Human placenta has no microbiome but can contain potential pathogens

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We sought to determine whether pre-eclampsia, spontaneous preterm birth or the delivery of infants who are small for gestational age were associated with the presence of bacterial DNA in the human placenta. Here we show that there was no evidence for the presence of bacteria in the large majority of placental samples, from both complicated and uncomplicated pregnancies. Almost all signals were related either to the acquisition of bacteria during labour and delivery, or to contamination of laboratory reagents with bacterial DNA. The exception was *Streptococcus agalactiae* (group B Streptococcus), for which non-contaminant signals were detected in approximately 5% of samples collected before the onset of labour. We conclude that bacterial infection of the placenta is not a common cause of adverse pregnancy outcome and that the human placenta does not have a microbiome, but it does represent a potential site of perinatal acquisition of *S. agalactiae*, a major cause of neonatal sepsis.

Placental dysfunction is associated with common adverse pregnancy outcomes that determine a substantial proportion of the global burden of disease. However, the cause of placental dysfunction in most cases is unknown. Several studies have used sequencing-based methods for bacterial detection (metagenomics and 16S rRNA gene amplicon sequencing), and have concluded that the placenta is physiologically colonized by a diverse population of bacteria (the ‘placental microbiome’) and that the nature of this colonization may differ between healthy and complicated pregnancies. This contrasts with the view in the pre-sequencing era that the placenta was normally sterile. However, several studies that applied sequencing-based methods informed by the potential for false-positive results due to contamination have failed to detect a placental microbiome. The aim of the present study was to determine whether pre-eclampsia, delivery of a small for gestational age (SGA) infant and spontaneous preterm birth (PTB) were associated with the presence or a pattern of bacterial DNA in the placenta and to determine whether there was evidence to support the existence of a placental microbiome. We used samples from a large, prospective cohort study of nulliparous pregnant women, and applied an experimental approach informed by the potential for false-positive results.

**Experimental approach**

We studied two cohorts of patients (Extended Data Fig. 1 and Supplementary Tables 1, 2). In cohort 1, babies were all delivered by pre-labour Caesarean section, and the cohort included 20 patients with pre-eclampsia, 20 SGA infants, and 40 matched controls. The placental biopsies were spiked with approximately 1,100 colony-forming units (CFUs) of *Salmonella bongori* (positive control) and samples were analysed using both deep metagenomic sequencing of total DNA (424 million reads on average per sample) and 16S rRNA gene amplicon sequencing. Cohort 2 included 100 patients with pre-eclampsia, 100 SGA infants, 198 matched controls (two controls were used twice) and 100 preterm births. All of these samples were analysed twice using 16S rRNA gene amplicon sequencing from DNA extracted by two different kits.

**Cohort 1: metagenomics and 16S rRNA**

The positive control (*S. bongori*, average 180 reads per sample, Extended Data Fig. 2a) was detected in all samples. Several other bacterial signals were also observed. Principal component analysis (PCA) (Fig. 1a) demonstrated that almost all of the variation in the metagenomics data (98%) was represented by principal components 1 (80%) and 2 (18%). This variation was driven by batch effects and not by case–control status (Fig. 1b). Any variation that is associated with processing batches, and not the sampling framework, must be due to contamination. A heat map (Fig. 1c) showed that eight out of the ten runs had a pronounced *Escherichia coli* signal (more than 20,000 reads in 64 samples, and 50–150 reads in 16 samples), a large collection of additional bacterial signals, and high levels of PhiX174 reads (group 1; Fig. 1c). Additional analyses mapping all *E. coli* reads from all samples together against the closest reference genome (WG5) showed that all *E. coli* reads belonged to the same strain (Extended Data Fig. 3) and are, therefore, due to contamination. All samples belonging to runs 4 and 5 (Fig. 1b) also had strong *Bradyrhizobium* and *Rhodopseudomonas palustris* signals (group 2 in PCA analysis). Runs 8 and 9 (group 3) lacked these strong signals. Two samples had strong human betaherpesvirus 6B (HHV-6B) signals (more than 10,000 read pairs; Fig. 1a–c), which reflected inheritance of the chromosomally integrated virus, affecting 0.5–1% of individuals in western populations.

We analysed the concordance between metagenomics and 16S rRNA gene amplicon sequencing in 79 samples from cohort 1 (Table 1, one 16S primer pair failed). The only signal consistently detected using both methods was *S. bongori*. An average of approximately 33,000 *S. bongori* reads (54% of total reads) were found by 16S rRNA amplification sequencing (Extended Data Fig. 2b). *S. bongori* was not detected in the 16S negative controls (DNA extraction blanks; Table 1). The level of agreement between metagenomics and 16S rRNA for the other...
bacterial signals was assessed using the kappa statistic, scaled from 0 (no agreement) to 1 (perfect agreement). Only two signals demonstrated agreement (moderate-substantial) between the two methods: *S. agalactiae* and *Deinococcus geothermalis* (Table 1). The results were consistent when using different definitions of positive (Supplementary Table 3) and neither signal was detected in negative controls. The number of positive samples was too small for comparative analysis of cases and controls.

Several bacterial signals associated with principal component 2, including the *Caulobacter*, *Methylobacterium* and *Burkholderia* genera, were also detected by 16S rRNA gene sequencing. However, the kappa statistics were low and these signals were also detected in negative controls (Table 1). *Vibrio cholerae* and *Streptococcus pneumoniae* signals were detected using metagenomics in 14 and 11 samples, respectively. However, neither was detected using 16S rRNA sequencing data, cohort 1 samples. a–c, Summary of metagenomics.

