Mesenchymal Stem Cells From Infants Born to Obese Mothers Exhibit Greater Potential for Adipogenesis: The Healthy Start BabyBUMP Project

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Maternal obesity increases the risk for pediatric obesity; however, the molecular mechanisms in human infants remain poorly understood. We hypothesized that mesenchymal stem cells (MSCs) from infants born to obese mothers would demonstrate greater potential for adipogenesis and less potential for myogenesis, driven by differences in β-catenin, a regulator of MSC commitment. MSCs were cultured from the umbilical cords of infants born to normal-weight (prepregnancy [pp] BMI 21.1 ± 0.3 kg/m²; n = 15; NW-MSCs) and obese mothers (ppBMI 34.6 ± 1.0 kg/m²; n = 14; Ob-MSCs). Upon differentiation, Ob-MSCs exhibit evidence of greater adipogenesis (+30% Oil Red O stain [ORO], +50% peroxisome proliferator–activated receptor (PPAR)-γ protein; P < 0.05) compared with NW-MSCs. In undifferentiated cells, total β-catenin protein content was 10% lower and phosphorylated Thr41Ser45/total β-catenin was 25% higher (P < 0.05) in Ob-MSCs versus NW-MSCs (P < 0.05). Coupled with 25% lower inhibitory phosphorylation of GSK-3β in Ob-MSCs (P < 0.05), these data suggest greater β-catenin degradation in Ob-MSCs. Lithium chloride inhibition of GSK-3β increased nuclear β-catenin content and normalized nuclear PPAR-γ in Ob-MSCs. Last, ORO in adipogenic differentiating cells was positively correlated with the percent fat mass in infants (r = 0.475; P < 0.05). These results suggest that altered GSK-3β/β-catenin signaling in MSCs of infants exposed to maternal obesity may have important consequences for MSC lineage commitment, fetal fat accrual, and offspring obesity risk.

Nearly one in five children in the U.S. is obese (1), and obesity during pregnancy is increasingly recognized as an important contributor to obesity risk in the next generation (2,3). Birth weight and neonatal fat mass are positively associated with maternal BMI (4,5), though neonatal fat-free mass (FFM) is not, suggesting that maternal BMI has a preferential impact on infant adiposity (6). Epidemiological data suggest that these relationships between maternal obesity and offspring adiposity are not confined to neonatal life but affect offspring across the life span, independent of postnatal lifestyle factors (7). However, surprisingly little is known about how maternal obesity might influence obesity risk in the human neonate.

Adipocytes as well as myocytes, osteocytes, and several other cell types all differentiate from the multipotent fetal mesenchymal stem cell (MSC) population. MSC differentiation is regulated by the canonical wingless type (Wnt)/glycogen synthase kinase (GSK)-3β/β-catenin pathway. In the absence of Wnt signaling, cytosolic β-catenin is constitutively phosphorylated by GSK-3β, targeting it for proteasomal degradation (8). When activated, Wnt signal transduction leads to sequestration of GSK-3β, allowing for β-catenin accumulation, nuclear translocation, and initiation of target gene transcription, including myogenic factors such as myogenin (8,9). Alternatively, GSK-3β inhibitory phosphorylation at Ser9 leads to β-catenin accumulation and nuclear translocation, independent of Wnt signaling (10,11). In vitro studies suggest that β-catenin...
Maternal Obesity and Fetal MSC Adipogenesis

RESEARCH DESIGN AND METHODS

Ethics Statement
This study used umbilical cord tissue samples and other data collected by the Healthy Start study (R01DK076648, ClinicalTrials.gov identifier NCT02273297). Approval for this study was obtained from the Colorado Multiple Institutional Review Board at the University of Colorado Hospital. Written informed consent was obtained from all participants at enrollment.

Subjects
The Healthy Start longitudinal prebirth cohort study enrolled 1,410 pregnant women, ages 16 and older and at ≤23 weeks' gestation, recruited from the obstetrics clinics at the University of Colorado Hospital during 2010–2014. Women were excluded if they had prior diabetes, prior premature birth, serious psychiatric illness, or a current multiple pregnancy. Pregnant women were evaluated twice (at median weeks 17 and 27) for demographics, tobacco use, height, and weight. Fasting blood samples were drawn for measures of glucose, insulin, triglycerides, and free fatty acids (FFAs). Prepregnancy BMI was obtained through medical record abstraction (84%) or self-report at the first research visit (16%). Gestational weight gain was defined as the difference between the mother's prepregnancy weight and her weight at delivery. Infant birth weight was obtained from medical records, and infant weight, length, and body composition (fat mass [FM], FFM; whole-body air plethysmography [PEA POD; COSMED, Inc.]) were measured within 72 h after birth.

