.8    | 8.24 | 0.021   | 0.10       | 0.10     |
| EEC               | Intercept          | 25.6     | 10.73| 0.012   | -0.79      | -0.79    |
|                   | R:B                | 1.9      | 0.68 | 0.010   | 0.69       | 0.69     |

The following multivariate model was fitted to the data: $Y = \beta_0 + \beta_1X + \beta_2X^2 + \beta_3X^3 + \beta_4X^4 + \beta_5PEp + \beta_6PPFD + \beta_7FRX + \beta_8R:B + \beta_9R:B^2 + \beta_{10}R:G + \beta_{11}R:G^2 + \beta_{12}R:B:G + \beta_{13}R:B:G^2 + \beta_{14}(R:G)^2$, where $Y$ is response variable, $R$, $B$, and $G$ represent percentage of red, blue, and green light, respectively, and $PPFD$ is incident light intensity.

EUE = electrical energy-use efficiency; SDW = shoot dry weight per m²; EEC = total electrical energy consumption per m².

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variables was used to describe response variables including SDW, EEC, and EUE. Stepwise selection procedure ($P$ value for variable entry = 0.1 and $P$ value for variable stay = 0.05) was used to fit the model using SAS. Linear and quadratic regressions were fitted to the univariate data using regression procedure of SAS. A predetermined alpha value of 5% ($P \leq 0.05$) was considered statistically significant for all analyses.

Expt. 2

Plant material and environmental conditions. Expt. 2 was conducted inside the same greenhouse as Expt. 1 at Purdue University, West Lafayette, IN. A weed cloth (WeedBlock) was used to achieve the same purpose as Expt. 1 to cover the experimental setup. Three lettuce varieties belonging to leaf (var. Redina), butter head (var. Rex), and romaine (var. Organic Rouge d’Hiver) groups were germinated as in Expt. 1 and transferred to an indoor vertical farm (see the section “Growing system” to follow). Expt. 2 was conducted during the summer of 2018 for 23 d. Average temperature and RH were maintained at 26.3 ± 1.15/20.5 ± 0.56 °C (day/night) and RH at 65.7 ± 6.97% during the experiment.

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Fig. 2. Relationship between percentage of red and green light among LED fixtures in Expt. 1. A linear regression was fitted to describe the inverse relationship. A significant $P$ value indicates that slope of the fitted line is different from zero, and $r^2$ describes goodness of fit. Available data from all replications ($n = 4$) and four light treatments were used in the regression analysis. LED = light-emitting diode.
and FRP greater than LT8 and TGB m.

power requirements ranged from 95.8 to

numerically different, there were no statis-

tically different among fixtures (Table 1), it was not a

significant predictor variable in the fitted models (Table 2). In the low range of PPFD levels to which plants were exposed, spectral quality of light likely can have a pronounced effect on observed plant responses (Nelson and Bugbee, 2014). Fitted model indicated that EEC was linearly related to percentage of red-light output by fixtures (Table 2). On the basis of the fitted model, a greater percentage of red-light output will increase fixture energy consumption and lower EUE as EEC and EUE are inversely related. However, the modeling approach indicated that linear and quadratic terms for R:B [i.e., R:B and (R:B)²] were significant predictor variables for SDW and EUE (Table 2). This indicates that EUE increased in a curvilinear fashion with increasing R:B (i.e., with percentage of red). As EUE is a ratio of SDW and EEC, it is possible that SDW has a larger effect than EEC on EUE, which likely increased EUE initially with a greater percentage of red-light output of the incident light. However, EUE increased in a curvilinear fashion at greater levels of red-light output due to a relatively larger effect of greater EEC than SDW on EUE. Interestingly, the percentage of green light was not a significant predictor in the model. This may be because of the inverse relationship between percentages of red and green light among LED fixtures (Fig. 2), and the variability in EUE due to green light was likely accounted for by red light. These results indicate that spectral quality of light, especially red light, can have a larger impact on EUE (within the range of PPFD levels used in our study).

