**Mentha arvensis** IN OIL

**SOLID-LIQUID EQUILIBRIUM**

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**Abstract** - L-menthol is an essential oil produced from *Mentha arvensis*. An experimental L-menthol solid-liquid equilibrium in menthol oil constituents was determined in the temperature range between 271 K and 300 K, by the method of creating a saturated solution at a given temperature by using an excess of crystals in the suspension. The mole fraction of the experimental data, on a logarithmic basis, were fitted against T by the Apelblat equation and by a linear equation with good results. The equations were: ln(x) = [-52.45 + 1,170.70/T + 8.48ln(T)] and ln(x) = 3.98 -1,249.65/T with T in K. Both equations give a good correlation with the experimental data. From the Apelblat equation the enthalpy of solution was also calculated as a linear function of temperature and has an average value of 150.31 J/mol in the temperature interval studied.

**Keywords**: Solubility; Phase equilibria; L-Menthol.

**INTRODUCTION**

L-menthol is a widely used compound in the food, cosmetic and pharmaceutical industries (Gupta et al., 2017; Watts, 1997; Budavari, 1989), where it is mainly applied as solid crystals. It is the main constituent of peppermint oils from *Mentha arvensis* (content: 70 to 80%) and *Mentha piperita* (content: 50 to 60%) (Nowak et al., 2013,). Most recently, Tardugno et al. (2017) compared the composition of these two mentha species and reported that the L-menthol percentage in *M. arvensis* is twice as high as in *M. piperita*.

The extraction of the oil is typically carried out by steam stripping, with yields around 1 % to 5 %, depending on the mint species used. After heating, filtering and dewatering steps, the extracted oil is cooled to temperatures between -5 °C and –10 °C. At this temperature menthol powder precipitates from the oil. The dementholized mint oil (DMO), is then cooled to -40 °C, precipitating another quantity of menthol powder. (Watts, 1997). For decades nearly all menthol crystal industries have been performing the crystallization process by subjecting the mint essential oil to temperature programmed procedures established empirically or following patented cooling schemes (Bridger and Chang, 1953; Watts, 1997; Gatfield et al., 2004). Some of these crystallization processes may take thirty days, with final temperatures around -30 °C. More recent processes may require less time, such as the one described by (Nadeem et al., 2017), which take 48 hours at -45 °C.

Because of these long batch processing times, the energy consumption is too high. Also, there is little control over the crystal size distribution (CSD) due to the occurrence of crystal nucleation and seed growth phenomena simultaneously. Therefore, the need for improvements to the traditional crystallization process is clear.

Besides the mint species, the oil composition also depends on the harvest place and period (Watts, 1997) and comprises dozens of components such as monoterpenes, sesquiterpenes, oxidized terpenes and so on (Hussain et al., 2010). Most of the existing literature presents just the major constituents of the

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oil (essentially menthol, menthone, menthyl acetate, limonene and isomenthone), accounting for 80 %wt to 98%wt of its composition (Singh et al., 2005; Hussain et al., 2010; Gupta et al., 2017).

Becker et al. (1978) pointed out that, despite its abundance, there are little information available on menthol’s thermophysical properties. Galushko et al. (2006) compiled some physicochemical properties of menthol, namely molecular weight (156.27), melting temperature (43.5 °C) and heat of fusion (78 J/g). Menthol’s boiling point (212 °C) may be found on Budavari (1989). Due to the interest in supercritical extraction, some authors (Sovová and Jez, 1994, Mukhopadhyay and De, 1995, Galushko et al., 2006) present the solubility of the mint essential oil in supercritical CO$_2$. Also, Okuniewski et al. (2017) obtained the menthol solubility in n-dodecane, 1-dodecanol, and 2-phenylethanol, but no information was found about the solubility in DMO, object of this paper.

**Thermodynamic model**

Solid-Liquid Equilibrium (SLE) may be represented thermodynamically by the van’t Hoff equation for ideal systems (Mullin, 2001; Myerson, 2002; Sandler, 2017):

$$\ln\left(\frac{x_{ideal}}{R}\right) = \Delta H_{fusion} \left[ \frac{1}{T} - \frac{1}{T_{melt}} \right]$$

(1)

where $x_{ideal}$ is the ideal saturation mole fraction of the solute, $R$ is the ideal gas constant, $T$ is the temperature of the system, $T_{melt}$ the fusion temperature, $\Delta H_{fusion}$ the molar heat of fusion and $\gamma$ the activity coefficient.

According to thermodynamics, the hypothetical path is to heat the solid from $T$ to $T_{melt}$, change phase from solid to liquid at that temperature and cool the liquid phase back to $T$. This implies some assumptions: there is no interaction between solute and solvent (Mullin, 2001), the equation would serve for any solvent and there are no data correlating the specific heat to cool the liquid phase. Some approximations, according to Mishra and Yalkolwsky (1992) caused until 12% difference of solubility.

