Synaptic Vesicle Populations in Saccular Hair Cells Reconstructed by Electron Tomography

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We used electron tomography to map the three-dimensional architecture of the ribbon-class afferent synapses in frog saccular hair cells. The synaptic body (SB) at each synapse was nearly spherical (468 ± 65 nm diameter; mean ± SD) and was covered by a monolayer of synaptic vesicles (34.3 nm diameter; 8.8% coefficient of variation), many of them tethered to it by ~20-nm-long filaments, at an average density of 55% of close-packed (376 ± 133 vesicles per SB). These vesicles could support ~900 msec of exocytosis at the reported maximal rate, which the cells can sustain for at least 2 sec, suggesting that replenishment of vesicles on the SB is not rate limiting. Consistent with this interpretation, prolonged K+ depolarization did not deplete vesicles on the SB. The monolayer of SB-associated vesicles remained after cell lysis in the presence of 4 mM Ca2+, indicating that the association is tight and Ca2+-resistant. The space between the SB and the plasma membrane contained numerous vesicles, many of which (~32 per synapse) were in contact with the plasma membrane. This number of docked vesicles could support maximal exocytosis for at most ~70 msec. Additional docked vesicles were seen within a few hundred nanometers of the synapse and occasionally at greater distances. The presence of omega profiles on the plasma membrane around active zones, in the same locations as coated pits and coated vesicles labeled with an extracellular marker, suggests that local membrane recycling may contribute to the three- to 14-fold greater abundance of vesicles in the cytoplasm (not associated with the SB) near synapses than in nonsynaptic regions.

Key words: active zone; docked vesicles; endocytosis; exocytosis; hair cell; microperoxidase; Rana pipiens; ribbon synapse; sacculus; synaptic body; synaptic vesicle; tomography; vesicle concentration

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each SB. This information, plus evidence that vesicles are bound tightly to the SB and that endocytosis occurs locally at synapses, provides constraints on functional models that can be tested in future physiological and anatomical studies of this synapse. This report is the first use of electron tomography to examine the detailed ultrastructure of a synapse.

MATERIALS AND METHODS

Transmission electron microscopy

We studied hair cells from the saccule of the frog, *Rana pipiens*. The basic protocol was to remove the saccule from the inner ear cavity and then dissect the saccular macula free of the otolith in normal physiological saline containing (in mM): 110 Na\(^+\), 2 K\(^+\), 4 Ca\(^2+\), 118 Cl\(^-\), 5 HEPES, pH 7.25, and 3 d-glucose (Roberts et al., 1990). The tissue was fixed for 2 hr in 3% glutaraldehyde buffered with 100 mM Na-cacodylate, pH 7.3. To prevent the calcified otocyst from damaging the micrometre knife, we decalcified sacculi for 3 hr in buffer supplemented with 35 mM EDTA and 4 mM CaCl\(_2\) (Roberts et al., 1990); then the sacculi were rinsed in buffer, post-fixed for 1 hr in 2% aqueous OsO\(_4\) at 4°C, rinsed in H\(_2\)O, and stained in 5% aqueous uranyl acetate for 4 hr at 60°C. The fixed tissue was dehydrated via an ethanol series into acetone and then transferred into resin (Epon or Araldite) before polymerization at 60°C. Heavy metals, Na-cacodylate buffer, fixative, and embedding media were obtained from Electron Microscopy Sciences (Fort Washington, PA). Other salts and chemicals were obtained from Sigma (St. Louis, MO).

Conventional transmission electron microscopy (TEM). To visualize coated pits, we depolarized hair cells for 30 min at 4°C in 22 mM K\(^+\) saline containing (in mM): 90 Na\(^+\), 22 K\(^+\), 4 Ca\(^2+\), 118 Cl\(^-\), 5 HEPES, pH 7.25, and 3 d-glucose. In other experiments the hair cells were depolarized for up to 30 min at room temperature in 45 or 80 mM K\(^+\) saline (same as above, but with K\(^+\) substituted for Na\(^+\)). Then the cells were fixed and processed as in the basic protocol. For microperoxidase uptake experiments, the sacculi were dissected and incubated for 90 min in zero calcium saline (normal saline, but with NaCl substituted for CaCl\(_2\)). The otolithic membrane then was removed, and a furrow was plowed across the sensory epithelium (Armstrong and Roberts, 1998) to provide access to the basolateral surfaces of hair cells unimpeded by the tight junctions of the intact epithelium. Cells were exposed to microperoxidase (4.8% w/v) for 15 min in normal saline, lightly fixed for 10 min in 1% glutaraldehyde buffered with 80 mM Na-cacodylate, pH 7.3, and rinsed overnight in buffer. Then the tissue was preincubated in 0.5% (w/v) dianaminobenzidine (DAB) in 100 mM Tris buffer, pH 7.25, for 1 hr, reacted in DAB solution supplemented with 0.01% H\(_2\)O\(_2\), for 2 hr in the dark, rinsed in Tris buffer that was followed by Na-cacodylate buffer, fixed in 3% glutaraldehyde, decalcified, post-fixed, stained, and embedded as in the basic protocol.

Gray (40–50 nm) or silver-gray (50–60 nm) sections were cut with a glass or diamond knife, collected onto Butvar-coated grids, and stained for 25–40 min in 4% aqueous uranyl acetate and for 2 min in lead citrate before being rinsed in H\(_2\)O and carbon-coated. Sections were imaged at 80 kV by a Philips CM-12 electron microscope (Mahwah, NJ).

Electron tomography. We used two procedures to stain tissue for tomographic reconstruction. Osmium was used to stain the SB and vesicles, whereas ethanolic phosphostungastic acid (EPTA) was used to enhance the staining of the presynaptic plasma membrane and provide SBs that were less electron-opaque. For osmium-stained material we used a Ti–O–N–Cl medium. For EPTA-stained material we used a basic protocol. For EPTA-stained material we dissected sacculi in low calcium saline (zero calcium saline with 50 mM K\(^+\) added and fixed them for 1 hr in 2% glutaraldehyde in buffer containing 80 mM Na-cacodylate, pH 7.3, and 4 mM CaCl\(_2\). Saccular maculae were rinsed in buffer, decalcified in buffered EDTA, rinsed, and dehydrated via an ethanol series to 100% EtOH. Then they were stained for 1 hr in 1% phosphostungastic acid in 100% EtOH containing two drops of 95% EtOH per 10 ml of solution (Fry and Spira, 1980), transferred to 100% EtOH, and embedded in resin.

