Abstract. Ultrasound-targeted microbubble destruction (UTMD) can promote the entry of plasmid DNA (pDNA) into the cell cytoplasm, by increasing the permeability of the cell membrane. But the transfection efficiency remains low due to inability of the pDNA to enter the nucleus. Various methods have been explored to improve the UTMD transfection efficiency, but with little success. In cells, the classic nuclear localization signal (cNLS) peptide is an amino acid sequence that signals proteins that are due for nuclear transport. The present study aimed to investigate whether binding of a cNLS peptide to the pDNA may improve the transfection efficiency of UTMD. Four experimental groups were analyzed: Control group (UTMD + pDNA), group with cNLS (UTMD + pDNA + cNLS), group with mutated NLS (mNLS; UTMD + pDNA + mNLS), and group with cNLS and the nuclear import blocker, wheat germ agglutinin (WGA; UTMD + pDNA + cNLS + WGA). The NLS was labeled by fluorescein isothiocyanate, whereas pDNA was labeled with Cy3. Different molar ratios were tested for the NLS and pDNA combination in order to achieve optimal binding of the two molecules. Human umbilical vein endothelial cells were then transfected using the optimum ultrasonic irradiation parameters and NLS/pDNA molar ratio. At 6 h post-transfection, the rates of Cy3-labeled pDNA inside the cells and their nuclei were detected by flow cytometry and laser confocal microscopy, and the cellular vs. nuclear uptake of pDNA was calculated. In order to further evaluate the effect of NLS on UTMD-mediated gene transfection, the transfection efficiency and relative expression levels of mRNA and protein were detected at 48 h post-transfection. The results demonstrated that the optimal molar ratio of NLS with pDNA was 10^4:1. The rates of pDNA successful entry into the cell and nucleus were significantly higher in the cNLS group compared with the control group. The transfection efficiency, and relative expression levels of mRNA and protein from the plasmid were significantly increased in the cNLS group compared with the control group. The mNLS group displayed no significant difference compared with the control group, while the WGA group exhibited significant inhibition in most indicators of transfection efficiency compared to the cNLS group. These results suggest that combining a cNLS peptide with pDNA during UTMD-mediated transfection significantly improved transfection efficiency. Thus, a cNLS peptide may be an important mediator and a new strategy in enhancing the efficiency of UTMD-mediated gene transfection.

Introduction

Ultrasound-targeted microbubble destruction (UTMD) technology is as a novel method of non-viral vector gene transfection, that is increasingly favored by researchers. UTMD technology uses ultrasound microbubbles as nuclei to exert a cavitation effect, which increases the permeability of cell membranes during ultrasound exposure. The exogenous DNA can then enter and transfect a cell through the cell membrane (1). New methods are constantly explored in biomedical research in order to improve targeted gene transfection efficiency at levels comparable to viral vectors (1-3); these methods include the biotin-avidin system (4), the antigen-antibody targeting system (5,6), and the novel ultrasound microbubbles system (7,8). At present, these methods have limited success penetrating the barrier of cell membranes. In addition, for successful gene delivery, the nuclear membrane is a second barrier in eukaryotic cells as all materials must go through nuclear pore complexes to enter the nucleus. Micromolecules with molecular weight <60 kDa and diameter <9 nm pass through nuclear pore complexes into the nucleus by passive diffusion, but macromolecule materials, such as plasmid DNA (pDNA), must contain nuclear localization signal (NLS) peptides, which mediate the active transport into the nucleus (9,10).
NLS peptides are composed of functional amino acid sequences and they are frequently used in the field of gene transfer research, as a method to enhance nuclear entry (11). Classic NLS (cNLS) peptides are rich in basic amino acids, such as arginine and lysine, and are a necessary signal for exogenous DNA or protein to enter into the nucleus. The nuclear transfer functions of the various NLS peptides are closely associated with their structure and sequence. The correct NLS sequence and structure is recognized by nuclear import proteins and is transported through the nuclear pore complex into the nucleus in the form of a cargo-import protein complex. cNLSs should be at the C-terminus of the cargo protein; if the position of the NLS is wrong, or if the sequence is reversed, the sequence is not recognized by the nuclear import protein, and thus the NLS loses its function (12). Furthermore, when a basic amino acid mutation is introduced in the cNLS sequence (e.g. 128PKKKRKV132), so that the lysine (K) at position 128 is mutated to threonine (T), the resulting mutated NLS (mNLS) peptide loses its nuclear transport function (13,14). Finally, exogenous lectin wheat germ agglutinin (WGA) has been reported to act as a nuclear blocker, sealing the nuclear pore and preventing the NLS peptides from interacting with the nuclear transport receptor (15,16). Thus, in the presence of WGA, a targeted protein or gene is not able to enter into the nucleus, even if it contains a functional cNLS (15,16).

