Ultra-Fast Growth of ZnO Nanorods on Cotton Fabrics and Their Self-Cleaning and Physiological Comfort Properties

Muhammad Zaman Khan 1*, Jiri Militky 1, Michal Petru 2, Blanka Tomková 1, Azam Ali 1, Asif Javed 1, Musaddaq Azeem 1 and Dana Křemenáková 1

Abstract: The main aim of the present study was to investigate the effect of microwave irradiation time on the photocatalytic and physiological comfort characteristics of zinc-oxide-nanorod-coated cotton fabrics. An ultra-fast technique was employed to grow the zinc oxide nanorods on cotton fabrics using a microwave-assisted hydrothermal method. The axial (length) and lateral (diameter) growth of the zinc oxide nanorods was observed to increase with microwave irradiation time. The ZnO nanorods uniformly and entirely covered the cotton fibers. The surface morphology, topography and chemical characteristics of the ZnO nanorods were investigated by scanning electron microscopy (SEM), EDS analysis, X-ray diffraction (XRD), atomic force microscopy (AFM) and inductively coupled plasma-optical emission spectrometry (ICP-OES). The degradation of orange II dye under UV light irradiation was observed to assess photocatalytic self-cleaning and solution discoloration ability. The ZnO-nanorod-coated cotton fabrics exhibited excellent photocatalytic activity, as the stains of orange II dye disappeared predominantly within 4 h and the coated fabrics became almost white after 6 h. Analyses of thermal properties, water vapor permeability (WVP), air permeability and stiffness were also performed to investigate the physiological comfort of the ZnO-nanorod-coated fabrics. The thermal conductivity and thermal absorptivity were observed to increase with an increase in the size and density of the ZnO nanorods. Moreover, non-significant reductions in water vapor permeability and air permeability were observed with application of the ZnO nanorods. The stiffness of the ZnO-nanorod-coated cotton fabric increased due to the complete coverage of fibers by the uniform growth of the ZnO nanorods. The ZnO-nanorod-coated cotton fabrics also showed good washing durability and reusability.

Keywords: nanorods; microwave; self-cleaning; photocatalytic; physiological comfort

1. Introduction

Zinc oxide (ZnO) is an important n-type semiconductor having a wide band gap (3.37 eV), and a large excitation binding energy of $E_g$ (60 meV) that can cause exciton emission under low excitation energy at room temperature. This wide-band-gap semiconductor material has many functional properties, such as self-cleaning, antimicrobial, photocatalytic, UV resistance, antistatic and piezoelectric properties as well as non-toxicity. Zinc oxide nanoparticles are utilized in catalytic reaction processes due to their large surface area and high photocatalytic property. Synthesis of ZnO nanostructures with controlled morphology is usually carried out using microwave assisted synthesis techniques [1]. ZnO nanoparticles have many applications, such as for UV blocking and use in textiles, medical applications, sensors, electronics and electrical engineering. ZnO nanoparticles have excellent photocatalytic properties, show high stability, enhanced crystallinity and reduced defects. ZnO nanoparticles are used effectively in the photocatalytic degradation of various...
The most recent research indicates that the risks and advantages of ZnO nanoparticles depend on the synthesis technique and concentration of ZnO [2]. The in vitro cytotoxicity of ZnO nanoparticles depends on the solubility of the ZnO. The presence of Zn$^{2+}$ at low concentrations is important for maintaining cellular processes and metabolism but at higher concentrations Zn$^{2+}$ can cause toxicity. Textile coating with a low concentration of ZnO nanoparticles has been shown not to compromise cell viability; the in situ synthesis of ZnO nanoparticles may reduce cytotoxicity compared to that occurring with deposition of pre-synthesized ZnO nanoparticles onto a polymeric material [3]. Photocatalytic self-cleaning occurs due to photocatalysis whereby organic molecules are broken down to simpler species, such as carbon dioxide (CO$_2$) and water (H$_2$O), on exposure to UV light. The UV radiation activates the photocatalyst deposited on the surface which generates the active species capable of degrading organic chemicals. In the photocatalytic reaction, electromagnetic radiation with a photon energy (given by its wavelength $\lambda$ (nm)) at least equal to the band gap of the semiconductor $E_g$ (eV) should be used.