For real solutions, a better approach for a binary or multicomponent system is to adjust the equation to replace the heat of fusion by the heat of solution (Nývlt et al., 2001) to consider solvent–solute interactions:

$$\frac{d\ln(\gamma \cdot x_{ideal})}{dT} = \frac{d\ln(x)}{dT} = \frac{\Delta H_{sol}}{RT^2}$$

(2)

where $x$ is the mol fraction of solid at equilibrium and $\gamma$ is the activity coefficient.

Considering that the heat of solution is a linear function of temperature:

$$\Delta H_{sol} = a + bT$$

(3)

Substituting (3) in (2) and integrating:

$$\ln(x) = A + \frac{B}{T} + C\ln(T)$$

(4)

where $A$ is a constant of integration; $B = -a/R$ and $C = b/R$.

This equation is traditionally used to adjust solid-liquid equilibria (see, e.g., Noubigh and Oueslati, 2017; Bhesaniya and Baluja, 2014; Shi et al., 2016; Li et al., 2012; Baluja, 2012). Hence, the heat of solution can be calculated from the integration of Eq.4 to give Eq. 5:

$$\Delta H_{sol} = -B \cdot R + C \cdot R \cdot T$$

(5)

If the heat of solution can be assumed to be constant in the temperature range, the integration of Eq. 2 yields:

$$\ln(x) = \frac{D - E}{T}$$

(6)

where $D$ is a integration constant, and the average heat of solution is $-E \cdot R$.

**EXPERIMENTAL SECTION**

The experimental set up consisted of a 150 cm$^3$ jacketed glass reactor with a stirrer (Logen Scientific), a thermostatic bath (Fisatom, model 800) coupled and a digital thermometer (Gulterm model 1001, range: -40 °C – 199.9 °C, ± 0.1 °C). The mint oil (Refractive Index of 1.559, Optical rotation of -23 °) contained around 48% of menthol (MW= 156.26), 7% terpenes (limonene, myrcene and alpha and beta-pinene, all with MW= 136.23), 37% of menthone, isomenthone and neoisopulegol (MW=154.25), 3% menthyl acetate (MW= 198.31), 0.6% of piperitone (MW= 152.23) and 0.4% of menthofuran (MW= 150.22).

The adopted method is the excess time of liquid phase contact with an excess of crystals method (Myerson 2002) at a constant temperature. Based on previous research (Derenzo, 2003, Uematsu et al., 2006), the equilibrium normally is reached after 6 to 8 hours under stirring, but 24 hours was used in these experiments.
An amount of 100 cm$^3$ of this oil was kept in the reactor at a fixed temperature with an excess of menthol crystals for at least 24 hours under stirring. The stirring was stopped thereafter and kept standing for 10 minutes before a sample of the liquid phase was taken with the aid of a filter in a syringe. The sample was analyzed by gas chromatography as soon as possible to avoid sample crystallization. The assay was performed three times for each temperature in the range of 271 to 300 K.

The chemical analysis were performed in a HP model 5890, Series II gas chromatograph, using a HP-20M column (Carbowax 20M – Polyethylene Glycol) with the dimensions of 50 m $\times$ 0.2 mm $\times$ 0.1 µm. The following operational conditions were applied: injection temperature of 250 °C, column temperature of 110 °C, FID temperature of 250°C, synthetic air, nitrogen, oxygen and hydrogen as carrier gases. Concentration calculations were made using the N2000 Chromatography Data System software.

The equilibrium data were then fit by non-linear regression method using MATLAB software with Levenberg-Marquardt nonlinear least squares algorithm, to estimate parameters A, B and D from the model shown by Eq. 4 and with the standard linear least squares algorithm to obtain the parameters from Eq. 6. Also, outlier analysis was performed after model fitting, by testing the residues (differences between calculated and experimental concentrations) for normality and using a 3-sigma criterion to eliminate experimental points which could prejudice the estimates. The quality of the model was assessed by the adjusted $R^2$.

RESULTS AND DISCUSSION.

Table 1 presents the experimental data. Fitting of models from Equations 4 and 6 were performed and the results are presented in Figures 1 and 2, respectively.

The A, B and C parameter estimates were, respectively: -52.45; 1,170.70 and 8.48. Thus, the adjusted nonlinear model proposed for l-menthol in the range of 271.15 K and 300.15 K is:

![Figure 1. Graphical representation of the experimental and modeled l-menthol solid-liquid equilibrium curve by non-linear fitting.]

![Figure 2. Graphical representation of the experimental and modeled l-menthol solid-liquid equilibrium by linear fitting.]

