**Antibody-Drug Conjugates as Novel and Potent Cancer Therapeutics**

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**Abstract**

Antibody drug conjugates (ADCs) are an emerging class of anti-cancer therapeutics that combines the selectivity of monoclonal antibodies with the potency of cytotoxicity drugs to target specific antigen-expressing tumor cells. ADCs use monoclonal antibodies as vehicles and deliver cytotoxic drugs to tumor cells for specific killing. The three structural components of ADCs; monoclonal antibody, linker, and cytotoxic drug need to be carefully selected in the context of target antigen to achieve high efficacy, selectivity, and safety. US Food and Drug Administration (FDA) approval of ADCs such as Mylotarg®, and Adcetris® for treating hematological cancer, and Kadcyla® for treating breast cancer tumors has provided the much-needed momentum to the field. Here, we review the key characteristics of monoclonal antibody, target antigen, linker, and cytotoxic drug needed for the clinical success of ADCs in cancer therapy.

**Keywords:** Antibody drug conjugate; ADC; Antibody; Cancer; Cytotoxic Payload; Linker; Immunotherapy

**Abbreviations:** ADCs: Antibody Drug Conjugates; FDA: Food and Drug Administration; MAb: Monoclonal Antibody; DAR: Drug Antibody Ratio; ALCL: Anaplastic Large Cell Lymphoma; HL: Hodgkin Lymphoma; ASCT: Autologous Stem Cell Transplantation; MMAE: Monomethyl Auristatin E; MBC: Metastatic Breast Cancer

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**Introduction**

Conventional chemotherapeutic drugs to treat cancer suffers from the lack of selectivity towards the tumor site and thus causing damage to even healthy tissues. Drug dose escalation to therapeutically active levels is often impossible with chemotherapeutic drugs due to this toxicity. The selectivity of the treatment was improved with the introduction of monoclonal antibody drugs that are directed against targets that are selectively expressed in tumor cells [1-5]. Because antibodies bind specifically to their cognate antigen on the surface of cells, they can also be used as vehicles to selectively deliver the cytotoxic drug to the cancer cells. The class of therapeutic drug products where monoclonal antibody is conjugated with cytotoxic drug (payload) are called Antibody drug conjugates (ADCs) [6]. ADCs are powerful cancer therapeutics which provides high selectivity and efficacy towards cancer cells, and reduced toxicity to healthy cells [6,7].

Specific antibodies used in ADC guide the ADC towards tumor tissue and thus can reduce cytotoxicity to normal tissues. ADCs bound to antigen on surface of tumor cells are internalized into the tumor cell where cytotoxic drug is released and kill the tumor cells through their established cytotoxicity mechanism [8,9]. Alternatively, cytokines can be fused directly to antibodies and these cytokines recruit immune cells while in circulation and kill tumor cells indirectly by immune mediated cytotoxicity. Structurally ADCs consists of three components

a. Monoclonal antibody (MAb),
b. Payload (cytotoxic drug),
c. Linker that connects MAb and payload (Figure 1).

Mechanistically ADCs are designed in such a way that the molecules are stable in circulation, and release the cytotoxic drug intracellular after initial antigen specific binding and internalization. An in-depth understanding of monoclonal antibody, linker, cytotoxic drug, and the conjugation mechanism is essential for the successful development of ADCs for cancer treatment.
MAb and Target Binding

Binding of MAb to its cognate antigen is the first step of the ADC mechanism and thus a proper selection of the MAb and target antigen plays a critical role in the overall efficiency of the ADC treatment. MAbs used in the current ADCs are in IgG format. The IgG molecules have a long half-life in blood, and can extravasate out of blood vessels and diffuse into the tumor mass. Since IgG antibodies bear an intact Fc region, full IgGs bound to tumor cells may also recruit complement, natural killer cells, and initiate antibody-dependent cell cytotoxicity. Although full IgG has many benefits, for certain types of payloads (cytokines that acts extracellularly) it is preferable to use smaller antibody fragments to avoid excessive inflammation due to prolonged half-life.

The target antigen selected for MAb binding must be abundantly expressed on surface of tumor cells and should be accessible to ADC via blood stream for efficient ADC binding [10-12]. To ensure high selectivity and low toxicity, the target antigen with minimal or no expression in normal cells is preferable. The MAb and antigen must have high affinity to each other, allowing for potential internalization of the payload. During the initial ADC development, MAbs must be tested for efficient internalization since non-internalizing ADCs would be less effective. Antigens that show heterogeneous expression on tumor cells and antigens that shed from cells into circulation should be avoided as it impacts the overall efficacy of ADC treatment. The selection of the right antigen is further complicated by the evolutionary pressure on the cancer cell due to cancer treatment. Ideally, cancer cell surface antigens whose expression is down regulated during cancer treatment must be avoided to ensure successful binding of ADC to surface antigens.

