REMARKS ABOUT SYNTHETIC UPPER RICCI BOUNDS FOR METRIC MEASURE SPACES

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Abstract. We discuss various characterizations of synthetic upper Ricci bounds for metric measure spaces in terms of heat flow, entropy and optimal transport. In particular, we present a characterization in terms of semiconcavity of the entropy along certain Wasserstein geodesics which is stable under convergence of mm-spaces. And we prove that a related characterization is equivalent to an asymptotic lower bound on the growth of the Wasserstein distance between heat flows. For weighted Riemannian manifolds, the crucial result will be a precise uniform two-sided bound for

\[ \frac{d}{dt} \mid_{t=0} W(\hat{P}_t \delta_x, \hat{P}_t \delta_y) \]

in terms of the mean value of the Bakry-Emery Ricci tensor \( \text{Ric} + \text{Hess} f \) along the minimizing geodesic from \( x \) to \( y \) and an explicit correction term depending on the bound for the curvature along this curve.

1. Introduction and Statement of Main Results

We discuss various characterizations of synthetic upper Ricci bounds for metric measure spaces. All of them are equivalent for (smooth) weighted Riemannian manifolds; in general they might diverge from one another but at least some implications hold.

Let us briefly recall the Lott-Sturm-Villani definition of synthetic lower bounds for the Ricci curvature [St06, LV09]. It will be used as a guideline for our synthetic characterizations of upper bounds for the Ricci curvature. For infinitesimally Hilbertian spaces \( (X,d,m) \), the synthetic lower bound \( CD(K,\infty) \) is defined as the \( K \)-convexity of the Boltzmann entropy \( S(\cdot | m) \) on the geodesic space \( (\mathcal{P}(X), W) \):

\[ 2S(\rho^{1/2}) \leq S(\rho^0) + S(\rho^1) - \frac{K}{4} W^2(\rho^0, \rho^1) \]  

for each geodesic \( (\rho^a)_{a \in [0,1]} \) in \( \mathcal{P}(X) \). Moreover [AGSL15], it is equivalent to the contraction property

\[ W(\hat{P}_t \mu, \hat{P}_t \nu) \leq e^{-Kt} W(\mu, \nu) \]  

(\forall \mu, \nu, \forall t > 0).

Here and in the sequel, \( W \) will denote the 2-Kantorovich-Wasserstein distance induced by \( d \) and \( (\hat{P}_t)_{t \geq 0} \) will denote the dual heat semigroup on \( \mathcal{P}(X) \) associated with the mm-space \( (X,d,m) \). See the next section for more details.

The synthetic upper Ricci bounds to be presented below will reverse these inequalities: instead of \( K \)-convexity we will request \( \kappa \)-concavity, instead of \( K \)-contraction we will request \( \kappa \)-expansion. However, in the case of upper bounds, this \( \kappa \)-expansion property will be requested only asymptotically for short times and only for Dirac measures as initial distributions. Similarly, the \( \kappa \)-concavity property will be requested only for \( W \)-geodesics with endpoints supported in arbitrarily small neighborhoods of given points. And in both cases, the starting points should be close to each other.

A central role will be played by the quantity

\[ \vartheta^*(x,y) = -\liminf_{t \to 0} \frac{1}{t} \log \left( W(\hat{P}_t \delta_x, \hat{P}_t \delta_y) / d(x,y) \right) \]  

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which measures the negative exponential rate of expansion for the Kantorovich-Wasserstein distance of two heat flows starting in \( x \) and \( y \), resp. It is closely related to the quantity

\[
\Theta_p^+(\gamma) = -\frac{1}{p} \liminf_{t \to 0} \frac{1}{t} \log \left( \text{Act}_p(\mu_t)/\text{Act}_p(\mu_0) \right)
\]

which measures the negative exponential rate of expansion for the \( p \)-action (w.r.t. the Kantorovich-Wasserstein distance \( W \)) of the curve \( a \mapsto \mu^a_t := \hat{P}_t \delta_{\gamma^a} \) in \( \mathcal{P}(X) \) for any given curve \( a \mapsto \gamma^a \) in \( X \), evolving in time according to the dual heat flow. Recall that the \( p \)-action for \( p = 1 \) is the length of the curve. For curves of constant speed, the quantity \( \Theta_p^+(\gamma) \) is non-increasing in \( p \). Analogously – with \( \liminf \) replaced by \( \limsup \) – we define the quantities \( \vartheta^-(x,y) \) and \( \Theta_p^-(\gamma) \).

**Definition 1.1.** We say that a number \( K \) is a strong synthetic upper Ricci bound for the mm-space \( (X,d,m) \) if \( \vartheta^+(x) \leq K \) for all \( x \in X \) where

\[
\vartheta^+(x) := \limsup_{y,z \to x} \vartheta^+(y,z).
\]

We say that a number \( K \) is a weak synthetic upper Ricci bound for the mm-space \( (X,d,m) \) if \( \Theta^+_1(\gamma) \leq K \) for each geodesic \( \gamma \) in \( X \).

**Proposition 1.2.** For every geodesic \( \gamma^a_{[0,1]} \)

\[
\Theta^+_p(\gamma) \leq \int_0^1 \vartheta^+(\gamma^a) da.
\]

Thus in particular, every strong synthetic upper Ricci bound is a weak synthetic upper Ricci bound.

