Multimodal neuroimaging in presurgical evaluation of drug-resistant epilepsy

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A R T I C L E  I N F O
Article history:
Received 26 July 2013
Received in revised form 21 September 2013
Accepted 25 October 2013
Available online 1 November 2013

Keywords:
Multimodal neuroimaging
Focus localization
Epilepsy surgery
Presurgical evaluation

A B S T R A C T
Intracranial EEG (icEEG) monitoring is critical in epilepsy surgical planning, but it has limitations. The advances of neuroimaging have made it possible to reveal epileptic abnormalities that could not be identified previously and improve the localization of the seizure focus and the vital cortex. A frequently asked question in the field is whether non-invasive neuroimaging could replace invasive icEEG or reduce the need for icEEG in presurgical evaluation. This review considers promising neuroimaging techniques in epilepsy presurgical assessment in order to address this question. In addition, due to large variations in the accuracies of neuroimaging across epilepsy centers, multicenter neuroimaging studies are reviewed, and there is much need for randomized controlled trials (RCTs) to better reveal the utility of presurgical neuroimaging. The results of multiple studies indicate that non-invasive neuroimaging could not replace invasive icEEG in surgical planning especially in non-lesional or extratemporal lobe epilepsies, but it could reduce the need for icEEG in certain cases. With technical advances, multimodal neuroimaging may play a greater role in presurgical evaluation to reduce the costs and risks of epilepsy surgery, and provide surgical options for more patients with drug-resistant epilepsy.

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1. Introduction

Epilepsy affects approximately 50 million people worldwide (WHO, 2009). Around 30% of those with partial seizures are resistant to antiepileptic drugs and may need surgical treatment (Arroyo, 2000; Guerrini et al., 2003). Epilepsy surgery is aimed at removing the epileptogenic zone (seizure focus) as complete as possible while avoiding neurological deficits (Seeck et al., 2010), and surgical results in seizure control have reached 60% to 90% seizure-free outcome in patients with temporal lobe epilepsy (TLE) and 40% to 60% in extratemporal lobe epilepsy (ETLE) (Tellez-Zenteno et al., 2005).

Precise localization of the epileptogenic focus is a prerequisite for seizure-free outcome, but it remains a challenge, especially for non-lesional epilepsy (usually with negative or normal MRI) and ETLE. In TLE, around 30% of patients with intractable epilepsy have normal (or negative) MRI (Hammen and Kuzniecky, 2012). Patients with MRI-positive (i.e., a visible MRI lesion) TLE have good surgical outcomes (60–90% chance of seizure freedom), while patients with MRI-negative TLE have less favorable outcomes (40% chance of seizure freedom) (Engel et al., 2002), followed by interictal SPECT (90% in TLE and 81% in ETLE), and 84% for interictal PET also showed that the highest diagnostic accuracy was achieved by MRS (Magnetic Resonance Spectroscopy) and SISCOM (subtraction ictal single photon emission computed tomography co-registered to magnetic resonance imaging) are less promising at focus localization (Whiting et al., 2006). When MRI is normal, ictal SPECT and MRS have much lower focus localization precision than those when MRI is abnormal (ictal SPECT: 67% vs. 84%; MRS: 71% vs. 82%) in TLE (Doelken et al., 2007). Moreover, Chandra et al. (2006) demonstrated that PET and apparent diffusion coefficient (ADC) of DTI are more accurate than MRI and FA (Fractional Anisotropy) of DTI in identifying epileptogenic tubers in patients with tuberous sclerosis complex (TSC). Recent imaging techniques such as quantitative MRI, EEG–fMRI and MEG are also found helpful in capturing subtle lesions as possible neocortical or extratemporal foci.

