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Soil Productivity Degradation in a Long-Term Eroded Olive Orchard under Semiarid Mediterranean Conditions

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Abstract: Olive groves are one of the most important agro-systems in the Mediterranean basin, and the Andalusia region produces the highest quantity of olive oil in Europe. The aim of this work was to evaluate the long-term (15 years) influence of two management practices in olive orchards—conventional tillage (CT) and no tillage with bare soil and herbicide application (NT + H)—on soil physical properties, infiltration capacity, erosion rates, and soil productivity. In addition, the short-term (2 years) influence of no tillage with cover crop management (NT-CC) on these parameters was also assessed. In the study area, CT and NT + H management practices showed unsustainable erosion values, 9.82 and 13.88 Mg ha⁻¹ year⁻¹, respectively, while NT-CC inclusion decreased the erosion rates (2.06 Mg ha⁻¹ year⁻¹). The implementation of NT-CC not only reduced erosion rates but also caused a change in the trend of soil productivity loss observed under CT and NT + H. In this sense, NT-CC showed a positive influence on soil quality. However, tillage removal led to a significant reduction in the infiltration capacity of soils under NT + H and NT-CC, which will be a serious handicap for water storage in an environment with continuous processes of water deficit.

Keywords: degraded soil; cover crops; soil erosion; soil productivity; olive orchards

1. Introduction

Governmental strategies, such as the European Green Deal and an awareness increase in relation to environmental health and the long-term sustainability of agroecosystems, require the implementation of management strategies that preserve soil, air, and water resources. Agricultural soils can provide a significant number of ecosystem services under suitable agricultural management practices [1–3]. In Mediterranean areas, woody crop soils, e.g., olive, almond, or vineyards, have a high potential to provide ecosystem services [4–6]. However, they are usually installed on hillsides and shallow soils that are exposed to prolonged drought periods and torrential rainfall episodes [7–9]. In addition, the implementation of non-conservative agronomic practices in woody crop soils (deep tillage or bare soil maintenance), leads to soil degradation processes and calls their properties relative to the provision of ecosystem services into question [10–12].

Olive groves are representative landscapes in the Mediterranean region, with around 10 Mha [13]. The historical evolution in the management of this millenary agroecosystem from a traditional organic and multifunctional system to a mechanical and monoculture system [14] has caused a decline in biodiversity, poor soil structures, a depletion of organic matter levels, and increased soil losses due to severe erosive processes [15]. In this sense, the restoration of soil properties in the agricultural soils, where olive groves are cultivated, should be a priority in crop management strategies, while improving soil quality and climate change mitigation and adaptation [16–18].

In Andalusian olive groves, soil loss related to erosive processes is a major environmental issue that causes soil degradation and contributes, in arid and semiarid lands, to land desertification [19]. Soil erosion is even worse in soils with low organic matter
levels and poor structure [20,21]. These erodible soils are common in Andalusia olive groves [22,23], and erosion processes affect the productivity of these agricultural soils [24].

Soil productivity is defined as the capacity of soil to yield a specific crop or a sequence of plants under a determinate agricultural management system [25,26]. Sustainable soil productivity is the key to the provision of some soil services (e.g., food or fiber) and food security [27,28]. Soil management practices for the maintenance and improvement in soil productivity in olive groves under Mediterranean conditions, to avoid deficiencies and improve the efficiency of water dynamics by avoiding deficits and possible crusting processes, should be based on the adoption of strategies that generate biomass that increases soil organic carbon (SOC) and soil coverage and a balanced supply of nutrients [16,29].

Agricultural management in olive groves is mainly based on the maintenance of the soil without permanent vegetation cover through continuous tillage or by the application of pre-emergence herbicides. It is widely accepted that these soil management systems impact many different soil characteristics and processes [30,31]. Conventional tillage (CT) promotes the oxidation of organic compounds, crop residue, and soil organic matter (OM) through soil macroaggregate breakdown and increased aeration, which usually results in SOC losses [32–34]. In contrast, no tillage plus herbicides (NT + H) has been accepted by many farmers as a sustainable agricultural practice because it reduces the amount of farm labour. However, this is not always clear, especially when bare soil is continuously being maintained by herbicide applications [35,36]. On the contrary, no tillage with cover vegetation (NT-CC) has been proposed by many researchers as a sustainable management technique [37–39] that could result in management that reduces erosion rates and provides valuable ecosystem services in Mediterranean olive groves.

The purpose of the present study was to assess both the assessment of degradation in olive grove soil after long-term conventional tillage and after no tillage plus herbicides and the short-term effectiveness in terms of soil regeneration of the inclusion of vegetation cover under semiarid conditions in soils with a long-term degradation process. To achieve this goal, the effects of management practices on erosion processes, physical soil properties at different depths, and water infiltration in rainfed Mediterranean olive groves were evaluated. In addition, the effects of soil erosion on soil productivity with reference to the soil’s physical and chemical properties under different management practices (conventional tillage, no tillage with bare soil, and no tillage with cover) were estimated.

2. Materials and Methods

2.1. Site Characterization and Experimental Design

The field work was conducted in Southern Spain (Torredelcampo, Jaen, Andalusia), and the farm studied comprised an area of 10 ha of traditional olive groves (*Olea europaea*) (37°50′55″ N, 03°51′55″ W) (Figure 1).

