Medium-Frequency Transformer Scaling Laws: Derivation, Verification, and Critical Analysis

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Abstract—Medium-frequency transformers (MFTs) are one of the fundamental building blocks of modern power electronic converters. The usage of increased frequencies leads to improved characteristics, i.e., efficiency and power density (volumetric and gravimetric) but also to design challenges and constraints. This paper reviews the analytical modeling of MFTs. More particularly, the mapping between the design space and the performance space is analyzed. It is found that wide regions of the design space are mapped to a narrow region in the performance space, i.e., the optimum is flat and designs with very different parameters features similar performances (design space diversity). Scaling laws are derived for optimal MFTs operated at different power ratings and power densities, which provide a comprehensive and general insight on the achievable performances. In a next step, the results obtained with the analytical model are compared to numerical simulations. It is concluded that the derived scaling laws capture qualitatively and quantitatively the behavior of MFTs, but should be used with caution for accurate design processes.

Index Terms—Analytical model, medium-frequency transformers, numerical simulations, optimization, power converters, power electronics, pareto front, scaling laws.

Nomenclature

| Symbol | Description |
|--------|-------------|
| $A_c$  | Core cross section. |
| $t_c$  | Core limb width. |
| $z_c$  | Core depth. |
| $V_c$  | Core volume. |
| $A_w$  | Winding window cross section. |
| $d_w$  | Winding window width. |
| $h_w$  | Winding window height. |
| $V_w$  | Winding volume. |
| $x_{cw}$ | Ratio between $A_c$ and $A_w$. |
| $x_c$  | Ratio between $z_c$ and $2t_c$. |
| $x_w$  | Ratio between $h_w$ and $d_w$. |
| $A_t$  | Exposed area for cooling. |
| $V_{box}$ | MFT boxed volume. |
| $m_{tot}$ | MFT mass. |
| $n$    | Number of turns (both windings). |

$\rho$ Volumetric power density.
$\gamma$ Gravimetric power density.
$P$ MFT active rated power.
$S$ MFT apparent power.
$\cos(\phi)$ MFT power factor.
$f$ MFT operating frequency.
$I_{\text{RMS}}$ MFT RMS current.
$V_{\text{RMS}}$ MFT RMS voltage.
$B_{pk}$ Core peak flux density.
$k_c/\alpha_c/\beta_c$ Core Steinmetz parameters (empirical).
$f_{c,\text{max}}$ Max. frequency for the core.
$B_{\text{sat}}$ Core saturation flux density.
$p_c$ Core loss density.
$P_c$ Core losses.
$\mu_0$ Vacuum permeability.
$k_w$ Winding fill factor.
$I_{\text{RMS}}$ Winding RMS current density.
$d_s$ Winding strand diameter.
$\sigma$ Winding copper conductivity.
$\alpha_w$ Proximity effect factor.
$\delta$ Skin depth.
$p_w$ Winding loss density.
$P_w$ Winding losses.
$I_{\text{RMS,\text{max}}}$ Max. winding RMS current density.
$h_t$ Surface convection coefficient.
$k_v/\nu_t/\kappa_t$ Convection parameters (empirical).
$\Delta T$ Temperature rise (with respect to amb.).
$\Delta T_{\text{max}}$ Max. allowable temperature rise.
$r_{cw}$ Ratio between $P_c$ and $P_w$.
$r_w$ AC/DC winding resistance ratio.
$P_t$ Total losses (core and windings).
$\eta_{\phi}$ MFT efficiency (50% load).
$\eta_{\text{fl}}$ MFT efficiency (100% load).

I. INTRODUCTION

LOW-FREQUENCY transformers (LFTs) are widely used for voltage transformation/adaptation and galvanic isolation in electrical systems [1]. The performance of LFTs (efficiency, volumetric power density, and gravimetric power density) is subject to fundamental physical limitations due to the saturation flux density of the core material, the (thermally)
limited current density in the windings, and the cooling capabilities [1], [2].

For medium-frequency transformers (MFTs) employed in power electronic converters, the operating frequency is not defined by the grid frequency and, therefore, can be used as an additional degree of freedom, which allows to mitigate (with a reduced volt-second product applied to the magnetic core) the impact of the aforementioned limitations [3]–[9]. Fig. 1 illustrates the Pareto fronts of 50 Hz LFTs and MFTs for a 20 kW system. It can be seen that increasing the operating frequency allows for significant improvements in terms of power density and efficiency. It should be noted that, for power electronic converters, medium-frequency is not uniquely defined. In this context, medium-frequency can be quantified with the power-frequency product, which is usually in the range of [0.05, 5.0] MHz-kW, i.e., the absolute operating frequency of a system is dependent on the power level.

However, the usage of medium-frequency introduces new challenges: additional core losses (e.g., due to eddy currents in the core and magnetic relaxation), high frequency losses in the windings (e.g., due to skin and proximity effects), and parasitic resonances [8], [9]. Moreover, MFTs require power electronic converters, which are inverting and rectifying the voltages and currents at the desired operating frequency [4]–[6], [10], [11]. With insulated gate bipolar transistors (IGBTs) (or with hard-switched Silicon MOSFETs), the operating frequency of MFTs is mainly limited by the switching losses of the inverter and rectifier stages. However, with newly available fast-switching Silicon-Carbide (SiC) and Gallium-Nitride (GaN) transistors and/or soft-switching techniques, the switching losses are greatly reduced and the complete design space of MFTs can be used [6], [7], [12]. This implies that a detailed knowledge of the design procedure of MFTs is required for realizing efficient, compact, and inexpensive MFTs utilizing the full potential of modern semiconductors.

Multiple degrees of freedom are available for the design of MFTs: frequency, winding type, winding geometry, core shape, core material, and cooling concept. The analysis of such devices can be split into several categories.

• Equivalent circuit: The MFT is described with an equivalent circuit describing the magnetizing flux, the leakage flux, the magnetic coupling, and the voltage transfer ratio [13], [14].

• Core losses: The core losses (e.g., due to hysteresis and eddy current losses) are usually computed with semi-empirical methods, which are calibrated with measurements [8], [15], [16].

• Winding losses: Different methods exist for computing the winding losses at medium-frequency (e.g., due to skin and proximity effects) for different winding configuration (e.g., litz wire, foil, and printed circuit board (PCB) integrated) [9], [17]–[19].

