Cytotoxic effect of Efavirenz in BxPC-3 pancreatic cancer cells is based on oxidative stress and is synergistic with ionizing radiation

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Abstract. The non-nucleoside reverse transcriptase inhibitor (NNRTI) Efavirenz is frequently used in human immunodeficiency virus treatment, but also efficient against cancer in mouse models. Its radiosensitizing effect makes it a promising drug for combination with radiotherapy. The efficacy of Efavirenz combined with irradiation was assessed with immunostaining of DNA-damage markers and colony formation assays in BxPC-3 pancreatic cancer cells. Gene expression and protein phosphorylation of the Efavirenz-sensitive BxPC-3 cells was compared to the resistant primary fibroblasts SBL-5. Oxidative stress, mitochondrial damage and cell death were studied with live-cell microscopy and flow cytometry. Combined Efavirenz and radiation significantly increased the number of γH2AX and phospho-ataxia telangiectasia mutated foci. Efavirenz and ionizing radiation had a synergistic effect using the clonogenic survival assay. Efavirenz selectively induced cell death in the BxPC-3 cells. The differing gene expression of cell cycle and apoptotic regulator genes in both cell cultures after Efavirenz treatment match with this selective effect against cancer cells. In the phosphoprotein array, an early phosphorylation of extracellular signal-related kinase 1/2 and p38 mitogen-activated protein kinase was notably detected in the cancer cells. The phosphorylation of AKT decreased in the cancer cells immediately after Efavirenz treatment, but not in the fibroblasts. Efavirenz has an anti-cancer effect against pancreatic cancer cells mainly by the induction of oxidative stress. The antitumor potential of Efavirenz and radiotherapy are additive.

Introduction

Non-nucleoside reverse transcriptase inhibitors (NNRTIs) are frequently used in the treatment of HIV-positive patients. However, these drugs also are cytotoxic against different cancer cell lines (1-9). Furthermore, the NNRTI Efavirenz (EFV) has a distinct selectivity against cancer cell lines and spares fibroblast cultures. In this previous analysis toxicity of Efavirenz was studied in three fibroblast and six cancer cell lines with Annexin V-Pi staining and flow cytometry. Efavirenz was solely toxic for cancer cells and spared fibroblasts (9). Treatment with Efavirenz also reduced tumor growth in mouse models (6,10). A recent analysis compared toxicity of six different NNRTIs (Efavirenz, Nevirapine, Rilpivirine, Etravirine, Lersivirine, Delavirdine) against cancer cells and blood levels in HIV-positive patients (8). All six studied NNRTIs became toxic in vitro at different concentrations. When the in vitro toxic concentrations were compared to the blood concentrations of HIV-infected patients, only some patients taking Efavirenz reached the in vitro cytotoxic concentrations. The in vitro cytotoxic concentrations of the other five NNRTIs were never achieved in patients. Consequently, Efavirenz was chosen for the analyses in this study. In a translational approach a radiosensitizing effect of NNRTI, especially Efavirenz, was found in peripheral blood lymphocytes and primary fibroblasts (11). This can lead to an increased radiation-induced toxicity in these patients. If this radiosensitization also appears in cancer cells, the combination of Efavirenz with radiotherapy might improve tumor control. New combination strategies of radiosensitizing agents and radiotherapy may improve future treatment schemes (12,13). These results suggest that Efavirenz may be a promising new drug against cancer either alone or in combination with radiotherapy. Efavirenz has an excellent safety profile compared to classical chemotherapy against cancer (14). This supports the idea to use Efavirenz in cancer patients. We studied the combined effect of Efavirenz with radiotherapy in vitro. Furthermore, specific focus was on the mechanism of Efavirenz induced cell death in pancreatic cancer cells.
Materials and methods

