Ovine Amniotic epithelial cells (oAEC) are a subject of placental stem cells with great regenerative and immunomodulatory properties. Indeed, oAEC are object of intense study for regenerative medicine thanks to the several advantages in developing pre-clinical studies on a high value translational animal model, such as sheep. For this reason, a critical standardization of in vitro culture practices is fundamental in order to maintain during amplification the oAEC native phenotype, improving both oAEC in vivo therapeutic potential and clinical outcomes. Here, is described an oAEC culture protocol with supplementation of Progesterone and Estradiol hormones, able to modulate the native epithelial phenotype during the in vitro amplification. In addition, it is described the culture protocol that is able to differentiate oAECs towards osteogenic and chondrogenic lineage.

**Keywords:** Amniotic Epithelial Cells; Progesterone; Estradiol; Osteogenic Differentiation; Chondrogenic Differentiation; Cell Culture; Stem Cells; In Vitro Amplification

**Abbreviations:** OAE: Ovine Amniotic Epithelial Cells; AM: Amniotic Membrane; PBMC: Peripheral Blood Mononuclear Cell; EMT: Epithelial-Mesenchymal Transition; FBS: Fetal Bovine Serum; BSA: Bovine Serum Albumin; α-MEM: Alpha Minimum Essential Eagle Medium; TGF-β1: Transforming Growth Factor-beta 1; PBS: Phosphate Buffered Saline; DMSO: Dimethyl Sulphoxide; EDTA: Ethylene Diamine-tracetic Acid; RT: Room Temperature; MFI: Mean Fluorescence Intensity; DPI: Individual Protection Devices

**Introduction**

Placenta represents an important source of stem cells, easy to obtain without any ethical concerns [1-3]. Ovine Amniotic epithelial cells (oAEC) are a subset of fetal stem cells located into the inner layer of the amniotic membrane (AM) and are among the most studied placental stem cells because of their peculiar properties [1,4,5]. In this regard, oAEC possess an epithelial phenotype and show a typical cobblestone-like morphology. Moreover, oAEC display embryonic markers such as SSEA-1, SSEA-3, SSEA-4, TRA-1-60 and TRA-1-81, several surface adhesion molecules (CD29, CD49f, CD58 and CD166) and express pluripotent genes (Oct4, Sox2, Nanog and Tert), while they result negative for CD117 and CD49e. Furthermore, oAEC express immunomodulatory and anti-inflammatory activities. In fact, it largely demonstrated the ability of oAEC to suppress in vitro the proliferation of stimulated peripheral blood mononuclear cell (PBMC), and to reduce in vivo the infiltration of inflammatory cells as well as to stimulate the activation of M2 macrophages subpopulation [7-11]. Increasing evidences revealed that both human and ovine AEC phenotype can be strongly affected by cultural protocol and in vitro amplification [4,12,13]. Indeed, oAEC during in vitro expansion underwent epithelial-mesenchymal transition (EMT), a trans-differentiation process where they lose the epithelial phenotype by progressively acquiring the mesenchymal one [4]. Besides phenotypical shift, oAEC also experienced a dramatic reduction of their immunomodulatory properties, during EMT [4].

Moreover, the in vitro supplementation of Progesterone (P<sub>4</sub>) – the main pregnancy hormone, that has been previously involved in the regulation of EMT [14-17]- is able to prevent the spontaneous EMT in oAEC and preserve the native epithelial properties [4]. It is known that Steroids have a physiological role in modulating pregnancy. However, apart from Progesterone effects, no clear information can be found in literature on the effects of Estradiol (E<sub>2</sub>) on AEC native phenotype. Based on this premise, this work describes the protocol based on supplementation of both, P<sub>4</sub> and E<sub>2</sub> hormones during oAECs in vitro amplification and their differentiation towards osteogenic and chondrogenic lineages.
Materials

Use only sterile materials. Prepare all reagents at room temperature and store them at 4 °C (unless indicated otherwise). Use all reagents at 38 °C. Diligently follow all waste disposal regulations when disposing waste materials.

