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Abstract

Purpose Because of its superficial location in the dorsal regions of the scalp, the greater occipital nerve (GON) can be injured during neurosurgical procedures, resulting in post-operative pain and postural disturbances. The aim of this work is to specify the course of the GON and how its injuries can be avoided while performing posterior fossa approaches.

Methods This study was carried out at the department of anatomy at Bordeaux University. 4 specimens were dissected to study the GON course. Posterior fossa approaches (midline suboccipital, paramedian suboccipital, retrosigmoid and petrosal) were performed on 4 other specimens to assess potential risks of GON injuries.

Results The GON runs around the obliquus capitis inferior (100%), crosses the semispinalis capitis (100%) and the trapezius (75%) or its aponeurosis (25%). Direct GON injuries can be seen in paramedian suboccipital approaches. Stretching of the GON can occur in midline suboccipital and paramedian suboccipital approaches. We found no evidence of direct or indirect GON injury in retrosigmoid or petrosal approaches.

Conclusion Our study provides interesting data regarding the risk GON injury in posterior fossa approaches. Direct GON injuries in paramedian suboccipital approaches can be avoided with careful dissection. Placing retractors in contact with the periosteum and performing a minimal retraction may help to avoid excessive GON stretching in midline suboccipital and paramedian suboccipital approaches. Furthermore, the incision for retrosigmoid approaches should be as lateral as possible and not too caudal. Finally, avoiding extreme patient positioning reduces the risk of GON stretching in all approaches.

Keywords Greater occipital nerve · Posterior fossa approach · Occipital neuralgia · Post-operative pain · Surgical technique · Anatomy

Introduction

The greater occipital nerve (GON), also known as Arnold’s nerve, arises from the dorsal ramus of the second spinal nerve (C2) [1–6]. Its main function consists in the sensitive innervation of the dorsal part of the scalp, together with the lesser occipital nerve, the third occipital nerve, and sometimes the greater auricular nerve [5, 7].

Its course in the dorsal regions of the neck is subject to intra- and inter-individual variability [4]. After its emergence, it goes towards the obliquus capitis inferior and runs around this muscle in the majority of cases [1, 3, 5, 8, 9]. Then it runs through the semispinalis capitis, crossing its muscular fibers at about 10-15 mm lateral to the midline [4, 6, 8, 10]. The crossing of this muscle by the GON is not constant, as highlighted by the work of Bovim et al. (90%), Tubbs et al. (90%), and Ducic et al. (98.5%) [4, 8, 9]. It finally goes to the trapezius, with most of the works suggesting that the GON crosses its aponeurosis more often than the

Abbreviations

EOP External occipital protuberance
GON Greater occipital nerve
IHS International Headache Society
OA Occipital artery

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muscle itself [1, 8, 9, 11]. This penetration point is situated at about 23–24 mm lateral from the midline [8, 12].

The GON becomes subcutaneous just after its emergence at the superficial part of the trapezius. Generally, this point is located just below the superior nuchal line [1] and about 5–28 mm lateral to the midline [11]. Caudal to the superior nuchal line, it begins its division into terminal branches, with a high anatomical variability [11]. Medial branches innervate the occipital skin, intermediate branches run cranially to innervate the vertex, and lateral branches innervate skin next to the mastoid process [1]. The GON is accompanied in its superficial course by the occipital artery (OA) [13]. This artery appears to be lateral to the GON in the majority of cases [13, 14], but can sometimes be found medial to it [3], surrounded by the GON [11], or even be in a common fascia [11].

Clinical symptoms associated with GON injury frequently consist of neuropathic pain in the area of the affected nerve. This is most often referred to as occipital neuralgia, but it can be called by many other names in the literature, such as Arnold’s neuralgia, cervical migraine, or cervicogenic headache [15]. The International Headache Society (IHS) describes occipital neuralgia as a paroxysmal stabbing pain in the sensory territory distributed by the greater occipital nerve, lesser occipital nerve, or third occipital nerve, sometimes accompanied by dysesthesias in the affected areas [16]. However, symptoms are not limited to neuropathic pain. Indeed, because of the rich proprioceptive afferents of the upper cervical muscles and their relationship with the vestibular nuclei [17], patients with occipital neuralgia may also present vestibular disorders leading to disabling postural instability [18].

