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Growing Pains: The Formation Times and Building Blocks of Milky Way-mass Galaxies in the FIRE Simulations

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ABSTRACT
Surveys of the Milky Way (MW) and M31 enable detailed studies of stellar populations across ages and metallicities, with the goal of reconstructing formation histories across cosmic time. These surveys motivate key questions for galactic archaeology in a cosmological context: when did the main progenitor of a MW/M31-mass galaxy form, and what were the galactic building blocks that formed it? We investigate the formation times and progenitor galaxies of MW/M31-mass galaxies using the FIRE-2 cosmological simulations, including 6 isolated MW/M31-mass galaxies and 6 galaxies in Local Group (LG)-like pairs at \( z = 0 \). We examine main progenitor “formation” based on two metrics: (1) transition from primarily ex-situ to in-situ stellar mass growth and (2) mass dominance compared to other progenitors. We find that the main progenitor of a MW/M31-mass galaxy emerged typically at \( z \sim 3-4 \) (\( \sim 11.6-12.2 \) Gyr ago), while stars in the bulge region (inner 2 kpc) at \( z = 0 \) formed primarily in a single main progenitor at \( z \lesssim 5 \) (\( \lesssim 12.6 \) Gyr ago). Compared with isolated hosts, the main progenitors of LG-like paired hosts emerged significantly earlier (\( \Delta z \sim 2, \Delta t \sim 1.6 \) Gyr), with \(~4\times\) higher stellar mass at all \( z \gtrsim 4 \) (\( \gtrsim 12.2 \) Gyr ago). This highlights the importance of environment in MW/M31-mass galaxy formation, especially at early times. Overall, about 100 galaxies with \( M_{\text{star}} \gtrsim 10^7 M_\odot \) formed a typical MW/M31-mass system. Thus, surviving satellites represent a highly incomplete census (by \( \sim 5\times \)) of the progenitor population.

Key words: galaxies: formation – galaxies: general

1 INTRODUCTION
The properties of stellar populations within a galaxy, including their age, elemental abundances, and kinematics, all provide rich insight into the galaxy’s formation history. For example, early studies of the kinematics of stars with highly radial orbits in the Milky Way (MW) suggested that these stars must have formed differently from those on more disk-like orbits, implying that the MW formed via a gravitational collapse (Eggen et al. 1962). Other early studies proposed that stars and clusters in the outer halo formed from materials in proto-galaxies that continued to fall into the galaxy after the central regions already collapsed (e.g. Ostriker & Tremaine 1975; Searle & Zinn 1978). We know today that the processes involved in galaxy formation are more elaborate (Freeman & Bland-Hawthorn 2002).

Initial theories for galaxy formation invoked the dissipational collapse of gas in dark-matter (DM) halos (e.g. Rees & Ostriker 1977; White & Rees 1978; Fall & Efstathiou 1980; Mo et al. 1998). More recent works have examined the effects of galaxy mergers as well (e.g. Springel & Hernquist 2005; Robertson et al. 2006; Stewart et al. 2008; Garrison-Kimmel et al. 2018). In gas-rich mergers, stellar feedback plays an important role in retaining gas content prior to the

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merger as it can heat the interstellar medium (ISM) and redistribute gas throughout the galaxy, even to larger radii where the effects of gravitational torquing are not as strong (Hopkins 2009). Without feedback, the gas easily is torqued and falls to the center of the gravitational well, where it gets consumed in a starburst. This implies that some part of galactic disks must survive a merger process, and the thick disk of the MW likely survived a significant merging event, which could have deposited fresh gas into the MW and dynamically heated stars from the thick disk into the stellar halo (Gallart et al. 2019).

The stellar halo of the MW is perhaps the best place to probe the remnants of its early formation process. Various works have studied hierarchical formation of the stellar halo (e.g. Bullock et al. 2001; Bullock & Johnston 2005; Helmi 2008; Johnston et al. 2008; Cooper et al. 2010; Deason et al. 2016), showing that it occurs via the tidal disruption and accretion of many satellite dwarf galaxies. For instance, using cosmological zoom-in simulations, Deason et al. (2016) find that typically 1 – 2 satellite galaxies contribute most of the accreted stellar material to a stellar halo. More generally, they find that the majority of accreted metal-poor stars come primarily from ‘classical’ dwarf galaxies (∼ 40 – 80 per cent) as opposed to ‘ultra-faint’ dwarf galaxies (only ∼ 2 – 5 per cent). They also find a relation between the galaxy’s progenitor mass and its satellite population at z = 0: galaxies with less massive progenitors tend to have more quiescent histories, as well as a less massive surviving satellite population, when compared to the more massive galaxies. Similarly, examining the AURIGA simulations, Monachesi et al. (2019) find a correlation with the number of ‘significant progenitors’ (number of progenitors that contribute 90 per cent of the stellar halo mass) and the accreted mass in the halo, with more massive halos accreting smaller numbers of significant progenitors. Studies of kinematically coherent structures in the MW’s halo, like the Sagittarius stream (Newberg et al. 2002; Majewski et al. 2003) and Gaia-Enceladus (Helmi et al. 2018; Belokurov et al. 2018) clearly confirm this hierarchical formation scenario. In particular, Gaia-Enceladus is thought to be comparable in stellar mass to the SMC (∼ 6 × 10^9 M_☉), contributing most of the stars in the (inner) stellar halo (Helmi et al. 2018).

Studies of old and/or metal-poor stars provide the best window into the early formation of the MW (e.g. Brook et al. 2007; Scannapieco et al. 2006; Deason et al. 2016; Grissen et al. 2018; Sestito et al. 2019). Current spectroscopic surveys (e.g. RAVE, GALAH, APOGEE, LAMOST) now provide elemental abundances and ages for stars across the MW (e.g. Steinmetz et al. 2006; De Silva et al. 2015; Majewski et al. 2017; Li et al. 2015). These surveys achieve high spectral resolution (up to R ∼ 30,000) and signal-to-noise (up to S/N > 100), and are capable of observing stars with [Fe/H] < −2. Recently, the Pristine survey has observed significant populations of stars at [Fe/H] < −3, with promise of reaching to [Fe/H] < −4 (Starkenburg et al. 2017b). Interestingly, using observations of metal-poor stars, Sestito et al. (2019) found that a significant fraction of these stars with [Fe/H] < −4 are on disk-like orbits in the MW. Similar work using metal-poor stars from LAMOST also has proven useful in finding halo structures (e.g. Yuan et al. 2019). A key question is where these metal-poor stars come from. Did they form within the MW, or did they form in other dwarf galaxies that subsequently merged in? If the latter, it would not make sense to say that they formed in the MW, or at least, its main progenitor.

Recently, using the FIRE-2 cosmological zoom-in baryonic simulations, El-Badry et al. (2018b) predicted that the oldest ([ζ_form] > 5), metal-poor stars ([Fe/H] ≲ −2) in the MW should be less centrally concentrated than stars that formed later, because (1) early merger events deposited stars that formed in dwarf galaxies on dispersion-supported orbits, and (2) stars that formed within the primary galaxy were heated to larger orbits via feedback-driven time-varying galactic potential. A similar study by Starkenburg et al. (2017a) found comparable results in the APOSTLE simulations of MW/M31-like pairs for stars with [ζ_form] > 6.9 and [Fe/H] ≲ −2.5.

While current MW surveys give us detailed information about a star’s position, kinematics, and elemental abundances, obtaining precise ages for stars remains challenging. Current methods include fitting isochrones to stellar populations in colour-magnitude diagrams, studying oscillation modes of individual stars (astroseismology), using the rotation-age relation to infer ages (gyrochronology), and using detailed elemental abundances (e.g. Chaplin et al. 2014; Martig et al. 2016; Creevey et al. 2017; Silva Aguirre et al. 2018). Uncertainties in the ages of stars using the latter method can be as large as 40 per cent, but this improves if one can use a combination of methods (e.g. Miglio et al. 2017). Gaia’s second data release (DR2; Gaia Collaboration et al. 2018) now provides distance measurements for over 1.3 billion stars in the MW, allowing astronomers to measure isochrone ages. For example, Gallart et al. (2019) suggest that the MW halo formed 50 per cent of its stars by z ∼ 4.2 (12.3 Gyr ago) and the thick disk formed 50 per cent by z ∼ 2 (10.5 Gyr ago). Other analyses reported formation lookback times of the halo of 8 – 13 Gyr (e.g. Schuster et al. 2012; Hawkins et al. 2014), including different formation times for different halo populations (e.g. Ge et al. 2016). Measurements of stellar ages in the MW bulge suggest that the stellar population is predominantly older than ∼ 10 Gyr (Barbey et al. 2018, and references therein).

