Distilling the Knowledge from Conditional Normalizing Flows

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Abstract
Normalizing flows are a powerful class of generative models demonstrating strong performance in several speech and vision problems. In contrast to other generative models, normalizing flows are latent variable models with tractable likelihoods and allow for stable training. However, they have to be carefully designed to represent invertible functions with efficient Jacobian determinant calculation. In practice, these requirements lead to overparameterized and sophisticated architectures that are inferior to alternative feed-forward models in terms of inference time and memory consumption. In this work, we investigate whether one can distill flow-based models into more efficient alternatives. We provide a positive answer to this question by proposing a simple distillation approach and demonstrating its effectiveness on state-of-the-art conditional flow-based models for image super-resolution and speech synthesis.

1. Introduction
Normalizing flows (NF) (Dinh et al., 2015; Rezende & Mohamed, 2015) are a class of generative models that construct complex probability distributions by applying a series of invertible transformations to a simple base density (typically multivariate Gaussian). Such a design allows for exact likelihood computation via change-of-variables formula. Therefore, NF can be straightforwardly trained via likelihood maximization. This NF property is appealing for practitioners since alternative GAN-based models require adversarial optimization, which suffers from vanishing gradients, mode collapse, oscillating or cyclic behavior (Goodfellow, 2016).

To enable exact likelihood computation, NF architectures must be composed of invertible modules that also support the efficient calculation of their Jacobian determinant. A large number of such modules have been recently developed, including autoregressive, bipartite, linear and residual transformations (Huang et al., 2018; Kingma et al., 2016; Papamakarios et al., 2017; van den Berg et al., 2018; Durkan et al., 2019; Dinh et al., 2017; 2015; Rezende & Mohamed, 2015; Kingma & Dhariwal, 2018; Chen et al., 2019). While some modules are significantly more efficient than others, normalizing flows are generally inferior to feed-forward counterparts (e.g., GANs) in terms of sampling time. In particular, autoregressive flows (Huang et al., 2018; Papamakarios et al., 2017) use a slow sequential generation procedure, while bipartite flows (Dinh et al., 2017; Kingma & Dhariwal, 2018) can require a lot of submodules with low expressive power. Moreover, invertibility limits the size of the inner representation leading to impractically deep models. The more comprehensive discussion of the background and related work is deferred to Appendix A.

However, in many applications, one does not need explicit density estimation but requires efficient inference at deployment. This raises a question whether one can relinquish the invertibility of normalizing flows to improve their runtime and memory consumption after training. In this work, we investigate whether this can be achieved through the knowledge distillation approach. In particular, we describe how to distill knowledge from pretrained flow-based models into efficient architectures, which do not suffer from NF design limitations. Our code and models are available online.

We summarize our contributions as follows:

• We propose a plain training strategy and student design that allow for knowledge distillation from conditional normalizing flows to feed-forward models with streamlined inference and lower memory consumption. To the best of our knowledge, this is the first work that proposes the NF distillation to feed-forward architectures.

• In our experiments, we empirically confirm the effectiveness of our method on the state-of-the-art flow-based models for super-resolution (SRFlow (Lugmayr et al., 2020a)) and speech synthesis (WaveGlow (Prenger et al., 2018)). We can achieve up to $\times 10$ speedups with no perceptible loss in quality.
2. Method

This section formally describes the details of our distillation approach. We also provide a general guide how one can design a student architecture for a given flow-based teacher. As illustrative examples, we use two state-of-the-art models from speech and vision domains.

2.1. Distillation procedure

A pretrained conditional flow-based model defines a deterministic bijective mapping from a noise sample $z \sim N(0, \sigma I)$ and contextual information $c$ to an output sample $x$. Our distillation approach approximates this mapping by a more efficient model in a supervised manner. The general scheme of our approach is presented in Figure 1.

2.2. Objective

The proposed distillation objective is a combination of reconstruction and feature losses:

$$L = L_{\text{rec}} + \alpha \cdot L_{\text{feature}}$$

where $\alpha$ is a hyperparameter to balance the loss terms.

For both applications, the reconstruction loss is an average $L_1$-norm between the student and teacher samples:

$$L_{\text{rec}} = \| T_\theta(z, c) - S_\psi(z, c) \|_1$$

where $T_\theta$ and $S_\psi$ correspond to the teacher and student models, respectively.

