Locality-dependent descending reflex motor activity in the anal canal—cholinergic and nitrenergic contributions in the rat model

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Aim: Since the distal part of the intestine is targeted by a wide range of pathogens, the motility of the recto-anal region has been the object of many experimental and clinical observations. In this study, we investigated descending motor responses in the anal canal as a measure of the activation of autonomic reflex pathways underlying evacuatory recto-anal activity.

Methods: The partitioned organ bath method was used to register motor responses of the anal canal as induced by balloon distension of the rectum in isolated rat recto-anal preparations.

Results: Distension-induced descending responses of the anal canal comprised contractions (with distension at a distance of 15 mm), initial contractions and secondary relaxations (at 10 mm) and short contractions followed by deep relaxations (at 3–5 mm). Decreasing the distance between the distension stimulus and the anal canal resulted in a decreased contraction response and increased relaxation. Tetrodotoxin (0.1 μmol/L) inhibited these responses. Atropine (0.3 μmol/L) decreased contraction and did not change the relaxation response. N\textsuperscript{G}-nitro-L-arginine (0.5 mmol/L) enhanced contraction in both the absence and presence of atropine. L-arginine (0.5 mmol/L) inhibited contraction and extended relaxation in atropine-pretreated preparations. The actions of N\textsuperscript{G}-nitro-L-arginine and L-arginine were more pronounced in the aboral direction. ChAT-positive nerve fibers were observed in myenteric ganglia of the rectum and the anal canal. The density of NADPH-diaphorase-positive neurons was higher in the anal canal region.

Conclusion: Our results suggest that locality-dependent activation of the descending reflex neuromuscular communications underlie evacuatory activity in the recto-anal region. This activation response involves long excitatory cholinergic and non-cholinergic pathways along the rectum and short inhibitory nitrenergic pathways located predominantly in the anal canal region.

Keywords: rectum; anal canal; motor reflexes; NADPH-diaphorase

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functional integrity of the internal and external anal sphincters.

In the present study, we have reexamined reflex evacuatory activity in the recto-anal region using a rat recto-anal preparation as an experimental model. The properties of the defecation reflex in the rat have scarcely been investigated[18]. In particular, we were interested in evaluating the descending motor responses of the anal canal in response to balloon inflation-induced local distension of the rectal wall. This response was examined at different distances from the anal canal to evaluate the topography of descending motor reflex pathways that control the evacuatory motility of the anal sphincters. The partitioned organ bath method was used to register balloon inflation-induced motor responses in the anal canal. To evaluate the contributions of cholinergic and nitrergic neurotransmissions to descending reflex pathways, the motor responses of the anal canal were pharmacologically analyzed using cholinergic- and nitrergic-related drugs. Morphological techniques, which allowed us to evaluate the presence and distribution of choline acetyltransferase (ChAT) and nicotinamide adenine dinucleotide phosphate-diaphorase (NADPH-diaphorase), were used to identify acetylcholine- and nitric oxide-containing nerve structures.

Materials and methods

Experiments were carried out in the Laboratory of Peripheral Synapses in the Institute of Neurobiology of the Bulgarian Academy of Sciences and were approved by the Animal Care and Use Ethics Committee of the Institute of Neurobiology.

Animals

Eighteen male rats that weighed between 250–280 g were euthanized. The animals were starved overnight, stunned by a blow to the neck and decapitated. The abdominal cavity was opened and the pubic symphysis was cut away exposing the large intestine. The perianal skin was excised and the anal canal, including the distal part of the large intestine, was removed and placed in modified Krebs solution at room temperature. Fecal pellets were removed by gently flushing the lumen with Krebs solution which was applied with a syringe to the oral end of the preparation. The extrinsic blood vessels and nerves along the mesenteric border were then carefully trimmed away. A segment consisting of the rectum and the anal canal with intact nerve plexuses-smooth muscle layers was isolated (recto-anal preparation, 23–25 mm in length)[19].

Protocol design

The recto-anal preparation was mounted in a partitioned organ bath and was allowed to equilibrate for 45 min before initiating the experiment.

