The impact of recombination energy on simulations of the common-envelope binary interaction

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ABSTRACT

During the common-envelope binary interaction, the expanding layers of the gaseous common envelope recombine and the resulting recombination energy has been suggested as a contributing factor to the ejection of the envelope. In this paper, we perform a comparative study between simulations with and without the inclusion of recombination energy. We use two distinct setups, comprising a 0.88- and 1.8-M⊙ giants, that have been studied before and can serve as benchmarks. In so doing, we conclude that (i) the final orbital separation is not affected by the choice of equation of state (EoS). In other words, simulations that unbind but a small fraction of the envelope result in similar final separations to those that, thanks to recombination energy, unbind a far larger fraction. (ii) The adoption of a tabulated EoS results in a much greater fraction of unbound envelope and we demonstrate the cause of this to be the release of recombination energy. (iii) The fraction of hydrogen recombination energy that is allowed to do work should be about half of that which our adiabatic simulations use. (iv) However, for the heavier star simulation, we conclude that it is helium and not hydrogen recombination energy that unbinds the gas and we determine that all helium recombination energy is thermalized in the envelope and does work. (v) The outer regions of the expanding common envelope are likely to see the formation of dust. This dust would promote additional unbinding and shaping of the ejected envelope into axisymmetric morphologies.

Key words: hydrodynamics – methods: numerical – stars: AGB and post-AGB – stars: evolution.

1 INTRODUCTION

A common-envelope interaction (Paczynski 1976; Ivanova et al. 2013) occurs when the orbital separation between two stars decreases to the extent that they come to share the same envelope. The existence of compact evolved binaries implies that in at least a fraction of all common-envelope interactions, the envelope is fully ejected. Yet, hydrodynamic simulations that utilize an ideal equation of state (EoS) do not unbind a sufficient fraction of the envelope to allow us to conclude that the binary will survive (e.g. Reichardt et al. 2019).

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The idea that the photons released during recombination could be used as an energy source to help with envelope unbinding was originally suggested by Lucy (1967) and Roxburgh (1967). Han, Podsiadlowski & Eggleton (1994) and Harpaz (1998), in particular, considered the expanding envelopes of pulsating asymptotic giant branch (AGB) stars and whether recombination energy could facilitate the ejection of the envelope in these single stars, leading to the formation of planetary nebulae. Harpaz (1998), however, argued that recombination energy cannot be used in the ejection of the AGB envelope, because the envelope becomes transparent when it recombines, hence the energy will be transported out immediately by radiation.

Ivanova, Justham & Podsiadlowski (2015) used one-dimensional (1D) stellar models to simulate common-envelope inspirals by injecting energy into the stellar envelope of a 1.6-M⊙ star with a radius of 100R⊙ (simulating the inspiral of a 0.3-M⊙ companion). They concluded that the efficiency of the hydrogen recombination energy in unbinding the envelope depends on a number of choices in their models, but that the role of helium recombination energy is clearer: about 90 per cent of photons from helium recombination are used to expand the common envelope.

Using a similar methodology based on 1D models, Sabach et al. (2017), Grichener, Sabach & Soker (2018), and Soker, Grichener & Sabach (2018) utilized 1D common-envelope simulations, carried out in MESA, to argue that only a fraction of the energy released by recombination of hydrogen and helium can be used to eject the common envelope, as the energy will be transported out through photon diffusion and convection. They estimated that only approximately 20 per cent of the recombination energy can be utilized in the ejection of the common envelope, by comparing the time-scales of envelope expansion and energy transport.

Ivanova (2018) countered that the majority of recombination energy can be used to eject the envelope. They reasoned that the ratio of the radiation flux to the convective flux is small in most parts of the envelope, hence there is little reason to consider the effect of photon diffusion. Rather, it can be shown that the dominant transport mechanism in the region where recombination energy is released is actually convection. They further argued that even the maximum convective flux becomes very inefficient for transporting recombination energy in regions where the ionization fraction is about 0.2. As a result, they concluded that the majority of the recombination photons will not be transported out of the envelope, hence they are destined to be thermalized and able to do work, increasing the expansion rate of the envelope.

In order to resolve the debate of how much recombination energy can be used to do work as opposed to how much should be radiated away, a full treatment of radiation transport in common-envelope simulations should be implemented. Some work in this direction is being carried out (Zhu et al. 2019). This line of work presents considerable challenges, chiefly because of the wall clock time required for these simulations (weeks to months without including radiation transport).

In this work, we perform several simulations to quantify some of the effects of recombination energy, with the aim of determining how it should be used in 3D adiabatic codes in the absence of a reasonable treatment of radiation transport (as is the case for Ivanova & Nandez 2016 and Nandez & Ivanova 2016). We start by investigating where and when the gas is unbound with respect to where and when the recombination energy of both hydrogen and helium is released.

We present two sets of simulations. The first set uses the initial conditions utilized by Passy et al. (2012), but also studied in Iaconi et al. (2017,2018) and Reichardt et al. (2019). This provides a well-studied setup to which we can compare the effects of recombination energy. The second set is a direct comparison with the work of Nandez & Ivanova (2016), so as to calibrate our work and technique to theirs and ensure that our conclusions are compatible. Each set contains two simulations carried out with an ideal gas EoS and two with a tabulated one based upon the EoS used in the 1D stellar evolution code MESA (Paxton et al. 2011a). In this way, we have a direct comparison of the unbinding dynamics.

In Section 2, we describe the simulation setup, giving details of the tabulated EoS. In Section 3, we describe the results of the simulations, including giving results of resolution and other numerical tests. After this, in Section 4.1, we analyse the location of the delivery of recombination energy and compare it with where particles are being unbound (Section 4.1), and where recombination energy is being released (Section 4.3). In Section 5, we move on to testing whether or not the use of the recombination is physically realistic. In Section 6, we discuss the apparent emergence of a dusty shell in the ejecta of the common-envelope interaction. We summarize and conclude in Section 7.

2 SIMULATIONS

We performed a series of four simulations of the common-envelope interaction. We used two different primary stars in these simulations. The first was a 0.88-M⊙ red giant branch star with a 0.39-M⊙ core and initial radius of about 80R⊙, used also in the simulations of Passy et al. (2012), Iaconi et al. (2017), and Reichardt et al. (2019). This star will henceforth be referred to as the P12 star. The second stellar setup had a greater initial mass of 1.80 M⊙ with a 0.32-M⊙ core and an initial radius of 16R⊙. This second star, which we will refer to as the N16 star, is one of the setups used in the common-envelope simulations of Nandez et al. (2015), Ivanova & Nandez (2016), and Nandez & Ivanova (2016). We chose this star because Ivanova & Nandez (2016) note that it unbinds the entirety of the envelope. We have, in fact, utilized the exact stellar structure kindly provided by that group, so as to minimize the difference between the two simulations.