Recently, microwave assisted synthesis has gained much attention due to many advantages compared to conventional heating techniques. Microwave-assisted synthesis is a new green chemistry approach and has been shown to reduce energy consumption, time, cost and waste materials hazards. It has also been shown to increase the synthesis rate, reaction rate, bulk production rate, physicochemical properties, purity of materials and temperature homogeneity of the system [4]. In this approach, microwaves are able to penetrate the material and supply energy to the system; heat can be produced throughout the volume of the material resulting in volumetric heating [5]. Microwave-assisted techniques have been used in wet chemical reactions and the synthesis of nanostructures. In conventional heating methods, heat is transferred by convection when the vessel is heated. Microwave-assisted hydrothermal methods are more efficient in comparison to conventional hydrothermal methods due to their reduced energy consumption, rapid synthesis, rapid heating, simple medium and their ability to control morphology synthesis. During microwave heating, electromagnetic energy is converted to thermal energy; the heat caused by the electrical component of an electromagnetic field is mainly due to dipolar polarization and conduction [6]. Microwave synthesis methods have most often been used in the production of ZnO nanostructures due to their simplicity, and rapid and uniform process [7–10]. Recently, much work has been carried out utilizing different hydrothermal methods in connection with the growth and synthesis of different ZnO nanostructures, such as nanorods, nanowires, nanoflowers, nanotubes, nano-pillars and nano-spheres. Challenges remain, however, for the design of an energy efficient, ultra-fast, low cost, simple, eco-friendly and inexpensive process for the synthesis of ZnO nanostructures. Microwave-assisted heating techniques have emerged as a promising means of achieving rapid heat transfer, volumetric increase, enhanced reaction rate and reduced reaction time compared to conventional heating techniques [11,12].

In a previous study, the radio-frequency sputtering method was used to deposit seed layers onto glass substrates and to subsequently synthesize ZnO nanowires arrays onto these seeded glass substrates using a low-temperature solution technique [13]. Preda et al. fabricated multi-functional cotton fabrics coated with hexagonal ZnO prisms using an electroless deposition method [14]. Thi et al. developed multi-functional UV protective and self-cleaning cotton fabric using microwave-assisted synthesis of different ZnO crystal nanostructures under different pH conditions; coffee stains on the ZnO-nanoparticle-coated cotton fabrics had substantially disappeared after 15 h under UV light [15]. Ennaceri et al. reported the synthesis of hexagonal nanorods using low-temperature electrochemical deposition of nanorods with a mean length and diameter of 710 nm and 156 nm, respectively [16]. Previously, hybrid composite ZnO-TiO$_2$ systems were developed by deposition of titanium dioxide by the sol gel method onto ZnO nanorods grown on an ITO substrate using a hydrothermal method. The photocatalytic activity of the hybrid system was investigated through decolorization of methylene blue dye in aqueous solution [17]. In another study, a
conventional hydrothermal technique was utilized to grow ZnO nanorods on polyester fabrics. The nanorod-coated fabrics exhibited stain degradation and solution discoloration of azo dyes under UV irradiation [18]. Recently, ultrasound and microwave assisted techniques were used to enhance the electrocatalytic performance of cobalt and carbon composite materials [19]. The microwave irradiation methods can produce nanostructures with high quality and controlled size and morphology [20]. In a previous study, the microwave irradiation time and the pH value of the solution was found to have a significant effect on the surface morphology of ZnO nanostructures [21]. ZnO nanorods have been grown onto textiles using a low temperature conventional heating method; the grown nanorods were approximately 10–50 nm and 300–500 nm in diameter and length, respectively [22].

The physiological comfort properties of nanoparticle-coated-textiles have recently received much attention due to market demands. Comfort is usually described as the absence of unpleasantness and discomfort. Fabric comfort may be divided into three main categories, including thermo-physiological comfort, sensorial comfort and psychological comfort. The thermal comfort of the fabric is mostly related to the movement of heat, air and moisture through fabric, and to keeping the wearer dry while sustaining a constant body temperature [23,24]. The comfort properties of the textiles require not be compromised during coating of the nanostructures onto the textiles.

The influence of nanoparticle size and shape on the photocatalytic and comfort properties of coated fabrics has been demonstrated but, to the best of our knowledge, no work has been reported that has examined the influence of the size and shape of zinc oxide nanorods on the photocatalytic and comfort properties of coated fabrics. An ultra-fast approach was employed in this study to grow zinc oxide nanorods on cotton fabric through an all-solution two-step microwave-assisted hydrothermal method.

In the present study, a microwave-assisted hydrothermal technique was employed on cotton fabrics to fabricate the self-cleaning fabric by ultra-fast growth of ZnO nanorods. An all-solution two-step microwave-assisted hydrothermal technique was utilized to grow the ZnO nanorods. Firstly, in situ seeding of the cotton fabric was carried out using a microwave-assisted hydrothermal technique. Secondly, ultra-fast growth of ZnO nanorods was achieved on the seeded cotton fabrics by use of the microwave-assisted hydrothermal technique. The morphology and topography of the ZnO nanorods were studied using scanning electron microscopy (SEM) and atomic force microscopy (AFM). The structural properties of the ZnO nanorods were investigated through EDS analysis, inductively coupled plasma-optical emission spectroscopy (ICP-OES), and X-ray diffraction (XRD). The influence of the size and shape of the zinc oxide nanorods on the self-cleaning (photocatalytic) and comfort properties of the coated fabrics were investigated.

