Implementation of a National Reference Laboratory for Buruli Ulcer Disease in Togo

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Abstract

Background: In a previous study PCR analysis of clinical samples from suspected cases of Buruli ulcer disease (BUD) from Togo and external quality assurance (EQA) for local microscopy were conducted at an external reference laboratory in Germany. The relatively poor performance of local microscopy as well as effort and time associated with shipment of PCR samples necessitated the implementation of stringent EQA measures and availability of local laboratory capacity. This study describes the approach to implementation of a national BUD reference laboratory in Togo.

Methodology: Large scale outreach activities accompanied by regular training programs for health care professionals were conducted in the regions “Maritime” and “Central,” standard operating procedures defined all processes in participating laboratories (regional, national and external reference laboratories) as well as the interaction between laboratories and partners in the field. Microscopy was conducted at regional level and slides were subjected to EQA at national and external reference laboratories. For PCR analysis, sample pairs were collected and subjected to a dry-reagent-based IS2404-PCR (DRB-PCR) at national level and standard IS2404 PCR followed by IS2404 qPCR analysis of negative samples at the external reference laboratory.

Principal Findings: The inter-laboratory concordance rates for microscopy ranged from 89% to 94%; overall, microscopy confirmed 50% of all suspected BUD cases. The inter-laboratory concordance rate for PCR was 96% with an overall PCR case confirmation rate of 78%. Compared to a previous study, the rate of BUD patients with non-ulcerative lesions increased from 37% to 50%; the mean duration of disease before clinical diagnosis decreased significantly from 182.6 to 82.1 days among patients with ulcerative lesions, and the percentage of category III lesions decreased from 30.3% to 19.2%.

Conclusions: High inter-laboratory concordance rates as well as case confirmation rates of 50% (microscopy), 71% (PCR at national level), and 78% (including qPCR confirmation at external reference laboratory) suggest high standards of BUD diagnostics. The increase of non-ulcerative lesions, as well as the decrease in diagnostic delay and category III lesions, prove the effect of comprehensive EQA and training measures involving also procedures outside the laboratory.

Introduction

Buruli ulcer disease (BUD), caused by Mycobacterium ulcerans, is an infectious disease affecting skin, soft tissue and bones. If left untreated, extensive destruction of tissue followed by fibrous scarring and contractures may lead to severe functional limitations [1–6]. BUD is treated with rifampicin and streptomycin (or clarithromycin) for eight weeks if necessary followed by surgical interventions; the laboratory confirmation of clinically suspected BUD cases prior to treatment has become an integral part of clinical management. Whereas microscopy is an appropriate and cost-effective first-line test for peripheral laboratories, PCR is
Buruli ulcer disease (BUD), the third most common mycobacterial disease worldwide, is treated with standardized antimycobacterial therapy. According to WHO recommendations at least 50% of cases should be laboratory confirmed by polymerase chain reaction (PCR). In a previous study PCR analysis of clinical samples from suspected BUD cases from Togo and external quality assurance (EQA) for local microscopy were conducted at an external reference laboratory in Germany. The relatively poor performance of local microscopy as well as time and effort associated with shipment of clinical samples abroad necessitated the availability of a local BUD reference laboratory and the implementation of stringent EQA measures. All processes in the laboratories as well as in the field were defined by standard operating procedures, microscopy conducted at regional facilities was subjected to EQA at national and external reference level, and PCR samples were analyzed in parallel at national and external reference laboratories. Inter-laboratory concordance rates of >90% and case confirmation rates of 50% (microscopy) and >70% (PCR) respectively suggest high standards of BUD diagnostics. Furthermore, an increase of non-ulcerative lesions and a decrease in diagnostic delay and category III lesions reflect the impact of comprehensive EQA measures also involving procedures outside the laboratory on the quality of BUD control.

Considered the method of choice and WHO recommends PCR confirmation of at least 50% of suspected BUD cases [3–13]. Microscopy and various PCR assays have been successfully implemented in other endemic cases and case confirmation rates of 29–78% (microscopy) and 54–83% (PCR) were reported [10,12–32].

Since the early 1990s, close to 2,000 BUD cases were reported from Togo. However, due to the lack of local diagnostic laboratory capacity, the majority of these cases remained unconfirmed [7,13,33–35].

From 2007 through 2010, a joint research project between the German Leprosy and Tuberculosis Relief Organization (DAHW) and the Department of Infectious Diseases and Tropical Medicine (DITM), University Hospital Ludwig-Maximilians-University, Munich, Germany, allowed the first systematic study on laboratory confirmation of BUD cases from Togo and proved the prevalence of BUD in South Togo (region “Maritime”). The study revealed a relatively poor performance of local Ziehl-Neelsen microscopy, suggesting the need for a stringent system for external quality assurance (EQA) including regular supervision of microscopy laboratories. Intensified training measures in the area of sample collection resulted in a PCR case confirmation rate of 70%. Effort and turnaround time associated with shipment of samples to an external reference laboratory, however, necessitated the availability of local laboratory capacities [13].

