Prostate cancer risk: associations with ultraviolet radiation, tyrosinase and melanocortin-1 receptor genotypes

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Summary Exposure to ultraviolet radiation may reduce prostate cancer risk, suggesting that polymorphism in genes that mediate host pigmentation may be associated with susceptibility to this cancer. We studied 210 prostate cancer cases and 155 controls to determine whether vitamin D receptor (VDR, TaqI and FokI variants), tyrosinase (TYR, codon 192 variant) and melanocortin-1 receptor (MC1R, Arg151Cys, Arg160Trp, Val92Met, Asp294His and Asp84Glu variants) genotypes are associated with risk. UV exposure was determined using a questionnaire. MC1R Arg160/Arg160 homozygotes were at increased risk (P=0.027, odds ratio = 1.94) while TYR

A2/A2 homozygotes were at reduced risk of prostate cancer (P=0.033, odds ratio = 0.48). These associations remained significant after correction for UV-exposure. Stratification of cases and controls by quartiles of exposure, showed that the protective effect of TYR A1/A2 (P=0.006, odds ratio 0.075) and A2/A2 (P=0.003, odds ratio 0.055) was particularly strong in subjects who had received the greatest exposure. Our data show for the first time, that allelism in genes linked with skin pigment synthesis is associated with prostate cancer risk possibly because it mediates the protective effects of UV. Importantly, susceptibility is associated with an interaction between host predisposition and exposure. © 2001 Cancer Research Campaign http://www.bjcancer.com

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Exposure to ultraviolet radiation (UV) has multiple effects in skin. These include deleterious events that are linked with increased skin cancer risk (Kriker et al, 1994; Kripke, 1994) as well as beneficial effects that include, according to several studies, reduced risk of other cancers including those in colon, breast and ovary (Blair and Fraumeni, 1978; Garland et al, 1980, 1990; Studzinski and Moore, 1995; Ekman et al, 1997; Selby and Mawer, 1999; McCarty, 2000). In this context, North American-based studies linking latitude with prostate cancer mortality, have been interpreted as showing that UV has a protective effect on development of this cancer (Hanchette and Schwartz, 1992). Indeed, the authors argued that the link of risk with latitude could not be explained by other factors such as diet.

The mechanism whereby UV might influence prostate cancer risk is unclear though both vitamin D and parathyroid hormone have been implicated (Studzinski and Moore, 1995; Selby and Mawer, 1999; McCarty, 2000). Thus, 1,25 (OH)2 vitamin D has effects on tumour cell proliferation, differentiation and spread and, parathyroid hormone acts as a tumour promoter (Studzinski and Moore, 1995; Haussler et al, 1998; McCarty, 2000). Indeed, UV exposure may explain why subclinical rather than malignant prostate disease is very common in older men. Thus, blood-borne factors, whose concentration is determined by UV, could ensure that tumours remain latent rather than progress to malignancy (Hanchette and Schwartz, 1992). The concentration of such factors will in part, be determined by skin colour and therefore, individual ability to initiate pigmentation synthesis may mediate the harmful and beneficial effects of exposure (Sturm et al, 1998; Rees and Healy, 1997). In particular, the synthesis of melanin is worthy of study as it largely determines skin colour. The first rate-limiting steps of melanin synthesis, hydroxylation of tyrosine to 3,4-dihydroxyphenylalanine and its dehydrogenation to dopaquinone are catalyzed by tyrosinase (TYR) under the influence of melanocyte stimulating hormone (Sturm et al, 1998; Oetting and King, 1999). This hormone acts via the melanocortin-1 receptor (MC1R). Both genes demonstrate polymorphisms with functional consequences; some mutations of TYR cause albinism (Oetting and King, 1999) and MC1R variants are associated with hair colour and skin type (Valverde et al, 1995; Rees and Healy, 1997; Box et al, 1997; Abel-Malek et al, 1999; Palmer et al, 2000). Vitamin D is also important. Its metabolites are formed in skin following UV exposure and can promote differentiation and inhibit proliferation of prostate cancer cells (Haussler et al, 1998). Synthesis of such metabolites will fall with increased pigmentation. Further, several studies have shown associations between vitamin D receptor (VDR) genotypes and prostate cancer risk (Taylor et al, 1996; Ingles et al, 1997).

