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To cite this version:
Mahdi Asgari, Dominique Coquillat, Guido Menichetti, Valentina Zannier, Nina Diakonova, et al.. Quantum-dot single-electron transistor as thermoelectric quantum detectors at terahertz frequencies. Nano Letters, American Chemical Society, 2021, 21 (20), pp.8587-8594. 10.1021/acs.nanolett.1c02022. hal-03448548

HAL Id: hal-03448548
https://hal.archives-ouvertes.fr/hal-03448548
Submitted on 16 Jun 2022

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Quantum-Dot Single-Electron Transistors as Thermoelectric Quantum Detectors at Terahertz Frequencies

Mahdi Asgari, Dominique Coquillat, Guido Menichetti, Valentina Zannier, Nina Diakonova, Wojciech Knap, Lucia Sorba, Leonardo Viti, and Miriam Serena Vitiello*

ABSTRACT: Low-dimensional nanosystems are promising candidates for manipulating, controlling, and capturing photons with large sensitivities and low noise. If quantum engineered to tailor the energy of the localized electrons across the desired frequency range, they can allow devising of efficient quantum sensors across any frequency domain. Here, we exploit the rich few-electron physics to develop millimeter-wave nanodetectors employing as a sensing element an InAs/InAs0.3P0.7 quantum-dot nanowire, embedded in a single-electron transistor. Once irradiated with light, the deeply localized quantum element exhibits an extra electromotive force driven by the photothermoelectric effect, which is exploited to efficiently sense radiation at 0.6 THz with a noise equivalent power $<8$ pWHz$^{-1/2}$ and almost zero dark current. The achieved results open intriguing perspectives for quantum key distributions, quantum communications, and quantum cryptography at terahertz frequencies.

KEYWORDS: quantum dots, quantum detectors, terahertz, quantum engineering

Applications in quantum information technology usually require a tight control of the orbital states of a single electron, needed to encode and transfer information with high fidelity. This has recently stimulated a wide interest in efficient, low-noise receivers that can detect a controlled photon number (photon counters) or even single photons, the ultimate limit of detection sensitivity, in quantum nanostructures. This has long been inaccessible for terahertz (THz) or gigahertz waves (wavelengths in the range from 60 μm to 1 mm) because of the small energy quanta, as small as a part per 1000 of the photon energies in the visible or near-infrared regions. However, the far-infrared region of the electromagnetic spectrum discloses a peculiar potential in this respect: it is a rich domain of spectroscopy and metrological research and a frontier region for a variety of applications in biomedical diagnostics, quality and process controls, security, high-data-rate wireless communication, optical quantum cryptography, and quantum key distribution.

Quantum detectors, conventionally employed in the visible, near-infrared, or mid-infrared regimes, including photodiodes, photodetectors, phototransistors, charge-coupled detectors (CCDs), photomultiplier tubes, or semiconductor quantum-well infrared photodetectors (QWIPs), are devices that convert incoming photons directly into an electrical signal, as opposed to thermal detectors that rely on the conversion of incoming radiation to heat. QWIPs represent the benchmark technology for quantum applications in the mid-infrared frequency range, owing to the high sensitivity and ultrafast response times and the short lifetime of the intersubband transitions ($\tau_{\text{INT}} \sim$ picoseconds). Moreover, intersubband transitions in quantum wells (QWs) go along with pronounced optical nonlinearities, resulting in huge nonlinear coefficients for second harmonic generation, more than 3 orders of magnitude larger than those of the host GaAs material. Pushing the operation of QWIPs in the far-infrared is, however, extremely challenging as a result of the low energy of far-infrared photons. Only a few reports at high terahertz frequencies (4.5−7.0 THz) are presently available in either a standard mesa configuration, normally substrate-coupled through a polished facet, a double-metal patch-antenna array architecture, or a metamaterial configuration with dimensions below the diffraction limit, at 3 THz, and with a maximum speed of 3 GHz in an array configuration.

