Sexual conflict is caused by differences between the sexes in how fitness is maximized. These differences are shaped by the discrepancy in the investment in gametes, how mates are chosen and how embryos and young are provided for. Fish in the family Poeciliidae vary from completely provisioning eggs before they are fertilized to providing virtually all resources after fertilization via the functional equivalent of a mammalian placenta. This shift in when females provision their young relative to when an egg is fertilized is predicted to cause a fundamental change in when and how sexual conflict is manifested. If eggs are provisioned before fertilization, there should be strong selection for females to choose with whom they mate. Maternal provisioning after fertilization should promote a shift to post-copulatory mate choice. The evolution of maternal provisioning may in turn have cascading effects on the evolution of diverse features of the biology of these fish because of this shift in when mates are chosen. Here we summarize what these consequences are and show that the evolution of maternal provisioning is indeed associated with and appears to govern the evolution of male traits associated with sexual selection. The evolution of placentas and associated conflict does not cause accelerated speciation, contrary to predictions. Accelerated speciation rate is instead correlated with the evolution of male traits associated with sexual selection, which implies a more prominent role of pre-copulatory reproductive isolation in causing speciation in this family.

Keywords: viviparity, sexual selection, intergenomic conflict, placenta, Poeciliidae

INTRODUCTION

Intergenomic Conflict

Trivers (1974) presented the first formal exposition of intergenomic conflict. He inferred the existence of parent-offspring conflict from the genetic relatedness of mothers and offspring and among siblings. Conflict arises because the quantity of resources that is in the best interest of offspring to get from their mothers is greater than is in the best interest of mothers to give to their offspring. Conflict creates a tug of war in which selection favors maternal control over the allocation of resources to offspring at the same time that it favors offspring who acquire more from their mothers (Haig, 1993).
argued that natural selection will favor mothers that invest equally in all offspring because all offspring carry an equal complement of her genes into the next generation. Each offspring shares 100% of its genes with itself, 50% with its mother and 50% with its full siblings. A consequence of these proportions of genes in common with self-versus siblings is that selection favors offspring who are able to glean more resources from their mothers, even at the expense of their mothers and siblings, because the benefit of such selfishness is paired with a cost that is discounted by 50% for the mother and siblings. A corollary of this argument is that polygamy will increase the intensity of the conflict because an individual offspring shares only 25% of its genes with siblings sired by a different father, so the cost associated with selfishness is discounted by 75% rather than 50%.

Parent-offspring conflict can be viewed as a special case of sexual conflict because offspring are surrogates for the paternal genome. The reason each offspring shares only 50% of its genes with its mother and full siblings is that the other 50% is derived from their father. The root of the conflict between the mother and offspring is thus the presence of the paternal genome and what the father's genes gain at the expense of the mother. Trivers (1974) argument has since been expanded in diverse ways. For example, Haig (1990) shows that if offspring differ in quality and the mother is able to assess their quality, then she will maximize her fitness by allocating resources preferentially to those offspring likely to have higher fitness, rather than treat all offspring equally.

How sexual conflict is manifested is influenced by the mode of reproduction (Furness et al., 2015). If reproduction is via broadcast spawning, as in sea urchins, in which multiple individuals release eggs and sperm into the water column, then the main venue for conflict is at the sperm-egg interface. Sperm are under strong selection to be effective at penetrating eggs at the same time that eggs are under strong selection to admit one and only one sperm because polyspermy is lethal to the egg. The rapid evolution of the bindin gene on sperm is a signature of such conflict (Levitan and Ferrell, 2006).

When organisms are mobile, enabling the creation of nesting sites, as in salmon, or participating in amplexus, as in frogs, then the avenues of conflict multiply. Either form of reproduction adds some measure of paternity assurance, enhances the potential for female choice of mates, but also opens the door to male-male competition for access to females and alternative male mating strategies (Gross, 1985; Taborsky et al., 2008). The advent of pre-copulatory sexual selection, in the form of female mate choice and male-male competition, brings with it the evolution of enhanced sexual dimorphism in morphology and behavior (Anderson, 1994; Zeh and Zeh, 2003).

The evolution of internal fertilization adds new dimensions to sexual conflict; males in some lineages evolve ever more elaborate courtship to attract mates or may evolve more elaborate morphology for grasping and inseminating them, countered by female morphology to maintain control (Arnqvist and Rowe, 1995, 2002). We see the advent of an internal struggle between sperm and semen among competing males to gain access to eggs or between the male and female to fertilize eggs and influence the tendency of females to re-mate (Heiitz et al., 2000; Wolfner, 2002; Ram and Wolfner, 2007). Internal fertilization also enhances the potential for cryptic female choice, or the ability of females to influence which sperm fertilize the eggs (Eberhard, 1996). These same conditions apply to species that retain fertilized eggs, then give birth to live born young.

The evolution of matrotrophy, or the continued provisioning of young after the egg is fertilized, expands the arenas in which conflict occurs because the timing of maternal provisioning overlaps with the expression of the paternal genome in the developing embryo (Furness et al., 2015). It is either at this stage, or during post-natal provisioning of young, that Trivers (1974) concept of parent-offspring conflict comes into play. In the case of matrotrophy, prenatal conflict is predicted to be mediated by “chemical means,” such as the secretion of hormones produced by the embryo into the mother's bloodstream that elevate the delivery of nutrients to the baby (Haig, 1993). Manifestation of conflict during post-natal care instead often takes the form of begging behavior or aggression among siblings (Mock and Parker, 1997).

