Dynamic modeling of the secondary drying stage of freeze drying reveals distinct desorption kinetics for bound water

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\section*{ABSTRACT}
In freeze drying, the desorption step for reaching a low target moisture content may take a significant fraction of the total process duration. Because the long-term stability of freeze-dried biological products strongly depends on the current moisture content, modeling the desorption process may help safely optimize the secondary drying step. Most published models assume a first-order desorption kinetic, but experimental evidence shows that strongly bound water in the monolayer takes a much longer time to be desorbed than less bound water in multilayer. The proposed model for desorption of freeze-dried lactic acid bacteria preparation accounts for monolayer and multilayer water state in the solid matrix, with very different desorption kinetics. Results showed that the ratio of characteristic desorption times (monolayer/multilayer) was almost 30. Temperature dependence was adequately described by an Arrhenius law in the range of 15 to 40°C. Model parameter identification used simultaneously gravimetric measurements with high time resolution and direct Karl-Fisher titration, from several experiments at different, time-varying temperatures.

\section*{KEYWORDS}
Desorption kinetics; lactic acid bacteria; lyophilization

\section*{Introduction}
Freeze drying (lyophilization) is widely used for stabilization of biological material and pharmaceuticals, such as proteins, vaccines, bacteria, mammalian cells, and high-quality food.\textsuperscript{[1,2]} It is known to preserve the quality of the dried product (biological, nutritional, and organoleptic properties) by freezing the material and promoting the transition of the solvent, usually water, from a solid to the gas phase by sublimation. An interconnected porous structure is created that can be easily rehydrated. Freeze drying is a time- and energy-consuming process, currently limited to high-added-value products. A lot of research was devoted to its optimization, often based on mathematical modeling.\textsuperscript{[3–8]}

Freeze drying consists of three main steps: freezing, ice removal by sublimation (primary drying), and unfrozen water removal by desorption from the solid matrix (secondary drying). Thought the most attention was devoted to optimization of the first two steps,\textsuperscript{[7,9–13]} secondary drying may occupy a significant fraction of the process duration, especially if a low moisture content is desired for the final product. The moisture content achieved at the end of secondary drying is a critical parameter because it governs the long-term stability of the product and its shelf life. For pharmaceutical products, target moisture contents as low as 0.01 or 0.02 kg water/kg solids or lower are common,\textsuperscript{[1]} even if it has been shown that overdrying may be detrimental to product quality in some cases.\textsuperscript{[14–16]} These values may be lower than the monolayer moisture content, requiring the desorption of highly bound water molecules, which is potentially slow.\textsuperscript{[19]}

It is usually considered that water is present in solid matrices in three different forms, corresponding to three more or less arbitrarily defined regions of the sorption isotherm.\textsuperscript{[20]} In the first region, roughly corresponding to water activity values less than 0.2, water molecules form a monolayer, are tightly bound to the solid matrix through hydrogen bonding, and are unavailable for reaction. In the second region, for water activities between 0.2 and 0.5, water is loosely bound, forming a multilayer. In this case, water molecules can no longer form hydrogen bonds with the glassy solid and water–water interactions become predominant, thereby favoring the formation of microscopic regions of condensed water, such that chemical species can dissolve, diffuse, and react. The third region corresponds to water activities higher than 0.5 or 0.6; water is relatively free, exists in capillaries, and obeys Raoults’s law. In the secondary drying step of the freeze-drying process, residual...
water mainly corresponds to the first two regions of the sorption isotherm because free water crystallized out in the freezing step and was already eliminated in the primary drying step by sublimation.

Another important parameter governing long-term stability of biological products is the maintenance of the solid glassy state. The physicochemical properties of the glassy state (i.e., molecular mobility, stickiness, viscosity changes, structural collapse, crystallization, etc.) are functions of hydration. For a glassy formulation stored below its $T_g$, the reaction rate is lower at low water contents, because the diffusion and mobility of reactants are limited. As the water content increases, to a level sufficient to depress the formulation’s $T_g$ to a temperature below the storage temperature (i.e., the system becomes rubbery), diffusion-limited reactions are accelerated by the increased molecular mobility of reactants and product stability is decreased.