Conjugation of MAb to payload via Linkers

A variety of Linkers can connect MAb to the drug of our choice. Linker conjugation mechanism influences stability of ADCs and drug antibody ratio (DAR) of the ADC therapeutics. In general, linkers used in ADCs should be stable and avoid pre-release of the payload during circulation in the blood. At the same time linkers should be amenable to release the payload after internalization into tumor cells [13]. The number of drug molecules bound to antibody (DAR) and their position would greatly influence the ADCs binding affinity to antigen, aggregation, efficacy, and even safety [14].

The most commonly used linkers conjugate the drug to antibody via a covalent bond with either thiol group of cysteines or epsilon amine group of lysine on antibody. The presence of four inter-chain disulphide bridges in IgG antibody provides eight maximum possible conjugation sites [15]. Therefore, a drug conjugated via cysteine can have a DAR (No of drug molecules/antibody as measured by chromatography and mass spectrometry) up to 8 depending on the number of cysteine sites conjugated with payload [16-18]. In contrast to cysteine conjugation site, conjugation at lysine would generate highly heterogeneous mixtures of ADCs with variable DAR ratio since antibodies have up to 30 lysine amino acids available for conjugation. Site-specific antibody engineering methods...
have been adapted to insert reactive cysteine or lysine sites to generate homogeneous mixture of ADCs with predictable DAR ratios sufficient for cell cytotoxicity [19].

Linkers can be broadly categorized into cleavable and non-cleavable linkers depending on their mechanism of drug release. Cleavable linkers release the drug from MAb by hydrolysis or enzymatic cleavage whereas as non-cleavable linkers release drug by MAb degradation after internalization. Cleavable linkers are sub characterized into peptide (amide) linkers, hydrazine linkers, and disulphide linkers. Peptide linkers are usually accommodated with protease cleavage sites and are sensitive to proteases in the host cells. A valine-citrulline peptide linker with protease cathepsin D cleavage site is one successful example used in clinically approved brentuximab vedotin ADC for treatment of relapsed or refractory Hodgkin lymphoma (HL) and systemic anaplastic large cell lymphoma (ALCL) [20].

Hydrazone linkers are susceptible to acidic pH conditions in endosomes and lysosomes, and release the drug by hydrolysis. Disulphide linkers are susceptible to reductive environment in the tumor cells due to high levels of glutathione produced in tumor cells [21]. Non-cleavable linkers release drug after ADC complex degradation post internalization. The antibody portion of ADC gets degraded in lysosomal and endosomal compartments releasing a linker bound drug molecules [22]. It is considered that non-cleavable linkers contribute to high stability in blood stream, longer half-life, and reduced toxicity to ADCs [23,24]. In contrast to cytotoxic drugs that require chemical conjugation to antibodies, antibody cytokine conjugates can be developed as fusion proteins.

**Payloads**

The payload is usually a potent cytotoxic drug that kills the target tumor cells post release from MAb. The first-generation ADCs employed cancer chemotherapy drugs such as doxorubicin, 5-fluorouracil, and methotrexate with well-known acceptable toxicity profile. However, these agents are not successful in the clinic due to poor cytotoxicity and poor selectivity with only 1-2% drug reaching tumor cells. Subsequently, very potent cytotoxic drugs are employed to ensure tumor cell cytotoxicity even at low levels of ADC. Mechanisms such as inhibition of microtubule polymerization (monomethyl auristatin E, maytansinoid DM1, tubulysin) [25-28] and DNA damage (Pyrrolobenzodiazepine, Calicheamicin) [29] were chosen as the primary targeting mechanisms. Payloads targeting microtubule polymerization not only arrest tumor cell division and may target tumor cells post release from MAb. The first-generation ADCs comprised of trastuzuMAbMAb liked to may tansinoid DM1 (MMAE) via a protease-cleavable linker. The FDA approval was based on single arm phase II study that showed an objective response rate of 75%, complete remission in 34% patients, and median duration of 20.5 months [44].

In 2011, Brentuximab vedotin received accelerated approval for treating patients with Hodgkin lymphoma (HL) with prior failure of autologous stem cell transplantation (ASCT) or patients that showed relapse after two chemotherapies and not eligible for ASCT [20]. Brentuximab vedotin is comprised of an anti-CD30 chimeric antibody attached to tubulin inhibitor payload monomethyl auristatin E (MMAE) via a protease-cleavable linker. The FDA approval was based on single arm phase II study that showed an objective response rate of 75%, complete remission in 34% patients, and median duration of 20.5 months [44].

In 2013, ado-trastuzumab-emtansine (T-DM1, Kadcyla) received FDA approval for treatment of HER-2 positive metastatic breast cancer (MBC) who previously received trastuzumab or taxane chemotherapies [23]. T-DM1 is comprised of trastuzumAAbMAb liked to may tansinoid DM1 via a non-cleavable linker. T-DM1 FDA approval was based on a phase III study that showed a progression-free survival of 9.6 months with T-DM1 versus 6.4 months with lapatinib plus capecitabine [45]. Research into ADCs as cancer therapies gained much needed attention with the approval of these drugs. More than 100 clinical trials testing different ADCs are presently underway against multiple haematological and solid tumors [7]. The emerging clinical data from these trials will provide further insights into this evolving technology.

**Conflict of Interest**

Author declares no conflict of interest.
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