The landscape in the study area is greatly influenced by a long history of human agricultural activity and is mainly formed by low altitude hills (around 450 m.a.s.l.) with rounded summits and gently slopes (6% on average) consisting of sedimentary material (mainly, limestones and marls), and by channel beds in the low areas, with no permanent watercourse, as a consequence of water incision due to erosion processes. The soil of the study area, which developed from a sedimentary parental material, has a uniform texture and high carbonate content, and was classified as Calcaric Cambisol according to [40]. Details related to climatic conditions in the analysed period are described in [41].

The long-term experimental design consisted in a traditional rain-fed olive grove of the “Picual” variety (10 ha) managed under conventional tillage (CT0) since 1950. It was divided into two plots in 2004, one maintaining the same management (CT1) and the other changed to a no tillage system (NT + H). The plots managed with CT were tilled with a cultivator in spring followed by tine and disc harrowing in summer (25 cm), and NT + H was managed with a lower amount of labour, since mechanical practices were not applied. Both plots received the same rate and type of chemical fertilisers in the winter season (100 kg ha⁻¹ urea, 46% N), and vegetation was eliminated by applying pre-emergence
herbicides (1.0 L 36% glyphosate ha$^{-1}$) in autumn to control weeds in all cases. In 2017, an area (7500 m$^2$) managed under CT1 since 2004 was changed to agricultural management under covers (Crocus sativus, Avena sativa, and Lavandula x intermedia) without tillage or applications of herbicides—only mechanical weeding in spring. The seed quantities used were 140 kg ha$^{-1}$, 2000 kg ha$^{-1}$ and 12,000 plants ha$^{-1}$ for oats, saffron, and lavender, respectively. These crops were selected because they have low water requirements; however, different circumstances (rabbit pests, a lack of rainfall in the nascence season, and high temperatures) did not allow for the growth of the planted covers, and spontaneous covers (Conyza canadensis, Arenaria hispanica, Sonchus oleraceus, Capsella bursapastoris, Diplotaxis virgata) colonized the olive tree alleys (NT-CC).

In the study area, in 2004, pits were opened to describe initial soil profiles—under conventional tillage (CT0)—and sampling them by horizons. The pits were closed once the samples were taken. In 2019, the study area was sampled again after a management change on the part of the farm in 2004 to no tillage, the inclusion of cover crops (2017), and the evolution of soil properties under conventional tillage from 2004 to 2019. Five random sampling points were selected in each plot, (Figure 1), pits were dug with a mini-excavator outside the tree canopy projection (inter-row olive area). In each management system (CT0, CT1, NT + H, and NT-CC), five soil profiles (120 cm in depth on average) were sampled horizon by horizon and sampling points were positioned beyond the projection of the tree crown. The horizons depths (Table 1) are average values and the study area is a hillside with low slope gradients. Therefore, there were no significant differences in the depth of the horizons between the treatments studied.

The soil samples collected were air-dried in the laboratory, sieved (2 mm), and stored until subsequent analysis in 2004 in the case of CT0 and in 2019 in the other cases. The samples were analysed according to different methods to determine the soil’s physical and chemical properties [41], and three repetitions were carried out for each sample. Soil water retention was measured using undisturbed samples collected with core cylinders (100 cm$^3$ and 5 cm high). The samples were wetted with distilled water from below to saturation and then drained to water suctions at $-33$ kPa (field capacity; FC) and $-1500$ kPa (permanent wilting point; PWP) using a progressive drying process with pressure plate extractors [42]. Finally, the soil samples were completely dried in an oven (24 h at 105 °C). Available
water capacity (AWC) was determined by the difference between water volumes at PWP and FC, and volumetric values were obtained as a result of multiplying the gravimetric measurements by the bulk density values. Bulk density was determined by collecting undisturbed samples (horizon by horizon) in core cylinders (core method). The pore size and water retention capacity relationship were established as follows: macroporosity represents >60 \( \mu m \) (pF < 1.8) and microporosity represents <10 \( \mu m \) (pF > 2.5) [43].

The infiltration rate was determined in the field by the simple ring method (Beerkam method) [44,45]. Surface vegetation and litter were removed, and PVC rings (diameter = 15 cm; height = 12 cm) were inserted into the soil to a depth of 1–2 cm to produce minimal disturbance of the porous medium and prevent water leakage at the surface. Within each experimental plot, measurement points were randomly selected in the inter-row area (that is, outside the olive canopy projection). Six rings were installed per management system, and the time required for the infiltration of water was registered.

2.3. Soil Loss Estimation, Revised Universal Soil Loss Equation (RUSLE) Model

The Revised Universal Soil Loss Equation (RUSLE) [45] remains the most widely used tools for this. The soil losses were calculated for each management practice, and the model estimated average annual erosion using five factors, rainfall, soil, the topographic factor, covers and management, applying the following equation:

\[
A = R \times K \times C \times LS \times P
\]  

(1)

where \( A \) is the annual average soil loss (Mg ha\(^{-1}\) year\(^{-1}\)), \( R \) is the rainfall erosivity factor (MJ mm ha\(^{-1}\) h\(^{-1}\) yr\(^{-1}\)), \( K \) is the soil erodibility factor (Mg ha h ha\(^{-1}\) MJ\(^{-1}\) mm\(^{-1}\)), \( C \) is the cover and management factor, \( LS \) is the factor of length (m) and the magnitude of the slope (%), and \( P \) is the support conservation practices factor.

