On Field Theory Thermalization from Gravitational Collapse

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Abstract
Motivated by its field theory interpretation, we study gravitational collapse of a minimally coupled massless scalar field in Einstein gravity with a negative cosmological constant. After demonstrating the accuracy of the numerical algorithm for the questions we are interested in, we investigate various aspects of the apparent horizon formation. In particular, we study the time and radius of the apparent horizon formed as functions of the initial Gaussian profile for the scalar field. We comment on several aspects of the dual field theory picture.
1 Introduction

Understanding cooperative phenomena far from equilibrium poses one of the most challenging problems of present day physics. One source of methods is provided by the AdS/CFT correspondence \[1, 2, 3, 4\] which identifies a field theory without gravity with a string theory. In the low energy limit of string theory one can use the appropriate generalization of Einstein’s equations to follow the evolution in time of the fields in the dual field theory. This is particularly suitable for the description of strongly coupled field theories near a conformal fixed point. In this context the gauge/gravity duality opens a particularly important window: to study far from equilibrium phenomena one needs to study the evolution of Einstein’s equation with appropriate boundary conditions.

The AdS/CFT correspondence was readily expanded to include field theories at finite temperature \[5\]. In this context a field theory in equilibrium at finite temperature is dual to a black hole in asymptotically AdS spacetime. One very important development has been the establishment of the correspondence at the level of small fluctuations. More precisely, the application of linear response theory for the near equilibrium region, \(id est\), long wave lengths and low energies with local fluid variables varying very slowly compared to microscopic scales (see \[6, 7, 8\] for reviews and complete list of references). The next frontier comes from the expectation that the evolution of spacetimes with the formation of black hole horizons is equivalent to non-equilibrium dynamics and evolution towards thermalization in field theory.

Besides the general reasons to study far from equilibrium phenomena using the gauge/gravity correspondence one practical motivation comes from the RHIC and LHC experiments. Two crucial points are worth highlighting: (i) the observed Quark-Gluon Plasma (QGP) is strongly coupled and (ii) hydrodynamical description fits in a wide range of processes. Theoretical and experimental developments indicate that the QGP produced at RHIC is a strongly interacting liquid rather than the weakly interacting gas of quarks and gluons that was previously expected \[9, 10, 11\]. A crucial piece of experimental evidence pointing to the need for methods applicable to strongly coupled theories comes from the fact that the produced plasma locally isotropizes over a time scale of \(\tau_{\text{iso}} \leq 1 fm/c\) (where \(c\) is the speed of light). The dynamics of such rapid isotropization in a far-from-equilibrium non-Abelian plasma can not be described with the standard methods of field theory or hydrodynamics \[12\]. In this manuscript we propose to study such rapid thermalization via its gravity dual – gravitational collapse. In this publication we largely expand, clarify and sharpen the results presented in our short letter \[13\].

String theory also provides a framework for understanding some superconductors holographically \[14, 15\] (see reviews \[16, 17\]). Moreover, some hard to understand properties of condensed matter system like the structure of non-Fermi liquids have been recently described using holographic models \[18, 19\] (see \[20\] for a review). The question of thermalization is also crucial in condensed matter setups. There is an active interest in the understanding of the time evolution of a system following a quantum quench \[21, 22, 23, 24\]. A holographic approach to this area is showing promise in lower dimensions \[25, 26\]. The experimental observation of rapid thermalization in two-species mixtures of quantum degenerate Bose and Fermi Gases \[27\] constitutes another strong motivation for the study of thermalization using the gauge/gravity dictionary. The holographic description of these models always involves a black hole and the formation of...
such a black hole will help our understanding of those systems at a more fundamental level.

In this paper we present a full numerical analysis of the gravitational collapse of a massless minimally coupled scalar field in the presence of a negative cosmological constant in five spacetime dimensions. We go beyond previous attempts within the AdS/CFT approach that relied on perturbation theory [28] or toy models for quench [29, 30, 31]. Our focus is on properties of the thermalization time.

An intuitive explanation for the rapid thermalization time at RHIC within the context of the gauge/gravity correspondence is as follows. Local gauge-invariant operators are mostly sensitive to geometry near the boundary. As explained in [28], in the large $N$ limit which is the region explored by the gauge/gravity correspondence, trace factorization ensures that the expectation value of products equals the product of expectation values. Only one-point functions of gauge invariant operators survive. Other studies supporting rapid thermalization in the context of the gauge/gravity correspondence include [29, 31, 32, 33].

The paper is organized as follows. In section 2 we set the stage for the problem, that is, we present the Ansatz and equations of motion. Section 3 contains details about the numerics involved and a brief discussion about the regime of very small amplitudes and gravitational collapse after a few bounces of the scalar field. Section 4 contains our main new results from the gravity point of view where we present a systematic study of the time of formation of the apparent horizon. Since our work could be of interests to various communities (string theory, numerical relativity and non-equilibrium field theory), in section 4.2 we survey the current literature for the benefit of the reader and explain how our results extend previous ones in the literature. We discuss various aspects of the field theory dual in section 5. We conclude in section 6. We also include a series of appendices where we collected a few facts that will help interpreting the numerical results presented in the main body of the paper; depending on the readers background they could be obvious.

2 Collapse in asymptotically $AdS_5$ spaces

We consider the minimal Einstein-scalar field action with a negative cosmological constant $\Lambda = -d(d - 1)/(2L^2)$:

$$S = \int d^{d+1}x \sqrt{-g} \left[ \frac{1}{2\kappa^2} \left( R + \frac{12}{L^2} \right) - \frac{1}{2} (\partial \phi)^2 - U(\phi) \right].$$

(2.1)

The Einstein and Klein-Gordon equations of motion are respectively:

$$G_{\mu\nu} - g_{\mu\nu} \frac{d(d - 1)}{2L^2} = \kappa^2 \left[ \partial_\mu \phi \partial_\nu \phi - \frac{1}{2} g_{\mu\nu} (\partial \phi)^2 - g_{\mu\nu} U(\phi) \right]$$

(2.2)

$$\frac{1}{\sqrt{-g}} \partial_\nu \left( \sqrt{-g} g^{\mu\nu} \partial_\mu \phi \right) - \frac{\partial U(\phi)}{\partial \phi} = 0.$$  

(2.3)

We tackle this system using numerical methods developed and tested in [34, 35] which we will describe in more detail below. We choose the metric Ansatz to be

$$ds^2 = -\alpha^2 dt^2 + a^2 dr^2 + r^2 (d\chi^2 + \sin^2 \chi (d\theta^2 + \sin^2 \theta d\varphi^2)),$$

