Bioaccumulation of heavy metals in fish species from the Meiliang Bay, Taihu Lake, China

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ABSTRACT

In the present study, the bioaccumulation of heavy metals (Cr, Cu, Cd, Pb) content were determined in freshwater edible fishes Cyprinus carpio Linnaeus and Pelteobagrus fluviatilis, which were caught from the Meiliang Bay, Taihu Lake, a large, shallow and eutrophic lake of China. The results showed that the Cr, Cu, Cd and Pb content in the edible parts of the two fish species were much lower than Chinese Food Health Criterion (1994). However, the results showed marked differences in the four analyzed metal content between the two species and different tissues as well as significant variations. Pb content were the highest in the liver of fishes, Cd contents were almost the same in all organs of fishes, Cr contents mainly enriched in the kidney and liver, Cu contents were the highest in gills. However, the total metal bioaccumulation were greatest in the liver, gills and the lowest in the muscle. Although the total accumulations were highest in P. fluviatilis compare then C. carpio. This investigation indicated that fish products in Meiliang Bay, Taihu Lake were still safe for human consumption, but the amount consumed should be controlled under the Chinese Food Health Criterion to avoid excessive intake of Pb. Further, this is the first report on seasonal distribution of heavy metals and proximate compositions of commercialized important edible fishes from Meiliang Bay, Taihu Lake, China.

1. Introduction

In the recent years, world consumption of fish has increased simultaneously with the growing concern of their nutritional and therapeutic benefits. In addition to its important source of protein, fish typically have rich contents of essential minerals, vitamins and unsaturated fatty acids Mederos et al., 2012. The American Heart Association recommended eating fish at least twice per weak in order to reach the daily intake of omega-3 fatty acids [1].

Two main ways by which heavy metals enter the aquatic food chain are by direct consumption of water and food through the digestive tract and non-dietary routes across permeable membranes such as the muscle and gills [2]. Therefore levels in fish usually reflect levels found in sediment and water of the particular aquatic environment from which they are sourced [3]; and time of exposure [4]. Fish have the ability to accumulate heavy metals in their tissues by absorption along gill surface and kidney, liver and gut tract wall to higher levels than environmental concentration [4]. Accumulation of heavy metals by organisms may be passive or selective; and differences in accumulation of heavy metals by organisms could be as a result of differences in assimilation, egestion or both [5]. Non-essential heavy metals such as Cadmium (Cd), Mercury (Hg) and Lead (Pb) have no known essential role in living organisms; exhibit extreme toxicity even at very low (metal) exposure levels and have been regarded as the main threats to all forms of life especially human health [6,7]. Toxic effects occur when excretory, metabolic, storage and detoxification mechanisms are no longer able to counter uptake [8] eventually resulting in physiological and histopathological changes [9,10]. These changes can also be altered by water physico-chemistry [4]. Entry of heavy metals into the organs of a fish mainly takes place by adsorption and absorption; the rate of accumulation is a function of uptake and depuration rates [4]. Non-essential metals, aside from being toxic and persistent, are bioaccumulated and internally regulated using different strategies such as active excretion and storage [12]. Significant variations in the levels of non-essential heavy metals have been reported between organs and species of fish inhabiting the same freshwater body: Lake Balaton, Hungary [13]; Iskenderun Bay, Turkey [14]; Three Gorges Reservoir, China [15]. Elevated levels of toxic heavy metals have been reported from areas experiencing increasing settlement, traffic and agricultural activities [5,4]. The levels of non-essential trace elements in fish are important because fish is an important source of food for the general human population; fish from freshwater bodies receiving industrial effluents have been reported to be unfit for human consumption because of high tissue levels of some heavy metals [16,17,8,18,19].
order to protect aquatic biota, it is necessary to determine contamination levels of trace elements through chemical biomonitoring and evaluation of biomarkers that represent early indicators of biological effects [4]. Certain fish species maybe better bioindicators of specific heavy metal contamination compared to others [20,21].

The concentrations of heavy metals in fish have been extensively studied over the past several decades. Research has shown that extent of accumulation of heavy metals in fish is dependent on the metal types, fish species, and the tissues respectively [22,23]. Water chemistry [24] directly affects the accumulation of heavy metal in fish. Sediment is also know to an important factor heavy metal accumulation in fish, as it is considered as the major source of contaminants for bottom dwelling and bottom feeding aquatic organisms [25], which in turn represents the concentrated source of metals in the diet of fish.

