Field-Tuned Quantum Effects in a Triangular-Lattice Ising Magnet

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We report thermodynamic and neutron scattering measurements of the triangular-lattice quantum Ising magnet TmMgGaO$_4$ in longitudinal magnetic fields. Our experiments reveal a quasi-plateau state induced by quantum fluctuations. This state exhibits an unconventional non-monotonic field and temperature dependence of the magnetic order and excitation gap. In the high field regime where the quantum fluctuations are largely suppressed, we observed a disordered state with coherent magnon-like excitations despite the suppression of the spin excitation intensity. Through detailed semi-classical calculations, we are able to understand these behaviors quantitatively from the subtle competition between quantum fluctuations and frustrated Ising interactions.

**keyword:** Neutron scattering, Quantum magnet, Magnetic frustration, Transverse field Ising model

1. INTRODUCTION

Ising model is a stereotype model in modern statistical physics and has revolutionarily advanced our understanding of phase transitions [1]. It can be realized in quantum magnets with a strong easy-axis anisotropy that pins the spin moments towards a fixed axis. Due to the pinning effect, the quantum effect is suppressed, and the physics becomes rather classical [2]. To introduce quantum effects, one usually applies an external magnetic field along the transverse direction and creates a quantum Ising model [3–7]. Representative examples of this type include the quasi-one-dimensional magnets CoNb$_2$O$_6$ (Ref. 8), BaCo$_2$V$_2$O$_8$ (Refs. 9–11), and SrCo$_2$V$_2$O$_8$ (Refs. 12 and 13), in which quantum criticality and novel transitions have been reported. Nevertheless, the experimental realization of quantum Ising model in two dimensional systems is rare despite decades of theoretical efforts [4, 14–18]. In contrast to this conventional route, nature provides a distinct example of quantum Ising magnets that build quantum mechanics intrinsically in the system. The observation is that, although the exchange interaction is primarily Ising like, the intrinsic crystal electric field (CEF) splitting of the Ising moment naturally creates quantum effects out of these classically interacting degrees of freedom [19–21]. These systems are quoted as “intrinsic quantum Ising magnets”.

The triangular-lattice antiferromagnet TmMgGaO$_4$ (ref. 22) is a promising candidate for such requirements. Due to the strong spin-orbit coupling (SOC) and CEF splitting, the CEF ground state wave function of Tm$^{3+}$ ions is dominated by $J^z = \pm 6$, leading to a large magnetic moment of 6.59 $\mu_B$/Tm$^{3+}$ and Ising spin nature [23]. Thus, quantum effects are expected to be significantly suppressed. Interestingly, however, the TmMgGaO$_4$ CEF ground state is a quasi-doublet composed of two singlets separated by a small energy gap that can be mapped into an
Effective transverse field $h_y$ (Fig. 1a). In this case, the transverse field, which is intrinsic in origin and homogeneous in general, leads to quantum tunneling effects among various Ising spin configurations and strongly compete with the Ising-type interactions [19–21]. Different from the coherent quantum fluctuations in quantum spin liquids that lead to long-range entanglement [24–27], the quantum effects here are of single-ion level and will potentially stabilize three-sublattice ordering. Meanwhile, short-range quantum entanglement emerges from the non-commutativeness between transverse field and Ising interactions, which may renormalize the magnetic interactions. The magnetic properties can be effectively described by the transverse field Ising model (TFIM) [23, 28]

$$\mathcal{H} = \sum_{ij} J_{ij}^z S_i^z S_j^z - \sum_i (h_y S_i^y + B_z S_i^z),$$

(1)

where the Ising exchange interactions can be kept within the first few neighbors and are geometrically frustrated. Intriguingly, due to the large $g$-factor in TmMgGaO$_4$ ($g_\parallel \sim 13.18$) [29], the contribution from external longitudinal field, $B_z = g_\parallel \mu_B B$, is comparable to the Ising interactions and quantum fluctuations so that the interplay between quantum and classical contributions can be easily tuned by external field. Therefore, TmMgGaO$_4$ provides a unique platform to manipulate the quantum effects in a controlled manner.

