Influence of Composition on Mechanical Properties of Cassava Starch, Sisal Fiber and Carnauba Wax Biocomposites

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Concern for sustainable development has provided significant improvements in the development of biodegradable materials. This work aims to evaluate, through a central composite design (CCD), the mechanical properties of cassava starch-based biocomposites manufactured with different compositions of carnauba wax (CW), sisal fiber (SF) and glycerol (G). The biocomposites were obtained by casting method. The tensile strength (TS), modulus of elasticity (ME) and elongation at break (El) for the biocomposites were determined by tensile tests. Representative models were obtained to explain changes in mechanical properties of biocomposites as function of composition variables. X-ray diffraction (XRD) and scanning electron microscopy (SEM) were employed to elucidate interactions between the starch matrix and additives A biocomposite with 7.5% sisal fiber, 10% carnauba wax and 10% glycerol showed the best properties to possible applications.

Keywords: biodegradable material, composite central design, crystallinity, X-ray diffraction.

1. Introduction

The growth of global societies associated with the depletion of natural resources and raise in solid waste production worry the world leaders. Actually, there are an urgent demand to guarantee environmental and material sustainability in the world. However, no effort for sustainability can be successful without causing material producers to consider issues such as greenhouse gas emissions, embedded energy, waste accumulation, and resource depletion. This concern for environmental and material sustainability has led to significant improvements in the development and application of biodegradable materials produced from renewable resources [1,2].

The biopolymers stand out as materials because of their environmentally sustainable characteristics. These materials present biodegradability, low cost, and can be easily obtained from renewable resources. For instance, some biopolymers, like cassava starch [3,4,5], corn starch [6,7] and potato starch [8,9], have been proposed as alternatives to replace non-biodegradable plastic materials. Despite their advantages, biopolymers often have some limiting properties, such as low flexibility, high brittleness and high moisture absorption [10]. For this reason, several researches have been carried out to improve the performance of biopolymers. Thus, plasticizers such as glycerol, sorbitol and other polyols are added to biopolymers matrix aiming to rise flexibility and decrease brittleness. Moreover, hydrophobic substances, like waxes, are incorporated to biopolymer matrix in order to lessen moisture absorption [6].

Starch-based biopolymers exhibit poor mechanical properties when compared with synthetic polymeric materials. One way to improve mechanical properties of biopolymers is to reinforce them with plant fibers, which have low cost, satisfactory mechanical properties and are obtained from renewable sources [11]. The materials containing a biopolymer matrix reinforced with plant fibers are known as biocomposites. These can be disposed of without harming the environment and are an alternative to synthetic polymer matrix composites that are hazardous, biorecalcitrants and have an aggressive effect on human health [2,12].

The high moisture absorption ability presented by biocomposites with starch-based matrix affects the properties of these materials, in particular their mechanical properties, as well as its life cycle [3]. Hydrophobic materials, such as waxes, may be added to starch matrix in order to reduce the moisture absorption. However, a high waxes content provokes a negative effect on mechanical properties of biocomposites [13,14].
In the present study, a central composite design (CCD), which is a widely used form of response surface methodology (RSM), was employed to evaluate the influence of additives contents on the mechanical properties of cassava \textit{(Manihot esculenta)} starch-based biocomposites. The factors (independent variables) investigated were the contents in glycerol, carnauba \textit{(Copernicia prunifera)} wax and sisal \textit{(Agave sisalana)} fibers utilized to make the biocomposites. The response variables studied were tensile strength (TS), modulus of elasticity (ME) and elongation at break (EI). In addition, X-ray diffraction (XRD) and scanning electron microscopy (SEM) were employed to elucidate interactions between the starch matrix and additives.

2. Experimental

2.1 Materials

Cassava starch and glycerol were purchased from Primícias do Brasil, Co., Brazil and Dinâmica Química Contemporânea Co., Brazil, respectively. Carnauba wax type I and sisal fibers were kindly donated by Agrocera Co., Brazil and Sisaltec Co., Brazil, respectively.