Thick sections (0.25, 0.5, or 1.0 μm) were collected onto clamshell grids and stained for 10 min in 1% aqueous uranyl acetate, followed by 1 min in lead salts (Sato, 1967). After being washed in ddH\(_2\)O, 10 nm colloidal gold particles were deposited on one face of the sections after transfer, and both surfaces were carbon-coated. Synapses were imaged at a magnification of 25,000–60,000× by a JEOL 4000EX intermediate voltage electron microscope (IVEM) that was operated at an accelerating voltage of 400 kV. The section was oriented with the x–y plane perpendicular to the electron beam, and a series of 61 or 121 micrographs was acquired on film by rotating the specimen ± 60° around the y-axis in 1° or 2° tilt increments with a computer-controlled goniometer. To minimize shrinkage of the section thickness during the tilt series and reduce the effects of within-tile-series variation on the subsequent backprojection, we preirradiated sections for 15 sec at each tilt angle before image acquisition. Preirradiating the section in this way subjected the specimen to the steepest portion of the nonlinear shrinkage curve before data were collected (Luther, 1992).

Telemicroscopy. Some data sets were acquired via a telemicroscopy system developed by the National Center for Microscopy and Imaging Research (Young et al., 1996), which allowed us to remotely control the IVEM in California from our laboratory at the University of Oregon via the internet. Before a telemicroscopy session a survey of the grid was obtained as a mosaic of low-magnification (3000×) digital images. The survey was transferred to our laboratory in Oregon, annotated to high-light regions of interest with Adobe Photoshop (Mountain View, CA), and sent back to San Diego. This survey was used as a guide during the interactive session in which we used a graphical interface, GridManager, to control the microscope and examine the specimen at high magnification. Once we had identified a region to image for tomography, the interactive session was terminated and the microspit in San Diego acquired the tilt series.

Tomography

Image processing was performed with the SUPRIM software suite (Schroeter and Bretaudiere, 1996). Each negative of the tilt series was digitized with a 14-bit cooled CCD camera. The 1024×1024 pixel images were aligned by using either colloidal gold particles as fiducial marks that could be tracked over a range or all of the tilt series. At least eight marks on each negative were selected manually using the program FIDO (Soto et al., 1994). Then the selected fiducial marks were input to the program SAXALIGN (Jing and Sachs, 1991), which used a least-squared-error algorithm to solve for the translation and rotation required to align each image in the tilt series to a common tilt axis. The quality of this alignment was checked with FICHECK (Soto et al., 1994), and the alignment was repeated if necessary after the specification of the fiducial marks was corrected with FIDO. The three-dimensional volume of the tissue section was reconstructed by r-weighted backprojection (Radermacher, 1992) with the use of SUPRIM, producing a volume up to 600×600×351 voxels, which were 1.3–5.5 nm cubes. The ultrastructure of the synapse then could be inspected throughout the volume by shuffling through adjacent slices, one voxel thick, along the x-, y-, or z-axis. Because resolution is poorest in the z-dimension (Radermacher, 1992), we viewed the data in the x–y plane, moving through the volume along the z-axis. Organelles and structures were identified and traced manually in each plane with XVOXTRACE before they were rendered with the SYNU set of programs (Hessler et al., 1992).

Geometrical analysis

To determine the center and diameter of a synaptic vesicle, we identified the x–y plane of largest cross section, traced the perimeter of the vesicle along the middle of the membrane bilayer, and fit a circle of equal area to the traced polygon (Bashein and Detmer, 1994). Then the vesicle could be rendered as a sphere having the same center and diameter as the fitted circle. The distribution of vesicle diameters obtained from these fits was characterized by the mean and coefficient of variation (CV; the SD expressed as a fraction of the mean). To correct for the contribution of tracing errors to the CV, we determined the tracing variance and subtracted it from the total variance before calculating the CV. Vesicle volume was measured by tracing the vesicle in all planes in which it appeared, multiplying the area of each traced polygon by the plane thickness (the voxel size), and summing the resulting volumes. When only the vesicle diameters were measured, the CV of vesicle volumes (CV\(_{vol}\)) was estimated from the CV of vesicle diameters (CV\(_{diam}\)) by using the theoretical relationship:

\[
CV_{vol} = 3CV_{diam}[1 + 4CV_{diam}^2 + (5/3)CV_{diam}^4]^{1/2} (1 + 3CV_{diam})^2,
\]

which assumes that the diameter distribution is Gaussian and that the volume is proportional to the diameter cubed. This formula is well approximated by CV\(_{vol} = 3CV_{diam}\), for small CV\(_{diam}\) values that we measured.

A vesicle was classified as SB-associated if, in the plane of its largest cross section, it was tethered to or within 30 nm of the SB. A vesicle was
classified as docked if no space could be seen between the vesicle membrane and plasma membrane in at least one x-y plane. The plane of contact was sometimes different from the plane of largest cross section (i.e., if the plasma membrane was curved or not perpendicular to the x-y plane). Excluded from the docked category were vesicles connected to the plasma membrane by filaments but not touching it and vesicles that touched the thick portion of the presynaptic density without contacting the plasmalemma.

A sphere was fit to each SB by first fitting a circle to the profile of the SB traced in each x-y plane and then calculating a weighted least-squared-error fit of a sphere to four points on each circle. The data points were weighted by the radius of each circle, thereby placing less importance on data from sections that grazed the SB, which were difficult to trace accurately. We calculated the fraction of the SB captured in each reconstruction by measuring the area it delimited on the fitted sphere. The number of SB-associated vesicles was divided by the fraction of the SB reconstructed to estimate the total number of SB-associated vesicles.

We measured the concentration of vesicles in the cytoplasm by counting all vesicles in the three-dimensional reconstruction and then dividing by the reconstructed volume after subtracting the volumes of the postsynaptic cell, extracellular space, the SB, and mitochondria in each x-y plane, using National Institutes of Health Image software. We also used conventional TEM micrographs acquired at a magnification of 22,000–28,000× to estimate vesicle concentrations. All vesicles in a section were counted, and the result was divided by the volume of cytoplasm in the section. The cytoplasmic volume was calculated, again with National Institutes of Health Image, by subtracting the nuclear and mitochondrial areas from the total area of the image and then multiplying by the effective section thickness. The effective section thickness was estimated from the interference color of the section, allowing for the fact that some vesicles with centers outside the section were included in the count. Assuming that vesicle outer diameters are ∼40 nm and that we counted all vesicle profiles having diameters larger than ∼20 nm, we estimated the effective section thickness to be ∼17 nm thicker on each face. Thus, a 50 nm section was considered to have an effective thickness of ∼85 nm.

