Confined Motion: Motility of Active Microparticles in Cell-Sized Lipid Vesicles

Shidong Song, § Antoni Llopis-Lorente, § Alexander F. Mason, Loai K. E. A. Abdelmohsen,* and Jan C. M. van Hest*§

ABSTRACT: Active materials can transduce external energy into kinetic energy at the nano and micron length scales. This unique feature has sparked much research, which ranges from achieving fundamental understanding of their motility to the assessment of potential applications. Traditionally, motility is studied as a function of internal features such as particle topology, while external parameters such as energy source are assessed mainly in bulk. However, in real-life applications, confinement plays a crucial role in determining the type of motion active particles can adapt. This feature has been however surprisingly underexplored experimentally. Here, we showcase a tunable experimental platform to gain an insight into the dynamics of active particles in environments with restricted 3D topology. Particularly, we examined the autonomous motion of coacervate micromotors confined in giant unilamellar vesicles (GUVs) spanning 10–50 μm in diameter and varied parameters including fuel and micromotor concentration. We observed anomalous diffusion upon confinement, leading to decreased motility, which was more pronounced in smaller compartments. The results indicate that the theoretically predicted hydrodynamic effect dominates the motion mechanism within this platform. Our study provides a versatile approach to understand the behavior of active matter under controlled, compartmentalized conditions.

INTRODUCTION

Nano- and micromotors are a class of materials able to harness free energy from their surroundings and transform it into kinetic energy. 1−11 This ability, as well as their wide application window, has incited a considerable interest in active materials to further explore their adaptability, versatility, and functionality. The vast majority of research has focused on controlling the intrinsic parameters of the motor systems that govern their activity, such as the size, shape, and asymmetric placement of motile units. 12−17 External factors that have been studied mainly concern the application of different energy sources, which can vary from chemical fuels to light- and magnetic field-induced motion. 11,18−20 With these external forces, it has proven to be possible to induce life-like behavior, such as directed motion (e.g., chemotaxis) 21−24 and swarming behavior, 25−29 when single motile particles are able to interact with each other in a concerted fashion. In all of these cases, motile behavior is regarded as a bulk property. One aspect that has however hardly been taken into account is that in living systems, motion is often restricted by the confined space in which the motile objects operate. For example, this feature is apparent in the motility of bacteria in biofilms and the restricted motion of blood cells in capillary veins. Therefore, to improve our understanding of how motile particles move under real-life conditions, confinement should be taken into account.

Still, only a limited number of theoretical and even fewer experimental studies have investigated the motion of micro-particles near 2D surfaces or under microfluidic confinement. 30−38 In general, these studies focus on the influence of the motor architecture and composition and the topology of the environment (e.g., dimensional space and surface pattern). Different types of motion, including diffusion, sliding along the wall, and docking and unclogging, were observed experimentally for Janus-type microswimmers as a result of varying the size of confinement. 33 For example, Liu et al. 36 investigated a self-propulsive bimetallic swimmer in linear and curved microfluidic channels—both experimentally and with numerical simulations. They observed enhanced motion upon confinement as a result of an increased self-generated electric field, which acted as the motors’ driving force. They predicted a further increase in velocity upon decreasing the size of confinement. On the contrary, Khazri et al. reported an experimentally observed reduction in the velocity of copper/platinum bimetallic swimmers upon confinement in microfluidic channels. 37 Moreover, decreasing the size of the channels resulted in a significant decrease in velocity. Besides bimetallic self-electrophoretic motors (which move by the generation of a local electric gradient), diffusiophoretic motors...
The construction of our confined motile platform is depicted in Figure 1A. The centrifugal force led to a transfer of droplets through the interface containing a single layer of lipid molecules, forming bilayered GUVs that sediemented at the bottom of the centrifugal tube, from where they could be harvested and purified (see the Supporting Information for details). Both the lipid GUV bilayer and the coacervate particles were labeled with complementary markers (RhB-DOPE and Cy5-catalase, respectively), which allowed their visualization by fluorescence confocal microscopy. In our system, Coulombic interactions between the coacervates and the lipid surface are not expected based on the coacervate’s near-neutral charge and the lipid surface being pegylated. Importantly, the addition of coacervate particles did not compromise the assembly and integrity of the GUVs (Figures S3 and S4), and 3D confocal imaging confirmed the successful integration of coacervates inside the lipid microcompartment (Figure 1B).

