Aging of the frictional properties induced by temperature variations

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The dry frictional contact between two solid surfaces is well-known to obey Coulomb friction laws. In particular, the static friction force resisting the relative lateral (tangential) motion of solid surfaces, initially at rest, is known to be proportional to the normal force and independent of the area of the macroscopic surfaces in contact. Experimentally, the static friction force has been observed to slightly depend on time. Such an aging phenomenon has been accounted for either by the creep of the material or by the condensation of water bridges at the microscopic contacts points. Studying a toy-model, we show that the small uncontrolled temperature changes of the system can also lead to a significant increase of the static friction force.

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I. INTRODUCTION.

Granular materials, or more generally macroscopic solids in frictional contact, at mechanical equilibrium are a priori considered as athermal systems, meaning that thermal agitation has no significant feedback on the mechanical degrees of freedom at the grain scale. However, uncontrolled temperature variations inevitably produce dilations of materials and one can wonder whether they can alter the properties, in particular the mechanical stability, of such systems.

Several recent studies showed that temperature cycles, even of small amplitude, can induce the slow compaction of dry granular materials [1-4]. The mechanisms, in particular the role played by the confining walls, are still under debate but one can anyway conclude that the temperature variations cause aging: the properties of the material, here at least the density, evolve in an irreversible manner with time.

In granular matter, several sources of aging were identified. First, for “dry” granular materials in a humid atmosphere, the condensation of microscopic liquid bridges at the contacts between grains, leads to a cohesive force [5]: the nucleation of the bridges being an activated process, the mechanism leads to a logarithmic increase of the angle of avalanche [5, 6] and of the static frictional coefficient [7, 8] with time. Second, for immersed granular materials, chemical reactions at the surface of the grains results in soldering them to each other [6]. Again, the angle of avalanche [6] and the static frictional coefficient [7, 8] are observed to increase logarithmically with time.

In the solid friction [10, 11], which characterizes the mechanical contact between solid surfaces, a similar aging phenomenon also takes place: the static frictional coefficient is also observed to increase logarithmically with time for contacts between various materials like metals [12], rocks [13], Bristol paper [14]. Again, for “dry” friction in a humid atmosphere, the condensation of liquid bridges at the micro-contacts between the flat, but nevertheless rough surfaces, can account for a part of the phenomenon [12]. However, when effects of the humidity are suppressed, aging is still observed. The phenomenon is due to the creep of the material at the micro-contacts, as proven by the dependence of the aging dynamics on the overall temperature of the system [16]. Experiments even exhibited a logarithmic aging of the micro-contacts themselves [17].

To our knowledge, the possibility for the temperature variations to be responsible for a part of the aging observed in solid friction was still not evaluated. We can guess that the dilation or contraction of the materials which result from a change in the temperature alter the stress distribution between the micro-contacts and that, as a result, the system can evolve with time due to a pinning-depinning dynamics. Such dynamics of the micro-contacts has been proposed to explain the dissipation associated with the relative motion of the surfaces and, thus, to account for the dynamic friction [18–20] but effects of dilations have not been evaluated. The study of the hysteresis cycle of the tangential force induced by a quasi-static cyclic displacement is a related but slightly different problem [21]: small displacements, even small enough not to be considered as macroscopic sliding, induce irreversible micro-slips and a slow evolution of the system with time [22]. The temperature variations would have a slightly different effect as they rather induce random stress variations, correlated at long range.

In the present article, we propose the study of a minimal model mimicking the frictional contact between two, nominally flat, solid surfaces, a slider on top of a horizontal substrate. We first consider that, due to roughness, the real contact between the surfaces reduces to a large, but finite, number of microcontacts, themselves belonging to a small number of mesoscopic, coherent, contact regions [23]. Such coherent regions are composed of a large number of microcontacts, so that their contact with the substrate obeys the Amonton-Coulomb law for static friction. However, the number of microcontacts in a coherent region is finite [23] so that the associated static friction coefficient, \( \mu_s \), is sensitive to the local microstructures in regard and, thus, depends on the position on the substrate. In addition, coherent regions are elastically
connected one to another by the material the slider and the substrate are made of. In order to mimic the practical situation in the simplest model, we further reduce the problem to the study of a system consisting of two sliders connected by a linear spring. Each of the sliders accounts for one of the coherent regions in frictional contact with a flat substrate whereas the spring accounts for the elastic coupling between them. We shall demonstrate that, when the system is subjected to thermal dilations, the mechanical stability of the slider, accounted for by an effective static frictional coefficient, exhibits a significant increase with time due to the distributed values of the static friction coefficient \( \mu_s \).

