Towards a cosmological neutrino mass detection

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Future cosmological measurements should enable the sum of neutrino masses to be determined indirectly through their effects on the expansion rate of the Universe and the clustering of matter. We consider prospects for the gravitationally lensed cosmic microwave background (CMB) anisotropies and baryon acoustic oscillations (BAOs) in the galaxy distribution, examining how the projected uncertainty of ≲15 meV on the neutrino mass sum (a 4σ detection of the minimal mass) might be reached over the next decade. The current 1σ uncertainty of ≳103 meV (Planck-2015 + BAO-15) will be improved by upcoming “Stage-3” (S3) CMB experiments (S3 + BAO-15: 44 meV), then upcoming BAO measurements (S3 + DESI: 22 meV), and planned next-generation “Stage 4” (S4) CMB experiments (S4 + DESI: 15–19 meV, depending on angular range). An improved optical depth measurement is important: the projected neutrino mass uncertainty increases to 26 meV if S4 is limited to ℓ > 20 and combined with current large-scale polarization data. Looking beyond ΛCDM, including curvature uncertainty increases the forecast mass error by ≈50% for S4 + DESI, and more than doubles the error with a two-parameter dark-energy equation of state. Complementary low-redshift probes including galaxy lensing will play a role in distinguishing between massive neutrinos and a departure from a lensed CMB and BAO measurements, data sets which do not require detailed modeling of nonlinear structure formation or an understanding of galaxy bias. The gravitationally lensed CMB measures the growth of structure at early times typically before the Universe was half its current age, and on angular scales larger than ≳100 Mpc, and so it is dominated by linear physics. Studies of this combination have been reported in Hall and Challinor [29], Abazajian et al. [30], Wu et al. [31], and Pan and Knox [32], with a 4σ

I. INTRODUCTION

A central goal in both cosmology and particle physics is to measure the mass of the neutrino particles. The neutrino sector is still poorly understood and the mechanism that gives rise to their mass is unknown. There are thought to be three active neutrino species, with mass differences measured through solar, atmospheric, reactor, and accelerator neutrino oscillation experiments (for reviews see, e.g., Gonzalez-Garcia and Nir [1], Maltoni et al. [2], Smirnov [3], and Feldman et al. [4]). The results imply a minimum total mass of 60 meV in a normal hierarchy with two lighter neutrinos and one heavier neutrino, or 100 meV in an inverted hierarchy with two massive neutrinos.

Cosmology provides an indirect probe of massive neutrinos (e.g., [5–19]). Massive neutrinos behave initially like noninteracting relativistic particles, and then later like cold dark matter. As such, they affect the expansion rate of the Universe, compared to a pure radiation or pure matter component, and they modify the evolution of perturbations at early times. They also modify the growth of structure through a suppression of the clustering of matter on scales that entered the cosmic horizon while the neutrinos were relativistic.

The current indirect 95% upper limit from cosmological data on the sum of the neutrino masses is Σmν < 230 meV from the Planck measurements of the cosmic microwave background (CMB), combined with baryon acoustic oscillation (BAO) measurements from the Baryon Oscillation Spectroscopic Survey (BOSS) [20,21]. The limit is Σmν < 680 meV from the CMB alone [21]. Tighter limits have been found including Lyman-α forest measurements from quasars in the BOSS survey (Σmν < 120 meV) [22,23], but the result depends on numerical hydrodynamical simulations which may contribute additional systematic uncertainty.

Recent forecasts of mass limits for upcoming cosmological data sets, including galaxy lensing and clustering, redshift-space distortions, the kinematic Sunyaev-Zel’dovich effect, and counts of galaxy clusters, have been studied extensively (e.g., Kitching et al. [24], Font-Ribera et al. [25], Villaescusa-Navarro et al. [26], Mueller et al. [27], and Errard et al. [28]), showing the promise of a wide range of future cosmological data to target a neutrino mass measurement. In this paper we focus on the combination of lensed CMB and BAO measurements, data sets which do not require detailed modeling of nonlinear structure formation or an understanding of galaxy bias. The gravitationally lensed CMB measures the growth of structure at times typically before the Universe was half its current age, and on angular scales larger than ≳100 Mpc, and so it is dominated by linear physics. Studies of this combination have been reported in Hall and Challinor [29], Abazajian et al. [30], Wu et al. [31], and Pan and Knox [32], with a 4σ

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we give a brief review of the cosmological effects of neutrinos, and in Sec. III we study how the mass measurement may be reached stepwise using data collected during the coming decade. In Sec. IV we investigate the dependence on experimental details, and in Sec. V we explore degeneracies with other cosmological parameters. We conclude in Sec. VI.

II. COSMOLOGICAL EFFECTS OF NEUTRINOS

Standard Model neutrinos are initially relativistic, following a thermal distribution after decoupling from the primordial plasma when the Universe had a temperature of around \( k_B T \approx 1 \text{ MeV} \). The neutrino temperature decreases as the scale factor grows, until their rest-mass energy dominates and they become indistinguishable from cold dark matter. For a neutrino of mass \( m_\nu \), the transition occurs at \( z \approx 120\left(\frac{m_\nu}{\text{60 meV}}\right) \) [12], so current limits indicate a transition epoch of \( 120 \lesssim z \lesssim 460 \) for a normal mass hierarchy.

This limit implies that the neutrinos were still relativistic when the CMB decoupled, so they would be indistinguishable from massless neutrinos in the primary anisotropies. However, higher mass neutrinos become nonrelativistic sooner, which reduces the early-time integrated Sachs-Wolfe (ISW) effect. This gravitational redshift of the CMB photons arises while the non-negligible radiation component causes the potentials of the density fluctuations to evolve [7,12] and affects the anisotropies on scales around the first acoustic peak [33].

This effect is not sensitive to masses that remain relativistic until well after decoupling [12,34], but further information comes from probes of later-time large-scale structure measurements. Massive neutrinos interact weakly, allowing them to free stream out of overdensities while relativistic, so the growth rate of matter perturbations inside the horizon is suppressed compared to a universe with only cold dark matter. For comoving wave numbers \( k \gg k_{FS} \), Hu et al. [35] show that the suppression of the matter power spectrum today, \( P(k) \), is proportional to the sum of the neutrino masses,

\[
P_{\Sigma m}(k) - P_{\Sigma m=0}(k) \approx -0.07 \left(\frac{\Sigma m_\nu}{0.1 \text{ eV}}\right) \left(\frac{\Omega_m h^2}{0.136}\right)^{-1},
\]

where the comoving free-streaming scale is given by

\[
k_{FS} = 0.0072 \left(\frac{\Sigma m_\nu}{0.1 \text{ eV}}\right)^{1/2} \left(\frac{\Omega_m}{0.315}\right)^{1/2} h \text{Mpc}^{-1},
\]

as illustrated in Fig. 1 and, e.g., [30], for models with fixed total matter density. For current limits this scale is estimated to lie in the range \( 0.005 \lesssim k_{FS} \lesssim 0.011 \) [h Mpc\(^{-1}\)].

