Inventory of Rare, Endangered and Threatened (RET) Plant Species in Maruthamalai Hills, Western Ghats of Tamilnadu, South India

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Abstract
The present study deals with identification of rare, endanger and threatened plants in Maruthamalai Hills, part of Southern Western Ghats of Coimbatore District, Tamilnadu. In this investigation 30 rare, endangered and threatened (RET) plant species belong to 15 families were identified and documented. Names of plants and RET category were gathered from IUCN annual reports and standard research articles. Enumerated plants were categorized in rare, endangered, endemic and threatened, species such as Caralluma bicolor, Terminalia arjuna, Ceropegia juncea, Rubia cordifolia, Celastrus paniculatus, Gloriosa suberpa, Gymnema sylvestres and so on. Finally it has been suggested that the RET medicinal plants are need to be proper conservation and management plans before it lost forever.

Key words: Medicinal plants, Caralluma bicolor, endangered, conservation.

Introduction
In India, there are over 17,500 species of higher plants, 64 gymnosperms, 1,200 pteridophytes, 2,850 bryophytes, 2,021 lichens, 15,500 fungi and 6,500 algae were reported. India is rich in its own flora that is, endemic plant species (5,725 angiosperms, 10 gymnosperms, 193 pteridophytes, 678 bryophytes, 260 liverworts, 466 lichens, 3,500 fungi and 1,924 algae) (Sanjappa, 2005). The important advantages claimed for therapeutic uses of medicinal plants in various ailments are their safety besides being economical, effective and their easy availability (Atal and Kapoor, 1989; Siddiqui, 1993). Now a day’s numerous medicinal plants are used to cure several diseases in developing countries. The aromatic medicinal plants are containing large amount of secondary metabolites and essential oils of traditional and therapeutic importance. So many desirable drugs are isolated from various types of plant parts like root, leaf and stem. Several local people still depended on the medicinal plants for their primary healthcare and treatment of various diseases (Samydurai et al., 2012).

The Ministry of Environment and Forest (MoEF) of Indian Government has identified and documented approximately 9500 plant species, which plays an important role in the pharmaceutical industry. As estimated by the Exim Bank,
the international market of medicinal plants related trade showed that the use of these plants had a growth rate of 7% per annum and the annual cost of usage of these plants is valued as 1200 million (Jose et al., 2001). According to Sarasan et al. (2006), more than eight thousand plant species were added to the International Union for the Conservation of Nature Resources (ICUN) and a RET list of Threatened Species during the period 1996-2004. During the same period, these authors noted that the number of plants recorded as “critically endangered” are increased by over 60%. The International Union for the Conservation of Nature (ICUN) and the World Wildlife Fund (WWF) estimated that up to 60,000 higher plant species could become extinct or nearly extinct by the year 2050, if the current trends of utilization continue (Etkin, 1998; Phani Kumar et al., 2011).

A rare species are one with small population that is not presently endangered but is at risk, an endangered species is one, which is in danger of extinction throughout all or of a significant portion of its range and a threatened species is one, which is likely to become endangered in the foreseeable future (IUCN, 1978; Bryde, 1979; Nayar and Sastry, 1990). The current trend toward increased commercialization has resulted in overharvesting of some medicinal plants, many of which have become threatened. Threatened medicinal plant species have become the focus of world attention because they represent vanishing flora in need protection and conservation and because of their role as an essential commodity for health care (Gustafsson et al., 2002; Kala, 2002). The present investigation was carried out to explore the distribution of rare, endemic, endangered and threatened (RET) category plant species in Marudhamalai hills, Western Ghats of Tamil Nadu, India. These kinds of plants are in need of proper conservation and management plans for its medicinal properties and medicinal plant resources before it lost forever.

Materials and methods

Study area

Maruthamalai hills, part of Western Ghats in Coimbatore district of Tamil Nadu lies between 76°45' and 76°55' E and 11°0' and 11°5' N (Fig. 1). The forest type of this region is dry deciduous (Champion and Seth, 1968). Annual rainfall is around 450mm and temperature in a year is varying...
between 17°C and 38°C. The hills occupy the altitudinal range between 450 and 975 msl. The soil is generally shallow with sandy loam texture and rocky substratum is available at steeply area (Paulsamy, 2011).

The survey was carried out during the month of January 2012 to April 2013 on visited various seasons and observed distribution of plant species. On the basis of RET plants identification and collection from different area of Maruthamalai hills as well as carefully documented. The plants are enumerated alphabetically with their botanical name with author citation, family name; habit/life form by referring to standard flora (Gamble and Fischer, 1915-36; Matthew, 1983; Nair and Henry, 1983; Chandrabose and Nair, 1988) and threat status referred by CAMP, IUCN plants list and discussed specific research situation. Plants were identified and confirmed with the authentic herbarium of Botanical Survey of India (Southern Circle), Coimbatore. Plants were initially identified by their vernacular name through consultation with the local people. The voucher specimens were deposited in the Department of Botany, Kongunadu Arts and Science College (Autonomous), Coimbatore, Tamilnadu, India.