II. THE MODEL

A. Description

The system (mass \( M \)), subjected to its own weight \( Mg \), lies on a flat and horizontal surface. In a simple approach, we further assume that each contact region sustains half the weight of the system, so that the normal force acting on one slider is \( N = Mg/2 \). We introduce the rest distance \( l_0 \) between the two contact regions at the temperature \( T_0 \). Due to the elasticity of the slider material (assumed to be much softer than the substrate), the small sliders are connected by a spring of length \( l \) and stiffness \( k \) and, being identical, they are associated with the same inertia, i.e. the same mass \( m \). With these assumptions, the system reduces to two sliders, connected by a spring, moving on a flat surface as sketched in the figure. We denote by \( x_1 \) and \( x_2 \) the positions of the small sliders 1 and 2 respectively such that the length of the spring \( l = x_2 - x_1 \).

![FIG. 1. Sketch of the considered situation.](image)

At rest, the contact between each slider and the substrate is characterized by the static frictional coefficient \( \mu_s \), which accounts for the value that the horizontal force must overcome to move the slider. Due to the heterogeneity of the surfaces in regard, the local static frictional coefficient might take, at random, different values, \( \mu_{s,1} \) and \( \mu_{s,2} \), for the two contact regions. By contrast, we characterize the dynamical friction by a single constant value of \( \mu_d \). Indeed, the surface explored by the sliders being homogeneous in average, the dissipative interaction with the substrate can reasonably be characterized, over the whole surface, by a single dynamical frictional coefficient, \( \mu_d \), which quantifies the rate of energy dissipation. We further assume, in agreement with standard observations, that \( \mu_d < \mu_s \).

The dynamics of the system is induced by temperature changes which, due the thermal dilation of the materials, lead to changes in the natural length of the spring \( l \) according to:

\[
l(T) = l_0 \left[ 1 + \kappa(T - T_0) \right]
\]

where \( T \) stands for the temperature and \( \kappa \) for the thermal expansion coefficient of the slider material. We assume, for the sake of simplicity, that the substrate does not dilate, so that the positions \( x_1 \) and \( x_2 \) are not altered by the temperature changes, and that the spring constant does not depend on the temperature. Thus, due to the thermal dilation, the spring expands or contracts so that the slider 2 is subjected to the tangential force

\[
F_{1\to 2} = -k(x_2 - x_1 - l)
\]

where we assume the \( x \)-axis to be oriented from the slider 1 to the slider 2. In the same way, the slider 1 is subjected to \( F_{2\to 1} = -F_{1\to 2} \). If \( F_{1\to 2} \) exceeds one of the static friction forces \( \mu_{s,1}N \) or \( \mu_{s,2}N \), the corresponding slider starts moving and the system rearranges. After the slider has stopped, the corresponding value of the static frictional coefficient has changed because the slider lies at a different position on the substrate. The new value of the frictional coefficient is drawn at random from a distribution \( p(\mu_s) \). In addition, we assume for consistency that \( \mu_s \) is always larger than the dynamic frictional coefficient \( \mu_d \), namely \( p(\mu_s) = 0 \) for \( \mu_s < \mu_d \).

The aim of this study is to account for the evolution of the system properties, thus of \( \mu_{s,1} \) and \( \mu_{s,2} \), as time elapses (aging).

B. System of equations

The problem reduces to the study of two sliders, connected by a spring, in frictional contact with a substrate.

