The 2019 eruption of recurrent nova V3890 Sgr: observations by Swift, NICER, and SMARTS

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ABSTRACT

V3890 Sgr is a recurrent nova that has been seen in outburst three times so far, with the most recent eruption occurring on 2019 August 27 UT. This latest outburst was followed in detail by the Neil Gehrels Swift Observatory, from less than a day after the eruption until the nova entered the Sun observing constraint, with a small number of additional observations after the constraint ended. The X-ray light curve shows initial hard shock emission, followed by an early start of the supersoft source phase around day 8.5, with the soft emission ceasing by day 26. Together with the peak blackbody temperature of the supersoft spectrum being ∼100 eV, these timings suggest the white dwarf mass to be high, ∼1.3 M⊙. The UV photometric light curve decays monotonically, with the decay rate changing a number of times, approximately simultaneously with variations in the X-ray emission. The UV grism spectra show both line and continuum emission, with emission lines of N, C, Mg, and O being notable. These UV spectra are best dereddened using a Small Magellanic Cloud extinction law. Optical spectra from SMARTS show evidence of interaction between the nova ejecta and wind from the donor star, as well as the extended atmosphere of the red giant being flash-ionized by the supersoft X-ray photons. Data from NICER reveal a transient 83 s quasi-periodic oscillation, with a modulation amplitude of 5 per cent, adding to the sample of novae that show such short variabilities during their supersoft phase.

Key words: stars: individual: V3890 Sgr – novae, cataclysmic variables – X-rays: stars.

1 INTRODUCTION

Novae are caused by thermonuclear explosions within an interacting binary system. Those termed classical novae (CNe) have been observed in outburst only once, while a small minority, the recurrent nova (RNe), have been detected in outburst more often, likely due to their higher white dwarf (WD) masses and accretion rates (Schaefer 2010). In CNe, which typically have orbital periods of hours, the companion star is usually on the main sequence, whereas the RNe often have much larger orbits, with the secondaries evolved to sub or red giants (RGs; Darnley et al. 2012).

Continued mass transfer eventually ignites nuclear burning at the base of the accreted envelope; this then causes the pressure to reach a sufficient level to trigger a thermonuclear runaway (TNR; see Bode & Evans 2008; Woudt & Ribeiro 2014, for review articles). Immediately following this explosion, the ejected material obscures the WD surface from view. As the ejecta expand, however, they become optically thin, typically allowing the surface nuclear burning to become visible. The ejecta photosphere recedes back to that of the WD that may still be heated by residual nuclear burning and, so, emitting soft X-rays. This stage is known as the supersoft source (SSS) state (Krautter 2008), and has been well observed in many novae by the Neil Gehrels Swift Observatory (henceforth, Swift; Gehrels et al. 2004); see Osborne (2015) and Page, Beardmore & Osborne (2020) for recent summaries of these observations.

There are 10 confirmed Galactic RNe, of which V3890 Sgr is one, each with recurrence time-scales of ∼10–100 yr, although the upper bound for these recurrence times is obviously a selection effect dependent on historical records. Schaefer (2010) provides a review of the recurrent systems in the Milky Way (MW).

V3890 Sgr was previously known to have erupted in 1962 and 1990 (Dinerstein & Hoffleit 1962; Kilmartin et al. 1990; Schaefer 1990). RNe outside the Milky Way have been found with recurrence times as short as 1 yr (e.g. Darnley et al. 2014).
On 2019 August 27,87 ut, the system was noted to be in outburst for a third time (Pereira 2019), confirming the recurrence interval to be 28–29 yr. An observation on 2019 August 27.05 by ASAS-SN (All-Sky Automated Survey for SuperNovae) showed the source still to be in quiescence, while an observation on August 27.75 was saturated (Strader et al. 2019). A first measured magnitude of V = 7.17 was obtained on August 28.1188 (Sokolovsky et al. 2019). For the plots presented in this paper, 2019 August 27.75 will be assumed to be T0, but there remains an uncertainty of 0.7 d for the exact outburst time, between the final non-detection and the saturated exposure.

Robinson, Clayton & Schaefer (2006) performed a search for additional outbursts of V3890 Sgr, but none was found. They note that the object is moderately fast in decline, and behind the Sun each December, so there is scope for eruptions to be missed entirely.

V3890 Sgr is one of the subsections of the RNe known as ‘symbiotic-like recurrents’, where the mass-losing star is an RG, making it similar to RS Oph and V407 Cyg (Schaefer 2010). The system contains an M5 tti RG secondary star (Harrison, Johnson & Spyromilio 1993), which is pulsating with a ∼104 d periodicity (Schaefer 2010; Mróz et al. 2014). Schaefer (2009) finds an orbital period of 519.7 ± 0.3 d, based on photometry spanning more than a century.

For this 2019 eruption, the nova was also identified by the names AT 2019qaq and Gaia19ebf.2 The outburst was detected across the electromagnetic spectrum, from γ-rays (Buson, Jean & Cheung 2019), through X-rays (Beardmore et al. 2019a, b; Ness et al. 2019; Orio et al. 2019, 2020; Page et al. 2019a, b; Singh et al. 2019a, b; Sokolovsky et al. 2019) and UV (Kuin et al. 2019) to optical (Munari & Walter 2019a; Strader et al. 2019), infrared (Evans et al. 2019; Woodward et al. 2019; Woodward, Banerjee & Evans 2020), and radio (Niyama et al. 2019; Polisensky et al. 2019). Here, we present a detailed analysis of the Swift, NICER (Neutron Star Interior Composition Explorer; Gendreau, Arzoumanian & Okajima 2012; Gendreau et al. 2016), and a portion of the SMARTS1 (Small and Moderate Aperture Research Telescope System) data of the 2019 eruption of V3890 Sgr.

The distance to V3890 Sgr has been taken to be 4.5 kpc, which is the lower limit from Munari & Walter (2019a) based on their calculated reddening and the dust map from Green et al. (2019), with similar results from using the Lallement et al. (2014) map. Schaefer (2009) lists an average estimated distance of 6 ± 1 kpc (measurements ranging from 4.7 to 7.6 kpc), which would be consistent with this lower limit. Schaefer (2018) points out that the parallaxes from Gaia DR2 are not yet reliable for systems with long-period binary orbits, such as V3890 Sgr.

In this paper, errors are given at the 90 per cent confidence level, unless otherwise stated. Spectra were binned such that they have a minimum of 1 count bin−1 to facilitate Cash statistic (Cash 1979) fitting within XSPEC (strictly speaking, a modified version for the case where there is a background file;4 Arnaud 1996), and the abundances from Wilms, Allen & McCray (2000), together with the photoelectric absorption cross-sections from Verner et al. (1996), have been assumed when using the Tübingen-Boulder Interstellar Medium (XSPEC/TBABS) absorption model.

| Day | Filter | Magnitude |
|-----|--------|-----------|
| 0.66 | uvw1  | 8.59 ± 0.02 |
| 0.72 | uvw1  | 8.62 ± 0.02 |
| 1.33 | u     | 8.84 ± 0.04 |
| 2.20 | u     | 9.19 ± 0.04 |

2 OBSERVATIONS

2.1 Swift

Swift observations of V3890 Sgr began less than 0.7 d after the assumed eruption time of 2019 August 27.75, and a mere 0.5 d after the announcement of the discovery, collecting data using both the X-ray Telescope (XRT; Burrows et al. 2005) and UV/Optical Telescope (UVOT; Roming et al. 2005). A bright, hard X-ray source was immediately detected, with a corresponding bright UV source (Sokolovsky et al. 2019). Multiple snapshots of data5 were collected each day between 2019 August 28 and September 5 (days 0.7–9 after the nova outburst), when the SSS emission was first detected (Page et al. 2019a). At this point, V3890 Sgr became too close to the Moon for Swift to observe, leading to a 4 d gap in observations. Data collection recommenced on September 10 (day 13), with several kiloseconds of data collected every day until September 26 (day 30), aimed at constraining any short-term variability. The exposure was then cut to ∼1 ks per day until the end of September (day 34), when the cadence of observations was decreased to approximately every 3 d. Three additional weekly observations were collected between October 28 and November 11, taking the observations up to 75 days post-outburst, at which time the nova became too close to the Sun in the sky for Swift to observe for the following three months. Once V3890 Sgr re-emerged from the solar observing constraint, five further weekly observations were obtained, between 2020 February 17 and March 14 (days 173–199), with a final 1.7 ks of data collected between April 29 and May 4 (days 245–250).

Most UVOT observations were performed using the uvm2 filter (central wavelength of 2246 Å). However, a number of UV-grism spectra were also taken between September 2 and 16 (days 5–20; together with uvw2 exposures, which is the default for the standard UVOT UV grism mode), with a V-grism observation on October 2 (day 35). In addition, the first four snapshots used the uvw1 and u filters. The roll angle was varied between snapshots, and an offset was implemented for the grism observations from day 16 onwards. The earliest observations on August 28, 29, and the start of 30 found a source that was too bright for standard UVOT photometry; however, the method of using the read-out streaks (Page et al. 2013) could be utilized to obtain magnitudes at these times. These measurements are given in Table 1. In addition, for one of the observations (ObsID 00045788015) the source fell on one of the known areas of the UVOT detector where the throughput is lower; this data set was therefore excluded from the UVOT analysis. The full set of UVOT photometry is listed in Table A1. All magnitudes are given in terms of the Vega system.

