Brain diseases, including both neurodegenerative diseases and mental disorders, represent the third largest healthcare problem in developed countries, after cardiovascular disorders and cancer [1]. The majority of human brain diseases have a multifactorial etiology and are characterized by different molecular alterations that act in synergy during the disease development [2]. In the last decade, the advancement of omics technologies, such as genomics, transcriptomics, proteomics, epigenomics, metabolomics, miRNomics, and lipidomics, offers a great contribution to the identification of novel molecular pathways, and to understand pathophysiological alterations underlying brain diseases. However, molecular profiling, which makes it possible to deepen the understanding of these disorders, has shown some limitations. Therefore, the analysis and integration of data derived from massively parallel technologies will allow the simultaneous identification of molecular alterations at different levels (transcript, gene, microRNA, protein, lipid, cellular metabolic processes), incorporating the available information, and thus contributing to providing novel insights into the mechanisms underlying human brain diseases [3].

This Special Issue gathers four reviews and six original research articles highlighting the potentialities of omics approaches in different brain diseases. Some authors reviewed the applications and impact of microfluidics technology on research in Alzheimer’s disease (AD), as an alternative platform to understand disease-associated pathways and mechanisms [4]. Regarding age-related disorders, another outstanding review discussed the emerging field of NADomics, the high-throughput study of nicotinamide adenine dinucleotide (NAD+) and its related metabolites. As the NADome (NAD+ metabolome) represents an important biomarker for aging and neurodegenerative diseases, the authors suggested that NADomics can be used to elucidate the pathobiology of these disorders and identify potential therapeutic strategies [5]. Moreover, Perrone and collaborators aimed to review the most recent advancements in genomics, metabolomics, and proteomics related to sudden infant death syndrome (SIDS), which is characterized by an unexpected death during the sleeping period, typically occurring in infants under 1 year of age, and is associated with defects in the portion of the brain that controls breathing. These authors suggested that a model integrating different data from biomarkers and omics analyses may represent a valuable tool to identify a risk profile of SIDS in newborns [6]. Finally, another review addressed the role of zinc and its related proteins as important modulators of the epigenome in different chronic diseases, discussing their interaction with the chromatin [7].

Concerning neuropsychiatric disorders, an integrative multi-omics analysis identified four categories of key genes involved in the pathogenesis of schizophrenia (SCZ), thus offering new insights to better understand the complexity and regional heterogeneity of SCZ [8]. Moreover, another study suggested that the disruption of DGCR8-dependent microRNA biogenesis is crucial for the 22q11.21 copy number variant (CNV) genes involved in psychiatric disorders for late fetal cortical development [9]. MiRNomics has also been analyzed by some authors who described a panel of CSF-enriched miRNAs as a possible tool to identify and characterize new molecular signatures in different neurological diseases [10].
In regards to proteomics, Drastichova and collaborators performed a study in a rat brain after withdrawal from morphine, revealing that alterations in protein expression and phosphorylation are associated with synaptic plasticity and cytoskeleton organization, thus contributing to long-term neuroadaptations induced by drug use and withdrawal [11]. Additionally, another study used a combined approach of mass spectrometry-based label-free quantitative proteomics (LFQ) and bioinformatics to investigate the protective effect of Orthosiphon stamineus leaf proteins (OSLPs) in SH-SY5Y cells induced by H2O2 insults that have been prevalently reported in different neurological disorders [12]. Finally, some authors demonstrated the utility of chloride adducts for the examination of human brain lipidomics, as no single platform can evaluate lipidomics as a whole [13].

In conclusion, brain diseases, such as neurodegenerative diseases and mental disorders, need integrative understanding that draws a more reliable hypothesis for pathology, which can be accomplished by an in-depth study of molecular information [14–16]. However, molecular profiling, which makes it possible to understand brain diseases, has been relatively insufficient [17–20]. This Special Issue can provide important information to help gain an in-depth understanding of the molecular aspects of diverse brain diseases. Furthermore, it is believed that multi-omics analysis should be used for brain diseases because multi-omics technology includes multiple molecular profiling, metadata, and big data processing with informatics and computer science, so it is possible to provide new macroscopic, as well as microscopic, insights for understanding brain diseases [21–23].

**Funding:** This research was supported by KBRI basic research program through the Korea Brain Research Institute funded by the Ministry of Science and ICT (21-BR-02-08).

**Institutional Review Board Statement:** Not applicable.

**Data Availability Statement:** Not applicable.

**Conflicts of Interest:** The authors declare no conflict of interest.

**References**

1. Deuschl, G.; Beghi, E.; Fazekas, F.; Varga, T.; Christoforidi, K.A.; Sipido, E.; Bassetti, C.L.; Vos, T.; Feigin, V.L. The burden of neurological diseases in Europe: An analysis for the Global Burden of Disease Study 2017. *Lancet Public Health* 2020, 5, e551–e567. [CrossRef]

2. La Cognata, V.; Morello, G.; Cavallaro, S. Omics Data and Their Integrative Analysis to Support Stratified Medicine in Neurodegenerative Diseases. *Int. J. Mol. Sci.* 2021, 22, 4820. [CrossRef]

3. Manzoni, C.; Kia, D.A.; Vandrovocva, J.; Hardy, J.; Wood, N.W.; Lewis, P.A.; Ferrari, R. Genome, transcriptome and proteome: The rise of omics data and their integration in biomedical sciences. *Brief Bioinform.* 2018, 19, 286–302. [CrossRef]

4. Prasanna, P.; Rathee, S.; Rahul, V.; Mandal, D.; Chandra Goud, M.S.; Yadav, P.; Hawthorne, S.; Sharma, A.; Gupta, P.K.; Ojha, S.; et al. Microfluidic Platforms to Unravel Mysteries of Alzheimer’s Disease: How Far Have We Come? *Life* 2021, 11, 1022. [CrossRef]

