Squeezed hole spin qubits in Ge quantum dots with ultrafast gates at low power

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Hole spin qubits in planar Ge heterostructures are one of the frontrunner platforms for scalable quantum computers. In these systems, the spin-orbit interactions permit efficient all-electric qubit control. We propose a minimal design modification of planar devices that enhances these interactions by orders of magnitude and enables low power ultrafast qubit operations in the GHz range. Our approach is based on an asymmetric potential that strongly squeezes the quantum dot in one direction. This confinement-induced spin-orbit interaction does not rely on microscopic details of the device such as growth direction or strain and could be turned on and off on demand in state-of-the-art qubits.

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I. INTRODUCTION

Holes in germanium (Ge) are promising candidates for spin qubits because of their high mobility and excellent cryogenic performance [1]. Ge is one of the frontrunner materials for spin qubits because of the coherence lengths [2–4,7] and the small spin-orbit coupling [3]. In addition, holes exhibit a strong spin-orbit interaction [8], which enables electrically controlled single qubit gates. Our approach is based on a squeezed dot, where one of the lateral directions is tightly confined and shows a large Rabi frequency, enabling power efficient ultrafast gates at low power typical of wires and in contrast to alternative proposals [21] only weakly depends on the growth direction of the heterostructure. The DRSOI also opens up to the possibility of strongly coupling these qubits to microwave resonators [22,23], potentially enabling long-range interactions between distant qubits and surface code architecture [24].

II. THEORETICAL MODEL

We examine the Ge quantum dot sketched in Fig. 1 and modelled by the Hamiltonian

$$\hat{H} = \left( \gamma_1 + \frac{5\gamma_s}{2} \right) \frac{p^2}{2m} - \gamma_s \hat{p} \cdot \hat{J}^2 + |b|\epsilon_0 l_z^2 + V_C - eEz + H_B, \quad (1)$$

where $m$ is the electron mass, $\hat{p} = -i\hbar \nabla$ is the canonical momentum $[p^2 = -\hbar^2 \nabla^2]$ and $\hat{J} = (J_x, J_y, J_z)$ is the vector of spin $3/2$ matrices. Heavy holes (HH) and light holes (LH) are mixed by the isotropic Luttinger-Kohn (LK) parameters $\gamma_1 \approx 13.35$ and $\gamma_s \equiv (\gamma_2 + \gamma_3)/2 \approx 4.96$ [25], and by the Bir-Pikus strain energy $b r_0$ [26], where $b = -2.16$ eV and $\epsilon_0 \equiv \epsilon_{11} - \epsilon_{zz} \approx 1.74 \epsilon_{11}$. The uniaxial strain caused by the mismatch of the lattice constants in the heterostructure is described by the strain tensor $\epsilon_{ij} \approx \delta_{ij} \epsilon_{11}$, with $\epsilon_{xx} = \epsilon_{yy} \equiv \epsilon_{11}$ and $\epsilon_{zz} = -2C_{12} \epsilon_{11}/C_{11} \approx -0.74 \epsilon_{11}$ [C_{ij} are the elastic constants of Ge] [12,13].

The confinement energy $V_C = V_c(z) + \sum_{i=x,y} \hbar \omega_i l_i^2/2l_i^2$ comprises an abrupt potential $V_c$ modeling the boundaries of a heterostructure of width $w$, and an electrostatic potential in the $r = (x, y)$ plane, parameterized by the harmonic lengths $l_i$ and by the frequencies $\omega_i \equiv \hbar \gamma_i / \sqrt{m l_i^2}$. While dc electric fields in the $r$ plane have no effect on the system, the externally tunable electric field $E > 0$ compresses the wavefunction within a length $l_E \equiv (\hbar^2 \gamma_1 / 2meE)^{1/3} \approx 8$ nm $\times E^{-1/3}$ from the top boundary of the heterostructure [27] and controls the SOI. To simplify the notation, throughout the paper $E$ is given in V/µm. The lengths $l_x, l_y, l_z$ introduced here are parameters that model the electrostatic potential and depend on an
average hole mass $m/\gamma_l$. To define the qubit, we include an external magnetic field $B$, typically of a few hundreds of millitesla. The resulting Hamiltonian $H_R = H_Z + H_O$ comprises the Zeeman energy $H_Z = 2\mu_B B \cdot (\mathbf{J} + q\mathbf{J})$ and the orbital contribution $H_O \approx -2e\gamma_A \mathbf{A} \cdot \mathbf{J} \cdot \mathbf{J}/m$ coming from the Peierls substitutions $p \rightarrow \pi = p + eA$, with $A = -(B_y, 0, B_x - B_y)$ being the vector potential. We neglect irrelevant shifts of the dot and corrections $O(B^2)$.