The suppression of small-scale power can be probed using galaxy clustering and the gravitational lensing of galaxies. These are promising avenues for neutrino mass measurements (e.g., [25]), although these observables are sensitive to nonlinearities in the matter power spectrum and scale-dependent galaxy and shape biases [36,37]. An alternative route is through the gravitational lensing of the CMB (see, e.g., [38] for a review). Here the CMB photons are deflected by the large-scale structure, integrated over the photon path after decoupling.

Following [38], the CMB convergence angular power spectrum, \( C_\ell^{\kappa\kappa} \), is a weighted projection of the matter power spectrum \( P(k,\chi) \); under the Limber approximation,

\[
C_\ell^{\kappa\kappa} = \int_0^{\chi_H} d\chi \frac{W^2(\chi)}{f_1(\chi)} P\left(\frac{\ell}{f_1(\chi)}, \chi\right),
\]

where \( \chi_H \) is the comoving horizon size, \( f_1(\chi) \) relates line-of-sight comoving distances and transverse comoving distances in a curved universe, and the window function \( W(\chi) \) is

\[
W(\chi) = \frac{3\Omega_m H_0^2 f_1(\chi) f_2(\chi^* - \chi)}{2c^2 a(\chi)f_1(\chi^*)}
\]

for \( \chi < \chi^* \) and zero otherwise. Here \( a(\chi) \) is the scale factor and \( \chi^* \) is the radial comoving distance to the last-scattering surface. This angular power spectrum is sensitive to \( \Sigma m_\nu \), as shown in Fig. 1, and does not depend on galaxy bias. CMB lensing probes structures at higher redshift than galaxy clustering or weak lensing, and is correspondingly less sensitive to detailed nonlinear modeling of the matter power spectrum. In practice it is reconstructed from CMB temperature and polarization maps using a four-point function (e.g., [39]).

The CMB temperature and polarization angular power spectra, \( \{ C_\ell^{TT}, C_\ell^{EE}, C_\ell^{TE}, C_\ell^{EE} \} \), are also modified by lensing, which smears the acoustic peaks by adding variance to the apparent scale of a mode, converts \( E \)-mode polarization into \( B \)-mode polarization, and adds small-scale power in \( T, E, \) and \( B \) (e.g., [38]). The approximate effect of massive neutrinos is shown in Fig. 1 for the \( E \)-mode polarization, where we artificially amplify the effects of neutrinos on the CMB lensing, rather than the primary CMB, by varying the amplitude of the lensing potential. Increasing the neutrino mass has a similar effect to decreasing the lensing amplitude. Compared to the power spectra, the reconstructed convergence field contains more information on the neutrino mass [40].

Massive neutrinos also affect angular diameter distances \( d_A(z) \) and the expansion rate \( H(z) \), as their evolution differs from a pure radiation or pure matter component (e.g., [32]). These can be measured using a “standard ruler” method that is relatively free of systematic uncertainties: The primordial oscillations in the photon-baryon fluid are imprinted in the
galaxy distribution as BAOs. The comoving scale of the oscillations is fixed by the sound horizon at decoupling, \( r_s \), which is not significantly affected by neutrino masses given current limits and is in the linear regime of density perturbations (\( \approx 150 \text{ Mpc} \)). The observed spherically averaged BAO angular scale for galaxies at redshift \( z \) is sensitive to the parameter combination \( r_s / d_V \). Massive neutrinos behave like additional matter in the BAO redshift range, decreasing \( H_0 \) and increasing the volume distance \( d_V \).

![Effect of neutrino mass on CMB power spectra and BAO distance scales.](image)

**Fig. 1** (color online). Effect of neutrino mass on CMB power spectra and BAO distance scales. Top: Fractional change of the linear matter power spectrum today \( P(k) \) (left) and CMB convergence power spectrum \( C_{\kappa\kappa} \) (right) with neutrino mass \( \Sigma m_\nu \), for fixed physical dark-matter density today, \( \Omega_c h^2 + \Omega_\nu h^2 \). Suppression of power is due to neutrino free-streaming, and the oscillatory structure comes from a slight shift in the acoustic scale between models. Bottom left: Lensed CMB E-mode power spectrum with varying amplitudes of the lensing potential \( A_{\text{lens}} \), approximating and exaggerating the effect that massive neutrinos have on the CMB polarization spectrum. Bottom right: BAO distance ratio \( r_s / d_V \) for fixed \( \theta_A \) and \( \Omega_c h^2 \). Massive neutrinos behave like additional matter in the BAO redshift range, decreasing \( H_0 \) and increasing the volume distance \( d_V \).

For fixed cold-dark-matter density, more massive neutrinos increase the total late-time nonrelativistic matter content, which increases the volume distance, as shown in Fig. 1.

### III. IMPROVEMENTS IN THE NEXT DECADE

We consider how upcoming and planned CMB and BAO experiments will improve the current limits on the sum of the neutrino masses, building on previous analyses [25,29–32].

#### A. New data

The current state of the art for the CMB is the Planck and WMAP satellite data, including the first analysis of the full-mission Planck data [21,42]. Improved small-scale CMB measurements are currently being made by the "Stage 2" ground-based experiments: ACTPol, SPTPol, and POLARBEAR [43–45]. These will soon be upgraded to "Stage 3" (hereafter, S3) with new detectors and sensitivity to multiple frequencies. Here we consider a S3 "wide" experiment that maps 40% of the sky, and a "deep" experiment that maps 6% of the sky. The wide experiment is similar to AdvACT specifications [46] and the deep to SPT-3G [47]. These experiments are expected to take data from 2016 to 2019, and the specifications we adopt are given in Table I. We also anticipate data from S3 experiments targeting larger angular scales (e.g., CLASS), but do not consider these specifically. In addition, we can expect a complete analysis of the Planck polarization data, optimistically including reliable large-scale polarization data.
TABLE I. Upcoming (S3) and proposed (S4, CV-low) CMB experiments that will add to Planck. The Planck specifications we use are in the Appendix.

| Experiment   | $f_{\text{sky}}$ (arcmin) | $\Delta T$ (µK-arcmin) | $\Delta P$ (µK-arcmin) |
|--------------|---------------------------|------------------------|------------------------|
| S3-wide      | 0.4                       | 1.4                    | 8.0                    | 11.3                    |
| S3-deep      | 0.06                      | 1                      | 4.0                    | 5.7                     |
| S4           | 0.4                       | 3                      | 1                      | 1.4                     |
| CV-low       | 0.4                       | 60                     | 1                      | 1.4                     |

Beyond S3, a “Stage-4” (S4) experiment—or set of experiments—is being developed by the CMB community that may cover at least half the sky to typical noise levels of 1 µK-arcmin [30]. There are also proposed space-based experiments including LiteBIRD and PIXIE [48,49], and we approximate their role with a cosmic variance-limited large-scale polarization measurement (“CV-low”) that could supplement S3 ground-based data.

