Quantified Kinematics to Evaluate Patient Chemotherapy Risks in Clinic

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PURPOSE Performance status (PS) is a key factor in oncologic decision making, but conventional scales used to measure PS vary among observers. Consumer-grade biometric sensors have previously been identified as objective alternatives to the assessment of PS. Here, we investigate how one such biometric sensor can be used during a clinic visit to identify patients who are at risk for complications, particularly unexpected hospitalizations that may delay treatment or result in low physical activity. We aim to provide a novel and objective means of predicting tolerability to chemotherapy.

METHODS Thirty-eight patients across three centers in the United States who were diagnosed with a solid tumor with plans for treatment with two cycles of highly emetogenic chemotherapy were included in this single-arm, observational prospective study. A noninvasive motion-capture system quantified patient movement from chair to table and during the get-up-and-walk test. Activity levels were recorded using a wearable sensor over a 2-month period. Changes in kinematics from two motion-capture data points pre- and post-treatment were tested for correlation with unexpected hospitalizations and physical activity levels as measured by a wearable activity sensor.

RESULTS Among 38 patients (mean age, 48.3 years; 53% female), kinematic features from chair to table were the best predictors for unexpected health care encounters (area under the curve, 0.775 ± 0.029) and physical activity (area under the curve, 0.830 ± 0.080). Chair-to-table acceleration of the nonpivoting knee (t = 3.39; P = .002) was most correlated with unexpected health care encounters. Get-up-and-walk kinematics were most correlated with physical activity, particularly the right knee acceleration (t = −2.95; P = .006) and left arm angular velocity (t = −2.4; P = .025).

CONCLUSION Chair-to-table kinematics are good predictors of unexpected hospitalizations, whereas the get-up-and-walk kinematics are good predictors of low physical activity.

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INTRODUCTION Accurate assessment of an oncology patient’s performance status (PS) is paramount for informing therapeutic decision making, whether it be to predict response and tolerability to treatment or determine eligibility for clinical trials. However, the 2 conventional scales used to measure PS—the Karnofsky Performance Status (KPS) scale and the Eastern Cooperative Oncology Group (ECOG) ranking—are observational and thus inherently limited in their precision. KPS and ECOG scales show discordance between health care professionals, as well as between health care professionals and patients.1-2 In cases with patient-physician disagreement, physicians are likely to rate patients as better performing than patients are likely to rate themselves.2,4 Moreover, patients who have discordant ratings with their physicians have a 16% increase in risk of death, underscoring the importance of identifying a high-resolution means of assigning PS.4

In addition, a patient’s PS plays a key role in his or her treatment trajectory. Reduced PS is associated with poor prognosis, diminished quality of life, and increased risk of sepsis and chemotherapy-induced nausea and vomiting, two conditions that can cause unexpected hospitalizations.5-7 Randomized clinical trials (RCTs) for anticancer treatment commonly use PS as an inclusion criterion, with few stratifying by PS. Although systematic reviews do not show PS to confer direct benefit in treatment efficacy, there is evidence that patients with reduced PS suffer greater toxicities that effectively diminish the clinical utility of the drug.8,9 Pooled analyses of patients with metastatic colorectal cancer show that reduced PS is associated with poorer survival and that patients with an ECOG PS...
CONTEXT

**Key Objective:**
Can oncologists use a motion sensor system in a clinic visit to predict treatment tolerability in patients with solid tumors receiving highly emetogenic chemotherapy?

**Knowledge Generated:**
Chair-to-table kinematics, as measured by Microsoft Kinect, are good predictors of unexpected hospitalizations, whereas get-up-and-walk kinematics, as measured by Microsoft Kinect, are good predictors of low physical activity.

**Relevance:**
Our findings suggest a motion-capture system as one tool with which oncologists can make more precise assessments of treatment tolerability in the clinical setting. This will better inform oncologists about clinical decision making, improve patient treatment options and outcomes, and expand eligibility criteria in oncologic clinical trials.

In geriatric oncology, frailty is also a consideration in predicting response to chemotherapy. Defined as diminished physical reserve with increased vulnerability, frailty has been demonstrated to be an independent predictor of survival in colorectal cancer. Similar to the measurement of ECOG and KPS, assessment of frailty is imperfect. Multiple tools have been proposed to characterize frail geriatric oncology patients; however, there has been no standardization and current tools may be time consuming.

An objective, in-clinic tool to predict chemotherapy toxicity and outcomes is needed in this cancer population. We developed an objective tool of chemotherapy therapy that was not subject to observer bias.

In recent years, consumer-grade biometric sensors have been introduced as tools with which to objectively assess PS, thereby bypassing provider bias and patient-physician discordance. Wearable sensors, such as the Apple Watch, FitBit, Microsoft Band, and Microsoft Kinect, can systematically capture and quantify a patient’s physical activity. We previously showed that Microsoft Kinect has a high concordance with physician-assessed PS and, more recently, that activity measured by the Microsoft Band corresponds with unexpected health care encounters (UHE). In this observational study, we sought to further elucidate the Microsoft Kinect’s predictability of low physical activity (LPA) and UHE in patients with cancer receiving highly emetogenic chemotherapy. We hypothesized that poor movements captured by noninvasive motion-capture systems in the clinic can identify patients who are at risk of complications, such as UHEs and LPA, while receiving highly emetogenic chemotherapy.

