Thiamin (vitamin B_{1}) is made by plants and microorganisms but is an essential micronutrient in the human diet. All organisms require it as a cofactor in its form as thiamin pyrophosphate (TPP) for the activity of key enzymes of central metabolism. In humans, deficiency is widespread particularly in populations where polished rice is a major component of the diet. Considerable progress has been made on the elucidation of the biosynthesis pathway within the last few years enabling concrete strategies for biofortification purposes to be devised, with a particular focus here on genetic engineering. Furthermore, the vitamin has been shown to play a role in both abiotic and biotic stress responses. The precursors for de novo biosynthesis of thiamin differ between microorganisms and plants. Bacteria use intermediates derived from purine and isoprenoid biosynthesis, whereas the pathway in yeast involves the use of compounds from the vitamin B_{3} and B_{6} groups. Plants on the other hand use a combination of the bacterial and yeast pathways and there is subcellular partitioning of the biosynthesis steps. Specifically, thiamin biosynthesis occurs in the chloroplast of plants through the separate formation of the pyrimidine and thiazole moieties, which are then coupled to form thiamin monophosphate (TMP). Phosphorylation of thiamin to form TPP occurs in the cytosol. Therefore, thiamin (or TMP) must be exported from the chloroplast to the cytosol for the latter step to be executed. The regulation of biosynthesis is mediated through riboswitches, where binding of the product TPP to the pre-mRNA of a biosynthetic gene modulates expression. Here we examine and hypothesize on genetic engineering approaches attempting to increase the thiamin content employing knowledge gained with the model plant Arabidopsis thaliana. We will discuss the regulatory steps that need to be taken into consideration and can be a prerequisite for devising such strategies in crop plants.

Keywords: thiamin, riboswitch, HMP, HET, biofortification, genetic engineering
TMP (Figure 1). The HET-P biosynthesis pathway in plants is assumed to be similar to that of yeast, in which HET-P synthase (THI4p) catalyzes the formation of the thiazole moiety from NAD+$^*$, glycine, and a sulfur from a backbone cysteine in THI4p itself (Chatterjee et al., 2011). Homologs of THI4, called THI1 in plants, have been characterized at the genetic level in maize (Belanger et al., 1993), Arabidopsis (Machado et al., 1998), and rice (Wang et al., 2006). The pyrimidine moiety is biosynthesized via an identical pathway to bacteria in which phosphomethylpyrimidine synthase (THIC) (Raschke et al., 2007) converts aminoimidazole ribonucleotide (AIR) to hydroxymethylpyrimidine phosphate (HMP-P). The latter is then phosphorylated to HMP-PP by a bifunctional protein characterized in maize as TH3 and in Arabidopsis as TH1 (Ajayi et al., 2007a; Rapala-Kozik et al., 2007). The same protein catalyzes the condensation step between HET-P and HMP-PP to produce TMP (Ajayi et al., 2007a; Rapala-Kozik et al., 2007). All of these steps have been shown to occur in the chloroplast (Chabregas et al., 2001; Ajayi et al., 2007a; Raschke et al., 2007). As TMP is not directly phosphorylated to TPP, it is assumed to be subsequently dephosphorylated to thiamin by broad specificity phosphatases (Figure 1). Indeed, a broad substrate acid phosphatase has been isolated from maize and biochemically characterized showing it can dephosphorylate TMP (Rapala-Kozik et al., 2009). However, the same phosphatase showed relatively higher specificity toward TPP (Rapala-Kozik et al., 2009). Thus, it has been suggested that TPP can also be successively dephosphorylated to thiamin. On the other hand, thiamin can be pyrophosphorylated to make the active cofactor TPP by thiamin pyrophosphokinase (TPK) (Mitsuda et al., 1979; Molin and Fites, 1980; Ajayi et al., 2007b; Rapala-Kozik et al., 2009; Figure 1). It has been suggested that the phosphatase and kinase activities are regulated such that TPP is only provided when the cell needs it (Rapala-Kozik et al., 2009). To date, the subcellular localization of the phosphatase(s) that acts on TMP (or TPP) is unknown. However, the exclusive cytoplasmic localization of the Arabidopsis TPK suggests that the pyrophosphorylation of thiamin into TPP takes place in the cytosol (Ajayi et al., 2007b).