On the BAO front, current state-of-the-art measurements come from the BOSS “LowZ” and “C-MASS” galaxy samples at $z = 0.32$ and $z = 0.57$ [20]. These are supplemented by data from the Six-Degree Field Galaxy Redshift Survey (6dFGRS) at $z = 0.11$ [50] and the Sloan Digital Sky Survey (SDSS) Main Galaxy Sample (MGS) sample at $z = 0.15$ [51]. Improved measurements are being made by the eBOSS survey which will survey a deeper sample [52]. A significant advance should be made with the Dark Energy Spectroscopic Instrument (DESI), due to begin surveying in 2018, which is expected to measure the BAO distance ratio from redshifts $0.15 < z < 1.85$ in bins of width $\Delta z = 0.1$ to percent-level precision [25,53].

B. Forecasting methods

We use a Fisher-matrix forecasting method to predict the neutrino mass uncertainties. For a model defined by parameters $\theta$ the expected Fisher matrix is

$$ F_{ij} = \left( -\frac{\partial^2 \ln p(\theta|d)}{\partial \theta_i \partial \theta_j} \right), $$

where $p(\theta|d)$ is the posterior distribution for $\theta$ given data d. The forecast parameter covariance is then given by the inverse of the Fisher matrix, $C_{ij} = (F^{-1})_{ij}$. Here our data are the lensed $TT$, $TE$, and $EE$ CMB power spectra, reconstructed CMB convergence power spectrum $\kappa \kappa$, and BAO distance ratio measurements $r_s/d_V(z)$. Our parameters are the standard six ΛCDM parameters (the physical baryon and cold-dark-matter densities $\Omega_B h^2$ and $\Omega_c h^2$, the angular size of the sound horizon at recombination $\theta_A$, the optical depth to reionization $\tau$, the amplitude of primordial scalar perturbations $A$, the tilt of the primordial scalar power $n_s$) plus the neutrino mass sum $\Sigma m_\nu$, as well as possible extension parameters including curvature and dark energy. Our methods are summarized in the Appendix, including choices made about the fiducial model, choice of parameter basis, and step size for calculating derivatives. We also describe validation of our numerical code.

We use the lensed CMB power spectra and the convergence power spectrum as our CMB observables, which differs from the approach in [25,29–31], but more closely follows the “real” data analysis: the CMB sky we see is lensed, and it is a difficult inverse problem to infer the unlensed sky (e.g., [54]). Using unlensed spectra in forecasts removes information contained in the lensed temperature and polarization fields. However, it is challenging to construct the full covariance matrix for the lensed power spectra and convergence power spectrum: the $T$, $Q$, and $U$ fields are all lensed by the same lensing potential, which correlates the power spectra and adds additional non-Gaussian covariance. This is explored in detail in [40,55]. In this analysis we make the approximation of discarding $BB$ information and assuming Gaussian uncertainties in $TT$, $TE$, $EE$, and $\kappa \kappa$. We account for the correlation between the temperature and polarization signals and the unlensed $T - \kappa$ correlation (from the ISW effect), but neglect other correlations with $\kappa$. This is likely a good approximation for S3 data, but could underestimate certain parameter errors for S4-type data by up to $\approx 20\%$ [40]. We use CAMB for evaluation of all relevant CMB and lensing power spectra [56].

For the noise levels of Planck, we consider two cases: “Planck-2015” (P15), which produces cosmological constraints which closely match the published results [21], and “Planck-pol,” which includes $TE$ and $EE$ data coming from the polarization measurements of the High Frequency Instrument (HFI), including large scales. The specifications are given in the Appendix. For Planck-pol, noise levels are approximated by taking temperature sensitivities from P15 and assuming the per-channel noise scalings from temperature to polarization in the Planck Blue Book [57]. This is likely to be overoptimistic at the largest scales.

For the CMB power spectra, we set a maximum multipole for the recoverable information: $\ell_{\text{max}} = 3000$, $\ell_{\text{max}}^p = 4000$, and $\ell_{\text{max}}^\kappa = 3000$ for the future S3 and S4 experiments. Smaller scales are likely hard to extract due to extragalactic foreground contamination. We assume white noise, and do not include additional foreground uncertainty beyond the multipole cuts outlined above, although the expected S3 white-noise level includes some foreground inflation [46]. We also set a minimum multipole of $\ell_{\text{min}} = 50$ for S3 due to the challenge of recovering large scales from the ground, and consider two options for S4: $\ell_{\text{min}} = 50$ and $\ell_{\text{min}} = 5$. For S3 and S4 we include Planck data for $2 < \ell < \ell_{\text{min}}$, and our nominal analysis uses Planck-pol unless stated otherwise. We consider the importance of the large-scale polarization measurements in Sec. IV.A.

We use the quadratic-estimator formalism of Hu and Okamoto [58] to calculate the CMB convergence noise spectrum $N_{\kappa \kappa}$. This uses the coupling of otherwise
uncorrelated modes in temperature and polarization to reconstruct the lensing potential. Iterative delensing procedures are able to reduce the effective noise level of the estimated lensing field, particularly for the low-noise (\(\Delta P \lesssim 4 \mu K\text{-arcmin}\)) future experiments considered here [59]. We consider the impact of this process in Sec. III C.

For the BAO measurements we use the published uncertainties on the distance ratio \(r_s/d_V\) for the current BAO data described in Sec. III [20,50,51], labeled as BAO-15. For DESI we use the forecast uncertainties on \(d_A(z)\) and \(H(z)\) given in Font-Ribera et al. [25] to estimate the expected \(r_s/d_V\) uncertainties, summarized in the Appendix. We do not use broadband shape information in the galaxy power spectra.

In Fig. 2 we show the fractional changes in lensing and E-mode power spectrum and the BAO distance ratio for physically relevant variations in the neutrino mass. We overplot projected uncertainties for S3, S4, BAO-15, and DESI to illustrate the constraining power of these experiments.

C. Expected constraints

We find forecast marginal 1\(\sigma\) uncertainties on the sum of the neutrino masses \(\Sigma m_\nu\) of

\[
\sigma(\Sigma m_\nu) \begin{cases} 103 \text{ (P15 + BAO-15)} \\ 44 \text{ (S3-wide + BAO-15)} \\ 22 \text{ (S3-wide + DESI)} \\ 19 \text{ (S4(\ell > 50) + DESI)} \\ 15 \text{ (S4(\ell > 5) + DESI)} \end{cases},
\]

where S3 and S4 include Planck-pol at large scales. If we replace S3-wide with the S3-deep survey we find \(\sigma(\Sigma m_\nu) = 53\) meV combined with BAO-15, and 25 meV with DESI. The expected constraints are summarized in Fig. 3, and are consistent with findings in Wu et al. [31]. These forecasts imply that if the neutrino hierarchy is inverted, with mass sum \(> 100\) meV, we may have \(> 2\sigma\) evidence for nonzero mass in the next few years from S3 data, and an almost \(5\sigma\) detection in \(\approx 5\) years with DESI. If instead it is the minimal mass of \(60\) meV, a \(2\sigma\)–\(3\sigma\) indirect measurement should be reachable in five years, with stronger evidence from the subsequent experiments.

