Collective modes of a photon Bose–Einstein condensate with thermo-optic interaction

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Abstract
Although for photon Bose–Einstein condensates the main mechanism of the observed photon–photon interaction has already been identified to be of a thermo-optic nature, its influence on the condensate dynamics is still unknown. Here a mean-field description of this effect is derived, which consists of an open-dissipative Schrödinger equation for the condensate wave function coupled to a diffusion equation for the temperature of the dye solution. With this system at hand, the lowest-lying collective modes of a harmonically trapped photon Bose–Einstein condensate are calculated analytically via a linear stability analysis. As a result, the collective frequencies and, thus, the strength of the effective photon–photon interaction turn out to strongly depend on the thermal diffusion in the cavity mirrors. In particular, a breakdown of the Kohn theorem is predicted, i.e. the frequency of the centre-of-mass oscillation is reduced due to the thermo-optic photon–photon interaction.

1. Introduction

In recent years many theoretical and experimental results have contributed to a basic understanding of quantum fluids of light [1], where many photons propagate in nonlinear optical systems. The corresponding collective features are due to effective photon–photon interactions, which are induced by the nonlinear matter. The hydrodynamic behaviour of light in a cavity, first noted by Lugiato and Lefever in 1987 [2], was theoretically brought forward in [3] by deriving a Ginzburg–Landau equation for laser light inside a cavity. These theoretical works were complemented by the experimental proof of superfluidity of light via the pioneering observation of stable quantised vortices by Swartzlander and Law in 1992 [4]. With this the natural question arose, whether light could also undergo the equilibrium phase transition of Bose–Einstein condensation. This intriguing question was partly answered in 2002 when the first exciton-polariton condensate was realised [5]. However, such condensates have turned out to be not of a Bose–Einstein type, as their life time is shorter than the intrinsic equilibration time. In contrast to that an equilibrium Bose–Einstein condensate (BEC) of pure light was achieved in Bonn in 2010 [6]. Although this is still a driven-dissipative system like the exciton-polariton condensates, the favourable time scale ratio allows for the observation of equilibrium effects [7].

The experimental setup to create a BEC of photons consists of a microcavity filled with a dye solution. There the cavity provides a well-defined ground state for the effective two-dimensional photon gas, as can be seen from the paraxial approximation, and the dye leads to a thermalisation of the photon gas via absorption and emission processes of the photons [8]. As the corresponding absorption and emission rates are related via a Boltzmann factor according to the Kennard–Stepanov relation [9–12], the photon gas inherits the thermalisation from the dye molecules. Provided that the pumping power is large enough in order to compensate unavoidable cavity losses and thermalisation proceeds faster than these losses, the photon gas can undergo an equilibrium Bose–Einstein phase transition [13].
Furthermore, the absorption and emission processes lead to effective photon–photon interaction mechanisms, see figure 1. One is the Kerr effect, where a nonlinear susceptibility causes the refractive index of the dye solution to be proportional to the intensity of the electric field in the cavity [14]. Note that a microscopic theory of the Kerr interaction in a photon BEC is based on a Lindblad master equation [15–17]. A second interaction effect is due to the heating of the dye solution, as the quantum efficiency of the dye is below 100%. This leads to a shift of the refractive index of the solvent [14] and correspondingly to a thermo-optic photon–photon interaction. As the latter is mediated by the temperature diffusing through the dye solution, it is non-local in space and retarded in time. So far the strength of the effective photon–photon interaction has been experimentally determined by measuring the increase of the condensate width with the photon number [6, 13]. From this it is concluded, that the main contribution of the interaction is due to the thermo-optic effect. The strength of the interaction, which can be defined to be dimensionless in two spatial dimensions [18, 19], is measured to have values up to 7(3) x 10^{-4} [6, 13], where the precise value depends on the detailed experimental configuration. An interaction strength of the same order was observed in another experiment in London in 2016 [20].

From atomic BECs it is known that observing the condensate dynamics represents a valuable diagnostic tool to measure system properties in general and two-particle interaction strengths in particular. For instance, observing collective frequencies of trapped condensates is a precise way to measure the strength of the contact interaction up to an astonishing precision of 1‰ [21]. Therefore, observing the collective frequencies of a photon BEC is expected to yield additional profound information about the nature and the strength of the effective photon–photon interaction. This motivates to analyse in the following the lowest-lying collective modes of a photon BEC under the influence of the thermo-optic interaction in view of future experiments.