2.2. Recent findings on MEG/MSI and possibility of replacing iEEG with neuroimaging

In recent years, studies have shown that the localization accuracy of iEEG (Fig. 2C) might be closer to that of the “gold standard” iEEG (Knowlton et al., 2006, 2008a; Lau et al., 2008; Papanicolaou et al., 2005; Wu et al., 2006), although iEEG is less available and requires more interictal ictal epileptiform discharges (IEDs) (Knae et al., 2006; Knowlton et al., 1997; Pataraa et al., 2004; Stefan et al., 2003). A study with a large sample (n = 455) showed that the sensitivity of MEG/MSI was around 70% (72% in TLE, 67% in ETLE); while compared with surgical site (n = 131), MEG/MSI correctly localized seizure focus in 86% TLE and 89% ETLE cases (Stefan et al., 2003). Since MEG covers the whole head (e.g., cortices) while iEEG is sample-limited, MEG might be more advantageous in detecting the seizure focus than iEEG in patients with normal MRI. Papanicolaou et al. (2005) compared the localization accuracy of interictal MEG with ictal and interictal invasive video-iEEG in identifying the epileptogenic zone in 41 epilepsy surgery candidates (29 TLE, 12 ETLE) and found that the overall localization accuracy was 54% of iEEG vs. 56% of MEG (in TLE, iEEG 55.2% vs. MEG 65.5%; in ETLE, iEEG 50.0% vs. MEG 33.3%). This, the authors concluded that MEG was statistically equivalent accurate to iEEG. Knowlton et al. prospectively evaluated the results of MSI and iEEG in 49 patients with partial epilepsy (most had normal or non-localizing MRI). They found that MEG/MSI could correctly localize the epileptogenic source at sublobar level in 65.3% (32/49) patients and iEEG in 69.4% (34/49), and the ratios of MEG vs. iEEG were nearly the same in TLE and ETLE (Knowlton et al., 2006). However, spikes were localized by iEEG (not by MEG) in 14.3% of the cases, and vice versa in 6.1% of the cases (Knowlton et al., 2006), indicating that iEEG could not be replaced in these cases.

The Ontario Health Technology Advisory Committee (OHTAC) reported that there was some “limited observational data (five studies, n = 190) to suggest that MEG may be as accurate as invasive EEG at localizing the seizure focus” and called for a field evaluation to determine the potential substitutive role of MEG vs. iEEG (OHTAC, 2007). Knowlton et al. investigated presurgical neuroimaging (including 148-channel MEG/MSI, 18FDG-PET and ictal SPECT) in comparison to iEEG (Knowlton et al., 2008a,b). They examined 77 patients with normal MRI or ambiguous MRI abnormalities (39 TLE, 33 ETLE, 5 non-localized), and found that iEEG localized the seizure focus in 54 (70.1%) cases while MEG/MSI in 47 (61%) cases; iEEG indicated non-localized seizure onsets in 18 cases while MEG/MSI in 14; and iEEG did not capture seizures in 5 (6.5%) cases while MEG/MSI in 16 (20.8%) (Knowlton et al., 2008a). The results indicated that MEG/MSI could not replace iEEG in focus localization.

When MRI and/or ictal scalp EEG is not localizing, MEG/MSI can detect medial temporal spikes and it may provide important localizing
information in patients with medial TLE (MTLE) (Kailoriboon et al., 2010). Using 151-channel MEG, Agirre-Arzubia et al. (2009) found that 56% of all interictal iEEG spikes had an interictal MEG counterpart, the association between the two varied (≥90% in the interhemispheric and frontal orbital region; ~75% in the superior frontal, central and lateral temporal regions; ~25% in the mesial temporal region), and a large number of interictal iEEG spikes were not detected by MEG indicating that MEG cannot substitute for iEEG in localization of seizure onsets (Wennberg, 2006). Further, Knowlton et al. (2008a) demonstrated that MEG/MSI, PET and ictal SPECT alone or in combination could not replace iEEG. These findings showed that current neuroimaging, either single modality or combined multimodalities, could not be an alternative to iEEG in presurgical focus localization, especially in difficult epilepsy cases such as non-lesional or bilateral TLE or ETLE.