The present study aimed to investigate novel methods to improve UMTD-mediated gene transfection. Based on the property of NLS peptides to enhance nuclear entry, the hypothesis that cNLS may act as a mediator to increase pDNA entering the nucleus during UMTD was examined. The present findings suggested that cNLS may be a potential strategy to improve the transfection efficiency of the novel UTMD gene transfection technology.

Materials and methods

Plasmid labeling. The plasmid hANGPT1-EGFP (cat. no. GOSE63322; element sequence, CMV-MCS-EGFP-SV40-Neomycin) was constructed by GeneChem Technology Co., Ltd. (Shanghai, China), amplified in Escherichia coli, and then purified with the Wizard™ Maxiprep DNA Purification System (Promega Corporation, Madison, WI, USA), amplified in Escherichia coli, and then purified with the Wizard™ Maxiprep DNA Purification System (Promega Corporation, Madison, WI, USA). In hANGPT1-EGFP, the angiopoietin 1 (ANGPT1) coding region was cloned in the vector GV230, under the control of the human cytomegalovirus promoter/enhancer and followed by the enhanced green fluorescent protein (EGFP) protein, for visualization of translation efficiency (Fig. 1). In addition, pDNA was labeled with Cy3, using a Label IT Tracker Intracellular Nucleic Acid Localization kit (Mirus Bio, LLC, Madison, WI, USA), according to the manufacturer's protocol. The reagent to plasmid weight ratio was 1:2, and the labeled Cy3-pDNA was purified by ethanol precipitation and resuspended to a concentration of 1 µg/µl.

Combination of NLS and plasmid hANGPT1-EGFP. The SV40 T antigen NLS peptide (PKKKRKV; molecular weight, 883 Da; cat. no. PO15071402) and mutated NLS peptide (PPTKRRKV; molecular weight, 856 Da; cat. no. PO16022402) were synthesized and high-performance liquid chromatography (HPLC)-purified by Multiple Peptide Systems (San Diego, CA, USA). NLS peptides were non-covalently bound to supercoiled phANGPT1-EGFP plasmid by incubation in 4X phosphate buffer saline (PBS; 547 mM NaCl, 10.7 mM KCl, 40.6 mM Na2HPO4, 7.1 mM KH2PO4, pH 7.1) for 30 min at room temperature. Different molar ratios were tested as follows: 0:1, 5x10^{-3}:1, 10^{-3}:1, 5x10^{-4}:1, 10^{-4}:1, and 5x10^{-5}:1 (NLS:phANGPT1-EGFP). The efficiency of binding was tested by agarose gel electrophoresis (Geliance 200; Perkin Elmer, Inc., Waltham, MA, USA), and the lowest molar ratio that resulted in a bound complex was determined as the optimal binding condition.

The NLS peptide was labeled with fluorescein isothiocyanate (FITC; FITC: Wuhan Boster Biological Technology, Ltd., Wuhan, China). A total of 1 M NLS, 40 mM FITC and 2 M DIEA (Suizhou Hubei Chemical Co., Ltd., Suizhou, Hubei, China) were mixed in the reactor and then placed on a shaking bed at 30°C for 2 h. pDNA was labeled with Cy3 as above. The bound complex was observed by overlapping the two types of fluorescence under an inverted fluorescence microscope (IX51; Olympus Corporation, Tokyo, Japan).

