Dehydroepiandrosterone inhibits cell proliferation and improves viability by regulating S phase and mitochondrial permeability in primary rat Leydig cells

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Abstract. Dehydroepiandrosterone (DHEA) is widely used as a nutritional supplement and exhibits putative anti-aging properties. However, the molecular basis of the actions of DHEA, particularly on the biological characteristics of target cells, remain unclear. The aim of the current study was to investigate the effects of DHEA on cell viability, cell proliferation, cell cycle and mitochondrial function in primary rat Leydig cells. Adult Leydig cells were purified by Percoll gradient centrifugation, and cell proliferation was detected using a Click-iT® EdU Assay kit and cell cycle assessment performed using flow cytometry. Mitochondrial membrane potential was detected using JC-1 staining assay. The results of the current study demonstrate that DHEA decreased cell proliferation in a dose-dependent manner, whereas it improved cell viability in a time-dependent and dose-dependent manner. Flow cytometry analysis demonstrated that DHEA treatment increased the S phase cell population and decreased the G2/M cell population. Cyclin A and CDK2 mRNA levels were decreased in primary rat Leydig cells following DHEA treatment. DHEA treatment decreased the transmembrane electrical gradient in primary Leydig cells, whereas treatment significantly increased succinate dehydrogenase activity. These results indicated that DHEA inhibits primary rat Leydig cell proliferation by decreasing cyclin mRNA level, whereas it improves cells viability by modulating the permeability of the mitochondrial membrane and succinate dehydrogenase activity. These findings may demonstrate an important molecular mechanism by which DHEA activity is mediated.

Introduction

Dehydroepiandrosterone (DHEA), an intermediate produced during the biosynthesis of steroids hormones, is secreted by the adrenal cortex in an age-dependent manner (1). Previous studies have demonstrated that DHEA exerts numerous beneficial effects, including prevention of obesity (2), cancer (3), atherosclerosis (1) and age-induced changes to the brain (4). The decrease in DHEA levels with age is of significant clinical interest as DHEA reduction is associated with physical health. In the United States, DHEA is widely used as a non-prescribed dietary supplement (5).

The exact mechanisms of DHEA action remain unknown, however, it may function through conversion to active steroid hormones or effect certain metabolic enzymes, such as glucose-6-phosphate dehydrogenase (G6PD) (6). DHEA is a pro-hormone and is rapidly converted into testosterone and estradiol within peripheral target tissues (7). A previous investigation demonstrated that serum testosterone and estradiol contents were markedly increased in male rats following treatment with DHEA (8). Additionally, previous observations suggested that restoration of DHEA may alter hormone contents resulting in anti-aging effects (9). However, the action of DHEA on the biological characteristics of Leydig cells, which is major cell type involved in DHEA biotransformation, remains unclear.

Previous studies have demonstrated that DHEA exerts anti-proliferative effects in animal tumor models and in malignant cell lines (10-12) through its inhibitory effects on G6PD activity, which is essential for cell growth (6,11). A previous study demonstrated that DHEA inhibits 3T3-L1 cell proliferation, which was associated with G1 phase cell cycle arrest (13). Zapata et al (14) demonstrated that DHEA inhibits mesodermal cell proliferation. In addition to metabolic regulation, mitochondria are also critical for modulating other cellular functions. Correa et al (15) demonstrated that DHEA inhibits malate-glutamate oxidation by blocking Site I electron transport in the respiratory chain, and induces mitochondrial swelling and transmembrane electrical gradient collapse in isolated rat kidney mitochondria. However, the mechanism of the effects of DHEA on mitochondrial function is not fully understood.

Key words: DHEA, cell proliferation, cell viability, mitochondrial function, leydig cell
It has been previously reported that the biosynthesis and secretion of most androgen occurs in Leydig cells. A previous study in Leydig cells suggested that functional changes to the cells, rather than loss, cause the serum testosterone level reduction (8). However, the molecular mechanisms underlying the DHEA mode of action in primary rat Leydig cells remain to be identified. The present study aimed to investigate the effect of DHEA on cell proliferation and mitochondrial function in primary rat Leydig cells. This investigation is important to fully elucidate the cellular mechanisms of DHEA activity and its effects in vivo.