Rainfall erosivity (\( R \) factor) was obtained based on the adapted universal equation of soil loss, defined by [46] as

\[
R = e^{-0.834} \times PMEX^{1.314} \times MR^{-0.388} \times F24^{0.563}
\]

(2)

where \( e \) represents the basis of the Napierian algorithms, \( PMEX \) is the average value of the annual series of maximum monthly rainfall (mm) using meteorological stations of Andalusia Government, \( MR \) is the average precipitation of the period (mm), and \( F24 \) is the ratio between the annual maximum 24 h rainfall squared and the sum of the maximum 24 h rainfall of all months of the same year.

The soil erodibility (\( K \) factor) was based on soil properties that were measured directly at each field site and was calculated according to [47]

\[
K = \left[ 2.1 \times 10^{-4} \times (12 - OM) \times M^{1.14} + 3.25 \times (b - 2) + 2.5 \times (c - 3) \right]
\]

(3)

where \( OM \) is the percentage of the organic matter. \( M \) represents the textural factor expressed by the product of the percentage fractions of sand, clay, and silt. The nomogram value of the factor \( K \) [47] was used to determine the soil structure and permeability classes, parameters \( b \) and \( c \), respectively.

C-factor values are based on the concept of deviation from a standard plot under clean-tilled continuous fallow. Therefore, factor C varies with the type of management depending on tree density and canopy diameter, and with the extent (width) of ground cover (partial in NT-CC and minimum in CT and NT + H management types). For the calculation of the sub-factors, a canopy with a uniform tree spacing of 12 × 12 m that was 3 m high and 6 m in diameter was considered.

To calibrate the LS topographic factor, we used the length and grade of the slope of the territory. These parameters were measured with a manual inclinometer and with measuring tape in the study area. The LS factor was considered constant throughout the simulated period using expressions of [48], indicated in the RUSLE documentation.
Table 1. Soil physical and chemical properties at the three research plots (average ± SD).

| Tillage Practice | Hor. | Depth (cm) | Gravel (%) | Sand (%) | Silt (%) | Clay (%) | BD (Mg m\(^{-3}\)) | OM (%) | pH (H\(_2\)O) |
|------------------|------|------------|------------|----------|----------|----------|---------------------|--------|-------------|
|                  | Ap   | 0–27.3     | 12.8 ± 1.7 Aa | 8.7 ± 0.6 Aa | 19.8 ± 1.5 Aa | 71.5 ± 0.9 Aa | 1.41 ± 0.03 Aa | 1.22 ± 0.06 Aa | 7.72 ± 0.10 Aa |
|                  | Bw   | 27.3–56.0  | 13.6 ± 1.5 Aa | 5.5 ± 1.6 Ba | 22.9 ± 1.4 Aa | 71.6 ± 0.6 Aa | 1.42 ± 0.02 Aa | 1.01 ± 0.05 Aa | 8.02 ± 0.11 Ba |
|                  | BC   | 56.0–89.0  | 17.6 ± 1.2 Ba | 3.8 ± 0.8 Ca | 24.8 ± 1.7 Aa | 71.4 ± 1.9 Aa | 1.43 ± 0.03 Aa | 0.76 ± 0.04 Ba | 8.15 ± 0.05 Ba |
|                  | C    | 89.0–115.7 | 12.6 ± 0.5 Aa | 4.1 ± 0.9 Ca | 21.9 ± 1.6 Aa | 74.0 ± 0.7 Aa | 1.44 ± 0.02 Aa | 0.71 ± 0.02 Ba | 8.07 ± 0.10 Ba |
|                  | Ap   | 0–32.7     | 15.6 ± 3.6 Aa | 9.2 ± 5.2 Aa | 19.1 ± 5.0 Aa | 71.6 ± 2.8 Aa | 1.35 ± 0.14 Aa | 0.88 ± 0.29 Ab | 7.81 ± 0.10 Aa |
|                  | CT1  | 32.7–65    | 15.8 ± 5.1 Aa | 3.6 ± 4.4 Ca | 21.0 ± 2.0 Aa | 75.3 ± 7.0 Aa | 1.35 ± 0.07 Aa | 0.59 ± 0.10 Bb | 8.11 ± 0.10 Ba |
|                  | Bw   | 65–89.7    | 21.7 ± 2.2 Ba | 6.5 ± 3.6 Ba | 20.6 ± 4.8 Ab | 72.9 ± 2.8 Aa | 1.37 ± 0.09 Aa | 0.38 ± 0.19 Cb | 8.17 ± 0.05 Ba |
|                  | BC   | 89.7–119.7 | 12.2 ± 0.3 Aa | 9.7 ± 0.5 Ab | 21.5 ± 0.1 Aa | 68.7 ± 2.2 Ab | 1.39 ± 0.04 Aa | 0.29 ± 0.14 Cb | 8.11 ± 0.13 Ba |
|                  | C    | 0–21.7     | 15.0 ± 2.5 Aa | 9.8 ± 2.1 Aa | 26.7 ± 5.9 Ab | 63.5 ± 4.8 Ab | 1.37 ± 0.07 Aa | 0.74 ± 0.20 Ac | 7.82 ± 0.07 Aa |
|                  | A    | 21.7–60    | 17.6 ± 2.1 Aa | 12.9 ± 5.6 Ab | 25.9 ± 4.9 Aa | 61.2 ± 6.2 Ab | 1.40 ± 0.03 Aa | 0.43 ± 0.18 Bc | 8.09 ± 0.17 Ba |
|                  | NT + H | 60–84.7   | 21.5 ± 1.2 Ba | 12.3 ± 9.6 Ab | 29.1 ± 5.5 Aa | 58.6 ± 7.9 Ab | 1.42 ± 0.04 Aa | 0.27 ± 0.09 Cc | 8.05 ± 0.09 Ba |
|                  | BC   | 84.7–110  | 12.7 ± 0.8 Aa | 6.9 ± 0.72 Ba | 24.8 ± 3.4 Aa | 68.2 ± 7.6 Ab | 1.39 ± 0.03 Aa | 0.27 ± 0.09 Cb | 8.17 ± 0.13 Ba |
|                  | C    | 0–23.5     | 8.75 ± 3.2 Ab | 7.72 ± 2.5 Aa | 21.7 ± 3.9 Aa | 70.60 ± 4.6 Ab | 1.26 ± 0.05 Ab | 0.85 ± 0.13 Ab | 7.83 ± 0.12 Aa |
|                  | A    | 23.5–64.4  | 9.81 ± 2.6 Ab | 8.13 ± 1.4 Ab | 20.2 ± 4.6 Aa | 71.63 ± 5.3 Aa | 1.41 ± 0.07 Ba | 0.62 ± 0.16 Ab | 7.77 ± 0.09 Ab |
|                  | NT-CC | 64.4–82.2 | 22.95 ± 1.3 Ba | 6.45 ± 0.8 Aa | 20.9 ± 2.5 Ab | 72.67 ± 3.9 Aa | 1.37 ± 0.03 Bb | 0.41 ± 0.08 Bb | 8.18 ± 0.10 Ba |
|                  | C    | 82.2–107.7 | 24.93 ± 1.1 Bb | 9.95 ± 1.5 Bb | 22.0 ± 0.9 Aa | 68.02 ± 5.1 Ab | 1.39 ± 0.05 Bb | 0.32 ± 0.10 Bb | 8.17 ± 0.05 Ba |