Cell culture. Human umbilical vein endothelial cells (HUVECs) were supplied by the medical center of Renmin Hospital, Wuhan University (Wuhan, China). HUVECs were cultured in endothelial cell medium (ECM; ScienCell Research Laboratories, Inc., Carlsbad, CA, USA). The cells were maintained in 10 cm culture dishes at 37°C in a humidified and 5% CO2 atmosphere. For transfection experiments, cells were trypsinized and seeded at a density of 1x10^5 cells/well in two 6-well plates 24 h prior to transfection. One of the 6-well plates was transfected using UTMD with FITC-NLS and Cy3-labeled pDNA, to observe the subcellular localization following 6 h of transfection, using a fluorescent microscope and laser confocal microscope (FXV1200; Olympus Corporation, respectively). The other 6-well plate was transfected with pDNA and Cy3, for evaluation of transfection efficiency and cell survival.

Microbubble preparation. The contrast agent Sulphur hexafluoride microbubbles, named SonoVue (Bracco Imaging SPA, Milan, Italy), was prepared as per the manufacturer's instructions. Lyophilized powder was reconstituted with 5 ml 0.9% sodium chloride w/v solution following vigorous oscillation, then a suspension containing ~2x10^9 microbubbles/ml was obtained. The microbubbles were filled with sulfur hexafluoride gas and encapsulated by a thin and flexible monolayer of phospholipids. The diameters of the majority of microbubbles were 2-5 µm.

UTMD-mediated plasmid transfection. The samples in the present study were divided into 4 groups as follows: Control group, UTMD + pDNA; cNLS group, UTMD + pDNA + cNLS; mutated NLS (mNLS) group, UTMD + pDNA + mNLS; nuclear import blocker WGA group, UTMD + pDNA + cNLS + WGA. Gene transfection was performed by UTMD when the cells in the 6-well plates were 70-90% confluent. The culture medium was replaced with 4 ml OptiMEM™ medium (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) containing 400 µl microbubbles per well and 60 µg pDNA, with or without NLS. Subsequently, ultrasound irradiation was performed on the cells and the plasmid-microbubble suspension, using the
UGT2007 ultrasound irradiation system (Ultrasonic Research Institute of Chongqing Medical University, Chongqing, China). The parameters of ultrasonic irradiation were selected based on optimization experiments reported in a previous study from our group (17), as follows: Probe was placed upper the cells, and irradiation was performed with intensity of 1.5 W/cm², frequency of 1 MHz, irradiation time of 30 sec, duty cycle of 30%, microbubble concentration of 1x10⁷/ml and plasmid concentration of 15 µg/ml. Each experiment was repeated three times. The cell culture medium was replaced with ECM medium at 24 h post-transfection.

**Cell viability.** Cell viability was measured using the Cell Counting Kit-8 (CCK-8) assay (Dojindo Molecular Technologies, Inc., Kumamoto, Japan), as per the manufacturer’s instructions. Briefly, at 48 h post-transfection, HUVECs were seeded in a 96-well plate and transfected as described above. Cells were then fixed with 4% paraformaldehyde (Beyotime Institute of Biotechnology) for 10 min at room temperature. The membrane was permeabilized by 0.2% Triton X-100 diluted in PBS for 8-10 min at room temperature. Finally, DAPI was added to the cells in the dark as a nuclear counterstain, and the cells were washed with PBS three times for 3-5 min prior to observation. The subcellular localization of the Cy3-labeled pDNA was observed under a laser confocal microscope. The fluorescence intensity (FL) of the whole cell (FLcell) and the nucleus (FLnucleus) was quantified using Image J, version 1.48 software (http://rsb.info.nih.gov/ij; National Institutes of Health, Bethesda, MD, USA). The percentage of FLnucleus/FLcell represented the nuclear uptake efficiency of the pDNA.

**Cellular and nuclear uptake of pDNA.** HUVECs were transfected with Cy3-labeled pDNA and then incubated at 37°C and 5% CO₂ atmosphere for 6 h. HUVECs were then washed with PBS and harvested with trypsin (Beyotime Institute of Biotechnology, Nantong, China). The number of fluorescent cells was detected by flow cytometry, and the percent of Cy3-positive cells over total represented the cellular uptake efficiency of pDNA.

