Insulin-like growth factor 1 receptor-mediated cell survival in hypoxia depends on the promotion of autophagy via suppression of the PI3K/Akt/mTOR signaling pathway

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Abstract. Hypoxia is widely accepted as a fundamental biological phenomenon, which is strongly associated with tissue damage and cell viability under stress conditions. Insulin-like growth factor-1 (IGF-1) is known to protect tissues from multiple types of damage, and protect cells from apoptosis. Hypoxia is a regulatory factor of the IGF system, however the role of the IGF-1 receptor (IGF-1R) in hypoxia-induced apoptosis remains unclear. The present study investigated the potential mechanisms associated with IGF-1R-associated apoptosis under hypoxic conditions. Mouse embryonic fibroblasts exhibiting disruption or overexpression of IGF-1R (R- cells and R+ cells) were used to examine the level of apoptosis, autophagy, and production of reactive oxygen species (ROS). The autophagy inhibitor 3-methyladenine was used to assess the effect of autophagy on ROS production and apoptosis under hypoxic conditions. A potential downstream signaling pathway involving phosphatidylinositol 3-kinase (PI3K)/threonine protein kinase B (Akt)/mammalian target of rapamycin (mTOR) was identified by western blot analysis. The results demonstrated that hypoxia induced apoptosis, increased ROS production, and promoted autophagy in a time-dependent manner relative to that observed under normoxia. R- cells exhibited a lower percentage of apoptotic cells, lower ROS production, and higher levels of autophagy when compared to that of R+ cells. In addition, inhibition of autophagy led to increased ROS production and a higher percentage of apoptotic cells in the two cell types. Furthermore, IGF-1R is related with PI3K/Akt/mTOR signaling pathway and enhanced autophagy-associated protein expression, which was verified following treatment with the PI3K inhibitor LY294002. These results indicated that IGF-1R may increase cell viability under hypoxic conditions by promoting autophagy and scavenging ROS production, which is closed with PI3K/Akt/mTOR signaling pathway.

Introduction

Hypoxia is a fundamental biological phenomenon that is strongly associated with tissue damage and cell viability under stress conditions. It is widely accepted that hypoxic foci are present in the microenvironment during ischemic injuries, including neurological (1), intestinal (2), myocardial (3) and liver (4) damage. These affect mitochondrial respiratory chain functions, mitochondrial enzymes and adenosine triphosphate synthesis (5). In addition, hypoxia develops in normal tissues following radiation exposure and is associated with increased inflammatory corpuscle accumulation and activation, oxidative stress, and profibrogenic cytokine activity, thus contributing to radiation-induced normal tissue injury (6,7). Reactive oxygen species (ROS)-dependent apoptosis via attenuation of mitochondrial function and signaling pathways, has been demonstrated to be a major cause of hypoxia-associated tissue injury (8-11).

Insulin-like growth factor-1 (IGF-1) functions to promote a survival and proliferation in specific tissues by initiating...
signaling cascades following binding to extracellular IGF-1 receptor (IGF-1R), which results in IGF-1 activation and phosphorylation (12). IGF-1R is a member of the tyrosine kinase receptor superfamily, which is involved in the regulation of cell proliferation, differentiation, and survival (12). A previous study demonstrated that IGF-1R is involved in apoptosis induction through the reduction of mitochondrial dysfunction (13). The protective mechanisms associated with IGF-1R involve preservation of the mitochondrial membrane potential and reduction of caspase-3 activity (13). A previous study indicated that IGF-1R in the endothelium maintains the endothelial barrier by stabilizing the vascular endothelial (VE)-protein tyrosine phosphatase/VE-cadherin complex (14). Furthermore, decreased IGF-1R expression impairs endothelial function and increases renal fibrosis, which is associated with kidney disease (14). Similarly, IGF-1R is essential in mediating IGF activity during neuronal cell development. IGF-1R in neuronal cells is critically important for their survival following hypoxic/ischemic (H/I) injury (1). IGF-mediated upregulation of the neuronal cellular inhibitor of apoptosis-1 and X-linked inhibitor of apoptosis protein, contribute to IGF/IGF-1R protection against neuronal apoptosis following H/I injury (1). In addition, IGF/IGF-1R have been demonstrated to protect against intestinal and cardiomyocyte ischemic-reperfusion (I/R) injury (2,3).