• Thermal: A thermal model of the MFT and the corresponding cooling system is used for the extraction of the temperature distribution [5], [8], [20].

• Other aspects: Additionally, parasitic capacitances, resonances, electric and/or magnetic shielding, electrical insulation, and dielectric losses should be considered for some designs [7], [8], [21].

The aforementioned aspects are typically combined in order to obtain a full model, which allows for the optimization of MFTs. Such models can be classified into three categories.

• Full-analytical models: The model is based on analytical equations and features a closed-form analytical solution [5], [8], [9], [22]–[24]. The approach is simple and features a clear physical interpretation. Nevertheless, the accuracy of full-analytical models is limited.

• Semi-numerical models: The model is based on analytical equations, but does not feature an explicit solution. The optimal design is obtained with numerical optimization (e.g., brute-force, gradient optimization, and genetic algorithm) [11], [25]–[29]. Such numerical optimizations are accurate and reasonably fast. However, it is difficult to identify the mechanisms leading to the optimal design. Furthermore, the obtained results are specific to the given specifications and cannot be easily generalized.

• Numerical models: The MFT parameters are extracted from numerical field simulations (e.g., finite element method (FEM) simulations) [6], [21]. However, such models are time-consuming (modeling complexity and computational cost) and only provide limited advantages compared to the semi-numerical approach [13]. Therefore, such models are typically not used for optimization processes.

Explicit analytical equations for the design of optimal MFTs have been successfully given in [9], [22], [24], [32]. Analytical scaling laws (scaling of the characteristics of MFTs with respect to a reference design) have been proposed for different power densities, efficiencies, and frequencies in [22], [23], [33], [34]. The complexity of the mapping between the design space and the performance space can be seen in Fig. 1 (mapping of the operating frequency to the performance space) and has also been observed in [12], [32], [35]. However, to the knowledge of the authors, all the aforementioned aspects have not been
A. Geometry and Operating Conditions

The MFT depicted in Fig. 2 is considered and features the geometrical aspect ratios of the MFT brought together up to now. The properties of optimal MFT designs and the scaling of MFTs under different conditions highlight the fundamental characteristics and limitations of MFTs. A better understanding of the mapping between the design space and performance space is also required for using all the available degrees of freedom during multi-objective optimization and for understanding the limitations of the analytical optima.

Therefore, this paper examines the optimization and the scaling of MFTs in detail and is organized as follows. Section II presents the chosen full-analytical MFT model. Section III shows which point in the design space is mapped to the optimal design and which regions are mapped to quasioptimal designs (design space diversity). Moreover, scaling laws are derived for the optimal designs for different power densities, power ratings, temperature rises, and efficiencies. Section IV applies the presented methods to a 20 kW and 20 kW/L (328 W/in²) MFT. Section V successfully compares the results obtained with the full-analytical model with a more elaborate semi-numerical model. Finally, Section VI highlights the limits of the full-analytical models and the corresponding scaling laws.

II. FULL-ANALYTICAL MODELING

In this section, a full-analytical model of MFTs is presented. The core losses, the winding losses, and the thermal limit are considered with simplified analytical models.

A. Geometry and Operating Conditions

The MFT depicted in Fig. 2 is considered and features the most common design choices: E-core (without air gap) with a shell-type arrangement and litz wire windings (without interleaving). The boxed volume \( V_{box} \) together with the geometrical aspect ratios \( \left(x_{c}, x_{t}, x_{w}\right) \) defines uniquely the geometry of the MFT (cf., Fig. 2). For simplifying the design equations, a turns ratio of 1 : 1 is first selected. The volumetric \( \left(\rho\right) \) and gravimetric \( \left(\gamma\right) \) power densities are used as performance indicators for the geometry of the MFT:

\[
\rho = \frac{P}{V_{box}}, \quad (1)
\]

\[
\gamma = \frac{P}{m_{tot}}. \quad (2)
\]

In the following, the volumetric power density is primarily considered but all the results can also be obtained for the gravimetric power density. The MFT is assumed to operate with sinusoidal currents and voltages. The apparent power of the MFT \( S \) can then be expressed with the help of the power factor and the active rated power:

\[
S = P / \cos(\varphi) = I_{rms} V_{rms}. \quad (3)
\]

The aforementioned design choices have been made since they represent the most typical operation condition of MFTs [4]–[6], [25], [26]. Nevertheless, the presented method can be adapted to other MFT designs and operating conditions, without fundamentally changing the obtained results:

- Transformer type: Transformers with multiple windings (e.g., three-phase transformers) can be considered with small adaptations of the design equations [1], [22].
- Core shape: Other core shapes (e.g., ETD, RM, and U) can be used without any problem by adapting the relations shown in Fig. 2.
- Winding type: Windings composed of solid wires or foils can also be used with minor adaptations of the formulas used for the computations of the losses [5], [8]. Interleaving of the winding can also be considered [8], [9]. Different types of winding arrangements (shell-type or core-type) are also possible [8], [22].
- Turns ratio: The turns ratio of the MFT can be adapted to change the voltage transformation ratio with a small impact on the design variables [5], [22].
- Excitation: Arbitrary (instead of sinusoidal) current and voltage waveforms can be considered with the models presented in [15], [16], [19].

B. Core and Winding Losses

The core losses of the MFT are computed with the Steinmetz equation, where the lamination factor (if applicable) is included in the Steinmetz parameters [8], [16]. Then, the flux density \( B_{pk} \), the loss density \( p_{c} \), and the core losses \( P_{c} \) can be expressed as

\[
P_{lk} = \frac{\sqrt{2}}{2\pi n f A_{x}} V_{rms}, \quad (4)
\]

\[
p_{c} = k \int V_{rms} B_{pk}, \quad (5)
\]

\[
P_{c} = V_{c} p_{c}, \quad (6)
\]

\[A_{x} = 2 t_{z} x_{z} \quad \text{Core cross section}
\]

\[A_{w} = d_{w} h_{w} \quad \text{Winding cross section}
\]

\[A_{c} = x_{c} / 2 t_{c} \quad \text{Exposed area for cooling}
\]

\[V_{c} = \text{Core volume}
\]

\[V_{w} = \text{Winding volume}
\]

\[V_{box} = \text{MFT boxed volume}
\]

\[m_{tot} = \text{MFT mass}
\]

\[x_{c} = A_{c} / A_{w} \quad \text{defines the geometrical}
\]

\[x_{c} = x_{t} / 2 t_{c} \quad \text{ratio of the MFT.}
\]

\[x_{c} = h_{w} / d_{w} \quad \text{Volumetric power density}
\]

\[
\rho = P / V_{box}, \quad (1)
\]

\[
\gamma = P / m_{tot}. \quad (2)
\]

\[
S = P / \cos(\varphi) = I_{rms} V_{rms}. \quad (3)
\]
This model neglects the frequency and temperature dependences of the Steinmetz parameters [15], [20]. In addition, the following limitations (saturation flux and maximal operating frequency of the core material) apply to the aforementioned model:

\[ n > \frac{\sqrt{2} V_{\text{rms}}}{2\pi B_{\text{sat}} A_e} \Leftrightarrow B_{ph} < B_{\text{sat}}, \]  
(7)

\[ f < f_{\text{max}}. \]  
(8)

