Original Article

Societal return on investment may greatly exceed financial return on investment in neurotechnology-based therapies: A case study in epilepsy therapy development

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INTRODUCTION

Motivation

The development of medical technology is fueled by private investment. This has brought innumerable lifesaving and quality of life-enhancing innovations, spanning antibiotics, antihypertensives, antidepressants, antiepileptic drugs, surgical tools and sterilization technologies,
cardiac stents, CT and MRI machines, surgical microscopes, pacemakers, spinal cord stimulators, deep brain stimulators, other invasive and noninvasive neuromodulation technologies, and a seemingly endless list of technologies and products that we take for granted. Each began with an idea, consumed years to decades of focused effort and thousands to millions or even billions of dollars in capital to transform from a nascent concept into a safe and effective medical technology and therapy.

This represents one of the spectacular benefits of a free market. If there is a pain point for a customer or a patient, then there is value in creating a solution. The larger the pain, the larger the value, at least in traditional free market economics. If a technology or product solves a problem for a customer or patient, then the free market would support charging a price that a customer is willing to pay to eliminate that pain. This figurative pain occupies a spectrum of disease specific symptoms or features, such as literal pain in chronic pain, affective pain or discomfort in depression, loss of reality testing in bipolar disorder and schizophrenia, loss of a variety of functions in stroke and of sensorimotor function in spinal cord injury, and loss of predictable functionality, consciousness, and often employability in epilepsy.

In many free markets, the product price is set by the market and is related to the value that the paying customer places on the product. For many medical technologies, the patient is taken out of the loop in the pricing and market dynamics. With the introduction of various forms of health insurance into the market, artificial perturbations to the free market dynamics are created:

1. Removal of patient from the financial aspects of decision making, including valuation, negotiation, pricing, and responsibility. This had the desirable benefit of providing access by patients to technologies and products that they could otherwise not afford. By removing patients from the financial dynamics, this also had the simultaneous drawback of allowing payors to place their own valuations on products, and in doing so, potentially precluding access. If a price or payment is too high, the bar to achieving access may be unduly stringent. If the reimbursement or payment is too low, then the company providing the product may discontinue it, opt out of unfavorable contracts or networks, or go out of business, each of which limits patient access to products.
2. Concentration of pricing power into the hands of a small number of entities, including government entities (i.e., CMS) and insurance companies. These entities do not directly or indirectly receive or benefit from the value provided by the medical products, and their primary objective is cost containment.
3. Consequent discrepancy between the value delivered to the patient and the price paid for the product.

In many conditions, the value of a device, drug, or surgical procedure realized by the patient far exceeds the price paid for the device and/or surgery. At first glance, this may seem good for the patient while bad for the technology company developing the products or the physician delivering the service; however, this discrepancy can be detrimental to the patients as well by limiting access to therapies and products.

Downward pressures on reimbursements undoubtedly throttle back innovation, requiring the developing ventures to complete the R&D, preclinical and clinical studies, and commercialization efforts on a smaller amount of capital. Although this force drives capital efficiency, this also renders many therapy and product development efforts impractical, and during actually or potentially tight financially periods, many beneficial medical technologies are shelved and do not receive funding.

### MATERIALS AND METHODS

#### Index indication and technology: Epilepsy

**Demographics**

The prevalence of epilepsy in the United States is 1.2%, and the lifetime risk for the development of epilepsy is 4%. In the United States, in 2015, 3.5 million people, including 3 million adults and 470,000 children, had epilepsy. The cost burden to the United States imposed by epilepsy is estimated to be $15.5 billion/year. Worldwide, from the Global Burden of Disease Study, the disability-adjusted life years (DALY) imposed by epilepsy is 253 per 100,000; this ranks #2 behind migraine (325 per 100,000).

**Scope of the problem**

Anxiety due to the unpredictability of seizures, more so than the ictal event itself, presents a substantial impediment for patients with epilepsy. The time occupied by epileptic seizures typically comprises <1% of the total time for a patient with epilepsy; however, the unpredictability of these events renders the remaining 99% of subjects to disruption without warning. If refractory to medical therapy, as is the case in approximately 1/3 of patients with epilepsy, the ability to drive is restricted, and often, the ability to hold down a stable job is eliminated. These factors very significantly compromise the earning potential of patients with epilepsy. Further, by placing a burden on caretakers, often family members, the earning potential of family members of patients with epilepsy is also impacted. The presence of uncontrolled seizures significantly compromises the independence and employability of patients with epilepsy, negatively impacting their quality of life more so than many other chronic conditions including hypertension, diabetes, and heart disease.
Impact – Personal

The most impactful effect of epilepsy on patients is the loss of control. This can impose restricted independence and may preclude driving. Furthermore, at least partially attributable to the loss of control, common among patients with epilepsy are secondary psychiatric disease. Consequently, the person may suffer from impaired employability. Restoration of independence, as could be achieved by seizure freedom and/or seizure prediction, could restore and preserve employability, fundamentally changing the economic impact of epilepsy on patients. Quality of life, lifespan, and mortality are important personal considerations and are reflected in metrics such as DALY and quality-adjusted life years (QALY). Inclusion of these metrics would likely further increase an sROI calculation if included; however, they introduce some subjectivity with the valuation of a life year. For clarity, this analysis is restricted to the direct and indirect economic costs, which alone provide compelling rationale for more investment as a society in the development of more neurotherapeutic technologies.

