Accuracy of a nomogram for prediction of lymph-node metastasis detected with conventional histopathology and ultrastaging in endometrial cancer

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Background: We developed a nomogram based on five clinical and pathological characteristics to predict lymph-node (LN) metastasis with a high concordance probability in endometrial cancer. Sentinel LN (SLN) biopsy has been suggested as a compromise between systematic lymphadenectomy and no dissection in patients with low-risk endometrial cancer.

Methods: Patients with stage I–II endometrial cancer had pelvic SLN and systematic pelvic-node dissection. All LNs were histopathologically examined, and the SLNs were examined by immunohistochemistry. We compared the accuracy of the nomogram at predicting LN detected with conventional histopathology (macrometastasis) and ultrastaging procedure using SLN (micrometastasis).

Results: Thirty-eight of the 187 patients (20%) had pelvic LN metastases, 20 had macrometastases and 18 had micrometastases. For the prediction of macrometastases, the nomogram showed good discrimination, with an area under the receiver operating characteristic curve (AUC) of 0.76, and was well calibrated (average error = 2.1%). For the prediction of micro- and macrometastases, the nomogram showed poorer discrimination, with an AUC of 0.67, and was less well calibrated (average error = 10.9%).

Conclusion: Our nomogram is accurate at predicting LN macrometastases but less accurate at predicting micrometastases. Our results suggest that micrometastases are an ‘intermediate state’ between disease-free LN and macrometastasis.

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Endometrial cancer is the most common malignancy of the female genital tract and the seventh most common cause of cancer death in women in Western countries (Siegel et al., 2012). The histological type and grade of endometrial cancer and the depth of myometrial invasion are prognostic factors in early-stage disease as well as risk factors for lymph-node (LN) metastasis. However, the prognostic relevance of assessing LN status by lymphadenectomy is debated. Lymphadenectomy may be omitted in patients in low-risk groups, while pelvic and para-aortic lymphadenectomy is recommended in patients in high-risk groups, including patients with stage IB grade 3 endometrioid cancers and type II endometrial cancer. To provide evidence-based and individualised predictions, we developed a nomogram to predict LN status for endometrial cancer by combining selected clinical and pathological risk factors using a multivariate model (Bendifallah et al., 2012). This nomogram was based on five clinical and pathological characteristics to predict LN metastasis. It was developed using data from the Surveillance, Epidemiology and End Results (SEER) database and has been validated externally on a validation set. In both the training and the validation sets, a conventional histopathological examination was performed to assess LN metastases, and it is likely that only macrometastases were detected (Cote et al., 1999).

The results of a prospective multicenter study suggest that sentinel LN (SLN) biopsy could provide a trade-off between systematic lymphadenectomy and no dissection in patients with low-risk and intermediate-risk endometrial cancer (Ballester et al., 2011). Ultrastaging of LN, using serial sectioning and immunohistochemistry (IHC), is an important focus of the sentinel-node concept (Cote et al., 1999). In this study, almost half of patients with positive SLNs had occult metastases, including micrometastases and submicrometastases, which were not detected by conventional histology. The impact of micrometastases on the prognosis and the risk of recurrence has been shown in breast cancer (International (Ludwig) Breast Cancer Study Group, 1990; Cote et al., 1999). A case–control study in women with endometrial cancer showed that removal of micrometastases was associated with a significant increase in disease-free survival (Yabushita et al., 2001). Predictive factors of micrometastasis are unknown. Therefore, the predictive ability of a nomogram is also lacking. Additionally, such data could potentially be used as a surrogate to demonstrate the relative staging information provided by ultrastaging and micrometastasis.

The primary aim of this study was to evaluate and compare the accuracy of a nomogram when ultrastaging is performed on SLN in terms of calibration and discrimination. The secondary objective was to compare the values and distribution of nomogram scores in cases of LN micrometastasis and LN macrometastasis and in the absence of LN metastasis.

**Materials and Methods**

**Patients.** From 2007 to 2011, 187 women with presumed stage I–II endometrial cancer determined using the 2009 FIGO (International Federation of Gynecology and Obstetrics) classification underwent hysterectomy with bilateral salpingooophorectomy, pelvic SLN and systematic pelvic-node dissection at four French centres. All the women had biopsy-proven endometrial cancer.

All women gave informed written consent to the therapeutic procedures and to the analysis of data related to their malignancy in accordance with institutional guidelines and the Declaration of Helsinki. The protocol was approved by the national ethics committee (CEROG 2012-GYN-10-01).

Medical records were reviewed to determine age, tumour stage, histology, surgical procedure, and the final pelvic and para-aortic node status. Outcome was obtained from the outpatient records.