The feature loss for SR model distillation is a perceptual distance between generated images computed by LPIPS (Zhang et al., 2018b). A pretrained VGG16 model (Simonyan & Zisserman, 2015) is used for LPIPS calculation.

The feature loss for speech vocoder distillation is a multi-resolution STFT\(^2\) loss (van den Oord et al., 2018; Yamamoto et al., 2020; 2019), which is a sum of STFT losses with different parameters (i.e., FFT size, window size and frame shift). In more detail, a single STFT loss is the sum of the spectral convergence and log STFT magnitude terms (Yamamoto et al., 2020).

2.3. Student design

The proposed student design can be described by a general recipe: "just clone a teacher architecture and take advantage of not being a flow anymore". In other words, our student models inherit the reduced teacher architecture and get free of the following constrains:

**Invertibility.** In flow-based models, the size of the inner representations cannot exceed the dimensions of input data vectors. This restriction might lead to much deeper and hence inefficient models. Since the student no longer has to be reversible, one can vary representation dimensions arbitrarily. As a result, student architectures with much fewer blocks can achieve similar performance.

**Tractable Jacobian determinants.** Flow-based models usually have to exploit specific operations for easy-to-compute Jacobian determinants. Therefore, the student models might benefit from replacing these operations with more efficient and expressive ones.

Below, we describe the particular design options on the example of flow-based models with Glow-like steps of flow (Dinh et al., 2017; Kingma & Dhariwal, 2018), which are fundamental building blocks in the SRFlow and WaveGlow models.

a) The initial flow-based model, e.g., SRFlow or WaveGlow with fewer parameters.

b) One can consider adjusting the inner representation dimensions using non-invertible Conv$1 \times 1$ layers to increase the overall expressive power.

c) Moving on, one can substitute the entire flow step with a commonly used feed-forward module for the corresponding task. Note that feed-forward modules can also vary inner representation dimensions arbitrarily.
Invertible 1x1 conv
Affine coupling layer
m blocks
n channels
Conv1d
k x n channels
Feed-forward block
m blocks

Figure 2. Student design options on the example of NF models with Glow-like flow steps. a) Original flow-based model; b) the same but with increased inner representation dimensions; c) the flow steps are substituted by feed-forward modules.

In our SRFlow and WaveGlow students, we tune the inner representation size and replace the flow steps with stacked RRDBs (Wang et al., 2018) and WaveNet blocks (Oord et al., 2016), respectively. The detailed descriptions of the student architectures are provided in Appendix B. The student design ablation on the example of WaveGlow is presented in Appendix F.

3. Experiments

In this section, we compare the learned student against the corresponding teachers and other relevant baselines from the literature.

3.1. Super-resolution

For super-resolution, we compare the student to the following set of models:

- **ESRGAN** (Wang et al., 2018), **RankSRGAN** (Mittal et al., 2013) — the recent GAN-based super-resolution models. ESRGAN is trained by a combination of reconstruction, perceptual and adversarial losses. RankSRGAN uses the additional ranker network to optimize non-differentiable perceptual metrics.

- **RRDB** (Wang et al., 2018) — the same as ESRGAN but trained only with $L_1$ objective.

- **SRFlow** (Lugmayr et al., 2020a) — a flow-based teacher model. The model is optimized for efficient inference by precomputing inversions for $1 \times 1$ invertible convolutions and fusing actnorm layers.

- **SRFlow Student** — a proposed student model designed according to Section 2.3.

Datasets. The evaluation is performed on the DIV2K dataset (Agustsson & Timofte, 2017) — one of the established benchmarks for single image super-resolution. In addition to the DIV2K train set, the Flickr2K dataset (Lim et al., 2017) is also used for training. We consider $\times 4$ and $\times 8$ scaling factors between LR and HR images.

Evaluation metrics. As the primary measure of perceptual performance, we report the established LPIPS (Zhang et al., 2018b), which is proven to correlate with human estimation (Lugmayr et al., 2020b). We also report the standard fidelity-oriented metrics, Peak Signal to Noise Ratio (PSNR) and structural similarity index (SSIM) (Wang et al., 2004). In addition, we evaluate consistency with the LR image by reporting the LR-PSNR, computed as PSNR between the downsampled SR image and the original LR image.