**METHODS**

**Trial Design**
This study was a multicenter, single-arm, observational trial conducted in the United States between July 2016 and July 2017. Sites included the Norris Comprehensive Cancer Center, the Los Angeles County and University of Southern California Medical Center, and the MD Anderson Cancer Center. The study was designed to compare kinematic findings obtained from motion-capture systems (eg, Microsoft Kinect) and wearable motion sensors (eg, Microsoft Band 2) to determine if in-clinic movements correlate with UHEs and physical activity at home. The institutional review boards at all participating sites approved the study protocol. Written informed consent was obtained from all participants.

**Participants**
Eligibility criteria included age older than 18 years, diagnosis of a solid tumor, anticipated treatment of two cycles of highly emetogenic chemotherapy, the ability to autonomously ambulate without an assistive device, and completion of two separate kinematic evaluations.

**Clinical Exercises and Motion Capture**
Patients underwent two clinically supervised tasks, including chair-to-table (CTT) and get-up-and-walk (GUP) tasks. The CTT task begins with patients standing up from a chair while rotating the hip and left leg and pivoting on the right leg. The task design requires a large range of motion from the left lower extremities. The GUP task requires patients to stand up and walk to a marker 8 feet away, turn around, and walk back to the starting position. We analyzed the entire CTT task and the walking portion of GUP using the motion-capture system. The two tasks were performed pretreatment (visit-1) and post-treatment (visit-2) with a median 21-day gap between...
visits (mean, 24.5 days). We used Microsoft Kinect, a depth-sensing motion-capture camera, to record the exercises, and three-dimensional positions of 25 anatomic sites were extracted (Fig 1). Subsequently, six types of kinematic features were calculated: velocity, acceleration, specific kinetic energy, specific potential energy, sagittal angle, and angular velocity (Appendix). We excluded wrist, hand, ankle, and foot joints (Fig 1) from the statistical analysis as the motion-capture signal for these joints is less reliable. The combination of selected joints and kinematic features capture the underlying biomechanics of patient movement and are therefore selected for interpatient comparison.

**Physical Activity Measurement**

Patient outcomes were grouped by activity level and UHEs. Patients’ overall physical activity was tracked via the Microsoft Band 2 wrist motion sensor for a 10-hour period daily over a 60-day study period while receiving chemotherapy. Using energy expenditure data from the band, we identified patients with low and high physical activity, defined as non-sedentary physical activity (NSPA) for 20 hours or less (LPA positive) and ≥ 20 hours (LPA negative) over a course of 60 days, respectively. NSPA was defined as the hours the patient exhibited more than 1.5 metabolic equivalent of task, where metabolic equivalents of task

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**FIG 1.** (A) Illustration of the chair-to-table exam maneuver demonstrating (a) sitting at rest, (b) standing, rotating hip, pivoting on right leg, and using the left (non-pivoting) leg to move onto exam table, (c) sitting on exam table. (B) Schematic of anatomic sites detected in motion capture, along with 6 two-joint sections (red) whose angular velocities are extracted from raw kinematic data. L, left; R, right.
themselves were estimated by dividing the band hourly energy expenditure by daily reported weight. The 20-hour cutoff is used to balance the need for two similar-sized, yet differentiable, patient groups in the analysis. Details of NSPA and LPA calculations are in the Appendix.

Similarly, treatment-associated complications were measured by UHE as defined by unplanned encounters at triage/infusion centers, clinics, hospitals or the emergency room during the 60-day study period. Scheduled hospital admissions, infusions, and clinic appointments were not included.

Statistical Analysis

We differentiated patients by the average of visit-1 and visit-2 statistics for the set of kinematic features and correlated to two binarized clinical outcomes UHE and LPA. Welch’s t test was used to test whether the averaged statistics are different for positive and negative groups, thereby revealing kinematic features that distinguish between UHE-positive and UHE-negative patients, and similarly LPA-positive and LPA-negative patients. Welch t test, also known as the unequal variance t test, allows the central tendency of two groups of unequal sizes and unequal variance to be tested for equivalence.21 We built logistic regression classifiers of UHE and LPA from each feature and quantified their ability to separate patients into risk groups using the area under the curve (AUC) of the mean receiver operating characteristic (ROC) curve from three-fold stratified cross-validation.

Ethics Approval and Consent

All procedures involving human participants were conducted in accordance with the standards of both the University of Southern California and MD Anderson Cancer Center Institutional Review Boards and the 1964 Declaration of Helsinki. Informed consent was obtained from all participants.

