Disorder-Induced Order in Two-Component Bose-Einstein Condensates

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We propose and analyze a general mechanism of disorder-induced order in two-component Bose-Einstein condensates, analogous to corresponding effects established for XY spin models. We show that a random Raman coupling induces a relative phase of $\pi/2$ between the two BECs and that the effect is robust. We demonstrate it in 1D, 2D and 3D at $T = 0$ and present evidence that it persists at small $T > 0$. Applications to phase control in ultracold spinor condensates are discussed.

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Degenerate quantum gases offer unprecedented control tools [1], opening fascinating possibilities, e.g. investigations of quantum disordered systems [2]. Current experimental [3, 4, 5] and theoretical [6, 7, 8, 9] works are mainly devoted to studies of the interplay between disorder and nonlinearity in Bose-Einstein condensates (BEC) in a quest for traces of Anderson localization. In the regime of strong correlations, evidence for the Bose glass phase has been reported [9], and even more exotic quantum phases have been proposed [2, 10].

Weak disorder can have strong effects also in classical systems. For instance, a general mechanism of random-field-induced order (RFIO) has been proposed recently [11, 12]. It is responsible for ordering in graphene quantum Hall ferromagnets [13]. $^3$He-A in aerogel and amorphous ferromagnets [14], as well as for inducing superfluidity in hardcore bosonic systems [15]. This effect is best understood in classical ferromagnetic XY models in the presence of uniaxial random magnetic fields. For the 2D square lattice, the Hamiltonian reads

$$H = - \sum_{|i-j|=1} \sigma_i \cdot \sigma_j - \sum_i h_i \cdot \sigma_i,$$  \hspace{1cm} (1)

where the spins are unit 2D vectors in the $XY$ plane: $\sigma_i = (\cos \theta_i, \sin \theta_i)$ at site $i \in \mathbb{Z}^2$. When $h \equiv 0$ the system does not magnetize as a consequence of the Mermin-Wagner-Hohenberg (MWH) theorem [16]. In contrast, a weak uniaxial random field $h$ breaks the continuous $U(1)$ symmetry. Then, the MWH theorem does not apply and the system spontaneously magnetizes with a non-zero component of the magnetization perpendicular to the random field. This has been proven at zero temperature and strong arguments have been given that the effect persists at small temperatures [11]. Hamiltonian (1) can be realized with ultracold atoms in optical lattices, but the effect is rather weak [11].

In this Letter, we propose an analogue of the RFIO effect using two BECs trapped in harmonic potentials and coupled via a real-valued random Raman field. We show that the mean field Hamiltonian of the two-component BEC is analogous to the XY spin Hamiltonian [17], with the Raman coupling playing the same role as the magnetic field in Eq. (1), and the relative phase between the BECs corresponding to the spin angle $\theta_i$. Then, the RFIO effect shows up in the form of a relative phase between the BECs fixed at a value of $\pm \pi/2$. The finite-size two-component BEC system is continuous and formally equivalent to the discrete spin system (1) on an infinite lattice. We find that even in low dimensions, the RFIO effect is much more pronounced and robust in coupled trapped BECs than it is in uniform lattice spin models. Note that trapped (finite size) BECs at sufficiently small $T$ show true long range order also in 1D and 2D as phase fluctuations take place on a scale larger than the size of the systems [17]. We demonstrate the effect in 1D, 2D and 3D at $T = 0$ and present strong evidence that it persists for small $T > 0$.

Interestingly, the RFIO effect is quite general. For instance, consider the two-spin lattice Hamiltonian:

$$H = - \sum_{|i-j|=1} (\sigma_i \cdot \sigma_j + \tau_i \cdot \tau_j) - \sum_i \Omega_i \sigma_i \cdot \tau_i,$$  \hspace{1cm} (2)

where $\Omega_i$ are independent real-valued random couplings with (identical) symmetric distributions. In this system, it can be proven rigorously that there is no first order phase transition with the order parameter $\sigma_i \cdot \tau_i$ in dimensions $d \leq 4$ [18]. More precisely, in every infinite-dimensional Gibbs state (phase), the disorder average of the thermal mean $\langle \sigma_i \cdot \tau_i \rangle$ takes the same value. By symmetry, this value has to be zero, implying that the average cosine of the angle between $\sigma_i$ and $\tau_i$ is zero. At $T = 0$, these results also apply [18] and are consistent,
by analogy, with the relative phase $\pi/2$ of two randomly coupled BECs, discussed below.

