CD39\(^+\) Regulatory T cells suppress generation and differentiation of Th17 cells in human malignant pleural effusion via a LAP-dependent mechanism

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Abstract

Background: Both regulatory T cells (Tregs) and T helper IL-17-producing cells (Th17 cells) have been found to be involved in human malignancies, however, the possible implication of Tregs in regulating generation and differentiation of Th17 cells in malignant pleural effusion remains to be elucidated.

Methods: The numbers of both CD39\(^+\)Tregs and Th17 cells in malignant pleural effusion and peripheral blood from patients with lung cancer were determined by flow cytometry. The regulation and mechanism of Tregs on generation and differentiation of Th17 cells were explored.

Results: Both CD39\(^+\)Tregs and Th17 cells were increased in malignant pleural effusion when compared with blood, and the numbers of CD39\(^+\)Tregs were correlated negatively with those of Th17 cells. It was also noted that high levels of IL-\(\beta\), IL-6, and TGF-\(\beta\) could be observed in malignant pleural effusion when compared the corresponding serum, and that pleural CD39\(^+\)Tregs could express latency-associated peptide on their surface. When naive CD4\(^+\) T cells were cocultured with CD39\(^+\)Tregs, Th17 cell numbers decreased as CD39\(^+\)Treg numbers increased, addition of the anti-latency-associated peptide mAb to the coculture reverted the inhibitory effect exerted by CD39\(^+\)Tregs.

Conclusions: Therefore, the above results indicate that CD39\(^+\)Tregs inhibit generation and differentiation of Th17 cells via a latency-associated peptide-dependent mechanism.

Keywords: latency-associated peptide, malignant pleural effusion, regulatory T cells, Th17 cells, transfer growth factor

Introduction

It has been well documented that CD4\(^+\) T lymphocyte dominance occurs in malignant pleural effusion (MPE) [1,2]. On encountering an antigen, naïve CD4\(^+\) T-helper precursor cells enact a specific process that results in differentiation toward the T-helper type 1 (Th1) or Th2 lineage. Early studies have suggested that Th1/Th2 cell balance in MPE may influence pathophysiologic process of pleural disease [3,4]. Two additional CD4\(^+\) T cell subsets, regulatory T cells (Tregs) and T helper IL-17-producing cells (Th17 cells), have been described more recently. Tregs are characterized by the expression of the lineage-specific transcription factor FOXP3, which is involved both in their development and in their suppressor functions [5,6]. Th17 cells are now defined as a separate subset distinct from the Th1, Th2, and Tregs, in terms of developmental regulation and function [7,8]. Our previous studies showed that increased Tregs were found in MPE, and these Tregs were recruited into pleural space induced by chemokine CCL22 [9,10].
More recently, we have demonstrated that due to local differentiation and expansion stimulated by cytokines and to recruitment from peripheral blood induced by chemokines, the numbers of Th17 cells were significantly increased in MPE, and that the accumulation of Th17 cells in MPE predicted improved patient survival [11]. It has been reported that human Tregs can differentiate into Th17 cells, when stimulated by allogeneic antigen-presenting cells in the presence of IL-2 or/and IL-15 [12].

It has been well documented that TGF-β is synthesized in cells as a pro-TGF-β precursor. Following homodimerization, pro-TGF-β is cleaved into two fragments: the C-terminal homodimer corresponds to mature TGF-β, while the N-terminal homodimer is latency-associated peptide (LAP) [13]. Mature TGF-β and LAP remain non-covalently bound to each other in a complex called latent TGF-β. Latent TGF-β is inactive because LAP prevents mature TGF-β from binding to its receptor, and hence from transducing a signal [14]. The role of TGF-β in the differentiation of human Th17 cells is still controversial. Some studies demonstrated that TGF-β is required for human Th17 cell differentiation [15,16], however, the other data showed that TGF-β suppresses the differentiation of Th17 cells [17,18]. Because TGF-β induces FOXP3 expression in naïve CD4+ T cells and converts them to Tregs [19], while Tregs express cell surface or secrete TGF-β [20,21], this introduces the possibility that Tregs may be playing a role in generation and differentiation of Th17 cells via a LAP-dependent mechanism. In the present study, we were prompted to investigate whether CD39+Tregs are capable of suppressing generation and differentiation of Th17 cells, as well as whether LAP is involved in such a possible suppression in MPE.

