Appendix 1: Topic list for the focus groups and interviews by telephone

1. Experiences with patients with PPS and explanations to patients with PPS. What goes right in the treatment of patients with PPS, and which obstacles do you face?
   Do you know of forehand how the treatment will develop?
   What explanation models do you use in the conversation with patients with PPS?

2. Experiences with central sensitisation as explanation model for PPS
   How often did you apply this model to patients with PPS? How was this with patients you already know for a long time? To which patients did you use PPS with the model of central sensitization and to which patients rather not? What’s going well with the explanation of central sensitisation to patients with PPS, and which obstacles do you face?

3. Reactions from patients to this explanation model. How do patients react to this explanation of central sensitization? Do they understand and accept the model? Why yes and why not? Are there differences between types of patients? To which patients it does not work? Are there differences between patients with higher education and patients from lower social-economic classes? How broad is this model applicable and how do you adapt the model? Does this model reassure more than other models, e.g. do the patients ask less for more diagnostics? Does this model contribute to a better motivation for treatment of their symptoms?

4. Benefits and drawbacks of the model of central sensitisation compared to other explanation models. What are the success factors of central sensitisation as an explanation model compared to other models, what are the drawbacks and possible improvements?
   What other experiences did you have applying the model? Do you keep using it, and why yes or no? What were your experiences with the training and the provided materials?