In the context of the EC-funded research project “BuruliVac” (FP7/2010-2013; grant agreement N° 241500), the implementation of a national reference laboratory for BUD in Togo was envisaged. Therefore, from January 2011 through April 2012, microscopy and PCR facilities were established at the “Institut National d’Hygiène” (INH), Lomé, Togo, and the German Leprosy and Tuberculosis Relief Organization, Togo (DAHW) has supported the Togolese National Buruli Ulcer Control Program (“Programme National de Lutte contre L’Ulcére de Buruli – Lépré et Pian” [PNLUB-LP]) in the area of training, laboratory confirmation and treatment of BUD. In this study, the main tasks of DAHWT, as partner of the “BuruliVac” consortium were field work, recruitment of study participants, and collection of diagnostic samples. The tasks of DITM – an accredited laboratory according to DIN EN ISO 15189 - as lead partner for all patient-related activities of the “BuruliVac” project consisted of implementation of molecular diagnostic laboratory methods at the designated national Togolese BUD reference laboratory and standardization of all processes through on-site training, standard operating procedures (SOPs), and EQA of microscopy and PCR (by standard gel-based IS2404 PCR and IS2404 quantitative real-time PCR [qPCR]) including supervisory visits. Patients with suspected BUD were referred to peripheral health posts (“Unité de Soins Peripherique”, USP; operating on district level as point of care facilities with a catchment area of 5,000–9,000 inhabitants depending on the number of facilities per district), or a regional hospital (“Centre Hospitalier Régional [CHR] de Tsévié”, region “Maritime”, Togo, since 2007 national reference centre for BUD in Togo; catchment area: 2,559,955 inhabitants) for diagnosis and treatment; CHR conducted microscopic analysis. The “Institut National d’Hygiène” (INH), Lomé, Togo – a laboratory accredited by COFRAC (“Comité Français d’Accréditation”) according to NF EN ISO/CEI 17025 (version 2005) – constitutes the national Togolese reference laboratory for surveillance of transmissible, especially outbreak prone diseases, and has been nominated national reference laboratory for Buruli ulcer disease in 2010 [13]. In this study, INH resumed EQA for microscopy conducted at regional level and – after installation of a BUD PCR laboratory – PCR assessment of diagnostic samples by means of a dry-reagent-based PCR [21,25,29]. In March 2011, INH joined the WHO network for laboratory confirmation of BUD and – like DITM – participates in the annual program for external quality assessment of molecular detection of M. ulcerans in clinical specimens provided by the Mycobacteriology Unit, Microbiology Department, Institute for Tropical Medicine, Antwerp, Belgium, WHO Collaborating Centre for the diagnosis and surveillance of M. ulcerans infection [36].

**Study area and implementation of outreach programs**

In each of the six districts (Golf, Ave, Zio, Yoto, Vo, Lac) of the region “Maritime”, five districts (Direction de District Sanitaire” [DDS] 1–5) of the region “Lomé Commune” where BUD was proven to be endemic [13] and the four districts of the region “Central” (Blitta, Sotouboua, Tchaoudjo, Thamba), where BUD has been assumed to be endemic, outreach teams (“CLT teams”) consisting of district controllers (“Contrôleur Lépré-TB-Buruli”...
CLTs, USP staff (“Infirmière du Centre Peripherique”, ICP) and community health workers (“Agent de Santé Communautaire”, ASC), and village nurses were formed and trained by experienced PNLUB-LP, CHR, DITM and DAHW staff. The main tasks of the CLT teams are supervision of USPs, as well as sensitization and screening activities in the field which are mostly conducted under participation of DAHW and CHR staff and in collaboration with PNLUB-LP and the non-governmental organization Handicap International. In particular the ASCs who are trained and continuously supervised by the respective CLTs constitute an integral part of the outreach activities. They organize quarterly sensitization activities and present educational films and information material in villages within proven or assumed areas of endemicity. Villagers are instructed to report to their local ASCs in case of wounds or other lesions suspicious for BUD, thus ASCs represent the primary contact person for the population on community level. Furthermore, ASCs organize regular screening programs in village schools to identify suspected BUD cases in the field. The final decision on referral of suspected BUD cases to USPs or CHR for further diagnosis and treatment lies with a superordinate “BUD team” consisting of medical staff (physician, nurse) from CHR, ASCs, and the regional CLT. Visits to field sites are conducted on demand of district CLT teams according to a schedule elaborated by the ASCs. A routine reporting system between ASCs, ICPs, CLTs and CHR staff has been established and to facilitate communication within and between CLT teams and BUD teams a mobile phone network has been implemented by DAHW in 2010.

Data management
Data collection was conducted by means of the WHO “BU01” form [3] and standardized project specific laboratory data entry forms (Form S1). All clinical, epidemiological and laboratory data including EQA results were entered in a web-based database specifically designed for the “BuruliVac” project.

Sample collection
Diagnostic samples were collected according to standardized procedures. Briefly, swabs were collected by circling the entire undermined edges of ulcerative lesions. Three millimeter punch biopsies and fine needle aspirates (FNA) were collected from the center of non-ulcerative lesions or from undermined edges of ulcerative lesions including necrotic tissue. To facilitate sampling, standardized specimen collection bags including swabs, biopsy punches, syringes and needles, slides, containers with transport media (700 µl [swab and punch biopsy samples], 300 µl [FNA samples]) CLS [cell lysis solution, Qiagen, Hilden, Germany] for PCR samples) and data entry forms were provided to the study sites [13,23,25,26,29,37–41].

Samples for PCR analysis were transported in CLS at ambient temperature in an upright position in custom-made specimen collection bags from the field to INH by DAHW T cars within a maximum of 48 hours following sample collection. Upon arrival of PCR samples at INH these were stored at 4–8°C until further processing. Slides for microscopy were transported in slide boxes at ambient temperature to CHR and subsequently to INH.

Laboratory diagnostics
Direct smears for microscopy were prepared from swab and FNA samples at USPs or CHR and subjected to Ziehl-Neelsen staining at CHR. Slides were analyzed according to the WHO recommended grading system [42].

For PCR analysis DNA was prepared using the Gentra Puregene DNA extraction kit (Qiagen, Hilden, Germany) with minor modifications of the manufacturer’s protocol [21].

Three IS2404 PCR formats (dry-reagent-based [DRB] IS2404 PCR [INH], standard gel-based IS2404 PCR and IS2404 qPCR [DITM]) were applied in this study. Briefly, for DRB-PCR the oligonucleotides MU5 and MU6 were hyphylized in reaction tubes. Illustra PurReTaq Ready-To-Go PCR beads (GE Healthcare, Munich, Germany) were added and dissolved in water before adding template DNA [21,25,26]. Standard IS2404 PCR was performed according to the protocol described by Stinear et al. [15,17]. IS2404 qPCR was performed as recently described using a BioRad CFX96 real-time PCR detection system [27,43]. All PCR assays included negative extraction controls, positive, negative (no template) and inhibition controls.