A linear relationship was observed between LED fixture power requirement (proportional to EEC) and percentage of red-light output by the fixture (Fig. 3). Fixture power increased by 2.15 W·m⁻² for a percent increase in red-light output, among LED lights. This is likely because of large “down conversion” associated with red light emission and associated heat generation in the phosphor layer (Huang and Yang, 2013). This likely increased the temperature of phosphor material. Increase in temperature lowers “luminous efficacy” (photons produced per unit EEC) of phosphor emission (Ryu and Ryu, 2015). Thus, more electrical energy was likely needed to produce a greater percentage of red light from LED lights used in our study.

The curvilinear relationships between SDW or EUE and R:B (Fig. 4, top and middle) indicate that SDW and EUE increased initially with increasing R:B up to a maximum, followed by a decrease with further increases in R:B. Maximum EUE was observed when R:B was 4.47 (calculated by equating the slope of the fitted quadratic equation to zero, Fig. 4, middle). Previously, an R:B value of 4.0 resulted in greater biomass and better quality of lettuce in other studies (Kim et al., 2004; Mickens et al., 2018; Zhang T. et al., 2018). A similar R:B increased the photosynthetic saturation honestly significant difference procedure (SAS, version 9.4; SAS Institute) with a predetermined alpha value of 5% (P ≤ 0.05) was considered statistically significant in the analyses.

Results and Discussion

LED fixture characteristics in Expt. 1. In Expt. 1, our goal was to expose plants to a range of red, blue, and green percentages and PPFD levels using LED fixtures that differed in electrical power requirement for modeling purposes. Fixture cost/m² ranged from US $207 to 569. PPFD was significantly different among LED fixtures, with FRX and FRP greater than LT8 and TGB (Table 1). PPFD levels ranged from 137 to 232 μmol·m⁻²·s⁻¹ (Table 1). Spectral quality of light was significantly different among LED fixtures. Percentage of blue, green, and red light ranged from 14.2 to 22.2, 21.6 to 47.8, and 30.0 to 63.5, respectively, among fixtures. The greatest percentage of red and green light was produced by FRP and FRX, respectively (Table 1, Fig. 1). Although numerically different, there were no statistically different in percentage of blue light among LED fixtures (Table 1). Fixture power requirements ranged from 95.8 to 174.5 W·m⁻². Power requirement was greater for fixtures producing a greater percentage of red light (i.e., FRP and TGB).

An inverse relationship was observed between the percentage of green and red light output among LED fixtures (Fig. 2). Green light output linearly decreased by 0.73% for every 1% increase in the red-light output (r² = 0.83; Fig. 2) of incident light. Phosphor chemical composition can be altered to selectively increase emission of specific wavelengths. Because changes in emission happen within a pool of blue photons absorbed by a phosphor, an increase in the emission of one waveband comes at the cost of others. This is the likely reason for the decreased percentage of green light as percentage of red light increased among LED fixtures. Broad-spectrum white light is preferred for better visual assessments on plants compared with monochromatic red/ blue or purple LED lights (Park and Runkle, 2018). Increasing green light may render a white color to the incident light and aid in visual assessments (Kim et al., 2004; Park and Runkle, 2018). However, increase in green light will likely come at the cost of lower percentage of red light in pc-LEDs.