To investigate the biology of intrauterine metabolic programming (BabyBUMP), umbilical cord tissue was obtained at birth from a convenience sample of 165 infants and was used to culture MSCs as part of the ancillary Healthy Start BabyBUMP Project. From this subsample, additionally excluding women younger than 18 years of age upon enrollment and women who developed gestational diabetes mellitus or preeclampsia during the study, 15 obese women (prepregnancy BMI >30 kg/m²) were frequency matched with 15 normal-weight (NW) women (prepregnancy BMI <25 kg/m²) for maternal age, gestational age at delivery, infant sex, and MSC culture time to confluence. During data analysis we discovered that one obese mother had had gestational diabetes mellitus, and this dyad was excluded at that time, leaving 29 dyads for the sample included in this report. Sample selection methods are summarized by flowchart in Supplementary Fig. 1.

MSC Isolation and Culture
MSCs were cultured from fresh umbilical cord tissue explants, as described elsewhere (19) but with slight modification. Briefly, at delivery, a 4-inch section of the umbilical cord was cut below the clamp (infant side) and stored at 4°C in antibiotic-supplemented PBS until processing (≤12 h). Umbilical cord tissue explants were dissected free from visible blood vessels and plated, Wharton's jelly side down, onto tissue culture plastic. Low-glucose DMEM supplemented with MSC growth media (Lonza, Walkersville, MD) was added and the explants were maintained at 37°C in 5% CO₂. At confluence, MSCs were harvested for cryogenic storage until experimentation. The number of days to reach cryopreservation (passage 2) was recorded as the culture time to confluence. All experiments were performed on cells in passages 3–4.

Immunophenotype and Cellular Differentiation Analysis by Flow Cytometry
Undifferentiated MSCs were harvested for MSC immunophenotype and CD13/aminopeptidase N (APN) analysis. For all tests, at least 1 × 10⁵ cells were used for staining. All antibodies were titrated before the MSC experiments using a pool of primary MSCs and lysed whole blood. For MSC characterization, antibodies (CD73, CD90, CD105, CD34, CD45, and CD19; Supplementary Table 1) were measured in separate aliquots from the same pool of cells (5–10 subjects/pool). This was repeated on four separate pools of cells with mixed representation of MSCs from NW mothers (NW-MSCs) and from obese mothers (Ob-MSCs) (separate experiment days). On each experiment day appropriate IgG isotype controls were measured from the same pool of cells for each fluorescent marker. Mean fluorescence intensity (MFI) was measured for IgG and markers of interest. For CD13/APN expression analysis, MSCs from each subject were tested individually. For
CD13/APN measures, the change in MFI (ΔMFI) was calculated as the difference in MFI from IgG to CD13/APN for all cells.

Adipogenic and myogenic differentiating cells were analyzed by flow cytometry at day 7 of differentiation. Side-scatter area was determined by flow cytometry and compared between undifferentiated and adipogenic differentiating cells as a marker of differentiation induction. Side-scatter signals are largely influenced by the refractive index of intracellular components such as lipids (20). Differentiation efficiency was estimated by the percent of cells positive for BODIPY 493/503 neutral lipid stain (Life Technologies, Carlsbad, CA) at day 7 of adipogenic differentiation and the percent of cells positive for intracellular myogenin protein content at day 7 of myogenic differentiation. These measures were compared between groups in a subset of subjects (n ≥ 5 per group for all measures). BODIPY 493/503 stain and myogenin antibody were titrated before the MSC experiments using a pool of undifferentiated and differentiating MSCs.

