Supplemental FIGURE S1
Assessment of glucose levels during Meal Tolerance Tests at baseline and following the hypocaloric low-carbohydrate and low-fat diets
Supplemental FIGURE S2
Assessment of triglycerides during Meal Tolerance Test at baseline and following the hypocaloric low-carbohydrate and low-fat diets

![Graph showing triglycerides levels over time during Meal Tolerance Test on different diets.]

- Baseline low-carbohydrate diet
- Baseline low-fat diet
- End of low-carbohydrate diet
- End of low-fat diet