Moreover, in rare-earth materials, due to the complex SOC and CEF splitting, the pseudo-spins can host multipolar behaviors [30–32]. In the case of TmMgGaO$_4$, we find that the transverse components of the pseudo-spins, $S^x$ and $S^y$, behave as multipoles that cannot be directly detected by neutron diffraction while the longitudinal one, $S^z$, remains dipolar. Its zero-field magnetic ground state is an intertwined dipolar and multipolar order in which the dipolar $S^z$ forms a three-sublattice clock phase and the multipolar $S^x/S^y$ components are ferro-aligned [23, 28]. The observed spin excitations are in a reasonable agreement with the linear spin wave (LSW) theory, in which, however, only $S_{zz}$ channel is detectable, rising from the coherent spin wave excitations and fluctuations of the multipolar components [32, 33]. In this paper, we continue this research and study the evolution of intrinsic quantum properties of TmMgGaO$_4$ in longitudinal fields.

2. RESULTS

2.1 Heat capacity and neutron diffraction

We start by reviewing the phase transitions of TmMgGaO$_4$ in absence of external field. Although no $\lambda$-shaped transition is present in the heat capacity data (Fig. 1c), a well-defined magnetic Bragg peak associated with the three-
sublattice spin order is observed at the K point, \( Q = (1/3, 1/3, 0) \), at low temperature (Fig. 2c). With temperature decreasing from 20 K, the intensity gradually increases with reduced peak width (Fig. 2a, b). The most abrupt change takes place around 1 K, which corresponds to a shoulder-like anomaly in the heat capacity (Fig. 1c). Both the peak intensity and peak width saturate below \( \sim 0.4 \) K. When a small magnetic field is applied along the longitudinal \( z \) direction, the heat capacity shows a sharp anomaly, indicating a new magnetic phase transition (Fig. 1c). The transition temperature, \( T_N \), increases with increasing field, reaches a maximum at \( \sim 1.5 \) T, and then decreases with further increasing field (Fig. 1d). The transition completely vanishes above \( \sim 2.7 \) T.

To elucidate the nature of the phase transitions in longitudinal fields, we performed neutron diffraction measurements at various temperatures. As shown in Fig. 2c, d, the magnetic Bragg peak intensity at K point with temperatures of 0.04, 0.12 and 0.8 K also shows a maximum around 1.5 T, and disappears at \( \sim 2.7 \) T. This indicates that the phase transition seen in heat capacity measurements is also associated with the K point order. Moreover, the peak intensities in magnetic fields of 0.5, 1, and 1.5 T are enhanced in the intermediate temperature range (0.2 \( \lesssim T \lesssim \) 0.8 K) below \( T_N \), distinct from a conventional order parameter behavior (Fig. 2e, f). The unusual enhancement of the magnetic peak on warming is due to the competition between thermal and quantum fluctuations, as will be discussed subsequently.

### 2.2 Inelastic neutron scattering

The enhancement of magnetic order in longitudinal fields has been interpreted either as the consequence of quantum fluctuations in TFIM [28], or large CEF randomness induced by structural disorder [29]. To further distinguish these two scenarios, we used inelastic neutron scattering (INS) to measure the detailed field dependence of the spin excitations in TmMgGaO\(_4\). Figure 3a-e exhibit a series of neutron spectra along the high symmetry directions in various fields. Compared with the zero-field data in Fig. 3a, the overall spin excitations in external field of 1.5 T tend to shift towards higher energies, leading to an enlarged spin gap (Fig. 3b). This is clearly inconsistent with the CEF randomness picture in which it was suggested that the system would be gapless in external field [29]. Instead, it can be readily understood without introducing much structural disorder. Below 1.5 T, the spin gap increases with increasing field (Fig. 1d). Thus, the system needs more energy to excite the quasi-particles from the magnetic ground state, implying a more stable order. Consequently, the magnetic Bragg peaks at K points are getting stronger and \( T_N \) is higher. Above 1.5 T, the spin gap gradually decreases with field and both the magnetic peak intensity and \( T_N \) are
reduced (Fig. 1d, 2d). When the external field goes across the transition of $\sim$2.7 T into the high-field regime, the spin gap reappears, indicating that the external field overcomes the spin-spin correlations and the Zeeman term dominates the spin dynamics, making the excitations less dispersive (Fig. 3e). The relatively sharp excitations observed in various fields suggest that the structural disorder is not significant in TmMgGaO$_4$.