Reagents and Instruments for Cells Isolation and Culture

a) Clean with soap and tap water the scalpels, the forceps, the surgical and watchmaker tweezers. Rinse with distilled and double-distilled water and then sterilize in oven. Store in a sterile container. Before the use, sterilize the metallic instruments and with a glass bead sterilizer set at 200 °C for 15 seconds (Note 1).

b) Antibiotics buffer for membrane isolation (use outside the laminar flow hood): dilute 5mL of 10.000 UI/mL Penicillin-Streptomycin (Lonza) in 495mL of Sodium chloride solution suitable for cell culture (S8776, Sigma) (Note 2). Store at room temperature.

c) Antibiotics buffer for cell isolation (use inside the laminar flow hood): dilute 5mL of 10.000UI/mL Penicillin-Streptomycin (Lonza) in 495mL of Phosphate Buffered Saline (PBS) without calcium, without magnesium, suitable for cell culture (59321C, Sigma) (Note 3). Store at room temperature.

d) Clean with sterilize in oven glass cylinders and beakers.

e) Stereomicroscope.

f) 0.25% Trypsin-EDTA (T4049, Sigma).

g) Bürker counting chambers.

h) Trypan Blue solution (T8154, Sigma).

i) Heat-inactivated Fetal Bovine Serum (FBS) (Gibco) (Note 4).

Flow Cytometry Characterization

a) Un-conjugated primary antibodies marked with FITC by using Zenon Antibody Labelling Kit (Gibco, Invitrogen, Carlsbad, CA, USA), following the manufacturer’s instructions.

b) Prepare Washing Buffer by diluting 0.1% (v/v) of Sodium azide and 0.5% (v/v) Bovine Serum Albumin (BSA) in PBS.

c) Prepare Fixation Buffer by diluting 0.5% (v/v) of Paraformaldehyde in PBS.

Growth Medium

Prepare Growth Medium: Alpha minimum essential eagle medium (α-MEM, Lonza) supplemented with 20% FBS, 1% Ultraglutamine (Lonza), 10.000 UI/mL Penicillin Streptomycin (Lonza) and 2.5µg/mL Amphoterocin (Euroclone) (Note 5).

Prepare P4 stock solution: Weight 100mg of P4 stock solution in 5mL of absolute ethanol and gently mix the solution. Work under fume hood. The concentration of P4 stock solution is 31.8mM. Store a 4°C.

Prepare P4 working solution: Dilute 5mL of P4 stock solution in 5mL of absolute ethanol and gently mix the solution. Work under fume hood. The concentration of P4 working solution is 15.9mM. Store a 4°C.

Prepare E5 stock solution: Weight 100mg of E5 (E2758, Sigma) and transfer in a sterile 15mL tube (Note 6). Add absolute ethanol to a volume of 1mL and gently mix the solution. Work under fume hood. The concentration of E5 stock solution is 367mM. Store a 4°C.

Prepare E5 working solution: Dilute 100µL of E5 stock solution in 9900µL of growth medium and gently mix the solution. Work under fume hood. The concentration of E5 working solution is 3670µM. Store a 4°C.

Add E5 and P4 at final concentrations of 25µM, alone or in combination, by discarding the equivalent volume of Growth Medium to maintain the correct steroids concentration. Gently mix the solution (Note 7).

Filter the medium in a 0.22-mm filter and equilibrate in an incubator at 38.5 °C, 30 minutes before the use.

Osteogenic Medium

Prepare Ascorbic Acid Stock Solution: Weigh 0.289gm of Ascorbic acid (A4403, Sigma) and dissolve in 1ml of 100% pure ethanol to obtain a concentration of 1mM.

Prepare β-Glycerophosphate Stock Solution: Weigh 0.216gm of β-Glycerophosphate (G9422, Sigma) and dissolve in 1ml of sterile water to prepare a concentration of 1M.