To evaluate diversity, we follow (Mao et al., 2019) and measure the average pairwise LPIPS distances between the generated samples for a particular LR image. Larger pairwise distances indicate higher diversity.

Evaluation results. We report metrics as well as corresponding inference time and a number of parameters in Table 1. For most baseline models, we reproduce the results on publicly released checkpoints. Runtimes are measured on a single Tesla V100 on a single validation sample in half precision. The SRFlow student achieves the same metric values as the teacher being by $\times 2.1$ and $\times 4.9$ faster for $\times 4$ and $\times 8$ scaling factors, respectively.

Also, we provide qualitative results for $\times 4$ and $\times 8$ scaling factors in the appendix, see Figure 4 and Figure 5, respectively. The inference for the teacher and student models is performed for the same input noise vectors $z$. We observe that the student produces samples with quality similar to the teacher.

Note that the student preserves the teacher diversity, which indicates that our distillation procedure is potentially able to produce student models with exploitable latent space (Lugmayr et al., 2020a).
3.2. Speech Synthesis

Here, we consider the following set of models for speech synthesis evaluation:

- **WaveGlow** (Prenger et al., 2018) — a flow-based teacher model. For efficient inference, we remove weight norms (Salimans & Kingma, 2016) and precompute inversions for convolutional layers.

- **NanoFlow** (Lee et al., 2020) — a recent flow-based vocoder, which produces samples with comparable quality to WaveGlow, but has about \( \times 30 \) fewer parameters.

- **MelGAN** (Kumar et al., 2019), **Parallel WaveGAN** (Yamamoto et al., 2020), **HiFi-GAN** (Kong et al., 2020) — recent GAN-based vocoders. While MelGAN and ParallelWaveGAN are inferior to WaveGlow, HiFi-GAN represents the current state-of-the-art.

- **WG Student** — a student model designed according to Section 2.3. For evaluation, we consider three configurations with \( 4/4/2 \) WaveNet blocks of 128/96/96 hidden channels and denote them as V1/V2/V3, respectively.

**Datasets.** All experiments are performed on the LJ speech dataset (Ito & Johnson, 2017), which is one of the most common benchmarks in speech synthesis. We use a sampling rate of 22,050\( \text{kHz} \) and produce mel-spectrograms of the original audio according to (Prenger et al., 2018). While Prenger et al. (2018) originally provide train/validation/test splits for the LJ speech dataset, other methods are not always consistent with them. Therefore, for a fair comparison of the pretrained models, we collect a novel evaluation set and provide its details in Appendix E.

**Evaluation results.** We compare vocoders in the setting where models are conditioned on ground-truth mel-spectrograms as in previous works (Prenger et al., 2018; Kim et al., 2019). For all baseline models, we use officially released pretrained models. As a primary metric for generated audio evaluation, we report Mean Opinion Score (MOS) with corresponding 95 confidence intervals (CI) in Table 2. In Appendix D, we describe the detailed protocol used for MOS evaluation. The inference speed is reported in MHz, which stands for \( 10^6 \) audio samples per second. The runtimes are measured on a single Tesla V100 in half precision with sufficiently large batch sizes and sequence lengths to suppress non-model related overheads.

V1 and V2 students demonstrate speech quality similar to the teacher and provide \( \times 7.4 \) and \( \times 9.7 \) faster speech generation, respectively. Moreover, these students have \( \times 9.2 \) and \( \times 13.8 \) fewer parameters compared to the teacher.

### Table 2. Evaluation results on the LJ Speech dataset. WG Student V1 and V2 demonstrate similar speech quality to the WaveGlow teacher being by \( \times 7.4 \) and \( \times 9.7 \) faster, respectively.

| Models  | MOS      | Param. (M) | Speed (MHz) |
|---------|----------|------------|-------------|
| Ground-truth | 4.50 ± 0.06 | —          | —           |
| NanoFlow  | 3.67 ± 0.09 | 2.82       | 0.369       |
| WaveGlow  | 3.92 ± 0.08 | 87.73      | 1.26        |
| WG Student V1 | 3.91 ± 0.08 | 9.53       | 9.36        |
| WG Student V2 | 3.89 ± 0.09 | 6.35       | 12.21       |
| WG Student V3 | 3.62 ± 0.09 | 3.18       | 23.62       |
| ParallelWaveGAN | 3.84 ± 0.09 | 1.44       | 2.76        |
| MelGAN    | 3.58 ± 0.08 | 4.27       | 28.40       |
| HiFi-GAN  | 4.10 ± 0.08 | 1.46       | 54.13       |
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Appendices

A. Background & Related work

This section briefly describes the basics of normalizing flows and their applications in the image super-resolution and speech synthesis tasks. Finally, we provide a short overview of knowledge distillation techniques.