2. Model

A minimal mean-field description of the thermo-optic interaction consists of two equations [22–24]. One is a nonlinear Schrödinger equation that accounts for the evolution of the electric field inside the cavity, which is assumed to be linearly polarised. The second equation describes the diffusion of the temperature, produced by the non-perfect absorption processes of photons.

As the experiment takes place inside a microcavity, the electric field can be treated in paraxial approximation [14, 25–28] which allows us to map the three-dimensional massless photon gas in a spherical mirror geometry to a two-dimensional gas of bosonic particles. These particles possess a mass \( m = \hbar \omega_{\text{cutoff}} (n_0/c)^2 \), where the cavity-cutoff frequency is denoted by \( \omega_{\text{cutoff}} \) and the light velocity in the dye solution is \( c/n_0 \). Furthermore, these particles are trapped in a harmonic potential with frequency \( \Omega = \sqrt{2/(L_0 R)}/n_0 \), that is determined by the cavity length \( L_0 \) and the radius of curvature \( R \) of the mirror [6, 13, 29]. Thus, the evolution of the condensate wave function \( \psi(r, t) \), i.e. the electric field normalised to the photon number, is described by an open-dissipative Schrödinger equation of the form [23, 29–31].
\[
\frac{i\hbar}{\partial t} \psi(r, t) = \left\{ -\frac{\hbar^2 \nabla^2}{2m} + \frac{m\Omega^2}{2} r^2 + g_T \Delta T(r, t) + \frac{i\hbar}{2} \left[ p - \Gamma + \frac{p + \Gamma}{n_0} \beta \Delta T(r, t) \right] \right\} \psi(r, t).
\] (1)

Here, the remaining transversal degrees of freedom are denoted by \( r = (n, \eta)^T \). The thermo-optic effect is described by the nonlinearity in (1) involving the temperature difference \( \Delta T(r, t) \) between the actual intra-cavity temperature and the room temperature. Here the coupling coefficient \( g_T = -\beta mc^2/n_0 \) with the thermo-optic coefficient \( \beta \) quantifies the energy shift due to the heating. As discussed above, it is justified to neglect the much smaller Kerr interaction. Due to the unavoidable cavity losses, the photon BEC is intrinsically an open system. Following [32], an incoherent pump scheme is modelled by the imaginary part in (1). The pump is described by the coefficient \( p \) and the losses by the decay rate \( \Gamma \). Note that the emission and absorption processes, which do not lead to a loss of photons, i.e. the coherent ones that are proportional to the quantum efficiency \( \eta \), are not considered here. Thus, the loss rate \( \Gamma \) is only proportional to \( 1 - \eta \) and gives rise to a heating of the dye solution as discussed below. Furthermore, the effects of a coordinate dependent mass and interaction strength [33, 34] are not taken into account, as these effects are negligible within the experimental parameter range.

On the other hand the temperature difference \( \Delta T(r, t) \) follows a diffusion equation. Reducing it from three to two spatial dimensions by the procedure described in appendix yields

\[
\partial_t \Delta T(r, t) = \left( D_0 \nabla^2 - \frac{1}{\tau} \right) \Delta T(r, t) + B|\psi(r, t)|^2,
\] (2)

where the temperature diffusion constant is denoted by \( D_0 = \lambda_w/(c_p \rho) \). It depends on the thermal conductivity \( \lambda_w \), the specific heat \( c_p \) and the density \( \rho \) of the solvent [35]. The heating coefficient of the dye solution is given by \( B = mc^2\Gamma/(L_0 n_0 c_p \rho) \) [24]. Moreover, the temperature relaxation is governed by the time scale \( \tau \), which depends in general on the length scales of both the cavity and the mirrors, see appendix. Note that in [22] only the limiting case \( \tau \to \infty \) is treated.