In the context of product stabilization by freeze drying, several studies have been devoted to the investigation of rate-limiting mechanisms of water desorption. Pikal et al.\textsuperscript{[21]} considered several assumptions concerning the mechanisms of moisture desorption in freeze drying for both amorphous and crystalline solutions, with different specific solid–gas contact areas. Desorption kinetics determined with a microbalance in various shelf temperature and chamber pressure operating conditions suggested that the rate-limiting step was either evaporation at the solid–gas interface or diffusion in the solid. Liapis and Bruttini\textsuperscript{[22]} also investigated several water removal mechanisms in secondary drying: (1) simultaneous adsorption and desorption at the interface between the solid (surface of pores) and gas, (2) convective transport in pores, (3) gas diffusion in pores, (4) diffusion of water in the solid particles, and (5) diffusion of water on the surface of the solid. They concluded that the first three mechanisms were rate-limiting in the considered amorphous systems. Sadikoglu and Liapis\textsuperscript{[23]} investigated the possibility of desorption model discrimination based on comparison of model predictions with experimental data and highlighted the fact that different rate-limiting mechanisms such as solid film mass transfer and surface desorption can lead to equally good agreement with measured residual moisture kinetics.

A pioneering work involving dynamic modeling of the secondary freeze-drying stage for process optimization is due to Millman et al.\textsuperscript{[24]} Their model assumed a one-dimensional top-down movement of the sublimation interface and temperature and moisture distribution in the porous layer. Moisture content profiles in the porous product layer at the end of the primary and secondary drying stages were calculated under various assumptions of heat transfer modes at the top and bottom of the product. Operating condition optimization (chamber pressure and shelf temperature) was performed based on a target final moisture content of the product and on maximum allowed product temperature constraints. The shortest achievable process time appeared to depend significantly on the selected termination criterion, involving either the average or the maximum moisture content in the dry layer and thus highlighting the need for a comprehensive modeling of the secondary drying. Based on a previously developed model, Sadikoglu et al.\textsuperscript{[3]} investigated dynamic optimization of the freeze-drying process, including the secondary drying stage. They minimized the process duration by allowing time-varying shelf temperature and chamber pressure profiles that satisfy maximum allowable product temperature constraints in critical locations and a final product moisture requirement. Results demonstrated significant process duration and final moisture gradient reduction allowed by dynamic optimization. Liapis and Bruttini\textsuperscript{[25]} extended previous models to freeze drying in vials by considering a two-dimensional (axial and radial) movement of the sublimation interface and distribution of temperature and moisture in the porous product. Based on this model, Sadikoglu\textsuperscript{[26]} calculated optimal control policies for freeze drying in vials, with conclusions relatively similar to those derived using the one-dimensional model. Gan et al.\textsuperscript{[27]} used a two-dimensional heat and mass transfer model to optimize freeze drying in vials taking into account the position of the vial on the shelf and the geometric arrangement of the vials. They confirmed that optimal time-varying operating policies that minimize process duration while satisfying product temperature and final moisture constraints also improve intra-vial and inter-vial homogeneity in terms of temperature and residual moisture. This study also provided indications on the number and locations of vials to be monitored in real time to ensure desired product stability and quality.

More recently, Velardi and Barresi\textsuperscript{[6]} addressed the development of simplified dynamic models of the freeze-drying process suitable for on-line monitoring, optimization, and control. In-line control of the process aiming at continuously maintaining the product temperature at its maximum allowable value achieved a significant reduction in process time compared to constant operating conditions.\textsuperscript{[28]} Pisano et al.\textsuperscript{[7]} compared two control strategies, based on feedback and a simplified dynamic model. They demonstrated the effectiveness of the proposed methods in a wide range of operating conditions, including abrupt changes, and their robustness to possibly incorrect values of model parameters, such as the heat transfer coefficient.
Fissore et al. [29] focused on the use of a dynamic desorption model as a software sensor to monitor secondary drying by coupling the model to a measurement of desorption rate. They were able to estimate in real time the residual amount of water at the end of the primary drying, the evolution of the product moisture during secondary drying, and the time remaining to reach the target moisture content. Pressure rise, a tool traditionally used in primary drying, was adapted to monitor the desorption process in secondary drying. [30] allowing the determination of the residual moisture content of the product and of the desorption kinetic parameter in real time. This study [30] also extended the concepts of quality design and design space to secondary drying. Accounting for the heterogeneity among the vials in a batch allows the calculation of optimal time evolution of the control variable for the critical (instead of the average) vials and thus improves overall product quality and safety.