The Viviparity-Driven Conflict Hypothesis

Zeh and Zeh (2000) proposed the viviparity-driven conflict hypothesis (VDCH) to address the evolutionary consequences of the shift from egg laying to live bearing, but their logic applies well to the shift from lecithotrophy to matrotrophy. Their hypothesis addresses how the evolution of maternal provisioning changes how sexual conflict is manifested. Lecithotrophic females make their full investment in offspring before the egg is fertilized. If such a female is to influence who sires her offspring, then she must be choosy about who she mates with. If lecithotrophic females mate with inferior males, they risk squandering their large pre-copulatory investment. Since female appraisal of male quality is based on male behavior and/or phenotype, female choice can lead to the evolution of elaborate male morphology and courtship behavior associated with sexual selection (Arnqvist and Rowe, 2005). In contrast, placental females produce tiny, inexpensive eggs (Pires et al., 2010; Pires and Reznick, 2018). They can reduce the risk of poor mate choice by mating with multiple males, enabling them to influence which sperm fertilize eggs or through post-zygotic mechanisms of sexual selection, such as selective embryo abortion or the differential allocation of maternal resources to embryos based on genotype (Haig, 1990; Zeh and Zeh, 2000, 2001; Crespi and Semeniuk, 2004). This shift in when mates are selected shifts the emphasis from the importance of choosing with whom to mate with to instead mating with multiple males to access genetic diversity in the sperm gene pool. A consequence is that we should see less evidence of sexual selection on male morphology and courtship behavior in species with matrotrophy. Furthermore, Zeh and Zeh (2008) predicted that the evolution of matrotrophy will increase the rate of evolution of post-zygotic reproductive isolation and the rate of speciation. The basis for this prediction is that conflict may be resolved in different ways by different populations. Conflict resolution differs from adaptation because it involves each sex evolving in response to the other in a tit for tat fashion. The paths followed by different populations may thus diverge from one another such that, when the two are brought back into contact, there may be a mismatch in how conflict is resolved. The evidence in support of Zeh and Zeh's hypothesis at the time
The magnitude of sexual size dimorphism (standard length) in the family Poeciliidae ranges from −0.11 to 1.27. Zero indicates males and females are of equal size, negative values males larger than females, and positive values females larger than males. (A) Xiphophorus hellerii males and females are of approximately equal size (pictured left) while males are considerably smaller than females in Heterandria formosa (pictured right). (B) Frequency histogram of the sexual dimorphism index (n=90). (C) Ancestral state reconstruction of the sexual dimorphism index as a continuous character using the contMap function in the R package phytools, which estimates the Maximum likelihood ancestral states at all internal nodes and interpolates the states along each edge. The phylogeny tips depict a binary categorization of the size dimorphism index (i.e., low vs. high). The most likely ancestral state of the family, when treated as a binary character, is that of a high degree of size dimorphism (Furness et al., 2019).

The Poeciliidae present special opportunities for learning about how conflict shapes evolution because of the diversity within and among species in male attributes associated with sexual selection, male mating strategies, and the diversity among species in the mode of maternal provisioning (Bisazza, 1993; Pollux et al., 2009, 2014). The males of some species have bright coloration, ornamentation and elaborate courtship behavior (Bisazza, 1993; Bisazza and Pilastro, 1997). The females of some species have matrotrrophy in the form of the functional equivalent of a mammalian placenta (Turner, 1937, 1940; Wourms, 1981; Pollux et al., 2014; Olivera-Tlahuel et al., 2019). Furthermore, the Poeciliidae also vary in the presence or absence of superfetation, or the ability to carry multiple broods of young in different stages of development. Superfetation is of interest because its presence is highly correlated with the presence of placentaion (Pollux et al., 2014). The VDCH predicts that the evolution of the mode of maternal provisioning will shape the evolution of male attributes associated with sexual selection. We have tested these predictions by characterizing male attributes and female mode of reproduction throughout the family, constructing a DNA-based family tree, then integrating these data to make inferences about the interdependencies between male and female evolution (Pollux et al., 2014; Furness et al., 2019). Specifically, we have asked:
• How often have male attributes associated with pre-copulatory sexual selection evolved?
• How often has the equivalent of a mammalian placenta evolved?
• How often has superfetation evolved?
• How often are these traits lost? Specifically, are there differences in the evolutionary lability of these male and female attributes? If the male attributes are the product of sexual conflict, then this means that there may be tension between natural and sexual selection, making the male attributes as likely to be lost as gained.
• Are there associations between the presence of male attributes associated with pre-copulatory sexual selection and the mode of maternal provisioning? The VDCH predicts that male attributes associated with sexual selection should be concentrated in lineages that lack placentas.
• Are there patterns in the order of evolution of male traits and the mode of maternal provisioning that suggest a cause-and-effect relationship? If maternal provisioning governs the evolution of male attributes, then male attributes associated with pre-copulatory sexual selection are expected to evolve in lineages that lack placentas and, furthermore, the evolution of the placenta should be associated with the subsequent loss of such male attributes if they had been present.
• Finally, is the evolution of a placenta associated with the accelerated evolution of post-copulatory reproductive isolation and speciation, as predicted by the VDCH? Addressing this question invokes deeper issues with regard to what form of reproductive isolation dominates in governing the rate of speciation. It has been argued that pre-copulatory reproductive isolation plays a more important role in speciation than does post-copulatory reproductive isolation (Coyne and Orr, 2004; Grant and Grant, 2008). It has also been argued that sexual selection can accelerate the rate of evolution of pre-copulatory reproductive isolation (Coyne and Orr, 2004). If this is true, then we might instead expect to see higher rates of speciation in lineages with enhanced male traits associated with sexual selection, which may also mean higher rates of speciation in lineages that lack placentas. The situation in this family thus provides the opportunity to discriminate among alternative hypotheses for what form of reproductive isolation governs the rate of speciation.

