Response to Foliar Micronutrients Application: Oil Content, Fatty Acid Profiling, Growth and Yield Attributes in Sunflower Hybrids

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Abstract

Micronutrient deficiency is widespread in alkaline soils of Pakistan which ultimately affect the yield and quality of sunflower oil. The current study was designed to investigate the combined as well as the sole effect of micronutrient application on the growth and yield attributes, and fatty acids profiling of selected sunflower hybrids. A field trial was conducted in sub-humid climatic conditions and two sunflower hybrids (FMC-1 and Parsun-3) were grown at the University of Haripur’s research farm. Micronutrients were applied through the foliar application at the start of the bud growing stage and before the flowering stage i.e., after 30 and 55 days of sowing. The application of micronutrients resulted in significant variation in agronomic parameters of sunflower hybrids. Molybdenum among the sole application and in combination treatments Zn, B, and Mo increased the growth traits of sunflower genotypes, while application of Zn and Mo (among sole application), and combination of Zn, B, and Mo increased the yield attributes. Oil content was highest in the combination of three micronutrients (Zn, B, and Mo) application followed by the Zn and B application individually. Sole micronutrients application also increased oil contents in both hybrids. Zinc application resulted in an increase of unsaturated fatty acids and a decrease in saturated fatty acids, while the B increased the oleic acid and stearic acid content and decreased the linoleic acid and palmitic acid contents. Among the varieties, FMC-1 has significantly achieved a higher yield than the Parsun-3. It is concluded from the research that Zn application increased the beneficial (poly- and mono-unsaturated) fatty acids and decreased the harmful (saturated) fatty acids. Zinc application @ 2 kg ha\(^{-1}\) is recommended for good quality oil production.

1. Introduction

The major oilseed crops of Pakistan are cotton, mustard, rapeseed, sunflower, and canola. Sunflower (*Helianthus annuus* L.) is one of the most important and world’s 4\(^{th}\) largest oilseed crop (Oil World, 2019) which is grown on an area of 27 million hectares with a production of 52 million tonnes worldwide (Oil World, 2019). Domestic edible oil production during previous years was 0.431 million tonnes which contributed only 12% of the total edible oil availability that was 3.623 million tonnes in Pakistan for the years 2016 and 2017 (Govt. of Pakistan 2019). Sunflower is cultivated on a total area of 264 thousand acres with total oilseed production of 0.14 million tonnes and oil production of 54 thousand tonnes in Pakistan during 2018-19 (Govt. of Pakistan 2019). Among the top 10 countries, Pakistan is ranked as the 4\(^{th}\) largest edible oil importer in the world. As we know, the population is inversely proportional to resources, i.e. increase in population causes a decrease in edible oil. Pakistan is a developing nation and it spends 1.377 billion US \$ annually on the import of edible oil but during the past years in 2018-19 this demand was increased and Pakistan has spent 1.455 billion US\$ on its import making the situation quite alarming.

Micronutrients especially zinc (Zn), molybdenum (Mo) and boron (B) are considered as the most important limiting factor for crop production especially in alkaline-calcareous soils. Almost 30% of agricultural soils are Zn deficient (Babaeian et al. 2011). Zinc is required for hormone stimulation, chlorophyll formation, protein, lipid metabolism, synthesis of carbohydrate, and enzymatic activity
Zinc is also important in tryptophan biosynthesis (Oosterhuis et al. 1991), photosynthesis, synthesizing RNA and DNA and biomass production (Kobraee et al. 2011). Low Zn solubility in soils is the reason for its deficiency in plants, so Zn applied in small amounts by foliar application significantly increases crop yield (Sarkar et al. 2007). Zinc reduces the oxidation of membrane lipids and protein. The ionic form of Zn interferes with the generation and peroxidative attack of oxygen radicals produced in a membrane environment and metals redox cycling in membrane binding sites (Girotti et al. 1985). Molybdenum is an essential microelement and Mo soil content ranges between 0.01 and 17 mg kg\(^{-1}\) (Kabata-Pendias 2011). Molybdenum is required for more than sixty enzymes catalyzing various redox reactions in crop plant metabolism (Zimmer and Mendel 1999). Molybdenum is a constituent of nitrate reductase and nitrogenase which is used for nitrate assimilation. Boron is essential for the development of buds, root tips and new leaf (Rerkasem 1996). Boron is involved in the regulation of metabolic activities and its deficiency affects the yield of crop plants. In field conditions, factors like alkalinity and calcareousness influence the uptake of the micronutrient's thus foliar fertilization can get considerable importance. Foliar application has the advantage of overcoming the negative effect of stress influencing root growth and nutrients absorption capacity. Previous studies have shown that even a minor quantity of nutrients, like Zn, Fe, B, and Mn applied by foliar spraying increases the yield of oilseed crops significantly (Sarkar et al. 2007; Wissuwa et al. 2008).