**Methods**

**Subjects**

The study protocol was approved by our institutional review board for human studies, and informed consent was obtained from all subjects. Pleural fluid samples were collected from 16 patients (age range: 31 to 76 yr) with newly diagnosed lung cancer with MPE. Histologically, 11 cases were adenocarcinoma and 5 were squamous cell carcinoma. A diagnosis of MPE was established by demonstration of malignant cells in pleural fluid or/and on closed pleural biopsy specimen. The patients were excluded if they had received any invasive procedures directed into the pleural cavity or if they had suffered chest trauma within 3 mo prior to hospitalization. At the time of sample collection, none of the patients had received any anti-cancer therapy, corticosteroids, or other nonsteroid anti-inflammatory drugs.

**Sample Collection and Processing**

The pleural fluid samples were collected in heparin-treated tubes from each subject, using a standard thoracocentesis technique within 24 h after hospitalization. Twenty milliliters of peripheral blood were drawn simultaneously. MPE specimens were immersed in ice immediately and were then centrifuged at 1,200 g for 5 min. The cell-free supernatants of MPE and serum were frozen at -80°C immediately after centrifuge for later determining cytokine concentrations. The cell pellets of MPE were resuspended in HBSS, and mononuclear cells were isolated by Ficoll-Hypaque gradient centrifugation (Pharmacia, Uppsala, Sweden) to determine the T cell subsets within 1 h. A pleural biopsy was performed when the results of pleural fluid analysis were suggestive of malignancy.

**Flow Cytometry**

The expression markers on T cells from MPE and blood were determined by flow cytometry after surface staining or intracellular staining with anti-human-specific Abs conjugated with either phycoerythrin or fluorescein isothiocyanate. These human Abs included anti-CD3, anti-CD4, anti-CD39, anti-CD45RA, anti-CD45RO, anti-CD127, anti-LAP, anti-IL-17, and anti-FOXP3 mAbs, which were purchased from BD Biosciences or eBioscience (San Diego, CA). Intracellular staining for IL-17 or FOXP3 was performed on T cells stimulated with phorbol myristate acetate (50 ng/ml; Sigma-Aldrich) and ionomycin (1 μM; Sigma-Aldrich) in the presence of GolgiStop (BD Biosciences) for 5 h, and the intracellular IL-17 or FOXP3 was then stained with anti-IL-17 or -FOXP3 conjugated with phycoerythrin (eBioscience). Flow cytometry was performed on a BD FACSCalibur flow cytometer using FCS ExpressV3 software.

**Cell Isolation**

Bulk CD4+ T cells from pleural fluid and blood were isolated by negative selection (by depletion of CD8+, CD11b+, CD16+, CD19+, CD36+, and CD56+ cells) with the Untouched CD4+ cell isolation kit (Miltenyi Biotec, Auburn, CA) according to the manufacturer’s instructions. After isolation of bulk CD4+ T cells, the naïve CD4+ T cells (CD45RA+CD45RO−) were further purified by EasySep enrichment kits (StemCell Technologies, Vancouver, British Columbia, Canada) according to the manufacturer’s instructions. The purity of naïve CD4+ T cells was > 97%, as measured by flow cytometry.

CD4+ T cells were also stained with CD4-PerCP-Cy5.5, CD25-PE, and CD39-FITC, (eBiosciences), and CD4+CD25highCD39+ T cells and CD4+CD25+ responder T cells were sorted using a Beckman Coulter cell sorter. Purity of the sorted populations was > 97%.
CD39+Tregs were added into the cultures. To demonstrate that LAP was responsible for the inhibitive effects of CD39+Tregs, blocking experiments were performed by mixing the MPE with 500 ng/ml of anti-LAP mAb (Clone 27235) or mouse IgG irrelevant isotype control (R&D Systems). The culture supernatants were collected for determining IL-17 concentration.

