Breaking of Goldstone modes in two component Bose-Einstein condensate

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We study the decay rate $\Gamma(k)$ of density excitations of two-component Bose-Einstein condensates at zero temperature. Those excitations, where the two components oscillate in phase, include the Goldstone mode resulting from condensation. While within Bogoliubov approximation the density sector and the spin (out-of-phase) sector are independent, they couple at the three-phonon level. For a Bose-Bose mixture we find that the Belyaev decay is slightly modified due to the coupling with the gapless spin mode. At the phase separation point the decay rate changes instead from the standard $k^3$ to a $k^{3/2}$ behaviour due to the parabolic nature of the spin mode. In presence of coherent coupling between the two components the spin sector is gapped and, away from the ferromagnetic-like phase transition point, the decay of density mode is not affected. On the other hand at the transition point, when the spin fluctuations become critical, the Goldstone mode is not well defined anymore since $\Gamma(k) \propto k$. As a consequence, we show that the friction induced by a moving impurity is enhanced – a feature which could be experimentally tested. Our results apply to every non-linear 2-component quantum hydrodynamic Hamiltonian which is time-reversal invariant, and possesses an $U(1) \times \mathbb{Z}_2$ symmetry.

I. INTRODUCTION

The existence of Goldstone modes $^{[1]}$, i.e. gapless collective excitations, has crucial consequences on the thermodynamics and dynamics of systems with spontaneously broken continuous symmetries. While expected to be genericly present in such systems, they can actually disappear in some specific situations. The most famous is the Anderson-Higgs mechanism $^{[2,3]}$, known in the relativistic context where for instance a scalar Higgs field gives a finite mass to the W- and Z-Bosons in electroweak theory, i.e. three out of the four Goldstone modes associated with the four generators of $U(1) \times SU(2)$ become massive. This effect can be understood as due to the long-range interactions and is present also in non-relativistic systems like superconductors $^{[4]}$ - where the phase mode characterising cooper-pair condensation disappears and the photons become massive - or jellium $^{[5]}$ - where the Wigner crystal loses one of the three goldstone modes corresponding to translational symmetry breaking.

Here we introduce a new scenario for the breaking of the Goldstone modes, where the latter do not become massive but rather acquire a fast decay channel making them not well defined excitations. This happens due to the coupling of the Goldstone modes with further gapless collective modes into which they can decay, the latter appearing due to the spontaneous breaking of a further discrete symmetry. This mechanism carries analogies with the one predicted for systems possessing a Fermi surface $^{[6]}$, the latter indeed showing gapless single-particle excitations into which the Goldstone modes can decay.

Our system consists of a two-component weakly-interacting Bose-Einstein condensate (BEC) whose internal levels are coherently driven by an external electro-magnetic field. The system shows both density (in-phase) and spin (out-of-phase) collective excitations $^{[7-10]}$. The former are the $U(1)$ gapless phonons characterising the condensation, while the latter are gapped and they become gapless at a ferromagnetic critical point for the spontaneous breaking of the $\mathbb{Z}_2$ symmetry corresponding to the exchange of the two components. The vanishing of the gap makes the density modes decay into two spin modes with a rate of the same order of their energy, i.e. the density modes become not well defined excitations. This implies for instance that a moving impurity would generate an enhanced friction, which we compute analytically.

Our results are more general than the two-component BEC studied here. They would namely apply to any non-linear quantum hydrodynamic time-reversal-invariant Hamiltonian which couples density and spin, possessing an $U(1) \times \mathbb{Z}_2$ symmetry.

We also consider the case without the interconversion term, also known as a Bose-Bose mixture, which poses a $U(1) \times U(1) \times \mathbb{Z}_2$ symmetry. Both the density and the spin excitations are gapless and linear. The system phase separates when the spin compressibility (susceptibility) diverges. Although enhanced the decay rate of density modes scales, in this case, at a slower rate than their energy.

