Fluctuations in pedestrian evacuation times: Going one step beyond the exit capacity paradigm for bottlenecks

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Abstract For safety reasons, it is important that the design of buildings and public facilities comply with the guidelines compiled in building codes. The latter are often premised on the concept of exit capacity, i.e., the mean pedestrian flow rate through a bottleneck (at congestion). Here, we argue that one should duly take into account the evacuation time fluctuations when devising these guidelines. This is particularly true when the narrowing is abrupt and the crowd may behave competitively. We suggest a simple way to assess the extent of (part of) these fluctuations on the basis of the statistics of time gaps between successive escapes through the considered bottleneck, which in practice could be garnered by analysing recordings of future real evacuations or, perhaps, realistic drills (in the limits of what is ethically possible). We briefly present a test of the proposed strategy using a cellular automaton model and confirm its validity under some conditions, but also disclose some of its limitations. In particular, it may severely underestimate fluctuations in the presence of strong correlations in the pedestrians’ behaviours (while still performing better than only the mean capacity).

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1 Introduction

In emergency situations (whether it be a fire outbreak, an earthquake, a terrorist attack, etc.), buildings and public facilities usually need to be evacuated quickly and safely. Building architectures should be designed accordingly. In particular, corridors and doorways on the egress pathway must be wide enough to allow the occupants to egress without excessive delay and to reduce the risk of clogging at the

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bottlenecks. How can this plain condition translate into a practical guideline? Building codes answer this question either by prescribing minimal requirements in terms of bottleneck widths or by setting the minimal standards (performances) that should be met with respect to the evacuation time.

To take a few examples, building codes in the United States (for instance in Florida) prescribe a minimal clear width $w = \max\{813, 5.1N\}$ mm for doorways, where $N$ is the occupant load. Note that $w$ is lowered to $\max\{813, 3.8N\}$ mm in suitably equipped low-risk buildings. In France, emergency exit doorways and corridors in public buildings must typically be larger than $(1 + \left\lceil \frac{N}{100} \right\rceil) \times 0.6\text{m}$ if $200 < N \leq 500$, where $\lceil x \rceil \in \mathbb{N}$ is the ceiling of $x$, or $\left\lceil \frac{N}{100} \right\rceil \times 0.6\text{m}$ if $N > 500$. French railway stations must be designed in such a way that they can be evacuated in less than 10 minutes. To evaluate the evacuation time, a walking velocity $v = 1.4\text{m} \cdot \text{s}^{-1}$ is assumed, along with a specific capacity $J_s = 1.67\text{m}^{-1} \cdot \text{s}^{-1}$, i.e., a maximal flow rate of 1.67 people per second per meter of corridor width. These figures are reduced to $v = 1.0\text{m} \cdot \text{s}^{-1}$ and $J_s = 1.0\text{m}^{-1} \cdot \text{s}^{-1}$ if it is a regional or national station. Finally, in the United Kingdom, the maximal evacuation time for sports stadiums is set to a value between 2.5 and 8 minutes, depending on the risks, and a specific capacity $J_s = 1.37\text{m}^{-1} \cdot \text{s}^{-1}$ is assumed for level walkways.

These guidelines are thus premised on the concept of exit capacity, or in other words mean flow rate in saturated conditions. Not surprisingly, the values indicated in the above building codes are slightly lower, but comparable to the values measured in controlled experiments where participants were asked to walk through a bottleneck in normal conditions (for instance, $J_s = 1.85\text{m}^{-1} \cdot \text{s}^{-1}$ was reported in [7]). On the other hand, they are considerably lower than the values measured in controlled competitive conditions through narrow doors: In [14], Zuriguel et al. measured $J_s \approx 3.7\text{m}^{-1} \cdot \text{s}^{-1}$. Varying the participants’ (prescribed) eagerness to escape, my colleagues and I observed the whole range of values $1.4 \leq J_s \leq 3.3$ (in $\text{m}^{-1} \cdot \text{s}^{-1}$) [12]. The underestimates provided in building codes can be interpreted as safety margins, intended to absorb unforeseen delay. But is this enough to ensure that the evacuation time will always be within the chosen bounds?