The oil content and its composition such as saturated fatty acids (stearic and palmitic) and unsaturated fatty acids (oleic, linoleic and linolenic) are responsible for the quality of the sunflower oil. Fatty acids composition of oilseed crops is a quantitative trait that is supposed to be affected by Zn, B and Mo deficiencies and toxicities (Ahmed et al. 2010; Skarpa et al. 2013; Bellaloui et al. 2013; Mehmood et al. 2018; Hamurcu et al. 2019). Micronutrient deficiencies reduce crop productivity as well as oil quality. Mostly, researches were carried out on the agronomic and yield attributes of the oilseed crops. In previous studies, the effect of a single micronutrient fertilizer on the crop yield and/or on oil quality attributes of oilseed crops was discussed whereas few have focused on the role of the combined applications of micronutrients in improving the growth and yield. The present study was designed to evaluate the combined as well as the sole effect of micronutrient application on the agronomic and yield attributes, and fatty acids profiling for oil quality of selected sunflower hybrids.

2. Materials And Methods

2.1 Site Description and Experimental Layout

A field trial was conducted at the agriculture research farm of The University of Haripur, Pakistan. The efficiency of the sole, as well as the combined application of micronutrients to achieve maximum seed yield, yield components and fatty acid profiling (oil quality parameters) under sub-humid climatic conditions on two sunflower hybrids (FMC-1 and Parsun-3), was observed. Foliar application of micronutrient was done at the start of the bud growing stage and before the flowering stage i.e. after 30 and 55 days of sowing. The rate of micronutrients application was Zn @ 2.0 kg ha\(^{-1}\), B @ 0.5 kg ha\(^{-1}\) and Mo @ 7.5 kg ha\(^{-1}\). The experiment was executed in RCBD with three replications. Recommended doses of
nitrogen (120 kg ha\(^{-1}\)), phosphorous (60 kg ha\(^{-1}\)) and potassium (60 kg ha\(^{-1}\)) were applied using urea, diammonium phosphate, and murate of potash fertilizers. The full dose of phosphate and potash fertilizers and half dose of nitrogenous fertilizer was incorporated at the sowing time while half nitrogenous fertilizer was applied when the plants attained 4-5 leaf stage. Seventy-five cm row to row distance and twenty-five cm plant to plant distance was maintained. The net plot size was (1.35 m × 5 m), and sowing was done using dibbler by putting two seeds per hole. When the crop was at the 2-3 leaf stage, thinning was carried out. The following parameters were recorded during the experiment.

2.2 Soil Analyses

Soil electrical conductivity (EC) was determined by 1:1 soil water suspension (Richard 1954). The soil suspension was made by 25 g soil and 25 mL deionized water in a 100 mL beaker. Then the suspension was mixed for 2 minutes using a glass rod. Soil EC was recorded using a calibrated EC meter after 30 minutes. The soil pH from the same suspension was also measured (Thomas et al. 1966). Soil organic matter was measured by organic carbon reduction using potassium dichromate and titrating against ferrous ammonium sulfate following Nelson and Sommers (1982) method. Soil textural class was determined by the hydrometer method which obeys Stokes Law (Gee and Bauder 1986).

2.3 Agronomic and Yield Parameters

At the time of the vegetative growth period completion, the number of leaves per plant was counted, and plant height was measured using measuring tape by selecting two rows in the center of each plot. Randomly 10 plants were selected, and the head diameter of sunflower was measured using Vernier caliper. Randomly 10 plants were selected at physiological maturity and their stem girth was measured using the Vernier caliper. Weight per head, numbers of achenes per head and achene yield per hectare was calculated after harvesting as yield parameters.