II. MODEL

We consider an atomic Bose gas at zero temperature, whose atoms of mass $m$ have two internal levels $|a\rangle$ and $|b\rangle$. The latter are typically magnetically trappable hyperfine levels. An external field is applied that couples the $|a\rangle$ to the $|b\rangle$ state via usually a two-photon tran-
sition, characterised by a Rabi splitting Ω that we take real and positive. The atoms interact via short range interactions described by the strengths, \( g_{aa}, g_{bb} \) and \( g_{ab} \) corresponding to the intra- and the inter-species collisions, respectively. Introducing the fields \( \psi_j \), with \( j = a, b \) the microscopic Hamiltonian can be written as

\[
H = \int d\mathbf{r} \left[ \sum_{j=a,b} \frac{\hbar^2}{2m} \left| \nabla \psi_j \right|^2 + \sum_{i,j} g_{ij} \psi_i^\dagger \psi_j \phi_i \psi_j \right] + \int d\mathbf{r} \frac{\hbar \Omega}{2} (\psi_a^\dagger \psi_b + \psi_b^\dagger \psi_a).
\] (1)

The system has an \( U(1) \) symmetry for \( \Omega \neq 0 \), corresponding to the total atom number being conserved, and an \( U(1) \times U(1) \) symmetry for \( \Omega = 0 \), corresponding to both total and relative particle numbers being conserved. At \( T = 0 \) the system is a Bose-Einstein condensate (BEC) described by the complex spinor order parameter \( (\Psi_a, \Psi_b) \), where \( \Psi_j, j \in \{a, b\} \) is the wave function macroscopically occupied by atoms in the internal state \( j \). For the sake of clarity we consider \( g_{aa} = g_{bb} \equiv g \) in which case the system possess a further \( \mathbb{Z}_2 \) symmetry, corresponding to the exchange of the two components.

Introducing the amplitude and phase representation \( \Psi_j = \sqrt{n_j} \exp(i \phi_j) \) the mean-field energy functional reads

\[
E_{MF} = \sum_{j=a,b} \int d\mathbf{r} \left( \frac{\hbar^2}{2m} \left| \nabla n_j \right|^2 + \frac{\hbar^2 n_j}{2m} \left| \nabla \phi_j \right|^2 + \frac{1}{2} g n_j^2 \right) + \int d\mathbf{r} \left( g_{ab} n_a n_b + \hbar \Omega \sqrt{n_a n_b} \cos(\phi_a - \phi_b) \right).
\] (2)

The ground state of the system is homogeneous with a fixed relative phase \( \phi_a^0 - \phi_b^0 = \pi \) – due to the last term in Eq. (2) – and, as already mentioned, can be either an unpolarised paramagnetic phase with \( n_{ab}^0 = n_{ab}^0 = n \) or a partially polarised ferromagnetic phase \( n_{ab}^p \neq n_{ab}^p \), which breaks the \( \mathbb{Z}_2 \) symmetry. The transition between the two phases is second order and occurs for \( \hbar \Omega = \hbar \Omega_c = (g_{ab} - g)n \) (see, e.g., Ref. [11] and reference therein). The phase transition between the unpolarised and polarised phase has been experimentally observed in Ref. [12]. A sketch of the phase diagram is reported in Fig. 1 where the singular nature of the \( \Omega = 0 \) ferromagnetic transition is also put in evidence.

Above the ground state coherently coupled two-component Bose gases have two excitations branches: a gapless density or in-phase mode, which is the Goldstone mode related to the symmetry \( U(1) \), and a gapped spin or out-of-phase mode, which becomes gapless at zero momentum at the ferromagnetic transition point.

We derive the known results within a quantum hydrodynamic formalism for the paramagnetic phase in order to fix the notation we need in the rest of the paper. We introduce the fluctuation fields \( \Pi_j \) and \( \phi_j, j = a, b \) for the amplitude and phase, respectively, and their in-phase (density) \( \Pi_d = (\Pi_a + \Pi_b)/2 \), \( \phi_d = \phi_a + \phi_b \) and out-of-phase (spin) \( \Pi_s = (\Pi_a - \Pi_b)/2 \), \( \phi_s = \phi_a - \phi_b \) linear combinations.

In this way, the non-linear quantum hydrodynamic Hamiltonian obtained by expanding the Hamiltonian Eq. (2) to quadratic order in the fluctuation fields decomposes in two sectors \( H^{(2)} = H_d^{(2)} + H_s^{(2)} \), where

\[
H_d^{(2)} = \int d\mathbf{r} \left[ \frac{\hbar^2}{4m} \left| \nabla \Pi_d \right|^2 + g_d \Pi_d^2 + \frac{\hbar^2 n_d}{4m} \left| \nabla \phi_d \right|^2 \right], \quad H_s^{(2)} = \int d\mathbf{r} \left[ \frac{\hbar^2}{4m} \left| \nabla \Pi_s \right|^2 + g_s \Pi_s^2 + \frac{\hbar^2 n_s}{4m} \left| \nabla \phi_s \right|^2 + \frac{\hbar \Omega n}{2} \phi_s^2 \right]
\] (3)