Prepare Dexamethasone Stock Solution: Weigh 0.392gm of Dexamethasone (D4902, Sigma) and dissolve in 1ml of 100% pure ethanol to prepare a concentration of 500µM.

Prepare α-MEM supplemented with 10% FBS, 1% Ultraglutamin, 1.0000UI/mL Penicillin-Streptomycin and 2.5 µg/mL Amphoterocin, 0.05mM Ascorbic Acid, 10mM β-Glycerophosphate and 0.2µM Dexamethasone.

Filter the medium in a 0.22-mm filter and equilibrate in an incubator at 38.5 °C, 30 minutes before the use.

Chondrogenic Medium

Prepare the Ascorbic Acid as in a 2.4.1

Prepare Dexamethasone stock solution as in a 2.4.3.

Prepare ITS Premix liquid media culture supplement 100 x (Sigma).

Prepare Transforming Growth Factor-beta 1, (TGF-β1) (T1654, Sigma) stock solution: reconstitute the contents of the vial using 0.2mm filtered 4mM HCl containing 1 mg/ml of BSA to obtain a TGF-β 1 µg/ml concentration.

Prepare α-MEM supplemented with 10% FBS, 1% Ultraglutamin, 1.0000UI/mL Penicillin-Streptomycin and 2.5 µg/mL Amphoterocin, supplemented with 10% ITS Premix, 10–7M Dexamethasone, 1µM Ascorbic Acid 1% sodium pyruvate, and 10ng/ml TGF-β1.
f. Filter the medium in a 0.22-mm filter and equilibrate in an incubator at 38.5 °C, 30 minutes before the use.

**Alizarin Red Stain Solution**

Prepare Acetate/Acetic Acid Mix (v/v): weight 1.36gm of sodium acetate (S2889, Sigma) and dissolve 100ml of distilled water (solution A). Work under chemical flow hood. Also, weight 0.57ml acetic acid conc. (99.5%) (A6283, Sigma) and dissolve in 100ml of distilled water (solution B). Mix 53ml of solution A with 147ml of solution B to obtain a final solution of pH 4.2.

Prepare 2% Alizarin Red S Solution: weigh 2gm of Alizarin Red S (A5533, Sigma) under chemical hood and dissolve in 100ml of final Acetate/acetic acid pH 4.2 solution. Filter the solution in a 0.22-mm filter.

**Alcian Blue Stain Solution**

Prepare the Alcian Blue Stain Solution by dissolving 1gm of Alcian blue B GX (A9186, Sigma) and dissolve in 100ml of distilled water (solution A). Work under chemical flow hood. Also, weight sodium acetate (S2889, Sigma) and dissolve 100ml of distilled water (solution B). Mix 53ml of solution A with 147ml of solution B to obtain a final solution of pH 4.2. Filter the solution in a 0.22-mm filter.

**Immuno Fluorescence**

a) 35mm petri dish.

b) Sterile coverslips.

c) 4 % (v/v) paraformaldehyde in PBS (CAS 30525-89-4).

d) 0.2 % (v/v) Triton X-100 in PBS.

e) 5 % (w/v) BSA in PBS and 1 % (w/v) BSA in PBS.

f) Anti-Cytokeratin-8 (Abcam), anti-α-SMA (Abcam) primary antibodies.

g) Cy3 and Alexa Fluor 488 conjugated anti-mouse secondary antibodies.

h) 4’, 6-diamidino-2-phenylindole (DAPI, Vectastain).

i) Fluoromount (Sigma Chemical Co.).

**Freezing Medium**

Prepare the Freezing Medium solution composed by 10 % (v/v) of dimethyl sulphoxide (DMSO). Dilute 1:2 cell suspension in Trypan Blue solution into a 0.5 micro tube and gently pipette the suspension. Count the cell suspension at 2500rpm for 10 minutes.

**Methods**

Carry out all procedures at room temperature unless otherwise specified.