2.2 Methods

2.2.1 Experimental design and statistical analysis

Central composite design (CCD), also known as Box-Wilson design, is an experimental design that allows maximize the quantity of information obtained from a minimal set of essays. The CCD incorporate a factorial design which is augmented with center points and a group of axial points (‘star points’) that allow estimation of model curvature. The axial points are placed at some distance ‘$\alpha$’ from center point of the design. The central composite face-centered (CCFC) is a variety of CCD design, in which the star points are at the center of each face of the factorial space, so $\alpha = \pm 1$.

In this work, a CCFC experimental design was used to determine the influence of three compositions variables (glycerol, carnauba wax and sisal fibers contents) on mechanical properties of cassava starch-based biocomposites. The factors ranges were determined from preliminary experimental essays. For instance, values for the factors outside the selected ranges produced too brittle materials to perform the tensile tests. After selection of independent variables and their ranges, experiments were established based on a CCFC design with three factors at three levels coded as 1, 0 and +1. The real and coded values for the independent variables (factors) are listed in Table 1.

Biocomposites containing only cassava starch, without plasticizer (0% glycerol), were too brittle and mechanically unstable, not allowing the tests to be performed. So, they were not considered in experimental planning (Table 1).

A total number of 17 essays consisting of 8 factorial points, six axial points and three replicates at the center point (in order to allow the estimation of pure error) were carried out. Homoscedasticity was assumed for responses in whole experimental domain. The experimental sequence was randomized in order to minimize the effects in the responses due to spurious factors. A second-order polynomial equation was used in order to develop an empirical model which correlated the responses to the independent variables. The general form for second order polynomial model is presented in Eq. (1).

\[
Y_i = b_0 + b_1X_{1i} + b_2X_{2i} + b_3X_{3i} + b_{11}X_{1i}^2 + b_{22}X_{2i}^2 + b_{33}X_{3i}^2 + b_{12}X_{1i}X_{2i} + b_{13}X_{1i}X_{3i} + b_{23}X_{2i}X_{3i} + \varepsilon_i (i = 1, 2 or 3) \quad \text{(Eq. 1)}
\]

Here, $Y_i$ represents dependent variables, where $Y_1$ is the tensile strength in MPa, $Y_2$ is the modulus of elasticity in MPa, and $Y_3$ is the elongation at break in percentage; $X_{1i}, X_{2i}$ and $X_{3i}$ are the independent variables, sisal fibers (SF), carnauba wax (CW) and glycerol (G) contents, respectively, expressed in percentage; $b_0$ is the intercept; $b_1, b_2$ and $b_3$ are the linear

| Table 1. Experimental ranges and levels of the independent test variables. |
|-----------------|-----------------|--------|-----------------|-----------------|
| Variable names and abbreviations | Units | Coded names | Levels | Ranges and levels |
| Sisal fibers content (SF) | % | $X_1$ | Low | -1 | 0 |
|                      |      |         | Medium | 0 | 7.5 |
|                      |      |         | High | +1 | 15 |
| Carnauba wax content (CW) | % | $X_2$ | Low | -1 | 0 |
|                      |      |         | Medium | 0 | 15 |
|                      |      |         | High | +1 | 30 |
| Glycerol content (G) | % | $X_3$ | Low | -1 | 10 |
|                      |      |         | Medium | 0 | 20 |
|                      |      |         | High | +1 | 30 |
coefficients; \( b_{ij}, b_{2j}, \text{and } b_{3j} \) are quadratic coefficients; \( b_{ij}, b_{1j} \) and \( b_{3j} \) are the interactives coefficients; and \( \varepsilon \) is the error.

A variance analysis (ANOVA) and F test were performed to verify if the models were statistically significant at \( p < 0.05 \). For the models in which the \( F_{calculated} \) was superior to the \( F_{critical} \) and \( R^2 \geq 0.75 \), the response surfaces were represented as three-dimensional contour plots. During the adjustment of the models, non-significant effects were ignored. All Statistical analysis of data obtained through the experimental design was performed, using the software Statistica® version 13.5 (TIBCO software Inc., USA).