(2.4)
where $\alpha$ and $a$ are each functions of only $t$ and $r$. For convenience, let us define

$$X = \partial_r \phi, \quad Y = \frac{a}{\alpha} \partial_t \phi. \quad (2.5)$$

The Einstein equations can be conveniently written as:

$$\partial_r a = \frac{a}{r} (1 - a^2) + \frac{r a}{6} \left[ X^2 + Y^2 + a^2 (2U - \frac{12}{L^2}) \right], \quad (2.6)$$

$$\partial_r \ln(a \alpha) = \frac{r}{3} (X^2 + Y^2), \quad (2.7)$$

$$\frac{3}{r} \partial_t a = \alpha X Y. \quad (2.8)$$

Here we are using units where $\kappa = 1$. The Klein-Gordon equation takes the form

$$\partial_t Y = \frac{1}{r^3} \partial_r \left( r^3 \frac{\alpha}{a} X \right) - \alpha a \partial_{\phi} U. \quad (2.9)$$

The main difference of the system given by equations (2.6, 2.7, and 2.9) with respect to the treatment presented in [34] and [35] lies in the powers of $r$ that appear in AdS$_4$ there as opposed to AdS$_5$ here. For example, in equation (2.9) we have a cubic power of $r$ rather than a square one. This higher power of $r$ leads to a more singular behavior near $r = 0$ which presents a numerical challenge.

It is worth pointing out that equation (2.8) can be shown to be automatically satisfied when the other equations are satisfied. Numerically, that equation is used as a check to verify that the code is working properly. Namely the equation should be satisfied up to a numerical error due to the finite grid spacing. In the next section we will focus on this constraint in a fair amount of details.

### 3 Comments on numerics

We consider a massless scalar field, i.e., $U = 0$. We choose initial data of the form $\phi = A \exp(-(r - r_0)^2/\sigma^2)$ where the amplitude $A$, center of the scalar field profile $r_0$ and profile width $\sigma$ are constants. This determines $X$ through $X = \partial_r \phi$ and we choose $Y = X$ initially so that the wave starts out purely ingoing. We choose $L = 1$ and for the spatial grid to be $0 \leq r \leq r_{\text{max}}$ where $r_{\text{max}}$ is a constant. For the simulations done in this work we use $r_{\text{max}} = 10$. Since in anti-deSitter spacetime, more resolution is needed at small $r$ we do not choose the spatial points to be evenly spaced. Rather, for a simulation with $N$ spatial points, the value of $r$ at grid point $i$ is $r_i = \sinh(k(i - 1))$ where $k$ is a constant chosen so that $r_N = r_{\text{max}}$. In the graphs below we use $N$ as a measure of the resolution of the simulation.

For sufficiently large amplitudes the collapse process results in the formation of a black hole. This is signalled by the formation of a marginally outer trapped surface (also called an apparent horizon), where the outgoing null geodesics cease to diverge from each other and instead begin to converge. In spherically symmetric spacetimes, an apparent horizon has the property that
\[ \nabla^a r \nabla_a r = 0. \] In our coordinate system this would mean \( a^{-2} \to 0 \). The attentive reader whose intuition comes mostly from analytical solutions would expect that the horizon could as well be defined as \( g_{tt} \to 0 \) which means \( \alpha \to 0 \) near the horizon. That is not so in our situation as we stop the simulation based solely on the considerations of an apparent horizon discussed above and those considerations are independent of \( \alpha \).

More precisely, our coordinate system breaks down when an apparent horizon forms, and so our signal that a black hole is forming is that \( a \to \infty \) in the simulations. Actually, it suffices to set a fairly moderate value for the maximum allowed value of \( a \), which we denote \( a_{\text{max}} \) and to stop the simulation whenever \( a \) reaches \( a_{\text{max}} \), noting that a black hole has formed at that time. The position \( r_{\text{AH}} \) at which \( a = a_{\text{max}} \) gives us the size of the black hole and allows us to estimate its mass \( M_{\text{AH}} = 3\pi^2 (r_{\text{AH}}^2 + r_{\text{AH}}^4/L^2) \). Another notion of mass arises from the energy momentum tensor. This is the notion that best fits with the ADM mass, it is conserved, we denote it as asymptotic mass or total mass and can be computed as follows

\[
M_{\text{total}} = \pi^2 \int_0^{r_{\text{max}}} \frac{r^3}{a^2} (X^2 + Y^2) \, dr. \tag{3.1}
\]

There is no a priori reason to expect \( M_{\text{AH}} \) and \( M_{\text{BH}} \) to coincide as not all the matter density initially in the scalar participates in the formation of the apparent horizon.

### 3.1 Understanding the numerical accuracy

The code used in the simulations was originally used in a 4-d context in [34], [35]. The precise version used here produced the results presented in [13].

In our previous work [13], we tested that the code is working properly by considering the constraint quantity \( C \equiv \partial_t a - raXY/3 \). Note that it follows from eqn. (2.8) that \( C \) vanishes. However, the finite size of the grid spacing means that \( C \) will not vanish exactly in the simulation, but that instead in a properly working simulation, a smaller grid spacing should lead to a smaller \( C \). In fig. [1] the result of a test of this sort is shown. We have plotted \( C \) for simulations with 12800, 25600 and 51200 grid points. In all cases the simulations have \( A = 0.02 \), \( r_0 = 4.0 \) and \( \sigma = 1.5 \) and the simulations are run to a time of \( t = 0.454 \). A gross estimate of the error directly from the figure suggest that error decreases by a factor of \((1/2)^2 \) pointing to a second order convergent code.

In this paper we consider simulations with 12800, 25600 and 51200 grid points respectively. As a test of the accuracy we use a more invariant one. Namely, in fig. [2] we plot the \( L_2 \) norm of the constraint as a function of time. The key feature that we want to point out is the value of the \( L_2 \) norm of the constraint as a function of the grid resolution. The value itself is not the most important aspect but the way that it decreases as the number of points in the grid increases.

There are a few observations that can be made directly from fig. [2]. First, notice that we lose accuracy right at the time of formation of the apparent horizon corresponding to the almost vertical asymptote. What follows from the figure is that the simulation is very stable in determining the value of the apparent horizon as they all shoot up at the same value of time. A
Figure 1: The constraint quantity at various grid sizes.

Figure 2: The $L_2$ norm of the constraint for various values of the resolution.
Figure 3: Dependence of the asymptotic mass (see equation (4.2)) as a function of the maximum value of $a(r, t)$ which is used to determine apparent horizon formation. The asymptotic mass is expected to be constant and thus the plot can be understood as a test for the accuracy of the code.

A disastrous situation would have corresponded to losing accuracy at times that are significantly different from the apparent horizon formation time. It is also gratifying to see that the higher the resolution the closer we get to the time of the apparent horizon formation maintaining higher accuracy. We could, in principle, estimate the error in quoting values for times in our simulation based on the behavior of the $L_2$ norms described in the figure.