Fish is an important part of the human diet because of its high nutritional quality [26]. However, nonessential trace elements in the edible tissues of fish have been detected due to bioaccumulation in organism and the highly persistent and non-biodegradable properties [27,28]. However, fish are relatively situated at the top of the aquatic food chain; therefore, they normally can accumulate heavy metals from food, water and sediments [29,30]. The content of toxic heavy metals in fish can counteract their beneficial effects; several adverse effects of heavy metals to human health have been known for long time [31]. This may include serious threats like renal failure, liver damage, cardiovascular diseases and even death [32,33]. Therefore, many international monitoring programs have been established in order to assess the quality of fish for human consumption and to monitor the health of the aquatic ecosystem [34]. According to the literatures, metal bioaccumulation by fish and subsequent distribution in organs is greatly inter-specific. In addition, many factors can influence metal uptake like sex, age, size, reproductive cycle, swimming patterns, feeding behavior and living environment (i.e., geographical location) [35,14,36]. Hence, fishes are considered as one of the best indicator of heavy metal contamination in coastal environment [36,37].

Taihu Lake is the third largest freshwater lake China, is located in the Yangtze delta plain on the border of the Jiangsu and Zhejiang provinces of eastern China. It plays an important role in flood control, water supply, and fisheries [38]. Rapid industrial and economic development has occurred around the lake since the 1980s. Yuan et al. [39] reported that Taihu Lake was moderately polluted by heavy metals based on their study of sediments whereas increased nutrient inputs related to population and economic growth have led to eutrophication. Most pollutants come from rivers discharging into Meiliang Bay and other parts of the Taihu Lake [40]. The northern and western parts of Taihu Lake are often covered by algae blooms in summer, autumn and even spring [41]. A lot of researches have been carried on the pollution of Taihu Lake and its catchment [42-49], but most of them considers the issue of sediment pollution. Zhong et al. [50] observed that denitrification in the sediment of Meiliang Bay, Taihu Lake. However, earlier studies in Taihu Lake recorded on the levels of contamination of heavy metal concentrations, especially chromium, copper and lead [51,50,52,53,49]. The average concentration of chromium in water samples during summer was 0.35 μg/L and in winter was 2.84 μg/L. Copper concentration in water samples was 0.71 μg/L in both the seasonal periods. The average concentration of lead in sediments during summer was 0.58 μg/g and in winter it was 8.53 μg/g. Since, the study area is being considered as an important source for fishery, the presence of toxic heavy metals in water and sediments would be the primary source for the biomagnifications of metals in fish, invertebrates and other aquatic plants animals and cause ill effects to those who consume the contaminated fish [52,54]. The primary goal of this study was to determine the bioaccumulation and seasonal variation of four heavy metals, including Cr, Cd, Cu and Pb in the fish species C. carpio Linnaeus and P. fluviatilis collected from Meiliang Bay, Lake Taihu. We choose Meiliang Bay as research object, this could help us understand enrichment behavior of heavy metals in shallow lake ecosystems and emphasize the need to discard the most polluted tissues of the fish.
2.0 m and an area of 2388 km² [55,56]. The drainage basin of the lake River. It is 68.5 km long and 56 km wide, with an average depth of third largest freshwater lake in China and located between 30° 05′–121° 55′ E, downstream of the Yangtze River. It is 68.5 km long and 56 km wide, with an average depth of 2.0 m and an area of 2388 km² [55,56]. The drainage basin of the lake is about 36500 km², and more than 200 brooks, canals and rivers are connected with the lake [57]. The industry and agriculture in the Taihu northern and western parts of Taihu Lake (Fig. 1). The Lake Taihu is the world famous tourist spot located in the west of Wuxi, attracts tourists part of the economy for the local coastal inhabitants, Xihui park, a own stress on the ecosystem. Inputs from the river mouth to the lake are not only from China but also from different parts of the globe adds its own stress on the ecosystem. Inputs from the river mouth to the lake are the routes of urban waste to this coastal environment.

2.2. Field sampling

We conducted ten samples of each fish (C. carpio and P. fluvidraco) the size of fish we selected was 17–21 cm for all species were collected at each sampling sites during two seasons summer (June) and winter (December) by professional fishermen using a multifilament, nylon gill net and trawl from inside the Meiliang Bay, Taihu Lake during 2016, according to the National field Manual for the Specification for Freshwater Monitoring in China. Samples were washed with clean water at the point of collection, separated by species, placed on ice, brought to the laboratory on the same day and then frozen at −20 °C until dissection.