2.2.2 Preparation of biocomposites

Initially, precursor mixtures were obtained with a mass of total dry matter fixed at 20% (w/w) using osmosed water as solvent. Dry matter mass is the sum of cassava starch, sisal fibers, carnauba wax and glycerol masses. The masses of sisal fibers, carnauba wax and glycerol ranged in accord as solvent. Dry matter mass is the sum of cassava starch, sisal fibers, carnauba wax and glycerol masses. The masses of sisal fibers, carnauba wax and glycerol ranged in accord with contents set in the experimental design for each run. The mass of cassava starch was calculated by difference between the mass of dry matter total and the masses of fibers, wax and plasticizer used in each experiment. Before the preparation, the sisal fibers were cut and its lengths uniformized at 20 mm. The first step in preparation of the precursor mixture was the dispersion in water of the cassava starch, glycerol and sisal fibers, according the calculated amounts for each run. This mixture was heated and the temperature kept constant at approximately 90 °C, under constant mechanical stirring until complete starch gelatinization. A change in mixture aspect from opaque to translucid indicates the complete starch gelatinization, which occurs in about 30 minutes of heating. The carnauba wax was added after starch gelatinization and under enough stirring to ensure mixture homogeneity. The temperature and stirring conditions required in experiments were achieved by a mechanical homogenizer (TE-099, Tecnal) and a thermostatic bath. Once prepared, precursor mixtures were deposed in trays (20cm x 30cm) and dried in oven with air renovation (TE-394/1, Tecnal) at 60°C during 60 hours.

2.2.3 Mechanical Testing

Tensile strength (TS), modulus of elasticity (ME) and elongation at break (El) were determined according to ASTM D3039[15], under ambient conditions, using an EMIC DL10000 Universal Testing Machine (Emic Equipamentos e Sistemas de Ensaios LTDA, São José dos Pinhais, Brazil). Prior to testing, samples were equilibrated at 75% relative humidity in a sealed chamber containing saturated solutions of sodium chloride[16]. The testing conditions used were: load cell of 5 kN and cross head speed of 5 mm/min. At least five test specimens were tested with dimensions of 100 mm x 20 mm. The thickness for each test specimen was measured at five random points using an EDA analog micrometer with 0.01 mm resolution. A mean thickness was calculated and used to determine the mechanical properties of the biocomposites.

2.2.4 Scanning Electron Microscopy (SEM)

For each biocomposite, fracture surfaces morphology was analyzed using a scanning electron microscope (SEM), model Tescan VEGA 3, operating at a voltage of 10 kV. Before analysis, samples were fixed in a metal support with carbon tape and then metallized with a thin layer of gold to make them conductive. The images were obtained by secondary electrons (SE), with magnifications of 500x. The working distances were fixed about 15 mm for all micrographs, except in the case of biocomposite XV, for which was achieved a sharper image at working distance of approximately 29 mm.

2.2.5 X-ray diffraction (XRD)

The biocomposites crystallinity was determined by X-ray diffraction (XRD). The XRD analysis were carried out using a Shimadzu diffractometer, model XRC-6000, with monochromatic CuKα radiation (\( \lambda = 1.5418 \text{ Å} \)) and operating conditions of 40 kV and 30 mA. The 2θ angle ranged between 10 and 60° with a scanning speed of 2°/min. The amorphous and crystalline areas in diffractograms were obtained by deconvolution calculus using OriginPro 8 program. The relative crystallinity of the biocomposites was calculated according to Eq. (2).

\[
RC = \frac{AC}{AC + AA}
\]  

(Eq. 2)

Where, RC is the relative crystallinity, AC is the crystalline area and AA is the amorphous area in biocomposites diffractograms.

3. Results and Discussion

Figure 1 presents selected SEM images of the fractured surfaces for some materials prepared in this study. The Figure 1(a) shows the fracture surface for a cassava starch matrix with low glycerol content (10%), which can be compared with the fracture image, presented in Figure 1(e), for a similar matrix with high glycerol content (30%). The biopolymer with low glycerol content exhibits a surface with cracks characteristic of a fragile fracture while a cracks free surface, indicating a ductile fracture, is observed for the similar material with high glycerol content (30%). The biopolymer with low glycerol content exhibits a surface with cracks characteristic of a fragile fracture while a cracks free surface, indicating a ductile fracture, is observed for the similar material with high glycerol content. This demonstrate the increasing in material flexibility provoked by the glycerol plasticizing effect. Actually, glycerol molecules can stablish hydrogen bond between adjacent polymeric chains in starch matrix, allowing them glide easily under mechanical effort, what increases macromolecules mobility and reduces material fragility[3,17,18].