Since the beginning of neurosurgery, many approaches to the posterior cranial fossa have been described. Depending on the location of the skin incision, we decided to separate those ones into three groups, namely lateral approaches (sub-temporal approach, petrosal approach), posterolateral approaches (retrosigmoid approach, far lateral approach, paramedian suboccipital approach) or midline approach (midline suboccipital approach) [19]. Skin incision for sub-temporal approaches is located anterior to the ear so that the GON might not be injured. In all other approaches, the development of postoperative symptoms consistent with GON injury might occur, promoted by direct damage to the occipital nerves during surgery, compression of the nerve in postoperative scar tissue or formation of post-traumatic scar neuromas [20, 21]. Since occipital neuralgia negatively affects the quality of life of patients postoperatively [20, 21], care should be taken to avoid GON injury during surgical approaches to the posterior cranial fossa, which are common practice in neurosurgery.

The aim of this work is to specify the anatomical relationships of the GON based on an anatomical study carried out on cadaveric specimen, to determine how its injuries can be avoided while performing posterior fossa approaches.

Material and methods

Study design

This study was carried out at the department of anatomy at Bordeaux University. 8 specimens of head and neck embalmed with 10% formalin were dissected. Of these, 2 specimens were previously injected with red-colored neoprene latex into the external carotid system to visualize OA. We first performed a dissection of the GON among its course to understand its anatomical relationships with surrounding structures. Then we performed common posterior fossa approaches with an assessment of potential injuries to the GON.

Dissection of the GON

Four specimens were dissected. Among them, 2 specimens were previously injected with red-colored neoprene latex into the external carotid system.

To locate the course of the GON, 2 specimens were placed in the prone position (specimen 1 and 2). After shaving the dorsal regions of the head and neck, a midline incision was made from 3 cm above the external occipital protuberance (EOP) to the spinous process of the 7th cervical vertebra (C7). This incision was completed by 2 tangential incisions at the ends of this first incision, for approximately 7 cm laterally (Fig. 1a). In one cadaver, the GON was followed in depth through the muscles of the neck to its apparent origin opposite the atlanto-axial intervertebral space. In the other cadaver, a median dissection of neck muscles was performed until the apparent origin of the GON was found. Its course was then followed superficially into the dorsal regions of the neck.

The relationship between the GON and the OA was studied more specifically using the 2 injected specimens (specimen 3 and 4). Those were placed in the prone position. Incisions were made using the description of Won et al. to find both nerve and artery [14]. We drew a line from the mastoid process to the EOP. This line was then divided into 3 equally sized segments. A line perpendicular to the midline and passing through the junction between the medial and middle thirds of this segment was drawn. The incision made was on this line, 3 cm cranial and caudal crossing the line connecting the mastoid process to the EOP. The incision was extended laterally and medially by 2 cm to expose and retract the subcutaneous tissues (Fig. 1b).
Posterior fossa approaches

4 specimens were dissected and 4 common approaches were studied in our work: the midline suboccipital approach, the paramedian suboccipital approach, the retrosigmoid approach and the transpetrosal approach (Fig. 2). Every approach was performed twice. Lateral or postero-lateral approaches were studied on each side of the cadaver. Midline approach was studied a second time in the cadaver where petrosal approaches were performed.
Midline suboccipital approach

Incision extended along the midline from 1 cm above the EOP to the first palpable cervical vertebral spinous process (mainly C7). Dissection of the subcutaneous layer was performed along the midline, and muscle dissection along the nuchal ligament until it reached the occipital bone. The periosteum was then roughened laterally, displacing the muscle masses with it. The dorsal arch of the atlas was also exposed. To locate the GON, 2 paramedian incisions were also made. These extended laterally 1–5 cm from the midline incision.

Paramedian suboccipital approach

A segment was drawn between the tip of the mastoid process and the EOP. Incision extended parallel to the midline, through a point passing in the middle of this segment, for approximately 8 cm height with a proportion of 1/3 length cranial to this point and 2/3 length caudal to it. Dissection was performed trans-muscularly until the occipital bone was reached. The periosteum was then roughened laterally, displacing the muscle masses with it. Occipital bone was thus exposed. To study the risk of nerve damage following this approach, we then made a midline incision and dissected the subcutaneous layer laterally until the paramedian incision was reached.

Retrosigmoid approach

Anatomical landmarks were the tip of the mastoid and the helix. An incision was located one fingerbreadth dorsal to the mastoid tip, and extended from the mastoid tip to the helix in a slightly concave forward path. The incision was made until bony contact was felt. The periosteum was then roughened laterally, displacing the muscle masses with it. Occipital bone was thus exposed. To determine the risk of GON injury during this approach, a paramedian incision was made starting laterally 1 cm from the midline and extending up to 2 cm medial to the approach. The nerve was then dissected until we found its lateral crossing point opposite the obliquus capitis inferior.