### TABLE 1. Baseline Characteristics of Participants

| Patient Demographic | Value |
|---------------------|-------|
| No. of patients     | 38    |
| Age                 |       |
| Medium              | 48    |
| Range               | 24-72 |
| Sex                 |       |
| Male                | 18 (47)|
| Ethnicity           |       |
| Hispanic            | 23 (61)|
| Non-Hispanic        | 15 (39)|
| Clinical site       |       |
| LAC + USC Medical Center | 24 (63.2)|
| Norris Comprehensive Cancer Center | 7 (18.4)|
| MD Anderson Cancer Center | 7 (18.4)|
| Cancer type         |       |
| Breast              | 16 (42)|
| Head and neck       | 8 (21)|
| Testicular          | 8 (21)|
| GI                  | 2 (5)|
| Lung                | 2 (5)|
| Bladder             | 2 (5)|
| Goal of treatment   |       |
| Curative            | 32 (84)|
| Palliative          | 6 (16)|
| Stage at diagnosis  |       |
| I                   | 2 (5)|
| II                  | 13 (34)|
| III                 | 14 (37)|
| IV                  | 7 (18)|
| N/A                 | 2 (5)|
| Physician ECOG performance status | |
| 0                   | 17 (45)|
| 1                   | 20 (53)|
| 2                   | 1 (3)|

**NOTE.** Data are presented as No. (%), unless otherwise noted. Abbreviations: ECOG, Eastern Cooperative Oncology Group; LAC, Los Angeles County; N/A, not available; USC, University of Southern California.

**FIG 2.** Flowchart showing the number of patients who were initially screened, started on trial, and completed the trial.
RESULTS

Patient Enrollment Criteria

Of the 60 participants who were screened and amenable to participating in the study, 38 patients (20 female) completed the study without dropout and had associated UHEs and physical activity data collected via a wearable motion sensor. Twenty-four patients demonstrated low activity levels (LPA negative) and 14 demonstrated high activity levels (LPA positive). Of LPA--positive patients, 75% were also UHE positive; however, only 50% of LPA-positive patients were also UHE negative. Of LPA-negative patients, 64% were also UHE negative; however, only 50% of LHE-negative patients were also LPA negative.

UHEs

We report the kinematic features that correlate most with UHEs according to Welch t test (Table 2) and ROC analysis (Table 3). CTT kinematic features have higher t test scores and AUC for UHE than GUP features. Figure 3A shows the ROC curves for the features with the highest AUC values for UHE. Hip, spine base, and left (pivoting) knee kinematics from CTT form the best classifiers of UHE. Mean accelerations during CTT of the left knee, left hip, and spine base were found to be higher in patients with no UHE compared with those with at least one encounter (Table 2). The full list of 29 features with significant t test scores (P < .05) are listed in the Appendix (Appendix Figs A1-A3 and Appendix Table A1). Age (t = 0.1617; P = .872) and percent change in weight across pre- and post-treatment (t = −0.502; P = .619) did not produce statistically significant t tests for UHE and had low AUC values (0.212 ± 0.093 and 0.521 ± 0.0745 for age and percent weight change, respectively).

Physical Activity

We report kinematic features that correlate most with physical activity according to Welch t test (Table 2) and ROC analysis (Table 3). CTT kinematic features have higher t test scores (Table 2) and ROC analysis (Table 3). CTT kinematic features have higher t test scores and AUC for UHE than GUP features. Figure 3A shows the ROC curves for the features with the highest AUC values for UHE. Hip, spine base, and left (pivoting) knee kinematics from CTT form the best classifiers of UHE. Mean accelerations during CTT of the left knee, left hip, and spine base were found to be higher in patients with no UHE compared with those with at least one encounter (Table 2). The full list of 29 features with significant t test scores (P < .05) are listed in the Appendix (Appendix Figs A1-A3 and Appendix Table A1). Age (t = 0.1617; P = .872) and percent change in weight across pre- and post-treatment (t = −0.502; P = .619) did not produce statistically significant t tests for UHE and had low AUC values (0.212 ± 0.093 and 0.521 ± 0.0745 for age and percent weight change, respectively).

Outcomes

Eighteen patients had no UHEs (UHE negative) and 20 patients had at least 1 UHE (UHE positive). Physical activity data were collected for all 38 patients by monitoring via a wearable motion sensor. Twenty-four patients demonstrated low activity levels (LPA negative) and 14 demonstrated high activity levels (LPA positive). Of UHE-pan patients, 75% were also LPA positive; however, only 50% of LPA-negative patients were also UHE negative. Of LPA-negative patients, 64% were also UHE negative; however, only 50% of UHE-negative patients were also LPA negative.

