# Table of Contents

**African Journal of Primary Health Care & Family Medicine**

**Vol 11, No 1 (2019)**

| Page | Title | Authors | Journal | Volume No | Date |
|------|-------|---------|---------|------------|------|
| 1 | Editorial | World Family Doctors Day 2019: Reflections from an African perspective | Robert Mash | Vol 11, No 1 | 17 May 2019 |
| 3 | Editorial | A declaration for all? | Ian Couper | Vol 11, No 1 | 22 May 2019 |
| 5 | Editorial | The Anthropocene – The biggest threat to health on the African continent | Robert Mash | Vol 11, No 1 | 16 September 2019 |
| 7 | Editorial | World Organisation of Family Doctors Africa is moving! | Shabir Moosa | Vol 11, No 1 | 19 September 2019 |
| 9 | Editorial | Collaboration with World Health Organization | Shabir Moosa | Vol 11, No 1 | 19 September 2019 |
| 11 | Book Review | A regional look at ethics in healthcare | Anita Kleinsmidt | Vol 11, No 1 | 09 October 2019 |
| 13 | Opinion Paper | Palliative care made visible: Developing a rural model for the Western Cape Province, South Africa | Victoria O’Brien, Louis S. Jenkins, Margie Munnings, Hilary Grey, Zilla North, Helise Schumann, Elmari De Klerk-Green | Vol 11, No 1 | 31 October 2019 |
| 24 | Opinion Paper | Social and public health implications of the legalisation of recreational cannabis: A literature review | Kebogile Mokwena | Vol 11, No 1 | 19 November 2019 |
| 30 | Original Research | A description of community-based participatory research of hypertension awareness, prevention and treatment in a district of Matabeleland South Province, Zimbabwe | Pugie T. Chimberengwa, Mergan Naidoo | Vol 11, No 1 | 31 January 2019 |
| 39 | Original Research | Accessible continued professional development for maternal mental health | Sally Field, Zulfa Abrahams, David L. Woods, Roseanne Turner, Michael N. Onah, Doreen K. Kaura, Simone Honikman | Vol 11, No 1 | 31 January 2019 |
| 46 | Original Research | Does the public antiretroviral treatment programme meet patients’ needs? A study at four hospitals in eThekwini, KwaZulu-Natal, South Africa | Delarise M. Mulqueeny, Myra Taylor | Vol 11, No 1 | 13 February 2019 |
| 57 | Original Research | A preliminary analysis of the association between perceived stigma and HIV-related pain in South Africans living with HIV | Antonia L. Wadley, Tamar Pincus, Michael Evangeli | Vol 11, No 1 | 13 February 2019 |
| 62 | Original Research | Lifestyle, cardiovascular risk knowledge and patient counselling among selected sub-Saharan African family physicians and trainees | Pius O. Ameh, Kenneth Yakubu, Miriam Miima, Olugbemi Popoola, Guinaz Mahamoud, Klaus B. von Pressentin | Vol 11, No 1 | 26 March 2019 |
| 77 | Original Research | Reasons why insured consumers co-pay for medicines at retail pharmacies in Pretoria, South Africa | Ntobeko M. Mpanza, Hazel Bradley, Richard Laing | Vol 11, No 1 | 27 March 2019 |
| 83 | Original Research | Descriptive epidemiology of anaemia among pregnant women initiating antenatal care in rural Northern Ghana | Engelbert A. Nonterah, Emmanuela Adomolga, Addow Yidana, Juliana Kagura, Isaih Agorinya, Emmanuel T. Ayamba, Solomon Atindama, Michael B. Kaburise, Majeed Alhassan | Vol 11, No 1 | 10 April 2019 |
| 90 | Original Research | A practice framework to enhance the implementation of the Policy on Integration of Mental Health Care into primary health care in KwaZulu-Natal province | Esther N. Hongwa, Maureen N. Sibiya | Vol 11, No 1 | 10 April 2019 |
| 98 | Original Research | Social and economic barriers to adherence among patients at Livingstone General Hospital in Zambia | Kaola Moomba, Brian van Wyk | Vol 11, No 1 | 16 April 2019 |
Original Research
Knowledge and home treatment of measles infection by caregivers of children under five in a low-income urban community, Nigeria
Obioma Uchendu, Olumisobo Ipe, Oluwapelumi Adeneye
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1744 | 17 April 2019