In all of these investigations the dynamic model of the freeze-drying process, including the desorption model, plays a central role. The results of all model-based off-line and on-line optimizations, monitoring, and control procedures and ultimately the process operation costs and the final product quality critically depend on the accuracy of the model predictions. The aim of the present study is to develop a dynamic model able to accurately describe the desorption process at very low moisture contents encountered toward the end of secondary drying. It has been shown [21] that secondary drying proceeds along at least two different kinetics, associated with different states of water molecules and limiting mass transfer mechanisms. A fast desorption is observed in the first hours and a much slower one when the residual moisture content becomes low. Despite this early observation, most developed mathematical models of the secondary drying stage still assume a single desorption kinetic. [31–34] Failure to consider the increase in the desorption time when approaching monolayer could lead to the design of overly optimistic secondary drying protocols, especially if automatic model-based optimization is used. Indeed, underestimating the residual moisture content leads to an overestimation of the critical product temperature, which is usually close to the glass transition temperature of amorphous products and strongly depends on the current moisture content. Increasing product temperature above this critical value leads to cake shrinkage and collapse and ultimately to rejection of the batch. [35] As an additional limitation of many of the currently used freeze-drying models, it can be noted that, with few exceptions, [30] temperature dependence of the desorption kinetics is not taken into account. [5, 6, 23, 26, 31, 36] Temperature was recognized long ago to be a major factor in secondary drying, however, [21] and it is common freeze-drying practice to increase temperature to accelerate desorption.

The present study experimentally investigates this temperature dependence and provides a quantitative description. In order to develop a dynamic model useful for process optimization, the adopted approach was to measure water desorption in secondary drying with adequate experimental tools, allowing sufficient time resolution to put in evidence various drying kinetics. Significantly different desorption kinetics for water molecules with different degrees of association with the solid matrix were accounted for in the model, as well as temperature dependence of the desorption rate.

**Materials and methods**

**Preparation of the freeze-dried bacterial samples**

The lactic acid bacteria strain *Lactobacillus bulgaricus* ssp. *delbrueckii* CFL1 was obtained from the stock culture of the Laboratoire de Génie et Microbiologie des Procédés Alimentaires (INRA, Thiverval-Grignon, France). Concentrated suspensions of lactic acid bacteria were produced by fermentation in controlled conditions of pH (pH = 5.5) and temperature (42°C) as previously described. [18] After concentration, the bacterial cells were resuspended in a protective medium, with a weight ratio of 1:2 of cells : protective medium. The protective medium was composed of 200 g/L of sucrose and 0.15 M of NaCl. The protected bacterial suspension was aliquoted either into 50-mm-diameter stainless steel container (15 mL filled volume) for sorption isotherm and state diagram experiments or into 7 mL glass vials (5 mL filled volume) for the desorption kinetic experiments. The samples were frozen at −80°C in a cold air chamber and then transferred to a precooled shelf at −50°C in an SMH 90 freeze dryer (Usifroid, Maurepas, France). After a holding step of 1 h at −50°C, the chamber pressure was decreased to 20 Pa and the shelf temperature was increased to −20°C at 0.25°C/min to initiate the sublimation phase. After 40 h of sublimation, the shelf temperature was increased to 25°C at 0.25°C/min to initiate the desorption phase. After 10 h of desorption, the vacuum was broken by injection of air and the samples were packed under vacuum in aluminum bags and stored at −80°C until use.