By combining the data from two independent DNA isolation methods (the MP Biomedical kit, hereafter ‘Mpbio’, or Qiagen kit), we were able to visualize batch effects using PCA (Extended Data Fig. 5a) or visualize species individually (Fig. 1d–g) and analyse signal reproducibility. For example, *Bradyrhizobium* was detected nearly ubiquitously and in high abundance during library preparation or sequencing (the same explanation applies for *Leishmania infantum*, Fig. 1c).

**Cohort 2: duplicate 16S rRNA**

For 80 samples, we applied for *Bradyrhizobium* (d) and *Burkholderia* (e). Scatterplots are shown in Extended Data Fig. 6. f, Associations between *Thiohalocapsa halophila* and *S. pneumoniae* (at 11508) or Taq polymerase (at 51405). Interquartile range is shown; centre values denote medians. *P < 0.001 (Mann–Whitney U-test). g, *D. geothermalis* detection (>0.1% reads) by year of delivery. The number of samples in each group in f and g is shown in parentheses.
the negative controls. Batch effects based on the use of particular polymerase chain reaction (PCR) reagent lots can also be visualized. For example, the association of *Thiohalocapsa halophila* with either the PCR reagent ‘5× Q5 buffer’ (lot 11408) or ‘Q5 Taq polymerase’ (lot 51405), both of which were used to process the same 390 samples, is shown in Fig. 1f.

We used the kappa statistic to quantify the level of agreement between 16S rRNA amplicon sequencing of two DNA samples from the mode of delivery. *P < 0.05, ***P < 0.001, Mann–Whitney U-tests were used where values below 1% are regarded as 0%. See Extended Data Fig. 6 for scatterplots. Percentage read count is based on the higher value for given species using Qiagen or Mpbio DNA isolation kit (using all 498 samples).
Table 2 | Simplified overview on the nature of bacterial findings

| Signals | Independent of: | DNA extraction batch | Date of delivery | Mode of delivery | Not in negative controls | Sample-associated | Verified by meta-genomics |
|---------|-----------------|----------------------|------------------|-----------------|------------------------|------------------|------------------------|
| Capable pathogens | | | | | |
| Streptococcus agalactiae | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Listeria monocytogenes | ✓ | ✓ | ✓ | ✓ | ✓ | ➕ | ➕ |
| Vaginal lactobacilli | | | | | |
| Lactobacillus crispatus | ✓ | ✓ | – | – | ✓ | ➕ | ➕ |
| Lactobacillus iners | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Lactobacillus gasseri | ✓ | ✓ | – | ✓ | ✓ | ➕ | ➕ |
| Lactobacillus jensenii | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Vaginosis-associated bacteria | | | | | |
| Gardnerella vaginalis | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Atopobium vaginae | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Ureaplasma (genus) | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Prevotella bivia | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Prevotella amnii | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Prevotella timonensis | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Aerococcus christensenii | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Streptococcus anginosus | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Sneathia sanguinigenes | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Megasphaera elsdenii | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Faecal-associated bacteria | | | | | |
| Bacteroides (genus) | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Faecalibacterium prausnitzii | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Roseburia faeces | – | ✓ | – | – | – | ➕ | ➕ |
| Coriobacterium sp. | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Collinsella intestinalis | ✓ | ✓ | – | – | – | ➕ | ➕ |
| Suspected oral origin | | | | | |
| Fusobacterium nucleatum | ✓ | ✓ | ✓ | – | – | ➕ | ➕ |
| Streptococcus mitis | ✓ | ✓ | ✓ | – | – | ➕ | ➕ |
| Streptococcus vestibularis | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Genuine reagent contaminants | | | | | |
| Acinetobacter baumannii | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Thiohalocapsa halophila | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Propionibacterium acnes | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Stenotrophomonas maltophilia | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Bradyrhizobium japonicum | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Melioribacter roseus | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Pelomonas (genus) | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Methylobacterium (genus) | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Aquabacterium (genus) | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Sediminibacterium (genus) | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Desulfovibrio alkalitolerans | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Delftia tsuruhatensis | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Streptococcus pyogenes | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Burkholderia multivorans | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Caulobacter (genus) | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Steroidobacter sp. JC2953 | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Afipia (genus) | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Burkholderia silvatlantica | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Lysinimicrobium mangrove | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Bradyrhizobium elkanii | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Achromobacter xylosoxidans | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Corynebacterium tuberculostearicum | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Rhodococcus fascians | ✓ | ✓ | ✓ | – | – | ➕ | ➕ |
| Sphingobium rhizovicinum | ✓ | – | ✓ | – | – | ➕ | ➕ |
| Methylobacterium organophilum | – | ✓ | ✓ | – | – | ➕ | ➕ |
| Deinococcus geothermalis | ✓ | ✓ | ✓ | – | – | ➕ | ➕ |

*a*Includes batch effects caused by different DNA isolation kits, PCR reagents and MiSeq run.

*b*See Figs. 1g, 2d for details.

*c*A tick ‘✓’ indicates absence; ‘~’ indicates detection (any percentage) in less than 20% of negative controls.

*d*Detection of signal in corresponding Qiagen and Mpbio DNA isolations. ‘✓&~’ indicates that signals from these operational taxonomic units are sample-associated in most 16S runs, but reagent contaminants in others. See Supplementary Table 4 for details.

*e*See Table 1 and Supplementary Table 3. A ‘~’ indicates some level of concordance was detected using a different 16S threshold.