We consider a trapped two-component Bose gas with repulsive interactions and assume that the two components consist of the same atomic species in two different internal states, coupled via a position-dependent (random, quasi-random, or just oscillating) real-valued Raman field $\Omega(\mathbf{r})$ of mean zero ($\int \Omega d\mathbf{r} = 0$). The typical amplitude and spatial variation scale of $\Omega(\mathbf{r})$ are denoted by $\Omega_R$ and $\lambda_R$. At sufficiently small $T$, the trapped gases form BECs which can be represented by the classical fields $\psi_{1,2}(\mathbf{r})$ in the mean-field approximation. The energy functional of the system then reads

$$E = \int d\mathbf{r} \left[ \frac{\hbar^2}{2m} |\nabla \psi_1|^2 + V(\mathbf{r})|\psi_1|^2 + (g_{12}/2)|\psi_1|^4 ight. \\
\left. + \frac{\hbar^2}{2m} |\nabla \psi_2|^2 + V(\mathbf{r})|\psi_2|^2 + (g_{12}/2)|\psi_2|^4 \\
+ g_{12}|\psi_1|^2|\psi_2|^2 + (\hbar \Omega(\mathbf{r})/2) (\psi_1^* \psi_2 + \psi_2^* \psi_1) \right],$$

where $V(\mathbf{r})$ is the confining potential, and $g_{12} = 4\pi\hbar^2 a_{12}/m$ and $g_{12} = 4\pi\hbar^2 a_{12}/m$ are the intra- and inter-state coupling constants, with $a_1$ and $a_{12}$ the scattering lengths and $m$ the atomic mass. The last term in Eq. (3) represents the Raman coupling which can change the internal state of the atoms.

The ground state of the coupled two-component BEC system is obtained by minimizing $E$ as a function of the fields $\psi_1$ and $\psi_2$ under the constraint of a fixed total number of atoms $N = \int d\mathbf{r} |\psi_1|^2 + |\psi_2|^2$. This leads to a set of two coupled Gross-Pitaevskii equations (GPE):

$$\mu \psi_i = \left[ -\frac{\hbar^2}{2m} \nabla^2 + V + g_1|\psi_1|^2 + g_{12}|\psi_2|^2 \right] \psi_i + \hbar \Omega(\mathbf{r}) \psi_i,$$

(4)

where $\mu$ is the chemical potential and $\bar{\Omega} = (1/2)$ for $i = 1(2)$. At equilibrium, for $\Omega_R = 0$ and $g_1, g_2 > g_{12}$, the BECs are miscible [19]. Their phases $\theta_i$ are uniform, arbitrary and independent. Now, a weak Raman coupling ($\hbar \Omega_R \ll \mu$) does not noticeably affect the densities. However, arbitrarily small $\Omega(\mathbf{r})$ breaks the continuous $U(1)$ symmetry with respect to the relative phase of the BECs and, following the results of Refs. [11,12,18], the relative phase can be expected to be fixed. To make this clearer, we neglect the changes of the densities when the weak Raman coupling is turned on and analyze the phases. For simplicity we suppose $g_1 = g_2$ and $\rho(\mathbf{r}) = \rho_1(\mathbf{r}) = \rho_2(\mathbf{r})$. The substitution $\psi_i = e^{i\theta_i(\mathbf{r})} \sqrt{\rho(\mathbf{r})}$ in the energy functional (4) leads to $E = E_0 + \Delta E$ where $E_0$ is the energy for $\Omega_R = 0$ and

$$\Delta E = \int d\mathbf{r} \rho(\mathbf{r}) \left[ \frac{\hbar^2}{4m} |\nabla \theta|^2 + \hbar \Omega(\mathbf{r}) \cos \theta \right]$$

$$+ \int d\mathbf{r} \rho(\mathbf{r}) \frac{\hbar^2}{4m} |\nabla \Theta|^2,$$

(5)

where $\Theta = \theta_1 + \theta_2$ and $\theta = \theta_1 - \theta_2$. Minimizing $\Delta E$ implies $\Theta = \text{const}$, hence the second line in Eq. (5) vanishes and the only remaining dynamical variable in the model is the relative phase $\theta$ between the BECs. Note that if $\rho_1 \neq \rho_2$ the variables $\Theta$ and $\theta$ are coupled and one cannot consider them independent (the $\rho_1 \neq \rho_2$ case is analyzed in the sequel). Equation (5) is equivalent to the classical field description of the spin model [11,12] in the continuous limit, where the relative phase $\theta(\mathbf{r})$ represents the spin angle and the Raman coupling $\Omega(\mathbf{r})$ plays the role of the magnetic field. Thus, we expect RFIO [11] to show up in the form $\cos \theta \approx 0$ for weak random $\Omega(\mathbf{r})$.