Table 2. Test for Difference in Mean Values of Kinematic Features by UHE and LPA

| No. | Feature | UHE  | LPA  |
|-----|---------|------|------|
|     |         | t Test | P   |     |         | t Test | P   |
| 1   | Left knee: mean CTT acc | 3.388 | .002 | 1   | Right knee: max GUP acc | −2.947 | .006 |
| 2   | Left elbow: max CTT pe  | 3.038 | .004 | 2   | Left arm: mean GUP av-hz | −2.4  | .025 |
| 3   | Right arm: mean GUP av-hz| 2.909 | .006 | 3   | Left knee: mean GUP pe  | 2.248 | .031 |
| 4   | Left shoulder: max CTT pe| 2.749 | .01  | 4   | Right leg: mean CTT av-hz| −2.07 | .051 |
| 5   | Left knee: mean CTT vel  | 2.742 | .01  | 5   | Right arm: min GUP av-hz| 1.993 | .057 |
| 6   | Left hip: mean CTT acc  | 2.711 | .01  | 6   | Right leg: mean GUP av-tot| −1.973| .057 |
| 7   | Spine base: max CTT pe  | 2.649 | .012 | 7   | Left elbow: max CTT acc| −1.971| .057 |
| 8   | Right hip: max CTT pe   | 2.631 | .012 | 8   | Right leg: max GUP av-hz| −1.95 | .063 |
| 9   | Left knee: mean CTT ke   | 2.56  | .015 | 9   | Left elbow: max CTT ke  | −1.909| .064 |
| 10  | Left hip: max CTT pe     | 2.555 | .015 | 10  | Right knee: max GUP vel  | −1.888| .074 |
| 11  | Spine mid: max CTT pe    | 2.546 | .016 | 11  | Right leg: max GUP av-tot| −1.847| .075 |
| 12  | Spine shoulder: max CTT pe| 2.528 | .017 | 12  | Right leg: mean CTT av-hz| −1.844| .078 |
| 13  | Neck: max CTT pe         | 2.506 | .018 | 13  | Left arm: max GUP av-vt  | −1.833| .08 |
| 14  | Spine base: mean CTT acc | 2.505 | .017 | 14  | Left arm: mean GUP av-vt| −1.791| .082 |
| 15  | Right arm: max GUP av-hz | 2.435 | .017 | 15  | Right leg: mean CTT av-tot| −1.783| .088 |

NOTE. Top kinematic features from Welch t test (ranked by absolute value of 2-sample t test scores) for differentiating between patients with no UHEs (UHE negative) and patients with one or more unexpected hospitalizations (UHE positive), and between patients with more than 20 hours of nonsedentary physical activity (LPA negative) and patients with 20 hours or less nonsedentary physical activity (LPA positive) over the study period.

Abbreviations: acc, acceleration (m/s²); av-hz, angular velocity about horizontal axes (radians/s); av-tot, the total angular velocity (radians/s); av-vt, angular velocity about vertical axis (radians/s); CTT, chair to table; GUP, get up and walk; ke, specific kinetic energy (J/kg); LPA, low physical activity; pe, specific potential energy (J/kg); sa, sagittal angle (degrees); UHE, unexpected health encounter; vel, velocity (m/s).
correlated with LPA versus UHE according to test scores from the clinical exercises are significantly and strongly correlated with LPA versus UHE according to test scores from Table 2, the average AUC of the top 15 features is higher for LPA (mean AUC, 0.751) than for UHE (mean AUC, 0.723). The full list of 19 features with significant AUC values is shown in Appendix Table A2.

Figure 4 depicts kinematic features associated with LPA. Figure 4A shows ROC curves for the features with the highest AUC values for LPA where the mean right leg angular velocity about the horizontal during CTT forms the best classifier of LPA (AUC, 0.830 ± 0.08). Left-arm mean angular velocities during GUP are greater (absolute value) for higher activity patients, as seen in Figure 4B.

**DISCUSSION**

This study examined the utility of a consumer-grade motion-capture system, the Microsoft Kinect, in identifying patients with cancer undergoing chemotherapy treatment who are at risk for treatment complications, as measured by UHE. Activity level, along with the risk of therapy-associated complications, could be predicted on the basis of movement within the office. These findings should not be surprising to most clinicians, who are usually aware that people who appear to be frail are more likely to have difficulty when receiving chemotherapy. What may be interesting to these same clinicians is that the visualization of frailty can be captured, recorded, and measured using noninvasive technology. Although activity levels outside the clinic may vary dramatically, especially over the 60-day study period, and the two clinical video samples per patient are brief, we found them to be descriptive of activity levels in the free environment.