**Measurement of Cytokines**

The concentrations of IL-1β, IL-6, IL-23, and TGF-β1 in both pleural fluids and sera, as well as IL-17 in culture supernatants, were measured by sandwich ELISA kits according to the manufacturer’s protocols (all kits were purchased from R & D Systems Inc., Minneapolis, MN, USA). All samples were assayed in duplicate. The lower detection limits of IL-1β, IL-6, IL-23, TGF-β1, and IL-17 were 1 pg/ml, 0.70 pg/ml, 6.8 pg/ml, 4.61 pg/ml, and 15 pg/ml, respectively.

**Statistics**

Data are expressed as mean ± SEM. Comparisons of the data between different groups were performed using a Kruskal-Wallis one-way analysis of variance on ranks. For data in MPE and in the corresponding blood, paired data comparisons were made using a Wilcoxon signed-rank test. Analysis was completed with SPSS version 16.0 Statistical Software (Chicago, IL, USA), and p values of less than 0.05 were considered to indicate statistical significance.

**Results**

**Tregs and Th17 Cells Were Significantly Increased in MPE**

We first used flow cytometry to identify both CD39+ Tregs and Th17 cells in CD4+ T cells in MPE (Figure 1A, B, C) and peripheral blood. With gating on CD4+CD25^{high} subset, we once again observed in the present study that a significant increase in CD39+Tregs were was observed in MPE (7.5 ± 1.0%) compared with blood (4.4 ± 0.5%) \( (n = 16, \text{Wilcoxon signed-rank test}, p < 0.001) \) (Figure 1D). Consistent with our previous findings [14], we noted that percentages of Th17 cells represented the higher values in MPE (3.7 ± 0.4%), showing a significant increase in comparison with those in the corresponding blood (0.6 ± 0.1%) \( (n = 16, \text{Wilcoxon signed-rank test}, p < 0.001) \) (Figure 1E). We further found that the ratios of CD39+Tregs/Th17 cells were significantly lower in MPE (3.3 ± 1.0) than in blood (11.5 ± 2.4, \( n = 16, \text{Wilcoxon signed-rank test}, p < 0.001 \) (Figure 1F). In addition, pleural Th17 cell numbers were correlated negatively with Treg numbers \( (r = -0.804, p < 0.001) \) (Figure 1G).

As show in Figure 2, majority of CD4+CD25^{high} T cells were CD39 positive (86 - 94%) and were CD127 negative (88 - 95%), possessing typical phenotypes of Tregs.

**Impacts of Cytokines on Tregs and Th17 Cells in MPE**

We determined some cytokines that reported be involved in generation and differentiation of Tregs or Th17 cells, and observed that high levels of IL-1β, IL-6, and TGF-β1, but not of IL-23, in MPE when compared with the corresponding sera (Figure 3), suggesting that these proinflammatory cytokines might affect the generation and differentiation of Tregs or Th17 cells in MPE.

To evaluate the contribution of cytokines to the numbers of pleural CD39+Tregs and Th17 cells, we purified naïve CD4+ T cells from MPE and blood and cultured them in the presence of one or more of IL-1β, IL-6, IL-23, and TGF-β. With IL-2-containing medium provided a baseline for comparison, IL-1β, IL-6, or IL-23, but not TGF-β, could promote the differentiation of Th17 cells from naïve CD4+ T cells (Figure 4). The combination of IL-1β plus IL-6, IL-1β plus IL-23, IL-6 plus IL-23, or IL-1β plus IL-6 plus IL-23, significantly increased the percentage of Th17 cells at higher extents compared with any single one of above cytokines. Although a significant high concentration of TGF-β was found in MPE, it did not promote the generation and differentiation of Th17 cells; in contrast, TGF-β could reduce the increased percentage of Th17 cells stimulated by above cytokines. On the other hand, TGF-β was capable of promoting the differentiation of CD39+Tregs during the 7-day culture, and that any one or their various combinations of IL-1β, IL-6, and IL-23 did not affect the increase in CD39+Treg numbers induced by TGF-β (Figure 4).