Let us examine Eq. (5) in more detail. It represents a competition between the kinetic term which is minimal for uniform $\theta$ and the potential term which is minimal when the sign of $\cos \theta$ is opposite to that of $\Omega(\mathbf{r})$. For $h\Omega_R \gg \hbar^2/2m\lambda_R^2$, the potential term dominates and $\theta$ will vary strongly on a length scale of the order of $\lambda_R$. In contrast, if $h\Omega_R \ll \hbar^2/2m\lambda_R^2$ the kinetic term is important and forbids large modulations of $\theta$ on scales of $\lambda_R$. The Euler-Lagrange equation of the functional (5) is

$$\nabla [\rho(\mathbf{r}) \nabla \theta] + \frac{2m}{\hbar} \rho(\mathbf{r}) \Omega(\mathbf{r}) \sin \theta = 0.$$  

(6)

For the homogeneous case ($\rho = \text{const}$) and for slowly varying densities (neglecting the term $\nabla \rho$), assuming small variations of the relative phase, $\theta(\mathbf{r}) = \theta_0 + \delta \theta(\mathbf{r})$ with $|\delta \theta| \ll \pi$, the solution of Eq. (6) reads

$$\delta \theta(\mathbf{k}) \simeq \frac{2m}{\hbar} (\hat{\Omega}(\mathbf{k})/|\mathbf{k}|^2) \sin \theta_0.$$  

(7)

in Fourier space. Inserting Eq. (7) into Eq. (5), we find

$$\Delta E \simeq -m \rho \int d\mathbf{k} \left( |\hat{\Omega}(\mathbf{k})|^2/|\mathbf{k}|^2 \right) \sin^2 \theta_0.$$  

(8)

The energy is thus minimal for $\theta_0 = \pm \pi/2$, i.e. $\cos \theta_0 = 0$. This indicates RFIO in the two-component BEC system owing to the breaking of the continuous $U(1)$ symmetry of the coupled GPEs. For a random Raman coupling, even if the resulting fluctuations of $\theta$ are not small, the average phase is locked at $\theta_0 = \pm \pi/2$. Note that if $\theta(\mathbf{r})$ is a solution of Eq. (6), so is $-\theta(\mathbf{r})$. This follows from the fact that for any solution $(\psi_1, \psi_2)$ of the GPEs (4), $(\psi_1^*, \psi_2^*)$ is also a solution with the same chemical potential. The sign of $\theta_0$ thus depends on the realization of the BECs and is determined by spontaneous breaking of the $\theta \leftrightarrow -\theta$ symmetry.

Let us turn to numerics starting with $g_1 = g_2$. For homogeneous ($\rho = \text{const}$) gases, we solve Eq. (6). Figure 1 shows an example for a 1D two-component BEC, where $\Omega(x)$ is a quasi-random function chosen as a sum of two sine functions with incommensurate spatial periods. The dynamical system [11] is not integrable. It turns out that the solution we are interested in corresponds to a hyperbolic periodic orbit surrounded by a considerable chaotic sea. Figure 2 confirms that $\theta(x)$ oscillates around $\theta_0 \approx \pm \pi/2$. The oscillations of $\theta(x)$ are weak and follow the prediction [11], which in 1D, after inverse Fourier transform, corresponds to the double integral of $\Omega(x)$. 


For trapped gases and for $g_1 \neq g_2$ we directly solve the coupled GPEs \[^{11}\]. Figure 2 shows the results for a 1D two-component BEC in the Thomas-Fermi regime confined in a harmonic trap with a random $\Omega(x)$. A typical realization is shown in Fig. 2a. For each realization of $\Omega(x)$, the resulting relative phase $\theta$ can change significantly but only on a scale much larger than $\lambda_R$ because $\hbar \lambda_R \ll \hbar^2/2m\lambda_R^2$, as shown in Fig. 2a. However, averaging over many realizations of the random Raman coupling and keeping only those with $\int \theta(x) dx > 0$ (resp. $< 0$), we obtain $\langle \theta(x) \rangle \approx \pi/2$ (resp. $-\pi/2$), with the standard deviation about $0.3\pi$ as shown in Fig. 2b.