Transpetrosal approach

A retroauricular inverted C-shaped incision was performed. It started at the cranial part of the ear, one fingerbreath above the helix, extended dorsally to pass 3 fingerbreaths dorsal to the auricle and then ended opposite the auricle. Incision was performed through the depth of the subcutaneous layers until feeling bony contact. The remaining muscle was roughened to expose a very large retroauricular bony surface. A paramedian incision in the form of a 5 cm long square was then performed. It extended laterally from 1 to 6 cm from the midline, with the most cranial point located at the same level as the most cranial point of the incision. The subcutaneous layers within this square were dissected to locate the GON.

Data collection

The course of the GON was assessed each time it crossed a neighboring muscular element (obliquus capitis inferior, semispinalis capitis and trapezius). Lateral distances from the midline and craniocaudal distances from the EOP were measured with a ruler.

Concerning its relationships with the OA, parameters studied were the position of the GON and OA, the distance between those 2 entities, the existence of a possible common fascia and the way they cross.

Assessment of direct GON injury while performing posterior fossa approaches was performed by measuring the distance between the GON and the incision path.

Assessment of indirect GON injury was performed using retractors and threads in the different layers severed by the incision. The severity of GON deformation by either retractors or threads was considered a good indicator for indirect nerve injury. Traction in the lateral or medial direction with threads were all performed with the same gravitational force (5 kg weight attached to the wire and suspended in the air).

Ethics approval

Given the documents at its disposal, the Research Ethics Committee of Bordeaux issued a favorable opinion for the publication of this research (GP-CE2021-18).

Results

No previous surgery or injuries in the cranio-cervical regions were found in the specimens dissected in our study.

Dissection of the GON (Tables 1 and 2)

The GON could be found and dissected bilaterally in the 2 specimens used to study its course (4 greater occipital nerves). The GON and AO could be individualized bilaterally in the 2 specimens dissected to study their relationship (4 greater occipital nerves and 4 occipital arteries).

The emergence point of the GON was located at the level of the atlantoaxial intervertebral space, at an average distance of 18 mm from the midline (min: 17 mm to max: 19 mm). This distance appeared symmetrical in only one of the two subjects studied.

After leaving the intervertebral space, the GON ran laterally, caudal to obliquus capitis inferior. In all specimens
(4/4), the nerve went around this muscle without crossing it. The nerve then ran dorsally to the semispinalis capitis, which it crossed in every specimen (4/4). The last muscular connection found concerned the trapezius muscle. The GON crossed the muscle itself in 75% (3/4), and its aponeurosis in 25% of cases (1/4).

Subcutaneous emergence of the GON was found in all subjects with an average of 22.75 mm (min: 17 mm, max: 27 mm) from the midline laterally, and an average of 18 mm (min: 15 mm, max: 21 mm) caudal to the EOP. Thereafter, the nerve gave multiple branches to innervate the dorsal and cranial cervical regions.

The GON appeared lateral to the OA in 2 specimens (50%), while it was medial to it in the other 2 (50%). In 3 cases (75%), the GON only crossed the AO, whereas in 1 case (25%), the nerve and artery travelled together in the subcutaneous layer of the dorsal cervical region (Fig. 3). None of the 4 dissections revealed the presence of a common fascia between the GON and the OA.

**Table 1** Characteristics concerning the GON course

| Specimen 1 | Specimen 2 |
|------------|------------|
| Left GON   | Left GON   |
| Right GON  | Right GON  |
| Distance from midline at the exit of the intervertebral space |
| 18 mm      | 17 mm      |
| 18 mm      | 19 mm      |
| Obliquus capitis inferior |
| Goes around the muscle | Goes around the muscle |
| Semi spinalis capitis |
| Passes through the muscle | Passes through the muscle |
| Trapezius |
| Passes through the muscle | Passes through the muscle |
| Emergence at the superficial part of the trapezius |
| Laterally: 17 mm | Laterally: 26 mm |
| Caudally to EOP: 15 mm | Caudally to EOP: 21 mm |
| Terminal branches |
| Various | Various |

**Table 2** Anatomical relationships between the GON and the OA

| Specimen 3 | Specimen 4 |
|------------|------------|
| Left       | Right      | Left       | Right      |
| Position of the GON in relation to the OA |
| Medial     | Lateral    | Lateral    | Medial     |
| Intersection between GON and OA |
| Single point | Single point | Single point | Helical intertwining |
| Common fascia |
| No         | No         | No         | No         |

**GON** greater occipital nerve, **EOP** external occipital protuberance

**Posterior fossa approaches (Table 3)**

The GON was found and dissected in the 4 specimens used (8 greater occipital nerves). Thus, its relationship with the incision path could be studied for all the approaches performed.
Midline suboccipital approach

No nerve fibers belonging to the GON were found or severed during this approach. In fact, the nerve was found at a most medial distance of 14 mm on the right side and 15 mm on the left side.

