INTERLEUKIN (IL)-15 has emerged as a key regulator of both natural killer (NK) cell differentiation and activation. The aim of the present study was to investigate the expansion of the population of cells expressing killer-cell immunoglobulin-like receptors (CD158a and CD158b) in human peripheral lymphocytes by treatment with IL-15. One million peripheral lymphocytes were cultured in RPMI1640 medium alone or in medium containing IL-2 at 100 U/ml or IL-15 at 0.1, 1.0, or 10.0 ng/ml for 48 h. After each incubation, we assessed the natural killing activity and the population of CD16^+CD158a^+^b^+^ cells and CD8^+CD158a^+^b^+^ cells. IL-15 increased the NK activity and expanded the populations of CD16^+CD158a^+^b^+^ cells and CD8^+CD158a^+^b^+^ cells. These actions were dose dependent, and the effects of IL-15 at 1.0 ng/ml were close to those of IL-2 at 100 U/ml. These findings suggest that IL-15 induces the effector functions of resting NK cells throughout the body, and thereby plays a critical role in the activation of tissue-associated immune responses.

Key words: Killer-cell immunoglobulin-like receptors, IL-15, Natural killer cell activation

Introduction

Since the molecular cloning of natural killer (NK) receptors was achieved in 1995,1–3 it has subsequently been shown that these receptors, which are now called killer cell immunoglobulin-like receptors (KIRs), transmit positive and/or negative signals.4,5 It is now widely accepted that the expression of KIRs is involved in the cytolytic function of NK cells, as demonstrated by a number of studies focusing on these receptors.6,7 Analysis of KIR expression has contributed to revealing the regulation and function of NK cell activation.

Interleukin (IL)-15 was discovered in 1994 and shown to have the potential to enhance cell-mediated immune responses to intracellular pathogens and tumors.8,9 IL-15 shares no homology with IL-2, but IL-15 shares many of the biologic activities of IL-2, including induction of the proliferation of phytohemagglutinin-stimulated normal peripheral blood mononuclear cells (PBMC), NK cells, B cells, and T cells, and generation of allogenic cytotoxic T lymphocytes in vitro.8–13

Although IL-2 and IL-15 are lymphocyte growth factors with overlapping functions in immune responses, the cells that produce IL-15 are different from those that produce IL-2. IL-2 is produced by activated T cells, while in contrast IL-15 is produced by epithelial cells and macrophages, which range over the whole body.9 Thus, it is considered that IL-15 maintains T cells, diminishes the occurrence of malignant tumors and defends against microbial infections, and that these actions are partly due to the enhancement of the function of NK cells by IL-15. Indeed, IL-15 is an essential regulator of the differentiation of NK cells from stem cells,14–16 and moreover IL-15 can stimulate or augment the activation of mature human NK cells.17 However, little is known about the effects of IL-15 on the expression of NK receptors, which are involved in NK cell regulation.

The aim of the present study was to assess the effect of IL-15 on the expression of KIRs on mature NK cells (CD16^+^) and CD8^+^ T cells to clarify the mechanism of NK cell regulation by IL-15.
Methods

Reagents
Fluorescein isothiocyanate (FITC)-conjugated anti-human CD8, FITC-anti-human CD16, phycoerythrin (PE)-conjugated anti-human CD158a and PE-conjugated anti-human CD158b were purchased from Immunotech (Marseille, France). Recombinant human IL-2 was obtained from Pharmabiotechnology (Hannover, Germany). Recombinant human IL-15 was purchased from Strathmann Biotech (Hamburg, Germany).

Cells
PBMC obtained from 10 healthy subjects were separated from heparinized blood by Lymphoprep (Nyg
gard, Oslo, Norway) gradient centrifugation. Each PBMC sample was incubated in a culture dish in a humidified 5% CO\textsubscript{2}/95% air atmosphere at 37°C for 60 min. After the incubation, non-adherent cells were collected and washed twice in phosphate-buffered saline.

Cell culture
One million cells were cultured in RPMI 1640 medium supplemented with 10% fetal calf serum (Biological Industries, Israel) in tissue culture dishes (Becton Dickinson, Franklin, NJ, USA). The cell cultures were incubated in medium only or medium supplemented with IL-2 at 100 U/ml or IL-15 at 0.1, 1.0, or 10.0 ng/ml in a humidified 5% CO\textsubscript{2}/95% air atmosphere at 37°C for 48 h. After each incubation, cells were collected and their surface antigens were analyzed using flow cytometry (Epics XL: Beckman Coulter, France). Each experiment was carried out in duplicate.

Cell phenotype
Surface phenotyping was carried out using a two-color immunofluorescence staining technique, with isotype-specific mouse anti-human antibody conjugated with either FITC or PE. Each sample of stained cells was suspended in 0.5 ml of phosphate-buffered saline and analyzed by flow cytometry. Lymphocyte subsets were identified by gating analysis, and fluorescence profiles were obtained for 10,000 cells of each sample. Negative controls for each experiment were performed with FITC- and PE-labeled mouse immunoglobulin G.