**Sentinel-node procedure.** The SLN procedure was performed for each patient. The pelvic and lower para-aortic regions were carefully inspected by laparoscopy for lymph ducts and dye uptake by LN. All blue and/or hot LNs were removed separately. After the SLN procedure, systematic pelvic transperitoneal LN dissection extending from the external iliac (and obturator nerve) to the iliac bifurcation was performed. The absence of residual pelvic or para-aortic radioactivity was verified after pelvic lymphadenectomy. In accordance with French guidelines (Querleu et al., 2011), a para-aortic lymphadenectomy was recommended if metastases were detected on intraoperative histology or after definitive histology. Systematic pelvic and para-aortic lymphadenectomy was recommended for patients with type 2 endometrial cancer (clear-cell, serous endometrial cancer and carcinosarcoma).

**Histological analysis**

**Conventional analysis of LN.** Non-SLNs were sectioned at 3-mm intervals and submitted for paraffin embedding. Each block was sectioned at one to three levels, depending on the size of the tissue in the block, and stained with haematoxylin and eosin (H&E). The size of LN metastases was estimated with an eyepiece micrometre. A macrometastasis was defined as a single focus of metastatic disease per LN, measuring >2 mm.

**SLN-based ultrastaging.** Ultrastaging was done for SLNs only, in accordance with a study validating the histological concept of the SLN procedure in endometrial cancer (Delpech et al., 2007). Each half-SLN was sectioned at 3-mm intervals. Each 3-mm section was analysed at four additional levels of 150 mm. SLNs were examined by IHC with an anti-cytokeratin antibody cocktail (cytokeratins AE1-AE3; Dako Corporation, Glostrup, Denmark). Micrometastases were defined as a focus of metastatic disease <2 mm. A submicrometastasis was defined as a single focus of metastatic disease measuring <0.2 mm, including the presence of single noncohesive tumour cells.

**Nomogram evaluation.** Recently, Bendifallah et al., 2012 reported a nomogram to predict LN invasion in early stages of endometrial cancer. The parameters included in this nomogram were age, race, histological type (type I: endometrioid carcinoma; type II: carcinosarcoma, clear-cell or papillary serous), tumour grade and primary tumour extension (endometrium, < or ≥50% myometrial invasion or cervical stroma invasion). The mathematical model was developed using data from the SEER database, and the nomogram was validated on a single database that recorded patient data from four institutions.

For each patient, we calculated the score of the nomogram previously described and the probability of LN metastasis. We evaluated performance of the nomogram to predict nodal status assessed by conventional analysis of nodes and by ultrastaging.

**Statistical analysis.** Data were analysed and compared using the z² test, the Fisher’s Exact test and the Kruskal–Wallis test. The nomogram performance was quantified with respect to discrimination and calibration. Discrimination (i.e., whether the relative ranking of individual predictions was in the correct order) was quantified with the area under (AUC) the receiver operating characteristic curve (i.e., the agreement between observed outcome frequencies and predicted probabilities), and calibration was studied with graphical representations of the relationship between the observed outcome frequencies and the predicted probabilities (calibration curves). To quantify misclassification we used the unreliability index U, which is the difference in −2 log likelihood of a model with both α and β as free parameters and a model with


RESULTS

Patient and surgical characteristics of the population. Patient and surgical characteristics are reported in Table 1. There were no differences between the groups regarding age, BMI or parity.

All 187 patients underwent pelvic lymphadenectomy with SLN biopsy. Most had a laparoscopy (78%). SLNs were not detected in 22 patients. Thirty-eight of the 187 patients (20%) had pelvic LN metastases, 20 had macrometastases detected by conventional histologic examination and 18 had micrometastases detected by ultrastaging procedures. Twenty-six of the 187 patients (14%) underwent para-aortic lymphadenectomy. Six of the 187 patients (3%) had associated para-aortic LN metastases. None had isolated para-aortic LN metastases. For the SLN procedure, there were no differences between the groups for the rate of para-aortic lymphadenectomy (P=0.001) and the occurrence of positive para-aortic nodes (P=0.02).

Pathological characteristics. There were no differences between the groups regarding histological type, and there was a predominance of endometrioid carcinoma (88.8%) (Table 2). Comparing the groups regarding histological type, and surgical characteristics are reported in Table 1. There were no differences for the final grade (P=0.0001) and the number of patients with lymphovascular space invasion (P<0.0001).

The primary tumour invasion fell short of reaching statistical significance (P=0.05), but the tumour size was significantly larger in patients with micro- or macrometastases (P=0.02).