2.3. Biota

Frozen fish samples were thawed at room temperature and dissected using stainless steel scalpels. One gram of accurately weighed epaxial muscle on the dorsal surface of the fish, the entire liver, kidney and intestine and two gill racers from each sample were dissected for analysis. Dissected samples were transferred to Teflon beaker were performed in an acid digestion to prepare the sample for heavy metal analysis (Kenstar closed vessel microwave were digested with 5 mL of nitric acid (65%) and after complete digestion the samples were cooled to room temperature and diluted to 25 mL with double distilled water. All the digested samples were analyzed three times for metals such as Cd, Cr, Cu and Pb using Atomic Absorption Spectrophotometer (AAS ZEEnit-700P) and the instrument was calibrated with standard solutions prepared from commercially available chemicals Merck, Germany [59].

2.4. Statistical analysis

In the present study, Correlation analysis data were generated separately for two fish species (C. carpio and P. fluvidraco). The correlation of this different elements are calculated using the different values (p < 0.05) for different tissues for two fish samples. All the statistical analysis has done using SPSS software (version 20).

3. Result and discussion

Escalating human populations and economic development have significantly contributed to the current worldwide deterioration in water quality, including seasonal accumulation of heavy metals such as Cu, Cr, Cd and Pb from Meiliang Bay, Taihu Lake [60,61,49]. Essential metals and non-essential metals have been demonstrated to accumulate along the trophic chain in freshwater ecosystems [45,62]. Non-essential metals are not known to play any metabolic function although, as a consequence to their bioaccumulation in fish, these metals can be toxic for humans, even at very low concentrations [63]. The heavy metals concentration in fish is important both with respect to nature management and human consumption. The present study documents bioaccumulation heavy metals in two fish species from Meiliang Bay, Lake Taihu. However, the concentrations may be raised in coastal ecosystems due to the release of industrial waste agricultural and mining activities. As a results, aquatic organisms were exposed to elevated levels of heavy metals Kalay and Canil, 1999; [64]. The aquatic organisms exposed to heavy metals from the run-off water tend to accumulated it in their body but fishes are more commonly affected than other species [65,66]. Copper are recognized as essential elements, required by a wide variety of enzymes and other cell components having vital functions in all living things. But excessive Cu intake will damage human health. Excessive Cu intake will cause poisoning, nausea, acute stomach pains, diarrhea and fever, etc. The National Research Council has listed the estimated safe and adequate daily intake of Cu for adults as 1.5–3.0 mg [51]. The mean concentration of Cu in the tissue samples of fishes were varied between 0.037–0.316 mg/kg in summer and 0.017–0.144 mg/kg in winter season respectively. The mean Cu concentration present in this study was exceeded several folds than the available literature [67] but not exceeding the permissible level recommended by WHO, FAO (Table 3) for human consumption. The highest concentration of Cu was recorded in kidney of P. fluvidraco and lowest was found in muscle of C. 

| Table 1 |
| Contents (μg/g) of heavy metals in different organs of fish during summer and winter seasons. |
| Summer | Winter |
| Cd | Cu | Cr | Pb | Cd | Cu | Cr | Pb |
|**C. carpio** | | | | | | | | |
|Muscle|0.042 ± 0.001|0.037 ± 0.002|0.083 ± 0.001|0.087 ± 0.003|0.023 ± 0.001|0.097 ± 0.002|0.092 ± 0.001|0.066 ± 0.003|
|Liver|0.031 ± 0.004|0.06 ± 0.001|0.037 ± 0.001|0.067 ± 0.002|0.023 ± 0.004|0.028 ± 0.001|0.046 ± 0.001|0.042 ± 0.002|
|Kidney|0.24 ± 0.016|0.076 ± 0.00|0.042 ± 0.001|0.4 ± 0.023|0.22 ± 0.016|0.51 ± 0.001|0.033 ± 0.001|0.23 ± 0.023|
|Intestine|0.035 ± 0.002|0.078 ± 0.015|0.085 ± 0.002|0.048 ± 0.007|0.026 ± 0.001|0.058 ± 0.015|0.028 ± 0.002|0.028 ± 0.003|