The Ising interactions arise from the exchange and dipole-dipole interactions among Tm$^{3+}$ local moments. For a classical Ising model, the excitations correspond to Ising spin flipping and are non-dispersive. In TmMgGaO$_4$, due to the presence of intrinsic transverse field, the excitations become dispersive. To further determine the nature of the spin excitations, we carried out polarized neutron scattering measurements on TmMgGaO$_4$. It is shown that the spin excitations are essentially longitudinally polarized in the $S_{zz}$ channel while the transverse $S_{+-}$ component is absent (Fig. 4a) (Supplementary material). This is completely different from the classical spin wave with only transverse excitations at low energies. Therefore, the longitudinal channel of INS spectra, $S_{zz}$, manifests the quantumness of the excitations that are strictly forbidden for classical spins.

### 2.3 Phase diagram

After confirming the quantum fluctuations in TmMgGaO$_4$, we can understand the phase diagram comprehensively. Due to the single-ion quantum fluctuations, the dressed Ising moments are no longer homogeneous but modulated from site to site, the order of which resembles the spin density wave in quantum spin chains [34]. In zero field, the competition between classical Ising interactions and quantum fluctuations drives the system into a three-sublattice phase with up-down-zero configuration in each triangle (Phase I in Fig. 1d). The quantum fluctuation in this phase is so strong that the magnetic moments are significantly reduced. In weak longitudinal fields, the classical triangular-lattice Ising magnet would evolve into a two-up-one-down 1/3-plateau state [35–39]. In TmMgGaO$_4$, the quantum fluctuations turn it into a quasi-plateau phase with modulated spin moments (Phase II). Here, the external field acts as an extra classical contribution and suppresses the quantum effects. As a result, the magnetic order is enhanced with stronger magnetic peaks at K points, higher $T_N$ and a larger spin gap. Since the spin dynamics here are of quantum origin, the INS intensity is weaker (Fig. 4b, c). Moreover, at higher temperatures, the quantum effects are partially quenched due to the thermal fluctuations, leading to enhanced magnetic Bragg peaks at higher temperatures (Fig. 2e, f). When the field is further increased towards the transition field $\mu_0 H_c \sim 2.7$ T, the quantum fluctuation is enhanced again and the rebuilt quantum effects suppress the static magnetic order, reduce the spin gap and lower
the transition temperature while the quantum excitations grow in intensity (Fig. 1d, Fig. 4b, c). Above $\mu_0H_c$, the three-sublattice magnetic order is completely eliminated and the system enters the nearly polarized state (Phase III), making the magnetic state more classical. Meanwhile, the spin gap increases with field and the quantum excitations are progressively suppressed (Fig. 3c-e).