A.1. Normalizing flows

Normalizing flows rely on change-of-variable formula to compute exact log likelihood as a sum of Jacobian log-determinants. In general, computing the Jacobian determinant of a transformation with $N$-dimensional inputs and outputs has $O(N^3)$ computational complexity, which is intractable for large $N$ in typical deep learning applications. Therefore, one of the challenges is to design invertible architectures with efficient determinant calculation.

Currently, there are two main families of flow-based models with easy-to-compute Jacobian determinants: based on autoregressive and bipartite transformations. The autoregressive family includes autoregressive flow (AF) (Papamakarios et al., 2017; Huang et al., 2018) and inverse autoregressive flow (IAF) (Kingma et al., 2016). AFs resemble autoregressive models (Urias et al., 2016), which allow for parallel density estimation but perform sequential synthesis. In contrast, IAF poses parallel synthesis but sequential density estimation, making likelihood-based training very slow. The second family includes bipartite transformations (Dinh et al., 2017; Kingma & Dhariwal, 2018), which provide both efficient likelihood-based training and parallel synthesis. However, bipartite flows are usually less expressive than the autoregressive ones and hence the models require a larger number of layers and parameters. Recent works develop more powerful and efficient normalizing flows. Ping et al. (2020); Lee et al. (2020) combine the ideas of autoregressive and bipartite transformations. Others propose more expressive invertible layers and architectures (Ho et al., 2019; Durkan et al., 2019; Karasi et al., 2019; Chen et al., 2019; Behrmann et al., 2019) or continuous transformations (Grathwohl et al., 2019; Chen et al., 2018).

At the moment, conditional NFs are gaining popularity in various practical speech and vision applications. In particular, several recent works (Prenger et al., 2018; Kim et al., 2019; Lugmayr et al., 2020a; Yang et al., 2019) exploit the ideas of Glow (Kingma & Dhariwal, 2018), RealNVP (Dinh et al., 2017) and continuous flows (Chen et al., 2018) for waveform synthesis, image super-resolution, and point cloud generation. In this work, we focus on the state-of-the-art flow-based models for image super-resolution (Lugmayr et al., 2020a) and speech synthesis (Prenger et al., 2018).

A.2. Super-resolution

Super-resolution (SR) is one of the fundamental image processing problems which aims to improve the quality of low-resolution (LR) images by upscaling them to high-resolution (HR) ones with natural high-frequency details.

Single image super-resolution approaches tend to either discover the most efficient neural network architectures (Zhang et al., 2018d; c; a) or improve high-frequency details generation by introducing more sophisticated objectives (Ledig et al., 2017; Wang et al., 2018; Mittal et al., 2013). In contrast to these approaches, the SRFlow model (Lugmayr et al., 2020a) designs a flow-based architecture that is trained by likelihood maximization. As a result, SRFlow estimates a conditional distribution of natural HR images corresponding to a given LR image.

SRFlow is built upon the Glow (Kingma & Dhariwal, 2018) architecture that gradually transforms a sample from initial distribution $z \sim \mathcal{N}(0, I)$ into the HR image. The model is conditioned on representations of LR images delivered by a deterministic encoder (Wang et al., 2018).

A.3. Speech Synthesis

The state-of-the-art performance for speech synthesis is also achieved by deep generative models. In typical speech synthesis pipelines, neural vocoders\(^3\) play one of the most important roles. Usually, a neural vocoder synthesizes time-domain waveform and is conditioned on mel-spectrograms from a text-to-spectrogram model (Arık et al., 2017; Ping et al., 2018; Ren et al., 2019; 2020; Shen et al., 2018).

