Seizures are a common neurological condition and can occur during the follow-up period after chronic disorders. All metabolic alterations that may develop during chronic diseases, as well as the medications used to treat these diseases (e.g., antibiotics, antivirals, antidepressants, and antipsychotics), can cause symptomatic seizures without causing
direct structural damage to the brain. However, seizures can also occur secondarily to structural damage to the central nervous system (CNS) due to systemic disease\textsuperscript{1,2}. For example, symptomatic seizures can manifest due to the effects of various acute medical or toxic conditions in the CNS, and the resulting organic brain damage and neurological dysfunction can cause recurrent seizures\textsuperscript{3,4}. The most common systemic diseases involved in the etiology of seizures include a wide range of cardiopulmonary diseases, such as long QT syndrome, bradycardia, rhythm disturbances (e.g., asystole), systemic hypertension (HT), pulmonary embolism, and pulmonary hypertension, and disturbances in cerebral perfusion have also been implicated in the pathophysiology of seizures\textsuperscript{5-8}. Similar to the presence of systemic comorbidities, the presence of seizures may considerably affect the course of a respiratory disease, treatment for this disease, and length of hospital stay. Thus, the aim of the present study was to determine the etiological factors and correlate them with specific outcomes in patients hospitalized in chest clinics who had seizures during hospitalization.

METHODS

All neurology consultations requested for patients with seizures who were being treated at an inpatient tertiary Chest Diseases and Thoracic Surgery Training and Research Hospital between January 2011 and January 2018 were retrospectively reviewed. The study protocol was approved by local clinical trials ethics committee (Approval number: 2018/1496). Patients diagnosed with seizures according to the International League Against Epilepsy (ILAE) guidelines were included in this study and categorized into two groups: patients with a previous diagnosis of primary epilepsy who received antiepileptic medications were included in Group I, and patients without a previous history of seizures who had an epileptic seizure for the first time during their hospital stay were considered to have symptomatic seizures and were included in Group II.

Age, gender, the presence of primary epilepsy, comorbidities, primary diagnosis on admission, consultation requests, the last neurological condition on discharge, and all laboratory tests performed during the hospitalization period were retrieved and evaluated. The presence of comorbidities accompanying primary lung disease requiring hospitalization such as diabetes mellitus, hypothyroidism, hypercholesterolemia, HT, cerebrovascular disease, chronic renal failure, extra-thoracic malignancy, and any other systemic chronic diseases was recorded. Only patients with complete consultation notes and laboratory data were included in the study. Additionally, the electroencephalographic (EEG) data of all patients obtained during their hospitalization were assessed. Discharges of patients were classified as cured or exitus.

The following laboratory data from the pre-ictal period of each patient were analyzed: levels of blood glucose (BG; 70-100 mg/dL), blood urea (15-45 mg/dL), creatinine (male: 0.8-1.2 mg/dL and female: 0.7-1.3), uric acid (3.5-7.2 mg/dL), sodium (Na\textsuperscript{+}; 135-148 mEq/L), white blood cells (WBC; 6-10 ×10\textsuperscript{3} mm\textsuperscript{3}), red blood cells (RBC; 10\textsuperscript{6}/uL), erythrocyte sedimentation rate (ESR; <30 mm/hour), C-reactive protein (CRP; <3 mg/L), pCO\textsubscript{2} (35-45 mmHg) pO\textsubscript{2} (80-100 mmHg), HCO\textsubscript{3} (22-26 mEq/l), and pH (7.35-7.45). A BG value >140 mg/dL was defined as hyperglycemia and a BG value < 70 mg/dL was defined as hypoglycemia\textsuperscript{9,10}. Blood urea (10-50 mg/dL), uric acid (2.5-7.2 mg/dL), and creatinine (0.30-1.2 mg/dL) levels were evaluated in conjunction with clinical data to diagnose uremia. A PaCO\textsubscript{2} level >45 mmHg was defined as hypercapnia, a PaO\textsubscript{2} level <70 mmHg was defined as hypoxemia, and an arterial pH <7.35 was defined as acidosis. Additionally, factors associated with seizures, including systemic infection, metabolic variables, and the presence of drug use, were determined in all patients. Metabolic variables were defined as being accompanied by any pathological conditions in terms of BG, electrolytes, urea, creatinine, uric acid, and blood gas based on laboratory data findings.

