Nanostructured Hydroxyapatite from Hen’s Eggshells Using Sucrose as a Template

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The nanostructured hydroxyapatite (HAp) was synthesized by precipitation from aqueous phase, using hen’s eggshells and different sucrose concentrations. The XRD results confirmed the formation of HAp, with crystallite size of about 15-22 nm. The SEM and TEM characterization showed morphological changes when increasing the amount of sucrose used, with the tendency to form spheroidal particles. The specific surface area increases from 36 to 93 m².g⁻¹ as the amount of sucrose used increases. Our results indicated that sucrose can be used as a promising additive/template, easy to obtain at low cost. In addition to contributing to the recycling of this biowaste (eggshells), the synthesized HAp has the potential to be used in bone tissue engineering applications, since the samples were no cytotoxicity to dental pulp stem cells in the in vitro assessment by resazurin assay.

Keywords: Hydroxyapatite, eggshell, sucrose, biowaste, biomaterial.

1. Introduction

The interest in hydroxyapatite (HAp) as a biomaterial is because it is the main mineral phase of teeth and bones, representing 30 to 70% by mass of hard tissue. These data demonstrate its high degree of biocompatibility and similarities with some bone properties, including bioactivity, biodegradability and osteoconductivity.

Studies report that nanostructured hydroxyapatite provides better biofunctionality, bioactivity and also exhibits greater resorption capacity. Nano hydroxyapatite (n-Hap) has a larger surface area resulting in better cell adhesion and cell-matrix interactions.

Hydroxyapatite can be extracted from bovine and pigs bones, fish scales and can also be synthesized from natural calcium sources such as hen’s eggshells, shells, corals through chemical reactions. Hen’s eggs are among the most consumed foods in the world and, therefore, a large amount of waste is generated. This makes the hen’s eggshells a cheap and abundant raw material, reducing costs and bringing environmental benefits with their recovery.

Physical-chemical properties, such as the particle size, porosity, morphology and surface properties must be considered in the synthesis of the compounds. Thus, for better particle growth control, new approaches have been studied, such as use additives in the precipitation methods. These additives, also called templates, can be polymers, surfactants, and biomolecules that assist in the control and changes of material properties. The literature reports that the use of substances such as caffeine, starch, vitamin C, albumin, gelatin as templates/additives affect the physico-chemical properties of the HAp particles. The use of sucrose has been widely reported for studies related to the formation of porous scaffolds. However, there are studies that aim the synthesis of other materials, such as that carried out by Sabbaghan et al. who reported the use of sucrose for the synthesis of ZnO nanoparticles, motivating its use as a template in the synthesis of HAp.

Therefore, this work aimed the synthesis of hydroxyapatite by precipitation method using hen’s eggshells as calcium source and sucrose as a template to evaluate its effects on the properties of the HAp obtained. A comparative study was also carried out with HAp sample obtained without sucrose to evaluate its effect on the characteristics of the synthesized materials.

2. Experimental

2.1 Hen’s eggshell treatment

The hen’s eggshell used in this work came from domestic consumption and only white shells have been selected as precursor material. The eggshells were initially washed in...
tap water and neutral soap to remove the excess of dirt and they were subsequently immersed in distilled water and heated for 30 minutes at 60 °C. The material was dried at room temperature and then calcined in a muffle at 1000 °C for two hours to eliminate all organic material and convert calcium carbonate (CaCO\textsubscript{3}) into calcium oxide (CaO).