*f*The presence or absence of verification should be interpreted with caution, as indicated by examples.
the same patient extracted using the two different kits (Supplementary Table 4). The majority of the most-prevalent bacterial groups had low kappa scores and there was a low correlation between the magnitude of the signals comparing the two DNA extraction methods (Extended Data Fig. 5b). Moreover, these signals also demonstrated notable batch effects using PCA (Extended Data Fig. 5a). Interestingly, four ecologically unexpected bacterial groups of high prevalence exhibited a fair level of concordance (Rhodococcus fascians, Sphingobium rhizovicinum, Methylobacterium organophilum and D. geothermalis). Further analysis demonstrated a temporal pattern of these signals (Fig. 1g). All placental samples were washed in sterile PBS to remove surface contamination, such as maternal blood, and the temporal pattern of these bacterial signals is consistent with them being derived from batches of this reagent. Some ecologically plausible species, such as S. agalactiae and Listeria monocytogenes, vaginal lactobacilli, vaginosis-associated bacteria, faecal bacteria and some bacteria of probable oral origin had modest to high kappa scores, indicating that they were sample-associated signals. In contrast to the laboratory contaminants, the signals for these bacterial groups correlated when comparing the two DNA extraction methods (Fig. 2a) and were not associated with batch effects identifiable using PCA. Sample-associated signals (non-reagent contaminants) of a few species did not typically associated with a vaginal or rectal habitat but with the oral habitat were detected, such as Streptococcus mitis, Streptococcus vestibularis and Fusobacterium nucleatum. However, it was only a very small minority of samples that exhibited these signals (below that of S. agalactiae) and none of these oral signals was identified by metagenomic analysis of pre-labour Caesarean section samples (cohort 1).

**Delivery-associated signals**

Vaginal organisms (lactobacilli and vaginosis-associated bacteria) were more abundant than S. agalactiae in cohort 2 (vaginal, intrapartum and pre-labour Caesarean section deliveries) but less abundant than S. agalactiae in cohort 1 (pre-labour Caesarean section deliveries only).

Hence, we next examined the relationship between the mode of delivery and the 16S rRNA signal. Vaginal lactobacilli (Lactobacillus iners, Lactobacillus crispatus, Lactobacillus gasseri and Lactobacillus jensenii) were found more frequently and in higher numbers in vaginally delivered placentas than in placentas delivered via intrapartum or pre-labour Caesarean section (Fig. 2b), irrespective of the DNA isolation method (Extended Data Fig. 7a, b). Vaginosis-associated bacteria were found at approximately the same frequency in vaginal and intrapartum Caesarean section samples, but significantly less frequently in pre-labour Caesarean section samples (Fig. 2c). A heat map generated using the Spearman rho correlation coefficients of all abundant and relevant bacterial groups generated a cluster of vaginally associated bacteria, representative of vaginal community group IV 16, which reflects sample contamination during labour and delivery (Extended Data Fig. 8). The other clusters represented the contamination signatures of the two different DNA extraction kits and a fourth cluster reflected contamination from laboratory reagents and equipment. Third, both metagenomics and 16S amplicon sequencing were capable of detecting a very low amount of a spiked-in signal. Fourth, samples of placental tissue

**Genuine signals and pregnancy outcome**

The presence of S. agalactiae was analysed with respect to clinical outcome (SGA, pre-eclampsia, PTB) as it was the only organism that met all of the criteria of a genuine placenta-associated bacterial signal (Table 2). There was no association with SGA, pre-eclampsia or PTB (Fig. 3). Exploratory analysis of the 16S amplicon sequencing data of all sample-associated signals, including delivery-associated bacteria, showed that S. mitis and F. nucleatum were not associated with adverse pregnancy outcome (Supplementary Table 5). Of note, however, were the significant associations of the delivery-associated bacteria L. iners with pre-eclampsia and Streptococcus anginosus and the Ureaplasma genus with PTB (Fig. 3, Supplementary Table 5 and Extended Data Fig. 9). In one placental sample from a preterm birth, a strong L. monocytophages signal was found (7% and 52% of all reads with Mpbio and Qiagen, respectively).

**Validating Streptococcus agalactiae**

A nested PCR and quantitative PCR (qPCR) approach targeted towards the sip gene, which encodes the surface immunogenic protein (SIP) of S. agalactiae, was used to verify its presence in 276 placental samples for which a 16S sequencing result was available. In total, 7 out of 276 samples were positive using PCR–qPCR and all seven were also positive (more than 1%) by 16S analysis. A total of 14 samples were positive by 16S sequencing but not by PCR–qPCR, no sample was positive using PCR–qPCR and negative by 16S, and 255 samples were negative by both methods. This yielded a kappa statistic of 0.48, indicating moderate agreement and a value of 9.7 $\times 10^{-2}$ . We conclude that the detection of S. agalactiae by 16S rRNA amplification was verified by two further independent methods (metagenomics and PCR–qPCR) and the level of agreement in both cases was well above what could be expected by chance. It remains to be determined why some samples were positive for S. agalactiae by 16S sequencing but negative by the PCR–qPCR method. Generally, the latter would be considered more sensitive, particularly in samples with a higher microbial biomass, owing to the complex amplification kinetics when a large number of diverse 16S template molecules are present. However, in the absence of other bacterial signals, it is possible that 16S sequencing is more sensitive for detecting very small numbers of S. agalactiae, as the genome of the organism has seven copies of the 16S rRNA gene, but only one copy of sip 17.

