Models of embryonic diapause in *Carnivora*

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Abstract

The phenomenon of obligate embryonic diapause, comprising developmental arrest at the blastocyst stage, has been recognized to occur in more than 60 species in three families in the Order Carnivora. The evolutionary advantage believed to be conferred by this trait is that it permits mating and parturition to occur at the most favorable times of year for reproductive success and offspring survival. The carnivore blastocyst in diapause consists of hundreds of cells, configured in the classic mammalian compartments of inner cell mass and trophoblast. It is encapsulated in a glycoprotein coat, derived, at least in part, from the zona pellucida of the parent oocyte. The temporal uncoupling of mating from parturition is regulated by changes in the annual photoperiod, mediated through the pineal gland, pars tuberalis a pars distalis of the pituitary and thyroid glands. In the best-studied species, the pituitary signal that awakes the embryo from arrest is prolactin, acting on the ovary and on the uterus. Ovarian signals, other than progesterone are not well understood, but it appears that there is an ovarian peptide essential for the reactivation of the embryo in mink. New studies have identified the uterine signals in the mink, and it has been shown that the synthesis and secretion of polyamines activates the mink embryo from diapause. While extensive progress has been made, it is not clear whether the regulatory mechanisms that have been identified in the better-known species are universal to carnivore diapause. As many of the carnivore species are endangered, further research on diapause is essential to their survival.

Introduction

Embryonic diapause is a mammalian reproductive strategy in which the fertilized egg develops to the blastocyst stage, then undergoes developmental arrest of variable, and usually species-dependent duration [1]. It may occur in every gestation, and thus is defined as obligate, or present only under certain conditions, such as lactational stress (facultative diapause) [1]. This strategy has evolved to appear in the reproductive history of more than 130 species of mammals across multiple taxa [2]. In carnivores, diapause has been documented in the following families: Ursidae, Mustelidae, Mephididae, Odobenidae, Otariidae and Phocidae [3]. The presumed evolutionary significance of diapause is that it uncouples mating from parturition, thereby optimizing the chances for both fertilization and survival of the offspring. In carnivores, diapause is more common in higher latitude environments with greater seasonality [4] and is often closely related to patterns of seasonal breeding, with parturition occurring in the spring. Mating in late summer has been hypothesized to increase the potential for mate selection, particularly for species with low population density [3]. Superfetation, a condition where eggs from more than one ovulation contribute to the offspring, becomes possible when the embryos from the earlier ovulations remain arrested in diapause. This permits subsequent ovulations and matings and a litter derived from
Superfetation is known to occur in black bears (*Ursus americanus*) [5] European badgers (*Meles meles*) [6,7] and American mink (*Neovison vison*) [8]. An advantage conferred by superfetation is introduction of genetic variation by polyandry [7]. It has further been hypothesized that superfetation reduces the risk of infanticide by paternity confusion [7].

Reports on the evolution of carnivore diapause have focused on the mustelid family, where the trait is extraordinarily common, but not universal, as it is found in some 46 of 70 of species in this taxon [4]. Lindefors et al. [9] hypothesized that, since diapause is mostly present in large mustelids, it has been selected against in smaller mustelids. The alternate view, based on phylogenetic [4] and environmental considerations [3], is that latitude and seasonality are the principal evolutionary drivers for the development of the trait in mustelids. In cogent discussion, Mead [12] argued that it was unlikely that diapause evolved in mustelids due to a single factor. Phylogenetic analysis further suggests that diapause was a characteristic of gestation in an ancestral mustelid, and has been dispensed with where missing in the family *Mustelidae* [4]. This concept is further verified by physiological investigations that show that diapause can be induced in the European ferret (*Mustela putorius furo*) [10], and by the presence or absence of diapause in closely-related species such as the Eastern (*Spilogale putorius*) and Western (*Spilogale gracilis*) spotted skunks [11].

