Iterative Thresholding Algorithm for Sparse Inverse Covariance Estimation

Dominique Guillot*  Bala Rajaratnam*  Benjamin T. Rolfs*
Dept. of Statistics  Dept. of Statistics  ICME
Stanford University  Stanford University  Stanford University
Stanford, CA 94305  Stanford, CA 94305  Stanford, CA 94305
dguillot@stanford.edu  brajarat@stanford.edu  benrolfs@stanford.edu

Arian Maleki
Dept. of ECE
Rice University
Houston, TX 77005
arian.maleki@rice.edu

Ian Wong
Dept. of EE and Statistics
Stanford University
Stanford, CA 94305
ianw@stanford.edu

Abstract

The $\ell_1$-regularized maximum likelihood estimation problem has recently become a topic of great interest within the machine learning, statistics, and optimization communities as a method for producing sparse inverse covariance estimators. In this paper, a proximal gradient method ($G$-ISTA) for performing $\ell_1$-regularized covariance matrix estimation is presented. Although numerous algorithms have been proposed for solving this problem, this simple proximal gradient method is found to have attractive theoretical and numerical properties. $G$-ISTA has a linear rate of convergence, resulting in an $O(\log \varepsilon)$ iteration complexity to reach a tolerance of $\varepsilon$. This paper gives eigenvalue bounds for the $G$-ISTA iterates, providing a closed-form linear convergence rate. The rate is shown to be closely related to the condition number of the optimal point. Numerical convergence results and timing comparisons for the proposed method are presented. $G$-ISTA is shown to perform very well, especially when the optimal point is well-conditioned.

1 Introduction

Datasets from a wide range of modern research areas are increasingly high dimensional, which presents a number of theoretical and practical challenges. A fundamental example is the problem of estimating the covariance matrix from a dataset of $n$ samples $\{X^{(i)}\}_{i=1}^n$, drawn $i.i.d$ from a $p$-dimensional, zero-mean, Gaussian distribution with covariance matrix $\Sigma \in S_{++}^p$, $X^{(i)} \sim \mathcal{N}_p(0, \Sigma)$, where $S_{++}^p$ denotes the space of $p \times p$ symmetric, positive definite matrices. When $n \geq p$ the maximum likelihood covariance estimator $\hat{\Sigma}$ is the sample covariance matrix $S = \frac{1}{n} \sum_{i=1}^n X^{(i)}X^{(i)T}$. A problem however arises when $n < p$, due

*Equal contributors.
to the rank-deficiency in $S$. In this sample deficient case, common throughout several modern applications such as genomics, finance, and earth sciences, the matrix $S$ is not invertible, and thus cannot be directly used to obtain a well-defined estimator for the inverse covariance matrix $\Omega := \Sigma^{-1}$.

A related problem is the inference of a Gaussian graphical model ([33, 18]), that is, a sparsity pattern in the inverse covariance matrix, $\Omega$. Gaussian graphical models provide a powerful means of dimensionality reduction in high-dimensional data. Moreover, such models allow for discovery of conditional independence relations between random variables since, for multivariate Gaussian data, sparsity in the inverse covariance matrix encodes conditional independences. Specifically, if $X = (X_i)_{i=1}^p \in \mathbb{R}^p$ is distributed as $X \sim \mathcal{N}_p(0, \Sigma)$, then $(\Sigma^{-1})_{ij} = \Omega_{ij} = 0 \iff X_i \perp \perp X_j | \{X_k\}_{k \neq i, j}$, where the notation $A \perp \perp B | C$ denotes the conditional independence of $A$ and $B$ given the set of variables $C$ (see [33, 18]). If a dataset, even one with $n \gg p$ is drawn from a normal distribution with sparse inverse covariance matrix $\Omega$, the inverse sample covariance matrix $S^{-1}$ will almost surely be a dense matrix, although the estimates for those $\Omega_{ij}$ which are equal to 0 may be very small in magnitude. As sparse estimates of $\Omega$ are more robust than $S^{-1}$, and since such sparsity may yield easily interpretable models, there exists significant impetus to perform sparse inverse covariance estimation in very high dimensional low sample size settings.

Banerjee et al. [1] proposed performing such sparse inverse covariance estimation by solving the $\ell_1$-penalized maximum likelihood estimation problem,

$$\Theta^*_\rho = \arg \min_{\Theta \in S^p_{++}} -\log \det \Theta + \langle S, \Theta \rangle + \rho \|\Theta\|_1, \quad (1)$$

where $\rho > 0$ is a penalty parameter, $\langle S, \Theta \rangle = \text{Tr}(S\Theta)$, and $\|\Theta\|_1 = \sum_{i,j} |\Theta_{ij}|$. For $\rho > 0$, Problem (1) is strongly convex and hence has a unique solution, which lies in the positive definite cone $S^p_{++}$ due to the log det term, and is hence invertible. Moreover, the $\ell_1$ penalty induces sparsity in $\Theta^*_\rho$, as it is the closest convex relaxation of the $0 - 1$ penalty, $\|\Theta\|_0 = \sum_{i,j} \mathbb{I}(\Theta_{ij} \neq 0)$, where $\mathbb{I}(\cdot)$ is the indicator function [5]. The unique optimal point of problem (1), $\Theta^*_\rho$, is both invertible (for $\rho > 0$) and sparse (for sufficiently large $\rho$), and can be used as an inverse covariance matrix estimator.

In this paper, a proximal gradient method for solving Problem (1) is proposed. The resulting “graphical iterative shrinkage thresholding algorithm”, or $G$-ISTA, is shown to converge at a
linear rate to $\Theta^*_\rho$, that is, its iterates $\Theta_t$ are proven to satisfy
\[
\|\Theta_{t+1} - \Theta^*_\rho\|_F \leq s \|\Theta_t - \Theta^*_\rho\|_F,
\]
for a fixed worst-case contraction constant $s \in (0, 1)$, where $\|\cdot\|_F$ denotes the Frobenius norm. The convergence rate $s$ is provided explicitly in terms of $S$ and $\rho$, and importantly, is related to the condition number of $\Theta^*_\rho$.

We also note that methods outside the penalized likelihood framework have been proposed in the context of graphical models. In particular graphical model estimation and related problems has also be undertaken either in the Bayesian or testing frameworks. The reader is referred to the theoretical work of \cite{10, 13, 14, 17, 19, 28}, among others, for greater detail.

The paper is organized as follows. Section 2 describes prior work related to solution of Problem (1). The G-ISTA algorithm is formulated in Section 3. Section 4 contains the convergence proofs of this algorithm, which constitutes the primary mathematical result of this paper. Numerical results are presented in Section 5 and concluding remarks are made in Section 6.

2 Prior Work

While several excellent general convex solvers exist (for example, \cite{12} and \cite{4}), these are not always adept at handling high dimensional problems (i.e., $p > 1000$). As many modern datasets have several thousands of variables, numerous authors have proposed efficient algorithms designed specifically to solve the $\ell_1$-penalized sparse maximum likelihood covariance estimation problem (1).