Cosmological galaxy simulations provide the best theoretical laboratories for understanding the full evolutionary histories of galaxies across cosmic time. Most simulations of MW/M31-mass galaxies, either idealized or cosmological focus on a single isolated galaxy/halo (e.g. AURIGA, NIHAO, ERIS, Caterpillar), not in a Local Group (LG)-like MW+M31 pair (Grand et al. 2017; Buck et al. 2019a; Guedes et al. 2011; Grissen et al. 2016). Exceptions include the ELVIS DM-only (DMO) simulation suite, which include 24 MW/M31-mass halos in LG-like pairs and a mass-matched sample of 24 isolated halos (Garrison-Kimmel et al. 2014), and the cosmological baryonic simulations of LG-like pairs from the APOSTLE suite (Sawala et al. 2016). It remains unclear if the formation histories of isolated MW/M31-mass galaxies are similar to those of similar-mass galaxies in LG-like pairs.

In addition to potential differences in host galaxy properties in LG-like versus isolated environments, it is also imperative to understand potential differences in their satellite populations. While observations of the LG have driven most of our knowledge of dwarf galaxy populations, recent observational campaigns aim to measure satellite popula-
tions around (primarily more isolated) MW-mass galaxies such as M94 (Smercina et al. 2018), M101 (Danielewicz et al. 2017), M81 (Karachentsev & Kudrya 2014), and Centaurus A (Müller et al. 2019). The Satellites Around Galactic Analogs (SAGA) survey also is observing satellite populations around (mostly) isolated MW-mass galaxies down to the luminosity of Leo I ($M_r < -12.3$; $M_{\text{star}} \approx 5 \times 10^6 M_{\odot}$), with a predicted sample size of 100 galaxies (Geha et al. 2017). Other campaigns instead focus on groups of galaxies out to $\sim 40$ Mpc (e.g. Kourkchi & Tully 2017). In connecting these observations with those of the LG, we must understand: does environment play a role in the satellite galaxy populations, and thus building blocks, of MW/M31-mass galaxies across cosmic time?

In this work, we use FIRE-2 simulations of 12 MW/M31-mass galaxies to investigate their cosmological hierarchical formation histories. We quantify these galaxies’ building blocks across cosmic time and determine when their main progenitors formed/emerged. More specifically, we investigate the times at which (1) the mass growth of the most massive progenitor transitions from being dominated by ex-situ stars (via mergers) to in-situ star formation, and (2) when the most massive galaxy starts to dominate in stellar mass compared to other progenitor galaxies. There are many definitions of host galaxy ‘formation’, such as when the main galaxy reaches a fraction of its mass at $z = 0$; here we refer to formation specifically as when a single main progenitor galaxy emerges in its environment, based both on its in-situ star formation (Section 3.3) and how its stellar mass compares to its neighbors (Section 3.4). We also emphasize that in our analysis, we focus on the formation of the host galaxy generally, and not specifically on the formation of a given component, such as the thin or thick disk.

The main questions that we address are:

a) What were the building blocks (progenitor galaxies) of MW/M31-mass galaxies, and how many were there across cosmic time?

b) When did the main progenitor of a MW/M31-mass galaxy form/emerge?

c) Does the formation of MW/M31-mass galaxies depend on their environment, specifically, comparing isolated hosts to those in LG-like pairs?

2 METHODS

2.1 FIRE-2 Simulations of Milky Way- and M31-mass Galaxies

We use cosmological zoom-in baryonic simulations of MW/M31-mass galaxies from the Feedback In Realistic Environments (FIRE) project1 (Hopkins et al. 2018). We ran these simulations using the GIZMO N-body gravitational plus hydrodynamics code (Hopkins 2015), with the mesh-free finite-mass (MFM) hydrodynamics method and the FIRE-2 physics model (Hopkins et al. 2018). FIRE-2 includes several radiative cooling and heating processes for gas such as free-free emission, photoionization/recombination, Compton scattering, photoelectric, metal-line, molecular, fine-

structure, dust-collisional, and cosmic-ray heating across a temperature range of $10 - 10^{10}$ K. This includes the spatially uniform, redshift-dependent cosmic UV background from Faucher-Giguère et al. (2009), for which HI reionization occurs at $z_{\text{reion}} \sim 10$. The simulations self-consistently generate and track 11 elemental abundances (H, He, C, N, O, Ne, Mg, Si, S, Ca, Fe), including sub-grid diffusion of these abundances in gas via turbulence (Hopkins 2016; Su et al. 2017; Escala et al. 2018).

Stars form from gas that is self-gravitating, Jeans unstable, molecular (followling Krumholz & Gnedin 2011), and dense ($n_H > 1000$ cm$^{-3}$). Once a star particle forms, inheriting mass and elemental abundances from its progenitor gas element, it represents a single stellar population, assuming a Kroupa (2001) initial mass function, and it evolves along stellar population models from STARBURST99 v7.0 (Leitherer et al. 1999). FIRE-2 simulations include several different feedback processes, including core-collapse and Ia supernovae, mass loss from stellar winds, and radiation, including radiation pressure, photoionization, and photo-electric heating.

We generated cosmological zoom-in initial conditions for each simulation at $z = 99$, embedded within periodic cosmological boxes of lengths 70.4 – 172 Mpc using the code MUSIC (Hahn & Abel 2011). We saved 600 snapshots down to $z = 0$, which are spaced every $\approx 25$ Myr. All simulations assume flat ΛCDM cosmology within the following parameter ranges: $h = 0.68 - 0.71$, $\Omega_m = 0.69 - 0.734$, $\Omega_b = 0.266 - 0.31$, $\Omega_k = 0.0455 - 0.0458$, $\sigma_8 = 0.801 - 0.82$, and $n_s = 0.961 - 0.97$, which are consistent with Planck Collaboration et al. (2018).

In this work, we analyze 12 MW/M31-mass galaxies; Table 1 lists their properties. 6 galaxies are from the Latte suite of isolated MW/M31-mass galaxies, introduced in Wetzel et al. (2010). We selected these halos with the following two criteria: (1) $M_{200m} = 1 - 2 \times 10^{12} M_{\odot}$ (e.g. Bland-Hawthorn & Gerhard 2016), and (2) no similar-mass halo within $5 \times R_{200m}$ (for computational efficiency). Here, $M_{200m}$ refers to the total mass within a radius, $R_{200m}$, containing 200 times the mean matter density of the Universe.

| Name       | $M_{\text{gal},09}$ ($10^{10} M_{\odot}$) | $R_{\text{gal},09}$ (kpc) | $M_{\text{gal},200}$ ($10^{12} M_{\odot}$) | $R_{2000}$ (kpc) |
|------------|----------------------------------------|---------------------------|------------------------------------------|-----------------|
| m12m       | 10.0                                   | 11.6                      | 1.6                                      | 371             |
| Romulus    | 8.0                                    | 12.9                      | 2.1                                      | 406             |
| m12b       | 7.3                                    | 9.0                       | 1.4                                      | 358             |
| Thelma     | 6.9                                    | 11.8                      | 1.7                                      | 360             |
| Romeo      | 5.9                                    | 12.4                      | 1.3                                      | 341             |
| m12i       | 5.5                                    | 8.5                       | 1.2                                      | 336             |
| m12c       | 5.1                                    | 9.1                       | 1.4                                      | 351             |
| m12w       | 4.8                                    | 7.3                       | 1.1                                      | 319             |
| Juliet     | 4.0                                    | 11.0                      | 1.2                                      | 339             |
| Louise     | 2.3                                    | 11.2                      | 1.2                                      | 333             |

1 See the FIRE project web site: http://fire.northwestern.edu
chose galaxy m12w with one additional criterion: having an LMC-mass satellite at \( z \sim 0 \) in the pilot DM-only simulation (see Samuel et al. 2019). The Latte simulations have gas and initial star particle masses of 7100 M\(_{\odot}\), although because of stellar mass loss, the typical star particle at \( z = 0 \) is \( \sim 5000 M_{\odot}\). DM particles have masses of \( 3.5 \times 10^4 M_{\odot}\). Gas elements use fully adaptive force softening, equal to their hydrodynamic smoothing, that adapts down to 1 pc. The gravitational softening lengths for star and DM particle are fixed at 4 and 40 pc (Plummer equivalent), convolving at \( z > 0 \) and physical thereafter.

We also use 6 galaxies from the “ELVIS on FIRE” suite of 3 Local Group (LG)-like MW+M31 pairs (Garrison-Kimmel et al. 2019a,b), which were selected with the following criteria: (1) two neighboring halos each with mass \( M_{200m} = 1 - 3 \times 10^{12} M_{\odot}\), (2) total LG mass of \( 2 - 5 \times 10^{12} M_{\odot}\), (3) center separation of 600 – 1000 kpc at \( z = 0 \), (4) radial velocities of \( v_{\text{halo}} < 0 \text{km s}^{-1} \) at \( z = 0 \), and (5) no other massive halos within 2.8 Mpc of either host center. The ELVIS on FIRE simulations have \( \approx 2 \times \text{better mass resolution than Latte, with initial star/gas particle masses of 3500–4000 M_{\odot}\). We emphasize that we selected these halos solely using the parameters above, with no prior on their formation/merger histories or satellite populations (other than m12w). Thus, these 12 hosts should reflect random/typical samplings of MW/M31-mass formation histories within their mass and environmental selection criteria. However, as we show below, LG-like versus isolated host selection does lead to systematically different formation histories.