**Characteristics of carnivore diapause**

**A. The embryo in diapause species**

Blastocysts of carnivores with diapause have a certain morphological consistency, in that they have the usual Eutherian inner cell mass and trophoblast components (Fig. 1). The number of cells is substantially greater in both compartments relative to the rodent blastocyst [13]. Across the multiple taxa where it is found, there is some the variation in the cell numbers and structure of the embryo at this stage [13]. In the mink, the blastocyst of diapause is approximately 0.23 mm in diameter and can contain as many as 500 cells (Figure 1) [14]. Embryos in diapause in the spotted skunk are larger, 0.7-1.1 mm [15] and are comprised of a similar number of cells, with the trophoblast accounting for three fourths of the cell population [11]. The diapause blastocyst in the wolverine embryo contains >700 cells [16]. Carnivore blastocysts in diapause are encapsulated by a thick glycoprotein coating, approximately 5-6 µm thick in the spotted skunk embryo [11]. In most studies (e.g. in the wolverine [16]) this covering is designated the zona pellucida, but ultrastructural evaluation of the skunk blastocyst has shown that this capsule is multilayered, suggesting investment of carbohydrate during the journey of the embryo through the oviduct and uterus [17]. In a number of species, including many mustelids, several seals and the black bear, gradual increases in blastocyst diameter have been documented during diapause (see [12] for review). Mitotic activity is present in many, but not all, species during diapause [12]. Where present, it appears to be restricted to the trophoblast [12]. Following activation, the mink embryo expands rapidly, with extensive proliferation in both the trophoblast and inner cell mass [18]. Similar rapid expansion, cell proliferation and morphological modifications in both the trophoblast and inner cell mass characterize activation in the spotted skunk [15]. Less is known in other species, but rapid embryo expansion characterizes activation in the black bear [19] and the Northern fur seal [20].
Figure 1. A mink embryo in diapause, comprising some 350 cells. The inner cell mass is circled by the dashed lines. The white arrow designates the trophoblast, while the yellow arrow points to the glycoproteinaceous capsule. Scale bar 0.2 mm.

B. Diapause in Pinnipeds

Embryonic diapause is a characteristic of gestation in three families of aquatic mammals, the Phocidae (earless seals), the Otariidae (eared seals) and Odobenidae (walrus) [21]. The best studied in these groups is the Northern fur seal (Callorhinus ursinus), where diapause was documented as early as 1946 [22]. Females breed within a week of parturition in midsummer, and the consequent blastocyst enters a diapause that persists until early November [23]. This model is consistent with most of the Phocidae and Otariidae [24], where mating occurs soon after summer parturition and the developmentally arrested embryo does not implant and form a placenta until 2-5 months later, during the period of declining photoperiod. The exception may be the Weddell seal (Leptonychotes weddellii), where diapause is either quite short or, perhaps, non-existent (M. Shero personal communication).

While diapause has been designated as obligate in pinnipeds, the variable coincidence of implantation with the termination of lactation may indicate facultative influences in the form of metabolic stress modulate its length. In support of this view is the abbreviated gestation lengths in captive Australian sea lions (Neophoca cinerea), relative to less well-nourished wild counterparts [25]. Although this has been attributed to prolongation of post-implantation gestation in wild individuals, developmental arrest at this stage is rare in mammals.

Diapause appears obligate in the Pacific walrus (Odobenus rosmarus) and has been studied primarily in hunted and collected specimens [26]. Animals congregate and breed on winter feeding grounds and breed during the months of January and February [26,27]. Embryos in the blastocyst stage have been recovered in May through June, suggesting a 3-4 month diapause, in keeping with other pinniped species. The duration of gestation is 15-16 months, so that calves are born during the months of May and June in the Northern Hemisphere [26].

C. Ursids

The extant bears comprise eight species, with the monotypic giant panda (Ailuropoda melanoleuca) and spectacled bear (Tremarctos ornatus) and six species of the subfamily Ursinae, the polar bear
(Ursus maritimus), the brown bears (Ursus arctos), the black bear (Ursus americanus), the Asiatic black bear (Ursus thibetanus), the sloth bear (Ursus ursinus) and the sun bear (Ursus malayanus). While all of these species display embryonic diapause as a feature of gestation [28], in most, information is somewhat scarce, given that they are not particularly tractable experimental models. The Ursus species, best exemplified by the black bear, mate in the spring or summer, followed by a variable period (2-5 months) of diapause. Animals enter hibernation late in the fall, and, soon after, implantation occurs. Post-implantation gestation is approximately 60 days in the black bear [29,30]. Polar bears display similar traits, although mating occurs earlier (April-May) and implantation in October or November with a similar post-implantation gestation of 60 days [30]. It is of interest that only pregnant females den up for hibernation, while non-pregnant animals remain active through the winter [30]. The peak of brown bear estrus is in early summer [31]. Body temperature and motion sensor data from free-ranging brown bears in Sweden, were used to calculate the mean date of implantation as December 1, with parturition approximately 56 days later [5], indicating a diapause of five month duration.