Data (average values). CT0: conventional tillage 2004; CT1: conventional tillage 2019; NT + H: no tillage with herbicide 2019; NT-CC: no tillage with cover 2019; Hor: Horizon type; Depth: Horizon thickness; BD: Bulk density; OM: Organic matter. Numbers followed by different capital letters within the same column have significant differences (\(p < 0.05\)) between depths considering the same land management. Numbers followed by different lower-case letters within the same column have significant differences (\(p < 0.05\)) between the same soil horizon in different land management considering the same variable.
Finally, the P factor was considered to be equal to 1 for all erosion situations, as it was assumed that all plots were subject to tillage practices and that none were subject to specific mechanical or soil manipulation erosion control practices.

2.4. Calculation of Soil Productivity from the Soil Profile Samples

Productivity index (PI) was used to assess the long-term influence of management practices and erosion processes in soil productivity. Pierce et al. (1983) suggested 100 cm as a suitable soil thickness for the growth of crops. In our case study, three soil horizons were used (Ap, Bw, and BC), around 100 cm, to evaluate the PI. We calculated the PI of each soil profile using

\[ PI = \sum_{i=1}^{3} A_i \times C_i \times D_i \times O_i \times WF_i \] (4)

where \( PI \) is the productivity index (0–1), \( A_i \) is the sufficiency of AWC, \( C_i \) is the sufficiency of bulk density, \( D_i \) is the sufficiency of pH, \( O_i \) is the sufficiency of organic matter at the \( i \)th soil layer, and \( WF_i \) is a weighting factor representing an idealized plant root distribution reflecting that different soil layers have different impacts on soil productivity. The sufficiency function of \( A_i, C_i, \) and \( D_i \) is the same as noted in [50], and the sufficiency function of \( O_i \) is as noted in [26]. \( WF_i \) was calculated in accordance with [50] as follows:

\[ WF = 0.35 - 0.152 \lg \left( \text{depth} + \sqrt{\text{depth}^2 + 6.45} \right) \] (5)

where depth indicates the soil depth within the profile. According to Karlen (2005), within this index, sufficiency is defined as levels that do not restrict plant growth or development throughout the life cycle of the species for which the assessment is being made. The sufficiency values for the soil properties (Table 1) were adapted and used as described in [50–52].

2.5. Statistical Analyses

The effect of land management and depth on soil properties was analysed using ANOVA (SPSS 13.0 for Windows). Data were tested for normality to verify the model assumptions, and differences of \( p < 0.05 \) were considered statistically significant.

3. Results

3.1. Pore Size Distribution and Soil Water Retention

Macro, microporosity, and total porosity (TP) along the complete soil profiles of the different soil management systems are shown in Table 2. TP values ranged between 0.47 and 0.42 m\(^3\) m\(^{-3}\), with no significant variations in management systems, with the exception of the A horizon in NT-CC, where the TP reached 0.51. In all soil profiles, the highest values were found in the Bw horizon, except in NT-CC, where a higher value was found in the surface horizon, as mentioned before. In CT0 and CT1, there were no differences in the macroporosity or the microporosity between horizons in the soil profiles. Regarding the NT management systems (NT + H and NT-CC), the highest macroporosity values were found in the two first horizons (Ap and Bw), while the highest microporosity values were found in the two deep horizons (BC or C). The main variations were found under NT-CC management, where the highest macroporosity values (0.316 m\(^3\) m\(^{-3}\)), as in the rest of the management systems, were obtained in the A horizon, but the decrease in depth was greater, and the difference between the soil surface horizons and the deeper horizons was more important. Furthermore, in the surface horizon in NT-CC, the lowest microporosity value was found (0.190 m\(^3\) m\(^{-3}\)).
Table 2. Porosity and soil water retention properties at the three research plots (average ± SD) in Mediterranean olive groves. Initial situation (2004) and final situation (2019).