Our first main result will relate the quantity \( \vartheta^+ \) to the integral of the Ricci curvature (or, more precisely, the Bakry-Emery Ricci curvature)

\[
\text{Ric}_f = \text{Ric} + \text{Hess} f
\]

in the case of weighted Riemannian manifolds \((M,g,f)\).

**Theorem 1.3.** For all pairs of non-conjugate points \( x,y \in M \)

\[
\text{Ric}_f(x,y) \leq \vartheta^+(x,y) \leq \text{Ric}_f(x,y) + \sigma(x,y) \cdot \tan^2 \left( \sqrt{\sigma(x,y)d(x,y)/2} \right)
\]

where

\[
\text{Ric}_f(x,y) = \int_0^1 \text{Ric}_f(\gamma^a_{[0,1]})/\sqrt{\gamma^a_{[0,1]} \gamma^a_{[0,1]}} da.
\]

denotes the average Ricci curvature along the (unique) geodesic \( \gamma = (\gamma^a)_{a\in[0,1]} \) from \( x \) to \( y \) and \( \sigma(x,y) \) denotes the maximal modulus of the Riemannian curvature along this geodesic.

The assumption of \( x \) and \( y \) being non-conjugate is indispensable. For instance, if they were antipodal points on a cylinder then \( \vartheta^+(x,y) = \infty \).

As immediate consequences of the previous Theorem we obtain

\[
\vartheta^+(x) = \sup \left\{ \text{Ric}_f(v,v)/|v|^2 : v \in T_x(M) \right\}
\]

for each \( x \in X \). An improved argument yields

\[
-\partial_t \log \text{Speed}(\hat{P}_t \delta_{\exp_p(v)}) \bigg|_{a=0,t=0} = \text{Ric}_f(v,v)/|v|^2
\]

for each \( x \in M \) and \( v \in T_xM \) which then allows to extend a result of Gigli and Mantegazza [GM14] in various respects: non-compact \( M \), non-vanishing \( f \), \( p \neq 2 \), and \( \gamma \) not necessarily being geodesic.

**Proposition 1.4.** For every \( C^1 \)-curve \( \gamma \) in \( M \) with constant speed and every \( p \in [1,\infty) \)

\[
\Theta^+_p(\gamma) = \int_0^1 \text{Ric}_f(\dot{\gamma}^a_{[0,1]},\dot{\gamma}^a_{[0,1]}) da.
\]

Next, we analyze our synthetic notions for Ricci bounds in the case of a cone. It will turn out that they will detect the unbounded positive curvature at the vertex.
Proposition 1.5. Let $X$ be the cone over the circle of length $\alpha < 2\pi$. Then $\vartheta^\pm(o, y) = \infty$ for all $y$ if $o$ denotes the vertex of the cone. Similarly, $\Theta^\pm_p(\gamma) = \infty$ for each geodesic emanating from the vertex.

A more general results will be proven in an upcoming paper with Erbar [ES17+]: Assume that $(X, d, m)$ satisfies the curvature-dimension condition $\text{RCD}(K', N')$ for some finite numbers $K', N'$ and that it is the $N$-cone over some mm-space. Then

(i) either $\vartheta^\pm(o, y) = \infty$ for all $y$ and $\Theta^\pm_p(\gamma) = \infty$ for each geodesic emanating from the vertex $o$;

(ii) or $N$ is an integer and $X = \mathbb{R}^{N+1}$.

Our second main result – which holds in the general setting of RCD-spaces – relates the quantity $\vartheta(x, y)$ (or more precisely, some relaxation of it) to the quantity $\eta(x, y)$ which measures the convexity/concavity of the Boltzmann entropy along transports from small neighborhoods of $x$ to small neighborhoods of $y$. To be more precise, put

$$\vartheta^\varphi(x, y) := \lim_{t \to 0} \inf \left\{ -\partial^+_t \log W(\hat{P}_t \mu, \hat{P}_t \nu) : \text{supp}[\mu] \subset B_t(x), \text{supp}[\nu] \subset B_t(y) \right\},$$

$$\eta(x, y) := \lim_{t \to 0} \inf \left\{ \frac{1}{W^2(\rho^0, \rho^1)} \left[ \partial^+_a S(\rho^a)|_{a=1} - \partial^+_a S(\rho^a)|_{a=0} \right] : (\rho^a)_{a \in [0, 1]} \text{ W-geodesic,} \right. \left. S(\rho^0) < \infty, S(\rho^1) < \infty, \text{supp}[\rho^0] \subset B_t(x), \text{supp}[\rho^1] \subset B_t(y) \right\}.$$

Theorem 1.6. For all $x, y \in X$

$$\vartheta^\varphi(x, y) = \eta(x, y).$$

Remark 1.7. For weighted Riemannian manifolds

$$\text{Ric}_f(x, y) \leq \vartheta^\varphi(x, y) \leq \text{Ric}_f(x, y) + \sigma(x, y) \cdot \tan^2 \left( \sqrt{\sigma(x, y)d(x, y)} / 2 \right)$$

provided $x$ and $y$ are not conjugate. Thus $\vartheta^\varphi$ may be used in an analogous way as $\vartheta^\pm$ to characterize upper Ricci bounds. In particular, $\limsup_{x \to y} \vartheta^\varphi(y, z) \leq K$ $(\forall x)$ is equivalent to $\text{Ric}_f \leq K \cdot g$. However, $\vartheta^\varphi$ will not be able to detect the positive curvature in the vertex of a cone.

