Companion-Integrated Childbirth Preparation study questionnaire

Participant Study Code…………………………..

Date……./……/……

Part 1:

Demographic Data

Please fill in the personal details and where necessary tick ☑ one answer for each question, unless otherwise specified.

1. Age: ________ (in years)

2. Marital status:
   - □ Married
   - □ Single
   - □ Separated
   - □ Divorced
   - □ Widowed

3. Tribe ___________________________________________

4. Education Level:
   - □ Did not attend school
   - □ Primary Level
   - □ Secondary level
   - □ Tertiary level

5. Your occupation _________________________________

6. Your partner’s occupation __________________________

7. Estimated monthly income in Malawi Kwacha (750 Malawi Kwacha≈$1 USD)
   - □ <10,000
   - □ 10,000-20,000
   - □ >20,000-30,000
Part 2: Childbirth Attitude Questionnaire (Adapted from Lowe, 1991). This tool is only available upon request from the developer.

Part 3: Childbirth Self-Efficacy Inventory (CBSEI) (Adapted from Lowe, 1991). This tool is only available upon request from the developer.

Part 4: Birth Companion Support Questionnaire (Adapted from Dunne, Fraser, & Gardner, 2014). This tool is only available upon request from the developer.

Part 5. Checklist for pregnancy outcomes
Participant Study Code………………………… Date…../……/……

Review medical records for labour and delivery between 24-48 hours after childbirth

| No | Item                                      | Observed (yes/no) or Values | Missing | Remarks |
|----|-------------------------------------------|-----------------------------|---------|---------|
| 1  | Gestational age                           |                             |         |         |
| 2  | Danger signs                              |                             |         |         |
| 3  | Problems experienced                      |                             |         |         |
| 4  | Duration of the first stage of labour     |                             |         |         |
| 5  | Duration of the second stage of labour    |                             |         |         |
| 6  | Duration of the third stage of labour     |                             |         |         |
| 7  | Perineal trauma sustained                 |                             |         |         |
|    | • Intact                                  |                             |         |         |
|    | • Laceration                              |                             |         |         |
|    | • Degree of tear                          |                             |         |         |
| 8  | Apgar score at 1 minute                   |                             |         |         |
|    | • Normal (7/10 to 10/10)                  |                             |         |         |
|    | • Moderate (4/10 to 6/10)                 |                             |         |         |
|    | • Severe (≤ 3/10)                         |                             |         |         |
| 9  | Apgar’s Score baby after birth            |                             |         |         |
| 10 | Client’s cooperation with care            |                             |         |         |
| 11 | Initiates breastfeeding within 30min after birth |                   |         |         |