III. OPTIMAL CONDITIONS FOR THE DRSOI

In the squeezed dot sketched in Fig. 1, $E$ induces a DRSOI $H_{SO} = v_p\sigma_z$, which tends to align the ground-state quasidegenerate Kramers partners to the $x$ direction. To predict the optimal design for the DRSOI, we estimate the spin-orbit velocity $v$ by first diagonalizing $H$ at $p_x = 0$ and $B = 0$, and then projecting $H_1 = -2\gamma_A p_x J_x/p_x + p_x J_x$ onto the ground-state subspace [28]. Here, $(A, B) = (AB + BA)/2$. The SOI depends on the lengths $l_{x,E}$ and $w$, and on the strain $\varepsilon_0$. We first set $\varepsilon_0 = 0$, and in Fig. 2(a), we show how $v$ varies as a function of $l_x/l_E$ for heterostructures with different widths $w$. When $l_x \ll l_E$, the SOI is accurately described by the expansion $\hbar v = 5.1\hbar l_x^2/ml_x^2 + 0.76eE l_x^2$, independent of $w$. As the ratio $l_x/l_E$ increases, $v$ reaches the maximal value $v^*$ at $l_x = l_x^*$, and then decays as $v \propto l_x^* l_x^2 \propto E^{-1/3}$ for $l_x \gg l_x^*$. The position and value of the maximal SOI depend on $w$ and these dependencies are very well approximated by simple fitting formulas in Fig. 2(b). The optimal SOI saturates to $\hbar v^* = 2.56\hbar l_x^2/ml_x^2 \approx 25$ meV nm $\times E^{1/3}$ when $w \gtrsim 3l_x^* \approx 24$ nm $\times E^{-1/3}$; this condition is easily met in state-of-the-art devices, where $w \in [15, 30]$ nm and $E \gtrsim 1$ V/\mu m [1]. We remark that the case $w \gg l_E$ also describes inversion layers.

The condition for the optimal length $l_x^* \approx 0.81l_x^*$ requires a strong harmonic potential $\hbar\omega_0 = 24$ meV $\times E^{2/3}$ that compresses the wave function in a region shorter than 6.5 nm $\times E^{-1/3}$. While not unrealistic for industry standards [29], we can relax this constraint by introducing the quantity $l_x^m$, defined as the largest value of $l_x$ that guarantees $v > v^*/2$, see Fig. 2(a). As shown in Fig. 2(b), this results in the experimentally accessible length $l_x^m \approx 12$ nm $\times E^{-1/3}$ at $w \gg l_E$.

The isotropic LK Hamiltonian in Eq. (1) neglects small cubic anisotropies [25]. When these terms are included, $v$ depends on the alignment between confinement and crystallographic axes. As shown in Fig. 2(c), a more refined analysis analogous to Ref. [28] shows that the isotropic approximation describes well the system, but there are special orientations at which the DRSOI is enhanced: the DRSOI is largest when $\parallel \parallel [110]$ and $\parallel \parallel [001]$ [18,28]. In contrast to other proposals [21] for obtaining DRSOI in Ge heterostructures, in our approach, this particular growth direction is convenient but not required. Also, because here the DRSOI originates from the confinement potential and not from the small anisotropies of Ge, the maximal SOI $\hbar v^*$ is more than 5 times larger than in Ref. [21] at comparable electric fields.

The strong DRSOI persists in strained heterostructures. In Fig. 2(d), we analyze the dependence of $v$ on $l_x/l_E$ in a strained device with $w \gg l_E$. Here, we measure the strain $\varepsilon_0$,
in units of $\epsilon_F/|b|$, with $\epsilon_F \equiv \hbar^2 \gamma_1/2m^2_l$ being the electric energy. Compressive strain with $\epsilon_0 < 0$ tends to align the spin quantization axis to the $z$ direction, thus reducing the HH-LH mixing and the DRSOI. However, in the range of parameters studied, the maximal SOI is only halved. In this case, a tighter lateral confinement is required to reach the optimal DRSOI and the wavefunction needs to be further squeezed to $l_x \approx 0.44l_b$. In contrast to Ge/Si core/shell wires, where the strain increases the small gap between ground and first excited states [15,16,18], and to electron-based devices, where strain removes the valley degeneracy [3], in planar hole systems, strain is not fundamentally required and could potentially be minimized.