Original Research
Low back pain among primary school teachers in Rural Kenya: Prevalence and contributing factors
Hussein E. Elias, Raymond Downing, Ann Mwangi
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1819 | 17 April 2019

Original Research
Nurses’ perception of the multidisciplinary team approach of care for adolescent mothers and their children in Ugu, KwaZulu-Natal
Desiree Govender, Sashini Naidoo, Myra Taylor
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1936 | 23 April 2019

Original Research
Contribution of the Nelson R. Mandela School of Medicine to a socially accountable health workforce
Amy Clithero-Eradon, Danielle Albright, Cameron Crandall, Andrew Ross
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1962 | 23 April 2019

Original Research
‘No one prepared me to go home’: Cerebrovascular accident survivors’ experiences of community reintegration in a peri-urban context
Pragashnie Govender, Deshini Naidoo, Kiara Bricknell, Zainab Ayob, Holly Message, Sibongiseni Njola
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1906 | 24 April 2019

Original Research
Development of a Sesotho health literacy test in a South African context
Marianne Reid, Mariette Nel, Ega Jane van Rensburg-Bonthuyzen
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1853 | 24 April 2019

Original Research
Implementation of postnatal care for HIV-positive mothers in the Free State: Nurses’ perspectives
Lumka Magojane, Moholelana M. Ramukumba
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1776 | 25 April 2019

Original Research
Nutrition knowledge, attitudes and practices of primary school children in Tshwane Metropole, South Africa
Nomisa P.S. Mamba, Lizeka Napoles, Nelly M. Mwaka
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1846 | 30 April 2019

Original Research
Factors that impact the timely treatment of obstetric fistulas in Malawi: The perspective of health care providers
Mwasi S. Gondwe, Pranitha Maharaj
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1900 | 30 April 2019

Original Research
Community healthcare worker response to childhood disorders: Inadequacies and needs
Shanturi Naidoo, Deshini Naidoo, Pragashnie Govender
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1871 | 30 April 2019

Original Research
Health system challenges affecting HIV and tuberculosis integration at primary healthcare clinics in Durban, South Africa
Dishiki Kalonji, Oayy H. Mahomed
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1831 | 09 May 2019

Original Research
Knowledge, attitudes and practices regarding HIV/AIDS among senior high school students in Sekondi-Takoradi metropolis, Ghana
Seraphine M. Dzah, Elvis E. Tarkang, Prosper M. Lutala
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1875 | 09 May 2019

Original Research
Family physicians’ experience and understanding of evidence-based practice and guideline implementation in primary care practice, Cape Town, South Africa
Michael K. Pather, Robert Mash
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1592 | 27 May 2019

Original Research
The differential effect of the free maternity services policy in Kenya
Henry O. Owuor, Stephen A. Asito, Samson O. Adoka
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1887 | 27 May 2019

Original Research
Measuring empathy in a group of South African undergraduate medical students using the student version of the Jefferson Scale of Empathy
Elize Archer, Roseanne Turner
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1956 | 27 May 2019

Original Research
A self-assessment study of procedural skills of doctors in peri-urban district hospitals of Gauteng, South Africa
Neetha J. Erumeda, Ian D. Couper, Leena S. Thomas
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1975 | 28 May 2019

Original Research
Professional nurses’ experiences of caring for patients in public health clinics in Ekurhuleni, South Africa
Tintswalo V. Nesengani, Charlene Downing, Marie Poggenpoel, Chris Stein
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1963 | 10 June 2019