The Steinmetz equation is an empirical model which is parametrized with measurement data. The accuracy of the model (in the relevant frequency and flux density ranges) should be checked for every considered core material.

The winding losses of litz wire windings (shell-type arrangement) are computed with the asymptotic approximation of the proximity effect losses (without interleaving) [5], [19], [22], [24]. Then, the current density \( J_{\text{rms}} \), the proximity effect factor \( a_w \), the skin depth \( \delta \), the loss density \( p_w \), and the winding losses \( P_w \) can be expressed as

\[ J_{\text{rms}} = \frac{2n J_{\text{rms}}}{k_w A_w}, \]  
(9)

\[ a_w = \frac{1}{24} (\pi \mu_0 \sigma k_w d_w d_s)^2, \]  
(10)

\[ \delta = \frac{1}{\sqrt{\pi \mu_0 f}}, \]  
(11)

\[ p_w = (1 + a_w f^2) J_{\text{rms}}^2 \sigma, \]  
(12)

\[ P_w = (V_{\text{rms}} k_w) p_w. \]  
(13)

This model neglects the temperature dependence of the winding losses, the exact placement of the wires, and the additional losses occurring when the skin depth reaches the strand diameter [13], [18]. The filling factor considers the packing of the strands (litz wire), the packing of the turns, and the insulation distances. The following limitations (maximal current density and skin depth) apply to the aforementioned model:

\[ n < \frac{k_w A_w J_{\text{rms, max}}}{2 I_{\text{rms}}} \Leftrightarrow J_{\text{rms}} < J_{\text{rms, max}}, \]  
(14)

\[ f < \frac{1}{\pi \mu_0 d_s} \Leftrightarrow d_s < \delta. \]  
(15)

Within the aforementioned limits, this model represents a good approximation of the high-frequency winding losses (less than 10% error compared to FEM simulations) as analyzed in [13], [22].

From the core and winding losses, different performance indicators can be extracted. The ratio between the core and winding losses \( r_{cw} \), the ratio between the AC and DC winding resistances \( r_w \), the total MFT losses \( P_t \), and the efficiencies \( \eta_{fl} \) and \( \eta_{pl} \) can be expressed as

\[ r_{cw} = \frac{P_c}{P_w}, \]  
(16)

\[ r_w = 1 + a_w f^2, \]  
(17)

\[ P_t = P_w + P_c, \]  
(18)

\[ \eta_{fl} = 1 - \frac{P_w + P_c}{P_t}, \]  
(19)

\[ \eta_{pl} = 1 - \frac{(P_c / A^4 + P_w )}{P_t^2}. \]  
(20)

C. Thermal Modeling

A thermal model is required for ensuring that the MFT is not operated beyond the thermal limit. However, complex thermal models [5], [15], [26], [29], [36] are not adapted for deriving scaling laws. A model based on the convection coefficient and the exposed area of the MFT [23], [24] has been selected. The convection coefficient \( (h) \) is obtained with a fit (temperature and exposed area dependences) of the empirical formulas provided in [8]:

\[ h = k_\gamma \Delta T^{n/4} A_r^{k/4}. \]  
(21)

This model can be used to describe natural and/or forced convection processes. Heat conduction and radiation processes are neglected. Then, the temperature rise \( \Delta T \) of the transformer (windings and core) and the corresponding thermal limit can be expressed as

\[ \Delta T = \frac{P_t}{k_\gamma A_r} = \left( \frac{P_t}{k_\gamma A_r^{1/4}} \right)^{1/4}. \]  
(22)

\[ \Delta T < \Delta T_{\text{max}}. \]  
(23)

III. Optimization and Scaling Laws

In this section, the presented full-analytical model (cf., Section II) is used to derive conditions for optimal designs. Furthermore, the properties of the optimal designs are analyzed for different frequencies, power densities, and power ratings.

A. Area Product

The area product (product of the core and winding window cross sections) is a common method for designing LFTs [8], [23]. The area product, which is directly linked to the LFT power rating, can be expressed as

\[ A \cdot A_w = \frac{\sqrt{2} V_{\text{rms}} 2n J_{\text{rms}}}{2\pi f h B_{ph}} = \frac{\sqrt{2} S}{\pi k_w B_{ph} I_{\text{rms}}} f. \]  
(24)
For LFTs, the core losses are low and the peak flux density \(B_{pk}\) can be set to the saturation flux density level \(B_{sat}\) and the current density \(J_{rms}\) to the maximum value \(J_{rms,max}\). Then, the area product represents a valuable design equation for obtaining a first approximation of a LFT size and performance. The area product also indicates that the operation at an increased frequency will lead to more compact designs.

However, for MFTs, the optimal flux and current densities can be significantly lower than the maximum values [5], [24], [33]. This is due to the increased core losses (parameter \(\alpha_c\)) and the proximity effect losses in the windings (parameter \(\alpha_w\)). This implies that the area product cannot be directly used for designing MFTs. Nevertheless, the area product still represents an upper bound for MFTs, which can be useful as a starting point during the design process.

### B. Optimal MFT Design

With the aforementioned models (cf., Section II), it is possible to derive a closed-form solution for optimal MFTs [5], [22]. However, several assumptions are required for obtaining a simple solution:

- The power rating, power factor, and voltage level \(P, \cos(\phi)\), and \(V_{RMS}\) are fixed. Therefore, it is accepted that the reactive power is not strongly dependent on the leakage and magnetizing inductances of the different designs. This is the case for MFTs with high magnetic coupling factors [13].
- The geometry is fixed \(V_{box}, x_{cw}, x_c, \) and \(x_w\). This corresponds to a specific magnetic core size.
- The core material \((B_{sat}, k_c, \alpha_c, \) and \(\beta_c)\) and the winding stranding \(J_{rms,max}, k_w, \sigma_w, \) and \(d_w\) are selected, i.e., not variable.
- The number of turns \((n)\) is accepted to be a continuous (non-discrete) variable. The winding filling factor is independent of the number of turns and the exact packing pattern of the turns is not considered.