Statistical analysis

SPSS version 22.0 (released in 2013, SPSS Statistics for Windows, IBM Corp.; Armonk, NY) was used for all statistical analyses. The minimum, maximum, median, standard deviation, frequency, and percentage values of all data were calculated. Chi-square tests were used to analyze categorical variables, t-tests were used to compare mean values of parametric variables, and a point-biserial correlation analysis was performed to assess the correlation between mortality and changes in all laboratory data. P-values<0.05 were considered to indicate statistical significance.

RESULTS

The present study initially assessed the data of 2793 inpatients for whom neurology consultations were requested between January 2011 and January 2018. Of these patients, the specific reason for a neurology consultation in 807 patients was a preliminary diagnosis of seizures. Of these patients, 102 were diagnosed as not having epileptic seizures. Thus, the clinical findings of 705 patients who were definitively diagnosed with seizures were further analyzed for the present study.

The 705 patients had a mean age of 64.05±17.19 years (range: 20-97 years) and included 522 males (74.0%) (Table 1). The consultations were requested by eight different units including the chest clinic (n=393; 55.7%), thoracic surgery ward (n=55; 7.8%), respiratory intensive care unit (n=94; 13.3%), thoracic surgery intensive care unit (n=47; 6.7%), emergency department (n=34; 4.8%), tuberculosis unit (n=38;
5.4%), transplantation unit (n=30; 4.3%), and palliative care unit (n=14; 2.0%). The primary respiratory disease diagnoses of the patients included chronic obstructive pulmonary disease (COPD), lung cancer, pneumonia, and tuberculosis, and less commonly, hemoptysis, pleural effusion, asthma, pulmonary embolism, post-intubation tracheal stenosis, and pneumothorax. COPD and pneumonia were more common in Group 1, and lung cancer and hemoptysis were more common in Group 2 (Table 2).

For all patients, the most common factors that precipitated seizures were metabolic causes (n=491, 69.6%). Medications used for the treatment of primary respiratory disease were the etiological cause of seizures in 51 patients (7.2%) and included anti-tuberculosis drugs such as isoniazid and rifampicin (n=15), moxifloxacin (n=10), macrolides (n=7), meropenem (n=7), ciprofloxacin (n=3), ampicillin (n=3), and mycophenolate mofetil (n=2). In this group of patients in which medications were responsible for the seizures, the presence of more than one factor was associated with the seizures, including infections in 43 patients and metabolic causes in six patients. Only two patients who were followed-up after a lung transplantation developed posterior reversible encephalopathy syndrome (PRES) secondary to immunosuppressive therapy; no structural changes were observed on the control cranial imaging of these patients. Multiple factors were found to be involved in the etiology of seizures in 54.8% of patients.

Of the total patient group, 307 (43.5%) had a previous history of epilepsy (Group I) and 398 (56.5%) had symptomatic seizures (Group II). No differences were observed between these two groups in terms of age, gender, or the presence of comorbidities. However, metabolic causes, respiratory acidosis, and hypoxemia were significantly more common in Group II (Table 1); accordingly, the mean arterial pO₂ and pH values were significantly lower in Group II than Group I (Table 3). Infection was the second most common cause of seizures, but this variable did not differ significantly between the groups (n=346; 49.1%; p=0.085). The presence of an intracranial mass was the most common cause of seizures in patients with lung cancer (n=160; 46.2%), but the groups did