First, one can write the equations governing the dynamics of the sliders when in motion. Introducing the thermal dilation \( \theta \equiv \kappa(T - T_0) \), one gets

\[
m\ddot{x}_1 = -k[x_1 - x_2 + l_0(1 + \theta)] - \mu_d NS(\dot{x}_1)
\]

\[
m\ddot{x}_2 = -k[x_2 - x_1 - l_0(1 + \theta)] - \mu_d NS(\dot{x}_2)
\]

where \( S \) denotes the sign function. The dynamics is characterized by a typical time scale \( \tau_{\text{dyn}} = \sqrt{m/k} \). We remark that, in practice, \( \tau_{\text{dyn}} \sim l_0/c_s \) where \( c_s \) stands of the speed of sound in the material the macroscopic solid is made of. For a typical size \( l_0 \approx 10 \text{ cm} \) and usual values of \( c_s \) (about a few kilometers per second), we estimate \( \tau_{\text{dyn}} \sim 10^{-6} - 10^{-5} \text{ s} \).

Second, the static solid-friction is accounted for by the coefficients \( \mu_{s,j} \) (\( j = 1, 2 \)) such that, initially at rest, the slider \( j \) starts moving and, thus, the system rearranges when

\[
k|x_2 - x_1 - l_0(1 + \theta)| = \mu_{s,j}N.
\]
C. Rearrangements

From now on, we assume that after \( n \) rearrangements, the sliders are at the positions \( x_1^n \) and \( x_2^n \) associated with the values \( \mu_{s,1}^n \) and \( \mu_{s,2}^n \) of the static frictional coefficients. From the condition (4), one notes that the rearrangements involve the weakest slider, namely the one associated to the smallest value of the static frictional coefficient. For convenience, we denote:

\[
\mu_{\min}^n \equiv \min(\mu_{s,1}^n, \mu_{s,2}^n) \equiv \mu_{s,i_n}^n
\]

where we introduce the index \( i_n \) of the corresponding slider. With these definitions, we get the value \( \theta_c^n \) of the dilation \( \theta \) at which the \((n+1)\)th rearrangement occurs:

\[
\theta_c^n = \frac{x_2^n - x_1^n}{l_0} - 1 + \mu_{\min}^n N \bar{S}(\theta)
\]

where the dimensionless normal force \( \bar{N} = \frac{N}{(kl_0)} \) has been introduced to lighten the notations. Eq. (6) holds true when the system dilates (\( \dot{\theta} > 0 \)) or contracts (\( \dot{\theta} < 0 \)), the sign \( \bar{S}(\theta) \) being evaluated before the rearrangement, for \( \theta \rightarrow \theta_c^n \).

For \( \theta = \theta_c^n \), the slider \( i_n \) moves and reaches a novel static position such that:

\[
\Delta x_{i_n} = 2(-1)^{i_n}(\mu_{\min}^n - \mu_d) \bar{N} \bar{l}_0 \bar{S}(\dot{\theta}).
\]

One can easily show that the second slider necessarily remains at rest so that the rearrangement induces a displacement:

\[
\Delta x_c^n = (-1)^{i_n}(\mu_{\min}^n - \mu_d) \bar{N} \bar{l}_0 \bar{S}(\dot{\theta})
\]

of the center of mass \( \bar{G} \) of the two sliders.

In conclusion, when the dilation \( \theta \) reaches the critical value \( \theta_c^n \), the weakest slider \( i_n \) moves by \( \Delta x_{i_n} \) and reaches a novel static position whereas the other slider remains at rest. As a consequence, the static frictional coefficient \( \mu_{s,i_n}^n \), takes a new random value, \( \mu_{s,i_n}^{n+1} \) associated with the new position \( x_{i_n}^{n+1} = x_{i_n}^n + \Delta x_{i_n} \). The position of the other slider and the corresponding static frictional coefficient remain unchanged.