The P12 input stellar profile was evolved in the 1D stellar evolution code MESA (Paxton et al. 2011b). The N16 star was also evolved with MESA by Nandez et al. (2015). Before mapping these profiles into the computational domain, we use the procedure laid out by Ohlmann et al. (2017) to produce more stable giant stars in hydrodynamic simulations. For each star, we choose a radius from the centre (6h⊙ for P12, 2R⊙ for N16), at which we cut the stellar profile. Within this radius, the profile is recreated with a modified Lane–Emden equation using an index n = 3, which is set to transition smoothly to the original profile at the cutoff radius. This modified Lane–Emden equation includes a contribution from a softened gravitational potential typically used in the core of a simulated giant star.

The new 1D profiles were then mapped into the 3D computational domain of the smoothed particle hydrodynamics (SPH) code PHANTOM (Price et al. 2018), with all stars containing approximately 1.4 × 10⁵ SPH particles. A point mass particle is placed in the centre of the star, with a gravitational softening length equal to half of the cutoff radius for the modified profile. Therefore, for the P12 star, the core had a mass of 0.39 M⊙ and a softening length of hsoft = 3R⊙. However, for the N16 star, the softening length was hsoft = 1R⊙, larger than the 0.15R⊙ softening length used by Ivanova & Nandez (2016). As the masses of the core particles are set to be consistent with the modified Lane–Emden profile, they may differ
slightly from the desired value. Our core particle mass of 0.320 M\textsubscript{☉} is slightly larger than the 0.318 M\textsubscript{☉} of Ivanova & Nandez (2016).

Our choice of softening length was dictated by prohibitively long computational times associated with small softening lengths. However, we did perform simulations with a smaller softening length of $h_{\text{soft}} = 0.5 R_\odot$ for both companion and core particles, with an associated primary core mass of 0.313 M\textsubscript{☉} (see Section 3.4).

The velocities in our stars were damped over five dynamical time-scales, after which the stars evolved with no damping in the computational domain for another five dynamical time-scales. During this time they showed no significant expansion, proving that our stars are sufficiently stable.

Our SPH particles were assumed to have a constant chemical composition, defined by the hydrogen, helium, and metal mass fractions. The compositions were taken from the atmospheres of the input stellar profiles, calculated by MESA. For the P12 star, the composition is set to be $X = 0.67$, $Y = 0.31$, and $Z = 0.02$, and for the N16 star, we have $X = 0.68$, $Y = 0.30$, and $Z = 0.02$. These compositions were used as inputs to the tabulated EoS used by MESA, which we utilized in two of our four simulations (see Section 2.1 for details). We note that while we do not experiment with abundances, the helium mass fraction could vary between ~0.24 and 0.45, almost a factor of 2. With that, there would be a concomitant change in the amount of recombination energy from helium (and an inverse change for hydrogen), which could have a repercussion on the outcome of the simulation.

A companion star was then initialized in the computational domain as a second point mass particle, with a softening length equal to that of the core of the primary star. For the P12 simulations, the initial orbital separation is set to $100 R_\odot$, which is just greater than the initial radius of the primary star. The N16 simulations were initialized with an orbital separation of $31.37 R_\odot$, matching the initial separation used by Nandez & Ivanova (2016). We will adopt the notation referring to the ideal and tabulated EoS simulations with the suffixes I and M, respectively. With this convention, simulations P12I and P12M refer to the P12 setup with the ideal and tabulated equations of state, respectively; similarly, simulations N16I and N16M are the N16 simulation with the ideal and tabulated EoS, respectively. For the N16 simulations, we also include the suffix h if the point mass particles have a softening length of $h_{\text{soft}} = 0.5 R_\odot$. The initial parameters of all of these simulations are listed in Table 1. Our N16M simulation will be compared to the models of Ivanova & Nandez (2016) and Nandez & Ivanova (2016), which they called BF36 and 1.8G0.32C0.36D, respectively. We will adopt their naming convention, and refer to their model as BF36.

### 2.1 The tabulated EoS

Our simulations employ two distinct equations of state. The first is the standard ideal gas EoS, written in the form

$$P = \rho (\gamma - 1) u,$$

where $P$ is gas pressure, $\rho$ is the gas density, $\gamma = \frac{5}{3}$ is the adiabatic index, and $u$ is the specific internal energy.

The second EoS is adapted from the ideal EoS used in the 1D stellar evolution code MESA (Paxton et al. 2011b). The MESA EoS is constructed from several other equations of state. In the regions, where ionization is important, the OPAL and SCVH EoS tables are used (see section 4.2 of Paxton et al. 2011b). The OPAL EoS (Rogers, Swenson & Iglesias 1996; Rogers & Nayfonov 2002) is obtained by an ‘activity-expansion’ of the grand canonical ensemble, which includes the effects of ionization and dissociation.

The OPAL EoS has been used in the common-envelope simulations of Ohlmann et al. (2017). The SCVH EoS (Saumon, Chabrier & van Horn 1995) is constructed for hydrogen–helium mixtures and includes effects of temperature and pressure on ionization and dissociation. It is intended for use in very low-mass stars, as well as brown dwarfs and giant planets.

The two sets of tables overlap in a central region, within which a smooth transition is constructed between the OPAL and SCVH tables (for a visualization of this region, see fig. 1 of Paxton et al. 2011b). These tables together cover a region defined by $-17.2 \leq \log W \leq -2.9$ and $2.1 \leq \log T \leq 8.2$, where $T$ is temperature and $\log W \equiv \log P_{\text{gas}} - 4\log T$ is a variable introduced to allow the tables to save space by making them rectangular, as this relation describes the approximate $P_{\text{gas}}-T$ relationship of many stars. Outside the regions covered by these tables, the HELM and PC equations of state are utilized, both of which are constructed with the assumption of complete ionization. The MESA EoS tables accept $\rho$ and $T$, or $P$ and $T$, as inputs, returning the internal energy, $u$, and many other quantities, such as the entropy $S$ and $\Gamma_1 = (\partial \ln P/\partial \ln \rho)$.

However, PHANTOM, like many hydrodynamic codes, evolves the specific internal energy of the gas, using the EoS to determine the pressure. For this reason, we constructed tables using the MESA EOS module (Paxton et al. 2011b), which would accept $\rho$ and $u$ from PHANTOM and return the pressure and temperature. Aside from the aforementioned pairs of input to the tables ($\rho$ and $T$ or $P$ and $T$), the MESA EOS module contains a subroutine, which accepts $u_0$ and

| Model    | $n_{\text{part}}$ ($R_\odot$) | $M_1$ ($M_\odot$) | $M_{1,c}$ ($M_\odot$) | $M_{\text{gas}}$ ($M_\odot$) | $M_2$ ($M_\odot$) | $a_{\text{init}}$ ($R_\odot$) | EoS     |
|----------|-----------------------------|-------------------|-----------------------|-----------------------------|-------------------|-----------------------------|--------|
| P12I     | $1.4 \times 10^5$           | 81                | 0.88                  | 0.39                        | 0.49              | 0.6                         | 100    | Ideal       |
| P12M     | $1.4 \times 10^5$           | 88                | 0.88                  | 0.39                        | 0.49              | 0.6                         | 100    | Tabulated   |
| N16I     | $1.4 \times 10^5$           | 16                | 1.80                  | 0.320                       | 1.479             | 0.36                        | 31.37  | Ideal       |
| N16M     | $1.4 \times 10^5$           | 17                | 1.80                  | 0.320                       | 1.479             | 0.36                        | 31.37  | Tabulated   |
| N16Ih    | $1.4 \times 10^5$           | 15                | 1.80                  | 0.313                       | 1.487             | 0.36                        | 31.37  | Ideal       |
| N16Mh    | $1.4 \times 10^5$           | 16                | 1.80                  | 0.313                       | 1.487             | 0.36                        | 31.37  | Tabulated   |

1 Describing this method is outside the scope of this paper, though the reader is referred to Rogers (1994), and references therein.
Figure 1. Various quantities as functions of specific internal energy and density using the tabulated EoS. The two rectangles bound all values of density and specific internal energy encountered in our simulation domains.