In order to calculate the nuclear uptake of pDNA, the cells were seeded on sterile coverslips placed on the bottom of a 6-well plate and transfected as described above. Cells were then fixed with 4% paraformaldehyde (Beyotime Institute of Biotechnology) for 10 min at room temperature. The membrane was permeabilized by 0.2% Triton X-100 diluted in PBS for 8-10 min at room temperature. Finally, DAPI was added to the cells in the dark as a nuclear counterstain, and the cells were washed with PBS three times for 3-5 min prior to observation. The subcellular localization of the Cy3-labeled pDNA was observed under a laser confocal microscope. The fluorescence intensity (FL) of the whole cell (FLcell) and the nucleus (FLnucleus) was quantified using Image J, version 1.48 software (http://rsb.info.nih.gov/ij; National Institutes of Health, Bethesda, MD, USA). The percentage of FLnucleus/FLcell represented the nuclear uptake efficiency of the pDNA.

**Transfection efficiency.** At 48 h post-transfection, up to 500 µl of cell suspension from each group was analyzed by flow cytometry (FACSCalibur; BD Biosciences, Franklin Lakes, NJ, USA). CELLQuest software version 3.0 was used for analysis (BD Biosciences). HUVEC transfection efficiency was calculated as follows: Transfection efficiency=the ratio of fluorescent-positive cells per total x cell viability.

**Reverse transcription-polymerase chain reaction (RT-PCR).** At 48 h post-transfection, total RNA was extracted using the TRIzol reagent (Aidlab Biotechnologies Co., Ltd, Beijing, China), cDNA was obtained by reverse transcription and the mRNA expression of the hANGPT1 gene was semi-quantitatively analyzed using the Applied Biosystems 7500FAST RT-PCR system and SYBR Green (Thermo Fisher Scientific, Inc.). The primers were as follows: hANGPT1 forward 5'-CTG GGAACCGGATTTCTCCT-3' and reverse 5'-GATCTGGCCT GTGACTGTTAATG-3'; and GAPDH, forward 5'-CAAGGCT ATCCATGACACTTGTG-3' and reverse 5'-GTCCACCCAC CCTGTTGTCGTAG-3'. The reaction conditions were 50°C for 2 min, 95°C for 10 min and then 40 cycles of 95°C for 30 sec and 60°C for 30 sec. PCR products were electrophoresed on a 1% agarose gel and stained with ethidium bromide. GAPDH was used to normalize cDNA from different samples. The relative expression of hANGPT1 to GAPDH was semi-quantified by a gel imaging analysis system (Geliance 200; Perkin Elmer, Inc.).

**Western blot.** At 48 h post-transfection, analysis of the hANGPT1 protein expression was performed by western blotting. Cells (1x10⁶/sample) were collected and radiomunoprecipitation (RIPA) buffer (Beyotime Institute of Biotechnology) was used as the lysis buffer. A total of 200 µl RIPA was added per well for 3-5 min at room temperature and then placed on ice for 30 min. Samples were repeatedly agitated to ensure full cell pyrolysis. Samples were then centrifuged at 4°C and 12,900 x g for 5 min. The supernatant was collected as the total protein solution. A bicinchonic protein concentration determination kit (Beyotime Institute of Biotechnology) was used to quantify the concentration of protein according to the manufacturer’s instructions. Total protein (50 µg) was loaded into a 10% sodium dodecyl sulfate-polyacrylamide gel to separate the protein. The separated proteins were transferred to polyvinylidene fluoride membranes (EMD Millipore, Billerica, MA, USA) and blocked with 5% non-fat dry milk (Aspen Bio, Inc., Wuhan, Hubei, China) for 1 h at room temperature. The membranes were washed with TBST (TBS with 0.1% Tween-20) then incubated with anti-hANGPT1 antibody (1:1,000; cat. no. ab133425; Abcam, Cambridge, MA, USA) at 4°C overnight. Following incubation with horse-radish peroxidase-coupled secondary antibodies (1:10,000; cat. no. BA1054; Boster Biotechnology, Wuhan, China) for 1 h at room temperature. The membranes were washed in TBST buffer containing 0.1% Tween-20 (Aspen Bio, Inc.) and protein expression was detected using a chemiluminescence kit (cat. no. NC1057; Thermo Fisher Scientific, Inc.). The X-ray film was scanned and the AlphaEaseFC software (version 4.0.0; Alpha Innotech Corporation; ProteinSimple; Bio-Techne, Minneapolis, MN, USA) was used to analyze the optical density. The relative expression of hANGPT1 to GAPDH was measured.

