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Delay constrained throughput optimization in multi-hop AF relay networks, using limited quantized CSI

Mehrdad Taki¹*, Tommy Svensson² and Mohammad Bagher Nezafati³

Abstract
In this paper, we analyze the throughput of multi-hop amplify and forward (AF) relay networks in delay-constrained scenario. Using quantized channel state information (CSI), the transmission rates and powers are discretely adapted with individual average power constraint on each node. A sub-gradient projection-based algorithm is utilized, by which there is no need for probability density functions (PDFs) to solve the optimization problem. Our numerical evaluations show that the sub-gradient projection-based algorithm results in a comparable performance with an analytical approach using PDFs. As shown, a considerably better performance obtained by the designed scheme compared to previous schemes with constant power transmission. More than 70% throughput improvement is achieved by our scheme compared to constant power transmission with just two more feedback bits and a short training time required at the beginning of the transmission.

Keywords: Multi-hop relay, Amplify and forward relaying, Discrete link adaptation, Adaptive modulation and coding, Delay-QoS constraint

1 Introduction
Relaying is a promising tool for expanding the network coverage area and increasing link reliability. Nowadays, there is a great interest in reducing the size of communication tools, thereby reducing power sources and weakening transmitted signals. Thus, when the distance between the transmitter and the receiver is long, multiple relays are deployed in order to have a reliable transmission. Amplify and forward (AF) relaying is less complicated and less costly compared with other relaying schemes, e.g., decode and forward (DF) or compress and forward (CF) relaying [1]. Link adaptation is an efficient tool to overcome multi-path fading effects in wireless channels [2]. In this paper, a new scheme is designed for optimized transmission in a multi-hop AF relay network in which practical constraints for system implementation are considered as follows: (a) Discrete rate adaptation is utilized using adaptive modulation and coding, considering instantaneous block error rate (BLER) constraints. (b) To decrease feedback load, transmitter’s power is selected from a limited discrete set and just the index of the power level is sent back. Discrete rate and power adaptation considerably decrease the sensitivity to imperfect channel state information (CSI). (c) A delay constraint is considered, which makes the proposed scheme suitable for multimedia applications. (d) Independent average power constraint for each relay and the transmitter is considered because in practice nodes have disjoint and independent power supplies. (e) A new version of the proposed scheme is developed which works without any need for the probability density function (PDF) of the signal to interference and noise ratios (SINRs). This satisfies a limitation in practical networks especially mobile systems, where PDFs are not precisely available, e.g., at high speed.

In the following, related principles are illustrated and previous works are reviewed, and then the paper’s contributions and structure are presented.

1.1 Literature survey
1.1.1 Link adaptation, limited feedback, and delay constraint
Link adaptation is an enabling tool to overcome the effect of multi-path fading in wireless channels, by which transmission rate is adapted based on the link’s SINR. There
are two approaches to link adaptation, i.e., continuous or discrete. In continuous link adaptation, the transmission rate is continuously adapted based on the channel SINR, and capacity-achieving codes with (asymptotically) zero error probability are used [2]. Continuous link adaptation, though insightful for system performance analysis, is not implementable in practical systems.

In discrete link adaptation, a small BLER is accepted and the transmission rate is chosen from a limited set of discrete rates. There are two approaches to discrete link adaptation in a single carrier link: various transmission rates may be obtained by adaptive modulation (AM) [2] or by using adaptive modulation and coding (AMC) [3]. With AM, the instantaneous transmit rate is estimated with a closed-form continuous function; thus, the design of transmission schemes using AM is similar to continuous link adaptation. The performance considerably using coding, but the design of transmission schemes with AMC is different and more complicated.

In parallel with rate adaptation, the transmission power may be constant or adapted. For a point to point link, it was shown that continuous power adaptation compared to constant power improves the performance [2]. Note that in a multi-link system, a more complicated strategy may be followed to control instantaneous transmit power taking intra-cell and inter-cell interference into account, e.g., as in the long-term evolution (LTE) standard [4].

With discrete link adaptation and constant transmit power, just the index of the transmission mode is to be sent back. In networks where continuous power adaptation is utilized, channels’ SINRs should be sent to a node at which the optimization problem is solved. Moreover, each node should receive its optimized transmit power. Limited rate control channels are available to exchange the mentioned real numbers; thus, the quantization method is of great importance. Two approaches may be considered for quantization of feedback SINR in a simple power adaptive transmission without automatic repeat request (ARQ): (1) quantizing transmit power based on rate-distortion theory [5] and (2) using discrete levels for power adaptation and sending the index of power level as in [6], where capacity-achieving codes are utilized in a point to point link. However, using ARQ, more efficient quantized feedback may be designed [7, 8].

When using variable transmission rate, generated data may stand in a buffer until it could be transmitted. This causes queuing delay which is to be limited especially in multimedia communication. To this end, delay-constrained throughput is defined in [9]. Provisioning a statistical queuing delay bound for wireless systems in conjunction with link adaptation is investigated in [10–13].

### 1.1.2 Relay network and utilizing link adaptation

In a relay node, the received signal may be amplified and forwarded (AF relay), or detected, regenerated and forwarded (DF relay), or detected, compressed and forwarded (CF relay). AF relay is less costly and less complicated and has lower forward delay compared to other types. Generally, in an N-hop relay network, the transmitter’s signal passes through N − 1 consecutive relays until it is received at the final receiver. If each node only receives the signal of its previous hop, the network is called without diversity, else if it receives signals of different previously placed hops, the network is called with diversity.

The performance of an AF relay network with continuous link adaptation is analyzed in [14–21]. Optimized transmission schemes for an AF relay network using AM are designed in [22–27]. In [14–19] and [22–27], transmission powers are constant or adapted in a way that the sum of the instantaneous powers of the relays and of the transmitter is constrained. In [20] and [21], instead, powers are optimized considering a constraint on the sum of the average transmission powers. Transmission schemes for an AF relay network using AMC and constant transmission power are designed in [28, 29]. In [30, 31], spectral efficiency optimization in a single-hop AF relay network is considered. In [30], spectral efficiency in a single-hop network with diversity is optimized. In [31], the considered network structure is a single-hop relay network with several AF relays between a transmitter and a receiver, and at each time, just one relay is selected to forward the transmitter signal to the receiver.