**OAEC Isolation**

a) Carefully prepare the uterus and the incision site with denatured alcohol (Note 8).

b) Open the uterus wall with the aid of surgical forceps. Afterwards, gently separate placenta from the uterus by manually detaching the cotyledons from caruncles.

c) Once the placenta is isolated from the rest of the uterus, roughly peel off with surgical and watchmaker tweezers the choorioallantois from the amnion.

d) Cut amnion pieces with the aid of surgical tweezers and forceps and put them into Antibiotics buffer for membrane isolation.

e) Move the amnion pieces under laminar flow hood and put them into Antibiotics buffer for cell isolation.

f) Working into a 10cm petri dish filled with Antibiotics buffer for cell isolation, divide the amnion in smaller pieces of about 3-5cm of length by using sterile watchmaker tweezers and scalpel.

g) Manipulate under a stereomicroscope in order to finely remove the residual parts of choorioallantois from the amnion with the aid of fine watchmaker forceps (Note 9).

h) Dissect amnion with sterile watchmaker tweezers and scalpel to get tissue pieces of about 1cm2 or less.

i) Rinse three times for 15 minutes the amnion pieces with Antibiotics buffer for cell isolation.

j) Incubate amnion pieces into trypsinization flasks (Note 10). Add 0.25% Trypsin-EDTA solution and a magnetic stir bar. Place the trypsinization flasks on a magnetic stirrer in 38 °C water bath for 30 minutes, with consistent agitation (Note 11).

k) Add FBS 10 % (v/v) to cell suspension in order to inactivate trypsin. Collect cell suspension, filter through a 40-mm cell filter and pour into a 50mL tube. Centrifuge the cell suspension at 2500rpm for 10 minutes.

l) Discard the supernatant and resuspend the pellet in pre-warmed and equilibrated Growth Medium.

m) Dilute 1:2 cell suspension in Trypan Blue solution into a 0.5 micro tube and gently pipette the suspension. Count the cell suspension by using a Bürker counting chambers (Note 12).

n) Seed the cells at the final concentration of 3 x 103 cells/cm2 in Growth Medium supplemented with 25 μM of E2 and P4 alone or in combination (Note 13).

o) Carefully mix the dish by gentle agitation to obtain an equal seeding of the cells.

p) Incubate the culture dish in incubator at 38.5 °C in 5 % CO2.

**Flow Cytometry Characterization**

a) Stain 5 x 105 cells/sample by incubating them with 100μL of 20mM ethylenediaminetetraacetic acid (EDTA) at 37 °C for 10 minutes.

b) Wash in 3mL of Washing Buffer and centrifuge at 4 °C, 400 x g for 8 minutes.
Culture, Passing and Cryopreservation of oAEC

a. Change the Growth Medium each 2 days (Note 15).

b. Split the cells when they reach about 80 % confluency (Note 16).

c. Discard the Growth Medium and rinse three times with PBS without calcium, without magnesium (Note 17).

d. Discard the PBS and then add 0.25% Trypsin-EDTA by ensuring that trypsin covers the entire surface of the culture dish. Place the cells at 38.5 °C in 5 % CO₂ for 8-10 minutes (Note 18).

e. Inactivate the Trypsin with Growth Medium and pipette vigorously the cell suspension to detach cells (Note 19). Collect cells in a sterile tube and centrifuge the suspension at 2500rpm for 10 minutes.

f. Discard the supernatant and resuspend the pellet in pre-warmed and equilibrated Growth Medium.

g. Perform the cell count and seed the cells at the same density (3 × 10⁴ cells/cm²) in Growth Medium supplemented with 25μM of E₂ and P₄, alone or in combination for the next culture passage.

h. Incubate the culture dish at 38.5 °C in 5 % CO₂.

i. Centrifuge the rest of oAEC not seeded at 2500rpm for 10 minutes. Discard the supernatant and resuspend the pellet in Freezing Medium. Carefully mix the cell suspension.

j. Distribute 1mL of cell suspension for each 1.8mL Nunc® CryoTubes®.

k. Put the Nunc® Cryo Tubes® into a Mr. Frosty® Freezing Container. Store the cells at -80 °C for 1 day.

l. Move the Nunc® Cryo Tubes® in liquid nitrogen.