Balloon inflation-induced descending motor responses of the anal canal were registered before and during drug treatment. The drugs were added into the compartment of the partitioned bath which contained the isolated recto-anal segment preparation. The drugs were administered in volumes not exceeding 0.5%–1% of the compartment’s volume. The time course and concentration for drug treatment was as follows: tetrodotoxin, 0.1 μmol/L, 10 min; atropine, 0.3 μmol/L, 15 min; N∗-nitro-L-arginine, 0.5 mmol/L, 15 min; and L-arginine, 0.5 mmol/L, 15 min. When the drugs were added consecutively (atropine plus N∗-nitro-L-arginine or atropine plus L-arginine) the time course was 30 min[12,19].

Partitioned organ bath method

A modified partition organ bath method for studying reflex motor responses in isolated intestinal segments was used[20]. The flat organ bath was divided into two compartments by a plastic partition that contained a slit filled with a paraffin “diaphragm,” thus representing an oral and an anal compartment. Each compartment was supplied by a self-dependent, continuous perfusion system with gassed Krebs solution. The recto-anal segment was gently threaded through a 2-mm-diameter hole in the paraffin diaphragm. The rectum (20–22 mm in length) was placed in the oral compartment while the anal canal (3–5 mm in length) was situated in the anal compartment of the bath. The proximal end of the rectum was tied with silk thread to the proximal side of the oral compartment. The motor activity of the anal canal was measured at two opposite sites of the ring circumference, one of which was secured to a plastic rod and the other which was connected to a strain gauge under an initial tension equivalent to 10 mN.

Thus, interference by movement of the rectal part of the segment preparation was minimized at the securing point. As such, anal canal responses to balloon-induced distension of the rectum did not result in mechanical artifacts. Inert silicone grease was then applied around the gut circumference attached to the paraffin diaphragm to prevent contact between the solutions in the two different compartments (Figure 1).

Balloon-induced distension

Balloon-induced distension of the rectum was performed to activate autonomic nervous pathways within the rectal wall. Distension was performed using a polyethylene, balloon-tipped, fine plastic tubule connected to a micro-syringe of 1.0 mL volume. The size of the balloon, which was inflated with Krebs solution (stepwise volume-controlled inflation with 0.04–0.40 mL solution at 36.5 °C), imitated the size of rat excrement (2.5–3.0 mm in diameter). In order to identify any possible topographical parameters of the recto-anal reflex, we measured the length of the reflex pathways underlying evacuatory motor activity. For this, the empty balloon was pushed through the lumen of the proximal part of the rectum in the recto-anal preparation. After a period of equilibration, the empty balloon was gently moved in the aboral direction and inflated and deflated slowly (30 s) at different positions along the entire length of the rectum at distances of 3–5, 10 or 15 mm away from the anal canal.

Equipment

Strain gauges (Microtechna, Prague, Czech Republic), two-channel stimulators and amplifiers (Experimetria, Budapest, Hungary) and two-channel TZ 4620 recorders (Laboratori
The intensity of the reaction was increased with 0.05% nickel ammonium sulfate. Control sections were incubated in the absence of the primary antibody and the results were negative. A modified method for NADPH analysis by Scherer-Singler et al\(^{20}\) was used for the histochemical reaction. By visual inspection, the staining intensity of NADPH-d-positive nerve structures was estimated as low (+), moderate (+++) or high (++++)

**Morphological equipment**
A Reichert Jung freezing microtome (Austria), a light microscope (Jenaval, Germany) and a digital photocamera (Nikon, Japan) were used.

**Solutions and drugs used in motor reflex studies**
Modified Krebs solution consisted of 120 mmol/L NaCl, 5.9 mmol/L KCl, 15.4 mmol/L NaHCO\(_3\), 1.2 mmol/L NaH\(_2\)PO\(_4\), 1.2 mmol/L MgCl\(_2\), 2.5 mmol/L CaCl\(_2\) and 11.5 mmol/L glucose. The solution was continuously aerated in 95% O\(_2\) and 5% CO\(_2\) (pH 7.2) at 36.5°C.