2 See https://wis-tns.weizmann.ac.il/object/2019qaq.
3 http://www.astro.yale.edu/smarts/
4 https://heasarc.gsfc.nasa.gov/docs/xanadu/xspec/manual/XSappendixStatistics.html
5 A continuous pointing by Swift is known as a snapshot.
6 https://swift.gsfc.nasa.gov/analysis/uvot_digest/sss_check.html

Table 1. Early UVOT magnitudes derived from the read-out streak. Times are the mid-point of the observation in days since eruption. The error given is statistical only; there is an additional systematic error of ∼0.10 in each case.
The Swift data were processed and analysed using HEASOFT version 6.26.1, together with the most recent calibration files available in the latter half of 2019. The UVOT grism images were processed with the UVOTPY PYTHON software version 2.3.2 and calibration (Kuin 2014; Kuin et al. 2015). In addition, an updated pre-release gain file for the XRT-Windowed Timing (WT) data was used. There is a known calibration issue for the WT data, referred to as ‘trailing charge’, which can lead to spurious low-energy bumps in the spectrum. To circumvent this problem, a low-energy cut-off of 0.5 keV (rather than the usual 0.3 keV) was used when generating the light curve and hardness ratio, and when modelling the pre-SSS phase spectra. By the time the SSS had faded away, the data were being collected in photon counting (PC) mode, where trailing charge is not a problem. In addition, to help further minimize the trailing charge and pile-up, only grade 0 (single pixel) events were used for both XRT modes.

PC data were assumed to be piled-up above $\sim$0.3 count s$^{-1}$, and corrected appropriately using annular extraction regions. Pile-up becomes evident at lower count rates in SSSs, making it advisable to exclude more of the PSF than generally suggested for the harder sources – e.g. Page et al. (2020). This is discussed in Section 6.

2.2 NICER

Following the detection of the SSS emission by Swift, a real-time target of opportunity observation of V3890 Sgr was performed by NICER on 2019 September 6 (day 9.9 after eruption; Beardmore et al. 2019a). Following this, a further 13 data sets were collected between September 10 and 27 (days 13–30), with raw exposure times ranging from 0.3 to 3.5 ks. However, for a number of these, including the initial data set, V3890 Sgr was observed as NICER passed through the South Atlantic Anomaly (SAA) and/or the observations were affected by intervals of high background, meaning that little or no time remained in the default cleaned event lists. Relaxing the filtering by removing the nicersaafilt/ saafilt and overonly_expr parameters recovered much of the exposure from the initial observation on September 6, though had less of an effect on the observations of September 10, 17, and 26. While we did not choose to use these ‘reclaimed’

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7 We note that this gain file, created using calibration data from the second half of 2019, significantly improved the agreement between the Swift and NICER results. The file is now publicly available as swxwtgains6_20010101v022.fits.
8 https://www.swift.ac.uk/analysis/xrt/digest_cal.php#trail
9Pile-up becomes evident at lower count rates in SSSs, making it advisable to exclude more of the PSF than generally suggested for the harder sources – e.g. Romano et al. (2006).
10Created with one bin per snapshot until after the observing constraint, using the online XRT product generator: https://www.swift.ac.uk/user_objec ts/ (Evans et al. 2007, 2009).
11All available V-band data were included; there was no filtering on uncertainties, and no observers were excluded.
12https://heasarc.gsfc.nasa.gov/docs/nicer/data_analysis/nicer_analysis_guide.html
data for general spectral fitting, due to the possibility of calibration issues, they were useful for the timing analysis given in Section 3.1.

Appropriate background spectra were extracted following the NICER background estimator tools,13 and HEASOFT version 6.26.1 was used, together with the most up-to-date calibration files available (release date 2020-02-02, including a gain file update).

2.3 SMARTS

SMARTS is comprised of a number of telescopes located on Cerro Tololo, Chile. Following the 2019 eruption of V3890 Sgr, 32 spectra were obtained between 2019 August 28 and November 4 (days 1–70), with nightly observations (weather permitting) until September 26, after which the cadence was reduced. All spectra were obtained with the Chiron fibre-fed Echelle specrograph (Tokovinin et al. 2012) mounted on the CTIO14 1.5 m telescope, with integration times of 10–60 min, depending on the brightness of the target. The spectra reported here were taken in ‘fibre mode’, with 4 × 4 on-chip binning yielding a resolution λ/Δλ ≈ 27 800.

The data were reduced using a pipeline coded in IDL.15 The images were flat-fielded. Cosmic rays were removed using the L.A. Cosmic algorithm (Van Dokkum 2001). The 74 Echelle orders were extracted, and instrumental background was subtracted. As Chiron is fibre-fed, there is no simple method to subtract the sky. In any event, for bright targets, such as V3890 Sgr in outburst, night sky emission is generally negligible apart from narrow [O I] and Na D lines.

Wavelength calibration was accomplished using ThAr calibration lamp exposures at the start and end of the night, and occasionally throughout the night. In our experience, Chiron in ‘fibre mode’ is stable to better than 250 m s−1 over the course of many nights. The instrumental response was removed from the individual orders by dividing by the spectrum of a flux-standard star, μ. Col. This provides flux-calibrated orders with a systemic uncertainty due to sky conditions. We later account for this by computing broad-band flux offsets by calibrating against contemporaneous optical photometry. The individual orders are spliced together, resulting in a calibrated spectrum from 4080–8900 Å. Finally, contemporaneous BVRI photometry from AAVSO was used to scale the spectrum to approximately true fluxes.

The SMARTS observing log is provided in Table A2.

3 X-RAY ANALYSIS

3.1 Variability

Swift observations of RS Oph in 2006 first identified a curious phenomenon, whereby the early rise to peak SSS emission was chaotic, with high-amplitude flux variability being seen – variations in the count rate of an order of magnitude or more in ~12 h (Osborne et al. 2011). Detailed monitoring of subsequent novae by Swift has shown that RS Oph was not a unique case, with a number of other sources also showing similar variability: Page et al. (2020) summarize the previous Swift results. While not as long-lived or spectacular as RS Oph, V3890 Sgr does show a short interval of variability, mainly between days 15 and 18 (Figs 1 and 2) where, as frequently seen in these cases, the source is softer when brighter. The maximum change in count rate measured is a factor of ~6.5 in ~6 h (between two Swift pointings) on day 15. In comparison, RS Oph saw a change in brightness by a factor of ~13 in ~12 h (Osborne et al. 2011), while the X-ray count rate in V458 Vul increased by a maximum factor of ~40 in 1.5 h (Ness et al. 2009). As first described by Osborne et al. (2011), such hardness variations could be explained by clumpy absorption of the softer X-rays (see also discussion in Schwarz et al. 2011) although, as discussed in Section 3.2, the absorption column measured in V3890 Sgr appears to remain approximately constant after day 8.

Considering a shorter time-scale, some novae also show quasi-periodic oscillations (QPOs) of a few tens of seconds during their SSS phase – examples in Swift observations include RS Oph, 35 s (Osborne et al. 2006; Beardmore et al. 2008; Osborne et al. 2011); KT Eri, 35 s (Beardmore et al. 2010); V339 Del, 54 s (Beardmore, Osborne & Page 2013); V5668 Sgr, 71 s (Page et al. 2015a). Ness et al. (2015) present a review of QPOs found in XMM–Newton and Chandra data, while the equivalent for all Swift data is in preparation (Beardmore et al.).

While no QPO was evident in the Swift observations of V3890 Sgr, the first quick-look NICER data set showed a clear detection of an 83 s oscillation (Beardmore et al. 2019a). As mentioned in Section 2.2, once the data were on the ground, it was found that the standard cleaning rejected this entire observation. Removing the usual filtering commands produced the light curve shown in the top panel of Fig. 3; even with the naked eye, a regular modulation is evident. We note that the SAA is not expected to vary quasi-periodically on a time frame of 83 s.

A detailed periodogram analysis of the Swift-XRT and NICER data was performed to search for any sign of oscillations up to ~100 s. This involved examining periodograms from individual snapshots of (non-background subtracted) data from each instrument, as well as averaging the results to increase the sensitivity of the search. We note that the background is negligible (~0.5 per cent) compared to the source emission at soft energies. The periodograms were normalized according to Leahy et al. (1983), which provides well-understood Poisson noise properties when evaluating detection levels. As continuous light curves are required for a standard fast Fourier transform algorithm, short gaps in the data were filled with the mean count rate before the periodograms were computed. For the XRT, only WT snapshots with mean count rates above 1 count s−1 were considered.