The dynamical stability of the solutions of the GPEs \[^{11}\] found in the 1D trapped geometry can be tested by means of the Bogoliubov-de Gennes (BdG) theory which allows also to estimate the quantum depletion of the BECs \[^{20}\]. The BdG analysis shows that the solutions of the GPEs \[^{11}\] are indeed stable and that the BdG spectrum is not significantly affected by the Raman coupling. It implies that turning on the Raman field does not change the thermodynamical properties of the system, and the RFIO effect should persist for sufficiently low $T > 0$. Note that the GPEs \[^{11}\] possess also a solution with both components real. However, this solution is dynamically unstable. In fact, there is a BdG mode associated with an imaginary eigenvalue and the corresponding BECs phases (under a small perturbation) will evolve exponentially in time. In addition, the BdG analysis shows that the quantum depletion is about 1% and can therefore be neglected.

Calculations in 2D and 3D — whose detailed results will be published soon — show essentially the same

Disorder-Induced Ordering effect in all dimensions. For example, Fig. 3 shows the result for two coupled 3D BECs in a spherically symmetric harmonic trap. Here, the Raman coupling is a sum of quasi-random functions similar to that used for Fig. 4 in each spatial direction and with $\hbar \lambda_R \simeq 10^{-2}\mu$. The density modulations are found to be negligible. However, even for this low value of the Raman coupling, Fig. 3 shows that the relative phase is fixed around $\theta_0 = \pi/2$ with small fluctuations. Other calculations confirm that the sign of $\theta_0$ is random but with $|\theta_0| = \pi/2$ for all realizations of $\Omega(r)$ and that the weaker the Raman coupling, the smaller the modulations of $\theta(r)$ around $\theta_0$. This shows once again the enormous robustness of RFIO in two-component BECs.

In summary, we have shown that RFIO occurs in a system of two BECs coupled via a real-valued random Raman field. It has been demonstrated in 1D, 2D and 3D for homogeneous or trapped BECs. The signature of RFIO is a fixed relative phase between the BECs around $\theta_0 = \pm \pi/2$. For quasi-random Raman coupling, the fluctuations can be very small ($0.05\pi$ for the parameters used in Fig. 4). For completely random Raman coupling the fluctuations can be larger (about $0.3\pi$ for the parameters used in Fig. 2). Interestingly, the two-component BEC system is continuous and RFIO is stronger and more robust than in lattice spin Hamiltonians of realistic sizes \[^{11}\]. RFIO can thus be obtained in current experiments.
with two-component BECs \[21, 22\] and observed using matterwave interferometry techniques \[22\].

Apart from its fundamental importance, RFIO can have applications for engineering and manipulations of quantum states by providing a simple and robust method to control phases in ultracold gases. We find particularly interesting applications of phase control in spinor BECs and, more generally, in ultracold spinor gases \[1\]. For example, in a ferromagnetic spinor BEC with \( F = 1 \) as in \(^{87}\)Rb, the wavefunction is \( \xi \propto (e^{-i\phi} \cos^2(\theta/2), \sqrt{2} \sin(\theta/2) \cos(\theta/2), e^{+i\phi} \cos^2(\theta/2)) \), the components correspond to \( m_F = 1, 0, -1 \) and the direction of magnetization is \( \vec{m} = (\sin \theta \cos \phi, \sin \theta \sin \phi, \cos \theta) \). Applying two real-valued random Raman couplings between \( m_F = 0 \) and \( m_F = \pm 1 \), fixes \( \phi = 0 \) or \( \pi \), \( i.e. \) the magnetization will be in the \( XZ \) plane. By applying two random real-valued Raman couplings between \( m_F = 0 \) and \( m_F = -1 \) and between \( m_F = 1 \) and \( m_F = -1 \), we force the magnetization to be along \( \pm Z \). Similar effects occur in antiferromagnetic spinor BECs with \( F = 1 \), as \(^{14}\)Na. Using Raman transitions with arbitrary phases, employing more couplings, and higher spins \( F \) offers a variety of control tools in ultracold spinor gases.

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