Long-standing state-of-the-art neural vocoders are autoregressive models (Oord et al., 2016; Kalchbrenner et al., 2018; Mehr et al., 2016) that provide impressive speech quality but suffer from slow sequential generation. Therefore, a wide line of works aims to speedup their inference. Flow-based models have been successfully applied for parallel waveform synthesis with fidelity comparable to autoregressive models (van den Oord et al., 2018; Prenger et al., 2018; Ping et al., 2020; Lee et al., 2020; Kim et al., 2019; Ping et al., 2019; Serrà et al., 2019). Among flow-based vocoders, WaveGlow (Prenger et al., 2018), WaveFlow (Ping et al., 2020), NanoFlow (Lee et al., 2020) and FloWaveNet (Kim et al., 2019) have a particular emphasis on efficiency. In this work, we specifically consider the WaveGlow model (Prenger et al., 2018) — one of the current state-of-the-art flow-based vocoders.

Being efficient enough, GAN-based vocoders (Kumar et al., 2019; Yamamoto et al., 2020) used to provide inferior speech fidelity compared to the state-of-the-art flow-based vocoders.

\(^3\)Vocoder — speech waveform synthesizer
models. However, recently proposed HiFi-GAN (Kong et al., 2020) efficiently delivers high-quality speech due to the training procedure with multi-scale (Kumar et al., 2019) and multi-period discriminators (Kong et al., 2020).

An alternative line of works proposes vocoders based on the denoising diffusion framework (Kong et al., 2021; Chen et al., 2021). These models demonstrate promising speech quality but are not efficient enough for many usage cases.

A.4. Knowledge Distillation

Knowledge distillation is one of the most popular compression and acceleration techniques for large models and ensembles of neural networks (Hinton et al., 2015; Sau & Balasubramanian, 2016; Romero et al., 2015). Specifically, the idea of knowledge distillation is to train a single efficient student on predictions produced by a computationally expensive teacher.

The closest works to ours distill knowledge from an expensive autoregressive neural vocoder to normalizing flows with parallel inference. In particular, Parallel WaveNet (van den Oord et al., 2018) and ClariNet (Ping et al., 2019) transfer knowledge from a pretrained WaveNet (Oord et al., 2016) to IAF (Kingma et al., 2016). As opposed to these works, we address the computational inefficiency of flow-based models and propose to transfer knowledge from normalizing flows to feed-forward networks.

B. Student architectures

Below, we describe the architectures for WaveGlow and SRFlow students in more detail and depict them in Figure 3 (Left) and (Right), respectively.

B.1. SRFlow Student

**LR encoder.** Both teacher and student models condition on the LR representations produced by the LR encoder. The LR encoder is a feed-forward SR architecture based on 23 Residual-in-Residual Dense Blocks (RRDB) (Wang et al., 2018). Originally, RRDBs are composed of 3 Residual Dense Blocks (RDB) and each RDB consists of 5 convolutional layers. In our student models, we vary the numbers of RDB blocks as well as convolutional layers within them.

The LR encoder is unchanged for ×4 scaling factor. For ×8 scaling factor, the RRDB module is substituted by a single RDB with 3 convolutional layers.

**Base network.** The base architecture consists of \( L \) levels. At each level \( l \), the model combines the corresponding LR representation \( C_l \), the activations from the previous level \( h_l \) and the noise vector \( z_l \) by the Concat2d layer. Here, one can vary \( h \) channel dimensions, according to Section 2.3 b).

Then, instead of a sequence of flow steps in the teacher model, stacked RRDB modules follow. For ×4 scaling factor, we use 6 RRDB modules of 2 RDBs with 3 convolutional layers. For ×8, a single original RRDB is used.

Finally, similarly to the SRFlow teacher, the transition step and unsqueeze operation are applied. The transition step is Conv1×1 followed by the Actnorm2d layer (Kingma & Dhariwal, 2018). The unsqueeze operation doubles the spatial resolution of feature maps and reduces their channel dimension by a factor of 4.

Figure 3. **Left:** WaveGlow student is presented as a sequence of non-causal WaveNet blocks (Oord et al., 2016), which are conditioned on upsampled mel-spectrograms. **Right:** SRFlow student consists of \( L \) levels. At each level \( l \), feature maps from the previous level are first combined with corresponding LR encoding \( c_l \) and noise vector \( z_l \). Then, stacked RRDBs followed by an unsqueeze operation are applied.
B.2. WaveGlow Student

WaveGlow student represents a sequence of conditional non-causal WaveNet blocks (Oord et al., 2016). We start and finish with Conv1×1 layers to adjust the input channel dimension. Each WaveNet block is organized into 8 residual layers, each consisting of a dilated convolution followed by a gated activation unit (van den Oord et al., 2016) and 1×1 convolution. The upsampled mel-spectrograms are added to the intermediate activations before the gated activation unit. In contrast to the teacher, a student does not inject noise between intermediate WaveNet blocks but obtains the entire z at the very beginning.