Under natural conditions, the spectacled bear breeds in the Southern hemisphere summer, January and February, and births occur in the winter (June to October) outside of the tropics [32]. In North American zoos, breeding takes place in the spring, parturition in the winter. Hibernation does not occur in this species, indicating that this aspect of the annual cycle is not essential for termination of diapause.

Worldwide recognition of the endangerment of the giant panda has sparked investigation of its reproductive biology. Species scarcity has prevented extensive tissue collection or invasive investigations, and much of the available information is based on urine and fecal sampling and echographic analysis. As with other bear species, pandas mate during the spring of the year. Variation in the length of gestation, from 97-161 days [33] was an early clue to the occurrence of diapause. By combining urinary steroid analysis and topical echography, Zhang et al. [34] convincingly demonstrated that diapause was present in this species. Further urinary and fecal hormone analyses have confirmed that there is a postimplantation gestational interval of 37 days, as identified by luteal reactivation (Wauters et al. this volume).

D. Mustelids and Mephids

As noted above, obligate diapause is a feature of gestation in the majority of the extant species of mustelids and in at least two species of mephids. Members of these species are frequently solitary and dispersed, and are not the most amenable models for investigation. Nonetheless, considerable information has been acquired in two wild species, the Western spotted skunk and the European badger (Meles meles) [12,28]. The American mink (Neovison vison) has been farm raised for more than a century for fur, and thus, this species has been a readily available model for investigation [28]. While there are certain similarities in the reproductive strategies employed among these species, each displays distinct specializations. The Western spotted skunk displays the classic mustelid pattern, in that breeding occurs in the fall, September in this case, the blastocysts formed after approximately six days in the oviduct migrate to the uterus where they remain, unattached, for some 180-200 days [11]. This condition was characterized by Mead as a long delay [12]. The embryos then implant in April, and, after a fixed duration of postimplantation gestation, young are born in May [11]. In contrast, female mink in the Northern hemisphere remain in anestrus until approximately the winter solstice, when ovarian recrudescence is initiated, culminating in sexual receptivity early in March [28]. Following mating and a six-day period of development to the blastocyst stage, the mink embryo enters diapause for approximately three weeks [35], denoted as a short delay by Mead [12]. Implantation then ensues, and a predictable 30-day placental gestation follows [35]. In the European badger, early studies showed that the young are born in February or
March, and that birth is followed by mating during a postpartum estrus [36]. Diapause ensues, persisting for ten months, followed by a predictable postimplantation gestation. More recent investigations have indicated that mating and consequent fertilization can occur during almost any month of the year and that diapause serves to synchronize implantation and, consequently, parturition [7].

Of the remaining 43 mustelid species in which diapause is manifest [4], much less is known. Most available information is derived from captive populations. Mead [12] catalogued mustelid species where diapause had been confirmed, with breeding and parturition dates, and the length of diapause. Within this list can be found both long and short diapause species. The circumpolar wolverine (*Gulo gulo*) is an example of a long diapause species, as mating occurs in May or June [12], perhaps beginning earlier and persisting for longer in captive populations [16]. New information on diapause in the form of gestational hormone profiles from fecal collections has become available on some wolverines, showing division of circannual progestin profiles into three periods: diapause, placental pregnancy and not pregnant (Batemen and Swanson abstract only). An interesting evaluation of gestation of wolverines in the wild, based on telemetric evaluation of body temperature, indicated that implantation occurred around January 1, and parturition in late February [37].

Mead [12] has identified the striped skunk (*Mephitis mephitis*) as the second short delay mustelid species. Only a limited number of studies are available, as this animal is not an ideal experimental species, due to its aromatic nature. Nonetheless, Wade-Smith and Richmond [38] reported gestation length varied from 59 to 77 days, and that blastocysts were present in the uterus as late as 19 days after mating [38]. Subsequent investigation revealed distinct seasonal influence on the time of implantation and gestation, with early mating females (late February) displaying substantially longer intervals between mating and parturition than animals coupling in mid to late March [39].