Samples were acquired on the Beckman Coulter Gallios Flow Cytometer (Beckman Coulter, Brea, CA) using Kaluza 1.0 data acquisition software. Data were analyzed using Kaluza Analysis 1.3 software. The setup of the flow cytometer is described in Supplementary Table 2. The gating tree was set as follows (Supplementary Fig. 2): light scatter gate (side-scatter area/forward scatter area), live/dead gate (DAPI-negative cells), singlet gate (forward scatter height/forward scatter area). For BODIPY 493/503 and intracellular myogenin measures, cells were fixed before staining; thus the live/dead gate was omitted.

### Table 1—Subject characteristics

| Maternal characteristics | NW (n = 15) | Obese (n = 14) | P value |
|--------------------------|------------|---------------|---------|
| Age (years)              | 28.0 ± 1.5 | 26.7 ± 1.9    | 0.60    |
| Prepregnancy BMI (kg/m²) | 21.1 ± 0.3 | 34.6 ± 1.0    | <0.001* |
| Primiparous, n (%)       | 6 (40.0)   | 6 (42.9)      | 0.88    |
| Glucose (mg/dL)          | 74.2 ± 1.2 | 76.0 ± 1.7    | 0.39    |
| Insulin (µU/mL)          | 7.7 ± 0.5  | 12.5 ± 1.7    | 0.01*   |
| HOMA-insulin resistance  | 2.1 ± 0.3  | 3.1 ± 0.4     | 0.07    |
| Triglycerides (mg/dL)    | 129.3 ± 15.3 | 138.7 ± 12.9 | 0.64    |
| FFA (mg/dL)              | 334.9 ± 28.0 | 471.8 ± 44.2 | 0.01*   |
| Gestational weight gain (kg) | 14.2 ± 0.9 | 10.2 ± 2.2 | 0.10    |
| Gestational age at delivery (weeks) | 39.9 ± 0.2 | 39.7 ± 0.3 | 0.52    |
| Cesarean delivery, n (%) | 2 (13.3)   | 2 (14.3)      | 0.94    |

| Infant characteristics | NW (n = 15) | Obese (n = 14) | P value |
|------------------------|------------|---------------|---------|
| Sex, n (female/male)   | 7/8        | 5/9           | 0.57    |
| Birth weight (g)       | 3,316.8 ± 94.7 | 3,325.9 ± 102.5 | 0.95    |
| Birth length (cm)      | 49.8 ± 0.5  | 49.3 ± 0.5    | 0.49    |
| FM (g)                 | 270.0 ± 31.8 | 358.3 ± 34.7 | 0.07    |
| FM (%)                 | 8.43 ± 0.9  | 11.1 ± 0.9    | 0.05*   |
| FFM (g)                | 2,877.8 ± 62.3 | 2,836.3 ± 92.8 | 0.71    |
| FFM (%)                | 91.6 ± 0.9  | 88.9 ± 0.9    | 0.05*   |

| MSC characteristics     | NW (n = 15) | Obese (n = 14) | P value |
|-------------------------|------------|---------------|---------|
| Culture time to confluence (days) | 26.3 ± 1.2 | 26.7 ± 1.9 | 0.84    |

Data are mean ± SEM, unless otherwise stated. *Significant independent t test, P ≤ 0.05.
stem cell pluripotency (23). Gene names and primer sequences are listed in Supplementary Table 3. Cells were rinsed twice with PBS, then harvested in Buffer RLT (Qiagen, Valencia, CA). Total RNA was isolated using an RNeasy Plus Mini Kit (Qiagen). cDNA was transcribed from 200 ng total RNA using an iScript cDNA Synthesis Kit (Bio-Rad). Quantitative PCR was performed using primer sets for genes of interest, RPL13a and ubiquitin C as reference genes, and iQ SYBR Supermix (Bio-Rad, Hercules, CA), as described elsewhere (24). Reactions were run in duplicate on an iQ5 Real-Time PCR Detection System (Bio-Rad), along with a no-template control per gene. RNA expression data were normalized to reference genes using the comparative threshold cycle method.

**Lipid Accumulation**

Following 21 days of adipogenic induction, cells were rinsed with PBS and fixed with 4% formaldehyde. Cells were stained for 1 h with 0.2% Oil Red O stain (ORO) in propylene glycol, rinsed twice with fresh 85% propylene glycol, then rinsed twice with deionized water. Cellular ORO stain was solubilized with isopropanol for 5 min and transferred to a clean 96-well plate; the degree of staining was determined spectrophotometrically (at 520 nm). Representative photographs were taken using phase-contrast microscopy with a 10× objective.