These can be broadly categorized as either primal or dual methods. Following the literature, we refer to primal methods as those which directly solve Problem (1), yielding a concentration estimate. Dual methods \cite{1} yield a covariance matrix by solving the constrained problem, \[
\begin{align*}
\text{minimize} \quad & -\log \det(S + U) - p \\
\text{subject to} \quad & \|U\|_\infty \leq \rho,
\end{align*}
\]
where the primal and dual variables are related by $\Theta = (S + U)^{-1}$. Both the primal and dual problems can be solved using block methods (also known as “row by row” methods), which sequentially optimize one row/column of the argument at each step until convergence. The primal and dual block problems both reduce to $\ell_1$-penalized regressions, which can be
2.1 Dual Methods

A number of dual methods for solving Problem (1) have been proposed in the literature. Banerjee et al. [1] consider a block coordinate descent algorithm to solve the block dual problem, which reduces each optimization step to solving a box-constrained quadratic program. Each of these quadratic programs is equivalent to performing a “lasso” ($\ell_1$-regularized) regression. Friedman et al. [11] iteratively solve the lasso regression as described in [1], but do so using coordinate-wise descent. Their widely used solver, known as the graphical lasso (glasso) is implemented on CRAN. Global convergence rates of these block coordinate methods are unknown. D’Aspremont et al. [9] use Nesterov’s smooth approximation scheme, which produces an $\varepsilon$-optimal solution in $O(1/\varepsilon)$ iterations. A variant of Nesterov’s smooth method is shown to have a $O(1/\sqrt{\varepsilon})$ iteration complexity in [20, 21].

2.2 Primal Methods

Interest in primal methods for solving Problem (1) has been growing for many reasons. One important reason stems from the fact that convergence within a certain tolerance for the dual problem does not necessarily imply convergence within the same tolerance for the primal.

Yuan and Lin [36] use interior point methods based on the max-det problem studied in [32]. Yuan [37] use an alternating-direction method, while Scheinberg et al. [30] proposes a similar method and show a sublinear convergence rate. Mazumder and Hastie [23] consider block-coordinate descent approaches for the primal problem, similar to the dual approach taken in [11]. Mazumder and Agarwal [22] also solve the primal problem with block-coordinate descent, but at each iteration perform a partial as opposed to complete block optimization, resulting in a decreased computational complexity per iteration. Convergence rates of these primal methods have not been considered in the literature and hence theoretical guarantees are not available. Hsieh et al. [16] propose a second-order proximal point algorithm, called QUIC, which converges superlinearly locally around the optimum.

3 Methodology

In this section, the graphical iterative shrinkage thresholding algorithm (G-ISTA) for solving the primal problem (1) is presented. A rich body of mathematical and numerical work
exists for general iterative shrinkage thresholding and related methods; see, in particular, [3, 8, 24, 25, 26, 31]. A brief description is provided here.

### 3.1 General Iterative Shrinkage Thresholding (ISTA)

Iterative shrinkage thresholding algorithms (ISTA) are general first-order techniques for solving problems of the form

$$\min_{x \in \mathcal{X}} F(x) := f(x) + g(x), \quad (4)$$

where $\mathcal{X}$ is a Hilbert space with inner product $\langle \cdot, \cdot \rangle$ and associated norm $\| \cdot \|$, $f : \mathcal{X} \to \mathbb{R}$ is a continuously differentiable, convex function, and $g : \mathcal{X} \to \mathbb{R}$ is a lower semi-continuous, convex function, not necessarily smooth. The function $f$ is also often assumed to have Lipschitz-continuous gradient $\nabla f$, that is, there exists some constant $L > 0$ such that

$$\| \nabla f(x_1) - \nabla f(x_2) \| \leq L \| x_1 - x_2 \| \quad (5)$$

for any $x_1, x_2 \in \mathcal{X}$.

For a given lower semi-continuous convex function $g$, the proximity operator of $g$, denoted by $\text{prox}_g : \mathcal{X} \to \mathcal{X}$, is given by

$$\text{prox}_g(x) = \arg \min_{y \in \mathcal{X}} \left\{ g(y) + \frac{1}{2} \| x - y \|^2 \right\}, \quad (6)$$

It is well known (for example, [8]) that $x^* \in \mathcal{X}$ is an optimal solution of problem (4) if and only if

$$x^* = \text{prox}_{\zeta g}(x^* - \zeta \nabla f(x^*)) \quad (7)$$

for any $\zeta > 0$. The above characterization suggests a method for optimizing problem (4) based on the iteration

$$x_{t+1} = \text{prox}_{\zeta_t g}(x_t - \zeta_t \nabla f(x_t)) \quad (8)$$

for some choice of step size, $\zeta_t$. This simple method is referred to as an iterative shrinkage thresholding algorithm (ISTA). For a step size $\zeta_t \leq \frac{1}{L}$, the ISTA iterates $x_t$ are known to
satisfy

\[ F(x_t) - F(x^*) \simeq O \left( \frac{1}{t} \right), \forall t, \]  

(9)

where \( x^* \) is some optimal point, which is to say, they converge to the space of optimal points at a sublinear rate. If no Lipschitz constant \( L \) for \( \nabla f \) is known, the same convergence result still holds for \( \zeta_t \) chosen such that

\[ f(x_{t+1}) \leq Q_{\zeta_t}(x_{t+1}, x_t), \]  

(10)

where \( Q_{\zeta}(\cdot, \cdot) : \mathcal{X} \times \mathcal{X} \to \mathbb{R} \) is a quadratic approximation to \( f \), defined by

\[ Q_{\zeta}(x, y) = f(y) + \langle x - y, \nabla f(y) \rangle + \frac{1}{2\zeta} \| x - y \|^2. \]  

(11)

See \[3\] for more details.

### 3.2 Graphical Iterative Shrinkage Thresholding (GISTA)

The general method described in Section 3.1 can be adapted to the sparse inverse covariance estimation Problem (1). Using the notation introduced in Problem (4), define \( f, g : \mathbb{S}^p_{++} \to \mathbb{R} \) by

\[ f(X) = -\log \det(X) + \langle S, X \rangle \quad \text{and} \quad g(X) = \rho \| X \|_1. \]

Both are continuous convex functions defined on \( \mathbb{S}^p_{++} \). Although the function \( \nabla f(X) = S - X^{-1} \) is not Lipschitz continuous over \( \mathbb{S}^p_{++} \), it is Lipschitz continuous within any compact subset of \( \mathbb{S}^p_{++} \) (See Lemma 2 of the Supplemental section).

**Lemma 1** ([1, 20]). The solution of Problem (1), \( \Theta^*_\rho \), satisfies \( \alpha I \preceq \Theta^*_\rho \preceq \beta I \), for

\[ \alpha = \frac{1}{\| S \|_2 + pp}, \quad \beta = \min \left\{ \frac{p - \alpha \text{Tr}(S)}{\rho}, \gamma \right\}, \]  

(12)

and

\[ \gamma = \left\{ \begin{array}{ll}
\min \{ I^T |S^{-1}| I, (p - \rho \sqrt{p} \alpha) \| S^{-1} \|_2 - (p - 1) \alpha \} & \text{if } S \in \mathbb{S}^p_{++} \\
21^T |(S + \frac{\rho}{2} I)^{-1}| 1 - \text{Tr}((S + \frac{\rho}{2} I)^{-1}) & \text{otherwise},
\end{array} \right. \]  

(13)

where \( I \) denotes the \( p \times p \) dimensional identity matrix and \( 1 \) denotes the \( p \)-dimensional vector of ones.

Note that \( f + g \) as defined is a continuous, strongly convex function on \( \mathbb{S}^p_{++} \). Moreover, by Lemma 2 of the supplemental section, \( f \) has a Lipschitz continuous gradient when restricted
to the compact domain $aI \preceq \Theta \preceq bI$. Hence, $f$ and $g$ as defined meet the conditions described in Section 3.1.