Light quality effects on SDW, EEC, and EUE. Although PPFD was significantly different among fixtures (Table 1), it was not a significant predictor variable in the fitted models (Table 2). In the low range of PPFD levels to which plants were exposed, spectral quality of light likely can have a pronounced effect on observed plant responses (Nelson and Bugbee, 2014). Fitted model indicated that EEC was linearly related to percentage of red-light output by fixtures (Table 2). On the basis of the fitted model, a greater percentage of red-light output will increase fixture energy consumption and lower EUE as EEC and EUE are inversely related. However, the modeling approach indicated that linear and quadratic terms for R:B [i.e., R:B and (R:B)²] were significant predictor variables for SDW and EUE (Table 2). This indicates that EUE increased in a curvilinear fashion with increasing R:B (i.e., with percentage of red). As EUE is a ratio of SDW and EEC, it is possible that SDW has a larger effect than EEC on EUE, which likely increased EUE initially with a greater percentage of red-light output of the incident light. However, EUE increased in a curvilinear fashion at greater levels of red-light output due to a relatively larger effect of greater EEC than SDW on EUE. Interestingly, the percentage of green light was not a significant predictor in the model. This may be because of the inverse relationship between percentages of red and green light among LED fixtures (Fig. 2), and the variability in EUE due to green light was likely accounted for by red light. These results indicate that spectral quality of light, especially red light, can have a larger impact on EUE (within the range of PPFD levels used in our study).

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![Fig. 3. Effect of increasing percentage of red light in the incident light on LED fixture power requirement (W) in Expt. 1. Linear regression was fitted to describe the relationships. A significant P value indicates that slope of the fitted line is different from zero, and r² describes goodness of fit. Available data from all replications (n = 4) and four light treatments were used in the regression analysis. LED = light-emitting diode.](image-url)
point and nitrogen accumulation in leaves of rice (Matsuda et al., 2004), whereas spinach preferred a greater proportion of blue light than lettuce (Yorio et al., 2001).

Initial increase in SDW, and thereby EUE, with increasing R:B was likely due to a positive effect of greater percentage of red on lettuce growth. Leaf expansion and shoot growth of lettuce were shown to be greater under red light in other studies (Kang et al., 2016; Lee and Kim, 2013; Poulet et al., 2014; Wang et al., 2016; Wojciechowska et al., 2015; Zhang T. et al., 2018). In addition, a negative effect of a greater fraction of blue light on leaf and shoot growth in lettuce was also previously reported (Hoenecke et al., 1992; Tosti et al., 2018). Lower leaf growth in lettuce at a greater percentage of blue light is likely a photomorphogenic response to minimize the interception of high-energy blue photons, which may damage the photosystem complex (Loreto et al., 2009). In contrast, the observed decrease in EUE at greater R:B is likely due to a larger increase in EEC at greater R:B.

Using the relationships between red, green, and blue output among fixtures and R:B, the optimal spectral quality of LEDs that results in maximum EUE (when R:B was 4.47) was estimated as 65% red, 25% green, and 15% blue light in the incident light (Fig. 4, bottom). In support, Kim et al. (2004) reported that red, green, and blue percentages of 61, 24, and 15, respectively, resulted in the greatest lettuce biomass production, which agrees with our findings. These results indicate that red light quality is an important determinant of EEC and EUE.

**Relationship between PE and EUE.** Manufacturer-provided PE values ranged from 1.3 to 2.3 \( \mu \text{mol} \cdot \text{J}^{-1} \) among LED fixtures (Table 1). Both Fluence fixtures had greater values (2.3 and 2.1 \( \mu \text{mol} \cdot \text{J}^{-1} \)) followed by LT8 (1.9 \( \mu \text{mol} \cdot \text{J}^{-1} \)) and the TGB fixture (1.3 \( \mu \text{mol} \cdot \text{J}^{-1} \)). Although PE was similar between FRX and FRP, large differences in EUE were observed between them (1.03 vs. 2.54 g·KWh⁻¹, Table 1). Moreover, large differences in PE between TGB and LT8 (1.3 vs. 1.9 \( \mu \text{mol} \cdot \text{J}^{-1} \)) did not result in any differences in EUE between them (Table 1). These results suggest that PE is likely not a good predictor of EUE in lettuce production. It is important to note that our results are specific to lettuce and differ from previous research that generally suggested using PE for LED-fixture selection for many species (Both et al., 2017; Nelson and Bugbee, 2014; Park and Runkle, 2018). In contrast to PE, a strong relation was observed between EUE and PE_R (Fig. 5). This is because EUE increased curvilinear fashion with R:B (Table 2) and PE_R accounts for red-light quality in the incident light.