Using retractors at the cranial and caudal sides of the incision, we noticed that a deformation of the nerve appeared as soon as we performed sufficient spacing to expose the occipital bone. The results of the various traction performed with the threads were similar on both sides of the study. Only the traction performed with the threads placed in the muscles and on the periosteum allowed sufficient exposure of the occipital bone for further surgery. When comparing the deformation and lateral translation of the GON following maximum traction on the threads opposite the periosteum and the muscle masses, we noted that this deformation appeared to be greater with the wires placed in the muscles (Fig. 4). This was found bilaterally.

Paramedian suboccipital approach

Several nerve nets belonging to the lesser occipital nerve were transected along the path of the approach. No GON injury was found. However, one of its branches was found 6 mm from the approach (Fig. 5).

When comparing the nerve strain exerted with equal traction on the periosteum and in the muscles, we found that the strain appeared to be less when using the traction threads opposite the periosteum.

Retrosigmoid approach

None of the GON fibers were severed during this surgical approach, with the most lateral point of the GON found at 29 mm from the incision (Fig. 6).

No significant nerve stretch was found after traction on the various threads apposed along with the approach, either at the level of the subcutaneous division branch of the nerve or opposite the inferior oblique muscle bypass.

Table 3  Risk of GON injury in posterior fossa approaches

|                      | Midline suboccipital approach | Paramedian suboccipital approach | Retrosigmoid approach | Transpetrosal approach |
|----------------------|-------------------------------|----------------------------------|-----------------------|------------------------|
| Risk of direct injury| No                            | Yes                              | No                    | No                     |
| Risk of indirect injury| Yes                         | Yes                              | Possible              | No                     |

GON greater occipital nerve

Fig. 4  Traction with the threads opposite the periosteum (right) or the muscle masses (left), dorsal view. GON deformation is greater when traction is applied to the muscle.
Transpetrosal approach

No GON fibers were severed during the transpetrosal approach, with the most lateral point of the GON found at 24 mm from the incision path (Fig. 7).

Discussion

Neurosurgical approaches performed close to the occipital nerves are more likely to injure the GON and cause postoperative cranial pain [22, 23]. Some of these complications seem to be avoidable by a good knowledge of the nerve anatomy of this region, careful positioning of the patient in the operating room, modification of the incision (risk of direct nerve damage) or modification of retractors placement (risk of indirect nerve damage).

The course of the GON within the dorsal cranio-cervical regions has been described in multiple anatomical studies [1, 3–5, 8–11, 13]. As suggested by both the literature and our study, its course is relatively constant within the different muscular layers of this region. Conversely, the GON becomes subcutaneous after it crosses the trapezius, whose penetration location is variable. This anatomical inconsistency is confirmed by our results: even if most of the works in the literature stipulate that the nerve crosses the aponeurosis of the trapezius muscle rather than the muscle itself [4, 8, 9, 11, 14], our data show a muscle crossing in most of the cases (75%). The location of the exit point towards
the subcutaneous region found in our study is consistent with the data in the literature [11]. However, the inter-individual variations observed in our dissections (10 mm variation from the midline, 6 mm variation caudal to the EOP) reinforce the fact that the subcutaneous part of the nerve course is subject to anatomical variability. We also found a close anatomical relationship between the GON and the OA, as described in the literature [3, 11, 13, 14]. The contribution of this anatomical knowledge allows us to understand that there is an increased risk of injury to the greater occipital nerve in the case of an approach starting with an incision situated between 1 and 4 cm lateral to the midline. However, if this type of approach is performed, careful dissection of the subcutaneous tissue will allow the identification of the GON, whose point of emergence is situated below the nuchal line. This identification will be facilitated by the identification of the OA.