The proximity operator of $\rho \|X\|_1$ for $\rho > 0$ is the soft-thresholding operator, $\eta_\rho : \mathbb{R}^{p \times p} \rightarrow \mathbb{R}^{p \times p}$, defined entrywise by

$$[\eta_\rho(X)]_{i,j} = \text{sgn}(X_{i,j}) \left(|X_{i,j}| - \rho\right)_+ ,$$

(14)

where for some $x \in \mathbb{R}$, $(x)_+ := \max(x, 0)$ (see [8]). Finally, the quadratic approximation $Q_{\zeta_t}$ of $f$, as in equation (11), is given by

$$Q_{\zeta_t}(\Theta_{t+1}, \Theta_t) = - \log \det(\Theta_t) + \langle S, \Theta_t \rangle + \langle \Theta_{t+1} - \Theta_t, S - \Theta_t^{-1} \rangle + \frac{1}{2\zeta_t} \|\Theta_{t+1} - \Theta_t\|_F^2 .$$

(15)

The $\text{G-ISTA}$ algorithm for solving Problem (1) is given in Algorithm 1. As in [3], the algorithm uses a backtracking line search for the choice of step size. The procedure terminates when a pre-specified duality gap is attained. The authors found that an initial estimate of $\Theta_0$ satisfying $[\Theta_0]_{ii} = (S_{ii} + \rho)^{-1}$ works well in practice. Note also that the positive definite check of $\Theta_{t+1}$ during Step (1) of Algorithm 1 is accomplished using a Cholesky decomposition, and the inverse of $\Theta_{t+1}$ is computed using that Cholesky factor.

**Algorithm 1: G-ISTA for Problem (1)**

**input**: Sample covariance matrix $S$, penalty parameter $\rho$, tolerance $\varepsilon$, backtracking constant $c \in (0, 1)$, initial step size $\zeta_{1,0}$, initial iterate $\Theta_0$. Set $\Delta := 2\varepsilon$.

**while** $\Delta > \varepsilon$ **do**

(1) **Line search**: Let $\zeta_t$ be the largest element of $\{c^j \zeta_{t,0}\}_{j=0,1,...}$ so that for $\Theta_{t+1} = \eta_{\zeta_t \rho} \left(\Theta_t - \zeta_t (S - \Theta_t^{-1})\right)$, the following are satisfied:

$$\Theta_{t+1} \succ 0 \quad \text{and} \quad f(\Theta_{t+1}) \leq Q_{\zeta_t}(\Theta_{t+1}, \Theta_t) ,$$

for $Q_{\zeta}$ as defined in (15).

(2) **Update iterate**: $\Theta_{t+1} = \eta_{\zeta_t \rho} \left(\Theta_t - \zeta_t (S - \Theta_t^{-1})\right)$

(3) **Set next initial step**, $\zeta_{t+1,0}$. See Section 3.2.1

(4) **Compute duality gap**:

$$\Delta = - \log \det(S + U_{t+1}) - p - \log \det \Theta_{t+1} + \langle S, \Theta \rangle + \rho \|\Theta_{t+1}\|_1 ,$$

where $(U_{t+1})_{i,j} = \min\{\max\{((\Theta_{t+1})_{i,j}^{-1} - S_{i,j}), -\rho\}, \rho\}$.

**end**

**output**: $\varepsilon$-optimal solution to problem (1), $\Theta^*_\rho = \Theta_{t+1}$.
3.2.1 Choice of initial step size, $\zeta_0$

Each iteration of Algorithm 1 requires an initial step size, $\zeta_0$. The results of Section 4 guarantee that any $\zeta_0 \leq \lambda_{\min}(\Theta_t)^2$ will be accepted by the line search criteria of Step 1 in the next iteration. However, in practice this choice of step is overly cautious; a much larger step can often be taken. Our implementation of Algorithm 1 chooses the Barzilai-Borwein step \[2\]. This step, given by

\[
\zeta_{t+1,0} = \frac{\text{Tr}((\Theta_{t+1} - \Theta_t)(\Theta_{t+1} - \Theta_t))}{\text{Tr}((\Theta_{t+1} - \Theta_t)(\Theta_t^{-1} - \Theta_{t+1}^{-1}))},
\]

is also used in the SpaRSA algorithm \[35\], and approximates the Hessian around $\Theta_{t+1}$. If a certain number of maximum backtracks do not result in an accepted step, $G$-ISTA takes the safe step, $\lambda_{\min}(\Theta_t)^2$. Such a safe step can be obtained from $\lambda_{\max}(\Theta_t^{-1})$, which in turn can be quickly approximated using power iteration.

4 Convergence Analysis

In this section, linear convergence of Algorithm 1 is discussed. Throughout the section, $\Theta_t$ ($t = 1, 2, \ldots$) denote the iterates of Algorithm 1 and $\Theta^*_\rho$ the optimal solution to Problem 1 for $\rho > 0$. The minimum and maximum eigenvalues of a symmetric matrix $A$ are denoted by $\lambda_{\min}(A)$ and $\lambda_{\max}(A)$, respectively.

**Theorem 1.** Assume that the iterates $\Theta_t$ of Algorithm 1 satisfy $aI \preceq \Theta_t \preceq bI$, for some fixed constants $0 < a < b$. If $\zeta_t \leq a^2$, $\forall t$, then

\[
\|\Theta_{t+1} - \Theta^*_\rho\|_F \leq \max\left\{\frac{\left|1 - \frac{\zeta_t}{b^2}\right|}{\frac{1 - \frac{\zeta_t}{a^2}}}{\|\Theta_t - \Theta^*_\rho\|_F}.
\]

Furthermore,

1. The step size $\zeta_t$ which yields an optimal worst-case contraction bound $s(\zeta_t)$ is $\zeta = \frac{2}{a^2 + b^2 - \gamma}$.
2. The optimal worst-case contraction bound corresponding to $\zeta = \frac{2}{a^2 + b^2 - \gamma}$ is given by

\[
s(\zeta) = 1 - \frac{2}{1 + \frac{b^2}{a^2}}
\]

**Proof.** A direct proof is given in the appendix. Note that linear convergence of proximal gradient methods for strongly convex objective functions in general has already been proven.
It remains to show that there exist constants $a$ and $b$ which bound the eigenvalues of $\Theta_t, \forall t$. The existence of such constants follows directly from Theorem 1, as $\Theta_t$ lie in the bounded domain $\{\Theta \in S^p_{++} : f(\Theta) + g(\Theta) < f(\Theta_0) + g(\Theta_0)\}$, for all $t$. However, it is possible to specify the constants $a$ and $b$ to yield an explicit rate; this is done in Theorem 2.

**Theorem 2.** Let $\rho > 0$, define $\alpha$ and $\beta$ as in Lemma 1, and assume $\zeta_t \leq \alpha^2, \forall t$. Then the iterates $\Theta_t$ of Algorithm 1 satisfy $\alpha I \preceq \Theta_t \preceq b'I, \forall t$, with $b' = \|\Theta^*_\rho\|_2 + \|\Theta_0 - \Theta^*_\rho\|_F \leq \beta + \sqrt{p}(\beta + \alpha)$.

**Proof.** See the Supplementary section.

Importantly, note that the bounds of Theorem 2 depend explicitly on the bound of $\Theta^*_\rho$, as given by Lemma 1. These eigenvalue bounds on $\Theta_{t+1}$, along with Theorem 1, provide a closed form linear convergence rate for Algorithm 1. This rate depends only on properties of the solution.