III. NUMERICAL ANALYSIS

We shall consider the temporal evolution of the system when subjected to aleatory temperature changes. In the section IIIA we describe how the temperature changes are accounted for and, then, in the section IIIB we report the behavior of the system. For practical purposes, we consider in this section a Gaussian distribution \( p(\mu_s) \), namely

\[
p(\mu_s) = \frac{1}{\sqrt{2\pi} \sigma_{\mu}^2} \exp \left[ -\frac{(\mu_s - \bar{\mu}_s)^2}{2\sigma_{\mu}^2} \right].
\]
Thus, a dilation or a contraction of amplitude $\Delta \theta$ leads to a typical number of rearrangements $r \approx |\Delta \theta|/|\theta_{c}^{n+1} - \theta_{c}^{n}|$. To average over the fluctuations of $\Delta \theta$, we define it quantitatively as the difference between two values $\theta$ and $\theta'$ randomly drawn from $\psi(\theta)$. Hence $\Delta \theta$ is a Gaussian random variable with zero mean and variance $2\sigma_{\theta}^{2}$. We thus find for the average value $\langle r \rangle$

$$\langle r \rangle \approx \frac{\sigma_{\theta}}{\sqrt{\pi(\bar{\mu}_{s} - \mu_{d})N}}.$$  (13)

Comparison with the results of numerical simulations (Fig. 4) essentially confirms this prediction. A careful analysis of the numerical data however reveals the presence of a small shift. The average number of rearrangements is found to be described by the phenomenological form

$$\langle r \rangle \approx \frac{\sigma_{\theta} - \mu_{d}N}{\sqrt{\pi(\bar{\mu}_{s} - \mu_{d})N}}.$$  (14)

The small offset $\mu_{d}N$ is intuitively expected to result from the absence of rearrangements when $\theta$ changes sign.

In the next section, we shall discuss further these results theoretically, describing analytically how the aging and the diffusion depend on the parameters of the problem at long times.

### IV. THEORETICAL ANALYSIS

#### A. Dilation and rearrangements

In a first step, we consider the number $r$ of rearrangements that occur during the time interval $\tau_{th}$. Considering the Eqs. (9) and (7), the difference between two successive values of the dilation at which rearrangements occur can be estimated as

$$|\theta_{c}^{n+1} - \theta_{c}^{n}| \approx 2(\bar{\mu}_{s} - \mu_{d})N S(\dot{\theta}).$$  (12)

#### B. Aging of the static frictional coefficient

It is particularly interesting to focus on the dynamics of $\mu_{max}$ as this quantity plays an important role in the stability of the system (Sec. V). Actually, one simply needs to notice that the dynamics consists in drawing randomly two values $\mu_{s,1}$ and $\mu_{s,2}$ in the initial step $n = 1$, and then drawing at each step a new value of the frictional coefficient to replace the smallest one. As a result, the value $\mu_{max}^{n}$ is the maximum value of the set of $n + 1$ random values drawn independently. This
mechanism is actually very close to the one appearing in a standard model of glassy dynamics, namely the Barrat-Mézard model \(^{25,26}\). The statistics of \(\mu_\text{max}^n\) then boils down to an extreme value problem of independent and identically distributed random variables, for which standard results are well-known \(^{27,28}\). In particular, the distribution of \(\mu_\text{max}^n\) belongs for large \(n\) to one of the three classes of extreme value statistics, namely the Gumbel, Weibull or Fréchet class. However, we are here more interested in the typical value of \(\mu_\text{max}^n\) rather than by its relative fluctuations. This typical value can be estimated through the following simple scaling argument. We denote as \(F(\mu_n)\) the complementary cumulative probability distribution

\[
F(\mu_n) = \int_{\mu_n}^{\infty} p(\mu) d\mu.
\]

Having \(\mu_\text{max}^n\) smaller than a given value \(\mu\) is equivalent to the fact that the \(n + 1\) random values drawn dimensionally are below the value \(\mu\). The corresponding probability is simply \([1 - F(\mu)]^{n+1}\). The typical value \(\mu_\text{typ}\) of \(\mu_\text{max}^n\) then satisfies

\[
[1 - F(\mu_\text{typ})]^{n+1} \approx \frac{1}{e}
\]

which for large \(n\) takes the form

\[
1 - F(\mu_\text{typ}) \approx e^{-\frac{1}{n+1}} \approx 1 - \frac{1}{n}
\]