**2.4 Spin wave calculation**

To quantitatively describe the field tuned quantum effects, we utilize mean-field approach to solve TFIM by introducing the virtual $y$ axis, which lies in the structural $ab$ plane but does not correspond to any real direction, and can even vary from site to site. In this semi-classical picture, the pseudo-spin has a uniform size but becomes tilted from the Ising axis to $y$ direction owing to the transverse field. The effective spin structures of the three phases are illustrated in Fig. 1e-g. Since the transverse components of the effective spins, $S^x$ and $S^y$, transform as multipoles, only the moment projection in $z$ direction contributes to the magnetic Bragg peak, making the peak intensity at K point varies with longitudinal field (Fig. 2d). Regarding the INS process, measuring $S^z$ moment will flip the multipolar components and trigger coherence spin wave excitations in $S_{zz}$ channel [32, 40], consistent with our polarized neutron measurements. Based on this, we use LSW theory through the SPINW program to simulate the quantum excitations of TFIM in longitudinal fields [41]. The Ising interactions and transverse field term are determined by fitting the zero-field spin excitation spectra, which are $J_{1zz} = 0.54$ meV, $J_{2zz} = 0.026$ meV, $h_y = 0.62$ meV [23]. We show that the LSW theory can describe the observed quantum excitations throughout the phase diagram (Fig. 3f-j). The field-dependent evolution of the magnetic Bragg peak, spin gap, overall spectra intensity and dispersions are reproduced reasonably well by the LSW theory (Supplementary material). We note that the simulated magnetic field is slightly smaller than the applied field (Fig. 4d); this is probably due to the collective quantum effect that is not considered in the LSW calculations. More sophisticated calculation such as the renormalized spin wave theory that takes into account the quantum correction to ordered moments may further refine this analysis. A recent quantum Monte-Carlo (QMC) calculations actually suggested a slightly larger exchange coupling constants than the LSW theory calculations, but the ratio of $J_2/J_1$ remains nearly the same, which is not surprising and does not qualitatively change the magnetic structure and phase diagram based on semi-classical calculations [28, 42]. When the external field is relatively large, collective quantum effects are largely suppressed and the LSW calculation becomes more accurate. We can extract the effective $g$-factor of 13.79 from the high field fitting (Fig. 4d), which is close to the reported value determined by
3. DISCUSSION AND CONCLUSION

It has also been suggested theoretically that Phase I will melt in a two-step manner through two Berezinskii-Kosterlitz-Thouless (BKT) transitions and the intermediate BKT phase hosts a emergent U(1) symmetry [15–17, 28, 42]. Furthermore, it is predicted that in the BKT phase the magnetic susceptibility will diverge in the small longitudinal field limit with a unique scaling behavior [16, 17]. However, this is not observed in our magnetization measurements (Supplementary material). A recent work reports susceptibility data and numerical simulation showing BKT behavior between 0.6 and 0.9 T [43] which, however, lies deep into Phase II of our phase diagram. It has been well established that as a quasi-long-range ordered state, the BKT phase is fragile to perturbations and can be easily killed by external field (< 0.1 T) as indicated by QMC calculations [44]. Thus, the claimed evidence for BKT physics for the up-down-zero phase and the comparison are then irrelevant. In addition, no divergence of susceptibility was found in ref. 43 near the zero-field regime. It should be noted that according to QMC simulation [44], the upper BKT transition would involve into a second-order transition in longitudinal field, which is also inconsistent with ref. 43. An earlier calculation suggested that a new magnetic peak at M point should appear at high temperatures owing to proliferated vortex-antivortex pairs [42], which is not observed in our neutron scattering measurements (Supplementary material).

To summarize, we have performed neutron scattering measurements on the intrinsic quantum Ising magnet TmMgGaO$_4$ in longitudinal fields. In weak field, the zero-field three-sublattice order is replaced by a intermediate quasi-plateau phase, in which both the static moments and spin gap behave in a non-monotonic manner as a function of external field. In high fields, the system is driven into the field-induced polarized state. Through a semi-classical analysis, we show that the observed magnetic order and the associated quantum excitations can be well described by TFIM throughout the phase diagram with the subtle competition among quantum fluctuations, frustrated Ising interactions, and thermal fluctuations. Our results demonstrate that TmMgGaO$_4$, as a rare experimental realization of 2D TFIM, is a remarkable platform to illustrate the interplay between quantum and classical interactions, and that the associated quantum states can be manipulated through external fields in a highly controlled manner.
DECLARATION OF COMPETING INTEREST

The authors declare that they have no conflict of interest.