The analysis revealed the detection of a significant modulation in the first NICER data set taken on 2019 September 6 (day 10), the light curve and periodogram of which are shown in Fig. 3, confirming the preliminary findings of Beardmore et al. (2019a). The oscillation period was calculated to be 82.9 ± 0.6 s with an amplitude of 5.1 ± 0.5 per cent (using an epoch-folding period search technique; Leahy et al. 1987). The modulation is confined to the soft emission, though we cannot distinguish between it being caused by a change in blackbody (BB) normalization, temperature, or both (see Section 3.2 for spectral analysis).

The modulation was not seen in any of the other NICER observations (3σ fractional amplitude upper limit of 2.1 per cent), or their average (3σ fractional amplitude upper limit of 1.1 per cent). The modulation was also not seen in the Swift data, to a 3σ upper limit of 5.0 per cent, averaged over 20 periodograms; unfortunately, no Swift data were collected simultaneously with the NICER observations. There was also no QPO detected during the XMM–Newton observation around day 18 (Ness et al. 2019).

It should be noted that the QPOs seen in other novae were not always visible, even during times of maximum SSS brightness, so the non-detection in other NICER snapshots is not unprecedented.

13 https://heasarc.gsfc.nasa.gov/docs/nicer/tools/nicer_bkg_est_tools.html
14 Cerro Tololo Inter-American Observatory.
15 http://www.astro.sunysb.edu/fwalter/SMARTS/CHIRON/ch_reduce.pdf
3.2 Spectral evolution

Preliminary analysis of the Swift X-ray spectra showed they were typically well-fitted with one or two optically thin components (XSPEC APEC; Smith et al. 2001) for the early- and late-time data. During the SSS phase, an additional BB component, further improved by including absorption edges, was required.

As shown below, until the start of the SSS phase, the absorbing column was found to decrease steadily, as might be expected as the nova ejecta expand and thin, or as the shock traverses the RG wind (Bode et al. 2006); after this time, $N_H$ was found to flatten off at about $5.1 \times 10^{21} \text{ cm}^{-2}$, as demonstrated in Fig. 4. All fits after day 8 were therefore redone with $N_H$ fixed at this value, to help constrain better the SSS parameters. The absorption and reddening of the system is discussed in more detail in Section 4.3.

3.2.1 Swift

The top panel of Fig. 1 separates out the hard (2–10 keV) and soft (0.5–2 keV) X-ray light curves, clearly demonstrating that the increase in brightness after day 8 is entirely due to soft counts below 2 keV.

The upper panel of Fig. 5 shows a sample of the XRT SSS spectra, highlighting the increase in temperature between days 9.24 and 13.28, followed by a steady cooling/softening of the X-ray emission after this time. The spectra plotted were chosen to demonstrate the evolution of the soft emission clearly.
Fig. 6. Evolution of the X-ray spectra before, during, and after the SSS phase. Top panel: the 0.5–10 keV Swift XRT light curve plotted as black circles; the red crosses show the 0.5–10 keV NICER count rate divided by 40 for comparison. Second, third, and fourth panels: temperature, luminosity, and radius from BB fits to the Swift and NICER data. Fifth panel: temperatures of the two APEC components from the Swift and NICER data, plotted as circles and crosses. Sixth panel: the cross symbols after day 8 indicate that \(N_H\) was fixed at 5.1 \(\times 10^{21}\) cm\(^{-2}\) once the SSS component emerged. The stars and plus markers above the top panel mark the times of the clean NICER observations, and those where the data were affected by the SAA and/or high background (see text for details), respectively; the red stars highlight the times of the SSS spectra fitted. The error bars on the red NICER measurements are smaller than the size of the symbol.

For reference, the Eddington luminosity is \(1.26 \times 10^{38} (M/M_\odot)\) erg s\(^{-1}\).

Fig. 6 shows the results of the spectral fits to the X-ray data from the first X-ray detection until 34 d later. The spectral fit parameters corresponding to this figure are provided in Table 2.

From day 8.5, a BB component was included to model the new soft emission visible in the spectrum. Absorption edges with energies fixed at 0.67, 0.74, and 0.87 keV (H-like N, He-like O, and H-like O) were included (these were only applied to the BB component; they did not affect the APEC components), with the optical depths allowed to vary freely (including down to zero if the edge was not required in the fit); Fig. 7 demonstrates how the optical depths of these three edges vary with time. We caution that these edges are simply a way of improving the approximate BB parametrization of the soft emission (discussed in more detail in Section 3.2.3), with some of the fitted optical depths being poorly constrained, even when a significant improvement to the overall fit. However, there is a trend that the 0.67 and 0.74 keV edges become deeper with time, until around day 24; for the highest energy edge at 0.87 keV, most of the optical depths were only lower limits, so nothing conclusive can be said about temporal evolution. After day 24, the BB temperature was too low (\(\lesssim 50\) eV) for the edges to affect the component significantly.

The spectral fits were improved by a second optically thin component after day 8.5, consistently around 0.5–1 keV; there was no significant evidence for this secondary temperature at earlier times, but this may be explained by the higher absorbing column quenching any such cooler emission. After day 26, the SSS component dropped below the 90 per cent significance level, so the BB was no longer included, with the XRT spectra being well modelled by the two optically thin components alone. There was an interval between days 20 and 23 where the second optically thin component was not statistically required (\(\lesssim 90\) per cent improvement). These data...
the spectra for V3890 Sgr become background-dominated above 5 keV, so the higher energies were excluded), they can be used to place limits on abundances that cannot be easily done using the Swift-XRT data. While grating instruments are more desirable for detailed abundance investigations, only a single observation of V3890 Sgr was taken by each of Chandra (Orio et al. 2019, 2020) and XMM–Newton (Ness et al. 2019) during the outburst.

Orio et al. (2020) found that the Chandra High Energy Transmission Grating spectrum obtained on the seventh day after outburst could be fitted with two optically thin plasma components, with the cooler one showing evidence for enhanced metal abundances. With this in mind, and after some experimentation with the NICER data, the abundances of oxygen, neon, magnesium, and silicon in the cooler component were allowed to vary, while all others remained fixed at solar. This decreased the residuals in the fits without significantly altering the measured temperatures. In agreement with Chandra, neon, magnesium, and silicon were all found to be overabundant in all fits (∼3–6 times solar), while the oxygen abundance was initially consistent with zero, before apparently becoming supersolar at later times. Varying these abundances in the Swift fits made no significant differences to those results. Table 3 lists the parameters derived from the fits to the NICER data obtained during the SSS phase. Although, we model the harder X-ray emission with just two different temperature components, this is simply a parametrization of the more complex underlying continuum shock emission (cf. Vayt et al., 2007; Vayt et al., 2011). For comparison, Shore et al. (2011) present the 2010 eruption of the similar symbiotic RN V407 Cyg, analysing the shock and its evolution in that similar system in detail.

The NICER spectra are plotted in the lower panel of Fig. 5, and the BB temperatures, luminosities, and effective radii measured for the SSS component included in Fig. 6, showing them to be in good agreement with the Swift results.

None of the NICER observations was strictly simultaneous with Swift, so, given the obvious spectral variability, joint fits were not performed.

3.2.3 Alternative spectral fits

While the addition of three absorption edges to the underlying BB model is one way to parametrize the data, an equally good fit can be obtained using a BB together with three narrow emission lines at 0.50, 0.57, and 0.65 keV, corresponding to H-like N, He-like O, and H-like O, respectively, when considering the first, brightest, NICER data set, for example. While CCD spectra such as those from

16We note this is not necessarily a physically based model, but simply an example to demonstrate that the addition of absorption edges is not a uniquely acceptable model.

| Swift ObsID | Exposure time (ks) | Day | BB kT (eV) | APEC kT_hot (keV) | APEC kT_cool (keV) | $N_{H}$ (10^22 cm^{-2}) | C-stat/dof |
|-------------|-------------------|-----|------------|------------------|-------------------|-------------------------|------------|
| 00045788003 (snap 1) | 1.33 | 0.6587 | 7.99^{+1.06}_{-1.35} | 3.63^{+0.26}_{-0.29} | 537/578 |
| 00045788003 (snap 2) | 0.66 | 0.7213 | 7.09^{+1.28}_{-0.39} | 3.23^{+0.34}_{-0.39} | 333/402 |
| 00045788005 | 0.56 | 1.327 | > 40.1 | 1.20^{+0.19}_{-0.16} | 213/350 |
| 00045788006 | 0.65 | 2.199 | > 39.1 | 1.36^{+0.15}_{-0.15} | 317/405 |
| 00045788007 | 0.28 | 2.467 | > 41.6 | 2.26^{+0.44}_{-0.32} | 197/238 |

Figure 7. Time evolution of the three absorption edges used to parametrize the XRT (black) and NICER (red) SSS spectra. Only the fits that improved the C-statistic by at least 6 for 1 degree of freedom (dof) have been plotted. Lower limit arrows are shown where the optical depth pegged at the allowed maximum of 50. were collected in PC mode, while the spectra before and after were taken using WT mode; because the count rate was still sufficiently high for the PC data to be piled-up, annular extraction regions were used, leading to the spectra being of lower statistical quality than the others. This is likely to be the reason why the cooler APEC was not significantly required, given that the NICER spectra during this interval required both temperatures. We also note that the Chandra grating spectra collected around day 6–7 were better fitted by a dual temperature model with kT ∼ 1 and 4 keV (Orio et al. 2020), in agreement with our results here. At early times, the observed 0.5–10 keV flux of the hotter optically thin plasma varies between 0.7 and 1.4 × 10^{-10} erg cm^{-2} s^{-1}; after around day 4, the flux fades steadily, decreasing by an order of magnitude, from ∼1.4 × 10^{-10} to ∼1.5 × 10^{-11} erg cm^{-2} s^{-1} by day 33. The cooler component is fainter, but appears to fade at about the same fractional rate as the hotter component during the interval they are both detectable (they both decrease in flux by a factor of ∼2–3 between days 15 and 33), declining to ∼5 × 10^{-12} erg cm^{-2} s^{-1} by the time of the final spectrum fitted.