Original Research
Evidence of interventions for improving healthcare access for lesbian, gay, bisexual and transgender people in South Africa: A scoping review
Zamasomi P. Luwuno, Gugu Mchunu, Busisiwe Ncama, Hloisasile Ngidl, Tivani Mashamba-Thompson
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1367 | 12 June 2019

http://www.phcfm.org
Original Research
Modern health-seeking behaviour and associated factors among mothers having under 5-years old children in Shire town, Tigray, Ethiopia: A cross-sectional study 2018
Girmay T. Weldesemuel, Tsega T. Alemayoh, Hagos T. Atelay, Teklewoin M. Zemichael
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1913 | 21 August 2019

Original Research
Current policies and practices for the provision of diabetes care and self-management support programmes for older South Africans
Mahmoud Werfalli, Katherine Murphy, Sebastiana Kalula, Naomi Levitt
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2053 | 29 August 2019

Original Research
Knowledge and utilisation of National Health Insurance Scheme among adult patients attending a tertiary health facility in Lagos State, South-Western Nigeria
Abdulhakeem O. Abiola, Temitope W. Ladi-Akinyemi, Oluyowemiga A. Oyeleye, Ganiyat R. Oyeleke, Olufunke I. Olowoselu, Aisha T. Abdulkaareem
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2018 | 04 September 2019

Original Research
Factors hindering midwives’ utilisation of alternative birth positions during labour in a selected public hospital
Maurine R. Musite, Mmapheko D. Peu, Varshika Bhana-Pema
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2071 | 17 September 2019

Original Research
Trends in patients’ overall satisfaction with healthcare delivery in Accra, Ghana
Stephen T. Odonkor, Charles Frimpong, Emmanuel Duncan, Carolyn Odonkor
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1884 | 17 September 2019

Original Research
Financial management roles of nurse managers in selected public hospitals in KwaZulu-Natal province, South Africa
Nellie Naranjee, Thembelihle S.P. Ngxongo, Maureen N. Sibiya
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1981 | 18 September 2019

Original Research
The relationship between body composition and blood pressure among primary school children in Eastern Cape province, South Africa
Howard Gomwe, Eunice Seekoe, Philemon Lyoka, Chioneso S. Marange
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2000 | 02 October 2019

Original Research
Rural Zulu women’s knowledge of and attitudes towards Pap smears and adherence to cervical screening
Michelle A.L. Godfrey, Sithokozile Mathenjwa, Nasim Mayat
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1994 | 03 October 2019

Original Research
Weight underestimation and body size dissatisfaction among black African adults with obesity: Implications for health promotion
Kufre J. Okop, Naomi Levitt, Thandi Puoane
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2022 | 09 October 2019

Original Research
What the elderly experience and expect from primary care services in kwaZulu-Natal, South Africa
Keshena Naidoo, Jacqueline van Wyk
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2100 | 10 October 2019

Original Research
Prevalence of and factors associated with female sexual dysfunction among women using hormonal and non-hormonal contraception at the AGA Khan University Hospital Nairobi
Momin R. Butt, Valentino Lema, Abraham Mukaindo, Gulnaz Mohamoud, Jacob Shabani
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1955 | 16 October 2019

Original Research
Assessment of cardiopulmonary resuscitation equipment in resuscitation trolleys in district hospitals in Botswana: A cross-sectional study
Billy M. Tsima, Lakshmi Rajeswaran, Megan Cox
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2029 | 17 October 2019

Original Research
Exploring resilience in family physicians working in primary health care in the Cape Metropole
Leigh Wagner, Michael K. Pathar
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a1982 | 17 October 2019

Original Research
Exploring the beliefs and attitudes of private general practitioners towards national health insurance in Cape Town, South Africa
Sheena Mathew, Robert Mash
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2189 | 17 October 2019

Original Research
Students’ perceptions of the effectiveness of additional language tuition in the University of Cape Town MBChB programme: A descriptive cross-sectional study
Zahraa Mohamed, Stephanie Roche, Joel Claassen, Zukile Jama
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2121 | 17 October 2019