\( \rho, u \) to query the tables. As the tables are constructed in a fashion that has \( u \) as an output, this subroutine also requires an initial guess for the temperature \( T_{\text{guess}} \), which is used as a starting point for Newton–Raphson iterations. The tables are queried with \( T_{\text{guess}} \) and \( \rho_{\text{in}} \), returning a value of the specific internal energy \( u_{\text{out}} \), which is compared to \( u_{\text{in}} \). Also returned is the gradient of the specific internal energy with respect to temperature, at constant density. This information is enough to iterate the temperature until \( u_{\text{out}} \) returned by the calls to the tables matches the input \( u_{\text{in}} \). If no solution is found within the maximum number of iterations, then upper and lower bounds for the temperature are utilized in the bisection method of root finding, which is often slower, but guarantees a root is found. When a value of \( T \) is found such that \( u_{\text{in}} \) matches \( u_{\text{out}} \), then \( P, \Gamma_1 \), and the other EoS values can also be returned from the tables.

The new tables cover a region defined by \(-10 \leq \log V \leq 12\) and \(10 \leq \log u \leq 17\), where \( u \) is the specific internal energy and \( \log V \equiv \log \rho - 0.7 \log u + 20 \) is again a new variable introduced to make use of the approximate relationship between \( \rho \) and \( u \) in stars, saving space in the tables. The tables are produced for hydrogen mass fractions of \( X = 0, 0.2, 0.4, 0.6, \) and 0.8, each with metals mass fractions of \( Z = 0, 0.02, \) and 0.04. We wrote a set of routines to query these tables from within PHANTOM. We plot the pressure, \( \Gamma_1 \), and temperature returned by our tabulated EoS to the equivalent pressure from the ideal gas EoS. The differences here lie primarily in the fact that the ideal gas EoS has constant mean molecular weight. The ranges of \( \rho \) and \( u \) over the course of the entire P12M and N16M simulations are overlaid as rectangles, showing that the limits fall well within the boundaries of the tables. We also plot contours to give a better understanding of how the returned values change with \( \rho \) and \( u \).

3 RESULTS

Here, we analyse the behaviour of the simulations as they undergo the fast inspiral and the subsequent phase of slow inspiral. We examine the decrease in bound mass in each simulation, and particularly note the differences between simulations with different equations of state.

3.1 Energy and angular momentum

Energy conservation for the P12I and P12M simulations is approximately at the 0.1 per cent level, while for the N16I and N16M simulations are at about the 2 per cent level. The total angular momentum in all of the simulations is conserved to about 0.1 per cent. We list key energy and angular momentum values, in Table 2 and compare them to the values given by Ivanova & Nandez (2016). The total energy budget of our N16M simulation differs from the
The total energy of BF36 by less than 1 per cent, and the total angular momentum budget differs by less than 0.1 per cent.

We define how we have calculated the various energy components within this work. Within PHANTOM, and most other SPH codes, each particle i has a mass $m_i$, a density $\rho_i$, a specific internal energy $u_i$, and a specific gravitational potential energy $\phi_i$, along with position and velocity vectors, $x_i$ and $v_i$. The total gravitational potential energy is calculated as

$$E_{\text{pot}} = \sum_i m_i \phi_i,$$

which sums the potential energies of each particle in the simulation. We determine the thermal and radiation energies in the tabulated EoS simulations as follows:

$$E_{\text{therm}} = \sum_i m_i \frac{3 k_B T_i}{2 \mu_i m_H},$$

$$E_{\text{rad}} = \sum_i m_i \frac{a T_i^4}{\rho_i},$$

where $k_B \approx 1.38 \times 10^{-16}$ erg K$^{-1}$ is Boltzmann’s constant, $T_i$ is the temperature of the particle, $\mu_i$ is the mean molecular weight of the particle, and $m_H \approx 1.67 \times 10^{-24}$ g is the mass of a hydrogen atom.

The total recombination energy reservoir available in the star can be calculated by performing the following sum:

$$E_{\text{rec}} = \sum_i E_{i,\text{rec}},$$

where the recombination energy of a single-particle $E_{i,\text{rec}}$, is given by

$$E_{i,\text{rec}} = m_i N_A \left( x_{\text{HII}} x_H' + \frac{Y}{4} \left( \chi_{\text{HeII}} (x_{\text{HeII}} + x_{\text{HeIII}}) + \chi_{\text{HeIII}}' x_{\text{HeIII}} \right) \right),$$

where $m_i$ is the mass of the particle, $N_A = 6.02 \times 10^{23}$ mol$^{-1}$ is Avogadro’s number, $X$ and $Y$ are the hydrogen and helium mass fractions of the SPH particle, $x_{\text{HII}}$ is the fraction of ionized hydrogen, and $\chi_{\text{HeII}}$ and $\chi_{\text{HeIII}}$ are the fractions of singly and doubly ionized helium, respectively. $x_H' = 13.6$ eV is the ionization energy of neutral hydrogen and $\chi_{\text{HeII}} = 26.4$ eV and $\chi_{\text{HeIII}} = 54.4$ eV are the ionization energies of neutral and singly ionized helium, respectively. Here, we neglect the contributions of elements heavier than helium, as these contributions will be small. The quantities $m_i N_A X$ and $\frac{1}{4} m_i N_A Y$ estimate the number of atoms of hydrogen and helium that are present within one SPH particle.

The orbital energy is determined using the same method as Nandez et al. (2015). That is, we calculate

$$E_{\text{orb}} \approx \frac{1}{2} \left( \mu |v_1 - v_2|^2 + \sum_i m_i \phi_i - \sum_j m_j \phi_j^{\text{RL}1} - \sum_k m_k \phi_k^{\text{RL}2} \right),$$

where $\mu = M_1 M_2 / (M_1 + M_2)$ is the reduced mass of the binary system and $v_1$ and $v_2$ are the velocity vectors of the two core particles. The second term in equation (7) expresses the total gravitational potential energy of the system by summing over all particles $i$, while the third and fourth terms subtract the components relating to the gravitational attraction of particles within both Roche lobes (summing over the particles in $RL_1$, index $j$, and the particles in $RL_2$, with index $k$). The remainder is the portion of the gravitational potential energy, which contributes to the orbital energy.

We calculate the binding energy of our star by summing the thermal, radiation, and gravitational potential energies of the star in isolation:

$$E_{\text{bin}} = E_{\text{therm}} + E_{\text{rad}} + E_{\text{pot}}.$$

Note that we do not include the recombination energy. In the ideal gas EoS simulations, we calculate the binding energy without the radiation pressure term, as our simulations do not include it.