To estimate the total number of vesicles per cell, we assumed that hair cells are cylinders and measured their height and diameter in low-magnification TEM images. The cytoplasmic volume was calculated by subtracting the nuclear volume from the total volume, assuming the nucleus to be either a cylinder or a cone (hair cell nuclei often appear triangular in thin sections; Roberts et al., 1990), depending on the shape of the nucleus in the micrograph. We assumed that hair cells have 20 afferent synapses each (Roberts et al., 1990), that the vesicle concentration within 1 μm of each synapse was the average concentration measured in synaptic reconstructions, and that farther away the vesicle concentration was that measured in nonsynaptic regions of the cell. Because the hair cell volume estimates included mitochondrial volumes, we used vesicle concentrations that were not corrected for the space occupied by mitochondria for these calculations.

We expressed vesicle concentrations as a percentage of the maximum packing density, assuming vesicles are spheres having an outer diameter of 40 nm. In two dimensions (on the surface of the SB or on the plasma membrane), dense-packed vesicles were assumed to be arranged hexagonally, each having the footprint of a hexagon just large enough to contain a 40 nm circle. To calculate the maximum number of vesicles that could fit around a SB, we divided the surface area at a radius equal to the radius of the fitted sphere plus the average tether length (20 nm) plus the vesicle radius (20 nm) by the hexagonal footprint of a single vesicle. In three dimensions (in cytoplasm), dense-packed vesicles were assumed to occur in a three-dimensional hexagonal array.

The spatial distribution of vesicles docked at the plasma membrane was calculated by projecting the centers of all docked vesicles onto a plane defined by three corners of the traced membrane and then rotating and translating the coordinate system so that the membrane lay in the x-z plane, with the origin located at the projected center of the sphere fit to the SB. Arcs 1 nm wide were drawn about the origin, and the number of vesicle centers on each arc was divided by the area of membrane encountered. The radius was incremented in 1 nm steps from 1 nm to beyond the furthest edge of the membrane, and the data were pooled into 100 nm bins.

**RESULTS**

**Three-dimensional reconstruction of synapses**

We used electron tomography to reconstruct eight afferent synapses (Table 1) and one nonsynaptic region in frog saccular hair cells. A thick section containing the region of interest was imaged in the IVEM at a series of tilt angles, and the micrographs were digitized and backprojected to generate a three-dimensional rectangular solid composed of cubic voxels (see Table 1 for dimensions) that usually were viewed as a stack of x-y planes, each one voxel thick (see Materials and Methods). Figure 1A shows a subregion of one x-y plane through a synapse. The computed sections resembled conventional transmission electron micrographs of this tissue (compare with Fig. 8A). The electron-dense SB is surrounded by a halo of small (∼35 nm diameter) clear-core vesicles and is situated in the hair cell cytoplasm at a distance of one to two vesicle diameters above the plasma membrane, with the synaptic cleft and postsynaptic plasma membrane beneath. The cytoplasm also contains numerous small clear-core vesicles not associated with the SB and occasional clathrin-coated vesicles (Fig. 1B).

Vesicles in the monolayer surrounding the SB were denoted “SB-associated” and all others as “outlying vesicles.” Many of the SB-associated vesicles were tethered to it by one or more thin
filaments (Figs. 1B, 10). Tethers on other SB-associated vesicles may have been present, but not resolved, particularly if they did not lie in an x–y plane. The observation that a monolayer of vesicles was retained on the surface of the SB after cell lysis (see Fig. 10E below) suggests that all SB-associated vesicles are bound to it in some way. Therefore, we included all vesicles within 30 nm of the SB surface as SB-associated. This distance is less than a vesicle diameter and is similar to the longest tethers that we observed (28 nm).

Figure 1B illustrates the procedure used to trace vesicles and other structures for rendering in three dimensions. The SB and the plasma membranes were traced in each plane in which they appeared, whereas each vesicle was traced only in the plane in which it was largest. Thus only 10 vesicles (six SB-associated vesicles and four outlying vesicles) were traced in this plane of section. Four of the traced vesicles were categorized as “docked” (in contact with the plasma membrane; see Materials and Methods). Both SB-associated and outlying vesicles were included in the category of docked vesicles.

Synaptic body topography and morphology

Figure 2A shows the reconstruction of the synapse in Figure 1, which displays features typical of all of the synapses analyzed. Vesicles were rendered as spheres and the traced organelles as surfaces to reveal their three-dimensional structure and spatial relationships. The SB had no visible internal substructure and was rendered as a hollow object to better show the distribution of vesicles around it and to reveal its shape, a concave hemisphere in this stereo pair. The SB was reconstructed incompletely because it was cut at the edge of the physical section. Vesicles were distributed across the entire reconstructed surface of the SB without any apparent pattern. At several synapses the plasma membrane followed the curve of the lower portion of the SB, creating a bulge in the surface of the cell that also has been seen by freeze-fracture in saccular hair cells from goldfish (Hama, 1980) and frog (Jacobs and Hudspeth, 1990). This bulge may expand during exocytosis (Hudspeth and Issa, 1996).

In previously published TEM images of frog saccular hair cells, SBs were always round in cross section (Jacobs and Hudspeth, 1990; Roberts et al., 1990; Issa and Hudspeth, 1994; Parsons et al., 1994), suggesting that they are spherical. Our reconstructions concurred with this interpretation. Figure 2B shows a rendering of the plasma membrane, SB, and fitted sphere at another synapse. The SB is a lighter color where the semitransparent sphere overlaps it and darker where it overlaps the sphere. Figure 2, C and D, shows that the SB was well fit by the sphere when it was viewed transected along two perpendicular planes. Each of nine reconstructed SBs, including two that were more than two-thirds complete (Figs. 2B–D, 7B), were well fit by spheres. From these fits the SB diameter was estimated to be 468 ± 65 nm (mean ± SD, n = 9; Table 1).