Definition 1.8. We say that the mm-space $(X, d, m)$ has robust synthetic upper Ricci bound $K$ if there exists an usc function $\overline{K} : (0, \infty) \to (-\infty, \infty]$ with $\lim_{r \to 0} \overline{K}(r) = K$ such that for all $r > 0$ with $\overline{K}(r) < \infty$, all $x, y \in X$ with $d(x, y) = r$, and all $\mu^0 \in \mathcal{P}(X)$ with $W(\mu^0, \delta_x) < r^4$ there exists a $W_2$-geodesic $(\mu^a)_{a \in [-1, 1]}$ with $W(\mu^1, \delta_y) \leq r^2$ and

$$\frac{1}{r^2} \left( S(\mu^1) - 2S(\mu^0) + S(\mu^{-1}) \right) \leq \overline{K}(r). \quad (5)$$

A weighted Riemannian manifold with bounded geometry has robust synthetic upper Ricci bound $K$ if and only if $\text{Ric}_f \leq K \cdot g$.

Theorem 1.9. If a sequence of mm-spaces $(X_n, d_n, m_n), n \in \mathbb{N}$, converges to a locally compact mm-space $(X, d, m)$ w.r.t. $m\text{GH}$ (or, more generally, w.r.t. the $L^2$-transportation distance $D_2$) and if each element of the sequence has robust synthetic upper Ricci bound $K$ with the same approximation function $\overline{K}$ then also the limit space has robust synthetic upper Ricci bound $K$ with approximation function $\overline{K}$.

Some notations. We use $\hat{\partial}_t$ as a short hand notation for $\frac{d}{dt}$. Moreover, we put $\partial^+_t u(t) = \limsup_{s \to t, t \neq s} \frac{1}{t-s}(u(t) - u(s))$ and $\partial^-_t u(t) = \liminf_{s \to t, t \neq s} \frac{1}{t-s}(u(t) - u(s))$. 


2. Synthetic Ricci Bounds for Metric Measure Spaces

Throughout this paper, a metric measure space \((X, d, m)\) consisting of a Polish space \(X\) equipped with a complete separable metric \(d\) (inducing the topology of \(X\)) and a measure \(m\) on the Borel \(\sigma\)-algebra of \(X\). We will always assume that \(m\) has full topological support and that \(\int e^{-C d^2(x,z)} \, dm(x) < \infty\) for some \(C \in \mathbb{R}\) and \(z \in X\).

\(W\) or \(W_2\) will denote the \(L^2\)-Kantorovich-Wasserstein distance on the space \(\mathcal{P}(X)\) of all probability measures on \(X\). The Boltzmann entropy w.r.t. \(m\) will be denoted by \(S : \mathcal{P}(X) \to [-\infty, \infty]\). That is,

\[
S(\mu) = \int u \log u \, dm
\]

if \(\mu\) is absolutely continuous with density \(u\) and \(\int (u \log u)_+ \, dm < \infty\); otherwise \(S(\mu) = \infty\).

For \(u \in L^2(X,m)\), the energy (or Cheeger energy) can be represented as \(\mathcal{E}(u) = \frac{1}{2} \int |Du|^2 \, dm\) where \(|Du|\) denotes the minimal weak upper gradient of \(u\). The gradient flow for \(\mathcal{E}\) on \(L^2(X,m)\) defines uniquely the heat semigroup

\[
P_t : L^2(X,m) \to L^2(X,m).
\]

Except in the last chapter, we always assume that this semigroup of operators extends to a semigroup of Markov kernels \(\hat{P}_t : \mathcal{P}(X) \to \mathcal{P}(X)\) (‘dual heat semigroup’) such that \(\hat{P}_t(u \, m) = (P_t u) \, m\) for each nonnegative \(u \in L^2(X,m)\) with \(\int u \, dm = 1\) and \(\hat{P}_t \mu(.) = \int \hat{P}_t \delta_x(.) \, \mu(dx)\) for each \(\mu \in \mathcal{P}(X)\). In particular, this will be the case if \((X,d,m)\) satisfies an RCD\((K,\infty)\)-condition for some \(K \in \mathbb{R}\). [AGS14]  

We define functions \(\vartheta^+, \vartheta^-\), and \(\vartheta^0\) on \(X \times X\) by

\[
\vartheta^+(x,y) := -\partial_{i}^+ \log \left(<W(\hat{P}_t \delta_x, \hat{P}_t \delta_y)>\right)|_{t=0}, \quad \vartheta^0(x,y) := \lim_{\epsilon \to 0} \inf_{\epsilon} \left\{ -\partial_{i}^+ \log W(\hat{P}_t \mu, \hat{P}_t \nu) \right\}_{t=0} : \text{supp} \mu \subset B_{\epsilon}(x), \text{supp} \nu \subset B_{\epsilon}(y).
\]

Obviously,

\[
\vartheta^0(x,y) \leq \lim_{(x',y') \to (x,y)} \vartheta^-(x',y') \leq \vartheta^-(x,y) \leq \vartheta^+(x,y).
\]