2. Materials and Processes

2.1. Materials

Zinc acetate dihydrate (Zn(CH$_3$COO)$_2$·2H$_2$O), hexamethylenetetramine (C$_6$H$_{12}$N$_4$), absolute ethanol and orange II dye were purchased from Merck (Sigma Aldrich, St. Louis, MO, USA). Zinc nitrate hexahydrate (ZnN$_2$O$_6$·6H$_2$O) was purchased from Alfa Aesar (Ward Hill, MA, USA). Plain woven 100% cotton fabric with a real density of 120 g/m$^2$ was used as a substrate.

2.2. Seeding and Growth of Nanorods

A two-step microwave assisted hydrothermal technique was used for the seeding and growth of the ZnO nanorods onto cotton fabrics. In the first step, the cotton fabric was dipped into a mixed solution containing 30 mM of zinc acetate dihydrate and 90 mM of sodium hydroxide dissolved in ethanol solution. The mixed solution was transferred to the microwave reactor and heated at 90 °C for 10 min. Finally, the cotton fabric was taken out from the reactor and dried in the oven at 110 °C for 10 min. The ZnO nanorods were grown on seeded cotton fabrics with some modifications according to our recently published work [25]. In the second step, ZnO nanorods were grown on these seeded cotton fabrics...
through a microwave-assisted hydrothermal technique. Equimolar aqueous solutions (30 mM) of zinc nitrate hexahydrate (Zn(N$_2$O$_6$·6H$_2$O) and hexamethylenetetramine (HMTA) were prepared and the seeded cotton fabric was immersed in this solution. The reaction was carried out using a microwave reactor for specified microwave irradiation times (4, 8, 12 min) at 420 W. Finally, the cotton fabrics were rinsed in deionized water and dried in the oven at 110 °C for 10 min. Figure 1 shows the schematic growth of ZnO nanorods onto cotton fabric.

**Figure 1.** Schematic formation of ZnO-nanorod-coated cotton fabric.

### 2.3. Characterization of ZnO Nanorods

A Zeiss Ultra Plus scanning electron microscope (SEM) (Zeiss, Oberkochen, Germany) was used to study the surface morphology of coated samples at an accelerating voltage of 2 kV. The elemental analysis of the cotton samples was carried out using an Oxford X-max 20 (Oxford, UK) energy dispersive X-ray spectrometer A conductive layer was developed by sputtering of platinum onto the surface of the samples prior to SEM characterization. The X-ray diffraction (XRD) analysis was carried out with an EMPYREAN PAN diffractometer (Malvern Panalytical, Malvern, UK) equipped with a PIXcel3D detector, using Cu kα1 radiation (40 kV; 30 mA; λ = 0.1789 nm). The XRD pattern was recorded with a step size of 0.026° in a 2θ range from 5°–105°. The topography and surface roughness of the coated samples were evaluated in non-contact mode using an AFM (NanoWizard 3 NanoScience) from JPK Instruments (JPK BioAFM-Bruker, Berlin, Germany). The amount of Zn content deposited onto coated samples by microwave irradiation was calculated by inductively coupled plasma-optical emission spectroscopy (ICP-OES) using a Perkin Elmer Optima 2100DV spectrometer (Waltham, MA, USA).

### 2.4. Photocatalytic Activity

The photocatalytic performance of the ZnO-nanorod-grown fabrics was studied by stain degradation and a solution discoloration test. The Orange II dye was used to evaluate the photocatalytic activity. The staining of the ZnO nanorod-grown-fabric was made by immersing the fabric into 0.01% (w/v) aqueous solution of the Orange II dye and then drying in an oven at 60 °C for 3 min. The dyed samples were placed under UV light using Philips TL 6W/05CE UV tubes (315–400 nm) (Eindhoven, the Netherlands). The dyed samples were irradiated under UV light for different time intervals to evaluate the stain degradation properties. Finally, after UV irradiation, the discolored fabrics were scanned at 600 dpi and the scanned images were analyzed by Image J software (version 1.53a) [26,27] to calculate the color intensity. For solution discoloration activity, circular pieces of cotton samples with diameter (2.8 cm) were placed in a beaker containing orange II dye solution (15 mL) and exposed to the UV light via Philips TL 6W/05CE UV tubes (315–400 nm) at a distance of 18 cm below the UV light lamp. The photocatalytic discoloration activity was evaluated by removing an aliquot from the solution after a fixed time interval, and its absorbance in the visible region was measured at $\lambda_{\text{max}}$ of 485 nm using UV-V spectrophotometer UV-1600PC.

