Evaluation of Sensitivity and Specificity of Three Commercial Real-Time Quantitative Polymerase Chain Reaction Kits for Detecting SARS-CoV-2 in Bangladesh

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Abstract

Background

The coronavirus disease 2019 (COVID-19) pandemic has manifested into an unprecedented public health crisis. The rapid spread of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has facilitated reagent developers to customize and receive authorization for nucleic acid testing kits in a short period, which would have resulted in some shortcomings in the quality parameters of the kits. Consequently, in-house clinical validations of innovative real-time quantitative polymerase chain reaction (RT-qPCR) kits are required. This research aims to determine the sensitivity, specificity, and accuracy of various RT-qPCR kits available in Bangladesh.

Methodology

A total of 150 samples were obtained from patients with suspected COVID-19 infection when the delta variant was predominant, followed by RNA extraction performed using a nucleic acid isolation kit. Subsequently, three commercially available PCR kits named Sansure (China), STAT-NAT 5 (Sentinel Diagnostics, Italy), and Roche Biochem (Switzerland) were applied to detect SARS-CoV-2.

Results

The results showed that the STAT-NAT 5 kit is more sensitive than the other two, as indicated by the cycle threshold (Ct) values of respective genes. STAT-NAT 5 RT-qPCR can detect the ORF1ab gene sensitively (p < 0.001) compared to Sansure. STAT-NAT 5 was also capable of detecting E and RdRp genes more sensitively (p < 0.001) compared to Roche. Regarding specificity, STAT-NAT 5 (95% confidence interval [CI] = 92.29-99.73%), RT-qPCR showed more accuracy than Sansure (95% CI = 90.77-99.32%) and Roche (95% CI = 81.17-94.38%). The area under the curve for E, ORF1ab, and RdRp genes of the STAT NAT 5 PCR kit was 0.952, 0.959, and 0.981, respectively.

Conclusions

This study concluded that STAT-NAT 5 is a better diagnostic RT-qPCR kit compared to Sansure and Roche for detecting SARS-CoV-2.

Introduction

The coronavirus disease 2019 (COVID-19) is an infectious disease initially discovered in December 2019 in Wuhan, China [1]. On March 11, 2020, the World Health Organization (WHO) declared COVID-19 a pandemic due to the outbreak of a novel coronavirus named severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) [2]. SARS-CoV-2 is an enveloped, positive-sense, single-stranded RNA (+ssRNA) virus belonging to the Orthocoronavirinae subfamily of the Coronaviridae family [3]. The first case of SARS-CoV-2 infection in Bangladesh was reported on March 8, 2020 [4]. Bangladesh was facing an increasing risk of imported and local COVID-19 hotspots. As of November 18, 2021, Bangladesh has reported 1,573,214 positive cases and 27,934 deaths from 10,653,924 lab tests [5]. Quick and accurate detection of virus-infected individuals is important to minimize the spread of SARS-CoV-2. The most sensitive and specific assay for
detecting SARS-CoV-2 is the real-time quantitative reverse transcription-polymerase chain reaction (RT-qPCR) [6,7]. Although numerous COVID-19 RT-qPCR kits are widely available currently, an impartial evaluation of these products has not been conducted yet to facilitate the implementation of accurate testing in a diagnostic sector crowded with new tests. To battle the COVID-19 pandemic, accurate detection tests for SARS-CoV-2 are crucial. During this emergency, several companies developed diagnostic kits for detecting SARS-CoV-2 within a short time by compromising on kit sensitivity and specificity [8].

This study aimed to compare and assess the detection performance of three SARS-CoV-2 nucleic acid detection kits for the simultaneous detection of samples collected from COVID-19 patients. In-house clinical verification of innovative RT-PCR kits is needed following their introduction. This research will aid in determining the efficacy of assorted PCR kits already in use in Bangladesh, determining the most appropriate target gene based on mutation frequency, developing a multiplex real-time RT-qPCR assay for SARS-CoV-2 detection, and investigating demographic characteristics and laboratory findings of COVID-19-positive patients.