A formally similar mean-field model was already established within the realm of exciton-polariton condensates [32], where the exciton bath plays a role comparable to the temperature for the photon BEC. However, the time scales of the two systems are inverted. In an exciton-polariton condensate the relaxation of the exciton reservoir is fast compared to the dynamics of the condensate, allowing its adiabatic elimination. In contrast to that, the photon BEC dynamics, which is determined by the trap frequency \( \Omega \), occurs on a much faster time scale than the dynamics of the temperature, whose time scale is given by the large relaxation time \( \tau \). Thus, the resulting thermo-optic photon–photon interaction yields such a significant temporal retardation that no influence on any condensate dynamics is expected.

Nevertheless, in the following it is shown that the collective frequencies of the photon BEC turn out to be modified by the thermo-optic photon–photon interaction. The reason is that, in the steady state, the refractive index near the trap centre is modified, so the collective modes exploring its neighbourhood experience effectively a changed potential. Or, put differently, the temperature profile can be considered as the motional history of the condensate and, thus, the condensate effectively scatters with its own history.

3. Methods

An analytical and a numerical evaluation of the system (1), (2) is performed. Whereas the analytical method relies on a Gaussian ansatz for both the condensate wave function and the temperature difference in order to reduce the PDE system to a set of ODEs, the numerical technique is based on a finite-difference method. Both methods are explained in detail below.

3.1. Analytical method

The usual variational approach for dealing with collective excitations in ultracold quantum gases is based on Hamilton’s principle [36–38]. As the photon BEC is intrinsically an open system, however, no such principle exists, as the energy is not a conserved quantity. This problem can be circumvented by considering the equations of motion of the cumulants [39, 40], i.e. calculating the evolution equations for the centre-of-mass and for the widths. Due to the openness of the system also the photon number \( N(t) = \int \psi^* \psi \, d^3r \) represents an additional variational parameter. For finding an ansatz for the photon wave function it is worthwhile noting that the ground state of the non-interacting system is a simple Gaussian function. As the interaction in the photon BEC is measured to be small, it is justified to consider the condensate wave function to be of Gaussian shape, where the width is used as a variational parameter. Note, that this ansatz still holds true for small pump and loss parameters [41]. Therefore, the ansatz for the condensate wavefunction is chosen to be of the form:
The numerics performed in the present work is based on the method developed in [3.2. Numerical method accounts for the pump and loss in

Here, the overlap of the temperature-difference distribution and the condensate is described by \( \Delta \)

where the centre-of-mass coordinates are denoted by \( x_0(t) \) with the phases \( C_i(t) \), whereas \( q_i(t) \) describe the condensate widths, and the \( A_i(t) \) stand for the corresponding phases. The different coordinate directions are indicated by \( j = 1, 2 \). Since all current photon BEC experiments are working with a particular pump sequence [6, 13], the duty cycle \( \sigma \) models a continuous pump in the ansatz. Thus, the number of photons present on average in the cavity is given by \( \sigma N \). This averaging coarse-grains the dynamics, and for the steady-state values considered later the ansatz turns out to be reasonable. As the temperature difference is induced by the photons, it is justified to assume also a Gaussian shape for its distribution, which solves by itself the homogeneous part of the diffusion equation (2):

\[
\Delta T(r, t) = \frac{\Delta T_0(t)}{\pi s_i(t) s_j(t)} \exp \left\{ \sum_{i=1,2} \frac{|q_i(t) - y_0(t)|^2}{s_i(t)^2} \right\},
\]

(4)

Here \( \Delta T_0(t) \) denotes the amplitude of the temperature difference, \( y_0(t) \) describes the centres of the distribution and \( s_j(t) \) their widths. The aim is now to calculate the equations of motion for the amplitudes, the centre-of-masses and the widths, as well as their phases, following the procedure of [40].