Both the Latte and ELVIS on FIRE simulation suites form MW/M31-mass galaxies with realistic populations of satellite galaxies, in terms of their stellar masses and velocity dispersions (dynamical masses) (Wetzel et al. 2016; Garrison-Kimmel et al. 2019a), radial distributions (Samuel et al. 2019), and star-formation histories (Garrison-Kimmel et al. 2019b). The MW/M31-mass host galaxies in the simulations also show a range of morphologies (Garrison-Kimmel et al. 2018; El-Badry et al. 2018a), with properties that broadly agree with the MW and M31, such as the stellar-to-halo mass relation (Hopkins et al. 2018), disk structure and metallicity gradients (Ma et al. 2017; Sanderson et al. 2018a), and stellar halos (Bonaca et al. 2017; Sanderson et al. 2018b).

### 2.2 Identifying Halos and Galaxies

We use the ROCKSTAR 6-D halo finder (Behroozi et al. 2013a) to identify DM (sub)halos, using \( M_{200m} \) as our halo definition. We generate a halo catalog at each of the 600 snapshots and use CONSISTENT-TREES (Behroozi et al. 2013b) to construct merger trees. For numerical stability, we generate halo catalogs and merger trees using only DM particles. All of the halos that we examine here have zero contamination by low-resolution DM particles.

We briefly summarize the method that we use to assign star particles to halos in post-processing; see Necib et al. (2018) and Samuel et al. (2019) for details. Given each (sub)halo’s radius and maximum circular velocity, \( R_{\text{halo}} \) and \( V_{\text{circ,max}} \), as returned by ROCKSTAR, we identify star particles whose positions lie within 0.8 \( R_{\text{halo}} \) (out to a maximum distance of 30 kpc) and whose velocities are within 2 \( V_{\text{circ,max}} \) of the (sub)halo’s center-of-mass velocity. After this, we keep star particles if they meet the following two criteria. First, their positions are within 1.5 \( R_{\text{star},90} \) (the radius that encloses 90 per cent of the stellar mass) of both the center-of-mass position of current member star particles and the halo center. This criterion ensures that the galaxy’s center of mass coincides with the halo’s center of mass. Second, their velocities are within 2 \( \sigma_{\text{vel,star}} \), the velocity dispersion of current member star particles, of the center-of-mass velocity of member star particles. We iterate these two criteria until the stellar mass converges to within 1 per cent. We then keep halos with at least 6 star particles, stellar density \( > 300 M_{\odot} \text{kpc}^{-3} \) (at \( R_{\text{halo}} \), the radius which encloses 50 per cent of the stellar mass), and halo bound mass fraction \( > 40 \) per cent. Henceforth, when we refer to a galaxy’s stellar mass, we mean the mass that we calculate from this process.

We checked that none of our results change significantly if we use other ways of measuring stellar mass, such as the mass within \( R_{\text{star},90} \).

Our software for reading and analyzing halo catalogs, including assigning star particles, is available via the HaloAnalysis package, and our software for reading and analyzing particles from Gizmo snapshots is available via the GizmoAnalysis package; we first developed and used these packages in Wetzel et al. (2016).

### 2.3 Selecting Progenitor Galaxies

In our analysis, we impose two additional criteria to select galaxies of interest. First, we examine only galaxies with stellar mass \( M_{\text{star}} \geq 10^8 M_{\odot} \), which corresponds to \( \geq 14–29 \) star particles, depending on simulation resolution. Second, we analyze only galaxies that are progenitors of each MW/M31-mass system at \( z = 0 \), selecting stars at various host-centric distances at \( z = 0 \) to probe the formation histories of different regions of the host galaxy/halo. Specifically, we select progenitor galaxies that contribute star particles to the following spherical distances, \( d \), with respect to the center of each MW/M31-mass galaxy at \( z = 0 \):

- a) \( d(z = 0) < 300 \text{kpc} \), corresponding to the entire host halo system (virial region), including the entire host galaxy, stellar halo, and surviving satellite galaxies;
- b) \( d(z = 0) < 15 \text{kpc} \), corresponding to the entire host galaxy (bulge and disk) plus inner stellar halo;
- c) \( d(z = 0) < 2 \text{kpc} \), corresponding to an inner bulge region.

While these represent relatively simple spherical distance selections, we also investigated a ‘disk’ selection, by selecting stars at \( z = 0 \) within \( R = 4 - 15 \text{kpc} \) and \( |Z| < 2 \text{kpc} \) (in cylindrical coordinates), as well as requiring stars to be on co-rotating disk-like circular orbits via Toomre diagram selection. While this reduces the overall amount of accreted stars (as expected), given our method to select progenitor galaxies (see next paragraph), this selection generally did not lead to significant differences in our results compared with \( d(z = 0) < 15 \text{kpc} \).

Having defined the star particles in each region at \( z = 0 \),

\[ 2 \text{ https://bitbucket.org/awetzel/halo_analysis} \]

\[ 3 \text{ https://bitbucket.org/awetzel/gizmo_analysis} \]
to select progenitor galaxies at a given redshift, we compute how much stellar mass a galaxy at a given redshift contributed to these host-centric distances at \( z = 0 \), relative to the galaxy’s total stellar mass at that redshift. We define this as the ‘contribution fraction’. To be a progenitor, we require that a galaxy has a contribution fraction greater than 1 per cent, that is, at least 1 per cent of its mass (at a given redshift) ends up within the host-centric region. We checked how our metrics for progenitor formation (described in Sections 3.3 and 3.4, and summarized in 3.5) changed as we varied this contribution fraction requirement. For \( d(z = 0) < 300 \) kpc, our results are not sensitive to it, because all contribution fractions are near 100 per cent, indicating that galaxies that contribute to the host halo contribute essentially all of their stars. For \( d(z = 0) < 2 \) kpc, and to a lesser extent \( d(z = 0) < 15 \) kpc, the contribution fractions are more broadly spread throughout 0 - 100 per cent, because stars from infalling galaxies get deposited across a range of \( d \) by \( z = 0 \). We thus use 1 per cent contribution fraction as a conservative minimum, though we note that increasing this minimum would decrease the number of progenitors to the inner galaxy.

3 RESULTS

To provide visual context to our analysis, Fig. 1 shows stellar images of two of our isolated hosts: m12f (top) and m12m (bottom). Left to right, each panel shows different views throughout the formation of each MW/M31-mass galaxy, including all stars out to 300 kpc (physical) from the most massive progenitor. At \( z = 0 \) (right), the MW/M31-mass host galaxy is clearly dominant, including 16-27 resolved surviving satellite galaxies and an extended stellar halo with stellar streams from disrupted satellites. However, at \( z = 5 \) (left), the system was composed of a collection of many similar-mass galaxies that eventually merge together. Because many galaxies had similar mass and none of them alone dominated the stellar mass growth, there was no meaningful single ‘main’ progenitor at this time. The middle panel shows each host when its main progenitor ‘formed/merged’, which we define as when the cumulative stellar mass was dominated by in-situ formation in a single progenitor (see Section 3.3). Compared to the panels on the left, we see the emergence of a main progenitor galaxy that dominates its local environment in mass by more than 3:1 (see Section 3.4).

3.1 What was the mass growth of the most massive progenitor and does it depend on environment?

First, we examine the stellar mass growth history of the most massive progenitor (MMP) of each MW/M31-mass galaxy from \( z = 0 \) back to \( z = 7 \), near the end of cosmic reionization (e.g. Planck Collaboration et al. 2018). Following the criteria above, we identify the progenitor galaxy with the highest stellar mass at each snapshot (according to our halo catalog) and label it as the MMP. This is different from using the halo merger tree to track the galaxy back in time, because DM halo and stellar masses grow at different rates, so the most massive halo is not always the most massive galaxy, especially at early times before a main progenitor has emerged.

Furthermore, as we argue in Section 3.3, it does not make sense to think about the MMP as the single ‘main’ progenitor before the ‘formation’ redshift of each host. Our goal here is to set the stage by providing the relevant mass scale of the MMP across cosmic time while highlighting environmental differences. Also, the results in this subsection do not depend on the details of host-centric distance selection at \( z = 0 \), because the MMP contributes significant mass inside all of our distance cuts.

Fig. 2 (top left) shows the stellar mass of the MMP versus redshift (bottom axis) and lookback time (top axis). We show each simulation individually (colored lines), including 6 isolated hosts (solid) and 6 LG-like hosts (dotted). We also show the median across all 12 hosts (thick solid black), and the median for the isolated (thick solid grey) and the LG-like (thick dashed grey) hosts. At \( z = 0 \) the host galaxies span a relatively narrow range of \( M_{\text{star}}(z = 0) = 2.3 - 10 \times 10^{10} M_{\odot} \) (by selection). The shapes of the MMP mass growth histories show broad similarities, with log \( M_{\text{star}} \) growing almost linearly with redshift. However, because of scatter in formation history, the \( M_{\text{star}} \) of MMPs spanned 1-15 orders of magnitude at \( z \gtrsim 2 \) (> 10.5 Gyr ago). For example, the MMPs spanned a range of \( 5.6 \times 10^{8} - 7.3 \times 10^{9} M_{\odot} \) at \( z = 7 \), near the end of cosmic reionization.