**Discussion**

We studied placental biopsies from a total of 537 women, including 318 cases of adverse pregnancy outcome and 219 controls, using multiple methods of DNA extraction and detection, and drew several important conclusions. First, we found that the biomass of bacterial sequences in DNA extracted from human placenta was extremely small. Second, the major source of bacterial DNA in the samples studied was contamination from laboratory reagents and equipment. Third, both metagenomics and 16S amplicon sequencing were capable of detecting a very low amount of a spiked-in signal. Fourth, samples of placental tissue
become contaminated during the process of labour and delivery, even when they were dissected from within the placenta. Finally, the only organism for which there was strong evidence that it was present in the placenta before the onset of labour was *S. agalactiae*. It was not part of any batch effect, it was detected by three methods, there was a statistically significant level of agreement between 16S amplicon sequencing and both metagenomics (P = 1.5 × 10⁻⁴) and a targeted PCR–qPCR assay (P = 9.7 × 10⁻²), none of 47 negative controls analysed by 16S sequencing was positive for *S. agalactiae*, and there was no association with mode of delivery (Extended Data Fig. 7). However, there was no significant association between the presence of the organism and pre-eclampsia, SGA or PTB. Exploratory analysis of other signals did demonstrate an association between PTB and the presence of *Ureaplasma* reads (>1%), consistent with previous studies⁹, but this was probably the result of ascending uterine infection. We conclude that bacterial placental infection is not a major cause of placently related complications of human pregnancy and that the human placenta does not have a resident microbiome.

The finding of *S. agalactiae* in the placenta before labour could be of considerable clinical importance. Perinatal transmission of *S. agalactiae* from the mother’s genital tract can lead to fatal sepsis in the infant. It is estimated that routine screening of all pregnant women for the presence of *S. agalactiae* and targeted use of antibiotics prevents 200 neonatal deaths per year in the United States¹⁰. Our findings identify an alternative route for perinatal acquisition of *S. agalactiae*. Further studies will be required to determine the association between the presence of the organism in the placenta and fetal or neonatal disease. However, if such a link was identified, rapid testing of the placenta for the presence of *S. agalactiae* might allow targeting of neonatal investigation and treatment. Our work also sheds light on the possible routes of fetal colonisation. Although we see no evidence of a placental microbiome, the frequency of detection of vaginal bacteria in the placenta increased after intrapartum Caesarean section, suggesting ascending or haematogenous spread. Similarly, haematogenous spread as the result of transient bacteraemia could potentially explain the presence of the small number of sample-associated oral bacterial signals⁹. Such spread could lead to fetal colonization immediately before delivery.

We identified five different patterns of contamination (Fig. 4)—namely, contamination of the placenta with real bacteria during the process of labour and delivery (Fig. 2); contamination of the biopsy when it was washed with PBS; contamination of DNA during the extraction process; contamination of reagents used to amplify the DNA before sequencing; and contamination from the reagents or equipment used for sequencing. Using 16S rRNA amplicon sequencing, the positive control (*S. bongori*) accounted for more than half of the reads, indicating that the method is highly sensitive. However, when the method is applied to samples with little or no biomass, these sources of contamination can lead to apparent signals, hence it is crucial to use a method that allows differentiation between true bacterial signals and these sources of contamination (see Supplementary Information 1 for further technical discussion).

In conclusion, in a study of 537 placentas carefully collected, processed and analysed to detect real bacterial signals, we found no evidence to support the existence of a placental microbiome and no significant relationship between placental infection with bacteria and the risk of pre-eclampsia, SGA and perinatal death. However, we identified an important pathogen, *S. agalactiae*, in the placenta of approximately 5% of women before the onset of labour.

### Online content

Any methods, additional references, Nature Research reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/s41586-019-1451-5.

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METHODS

Ethics. This study is in compliance with all relevant ethical regulations. The Pregnancy Outcome Prediction study (POPs) was approved by the Cambridgeshire 2 Research Ethics Committee (reference number 07/H0308/163). The study and the characteristics of the eligible and participating women have been previously described in detail11,12. In brief, 4,212 nulliparous women with a singleton pregnancy were followed through from their first ultrasound scan to delivery. At the time of delivery (placental samples were obtained using a standardized protocol by a team of trained technicians, in which most samples were obtained within 3 h of delivery (interquartile range: 0.3–8.4 h). All participants gave written informed consent for the study and for subsequent analysis of their samples.

Patient selection. For cohort 1, cases of SGA (≤fifth percentile based on customized birth weight11; n = 20) or pre-eclampsia (according to the 2013 ACOG (The American College of Obstetricians and Gynecologists) Guidelines12; n = 20) were matched one-to-one with healthy controls (n = 40). Only deliveries by pre-labour Caesarean section were included in this cohort. The cases and controls were matched as closely as possible for maternal body mass index, maternal age, gestational age, sample collection time, maternal smoking, and fetal sex. Clinical characteristics are presented in Supplementary Table 1. For cohort 2, cases of SGA (≤fifth customized birth weight percentile21; n = 100) or pre-eclampsia (2013 ACOG guidelines22; n = 100) were selected. The cases were matched one-to-one with healthy controls (n = 198, two controls were used twice). All deliveries were at term (≥37 weeks gestation). The same matching criteria as in the first cohort were used with the addition of an absolute match for mode of delivery. Placentas from 100 preterm births (≤37 weeks gestation) deliveries were also included in the study (clinical characteristics in Supplementary Table 2). Flow charts describing the two cohorts and subsequent sample-processing and analysis steps are presented in Extended Data Fig. 1.

