Differentiation of Human Bone Marrow-Derived Mesenchymal Stem Cells into Insulin-Producing Cells: Evidence for Further Maturation In Vivo

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1. Introduction

In the year 2000, it was estimated that 150 million people were affected by DM, and this number is expected to double in 2025 [1]. For type 1 diabetes, maintenance of appropriate glycemic control using exogenous insulin is possible but imposes a burden on patients. Transplantation of an intact pancreas as well as isolated pancreatic islets is ideal alternative. However, the shortage of cadaveric organs and the need for immunosuppression are limiting factors [2]. Type 2 diabetes can be treated initially using oral medications, but eventually 27% of patients become insulin-dependent. Of these, less than half achieve the recommended HbA1C level [3]. Recent progress in the field of regenerative therapies provides the potential for the generation of surrogate β-cells from stem cells derived from a variety of sources. Human embryonic stem cells (h-ESCs) can be expanded and differentiated into all cell types, including insulin-producing cells (IPCs) [4–6]. However, the use of these cells is hampered by ethical considerations as well as by practical issues, such as the lack of available embryos, difficulties with the generation of immunocompatible cells, and the risk of teratomas formed via proliferation of residual undifferentiated cells. The successful reprogramming of human somatic cells into a pluripotent state (iPS cells) would facilitate the production of patient- and disease-specific stem cells [7]. The successful
2. Materials and Methods

2.1. Retrieval of Human Bone Marrow Cells. The required approvals for all the procedures in this study were obtained from the ethical committee of the University of Mansoura. Bone marrow aspirates (BMAs) were collected in heparin from the iliac crests of three consenting donors. All donors were type II, insulin-requiring diabetic patients.

2.2. Isolation and Expansion of HBM-MSCs. The BMAs were diluted 1:1 in low-glucose Dulbecco's modified Eagle's medium (DMEM, Sigma, St. Louis, MO) layered atop a density gradient (Ficoll-Paque, 1.077g/mL) (Pharmacia, Uppsala, Sweden) and centrifuged for 20 min at 600 x g. The cells were collected from the DMEM/Ficoll interface, washed twice in PBS at a concentration of 1 x 10^6 cells/mL. Aliquots of 100 μL were incubated for 30 min in 20 μL of antibodies against CD14, CD45 (FITC) or CD73, CD34 phycoerythrin (PE) or in 5 μL of CD105 PE or CD90 (FITC) (Becton, Dickinson, United States), washed with 1 mL of stain buffer (BD-Pharminengen, United States), and resuspended in 500 μL of stain buffer. The labeled cells were analyzed using an argon ion laser at a wavelength of 488 nm (FACS Calibur, Becton, Dickinson, United States). A total of ten thousand events were obtained and analyzed using CellQuest software (Becton, Dickinson, United States). Control staining using the appropriate isotype-matched monoclonal antibodies was included.

2.3. Characterization of the Isolated HBM-MSCs

2.3.1. Phenotyping. HBM-MSCs at passage 3 were trypsinized, centrifuged at 300 x g for 8 min, and resuspended in PBS at a concentration of 1 x 10^6 cells/mL. Aliquots of 100 μL were incubated for 30 min in 20 μL of antibodies against CD14, CD45 (FITC) or CD73, CD34 phycoerythrin (PE) or in 5 μL of CD105 PE or CD90 (FITC) (Becton, Dickinson, United States), washed with 1 mL of stain buffer (BD-Pharminengen, United States), and resuspended in 500 μL of stain buffer. The labeled cells were analyzed using an argon ion laser at a wavelength of 488 nm (FACS Calibur, Becton, Dickinson, United States). A total of ten thousand events were obtained and analyzed using CellQuest software (Becton, Dickinson, United States). Control staining using the appropriate isotype-matched monoclonal antibodies was included.

2.3.2. Multilineage Differentiation Potential. HBM-MSCs were induced to differentiate into adipocytes, chondrocytes, and osteocytes using a previously described differentiation protocol [20]. Oil-Red-O was used to stain adipocytes; alcin blue was used to stain chondrocytes; and Alizarin-Red was used to stain osteocytes.