2.4 Oil Content and Fatty Acids Profiling

Sunflower heads were harvested after the physiological maturity stage. Oil content and fatty acids levels (stearic, palmitic, linoleic and oleic) in the seed were determined. Oil content was measured by the Soxhlet method based on the Nuclear magnetic resonance (NMR) extraction achenes in a continuous flow extractor (Granlund and Zimmerman 1975). The fatty acids level was determined as methyl esters using Shimadzu Gas-Liquid Chromatography (Stefanoudaki et al. 1999).

2.5 Statistical Analysis

Agronomic, yield and quality parameters were quantified and analyzed for variability using analysis of variance (ANOVA) by split-plot design by taking hybrids in the main plot and micronutrient treatments in the subplot. Treatments mean and hybrids mean were compared using the least significant difference (LSD) test (Steel et al. 1997).
3. Results

The soil of the research field had no salinity problem but was low in organic matter (0.90 %) and plant-available P (4.8 mg kg\(^{-1}\)) content. The soil pH was 7.90, and the soil texture was classified as silt loam. The effect of micronutrient application on growth, yield, oil content, and fatty acid profiling as a sole as well as in combination with two sunflower hybrids are presented below.

3.1 Growth Parameters

Growth parameters of sunflower hybrids i.e. the number of leaves per plant, plant height (cm), stem girth (cm) and head diameter (cm) were measured at the end of the physiological maturity stage. The number of leaves per plant was nonsignificant with hybrids (\(p \geq 0.0026\)) while varied significantly with micronutrients application (\(p \geq 0.0001\)). The number of leaves per plant, when averaged over the treatments, was higher in Parsun-3 than FMC-1 (Table 1). Plant height, stem girth, and head diameter varied significantly with sunflower hybrids and micronutrient treatments (Table 1). Overall, FMC-1 performed better than the Parsun-3 in all the growth parameters. Among the combinations treatments, the combination of three (Zn+B+Mo) micronutrients gave the highest result in all the growth parameters while among the sole application, the highest growth parameters were observed for Mo followed by Zn and B.

3.2 Yield Parameters

Yield parameters of sunflower hybrids (weight of the head, no. of achenes head\(^{-1}\), the weight of thousand achenes and achene yield) with micronutrients application are presented in Table 2. Yield parameters significantly varied with sunflower hybrids and micronutrients application. Among sunflower hybrids, FMC-1 performed better than Parsun-3 in yield parameters including head weight, no. of achenes head\(^{-1}\), the weight of thousand achenes and achene yield. Among the micronutrient treatments, the combination of Zn, B, and Mo was observed best in the yield parameters while the sole application of Zn and Mo performed better than B. Achene yield varied significantly with sunflower hybrids (\(p \geq 0.0018\)) and micronutrients application (\(p \geq 0.0001\)). Achene yield, when averaged over the treatments were higher in FMC-1 (3761) than Parsun-3 (3455) (Table 2). Achene yield was maximum in the combination of three micronutrients (Zn+B+Mo). Among the sole application of micronutrient, achene yield was highest in Zn followed by Mo and B application.

Table 1. Mean growth parameters variations in sunflower Hybrids and micronutrients treatments
| Factors | No. of leaves | Plant height | Stem girth | Head diameter |
|---------|---------------|--------------|------------|---------------|
| Hybrids |               |--------------|------------|---------------|
| FMC-1   | 27.77 a       | 225 a        | 5.78 a     | 17.66 a       |
| Parsun-3| 28.23 a       | 159 b        | 5.20 b     | 16.48 b       |
| Treatments |           |              |            |               |
| Control | 25.43 h       | 172 h        | 4.71 h     | 15.65 h       |
| Zn      | 26.99 f       | 184 f        | 4.96 g     | 16.73 f       |
| B       | 26.26 g       | 177 g        | 5.13 f     | 15.97 g       |
| Mo      | 27.70 e       | 193 d        | 5.30 e     | 17.37 e       |
| Zn+B    | 28.18 d       | 190 e        | 5.61 d     | 17.40 d       |
| Zn+Mo   | 29.73 b       | 205 b        | 5.81 c     | 17.74 b       |
| Mo+B    | 28.85 c       | 200 c        | 6.10 b     | 17.55 c       |
| Zn+B+Mo| 30.85 a       | 210 a        | 6.27 a     | 18.17 a       |

The mean sharing the same letters are statistically similar \((p > 0.05)\). The number of means for sunflower hybrids is 24 and treatments are 6.