In prokaryotes, algae, plants, and certain fungi, *de novo* biosynthesis of thiamin is regulated via RNA sequences called riboswitches (Wünscher et al., 2002; Sudarsan et al., 2003). This mode of regulation is mediated through the direct binding of the product TPP to the pre-mRNA of particular thiamin biosynthetic genes without the need for intermediary proteins. The binding causes a change in RNA secondary structure that interferes with gene expression. A TPP riboswitch sequence has been found in the 5′-UTR of the *THIC* gene of species across the plant kingdom (Sudarsan et al., 2003; Bocobza et al., 2007; Wachter et al., 2007) and in the 3′-UTR of the *THI1* gene in ancient plant tana (Bocobza et al., 2007). In prokaryotes, the change in mRNA secondary structure, induced by metabolite binding, alters transcription termination or translation, whereas in eukaryotes the pre-mRNA is affected by splicing (Breake, 2011). In contrast, no TPP riboswitch has been found to date in yeast wherein thiamin biosynthesis is instead regulated through the coordinate action of transcriptional regulators (for review, see Nosaka, 2006; Kowalska and Kozik, 2008).

In this report, we use the current knowledge on thiamin biosynthesis and its regulation in plants to hypothesize on approaches and pitfalls for efficient biofortification of thiamin in crop plants. The hypotheses presented are corroborated by simple feeding studies in *Arabidopsis*, which in turn reveal certain bottlenecks that should be taken into account for biofortification studies.

**IS BYPASSING RIBOSWITCH CONTROL A FAVORABLE WAY TO INCREASE VITAMIN B$_1$ CONTENT?**

As mentioned above, plants have a TPP riboswitch located in the 5′-UTR of *THIC* that acts as a negative regulator of the thiamin biosynthesis pathway (Bocobza et al., 2007; Raschke et al., 2007; Wachter et al., 2007). The mechanism behind this riboswitch has been studied in *Arabidopsis*. Specifically, supplementation experiments with TPP (1 μM) or thiamin (100 μM) indicates that under such conditions the pre-mRNA of *THIC* undergoes a conformational change that exposes a splice site in the 3′-UTR of this gene (Bocobza et al., 2007; Wachter et al., 2007). As a consequence, there is splicing of intron 2 within the 3′-UTR of *THIC* eliminating the consensus polyadenylation signal and resulting in a transcript that is unstable. On the other hand, in the absence of supplementation there is strong accumulation of an intron retained variant (as the splice site is not exposed). The latter transcript has a single consensus polyadenylation signal that is more stable (Bocobza et al., 2007; Wachter et al., 2007). It is therefore assumed that when TPP reaches high enough levels, regulation of expression of the *THIC* gene occurs through this alternative splicing mechanism, i.e., high TPP levels lead to an unstable mRNA whereas the gene is stably expressed when TPP levels are low. However, the actual levels of TPP required in the cell to induce this splicing event remain to be determined. *In vitro* studies indicate a tight binding constant for TPP to the *Arabidopsis THIC* riboswitch (500 nM; Bocobza et al., 2007). As an equilibrium between the different pools of *THIC* transcript would be expected and as TPP levels can reach high micromolar quantities at the cellular level (Ajayi et al., 2007b; Bocobza et al., 2013), we hypothesize that the TPP binding constant for the riboswitch is likely to be much larger in vivo.