Hypoxia is one of the factors involved in the regulation of the IGF system (15,16). IGF-1R expression and concentration are altered when cells, such as human hepatocytes and growth neuronal cones, are exposed to hypoxic conditions (15,16). Additionally, IGF-1/IGF-1R protect cultured human cells against a variety of injuries, such as oxidative stress and hypoxia, through the activation of associated proteins including nuclear factor-xB and cyclic adenosine monophosphate-response element binding protein (17-19). However, the mechanisms associated with its anti-apoptotic effects remains unknown. The present study demonstrates an association between IGF-1R and the phosphatidylinositol 3-kinase (PI3K)/threonine protein kinase B (Akt)/mammalian target of rapamycin mTOR signaling pathway and autophagy. In addition, these results provide evidence supporting the protective role of IGF-1R against oxidative stress under hypoxic conditions.

Materials and methods

**Cell lines and reagents.** R- and R+ cells were a gift from Dr. Yu Dong (Soochow University, Suzhou, China). R cells were fibroblast cell lines derived from mouse embryos with targeted disruption of the IGF-1R genes (20). R- cells were derived from R+ cells following co-transfection with a human IGF-1R expression plasmid and a pLHL4 plasmid carrying the hygromycin resistance gene (20,21). All cells were cultured in Dulbecco's modified Eagle's medium (Biowest, Nuillé, France) supplemented with 1% penicillin/streptomycin (P0781; Sigma-Aldrich; Merck Millipore, Darmstadt, Germany) and 10% fetal bovine serum (Biowest) in a free-gas exchange chamber with atmospheric air at 37°C. Hypoxia treatment (24 or 48 h) was performed in a tri-gas incubator (YCP-50S; Huaxi Electronic Technology Co., Ltd., Hunan, China) at 37°C, 5% CO₂, 93% N₂, and 2% O₂. The PI3K inhibitor LY294002 (Sigma-Aldrich; Merck Millipore) was used for 24 h at 10 µM. The autophagy inhibitor 3-methyladenine (3MA; M9281-100MG; Sigma-Aldrich; Merck Millipore) was used at a concentration of 5 µM for 24 h.

**RNA isolation and quantitative polymerase chain reaction (qPCR).** R- and R+ cells were grown to a number of 10⁷ and then digested with trypsin. The total RNA was isolated using a High Pure RNA Isolation kit (RNAprep Pure; Tiangen Biotech Co., Ltd., Beijing, China) and to eliminate genomic DNA contamination with with DNase I (Tiangen Biotech Co., Ltd.) according to the manufacturer's instructions. Total RNA (500 ng) was used as a template for reverse transcription reactions using the PrimeScript RT Reagent kit (Perfect Real Time; Takara Biotechnology Co., Ltd., Dalian, China), followed by qPCR analysis. The PCR procedures were performed as follows: Predenaturing at 95°C for 5 min followed by 40 cycles of amplifications by denaturing at 95°C for 15 sec, annealing for 30 sec at 64°C for IGF-1R and 60°C for GAPDH, then extension at 72°C for 30 sec, followed by a final extension step at 72°C for 10 min. Relative expression of target genes was analyzed by the ∆∆Cq method (22). GAPDH was used as an internal control. The following primers were used for quantitative PCR: IGF-1R sense, 5'-TAA ACT ACC CTT TCG TGC ATC-3', and antisense, 5'-CTC TCT CAC ACA TCAG GGT TCT CCT-3'; GAPDH, sense, 5'-TGA AGG TCG GTG TGA ACG GAT TTG G-3', and antisense, 5'-AAC ATC ACT CAG ACAC CGG CCT AAC-3'; IGF-1R expression was evaluated using the LightCycler 480 SYBR Green I Master kit (Roche Diagnostics, Basel, Switzerland).