**Results and discussion**

The results of the study have revealed that 30 plant species belonging to 16 families 28 genera (Tab. 1). Among them 11 were herbs, 7 were trees, 8 were climbers and 4 shrubs. In the present study the maximum number of rare, endangered and threatened medicinal plant species belongs to the family Asclepiadaceae they cover 9 species, followed by Acanthaceae and Fabaceae families are each 3 species are in RET list category. In Rubiaceae and Liliaceae families, each two species were documented and other families like Angiaceae, Commelinaceae, Meliaceae, Euphorbiaceae, Mimosaceae, Burseraceae, Sterculiaceae, Cycadaceae, Combretaceae, Celastraceae and Santalaceae, each one species were listed. Among the 30 species divided into various categories of RET plant listed out, 15 were rare (R), 6 were endemic (E), 2 were Vulnerable (VU), 1 was lost near critical endangered (C. EN), 4 were endangered (EN), 1 was lost near threatened (NT), 1 was threatened (T) were observed in our study area of Maruthamalai hills (Fig. 2).

Gritto *et al.* (2012) reported that the RET plant species surveyed in Pachamalai hills had identified 15 plant species are RET categories such as, *Santalum album, Decalepis hamiltonii, Terminalia arjuna and Gloriosa superba* were mentioned threatened (T), near threatened (NT) and endangered (EN). Pattanaik *et al.* (2009) also reported RET species like *Celastrus paniculatus, Cycas beddomei, Decalepis hamiltonii, Gloriosa superba and Santalum album* were declared as RET listed by IUCN in the Eastern Ghats of Orissa. Marudhamalai hills have rich biodiversity and it has large amount of medicinal plants which are used to cure the various diseases. Suitable microclimatic condition may be attributed for rich diversity of taxa in the study area throughout the hill range from foothills to top (Paulsamy, 2011). Recently, many researchers were documented in Maruthamalai hills had nearly 15 species rare and endemic medicinal plant species used by the tribal peoples and traditional healers (Jayanthi *et al*., 2011; Paulsamy, 2011; Sarvalingam *et al*., 2012; Sindhuja *et al*., 2012).
Table 1. List of plant species