C. Training details

SRFlow students. The models are trained on patches of size 128×128 by the Adam optimizer (Kingma & Ba, 2014) with learning rate of 2e−4 for 100 epochs. The learning rate is dropped by a factor of 2 at each 25-th epoch. The batch sizes of 80 and 128 are used for 4 and 8 scaling factors, respectively. The loss coefficient α is 10.

WaveGlow students. The models are optimized on short segments of length 16000 samples by the Adam optimizer (Kingma & Ba, 2014) with a learning rate of 1e−4 for 200000 iterations. For faster convergence, we use One Cycle learning rate schedule (Smith & Topin, 2018) with 5000 warm up steps. The batch size is 256. The loss coefficient α is 1e−2 for most student settings.

All hyperparameters are tuned on the hold-out train samples, which do not participate in the final evaluation. The training is performed on 8× Tesla V100.

D. Mean Opinion Score

We crowd-sourced MOS tests on 400 English-speaking individuals per model. Each rater had to pass training on 21 validation audio samples from various models with golden results and corresponding clarifications. Then, they listened to 10 audio samples from a single model and rated their naturalness on a five-point scale, see Table 3. Each rater was asked to wear headphones and work in a quiet environment. To aggregate MOS results for each model, we follow the protocol from (Kumar et al., 2019).

E. Evaluation set for Speech Synthesis

The collected set consists of 50 utterances trimmed from publicly available recordings by Linda Johnson from LibriVox. We carefully choose recordings to be similar to the original dataset and normalize audio samples accordingly. This test set will be publicly available online for reproducibility purposes.

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| Rating | Quality                          |
|--------|----------------------------------|
| 5      | Natural speech.                  |
|        | Distortions are imperceptible.    |
| 4      | Mostly natural speech.           |
|        | Distortions are slightly perceptible and rare. |
| 3      | Equally natural and unnatural speech. |
|        | Distortions are perceptible and almost permanent. |
| 2      | Mostly unnatural speech.         |
|        | Distortions are annoying, but not objectionable. |
| 1      | Completely unnatural speech.      |
|        | Distortions are very objectionable. |

Table 3. The rating scale presented to 400 individuals for MOS evaluation. This rating scale was adapted from (Ribeiro et al., 2011) to better fit modern speech synthesis applications.

| Models     | MOS     | Param. (M) | Speed (MHz) |
|------------|---------|------------|-------------|
| Flow Student | 3.42 ± 0.08 | 6.28       | 12.25       |
| Wide Flow Student | 3.93 ± 0.08 | 6.37       | 11.95       |
| WG Student  | 3.89 ± 0.09 | 6.35       | 12.21       |

Table 4. The comparison of the student design principles described in Section 2.3. Both options provide essentially the same performance. This indicates that relaxing the invertibility constraint is sufficient to achieve significant improvements.

F. Student design ablation

To identify the core change to the architecture that improves the student performance, we ablate the student design principles described in Section 2.3 on the speech synthesis task. In this experiment, we consider the student models with 4 WaveNet blocks of 96 channels and evaluate the following configurations in correspondence with Figure 2:

a) Flow Student — a student corresponds to the smaller WaveGlow model with all NF restrictions mentioned in Section 2.3.

b) Wide Flow Student — a flow student where the inner representation channel dimension is increased from 8 to 96. Note that this model is not invertible anymore.

c) WG Student — a student model where flow steps are replaced with WaveNet blocks.

According to Table 4, once the invertibility constraint is lifted, the corresponding student can achieve significantly better speech quality compared to the flow student of the same capacity.
Figure 4. Qualitative results of SRFlow teacher and student for $\times 4$ scaling factor. The student model produces SR samples similar to the teacher ones.
Figure 5. Qualitative results of SRFlow teacher and student on the DIV2K dataset for \( \times 8 \) scaling factor. On most samples, the student model demonstrates performance close to the teacher.