As *THIC* is thought to be one of the key enzymes of the biosynthesis pathway, modulating this regulation would seem to be a tangible approach to increase thiamin content in plants. Indeed, very recently, Bocobza et al. (2013) have studied the impact of the *THIC* promoter as well as its riboswitch on vitamin B$_1$ levels in *Arabidopsis*. Interestingly, they could show that *THIC* is regulated in a circadian fashion through its promoter region and that there is an oscillation of the B$_1$ vitamer, TMP. Specifically, the *THIC* transcript is highest at the end of the light period and is lowest at the end of the dark period. In addition, the authors introduced a construct harboring the *THIC* promoter, gene and a mutated version of the riboswitch (A515G) in the 3′-UTR that can no longer bind TPP tightly (Bocobza et al., 2007) into a THIC knockdown mutant line (Kong et al., 2008). The expectation was that intron 2 of the 3′-UTR would be retained leading to a more stable *THIC* transcript and thereby enhancement of the vitamin B$_1$ content. The approach led to an up to threefold accumulation of TMP in leaves. On the other hand, the levels of the cofactor form, TPP, did not show a
considerable change and surprisingly, the thiamin vitamer could not be detected. In seeds, an approximate 20% increase in thiamin content was observed in the same lines but no increase in TMP or TPP was noted (Bocobza et al., 2013). However, these transgenic lines exhibited severe chlorosis, growth retardation, and delayed flowering, especially under short day conditions (10 h of light). In another approach, the authors constitutively overexpressed THIC in wild-type plants under the control of the UBQUITIN1 promoter and terminator. While THIC was indeed overexpressed (up to 25-fold) in some of the transgenic lines and a moderate increase in the levels of TMP and TPP was observed (up to 1.5-fold) in leaf material, the corresponding lines were chlorotic (Bocobza et al., 2013). Based on a further comprehensive series of metabolomic and physiological experiments, the authors concluded that the alteration of riboswitch function in this way, while leading to a moderate increase in TPP levels, leads to enhanced carbohydrate oxidation as a result of higher activity of the associated TPP requiring enzymes. Clearly, this has an undesirable impact on the plant manifested as augmented flux through central metabolism and as a consequence negatively perturbing metabolic homeostasis. Therefore, this strategy appears to be unsuitable for vitamin B1 biofortification of plants.

ARE BOTH BRANCHES OF THE THIAMIN BIOSYNTHESIS PATHWAY REQUIRED FOR VITAMIN B1 BIOFORTIFICATION?

Several studies have demonstrated that thiamin is accumulated in plants during responses to abiotic and biotic stress conditions as well as oxidative stress (Ahn et al., 2005; Ribeiro et al., 2005; Rapala-Kozik et al., 2008; Tunc-Ozdemir et al., 2009). However, few studies have looked at the response of the entire core thiamin biosynthetic genes until recently. Rapala-Kozik et al. (2012) examined the response of THIC, THI1, THI1, and TPK (Figure 1) under several types of abiotic stress in Arabidopsis. We found it interesting that under conditions where upregulation of the expression of the genes was observed, e.g., salt stress, both THIC and THI1 were upregulated to similar relative levels, at least during the initial phases of the response. TPK was also upregulated under the same conditions but to a lesser extent (Rapala-Kozik et al., 2012).
Notably in this study, while TPP levels did not show considerable alterations, there were significant changes in the level of the thiamin vitamer, in particular. As the key genes of both the pyrimidine and thiazole branches (i.e., THIC and THI1) were upregulated concomitant with an increase in thiamin in this study, this prompted us to raise the question whether both branches of the thiamin biosynthesis pathway need to be manipulated in order to increase vitamin B1 levels for biofortification purposes in plants. To test this hypothesis, we grew Arabidopsis seedlings in the presence of the thiamin precursors from the pyrimidine branch (i.e., HMP) and/or the thiazole branch (i.e., HET). It has previously been demonstrated that both of these compounds are taken up and can restore growth in the corresponding Arabidopsis thiamin requiring mutants (Freestra, 1964). However, as we had the Arabidopsis thic knockout mutant (affected in the pyrimidine branch) in hand (Raschke et al., 2007), we re-confirmed this for HMP. The thic mutant is severely chlorotic and developmentally impaired when grown on basal salt medium (Figure 2A, top panels). Supplementation with HMP, HMP + HET, or thiamin in the medium fully rescues the chlorotic and developmental phenotype (Figure 2A, top panels). Notably, HMP supplementation alone rescues the phenotype, thus reaffirming its uptake, while HET does not, as would be expected. Neither HMP nor HET supplementation affected wild-type seedling development (Figure 2A, bottom panels).