The paper [32] provides a survey on radio resource management solutions, including link adaptation on orthogonal frequency-division multiple access (OFDMA)-based networks with DF relaying. In [33, 34], optimal power allocation schemes are designed for DF relay network with continues power and rate adaptation. Throughput optimization of DF relay with discrete rate adaptation is addressed in [35–37]. In [38], performance of AF and DF relay networks with continues power and rate adaptation is analyzed.

#### 1.2 Contributions of this work

In this paper, throughput optimized schemes are designed for an N-hop relay network without diversity, to maximize the average spectral efficiency. The list of contributions in this paper is as follows:

- The designed scheme utilizes AMC and power adaptation at all nodes (relays and transmitter), provisioning a detection BLER constraint at the receiver and considering an individual average power constraint for each node. Based on the authors’ knowledge, this is the first work which utilizes
discrete rate and power adaptation for a multi-hop AF relay network, especially with practical constraints.

- The presented scheme considers the practical constraints for multimedia communication systems and maximizes delay constrained throughput.
- In general, in a power adaptive transmission scheme, a high CSI load is required, especially in a multi-hop network. SINRs of all hops are to be known at the power adaptive nodes. Moreover, PDFs of SINRs are required to provide average power constraints. Our scheme is designed in such a way that it works with a quite limited CSI load.
  - Each relay adapts its power based on the SINRs of two channels, i.e., the channel towards the next node and that towards the previous node. The mentioned SINRs may be efficiently estimated and monitored at each relay node with good accuracy.
  - Discrete power adaptation is utilized for the main transmitter, in other words, a purpose-driven quantization scheme is designed to adaptively quantize the end-to-end SINR and send the index of appropriate power level. The power levels are agreed upon between the transmitter and the destination at the beginning of the transmission. If \( Q \) power levels are considered for each transmission mode, \( \log_2(Q) \) feedback bits are used to specify the power level.
  - In a modified scheme, the optimization is done using the sub-gradient projection method [39], in which the parameters are set during the transmission through an iterative process without any need to know the PDFs of the random variables involved.

Based on the authors’ knowledge, this is the first work which utilizes the above-mentioned solutions to decrease the CSI load in a discrete rate and power adaptive transmission scheme.

- From the simulation results, it can be inferred that:
  - With continuous power adaptation, considerable better performance is achieved compared to the constant power scheme.
  - With \( Q = 4 \) discrete power levels for each transmission mode and employing just \( \log_2(4) = 2 \) feedback bits, the performance becomes quite close to that of the continuous power adaptation.
  - As shown using the sub-gradient projection-based method, throughput converges to the value which is obtained by the analytical approach, however, without any need to the SINRs’ PDFs.

1.3 Structure of the paper

The rest of the paper is organized as follows, the network structure, channel model, and other preliminaries are explained in Section 2. In Section 3, a novel scheme is designed to maximize the average spectral efficiency in a multi-hop AF relay network. The designed scheme utilizes AMC and continuous power adaptation at all nodes (relays and transmitter), provisioning a detection BLER constraint at the receiver and considering an individual average power constraint for each node. In Section 4, the presented scheme in Section 3 is modified considering practical constraints (limited CSI load and with delay constraint). In Section 5, as a baseline to evaluate the effect of continuous power adaptation, a transmission scheme using AMC and constant transmission power is analyzed. Section 6 is devoted to the numerical evaluation of the designed schemes and Section 7 concludes the paper.

1.4 Notation

In this paper, scalar variables are denoted by small italic letters, e.g., \( x \), and constants by capital roman letters, e.g., \( X \). The statistical average is denoted by \( E[\cdot] \), and \( [a,b) \) represents the set of values either greater than or equal to \( a \), and less than \( b \), i.e., \( a \leq x < b \). The real part of \( x \) is denoted by \( \text{Real}[x] \), and the maximum value between \( x \) and zero is shown with \( \max \{x, 0\} \). The convolution operation is represented with \( * \), the probability function is represented with \( \text{Prob}\{\cdot\} \), the secant of \( x \) is denoted by \( \sec(x) \) and \( \exp(x) = e^x \).

2 Preliminaries

2.1 System description and channel model

Figure 1 shows the considered \( N \)-hop AF relay network without diversity, i.e., the signal of each node is only received at the next node (next relay or the receiver) and does not reach any farther nodes. Nodes from the transmitter to the receiver are labeled with numbers 0 to \( N \), respectively. It is assumed that the transmission power of the \( i \)-th node is denoted by \( p_i \), and the channel SINR between the \( i \)-th and \((i+1)\)-th nodes is represented by \( s_i \), \( 0 \leq i \leq N-1 \). Thus, the received SINR at node \( N \) is given by the following equation [40]:

\[
\gamma_{eq} = P_0 \sum_{i=0}^{N-1} \left( \frac{1}{p_i s_i} \right) - 1 \approx \left( \sum_{i=0}^{N-1} \frac{1}{p_i s_i} \right)^{-1}.
\]  

(1)

We adapt extended pedestrian A (EPA) fading model [41] for channel. In 3GPP standard [42], it is a block fading model in which the channels’ SINRs are fixed during the
transmission of each data block from the transmitter to the final receiver.

2.2 Link adaptation method
To analyze the system performance, continuous link adaptation is used by which $\log_2(1 + p_0 s_{eq})$ bits/sec/Hz are transmitted where $s_{eq}$ is the normalized SINR of the equivalent link and $p_0$ is the transmitter’s power.