IV. RABI DRIVING IN A SQUEEZED QUANTUM DOT

In a squeezed Ge quantum dot, the large DRSOI enables ultrafast qubit operations. In fact, a time-dependent shift of the dot caused by ac in-plane fields $E_{x,y}(t)$ can drive transitions between different qubit states via EDSR [30]. This effect can be understood by moving to a frame that oscillates with the center of the dot at position $d(t) = (d_x(t), d_y(t))$ with $d_i(t) = e^{i\omega_i t}d_i(0)$. In this frame, the hole still evolves according to $H = -i\hbar \partial_t T = -\mathbf{p} \cdot \partial_t \mathbf{d}(t)$. When the dot is strongly confined in the $x$ direction, the oscillation is restricted to the $y$ direction and the system is modelled by the wire Hamiltonian

$$H_W = \frac{\mathbf{p}^2}{2m} + \frac{\tilde{m}\tilde{\alpha}_y}{2}y^2 + vp_y\sigma_x + \frac{\mu_R}{2} \mathbf{B} \cdot \tilde{\mathbf{g}} \cdot \sigma - p_y \partial_t d_y(t),$$

acting on the Kramer partners $|\uparrow\rangle$ and $|\downarrow\rangle$. Here, we introduce a matrix $\tilde{g}_{ij} = \delta_{ij}(\alpha_i - \beta_i\mathbf{p}_j^2/\hbar^2)$ of wire $g$ factors, which is diagonal because of symmetry [28,31] and includes momentum dependent corrections $\beta_i$ [15,16]. We rewrite the confinement term in units of the orbital gap $\tilde{\alpha}_y$ that accounts for the effective mass $\tilde{m}$ of the ground state doublet, i.e., $\tilde{\alpha}_y = \omega_0\sqrt{\mathbf{v}/\gamma_0\tilde{m}}$. In analogy, the dot width is $l_y = l_y\sqrt{\gamma_0/\gamma_0\tilde{m}}$.

When the drive and the Zeeman energy are much smaller than $\tilde{\alpha}_y$, an effective quantum dot theory is obtained by projecting Eq. (2) onto the ground states $|\psi_\downarrow\rangle \equiv \psi(y)e^{-i\hbar\nu_0/\tilde{m}}|\downarrow\rangle$ of $H_W$ at $B = E_x(t) = 0$. The transformation $e^{-i\hbar\nu_0/\tilde{m}}$ removes the SOI, we spin the orbit $l_y \equiv \hbar/\tilde{m}v$ and $\psi(y) = e^{-y^2/2\tilde{m}}/\sqrt{\pi\tilde{m}}$. If we now specialize our analysis to the case $B = B_y$, the resulting qubit Hamiltonian is

$$H_Q = \frac{\mu_R}{2}g_{yy}B_y\sigma_y + \epsilon_D(t)\sigma_x,$$

where the dot $g$ factor [15–17,32] and the driving $\epsilon_D(t)$ are respectively

$$g_{yy} = \left(\alpha_y - \frac{\beta_y}{2\tilde{m}}\right) e^{-\frac{y^2}{\tilde{m}v}},$$

$$\epsilon_D(t) = \frac{\hbar\tilde{m}d_y(t)}{l_y} = \frac{l_y}{l_y} e\epsilon_D(t) \tilde{l}_y.$$

FIG. 3. Rabi driving of a squeezed dot. We compare analytical results (lines) with numerical simulations (dots) of a three-dimensional dot driven by a field with amplitude $E_x^\text{ac}$ and frequency $\omega_D$. Here, $w \gg l_b$. In (a), we analyze the dependence of Rabi frequency $\omega_R$ on the aspect ratio of the dot. In (b), we show $\omega_R$ (black) against $l_y$ in the DR (at $l_y = l_y^{0.81l_b}$ and cubic ($l_y = l_y$) SOI regime. In the latter case, we use the anisotropic LH Hamiltonian and $\mathbf{z} \parallel [001]$. To facilitate the comparison, $\omega_R$ has been reduced by a factor $10^2$. The energy gap $\tilde{\alpha}_y$ at $l_y = l_y^{0.8}$ is shown in red. In (c) we show the $g$ tensor at $l_y = l_y^{0.8}$ against $l_y$; hollow dots show $g_{yy}$ at $l_y = l_y^{0.8}$. Assuming $l_y \approx l_y^{0.8}$, we find a good fit for $(\alpha^\star, \beta^\star/\tilde{l}_y^2) = (3.09, 7.72)$, $(\alpha^\star, \beta^\star/\tilde{l}_y^2) = (3.92, 2)$, $(\alpha^\star, \beta^\star/\tilde{l}_y^2) = (0.37, 5.02)$ and $(\alpha^\star, \beta^\star/\tilde{l}_y^2) = (0.98, 6.38)$. In (d) we examine $\omega_R$ at $l_y = 6l_b$ against $\epsilon_0$ for different values of $l_y$; solid lines mark the fitting formulas discussed in the text. In the left (bottom) label of (b) [(d)], $E$ is in $V/\mu$m.