2.3. Limitations of iEEG as a “gold standard”

Nevertheless, the limitations of the iEEG as a “gold standard” in focus localization cannot be ignored. Even with widespread cortical coverage, sampling errors (due to limited-sampling) may occur (Duchowny, 2009) and sometimes, the electrodes have to be removed with non-localizing results (Wetjen et al., 2009). Because of such limitations, the diagnostic values of neuroimaging tests are lower than “true values” (Knowlton et al., 2008a). Knowlton reported that seven patients had non-localizing iEEG findings, underwent surgery anyway (based on neuroimaging findings), and became seizure-free (Knowlton et al., 2008a). Such false-negative iEEG cases demonstrated that iEEG may potentially be skipped in these cases, while neuroimaging findings could lead to correct surgical decisions and good surgical outcomes. Further, the time required for presurgical iEEG monitoring is long (from several days to several weeks depending on the need of seizure monitoring), while the time for neuroimaging is relatively short (from several minutes to several hours (e.g., MRI or PET/MEG)) which is advantageous.

2.4. Multimodal neuroimaging

On the other hand, it was found that MEG spatio-temporal analysis is more adequate in modeling frontal-temporal spikes on iEEG than that of EEG (Tanaka et al., 2010). MEG/MSI has higher diagnostic accuracy than PET or ictal SPECT and diagnostic gain may be achieved by adding either PET or ictal SPECT to MEG/MSI (Knowlton et al., 2008a). There is an evolving consensus that the combined use of these imaging techniques improves the accuracy of focus localization (Barkley and Baumgartner, 2003; Fuchs et al., 1998; Knowlton et al., 2008a,b; Madan and Grant, 2009). In other words, a multimodal imaging approach could use concordant imaging findings to achieve better focus localization (Knake et al., 2006; Moeller et al., 2009; Stefan et al., 2003; Zijlmans et al., 2007).

If the findings of two modalities (e.g., MRI and EEG/ESI) are concordant or complementary, then the localization confidence is increased, but if they are discordant, another imaging modality (e.g., PET) or iEEG is needed. The concordance between quantitative MRI, PET and MRS is around 73% (Kuzniecky et al., 1998; Park et al., 2001) and the concordance between pathological diagnosis and MRI, PET, ictal SPECT and iEEG varies from 55% to 85% (Won et al., 1999). In addition, concordance rates of interictal PET and ictal SPECT for temporal lesions are 96% and 100% respectively and respectice rates for extratemporal lesions were 68% and 92% (Kim et al., 2009). Moreover, MRS (Fig. 2A) markers such as unilateral decrease of NAA/Cr, NAA/Cho, or NAA/Cr + Cho ratios demonstrated good concordance with localization of the epileptogenic zone identified by EEG, MRI, and FDG-PET (Cendes et al., 1997a, 1997b; Guye et al., 2002; Hajek et al., 2009; Hammen et al., 2006; Kantarci et al., 2002; Maton et al., 2001; Meyer et al., 2001; Park et al., 2001; Someya et al., 2000). Since concordant imaging findings could achieve better focus localization, using multimodal neuroimaging might lead to fewer patients undergoing invasive iEEG (Health Net, 2010). Further, it was found that MEG/MSI, PET and ictal SPECT each have clinical value in predicting surgical outcome for patients with non-localized MRI or video–EEG, and MEG/MSI was close to ictal iEEG in predicting a good surgical outcome (Knowlton et al., 2008b).

2.5. Possibility of reducing the need for iEEG

Although neuroimaging could not replace iEEG in focus localization, a number of studies have reported that non-invasive neuroimaging tests could reduce the need for iEEG monitoring (Knowlton et al., 2006, 2008a,b; Papanicolau et al., 2005; Thomas et al., 2002). In mesial temporal lobe epilepsy (MTLE), precise localization of the epileptogenic focus to a very small brain region with iEEG is not necessary (Tran et al., 1995; Zumsteg et al., 2006). Similarly, in epilepsies of clear structural abnormalities (such as hippocampal sclerosis or atrophy) detected by (high-resolution) MRI, plus concordant symptomatology of partial seizures and good lateralization of scalp EEG, iEEG is not necessary (Blount et al., 2008). However, the situations where invasive iEEG can be skipped are yet to be identified.