**Regulation of diapause in carnivores**

**A. Photoperiod**

The annual variation in daily light-dark cycles at non-equatorial latitudes is the principal driver of seasonal events in mammals, ranging from migration to hibernation, and from pelage changes and reproductive function [40]. The temporal synchrony of implantation in individual mammalian species that share the trait of diapause strongly argues for photoperiodic regulation of both the mating process and of the termination of diapause. This is especially evident in the pinnipeds where birthing seasons are synchronized and of shorter duration in species at higher latitudes [24]. In mustelids where gestation is characterized by the long day diapause, mating takes place toward the autumnal equinox, during periods of declining day length, while implantation is triggered around the time of the vernal equinox [12]. The two known short diapause species mate in late winter, and implantation follows the onset of the spring photoperiod. The exception is the European badger, where implantation occurs during declining photoperiod, such that parturition occurs in the autumn [36].

Definitive evidence for a role of photoperiod in the regulation of diapause in species with spring implantation and parturition came from a study of captive pine martens (*Martes americana*), where mating was observed in late July and August, after which, females were subjected to an artificially lengthened photoperiod [41]. Diapause was abbreviated such that young were born in December, rather than the following spring. Similar treatments where photoperiod was lengthened resulted in a 2-3 month early parturition in sables (*Martes zibellina*) [42]. Mead
Figure 2. Carnivores display differential sensitivity to photoperiodic regimes in regulation of diapause. The most common pattern is that in which mating occurs during declining photoperiods in autumn (short day mating) and implantation in spring (long day implantation), followed by a defined period of placental gestation with young born in the late spring. There are numerous variations on the theme, which is complicated by the observation that implantation occurs during hibernation in the bears.

experimentally abbreviated diapause, and thus gestation, by some 50 days in the spotted skunk by increasing photoperiod [43]. Shortening of diapause by acceleration of photoperiod was also successful in the American mink [35]. In the European badger, where implantation is associated with short days, mimicking of winter short day photoperiods advanced implantation by four months [36].
Decades of research have implicated the pineal gland or epiphysis in transduction of photoperiodic information in mammals (reviewed in [40]). During the dark phase of the circadian cycle, melatonin is synthesized, primarily by the pineal (reviewed in [44]) serving as the signal to coordinate reproductive events, as exemplified by investigations in the American mink [45,46]. Denervation of the pineal gland eliminated the circadian pattern of melatonin in mink [45] and disrupted the timing of implantation in skunks [12] and mink [35]. Maintaining elevated melatonin in mink [47] or spotted skunks [47-49] prolonged diapause.

Two isoforms of the melatonin receptors, MT1 and MT2 have been recognized, and are widely expressed in mammals [50]. Recent transgenic mouse studies have revealed that high density MT1 expression sites have been found at a number of neuronal locations, as well as in the pars tuberalis of the hypophysis [51]. The latter site concurs with autoradiographic localization of melatonin binding in the pars tuberalis of the female spotted skunk [52] and the male mink [53], indicating a role of this organ in translating photoperiodic signals in mustelids.

B. Hypophyseal regulation

The anterior pituitary gland coordinates the endocrine cascade that regulates reproductive events in mammals. It has been shown to be an essential factor in the re-initiation of development during diapause, first shown by a report where hypophysectomy in the spotted skunk prevented implantation [54]. The first definitive identification of the pituitary regulator of diapause came from a study in which daily treatment with exogenous prolactin terminated diapause and blockade of prolactin secretion by means of a dopamine agonist prevented the re-initiation of embryogenesis in mink [55]. Subsequent studies demonstrated that, following hypophysectomy, administration of prolactin alone could induce both the reactivation of the embryo and its implantation [56]. Treatment with a dopamine antagonist to promote prolactin secretion induced precocious termination of diapause in this species [57]. In the spotted skunk, prolactin treatment beginning in mid January induced implantation 45 days prior to untreated controls [58]. In the same study, a regime of 35-day dopamine agonist treatment in early April extended diapause until after the cessation of treatment.