Having confirmed the encapsulation of coacervates in GUVs, we first set out to investigate their autonomous motion under non-compartmentalizing conditions (i.e., in bulk). For this purpose, we employed the same CAT-coacervates as used for the compartmentalization approach at the same concentration (see the Supporting Information for details). Their motility was recorded in the presence or absence of their substrate, \( \text{H}_2\text{O}_2 \), by bright-field microscopy (five frames per second, for 60 s). Considering the diameter of the coacervate motors (~1.2 \( \mu \text{m} \)), they would possess a rotational diffusion coefficient \( \tau_R \) ranging between 1.5 and 3 s—therefore five frames per second (0.2 s time interval) is indeed sufficient to capture the details of motile behavior of the coacervates. During tracking, XY trajectories were recorded, and the Z position was carefully adjusted so that the tracked particles were in focus during videos—movement in the Z axis is not considered to affect tracking along the XY axes. This is in line with the previous work by Sánchez et al., which demonstrated that the XY trajectories adequately reflect the particles’ motion in space and that the Z trajectories do not critically impact the analysis results. Subsequently, we analyzed the \( \chi \), \( \chi \) trajectories and calculated the MSD of ca. 40 coacervate particles, from multiple videos, by using a previously available tailor-made Python script (see the Supporting Information for details). In the absence of fuel, typical Brownian

---

**RESULTS AND DISCUSSION**

The construction of our confined motile platform is depicted in Figure 1. As active particles, we employed our previously developed enzyme-functionalized coacervate microdroplets (diameter 1.2 ± 0.4 \( \mu \text{m} \), zeta potential 1.3 ± 0.5 mV, see Figures S1 and S2). In brief, coacervates were formed by complexation of two oppositely charged amyloses (carboxymethylated and ammonium quaternized, respectively), followed by the addition of a mixture of azide-functionalized block polymer and non-functionalized terpolymer that together formed a stabilizing and fluidic membrane on the coacervate surface. Afterward, dibenzocyclooctyne-modified catalase enzymes (CAT) were attached to the coacervate membrane through a strain-promoted alkyne–azide cycloaddition reaction. Thereafter, we encapsulated the enzyme-functionalized coacervates in GUVs employing an inverted emulsion technique (also known as the droplet-transfer method) to construct our compartmentalized motor system. First, we prepared a mixture of lipids in paraffin oil, to which an aqueous phase containing the coacervates was added. Upon emulsification, lipid-stabilized water-in-oil droplets were formed, and the mixture was then layered on top of an aqueous phase for centrifugation (Figure 1A). The centrifugal force led to a transfer of droplets through the interface containing a single layer of lipid molecules, forming bilayered GUVs that

---

**Figure 1. Assembly of GUVs containing active coacervate particles.** (A) Schematic illustration of coacervate motors being encapsulated in GUVs via the droplet-transfer method. (B) Upper image shows a cartoon of compartmentalized CAT-coacervates inside a GUV. Lower image displays a 3D confocal image reconstituted from confocal image stacks (green: catalase which was modified with cyanine S, gray: RhB-DOPE as a marker of the lipid membrane). Scale bar represents 10 \( \mu \text{m} \).
motion with linear MSD fitting profiles (Figure 2A) was observed for the CAT-coacervates. Upon addition of H$_2$O$_2$ (0.034% v/v), CAT-coacervates displayed enhanced diffusion with expanded trajectories and significantly increased MSD profiles, leaning toward a parabolic curve (Figure 2A). This behavior was in line with previous findings.

Interestingly, Lyu et al. recently reported minimal propulsion of asymmetric catalase-coated silica microparticles; yet our coacervate motors differ in size, particle composition, attachment method, and their dynamic (stochastic) distribution of catalase. The motion of our catalytically active coacervates is attributed to a stochastic process, in which enzymes transiently cluster into patches that create asymmetry of the motile units on the particle surface, leading to enhanced diffusion. The mechanism of motion is considered to be self-diffusiophoretic in nature (Figure 2B); that is, by converting the fuel, the particles intrinsically create a product gradient surrounding their active patches (where catalase molecules cluster), which causes an osmotic imbalance and results in enhanced propulsion of the particles (Figure 2B). In the literature, enzymatic species have been reported to produce fluid pumping due to local density changes when directionally oriented on planar surfaces, yet in coacervates, this effect is generally considered negligible (compared to self-diffusiophoresis) due to their distinct features.