We have also performed more dynamical tests on the code. For example, we have checked stability with respect to the definition of the horizon $a_{\text{max}}$ by increasing its value tenfold and checking that the resulting radius and time of the formation of the apparent horizon are not affected to the precision we are working. In figure (3) we plot the value of the asymptotic mass for various values of the resolution as a function of $a_{\text{max}}$. The precise definition of the asymptotic mass is given in equation (4.2); this quantity is constant in the simulation. What figure (3) shows is that for small values of $a_{\text{max}}$ the value of the mass is indeed constant as we increase $a_{\text{max}}$ we see that each simulation breaks but the point at which they break can postpone by increasing the resolution. In a more practical sense we are following the maximum value of the function $a(r, t)$, that is the plot (3) can be also interpreted as related to the simulation time at which, due to the raising value of $a(r, t)$ we lose accuracy. We also checked that the time and position of the apparent horizon formation were stable to the increment in resolution.
3.2 Oscillatory motion of the scalar field

For collapse in asymptotically flat spacetimes, small amplitude initial data leads to a wave that is initially ingoing, then undergoes interference near the center and becomes an outgoing wave. For collapse in asymptotically \( AdS \) spacetimes, we would expect similar behavior, except that the outgoing wave should then reach the \( AdS \) boundary, bounce and become ingoing again, leading to another bounce, and so on. And indeed, this is what we find. Fig. 4 shows the value of the scalar field at the center as a function of time. \( \phi(0,t) \). The parameters for this simulation are \( A = 0.0002, r_0 = 4.0 \) and \( \sigma = 1.5 \). This simulation was done with 6400 grid points. Note that there are particular periods of time where the value of the scalar field at the center is non-negligible and that the middle of each such time period is separated from the next one by approximately \( \pi \). This is exactly what we would expect if the dynamics is mostly that of a massless scalar field on a background anti-deSitter spacetime. In the geometric optics limit, such a scalar field propagates along null geodesics, and for anti-deSitter spacetime (with \( L = 1 \)) it takes a null geodesic a time of \( \pi/2 \) to propagate from the center to infinity (see appendix B for details of geodesic calculations if needed.).

![Figure 4: \( \phi(0,t) \) for a small amplitude simulation.](image)

In our previous paper [13] we concluded that this oscillatory behavior could go on indefinitely. A more detailed study of this oscillatory behavior shows that the end outcome of this oscillatory behavior is black hole formation [36]. In a follow up note, Jalmuzna, Rostworowski and Bizon [37] evolved our initial data in a more accurate setup (allowing up to \( 2^{17} + 1 \) grid points) and showed that a black hole forms after a time two orders of magnitude greater than those considered originally in [13]. An important proposal put forward in [36] states that a weak turbulent mechanism is responsible for the nonlinear instability of \( AdS \) with respect to arbitrarily small perturbations. The weak turbulent mechanism in question allows for a transfer of energy from larger to smaller scales. Corroboration for such mechanism was also recently
reported in [38]. Notice that the incremental appearance of peaks in figure 4 is a visual counterpart to the mechanism proposed in [36].

In this manuscript we limit ourselves to show that we have explicitly verified that, indeed, collapse is possible after a few bounces. We show, in fig. 5 data evolved for the $A = 0.00084, \sigma = 1.5, r_0 = 4$ with a resolution of $N = 12800$ points. We used [37] to find the most appropriate range of parameters for our purpose. Note that the scalar field bounces once and then gravitationally collapses, we show that in the figure by tracking the value of the metric function $a(r, t)$ near the position of eventual horizon formation. In the simulation a black hole forms at $r_{AH} = 0.0049$ after a simulation time of $t_{SIM} = 4.568$.

Figure 5: $a(r \approx r_{AH}, t)$ for a small amplitude simulation that bounces once and then gravitationally collapses.

4 Black hole formation

The quantity that we are most interested in is how long the process of black hole formation takes, i.e., we would like to know how much time elapses between the initial time and the time a marginally outer trapped surface forms. For simulations it is natural to use the coordinate $t$ as a measure of time and we have used it previously in [13]. Here we continue to use that simplified notion of time, a more precise definition of the field theory time is described in appendix C and amounts to correcting the coordinate time to incorporate the right field theoretic normalization. We denote by $t_{AH}$ the simulation time $t$ at which an apparent horizon first forms. Note that our coordinate time (and similarly the field theory time) $t$ has geometric
meaning in that it is the coordinate that is orthogonal to the area coordinate \( r \). We discuss various relevant notions of time in more detail in appendix (C).

We also want to know how the time of apparent horizon formation depends on the initial amplitude of the pulse \( A \). This dependence is shown in fig. (6) which gives \( t_{\text{AH}} \) for several simulations with different values of \( A \). For each of these simulations we have \( \sigma = 1.5 \) and \( r_0 = 4.0 \). These simulations were done with 51200 grid points. Similarly, in figure (7) we plotted the dependence of the radius of the apparent horizon as a function of the amplitude. The masses of the black holes formed in the simulations range from 23.5 for the smallest amplitude to \( 8.52 \times 10^3 \) for the largest amplitude, that is, about three orders of magnitude.

Some aspects of figures (6) and (7) can be understood using the properties of null geodesics in anti-deSitter spacetime. We are going to slowly build up our intuition on this account.

First, fig. (7) shows that the radius of the apparent horizon grows with the amplitude \( A \). This is intuitively clear as the higher the amplitude \( A \) the higher the initial energy stored in the scalar field and consequently the higher the value of the asymptotic mass \( M_{BH} \) defined in equation (3.1).

To gain a better understanding of the time of black hole formation \( t_{\text{AH}} \) we also study its dependence on the initial width of the pulse \( \sigma \). This dependence is shown in fig. (8) which gives \( t_{\text{AH}} \) for about a hundred simulations with different values of \( \sigma \). For each of these simulations we have \( A = 0.02 \) and \( r_0 = 4.0 \). These simulations were done with a radial resolution of 51200 points.

The main intuition that follows from this graphs is that once the width has increased to a given value, the time of formation of the apparent horizon remains approximately constant. It is instructive to understand this result in a semi-analytic fashion. Rewriting the metric function \( a \) as

\[
a^{-2} = 1 + \frac{r^2}{L^2} - \frac{M(r, t)}{3\pi^2 r^2},
\]  

(4.1)
we have that equation (4.2) takes the following form for the local mass \( M(r, t) \)

\[
\frac{\partial}{\partial r} M(r, t) = \pi^2 r^3 a^2 (X^2 + Y^2). \tag{4.2}
\]

The asymptotic mass called \( M_{\text{total}} \) in equation (3.1) is simply the limit as \( r \to r_{\text{max}} \) of \( M(r, t) \). We can estimate, in the thin-shell approximation, the dependence of \( M \) on the width of the initial Gaussian profile. Namely, in the thin-shell approximation (\( \sigma \ll r_0 \)) we evaluate the above integral at \( t = 0 \) where the \( X = Y \) and we can approximate \( a \sim 1/r \), then the leading term in \( \sigma \) is

\[
M \approx 2\pi^2 A^2 r_0^5 \sqrt{\frac{\pi}{2}} \frac{1}{\sigma} + O \left( \frac{\sigma}{r_0^1} \right) \tag{4.3}
\]

This behavior of the mass leads to a dependence of the form \( r_{\text{AH}} \sim \sigma^{-1/4} \) which is precisely what we see in figure (9) for small \( \sigma \), in the range \( \sigma \geq 1 \) other contributions to \( M \) flatten the curve.