The mean-field equations (1), (2) are solved with the ansatz (3), (4) for condensate wave function and temperature difference by applying the cumulant approach [40]. After eliminating the phases, the evolution of the remaining dynamical variables is described by the following set of equations

\[
\partial_t N = [p - \Gamma + \beta \Delta T_0(p + \Gamma) G_{TV}] N,
\]

(5a)

\[
\partial_t^2 x_{0i} = \partial_i(R_i q_i^2) + (\partial_i \ln q_i) - \Omega^2 x_{0i} - 2 \Delta T_0 G_{TV} \frac{g_T(y_0 - x_{0i})}{m(q_i^2 + s_i^2)},
\]

(5b)

\[
\partial_i q_i = q_i \hat{\partial}_i(q_i^2) - \Omega^2 q_i + \frac{\hbar^2}{m q_i^2} - \frac{\Delta T_0}{s_i^2} + \frac{G_{TV}}{\sigma N},
\]

(5c)

\[
\partial_i \Delta T_0 = -\frac{\Delta T_0}{\tau} + \sigma BN,
\]

(5d)

\[
\partial_i y_0 = \frac{\sigma BN}{\Delta T_0} (x_{0i} - y_0),
\]

(5e)

\[
\partial_i^2 s_i^2 = 4D + \frac{\sigma BN}{\Delta T_0} \left( q_i^2 - s_i^2 \right) + \frac{2 \sigma BN}{\Delta T_0} \left( x_{0i} - y_0 \right)^2.
\]

(5f)

Here, the overlap of the temperature-difference distribution and the condensate is described by

\[
G_{TV} = \frac{\exp \left\{ -\sum_{i=1,2} \frac{|x_{0i} - y_{0i}|^2}{s_i^2 + q_i^2} \right\}}{\pi \prod_{i=1,2} \sqrt{(q_i^2 + s_i^2)}}.
\]

(6)

Furthermore

\[
I_i = \frac{2 \beta T_0 G_{TV}}{n_0} \left( \frac{y_{0i} - x_{0i}}{s_i^2 + q_i^2} \right) \frac{1}{2(s_i^2 + q_i^2)}\]

(7)

accounts for the pump and loss influence on the widths, whereas

\[
R_i = -p_{0i} \frac{x_{0i}}{q_i^2 + s_i^2} + \beta \Delta T_0 G_{TV} G_{TV} \frac{y_{0i} - x_{0i}}{n_0(q_i^2 + s_i^2)}
\]

(8)

are the corresponding ones for the centre-of-mass.

3.2. Numerical method

The numerics performed in the present work is based on the method developed in [42–44]. Here, the propagation of the two equations (1) and (2) is done via a split-step method. First, both the condensate wave function and the temperature difference distribution are propagated with respect to the spatial derivatives by a Crank–Nicholson scheme. Afterwards the evolution regarding the remaining (non)linear equations is performed by infinitesimal exponential propagation. The space-time discretisation is chosen such that the calculational effort and the discretisation errors are well balanced. As initial wave function the steady state wave
function with slightly perturbed width and finite centre-of-mass is used. Due to this all three modes, which are calculated analytically, are excited. From the calculated wave function both the centre-of-mass and the width of the photon density are extracted and analysed by using a fast Fourier transformation. From this method the oscillation frequencies of the different collective modes can be read off.

4. Steady state

From the equations of motion of the cumulants (5a), it follows that the temperature evolution is determined by the condensate. So the steady state is completely described by the latter. Furthermore, due to the trap isotropy the condensate shape is also isotropic. Accordingly, the dependence of the equilibrium condensate width \(q_0\) on the equilibrium photon number \(N_0\) is described by

\[
0 = \frac{1}{q_0^2} - \frac{1}{l_{osc}^2} + \frac{2\tilde{g}N_0}{\pi(2q_0^2 + D_0\tau)^2},
\]

where \(l_{osc} = \sqrt{\hbar/(2m\Omega)}\) denotes the oscillator length. Moreover, the dimensionless interaction strength turns out to be

\[
\tilde{g} = \frac{m}{h^2} g_{St} \tau B,
\]

showing that the interaction strength is determined by the properties of the used dye solution, the geometry of the microcavity, as well as by the pump scheme. Note, that this result is comparable to that in [24]. In addition, the effective photon–photon interaction can directly be controlled via the relaxation time \(\tau\) by changing the geometry of the cavity mirrors, see (A.11). However, it turns out that in the experimental situation, where the longitudinal and the transversal extension of the mirrors are of the order \(L_1 \sim 1\ \text{cm}\) and \(L_\perp \sim 1\ \text{mm}\), the temperature relaxation inside the cavity is governed by the transversal temperature diffusion in the mirrors and (A.11) simplifies to

\[
\tau = \frac{L_\perp^2}{2\pi^2 D_1},
\]

with the diffusion constant \(D_1\) of the mirror. In case of a large diffusion constant of the solvent, i.e. \(D_0\tau \gg q_0^2\), the condensate width \(q_0\) approaches the non-interacting value \(l_{osc}\). This results from a suppression of the thermo-optic interaction as all the temperature excitations are quickly transported through the dye solution. In the opposite case the behaviour \(q_0 = l_{osc}[1 + N_0\tilde{g}/(2\pi)]^{1/4}\) is reproduced, which is well known from 2D atomic BECs [45].