Further investigations revealed that melatonin suppressed the rise in prolactin that terminates diapause in both the spotted skunk [49] and the mink [47] demonstrating a mechanism for photoperiodic regulation of diapause in these two species. Hypothalamic regulation of dopamine, and thus prolactin, is centered in the arcuate nucleus [59] where it appears the melatonin receptors are absent or rare [60]. As indicated above, melatonin receptors are concentrated in the pars tuberalis of the skunk [52] and the mink [53]. Thus, it is not abundantly clear how melatonin can be regulating prolactin secretion and terminating diapause. The resolution may be found in the recent recognition of a conserved neuroendocrine pathway in vertebrate animals (Figure 3) [40]. In this model, during long days, thyrotropin secretion from the pars tuberalis results in thyroid hormone secretion [61]. This, in turn, inhibits local dopamine synthesis, thereby permitting the secretion of prolactin. The extended duration of pineal melatonin secretion during short days inhibits thyrotropin and consequently thyroxine secretion which inhibits prolactin secretion. Regulation of the termination of diapause by this mechanism requires further investigation.
Figure 3. Mechanisms of regulation of diapause in mustelid carnivores by melatonin. The optic signal is perceived by the retina and transmitted to the pineal via the superior sympathetic ganglion. Melatonin receptors are found on the pars tuberalis of the pituitary and by acting there melatonin is hypothesized to prevent secretion of thyroid stimulating hormone (TSH). When the duration of melatonin signal is diminished by lengthening photoperiods, TSH is secreted and induces thyroxine secretion, which in turn, acts at the level of the hypothalamus to inhibit dopamine secretion into the of the pituitary. As dopamine antagonizes prolactin secretion, inhibition of its secretion permits the pituitary secretion of prolactin that then acts on the ovary and uterus to terminate embryonic diapause. This model does not explain regulatory signals where implantation occurs during a short-day photoperiod regime.

C. Ovarian regulation

Ovulation in mammals is followed by the formation of the corpus luteum (CL) from the components of the collapsed follicle [62]. The CL then becomes the source of progesterone which maintains early gestation in some species, and is required for the entirety of pregnancy in others [62]. In carnivores with diapause, corpora lutea form following ovulation, and produce low levels of progesterone, as exemplified by the mink (Figure 4) [55,63] and spotted skunk [64,65]. The CL is reactivated and rapid increases in luteal cell size and progesterone secretion occur prior to implantation in both of these species. Progesterone in circulation or in urine or feces has been employed as a diagnostic tool to predict the timing of implantation in carnivore species as diverse as the panda and black, brown and polar bears, and wolverines and otters [66]. The patterns are
consistent, for the most part, with the mink model of low level progesterone synthesis during diapause with several fold augmentation associated with placental gestation (reviewed in Curry et al. this volume). The European badger deviates from the model in that there is a biphasic pattern with a substantial peak during the summer, followed by a two or more month period of low levels and a reinitiation associated with termination of diapause in November [67]. The function of the first peak has not been determined, but its provenance appears to be the CL, based on cytological evaluation.

In many species, the uterus or the utero-placental unit synthesizes progesterone and contributes to the circulating levels of this steroid. This appears not to be the case in some mustelids, as no variation in blood progesterone patterns was observed following hysterectomy in the spotted skunk [68], or the mink [47]. In contrast, hysterectomy in the European badger significantly reduces progesterone relative to intact animals [69].

In the mouse and rat, diapause can be terminated by treatment with a single administration of estrogen [2]. Implantation can be induced in ovariectomized, progesterone treated mice by the same treatment [2]. Similar treatments have been uniformly unsuccessful in terminating diapause in the spotted skunk, mink or northern fur seal [12], indicating other factors are required. Foresman and Mead [10] demonstrated that the corpus luteum was the only compartment of the ovary required for implantation in the ferret, a species closely related to the mink that does not display diapause. Further investigation revealed that the luteal compartment was contributing a factor or factors essential for successful termination of diapause (Reviewed in [70]). Huang et al. [71] identified some proteins in the ferret CL as potential luteal contributors to implantation. Subsequently Schultz and Bahr [72] reported that glucose-6-phosphate isomerase was the illusive luteal factor. Confirmation of the significance of this protein in CL of carnivores with diapause remains to be accomplished.