As illustrated in Fig. 4, there is a strong positive correlation between the neutrino mass and cold-dark-matter density in the CMB observables. This arises predominantly from the competing influence of these parameters on the lensing signal. Increased neutrino mass suppresses small-scale power, while increasing cold-dark-matter density boosts small-scale power by shifting matter-radiation equality to earlier times; this shortens the radiation-domination epoch in which subhorizon modes of the gravitational potential decay, enhancing the small-scale amplitude of structure [29,60,61]. Conversely, BAO data constrain the sum of the CDM and massive neutrino density, since it is this combination that affects the angular diameter distance and expansion rate.

The power of the BAO and CMB data lie in their combination. BAO measurements alone cannot constrain
show that (including Planck-pol at large scales but to reionization subspace spanned by constraining in the directions corresponding approximately expected to tighten to fixing neutrino mass uncertainty (the uncertainty when model, assuming Gaussian error distributions. The current un-
error of within a detection of the minimal mass. For comparison, we note that the forecast conditional neutrino mass sum in the inverted hierarchy, with two degenerate massive neutrinos and one massless neutrino, with a modified temperature to account for QED and noninstantaneous decoupling effects (giving $N_{\text{eff}} = 3.046$). Given the known mass splittings from oscillation experiments, this is an excellent approximation to the normal hierarchy in the minimal-mass scenario [4]. For comparison, we compute the constraint on the neutrino mass sum in the inverted hierarchy, with two degenerate massive neutrinos and one massless neutrino, with a neutrino mass sum of $120$ meV. For these two cases we find $\sigma(\Sigma m_\nu) = 53(54)$ meV for S4 alone for a fiducial mass of $60$ (120) meV; with DESI included this reduces to $\sigma(\Sigma m_\nu) = 19(20)$ meV. We therefore do not expect our results are sensitive to the adopted fiducial model. We describe further tests of the code in the Appendix.

We consider the impact of using an improved, likelihood-based lensing estimator (going beyond the first-order quadratic estimator of Hu and Okamoto [58]) to reduce the effective noise power $N_{\kappa}^{\kappa}$ of the lensing reconstruction. Hirata and Seljak [62] show that $N_{\kappa}^{\kappa}$ can be reduced by a factor of 2 for a S4-like experiment; under this modification, we find only a 3% tightening of the neutrino mass constraint for S4 + DESI. The improvement is small due to the contribution of cosmic variance (CV) to the lensing power spectrum uncertainties, and the degeneracy of neutrino mass with other $\Lambda$CDM parameters; the S4 lensing power spectrum derived from the quadratic estimator is already CV-limited out to $\ell \approx 800$.

As in Benoit-Lévy et al. [40], we find that there is useful information in the lensed power spectra. We show the relative impact on forecasted constraints for S3-wide and S4 in Table II (including Planck-pol at large scales but no BAO). Lensing reduces the neutrino mass uncertainty by a factor of $\approx 6$ compared to the unlensed CMB. As such, the two-point functions will provide increasingly more information as E-mode polarization measurements.

the primordial parameters $A_s$ and $n_s$, nor the optical depth to reionization $\tau$; the constraints lie in the four-dimensional subspace spanned by $\Omega_c h^2$, $\Omega_b h^2$, $\Sigma m_\nu$, and $\theta_A$ (being most constraining in the directions corresponding approximately to $\Omega_c h^2$ and $\theta_A$). S4 alone could achieve a neutrino mass error of $\sigma(\Sigma m_\nu) = 53$ meV; with DESI BAO this is expected to tighten to $\sigma(\Sigma m_\nu) = 19$ meV, enough for a 3σ detection of the minimal mass.

For comparison, we note that the forecast conditional neutrino mass uncertainty (the uncertainty when fixing the $\Lambda$CDM parameters) is $\sigma(\Sigma m_\nu) = 3$ meV for S4($\ell > 5$) + DESI, compared to $\sigma(\Sigma m_\nu) = 15$ meV in the marginalized case. This highlights the effect of degeneracies even in the base model.

Comparing to previous results, the S4($\ell > 5$) + DESI forecast matches previous results [30–32], and the “current data” P15 + BAO-15 forecast is compatible with the published result: $\sigma(\Sigma m_\nu) < 0.23$ eV at 95% confidence [21], with the forecast errors on other $\Lambda$CDM parameters also matching closely.

Here we choose by default a fiducial mass sum of 60 meV, approximating the normal hierarchy as one massive neutrino and two massless neutrinos, with a modified temperature to account for QED and noninstantaneous decoupling effects (giving $N_{\text{eff}} = 3.046$). Given the known mass splittings from oscillation experiments, this is an excellent approximation to the normal hierarchy in the minimal-mass scenario [4]. For comparison, we compute the constraint on the neutrino mass sum in the inverted hierarchy, with two degenerate massive neutrinos and one massless neutrino, with a neutrino mass sum of $120$ meV. For these two cases we find $\sigma(\Sigma m_\nu) = 53(54)$ meV for S4 alone for a fiducial mass of $60$ (120) meV; with DESI included this reduces to $\sigma(\Sigma m_\nu) = 19(20)$ meV. We therefore do not expect our results are sensitive to the adopted fiducial model. We describe further tests of the code in the Appendix.

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### TABLE II. Impact of lensing on the neutrino mass constraint (in units of meV). Constraining power comes from both the lensed spectra (two-point) and the reconstructed lensing potential (four-point). Gaussian uncorrelated errors are assumed.

|                  | Lensed $TT$, $TE$, $EE$ | Unlensed + $\kappa\kappa$ |
|------------------|-------------------------|---------------------------|
|                 | (two-point only)         | (four-point only)          |
| S3, $\sigma(\Sigma m_\nu)$ | 435 75 61 | 363 64 53 |
improve. Checking for consistency between the lensed observables will be an important systematic test for new CMB data. For example, marginalizing over the lensing effect in the two-point functions, by introducing a variable lensing amplitude parameter $A_{\text{lens}}$ [63], would isolate the impact of neutrinos on the four-point function.

IV. DEPENDENCE ON EXPERIMENTAL DETAILS

Since future CMB experiments are currently under development, we investigate the importance of certain experimental details on the mass constraint.

A. Importance of the reionization bump

The amplitude of primordial power, $A_s$, is partially degenerate with $\Sigma m_\nu$, since $A_s$ increases the amplitude of clustering at small scales, and $\Sigma m_\nu$ decreases it in an approximately scale-independent fashion (e.g., Fig. 2). The amplitude $A_s$ is not well determined by the primordial CMB temperature anisotropy; an increased optical depth to reionization lowers the signal such that the normalization of the anisotropy measures the combination $A_s e^{-2\tau}$ [64]. This leads to a degeneracy between $\tau$ and $\Sigma m_\nu$ that can be broken with precision measurements of the reionization bump at multipoles $\ell < 20$ in polarization [25,65].