Both the gravitational potential energy and the sum of thermal and radiation energies of our N16M primary red giant differ by about 1 per cent from the primary star used in BF36. The largest disparity comes from the approximately 7 per cent difference in the recombination energy term. This can potentially be explained by the fact that we assigned the same hydrogen and helium mass fractions to all of our SPH particles, while Ivanova & Nandez (2016) used the abundances of their input MESA profile to assign different H and He mass fractions to each of their particles.

Finally, the orbital energy in our simulation is larger than for the BF36 simulation of Nandez & Ivanova (2016) by approximately 4 per cent. This is likely due to the fact that our star stabilizes at a slightly larger radius. In conclusion, we can state that the initial conditions of our N16M simulation are sufficiently similar to those of the BF36 model to enable the comparison of key quantities.

### 3.2 The orbital separation evolution

The orbital evolution for our simulations can be seen in the top panels of Fig. 2, where the left-hand and right-hand columns are for the P12 and N16 simulations, respectively. The blue lines in both
Figure 2. Top row: orbital separation of the two-point mass particles. Bottom row: evolution of the bound mass in each simulation. In the legend, the subscripts refer to the criterion used to determine if a particle was unbound. The subscripts P, K, U, T, and R refer to potential, kinetic, total internal, thermal, and radiation energies, respectively. That is, for the subscript PK, the mass is unbound if the sum of its potential and kinetic energies are positive. Left-hand column: P12 simulations. Right-hand column: N16 simulations. The blue lines refer to simulations with the ideal EoS, and the red lines to simulations with the tabulated EoS. In the case of the ideal gas, the thermal and internal energies are the same (that is, the subscripts U and T refer to the same energy).

By examining Fig. 2, we see that, in both simulation setups, the orbital evolution is relatively unaffected by the choice of EoS. Table 3 gives values for the orbital separations just after the inspiral and at the end of the simulations. In the P12I and P12M simulations, the orbital separations 50 d after the end of the inspiral are 18.8 and 18.6\(R_\odot\), respectively, while for the N16I and N16M simulations, the separations are 0.60 and 0.58\(R_\odot\), respectively. Indeed, by the end of the simulations, N16I and N16M simulations have almost identical orbital separations of 0.51 and 0.49\(R_\odot\), respectively, while the P12I final separation is somewhat smaller than the P12M simulation (12.5 and 14.5\(R_\odot\), respectively).\(^2\) The slight variations could easily be due to the fact that the initial stellar structures have stabilised at slightly different radii with the different equations of state. This suggests that the amount of orbital energy deposited into the envelope during the dynamic inspiral is independent of the EoS. We conclude that any extra unbinding that occurs with the tabulated EoS is not caused by the input of extra orbital energy.

3.3 The evolution of the unbound mass

The strictest criterion for determining whether or not mass is unbound from the system is to use the threshold \(E_{\text{kin}} + E_{\text{pot}} > 0\). Assuming that unbound SPH gas particles are not trapped below a layer of bound particles to which they can transfer kinetic energy, this means that the unbound material will never return to interact with the compact binary system. Some portion of the internal energy of the gas particle can also be included in the energy balance, which results in a greater amount of unbound mass (see the comparison carried out by Iaconi et al. 2017).

For the simulations using an ideal gas EoS, the internal energy of the gas corresponds exactly to its thermal energy, that is, the disordered kinetic energy of the gas particles (rather than

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2We note that all separations attained by the N16 simulations are so small that if the companion were a main-sequence star, it would fill its Roche lobe and likely result in a merger even if the common envelope were ejected completely.
the bulk motion of the gas). Therefore, the total gas energy, comprising kinetic, potential, and thermal energies can be used to determine whether the gas is bound or unbound. However, in those simulations that use the tabulated EoS, the internal energy of the gas does not only include the thermal energy, but also the energy associated with radiation and that associated with the possible recombination of hydrogen, helium, and metals. While the gas remains ionized, the recombination energy is latent, and does not affect the system’s dynamics. Therefore, including recombination energy in the internal energy overestimates the amount of unbound gas. On the other hand, when expanding envelope gas recombines, the latent energy is released and immediately thermalized, therefore contributing to the thermal energy of the gas. For fully recombined gas, using the internal energy of the gas is therefore equivalent to using the thermal and radiation energies in ideal gas simulations.

Because of the complexities of determining whether SPH particles are unbound and the difficulties in comparing simulations using different equations of state, we calculate the amount of unbound gas using four criteria. These are (i) the strict mechanical limit, including only kinetic and potential energies; (ii) the sum of kinetic, potential, and thermal energies (with $u_{\text{therm}} = 3k_B T/2 \mu m_{\text{H}}$, where $k_B$ is the Boltzmann constant, $T$ is the temperature, $\mu$ is the mean molecular weight, and $m_{\text{H}}$ is the mass of a hydrogen atom); (iii) the sum of kinetic, potential, thermal, and radiation energies ($u_{\text{therm}} + \alpha T^4/\rho$, where $\alpha$ is the radiation constant and $\rho$ is the density); and (iv) the sum of kinetic, potential, and gas internal energy (which includes the latent recombination energy term in the case of the tabulated EoS). For the two simulations using the ideal gas EoS, we can only use the first two criteria [criteria (ii) and (iv) are actually identical, and the simulations do not include the effects of radiation pressure, hence we cannot use criterion iii)].

Values of the bound masses calculated using these criteria are presented in Table 3. The ideal gas simulations consistently have similar or more mass remaining bound to the system, both 50 d after the inspiral and at the end of the simulations. We note that, at the end of the P12M simulation, only 12 per cent of the gaseous common envelope is still bound, while for the N16M simulation 63 per cent is still bound [note that these two figures are upper limits because we are using the strictest criterion (i)]. In contrast, the ideal gas EoS counterpart simulations P12I and N16I have 41 and 92 per cent of the envelope still bound, respectively. The difference between the two equations of state is considerably starker at the end of the simulations (Table 3). This suggests that the majority of the unbinding that occurs during the inspiral is not influenced by recombination energy, and is instead a direct result of the injection of orbital energy, while further unbinding after the fast inspiral is aided by the release of recombination energy.

We plot the evolution of the bound mass, using all four criteria in the lower two panels of Fig. 2. We note two interesting features. First, when using the tabulated EoS, the mass is unbound at a much greater rate than when using the ideal EoS. This is true regardless of which criterion we use to define the bound mass. Secondly, as expected, the unbinding rate when using the tabulated EoS is by far the largest if the entire internal energy budget is used in the definition. However, this implies that all gas fully recombines, and that the entire recombination energy budget is used to unbind the gas.

The P12M simulation unbinds almost the entire envelope by the time at which we end it, no matter what the definition of the bound mass (see the red lines in the bottom left-hand panel of Fig. 2). On the other hand, the N16M simulation only unbinds a large fraction of the envelope, if we use the full internal energy expression, which includes the latent recombination energy. If we use any of the other three definitions, the unbinding is only marginally larger than when using an ideal gas EoS.