Recent advances in neuroimaging improve clinical yields and make it possible to capture formerly “non-lesional” subtle lesions and localize seizure focus in extratemporal lobe regions with improved accuracy. Structural neuroimaging such as high-resolution MRI, MRI morphometry, voxel-based intensity analysis and DTI increasingly revealed previously undetected “non-lesional” dysplastic lesions (Bernasconi et al., 2011; Chen et al., 2008; Guye et al., 2007; Rugg-Gunn et al., 2001; Thivard et al., 2006). For example, MRI voxel-based morphometry (VBM) analysis could detect focal cortical dysplasia (FCD) with high accuracy (sensitivity: 63–95%, specificity: 91–100%) (Bruggemann et al., 2007; Colliot et al., 2006a), while DTI (Fig. 2D) could capture “non-lesional” diffusion abnormalities (Guye et al., 2007; Thivard et al., 2006). These techniques have provided surgical options for more patients with drug-resistant epilepsy (Bernasconi et al., 2011).

In functional neuroimaging, ictal SISCOM is found more reliable on the diagnosis of the epileptogenic focus than ictal SPECT, it has high concordance (92.5%) with the surgical site (n = 123) (Matsuda et al., 2009) and has remarkable predictive value for surgical outcome (La Fougeré et al., 2009). In addition, the clinical yield of 128-channel EEG/ESI (EEG Source Imaging) (n = 32, 17 TLE, 15 ETLE) has reached high focus localization precision (93.7% [100% in TLE, 86.7% in ETLE] on the lobar level; and 79% in the resected area) (Michel et al., 2004). In non-lesional (normal MRI) epilepsy, EEG/ESI could correctly localize the epileptic focus in 80% of the patients (n = 10) (Brodebeck et al., 2010). Comparison between EEG and MEG showed that MEG findings correlated more with the surgical sites than those of EEG (72.3% vs. 40%) (Patarai et al., 2004), and in patients who had non-localizing findings with EEG (n = 25), MEG identified the seizure focus (in the resection lobe) in 11 (44%) of them (Paulini et al., 2007). For details on high-density EEG/ESI in spike detection compared with MEG/MSI, see a review by Shibasaki et al. (2007). Moreover, a number of EEG–fMRI (Fig. 2E) validation studies compared EEG–fMRI findings with those of iEEG (Bagshaw et al., 2004; Bénar et al., 2006; Lazezras et al., 2000; Moeller et al., 2009). Some showed that EEG–fMRI data were convincing (Groening et al., 2009; Grouiller et al., 2011; Thornton et al., 2010; Zhang et al., 2012; Zijlmans et al., 2007) and EEG–fMRI analysis could obtain a sensitivity comparable to PET and SPECT in focus localization (Hauf et al., 2012). MRS (Fig. 2A) is helpful in focus lateralization in non-lesional TLE, and NAA reduction in the affected hemisphere was found in 66–71% of patients with unilateral TLE, indicating that H NMRs can provide valuable information for hemispheric lateralization and focus localization in such patients (Hammen and Kuzniecky, 2012; Hammener et al., 2006). Further, multimodal neuroimaging is needed not only in presurgical evaluation, but also in functional navigation in epilepsy surgery (Duncan, 2010; Kamada et al., 2003). As a result of advances in neuroimaging, invasive iEEG is used in ~25–40% of surgical cases in most large epilepsy centers (Faught and Blount, 2008).
2.6. Presurgical neuroimaging in clinical settings