Osteogenic Culture Differentiation of oAEC

a. Culture oAECs as described in paragraph 3.3.1 until 3.3.5.

b. Discard the Growth Media and resuspend the cells pellet in pre-warmed and equilibrated Osteogenic Differentiation Medium.

c. Perform the cell count and seed the cells at the same density (3 × 10⁴ cells/cm²) in Osteogenic Differentiation Medium.

d. Culture cells in culture dish at 38.5 °C in 5 % CO₂ for 21 days changing the Osteogenic Differentiation Medium each 2 days.

Chondrogenic Culture Differentiation of oAEC

a. Culture oAECs as described in paragraph 3.3.1 until 3.3.5.

b. Discard the supernatant and resuspend the pellets in pre-warmed and equilibrated Chondrogenic Differentiation Medium.

c. Perform the cell count and seed the cells at the same density (3 × 10⁴ cells/cm²) in Chondrogenic Differentiation Medium.

d. Culture cells in culture dish at 38.5 °C in 5 % CO₂ for 21 days changing the Chondrogenic Differentiation Medium each 3-4 days.

Assessing Epithelial Phenotype by Immunofluorescence

a. Plate oAEC in 35mm petri dish with a sterile glass coverslip on the bottom (Note 20). Culture the cells until the reaching of 50-60 % confluency (Note 21).

b. Rinse three times with PBS with calcium, with magnesium.
c) Fix oAEC in 4 % (v/v) paraformaldehyde in PBS for 10 min at RT (Note 22). Rinse three times with PBS.

d) Permeabilize with 0.2 % (v/v) Triton X-100 in PBS for 10 min at RT, with gentle agitation.

e) Block non-specific sites with 5 % (w/v) BSA in PBS for 1 hour at RT, with gentle agitation.

f) Incubate with anti-Cytokeratin-8 (1:200) or anti-α-SMA (1:200) primary antibodies diluted in 1% (w/v) BSA/PBS, overnight at 4 °C in gentle agitation (Note 23).

g) Rinse three times with PBS at RT, with gentle agitation.

h) Incubate with Cy3 (anti-α-SMA) or Alexa Fluor 488 (anti-Cytokeratin-8) conjugated anti-mouse secondary antibodies diluted 1:200 in 1% (w/v) BSA/PBS for 40 min at RT in the dark, with gentle agitation.

i) Staining nuclei with DAPI used at the final dilution of 1:5000 in PBS for 5 minutes in the dark, with gentle agitation.

j) Mount coverslips with Fluor mount and analyze cell samples with the aid of a fluorescent microscope equipped with a CCD camera, configured for fluorescence microscopy and interfaced to a computer workstation, provided with an interactive and automatic image analyzer. Digital images are acquired using standard filters setup for Cy3, Alexa Fluor 488 or DAPI.

k) Determine the percentage of Cytokeratin-8 and α-SMA positive cells by counting at least 100 cells for each sample (Note 24).

Assessing Osteogenic Mineralization by Alizarin Red S Stain

a) Plate oAEC in 35mm petri dish as described in a paragraph 3.4.

b) Rinse Petri dish three times with PBS without calcium and magnesium.

c) Stain the cultured cells for 3h in 2% of Alizarin in Acetate / acetic acid pH 4.2 (1ml in 35mm Petri dish).

d) Wash in distilled water for 5min and mount coverslips with 10-15μl of Mounting Media (C9368, Sigma) for microscopic observation.