Placenta collection. Placentas were collected after delivery and the procedure has previously been described in detail26. We confined our sampling to the placental terminal villi (fetal tissue). We chose this as the villi are the site of exchange, across the vasculosyncytial membrane, between the fetus and mother. This location is the closest interface between the fetus with the mother's blood and tissues. If the placenta was colonized, one would expect bacteria to ascend the genital tract (local infiltration) or to come from the mother's blood (haematogenous). Hence, we believe that this would be the most plausible site for bacteria to be found. Villous tissue was obtained from four separate lobules of the placenta after trimming to remove adhering decidua from the basal plate. The tissue in the selected areas had no visible damage, haematomas, or infections. To remove maternal blood, the selected tissue samples were rinsed in chilled sterile PBS (Oxoid Oxipath Buffered Saline Tablets, Dulbecco A; Thermo Fisher Scientific) dissolved in ultrapure water (ELGA Purelab Classic 18MΩ cm). After initial collection, all placental samples were frozen in liquid nitrogen and stored at −80 °C until further processing. DNA isolation, preparation of DNA samples for PCR reactions, and subsequent experiments were performed in a laminar flow cabinet and pipettes were cleaned with DNA AW AY Surface Decontaminant.

DNA isolation from cohort 1. DNA was isolated from placental tissue with the Qiangen Qiaamp DNA mini kit (51304; Qiangen) according to the manufacturer’s instructions with the addition of a freeze–thaw cycle after the overnight tissue lysis. Before DNA isolation, intact S. bongori was added to the placental tissue (1,100 CFUs, described in detail below). The placental tissue with added S. bongori was lysed in a proteinase-K-based solution (100 µl buffer ATL (Qiangen), 80 µl of S. bongori, 20 µl proteinase K) overnight (18 h at 56 °C) and thereafter freeze–thawed once. After the thawed samples were brought to room temperature, DNA was removed by centrifugation after an additional 5 min incubation and DNA was recovered from the supernatant as described in detail below. For cohort 1, DNA concentrations were determined by Nanodrop Lite (Thermo Fisher Scientific). 16S rRNA gene amplification. For detection of the bacterial 16S rRNA gene, PCR amplification of the V1–V2 region was performed using V1 primers with four degenerate positions to optimize coverage as previously recommended23,24. In brief, the NER Ultra II custom kit (New England Biolabs) was used for library generation, and samples were then sequenced on the Illumina HiSeq X Ten platform (150 base pairs, paired end) in 10 runs (flowcells) of 8 samples (lanes) each. The sequencing coverage was designed to generate more than 30-fold coverage of the human chromosomal DNA in each sample.

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England Biolabs), dNTP solution mix (N0474L, New England Biolabs), and UltraPure DNase/RNase-Free Water (Thermo Fisher Scientific) in 0.2 ml PCR strips (STARLAB). Amplification was performed with 500 ng DNA per reaction, and the final primer concentration was 0.5 μM. The PCR amplification profile was an initial step of 98°C for 2 min followed by 10 cycles of touch-down (68°C to 59°C, 30 s), and 72°C (90 s), followed by 30 cycles of 98°C (30 s), 59°C (30 s), and 72°C (90 s). After completion of cycling, the reactions were incubated for 5 min, which was terminated after heating to 95°C. After completion of the PCR, the four replicate sets of each sample were pooled, cleaned up with AMPure XP beads (A6881; Beckman Coulter) and eluted in Tri-EDTA buffer (Sigma-Aldrich). DNA concentration was determined by Qubit Fluorometric Quantitation (Q32854; Invitrogen). Equimolar pools of the PCR amplicons were run on 1% agarose/TBE gels and ethidium bromide used to visualize the DNA. The DNA bands were excised and cleaned up with a Wizard SV Gel and PCR Clean-Up System (Promega UK). The equimolar pools were sequenced on the Illumina MiSeq platform using paired-end 250 cycle MiSeq Reagent Kit V2 (Illumina).

Bioinformatic analysis of metagenomics data. Bioinformatic analysis first required removal of human reads followed by identification of the species of non-human reads. KneadData (http://huttenhower.sph.harvard.edu/kneaddata) is a tool designed to perform quality control on metagenomic sequencing data, especially data from microbiome experiments, and we used this to remove the human reads. Forward and reverse reads from each sample were filtered using KneadData (v.0.6.1) with the following trimmomatic options: HEADCROP9, SLIDINGWINDOW:4:20, MINLEN: 100. A custom Kraken reference database (v.0.10.6.6) was built, using metagen_build_kraken_db and -max_db_size 30, to detect any potential non-human eukaryotic or bacterial reads. The custom Kraken reference database included both the default bacterial and viral libraries, and an accession.txt file was supplied (via -ids_file) containing a diverse array of organisms chosen from all sequenced forms of eukaryotic life (see Supplementary Table 3 for accession numbers). This wide array was chosen to both detect potentially relevant unknown organisms, but also to identify additional human reads that had not been mapped to the human reference genome. In the metagenomic data, various non-human eukaryotic signals were identified by Kraken in every placental sample at a similar percentage, and were mostly assigned to Pan paniscus (Supplementary Table 3). As a verification, reads mapping to eukaryotic species were extracted (Supplementary Information 2) and contigs were assembled. These were analysed using BLASTn and were indeed identified as human. This indicates that these (often lower quality or repetitive) eukaryotic reads are in fact human reads that were not removed by mapping against the human reference genome. An exception to this was that in 17 samples an elevated number of reads were assigned to Danio rerio (zebrafish) and Sarcophilus harrisii (Tasmanian devil), both of which had been sequenced on the Sanger Institute pipeline. Kraken was run using the metagm_run_kraken option. All human-derived signals (eukaryotic and bacterial) in every sample were removed before further analysis. See Source Data of Fig. 1a–c for abundance information. The origins of Streptococcus pneumoniae and Vibrio cholerae reads were analysed by extracting their respective reads as identified by the Kraken using custom scripts (Supplementary Information 1), and contigs were assembled. These were analysed using BLASTn and were indeed identified as human. 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human DNA. In each well, 6 μl of the first-round PCR (or water in the no template control/blank wells) was used as the reaction substrate in a total volume of 15 μl. The PCR amplification profile had an initial step of 95 °C for 20 s followed by 40 cycles of 95 °C (5 s) and 60 °C (20 s).