Accuracy of the nomogram to predict macrometastasis detected by conventional histologic analysis. We performed discrimination and calibration analysis according to LN status and method of detection, that is, macrometastasis detected by conventional histologic analysis, and macrometastasis and micrometastases detected by ultrastaging.

For the prediction of metastases detected by conventional histopathology, the nomogram showed good discrimination with an AUC of 0.76 (95% CI 0.71–0.81) (Figure 1) and was well calibrated (average error = 2.1%, maximal error = 10.5%), with no statistical difference between predicted probabilities and observed proportions (P-value of the U index = 0.56) (Figure 2).

Accuracy of the nomogram to predict nodal status including SLN-based ultrastaging. Considering LN metastasis detected by conventional histologic analysis and ultrastaging, the nomogram showed poorer discrimination, with an AUC of 0.67 (95% CI 0.63–0.72) (Figure 1), and was less well calibrated (average error = 10.9%, maximal error = 15.9%) with a statistical difference between predictions and observations (P-value of the U index < 0.0001) (Figure 2).

Impact of SLN-based ultrastaging. For the whole population, ultrastaging detected 10% additional metastasis. All these metastases were micrometastases. We studied the impact of SLN-based ultrastaging according to the risk of metastasis calculated by the nomogram (Table 3). The impact of ultrastadification was independent of the baseline risk: 9%, 8%, 11% and 11% in the four quartiles, respectively (P=0.97).

Table 1. Patients' and surgical characteristics

| Patients without LN invasion (N = 149) | Patients with LN micro-metastases (N = 18) | Patients with LN macrometastases (N = 20) | P |
|--------------------------------------|------------------------------------------|----------------------------------------|---|
| Age (years)                         | 64.8 ± 9.7                               | 68.0 ± 10.5                            | 64.1 ± 5.9   | 0.57 |
| BMI (kg m⁻²)                        | 27.5 ± 10.3                              | 26.0 ± 8.4                             | 26.9 ± 9.8   | 0.73 |
| Parity                               | 1.8 ± 1.4                                | 2.1 ± 1.3                              | 1.2 ± 1.2    | 0.09 |
| SLN detected                         | 131 (88%)                                | 18 (100%)                              | 16 (80%)     | 0.16 |
| Number of SLNs detected              | 2.3 ± 1.7                                | 2.9 ± 1.7                              | 2.8 ± 0.4    | 0.13 |
| Number of non-SLNs removed           | 11.5 ± 5.5                               | 12.8 ± 7.7                             | 13.7 ± 9.4   | 0.82 |

Surgical route

| Laparoscopy                          | 117 (79%)                                | 16 (89%)                               | 12 (60%)     | 0.09 |
| Open surgery and laparoverconversion  | 32 (21%)                                 | 2 (11%)                                | 8 (40%)      |     |
| Para-aortic lymphadenectomy          | 11 (7%)                                  | 3 (17%)                                | 12 (60%)     | <0.001 |
| Number of para-aortic LNs removed    | 12.5 ± 4.0                               | 16.7 ± 6.8                             | 12.5 ± 7.7   | 0.42 |
| Positive para-aortic lymphadenectomy | 0                                        | 0                                      | 6 (30.0%)    | 0.02 |

Abbreviations: BMI = body mass index; LN = lymph node; SLN = sentinel lymph node.

Table 2. Pathological characteristics

| Final histology*                     | Patients without LN invasion (N = 149) | Patients with LN micro-metastases (N = 18) | Patients with LN macrometastases (N = 20) | P   |
|--------------------------------------|----------------------------------------|------------------------------------------|----------------------------------------|-----|
| Endometrioid                         | 135 (91%)                               | 16 (89%)                                | 15 (75%)                               | 0.13 |
| Clear-cell                           | 10 (7%)                                 | 1 (6%)                                  | 2 (10%)                                 |     |
| Papillary serous                     | 4 (3%)                                  | 1 (6%)                                  | 3 (15%)                                 |     |

Final grade*

| 1 | 80 (64%) | 9 (50%) | 2 (10%) |
| 2 | 50 (34%) | 6 (33%) | 7 (35%) |
| 3 | 19 (13%) | 3 (17%) | 11 (55%) |
| P | <0.0001  |        |        |