We now describe studies in prostate cancer cases and benign prostatic hypertrophy (BPH) controls to determine whether disease risk is mediated by polymorphism in VDR (TaqI and FokI variants), TYR (codon 192 variants) and MC1R (Arg151Cys, Arg160Trp, Val92Met, Asp294His, Asp84Glu alleles). The influence of these genes may depend on the amount of UV exposure received. Accordingly, we also assessed acute and chronic exposure using a questionnaire that has been independently validated (Harvey et al, 1996a, 1996b; Ramsay et al, 2000).
MATERIALS AND METHODS

Patients

We recruited, between October 1999 and May 2000, 210 prostate cancer cases and 155 BPH controls. They were unrelated, Northern European Caucasians from urology clinics in the North Staffordshire Hospital. Because definitive diagnosis of prostate cancer and BPH can be difficult, we established inclusion and exclusion criteria for these groups. Histological evidence of prostatic adenocarcinoma was obtained in 190 patients. In 20 severely ill cases with clinically obvious prostate cancer, it was considered unethical to subject patients to the potential morbidity of a biopsy. These cases had a clinically malignant prostate gland on digital rectal examination, positive bone scan and prostatic specific antigen levels above 30 ng/ml (age-related reference range up to 6.5 ng/ml). The proportions of cancer cases with well, moderately and poorly differentiated tumours (WHO grade) was as expected. Similarly, using the TNM staging system, local T stage and metastatic state at presentation were typical. BPH patients had a serum prostatic specific antigen level in the age-related reference range and a benign digital rectal examination. Histological confirmation of BPH was obtained in 123 subjects. The North Staffordshire Hospital Ethics Committee approved the study and informed consent was obtained from all patients. The BPH comparison group was chosen because the diagnosis of BPH largely allows exclusion of concurrent prostate cancer.

Assessment of UV exposure

All subjects completed a validated questionnaire (Harvey et al, 1996a, 1996b; Ramsay et al, 2000) that recorded: (i) Childhood sunburning, defined as erythema for more than 48 h or blistering. This parameter was scored as yes/no and the number of recalled sunburning events was recorded. (ii) Adult sunbathing score calculated as follows: the extent of sunbathing was recorded as never, rarely, occasionally and frequently (scored 1, 2, 3 and 4 units respectively) in three age categories (20–39 years, 40–59 years and above 60 years). The score was obtained by adding the units from the three age categories. (iii) History of regular foreign holidays in a sunny country with mean weeks/year. (iv) Daily sun exposure (weekdays and weekends considered separately in the three age categories shown above and combined to give total cumulative exposure). (v) Proportion of working life spent outdoors. (vi) History of residence in a hot country for more than 6 months. Skin type (Ramsay et al, 2000), hair and eye colour were recorded.

Genotype identification

DNA was extracted using phenol-chloroform from 5 ml blood. The A→C change in exon 1 (codon 192) of TYR was identified as described (Giebel and Spritz, 1990). PCR-RFLP assays were used to identify VDR alleles with exon 2 (Fok1) and exon 9 (Taq1) variants (Hutchinson et al, 2000). MC1R Arg151Cys and Arg160Trp variants were detected using primers 5′-TCTCCATCTTCTACGCATTG-3′ and 5′-GCCAGCATGTGGACGTACAG-3′ to amplify a 202 bp product. PCR conditions were 95°C (2 min) and 35 cycles of 95°C (1 min), 55°C (1 min), 72°C (1 min), followed by 72°C (3 min). Arg151Cys was identified by digestion with BsrDI (65°C, 18 h) and products were examined after electrophoresis in 2% agarose. Arg151/Arg151 and Cys151/Cys151 subjects had fragments of 180 bp and 22 bp and, 202 bp respectively. Arg160Trp was identified by digestion with SacII (37°C, 18 h), and products examined in 3% agarose. Arg160/Arg160 and Trp160/Trp160 subjects had fragments of 156 bp and 46 bp and, 202 bp. Val92Met, Asp294His and Asp84Glu variants were identified as described (Ichii-Jones et al, 1998).