The numerical solution of (9) is shown in figure 2, where the values of the Bonn experiment with the solvent ethylene glycol are used [13,46,47]. The dye solution is characterised by \(n_0 = 1.46, \ \lambda_w = 0.26\ \text{W m}^{-1}\ \text{kg}^{-1}, \ \epsilon_p = 144.5\ \text{j mol}^{-1}\ \text{K}^{-1}, \ \rho = 1110\ \text{kg m}^{-3}, \ \beta = -4.68 \times 10^{-6}/\text{K}\) and \(\Gamma = 1/\text{s}\). The cavity geometry is given by \(L_0 = 1.5 \times 10^{-6}/\text{K}\) and \(R = 1\ \text{m}\). The pump scheme yields a duty cycle of \(\sigma = 1/16\ 000\). The effective mirror diffusion constant \(D_1\) is of the order of \(10^{-6}\ \text{m}^2\ \text{s}^{-1}\), thus yielding the relaxation time \(\tau \sim 0.1\ \text{s}\). With this the value of the dimensionless interaction constant is calculated within the mean-field model to be

![Figure 2. Steady state (9) of the system (1), (2) with the ansatz (3), (4) for two different values of the diffusion constant \(D\). The red line (circles) corresponds to the experimental value \(D_{0,exp} = 9.16 \times 10^{-8}\ \text{m}^2\ \text{s}^{-1}\) and the green one (diamonds) to the larger value \(D_0 = D_{0,exp} \times 10^2\). The markers indicate the full numerical solution of the system (1) and (2) as explained in section 3.2.](image-url)
which is in remarkable agreement with the experimental value \[6, 13, 20\].

5. Linearised dynamics

Linearising the equations of motion with respect to small elongations out of the equilibrium yields a decoupling of the centre-of-mass from the width dynamics. Therefore, the dipole mode, which is a pure centre-of-mass motion, can be discussed separately from the breathing and the quadrupole mode, which are in- or out-of-phase width oscillations, respectively. At first the investigation aims for the dipole mode, which can be described by the vector \( \delta \mathbf{d} = (\delta x_0, \delta y_0, \delta z_0)^T \), where \( \delta \) denotes small perturbations of the steady state and \( i = 1, 2 \) indicates the respective coordinate directions. The linearised equation of motion is given by \( \dot{\delta} = S_{\text{dipole}} \delta \). The eigenvalues of \( S_{\text{dipole}} \) are complex due to the pumping and the coupling to the diffusion equation. The real parts describe the oscillation frequency of the dipole mode, whereas the imaginary parts represent the corresponding damping rates, which are discussed below. The frequencies are shown in figure 3, where the dashed lines are the results of a variational solution of the plain Gross–Pitaevskii equation \[36\]. In atomic BECs the dipole mode frequency equals the trap frequency, which corresponds to a centre-of-mass motion in a harmonic potential, according to the Kohn theorem \[38\]. In the present case of a temporal non-local interaction, however, a shift to smaller frequencies is observed, which shows that the aforementioned scattering of the condensate with its own history leads, indeed, to a slowing down of the condensate motion and, thus, to the breakdown of the Kohn theorem. Furthermore, a stronger temperature diffusion in the solvent leads to a smaller frequency shift. This shows again that the diffusion suppresses the thermo-optic interaction.