Here we explore the importance of making a robust optical depth measurement, considering three cases for S4: current WMAP measurements [42,66], optimistic future Planck-pol measurements (see Appendix), and a future S4 measurement that reaches the largest scales ($\ell_{\text{min}} = 5$). We find forecast constraints of

$$\frac{\sigma(\Sigma m_\nu)}{\text{meV}} = \begin{cases} 27 & [S4(\ell > 50) + \text{WMAP-pol} + \text{DESI}] \\ 19 & [S4(\ell > 50) + \text{Planck-pol} + \text{DESI}] \\ 15 & [S4(\ell > 5) + \text{DESI}] \end{cases}$$

with the uncertainty on $\tau$ reducing from 0.008 to 0.005 to 0.003, respectively. This is compared to 0.013 for WMAP-pol from EE alone; i.e., improved CMB lensing data helps constrain $\tau$ even when the neutrino mass is varied. Figure 5 shows the expected correlation between $\tau$ and neutrino mass.

Figure 5 also shows the impact of reducing the minimum multipole of the S4 experiment on the neutrino mass constraint, supplemented with Planck-pol or the current WMAP-pol at the largest scales. There is a limiting plateau for S4 at $\ell_{\text{min}} > 20$, and a clear improvement as the polarization is better measured at increasingly large scales. The $S4(\ell > 5) + \text{DESI}$ limit reaches the CV limit for CMB data.$^1$

FIG. 5 (color online). Top: The neutrino mass $\Sigma m_\nu$ is correlated with the optical depth to reionization $\tau$ (forecast 68% C.L.). Current data at $\ell < 20$ (WMAP-pol) would leave a degeneracy between $\Sigma m_\nu$ and $\tau$ that could be broken with improved large-scale polarization data. Bottom: The expected neutrino mass constraint as a function of the minimum multipole accessible to S4, indicating the benefit of reaching large scales.

We then also consider the relative importance of making a higher sensitivity small-scale measurement, versus a new large-scale polarization measurement. We start with a S3-type $\ell > 50$ experiment, and then either increase the $\ell > 50$ sensitivity, or supplement it with a new CV-low large-scale measurement at $\ell < 50$. We find forecast constraints of

$$\frac{\sigma(\Sigma m_\nu)}{\text{meV}} = \begin{cases} 22 & [S3(\ell > 50) + \text{Planck-pol} + \text{DESI}] \\ 19 & [S4(\ell > 50) + \text{Planck-pol} + \text{DESI}] \\ 17 & [S3(\ell > 50) + \text{CV-low} + \text{DESI}] \end{cases}$$

This indicates that a cosmic-variance-limited measurement of optical depth could be more valuable than more sensitive small-scale data, especially given that Planck-pol large-scale

$^1$Pan and Knox [32] found that a S4 experiment combined with a CV-limited BAO experiment could tighten the neutrino mass constraint further, to $\sigma(\Sigma m_\nu) = 11$ meV.
polarization data is itself not yet demonstrated to be free of systematic errors.

We note that 21-cm experiments, which map the brightness temperature of neutral hydrogen as a function of redshift, will probe the epoch of reionization [67]; the combination of this information with CMB + BAO would break the $\Sigma m_\nu - \tau$ degeneracy and improve the neutrino mass constraint (investigated in Liu et al. [68]).

**B. Importance of sensitivity and angular range**

For the particular case of an $\ell > 50$ experiment covering 40% of the sky at 3-arcmin resolution, combined with Planck-pol, we vary the white-noise sensitivity. The forecast neutrino mass limits are shown in Fig. 6 for CMB-only, CMB + BAO-15, and CMB + BAO-DESI. There is clearly an improvement as the noise is reduced, and a significant gain is expected over current Planck measurements, but below white = noise levels of $\approx 10\, \mu\text{K}$-arcmin there does not appear to be a substantial gain (as also seen in Wu et al. [31]).

It is not yet certain whether this $\approx 10\, \mu\text{K}$-arcmin noise level, over half the sky, will be achieved in practice from the upcoming S3 CMB experiments, or whether the lensing reconstruction will achieve the expected noise levels. Atmospheric, ground, and foreground emission are typical contaminants that would increase the effective noise in the maps and in the lensing reconstruction. New data from the current S2 experiments will help clarify the impact of nonwhite noise on the lensing noise performance.

Here we have continued to restrict our analysis to “clean” scales at $\ell < 3000$ in TT and TE and $\ell < 4000$ in EE. A foreground-free S3 or S4 experiment would contain information from $\ell > 3000$; the TT spectrum is signal dominated to small scales ($\ell \approx 4800$ for S4) where there are a large number of modes. However, uncertainty about extragalactic foregrounds will likely make this information inaccessible. We find that including $\ell > 3000$ scales would tighten the neutrino mass error by $\approx 10\%$.

We restrict the modes available for reconstruction of the lensing potential to these same scales, and to $\ell > 50$, since reconstruction on the largest scales has yet to be demonstrated (there are difficulties such as mean-field subtraction for masked fields [69]). We find that the information, quantified by the term $F_{\ell}^{2\Sigma m_\nu}$ in the Fisher matrix, is concentrated in the multipole range $100 \lesssim \ell \lesssim 1000$ for S3 and $200 \lesssim \ell \lesssim 2000$ for S4. This also means that detailed nonlinear modeling should not be required, since at redshift $z \approx 2$ at the peak of the CMB lensing kernel [Eq. (4)], the information peak corresponds to physical scales $\gtrsim 200$ Mpc.

**V. HOW UNIQUE IS THE MASSIVE NEUTRINO SIGNAL?**

The measurable effect of neutrinos can be partly mimicked by changes in other cosmological parameters, as explored in, e.g., Font-Ribera et al. [25], Benoit-Lévy et al. [40], Hamann et al. [70]. Massive neutrinos affect the expansion rate and angular diameter distance, but changes in curvature, dark-energy history or the Hubble parameter can compensate to keep the well-constrained acoustic peak positions and structure essentially unchanged.

Here we consider changes in the spatial curvature and changes in the energy density of dark energy with time. Dark energy is invoked to explain the acceleration of the Universe, and may take the form of a cosmological constant with constant energy per unit proper volume, although an evolving dark-energy equation of state ($w \neq -1$) is not ruled out by current observations [21]. We consider two parameterizations for dark energy; these are the usual Taylor expansion in the scale factor for dynamical dark energy [71,72],

$$w(a) = w_0 + w_a (1 - a),$$

with two free parameters $w_0$ and $w_a$, and also the Doran and Robbers [73] model for early dark energy,

$$\Omega_\Lambda(a) = \Omega_\Lambda - \Omega_\nu (1 - a^{-3 w_0}) / \Omega_\Lambda + \Omega_m a^{-3 w_0} + \Omega_\nu (1 - a^{-3 w_0}),$$

with parameters $\Omega_\nu$ and $w_0$. This has a background expansion similar to a massive neutrino for periods of the evolution of the universe. Previous work has considered neutrino mass constraints within this model (e.g., [74,75]). We use the CAMB Parameterized Post-Friedmann (PPF) module [76] and a modified version of CAMB from Calabrese et al. [74] to compute the power spectrum within these models.