2.4. Differentiation of the HBM-MSCs into Endocrine Cells. Differentiation was performed according to a protocol previously reported by Tayaramma et al. [21]. Initially, the cells were cultured for 3 days in serum-free DMEM supplemented with trichostatin-a (TSA) at a concentration of 55 nanomoles (Sigma). Then, the cells were cultured for an additional 7 days in high-glucose (25 millimoles) medium containing a 1:1 ratio of DMEM : DMEM/F12 (Sigma). This mixture was supplemented with 10% fetal bovine serum and 10 nanomoles glucagon-(GCG-)-like peptide-1 (GLP-1, Sigma).

2.5. In Vivo Transplantation Studies in Mice. The ability of the differentiated cells to induce normoglycemia in diabetic nude mice (Swiss Nu/Nu, Charles River Laboratories, Paris, France) was examined following implantation of these cells into the renal subcapsular space. Diabetes was chemically induced using a single dose of 220 mg/kg of streptozotocin (STZ, Sigma). The mice were considered diabetic once the blood glucose levels exceeded 350 mg/dL for 2 consecutive readings. Twenty-nine animals at an average age of 12 weeks were utilized. The diabetic mice were anesthetized via intraperitoneal injection of ketamine (100 mg/kg) and diazepam (5 mg/kg). A total of 1 x 10^6 of cells obtained at the end of in vitro differentiation were suspended in 20 μL of culture medium and implanted beneath the renal capsule of each mouse. The surviving animals were sacrificed 1, 2, 4, or 12 weeks after transplantation. Before euthanization, blood samples were obtained from the tail vein and measured.

"The aim of the current study is to provide an explanation for this paradoxical observation."
for blood glucose levels using glucometer strips (Accu-
Check, Roche Diagnostics, Basel, Switzerland), serum human
insulin, serum human c-peptide, and serum mouse insulin
levels by ELISA (DRG Diagnostic, Germany). In addition,
an oral glucose tolerance test was performed: 1g/kg glucose
was administered orally via gavage. Blood samples were
collected before glucose administration and after 30, 60, 90,
and 120 min. Measurements of the glucose and human c-
peptide levels were performed on the obtained samples.

The HBM-MSC-bearing kidneys of the euthanized ani-
mals were divided into halves. One-half was immunolabeled
for histological analysis and to count the insulin-positive
cells. The expression of relevant endocrine genes was deter-
ned in the other half. The pancreas of these animals was
also harvested and immunostained for insulin.

2.6. Immunolabeling

2.6.1. Antibodies. An Alexa Fluor 488-conjugated rabbit
monoclonal antihuman insulin antibody (Cell Signaling
Technology, Denver, United States) was used for flow cytom-
etry. The primary antibodies utilized for immunocytochem-
istry and immunohistochemistry included mouse mono-
clonal antihuman insulin, rabbit monoclonal anti-human
GCG, rabbit polyclonal anti-human c-peptide (Cell Signaling
Technology), and rabbit polyclonal antihuman somatostatin
(SST) (Novus Biologicals, Littleton, CO). The employed
secondary antibodies were Alexa Fluor 488-conjugatedanti-
mouse IgG (H + L) and Alexa Fluor 555-conjugated anti-
rabbit IgG (H + L) (Cell Signaling Technology).

2.6.2. Flow Cytometry. At the end of in vitro differen-
tiation, the cells were fixed in 4% formaldehyde for 10 min at 37
°C, permeabilized using chilled 90% methanol for 30 min and
blocked in incubation buffer for 10 min at RT. Then, the cells
were incubated in the conjugated antibody for 60 min at
RT. Next, the cells were washed with incubation buffer and,
after centrifugation, were resuspended in 0.5 mL PBS. The
labeled cells were evaluated using a 15 mW argon ion laser
at a wavelength of 488 nm (FACSCalibur, Becton, Dickinson,
United States). A total of ten thousand events were obtained
and analyzed using CellQuest software (Becton, Dickinson).
Mouse pancreatic islets served as a positive control.

2.6.3. Immunocytochemistry. Cell preparations were cultured
on chamber slides (Nunc, Thermo Scientific, Rochester, NY).
Then, the cells were fixed in 4% paraformaldehyde, perme-
abilized using chilled 100% methanol for 10 min, blocked
with 5% normal goat serum for 60 min at RT, and incubated
overnight in the primary antibodies at 4°C. Subsequently, the
cells were washed with PBS and incubated in the secondary
antibodies for 2 hours at RT. Negative controls were per-
formed by omitting treatment with the primary antibody.

