Significance of cerebrospinal fluid inflammatory markers for diagnosing external ventricular drain–associated ventriculitis in patients with severe traumatic brain injury

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OBJECTIVE The aim of this study was to investigate the diagnostic potential of the inflammatory markers interleukin-6 (IL-6), total leukocyte count (TLC), and protein in the CSF and IL-6, C-reactive protein, and white blood cell count in the serum for the early diagnosis of ventriculitis in patients with traumatic brain injury (TBI) and an external ventricular drain compared with patients without ventriculitis.

METHODS Retrospective data from 40 consecutive patients with TBI and an external ventricular drain treated in the authors’ intensive care unit between 2013 and 2017 were analyzed. For all markers, arithmetical means and standard deviations, area under the curve (AUC), cutoff values, sensitivity, specificity, positive likelihood ratio (LR), and negative LR were calculated and correlated with presence or absence of ventriculitis.

RESULTS There were 35 patients without ventriculitis and 5 patients with ventriculitis. The mean ± SD IL-6 concentration in CSF was significantly increased, with 6519 ± 4268 pg/mL at onset of ventriculitis compared with 1065 ± 1705 pg/mL in patients without ventriculitis (p = 0.04). Regarding inflammatory markers in CSF, IL-6 showed the highest diagnostic potential for differentiation between the presence and absence of ventriculitis (AUC 0.938, cutoff 4064 pg/mL, sensitivity 100%, specificity 92.3%, positive LR 13, and negative LR 0), followed by TLC (AUC 0.900, cutoff 64.5 /µL, sensitivity 100%, specificity 80%, positive LR 5.0, and negative LR 0) and protein (AUC 0.876, cutoff 31.5 mg/dL, sensitivity 100%, specificity 62.5%, positive LR 2.7, and negative LR 0).

CONCLUSIONS The level of IL-6 in CSF has the highest diagnostic value of all investigated inflammatory markers for detecting ventriculitis in TBI patients at an early stage. In particular, CSF IL-6 levels higher than the threshold of 4064 pg/mL were significantly associated with the probability of ventriculitis.

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KEYWORDS ventriculitis; external ventricular drain; cerebrospinal fluid; IL-6; traumatic brain injury; inflammatory marker; ventriculostomy
Methods

This retrospective, single-center study includes all consecutive adult patients (>18 years) with TBI and initial EVD implantation who were treated in our neurosurgical ICU between January 2013 and December 2017. Existence and severity of TBI was diagnosed on admission using Glasgow Coma Scale (GCS) scores and CT findings.29 The ethics review committee of the Ludwig Maximilian University of Munich approved this study.

Indications for EVD were invasive ICP monitoring in sedated and intubated patients or acute hydrocephalus observed on CT scanning.27 EVD implantation was performed under sterile conditions and antibiotic prophylaxis (1.5 g cefuroxime intravenously) in the emergency department under CT control or in the operating room. After the hair was shaved in the area of Kocher’s point (2.5 cm from the midline and approximately 12 cm posterior to the nasion but anterior to the coronal suture), the skin was disinfected with a povidone-iodine solution.15 The skin incision was made at Kocher’s point, followed by a drill hole with a gimlet and catheter implantation into the lateral ventricle. A control scan confirmed correct positioning of the catheter and excluded a procedure-related hemorrhage. Subcutaneous tunneling was not routinely performed. A purse-string stitch sutured the wound and secured the EVD position. The wound and the exit point of the EVD were covered with sterile dressings, and the EVD was connected to a closed CSF collection system.

CSF was aspirated steriley by a physician via a proximal 3-way stopcock. According to our standard operating procedures in TBI patients, the serum markers white blood cell count (WBC), IL-6, and CRP and CSF markers IL-6, total leukocyte count (TLC), and protein were determined daily from the installation until the removal of the EVD. Serum and CSF markers were measured in the Department of Laboratory Medicine at our hospital. Measurements of biomarker levels were performed according to the manufacturer’s instructions, and quality control was ensured. Blood and CSF specimens were not obtained solely for the purpose of this study.

EVD-associated ventriculitis in patients with TBI was defined in this study as culture-verified ventriculitis with a positive microbiological CSF culture, positive CSF Gram stain, or positive microbiological culture of the EVD tip. The criteria for diagnosing meningitis and EVD-associated ventriculitis are based on the criteria for nosocomial infections from Centers for Disease Control and Prevention (CDC): 1) proof of an organism in the CSF in a microbiological testing method performed for purposes of clinical diagnosis and not for surveillance sampling; and 2) clinical worsening or new neurological symptoms together with altered laboratory CSF parameters (protein, glucose, and TLC).6,11,34 Most patients with severe TBI have a GCS score of 3 due to anesthesia and have altered CSF parameters due to the trauma. Thus, neurological and laboratory deterioration is difficult to detect and interpret and, according to current CDC criteria, unsuitable for diagnosing ventriculitis.