Figure 1(b) shows a fractured surface for a cassava starch-based biocomposite containing 15% sisal fiber and...
10% glycerol. A good anchorage between the fibers and the matrix can be observed. In fact, the image reveals the fibers attached to the starch matrix even after breaking the material under tensile stress. This demonstrates a good interfacial adhesion, possibly due to the interaction through hydrogen bonds between surface hydroxyl groups present in the sisal fibers and starch matrix. Furthermore, since anchorage is responsible for transferring the matrix tension to the fibers, it is expected that a good interfacial adhesion improves the mechanical properties of the biocomposites.

Figure 1(c) shows the fracture surface of a cassava starch-based biocomposite containing G (10%) and CW (20%). It is possible to observe a poor interfacial adhesion of starch hydrophilic matrix with the CW hydrophobic particles. A high CW content leads to the formation of voids and agglomerates of this component, due to its inability to...
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Mix with the matrix. Such behavior was also observed by Mehyar et al.\cite{19} and results in structural defects in the matrix which reduces the mechanical strength and flexibility of the biocomposites by formation of stress concentrators.

The Figure 1(d) shows fracture surfaces for the biocomposite manufactured with the highest SF and CW contents (15% and 20%, respectively) employed in this study, but with a low G content (10%). It can be observed CW particles distributed in the starch matrix, as well as, at interface fiber-matrix. The CW particles can reduce the fiber-matrix interfacial adhesion and can compromise the mechanical properties for biocomposites \cite{20}. Furthermore, mechanical properties for that biocomposites can also be impaired because there are SF agglomerations and an amount of starch matrix insufficient to coat all fibers, which was also observed by Ibrahim et al. \cite{21}.

Figure 1(f) presents fracture surfaces for biocomposites fabricated with intermediate SF and CW contents (7.5% and 10%, respectively) and low G content (10%). Figure 1(g) shows a biocomposite with the same SF and CW contents, but with higher G content (20%) than former one. Comparing these SEM images, it is visible that a rise in G content enables starch matrix to better enfold CW particles and sisal fibers. This is likely occasioned by the increased flexibility of starch matrix with high G content, which reduces cracks at interfaces.

The XRD results for some selected biocomposites can be observed in Figure 2. The diffractograms for the biocomposites containing SF (II, IV, IX and XV) show a main diffraction peak \(2\theta\) at 22.4°, corresponding to the crystallographic plane \((200)\) and associated with the cellulose present in sisal fibers. This peak is not observed in diffractograms for biocomposites without SF (I and V). The diffractogram for the biocomposite III, which contains CW, exhibits two main diffraction peaks \(2\theta\) at 21.6° and 23.8°. These peaks were also observed by Villalobos-Hernandez and Muller-Goymann \cite{22}.

According to Ramírez et al. \cite{4} there is a correlation between relative crystallinity and mechanical properties. The rising in relative crystallinity increases the tensile strength and modulus of elasticity, as well as decreases the elongation at break. This behavior was also observed in the present work.

Table 2 shows the mean values of the dependent variables evaluated: tensile strength (TS), modulus of elasticity (ME) and elongation at break (El) for the biocomposites with the different compositions studied.

The highest value obtained for TS was 11.22 MPa, relative to the biocomposite (II) containing 15% SF and 10% G (without CW), while the lowest value was 0.62 MPa for the biocomposite (VII) with 20% CW and 30% G (without SF). The SF has a high resistance that is rightly transfer to biocomposite \cite{3,23}. This transfer is assured by a good anchorage between SF and cassava starch matrix, as was shown in SEM images. The lowest TS value for the biocomposite with the highest CW and G contents is possibly due to poor interaction between the CW and starch matrix, as well as to plasticizing effect of G that leaves the matrix less resistant \cite{6,20}.