**Statistics.** The inter-rater agreement kappa scores and P values were computed by D AG_Stat. Comparison of cases and controls was performed using multivariable logistic regression, with conditional logistic regression employed for paired comparisons, using Stata v.15.1 (Statacorp). Other statistical calculations were performed in GraphPad Prism 7 (GraphPad Software). PCs were performed with the prcomp function from the R package in RStudio (v.0.99.902) with all settings, where applicable, set to ‘true’. As the effect size was not known in advance, we performed power calculations with varying prevalence and effect sizes (odds ratio) for 100 case–control pairs (pre-eclampsia and growth restriction) used in the 16S rRNA amplicon sequencing study. These showed that a 5% prevalence in controls and OR = 5 gives 82% power to detect the signal at significance level 0.05. The bioinformatic analysis and the setting of the minimum detection thresholds were performed in a blinded fashion in respect to adverse pregnancy outcome status. All reported P values are two-sided except for concordance calculations, as indicated. The experiments were not randomized, and investigators were not blinded to allocation during experiments and outcome assessment unless described otherwise. **Reporting summary.** Further information on research design is available in the Nature Research Reporting Summary linked to this paper.

**Data availability**

The 16S rRNA gene sequencing datasets generated and analysed in this study are publicly available under European Nucleotide Archive (ENA) accession number ERP109246. The metagenomics datasets, which primarily contain human sequences, are available with managed access in the European Genome-phenome Archive (EGA) accession number EGAD00001004198.

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**Author contributions** G.C.S.S., D.S.C.-J., J.P. and S.J.P. conceived the experiments. G.C.S.S., D.S.C.-J., J.P., S.J.P. and S.L. designed the experiments. S.L. and M.C.d.G. optimized the experimental approach. S.L. and F.G. performed the experiments. M.C.d.G. analysed all of the sequencing data. U.S. matched cases and controls, performed statistical analyses and provided logistic support for patient and sample metadata. E.C. managed sample collection and processing and the biobank in which all sample were stored. All authors contributed in writing the manuscript and approved the final version.

**Competing interests** J.P. reports grants from Pfizer, personal fees from Next Gen Diagnostics, outside the submitted work; S.J.P. reports personal fees from Roche Diagnostics, outside the submitted work; D.S.C.-J. reports grants from GlaxoSmithKline Research and Development, outside the submitted work and non-financial support from Roche Diagnostics, outside the submitted work; G.C.S.S. reports grants and personal fees from GlaxoSmithKline Research and Development, personal fees and non-financial support from Roche Diagnostics, outside the submitted work; D.S.C.-J. and G.C.S.S. report grants from Sera Prognostics, non-financial support from Illumina, outside the submitted work; M.C.d.G., S.L., U.S., F.G. and E.C. have nothing to disclose.