Materials and methods

Animal and materials. Male Sprague-Dawley rats weighing 200±20 g were purchased from Shanghai Experimental Animal Center of the Chinese Academy of Sciences (Shanghai, China). DHEA, dimethyl sulfoxide (DMSO), penicillin, streptomycin, trypsin and Percoll were purchased from Sigma-Aldrich (St. Louis, MO, USA). Transferrin, L-glutamine and 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES) were obtained from Amresco, LLC (Solon, OH, USA). Methyl thiazolyl tetrazolium (MTT) was obtained from Sunshine Biotech International Co., Ltd. (Bengbu, China). Dulbecco's modified Eagle's medium (DMEM)-F12 and fetal bovine serum (FBS) were purchased from Hyclone (GE Healthcare Life Sciences, Logan, UT, USA). Click-iT EdU Imaging kits were purchased from Thermo Fisher Scientific, Inc. (Waltham, MA, USA). TRIZol reagent was purchased from Invitrogen (Thermo Fisher Scientific, Inc.). M-MLV reverse transcriptase, RNase inhibitor and dNTP mixture were obtained from Promega Corporation (Madison, WI, USA), and SYBR Green PCR Master Mix was purchased from Takara Biotechnology Co., Ltd. (Dalian, China). Propidium iodide cell cycle assay kit was obtained from Multi Sciences (Lianke) Biotech Co., Ltd. (Hangzhou, China), and 5', 6,6'-tetrachloro-1',1',3',3'-tetraethyl benzimidazol carboxycyanineiodide (JC-1) lipophillication kit, mitochondrial membrane potential (ΔΨm) detection kits and bicinchoninic acid protein assay kits were obtained from the Beyotime Institute of Biotechnology (Haimen, China).

Primary Leydig cell culture. Male rats (2 months old) were housed individually under a constant temperature of 25°C and 56-60% humidity, with a 12 h light-dark cycle. All animal handling procedures were performed in strict accordance with guide for the Care and Use of Laboratory Animals Central of the Nanjing Agricultural University (Nanjing, China). The protocol was approved by the Institutional Animal Care and Use Committee of the Nanjing Agricultural University (Nanjing, China). Rats were killed by decapitation and Leydig cells were isolated by enzymatic digestion and purified using discontinuous Percoll gradient according to the method previously described by Murugesan et al (16). The purity of Leydig cells was assessed by 3β-hydroxysteroid dehydrogenase histochemical localization according to the method previously described by Aldred and Cooke (17), and using trypan blue dye exclusion to determine the viability of purified Leydig cells. Subsequently, cells were cultured in DMEM-F12 supplemented with 10% FBS, 5 mg/ml transferrin, 2 mM L-glutamine, 1.75 mM HEPES, 100 IU/ml penicillin and 100 mg/ml streptomycin in an atmosphere of 95% air and 5% CO2 at 37°C.

Cell viability assay. Primary Leydig cells were seeded in 96-well plates at a density of 1x10^4 cells/well and treated with 0, 1, 50, 100 or 200 µM DHEA for 6, 12, 24 or 48 h before MTT assay. In brief, 20 µl MTT (5 mg/ml) was added to each well, and the plate was incubated for 4 h. Culture medium was removed and the blue formazan crystals were dissolved in 50 µl DMSO, then the optical density (OD490 nm) was measured using a model 550 microplate reader (Bio-Rad Laboratories, Inc., Hercules, CA, USA).

EdU-based cell proliferation assays. Cell proliferation assays were performed using a Click-iT EdU assay kit according to the manufacturer's instructions. Briefly, the cells were plated at a density of 1x10^4 cells/well for 24 h. Fresh medium supplemented with 0, 1, 50 or 100 µM DHEA was added in each well, the cells were cultured for 24 h, then 100 µl 5'-ethynyl-2'-deoxyuridine (EdU) solution was added at a 50 µM final concentration for 2 h. Cells were harvested and collected into 3 ml PBS containing 1% bovine serum albumin (GE Healthcare Life Sciences), centrifuged at 1,500 x g for 10 min at 4°C and fixed with 100 µl 4% formaldehyde for 15 min. Following formaldehyde fixation, cells were washed and then incubated with 100 µl saponin-based permeabilization buffer for 15 min. Cells were then incubated with 500 µl Click-iT reaction buffer for 1 h and washed with 3 ml permeabilization buffer. EdU-stained cells were mounted and imaged by fluorescence microscopy.