The ME measures the level of stiffness for a material. Regarding the ME, the highest value (235.6 MPa) was obtained for the biocomposite (II) with 15% SF and 10% G (without CW), while the lowest value was 4.2 MPa for the biocomposite (V) with 20% CW and 30% G (without SF). The SF has a high resistance that is rightly transfer to biocomposite \cite{10,23}. This transfer is assured by a good anchorage between SF and cassava starch matrix, as was shown in SEM images. The lowest TS value for the biocomposite with the highest CW and G contents is possibly due to poor interaction between the CW and starch matrix, as well as to plasticizing effect of G that leaves the matrix less resistant \cite{6,20}.

The ME measures the level of stiffness for a material. Regarding the ME, the highest value (235.6 MPa) was obtained for the biocomposite (II) with 15% SF and 10% G, while the lowest value was 4.2 MPa for the biocomposite (V) with 30% glycerol (without SF and CW). Thus, the rigidity of the biocomposites increases with the content of SF. Again, this is only possible because there is a good anchorage of the reinforcement (SF) in the matrix. Probably, this behavior originates from the combined effect of the fibers stabilizing the starch matrix and distributing the stress throughout the material. Thus, a higher tension is required to deform the material.

Table 2. Relative crystallinity (RC) for selected biocomposites

| Biocomposite (Run) | Composition (%) | RC (%) |
|-------------------|-----------------|--------|
| I                 | SF 0, CW 0, G 10| 39.1   |
| II                | SF 15, CW 0, G 10| 45.5   |
| III               | SF 0, CW 20, G 10| 46.5   |
| IV                | SF 15, CW 20, G 10| 56.4   |
| V                 | SF 0, CW 0, G 30| 24.6   |
| IX                | SF 7.5, CW 10, G 10| 51.7   |
| XV                | SF 7.5, CW 10, G 20| 35.2   |

Figure 2. X-ray diffractograms for some selected biocomposites.
biocomposite. Unlike, a rising in G content reduces the ME because glycerol molecules provoke a gliding effect between polymeric chains of the starch matrix. So, a lower tension is necessary to deform the material.

Elongation at break had a maximum value of 22.77% for the biocomposite (I) with 10% glycerol (without SF and CW), while the lowest value was 2.97% for the biocomposite (VIII) with 15% SF, 20% CW and 30% G. The results indicate a decrease in the ability of the material to undergo deformation without breaking when the content of additives increases [6,20].

The coded models proposed to describe the tensile strength (Y₁), the modulus of elasticity (Y₂) and elongation at rupture (Y₃) of the studied biocomposites within the experimental domain are described in Table 4. Only statistically significant terms were considered in final models. In order to obtain a model with the subset of terms that maximizes R² adjusted value, some regression coefficients were disregarded. In all cases the R² value was higher than 0.85 and the $F_{calculated} > F_{critical}$ for a confidence level of 95%, indicating that the models were significant. The values of R², $R_{adj}$, $F_{calculated}$ and $F_{critical}$ for the models are also presented in Table 4.

Response surface (RS) graphs were plotted (Figure 3) from the models fitted to the experimental data. These show the influence of the composition of the biocomposites on their mechanical properties. Each RS shows the variation of a mechanical property, (TS, ME or El) as a function of two composition variables (SF, CW or G), while a third composition variable is kept constant.

Regarding TS and ME, there is an increase in these properties with the incorporation of sisal fiber throughout the studied domain (0 to 15% SF), as shown in Figure 3(a) and (d). This is indicated by the positive linear parameter in model. Possibly, such behavior is associated with the rising in crystallinity of the biocomposite observed in XRD results. Similar effect was reported by Ramírez et al. [4] and Zainuddin et al. [23]. Also, the increase in TS and ME, with the incorporation of SF, is related to the strong interaction of the fibers with the cassava starch matrix. Sisal fibers and starch matrix interact forming hydrogen bonds through their surface hydroxyl groups. This interaction leading to a good stress transfer between the matrix and reinforcement [3,23,24].