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Extended Data Fig. 1 | Two cohorts of placental samples were analysed. Cohort 1 (n = 80) contained only samples from pre-labour Caesarean section (CS) deliveries and S. bongori was added to the samples before DNA isolation as a positive control. Samples in cohort 1 were analysed by both metagenomics and 16S rRNA amplicon sequencing. Cohort 2 (n = 498) contained placental samples from Caesarean section and vaginal deliveries. DNA was isolated twice from each placental sample with two different DNA extraction kits. Samples were analysed by 16S rRNA amplicon sequencing. Pre-eclampsia (PE) was defined using The American College of Obstetricians and Gynaecologists (ACOG) 2013 definition. Small for gestational age (SGA) was defined as a birth weight less than the fifth percentile using a customized reference. Preterm denotes birth before 37 weeks gestation.
Extended Data Fig. 2 | Positive control experiment comparison between metagenomics and 16S amplicon sequencing. a, b, Adding approximately 1,100 CFUs of *S. bongori* to the placental tissue before DNA isolation resulted in an average of 180 reads (s.d. 90 reads) by metagenomic sequencing (*n* = 80) (a) or on average of 54% of all 16S rRNA amplicon sequencing reads (approximately 33,000 reads) being identified as *S. bongori* (s.d. 13%; *n* = 79) (b). Box represents the interquartile range; whiskers represent the maximum and minimum values; centre lines denote the median.
Extended Data Fig. 3 | Strain analysis of *E. coli* reads found by metagenomics. All reads identified in all 80 samples by Kraken\(^2\) as *E. coli* were extracted and mapped together against the closest *E. coli* reference genome (GenBank: CP02409.1). Single nucleotide polymorphisms, shown in red, were consistent for all samples across the genome. Single nucleotide polymorphisms were rare, except in the fimbrial chaperone protein gene (*EcpD*) indicated in light red. Sequence differences that appear as short sporadic red lines represent sequencing errors. Strain variation would have resulted in dashed vertical lines.
Extended Data Fig. 4 | Detailed heat map metagenomic data. Heat map showing the abundance of all non-human reads as detected by metagenomics. Human reads remaining after filtering (89.8%; s.d. 1.5%) are not shown for scaling purposes. Most taxa (shown on the right) are found in higher abundance within groups 1 and/or 2 (indicated on the left with light blue and purple, respectively). The purple box highlights the samples and species associated with group 2. The lane ID of each sample is represented by the first number (x axis). All samples from lanes 4 and 5 form group 2, and all samples from lanes 8 and 9 form group 3 (see Fig. 1a, b).
Extended Data Fig. 5  | Species associated with batch effects visualized by PCA also do not show signal reproducibility. a, PCAs of selections of samples from cohort 2 (16S), or of all cohort 2 samples as shown here, allows for the identification of batch effects and allows for the identification of contaminating species associated with the use of specific DNA isolation methods, kits and/or other reagents. An analysis of all samples shows that principal components 3 (x axis) and 4 (y axis) are strongly correlated with the use of Qiagen or specific Mpbio DNA isolation kits. b, Examples of bacteria detected in high abundance and frequency when processed with the Qiagen (x axis) and/or Mpbio (y axis) DNA isolation kits. Patterns that lack positive correlation (compare with Fig. 2a) demonstrate that signals are not sample- but batch-associated.
Extended Data Fig. 6 | Scatterplot representations of the abundance of Bradyrhizobium, Burkholderia, vaginal lactobacilli and vaginosis bacteria during 16S amplicon sequencing. a, b, The abundance of Bradyrhizobium (a) or Burkholderia (b) with respect to sequencing run batch effects during 16S amplicon sequencing. Numbers in parentheses indicate the number of samples sequenced in a given run. Values of zero are not shown on the logarithmic axis. c, d, The abundance of vaginal lactobacilli (c) and vaginosis bacteria (d) with respect to the mode of delivery during 16S amplicon sequencing. *$P < 0.05$, ***$P < 0.001$, Mann–Whitney U-tests, where values below 1% are regarded as 0% (not biologically relevant).
Extended Data Fig. 7 | Mode of delivery and the detection of bacterial signals. a, b, The association of vaginal lactobacilli with the mode of delivery, as determined by the analysis of 466 samples by 16S amplicon sequencing that were successfully sequenced twice using the Mpbio (a) and Qiagen (b) DNA isolation methods. Comparisons of the Mpbio and Qiagen DNA isolation techniques highlight that the same patterns are observed in the associations with mode of delivery. Comparisons also show that the Qiagen DNA isolation was more sensitive, resulting in twice as many signals above the 1% threshold. c–h, The association of bacterial groups with mode of delivery. Analyses were performed using all 498 placental samples with the highest value of either DNA isolation method for each bacterial group per sample. c, d, S. agalactiae was not associated with the mode of delivery irrespective of whether a 1% threshold was used (the minimum percentage considered to be potentially ecologically relevant) (c) or a 0.1% threshold was used (the 16S detection limit, relevant for detecting traces of contamination during delivery) (d). e, f, The Ureaplasma genus was significantly associated with the mode of delivery using the 0.1% threshold, similar to Fig. 2c, which describes the combination of all vaginosis-associated bacteria. g, h, F. nucleatum was not associated with the mode of delivery, irrespective of whether a 1% (g) or 0.1% (h) threshold was used. *P < 0.05, **P < 0.01, ***P < 0.001, Mann–Whitney U-tests.
Extended Data Fig. 8 | Heat map of Spearman’s rho correlation coefficients of bacterial signals as found by 16S rRNA amplicon sequencing. Sample-associated signals (red bar), are typically identified by increased kappa scores, as shown in Supplementary Table 4. Reagent contaminants are indicated by a blue bar. Vaginosis-associated bacteria (purple bar) show positive correlations (purple square) with each other, *Lactobacillus iners* and faecal bacteria (brown bar). Lactobacilli (yellow bar) show limited positive correlation with faecal bacteria. Reagent contaminants mainly associated with the Qiagen (light blue) or the Mpbio (green) kit form distinct clusters. Species that are strongly associated with sample collection contamination in 2012–2013 are indicated in orange. For each species the highest value (percentage) found using either the Qiagen or the Mpbio DNA isolation kit, was used as input (using all 498 samples).
Extended Data Fig. 9 | Bacterial signals and adverse pregnancy outcome. a–d, Scatterplot representations of the non-significant associations of *S. agalactiae* with SGA (a), *S. anginosus* with SGA (b), and of the significant associations of *L. iners* with pre-eclampsia (c), and *Ureaplasma* with PTB (d). Samples with 0% signal are not shown on the logarithmic scale. Signals above 1% (dotted line) are regarded as positive for use in McNemar’s test (a–c), and signals below 1% are considered as negative. The Mann–Whitney U-test was used for unpaired samples in d.
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Software and code

Policy information about availability of computer code

**Data collection**

The only software used to collect data was the standard MiSeq and HiSeq (Illumina) sequencing machine software and the quantitative PCR machine software (QuantStudio 6 Flex system, Thermofisher Scientific).

**Data analysis**

- KneadData (v0.6.1), Kraken (v0.10.6), Mothur (v1.40.5), PRINSEQ-lite (v0.20.3), oligotyping (v2.1), ARB (v5.5-org-9167), DAG_Stat, Stata (v15.1), R package RStudio (v0.99.902), Past3 (v3.14), Prism 7 (v7.0c), Spades (v3.11.0), BWA (v0.7.17-r1188), Artemis (v.16.0.0), BLASTN (https://blast.ncbi.nlm.nih.gov/Blast.cgi) and custom script was used to extract reads identified of a particular group of interest identified by Kraken (Supplemental Information).