**Theorem 3.** Let $\alpha$ and $\beta$ be as in Lemma 1. Then for a constant step size $\zeta_t := \zeta < \alpha^2$, the iterates of Algorithm 1 converge linearly with a rate of

$$s(\zeta) = 1 - \frac{2\alpha^2}{\alpha^2 + (\beta + \sqrt{p}(\beta - \alpha))^2} < 1 \quad (18)$$

**Proof.** By Theorem 2 for $\zeta < \alpha^2$, the iterates $\Theta_t$ satisfy

$$\alpha I \preceq \Theta_t \preceq \left(\|\Theta^*_\rho\|_2 + \|\Theta_0 - \Theta^*_\rho\|_F\right) I$$

for all $t$. Moreover, since $\alpha I \preceq \Theta^* \preceq \beta I$, if $\alpha I \preceq \Theta_0 \preceq \beta I$ (for instance, by taking $\Theta_0 = (S + \rho I)^{-1}$ or some multiple of the identity) then this can be bounded as:

$$\|\Theta^*_\rho\|_2 + \|\Theta_0 - \Theta^*_\rho\|_F \leq \beta + \sqrt{p}\|\Theta_0 - \Theta^*_\rho\|_2 \quad (19)$$

$$\leq \beta + \sqrt{p}(\beta - \alpha). \quad (20)$$

Therefore,

$$\alpha I \preceq \Theta_t \preceq (\beta + \sqrt{p}(\beta - \alpha)) I, \quad (21)$$

and the result follows from Theorem 1.
Remark 1. Note that the contraction constant (equation 18) of Theorem 3 is closely related to the condition number of $\Theta^*_\rho$.

\[
\kappa(\Theta^*_\rho) = \frac{\lambda_{\max}(\Theta^*_\rho)}{\lambda_{\min}(\Theta^*_\rho)} \leq \frac{\beta}{\alpha}
\]

as

\[
1 - \frac{2\alpha^2}{\alpha^2 + (\beta + \sqrt{p(\beta - \alpha)})^2} \geq 1 - \frac{2\alpha^2}{\alpha^2 + \beta^2} \geq 1 - 2\kappa(\Theta^*_\rho)^{-2}.
\] (22)

Therefore, the worst case bound becomes close to 1 as the conditioning number of $\Theta^*_\rho$ increases.

It is important to compare the above convergence results to those that have been recently established. In particular, the useful, recent QUIC method \[16\] warrants a discussion. As soon as the sign pattern of its iterates match that of the true optimum, the non-smooth problem becomes effectively smooth and the QUIC algorithm reduces to a Newton method. At this point, QUIC converges quadratically; however, this is a very local property, and no overall complexity bounds have been specified for QUIC. This can be contrasted with our results, which take advantage of existing bounds on the optimal solution to yield global convergence (i.e., that we can always specify a starting point which meets our conditions). We also note that convergence rates have not been established for the glasso. However, QUIC and glasso can all be very fast in appropriate settings. Each brings a useful addition to the literature by taking advantage of different structural elements (block structure for glasso, second order approaches for QUIC, and conditioning bounds for G-ISTA). We feel there is no silver bullet; each method outperforms the others in certain settings.

5 Numerical Results

In this section, we provide numerical results for the G-ISTA algorithm. In Section 5.2, the theoretical results of Section 4 are demonstrated. Section 5.3 compares running times of the G-ISTA, glasso \[11\], and QUIC \[16\] algorithms. All algorithms were implemented in C++, and run on an Intel i7 – 2600k 3.40GHz × 8 core with 16 GB of RAM.
5.1 Synthetic Datasets

Synthetic data for this section was generated following the method used by [21, 22]. For a fixed $p$, a $p$ dimensional inverse covariance matrix $\Omega$ was generated with off-diagonal entries drawn i.i.d from a uniform$(-1, 1)$ distribution. These entries were set to zero with some fixed probability (in this case, either 0.97 or 0.85 to simulate a very sparse and a somewhat sparse model). Finally, a multiple of the identity was added to the resulting matrix so that the smallest eigenvalue was equal to 1. In this way, $\Omega$ was insured to be sparse, positive definite, and well-conditioned. Datsets of $n$ samples were then generated by drawing i.i.d. samples from a $\mathcal{N}_p(0, \Omega^{-1})$ distribution. For each value of $p$ and sparsity level of $\Omega$, $n = 1.2p$ and $n = 0.2p$ were tested, to represent both the $n < p$ and $n > p$ cases.

| problem          | algorithm | time/iter | algorithm | time/iter |
|------------------|-----------|-----------|-----------|-----------|
| $p = 2000$       | glasso    | 27.65%    | 0.03      | 15.08%    |
| $n = 400$        | G-ISTA   | 28.71%    | 0.03      | 27.57%    |
| $\text{nnz}(\Omega) = 3\%$ |          |           |           |           |
| $p = 2000$       | glasso    | 1977.92   | 0.06      | 831.69    |
| $n = 400$        | G-ISTA   | 1481.80   | 0.06      | 257.97    |
| $\text{nnz}(\Omega) = 3\%$ |          |           |           |           |
| $p = 2000$       | glasso    | 27.35%    | 0.09      | 2.39%     |
| $n = 400$        | G-ISTA   | 27.05%    | 0.09      | 2.39%     |
| $\text{nnz}(\Omega) = 3\%$ |          |           |           |           |
| $p = 2000$       | glasso    | 2163.33   | 0.12      | 1.16%     |
| $n = 400$        | G-ISTA   | 211.29    | 0.12      | 1.16%     |
| $\text{nnz}(\Omega) = 3\%$ |          |           |           |           |
| $p = 2000$       | glasso    | 251.51    | 0.15      | 7.96%     |
| $n = 400$        | G-ISTA   | 251.51    | 0.15      | 7.96%     |
| $\text{nnz}(\Omega) = 15\%$ |          |           |           |           |
| $p = 2000$       | glasso    | 28.23     | 0.18      | 1.95%     |
| $n = 400$        | G-ISTA   | 28.23     | 0.18      | 1.95%     |
| $\text{nnz}(\Omega) = 15\%$ |          |           |           |           |

Table 1: Timing comparisons for $p = 2000$ dimensional datasets, generated as in Section 5.1. Above, nnz(A) is the percentage of nonzero elements of matrix A.

5.2 Demonstration of Convergence Rates

The linear convergence rate derived for G-ISTA in Section 4 was shown to be heavily dependent on the conditioning of the final estimator. To demonstrate these results, G-ISTA was run on a synthetic dataset, as described in Section 5.1, with $p = 500$ and $n = 300$. Regularization parameters of $\rho = 0.75, 0.1, 0.125, 0.15, \text{ and } 0.175$ were used. Note as $\rho$ increases, $\Theta^*_\rho$ generally becomes better conditioned. For each value of $\rho$, the numerical optimum was computed to a duality gap of $10^{-10}$ using G-ISTA. These values of $\rho$ resulted in sparsity levels of 81.80%, 89.67%, 94.97%, 97.82%, and 99.11%, respectively. G-ISTA was then run again, and
the Frobenius norm argument errors at each iteration were stored. These errors were plotted
on a log scale for each value of $\rho$ to demonstrate the dependence of the convergence rate on
condition number. See Figure 1 which clearly demonstrates the effects of conditioning.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure1.png}
\caption{Semilog plot of $\|\Theta_t - \Theta^*_\rho\|_F$ vs. iteration number $t$, demonstrating linear convergence
rates of G-ISTA, and dependence of those rates on $\kappa(\Theta^*_\rho)$.}
\end{figure}

5.3 Timing Comparisons

The G-ISTA, glasso, and QUIC algorithms were run on synthetic datasets (real datasets are
presented in the Supplemental section) of varying $p, n$ and with different levels of regulariza-
tion, $\rho$. All algorithms were run to ensure a fixed duality gap, here taken to be $10^{-5}$. This
comparison used efficient C++ implementations of each of the three algorithms investigated.
The implementation of G-ISTA was adapted from the publicly available C++ implementa-
tion of QUIC Hsieh et al. [16]. Running times were recorded and are presented in Table II.
Further comparisons are presented in the Supplementary section.