Cell culture. The BxPC-3 pancreatic cancer cell line was obtained from the commercial source ATCC (20.02.1997, Salisbury, UK) and grown in Dulbecco's modified Eagle's medium (PAN-Biotech GmbH, Aidenbach, Germany) supplemented with 10% fetal bovine serum and 1% penicillin/streptomycin. The primary human fibroblasts SBL-5 were isolated from a healthy donor via skin biopsy of the cutis and subcutis after local anesthesia. The biopsy was dissected in small pieces, placed in tissue culture flasks and each covered with a drop of medium supplemented with 40% fetal bovine serum. After the skin pieces had attached to the culture flasks and the first fibroblasts had grown out, they were covered with F-12 Medium (Gibco; Life Technologies GmbH, Darmstadt, Germany) supplemented with 12% fetal bovine serum, 2% non-essential amino acids and 1% penicillin/streptomycin. After enough cell divisions of the fibroblasts they were detached with Trypsin and further cultured in the medium mentioned above. Both cell lines were cultured at 37°C in a 5% CO₂ incubator.

Drugs. Efavirenz (Sequoia Research Products, Pangbourne, UK) was dissolved in DMSO as 10 mmol/l stock solution and it was further diluted in medium for use in experiments.

Radiation. Cells were irradiated at a dose rate of 2 Gy per minute with a 120 kV X-ray machine (Isovolt Titan; GE Digital Solutions, Ahrensburg, Germany).

Colony formation assay. At 6 h after cell seeding, Efavirenz was added. Radiotherapy was delivered after an incubation period of 24 h. Medium containing the drug was removed after a further incubation period of 48 h. The cultures were incubated for three weeks. Colonies were stained with methylene blue for 30 min at room temperature and clusters containing 50 or more cells were scored as colony. A Zeiss Primo Vert microscope was used with a magnification, x100.

Flow cytometry. Apoptosis and necrosis were detected with APC-labelled Annexin V and 7-Aminoactinomycin (7AAD) as reported before (15). Oxidative Stress was detected with Dihydroethidium (DHE) (Sigma-Aldrich, St. Louis, USA) dissolved in DMSO. Mitochondrial membrane potential was measured with DilC1 (5) (Thermo Fisher Scientific, Waltham, USA). For the combined measurement of apoptosis, oxidative stress and mitochondrial membrane potential DHE was added to the adherent cells for 10 min (final concentration in the medium was 20 µmol/l). Afterwards cells were detached with trypsin and washed. They were resuspended in medium containing DilC1 (5) (final concentration in the medium was 15 nmol/l) for 15 min. EFV was added if pretreated. Cells were washed again and suspended in ice-cold ringer solution containing Annexin V-FITC for 30 min. After a further washing step, cells were analyzed by a flow cytometer (Gallios Cytometer 1.1 Software; Beckman Coulter GmbH, Krefeld, Germany). Results were analyzed with Kaluza Flow Cytometry Analysis 1.1 (Beckman Coulter GmbH).

Immuno staining. Immunostaining was performed as reported before (11,17). Cells were grown on cover slips and incubated with Efavirenz for 24 h and afterwards irradiated. After further 24 h for recovery, cells were stained. The following primary antibodies were used: γH2AX (Ser 139) (cat. no. 05-636; dilution 1:1500; Merck Milipore, Darmstadt, Germany), phospho-ATM (Ser1981) (cat. no. ab81292; dilution 1:300; Abcam, Cambridge, UK), Ki67 (cat. no. sc-7844; dilution 1:50; Santa Cruz Biotechnology, Inc., Dallas, TX, USA), PML (cat. no. sc-9863; dilution 1:50; Santa Cruz Biotechnology, Inc.). Alexa Fluor 488 (cat. no. A11001; dilution 1:400; Molecular Probes, Eugene, OR, USA) and Alexa Fluor 594 (cat. no. A21442; dilution 1:200; Molecular Probes) were used as secondary antibodies. Incubation time for the primary antibodies was 2 h at room temperature and for the secondary antibodies 1 h at room temperature. Greyscale images were captured with a fluorescence microscope (Axioplan2; Zeiss, Göttingen, Germany; magnification, x400). The number of foci per cell was counted semi-automatically with image analysis software (Biomas Software, Version 3.0; MSAB, Erlangen, Germany).