**Definition 2.1.** We say that a number \(K\) is a strong synthetic upper Ricci bound for the mm-space \((X,d,m)\) if \(\vartheta^+(x) \leq K\) for all \(x \in X\) where

\[
\vartheta^+(x) := \lim_{y \to x} \sup_{z \to x} \vartheta^+(y,z).
\]

2.1. Evolution of Curves under the Dual Heat Flow. For \(p \in [1, \infty)\) we define the \(p\)-action of a curve \(\gamma : [0,1] \to X, a \mapsto \gamma^a\) by

\[
\text{Act}_p(\gamma) = \sup_{(a_i)} \sum_i \frac{1}{|a_i - a_{i-1}|^{p-1}} d(\gamma^{a_{i-1}}, \gamma^{a_i})^p = \limsup_{(a_i)} \sum_i \frac{1}{|a_i - a_{i-1}|^{p-1}} d(\gamma^{a_{i-1}}, \gamma^{a_i})^p
\]

where the sup is taken over all partitions \(0 = a_0 < a_1 < \ldots < a_n = 1\) and the lim sup over those with mesh size going to 0. For \(p = 1\) this is the length \(\text{Len}(\gamma) := \text{Act}_1(\gamma)\). Analogously (with \(W\) in the place of \(d\)), we define length and \(p\)-action for curves in \(\mathcal{P}(X)\).

We will be particularly interested in the growth of length (and action) of curves which evolve under the dual heat flow. Here any curve \(a \mapsto \gamma^a\) in \(X\) will be identified with the curve \(a \mapsto \mu^a_0 := \delta_{\gamma^a}\) in \(\mathcal{P}(X)\) and its evolution under the dual heat flow is the curve \(a \mapsto \mu^a_0 := \hat{P}_t \mu^a_0\).

**Definition 2.2.** We say that a number \(K\) is a weak synthetic upper Ricci bound for the mm-space \((X,d,m)\) if \(\Theta^+(\gamma) \leq K\) for each geodesic \(\gamma\) in \(X\) where

\[
\Theta^+(\gamma) := -\partial_{i}^+ \log \left(\text{Len}(\hat{P}_t \delta_\gamma)\right)|_{t=0}.
\]

**Remark 2.3.** Slightly extending the previous definition, we say that a number \(K\) is a \(p\)-weak synthetic upper Ricci bound for the mm-space \((X,d,m)\) if \(\Theta^+_p(\gamma) \leq K\) for each geodesic \(\gamma\) in \(X\) where

\[
\Theta^+_p(\gamma) := -\frac{1}{p} \partial_{i}^+ \log \left(\text{Act}_p(\hat{P}_t \delta_\gamma)\right)|_{t=0}.
\]
Since $\text{Act}_p(\mu') \geq (\text{Len}(\mu'))^p$ for each curve, with equality for each constant speed curve and thus
\[-\frac{1}{p} \partial_t^i \log (\text{Act}_p(\hat{P}_t \delta_t))|_{t=0} \leq -\partial_t^i \log (\text{Len}(\hat{P}_t \delta_t))|_{t=0},\]
every weak synthetic upper Ricci bound is also a $p$-weak synthetic upper Ricci bound.

According to the following Theorem, any strong synthetic upper Ricci bound is a weak synthetic upper Ricci bound.

**Theorem 2.4.** For every geodesic $(\gamma^a)_{a \in [0,1]}$ in $X$ and every $p \in [1, \infty)$, the decay of the $p$-action of the curve $a \mapsto \mu^a_t := \hat{P}_t \delta_t \gamma^a$ in $(\mathcal{P}(X), W)$ is controlled by
\[-\frac{1}{p} \partial_t^i \log \text{Act}_p(\mu_t)|_{t=0} \leq \int_0^1 \vartheta^*(\gamma^a) \, da.\] (6)

In particular,
\[\vartheta^+(\gamma) \leq \int_0^1 \vartheta^*(\gamma^a) \, da.\]

**Proof.** Given $\gamma$ as above and $\delta > 0$, by upper semicontinuity of $\vartheta^*$ there exists a finite partition $0 = a_0 < a_1 < \ldots < a_n = 1$ such that $\forall i$
\[\vartheta^+(\gamma^a_i, \gamma^{a_{i-1}}) \leq \frac{1}{|a_i - a_{i-1}|} \int_{a_{i-1}}^{a_i} \vartheta^*(\gamma^a) \, da + \delta.\]

Fixing this finite partition, there exists $t_0 > 0$ s.t. $\forall t \in (0, t_0)$, $\forall i$
\[W(\mu^a_t, \mu^a_{t-1}) \geq e^{-(\vartheta^+(\gamma^a_i, \gamma^{a_{i-1}}) + \delta) t} \cdot d(\gamma^a_i, \gamma^{a_{i-1}}).\]