### 2.5. Characterization of Physiological Comfort Properties

All cotton fabric samples were conditioned in relative humidity (65% ± 2%) at 20 ± 2 °C atmospheres for 24 h before testing.
2.6. Thermal Conductivity

An Alambeta device (Sensora Instruments, Liberec, Czech Republic) was used to measure the thermal conductivity of the cotton samples [28,29]. This device can measure the thermal conductivity, thermal absorptivity, thermal resistance and thickness of the sample. The working principle of this device depends on the heat flow passing through the examined sample due to the difference in temperature of the hot upper plate and cold bottom plate. The thermal conductivity of the sample was calculated by the following Equation (1).

\[ R = \frac{h}{\lambda} \]  

(1)

where; “R” is thermal resistance of the fabric samples \((m^2 \cdot K \cdot W^{-1})\), \(h\) is sample thickness \((m)\), and \(\lambda\) is thermal conductivity \((W \cdot m^{-1} \cdot K^{-1})\).

2.7. Thermal Absorptivity

The characterization of the thermal feeling during a short contact of fabric surface with human skin is called thermal absorptivity \((b)\). The thermal absorptivity was calculated using the Equation (2) [30].

\[ b = \sqrt{\lambda \rho c} \]  

(2)

where \(\rho c\) \((J/m^3)\) is thermal capacity of the fabric sample, and \(b\) is the thermal absorptivity of the fabric.

2.8. Relative Water Vapor Permeability

The relative water vapor permeability (RWVP) of the samples was tested using the PERMETEST apparatus (Sensora instruments) (Liberec, Czech Republic), fast skin model. This apparatus measures the amount of heat passing through the thermal model of human skin [30,31]. The RWVP (%) of the fabric samples was evaluated according to ISO 11092 standard [32]. The RWVP was calculated from the following Equation (3) [33].

\[ \text{RWVP} = \frac{q_v}{q_o} \times 100 \]  

(3)

where, \(q_v\) is the heat flow \((W \cdot m^{-2})\), which is passing through the measuring head with a fabric sample, and \(q_o\) is the heat flow which is passing through the measuring head without a fabric sample.

2.9. Air Permeability

Air permeability of the fabric samples was measured using the Textest FX 3300 instrument (Schwerzenbach, Switzerland) according to standard (EN ISO 9237:1995 [34]) test methodology. The test pressure was maintained at 200 pascales (Pa) on an area of 20 cm\(^2\) \((lm^{-2} \cdot s^{-1})\). The measurement was carried out at a pressure of 200 Pa and in the range of 3.

2.10. Stiffness

The fabric samples were investigated for their comfort properties based on the measurements of stiffness using a Tuhomer TH-4 instrument (Liberec, Czech Republic). The sample is bent to 60° and force is calculated by the instrument. The relation is given by the following Equation (4).

\[ M_o = F \times K \]  

(4)

where, \(M_o\) is the bending moment/stiffness \((mN \cdot cm)\), \(F\) is the applied force \((mN)\), and \(K\) is the constant \((K = 0.52)\). The higher the bending force required to bend the fabric at a particular angle, the higher the bending moment, which corresponds to higher stiffness of the textile [35,36].
2.11. Washing Durability (Reusability)

The washing durability of ZnO-nanorod-grown fabrics for photocatalytic self–cleaning after repeated washing was evaluated according to ISO 105 C06 (B1M) [37]. Consistent with this standard, each washing cycle was completed with 4 g/L detergent at 50 °C for a 45 min time interval, which is equal to five home launderings. After washing, the coated fabrics were then rinsed, and dried in an oven at 80 °C for 5 min. The coated fabrics were then again analyzed for photocatalytic activity.

3. Results and Discussion

The surface morphology and topography of the ZnO-grown cotton fabrics were investigated by SEM and AFM. Figure 2a shows the smooth and pristine surface of the uncoated cotton fabric without the presence of ZnO nanorods. A highly oriented and uniform array of ZnO nanorods can be observed on the surface of the synthesized cotton fabrics. The ZnO nanorods entirely covered the surface of the cotton fiber. Moreover, the size of the nanorods was found to increase with an increase in microwave irradiation time, and a denser coating of nanorods was formed. The effective attachment of the ZnO nanorods on the surface of cotton fibers was due to the presence of hydroxyl (OH) groups and development of bonds between them. Figure 2b–d show the SEM images of the ZnO-nanorod-grown cotton fabrics for different microwave irradiation times (4, 8, 12 min).