In the above equations we introduced the coupling constants \( g_d = g + g_{ab} \) and \( g_s(\Omega) = g - g_{ab} + \hbar \Omega/2n \). The quadratic Hamiltonian Eq. (4) can be easily diagonalised by introducing the annihilation (creation) operators for the density \( d_k \) (\( d_k^\dagger \)) and spin mode \( s_k \) (\( s_k^\dagger \)) at momentum \( k \) as

\[
\Pi_a(\mathbf{r}) = \sqrt{n} \sum_k U_{a,k} (\alpha_k e^{i k \mathbf{r}} + \alpha_k^\dagger e^{-i k \mathbf{r}}), \quad \Pi_b(\mathbf{r}) = \sqrt{n} \sum_k U_{b,k} (\alpha_k e^{i k \mathbf{r}} + \alpha_k^\dagger e^{-i k \mathbf{r}}),
\]

(5)\
\[
\phi_a(\mathbf{r}) = i \sqrt{\frac{n}{2}} \sum_k U_{a,k}^{-1} (\alpha_k e^{i k \mathbf{r}} - \alpha_k^\dagger e^{-i k \mathbf{r}}), \quad \phi_b(\mathbf{r}) = i \sqrt{\frac{n}{2}} \sum_k U_{b,k}^{-1} (\alpha_k e^{i k \mathbf{r}} - \alpha_k^\dagger e^{-i k \mathbf{r}}),
\]

(6)\

with \( \alpha = d, s \) and where we defined (see also Ref. [10] for the most general case \( g_a \neq g_b \))

\[
U_{d,k} = \left( \frac{k^2}{k^2 + 4m g_d n} \right)^{\frac{1}{4}} U_{s,k} = \left( \frac{k^2 + 2m \hbar \Omega}{k^2 + 4m g_s n} \right)^{\frac{1}{4}}.
\] (7)
The density and spin Hamiltonians now simply read

$$H_d^{(2)} = \sum_k \omega_d^k d_k^d d_k, \quad \omega_d^k = \sqrt{\frac{\hbar^2 k^2}{2m} \left( \frac{\hbar^2 k^2}{2m} + 2g_d n \right)}$$

$$H_s^{(2)} = \sum_k \omega_s^k s_k^s \omega_s^k = \sqrt{\left( \frac{\hbar^2 k^2}{2m} + 2\hbar\Omega \right) \left( \frac{\hbar^2 k^2}{2m} + 2g_s n \right)}$$

Therefore, while the density mode is gapless and linear at small momenta, the spin mode has a gap $\Delta_s = 2\sqrt{\hbar\Omega g_d n}$.

From the previous analysis the difference between a mixture, $\Omega = 0$, and the case $\Omega \neq 0$ is very clear. For $\Omega = 0$ the density and the spin sector behave in the same way. The spectra are both gapless and the low momentum excitations are phase-like, as it has to be for Goldstone modes of the $U(1) \times U(1)$ broken symmetries. The stiffnesses of the density and the spin modes are related to $g_d = g + g_{ab}$, $g_s(0) = g - g_{ab}$. On the verge of phase separation, i.e., $g_s(0) = 0$, the spin mode becomes quadratic at low momenta and it acquires an amplitude contribution, being now both the relative phase and the relative amplitude fluctuations finite at low momenta.

On the other hand for $\Omega \neq 0$ at the transition point, $g_s(\Omega_c) = 0$, the gap closes, the low energy spin-mode is linear and dominated by relative amplitude fluctuations $\Pi_s$ as it is clear already from Eq. (1). The latter become critical since the instability is due to the system breaking $Z_2$ and building a finite polarisation.

III. BELYAEV DECAY FOR TWO-COMPONENT BOSE GAS

At the Bogoliubov level the modes are well defined. Finite lifetime comes by including higher order terms which represent interaction among various modes. In particular, the third order term represents the so-called Belyaev decay of one excitation into two new excitations and is the dominant process at low temperatures. In a single component weakly interacting Bose gas the decay rate $\Gamma$ of phonons at low momentum $k$ is very small $\Gamma(k) \propto k^5$ (see also Table I).