Nandez & Ivanova (2016) concluded that the entire envelope is unbound. To determine whether gas is unbound, they used the sum of gas kinetic, potential, and internal energies (our fourth criterion), which includes the latent recombination energy of ionized gas. As we have described above, this criterion overestimates the fraction of unbound gas.

Below we delve further into possible reasons why different criteria lead to such difference in the amount of unbound gas.

| Model | $M_{b,PK}$ (%) | $M_{b,PKU}$ (%) | $M_{b,PKT}$ (%) | $M_{b,PKTR}$ (%) | $E_{u,tot}$ ($10^{16}$ erg) | $J_{u,tot}$ ($10^{52}$ erg) | $E_{u,tot}$ ($10^{46}$ erg) | $t$ (d) | $a$ ($R_\odot$) |
|-------|----------------|----------------|----------------|----------------|--------------------------|--------------------------|--------------------------|--------|-------------|
| P12I  | 84             | 84             |                |                | 0.15                     | 0.54                     | −3.76                     | 300    | 18.8        |
| P12M  | 69             | 61             | 65             | 61             | 0.52                     | 0.99                     | −3.31                     | 359    | 18.6        |
| N16I  | 93             | 93             |                |                | 1.11                     | 0.42                     | −59.1                     | 157    | 0.60        |
| N16M  | 92             | 76             | 90             | 90             | 1.76                     | 0.51                     | −59.5                     | 158    | 0.58        |
| N16Ih | 87             | 81             |                |                | 1.49                     | 0.59                     | −54.3                     | 157    | 0.47        |
| N16Mh | 55             | 26             | 50             | 50             | 7.19                     | 0.91                     | −59.7                     | 138    | 0.43        |
| P12I  | 41             | 37             |                |                | 0.39                     | 1.51                     | −3.68                     | 1843   | 12.5        |
| P12M  | 12             | 2.0            | 6.1            | 2.0            | 1.24                     | 2.05                     | −3.19                     | 1843   | 14.5        |
| N16I  | 92             | 93             |                |                | 1.09                     | 0.41                     | −52.8                     | 922    | 0.51        |
| N16M  | 63             | 1.4            | 45             | 43             | 2.72                     | 1.24                     | −50.0                     | 922    | 0.49        |
| N16Ih | 43             | 37             |                |                | 2.09                     | 1.79                     | −52.4                     | 553    | 0.37        |
| N16Mh | 0.2            | 0.0            | <0.1           | <0.1           | 15.8                     | 1.50                     | −61.1                     | 553    | 0.44        |
3.4 Simulations with smaller softening length

The softening length dictates the strength of the interaction between the gas particles and the cores, introducing a second parameter, after the resolution, that may alter results. Unfortunately, the large wall clock times of these simulations have precluded a proper convergence test. However, here we compare our N16I and N16M simulations, using a softening length $h_{\text{soft}} = 1R_{\odot}$, with simulations using $h_{\text{soft}} = 0.5R_{\odot}$. We call the small-$h_{\text{soft}}$ simulations N16Ih and N16Mh (see Table 1).

The ideal gas, smaller softening length simulation N16Ih, unbinds 6 per cent more gas by 50 d after the end of the dynamic inspirals compared to the corresponding simulation with a larger softening length (N16I) and 49 per cent more by the end of the simulation. In the case of simulations using a tabulated EoS, the small softening length simulation, N16Mh, unbinds approximately 37 per cent more by 50 d after inspiral than the corresponding large softening length simulation (N16M) and 63 per cent more by the end of the simulation.

We suggest two reasons for this dramatic difference. Shortly after the dynamic inspiral during the N16Ih and N16Mb simulations, the binary acquires a 10 km s$^{-1}$ velocity in the positive z-direction, while concomitantly a plume of gas moves in the negative z-direction (linear momentum, energy, and angular momentum in these simulations are conserved to better than the 3 per cent level). We attribute this to initial asymmetries in the SPH particle distribution about the orbital plane, which become exaggerated in the stronger gas–core interaction of the smaller softening length simulations. The displacement of the binary from the orbital plane and concomitant movement of some of the gas in the opposite direction reduces the gravitational potential energy of the system, leading to an increase in the unbound mass.

A second effect is that the more rapid expansion of the gas in the N16Mh simulation compared to the N16M one leads to a release of recombination energy earlier on, leading to the faster unbinding we observe. In fact, even in simulation N16M, with a larger softening length, the unbound mass using any of the definitions is still decreasing by the end of the simulation, implying that more, or all, of the envelope gas could be unbound if the simulation were continued for a longer time.

We note finally an unresolved issue that was already described by Reichardt et al. (2019). In both the simulations with the large and small softening lengths, the gas particles directly around the sinks have SPH smoothing lengths of approximately 0.2 $R_{\odot}$. This is smaller than both the large- and small-tested softening lengths of the cores (1 and 0.5 $R_{\odot}$, respectively), implying that the softening lengths are resolved by the gas in both cases. This said, the smaller softening length is significantly less resolved and this may have an impact on the simulations. More simulations are needed to test this effect.

In conclusion, the smaller softening length leads to a faster interaction and earlier unbinding. However, if simulations were evolved for longer, it does appear that, independent of the softening length, recombination energy would lead to unbinding the great majority of the envelope.

4 THE CAUSE AND EFFECT RELATIONSHIP BETWEEN RECOMBINATION ENERGY AND ENVELOPE UNBINDING

To determine whether or not it is the released recombination energy that is responsible for the extra amount of unbound gas, we here determine the locations of gas unbinding and different ionization stages of hydrogen and helium. We can then use this information to ascertain the amount of recombination energy being released, and check whether or not this released energy is spatially coincident with newly unbound gas.

4.1 Where is gas recombining?

To determine the ionization state of hydrogen and helium as a function of envelope depth and of time we use the Saha equation:

$$
\frac{n_{i+1}n_e}{n_i} = \frac{2}{\lambda} \frac{e_{i+1}}{e_i} \exp \left( -\frac{e_{i+1} - e_i}{k_B T} \right),
$$

where $n_i$, $g_i$, and $e_i$ are the number density, degeneracy of states, and ionization energy of ions in the $i$th state of ionization, respectively, $n_e$ is the number density of electrons. The parameter $\lambda \equiv \sqrt{\hbar/(2\pi m_e k_B T)}$, where $\hbar$ is Planck’s constant, $m_e$ is the mass of an electron, $k_B$ is Boltzmann’s constant, and $T$ is the temperature. We can track the recombination of both hydrogen and helium by simultaneously solving three Saha equations for H I, He I, and He II. By tracking the ionization fractions of both hydrogen and helium, we can begin to understand whether it is hydrogen or helium recombination energy that is available for unbinding the envelope.