**Western blotting.** Cells were grown to a number of 10⁷ and were lysed with radioimmunoprecipitation assay lysis buffer (Roche Diagnostics) and total protein was quantified using the Pierce BCA Protein assay kit (Thermo Fisher Scientific, Inc., Waltham, MA, USA) according to the manufacturer's instructions. Equal quantities of protein (20 µg) were separated using SDS-PAGE on a 10% (w/v) polyacrylamide gel, then were electrotransferred onto a BioTrace NC Membrane (Pall Life Sciences, Port Washington, NY, USA). Blots on NC membrane were blocked for 1 h with blocking buffer consisting of 5% (w/v) bovine serum albumin (Biowest) and 0.1% (v/v) Tween 20 (Sigma-Aldrich; Merck Millipore) in phosphate-buffered saline (PBS; HyClone; GE Healthcare Life Sciences, Logan, UT, USA). The antibodies used for western blotting were as follows: PI3K-110 (#4252S; 1:1,000; Cell Signaling Technology, Inc., Danvers, MA, USA), phosphorylated (p)-Akt/Akt (#14293/#12178; 1:1,000; Cell Signaling Technology, Inc.), p-mTOR/mTOR (#5536S/#2983S; 1:1,000; Cell Signaling Technology, Inc.), and autophagy marker light chain 3 (M186-3; LC3; 1:1,000; Medical and Biological Laboratories Co., Ltd., Nagoya, Japan) and β-actin (#12620; 1:1,000; Cell Signaling Technology, Inc.). Primary antibodies were incubated overnight at 4°C, followed by incubation with horseradish peroxidase-conjugated secondary anti-rabbit (AP187R; 1:10,000; EMD Millipore, Billerica, MA, USA) or anti-mouse IgG antibodies (GTX26709; 1:10,000; GeneTex, Inc., Irvine, CA, USA) for 1 h at 37°C. Protein bands were detected using the ECL Blotting Detection Reagent (Thermo Fisher Scientific, Inc.), and images were quantified using the Chemioscope Mini system (Bioshine, Shanghai, China).
Autophagy detection. Cells were grown to a number of 10^7, digested and washed twice with PBS (pH 7.4; HyClone; Thermo Fisher Scientific, Inc.), centrifuged at 175 x g for 5 min at 37°C, and resuspended in a PBS. The autophagosomes were marked and stained using the Cyto-ID Autophagy Detection kit (Enzo Biochem, Inc., New York, NY, USA) and photographed using a fluorescence microscope (Nikon Corporation, Tokyo, Japan). Fluorescence intensity was detected by flow cytometry (FC 500 MPL; Beckman Coulter, Inc., Brea, CA, USA).

Apoptosis detection. Cells were grown to a number of 10^7, digested with trypsin and washed twice with PBS (pH 7.4; HyClone; GE Healthcare Life Sciences), centrifuged at 112 x g for 5 min at 37°C, and resuspended in PBS. Cells were stained using the Annexin V-Fluorescein Isothiocyanate Apoptosis Detection kit (BD Biosciences, Franklin Lakes, NJ, USA), and propidium iodide (BD Biosciences) according to the manufacturer's instructions. The apoptosis was analyzed using flow cytometry (FC 500 MPL; Beckman Coulter, Inc.).

ROS-generation assay. The intracellular ROS production levels were determined using a spectrophotometric method, H2DCFDA (Beyotime Institute of Biotechnology, Haimen, China) assay. R^+^ and R^-^ cells were grown to a number of 10^7 and exposed to hypoxic conditions for 24 and 48 h. Cells were then incubated with DCHF-DA (20 mM) for 20 min at 37°C in a dark room. Subsequently, the cells were harvested in a trypsin-EDTA acid solution. Cell suspensions were centrifuged at 175 x g for 5 min at 37°C, then the supernatant was removed. The intensity of DCHF-DA fluorescence was measured and calculated by flow cytometry analysis (FC 500 MPL; Beckman Coulter, Inc.).

Statistical analysis. All experiments were performed in triplicate. Data were expressed as the mean ± standard deviation. Statistical analysis was performed using the paired Student's t-test with SPSS software, version 22.0 (IBM SPSS, Armonk, NY, USA) considering the variances unequal. p<0.05 was considered to indicate a statistically significant difference.