**Sorption isotherm and state diagram**

The lyophilized samples of lactic acid bacteria were reduced in powder in a chamber of very low relative
humidity (less than 5%) and then put in the containers used for the measurement of water activity. The containers were placed in a hermetic glass box containing P₂O₅ or saturated salt solutions with water activities indicated in Table 1. After one week of equilibration at 25°C, the samples reached a constant weight and the target water activity. Water content was determined by the Karl Fisher titration method using a Metrohom KF 756 apparatus (Metrohm AG, Herisau, Switzerland), the water activity of the samples was measured at 25°C using an aw-meter lab Masteraw (Novasina, Precisa, Poissy, France), and the glass transition temperature was determined by differential scanning calorimetry (DSC; Perkin Elmer LLC, Norwalk, CT, USA) as previously described.⁻¹⁸

**Desorption experiments**

Desorption kinetics were followed using the weighing system (microbalance) CWS-40 of Martin-Christ (Osterode an Harz, Germany). The accuracy of the balance was ±0.005 g according to manufacturer data. The balance and its operation have been fully described before. At each run throughout the study, the microbalance was placed in the center of the middle shelf. The weighed vial was protected from radiation from the chamber walls and door by surrounding it with additional vials filled with freeze-dried product. A user-defined weighing interval of 5 min was used throughout this work. The lifting and weighing step took less than 10 s, after which the vial was lowered back on the shelf and released from the holding arm. The duration of interruption of heat transfer between the shelf and the vial caused by weighing was therefore less than 4% of the total duration of the experiment.

Samples of bacterial suspension freeze dried in 7-mL glass vials were equilibrated at a relative humidity of 33% at 25°C (using MgCl₂·6H₂O saturated solution). The vial was then introduced in the microbalance device placed on a preheated or precooled shelf of the SMH 90 freeze dryer (15, 25, or 35°C). The cold trap of the freeze dryer was precooled at −65°C. Once the vial was transferred to the microbalance, the chamber pressure was decreased to its minimal value and the data acquisition of the microbalance was started using Christ’s software. The experiments were stopped after 10 or 24 h of desorption at 15, 25, or 35°C. Temperature was given by the sensor built into the microbalance. It was not possible to place thermocouples inside the product because it was already solid (freeze dried and equilibrated at 33% relative humidity) at the beginning of desorption experiments and because mechanical forces induced by wires would have disturbed the weighing process. The water content and water activity were determined at the initial and final times of the experiments. The experiments were repeated in identical operating conditions but using an empty vial in order to compensate for the weight variation measurement with temperature.

**Dynamic desorption model**

**Sorption isotherm**

At the end of the primary drying step, ice was removed by sublimation but the product still contained unfrozen water bound to the solid matrix. Let X be the moisture content of the product in kilograms of water per kilogram of product (wet basis):

\[
X = \frac{m_w}{m_w + m_s}.
\]

The equilibrium moisture content at a given water activity \(a_w\) was expressed by the frequently used Guggenheim-Anderson-Boer (GAB) formula:

\[
X_{equ} = \frac{X_M K a_w}{(1 - K a_w)(1 + K a_w(C - 1))}.
\]

In this equation, \(X_M\) represents the monolayer moisture content and \(K\) and \(C\) are dimensionless shape coefficients.

**Desorption kinetics**

Early studies¹⁹,²⁰ showed that in biological products water may exist in several physical states such as monolayer, multilayer, cluster of water molecules, or liquid. Water in each state is more or less tightly bound to the solid matrix, and it was experimentally shown that moisture fractions in different physical states have different desorption kinetics.²¹ For generality, the model is given for any number \(n\) of such “compartments.” One, two, or three compartments were used when running

| Saturated solution | Water activity (Pa/Pa) |
|--------------------|------------------------|
| P₂O₅               | 0                      |
| LiBr               | 0.06                   |
| ZnBr               | 0.08                   |
| LiCl               | 0.11                   |
| CH₃COOK            | 0.22                   |
| MgCl₂·6H₂O         | 0.32                   |
| K₂CO₃              | 0.44                   |
| Mg(NO₃)₂·6H₂O      | 0.53                   |
| KI                 | 0.69                   |
| NaCl               | 0.75                   |
| KCl                | 0.84                   |
| K₂SO₄              | 0.97                   |
the model, as further described in the Results section. Denote \( m_{\text{w}} \) as the water mass in compartment \( i \):

\[
\sum_{i=1}^{n} m_{\text{w}_i} = m_{\text{w}}.
\]  

(3)

Partial moisture contents corresponding to each compartment were defined as

\[
X_i = \frac{m_{\text{w}_i}}{m_{\text{w}} + m_{\text{s}}}
\]  