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AUTHOR CONTRIBUTIONS

Jun Zhao and Gang Chen planned the project. Yayuan Qin, Yao Shen, and Shoudong Shen synthesized the sample. Yao Shen and Xiaowen Zhang characterized the sample. Yayuan Qin, Yao Shen, Hongliang Wo, Yu Feng, Gaofeng Ding, Yiqing Gu, Qisi Wang, Helen C. Walker, Xin Tong and Jun Zhao carried out the neutron experiments with experimental assistance from Robert Bewley, Jianhui Xu, Martin Boehm, Paul Steffens, Seiko Ohira-Kawamura, Naoki Murai, and Astrid Schneidewind. Jun Zhao, Yayuan Qin and Yao Shen analyzed the data. Changle Liu, Yonghao Gao, and Gang Chen provided the theoretical support and analysis. Jun Zhao, Gang Chen, Yao Shen, Changle Liu, and Yonghao Gao wrote the paper. All authors provided comments on the paper. Yayuan Qin and Yao Shen
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Fig. 1. Heat capacity and magnetic phase diagram of TmMgGaO$_4$. (a) Schematic of the low energy CEF levels of Tm$^{3+}$ ions in TmMgGaO$_4$. The ground-state quasi-doublet is well separated from the high-energy excited state ($\Delta \approx 38$ meV), indicating an effective spin-1/2 state at low temperature [23, 29]. (b) Sketch of the reciprocal space in $xy$ plane. The dashed lines denote Brillouin zone boundaries and the wavevector is defined as $Q = H\alpha^* + K\beta^* + L\gamma^*$; r.l.u., reciprocal lattice unit. (c) Magnetic heat capacity in various longitudinal fields ($H \parallel z$). The phonon contributions were subtracted by measuring the non-magnetic iso-structural LuMgGaO$_4$ single crystal. The transition temperatures are marked by black triangles. (d) Magnetic phase diagram consisting of field dependent $T_N$ determined from heat capacity, and spin gaps at K points determined from INS data below 0.15 K. The phase diagram can be divided into three parts. *Phase I*: zero-field phase; *Phase II*: intermediate phase; *Phase III*: high-field phase. The dashed line is a guide to the eye. (e)-(g) Schematics of the semi-classical spin structures regarding the three phases in (d). The dashed lines denote the virtual $y$ direction and different colors indicate three different sublattices.
Fig. 2. Neutron diffraction data as a function of field and temperature. (a),(b) Temperature dependence of the peak intensities and full-width at half-maximum (FWHM) of the magnetic Bragg peak at K₁ point. (c) Qscans near the magnetic peak, \( \mathbf{Q} = (1/3, 1/3, 0) \), in different longitudinal fields. (d) Field dependence of the fitted amplitude of the magnetic peaks at different temperatures. (e) Representative Qscans near the magnetic peak at different temperatures in external field of 1.5 T. (f) Temperature dependence of the fitted peak amplitude at \( \mathbf{Q} = (1/3, 1/3, 0) \) in different fields. The solid lines in (c) and (e) are the fitting results with Gaussian profiles and a flat background, which are also used to evaluate the peak intensities and FWHM in (a), (b), (d) and (f). Data in (c), (e) and (f) are collected at FLEXX spectrometer. a.u., arbitrary unit; cts/s, counts per second; cts/min, counts per minute; error bars, 1 s.d.
Fig. 3. Spin excitations in different longitudinal fields at 0.12 K. (a)-(e) INS spectra of the spin excitations in TmMgGaO$_4$ along the high symmetry directions marked by the black arrows in Fig. 1b in the indicated fields. (f)-(j) Calculated spin wave dispersions using the model specified in the main text. Intensities in (e) and (j) are multiplied by 6. The intensity scale for the inelastic spectra is uniform throughout the text.
Fig. 4. Polarized neutron scattering data and the field dependence of the spin excitations. (a) Energy scans at $K_1$, 0 T and 1.7 K in all the three spin-flip (SF) channels which correspond to different excitation components (Supplementary material). The tiny peak in SFz channel may come from the leakage of non-spin-flip channel. (b) Energy dependence of the scattering function integrated through the whole Brillouin zone (-0.5 < $L$ < 0.5) in different external fields at 0.12 K. (c) Field dependence of the total local moment $\langle m^2 \rangle$ (All) and the separated elastic and inelastic contributions (Supplementary material). (d) The external field term, $g_\parallel \mu_B B$, used during the LSW calculation versus the experimentally applied field values, $\mu_0 H$. The dashed red line denotes the linear fitting of the data points in Phase III, which gives the $g$-factor along the $z$ direction.
SAMPLE SYNTHESIS AND NEUTRON SCATTERING EXPERIMENTS.