Stepwise approach to implementation of diagnostic laboratory facilities at INH
Implementation of diagnostic laboratory facilities at INH was accomplished in several phases. Before launching the national BUD reference laboratory at INH in January 2011, laboratory assessment of diagnostic samples from “BuruliVac” study participants was conducted at CHR (microscopy) and DITM (PCR) respectively (”initial phase” [phase I] from September 2010 through December 2010). To implement standardized BUD microscopy and PCR services at INH, all required equipment, reagents and consumables were shipped to Togo by DAHW and installed under supervision of DITM staff from November through December 2010. Subsequently, the transitional phase (phase II) was initiated in January 2011. All relevant laboratory procedures were defined in SOPs (SOP S1–S4). An initial laboratory training workshop was held by DITM staff, and INH staff was familiarized with the principles of standardized documentation of samples and corresponding results (laboratory data entry forms, web-based database), the flow of information between the participating laboratories, and the principles of EQA as outlined below. Whereas during the transitional phase from January 2011 through April 2012 parallel diagnostic samples of all study participants were simultaneously subjected to PCR analysis at INH and DITM, the final phase (phase III) of PCR implementation (ongoing since May 2012) provides for diagnostic PCR conducted independently at INH accompanied by EQA on DNA extracts at DITM. (Figure 1)

External Quality Assurance
During the initial phase EQA was conducted for microscopy only. Slides were read at CHR by two readers, forwarded to DITM for blinded re-reading [13], and both, CHR and DITM results were entered in the web-based database. In case of discordant results between CHR and DITM, slides were subjected to a second re-reading at DITM which determined the consensus result.

During the transitional phase CHR conducted the first reading of slides by two readers, entered a consensus result in a specific result form (Form S1), and forwarded slides and forms to INH (first controller) for blinded re-reading. INH consensus results were also determined by two readers and entered in a specific result form (Forms S2). Finally, CHR and INH results were entered in the web-based database by INH data managers. In case of discordant results the respective slides were re-read by both, CHR and INH staff, and a consensus result was determined. Subsequently, slides were forwarded to DITM (second controller) for blinded re-reading, and DITM results were entered in the web-based database. Slides with discordant results between DITM and INH were re-read by DITM and INH staff during DITM supervisory visits.

For EQA of PCR all clinical samples were collected in pairs and were simultaneously tested at INH (DRB-PCR) and DITM (standard IS2404 PCR, confirmatory IS2404 qPCR on negative samples). Results were entered in the web-based database. In
case of discordant results both laboratories repeated PCR analyses. If the result did not alter, DNA extracts of the respective samples were exchanged and re-tested at both laboratories.

Parameters to determine performance of CHR and INH

In accordance with a previous study on EQA for the laboratory diagnosis of BUD in Ghana [23] microscopy positivity rates (i.e. number of positive samples divided by the total number of samples tested) at CHR, INH, and DITM, PCR positivity rates at INH and DITM, rates of false negative and false positive results compared to DITM results and inter-laboratory concordance rates between CHR/INH/DITM for microscopy and INH/DITM for PCR were determined for the initial and transitional phases. In addition, case confirmation rates (i.e. number of laboratory confirmed BUD patients divided by the total number of suspected BUD cases) were determined for CHR (microscopy), INH and DITM (microscopy and PCR).

Parameters to assess the impact on BUD control

To assess the impact of the local reference laboratory and continuous EQA measures on BUD control, the clinical parameters “type of lesion”, “category of lesion”, and “duration of disease before clinical diagnosis” (i.e. the mean duration of disease in days based on the time from first recognition of clinical symptoms by patients and availability of the clinical diagnosis BUD) were analyzed and data obtained from the current study cohort from January 2011 through April 2012 after implementation of the national reference laboratory were compared to data obtained in a previous study from September 2007 through December 2010.

Feedback to CHR and field staff

INH forwards all laboratory results directly to CHR, the subsequent reporting chain includes regional CLTs, district CLTs, ICPs, and ASCs. Laboratory confirmed BUD patients are subjected to treatment. In case of negative laboratory results in general the treatment decision is referred to the BUD team. For the purpose of documentation, lesions of all confirmed patients are photographed; the material is available for training and sensitization activities.

Statistical analysis

The study design was non-randomized and cross-sectional.
Approximative tests ($\chi^2$-tests) including analysis for linear trends in proportions and t-tests as parametric test were conducted using Stata software, version 9.0. (Stata Corporation, College Station, TX) and EpiInfo, version 3.3.2. (Centers for Disease Control and Prevention, Atlanta, GA). Significant differences were defined as not overlapping of 95 percent confidence intervals (95% CI) of proportions.

Results

Training measures for field staff and outcome of outreach programs

Altogether 16 workshops with 559 participants (“CLT teams” as well as other medical and paramedical staff) addressing clinical picture, laboratory diagnosis and treatment of BUD were held in the regions “Maritime” and “Central”. Since 2011, the CLT teams conducted sensitization activities in 1027 villages and screened a population of approximately 110,000. Out of 192 persons with lesions suspicious for BUD identified in the field, 82 suspected BUD cases were finally referred to USPs or CHR. (Table 1)

Number of samples analyzed by microscopy

During the initial phase, 17 slides (swab, n = 6; FNA, n = 11) obtained from 16 suspected BUD cases (ten non-ulcerative lesions; one FNA sample per lesion; six ulcerative lesions, one swab sample per lesion and one additional FNA sample from one lesion with scarred edges) were analyzed at CHR and subjected to EQA at DITM.

Table 1. Geographic origin, type and classification of lesions of clinically suspected and laboratory confirmed BUD patients.