Fig. 2 (top right) shows the same, except we normalize each MMP to the overall median \( M_{\text{star}}(z) \), which more clearly highlights both scatter in mass growth and systematic differences between LG-like and isolated hosts. In particular, the typical \( M_{\text{star}} \) of the MMP of an isolated host is similar (slightly higher) than that of a LG-like host at all \( z < 1.5 \), but prior to this, the MMP of an LG-like host was significantly more massive than that of an isolated host. The biggest difference occurred at \( z \sim 4 \) (~ 12.2 Gyr ago), when LG-like hosts were ~ 6X more massive than isolated hosts.

Fig. 2 (bottom left) shows the fractional \( M_{\text{star}} \) growth of each MMP, that is, \( M_{\text{star}}(z)/M_{\text{star}}(z = 0) \). This metric is more fair to compare the formation histories, because it normalizes out the scatter in \( M_{\text{star}}(z = 0) = 0 \). Across all simulations, the MMP reached 10 per cent and 50 per cent of its final mass at typically \( z = 1.7 \) (9.9 Gyr ago) and \( z = 0.5 \) (5.1 Gyr ago), respectively. Again, the MMP of an isolated host typically formed later, reaching 10 per cent and 50 per cent of its final mass at \( z = 1.5 \) (9.4 Gyr ago) and \( z = 0.5 \) (5.1 Gyr ago), while the MMP of a LG-like host typically formed earlier, reaching 10 per cent and 50 per cent of its final mass at \( z = 2.4 \) (11.0 Gyr ago) and \( z = 0.8 \) (6.9 Gyr ago).

Finally, Fig. 2 (bottom right) shows the fractional \( M_{\text{star}} \) growth in the bottom left panel but normalized to the overall median across all simulations, that is, \( [M_{\text{star}}(z)/M_{\text{star}}(z = 0)]/[M_{\text{star}}(z)/M_{\text{star}}(z = 0)]_{\text{med}} \). Because this metric removes the slightly higher median \( M_{\text{star}}(z = 0) \) for the isolated hosts (top right panel), the median LG-like host now had higher fractional mass than the median isolated host at all redshifts. The biggest difference occurred at \( z \sim 4.2 \) (~ 12.3 Gyr ago), where the medians differed by almost an order of magnitude.

While this offset between LG-like and isolated hosts has some host-to-host scatter, we emphasize that at all redshifts, the MMP for 4 or 5 of the 6 LG-like hosts was fractionally more massive than the MMP for all of the isolated hosts. This result highlights significant systematic differences in the formation histories of the MMPs in LG-like versus iso-
Figure 1. Synthetic images of all stars out to a distance of 300 kpc physical (roughly $R_{200m}$ at $z = 0$) around the most massive progenitor (MMP) at each redshift, for two simulations that bracket the main progenitor formation times across our isolated hosts. Left to right, the panels show images at $z = 5$, $z = z_{form}$ (when the main progenitor ‘formed’ or ‘emerged’), and at $z = 0$. We define main progenitor formation when the majority of stars at $d(z = 0) < 15$ kpc have formed in-situ in a single progenitor (see Section 3.3); this is similar to when the stellar mass ratio of the most massive to second most massive progenitor exceeds 3:1 (see Section 3.4). The top row shows m12f, our earliest forming isolated host, and the bottom row shows m12m, our latest forming isolated host. Prior to $z_{form}$, there was little meaningful sense of a single ‘main’ progenitor; instead, there was a collection of similar-mass progenitor galaxies.

lated environments. This is important when using cosmological zoom-in simulations such as these to compare with observations of the MW and M31 in the LG or with isolated MW-mass hosts as in, for example, the SAGA survey. We also emphasize that the MMPs of LG-like hosts were systematically more massive even back to $z = 7$, indicating these environmental effects manifest themselves early, even when the MMPs were only $10^{-4}$ to $10^{-3}$ of their final stellar mass. In Appendix A, we discuss how this likely follows from the mass growth of the DM host halo.

These trends are consistent with a similar analysis of the archaeological star-formation histories (SFHs) of these hosts in Garrison-Kimmel et al. (2019b), which calculated SFHs using all stars in the host galaxy at $z = 0$. This includes stars that may have formed in another galaxy and merged in, while we compute the $M_{\text{star}}$ of the MMP at each snapshot. Therefore, this result is not sensitive to the way that one computes $M_{\text{star}}(z)$.

For comparison, the colored points/bands in Fig. 2 (bottom left) show observational inferences of $M_{\text{star}}(z)$ in MW/M31-mass galaxies. Using a fit for the SFR main sequence to observational data of star-forming galaxies, Leitner (2012) constructed mass growth histories, finding that galaxies of $M_{\text{star}}(z = 0) \sim 10^{11}$ reached 10 per cent of their final mass at $z \approx 2$ (10.4 Gyr ago), and 50 per cent of their final mass at $z \sim 1.1$ (8.2 Gyr ago). These values are broadly consistent with our LG-like hosts, though they are earlier than our typical isolated host, but our hosts have somewhat lower $M_{\text{star}}(z = 0)$ than in Leitner (2012), so this may not be surprising. Behroozi et al. (2013c) used the Bolshoi DM-only (DMO) simulations combined with abundance matching to observed stellar mass functions; they found that galaxies with $M_{200m} = 10^{12} M_{\odot}$ (similar to our sample) reached 10 per cent and 50 per cent of their final $M_{\text{star}}$ around $z \approx 1.6$ and $z \approx 0.8$ ($\approx 9.7$ and $\approx 6.9$ Gyr ago, respectively), which are more consistent with the typical values in our simulations. More recently, Hill et al. (2017) also used abundance matching of stellar mass functions at various redshifts to track MW/M31-mass growth histories (e.g. van Dokkum et al. 2013). Hill et al. (2017) found 10 per cent mass occurred at $z \sim 1.3 - 1.9$ (8.9 - 10.2 Gyr ago) for $10^{10.5 - 11} M_{\odot}$ galaxies, and 50 per cent mass occurred at $z \sim 0.6 - 0.9$ (5.8 - 7.4 Gyr ago). We show this range (which brackets our simulation sample) via two red bands in Fig. 2, which also broadly agree with our simulation suite, though we note that the
3.2 What were the building blocks of the galaxy?

We next investigate the distribution of ‘building blocks’ of our MW/M31-mass host galaxies by analyzing the cumulative stellar mass function (number of galaxies above a $M_{\text{star}}$ threshold) of all progenitor galaxies (including the MMP) across time. We select progenitors that contribute to each of our host-centric distance cuts at $z = 0$. In Fig. 3, the left panels show the median number of progenitor galaxies for the isolated (solid lines) and LG-like (dashed lines) hosts versus redshift using $M_{\text{star}}$ thresholds. The shaded regions show 68 per cent scatters across our total sample. The panels on the right show the median number of progenitors across the total sample versus $M_{\text{star}}$ at given redshifts (we do not show isolated and LG-like hosts separately here).

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Figure 2. Top Left: The stellar mass of the most massive progenitor (MMP) of each MW/M31-mass galaxy as a function of redshift (bottom axis) or lookback time (top axis). Thin colored lines show each simulation, including the 6 isolated hosts (solid) and 6 LG-like hosts (dotted). We also show the median $M_{\text{star}}$ across all 12 hosts (thick solid black), and the median for the isolated (thick solid grey), and the LG-like (thick dashed grey) hosts. At $z = 0$ the host galaxies span a relatively narrow range of $M_{\text{star}}(z = 0) = 2.3 - 10^{9} M_{\odot}$ (by selection), but because of scatter in formation history, their MMPs spanned about 1-1.5 orders of magnitude at all $z \gtrsim 4$ (>12.2 Gyr ago), with a range of $6 \times 10^{8} - 7 \times 10^{9} M_{\odot}$ at $z = 7$, near the end of cosmic reionization. Top Right: Same as left but normalized to the median $M_{\text{star}}(z)$ across all simulations. Romeo reached the highest value of $\sim 6.5$ at $z = 4 - 5$ (12.2 - 12.6 Gyr ago), while m12i was the lowest at $\sim 0.15$. The MMPs of LG-like paired hosts had significantly higher mass on average, by up to a factor of 6, at all $z \gtrsim 2$. Bottom Left: Same as top left but showing fractional mass growth, with each MMP normalized by its $M_{\text{star}}(z = 0)$. The dotted horizontal lines indicate 10 per cent and 50 per cent of final mass. Considering the overall median, the MMP reached 10 per cent of its final mass by $z \sim 1.7$ (9.9 Gyr ago), while for isolated hosts it was $z \sim 1.5$ (9.4 Gyr ago) and for LG-like pairs it was $z \sim 2.4$ (11.0 Gyr ago). The MMP reached 50 per cent of its final mass by $z \sim 0.5$ (5.1 Gyr ago) across all hosts (and isolated host), and while this occurred at $z \sim 0.8$ (6.9 Gyr ago) for LG-like hosts. We also plot observational inferences for galaxies that span our mass range at $z = 0$ (see text). Bottom Right: Same as bottom left, but normalized to the total median: $[M_{\text{star}}(z)/M_{\text{star}}(z = 0)]/[M_{\text{star}}(z)/M_{\text{star}}(z = 0)]_{\text{host}}$. Here, the enhancement for LG-like hosts is even more dramatic, persisting at all redshifts and being almost 10x that of isolated hosts at $z \sim 4.2$ (12.3 Gyr ago). This highlights the importance of environment in MW/M31-mass galaxy formation, especially at early times.