Remark 2. The three algorithms variable ability to take advantage of multiple processors
is an important detail. The times presented in Table II are wall times, not CPU times. The
comparisons were run on a multicore processor, and it is important to note that the Cholesky
decompositions and inversions required by both G-ISTA and QUIC take advantage of multiple
cores. On the other hand, the $p^2$ dimensional lasso solve of QUIC and $p$-dimensional lasso solve of glasso do not. For this reason, and because Cholesky factorizations and inversions make up the bulk of the computation required by G-ISTA, the CPU time of G-ISTA was typically greater than its wall time by a factor of roughly 4. The CPU and wall times of QUIC were more similar; the same applies to glasso.

6 Conclusion

In this paper, a proximal gradient method was applied to the sparse inverse covariance problem. Linear convergence was discussed, with a fixed closed-form rate. Numerical results have also been presented, comparing G-ISTA to the widely-used glasso algorithm and the newer, but very fast, QUIC algorithm. These results indicate that G-ISTA is competitive, in particular for values of $\rho$ which yield sparse, well-conditioned estimators. The G-ISTA algorithm was very fast on the synthetic examples of Section 5.3 which were generated from well-conditioned models. For poorly conditioned models, QUIC is very competitive. The Supplemental section gives two real datasets which demonstrate this. For many practical applications however, obtaining an estimator that is well-conditioned is important ([29, 34]).

To conclude, although second-order methods for the sparse inverse covariance estimation problem have recently been shown to perform well, simple first-order methods cannot be ruled out, as they can also be very competitive in many cases.

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A Supplementary material

A.1 Lipschitz Continuity of $\nabla f(X)$

Lemma 2. For any $X, Y \in S^p_{++}$,

$$\frac{1}{b^2} \|X - Y\|_2 \leq \|X^{-1} - Y^{-1}\|_2 \leq \frac{1}{a^2} \|X - Y\|_2,$$

where $a = \min\{\lambda_{\min}(X), \lambda_{\min}(Y)\}$ and $b = \max\{\lambda_{\max}(X), \lambda_{\max}(Y)\}$.

Proof. To prove the right-hand side inequality, notice that

$$X^{-1} - Y^{-1} = X^{-1}(Y - X)Y^{-1}.$$

Thus,

$$\|X^{-1} - Y^{-1}\|_2 = \|X^{-1}(Y - X)Y^{-1}\|_2 \leq \|X^{-1}\|_2 \|Y - X\|_2 \|Y^{-1}\|_2 = \lambda_{\max}(X^{-1})\lambda_{\max}(Y^{-1}) \|X - Y\|_2 \leq \frac{1}{\lambda_{\min}(X)} \frac{1}{\lambda_{\min}(Y)} \|X - Y\|_2 \leq \frac{1}{a^2} \|X - Y\|_2.$$

To prove the left inequality, note first that

$$Y - X = X(X^{-1} - Y^{-1})Y.$$

Therefore,

$$\|X - Y\|_2 = \|X(X^{-1} - Y^{-1})Y\|_2 \leq \|X\|_2 \|X^{-1} - Y^{-1}\|_2 \|Y\|_2 = \lambda_{\max}(X)\lambda_{\max}(Y) \|X^{-1} - Y^{-1}\|_2 \leq b^2 \|X^{-1} - Y^{-1}\|_2.$$

This shows that

$$\|X^{-1} - Y^{-1}\|_2 \geq \frac{1}{b^2} \|X - Y\|_2$$

and concludes the proof. \qed
The function $\nabla f(X) = S - X^{-1}$ is Lipschitz continuous on any compact domain, since for $X, Y \in \mathbb{S}_+^p$ such that $aI \preceq X, Y \preceq bI$,

$$\|\nabla f(X) - \nabla f(Y)\|_F = \|X^{-1} - Y^{-1}\|_F \leq \sqrt{p} \|X^{-1} - Y^{-1}\|_2 \leq \frac{\sqrt{p}}{a^2} \|X - Y\|_2 \leq \frac{\sqrt{p}}{a^2} \|X - Y\|_F.$$  

A.2 Proof of Theorem \[1\]

We now provide the proof of Theorem 1.

**Lemma 3.** Let $\Theta_t$ be as in Algorithm \[1\] and let $\Theta^*_\rho$ be the optimal point of problem (1).

Also, define

$$b := \max \left\{ \lambda_{\max}(\Theta_t), \lambda_{\max}(\Theta^*_\rho) \right\}, \quad a := \min \left\{ \lambda_{\min}(\Theta_t), \lambda_{\min}(\Theta^*_\rho) \right\}.$$  

Then

$$\|\Theta_{t+1} - \Theta^*_\rho\|_F \leq \max \left\{ \left| 1 - \frac{\zeta_t}{b^2} \right|, \left| 1 - \frac{\zeta_t}{a^2} \right| \right\} \|\Theta_t - \Theta^*_\rho\|_F.$$  

**Proof.** By construction in Algorithm \[1\]

$$\Theta_{t+1} = \eta_{\zeta_t \rho} \left( (\Theta_t - \zeta_t (S - \Theta_t^{-1})) \right)$$

Moreover, as $\Theta^*_\rho$ is a fixed point of the ISTA iteration \[8\] Prop. 3.1, it satisfies

$$\Theta^*_\rho = \eta_{\zeta_t \rho} \left( \Theta^*_\rho - \zeta_t (S - (\Theta^*_\rho)^{-1}) \right).$$

The soft-thresholding operator $\eta_{\rho}(\cdot)$ is a proximity operator corresponding to $\rho \|\cdot\|_1$. Since prox operators are non-expansive \[8\] Lemma 2.2, it follows that:

$$\|\Theta_{t+1} - \Theta^*_\rho\|_F = \|\eta_{\zeta_t \rho} \left( (\Theta_t - \zeta_t (S - \Theta_t^{-1})) - \eta_{\zeta_t \rho} \left( \Theta^*_\rho - \zeta_t (S - (\Theta^*_\rho)^{-1}) \right) \right)\|_F$$

$$\leq \|\Theta_t - \zeta_t (S - \Theta_t^{-1}) - (\Theta^*_\rho - \zeta_t (S - (\Theta^*_\rho)^{-1}))\|_F$$

$$= \|\left( (\Theta_t + \zeta_t \Theta_t^{-1}) - (\Theta^*_\rho + \zeta_t (\Theta^*_\rho)^{-1}) \right)\|_F.$$  