Life cell imaging. BxPC-3 pancreatic cancer cells were seeded into a microfluidic cell culture chip equipped with two rhombic chambers (microfluidic ChipShop GmbH, Jena, Germany) at a density of approximately 2, 5x10⁴ cells per chamber. An upright microscope (DM6000; Leica Microsystems GmbH, Wetzlar, Germany) was enclosed by a self-made incubator covering the entire microscope for incubation at 37°C. At time point zero 20 µmol/l DHE was added to one of the chambers and 20 µmol/l DHE plus 40 µmol/l Efavirenz was added to the other one. The LAS X module Mark and Find was used to acquire images at three positions in each chamber every 20 sec. Images were analyzed by the Biomas image analysis software (version 3.0; MSAB). Cells were marked and the average fluorescence intensity in every cell of the region of interest was transferred to an excel spreadsheet.

Protein array. The PathScan® Stress and Apoptosis Signaling Antibody Array kit (Cell Signaling Technology, Inc., Danvers, MA, USA) was used according to the manufacturer's instructions. The readout was performed with a fluorescence microscope (Axioplan2; Zeiss).

RNA isolation and quantitative PCR. RNA isolation and quantitative PCR was performed as reported before (18). The following oligonucleotides were designed with Primer 3 and used at 100-300 nmol/l: p27Kipl, forward: 5'-TAATCTCTGA GGACACCGATTTG-3'; reverse: 5'-GAGTGAAGAAAT CGTCGGTTGC-3'; Cyclin D1, forward: 5'-GTCGGTCTAAG ATGAAGAGACCAT-3'; reverse: 5'-AGGTTCACTTGG AGCTTTGTTCAC-3'; E2F1, forward: 5'-GTGGACTCTTCC GAGAACCTTCG-3'; reverse: 5'-AAACATCGATCG GGCTTTGTGG-3'; Becl2, forward: 5'-GTGGATGACTGA GTACCCTAGCC-3'; reverse: 5'-CTTGAAGACAGCA CGGAGAAAT-3'; Caspase-8, forward: 5'-TTCTGTGAAGATC TGCTGTCTGAGC-3'; reverse: 5'-AGGTTCACTTGG CCAACTCAAGGG-3'; Orf2, forward: 5'-AAATGGGCG TGGGAAAACAG-3'; reverse: 5'-GCCATTGGCTTTT GGTGTGTT-3'; HPRT, forward: 5'-TGCAAGCATTTCGTT
CCTTGGTC-3', and reverse: 5'-CAAGCTTGGACCCCTTGAC CACTC-3'; RPUSD3, forward: 5'-AGACTCTCAGTCACTTTC CGTTGTG-3', and reverse: 5'-CCTGTAGTTGAAGTGGAGA ACACGTG-3'; TCF20, forward: 5'-GTTCAATGTAATGCT GGATCTC-3; and reverse: 5'-TGTGCTGTTCAAAATTC TCTCATA-3'; GIGYF2, forward: 5'-GTGACTAGATGGATG AAGATTGG-3', and reverse: 5'-TGTAATACACCTTCTT GCATTGCTT-3'; L3MBTL2, forward: 5'-GAAGGTACG AGCAGTCTACACAGA-3', and reverse: 5'-TCCAGGAGA ACCTTACAGACAGT-3'.

Optimal reference gene selection and reference target stability were determined with geNorm algorithm (19). As reference genes for the BxPC-3 pancreatic cancer cells the combination of RPUSD3, TCF20 and GIGYF2 and for SBL-5 fibroblasts the combination of GIGYF2 and L3MBTL2 was chosen. The sequence for the primers of Orf2 and its reference gene HPRT1 were chosen as previously published (20). A CFX Real-Time System (Bio-Rad Laboratories, Inc., Hercules, CA, USA) was used and gene expression analysis was performed with CFX Manager Software (Bio-Rad Laboratories, Inc.).

Statistical analysis. All experiments were performed three times. Data analysis was performed with Microsoft Excel 2010 (Microsoft Corporation, Redmond, WA, USA). The Student's t-test was used to test for statistical significance. P<0.05 was considered to indicate a statistically significant difference. Statistical analysis of the protein array was performed with ANOVA and if significant the Tukey's HSD test was used for post hoc analyses. All figures visualize mean values with standard deviation.