Microbiological testing was performed in TBI patients with suspected ventriculitis. Suspected ventriculitis was diagnosed concordantly by 2 experienced consultant doctors (a neurosurgeon and a neurointensive physician) in the field of neurointensive care. Physicians must be aware that contamination could lead to false-positive results. We tried to minimize the risk of contamination by strictly sterile aspiration of the CSF by a physician via the proximal 3-way stopcock. According to our standard operating procedures, 2–4 CSF tubes were collected for bacterial culture, Gram stain, and molecular testing. Furthermore, we prioritize multiple tests on small-volume samples (<1 mL). The gold standard for diagnosing any type of infection is the proof of a pathogen in a microbiological testing method. As current CDC criteria for ventriculitis and meningitis are inadequate for TBI patients, we investigated only patients with culture-verified ventriculitis.

We used the inflammatory marker level at the time of first diagnosis of ventriculitis due to TBI (inflammatory marker level was measured on the same day when the specimen was obtained for microbiological testing) and compared it with levels in patients with TBI and an EVD without ventriculitis on the 12th day, as the mean time to infection was 11.6 ± 2.7 days. Normal distribution of data was investigated using the Kolmogorov-Smirnov test. We used receiver operating characteristic (ROC) curves with the corresponding area under the curve (AUC) to determine the diagnostic potential of inflammatory markers for predicting ventriculitis. The arithmetical mean ± SD of biomarker levels in both groups were compared using the Student t-test. Mean values were considered to differ statistically significantly when p < 0.05. Outcome parameters of this study were sensitivity, specificity, positive likelihood ratio (LR) and negative LR. Optimal thresholds were calculated using Youden’s J statistic by maximizing sensitivity and specificity. Univariate analysis of risk factors was investigated using the chi-square test, and calculations were performed using SPSS (version 17, SPSS Inc.) and IBM SPSS (version 23.0, IBM Corp.) for Windows.

Results

Basic characteristics, including the injury pattern after head trauma, of the 40 patients are summarized in Table 1. In 17 patients (43%), initial cranial CT revealed an open TBI (i.e., perforation of the scalp, fracture of the skull with or without rupture of the hard meninges, or CT scan with air inclusions situated in the extradural, subdural, or subarachnoid spaces or in the brain parenchyma)3,5,31 with an indication for prophylactic antibiotic treatment with ceftriaxone. Thirty-five patients sustained a TBI and did not experience ventriculitis, and 5 patients developed ventriculitis. The detected pathogens are listed in Table 2. The mean time to infection was 11.6 ± 2.7 days (± SD) after trauma.
Inflammatory marker levels were normally distributed. The mean CSF IL-6 levels were significantly increased in patients at onset of ventriculitis (6519 ± 4268 pg/mL in patients with ventriculitis vs 1065 ± 1705 pg/mL in those without [p = 0.04]). The AUC for the IL-6 level in CSF for predicting ventriculitis was 0.938 (Fig. 1). The optimal threshold was 4064 pg/mL with a sensitivity of 100%, specificity of 92.3%, positive LR of 13.0, and negative LR of 0. The TLC level in CSF was significantly higher in patients with ventriculitis (883 ± 845/µL vs 13.5 ± 16.0/µL in patients without ventriculitis). The corresponding AUC for the TLC level in CSF was 0.900 (cutoff 64.5/µL, sensitivity 100%, specificity 80%, positive LR 5.0, and negative LR 0). Results for serum WBCC, serum IL-6, serum CRP, and CSF protein are given in Table 3. The diagnostic significance of each of these parameters was lower than that of the IL-6 level in CSF. The respective ROC curves are depicted in Fig. 1. The predictive potentials of the IL-6 level in CSF at 24 hours and 48 hours before the positive microbiological culture are depicted in Fig. 2. Scatterplots of each biomarker are provided in Fig. 3. A univariate analysis of risk factors for predicting EVD-associated ventriculitis is given in Table 4. No risk factor reached statistical significance. Figure 4 depicts the number of patients with an EVD per day.