3.2.2 NICER

Following the Swift analysis, a model consisting of two XSPEC VAPEC optically thin components, together with a BB component and three absorption edges for the SSS emission was the baseline model from which we started the NICER spectral fitting. With many more counts in the NICER spectra (useful energy range of 0.2–12 keV; however,
Swift-XRT and NICER may not be able to differentiate between such models, grating spectra are better suited to this. An observation was obtained with the XMM–Newton Reflection Grating Spectrometer (RGS; den Herder et al. 2001) around 18 d after the eruption (ObsID 0821560201; Ness et al. 2019), overlapping NICER observation 2200810104. The best fits to the NICER data, using a BB together with absorption edges or emission lines, were folded through the RGS response and overplotted on those data. The results, shown in Fig. 8, clearly demonstrate that the fit with the emission lines is inconsistent with the RGS data, with the edge model being in much better agreement; while we do not claim these models to be directly appropriate for the grating spectra, the Cash-statistic results are 63.649 and 141.703 for 5377 dof for the edge and line models, respectively, showing the edge fit to be far better. As an aside, Ness et al. (2013) find that SSS spectra that show emission lines tend to be obscured systems, where the continuum is suppressed. The fit to the RGS data can be further improved by decreasing the oxygen abundance in the absorption component, but that is beyond the scope of this paper; the RGS data will be presented in full by Ness et al. (in preparation).

Modelling the SSS component with a BB alone, BB plus edges, or BB plus emission lines all lead to different fitted BB temperatures: absorption edges tend to increase the BB KT, while emission lines decrease the value. That is, the precise parameter values of the supersoft emission depend on the model used. While a simple BB is not a statistically good fit to the vast majority of the SSS spectra presented here, we did confirm that the underlying trends (for example, when, and the rate at which, the temperature decreases) were the same for this more basic model. Thus, the evolution of the SSS emission is approximately model-independent.

While it is known that BB models are an oversimplification of the emission from the WD, and are not physically realistic (having the potential to underestimate the temperature and overestimate the luminosities; see e.g. Krautter et al. 1996, although Osborne et al. 2011 found consistent results from the BB and atmosphere fits during the SSS plateau phase of RS Oph), the available model atmosphere grids did not reach high enough temperatures to fit the V3890 Sgr data, with many of the spectral fits pegging at uppermost temperature bound of $1.05 \times 10^6$ K (90.5 eV). The inclusion of the absorption edges in addition to the BBs does, however, somewhat mitigate the issue. Considering a sample of M31 novae, Henze et al. (2011) found a strong correlation between the temperatures estimated using BB fits and those using model atmospheres, suggesting that BBs can be used to parametrize the SSS temperature trends. In addition, high-resolution X-ray spectra have shown complex results (see Fig. 8), highlighting possible complications with using idealized atmosphere models and indicating more phenomenological approaches may be advisable (Ness 2020).

### 4 UV SPECTRA

It was found that the early UVOT grism spectra (before the observations were offset from day 16) suffered considerably from zeroth-order contamination from field stars, while for some roll angles the first-order spectrum of a field star overlaid the nova spectrum; for the affected parts of those spectra, only the emission lines are useful.

#### 4.1 UV continuum

The UVOT grism spectra span 1700–4500 Å, covering the Balmer jump at 3646 Å; Fig. 9 plots the spectra that were not contaminated by first-order emission from field stars. In a normal stellar atmosphere, the flux shortward of the Balmer jump is smaller, due to the larger opacity caused by bound-free absorption transitions. However, in our UV spectra, the continuum at shorter wavelengths is actually brighter. This can occur in the highly extended atmospheres of novae, which can have a larger photosphere at the higher opacities below the jump than above it (Gebbie & Thomas 1968; Harkness 1983; Hauschildt et al. 1992). Using the data presented here, we observe that the strength of the Balmer jump increases over time between days 6 and 18, the reason being that the continuum is formed in the extended medium of the shocked RG wind and the nova ejecta.

#### 4.1.1 Comparison with IUE

Data were obtained by IUE (International Ultraviolet Explorer) on days 18 and 26 after the previous 1990 eruption of V3890 Sgr (Gonzalez-Riestra 1992); the first of these spectra is included in Fig. 9. The long wavelength IUE data closely match the UVOT spectrum on day 18 after the recent eruption, though with a slightly lower flux and narrower lines, suggesting the start date for the 1990 event was slightly earlier than that adopted by Gonzalez-Riestra (1992). The day 18 spectra from both 1990 and 2019 show weak lines at 2143 and 2332 Å, corresponding to N II and [O II], respectively, with a full width at zero intensity (FWZI) of 10 000 km s$^{-1}$.

#### 4.2 UV line emission

The UVOT spectrum shows UV emission lines of N III 1750 Å, the blend of Si III 1892 Å/C III 1909 Å, a broad line at 2630 Å which...
Figure 8. XMM–Newton RGS spectra (ObsID 0821560201) overlaid with models from the NICER ObsID 2200810104 data set. The top panel shows the model consisting of a BB and three emission lines (as well as two underlying optically thin components) in red (line energies marked in red with dot–dashed lines), while the blue solid line shows the model with absorption edges instead (edge energies marked in blue with dotted lines). Panels 2 and 3 show the respective residuals.

Figure 9. Sample of Swift UVOT grism spectra of V3890 Sgr dereddened using an SMC reddening law. The spectra have been vertically offset by $10^{-13}$ erg cm$^{-2}$ s$^{-1}$ Å$^{-1}$ for clarity, and those after day 18 have been smoothed using a three-point boxcar algorithm. Lines mentioned in Section 4.2 are marked. The IUE spectrum from day 18 after the 1990 eruption has been included for comparison.

is a [Mg VII] blend with weaker [Fe IX] at 2648 Å, Mg II 2800 Å, and the Bowen lines of O III at 3133 and 3444 Å. Similar line identifications were made by Gonzalez-Riestra (1992) for the 1990 eruption. No lines of [Ne III] are seen at 3870/3970 Å, nor is there a [Ne V] doublet at 3349/3426 Å, however, the upper limits on the Ne abundance are close to solar.

Fig. 10 shows the evolution of the line fluxes. The Mg II resonance line shows a steady decrease in flux, while the O III 3133 Å Bowen line is seen to gain in strength until day 7, likely because the ejecta were still optically thick to the He Ly$\alpha$ 304 Å line which pumps the O III emission at early times. Due to the noise in the spectra, the width of the Mg II line cannot be said to change significantly, with $FWZI/2 = 7500 \pm 1000$ km s$^{-1}$, and full width at half maximum $FWHM = 5000 \pm 500$ km s$^{-1}$. The core of the line profile becomes narrower at later times, while the wings remain extended; the line widths ($FWZI/2 \sim 55$ Å at 2800 Å) are significantly larger than the FWHM of the point spread function (PSF; $\sim 3$ Å). Flux errors of $\sim 15$ per cent ($\sim 30$ per cent for N III) are estimated from the differences seen in spectra obtained on the same day, before they were averaged.

4.3 Reddening

Using the IUE spectra from the 1990 eruption of V3890 Sgr, Gonzalez-Riestra (1992) estimated a value of $E(B-V) = 1.1 \pm 0.1$, while Schaefer (2010) lists an average extinction for the system
of $E(B - V) = 0.9$. Using data from the current eruption, Munari & Walter (2019a) derive $E(B - V)$ to be somewhat lower, between 0.56 and 0.62, with a mean value of 0.59 mag. The reddening derived from the IRAS/COBE-DIRBE 100 μm maps (Schlegel D, Finkbeiner & Davis 1998),18 and updated using Sloan spectra (Schlafly & Finkbeiner 2011), yields $E(B - V) = 0.4822 ± 0.0091$. By combining the earlier dust maps with Pan-STARRS PS1, the 2MASS photometry and distances from Gaia DR2, Green et al. (2019) derive 3D reddening maps. They define an extinction parameter, $E$, for the assumed mean Galactic reddening law scaled to the Schlegel et al. (1998) results. In the case of V3890 Sgr, $E = 0.561$, which is valid out to a distance of $\sim 4$ kpc along the line of sight. Their conversion to $A_V$ has been based on a comparison to APOGEE DR14 (Apache Point Observatory Galactic Evolution Experiment; Queiroz et al. 2018), providing a value of $A_V = 1.77 ± 0.09$ mag, which we adopt here.