Therefore,
\[
\text{Act}_p(\mu^a_t) \geq \sum_i \frac{1}{|a_i - a_{i-1}|^p - 1} W(\mu^a_{t}, \mu^a_{t-1})^p \\
\geq \sum_i \frac{1}{|a_i - a_{i-1}|^p - 1} \left[1 - \left(\vartheta^+(\gamma^a_i, \gamma^{a_{i-1}}) + \delta\right) pt \right] \cdot d(\gamma^a_i, \gamma^{a_{i-1}})^p \\
= \text{Act}_p(\gamma) \cdot \left[1 - \delta pt - pt \cdot \sum_i \vartheta^+(\gamma^a_i, \gamma^{a_{i-1}}) \cdot |a_i - a_{i-1}| \right] \\
\geq \text{Act}_p(\gamma) \cdot \left[1 - 2\delta pt - pt \cdot \int_0^1 \vartheta^*(\gamma^a) \, da \right]
\]
and thus
\[-\partial_t^i \log \text{Act}_p(\mu_t)|_{t=0} \leq 2\delta p + p \int_0^1 \vartheta^*(\gamma^a) \, da.\]

Since $\delta > 0$ was arbitrary this proves the claim. \qed

2.2. **Example:** **The Cone.** Let us consider in detail the mm-space $(X, d, m)$ where $X$ is the cone over a circle of length $\alpha < 2\pi$, equipped with the cone metric $d$ and the two-dimensional Lebesgue measure $m$. Denote the vertex by $o$. Then the ‘punctured cone’ $X \setminus \{o\}$ is a Riemannian manifold with vanishing Ricci curvature.

**Theorem 2.5.**
(i) $\vartheta^\pm(\vartheta, \vartheta') = \infty$ for all $\vartheta \in X$
(ii) $\vartheta^\pm(x, y) = 0$ for all $x, y \in X \setminus \{o\}$
(iii) $\partial_t \text{Len}(\hat{P}_t \delta_t)|_{t=0} = -\infty$ for each geodesic $(\gamma^a)_{a \in [0,1]}$ in $X$ which emanates or terminates in the vertex (i.e. $\gamma^0 = o$ or $\gamma^1 = o$)
(iv) $\partial_t \text{Len}(\hat{P}_t \delta_t)|_{t=0} = 0$ for all other geodesic $(\gamma^a)_{a \in [0,1]}$ in $X$.

**Proof.** The assertions immediately follow from the following precise heat kernel asymptotic on the cone. \qed

**Corollary 2.6.** The cone does not admit any strong synthetic upper Ricci bound nor any weak synthetic upper Ricci bound.
Remark 2.7. In contrast to $\vartheta^+$ and $\vartheta^-$, the quantity $\vartheta^\vee$ will not be able to detect the positive curvature of the cone which is concentrated in one point, the vertex. Indeed, the equivalence $\vartheta^\vee = \eta$ (Theorem 1.2) and the fact that no optimal transport will move mass through the vertex will imply $\vartheta^\vee(x, y) = 0$ for all $x, y \in X$.

Lemma 2.8. For the cone over the circle of length $\alpha < 2\pi$

\[
W(\hat{P}_t \delta_x, \hat{P}_t \delta_y) = \begin{cases} 
\frac{d(x, y) - \sqrt{\pi t} \cdot \frac{\pi}{2} \sin \frac{\alpha}{2} + O(t)}{\frac{d(x, y)}{2} + o(t)}, & \text{if } x \text{ or } y \text{ is the vertex} \\
\frac{d(x, y)}{2} + o(t), & \text{else}.
\end{cases}
\]

Proof. The claim for $x, y$ away from the vertex follows from Riemannian calculations and the fact that the punctured cone is flat.

Now let us assume that $x$ is in the vertex. We introduce coordinates on $X$ (ignoring some double labelling) such that

\[
X = \{(z_1, z_2) \in \mathbb{R}^2 : \cot \frac{\alpha}{2} \cdot |z_2| \leq z_1\} = \{(r \cos \phi, r \sin \phi) : r \in \mathbb{R}_+, \phi \in \left[-\frac{\alpha}{2}, \frac{\alpha}{2}\right]\}
\]

and $x = (0, 0), y = (R, 0)$. Then

\[
\hat{P}_t \delta_x(dz) = \frac{1}{2\alpha t} e^{-\frac{\pi^2}{4} r dr d\phi}
\]

for $z = (r \cos \phi, r \sin \phi)$ (‘exact Gaussian’) whereas $\hat{P}_t \delta_y$ for $t \to 0$ can be approximated by a Gaussian

\[
\hat{P}_t \delta_y(dz) = \frac{1}{4\pi t} e^{-\frac{\pi^2}{4} r dr d\psi} + O(t)
\]

for $z = (R + r \cos \psi, r \sin \psi)$. For the optimal coupling of them (for fixed $R > 0$ and $t \approx 0$) the $z_2$-distributions will be irrelevant (more precisely, their contribution will be $O(t)$). The optimal coupling of the $z_1$-distributions is given by pairing \((R + r \cos \psi, (R + r \sin \psi))\) with \((r \cos(\frac{\alpha}{2} \psi), r \sin(\frac{\alpha}{2} \psi))\) for $r > 0$ and $\psi \in [-\pi, \pi]$. Therefore

\[
W^2(\hat{P}_t \delta_x, \hat{P}_t \delta_y) = \frac{1}{4\pi t} \int_0^\infty \int_{-\pi}^{\pi} \left|R + r \cos \psi - r \cos(\frac{\alpha}{2} \psi)\right|^2 d\psi e^{-\frac{\pi^2}{4} r dr} + O(t)
\]

\[
= \frac{1}{4\pi t} \int_0^\infty \int_{-\pi}^{\pi} \left[R^2 - 2Rr \cos(\frac{\alpha}{2} \psi)\right] d\psi e^{-\frac{\pi^2}{4} r dr} + O(t)
\]

\[
= R^2 - 2R\sqrt{\pi t} \cdot \frac{2}{\alpha} \sin \frac{\alpha}{2} + O(t)
\]

and thus

\[
W(\hat{P}_t \delta_x, \hat{P}_t \delta_y) = R - \sqrt{\pi t} \cdot \frac{2}{\alpha} \sin \frac{\alpha}{2} + O(t).
\]