In practical systems, discrete link adaptation is implementable, where there are $M$ transmission modes, each implemented by a modulation and a coding scheme that corresponds to a transmission rate $R_m$, $0 \leq m \leq M$, which are sorted as $0 = R_0 < R_1 < R_2 \cdots < R_M$. The node throughput is transmitted where $\mu R_m$ is the node’s power. AMC is utilized in third generation partnership project (3GPP) LTE with quadrature phase shift keying/quadrature amplitude modulation (QPSK/QAM) and Turbo coding [42], and BLER is approximated as:

$$p_e(\gamma_{eq}, R_m) = \exp \left\{ A_{1,m} \exp \left( - \frac{(\gamma_{eq} - A_{2,m})}{A_{3,m}} \right)^2 \right\},$$

(2)

where $\{A_{1,m}, A_{2,m}, A_{3,m}\}$ are mode dependent constants which are derived and listed in Table 1 for the selected set of modes. For the BLER to be less than $B_0$, it is required that

$$p_e(p_0 s_{eq}, k) \leq B_0 \Rightarrow p_0 \geq \frac{g_B(k)}{s_{eq}},$$

(3)

where $k \in \{R_0, \cdots, R_M\}$ denotes the instantaneous transmission rate and $g_B(k)$ in LTE is computed as

$$g_B(k) = A_{2,m} - A_{3,m} \sqrt{\frac{\ln \left( \frac{A_{1,m}}{\ln (B_0)} \right)}{\ln \left( \frac{1}{p_i} \right)}}.$$

(4)

3 Spectral efficiency optimization using AMC and continuous power adaption
This section aims to design a new transmission scheme for maximizing the average spectral efficiency between the transmitter and the receiver in an $N$-hop relay network. AMC is used at the transmitter and the powers of the transmitter and the relays are continuously adapted. We consider power-constrained users, and to prolong battery life time of energy-saving devices, average transmission power of the $i$-th node is limited to $\bar{p}_i$, $0 \leq i \leq N - 1$. It is also required that the instantaneous BLER is limited to $B_0$ at the receiver. The problem of this scheme which is referred to continues adaptive power (CAP) is formulated as:

$$\max_{p_0,0 \leq i \leq N-1} \mu E[k] = \frac{\mu}{2} \int f_{\bar{p}_0,\cdots,\bar{p}_{N-1}}(s_0,\cdots,s_{N-1}) ds_0 \cdots ds_{N-1}$$

(5)

subject to:

$$E\{C(0), \cdots, C(N-1)\} : E\{p_i\} \leq \bar{p}_i, 0 \leq i \leq N - 1$$

$$E\{C(N)\} : p_e(\gamma_{eq}, k) \leq B_0$$

where $E\{p_i\} = \frac{1}{2} \int p_i f_{s_0,\cdots,s_{N-1}}(s_0,\cdots,s_{N-1}) ds_0 \cdots ds_{N-1}$ and $f_{s_0,\cdots,s_{N-1}}(\cdots)$ is the joint PDF of the random variables $s_0, \cdots, s_{N-1}$. The problem above is a constrained mixed integer optimization problem, whose solution is not straightforward. A similar problem with continuous link adaptation is solved in Appendix A, and following a similar approach, a solution for (5) is presented. In the following, at first, the powers of all nodes are set and the transmitter’s rate is assigned; next, the problem is reformulated and solved.

As computed in Appendix A, we assign the power of the $i$-th node, $0 \leq i \leq N - 1$, as:

$$p_i = q_i \sqrt{\frac{s_0}{\alpha_i}},$$

(6)

where $\alpha_0 = g_0 = 1$ and $\alpha_i, 1 \leq i \leq N - 1$ is set in the optimization process. Noting (1), based on the
assigned powers, the SINR of the equivalent link between the transmitter and the receiver is derived as:

\[
    s_{eq} = \left( \sum_{i=0}^{N-1} \left( \frac{o_i}{\sqrt{s_i s_0}} \right) \right)^{-1}.
\]  

To provide the BLER constraint with respect to (3) and to maximize the utilization of the network resource, the transmitter’s power is set as \( p_0 = \frac{g_{B_0}(s_{eq})}{s_{eq}} \).

To determine the transmission rate, the \( s_{eq} \) axis is divided into \( M + 1 \) non-overlapping adjacent intervals using the thresholds \( 0 = t_0 < t_1 < \cdots < t_{M+1} = \infty \). When \( s_{eq} \in [t_m, t_{m+1}) \), the transmission rate is set to \( k = R_m, 1 \leq m \leq M \).

According to the assigned powers and rate, the average transmission rate, \( E \{ k \} \), and the average transmission powers of the nodes \( E \{ p_i \}, 0 \leq i \leq N - 1 \) are respectively computed as:

\[
    E \{ k \} = \frac{1}{2} \sum_{m=0}^{M} R_m \int_{t_m}^{t_{m+1}} f_{s_{eq}}(s_{eq}) ds_{eq},
\]

\[
    E \{ p_i \} = \frac{1}{2} \sum_{m=0}^{M} g_{B_0}(R_m) \int_{t_m}^{t_{m+1}} \int_{0}^{\infty} q_i f_{s_{eq}, q_i}(s_{eq}, q_i) ds_{eq} dq_i, 0 \leq i \leq N - 1,
\]

where \( f_{s_{eq}, q_i}(\cdot, \cdot) = f_{s_{eq}}(\cdot) \). According to the computed statistical averages, (5) is reformulated as:

\[
    \max_{\lambda_0, \cdots, \lambda_{N-1}} \mu E \{ k \} \text{ s.t. } C(0), \cdots, C(N-1) : E \{ p_i \} \leq \bar{p}_i, 0 \leq i \leq N - 1,
\]

where constraint \( C(N) \) in (5) is now considered in the transmitter’s power assignment. To solve (9), the Lagrangian is set as [43]:

\[
    \mathcal{L} = \mu E \{ k \} - \sum_{i=0}^{N-1} \lambda_i E \{ p_i \} - \bar{p}_i.
\]