The diameter and length of the grown ZnO nanorods were 32.9–58.1 nm and 192.7–289.9 nm, respectively (Table 1). The microwave irradiation time was found to

![Figure 2. SEM images of the zinc-oxide-nanorod-grown cotton fabric for various microwave irradiation times: (a) 0 min, (b) 4 min, (c) 8 min, and (d) 12 min. The insets are highly magnified corresponding images.](image-url)
have a very strong effect on the dimension and shape of synthesized nanorods [38]. The dimensions of the ZnO nanorods were estimated using Image J software (version 1.53a) and SEM images. A sample of 100 individual nanorods were used to calculate the mean value of the nanorod’s diameter and length. The hexagonal structure of the ZnO nanorods can be seen from the SEM images. The length (L) and diameter (D) were found to increase from 192.7 to 289.9 nm and 32.9 to 58.1 nm, respectively, when the irradiation time increased from 4 to 12 min. As the hydrolysis and condensation reaction of the chemical bath proceeded to 12 min (Figure 2d), the amount and size of the ZnO nanorods were further increased. It was found that the increase of microwave irradiation time affects the length (L) of ZnO nanorods to a greater extent than their diameter (D) [39].

Table 1. Structural and chemical analysis of ZnO nanorods.

| Microwave Irradiation Time (min) | Mean Diameter (D) of ZnO Nanorods (nm) | Mean Length (L) of ZnO Nanorods (nm) | Zn Content (ppm) |
|----------------------------------|----------------------------------------|-------------------------------------|-----------------|
| 4                                | 32.9 ± 3.1                              | 192.7 ± 13.3                        | 15,604          |
| 8                                | 43.6 ± 2.1                              | 259.9 ± 21.8                        | 19,361          |
| 12                               | 58.1 ± 5.9                              | 289.9 ± 19.4                        | 26,829          |

It can be concluded that the microwave irradiation time is an important factor for tailoring the axial and lateral growth of the ZnO nanorods [40,41]. The ICP-OES analysis confirmed the existence of ZnO nanorods for all coated cotton fabrics. The Zn content increased with an increase in microwave irradiation time, as shown in Table 1. The longer irradiation time causes the further heating of the solution, which increases the further deposition and growth of the ZnO crystals [9,38]. The amount of Zn content for microwave irradiation times of 4, 8, and 12 min were estimated as 15,604, 19,361, and 26,829 ppm, respectively.

The composition of the synthesized nanorods was confirmed by energy dispersive X-ray spectroscopy (EDS). The EDS analysis elucidated the purity of the uniformly grown nanorods that were mainly composed of zinc (Zn) and oxygen (O) elements (Figure 3). The uncoated cotton fabric was entirely composed of oxygen (O) and carbon (C) elements. The relative atom ratio of carbon, oxygen, and zinc was estimated to be approximately 57.6%, 34.1%, and 8.3%, respectively. The presence of Pt was caused by sputtering of platinum onto the samples during SEM analysis.

Figure 3. EDS spectrum of zinc-oxide-nanorod-coated cotton fabric.
3.1. XRD Analysis

The cotton fabrics coated with ZnO nanorods showed typical diffraction peaks of ZnO and these observed peaks were in good agreement with 2θ values in the ICCD Card (No. 01-083-6338). The three highest diffraction peaks at 2θ: 37.1°, 40.3°, and 42.4°, which correspond to the (100), (002), and (101) planes of ZnO, confirmed the highly pure and crystalline nature of the nanorods (Figure 4). All of the observed peaks represent the hexagonal wurtzite structure of ZnO nanorods [8,42,43]. Moreover, no further peaks of impurities were found during the analysis.

![XRD pattern of the zinc-oxide-nanorod-coated cotton fabric.](image)

**Figure 4.** XRD pattern of the zinc-oxide-nanorod-coated cotton fabric.

3.2. AFM Analysis

The surface topography of the samples was studied using AFM in non-contact mode. Figure 5 shows topographical 3D and 2D AFM images and surface profiles of the pristine and ZnO-nanorod-coated cotton fabrics. A continuous and homogenous film of the ZnO nanorods on the cotton fiber surface can be seen from the 3D AFM image (Figure 5b), whereas the pristine cotton fabric had a relatively smooth surface (Figure 5a). A root mean square (RMS) surface roughness value of 89.1 ± 9.3 nm was calculated for the ZnO-nanorod-coated cotton fabric. It was observed that after coating with ZnO nanorods, the surface roughness of the ZnO-nanorod-coated fabric increased many times.
Figure 5. 3D and 2D AFM images and representative surface profiles of (a) pristine cotton fabric, and (b) ZnO-nanorod-coated cotton fabric.