Assessing Chondrogenic Pretoeygycans and Aggrecans by Alcian Blue Stain

a) Plate oAEC in 35 mm petri dish as described in a paragraph 3.5.

b) Rinse Petri dish three times with PBS without calcium and magnesium.

c) Stain cells for 2h in 1% Alcian blue 8 GX in 3% acetic acid (1ml in 35mm Petri dish).

d) Wash in 3% Acetic Acid for 3-5 minutes, followed by 1 wash in distilled water. Mount coverslips with 10-15μl of Mounting Media (C9368, Sigma) for microscopic observation.

Note

1. Do not exceed 15 seconds of sterilization to avoid the metal from reaching too high temperature. High temperature could damage the tissue and negatively influence the yield of cells isolation because it increases the percentage of cell death. Moreover, metal objects exposed to high temperature became incandescent and could cause damage to the operators.

2. Prepare the Antibiotics buffer for membrane isolation under a laminar flow hood. Use only sterile materials. Sodium chloride solution should be stored at room temperature to avoid precipitation of the salt.

3. Prepare the Antibiotics buffer for cell isolation under a laminar flow hood. Use only sterile materials. PBS without calcium, without magnesium should be stored at room temperature to avoid precipitation of the salts. PBS without calcium, without magnesium guarantees good results in term of oAEC detach from amniotic membrane, as adhesion proteins require divalent cations for proper function.

4. Inactive FBS at 56 °C in the water bath for 30 minutes.

5. Warm all reagents to 38 °C in the water bath in order to reach ovine cell physiological temperature.

6. E, and P4 are carcinogen and toxic for the reproduction (H351, H360 risk category). Use Individual Protection Devices (DPI) such as safety glass clear lens, molded disposable mask with valve, gloves and lab coat. Wear the mask when weighting the steroids. To avoid exposing the steroids to co-workers, weight them directly in a 15mL tube (by storing the container weight as tare weight) and close the tube when transporting it to the fume hood. Add 10mL of absolute ethanol and filter the solution before storage. The used 15mL tube should be disposed as hazardous waste.

7. Absolute ethanol is generally used as solvent for dissolving several drugs. However, it is possible that high concentrations of absolute ethanol can negatively influence cell culture. In agreement with others investigators, the final concentration of absolute ethanol in cell culture medium should be about 0.1 %. The high dilution of P4 working solution selected (1:625) allow to obtain exiguous volume of absolute ethanol into Growth Medium. In these experimental conditions, the final concentration of absolute ethanol in the medium will be about 0.16 %.

8. The ovine uteri are collected at slaughterhouse. For this reason, a proper sterilization of the incision site and the surgical instruments is strongly recommended because significantly reduces the amount of contamination. Since the uteri are collected from animals intended for food, all the animals are preventively subjected to a prophylaxis against the principal sexually transmitted infections.

9. Ruminants are characterized by the presence of a chorioallantois, which is established by fusion between the allantonic wall and chorion. Chorioallantois is often recognizable by the presence of blood vessels. On the other hand, in...
Ruminants epithelial layer of the amnion is often recognizable by the presence of amniotic plaques, that are stratified glycogen-rich epithelial elevations from the inside inner epithelium of the amnion [19].

10. Do not fill the trypsinization flask with a high number of AM pieces in order to allow a proper cell separation. Put about 10-15 pieces of AM for each 125mL trypsinization flask.

11. Better results are obtained by using 15-20mL of 0.25 % Trypsin-EDTA solution. Moreover, select a proper speed of magnetic stirrer (200-230rpm) to allow a consistent agitation of magnetic stir.

12. Since oAEC tend to form clusters in suspension, vigorously pipette the cell suspension before performing the dilution with Trypan Blue solution. Count the cell suspension at least three times to be sure of the result of the counting. Indeed, oAEC are quite sensible to cell density and improper cell counting or seeding can negatively influence their growth.

13. It has been demonstrated that P4concentration allows the preservation of the native epithelial phenotype of oAEC. Indeed, when cultured in absence of P4 (standard cultural conditions) oAEC experienced epithelial-mesenchymal transition (EMT) in culture. In particular, it is previously demonstrated that oAEC undergo EMT after three cultural passages [4]. Conversely, when the culture medium is supplemented with 250UM of P4, oAEC preserved their native epithelial phenotype in a long-term culture.