The summary of results that follows is derived from our prior publications. The female reproductive data on which these analyses are based are entirely our own, generated under a uniform protocol, rather than being derived from the literature. Male data were derived from measurements on preserved specimens, aquarium observations and the literature. Details can be found in the methods and supplementary materials associated with Pollux et al. (2014). In brief, we show that male attributes associated with sexual selection and the equivalent of the mammalian placenta have evolved multiple times within the family, that there is a strong association between the presence of these male attributes and the absence of placentation, and that the evolution of maternal provisioning appears to govern the evolution of male traits, as opposed to the other way around (Pollux et al., 2014; Furness et al., 2019). All of these results are consistent with predictions derived from the VDCH (Zeh and Zeh, 2000). Finally, we show, contrary to Zeh and Zeh’s prediction, that it is the presence of enhanced sexual selection, rather than placentation, that is associated with accelerated rates of speciation (Furness et al., 2019).

**Sexual Dimorphism**

All species in this family are sexually dimorphic in terms of size and morphology, but there is immense variation in the scope and nature of sexual dimorphism (Figure 1) (Bisazza, 1993). In most species, males are smaller than females because male growth rate decelerates dramatically or even ceases at maturity while female growth trajectories continue to follow a normal, decelerating growth trajectory. In a small number of species the largest mature males can be larger than females (Pollux et al., 2014). These are also species in which the males are highly ornamented and have elaborate courtship.

The sexes differ in shape because the male anal fin metamorphoses into the gonopodium, or intromittent organ. The anal fin is fan-shaped in females and immature males. As males mature, the third through fifth rays of the anal fin become elongated, the fin stiffens and hooks, barbs and other species-specific morphological features develop at the tip of the gonopodium (Figure 2). At the same time, males develop the gonapodial suspensorium, which is a complex of bones and muscles in the abdomen associated with the mobility of the gonopodium. Males are able to rotate the gonopodium by up to 180 degrees so that it points toward their heads, rather than pointing toward the rear of the body. This change in position enables males to approach and inseminate the female from behind. The body shapes of the males of some species with the longest gonopodia appear modified in a fashion that shifts the insertion of the gonopodium toward the head. It appears that this shift plus the elongation of the gonopodium enables males to see the tip when the gonopodium is rotated 180 degrees to point anteriorly, which could in turn enable them to aim for the females gonopore as they approach them from behind (Greven, 2005). Females develop an enlarged, unpaired ovary that becomes the site in which offspring develop. The differences between the confinement of the profile of the abdomen by the gonapodial suspensorium vs. the expansion of the abdomen in association with pregnancy creates a difference in the overall shape of males and females (Rosen and Bailey, 1963; Greven, 2005).

**Variation Among Males and Associated Female Mating Preferences**

In many species, males lack attributes associated with sexual selection. They have the same color pattern as females, lack any form of ornamentation and lack courtship. They tend to have moderately long gonopodia (30+% of the standard body length) and are much smaller than females. In a relatively small subset of species, males develop ornamentation in the form of enlarged dorsal fins, laterally compressed bodies and/or the lengthening of a subset of the caudal fin rays to form a “sword” (Figure 4). Some species also have sexual dichromatism, with males being...
FIGURE 2 | The tip of the male gonopodium, the intromittent organ, exhibits a great deal of variation across the family Poecilidae: (A) Poecilia reticulata, (B) Xiphophorus helleri, (C) Phalloceros caudimaculatus, (D) Belonesox belizanus, (E) Girardinus cubensis, (F) Neoheterandria elegans, (G) Heterandria formosa, and (H) Poeciliopsis elongata. Figures redrawn from Rosen and Bailey (1963).

much more brightly colored than females (Figure 5). Amongst species, the length of the gonopodium ranges from 15 to nearly 50% of the standard length of the body (Figure 6). Langerhans (2011) found, on the basis of a phylogenetic analysis, that genera in which males typically had short gonopodia were more likely to exhibit courtship displays.

Species also vary in mating strategies. Most species lack courtship. Males instead approach females from behind and attempt copulation (Figure 7). Some species have elaborate courtship displays, but males of these species often employ alternative reproductive tactics, meaning they may either court or attempt forced copulation. When mature males vary in size, larger males tend to deploy courtship displays while smaller males instead attempt forced copulations (Erbelding-Denk et al., 1994; Rios-Cardenas and Morris, 2011).

Female mating preferences have been studied in many of these species. In some cases, absolute preference is measured by quantifying the attention given by a female to an individual male (Basolo, 1998), while relative preference is measured by offering females dichotomous choices between live males (Ryan and Wagner, 1987; Erbelding-Denk et al., 1994; Basolo, 1995; Ptacek and Travis, 1997; Morris, 1998), video projections of different male phenotypes (Trainor and Basolo, 2000), or dummies representing different male phenotypes (MacLaren et al., 2004). Relative preference can also be measured by quantifying association patterns among individuals in freeswimming groups (Houde, 1987, 1988b). Despite differences in methods, these studies have demonstrated consistently that females prefer larger, more elaborately ornamented, and more colorful males. Female preferences are strongest when different males are presented simultaneously to a female; when the choices are presented sequentially, the preference for the larger, more ornamental male remains but is much weaker (MacLaren and Rowland, 2006).

Do these preferred males sire more offspring under realistic situations when males can interact with each other as well as with females? Several studies have answered “yes” (Houde, 1988a; Ryan et al., 1990; Kodric-Brown, 1993; Morris et al., 2010). In Limia perguiae, large, preferred males sired all of the offspring in trials in which they were paired with a smaller male but sired no offspring when placed in a group with three smaller males and six females (Erbelding-Denk et al., 1994). It is difficult to interpret these contradictory results because there were few details of the experiment provided in Erbelding-Denk et al. (1994). In particular, it is unclear whether any or all of those females were receptive; male behaviors and interactions among males change dramatically when females are receptive (Farr and Travis, 1986) and only receptive females make clear, decisive choices among males (Ptacek and Travis, 1997). Two studies suggest that preferred males do not always have more reproductive success than other males (Bisazza and Pilastro, 1997; Aspbury and Basolo, 2002). However, these studies quantified only copulations, not the siring of offspring, and both studies focused on species without courtship or male ornamentation.
A number of additional studies have examined female preferences in species without courtship (McPeek, 1992; Basolo, 1998; Bisazza and Pilastro, 2000; MacLaren and Rowland, 2006; Casner et al., 2016). In nearly every case, females prefer a larger, more ornamented male, even when that male is not the same species as the female (Basolo, 1998). Several of these authors have interpreted these results to indicate a pre-existing preference for larger size and ornamentation that males in species with courtship have evolved to exploit.