Table 2. Mean yield parameters variations in sunflower hybrids and micronutrients treatments

| Factors | Weight of Head | No. achenes head | 1000 achenes weight | Achene yield |
|---------|----------------|------------------|----------------------|--------------|
| Hybrids |                |                  |                      |              |
| FMC-1   | 203 a          | 1311 a           | 49.54 a              | 3761 a       |
| Parsun-3| 164 b          | 1105 b           | 46.33 b              | 3455 b       |
| Treatments |            |                  |                      |              |
| Control | 124 g          | 1131 h           | 44.66 e              | 3362 h       |
| Zn      | 200 c          | 1207 d           | 47.66 bc             | 3600 d       |
| B       | 145 f          | 1158 g           | 46.16 d              | 3462 g       |
| Mo      | 191 e          | 1180 f           | 47.25 cd             | 3530 f       |
| Zn+B    | 201 c          | 1225 c           | 48.83 b              | 3710 c       |
| Zn+Mo   | 205 b          | 1257 b           | 50.33 a              | 3743 b       |
| Mo+B    | 193 d          | 1205 e           | 47.83 bc             | 3583 e       |
| Zn+B+Mo| 211 a          | 1297 a           | 50.83 a              | 3879 a       |
The mean sharing the same letters are statistically similar \((p > 0.05)\). The number of means for sunflower hybrids is 24 and treatments are 6.

### 3.3 Oil Content and Fatty Acids Profiling

Quantitative measurements of oil contents and fatty acids (linoleic acid, oleic acid, palmitic acid, and stearic acid) in sunflower hybrids with micronutrient applications are carried out. The oil content of sunflower seed was nonsignificant with hybrids while it differed significantly with micronutrients application \((p \geq 0.0001)\). Overall the oil contents, when averaged over the treatments, were similar in both of the hybrids (Table 3). Oil content, when averaged over the hybrids, was significantly different due to the micronutrient application (Table 3). Oil content was highest in the combination of three micronutrients (Zn+B+Mo) application followed by the Zn and B application. The variation in oil content differed significantly with micronutrient treatments as the hybrid*treatments interaction was significant \((p \geq 0.007)\). Sole micronutrients application also increased oil contents in both hybrids (Figure 1).

Linoleic acid is an unsaturated fatty acid that was nonsignificant with sunflower hybrids and varied significantly with micronutrients application \((p \geq 0.0001)\). Linoleic acid contents, when averaged over the treatments, were higher in FMC-1 (72.89 %) than Parsun-3 (71.10 %) (Table 3). Linoleic acid was highest in the combination of three micronutrients (Zn+B+Mo) application followed by the Zn+Mo combination. Among the sole application of micronutrient, the highest linoleic acid content was in the Zn application followed by Mo. In contrast, B application reduced the linoleic acid compares to the control treatment (Figure 2). Linoleic acid variation differed significantly with micronutrient treatments as the hybrids*treatments interaction was significant. Among all the treatments, Zn+B+Mo, Zn+Mo and sole application of Zn were statistically similar and higher than other treatments in both hybrids. When the micronutrients were applied in combination the highest linoleic acid contents were recorded in the Zn+B+Mo treatment.

Table 3. Mean oil contents and fatty acids variations in sunflower hybrids and micronutrients treatments
Factors | Oil contents | Linoleic acid | Oleic acid | Palmitic acid | Stearic acid |
|--------|-------------|--------------|------------|--------------|--------------|
| Hybrids | %           |              |            |              |              |
| FMC-1  | 38.10 a     | 72.89 a      | 14.54 b    | 6.93 a       | 6.24 b       |
| Parsun-3 | 38.55 a    | 71.10 a      | 15.99 a    | 5.84 b       | 7.15 a       |
| Treatments |           |              |            |              |              |
| Control | 37.07 f     | 71.00 f      | 14.72 f    | 7.04 b       | 7.01 c       |
| Zn      | 38.31 c     | 73.13 c      | 15.20 d    | 5.66 e       | 5.91 g       |
| B       | 37.88 d     | 70.12 g      | 15.33 c    | 6.95 e       | 7.44 a       |
| Mo      | 37.37 e     | 71.25 e      | 14.92 e    | 7.14 a       | 7.14 b       |
| Zn+B    | 39.11 b     | 72.08 d      | 15.51 b    | 5.85 d       | 6.54 d       |
| Zn+Mo   | 38.41 c     | 73.44 b      | 15.46 b    | 5.64 e       | 6.02 f       |
| Mo+B    | 38.27 c     | 71.31 e      | 15.37 c    | 6.96 c       | 7.13 b       |
| Zn+B+Mo | 40.18 a     | 73.62 a      | 15.62 a    | 5.84 d       | 6.41 e       |