Table 1. Experimental saturation data of L-Menthol in the essential oil.

| Temperature (K) | L-menthol experimental concentration (wt%) | Average concentration (wt%) | %average concentration (mol%) |
|----------------|-------------------------------------------|----------------------------|-------------------------------|
| 300.15         | 85.83                                     | 85.07                      | 84.94 ± 0.97                 |
| 298.15         | 81.76                                     | 81.46                      | 81.60 ± 0.15                 |
| 296.15         | 79.90                                     | 79.40                      | 79.27 ± 0.71                 |
| 294.15         | 76.36                                     | 75.00                      | 75.87 ± 0.75                 |
| 292.15         | 75.06                                     | 74.91                      | 74.71 ± 0.48                 |
| 289.15         | 71.79                                     | 72.37                      | 72.17 ± 0.33                 |
| 287.15         | 69.81                                     | 69.60                      | 69.47 ± 0.43                 |
| 284.15         | 65.99                                     | 66.22                      | 66.22 ± 0.24                 |
| 281.15         | 63.09                                     | 63.58                      | 63.38 ± 0.26                 |
| 278.15         | 60.19                                     | 60.49                      | 60.49 ± 0.31                 |
| 276.15         | 58.36                                     | 58.37                      | 58.37 ± 0.02                 |
| 274.15         | 56.50                                     | 56.39                      | 56.59 ± 0.26                 |
| 271.15         | 54.45                                     | 54.37                      | 54.37 ± 0.29                 |
and the heat of solution can be expressed as:

$$\Delta H_{\text{sol}} = -140.81(\text{J/mol}) + 1.02T \quad (8)$$

The constant heat of solution approach led to the following equation:

$$\ln(x) = 3.98 - \frac{1.249.65}{T} \quad (9)$$

The heat of solution calculated from this model was 150.31 J/mol, which is very close to the average value of the heat of solution from eq. 7 in the range studied: 151.22 J/mol, indicating that there is consistency of both fitted models.

Table 2 presents the calculated values of the heat of solution and the molar concentration for both equations. It can be seen that both equations properly fitted the experimental data, and the average deviation was similar for both models.

Table 2. Experimental and fitted menthol concentration according to equations 7 and 9 and heat of solution.

| Temperature (K) | Concentration (% mol) | Concentration according to eq (5) (%mol) | Dev. (%) | Heat of solution (J/mol) | Concentration according to eq (7) (%mol) | Dev. (%) |
|-----------------|-----------------------|------------------------------------------|----------|--------------------------|------------------------------------------|----------|
| 300.15          | 84.71                 | 83.75                                    | 1.13     | 165.34                   | 83.24                                    | 1.73     |
| 298.15          | 81.33                 | 81.23                                    | 0.12     | 163.30                   | 80.95                                    | 0.47     |
| 296.15          | 78.98                 | 78.79                                    | 0.24     | 161.26                   | 78.69                                    | 0.36     |
| 294.15          | 76.54                 | 76.42                                    | 1.16     | 159.22                   | 76.46                                    | 1.22     |
| 292.15          | 74.37                 | 74.11                                    | 0.35     | 157.18                   | 74.27                                    | 0.13     |
| 289.15          | 71.81                 | 70.78                                    | 1.43     | 154.12                   | 71.05                                    | 1.06     |
| 287.15          | 69.09                 | 68.65                                    | 0.64     | 152.08                   | 68.94                                    | 0.22     |
| 284.15          | 65.82                 | 65.56                                    | 0.40     | 149.02                   | 65.85                                    | 0.04     |
| 281.15          | 62.97                 | 62.61                                    | 0.57     | 145.96                   | 62.83                                    | 0.22     |
| 278.15          | 60.06                 | 59.79                                    | 0.45     | 142.90                   | 59.89                                    | 0.30     |
| 276.15          | 57.94                 | 57.98                                    | 0.08     | 140.86                   | 57.97                                    | 0.06     |
| 274.15          | 56.15                 | 56.23                                    | 0.14     | 138.82                   | 56.09                                    | 0.12     |
| 271.15          | 54.13                 | 53.70                                    | 0.80     | 135.76                   | 53.33                                    | 1.48     |

$$R^2 = 0.998$$

| Average | 151.22 |
| Maximum | 1.43   |

$$\text{dev} = \frac{(x_{\text{exp}} - x_{\text{calc}})}{x_{\text{exp}}}$$

CONCLUSION

Based on experimental data it can be concluded that menthol solubility has a positive effect with the increase of temperature. Two mathematical models for L-menthol solid-liquid equilibrium were developed in the range of 271 to 300 K (-2 °C to +27 °C). The
complete equation of the model is \( \ln (x) = \left[ -52.45 + 1.170.70/T + 8.48 \ln(T) \right] \) and \( \ln (x) = 3.98 - 1.249.65/T \) where \( T \) is the temperature in Kelvin and \( x \) is the mole fraction of L-menthol. The heat of solution is a linear function of the temperature in the range assuming an average value of 150.31 J/mol.

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