| Sampling | Hor  | TP (m$^3$ m$^{-3}$) | M (m$^3$ m$^{-3}$) | M (m$^3$ m$^{-3}$) | PWP | FC | AWC (mm cm$^{-1}$) |
|----------|------|---------------------|-------------------|-------------------|-----|----|------------------|
| CT0      | Ap   | 0.45 Aa             | 0.226 Aa          | 0.221 Aa          | 55.4 Aa | 42.7 Aa | 1.79 Aa          |
|          | Bw   | 0.47 Aa             | 0.241 Ba          | 0.233 Aa          | 55.8 Aa | 43.0 Aa | 1.82 Aa          |
|          | BC   | 0.43 Aa             | 0.220 Aa          | 0.215 Aa          | 55.8 Aa | 42.9 Aa | 1.84 Aa          |
|          | C    | 0.42 Aa             | 0.223 Aa          | 0.202 Aa          | 56.9 Ba | 44.4 Aa | 1.80 Aa          |
| CT1      | Ap   | 0.46 Aa             | 0.236 Aa          | 0.230 Aa          | 55.3 Aa | 42.8 Aa | 1.70 Ab          |
|          | Bw   | 0.46 Aa             | 0.226 Aa          | 0.234 Aa          | 57.5 Bb | 45.1 Bb | 1.67 Ab          |
|          | BC   | 0.45 Aa             | 0.235 Aa          | 0.217 Aa          | 56.2 Aa | 43.7 Aa | 1.71 Ab          |
|          | C    | 0.44 Aa             | 0.251 Aa          | 0.193 Aa          | 54.0 Ab | 41.0 Ab | 1.81 Ba          |
| NT + H   | Ap   | 0.46 Aa             | 0.238 Aa          | 0.225 Aa          | 51.6 Ab | 37.9 Ab | 1.82 Aa          |
|          | Bw   | 0.47 Aa             | 0.226 Aa          | 0.242 Aa          | 48.8 Bc | 36.2 Ac | 1.79 Aa          |
|          | BC   | 0.43 Aa             | 0.286 Bb          | 0.145 Bb          | 48.8 Bb | 34.6 Ab | 2.02 Bc          |
|          | C    | 0.44 Aa             | 0.255 Aa          | 0.189 Ba          | 54.1 Cb | 40.9 Bb | 1.83 Aa          |
| NT-CC    | Ap   | 0.51 Bb             | 0.190 Ab          | 0.316 Ab          | 55.1 Aa | 42.3 Aa | 1.64 Ab          |
|          | Bw   | 0.45 Aa             | 0.239 Ba          | 0.207 Ba          | 55.5 Aa | 42.8 Aa | 1.77 Ba          |
|          | BC   | 0.45 Aa             | 0.240 Ba          | 0.207 Ba          | 56.1 Aa | 43.5 Aa | 1.75 Bb          |
|          | C    | 0.44 Aa             | 0.214 Aa          | 0.227 Ba          | 53.6 Bb | 40.6 Bb | 1.81 Bb          |

Data in average value: CT0: conventional tillage 2004; CT1: conventional tillage 2019; NT + H: no tillage 2019; NT-CC: no tillage with cover; Hor: Horizon type; TP: total porosity; μ: Microporosity; M: Macroporosity; FC: Field Capacity – 33 kPa; PWP: Permanent Wilting Point – 1500 kPa; AWC: Available water content. Numbers followed by different capital letters within the same column have significant differences ($p < 0.05$) between depths considering the same land management. Numbers followed by different lower-case letters within the same column have significant differences ($p < 0.05$) between the same soil horizon in different land management considering the same variable.

The soil water retention properties in olive grove soils from the periods and management systems studied are reported in Table 2. The values were quite similar to the initial situation (CT0) after 15 years under continuous tillage (CT1) and, in 2019, after the establishment of covers and eliminating the tillage (NT-CC). However, the main modification observed was the decrease in the PWP in NT + H management regarding CT0 and CT1 in all horizons (Table 2), with values in the Bw and BC horizons of less than 50%. A similar trend was found in FC values, which, in NT + H management, were around 4% lower in the A horizon and 9% lower in the Bw and BC horizons regarding CT0 and CT1 (42.7 and 42.8%, respectively). With respect to NT-CC management, similar PWP and FC values were obtained compared to CT0 and CT1.

The available water content (AWC) values ranged between 1.64 and 2.02 mm cm$^{-1}$ under the examined management practices and depths (Table 2). All management systems obtained greater values in the subsuperficial horizons, except for CT0, where all values were very similar. Considering the same management (CT), there was a decrease in AWC values over time (CT1 < CT0). Differences between management practices were observed with a significant decrease in AWC under NT-CC management regarding the initial situation in the first horizon (1.64 mm cm$^{-1}$). Similar values to CT1 were also observed. There was an increase in AWC values in the BC horizon under NT + H (2.02 mm cm$^{-1}$).