**Measures of Protein Content**

Cells were rinsed twice with PBS and harvested in cell lysis buffer (CellLytic MT; Sigma-Aldrich, St. Louis, MO) supplemented with protease and phosphatase inhibitor cocktails (Sigma-Aldrich). Subcellular fractionation was performed as described by Abcam. Total protein was determined by bicinchoninic acid assay. Protein content of β-actin, PPAR-γ, fatty acid binding protein (FABP) 4, C/EBP-β, myogenin, MyHC, β-catenin, phosphorylated β-catenin (Thr41/Ser45), phosphorylated β-catenin (Ser552), GSK-3β, phosphorylated GSK-3β (Ser9), extracellular signal–related kinases (ERK) 1/2, phosphorylated ERK1/2 (Thr202/Tyr204), phosphorylated Akt (Ser473), phosphorylated signal transducer and activator of transcription 3 (Tyr705), and phosphorylated AMPK (Thr172) were determined by either Western blot as described previously (25) or by simple Western size-based protein assay (ProteinSimple, Santa Clara, CA) following the manufacturer’s protocol. Nuclear fractions were used to determine content of β-catenin and PPAR-γ during LiCl experiments, which represent active protein. Results from Western size-based protein assay were analyzed using ProteinSimple Compass software. All antibodies were optimized in house for this system; antibody specifics and assay conditions are listed in Supplementary Table 4.

**Statistical Analyses**

D’Agostino and Pearson tests were used to assess the normality of the data. Levene tests were used to assess unequal variance. For testing comparisons between NW-MSCs and Ob-MSCs, independent t tests or Mann-Whitney U tests were used, where appropriate. For the LiCl experiments, independent t tests were used for comparison of NW-MSCs versus Ob-MSCs under control conditions, followed by paired t tests for comparison of control versus LiCl conditions for NW-MSCs and Ob-MSCs combined. All data are expressed as mean ± SEM. Differences between groups were considered statistically significant at P ≤ 0.05.

Pearson correlations were used to identify relationships between MSC markers of differentiation and infant body composition, correlation analyses were performed as follows. First, bivariate Pearson correlations were used to identify significant zero-order correlations between infant birth weight, FM (absolute and percent), and FFM (absolute and percent) and MSC measures of ORO staining and FABP4, PPAR-γ, myogenin, and MyHC protein content. Only those factors with significant zero-order correlations between MSC and infant measures were subjected to further analysis; partial correlations were performed with infant sex and maternal prepregnancy BMI included as control variables.

**RESULTS**

**Subject Characteristics**

Characteristics for 29 mother–infant pairs included in this substudy are listed in Table 1. By design, the obese mothers had higher BMI but similar maternal age, gestational age at delivery, infant sex, and time to confluence for initial MSC culture. Maternal metabolic markers were measured at a median of 17 weeks’ gestation (mid-pregnancy). At midpregnancy, obese mothers had higher insulin and FFA concentrations (P < 0.05) and tended to have higher HOMA-insulin resistance scores (P = 0.07), though none of these women had preexisting diabetes or developed gestational diabetes mellitus during the index pregnancy. At birth, compared to the infants of NW mothers, the infants of the obese mothers weighed the same but had higher percent FM and lower percent FFM (P ≤ 0.05).

**Umbilical Cord Cells Express MSC Markers and Differentiate to Adipocytes and Myocytes In Vitro**

The umbilical cord cells were >98% positive for staining of MSC markers CD74, CD105, and CD90 and negative for hematopoietic stem cell or lymphocyte markers CD34, CD45, and CD19 (Fig. 1). Adipogenic differentiating cells were increasingly positive for adipogenic markers from day 0 to day 7 (C/EBP-β, PPAR-γ, and ORO stain; Fig. 2A and B), indicating induction of adipogenesis. Side-scatter area increased by 30% from day 0 to day 7 of adipogenesis (Fig. 2C), reflecting a large change in the cellular refractive index. Adipogenic differentiating cells were 97% positive for BODIPY stain at day 7 of differentiation, whereas myogenic differentiating cells were 85% positive for Myogenin Alexa Fluor
488 at day 7 of differentiation (Fig. 2D and E). From day 0 to day 5 of myogenesis, cells expressed less of the stem cell markers nanog and Oct4 in mRNA (Fig. 2F and G), whereas mRNA expression of MyHC increased (Fig. 2H). Likewise, from day 0 to day 21 of myogenesis, cells expressed more myogenin and MyHC protein (Fig. 2I), indicating induction of myogenesis. Representative photographs of undifferentiated, adipocyte differentiating, and myocyte differentiating cells show that undifferentiated cells are characteristically spindle-shaped, whereas 21-day adipogenic differentiating cells appear more rounded. Myogenic differentiating cells have begun to fuse together and form tubes (Fig. 2J–L).