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MNRAS 000, 1–18 (2019)
Figure 3. **Left:** The number of progenitor galaxies above a given stellar mass versus redshift. Progenitor galaxies are those whose stars end up within the given host-centric distances at $z = 0$: the entire host halo (top), the host galaxy + inner stellar halo (middle), and the inner bulge region (bottom). The lines show the median for our 6 isolated (solid) and 6 LG-like (dashed) hosts, while the shaded regions show the 68 per cent scatter across all 12 hosts. Both LG-like and isolated hosts show the same general trends, though the progenitor population of isolated hosts peaks slightly later. **Right:** Cumulative number of progenitor galaxies versus stellar mass at different redshifts, for the median across all 12 hosts. For $d(z = 0) < 300$ kpc (top), the lower panel shows the number at each redshift normalized to the number at $z = 0$, that is, the population of progenitors relative to surviving satellites at $z = 0$. Note that the progenitor mass function becomes increasingly steeper at higher redshifts (for more discussion see Section 4.2). Higher-mass progenitors contributed preferentially at later times. For $M_{\text{star}} > 10^5 M_\odot$, $\sim 85-100$ progenitor galaxies contributed to the formation of a MW/M31-mass system out to its halo virial radius, $\sim 55$ contributed to the galaxy within 15 kpc, and $\sim 20$ contributed to the inner bulge region within 2 kpc, with the number of progenitors peaking at $z \sim 4$. Thus, the current satellite population at $M_{\text{star}} > 10^5 M_\odot$ represents only $\sim 1/5$ of the population that formed each system.
Fig. 3 highlights several interesting trends. For the lowest-mass progenitors that we resolve ($M_{\text{star}} > 10^5 M_\odot$), the number of progenitor galaxies peaked at $z \sim 4 - 5$ (12.2 - 12.6 Gyr ago) for all host distance selections. For $d(z) = 0 < 300$ kpc, the number of progenitors peaked at $\sim 85 - 100$, while for $d(z) = 0 < 15$ kpc it peaked at $\sim 55$, and for $d(z) = 0 < 2$ kpc it peaked at $\sim 20$. Given hierarchical structure formation, there were fewer higher-mass progenitors, and their numbers peaked at progressively later times. For example, for $d(z) = 0 < 300$ kpc, the number of progenitors with $M_{\text{star}} > 10^7 M_\odot$ peaked at $\sim 10$ at $z \sim 2.5$.

We see similar trends for 15 and 2 kpc distance cuts, though the progenitor peaks shift to larger redshifts, indicating that the increasingly central regions of the MMP formed earlier. For our highest stellar mass cut, $M_{\text{star}} > 10^8 M_\odot$, the hosts typically have only one progenitor (the MMP itself). However, both the MW (with the LMC) and M31 (with M32 and M33) have 1-2 satellites above this mass today. While none of our hosts possess such massive satellites at $z = 0$, half of our hosts (6 of 12) have had at least one satellite with $M_{\text{star}} > 10^8 M_\odot$ since $z \sim 0.7$ (Chapman et al., in prep.), but these massive satellites merge into the host galaxy quickly because of efficient dynamical friction, resulting in the instantaneous median number being 0 across all simulations.

The top right panel also shows the number of progenitors at each redshift normalized to the surviving satellites within 300 kpc at $z = 0$. Compared to the present satellite galaxy population, there were nearly 5 times as many dwarf galaxies that formed each entire MW/M31-mass system, with their numbers peaking at $z \sim 4$ (12.2 Gyr ago). Most of these low-mass progenitors have become disrupted into the main galaxy today. This has implications for galactic archaeology and the "ear-far" connection, specifically for any attempt to use present-day nearby dwarf galaxies to make inferences about the high-redshift universe (see Section 4.2).

Note that the bottom right two panels show just one galaxy (the host galaxy) at $z \sim 0$, because typically these hosts have no resolved satellites inside of 15 kpc (Samuel et al. 2019). At $d(z) = 0 < 15$ kpc, typically 10 progenitor galaxies have contributed to its formation since $z \sim 1$ (7.8 Gyr ago), while typically only 1-2 progenitors other than the MMP have contributed to the bulge region at $z \lesssim 2$.

We note that for all host distance cuts, the mass function of progenitors was increasingly steeper at higher redshifts which is consistent in both observational and simulation results of the general galaxy population (e.g. Graus et al. 2016; Song et al. 2016; Ma et al. 2018, see Section 4.2 for more discussion).

Finally, the satellite populations of isolated and LG-like hosts do not differ substantially across time, as seen in the left panels of Fig. 3. For mass bins with $M_{\text{star}} \geq 10^7 M_\odot$, LG-like hosts initially had more progenitors, reflective of their earlier formation histories, but are soon outnumbered compared to the isolated hosts. These differences, however, are small and the right panels show the same behaviour, so we present only the total median in those cases.

Fig. 3 shows that the lowest-mass progenitors dominated by number. However, this does not mean that the lowest-mass progenitors dominated the ex-situ mass of the host. To quantify this, at each redshift we take the population of progenitors in Fig. 3, excluding the MMP, and we weight each progenitor by its $M_{\text{star}}$ formed by that time that contributes to the given host-centric distance cut at $z = 0$. We then divide this ex-situ $M_{\text{star}}$ by the total $M_{\text{star}}$ in that host distance cut at $z = 0$, to obtain the ex-situ fraction, $f_{\text{ex-situ}}(M_{\text{star}}, > z)$; we show this in Fig. 4. This represents the fraction of $M_{\text{star}}$ above a given age in the host region at $z = 0$ that formed in progenitors (other than the MMP) of a given $M_{\text{star}}$. Note that this does not equal the total fraction of $M_{\text{star}}$ formed ex-situ at all redshifts within each host at $z = 0$ (see Fig. 5 for that). Instead, we analyze the ex-situ fraction for stars formed before a given redshift, to highlight trends if one selects stars of minimum age in the MW or M31 today.

Fig. 4 shows $f_{\text{ex-situ}}(M_{\text{star}}, > z)$ versus progenitor $M_{\text{star}}$. The left panels show the fraction at a given $M_{\text{star}}$ bin, and the right panels show the cumulative fractions below a given $M_{\text{star}}$. The shaded regions show the 68 per cent scatter across the simulations. In some cases on the left panels, given our finite sample of simulations, the lower scatter goes to zero, that is, in some simulations no progenitors at that mass contributed any stars. For visual clarity, we set those values for the lower scatter equal to the median.

Because the slope of the (differential) progenitor mass function, $dN/d\log M_*$ is shallower than unity, weighting progenitors by their $M_{\text{star}}$ means that more massive progenitors (other than the MMP) dominated the ex-situ mass, while the contributed $M_{\text{star}}$ from the lowest-mass galaxy progenitors was comparatively negligible. Also, as a result of hierarchical structure formation, at later times increasingly more massive progenitors dominated the ex-situ mass. For stellar populations of all ages at $z = 0$, the ex-situ mass is dominated by the most massive progenitors, but that mass scale decreases with increasing age.

All of our host-centric distance cuts at $z = 0$ show the same trends above. The primary difference is that regions closer to the center of the host at $z = 0$ have lower ex-situ fractions (normalizations) at all progenitor masses. In other words, the ex-situ contribution becomes increasingly negligible towards the central regions of the host galaxy. While we do not show it separately in Fig. 4 (see instead Fig. 5), we find that isolated hosts had larger ex-situ fractions on average than the LG-like hosts. Specifically, the ex-situ fractions for isolated hosts were primarily at the upper end of the 68 per cent scatter region, and LG-like hosts were primarily near the lower end. Thus, ex-situ growth is more important for isolated hosts, but any differences converge by $z \sim 1$.