One reconstructed synapse contained two SBs (Table 1, synapse 4) that were so close together that some vesicles were associated with both. Only one of the two bodies was adjacent to the plasma membrane. It is possible that the second body was associated with an active zone outside the reconstructed volume, although this would be inconsistent with the simple cylindrical shape typical of these hair cells. Alternatively, the second body may be an example of the heterotopic SBs that have been re-
ported to occur, complete with attached vesicles, in other hair cells (Miller and Beck, 1987). The second body at this synapse did not differ significantly from the average of the other eight in mean diameter, vesicle number, or vesicle packing density (Table 1).

Vesicle concentrations
To determine whether the number of SB-associated vesicles is sufficient to account for the largest evoked capacitance increases reported in these cells (Parsons et al., 1994), we counted all of the vesicles on the surface of each reconstructed SB (Table 1). After correcting for the missing portions of the spheres, we calculated an average of 376 ± 133 (mean ± SD, n = 9) vesicles per whole SB (Table 1) and an average packing density of 55% of the carrying capacity of the SB. The packing density varied considerably among synapses (26–83%; Table 1).

In a separate series of experiments we attempted to deplete the pool of SB-associated vesicles by depolarizing hair cells for up to 30 min in 22, 45, or 80 mM K+ before fixation. Even if frog saccular hair cells have a very negative $E_K$ of −90 mV in normal (2 mM K+) extracellular saline, these K+ concentrations are expected to cause sufficient depolarization (to −30, −12, and +2
vesicles in 0.96 common (Roberts et al., 1990). In this reconstruction we counted plasma membrane at an unknown distance from any synapse (see struct a nonsynaptic region of hair cell cytoplasm adjacent to the dense-packed. Second, we used electron tomography to recon-
sections contained a total of 4038 small clear-core vesicles in 14
We used two methods to determine the concentration of vesicles farthest corner in the largest reconstructed volume (synapse 4).

Our study also revealed that the concentration of vesicles near synapses comprised a small fraction of the total number per cell. Using the two estimates of cytoplasmic vesicle densities given above and the average volume of three hair cells (2.2 pl, excluding the nucleus), we estimate that a hair cell contains 200,000–600,000 small clear-core vesicles.

**Vesicle sizes**

We measured the mean diameter and volume of synaptic vesicles as well as the variance of the distributions around the mean. Most measurements are important for interpreting the measured rates of capacitance increase in terms of vesicle fusions per second and for testing hypotheses concerning the source of quantal variation (see Discussion).

In the reconstruction with the finest voxel size (1.3 nm; synapse 6), we computed the volumes of 100 vesicles by tracing the perimeter of each vesicle in all of its planes. Figure 3A shows renderings of some of these vesicles. Volumes were distributed with a CV of 26.1% about a mean of 12,500 nm$^3$ (Fig. 3B). We examined two sources of artifact that could have increased the width of this distribution. The sampling error caused by the finite voxel size was found to be negligible; vesicle profile diameters had a CV of 0.13% when we simulated cutting 10,000 identical 40 nm vesicles into randomly spaced 3 nm slices, the thickest used in this study. A second, more substantial variance was attributable to tracing errors. We determined the magnitude of this error by retracing two of the vesicles 25 times each and found a 6.0% CV attributable to tracing error. Correcting for tracing error (see Materials and Methods) reduced the volume CV to 25.7%. This value agreed well with the CV of the cubed diameters of the same 100 vesicles (CV = 24.5%). We therefore used the much more economical measurement of vesicle diameters to estimate the CV of vesicle volumes at each of the reconstructed synapses. We also found that the reconstructed vesicle volumes were ~34% smaller than the volumes of the corresponding spheres. This difference is

![Figure 3](image-url)
a reflection of the flattened shapes of the vesicles, perhaps because of shrinkage during fixation.

Figure 3C shows the distribution of vesicle diameters and Gaussian fit (38.5 ± 3.5 nm, mean ± SD) for all vesicles (n = 347) at a single synapse. The diameters of SB-associated vesicles (38.8 ± 3.4 nm; n = 139) and outlying vesicles (38.3 ± 3.5 nm; n = 208) at this synapse were not significantly different, as was true at five of seven synapses. Pooling all of the vesicles from all eight synapses gave a mean diameter of 34.3 nm. The CV of vesicle diameters was 9.0% at the synapse shown in Figure 3C, and the average CV of the eight synapses was 10.2% (range, 8.8–12.8%). We averaged the CVs from individual synapses rather than pooling data across synapses because variation between tissue samples, perhaps because of differences in fixation or handling, substantially increased the variance around the group mean (CV = 12.7%; Fig. 3D). As with the volume distributions, the component of the variance contributed by the tracing method was measured by retracing 46 vesicle profiles 15–96 times each. An average CV of 5.1% was attributable to the method. The corrected CV of the vesicle diameter distribution for the synapse shown in Figure 3C was 7.4%. The average corrected CV of vesicle diameters for all eight synapses was 8.8 ± 0.6% (mean ± SEM, n = 8), which corresponds to a CV of vesicle volumes of 26 ± 2% (mean ± SEM, n = 8).

Docked vesicles

At each reconstructed synapse we mapped the three-dimensional distribution of morphologically docked vesicles in relation to the SB, the presynaptic density, and each other (Fig. 4A, C, E). The identification of morphologically docked vesicles was aided by the ability to scan through the z-series looking for a point of contact between the vesicle and the membrane (see Materials and Methods); we estimate that vesicles classified as “docked” were <10 nm from the membrane; resolution was superior to this in most reconstructions. Many docked vesicles were present beneath each SB (Fig. 4B), as has been proposed for the ribbon synapses in bipolar cells (Mennerick and Matthews, 1996; von Gersdorff et al., 1996) and rod photoreceptors (Rao-Miroznik and others, 1995). Most (88%) of these vesicles also were classified as SB-associated (Fig. 5). In three synapses that we analyzed in detail (see Fig. 4), we counted between 17 and 31 (78 total) SB-associated docked vesicles, some of which clearly were tethered to the SB (see Fig. 10C).