![Figure 8: The dependence of \( t_{\text{AH}} \) on \( \sigma \)](image1)

![Figure 9: The dependence of \( r_{\text{AH}} \) on \( \sigma \).](image2)

This figure allows us to conclude that for a given amplitude \( A \) increasing the width \( \sigma \) in the original pulse amounts to decreasing the mass of the black hole that might eventually form.

The time it takes a null geodesic to travel from the center of the Gaussian profile at \( r_0 \) to the apparent horizon radius \( r_{\text{AH}} \) can be explicitly calculated in AdS and the result is (see appendix [B])

\[
t_{\text{AH}} = L \left( \arctan \left( \frac{r_0}{L} \right) - \arctan \left( \frac{T_{\text{AH}}}{L} \right) \right). \tag{4.4}
\]

One of the main results of our paper is contained in the figure (10). The figure contains the result of about a hundred simulations, we have plotted \( t_{\text{AH}} \) versus \( r_{\text{AH}} \) from the simulations. In the same figure we have superimpose the analytic expression for the time it takes a null geodesic to go from the center of the original Gaussian packet \( r_0 \) to the horizon radius. We have also presented a best fit with an analytic form that closely follows the result of the geometric approximation.
Figure 10: The dependence of $t_{\text{AH}}$ on the radius of the apparent horizon
The intuition that the time of horizon formation would be closely determined by the null geodesic time was a prevalent intuition in the literature. Our simulations show that the time of formation of an apparent horizon is still of the same order but slightly bigger than the one given by a null geodesic as figure (10) nicely shows. Clearly, the width in the original Gaussian is playing a prominent role. Since we are solving the full nonlinear system of Einstein and Klein-Gordon equations we are able to take into consideration configurations far from the thin-shell limit. The full understanding of the shape of the Gaussian profile in the time of formation of the apparent horizon will require more work. We will focus on the prevalent role of the width in what follows.

We finish this section by advancing an interpretation of the best fit to the data as presented in figure (10). First, the value 1.3751 turns out to be well approximated by \( \arctan(5) \), this suggests that the effective center of the Gaussian profile closer this value than to \( r_0 = 4 \). This is a direct consequence of the properties of \( AdS \). Second, we interpret the coefficient of 1.0441 as the extra time that it takes a shell of finite width to collapse. Thus figure (10) with its best fit curve can be understood as summarizing the effects of a null geodesic falling from an effective distance of \( r_0 = 5 \) in AdS and also the effect of the extra time that takes the Gaussian to shrink.

4.1 A quantitative picture of gravitational collapse

With the hope of clarifying the main properties of the space-time during the gravitational collapse we present fig. (11). In the figure we plot the Klein-Gordon energy density. Consider a unit timelike vector \( n = \alpha^{-1} \partial_t \), then the energy density is defined as (see appendix A)

\[
\rho = T_{\mu \nu} n^\mu n^\nu \\
= \alpha^{-2} \left( \partial_t \phi \partial_t \phi - \alpha^2 \frac{6}{L^2} + \frac{\alpha^2}{2} \partial_t^2 \phi \partial_t \phi \right) \\
= -\frac{6}{L^2} + \frac{1}{2a^2} (X^2 + Y^2) \tag{4.5}
\]

Based on this energy density we will plot a slightly different quantity which focuses on the scalar energy

\[
\rho_{Norm}(r,t) = \frac{\frac{1}{2a^2} (X^2 + Y^2)}{\int_0^{r_{max}} \frac{dr}{2a^2} (X^2 + Y^2)}. \tag{4.6}
\]

The advantage of this quantity is that for each value of time we normalize the energy to its total value on that line. This is simply a choice of presentation, otherwise, it becomes hard to follow what regions are really dense at a given time.

The simulation presented in fig. (11) was conducted for \( A = 0.125, \sigma = 1.5, r_0 = 4 \) and with \( N = 51200 \) grid points. In fig. (11) the vertical axis represents time and the horizontal axis represents position \( r \). There are various properties to note about our measure of energy density for the scalar field. The energy density is proportional to the derivative of the scalar field and, from the initial condition, derivative in time and in the radial directions are correlated,
therefore, we see a dark blue spot at \( r = r_0 = 4 \) corresponding to a zero of the energy density at \( t = 0 \). One might expect a symmetry around that point, however the expression for energy contains an effective extra power of \( r^2 \) and therefore shifts the maximum value to \( r = 5 \). The black vertical line in figure (11) represents the spatial position where the apparent horizon eventually forms. The horizon only actually forms at a later time in the simulation but we draw this spatial black vertical line to highlight the position. To guide the reader we have also drawn two white dashed lines between which 90% of the Klein-Gordon energy density of the scalar field is contained.

What we see clearly is that, to a good approximation, the front part of the scalar wave crosses the apparent horizon and the second part moves effectively in a Schwarzschild-AdS-like background and experiences a marked stretching.

![Figure 11: Time evolution and radial distribution of the energy density stored in the scalar field with Gaussian profile as the apparent horizon forms.](image)

Let us also remark in this section a fact that will be important in the field theory interpretation of our results. The deep blue regions in figure (11) are regions where the energy density of the scalar field is basically zero. The equations of motion, or more generally Birkhoff’s theorem, imply that the spacetimes in those regions can only be \( AdS_5 \) or the Schwarzschild black hole in \( AdS_5 \). Therefore a boundary configuration that explores only the asymptotic region will only detect \( AdS_5 \) or the Schwarzschild black hole in \( AdS_5 \).