Our findings expand on the investigation of widely available, consumer-grade biometric sensors as emerging technologic replacements of the conventional PS. It has been demonstrated previously that wearable activity monitors are feasible tools for measuring activity outside of the clinical setting. The Actigraph, a triaxial accelerometer, has been shown to be of value in determining quality of life and physical activity, and has even been found to be superior to ECOG PS in predicting 6-month survival. More recently, we demonstrated high correspondence between Actigraph-generated steps and patient-reported outcomes, such as physical function and fatigue. These findings expand on the investigation of widely available, consumer-grade biometric sensors as emerging technologic replacements of the conventional PS. It has been demonstrated previously that wearable activity monitors are feasible tools for measuring activity outside of the clinical setting. The Actigraph, a triaxial accelerometer, has been shown to be of value in determining quality of life and physical activity, and has even been found to be superior to ECOG PS in predicting 6-month survival. More recently, we demonstrated high correspondence between Actigraph-generated steps and patient-reported outcomes, such as physical function and fatigue.
shown that activity levels, as measured by another wearable modality, the Fitbit, predict adverse events and 6-month mortality in patients with cancer. In the past decade, the number of oncology trials investigating the feasibility of wearable sensors has quadrupled, and their application to drug development and cancer care is a point of great interest and promise. Most of these studies focus on activity levels outside of the clinical setting. Our study is unique in that it aims to use a motion-capture system to predict adverse outcomes during an oncology clinic visit, the setting in which oncologists identify patients who are candidates for newly emerging therapies or who are able to participate in clinical trials.

The clinical application of a motion-sensor system has multiple implications for how oncologists identify patients who are able to tolerate novel therapies and those who are at risk for drug toxicity. Physical activity itself plays a key role in improved outcomes. In addition, approximately 67% of hospital encounters in the first year after cancer diagnosis are unexpected. UHEs may cause interruptions and delays in therapy.

Motion-capture systems are already transforming the study of cancer care, and ways to integrate the technology into current clinical trials and drug development have been proposed. For example, motion-capture systems have the potential to add a degree of objectivity to the clinical trial landscape, particularly in the area of adverse event attribution. Currently, adverse event attribution of a study drug is divided into a 5-tier system, spanning from not related to definitely related. It has been demonstrated that the majority of clinicians do not have formal training in attribution and that the process is frequently completed without full data. The system may lend to the misattribution of excess toxicity to a drug administered to a human...
participant with poorer PS, and thus less tolerability, than deemed by a clinician observer during enrollment.

Indeed, the need for standard operating procedures for collecting baseline data has recently been proposed. In-clinic motion-capture systems would enable standardization of PS measurement and provide a means by which to capture and record PS so that all human participants across multiple centers can be accurately assessed throughout the course of a clinical trial by investigators, regardless of study role and geographic location. This concept also transcends patients and clinicians to also provide objective and transparent patient-specific data to all stakeholders in the approval of a drug, including pharmaceutical companies and insurance companies.

Although we foresee the use of motion-capture systems as a means to optimize the integrity and accuracy of clinical trials, we also caution against the use of motion-capture systems in further limiting patient eligibility for clinical trials. As previously mentioned, RCTs often use PS as an inclusion criterion; therefore, the precise delineation of PS could place many patients in lower-performing categories than they would have been by physicians, thereby excluding them from trial eligibility. We would view this as a misuse of the technology. Instead, we propose that it be used as a means with which to stratify trial results by performance groups and enhance the applicability of trial findings to real-world populations. In doing so, we are hopeful that motion-capture systems serve as tools that forward the mission of the Institute of Medicine and ASCO to modernize and broaden clinical trial eligibility criteria.

Several limitations of our study must be noted. We observed a small sample size and had an observational study design,

![FIG 4](https://example.com/figure4.png)

*FIG 4.* Top three kinematic features that differentiate patients with low and high nonsedentary physical activity. (A) Receiver operating characteristic curves for features with the highest area under the curve (AUC). (B) Box plots for features with high t-test scores (low physical activity [LPA] negative, blue; LPA positive, orange). acc, acceleration (m/s²); av-hz, angular velocity about horizontal axes (radians/s); av-vt, angular velocity about vertical axis (radians/s); CTT, chair to table; GUP, get up and walk.
rather than a RCT design. Given the small size of this study, as well as the heterogeneous population, we did not perform an adjusted analysis of our results. A future validation study with a more homogenous population would allow for analysis of potential confounders. With regard to the Microsoft Band 2 wearable sensor, we do not have data on 24-hour patient compliance and syncing habits. Of the initial 60 patients who were screened, 22 did not ultimately complete the study, largely as a result of having more advanced disease and receiving palliative chemotherapy. Our results, therefore, may not best reflect the utility of a motion-capture system in patients with more advanced cancer. Moreover, our trial also included only patients with solid tumors receiving high emetogenic chemotherapy; therefore, the data may not be extractable to patients with hematologic malignancies or those receiving other types of anticancer treatments, including immunotherapy, or combination therapy with surgery and radiation.

In summary, our findings suggest the Microsoft Kinect to be one tool with which oncologists can make more precise assessments of treatment tolerability in the clinical setting, thus improving patient treatment options and outcomes and also refining the means by which oncologic drug trials are conducted. Future directions include designing studies investigating multiple types of motion-capture systems. Although wearable monitors have thus far been shown to be of utility in monitoring the activity levels of patients with cancer, the advent and further study of in-clinic motion-capture systems may oblate the need for continuous monitoring systems. We also aim to study a large population across multiple centers, stratified by cancer type and therapy type. Additional larger-scale and more homogenous studies may validate our results and also potentially clarify how motion-capture systems can be used in conjunction with wearable sensors. Furthermore, we hope future studies identify in-clinic kinematics associated with specific malignancy complications, such as infection and venous thromboembolism. Identification of movements that relate to common, tangible oncologic complications can provide oncologists with specific tools for prevention and early treatment.

