Disinfecting gingival crevices by Non-thermal atmospheric pressure plasma

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Abstract

Recently, dental visits have gradually increased. According to the statistical data of the Taiwan Food and Drug Administration (TFDA) in 2014, the dental disease visits have reached 35 million. Now, we use toothbrushes and mouthwash to remove dental plaque, to keep periodontal diseases away. Non-thermal Atmospheric Pressure Plasma as an application of the bactericidal method is used in the biomedical field. In this study, we designed a brace plasma reactor, and examined bactericidal effects. The results show that our plasma system can achieve 90% inactivation (D-value) by 120 s, when the peak-to-peak voltage, the frequency of the applied voltage, and the input power were 2.52 kVp-p, 5.092 kHz, and 1.227 W. In addition, the surface temperature of the reactor is below 50°C in the D-value, so the plasma reactor is suitable for oral cavity of human.

Introduction

Periodontal disease that is caused by oral biofilms, which are the co-aggregation of bacteria, can lead to the destruction of periodontium. Subgingival biofilms have the capacity to trigger a series of inflammatory responses, which can destroy the gingival cells and the alveolar bone. If it becomes exacerbated, the result is tooth loss [1]. According to the statistical data of the TFDA in 2014, the number of people seeking dental advice has reached 35 million.

Now, we use toothbrushes and mouthwash to remove dental plaque, to keep periodontal diseases away. Whichever we choose, bacteria still remain in the gingival crevices. In the field of nonsurgical treatment, the conventional mechanical treatment can eradicate microbes by scaling and root planing [2]. One of nonsurgical treatments is antimicrobial photodynamic therapy (aPDT). The principle of aPDT is to match suitable wavelength light with photosensitizer to produce singlet oxygen and other reactive species, the poisonous substances to bacteria [3,4]. The device using aPDT requires a LED or laser source to activate the photosensitizers. In this study we introduce an alternative device which is simple and low cost. Recent research shows that in the biomedical field plasma is effective in disinfecting the ambient air at room temperature. Plasma, a state which is ionized gas, contain a lot of species due to many reaction as shown in table. 1, including ionization, excitation, recombination, dissociation, charge exchange, elastic scattering, chemical reaction. The antimicrobial effect are attributed to the oxidation stress of reactive oxygen species (ROS), as Figure 1, that are generated by plasma, including ozone, OH and hydrogen peroxide etc.

In this study, to keep periodontal disease away and to improve the used way, we designed a brace plasma reactor, and examined bactericidal effects. In addition, we detected the components of plasma species by Optical emissions spectroscopy (OES), measuring the input of power. Finally, we measured the temperature of the reactor surface to determine whether the inactivation is thermal-dependent, and it is suitable for the human oral cavity.

Materials and methods

Plasma instrument

Figures 2 and 3 illustrate the Non-thermal Atmospheric Pressure Plasma System which contains the power generator and reactor used in this study. Covered by epoxy that serves as an insulating layer, copper electrodes (0.3 mm wide, distance of each electrode is 0.3 mm) were used as an inverse sinuous high-voltage. Charge would be accumulated on PCB plate which serves as a dielectric layer. Figure 4 shows the self-designed input power generator.

![Figure 1. The bactericidal principle of ROS. (A) a normal bacterium. (B) the ROS attach to bacterium. (C) The cell membrane of bacterium was affected by ROS, forming Volatile substance. (D) the bacterium died by cell membrane cleavage.](image-url)
Bactericidal test

For this antimicrobial experiment, *E. coli* (ATCC 25922) was used, which is a Gram-negative bacterium that would result in dental caries after being cultured for 12 hr. Bacteria were grown in a lysogeny broth (LB) medium to OD_{600} = 0.08 ± 0.02, corresponding to approximately 10^7 colony-forming units per ml (CFU/ml). 5 μl of bacterial solution were dropped onto coverslips (diameter is 5 mm) which were placed on the reactor surface randomly as shown in Figure 5. Briefly, there are approximately 5 × 10^5 CFU bacteria on the coverslips. After the bacterial solution was run dry, colonies of coverslips of the experimental group were placed on the reactor surface randomly, treated in close system, gathered by sonication bacteria that attached to coverslips and cultured 10 μl of bacteria solution on LB agar in 37°C for 8 hr. Finally, colonies were counted to determine the number on LB agar. Colonies of coverslip of the control group were gathered in the same way as described for the experimental group.

The antibacterial effect of each treatment was determined by calculating the log reduction, log \( \frac{N_0}{N} \), where \( N_0 \) is the number of coverslip cells present in an untreated sample and \( N \) is the number of coverslip cells present in a treated sample.

Results and discussion

To apply on the oral of human, the temperature of this plasma reactor surface must keep on 40 ± 5°C. When the input parameters are 2.52 kVp-p, 5.092 kHz, and 1.227 W, the temperature of this plasma reactor surface within 43.3°C. Under this condition, the maximum intensity of lights of 777.32 nm and 845.74 nm, major inactivating species, are detected by OES.

Effects of plasma on microorganisms: As shown in Figure 6, there are no obvious differences in bactericial effects between the three randomly selected points. The decimal reduction time for inactivating 90% of the microbial population is achieved by 120 s, and *E. coli* was completely inactivated in 4 min.

Optical Emissions Spectroscopy examination: As shown in Figure 7 and Figure 8, multitude species are observed when working parameters were \( V_{pp} = 2.52 \text{kV}, f = 5.092 \text{kHz} \) and \( P = 1.227 \text{W} \).

Spectra of \( N_2 \)
The composition of ambient air is 78% N₂, so it is a common species of atmospheric pressure plasma.

**Spectra of O**

The spectra are observed at 777.32 nm, 845.74 nm and 927.28 nm.

**Spectra of radicals (OH)**

The spectra are observed at 297.62 nm and 309 nm.

Our plasma system can generate reactive oxygen atoms and radicals which were recorded as major species of plasma for sterilization [6,7].

**Electrical measurements:** Typical voltage, current, and power waveforms and lissajous curve are depicted in Figure 9 and 10 respectively.

The power dissipation is calculated by the product of frequency and the area under the curve.

**The examination of thermal of reactor:** When the system is worked, plasma is excited while temperature is raised. There was a signpost where the two lines converged as shown in Figure 11. While the plasma was excited, the temperature rose until it stabilized at 53℃. In the D-value, the temperature of the reactor surface is below 50℃ by 120 s, so the plasma system won’t cause thermal stimulation in oral cavity.

**Conclusions**

This study demonstrates a Non-thermal Atmospheric Pressure Plasma System operating in ambient-condition air. According to the bactericidal curve, it is obvious antimicrobial effect is dependent on treatment time by plasma. The bactericidal effects on different places depend on the degree of evenness of the surface. Results show that 90% inactivation and complete inactivation require about 2 min and 4 min of plasma operation at three random places, respectively, so the generating plasma from our reactor is even. When the input parameters are 2.52 kVpp, 5.092 kHz, and 1.227 W, detected by OES reveals these...
ROS of plasma which are provided with oxygen stress to bacteria, including OHO etc.

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Conflict of interest

We have no conflict of interest.

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