Materials And Methods
Collection of clinical specimens
Between August and September 2021, 150 samples (nasopharyngeal and oropharyngeal swabs in a viral transport medium [VTM]) were obtained from patients with suspected COVID-19 infection at Shaheed Suhrawardy Medical College Hospital in Dhaka, Bangladesh. The following commercially available PCR kits were used to detect SARS-CoV-2 and evaluate their sensitivity and specificity: Sansure (China), Sentinel Diagnostics (STAT-NAT®, Italy), and Roche Biochem (Switzerland).

Viral RNA extraction and master mix preparation
The samples in VTM were opened in a biosafety cabinet class-II and vortexed. Subsequently, the samples were allowed to settle for 10 minutes.

For the Sansure PCR kit, 10 µL of the specimen was pipetted into a 1.5 mL Eppendorf tube, and 10 µL sample release reagent was added into each tube. The mixture of the lysis buffer and the sample was vigorously vortexed in a 1.5 mL Eppendorf tube for 10 seconds and allowed to incubate for 10 minutes at room temperature inside a biosafety cabinet class-II to ensure rapid virus deactivation and RNase denaturation. Then, 30 µL of PCR master mix (26 µL PCR mix + 4 µL of PCR enzyme mix) for each sample were prepared. For each sample, 20 µL of lysates were transferred into a PCR tube well. After covering each well and centrifuging at 2,000 rpm for 10 seconds, PCR tubes were placed into the PCR machine (Quant StudioTM 5, Thermo Fisher Scientific, USA) for real-time RT-qPCR amplification. Internal controls targeting the RNase P gene were used for supervising sample collection, sample processing, and qRT-PCR to avoid false-negative findings.

In the case of the STAT-NAT® PCR kit, the RNA extraction procedure was the magnetic bead-based automatic nucleic acid extraction system NC-15 Plus (ALPHAGENE Co. Ltd., Sengnam, Korea). Each STAT-NAT® Pathomag extraction kit well contained 4 µL of poly(A) RNA, 15 µL of proteinase K, 250 µL of extraction buffer I, 250 µL of extraction buffer II, and 50 µL of elution buffer. First, 200 µL of the sample was added to each extraction kit well, and wells were placed in the NC-15 Plus before starting the run. RNA extraction was completed after 25 minutes. Because the STAT-NAT® PCR kit was lyophilized, we added a buffer. To conduct real-time RT-qPCR amplification, 10 µL of extracted DNA was combined with 15 µL of the master mix. Each reaction had an endogenous internal control (IC) (human RNase P), which provided information on the system’s characteristics and ensured the lack of inhibitors of polymerase activity.

For the Roche PCR kit, RNA was extracted using an automated magnetic bead-based MagNA Pure 96 System (Roche Co. Ltd., Switzerland). Each MagNA Pure LC Total Nucleic Acid Isolation Kit well contained 6 µL of poly(A) RNA, 10 µL of proteinase K, 200 µL of extraction buffer I, 200 µL of extraction buffer II, and 40 µL of elution buffer. First, 10 µL of equine arteritis virus (EAV) control and 250 µL of the sample were added to each well. Subsequently, wells were placed in the MagNA Pure 96 System and the extraction processing was started. It took 45 minutes to complete RNA extraction. In total, 10 µL Roche master mix consisted of 4.9 µL of PCR-grade water, 4.0 µL Roche Master, 0.1 µL RT enzyme, 0.5 µL EAV control, and 0.5 µL of parameter-specific reagent (E/RdRP/ORFlab genes). To perform real-time RT-qPCR amplification, 10 µL of elute RNA volume was added with the master mix. This assay uses EAV as an extraction control to ensure the quality of the RNA extraction phase and amplification.

RT-qPCR analysis
Three different PCR kits were used for the qualitative detection of SARS-CoV-2 following the manufacturer’s instructions (Table 1). To exclude the possibility of equipment performance influencing the results, all PCR reactions were conducted on the same RT-PCR machine (Quant StudioTM 5, Thermo Fisher Scientific, USA) under the following conditions:
(a) The Sansure PCR kit included an RT step at 50°C for 30 minutes, followed by a one-minute cDNA pre-denaturation step at 95°C. This was followed by 45 cycles of 15 seconds for denaturation at 95°C and 30 seconds for annealing (with fluorescence monitoring) and elongation at 60°C. Finally, 10 seconds at 25°C for the instrument to cool down.