Impact – Economic

Lifetime indirect cost for male and female patients with epilepsy was studied and published by Begley et al. in 2000.[1] These numbers and a weighted average are shown in [Table 1]; the weighted average total lifetime indirect cost (TLIC) of epilepsy is $385,506.

Case study: Seizure prediction

As a case study, the estimated development costs for the NeuroVista Seizure Advisory System[2-4] are compared to the indirect costs incurred due to loss of economic productivity, or employability, for the affected patients. This is a conservative estimate for several reasons.

1. The dollars used in the Begley 2000 study are 1995 dollars. The dollar estimates for device development are distributed from 2004 to 2013. If one were to convert the 1995 dollars used by Begley into 2010 dollars as an approximately median dollar representing those used in the NeuroVista R&D effort, the conversion is $100 in 1995 which has buying power equivalent to $148.03 in 2010.[6]

2. These costs are averages for all patients with epilepsy. Approximately 2/3 of patients with epilepsy achieve seizure control with medications, and many of these patients are gainfully employed.

3. The weighted average of the indirect costs uses estimates for women which are substantially lower than those for men. Since the time that the data used in Begley 2000 was collected, the proportion of women in the workforce has increased; so, the wages lost for women and the indirect weighted average cost should be expected to increase correspondingly.

4. This does not take into consideration the potential reduction in direct costs, such as antiepileptic drugs, hospital admissions, and other health care-related expenses, that could be reduced by a device which predicted or controlled seizures. Belgey et al., 2000, estimated the direct costs to be $6429 over a 6-year follow-up period.[1] This includes the spectrum of patients ranging from those who temporarily required treatment with AEDs and were weaned off them to patients who required surgical intervention. A neurotechnology-based therapy, such as the index SAS device, would be deployed for patients who are refractory to medical therapy and most likely have higher than average direct costs.

RESULTS

Internal return on investment (IRR)

For the index case, the NeuroVista SAS, the development costs are estimated to be $121 million, comprising the $71.2 million spent on the algorithm and device development and the First-In-Man (FIM) study[2-3] and the $50 million budgeted for the financing for the pivotal study.[4] The individual patient costs for the device and the implantation procedure are estimated to be $40,000 and $30,000, respectively, totaling $70,000/patient. The weighted average indirect cost to patients with epilepsy, calculated from data presented in Begley, 2000,[1] is $385,506.

Calculation of the IRR as a function of number and percentage of medically refractory patients treated is shown in [Table 2]. This is a first order and conservative approximation and shows only potential indirect cost savings and not direct cost savings, which could be significant. Despite the substantial development costs required to bring this technology to clinical use, the potential indirect cost savings per patient are so high that a break even point is reached at only about 400 patients. This is a remarkably small number and underscores the enormous societal impact of neurological disease and the potentially staggering financial and personal ROI from investments in neurological therapies.

This same information is shown graphically in [Figure 1]. The dominance of the variable costs and returns over the initial
fixed R&D investment becomes quite clear. The difference between the total lifetime indirect costs (TLIC), the effective return, and the costs for the treatment, including the upfront fixed research and development (R&D) costs and the per unit and operative variable costs is seen to grow approximately linearly with the number of patients treated.

In [Figure 2], the data from [Table 2] are presented showing the internal rate of return (IRR) as a function of the number of patients treated with the device. Again, the IRR is shown to be positive at only 400 patients.

### DISCUSSION

In this brief analysis, using first approximations for the costs and the benefits of a promising potential therapy for epilepsy, the return on investment at a societal level, termed the societal return on investment (sROI), is proposed and calculated using an index technology. Because of severe downward pressures on prices of devices and therapies for medical conditions, and the limited abilities of individuals to pay prices that might reflect the actual value delivered, free market forces are constrained in this field. Because there may be significant benefits to individuals and to society as a whole that are not reflected in the device
pricing, there exists a potential loss to patients and to society that may not be recognized if and when devices and therapies are not commercialized due to the apparent insufficient ROI to investors. This is not a judgmental statement since individual and institutional investors have a fiduciary responsibility to invest wisely and to deliver a return to themselves, their families, and their limited partners. In the approval and reimbursement process, it may be beneficial from a societal standpoint to calculate an sROI and to provide incentives to favor the development of worthwhile therapies that otherwise might not receive or be able to secure funding for development. Some regulatory relief, access to augmented reimbursement funding, and possible tax incentives may be mechanisms by which the development and commercialization of safe, efficacious, and worthwhile therapies may be facilitated. This analysis represents only one such technology; similar arguments may be made for treatments for other devastating conditions, such as those for paralysis, schizophrenia, Alzheimer’s disease, and others that significantly impact the ability to live independently, the economic productivity, and the quality of life of the individual.

CONCLUSION

Devising mechanisms by which the societal return on investment (sROI) may be factored into investment decisions in neurotechnology and other therapeutic technologies could substantially increase both the availability of and patient access to life changing technologies. Further work on exploring and implementing such mechanisms is warranted.

Declaration of patient consent

Patient’s consent not required as patients identity is not disclosed or compromised.

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Nil.

Conflicts of interest

There are no conflicts of interest.

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