The drugs used in our studies included tetrodotoxin (TTX, Sankyo, Zurich, Switzerland), atropine sulfate (Merck, Darmstadt, Germany), \(N^2\)-nitro-L-arginine (L-NNA), and L-arginine (Sigma Chemicals, St Louis, MO, USA). Drugs were dissolved in distilled water and diluted to their final concentration in Krebs solution prior to use. TTX stock solution was stored at -18°C.

**Solutions and drugs used for morphological studies**
0.05 mol/L PBS pH 7.3, 0.1 mol/L phosphate buffer (PB) pH 7.3, 0.05 mol/L Tris-HCl buffer pH 7.4 and 7.56, Triton X-100, hydrogen peroxide (Fluka AG, Buch, Switzerland), paraformaldehyde, Entellan mounting media (Merck, Darmstadt, Germany), normal rabbit serum, reduced β-nicotinamide adenine dinucleotide phosphate (β-NADPH), nitroblue tetrazolium chloride (NBT), 3,3’-diaminobenzidine tetrachloride (3,3’-DAB) (Sigma Chemicals, St Louis, MO, USA), polyclonal goat anti-choline acetyltransferase (anti-ChAT) antibody, rabbit IgG-biotin antibody (Chemicon Inc, Billerica, MA, USA) and avidin-biotin complex (Vectastain ABC kit, Vector Laboratories Inc, Burlingame, USA).

**Results**
**Balloon distension-induced descending motor responses**
Distension of the rectal wall by inflation of the balloon, positioned at a distance of 3–5, 10, or 15 mm away from the anal canal, induced differentially patterned descending motor responses in the anal canal.

Fast contractions, which declined during balloon-induced distention of the rectum, were observed when the balloon was inflated in the proximal part of the rectum, 15 mm away from the anal canal (Figure 2A). When the balloon was positioned in the middle part of the rectum, 10 mm away from the anal canal, the descending response consisted of an initial short contraction followed by relaxation. The latter contraction was smaller in amplitude compared to the contraction caused by inflation of the balloon in the proximal part of the rectum, 15 mm away from the anal canal.
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(2.41±0.26 mN and 4.04±0.36 mN, n=14, P<0.01, respectively).
The relaxation response (1.34±0.18 mN, n=14) faded during balloon-induced distension of the rectal wall (Figure 2B). Balloon-induced distension of the distal part of the rectum, at 3−5 mm away from the anal canal, again resulted in a dual motor response in the anal canal—a short low-amplitude contraction (1.62±0.22 mN) followed by long-lasting, deep relaxation (2.88±0.36 mN) (Figure 2C). The contraction and relaxation responses induced by the latter stimulus significantly differed from those of the response due to rectal distension 10 mm away from the anal canal (n=14, P<0.01).

Drug-induced modulation of balloon distension-induced descending motor responses
Atropine, applied at a concentration of 0.3 µmol/L in the nutrient solution of the anal compartment of the bath, converted the descending contraction of the anal canal into a contraction followed by relaxation when balloon-induced distension of the rectum was applied 15 mm away from the anal canal. Contraction after treatment with atropine was less pronounced than that before atropine treatment. L-NNA (0.5 mmol/L) significantly increased the descending contraction both in the absence and presence of atropine. The response of the anal canal to the addition of L-arginine (0.5 mmol/L) in the presence of atropine resembled the response pattern obtained after application of atropine alone; the contraction was noticeably reduced and relaxation was noticeably increased (Figure 3).

The initial contraction of the descending response in the anal canal, which was observed when balloon-induced distension was applied 3−5 or 10 mm away from the anal canal, decreased with atropine treatment, while the relaxation response was unchanged. In both cases, L-NNA increased contraction and significantly decreased relaxation before and after pretreatment with atropine; the inhibitory effect of L-NNA was more pronounced when distension of the rectal wall occurred close to the anal canal. L-arginine showed an opposite effect when compared with the effect of L-NNA, suppressing initial contraction of the descending response in the anal canal when rectal distension was applied next to the anal canal. In atropine-pretreated preparations, L-arginine extended distension-induced relaxation of the distal rectum by more than two-fold as compared with relaxation in the descending response when distension was applied to the proximal rectum (Figure 3).