Patient installation and positioning in the operating room also seem to influence the risk of developing postoperative occipital neuralgia. Four types of positioning are classically described for posterior fossa approaches [24]: prone position, lateral decubitus, supine position with head rotation, and sitting position, the latter being rarely used in current practice. Dynamic variation of the course of the GON during neck movements showed that extension of the neck does not affect tension on this nerve [6]. Conversely, head flexion movements appear to stretch the nerve between the obliquus capitis inferior and the semispinalis capitis [6]. Rotational movements of the head cause a stretching of the contralateral C2 root [6]. Based on those considerations, there is a risk of GON injuries in the prone position and more specifically in the Concorde position (due to extreme head flexion) and in supine position with head rotation (due to stretching of contralateral C2 root).

Based on our results, the GON course and data from the literature [25], a midline approach should not cause direct GON injuries. Conversely, the hypothesis that the GON can be stretched and injured indirectly by the placement of retractors is a matter of debate. Because of its short distance to the midline (14 mm), we noticed that the use of retractors to expose occipital bone can stretch the GON, thus suggesting that it can be injured indirectly. On the contrary, Sindou and Mertens studied the GON anatomical landmarks and considered that the midline suboccipital approach allows the integrity of this nerve to be respected [25]. Skins incisions for midline suboccipital approach can obviously not be changed. However, our results show that the GON stretching is proportional to the traction force exerted by the retractors. Furthermore, the placement of the retractors under the periosteum decreases the deformity exerted on the GON. Thus, assuming that there is a risk of indirect GON injury in this approach, we recommend placing the retractors under the periosteum and making a minimal retraction, just sufficient to expose the occipital bone.

There are multiple anatomical landmarks for the skin incision of the lateral suboccipital approach. In all cases, it is located between the midline and the retroauricular region and is therefore at risk of crossing the GON. In our study, we did not find any direct lesion of the GON, but its proximity to the incision (6 mm) and its anatomical variability lead us to believe that this risk does exist. Moreover, because of its close relationship with the incision path, there is also a risk of indirect GON injury with retractors placement. The risk of developing postoperative occipital neuralgia after surgery with a lateral suboccipital approach is poorly described in the literature. Most of the time, the approach described using the term lateral suboccipital approach is a retrosigmoid approach [26]. According to our results, this approach is nevertheless the most likely to cause GON injuries, and in particular the only one that could directly injure it. To minimize this risk, we recommend careful dissection of the subcutaneous tissue during this surgical approach. We also recommend placing the retractors under the periosteum, and achieving a minimal retraction, just sufficient for bone exposure.

Multiple incisions are described to perform a retrosigmoid approach. The most common are linear incisions medial to the mastoid and C-shaped incisions [27]. Most anatomical studies estimate the risk of GON injury in this approach [27–29]. Aihara et al. compared an S-shaped incision (where the GON was rarely cut but often stretched and retracted) and a C-shaped incision (where the GON was neither cut nor stretched during retraction) to explain the factors influencing the duration of postoperative headache in patients undergoing retrosigmoid approach for vestibular schwannoma [28]. They found a significantly shorter duration of postoperative headache in C-shaped incisions, suggesting that stretching of this nerve may lead to postoperative pain. Silvermann et al. have described modifications to the retrosigmoid approach, including a skin incision that avoids the occipital nerves and a small craniectomy [29]. The combination of these two factors reduces the probability of occipital nerve injury and may help to reduce the incidence of postoperative headaches. According to the data of Sindou and Mertens [25], only a short oblique retromastoid incision (linear or curved), lateral enough to avoid the area where the nerve goes around the obliquus capitis inferior should not damage the GON. Those data seem to be confirmed by the increased risk of neck pain and headache after vestibular schwannoma removal via the retrosigmoid approach compared to the translabyrinthine [22, 23] and subtemporal [23] approaches. In our study, the most lateral point of the GON was 29 mm from the incision, which leads us to believe that direct injury to the GON is unlikely. Furthermore, no significant stretching of the nerve was found after traction on
the various threads apposed along the approach, suggesting a very low risk of indirect nerve injury during the retrosigmoid approach. The discrepancy between our data and the literature seems to be explained by the fact that the incision we made for the retrosigmoid approach is very close to the ear. This is of course dependson the location of the sigmoid sinus. Thus, to minimize the risk of damage to the GON during the retrosigmoid approach, we recommend a fairly lateral approach if possible, 1 fingerbreadth medial to the mastoid. This incision should not extend too far caudally to avoid the point where the GON goes around the obliquus capitis inferior.