Original Research
The ability of primary healthcare clinics to provide quality diabetes care: An audit
Elizabeth M. Webb, Paul Rheeder, Jacqueline E. Wolvaardt
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2094 | 17 October 2019

Original Research
Stress and resilience among women living with HIV in Nigeria
Aliyu Adamu, Gugu Mchunu, Joanne R. Naidoo
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | a2046 | 23 October 2019

http://www.phcfm.org
Original Research
Roles and challenges of family physicians in Uganda: A qualitative study
Innocent K. Besigye, Jude Onyango, Fred Ndoboli, Vincent Hunt, Cynthia Haq, Jane Namatovu
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2009 | 29 October 2019

Original Research
Knowledge, attitude and compliance towards travel vaccines among Nigerian travellers at an international airport
Babatunde A. Akodu, Fanny O. Ogwu, Abdul-Hakeem O. Abiola
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2063 | 11 November 2019

Original Research
Family functioning and satisfaction: A comparative study between hookah users and non-users
Nicolette Roman, Edna Rich, Charl Davids, Fatiema Benjamin, Matthew Taylor
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2095 | 12 November 2019

Original Research
Primary health care nursing students’ knowledge of and attitude towards the provision of preconception care in KwaZulu-Natal
Winifred C. Ukoha, Makholi Dube
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e1916 | 12 November 2019

Original Research
Blood pressure control and burden of treatment in South African primary healthcare: A cross-sectional study
Kevin Pender, Oluwemimi Omole
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2110 | 19 December 2019

Review Article
Ingestion of mammalian meat and alpha-gal allergy: Clinical relevance in primary care
Tshegofatso Mabalele, Gboyega A. Ogumbanjo
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e1901 | 29 April 2019

Review Article
The physical, psychological and social impact of long bone fractures on adults: A review
Sevani Singaram, Mergan Naidoo
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e1908 | 30 May 2019

Review Article
Child sexual abuse: The significance of the history and testifying on non-confirmatory findings
Johanna M. Kotzé, Hanneke Brits
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e1954 | 10 June 2019

Review Article
Towards national health insurance: Alignment of strategic human resources in South Africa
Nathaniel Mofola, Christo Heunis, Gladys N. Kigazi
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e1928 | 24 June 2019

Review Article
Indigenous and faith healing for mental health in Ghana: An examination of the literature on reported beliefs, practices and use of alternative mental health care in Ghana
Lily Kpobi, Leslie Swartz
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e1941 | 15 July 2019

Review Article
Indigenous and faith healing in Ghana: A brief examination of the formalising process and collaborative efforts with the biomedical health system
Lily Kpobi, Leslie Swartz
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2035 | 22 July 2019

Review Article
Systematic review of factors influencing oral health-related quality of life in children in Africa
Yolanda Malele-Kolisa, Veerasamy Yengopal, Jude Igumbor, Cathrine B. Nqobo, Tshakane R.D. Ralephenya
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e1943 | 24 July 2019

Scientific Letter
Calling non-governmental organisations to strengthen primary health care: Lessons following Alma-Ata
Megan Landes, Colin Pfoff, Meseret Zerihun, Dawit Wondimagegn, Sumeet Sadhi, Katherine Rouleau, Michael R. Kidd
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e1945 | 30 April 2019

Country Profile
Primary health care and family medicine in Sierra Leone
Colan Robinson
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2051 | 30 July 2019

Patient Study
Parasitic chyluria in a 72-year-old Sierra Leonian woman: A case report
Atilola A. Adeleke
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2093 | 15 October 2019

Conference Report
Kampala Commitment 2019
Shabir Moosa
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2176 | 19 September 2019

Correction
Erratum: The validation of the visual screening tool for anxiety disorders and depression in hypertension and/or diabetes
Zimbini Ogle, Liesl Koen, Dana J.H. Niehaus
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2008 | 29 August 2019

Reviewer Acknowledgement
African Journal of Primary Health Care & Family Medicine | Vol 11, No 1 | e2284 | 13 December 2019