**Adipogenesis Is Greater in Ob-MSCs, but Markers of Myogenesis Are Not Different**

We measured CD13/APN, a potential novel marker of adipogenic potential (26), in undifferentiated cells using flow cytometry. The percent of cells gated at each step was similar for all subjects, indicating no overt differences in cell size, density, or viability (Fig. 3A–C). CD13/APN is a recognized MSC marker and, as expected, >90% of cells were positive for CD13/APN, with no differences observed between groups (P = 0.80; Fig. 3D). However, the ΔMFI was over twofold greater in the MSCs from offspring of obese mothers (P < 0.05; Fig. 3E and F). Because there were no differences in cell size, density, or viability, or in the number of cells positive for CD13/APN, these data indicate that greater CD13/APN fluorescence intensity is not the result of differences in cellular morphology or immunophenotype, but represents more cellular protein content.

Once adipogenesis was induced, there were no differences in the percent of cells positive for BODIPY 493/503 neutral lipid stain at day 7 of differentiation (P = 0.47; Fig. 4A). At day 3 of adipogenesis, FABP4 protein content was 35% higher (P ≤ 0.05; Fig. 4B), whereas PPAR-γ protein content was 50% higher (P ≤ 0.05; Fig. 4C) and ORO staining was 30% higher in Ob-MSCs compared with NW-MSCs at day 21 (P ≤ 0.05; Fig. 4D and E).

Myogenic differentiating cells were 80–85% positive for myogenin protein at day 7 of differentiation, with no differences between groups (P = 0.67; Fig. 4F). Mean group differences in myogenin protein content at day 7 and MyHC protein content at day 21 of myogenesis were consistent, though these results did not reach statistical significance (−16%, P = 0.14 and −15%, P = 0.23 in Ob-MSCs versus NW-MSCs, respectively, for myogenin and MyHC; Fig. 4G and H). Despite the fact that there were not significant differences in specific myogenic markers, MyHC protein content at day 21 of differentiation was inversely correlated with PPAR-γ protein content in the adipogenic differentiating MSCs (P < 0.05; Fig. 4I).