(b) The STAT-NAT® PCR kit included an RT stage at 50°C for 10 minutes, followed by a two-minute cDNA pre-denaturation step at 95°C. This was followed by 10 cycles of 15 seconds at 95°C for denaturation and 30 seconds at 58°C for annealing (without fluorescence monitoring) and elongation. Subsequently, 35 cycles of 15 seconds at 95°C for denaturation and 30 seconds at 58°C for annealing (with fluorescence monitoring) and elongation.

(c) The Roche PCR kit included an RT step at 55°C for 5 minutes, followed by a cDNA pre-denaturation step at 95°C for five minutes. This was followed by 44 cycles of five seconds at 95°C for denaturation and 15 seconds at 60°C for annealing (with fluorescence monitoring) and elongation. Finally, the instrument was allowed to cool down for 30 seconds at 40°C.

Table 1 presents a summary of real-time RT-qPCR kits used in this study and their rules of interpretation.

| Assay          | Target genes | Internal control | RNA (template) volume (μL) | Analytical sensitivity (LOD) | Running time of PCR | Rules for interpretation of results |
|----------------|--------------|------------------|----------------------------|-----------------------------|---------------------|-------------------------------------|
| Sansure, China | ORF1ab, N    | RNase P          | 200 copies per mL          | ORF1ab sigmoidal amplification curve and Ct ≤ 40 | 97 minutes      | +        | +        | Positive                      |
|                |              |                  |                            | N gene sigmoidal amplification curve and Ct ≤ 40 |                     | -        | +        | Positive                      |
|                |              |                  |                            | Status of result            |                     |          | -        | Positive                      |
| Roche, Switzerland | RdRp, E    | RNase P          | 10 genomic copy equivalents | RdRp sigmoidal amplification curve and Ct ≤ 40 | 70 minutes         | +        | +        | Positive                      |
|                |              |                  |                            | E gene sigmoidal amplification curve and Ct ≤ 35 |                     | -        | +        | Negative                       |
| STAT-NAT®, Italy | ORF1ab, RdRp, E | RNase P | 500 copies per mL         | ORF1ab sigmoidal amplification curve and Ct ≤ 35 | 80 minutes         | +        | +        | Positive                      |
|                |              |                  |                            | RdRp sigmoidal amplification curve and Ct ≤ 35 |                     |          |           | Positive                      |
|                |              |                  |                            | E gene sigmoidal amplification curve and Ct ≤ 30 |                     |          | -        | Positive                      |
|                |              |                  |                            | Status of result            |                     |          | -        | Positive                      |
|                |              |                  |                            | If only one target is positive |                     |          | -        | Positive                      |

**TABLE 1: Summary of real-time RT-qPCR kits used and their rules of interpretation.**
LOD: limit of detection; PCR: polymerase chain reaction; Ct: cycle threshold; RT-qPCR: quantitative reverse transcription-polymerase chain reaction

**Analysis of the results**

For all three kits, the test findings were interpreted according to the manufacturer’s instructions. A positive result for Sansure was a sigmoidal amplification curve in ORF1ab and/or N gene with Ct of ≤40. For this test, the RT-qPCR result was considered positive if: (1) only the ORF1ab gene was positive, (2) only the N gene was positive, or (3) both ORF1ab and N genes were positive at the same time.

A specimen was positive for the STAT-NAT® kit if the sigmoidal amplification curve in the E gene had a Ct of ≤30 and the sigmoidal amplification curve in the ORF and RdRp gene had a Ct of ≤35. For this test, the RT-qPCR result was considered positive if: (1) both ORF and E genes were positive at the same time, (2) both RdRp and E genes were positive at the same time, or (3) ORF, RdRp, and E genes were positive at the same time.
A specimen was positive for the Roche PCR kit if the sigmoidal amplification curve in the \( E \) gene had a Ct of \( \leq 35 \) and the sigmoidal amplification curve in the \( ORF \) and \( RdRp \) genes had a Ct of \( \leq 40 \). The result was considered positive if both \( RdRp \) and \( E \) genes were positive at the same time.