In a follow-up paper together with Erbar \cite{ES17+} we could deduce a far reaching generalization of the previous Theorem.

Theorem 2.9. Assume that \((X, d, m)\) satisfies the curvature-dimension condition \(RCD(K', N')\) for some finite numbers \(K', N'\) and that it is the N-cone over some mm-space \((X', d', m')\). Then

(i) either $\vartheta^\vee(o, y) = \infty$ for all $y$ and $\vartheta^\vee(\gamma) = \infty$ for each geodesic emanating from the tip

(ii) or $N$ is an integer and \((X, d, m)\) is isomorphic to \((\mathbb{R}^{N+1}, |.|, dx)\).

In particular, (up to isomorphism) the only Ricci bounded $N$-cone among all mm-spaces is \((\mathbb{R}^{N+1}, |.|, dx)\).

2.3. Synthetic Lower Ricci Bounds.

Theorem 2.10. For any infinitesimally Hilbertian mm-space \((X, d, m)\) and any $p \in [1, \infty)$ the following are equivalent

1. \((X, d, m)\) satisfies $RCD(K, \infty)$
2. for all $x, y \in X$ and all $t > 0$

\[
W(\hat{P}_t \delta_x, \hat{P}_t \delta_y) \leq e^{-Kt} d(x, y)
\]
(3) for all \( \mu, \nu \in \mathcal{P}(X) \) and all \( t > 0 \)
\[ W(\hat{P}_t \mu, \hat{P}_t \nu) \leq e^{-Kt} W(\mu, \nu) \]
(4) for all \( \mu, \nu \in \mathcal{P}(X) \), all \( t > 0 \) and all \( q \in [1, \infty] \)
\[ W_q(\hat{P}_t \mu, \hat{P}_t \nu) \leq e^{-Kt} W_q(\mu, \nu) \]
(5) for all curves \((\mu^a)_{a\in[0,1]} \) in \( \mathcal{P}(X) \), all \( t > 0 \) and all \( q \in [1, \infty] \)
\[ \text{Act}_{p,q}(\hat{P}_t \mu^a) \leq e^{-Kpt} \text{Act}_{p,q}(\mu^a) \]
(6) \( t \mapsto \text{Len}(\hat{P}_t \mu^a) \) is absolutely upper continuous for all geodesics \((\mu^a)_{a\in[0,1]} \) in \( \mathcal{P}(X) \) with
\[ -\partial_t^+ \text{Len}(\hat{P}_t \mu^a) \geq K \]
(7) \( t \mapsto W(\hat{P}_t \mu, \hat{P}_t \nu) \) is absolutely upper continuous for all \( \mu, \nu \in \mathcal{P}(X) \) with
\[ -\partial_t^+ \text{Len}(\hat{P}_t \mu, \hat{P}_t \nu) \geq K. \]

Here \( W_q \) denotes the \( q \)-Kantorovich-Wasserstein distance and \( \text{Act}_{p,q} \) denotes the \( p \)-action w.r.t. \( W_q \), that is,
\[ \text{Act}_{p,q}(\mu^a) = \sup_{(a_i)} \sum_i \frac{1}{|a_i - a_{i-1}|^{p-1}} W_q(\mu^{a_i}, \mu^{a_{i-1}})^p \]
where the supremum is taken over all finite partitions \( 0 = a_0 < a_1 < \ldots < a_n = 1 \).