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The 16S rRNA gene sequencing datasets utilized in this study are publicly available under European Nucleotide Archive (ENA) accession no. ERP109246. The metagenomics data sets, which primarily contain human sequences, are available in the European Genome-phenome Archive (EGA) with managed access (EGAD00001004197).
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Sample size

A power calculation was performed during the planning phase of the Pregnancy Outcome Prediction (POP) study and it is described in Pasupathy et al (BMC Pregnancy and Childbirth 2008 PMID 19019223). In brief, the sensitivity of different models for a given screen positive rate was quantified by 95% confidence intervals. The calculations indicated that the study was likely to provide reasonably precise estimates of sensitivity for conditions with a 3% incidence, such as severe SGA. The use of a nested case-control design with a 1:1 matching of cases and controls on key maternal characteristics was also planned in advance in the context of very expensive or labor intensive methodologies (Pasupathy et al).

For the 16S rRNA amplicon sequencing study we used 100 matched cases and controls for both pre-eclampsia and growth restriction (ie 200 samples in total). As the effect size was not known in advance we performed power calculations with varying prevalence and effect sizes (OR) for 100 case-control pairs. These showed that a 5% prevalence in controls and OR=5 gives 82% power to detect the signal at significance level 0.05.

Data exclusions

A total of 4512 women with a viable singleton pregnancy were recruited to the POP study. The only clinical exclusion criterion was multiple pregnancy.

Replication

Reproducibility of signals was confirmed by analyzing samples both by metagenomic and 16S rRNA amplicon analysis (cohort 1) and by analysing each sample from cohort 2 twice by 16S rRNA amplicon sequencing using 2 different DNA isolation methods. A large part of the manuscript is about proving the reproducibility of signals in order to show which signals are real and which ones are spurious.

Randomization

The POP study is a prospective cohort study of nulliparous women attending the Rosie Hospital (Cambridge, UK) for their dating ultrasound scan. All eligible participants were included.

For the purpose of the experimental projects described in this manuscript, participants were allocated into groups based on pregnancy outcome (details in Methods and Supplementary information). Outcome data were ascertained by review of each woman’s paper case record by research midwives and by record linkage to clinical electronic databases. Paired cases and controls were always processed together and sequenced in the same run.

Blinding

All the aspects of the POP study were conducted blind: the results of the research ultrasound scans and the biochemical marker data were not revealed to the clinicians, patients and researchers performing the downstream experiments. Data were unblinded only at the statistical analysis stage. Specifically, all of the bioinformatic analysis of 16S rRNA amplicon data and the metagenomic data was performed in a blinded fashion. Reagent contamination recognition was also performed prior to unblinding. Finally, a statistical analysis plan was written prior to unblinding for the analysis of Streptococcus agalactiae, the only bacterial signal that passed all quality checks for being a genuine and possibly important. All other bacterial analyses (done for all the other bacteria) should be considered exploratory.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

**Materials & experimental systems**

| n/a | Involved in the study |
|-----|-----------------------|
| ☒   | Antibodies            |
| ☒   | Eukaryotic cell lines |
| ☒   | Palaeontology         |
| ☒   | Animals and other organisms |
| ☒   | Human research participants |
| ☒   | Clinical data         |

**Methods**

| n/a | Involved in the study |
|-----|-----------------------|
| ☒   | ChIP-seq              |
| ☒   | Flow cytometry        |
| ☒   | MRI-based neuroimaging |
## Human research participants

Policy information about studies involving human research participants

### Population characteristics

Samples were from the Pregnancy Outcome Prediction (POP) study. In the whole POP study population (n=4212), the median age, height and BMI (IQR) were 30.3 (26.8 to 33.4) years, 165 (161 to 169) cm, 24.1 (21.8 to 27.3) kg/m², respectively, and 13% of the women were smokers at recruitment. Detailed characteristics of women whose samples were selected for sequencing in this study are given in Extended Data Tables 1 and 2. In brief, the median maternal age varied between 29.7 and 30.9 years between the groups of 100 cases or controls (Extended Data Table 2). The median height was similar (164-165 cm) between the groups. The median BMI was highest in the PE cases (25.7 kg/m²) and otherwise varied between 24.1 and 25.0 kg/m² between the groups. The prevalence of smoking at booking varied the most; it was 28% in the SGA group and 7% among the controls of PE cases.

### Recruitment

Samples were from the Pregnancy Outcome Prediction (POP) study. Nulliparous women with a viable singleton pregnancy who attended their dating ultrasound scan at the Rosie Hospital (Cambridge, UK) between 14 January 2008 and 31 July 2012 were eligible (n=8028), and 4512 (56%) of them provided an informed consent and were recruited. The recruited and non-recruited women were broadly comparable, although according to the hospital record data the women who were recruited were slightly older, more often of white ethnic origin and less likely to smoke. In addition, women were excluded because they delivered elsewhere (n=233) or withdrew their consent (n=67). The cohort of 4212 women used for the sample selection in the present study can be regarded as fairly well representative of the eligible population. See Sovio et al Lancet 2015 PMID 26360240 and Gaccioli et al Placenta 2017 PMCID PMC5701771 for a complete description.

### Ethics oversight

The Pregnancy Outcome Prediction study was approved by the Cambridgeshire 2 Research Ethics Committee (reference number 07/H0308/163).

Note that full information on the approval of the study protocol must also be provided in the manuscript.