NK cytolytic activity
NK activity was assessed against K562, a myelogenous leukemia cell line, in a 3-h \textsuperscript{51}Cr-release assay as described previously. The effector cells were mixed with labeled target cells at various cell concentrations to give an effector-to-target ratio of 20:1 or 10:1. Duplicate samples were prepared for each ratio. The supernatants were withdrawn after a 4-h incubation period, and the \textsuperscript{51}Cr released from lysed target cells was quantitated in a gamma counter (Packard Instrument Co., Boston, MA, USA). Incubation of target cells with medium or saponin (7 mg/ml) and ethylenediamine tetracetic acid (0.1 mg/ml) was used to determine spontaneous and maximal release, respectively. The percent cytotoxicity was calculated by the formula: (cpm of effector cells – cpm of spontaneous release)/(cpm of maximal release – cpm of spontaneous release) × 100.

Statistical analysis
Data are expressed as mean (standard deviation) values. All data were collected in a computer database and analyzed using the StatView\textsuperscript{®} 4.02 program (Abacus Concept, Berkeley, CA, USA). The Wilcoxon signed-rank test was performed for each set of data for NK activity and surface antigen expression. For all statistical tests, differences were regarded as statistically significant at \(p<0.05\).

Results
Enhancement of NK cytolytic activity by IL-15
To confirm the ability of IL-15 to elevate the natural killing activity, we measured the NK activity after incubation (48 h) with IL-15 (concentration, 0.1, 1.0, or 10.0 ng/ml). The results are presented in Table 1. At 0.1 ng/ml of IL-15, the NK activity was significantly increased compared with medium alone. The increase of NK cytolytic activity by treatment with IL-15 was

| Effector/target | Medium alone | IL-2 100 U/ml | IL-15 0.1 ng/ml | IL-15 1.0 ng/ml | IL-15 10.0 ng/ml |
|----------------|--------------|---------------|-----------------|----------------|-----------------|
| 10/1           | 6.5 ± 3.2    | 25.8 ± 15.6\* | 11.6 ± 4.2\*    | 24.3 ± 6.9\*    | 46.3 ± 8.5\*    |
| 20/1           | 12.2 ± 4.8   | 36.2 ± 16.4\* | 20.3 ± 6.4\*    | 34.7 ± 5.7\*    | 64.5 ± 14.4\*   |

\* \(p<0.05\) versus medium alone, \# \(p<0.05\) versus IL-2 100 U/ml.

Table 1. Natural killing activity (%) after treatment (48 h) with IL-2 or IL-15
Expansion of the CD16⁺CD158a/b⁺ cell population by IL-15

The signals from KIRs play a crucial role in NK cell regulation, and therefore we investigated the populations of CD158a-positive and CD158b-positive cells. IL-15 at 1.0 ng/ml expanded the population of CD16⁺CD158a⁺ cells significantly, and this effect was nearly equal to that of 100 U/ml of IL-2 (Fig. 1). The expansion of CD16⁺CD158a⁺ cells by treatment with IL-15 was dose dependent from 0.1 to 10 ng/ml. IL-15 also expanded the population of CD16⁺CD158b⁺ cells, but the effect of 10 ng/ml of IL-15 was not different from that of 1.0 ng/ml of IL-15 or 100 U/ml of IL-2 (Fig. 1). The populations of CD8⁺CD158a⁺ cells and CD8⁺CD158b⁺ cells were expanded similarly to those of the respective CD16⁺ cells by IL-15. In
contrast, the total populations of CD8+ cells and CD16+ cells were not changed by treatment with IL-15 (data not shown).

In addition, we further analyzed the change in the expression per cell of KIRs in response to IL-15. The representative data was shown in Fig. 2. The CD158b molecule on each lymphocyte were upregulated.

The change of the percentage of CD158a+/b+ cells in CD8+ or CD16+ cells by IL-15

IL-15 treatment at each concentration tested increased the percentage of CD158a+/b+ cells in CD16+ cells. IL-15 at 10 ng/ml significantly increased the percentage of such cells in comparison with medium alone. The percentage of CD158a- and CD158b-expressing cells among CD8+ cells was also increased by treatment with 10 ng/ml of IL-15 (Table 2).

**Discussion**

IL-15 has been reported to exert proliferative effects on T-cell lines and to share many biologic properties with IL-2.8,9,11 At optimal concentrations, IL-15 rapidly induces memory (CD45RO+) CD4+ and CD8+ T cells and naive (CD45RO-) CD8+ T cells to express the CD69 activation marker, followed by proliferation. However, IL-15 appears to have no chemokinetic or chemotactic activity on human monocytes or neutrophils.20,21 In the present study, the population of CD8+ cells was not expanded by the treatment with IL-15. Instead, the population of activated T lymphocytes probably increased.