With these assumptions, the only remaining degrees of freedom are the operating frequency \(f\) and the number of turns \((n)\). This design space is constrained by the saturation flux density (cf., (7)), the current density (cf., (14)), and the maximum frequency (cf., (8) and (15)). Fig. 3 shows the resulting design space. With the presented models, the MFT losses can be expressed as

\[
P_1(f, n) = C_1 J_{rms}^{\alpha_w} n^2,
\]

\[
P_2(f, n) = C_2 \left(1 + \alpha_c f^2\right) n^2,
\]

\[
P(f, n) = P_1(f, n) + P_2(f, n),
\]

where the following constants are defined:

\[
C_1 = \left(k_c V_{box}\right) \left(\frac{\sqrt{2} V_{RMS}}{2\pi A_c}\right)^{\beta_c},
\]

\[
C_2 = \frac{4 W_{lm}^2 I_{RMS}}{\sigma k_w A_{cw}^2}.
\]

Now, the optimal number of turns for a given frequency \((n_{opt})\) and the optimal frequency \((f_{opt})\) for a given number of turns can be calculated (cf., Fig. 3). The following expressions can be calculated with partial derivatives:

\[
\frac{\partial P_1(f, n)}{\partial n} = 0 \Rightarrow n_{opt}(f) = \left[\frac{C_1 \beta_c f^n \cdot n^{-\beta_c}}{2C_2 \left(1 + \alpha_w f^2\right)}\right]^{1/\beta_c},
\]

\[
\frac{\partial P_1(f, n)}{\partial f} = 0 \Rightarrow f_{opt}(n) = \left[\frac{2C_1 \alpha_w n^{\beta_c}}{C_1 \left(\beta_c - \alpha_w\right)}\right]^{1/\alpha_w}.\]

It should be noted that the optimal frequency \((f_{opt})\) only exists if \(\beta_c > \alpha_c\), which is almost always respected for core materials operated at typical frequencies. For \(\beta_c = \alpha_c\), the optimal frequency would be zero, and all the designs would be operated at the saturation limit [33]. The optimal number of turns \((n_{opt})\) can be very low or very high, which can lead to practical problems for the construction of the windings. However, the number of turns can be adapted by changing the core geometrical aspect ratios, i.e., the ratio between the core \((A_c)\) and windings \((A_w)\) areas (cf., Fig. 2).

The intersection between \(n_{opt}\) and \(f_{opt}\) represents the global optimum (gradient of the loss function is zero, cf., Fig. 3) and can be expressed as

\[
f_{opt} = \sqrt{\frac{\beta_c - \alpha_c}{\alpha_w n_{opt}}} \Rightarrow n_{opt} = n_{opt}(f_{opt}).
\]

This implies that beyond \(f_{opt}\), the increase of the proximity effect losses in the windings exceeds the reduction of the core losses. The designs with the optimal number of turns feature
The following property between the core and winding losses (at any frequency as long as the saturation flux, maximum current density, and maximum frequency are not reached) [5], [22], [24]:

$$n = n_{opt}(f) \Rightarrow r_w = \frac{2}{\alpha c}.$$ 

(33)

The global optimum, additionally, features a specific ratio between the AC and DC winding resistances [5], [22], [24]:

$$(f = f_{opt}) \land (\mu = \mu_{opt}) \Rightarrow \left\{r_w = \frac{\beta c}{\alpha c} \lor r_w = \frac{2}{\beta c}\right\}. \quad (34)$$

The global optimum can be situated outside the design space, especially for designs with large power densities. Then, the feasible optimum will be located at the boundary of the design space, typically at the core saturation limit. Furthermore, the thermal limit is also restricting the valid designs around the global optimum (cf., Fig. 3). However, MFTs are typically operated below the saturation, frequency, and current density limits [4]–[6], [11] and, therefore, the derived optimum can be used. Hence, the nature of this global optimum is analyzed in more details in the next subsection.

C. Frequency Diversity

In the design space shown in Fig. 3, all the designs with an optimal number of turns ($n_{opt}$, as long the saturation flux is not reached) are considered for different frequencies. This restriction is accepted since there are no reasons to build a MFT with a non-optimal number of turns. By contrast, due to the switching losses of the power semiconductors and/or electro magnetic interference (EMI) issues, it can be desirable to select an operating frequency below $f_{opt}$. The impact of the selection of a sub-optimal operating frequency can be described with the following equation:

$$\varepsilon = \text{max} \left\{ \frac{P_1(f, n_{opt})}{P_1(f_{opt}, n_{opt})} - 1 \right\}, \text{ with } \frac{f_{opt}}{f} < \xi.$$ 

(35)

where $\xi$ represents the allowed relative deviation compared to the optimal frequency ($f_{opt}$) and $\varepsilon$ the corresponding relative impact on the losses, as illustrated in Fig. 4(a).

The resulting characteristic of the losses curve is rather flat with respect to frequency ($f < f_{opt}$) as long as the saturation flux is not reached ($n_{opt}$ is located inside the design space). As soon as $n_{opt}$ crosses the saturation limit, the number of turns should be selected with respect to the saturation limit (and not anymore with $n_{opt}$). This leads to a rapid increase of the winding losses and the optimal ratios between the core and winding losses (cf., (33)) cannot be anymore achieved. Therefore, at the saturation limit, the total losses are rapidly increasing.

The aforementioned equation can be solved analytically if all the designs are located inside the design space limitations ($n_{opt}$ is not limited by the saturation flux), which is the case for typical MFT designs. This leads to:

$$\varepsilon = \left(\frac{1}{\xi} - 1\right)^{\frac{\alpha c}{\beta c}} \left(\frac{\beta c - \alpha c (1 - \xi^2)}{\beta c} \right)^{\frac{2}{\gamma c}} - 1,$$ 

(36)

where it should be noted that the solution of the equation is only dependent on $\alpha c$, $\beta c$, and $\xi$. Therefore, the solution can be evaluated numerically for a range of Steinmetz parameters covering typical core materials [8], [31], [37]–[42].