Quantum-dot infrared photodetectors (QDIPs) represent a promising route to overcome some of the major limitations of terahertz QWIPs. In particular, the energy level configuration and the orbital occupation can be controlled via the QD diameter-height and the gate bias, respectively. QDs are also inherently sensitive to normal incidence photoexcitation and,
Figure 1. (a) Scanning electron microscopy (SEM) image of a planar on-chip split bow-tie antenna. One side of the antenna is connected to the source electrode, while the opposite side is connected to the arms of double lateral gate contacts. (b) SEM image of a prototypical quantum-dot nanowire (QD–NW) single-electron transistor (SET). (c) SEM image of a forest of epitaxially grown InAs nanowires. (Inset) Scanning transmission electron microscopy (STEM) image of a single InAs/InAsP QD–NW. (d) Color map of the gate–QD capacitance ($C_{gd}$) as a function of the QD axial dimension (distance between the barriers, $W_{qd}$) and NW radius ($R_{nw}$), calculated numerically using an electrostatic simulation of the QD–NW FET performed with commercial software (COMSOL Multiphysics). (Inset) Three-dimensional image of the SET channel overlaid to the simulated distribution of electrostatic potential around the InAs QD. The simulated $C_{gd}$ value is 1.1 aF for our specific device geometry ($W_{qd}$ = 18 nm and $R_{nw}$ = 25 nm).

Therefore, do not require 45° polished facets, metal gratings,22,23 or reflectors, as conventionally needed for QWIPs.23 Owing to the discrete density of states, they are well-suited for tunable narrow band detection. Most importantly, the three-dimensional confinement leads to the phonon bottleneck effect,24 inhibiting phonon scattering in QDs compared to QWs,23,25 and increasing the lifetime of photogenerated carriers (≈5–10 ps),23 whose phonon-mediated relaxation to the ground state is eventually hindered in favor of an enhanced probability of tunneling out of the dot. This effect is then expected to give rise to a more efficient detection, as a consequence of a larger quantum efficiency and to enable operation at higher temperatures (up to 50–60 K).21,23 The reduced dependence of the density of states upon the temperature and the longer carrier lifetime (1–2 orders of magnitude) in QDs have the additional advantage of reducing the dark current with respect to QWIPs.26

QDIPs are promising candidates for applications in terahertz communication.15,27,28 Once implemented in a single-electron transistor (SET) geometry, a low noise equivalent power (NEP) of $\sim$10−19 WHz−1/2 can be indeed engineered under a precise control of bias.15 When illuminated with a radiation energy that is not in resonance with the QD intersubband transition, QD-based devices still exhibit good detection performances (e.g., responsivity up to 100 A/W25), owing to the inherently strong nonlinearity of the current–voltage characteristics.

Here, we conceive and devise QD millimeter-wave nanodetectors employing InAs/InAs0.3P0.7 QD nanowires (NWs) that, thanks to the small effective mass and favorable Fermi level pinning,30,31 give rise to localized QDs characterized by large charging energy.31,32 Employing the confinement defined by the double-barrier heterostructure, we engineer a QD SET that, once irradiated with light, exhibits an extra electromotive force driven by the photothermoelectric (PTE) effect, which can be exploited to efficiently sense the incoming radiation with NEP levels down to 8 pWHz−1/2. Importantly, the demonstrated PTE quantum detectors operate under zero bias; therefore, the dark current is largely reduced with respect to standard configurations employing biased systems.16,18,19

In the last years, heterostructured semiconductor NWs proved to be a promising technological platform33 for devising sensitive, high-speed, low-noise detectors across the terahertz.34 NW field effect transistors (FETs) with controlled and tailored composition26 are compatible with on-chip technologies35 and are featured with a characteristic attofarad-order capacitance that makes them well-suited for low-capacitance integrated circuits.35,36 Even though the stoichiometric and geometric control in the growth of axially heterostructured NWs can allow for tailoring tunnel barrier properties on purpose, it does not allow for a widely tunable tunnel coupling compared to electrostatically defined structures.37 This provides an important benefit for efficient thermoelectric conversion1,38 or for single-photon QD detectors, which may require a broadly different range of tunneling rates.39 An alternative, more efficient strategy to simultaneously optimize charge stability and tunneling relies on engineering and tuning electrostatically the orbital configuration within the QD.40