The size distribution of mature males of many species is often polymodal, highly skewed, or widely variable (Farr et al., 1986; Kolluru and Reznick, 1996; Ptacek and Travis, 1996; Arias and Reznick, 2000; Reznick et al., 2007a; Regus et al., 2013; Cohen et al., 2015; Pires and Reznick, 2018). While this size variation has been associated with species in which males are highly ornamented and different sized males deploy different mating strategies (Zimmerer and Kallman, 1989; Rios-Cardenas and Morris, 2011), our comparative analyses reveal that such variation in male size at maturity is ancestral in the family Poeciliidae (unpublished observation). It is commonly seen in species that lack courtship behavior. In a few species, investigators have found that there is a genetic basis for differences in male size at maturity. The strongest research on the genetics of male size at maturity has been applied to species in the genus Xiphophorus which have a well-described P-locus with alternative alleles that determine age and size at maturity (Kallman, 1989; Lampert et al., 2010). An analogous system of Y-linked inheritance has been reported in sailfin molly (Travis, 1994).

Variation Among Females

The diversity we see among species in male attributes associated with mating is matched by diversity in female reproductive attributes. The ancestral mode of reproduction is most likely egg retention, meaning that eggs are fully provisioned before fertilization then retained by the female throughout development (Furness et al., 2019). This is the mode of maternal provisioning called “lecithotrophy,” or yolk feeding. From this starting
Ornamentation in the family Poeciliidae is when males exhibit ornamental display traits such as (A) a sail-like dorsal fin, as depicted in Poecilia velifera (top) and Limia nigrofasciata (middle), or a sword-like extension of the caudal fin, as depicted in Xiphophorus helleri (bottom). (B) Frequency histogram of presence or absence of male ornamentation ($n = 94$). (C) Ancestral state reconstruction of ornamentation as a binary character was performed using stochastic character mapping in the R package phytools. Branch colors represent posterior densities of edge states based on 1000 stochastic character maps of each reconstruction. The phylogeny tips depict a binary categorization of ornamentation (i.e., absence vs. presence). Figure redrawn after Furness et al. (2019). The most likely ancestral state of the family is the absence of ornamentation (Furness et al., 2019).

The totality of their results suggest that these substances were acquired from the surrounding medium via a non-specific form of active transport like pinocytosis. If the egg internalized by the ancestral poeciliid shared these properties it means that, from the inception of livebearing, developing embryos had the capacity to acquire resources from their mother. This capacity sets the stage for conflict between embryo acquisition and maternal allocation. As such, it may represent a “preadaptation” for the evolution of matrotrophy as a product of the escalation of this conflict over resource allocation. Since the eggs of other distantly related fish species have been found to have the same ability to acquire small organic molecules from their surroundings (Terner, 1968; Siebers...
Sexually dichromatic coloration in the family Poeciliidae is when males exhibit brighter and more colorful patterns than females; the alternative is sexually monochromatic coloration in which males and females exhibit similar coloration patterns and intensity. (A) Neoheterandria elegans, exhibits dichromatism with males more brightly colored than females (pictured). (B) Frequency histogram of presence or absence of dichromatism \( (n = 94) \). (C) Ancestral state reconstruction of dichromatism as a binary character was performed using stochastic character mapping in the R package phytools. Branch colors represent posterior densities of edge states based on 1000 stochastic character maps of each reconstruction. The phylogeny tips depict a binary categorization of dichromatism (i.e., absence vs. presence). Figure redrawn after Furness et al. (2019). The most likely ancestral state of the family is the absence of dichromatism (Furness et al., 2019).
Relative gonopodium length

**A**
Males of *Poecilia wingei* and *Limia perugiae* (pictured left) have relatively short gonopodia while males of *Phalloptychus Januarius* and *Poeciliopsis elongata* (pictured right) have relatively long gonopodia.

**B**
Frequency histogram of male gonopodium length ($n = 92$).

**C**
Ancestral state reconstruction of relative gonopodium length as a continuous character using the contMap function in the R package phytools, which estimates the Maximum likelihood ancestral states at all internal nodes and interpolates the states along each edge. The phylogeny tips depict a binary categorization of relative gonopodium length (i.e., short vs. long). The most likely ancestral state of the family, when treated as a binary character, is that of a long gonopodium (Furness et al., 2019).

the inference that it represents eggs that were fully provisioned prior to fertilization. There is then a continuous distribution of greater MI values, with the tail of the distribution extending to values of $>100$, which means that the mass of the offspring at birth is more than 100 times the mass of the egg at fertilization (Figure 8).

A second type of variation is in the presence or absence of superfetation. Most species lack superfetation, which means that they produce a single batch of eggs that is fertilized, then embryos develop and are born together (Figure 9). The process then begins again, with the yolking and fertilization of a new batch of eggs. Females of such species usually give birth every 3–4 weeks. Species with superfetation have the capacity to carry multiple broods of developing young in different stages of development (Pollux et al., 2009). Such species initiate a litter of developing young, then yolk a new batch of eggs and initiate the next litter before the previous litter is born (Turner, 1937). Species and populations within species vary in how many litters they carry at one time, ranging from as few as two to up to 8 litters at a time (Turner, 1937). A consequence of superfetation is that females give birth more frequently but to fewer young at a time. Species that typically have two developing litters at a time will give birth every 12–14 days. Those that typically have seven or eight developing litters at a time will give birth every 2 or 3 days (Turner, 1937; Pollux and Reznick, 2011).