Prolactin alone can induce reactivation of the CL in hypophysectomised mink [56] and in the intact spotted skunk [58]. Nonetheless, prolactin alone cannot maintain the CL in the hypophysectomized mink following implantation [56], nor maintain progesterone secretion in melatonin treated mink [47]. In many species the CL is maintained by a combination of factors known as the luteotropic complex [62]. This appears to be the case in mink, as binding and transcript abundance studies have shown that the mink CL has receptors for both prolactin [73] and luteinizing hormone (LH) [74]. Transcript studies indicated that prolactin induces its cognate receptor, as well as that for LH [75]. LH, but not prolactin, induces progesterone accumulation in cultures of mink luteal cells, further indicating a role for this hormone in maintaining the CL [63]. Together these findings indicate that prolactin is the initial factor that reactivates the CL. It then upregulates the LH receptor and LH and serves as the luteotropic complex that maintains the CL of postimplantation gestation.

D. Uterine regulation

The proximal regulator of embryo arrest and reactivation is the uterine environment, as demonstrated by reciprocal transfer of embryos from a species displaying obligate diapause, the mink, to a species without evidence of diapause, the domestic ferret [76]. The most compelling question relative to this regulation is whether the uterine environment lacks some factor necessary for development of the embryo beyond the blastocyst stage, thus inducing diapause, or whether the uterine environment somehow inhibits further development, thus maintaining the embryo in diapause (28). A number of candidate factors related to implantation have been studied in carnivores, and variable expression may provide some clues to the paradigm of uterine regulation.
of diapause. One of these, the cytokine, leukemia inhibitory factor (LIF), is essential for implantation in the mouse, where it can replace the nidatory estrogen surge, thereby reactivating the embryo in diapause [77]. The abundance of LIF in uterine tissue increases associated with reactivation of the embryo in the mink [78]. Likewise, the upregulation of the LIF receptor in the spotted skunk uterus appears to precede, or concurs with, activation of the embryo from diapause [79]. Thus, the availability of LIF may be a factor in terminating carnivore diapause.

Understanding uterine regulation of diapause requires a broader approach beyond candidate gene studies. In this context, global analysis of the mink uterine transcriptome has been undertaken and has revealed a large number of differentially expressed genes between diapause and reactivation [34,80]. Among those upregulated at activation was a cluster of genes related to the synthesis and interconversion of polyamines [28,80-83]. These studies demonstrated that polyamine synthesis may be the limiting factor that prevents development, and thus their paucity maintains the embryo in diapause (reviewed in [84]). In brief, the evidence shows that upregulation of the rate-limiting enzyme in polyamine synthesis, ornithine decarboxylase (ODC1), as well as polyamine interconversion enzymes is associated with reactivation of embryo development. Uterine concentrations of the polyamine, putrescine, are substantially greater following activation. Polyamine deprivation using the suicide inhibitor of ODC1, difluoromethylornithine (DFMO) in vivo, prevented embryo activation, while in vitro, it blocked the proliferation of both trophoblast and inner cell mass cell lines. Most telling was that evidence that when mink embryos in diapause were incubated with putrescine, they escaped from diapause and renewed development in vitro [85].
Together these data make a strong case for polyamines as a factor that is absent or in low abundance during diapause, but is required for activation of the blastocyst.

As noted above, secretion of prolactin is the hypophyseal factor that terminates diapause in mink [56], and prolactin activates the dormant CL [74]. In support of the view that prolactin may have extra-ovarian effects in regulation of diapause, Rose et al. [73] demonstrated prolactin binding sites in the mink uterus. Fenelon et al. [85] reported that the transcript for the uterine prolactin receptor was low during diapause and increased during embryo activation, while the protein is more consistently expressed during these two periods. It was then shown that the effects of prolactin on a mink uterine cell line included the rapid upregulation of the abundance of the ODC1 transcript, suggesting that there are direct effects of prolactin on the uterus associated with the termination of diapause [85].