Next, we studied the motility of the CAT-coacervates within GUV confinement. First, coacervates-in-GUVs were diluted in an aqueous phase (in the presence or absence of enzymatic substrate as fuel, i.e., H$_2$O$_2$) and subsequently transferred to an experimental chamber (see the Supporting Information for details). To record the coacervate trajectories, we examined their motion using bright-field microscopy as it allowed us to combine the observation of both the GUV compartment and the inner coacervate motors with fast image acquisition. We tracked coacervates initially located far from the boundary (i.e., located around the GUV center). In the absence of fuel, coacervates confined in GUVs underwent motion (Movie S1) as a result of catalase-mediated decomposition of H$_2$O$_2$ into H$_2$O and O$_2$, which translated into expanded trajectories and a significant increase in the MSD profile (Figure 2C).

Remarkably, comparing the MSD profiles of non-compartmentalized versus compartmentalized coacervates (Figure 2A,C), we found striking differences in their autonomous motion behaviors: not only did the compartmentalized coacervates exhibit lower MSD values in the absence and presence of fuel but notably the shape of the MSD curves (in the presence of fuel) changed from concave upward for the non-compartmentalized particles to nearly linear for the compartmentalized ones (indicative of restricted motion).

The permeation of H$_2$O$_2$ through the lipid bilayer has previously been measured to be fast, in the order of milliseconds (permeability coefficient = $1.1 \times 10^{-6}$ m s$^{-1}$, lipid bilayer thickness $\approx 3.7$ nm, $^{50}$ Yet, to further confirm the effect of confinement on the motion dynamics and rule out the effects of membrane-induced limited diffusion of substrate/products, we monitored the coacervates’ motion in GUVs comprising a highly permeable membrane (i.e., with the inserted $\alpha$-hemolysin membrane pores, see the Supporting Information for further details).
Information for details) at the same H$_2$O$_2$ concentration as in bulk. The MSDs resulting from coacervate motion upon addition of H$_2$O$_2$ (0.034% v/v) (Figure 2D) showed a similar MSD curve shape as displayed in Figure 2C, thus indicating that the anomalous motion dynamics were not affected by substrate diffusion issues but a result of the confinement effect.

The change in motion dynamics under confinement, when compared to unrestrained conditions, allowed us to probe different theories that describe confined motion. 34-35 For this purpose, we systematically investigated three parameters which we expected to have an effect on motility, namely, fuel concentration, GUV confinement size, and coacervate motor density.

Having confirmed that the GUV confinement altered motion regimes, we set out to investigate the extent of the confinement effect on motion dynamics by studying the crossover of different motion regimes in confinement. We therefore performed motility experiments of coacervates-in-GUVs at different fuel concentrations. A direct relationship between the MSD values and fuel concentrations was observed (Figure 3A), with higher H$_2$O$_2$ concentration leading to faster movement and more expanded trajectories (Figure 3B). Interestingly, in the presence of H$_2$O$_2$, the MSD curves deviated from a straight line at higher time intervals ($\Delta t > 6$ s), resulting in a concave downward shape (see Figure S5). Generally, when colloidal particles undergo Brownian motion, that is, normal diffusion, they exhibit an MSD that is linear in time—a deviation from such trend is indicative of anomalous diffusion. Mathematically, anomalous diffusion is described as

$$\text{MSD} = K\Delta t^\alpha.$$ 51 Here, $\alpha$ is the anomalous exponent that indicates how far the motion deviates from normal Brownian motion: (i) $\alpha = 1$ indicates the Brownian motion, (ii) $\alpha > 1$ is indicative of a superdiffusive process, and (iii) $\alpha < 1$ is indicative of a sub-diffusive process. To gain further insights into the motile behavior of the confined coacervates, MSD curves were fitted with $\text{MSD} = K\Delta t^\alpha$ to obtain the anomalous exponent $\alpha$ (Figure S6). The resulting $\alpha$ values at different fuel concentrations are summarized in Figure 3C. Noteworthily, there is a clear trend toward lower $\alpha$ at lower fuel concentration. In the absence of fuel, the $\alpha$ value for coacervates-in-GUVs was 0.85, indicating constrained motion (sub-diffusion); in comparison, fitting of MSD plots of coacervates in bulk solution, in the absence of fuel (Figure 2A), resulted in an $\alpha$ of 1.00 (normal diffusion). This further confirmed that the motion behavior was altered by confinement imposed by the GUV membrane. When the hydrogen peroxide concentration increased, the $\alpha$ values steadily increased and reached 1.01 at 3.4% v/v H$_2$O$_2$ (Figure 3C).