We next quantified the individual B1 vitamer contents (i.e., thiamin, TMP, TPP) by high-performance liquid chromatography (HPLC). Similar to other studies on Arabidopsis plant seedlings (Rapala-Kozik et al., 2012; Bocobza et al., 2013), TPP was found to be the most abundant vitamer in wild-type seedlings (~6151 pmol g$^{-1}$ FW) compared to TMP and thiamin (~207 and 127 pmol g$^{-1}$ FW, respectively; Figures 2B–D). As expected, we observed that the TPP content increased in the thiC mutant when HMP (1 μM) was included in the medium, although the level was not completely restored to that of the wild-type (~3220 pmol g$^{-1}$ FW) under these conditions (Figure 2B). Interestingly, we observed an additive effect upon supplementation of both HMP and HET to the thiC mutant with the TPP levels approaching those of wild-type seedlings under the same conditions (Figure 2B). This suggests that HET is indeed taken up, metabolized and converted into TPP by the seedlings. Supplementation with thiamin (1 μM) restores the TPP level in thiC to wild-type levels (Figure 2B). In the wild-type seedlings on the other hand, supplementation with either HMP or HET alone did not significantly change the B1 vitamer content (Figures 2B–D).

However, when both HMP and HET were added together to the medium, the level of thiamin, in particular, was found to be substantially higher (eightfold increase) from 127 to 973 pmol g$^{-1}$ FW (Figure 2D). On the one hand, these results suggest that if one precursor is available in excess the other becomes limiting and further implies that bypassing the THIC riboswitch alone will not induce B1 vitamer accumulation sufficiently. A similar increase in the thiamin vitamer content (sevenfold increase) was observed when both HMP and HET were added to the thiC mutant, i.e., from 39 to 272 pmol g$^{-1}$ FW compared to HMP alone (Figure 2D). These observations provide strong evidence that the first two steps of the thiamin biosynthesis pathway (i.e., those catalyzed by THIC...
by supplementation (even when the thiamin content was increased 50-fold in wild-type chloroplast have not yet been identified, we fed wild-type cytosolic kinase TPK, or dephosphorylation of TPP by a phosphatase (TMP) from the chloroplast to the cytosol, the availability of the TH1 condensation reaction, TMP, is dephosphorylated into thiamin (i.e., TH1 and a phosphatase) could suggest that the protein machinery that converts the products of THIC and THI1 into thiamin (i.e., TH1 and a phosphatase). In contrast to the findings of Bocobza et al. (2013), where an accumulation of TPK (three-fold) and to a lesser extent TPP (1.5-fold) was observed with the strategy undertaken, we do not see a significant increase in either of these vitamers and there is no observable negative effect on the plants under any of the supplementation conditions employed (Figure 2A). However, although Bocobza et al. (2013) did not measure thiamin, we do not know if this vitamer was also increased in their study but it is noteworthy that TPK expression was significantly increased with the strategy that was employed. Thus, whether the accumulation of thiamin is due to a limitation in TPK activity or enhancement of a TPP phosphatase, it is a fortuitous act of nature in the context of biofortification. However, any inadvertent increase in the levels of the phosphorylated vitamers through genetic engineering strategies will need to be carefully monitored.