Based on Karush-Kuhn-Tucker (KKT) condition [44], as \( \frac{\partial \mathcal{L}}{\partial t_m} < 0 \), the Lagrangian is a convex function of \( t_m \) and the optimum values of the thresholds are obtained by solving the \( \nabla \mathcal{L} = 0 \) equation as:

\[
    \nabla \mathcal{L} = 0 \implies t_m = \Lambda \frac{g_{B_0}(R_m) - g_{B_0}(R_{m-1})}{R_m - R_{m-1}},
\]

where \( \Lambda = \left[ \lambda_0 + \sum_{i=1}^{N-1} \lambda_i \int_{0}^{\infty} f_{s_{eq}}(s_{eq}) ds_{eq} \right] / \mu \). To finalize the solution, the Lagrangian multipliers \( \lambda_i, 0 \leq i \leq N - 1 \) are to be set. Obviously, all power constraints are active, and thus, the Lagrangian multiplies are to be set such that constraints \( C(0), \cdots, C(N - 1) \) in (9) are satisfied with equality [43]. However, finding \( \lambda_i \)s is not straightforward. Noting (6) and \( \alpha_i = \sqrt{\frac{\mu}{2 \lambda_i}} \), there is a direct relation between \( \alpha_i \) and \( \lambda_i \); thus, \( \alpha_i \) is set to satisfy \( C(i) \) with equality, \( 1 \leq i \leq N - 1 \). Similarly, \( \Lambda \) is set to provide \( C(0) \) with equality.

To compute the average powers, \( f_{s_{eq}, q_i}(s_{eq}, q_i), 0 \leq i \leq N - 1 \) are needed, which are computed in Appendix B.

4 Throughput optimization by considering practical issues

In this section, practical constraints in the scheme designed in Section 3 are explained and proper solutions are presented to consider them. Finally, (5) is revised to design a modified scheme.

4.1 Practical constraints

4.1.1 Delay constraint

Delay constraint is to be provisioned for multimedia communication systems, while the use of link adaptation with variable transmit rate leads to possible increase of delay due to variable transmission rate and queuing. The delay constrained throughput of a link is formulated in terms of effective capacity in [9, 45, 46] as:

\[
    E_C(\theta_0) = -\frac{1}{2\theta_0} \log \left( E \left[ e^{-\theta_0 \mu k} \right] \right),
\]

where \( \theta_0 \) is a parameter related to the delay constraint (the bigger \( \theta_0 \), the stricter constraint). If the rate of data generation at the source is limited to \( E_C(\theta_0) \), the queuing delay is exponentially bounded as:

\[
    \text{Prob} \{ \text{Delay} > T \} \leq e^{-\theta_0 \mu \theta_0 T}.
\]

For a given delay constraint, the effective capacity is to be maximized or equivalently \( E \left[ e^{-\theta_0 \mu k} \right] \) is to be minimized.

4.1.2 Low-rate feedback channel

Noting (6), each relay needs to have \( s_0 \) to adapt its power which requires a high feedback rate, if real values are to be sent. In this section, we propose solutions to decrease the feedback load.

Noting (6), the formula for the relay’s transmit power can be revised as:

\[
    p_i = \frac{\alpha_{i-1}}{\alpha_i} \sqrt{\frac{\theta_i-1}{\theta_i}} p_{i-1}, 1 \leq i \leq N - 1.
\]

Constants \( \alpha_{i-1} \) and \( \alpha_i \) are set at the start of the communication, and SINRs are estimated from the received signal. AF relay-based transmission is usually divided into two phases, including channel estimation through broadcasting of training information and retransmission.
of information to the destination [47, 48]. In time division duplex (TDD) transmission, the $i$-th relay can reliably estimate $s_{i-1}$ from the training information of $(i - 1)$-th relay and $s_i$ can be acquired through eavesdropping of the training information in channel estimation phase of $(i + 1)$-th relay.

Observing that a discrete set of power levels are assigned to each transmission mode, just index of the power level needs to be send back to the transmitter. The power levels can be optimized to maximize the overall throughput.

With discrete power adaptation, $Q$ power levels $P_{m,1}, \ldots, P_{m,Q}$ are used in mode $m$, $1 \leq m \leq M$. The range of $s_{eq}$ is divided into $M + 1$ coarse intervals which are determined by the thresholds $0 = t_{0,1} < t_{1,1} \cdots < t_{M,1} < t_{M+1,1} = \infty$. For $s_{eq} \in (t_{m,1}, t_{m+1,1})$ the transmission rate is $k = \frac{C}{M}$. The interval $(t_{m,1}, t_{m+1,1})$ is divided into $Q$ fine consecutive intervals by the thresholds $t_{m,1} < t_{m,2} \cdots < t_{m,Q+1} = t_{m+1,1}$. It is assumed that when $s_{eq} \notin (t_{m,1}, t_{m+1,1})$, the transmitter’s power is set as $p_0 = P_{m,n}$.

To satisfy the BLER constraint, the thresholds are set as $P_{m,n} = \frac{g_{\text{eq}}(R_m)}{t_{m,n}}$, $0 \leq m \leq M$, $1 \leq n \leq Q$. In this scheme, $\log_2(M + 1) + \log_2(Q)$ feedback bits are required for discrete rate and power adaptation.

### 4.1.3 Unavailability of PDFs

To complete the solution in Section 3, Lagrange multipliers are found using PDFs. On the other hand, PDFs may not be available in some practical networks, especially in mobile systems. Using sub-gradient projection methods [39], the optimization parameters can be found through an iterative process during transmission without any knowledge of the PDFs. More details are presented in the next subsection.