The presynaptic densities observed in hair cells by TEM may align with particle arrays seen in freeze-fracture replicas of the presynaptic membrane (Hama, 1980; Jacobs and Hudspeth, 1990). These particles have been observed to occur in rows a breadth apart (Hama, 1980; Jacobs and Hudspeth, 1990; Roberts et al., 1990). In Rana pipiens saccular hair cells it has been proposed that many of these particles correspond to the voltage-gated Ca channels that regenerate synaptic exocytosis (Roberts et al., 1990). In our survey of several hundred TEM micrographs of hair cell synapses (D. Lenzi and W. Roberts, unpublished observations), the presynaptic density was seen either as a band (see Fig. 8A) or in patches (see Fig. 10D, E), consistent with stripes cut along their length or across their width. Figure 4 shows a similar pattern at the three partially reconstructed active zones. Although docked vesicles were not organized in neat rows between the presynaptic densities as proposed for other hair cells (Hama, 1980), 54% of the 78 docked SB-associated vesicles were docked within 50 nm of a presynaptic density, and one-half of these touched a presynaptic density. Some of the remaining vesicles on the edge of the reconstruction probably were docked within 50 nm of areas of presynaptic density outside the volume, so 54% is a lower limit. In a spatial model of the Ca2+ concentration at the hair cell active zone (Roberts, 1994), vesicles docked within 50 nm of an open Ca channel are predicted to experience >20 μM Ca2+ during a depolarization, a concentration sufficient to trigger exocytosis at ribbon synapses in retinal bipolar cells (Heidelberger et al., 1994; von Gersdorff and Matthews, 1994) (for a substantially lower estimate, see Lagnado et al., 1996) and photoreceptors (Rieke and Schwartz, 1996). During a large depolarization that opens many Ca channels, all vesicles docked beneath the SB would experience Ca2+ concentrations sufficient to trigger exocytosis (Roberts, 1994).

We also observed outlying vesicles docked at the plasma membrane. Some of these were near the SB (Fig. 4A–E), but only two of 74 docked outlying vesicles were within 50 nm of the presynaptic density. Additional docked vesicles also were seen much farther away from the active zone. Figure 4D shows a second reconstruction of the same synapse shown in Figure 4C but extending ~1200 nm away from one side of the active zone; Figure 4F shows a reconstruction of a nonsynaptic region of membrane. In each, docked vesicles were observed far from the active zone and therefore far from the cluster of presynaptic Ca channels (Roberts et al., 1990; Issa and Hudspeth, 1994; Martinez-Dunst et al., 1997).

To test the hypothesis that docking occurs preferentially at synapses, we mapped the density of docked vesicles as a function of distance from the active zone. Figure 5 shows pooled data from three active zones. The white bars show the density of docked SB-associated vesicles, which peaked at 40% of dense-packed, and then fell to zero beyond the radius of the SB. The density of docked outlying vesicles (Fig. 5, dark bars) declined just beyond the edge of the SB to near zero far away. Some outlying vesicles were seen as close as 100 nm from the origin, where the SB lay at least two vesicle diameters above the plasma membrane. A few vesicles were seen beyond 900 nm from the origin, but these bars are contributed by only eight vesicles, seen at the left edge of the membrane in Figure 4D, and the rise in the curve may be attributable to the small sample of membrane this far from the active zone, mapped from only a single reconstruction.

To infer a binding association between morphologically docked vesicles and the plasma membrane, it is necessary to show that the concentration of vesicles at the membrane is greater than in the neighboring cytoplasm. In the nonsynaptic reconstruction (see Fig. 4F) the density of docked vesicles was 1.7% of dense-packed, which far exceeded the expected value (0.13%, even if all vesicles within 10 nm of the membrane were counted as docked), based on the vesicle concentration in nonsynaptic regions of the cytoplasm. A similar analysis at reconstructed synapses showed that here also the average density of docked outlying vesicles (10% of dense-packed) is far above the value of 1.7% predicted from the cytoplasmic concentration. Our data therefore indicate a specific binding interaction between vesicles and the plasma membrane both near and far from the synapse. The presence of docked vesicles far from the SB indicates that contact with the SB is not required for the morphological docking of vesicles.

We calculated the average number of vesicles docked at an active zone by integrating the distribution in Figure 5 between the origin and the average radius of the active zone. Using the average particle array radius seen in freeze-fracture replicas at these same synapses (138 nm; Roberts et al., 1990) plus one vesicle diameter (40 nm, to allow for vesicles docked on the
Figure 4. Spatial distribution of docked vesicles. SB-associated (yellow) and outlying (green) vesicles are shown at three synapses (A, B, synapse 1; C, D, synapse 3; E, synapse 2) in relation to the plasma membrane (gray), the SB (blue), and the presynaptic density (pink). Arrow pairs in A/B and C/D denote the same vesicle in both views of the same synapse. A, C, E, View through the mostly transparent plasma membrane of vesicles docked at it. Asterisks in C and E show the locations of omega-shaped invaginations in the presynaptic membrane. Scale bar (applies to A, C, E), 100 nm. B, View of docked vesicles and the closed pole of the SB. D, Another tomogram of the synapse shown in C, revealing docked vesicles (Figure legend continues.)
Density distribution of docked vesicles. Vesicle concentration on the plasma membrane, shown as a percentage of the maximum packing density (see Materials and Methods), is plotted as a function of the radial distance from the projected center of the SB. The envelope of the bar graph shows the distribution of the 152 docked vesicles from the three synapses shown in Figure 4. White bars show docked SB-associated vesicles ($n = 78$); dark bars show docked outlying vesicles ($n = 74$). The rightmost bar shows the docked vesicle density computed from a tomogram that did not include a synapse ($n = 15$ vesicles).

**Vesicles continuous with the plasma membrane**

Because electron tomography captures a large portion of the synapse in each reconstruction, it can reveal rare events that seldom are observed in single thin sections. We were interested particularly in omega profiles (putative sites of vesicle fusion or fission with the plasmalemma) that may help to clarify the role of the SB in the synaptic vesicle cycle and provide evidence of local membrane recycling. Although we did not stimulate transmitter release in these cells, we observed approximately one site per synapse (eight sites total) at which vesicle membranes were continuous with the plasma membrane. These fusion/fission sites may reflect a low level of continuous exocytic activity at hair cell synapses (for review, see Roberts et al., 1991; Lenzi and Roberts, 1994) or possibly glutaraldehyde-induced exocytosis (Smith and Reese, 1980).