The semantics of the petrosal approach have been simplified by Miller who divides them into 2 distinct categories [30]: anterior and posterior petrectomy. Due to the preauricular skin incision in the case of anterior petrectomy [30], only the posterior petrectomy approach may provide GON injury. For posterior petrectomy, an inverted J-shaped (or C-shaped) incision with a retroauricular starting point is classically performed [30]. In our study, we did not find any risk of injury to the GON with the petrosal approach. It is lateral enough to avoid the nerve, and no retraction towards the nerve is required. Our results are clinically confirmed by literature, where few postoperative neuralgias are found after petrosal approach. This risk appears to be less frequent than for retrosigmoid approaches [22, 23]. For example, a recent review of the literature lists 3 studies showing no significant difference in terms of pain between the retrosigmoid and trans-labyrinthine approaches and 4 studies showing a lower rate of postoperative headaches in patients who underwent petrosal approaches [31].

Our anatomical study applied to posterior cranial fossa approaches provides interesting data regarding the risk of intraoperative nerve injury. Performing initially a descriptive anatomical study of the GON allowed us to understand its course. The fact that we performed most of the approaches used in current practice and studied their relationship with the GON seems to us to be a methodological strength to meet the aim of our study. Thus, based on our study and the data in the literature, we propose advice to minimize the risk of intraoperative GON injury (Table 4).

However, we admit several limitations to our study. First of all, there are multiple causes for postoperative occipital neuralgia, such as irritation of sensitive nerve branches for the occipital dura mater and the venous sinuses [32], neurogenic inflammation by irritation of the trigeminal nerve [22], muscular adhesions with the dura mater in the case of craniectomy [22, 26], muscular damage during the surgical approach [22] or muscular tension due to intraoperative positioning [22]. These different causes have not been considered in our work and may act as confounding factors. In addition, the GON course presents an inter- and intra-individual variability, and we only performed every approach twice. Similarly, we did not study the dynamic variations of the GON related to the positioning of the patient in the operating room. Our protocol for identifying the risk of nerve damage appears to be rigorous: traction was performed in the direction of the nerve, with an identical force each time. On the other hand, the assessment of the neurological risk seems to us to be more approximate, as it was only assessed on the deformation and stretching of the nerve. We also believe that this deformation may be overestimated, since dissection of the nerve frees it from its subcutaneous and muscular adhesions, thus favoring its mobility. Finally, the absence of the possibility of revealing clinical damage felt by the patient prevents us from estimating the clinical translation of our suppositions.

### Conclusion

Our anatomy study provides interesting data regarding the risk of intraoperative GON injury in the posterior fossa approach. Direct GON injuries can appear while performing

| Approach                  | GON injury | Advice                                                                 |
|---------------------------|------------|------------------------------------------------------------------------|
| Midline suboccipital approach | Direct injury: − | Place retractors under the periosteum  |
|                           | Indirect injury: + | Perform a minimal retraction  |
| Paramedian suboccipital approach | Direct injury: + | Careful dissection of the subcutaneous layer  |
|                           | Indirect injury: + | Place retractors under the periosteum  |
| Retrosigmoid approach     | Direct injury: − | Incision as lateral as possible (depend of the position of the sigmoid sinus)  |
|                           | Indirect injury: +/- | Avoid a too caudal incision  |
| Petrosal approach         | Direct injury: − |  |
|                           | Indirect injury: − |  |

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paramedian suboccipital approaches and can be avoided with careful dissection of the subcutaneous and muscular layers. Indirect GON injuries are likely to appear in midline suboccipital, paramedian suboccipital approaches and can appear in retrosigmoid approaches. We recommend placing retractors under the perietoideum and performing a minimal retraction to avoid excessive stretching to the GON. Furthermore, the incision for retrosigmoid approaches should be as lateral as possible (depending on the location of the sigmoid sinus) and not too caudal. Finally, avoiding extreme patient positioning reduces the risk of GON stretching in all approaches.

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Author contribution GL: protocol development, data collection, management and analysis, manuscript writing and editing. VJ: data management, protocol development, manuscript editing. TW: manuscript editing. EG: manuscript editing. JR Vignes: manuscript editing. DL: project development, protocol development, data management, manuscript editing.

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Data availability G. Lainé had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. Data are available on request to the corresponding author.

Code availability Not applicable.

Declarations

Conflict of interest The work described has not been published before and it is not under consideration for publication anywhere else. Its publication has been approved by all co-authors, as well as by the responsible authorities at the institute where the work has been carried out.

Ethical approval Given the documents at its disposal, the Research Ethics Committee of Bordeaux issued a favorable opinion for the publication of this research (GP-CE2021-18).

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