In practice, a multimodal imaging approach for presurgical evaluation has been taken by various epilepsy centers and concordant neuroimaging findings often reduce the need for iEEG in presurgical planning. For example, in the protocol of drug-resistant epilepsy presurgical evaluation in Kyoto University Hospital (Fig. 1A) (Shibasaki et al., 2007), if the findings of non-invasive techniques such as long-term video-EEG, ESI (EEG Source Imaging), MRI, FDG-PET, ictal SPECT and/or MEG are convergent, then presurgical iEEG monitoring is unnecessary and surgical treatment with ECoG (electro-corticography) is performed; otherwise, presurgical iEEG monitoring is performed. Another example, in a presurgical evaluation protocol (Fig. 1B) adopted by seven epilepsy centers (Haut et al., 2002), if space occupying lesion is found on MRI and there are no conflicting EEG findings, then surgery (for TLE or ETLE) will be performed (without presurgical iEEG monitoring); otherwise, if findings from MRI, ictal or interictal EEG, PET and/or SPECT, etc. meet criteria for medial temporal lobe onset, then anterior temporal lobectomy will be performed (without presurgical iEEG monitoring); otherwise, invasive presurgical monitoring is required. It has been reported that non-invasive presurgical evaluation can be achieved in a safe and cost-effective manner in ~25–50% of patients with drug-resistant seizures, while ~50–75% presurgical evaluation remains invasive (Health Net, 2010).

2.7. Summary

Taken together, promising non-invasive neuroimaging such as MEG/MSI, PET and ictal SPECT alone or in combination so far still cannot replace invasive iEEG in localizing seizure focus especially in non-lesional epilepsy or ETLE, but neuroimaging could reduce the need for invasive presurgical monitoring in certain cases.

3. Can neuroimaging identify subtle lesions such as those in dual pathology which often causes surgical failure?

3.1. Identifying lesions in dual pathology

Dual pathology refers to the coexistence of mesial temporal sclerosis (MTS) and extrahippocampal lesion (Harroud et al., 2012). The lesions could be temporal or extratemporal, and the most common lesions are developmental abnormalities such as cortical dysplasia (Harroud et al., 2012; Vale et al., 2012). In epilepsy with dual pathology, the contribution of hippocampus to seizure generation corresponds to the degree of hippocampal pathology, while even mild cortical dysplasia could be epileptogenic (Fauser and Schulze-Bonhage, 2006). It has been estimated that around 90% patients with developmental abnormalities in the temporal lobe have concurrent atrophy of the mesial structures (Ho et al., 1998; Schwartz and Spencer, 2001), and dual pathology has been considered the main cause of surgical failures by some authors (Schwartz and Spencer, 2001; Spencer and Huh, 2008). A multi-center study by Li et al. reported that resection of both the lesion and the mesial temporal structures resulted in seizure-free outcome in 73% of the patients with dual pathology, while resection of the lesion or the mesial temporal structures alone resulted in seizure-free outcome in only 12.5–20% of the patients (Li et al., 1999). Similar findings were obtained in another study by this group (Li et al., 1997).

Identification of the lesion in dual pathology is a challenge because mild cortical dysplasia can hardly be revealed by current neuroimaging techniques (Aboesch et al., 2002; Hennessy et al., 2000). In addition, early signs of mesial temporal sclerosis such as mild hippocampal atrophy can be missed by MRI visual assessment. However, quantitative MRI is of value in identifying such subtle changes (Li et al., 1999).

Compared with the detection of MTS, identification of developmental lesions in dual pathology is more challenging. 87% of patients with focal cortical dysplasia (FCD) type I and 33% of those with FCD type II have unremarkable MRI, which indicated the limited power of conventional MRI to detect subtle dysplastic changes (Krssek et al., 2009). Quantitative MRI morphometry techniques such as VBM, voxel-based intensity analysis and sulcal morphometry have demonstrated increased sensitivity in FCD detection, compared with MRI visual inspection (Bruggemann et al., 2007; Colliot et al., 2006a). Each of these analyses has strengths and limitations, and the combination of such techniques could improve the detection of subtle dysplastic lesions overlapping with seizure focus undetected by MRI (Bernasconi et al., 2004; Bernasconi et al., 2011). Antel et al. developed an automated FCD detection system that combined multiple computational models of MRI characteristics and texture analysis, and the system detected 83% (15/18) of cases including 4 of 7 lesions that had eluded MRI assessment (Antel et al., 2003; Bernasconi et al., 2004). The system was further improved in FCD coverage (Colliot et al., 2006b), but it lacked the sensitivity in detecting subtle dysplastic lesions due to the absence of cortical topological information. Besson et al. used a surfaced-based texture approach (which preserves cortical topology) combined with morphometry analysis (which captures sulcal depth and curvature features of FCD), and identified 89% (17/19) of small, histologically proven FCDs undetected on MRI (Besson et al., 2008), while the specificity of such methods needed to be improved.