**EXAMINING HOW STRAIGHTFORWARD IT WILL BE TO INDUCE THE PYRIMIDINE AND THIAZOLE BRANCHES**

To date, increasing vitamin B1 in the context of biofortification has never been overcome in the model plant Arabidopsis or in any crop plant. Based on several recent studies, some of which have been discussed above, it is now becoming clear that several regulatory steps will need to be taken into account in order to enhance the vitamin B1 content. At its most simplistic level and as shown in this report through feeding studies, genetically engineering the overproduction of the HMP and HET precursors in planta should lead to an overaccumulation of thiamin. Logically, this could be achieved by overexpressing the THIC and THI1 proteins, respectively. The riboswitch regulation of the expression of THIC can be bypassed by employing a transgene construct (i.e., promoter, gene, terminator) harboring a non-functional version of the riboswitch in the 3′-UTR (e.g., A515G) or indeed by employing an alternative terminator as has recently been shown (Bocobza et al., 2013).

To counteract differential expression levels, both THIC and THI1 transgenes could be inserted in tandem through a binary vector, under the control of a strong promoter, as has been shown to be successful in the β-carotene (vitamin A) biofortification of rice endosperm (Ye et al., 2000). Moreover, options to use tissue-specific promoters, thus minimizing the energy drain on the whole plant, could be exploited to enhance the process. Clearly, the chosen organ/tissue would need to express the other downstream enzymes of the biosynthetic pathway (i.e., TH1, phosphatases) and the precursors for HMP and HET biosynthesis would need to be available in sufficient amounts in the same tissue. In the context of vitamin B1, biofortification in a crop such as rice, the endosperm would be favored but whether the aforementioned requirements
are fulfilled in order to engineer such a "minipathway" therein is not yet known.

However, while we surmise that increasing the expression of THIC and THI1 in plants can be achieved, it is important to remember that these are complex enzymes both of which require other key cellular components to fulfill their functions. THIC contains an iron-sulfur cluster that must be coupled with a reductant in order to produce a 5′-deoxyadenosyl radical from 5-adenosyl methylthione that is necessary for its catalytic activity (Raschke et al., 2007; Chatterjee et al., 2011; Martinez-Gomez and Downs, 2008). Moreover, affinity chromatography and proteomic approaches have revealed that THIC could be a target of the thioredoxin/ferredoxin system of oxygenic photosynthesis (Balmer et al., 2005, 2006) and therefore is likely to be also regulated by light (Raschke et al., 2007). On the other hand, while the involvement of THI1 in HET biosynthesis has been deduced from genetic studies (Belanger et al., 1995; Machado et al., 1996), the molecular nature of the substrates required for its biochemical activity in plants remain unclarified. The first study on the substrates of this enzyme claimed that deoxyxylulose 5-phosphate (DXP) is used as one of the precursors for the biosynthesis of HET (Billiard and Douce, 1991), as is the case in microorganisms (Hazra et al., 2009). However, the homolog of THI1 from Saccharomyces cerevisiae (called THI4p) has very recently been shown to be a suicidal enzyme (i.e., it can only perform a single turnover upon which it becomes non-catalytic). In this reaction, the thiazole is assembled from sulfur of a backbone cysteine (Cys265) of THI4p itself in addition to glycine and NAD⁺ (Chatterjee et al., 2011). Several key residues including this cysteine are conserved in the plant THI1 proteins. Therefore, a similar mechanism can be anticipated and would represent yet another regulatory checkpoint via this enzyme. Furthermore, taken together, the involvement of NADH, the ferredoxin/thioredoxin system and the necessity of active site cysteines additionally make thiamin production highly dependent on the redox state of the cell. Therefore, engineering thiamin production in plants may not be so straightforward with several regulatory checkpoints needing to be surmounted. In this context, any genetic engineering strategy that proposes to enhance production of thiamin will need to be balanced with the physiological impact on the plant. While the branches of the biosynthetic pathway will need to be balanced, the flux through the pathway and its possible draining of other resources necessary for plant health will need to be monitored. These latter statements are corroborated by the undesirable physiology observed in Arabidopsis by overexpression of THIC alone, as a result of a negative impact on metabolic homeostasis (Bocobza et al., 2013). While the moderate increase in the pool of thiamin esters resulting from the latter strategy may negatively perturb carbohydrate metabolism as suggested by the authors (Bocobza et al., 2013), possible debilitating effects from the overuse of the complex biochemistry associated with THIC also need to be taken into account.