To bound the latter expression, recall that if $h : U \subset \mathbb{R}^n \rightarrow \mathbb{R}^m$ is a differentiable mapping,
with \(x, y \in U\), and \(cx + (1 - c)y \in U\) for all \(c \in [0, 1]\), then
\[
\|h(x) - h(y)\| \leq \sup_{c \in [0, 1]} \{\|J_h(cx + (1-c)y)\| \|x - y\|\}
\]
where \(J_h(\cdot)\) is the Jacobian of \(h\). Define \(h_\gamma : \mathbb{S}^p_+ \to \mathbb{R}^{p^2}\) by
\[
h_\gamma(X) = \text{vec}(X) + \text{vec}(\gamma X^{-1}),
\]
where \(\text{vec}(\cdot) : \mathbb{R}^{p \times p} \to \mathbb{R}^{p^2}\) is the vectorization operator defined by
\[
\text{vec}(A) = (A_{11}, A_{21}, \ldots, A_{p1})^T
\]
with \(A_{ii}\) the \(i^{th}\) row of \(A\). Note that for \(X \in \mathbb{S}^p_+\),
\[
\frac{\partial X}{\partial X} = I_{p^2} \quad \text{and} \quad \frac{\partial X^{-1}}{\partial X} = -X^{-1} \otimes X^{-1},
\]
where \(\otimes\) is the Kronecker product and \(I_{p^2}\) is the \(p^2 \times p^2\) identity matrix. Then the Jacobian of \(h_\gamma\) is given by:
\[
J_{h_\gamma}(X) = I_{p^2} - \gamma X^{-1} \otimes X^{-1}.
\]
Application of the mean value theorem to \(h_\zeta\) over \(Z_{t,c} = \text{vec}(c\Theta_t + (1-c)\Theta_\rho^*), \ c \in [0, 1]\) yields
\[
\|h_\zeta(\Theta_t) - h_\zeta(\Theta_\rho^*)\|_F \leq \sup_{c} \left\{\|I_{p^2} - \zeta_1 Z_{t,c}^{-1} \otimes Z_{t,c}^{-1}\|_2 \right\} \|\text{vec}(\Theta_t) - \text{vec}(\Theta_\rho^*)\|_2
\]
\[
= \sup_{c} \left\{\|I_{p^2} - \zeta_1 Z_{t,c}^{-1} \otimes Z_{t,c}^{-1}\|_2 \right\} \|\Theta_t - \Theta_\rho^*\|_F.
\]
Denoting the eigenvalues of \(Z_{t,c}\) for given values of \(t\) and \(c\) as \(0 < \gamma_1 \leq \gamma_2 \leq \cdots \leq \gamma_p\), the eigenvalues of \(I_{p^2} - \zeta_1 Z_{t,c}^{-1} \otimes Z_{t,c}^{-1}\) are \(\{1 - \zeta_i(\gamma_i\gamma_j)^{-1}\}_{i,j=1}^p\). By Weyl’s inequality,
\[
\gamma_p = \lambda_{\max}(Z_{t,c}) \leq \max \{\lambda_{\max}(\Theta_t), \lambda_{\max}(\Theta_\rho^*)\}
\]
\[
\gamma_1 = \lambda_{\min}(Z_{t,c}) \geq \min \{\lambda_{\min}(\Theta_t), \lambda_{\min}(\Theta_\rho^*)\},
\]
and therefore
\[
\lambda_{\text{min}} \left( I_{p^2} - \zeta_t Z_{t,c}^{-1} \otimes Z_{t,c}^{-1} \right) = 1 - \frac{\zeta_t}{\gamma_1^2} \geq 1 - \frac{\zeta_t}{a^2}
\]
\[
\lambda_{\text{max}} \left( I_{p^2} - \zeta_t Z_{t,c}^{-1} \otimes Z_{t,c}^{-1} \right) = 1 - \frac{\zeta_t}{\gamma_p^2} \leq 1 - \frac{\zeta_t}{b^2}.
\]
Hence,
\[
\sup_{c} \left\{ \| I_{p^2} - \zeta_t Z_{t,c}^{-1} \otimes Z_{t,c}^{-1} \|_2 \right\} \leq \max \left\{ \left| 1 - \frac{\zeta_t}{b^2} \right|, \left| 1 - \frac{\zeta_t}{a^2} \right| \right\}
\]
which completes the proof.

It follows from Lemma 3 that Algorithm 1 converges linearly if
\[
s_t(\zeta_t) := \max \left\{ \left| 1 - \frac{\zeta_t}{b^2} \right|, \left| 1 - \frac{\zeta_t}{a^2} \right| \right\} \in (0, 1), \forall t. \tag{23}
\]
Since the minimum of
\[
s(\zeta) = \max \left\{ \left| 1 - \frac{\zeta}{a^2} \right|, \left| 1 - \frac{\zeta}{b^2} \right| \right\}
\]
is at \( \zeta = \frac{a^2}{a^2 + b^2} \), Theorem 1 follows directly from Lemma 3. It now remains to show that the eigenvalues of the G-ISTA iterates remain bounded in eigenvalue. A more general convergence result for strongly convex functions exists in the literature; this result is stated below.

**Theorem 4.** Let \( f \) be strongly convex with convexity constant \( \mu \), and \( \nabla f \) be Lipschitz continuous with constant \( L \). Then for constant step size \( 0 < \zeta < \frac{2}{L} \), the iterates of the ISTA iteration (equation (8)), \( \{x_t\}_{t \geq 0} \) to minimize \( f + g \) as in (4), satisfy
\[
\| x_{t+1} - x^* \|_F \leq \max \{ |1 - \zeta L|, |1 - \zeta \mu| \} \| x_t - x^* \|_F,
\]
which is to say that they converge linearly with rate \( \max \{ |1 - \zeta L|, |1 - \zeta \mu| \} \). Furthermore,

1. The step size which yields an optimal worst-case contraction bound is \( \zeta = \frac{2}{\mu + L} \).

2. The optimal worst-case contraction bound corresponding to \( \zeta = \frac{2}{\mu + L} \) is given by
\[
s(\zeta) = \max \{ |1 - \zeta L|, |1 - \zeta \mu| \}
= 1 - \frac{2}{1 + \frac{\mu}{L}}.
\]
A.3 Proof of Theorem 2

In this section, the eigenvalues of $\Theta_t$, $\forall t$ are bounded. To begin, the eigenvalues of $\Theta_{t+\frac{1}{2}} := \Theta_t - \zeta(S - \Theta_t^{-1})$ are bounded.

**Lemma 4.** Let $0 < a < b$ be given positive constants and let $\zeta_i > 0$. Assume $aI \preceq \Theta_t \preceq bI$. Then the eigenvalues of $\Theta_{t+\frac{1}{2}} := \Theta_t - \zeta(S - \Theta_t^{-1})$ satisfy:

$$\lambda_{\min}(\Theta_{t+\frac{1}{2}}) \geq \begin{cases} 2\sqrt{\zeta_t} - \zeta_t \lambda_{\max}(S) & \text{if } a \leq \sqrt{\zeta_t} \leq b \\ \min \left( a + \frac{\zeta_t}{a}, b + \frac{\zeta_t}{b} \right) - \zeta_t \lambda_{\max}(S) & \text{otherwise} \end{cases}$$

and

$$\lambda_{\max}(\Theta_{t+\frac{1}{2}}) \leq \max \left( a + \frac{\zeta_t}{a}, b + \frac{\zeta_t}{b} \right) - \zeta_t \lambda_{\min}(S).$$

**Proof.** Denoting the eigenvalue decomposition of $\Theta_t$ by $\Theta_t = U \Gamma U^T$,

$$\Theta_{t+\frac{1}{2}} = \Theta_t - \zeta(S - \Theta_t^{-1})
= U \Gamma U^T - \zeta_t(S - \Gamma^{-1}U^T)
= U \left( \Gamma - \zeta(U^T SU - \Gamma^{-1}) \right) U^T$$

Let $\Gamma = \text{diag}(\gamma_1, \ldots, \gamma_p)$ with $\gamma_1 \leq \cdots \leq \gamma_p$. By Weyl’s inequality, the eigenvalues of $\Theta_{t+\frac{1}{2}}$ are bounded below by

$$\lambda_i(\Theta_{t+\frac{1}{2}}) \geq \gamma_i + \frac{\zeta_t}{\gamma_i} - \zeta_t \lambda_{\max}(S),$$

and bounded above by

$$\lambda_i(\Theta_{t+\frac{1}{2}}) \leq \gamma_i + \frac{\zeta_t}{\gamma_i} - \zeta_t \lambda_{\min}(S).$$

The function $f(x) = x + \frac{\zeta_t}{x}$ over $a \leq x \leq b$ has only one extremum which is a global minimum at $x = \sqrt{\zeta_t}$. Therefore,

$$\min_{a \leq x \leq b} \frac{x + \zeta_t}{x} = \begin{cases} 2\sqrt{\zeta_t} & \text{if } a \leq \sqrt{\zeta_t} \leq b \\ \min \left( a + \frac{\zeta_t}{a}, b + \frac{\zeta_t}{b} \right) & \text{otherwise} \end{cases},$$