We here exploit InAs/InAs0.3P0.7 QD–NWs grown via a gold-assisted chemical beam epitaxy (CBE). This material system allows for combining semiconductors with different lattice parameters in axial heterostructures thanks to the efficient strain relaxation along the NW sidewalls. Moreover, the InAs/InP system is particularly suitable for the realization of high-quality axial NW heterostructures like QDs and superlattices in Au-assisted growth. Indeed, the very low solubility of both As and P into Au allows for the acquisition of atomically sharp interfaces in both growth directions.41 However, in the case of NWs grown from a metal seed
**Figure 2.** (a) Three-dimensional hexagonal wurtzite structure of the axially grown QD–NW, employed in our numerical simulations. (b) Distribution of the electron wave function (orbital configuration) for the first five energy states of a QD having the following dimensions: NW radius ($R_{nw} = 25$ nm) and QD width along the growth direction ($W_{qd} = 18$ nm). (c and d) Energy of the electronic states localized in the QD, plotted as a function of $R_{nw}$ and $W_{qd}$ of the QD, respectively. Color lines (marked with letters, corresponding to panel b) present the evolution of the orbital energies. The ground state (black line) energy is $E_{000} > 55$ meV when $R_{nw}$ approaches 10 nm and decreases noticeably while increasing the radius up to 50 nm ($E_{000} < 20$ meV). As expected, the confinement also depends upon $W_{qd}$. The energies of the radially confined states (quantum number $g = 0$, panel b) as a function of $W_{qd}$. Interestingly, while the energy spacing between $g = 0$ levels steadily decreases with $R_{nw}$ (c), it remains almost unaltered when $W_{qd}$ increases from 40 to 100 nm (d), demonstrating the strong correlation of quantum confinement to the geometrical characteristics.

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We investigate the electron transport through the SET by measuring the charge stability diagram at a heat-sink temperature $T_0 = 4.2$ K. The detector is mounted in a pulse-tube optical cryostat with helium exchange gas (Janis Research), and the source-drain current ($I_{SD}$) is recorded as a function of both the source-drain bias ($V_{SD}$) and the gate voltage ($V_G$). The Coulomb blockade diagram (Figure 3a) shows diamonds corresponding to regions where the conductance is suppressed, because single-electron tunneling processes are not allowed and the electron occupation ($N$) in the QD is fixed. By spanning $V_G$ beyond the pinch-off voltage ($V_G = 4.5$ V), if both the thermal energy ($k_B T$) and the source-drain biasing energy ($eV_{SD}$) are smaller than the charging energy of the QD ($k_B T \leq eV_{SD} \leq e^2/C_Q$), a set of conduction peaks are visible as a result of the progressive alignment of electrochemical potential on the S and D sides with the QD energy levels. Between two consecutive peaks, resonant tunneling through the barriers is inhibited and the charge stability condition is satisfied. Importantly, the transport characteristics of the SET in the Coulomb blockade regime, being related to the single-particle energy states and their mutual interactions, allow for describing the electronic features of the device. In particular, employing the constant interaction model, we evaluate the capacitive coupling between the QD and the gate electrode ($C_{gd}$), the charging energy, and the energy level spectrum (see the Supporting Information). We extract from Figure 3a: $e^2/C_Q = 6.9$ meV, an energy level spacing $\Delta E = 7.0$ meV (in reasonable agreement with the value obtained by our Schrödinger–Poisson model), $C_{gd} = 55$ aF, $C_{gd} = 1.1$ aF, and $\alpha_C = C_{gd}/C_Q = 18.8$ mV/V.

Once funneling the terahertz beam onto the detection element (see the Supporting Information), the retrieved direct current map appears visibly altered (Figure 3b). The clearest features are the distorted Coulomb diamonds and the shift of the current peaks toward larger $V_G$, compared to the corresponding peaks measured without terahertz radiation (Figure 3a). In particular, the current vanishes to zero at different $V_{SD}$ and different $V_G$, very differently from what happens in the dark (Figure 3a), where, for any given $V_G$, it approaches zero at $V_{SD} = 0$ V.