Flow cytometry analysis of the cell cycle. Primary rat Leydig cells were plated in 6-well plates (1x10^6 cells/well) and treated with 0, 1, 50 or 100 µM DHEA for 6, 12, 24 or 48 h. Cells were then trypsinized, harvested and fixed in 1 ml 80% cold ethanol and incubated at 4°C for 15 min. The cells were then centrifuged at 1,500 x g for 5 min. The cell pellets were re-suspended in 500 µl propidium iodine (50 µg/ml) containing 5 U RNase and incubated on ice for 15 min. Cell cycle distribution was calculated from 10,000 cells with ModFit LT software (Verity Software House, Inc., Topsham, ME, USA) using a FACSCaliber flow cytometer (BD Biosciences, Franklin Lakes, NJ, USA).

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). Primary rat Leydig cells were cultured in 6-well plates (1x10^6 cells/well) and treated with 1, 50 or 100 µM DHEA for 24 h. The cells were then harvested and total RNA was extracted using TRIZol reagent according to the manufacturer's instructions. RT was performed on 2 µg total RNA by incubation for 1 h at 37°C in a 25 µl mixture consisting of 100 U M-MLV reverse transcriptase, 8 U RNase inhibitor,
0.5 µg of oligo dT, 50 mM Tris-HCl (pH 8.3), 3 mM MgCl₂, 75 mM KCl, 10 mM dithiothreitol and 0.8 mM dNTP.

An aliquot of cDNA sample was mixed with 25 µl SYBR Green PCR Master Mix (Takara Biotechnology Co., Ltd.) and 10 pmol forward and reverse primers for β-actin (internal control), cyclin-dependent kinase 2 (CDK2), cyclin A and cyclin B (Table I), and then it was subjected to PCR under standard conditions. All samples were analyzed in duplicate using the ABI Prism 7300 Sequence Detection System (Applied Biosystems; Thermo Fisher Scientific, Inc.) and programmed to conduct one cycle of 95˚C for 1 min, then 40 cycles of 95˚C for 30 sec, 60˚C for 30 sec and 72˚C for 40 sec. The 2^−ΔΔCq method was used to calculate the fold change in mRNA levels (18). The primer sequences were designed according to the published guidelines (19) or using Primer Premier (version 5; Premier Biosoft International, Palo Alto, CA, USA), and synthesized by Takara Biotechnology Co., Ltd.

### Table I. Primer sequence of β-actin and targeted genes.

| Genbank accession number | Primer sequence (5'-3') | Orientation | Product size (bp) |
|--------------------------|-------------------------|-------------|------------------|
| β-actin                  | CCCTGTGCTGCTACCGA       | Forward     | 186              |
|                          | ACAGTGTCGGTGACCCCGTC    | Reverse     |                  |
| Cyclin A                 | ATGTCACACCCGAAAAAGTA    | Forward     | 154              |
|                          | GGGACGTGCTACATCATGTTAT  | Reverse     |                  |
| Cyclin B                 | CTGACCCCAACCGCTGTA      | Forward     | 109              |
|                          | GTCACTTCACGACCCTGTT     | Reverse     |                  |
| CDK2                     | CCTTCTTCTCCAGATGTTGA    | Forward     | 124              |
|                          | AGCAGAAGGCTGACCTGT      | Reverse     |                  |

CDK2, cyclin-dependent kinase 2.

### Table II. Impact of DHEA on primary rat Leydig cell viability (optical density 490).

| Group (µmol/l) | Incubation time |
|---------------|-----------------|
|               | 6 h             | 12 h            | 24 h           | 48 h           |
| Control       | 0.311±0.018     | 0.722±0.022     | 0.867±0.048    | 1.226±0.030    |
| 0.1           | 0.309±0.037     | 0.731±0.034     | 0.984±0.01b    | 1.289±0.036b   |
| 1.0           | 0.312±0.019     | 0.690±0.023     | 1.028±0.040b   | 1.395±0.033b   |
| 10.0          | 0.307±0.019     | 0.804±0.050     | 1.236±0.039b   | 1.799±0.037b   |
| 50.0          | 0.422±0.037b    | 0.870±0.049b    | 1.295±0.019b   | 1.843±0.067b   |
| 100.0         | 0.520±0.023b    | 0.990±0.044b    | 1.222±0.044b   | 1.871±0.102b   |
| 200.0         | 0.766±0.033b    | 1.230±0.019b    | 1.270±0.042b   | 1.760±0.075b   |

Primary rat Leydig cells were incubated with various concentrations of DHEA (0.1 to 200 µmol/l) or control (0 µmol/l) for 6-48 h. Cell viability was detected by methyl thiazolyl tetrazolium reduction assay. Results are presented as the mean ± standard error (n=12). *P<0.05, **P<0.01 vs. vehicle. DHEA, dehydroepiandrosterone.