**Statistical analysis**

As the data were normally distributed, the arithmetic mean with standard deviation was used. Categorical variables are presented as numbers and percentages. To compare numerical variables with normal distributions between three independent samples, a one-way analysis of variance with Tukey post hoc test was used. Fisher’s exact test was used to compare the frequencies of categorical variables within independent samples. Additionally, diagnostic accuracy was calculated by comparing all three methods. \( P \)-values of \(< 0.05 \) were considered significant. The analysis was conducted using SPSS version 21.0 (IBM Corp., Armonk, NY, USA). We analyzed the receiver operating characteristic (ROC) curve to measure the area under the curve (AUC).

**Results**

In this cross-sectional study, a total of 150 randomly selected COVID-19 patients were enrolled. The mean age of the participants was 49.64 ± 18.30 years. Overall, 51.33% (77) were males, and 48.67% (73) were females. Presenting symptoms of the patients are listed in Table 2.

| Symptoms       | Positive n = 72 (%) | Negative n = 78 (%) |
|----------------|---------------------|---------------------|
| Headache       | 3 (4.17)            | 12 (15.38)          |
| Cough          | 33 (45.83)          | 35 (44.87)          |
| Fever          | 18 (25.00)          | 26 (33.33)          |
| Breathlessness | 35 (48.61)          | 16 (20.51)          |
| Not applicable | 7 (9.72)            | 9 (11.54)           |

**TABLE 2: Presenting symptoms of the study participants.**

The following three PCR (RT-qPCR) kits were used: Sansure, STAT-NAT\(^\text{a}\), and Roche Biochem. Table 3 summarizes the results obtained using all three kits.

| RT-qPCR kit | Positive, n (%) | Negative, n (%) |
|-------------|-----------------|-----------------|
| Sansure     | 24 (16.0%)      | 126 (84.0%)     |
| STAT-NAT\(^\text{b}\) | 61 (40.7%)      | 89 (59.3%)      |
| Roche       | 72 (48.0%)      | 78 (52.0%)      |

**TABLE 3: Comparison of the three RT-qPCR kits used for testing the 150 specimens.**

RT-qPCR: quantitative reverse transcription-polymerase chain reaction

Table 4 presents the Ct values for all real-time RT-qPCR kits and compares them. When a gene was considered positive, the average Ct value was determined using the arithmetic mean of all Ct values (single or multiple-gene RT-qPCR positivity). The average Ct values for \( ORF1ab \) gene amplification obtained using the STAT-NAT\(^\text{a}\) RT-qPCR kit were significantly lower (\( p < 0.001 \)) than those obtained using the Sansure method. The average Ct values obtained using the STAT-NAT\(^\text{a}\) RT-qPCR kit were considerably lower than the Roche Biochem kit (\( p < 0.001 \)). The STAT-NAT\(^\text{a}\) \( Ct \) values for \( RdRp \) gene amplification were significantly lower than those obtained using the Roche Biochem kit (\( p < 0.001 \)).
The association between Ct values obtained using two different RT-qPCR methods is shown in Table 5. There was a strong positive significant correlation between the Ct values obtained using the STAT-NAT® and Roche Biochem RT-qPCR kits. This finding indicated a high degree of reliability between methods.

| RT-qPCR kit | E gene | RdRp |
|-------------|--------|------|
| STAT-NAT®   |        |      |
| Roche       |        |      |

The likelihood ratio for a positive test result (LR+) was more significant for the STAT-NAT® than for the Sansure or Roche kits. Table 7 presents the AUC, standard error, P-value and asymptotic 95% CIs of Ct values for E, ORF1ab, and RdRp genes of the STAT-NAT® PCR kit. Figure 1 shows the ROC curve of Ct values for E, ORF1ab, and RdRp genes of the STAT-NAT® PCR kit.
Diagnostic accuracy with 95% CI

| RT-qPCR kit | Sn (%) | Sp (%) | Overall accuracy (%) | LR+ | LR- |
|-------------|--------|--------|----------------------|------|------|
| Sansure     | 62.24 (51.88-71.84) | 96.74 (90.77-99.32) | 78.95 (72.46-84.51) | 19.09 (6.21-58.72) | 0.39 (0.30-0.50) |
| STAT-NAT    | 83.56 (73.05-91.21) | 97.80 (92.29-99.73) | 91.46 (86.09-95.25) | 38.02 (9.62-150.28) | 0.17 (0.10-0.28) |
| Roche       | 96.83 (89.00-99.61) | 89.00 (81.17-94.38) | 93.17 (88.10-96.54) | 8.80 (5.03-15.40)  | 0.04 (0.01-0.14) |

TABLE 6: Determination of test accuracy using Sansure, STAT-NAT, and Roche RT-qPCR kits.