The mean sharing the same letters are statistically similar ($p > 0.05$). The number of means for sunflower hybrids is 24 and treatments are 6.

Oleic acid is also an unsaturated fatty acid and varied significantly with sunflower hybrids ($p \geq 0.027$) and micronutrients application ($p \geq 0.0001$). Oleic acid contents were higher in Parsun-3 (15.99 %) than FMC-1 (14.54 %) (Table 3). Oleic acid was highest in the combination of three micronutrients (Zn+B+Mo). Among the sole application of micronutrient, the highest oleic acid content was in B application followed by Zn and Mo. Variation in oleic acid also differed significantly with micronutrient treatments as the hybrid*treatments interaction was significant. Boron application increased the oleic acid content followed by Zn and Mo application in both genotypes (Figure 3). Among all the treatments, three micronutrient combinations, and Zn and B sole application was statistically similar and higher than other treatments in both hybrids.

Palmitic acid is saturated fatty acid, when averaged over the treatments, were higher in FMC-1 (6.93 %) than Parsun-3 (5.84 %) (Table 3). Zinc and B application decreased the palmitic acid while Mo application increased the palmitic acid contents. Variation in palmitic acid also differed significantly with micronutrient treatments as the hybrid*treatments interaction was nonsignificant. Zinc application decreased the palmitic acid contents followed by B while Mo increased the palmitic acid contents in both of genotypes (Figure 4).

Stearic acid is also a saturated fatty acid was significantly varied with the micronutrient application (Table 3). Zinc application decreased while B and Mo application increased the stearic acid contents. Stearic acid variation also differed significantly with micronutrient treatments as the hybrid*treatments
interaction was nonsignificant. Application of Zn resulted in decreased stearic acid contents while B and Mo application showed an increase in stearic acid contents (Figure 5).

4. Discussion

The variation in growth parameters of sunflower hybrids growing in identical field environments may be related to their genetic makeup. Better performance in growth parameters by Mo application may enhance macronutrient bioavailability especially nitrogen, as Mo is a constituent of nitrate reductase and nitrogenase and required for nitrate assimilation (Skarpa et al. 2013). Foliar application of Mo and calcium increased the nitrogen content of poinsettia (Ayala-Arreola et al. 2008). Silva et al. (2012) also reported an increase in nitrogen bioavailability to bean leaves due to the application of micronutrients. Molybdenum is very important role in plant growth and its metabolism in the form of enzymes, including sulfite oxidase, nitrate reductase, aldehyde oxidase, xanthine dehydrogenase, and the mitochondrial amidoxime reductase (Havemeyer et al. 2006; Mendel 2011; Mendel and Kruse 2012). Molybdenum has both structural and catalytic functions in these enzymes and also directly involved in redox reactions and in sulfite detoxification, nitrate assimilation, purine degradation and abscisic acid synthesis (Mendel 2011).