### 4.2 Problem reformulation

Given the rate and power assignment strategy developed in the previous section, the effective capacity of the equivalent link and the average powers are computed as:

$$
E_{C}(\theta_0) = -\frac{1}{2\theta_0} \log \left[ \sum_{m=0}^{M} e^{-\theta_0 R_m} \int_{t_{m,1}}^{t_{m+1,1}} f_{\text{eq}}(s_{eq}) ds_{eq} \right],
$$

$$
E\{p_i\} = \frac{1}{2} \sum_{m=0}^{M-1} \sum_{n=1}^{Q} \frac{g_{\text{eq}}(R_m)}{t_{m,n}} \int_{t_{m,n}}^{t_{m,n+1}} \int_{t_{m,n}}^{t_{m,n+1}} q_i f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i, 0 \leq i \leq N - 1.
$$

Thus, the throughput optimization problem of this scheme can be approximated as:

$$
\min_{t_{m,n}; 1 \leq m \leq M, 1 \leq n \leq Q} E \left\{ e^{-\theta_0 R_{t_{m,n}}} \right\} \quad (17)
$$

subject to:

$$
C(0), \cdots, C(N - 1): E\{p_i\} \leq \bar{p}_i; 0 \leq i \leq N - 1.
$$

### 4.3 Solution to the modified problem

When PDFs are available, the problem is solved using Lagrange multipliers. The Lagrangian is computed as (10), and thresholds are obtained by solving the equation $\nabla \mathcal{L} = 0$ as:

$$
\frac{\partial \mathcal{L}}{\partial t_{m,n}} = 0 \quad 1 \leq m \leq M \quad (18)
$$

$$
\begin{align*}
(-e^{-\theta_0 R_m} + e^{-\theta_0 R_{m-1}}) f_{\text{eq}}(t_{m,1}) & - \sum_{i=0}^{M-1} \frac{\lambda_i g_{\text{eq}}(R_m)}{2} \int_{t_{m,1}}^{t_{m,2}} \int_{t_{m,1}}^{t_{m,2}} q_i f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i - \\
& \sum_{i=0}^{N-1} \frac{\lambda_i g_{\text{eq}}(R_m)}{2} \int_{t_{m,1}}^{t_{m,2}} \int_{t_{m,1}}^{t_{m,2}} q_i f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i = 0,
\end{align*}
$$

$$
\frac{\partial \mathcal{L}}{\partial t_{m,n}} = 0 \quad 1 \leq m \leq M \quad \sum_{i=0}^{N-1} \frac{\lambda_i g_{\text{eq}}(R_m)}{2} \int_{t_{m,n}}^{t_{m,n+1}} \int_{t_{m,n}}^{t_{m,n+1}} q_i f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i + \\
\sum_{i=0}^{N-1} \frac{\lambda_i g_{\text{eq}}(R_m)}{2} \int_{t_{m,n}}^{t_{m,n+1}} \int_{t_{m,n}}^{t_{m,n+1}} q_i f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i = 0.
$$

If $t_{m,n}$ and $t_{m,n+1}$ are close to each other, $f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i$ can be approximated as $(t_{m,n+1} - t_{m,n}) \int_{t_{m,n}}^{t_{m,n+1}} f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i$ and thresholds are approximately obtained as:

$$
(-e^{-\theta_0 R_m} + e^{-\theta_0 R_{m-1}}) \left( \frac{t_{m,n} g_{\text{eq}}(R_m)}{t_{m,n+1} - t_{m,n}} \right) - \frac{g_{\text{eq}}(R_m)}{t_{m,n+1} - t_{m,n}} = 0,
$$

$$
\Lambda = 0; 1 \leq m \leq M,
$$

$$
(t_{m,n})^2 = t_{m,n+1} - t_{m,n}; 1 \leq m \leq M, 1 \leq n \leq Q.
$$

If $t_{m,n}$ and $t_{m,n+1}$ are close to each other, $f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i$ can be approximated as $(t_{m,n+1} - t_{m,n}) \int_{t_{m,n}}^{t_{m,n+1}} f_{\text{eq}}(s_{eq}, q_i) ds_{eq} dq_i$ and thresholds are approximately obtained as:

$$
(-e^{-\theta_0 R_m} + e^{-\theta_0 R_{m-1}}) \left( \frac{t_{m,n} g_{\text{eq}}(R_m)}{t_{m,n+1} - t_{m,n}} \right) - \frac{g_{\text{eq}}(R_m)}{t_{m,n+1} - t_{m,n}} = 0,
$$

$$
\Lambda = 0; 1 \leq m \leq M,
$$

$$
(t_{m,n})^2 = t_{m,n+1} - t_{m,n}; 1 \leq m \leq M, 1 \leq n \leq Q.
$$
where $\Lambda = \frac{1}{2} \sum_{i=0}^{N-1} \lambda_i \int_0^\infty q d q_i(t_{m1}, q_i)$. To complete the solution, the Lagrange multipliers are set to satisfy the constraints with equality. They may be computed analytically when the SINR PDFs are available; otherwise, they may be set using sub-gradient projection methods, in which the multipliers are continuously updated until convergence, i.e., when the difference between the two consecutive multipliers becomes negligible in (20).

The weighting factor, $0 < \beta(n) < 1$ implements a forgetting factor in the averaging and can be selected to be either asymptotically vanishing or constant. A constant step-size gains robustness to channel non-stationarities, while $\beta(n) \to 0$ ensures convergence to the average, when the channel is stationary. To optimize between convergence and accuracy for channel non-stationarity, we select $\beta(n) = 10^{-4}$. Indeed, $\beta(n)$ can be vanished as $\frac{1}{n}$ for accommodation to channel stationarity. As a result, $\beta(n)$ is selected as min ($10^{-4}$, $\frac{1}{n}$) [49].

Steps to compute the thresholds are summarized in the following algorithm.