| Region | District | Clinically suspected BUD cases | Laboratory confirmed BUD patients* |
|--------|----------|---------------------------------|------------------------------------|
|        |          | Total per district | Non-ulcerative lesions | Ulcerative lesions | Category I | Category II | Category III |
| Central | Sotouboua | 4.9% (4/82) | 0% (0/64) | 0% (0/64) | 0% (0/64) | 0% (0/64) | 0% (0/64) |
| Maritime | Yoko | 2.4% (2/82) | 0% (0/64) | 1.6% (1/64) | 0% (0/64) | 0% (0/64) | 1.6% (1/64) |
|         | Vo | 1.2% (1/82) | 1.6% (1/64) | 1.6% (1/64) | 0% (0/64) | 1.6% (1/64) | 0% (0/64) |
|         | Zio | 36.6% (30/82) | 34.4% (22/64) | 18.8% (12/64) | 15.6% (10/64) | 9.4% (6/64) | 18.8% (12/64) |
| Plateaux | Amouè | 1.2% (1/82) | 0% (0/64) | 0% (0/64) | 0% (0/64) | 0% (0/64) | 0% (0/64) |
|         | Anié | 1.2% (1/82) | 1.6% (1/64) | 0% (0/64) | 1.6% (1/64) | 0% (0/64) | 0% (0/64) |
|         | Haho | 1.2% (1/82) | 0% (0/64) | 0% (0/64) | 0% (0/64) | 0% (0/64) | 1.6% (1/64) |
|         | Ogou | 1.2% (1/82) | 1.6% (1/64) | 0% (0/64) | 1.6% (1/64) | 0% (0/64) | 0% (0/64) |
| Savanes | Dapaong | 1.2% (1/82) | 1.6% (1/64) | 1.6% (1/64) | 0% (0/64) | 1.6% (1/64) | 0% (0/64) |
| Total   |       | 100% (82/82) | 100% (64/64) | 51.6% (33/64) | 48.4% (31/64) | 43.8% (28/64) | 40.6% (26/64) | 15.6% (10/64) |

Table 1 shows the geographic origin of all suspected and confirmed BUD patients, and type/category of lesions of confirmed BUD patients who presented from September 2010 through April 2012 in Togo. More than 85% of confirmed BUD patients originated from the districts Yoto and Zio of region “Maritime”.

*Patients were confirmed by dry-reagent-based IS2404, standard gel-based IS2404 PCR and/or IS2404 quantitative real-time PCR. BUD, Buruli ulcer disease.

Table 2. Clinical samples analyzed by microscopy for M. ulcerans.

| No. of suspected BUD cases | No. of swab samples subjected to MIC | No. of FNA samples subjected to MIC | Total |
|----------------------------|-------------------------------------|-------------------------------------|-------|
|                            | CHR/DITM | CHR/INH/DITM | CHR/DITM | CHR/INH/DITM |       |       |
| Phase I                     | 16       | 6           | N/A      | 11               | N/A  | 17 |
| Phase II                   | 66       | 24         | N/A      | 48               |      | 72 |
| Total                      | 82       | 30         | 59       | 89              |      |     |

Table 2 indicates all slides prepared from swab or FNA samples and subjected to Ziehl-Neelsen staining at “Centre Hospitalier Régional” (CHR) for the detection of acid fast bacilli. Slides were analyzed consecutively at CHR and the Department of Infectious Diseases and Tropical Medicine (DITM), Ludwig-Maximilians-University during initial phase (phase I) or CHR, at the “Institut National d’Hygiène” (INH) and DITM during transitional phase (phase II). N/A, not applicable.

MIC, microscopic detection of acid fast bacilli.

Phase I, initial phase of implementation of the national reference laboratory at INH from September 2010 through December 2010; slides were read at CHR and forwarded via DAHWT to DITM for EQA.

Phase II, transitional phase of implementation of the national reference laboratory at INH from January 2011 through April 2012; slides were read at CHR, followed by blinded re-reading at INH and DITM.

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Table 3. Results of external quality assurance for microscopy.

|                  | CHR                      | INH                      | DITM                     |
|------------------|--------------------------|--------------------------|--------------------------|
|                  | Swab^a                   | FNA^b                    | Total                    | Swab^a                   | FNA^b | Total | Swab^a | FNA^b | Total |
| Phase I          |                          |                          |                          |                          |      |       |        |      |       |
| Positivity rate^c| 50.0% (3/6)              | 36.4% (4/11)             | 41.2% (7/17)             | N/A                      | N/A   | N/A   | 66.7% (4/6) | 36.4% (4/11) | 47.1% (8/17) |
| False negative results^d| 16.7% (1/6) | 0% (0/11) | 5.9% (1/17) | N/A | N/A | N/A | N/A | N/A | N/A |
| False positive results^e| 0% (0/6) | 0% (0/11) | 0% (0/17) | N/A | N/A | N/A | N/A | N/A | N/A |
| Discordance rate^f| 16.7% (1/6) | 0% (0/11) | 5.9% (1/17) | N/A | N/A | N/A | N/A | N/A | N/A |
| Concordance rate for CHR/DITM^g| 83.3% (5/6) | 100% (11/11) | 94.1% (16/17) | N/A | N/A | N/A | N/A | N/A | N/A |
| Case confirmation rate^h| 31.3% (5/16) | N/A | 37.5% (6/16) | N/A | N/A | N/A | N/A | N/A | N/A |
| Phase II         |                          |                          |                          |                          |      |       |        |      |       |
| Positivity rate^c| 50.0% (12/24)            | 45.8% (22/48)            | 47.2% (34/72)            | 50.0 (12/24)             | 47.9% (23/48) | 48.6% (33/67) | 58.3% (14/24) | 54.2% (26/48) | 55.6% (40/72) |
| False negative results^d| 8.3% (2/24) | 10.4% (5/48) | 9.7% (7/72) | 8.3% (2/24) | 6.3% (3/48) | 6.9% (5/72) | N/A | N/A | N/A |
| False positive results^e| 0% (0/24) | 2.1% (1/48) | 1.4% (1/72) | 0% (0/24) | 0% (0/48) | 0% (0/72) | N/A | N/A | N/A |
| Discordance rate^f| 8.3% (2/24) | 12.5% (6/48) | 11.1% (8/72) | 8.3% (2/24) | 6.3% (3/48) | 6.9% (5/72) | N/A | N/A | N/A |
| Concordance rate for CHR/INH^g| 100% (24/24) | 91.7% (44/48) | 94.4% (68/72) | N/A | N/A | N/A | N/A | N/A | N/A |
| Concordance rate for CHR/DITM^g| 91.7% (22/24) | 87.5% (42/48) | 88.9% (64/72) | N/A | N/A | N/A | N/A | N/A | N/A |
| Concordance rate for INH/DITM^g| N/A | N/A | N/A | 91.7% (22/24) | 93.7% (45/48) | 93.1% (67/72) | N/A | N/A | N/A |
| Case confirmation rate^h| 43.9% (29/66) | N/A | 47.0% (31/66) | N/A | N/A | N/A | 53.0% (35/66) | N/A | N/A |
| Concordance rate^i for CHR/DITM – Phase I and II | 89.9% (80/89) | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| Case confirmation rate^i for Phase I and II | 41.5% (34/82) | N/A | 50.0% (41/82) | N/A | N/A | N/A | N/A | N/A | N/A |

Table 3 shows results of Ziehl-Neelsen microscopy conducted at CHR and corresponding results of EQA conducted at INH and DITM during the initial (phase I, September 2010 through December 2010) and transitional (phase II, January 2011 through April 2012) phases. N/A, not applicable.