We ascribe this behavior to the photothermoelectric effect, generated by the thermal gradient ($\Delta T$) between the left and right side of the QD–NW: the bow-tie antenna funnels the radiation asymmetrically, producing a field enhancement, that...
Figure 4. (a) Noise spectral density (NSD) as a function of frequency measured by a spectrum analyzer. The pink dashed line is referring to the predicted 1/f noise contributor. The dotted blue lines mark the region of low noise. (b) Zoom of the NSD of panel (a) plotted in the range from 100 Hz to 1 kHz, while the red dashed line refers to the frequency equal to 518 Hz. (c) Responsivity measured under illumination at 0.6 THz, plotted as a function of \( V_G \). (d) Noise equivalent power (NEP) plotted as a function of \( V_G \).

is mainly confined between the S and G electrodes, leaving the drain side colder with respect to the source side of the QD. Figure 3e schematically displays the detection mechanism, overlayed to the numerically simulated (finite element method, COMSOL Multiphysics) electromagnetic energy enhancement \((\eta)\) induced by the terahertz beam at the source side of the NW. In this picture, the total current flowing along the SET channel is \( I_{DS} = \sigma_0(V_{SD} + S_b \Delta T) \), where \( \sigma_0 = dI_{SD}/dV_{SD} \) is the electronic conductance and \( S_b \) represents the QD Seebeck coefficient (or thermopower). Under illumination, the distortion of the Coulomb diamonds is given by the additional electromagnetic force \( V_{PTE} = S_b \Delta T \), which is identified in the current map (Figure 3b) by the \( V_{SD} \) values at which the current vanishes along the gate voltage sweep (it takes a finite \( V_{SD} \) to counterbalance \( V_{PTE} \)). Therefore, the amplitude and sign of \( V_{PTE} \) are ultimately determined by the QD thermopower \( S_b \). It is worth noticing that, by taking advantage of the PTE mechanism, our scheme allows for zero-bias, zero-dark current operation, limiting the detector noise to intrinsic charge or temperature fluctuations.

Such a qualitative interpretation of the PTE detection is then supported by the quantitative comparison of the experimental data to the outcome of a numerical model of charge and heat transport through the QD based on the Landauer approach \(^{29,50}\) to evaluate its thermoelectric properties, starting from electrical parameters that mimic our experimental configuration (see the Supporting Information). The results, shown in Figure 3f, exhibit a good agreement with the experimental data (Figure 3a). When the terahertz beam is illuminating the detector, we expect that a thermal gradient \( \Delta T \) between the left (S) and right (D) leads of the QD is established, as a consequence of the asymmetric coupling provided by the bow-tie antenna (Figure 3e). In addition to \( \Delta T \), the evaluation of the theoretical map for the illuminated case (Figure 3d) also considers a global heating of the dot \( T_d > T_w \), where \( T_d \) is the dot temperature. This accounts for the fact that the QD, being approximately located at the center of the SET, will reach, at steady state, an intermediate temperature between those of the S and D extremes. By comparing the model to the experimental results, we estimate an overall increase of \( T_d \) from 4 K \( (T_w) \) in the dark state to 7 K in the illuminated case, with a terahertz-induced temperature difference \( \Delta T \) of 5 K between the leads. The increase of \( T_d \) has the effect of increasing the Coulomb peak broadenings (see the Supporting Information), whereas \( \Delta T \) gives rise to a clear Seebeck effect, which corresponds to the additional electromotive force \((-S_b \Delta T)\) acting on the dot. Such a picture is nicely captured by the superposition of the \( I_{DS} \) map in the illuminated case (terahertz on) with the theoretical contour lines corresponding to \( I_{DS} = 0 \) \( (V_{SD} = -S_b \Delta T) \), calculated for different values of \( \Delta T \) (Figure 3f).

We ascribe the small discrepancy between the proposed model and the experimental results to the possible contribution of the photogating effect \(^{51}\) and to the gate voltage and temperature-dependent conductivity of the InAs NW segments on the left and right side of the dot, which are not taken into account. However, the developed simplified thermoelectric model clearly highlights the main thermal effects governing the photodetection process.