2.6.4. Immunohistochemistry. The harvested organs were
fixed in formalin and sectioned on coated on positively
charged adhesion slides (Citoglas, Citotest Labware manufac-
turing Co., Haimen, China). Then, the slides were depara-
finized using xylene and a decreasing ethanol gradient. The
antigens were unmasked by boiling the slides in 10 millimoles
sodium citrate buffer (pH 6.0) and maintaining subboiling
temperature for 10 min. The sections were blocked with 5%
normal goat serum and incubated overnight in the primary
antibody at 4°C. Then, the slides were washed 3 times in
PBS and incubated in the secondary antibody for 2 hours
at RT. The nuclei were counterstained using DAPI. ImageJ
software (developed by NIH) was used to determine the
proportion of transplanted cells beneath the renal capsule
that intracytoplasmically expressed insulin. To this end,
ten fields were randomly selected for cell counting which
was carried out by two independent histopathologists.
The results from all fields were calculated and expressed as the
mean proportion of insulin-positive cells out of the total
transplanted cells. In all the above studies, confocal images
were captured using a Leica TCS SP8 microscope (Leica
Microsystems, Mannheim, Germany).

For immunolabeling of the native pancreas, the primary
antibody used was mouse monoclonal anti-insulin (L6B10)
(Cell Signaling Technology), and the secondary antibody was
the power-stain 1.0 poly-HRP DAB Kit for mouse (Genemed
Biotechnologies, California, United States). The sections
were examined under light microscopy.

2.7. Gene Expression via RT-qPCR. Total RNA was extracted
from the undifferentiated cells at the end of in vitro differen-
tiation and from the cells transplanted beneath the renal
capsule using the RNeasy plus mini kit (Qiagen GmbH,
Hilden, Germany). Three micrograms of total RNA were
converted to cDNA using the RT first Strand kit (Qiagen
Sciences, Maryland, United States). Custom gene arrays
were designed and supplied as the Quantifast Probe Assay
(Qiagen Science, Maryland, United States). Gene expression
was examined for endocrine hormones (insulin, GCG, and
SST), transcription factors (PDX-1, Ngn3, Pax-4, RFX6, and
Neurod-1), an endocrine precursor marker (nestin), a glucose
transporter (Glut-2), and a pancreatic enzyme (glucokinase
(GCK)). Human islets and GAPDH were included as positive
and internal controls, respectively. Amplifications were
performed in each well using a 25μL reaction volume consisting
of 12.5 μL of 2× TaqMan Master Mix (Quantifast Probe
Assay, Qiagen Sciences), 1 μL of cDNA template, 1.5μL of
the primers, and 10 μL of nuclease-free water. The plate
was inserted into a real-time thermal cycler (CFX96 Real-
Time System, Bio-Rad, United States) that was programmed
according to the manufacturer’s instructions. The procedure
was performed in duplicate for each sample. A mathematical
model introduced by Pfaffl was used for the relative quantifi-
cation of target genes [22]. In this study, gene expression was
expressed relative to that in human islets.

2.8. Statistical Analysis. Nonparametric data were evaluated
using Friedman’s test. Post hoc analysis was performed
using the Wilcoxon signed-rank test, and the P values were
corrected using Bonferroni adjustments. A P value of <0.05
was considered significant. The mean values were used as a measure of variation. The median values were utilized only if there were extreme observations.

3. Results

3.1. Characterization of the Cultured HBM-MSCs. At the end of expansion, the cultured cells became spindle-shaped, fibroblast-like cells that arranged in monolayers. Flow cytometry revealed that these cells expressed high levels of CD73, CD90, and CD105 but negligible levels of CD14, CD34, and CD45 (Supplementary Table 1 in Supplementary Material, available online at http://dx.doi.org/10.1155/2015/575837). These cells could be differentiated to form adipocytes, chondrocytes, and osteocytes when the appropriate growth factors were added (Supplementary Figure 1). Accordingly, evidence for their multilineage potential was confirmed.