Proof. See [7, 26] and references therein. \qed
and
\[
\max_{a \leq x \leq b} x + \frac{\zeta_t}{x} = \max \left( a + \frac{\zeta_t}{b}, b + \frac{\zeta_t}{b} \right).
\]

Since \( a \leq \gamma_1 \leq b \),
\[
\lambda_{\min}(\Theta_{t+\frac{1}{2}}) \geq \gamma_1 + \frac{\zeta_t}{\gamma_1} - \zeta_t \lambda_{\max}(S)
\]
\[
\geq \min_{a \leq x \leq b} \left( x + \frac{\zeta_t}{x} \right) - \zeta_t \lambda_{\max}(S)
\]
\[
= \begin{cases} 
2\sqrt{\zeta_t} - \zeta_t \lambda_{\max}(S) & \text{if } a \leq \sqrt{\zeta_t} \leq b \\
\min\left( a + \frac{\zeta_t}{a}, b + \frac{\zeta_t}{b} \right) - \zeta_t \lambda_{\max}(S) & \text{otherwise}
\end{cases}
\]

Similarly,
\[
\lambda_{\max}(\Theta_{t+\frac{1}{2}}) \leq \gamma_p + \frac{\zeta_t}{\gamma_p} - \zeta_t \lambda_{\min}(S)
\]
\[
\leq \max_{a \leq x \leq b} \left( x + \frac{\zeta_t}{x} \right) - \zeta_t \lambda_{\min}(S)
\]
\[
= \max\left( a + \frac{\zeta_t}{a}, b + \frac{\zeta_t}{b} \right) - \zeta_t \lambda_{\min}(S).
\]

It remains to demonstrate that the soft-thresholded iterates \( \Theta_{t+1} \) remain bounded in eigenvalue.

**Lemma 5.** Let \( 0 < a < b \) and \( \zeta_t > 0 \). Then:
\[
\min\left( a + \frac{\zeta_t}{a}, b + \frac{\zeta_t}{b} \right) = a + \frac{\zeta_t}{a}
\]
if and only if \( \zeta_t \leq ab \).

**Proof.** Under the stated assumptions,
\[
a + \frac{\zeta_t}{a} \leq b + \frac{\zeta_t}{b} \iff \zeta_t \left( \frac{1}{a} - \frac{1}{b} \right) \leq b - a
\]
\[
\iff \zeta_t \leq \frac{b - a}{\frac{1}{a} - \frac{1}{b}}
\]
\[
\iff \zeta_t \leq ab.
\]

\( \square \)
Lemma 6. Let $A$ be a symmetric $p \times p$ matrix. Then the soft-thresholded matrix $\eta_\epsilon(A)$ satisfies

$$\lambda_{\min}(A) - p\epsilon \leq \lambda_{\min}(\eta_\epsilon(A))$$

In particular, $A_\epsilon$ is positive definite if $\lambda_{\min}(A) > p\epsilon$.

Proof. Let

$$\mathcal{A} := \{M \in \mathbb{M}_p : M_{i,j} \in \{0, 1, -1\}\}.$$

For every $\epsilon > 0$, the matrix $A_\epsilon$ can be written as

$$\eta_\epsilon(A) = A + \epsilon_1A_1 + \epsilon_2A_2 + \cdots + \epsilon_kA_k,$$

for some $k \leq \binom{p}{2} + p$ where $A_i \in \mathcal{A}$, $\epsilon_i > 0$ and $\sum_{i=1}^k \epsilon_i = \epsilon$. Now let

$$c_p := \max\{|\lambda_{\min}(M)| : M \in \mathcal{A}\}.$$

The constant $c_p$ is finite since $\mathcal{A}$ is a finite set. Since $-A \in \mathcal{A}$ for every $A \in \mathcal{A}$, and since $|\lambda_{\min}(-A)| = |\lambda_{\max}(A)|$, it follows that

$$c_p = \max\{|\lambda_{\max}(M)| : M \in \mathcal{A}\}.$$

Applying the Gershgorin circle theorem [see, e.g., 15] gives $c_p \leq p$. Since $p$ is an eigenvalue of the matrix $B$ such that $B_{i,j} = 1$ for all $i, j$, it follows that $c_p = p$.

Recursive application of Weyl’s inequality gives that

$$\lambda_{\min}(\eta_\epsilon(A)) \geq \lambda_{\min}(A) - \epsilon|\lambda_{\max}(A_1)| - \cdots - \epsilon_k|\lambda_{\max}(A_k)|$$

$$\geq \lambda_{\min}(A) - c_p \sum_{i=1}^k \epsilon_i$$

$$= \lambda_{\min}(A) - c_p\epsilon.$$

Recall from Lemma [1] that the eigenvalues of the optimal solution to problem [1] are bounded below by $\frac{1}{\|S\|_2 + pp}$. The following theorem shows that $\alpha = \frac{1}{\|S\|_2 + pp}$ is a valid bound to ensure that $\alpha I \preceq \Theta_{t+1}$ if $\alpha I \preceq \Theta_t$.

Lemma 7. Let $\rho > 0$ and $\alpha = \frac{1}{\|S\|_2 + pp} < b'$. Assume $\alpha I \preceq \Theta_t \preceq b'$ and consider

$$\Theta_{t+1} = \eta_{\zeta\rho} \left(\Theta_t - \zeta_t(S - \Theta_t^{-1})\right)$$
Then for every $0 < \zeta_t \leq \alpha^2$, $\alpha I \preceq \Theta_{t+1}$.

**Proof.** The result follows by combining Lemma 4 and Lemma 6. Notice first that the hypothesis $\zeta_t \leq \alpha^2$ guarantees that $\sqrt{\zeta_t} \notin [\alpha, b']$. Also, from Lemma 5, we have

$$\min \left( \alpha + \frac{\zeta_t}{\alpha}, b' + \frac{\zeta_t}{b'} \right) = \alpha + \frac{\zeta_t}{\alpha}$$

since $\zeta_t \leq \alpha^2 \leq \alpha b'$. Hence, by Lemma 4

$$\lambda_{\min} (\Theta_{t+\frac{1}{2}}) \geq \min \left( \alpha + \frac{\zeta_t}{\alpha}, b' + \frac{\zeta_t}{b'} \right) - \zeta_t \lambda_{\max} (S)$$

$$= \alpha + \frac{\zeta_t}{\alpha} - \zeta_t \lambda_{\max} (S).$$

Now, applying Lemma 6 to $\Theta_{t+1} = \eta_{\zeta_t} (\Theta_{t+\frac{1}{2}})$, we obtain

$$\lambda_{\min} (\Theta_{t+1}) = \lambda_{\min} (\eta_{\zeta_t} (\Theta_{t+\frac{1}{2}}))$$

$$\geq \lambda_{\min} (\Theta_{t+\frac{1}{2}}) - p \rho \zeta_t$$

$$\geq \alpha + \frac{\zeta_t}{\alpha} - \zeta_t \lambda_{\max} (S) - p \rho \zeta_t.$$

We therefore have $\alpha I \preceq \Theta_{t+1}$ whenever

$$\alpha + \frac{\zeta_t}{\alpha} - \zeta_t \lambda_{\max} (S) - p \rho \zeta_t \geq \alpha.$$

This is equivalent to

$$\zeta_t \left( \frac{1}{\alpha} - \lambda_{\max} (S) - p \rho \right) \geq 0.$$

Since $\zeta_t > 0$, this is equivalent to

$$\frac{1}{\alpha} - \lambda_{\max} (S) - p \rho \geq 0.$$

Reorganizing the terms of the previous equation, we obtain that $\alpha I \preceq \Theta_{t+1}$ if

$$\alpha \leq \frac{1}{\lambda_{\max} (S) + p \rho} = \frac{1}{\|S\|_2 + p \rho}.$$

It remains to show that the eigenvalues of the iterates $\Theta_t$ remain bounded above, for all $t$.