Results

Additive toxicity of Efavirenz and ionizing radiation. Recently, a radiosensitizing effect of NNRTI and especially Efavirenz was detected in ex vivo analyses of human circulating lymphocytes and primary fibroblasts (11). This effect may cause increased radiation-induced adverse events in these patients, but may also improve tumor control. To assess a possibly radiosensitizing effect of Efavirenz in cancer cells, the BxPC-3 pancreatic cancer cell line was treated with Efavirenz (25 µmol/l) and irradiated with 2 Gy. According to previously published drug concentration-response curves of Efavirenz in BxPC-3 cancer cells (8), this slightly toxic drug concentration was chosen for the immunostaining experiments. A double staining of the DNA double-strand break marker γH2AX (phosphorylated Histone H2AX) and the proliferation marker Ki67 was performed (Fig. 1A-D). The number of proliferating Ki67 positive cells clearly decreased when the cells were treated with EFV and especially when they were treated with the combination of EFV and radiation (P=0.007 compared to radiation alone and P=0.124 compared to EFV alone, Fig. 1E). Furthermore, the combination of Efavirenz and radiation increased the number of γH2AX foci significantly compared to each single agent (P=0.008 compared to radiation alone and P=0.028 compared to EFV alone, Fig. 1F). This increase was apparent both in proliferating (Ki67 positive) and non-proliferating (Ki67 negative) cells, but reached no statistical significance in the subgroups. More repetitions would be necessary reduce the large error bars and confirm the increase of the γH2AX foci in these subgroups. An increased number of γH2AX foci indicating DNA damage was found in the proliferating cells. Furthermore, the activation/phosphorylation of the kinase ATM (Ataxia telangiectasia mutated) was studied (Fig. 1G). ATM phosphorylation is a marker of DNA damage repair and cell cycle control. The combination of Efavirenz and radiation increased the number of Ser1981 phosphorylated ATM significantly compared to the single agents (P=0.047 compared to EFV alone and P=0.039 compared to radiation alone). Finally, the nuclear bodies with its marker protein PML were studied (Fig. 1G). Nuclear bodies are involved in different cellular stress responses. There was a trend to an increased number of PML in the combination of Efavirenz and radiation without reaching statistical significance. The standard assay for radiosensitivity testing is the colony formation assay. In this assay the toxic effect of Efavirenz against pancreatic cancer cells was additive to ionizing radiation (Fig. 1H).

Differential activity of Efavirenz in pancreatic cancer cells and primary fibroblasts. In previous analyses Efavirenz had a distinct selectivity between cancer cells and fibroblasts. Both, cytotoxicity and induction of a G1 cell cycle arrest was increased in cancer cells (9). Cell death was assessed in BxPC-3 pancreatic cancer cells and SBL-5 primary fibroblasts. Flow cytometry with combined Annexin V-APC and 7AAD staining was performed. Annexin V positive and 7AAD negative cells are classified as apoptotic cells and double positive cells as necrotic cells (Fig. 2A). Efavirenz concentrations of 50 or 60 µmol/l significantly increased cell death in the pancreatic cancer cells after 72 h, whereas the fibroblasts were affected to a much lesser extent. The treatment period of 72 h was chosen as many chemotherapeutic agents induce a slow cell death response which can last up to 72 h (21). This treatment period has also been used in previous analyses of Efavirenz induced cell death (9).