3.2. Functional Evaluation of Differentiated HBM-MSCs. At the end of differentiation, flow cytometric analysis indicated that the percentage of generated IPCs was meager, ranging between 0.12% and 3.4%. The presence of insulin granules within the cytoplasm of the IPCs was detected via immunocytochemistry. Immunostaining for c-peptide was also positive in the IPCs. Coexpression of insulin and c-peptide within the same cells was detected via electronic merging (Figure 1).

GCG staining was detected in some of the examined samples. However, positive staining for SST was not detected.

3.3. Outcomes of the In Vivo Transplantation Experiments. Out of the 29 transplanted animals, 5 mice did not tolerate the surgical procedure. The blood glucose levels of the surviving animals became normalized within a few days after transplantation (4 ± 1.6 days). Thereafter, the animals remained euglycemic throughout the observation period. The serum levels of human insulin and human c-peptide were measurable one week after transplantation, and these values also remained unchanged throughout the observation period. Serum levels of mouse insulin became negligible after induction of diabetes (Table 1). The results of the oral glucose tolerance test were normal. The corresponding c-peptide level measurements indicated parallel changes, providing evidence that the transplanted cells were glucose-responsive and insulin-secreting (Figure 2, Supplementary Table 2).

Immunohistochemistry of the HBM-MSC-bearing kidneys revealed that the percentage of IPCs increased gradually, peaking at 4 weeks after transplantation (~18%) without any substantial change thereafter (Figure 3, Supplementary Table 3). Again, the coexpression of insulin and c-peptide within the cytoplasm of these cells was confirmed. Positive staining for GCG and SST was detected in some cells that did not display insulin expression (Figure 4). Immunolabeling of the

Figure 1: Immunofluorescence staining of differentiated HBM-MSCs ((a) selected field). (a) Positive staining for intracytoplasmic insulin granules (green) with counterstaining for DAPI (blue). (b) Positive staining for c-peptide (red) with counterstaining for DAPI (blue). (c) Electronic merging of the insulin and c-peptide staining. The coexpression of insulin and c-peptide (yellow) was detected in the same cells.
Table 1: Mean blood glucose and serum human insulin, c-peptide, and serum mouse insulin levels in mice transplanted with HBM-MSCs (human bone marrow-derived mesenchymal stem cells).

|                          | Basal          | After induction of diabetes | After transplantation |
|--------------------------|----------------|----------------------------|-----------------------|
|                          | Blood glucose (mg/dL) | 117.5 ± 14.15 | 359.5 ± 49.6 | 121.0 ± 24.2 | 167.2 ± 32.6 | 146.67 ± 24.1 | 103.2 ± 17.6 |
| Serum human insulin (μIU/mL) | —              | 2.9 ± 0.75 | 30.5 ± 6.4   | 29.64 ± 2.9  | 32.8 ± 2.86  |
| Serum human c-peptide (ng/mL) | —              | 0.4 ± 0.4 | 0.33 ± 0.12  | 0.18 ± 0.39  | 0.4 ± 0.09  |
| Serum mouse insulin (μIU/mL) | 3.65 ± 1.8     | —              | 0.4 ± 0.089  | 0.43 ± 0.11  | 0.34 ± 0.10  |

Figure 2: The oral glucose tolerance test performed 4 weeks after transplantation. (a) The blood glucose levels 2, 4, and 12 weeks after transplantation displayed normal patterns. (b) The corresponding serum human c-peptide values demonstrated a similar pattern. This result indicates that the transplanted cells are glucose-responsive and insulin-secreting.

native pancreas of the treated mice was negative for IPCs (Figure 5).

At the end of the in vitro differentiation period, relevant endocrine genes were expressed, although at approximately 1/1000 that in human islets. After transplantation, there was a significant increase in the relative gene expression values of the transcription factor PDX1, the endocrine hormones insulin, GCG, and SST, the glucose transporter GLUT-2, and the pancreatic enzyme GCK. This increase peaked by the fourth week after transplantation. At 12 weeks after transplantation, there was a decline in the gene expression of insulin, GCG, and GCK (Figure 6, Supplementary Table 4).