Results

Effect of IGF-1R on hypoxia-induced apoptosis. R^+^ cells exhibited significantly higher levels of mRNA expression compared with that of R^-^ cells (Fig. 1). Following treatment of hypoxia for 24 or 48 h, R^+^ cells and R^-^ cells all exhibited increased apoptotic ratios compared with that of normoxic treatment, respectively. Further analysis showed hypoxia induced more apoptosis in R^-^ cells compared with R^+^ cells under hypoxic conditions (Fig. 2).

Effects of IGF-1R on hypoxia-induced ROS production. To investigate whether IGF-1R alters cellular ROS levels under hypoxic conditions, ROS production in R^-^ and R^+^ cells under hypoxic conditions for 24 and 48 h was examined. As shown in Fig. 3, ROS production levels in R^-^ and R^+^ cells was increased significantly under hypoxic conditions compared with those under normoxic conditions. Additionally, R^-^ cells produced significantly lower ROS levels under hypoxic conditions.

Under hypoxic conditions, the ROS levels were significantly higher in R^-^ cells than in R^+^ cells (Fig. 3).

Effects of IGF-1R on hypoxia-induced autophagy. As presented in Fig. 4, hypoxia increased the presence of autophagosome in all R^-^ and R^+^ cells compared with that of normoxic treatment. In addition, R^-^ cells exhibited higher levels of autophagy when compared with R^-^ cells under normoxic and hypoxic conditions, which suggests that IGF-1R may promote autophagy.

Role of cell autophagy in ROS production and apoptosis under hypoxic conditions. ROS production and apoptosis were higher in R^-^ cells compared with those in R^+^ cells. Further investigation indicated that ROS production and apoptosis were increased after autophagy inhibition (3MA) treatment in all R^-^ cells and R^-^ cells compared with those without autophagy inhibition (3MA) treatment (Fig. 5). These suggested that autophagy may serve a protective role from ROS production and apoptosis.

Role of the PI3K/Akt/mTOR signaling pathway in IGF-1R-induced autophagy under hypoxic conditions. As shown in Fig. 6, the R^-^ cells displayed lower expression levels of PI3K-110 and mTOR, and higher expression of LC3-II under normoxic and hypoxic conditions relative to R^+^ cells. Further study indicated that p-AKT was decreased in R^-^ cells compared with that of R^-^ cells under normoxic conditions, however, was increased significantly in R^-^ cells following hypoxia treatment. When treated with the PI3K/Akt/mTOR inhibitor LY294002, R^-^ and R^+^ cells displayed lower levels of PI3K/p-Akt/p-mTOR and high LC3-II expression. These results indicated that the PI3K/Akt/mTOR signaling pathway may be involved in autophagy under normoxic and hypoxic conditions, which may be closely associated with IGF-1R.

Discussion

Hypoxia is a toxic factor that induces cell death through mitochondrial dysfunction, which is primarily caused by the production of ROS under hypoxic conditions (23,24). Various pathological conditions, including myocardial I/R, stroke, cancer and irradiation, lead to tissue hypoxia, which alter
Figure 2. Effects of IGF-1R on hypoxia-induced apoptosis in R- and R+ cells. (A) Representative pictures of apoptosis using flow cytometry analysis. (B) Quantification of the results apoptosis ratio. Data are presented as the mean ± standard deviation of three independent experiments for each time point. Three independent images per time point were analyzed. *P<0.05. IGF-1R, insulin-like growth factor 1 receptor; PI, propidium iodide; FITC, fluorescein isothiocyanate; R- cells, mouse embryonic fibroblasts with targeted disruption of IGF-1R; R+ cells, mouse embryonic fibroblasts overexpressing IGF-1R.