![Table 1. General characteristics and seizures etiology.](image)

|                                | Total | Group I | Group II | p-value* |
|--------------------------------|-------|---------|----------|----------|
| Total, n (%)                   | 705   | 307 (43.5) | 398 (56.5) |          |
| Age 64.05±17.19 (20-97)        | 64.04±17.43 | 64.07±17.02 | 0.985    |
| Gender, n (%)                  |       |         |          |          |
| Male 522 (74.0)                | 223 (72.6) | 299 (75.1) | 0.455    |
| Female 183 (26.0)              | 84 (27.4)  | 99 (24.9)   |
| Comorbidity†, n (%)            | 380 (53.9) | 157 (51.1) | 223 (56.0) | 0.197    |
| Etiology, n (%)                |       |         |          |          |
| Metabolic change               | 491 (69.6) | 201 (65.5) | 290 (72.9) | 0.034    |
| Hypercapnia                    | 323 (45.8) | 148 (48.2) | 175 (44.0) | 0.263    |
| Hypoxemia                      | 269 (38.2) | 104 (33.9) | 165 (41.5) | 0.040    |
| Respiratory acidosis           | 112 (15.9) | 39 (12.7)  | 73 (18.4)  | 0.041    |
| Hyper/hypoglycemia             | 56 (7.9)  | 22 (7.2)   | 34 (8.5)   | 0.503    |
| Hyper/hyponatremia             | 48 (6.8)  | 19 (6.2)   | 29 (7.3)   | 0.566    |
| Uremia                         | 68 (9.6)  | 26 (8.5)   | 42 (10.6)  | 0.353    |
| Metabolic acidosis             | 3 (0.4)   | -         | 3 (0.8)    |          |
| Infection                      | 346 (49.1) | 162 (52.8) | 184 (46.2) | 0.085    |
| Intracranial mass              | 185 (26.2) | 25 (8.1)   | 160 (40.2) | 0.001    |
| Medication‡                    | 51 (7.2)  | 23 (7.5)   | 28 (7.0)   | 0.816    |
| PRES                           | 2         | -         | 2         |          |
| Arrhythmia                     | 37 (5.2)  | 14 (4.6)   | 23 (5.8)   | 0.472    |
| Multiple Etiology *, n (%)     | 386 (56.5) | 158 (51.5) | 228 (57.3) | 0.124    |

†Diabetes mellitus, HT, hypothyroidism, hypercholesterolemia, cerebrovascular disease, chronic renal failure, extra-thoracic malignancy and other systemic chronic diseases; ‡Isoniazid, rifampicin, moxifloxacin, macrolide, meropenem, ciprofloxacin, ampicillin, or mycophenolate mofetil; #Coexistence of multiple factors that will be effective on seizure development; PRES: Posterior reversible encephalopathy. Data are expressed as mean±SD or median (range); *Student’s t-test or chi-square test.
not differ significantly in terms of the presence of multiple factors (p=0.124; Table 1).

From the subjects diagnosed with tuberculosis, COPD, or hemoptysis, eight (4.3%), fourteen (7.5%), and four (2.2%) of them had intracranial mass lesions, respectively. In addition, symptomatic seizures were observed in 157 (39.7%) patients with a diagnosis of lung cancer (Table 2). In these patients, the etiological cause of seizures was an intracranial mass in 136 (86.6%) patients and an infection in 71 (45.2%) patients, and multiple factors were involved in the seizures of 97