**Inhibition of Generation and Differentiation of Th17 Cells by CD39+Tregs**

On the basis of our observation that both CD39+Tregs and Th17 cells were significantly increased in MPE, and that pleural CD39+Treg numbers were correlated negatively with pleural Th17 cell numbers, we therefore investigated the impacts of Tregs on generation and differentiation of Th17 cells in vitro. We purified CD39+CD4+CD25^{high} T cells from both MPE and blood, and
Figure 1 Both CD39+ regulatory T (Tregs) cells and Th17 cells increased in malignant pleural effusion (MPE). (A) Lymphocytes were identified based on their characteristic properties shown in the forward scatter (FSC) and sideward scatter (SSC). (B) A representative gating was set for CD4+ T cells from pleural lymphocytes. (C) A representative dot plots showing expression of CD39 and IL-17 in pleural CD4+ T cells. Comparisons of percentages of CD39+ Tregs (D), Th17 cells (E), and ratios of CD39+ Tregs/Th17 cells (F) in MPE and blood from patients with lung cancer (n = 16). The percentages of CD39+ Tregs and Th17 cells were determined by flow cytometry. Horizontal bars indicate medians. Comparison was made using a Wilcoxon signed-rank test. (G) The percentages of Th17 cells correlated with CD39+ Tregs cells in MPE. Correlations were determined by Spearman’s rank correlation coefficients.

Figure 2 CD39 and CD127 expressed on CD4+CD25^{high} T cells. The subset of pleural CD4+CD25^{high} T cells (A) was identified by flow cytometry for determining the surface expression of CD39 (B) and CD127 (C), data for one representative donor of 16 tested are shown.
found that this subset of T cells were almost FOXP3 positive (> 97%) (Figure 5A) and were almost CD127 negative (> 97%) (Figure 5B), possessing typical phenotypes of Tregs. As shown in Figure 5C, generation and differentiation of Th17 cells were observed when the purified naive CD4⁺ T cells were cultured for 7 d in presence of IL-1β and IL-6. When CD39⁺Tregs were added into the coculture, Th17 cell numbers decreased as CD39⁺Treg numbers increased. Likewise, IL-17 concentrations in the cultured supernatants decreased as CD39⁺Treg numbers increased. Likewise, IL-17 concentrations in the cultured supernatants decreased as CD39⁺Treg numbers increased. There were no differences in inhibiting effects on both Th17 cell numbers and IL-17 concentrations between pleural CD39⁺Tregs and blood CD39⁺Tregs (Figure 5C and 5D).

**LAP Mediates Treg-Induced Inhibition of Th17 Cells**

Since high concentration of TGF-β1 was found in MPE (Figure 2D), we explored whether LAP was involved in the observed suppressive effect by CD39⁺Tregs on the generation and differentiation of Th17 cells. We determined LAP expression of on the cell surface of CD39⁺Tregs by flow cytometry and found that there was some an extent of LAP surface expression on freshly purified CD39⁺Tregs (6.2 - 12.4%) (Figure 6A); when CD39⁺Tregs were cultured with plate-bound anti-CD3 and soluble anti-CD28 mAbs in the presence of IL-1β and IL-6 for 7 d, the expression of LAP increased significantly (47.2 - 56.3%) (Figure 6B). We included a blocking mAb against LAP in the above coculture of naive CD4⁺ T cells and CD39⁺Tregs from MPE or blood. As shown in Figure 6C, addition of the anti-LAP mAb to the cultures markedly reverted the inhibitory effect exerted by CD39⁺Tregs. Therefore, the above results indicate that CD39⁺Tregs inhibit generation and differentiation of Th17 cells via a LAP-dependent mechanism. In addition, a similar inhibitory effect of CD39⁺Tregs on IL-17 production was also observed (Figure 6D).

**Discussion**

In the previous studies, we have reported that increased Tregs and Th17 cells could be found in MPE [9-11]. In the present study, we have extended the previous works and demonstrated that CD39⁺Tregs play an important role in regulating generation and differentiation of Th17 cells in human MPE.