As for NK cells, the proliferation, survival, and effector functions of resting NK cells are induced by exogeneous IL-15.9,17 In vitro, IL-15 induces the cytotoxic activity of NK cells as well as T cells.15,22 Our data also demonstrated that IL-15 enhances NK activity. Although the degree of its ability to enhance the NK activity varies depending on the report, it appeared to be more effective than IL-2 in the present study. The biological functions of IL-15 are similar to

![Table 2](image)

| Effector/target | Medium alone | IL-2 100 U/ml | IL-15 0.1 ng/ml | IL-15 1.0 ng/ml | IL-15 10.0 ng/ml |
|-----------------|--------------|---------------|----------------|---------------|----------------|
| CD8+ cells      |              |               |                |               |                |
| CD16+CD158a+ cells | 8.7 ± 7.0    | 13.3 ± 8.0    | 9.8 ± 4.4      | 12.6 ± 8.6    | 20.6 ± 11.2*   |
| CD16+CD158b+ cells | 25.3 ± 6.1   | 28.4 ± 7.2    | 26.6 ± 6.3     | 29.6 ± 6.8    | 32.5 ± 9.3*    |
| CD8+ cells      |              |               |                |               |                |
| CD8+CD158a+ cells | 4.3 ± 4.6    | 7.5 ± 7.3     | 5.9 ± 6.0      | 7.0 ± 7.8     | 11.2 ± 7.4*    |
| CD8+CD158b+ cells | 10.3 ± 2.2   | 12.1 ± 3.3    | 11.0 ± 3.1     | 11.7 ± 3.5    | 13.2 ± 4.2*    |

*p < 0.05 versus medium alone.

![Image](image)
those of IL-2, but they have some different characteristics. First, when the cytotoxicity of T cells is enhanced by IL-2 or IL-15, IL-15 promotes their survival while IL-2 predisposes activated T cells to die by apoptosis. Second, IL-2 and IL-15 are produced by different cell types, namely epithelial cells, monocytes or macrophages produce IL-15, while in contrast, IL-2 is produced by activated T cells. Therefore, it is suggested that IL-15 has a general role in the activation of innate and tissue-associated immune responses.

It is now widely accepted that NK cells recognize and lyse target cells through the interplay of two families of receptors.24–26 One family consists of killer-cell activating receptors such as CD6927 and 2B4,28 and the other consists of KIRs. The activating signal can be over-ridden by a dominant-negative signal from a KIR when the KIR interacts with its ligand on the target cell, although activating receptors, when occupied, trigger lysis of the target cell being recognized. Recently, it has been reported that KIR downregulation on NK cells is associated with the downregulation of activating receptors,29 and there is a biphasic response of NK cells expressing KIRs, in which high expression of CD158b transmits inhibitory signals to NK cells whereas low expression transmits activating signals.30 These facts indicate that signals from NK receptors play important roles in NK cell regulation. Therefore, we further analyzed the effects of IL-15 on the expression of KIRs recognized by CD158a/b. Our findings demonstrated that IL-15 expanded the populations of both CD16+CD158a/b+ cells and CD8+CD158a/b+ cells. In addition, the expression per cell of these KIRs in response to IL-15 was upregulated. The expansions of CD16+CD158a or CD8+CD158b+ cells were dose dependent from 0.1 to 10 ng/ml, as was the increase of NK cytolytic activity by treatment with IL-15. In contrast, while the expansions of the CD158b+ cell population was dose dependent from 0.1 to 1.0 ng/ml, there was no significant difference between the effect of 10 ng/ml and that of 1.0 ng/ml. We considered that further expansion of CD158b+ cells did not occur despite the increase of NK activity by 10 ng/ml compared with 1.0 ng/ml because the NK activity is dependent on several signals from NK receptors. However, it is difficult to explain the difference between the responses of the CD158a and CD158b molecules. The possible shared functions of the CD158a and CD158b molecules are still not known, although it is well known that their ligands are different.

To investigate the effects of IL-15 on the expression of KIRs on CD8+ cells and CD16+ cells, we further calculated the percentage of CD8+ and CD16+ cells expressing KIRs. There was no difference between the percentage of such cells among CD8+ cells and CD16+ cells, suggesting that IL-15 upregulated the expression of KIRs on both CD8+ and CD16+ cells, as did IL-2.

In conclusion, we demonstrated the effects of IL-15 on peripheral lymphocytes in human. IL-15 increased the NK activity, and expanded the population of CD16+CD158a/b+ and CD8+CD158a/b+ cells, suggesting that IL-15 induces the effector functions of resting NK cells throughout the whole body and thereby plays a critical role in the activation of tissue-associated immune responses.

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