Figure 3. Effects of IGF-1R on hypoxia-induced ROS production in R- and R+ cells. (A) The ratio of fluorescence intensity of ROS production has been shown (ROS production of R+ cells under normoxic condition as the baseline). Cells were exposed to normoxic treatment (21% O2, 24 h) or hypoxic treatment (2% O2, 24 and 48 h). (B) Three independent experiments for each time point were analyzed. *P<0.05. IGF-1R, insulin-like growth factor 1 receptor; ROS, reactive oxygen species; FL1-H, relative fluorescence intensity (height); NC, normoxic conditions; R- cells, mouse embryonic fibroblasts with targeted disruption of IGF-1R; R+ cells, mouse embryonic fibroblasts overexpressing IGF-1R.
biological characteristics, including the production of ROS, autophagy and apoptosis. The results of the present study, demonstrated that low concentrations of oxygen induce ROS production and apoptosis in mouse embryonic fibroblasts. In addition, overexpression of IGF-1R may serve a protective role in cell death under hypoxic conditions through altering autophagy levels and ROS production.

The role of IGF-1R has received extensive attention due to its protective role in the neuronal system. It protects neural cells from loss and infarcted volume, and increases glial proliferation in the brain in a cerebral ischemia model (25-28). In addition, it serves a role in protecting against renal fibrosis-associated kidney disease, intestinal I/R injury and myocardial ischemia (2,3,14). Autophagy is an intracellular lysosomal degradation process that maintains cellular homeostasis via the degradation and recycling of long-lived proteins and intracellular aggregates as well as damaged organelles, in order to generate small reusable molecules (29,30). It is essential for the promotion of cell survival in stress conditions, such as starvation, oxidative stress, and hypoxia; however, unregulated autophagy induces progressive consumption of cellular contents and results in autophagic cell death (31). Autophagy serves a protective role in cell survival in cells through the reduction of ROS. Inhibition of autophagy through chloroquine administration, or via prevention of K63 ubiquitination increases the formation of ROS (32,33). Hypoxia is a known inducer of
autophagy (34). The present study demonstrated that the induction of autophagy and ROS production under hypoxic conditions, and autophagy inhibition by 3MA, led to a higher level of ROS production and cell apoptosis in R² and R cells, which is in agreement with a previous study (35).

The signaling pathways involved in the progression of autophagy are complex, and the PI3K/Akt/mTOR pathway has been widely studied (36,37). The anti-apoptotic effects of IGF-1 are mediated by IGF-1R, together with the subsequent activation of PI3K/Akt/mTOR and other signaling pathways (38). However, the role of IGF-1 in autophagy remains unknown. An inhibitory effect of IGF-1 on autophagy has been observed in rat cardiomyocytes (39), human fibroblasts (40), and vascular cells from patients with atherosclerotic lesions (41). These effects are associated with rescuing mitochondrial metabolism and controlling the potentially harmful autophagic response. By contrast, IGF-1 promotes autophagy in H9c2 cell lines (42), HeLa cells (43) and Purkinje neurons (44). The depletion of IGF-1R inhibits mTORC2 and reduces the activation of protein kinase C, which decreases the rate of clathrin-dependent endocytosis and impacts autophagosome-precuror formation (43). Furthermore, IGF-1 prevents the accumulation of autophagic vesicles and cell death by increasing the rate of autophagosome-to-lysosome fusion and degradation, thereby contributing to cell survival (44).

The current study investigated the effects of the IGF-1/PI3K/Akt/mTOR signaling pathway in the progression of autophagy in mouse embryonic fibroblasts. The results indicated that IGF-1R-overexpressing cells exhibit lower expression of PI3K, p-Akt, p-mTOR/mTOR and higher expression levels of LC3-I under normoxic and hypoxic conditions. When treated with the PI3K/Akt/mTOR inhibitor LY294002, these cell types exhibited lower PI3K/Akt/mTOR signaling activation and higher autophagy levels, which indicated that IGF-1R-induced cell survival during hypoxia, which may be dependent on autophagy inhibition by suppressing the PI3K/Akt/mTOR-signaling pathway.

The present study demonstrated that overexpression of IGF-1R is correlated with reduced ROS production, increased autophagy and cell viability under hypoxic conditions. It is possible that, binding of IGF-1 to IGF-1R suppressed the PI3K/Akt/mTOR signaling pathway, which promoted autophagy and scavenging of redundant cellular ROS during hypoxia. These results reveal novel mechanisms for IGF-1R-associated cell survival, which may be good to know I/R- and H/I-associated hypoxia-aggravated normal tissue injury well.

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