For completeness, in fig. (12), we also present the energy density graph for a situation where the scalar field bounces once and then collapses. The parameters of the simulation are exactly those presented in the previous section. Namely, \( A = 0.00084, \sigma = 1.5, r_0 = 4 \) with a resolution of \( N = 12800 \) points. It is worth noticing that we have performed the same calculation with other resolutions and the results are indistinguishable from those presented here.
4.2 Comparison with previous results in the literature

The question of gravitational collapse in asymptotically AdS spaces has attracted a lot of attention largely due to its application in the AdS/CFT correspondence. Some of the first works, for example [39, 40, 41] discussed the setup and its implication in the context of the gauge/gravity correspondence. An interesting model for collapsing matter shells in analogy with the Oppenheimer-Snyder solution was discussed in [42]. Other versions of the Oppenheimer-Snyder model in asymptotically AdS spaces were also considered in [43, 44]. In the numerical relativity community, similar problems have received a lot of attention. For example, collapse in asymptotically $AdS_3$ has been addressed with beautiful results in [45, 46, 47, 48]. Similarly, some work in $AdS_4$ was presented in, for example, [49]. More general dimensions have been briefly considered in [50]. Aspects of potential cosmic censorship violations in asymptotically $AdS_4$ collapse have also been addressed by Garfinkle [34, 35]. Recently, a discussion of black holes in a box, which is an important step in the full construction due to the fact that $AdS$ is not globally hyperbolic, was presented in [51, 52]. More recently the question of turbulent instability in asymptotically AdS spaces has been studied in the spherically symmetric [36, 37] and nonspherically symmetric [38] setups; the complete set of implications for the AdS/CFT remains a truly interesting problem. There are other approaches that have been pursued with similar field theoretic intent. For example, a different way of setting up the problem is due to Chesler and Yaffe [53, 54] who considered a time dependent boundary metric $g^B_{\mu\nu}$ which creates gravitational radiation that propagates from the boundary to the bulk. This gravitational radiation leads to the formation of a horizon. The anisotropic nature of the problem is particularly relevant for
applications to collision situations but also for the quantum quench setup discussed recently directly in field theory [21], [22], [55], [56], [23], [24]. Another example of a different approach has been presented in a beautiful recent paper [57] where the authors studied the approach to the transition to the hydrodynamic regime using newly developed techniques for higher order hydrodynamics in the context of the boost-invariant plasma originally proposed in [58]. Namely, the authors of [57] studied the far from equilibrium dynamics of a system with boost-invariant symmetry, arguably the dual of Bjorken flow [59] in field theory; they showed that using higher order hydrodynamics the approach to the linear hydrodynamic regime occurs in time scales inversely proportional to the equilibrium temperature.

**The thin Vaidya shell approximation** – Of the many setups discussed in the literature, the one that can be most directly compared to our work here is the one presented in [28]. This work provided, to our knowledge, the first systematic analysis of the thin shell Vaidya collapse as the dual of rapid thermalization in field theory.

Let us briefly discuss the setup in [28] which considered an action of the form (2.1). Their metric is spherically symmetric and is given in Vaidya type coordinates

\[ ds^2 = 2dvdr - g(r, v)dv^2 + f^2(r, v)d\Omega^2 \]

where \( d\Omega^2 \) is the line element of the unit \( S^3 \). The crucial physical information is stored in the scalar field profile which is \( \phi_0(v) < \epsilon \) for \( 0 < v < T \) and otherwise vanishes. In [28], a perturbation theory in \( \epsilon \) was developed. The situation we treat is not precisely the same as that of [28]: our initial data is different, and the fact that we use different coordinate systems makes direct comparisons somewhat involved. Nonetheless, there are many similarities. Our Gaussian profile falls off so fast that it might as well be of compact support, and our choice of ingoing waves means that at large \( r \) the profile is essentially a function of an ingoing null coordinate \( v \). We can also choose our parameters \( A \) and \( \sigma \) (corresponding respectively to the \( \epsilon \) and \( T \) of [28]) sufficiently small to be within the perturbative regime of [28] or sufficiently large that that perturbative regime is no longer valid. Furthermore, in both cases many of the main features of the collapse process seem to depend simply on the approximate propagation of the scalar field along null geodesics until the shell becomes sufficiently small that a trapped surface can form. The main advantage of our method is that we can state rather precisely such things as when a black hole forms and how large it is without having to be in the regime where the perturbation expansion of [28] is well approximated by its first couple of terms.

To make contact with the Vaidya form of the metric we consider, in the metric (2.4) the following coordinate transformation:

\[ t = \mu(r, v), \quad r = r. \]

The condition that the resulting metric has \( v = \text{const} \) as ingoing null geodesics leads to

\[ \frac{\partial \mu}{\partial r} = -\frac{a}{\alpha}. \]

We can adjust our metric explicitly to contain a null incoming coordinate:

\[ ds^2 = -\alpha^2 dv^2 + 2\alpha a dv dr + r^2 d\Omega^2, \]

15
where $\alpha_v = (\partial \mu / \partial v)$ $\alpha$ and $a_v = a(r, v)$. One can now specialize the general form above to the particular case of the Vaidya metric in global coordinates which is

$$ds^2 = -(1 + \frac{r^2}{L^2} - \frac{M(v)}{r^2})dv^2 + 2drdv + r^2d\Omega^2_3.$$  \hspace{1cm} (4.11)

One important property of this metric which justifies is wide range of applications is that it solves Einstein’s equation with null dust. Dust is characterized only by its energy density which needs to be

$$T_{vv} = \frac{3}{2r^3} \frac{dM(v)}{dv}.$$  \hspace{1cm} (4.12)

In various recent works in the literature [25, 26, 29, 31] $M(v) \sim \tanh(v)$. It is possible to look at figure (11) and see how the collapse picture differs from the thin shell model described by the Vaidya metric. It is worth noticing that figure (11) is rather representative of the hundred or so values of the width $\sigma$ that we have considered in this paper; only the particular details change but the qualitative picture is fairly universal.

5 Comments on the dual field theory thermalization

5.1 Field theory setup

Our field theory setup is rather specific and we clarify it now. The overall field theoretic question one is interested in answering is: How does a field theory react to a rapid injection of energy? This is precisely what the RHIC and LHC (ALICE) experiment are all about for large values of the energy of the colliding particles – How does QCD matter behave under such collision? Now the collision is clearly anisotropic as one has two gold atoms colliding. Direct head-on collisions can potentially allow for semi isotropic treatments. A gravity approximation to the RHIC and ALICE experiment has been developed in the context of numerical relativity by Chesler and Yaffe in [53, 54, 60]. Several authors have considered simpler versions of this problem by utilizing colliding shock waves but we do not discuss those works here. A natural time scale in such collision process is the isotropization time which in the case of RHIC is

$$\tau_{iso} \leq 1 fm/c.$$  \hspace{1cm} [12]

It is worth pointing out that in the presence of an isotropization time scale we have to come to terms with the existence of another scale which is the time scale where the hydrodynamic regime becomes applicable. Recall that the thermalization time is, by definition, the time after which particles follow a Boltzmann distribution. The hydrodynamic time, that is the time when the field theory is well described by the hydrodynamic approximation, can be applicable either after the thermalization time or when the pressures in the rest frame become equal (isotropization). In the interesting paper of the Chesler-Yaffe series [60] evidence is found for the hydrodynamic regime to be applicable even when the difference between the pressures in the longitudinal and transversal direction is still large, that is, the hydrodynamic time scale is smaller than the isotropization time. Note that other approaches, for example [57], tend to identify the hydrodynamic and isotropization times.