3.2. Infiltration

Infiltration rates under the different soil management systems varied from 45 to 71 mm h$^{-1}$ (Figure 2). According to USDA (2001), these soils have a moderate infiltration level. Between the different treatments, infiltration rates followed the order CT0 = CT1 > NT-CC = NT + H, with significant differences among tilled and non-tilled plots. The lowest infiltration values were observed under no tillage management systems, NT + H and NT-CC, with 45 and 53 mm h$^{-1}$, respectively. On the other hand, under tillage (CT0 and CT1), the highest infiltration values were recorded: respectively, 67 and 71 mm h$^{-1}$. According to these data, the change from tillage to no tillage plus
Infiltration values were observed under no tillage management systems, NT + H and NT-CC, with significant differences among tilled and non-tilled plots. The lowest level. Between the different treatments, infiltration rates followed the order CT0 = CT1 > NT-CC = NT + H, with significant differences among management practices entering the field data collected into the formula. The K factor showed no significant differences; it ranged from 0.0200 to 0.0250 t ha h⁻¹ MJ⁻¹ mm⁻¹ (Table 3). Rain erosivity (R factor) and the length and grade of the slope (LS factor) in the study area were similar under the different management systems and were established at 89 J ha⁻¹ and 7%, respectively. Factor C varied with the type of management; it had a value of 0.16 in NT-CC management but was 0.78 in bare soil management systems due to the tree spacing (12 × 12 m), which allows a large amount of soil to remain uncovered. Factor P was considered to be equal to 1 for all erosion situations, as it was assumed that all plots were subject to tillage practices and that none were subject to specific mechanical or soil manipulation erosion control practices.

### Table 3. Soil loss predicted by the RUSLE-Model. Initial situation (2004) and final situation (2019).

| Management Practice | K Factor (t ha h⁻¹ MJ⁻¹ mm⁻¹) | RUSLE Model (Mg ha⁻¹ Year⁻¹) |
|---------------------|--------------------------------|-----------------------------|
| CT0                 | 0.0200                         | 9.71                        |
| CT1                 | 0.0202                         | 9.82                        |
| NT+ H               | 0.0250                         | 13.88                       |
| NT-CC               | 0.0207                         | 2.06                        |

Data (average values). CT0: conventional tillage 2004; CT1: conventional tillage 2019; NT + H: no tillage with herbicide 2019; NT-CC: no tillage with cover 2019.

The soil erosion rates recorded in this study using the RUSLE equation reached 9.71 Mg ha⁻¹ year⁻¹ under CT0, and similar value was obtained maintaining the same management 15 years later (CT1: 9.82 Mg ha⁻¹ year⁻¹). The highest soil loss estimation was found under NT + H management with 13.88 Mg ha⁻¹ year⁻¹, and the lowest values were estimated under NT-CC treatment with 2.06 Mg ha⁻¹ year⁻¹ (Table 3).

### 3.4. Soil Productivity Index

The parameters determining soil productivity were calculated from the field data collected. Subsequently, the soil PI for each soil horizon was determined by applying the described equations, and the PI for the complete profile was the sum of all the soil horizons. PI values ranged from 0.20 to 0.31 in the profiles of the experimental plots (Figure 3), with an average of 0.23. In concordance with the classification of [49], these values indicate a...
low productivity in the analysed olive grove soils. Greater values were obtained in the initial stage of the experiment (CT0), but there was a decline in the PI index in CT1 and NT + H after 15 years of management, reaching 0.19 in CT1 and 0.22 in NT + H, which represents decreases of 35.5% and 29%, respectively. Under NT-CC management, a trend change was observed for two years after conversion from CT1 to NT-CC management. A slight increase (13.6%) in the PI (0.21) was detected with regard to CT1.

In relation to PI variation across the opened soil profiles, registered data revealed that the PI was significantly reduced as the soil depth increased (Figure 4). The greatest soil PI was found in the superficial horizon under different soil management systems, ranging between 0.13 (CT0) to 0.10 (NT + H). PI values below 30 cm remained at less than 0.1 in all the deepest horizons under the analysed management systems. In the BW horizon, the values remained at intermediate levels between the upper and lower horizons. In this horizon, the highest PI values were recorded under CT0 (0.10).

Figure 3. Productivity Index (PI), taking into account the entire soil profiles. CT0: conventional tillage 2004; CT1: conventional tillage 2019; NT + H: no tillage 2019; NT + CC: no tillage with cover.

Figure 4. Variation in PI in soil profiles under different management systems. Conventional tillage (CT0; CT1), no tillage with herbicide (NT + H), and no tillage with cover (NT-CC).
4. Discussion
4.1. Changes in Soil Physical Properties and Water Infiltration

In order to assess the long-term impact of management practices in the evolution of the soil environment, it is essential to quantify the changes in soil structure. In this sense, soil porosity is a useful indicator of changes caused by soil management systems, since porosity has a great influence on water dynamics into the soil and biota habitat. In the study area, the most important modification related to soil structure was the improvement in soil porosity in the superficial horizon under NT-CC. This change was clearly caused by no tillage and the existence of natural vegetation ground cover. A similar trend was described in [53]. Therefore, although the macroporosity of soil was rather low, NT-CC improved the soil structure quality, while the remaining management systems preserved similar values, with no appreciable variation between CT0, CT1, and NT + H.