### 2.2 Hydroxyapatite nanostructure synthesis

A 50 mL solution of Ca(OH)\textsubscript{2} was prepared from 2.7g of the CaO obtained. A 50 mL of sucrose (ProQuimico) solution (0.5, 1, 2, 3 and 4g) was prepared and added to Ca(OH)\textsubscript{2} solution previously prepared. The mixture was stirred for 30 minutes at room temperature. After, 50 mL of Ca\textsubscript{2}(PO\textsubscript{4})\textsubscript{3} solution (0.5, 1, 2, 3 and 4 g) was prepared and added to the precipitate obtained. A 50 mL of sucrose (ProQuimico) was also added to the mixture. The mixture was stirred for two hours to eliminate all organic material and convert calcium carbonate (CaCO\textsubscript{3}) into calcium oxide (CaO), and then calcined at 600 °C for 2 h (HAS0.5-600, HAS1-600, HAS2-600, HAS3-600 and HAS4-600). The samples were coded according to the amount of sucrose used, and the calcination temperature was added to differentiate them after heat treatment. For comparative purposes, a sample of HAp without sucrose was synthesized according to the same conditions described (HAp-600).

### 2.3 Samples characterization

#### 2.3.1 X-Ray Fluorescence Spectroscopy (XRF)

The CaO obtained from calcined hen’s eggshell was analyzed using XRF technique. The sample was prepared with lithium tetraborate (Li\textsubscript{2}B\textsubscript{4}O\textsubscript{7}). The analysis was performed on a Fluorescence spectrometer model AXIOS-MAX from Panalytical.

#### 2.3.2 X-Ray Diffraction (XRD)

The diffractograms were obtained in a Panalytical diffractometer, model X’Pert PRO MPD, copper radiation CuK\textsubscript{α}, λ = 0.15418 nm, voltage of 40 kV and current of 40 mA. The scan was 20 = 10° - 80°, with 0.05° per step and an acquisition rate of 2.5°min\textsuperscript{-1}. The diffractograms were analyzed by Rietveld method using the TOPAS-academic software v. 5.0.

#### 2.3.3 Textural characterization

The materials were characterized by N\textsubscript{2} adsorption/desorption analysis at -196 °C using Micromeritics ASAP 2010 equipment by the BET (Brunauer, Emmett and Teller) and BJH (Barrett, Joyner and Halenda) method.

#### 2.3.4 Fourier Transform Infrared Spectroscopy (FTIR)

The analysis was performed at 400 - 4000 cm\textsuperscript{-1} regions using a Perkin Elmer Spectrum Two spectrometer with a resolution of 4 cm\textsuperscript{-1}. The samples were previously dried, mixed in KBr and pressed to obtain pellets.

#### 2.3.5 Thermogravimetric analysis (TGA)

The study of thermal behavior was performed using simultaneous thermal analysis equipment STA 449 F3 Jupiter, with air flow (10 mL.min\textsuperscript{-1}) and heating rate of 15 °C.min\textsuperscript{-1}, from room temperature (25 °C) up to 600 °C for 4h. Alumina (α-Al\textsubscript{2}O\textsubscript{3}) was used as reference material.

#### 2.3.6 Scanning Electron Microscopy (SEM)

The SEM analysis was performed using the JSM-7100F (JEOL) model microscope, operating on high vacuum modes, with electron beam voltage between 1 and 15 kV.

#### 2.3.7 Transmission Electron Microscopy (TEM)

Transmission Electron Microscopy (TEM) images have been obtained using a FEI-Titan 80-300 microscopes with Cs corrector working at 80 and 300 kV operating in bright field (BF), dark field (DF), diffraction pattern (DP) and scan mode (STEM) using a high-angle annular dark-field detector (STEM-HAADF) and X-ray scattered energy spectroscopy (EDXS). And JEOL JEM-2100F operating at 200 kV in bright field (BF). The particles were deposited in copper (Cu) grids, with carbon film “holey” from a suspension previously prepared in isopropyl alcohol.

### 2.4 In vitro assay: Indirect cytotoxicity

The cytotoxicity test was performed for samples HAS3-600 and HAp-600 on dental pulp stem cells by resazurin reduction assay according to ISO 10993-5\textsuperscript{20}. The cells were cultured in DMEM (Sigma-Aldrich), with 4500 mg.L\textsuperscript{-1} glucose, in the presence of 10% FBS (Gibco), and 1% Penicillin/ Streptomycin (Sigma-Aldrich) at 37 °C under a humidified atmosphere of 5% CO\textsubscript{2} incubator.