**Ob-MSCs Have Less β-Catenin Content and GSK-3β Inhibitory Phosphorylation**

Total β-catenin protein content was 10% lower in undifferentiated Ob-MSCs compared with NW-MSCs, whereas
phosphorylated/total β-catenin (Thr41/Ser45) was 25% higher ($P < 0.05$; Fig. 5A). Upstream, this corresponded to 25% lower inhibitory phosphorylation of GSK-3β (phosphorylated Ser9/total) in the Ob-MSCs versus the NW-MSCs ($P = 0.05$; Fig. 5B). There were no difference in stabilizing phosphorylation of β-catenin at Ser552 (1.00 ± 0.07 and 1.07 ± 0.11 in NW-MSCs and Ob-MSCs, respectively; $P = 0.59$) or AMPK phosphorylation at Thr172 (1.00 ± 0.21...
and 1.06 ± 0.28 in NW-MSCs and Ob-MSCs, respectively; *P = 0.86), which is shown to phosphorylate β-catenin at Ser552 (27). Phosphorylation of Akt at Ser473, upstream of GSK-3β, was not different between the groups (1.00 ± 0.18 and 0.93 ± 0.17 in NW-MSCs and Ob-MSCs, respectively; *P = 0.78). However, phosphorylated/total ERK1/2 (Thr202/Tyr204) tended to be lower in Ob-MSCs versus NW-MSCs (−20%; *P = 0.11; Fig. 5C) and
Figure 4—Ob-MSCs exhibit greater potential for adipogenesis but no difference in myogenesis. MSCs from offspring of NW and obese mothers underwent adipogenic or myogenic differentiation for 7 or 21 days, and standard markers were measured. NW-MSCs and Ob-MSCs are black bars and white bars, respectively. At day 7 of adipogenesis, there were no differences in the percent of cells positive for BODIPY 493/503 (A), though the Ob-MSCs expressed more FABP4 (B), PPAR-γ (C), and ORO staining (D) than NW-MSCs at day 21 of adipogenesis. E: Representative photographs of ORO staining at 20x magnification are shown for NW-MSCs and Ob-MSCs. At day 7 of myogenesis, there were no differences in the percent of cells positive for myogenin (F) or for total myogenin protein content (G). There were no differences in MyHC at day 21 of myogenesis (H). MyHC protein content in myogenic differentiating cells was inversely correlated with PPAR-γ protein content in adipogenic differentiating cells (I). Data are expressed as mean ± SEM. *Significant difference from NW-MSCs (P < 0.05). d, day.
Figure 5—GSK-3β/β-catenin signaling is lower in Ob-MSCs. Amounts of phosphorylated (phospho or P) and total protein was measured in undifferentiated MSCs. A: Phosphorylated/total β-catenin (Thr41/Ser45) was increased and total β-catenin content was decreased in Ob-MSCs compared with NW-MSCs (white and black bars, respectively). Upstream of β-catenin, inhibitory Ser9 phosphorylation of GSK-3β was lower in Ob-MSCs, as was phosphorylated/total GSK-3β protein content (B). Upstream of GSK-3β, there were no differences in phosphorylated/total ERK1/2 (C), though this was correlated with phosphorylated/total GSK-3β (D). β-Catenin content in undifferentiated MSCs was positively correlated with MyHC protein content in the 21-day myogenic differentiating cells (E), whereas phosphorylated/total β-catenin was correlated with ORO staining in the adipogenic differentiating cells (F). Data are expressed as mean ± SEM. *Significant difference from NW-MSCs (P < 0.05). d, day.
was correlated with GSK-3β phosphorylation ($P < 0.05$; Fig. 5D). Last, β-catenin protein content was positively correlated with MyHC protein content in the 21-day myogenic differentiating cells ($P < 0.05$; Fig. 5E), whereas phosphorylated/total β-catenin (Thr41/Ser45) was positively correlated with ORO staining ($P < 0.05$; Fig. 5F) and tended to be positively correlated with PPAR-γ protein content (Pearson $r = 0.41$; $P = 0.066$) in 21-day adipogenic differentiating cells.

**Inhibition of GSK-3β Reduces Nuclear PPAR-γ in Ob-MSCs**

To investigate the role of GSK-3β in MSC adipogenesis, we incubated cells with LiCl, a common inhibitor of GSK-3β. At day 3 of adipogenesis, LiCl increased GSK-3β phosphorylation and nuclear content of β-catenin ($P < 0.05$; Fig. 6A and B), while reducing nuclear content of PPAR-γ ($P < 0.05$; Fig. 6C). Additionally, nuclear content of β-catenin was lower in Ob-MSCs versus NW-MSCs in the control condition (Fig. 6B).

**MSC Adipogenesis Is Correlated With Infant Adiposity**

Pearson correlations showed that MSC ORO content in adipogenic differentiating cells was positively correlated with infant FM and percent FM ($P < 0.05$; Table 2). By nature of the two-compartment body composition measure, MSC ORO was also inversely correlated with percent FFM. The MSC ORO relationships with percent FM and percent FFM remained evident after controlling for maternal prepregnancy BMI and infant sex ($P < 0.05$; Table 2).

**DISCUSSION**

We have shown that umbilical cord–derived MSCs from babies of obese mothers exhibit greater potential for adipogenesis, as evidenced by larger amounts of three classic markers of adipogenesis. Additionally, we demonstrated that inhibition of GSK-3β by LiCl led to increased nuclear content of β-catenin and repression of nuclear PPAR-γ protein content. These results are the first evidence that fetal MSCs from infants born to obese mothers exhibit differences in GSK-3β/β-catenin signaling, including less nuclear content of β-catenin, which may drive subsequent stem cell fate. In addition, we have demonstrated that MSCs’ potential for adipogenesis is positively correlated with infant percent FM at birth, suggesting that differences in MSC differentiation may be one mechanism by which babies of obese mothers accrue more fat in utero.