Effect of Efavirenz on cell signaling. The effect of Efavirenz on the expression of regulators of cell cycle control and cell death was studied with quantitative PCR. Cells were treated with Efavirenz 40 µmol/l for 3, 6 and 12 h. According to previously published drug concentration-response curves of Efavirenz in BxPC-3 cancer cells (8), this drug concentration is slightly above the EC50 (50% toxic concentration) was chosen. The normalized relative expression of the cell cycle regulator p27Kip1 clearly increased in the cancer cells (BxPC-3: 12 h P=0.038), whereas it decreased in the fibroblasts (SBL-5) after Efavirenz treatment (6 h P=0.017 and 12 h P=0.005) (Fig. 2B and C). The expression of cyclin D1 transiently decreased in both cell types (BxPC-3 6 h P=0.013 and SBL-5 6 h P=0.017). Especially in the cancer cells a reduction of E2F1 expression was observed after treatment (BxPC-3: 3 h P=0.003; 6 h P=0.014; 12 h P=0.008). The expression of the anti-apoptotic Bcl-2 decreased in the cancer cells (6 h P=0.006; 12 h P=0.033), whereas in the fibroblasts an initial decrease (3 h P=0.020) was followed by a slight and statistically insignificant increase (12 h P=0.101) (Fig. 2D and E). Caspase-8 gene expression diminished in both cell lines (BxPC-3: 6 h P=0.047 and 12 h P=0.018; SBL-5: 6 h P=0.019).
Recently, substantial data about a mechanism of action via an NNRTI-sensitive endogenous tumor cell reverse transcriptase were published (20). It was shown that the LINE-1-derived ORF2 product encoded a reverse transcriptase activity. However, no difference in the expression of the respective gene in BxPC-3 and SBL-5 cells was detected (Fig. 2F).

A protein array containing 18 phosphorylated or cleaved proteins was used in order to obtain an overview of putative alterations of different signaling pathways regulating Efavirenz toxicity. BxPC-3 and SBL-5 were treated with Efavirenz 40 µmol/l for 10 min, 1 or 24 h. Fluorescence readout was performed and intensities were corrected with the positive and negative control of the array (Fig. 2G and H). Protein content was normalized to α-Tubulin. Especially the early effects were of interest, as these might give some clues to the mechanism of action (Table I). In both cell lines the phosphorylation of both ERK1/2 and p38 MAPK increased at early time points. The phosphorylation of Akt significantly decreased in BxPC-3 cells, whereas it increased in SBL-5 cells. After 24 h in the BxPC-3 pancreatic cancer cells a decreased phosphorylation of the anti-apoptotic proteins HSP27, Chk1, TAK1 and Survivin (total protein) was detected. Furthermore, protein levels of phosphorylated Smad2, cleaved Caspase-7, phosphorylated SAPK/JNK and phosphorylated and total IκBα were significantly reduced in the cancer cells after 24 h. In fibroblasts these late effects were not observed.

**Oxidative stress induction by Efavirenz.** Due to the early increase of the phosphorylation of ERK1/2 and p38 MAPK in both cell lines, oxidative stress was studied as possible mechanism of action (22-24). In Efavirenz induced liver damage oxidative stress also plays an important role (25-29). Reactive oxygen species (ROS) were visualized with DHE and studied in flow cytometric analyses and fluorescence microscopy. In the flow cytometry with the pancreatic cancer cells a shift towards increased DHE staining intensity was detected after Efavirenz treatment compared to the untreated control (Fig. 3A). This effect was not detected in the SBL-5 fibroblasts. In the immunostaining also an increased DHE fluorescence was detected in the BxPC-3 pancreatic cancer cells after
Efavirenz treatment, but not in the SBL-5 fibroblasts (Fig. 3B). Life cell imaging with BxPC-3 cells and DHE staining was used to study kinetics of the oxidative stress induction. Oxidative stress appeared immediately after Efavirenz treatment and increased rapidly especially during the first hour (Fig. 3C). In a multi-color flow cytometric assay oxidative stress (DHE), mitochondrial membrane potential (DilC) and apoptosis (Annexin V) were measured simultaneously. Oxidative stress and mitochondrial depolarization appeared immediately after addition of Efavirenz (Fig. 3D). After 48 h the cell death marker Annexin V was detectable.