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**AUTHORS’ DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST**

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Expert Testimony: BDMK Law

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Stock and Other Ownership Interests: Epic Sciences, Cansera Consulting or Advisory Role: AstraZeneca, Western Oncolytics, Fujirebio Diagnostics, Takeda Research Funding: Merck Patents, Royalties, Other Intellectual Property: Patent pending on movement and unexpected health care encounters

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APPENDIX

KINETIC FEATURE EXTRACTION

Details of kinematic feature extraction from the raw three-dimensional position motion-capture data are described here. Anatomic site positions $\mathbf{r}_i = \mathbf{x}_i, \mathbf{y}_i, \mathbf{z}_i$ are 3-dimensional time series constructed from position at each time point $t$ for $i = 1, 2, \ldots$ for $i = 25$ anatomic sites. The position vectors are used to calculate velocity magnitude $\mathbf{v}_i = (\dot{x}_i, \dot{y}_i, \dot{z}_i)$ and acceleration magnitude $\ddot{\mathbf{a}}_i = (\ddot{x}_i, \ddot{y}_i, \ddot{z}_i)$ of each anatomic site using the mean-value theorem where a single dot superscript designates a derivative with respect to time and a double dot superscript is a second derivative with respect to time. As a result of the lack of distribution of mass information, specific kinetic energy $\mathbf{T}_i = \frac{1}{2} m_i \mathbf{v}_i \cdot \mathbf{v}_i$ and specific potential energy $\mathbf{U}_i = gA \mathbf{z}_i$ are used to calculate the inverse tangent of the ratio of the cross product and dot product of $\mathbf{v}_i$ and $\mathbf{z}_i$, giving the horizontal angle $\phi_i$.

Angular Velocity Calculation

The angular velocity of the sections defined in Figure 1 are calculated using 3-dimensional rigid body kinematic equations for relative motion. A section (Fig 1) is treated as a rigid bar and is defined by two points, for example, left and right hips defined by two anatomic points—left (neck) at each time point. The sagittal angle is calculated using the position vectors $\mathbf{v}_1, \mathbf{v}_2$ and $\mathbf{v}_3$ at each time point. The angular velocity of the sections defined in Figure 1 are calculated using 3-dimensional rigid body kinematic equations for relative motion.

Sagittal Angle Calculation

We define sagittal angle as the angle between the $\mathbf{v}_1, \mathbf{v}_2$ vector originating at the spine base and pointing in the direction of motion, and $\mathbf{v}_3$, the vector connecting anatomic site 1 (spine base) and 3 (neck) at each time point. The angular velocity of the sections defined in Figure 1 are calculated using 3-dimensional rigid body kinematic equations for relative motion.

Angular Velocity Calculation

The angular velocity of the sections defined in Figure 1 are calculated using 3-dimensional rigid body kinematic equations for relative motion. A section (Fig 1) is treated as a rigid bar and is defined by two anatomic points—for example, left and right hips define the hip section—and we refer generically to these two ends as point A and point B. We calculate the velocities of these two points from the position vectors using the mean-value theorem, as mentioned previously. Therefore, using these two velocities, the angular velocity of the section $\omega_{AB}$ can be isolated in the relative velocity vector equation, $\mathbf{V}_B - \mathbf{V}_A = \dot{\omega}_{AB} \times \mathbf{r}_{AB} = (\Delta \mathbf{V}_x, \Delta \mathbf{V}_y, \Delta \mathbf{V}_z)$, where $\mathbf{r}_{AB}$ is the vector from point A to point B $\mathbf{r}_{AB} = \mathbf{r}_B - \mathbf{r}_A = (f_{AB,x}, f_{AB,y}, f_{AB,z})$. This vector equation has 3 components corresponding to the three directions and requires an additional equation to solve for the 3 components of the angular velocity. Consequently, we use a kinematic restriction equation $\dot{\omega}_{AB} \times \mathbf{r}_{AB} = 0$, because the angular motion of the section along the axis of the section does not affect its action. This allows for a solution to the three components of the angular velocity vector $\omega_{AB} = (\omega_x, \omega_y, \omega_z)$:

$$\omega_x = \frac{\Delta V_{f_{AB,y}} - \Delta V_{f_{AB,z}}}{f_{AB,x} + f_{AB,y} + f_{AB,z}}$$

$$\omega_y = \frac{1}{f_{AB,x}} (f_{AB,x} \omega_x - \Delta V_x)$$

These equations are solved at each time point to get the time series of angular velocities for each section in Figure 1.