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**Figure 6**—Inhibition of GSK-3β reduces adipogenesis in Ob-MSCs. MSCs underwent 3 days of adipogenesis with or without LiCl incubation. LiCl induced greater phosphorylation of GSK-3β in both NW-MSCs and Ob-MSCs (A) and normalized differences in nuclear β-catenin content (B), which represents active protein. Nuclear content of PPAR-γ also was markedly reduced with LiCl incubation (C), indicating lower adipogenic induction. Data are expressed as mean ± SEM. *Significant difference from NW-MSCs in control (CTRL) conditions ($P \leq 0.05$). #Significant effect of LiCl incubation for NW-MSCs and Ob-MSCs combined ($P \leq 0.05$). OB, obese.
β-Catenin signaling induces myogenic differentiation of MSCs (8–10) and also has been shown to inhibit adipogenesis (12,13). In the absence of Wnt signaling, cytosolic β-catenin is constitutively targeted for degradation by GSK-3β-mediated phosphorylation at several serine/threonine residues. In undifferentiated MSCs we observed greater phosphorylation targeting β-catenin for degradation and less total β-catenin content in Ob-MSCs versus NW-MSCs. We also observed lower inhibitory phosphorylation of GSK-3β upstream in the Ob-MSCs. Our results are consistent with animal models of maternal obesity, where β-catenin content is 10–15% lower in the fetal skeletal muscle of animals exposed to obesity in utero, as is GSK-3β phosphorylation (15). It is important to note that Wnt signaling inhibits GSK-3β by sequestration rather than phosphorylation (10,28). Thus, there are at least two mechanisms by which β-catenin accumulation may be regulated: one by Wnt signaling and another by inhibition of GSK-3β by upstream kinases such as ERK/mitogen-activated protein kinase or Akt (11,29). Indeed, direct inhibition of GSK-3β reduces adipogenesis and accelerates myogenesis in vitro (30,31). We observed the same effect with regard to adipogenesis when cells were incubated with LiCl, which increased GSK-3β phosphorylation and nuclear β-catenin content and reduced nuclear content of PPAR-γ, a fundamental regulator of adipogenesis. Upstream, ERK1/2 functions to prime GSK-3β for inhibitory phosphorylation at Ser9 (31). While we did not observe differences in the phosphorylation of either Akt or signal transducer and activator of transcription 3, we did observe a trend for lower ERK1/2 phosphorylation in the Ob-MSCs, which was correlated with phosphorylated GSK-3β. Overall, these data show one mechanism whereby less GSK-3β phosphorylation in Ob-MSCs could have important consequences for stem cell adipogenesis.

Studies using a sheep model of maternal obesity have linked deficits in β-catenin with poor offspring skeletal muscle development and greater adipogenesis, as evidenced by morphological differences in fetal skeletal muscle tissue from offspring of obese dams (14,15,32). Lower β-catenin content and GSK-3β phosphorylation in skeletal muscle of these offspring correspond to deficits in MyoD and myogenin protein content, as well as to lower AMPK and Akt phosphorylation and higher PPAR-γ protein content (14,15,32). Although we did not observe statistically significant differences in myogenic markers at either day 7 or day 21 of myogenesis, the 15% deficits in myogenin and MyHC content are consistent in both direction and magnitude with myogenic markers in fetal skeletal muscle from animals exposed to maternal obesity (15). In addition, we did find that MyHC protein content in myogenic differentiating cells was inversely correlated with PPAR-γ content in adipogenic differentiating cells and positively correlated with β-catenin content in undifferentiated cells. Likewise, we found that β-catenin phosphorylation was correlated with lipid accumulation and tended to be correlated with PPAR-γ content in the