We finally extrapolate the gate bias-dependent detector responsivity \( R_g \) to evaluate the main figures of merit of the devised QD NW photodetector (see the Supporting Information). As shown in Figure 4c, the observed dependence of \( R_g \) from \( V_G \) is correlated with the sharp transport peaks retrieved via transport experiments (Figure 3b). In particular, the multiple sign changes of the photoresponse reflect the sign.
changes of the thermopower $S_a$ around each Coulomb peak, and $R_c$ reaches a maximum value of $55 \mu$A/W. The corresponding noise equivalent power (NEP)\cite{52} is determined by the ratio between the noise spectral density (NSD) and $R_c$. The NSD is measured by connecting D to a Dacron dynamic spectrum analyzer (model photon) (Figure 4 a,b) while keeping S grounded and $V_G = 5$ V. At low frequency ($f < 200$ Hz), the noise spectrum is mostly following the $1/f$ trend ($0 < b < 2$ pink noise), whereas at higher frequencies ($f > 200$ Hz), it is dominated by instrumental noise, slightly increasing as a function of frequency. Significantly, a local minimum in the noise figure occurs at 518 Hz, i.e., the frequency of the employed mechanical chopper. The contribution of the thermal (Johnson–Nyquist) noise in our system is $\sim 0.5 \times 10^{-15}$ A/Hz$^{1/2}$ for $V_G = 5$ V and $V_{SD} = 0$ V. The bias-dependent NEP (Figure 4d) shows a sequence of minima corresponding to the peaks observed in the responsivity curve. A minimum NEP of $8 \text{ pWHz}^{1/2}$ is reached (Figure 4d). Although it appears still distant from the NEPs of commercially available cooled detectors as hot electron bolometers (NEPs $\sim 10^{-19} - 10^{-20}$ WHz$^{-1/2}$),\cite{15} the envisioned optimization guidelines (see the Supporting Information), combined with the zero dark current and inherent quantum nature, make the proposed technology extremely appealing for quantum-technology-oriented applications.  

We then estimate the temporal response of the proposed QD–NW PTE device through the analysis of its transport characteristics. As demonstrated experimentally, the time scales governing the heating/cooling dynamics of the carrier density in InAs NWs fall in the range from 40 fs to 4 ps.\cite{53} These time scales are much faster than the detector rise/fall times, which are limited by its electrical time constant $R_C C_{\text{par}} \sim 1$–10 ns, where $R_C$ ($\sim 1$–10 M$\Omega$) and $C_{\text{par}}$ ($\sim 1$ fF, includes the bow-tie shunt capacitance, simulated using COMSOL Multiphysics, electrostatic module) are the photodetector resistance and capacitance, respectively.  

The achieved performances, combined with the extreme versatility of the QD–NW platform in terms of geometry and chemical composition and with the intrinsically broadband and zero-bias nature of the PTE detection mechanism, unveiled through the choice of the impinging frequency and QD-NW geometry combination, leave room for substantial improvements of the proposed quantum detection concept. For example, we envision that an optimization strategy for the PTE conversion will proceed toward the reduction of the tunnel coupling between the dot and the leads,\cite{53} the engineering of the energy level spacing, and the exploitation of quantum phenomena, e.g., Kondo effect,\cite{54} in search of a balance between detector sensitivity and speed (see the Supporting Information). Therefore, the reported results open a solid perspective for the combination of terahertz technology and few-electron physics to address some of the major challenges of quantum science, as quantum key distribution, quantum communications, and quantum sensing, where sub-shot noise NEPs combined with large quantum efficiencies are required. Furthermore, our work provides a clear understanding of the broadband PTE-driven photoresponse in a QD–NW architecture, offering a framework for disentangling the different physical phenomena that would occur when the impinging photon energy matches the QD level spacing. Finally, the flexibility offered by quantum engineering to optimize device transport and optical properties, while simultaneously matching the photon energy with the QD energy level spacing, makes our QD InAs/InAsP heterostructured NWs an ideal building block in quantum optics and nanophotonic applications, requiring a precise control of individual photon paths.

### ASSOCIATED CONTENT

#### Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.nanolett.1c02022.

Nanofabrication, electromagnetic simulation of the antenna, constant interaction model, numerical model of transport, evaluation of the photothermoelectric response, optical experiment, and quantum engineering roadmap (PDF)

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Notes

The authors declare no competing financial interest.
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