Considering an harmonic drive $E_y(t) = E_x^\text{ac} \sin(\omega_D t)$ at the resonance $\omega_D = g_{yy} \mu_R \tilde{l} B_y$, the qubit shows Rabi oscillations with frequency

$$\omega_R = \frac{\gamma_y}{2l_y} \left(\frac{l_y}{l_y} \frac{E_x^\text{ac}}{E} - \omega_D\right).$$

Because our analysis treats the SOI exactly, it is applicable for arbitrary SOI strengths. At resonance, it also agrees with the perturbative results in Ref. [30] and the oscillation correctly vanishes when $E_y$ is static. By substituting the operators $T$ with magnetic transitions [17], one can show that at resonance the orbital effects only give corrections $O(B^2)$ and are neglected here.

In Fig. 3, we use these analytical formulas to interpret the results of a full three-dimensional numerical simulation of the dot in Fig. 1 when $w \gg l_b$. In this simulation, $\omega_R$ and $g_{yy}$ are obtained by discretizing the Hamiltonian in Eq. (1) at $E_x(t) = B = 0$, and by projecting $H_D(t)$ and $H_B$ onto the ground-state subspace. The energy gap between this subspace and the first excited state is the gap $\tilde{\alpha}_y$. In Fig. 3(a), we show the Rabi frequency $\omega_R$ as a function of the aspect ratio of the dot. We first neglect the strain and set $\epsilon_0 = 0$. When $l_y = l_y$ (blue line)
the dot is isotropic and \( \omega_R \) vanishes. In contrast, \( \omega_R \) is strongly enhanced at \( l_z \sim l_y \) and \( l_y \gtrsim 2l_x \), where the DRSOI is large.

In Fig. 3(b), we examine in more detail these two cases. When \( l_x = l_y \), a Rabi frequency \( \omega_R \approx 0.039\omega_D E_y^{\infty} l_y^2 / E_y^2 \) consistent with a cubic SOI [12,13] is recovered for \( z \parallel [001] \) when including the LK anisotropies \( \gamma_1 \neq \gamma_2 \) [13]. Because \( (\gamma_3 - \gamma_2)/\gamma_1 \approx 0.1 \), this contribution is much smaller than the DRSOI: in the range of parameter analyzed here and for a driving field with \( \omega_D = 3 \) GHz and \( E_y^{\infty} / E \approx 2 \% \) [5], we estimate a maximal value \( \omega_R \approx 150 \) MHz, in reasonable agreement with both theory [12,13] and experiments [7,8].

In contrast, in the DR regime, the Rabi frequency grows as \( \omega_R \propto l_y^4 \), see Eq. (5), roughly independently of the growth direction, resulting in \( \omega_R \sim 200\omega_D E_y^{\infty} / E \sim 12 \) GHz at \( l_y = l_y^* \). This frequency is two orders of magnitude larger than \( \omega_R \), thus enabling faster gates at lower power. We extract \( m \) and \( l_y^* \) from the slope of \( \omega_y^* \propto l_y^{-2} \) and \( \omega_R \). In the regime of parameters studied (also including strain), \( m \) varies at most of \( \pm 20\% \) from \( m / \gamma_1 \), resulting in a maximal variation of \( \omega_y \) and \( l_y \) of \( \pm 10\% \) and \( \pm 5\% \) from \( \omega_0 \) and \( l_y \), respectively. Consequently, \( l_y^* \approx \gamma_1 l_y / 2.56 \approx 42 \) nm \( \times E^{-1/3} \), in good agreement with the fitted value \( l_y^* \approx 44 \) nm \( \times E^{-1/3} \).

The \( g \) factors are described well by Eq. (4a) and equivalent expressions in other directions (without the Gaussian decay \( e^{-l_y^4/\gamma^2} \) for \( g_{xx} \)) as shown in Fig. 3(c). When \( B = B_e e_x \), at the confinement potential maximizing the DRSoI the Zeeman gap is small because \( g_{xy} \approx 0.1 \). Larger gaps are obtained by rotating the magnetic field to the \( z \) direction or by widening the dot: at \( l_x = l_x^* \), \( g_{yy} \approx 7 \gamma_1^2 \), and the DRSOI is only halved, thus still enabling above GHz Rabi oscillations.