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**Table 2—Correlations of MSC differentiation markers with infant body composition**

|                  | ORO  | FABP4 | PPAR-γ | Myogenin | MyHC |
|------------------|------|-------|--------|----------|------|
| **Bivariate zero-order correlations** |
| Birth weight (kg) |      |       |        |          |      |
| r                | 0.004| -0.012| 0.299  | 0.330    | -0.096|
| P                | 0.983| 0.966 | 0.147  | 0.093    | 0.633 |
| Birth FM (kg)    |      |       |        |          |      |
| r                | 0.427| 0.259 | 0.326  | 0.237    | -0.236|
| P                | 0.037*| 0.351 | 0.12   | 0.243    | 0.247 |
| Birth FM (%)     |      |       |        |          |      |
| r                | 0.474| 0.320 | 0.249  | 0.152    | -0.221|
| P                | 0.019*| 0.244 | 0.241  | 0.458    | 0.278 |
| Birth FFM (kg)   |      |       |        |          |      |
| r                | -0.454| -0.121| 0.303  | 0.280    | -0.061|
| P                | 0.833| 0.668 | 0.150  | 0.167    | 0.769 |
| Birth FFM (%)    |      |       |        |          |      |
| r                | -0.474| -0.320| -0.249  | -0.152  | 0.221 |
| P                | 0.019*| 0.244 | 0.241  | 0.458    | 0.278 |

**Partial correlations†**

|                  | ORO  | FABP4 | PPAR-γ | Myogenin | MyHC |
|------------------|------|-------|--------|----------|------|
| Birth FM (kg)    |      |       |        |          |      |
| r                | 0.402| —      | —      | —        | —    |
| P                | 0.064| —      | —      | —        | —    |
| Birth FM (%)     |      |       |        |          |      |
| r                | 0.475| —      | —      | —        | —    |
| P                | 0.026*| —      | —      | —        | —    |
| Birth FFM (%)    |      |       |        |          |      |
| r                | -0.475| —      | —      | —        | —    |
| P                | 0.026*| —      | —      | —        | —    |

*Significant result (P < 0.05). †Controlled for infant sex and maternal prepregnancy BMI.
adipogenically differentiated cells. Taken together, these relationships suggest that small differences in inherent GSK-3β/β-catenin signaling in the undifferentiated MSCs may ultimately influence both adipogenic and myogenic pathways.

Our results showing greater adipogenesis in Ob-MSCs versus NW-MSCs are consistent with animal models of adult obesity, where MSCs derived from bone marrow, adipose tissue, or skeletal muscle tissue of genetically obese or streptozotocin-treated rodents exhibit greater adipogenesis compared with MSCs derived from their control counterparts (33–35). Independent of adipogenesis, greater lipid accumulation in the Ob-MSCs may also reflect differences in lipid trafficking or metabolism; regardless of the mechanism, however, greater capacity for adipocyte lipid storage in early postnatal life may be somewhat protective against inflammatory infiltration into adipose tissue depots or “lipid spillover” into other tissues (36).

With regard to maternal obesity and fetal programming events, our results are also consistent with greater adipogenesis in human placental amnion–derived MSCs, where CD13/APN content is elevated and necessary for greater adipogenesis in MSCs from offspring of obese mothers and CD13/APN overexpression is sufficient for inducing greater adipogenesis in MSCs from offspring of NW mothers (26). While CD13/APN is considered a common MSC marker that has been linked to cancer and T-cell proliferation via ERK/mitogen-activated protein kinase signaling (37) and inflammatory and angiogenic mechanisms in vitro (38), very few groups have investigated obesity-related differences in CD13/APN content or function. The contribution of CD13/APN to these processes in vivo or its potential role in stem cell biology remains to be determined.

Maternal obesity increases the risk for neonatal adiposity in humans, independent of diabetic status (4). While circulating maternal glucose and lipid concentrations are associated with neonatal adiposity (6,39), the pathways/mechanisms responsible for greater fetal fat accrual in babies of obese mothers are not well understood. Our study did not address whether the differences we observed in the MSCs were the result of genetic differences passed down from the parents, intrauterine exposure to excess lipids, or other factors associated with the obesity-related milieu. Nevertheless, our results show that MSCs of infants born to obese mothers not only exhibit baseline differences in proteins linked with adipogenesis but also respond more robustly to experimentally induced differentiation, indicating greater inherent propensity for adipogenesis. Experimental inhibition of GSK-3β revealed that this may be one mechanism for greater adipogenesis in stem cells from infants of obese mothers. Further investigation into the molecular pathways that differ in these cells on the basis of maternal body size, including the potential genetic and epigenetic regulation of these differences, is an important area of future research and may help us to understand better how obesity during pregnancy increases susceptibility to obesity in the children of these women.

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