**Statistical analysis.** Quantitative data are presented as mean ± standard error, and statistical analysis was performed using SPSS 19.0 software package (IBM SPSS, Armonk, NY, USA). The parameters of the four groups were compared using a completely randomized design analysis of variance. Results with significant differences were further analyzed by post hoc
EGFP markedly increased in the cNLS group compared with the control (~57% increase), mNLS and WGA groups, respectively. The transfection efficiency was 40±4, 61±10, 37±5 and 23±4% in the control, cNLS, mNLS and WGA groups, respectively (Fig. 5B). These results indicated that the cNLS peptide successfully entered into the nucleus following UTMD-mediated transfection, while mNLS only partly entered into the nucleus and WGA effectively inhibited cNLS nuclear entry.

cNLS promotes the cellular and nuclear uptake of pDNA. At 6 h post-transfection, the rates of pDNA uptake into the cells were 61±11, 80±10, 55±9 and 58±10% for the control, cNLS, mNLS and WGA groups, respectively (Fig. 5A). The rates of pDNA uptake into the nucleus were 20±4, 50±11, 18±3 and 10±3% for the control, cNLS, mNLS and WGA groups, respectively (Fig. 5B). These results indicated that the cNLS significantly enhanced the cellular and nuclear uptake of pDNA during UTMD-mediated gene transfection.

Effect of cNLS on cell viability and transfection efficiency. At 48 h post-transfection, the cell viability was >80% in all 4 experimental groups, and no significant difference was observed among the groups (P>0.05; Fig. 6A). The transfection efficiency was 40±4, 61±10, 37±5 and 23±4% in the control, cNLS, mNLS and WGA groups, respectively. The transfection efficiency in the cNLS group was significantly increased compared with the control (~57% increase), mNLS and WGA groups (P<0.05; Fig. 6B). This finding indicated that the cNLS promoted UTMD-mediated transfection efficiency of pDNA. Transfection efficiency was also determined by expression of EGFP, encoded on the pDNA vector, via flow cytometry and fluorescence microscopy. The number of cells expressing EGFP markedly increased in the cNLS group compared with the other three groups, confirming enhanced transfection efficiency (Fig. 7).

cNLS enhances the expression of hANGPT1 mRNA and protein. The relative expression levels of hANGPT1 mRNA were 28±4, 55±8, 27±4 and 17±3% in the control, cNLS, mNLS and WGA groups, respectively, with the cNLS group displaying the highest mRNA expression levels compared with the other three groups (P<0.05; Fig. 8A). The relative expression levels of the hANGPT1 protein were 22±4, 46±8, 22±5 and 12±3% in the control, cNLS, mNLS and WGA groups, respectively, with the cNLS group again displaying the highest protein expression levels compared with the other three groups (P<0.05; Fig. 8B). Expression of hANGPT1 mRNA and protein in the mNLS group was not significantly different to the control group, whereas the WGA group displayed decreased expression compared with the control group (P<0.05; Fig. 8).
and addition of cationic polymers can improve the transfection efficiency (22,23). These methods have some effect in penetrating the cell membrane barrier, but have provided little benefit to cross the nuclear membrane barrier. Macromolecules, such as pDNA, must contain an NLS in order to be actively transported into the nucleus, by specific interaction of the NLS with the nuclear import proteins (9,10).

NLS peptides are positively charged because their sequence is rich in arginines and lysines, and therefore can bind negatively charged pDNA by electrostatic interactions (24). The present study confirmed that the NLS and pDNA combined in a complex and the optimum molar ratio for this binding was $10^4$ NLS/pDNA, as detected by agarose gel electrophoresis, performed similarly to a previous study by Duvshani-Eshet et al (25). For different exogenous DNAs, the differences in molecular weight and electrostatic charge result in different molar ratios for binding. Part of the positively charged NLS can also interact with the negatively charged SonoVue microbubbles, thereby increasing pDNA uptake into cells indirectly during UTMD; this phenomenon may also partly explain the higher transfection efficiency in the cNLS group compared with the control group.