5. Braidy, N.; Villalva, M.D.; Grant, R. NADomics: Measuring NAD+ and Related Metabolites Using Liquid Chromatography Mass Spectrometry. *Life* 2021, 11, 512. [CrossRef]

6. Perrone, S.; Lembo, C.; Moretti, S.; Prezioso, G.; Buonocore, G.; Toscani, G.; Marinelli, F.; Nonnis-Marzano, F.; Esposito, S. Sudden Infant Death Syndrome: Beyond Risk Factors. *Life* 2021, 11, 184. [CrossRef] [PubMed]

7. Yusuf, A.P.; Abubakar, M.B.; Malami, I.; Ibrahim, K.G.; Abubakar, B.; Bello, M.B.; Qusty, N.; Elazab, S.T.; Imam, M.U.; Alexiou, A.; et al. Zinc Metalloproteins in Epigenetics and Their Crosstalk. *Life* 2021, 11, 186. [CrossRef]

8. Chen, M.; Wang, W.; Song, W.; Qian, W.; Lin, G.N. Integrative Analysis Identified Key Schizophrenia Risk Factors from an Abnormal Behavior Mouse Gene Set. *Life* 2021, 11, 172. [CrossRef] [PubMed]

9. Chen, L.; Cai, W.; Wang, W.; Liu, Z.; Lin, G.N. Spatiotemporal 22q11.21 Protein Network Implicates DGCR8-Dependent MicroRNA Biogenesis as a Risk for Late Fetal Cortical Development in Psychiatric Diseases. *Life* 2021, 11, 514. [CrossRef] [PubMed]

10. Muñoz-San Martin, M.; Gomez, I.; Miguela, A.; Belchi, O.; Robles-Cedeño, R.; Quintana, E.; Ramír-Torrentá, L. Description of a CSF-Enriched miRNA Panel for the Study of Neurodevelopmental Diseases. *Life* 2021, 11, 594. [CrossRef] [PubMed]

11. Drastichova, Z.; Hejnova, L.; Moravcova, R.; Novotny, J. Proteomic Analysis Unveils Expressional Changes in Cytoskeleton- and Synaptic Plasticity-Associated Proteins in Rat Brain Six Months after Withdrawal from Morphine. *Life* 2021, 11, 683. [CrossRef] [PubMed]

12. Chung, Y.S.; Ahmed, P.K.; Othman, I.; Shaikh, M.F. *Orthosiphon stamineus* Proteins Alleviate Hydrogen Peroxide Stress in SH-SY5Y Cells. *Life* 2021, 11, 585. [CrossRef] [PubMed]
13. Wood, P.L.; Haughter, K.A.; Scarborough, J.H.; Craney, D.J.; Dudzik, B.; Cebak, J.E.; Woltjer, R.L. Human Brain Lipidomics: Utilities of Chloride Adducts in Flow Injection Analysis. *Life* 2021, 11, 403. [CrossRef] [PubMed]

14. Südhof, T.C. Molecular Neuroscience in the 21st Century: A Personal Perspective. *Neuron* 2017, 96, 536–541. [CrossRef]

15. Buffalo, E.A.; Movshon, J.A.; Wurtz, R.H. From basic brain research to treating human brain disorders. *Proc. Natl. Acad. Sci. USA* 2019, 116, 26167–26172. [CrossRef]

16. Iturria-Medina, Y.; Carbonell, F.; Assadi, A.; Adewale, Q.; Khan, A.F.; Baumeister, T.R.; Sanchez-Rodriguez, L. Integrating molecular, histopathological, neuroimaging and clinical neuroscience data with NeuroPM-box. *Commun. Biol.* 2021, 4, 614. [CrossRef]

17. Beach, T.G. Alzheimer’s disease and the “Valley Of Death”: Not enough guidance from human brain tissue? *J. Alzheimers Dis.* 2013, 33 (Suppl. 1), S219–S233. [CrossRef]

18. Sproul, A.A.; Jacob, S.; Pre, D.; Kim, S.H.; Nestor, M.W.; Navarro-Sobrino, M.; Santa-Maria, I.; Zimmer, M.; Aubry, S.; Steele, J.W.; et al. Characterization and molecular profiling of PSEN1 familial Alzheimer’s disease iPSC-derived neural progenitors. *PLoS ONE* 2014, 9, e84547. [CrossRef] [PubMed]

19. Mellick, G.D.; Silburn, P.A.; Sutherland, G.T.; Siebert, G.A. Exploiting the potential of molecular profiling in Parkinson’s disease: Current practice and future probabilities. *Expert Rev. Mol. Diagn.* 2010, 10, 1035–1050. [CrossRef]

20. Egervari, G.; Kozlenkov, A.; Dracheva, S.; Hurd, Y.L. Molecular windows into the human brain for psychiatric disorders. *Mol. Psychiatry* 2019, 24, 653–673. [CrossRef] [PubMed]

21. Merelli, I.; Perez-Sanchez, H.; Gesing, S.; D’Agostino, D. High-performance computing and big data in omics-based medicine. *BioMed Res. Int.* 2014, 2014, 825649. [CrossRef] [PubMed]

22. Leon-Mimila, P.; Wang, J.; Huertas-Vazquez, A. Relevance of Multi-Omics Studies in Cardiovascular Diseases. *Front. Cardiovasc. Med.* 2019, 6, 91. [CrossRef] [PubMed]

23. Yu, X.T.; Zeng, T. Integrative Analysis of Omics Big Data. *Methods Mol. Biol.* 2018, 1754, 109–135. [CrossRef] [PubMed]