(4)

with

\[
\sum_{i=1}^{n} X_i = X.
\]  

(5)

The desorption rate is usually assumed proportional either to the current moisture content \([25,34,36,38,39]\) or to the difference between the current and the equilibrium moisture content \([3,5,6,8,9,26,28,31]\). In principle, the former should be reserved to non-water-binding materials such as mannitol, which forms anhydrous crystals upon lyophilization and whose equilibrium moisture content is essentially zero,\(^{[15]}\) whereas the latter should be used for water-binding materials like most amorphous biological formulations. In practice, however, neglecting the equilibrium moisture content for water-binding materials (e.g., skim milk) can lead to satisfactory model predictions if the equilibrium moisture content is much lower than the lowest one achieved in the considered experiments.\(^{[2,23,30,40]}\) In this work, because a water-binding material was used, the expression including the equilibrium moisture content was considered for generality. For each compartment this gives

\[
\frac{dX_i}{dt} = \frac{1}{\tau_i} (X_{i,\text{equ}} - X_i),
\]  

(6)

with \( \tau_i \) being the characteristic desorption time for water in physical state \( i \).

In steady-state operating conditions—that is, constant temperature and vapor pressure—the equilibrium moisture content \( X_{i,\text{equ}} \) and the characteristic desorption times \( \tau_i \) are constant and the above equation has the solution:

\[
X_i(t) = X_{i,\text{equ}} + (X_{i,\text{ini}} - X_{i,\text{equ}}) e^{-\frac{t}{\tau_i}}.
\]  

(7)

In time-varying conditions, \( X_{i,\text{equ}} \) and \( \tau_i \) depend on time and the solution is slightly more complex:

\[
X_i(t) = e^{b(t)}X_{i,\text{ini}} + \int_{0}^{t} X_{i,\text{equ}}(\theta) e^{b(t)-b(\theta)} d\theta
\]  

(8)

with

\[
b(t) = \int_{0}^{t} \frac{-1}{\tau_i(\theta)} d\theta.
\]  

(9)

In practice, the initial and the equilibrium moisture contents are determined (measured or calculated using the sorption isotherm) for the product as a whole. To define the distribution of water among the compartments, it was assumed that, at equilibrium, the compartments containing most strongly bound water are filled before compartments corresponding to a less bound water state. Each compartment can contain a certain maximum amount of moisture \( (X_i^\text{max}) \). For example, in the two-compartment model considered below, the available amount of moisture will fill the monolayer (compartment 1) up to the maximum amount \( X_1^\text{max} = X_M \) given by the GAB sorption isotherm (Eq. (2)) and the remaining moisture will be in the multilayer (compartment 2).

Mathematically, these considerations were formalized as follows. The compartments were ordered by decreasing degree of water binding, which, in the context of this study, corresponds to decreasing characteristic desorption times:

\[
\tau_1 > \tau_2 > \ldots > \tau_n.
\]  

(10)

The assumption of successive compartment filling up to a maximum moisture content was expressed by the following equation applied to each compartment \( i \):

\[
X_i^{\text{equ}} = \max \left\{ 0, \min \left\{ X_i^{\text{max}}, X_i^{\text{equ}} - \sum_{k=1}^{i-1} X_k^{\text{max}} \right\} \right\}.
\]  

(11)

Here \( X_i^{\text{equ}} \) is the equilibrium moisture content of the whole product as given by the sorption isotherm and the sum represents the total moisture content that can be stored in the previous compartments \( (k < i) \). Formally, this sum is considered zero for the first compartment \( (i = 1) \).

As an example, consider the application of this rule to the two-compartment model \( (n = 2, i = 1 \text{ monolayer}, i = 2 \text{ multilayer}, X_1^{\text{max}} = X_M) \):

- if \( X_i^{\text{equ}} < X_M \), then \( X_1^{\text{equ}} = X_i^{\text{equ}} \) and \( X_2^{\text{equ}} = 0 \)
- if \( X_i^{\text{equ}} \geq X_M \), then \( X_1^{\text{equ}} = X_M \) and \( X_2^{\text{equ}} = X_i^{\text{equ}} - X_M \).