While the thiamin biosynthetic pathway in plants is close to being completely unraveled and could be exploited for biofortification purposes, we must also draw attention to thiamin binding proteins, specific variants of the major seed storage globulins (see Rapala-Kozik, 2011 for review). These proteins have been found and characterized in several types of seeds, e.g., rice, buckwheat, sunflower, and sesame (Golding et al., 2004). They appear to be found in the peripheral cells of the seed, accumulate during seed maturation and are degraded during seed germination (Watanabe et al., 2004). Notably, it is the thiamin vitamer that accumulates during seed maturation and serves as a reserve utilized upon seed germination (Golding et al., 2004). A closer examination of these phenomena could reveal novel strategies for thiamin biofortification of seeds in particular. For example, targeting of a thiamin binding protein to the rice endosperm is a strategy to be explored.

Although it is not the focused topic of this report, exploitation of natural variation is also likely to be a worthwhile approach that should be considered. Recently, Goyer and Sweek (2011) have reported on the identification of wild potato species and primitive cultivars that accumulate high amounts of thiamin compared to a modern potato variety (Russet Burbank). They propose to integrate these materials into breeding programs in order to enhance the nutritional value of potato. A closer investigation of the molecular basis behind the increased thiamin accumulation in these varieties may help genetic engineering strategies in other crop plants.

CONCLUSION

To date, there is no evidence of toxicity upon supplementation and accumulation of thiamin in plants. This is supported by the feeding studies provided herein. Rather, thiamin has been demonstrated to have beneficial effects enhancing tolerance to both abiotic and biotic stress (Ahn et al., 2005; Ribeiro et al., 2005; Rapala-Kozik et al., 2008; Tunc-Ozdemir et al., 2009). On the other hand, genetic engineering strategies that lead to overaccumulation of thiamin esters must proceed with caution as they may have a negative impact on metabolic homeostasis as indicated by the recent study of Bocobza et al. (2013). A simple engineering of the riboswitch associated with THIC has been discussed at the outset as a likely effective strategy to manipulate thiamin levels in plants, particularly in the context of biofortification. It now appears that the challenge of enhancing thiamin levels in crop plants for biofortification purposes will not be so straightforward. We hypothesize in this study that a balanced provision of the two key precursors (HMP and HET) will lead to the accumulation of the most bioavailable vitamer, thiamin. It will have the added benefit of not being toxic to the plant and could be anticipated to even enhance tolerance to stress. However, genetic engineering of the biosynthesis of the precursor compounds in plants will come with inherent challenges of its own. As discussed above, THI1 and THIC, in particular, are highly complex enzymes and are regulated in a highly complicated fashion, the entire mechanisms of which have not been unraveled yet.

ACKNOWLEDGMENTS

Teresa B. Fitzpatrick gratefully acknowledges the support of the Swiss National Science Foundation (grant number PP00A_119186 and VITRICA, 31003A_140911) as well as funding in the context of the SINERGIA project CRSI33_127506. Michael Moulin was funded by a Marie Curie Intra-European Fellowship in the SINERGIA project CRSI33_127506. Michael Moulin was funded by the European Commission through the 7th Framework Programme (IEF-2009-254907–RIBOREGAL).
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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Received: 18 March 2013; accepted: 09 May 2013; published online: 29 May 2013.

Citation: Pourcel L, Moulin M and Fitzpatrick TB (2013) Examining strategies to facilitate vitamin B1 biofortification of plants by genetic engineering. Front. Plant Sci. 4:160. doi: 10.3389/fpls.2013.00160

This article was submitted to Frontiers in Plant Physiology, a specialty of Frontiers in Plant Science.

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