Since the lesions in dual pathology are usually mild and the abnormalities of lesional tissue are subtle, the detection power of MRI imaging with the most advanced quantitative techniques sometimes is not sufficient to detect such subtle changes (Aboesch et al., 2002; Harroud et al., 2012). Focus localization could be very difficult when lesions or epileptic abnormalities are so subtle that they appear to be nonlesional and elude from quantitative MRI and other imaging modalities (PET, SPECT, etc.). In addition, multiple seizure foci may be in an epileptic network in the temporal or extra-temporal regions, and neuroimaging tests may fail to capture or distinguish epileptic discharges of the dominant seizure focus that initiates most seizures, ending up with contradictory or non-localizing imaging findings. In bilateral epilepsy, the hemisphere with the most abnormality detected by neuroimaging such as MRS might not be the side of seizure origin (Hammen and Kuzniecky, 2012). Failing to identify the focus of seizure origin might either exclude the surgical candidate from surgery, or result in resection error or incomplete resection (leaving the dominant seizure focus more or less intact) which causes poor outcome and surgical failure. Therefore, invasive iEEG is needed especially in these challenging cases to further detect epileptic abnormality and improve focus localization.

3.2. Summary

Taken together, a multimodality approach including neuroimaging and iEEG is needed to identify subtle lesions in presurgical evaluation which may enhance surgical outcome and reduce surgical failure.

Fig. 1. Flow charts indicating the decision making process in epilepsy presurgical evaluation. A. Decision tree for source localization in Kyoto University Hospital (Shibasaki et al., 2007; courtesy of Dr. Shibasaki; reprinted with permission from Shibasaki et al., 2007). The branch after MEG analysis was in parallel with the main stream of evaluation (i.e., if the findings of EEG/ESI and MEG/MSI in focus localization are convergent, then perform surgery with ECoG; otherwise, perform invasive monitoring). B. Decision tree for invasive monitoring across 7 epilepsy centers (Haut et al., 2002; courtesy of Dr. Haut; reprinted with permission from Haut et al., 2002). Major and minor criteria supporting medial temporal lobe onset: 1. Major criteria: (1) Interictal EEG: At least 70% of interictal discharges with a single anterior temporal field, in a sample of ≥50 discharges. (2) Ictal EEG: Seizure with rhythmic theta or alpha discharge confined to one temporal lobe at least one third of seizures, with no conflicting data. (3) MRS: Mesial temporal sclerosis. 2. Minor criteria: (1) Interictal focal temporal EEG slowing present ≥50% of the time during wakefulness. (2) PET: medial temporal hypometabolism (required if major criteria are 1 and 2). (3) SPECT: temporal hyperfusion. (4) Wada test lateralized (percentage of items recalled after each injection differed by >20%). (5) Neuropsychological testing: medial temporal deficits present. C. Multicenter ERSET protocol flow chart (Engel et al., 2010; courtesy of Dr. Engel; reprinted with permission from Engel et al., 2010).
4. How to assess the utility of presurgical neuroimaging more accurately?

One drawback of the neuroimaging validation studies (using invasive tests or the surgical site as reference standard) conducted by individual groups (or epilepsy centers) is the large variability across studies/centers. The varied accuracy (measured by sensitivity and specificity) of neuroimaging tests across studies may be due to a number of factors such as the different subject samples, the criteria and protocols of presurgical evaluation among centers, the imaging equipment and parameters used at each center, and pathological substrates of patients in these studies. Differences in pathological substrates such as mesial temporal sclerosis (MTS), developmental lesion and tumor may result in the wide range of sensitivity and specificity of neuroimaging modalities (Spencer et al., 1995). For example, PET and MRI are more sensitive to MTS than SPECT (100%, 95% vs. 70%), while PET, MRI and SPECT are equally sensitive to developmental lesions (88–92%) and MRI is most sensitive (96%) and SPECT least (82%) to tumors (Spencer et al., 1995). Further, the protocols of presurgical evaluation and criteria for focus localization using intracranial monitoring differ among centers, which may result in varied presurgical findings, surgical decisions and outcomes.