We take as our baseline the S4($\ell > 50$) + DESI experiment. Marginalizing over simple extensions to the $\Lambda$CDM + $\Sigma m_\nu$ model, we find...
We discuss these parameter degeneracies in the remainder of this section. We find that marginalizing over the neutrino number \( N_{\text{eff}} \) (and other extension parameters that modify the primordial CMB spectrum such as a running spectral index) have a <10% effect on the predicted neutrino mass uncertainties. These findings are summarized in Fig. 7, which also includes the corresponding S3 forecasts.

At first sight, the degradation of the neutrino mass estimate in the case of varying \( w_0, w_a \), and \( \Omega_k \) simultaneously appears severe, more than tripling the error bar. However, this model has three extra parameters compared to \( \Lambda \)CDM; within the Bayesian framework, one can rigorously ask whether additional parameters are required by the data, quantifying the trade-off between improving the fit against an increased complexity of the model (see, e.g., [77] for discussion in the context of cosmological data). This model selection approach would quantify the need for additional extension parameters, and would disfavor an overparameterized model if it is not required by the data. In practice our challenge is likely to lie in distinguishing between different one-parameter extensions to \( \Lambda \)CDM: Are we seeing nonzero neutrino mass, or could it be similarly well explained by a small amount of curvature, or a small deviation from a \( w = -1 \) equation of state?

### A. Physical degeneracies

To help understand these degeneracies, we note the Hubble parameter \( H(z) \) is given by

\[
\left[ \frac{H(z)}{H_0} \right]^2 = \Omega_r (1+z)^4 + \Omega_m (1+z)^3 + \Omega_k (1+z)^2 + \Omega_A(z),
\]

at times after the neutrinos become nonrelativistic, where \( \Omega_A(z) \) is the dark-energy density, constant for \( w = -1 \), \( \Omega_r \) is the radiation density today (e.g., photons and massless neutrinos), \( \Omega_m = \Omega_c + \Omega_b + \Omega_\nu \) is the matter density today (CDM, baryons, and massive neutrinos) and \( \Omega_m h^2 = \Sigma_{\text{m}_\nu} / 93 \text{ eV} \) is the physical massive neutrino density today. The angular diameter distance is given by

\[
d_A(z) = \frac{c}{H_0 (1+z)} \begin{cases} 
\frac{1}{\sqrt{-\Omega_k}} \sin \left( \sqrt{-\Omega_k} \int_0^z \frac{H_0 dz'}{H(z')} \right) & \Omega_k < 0, \\
\int_0^z H_0 dz' & \Omega_k = 0, \\
\frac{1}{\sqrt{\Omega_k}} \sinh \left( \sqrt{\Omega_k} \int_0^z \frac{H_0 dz'}{H(z')} \right) & \Omega_k > 0.
\end{cases}
\]

Considering curvature, photons propagating in a nonflat universe follow curved geodesics, changing the angular diameter distance to an object of fixed proper size, at a given comoving distance, relative to a flat universe. Varying curvature shifts the angular scale of the acoustic peaks; to remain consistent with the CMB data, the matter density and Hubble constant \( H_0 \) must vary to keep the peak structure unchanged. This is the well-known geometric degeneracy [78].

This degeneracy is partially broken by CMB lensing measurements [79], which are sensitive to the growth of structure in the late-time universe and, therefore, to the matter density \( \Omega_m \) and dark-energy density \( \Omega_A \). For a fixed CMB acoustic peak scale, the effect of decreasing the curvature parameter \( \Omega_k \), moving to a more closed universe, is to decrease the Hubble constant and increase \( \Omega_m \). This enhances the amplitude of the CMB lensing power spectrum, as illustrated in Fig. 8, which can be compensated by increasing \( \Sigma_{\text{m}_\nu} \). This leads to an anticorrelation between \( \Sigma_{\text{m}_\nu} \) and \( \Omega_k \) when using CMB measurements alone, as shown in Fig. 9.

The BAO constraint in the \( \Sigma_{\text{m}_\nu} - \Omega_k \) plane is approximately orthogonal to the CMB-only constraint, because decreasing \( \Omega_k \) decreases the volume distance to a given redshift [Eq. (5)]. This can be compensated by a smaller matter density, lowering the neutrino mass. These data are
powerful in combination, and for S3 + BOSS the neutrino mass constraint is independent of curvature. However, the neutrino mass constraint from S3 + DESI or S4 + DESI is expected to degrade by ≈50% when allowing for curvature, as illustrated in Fig. 7.

Similar arguments apply to dark energy, which modifies the background evolution according to its equation of state, but does not contribute to clustering. Increasing the dark-energy equation-of-state parameter $w_0$ leads to an increased expansion rate, shifting the angular scale of the acoustic peaks; to remain consistent with the CMB data, the Hubble constant $H_0$ decreases to keep the peak structure unchanged. Similar to the curved model, this increases the clustering, which can be compensated with larger neutrino masses. This gives the positive correlation between $w_0$ and $\Sigma m_\nu$ in CMB data, illustrated in Fig. 9 and reported in, e.g., [40,80]. The BAO degeneracy is, however, also positively correlated, so the neutrino mass uncertainty is inflated more than when allowing for curvature. Increasing $\Sigma m_\nu$ increases the contribution of neutrinos to $\Omega_m$, requiring a smaller $\Omega_\Lambda$ (in a flat universe); the volume distance to a given redshift, and, hence, the BAO peak position, can then be preserved by increasing $w_0$. The early dark-energy density parameter, $\Omega_e$, is anticorrelated with neutrino mass, due to their similar effects on the background expansion [74,75].

We find that the neutrino mass constraints from S3 + DESI or S4 + DESI are degraded by more than a factor of 2 when allowing for a nonminimal ($w \neq -1$) dark-energy equation of state in the cosmological model, as shown in Fig. 7. Distinguishing a nonzero neutrino mass parameter from a universe with dark energy beyond the cosmological constant will be difficult with the CMB + BAO data combinations considered here. Allowing for freedom in both dark energy and curvature (i.e., a $\Lambda$CDM + $\Sigma m_\nu + \Omega_k$ model) degrades the constraint further to $\sigma(\Sigma m_\nu) = 64$ meV for S4 + DESI, but would include three new parameters.

### B. Breaking degeneracies with complementary measurements

We have focused so far on the minimal combination of future CMB and BAO data. To break these remaining degeneracies between neutrino mass and curvature/dark-energy parameters, we would turn to other large-scale structure probes such as the galaxy power spectrum,
redshift-space distortions, galaxy weak lensing, the kinematic Sunyaev-Zel'dovich effect, and galaxy cluster counts, which measure the growth of structure at later times, and Type Ia supernovae, which better constrain the expansion rate.