**Discussion**

Nearly 2.5 million people per year are affected by TBI in the United States. Estimates predict that TBI will become the third most common cause of death and disability within the general population by 2020. Today, ICP monitoring is a safe and reliable method for ICP measurement with reported low complication rates (especially low infection rates). ICP monitoring is possible using an EVD or an ICP catheter. The indication for ICP monitoring is the lack of neurological assessment of a patient (Glasgow Coma Scale score 3–8) due to a TBI or drainage of acute hydrocephalus through an EVD. Since ICP monitoring has not been proven superior to imaging and clinical examination, the avoidance and early detection of device-associated infections is of central importance. This could prevent permanent device-associated secondary neurological deficits.

In line with previous TBI studies, the patients included in our study represent a typical adult patient cohort with severe TBI. Similar mechanisms of injury, types of injury, ventriculitis rates, and rates of patients with polytrauma have been reported previously. Nevertheless, based on the inclusion criteria of this study, our patients tended to have sustained more-severe TBI than patients in the STITCH[Trauma] trial; the severity of TBI in our patients was similar to that of those in the BEST:TRIP trial. Approximately 60% of patients with severe TBI need

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**TABLE 1. Patient characteristics**

| Mechanism of injury               | No. of Patients (%) |
|-----------------------------------|---------------------|
| Multiple trauma*                  | 18 (45)             |
| Isolated TBI                      | 22 (55)             |
| Treatment                         |                     |
| Decompressive craniectomy          | 13 (33)             |
| Other neurosurgical procedure     | 2 (5)               |
| EVD ± Codman Microsensor          | 25 (63)             |
| Open head injury/acute traumatic pneumatocephalus† | 17 (43) |
| Closed head injury                | 23 (57)             |
| Types of leading intracranial injury |                   |
| SDH                               | 17 (43)             |
| EDH                               | 3 (8)               |
| IPH                               | 16 (40)             |
| SAH                               | 4 (10)              |
| Mechanism of injury               |                     |
| Fall                              | 19 (48)             |
| MVA                               | 4 (10)              |
| MV/ped                            | 2 (5)               |
| MCA                               | 3 (8)               |
| Bicycle                           | 7 (18)              |
| Suicidal head shot                | 2 (5)               |
| Fight                             | 1 (3)               |
| Buried in construction debris     | 2 (5)               |
| Pupillomotor function             |                     |
| Unilateral unreactive pupils      | 11 (28)             |
| Bilateral unreactive pupils       | 7 (18)              |
| GCS score on admission            |                     |
| 15                                | 0 (0)               |
| 14                                | 0 (0)               |
| 13                                | 0 (0)               |
| 12                                | 0 (0)               |
| 11                                | 1 (3)               |
| 10                                | 3 (8)               |
| 9                                 | 7 (18)              |
| 8                                 | 3 (8)               |
| 7                                 | 1 (3)               |
| 6                                 | 1 (3)               |
| 5                                 | 0 (0)               |
| 4                                 | 0 (0)               |
| 3                                 | 24 (60)             |

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**TABLE 2. Isolated pathogens causing EVD-associated ventriculitis**

| Case No. | CSF | Gram Stain | EVD Tip |
|----------|-----|------------|---------|
| 1        | Staphylococcus epidermidis |            |        |
| 2        | Escherichia coli           |            |        |
| 3        | S. epidermidis             | S. epidermidis | S. epidermidis |
| 4        | S. epidermidis             |            |        |
| 5        | Propionibacterium acnes    |            |        |

EDH = epidural hematoma; IPH = intraparenchymal hemorrhage; MCA = motorcycle accident; MVA = motor vehicle accident; MV/ped = pedestrian struck by motor vehicle; SDH = subdural hematoma.

* Injury Severity Score ≥ 16.
† Perforation of the scalp, fracture of the skull with or without rupture of the hard meninges, or CT scan with air inclusions situated in the extradural, subdural, subarachnoid spaces, or in the brain parenchyma.
FIG. 1. ROC curves of serum and CSF markers for differentiating EVD-associated ventriculitis from an aseptic course.
an EVD;\(^{8}\) of these patients, between 1\% and 30\%;\(^{15,28,34}\) develop EVD-associated ventriculitis. EVD-associated ventriculitis contributes significantly to the high morbidity and poor outcome of ICU patients.\(^{14}\) Therefore, it is essential to detect and treat ventriculitis at an early stage.\(^{15}\) This may avoid ventriculitis-associated sequela, shorten hospital stay, and save costs for the healthcare system.