### 3.3 When did in-situ star formation dominate the mass growth?

Having explored the ex-situ fraction as a function of progenitor mass, we next examine the total in-situ fraction for each host, to understand the transition from (1) an early period when most stars formed ex-situ across several progenitors that (eventually) merge together, to (2) a later period when a single main progenitor dominated the stellar mass growth via in-situ star formation. Thus, we define 'in-situ' star formation as that occurring in the MMP, and we define main progenitor 'formation' (or 'emergence') as the transition from (1) to (2). Specifically, we select stars within the given host-centric distance cuts at $z = 0$ that formed before a given redshift, and we calculate the cumulative fraction of
Figure 4. For all stars that end up within the given host-centric distances at $z = 0$ (top to bottom) and that formed before the given redshifts (different colored lines), panels show the fraction that formed ex-situ (in progenitors other than the MMP) as a function of progenitor stellar mass. The left panels show the (differential) fraction within the $M_{\text{star}}$ bin, while the right panels show the cumulative fraction less than $M_{\text{star}}$. Lines show total median while shaded regions show 68 per cent scatter across all 12 hosts (see text for discussion of the differences between isolated and LG-like hosts). Because of our sample size, the lower scatter for some mass bins is 0; in these cases we set the lower scatter equal to the median for visual clarity. For all host-centric distances, the ex-situ fraction increases monotonically with increasing redshift and with increasing progenitor mass, so more massive progenitors always dominate the ex-situ mass.
all stars that formed within the MMP to that redshift. This is different from some other definitions of progenitor ‘formation’, such as when the galaxy formed a certain percentage of its current $M_{\text{star}}$ (see Section 3.1): our goal instead is to quantify when a single main progenitor dominated the stellar mass assembly.

Fig. 5 shows this cumulative in-situ fraction as a function of redshift for the $d(z = 0) < 15$ and 2 kpc distance cuts. We show each simulation as a single colored line (solid for isolated hosts, dotted for LG-like hosts), along with medians for the total, isolated, and LG-like hosts. The horizontal dotted line shows a cumulative in-situ fraction of 0.5, which we use to define the formation of a single ‘main’ progenitor.

Across all 12 hosts, the median formation of the whole galaxy (left panel) occurred at $z \approx 3.5$ (12.0 Gyr ago), and at this redshift, the MMP was $\approx 1$ per cent of its present $M_{\text{star}}$ (see bottom left panel in Fig. 2) and the MMP halo was $\approx 10$ per cent of its present $M_{200m}$. However, both host types converged to similar in-situ fractions by $z \approx 1$ (7.8 Gyr ago), so these environmental differences were important only in early formation. The median cumulative in-situ fraction at $z = 0$ is $\approx 93$ per cent, which is consistent with previous results in Anglés-Alcázar et al. (2017), who analyzed the FIRE-1 simulations (including a version of m12i) and found that in-situ star formation dominates $\geq 95$ per cent of the stellar mass growth at MW masses. The NIHAO simulations also show similar in-situ fractions (Buck et al. 2019b).

Consistent with (radial) inside-out formation, the inner bulge region of the host (right panel) established itself in a single main progenitor earlier than the overall galaxy, with median formation at $z \sim 5.2$ (12.6 Gyr ago). Interestingly, the median for LG-like hosts never extended below 0.5, at least back to $z = 6$ (12.8 Gyr ago), meaning that these stars formed in a single main progenitor at all redshifts that we probe. By contrast, bulge stars in isolated hosts formed in a single main progenitor only at $z \lesssim 3.9$ (12.2 Gyr ago).

While we have presented the cumulative in-situ fraction, considering all stars that formed to a given redshift, we also examined the instantaneous in-situ fraction, using stars that formed within a narrow bin of redshift (not shown). While this is a more time variable/stochastic metric, we found similar trends overall. The key difference is that, because the in-situ fraction rises with decreasing redshift, the cumulative value, being an integral quantity, is smaller than the instantaneous value at a given redshift. Thus, a galaxy transitions above 0.5 at a smaller redshift (typically $\Delta z \sim 0.25$, $\Delta z \sim 0.12$ Gyr) when considering the cumulative in-situ fraction. Both fractions show the same dependence on host-centric distance selection and the same trend that LG-like hosts formed earlier. We also note that the in-situ fraction for the host ‘disk’ selection, mentioned in Section 2.3, is similar to $d(z = 0) < 15$ kpc, with comparable formation times.

Finally, while we discuss median trends above, we emphasize significant host-to-host scatter in Fig. 5. For example, for the $d(z = 0) < 15$ kpc selection, Romeo never had an in-situ fraction below 0.5 back to $z = 6$ (12.8 Gyr ago), while Thelma become dominated by in-situ mass growth only at $z < 1.7$ (9.9 Gyr ago). We also note that the in-situ fractions for some hosts can temporarily decline with time. For instance, in m12i the in-situ fraction decreased from $z \approx 4$ to 2 (12.2 Gyr to 10.4 Gyr ago), which indicates enhanced star formation in progenitors other than the MMP.

Overall, the general trends for both host-centric distance selections are (1) LG-like hosts formed earlier than...
isolated hosts, (2) the median and scatter tends to converge at \( z \lesssim 1 \) (7.8 Gyr ago), and (3) no single progenitor forms later than \( z \sim 1.7 \) (9.9 Gyr ago).

3.4 When did a dominant-mass progenitor emerge?

Having examined the in-situ fraction of star formation, we also examine a second metric of main progenitor ‘formation’: when the (instantaneous) stellar mass of the single M31 galaxy dominated that of any other progenitor. Fig. 6 shows the ratios of the second- and third-most massive progenitors relative to the MMP, \( M_2/M_1 \) and \( M_3/M_1 \) (left and right panels respectively), as a function of redshift, for progenitors that contribute stars to \( d(z = 0) < 15 \) kpc. We show the median across all 12 hosts (solid purple), 6 isolated hosts (solid green), and 6 LG-like hosts (dashed salmon), as well as their respective 68 per cent and 95 per cent scatter within the dark and light vertical bars respectively.

We find the same qualitative trends in both panels, so we focus primarily on \( M_2/M_1 \). However, we note that the median \( M_3/M_1 \) ratios were rarely above 1:4 across the total sample, and transitioned below this near \( z \sim 4.2 \) (12.3 Gyr ago). The (higher) median for the isolated hosts never reached 1:2, and it transitioned below 1:4 later, around \( z \sim 3 \) (11.6 Gyr ago).

Focusing on the \( M_2/M_1 \) ratio (left), we again find that LG-like hosts formed earlier than isolated hosts. Using 1:3 as a fiducial mass ratio, the redshifts where the medians crossed below 1:3 were \( z = 4.6 \) (12.5 Gyr ago) and 2.3 (10.9 Gyr ago) for the LG-like and isolated hosts, respectively, which is consistent with values in the previous section for \( d(z = 0) < 15 \) kpc. If we examine all simulations, this transition occurred between the two at \( z = 3.3 \) (11.8 Gyr ago). Again, the MMP was \( \sim 1 \) per cent of its present \( M_{\text{star}} \) at these redshifts, meaning that the main progenitor formed/emerged as the dominant galaxy well before it formed most of its current mass. For context, the present ratio of \( M_{\text{star}} \) between the LMC and the MW is about 1:30 (\( \sim 0.033 \)) and for M33 and M31 it is roughly 1:20, or \( \sim 0.047 \) (see compilation in Garrison-Kimmel et al. 2019a).

While we focus on the median trends, we again emphasize the significant scatter in formation histories. We also checked our results using selection of both \( d(z = 0) < 300 \) and \( < 2 \) kpc and saw little change, because the MMP contributes stars throughout the host galaxy at \( z = 0 \).

3.5 When did the main progenitor form?

Finally, we present the redshifts corresponding to our definitions of progenitor formation regarding the two metrics in Sections 3.3 and 3.4: the cumulative in-situ star formation fraction and the \( M_2/M_1 \) (instantaneous) \( M_{\text{star}} \) ratio. For the in-situ fractions, we use 0.5 as our fiducial threshold to determine when the progenitor formed. Regarding the mass ratio, we choose 1:3 to define formation; this metric does not depend on host-centric distance selection. Fig. 7 shows the total median, as well as the medians of isolated and LG-like hosts separately, with the 68 per cent and 95 per cent scatter in the dark and light vertical bars respectively.

Considering main progenitor formation based on in-situ star formation at \( d(z = 0) < 15 \) kpc, the median formation for all 12 hosts, isolated hosts, and LG-like hosts occurred at \( z = 3.5 \) (12.0 Gyr ago), 2.7 (11.3 Gyr ago), and 4.9 (12.5 Gyr ago) respectively, but the scatters cover a wide range of \( z \sim 1.7 - 6 \) (9.9 - 12.8 Gyr ago). For \( d(z = 0) < 2 \) kpc, because the median for LG-like hosts never extended below 0.5 at \( z < 6 \), we set their formation redshift to be \( z = 6 \) as a lower limit, making the total, isolated, and LG-like host medians \( z = 5.1 \) (12.6 Gyr ago), 3.9 (12.2 Gyr ago), and 6 (12.8 Gyr ago), with similar redshift scatter. LG-like hosts had earlier formation times, and we see the same trend of earlier formation for smaller host-centric distance cuts.

If we instead examine main progenitor formation based on instantaneous stellar mass ratio, it reached 1:3 at \( z = 3.3 \) (11.8 Gyr ago), 2.3 (10.9 Gyr ago), and 4.6 (12.5 Gyr ago) for the total sample, isolated hosts, and LG-like hosts, respectively, with scatter of \( z \sim 1.2 - 5.8 \) (8.6 - 12.8 Gyr ago).