(12)

Thus, at equilibrium, if the total moisture content of the product is lower than \( X_M \), the whole amount of water will be contained in the monolayer. If it is higher, the monolayer will contain \( X_M \) and the remaining amount will be in the multilayer, as physically expected.

The application of the considered rule for a model with \( n \) compartments introduces \( n - 1 \) model parameters, namely, the maximum moisture contents \( X_1^{\text{max}} \ldots X_n^{\text{max}} \). The maximum moisture content of the
last (less bound water) compartment ($X_{im}^{\text{max}}$) need not be specified because this compartment will contain the remaining water not stored in the previous compartments. In the case of the two-compartment model considered below (monolayer and multilayer), there are actually no additional model parameters to be determined because the maximum moisture content of the monolayer ($X_1^{\text{max}} = X_M$) is already given by the GAB formula (Eq. (2)).

The initial moisture content in each compartment ($X_{im}^{\text{ini}}$) was calculated by Eq. (13) similar to Eq. (11), because, according to the experimental protocol, the product moisture was at equilibrium at the beginning of the experiments:

$$X_{im}^{\text{ini}} = \max \left\{ 0, \min \left\{ X_{im}^{\text{max}}, X_{im}^{\text{ini}} - \sum_{k=1}^{i-1} X_{ik}^{\text{max}} \right\} \right\}.$$  

(13)

Of course, the simplifying modeling assumption leading to Eqs. (11) and (13) is only a schematic view of physical reality. It is expected to be reasonable, however, if the degrees of water binding are significantly different among the compartments, which can be assessed, for example, by large differences in characteristic desorption times ($\tau_i$). These considerations are quantitatively verified in the Results section.

Finally, in order to use gravimetric measurements for model fitting, the moisture content was used to express the mass measured by the balance, which includes the mass of solid matrix ($m_s$), water ($m_w$), and vial ($m_v$):

$$m = m_s + m_w + m_v = m_s \frac{1}{1 - X} + m_v.$$  

(14)

**Temperature dependence**

It is common practice in freeze drying to increase shelf temperature in the secondary drying stage in order to accelerate desorption. In the considered desorption model (Eq. (8)), temperature-dependent parameters are the equilibrium moisture content ($X_{\text{equi}}$) and the characteristic desorption times ($\tau_i$). In usual freeze-drying conditions the equilibrium moisture content is very close to zero and its variations have only a minor impact on the desorption kinetics; it was thus taken as constant. In this study, temperature dependence was assumed for the characteristic desorption times via an Arrhenius-like relationship $^{[25,30]}$:

$$\tau_i = \tau_i^{\text{ref}} e^{-\frac{E_a}{RT}} \left( \frac{1}{1 - \frac{1}{T^{\text{ref}}}} \right).$$  

(15)

This form is mathematically equivalent to the classical Arrhenius formula but has the advantage that the preexponential factor has a straightforward physical meaning: $\tau_i^{\text{ref}}$ represents the value of the characteristic desorption time at the arbitrarily fixed reference temperature $T^{\text{ref}}$. The activation energy ($E_a$) expresses the temperature sensitivity of the characteristic desorption time.

**Model parameter identification**

Desorption model parameters were determined in two steps. In the first step, the parameters of the GAB sorption isotherm ($X_M, C, K$) were determined by fitting Eq. (2) in a least-squares sense to experimentally measured data of moisture content ($X$) for various values of water activity ($a_w$).

In the second step, desorption kinetic parameters were determined by fitting simultaneously moisture content values given by Eqs. (8) and (5) and total mass measurements from six experiments performed at three different temperatures between 15 and 40°C and different initial moisture contents in the range 0.05 to 0.07 kg/kg. In the fitting process, some of the parameters were considered product dependent and thus taken as common to all six experiments: reference time constants ($\tau_j^{\text{ref}}$) and activation energies ($E_a$). The other parameters had to be taken as specific to each experimental run and thus separate values for each experiment were determined: initial mass of the solid product in a vial ($m_s$), mass of the vial ($m_v$), and initial moisture content ($X_{\text{ini}}$). Because all moisture content measurements are affected by statistically equivalent measurement errors, the initial moisture content of an experiment was not forced to the first measured value but considered as an unknown parameter to be determined in the model fitting process.