0.5 µg of oligo dT, 50 mM Tris-HCl (pH 8.3), 3 mM MgCl₂, 75 mM KCl, 10 mM dithiothreitol and 0.8 mM dNTP.

An aliquot of cDNA sample was mixed with 25 µl SYBR Green PCR Master Mix (Takara Biotechnology Co., Ltd.) and 10 pmol forward and reverse primers for β-actin (internal control), cyclin-dependent kinase 2 (CDK2), cyclin A and cyclin B (Table I), and then it was subjected to PCR under standard conditions. All samples were analyzed in duplicate using the ABI Prism 7300 Sequence Detection System (Applied Biosystems; Thermo Fisher Scientific, Inc.) and programmed to conduct one cycle of 95˚C for 1 min, then 40 cycles of 95˚C for 30 sec, 60˚C for 30 sec and 72˚C for 40 sec. The 2^−ΔΔCq method was used to calculate the fold change in mRNA levels (18). The primer sequences were designed according to the published guidelines (19) or using Primer Premier (version 5; Premier Biosoft International, Palo Alto, CA, USA), and synthesized by Takara Biotechnology Co., Ltd.

### Quantification of mitochondria. The method used in the present study was modified from the method described by Tang et al (20). Briefly, primary rat Leydig cells were cultured in 6-well plates (1x10⁶ cells/well) and treated with 1 µM, 50 µM and 100 µM DHEA. After 24 h, cells were fixed in 2.5% glutaraldehyde in 0.1 M sodium phosphate (pH 7.4) and centrifuged at 3000 x g for 3 min at 4°C. The cells were rinsed in 0.1 M sodium phosphate buffer and post-fixed in 1% osmium tetroxide in Millonig's buffer. Then, cell samples were processed by standard techniques for transmission electron microscopy (TEM) (21). Ultra-thin sections (60 nm) were stained with uranyl acetate and lead citrate and visualized using an H-7650 transmission electron microscope (Hitachi, Ltd., Tokyo, Japan). The number of mitochondria were counted in 15 independent cells of 30 randomly selected fields.

### Mitochondrial membrane permeability assay. A JC-1 ΔΨm detection kit was used to determine ΔΨm according to the manufacturer's protocol. Briefly, 2x10⁶ cells were collected and re-suspended in 0.5 ml medium. The cells were mixed thoroughly with 0.5 ml JC-1 dye and incubated at 37°C for 20 min in the dark prior to analysis using a flow cytometer (BD Bioscience). The JC-1 monomer and polymer have an excitation wavelength at 490 and 525 nm, and emission wavelength at 530 and 590 nm. Under low ΔΨm conditions, JC-1

Primary rat Leydig cells were incubated with various concentrations of DHEA (0.1 to 200 µmol/l) or control (0 µmol/l) for 6-48 h. Cell viability was detected by methyl thiazolyl tetrazolium reduction assay. Results are presented as the mean ± standard error (n=12). *P<0.05, **P<0.01 vs. vehicle. DHEA, dehydroepiandrosterone.
predominantly exists as a monomer and emits green fluorescence; while at high ΔΨm conditions, JC-1 forms aggregates and emits a red fluorescence. The average fluorescence intensity was calculated in 10 randomly selected fields using Image Pro Plus software, version 6.0 (Media Cybernetics, Inc., Rockville, MD, USA), and the 590/530 nm fluorescence intensity ratio was used as an index for ΔΨm.

### Analysis of succinate dehydrogenase activity.

Primary rat Leydig cells were cultured in 6-well plates (1×10⁶ cells/well) and treated with 1, 50 and 100 µM DHEA for 24 h. Following incubation, cells were harvested and sonicated, then centrifuged at 2500 x g for 10 min at 4°C. Supernatants were collected and succinate dehydrogenase activity determined by a continuous spectrophotometric method, according to...
manufacturer’s instructions (Jianchen Biotechnology Institution, Nanjing, China). Data were normalized to the sample protein concentration, as determined by a protein assay kit.