Effects of TTX
The addition of TTX at a concentration of 0.1 µmol/L to the nutrient solution in the oral or anal compartments of the bath for 10 min prevented balloon distension-induced descending motor responses in the anal canal (n=4, data not shown).

ChAT– and NADPH-diaphorase-positive neuronal structures
ChAT-positive varicose nerve fibers were observed in the myenteric ganglia of the rectum (Figure 4A) and in the anal canal. Single immunoreactive nerve fibers running parallel to the muscle cells were present in both regions.

Many NADPH-diaphorase-positive neurons, their processes and fibers were located in the myenteric ganglia of the rectum (Figure 4B) and the anal canal (Figure 4C). Single positive
fibers in close proximity to the longitudinal muscles, large bundles between circular muscle cells and varicose nerve fibers were found between the muscle cells. The density and reaction intensity of NADPH-diaphorase-positive nerve structures were higher in the anal canal (+++) than in the rectum (+).

Discussion
The present study evaluated reflex evacuatory activity of the recto-anal region with respect to the anatomical and functional integrity of the anal sphincters. The balloon inflation-induced descending motor responses of the anal canal in the rat recto-anal model preparation were neurogenic in nature since they were prevented by TTX, an inhibitor of neuronal conductance. The partitioned organ bath method used in our experiments allowed for the evaluation of descending motor responses in the anal canal as induced by local rectal wall distension at different distances. Hence, we were able to characterize the physiological topography of locality-dependent activation of the descending reflex pathways involved in the integrative neuronal circuitry of the anal canal.

Rectal wall distension is a factor that influences the excitation of mechanoceptors that are involved in monitoring the filling state and the contraction level of the rectum in humans and cats. Detection of mechanical deformation by mechanoceptors containing specialized intraganglionic laminal endings, which are found in dense afferent innervations, has been described in the guinea pig rectum. Rectal content-induced stretching of the rectal wall is sufficient to initiate the defecation reflex in humans. Our experiments show that, in the rat recto-anal region, the pattern of balloon-induced descending reflex motor responses in the anal canal depend on the position of distension-induced stretching of the rectal wall along the rectum. When rectal distension was applied at a distance away from the anal canal, the motor response that ensued was contraction. In contrast, when inflation of the rectal wall occurred at a distance close to the anal canal, the response was relaxation. These results suggest that the evacuatory mechanism reflex consists of a locality-dependent component. Changes in the pattern of motor responses in the anal canal most probably indicate that distension-activated mechanoreceptors located along the rectum communicate with different neurotransmission(s) and act consecutively during the evacuation process.

The contractile responses or components of distension-induced descending responses in the anal canal decreased, whereas relaxation increased when the distance between the distension stimulus and the anal canal was shortened. This result demonstrates the prevalence of inhibitory neurotransmission(s) in the anal canal. Acetylcholine and substance P have been shown to be involved in excitatory enteric neurotransmission(s), whereas nitric oxide and VIP are proposed to act as inhibitory transmitters with significance in ascending or descending neural pathways, respectively.

We observed that distension-induced descending contractile responses or the contractile components of the responses in the anal canal were significantly decreased but not inhibited by atropine. This observation indicates that in the rat recto-anal region cholinergic and excitatory non-cholinergic neurotransmissions are involved in descending motor reflex pathways. Given that relaxation in the presence of atropine appeared or was increased in magnitude when previously present in distension-induced descending responses in the anal canal, we suggest that inactivation of excitatory cholinergic neurotransmission unmasked the action of inhibitory neurotransmission(s). Nitric oxide release from non-adrenergic, non-cholinergic nerves has been proposed to act as the main inhibitory mechanism in the recto-anal region.

