Case Report

First Report of Nasal Myiasis Caused by *Lucilia sericata* in the Pediatric Age Group from Tehran, Iran

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**Abstract**

Myiasis is an infestation caused by dipterous larvae. Nosocomial myiasis usually occurs in bedridden patients. Herein, we report a nasal myiasis in a 12-year-old female with cerebral palsy (CP) from Tehran, Iran and provide morphological identification of *Lucilia sericata* as the causative agent. The infection was identified 10 days after the hospital admission. It can be categorized as a nosocomial infection. As far as we are aware, this is the first report of nasal myiasis in the pediatric age group from Tehran, Iran.

**Keywords:**
Myiasis; *Lucilia sericata*; Pediatric; Nasal; Iran

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**Introduction**

Myiasis is an infestation caused by dipterous larvae. Different species of dipterans are identified as the etiology of this infection in humans and animals (1). Dipterans that cause myiasis can be divided in three groups; specific, semi-specific,
and accidental and the disease caused by them is identified as obligatory, facultative, and accidental, respectively (1).

Facultative myiasis normally develops in vegetable materials and dead tissue; however, it sometimes involves the live tissues of animals and humans (1). Female flies are attracted by the discharge of inflamed regions, eye, nose and wounds and lay eggs in these areas (2).

Myiasis is usually found in overcrowding areas with substandard hygienic conditions; however, it may also be reported from nursing homes and hospitals as a nosocomial infection (3). The most common infested sites are the opening orifices of the body (e.g., nose, eye, ear, anus, vagina and damaged skin.

A few cases of human myiasis producing facultative myiasis have been reported from Iran (4-6) and different countries (2, 7). The most important family causing myiasis is Calliphoridae family that includes Calliphora, Lucilia, Chrysomyia and Cochliomyia genera (8, 9). Lucilia sp. has a worldwide distribution and causes myiasis in humans and herbivorous animals (10).

Nasal myiasis from Lucilia spp. has been reported in some previous studies (8, 11, 12). Here, we report a case of human, nasal myiasis from Tehran, Iran and define morphological identification of L. seriata as the etiology of this disease.

**Case report**

A 12-year-old female as a known case of cerebral palsy (CP) was admitted to Intensive Care Unit (ICU) of Firoozabadi Hospital, Iran University of Medical Sciences, Tehran, Iran with decreased level of consciousness. The patient suffered from sepsis, respiratory distress, gastrointestinal bleeding (GIB) and hypoglycemia. The noninvasive ventilation (NIV) was used to treat respiratory failure, wide spectrum antibiotics and hypertonic glucose were started, and the general condition was improved gradually. On the 10th day of staying in ICU when the patient was under fixed NIV, a few [2-3] white seemingly, with about 9.5 mm length worms escaped from the patient’s right nose for three consecutive days.

**Ethic consideration**

Ethical approval for the study and informed consent forms were approved by ethics committee of Institute of Immunology and Infectious Diseases, Iran University of Medical Sciences. The written informed consent was taken from the patient by legally authorized representative.

Laboratory data indicated pancytopenia, positive the blood and the sample obtained from the mini Bronchoalveolar lavage (BAL) culture were positive with Klebsiella pneumoniae.

The larva was collected and preserved with 70% ethyl alcohol and transferred to the parasitology laboratory in Research Center of Pediatric Infectious Diseases for identification. At first, the size of the larva was measured, and then the fixed larva was sliced longitudinally and vertically for more assessment of the morphological details. It was immersed in 10% aqueous KOH and then mounted with polyvinyl alcohol (2), and finally observed under a light microscope. Morphological assessment of the larva was performed based on keys, provided by James (13).

The maggot was a third-instar larva, with the length and width of 9.5 mm and 1.5 mm. The body was almost tapered caudally and its color was white. The cylindrical body consisted of 12 segments. Although, the color of the larva was white, the internal organs were red-brown. The body of larvae in necrophagous Calliphoridae family had the special pattern for Calyptrata, three thoracic segments and seven abdominal segments (Fig. 1, A, B). The spine band was observed at the back ends of segments including numerous tiny single-pointed spines (Fig. 2, A). The larva pseudocephalon had 2 antennae with a sensory papilla on each antenna, and also 2 characteristic hooks were identified in the buccal cavity (Fig. 2, B)
Anterior spiracles position located at the anterolateral part of the body and were fan-shaped or finger-like shaped with 8 finger lobes. Posterior spiracles including three straight slits were set at the posterior end of the body, and were round with a button, that were closed by a peritremal ring without any gap (Fig.3, A, B).