We have not included these and other data in our baseline forecasts as they are, arguably, more prone to systematic uncertainties such as tracer bias and the shape of the nonlinear power spectrum, which contains unknown baryonic feedback effects, source distribution uncertainties, and multiplicative bias [21,37,82]. However, a promising path would be to examine a suite of different complementary probes, each in combination with the CMB and BAO data, to distinguish neutrino mass from a nonflat or non-Λ model.

For example, in Fig. 10 we illustrate schematically how galaxy weak lensing can break remaining degeneracies between two example models. Here the CMB spectra and BAO distances are indistinguishable with S4 + DESI data (see parameters in the Appendix).

Their galaxy weak lensing signals, which probe the growth of structure during the dark-energy-dominated era, are distinct, and should be distinguishable with a plausible future weak lensing survey. With a 2% difference in \( \sigma_8 \), robust galaxy cluster measurements should also help discriminate between these models (e.g., [84,85]).

VI. DISCUSSION AND CONCLUSIONS

We have demonstrated that an indirect detection of the sum of the neutrino masses should be possible with upcoming CMB and BAO surveys. In the next decade a 4\( \sigma \) detection should be reachable, within the \( \Lambda \)CDM + \( \Sigma m_\nu \) model, even in the minimal mass (\( \Sigma m_\nu = 60 \) meV) scenario. We have found that this is contingent on obtaining improved large-scale polarization measurements from the CMB, which may be the hardest experimental challenge. It will also be necessary to exclude degeneracies with other plausible extensions such as curvature and dark energy. We find that allowing for these extensions degrades the expected neutrino mass constraint, and that use of other large-scale structure probes will be necessary to rule out other departures from \( \Lambda \)CDM.

Our forecasts make a number of assumptions. We have neglected non-Gaussian terms in the CMB covariance due to correlation of the temperature, polarization, and lensing fields, which should have a small impact on imminent data but will become more important as noise levels reduce. We assume Gaussianity of the posterior distribution and rely on data independence of the covariance matrix. These assumptions become increasingly accurate for the precision future experiments considered here, but remain an approximation. Our analysis also assumes little foreground contamination. This will be most important for the large-scale CMB signal, but is not expected to significantly degrade the smaller-scale lensing signal.

We have assumed white noise in the new CMB data. This has not yet typically been achieved in practice from the ground, due to atmospheric and scan-synchronous emission that induces additional variance at large scales. However, polarization measurements are cleaner than temperature in this respect, and new experiments have sophisticated designs to modulate the polarization signal. Performance of current Stage-2 experiments will help refine noise projections for the future experiments. We have also assumed ideal performance of the future DESI BAO experiment.

In terms of theoretical scope, beyond an evolving dark-energy equation of state, we have not considered other possible new physics. For instance, theoretically motivated axion contributions to the background expansions and perturbations might offer an alternative explanation for a neutrino mass detection. The cosmological effects are not identical [86], but further investigation will be useful.

Finally, neutrino mass is the next beyond-\( \Lambda \)CDM parameter that we know will be needed to fit data, so it is valuable that competitive constraints are expected to come from different combinations of cosmological data sets beyond the CMB/BAO considered here. Their complementarity will aid in convincingly excluding systematic effects and alternative cosmological models.

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APPENDIX: FORECASTING PARAMETER CONSTRAINTS

We forecast posterior parameter constraints and degeneracy directions by evaluating the relevant Fisher matrix as defined in Eq. (6). We assume uniform priors on all parameters, allowing the posterior \( p(\theta) \) to be replaced with the likelihood \( \mathcal{L}(\theta) = P(d|\theta, M) \) in Eq. (6). The Fisher matrix is evaluated at fiducial parameters; the choice is unimportant under the assumption of a Gaussian posterior and data-independent covariance, although in practice they are chosen to match the current best-fit parameters and to provide numerical stability in the derivatives from the Taylor expansion of the two-sided derivative, while keeping numerical stability in the derivatives from the CAMB power spectra. The fiducial value of \( \Omega_\chi = 0.007 \) is at the upper 95% confidence level given current data [81].

\[ \tilde{C}_{\ell}^{XY} = \frac{1}{2\ell + 1} \sum_{m=-\ell}^{\ell} x_m^X x_m^Y. \]  \hspace{1cm} (A1)

This formula omits beam-smoothing effects and the subtraction of a noise term, which we account for below. The estimated power spectrum is a sum of many random variables of finite variance, and to good approximation follows a Gaussian distribution. This approximation breaks down at large scales but does not have a significant impact on expected errors. For a full-sky survey, we have

\[ -2 \ln \mathcal{L}(\theta) = -2 \sum_{\ell} \ln p(\tilde{C}_{\ell}) \]

\[ = \sum_{\ell} [((\tilde{C}_{\ell} - C_{\ell}(\theta))^{-1}(\tilde{C}_{\ell} - C_{\ell}(\theta))) + \ln \det(2\pi C_{\ell}(\theta))] \]

where \( \tilde{C}_{\ell} = (\tilde{C}_{\ell}^{TT}, \tilde{C}_{\ell}^{TE}, ...) \) contains auto- and cross-spectra and \( C_{\ell} \) is their covariance matrix. Inserting this likelihood into Eq. (6) and neglecting parameter dependence in the power spectrum covariance matrix, one obtains

\[ F_{ij} = \sum_{\ell} \frac{\partial C_{\ell}^X}{\partial \theta_i} C_{\ell}^{-1} \frac{\partial C_{\ell}^Y}{\partial \theta_j}. \]  \hspace{1cm} (A2)

From Eq. (A1), and applying Wick’s theorem, the covariance matrix for the power spectra has elements

\[ C(\tilde{C}_{\ell}^{\alpha\beta}, \tilde{C}_{\ell}^{\gamma\delta}) = \frac{1}{(2I + 1)f_{\text{sky}}} [(C_{\ell}^{\alpha\gamma} + N_{\ell}^{\alpha\gamma})(C_{\ell}^{\beta\delta} + N_{\ell}^{\beta\delta}) + (C_{\ell}^{\alpha\delta} + N_{\ell}^{\alpha\delta})(C_{\ell}^{\beta\gamma} + N_{\ell}^{\beta\gamma})]. \]  \hspace{1cm} (A4)

where \( \alpha, \beta, \gamma, \delta \in \{T, E, B, \kappa_c\} \), and \( f_{\text{sky}} \) accounts for the loss of information due to partial sky coverage [87,88]. Noise spectra are generated for each observable given input noise properties such as CMB map sensitivities. We assume additive white noise for the CMB.