The clayey soils of the study area not only had a high FC but also a high PWP. Therefore, the most highlighted parameter was the AWC (difference between FC and PWP). In soils with a clay content greater than 40–50%, the PWP increases more than the FC, so the AWC decreases with increasing clay content. In the soils of the study area with clay contents close to 70%, the available water was rather low. Nevertheless, management practices impacted soil physical properties. CT1 and NT-CC registered the lowest values in the superficial horizon in AWC (1.70 and 1.64 mm cm\(^{-1}\), respectively), while similar values were observed under NT + H compared with the initial situation (CT0). This trend was also observed in other studies under semiarid conditions [54]. Based on these results, it seems that, in the establishment of vegetation cover in rainfed olive trees under Mediterranean conditions, it is essential that the vegetation cover be controlled during the drought season so that it remains as a mulch to keep the soil covered and does not continue to extract water resources. In this sense, olive grove soil mulching can be another practice used for reducing surface erosion and enhancing water conservation into the soil [55–57].

In the subsurface horizons, AWC values were quite similar between the analysed management systems, except in CT1, where they were the lowest (1.67 mm cm\(^{-1}\)). This is an important aspect in the growth and productivity of olive groves, since olive tree roots penetrate to this depth and the Bw horizon has become an important water reservoir that accumulates humidity and stores water in dry months.

In the experimental plots, the infiltration rate was, on average, 59 mm h\(^{-1}\), which is in line with that reported in [58] regarding clayey olive grove soil in Southern Italy. An important aspect of soil degradation was visually identified mainly in NT + H treatment, namely crust formation (not measured in this study), which should affect water infiltration dynamics and increase erosion, also registered in other semiarid Mediterranean cultivated areas [59,60]. Breaking this crust is one of the main reasons why Andalusian farmers manage olive grove soil with conventional tillage. The other reason is to avoid water competition between covers and olive trees. However, farmers are becoming aware of the negative aspects that tillage has caused in soils in recent years. NT + H is now an option. However, in our study, the lowest infiltration rates were found in NT + H (45 mm h\(^{-1}\)), while conventional tillage (CT0 and CT1) showed the highest infiltration values, 71 and 67 mm h\(^{-1}\), respectively, in the analysed period. NT-CC obtained intermediate values (53 mm h\(^{-1}\)) with a significant decrease in a relatively short period of time (two years). A similar trend was also reported in [61], two years after the inclusion of spontaneous cover under Cambisols.

The infiltration capacity decline after tillage elimination (land management change from CT to NT) is a serious issue since it involves an increase in the degree of runoff generation and, therefore, enhances vulnerability to water erosion in these soils [61–63]. This is especially critical when the soil is bare, as in the case of NT + H management, or the percentage of vegetation coverage is low (<20%), especially in degraded areas where soil recovery is a slow process [64,65]. Since NT-CC management has been widely identified as a sustainable practice that increases organic matter (OM) [66–68], it is expected that an increase in OM levels can increase infiltration levels [69,70]. However, a longer period of
time is needed to observe these effects, because changes in soil properties under semiarid rainfed conditions are quite slow. The first few years of cover crop installation are critical and do not always lead to positive results.

4.2. Effect of Soil Management Practices on Soil Erosion Rates

The RUSLE methodology has been widely used to estimate soil losses in agricultural areas. In this case study, RUSLE was used for the long-term analysis of the distribution of water erosion, since in olive groves it has been shown to be a useful method for the study of temporary changes related to soil management and properties [15]. Several authors have clearly indicated the significant potential for erosion in olive orchards [71,72]. According to [73], erosion rates above 5–10 Mg ha$^{-1}$ year$^{-1}$ are estimated to be unsustainable.

In the studied olive grove plots, the average annual soil loss ranged between 2.06 and 13.88 Mg ha$^{-1}$ year$^{-1}$, which was estimated from field measurements in the olive alleys. Our data showed soil lowering during the last 15 years. In this period of continuous soil loss, the variations observed are mainly related to the soil management.

In this sense, NT + H obtained the highest erosion rates (13.88 Mg ha$^{-1}$ year$^{-1}$). Under this soil management system, herbicide applications contribute to bare soils, and the absence of tillage caused a decrease in the infiltration rate (Figure 2); as a consequence, erosion occurs at a faster rate, as has been registered in other studies on olive groves [74,75] and studies on woody crops in the Mediterranean areas, e.g., apricots [76], vineyard [77], and citrus [71], under a no tillage system. RUSLE did not show considerably different soil erosion rates between CT0 and CT1, with 9.71 Mg ha$^{-1}$ year$^{-1}$ and 9.82 Mg ha$^{-1}$ year$^{-1}$, respectively. These data show that, in the study area, there was a long period of erosion under CT management (2004–2019) and that the NT + H land management change, rather than reducing erosion values, increased soil losses.