\footnote{We thank D. Mateos for this important clarification.}
Our setup has one major difference. Namely, our injection of energy is spatially homogeneous, that is, it is the same in all points of the field theory space at a given time. We thus study a situation that is similar but not exactly equal to a quench. In this sense our setup is perhaps less directly applicable to RHIC-type experiments of collision but rather speaks directly about more universal properties of strongly coupled field theories at large $N$ which are dual to gravity theories. What we set out to study in this paper, using gravity methods, is the time in field theory between the injection of energy at $t = 0$ and the formation of the quark gluon plasma. We call this time the thermalization time. Of course, other interesting time scales might be present in a given experimental setup. One example is the above mentioned isotropization time, another natural time is the time at which the hydrodynamical approximation becomes a valid description of the quark gluon plasma. The thermalization time, as defined in our context, is expected to be of the same order but slightly smaller than these other two.

To conclude this part by emphasizing that there are various time scales in the problem some of which we list:

- Hydrodynamic time scale: scale after which the liquid is well described by hydrodynamics, small velocities, long wavelengths.
- Isotropization time: The time scale after which the pressure differences in various directions is small.
- Thermalization time: Time after which the particle distribution follows the Boltzmann distribution.

5.2 Field theory regimes

As we know, in field theory not every collision or injection of energy will lead to formation of a thermal state. Experiments that involve low energies, and low number of particles will be better described as scattering states. As the energy and number of particles involved increases we expect the final state to be better approximated by a thermal state. As demonstrated in the RHIC experiment, at strong coupling the energy needed to generate quark-gluon plasma is lower than the naively expected, however still finite.

Recent results due to Bizon and collaborators [36, 37] and also corroborated in [38] indicate that any perturbation in AdS ultimately leads to gravitational collapse. We would like to explain how these results are reconciled with the standard field theory expectations.

From the gravity point of view Bizon’s result translates into a formation of a thermal state for a collision of arbitrary small energies or for very small amount of energy. However, when translated into a field theory language we need to incorporate the large $N_c$ scaling. The energy scale for the collapsing shell involve Newton’s constant $\kappa^2$, when properly translated into field theory language we counter a $N_c^2$ scaling of all energies, equivalently an order of $N_c^2$ particles. In terms of the AdS/CFT duality the gravity approximation is valid only for infinite $N_c$, thus in term of field theory we always have enough particles to form a proper thermal state. If we were to discuss field theory collisions that are too small to generate quark-gluon plasma, we should introduce stringy objects and quantum excitations in the AdS side.
One can summarize the above discussion by identifying two regimes:

- Regime without backreaction: The field theory description of a collision with very low energy or a low energy quench should find its gravity description in the geodesic motion of objects in $AdS$.

- Regime with backreaction: The formation of a black hole with nonzero area in the gravity side is equivalent to the formation of a quark gluon plasma in the field theory. The fact that this always happens when considering a scalar field in Einstein gravity with a negative cosmological constant is a consequence of the large $N_c$ limit. We will show more rigorously in the next section that this scaling does indeed take place.

5.3 Hawking-Page transition and gravitational collapse: Canonical and microcanonical ensembles

There are many arguments leading to the fact that the gravity calculations presented here pertain to the microcanonical ensemble. This question has been revisited several times in the context of general relativity. First, conservation of energy tells us that we are in a system with a fixed amount of total energy. Further, since black holes in flat space have negative specific heat they can cool themselves by transferring energy to the surrounding and consequently be able to transfer more energy. We expect that small black holes in $AdS$ will behave similarly.

From the field theory point of view sometimes the canonical ensemble is relevant in which case it is worth revisiting the role of the Hawking-Page phase transition in the context of the AdS/CFT correspondence. The interpretation of the Hawking-Page transition in the context of the gauge gravity correspondence leads to the result that below a certain temperature, that is, below a certain radius of the black hole, the background that is relevant in the thermodynamic competition is no longer the Schwarzschild black hole but rather thermal $AdS$. This result means that for low temperatures the field theory goes into a confined phase rather than remaining in the quark gluon plasma. These suggests that the very low temperature black holes are not relevant from the field theory point of view as they correspond to an unstable phase.

The Hawking-Page transition occurs, using Witten’s notation [5], at $r_+ = L$. Namely

$$I = \frac{\text{vol}(S^{n-1})}{4G_N} \frac{L^2 r_+^{n-1} - r_+^{n+1}}{n r_+^2 + (n - 2)L^2}$$

(5.1)

For $r_+ < L$ the thermodynamical competition is won by thermal $AdS_{n+1}$; for $r_+ > L$ the dominant thermodynamical phase is the black hole. In the work [13] and the discussions of [36 37], black holes with $r_+ < L = 1$ should not be considered as part of the description of a dual field theory since in that range the field theory stable phase is best described by thermal $AdS$. A counting of the degrees of freedoms allows to identify this transition with the confinement/deconfinement transition given that the entropy of the black hole is of the order $N_c^2$ while the entropy of thermal $AdS$ is of the order $N_c^0$. 

18
5.4 Boundary stress energy tensor

Translating gravity quantities into field theory terms is, in general, a task that has to be dealt with on a case by case basis. In this section we will simply use the dictionary for the canonical case of the duality in the context of classical strings in $AdS_5 \times S^5$ dual to $\mathcal{N} = 4$ SYM:

$$\frac{1}{\kappa^2} = \frac{L^5}{64\pi^4 g_s^2 \alpha'^4}, \quad L^4 = 4\pi g_s \alpha'^2. \quad (5.2)$$

For many quantities, for example Kubo-type formulas, one can verify that the gravity quantities combine in a way that there is no dependence in $\alpha'$ leading to

$$\frac{L^3}{\kappa^2} = \frac{N_c^2}{4\pi^2}. \quad (5.3)$$

Our goal in this section is to extract the field theory stress energy tensor. The prescription for extracting the boundary stress energy tensor using bulk gravity data is well established in the context of the AdS/CFT correspondence [61] [62] and reads:

$$\langle T_{\mu\nu} \rangle = \frac{N_c^2}{4\pi^2} \lim_{r \to \infty} r^4 \delta g_{\mu\nu} \quad (5.4)$$

where $\mu, \nu$ run over the field theory directions and $\delta g_{\mu\nu}$ is defined as the difference of the resulting metric from the boundary metric corresponding to $AdS$. We are interested in the boundary or field theory energy which we relate to $T_{00}$ in the sense above. We are thus, interested in studying the asymptotic behavior of the function $\alpha(t, r)$ from which we read $\delta g_{00}$ above. The most efficient approach is to approximate, in the asymptotic region, the function $\alpha$ by its Schwarzschild-AdS expression. Using the equations of motion we could, equally effectively study how well approximated is the function $\alpha$ by its Schwarzschild-AdS expression which is what we actually do in the simulations.