It has been reported by the other groups [15,22-24] that Tregs can differentiate into Th17 cells. In the animal studies, the development and differentiation of Th17 cells was described to be linked to that of Tregs in a reciprocal fashion, both TGF-β and IL-6 appeared obligatory for this differentiation process [25,26]. Murine activated Tregs promoted Th17 cell differentiation from CD4⁺ T cells likely through their production of TGF-β [26,27]. However, the process of human Tregs differentiating into Th17 cells was enhanced by exogenous cytokines, such as IL-1β, IL-6, IL-21, and IL-23, and inhibited by TGF-β [15,22]. The IL-17-producing Tregs strongly inhibit the proliferation of CD4⁺ responder T cells, and maintain their suppressive function via a cell-
Figure 4 Generation and differentiation of human CD39+Tregs and Th17 cells from malignant pleural effusion regulated by different cytokines. (A) The representative dot plots of freshly isolated naïve CD4+ T cells from malignant pleural effusion were determined for expression of CD39 and IL-17 by flow cytometry. (B) The representative dot plots of CD39+Tregs and Th17 cells detected in naïve CD4+ T cells after culturing in presence both IL-1β and IL-6. (C) The representative dot plots of CD39+Tregs and Th17 cells detected in naïve CD4+ T cells after culturing in presence of TGF-β1. (D) The mean ± SEM of CD39+Tregs (open bars) and Th17 cells (closed bars) detected in naïve CD4+ T cells from 5 independent experiments. The purified naïve CD4+ T cells were stimulated with plate-bound anti-CD3 and soluble anti-CD28 mAbs in the presence of the indicated cytokines, either alone or in various combinations for 7 d. * p < 0.01 compared with their corresponding controls with no cytokines.
These data suggest that in addition to their well-known suppressive functions, these Tregs likely play additional, as yet undescribed, proinflammatory functions. The ability of Tregs to secrete IL-17 may represent inherent plasticity in this population to convert to effector T cells under conditions of inflammation, such as in the presence of IL-2 or IL-15 (14), IL-1β and IL-6 (22), IL-1β and IL-2 (28), or dendritic cells activated under specific conditions (29,30).

Consistent with the findings reported by other authors (31,32), we also found fewer Th17 cells than CD39+ Tregs in MPE, although the numbers of both CD39+ Tregs and Th17 cells were increased in MPE when compared with peripheral blood. Interestingly, we further noted that the numbers of CD39+ Tregs and Th17 cells are inversely correlated in MPE, and that the ratios of CD39+ Tregs/Th17 cells were significantly lower in MPE than in blood, suggesting that there could be a dynamic interaction between Th17 cells and CD39+ Tregs in the tumor microenvironment. Therefore, we were prompted to investigate whether CD39+ Tregs are capable of suppressing generation and differentiation of Th17 cells. It was quite well documented that various cytokines contribute to the generation and differentiation of Tregs or Th17 cells. In the present study, high levels of IL-1β, IL-6, TGF-β1, but not of IL-23, could be found in MPE, moreover, CD39+ Tregs could express LAP on their cell surface. Our results suggested that these proinflammatory cytokines, especially TGF-β, might affect the generation and differentiation of Tregs or/and Th17 cells in MPE. Indeed, we found that IL-1β, IL-6, or IL-23, but not TGF-β, could promote the differentiation of Th17 cells from naïve CD4+ T cells, and the combination of IL-1β plus IL-6, IL-1β plus IL-23, IL-6 plus IL-23, or IL-1β plus IL-6 plus IL-23, significantly increased the percentage of Th17 cells at higher extents compared with any single one of above cytokines. On
the other hand, TGF-β could reduce the increased percentage of Th17 cells stimulated by the above cytokines. In contrast, TGF-β could promote the differentiation of CD39+Tregs under the same conditions.