Fig. 3 shows the radial distributions of H I and He II in time in both the P12M and N16M simulations. Below the band of He II in the bottom panels of Fig. 3, the helium is entirely in the form of He III, and above the band, it has fully recombined to neutral helium. To create these plots, we have calculated the ionization fractions for each SPH particle in the simulation, and then averaged the resulting values in radial bins emanating from the core of the primary. We can clearly see that, in both systems, hydrogen begins to recombine in the envelope shortly after the beginning of the dynamic inspiral. However, as could be expected, the helium recombination zones do differ between the simulations. In the P12M simulation, the initial star has some helium recombination occurring near the outer layers, while the helium in the N16M star is initially completely in the form of He III. The N16M simulation has a short period of mass transfer before the fast inspiral, during which some gas particles are ejected from the system. In this ejected gas, He II quickly recombines to He I. In both simulations, recombination fronts of both hydrogen and helium move inwards. Rather, gas flows outwards from the central binary through these zones, recombining and releasing energy as it moves through the front. This release of recombination energy will be addressed in Section 4.3.

4.2 Where is the gas being unbound?

Next we compared the locations where particles are being unbound with the recombination fronts seen in Section 4.1. We call an SPH particle unbound by using criterion (ii), which is equivalent to criterion (iv) in the ideal gas EoS case (see Section 3.3). Criterion (ii) includes only the mechanical energy and the thermal portion of the internal energy. We do not include radiation energy, as our ideal EoS does not include the effects of radiation pressure.

Fig. 4 shows the radial locations at which particles are being unbound in the simulations. These particles were then tracked backwards in time to determine the time and location at which they were last bound to the system. The bottom panels of these plots show the cumulative amount of permanently unbound material in
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Figure 3. The ionization stages of H and He in the P12M (left-hand column) and N16M simulations (right-hand column), as a function of radius and time. Top row: radially averaged amount of H II as a fraction of the total amount of H. Bottom row: radially averaged amount of He II as a fraction of the total amount of He. The radii are centred on the core of the primary star. The black line depicts the distance of the companion from the core of the primary.

the simulations. The common feature between the two panels of Fig. 4 is that all the simulations display a strong unbinding event at the beginning of the fast inspiral, which is driven primarily by the transfer of orbital energy into the gas. This particular feature shows up in all simulations of the common envelope, regardless of which EoS is being used. It is visible in Fig. 2, as a drop in the bound mass during the fast inspiral. However, in both the P12I and N16I simulations, the unbinding after the inspiral is quite weak, being limited primarily to the action of shocks propagating through the material. In comparison, both the P12M and N16M simulation display copious unbinding after the inspiral.

To determine the actual cause of the extra unbinding observed in the simulations that use our tabulated EoS, we compare the location where particles become unbound to the recombination zones of hydrogen and helium. In Fig. 5, we show the significant zones of partial ionization for both hydrogen and helium from Fig. 3. We overplot the red points from Fig. 4 in greyscale. This reveals that aside from the initial unbinding at the hand of orbital energy, the gas unbinding coincides with areas where hydrogen and helium are recombining.

In the P12M simulation (left-hand panel of Fig. 5), the unbinding of particles is spatially coincident with the base of the hydrogen recombination zone and both helium recombination zones. However, for the N16M simulation (right-hand panel of Fig. 5), unbinding occurs primarily in, or just above, the He II recombination zone.

Soker et al. (2018) have argued that much of the hydrogen recombination energy is lost from the system through radiation and convection. Even if this were true, our simulations indicate that, for these setups, unbinding is promoted more by the recombination of helium than of hydrogen. Since the helium recombination zone is at a greater depth in the star, the energy released there is less likely to escape. Much of the gas experiencing hydrogen recombination has already been unbound at an earlier stage in these simulations, when it was deeper in the envelope of the primary. We suggest that for these simulations, it is the helium recombination energy that more strongly affects the unbinding of gas from the binary system.

4.3 Where is recombination energy being released?

In addition to knowing where the recombination fronts are, we can also calculate, using equation (6), where recombination energy is being released. Once again we radially bin the particles, and determine the change in recombination energy from the last code output. As our simulations have different lengths of time between code dumps, we divide the recombination energy delivered by the
Figure 4. Radial location and time at which particles become unbound for the P12 (left-hand panel) and N16 (right-hand panel) simulations, showing the extra unbinding that takes place at late times for the two simulations using the tabulated EoS (red) compared to the ideal gas EoS (blue). The particles are binned to show the relative strength of the unbinding events. In the main panels, the two lines represent the separation of the companion from the primary. The bottom panels give the cumulative sum of the unbound mass in the plot above.

Figure 5. The correlation between unbinding of gas and recombination zones in the P12M (left-hand panel) and N16M (right-hand panel) simulations. In black, we overplot the locations and times at which particles are permanently unbound, that is, the red dots in Fig. 4. The coloured zones represent the partially ionized regions for H and He, as seen in Fig. 3.

time between dumps, resulting in a rate of recombination energy release. These profiles are shown in Fig. 6, where red areas show positive values, i.e. a net release of recombination energy, and blue areas represent negative values, i.e. particles being ionized. The lower panels of Fig. 6 show the net rate of recombination energy release at each moment of the simulation. The release of recombination energy per second is approximately an order of magnitude larger in the N16M simulation than the P12M simulation. This is likely due to the fact that there is more gas mass in the N16 simulations, and the ejection of gas during the inspiral is more rapid, causing gas to recombine more rapidly.

In Fig. 6, we see that, immediately after the inspiral, a clear boundary forms between areas where recombination energy is being released (red) and areas where it is being captured (blue) located at approximately the original orbital radius. This capture of recombination energy is due to the ionization of He II. It shows that gas is ionized initially close to the companion, from which shocks emanate moving outwards. In both simulations, this feature begins to dissipate quickly, reaching a point when the gas is no longer undergoing much ionization, and recombination is only happening at larger radii.

There is a large release of recombination energy associated with the fast inspiral of the companion and the subsequent expansion of the envelope layers. In the P12M simulation, some of this energy release occurs inside the atmosphere of the giant star, just below the orbit of the companion. This may be due to the expansion of the innermost layers in response to the expansion of the layers above. This feature does not occur in the N16M simulation, which undergoes a less sudden inspiral due to its larger initial orbital separation. Further, the N16M star comprises only He III, hence the
helium recombination is less sensitive to small changes in the stellar structure than the P12M star. However, after the initial inspiral, in both the P12M and N16M simulations, the recombination energy is released primarily above the orbit of the companion as the envelope expands and cools.

4.4 Is the gas being unbound because of recombination energy?

Even if we can confirm that the tabulated EoS simulations are unbinding more material, we cannot yet confirm that the recombination energy is the trigger for this extra ejection. To investigate this, in Fig. 7, we again plot the recombination energy being released in the simulation, and overplot in grayscale the particles that became unbound and remain unbound for the rest of the simulation, as was shown in Fig. 4.

Looking at the left-hand panel of Fig. 7, we can see that there are a couple of strong events where gas is being ionized (rendered in blue), suggesting that a shock is moving through the material. These are sites where we would expect particles to be unbound even without recombination, due to the increase in thermal energy of the gas as the shock moves through it.

The release of recombination energy happens when the gas is expanding and cooling, as can occur in the wake of shocks. Without the extra recombination energy input, these gas particles would likely not be unbound in great numbers. This is observed in the left-hand panel of Fig. 4, where the release of recombination energy for the P12M simulation enhances particle unbinding in these locations when compared to the P12I simulation. This suggests that the input of energy through shocks and recombination behind the shock may help to unbind the envelope.