Furthermore, *L. sericata* can be identified from *L. cuprina* instar that is an identical genus regarding that *L. sericata* larva has 7-10 finger lobes in the anterior spiracle in comparison with 4-5 lobes in *L. cuprina* that possesses a complete peritreme (14).

Finally the larva was identified as the third instar of *L. sericata* (Diptera: Calliphoridae) using morphological method. The patient was treated with a single dose of Ivermectin (3 mg) that was repeated once after 2 weeks. No other worm was detected after treatment.

Fig. 1: (A): Third instar larvae of *L. sericata* escaped from nose. (B): Views of third instar larvae.

Fig. 2: (A): Pointed bands of spines. (B): Larva pseudocephalon consists of 2 antennae and 2 hooks
Discussion

Nasal myiasis is due to the placing of the fly larva in the human nostrils. The prevalence of myiasis in developing countries and tropical areas is considerable. Nosocomial myiasis usually occurs in bedridden patients (15). The nosocomial myiasis infections rate is about 4% and mortality rate is 1.3% in Iran (16).

Dipterans are usually identified according to morphological features, and morphological differences in developmental stages including egg, larvae, and pupae needs precise consideration (2).

Myiasis can progress into malignant situations with some species (17). Furthermore, screwworms, like Cochliomyia hominivorax and Chrysomya bezziana, can cause septicemia, secondary infections, and if untreated, result in host death (18), so diagnosis of species is important.

In the present study, the maggot with typical morphological features of *L. sericata* was identified according to the characteristic features with identification keys and diagnosed as nasal myiasis in a general hospital in Tehran.

In a study, the fauna of medically important flies causing myiasis including Calliphoridae and Sarcophagidae was evaluated in Tehran, Iran. Out of 856 captured flies, 643 were from Calliphoridae family and 213 belonged to Sarcophagidae. Three species of *Lucilia* including *L. caesar*, *L. sericata* and *L. richardsi* were reported. Moreover, *L. richardsi* was reported for the first time (9).

Nasal nosocomial myiasis due to *L. sericata* has been reported from Iran (15), Kuwait (11), and Korea (12). A few cases of adult nasal nosocomial myiasis caused by *L. sericata* has been reported from different provinces of Iran, such as a 69-year-old man presented with dyspnea from Babol, (15) a 35-year-old patient with gastric cancer and respiratory distress from Ahwaz (8), a fatal case of nosocomial myiasis in a 54-year-old female after coronary artery bypass grafting in Tehran (19), and a nasal nosocomial myiasis caused by *Chrysomya bezziana* in a 74-year-old woman with dyspnea from Gonabad (4). However, as far as we know, our case is the first report of *L. sericata* myiasis from pediatric age group of Tehran, Iran.

Infestation of ocular tissue by *L. sericata* in a patient with retina vascular tumor, from Bijar City of Kurdistan (20) and intestinal myiasis caused by *L. illustris* have been reported (21). A gingival myiasis caused by *Wohlfartia magnifica* in a pediatric mental retarded boy was
reported from Bardestan village located in Bushehr Province, south of Iran (22).

Averagely, the minimum duration between egg laying to completion of the second instar stage of *L. sericata* is almost 50 hours at 29 °C and totally, three days take time to the end of the larval feeding stage (11).

Regarding to detection of the larva after ten days admission in ICU it can be concluded that nasal myiasis of our patient occurred in the hospital and could be considered as a nosocomial infestation.

**Conclusion**

A case of nasal myiasis caused by *L. sericata* was identified in this study. The clinicians should be aware and consider myiasis as a kind of nosocomial infection.

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**Conflicts of interest**

The authors declare there are no conflicts of interest.

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