Such increase in $\alpha$ indicated a transition from sub-diffusion toward normal diffusion upon addition of fuel, which means that the autonomous motion of the particles was able to compensate for the confinement effect. In addition, the translational diffusion coefficient ($D_T$) was obtained by fitting MSD profiles with the equation $\text{MSD} = 4D_T\Delta t$ (assuming $\alpha = 1$, based on the fact that the effect of confinement is almost negligible at $\Delta t < 6$ s—and only becomes dominant at $\Delta t > 6$ s). By applying this formula, we obtained a 2-fold increase in $D_T$ when the H$_2$O$_2$ concentration increased from 0 to 0.85% (Figure 3D). A further increase in $D_T$ at higher fuel concentration reflects the enhanced self-propulsion of coacervates under confinement. We also applied the equation $\text{MSD} = 4D_T\Delta t$ to the first 3 s of the MSD curves and derived $D_T$ values (Figure S7), as at this time regime, there is no effect of confinement (which can also be seen in the linear curve profile). Indeed, the resulting $D_T$ are almost similar to those shown in Figure 3D, suggesting that assuming that $\alpha$ for all cases is 1 does not change the overall increasing trend of $D_T$. Altogether, these results indicated an enhanced self-propulsion and crossover from sub-diffusive toward normal diffusion of active particles in GUV confinement when increasing the fuel concentration.

Subsequently, we investigated the correlation between compartment size (i.e., GUV diameter) and motility of the confined active particles. Our hypothesis was that smaller GUVs would display a more pronounced confinement effect as the hydrodynamic interaction between coacervates and the membrane would be increased. Previous research 34 reported that the viscous dragging ($\sigma$) is inversely affected by the distance to the boundary ($L$) ($\sigma = \mu a/L$, where $\mu$ is the viscosity of the medium and $a$ is the phoretic slip). GUVs assembled by the droplet-transfer method show a relatively wide size distribution (Figure S3)—thus, we set to analyze coacervate motion in GUVs categorized in three different diameter groups: small (14–24 $\mu$m), medium (25–34 $\mu$m), and large GUVs (>34 $\mu$m). In our case, this distance ($L$) can be considered approximately as the radius of the GUV compartment as we tracked coacervate particles that were initially close to the GUV center. We compared trajectories, the anomalous diffusion exponent ($\alpha$), and diffusion coefficient ($D_T$) of the different size groups (Figure 4) at different fuel concentrations. Indeed, as depicted in representative trajectories in Figure 4B, coacervates in small GUVs were more prone...
to be in close proximity of the GUV membrane in their path, whereas coacervates in larger GUVs had more space to diffuse around, being less restrained in their movement. This observation correlated with the extracted $\alpha$ and $D_T$ values (Figure 4C,D). At all fuel concentrations, a positive correlation between $\alpha$ and GUV size was observed, with a sub-diffusion regime in smaller GUVs and a normal diffusion in larger GUVs at 3.4% v/v H$_2$O$_2$. This progressive increase in $\alpha$ values upon increasing the GUV size suggests a proportional decrease of viscous dragging with distance in line with ref 34. A similar trend was observed for $D_T$, indicating a more effective propulsion of coacervates in larger GUVs. Noteworthily, for the small size group (14–24 $\mu$m), $\alpha$ and $D_T$ increased when the concentration of H$_2$O$_2$ increased from 0 to 0.85% v/v; a further increase in fuel concentration did not alter both values. In contrast, for medium (25–34 $\mu$m) and large GUV (>34 $\mu$m) sizes, we observed a continuous increase in $\alpha$ and $D_T$ from 0 to 3.4% v/v H$_2$O$_2$. Thus, under the investigated conditions, small GUVs (14–24 $\mu$m) severely restrict the motility of coacervates to the point that enhanced motion reached its limit and additional chemical energy could not be converted into additional motion. Interestingly, this may suggest an interplay between enhanced motion, distance to the boundary/viscous dragging, and the physical boundary itself: in small GUVs, coacervates are more likely to get relatively closer to the boundary as they move with their (enhanced) Brownian motion (thus, more fuel increasing this probability), but at the same time, as they move closer, this correlates with an effective increase in viscous dragging—thus, upon increasing the fuel concentration in small GUVs, the enhanced coacervate motion and viscous dragging counteracted each other. In addition, regarding the hydrodynamic/viscous dragging effect, it is worth considering that the ratios between the GUV compartments and the coacervates are ∼11 and ∼30 for the small and large GUVs, respectively, and in line with our observations, previous reports found motility severely restricted in the 1.5–5 confinement/particle size ratio range, yet their model/calculation was not extended to larger ratios—thus, the ratio confinement/particle size is an important parameter to consider in the development of models that advance the understanding of motility under confinement. Altogether, our results indicate that a decrease in GUV compartment size correlates with a decrease in the motility of active particles.