Currently, CSF culture remains the gold standard for diagnosing bacterial meningitis and is positive in 70\%–85\% of cases prior to antibiotic administration.\(^{2,17}\) However, patients with TBI and an EVD frequently receive periprocedural antibiotic prophylaxis, thereby reducing the diagnostic value of microbiological CSF samples.\(^{14,17}\) Moreover, in the early phase after severe TBI, patients are severely ill and need antibiotic treatment for various indications (e.g., infections of the lung, urinary tract infections, sepsis), which may further reduce the diagnostic value of microbiological CSF samples.\(^{15}\) In addition, it takes at least 48 hours for routine CSF cultures to yield results, limiting their clinical use acutely.\(^{17}\)

Here, we sought to identify the diagnostic potential of routine inflammatory markers in CSF and serum for early detection of ventriculitis after TBI and EVD implantation. We presented ROC curves and thresholds of common serum and CSF biomarkers on the day of onset of EVD-associated ventriculitis compared with noninfectious controls, which can support clinical decision-making. We identified IL-6 in the CSF to be a diagnostic marker with high diagnostic potential and a cutoff value of 4064 pg/mL for diagnosing EVD-associated ventriculitis in TBI patients. The respective values for IL-6 in serum did not reach similar diagnostic power. Moreover, IL-6 in CSF was a useful early predictive marker 24 hours before EVD-associated ventriculitis became manifest.

To the best of our knowledge, the diagnostic power of IL-6 for early diagnosis of EVD-associated ventriculitis after TBI has not been defined for clinical routine use so

| TABLE 4. Univariate analysis of risk factors for ventriculitis in patients with TBI and an EVD |
|---------------------------------|-----------------|-----------------|-----------------|
| Ventriculitis Group | No Ventriculitis Group | p Value |
| No. of patients | 5 | 35 |
| Mean age ± SD, yrs | 56 ± 16 | 57 ± 21 | 0.922 |
| Sex (male/female) | 4/1 | 29/6 | 0.683 |
| Antibiotics during ICU stay | 5 | 35 | 0.953 |
| Secondary infarction | 1 | 2 | 0.298 |
| Seizure | 1 | 2 | 0.386 |
| Shunt dependency | 1 | 1 | 0.195 |
| Immunosuppression | 0 | 0 | 0.877 |
| Moderate TBI* | 2 | 9 | 0.716 |
| Severe TBI† | 3 | 26 | 0.384 |
| Sepsis | 1 | 6 | 0.567 |
| Aspiration | 2 | 11 | 0.411 |
| No comorbidities | 1 | 11 | 0.727 |

\* GCS scores 9–12. † GCS scores 3–8.
far. However, its diagnostic significance can be derived from other neurological diseases.

One study investigated the role of IL-6 in CSF for predicting postoperative EVD-associated ventriculitis after neurosurgical procedures. IL-6 in CSF was significantly increased in patients with ventriculitis, and it had a moderate diagnostic potential for diagnosing ventriculitis on the day of fever rise. The calculated optimal cutoff value was similar to ours. Moreover, the usefulness of IL-6 in CSF for diagnosing ventriculitis has been shown in several studies of patients with aneurysmal SAH. Again, the diagnostic potential of IL-6 in CSF and respective cutoff values were in line with our results. It has been concluded that IL-6 in CSF after SAH could be an early marker for predicting ventriculitis. However, conflicting results have been shown regarding the usefulness of IL-6 in CSF for diagnosing bacterial meningitis in children and adults.

In addition to its diagnostic potential for early diagnosis of ventriculitis, IL-6 in CSF has also been investigated regarding its association with injury severity and neurological outcome. Initially, a neuroprotective effect by elevated IL-6 concentrations in CSF after TBI with improved clinical outcome was assumed. Two more recent studies show, however, that persistently elevated IL-6 concentrations in CSF after TBI with improved clinical outcome was assumed. Two more recent studies show, however, that persistently elevated IL-6 concentrations in CSF correlate with injury severity and increase the odds for unfavorable global outcome. In particular, IL-6 concentrations higher than 2000 pg/mL in CSF have a direct prognostic significance for predicting worse neurological outcome after TBI. This threshold is about half as high as the cutoff value for predicting ventriculitis after TBI. Vasospasm can also potentially occur in the context of TBI. Vasospasm has been shown to increase CSF IL-6 levels in SAH patients. This must also be considered in the assessment of CSF IL-6 increases in TBI patients.