On the other hand, the unbinding of particles in the N16M simulation aligns very closely with the strong release of helium recombination energy, as is presented in the right-hand panel of Fig. 7. Contrasting with the unbinding that takes place in the N16I simulation (visible in Fig. 4), where there is no extra input of energy, the particles are unbound almost exclusively during the inspiral.

Clearly, the helium recombination energy plays a strong role in unbinding this portion of the envelope.

It appears that helium recombination energy may be sufficient to account for the extra unbinding in the tabulated EoS simulations. In simulation P12M, helium recombination has released 3.4 × 10^{45} erg by 50 d after the inspiral (Table 4). At the same time in the P12I simulation, 84 per cent of the envelope remains bound. If we were to add the released helium recombination energy to maximize the number of unbound particles (i.e. to raise the energy of the least bound particles to zero by criterion (ii)), we could reduce the bound envelope to 27 per cent of the gas mass, which is significantly smaller than the 65 per cent in the P12M simulation (Table 3). A similar calculation can be carried out for the N16 simulations. This would leave a bound envelope of 78 per cent, which again is lower than the approximately 90 per cent that is actually bound in the N16M simulation at the same point. In both cases, this maximum amount of unbinding is effectively impossible, as it implies that only the least bound particles are supplied with precisely enough energy to unbind them. However, it does show that the helium recombination can supply enough energy to account for the extra unbinding that takes place in the simulations that use our tabulated EoS.

We note that, by the same reasoning, hydrogen recombination also delivers enough energy to fully account for the envelope unbinding. However, because of the stratification of the recombination zones, gas flowing through the hydrogen recombination zone would be already unbound by having passed through the helium recombination zone, and thus would likely have received the necessary energy to unbind it.

5 THE FRACTION OF RECOMBINATION ENERGY THAT CAN DO WORK

In the previous sections, we have demonstrated that the inclusion of recombination energy in our simulations has caused an additional amount of envelope to become unbound. Our simulations are adiabatic and any released recombination photons are immediately
where $R_1$ is the radius of the primary star and $v_{\text{kep}}$ is the Keplerian velocity at this radius. This time-scale is important because, if the envelope expands on a similar time-scale to $t_{\text{trans}}$, then more of the recombination energy will be utilized in the expansion of the envelope.

Sabach et al. (2017), Grichener et al. (2018), and Soker et al. (2018) used these time-scales to estimate the fraction of the recombination energy, $f_r$, that can be used to accelerate the gas:

$$f_r < \left( \frac{t_{\text{trans}}}{t_{\text{trans}} + t_{\text{exp}}} \right).$$

The diffusion time-scale increases as the star expands; hence, $f_r$ typically decreases over the course of the interaction. Grichener et al. (2018) and Soker et al. (2018) continued this line of reasoning, using a 1D simulation calculated with the stellar structure code MESA. They evolved a 2-$M_\odot$ star until it was on the AGB, when it had a mass of 1.75 $M_\odot$ and a radius of 250$R_\odot$. They then emulated a common envelope inspiral by injecting energy into the envelope, causing it to inflate from 250 to about 520$R_\odot$. This expansion happens over the course of 1.7 yr, which they adopted as the envelope expansion time-scale, $t_{\text{exp}}$. They discussed that from the zones where hydrogen ionization is at about 30 per cent, the photon diffusion time $t_{\text{diff}}$ typically decreases over 0.5 yr. With those values, Soker et al. (2018) estimated that, in their case, $f_r < 0.2$.

In what follows, we use our simulations to make our own assessment of whether recombination energy unbinds the envelope, and whether it is realistic to use it to do work, as is done in codes with no radiation transport.

### 5.1 The determination of the opacity

Alongside the EOS module, MESA also has an opacity module, KAP, which returns values of $\kappa$, given an input density and temperature. Like the EoS data, the opacity data are drawn from several different sources, combining electron conduction, and radiative opacities. The electron conduction opacities are given primarily by Cassisi et al. (2007), while the radiative opacities are given by tables from Ferguson et al. (2005, for $2.7 \leq \log T \leq 4.5$) and Iglesias & Rogers (1993, 1996, for $3.75 \leq \log T \leq 8.7$). For temperatures $\log T > 8.7$, Compton scattering dominates the opacity and is calculated with the equations of Buchler & Yueh (1976), while the low-temperature tables of Ferguson et al. (2005) include the effects of molecules and grains on the opacity.
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and helium, the second row gives values of $\kappa$ from the MESA opacity tables, the third row is a comparison between the photon diffusion time-scale $t_{\text{diff}}$ and the minimum convective time-scale, $t_{\text{conv}} \text{min}$, and the bottom row shows $f_\gamma$. As mentioned previously, we used an estimated envelope expansion time-scale of about 50 days for both simulations.

We can see from the bottom row that, for much of the inner portion of the simulation, the majority of the released radiation can be used in helping to eject the envelope. There are a couple of effects to consider here. First, our simulations do not display convection, so we must use the minimum convective time-scale as our estimate for how much radiation can be removed. That is, we must assume that convection is able to remove the recombination energy at the maximum rate, to obtain a lower limit on how much recombination energy may be used for envelope expansion. But, as was explained by Ivanova (2018), convection cells in giant stars typically operate at highly subsonic velocities, while the minimum convective time-scale implies that convection cells are moving at approximately the local sound speed. Hence, we can say that either the convective time-scale is longer in real systems, or as stated by Ivanova (2018), some energy would be used to accelerate the convection cells to nearly sonic velocities. This suggests that $f_\gamma$ may actually be higher than is shown in Figs 9(a) and (b), at least in the inner regions before the diffusion time-scale takes over.

In both simulations, the recombination zone for hydrogen approximately coincides with the zone where $f_\gamma$ begins to drop sharply. This is due to the fact that the opacity plummets when the gas particles are fully recombined. Given that the hydrogen recombination zone straddles the region where $f_\gamma$ drops from about 0.95 to 0, we crudely estimate that only about half of the hydrogen recombination energy is usable, that is, $f_\gamma \approx 0.5$ for hydrogen. This estimation suggests that only a half of the hydrogen recombination energy may be used to expand the envelope.

On the other hand, there is a strong peak in the opacity, which aligns with the partial ionization zones of He II and He III. The picture is much clearer for helium. In the zones where helium recombination energy is being released, $f_\gamma \sim 0.95$. This value is purely driven by the minimum convective time-scale. Therefore, we estimate that more than 0.95 of released helium recombination energy can be utilized to eject the envelope, particularly if the convective time-scale is longer than what we have calculated here.

### 6 POSSIBLE DUSTY SHELL FORMATION

In Fig. 10, we plot a rendering of the opacity, $\kappa$, at the end of the P12M and N16M simulations ($t = 5.05$ and 2.52 yr, respectively). In the P12M simulation, we find that the central, high-opacity envelope is surrounded by a very low opacity shell, just outside of the black contour, where all hydrogen is fully recombined. However, an interesting feature is also visible. Just beyond this low-opacity shell, a higher opacity shell begins to develop from about $t = 4$ yr into the P12M simulation and $t = 2$ yr into the N16M simulation. These times correspond to about 3 and 1.6 yr after the dynamic inspirals of the P12M and N16M simulations, respectively. We expect that these shells would continue to develop if our simulations were continued for longer.