Microsoft Band 2

Microsoft Band 2 is a wrist-worn activity tracker containing multiple sensors that provide hourly activity measurements, including energy expenditure, step count, and heart rate. To allow activity level comparison across patients, we estimated hourly metabolic equivalent of task (MET), where 1 MET corresponds to a person’s basal metabolism. METs were estimated by dividing band hourly energy expenditure by daily reported weight to account for weight changes. Baseline activity level was corrected to 1 MET using line fit to normalize METs across patients. We computed the nonsedentary physical activity hours for the compliance period, as the number of hours a patient exhibited $> 1.5$ METs. Of note, as band data were available on an hourly interval, a 1.5-MET threshold corresponds to an energy expenditure of 1.5 METs on average for the entire hour.

We defined daily band wear compliance as the study participant wearing the band for 8 hours or longer during the 10 AM to 8 PM period. This period was selected in accordance with this cohort’s expected common waking hours. We defined overall band wear compliance as the study participant being daily band wear compliant for 80% or more of days during the 60-day band wear period. For the analysis, we considered only band data for the 10 AM to 8 PM compliance period.

UNEXPECTED HOSPITAL ENCOUNTERS

Two-sample $t$ tests were performed to determine if mean values of kinematic features are different for patients with zero unexpected hospital encounters (UHEs; UHE negative) and patients with one or more UHE (UHE positive), and the distribution of the resulting $t$ test scores and significance values for the entire set of 526 features is shown in Appendix Figure A1. The full list of 29 significant ($P < .05$) $t$ test scores is shown in Appendix Table A1, and box plots of these significantly differentiating kinematic features are shown in Appendix Figures A2 and A3.

LOW PHYSICAL ACTIVITY

Two-sample $t$ tests were performed to determine if mean values of kinematic features are different for patients with more than 20 hours of nonsedentary physical activity (low physical activity [LPA] negative) compared with patients with 20 hours or less of nonsedentary physical activity (LPA positive), and the distribution of the resulting $t$ test scores and significance values for the entire set of 526 features is shown in Appendix Figure A4. A full list of 19 significant ($P < .10$) $t$ test scores is shown in Appendix Table A2, and box plots of these significantly differentiating kinematic features are shown in Appendix Figure A5.
**FIG A1.** Distribution of t-test scores and significance values from 2-sample t-tests for differences in mean values of kinematic features between patients with no unexpected hospital encounters (UHEs; UHE = 0) and patients with one or more unexpected hospitalizations (UHE = 1).
Spine base: mean CTT acc $t = 2.505$, $P = .017$

Right arm: max GUP av–hz $t = 2.435$, $P = .024$

Left leg: min CTT av–hz $t = -2.428$, $P = .023$

Left hip: max CTT acc $t = 2.42$, $P = .021$

Left elbow: max CTT pe $t = 2.326$, $P = .026$

Left shoulder: mean CTT pe $t = 2.301$, $P = .028$

Head: max CTT pe $t = 2.294$, $P = .028$

FIG A2. Box plots of kinematic features that significantly differentiate unexpected hospital encounter (UHE)–negative (blue) and UHE-positive (orange) patients. Kinematic features 1-20. acc, acceleration (m/s²); av-hz, angular velocity about horizontal axes (radians/s); CTT, chair to table; GUP, get up and walk; ke, specific kinetic energy (J/kg); pe, specific potential energy (J/kg); UHE, unexpected health encounter; vel, velocity (m/s).
FIG A3. Box plots of kinematic features which significantly differentiate unexpected hospital encounter (UHE)–negative (blue) and UHE-positive (orange) patients. Kinematic features 21–29: acc, acceleration (m/s²); av-hz, angular velocity about horizontal axes (radians/s); CTT, chair to table; ke, specific kinetic energy (J/kg); pe, specific potential energy (J/kg); UHE, unexpected health encounter.
**FIG A4.** Distribution of *t* test scores and significance values from 2-sample *t* tests for differences in mean values of kinematic features between unexpected hospital encounter (UHE) – negative and UHE-positive patients. LPA, low physical activity.
FIG A5. Box plots of kinematic features that significantly differentiate between low physical activity (LPA)–negative (blue) patients and LPA-positive (orange) patients. Kinematic features 1-19. acc, acceleration (m/s²); av-hz, angular velocity about horizontal axes (radians/s); av-tot, the total angular velocity (radians/s); av-vt, angular velocity about vertical axis (radians/s); CTT, chair to table; GUP, get up and walk; ke, specific kinetic energy (J/kg); pe, specific potential energy (J/kg); vel, velocity (m/s).