Because measurements of different physical nature (mass and moisture content) were used simultaneously in least-squares fitting, relative weights had to be affected to each type of measurement. Selection of weights accounts for several factors, such as numerical range of each type of measurement, relative accuracy, and relative frequency. In the considered case, numerical ranges of both variables were comparable (on the order of 0.05 g of mass variation and 0.05 kg/kg of moisture content variation) but mass measurements were more frequent and more accurate. After some tests, a twice higher weight given to moisture content than to mass measurements was found adequate to balance lower frequency combined with lower accuracy.

Numeric calculations were performed with MATLAB 8 software (The MathWorks Inc., Natick, MA, USA) equipped with the Statistics Toolbox.
Results and discussion

Equilibrium moisture content

The GAB sorption isotherm given by Eq. (2) was fitted to 29 experimental measurements of moisture content, in the range of 0.02 to 0.92 water activity. The resulting equilibrium moisture content is given in Fig. 1 as a function of the water activity, together with the experimental data used for parameter identification. The GAB model appears to fit experimental data satisfactorily (residual standard deviation less than 0.013 kg/kg), with the largest error (0.03 kg/kg) being around $a_w = 0.53$. Determined GAB model parameters and their standard errors are given in Table 2. The monolayer moisture content ($X_M$) and the parameter $K$ could be determined accurately with the available measurements, with a coefficient of variation less than 10%. A relatively large uncertainty remains about the value of the shape parameter $C$, as measured by its standard error, because Eq. (2) is less sensitive to the value of this parameter.

Desorption kinetics

Models with $n = 1, 2,$ and $3$ compartments (physical states of bound water) were tested to represent experimentally measured desorption kinetics. The single-compartment model clearly failed to describe the observed sample mass evolution (Fig. 2, dotted lines). The predicted mass decrease was too slow at the beginning of the experiments compared to the experimental one and too fast toward the end. The prediction of the final moisture content was also inadequate in many cases, as in Fig. 2B. These observations supported the assumption that in the considered samples, water was present in at least two states with different desorption kinetics.

Table 2. GAB model parameters (value ± standard error) for the equilibrium moisture content.

| Parameter | Value       |
|-----------|-------------|
| $X_M$ (kg/kg wb) | 0.0433 ± 0.0029 |
| $K$        | 0.983 ± 0.007 |
| $C$        | 7.78 ± 2.81  |

The two-compartment model was found to represent experimental data adequately. As an example, Fig. 2 shows model simulation results together with measured sample mass and moisture content values for two experiments, performed at extreme temperatures in the considered range. Two different drying kinetics, a fast initial one (roughly before 3 h) and a much slower subsequent one, are clearly visible from high-frequency mass measurements and are correctly reproduced by the considered model. The equilibrium moisture content of the samples, as given by the sorption isotherm, always remains far below the current values (Fig. 2, dash-dotted line), explaining why desorption models with zero equilibrium moisture content were successfully used in freeze drying even for water-binding materials.[25,34,36,38,39] It is also apparent from Fig. 2 that higher temperature accelerates...
Based on the experimental data, it was found that a common value of the activation energy for both compartments (Table 3) adequately described the temperature dependence of both desorption kinetics (Eq. (15)). Considering a common activation energy led to a simpler model and smaller uncertainty (standard error) in parameter values. The value of the activation energy for the desorption kinetic determined in our experiments (28.7 kJ/mol, Table 3) is product dependent and was found to be somewhat lower than values reported in the literature: 37.7 kJ/mol for sucrose,[30] 79.4 kJ/mol for moxalactam disodium,[21] and 9.6 kJ/mol for skim milk.[32,39,40] Some authors use quite different desorption time constants between primary and secondary drying, which may indirectly account for the temperature effect, since in secondary drying the product temperature is typically 30 to 60°C higher than in the primary drying. For instance, several studies[32,39,40] use a desorption kinetic constant of $6.48 \times 10^{-7}$ s$^{-1}$ (i.e., $\tau = 428.7$ h) for the primary drying and $7.8 \times 10^{-5}$ s$^{-1}$ (i.e., $\tau = 3.56$ h) for the secondary drying of skim milk. For the present study, temperature dependence of the characteristic desorption times of the two compartments is given in Fig. 3. The general shape of the two curves is the same because the same activation energy was considered. It appears from Fig. 3 that in the usual range of 10 to 40°C, the characteristic desorption times are almost constant, as expected. Sample temperature was not perfectly constant in these experiments, justifying the use of Eq. (8) instead of Eq. (7) for model simulation.