For the indirect assay, the samples extracts were obtained by incubating 0.1 g of dry material per mL of culture medium for 24h (extract 1) and 48h (extract 2) in the incubator at 37 °C, 5% CO\textsubscript{2} atmosphere. The cells were seeded in a 96-well plate at a density of 4×10\textsuperscript{4} cells. well\textsuperscript{-1} and cultured for 24 h to allow cell adhesion. After 24 h, the cells were incubated with 100 μL of the extracts for more 24 h (37 °C, 5% CO\textsubscript{2}, humidified atmosphere). For positive viability reference (positive control) was used supplemented culture medium, while 50% (v/v) of dimethyl sulfoxide (DMSO) with supplemented culture medium was used as negative reference (negative control). All experiments were performed in triplicate. After the incubation period, the extracts were replaced for 200 μL of resazurin solution (Sigma-Aldrich) (0.5 mg.L\textsuperscript{-1} resazurin in PBS, diluted in standard culture medium at 50% v/v)\textsuperscript{21}. The cells were again incubated for 4 h. After incubation, 100 μL aliquots were collected and transferred to another 96-well plate, where fluorescence analysis was performed on a spectrophotometer with a microplate reader (Biotek Synergy HT) at wavelengths of 530 nm excitation and 590 nm emission. The percentage of viable cells was calculated from the average values of absorbance for each sample concerning the positive control defined as 100%.
3 Results and Discussion

3.1 Characterization of calcium oxide (CaO)

Figure 1 shows the XRD diffractogram and the XRF results of the CaO obtained from hen’s eggshells calcined. The diffractogram shows the peaks exclusively for CaO, indexed according to ICSD 52783, indicating that the temperature and time used were sufficient for the complete transformation of CaCO$_3$ into CaO, as also reported by Caliman et al.\textsuperscript{32} for ostrich eggshells.

In the XRF analysis, the compounds P$_2$O$_5$ and SrO were identified in low amounts of 0.42 and 0.31%, respectively. Calcium oxide (CaO) is the major constituent, with 99.27%. The presence of Sr ions is extremely important, as these ions contribute to the formation of bone, acting on its resistance, which can be beneficial in osteoporosis treatments\textsuperscript{33}. The presence of this element does not change the structural characteristics of HAp or another calcium phosphate compound and can improve biological performance in biocompatible applications, such as implants\textsuperscript{34}. Besides that, these characteristics make the synthesized HAp closer to the bone’s natural HAp.

3.2 Characterization of synthesized samples

3.2.1 Thermogravimetric analysis (TGA)

Figure 2 shows the TGA of the HAS3 sample. The sample presented approximately 13% of mass loss. TGA analysis was performed to verify the complete degradation of sucrose at a temperature of 600 °C. According to DAS (2001)\textsuperscript{35} the temperature required to complete removal of sucrose is at least 600 °C. Mass loss up to 150 °C refers to the evaporation of water adsorbed on the material surface, from 150 °C to 250 °C corresponding to sucrose dehydration and in the range 250 to 550 °C corresponding to the sucrose degradation\textsuperscript{35}. After 120 min of heating at 600 °C the material was quite stable, justifying the time used in the heat treatment.

3.2.1 X-Ray Diffraction (XRD)

Figure 3 shows the XRD patterns of the synthesized HAp prepared with different concentrations and the absence of sucrose. As shown in the Figure 3, all the samples have similar XRD patterns, being exclusively composed by hydroxyapatite according to the ICSD 34457.