**Table 2.** Primary diagnosis during hospitalization in all patients.

| Diagnosis                               | Total n=705 | Group I n=307 | Group II n=398 | p-value* |
|-----------------------------------------|-------------|---------------|----------------|----------|
| COPD/Respiratory insufficiency, n (%)   | 185 (26.2)  | 123 (40.1)    | 62 (15.6)      | 0.001    |
| Lung cancer, n (%)                      | 179 (25.4)  | 22 (7.1)      | 157 (39.7)     | 0.001    |
| Pneumonia, n (%)                        | 89 (12.6)   | 75 (24.4)     | 14 (3.5)       | 0.001    |
| Tuberculosis, n (%)                      | 70 (9.9)    | 32 (10.4)     | 38 (9.5)       | 0.705    |
| Lung transplant, n (%)                  | 29 (4.1)    | -             | 29 (4.1)       | -        |
| Hemoptysis, n (%)                       | 24 (3.4)    | 5 (1.6)       | 19 (4.8)       | 0.001    |
| Pleural effusion, n (%)                 | 23 (3.3)    | 10 (3.3)      | 13 (3.3)       | 0.995    |
| Asthma, n (%)                           | 23 (3.3)    | 5 (1.6)       | 18 (4.5)       | 0.001    |
| Pulmonary embolism, n (%)               | 21 (3.0)    | 7 (2.3)       | 14 (3.5)       | 0.001    |
| Postentubation stenosis, n (%)          | 16 (2.3)    | 6 (2.0)       | 10 (2.5)       | 0.622    |
| Pneumothorax, n (%)                     | 13 (1.8)    | 2 (0.7)       | 11 (2.8)       | 0.001    |
| Other diseases of the lung, n (%) †     | 33 (4.7)    | 20 (6.5)      | 13 (3.3)       | 0.049    |
|                                        | 705         | 307 (43.5)    | 398 (56.5)     | 0.001    |

COPD: Chronic obstructive pulmonary disease; † Interstitial lung disease, Behçet diseases, Churg Strauss Granulomatosis, Sarcoidosis etc; *chi square test.

**Table 3.** Comparison of laboratory parameters between groups.

| Parameter                | Total (n=705) | Group I (n=307) | Group II (n=398) | p-value* |
|--------------------------|---------------|-----------------|------------------|----------|
| Blood Glucose (mg/dl)    | 94.6±41.2 (47-431) | 95.6±43.9 | 93.8±39.0 | 0.573    |
| Blood urea (mg/dl)       | 42.9±19.3 (11-187)    | 41.4±17.2     | 43.9±20.7 | 0.078    |
| Creatinine (mg/dl)       | 0.8±0.4 (0.14-3.7)     | 0.79±0.3      | 0.79±0.4 | 0.998    |
| Uric acid (mg/dl)        | 4.0±2.4 (0.3-21.9)     | 4.1±2.8       | 3.9±2.1  | 0.291    |
| Na⁺ (mEq/L)              | 140.2±6.9 (132-165)    | 140.2±7.2     | 140.3±6.6 | 0.895    |
| WBC (cells/mm³)          | 12.7±7.4 (3.4-36.0)    | 13.1±7.4      | 12.5±7.5 | 0.031    |
| RBC (cells/mm³)          | 4.7±0.7 (3.4-8.0)      | 4.6±0.7       | 4.7±0.6  | 0.398    |
| Sedimentation (mm/h)     | 42.3±31.9 (4-100)      | 43.5±31.9     | 41.4±31.8 | 0.384    |
| CRP (mg/dl)              | 21.9±27.4 (0.1-109)    | 22.4±26.8     | 21.4±27.7 | 0.627    |
| pCO₂ (mmHg)              | 49.9±16.5 (22-98.4)    | 50.3±15.6     | 49.7±17.2 | 0.618    |
| pO₂ (mmHg)               | 76.7±17.2 (32-99.5)    | 79.5±14.9     | 74.5±18.5 | 0.001    |
| HCO₃⁻ (mEq/Lt)           | 23.3±1.2 (18.2-28.2)   | 23.2±1.2      | 23.3±1.2 | 0.263    |
| pH                       | 7.35±0.06 (7.11-7.46)  | 7.37±0.04     | 7.34±0.66 | 0.001    |

*Student’s t-test. Data are expressed as mean±SD or median (range).
(61.7%) patients. Of the patients who were admitted to the emergency department with first-time seizures and had an intracranial mass lesion, seven had primary lung cancer and two had pulmonary tuberculosis.