Pseudo code: Thresholds computation using sub-gradient projection

1. **Initialize** $\alpha_i^1 = 1, 1 \leq i < N - 1$; $\Lambda^1 = 1$
2. **do**
3. **Compute** $t_{m,n}, 1 \leq m \leq M, 1 < n \leq Q$ using (19)
4. **Compute** $s_{eq}$ using (1) and $p_i, 0 \leq i \leq N - 1$ using (14)
5. **Update** $\alpha_i^{n+1}, 1 \leq i < N - 1$ and $\Lambda^{n+1}$ Using (20)
6. **while** $|\alpha_i^{n+1} - \alpha_i^n| > 10^{-3}, 1 \leq i < N - 1$ and $|\Lambda^{n+1} - \Lambda^n| > 10^{-3}$

**5 Delay constrained throughput optimization using AMC and constant power**

In this section, in order to show the effectiveness of the continuous power adaptation proposed in the previous sections, a baseline scheme is designed for throughput optimized transmission in N-hop relay network with constant powers (CP), where just the index of the transmission rate is sent back to the transmitter and there is no need to know the SINR PDFs. In this scheme, by considering $M + 1$ transmission modes, just $\log_2(M + 1)$ feedback bits are required for discrete rate adaptation. According to (3), to guarantee the BLER constraint when $\delta = y_{eq}^{-1} \in [1/g_{th}(R_{m+1}), 1/g_{th}(R_m)]$, the transmission rate is chosen as $k = R_m$. Thus, the effective capacity is computed as:

$$C(\theta_0) = -\frac{1}{2\theta_0} \log \left[ \sum_{m=0}^M e^{-\theta_0 R_m} \int_{1/g_{th}(R_{m+1})}^{1/g_{th}(R_m)} f_\delta(x) dx \right]$$

where $f_\delta(.)$ may be computed using the characteristic function (CHF) of $\delta$. When each link is subject to Nakagami-m fading, i.e., $f_\delta(x) = \frac{m^{\mu/2} x^{\mu-1}}{\Gamma(\mu)} \exp \left\{-\frac{m x}{\mu}\right\}$, the CHF of $\delta$, $\psi_\delta(.)$ is computed as [21]:

$$\psi_\delta(w) = \prod_{i=0}^{N-1} \frac{2}{\Gamma(m_i)} \left( -j \bar{w} m_i \right) K_{m_i} \left( 2 \sqrt{-j \bar{w} m_i} \right),$$

where $K_{m_i}(.)$ is the Bessel function of type $m_i$. By using the change of variable $w = \tan(\phi)$ and noting that $f_\delta(x) = \frac{1}{2\pi} \int_0^{\pi/2} e^{-j w x} \psi_\delta(w) dw$, (21) is computed as (23). A similar approach to compute the spectral efficiency in N-hop AF relay network with AM and constant powers was followed in [27].

$$C(\theta_0) = -\frac{1}{2\theta_0} \log \left( \sum_{n=0}^M \exp \left\{ -\theta_0 \mu R_m \right\} \int_0^{\pi/2} \sec^2(\phi) \left\{ \frac{\psi_\delta(\tan(\phi))}{j \tan(\phi)} \right\} \right)$$

**6 Results and discussions**

This section is devoted to the numerical evaluation of the performance of the designed schemes. AMC modes are selected from the LTE standard where the BLER estimation parameters are derived by fitting the simulation curves of BLER versus SINR. The BLER estimation parameters according to (2) are listed in Table 1. The general form of the network structure is depicted in Fig. 1. Several setups are considered to comprehensively evaluate the performance of the designed schemes.

In Fig. 2, a 3-hop network with Rayleigh fading channels is considered. It is assumed that the average SINR of each
Fig. 2: Effective capacity versus average SINR of each hop in different power adaptation schemes, when parameters are obtained analytically or by sub-gradient projection, Rayleigh fading channels $S_0 = E\{s_i\}$, $\bar{P}_i = 1 \text{ W/Hz}$, $0 \leq i \leq 2$, $B_0 = 10^{-5}$, $\theta_0 = 0.05$

The quality-of-service (QoS) constraints are specified by $\theta_0 = 0.05$ and $B_0 = 10^{-5}$ (BLER). The achievable effective capacity is depicted for a wide range of average SINRs. A study of these curves leads to the following noticeable observations:

- A considerable performance improvement is seen when continuous or discrete power adaptation is used, compared to the case of constant power transmission.
- Optimization using the sub-gradient projection method leads to a performance close to the analytical approach; however, the sub-gradient projection method requires considerably less mathematical computations in the design stage and does not need to know the SINR PDFs.
- With discrete power adaptation using $Q = 4$ power levels per mode, the performance is quite close to the performance of continuous power adaptation, while requiring just $\log_2(Q) = 2$ feedback bits.

In Fig. 3, the effect of increasing the number of relays is investigated while the distance between the transmitter and the receiver is fixed to $D_0$ and $N - 1$ relays are uniformly placed in the signal's path. A large-scale path loss model is assumed in which $E\{s_i\} = \bar{s}_i = \frac{K_0}{D^\zeta}$, where $K_0$ is a constant and $\zeta = 3$ is the path loss exponent. It is assumed that the channels are Nakagami-m fading of order 2. The total sum of the average powers is fixed to $P_{\text{sum}} = 3 \text{ W/Hz}$, and the average power constraint for each node is $P_i = \frac{P_{\text{sum}}}{N}$, $0 \leq i \leq N - 1$. The QoS constraints are $\theta_0 = 0.1$ and $B_0 = 10^{-5}$. The achievable effective capacity is plotted versus $N$ for different transmission power schemes. From the results shown in this figure, the following observations can be made:

- As seen, the overall effective capacity is increased by increasing the number of hops.
- Comparison of the throughputs obtained by different schemes shows that respectively 90% and 80% of the performance gap between the continuous power adaptation and constant power schemes is filled by using just $Q = 4$ (2 bits of feedback) and $Q = 2$ (1 bit) power levels per mode.

By this simulation, we are examining the effect of increasing hardware complexity while the total transmission power is fixed. This numerical evaluation may be employed for a disaster scenario where the infrastructure is lost, and a user in the disaster zone (source) needs multiple relays to get to the nearest active base station. By this simulation, the required number of relays is found and the tradeoff between the number of relays and the power supply of each relay is shown.