Here, we show that the presence of significant fluctuations, of diverse origins, undermines this reasoning based on mean values (Section 2.1). We then propose a simple method to assess these fluctuations in Section 3 and test it in Section 4.

2 Beyond the mean exit capacity: Fluctuations

2.1 Importance of fluctuations

Since the dynamics of evacuations depend on many details that are out of control, significant fluctuations should be foreseen. They undermine any reasoning based exclusively on mean values. Indeed, in the presence of strong fluctuations, knowing that evacuations are quick enough on average does not tell you how often they
will be excessively lengthy. Even if we focus only on the delays expected at bottlenecks (doorways, relatively narrow corridors, etc.), experiments involving mice that were forced to flee through a narrow orifice showed that realisations conducted in virtually identical conditions exhibit a significant dispersion, with standard deviations (std) that typically amount to 6% to 14% of the total evacuation times of about 90 mice, for a variety of settings [8,9] (the figure is closer to the upper bound when there are many realisations). Similar figures are reported for the entrance of 85 sheep into a barn through a narrow gate, with an std-over-mean ratio of around 15% for the total time [5], and the importance of the dispersion of the evacuation times was underscored by the authors. Considering a crowd of about 90 participants walking through a narrow (69-cm-wide) door in a controlled experiment, the ratio is found to be around 7%, with moderately competitive participants as well as with highly competitive ones [4]. (Note that the given std-over-mean ratios are the results of my own calculations using the data of the cited papers.) Importantly, even though intermittence in the dynamics is favoured by the presence of abrupt narrowings, the fluctuations do not vanish when the constriction gets wider and they may be very considerable if the crowd behaves frantically. A striking example is the huge clog that occurred in the running of the bulls during the 2013 San Fermín in Pamplona, when the crowd running in front of the bulls pushed so hard on the human clog formed at the entrance of the arena that, despite its being a few meters wide, not even a handful of people could enter per second. This very large deviation from the mean flow rate is a sign of anomalously broad statistics.

As a consequence, it is of paramount interest to have an idea of the distribution of evacuation times, beyond its mean value. This distribution corresponds to an ensemble of realisations, for a fixed number of occupants $N$ and a fixed geometry. Unfortunately, it is unrealistic to expect the collection of such statistics for any $N$ and any geometry. In the following, we will propose a strategy to bypass this need. To this end, we will first disentangle the origins of the fluctuations.

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Fig. 1 (Left) Some guidelines or measurements for the specific capacity of doors and corridors (i.e., the flow rate per metre of cross section). (Right) Time line of a controlled evacuation [12] obtained by stitching pixel lines corresponding to the doorway in successive frames; the definition of the time gap $\Delta t$ is illustrated.
2.2 Origins of the fluctuations

Statistical fluctuations. As any complex system, pedestrian crowds feature an amount of disorder: The pedestrian’s morphologies and their preferential velocities are different, their initial positions at the beginning of the evacuation are more or less random, etc. For these reasons, successive realisations (even conducted with identical crowds and in seemingly identical conditions) will not display exactly the same dynamics. The observed differences are statistical fluctuations due to the stochasticity of uncontrolled parameters and are also present in the flow of purely mechanical systems, such as grains discharging from a silo [10].

Extrinsic variations. Besides these statistical fluctuations, extrinsic variations are also expected in real evacuations. In particular, the composition of the crowd that might need to evacuate the building is not the same from day to day, nor will their eagerness or competitiveness to egress be the same. Turning up the last parameter, for instance, was shown to produce more intermittent (bursty) evacuation dynamics [14] [12].

3 A practical method to assess statistical fluctuations

Having disentangled the origins of the fluctuations, we now propose a practical way to predict the statistical fluctuations of the global evacuation time.