Statistical analysis. Data were analyzed with one-way analysis of variance and expressed as the mean ± standard error. Differences between individual groups were analyzed by Duncan’s multiple comparison tests. P<0.05 was considered to indicate a statistically significant difference. All statistical analyses were performed with SPSS software for Windows (version 13; SPSS, Inc., Chicago, IL, USA).

Results

Effect of DHEA on cell viability in primary Leydig cells. The present study determined the effect of DHEA on primary rat Leydig cell viability using the MTT method. As presented in Table II, cell viability was increased in the 50-200 µM DHEA-treated groups at 6-48 h compared with the control group (P<0.01). Additionally, cell viability was increased in presence of 0.1-10 µM DHEA at 24-48 h compared with the control group (P<0.01).

Effect of DHEA on cell proliferation in primary Leydig cells. According to cell viability results, DHEA concentrations of 1, 50 and 100 µM were used to treat primary rat Leydig cells in all subsequent experiments. The results demonstrated that DHEA significantly inhibited primary rat Leydig cell growth (Fig. 1). To confirm this result, a Click-iT EdU assay was used to examine the effect of DHEA on cell proliferation. As demonstrated in Fig. 2, proliferating primary rat Leydig cells that incorporated the nucleoside are red. Nuclei were counterstained with Hoechst 33342 (blue) and pink color in the merged image demonstrated the proliferating cells only. Our results showed that DHEA treatment markedly inhibited primary rat Leydig cell proliferation compared with controls in a dose-dependent manner.

Effect of DHEA on the cell cycle in primary Leydig cells. The cell cycle was evaluated by flow cytometry (Fig. 3 and Table III). After 48 h exposure to 50 µM DHEA, the cell population in S phase was significantly increased (P<0.01), whereas the population in G2/M was significantly decreased (P<0.01) compared with the control group. Furthermore, the S phase population was significantly increased (P<0.01) and
G2/M cell population decreased (P<0.01) compared with the control group following 100 µM DHEA incubation for 12-48 h in primary Leydig cells. No differences in the cell cycle were detected in 1 µM DHEA-treated primary Leydig cells compared with the control group (P>0.05).

**Effect of DHEA on cyclin mRNA levels in primary Leydig cells.** The level of cyclin mRNA was significantly decreased in the 100 µM DHEA-treated group compared with the control group (P<0.01; Fig. 4A). No significant change was observed in the cyclin B mRNA level (Fig. 4B), whereas the CDK2 mRNA level was significantly decreased in the 1 µM (P<0.05) and 100 µM (P<0.01) DHEA-treated groups compared with the control group (Fig. 4C).

**Morphological observations and quantization of mitochondria.** The histological organization of cultured primary Leydig cells was not altered by DHEA treatment (Fig. 5). The number of mitochondria in 15 independent cells from 30 randomly selected fields were counted with no significant change observed in the DHEA treated groups compared with the control group (P<0.05; Fig. 5).

**Effect of DHEA on the permeability of the mitochondrial membrane in primary Leydig cells.** ΔΨm was significantly decreased in 100 µM DHEA-treated cells compared with control cells (P<0.01), whereas only a marginal decrease was observed in 1 or 50 µM DHEA-treated cells compared with control cells (P>0.05; Fig. 6). This result indicated that 100 µM DHEA treatment decreased the mitochondrial membrane permeability in primary Leydig cells.

**Effect of DHEA on succinate dehydrogenase activity in primary Leydig cells.** No significant difference in succinate dehydrogenase activity was observed in the 1 µM DHEA-treated group compared with the control group (P>0.05), whereas succinate dehydrogenase activity was significantly increased in the 50 and 100 µM DHEA-treated groups compared with the control group (P<0.01; Fig. 7).