The true utility of presurgical neuroimaging often eludes from studies at individual centers due to such high variability. Thus, multicenter studies using consistent protocols and criteria for surgical planning have the advantage to reduce the variation across centers and reveal the true utility of neuroimaging in presurgical evaluation.

5.1. A review of multicenter studies

Pioneering work of multicenter research in this area first appeared one and a half decades ago. Silander et al. studied 152 patients in 3 epilepsy centers across Sweden, and found that non-invasive tools such as EEG, CT/MRI, and PET/SPECT localized the seizure focus in 85% of the young patients and 95% of the adult patients in presurgical evaluation (Silander et al., 1997).

In the early 2000s, Haut et al. conducted a 7-center study on the interrater reliability of presurgical testing and surgical decisions, and found that agreement was excellent for extracranial EEG lateralization (intraclass correlation coefficient: 0.80), MRI lateralization (0.95) and localization (0.91), Wada lateralization (0.95), iEEG localization (0.79), decision on whether to perform surgery (0.83); but the agreement on the decision to perform intracranial monitoring was poor (0.54) (Haut et al., 2002). In the same multicenter study, Berg et al. studied the localizing evidence of seizure focus and found that among the 565 surgical candidates, 34% underwent intracranial monitoring and 85% had surgery, while up to 30% of patients did not have surgery due to lack of clear localizing evidence (Berg et al., 2003). Spencer et al. (2003) further reported that among the 355 patients who underwent surgery, medial temporal resection significantly reduced seizures (77% 1-year remission) compared with neocortical resection (56% 1-year remission). These results have revealed a rough picture on the variability in the interpretation of neuroimaging in presurgical evaluation across centers and demonstrated the consensus on neuroimaging tests, surgical decisions, and overall outcomes across these centers.

In recent years, Zaknun et al. (2008) investigated 74 patients with TLE in a four-center study, and reported that the localization sensitivity for MRI was 86%, ictal SPECT 84% and ictal EEG/ESI 70%, and the seizure for MRI was 86%, ictal SPECT 84% and ictal EEG/ESI 70%, and the seizure
free outcome was 89%. They concluded that compared with MRI and EEG/ESI, ictal SPECT is an effective diagnostic modality for identifying seizure origin in TLE (Zaknoun et al., 2008). In a more recent multicenter study, Matsuda et al. (2009) compared SISCOM with regular ictal SPECT and found that SISCOM provides higher predictive value of good surgical outcome and more reliability on the diagnosis of the epileptogenic focus than side-by-side comparison in medically intractable partial epilepsy. Further, multicenter clinical trials such as Early Randomized Surgical Epilepsy Trial (ERSET) (Engel et al., 2010) with rigorous presurgical protocols and criteria might be the best organized and most effective multicenter studies.

In addition to source localization, efforts have been made to localize the vital eloquent cortex in surgical planning across centers and proved the value of non-invasive imaging techniques as well as new protocols. For example, to map language cortex, Binder et al. (2011b) applied an fMRI (Story–Math task) protocol to seven centers, and found that the protocol provides a reliable method for activation of surgical regions of interest in the anterior TLE.

Taken together, multicenter studies have reduced the variability across epilepsy centers and revealed a more close-to-truth utility of neuroimaging in surgical planning.