**CHRONOLOGY OF EVOLUTION AND THE SIGNATURE OF CONFLICT**

**Trends in Male and Female Evolution**
Our next step was to integrate our comparative data on males and females with a well-resolved DNA-based family tree (Pollux et al., 2014; Reznick et al., 2017), enabling us to make inferences about the evolution of male and female traits...
FIGURE 7 | Courtship in the family Poeciliidae involves males displaying for females by spreading their unpaired fins and is often accompanied by stereotypical movements such as a sigmoid posture; the alternative to courtship is coercive or sneak-chase mating. (A) A male guppy, Poecilia reticulata, displays for a female (pictured) to elicit cooperation during mating. (B) Frequency histogram of presence or absence of male courtship \( (n = 79) \). (C) Ancestral state reconstruction of courtship as a binary character was performed using stochastic character mapping in the R package phytools. Branch colors represent posterior densities of edge states based on 1000 stochastic character maps of each reconstruction. The phylogeny tips depict a binary categorization of courtship (i.e., absence vs. presence). Figure redrawn after Furness et al. (2019). The most likely ancestral state of the family is the absence of courtship (Furness et al., 2019).

(Furness et al., 2019). The most likely condition of males in the common ancestor of the family is to lack sexual dichromatism, ornamentation and courtship (Figures 4, 5, 7). The males were likely to have been much smaller than females (Figure 1) and the gonopodium was likely to have been relatively long (Figure 6). Courtship, dichromatism and male ornamentation proved to be evolutionarily labile; they were as likely to be lost as gained throughout the family tree (Furness et al., 2019). For example, phylogenetic analyses reveal that Poecilia latipunctata lost the enlarged dorsal fin that characterizes the rest of its clade, but retained courtship behavior (Ptacek and Breden, 1998; Ptacek et al., 2005). Xiphophorus continens has lost the sword, coloration, and courtship behavior typical of its clade (Morris et al., 2005). More generally, phylogenetic analyses reveal that the sword, typical of the genus Xiphophorus, was ancestral to the genus as a whole then repeatedly gained and lost throughout the diversification of the genus (Meyer et al., 1994).

The females of the common ancestor of the family likely had internal fertilization, bore live young, were lecithotrophic and lacked superfetation (Furness et al., 2019). Superfetation evolved four times and was lost once. The loss was in the common ancestor of a clade of Central American species, including the genera Brachyraphis, Phallichthys, and Alfaro (Figure 9). Placentotrophy evolved nine times and, once gained, was never lost (Figure 8). The independent origins of the placenta are Xenodexia, Phalloptychus, Phalloceros, Heterandria formosa, the Micropoecilia and Pampaerichthys subclades of Poecilia, and three times within the genus Poeciliopsis. There are
FIGURE 8 | The Matrotrophy Index, measured as the ratio of offspring dry mass at birth to that of a just fertilized embryo, is a unitless measure of the degree of post-fertilization maternal embryo provisioning. In the family Poeciliidae, this value ranges from 0.48 to 117. Values <1 indicate embryos lose mass over the course of gestation and are considered lecithotrophic or “yolk feeding” (a value of 0.7 represents the loss of mass in egg-laying species), and larger values indicate matrotrophy or “mother feeding.” (A) Poeciliopsis retropinna is a highly matrotrophic species (Reznick et al., 2002, Hagmayer et al., 2018, Hagmayer et al., 2020). Over the course of gestation in the ovary (pictured), embryos undergo an up to 117-fold increase in dry weight, due to nutrient provisioning by means of a follicular placenta. (B) Frequency histogram of the natural log transformed Matrotrophy Index (n = 146). (C) Ancestral state reconstruction of the Matrotrophy Index as a continuous character using the contMap function in the R package phytools, which estimates the Maximum likelihood ancestral states at all internal nodes and interpolates the states along each edge. The phylogeny tips depict a binary categorization of the placenta (i.e., absent vs. present). Please note, the reconstruction depicted here omits a basal lineage, Tomeurus gracilis, the sole non-livebearing member of the family, as well as non-livebearing outgroup taxa. A reconstruction of placentation as a binary presence or absence character, with the inclusion of these taxa, suggests the most likely ancestral state of the family is to lack placentation (Furness et al., 2019). Also hints of evolving matrotrophy elsewhere in the family. For example, we have observed matrotrophy indices of between 1 and 2 in Gambusia rhizophorae (unpublished obsv.). Zuniga-Vega et al. (2011) similarly observed matrophy indices that ranged from 1 to 5.8 in different populations of Poecilia butleri. Both species are from clades in which all other species are lecithotrophic.

Superfetation is almost always associated with matrotrophy, so much so that it was once suggested that they were different facets of the same adaptation (Constanz, 1989).
Superfetation

The phylogenetic reconstructions reveal all possible orders of origin of superfetation and placentotrophy (Furness et al., 2019). Superfetation evolved before placentotrophy four times, placentotrophy and superfetation appear together three times, and placentotrophy evolved twice before superfetation. Superfetation appears before matrotrophy in the common ancestor of Neoheraterandria and Poeciliopsis. Matrotrophy evolves later, at least three different times, within Poeciliopsis, but all other species within these two genera have superfetation without matrotrophy. The common ancestors of Phalloceros and Pamphorichthys had placentotrophy without superfetation, but superfetation has recently been seen in one population each of Phalloceros harpagos (Gorini-Pacheco et al., 2018) and Pamphorichthys hasemani (Pires and Reznick, 2018). The inclusion of these species and new information would bring the number of origins of superfetation in the family to six, and likely
Lecithotrophic species

A

B

C

Matrotrophic species

D

E

F

FIGURE 10 | Lecithotrophic species include many popular in aquariums such as the sexually dichromatic guppy, Poecilia reticulata (A), the sailfin molly, Poecilia latipinna (B), and the swordtail, Xiphophorus helleri (C). Males of the latter two species also exhibit ornamental display traits in the form of a sail-like dorsal fin, and sword-like caudal fin. Males of all three species exhibit courtship and tend to have short gonopodia. In contrast, males of matrotrophic species such as (D) Poeciliopsis turneri, (E) Heterandria formosa, and (F) Phalloptychus juanarius tend to have sexually monochromatic coloration, lack ornamental display traits, and exhibit sneak-chase mating behavior rather than courtship. Furthermore, males in these species have long gonopodia and are considerably smaller than females.