The temperature of 600 °C used in the heat treatment did not favor the formation of secondary phases. The diffractograms has a profile similar to that of “green samples” where the three main planes, located at (211), (112) and (300), are in overlapping indicating that the atoms are not perfectly ordered. When compared with the HAp-600 sample, it is possible to realize that some peaks become a little wider with a higher concentration of sucrose as can be seen in the peaks at 2θ equal to 32.196° and 32.902° in relation to the planes (112) and (300), respectively. This behavior in the HAp profile presented in those crystal planes was reported by Shu et al.\textsuperscript{25} when used different concentrations of gelatin in the synthesis of HAp which may justify a retard in the growth of crystals providing smaller crystallite sizes. In reaction with phosphoric acid, a careful procedure has been taken to maintain the pH at 12, since in this range, the formation of the PO$_4^{3-}$ ion for the formation of HAp is assured\textsuperscript{29}. Table 1 shows the crystallite sizes and GOF (goodness of fitting) values of the samples obtained by the Rietveld method. GOF is a statistical parameter used to assess the quality of the refinement. Values lower than 5, for high signal-noise ratio data, indicate an adequate refinement.
The refinement by Rietveld method presented GOF values between 1.50 and 1.64, which indicates an excellent quality of experimental data refinement. The samples have crystallite size of 21.81, 22.38, 19.70, 20.25, 15.33, and 16.33 nm referring to HAp-600, HA0.5-600, HA1-600, HA2-600, HA3-600, and HA4-600, respectively. The HAS3.600 and HAS4-600 samples with the highest amounts of sucrose had smaller crystallite sizes as also reported by Brundavanam et al. when using gelatin. As well as the specific surface area, crystallite size affect the material’s bioactivity response, previous results already reported that less crystalline materials increase the functions of osteoblasts and are more bioresorbable.

| Samples     | Crystallite size (nm) | GOF  |
|-------------|-----------------------|------|
| HAp-600     | 21.81                 | 1.58 |
| HAS0.5-600  | 22.38                 | 1.50 |
| HAS1-600    | 19.70                 | 1.54 |
| HAS2-600    | 20.25                 | 1.50 |
| HAS3-600    | 15.33                 | 1.64 |
| HAS4-600    | 16.33                 | 1.47 |

### 3.2.2 Textural characterization

The literature mentions different substances used as a template which aims to improve some properties of the material, changing its morphology, increasing the specific surface area and pore size, and also decreasing the particle size. Some additives/templates used, such as surfactants, may have elements that can be difficult to remove, contaminating the biomaterial. Therefore, the use of sucrose is promising because it is inexpensive and free of toxic elements. Table 2 shows the values obtained for a specific surface area, pore size, and pore volume obtained through the analysis of adsorption/desorption isotherm and the pore size distribution obtained by BJH. The textural characterization showed that the use of sucrose as a template is very promising.

| Samples     | Specific surface area (m$^2$g$^{-1}$) | Pore diameter (Å) |
|-------------|--------------------------------------|-------------------|
| HAp-600     | 230 – 360 Å                          | 232.03 Å          |
| HAS0.5-600  | 230 – 360 Å                          | 224.03 Å          |
| HAS1-600    | 230 – 360 Å                          | 224.03 Å          |
| HAS2-600    | 230 – 360 Å                          | 224.03 Å          |
| HAS3-600    | 230 – 360 Å                          | 224.03 Å          |
| HAS4-600    | 230 – 360 Å                          | 224.03 Å          |

### 3.2.3 Fourier Transform Infrared Spectroscopy (FTIR)

Figure 4 shows the FTIR spectra of the obtained samples. The peaks at 3572 cm$^{-1}$, 1655 cm$^{-1}$, and 566 cm$^{-1}$ are attributed to the vibration of the adsorbed OH$^-$ to the structure of HAp and the peak at 372 cm$^{-1}$ is attributed to OH$^-$ of HAp. The FTIR spectra of all samples showed well-defined vibrational bands referring to the characteristic groups of the HAp phase, confirming the thermal stability of the materials to 600 °C and corroborating the results already shown by XRD. The spectrum has bands with high intensity in 1096-1044 cm$^{-1}$ related to the PO$^2_4$ group. Less intense signals also referring to PO$^3_4$ were identified at shorter wavelengths, such as 963, 603, 566 and 474 cm$^{-1}$.