Tregs in human studies have been identified mostly based on high expression of CD25 and FOXP3 and, in some cases, low expression of CD127 [9,10,33]. However, FOXP3 mRNA expression could be induced in human CD25+ and CD8+ peripheral blood mononuclear cells, which were both negative for FOXP3 mRNA expression after isolation, indicating that FOXP3 expression in humans, unlike mice, may not be specific for Tregs and may be only a consequence of activation status [34]. Furthermore, these markers cannot be used to identify Treg poststimulation in vitro, since their expression patterns change toward the Treg phenotype upon activation of effector T cells. Recently, CD39 was found to be expressed on a subpopulation of Tregs [35,36]. The technique of isolating human Tregs based on the CD39 expression has been proved to be highly desirable.

**Figure 6** LAP mediates Treg-induced inhibition of Th17 cells. Freshly purified pleural CD39’Tregs (A) and cultured CD39’Tregs (B) were analyzed by flow cytometry for determining the surface expression of LAP, data for one representative donor of 5 tested are shown. Naïve CD4+ T cells isolated from malignant pleural effusion (open bars) and blood (closed bars) were cultured CD39’Tregs (ratio, 1 : 1), an anti-LAP mAb or isotype control IgG was added into the coculture, Th17 cell numbers were determined by flow cytometry (C) and IL-17 concentrations in the cultured supernatants were determined by ELISA (D). The results are reported as mean ± SEM from 5 independent experiments. * p < 0.01 compared with isotype control.
The advantage of this marker is that it recognizes Tregs with suppressor activity mediated via pericellular adenosine, which is the end product of enzymatic degradation of ATP [38]. Thus, CD39 defines Treg based not only on the phenotypic but also functional characteristics. In the present study, we isolated Tregs from MPE and blood based CD39 expression and found that the purified CD39+CD4+CD25high T cells were almost FOXP3 positive and were almost CD127 negative, indicating that these T cells were Tregs. The most important finding in the present study was that CD39-Tregs could be able to inhibit the generation and differentiation of Th17 cells in a dose-dependent manner.

The mechanism by which human Tregs inhibit the generation and differentiation of Th17 cells is unknown. It was reported that murine Tregs inhibit Th17 cell responses in vivo in a signal transducer and activator of transcription-3-dependent manner, and Treg cell-specific ablation of signal transducer and activator of transcription-3 leads to the loss of their suppressive functions [39]. Fletcher et al [40] have demonstrated for the first time that human Tregs can suppress IL-17 production by responder T cells, their data suggested that CD39 molecule might be involved in the mechanism by which Tregs suppress generation and differentiation of Th17, since the hydrolysis of ATP by CD39 could reduce IL-17 production by CD4+ T cells, and an analog of adenosine, the final breakdown product of ATP effectively inhibited IL-17. As above mentioned, high concentration of TGF-β was found in MPE, and majority of pleural CD39-Tregs expressed LAP on their surface, we thus explored whether LAP was involved in the observed suppressive effect by CD39-Tregs on the generation and differentiation of Th17 cells. In the in vitro coculture of naive CD4+ T cells and CD39-Tregs, we added a blocking mAb against LAP and observed that this mAb was able to revert the inhibitory effect exerted by CD39-Tregs. Thus, we herein provided the direct evidence for the first time that CD39-Tregs inhibit generation and differentiation of Th17 cells via a LAP-dependent mechanism.

In conclusion, our data showed that both CD39-Tregs and Th17 cells were increased in MPE when compared with blood, the numbers of CD39-Tregs were correlated negatively with those of Th17 cells, and that CD39-Tregs inhibit generation and differentiation of pleural Th17 cells via a LAP-dependent mechanism.

**Conclusions**

This study showed that both CD39+Tregs and Th17 cells were increased in MPE when compared with blood, the numbers of CD39 Tregs were correlated negatively with those of Th17 cells, and that CD39+Tregs inhibit generation and differentiation of pleural Th17 cells via a LAP-dependent mechanism.

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**Authors’ contributions**

YJZ, QZ, and HZS designed the study design and the experiments. JCZ and XL were responsible for flow cytometry and data collection. CW and SMQ analyzed the data. JBX and HZS drafted the manuscript. YJZ, QZ, JCZ and XL read, critically revised and all authors approved the final manuscript.

**Competing interests**

The authors declare that they have no competing interests.

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