^aSwab, slides were prepared as direct smears from swab samples.

^bFNA, slides were prepared as direct smears from fine-needle aspirate samples.

^cPositivity rate, number of positive samples divided by the total number of samples tested.

^dRate of false negative results at CHR and INH, respectively, compared to DITM results.

^eRate of false positive results at CHR and INH, respectively, compared to DITM results.

^fRate of discordant results between CHR/INH, CHR/DITM and INH/DITM.

^gRate of concordant results between CHR/INH, CHR/DITM and INH/DITM.

^hConfirmation rate, number of laboratory confirmed BUD patients divided by the total number of suspected BUD cases.
Table 4. Clinical samples analyzed by PCR for *M. ulcerans*.

| No. of suspected BUD cases | Samples analyzed by PCR | | | |
|---------------------------|-------------------------|-------|-------|-------|
| Phase I<sup>a</sup>       |                         |       |       |       |
|                           | Laboratory               | IS2404 PCR assay | Swab<sup>b</sup> | FNA<sup>c</sup> | Punch<sup>c</sup> | Total |
| DITM                      | qPCR<sup>d</sup>         | 3/6    | 6/16  | 13/13 | 12/35 |
|                           |                         | 6      | 16    | 13    | 35    |
| Phase II<sup>e</sup>      |                         |       |       |       |       |
|                           |                         | 6/33   | 15/44 | 9/22  | 30/99 |
|                           |                         | 66     | 88    | 44    | 198   |
| Total<sup>f</sup>         |                         | 72     | 104   | 57    | 233   |

Table 4 indicates all samples tested by PCR at INH and DITM. During the initial phase (phase I) samples were analyzed by standard gel-based IS2404 PCR at DITM. During the second phase (phase II) parallel samples were subjected to IS2404 dry-reagent based (DRB) PCR at INH and standard IS2404 PCR at DITM. During both phases all samples tested negative in standard PCR were subjected to re-testing by IS2404 quantitative real-time PCR (qPCR) at DITM.

<sup>a</sup>Swab, DNA extracts prepared from swab samples.

<sup>b</sup>FNA, DNA extracts prepared from fine-needle aspirate samples.

<sup>c</sup>Phase I, initial phase of implementation of the national reference laboratory at INH from September through December 2010.

<sup>d</sup>Only samples tested negative in standard IS2404 PCR were subjected to IS2404 qPCR at DITM.

<sup>e</sup>Total amount of samples tested by DRB- and Standard PCR during the corresponding phases.

<sup>f</sup>Phase II, transitional phase of implementation of the national reference laboratory at INH from January 2011 through April 2012.

During the transitional phase, 72 slides (swab, n = 24; FNA, n = 48) obtained from 66 suspected BUD cases (38 non-ulcerative lesions: one FNA sample per lesion; 28 ulcerative lesions: one swab sample each from 18 lesions, one swab and one FNA sample each from six lesions, one FNA sample each from four lesions) were analyzed at CHR and subjected to EQA at INH and DITM. (Table 2)

External quality assurance of microscopy

During the initial phase positivity rates of microscopy were 41.2% (7/17) at CHR and 47.1% (8/17) at DITM with 5.9% (1/17) false negative results from CHR, and an inter-laboratory concordance rate of 94.1% (16/17) between CHR and DITM. During the transitional phase positivity rates of microscopy were 47.2% (34/72) at CHR, 48.6% (35/72) at INH and 55.6% (40/72) at DITM. The rate of false negative test results was 9.7% (7/72) at CHR and 6.9% (5/72) at INH, and 1 out of 72 slides (1.4%) was read false positive at CHR. Concordance rates between laboratories were 94.4% (65/72) for CHR/INH, 88.9% (64/72) for CHR/DITM and 93.1% (67/72) for INH/DITM.

The concordance rate between CHR and DITM for both phases was 89.9% (80/89). (Table 3)

Number of samples analyzed by PCR

During the initial phase, 35 samples (swab, n = 6; FNA, n = 16; punch biopsy, n = 13) obtained from 16 suspected BUD cases were subjected to standard PCR at DITM, all negative samples (n = 12) were additionally subjected to qPCR.

During the transitional phase, 99 sample pairs (swab, n = 33; FNA, n = 44; punch biopsy, n = 22) obtained from 66 suspected BUD cases were subjected to PCR at INH and DITM, which equals a mean rate of 3.0 (198/66) samples tested per patient. All negative samples (n = 30) were additionally subjected to qPCR. (Table 4)

External quality assurance of PCR

During the initial phase the positivity rate of standard PCR at DITM was 65.7% (23/35). Confirmation of two out of 12 negative samples by qPCR provided an additional diagnostic yield of 5.7%.

During the transitional phase positivity rates of conventional PCR assays were 65.7% (65/99) at INH and 69.7% (69/99) at DITM. The rate of false negative test results at INH was 4.0% (4/99; 1 swab sample and 3 FNA samples), there were no false positive results, and the inter-laboratory concordance rate was 96.0% (95/99). Confirmation of 6 out of 30 negative samples by qPCR provided an additional diagnostic yield of 6.1%. (Table 5)

Laboratory confirmed patients

The case confirmation rates for microscopy were 31.3% (5/16) at CHR and 37.5% (6/16) at DITM during the initial phase, and 43.9% (29/66) at CHR, 47.0% (31/66) at INH, and 53.0% (35/66) at DITM during the transitional phase. In total 50.0% (41/82) of the suspected BUD cases were confirmed by microscopy. (Table 3)