Finally, we set out to investigate if differences in the relative concentration of coacervates per compartment could influence their motile properties. We hypothesized that the behavior of active particles could be affected by the presence of other active particles in their surroundings due to, for example, potential proximal particle—particle interactions. It would be of interest to experimentally validate this hypothesis to know if the concentration of active particles should be considered in future theoretical models. Therefore, we carried out experiments acquiring z-stacks of coacervates in GUVs (by confocal microscopy, Figure 5A) prior to recording the motion of the compartmentalized particles (by bright-field microscopy, Figure 5B) to assess statistically significant differences between pairs of data as indicated. $P$ values were calculated using a t-test (two-tailed). ***$P < 0.001$.

Figure 4. Investigation of motion dynamics depending on the compartment size. (A) Schematic illustration of coacervates in small and large GUVs. (B) Trajectories of coacervates in small and large GUVs with [H$_2$O$_2$] of 3.4%. Bright-field tracking is overlaid on top of confocal images of coacervates in GUVs. Scale bars represent 10 $\mu$m. (C,D) Anomalous exponent and diffusion coefficient depending on the GUV size, at different fuel concentrations. For each size group, 10–20 coacervates were analyzed at each [H$_2$O$_2$]. Data in C and D are represented as mean ± SD. Statistical analysis was performed to assess statistically significant differences between pairs of data as indicated. $P$ values were calculated using a t-test (two-tailed). ***$P < 0.001$. 

Scientists from the University of Oxford, the University of Lübeck, and the University of Stuttgart, Germany, have investigated the movement dynamics of coacervates in different-sized GUVs. Their findings indicate that the ratio of GUV compartments and the concentration of coacervates significantly influence motility. The study highlights the importance of considering active particle interactions, which can affect the behavior of coacervates in confined spaces.
In conclusion, we have presented a study about the confined motion dynamics of catalytically active particles in cell-sized compartments. The motion of such compartmentalized particles is decreased as compared to the same particles free in solution. Furthermore, compartmentalized particles move in a sub-diffusion regime and the presence of fuel compensates for the confinement effect and enhances motility toward normal diffusion. In contrast, the same non-compartmentalized particles move under Brownian motion in the absence and with (super-)diffusion ballistic motion in the presence of fuel. Third, the size of the compartment matters, with a stronger sub-diffusive effect (i.e., restricted motion) in smaller compartments. Finally, particles are influenced by the relative concentration of peers in their surroundings, with higher concentrations leading to a decreased motion.

It has been theoretically proposed that there are two competing phenomena that influence the motion of swimmer particles in confinement: (i) the hydrodynamic effect: the velocity of fluid flow diminishes to zero toward the confinement wall (the so-called "no-slip condition", Figure S12A), which results in particles experiencing a viscous fluid drag and a diminished motion, and (ii) the phoretic effect: the confinement boundary affects the transport of product molecules, as there is less space for the product molecules to diffuse, leading to a more pronounced product gradient around the particle as depicted in Figure S12B (higher local concentration of product asymmetrically distributed around the particle), resulting in increased motion. As mentioned above, our catalytically active particles move by self-diffusiophoresis, and the product molecule gradient is the key driving factor for self-propulsion. Among the two competing effects (hydrodynamic effect and phoretic effect), our findings suggest that the decelerating hydrodynamic effect is the dominating one for our chemically fueled swimmers, as we see an overall decrease in motion upon confinement. In fact, when there is no product gradient (i.e., in the absence of fuel and therefore the phoretic effect can be ruled out), the difference in motion of non-compartmentalized (Brownian) versus compartmentalized particles (sub-diffusive) confirms that the hydrodynamic effect influences motion. Addition of fuel leads to the enhanced propulsion of the particles, which partially counteracts the hydrodynamic effect, yet motion is still partially restricted as compared to their non-compartmentalized counterparts. Additionally, our results also indicate that active particles in smaller compartments experience a larger hydrodynamic drag (i.e., more restricted motion). These findings are in agreement with other reports which describe a deceleration of particles near solid surfaces and in microfluidic channels. In contrast, Popescu and co-workers theoretically predicted an increase in velocity for a diffusiophoretic motor in a spherical (impermeable) compartment, caused by the phoretic effect and despite the opposing hydrodynamic drag caused by the confinement boundaries. However, only impermeable confining walls were considered in their study, in which case the phoretic effect is more pronounced (by preventing the equilibration of the product gradient). Our phospholipid vesicles are highly permeable to oxygen, and therefore, the phoretic effect is expected to be mitigated in our system (Figure S12). The contradiction between their theory and our experimental results can therefore be explained by the semipermeability of the GUV membrane.