Initially, we tried to apply a reddening correction to the Swift UV spectrum using the Cardelli, Clayton & Mathis (1989) Galactic extinction curve for various combinations of $E(B - V)$ and $R_V$ giving a total visual extinction of $A_V = 1.77$ mag. However, any reasonable value of $R_V$ led to a pronounced bump in the dereddened spectrum at 2175 Å. Therefore, different reddening laws were investigated, using the parametrization by Pei (1992) of the Galactic (MW), Large Magellanic Cloud (LMC), and Small Magellanic Cloud (SMC) extinction curves, where notably the effect of the 2175 Å absorption peak decreases from MW to LMC to SMC. An LMC reddening law with $R_V = 3.1$ and $A_V = 1.77$ mag was not favoured since it leads to a small bump at 2200 Å. However, we do find a smooth corrected spectrum using the SMC curve; see Fig. 9. We note that is not unusual to find deviations from the average MW extinction law, and that there are differences in the 2175 Å bump even within a galaxy (e.g. Hagen et al. 2017). The derived intrinsic UV flux is high since the SMC extinction law is steeper in the UV than the mean Galactic reddening.

The slope of the UV spectrum indicates a fairly hot emission source, with equivalent BB temperatures of the order of $10^4$ K ($\sim 10$ eV). The V3890 Sgr symbiotic system, similar to RS Oph and V407 Cyg (Osborne et al. 2011; Shore et al. 2011, 2012), comprises a WD and an RG. The evolved RG has an extensive wind, with typical densities in the range of $10^{-5}$ cm$^{-3}$, velocities of 10s–100s km s$^{-1}$ and temperatures of up to $10^4$ K (in part due to shocks by the ejecta; Reimers 1977; Shore et al. 2011). The initial nova explosion flash ionizes the wind, which will then experience a strong mechanical shock from the ejecta interacting with it. Comparison with the detailed spectral component analysis of V407 Cyg by Shore et al. (2011, 2012) suggests that the source of the UV continuum is dominated by the photoionized RG wind.

The Leiden/Argentina/Bonn (LAB) and Galactic All-Sky Survey (GASS) measurements provide an estimate of $N_H \sim 1.9 \times 10^{21}$ cm$^{-2}$ (Kalberla et al. 2005; Kalberla & Haud 2015) in the direction of V3890 Sgr, which is lower than the value derived from the fits to the XRT spectra presented here ($5.1 \times 10^{21}$ cm$^{-2}$) by a value of $\sim 3.2 \times 10^{21}$ cm$^{-2}$. The column including molecular hydrogen ($N_{HI, tot} = N_{HI} + 2N_{H_2}$; Willingale et al. 2013) is $\sim 3 \times 10^{21}$ cm$^{-2}$, still below the best fit from the XRT data. Using the relation between optical extinction and $N_H$ found by Güver & Özel (2009) of $N_H$ (cm$^{-2}$) = $(2.21 \pm 0.09) \times 10^{21}$ $A_V$ (mag), our adopted value of $A_V = 1.77$ suggests a column of $3.9 \times 10^{21}$ cm$^{-2}$. With a back-of-the-envelope calculation, we can explain this discrepancy as being due to additional absorption in the wind of the RG star. The luminosity of the secondary was estimated using the spectral energy distribution (SED) based on published photometry taken from the Vizier photometry tool, 20 with the spectrum below 5000 Å replaced by a scaled spectral model for an M5 tt star (Pickles 1998) and effective temperature consistent with the spectral type. Lines in the Chiron spectra (obtained in 2018, between nova eruptions) from the Stony Brook/SMARTS Atlas of (mostly) Southern Novae21 (Walter et al. 2012) were examined, identifying the low-density forbidden lines $[O I]$ as giving the final wind velocity, while the lines formed at higher densities are indicative of the turbulent velocities in the subsonic region. The mass-loss rate was obtained using the modified Reimers (1977) formula from Schröder & Cuntz (2005), with the density in the wind following; this can then be related to the column density at a distance of 1.3–10 stellar radii, providing an estimate of the order of the excess $N_H$ seen in the XRT spectra (i.e. an additional $\sim (1–3) \times 10^{21}$ cm$^{-2}$ above the interstellar value required to reach the fitted column of $5.1 \times 10^{21}$ cm$^{-2}$, depending on the method of estimating the Galactic value). Seeing excess absorption from the RG wind suggests that the nova eruption occurred when the WD was on the far side of the binary system from our view point.

It has previously been considered that clumpy absorption could be the cause of the high-amplitude flux variability seen during the onset of the SSS phase in some novae. However, there was no strong evidence for changing $N_H$ after day 8 in the case of V3890 Sgr.

5 OPTICAL SPECTRA

The fluxes of 23 discrete lines were measured in the SMARTS/Chiron spectra, and are listed in Table 4. Fig. 11 shows a sample of these spectra,22 while typical light curves are shown in Fig. 12. Based on the time variation of the fluxes, we categorize the lines as follows:

Lines that track the ejecta. These include the lines of $H \alpha$ (Hα and Hβ) and He I. These lines peak within a few days of the nova

18These maps provide the total Galactic reddening in any given direction, not just to the distance of the nova.

19https://www.swift.ac.uk/analysis/nhtot/
20http://vizier.unistra.fr/vizier/sed/
21http://www.astro.sunysb.edu/fwalter/SMARTS/NovaAtlas/atlas.html
22See also http://www.astro.sunysb.edu/fwalter/SMARTS/NovaAtlas/v3890sgr/spec/v3890sgr.chspec.html.
outburst, and have a secondary peak about the time of the maximum SSS luminosity on day 15.

**Bowen lines and He II.** The He II and the λ4640 Bowen complex lines peak about day 8 (coinciding with the emergence of the SSS emission), with a secondary peak coincident with the maximum of the SSS. The He II line is double-peaked, with the red peak brighter, and peaks separated by \( \sim 170 \text{ km s}^{-1} \). The Bowen complex appears to be dominated by lines of N III and contaminated by lines of Fe II (multiplets 37 and 38). The N III λλ 4640.6, 4641.2 lines exhibit the same line profile as He II. There may also be some C III λλ 4650–4652 present.

**Singly ionized metals.** We examined seven prominent Fe II lines. The lowest excitation Fe II (multiplets 41 and 49) peak within a few days of the eruption. These lines have a second maximum about day 8, as the SSS makes its first appearance. Higher excitation lines in multiplet 74 and Fe II λ6383 peak about day 8. All the lines show a rebrightening about days 15–25, while the SSS is at its brightest. In addition, Mg II λ7786 (\( \xi = 11.5 \text{ eV} \)) peaks with the nova outburst; Si II λ6347 (\( \xi = 8.1 \text{ eV} \)) peaks days 7–8; and S II λ6084 (\( \xi = 17.3 \text{ eV} \)) peaks days 15–22, coincident with the SSS maximum.

**Forbidden Fe lines.** The [Fe VIII] λλ 5721, 6087 lines peak at days 7–8. [Fe X] λ6374 grows gradually until day 20, and the coronal lines [Fe XI] λ7891 and [Fe XIV] λ5303 peak on days 18–24, following the peak of the SSS luminosity. The [Fe XIV] lines peak about 4 d before the [Fe XI] line, and the [Fe XII] line is the last to decay. A snapshot example of the forbidden Fe lines, shown in Fig. 13, demonstrates the respective strengths of the lines.

The first peak in the emission-line fluxes (He I, H I, Fe II), immediately following the eruption, is likely due directly to the nova outburst and ejecta interacting with the donor star. These lines are shifted by \(-90 \text{ km s}^{-1}\), which is the radial velocity of the RG donor prior to the outburst; the ejecta themselves have a much higher velocity. The trend of Mg II λ7786 and λ2800 (Fig. 10) fluxes is consistent with this.

The second peak in line fluxes about day 8 coincides with the onset of the SSS. As the optical depth to the X-ray-emitting region decreases, permitted optical lines pumped by He II λ304 become visible. This is the so-called Bowen mechanism (Boven 1934; Kallman & McCray 1980). These lines include O III λλ 3133, 3444 (Fig. 10), N III λλ 4640, and He II λ6386. He II becomes fully ionized, decreasing the Bowen pumping and the He II fraction.

The [Fe XIV] emission begins to rise about day 10, shortly after the onset of the SSS, and peaks about day 20, some 3 d after the peak SSS emission. As this recombines, the [Fe XIV] emission peaks about 4 d later, after the SSS emission has faded by over an order of magnitude. While the peak [Fe XIV] emission occurs between these two lines, it lingers longer. The profiles of the line fluxes, modelled as Gaussians, give FWHM of 5, 6, and 10 d for [Fe XIV], [Fe XII], and [Fe X], respectively. This behaviour is consistent with a scenario wherein the wind/extended atmosphere of the RG is flash-ionized by the brightening of the SSS.

In the case of the BVI bands, \( \sim 80–90\% \) of the flux is in the continuum, rather than in line emission; the R-band flux is, however, dominated by H α. The peak line contribution occurs around days 25–30 after eruption, interestingly about the time when the X-ray BB luminosity peaks and the temperature is coolest (Fig. 6).