Primary tumour extension*

| Endometrium ≤ 50% Myometrial invasion | 25 (17%) | 1 (6%) | 2 (10%) |
| > 50% Myometrial invasion             | 65 (44%) | 7 (39%) | 4 (20%) |
| Cervical stromal invasion             | 52 (35%) | 10 (56%) | 14 (70%) |
| Lymphovascular space invasion        | 7 (5%)   | 0       | 0       |
| Tumour size (mm)                     | 28/141   | 7/17    | 13/19   |
| Abbreviation: LN = lymph node.        | 0        | 0       | <0.0001 |
| *On the hysterectomy specimen.        |          |        |        |
the findings of these two prospective studies showing that occurred significantly more frequently in patients who had related complications. Similarly, in the experience of Benedetti surgery group reported moderate or severe morbidity or treatment-om was performed. Additionally, after adjuvant treatment, more the median length of operation was higher when lymphadenect- required blood transfusion in the lymphadenectomy group and developed specific complications. Moreover, more patients lymphadenectomy group than in the standard surgery group. In the present study, the rate of micrometastasis is higher presumes stage I and II endometrial cancer, the rate of nearly 21% appears to be high. This difference could be explained by the fact most other studies did not include micrometastases. For example, in the two major randomised trials concerning lymphadenectomy in endometrial cancer (provided by SLN or the use of a nomogram) should be considered, especially as the benefit of lymphadenectomy has not been proven.

In comparison with other studies reporting LN invasion in early endometrial cancer, the rates of patients with pelvic LN were 9% (Kitchener et al, 2009) and 13% (Benedetti Panici et al, 2008; Kitchener et al, 2009), respectively. These rates of LN metastases were most likely underestimated. In the present study, IHC detected metastases that would have not been diagnosed with conventional histology in 18 of 187 patients (9.6%) with detected SLNs, representing 18 of 38 patients (47.4%) with metastases. In the present study, the rate of micrometastasis is higher than in other reports (Gonzalez Bosquet et al, 2003; Pelosi et al, 2003; Niihara et al, 2007; McCoy et al, 2012). The difference is most likely explained by the methodology of screening for micrometastases. In other reports, SLN was not performed, and the whole lymphadenectomy specimen was examined for micrometastasis. For example, in McCoy’s experience of screening for micrometastasis in 51 patients, only 151 LN paraffin blocks were obtained, whereas the mean number of LNs removed per patient
Nomogram for micro- and macrometastasis in endometrial cancer

Table 3. Actual probability of LN micro- and macrometastasis according to the probability of LN metastasis given by the nomogram

| Predicted probability of LN metastasis | Whole population | 1st quartile | 2nd quartile | 3rd quartile | 4th quartile |
|---------------------------------------|------------------|-------------|-------------|-------------|-------------|
| N                                     | 187              | 54          | 39          | 38          | 56          |
| Mean predicted probability of LN metastasis | 9%            | 1%          | 4%          | 9%          | 22%         |
| Observed probability of LN macrometastasis | 20/187 (11%) | 1/54 (2%)   | 2/39 (5%)   | 4/38 (11%) | 13/56 (23%) |
| Observed probability of LN micrometastasis | 18/187 (10%) | 5/54 (9%)   | 3/39 (8%)   | 4/38 (11%) | 6/56 (11%)  |

Abbreviation: LN = lymph node.

was 12 (McCoy et al, 2012). Because micrometastases are usually defined as positive staining of cells <2 mm in the greatest dimension, searching for them in all LNs removed during pelvic lymphadenectomy is hardly feasible. In accordance with a study validating the histological concept of the SLN procedure, ultrastaging was usually only performed for SLNs (Delpech et al, 2007). Cytokeratin, a constituent of the cytoskeleton of normal and malignant epithelial cells, is usually only present in tumour metastasis (Lindemann et al, 1992). However, Gould et al (1995) reported that cytokeratin-positive interstitial reticulum cells were increased in non-neoplastic inflammatory lymphadenopathies as well as neoplastic lymphadenopathies. This suggests that cytokeratin expressed in regional LNs does not always originate in neoplastic epithelial cells. In order to identify the presence of occult metastases in LNs, Yabushita et al, 2001 examined cytokeratin expression in cells other than tumour cells in LNs and its predictive value for recurrence in early-stage endometrial carcinoma. Cytokeratin expression was observed in 16% of LNs with unconfirmed metastasis, which were obtained from 14 of 36 patients with Stage I disease. Five of 14 patients with LNs expressing cytokeratin had recurrent disease in the pelvic cavity, while all 22 patients with unconfirmed cytokeratin expression in their LNs showed no recurrence. Multivariate analysis identified cytokeratin expression as an independent risk factor for recurrence in Stage I endometrial cancer. We share the conclusions of these authors suggesting that the immunohistochemical expression of cytokeratin in LNs with undetected metastases could be associated with occult LNs metastases.