**Discussion**

Efavirenz is a frequently used drug in HIV-1 treatment. Its safety profile allows a long-term treatment (14). Recently, an increased individual radiosensitivity was found in HIV-1-infected patients treated with NNRTIs (11). This patient blood analysis included both patients with Efavirenz and Nevirapine. These results were confirmed in vitro in Efavirenz treated primary fibroblasts (11). This is probably the reason for the increased rate of adverse events in HIV-infected patients treated with radiotherapy. However, this radiosensitizing effect might also
Table I. Phosphorylation of different signaling pathways after Efavirenz treatment.

| Protein | Phosphorylation site | Overall Ctrl. | EFV 10 min | EFV 1 h | EFV 24 h | Overall Ctrl. | EFV 10 min | EFV 1 h | EFV 24 h |
|---------|----------------------|---------------|------------|--------|---------|---------------|------------|--------|---------|
| ERK1/2  | Thr202/ Tyr204       | P<0.001       | 0.71 (P<0.001) | 1.63 (P<0.001) | 0.96 (P=0.217) | 0.21 (P=0.942) | 2.72       | 4.17   | 3.55    | 1.91    |
| Akt     | Ser473               | P<0.001       | 3.53 2.98 (P=0.709) | 1.27 (P=0.001) | 1.29 (P<0.001) | P=0.042       | 1.64 1.97 (P=0.929) | 3.24 (P=0.035) | 2.40 | P=0.505 |
| Bad     | Ser136               | P<0.001       | 2.87 3.52 (P=0.056) | 2.32 (P=0.113) | 2.40 (P=0.205) | P=0.669       | 1.23 1.23 (P=0.709) | 1.10 | 1.05 |
| HSP27   | Ser82                | P<0.001       | 0.44 0.53 (P=0.056) | 0.36 (P=0.141) | 0.03 (P=0.003) | P=0.416       | 0.45 0.45 (P=0.001) | 0.42 | 0.53 |
| Smad2   | Ser465/467           | P<0.001       | 0.87 0.72 (P=0.026) | 0.67 (P=0.075) | 0.40 (P<0.001) | P=0.388       | 0.48 0.48 (P=0.001) | 0.3 0.41 |
| p53     | Ser15                | P=0.110       | 0.14 0.18 (P=0.056) | 0.18 (P=0.141) | 0.09 (P=0.001) | 0.96 (P=0.217) | 0.21 (P=0.942) | 0.21 (P=0.942) | 0.41 | 0.47 |
| p38     | Thr180/ Tyr182       | P<0.001       | 1.13 2.59 (P<0.001) | 1.82 (P=0.014) | 1.00 (P=0.918) | P=0.007       | 0.78 1.29 (P=0.137) | 1.56 (P=0.012) | 0.85 | (P=0.987) |
| MAPK    | Tyr182               | P=0.001       | 0.75 0.77 (P=0.001) | 0.57 (P=0.066) | 0.45 (P<0.001) | 0.912         | 0.43 0.41 (P=0.001) | 0.39 | 0.43 |
| SAPK/   | Thr183/ Tyr185       | P<0.001       | 0.26 0.61 0.66 (P=0.001) | 1.18 (P=0.001) | 1.35 (P=0.001) | P=0.371       | 0.56 0.61 (P=0.001) | 0.48 | 0.5 |
| JNK     | Tyr185               | P=0.001       | 0.854 0.41 0.38 (P=0.001) | 0.44 (P=0.001) | 0.41 (P=0.001) | P=0.088       | 0.43 0.47 | 0.44 | 0.38 |
| p21     | Asp214               | P=0.002       | 0.48 0.40 (P=0.001) | 0.36 (P=0.073) | 0.28 (P=0.001) | P=0.073       | 0.27 0.23 | 0.17 | 0.26 |
| Caspase-3 | Asp175              | P=0.001       | 0.03 0.029 (P=0.001) | 0.024 (P=0.001) | 0.014 (P=0.001) | P=0.455       | 2.56 3.01 | 2.88 | 2.86 |
| Caspase-7 | Asp198             | P=0.002       | 0.34 0.37 (P=0.001) | 0.30 (P=0.001) | 0.42 (P=0.001) | P=0.734       | 0.35 0.32 | 0.44 | 0.38 |
| Chk1    | Ser345               | P=0.001       | 0.99 0.92 (P=0.001) | 0.86 (P=0.001) | 0.74 (P=0.001) | P=0.023       | 0.42 0.51 | 0.35 | 0.41 |
| Chk2    | Thr68                | P=0.432       | 0.83 0.77 (P=0.001) | 0.66 (P=0.001) | 0.53 (P=0.001) | P=0.686       | 0.22 0.25 | 0.19 | 0.25 |
| IxBa    | Ser32/36             | P=0.001       | 0.75 0.77 (P=0.001) | 0.71 (P=0.001) | 0.28 (P=0.001) | P=0.566       | 0.23 0.24 | 0.24 | 0.29 |
| elf2α   | Ser51                | P=0.762       | 0.76 0.71 (P=0.001) | 0.76 (P=0.001) | 0.66 (P=0.001) | P=0.616       | 0.85 0.81 | 0.80 | 0.72 |
| TAK1    | Ser412               | P=0.001       | 15.1484 (P=0.014) | 13.84 (P=0.001) | 8.69 (P=0.001) | P=0.815       | 3.63 4.11 | 4.18 | 4.48 |
| Survivin | Total               | P=0.001       | 1.34 1.13 (P=0.001) | 0.98 (P=0.004) | 0.35 (P=0.001) | P=0.566       | 0.23 0.24 | 0.24 | 0.29 |