Two of the eight omega profiles that we identified in the reconstructed synapses were situated directly beneath the SB in the spaces between the areas of presynaptic density (see asterisks in Fig. 4C,E). Figure 6A is a tomographic section through the equator of the structure marked by the asterisk in Figure 4E, revealing an invagination of the plasma membrane situated between two areas of presynaptic density. The invagination is larger than neighboring clear-core vesicles and has several tethers linking it to a concavity on the underside of the SB. Strikingly similar features have been seen in conventional TEM images of frog saccular hair cells (Jacobs and Hudspeth, 1990), although their three-dimensional shapes could not be determined from single sections. On the basis of our three-dimensional reconstruction (Fig. 6B), we conclude that this class of structures may represent vesicular fusion or fission events. Figure 6B also reveals that the concavity in the SB seen in Figure 6A is a long furrow cut in cross section. The other omega profile that we found beneath a SB (see asterisk in Fig. 4C) had a more hemispherical profile, was the approximate size of SB-associated vesicles, and appeared to be tethered to the SB.

The other six omega profiles found in the reconstructed synapses were located near, but not beneath, SBs. These structures were seen in one osmium- and three EPTA-stained reconstructions. Figure 7A shows a section through one such structure. Its three-dimensional shape appears in Figure 7B, along with a second profile not visible in A. Another example is visible in the stereo pair in Figure 9D (short arrow). Two other invagination sites had similar locations, lying near the SB, but not touching it. The perisympatic location of all of these sites matches that of the dimples seen by freeze-fracture on the periphery of the active zone particle array in hair cells of Rana pipiens (Roberts et al., 1990) and other species (Hama, 1980; Jacobs and Hudspeth, 1990). The six perisympatic omega profiles in our reconstructions had a variety of neck shapes, including a thin stalk (Fig. 7A), a narrow but short constriction (see Fig. 9D), or a tube almost as wide as the head of the invagination.

Because most of the perisympatic invaginations seen in our tomographic reconstructions were in EPTA-stained tissue in which clathrin coats were not visible, we could not determine directly whether the reconstructed structures corresponded to coated pits. However, the observed range of sizes, locations, and shapes of these structures matched the coated pits that have been reported in previous TEM studies of hair cells (Gleisner et al., 1973; Hama and Saito, 1977; Leake and Snyder, 1987; Nadol, 1990) and those we observed in conventional TEM sections of cells that had been stimulated by 22 mM K+ (Fig. 8A). The locations of coated pits and coated vesicles in K+-depolarized cells (Fig. 8A) suggest that endocytosis takes place (Mellman, 1996) next to the SB, outside the region of presynaptic density. To investigate whether endocytosis was also in progress in the unstimulated cells used for tomographic reconstructions, we labeled the endocytic pathway with an extracellular marker (microperoxidase). Figure 8B shows that the lumens of two coated vesicles had been continuous with the extracellular space at some time during the 15 min exposure to microperoxidase in saline containing normal extracellular K+ and Ca2+ (see Materials and Meth-

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**Figure 5.** Density distribution of docked vesicles. Vesicle concentration on the plasma membrane, shown as a percentage of the maximum packing density (see Materials and Methods), is plotted as a function of the radial distance from the projected center of the SB. The envelope of the bar graph shows the distribution of the 152 docked vesicles from the three synapses shown in Figure 4. White bars show docked SB-associated vesicles ($n = 78$); dark bars show docked outlying vesicles ($n = 74$). The rightmost bar shows the docked vesicle density computed from a tomogram that did not include a synapse ($n = 15$ vesicles).

**Figure 6.** Omega profile beneath the SB. A, An x–y plane through an osmium-stained reconstructed synapse showing an omega-shaped invagination in the presynaptic plasma membrane that lies beneath the SB (long arrow) and adjacent to an area of presynaptic density (short arrow). White specks in the top portion of the SB are saturated pixels and are artifact. Scale bar, 200 nm. B, Rendering of the same synapse showing the relationship of the omega profile (long arrows) to the partially reconstructed SB (blue), SB-associated vesicles (yellow), outlying vesicles (green), and the region of the plasma membrane that formed the synaptic cleft (red). The membrane is a subregion of that shown in Figure 4E. The SB is open on two sides in this reconstruction because it spanned the thickness of the section. The membrane and omega profile also are shown alone; synapse 2.
Figure 7. Elongated omega profiles near the SB. A, An x-y plane through an EPTA-stained reconstructed synapse showing a vesicle formed from a stalk of the plasma membrane (long arrow) 165 nm from the SB. Scale bar, 200 nm. B, Rendering showing this invagination (long arrow) in relation to the SB (blue), SB-associated vesicles (yellow), outlying vesicles (green), and the plasma membrane (red). Another similar invagination occurred on the other side of the SB (short arrow); synapse 5.

(Figure legend continues.)
vesicles contain the label (arrows) adjacent to the SB (long arrow). We measured the tethers with the highest contrast linking vesicles to the synaptic body and the plasma membrane. Attachment of vesicles to the synaptic body and the surface of the plasma membrane, but it was not continuous with the cell surface (Fig. 9B).

**Tubules near the synaptic body**

Numerous small membranous compartments were present at all eight synapses, and larger membrane-bounded compartments were present at two of the reconstructed synapses (Fig. 9). At one synapse (Fig. 9C) we observed a deep infolding of the plasma membrane forming a lumpy tube, 40–65 nm across, that penetrated 600 nm into the cell. Rendering the structure (stereo image in Fig. 9D) showed it to be composed of connected lobes running alongside the SB amid the SB-associated and outlying vesicles. We did not observe any vesicles budding from its surface, but several lay adjacent to its membrane. At another synapse (Fig. 9A) a tubular profile resembling smooth endoplasmic reticulum extended from the top edge of the reconstruction to within 50 nm of the plasma membrane, but it was not continuous with the cell surface (Fig. 9B).

**Attachment of vesicles to the synaptic body and the synaptic body to the plasma membrane**

We measured the tethers with the highest contrast linking vesicles to the SB (see Figs. 1, 10A–C) and found an average length of 21 ± 5.4 nm (SD, n = 10). Additional evidence that tethers do not exceed the vesicle diameter comes from the observation that only a monolayer of vesicles remained on the SB after cell lysis (see Fig. 10E below). In photoreceptors the tethers are 20–50 nm in length (Rao-Mirotznik et al., 1995) and number three to five per vesicle (Usukura and Yamada, 1987). In bipolar terminals they are 25 nm long (von Gersdorff et al., 1996). Although most vesicles in our reconstructions had only one well stained tether, many had a second, less electron-dense filament linking it to the SB (all three vesicles with arrows in Fig. 10A; the left-arrowed vesicle in Fig. 10B), including vesicles docked at the active zone (Fig. 10C). Filaments also were seen between neighboring SB-associated vesicles (Fig. 10A), between docked and cytoplasmic vesicles, and between vesicles and the plasma membrane outside the active zone.