Photo credits: (A) Wikimedia Commons, (B) Johnny Jensen, JJPhoto.dk, (C) http://scontent-lhr3-1.xx.fbcdn.net, (D) aquafisher.org.ua, (E) Chiara Sciarone, (F) http://leo-aquarium.blogspot.com/.

Why do we see this strong association between superfetation and matrotrophy? It is possible that superfetation promotes polyandry. Superfetation is known to promote polyandry in some mammals because females can re-mate each time they ovulate, so sequential litters can be sired by different males (Shackelford, 1952; Yamaguchi et al., 2004). If the same is true of the poeciliids, meaning that if females were inclined to mate after each time they gave birth, then it follows that superfetation may become associated with placentotrophy because it would contribute to Zeh and Zeh (2000) prediction that matrotrophy favors polyandry (Pollux et al., 2014).

In conclusion, the diversity of male attributes in the family represents multiple independent gains and losses of the traits associated with sexual selection. Likewise, the placenta and superfetation have evolved repeatedly throughout the family. The multiple, independent origins of male and female traits gives us the statistical power to test whether the evolution of male and female attributes are associated with each other. The availability of a well-resolved fossil-calibrated phylogenetic tree (Pollux et al., 2014) also enables us to overlay the evolution of male and female traits, then address the order of evolution and hence make inferences about the causal relationships between the evolution of male traits and female mode of reproduction.

ASSOCIATIONS BETWEEN MALE AND FEMALE ATTRIBUTES

The VDCH predicts that females of species that lack placentas will be choosier about who they mate with, making it more likely that the males of these species will have bright coloration, ornamentation, and courtship (Pollux et al., 2014). We also
expected that the evolution of elaborate male displays will be accompanied by an increase in male body size since size so often plays a role in female choice or in male-male combat for access to females (Rios-Cardenas and Morris, 2011). If mating is cooperative, then selection may also favor the evolution of shorter gonopodia. Conversely, if females are placental, then the VDCH predicts that females will tend to mate with multiple males then make a post-copulatory choice of who sires her offspring. The prediction is thus that males will not experience the sort of pre-copulatory mate choice that favors the evolution of traits like bright coloration, ornamentation or courtship. Selection should instead favor the enhancement of traits associated with sneaky, forced copulation, such as the evolution of longer gonopodia and smaller male body size.

Selection could also favor the evolution of sperm attributes, such as greater sperm longevity, higher sperm velocity, and perhaps attributes of semen that promote fertility, as has been described in Drosophila (e.g., Swanson et al., 2001). However, some of these characteristics could also be favored by selection in non-placental species for males to subvert the effects of female choice. There is evidence that sperm characteristics can be associated with other sexually selected features in non-placental species (Pilastro et al., 2004; Locatello et al., 2006). This does not falsify the prediction from the VDCH; the prediction is that the major focus of selection in non-placental species is pre-copulatory while the major focus in placental species is postcopulatory. There is, to date, only a single study in a single species (guppies—Poecilia reticulata) that has attempted to parse the opportunity for sexual selection into pre- and post-copulatory phases (Devigili et al., 2015). Thus, whether sperm or components of semen evolve to circumvent female choice or simply via male-male competition is an interesting question, as is the question of whether the answer differs between placental and non-placental species.

Our comparative phylogenetic analyses support all of the predictions of the VDCH. Species with placentas have males that are smaller relative to females, have longer gonopodia and are less likely to have bright coloration, ornamentation, and courtship behavior than species that lack placentas (Pollux et al., 2014) (Figure 10).

The Evolution of Maternal Provisioning Governs the Evolution of Male Attributes
We next considered the joint evolution and possible interdependence of the evolution of male and female attributes (Furness et al., 2019). If the absence of placentation favors the evolution of male traits associated with pre-copulatory mate choice, then these traits should be significantly more likely to evolve in lineages that lack placentas than in lineages that have them. We find significant interdependence in male and female evolution for three of the five male traits associated with sexual selection—the presence or absence of courtship, sexual dichromatism and sexual size dimorphism. In all three cases, these traits were more likely to evolve when placentas were absent than when they were present, as predicted. In contrast, we did not find support for the evolution of maternal provisioning conditioned on male traits (Furness et al., 2019).

Furthermore, male traits associated with sexual selection were also lost at higher rates in lineages that lack placentas (Furness et al., 2019). An inherent feature of conflict is that the fitness of one sex is gained at a cost to the opposite sex (Rice, 1996), so sustaining the trait requires a balance between the two. Male traits that evolve under such circumstances should be less stable than traits that evolve under an alternative form of sexual selection like the good genes hypothesis, under which both sexes benefit. This elevated rate of gain and loss of male traits associated with sexual selection in lineages that lack placentas is illustrated in Figure 4 of Furness et al. (2019).

Conflict between sexual and natural selection is a second source of the evolutionary lability (accelerated gains and losses) of male traits associated with sexual selection. Traits associated with sexual selection are often costly; e.g., the bright coloration of male guppies attracts females, but also attracts the unwanted attention of predators (Endler, 1984). The contribution of these traits to fitness thus represents a balance between the costs and benefits associated with them. A tilt in that balance in favor of natural selection could result in net selection against such traits.

To summarize, species with placentation reproduction tend to retain the ancestral state of males for the family, meaning that the males tend to lack sexual dichromatism, ornamentation, and courtship, be small relative to females and to have long gonopodia (Figure 10). Male traits associated with sexual selection evolved within lineages that lacked placentas. Figure 11 illustrates the complementary nature of male and female evolution in the form of mirrored phylogenetic trees of the evolution of male attributes with the evolution of placentation in females.