CI: confidence interval; Sn: sensitivity; Sp: specificity; LR+: likelihood ratio for a positive test; LR-: likelihood ratio for a negative test; RT-qPCR: quantitative reverse transcription-polymerase chain reaction

| Gene  | Cut-off value | AUC      | Standard error | P-value | Asymptotic 95% CI | Lower bound | Upper bound |
|-------|---------------|----------|----------------|---------|-------------------|-------------|-------------|
| E     | 30            | 0.952    | 0.025          | <0.001  | 0.903             | 1.000       |
| ORF1ab| 32            | 0.959    | 0.024          | <0.001  | 0.912             | 1.000       |
| RdRp  | 32            | 0.981    | 0.016          | <0.001  | 0.949             | 1.000       |

TABLE 7: AUC, standard error, P-value, and asymptotic 95% CIs of Ct values for E genes, ORF1ab genes, and RdRp genes of the STAT-NAT PCR kit.

AUC: area under the curve; CI: confidence interval; Ct: cycle threshold; PCR: polymerase chain reaction

FIGURE 1: ROC curve of Ct values for E, ORF1ab, and RdRp genes of the STAT-NAT PCR kit.

ROC: receiver operating characteristic; Ct: cycle threshold; PCR: polymerase chain reaction

Figures 2-4 illustrate the ordination of Ct values for the ORF1ab and N genes using the Sansure Biotech, STAT-NAT, and Roche kits.
FIGURE 2: Ordination of Ct values corresponding to the amplification of the ORF1ab gene using STAT-NAT and Sansure RT-qPCR kits.

RT-qPCR: quantitative reverse transcription-polymerase chain reaction; Ct: cycle threshold

FIGURE 3: Ordination of Ct values corresponding to the amplification of the E gene using Roche and STAT-NAT RT-qPCR kits.

RT-qPCR: quantitative reverse transcription-polymerase chain reaction; Ct: cycle threshold
FIGURE 4: Ordination of Ct values corresponding to the amplification of the RdRp gene using Roche and STAT-NAT® RT-qPCR kits.

RT-qPCR: quantitative reverse transcription-polymerase chain reaction; Ct: cycle threshold

Discussion

To control the COVID-19 pandemic and ensure proper management of patients, rapid and accurate detection of SARS-CoV-2 is crucial [9]. However, using insensitive and nonspecific SARS-CoV-2 PCR test kits can lead to false-negative and false-positive test results, respectively [10,11].

To evaluate the sensitivity and specificity of three commercially available real-time RT-qPCR kits, namely, Sansure, STAT-NAT®, and Roche, between August and September 2021, we collected 150 upper and lower respiratory tract samples from participants aged 49.64 ± 18.30 years. Symptoms such as headache, fever, and breathlessness significantly differed for positive and negative samples; however, cough was a common complaint. Compared to the Sansure RT-PCR kit, there were 37 more positive samples using the Roche RT-PCR kit and 48 more positive samples using the STAT-NAT® kit. The STAT-NAT® RT-qPCR kit could detect the ORF1ab gene sensitively (p < 0.001) than the Sansure kit. STAT-NAT® could also detect E gene and RdRp gene more sensitively (p < 0.001) than Roche. Our findings show that the STAT-NAT® kit is more sensitive than the other two, as indicated by their Ct values of respective genes. Regarding specificity, STAT-NAT® (95% CI: 92.29–99.73%) showed more accuracy than Sansure (95% CI: 90.77–99.32%) and Roche (95% CI: 81.17–94.38%). The AUC for E, ORF1ab, and RdRp genes of the STAT-NAT® PCR kit was 0.952, 0.959, and 0.981, respectively.