Figure 10E shows that vesicles remain tightly bound to the SB when they are exposed to the high Ca$$^{2+}$$ (4 mM) in the extracellular saline. While furrowing the epithelium to break the diffusion barrier (see Materials and Methods), a few cells were broken open and most of their contents was lost (compare the cytoplasm of the hair cell with that of the undamaged postsynaptic cell), yet the SB retained its monolayer of vesicles. SBs appeared to be anchored to the presynaptic density by filaments (Fig. 10D), similar to those observed in other hair cells (Gleisner et al., 1973). Because SBs remained at the active zone in lysed cells, these filaments, like the vesicle tethers, were evidently stable in 4 mM Ca$$^{2+}$$. The good z-axis resolution compared with the thickness of TEM sections was important for visualizing vesicles beneath the SB and for identifying docked vesicles, particularly where the plasma membrane was not perpendicular to the plane of section. Three-dimensional reconstruction allowed us to identify extensive membrane-bounded structures at some synapses, count SB-associated vesicles and docked vesicles at each synapse, determine

**DISCUSSION**

We found electron tomography to be a convenient method for reconstructing the presynaptic architecture in frog saccular hair cells. The good z-axis resolution compared with the thickness of TEM sections was important for visualizing vesicles beneath the SB and for identifying docked vesicles, particularly where the plasma membrane was not perpendicular to the plane of section. Three-dimensional reconstruction allowed us to identify extensive membrane-bounded structures at some synapses, count SB-associated vesicles and docked vesicles at each synapse, determine...
the variance in vesicle volume, and observe rare events such as putative endocytic sites and docked outlying vesicles.

It has been proposed that exocytic vesicles pass through a docking stage in which proteins comprising the docking complex hold them close enough to the membrane to permit fusion (Scheller, 1995; Lin and Scheller, 1997). Predocked vesicles are thought to account for the first and fastest bout of exocytosis (Stevens and Tsujimoto, 1995; Mennerick and Matthews, 1996; von Gersdorff et al., 1996; Schikorski and Stevens, 1997) and are postulated to comprise at least a subset of the vesicles that are observed touching the membrane in electron micrographs.

In the space between the SB and the plasma membrane we observed numerous morphologically docked vesicles that were obscured by the presynaptic densities in previous TEM images of frog saccular hair cells but that have been reported in other species (Gleisner et al., 1973; Hama and Saito, 1977; Hama, 1980). Using a narrow definition of docking (no resolvable space between the vesicle and plasma membrane) similar to that used by Parsons et al. (1995) and Schikorski and Stevens (1997), we estimate that there are 32 docked vesicles per SB. A more liberal criterion (Schweizer et al., 1998) would have included additional vesicles that are present in this space but that are unlikely to be immediately available for release. The number of docked vesicles per SB is similar to that reported for ribbon synapses in retinal bipolar terminals (22 docked vesicles per ribbon; von Gersdorff et al., 1996) and larger than reported in hippocampal neurons (Schikorski and Stevens, 1997) by a factor of three, attributable primarily to the larger size of the active zones in hair cells.

Using the mean vesicle diameter measured in this study (34.3 nm, measured at the middle of the membrane thickness) and assuming a specific membrane capacitance of 1 μF/cm², we estimate a single-vesicle capacitance of 37 aF, slightly larger than previously reported (32 aF; Parsons et al., 1994). Fusion of the 32 docked vesicles at each of the 20 active zones of the hair cell (Roberts et al., 1990) thus would increase the membrane capacitance by 24 fF, similar to the magnitude of the “ultrafast” capacitance increase (30 fF) that Mennerick and Matthews (1996) hypothesize to be attributable to the rapid fusion of docked vesicles in retinal bipolar cells. An ultrafast pool has not been demonstrated in hair cells but would not have been resolved in previous capacitance measurements (Parsons et al., 1994).

The reported maximal rate of capacitance increase (322 fF/sec; Parsons et al., 1994) corresponds to 440 vesicles/sec at each SB, similar to the rate reported for bipolar neurons (500 vesicles/sec; von Gersdorff et al., 1996). At this rate the pool of docked vesicles could support only ~70 msec of exocytosis, which continues unabated for ~2 sec, suggesting that release sites can be reloaded rapidly during sustained release. If the number of docked vesicles equals the number of release sites, then the turnover rate for individual release sites is 14 vesicles/sec, similar to the values reported in retinal bipolar neurons (23 vesicles/sec; von Gersdorff et al., 1996) and at a conventional synapse (22 vesicles/sec; Borges et al., 1995), and suggesting that ribbon-class synapses maintain high rates of exocytosis by having a large number of release sites per synapse rather than a high turnover rate at each site.

The role of the SB in accumulating and/or transporting vesicles to the active zone has been the subject of speculation for many years (Bunt, 1971; Gray and Pease, 1971) (for review, see Vollrath and Spiwoks-Becker, 1996; Wagner, 1997). In bipolar cell terminals, depolarization evokes a maximum capacitance increase (~150 fF; von Gersdorff and Matthews, 1994) that corresponds to the membrane area of all ribbon-associated vesicles in the terminal (110 vesicles per ribbon; von Gersdorff et al., 1996), leading to the hypothesis that the ribbon-associated vesicles comprise the rapidly released pool. In frog saccular hair cells the capacitance continues to rise for a longer duration (~2 sec as compared with 200 msec in bipolar terminals) and attains a higher level (~600 fF), corresponding to a rapidly released pool of ~800 vesicles per synapse. The ~380 SB-associated vesicles per SB can account for only the first 900 msec of exocytosis at the maximal rate, suggesting that either reloading of the SB-associated pool is not rate limiting or the rapidly released pool contains vesicles that are not SB-associated. The inability to deplete SB-associated vesicles by K⁺ depolarization supports the conclusion that refilling of the

Figure 10. Tethers link the SB to vesicles and to the presynaptic density. A–D, Subregions of x-y planes through osmium-stained reconstructed synapses. Each panel contains a portion of a SB. Scale bar, 100 nm. A, B, Tethers linking vesicles to the surface of the SB (arrows) and to other vesicles (arrowhead in A). C, Two tethers (arrows) linking one docked vesicle to the SB. The vesicle is in contact with the presynaptic plasma membrane, which forms the synaptic cleft (asterisks in C, D). D, Two filaments (arrows) join the SB to the presynaptic density on the plasma membrane. A, C, D, Synapse 2. B, Synapse 3. E, TEM micrograph of a synapse in a mechanically lysed hair cell. Although the presynaptic cytoplasm has lost most of its contents, the SB retains its monolayer of vesicles and remains at the active zone. Scale bar, 300 nm.
SB-associated pool is not a rate-limiting step during continuous exocytosis in these cells.