Fig. 4(b) shows the obtained results. It can be observed that frequencies significantly below $f_{opt}$ can be selected with a minor impact on the efficiency. For example, with half of the optimal frequency ($\xi = 2$), the losses are, at most, only 15% higher than the global optimum. It can be concluded that the MFT loss curve is always flat around $f_{opt}$. This implies that the optimum ($f_{opt}$) should be considered carefully for converter designs. A small amount of frequency-dependent losses in the converter (e.g., switching losses of the semiconductors) can significantly shift down the optimal operating frequency of the complete converter with respect to the MFT optimum, however, with a minor impact on the achieved performances.

Nevertheless, if the selected operating frequency is significantly below $f_{opt}$, this indicates that a less expensive core material and litz wire could be selected with a minor impact on the achieved performance. However, the optimal frequency ($f_{opt}$) is interesting for examining the fundamental design limitations of power converters. This holds particularly true with modern SiC and GaN transistors, where the magnetic components often limit the achievable efficiency and power density [12]. Therefore, scaling laws are derived for the optimal MFT ($f_{opt}$ and $n_{opt}$) in the next subsection.

D. Scaling Laws

The scaling of MFTs is considered for different power ratings ($P$) and power densities ($\rho$) [23], [34]. Different hypotheses are made in order to obtain simple and general scaling laws:

- The power factor and voltage levels ($\cos (\phi)$ and $V_{RMS}$) are fixed. The power rating is scaled with the current. However,
the impedance of the MFT (ratio between $V_{RMS}$ and $I_{RMS}$) has only a minor impact on the derived scaling laws.

- The volume (or power density) of the MFT is scaled with fixed (constant) geometrical aspect ratios (xref, yref, and zref).
- The core material ($B_{sat}$, $k_c$, $\alpha_c$, and $\beta_t$) and the winding stranding ($J_{rms,max}$, $k_w$, $\sigma$, and $d_i$) are fixed.
- The number of turns ($n$) is accepted to be a continuous (non-discrete) variable. The winding filling factor is independent of the number of turns, the power rating, and the power density.
- The global optimum is considered for all the designs ($f_{opt}$ and $n_{opt}$). It is accepted that the global optimum is located inside (and not at the boundary) of the design space (cf., (34)). With the aforementioned hypotheses, it is possible to derive analytical scaling laws for the power density ($\rho$) and the power rating ($P$):

$$
\frac{x}{x_{ref}} = \left( \frac{\rho}{\rho_{ref}} \right)^{\alpha} \quad \left( f = f_{opt} \right) \wedge (n = n_{opt})
$$

(37)

$$
\frac{x}{x_{ref}} = \left( \frac{P}{P_{ref}} \right)^{\alpha} \quad \left( f = f_{opt} \right) \wedge (n = n_{opt})
$$

(38)

where $\rho_{ref}$ and $P_{ref}$ represents the reference design and $\lambda$ the scaling exponent. Each characteristic, $x$, can be scaled with respect to the reference value, $x_{ref}$. The following characteristics are considered: the power rating ($P$), the volumetric power density ($\rho$), the gravimetric power density ($\gamma$), the temperature rise ($\Delta T$), the loss fraction ($1 - \eta_{pl}$ and $1 - \eta_{pl}$), the frequency ($f_{opt}$), the number of turns ($n_{opt}$), the peak flux density ($B_{sat}$), the current density ($J_{rms}$), the AC/DC winding resistance ratio ($r_w$), and the ratio between the core and winding losses ($r_{cw}$). It should be noted that simple exponential scaling laws only exist due to the special properties of the global optimum (cf., (34)).

There are several ways of scaling a MFT for different power ratings and power densities. However, in order to give meaningful results, certain parameters and/or performance indicators should be kept constant, as shown in Fig. 5(a) [23]:

- $P$ = const. - The power rating of the MFT is constant and the power density is scaled (cf., (37)).
- $\rho$ = const. - The power density of the MFT is constant and the power rating is scaled (cf., (38)).
- $\eta$ = const. - The power rating of the MFT is scaled with a constant efficiency (cf., (38)).
- $\Delta T$ = const. - The power rating of the MFT is scaled with a constant temperature rise (cf., (38)).

Exact analytical solutions exist for the scaling coefficients ($\lambda$). The solutions only depend on the empirical parameters $\alpha_c$, $\beta_t$, $v_1$, and $k_c$. For extracting general statements, the scaling coefficients are extracted for all the parameter combinations occurring for typical core materials and convective heat transfer mechanisms, cf., Fig. 5(b) [8], [31], [37]–[42]. The power rating of the MFT is scaled with a constant voltage. However, it should be noted that all the parameters, except the number of turns ($n_{opt}$), are independent of the impedance of the MFT (i.e., the ratio between $V_{rms}$ and $I_{rms}$).

Table I shows the scaling coefficients for a constant power rating ($P$ = const.). For increasing power densities, the frequency, and temperature rise are increasing, until the thermal limit is reached. The loss fraction is slowly increasing with the power density, indicating that the Pareto front is flat with respect to the power density.

Table II depicts the scaling coefficients for a constant power density ($\rho$ = const.). For increasing power ratings, the temperature rise is increasing while the frequency is decreasing. The loss fraction is also slowly decreasing with the power rating, implying that high power MFTs are intrinsically more efficient but difficult to cool down.

Table III shows the scaling coefficients for a constant efficiency ($\eta$ = const.). For increasing power ratings, the power density is increasing while the frequency is decreasing. The temperature rise is also increasing, which implies that high power designs are hitting the thermal limit. This is due to the reduction of the ratio between the surface area ($A_s$) and the
volume ($V_{box}$) for large MFTs.

Table IV shows the scaling coefficients for a constant temperature rise ($\Delta T = \text{const.}$). For increasing power ratings, the power density and the frequency are decreasing. The loss fraction is decreasing, implying that high power MFTs should be particularly efficient for staying thermally feasible. The same trend can also be observed for LFTs [1], [2].

General trends can be identified independent of the chosen core material and convective cooling mechanisms (cf., Fig. 5(b)). The following conclusions are drawn from the scaling laws. Compact designs are running with higher frequencies, temperature rises, flux densities, and current densities but feature limited efficiencies. High power designs feature lower frequencies and higher efficiencies but limited cooling capabilities.