**Lemma 8.** Let $\alpha = \frac{1}{\|S\|_2 + p \rho}$ and let $\zeta_t \leq \alpha^2, \forall t$. Then the G-ISTA iterates $\Theta_t$ satisfy
\( \Theta_t \leq b'I, \forall t, \) with \( b' = \|\Theta^*_\rho\|_2 + \|\Theta_0 - \Theta^*_\rho\|_F. \)

**Proof.** By Lemma 7, \( \alpha I \preceq \Theta_t \) for every \( t. \) As \( \alpha I \preceq \Theta^* \) (Lemma 1),

\[
\Lambda_t^- := \min\{\lambda_{\min}(\Theta_t), \lambda_{\min}(\Theta^*_\rho)\}^2 \geq \alpha^2.
\]

for all \( t. \) Also, since \( \Lambda_t^+ \geq \Lambda_t^- \) and \( \zeta_t \leq \alpha^2, \)

\[
\max\left\{\left|1 - \frac{\zeta_t}{b^2}\right|, \left|1 - \frac{\zeta_t}{a^2}\right|\right\} \leq 1.
\]

Therefore, by Lemma 3,

\[
\|\Theta_t - \Theta^*_\rho\|_F \leq \|\Theta_{t-1} - \Theta^*_\rho\|_F.
\]

Applying this result recursively gives

\[
\|\Theta_t - \Theta^*_\rho\|_F \leq \|\Theta_0 - \Theta^*_\rho\|_F.
\]

Since \( \|\cdot\|_2 \leq \|\cdot\|_F, \) we therefore have

\[
\|\Theta_t\|_2 - \|\Theta^*_\rho\|_2 \leq \|\Theta_t - \Theta^*_\rho\|_2 \leq \|\Theta_t - \Theta^*_\rho\|_F \leq \|\Theta_0 - \Theta^*_\rho\|_F,
\]

and so,

\[
\lambda_{\max}(\Theta_t) = \|\Theta_t\|_2 \leq \|\Theta^*_\rho\|_2 + \|\Theta_0 - \Theta^*_\rho\|_F
\]

which completes the proof.

**A.4 Additional timing comparisons**

This section provides additional synthetic timing comparisions for \( p = 500 \) and \( p = 5000. \) In addition, two real datasets were investigated. The “estrogen” dataset [27] contains \( p = 652 \) dimensional gene expression data from \( n = 158 \) breast cancer patients. The “temp” dataset [6] consists of average annual temperature measurements from \( p = 1732 \) locations over \( n = 157 \) years (1850-2006).
| Problem | Algorithm | $\rho$ | 0.05 | 0.10 | 0.15 | 0.20 |
|---------|-----------|-------|------|------|------|------|
| $p = 500$, $n = 100$, $\text{nnz}(\Omega) = 3\%$ | glasso | $0.05$ | 28.34/11 | 10.91/8 | 7.08/7 | 5.57/6 |
| | QUIC | $0.05$ | 8.33/23 | 1.98/13 | 0.96/11 | 0.38/10 |
| | G-ISTA | $0.05$ | 4.44/402 | 1.14/110 | $0.30/38$ | $0.14/18$ |
| $p = 500$, $n = 600$, $\text{nnz}(\Omega) = 3\%$ | glasso | $0.05$ | 7.44/6 | 4.53/5 | 3.45/4 | 2.62/3 |
| | QUIC | $0.05$ | 1.08/9 | 0.17/7 | $0.06/5$ | 0.04/5 |
| | G-ISTA | $0.05$ | $0.28/31$ | $0.10/13$ | $0.07/9$ | $0.03/5$ |

Table 2: Timing comparisons for $p = 500$ dimensional datasets, generated as in Section 5.1.

| Problem | Algorithm | $\rho$ | 0.02 | 0.04 | 0.06 | 0.08 |
|---------|-----------|-------|------|------|------|------|
| $p = 5000$, $n = 1000$, $\text{nnz}(\Omega) = 3\%$ | glasso | $0.02$ | 30814.29/11 | 12612.85/8 | 9224.79/7 | 6184.84/5 |
| | QUIC | $0.02$ | 22547.70/21 | 3725.07/11 | 946.11/8 | 199.48/6 |
| | G-ISTA | $0.02$ | $2651.43/575$ | $417.20/94$ | $93.33/25$ | $39.05/11$ |
| $p = 5000$, $n = 6000$, $\text{nnz}(\Omega) = 3\%$ | glasso | $0.02$ | 10307.26/7 | 8725.86/7 | 4846.58/4 | 3587.35/3 |
| | QUIC | $0.02$ | 3108.14/10 | 396.60/7 | 86.66/5 | $21.56/4$ |
| | G-ISTA | $0.02$ | $268.28/70$ | $50.17/14$ | $35.67/10$ | 28.82/8 |
| $p = 5000$, $n = 1000$, $\text{nnz}(\Omega) = 15\%$ | glasso | $0.02$ | 36302.86/11 | 13413.57/8 | 9914.41/7 | 7408.33/6 |
| | QUIC | $0.02$ | 22667.29/21 | 4649.99/12 | 1329.20/9 | 240.25/6 |
| | G-ISTA | $0.02$ | $3952.85/849$ | $701.57/170$ | $176.11/45$ | $42.46/12$ |
| $p = 5000$, $n = 6000$, $\text{nnz}(\Omega) = 15\%$ | glasso | $0.02$ | 13180.47/7 | 9052.77/7 | 4842.28/4 | 3578.05/3 |
| | QUIC | $0.02$ | 6060.91/12 | 795.46/8 | 59.03/5 | $16.10/4$ |
| | G-ISTA | $0.02$ | $804.93/189$ | $103.69/23$ | $36.17/10$ | 18.87/5 |

Table 3: Timing comparisons for $p = 5000$ dimensional datasets, generated as in Section 5.1.
| Problem | Algorithm | $\rho$ | 0.15 | 0.30 | 0.45 | 0.60 |
|---------|-----------|-------|------|------|------|------|
|         |           |       | time/iter | time/iter | time/iter | time/iter |
| $p = 682$ | $\text{nnz}(\Omega^*_p)/\kappa(\Omega^*_p)$ | 5.29% | 290.03 | 3.39% | 88.55 | 2.31% | 29.69 | 1.63% | 8.96 |
|         | glasso | 106.18/24 | 120.18/34 | 110.54/35 | 40.52/13 | 7.24/7 |
|         | QUIC | **12.36**/19 | **2.71**/11 | **1.08**/9 | **0.54**/7 | **0.54**/7 |
|         | G-ISTA | 43.96/2079 | 11.99/595 | 3.23/172 | 1.00/53 | 6.82/53 |
| $n = 158$ | $\rho$ | 0.2 | 0.4 | 0.6 | 0.8 | 2.64/2.64 |
| Dataset: estrogen | | | | | | |
|         | $\text{nnz}(\Omega^*_p)/\kappa(\Omega^*_p)$ | 2.02% | 1075.8 | 1.77% | 289.63 | 1.34% | 23.02 | 0.22% | 2.10 |
|         | glasso | 1919.64/31 | 2535.86/46 | 1144.07/22 | 254.14/5 | 254.14/5 |
|         | QUIC | **497.47**/18 | **103.76**/13 | **10.16**/8 | 2.31/7 | 2.31/7 |
|         | G-ISTA | 1221.40/6194 | 183.20/819 | 30.01/159 | 1.78/10 | 1.78/10 |

Table 4: Timing comparisons for the real datasets described above.