In Andalusian olive groves, the use of the RUSLE and direct measurements have shown contrasting responses. In general, field measurements report lower values of erosion. Rates of soil loss of 12.5 Mg ha$^{-1}$ year$^{-1}$ have been estimated in olive plots in Córdoba (Spain) [78]. In the same province, average soil losses on a heavy clay soil of 8.5, 1.2 and 4.0 t ha$^{-1}$ year$^{-1}$ from NT + H, NT-CC, and CT management systems, respectively, were reported [76]. In Seville, the authors of [79] found the maximum soil loss in CT (19.4 Mg ha$^{-1}$ year$^{-1}$) compared to cover crop management (0.4 Mg ha$^{-1}$ year$^{-1}$), while in Granada province, the authors of [80] associated the highest losses due to no tillage systems with bare soil (17.4 Mg ha$^{-1}$ year$^{-1}$), compared to spontaneous cover (7.1 Mg ha$^{-1}$ year$^{-1}$) and barley sown cover (5.0 Mg ha$^{-1}$ year$^{-1}$). On the other hand, the application of RUSLE methodology tends to overestimate soil losses [81,82], generally by obtaining topographic data through a digital dataset [83]. In this sense, the authors of [84] estimated considerably higher soil losses in the Jaen province at 32 Mg ha$^{-1}$ year$^{-1}$. However, the results obtained in this study with the RUSLE model did not show great differences regarding other research works developed in olive groves under direct measurements.

The inclusion of the NT + CC system in the olive grove plot had a significant impact on estimated soil erosion (2.06 Mg ha$^{-1}$ year$^{-1}$) and showed rates approximately seven and five times lower than in the NT + H and CT plots, respectively. The introduction of vegetation cover in the olive grove alleys combined with NT land management has been demonstrated to be the most effective method to reduce soil erosion rates [61,85–87]. Our results for the soil loss under NT-CC management were close to those measured in [88] in an olive micro-catchment under NT treatment with a spontaneous vegetation cover in vertic soil (1.8 ± 2.3 t ha$^{-1}$ year$^{-1}$) and in [89] with *Hordeum vulgare* L., barley (2.74 t ha$^{-1}$ year$^{-1}$) under semiarid Mediterranean conditions.

On the other hand, although the vegetation coverage in this study was spontaneous grass, the authors of [90,91] describe the benefits in erosion rate control, derived from the use of leguminous and cruciferous cover crops.
4.3. Soil Productivity Index Changes under Analysed Management Practices

Despite unsustainable management and prolonged erosion rates under conventional management systems, there is no vision of danger among many farmers because there is generally no correlation between soil erosion rates and olive yield [15]. However, in the study area, the long-term productivity of olive orchard soils had been significantly reduced. In this way, at the beginning of the research period (2004), the analysed soils presented PI values of 0.31, but after 15 years, the soils showed a PI of 0.19 under CT1, 0.22 in NT + H, and 0.21 in NT + CC. According to these data, under the management practices described in this work, an important PI reduction was found with an annual loss of productivity of 3.2% on average. The main factor in this reduction in soil productivity may be the significant erosion rates observed over the long period in CT and NT + H management. Soil erosion has been detected as the most important reason for soil productivity reduction in olive groves [16] and in other cultivated lands [92,93], although there may be other factors of considerable importance in soil degradation and low productivity, such as compaction, low levels of OM, high clay content, and low AWC, linked to erosive processes that influence the productivity loss of olive grove soils.

The productivity decline of agricultural soils has been identified on several occasions as one of the most important consequences of unsustainable management practices [94,95]. Moreover, the loss of productivity resulting from soil degradation is a global problem of considerable dimension that can compromise the food security objective (SDG 2) of the Sustainable Development Goals (SDGs) of the United Nations or Agenda 2030 [96]. This is under a climate change context, where a reduction in Mediterranean agricultural yields is expected [97], including in olive groves [98–100]. Therefore, adaptation measures are required to ensure the sustainability of the olive sector [17,101–103].

In this sense, the PI value obtained under NT-CC management (0.21) represents an intermediate rate between CT1 and NT + H treatments, but it involved a slight increase and a change in trend after two years of management change from CT. This change in PI dynamics may be related to a reduction in erosion rates due to the increase in vegetation cover. However, since only a short period of time has passed since the implementation of the cover, more control and observation must be carried out in the following years to consider changes in specific soil properties and the response of crops to these factors.

5. Conclusions

After 15 years of land management under CT, the continuous erosion process estimated in this plot caused a decrease in the soil quality, which was demonstrated by a decrease in soil productivity and high soil erosion rates, although CT1 obtained the highest infiltration capacity and maintained similar values to the initial situation (CT0). The management change to NT + H led to increased soil erosion rates, decreased infiltration capacity, and soil productivity. Therefore, these bare soils are vulnerable to erosion and need protection. Consequently, NT-CC seems to be the most suitable option for this purpose as NT-CC considerably reduced erosion rates and increased PI values. However, tillage removal and vegetation cover inclusion in degraded olive grove soils under semiarid conditions resulted in a reduction in infiltration rates, which could cause a decline in soil water availability and thus affect olive crop yields in an area with low rainfall levels. At this point, further studies should be implemented in relation to cover crops and water storage in semiarid environments.

PI was useful in assessing the effect of management practices on soil productivity. In this regard, with the inclusion of NT-CC management, we are facing a trend change in the physical and productive properties of the analysed soils because of the installation of vegetation coverage. However, this possible process of change towards an increase in soil quality and the capacity to provide ecosystem services is an incipient stage (only two years since its installation), so it is necessary to continue evaluating the evolution of this management in the olive grove and to take care of the aspects that may affect the yield of the main crop, such as water storage and competition with the vegetation cover.
The European Green Deal and CAP reform promote sustainable soil management and environmental conditions. Erosion prevention and the maintenance of soil productivity through increased soil cover and lower tillage disturbance are among the most effective practices. Therefore, it is essential that olive groves adapt in a generalized way to these strategies of soil management that aim to mitigate the climate change effects.

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