At the end of the P12M simulation, we estimate that there is 0.19 $M_\odot$ outside the neutral hydrogen contour (visible in the top panels of Fig. 10). Of this 0.19 $M_\odot$, approximately 0.06 $M_\odot$ resides in the high-opacity shell. In the N16M simulation (bottom panels of Fig. 10), there are 0.14 $M_\odot$ outside the neutral hydrogen contour,
0.08 $\text{M}_\odot$ of which is beginning to form a similar high-opacity shell. The high-opacity shells extend between $\sim 20,000$ and $\sim 26,000 R_\odot$ ($\sim 93–120$ au) from the binary by the end of the P12M simulation, and between $\sim 18,000$ and $\sim 21,000 R_\odot$ ($\sim 83–97$ au) from the binary by the end of the N16M simulation.

The physical reason for the increase in opacity is that dust begins to form in the low-temperature regions near the outer boundary of the expanding gas. In particular, the opacity tables by Ferguson et al. (2005) supply, for a certain combination of temperature and density, an average opacity calculated from several types of molecules and grains.

In our simulations, we do not actually include the effects of dust, therefore the dynamics and thermodynamics of the expanding envelope are not affected by the formation of dust. The high-opacity regions are instead inferred from the gas temperature, density, and composition in post-processing of the simulations (similarly to what was done by Iaconi et al. 2019).

Two interesting possibilities are opened by this discovery. The first is that whatever energy leaks out of the photosphere (which in simulations like ours is located just outside the hydrogen recombination zone) will likely be intercepted by the opaque shell and possibly result in accelerating it. The ‘dusty’ region only contains a fraction of the envelope gas, but this fraction progressively increases as the simulation continues.

Secondly, the morphology of the high-opacity shell is not spherical, with regions of much lower opacity forming radiation holes. Curiously, the P12M simulation has lower opacity regions at the poles, while the N16M simulation has lower opacity regions at the equator. If radiation is intercepted by this high-opacity material and does accelerate it, it will do so unevenly, likely partaking in the shaping of the envelope. This conclusion may be very relevant for planetary nebula formation and shaping and add to the complexity of shaping post-common envelope planetary nebulae already studied by García-Segura, Ricker & Taam (2018) and Frank et al. (2018).

7 SUMMARY AND CONCLUSIONS

We have presented a comparison of simulations carried out with ideal gas or tabulated equations of state to quantify the effects of
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We have tested two different primary stars both of which were previously modelled. These simulations are still far from full radiation transport models, but they offer valuable insight regardless. We conclude the following:

(i) The final orbital separation is not influenced by the EoS choice. We conclude that extra unbinding observed in simulations that release recombination energy does not impact the orbital inspiral. The orbital energy is typically injected earlier and at smaller radii than where gas recombines, leaving the inspiral largely unchanged. This conclusion is in line with what concluded by Nandez & Ivanova (2016).

(ii) A far greater amount of envelope gas is unbound when our tabulated EoS is used. This is more so for the 0.88-M_⊙ giant simulation, where effectively the entire envelope is unbound, than for the 1.8 M_⊙ one. The criterion adopted to determine whether gas is unbound is important. We advocate the use of a criterion that includes the thermal energy of the gas, but would suggest that a pure mechanical energy criterion be always used as a comparison. Like the simulations of Nandez et al. (2015) and of Nandez & Ivanova (2016), all recombination energy is converted in work in our adiabatic simulations.

(iii) The fraction of hydrogen recombination energy available to unbind the envelope has been recently debated. We add incremental (though not definitive) evidence that suggests that the amount of hydrogen recombination energy available to do work should be of the order of 50 per cent.

(iv) Helium recombination energy is very effective in unbinding gas because virtually none of it can escape. This conclusion is in line with the findings of Ivanova et al. (2015) that helium recombination energy is efficiently used to do work and expand the
envelope. For the case of our 1.8-M\textsubscript{☉} simulation, it is the helium recombination energy that dominates the envelope unbinding, while for our 0.88-M\textsubscript{☉} giant simulation helium contributes approximately half of the recombination energy. We note that the amount of helium recombination energy is proportional to the helium abundance adopted (Y = 0.3). The range of possible helium abundances (~0.24–0.45) would result in a similar range in the amount of available helium recombination energy. It is remarkable how relatively similar stars exhibit substantially different behaviours. This cautions us against generalizing these conclusions to other intermediate-mass stars.

This cautions us against generalizing these conclusions to other relatively similar stars exhibit substantially different behaviours. The difference in morphologies between the two stars in this study, leading to substantial differences ratios) should be treated with caution. The relatively small differences in the two simulations indicates that the nebulae deriving from the ejection of the common envelopes would have different shapes.

The extension of any of these findings to different parameter combinations (such as higher mass primaries or differing mass ratios) should be treated with caution. The relatively small differences between the two stars in this study, leading to substantial differences in their behaviours is a testament to this. The study of Ivanova et al. (2015) in 1D also shows how varying the rate and location of energy deposition changes the outcome. While 3D models, such as ours, can reproduce the inherent asymmetries in these systems, they rely on the limited resolution chosen because of long-running times. Further, the interaction between the companion (or the stellar core) and the gas is simplified by the use of point masses and softened potential. Just what effect this has on the energy deposition and the reaction of the envelope has not been quantified.

Finally, we note that, besides recombination energy, there may be other energy sources and sinks that have not yet been considered nor taken into account by simulations. For example, the impact of magnetic fields in redistributing energy in the envelope (Regős & Tout 1995; Tocknell, De Marco & Wardle 2014), or the effect of convection, which would redistribute energy and possibly lead to its removal (Wilson & Nordhaus 2019).

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All stellar input profiles are available as part of the PHANTOM code public distribution (phantomspf.bitbucket.io) or upon request.

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APPENDIX A: RESOLUTION TEST

We carried out the P12M simulation at higher resolution using \(8 \times 10^5\) SPH particles to study the effect of resolution. This

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**Figure A1.** Comparison of orbital separation (left-hand panel) and bound mass (right-hand panel) for low-resolution ($8 \times 10^4$ particles; blue) and high-resolution ($8 \times 10^5$ particles; red) P12M simulations. The bound mass labels are the same as Fig. 2.

simulation was executed using a slightly older version of PHANTOM and a slightly less refined stellar stabilization method. We have not repeated it with the updated code because of a large wall clock time. We expect there to be negligible differences between outputs, but we have none the less compared this high-resolution simulation to a low-resolution simulation ($8 \times 10^4$ SPH particles) carried out with the same code version.

Fig. A1 shows how the orbital separation and bound mass evolve with time for these two resolutions. The evolution of the bound mass, using our four criteria, remains within 10–20 per cent within the first 500 d, after which resolution effects become larger.

This suggests that the extra unbinding observed in simulations, including recombination energy is not a resolution effect, and that the recombination energy is indeed being used to eject the envelope.

A 10-fold increase in SPH particle number (corresponding to approximately a doubling of linear resolution) does not alter the behaviour of our results and the conclusions of our study.

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