| P. fluvidraco | | | | | | | | |
|Muscle|0.028 ± 0.001|0.034 ± 0.001|0.048 ± 0.001|0.052 ± 0.002|0.023 ± 0.00|0.036 ± 0.005|0.032 ± 0.002|0.036 ± 0.032|
|Liver|0.022 ± 0.001|0.028 ± 0.002|0.168 ± 0.002|0.162 ± 0.021|0.012 ± 0.001|0.017 ± 0.004|0.157 ± 0.026|0.138 ± 0.005|
|Kidney|0.053 ± 0.016|0.09 ± 0.001|0.253 ± 0.002|0.76 ± 0.056|0.023 ± 0.003|0.06 ± 0.001|0.212 ± 0.028|0.21 ± 0.023|
|Intestine|0.06 ± 0.012|0.01 ± 0.015|0.133 ± 0.002|0.483 ± 0.037|0.05 ± 0.012|0.03 ± 0.019|0.113 ± 0.012|0.323 ± 0.037|

Data are presented as the mean (average of ten samples) value ± SD in wet weight.
The highest concentration of Cu is mainly due to increased boating activities, recurrent usage of antifouling paint, oil dropping from boats and commercial fishing activity in the study area. Cu showed a wide array of essential roles in haemoglobin biosynthesis [68] and also it causes adverse effects of liver and kidney damage [69]. Concentration of Cu found in various literatures are as follows: Bighead carp (2.06 ppm), Mandarin fish (0.79 ppm) from Pearl River Delta (PRD), China [70] and Puffer fishes Takifugu oblongus, Lagocephalus guentheri, Arothron hispidus, Chelonodon patoca and Arothron immaculatus collected from Mandapam fish landing center, South east coast of India [71].

Pb is a nonessential element for living organisms and also it possesses various adverse effects such as neuro and nephro toxicity, rapid behavioral malfunction, and decreases in growth, metabolism, and survival rate, alteration of social behavior in some mammals Garcia-Leston et al. [72]. Rashed [37] found that elevated Pb level in fishes obtained from freshwater ecosystem affected by extended agriculture, poultry forms, textile, industrial and other activities. However, the sediments could be the major sources of Pb contamination and the bottom feeders may directly affect this deposited element in consequence to their feeding habitat Sarkar et al., 2016. From the literature survey of [73] Pb is a neurotoxin that causes behavioral deficits in vertebrates, decreases in survival and growth rates, causes learning disabilities, and it may use as a biomarker of recent lead contaminant on polluted environment and it cause longer chronic effects in children. The World Health Organization has recommended that dietary Pb should not exceed 0.3 μg/g (wet weight basis), and with a recommended limit of 450 μg of Pb per day for adults. Cd is not an essential element, and the World Health Organization/Food and Agricultural Organization (WHO/FAO) has determined a maximum tolerable daily intake of

![Fig. 2. Concentrations of toxic metals (Cd, Cu, Cr and Pb) in different tissues of Cyprinus carpio and Pelteobagrus fluvidraco during summer and winter seasons. Hypothesis testing method including one-way analysis of variance (ANOVA) followed by least different (LSD). Values are statistically significant at p < .05. Values that do not share the same superscript letter (a-d) are significantly different.](image-url)
The metals Cr, Cu, Cd and Pb exceeded the maximum limit recommended by international agencies because of uncontrollable anthropogenic activities that take place in the study area. There are numerous literatures reported that the sediment and water from Meiliang Bay, Taihu Lake has elevated level of heavy metals in comparison with other organs (liver, kidney, gill and intestine) of both P. fluviatilis and C. carpio. The metals Cr, Cu, Cd and Pb bioaccumulation was lower in the muscle tissues compared to other organs (liver, kidney, gill and intestine) of P. fluviatilis and C. carpio.

55 μg/(person d). The estimated safe and adequate daily dietary intake of Cr is set at 50–200 μg/d [51].

The metals Cr, Cu, Cd and Pb exceeded the maximum limit recommended by international agencies because of uncontrollable anthropogenic activities that take place in the study area. There are numerous literatures reported that the sediment and water from Meiliang Bay, Taihu Lake has elevated level of heavy metals when compared to permissible limit [74,49]. Developmental activities along the Meiliang Bay study area are the prime source for elevated level of heavy metals in the environment because of large scale industries, thermal power plants, chemical and metal industries. The increased metal bioaccumulation (Cu, Cr, Cd and Pb) in the different tissues of two fish species Cyprinus carpio and Acanthobrama marmid species [77–79,53,49]. Chromium is an essential heavy metal because metal amounts of trivalent Cr (III) plays an essential role of Cu and Cr may have toxic effects on humans. Lead is a nonenvironmental contaminant that can cause serious damage to human health. It competes with calcium (Ca2+) at enzymatic locations in organisms. The results of the present study, the level of the Cd, Cr, Cu and Pb bioaccumulation in the kidney, liver, gill and intestine of C. carpio and P. fluviatilis was determined during summer and winter seasons and summarized in Table 1.