**Proof.** Various of the implications are obvious: (4) \( \Rightarrow \) (2) and (5) \( \Rightarrow \) (6) \( \Rightarrow \) (7).
(1) \( \iff \) (2): This is the basic equivalence as deduced by Ambrosio, Gigli, Savaré [AGS15].
(2) \( \Rightarrow \) (3): Given \( \mu, \nu \), choose a \( W \)-optimal coupling \( q \) of them. Then the measure
\[ q_t(dx', dy') := \int \hat{P}_t \delta_x(dx') \hat{P}_t \delta_y(dy') q(dx, dy) \]
is a coupling of \( \hat{P}_t \mu(dx') = \int \hat{P}_t \delta_x(dx') \mu(dx) \) and \( \hat{P}_t \nu(dy') = \int \hat{P}_t \delta_y(dy') \nu(dy) \). Thus
\[ W^2(\hat{P}_t \mu, \hat{P}_t \nu) \leq \int d^2(x', y') \int \hat{P}_t \delta_x(dx') \hat{P}_t \delta_y(dy') q(dx, dy) \]
\[ \leq e^{-2Kt} \int d^2(x, y) q(dx, dy) = e^{-2Kt} W^2(\mu, \nu) \]
where we made use of (2) for the last estimate.
(3) \( \Rightarrow \) (4): This is the self-improvement property as deduced by Savaré [Sa14].
(4) \( \Rightarrow \) (5): Given the curve \((\mu^a)_{a\in[0,1]} \) numbers \( t, p, q \) as above as well as any finite partition \( 0 \leq a_0 < a_1, \ldots, a_n = 1 \) of the parameter interval \([0, 1]\)
\[ \sum_i \frac{1}{|a_i - a_{i-1}|^{p-1}} W_q(\hat{P}_t \mu^{a_i}, \hat{P}_t \mu^{a_{i-1}})^p \leq e^{-Kpt} \sum_i \frac{1}{|a_i - a_{i-1}|^{p-1}} W_q(\mu^{a_i}, \mu^{a_{i-1}})^p \]
\[ \leq e^{-Kpt} \text{Act}_{p,q}(\mu^a). \]
Passing to the supremum over all partitions, yields the claim.
(7) \( \Rightarrow \) (2): Integrating (7) from 0 to \( t \), we to obtain (2):
\[ e^{Kt} W(\hat{P}_t \mu, \hat{P}_t \nu) - W(\mu, \nu) \leq \int_0^t \partial_s(e^{Ks} W(\hat{P}_s \mu, \hat{P}_s \nu)) ds \leq 0. \]

**Proposition 2.11.** Assume that a priori \((X, d, m)\) is known to satisfy some \( RCD(K', \infty) \)-condition. Then in addition the following assertions are equivalent to the previous assertions (1) - (7):
(8) \( -\partial_t^+ |t=0 \log \text{Len}(\hat{P}_t \delta_x) \geq K \) for all geodesics \((\gamma^a)_{a\in[0,1]} \) in \( X \)
(9) \( -\partial_t^+ |t=0 \log W(\hat{P}_t \delta_x, \hat{P}_t \delta_y) \geq K \) for all \( x, y \in X \).
Proof. The implications (6) ⇒(8)⇒ (9) are obvious.

(9) ⇒(7): Given μ, ν, choose a W-optimal coupling q of them. Without restriction, we may assume $\int d^2(x, y) q(dx, dy) < \infty$. Then by Fatou’s lemma (since the following integrand is bounded from above by $e^{2(K-K')t} d^2(x, y)$ which is integrable w.r.t. q)

$$\partial_t^+ \big|_{t=0} \left[ e^{2Kt} W^2(\hat{P}_t \mu, \hat{P}_t \nu) \right] \leq \limsup_{t \to 0} \frac{1}{t} \left[ \int \left[ e^{2Kt} W^2(\hat{P}_t \delta_x, \hat{P}_t \delta_y) - d^2(x, y) \right] dq(dx, dy) \right]$$

$$\leq \limsup_{t \to 0} \frac{1}{t} \int \left[ e^{2Kt} W^2(\hat{P}_t \delta_x, \hat{P}_t \delta_y) - d^2(x, y) \right] dq(dx, dy) \leq 0.$$

The absolute continuity of $t \mapsto W(\hat{P}_t \mu, \hat{P}_t \nu)$ follows from the RCD($K', \infty$)-assumption. □

3. Ricci Bounds for Weighted Riemannian Manifolds

In this section, we will discuss the previously introduced synthetic concepts for Ricci bounds in the more restrictive setting of weighted Riemannian manifolds. A weighted Riemannian manifold is a triple $(M, g, f)$ where $M$ is a (finite dimensional, smooth) manifold equipped with a Riemannian metric tensor $g$ as well as with a smooth ‘weight’ function $f : M \to \mathbb{R}$. It canonically defines a metric measure space $(X, d, m)$ with $d = d_g$ is the Riemannian distance induced by $g$ and $m = e^{-f} vol_g$ is the Borel measure on $M$ with density $e^{-f}$ w.r.t. the Riemannian volume measure $vol_g$ induced by $g$. The induced mm-space is always infinitesimally Hilbertian. The mm-space induced by $(M, g, f)$ satisfies a curvature-dimension condition RCD($K, \infty$) if and only if $\text{Ric}_f \geq K \cdot g$ (in the sense of inequalities between quadratic forms on the tangent bundle of $M$) where

$$\text{Ric}_f = \text{Ric} + \text{Hess} f$$

denotes the ‘canonical’ Ricci tensor on the weighted Riemannian manifold. The ‘canonical’ Laplacian will be $\Delta_f = \Delta - \nabla f \cdot \nabla$. For each $C^1$-curve $(\gamma^a)_{a \in [b, c]}$ in $M$ we denote the mean value of the normalized Ricci curvature along the curve by

$$\text{Ric}_f(\gamma) := \frac{1}{c - b} \int_b^c \text{Ric}_f(\dot{\gamma}^a, \dot{\gamma}^a) / |\dot{\gamma}^a|^2 \, da.$$  \hspace{1cm} (7)

Throughout the sequel, we will assume that the mm-space induced by $(M, g, f)$ satisfies a curvature-dimension condition RCD($K', N$) for some pair of finite numbers $K', N$.