Statistical methods

Data was analysed using Stata version 6 for Windows (State Corporation, College Station, TX). All tests of significance were two sided. Student’s t-test was used to demonstrate an age difference and logistic regression was used to compare frequencies of parameters in cases and controls. Step-wise logistic regression, with a threshold for inclusion/exclusion of a variable of P = 0.1, was used to identify the best set of predictors. We recognize that examination of eight genotypes for links with phenotype risks identification of false associations. However, correction for multiple testing may increase the risk of type II errors (Perneger, 1998). Accordingly, we present uncorrected P-values but recognize our exploratory findings require confirmation in another case group. This approach minimizes loss of true positive results but allows false positive results to be identified (Perneger, 1998; Cuzick, 1999).

RESULTS

VDR, TYR and MC1R genotypes and prostate cancer risk

A complete genotype data set was obtained from all but 2 subjects (1 from each group). These DNA samples were refractory to amplification in all the PCR assays. Logistic regression analysis was used to identify associations between the eight individual polymorphisms and susceptibility to prostate cancer (Table 1). As the mean age at diagnosis of cases (70.6 years) was significantly greater (P < 0.001) than that of controls (67.0 years), we included correction for this imbalance in all logistic regression models. For the MC1R loci, we compared frequencies of homozygotes for the wild type allele against combined frequencies of heterozygotes and homozygotes for the mutant allele (Table 1). This approach was used because mutant allele frequencies are generally small and, heterozygotes as well as homozygotes for mutant alleles are associated with sun-sensitive phenotypes (13). VDR and TYR genotypes were factorized as shown (Table 1). We first analysed each gene individually, correcting only for age at diagnosis in the model. Six polymorphisms showed no significant association with prostate cancer risk (data not shown). However, MC1R Arg160/Arg160 homozygotes were at increased risk (P = 0.027, odds ratio = 1.94, 95% CI = 1.08–3.49) while TYR A2/A2 homozygotes were at reduced risk (P = 0.033, odds ratio = 0.48, 95% CI = 0.25–0.94).

We next determined whether the associations of individual genotypes with risk were influenced by inclusion of the parameters of UV exposure derived from the questionnaire. These were: history of childhood sunburning, adult sunbathing score, history of regular foreign holidays, history of living in a sunny country for > 6 months, ratio of occupational time spent indoors/outdoors, skin type, hair and eye colour. We also studied cumulative UV exposure. In this context, unpublished studies in these cases and controls
showed that cumulative exposure in the lowest quartile (less than 1639 days of lifetime exposure) was a better predictor of prostate cancer risk than total cumulative exposure (Luscombe et al. 2001). Accordingly, in further logistic regression models, we included sun exposure in the lowest quartile instead of total cumulative exposure. Various questionnaires were derived from the questionnaire and the genotype associations in patients stratified by exposure

We next determined whether the association of TYR A1A2 and A2A2 with cancer risk was more evident in cases stratified into sub-groups based on quartiles of total cumulative exposure. We found that in 46 BPH controls whose cumulative exposure was in the highest quartile, 44 subjects were TYR A1A2 or A2A2 (95.7%). In the corresponding 47 prostate cancer cases, 32 subjects were TYR A1A2 or A2A2 (68.1%). Logistic regression analysis demonstrated that these proportions were significantly different (TYR A1A2, \( P = 0.006 \), A2A2 \( P = 0.003 \), Table 3) even after correction for the UV parameters found to be significant in the step-wise routine (childhood sunburning, adult sunbathing score and holidays abroad). By contrast, the frequencies of these genotypes were not significantly different (\( P = 0.98, P = 0.45 \), respectively) in 162 cases and 108 controls whose exposure was in the first, second or third quartiles. Table 3 shows that the association of MC1R Arg\(^{160}/\text{Arg}^{160} \) with increased risk was found in patients from both quartiles 1–3 and 4 though the link only achieved significance in subjects with exposure in quartiles 1–3.