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| No. | Feature                      | t Test | P   | No.   | Feature                      | t Test | P   |
|-----|------------------------------|--------|-----|-------|------------------------------|--------|-----|
| 1   | Left knee: mean CTT acc      | 3.388  | .002| 22    | Right shoulder: max CTT pe   | 2.201  | .036|
| 2   | Left elbow: max CTT pe       | 3.038  | .004| 23    | Left hip: mean CTT pe        | 2.165  | .037|
| 3   | Right arm: mean GUP av-hz    | 2.909  | .006| 24    | Left hip: mean CTT ke        | 2.16   | .038|
| 4   | Left shoulder: max CTT pe    | 2.749  | .01  | 25    | Spine base: mean CTT pe      | 2.139  | .039|
| 5   | Left knee: mean CTT vel      | 2.742  | .01  | 26    | Spine mid: mean CTT pe       | 2.133  | .04 |
| 6   | Left hip: mean CTT acc       | 2.711  | .01  | 27    | Right hip: mean CTT pe       | 2.101  | .043|
| 7   | Spine base: max CTT pe       | 2.649  | .012 | 28    | Right leg: max CTT av-hz     | 2.052  | .048|
| 8   | Right hip: max CTT pe        | 2.631  | .012 | 29    | Spine shoulder: mean CTT pe  | 2.047  | .048|
| 9   | Left knee: mean CTT ke       | 2.56   | .015 |       |                              |        |     |
| 10  | Left hip: max CTT pe         | 2.555  | .015 |       |                              |        |     |
| 11  | Spine mid: max CTT pe        | 2.546  | .016 |       |                              |        |     |
| 12  | Spine shoulder: max CTT pe   | 2.528  | .017 |       |                              |        |     |
| 13  | Neck: max CTT pe             | 2.506  | .018 |       |                              |        |     |
| 14  | Spine base: mean CTT acc     | 2.505  | .017 |       |                              |        |     |
| 15  | Right arm: max GUP av-hz     | 2.435  | .024 |       |                              |        |     |
| 16  | Left leg: min CTT av-hz      | -2.428 | .023 |       |                              |        |     |
| 17  | Left hip: max CTT acc        | 2.42   | .021 |       |                              |        |     |
| 18  | Left elbow: mean CTT pe      | 2.326  | .026 |       |                              |        |     |
| 19  | Left shoulder: mean CTT pe   | 2.301  | .028 |       |                              |        |     |
| 20  | Head: max CTT pe             | 2.294  | .028 |       |                              |        |     |
| 21  | Right hip: mean CTT acc      | 2.24   | .031 |       |                              |        |     |

NOTE. Ranked by absolute value of two-sample t test scores.

Abbreviations: acc, acceleration (m/s²); av-hz, angular velocity about horizontal axes (radians/s); CTT, chair to table; ke, specific kinetic energy (J/kg); pe, specific potential energy (J/kg); UHE, unexpected health encounter; vel, velocity (m/s).
### TABLE A2.  Full List of Kinematic Features (feature 1-5: $P < .05$; feature 6-22: $.05 < P < .10$) That Differentiate Between LPA-Negative and LPA-Positive Patients

| No. | Feature                                      | t Test | $P$  | No. | Feature                                      | t Test | $P$  |
|-----|----------------------------------------------|--------|------|-----|----------------------------------------------|--------|------|
| 1   | Right knee: max GUP acc                      | -2.947 | .006 | 12  | Right leg: mean CTT av-hz                   | -1.844 | .078 |
| 2   | Left arm: mean GUP av-hz                     | -2.4   | .025 | 13  | Left arm: max GUP av-vt                    | -1.833 | .08  |
| 3   | Left knee: mean GUP pe                       | 2.248  | .031 | 14  | Left arm: mean GUP av-vt                   | -1.791 | .082 |
| 4   | Right leg: mean CTT av-hz                    | -2.07  | .051 | 15  | Right leg: mean CTT av-tot                  | -1.783 | .088 |
| 5   | Right arm: min GUP av-hz                     | 1.993  | .057 | 16  | Right leg: max CTT av-hz                   | -1.745 | .094 |
| 6   | Right leg: mean GUP av-tot                   | -1.973 | .057 | 17  | Right leg: min CTT av-vt                   | 1.743  | .095 |
| 7   | Left elbow: max CTT acc                      | -1.971 | .057 | 18  | Shoulder: min GUP av-vt                    | 1.734  | .096 |
| 8   | Right leg: max GUP av-hz                     | -1.95  | .063 | 19  | Left elbow: max CTT vel                    | -1.694 | .099 |
| 9   | Left elbow: max CTT ke                       | -1.909 | .064 |      |                                              |        |      |
| 10  | Right knee: max GUP vel                      | -1.888 | .074 |      |                                              |        |      |
| 11  | Right leg: max GUP av-tot                    | -1.847 | .075 |      |                                              |        |      |

NOTE. Ranked by absolute value of two-sample t test scores.
Abbreviations: acc, acceleration (m/s²); av-hz, angular velocity about horizontal axes (radians/s); av-tot, the total angular velocity (radians/s); av-vt, angular velocity about vertical axis (radians/s); CTT, chair to table; GUP, get up and walk; ke, specific kinetic energy (J/kg); LPA, low physical activity; pe, specific potential energy (J/kg); UHE, unexpected health encounter; vel, velocity (m/s).