so that finally \(F(\mu_\text{typ}) \approx 1/n\). If the upper wing of the distribution \(p(\mu)\) decays as \(p(\mu) \sim e^{-c\mu^\alpha}\) where \(c\) and \(\alpha\) are positive constants (for instance, \(\alpha = 2\) for a Gaussian distribution), then \(F(\mu)\) behaves in the same way as \(p(\mu)\) up to algebraic prefactors. It follows that

\[
\mu_\text{typ} \approx \overline{\mu} + \sigma_\mu e^{-1/\alpha} (\ln n)^{1/\alpha}
\]

to leading order in \(n\). Thus, in the case of the Gaussian distribution considered in the section \(^{11}\), the simple theoretical argument presented here predicts an increase of \(\mu_\text{max}\) like

\[
\mu_\text{max} \approx \overline{\mu} + \sigma_\mu \sqrt{2 \ln \left( \frac{\langle r \rangle t}{\tau_\text{th}} \right)},
\]

taking into account the correspondence \(n \approx \langle r \rangle t / \tau_\text{th}\) between the time \(t\) and the total number \(n\) of rearrangements (Eq. \(^{14}\)).

C. Slowing down diffusion

In Sec. \(^{11}\) we obtained a logarithmic subdiffusion of the center of mass, which we now would like to interpret. We first observe that the evolution of the system can be divided in successive periods during which the strongest slider remains the same, that is, the frictional coefficient of the weakest slider is repeatedly drawn anew, without exceeding the value \(\mu_\text{max}\) of the strong slider. During such periods, the position of the weakest slider changes, due to the rearrangements, and the net displacement \(\ell\) is limited by the extension of the spring. One can estimate \(\ell \sim \sigma_\mu l_0\). When the chosen frictional coefficient becomes larger than the former value \(\mu_\text{max}\) (which can be called a record breaking), the weakest and strongest sliders get exchanged. Hence the mean square displacement of the center of mass after \(n\) rearrangements should be of the order of \(\ell^2\) times the number of record breakings in this sequence of rearrangements.

It is a classical result from statistical record theory \(^{29}\) that the mean number of records that occur when successively drawing \(n\) independent and identically distributed random values is, to leading order, equal to \(\ln n\) for large \(n\). Further using the relation \(n \approx \langle r \rangle t / \tau_\text{th}\), one eventually finds for the mean square displacement of the center of mass

\[
\langle x_G^2 \rangle \approx \sigma_\theta^2 l_0^2 \ln \left( \frac{\langle r \rangle t}{\tau_\text{th}} \right),
\]

thus accounting for the logarithmic time dependence and the order of magnitude of the numerical data reported in Fig. \(^{3}\).

V. DISCUSSION

We have shown that the dilations associated with the temperature changes are likely to induce the aging of the physical properties of the system (the maximum frictional coefficient increases with time and the diffusion slows down). At this point, it is particularly interesting to discuss, first, the orders of magnitude of the temperature changes necessary for the aging process to be at stake and, second, the possibility to assess the aging process experimentally.

Let us now consider the order of magnitude of the dilations likely to induce the aging. From equation \(^{14}\), given that \(\mu_1 \sim 1\), we deduce that the minimal amplitude of the dilations necessary to rearrange the system is of the order of \(N\) which can be estimated as follows. Consider that the two contact points, sketched by the slider 1 and 2, are located at the distance \(l_0\) one from the another. Taking into account the Young modulus, \(Y\), the material is made of, one can estimate \(k \sim YA/l_0\) where \(A\) stands for the surface area of the slider cross section in the perpendicular direction. Considering the density \(\rho\) of the material and volume \(V \sim Al_0\) of the slider, one can estimate the normal force, due to gravity \(g\), \(N \sim \rho Al_0 g\). In practice, considering \(g = 10\) m.s\(^{-2}\), \(\rho \sim 10^3\) kg.m\(^{-3}\), \(Y \sim 100\) GPa and the typical size \(l_0 = 10\) cm, we get \(N \sim 10^{-8}\). Thus, dilations of the order of \(10^{-8}\) are likely to rearrange the system. Such dilations, the typical thermal expansion coefficients being of about \(10^{-5}\) K\(^{-1}\), correspond to temperature changes of about \(10^{-3}\) K. Thus, in usual exper-
and tangential forces due to gravity and one can relate a constant which only depends on \( \sigma \). We assessed numerically the temporal evolution of \( \mu_{\text{eff}} \) as described in the Appendix A. We observe that the values of \( \sigma_{\mu} \) are chosen in accordance with the values of \( \sigma_{\mu}/(\mu_{\text{eff}}-\mu_{d}) \) given in the figure (\( \mu_{\text{eff}} = 0.6, N = 10^{-7}, \sigma_{\theta} = 10^{-6} \)).