**Discussion**

The major outcome of this study demonstrated that DHEA inhibits cell proliferation through reducing cyclin mRNA expression levels, whereas it markedly improves cell viability by increasing the mitochondrial membrane permeability and succinate dehydrogenase activity in primary Leydig cells. The majority of endogenous DHEA is secreted by the adrenal cortex with some produced by the testes and ovaries (1). DHEA possesses anti-proliferate activity in various cell types (10-12). However, little is known about its effect on primary rats Leydig cell proliferation. In the present study, microscopy demonstrated that DHEA treatment significantly inhibits primary Leydig cell growth. Suzuki et al (22) previously reported that DHEA modulates neuronal stem cell proliferation, and Sicard et al (23) demonstrated that DHEA modulates growth factor-induced proliferation in bovine adrenomedullary tissue. The EdU assay is based on a copper-catalyzed covalent reaction between a dye-conjugated azide and the alkyne group of EdU (24-27), the product readily incorporates into the DNA of...
replicating cells, including NIH 3T3 cells (26,28) and mouse T-cells (29). The results of the current study demonstrated that DHEA significantly decreases primary Leydig cell proliferation in a dose-dependent manner, and this result is consistent with the observations made using phase contrast microscopy. It has been previously reported that DHEA inhibits the proliferation of several types of cancer cells, including hepatoma, prostate and cervical cancer (30-33). A previous study also observed that DHEA induces proliferation of estrogen and androgen receptor-positive breast cancer cells, whereas it inhibits the proliferation of estrogen receptor-negative cells (34). It is well recognized that Leydig cells express estrogen and androgen receptors (35). However, López-Marure et al (33) reported that DHEA decreases both estrogen receptor-positive and -negative breast cancer cell proliferation. Thus, based on the results of the current study, it is speculated that the presence of estrogen

Figure 4. Effect of DHEA on cyclin mRNA expression level in primary rat Leydig cells. (A) Cyclin A (B) cyclin B and (C) CDK2 mRNA expression levels were measured following DHEA treatment. Data are presented as the mean ± standard error from three individual experiments. *P<0.05, **P<0.01 vs. control group. DHEA, dehydroepiandrosterone; CDK2, cyclin-dependent kinase 2.

Figure 5. Electron micrographs and the number of mitochondria. (A) Following DHEA treatment, cell samples were processed by standard techniques for transmission electron microscopy, and ultra-thin sections were observed at x2,500 magnification. (B) The number of mitochondria was counted in 15 independent cells in 30 randomly selected micrographs. The results are presented as number of mitochondria per cell in all treatment groups (the mean ± standard error). DHEA, dehydroepiandrosterone.
or androgen receptors may not be essential for the cell proliferation induced by DHEA, and further study is required to precisely validate the effect of DHEA on cell proliferation.

Certain evidence suggests that the inhibitory effect of DHEA on cell proliferation is associated with the changes in the phases of the cell cycle (31, 33). The present study demonstrated that 50 or 100 µM DHEA treatment increased the S phase cell population and decreased the G2/M population, indicating that DHEA inhibits primary rat Leydig cell proliferation and causes cell cycle arrest in S phase. These results are consistent with a previous study that suggested that DHEA inhibits cell proliferation and blocks cell cycle progression at the G1/S stage in 3T3-L1 cells (14). To investigate the effect of DHEA on the cell cycle, the levels of cyclin mRNA were assessed. The results demonstrated that cyclin A and CDK2 mRNA levels were significantly decreased following 100 µM DHEA treatment, whereas no significant change in cyclin B mRNA level was observed in primary Leydig cells. In eukaryotes, the cell cycle is regulated by cyclins, CDKs and CDK inhibitors. Particularly, cyclin A/CDK2 are involved in regulating the progression of S phase and cyclin B/CDK1 are involved in regulating the progression of G2/M phase (36). A previous study demonstrated that the inhibitory effect of DHEA on the proliferation of MCF-7 cells was associated with an arrest in G1 phase (33). Also, it has been previously reported that the effect of DHEA on the MCF-7 cell cycle is potentially dependent on DHEA metabolism to androstenediol (37). Based on the results of the current study, it is speculated that the inhibition of proliferation induced by DHEA is associated with the decrease in cyclin A and CDK2 mRNA levels, which in turn would then induce cell cycle arrest in S phase, and this action of DHEA may occur with conversion in primary Leydig cells. Further investigation of the mRNA or protein levels of other factors, including CDK1 and cyclin E, which are also associated with the cell cycle, is required to validate this hypothesis more precisely.