Scaling laws can also be derived for a fixed frequency (different from $f_{opt,0}$) and for designs at the saturation limit. However, for obtaining simple scaling coefficients (cf., (37) and (38)), additional assumptions on $r_w$ and/or $r_{cw}$ are necessary [34]. Furthermore, it is difficult to draw general conclusions from scaling laws with sub-optimal designs. Therefore, only the scaling of optimal designs ($f_{opt,0}$ and $n_{opt,0}$) is considered in the following.

### IV. Analytical Results

In this section, the aforementioned optimum, frequency diversity, and scaling laws are applied to a specific MFT design. The reference design features the following ratings: $P = 20 \text{ kW}$, $\rho = 20 \text{ kW/L}$, and $V_{RMS} = 600 \text{ V}$.

### A. Considered Parameters

An E-core based MFT with shell-type arrangement is considered (cf., Fig. 2). The key parameters are summarized in Table V. A “TDK N97” ferrite core is selected where the
Steinmetz parameters are extracted with a least square fit of the losses ($T = 70 ^\circ \text{C}$, $B_{sat} \in [25, 150]$ mT, and $f \in [50, 200]$ kHz) [31]. The maximum error between the considered Steinmetz model and the datasheet values is, in the considered range, less than 5%. The windings are composed of litz wires with 100 $\mu$m strands. The filling factor of 25% considers the filling factor of the litz wire itself, the filling factor of the turns, and the insulation distances to the core. The convection coefficient parameters are fitted for the chosen geometry with an air speed of 3 m/s with the formula presented in [8].

### B. Optimal Design

Fig. 6(a) depicts the obtained design space (cf., Fig. 3) for $P = 20$ kW and $\rho = 20$ kW/L. The core losses are diminishing with increasing number of turns and/or frequencies (volt-second product), as shown in Fig. 6(b). On the contrary, the winding losses are increasing with increasing number of turns (current density) and/or frequencies (proximity effect), as shown Fig. 6(c). Therefore, an optimum exists and has the following characteristics: $f_{opt} = 86$ kHz, $n_{opt} = 10.5$, $r_s = 1.71$, $r_w = 0.81$, $J_{RMS} = 2.9$ A/mm$^2$, $B_{pk} = 84$ mT, $\Delta T = 41 ^\circ \text{C}$, $\eta_d = 99.72\%$, and $\eta_t = 99.76\%$. It can be seen that the optimal design is located far away from the design space limits (saturation flux, maximum current density, maximum frequency, and thermal limit).

### C. Frequency Diversity

Fig. 7(a) shows the design space for $P = 20$ kW and different power densities and frequencies. The optimal number of turns ($n_{opt}$, as long the saturation flux is not reached) is considered for all the designs. It can be seen that all the optimal designs ($f_{opt}$) are not restricted by the saturation flux, maximum current density, or maximum frequency. This means that the optimum derived in Section III-B can be used. The efficiency is rapidly dropping for designs operated at the saturation flux (cf., Fig. 4).

The frequency diversity presented in Section III-C can be observed in Fig. 7(b) where the Pareto fronts are shown for $f < f_{opt}$. As expected (cf., Fig. 4(b)), frequencies well below $f_{opt}$ can be chosen with a minor impact on the efficiency: $\varepsilon = 11\%$ for $\xi = 2$ and $\xi = 26\%$ for $\xi = 3$ (cf., (36)). It should be noted that, with the considered degrees of freedom (volume, number of turns, and frequency), only a single design (with $f_{opt}$ and $n_{opt}$) exists at the maximum allowable power density, explaining the sharp tip of the Pareto front.

### D. Scaling Laws

Fig. 8 depicts the scaling of the aforementioned MFT for different power ratings and power densities (cf., Section III-D).
Materials feature comparable operating frequencies (at higher frequencies (cf., (32))). The designs with the ferrite frequency. Logically, the designs with fine strands are operated

number of turns ("Metglas 2605SA1") [31], [37]–[39]. The strand diameter is

unchanged, cf., Table V). The following core materials are

stranding of the windings (all the other parameters remains

Fig. 7(b)) can be pushed by changing the core material and the

E. Core Material and Winding Stranding

The Pareto front obtained with the defined parameters (cf., Fig. 7(b)) can be pushed by changing the core material and the stranding of the windings (all the other parameters remains unchanged, cf., Table V). The following core materials are considered: a low performance ferrite ("TDK N27"), a high performance ferrite ("TDK N97"), a nanocrystalline material ("VAC VITROPERM 500F"), and an amorphous material ("Metglas 2605SA1") [31], [37]–[39]. The strand diameter is chosen between 50 μm, 100 μm, and 200 μm. All the designs are operated with the optimal frequency and the optimal number of turns ($f_{\text{opt}}$ and $n_{\text{opt}}$).

Fig. 9 shows the obtained Pareto fronts with the corresponding optimal operating frequencies for $P = 20$ kW. It should be noted that all the designs (until the thermal limit) are not limited by the saturation flux, maximum current density, and maximum frequency. Logically, the designs with fine strands are operated at higher frequencies (cf., (32)). The designs with the ferrite materials feature comparable operating frequencies ($β_c − α_c$ difference is similar, cf., (32)). However, the designs based on the N97 ferrite material are more efficient compared to the designs using the N27 ferrite. The designs with an amorphous core feature low operating frequencies but also low efficiencies. The MFTs with a nanocrystalline core feature high efficiencies with reduced operating frequencies ($β_c − α_c$ difference is small) and, therefore, represent an interesting alternative.

It can be concluded that the choice of the core material and the winding stranding are interconnected. Designs with large $β_c − α_c$ differences and reduced $d_i$ are operated at higher frequencies (cf., (32)) and feature a reduced $B_{\phi_{\text{rms}}}$ $J_{\text{rms}}$ product (cf., (24)). However, high optimal operating frequencies do not directly imply high efficiencies. This last statement is highlighted by comparing the N27 ferrite and the nanocrystalline materials in Fig. 9.

V. Numerical Verification

The full-analytical model presented in Section II and the optimum derived in Section III are subject to several simplifications, which are required to obtain an explicit solution for the optimum and the associated scaling laws. In this section, the results obtained with the full-analytical model (cf., Section IV) are compared with a more elaborate semi-numerical model in order to verify the validity of the presented results.