4. Discussion

The term MSCs has been popularized by Caplan [23] to refer to plastic-adherent cell preparations isolated from a variety of tissues. Of these, bone marrow and adipose tissue offer distinct advantages in terms of availability, abundance, and the extent of their documentation in the literature. Recently, leading investigators of mesenchymal cell therapy concluded that convincing data to support “the stemness” of these unfractionated plastic-adherent cells are lacking [24]. Therefore, the use of the term mesenchymal stromal cells has been suggested, thus allowing the abbreviation MSCs to be maintained. Several independent studies have demonstrated that MSCs can differentiate into not only mesodermal but also ectodermal and endodermal lineages [25]. Based on these findings, the term multipotent mesenchymal stromal cells appears to be the most scientifically accurate descriptor of this plastic-adherent population. The term “mesenchymal” is maintained to imply the origin, but not the differentiation potential, of these cells [26].

We have shown that the HBM-MSCs utilized in this study met the minimal criteria proposed by the International Society for Cellular Therapy [27]. The feasibility of differentiating HBM-MSCs into IPCs in vitro under defined culture conditions has been reported by many investigators [12, 14, 19, 28, 29]. Based on the results of a previous comparative study, we chose to perform a TSA-based protocol due to its simplicity and the short duration required for differentiation [17].

The blood glucose levels were normalized one week after cell transplantation. The serum levels of human insulin and c-peptide became detectable one week after transplantation, and these values were maintained throughout the observation period. The similarity between the profiles of the glucose levels and the c-peptide tolerance curves provides evidence that these are glucose-responsive and insulin-secreting cells. The percentage of IPCs among the cells transplanted beneath
the renal capsule increased over time, peaking at ∼18% after 4 weeks. All the relevant endocrine genes, particularly insulin, GCG, and SST, were expressed. Their relative values were significantly higher than those at the end of in vitro differentiation, peaking at 4 weeks after transplantation. The pancreatic enzyme GCK, which is responsible for glucose sensing, and the glucose transporter Glut-2, which initiates glucose-stimulated insulin secretion, were also expressed. A possible explanation for the limited decrease in the gene expression levels of insulin, GCG, and GCK at 12 weeks is that there was no further differentiation after the 4th week of transplantation. Afterward, gene expression may vary depending on the blood glucose levels at the time of sampling. It must be noted that primers utilized for our gene expression studies were designed specifically for detection of human gene sequences. Accordingly, the gene expressed in this study can only be derived from transplanted human cells and not from the mice renal tissues.

We and others have found that the proportion of IPCs at the end of in vitro differentiation is small, irrespective of the employed protocol [13, 14, 17, 19, 30]. Despite this modest yield, we found that these cells induced euglycemia after their transplantation into diabetic nude mice [14, 18, 19]. Some studies suggested that these beneficial effects are due to MSC-mediated $\beta$-cell regeneration in the pancreas [31]. Such a possibility was firmly excluded by our experiments because histopathologic examination of the harvested pancreas did not reveal any signs of regeneration. Moreover, serum levels of mouse insulin became negligible after induction of diabetes without any change throughout the observation period. It is reasonable to assume that the in vivo milieu contains factors that promote the maturation of the transplanted cells. Several investigators suggested that the source of these factors could be the regenerating pancreas after it had sustained an injury, either toxic or traumatic. Hardikar and Bhonde showed that cytosolic extracts from the regenerating pancreas display the potential to initiate islet neogenesis in STZ-induced diabetic animals [32]. Choi and colleagues utilized an extract from a regenerating pancreas 2 days after a 60% pancreatectomy for the differentiation of rat mesenchymal cells into IPCs [33]. Similarly, Phandis and colleagues reported that paracrine factors secreted from the regenerating pancreas assist in the efficient differentiation and maturation of HBM-MSCs [19]. Further studies to identify the factors secreted during pancreatic regeneration could provide an important tool for achieving the efficient differentiation of HBM-MSCs.

To our knowledge, we have provided the first evidence that the ability of these transplanted cells to cure the diabetic animals was due to an increase in the number of functional IPCs. Directed differentiation in vitro served as an initial step that induced expression of relevant endocrine genes. Subsequently, further maturation of these cells occurred after transplantation under the influence of favorable microenvironmental conditions. The maximal yield of functional IPCs was ∼18% at 4 weeks after transplantation, with no further increase thereafter. This result suggests that only a subset of MSCs are capable of trans-differentiation into the pancreatic endocrine lineage.