3.3. Photocatalytic Activity

The photocatalytic performance of the ZnO-nanorod-coated fabrics was evaluated based on two features: stain degradation and solution discoloration ability. The orange II dye was utilized to evaluate the stain degradation performance. The fabric samples were stained with orange II dye solution and stain degradation activity was studied under ultraviolet (UV) light as a function of time. Figure 6 shows the stain on the pristine and ZnO-nanorod-coated fabric initially and at different time intervals after exposure to UV radiation. Significant stain degradation of the orange II dye was seen on all the ZnO-nanorod-coated fabric samples. Most of the dye stain disappeared within 4 h and the ZnO-nanorod-coated cotton fabrics became almost white after 6 h. Moreover, the dye degradation rate was observed to increase with an increase in the size of the ZnO nanorods under UV radiation. Conversely, no change in the stain on the pristine cotton fabric was observed after 6 h exposure to UV light.
The photocatalytic degradation of the Orange II dye was evaluated by measuring the color intensity of the ZnO-nanorod-coated fabrics by ImageJ software. When the fabric becomes whiter, the color intensity value (counts) increases and indicates the whiteness of the fabric. The measured color intensity from this software is correlated with the whiteness index [26]. The photocatalytic degradation of the dye was found to increase as the color intensity of ZnO-nanorod-coated fabrics increased under exposure to the UV radiation (Figure 7). In contrast, the pristine cotton fabric stained with Orange II dye showed no degradation in the absence of the ZnO nanorods. The pristine cotton fabric showed a straight line confirming no degradation of Orange II dye in the absence of ZnO nanorods. The photocatalytic degradation of the ZnO-nanorod-coated fabrics was due to the decomposition of the Orange II dye molecules by generation of highly oxidative radicals under the UV illumination [44]. In this study, the highest photocatalytic activity was shown by the ZnO-nanorod-coated fabric developed under microwave irradiation for 12 min. Initially, the stain degradation rate was rapid, but then slowed. The reason for the high photocatalytic activity under 2 h was possibly due to the rapid degradation of dye molecules on the top of ZnO nanorods that were entirely exposed to UV illumination. In contrast, the orange II dye molecules present on the sides of ZnO nanorods needed greater time to degrade.
of UV irradiation time. The absorbance spectra were used to measure the concentration of
in the Orange II dye solution and the photocatalytic activity was evaluated as a function

Figure 8. Mechanism of photocatalytic degradation of Orange II dye by ZnO nanorods.

A proposed mechanism for the photocatalytic degradation of Orange II dye by ZnO nanorods under UV irradiation is shown in Figure 8. When the ZnO is illuminated by energy higher than its band gap (3.37 eV), the electrons in the valence band jump to the conduction band followed by generation of electron (e\(^{-}\)) and electric hole (h\(^{+}\)) pairs on the surface of the photocatalyst. The negative electrons (e\(^{-}\)) and oxygen (O\(_{2}\)) combine to form a superoxide radical (O\(_{2}^{-}\)), while the positive holes (h\(^{+}\)) and water (H\(_{2}\)O) produce hydroxyl radicals (OH). Finally, the generated hydroxyl radicals (OH) and the superoxide radical (O\(_{2}^{-}\)) are responsible for the Orange II dye degradation \[45,46\]. A proposed chemical reaction is shown as follows (Equation (5)–(8)):

\[
\begin{align*}
\text{ZnO} + \text{hv} & \rightarrow \text{ZnO}(e^{-} + h^{+}) \\
h^{+} + \text{H}_2\text{O} & \rightarrow \text{H}^{+} + \text{OH} \\
\text{O}_2 + e^{-} & \rightarrow \text{O}_2^{-} \\
\text{OH, O}_2^{-} + \text{OrangeII dye} & \rightarrow \text{degradation}
\end{align*}
\]

Figure 7. Evaluation of photocatalytic performance of ZnO-nanorod-coated cotton fabrics.

A solution discoloration test was performed to characterize the photocatalytic activity of the ZnO-nanorod-grown cotton fabrics. The nanorod-grown fabrics were immersed in
the Orange II dye solution and the photocatalytic activity was evaluated as a function of UV irradiation time. The absorbance spectra were used to measure the concentration of the dye solution at different UV irradiation times. The pristine cotton fabric showed no significant change in the absorbance value of the dye solution confirming the absence of photocatalytic activity. Figure 9 represents the absorbance spectra of the Orange II dye solution at different UV irradiation times. The peak intensity at 485 nm was used to observe the absorbance value of Orange II dye in the solution.

![Figure 9. Solution discoloration activity of the ZnO-nanorod-coated fabrics.](image)

The decrease in the absorbance value with the passage of time indicated that the concentration of orange II dye in solution had decreased due to photocatalytic activity. The ZnO nanorods grown with a microwave irradiation time of 12 min decolorized the dye solution in 240 min, while the ZnO nanorods grown with a microwave irradiation time of 4 and 8 min took 270 min and 360 min respectively. The rate of photocatalytic degradation was higher for the ZnO nanorods grown with 12 min of microwave irradiation time, which is possibly due to the increase in the size and density of the ZnO nanorods grown on the fabric surface.