A. Semi-Numerical Model

A semi-numerical model of MFTs, which is based on the analysis presented in [5], [15], [26], [29], is considered. The following effects and limitations are taken into account:

- Geometry: A discrete (integer) number of turns is considered with the exact packing pattern of the turns. The insulation distances (between the turns and to the core) are taken into account.
- Core losses: The flux density, frequency, and temperature dependences of the core losses are considered with a loss map extracted from measurements [15], [16].
- Winding losses: The Winding losses are computed with
the exact packing pattern of the turns and the temperature dependence is taken into account [15], [29].

- Thermal model: A complex thermal model is used where the heat conduction, natural convection, forced convection, and radiation mechanisms are considered. The cross-coupling between the losses and the temperature distribution is taken into account [8], [26], [29], [35]. For the temperature rise, the hotspot of the transformer (typically the winding temperature) is considered.

- Insulation design: The stress in the insulation (electric field and dielectric losses) is computed [21]. Designs with too large electric field values are excluded.

- Equivalent circuit: The effect of the magnetizing and leakage inductances on the applied waveforms is also taken into account [13].

- Parasitic resonances: The effect of the open-circuit and short-circuit resonances on the MFT operation is investigated [8], [43]. Designs with critically low resonance frequencies are excluded.

This semi-numerical model has been successfully used and experimentally verified with the prototypes presented in [13], [43]–[45]. More particularly, in [45], the semi-numerical model is compared with FEM simulations, electrical measurements, and calorimetric measurements. The deviation between the computed and measured inefficiencies is below 0.05%.

This semi-numerical model is based on analytical equations, but does not feature an analytical solution. Most important, the computation cost for a single design is reasonable: less than 5kFLOPs [46]. Nevertheless, such a model leads to a multi-variable, multi-constrained, mixed-integer, and non-linear optimization problem. Therefore, the optimization problem should be solved with a numerical solver. In the following, the computations methods listed below are compared:

- **Full-analytical**: The presented full-analytical model (cf., Section II) is considered. The derived analytical optimum and scaling laws (cf., Section III) are used.

- **Semi-numerical/fixed ratios**: The semi-numerical method is used with fixed (constant) geometrical aspect ratios ($x_{os}$, $x_c$, and $x_n$).

- **Semi-numerical/free ratios**: The semi-numerical method is used and the geometrical aspect ratios of the MFT ($x_{os}$, $x_c$, and $x_n$) are also optimized.

### B. Scaling Laws

The specifications considered in Section IV-A (cf., Table V) are selected and the methods defined in Section V-A are compared. The reference design for the scaling is featuring the same ratings as defined in Section IV-D: $P_{ref} = 20$ kW and $\rho_{ref} = 20$ kW/L. The scaling laws with constant power density ($\rho = \text{const.}$) and constant power ($P = \text{const.}$) are considered since they cover a representative part of the designs shown in Fig. 8.

For the full-analytical model, the derived optimum is used ($J_{opt}$ and $K_{opt}$). For the two semi-numerical models, the optimum design (with respect to the efficiency) is selected with a mixed-integer multi-constrained genetic algorithm [27], [47]. The results are shown in Fig. 10 and Fig. 11 for constant power density ($\rho = \text{const.}$) and constant power ($P = \text{const.}$), respectively.

It can be seen immediately that the consideration of discrete (integer) numbers of turns leads to discontinuous curves for the optimal designs. The derived scaling laws are valid as they correctly predict (qualitatively and quantitatively) the trends for all the considered parameters for fixed geometrical aspect ratios. With free geometrical aspect ratios, the optimal designs feature narrow winding windows and, therefore, reduced proximity effect losses (cf., (10)) and higher switching frequencies (cf., (32)). The increased switching frequencies also explain the reduced numbers of turns and the low flux densities. However, the thickness of the winding window cannot be reduced beyond a certain limit, due to practical constraints (packing of the turns) and due to the incompressible insulation distances (e.g., coil former thickness). Nevertheless, the optimization of the geometrical aspect ratios only provides limited advantages for the achieved efficiencies and power densities. This confirms the aspect ratios can be kept constant for the analysis of the fundamental characteristics of MFTs with an analytical model (i.e., scaling laws).

High efficiencies (up to 99.85%) and power densities (up to 63 kW/L) are achieved for the selected parameters. However, it should be noted that the presented designs are based on ideal characteristics: every core shape and every litz wire (number of strands and shape) is considered as available. The
thermal model assumes a uniform forced convection cooling from all the sides (40 °C ambient). Moreover, the volume and the losses of the cooling system (e.g., fans) are not taken into account. Finally, only the MFT is optimized without considering external factors (e.g., switching losses of the power semiconductors). Therefore, the performances shown in Figs. 10 and 11 are unlikely to be achieved for a constructed prototype and represent the theoretical limit. Nevertheless, such practical design restrictions could be easily integrated into the aforementioned computation methods.

The optimal designs obtained with the three considered models feature similar efficiencies but different parameters, especially for the semi-numerical model with free geometrical aspect ratios. More particularly, large deviations can be observed for the operating frequency, the number of turns, and, therefore, the flux density. The discrepancies between the models and the underlying design space diversity are analyzed in more details in the next subsection.

C. Design Space Diversity

The parameter ranges defined in Section IV-A (cf., Table V) are selected with the following nominal ratings: $P = 20$ kW and $\rho = 20$ kW/L. The complete design space is swept for the three methods defined in Section V-A. A brute-force algorithm is used in order to explore the complete design space including eventual local minima. For each method, all the designs, which feature less than 15% more losses than the optimal design are kept. Fig. 12(a) shows the results obtained with the full-analytical model, Fig. 12(b) shows the results obtained with the semi-numerical model with fixed geometrical aspect ratios, and, finally, Fig. 12(c) depicts the results obtained with the semi-numerical model with free geometrical aspect ratios. The results are displayed with parallel coordinate plots, where the designs with the optimal, minimum, and maximum frequencies are highlighted [48].

The full-analytical model delivers results similar to the semi-numerical model for fixed geometrical aspect ratios. A brute-force algorithm is used in order to explore the complete design space including eventual local minima. For each method, all the designs, which feature less than 15% more losses than the optimal design are kept. Therefore, the flux density. The discrepancies between the models and the underlying design space diversity are analyzed in more details in the next subsection.

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variables vary in wide ranges, as shown in Table VI.