The equations of motion describing the breathing and the quadrupole mode are coupled equations of the temperature and the condensate widths in both directions as well as the photon number and the temperature amplitude, which are summarised in the vector \( \mathbf{w} = (\delta T, \delta N, \delta q_1, \delta q_2, \delta r_1, \delta r_2)^T \). The evolution of these quantities is described by \( \dot{\mathbf{w}} = S_{\text{widths}} \mathbf{w} \), where the real part of the eigenvalues of \( S_{\text{widths}} \) is shown in figure 3. Again, the frequencies are shifted to smaller values compared to a contact interaction. Even the breathing mode frequency, which turns out to be always twice the trap frequency for a contact interaction \[45\], gets shifted to smaller values. As before, we find that a larger diffusion strength yields a smaller frequency shift.

In figure 4 the damping rates corresponding to the oscillation frequencies are plotted. As only a thermo-optic damping effect and no damping stemming from the matter is taken into account, these rates turn out to be quite small and also slightly positive. However, compared to the pulse duration, which is about 500 ns, the instability occurs on a much larger time scale of \( 10^{-6} / \Omega \sim 10^4 \) s. Nevertheless, this instability reflects the missing matter degree of freedom of the present mean-field theory.

\[ \dot{\mathbf{g}} \sim 10^{-4}, \]  
(12)
However, the damping rates are expected to be of the order of the reabsorption time, i.e. of the order of 10 ps to 100 ps \[7\]. Thus, in view of a trap frequency of \(\Omega = 2\pi \times 37\) GHz, a few oscillations should be experimentally observable.

### 6. Summary and experimental perspective

In this paper the influence of a thermal shift of the refractive index on the photon BEC dynamics is worked out. This shift yields an effective photon–photon interaction which is non-local in space and retarded in time. Due to the geometry dependence of the temperature diffusion, the strength of the effective photon–photon interaction can be controlled by the shape of the mirrors. Moreover, due to the retardation in time, the Kohn theorem does not hold in the present case and the dipole mode frequency is shifted to frequencies smaller than the trap frequency. Additionally, the temperature diffusion of the solvent has a large influence on the effective photon–photon interaction. The same happens to the breathing and the quadrupole mode. However, the damping rates of the collective modes are supposed to be larger once a more detailed theory takes the absorption and emission behaviour of the dye properly into account.

The above predicted features can, in principle, be measured in two ways. The first one relies on a direct observation of the collective modes. The dipole mode, e.g. can be excited by using two lasers, where the first one pumps the cavity homogeneously and the second one creates a BEC via an off-centre pulse. The excited mode can then be observed by measuring spatially the light leaking out of the cavity. As the dipole mode oscillation frequencies are expected to be of the order of the trap frequency, a streak camera is necessary in order to resolve these extreme time scales. The experiment performed in \[7\] can be seen as a proof of principle in this respect.

The second method is an indirect measurement via the eigenfrequencies of the cavity \[48\]. In case of small interaction, which is the case in the photon BEC, the dipole mode corresponds to the difference of the lowest two cavity eigenfrequencies. Due to the interaction and the corresponding condensate broadening the third lowest energy state is also partially populated. This allows us to examine the breathing-mode by spectrally resolving the cavity emission.

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### Appendix. Temperature diffusion in mirrors

The purpose of this appendix is to derive the diffusion behaviour of the temperature within the cavity setup depicted in figure A.1. The geometry is simplified by assuming planar mirrors in comparison to the original geometry, which consists of spherically curved mirrors.

#### A.1. Formulation of boundary value problem

The complete cavity ranges from \(z = -L/2\) to \(z = L/2\), whereas the mirrors extend from the boundaries up to \(z = -L_0/2\) and \(z = L_0/2\), respectively. The temperature diffusion constants of the dye solution filling the space...
between the mirrors and of the mirrors themselves are denoted by $D_0$ and $D_1$, respectively. Thus, the corresponding diffusion equation for the temperature difference $\Delta T$ between the actual temperature of the experimental setup and the room temperature reads

$$\partial_t \Delta T = \nabla \cdot \left[ D(z) \nabla \Delta T \right] + S, \quad (A.1)$$

with the function $D(z) = D_0 + (D_1 - D_0)\theta(|z| - L_0/2)$ containing the respective diffusion constants and $S$ being a source term with support only inside the cavity. Due to the symmetry of the considered geometry in figure A1, it is sufficient to consider only the non-negative $z$ half space together with the von Neumann boundary condition

$$\partial_z \Delta T|_{z=0} = 0. \quad (A.2)$$

On the other hand, the temperature difference obeys the Dirichlet condition

$$\Delta T(z = L/2) = 0 \quad (A.3)$$

at the border of the mirror. Furthermore, at $z = L_0/2$, i.e. the contact of the mirror and the dye solution, the temperature difference is continuous:

$$\lim_{\epsilon \to 0} \Delta T\left(\frac{L_0}{2} - \epsilon\right) = \lim_{\epsilon \to 0} \Delta T\left(\frac{L_0}{2} + \epsilon\right). \quad (A.4)$$