FIG. 5. Variation \( (\mu_{\text{eff}}-\mu)/\sigma_{\mu} \) vs. number \( \langle r \rangle \) of rearrangements at the contact scale. Even more, it is not obvious to perform a control of the temperature that insures that rearrangements will not occur.

Experimentally, one possible method to highlight the aging process consists in measuring the critical angle of stability: the substrate is slowly tilted until the system starts sliding as a whole for a critical tilt angle, \( \alpha_c \). In this configuration, the sliders are subjected to normal and tangential forces due to gravity and one can relate \( \alpha_c \) with an effective static frictional coefficient \( \mu_{\text{eff}} \equiv \tan \alpha_c \). We assessed numerically the temporal evolution of \( \mu_{\text{eff}} \) as described in the Appendix A. We observe that the increase in \( \mu_{\text{max}} \) (Fig. 2) results in an almost logarithmic increase in \( \mu_{\text{eff}} \) with time \( t \). As suggested by Eq. (19), we report the relative variation \( (\mu_{\text{eff}}-\mu)/\sigma_{\mu} \) as a function of the typical number of rearrangements \( n \approx \langle r \rangle t/\tau_{\text{th}} \) (Fig. 3). We observe a collapse of the curves corresponding to the same value of \( \sigma_{\mu}/(\mu_{\text{eff}}-\mu_{d}) \), which suggests:

\[
\mu_{\text{eff}}(t) = \mu_{\text{eff}} + \sigma_{\mu} \Phi \left( \frac{\sigma_{\mu}}{\mu_{\text{eff}}-\mu_{d}}, \frac{\langle r \rangle t}{\tau_{\text{th}}} \right). \tag{21}
\]

From the numerical data, the function \( \Phi \) depends almost logarithmically on \( t \) at long times. Asymptotically, as a function of the number of rearrangements \( n(t) \), \( \mu_{\text{eff}} \sim \mu_{\text{eff}} + \phi \sigma_{\mu} (\log n)^{\beta} \) with \( \beta \) of the order of unity and \( \phi \) a constant which only depends on \( \sigma_{\mu}/(\mu_{\text{eff}}-\mu_{d}) \). The aging phenomenon is drastically enhanced when the width \( \sigma_{\mu} \) is increased.

It is particularly interesting to estimate the expected order of magnitude of the effect. With \( N \sim 10^{-8} \) and typical values \( \mu_{\text{eff}} \sim 0.6 \) and \( \mu_{d} \sim 0.5 \) of the frictional coefficients, temperature changes of about 0.01 K correspond to \( \sigma_{\theta} \sim 10^{-7} \) and, thus, to typically \( < r > \sim 50 \) rearrangements during the characteristic time \( \tau_{\text{th}} \). From a typical thermal conductivity \( \lambda \) of about 1 W/(m K) and a typical heat capacity \( C \) of about \( 10^{6} \text{J}/\text{m}^{3} \), one can estimate from the diffusion coefficient \( \lambda/C \) that \( \tau_{\text{th}} \sim l_{0}^{2}C/\lambda \) ranges from \( 10^{-2} \) to 1 s (indeed much larger than \( \tau_{\text{th}} \)). Considering further a value \( \sigma_{\mu} \sim 0.02 \) (about 3 % percent of the average value \( \mu_{\text{eff}} \)), we expect from Fig. 4 an increase of about 0.2 % of the effective frictional coefficient after \( 10^{3} \tau_{\text{th}} \). Note however that for \( \sigma_{\mu} \sim 0.03 \) (about 5 % percent of the average value \( \mu_{\text{eff}} \)), the effect is drastically enhanced leading to a change of about 5 % after the same waiting time. Thus, small temperature variations are likely to induce, in a few hours, an increase of the effective frictional coefficient of about a few percents. Note that, from Eq. (21), the aging process to mainly depend on \( \sigma_{\mu} \) and \( \sigma_{\theta} \) (through \( \langle r \rangle \)), the effect being expected to be larger for broader distribution of the frictional coefficient and for larger amplitude of the temperature variations. Finally, it is important to notice that the thermal dilations are important because of the change \( kl_{0}\theta \) they induce in the force between the two sliders and that the latter change is to be compared with the normal force \( N \). Thus, a smaller \( k \) leads to a weaker effect of the temperature changes. This is probably the reason why no or little aging is observed with soft materials [13].