| SN | Binominal name                            | Family       | Habitat /life form | Ecological status | Flower/ Fruiting | Source                                      |
|----|------------------------------------------|--------------|--------------------|-------------------|------------------|---------------------------------------------|
| 1  | *Adenanthera pavonina* L.                | Mimosaceae   | Tree               | R                 | Mar-Aug          | Sarvalingam et al. (2012)                   |
| 2  | *Alangium salvifolium* (L.F.) Wang.      | Alangiaceae  | Tree               | R                 | Mar-Jun          | Jayanthi et al. (2011)                      |
| 3  | *Andrographis echinoides* Nees           | Acanthaceae  | Herb               | R                 | Oct-Dec          | Jayanthi et al. (2011)                      |
| 4  | *Asparagus fysomii* J.F. Macbr            | Liliaceae    | Shrub              | R                 | Nov-Apr          | Prabhukumar et al. (2013)                   |
| 5  | *Barleria baxifolia* L.                  | Acanthaceae  | Herb               | E                 | Nov-Mar          | Sindhuja et al. (2012), Prabhukumar et al. (2012) |
| 6  | *Barleria acuminata* Wight.              | Acanthaceae  | Herb               | E                 | Nov-Mar          | Sindhuja et al. (2012), Prabhukumar et al. (2013) |
| 7  | *Caralluma bicolor* VS. Ramach.et al     | Asclepiadaceae | Herb             | E                 | Sep-May          | Prabhukumar et al. (2013)                   |
| 8  | *Caralluma indica* (Wight &Arn.) N.E.Br. | Asclepiadaceae | Herb             | R                 | Sep-May          | Prabhukumar et al. (2013)                   |
| 9  | *Ceropegia juncea* Roxb.                 | Asclepiadaceae | Climber          | R                 | Oct-Mar          | Murthy et al. (2012)                        |
| 10 | *Ceropegia candelabrum var bifora* (L.) Ansari | Asclepiadaceae | Climber          | R                 | Aug-Dec.         | Murthy et al. (2012)                        |
| 11 | *Celastrus paniculatus* Wild.            | Celastraceae | Climber           | NT                | Nov-Mar          | Pattanaik et al. (2009)                     |
| 12 | *Commiphora wightii* (Arn.)              | Burseraceae  | Shrub              | EN                | Sep-Jan          | IUCN (2010)                                |
| 13 | *Cynotis tuberosa* (Roxb.) Schult        | Commelinaceae | Herb            | E                 | Jun-Aug          | Sindhuja et al. (2012)                      |
| 14 | *Cipadessa buccifera* (Roxb.)            | Meliaceae    | Shrub              | R                 | Nov-Apr          | Jayanthi et al. (2011)                     |
| 15 | *Cycas beddomei* Dyer.                   | Cycadaceae   | Tree               | C.EN              | Jul-Dec          | Pattanaik et al. (2009)                     |
| 16 | *Decalepis hamiltonii* Wight.& Arn.      | Asclepiadaceae | Climber          | EN                | Aug-May          | Pattanaik et al. (2009), Nandhagopalan et al. (2012) |
| 17 | *Gloriosa superba* L.                    | Liliaceae    | Climber           | EN/NT             | July-Oct         | Pattanaik et al. (2009), Nandhagopalan et al. (2012) |
| 18 | *Gymnema sylvestre* (Retz.) R.Br. ex Schult. | Asclepiadaceae | Climber          | VU                | Apr-May          | Pattanaik et al. (2009)                     |
| 19 | *Helicteres isora* L.                    | Sterculiaceae | Tree              | R                 | Dec-Mar          | Sarvalingam et al. (2012)                   |
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| No. | Species Name                      | Family         | Life Form | Status | Flowering Period | Authors/References                   |
|-----|----------------------------------|----------------|-----------|--------|------------------|-------------------------------------|
| 20  | *Hemidesmus indicus* (L.) R. Br  | Asclepiadaceae | Herb      | R      | Nov-Feb          | Arul Manikandan (2005)              |
| 21  | *Indigofera uniflora* Buch.      | Fabaceae       | Herb      | E      | Jun-Nov          | Sindhuja et al. (2012)              |
| 22  | *Mundulea sericea* (Willd.) A. Chev. | Fabaceae       | Shrub     | R      | Nov-Jan          | Sarvalingam et al. (2012)          |
| 23  | *Phyllanthus reticulatus* Poir   | Euphorbiaceae  | Herb      | R      | Nov-Feb          | Sarvalingam et al. (2012)          |
| 24  | *Pterocarpus marsupium* Roxb.    | Fabaceae       | Tree      | R      | Nov-Apr          | Sarvalingam et al. (2012)          |
| 25  | *Rubia cordifolia* L.            | Rubiaceae      | Herb      | VU     | Jun-Aug          | Pattanaik et al. (2009)            |
| 26  | *Santalum album* L.              | Santalaceae    | Tree      | NT/EN  | Dec-Apr          | Pattanaik et al. (2009), Nandhagopalan et al. (2012) |
| 27  | *Spermacoca hispida* L.          | Rubiaceae      | Herb      | E      | Jul-Oct          | Sindhuja et al. (2012)             |
| 28  | *Terminalia arjuna* (Roxb.) ex. DC. W&A. | Combretaceae | Tree      | T      | Mar-June/ Sep-Nov | Nandhagopalan et al. (2012)         |
| 29  | *Tylophora indica* (Burn. f.) Merr. | Asclepiadaceae | Climber   | R      | Aug-Mar          | Sarvalingam et al. (2012)          |
| 30  | *Wattakaka volubilis* (Linn. f.) Benth ex. Hook f. | Asclepiadaceae | Climber   | R      | Aug-Mar          | Udhayasankar et al. (2012)         |

Figure 2. Invention of rare, endanger and threatened (RET) plant species in Maruthamalai Hills, Coimbatore district, Western Ghats of Tamilnadu, South India. a- Ceropegia candelabrum var biflora, b- Ceropegia juncea, c- Gymnema sylvestre, d- Andrographis echinoids, e- Rubia cardifolia, f- Decalepis hamiltonii.
Most of the plants which are known to have medicinal proprieties and categorized into RET status. This lack of effort to draw resources may result in their depletion from natural habitats. There is great need to create awareness among the indigenous communities about endangered medicinal plants, if over exploited to meet market demand (Choudhary et al., 2008). Even today, tribes and some community practice herbal medicine to cure a variety of disease and disorders. They collect and preserve locally available wild species, unaware of the fact that some of the species are endemic or some in the RET category. They are not aware about the importance of such species, which need aware to conserve wild populations without lost.

**Conclusion**

The findings of the present study documented the RET listed plant species, that species are closely contact with tribal community and also drug industries. Over exploitation of these species may cause the dangerous period of nature. By conducting the awareness program among the tribal’s, we can promote the knowledge about importance of diversity and also can conserve the RET plants. We trained to make the herbal garden and proper cultivation of important RET plants like, Decalepis hamiltonii, Gymnema sylvestre, Gloriosa superba and Hemidesmus indicus to give them livelihood.

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