Figure 13 shows how well the function $a(r, t)$ is approximated by the Schwarzschild-AdS expression at times close to the time of formation of an apparent horizon. To aid understanding the fit better we have plotted the difference between the function $a(r, t)$ and its Schwarzschild-AdS expression. It is remarkable that this particular values of the simulation parameters the difference is better than $10^{-8}$ as we approach the asymptotic regions.

Finally we consider the same plot for a hundred different values of the amplitude of the scalar field. The fitting is better than half a percent for the majority of the values tested. Except for the two anomalous points, larger amplitudes yield a better fitting to the Schwarzschild-AdS form of the metric. Notice that at small horizon radius we do expect a deviation between $r_{BH}$ and $r_{AH}$ as at the time of formation of the trapped surface, some portion of the scalar energy is still un-trapped.

5.5 RHIC and LHC isotropization times

In this section, despite all the disclaimers made previously, we take our results in the direction of application to actual experiments. Let us remark again that we understand that thermalization
Figure 13: The difference close to $t_{AH}$ of the metric function $a(r, t \approx t_{AH})$ directly from the simulation and a fit with the static Schwarzschild-AdS metric.

Figure 14: Relative error in determining the horizon radius from the simulation value of the apparent horizon and from the fit of the metric functions according to the static metric of Schwarzschild-AdS
time and $t_{AH}$ could be widely different. Our goal is not to make a concrete numerical prediction, rather, we aim at simply illustrating where our results might fit. One of the results of the gravity simulation is a description of the dependence of the time of formation of an apparent horizon as a function of the black hole mass. When translated into field theory terms we could argue that this graph approximates the dependence of the thermalization time (formation of the quark gluon plasma roughly) as a function of the energy. Below, in figure 15 we plot such graph.

![Graph](image)

**Figure 15:** The dependence of $t_{AH}$ on the mass of the formed black hole

The best fit to the curve in figure 15 could be understood as a curve describing $t_{\text{Thermalization}}(E)$. We shall loosely interpret $E$ as the energy injected into the field theory. We consider explicitly a fit for large masses which clearly follows from the geodesic approximation presented in fig. (15). Note that this expression is a deviation of the naive one that can be obtained in the null geodesic approximation for AdS. Namely, from equation (4.4) it follows, in the large mass limit there, that $t \approx E^{-0.25}$ where we relate $E$ to the radius of the black hole using the Schwarzschild solution. The precise numbers appearing in fig. (15) have the same interpretation discussed in section 4. Without providing further evidence we mention that we have also considered similar graphs for different widths of the scalar field and the results come out in the same range of the exponential. We do not claim that this is a universal behavior but within our modest context this exponent has come out about the same for different values of the widths. It will be interesting to explore this potential universality in the $t_{AH}$ versus $M_{BH}$ graph further.

Hoping that the analysis we performed is universal enough we dare to compare our results with experimental results. There is really no reason this might work as we are comparing times in very different experiments. As explained in the introduction the thermalization time we compute here and the isotropization time at RHIC and LHC correspond to different physical situations. However, there is the possibility that the time we compute here is of the same order
as the isotropization time as it describes a fairly universal property of the dual field theory, namely, its response to a sudden influx of energy. With that disclaimer, we could conclude that \( \frac{\tau_{LHC}}{\tau_{RHIC}} = \frac{f(E_{RHIC})}{f(E_{LHC})} \). We use [63] to estimate that the central Au-Au collisions occur at approximately \( \sqrt{s_{NN}} = 0.27 \text{TeV} \) while the data of the ALICE collaboration at CERN [64], [65] suggest that the central Pb-Pb collisions at \( \sqrt{s_{NN}} = 2.76 \text{TeV} \). Plugging in the numbers we get \( \tau_{LHC} \approx 0.5 \tau_{RHIC} \).

6 Conclusions

In this paper we have considered gravitational collapse of a scalar field coupled to Einstein gravity with a negative cosmological constant. We have focused on the dependence of the time of formation of an apparent horizon as a function of the parameters characterizing an initial Gaussian profile for the scalar field. We varied the width and amplitude of the initial Gaussian profile and studied how it affects the time of formation of an apparent horizon. We obtained results for masses ranging over two orders of magnitude. In a more detailed study we verify that the dependence on the width is milder than the dependence on the amplitude. Our simulations indicate a saturation of sorts, in the time of formation of an apparent horizon, as we increase the width of the Gaussian profile. In conjunction with [13] we continue to build on the foundation that will allow us to provide, in full detail, various other properties of the thermalization process by studying its gravitational dual. We have proposed that these studies might provide rough estimates for quantities that depend on the thermalization time. Even though the concept of thermalization itself depends on the precise set up, gravity studies should provide a rough estimate.

We conclude enumerating some of the directions that we believe would be interesting to pursue.

- We have verified that for some parameters in the simulations the scalar field does collapse after a few bounces as explained in [36] and [37]. The relevance of this result for the microcanonical ensemble in the field theory dual is hard to overstate and should be clarified.

- What is the role of the potential in the scalar field? It is our expectation that considering a potential term of the form \( m^2 \phi^2 \) could significantly impact our results as an underlying intuition throughout the paper has been the behavior of null geodesics.

- Spherically symmetric approximation is poor for describing collisions. Key properties, such as elliptic flow, are missing. Although the techniques involved in going beyond the spherically symmetric framework are substantial it is worth pursuing.

- Other interesting time-dependent phenomena have recently been tackled using gauge/gravity correspondence. In particular aging phenomena have been discussed in [66], [67], [68]. It would be nice to have a more precise gravity description along the lines obtained in the context of this time-dependent far-from-equilibrium phenomena, aging. Note that [68] obtained the field theory correlators using a gravity background and the corresponding
gauge/gravity prescription for correlators. One really intriguing question would be to understand precisely what initial quenches lead to black hole formation and which lead to an aging situation. A numerical realization along the lines presented in this paper of aging phenomena would be a great insight into the structure of aging phenomena.

• Finally and perhaps most interesting conceptually: Can we use our solutions to set up a laboratory to study the black hole information paradox? There is no doubt that the information paradox is resolved in the context of the gauge/gravity correspondence as we have a map between a gravity theory with black hole formation and evaporation and a unitary field theory. The answer to the information paradox has rather become a question of how it gets resolved in our models of gravitational collapse. A detailed study of black hole formation with the various stringy probes and correlation functions is a tantalizing route to understanding this question better and to an eventual explicit resolution of some of the most interesting black hole puzzles.