3.1 Distribution of time gaps between successive egresses

Consider a given escape zone. Let \( t_i \) be the time of the \( i \)-th escape (out of \( N \)) in a realisation of the evacuation and let \( \Delta t_i = t_i - t_{i-1} \), where we have set \( t_0 = 0 \), as illustrated in Fig. 1. The premise of our approach is that it is possible to collect enough statistics about these time gaps to get a decent approximation of their distribution \( p(\Delta t) \) for a typical crowd composition. This requires the observation of a reasonable number of real evacuations, which may be achieved in the near future, owing to the increased monitoring of public facilities. Alternatively, one may choose to perform evacuation drills in conditions as realistic as is ethically possible.

3.2 Micro-macro relation

To proceed, we remark that the total evacuation time of the \( N \) occupants (i.e., here, the delay at the bottleneck) reads
\[ T_{\text{esc}}(N) = \sum_{i=1}^{N} \Delta t_i. \]

It can thus be regarded as a sum of \( N \) random variables drawn from the distribution \( p(\Delta t) \). If we overlook possible correlations between successive time gaps, the distribution of \( T_{\text{esc}}(N) \) is given by the following micro-macro relation, based on a convolution product (\( * \)),

\[ P_N(T_{\text{esc}}) = p^N(T_{\text{esc}}). \] (1)

In particular, provided that the ‘microscopic’ distribution \( p(\Delta t) \) has a finite mean \( \Delta t \) and a finite standard deviation \( \sigma \), the central limit theorem implies that, in the limit of large attendance \( N \gg 1 \), \( P_N(T_{\text{esc}}) \) follows a normal law of mean \( N \Delta t \) and of variance \( N\sigma^2 \). Thus, we have managed to assess the global distribution \( P_N(T_{\text{esc}}) \), whose direct assessment would require a hopelessly large amount of data because of its dependence on \( N \), on the basis of the more accessible \( p(\Delta t) \) [11].

Fig. 2 Illustration of the micro-macro relation, which takes as input the ‘microscopic’ statistics of time gaps \( \Delta t \) at the door and predicts the global distribution of evacuation times \( T_{\text{esc}} \) for the \( N \) occupants.

3.3 Caveats and possible issues

Already at this stage, we ought to mention some caveats with respect to the micro-macro relation. First, one may think that \( p(\Delta t) \) actually depends on \( N \). But we believe that, granted that \( N \) is large enough (typically \( N > 100 \) for a narrow door [4]), this dependency can be overlooked (unless huge pressure builds up at the door, in which case pressure itself will cause a tragedy, regardless of the delay at the door). Indeed, in the controlled experiments we performed (see [12] for details),
the flow rate was not found to vary substantially when there were fewer people left in the room. Secondly, contrary to the assumption of uncorrelated time gaps, we recently demonstrated that an alternation between short time gaps and longer ones is generally expected in bottleneck flows [13]. Nevertheless, these are short-time (anti)correlations and they should not very substantially affect the results (where long clogs play an important role). In any case, the problem can be remedied easily, by reasoning on the distribution of time lapses for a handful of successive escapes (e.g., \( \sum_{p=0}^{3} \Delta t_{i+p} \)), instead of considering the individual time gap \( \Delta t_i \).

4 Validity and limits of the micro-macro relation

In this section, we outline a validation test for the micro-macro relation relying on model pedestrian dynamics. More precisely, the model under consideration is a cellular automaton that we designed to reproduce the dynamics of competitive escape through a narrow door observed experimentally by Zuriguel et al. [14], in particular the heavy-tailed, power-law-like distribution of time gaps, viz., \( p(\Delta t) \sim \Delta t^{-\alpha} \) for large \( \Delta t \), with \( \alpha > 0 \).