In Fig. 3(d), we analyze the dependence of \( \omega_R \) on \( E_x^0 \) in a strained dot with \( l_y = 6l_x \approx 48 \) nm \( \times E^{-1/3} \). When \( l_y / l_x \gtrsim l_y^* \), we find that the effect of strain is accurately captured by the fitting formula \( \omega_R (E_x^0) \approx \omega_R (0) / (1 - E_x^0 / \gamma^2) \), where \( \gamma \) is a positive parameter that decreases from \( \gamma^2 = 0.72\% \times E^{2/3} \) to \( \gamma^2 = 0.42\% \times E^{2/3} \) when \( l_y = l_y^* \). In strained devices, \( \omega_R \) is enhanced by reducing \( l_x \) [gray dots in the figure] or increasing \( l_x \) [\( \omega_R (0) \propto l_y^4 \)].

V. SQUEEZED QUBITS IN STATE-OF-THE-ART DEVICES

To conclude our analysis, we simulate explicitly a squeezed qubit in currently available devices [33]. In Fig. 4(a), we show the Rabi and Zeeman frequencies as a function of \( E \) in a dot with lateral sizes \( l_x = 10 \) nm and \( l_y = 50 \) nm and well width \( w = 20 \) nm. The dot is driven at resonance by a realistic ac electric field \( E_x^{\infty} = 0.02 \) V/\( \mu \)m [5] and is subjected to a magnetic field \( B_y = 0.5 \) T. We relate the strain \( E_x^0 \approx 1.74k_y \approx -5.4\% (1 - x) / (1 - 0.8) \), based on the measured value \( E_x^0 \approx -0.62\% \) at \( x = 0.8 \) [33]. In this design, the Zeeman energy is around 3 GHz and is 22 to 43 times smaller than \( \omega_0 \), \( \gtrsim 420 \) \( \mu \)eV. The Rabi frequency is in the GHz range and doubles when \( x \) changes from 0.8 to 0.9. These values are comparable to the estimated values in Ge nanowires [16] and result in ultrafast qubit gates. At the same time, because \( \omega_R \propto E_x^{\infty} \), the strong DRSOI enables power efficient operations and currently achieved Rabi frequencies \( \omega_R \approx 100 \) MHz [7–10] are reached at the modest driving amplitude \( E_x^{\infty} \approx 2 \times 10^{-3} \) V/\( \mu \)m.

Finally, in Fig. 4(b), we estimate the lifetime of this qubit when left idle. Assuming 1/\( f \) charge noise, the fluctuations of \( g_{yy} \) as a function of \( l_x \) and \( E \) result in a dephasing time \( T_2^* \approx \left[ \mu_B g_{xy} \sqrt{(\delta \eta)^2} \right] / h \) against \( E \) for two devices with different concentration of Ge \( x = 0.9 \) (solid) and \( x = 0.8 \) (dashed) (\( \delta \eta = -0.54\% \) and \( \delta \eta = -1.08\% \), respectively). In (b), we estimate the dephasing at \( x = 0.9 \); we use \( \sqrt{(\delta E^2)} / E = 10^{-1} \) and \( \langle \delta \eta \rangle \approx 2 \omega_0 \sqrt{(\delta l_o^2) / l_i} = 5 \mu \)eV.

We note that the estimated value of \( T_2^* \) caused by the charge noise is orders of magnitude smaller than the relaxation time caused by phonons [35–37], but it is comparable to the relaxation time caused by hyperfine interactions to nuclear spin defects in natural Ge [38,39]. The hyperfine noise could however be minimized by isotopically purifying the material [2] or by a careful design of the dot [39].

The coherence can be improved by dynamical decoupling. Alternatively, because the lateral confinement is controlled by tunable potentials, we envision protocols where qubits could be squeezed on-demand only when operational, thus enabling ultrafast operations, while minimizing charge noise in the unsqueezed state.

In summary, the proposed slight modification of current planar devices based on an asymmetric confinement will push this quantum dot architecture towards new speed and coherence standards. Our analysis is restricted to Ge but we expect similar approaches to strongly enhance the SOI in other semiconductors, such as Si, thus opening up to new possible ways to implement low power ultrafast spin qubits in planar quantum processors.

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