On the other hand, the models predict a maximum in TS and ME at higher concentrations of sisal fiber, which is indicated by a negative quadratic parameter associated with the variable SF. According to the model obtained and considering the minimum concentrations of carnauba wax (0%) and glycerol (10%), it is observed that the maximum values of TS and ME would be obtained with the concentrations of 20.72% and 31.94% of sisal fiber, respectively. Some authors report that a excessive fiber contents can cause a bad dispersion of the reinforcement, the formation of fiber

Table 3. Mean values and standard deviation of the tensile strength (TS), modulus of elasticity (ME) and elongation at Break (El) for biocomposites.

| Biocomposite (Run) | Composition (%)* | Mechanical properties |
|--------------------|------------------|-----------------------|
|                    | SF (X₁) | CW (X₂) | G (X₃) | TS (Y₁) | ME (Y₂) | El (Y₃) |
| I                  | 0 (-1)  | 0 (-1)  | 10 (-1)| 3.74 ± 1.04 | 92.6 ± 32.5 | 22.77 ± 6.46 |
| II                 | 15 (+1) | 0 (-1)  | 10 (-1)| 11.22 ± 2.39 | 235.6 ± 76.3 | 6.72 ± 0.47 |
| III                | 0 (-1)  | 20 (+1) | 10 (-1)| 2.62 ± 0.20  | 98.3 ± 21.01 | 3.78 ± 0.59 |
| IV                 | 15 (+1) | 20 (+1) | 10 (-1)| 4.92 ± 1.45  | 120.0 ± 27.4 | 5.26 ± 0.89 |
| V                  | 0 (-1)  | 0 (-1)  | 30 (+1)| 0.86 ± 0.11  | 4.2 ± 0.1    | 16.13 ± 3.91 |
| VI                 | 15 (+1) | 0 (-1)  | 30 (+1)| 2.14 ± 0.43  | 55.6 ± 12.9  | 5.26 ± 0.68 |
| VII                | 0 (-1)  | 20 (+1) | 30 (+1)| 0.62 ± 0.05  | 8.1 ± 0.5    | 6.70 ± 0.83 |
| VIII               | 15 (+1) | 20 (+1) | 30 (+1)| 1.10 ± 0.12  | 40.7 ± 4.5   | 2.97 ± 0.24 |
| IX                 | 7.5 (0) | 10 (0)  | 10 (-1)| 6.56 ± 0.44  | 169.0 ± 26.7 | 5.21 ± 0.49 |
| X                  | 7.5 (0) | 10 (0)  | 30 (+1)| 1.37 ± 0.22  | 43.8 ± 7.3   | 4.02 ± 0.47 |
| XI                 | 7.5 (0) | 0 (-1)  | 20 (0) | 4.02 ± 0.56  | 85.3 ± 14.3  | 7.10 ± 1.28 |
| XII                | 7.5 (0) | 20 (+1) | 20 (0) | 2.60 ± 0.58  | 76.9 ± 19.1  | 3.93 ± 0.53 |
| XIII               | 0 (-1)  | 10 (0)  | 20 (0) | 0.88 ± 0.20  | 11.6 ± 2.5   | 5.12 ± 2.21 |
| XIV                | 15 (+1) | 10 (0)  | 20 (0) | 3.57 ± 0.89  | 82.0 ± 20.6  | 5.84 ± 0.60 |
| XV                 | 7.5 (0) | 10 (0)  | 20 (0) | 2.83 ± 0.89  | 71.8 ± 21.9  | 5.30 ± 0.89 |
| XVI                | 7.5 (0) | 10 (0)  | 20 (0) | 3.94 ± 0.78  | 91.3 ± 11.1  | 6.32 ± 1.11 |
| XVII               | 7.5 (0) | 10 (0)  | 20 (0) | 3.95 ± 1.21  | 98.1 ± 25.7  | 5.53 ± 0.92 |