The present results demonstrate that nitric oxide-related drugs affect distension-induced descending motility of the anal canal. L-NNa, an inhibitor of nitric oxide synthase, increased contractions or contractile components and decreased relaxation before and during atropine treatment. In contrast, L-arginine, a substrate for nitric oxide synthesis, decreased contractile activity and increased relaxation. These observations are consistent with the view that nitric oxide can modulate neurotransmitter release from motor nerve endings. L-NNa-induced inhibition of nitric oxide synthesis prevents the direct inhibitory action of nitric oxide and leads to suppression of the negative modulation of acetylcholine release. This effect results in a reduction in relaxation and in an extension of contractile activity in atropine-untreated anal canal.
preparations. In the guinea pig recto-anal region, L-NNA enhances reflex-mediated contraction of the rectum, abolishes reflex-mediated relaxation of the internal anal sphincter and converts the latter into a cholinergic contraction\[30\]. We observed that blocking cholinergic receptors allows for the manifestation of excitatory neurotransmitter(s) with the exception of cholinergic neurotransmitters. More recent data suggest that substance P is an excitatory mediator of the internal anal sphincter and that the increase in contractile components that substance P is an excitatory mediator of the internal anal sphincter and that the increase in contractile components during anal canal responses to L-NNA treatment, in the presence of atropine, are attributed to the release of substance P during the recto-anal inhibitory reflex\[35\]. L-arginine decreased contraction and increased relaxation of the anal canal confirming the role of nitric oxide in the inhibitory neural pathways of the recto-anal region. The presence of NADPH-diaphorase-positive nerve structures in the myenteric ganglia and in the muscle coat of the rectum and anal canal indicates that there is a physiological significance for nitricergic neurotransmission during recto-anal motor activity. However, contractile and relaxation activity of distension-induced descending responses in the anal canal occurred in the presence of nitric-oxide-related drugs. This response indicates that other neuronal pathways, likely excitatory adrenergic and inhibitory peptidergic, may play a role in the modulation of anal canal motility\[4, 33, 32, 36\].

We observed that the effects of nitricergic substances on reflex motor responses of the anal canal were dependent on the localization of rectal distension. The action of these substances was progressively increased when distension of the rectal wall moved in the aboral direction suggesting a higher density of distension-activated nitric oxide-dependent neural pathways in the anal part of the recto-anal region. The density of NADPH-diaphorase-positive neurons, processes and fibers was higher in the anal canal region. Nitric oxide-related drugs affected both contraction and relaxation of distension-induced descending reflex motor responses in the anal canal indicating that nitric oxide is an important contributor to the function of both excitatory and inhibitory descending reflex pathways in the neuronal network of the rat recto-anal region. These findings are not unexpected since recent studies have extended the role of the nitricergic system and have shown its involvement in neurally-regulated processes, such as in \(\alpha\)-2 adrenoceptor-mediated effects\[37\], uptake carrier systems\[38\] and adenosine receptor activation\[39\]. The role of nitric oxide in interneuronal interactions has been previously investigated\[38\] and, according to Vizi et al\[40\], nitric oxide is an ideal mediator of nonsynaptic communications. This universal action of nitric oxide most probably influences the modulation of rat recto-anal evacuatory motor activity.

In summary, the partitioned organ bath method used in this study allowed us to record different patterns of distension-induced descending motor reflex responses in the anal canal. We observed that the motor responses of the anal canal were dependent on the localization of rectal wall distension which induced contraction or relaxation when away from or near to the anal canal, respectively. These findings demonstrate a locality-dependence of reflex motility in the anal sphincters. The different patterns of responses that we observed suggest that distension-activated mechanoceptors located along the rectal wall communicate with different neurotransmission(s) and act consecutively during the evacuatory process. It can be assumed that the physiological topography of the recto-anal descending motor reflex involves topical distribution of longer excitatory cholinergic and non-cholinergic pathways situated along the entire length of the rectum. Contraction and short inhibition of these responses are likely to be mediated mainly by nitric oxide-dependent pathways located predominantly in the anal area and underlie relaxation of the anal canal.

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Author contribution
Radomir RADOMIROV and Christina IVANCHEVA designed the research; Radomir RADOMIROV and Christina IVANCHEVA performed the research; Christina IVANCHEVA and Polina PETKOVA-KIROVA analyzed the data; Dimitar ITZEV was responsible for performing morphological techniques; Radomir RADOMIROV wrote the manuscript.

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