**DISCUSSION**

The causes of prostate cancer are unclear though data in twins shows that environmental factors account for over 50% of risk (Lichtenstein et al. 2000). However, the impact on risk, of suggested causative factors including diet and occupation are relatively modest (odds ratio < 2.5) (Ekman et al. 1997). Latitude and by inference, UV exposure have also been implicated (Blair and Fraumeni, 1978; Hanchette and Schwartz, 1992). To further explore this hypothesis we speculated that genes associated with host response to UV would be associated with susceptibility to this cancer. We used BPH patients as controls because the condition appears part of normal ageing and is not associated with increased prostate cancer risk (Young et al, 2000). Further, diagnosis of BPH, requires exclusion of prostate cancer and as screening for this cancer is not advised in the United Kingdom, BPH patients are the only available group that is unlikely to have this malignancy. Quantification of UV exposure is difficult as data is often collected decades after exposure events from elderly patients. It is however, essential if the effects of UV on cancer risk are to be assessed. Various questionnaires

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**Table 1** Comparison of genotype frequencies in cases and controls

| Genotype | Controls (%) | Cases (%) | \( P \)-value | Odds ratio | 95% CI  |
|----------|--------------|-----------|--------------|------------|--------|
| MC1R     |              |           |              |            |        |
| Arg\(^{151}/\text{Arg}^{151} \) | 104 (67.5)  | 152 (72.7) | 0.356        | 1.29       | 0.75–2.24 |
| Arg\(^{151}/\text{Cys}^{151} \) and Cys\(^{151}/\text{Cys}^{151} \) | 50 (32.5)  | 57 (27.3)  | reference    | 1          | N/A    |
| Arg\(^{160}/\text{Arg}^{160} \) | 122 (79.2)  | 184 (88.0) | 0.023        | 2.14       | 1.11–4.12 |
| Arg\(^{160}/\text{Trp}^{160} \) and Trp\(^{160}/\text{Trp}^{160} \) | 32 (20.8)  | 25 (12.0)  | reference    | 1          | N/A    |
| Val\(^{102}/\text{Val}^{102} \) | 129 (83.8)  | 170 (81.3) | 0.523        | 0.82       | 0.43–1.55 |
| Val\(^{102}/\text{Met}^{102} \) and Met\(^{102}/\text{Met}^{102} \) | 25 (16.2)  | 39 (18.7)  | reference    | 1          | N/A    |
| Asp\(^{294}/\text{Asp}^{294} \) | 144 (93.5)  | 194 (92.8) | 0.587        | 0.70       | 0.19–2.56 |
| Asp\(^{294}/\text{His}^{294} \) and His\(^{294}/\text{His}^{294} \) | 10 (6.5)    | 15 (7.3)   | reference    | 1          | N/A    |
| Asp\(^{294}/\text{Asp}^{294} \) | 148 (96.1)  | 202 (96.7) | 0.374        | 0.64       | 0.24–1.70 |
| Asp\(^{294}/\text{Glu}^{44} \) and Glu\(^{44}/\text{Glu}^{44} \) | 6 (3.9)     | 7 (3.3)    | reference    | 1          | N/A    |

Logistic regression analysis was used to compare the frequencies of each individual genotype in a model that included age at diagnosis, childhood sunburning, adult sunbathing score, positive holiday history, proportion of occupation spent indoor/outdoor, living abroad for more than 6 months, skin type, eye and hair colour and UV exposure in the lowest quartile.
have been used to assess exposure. We used a questionnaire that has been validated in independent studies in skin cancer patients (Harvey et al, 1996a,b) and renal transplant recipients (Ramsay et al, 2000).

The VDR, TYR and MC1R genes have a presumed role in host response to UV. We recognize that in highly allelic genes, selection of alleles for study is problematical. In this regard, we selected variants on the basis of presumed function and frequency. Clearly other alleles at these genes could demonstrate strong associations with prostate cancer risk though in many cases their frequencies are small. Each of the alleles studied is therefore, regarded as a marker on chromosome 12q (VDR), 11q (TYR) or 16q (MC1R) that could be in linkage disequilibrium with the true candidate gene. Further, we reported associations between individual genotypes and susceptibility and cannot infer that particular genotypes define an individual response to UV. Indeed, some subjects classified as homozygotes for wild type alleles may be homozygous or compound heterozygous for variant alleles not included in our series. It is noteworthy however, that we found associations between MC1R genotypes and skin type. Thus, the frequencies of MC1R Arg160/Arg160,
Arg151/Arg151 and Asp84/Asp84 in cases and controls increased through skin types 1–4 (data not shown). By contrast, Val166/Val166 and Asp294/Asp294 were not associated with skin type. Since only four controls and two cases had red hair, it was not possible to assess whether MC1R genotypes were associated with hair colour.