It is notable that DHEA inhibited primary rat Leydig cell proliferation, whereas it increased cell viability in a time- and dose-dependent manner. In contrast with the results of the present study, previous reports have demonstrated that DHEA inhibits BV-2 cell viability (12, 38), however this effect was observed using ethanol as the solvent. It has been previously reported that ethanol treatment results in a slight decrease in cell viability. In the previous study, cell viability was decreased by 8% at 1% ethanol, which was highest final concentration used (13). The present study demonstrated that the cell viability gradually improved throughout the experimental period in the control group (0.1% DMSO), which indicated that normal cell growth was maintained. Thus, the use of different solvent may be the reason for the discrepancy in the effect of DHEA on cell viability. To further investigate the effect of DHEA on cell viability, the mitochondria number, ΔΨm and succinate dehydrogenase activity were subsequently analyzed. No significant change was detected in mitochondria number and their configuration in primary Leydig cells following DHEA treatment. However, previous studies have demonstrated that DHEA affects mitochondrial number and configuration in chicken hepatocytes (20) and the liver of male rats (39). DHEA also increases fatty acid β-oxidation and enhances mitochondrial respiration, which may be the cause of the decrease in mitochondria number in the rat or chicken liver cells (20, 39). The probable explanations for these inconsistent results may be attributed to the different cell types used in the studies.

Figure 6. Effect of DHEA on mitochondrial permeability. (A) Typical mitochondrial permeability images from Leydig cells treated with DHEA. (B) The ΔΨm as indicated by the 590/530 nm fluorescence intensity ratio. Data are presented as the mean ± standard error from three individual experiments. *P<0.05, vs. control group. DHEA, dehydroepiandrosterone.

Figure 7. Effect of DHEA on succinate dehydrogenase activity. Data are presented as the mean ± standard error from three individual experiments. **P<0.01 vs. control group. DHEA, dehydroepiandrosterone.
Cell viability analysis was performed based on the quantity of formazan produced from MTT by mitochondrial enzymes (40). The double membrane structure of the mitochondria blocks the entry of MTT into the mitochondria. The result of the current study demonstrated that DHEA treatment decreases the transmembrane ΔΨm of primary Leydig cells, and the lowest ΔΨm was evident in the 100 μM DHEA-treated group. This result indicated that the permeability of the mitochondrial membrane was significantly increased in primary Leydig cells treated with DHEA. Furthermore, this is consistent with a previous study, in which the ΔΨm declined following treatment of isolated kidney cortex mitochondria with high concentrations of DHEA (15). Shen et al (19) reported that mitochondrial membrane permeability was significantly increased in TM-3 cells following DHEA treatment. It has previously been reported that DHEA administration to rats induces lipid peroxidation in the liver and heart mitochondria (41). In this respect, it has previously been demonstrated that mitochondrial membrane lipid peroxidation causes an increase in permeability (42). These previous studies, at least partially, indicate that increased primary Leydig cells viability induced by DHEA is associated with the increased mitochondrial membrane permeability. Succinate dehydrogenase is the only membrane bound enzyme in the Krebs cycle, which directly links the oxidation of succinate to the electron transport chain. The current study demonstrated that succinate dehydrogenase activity was significantly increased in primary Leydig cells following 50 or 100 μM DHEA treatment. DHEA has previously been demonstrated to inhibit nicotinamide adenine dinucleotide-dependent mitochondrial respiration and Complex I of the mitochondrial respiratory chain (43), which results in ATP depletion and the compensatory provision of ATP through glucose oxidation (12). Sato et al (44) reported that GLUT-4 protein expression level was increased and the glucose metabolic signaling pathway was activated in skeletal muscle cells following DHEA-treatment. Jahn et al (45) demonstrated that muscle glucose oxidation was increased by 120% in diabetic Wistar rats treated with DHEA. Thus, the effect of DHEA on succinate dehydrogenase activity may be associated with its energy-wasting properties.

In summary, the results of the present study, at least partially, demonstrate that DHEA-induced inhibition of primary rat Leydig cell proliferation involves decreased cyclin mRNA expression levels, which results in cell cycle arrest in S phases. However, DHEA treatment improves cells viability by modulating mitochondrial membrane permeability and succinate dehydrogenase activity. However, further investigation is required to fully elucidate the effect of DHEA on cell proliferation and viability in primary rat Leydig cells.

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