The variation in yield parameters by the sunflower hybrids might be ascribed to the genetic difference among the respective hybrids (Iqbal 2017). Zinc is involved in the biosynthesis of auxin; it also accelerates photosynthetic activity by enhancing carbonic anhydrase (Ohki 1976; Welch 1995). Increased photosynthetic activity, in turn, enhances the yield in crop plants (Wang et al. 1985; Kler et al. 1989). Mirzapour and Khoshgoftar (2006) reported that the addition of 20 kg Zn per hectare increased the yield of sunflower statistically. The micronutrients application on the growth of sunflower, in terms of dry matter, seed yield, leaf area index, leaf area duration, net assimilation rate and crop growth rate and can be interpreted in terms of the metabolic function of micronutrients in the plant (Amberger, 1980). Application of Zn in combination with B exhibited yield increase over unfertilized soils (2005). Application of Mo increased the common beans yield (Lima et al. 1999), similarly, various studies reported an increase in yield of oilseed crops attributed to Mo application (Valentini et al. 2005; Zoz et al. 2012; Skarpa et al. 2013). Molybdenum application on increasing achene yield is associated with an increased ability of the plant to utilize nitrogen. Biscaro et al (2011) also observed that N fertilization increased grain yield only when combined with Mo foliar supply. Molybdenum is a component of the many enzymes as discussed earlier. Due to Mo role in NO\textsubscript{3} assimilation, nitrogen fixation processes, and transport of nitrogen compounds in plants, Mo plays a very important role in the metabolism of nitrogen in crop plants (Li et al. 2013). An increase in seed yield in oilseed rape cultivars was observed with the application of 0.75 kg hexaammonium heptamolybdate tetrahydrate per hectare as Mo source (Qin et al. 2015).

The increase in the oil content of sunflower seeds with Zn application may be due to a higher assimilate supply (Khurana and Chatterjee 2001). The increase in oil content was higher with Zn application than B and Mo applications. Similar results were recorded by Sawan et al. (2006) in the oil contents of cotton
seeds with Zn application. The increase in oil content is due to increased total photosynthates and a more effective translocation of photoassimilates (Ohki 1976).

Zinc application reduced saturated fatty acids (stearic as well as palmitic acid) and increased the unsaturated fatty acids as reported by Sharifi (2016) for the soybean hybrids and by Ahmed et al. 2010 for the oilseed crops. An increase in unsaturated fatty acids with Zn application is also recorded by Zeng (1996), and Sawan et al. (2006) in oilseed crops. Zinc is required for biomembranes stability by interaction with phospholipids and sulfhydryl groups (Chvapil 1973; Sunamoto et al. 1980; von Glos and Boursnell 1981). Furthermore, as a metal component of superoxide dismutase, Zn is part of the system for scavenging superoxide radicals, oxygen ions, and thus required for the protection of the membranes from powerful oxidizing oxygen species such as the hydroxyl radical (Fridovich 1986). Stearic acid increase with Mo application in sunflower is also reported by Skarpa et al. (2013). Hamurcu et al. (2019) also reported similar results in fatty acids variation (an increase in oleic acids and stearic acid while a decrease in linoleic acid and palmitic acid) with B application. Boron application regulates the seed composition by influencing the fatty acid content and seed protein (Bellaloui et al. 2010). Boron is involved in enhancing the translocation of photoassimilates from vegetative to reproductive parts as it plays an important role in the translocation of sugars, which are reported having an incremental effect on metabolic activities (Reddy et al. 2003)

5. Conclusion

Conclusive evidence of increased oil content was observed in the combination of three micronutrients (Zn+B+Mo) application followed by Zn+B application. Sole micronutrients application also increased oil contents in both varieties. Boron application increased the oleic acid and decreased the linoleic acid contents, whereas an increase in stearic acid was noticed. Zinc application increased beneficial fatty acids (mono- and polyunsaturated) while showed a reduction in harmful saturated fatty acids. Zinc application @ 2 kg ha⁻¹ is recommended for good quality oil production. Among the varieties, FMC-1 has a significantly higher yield than Parsun-3. We recommend FMC-1 for the cultivation in sub-humid climatic conditions with Zn application @ 2 kg per hectare and Mo @ 7.5 kg hectare as Mo in combination with Zn application increase the yield and yield-related parameters.

Declarations

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Conflict of Interest

The authors declare that they have no conflict of interest.

General Statement
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Figures

![Figure 1](image_url)

**Figure 1**

Effect of micronutrients application on oil contents in sunflower hybrids
Figure 2

Effect of micronutrients application on linoleic acid contents in sunflower hybrids

Figure 3
Figure 4

Effect of micronutrients application on palmitic acid contents in sunflower hybrids

Figure 5

Effect of micronutrients application on oleic acid contents in sunflower hybrids
Effect of micronutrients application on stearic acid contents in sunflower hybrids