Integrating (A.1) in the neighbourhood of the material transition yields a jump condition for the first derivative of the temperature difference

$$D_0 \lim_{\epsilon \to 0} \partial_z \Delta T|_{z=L_0/2-\epsilon} = D_1 \lim_{\epsilon \to 0} \partial_z \Delta T|_{z=L_0/2+\epsilon}. \quad (A.5)$$

### A.2. Dimensional reduction of boundary value problem

The aim is now to derive an effective equation for the transversal diffusion of the temperature difference within the cavity. Due to the piecewise defined diffusion function $D(z)$, the ansatz for the temperature difference is chosen to be

$$\Delta T_0 = \Delta T_{0,0}(r, t) \Delta T_{00}(z) \quad (A.6)$$

inside the cavity and

$$\Delta T_1 = \epsilon^{-1/\tau} \Delta T_{1,1}(r, t) \Delta T_{11}(z) \quad (A.7)$$

for the mirror. By writing down these two ansatzes three assumptions have been made. First, the transversal component inside the cavity varies on a time scale set by the photon condensate. This scale is much faster than the intrinsic scale of the diffusion process and, therefore, this component acts on its own time scale. The second assumption accounts for the steady state of the diffusion process in the mirror. Accordingly, the ansatz (A.7) involves only an exponential time dependence with the relaxation time $\tau$. Lastly, only the lowest temperature difference mode is considered, as this mode decays least and has, therefore, the largest amplitude. With the two ansatzes (A.6), (A.7) the diffusion equation (A.1) reduces to one equation for each region, which are linked via the boundary conditions (A.2)–(A.5).

Solving the diffusion boundary value problem leads to the following results. The relaxation time $\tau$ in the mirrors consists of the decay time of the transversal diffusion process.
and the longitudinal relaxation time $\tau_\parallel$ which is determined by the transcendental equation

$$
\frac{D_0}{\tau} \tan \left( \frac{L_0/2}{\sqrt{\pi D_0}} \right) = \sqrt{\frac{D_1}{\tau}} \cot \left( \frac{L_1/2}{\sqrt{\pi D_1}} \right).$

(A.9)

Here, the mirror length is denoted by $L_1 = L - L_0$. Furthermore, we assume that the relaxation time of the longitudinal diffusion inside the cavity occurs at the same time scale as the diffusion process inside the mirrors. In the limit of a microcavity, i.e. $L_0 \ll L_1$, one finds

$$
\tau_\parallel = \frac{L_1^2}{\pi^2 D_1}.
$$

(A.10)

Therefore, the total mirror decay time $\tau$ is given by

$$
\frac{1}{\tau} = \frac{4\pi^2 D_1}{L_1^2} + \frac{\pi^2 D_1}{L_1^2}.
$$

(A.11)

This result is plotted in figure A2 for the parameters of the Bonn experiment, where the width of the mirrors is given by $L_0 = 1$ mm, whereas the length of the mirror $L_1$ is of the order of 1 cm. Thus, in that cases (A.11) simplifies to (11). As a consequence, the effective longitudinal relaxation time of the temperature difference inside the cavity is provided by the transversal temperature difference diffusion in the mirrors. Finally, the resulting two-dimensional diffusion equation for the transversal temperature difference within the cavity turns out to be

$$
\partial_t \Delta T_{1,0} = \left( D_0 \nabla_z^2 - \frac{1}{\tau} \right) \Delta T_{1,0} + S_z,
$$

(A.12)

which coincides with (2) in the main part. Note that the remaining source term takes the form

$$
S_z (r_\perp, t) = \frac{2}{L_0} \int_0^{L_0/2} dz \ S(r_\perp, z, t) \Delta T_{1,0}(z).
$$

(A.13)

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