A surgical approach of an unusual variant of complete atrioventricular defect; A case report

Hamad Qabha¹, Tariq Alanazi¹, Mohamad Khouqeer², Mohannad Dawary³ and Fareed Khouqeer³*

Abstract

Background: Complete atrioventricular canal is a congenital heart defect that is characterized by an atrial septal defect, ventricular septal defect, and a common atrioventricular valve. Standard surgical techniques for repairing complete atrioventricular canal defect mainly includes repairing the defect with a single patch, a double patch, or with the modified single patch technique.

Case presentation: This paper presents a novel surgical repair technique of an unusual anatomical presentation for a complete atrioventricular canal defect in a patient with Down syndrome.

Conclusions: Unusual anatomical variant for congenital heart defects occurs frequently, which gives surgeons real opportunities to innovate surgical approaches. This patient was an example of an unusual anatomical presentation for complete atrioventricular canal, and the surgical technique used for this patient was novel. Follow up for these patients is mandatory for long term results.

Keywords: Congenital heart disease, Atrioventricular canal defect, Atrial septal defect, Ventricular septal defect, Cardiac surgery

Background

Atrioventricular septal defects (AVSDs) are classified into partial, transitional, intermediate, and complete [1]. Complete atrioventricular canal (CAVC) is a congenital heart defect that is characterized by an ostium primum atrial septal defect (ASD), a common atrioventricular (AV) valve, and inlet ventricular septal defect (VSD) [2]. The pathophysiology behind this defect is thought to be due to the inappropriate development of embryonic endocardial cushion [3]. CAVC accounts for 3.4% of all congenital heart defects and more than 50% of congenital heart defects in Down syndrome children [4]. Untreated CAVC contributes to the development of congestive heart failure and/or pulmonary hypertension; and 80% of the cases die in the first 2 years of life if not treated, therefore; repair is highly recommended during infancy and early life [5, 6]. The optimal age for repair is age 3 to 6 months to lower the risk of early death or development of pulmonary vascular obstructive disease and to decrease any postoperative complications [7]. Surgical techniques mainly includes repairing the defect with a single patch, a double patch, or with the modified single patch (Australian) technique [8]. While the double patch was used more often than other techniques [8, 9], comparable results were reported in a recent meta-analysis [10]. In the last decade, mortality after repair of CAVC in the first year of patient life has decreased dramatically [11]. Nevertheless, the reoperation rate is relatively high and accounts for 15% of the cases [11].
Case presentation
A girl was born with Down syndrome developed respiratory distress in the neonatal period, for which she was admitted to the neonatal intensive care unit. An echocardiogram was done and shows a CAVC (Fig. 1), and (Fig. 2). By the age of five months, her weight reached 4.9 Kg, and she was scheduled for surgical intervention.

Surgical technique and postoperative follow-up
A median sternotomy was performed, and cardiopulmonary bypass was established. An incision was made on the right atrium to expose the AV valve and both

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**Fig. 1** Preoperative echocardiogram showing complete atrioventricular defect during diastole with large ostium primum shunt. RA= Right Atrium, RV= Right ventricular, LA= Left Atrium, LV= Left Ventricular

**Fig. 2** Preoperative echocardiogram showing complete atrioventricular defect during systole revealing the VSD component shunt
ventricles. Passive testing of AV valve using cold normal saline injection into the ventricles revealed mildly incompetent AV valve. On inspection of the AV valve, the superior bridging leaflet had attachments to the crest of the ventricular septum anteriorly by membranous tissue which had a crescent-like edge forming the anterior rim of a small VSD component. That membranous tissue also had a weak center that developed into an aneurysm bulging into the right ventricular side. The inferior bridging leaflet was directly adherent to the crest of the ventricular septum. The remaining of the AV valve orifice had two other minor leaflets on each side as depicted in the drawing, and these were only different from the usual reported arrangement in being relatively smaller.