Large size TmMgGaO$_4$ single crystals were synthesized using the floating-zone technique. The heat capacity, X-ray Laue and X-ray diffraction measurements indicate the high crystallization quality of the sample (Fig. S1) [1]. The neutron diffraction measurements were carried out on the cold three axes spectrometer PANDA at the Heinz Maier-Leibnitz Zentrum, Garching, Germany [2], and the FLEXX cold triple-axis spectrometer in the BER-II reactor at Helmholtz-Zentrum Berlin, Germany [3]. For the PANDA experiment, a vertically focused PG(002) was used as a monochromator and analyzer. We fixed the final neutron energy at $E_f = 4.06$ meV, leading to an energy resolution of around 0.1 meV. In order to avoid the contamination from neutrons with higher orders, a Be filter was placed after the sample. One piece of single crystal with mass of 3 grams was aligned in the $(H, K, 0)$ plane. A closed-cycle refrigerator equipped with a $^3$He insert was used to reach the base temperature of 0.485 K. For the FLEXX experiment, we used a PG(002) as both the monochromator and analyzer, and the final neutron energy was fixed at $E_f = 3.5$ meV. A velocity selector installed in front of the monochromator was used to remove the higher-order neutrons. One piece of single crystal (1.7 g) was aligned in the $(H, K, 0)$ plane for the measurement. The sample was attached to a dilution insert and put into a vertical magnet to reach the base temperature of 40 mK.

The inelastic neutron scattering measurements were performed on the cold neutron multi-chopper spectrometer LET at the Rutherford Appleton Laboratory, Didcot, UK, and the AMATERAS cold neutron disk chopper spectrometer at the Japan Proton Accelerator Research Complex [4]. For the LET experiment, the incident energies are chosen to be 6, 3.15 and 1.94 meV with energy resolutions of 0.185, 0.069 and 0.031 meV, respectively. A dilution insert was used to reach the base temperature of 0.12 K, which was equipped with a vertical magnet to provide external fields. The same pieces of single crystals with a total mass of 17.2 g were used as in Ref. 1, which were co-aligned in the $(H, K, 0)$ plane. For the AMATERAS experiment, we choose the incident energy to be 2.6 and 5.9 meV and the corresponding energy resolutions are 0.045 and 0.155 meV, respectively. A dilution insert with a vertical magnet is used in this experiment. One piece of single crystal was aligned in the $(H, K, 0)$ plane which could rotate around the vertical $z$ axis. The data were analysed using the Horace-Matlab suite [5].
Fig. S1. Heat capacity in various longitudinal fields without phonon subtraction. The phonon subtracted data are presented in Fig. 1c.

The polarized neutron scattering experiments were carried out on the ThALES cold triple-axis spectrometer at the Institut Laue-Langevin, Grenoble, France. In this experiment, we used a focusing Heusler monochromator and analyzer to produce and analyse the polarized neutrons with the fixed final energy of $E_f = 4.662$ meV. Longitudinal polarization analysis was done using the Helmholtz coils. A base temperature of 1.7 K is realized with this setup. One piece of single crystal with mass of $\sim 0.3$ g was used for the measurement.