3.4. Thermal Conductivity

The thermal conductivity measures the amount of heat which passes from a unit area of the material across a unit thickness under a specific temperature gradient. The thermal properties of the textile, i.e., the thermal conductivity, the thermal absorptivity and the thermal resistance are determined by the fabric structure, fabric density, chemical treatment and properties of the fibers. Figure 10 shows the influence of microwave irradiation time on the thermal conductivity of the ZnO-nanorod-grown fabrics. The thermal conductivity was found to increase with an increase in the microwave irradiation time. A maximum thermal conductivity of 46.2 W·m⁻¹·K⁻¹ was achieved for the coated fabric under 12 min of irradiation time. The thermal conductivity of the ZnO nanorods was found to be directly proportional to the density and size of the ZnO nanorods.
Figure 10. Thermal conductivity of the ZnO-nanorod-coated fabrics for different microwave irradiation times. 

It can be concluded that the thermal conductivity increased due to an increase in the diameter and length of the ZnO nanorods. The thermal conductivity of the small-sized ZnO nanorods was low compared to those of larger size. In a previous study, the thermal conductivity was found to increase with an increase in the diameter of the ZnO nanorods [47]. The thermal conductivity was greatly affected by the size and density of the nanorods. The thermal conductivity strongly depends on the diameter of nanorods, exhibiting a decreasing tendency with increase in phonon—surface scattering as the diameter decreases [48]. The size and density of the nanoparticles plays an important role in the thermal conductivity of the materials [49]. The higher thermal conductivity results in the better transfer of heat through fabric. A strong linear trend was observed in the case of thermal conductivity and microwave irradiation time.

3.5. Thermal Absorptivity

The thermal absorptivity (b) of fabrics is used to evaluate the thermal feeling during short contact with a body. The greater the thermal absorptivity (b) of the fabric, the cooler it will feel [30]. An increase in the thermal absorptivity of the fabric was observed with higher microwave irradiation time during synthesis of the zinc oxide nanorods (Figure 11). The increase in the thermal absorptivity of the coated cotton fabrics was due to an increase in the size and density of the grown ZnO nanorods. The thermal absorptivity of the ZnO nanorods was found to be directly proportional to the size and density of the ZnO nanorods. The higher thermal absorptivity of the fabric increases the cooling effect and gives comfort to the wearer. A positive linear relationship between the thermal absorptivity and microwave irradiation time was observed. This strong linear behavior can be attributed to the increase in the size of the nanorods with an increase in microwave irradiation time.
3.6. Water Vapor Permeability

The relative water vapor permeability (RWVP) and water vapor resistance (Ret) are important properties for the evaluation of the comfort of textiles. The higher the RWVP, the lower the Ret, and the better the thermal comfort of the textile. The RWVP of the ZnO-nanorod-coated fabrics was less affected by different microwave irradiation times. No significant change in RWVP was observed for ZnO-nanorod-grown cotton fabrics. This was due to the presence of uniform and vertically oriented nanorods on the fiber surface so that the porous structure of the fabric was not choked by the growth of the ZnO nanorods. The RWVP value was 75.8% for pristine cotton fabric, while RWVP values of 73.5%, 72.4% and 70.6% were obtained for ZnO-nanorod-coated fabrics under microwave irradiation times of 4, 8, and 12 min, respectively. The relative water vapor permeability was slightly reduced (5.2%), which is acceptable, as shown in Figure 12a. In a previous study, for fabric coated with ZnO the water vapor permeability was reduced by approximately 22%–28% [50]. Similarly, a slight increase in water vapor resistance (Ret) was observed for ZnO-nanorod-coated fabrics, which was possibly due to the entrapment of water vapor in the grooves of the ZnO nanorod film (Figure 12b). From these results, it can be concluded that no significant change was observed in the water vapor permeability of the ZnO-nanorod-coated fabrics and that they exhibited positive physiological comfort properties.
3.7. Air Permeability