In lysed cells the SBs remained attached to the plasma membrane, and vesicles remained bound to the SB after other cytoplasmic components had been washed away. Resistance of the attachments between the SB and plasma membrane to high Ca\(^{2+}\) is expected, given that presynaptic Ca\(^{2+}\) can exceed 100 \(\mu\)M during the normal activity of the cell (Roberts, 1993, 1994). It has been proposed that the elevated Ca\(^{2+}\) concentrations provided by the activation of voltage-gated Ca channels mobilize vesicles on the synaptic ribbons in bipolar neurons (Mennerick and Matthews, 1996). The observation that vesicles remain bound to the SB in 4 mM Ca\(^{2+}\) supports mechanisms in which vesicles move without detaching.

Despite making different numbers of synapses, hair cells and bipolar terminals maintain a similar pool of cytoplasmic vesicles per synapse (10,000–30,000 in hair cells; 10,700–14,000 in bipolar terminals; von Gersdorff et al., 1996). If synapses can draw from this pool, there are enough vesicles around each synapse to account for at least several seconds of exocytosis. One second of release at the maximal rate would deplete all SB-associated vesicles plus all cytoplasmic vesicles within 95 nm of the SB; 2 sec would deplete the cytoplasm within 250 nm of the SB. The entire population of small clear-core vesicles of the cell could sustain exocytosis at the maximal rate for 20–60 sec without replenishment.

We observed omega profiles within active zones and other evidence of ongoing membrane recycling at most of the reconstructed synapses in unstimulated cells. These findings are consistent with physiological measurements showing partial activation of the Ca current (Hudspeth and Lewis, 1988) and synaptic transmission (Ishii et al., 1971) at rest. The presence of coated pits and vesicles that take up extracellular peroxidase is strong evidence for local endocytosis at each active zone, which may contribute to the brief repriming time (<60 sec) measured at bipolar cell ribbon synapses (Lagnado et al., 1996) and to the local accumulation of vesicles. Similar experiments have shown that extracellular horseradish peroxidase labels ribbon-associated vesicles in photoreceptors (Schacher et al., 1974, 1976; Schaeffer and Raviola, 1978; Evans et al., 1981; Cooper and McLaughlin, 1983) and hair cells (Siegel and Brownell, 1986), suggesting that these vesicles are in the endocytic pathway.

Although there appears to be a higher concentration of endocytic sites near the active zone than far away, mapped here by electron tomography, or in other hair cells by freeze-fracture (Hama, 1980; Jacobs and Hudspeth, 1990; Roberts et al., 1990) or TEM (Gleisner et al., 1973; Hama and Saito, 1977), endocytosis also occurred far from the synapse. We found microperoxidase-labeled coated vesicles near the membrane micrometers away from synapses (by TEM), and others have observed coated pits in these regions as well (Nadol, 1990).

In these reconstructions of frog saccular hair cell synaptic regions we did not observe evidence for interconnections between intracellular tubular networks and the plasmalemma, although such connections have been reported in goldfish saccular (Hama and Saito, 1977). A large tubular invagination of the plasma membrane was present at one of the eight synaptic reconstructions (see Fig. 9C), but no coated pits like those seen in goldfish hair cells were observed on its surface. The structure could be analogous to the large membrane invaginations that form in photoreceptors in a light-dependent manner (Cooper and McLaughlin, 1982).

Miniature postsynaptic potentials (minis), which are thought to correspond to the exocytosis of single vesicles, vary in amplitude at all synapses in which they have been observed, including hair cell afferent junctions (Ishii et al., 1971; Furukawa et al., 1978; Rossi et al., 1994). Although the source of mini variance has been debated (for review, see Bekkers, 1994; Frerking and Wilson, 1996), several studies argue that it can be intrinsic to single release sites (Bekkers et al., 1990; Frerking et al., 1995; Liu and Tsien, 1995) and could be explained by variations in vesicle size. We found a significantly narrower distribution of vesicle diameters (CV = 8.8 ± 0.6%; mean ± SEM) than previously reported at other synapses (e.g., 11% CV for hippocampal neurons; Bekkers et al., 1990), including ribbon synapses (De Robertis and Franchi, 1956; Lagnado et al., 1996; von Gersdorff et al., 1996), but it is unclear how much of this difference is attributable to our correcting for tracing variance and not to pooling data from different synapses. When compared with the 12% CV predicted from quantal variation at single amacrine synapses (Frerking et al., 1995), our data indicate that either hair cell synapses have less quantal variation than amacrine cell synapses or factors in addition to vesicle volume contribute to quantal variation.

The ultrastructural differences between afferent synapses in hair cells and bipolar neurons may reflect functional differences between synapses specialized for sustained or transient release (but for an alternative view, see Lagnado et al., 1996). The three- to fourfold greater number of vesicles on each SB may play a role in the ability of hair cells to maintain continuous exocytosis for >10 times longer than bipolar neurons (Parsons et al., 1994; von Gersdorff and Matthews, 1994) but is insufficient by itself to account for the difference. One possibility, which also accounts for our inability to deplete vesicles on the SB, is that the refilling of the ribbon-associated pool is rate limiting in bipolar neurons, whereas the reloading of release sites is rate limiting in hair cells. The difference does not appear to be at the release sites, which have similar turnover rates in the two cell types, but could be explained by a faster refilling of the SB-associated pool in hair cells. The larger surface area of SBs in hair cells would favor faster refilling of this pool, but it is not clear that any such simple explanation will prove adequate. Additional experiments will be required to resolve this issue.

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