The case confirmation rates for PCR were 75.0% (12/16) at DITM during the initial phase, and 71.2% (47/66) at INH and 78.8% (52/66) at DITM (including two cases additionally confirmed by qPCR) during the transitional phase. In total 78.1% (64/82) of the suspected BUD cases were confirmed by PCR. (Table 5)

Epidemiological baseline and treatment data of confirmed BUD cases

Out of 64 laboratory confirmed BUD patients, 51.6% (33/64) had non-ulcerative lesions (plaque, n = 17; nodule, n = 10; papule, n = 1; edema, n = 5) and 48.4% (31/64) had ulcerative lesions, 48.4% (31/64) were male, and 48.4% (31/64) were in age group 5–14 years (age range 2–68 years, mean 18.1 years, median 13 years). Figure 2

The confirmed BUD patients originated from four districts of region “Maritime” (Yoto, n = 37; Zio, n = 22; Vo, n = 1; Golfe, n = 1), two districts of region “Plateaux” (Anié, n = 1; Ogou, n = 1) and one district of region “Savanes” (Dapaong, n = 1). The categories of lesions according to WHO classification [3] were as follows: 43.8% (28/64) category I, 40.6% (26/64) category II and 15.6% (10/64) category III. (Table 1)

All patients with suspected BUD (n = 82) who presented in Togo during the study period were included (no refusals to participate)
Table 5. Results of EQA for PCR.

|                      | Swab samples | FNA samples | Punch biopsy samples | Total |
|----------------------|--------------|-------------|----------------------|-------|
|                      | INH          | DITM        | INH                  | DITM  |
|                      | DRB-PCR      | Standard PCR| qPCR                 |       |
| Phase I              |              |             |                      |       |
| Positive rate        | N/A          | 50.0% (3/6) | 0% (0/3)             | N/A   |
| Case confirmation    | N/A          | 18.8% (3/16)| 0% (0/16)            | N/A   |
| rate                 |              |             |                      |       |
| Phase II             |              |             |                      |       |
| Positive rate        | 78.8% (26/33)| 81.8% (27/33)| 16.7% (1/6)          | N/A   |
| False negative       | 3.0% (1/33)  | N/A         | 6.8% (3/44)          | N/A   |
| Concordance rate     | 97.0% (32/33)| N/A        | 93.2% (41/44)       | N/A   |
| Case confirmation    | 30.3% (20/66)| 30.3% (20/66)| 0.0% (0/66)          | N/A   |
| rate                 |              |             |                      |       |
| Total – phase I and II|              |             |                      |       |
| Positive rate        | N/A          | 76.9% (30/39)| 11.1% (1/9)         | N/A   |
| False negative       | 34.8% (23/66)| 39.4% (26/66)| 3.0% (2/66)         | N/A   |
| Concordance rate     | 40.2% (33/82)| 2.4% (2/82)       | 7.3% (6/82)         | N/A   |
| Case confirmation    | 28.1% (23/82)| 0% (0/82)     | 4.0% (4/82)         | N/A   |

Table 5 shows results of external quality assurance for PCR. During the initial phase (phase I) PCR samples were analyzed at DITM by IS2404 standard PCR and IS2404 quantitative real-time PCR (qPCR). During the transitional phase (phase II) diagnostic sample pairs where analyzed in parallel at INH (IS2404 dry-reagent-based [DRB] PCR) and DITM as described for phase I. Positivity rates and case confirmation rates are provided for IS2404 DRB- and standard PCR, and additional diagnostic yields were calculated for IS2404 qPCR. N/A, not applicable.

aSwab samples, DNA extract were prepared from swab samples.
bFNA samples, DNA extract were prepared from fine-needle aspirate samples.
cPunch samples, DNA extract were prepared from 3-mm punch biopsy samples.
dTotal per phase and laboratory.
eINH applied IS2404-DRB-PCR [21].
fDITM applied standard, gel-based, IS2404 PCR [17] and IS2404 qPCR [27,42] on all DNA extracts tested negative with standard PCR. For qPCR the additional diagnostic yield (i.e. the deviation of total final result from total result of standard PCR) were 5.7% (phase I) and 6.1% (phase II).
gFinal result of standard PCR and qPCR.
hPhase I, initial phase of implementation of the national reference laboratory at INH from September through December 2010.
iPositivity rate, number of positive samples divided by the total number of samples tested.
jCase confirmation rate, number of laboratory confirmed BUD patients divided by the total number of suspected BUD cases.
kRate of false negative results at INH as determined by re-testing of DNA extracts at DITM by standard PCR.
lRate of concordant results from sample pairs at INH and DITM.
mPhase II, transitional phase of implementation of the national reference laboratory at INH from January 2011 through April 2012.

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and clinical samples were collected and analyzed from all of them. All laboratory confirmed BUD patients (n = 64) received a full course of treatment with rifampicin and streptomycin; in addition, six patients, despite negative laboratory results, were subjected to antimycobacterial treatment based on strong clinical suspicion of BUD. Although no regular outreach activities were conducted in region “Plateaux” and “Savanes” patients from both regions were referred to CHR for treatment.

Impact on quality of BUD control

The number of patients with non-ulcerative lesions among all PCR-confirmed patients increased significantly (p<0.01) from 37.0% (as determined for the study cohort from 2007–2010, 119 patients) to 50.0% (current study cohort from January 2011 through April 2012, 52 patients).

Compared to the previous study category I lesions increased from 36.9% (95% CI: 28.3–45.6) to 44.2% (95% CI: 30.7–57.7), category II lesions increased from 32.8% (95% CI: 24.3–41.2) to 36.6% (95% CI: 23.5–49.6) and category III lesions decreased from 30.3% (95% CI: 22.0–38.5) to 19.2% (95% CI: 8.5–29.9).

The mean duration of disease before clinical diagnosis decreased from 51.8 (95% CI: 19.0–84.7) to 35.0 (95% CI: 23.5–46.5) days [no significant difference] among patients with non-ulcerative lesions, and significantly from 182.6 [95% CI: 119.2–245.9] to 82.1 [95% CI: 51.3–112.8] days among patients with ulcerative lesions. (Table 6)

Discussion

Laboratory confirmation of suspected BUD cases, in particular by molecular diagnostic tests, plays a crucial role for clinical management, disease control and research on M. ulcerans.