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A Equations of Motion

The Einstein tensor $G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R$ is

\[
G_{tt} = \frac{3\alpha^2}{r^2} a^3 \left[ -a(1-a^2) + r\partial_r a \right],
\]

\[
G_{tr} = \frac{3\partial_t a}{r a},
\]

\[
G_{rr} = \frac{3}{r^2} \alpha \left[ (1-a^2)\alpha + r\partial_r \alpha \right],
\]

\[
G_{\chi\chi} = \frac{1}{a^3} \alpha^3 \left[ -a^3\alpha^3 - r\alpha^2\partial_r a(2\alpha + \partial_r a) + a\alpha^2(\alpha + r(2\partial_r \alpha + r\partial^2_r \alpha)) + r^2 a^2(\partial_r a\partial_r \alpha - \alpha\partial^2_r \alpha) \right],
\]

\[
G_{\theta\theta} = \frac{3}{a^2} \sin^2 \chi, \quad G_{\varphi\varphi} = \frac{3}{a^2} \sin^2 \chi \sin^2 \theta.
\]

The stress energy tensor is written in a form that contains the contribution from the cosmological constant

\[
T_{\mu\nu} = \partial_\mu \phi \partial_\nu \phi + g_{\mu\nu} \left( \frac{6}{L^2} - \frac{1}{2}(\partial \phi)^2 - U(\phi) \right),
\]

\[
T_{tt} = -\frac{6\alpha^2}{L^2} + (\partial_t \phi)^2 + \frac{\alpha^2}{2}((\partial \phi)^2 + 2U(\phi)),
\]

\[
T_{tr} = \partial_t \phi \partial_r \phi,
\]

\[
T_{rr} = \frac{6 a^2}{L^2} + (\partial_r \phi)^2 - \frac{a^2}{2}((\partial \phi)^2 + 2U(\phi)),
\]

\[
T_{\chi\chi} = \frac{6 r^2}{L^2} - \frac{r^2}{2} ((\partial \phi)^2 + 2U(\phi)),
\]

(B.2)

B Geodesics in global $AdS_5$

In this appendix we recall a few known facts about $AdS$ in global coordinates. We discuss a massless scalar field that should move along a null geodesic. Recall that a null geodesic reaches spatial infinity in finite asymptotic time. Namely, considering the metric

\[
ds^2 = -\left(1 + \frac{r^2}{L^2}\right) dt^2 + \frac{dr^2}{1 + \frac{r^2}{L^2}} + r^2 d\Omega_3^2.
\]

(B.1)

For a radial null geodic we have

\[
\frac{dr}{d\lambda} = \pm E, \quad \frac{dt}{d\lambda} = \frac{E}{1 + \frac{r^2}{L^2}}.
\]

(B.2)
In particular such a null geodesic reaches \( r \to \infty \) starting at \( r = 0 \) in

\[
t = \int_0^\infty \frac{dr}{1 + \frac{r^2}{L^2}} = \frac{\pi}{2} L.
\]  

(B.3)

In our analysis of gravitational collapse we will naturally observe that for solutions where the amplitude of the scalar field is not sufficient to form a black hole the wave will roughly oscillate many times which is a combination of reaching asymptotic infinity in finite coordinate time and the fact that we impose Dirichlet boundary conditions at infinity since AdS is not globally hyperbolic.

The situation for massive geodesics is similar. Starting from the metric (B.1), the relevant equations of motion are

\[
\frac{dt}{d\tau} = \frac{E}{1 + \frac{r^2}{L^2}}, \quad \dot{r}^2 + \frac{r^2}{L^2} = E^2 - 1.
\]  

(B.4)

The solution of this massive geodesic is

\[
r(\lambda) = L\sqrt{E^2 - 1} \sin \left( \frac{1}{L} \lambda \right).
\]  

(B.5)

Interestingly, the time that it takes this particle to reach its maximum radius \( r_{\text{max}} = L\sqrt{E^2 - 1} \) is precisely as in the case of the null particle

\[
t = \int_0^{r_{\text{max}}} dr \frac{E}{(1 + \frac{r^2}{L^2})\sqrt{E^2 - 1 - \frac{r^2}{L^2}}} = \frac{\pi}{2} L.
\]  

(B.6)

C Times: simulation, coordinate, physical and field theory times

In this appendix we clarify the different measures of time that we used throughout the paper. The coordinate time is simply \( t \). We make sure that at each step the simulation time step \( dt \) is at least smaller than the corresponding physical time step associate with an increment in the radial direction by \( dr \), that is, \( dt \leq (a/\alpha) \) \( dr \). In the bulk of the paper we use this coordinate or simulation time and call it \( t_{\text{Sim}} \).

The metric given in equation (2.4) has still a freedom that we would like to fix. Namely, the form of the metric is unchanged if we apply a transformation of the form \( t \to f(t), \alpha \to \alpha f'(t) \). We would like to use a gauge in which the time at infinity is normalized in the standard form. However, that was not the choice we took in the simulations, rather we used \( \alpha(r = 0, t) = 1 \). Because of this choice we use in some of the graphs what we call field theory time

\[
dt_{\text{FT}} = a(r = r_{\text{max}}, t_{\text{Sim}})\alpha(r = r_{\text{max}}, t_{\text{Sim}}) dt_{\text{Sim}}.
\]  

(C.1)

In the beginning of the simulation the difference between \( t_{\text{Sim}} \) and \( t_{\text{FT}} \) is essentially a constant that accounts for the right field theory normalization. However, near the time of formation of
the apparent horizon the situation is quite different as can be seen from the plots in figure (16). Note that that figure (16) provides a check of the stability of our definition as a function of the grid resolution. Namely, despite the violent dependence around the formation of the apparent horizon different resolutions behave remarkably close to each other are are essentially indistinguishable in the plots. Since the relation between the field theory time and the simulation time is via an integration, figure (16) shows that the accumulated error is negligible among the various grid resolutions that we used. However, near the time of formation of the apparent horizon $t_{FT}$ breaks down and should not be used to define field theory thermalization time.

To develop a better intuition of the implications of using field theory time, we consider the constraint plotted as a function of the field theory time. Notice that the constraints have a milder behavior near the time of horizon formation as can be seen in the figure (17). This figure should be compared directly with figure (2) of section 3.1. The key feature is the smoothing around the time of formation of the apparent horizon which indicates that the simulations are not really losing accuracy as one could infer from figure (2) of section 3.1.

Motivated by the remarks of section (4.2) we attempted a computation of the ingoing null geodesic time denoted by $v$. This coordinate is essentially what would be required to go to the Eddington-Finkelstein coordinates. This null time $v$ is a key ingredient in various AdS/CFT setups, certainly in computations of spectral functions it is this time that naturally fixes the boundary conditions near the horizon. It also figures prominently in the hydrodynamic context (see [6, 7, 8]). The setup used in the bulk of the paper does not lead to a well defined $v$. 

Figure 16: Plot of the field theory time $t_{FT}$ versus the coordinate or simulation time $t_{Sim}$. 

![Figure 16: Plot of the field theory time $t_{FT}$ versus the coordinate or simulation time $t_{Sim}$.](image-url)
Figure 17: The $L_2$ norm of the constraint for various values of the resolution as a function of the field theory time.

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