Table 1
| Metal | Liver (n = 20) (p < .05) | Kidney (n = 20) (p < .05) | Intestine (n = 20) (p < .05) |
|-------|-------------------------|--------------------------|-----------------------------|
| Cd    |                         |                          |                             |
| Cr    |                         |                          |                             |
| Cu    |                         |                          |                             |
| Pb    |                         |                          |                             |

**Correlation between Contents in tissues of two fish heavy metals from Taihu Lake, China.**

Table 2

|         | Cd     | Cr | Cu | Pb |
|---------|--------|----|----|----|
| Muscle  |        |    |    |    |
| Cd      | 1.00   |    |    |    |
| Cr      | 0.17   | 1.00|    |    |
| Cu      | -0.07**| 0.78| 1.00|    |
| Pb      | -0.04**| 0.51| 0.62| 1.00|
| Gill    |        |    |    |    |
| Cd      | 1.00   |    |    |    |
| Cr      | -0.11**| 1.00|    |    |
| Cu      | -0.11**| 0.95| 1.00|    |
| Pb      | -0.61**| 0.06| 0.23| 1.00|
| Liver   |        |    |    |    |
| Cd      | 1.00   |    |    |    |
| Cr      | 0.52   | 1.00|    |    |
| Cu      | 0.44   | 0.42| 1.00|    |
| Pb      | 0.99   | 0.56| 0.52| 1.00|
| Kidney  |        |    |    |    |
| Cd      | 1.00   |    |    |    |
| Cr      | 0.87   | 1.00|    |    |
| Cu      | 0.62   | 0.65| 1.00|    |
| Pb      | 0.99   | 0.84| 0.61| 1.00|
| Intestine |       |    |    |    |
| Cd      | 1.00   |    |    |    |
| Cr      | 0.69   | 1.00|    |    |
| Cu      | 0.57   | 0.93| 1.00|    |
| Pb      | 0.96   | 0.52| 0.36| 1.00|

*p = .05; ns, not significant at significance level 0.05 (2-tailed).

The high concentration of metals in the gills of P. fluviatilis and C. carpio is due to the metals complexation with the mucus, which is difficult to be removed completely from the tissue before the analysis. The concentration of metals in the gill reflects the level of the metals in the waters where the fish live, whereas the concentration in kidney and liver represents storage of metals [90,91]. Thus, the gill in fish are more often recommended as environmental indicator organs of water pollution than any other fish organs [8,79]. Differences in the levels of heavy metal concentrations were observed between the P. fluviatilis and C. carpio indicating higher concentration of heavy metals in all tissues (except in the liver and kidney of C. carpio). In liver, higher concentrations of Pb were recorded in P. fluviatilis (0.76 μg/g) than in C. carpio (0.63 μg/g) respectively. The increased metal bioaccumulation (Cu, Cr, Cd and Pb) in the different tissues of two fishes significantly different for during summer and winter season and it is shown in Fig. 2, Table 1. The variation in the level of heavy metals among different species depends upon its feeding habit, age, size and length of the fish and their habitats [92,93]. The mean concentration of heavy metals levels in two fish samples found in our study were lower than the maximum permitted concentrations proposed by Chinese Food Health Criterion (1994).

The levels of heavy metal in fish also vary with respect to species and different aquatic environments [94]. Moreover, the affinity for metal absorption from contaminated water and food may differ in relation to ecological needs, metabolism and the contamination gradients of water, food and sediment, as well as other factors such as salinity, temperature and interacting agents [90]. The results of the present study suggest that the metal concentrations in the gill, liver, kidney, intestine and muscle of the studied species are higher than the international safety limits.
study illustrate the accumulation patterns of heavy metals in different tissue of \( P. \text{carpio} \) and \( P. \text{fluviadraco} \) in Taihu Lake. Person's correlation (PC) matrix for analyzed to compare the total heavy metals accumulation levels in two fish tissues results are presented in Table 2. The heavy metals in \( P. \text{fluviadraco} \) muscle, Cu and Pb concentrations were higher than those observed in \( P. \text{carpio} \). Cd, Cr and Cu concentrations were higher in gill and kidney of \( P. \text{fluviadraco} \) than the \( P. \text{carpio} \). A large number of studies have shown that the bioaccumulation of heavy metal in fish muscle is significantly correlated with fish species. The results observed in this study were in good agreement with the above consensus. Bioaccumulation was prone to be strongest in carnivorous species (\( P. \text{fluviadraco} \)), followed by omnivorous (\( P. \text{carpio} \)) species, and it tended to be stronger in bottom-living fish than that in pelagic fish.