Integrating the SSS emission, and assuming a typical 0.5 keV photon energy, the ionizing X-ray fluence is about \( 7 \times 10^{49} \) photons. Following the discussion in Section 4.3, with a solar Fe abundance of 7.63, we estimate there are of order \( 10^{44} \) Fe atoms in the stellar atmosphere/wind, so there are sufficient X-ray photons to ionize the wind. The radiative recombination time of [Fe XIV] is 0.017 s (Aggarwal & Keenan 2014), and integrating the [Fe XIV] flux requires about \( 7 \times 10^{50} \) de-excitations over 9–10 d. The recombination time following the turn-off of the SSS about day 25 suggests an electron density of order 1000 cm\(^{-3}\).
Figure 11. Sample of some of the Chiron spectra we used in this analysis. The scaling is logarithmic to show lines weaker than Hα. Continua are offset to the Julian date \((245 + n)\) of the observation. The continuum is noisy in the later spectra as the nova fades, especially shortward of 4700 Å. The data are smoothed, and points less than 1 per cent of the median continuum flux have been truncated at that level.

Figure 12. The time variation of four permitted (left-hand panel) and four forbidden (right-hand panel) lines compared to the X-ray light curve (shown in red). The lines are scaled to their respective maxima, while the X-rays have been reduced by half for clarity. The permitted FeII, HeI, and Hβ lines all peak close to the time of the nova, before the appearance of the SSS, and have a secondary peak following the X-ray maximum. HeII peaks \(\sim 8\) day 8, about the time of the first appearance of the soft X-rays, and has a secondary maximum at the X-ray peak. For the forbidden lines, the [Fe XIV] emission seems to track well the bright part of the SSS, fading after the SSS drops away. [Fe XII] peaks once this [Fe XIV] starts to fade. Although the [Fe X] emission peaks about the same time as the SSS and the [Fe XIV], it likely has multiple excitation/ionization paths. [Fe X] and [Fe VII] appear prior to the emergence of the SSS, and both linger well past the fading of the [Fe XI]. The uncertainties on the optical fluxes are typically \(< 5\) per cent, though up to \(\sim 10\) per cent for the faintest measurements.

6 DISCUSSION

The data collected by Swift and NICER of the latest eruption of V3890 Sgr add to the sample of novae well monitored over the X-ray band. The frequent observations allow us to follow the X-ray emission as the source evolves rapidly from a hard, shock spectrum, through the supersoft phase, and on towards a return to quiescence. UV data from Swift, combined with optical measurements from the AAVSO, provide well-sampled light curves, with the UVOT grism and optical spectra from SMARTS showing how the spectra change with time.

6.1 X-ray emission

The fitted BB temperature in Fig. 6 started off cool, rising by \(\sim 50\) eV during the 4 d the target could not be observed by Swift. After reaching a peak of \(\sim 90–100\) eV, the BB temperature followed a declining trend until the component was no longer statistically significant. The hotter optically thin thermal component was also seen to cool, from \(\geq 10\) keV at the time of the earliest detection until around 20 d after eruption, after which the temperature of this component remained around 1–2 keV. When detectable, the cooler optically thin component was consistently around 0.5–1 keV.
The BB luminosity and radius were found to increase by a factor of 10–15 as the soft emission temperature decreased, after an initial drop during the unobservable interval. From the theory of nova evolution (MacDonald 1985), it is expected that the effective radius decreases (and kT increases) during the start of the SSS emission, as we see deeper into the hotter layers. In V3890 Sgr, this phase appears to have occurred rapidly, between days 9 and 13 after eruption, followed by a monotonic cooling.

Page & Osborne (2014) present a sample of Swift-XRT spectra of nova SSS phases (see also individual studies in Page et al. 2010; Osborne et al. 2011; Page et al. 2015b; Bode et al. 2016; Aydi et al. 2018b). While many of these systems do show an initial rise in temperature as the soft emission becomes visible, if there is a later cooling detected, this is typically seen as the X-ray emission fades away. In the case of V3890 Sgr, however, the steady cooling started before the X-ray count rate had even peaked. It should be noted though, that, unlike in many nova outbursts (see e.g. Page et al. 2020), there is not a clearly defined peak X-ray interval in the light curve of V3890 Sgr, with the flux variability (which often signifies the onset of the SSS emission) transitioning immediately into the fading regime. The BB temperature measured for V3890 Sgr dropped very rapidly, cooling by a factor of ~3 from the peak temperature over 13 d. In comparison, the temperature of the soft component in RS Oph decreased by only a factor of 1.5 over an interval of 25 d (see Page & Osborne 2014).

Using the luminosity–temperature relations from Wolf et al. (2013) and Sala & Hernanz (2005) with the peak SSS temperature of 90–100 eV, we estimate the WD mass in V3890 Sgr to be ~1.25–1.3 M⊙. The first indication of the soft emission being as early as day 8.5 after eruption, and the short duration of the SSS (a soft component was no longer statistically significant beyond day 26) are further signs of a massive WD (Krautter et al. 1996; MacDonald 1996; Kato 1997; Hachisu, Kato & Luna 2007), as expected for an RN system.

6.2 QPO

Short period QPOs have been detected by Swift, XMM–Newton, and Chandra (Ness et al. 2015), in both novae and persistent SSSs. In all cases, these modulations are not strictly periodic (hence the term ‘quasi-periodic’ oscillations), have amplitudes of up to ~15–20 per cent of the source count rate (though frequently lower), and are transient in nature (sometimes persisting for only ~120 s, but other times remaining detected for an entire Swift pointing of ~1.5 ks; Beardmore et al., in preparation). As noted in Beardmore et al. (2008) and Osborne et al. (2011), there is no obvious correlation between the period and the source intensity. V3890 Sgr adds another source to the sample of X-ray QPOs detected in SSS novae, with a period of ~83 s and modulation amplitude of ~5 per cent.

The cause of these QPOs is not certain, with various possibilities being suggested, from rotation to pulsation (see Ness et al. 2015, for more discussion). WDs in cataclysmic variables (CVs) can have rapid rotation periods of <100 s – see the Ritter & Kolb CV catalogue (Ritter & Kolb 2003) – and dwarf nova oscillations (DNOs) can also be around this duration (Côrdova et al. 1984; Mason et al. 1988; Jones & Watson 1992). However, in order to be able to detect a modulation, there needs to be some form of differentiation of the emission – be this the occultation of a magnetic hotspot, variable absorption, or some other mechanism. It is believed that SSS emission originates in an extended nuclear-burning atmosphere, which would then require some form of asymmetry for a modulation to be detected. Work by Beardmore et al. (in preparation) does suggest that, in the case of RS Oph, the modulation may be caused by variations in the oxygen column density, although the other novae investigated do not show such an absorption effect. While Osborne et al. (2011) postulated that the non-radial g-mode pulsations predicted by Kawaler (1988) for planetary nebulae nuclei might be the cause of the QPO, recent work by Wolf, Townsend & Bildsten (2018) only predicts stable pulsations with periods under ~10 s, shorter than the modulations detected in SSS novae. Stellar pulsations do not therefore appear to be a viable explanation. Thus, at the present time, while QPOs are frequently detected in the SSS emission of X-ray bright novae, the formation mechanism remains unclear.

6.3 UV and optical light-curve evolution

As Fig. 1 shows, while the UV and optical light curves follow a monotonic decay (in contrast to the X-rays), the rate of fading varies over time, first steepening, then flattening after ~day 30. The decay indices can be estimated following Page et al. (2013a), parametrizing the evolution of the magnitudes as being proportional to log(time), equivalent to flux proportional to time; i.e. \( f \propto (t/1 d)^{-\alpha} \). Considering only the data after day 3 (that is, the time after which the UV source had faded sufficiently to allow standard UVOT photometry), a model with four breaks follows the overall decay well; these break times, identified by eye, with uncertainties of ~0.5 d, are marked with vertical lines in the AAVSO panel of Fig. 1. While additional changes in slope may parametrize the decay even more exactly, these four breaks after day 3 were very obvious and, as discussed below, coincide with changes in the X-ray emission. We do note that the earliest AAVSO data follow a steeper slope than after day 3, though.

We consider only the Swift-\textit{uvw2} and AAVSO-V light curves, since the \textit{uvw2} data are much sparser; Table 5 lists the power-law decay slopes and break times.