EEG was performed during the postictal period in 476 (67.5%) patients and revealed focal findings in 118 (16.7%) patients, generalized findings in 119 (16.9%) patients, and normal findings in 239 (33.9%) patients. Based on the clinical findings and EEG data, 184 (26.1%) patients had focal seizures and 521 (73.9%) patients had generalized seizures. A total of 147 (79.9%) patients with focal seizures were in Group II and 270 (51.8%) patients with generalized seizures were in Group I. Generalized seizures were more common in patients with seizures due to metabolic causes or infections (n=380; 77.4%; p=0.001 and n=281; 81.3%; p=0.001, respectively) and patients with multiple etiological factors (n=266; 68.9%; p=0.001). Focal seizures were more common in patients with an accompanying intracranial mass lesion (n=137; 74.1%; p=0.001).

Of all the patients that were followed-up due to seizures, the mortality rate was 5.6% (n=42). However, this rate did not differ significantly between the groups (Group I: n=14; 4.6% and Group II: n=28; 7.0%; p=0.169) and the mortality rate was significantly higher in patients with hypoxemia (n=26; 9.7%; p=0.001), hypercapnia (n=27; 8.4%; p=0.013), and respiratory acidosis (n=17; 14.8%; p=0.001) (Table 4). Additionally, the point-biserial correlation analysis revealed a correlation between mortality and the mean arterial PaCO{	extsubscript{2}}, PaO{	extsubscript{2}}, and pH values (Figure 1).

### Table 4. Factors affecting hospital mortality.

|                          | Dead n=42 (6.0%) | Alive n=663 (94.0%) | p-value* |
|--------------------------|------------------|---------------------|----------|
| Group, n (%)             |                  |                     |          |
| I 307 (43.5)            | 14 (4.6)         | 293 (95.4)          | 0.169    |
| II 398 (56.5)           | 28 (7.0)         | 370 (93.0)          |          |
| Presence of hypoxemia, n (%) | 269 (38.2)   | 26 (9.7)            | 243 (90.3) | 0.001 |
| Absent                  | 436 (61.8)       | 16 (3.7)            | 420 (96.3) |          |
| Presence of hypercapnia, n (%) | 323 (45.8)   | 27 (8.4)            | 296 (91.6) | 0.013 |
| Absent                  | 382 (54.2)       | 15 (3.9)            | 367 (96.1) |          |
| Presence of respiratory acidosis, n (%) | 112 (15.9) | 16 (14.3) | 96 (85.7) | 0.001 |
| Absent                  | 592 (84.1)       | 26 (4.4)            | 566 (95.6) |          |

*p chi square test.

**Figure 1.** Correlation analysis between hospital mortality and changes in blood gas concentration.
DISCUSSION

This study shows that symptomatic seizures constitute the majority of epileptic seizures and blood gas exchange abnormalities play a significant role on mortality in patients with respiratory disease and epileptic seizures. The predominant etiological cause of symptomatic seizures was the metabolic changes, the most influential cause of which was decrease in mean arterial PaO₂ and pH values. In both groups, we found more than one etiological factor for the development of seizure. The reported prevalence rate for symptomatic seizures ranges from 3.7-22.5% and these types of seizures are more common in adolescents and elderly males. In the present study, symptomatic seizures were more common in the assessed patients but Groups I and II did not differ significantly in terms of age and gender, which can be explained by the more frequent occurrence of respiratory diseases in elderly and male patients.

Acute symptomatic seizures can develop as the result of multiple conditions, including acute cerebrovascular diseases, traumatic brain damage, CNS infections, medication use, substance and alcohol use, metabolic and electrolyte disturbances, encephalopathy, and eclampsia. In the existing literature, most studies have focused on the association between respiratory diseases and seizures; no retrospective or prospective studies have assessed a large number of patients. Patients with pulmonary embolism who present with symptomatic seizures account for fewer than 1% of all patients with symptomatic seizures, and cases of pulmonary hypertension with symptomatic seizures are rare. Fred was the first author to describe a case of pulmonary embolism that presented with generalized tonic-clonic seizures following an abrupt-onset syncope. Marine implicated transient right ventricular failure in the psychopathology of epileptic seizures in patients with pulmonary embolism and suggested a role for transient global cerebral hypoperfusion caused by decreased cardiac output. Similarly, nocturnal seizures observed in patients with pulmonary hypertension can be explained by episodic decreases in cardiac output and cerebral perfusion.