To achieve the targeted PCR confirmation rate of more than 50% of suspected BUD cases worldwide, WHO has set up a network of external and local PCR reference laboratories [36]. Whereas until the early 2000s laboratory diagnostic services for endemic countries were mainly provided by external reference laboratories, until 2011 six African countries (Ivory Coast, Ghana, Benin, Cameroon, Central African Republic, Democratic Republic of Congo) installed their own reference laboratories upon increasing demand for local diagnostic capacity [6,10,11,18,20,26,29,30,32,37–44]. Due to the absence of laboratory facilities a number of countries still require support from external reference laboratories; in general however, the role of external reference laboratories has shifted to development of improved laboratory techniques for application in endemic countries, technical support and training of local laboratory staff, as well as external quality assurance for newly established reference laboratories [6,11,21,23–32,37–40,43].

As well known from other studies, the implementation of reference level laboratory facilities necessitates multiple provisions in terms of logistics, trained personnel and quality management [11,23,47,48]. In the case of Togo, extensive preparatory work conducted in the context of previous research projects by DAHWT and DITM [13], vast expertise gained from a long-standing cooperation with partners in Ghana [21,23,25,26,29,40], as well as continuous exchange of information with other “BuruliVac” partners [6,32] facilitated the implementation of a national reference laboratory considerably.

Excellent technical skills of INH laboratory staff in conventional and molecular microbiological diagnostic techniques allowed starting laboratory training at an advanced level. All training activities took place at INH; basic laboratory training according to the concept of

Figure 2. Age distribution of laboratory confirmed BUD patients. Age distribution of 64 laboratory confirmed BUD patients recruited from September 2010 through April 2012. The age of all patients was known and 48.4% (31/64) were in age group 5–14 years. The age range was 2–68 years with a mean of 18.1 years and a median of 13 years.

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Table 6. Impact of local reference laboratory and external quality assurance measures on BUD control.

| Year of clinical presentation | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2007–2010 | 2011–2012 |
|------------------------------|------|------|------|------|------|------|-----------|-----------|
| No. of confirmed BUD patients* | 10   | 38   | 33   | 38   | 41   | 11   | 119       | 52        |
| No. of confirmed patients with non-ulcerative lesion | 3    | 6    | 12   | 23   | 21   | 5    | 44        | 26        |
| No. of confirmed patients with ulcerative lesions | 7    | 32   | 21   | 15   | 20   | 6    | 75        | 26        |
| Rate of confirmed BUD patients with non-ulcerative lesions | 30.0% (3/10) | 15.8% (6/38) | 36.4% (12/33) | 60.5% (23/38) | 51.2% (21/41) | 45.5% (5/11) | 37.0% (44/119) | 50.0% (26/52) |
| Rate of confirmed BUD patients – category I | 20.0% (2/10) | 50.0% (19/38) | 24.2% (8/33) | 39.5% (15/38) | 46.3% (19/41) | 36.4% (4/11) | 36.9% (44/119) | 44.2% (23/52) |
| 95% confidence interval | 0–44.8 | 34.1–65.9 | 9.6–38.9 | 23.9–55.0 | 31.1–61.6 | 7.9–64.8 | 28.3–45.6 | 30.7–57.7 |
| Rate of confirmed BUD patients – category II | 30.0% (3/10) | 36.8% (14/38) | 30.3% (10/33) | 31.6% (12/38) | 34.2% (14/41) | 45.5% (5/11) | 32.8% (39/119) | 36.6% (19/52) |
| 95% confidence interval | 1.6–58.4 | 21.5–52.2 | 14.6–46.0 | 16.8–46.4 | 19.6–48.7 | 16.0–74.9 | 24.3–41.2 | 23.5–49.6 |
| Rate of confirmed BUD patients – category III | 50.0% (5/10) | 13.2% (5/38) | 45.5% (15/33) | 29.9% (11/38) | 19.5% (8/41) | 18.1% (2/11) | 30.3% (36/119) | 19.2% (10/52) |
| 95% confidence interval | 19.0–81.0 | 2.4–23.9 | 28.5–62.4 | 14.5–43.4 | 7.4–31.6 | 0–41.0 | 22.0–38.5 | 8.5–29.9 |

Mean duration of disease before clinical diagnosis in days

| Patients with non-ulcerative lesions | 318.7 | 74.0 | 25.8 | 24.8 | 30.3 | 54.6 | 51.8 | 35.0 |
|-------------------------------------|-------|------|------|------|------|------|------|------|
| 95% confidence interval | 0–718.2 | 16.7–131.4 | 12.6–38.9 | 16.6–33.1 | 18.7–41.9 | 23.2–86.0 | 19.0–84.7 | 23.5–46.5 |
| Patients with ulcerative lesions | 386.0 | 239.2 | 107.6 | 71.8 | 87.5 | 64.0 | 182.6 | 82.1 |
| 95% confidence interval | 78.3–693.7 | 118.2–360.1 | 59.6–55.6 | 45.6–98.0 | 48.0–27.0 | 45.0–83.0 | 119.2–245.9 | 51.3–112.8 |
| All patients | 365.8 | 213.1 | 77.8 | 43.4 | 58.2 | 59.7 | 134.2 | 58.5 |
| 95% confidence interval | 130.8–600.8 | 109.3–316.9 | 59.6–55.6 | 45.6–98.0 | 48.0–27.0 | 45.0–83.0 | 119.2–245.9 | 51.3–112.8 |

Mean duration of disease in days based on the time from first recognition of clinical symptoms by patients and availability of the clinical diagnosis “BUD”. All data from PCR confirmed BUD patients were analyzed.