Changes of protein phosphorylation after Efavirenz 40 µmol/l treatment in the PathScan® Stress and Apoptosis Signaling Antibody Array. *Marks proteins that are cleaved and not phosphorylated. Statistical analysis was performed with ANOVA, overall P-values are shown. P<0.05 is indicated in bold. In case of statistical significance the Tukey’s HSD test was used for post hoc analyses, these P-values are shown in brackets. ERK1/2, extracellular signal-related protein kinase; Akt, serine/threonine protein kinase B; Bad, B-cell lymphoma 2-associated death promotor; HSP27, heat shock protein 27; Smad2, mothers against decapentaplegic homolog 2; p53, tumor protein 53; p38 MAPK, p38, mitogen-activated protein kinase; SAPK/JNK, stress-activated protein kinase/c-Jun n-terminal kinase; PARP, poly [adenosine 5’-diphosphate-ribose] polymerase 1; IκBα, nuclear factor of kappa light polypeptide gene enhancer in B-cells inhibitor, alpha; Chk, checkpoint kinase; elf2α, E74-like factor 2 α; TAK1, TGF-β-activated kinase 1.
sensitize cancer cells and consequently improve tumor control. In the colony formation assay with BxPC-3 pancreatic cancer cells, Efavirenz had an additive effect in combination with radiotherapy. The combination of Efavirenz with ionizing radiation also increased the rate of DNA-double strand breaks marked by γH2AX, especially in proliferating cells. These results are in line with the increased activation of the kinase ATM that is essential for DNA-damage repair and cell cycle control (30). In conclusion, the combination of Efavirenz with radiotherapy has synergistic activity against pancreatic cancer cells. It is suspected that this synergistic toxicity also appears when other NNRTIs are combined with radiotherapy.