We studied two of the five polymorphic sites identified in the VDR. Allelism at the Fok1 site alters the upstream start codon resulting in production of a shortened protein from the F allele (Haussler et al, 1998). The Taq1 restriction site is in linkage disequilibrium with three other 3′-UTR polymorphisms; Bsm1, Apal and a poly(A) tail microsatellite. These variants may also be functionally significant because the length of the poly(A) repeat affects mRNA stability. TYR is highly allelic with more than 90 alleles identified (Oetting and King, 1999). We studied the allele resulting from an A→C change in exon 1. While this change has not been shown to have functional consequences, the A1 and A2 alleles have similar frequencies (0.44 and 0.56 in cases) and are useful markers. The MC1R is also highly polymorphic with more than 20 alleles identified (Sturm et al, 1998; Rees and Healy, 1997; Valverde et al, 1995; Palmer et al, 2000; Box et al, 1997; Abel-Malek et al, 1999). We studied Arg151Cys, Arg160Tsp and Asp294His, which are linked with red hair, Val92Met which has been linked with skin type and Asp84Glu which has been associated with malignant melanoma risk in one but not other studies (Sturm et al, 1998; Rees and Healy, 1997; Valverde et al, 1995; Palmer et al, 2000; Box et al, 1997; Abel-Malek et al, 1999; Ichii-Jones et al, 1998).

We found that only MC1R Arg160/Arg160 and TYR A2A2 were significantly associated with prostate cancer risk. These analyses were performed with individual genes and, with and without, inclusion of UV parameters in the logistic regression models. Homozygosity for MC1R Arg160 was associated with increased risk (odds ratio = 2.18) while homozygosity for TYR A2 allele was linked with reduced risk of cancer (odds ratio = 0.42). Neither the other MC1R genotypes nor the VDR sites were linked with risk. A stepwise routine that included all genotypes and parameters from the UV questionnaire confirmed these findings. While there are no published data on associations between TYR or MC1R genotypes and prostate cancer risk, links between VDR Taq1 variants have been reported (odds ratio for tt 0.34) (Taylor et al, 1996). We found that VDR it was linked with lower risk (odds ratio 0.66) than TT though the difference was not significant (P = 0.252). The reason for this difference is unclear but may reflect differences in the relative impact of environmental and genetic factors in these populations. We next determined whether associations between genotypes and prostate cancer risk were dependent on UV exposure. We found that the protective effect of TYR genotypes, found in the total group, reflects an association with risk in subjects with the highest quartile of exposure. Though the functional consequences of the polymorphism are unknown, we speculate that the variant allele is associated with less efficient production of melanin and reduced pigmentation. Thus, the beneficial effects of high UV exposure will be more effectively transmitted systemically. It is unclear why this link is not found in subjects who received less UV exposure. By contrast the link of MC1R Arg160/Arg160 with risk was found in subjects with exposure in quartiles 1–3 and 4 though the association in subjects with greatest exposure was not significant. No associations between VDR genotypes and risk were found in these groups.

Polymorphism in various genes including VDR, androgen receptor and prostatic specific antigen, has been linked with prostate cancer susceptibility (Taylor et al, 1996; Ingles et al, 1997; Xue et al, 2000). Our data show for the first time, that allelism in genes linked with skin pigment synthesis is associated with risk. We recognize that while UV appears critical in the development of skin cancers, its role in determining susceptibility to prostate cancer is speculative (Studzinski and Moore, 1995). Nonetheless, while our data are preliminary and require confirmation in a separate case group, they demonstrate some internal consistency. Thus, aspects of chronic and acute UV exposure and, genes associated with response to UV were associated with risk. Some associations demonstrated small P values and significance would be observed even after correction for multiple testing using a rigorous approach such as that described by Bonferroni (Perneger, 1998).

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