The wide band at 3300-3600 cm$^{-1}$ range is characteristic of materials containing hydroxyl radicals. The wide band at 3437 cm$^{-1}$ corresponding to the vibration of the adsorbed H$_2$O to the structure of HAp and the peak at 3572 cm$^{-1}$ is attributed to OH$^-$ of HAp. HAp is the only calcium phosphate that presents this vibrational mode in 3572 cm$^{-1}$. OH$^-$ bands were also detected at 628 cm$^{-1}$ and less intense H$_2$O bands.
were also observed at 1640 cm\(^{-1}\). The results obtained are in accordance with those reported in the literature for the position of the vibrational bands of each HAp group\(^{25,36,50,51}\).

Absorption bands were identified at 875 and 1460 cm\(^{-1}\) that are attributed to the vibrational modes of substitution of PO\(_4\)\(^{3-}\) by carbonate, being described as type-B substitution\(^{10,52-54}\). The presence of carbonate groups in the HAp structure is characteristic of materials obtained in an uncontrolled atmosphere.

The anionic locations in the HAp structure are very susceptible to CO\(_2\) from the atmosphere, occurring these substitutions in the HAp network\(^{54}\). The presence of carbonate groups is common in biological HAp, this ion is the highest concentration, from 4 to 6% of ions\(^{55}\), making the synthesized materials analogous to biological apatites. Its replacement in the network does not disqualify its use as biomaterial since the composition of human bones and teeth contains carbonate as substitute ions\(^{56,57}\). No sucrose characteristic bands were identified.

### 3.2.5 Scanning Electron Microscopy (SEM)

The samples micrographs with different amounts of sucrose and the HAp-600 control sample are shown in Figure 6. The HAp-600 sample has a rod-like morphology, and in the HAp samples synthesized in the presence of sucrose, it is possible to observe a variation of the morphology as the sucrose concentration increases. In addition to the change in morphology, there was a narrowing of the particles, as can be seen in the HAS1-600 sample. This comparison is possible because the micrographs are at the same magnification of 100kx. Samples HAS0.5-600, HAS1-600, and HAS2-600 present a mixture of morphology, with rod-like and rounded edge or an irregular morphology. The samples HAS3-600 and HAS4-600 have a predominance of rounded structures\(^{58}\) and all the samples are composed of many clusters. Nanoparticles have a great tendency to cluster because they have a low volume, their area-volume ratio is much greater when compared to particles on a micro or submicron scale. The high surfaces of the particles have Van der Waals interactions that result in a strong tendency to agglomerate\(^{59,60}\).

### 3.2.6 Transmission Electron Microscopy (TEM)

TEM analysis was performed to observe their morphologies in detail and to evaluate the particle size. Figures 7 and 8 present the results of the MET analysis of the samples HAp-600, synthesized in the absence of sucrose, and the HAS1-600 and HAS3-600 samples, synthesized with 1g and 3g of sucrose, respectively.

The HAp-600 sample has a rod-like morphology with length in the range of 50-60 nm and width in the range of 15-23 nm (Figure 7a), with regular particle size distribution. A complementary analysis was performed in the HAADF-STEM mode is shown inserted in the figure.

Table 2. Textural parameters of the synthesized samples.

| Samples     | BET area (m\(^2\).g\(^{-1}\)) | Pore size (Å) | Pore volume (cm\(^3\).g\(^{-1}\)) |
|-------------|-------------------------------|---------------|----------------------------------|
| HAp-600     | 36.74                         | 224.03        | 0.2058                           |
| HAS0.5-600  | 63.00                         | 353.13        | 0.5568                           |
| HAS1-600    | 82.00                         | 237.57        | 0.4921                           |
| HAS2-600    | 77.00                         | 329.04        | 0.6382                           |
| HAS3-600    | 93.00                         | 258.64        | 0.6049                           |
| HAS4-600    | 69.00                         | 295.49        | 0.5108                           |

Figure 4. Adsorption/desorption isotherm of N\(_2\) of the HAS3.600 sample. The pore size distribution by the BJH method is shown inserted in the figure.