Several in vitro studies demonstrated that NNRTIs are toxic against cancer cells even without radiotherapy (1-9). In these studies Efavirenz was toxic against cell lines consisting of renal carcinoma, prostate carcinoma, anaplastic thyroid carcinoma, sarcoma, colorectal carcinoma, breast carcinoma, glioblastoma, cervical carcinoma, pancreatic carcinoma and head and neck squamous cell carcinoma. This finding was confirmed with mice experiments in vivo (6,10). Nude mice were inoculated with tumor cells and treated with Efavirenz. Efavirenz treatment led to a significant growth reduction of the tumor compared to untreated mice. An important question is if the toxic Efavirenz concentrations in vitro or in mice experiments can be reached in humans. In a previous analysis the in vitro cytotoxic concentrations of six different NNRTIs were compared to blood levels of HIV-infected patients. Only some patients taking Efavirenz reached the in vitro toxic concentrations of Efavirenz (8). The in vitro toxic concentrations of other NNRTIs have not been reached in HIV-infected patients so far. A distinct selectivity of Efavirenz toxicity against pancreatic cancer cells compared to fibroblasts has already been described (9) and is the basis for the mechanistic studies of this work. In the flow cytometric assessment of cell death, Efavirenz was toxic against BxPC-3 pancreatic cancer cells, but not human fibroblasts. A limitation of these experiments is the lacking positive control, which should be added in future experiments. The expression of different important cell cycle and cell death regulators differed between the Efavirenz sensitive pancreatic cancer cells BxPC-3 and the primary fibroblasts SBL-5. It has previously been described that Efavirenz induces a G0/G1 arrest in cancer cells (3,6,9). The increased expression of p27Kip1 and reduced expression of cyclin D1 and especially E2F1 (31-33) is in line with this cell cycle arrest. The decreased expression of the anti-apoptotic BCL2 in the cancer cells is probably an early effect of the upcoming cell death (34).
A protein array was used to screen for the mechanism of action. Especially the early effects on the array are of major interest, as they may give hints to the primary affected signaling pathways. In both cell lines an early phosphorylation of ERK1/2 and p38 MAPK was found, whereas the expression of AKT increased in the fibroblasts but decreased in the cancer cells. AKT is known to play a pivotal role in regulation of cellular survival processes and is a promising target in the treatment of pancreatic cancer (35). The increased phosphorylation of AKT in fibroblasts, is probably the key survival signal for these cells (36). There were several late changes of many other proteins including HSP27, Chk1, TAK1 and Survivin in the cancer cells. These signals are probably consequences from the primary signaling and indicators of an upcoming cell death. The parallel early activation of the stress activated pathways ERK1/2 and p38 MAPK prompted us to study oxidative stress (22-25).

Efavirenz induced reactive oxygen species (ROS) in the BxPC-3 pancreatic cancer cells, but not in fibroblasts. This finding is in line with the mechanism of Efavirenz induced liver damage, which is also induced by oxidative stress and caused by mitochondrial damage (25-29). Since both liver cells and cancer cells harbor an increased number of mitochondria, mitochondrial impairment might be causative. Further research is required to verify the oxidative stress induction in cancer cells and characterize its origin e.g., with mitochondria-specific superoxide sensors. In liver toxicity an inhibition of complex 1 of the mitochondrial respiratory chain is suspected (27-29). The rapid onset of oxidative stress after Efavirenz treatment supports this direct mitochondrial toxicity and argues against a mechanism based on altered genetic expression after inhibition of an endogenous reverse transcriptase. This published mechanism suspects an endogenous LINE-1-encoded reverse transcriptase, which is expressed in cancer cells and can be inhibited by NNRTIs (2-6,10,37). The expression of this endogenous reverse transcriptase did not differ in the fibroblasts and the pancreatic cancer cells. However, these two published mechanisms might be dose dependent. It is possible that long-term low-dose Efavirenz treatment might inhibit this tumor reverse transcriptase and lead to genetic reprogramming, whereas cytotoxicity is mediated via oxidative stress when higher Efavirenz doses are used.

Data about clinical efficacy of NNRTIs in cancer patients are currently still rare. The other approved first-generation NNRTI Nevirapine was used in single HIV-negative patients with poorly differentiated thyroid cancer. It induced cell differentiation of the poorly differentiated thyroid cancer and restored iodine-131 uptake in the cancer cells (38,39). In HIV-infected patients regression of lymphomas was described after Efavirenz based antiretroviral treatment (40,41). In a phase II clinical trial in 53 patients with metastatic castration-resistant prostate cancer a non-progression rate of 28% was observed after 3 months (42). Efavirenz plasma concentrations above 3,000 ng/ml were associated with a reduced risk of progression. Based on the in vitro findings of this work, prostate cancer seems to be not a very suitable type of cancer for Efavirenz treatment due to its slow growth kinetics. A better treatment response to Efavirenz might be possible in faster growing cancers with a higher metabolism and subsequently stronger dependence on mitochondrial function.

Efavirenz and radiotherapy have a synergistic effect against pancreatic cancer. The reported results shed light on the cytotoxic effect of Efavirenz by induction of oxidative stress in the studied pancreatic cancer cell line. Efavirenz toxicity was shown to be selective against cancer cells to some extent. Potential role of AKT signaling for cell death of cancer cells and survival of normal fibroblasts should be examined in future experiments to bring further insight into Efavirenz-related tumor cell death.

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