In Fig. 4, numerical evaluations are done for responding to an important question in practical systems. The question is that, when the length of the line of sight path between the main transmitter and the final receiver is fixed and the total transmission powers (by the transmitter and relays) is also fixed, does increasing the number of relays (the increase of complexity) leads to improvement in performance or not? We consider three different path loss exponents, $\zeta = 1.8$ for special indoor cases, $\zeta = 2$ for free space and $\zeta > 2$ for most of outdoor cases [50]. As seen, when $\zeta < 2$, increasing the number
of relays decreases the performance. But when $\zeta > 2$, the performance improves by increasing the number of relays. Different behaviors are seen for the path loss exponents lower or more than 2. When $\zeta > 2$, the throughput is increasing by increasing the number of relays, while it is decreasing for $\zeta \leq 2$. To explain this effect, considering (1), $\gamma_{eq}$ is the harmonic mean of $\{p_is_i\}_{i=0}^{N-1}$ divided by $N$. Noting to the bounds of harmonic mean, we have [51]:

$$
\frac{\min \{p_is_i\}}{N} \leq \gamma_{eq} \leq \frac{\sum_{i=0}^{N-1} p_is_i}{N^2}
$$

(24)

As the considered network is homogeneous, $\frac{E[p_is_i]}{N}$ is a good estimate for $E \{\gamma_{eq}\}$. For the ease of computation, we here consider the constant power scheme, and by considering the path loss model, we have:

$$
E \{\gamma_{eq}\} \approx \frac{P_{sum}K_0}{D_0^\zeta}N^{\zeta - 2}
$$

(25)

Obviously, $E \{\gamma_{eq}\}$ is increasing by $N$ when $\zeta > 2$ and it is decreasing when $\zeta \leq 2$.

In Fig. 5, the effect of the delay constraint is investigated in a 3-hop network with heterogeneous hops suffering from Nakagami-m fading. It is assumed that $s_0 = 2$ dB, $m_0 = 1$, $\bar{P}_0 = 1$ W/Hz; $s_1 = 3$ dB, $m_1 = 1$, $\bar{P}_1 = 1.5$ W/Hz; $s_2 = 4$ dB, $m_2 = 2$, $\bar{P}_2 = 1$ W/Hz. The required BLER is $B_0 = 10^{-5}$. The achievable effective capacity is plotted versus different values of $\theta_0$, showing the tradeoff in which a more stringent delay constraint (bigger $\theta_0$) results in lower throughput. The QoS exponent, $\theta_0$, may be interpreted as inverse of average and standard deviation of delay. Moreover, the QoS exponent varies between 0.25 and 0.6 in LTE standard [52].

Finally, Fig. 6 depicts the convergence behavior of the proposed joint scheduling and link adaptation scheme which utilizes the sub-gradient projection method. A 3-hop network is assumed in which $s_i = 10$ dB, $m_i = 3$, $\bar{P}_i = 1$ W/Hz, $0 \leq i \leq 2$; $B_0 = 10^{-5}$, $\theta_0 = 0.01$, and $\beta = \min (10^{-4}, \frac{1}{2})$. As seen, a continuous power adaptive scheme using the sub-gradient projection method converges after transmitting an acceptable number of data blocks.

7 Conclusion

For an $N$-hop AF relay network, we have designed a new delay-constrained throughput optimized transmission schemes. Discrete rate adaptation was utilized with adaptive modulation and coding. Discrete power adaptation was utilized, in which a number of power levels...
were assigned to each transmission mode such that the power levels and their number were adaptively set. A limited quantized feedback is required by discrete rate and power adaptation. A sub-gradient projection-based method was utilized, which does not need knowledge of the SINR PDFs to provide average power constraints. Numerical evaluations show a considerable performance gain obtained by the designed scheme, when compared to constant power transmission. An interesting extension to the proposed scheme is to utilize hybrid ARQ (HARQ) and consider the modified version of the presented scheme in [7]. Another fruitful research direction to extend the current work includes devising link adaptation along with generalized frequency division multiplexing (GFDM) and spectral efficient frequency division multiplexing (SEFDM) to reach the purposes of fifth generation (5G) mobile communication networks.

8 Methods/experimental

The purpose of this study is to analyze the throughput of multi-hop AF relay network in delay constrained and quantized CSI scenario. The system consists of a transmitter node, receiver node, and $N-1$ AF relay nodes without diversity. The channels between the nodes are assumed to follow Nakagami-m fading. The throughput of the system in terms of effective capacity is optimized using the sub-gradient projection method without any need to know the PDFs of the random variables. Discrete rate and power adaptation are utilized. Discrete rate is utilized with adaptive modulation and coding. Further, a limited number of power levels are assigned to each transmission mode and the power levels are adaptively set.

Endnote

1 Mutual information-based adaptive coding and modulation algorithm is proposed for a TDMA/OFDMA link [53]. It outperforms the link adaptation framework used in LTE, in a few types of scenarios, e.g., system with few users having low average SINR and low velocities with channels presenting substantial frequency selectivity [54, 55].

Appendix A. To Solve (5) with continuous rate adaptation

In order to obtain insight on how to solve (5), in this appendix, we consider the same problem with continuous rate adaptation as:

$$\max_{p_i; 0 \leq i \leq N-1} \frac{1}{2} E_{s_i; 0 \leq i \leq N-1} \left\{ \log \left[ 1 + \left( \sum_{i=0}^{N-1} (p_i s_i)^{-1} \right)^{-1} \right] \right\}$$

subject to:

$$C(0), \ldots, C(N-1) : \frac{1}{2} E_{s_i; 0 \leq i \leq N-1} \{ p_i \} \leq \bar{p}_i.$$

The above problem is a constrained optimization problem, which can be solved via a Lagrangian approach using:

$$\mathcal{L} = E_{s_i; 0 \leq i \leq N-1} \left\{ \frac{1}{2} \log \left[ 1 + \left( \sum_{i=0}^{N-1} (p_i s_i)^{-1} \right)^{-1} \right] \right\} - \frac{1}{2} \sum_{i=0}^{N-1} \lambda_i (E \{ p_i \} - \bar{p}_i).$$

(27)