Again, LG-like hosts formed earlier, we find similar median formation times compared with in-situ based formation.

4 SUMMARY AND DISCUSSION

4.1 Summary

Using a suite of 12 FIRE-2 cosmological zoom-in simulations of MW/M31-mass galaxies, we explored their formation histories, to understand when a single main progenitor formed/emerged and quantify the hierarchical build-up from a progenitor population. We defined main progenitor formation in two ways: (1) when the growth of the MMP transitions from mostly ex-situ to in-situ star formation, and (2) mass dominance (3:1 ratio or closer) of the MMP compared to other progenitors. The questions that we posed in the introduction and our corresponding answers are:

a) What were the building blocks (progenitor galaxies) of MW/M31-mass galaxies, and how many were there across cosmic time?

i) About 100 progenitor galaxies with \( M_{\text{star}} \geq 10^8 M_{\odot} \), \( \sim 10 \) with \( M_{\text{star}} \geq 10^7 M_{\odot} \), and \( \sim 1 \) with \( M_{\text{star}} \geq 10^6 M_{\odot} \) formed a typical MW/M31-mass system. Thus, there were \( \sim 5 \) times as many dwarf-galaxy progenitors with \( M_{\text{star}} > 10^5 M_{\odot} \) at \( z \sim 4 - 6 \) (12.2 - 12.8 Gyr ago) than survive to \( z = 0 \) (Fig. 3).

ii) The slope of the progenitor galaxy mass function was steeper with increasing redshift, which qualitatively agrees with observational and simulation results regarding the overall galaxy population (Fig. 3).

iii) At all redshifts, the ex-situ stellar mass of the accreted population was dominated by the few most massive progenitors, and the ex-situ fraction monotonically increased with redshift (Fig. 4).

b) When did the main progenitor of a MW/M31-mass galaxy form/merge?

i) Across all 12 hosts, a single main progenitor typically formed/emerged around \( z \approx 3.3 - 3.5 \) (11.8 - 12.0 Gyr ago) (Figures 5, 6, 7).

ii) Stars in the inner bulge region formed in a single main progenitor earlier, typically at \( z \approx 5.2 \) (12.6 Gyr ago) across all 12 hosts (Fig. 5).
Figure 6. For all progenitor galaxies that contribute stars to host-centric $d(z = 0) < 15$ kpc, the ratio of the stellar mass of the second ($M_2$, left) or third ($M_3$, right) most massive galaxy to that of the most massive progenitor (MMP, $M_1$) versus redshift. We show the (smoothed) median across all 12 hosts (solid purple), isolated hosts (solid green), and LG-like hosts (dashed salmon), with the 68 per cent scatter across all hosts in the shaded regions. The horizontal dotted lines show 1:2, 1:3, and 1:4 mass ratios for reference. When each system crosses below these values, the MMP ($M_1$) increasingly becomes the dominant galaxy across all progenitors. Across all 12 hosts, this transition occurred at $z = 4.6$ (12.5 Gyr ago), $z = 3.3$ (11.8 Gyr ago) and $z = 2.9$ (11.5 Gyr ago) for a 1:2, 1:3, and 1:4 ratio in $M_2/M_1$. $M_3$ is rarely within a factor of 2 of $M_1$, and $M_3/M_1$ drops below 1:4 at $z = 4.2$ (12.3 Gyr ago). Again, the MMP of LG-like hosts becomes dominant earlier than for isolated hosts: $M_2/M_1$ for LG-like hosts crossed below 1:2, 1:3, and 1:4 at $z = 6$ (12.8 Gyr ago), $z = 4.6$ (12.5 Gyr ago), and $z = 3.9$ (12.2 Gyr ago), while for isolated hosts these transitions occurred at $z = 3.3$ (11.8 Gyr ago), $z = 2.3$ (10.9 Gyr ago), and $z = 1.9$ (10.2 Gyr ago).

Figure 7. Summary of the ‘formation’ redshifts (left axis) or lookback times (right axis) of the main progenitors of our simulated MW/M31-mass galaxies. The left half shows formation defined when the cumulative fraction of stars that formed in-situ exceeds 0.5 (see Section 3.3), selecting stars at two host-centric distances at $z = 0$, corresponding to the galaxy + inner stellar halo, $d(z = 0) < 15$ kpc (blue points), and the inner bulge region, $d(z = 0) < 2$ kpc (red points). The right half shows formation defined when the most massive progenitor exceeds a 3:1 stellar mass ratio with respect to the second most massive progenitor (see Section 3.4). Points show the median across the sample and vertical bars show the 68 per cent (darker) and 95 per cent (lighter) scatters, using all 12 hosts (circles), only 6 isolated hosts (squares), and only 6 LG-like hosts (diamonds). For the LG-like hosts at $d(z = 0) < 2$ kpc, we show the in-situ formation redshift at $z = 6$ (12.8 Gyr ago) as a lower limit. Considering the entire host galaxy, the main progenitor formation times are similar for in-situ and 3:1 mass-ratio metrics, being $z ∼ 3.4$ (11.9 Gyr ago) for the full sample, though significantly later at $z ∼ 2.5$ (11.1 Gyr ago) for isolated hosts and earlier at $z ∼ 4.7$ (12.5 Gyr ago) for the LG-like paired hosts, with significant scatter across different hosts.
evolves from $\alpha$-licity/mass function steepens with redshift (e.g. Bouwens et al. indicate that the slope of the faint end of the galaxy luminosity/mass function is of per cent; Weisz & Boylan-Kolchin 2017). Thus, the evolution of the slope of the faint end of the UV luminosity mass function steepens with redshift 

\[ \alpha \sim \frac{-1.64}{5} \text{ at } z \sim 4 \text{ to } \alpha \sim \frac{-2.02}{8} \text{ at } z \sim 8. \]

Ma et al. (2018) show that in FIRE-2 simulations of larger galaxy populations, the slope of the low-mass end of the stellar mass function decreases from $\alpha \sim -1.8$ at $z = 6$ to $\alpha \sim -2.13$ at $z = 12$. Graus et al. (2016) summarized several observational works and applied abundance matching to the DMO ELVIS simulations in order to calculate galaxy stellar mass and luminosity functions, finding a slight steepening of faint-end slope from $z = 2$ to $z = 5$.

It is not a priori obvious that the mass function of the progenitors of MW/M31-mass galaxies, which represent a biased region of all galaxies, reflect the overall galaxy population at a given redshift. This is an important question, because the faintest galaxies at $z \sim 7$ will be too faint even for direct JWST observations. Recent works have proposed using resolved stellar populations and SFHs of dwarf galaxies in the LG to infer the faint-end slope of the UV luminosity function at high redshifts, which already provides evidence for a break/rollover in the faint-end slope of the UV luminosity function at $z \sim 7$, given the number of ultra-faint dwarf (UFD) galaxies in the LG (Boylan-Kolchin et al. 2014, 2015; Weisz & Boylan-Kolchin 2017). On the one hand, our results in Fig. 3 (right) show that the progenitors of MW/M31-mass systems do show a similar steeping of mass-function slope to higher redshifts, which is at least qualitatively consistent with the overall galaxy population. However, our results also show that a significant fraction ($\sim 80$ per cent) of these progenitor dwarf galaxies have disrupted into the MW, which means that any inference from the LG population today is missing such progenitors in the early Universe. Thus, our results suggest that this ‘near-far’ approach remains promising, but more work is needed to explore quantitatively how representative the proto-LG environments were at high redshifts, which we plan to pursue in future work.

Wide-field surveys currently are measuring elemental abundances, ages, and phase-space distributions for millions of stars throughout all components of the MW, and their sampling rate is expected to continue to increase in the coming decade. A principle aim of these surveys is to reconstruct the formation history of the MW. Our analysis shows that MW/M31-like galaxies were assembled from $\sim 100$ distinct dwarf galaxies with $M_{\text{star}} \geq 10^5 M_\odot$, a majority of which merged by $z \sim 2$ (Fig. 3). Each of these dwarf galaxies had a unique orbit, and some likely had distinct elemental abundance patterns. In principle, it may be possible to identify members of many distinct progenitors by identifying them as clumps in a high-dimensional chemo-dynamic space (e.g. Ting et al. 2015), even in the Solar neighborhood (e.g. see recent work by Necib et al. 2019). Achieving this in practice is challenging because progenitors that merged prior to $z \sim 3$ are likely thoroughly phase-mixed by $z = 0$ (see El-Badry et al. 2018b). Such phase-mixing of the earliest-accreted progenitor occurs naturally during merging, and is likely exacerbated by stellar feedback-driven oscillations of the gravitational potential at early times (e.g. El-Badry et al. 2016).

On the other hand, progenitors accreted later ($z \lesssim 2$) – particularly the most massive ones – likely still can be identified. Indeed, there is already compelling evidence that much of the MW’s inner stellar halo was formed by a single massive progenitor, whose stars remain dynamically coherent and chemically distinguishable (e.g. Helmi et al. 2018; Belokurov et al. 2018). This fact is not surprising in the context of our simulations: because the progenitor mass functions of MW/M31-mass galaxies are relatively shallow (Fig. 3), our
simulations generically predict that for any given formation redshift, most of the mass in the stellar halo was contributed by the few most massive progenitors (Fig. 4). We finally note that this has also been seen in MW/M31-mass galaxies from the Illustris simulations (e.g. D’Souza & Bell 2018).