The role of routinely determined biomarkers in the CSF such as TLC, percentage of neutrophils, glucose, and protein for diagnosing ventriculitis after TBI is unclear. While many biomarker studies did not include patients with TBI, our literature search identified 3 main studies that included subpopulations of patients with TBI and examined CSF inflammatory markers for diagnosing ventriculitis. In our study, TLC in CSF was significantly increased in patients with ventriculitis and had a very good diagnostic potential for predicting EVD-associated ventriculitis (cutoff value 64.5 µL). This finding is in line with those of previous reports. Two studies confirmed significantly increased TLC in patients with ventriculitis, but results regarding glucose, protein, and percentage of neutrophils in CSF or serum markers WBCC and CRP were not conclusive. Another recently published study showed that the cell index (ratio of leukocytes to erythrocytes in CSF and leukocytes to erythrocytes in the peripheral blood) had a good diagnostic potential for predicting ventriculitis. Since the TLC in CSF already showed good diagnostic potential for diagnosing ventriculitis in this and other studies of TBI patients, it remains unclear whether the determination of the cell index could provide further diagnostic information.

Two studies about the diagnostic potential of biomarkers for diagnosing ventriculitis in patients with SAH reported a good diagnostic potential of TLC in CSF (cutoff value 635/µL), while one study with a consecutive cohort of patients with EVD detected no significant difference in the mean concentrations of TLC in CSF. The clinical value of protein in CSF for predicting ventriculitis is also unclear. One study reported moderate diagnostic potential for protein in CSF, and another reported no significant difference of mean protein concentrations in patients with or without ventriculitis. The percentage of neutrophils in CSF was a useful marker for predicting ventriculitis in 2 previous studies. Insufficient diagnostic potential has been described for serum IL-6 and WBCC. For serum

FIG. 2. ROC curves of the predictive potential of CSF IL-6 24 hours and 48 hours before positive culture.
CRP, the study situation is unclear. Good and insufficient diagnostic potential have been described so far.\textsuperscript{7,14,15,34} It is concluded that cutoff values of TLC in CSF for diagnosing ventriculitis differ widely in TBI and SAH patients, but the role of protein in CSF, percentage of neutrophils in CSF, serum CRP, and serum WBCC remains unclear in patients with TBI or SAH and deserves further investigation.

The strength of this study is the strict criteria for ventriculitis after TBI and the homogeneous study population of patients with TBI. Other studies have been limited by a heterogeneous study population of patients who experienced numerous types of brain injury (e.g., SAH, intracranial bleeding, intraventricular bleeding, craniotomy, EVD only).\textsuperscript{7,17,18,23,28,34} Limitations include that our study

**FIG. 3.** Scatterplots of serum and CSF inflammatory marker levels in infectious and aseptic patients.
was designed as a retrospective clinical study. Therefore, data acquisition may not have been as accurate as that in prospective clinical studies. A high percentage of TBI patients had an acute traumatic pneumocephalus. These patients received prophylactic antibiotic treatment with ceftriaxone. Furthermore, all patients underwent perioperative antibiotic prophylaxis with cefuroxime prior to EVD implantation. Antibiotic treatment lowers the sensitivity of microbiological testing, especially in patients with ventriculitis. Patients with culture-negative ventriculitis may have been misclassified as not having bacterial ventriculitis in this study. This is a common problem of inflammatory marker studies. In addition, the contamination of microbiological samples is a common problem in clinical routine. Despite all the precautions described in Methods, contamination can never be safely excluded. However, we think that we have captured the inflammatory marker levels in a representative and exactly defined study population that was treated by a strictly standardized operating procedure.

Conclusions

Diagnosing EVD-associated ventriculitis in patients with TBI at an early stage is challenging. Daily supervision of clinical symptoms in sedated patients and daily determination of biomarker levels in the CSF may be essential. IL-6 in CSF is significantly increased after TBI in patients with ventriculitis. Patients with a CSF IL-6 level greater than 4064 pg/mL have a drastically increased post-test probability for ventriculitis. Future prospective studies will show whether additional inflammatory markers in the CSF can further increase the diagnostic accuracy of current inflammatory markers.

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Disclosures
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Conception and design: Lenski, Biczok, Tonn, Briegel, Thon. Acquisition of data: Lenski, Biczok, Neufischer, Briegel. Analysis and interpretation of data: Lenski, Briegel, Thon. Drafting the manuscript: Lenski, Tonn, Briegel, Thon. Reviewed submitted version of article: Lenski, Tonn, Briegel, Thon. Critically revising the article: Lenski, Briegel, Thon. Drafting the article: Lenski, Tonn, Briegel, Thon. Reviewed submitted version of manuscript: Briegel, Thon. Study supervision: Thon.

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