Some designs, computed with the semi-numerical model (cf., Fig. 12(c)), are highlighted in Fig. 13 and Table VII. The following designs are selected: minimum losses (“D1”), minimum frequency (“D2”), maximum frequency (“D3”), minimum ratio between core and winding losses (“D4”), maximum ratio between core and winding losses (“D5”), and flat geometrical aspect ratios (“D6”). The parameters of the different designs are described in Table VII.

![Fig. 13. Selected designs (20 kW and 20 kW/L, cf., Fig. 12(c)) with the following features: minimum losses (“D1”), minimum frequency (“D2”), maximum frequency (“D3”), minimum ratio between core and winding losses (“D4”), maximum ratio between core and winding losses (“D5”), and flat geometrical aspect ratios (“D6”). The parameters of the different designs are described in Table VII.](image)

Fig. 13. Selected designs (20 kW and 20 kW/L, cf., Fig. 12(c)) with the following features: minimum losses (“D1”), minimum frequency (“D2”), maximum frequency (“D3”), minimum ratio between core and winding losses (“D4”), maximum ratio between core and winding losses (“D5”), and flat geometrical aspect ratios (“D6”). The parameters of the different designs are described in Table VII.

VI. CRITICAL ANALYSIS

With the aforementioned results, different conclusions can be made on the full-analytical modeling (cf., Section II), the corresponding optimum, and the scaling laws (cf., Section III).

• The full-analytical model is able to correctly capture qualitatively and quantitatively the design process of MFTs. However, many effects are neglected. This implies that some designs can be invalid (e.g., due to parasitics and thermal limits), difficult to construct (e.g., turn packing), and/or feature reduced efficiencies (e.g., due to simplified loss models and neglected temperature dependences of the losses).

• For a given core geometry, the optimal design can be analytically extracted. Since the optimum is always flat with respect to frequency, the optimal operating frequency of the converter (considering switching losses of the power semiconductors) can be significantly lower than the optimal frequency of the MFT.

• The analytical optimum of the MFTs should be considered with caution. Extremely different designs (e.g., concerning frequency, flux density, and ratio between core and winding losses) can lead to similar performances (design space diversity). This implies that the designs located around the global minimum (analytical optimum) and around local minima cannot be neglected during the design process. Nevertheless, the analytical optimum is useful to quantitatively understand the fundamental limitations of MFTs.

• An optimal design can be scaled for different power ratings and power densities. These scaling laws correctly predict
the trends and limitations of MFT designs. However, due to
the required assumptions (e.g., fixed core material, fixed
winding stranding, and fixed geometrical aspect ratios),
these scaling laws are limited to theoretical analyses and
cannot be used directly for the complete design process of
MFT prototypes.

It appears that the limitations of the full-analytical model are
problematic for obtaining an accurate model of MFTs, which
is required for virtual prototyping and design automation.
Therefore, semi-numerical models should be used and the
following modeling and optimization guidelines can be
extracted (cf., Section V):

• A multi-variable, multi-constrained, mixed-integer, and non-
linear optimization problem should be solved. Due to the
design space diversity, many local minima exist. Moreover,
the different local minima are flat, implying that designs
located near a minimum can be almost as good as the
minimum itself. Therefore, a robust optimization algorithm
(e.g., particle swarm and genetic) should be selected
[27], [47]. For designs with many discrete variables, a
brute-force search algorithm may be the only practicable
solution. Additionally, the complete DC-DC converter
(e.g., semiconductors and DC-link capacitors) should also
be considered for the optimization process of the MFT due
to the cross-coupling between the components (mainly
through the switching frequency).

• In order to fully utilize the degrees of freedom offered by
MFTs, the design space diversity should be checked after
the optimization process. An important diversity implies
that additional objectives (e.g., partial-load efficiencies,
mass, or cost) can be added without any significant impact
on the primary goals (e.g., efficiency and volume).

• For a practical MFT design, many additional restrictions
apply (e.g., available core shapes, available litz wires,
and manufacturability constraints). However, the
aforementioned design space diversity mitigates the
impact of such design restrictions on the achievable
performances.

• Due to the flat optimum, model uncertainties and
parameter tolerances can significantly impact the design
parameters (e.g., switching frequency, flux density, and
current density) of the optimal designs, however, with
a minor impact on the achieved performances (e.g.,
efficiency, volume, and mass) [13].

• The full-analytical model can be used as a filter to reduce
the design space (e.g., geometry, core material, and litz
wire) before applying the more complex semi-numerical
model.

• Models based on numerical field simulations (e.g., FEM
simulations) are extremely time-consuming (modeling
complexity, and computational cost) and, therefore, are
not adapted for optimizations [7], [21]. However, field
simulations are useful for checking and fine-tuning the
designs extracted during the optimization process.

VII. Conclusion

This paper investigates the optimization and scaling of
MFTs. A simple full-analytical model is presented for the
core losses (using the Steinmetz parameters), winding losses
(including the HF losses), and temperature rise (convection
process). With this model, the design space of MFTs is
analyzed and the optimum is derived (frequency and number
of turns). An increased operating frequency allows for more
efficient and more compact designs. However, beyond a certain
frequency, the performance cannot be further improved due to
the increased core and HF winding losses. The properties of
the optimum are analyzed and it is found that the optimum is
always flat: the optimal operating frequency can be divided by
two with less than 15 % additional losses (the number of turns
is adapted). At the optimum, the flux density is typically lower
than the saturation flux density of the core.

Scaling laws are derived for optimal MFTs operated at
different power ratings (with constant power density, constant
efficiency, or constant temperature rise) and power densities
(with constant power rating). These scaling laws allow the
extraction of general statements about MFT performances.
Compact designs are operated at higher frequencies, but have
reduced efficiencies. High power designs are featuring higher
efficiencies and reduced frequencies but also limited cooling
capabilities.

A 20 kW and 20 kW/L (328 W/in³) MFT with a ferrite core
and litz wire windings is considered for a numerical evaluation.
The proposed full-analytical model, optimum, and scaling laws
are applied. The obtained results are successfully verified with
a more elaborate semi-numerical model. It is found that the
full-analytical model correctly predicts the behavior of MFTs.
However, due to the multiple local minima of the mapping
between the design space and the performance space (design
space diversity), the analytical optimum cannot be used for the
complete design process of high-performance MFT prototypes.
Therefore, global multi-objective optimization should be
performed with more advanced semi-numerical models.

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