In the case of a 2-component Bose gas further decay processes are in principle possible since, e.g., a density mode can decay into two spin modes. At the phase transition point the spin modes change their character. We show in the following that this leads to a strong enhancement of the Belyaev decay rate. In particular, we anticipate here (see also Table I) that the Goldstone mode is still well defined for a mixture $\Omega = 0$ with a decay rate which scales like $k^{5/2}$, while for $\Omega \neq 0$ the Goldstone mode is not properly defined, since the decay rate scale like its energy, i.e., $\Gamma(k) \propto k$.

![FIG. 2. Possible three mode vertices](image)

A. Symmetries and the general structure of the three-mode vertices

To obtain the vertices of the possible decay processes we have to expand Eq. (2) to third order. The number of non-zero terms is pretty small due to the symmetries of the system. In the paramagnetic phase due to the $Z_2$ symmetry all the terms with an odd number of spin fields have to be zero. Therefore, the density mode can decay either in (i) two density modes or in (ii) two spin modes, as schematically represented in Fig. (2). Moreover, due to the total density $U(1)$ symmetry the process (i) can occur only via $\Pi_d \nabla \Pi_d \Pi_s \nabla \phi_s$ and $\Pi_d \nabla \phi_d \Pi_s \nabla \phi_s$, which lead to the standard Belyaev decay. The possible terms related to process (ii) are $\Pi_d \nabla \phi_d \Pi_s \nabla \phi_s$ for $\Omega = 0$, while also the terms $\Pi_d \Pi_s^2$ and $\Pi_d \phi_d^2$ are present for $\Omega \neq 0$. For instance, the term $\Pi_d \Pi_s^2$ gives rise to the following vertex:

$$- \frac{\Omega}{2\hbar^2} U_d U_s U_{d,q} U_{s,q}$$

As we show below, such a vertex is responsible for the breaking of the Goldstone mode at the critical point for the ferromagnetic-like transition.

B. Results

The decay rate is given by the imaginary part of the self-energy for the density mode. We calculate the self-energy at the one-loop level, which coincides with a Fermi’s golden rule calculation. The general expression for one of the above mentioned process reads

$$\Gamma(k) = \frac{P_{MV}}{(2\pi)^2} \int d^3q |V_{k,q,k-q}|^2 \delta(\omega_d^d - \omega_s^s - \omega_s^{k-q})$$

where $V$ is the vertex of the process and $P_{MV}$ the number of possible equivalent diagrams.
making the Goldstone mode a not well defined excitation.

The decay rate of the density excitations can be measured having access to the dynamic structure factor $S(k,\omega)$. In the field of cold gases an accurate measurement of $S(k,\omega)$ is difficult. The measurement is based on Bragg spectroscopy and it has been used mainly to extract the resonance energies \cite{14,15}. However recently a new promising method has been demonstrated by coupling the gas with the mode of an high-finesse cavity \cite{16}.

An indirect effect of the short lifetime of the phonons is instead the response of the system to a local density perturbation as we describe in the following section.

IV. FORCE ON AN IMPURITY - FRICTION

Landau theory of superfluidity leads to the existence of a finite critical velocity below which the flow is dissipationless. A moving object weakly interacting with the fluid feels a friction force only if its speed is larger than the Landau critical velocity. For homogeneous ultra-cold gases the situation is quite clear and the critical velocity is due to Cherenkov phonon emission \cite{17}. If phonons have a finite life-time a friction force is present for any speed of the moving impurity.

The dissipation of energy due to a time-dependent potential can be generally written in terms of the dynamic structure factor $S(k,\omega)$ as

$$\dot{E} = -\int \frac{d\mathbf{k}}{(2\pi)^3} \int_0^\infty \frac{d\omega}{2\pi} \omega S(k,\omega)|W(k,\omega)|^2,$$  \hspace{1cm} (14)

where $W(k,\omega)$ is the Fourier transform of the external perturbation. Considering a delta-like infinite mass impurity moving at a constant speed $V$, we can write $W(r,t) = \lambda \delta(r - Vt)$ where $\lambda$ is the coupling between the impurity and the gas, which leads to $W(q,\omega) = 2\pi \lambda \delta(\omega - q \cdot V)$.