Comparison of the uterine transcriptome of the mink during diapause with the transcriptome following reactivation with prolactin revealed 1684 differentially expressed genes [34]. In keeping with candidate gene studies, substantial increases in the abundance of both the prolactin receptor and ODC1 were detectable. Gene ontology analysis in this study revealed that the canonical intracellular pathways attributed to prolactin action, PI3K and Jak-Stat were upregulated in the uterus during reactivation of the blastocyst from diapause. These results confirm a direct and extra-ovarian role for prolactin in the termination of embryonic diapause in this carnivore. The mechanisms, beyond induction of polyamine synthesis, remain to be explored.

Figure 5. The uterus is the proximal site of regulation of diapause and reactivation of the carnivore embryo. In the mink model during diapause, the stimulatory signal from the pituitary in the form of prolactin is diminished. Activation of the ovary by prolactin stimulates secretion of progesterone and other elements (peptide factors) from the corpus luteum. The combination of these elements induces the synthesis and secretion of cytokines (LIF), polyamines, and growth factors from the endometrium. These then act to reactivate the blastocyst from the dormancy of diapause.

Summary and questions to be resolved
Species survival depends most critically on reproductive success, and diapause is an evolutionary strategy that has allowed carnivores to survive and thrive in non-equatorial environments. There is basic understanding of the mechanisms by which photoperiod modulates the mating and implantation in some species, but our information is fragmentary or non-existent on this regulation, particularly in aquatic species. Some of the complexity of pituitary reactivation of the CL to terminate diapause by prolactin has been worked out, but only in a single species, and it is not known whether these mechanisms are universal in carnivores. The circumstantial evidence that polyamine synthetic enzyme expression in the mink uterus correlates with activation of the blastocyst from diapause has been reinforced by the finding that one polyamine, putrescine can
induce that activation in vitro. While this indicates that the uterine environment lacks at least one factor necessary for the continuation of development, the regulatory system is surely more complex and the signals may vary between species. Modern technology, in particular, global and systems approaches provide the potential to unravel the mysteries of diapause at the neural, hypophyseal, ovarian, uterine and embryonic level.

**Declaration of interest**

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of this article.’

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**Audience Discussion**

**Barbara Drews:** Do you have any idea whether prolactin stimulation would induce the same differential gene expression in a non-pregnant animal? Maybe some of the gene expression changes we see are just in fact related to implantation, not necessarily with the termination of diapause.

**Bruce Murphy:** That’s a difficult question to answer, because we’ve not looked at non-pregnant animals to see what prolactin does, although some of the work of the early recognition of the presence of the prolactin receptor showed that it is expressed in the uterus of animals at the time of what we call pelting, which is way back in the when the animals are reproductively quiescent. So the prolactin receptor is expressed, but what the downstream effects of this expression might be are unknown.

**Marilyn Renfree:** I’m interested in your comments on the capsule. You said it was three layered and Alan had it as a zona pellucida, but if it’s a three-layered capsule, that’s exactly what the shell is in marsupials. It is deposited as it comes down the oviduct and into the cranial part of the uterus and it gets thicker as it goes down the oviduct and by then it’s really tough. As the blastocyst expands into a vesicle it attenuates and it really increases in its surface area by many hundreds of times. Is the mink capsule like a horse capsule? The horse capsule is very like the wallaby or the marsupial shell. It’s not quite the same, but very similar.

**Bruce Murphy:** That information actually comes from Alan Enders’ electron micoscopy of the blastocyst and he shows it is trilaminar. That is what was a surprise that he called it a zona pellucida instead of a capsule. In the horse, the capsule had been proposed to be trophoblastic in origin. When collect mink morulae from the oviduct and culture them to blastocyst in vitro, there does not appear to be a capsule, only the zona pellucida suggesting provenence from the oviduct/uterus. Further research is necessary to clarify this issue.

The idea would be perhaps to collect at different stages of development in the oviduct and then observe by electron microscopy.

**Unknown questioner:** I think the horse capsule is at least partly deposited by the trophoblast as well.

**Marilyn Renfree:** But some of it comes from the outside too.

**Bruce Murphy:** But this is clearly the zona, with other material presumably added following ovulation.

**Jane Fenelon:** I was just going to add, because we’ll talk about this tomorrow, but when the mink blastocyst shrinks in vitro, it clearly looks more like the shell in wallaby, but they they don’t have the mucin layer- there is this shell coat and then the zona shrinks. So it’s definitely like an extracellular layer.

**Marilyn Renfree:** We should follow it up, it might be yet another common characteristic.