14. Contains a mixture of Rainbow Calibration Particles (approximately 1 x 107 particles/mL) that are designed for routine calibration of flow cytometers and contain a mixture of fluorophores that are excited at any wavelength from 365 to 650nm. Before use, mix or resuspend the particles by vortexing. Dilution of 3 - 5 drops of particles to 1mL of sheath fluid will provide an adequate number of particles for flow cytometric analysis. Exclude debris from the analysis by gating on morphological parameters (lymphocyte gate); record 20,000 non-debris events in the morphological gate for each sample.

15. At the first passage, the percentage of oAEC that adhere at the culture dish is lower than the number of seeded cells. For this reason, it is suggested to change the Grow Medium after 3 days at beginning of the cell culture in order to allow the cells to properly adhere.

16. Generally, oAEC take about 10-12 days to reach 80 % confluency when are freshly isolated. After the first cultural passage, oAEC take about 4-5 days to reach 80 % confluency. It is not recommended to exceed the 80 % confluency to avoid the morphological changes due to epithelial-mesenchymal transition.

17. The wash steps remove any traces of serum, divalent cations that would inhibit the dissociation action of trypsin.

18. For the epithelial nature of oAEC, they are usually difficult to detached from the culture dish. For this reason, it is recommended to use 0.25 % instead of 0.05 % of TrypsinEDTA. Moreover, in order to proper detach cells and increase the yield of trypsinization, incubate the culture dish for 8-10 minutes and check them microscopically every 3-4 minutes. It is advisable to gently tap the dish in order to facilitate cell detachment.

19. Add the equivalent volume of Growth Medium to the cells suspension to inactivate the trypsin action. Since Growth Medium contains 20 % FBS, using an equal volume of it respect to trypsin allow to obtain a final dilution of 10 % FBS. As epithelial cells, oAEC tend to from clusters when are in suspension. These clusters are generally hardly to dissociate and can negatively influence cell count because they can be formed by a high number of cells. For this reason, vigorously pipette of cell suspension at least 25-30 times to facilitate cluster dissociation.

20. Put glass coverslips (22 x 22 mm) into a beaker and sterilize in oven at 180 °C for 2 hours. Afterwards, immerse glass coverslips in absolute ethanol under laminal flow hood and let them became air dry. Put the coverslip into a 35mm petri dish with the aid of sterile watchmaker tweezer.

21. A confluence greater than 60 % could negatively influence cell fixation and interfere with the interpretation of the data due to the overlapping of fluorescent signals.

22. Be careful in handling paraformaldehyde because is flammable and may cause skin irritation, allergic skin reaction, eye damage and respiratory irritation. Use personal protective equipment and avoid contact with skin and eye. In order to avoid the formation of dust and aerosol, work under a fume hood.

23. Careful aspirate the excess of PBS from the edges of the petri dish leaving a thin layer of PBS only on the coverslip. It could be helpful to use a PAP pen (ab2601) which allow to create hydrophobic barrier when a circle is drawn around a specimen on a slide. It is recommended to carefully add a drop of approximately 50-60μL of diluted primary antibodies. Cytokeratin-8 is an intermediate filament protein characteristic of the epithelial cells and is considered one of the first markers that disappears in the context of EMT [20]. On the contrary, α-SMA is an actin isoform expressed by vascular smooth muscle, myoepithelial and mesenchymal cells and is well defined as a marker of an advanced stage of EMT [21].

24. Snap micrographs with low magnification in order to count at least 100 cells in each field. To determine the total number of cells per field, count all the nuclei counterstained with DAPI. In order to assess the percentage of epithelial or mesenchymal cells, count the Cytokeratin-8 or the α-SMA positive cells and divide the obtained number by the total number of nuclei and then multiply the result by 100.

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