VI. CONCLUSION

Reducing the study of the frictional contact between two solid surfaces to the study of two frictional sliders, connected by a spring, in contact with a flat substrate, we demonstrated that the uncontrolled thermal dilations of the system can lead to a significant increase in the effective static frictional coefficient \( \mu_{\text{eff}} \) with time. The evolution of \( \mu_{\text{max}} \) at long times is assessed theoretically and the associated \( \mu_{\text{eff}} \) is estimated numerically. Our simplistic model makes it possible to demonstrate that the process leads to an almost logarithmic increase in \( \mu_{\text{eff}} \) and we account for the dependence on the parameters, in particular the distribution of the static frictional coefficient associated with the solid-solid contact and the characteristics of the temperature changes (amplitude and characteristic time). Considering typical orders of magnitude of the physical ingredients, we show that temperature changes can have significant effects, which can also contribute to the aging of the frictional coefficient observed experimentally [13].

Finally, one could wonder if the effect reported here would not be specific to the system we chose. We assumed that the contact between two flat and rough surfaces reduces to a small number of coherent regions. On the one hand, one could claim that the contact between the surfaces rather consists in a large number of microscopic contact points and that Non-Amonont behavior of the microscopic contacts was revealed experimentally [30]. However, whatever the characteristics of the microscopic contacts (characterized by frictional mechanical properties or not), one can guess that the thermal dila-
tions, which induce a change in the distribution of the force network between the latter, lead to rearrangements of the less stable ones. The process again favors the most stable contacts and we expect the effective frictional coefficient to increase with time. On the other hand, even considering coherent regions exhibiting frictional properties, one could claim that their number is likely to be significantly larger than considered in the present study. Again, we do not expect an increase in the number of contact regions to change qualitatively the aging process. However, the quantitative effect is difficult to predict theoretically. The study of a 2D irregular network of sliders is thus pertinent and will be the subject of a forthcoming publication in which the aging, the diffusion, as well as the creep motion induced by a constant tangential force, will be considered.

Appendix A: Effective static frictional coefficient

In this appendix, we present the numerical method used to compute the time evolution of the effective frictional coefficient $\mu_{s}^{\text{eff}}$. To this aim, we consider that the substrate on which the two sliders lie can be tilted by an adjustable angle $\alpha$.

The dynamics of the system on the horizontal substrate, as described in Sec. IIIA, is divided in time steps of duration $\tau_{\text{th}}$. Within each time step, the sliders evolve through a sequence of rearrangements during which the positions and static frictional coefficients change. Before each rearrangement, the values of $\mu_{s,1}$, $\mu_{s,2}$ and of the force $F_{1\rightarrow2}$ are copied to auxiliary variables, and the angle of avalanche corresponding to this precise set of variables is determined through an iterative algorithm that we now describe.