As $\frac{\partial^2 \mathcal{L}}{\partial p_i^2} < 0$, the Lagrangian is a convex function of $p_i$, and consequently, the optimum value of $p_i$ is computed by solving $\frac{\partial \mathcal{L}}{\partial p_i} = 0$, $0 \leq i \leq N-1$, as [43]:

$$\frac{\partial \mathcal{L}}{\partial p_i} = 0 \Rightarrow \left( \sum_{i=0}^{N-1} (p_i s_i)^{-1} \right)^{-2} \frac{s_i^{-1} p_i^{-2}}{1 + \left( \sum_{i=0}^{N-1} (p_i s_i)^{-1} \right)^{-1}} = 2 \lambda_i \Rightarrow$$

$$\begin{cases} p_i = \sqrt{\frac{2 \lambda_i}{\alpha_i}} \sqrt{\frac{s_i}{\bar{s}_i}} \rho_0 \\ \rho_0 = \frac{s_{eq}}{2 \alpha_0} \frac{\bar{s}_0}{\bar{s}_i}; s_{eq} = \left( \sum_{i=0}^{N-1} \left( \sqrt{\frac{2 \lambda_i}{\alpha_i}} \sqrt{\bar{s}_i} \right)^{-1} \right)^{-1}. \end{cases}$$

(28)

To complete the solution, the Lagrange multipliers ($\lambda_i$, $0 \leq i \leq N-1$) are to be determined. As can be seen in (28), if any $\lambda_i$ is set to zero, i.e., the corresponding power constraint $C(i)$ is ignored, $E \{ p_i \}$ tends to infinity. This means that $C(i)$ is an active constraint, and thus, $\lambda_i$ is to be set such that $E \{ p_i \} = \bar{p}_i$, $0 \leq i \leq N-1$ [43].

Appendix B. Computation of $f_{s_{eq}}(\cdot)$ and $f_{s_{eq,q_i}}(s_{eq}, q_i)$

For ease of computation, instead of $s_{eq}$ in (7), $r_{eq} = (s_{eq})^{-1}$ is considered which may be decomposed as:

$$r_{eq} = \frac{1}{s_{eq}} \sum_{i=0}^{N-1} \frac{\alpha_i}{\sqrt{s_0 s_i}} = \frac{1}{s_0} + \sqrt{\bar{s}_0}; r_0 = \sum_{i=1}^{N-1} \frac{\alpha_i}{\sqrt{s_i}},$$

(29)

where $f_{r_{eq}}(x) = \int_{0}^{\infty} f_{s_{eq}}(y) dy$, $f_{eq,q_i}(x, y) = f_{r_{eq}}(y) f_{eq,q_i}(y|x)$, $f_{eq,q_i}(x|s_0) = \sqrt{s_0} f_{r_{eq}}(\sqrt{s_0} x - \frac{1}{\sqrt{s_0}})$ and $f_{r_{eq}}(x)$ may be computed using the characteristic function of the random variable $r_0 \psi_{r_0}(w)$, as $f_{r_{eq}}(x) = \frac{1}{2 \pi} \int_{0}^{\infty} e^{-jw^2} \psi_{r_0}(w) dw$, where $\psi_{r_0}(w) = \prod_{i=1}^{N} \psi_i(w)$ and $\psi_i(w) = f_{r_{eq}}(w) e^{iw x} dx$, $f_{r_{eq}}(x) = \frac{1}{\Gamma(m) \bar{s}_i}$, $0 \leq i \leq N-1$, when channels suffer from Nakagami-m fading [49].
In a similar way, in order to compute \( f_{req,qi}(\cdot,\cdot) \), \( r_{eq} \) is decomposed as:

\[
\begin{align*}
\frac{r_{eq}}{s_0} &= \frac{1}{s_0} + \left[ \frac{1}{s_0} \sum_{j=1, j \neq i}^{N-1} \frac{\alpha_j}{\sqrt{s_j}} \right] + \frac{1}{s_0} \frac{1}{q_i s_i} = \frac{1}{s_0} + \frac{1}{s_0} r_0 + \frac{\alpha_i^2 q_i}{s_0}.
\end{align*}
\]

(30)

As \( f_{req,qi}(x,y) = \int_0^\infty f_{req,qi,x_i}(x,y,z) dz \) and \( f_{req,qi,x_i}(x,y,z) \), we have

\[
\begin{align*}
f_{qi,s_i}(y,z) &= f_{qi}(\frac{\sqrt{y}}{\sqrt{z}}, \frac{\sqrt{z}}{\sqrt{y}}, \frac{z}{\sqrt{y}}) = \frac{f_{qi}(\frac{\alpha y^{\frac{3}{2}}}{\sqrt{1 + \alpha y^2}})}{\alpha^2 y^3},
\end{align*}
\]

(31)

where \( f_{qi}(\cdot) \) is computed similarly to \( f_{req}(\cdot) \).

Abbreviations

3GPP: Third generation partnership project; 5G: Fifth generation; AF: Amplify-and-forward; AM: Adaptive modulation; AMC: Adaptive modulation and coding; ARQ: Automatic repeat request; BLER: Block error rate; CAP: Continuous adaptative power; CF: Compress-and-forward; CHF: Characteristic function; CP: Constant power; CSI: Channel state information; DAP: Discrete adaptive power; DF: Decode-and-forward; EPA: Extended pedestrian A; GFDM: Generalized frequency division multiplexing; HARQ: Hybrid ARQ; KKT: Karush-Kuhn-Tucker; LMS: Least mean square; LTE: Long-term evolution; OFDMA: Orthogonal frequency-division multiple access; PDF: Probability density function; QoS: Quality-of-service; QPSK/QAM: Quadrature phase shift keying/Quadrature amplitude modulation; SEFDM: Spectral efficient frequency division multiplexing; SINR: Signal to interference and noise ratio; TDO: Time division duplex

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Authors’ contributions

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Author details

1 Department of Electrical Engineering, University of Qom, Qom, Iran.
2 Department of Signals and Systems, Chalmers University of Technology, Gothenburg, Sweden.
3 Institute for Research in Fundamental Sciences, Tehran, Iran.

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