The nuclear import of NLS-mediated exogenous DNA is divided into at least two steps. The first step is the process of NLS identification by the NLS receptor, which then forms a nuclear pore positioning complex gathered on the cytoplasmic side of the nuclear membrane. The second step is the process of nuclear transfer, which is dependent on temperature and energy, and results in the NLS peptide passing through the nuclear pores and into the nucleus (26). When the ultrasound cavitation effect is generated by UTMD, the absorption or dissipation of the ultrasonic energy can cause a local and

Figure 2. Human umbilical vein endothelial cells were transfected with plasmid DNA and NLS peptide by ultrasound-targeted microbubble destruction method (magnification, x400). (A) Cells imaged by bright-field microscopy. (B) DAPI-stained nuclei (blue). (C) Cy3-labeled plasmid DNA (red). (D) Fluorescein isothiocyanate-labeled NLS (green). NLS, nuclear localization signal.

Figure 3. NLS-pDNA binding was evaluated by agarose gel electrophoresis at different NLS/pDNA molar ratios. Lane 1, 0:1; lane 2, 5x10^2:1; lane 3, 10^3:1; lane 4, 5x10^3:1; lane 5, 10^4:1; and lane 6, 5x10^5:1. When the molar ratio of NLS/pDNA combination was $10^4:1$ (lane 5) or greater, the NLS-pDNA complex was immobilized in the sample well. The DNA molecular weight marker was λ/Hind III. NLS, nuclear localization signal; pDNA, plasmid DNA.
transient temperature increase, which may be advantageous to the exogenous DNA to get into the cytoplasm and may provide energy to promote the NLS-mediated pDNA entry into the nucleus (2-3,27). This phenomenon may also explain the NLS-mediated exogenous DNA entry into the nucleus observed in the present study; the rates of cell and nuclear pDNA uptake increased significantly when the transfection was conducted by UTMD combined with cNLS.

In the present study, the rates of cell and nuclear uptake of pDNA both increased following addition of the optimal proportion of cNLS/pDNA. The transfection efficiency also improved significantly, as well as expression of mRNA and protein of...
the target gene. The present finding indicated that NLS may be important in transfection efficiency by UTMD method.

Previously, methods of exogenous gene transfection have had great progress using the function of NLS peptides (28,29). For example, in nerve cells that are difficult to transfect, previous studies have performed fusion expression of an NLS peptide with a target gene, and reported that recombinant transcription factors were efficiently transferred into the neural stem cells and successfully induced nerve cell differentiation (30). In addition to vertebrates, NLS peptides can improve the transfection efficiency in crustaceans; compared with DNA alone, the non-covalent bound DNA/NLS group exhibited >2-fold greater transfection efficiency, faster nuclear input rate as detected by β-galactose activity determination (the progress is 20 min vs. 90 min in the control group), and decreased degradation by DNA hydrolytic enzymes (31). The use of cNLS in the present
study may have enhanced the transfection efficiency by promoting the entry of the exogenous DNA into the nucleus in great quantities, as well as avoiding exogenous DNA degradation in the cytoplasm. Thus, the combination of the two kinds of effects may significantly improve transfection efficiency.

However, various studies have adopted different experimental methods; the transfection efficiency was not always improved by combining an NLS peptide with the target gene. As such, the characteristics and advantages of the NLS peptide need to be thoroughly investigated in order to explore how to optimally use NLS as a nuclear guide to enhance the rate of exogenous DNA entry into the nucleus and to thus improve the transfection efficiency in the future.

A limitation of the present study was the method of nuclei staining. Although the nuclei are displayed under a fluorescent microscope, the location of the cell nucleus is visibly more apparent if cells are co-stained with DAPI. This methodology will be further improved in the group’s future investigations. Nevertheless, the present study demonstrated that the UTMD method increased cell membrane permeability for exogenous DNA entry into the cytoplasm, and addition of NLS promoted pDNA entry into the nucleus, thereby improving the overall transfection efficiency. The findings suggest that NLS combination with UTMD method may be a novel efficient strategy of non-viral vector gene transfection.

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