Table 6 shows analyses of clinical parameters (i.e. “type of lesion” and “duration of disease before clinical diagnosis”) among PCR confirmed BUD new cases to assess impact of the local reference laboratory and external quality assurance measures on BUD control in Togo. Therefore, data from a previous study (September 2007 through December 2010) prior to implementation of the national reference laboratory at INH were analyzed and compared with data obtained in the present study (January 2011 through April 2012). Analysis for linear trends in proportions revealed a significant (p < 0.01) increase of patients presenting with non-ulcerative lesions from 37.0% (2007–2010) to 50.0% (2011–2012). The mean duration of disease among patients with non-ulcerative lesions before presentation and establishment of clinical diagnosis decreased not significantly from 51.8 (95% CI: 19.0–84.7) to 35.0 (95% CI: 23.5–46.5) days during the two observation periods. However, the mean duration of disease among patients with ulcerative lesions before presentation of patients and establishment of clinical diagnosis decreased significantly from 182.6 (95% CI: 119.2–245.9) to 82.1 (95% CI: 51.3–112.8) days during the two observation periods. Furthermore, analysis of the development of categories of lesions showed a statistically non significant decrease from 30.3% (95% CI: 22.0–38.5) to 19.2% (95% CI: 8.5–29.9) of category III lesions. BUD, Buruli ulcer disease; CI, confidence interval.

In consideration of the existing quality management systems at DITM and INH, special emphasis was given to standardization of all relevant procedures. SOPs defined the interaction of the laboratory with external partners in the field and the external reference laboratory in Germany, as well as all processes within the laboratory, and granted a smooth workflow from the beginning of the project. Standardized documentation of all analyses and results in standardized laboratory forms and the project-specific web-based database facilitated rapid retracing of errors for local and external reference laboratory and allowed targeted training measures.

To measure the quality of diagnostics conducted at INH, we determined concordance rates between local and external reference laboratories. Compared to a previous study [13], the concordance rate for microscopic analysis between CHR and DITM (initial and transitional phase) increased from less than 70% to 90%, and the concordance rate between INH and DITM was over 90% during the transitional phase, suggesting a high standard of microscopy at both, CHR and INH. Compared to previous findings [13], also the case confirmation rate for microscopy increased from 30% (CHR) to 43% (CHR) and 47% (INH), respectively. Likewise, concordance rates between INH and DITM for PCR of swab and punch biopsy samples were over 95%. In this study, instead of testing the same sample subsequently at both laboratories, sample pairs were collected and one sample each was sent to DITM and INH to allow quality control for both, extraction efficiency and amplification. As
already observed in other studies, parallel samples – even if collected from the same site of the lesion - may show an inhomogeneous distribution of mycobacteria and may increase the normal inter-laboratory variation regularly observed for weakly positive samples [12,49], unpublished data). Therefore, the findings suggest high quality of PCR, conducted at INH. With 93% the inter-laboratory concordance rate for FNA samples was slightly lower which may be attributable to dividing FNA samples in two pieces for microscopy and PCR at INH (whereas the entire parallel sample was subjected to PCR at DITM). Consequently, also the case confirmation rate at INH was a little lower (71%) than at DITM (76%). Future EQA of PCR diagnostics is envisaged for 2013. Laboratories in endemic countries without access to real-time PCR may consider forwarding at least samples from patients with strong clinical suspicion but negative conventional PCR result to an external reference laboratory for confirmatory IS2404 qPCR.

The study also attempted to measure the impact of local laboratory capacity and quality management on BUD control. The increase of the rate of non-ulcerative lesions by 13%, the significant reduction of the diagnostic delay by more than 100 days for patients with ulcerative lesions as compared to a previous study [13] and the reduction of category III lesions from 30.3% to 19.2% may be attributed to an extended quality management system also comprising patient related procedures outside the laboratory and intensified training measures.

Already during the previous study period from 2007 through 2010 CLTs, ICPs, ASCs and other field staff had been trained in 28 workshops with 152 participants. Since 2011, however, training measures achieved a roughly five-fold increase in coverage, and training of teams instead of individuals resulted in a multiplier effect in terms of knowledge transfer which became noticeable also in areas without regular outreach activities through referral of patients to CHR. The availability of trained CLT teams in 11 districts, in particular the ASCs, increased the coverage of sensitization activities and allowed to conduct extensive “information, education and communication” (IEC) campaigns under the guidance of DAHW and PNLUB-LP in regions “Maritime” and “Central” accompanied by regular outreach activities to identify suspected BUD cases in the field. Finally, supervision of CLT teams by the CHR BUD team in terms of re-examining these patients provided continuous on-site training for CLT teams and enhanced the diagnostic skills of all field staff involved. Feed-back of laboratory results through a newly established reporting chain from INH to community level not only provides the basis for targeted case finding activities in the environment of confirmed patients, but is also consciously conceived as a confidence-building measure by ASCs as well as patients and their families. Altogether, the outreach system implemented in 2011 allowed to realize key components of BUD control in the field of early case detection, diagnosis and treatment as defined by the WHO [7], and more than 90% of BUD cases are currently detected through active case finding (as opposed to roughly 60% in the previous study).

Whereas these outreach activities resulted in a constant flow of diagnostic samples from suspected BUD cases from peripheral health facilities in region “Maritime” via the regional hospital (CHR) to INH, and the first cases from region “Plateaux” and “Savanes” have been identified, to date no cases from region “Central” have been confirmed.

Since June 2012, a cooperation agreement between the “Faculté Mixte de Médecine et de Pharmacie” of the University of Lomé, Togo and the Faculty of Medicine of the Ludwig-Maximilians-University, Munich, Germany, has reinforced the existing diagnostic network through initiation of a collaboration with the “Laboratoire de Biologie Moléculaire et d’Immunologie” (BIOLIM), “Département des Sciences Fondamentales et Biologiques”. BIOLIM will support ongoing EQA measures in the field of quality control, academic and in-service training of local laboratory staff, thus contribute to maintaining sustainable standards in laboratory confirmation of BUD. Furthermore, access to a nationwide laboratory network established in the context of research on HIV and other infectious diseases conducted by BIOLIM will enable operational research on decentralised diagnostics and increase the efficiency of BUD control. [7,48,50]

Supporting Information

Form S1 BuruliVac laboratory data entry form. (PDF)

Forms S2 BuruliVac MIC result forms – CHR, Tsévié, and INH, Lomé. (PDF)

SOP S1 Collection, transport and storage of diagnostic specimens. (PDF)

SOP S2 Microscopic analysis for the detection of acid fast bacilli. (PDF)

SOP S3 Extraction of mycobacterial DNA from clinical specimens. (PDF)

SOP S4 IS2404-DRB-PCR for detection of M. ulcerans DNA. (PDF)

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