Macroevolutionary Consequences of Conflict—Rate of Speciation
Zeh and Zeh (2000) predict that post-zygotic reproduction isolation will evolve more rapidly in viviparous than oviparous species because development of the embryo within the mother creates a physiological arena for genomic conflict absent in species that lay eggs (Zeh and Zeh, 2000). Reproductive isolation may evolve among separate populations as a byproduct of differences between them in how conflict is resolved. Evidence for this hypothesis includes the demonstration that oviparous (spawning or egg laying) species pairs retain the capacity to produce viable hybrids tens of millions of years following divergence, an order of magnitude longer than for many viviparous (live-bearing) species (Zeh and Zeh, 2000). Vrana (2007) details a specific mechanism in crosses among closely related species of Peromyscus mice that differ in the intensity of conflict because one is monogamous and the other polygamous. Hybrids experience offspring growth dysregulation caused by disrupted placental function and genomic imprinting. This results in severe offspring under- or over growth depending on the direction of the reciprocal cross. There is thus a direct link between placental reproduction and post-zygotic reproductive isolation. Since reproductive isolation is the hallmark of the biological species concept, a natural extension is that
FIGURE 11 | Mirrored trees illustrating potential correlated evolution between (A) courtship, (B) dichromatism, (C) ornamentation, (D) relative gonopodium length, and (E) sexual dimorphism index (standard length) and the placenta. Ancestral state reconstructions of both binary traits by stochastic character mapping. Phylogeny restricted to species with both traits. Branch colors represent posterior probability densities of edge states based on 1000 stochastic character maps of each reconstruction. BayesTraits Discrete analyses support dependent (i.e., correlated) evolution between placentation and the absence of courtship, the absence of sexual dichromatism and increased sexual size dimorphism (males much smaller than females) but not with absence of ornamentation or long relative gonopodium length (Furness et al., 2019). The lack of association between placentation and absence of ornamentation is almost certainly due to the limited sample size of species with ornamentation. However, even though not statistically supported, all origins of ornamentation are in non-placental lineages (Xiphophorus and Poecilia). Likewise, the placenta tends to evolve in lineages with long gonopodia. In sum, species with placentas tend to lack male courtship, dichromatism, and ornamentation, have long gonopodia, and have a high degree of sexual size dimorphism (males much smaller than females). Figures redrawn from Furness et al. (2019).
reproductive mode might affect the rate of speciation. If true, then this hypothesis yields the prediction that placental species will have a higher rate of speciation than lecithotrophic species.

An alternative hypothesis is that lineages in which males are enhanced by sexual selection will have higher rates of speciation because sexual selection can cause the accelerated evolution of pre-copulatory reproductive isolation (Rice and Holland, 1997; Coyne and Orr, 2004). There is, in fact, a strong association between enhanced sexual selection and the rate of speciation in cichlid and centrarchid fishes, insects and organisms that use bioluminescence as part of sexual displays (Arnegqvist et al., 2000; Wagner et al., 2012; Seehausen, 2015; Smith et al., 2015; Ellis and Oakley, 2016). More generally, it is of interest to illuminate the relative importance of pre- vs. post-copulatory reproductive isolation in causing speciation to occur (Coyne and Orr, 1989, 2004). The Poeciliidae provide a rare opportunity to compare the two side by side because of the tendency for a hypothesized driver of post-copulatory reproductive isolation (placentation) to be disassociated from a hypothesized driver of pre-copulatory reproductive isolation (sexual selection).

Contrary to the prediction of Zeh and Zeh, we found that non-placental species exhibited a higher rate of speciation than placental species. Furthermore, we found that the speciation rate is higher in lineages that exhibit courtship, dichromatism, and ornamentation, and especially the combination of all three traits (Furness et al., 2019). We can separate the role of male traits from mode of maternal provisioning because males that lack these traits represent the ancestral state of the family and there remain many non-placental lineages that retain this ancestral state. It thus appears that sexual selection and the associated elaboration of male traits may be a stronger driver of speciation rate than female reproductive mode (i.e., placentation) in this family of fishes. In this view the low rate of speciation in placental lineages could be a byproduct of the shift away from pre-copulatory and toward post-copulatory mate choice, causing placental lineages to lack courtship, dichromatism, and ornamentation. These patterns of association suggest that pre-copulatory reproductive isolation dominates post-copulatory reproductive isolation in governing the rate of speciation in the poeciliid fishes.

**DISCUSSION**

**What Do We Know About Multiple Paternity in the Poeciliidae?**

High levels of concurrent multiple paternity have been reported in 10 species of Poeciliopsis (Coleman and Jones, 2011; Evans and Pilastro, 2011; Girndt et al., 2012; Dekker et al., 2020)–four species of Xiphophorus, two of Gambusia, three of Poecilia, Poeciliopsis monacha, and Heterandria formosa. Only one of these species (H. formosa) is placental.

The existing analyses of concurrent multiple paternity harbor diverse sources of bias that preclude any attempt at generalization. First, while most of these studies have considerable statistical power to test the hypothesis that more than one sire is necessary to account for the genetic diversity of offspring, the actual estimates of the numbers of sires represented in a litter are based on different underlying algorithms and statistical approaches (Jones et al., 2010) and have large sampling errors. Second, not all of these studies were able to delimit, accurately, the distribution of reproductive success among males siring offspring. It is important to do so because different distributions of paternity among embryos will produce differences in the effective level of polyandry within a brood and the nature and strength of prenatal conflicts (Zeh and Zeh, 2000; Schrader et al., 2011). A brood of 15 embryos where one male sired 13 and two males sired one embryo each presents a different scenario for conflict than a brood of 15 in which three males sired five embryos apiece. Third, there is considerable variation among studies in the number of genetic loci assayed and the number of alleles per locus. The probability of detecting concurrent multiple paternity is directly proportional to the genetic variation present in the loci used to detect it (Neff et al., 2002; Jones et al., 2010; Schrader et al., 2011) and not all of these studies have corrected their estimates for the levels of segregating genetic variation. Fourth, some studies show substantial variation among populations in the rate of concurrent multiple paternity (Trexler et al., 1997; Gao et al., 2019). This suggests that studies of single populations may not represent patterns in the species as a whole. In addition, if populations differ in levels of neutral genetic variation, conclusions about population variation in the rates of multiple paternity depend crucially on whether the estimates have been corrected for those different levels of segregating genetic variation (Schrader et al., 2011). Finally, the existing data represent an ad hoc collection of distantly related species rather than a pairing of closely related species that differ in mode of maternal provisioning.