**POLARIZED NEUTRON SCATTERING MEASUREMENTS.**

For the polarized neutron scattering measurements, we used the conventional notations to define the polarization directions, $x$, $y$ and $z$, in reciprocal space. To be more specific, $x$ is defined in such a way that it keeps parallel to the momentum transfer $Q$, and $y$ is perpendicular to $x$ but remains in the scattering plane while $z$ is perpendicular to both $x$ and $y$, thus perpendicular to the scattering plane (Fig. S2a). During the measurements, we polarized the incident neutrons along one of the basic directions, $x$, $y$ or $z$, and selectively measured the scattered neutrons parallel or anti-parallel to the incident neutrons, which are marked as non-spin-flip (NSF) and spin-flip (SF) channels, respectively. Correspondingly, there are six different channels in total, SFx, SFy, SFz, SFx, SFy and SFz.

In the neutron scattering measurements, the neutrons are only sensitive to the magnetic components perpendicular
Fig. S2. Polarized neutron scattering measurements of a TmMgGaO$_4$ single crystal at 0 T and 1.7 K. (a) Sketch of the reciprocal space in the \((H, K, 0)\) plane. The red arrows indicate the polarization directions at a representative \(Q\). (b) Qscans near the magnetic Bragg peak \(K_1\) point at \(E = 0\) meV. (c),(d) Energy scans at the high symmetry points, \(M_2\) and \(\Gamma_1\).

to \(Q\). Moreover, the spin of a neutron can only be flipped by magnetic components perpendicular to it with a flipping ratio determined by the instrument, leading to leakage of the signal from SF channel to NSF channel and vice versa.

For elastic measurements, the scattering process probes the static spins along the \(z\) direction \((S^z)\) or perpendicular to \(z\) \((S^\perp)\) while the inelastic measurements detect the spin-spin correlations out of the basic plane \(S_{zz}\) and within the plane \(S_{+-}\). In the configuration of our experiments, the SFx channel corresponds to the components that are perpendicular to \(Q\), which are \(S^z/S_{zz}\) and part of \(S^\perp/S_{+-}\). Meanwhile, the SFy channel contains the components that are perpendicular to both \(Q\) and \(y\), which are \(S^z/S_{zz}\) only, and the SFz channel detects the components in the \(xy\) plane but perpendicular to \(Q\), which are part of \(S^\perp/S_{+-}\) but no \(S^z/S_{zz}\).

We start by the polarization analysis of the elastic signals. In Fig. S2b, we present the momentum scans across the
Fig. S3. Magnetic susceptibility in magnetic fields along the z axis. (a) Field dependence of the DC differential susceptibility $dM/dH$ above 2 K. (b), (c) Real part of the ac susceptibility $\chi'$ as a function of external field at different temperatures. The measurement was performed with ac frequency of 469 Hz on two different samples. No divergence or enhancement related to the BKT phase is observed.

Fig. S4. Polarized neutron scattering measurements around the $M_2$ point at the indicated temperatures and $E = 0$ meV. Magnetic Bragg peak $K_1$ in all three SF channels. The measurements were performed at 1.7 K, which is above the magnetic peak saturating temperature ($\sim 0.4$ K). At this temperature range, the linewidth of the excitation spectrum is slightly broadened, but the overall spin excitation dispersion should be still similar to that observed at 0.05 K [1]. With signals absent in SFz channel, the peaks in SFx and SFy channels are comparable which means that only $S^z$ component is observed in elastic neutron measurements, consistent with our model that the transverse $S^\perp$ component behaves as multipoles and cannot be detected directly. Moreover, we performed the constant $Q$ scans at the high symmetry points, $K_1$, $M_2$ and $\Gamma_1$, and only magnetic excitations of $S_{zz}$ components are present in these scans (Fig. S2c, d, Fig. 4a). The peak-like features close to the zero energy in Fig. S2c, d may come from the background or...
**Fig. S5.** Spin wave dispersion in different external longitudinal fields measured at LET and 0.12 K. (a)-(c) Spin excitations along the high symmetry reciprocal directions marked by the black arrows in Fig. 1b in the indicated fields. (c)-(f) Calculated spin wave dispersions. The intensities in (c) and (f) are multiplied by 60.

leakage since they do not obey the fundamental relationship: SFy + SFz = SFx. For conventional localized systems, the magnetic excitations run perpendicular to the static spins. Here, the spin dynamics occur in the longitudinal channels, indicating quantum effect and multipolar nature of the transverse spin components.