(*) coded values for independent variables are presented in parenthesis. TS and ME are expressed in MPa. El is expressed in % of elongation.
| Table 4. Prediction of mechanical properties for the biocomposites by fitting models with the obtained data. |
|---------------------------------------------------------------|
| The best fitted models*                                      |
|                                                                 |
| $Y_1 = 8.882 + 0.793 \cdot X_1 - 0.180 \cdot X_2 - 0.550 \cdot X_3 - 0.016 \cdot X_1^2 + 0.009 \cdot X_2^2 - 0.010 \cdot X_3^2 - 0.013 \cdot X_1 \cdot X_2 + 0.008 \cdot X_1 \cdot X_3$ |
| $R^2 = 0.962$, $R_{\text{adjusted}} = 0.923$, $F_{\text{calculated}} = 25.5$, $F_{\text{critical}} = 2.59$ |
|                                                                 |
| $Y_2 = 247.634 + 17.503 \cdot X_1 - 17.371 \cdot X_3 - 0.548 \cdot X_1^2 + 0.288 \cdot X_3^2 - 0.234 \cdot X_1 \cdot X_2 + 0.124 \cdot X_1 \cdot X_3$ |
| $R^2 = 0.959$, $R_{\text{adjusted}} = 0.919$, $F_{\text{calculated}} = 24.5$, $F_{\text{critical}} = 2.59$ |
|                                                                 |
| $Y_3 = 21.789 - 1.264 \cdot X_1 - 1.243 \cdot X_2 + 0.041 \cdot X_1 \cdot X_2$ |
| $R^2 = 0.855$, $R_{\text{adjusted}} = 0.742$, $F_{\text{calculated}} = 7.10$, $F_{\text{critical}} = 2.66$ |
| (*) Statistically significant for $p < 0.05$. |

**Figure 3.** Response surfaces for tensile strength (TS), modulus of elasticity (ME) and elongation at rupture (El) of the biocomposites as a function of: concentration of glycerol and sisal fiber with carnauba wax fixed at (a – 10% CW), (d – 10% CW) and (g – 0% CW); concentration of glycerol and carnauba wax with sisal fiber fixed at (b – 15% SF), (e – 0% SF) and (h – 0% SF); concentration of sisal fiber and carnauba wax with glycerol fixed at (c – 10% G), (f – 10% G) and (i – 20% G).

Agglomerations and an insufficiency of matrix to cover the fibers \[^{[3,7,25]}\].

The addition of carnauba wax associated with an increase of SF content causes a reduction in TS and ME, as shown in Figure 3 (c) and (f) and by the negative linear parameter of the interaction between these two factors. Carnauba wax is hydrophobic and does not show good interaction with the fibers and starch matrix \[^{[13,19]}\]. A higher CW content
increases the number of wax particles located at the fiber-matrix interface, reducing interfacial adhesion and stress transfer between them.

The fitted models express the fact that a rise in G content cause a decrease in the TS and ME values, as shown in Figure 3 (b) and (e). Actually, glycerol interacts with the cassava starch matrix through hydrogen bonds, increasing the spaces and mobility between the polymer chains and reducing the matrix crystallinity. This makes the material more flexible and less resistant [6,20,26].

With respect to the elongation at break (El), as can be seen in Figure 3 (g) to (i) and through the negative linear coefficients for SF and CW contents, the increase of both factors causes a reduction in stretching. The reduction due to the addition of the SF can be explained by the increase in the crystallinity of the material, reducing the mobility between the polymer chains and the flexibility, as observed by authors who added lignocellulosic fibers in starch matrices [3,7]. The reduction in the elongation at break by the addition of carnauba wax is possibly due to its anti-plasticizing effect, especially in high concentrations [6,20].

4. Conclusions

From the obtained results, it can be concluded that the high concentration of carnauba wax leads to the formation of voids and agglomerates of this component due to its inability to mix with the matrix. The carnauba wax is distributed throughout the matrix and also between the fiber and the matrix reducing the fiber-matrix interfacial adhesion, which compromises the mechanical properties, decreasing the resistance of the biocomposites. An increase in the percentage of sisal fiber and carnauba wax provides an increase in the crystallinity of the biocomposite, while increasing the percentage of glycerol reduces crystallinity. All fitted models were significant and the addition of sisal fiber significantly increased TS and ME, whereas carnauba wax and glycerol had an opposite effect. The sisal fiber remained adhered to the matrix after the tensile test, which revealed good adhesion to the cassava starch matrix, while the carnauba wax biocomposite showed the formation of agglomerates of this component and the presence of voids, revealing that it does not have a good interaction with the matrix. According to the model obtained the maximum values of TS and ME would be obtained with the concentrations of 20.72% and 31.94% of sisal fiber, respectively. Finally, a biocomposite with 7.5% sisal fiber, 10% carnauba wax and 10% glycerol would be useful as biodegradable material, since it presented a good structure, without sisal fiber or carnauba wax release, as well as suitable mechanical properties.

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6. References

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