The approximate times of the changes in slope are found to be consistent between the AAVSO V band and UVOT \textit{uvw2} decay, with the exception of the first break. Given that the AAVSO data were collected continuously throughout this interval, while there was a gap in the UVOT data, this suggests the V-band data may be a more reliable measurement of this break time. In addition, the earliest evidence of the SSS X-ray emission was noted on day 8.5, indicating

\cite{Ritter&KolbCVcatalogue2003}.
Table 5. Parametrization of the UV and optical light curves after day 3 as a series of power laws. Breaks are given as days since 2019 August 27.75. The uncertainties on the break times are \( \pm 0.5 \) d. The statistical errors on the magnitudes are generally below 0.5 per cent.

| Filter | \( \alpha_1 \) Break | \( \alpha_2 \) Break | \( \alpha_3 \) Break | \( \alpha_4 \) Break | \( \alpha_5 \) Break |
|--------|------------------------|------------------------|------------------------|------------------------|------------------------|
| \( V \) | 0.8 | 8 | 2 | 21.5 | 5.8 | 30 | 2.8 | 40.5 | 1.4 |
| \( uvm2 \) | 0.8 | 13 | 2 | 21.5 | 4.6 | 30 | 2.8 | 40.5 | 1.8 |

A link between this emergence and the change in optical slope. The second steepening, around day 21–22, coincides with the time at which the SSS X-ray emission starts to fade continuously, and a flattening in the X-ray decay is apparent around day 30 (Fig. 1), when the UV/optical decays also become less steep. Note that, if the time of the eruption were taken to be 0.7 d earlier (that is, corresponding to the last non-detection), the estimated slopes would be \( \pm 0.5 \) steeper.

After re-emerging from behind the Sun, the UV source was initially approximately consistent in brightness with the data collected 3 months earlier, though then faded by another magnitude to \( m_2 = 17.69 \pm 0.11 \) by 2020 May 4; the AAVSO data show measurements around \( V \sim 15.5–15.8 \) at this time. Schaefer (2010) gives the quiescent V-band magnitude of V3890 Sgr as 15.5, suggesting that this final flattening may be due to the source reaching the interruption brightness level. The X-ray 0.3–10 keV count rate decreased by an order of magnitude during the interval of Sun constraint, from \( \sim 0.3 \) to \( \sim 0.03 \) count s\(^{-1}\), fading further to \( (7 \pm 2) \times 10^{-3} \) count s\(^{-1}\) by May 4. Assuming a distance of 4.5 kpc, this corresponds to an observed 0.3–10 keV luminosity of \( 4.2 \times 10^{32} \) erg s\(^{-1}\). We note that an upper limit of \( \sim 10^{31} \) erg s\(^{-1}\) was estimated from \( XMM–Newton \) data in 2010 (Orio et al. 2020), 20 yr after the previous eruption.

Strope, Schaefer & Henden (2010) categorize V3890 Sgr as a ‘Type S’ stereotypical nova light curve, meaning the decline is a smooth series of power laws with no major fluctuations. Many (60–90 per cent from Schaefer 2010) RNe fall within the P-class, showing a plateau in their optical curves around 3–6 mag below peak, which typically happens at the same time as the SSS X-ray emission (Hachisu et al. 2000, 2006; Schaefer 2010). It has been speculated that this flattening may arise from the reradiation of the soft X-rays by an accretion disc. There is no strong evidence for such a plateau in V3890 Sgr; in fact, the decay slope in the UV/optical actually steepens at the start of the X-ray SSS phase (though does steepen further as the supersoft emission comes to an end).

Using AAVSO data from the 1990 outburst (for which the peak magnitude measured was \( V \sim 8.1 \), approximately 1 mag fainter than that reported for the 2019 outburst; Gonzalez-Riestra 1992), Strope et al. (2010) parametrize the decay of V3890 Sgr with three power-law segments. They fit the decline with a power-law slope\(^{24}\) of 1.6 until day 10, then 2.4 until day 33, and finally a slope of 2, fitting data out until about 70 d after outburst. These break times can be compared favourably with our measurements of day 10 and 30 (although our data are further improved with an additional break between these, at day 21). Our best-fitting slope before day 8–10 is flatter, with \( \alpha \sim 0.8 \); however, fig. 4 of Strope et al. (2010) reveals that the earliest, slowest declining data have not been included in their analysis. Given that we find an additional break around day 21 to be a significant improvement – we do note that Strope et al. (2010) have very few data points in their light curve between days 10 and 20 – an exact comparison cannot be performed for this middle interval. Determining an average slope (despite it being a poor fit) for our data between days 8 and 30 gives \( \alpha \sim 2.8 \), however, which is similar to their result of 2.4. The final slope from Strope et al. (2010), covering an interval of day 33–70, of \( \alpha \sim 2 \) is within our fitted range (again with an additional break) of 2.8 to 1.4. These results imply that the recurrent explosions for a given nova are similar, but not identical.

Hachisu & Kato (2006) previously proposed a universal decline law for the optical and infrared data of classical novae which produces a smooth decay of the same form as the S-class curves; Strope et al. (2010) suggest these slopes should also apply to RNe, though possibly with a plateau phase in the middle. The underlying template from Hachisu & Kato (2006) has a slope steepening from \( \alpha \sim 1.75 \) to \( \sim 3.5 \) around 6 mag below peak, with the break explained as being due to a sudden decrease in the wind mass-loss rate (where the eruption is being modelled as a radiatively driven wind). The decline then flattens to \( \alpha \sim 3 \) as the wind ceases. In comparison, considering their complete sample of S-class curves, Strope et al. (2010) find mean slopes of 1.6 and 2.1 at early and late times, with the late-time slope being substantially flatter than that predicted by Hachisu & Kato (2006), while our fit to V3890 Sgr here is even flatter still. Strope et al. (2010) suggest these differences may be caused by the rise of emission lines on top of the continuum, a speculation we also made when comparing V-band data with other filters for V959 Mon (Page et al. 2013a). It is likely that this proposed universal decline law is an oversimplification, however, with substantial, unexplained scatter in the slopes measured from actual data (Strope et al. 2010).

Links between changes in the shape of the UV/optical and X-ray light curves have been seen in other novae as well. For example, a steepening in the UV/optical decay at the same time as the start of the fading of the supersoft emission was identified in V745 Sco (another symbiotic-like RN; Page et al. 2015b), and both V959 Mon (Page et al. 2013a) and V2491 Cyg (Page et al. 2010) show breaks in the UV/optical decay rate (at close to) the same times as changes in the X-ray behaviour. These temporal coincidences are indicative of a link between the emission regions, despite the X-ray and UV/optical light curves being distinctly different in shape before the supersoft emission has ceased.

7 SUMMARY

V3890 Sgr is an RN now seen in eruption three times between 1962 and 2019. The main parameters derived or adopted for the system for the latest eruption are summarized in Table 6.

| Property | Value |
|----------|-------|
| Previous eruptions | 1962, 1990 |
| Recurrence time | 28–29 yr |
| Adopted distance | 4.5 kpc |
| Adopted \( N_\text{H} \) from ISM | \( 1.9 \times 10^{21} \) cm\(^{-2}\) |
| Early-time \( N_\text{H} \) from X-ray fits | \( 5.1 \times 10^{21} \) cm\(^{-2}\) |
| Adopted \( \dot{M} \) | 1.77 M\(_{\odot}\) |
| SSS emission phase | day 8.5–26 |
| QPO | 83 s |

\(^{24}\)Strope et al. (2010) worked in flux space; their numbers have been divided by a factor of 2.5 to convert to slopes in a magnitude-log(time) plot as presented here.
consistent with shocks, and absorbed by a gradually decreasing column. At later times, $N_H$ in constant excess of the Galactic value is required; this can be modelled as further absorption by the RG wind. After a slow brightening, a new soft component was detected on ∼day 8.5, leading to the count rate increasing by about an order of magnitude over the following week. This SSS phase lasted fewer than 20 d that, together with the early onset and high peak temperature of the soft emission, implies a massive WD in this RN system. While V3890 Sgr had been previously detected in the X-ray band by ROSAT (Orio, Covington & Ögelman 2001), those pointings occurred many months after the 1990 eruption, so the data presented here are the first observations of the SSS phase in this RN.

A QPO of ∼83 s was briefly detected during the first NICER observation, around day 10. V3890 Sgr therefore adds to the sample of supersons novae showing quasi-periodic variations on a time-scale of <100 s.

Each UV grism spectrum shows a continuum superimposed by emission lines, including N, C, Mg, and O; an SMC extinction law best dereddens the data. The UV/optical light curve follows a monotonic decay, with changes in slope occurring at times where the X-ray light curve also varies in shape. As for other novae, this suggests a link between the UV/optical and X-ray emitting regions, despite the obvious differences in the overall light-curve shape.

The flux evolution of the optical lines shows an initial peak around the time of the nova eruption, followed by a second peak coincident in time with the onset of the SSS phase. These are likely caused by the nova ejecta interacting with the RG donor, and the extended atmosphere of the RG being flash-ionized by the supersoft photons, respectively. The peak line contribution to the flux occurs around the same time that the BB is coolest and its luminosity reaches a peak.

In order to understand V3890 Sgr better, information about the inclination of the system and observations during different orbital phases, to determine whether the X-ray absorbing column changes appreciably, would be useful.

ACKNOWLEDGEMENTS

KLP, APB, NPMK, and JPO acknowledge funding from the UK Space Agency. KVS acknowledges support from National Science Foundation (NSF) award AST-1751874, NASA award 11-Fermi 80NSSC18K1746, and a Cottrell fellowship of the Research Corporation. FMW acknowledges support of the US taxpayers through NSF grants 1611443 and 499, and a Cottrell fellowship of the Research Corporation. FMW acknowledges support of the US taxpayers through NSF grants 1611443. Access to the SMARTS partnership is made possible through support of the US taxpayers through NSF grants 1611443, and a Cottrell fellowship of the Research Corporation. FMW acknowledges support of the US taxpayers through NSF grants 1611443. Access to the SMARTS partnership is made possible through support of the US taxpayers through NSF grants 1611443, and a Cottrell fellowship of the Research Corporation.