We observed a Ct value of >28 for Roche and >20 for STAT-NAT®. The detection rate of the ORF1ab gene was significantly higher for STAT-NAT® than the Sansure PCR kit (Figure 2). However, the detection rate of the E gene and RdRp gene was not significantly different in the STAT-NAT® and Roche PCR kits (Figures 3, 4). For Sansure, the positive rate increased due to the detection of the N gene, but the detection rate of the ORF1ab gene was low. As a larger amplitude of mRNAs for the N gene increases the sensitivity of the SARS-CoV-2 detection kit [12,13], the inclusion of the N gene as a target increases the positivity rate detected by the Sansure PCR kit.

In Bangladesh, several variants of SARS-CoV-2 have been identified. The alpha variant was first identified on January 6, 2021, at the same time as the Wuhan-like variant was identified in Bangladesh. The alpha variant was identical to UK SARS-CoV-2 Variant B.1.1.7 [14]. The beta variant of SARS-CoV-2 was then detected on March 16, 2021, in Bangladesh. Following the beta variant, the delta variant, the most detrimental variant originating from India, was identified on May 8, 2021 [15]. The lambda variant, originating from South America, was first identified in Bangladesh in August 2021 [16]. Being a middle-income country, the government of Bangladesh could not afford frequent variant identification. These factors delayed the development of the SARS-CoV-2 detection PCR kit. Even after identifying different SARS-CoV-2 variants at different times, some companies did not develop PCR kits for detecting new variants. Consequently, the sensitivity and specificity of COVID-19 diagnostic tests were decreased due to the lowering of the test positivity rate.
Banko et al. performed a comparative study with three PCR kits, namely, Sansure Biotech (Sansure Biotech Inc., China), GeneFinderTM (OSANG Healthcare Co., Seongnam, Korea), and TauPathTM (Thermo Fisher Scientific, Waltham, MA, USA). They showed that the Sansure Biotech assay had greater diagnostic performance than the other two PCR kits [8]. Moore et al. performed another comparative study with two PCR kits, namely, Sansure Biotech and BioGerm (Shanghai, China). They showed that the BioGerm PCR kit had higher diagnostic performance than that of the Sansure PCR kit [9]. In our study, we found that STAT-NAT® is a better diagnostic RT-qPCR kit compared to Sansure and Roche for detecting SARS-CoV-2.

Overall, approximately 150 molecular laboratories in Bangladesh diagnose COVID-19 operated by both governmental and non-governmental organizations have been established within a year [5]. Establishing and maintaining these laboratories within a short period was very challenging. A collaboration of non-profit national and international organizations with the government allowed in overcoming obstructions by arranging massive training programs. However, the threat of cross-contamination remains in real-time RT-qPCR molecular laboratories due to a lack of expert personnel and advanced facilities [18].

There are some limitations of our study. First, the lack of gold standards results in invalid analytical sensitivity. Second, RNA extraction procedures were not identical for all three real-time RT-qPCR kits. While an automated magnetic bead-based method was used for RNA isolation for STAT-NAT® and Roche RT-qPCR kits, Sansure used a lysis extraction procedure. Third, all target genes were not identical among the three kits.

Conclusions
We evaluated the detection performance regarding the sensitivity and specificity of three commercially available real-time RT-qPCR kits to detect SARS-CoV-2. The sensitivity of Roche and STAT-NAT® PCR kits for the identification of SARS-CoV-2 was higher than that for the Sansure PCR kit. However, the specificity of STAT-NAT® and Sansure was higher than the Roche PCR kit. In summary, STAT-NAT® showed better diagnostic performance than Sansure and Roche in detecting SARS-CoV-2.

Additional Information

Disclosures

Human subjects: Consent was obtained or waived by all participants in this study. Institutional Ethics Review Committee of Shaheed Suhrawardy Medical College, Dhaka, Bangladesh issued approval ShSMCH/Ethical/2021/20. This study was conducted according to the guidelines of Helsinki and was approved by the Institutional Ethics Review Committee of Shaheed Suhrawardy Medical College, Dhaka, Bangladesh.

Animal subjects: All authors have confirmed that this study did not involve animal subjects or tissue.

Conflicts of interest: In compliance with the ICMJE uniform disclosure form, all authors declare the following: Payment/services info: All authors have declared that no financial support was received from any organization for the submitted work. Financial relationships: All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. Other relationships: All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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