In conclusion, significant differences were identified among muscle, gill, liver, kidney, and intestine of the fishes (\( P. \text{fluviadraco} \) and \( P. \text{carpio} \)) in view of the bioaccumulation of the selected heavy metals from Meiliang Bay, Taihu Lake. The concentration of metals like Cu, Cr, Cd and Pb were found to be higher during summer than the winter season. The seasonal variation of metals in the fish species might be due to physicochemical and biotic factors of the lake, which influences the bioavailability of metals. The heavy metals concentrations found in edible parts of two commonly available fish are not heavily burdened with metals. The concentrations are below the limited value prescribed by Chinese Food Health Criterion (1994) and also compared with other ecosystems shown in Table 3. However, high level of heavy metals was found in liver, kidney and gill and even though fish liver and gill are seldom consumed, it may represent good bio-monitor of metals present in the surrounding environment. The results of this study demonstrate that the remediation efforts to reduce metal contamination of Taihu Lake have reduced the bioaccumulation of heavy metals in fish species this lake and also the potential health hazards associated with their consumption.

Acknowledgments

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Table 3
Comparison of metal content in fish samples (µg/g) observed by different authors and other toxicology values.

| Sample          | Description          | Cu    | Cd   | Cr   | Pb   | Reference                          |
|-----------------|----------------------|-------|------|------|------|------------------------------------|
| 1               | Taihu Lake fish samples | Muscle | 0.21 | 0.12 | 0.34 | 0.61 | Present study                     |
|                 |                      | Gill  | 0.24 | 0.12 | 0.16 | 0.49 | Present study                     |
|                 |                      | Liver | 1.45 | 0.12 | 0.35 | 0.60 | Present study                     |
|                 |                      | Kidney | 0.36 | 0.15 | 0.07 | 0.52 | Present study                     |
|                 |                      | Intestine | 0.44 | 0.14 | 0.15 | 0.45 | Present study                     |
| 2               | Shahpura Lake, Bhopal | Muscle | –    | –    | 0.33 mg/kg | 6 mg/kg | [96] |
| 3               | Kolleru Lake, Kerala | Muscle | –    | 0.11 | 11   | 1.84 | [97] |
|                 |                      | Liver | –    | 0.22 | 19   | 2.98 | [97] |
|                 |                      | Gill   | –    | 0.37 | 30   | 3.77 | [97] |
| 4               | Pulicat Lake, India | Muscle | –    | 0.02 | 0.02 | 0.6  | [98] |
|                 |                      | Gill   | –    | 0.5  | 0.2  | 1.1  | Prabu Dass Batvari et al. (2008)  |
|                 |                      | Liver  | –    | 0.5  | 0.3  | 1.6  | Prabu Dass Batvari et al. (2008)  |
|                 |                      | Kidney | –    | –    | –    | –    | Prabu Dass Batvari et al. (2008)  |
|                 |                      | Intestine | –    | 0.4  | 0.2  | 0.9  | Prabu Dass Batvari et al. (2008)  |
| 5               | Dhanmondi Lake, Bangladesh | Muscle | –    | –    | –    | 2.08 | [99] |
| 6               | Bedirkale Tokat, Turkey | Total | –    | –    | 1.3  | 1.1  | [100] |
| 7               | Akin Tokat, Turkey | Total Kidney | –    | –    | 0.85 | 1.95 | [100] |
| 8               | Taihu Lake, China | (total 4 fish species) | 0.003–0.021 | ND-0.387 | 0.177–0.287 | Criterion |
| 9               | Taihu Lake, China | (total 8 fish species) | 0.01–0.07 | 0.06–0.18 | 0.08–0.43 | [95] |

* Food and Agriculture Organization of the United Nations (1983).
* World Health Organization (2006).
* European Union (2001, 2008).
* Federal Environmental Protection Agency (2003).
* Chinese Food Health Criterion (1994).
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