**CONCLUSIONS**

The scale bar represents 10 μm. (A) Projection of confocal image stacks of two representative GUVs with high and low coacervate concentrations. The scale bar represents 10 μm. (B) Relative [coacervate] for different GUVs. 40 GUVs were analyzed using confocal image stacking to determine the relative [coacervate]. The coacervate concentrations were (arbitrarily) grouped in three regions: the [coacervate] higher than 175 a.u. was denoted as high, the [coacervate] between 100 and 175 a.u. was denoted as medium, and the [coacervate] lower than 100 a.u. was denoted as low, the [coacervate] is indicated by the asterisk ($p < 0.05$). (C) With 0.85% hydrogen peroxide, the MSD values of coacervate motors in a time frame of 10 s were categorized into the three [coacervate] groups: low, medium, and high. Statistical significance between conditions is indicated by the asterisk ($p < 0.05$).
lipid vesicles. The fabrication methodology, based on the direct encapsulation of pre-formed particles during GUV formation, is versatile and could be extended to the study of other active particles (e.g., light-propelled motors). We observed that the confinement hinders the motion of coacervates and results in a sub-diffusion regime. Interestingly, addition of chemical fuel changes the behavior of coacervates inside GUVs toward normal diffusion and counteracts the confinement effect. Furthermore, we determined that the confinement effect correlates with the compartment size, with more restricted motion in smaller compartments. Finally, we observed that the overall internal coacervate concentration influences motion dynamics. These results all are in line with theoretical models that predict a leading role for the hydrodynamic effect in confined motion. Our study highlights the importance of considering the dynamics of active matter in confinement, such as in cell-like compartments, and provides a versatile platform to assess experimentally this feature of motile systems.

**ASSOCIATED CONTENT**

*Supporting Information*

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/jacs.2c05232.

Materials and methods, Figures S1 to S12, supplemental references (PDF)

Restraint motion of coacervates in GUVs in the absence of fuel (AVI)

Self-propulsion of coacervates in GUVs in the presence of fuel. \( [\text{H}_2\text{O}_2] = 3.4\% \) (AVI)

**AUTHOR INFORMATION**

*Corresponding Authors*

Loai K. E. A. Abdelmohsen — Department of Chemical Engineering and Chemistry, Department of Biomedical Engineering, Institute for Complex Molecular Systems (ICMS), Eindhoven University of Technology, 5600 MB Eindhoven, The Netherlands; *orcid.org/0000-0002-0094-1893; Email: l.k.e.a.abdelmohsen@tue.nl

Jan C. M. van Hest — Department of Chemical Engineering and Chemistry, Department of Biomedical Engineering, Institute for Complex Molecular Systems (ICMS), Eindhoven University of Technology, 5600 MB Eindhoven, The Netherlands; *orcid.org/0000-0001-7973-2404; Email: j.c.m.v.hest@tue.nl

*Authors*

Shidong Song — Department of Chemical Engineering and Chemistry, Department of Biomedical Engineering, Institute for Complex Molecular Systems (ICMS), Eindhoven University of Technology, 5600 MB Eindhoven, The Netherlands

Antoni Llopis-Lorente — Department of Chemical Engineering and Chemistry, Department of Biomedical Engineering, Institute for Complex Molecular Systems (ICMS), Eindhoven University of Technology, 5600 MB Eindhoven, The Netherlands; Institute of Molecular Recognition and Technological Development (IDM), CIBER de Biotecnología, Biomateriales y Nanomedicina (CIBER-BBN), Universitat Politècnica de València, 46022 Valencia, Spain

Alexander F. Mason — Department of Chemical Engineering and Chemistry, Department of Biomedical Engineering, Institute for Complex Molecular Systems (ICMS), Eindhoven University of Technology, 5600 MB Eindhoven, The Netherlands

Complete contact information is available at: https://pubs.acs.org/doi/10.1021/jacs.2c05232

**Author Contributions**

S.S. and A.L.-L. contributed equally.