4.1 Succinct description of the model

In the model, space is discretised into a regular rectangular grid, in which each cell hosts at most one agent. At each time step, all pedestrians start by selecting the site that they target among the adjacent cells (denoted \( k \) and including the present one). A move from site \( i \) to site \( j \) has probability \( p_{i \rightarrow j} \equiv \frac{\Lambda_j - \Lambda_i}{\sum_{\langle i, k \rangle} e^{\Lambda_k - \Lambda_i}} \), where \( \Lambda_k \) is the attractiveness of the site (how close it is to the exit) and the noise intensity \( x = 1 \) has been introduced to avoid the artefacts caused by strictly deterministic moves. If the target site is occupied or if other people have selected it as target site and are therefore competing for it, the agent simply waits. Otherwise, (s)he moves to the target site. Following this round of motion, some sites have been vacated. This allows other agents to move to their target cell. The round is iterated until all possibilities of motion have been exhausted. The limit of strong friction considered in the model is noteworthy: As soon as two or more agents are competing for a site, the conflict is sterile and nobody can move. Further details can be found in [11].

Simulations showed that this model is able to capture the exponential distributions of burst sizes (i.e., egresses in rapid succession). But adding one last ingredient was crucial in order to replicate the heavy tails in \( p(\Delta t) \). Indeed, some amount of disorder was required. This was achieved by introducing behaviours: Each agent \((i)\) is endowed with a propensity to cooperate \( \Pi_i \in [0, 1] \). At each time step, this propensity determines whether agent \( i \) cooperates (which occurs with probability \( \Pi_i \)) or not. Nothing changes if the agent behaves cooperatively. In the opposite case, the agent is impatient to move to another site, so (s)he undervalues the attractive-
ness of the current site, viz., $A(x_i, y_i) \rightarrow A(x_i, y_i) + \frac{1}{2} \ln \Pi_i$. With this additional ingredient, the model succeeded in describing a ‘faster-is-slower’ effect when the crowd becomes more impatient, but also in yielding power-law tails in $p(\Delta t)$ for impatient crowds and narrow doors.

### 4.2 Validation of the micro-macro relation

For each distribution of behaviours $\Pi_i$ and each door width, a large number of evacuation realisations were simulated for an arbitrary number of occupants $N$. The resulting histogram of total evacuation times is plotted as cyan bars in the right box of Fig. 2. In parallel, the distribution of time gaps $p(\Delta t)$ was computed from the simulation of an evacuation involving a very large crowd. On this basis, the global distribution of evacuation times predicted using the micro-macro relation is shown in the same figure. Clearly, there is excellent agreement between the prediction line and the histogram, which gives credence to the validity of the micro-macro relation.

### 4.3 Limits to the validity

However, the proposed relation was found to fail in some conditions, and sometimes severely so. This notably happened when a process of social contagion was incorporated into the model, whereby the neighbours of an impatient agent tended to behave more selfishly. At high contagion strengths, system-spanning correlations emerged and the crowd sometimes ended up being extremely impatient (thus evacuating more slowly in the model), whereas it remained in its initial, patient state during other realisations, thus evacuating faster. Such scenario splitting completely undermined the micro-macro relation.

More generally, we also expect extrinsic fluctuations, as defined in Section 2.2, to lead to a broader distribution of global evacuation times than the micro-macro prediction. Despite these limitations, by accounting for statistical fluctuations, the latter prediction is more informative regarding the probability of dangerously long evacuations than just the exit capacity.

### 4.4 Conclusion

In this contribution we have argued that estimates for the time spent at doors, gates or in corridors during an evacuation should not be based exclusively on the mean flow rate at the bottleneck under study, i.e., its capacity. Indeed, these times may fluctuate considerably, especially when the relative narrowness of the bottleneck and the competitiveness of the crowd favour highly intermittent dynamics. We have
suggested a simple way to assess the extent of these fluctuations (more precisely, their statistical component) on the basis of the ‘microscopic’ statistics of time gaps between successive escapes, which could be collected in practice. Putting the proposed relation to the test with a cellular automaton model [11] has confirmed its validity under some conditions, but also pointed to its limitations: Fluctuations are underestimated when there are strong correlations in the pedestrians’ behaviours.

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