In clinical practice, epileptic seizures associated with electrolyte and metabolic disturbances are commonly encountered in intensive care units and emergency clinics. For example, metabolic causes are responsible for 10% of adult patients who have seizures for the first time in the emergency room. Moreover, abnormalities in serum glucose, urea, creatinine, or electrolyte (Na⁺, Ca²⁺, etc.) levels, and less frequently, parameters of arterial blood gases, also contribute to the etiology of seizures. Metabolic disturbances, deficiencies in the substrates required for cellular metabolism or cell membrane functions, the intracellular accumulation of toxic substances, and particularly changes in plasma osmolality and electrolyte disturbances, increase neuronal excitability and subsequently increase the risk of developing seizures. According to our results, consultation request was less observed in intensive care units than in chest clinics. This may be related to the frequent use of antisedatives agents such as midazolam and propofol which have antiepileptic effects in intensive care units.

The present study found that metabolic causes ranked first among the potential etiological factors associated with seizures in patients with primary epilepsy and those with symptomatic seizures. In contrast, Groups I and II did not differ significantly in any of the biochemical or infection parameters. However, the mean arterial PaO₂ and pH values were significantly lower in Group II. Accordingly, the prominent presence of hypoxemia or respiratory acidosis in patients with symptomatic seizures who had a healthy neuronal network might be an important parameter for indicating the potential effects of changes in blood gas levels on the seizure threshold.

In the present study, generalized seizures were common in patients with a predominance of metabolic and infection parameters, whereas focal seizures were more common in patients with a comorbid intracranial mass. Metastatic brain tumors account for 10-30% of all intracranial tumors in adults, and the most common tumors that metastasize to the brain are lung carcinomas, which account for 20% of all cases. Seizures are observed in 10-50% of patients with metastatic brain tumors and tend to manifest as focal motor seizures. The localization of the mass lesion, its histological features, and other peritumoral factors are influential in the development of focal seizures. Consistent with the literature, the occurrence of focal seizures in the present patients was mostly associated with intracranial mass lesions and metastatic brain tumors, which were particularly common in patients with lung cancer.

Mortality rates and frequency of recurrent seizures differ between patients with symptomatic seizures and patients without a provoked seizure. For example, early diagnosis and appropriate management can prevent the development of morphological changes, so defining metabolic conditions is important for making a prognosis. Experimental studies have demonstrated that prolonged episodes of hypoxia caused by a notable decrease in pO₂ saturation may increase the rate and severity of hypoxic ischemic brain damage. Furthermore, studies have found associations between epileptic seizures and the severity of brain damage and acute mortality. Severe and prolonged postictal hypoxemia and hypercapnia in patients with partial onset seizures cause impairments in respiratory functions and increase the risk of sudden unexpected death in epilepsy (SUDEP). The present findings, indicating correlations between mortality and the presence of hypoxemia, hypercapnia, and respiratory acidosis, suggest that these parameters may affect the prognosis.
of patients with a respiratory disease who have epileptic seizures. Abnormalities in blood gases in patients with a respiratory disease may affect mortality because of possible yet unknown mechanisms in seizure pathophysiology, and new large-scale studies are needed to reveal these possible mechanisms.

The most important limitation of the present retrospective cross-sectional study was the unavailability of data regarding recurrent seizure episodes in patients with symptomatic seizures following the hospitalization period. Additionally, no follow-up data were available for patients placed on antiepileptic therapies, and data regarding the effects of seizures in

patients with respiratory diseases on their long-term prognoses were missing in both Group I and Group II.

In conclusion, the present study found that seizures were frequent in patients who were hospitalized due to a respiratory condition. Additionally, as evidenced by changes in blood gases, hypoxemia and respiratory acidosis were especially associated with the development of symptomatic seizures. In patients who were hospitalized for respiratory system diseases and experienced seizures, the presence of hypoxemia, hypercapnia, and respiratory acidosis were correlated with mortality. Therefore, it will be important to consider carefully these factors if they are observed during the peri-ictal period.

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