Due to gravity, when the substrate is tilted, the sliders on the incline are both subjected to the same positive force $f = mg \sin \alpha$. Correspondingly, the normal force now becomes $N = mg \cos \alpha$. According to Eq. (4), the slider 1 (resp. 2) starts moving if one of the two following conditions are fulfilled:

$$f - F_{1\rightarrow2} > \mu_{s,1} N,$$  \hspace{1cm} (A1a)

$$f + F_{1\rightarrow2} > \mu_{s,2} N.$$  \hspace{1cm} (A1b)

One deduces from these relations that, when $\alpha$ is increased, the slider 1 moves first if

$$2F_{1\rightarrow2} < (\mu_{s,2} - \mu_{s,1}) N,$$  \hspace{1cm} (A2)

where $F_{1\rightarrow2}$ is given by Eq. (2). The onset of motion occurs precisely when $f = mg \sin \alpha$ reaches the value $f_{1} = \mu_{s,1} N + F_{1\rightarrow2}$. If the condition (A2) is not fulfilled, the slider 2 moves first, when $f$ reaches the value $f_{2} = \mu_{s,2} N - F_{1\rightarrow2}$.

The motion of the slider $i$ induces the motion of the other slider if the condition (A1) is satisfied, thus if (after simple algebra):

$$\frac{f}{N} \geq \mu_{d} + \frac{1}{2} (-1)^{i} (\mu_{s,1} - \mu_{s,2}).$$ \hspace{1cm} (A3)

Then, if $f > \mu_{d} N$, the motion of the two sliders is accelerated, and a macroscopic sliding of the whole system is observed. The corresponding value of $\tan \alpha_{c} = f/mg$ is recorded. In the opposite case, when $f < \mu_{d}$, the motion is damped, leading only to a short displacement of the system (creep). Once the system is again at rest, new values of $\mu_{s,1}$ and $\mu_{s,2}$ are drawn from the Gaussian distribution $p(\mu_{s})$. The value of the force $F_{1\rightarrow2}$ also needs to be recomputed, due to the change of the positions $x_{1}$ and $x_{2}$. Since the determination of the new positions would require to integrate the equations of motion during the damped motion, which is time-consuming, we rather use a simple approximation. The new force $F_{1\rightarrow2}$ is chosen at random, with a uniform probability, between the values $f - \mu_{s,1} N$ and $\mu_{s,2} N - f$, where $\mu_{s,1}$ and $\mu_{s,2}$ designate the new values of the static frictional coefficient. We are again led back to Eq. (A1), and the process is then iterated until a macroscopic sliding is observed.

If, however, Eq. (A3) is not satisfied, the other slider remains at rest when the slider $i$ rearranges, and the release of the elastic energy loaded in the spring leads to a change

$$\Delta F_{1\rightarrow2} = -2 (-1)^{i} (\mu_{s,1} - \mu_{d}) N$$ \hspace{1cm} (A4)

in the force $F_{1\rightarrow2}$ between the sliders –see Eq. (7). The value of $\mu_{s,1}$ needs to be drawn anew from $p(\mu_{s})$, the other frictional coefficient remaining unchanged, and the process is here again iterated, leading back to Eq. (A1), as long as a macroscopic motion does not emerge.

At the end of this iteration process, the critical value $\tan \alpha_{c}$ has been obtained, and the evolution on the horizontal substrate resumes (we recall that the evolution on the tilted substrate is only a ‘virtual’ test, that does not influence the ‘real’ horizontal evolution). Obviously, the obtained value of $\tan \alpha_{c}$ depends on the values of $\{F_{1\rightarrow2}, \mu_{s,1}, \mu_{s,2}, \theta\}$ given at the beginning of the test, which are all stochastic variables. It is thus necessary to average $\tan \alpha_{c}$ over the dynamics. Since, on the other hand, we wish to obtain the time-dependence of the critical angle to study aging effects, we proceed through a time scale separation as follows: $\tan \alpha_{c}$ is averaged over all the rearrangements occurring in a given time step of duration $\tau_{\text{th}}$, and also over a large number of independent realizations of the horizontal dynamics, with random initial conditions. Then the time-dependence on a scale larger than $\tau_{\text{th}}$ remains, and the time-step averages $\langle \ldots \rangle_{\tau_{q}}$ are labeled by the corresponding time $t_{q} = q \tau_{\text{th}}$, with $q$ integer, yielding the effective static frictional coefficient $\mu_{s}^{\text{eff}}(t_{q}) \equiv \langle \tan \alpha_{c} \rangle_{t_{q}}$. 

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