We are currently trying to improve on the situation by comparing levels of concurrent multiple paternity in three pairs of closely related species that represent three independent origins of placentation: Poeciliopsis prolifica (matrotrophic, denoted M) and P. infans (lecithotrophic, denoted L); Poeciliopsis presidionis (M) and P. gracilis (L); and Poecilia bifurca (M) and Poecilia reticulata (L) (Meredith et al., 2010). We are doing so in a way that addresses what we feel were weak points in prior analyses of multiple paternity. We hope, provide a better assessment of whether Zeh and Zeh (2000) prediction of higher rates of multiple paternity in placental species is upheld.

**Alternative Explanations for the Associations Between Male and Female Attributes**

Our presentation implicitly assumes that the associations among male and female traits are solely attributable to conflict. There are adaptive hypotheses for the evolution of placentas that may offer alternatives. One such hypothesis is derived from the observation that species with placentas tend to have a lower reproductive burden (Reznick et al., 2007b; Bassar et al., 2014) and to be more streamlined (Fleuren et al., 2018, 2019), which suggests that the evolution of placenta may be favored in performance demanding habitats, such as those with high risk of predation.
(Hagmayer et al., 2020). High risk of predation also favors the evolution of less colorful guppies (Endler, 1978) so it is possible to imagine predation independently shaping male and female attributes. Alternatively, Trelxer and DeAngelis (2003) propose that placentation is most likely to evolve in stable, high resource availability environments because it can yield a fecundity advantage. If such high resource environments are associated with high population densities and a reduced opportunity for males to monopolize females, then it could simultaneously favor a loss of male traits associated with sexual selection. Adaptive and conflict hypotheses are not necessarily exclusive of one another. For example, superfetation and placentation may have initially conveyed an adaptive advantage, but once adopted they would also have shifted the venue of sexual conflict (Furness et al., 2015). We have recently performed comparative analyses on the same data set used here and failed to find consistent family-wide associations between placentation, superfetation and habitat, and failed to find consistent support for either of these adaptive hypotheses (Furness et al., 2021), so these alternatives do not seem viable at this time.

CONCLUSIONS

We can now answer the seven questions posed at the opening of this paper.

- How often have male attributes associated with sexual selection evolved? The reversibility of the evolution of these traits makes it difficult to arrive at a precise number of events, but we can at least say that these attributes have been gained, and lost, repeatedly in the family. We can also identify “hot spots” of sexual selection in the genera Poecilia and Xiphophorus, where we see species with a concentration of those attributes associated with sexual selection.
- How often has the equivalent of a mammalian placenta evolved? Placentation evolved at least nine times. There is evidence of other origins in individual species nested within clades that are otherwise non-placental.
- How often has superfetation, a different variation on the theme of maternal provisioning, evolved? Superfetation was gained at least four times and lost at least once in the family. We also have discovered superfetation emerging two additional times in lineages that had previously evolved placentation (Pamphorichthys and Phalloceros).
- How often are these traits lost? Specifically, are there differences in the evolutionary lability of these male and female attributes? There are indeed strong differences in the reversibility of male traits associated with sexual selection and mode of reproduction in females. Male traits are much more labile. One obvious explanation is they reflect a continuous conflict of interest between sexual and natural selection to a greater degree than female mode of reproduction, which perhaps evolves as an adaptive trait, but one that shifts the venue of sexual conflict. There may be deeper differences between male and female traits in terms of the underlying genetic mechanisms and how reversible they are. For example, the genetic basis of the evolution of male traits may be relatively simple while those underlying the evolution of mode of reproduction may be the consequence of multiple, sequential steps that are more difficult to reverse (Lee and Shine, 1998; Furness et al., 2015; Furness and Capellini, 2019).
- Are there associations between the presence of male attributes associated with sexual selection and the mode of maternal provisioning? Yes. As predicted by the VDCH hypothesis, male traits associated with sexual selection are much more likely to be seen in species that lack placentas.
- Are there patterns in the order of evolution of male traits associated with sexual selection and the mode of maternal provisioning that suggest a cause-and-effect relationship? Yes. The evolution of male traits associated with sexual selection is conditioned on the mode of maternal provisioning. Species that lack placentas are much more likely to gain, and lose, male traits associated with sexual selection.
- Finally, is the evolution of a placenta associated with the accelerated evolution of post-copulatory reproductive isolation and speciation, as predicted by the VDCH? No. Lineages with placentas have slower rates of speciation than those without placentas. The reason those without placentas have higher average rates of speciation is because a subset of the non-placental lineages are the ones in which we see the elaboration of male traits associated with sexual selection. The accelerated rates of speciation are concentrated in these lineages.

DATA AVAILABILITY STATEMENT

Publicly available datasets were analyzed in this study. This data can be found at: https://doi.org/10.5061/dryad.7g5b162.

AUTHOR CONTRIBUTIONS

DR conceived of the paper, wrote the first draft, and edited the final product. AF revised the first draft and made all of the figures. JT revised the first draft and contributed some new material to the manuscript. BP contributed the male data and revised the final draft of the manuscript. All authors approved the submitted version.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

The handling editor was organizing a Research Topic with one of the authors, BP, but had no other collaboration with any of the authors.

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