Accounting for the finite phonon lifetime $\Gamma(k)$ at the on-shell level corresponds in writing the dynamic structure factor as

$$S(k,\omega) = n|U_d(k)|^2 \frac{\Gamma(k)}{(\omega - \omega_d^2 + \Gamma(k))^2}. \hspace{1cm} (15)$$

Therefore, the expression for dissipated energy per unit time reads

$$P = \frac{2\pi}{h^2} \int \frac{dk}{(2\pi)^3} n|U_d(k)|^2 \frac{\Gamma(k)}{(k \cdot V - \omega_d^2 + \Gamma(k))^2} k \cdot V. \hspace{1cm} (16)$$

Considering that at low speed $|V|$ the most relevant contribution comes from momenta $k < k \ll 1/\xi_d$ with $\xi_d = \hbar/m c_d$ the density healing length, we find that the dissipated energy depends quadratically on the speed of the impurity and scale very differently far from the transition and at the transition point, namely

$$P = -\frac{\lambda^2}{12\pi^2 \xi_d^6} \left(\frac{V}{\xi_d}\right)^2 \left\{ \begin{array}{ll} \frac{3}{160} (k \xi_d)^8, & \Omega > \Omega_c \\ \frac{(c_s c_d)^4}{(c_s^4 + c_d^4)^2} (k \xi_d)^4, & \Omega = \Omega_c \\ \end{array} \right\} \hspace{1cm} (17)$$
This strongly enhanced energy dissipation via a moving obstacle close to the transition might offer a practicable means of experimentally testing our predictions [15].

More generally at the qualitative level the strong coupling between the density and the spin mode approaching the ferromagnetic phase transition point should be reflected in a sudden emission of spin waves by exciting a density modulation in the gas.

V. CONCLUSION

In conclusion, we have shown that two-component Bose gases present an interesting scenario for the breaking of Goldstone modes. If the system has a $U(1) \times Z_2$ symmetry, the Goldstone mode related to the breaking of the global phase symmetry $U(1)$ in the condensed phase becomes not well defined at the critical point for the breaking the discrete symmetry $Z_2$. When the system has instead a $U(1) \times U(1) \times Z_2$ symmetry, the Goldstone mode related to the global phase (density mode) is strongly affected at the $Z_2$ transition point, but still well defined in the limit of large wave lengths. Although sometimes put on the same footing our results show even more that 2-component Bose-Einstein condensate with and without interconversion term are very different.

Let us here mention that our analysis can be extended to two and one dimensional systems, at least at the level of an effective low energy theory for mode coupling. The results are sketched in Table I. For a two dimensional gas a Belyaev analysis can be carried out without any problem. For the density channel far for any instabilities the leading contribution is the same as for a single component Bose gas and it is proportional to $k^3$ (see, e.g., Ref. [19]). For a mixture, i.e., $\Omega = 0$, the decay rate at the phase separation point is bigger being proportional to $k^3$, but still the phonons are well defined. Instead for $\Omega \neq 0$ at the ferromagnetic transition point one has a constant contribution at low momenta within Fermi’s golden rule.

For a one dimensional gas some remarks are due. First of all, the single component Bose gas is properly described by a Lieb-Liniger model. The system is integrable and therefore the modes do not decay. Our system is instead not integrable and therefore the density modes even far from any instability should have a finite life-time due to three density phonon processes. However the simple one-loop approximation failed in this case since energy and momentum conservation coincide. It was indeed first recognised by Andreev[20] and extended in the context of Luttinger liquid theory by Samokhin[21], that a more accurate analysis is required which leads to a decay rate proportional to $k^3$ (for a recent discussion see Ref. [19]).

On the other hand, for the decay of a density mode in two spin modes, the energy and the momentum conservation are distinct and therefore we can rely again on the one-loop analysis. We find that for a mixtures at the phase separation point the density mode decays as $k^{3/2}$, while it decays as $1/k$ at the ferromagnetic transition point when the interconversion term is present. Although, as it is clear from the above discussion, in two and one dimension the perturbative analysis is not valid, it indicates, as expected, an increasingly strong effect in reduced dimensions on the density mode due to strong fluctuations of the spin density mode at criticality.

Importantly, the effects here presented can be experimentally studied within present technology using trapped ultra-cold Bose gases with two hyperfine levels. The system has been indeed realised for the first time experimentally many years ago in the context of atom optics [22, 23], while the ferromagnetic-like transition has been more recently addressed in [12, 24]. The main qualitative signature being the emission of spin waves by perturbing the system via a density probe.

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