The identification, sorting, expansion, and subsequent differentiation of this cellular component would result in the production of sufficient IPCs displaying adequate functional capacity. The group of Catherine Verfaillie described a culture system for MSCs that favors the selection of a subpopulation of primitive cells referred to as multipotent adult progenitor cells (MAPCs) [34]. It was shown that these cells can be differentiated into mesoderm, visceral mesoderm (endothelial cells), neuroectoderm, and endoderm [35]. However, because other laboratories were unable to produce MAPCs, their existence was questioned [36]. The intermediate filament protein “nestin” has been detected in several cellular phenotypes during embryonic and adult life. The expression of nestin may reflect the multipotential and regenerative abilities of cells [37]. Kabos et al. described a method for isolating nestin-positive cells from adult bone marrow [38]. Using this method, the successful differentiation of the nestin-positive subset of bone marrow-derived pancreatic endocrine cells was reported by Milanesi and colleagues [39]. However, the superiority of this method over the use of un factionated cells in terms of the number and/or functionality of the generated IPCs was not provided. Recently, Kuroda and colleagues isolated what they defined as multilineage differentiating stress-enduring (Muse) cells cultured from skin fibroblasts or bone marrow stromal cells [40]. These cells were positive for both CD105, a mesenchymal cell marker, and SEA-3, a human pluripotency marker. Muse cells are indistinguishable from other MSCs in adherent culture, but when they are transferred to suspension culture, they form characteristic cell clusters that are capable of self-renewal as well as differentiation into all three germ layers. To our knowledge, the differentiation of these cells into IPCs has yet to be reported.
Figure 4: Histology of IPC-bearing kidneys harvested from mice 4 weeks after transplantation. (a) Hematoxylin and eosin staining revealed the implanted cells beneath the renal capsule. (b) Positive immunofluorescence staining for insulin (green) and c-peptide (red). Electronic merging (yellow) reveals the coexpression of insulin and c-peptide in some cells. (c) Positive immunofluorescence staining for insulin (green) and GCG (red). Electronic merging reveals that these two hormones are localized to distinct cell populations. (d) Positive immunofluorescence staining for insulin (green) and SST (red). Electronic merging reveals that these two hormones are localized to distinct cell populations.
Figure 5: Immunolabeling of the native pancreas (×200). (a) Positive control displaying intense positive staining for insulin within the islets. (b) The pancreas from an STZ-treated mouse 12 weeks after the transplantation of differentiated cells beneath the renal capsule: negative staining for insulin.

Figure 6: Median relative gene expression levels of the undifferentiated cells at the end of in vivo differentiation and at 1, 2, 4, and 12 weeks after transplantation. At the end of in vitro differentiation, relevant pancreatic endocrine genes were expressed, although at approximately 1/1000 that in human islets. These levels increased by more than 10-fold 4 weeks after transplantation. Insulin, GCG, and GCK gene expression displayed a small but significant decrease at the 12th week. The peak maturation of IPCs occurred at the fourth week. Thereafter, gene expression varied depending on the blood glucose levels at the time of sampling.

5. Conclusions

IPC can be generated from HBM-MSCs via directed differentiation, although the yield is meager. However, transplanting these cells results in the normalization of blood glucose levels in diabetic animals. Evidence was provided for the further maturation of these cells in vivo. The proportion of IPCs increased by 10-fold 4 weeks after transplantation. All relevant pancreatic endocrine genes were expressed, and their expression levels were significantly increased in vivo. The glucose-tolerance curves and the simultaneously measured c-peptide levels demonstrated that these cells are glucose-responsive and insulin-secreting. Our experiments indicated that only a subpopulation of MSCs are capable of differentiation into the pancreatic lineage. The identification, sorting, and expansion of this cellular subpopulation before differentiation would optimize the yield. However, several questions remain: how long will these cells retain their function? What is the optimal site for their transplantation? What are the risks of teratogenicity? Once these questions are adequately addressed, meaningful clinical applications can be developed.

Conflict of Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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