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DATA AVAILABILITY

The data underlying this article are available in the archives at https://www.swift.ac.uk/user_objects/. SMARTS data are included in the ‘Stony Brook/SMARTS Atlas of (mostly) Southern Novae’ at http://www.astro.sunysb.edu/fwalt/SMARTS/NovaAtlas/atlas.html. AAVSO data are available from https://www.aavso.org/data-download.

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SUPPORTING INFORMATION

Supplementary data are available at MNRAS online.

Table 2. Fits to the Swift X-ray spectra before, during, and after the supersoft emission.

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APPENDIX A: PHOTOMETRY

Table A1 lists the Swift-UVOT photometry used in this paper. The AAVSO-optical data points were taken directly from https://www.aavso.org/data-download. Table A2 provides the SMARTS observing log, taken from http://www.astro.sunysb.edu/fwalter/SMARTS/NovaAtlas/v3890sg/v3890sg.html.
The times are given in days since 2019 August 27.75.

| Filter | Day   | Magnitude     |
|--------|-------|---------------|
| u      | 1.33  | 8.84 ± 0.04   |
| u'    | 2.20  | 9.19 ± 0.04   |
| uvw1   | 0.66  | 8.59 ± 0.02   |
| uvw1   | 0.72  | 8.62 ± 0.02   |
| uvw2   | 3.2534 | 11.05 ± 0.02  |
| uvw2   | 4.0529 | 11.38 ± 0.02  |
| uvw2   | 4.3855 | 11.47 ± 0.02  |
| uvw2   | 4.6387 | 11.53 ± 0.02  |
| uvw2   | 5.9827 | 11.77 ± 0.02  |
| uvw2   | 6.7060 | 11.82 ± 0.02  |
| uvw2   | 6.8375 | 11.87 ± 0.02  |
| uvw2   | 7.5766 | 11.88 ± 0.02  |
| uvw2   | 7.7755 | 11.90 ± 0.02  |
| uvw2   | 13.2810 | 12.46 ± 0.02  |
| uvw2   | 13.4729 | 12.52 ± 0.03  |
| uvw2   | 13.7385 | 12.54 ± 0.03  |
| uvw2   | 15.2176 | 12.70 ± 0.02  |
| uvw2   | 15.3495 | 12.69 ± 0.02  |
| uvw2   | 15.5491 | 12.69 ± 0.02  |
| uvw2   | 15.8014 | 12.75 ± 0.02  |
| uvw2   | 16.1471 | 12.78 ± 0.02  |
| uvw2   | 16.2660 | 12.83 ± 0.02  |
| uvw2   | 16.8619 | 12.83 ± 0.02  |
| uvw2   | 17.0617 | 12.86 ± 0.02  |
| uvw2   | 17.7412 | 12.92 ± 0.02  |
| uvw2   | 17.8680 | 12.94 ± 0.02  |
| uvw2   | 18.1398 | 12.97 ± 0.02  |
| uvw2   | 18.3908 | 12.96 ± 0.02  |
| uvw2   | 18.8550 | 13.00 ± 0.03  |
| uvw2   | 19.0603 | 13.02 ± 0.02  |
| uvw2   | 19.2614 | 13.05 ± 0.02  |
| uvw2   | 19.7274 | 13.12 ± 0.02  |
| uvw2   | 19.9842 | 13.13 ± 0.03  |
| uvw2   | 20.1321 | 13.12 ± 0.02  |
| uvw2   | 23.5044 | 13.63 ± 0.03  |
| uvw2   | 23.5114 | 13.66 ± 0.03  |
| uvw2   | 23.8542 | 13.73 ± 0.03  |
| uvw2   | 24.0438 | 13.74 ± 0.03  |
| uvw2   | 24.1187 | 13.75 ± 0.03  |
| uvw2   | 24.0483 | 13.73 ± 0.03  |
| uvw2   | 24.3751 | 13.77 ± 0.03  |
| uvw2   | 24.7644 | 13.79 ± 0.08  |
| uvw2   | 25.2325 | 13.98 ± 0.03  |
| uvw2   | 25.4284 | 14.04 ± 0.03  |
| uvw2   | 25.8942 | 14.11 ± 0.03  |
| uvw2   | 25.9609 | 14.15 ± 0.03  |
| uvw2   | 26.2962 | 14.19 ± 0.03  |
| uvw2   | 26.6264 | 14.27 ± 0.03  |
| uvw2   | 27.2236 | 14.39 ± 0.03  |
| uvw2   | 27.5573 | 14.46 ± 0.03  |
| uvw2   | 27.6907 | 14.47 ± 0.03  |
| uvw2   | 27.9555 | 14.53 ± 0.03  |
| uvw2   | 28.5570 | 14.64 ± 0.03  |
| uvw2   | 28.6913 | 14.64 ± 0.03  |
Table A2. Complete SMARTS spectroscopic observing log for 2019. All spectra were obtained using the Chiron spectrograph. The early ‘slicer mode’ observations were continuum-dominated, and not relevant to this investigation.

| Date (UT) | JD (245+) | Mode | Resolution | Wavelength range (Å) | Exposure time (s) |
|-----------|-----------|------|------------|----------------------|-------------------|
| 2019 Aug. 28 | 8723.526 | Slicer | 78 000 | 4071–8770 | 600 |
| 2019 Aug. 29 | 8724.556 | Slicer | 78 000 | 4071–8770 | 900 |
| 2019 Aug. 30 | 8725.576 | Slicer | 78 000 | 4071–8770 | 1200 |
| 2019 Aug. 1 | 8726.518 | Slicer | 78 000 | 4071–8770 | 1200 |
| 2019 Sep. 1 | 8727.553 | Slicer | 78 000 | 4071–8770 | 1200 |
| 2019 Sep. 2 | 8728.588 | Fibre | 27 800 | 4070–8907 | 600 |
| 2019 Sep. 3 | 8729.542 | Fibre | 27 800 | 4070–8907 | 600 |
| 2019 Sep. 4 | 8730.531 | Fibre | 27 800 | 4070–8907 | 600 |
| 2019 Sep. 5 | 8731.516 | Fibre | 27 800 | 4070–8907 | 600 |
| 2019 Sep. 8 | 8734.561 | Fibre | 27 800 | 4070–8907 | 600 |
| 2019 Sep. 12 | 8738.528 | Fibre | 27 800 | 4070–8907 | 900 |
| 2019 Sep. 13 | 8739.492 | Fibre | 27 800 | 4070–8907 | 900 |
| 2019 Sep. 14 | 8740.497 | Fibre | 27 800 | 4070–8907 | 900 |
| 2019 Sep. 15 | 8741.511 | Fibre | 27 800 | 4070–8907 | 900 |
| 2019 Sep. 16 | 8742.521 | Fibre | 27 800 | 4070–8907 | 1200 |
| 2019 Sep. 17 | 8743.483 | Fibre | 27 800 | 4070–8907 | 1200 |
| 2019 Sep. 18 | 8744.517 | Fibre | 27 800 | 4070–8907 | 1200 |
| 2019 Sep. 19 | 8745.519 | Fibre | 27 800 | 4070–8907 | 1200 |
| 2019 Sep. 20 | 8746.543 | Fibre | 27 800 | 4070–8907 | 1200 |
| 2019 Sep. 21 | 8747.628 | Fibre | 27 800 | 4070–8907 | 1500 |
| 2019 Sep. 22 | 8748.582 | Fibre | 27 800 | 4070–8907 | 1500 |
| 2019 Sep. 24 | 8750.576 | Fibre | 27 800 | 4070–8907 | 1500 |
| 2019 Sep. 25 | 8751.511 | Fibre | 27 800 | 4070–8907 | 1500 |
| 2019 Sep. 26 | 8752.515 | Fibre | 27 800 | 4070–8907 | 1800 |
| 2019 Oct. 2 | 8758.543 | Fibre | 27 800 | 4070–8906 | 2700 |
| 2019 Oct. 5 | 8761.530 | Fibre | 27 800 | 4070–8906 | 2700 |
| 2019 Oct. 8 | 8764.500 | Fibre | 27 800 | 4070–8906 | 2700 |
| 2019 Oct. 11 | 8768.479 | Fibre | 27 800 | 4070–8906 | 2700 |
| 2019 Oct. 15 | 8772.483 | Fibre | 27 800 | 4070–8907 | 2700 |
| 2019 Oct. 20 | 8776.508 | Fibre | 27 800 | 4070–8907 | 3600 |
| 2019 Oct. 27 | 8784.491 | Fibre | 27 800 | 4070–8907 | 3600 |
| 2019 Nov. 4 | 8792.496 | Fibre | 27 800 | 4070–8907 | 3600 |

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