**Notes**

The authors declare no competing financial interest.

**ACKNOWLEDGMENTS**

The authors would like to acknowledge the support from the Dutch Ministry of Education, Culture and Science (Gravitation program 024.001.035 and Spinoza premium) and the ERC Advanced Grant (Artisym 694120). A.L.-L. acknowledges the support from the MSCA Cofund Project of Life, which has received funding from the European Union’s Horizon 2020 research and innovation program under the grant agreement 847675, and the María Zambrano Program from the Spanish Government funded by NextGenerationEU from the European Union. Dr. Bastiaan Buddingh is thanked for useful discussions regarding GUV preparation and handling. Dr. Shoupeng Cao is thanked for providing the azido-functionalized block polymer. We specially thank Prof. Samuel Sanchez for the tailormade particle-tracking software based on Python.

**REFERENCES**

(1) Sánchez, S.; Soler, L.; Katuri, J. Chemically powered micro-and nanomotors. *Angew. Chem., Int. Ed.* 2015, 54, 1414–1444.

(2) Robertson, B.; Huang, M.-J.; Chen, J.-X.; Kapral, R. Synthetic Nanomotors: Working Together through Chemistry. *Acc. Chem. Res.* 2018, 51, 2355–2364.

(3) Esteban-Fernández de Ávila, B.; Gao, W.; Karshalev, E.; Zhang, L.; Wang, J. Cell-Like Micromotors. *Acc. Chem. Res.* 2018, 51, 1901–1910.

(4) Ren, L.; Wang, W.; Mallouk, T. E. Two Forces Are Better than One: Combining Chemical and Acoustic Propulsion for Enhanced Micromotor Functionality. *Acc. Chem. Res.* 2018, 51, 1948–1956.

(5) Wang, S.; Wu, N. Selecting the swimming mechanisms of colloidal particles: bubble propulsion versus self-diffusiophoresis. *Langmuir* 2014, 30, 3477–3486.

(6) Shao, J.; Abdelghani, M.; Shen, G.; Cao, S.; Williams, D. S.; van Hest, J. C. Erythrocyte membrane modified janus polymeric motors for thrombus therapy. *ACS Nano* 2018, 12, 4877–4885.

(7) Kumar, B. V. V. S. P.; Patil, A. J.; Mann, S. Enzyme-powered motility in buoyant organoclay/DNA protocells. *Nat. Chem.* 2018, 10, 1154–1163.

(8) Dey, K. K.; Zhao, X.; Tansi, B. M.; Méndez-Ortiz, W. J.; Córdova-Figueroa, U. M.; Golestanian, R.; Sen, A. Micromotors Powered by Enzyme Catalysis. *Nano Lett.* 2015, 15, 8311–8315.

(9) Sengupta, S.; Patra, D.; Ortiz-Rivera, I.; Agrawal, A.; Shklyaev, S.; Dey, K. K.; Córdova-Figueroa, U.; Mallouk, T. E.; Sen, A. Self-powered enzyme micropumps. *Nat. Chem.* 2014, 6, 415–422.

(10) Sengupta, S.; Dey, K. K.; Muddana, H. S.; Tabouillot, T.; Bele, M. E.; Butler, P. J.; Sen, A. Enzyme Molecules as Nanomotors. *J. Am. Chem. Soc.* 2013, 135, 1406–1414.

(11) Bartelt, S. M.; Steinkühler, J.; Dimova, R.; Wegner, S. V. Light-Guided Motility of a Minimal Synthetic Cell. *Nano Lett.* 2018, 18, 7268–7274.

(12) Paxton, W. F.; Kistler, K. C.; Olmeda, C. C.; Sen, A.; Angelo, S. K.; Cao, Y.; Mallouk, T. E.; Lammert, P. E.; Crespi, V. H. Catalytic Nanomotors: Autonomous Movement of Striped Nanorods. *J. Am. Chem. Soc.* 2004, 126, 13424–13431.