**Lettuce productivity and EUE in Expt. 2.** Our goal for Expt. 2 was to keep fixture cost, power requirement, PPFD, and PE similar but vary red, R:B, and PE_R between fixtures to validate the observed effects of spectral composition of light on EUE. Fixture cost...
and electric power requirement were similar between the two fixtures used in Expt. 2 (Table 3). There were no statistical differences in PPFD between the two fixtures (Table 3). Manufacturer-provided PE values were similar for both fixtures (2.3 and 2.1 μmol·J⁻¹ for FRW and FRP, respectively). However, there were significant differences in spectral quality of light between the two fixtures. Percentages of blue and green were greater in FRW than for FRP, whereas percentage of red was greater in FRP compared with FRW (Table 3). Spectral composition of FRW was similar to FRX fixture (Expt. 1) with a peak red emission at 607 nm, whereas FRP fixture has a peak emission at 659 nm. Importantly, FRP had significantly greater PE_R compared with FRW (1.46 vs. 0.81 μmol·J⁻¹) due to a significantly greater percentage of red light from FRP than from the FRW fixture (Table 3). This resulted in a significantly greater R:B in FRP (4.3) vs. FRW (1.7).

Statistical analysis indicated a significant effect of LED fixture on EUE. Averaged across three varieties, EUE was significantly greater under FRP than FRW by 24.5% (Table 3). The observed differences in SDW and EUE are associated with differences in light spectral composition between the two fixtures. A lower percentage of blue and green light and higher percentage of red light likely resulted in better shoot growth, thereby greater EUE of lettuce varieties under FRP compared with FRW. Red light wavelength of 660 nm was found to be photosynthetically more efficient than that at 600 nm (McCree, 1971) and also could have contributed to increased SDW and EUE of FRP than FRW fixture. These results support that PE_R can be more useful than PE for lettuce production, and fixture selection based on PE_R can increase lettuce productivity and maximize EUE in indoor lettuce farming.

In conclusion, our results indicate that light spectral quality can have a large impact on EUE. Greater percentage of red increased R:B, which further increased EUE in a curvilinear fashion. Although a greater percentage of red directly increased EEC, effects of red light or R:B on SDW were more dominant and increased EUE. A poor correlation was

### Table 3. Fixture characteristics and measured lettuce responses in Expt. 2.

| Fixture | Manufacturer/model/color | Cost ($·m⁻²) | Power (W·m⁻²) | PPFD (μmol·m⁻²·s⁻¹) | Blue (%) | Green (%) | Red (%) | PE (μmol·J⁻¹) | R:B | PE_R (μmol·J⁻¹) | EUE (g·KWh⁻¹) | SDW (g·m⁻²) | EUE (g·KWh⁻¹) |
|---------|--------------------------|-------------|---------------|---------------------|----------|-----------|---------|---------------|-----|--------------|---------------|--------------|---------------|
| FRW     | Fluence/RazrPS/Warm-white | 547         | 178           | 290                 | 14.8     | 21.6      | 63.6    | 2.3           | 3.8 | 4.29        | 171.0         | 141.6        | 141.6         |
| FRP     | Fluence/RazrPS/Purple    | 569         | 175           | 241                 | 20.4     | 44.6      | 35.1    | 2.1           | 4.3 | 4.29        | 141.6         | 171.0        | 171.0         |

*PE_R (μmol·J⁻¹) measured using a LI-COR quantum sensor.*

*PE = photon efficiency; R:B = ratio of percentage of red light to percentage of blue light; PE_R = photon efficiency based on red light; EUE = electrical energy-use efficiency.*
observed between EUE and PE in lettuce production, mainly because EUE in lettuce production is strongly influenced by spectral quality of light. We found a good relationship between EUE and PE, R, an efficiency metric that accounts for spectral quality of red light among fixtures. A suggestion is made here for lettuce growers to consider LED fixtures with high PE and R:B of ≈4.0 to 4.5 in indoor lettuce farming.

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