Using a nomogram, we tried to better characterise and to compare the primary tumoural characteristics in patients with micrometastases. The nomogram we developed to predict LN metastasis in endometrial cancer is mainly based on primary tumoural characteristics (cancer grade, histologic subtype, depth of invasion, cervical involvement) and the training set was extracted from patients included in the SEER database who were treated between 1988 and 2007. In this population study, even if it is not detailed, IHC was most likely not performed systematically because the current standard for detection of endometrial LN metastasis involves H&E staining only. Our nomogram has been shown to be a good predictor of LN metastasis (Bendifallah et al, 2012). Interestingly, the nomogram approach permits the evaluation of the primary tumoral aggressiveness in each patient. Our results suggest that primary tumoral characteristics between patients without LN micrometastases and patients with micrometastases are significantly different. Interpretation of the frequency of micrometastases according to the nomogram probability suggests that compared with micrometastases, macrometastases may occur earlier and in tumours with lower carcinologic aggressiveness. These results suggest that micrometastasis could be an ‘intermediate state’ between disease-free LN and macrometastasis. The initial study (Bendifallah et al, 2012) was conducted in order to develop and evaluate a nomogram to predict the LN metastatic risk for patients with presumed stage I and II endometrial cancer. In the original study, we chose not to propose a cutoff value, as the use of a nomogram permits to decide whether secondary lymphadenectomy is suitable at an individual level. However, we could investigate if a threshold could be established by focusing on the negative predictive value to build a model that discriminates a low-risk group for nodal metastasis. We believe that the most important goal for developing this model would be to obtain the best negative predictive value in order to prevent misclassifying a patient with LN metastasis.

In the present study few patients underwent para-aortic lymphadenectomy and because of comorbidities para-aortic lymphadenectomy could be omitted. We know that the expected rate of para-aortic LN metastasis in patients with metastatic pelvic LNs can reach 30–50% (Bristow et al, 2003; Marian et al, 2004), which is similar to our finding that 6 of the 12 patients with pelvic LN macrometastasis who underwent para-aortic lymphadenectomy also had aortic involvement. However, it is possible that we ‘missed’ isolated para-aortic LN metastases but the number would be very low. Two methods can be used to assess this number:

- When considering the results of the ASTEC study (Kitchener et al, 2009), 6% of patients with positive LN metastasis had para-aortic involvement. If we transpose the results of the ASTEC study to our population sample, as 20 patients had macroscopic pelvic LN metastases, one to two patient(s) could have had isolated para-aortic LN metastases.

- In the experiment by Marian et al (2004) focusing on para-aortic dissemination in endometrial cancer, only 2% of patients with negative pelvic LNs had para-aortic metastasis. As the findings of this study are in accordance with the others involving more than a 100 patients (Morrow et al, 1991; Ayhan et al, 1995; Hirahatake et al, 1997), we can apply this rate to our population sample. In doing so, we estimate the number of patients with isolated para-aortic LN metastases to be three.

Considering the low number of patients with isolated para-aortic LN metastases (one to three patients) in comparison with the number of patients with pelvic para-aortic LN metastases, it is unlikely that this would affect the discriminative accuracy of the nomogram to a large extent. Moreover, in the SEPAL study (Todo et al, 2010), the incidence of para-aortic LN involvement in intermediate- and high-risk groups is only 14% and 18%, suggesting that the majority of the patients has little benefit of systematic para-aortic lymphadenectomy.

The impact of micrometastases remains debatable. Despite a favourable prognosis in patients with negative LN, up to 15% of patients experience a recurrence of disease. One hypothesis for this recurrence is the false-negative rates with current pathologic LN assessments. Interestingly, this risk of occult metastasis is independent of the baseline risk of nodal metastasis. Authors have investigated numerous ways to improve detection of LN metastasis, such as serial sectioning (Reich et al, 1996), IHC and molecular testing, both alone or in combination (Bezu et al, 2010). Using these combination techniques in FIGO stage I–IV cancers demonstrated a detection rate of micrometastases between 0 and...
The authors declare no conflict of interest.

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In conclusion, we founded that prediction of LN metastasis detected by conventional histopathology (macrometastasis) is feasible using a nomogram based on pathological characteristics of the hysterectomy specimen, whereas prediction of LN metastasis detected by ultrastaging on SLN (micrometastasis) is not correlated with LN involvement probability. Consequently, our results suggest that SLN biopsy should be performed for low and intermediate-risk endometrial cancers if we consider that this information modifies prognostic and adjuvant therapy. However, the prognostic significance of micrometastases needs to be evaluated more extensively in endometrial cancer.

**CONFLICT OF INTEREST**

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