The air permeability relies on the porosity of the fabric, cross-section, shape and number of channels in the fabric. Moreover, the thermal properties of the fabric are mostly affected by air permeability [33]. The air permeability is an important comfort property of textile fabrics. It is also important to investigate the influence of coating on the air permeation of the fabric. The effect of microwave irradiation time on air permeability of the ZnO-nanorod-grown cotton fabrics is shown in Figure 13. A linear trend of reduction in air permeability with increase in irradiation time was observed. Moreover, the air permeability of the nanorod-grown cotton fabric decreased with increase in size and density of the ZnO nanorods. The air permeability was found to be in the range of 89.3 to 127.3 lm$^{-2}$·s$^{-1}$. Air permeability values of 112, 104.6 and 89.3 lm$^{-2}$·s$^{-1}$ were recorded for ZnO-nanorod-grown fabrics with microwave irradiation times of 4, 8 and 12 min, respectively. The drop in air permeability was somewhat less, indicating that the nanorods were covering the fiber surfaces only without blocking the pores of the fabric structure. The air permeability (AP) is attributed to porosity and breathability of textile substrate. A significant decrease in air permeability results in significant reduction in physiological comfort of the fabric [35,51]. However, little significant deterioration of air permeability was observed for the ZnO-nanorod-coated fabrics. The minor reduction in air permeability was possibly due to the decrease in the pore sizes of the fabric caused by the growth of nanorods on the cotton fiber surface.
3.8. Stiffness

The bending force was measured to calculate the stiffness of the fabric samples using a Tuhomer TH-4 instrument (Liberec, Czech Republic). As shown in Figure 14, the stiffness of the ZnO-nanorod-coated fabrics increased with increase in microwave irradiation time. A positive linear relationship was found between the stiffness and the irradiation time. The stiffness was found to increase more as the size and amount of nanorods increased. These findings show that the synthesis of ZnO nanorods had a moderate effect on the stiffness of the cotton fabrics; thus the sensorial comfort of the ZnO-nanorod-grown cotton fabric was not much affected.

Figure 13. Air permeability property of the ZnO-nanorod-coated fabric at different microwave irradiation times.

Figure 14. Stiffness of the ZnO-nanorod-coated fabric at different microwave irradiation times.

The washing durability of the ZnO-nanorod-grown fabrics was evaluated. The photocatalytic degradation of Orange II dye was evaluated by measuring the color intensity of ZnO-nanorod-coated fabrics after a number of washing cycles. The coated fabrics were
3.9. Washing Durability (Reusability)

The washing durability of the ZnO-nanorod-grown fabrics was evaluated. The photocatalytic degradation of Orange II dye was evaluated by measuring the color intensity of ZnO-nanorod-coated fabrics after a number of washing cycles. The coated fabrics were subjected to 5, 10, 15 and 20 washing cycles. The photocatalytic activity of the ZnO-nanorod-grown cotton fabrics was not significantly decreased with increased number of washing cycles and they retained very strong photocatalytic activity (Figure 15). The ZnO-nanorod-grown cotton fabric under 12 min of microwave irradiation time was less affected by the washing cycles and showed high photocatalytic self-cleaning activity, even after 20 washing cycles. These results show that the ZnO nanorods are strongly attached to the surface of the cotton fibers. Moreover, these findings confirm the durability and reusability of the ZnO-nanorod-grown cotton fabric for functional applications.

![Figure 15. Washing durability and reusability of the ZnO-nanorod-coated fabric at different microwave irradiation times.](image-url)

4. Conclusions

In the present study, an ultra-fast microwave-assisted hydrothermal method was used to grow vertically aligned zinc oxide nanorods on the surface of cotton fabric. The effect of various microwave irradiation times on the self-cleaning and physiological comfort of the ZnO-nanorod-grown fabric was investigated. The axial (length) and lateral (diameter) growth of the ZnO nanorods was found to have a significant influence on the photocatalytic and physiological comfort properties of the material. Scanning electron microscopy, atomic force microscopy, X-ray diffraction analysis and inductively coupled plasma optical emission spectroscopy were used to investigate the morphological and chemical characteristics of the ZnO nanorods. The microwave irradiation time greatly affected the growth of the ZnO nanorods. The size and amount of the nanorods were significantly increased with an increase in microwave irradiation time from 4 to 12 min. The results of XRD analysis indicated the development of a hexagonal wurtzite structure of ZnO nanorods. The amount of Zn content on the coated fabric was estimated by ICP-OES analysis. Measurements of stain degradation and solution discoloration were carried out to investigate the photocatalytic and chemical self-cleaning properties. The photocatalytic activity of the nanorod-grown fabric increased with an increase in the length and diameter of the ZnO nanorods. The dye stain on the ZnO-nanorod-coated cotton fabrics mostly disappeared within 4 h under UV light.
The thermal conductivity and thermal absorptivity were found to increase with an increase in the size and density of the ZnO nanorods. No significant reduction in relative water vapor permeability (RWVP) and air permeability (AP) was observed, possibly due to the uniform covering of the cotton fibers by the growth of vertically aligned ZnO nanorods without significant depletion of fabric porosity. The stiffness of the ZnO-coated cotton fabric was increased due to the complete and homogeneous coverage of the cotton fibers by the coating of the ZnO nanorods. The ultra-fast technique employed can be widely applied to grow ZnO nanorods with excellent photocatalytic self-cleaning and physiological comfort properties.

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