Populations of stars that are both old and metal-poor tend to be more centrally concentrated despite the fact that the individual fractions of old or metal-poor stars increases with radius from the galactic center (Starkenburg et al. 2017a; El-Badry et al. 2018b). But, because of continued star formation, central regions tend to get crowded over time and the fraction of old/metal-poor stars to the total stellar population becomes vanishingly small. Current stellar surveys (e.g. RAVE, GALAH, APOGEE) thus have a better chance of detecting these stars outside of the solar circle (> 8 kpc) and have already found a large number with [Fe/H] < -2. Despite this fact, APOGEE has observed ~ 5100 stars near the Galactic bulge and have found a subset of these stars believed to be both old, but more metal-rich ([Fe/H] ~ -1, Schiavon et al. (2017)). For future work, both within the MW and beyond, LSST also will be capable of finding RR Lyrae stars, which tend to be old (> 10 Gyr), within the LG volume (Olssey et al. 2012).

The formation times that we obtain for the entire galaxy (inner stellar halo + disk) are in line with those reported for the halo and thick disk in Gallart et al. (2019) (z ∼ 2–4.2, ∼ 10.5–12.3 Gyr ago). By analyzing the difference in elemental abundances, they determined that the merger between Gaia-Enceladus/Sausage and the MW progenitor was about a 1:4 ratio, and took place roughly 10 Gyr ago, agreeing with previous work (e.g. Helmi et al. 2018; Belokurov et al. 2018; Nogueras-Lara et al. 2019), which would correspond to when the main galaxy was ∼ 10 per cent of its total stellar mass, or ∼ 30 per cent of its total halo mass. Interestingly, around 10 Gyr the M2/M1 ratios in the simulations are more pronounced, at a 1:10 ratio for the total sample, but closer for the isolated hosts, ∼ 1:4. Given that the work in Gallart et al. (2019) was done for a LG-like host (the MW itself), assuming Gaia-Enceladus/Sausage was the second most massive component in the system at that time, our results suggest the ratio should be closer to 1:10 or 1:20. At these times, the thick disk was already in place, so this accretion event could have dynamically heated some of these stars into the halo, as well as provide a fresh reservoir of gas for further star formation.

Nogueras-Lara et al. (2019) estimated that the nuclear disk, embedded within the bulge, must have formed over 80 per cent of its stars more than 5 Gyr ago. They also claim that no significant merger > 5 : 1 occurred in the MW within the last ~ 10 Gyr. Using CMDs of bulge stars to construct SFHs, other studies place the isolated hosts, z ∼ 1.4. Given that the work in Gallart et al. (2019) was done for a LG-like host (the MW itself), assuming Gaia-Enceladus/Sausage was the second most massive component in the system at that time, our results suggest the ratio should be closer to 1:10 or 1:20. At these times, the thick disk was already in place, so this accretion event could have dynamically heated some of these stars into the halo, as well as provide a fresh reservoir of gas for further star formation.

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Kruĳssen et al. (2019) inferred the MW’s assembly history by combining the E-MOSAICS simulation suite, which models globular star cluster formation and evolution in MW/M31-mass galaxies, with the population of observed globular clusters around the MW. They estimate that the MW formed 50 per cent of its M200M(z = 0) around z ∼ 1.5 (9.4 Gyr ago) comparable to both our results and that of Garrison-Kimmel et al. (2014). They also suggest that the main progenitor of the MW must have formed half of its stellar mass by z ∼ 1.2 (8.6 Gyr ago) and that half of the stellar mass in the main galaxy at z = 0 formed across all progenitors by z ∼ 1.8 (10.1 Gyr ago). By selecting globular cluster populations and inferring their evolution through age-metallicity space, Kruĳssen et al. (2019) also estimated how many mergers of various masses occurred in the MW. They argue for ~ 15 significant mergers throughout the MW’s history, with a majority of them (~ 9) happening before z = 2. Although we do not explicitly follow the halo merger tree in our analysis, we see rough consistency in that there were many more progenitor galaxies at high redshift, for all distance selections that we probe.

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APPENDIX A: DOES THE MASS GROWTH OF THE DARK-MATTER HALO DEPEND ON ENVIRONMENT?

In this Appendix, we seek to understand more deeply why the most massive progenitor (MMP) of a LG-like host experiences more rapid stellar mass growth (Fig. 2) and earlier ‘formation’ of a main progenitor (Fig. 5) than isolated hosts. Specifically, we investigate whether the mass growth of the DM halo reflects these trends as well. We proceed as with Fig. 2, but instead we measure the DM halo mass of the MMP galaxy. For most progenitors, the highest-mass galaxy resides in the highest-mass halo. However, because of scatter in stellar versus halo mass growth, especially at early times when there was no clear main progenitor, the MMP galaxy might not reside in the MMP halo. In these cases, we select the halo with the highest DM halo mass as the MMP, but we find nearly identical results if instead we show the DM halo mass of the most massive galaxy.

As Fig. A1 shows, we find qualitatively similar results for halo mass growth as for stellar mass growth: LG-like hosts grow in mass more rapidly than isolated hosts. Specifically, across all 12 hosts, the MMP halo reached 10 per cent of its final mass by $z \sim 3$ (11.8 Gyr ago), but isolated hosts reached this later at $z \sim 3$ (11.6 Gyr ago) and LG-like hosts reached it earlier at $z \sim 4$ (12.2 Gyr ago), with $\Delta z \sim 1$ and $\Delta t \sim 0.6$ Gyr. At later times ($z \lesssim 2$), we find some enhanced growth for LG-like hosts, but the mass growth histories are more similar, so this environmental effect is weaker for later-term halo growth. These median redshifts are all earlier than those for stellar mass in Fig. 2, given that central gravitational potential of a DM halo establishes itself earlier than galaxy that it hosts.

We thus conclude that these differences in halo mass growth likely cause (at least to first order) the differences in stellar mass growth and satellite populations, especially because these environmental differences persist back to the initial collapse of these halos at $z \gtrsim 7$. This is perhaps not surprising, given that halos in LG-like environments formed in denser regions that should collapse earlier than isolated halos (Gallart et al. 2015).

Using a larger sample of 24 paired and 24 isolated host halos in the ELVIS DMO suite of simulations, Garrison-Kimmel et al. (2014) did not find major differences in the median formation times of LG-like halos compared with isolated halos. Similarly, a study by Forero-Romero et al. (2011) using DMO simulations from both the Constrained Local Universe Simulations (CLUES) project and Bolshoi (Riebe et al. 2013), did not see differences in the formation times of isolated versus LG-like hosts. However, both of these works measured halo ‘formation’ based on the redshift when a halo formed 50 per cent of its final mass at $z = 0$. Garrison-Kimmel et al. (2014) found that both isolated and LG-like hosts had $\Delta z_{\rm form} \sim 1.1$, and we find nearly identical results for our baryonic simulations. The key difference in Fig. A1 is the early formation history of the DM halo, which appears to affect the stellar mass growth to even lower redshifts, as evidenced in Fig. 2, where stellar mass growth histories of LG-like versus isolated hosts diverge at $z > 0$.

As mentioned in Section 2.1, the simulations assume flat ΛCDM cosmology, and the 6 cosmological parameters span a range of values that are consistent with Planck Collaboration et al. (2018). However, not all simulations used the same cosmology, and one may wonder if this affects their formation times. The Latte suite (excluding m12w) used $\Omega_m = 0.272$, $\Omega_b = 0.0455$, $\sigma_8 = 0.807$, $n_s = 0.961$, $h = 0.702$. Thelma & Louise and Romulus & Remus both used the same cosmology as in the original ELVIS DMO suite: $\Omega_m = 0.266$, $\Omega_b = 0.0449$, $\sigma_8 = 0.801$, $n_s = 0.963$, $h = 0.71$. The Romeo & Juliet and m12w both used $\Omega_m = 0.31$, $\Omega_b = 0.048$, $\sigma_8 = 0.82$, $n_s = 0.97$, $h = 0.68$. However, these differences do not appear to correlate strongly with halo formation time. The Latte suite, Thelma & Louise, and Romulus & Remus adopt the
most similar cosmologies. The most distinct cosmology, for Romeo & Juliet and m12w, includes both LG-like hosts and an isolated host, and although Romeo & Juliet did form the earliest (along with Romulus, with $z \sim 6$ for Romeo, $z \sim 5.3$ for Juliet and Romulus), m12w has a relatively late formation time ($z \sim 2.7$). Furthermore, Thelma & Louise span almost the entire range, with Thelma being the latest forming of all hosts and Louise being one of the earliest. Thus we conclude that environment, and not slight differences in cosmology, is the primary cause of the difference in halo/galaxy formation history.

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