Figure 5. FTIR spectra of the (a) HAS0.5-600, (a) HAS1-600, (c) HAS2-600, (d) HAS3-600 and (e) HAS4-600 samples.
Figure 6. SEM micrographs of the (a) HAp-600, (b) HAS0.5-600, (c) HAS1-600, (d) HAS2-600, (e) HAS3-600 and (f) HAS4-600 samples.

Figure 7. MET bright field image and diffraction pattern (a), HAADF - STEM image and EDXS (b), MET bright field image (c), HRTEM (d), FTT (e) and IFFT (f) of the HAp-600 sample.
the Fourier transform (FTT) was applied using the digital program Micrograph (Gatan, Inc.). To improve the noise, a mask was applied (Figure 7e) and then the corresponding inverse Fourier transform (Figure 7f). The measured interplanar distance, shown in the Figure 7f, was 0.277 nm indexed corresponding to the HAp plane (112) according to ICSD 34457.

Figure 8a and 8b shows the bright and dark field pair of the HAS1-600 sample. The acquisition of these data helped to identify the sample’s morphology and particle size. Nanoparticle aggregates with a diameter of around 10-30 nm and irregular shape are observed in HAS1-600 sample (Figure 8a, 8b and 8c). It is possible to observe that the material has facets. In the HAS3-600 sample (Figure 8d) it is possible to observe more defined particles, with more rounded edge and with a predominance of particles with width ranging from 9-15 nm and a length ranging from 20-30nm. These results, in comparison to Figure 7a, confirm the sucrose influence on the final morphology and the growth of HAp nanoparticles. Thus, these results corroborate the SEM analysis about morphology and decrease of the particle size. The results indicate that the use of sucrose is promising for modifying particle size.

Sucrose is composed of many hydroxyl groups, providing a greater amount of reaction sites due to the interaction of OH- with Ca+2 by Van der Walls interaction, favoring the formation of many nucleation centers and its molecular structure is formed by a large chain. These last characteristic acts in decreasing the mobility of Ca+2 and PO4-3 ions within the nucleus, affecting growth, providing smaller particles.

The particle size is an important parameter in biomaterials synthesis since they reflect in the densification of the powder, sinterability as well as in its solubility in implants.

3.2.7 Indirect cytotoxicity

Figure 9 shows the results obtained by resazurin reduction assay to cells for the 24h incubation periods. The cell viability for extracts obtained in 24h (extract 1) were 98.9 ± 2.3% and 92.7 ±1.1% and for extracts obtained in 48h (extract 2), were 90.3 ±0.3% and 87.7 ±0.5% for samples HAp-600 and HAS3-600, respectively. The extracts of the samples HAp-600 and HAS3-600 were tested to dental pulp stem cells to evaluate the metabolic function and cellular health. An ideal biomaterial should not release any toxic products or produce adverse reactions. The toxicity is related to degradation of biomaterials which stimulates or inhibits cellular metabolism.
making preliminary in vitro studies necessary. Resazurin reduction is a fast colorimetric method and has been used to measure cell proliferation and cytotoxicity31. The analysis of Figure 9 allows to conclude that the samples did not present characteristics of cytotoxicity to the cells, since they presented values of cell viability above 85%, for both extracts obtained in 24 h and 48 h. There must be a decrease in cell viability by more than 30% to be considered cytotoxic, according to ISO 10993-531. The difference observed between the results of extracts 1 and 2 is attributed to the ions release, which for 48h was greater, increasing the interaction with the cells, presenting an impact on the cell viability, but not disqualifying the material since the results obtained are within required by ISO 10993-530, over 70%.

4. Conclusion

Hydroxyapatite samples using sucrose as a template were successfully synthesized by precipitation method using hen’s eggshell as calcium source. Sucrose provided changes in the morphology of the materials, also acting in the reduction of particle size, increase of the specific surface and porosity. The in vitro assay by resazurin reduction demonstrated that the HAP samples are not cytotoxic, which makes the synthesized materials promising for biomedical applications. The use of eggshells is an excellent raw material for reducing process costs. And the use of sucrose as a template showed satisfactory acting on the properties of the synthesized materials.

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