**Table 3. Dynamic desorption model parameters (value ± standard error).**

| Parameter | Value          |
|-----------|----------------|
| $\tau_1^{ref}$ (s) | 3.34 ± 0.76 |
| $\tau_2^{ref}$ (s) | 1.17 ± 0.25 |
| $E_{d1} - E_{d2}$ (kJ/mol) | 28.7 ± 0.405 |

*Figures:*  
(A) Characteristic desorption times as function of temperature, in the range of 10 to 40°C. (B) Slowly desorbing water in the monolayer and (B) quickly desorbing water in the multilayer.
temperature range encountered in freeze drying, desorption is more than three times faster at 40°C than at 10°C.

A model with three compartments (three distinct physical states of the water) was also tested but not retained for several reasons. Firstly, the model fit improvement was minor; the residual standard deviation decreased by less than 6% compared to the two-compartment model. Secondly, in the considered range of moisture contents (below 0.07 kg/kg) it is unlikely that bound water could be found in another state than monolayer or multilayer, such as condensed in pores or capillaries. Figure 1 suggests that less bound forms of water could exist only above 0.1 or 0.2 kg/kg for this product.[20,41] Finally, the determined characteristic desorption time constant of the third (fastest desorbing) compartment at the reference temperature ($\tau_{\text{ref}}$) was slightly more than 1 h, of the same order as $\tau_{\text{ref}}$ in Table 3. It is thus questionable whether this might indicate a distinct state of water in the solid matrix.

In summary, the two-compartment model appeared to present the best compromise between the fit to experimental data and physical significance.

**Conclusion**

A model for the equilibrium moisture content and desorption kinetics of freeze-dried lactic acid bacteria preparation was developed. Two distinct desorption kinetics were observed, which could be assimilated to water in monolayer (slow desorption) and multilayer (fast desorption). The temperature effect on the desorption kinetics was included in the model, showing a threefold decrease in the characteristic desorption time between 10 and 40°C. The developed model is intended to be used in the design and optimization of freeze-drying protocols, where the desorption time to reach moisture content close to or lower than monolayer can take a significant fraction of the total freeze-drying time. Accurate prediction of the final moisture content avoids underdrying as well as overdrying, which are both detrimental to product stability.

**Nomenclature**

- $a_w$ Water activity (Pa/Pa)
- $C$ Shape parameter of the GAB equation
- $E_{ai}$ Activation energy for the characteristic desorption time of compartment $i$ (kJ/mol)
- $K$ Shape parameter of the GAB equation
- $m$ Mass recorded by the balance (kg)
- $m_{si}$ Mass of solids in the sample (kg)
- $m_v$ Mass of the vial (kg)
- $m_w$ Total mass of water in the sample (kg)
- $m_{wi}$ Mass of water in state (compartment) $i$ (kg)
- $R$ Ideal gas constant (J/(mol K))
- $T$ Current temperature (K)
- $T_{\text{ref}}$ Reference temperature (K)
- $t$ Current time (s)
- $X$ Total moisture content of the sample (kg/kg wb)
- $X_i$ Moisture content corresponding to state (compartment) $i$ (kg/kg wb)
- $X_{\text{equ}_{i}}$ Equilibrium moisture content of the sample (kg/kg wb)
- $X_{\text{equ}_{i}}$ Equilibrium moisture content for state (compartment) $i$ (kg/kg wb)
- $X_{\text{ini}_{i}}$ Initial moisture content of the sample (kg/kg wb)
- $X_{\text{ini}_{i}}$ Initial moisture content in state (compartment) $i$ (kg/kg wb)
- $X_M$ Monolayer moisture content (kg/kg wb)

**Greek Letters**

- $\alpha_i$ Fraction of water in state (compartment) $i$
- $\tau_i$ Characteristic desorption time of water in state (compartment) $i$ (s)
- $\tau_{\text{ref}_i}$ Characteristic desorption time of water in state (compartment) $i$ at the reference temperature (s)

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