### TABLE III.

| Parameter | Fiducial value | Step size |
|-----------|---------------|-----------|
| \( \Omega_b h^2 \) | 0.0222 | 0.0008 |
| \( \Omega_c h^2 \) | 0.1197 | 0.0030 |
| \( 10^3 \theta_s \) | 1.0409 | 0.0050 |
| \( 10^3 A_s \) | 2.196 | 0.1 |
| \( n_s \) | 0.9655 | 0.010 |
| \( \tau \) | 0.078 | 0.020 |
| \( \Sigma m_i \) (meV) | 60 | 20 |
| \( \Omega_b \) | 0 | 0.01 |
| \( w_0 \) | -1 | 0.3 |
| \( w_a \) | 0 | 0.6 |
| \( N_{\text{eff}} \) | 3.046 | 0.80 |
| \( \Omega_\chi \) | 0.007 | 0.002 |

### TABLE IV.

| Experiment | \( f_{\text{sky}} \) | \( \nu \) (GHz) | \( l_{\text{min}} \) | \( l_{\text{max}} \) | FWHM (arcmin) | \( \Delta T/\mu K\)-arcmin | \( \Delta P/\mu K\)-arcmin |
|------------|----------------|-------------|--------------|-------------|--------------|------------------|------------------|
| Planck-2015 | 0.44 | 30, 44, 70, 100, 143, 217, 353 | 2 | 2500 | 33, 23, 14, 10, 7, 5, 5 | 145, 149, 137, 65, 43, 66, 200 | \cdots, 450, \cdots, 450, 103, 81, 134, 406 |
| Planck-pol | 0.44 | | | | | | |
| WMAP-pol | 0.74 | 33, 41, 64, 94 | 2 | 1000 | 41, 28, 21, 13 | \cdots, 298, 296 | 425, 420, 242, \cdots |

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This is an optimistic approximation: Real noise-spectra distribution from atmospheric variance at large scales (see, e.g., [29]), but the Gaussian approximation is likely increasingly good as the data quality improve from Planck through S3 to S4.

Our forecasting code, oXfish, has been developed for this analysis and is used to forecast parameter covariance matrices in one coherent PYTHON package. The code interfaces with the CAMB code for evaluation of power spectra. We compare with real data or previous work where possible. We construct the Planck-2015 (P15) specification, given in Table IV, to produce constraints that match the ΛCDM uncertainties from the Planck Collaboration [21], with the beam sizes and noise levels matching the detector sensitivities in [89].

We also forecast the neutrino mass constraint from P15 + BAO, finding \( \sigma(\Sigma m_\nu) = 103 \) meV. Placing the peak of the posterior at the fiducial \( \Sigma m_\nu = 60 \) meV, this corresponds to \( \Sigma m_\nu < 245 \) meV at 95\% confidence, comparable to the actual result of \( \Sigma m_\nu < 230 \) meV [21]. This includes joint light-curve supernovae (JLA SNe) data and an \( H_0 \) prior, but these are expected to have a small impact. We also agree with [30–32] on the neutrino mass constraint for the S4 + DESI data combination, finding \( \sigma(\Sigma m_\nu) = 15 \) meV if we assume that the reionization bump is measured.

We use the following parameters for the curves in Fig. 10: Solid curve, \( \{\Omega_b h^2 = 0.0222, \Omega_c h^2 = 0.0120, \Sigma m_\nu = 3 \) meV, \( \tau = 0.067, 10^2 \theta_A = 1.0417, 10^3 A_s = 2.15, n_s = 0.9647, \sigma_8 = 0.835, H_0 = 68.0\}; \) dashed curve, \( \{\Omega_b h^2 = 0.0222, \Omega_c h^2 = 0.0119, \Sigma m_\nu = 117 \) meV, \( \tau = 0.089, 10^2 \theta_A = 1.0399, 10^3 A_s = 2.24, n_s = 0.9663, \sigma_8 = 0.822, H_0 = 66.6\}.

\[
N_{\ell}^m = (\Delta T)^2 \exp \left( \frac{\ell (\ell + 1)}{8 \ln 2} \theta_{\text{FWHM}}^2 \right),
\]

for \( \alpha \in \{T, E, B\} \), where \( \Delta T (\Delta P \text{ for polarization}) \) is the map sensitivity in \( \mu \text{K-arcmin} \) and \( \theta_{\text{FWHM}} \) is the beam width. This is an optimistic approximation: Real noise-spectra from ground-based experiments have a dominant contribution from atmospheric variance at large scales (see, e.g., Fig. 4 of Das et al. [82]). The atmosphere is weakly polarized, and hence the white-noise approximation is better in \( E \) and \( B \) than \( T \). The CMB lensing reconstruction noise is calculated using the quadratic-estimator formalism [7]. As described in the main text, we neglect non-Gaussian terms in the power spectrum covariance, and we also neglect the \( BB \) spectrum as it does not contribute significantly to upcoming constraints and has a highly non-Gaussian covariance [40].

We add information from BAO experiments by computing the BAO Fisher matrix,

\[
P_{ij}^{\text{BAO}} = \sum_k \frac{1}{\sigma^2_{f_k}} \frac{\partial f_k}{\partial \theta_i} \frac{\partial f_k}{\partial \theta_j},
\]

where \( f_k = f(z_k) = r_s/d_V(z_k) \) is the sound horizon at photon-baryon decoupling \( r_s \) over the volume distance \( d_V \) to the source galaxies at redshift \( z_k \). These real and forecast data are reported in Table V.

The total Fisher information matrix is given by the sum of the CMB and BAO Fisher matrices, and is inverted to forecast parameter covariances. An alternative Markov Chain Monte Carlo (MCMC) approach using simulated data can be taken to account for non-Gaussianity of the posterior (e.g., [29]), but the Gaussian approximation is likely increasingly good as the data quality improve from Planck through S3 to S4.

| Experiment | Redshift | \( \sigma(r_s/d_V) \) (\%) | \( \sigma(r_s/d_V) \) | References |
|------------|----------|---------------------------|---------------------------|------------|
| 6dFGRS     | 0.106    | 4.83                      | 0.0084                    | [50]       |
| SDSS MGS   | 0.15     | 3.87                      | 0.015                     | [51]       |
| LowZ       | 0.32     | 2.35                      | 0.0023                    | [20]       |
| C-MASS     | 0.57     | 1.33                      | 0.00071                   | [20]       |
| DESI       | 0.15     | 1.89                      | 0.0041                    | [25]       |
|            | 0.25     | 1.26                      | 0.0017                    |            |
|            | 0.35     | 0.98                      | 0.00088                   |            |
|            | 0.45     | 0.80                      | 0.00055                   |            |
|            | 0.55     | 0.68                      | 0.00038                   |            |
|            | 0.65     | 0.60                      | 0.00028                   |            |
|            | 0.75     | 0.52                      | 0.00021                   |            |
|            | 0.85     | 0.51                      | 0.00018                   |            |
|            | 0.95     | 0.56                      | 0.00018                   |            |
|            | 1.05     | 0.59                      | 0.00017                   |            |
|            | 1.15     | 0.60                      | 0.00016                   |            |
|            | 1.25     | 0.57                      | 0.00014                   |            |
|            | 1.35     | 0.66                      | 0.00015                   |            |
|            | 1.45     | 0.75                      | 0.00016                   |            |
|            | 1.55     | 0.95                      | 0.00019                   |            |
|            | 1.65     | 1.48                      | 0.00028                   |            |
|            | 1.75     | 2.28                      | 0.00041                   |            |
|            | 1.85     | 3.03                      | 0.00052                   |            |