Interrupted 7/0 polypropylene sutures were used to close the small VSD, and similar sutures were used to close
Fig. 5 Timeline of the patient’s birth to their discharge after the Complete Atrioventricular Canal repair

Timeline:

- **January 4th, 2019**
  The patient is born with Down syndrome, and is shown to have respiratory distress then an Echo-cardiogram was performed and shows a complete atrioventricular septal defect

- **April 11th, 2019**
  The cardiologist team held a meeting to assess when surgery should be performed, it was determined that the patient must gain more weight

- **June 23rd, 2019**
  Operative day: the patient has gained enough weight and is now fit for surgical repair

- **July 1st, 2019**
  Discharge day: the patient was discharged with a repaired atrioventricular septal, and shows no signs of complications
the resulting cleft on the left AV valve. Again passive testing of the AV valve at that moment revealed a competent valve with an aneurysmal protrusion of the membranous tissue below the anterior bridging leaflet. The anterior part of the superior bridging leaflet was then sutured onto the crest of the ventricular septum using three interrupted pledgeted 5/0 Tevdek sutures to obliterate that aneurysm.

The line separating AV valves was sutured with interrupted suture to the future autologous pericardial patch. Resulting in separate AV valves into left and right components. The edge of the autologous pericardial patch is used to close the primum defect, committing the coronary sinus to the right atrium (Fig. 3). Before tying the suture, saline injection to the left side reveals no residual leaks across both septa. The right AV valve was competent on saline injection into the right ventricle. The right atrium was closed, and the patient then was rewarmed, and cardiopulmonary bypass was terminated.

Post-operative Echocardiogram reveals no residual septal defects, trivial residual AV valve regurgitation, and no left ventricular outflow tract obstruction (Fig. 4). The patient was then discharged on postoperative day eight after CAVC repair with no sign of complications (Fig. 5).

Conclusions
Standard surgical techniques for CAVC mainly include the following: single patch, double patch, and the modified single patch repair [8]. Anatomic presentation of CAVC has variable malformations and defects in the heart, and these malformations may affect ASD, VSD, and a common AV valve junction that may contain variable attachment to the septum [5, 12]. Furthermore, CAVC can be classified into subgroups depending on the choral insertions and the morphology of the superior bridging leaflet of the common AV valve, according to Rastelli’s classification, three types have been described, (Types A, B, and C) [13]. As a fact, there are anatomical variations of this congenital anomaly, in this case, the patient was presented at the surgery with the superior bridging leaflet attached by a membranous tissue to the crest of the ventricular septum anteriorly with the small VSD on the inferior aspect. Similarly, the inferior bridging leaflet is entirely adherent to the crest of the ventricular septum. Because of this unusual presentation, the VSD was closed by sutures wherein classical repair techniques of this congenital defect the VSD would be closed by using a patch [14]. Surgical repair continues with the anterior portion of the superior bridging leaflet being sutured to the crest of the ventricular septum to repair aneurysmal protrusion below the anterior leaflet. The unfamiliar anatomical defect of this patient has led to this innovative repair technique that combines parts of different standard techniques.

Abbreviations
AVSDs: Atrioventricular septal defects; CAVC: Complete atrioventricular canal; ASD: Atrial septal defect; AV: Atrioventricular valve; VSD: Ventricular septal defect.

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Authors’ contributions
HQ: Data collection and drafting and finalized the paper. TA: Data collection and drafting the paper. MK: Data collection and drafting the paper. MD: Drafting the paper. FK: Critical revision of article and approval of the article. All authors have critically reviewed and approved the final draft and are responsible for the content and similarity index of the manuscript.

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Consent for publication
Written informed consent for publication was obtained.

Competing interests
The authors declare that they have no competing interests.

Author details
1 College of Medicine, Imam Mohammad Ibn Saud Islamic University, Riyadh 11432, Saudi Arabia. 2 King Saud University, Riyadh 11461, Saudi Arabia. 3 Department of Cardiac surgery, King Faisal Specialist Hospital & Research Center, Heart center MBC#16, P.O.BOX 3354, Riyadh 11011, Saudi Arabia.

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