**SUSCEPTIBILITY MEASUREMENTS.**

It has been theoretically proposed that in the transverse field Ising model (TFIM) on a triangular lattice, the low-temperature three-sublattice ground state will melt in a two-step manner with an intermediate BKT phase [6–9]. In TmMgGaO₄. It has been predicted that the uniform susceptibility will diverge in an external field along the c direction in the BKT phase [7, 8]. According to the theoretical calculations, the susceptibility tends to diverge as \( \chi(B) \sim |B|^{-[(4-18\eta)/(4-9\eta)]} \) where \( \eta(T) \in (1/9, 2/9) \) (Ref. 7 and 8). To test this result, we measured the magnetic susceptibility as a function of magnetic fields and temperatures (Fig. S3). No divergence in susceptibility was observed.
Fig. S6. Spin wave dispersion in different external fields at 0.06 K. (a)-(d) Spin excitations along the high symmetry reciprocal directions marked by the black arrows in Fig. S1a in the indicated fields. (e)-(h) Calculated spin wave dispersions. The intensities in (d) and (h) are multiplied by 2.

In the zero field limit. We note that the compressible BKT phase for the TFIM, that is characterized by a divergent correlation length and quasi-long-range order in a temperature window above the true long-range ordering transition and describes the long-distance and low-energy properties of the TFIM, is fragile to inter-layer coupling or weak disorder.

In addition, Li et al. suggested that there would be a magnetic peak at M points at finite temperature due to the proliferated vortex-antivortex pairs based on Monte-Carlo calculations [9]. We performed polarized elastic neutron scattering measurement across M2 points at different temperatures and no magnetic peaks were found (Fig. S4).
Fig. S7. Calculated field dependent evolution of magnetic Bragg peak intensity at $Q = (1/3, 1/3, 0)$ using LSW.

MORE INELASTIC NEUTRON SCATTERING DATA.

The inelastic neutron scattering measurements were performed in different external longitudinal fields, 0, 0.5, 1.5, 2, 2.5, 3, 5, 8.5 T for experiments at LET and 0, 1, 1.7, 2.2, 4 T for experiments at AMATERAS. For the measurements at LET, the 8.5 T data can be taken as an ideal background since the spin gap is high enough to disentangle the low-energy background and the high-energy signals. Thus, in Fig. 4b, for the data measured between 0 and 5 T we show the background subtracted results while the raw 8.5 T data is presented. By integrating the scattering function along the energy axis, we can determine the total local moment, $\langle m^2 \rangle$, which are shown as $All$ in Fig. 4c. The elastic contributions are evaluated by fitting the elastic lines with Gaussian profiles. The difference between the total moment and elastic channel gives the inelastic spectra. For the experiments at AMATERAS, no high-field data are available for background subtraction.

In the main text, we have shown the dispersion under several representative external fields (Fig. 3), along with the spin wave calculation using the spinw program [10]. Here, we present the rest of the data, including the LET data under 0.5, 2 and 8.5 T (Fig. S5) and AMATERAS data under 1, 1.7, 2.2 and 4 T (Fig. S6). The overall dispersions are well reproduced by LSW simulations. Furthermore, we use the same approach and parameters to calculate the field dependent magnetic Bragg peak intensity at $Q = (1/3, 1/3, 0)$. Only $S^z$ is considered due to multipolar nature of $S^x$ and $S^y$. As indicated by Fig. S7, the peak intensity shows a non-monotonic behavior with increasing field, consistent with our data. Due to the stronger quantum fluctuations around zero field which is not fully caught by our mean-field approach, the measured peak intensity is weaker at low field compared with calculation.
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