5.2. The call for randomized controlled trials

Most comparative validation studies and multicenter studies assessing the diagnostic accuracy of presurgical neuroimaging tests are retrospective studies. Such retrospective studies have limitations in study design (e.g., limited statistical power to draw strong conclusions) and cannot provide much useful clinical information (Burch et al., 2012; Whiting et al., 2006). To assess the clinical utility of neuroimaging more accurately, it would be useful to randomize patients to groups using neuroimaging techniques and to other groups using invasive techniques. Whiting et al. (2006) realized such need and called for randomized controlled trials (RCTs). RCTs were regarded as the most reliable method to investigate the utility of neuroimaging in the workup for epilepsy surgery and it could examine single tests or combinations of tests on patient outcome. The efficacy of surgical treatment for drug-resistant TLE was demonstrated convincingly by a RCT in 2001 where 80 patients were randomly assigned to surgery (n = 40) and therapy of anti-epilepsy drugs (AED) (n = 40) and at one year, patients in the surgical group had significantly higher percentage (58% vs. 8%) of seizure-free outcome, fewer cognitive impairments and better quality of life than those in the AED group (Wiebe et al., 2001). Accordingly, Chernov et al. (2009) pointed out that carefully designed multi-center prospective trials can clarify the usefulness of neuroimaging in seizure investigation. Further, Okonma et al. (2011) proposed that multicenter RCTs are needed to incorporate technical advances for identifying the seizure focus and tissue at risk to identify the extent of epileptic resection.

One key difference causing the variation of epilepsy surgery outcome across various epilepsy centers lies in the clinical decision-making process. The decision process of determining whether to perform invasive intracranial EEG monitoring varies among centers (Fig. 1A (Shibasaki et al., 2007) vs. Fig. 1B (Haut et al., 2002)), which inevitably affects the surgical outcome. Engel et al. (2010) have outlined the design considerations for ERSET, a multicenter RCT of early surgical intervention (Fig. 1C): the patients with TLE are randomized by center, age (12–16 or 17) and the side of ictal onset, and the randomization includes blocking within each stratum. The rigorous trial designs to assess surgical interventions in epilepsy provide evidence to guide treatment across 16 centers in the ERSET. To determine whether early surgical intervention could better control seizures, Engel et al. (2012) randomized 38 patients (who had seizures for no more than 2 years following trials of 2 AEDs) to medical (AED) group (n = 23) and surgical (anteromesial temporal resection) plus AED group (n = 15), and found that surgery plus AED treatment resulted in a higher percentage of seizure-free outcome (73.3% vs. 0%) and improved quality of life during the 2nd year follow-up than continued AED treatment alone. The preliminary results of the multicenter trial ERSET indicate that early surgical intervention is more effective in seizure control than continued AED treatment. Similar multicenter RCTs could be performed to reveal the efficacy and relative effectiveness of presurgical neuroimaging and icEEG.

5.3. Summary

Taken together, the clinical utility of neuroimaging could be assessed more accurately by multicenter studies and RCTs, which could standardize the decision-making process in presurgical evaluation and reveal the efficacy of neuroimaging and icEEG.

6. Conclusions

In summary, over the years, the advances of non-invasive neuroimaging techniques have provided promising tools for epilepsy surgical planning. Presurgical neuroimaging techniques such as MRI morphometry, DTI, fMRI, EEG/ESI, ictal SPECT/SISCOM and MEG/MSI have made it possible to capture previously undetected dysplastic lesions and other epileptic abnormalities, improve the localization of the epileptogenic zone and the eloquent cortex, and reduce the need for icEEG, but they still cannot replace icEEG in surgical planning. Thus, a multimodality approach including neuroimaging and invasive icEEG is needed (e.g., to identify subtle abnormalities) in presurgical evaluation especially in non-lesional and extratemporal lobe epilepsies. In addition, in localization or lateralization of vital eloquent cortex, fMRI may be a non-invasive alternative to Wada test in language lateralization. Further, due to large variability across epilepsy centers and study design problems, multicenter studies and RCTs are needed to reveal the true value of presurgical neuroimaging. With technical advances (e.g., higher resolution), neuroimaging may play a greater role in presurgical evaluation, reduce the costs and risks of epilepsy surgery and provide surgical options for more patients with drug-resistant epilepsy.

Acknowledgements

This work was partially supported by the Natural Science Foundation of China (Grant No. 81071211).

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