3.1. Precise Estimates for Heat Flows.

**Theorem 3.1.** For all pairs of non-conjugate points $x, y \in M$

$$\text{Ric}_f(\gamma) \leq \vartheta^b(x, y) \leq \vartheta^+(x, y) \leq \text{Ric}_f(\gamma) + \sigma(\gamma) \cdot \tan^2 \left( \frac{\sqrt{\sigma(\gamma)} d(x, y)}{2} \right)$$ \hspace{1cm} (8)

where $\gamma = (\gamma^a)_{a \in [-r, r]}$ denotes the (unique) geodesic connecting $x$ and $y$, $\text{Ric}_f(\gamma)$ as introduced in (1) denotes the average Ricci curvature on the way from $x$ to $y$ and with $\sigma(\gamma)$ denotes the maximal modulus of the Riemannian curvature along this geodesic.

**Remark 3.2.** Let $X$ be the flat torus. Then direct calculations (similar to those in Example 2.8) yield that $\vartheta^b(x, y) = \infty$ for antipodal points $x, y$.

**Proof.** (i) **Upper estimate.** Given non-conjugate points $x, y \in M$, let $(\gamma^a)_{a \in [-r, r]}$ be the unit speed geodesic connecting them. Choose a smooth family of functions $\vartheta^a, a \in [-r, r]$, which satisfy the Hopf-Lax relation $\partial_a \vartheta^a = -\frac{1}{2} |\nabla \vartheta^a|^2$ with $\nabla \vartheta^a(\gamma^a) = \dot{\gamma}^a$ for (some, hence all) $a \in [-r, r]$.
Then \((-2r\varphi^{-r}, 2r\varphi^r)\) is a pair of Kantorovich potentials for \(\delta_x\) and \(\delta_y\) and thus
\[
\frac{1}{2} \partial_s W^2(\tilde{P}_s \delta_x, \tilde{P}_s \delta_y)_{s = 0} \geq \liminf_{s \rightarrow 0} \frac{2r}{s} \left[ \int -\varphi^{-r} d\tilde{P}_s \delta_x + \int \varphi^r d\tilde{P}_s \delta_y - \int -\varphi^{-r} d\delta_x - \int \varphi^r d\delta_x \right]
\]
\begin{align*}
&= 2r \left[ -\Delta_f \varphi^{-r}(x) + \Delta_f \varphi^r(y) \right] \\
&= 2r \int_{-r}^r \partial_a \left( \Delta_f \varphi^a(\gamma^a) \right) da \\
&= 2r \int_{-r}^r \left( -\frac{1}{2} \Delta_f |\nabla \varphi^a|^2 + \nabla \Delta_f \varphi^a \cdot \gamma^a \right) da \\
&= -2r \int_{-r}^r \left( \text{Ric}_{f}(\nabla \varphi^a, \nabla \varphi^a) + \|D^2 \varphi^a\|_{2,2}^2 \right) da \\
&\geq -\left( \text{Ric}(x, y) + \sup_{a \in [-r, r]} h^2(a) \right) \cdot d^2(x, y)
\end{align*}
with
\[
h(a) := \|D^2 \varphi^a\|_{2,2}^2(\gamma^a)
\]
where \(D^2 \varphi\) denotes the Hessian of \(\varphi\) and \(\|D^2 \varphi^a\|_{2,2}^2\) its Hilbert-Schmidt norm.

To estimate the latter, let us choose \(\varphi^0\) such that \(\nabla \varphi^0(\gamma^0) = \gamma^0\) and \(D^2 \varphi^0(\gamma^0) = 0\). This is indeed always possible. Now fix an orthonormal frame \((x_i)_{i=1,...,n}\) along \(\gamma\) and consider the evolution of the Hessian \((D_{ij} \varphi^a)_{i, j=1,...,n}\) under the Hopf-Lax flow:
\[
\partial_a \left( D_{ij} \varphi^a(\gamma^a) \right) = \left[ -\frac{1}{2} D_{ij} |\nabla \varphi^a|^2 + \nabla D_{ij} \varphi^a \cdot \gamma^a \right] (\gamma^a)
\]
\[
= - \left( R(e_i, \nabla \varphi^a, e_j, \nabla \varphi^a) + \sum_k D_{ik} \varphi^a \cdot D_{jk} \varphi^a \right) (\gamma^a).
\]

Here \(R(v, u, w, u) = g(\text{Rm}(v, u)w, u)\) for \(v, u, w \in TM\) with \(\text{Rm}\) being the Riemannian curvature tensor.

Multiplying this identity by \(D_{ij} \varphi^a(\gamma^a)\), summing over \(i, j\) and using the fact that the curvature is bounded by \(\sigma\) yields for \(h(a) := \left( \sum_{i, j} (D_{ij} \varphi^a)^2 \right)^{1/2}(\gamma^a)\)
\[
\frac{1}{2} \partial_a h^2(a) = \sum_{i, j} D_{ij} \varphi^a(\gamma^a) \cdot \partial_a \left( D_{ij} \varphi^a(\gamma^a) \right)
\]
\[
\leq \sigma \cdot h(a) + h^3(a)
\]
(cf. [GHL04], p. 213) where we used the fact that
\[
\left| \sum_{i, j, k} A_{ij} A_{jk} A_{ki} \right| \leq \left( \sum_{i, j} A_{ij}^2 \right)^{3/2}
\]
for each symmetric matrix. Dividing the previous differential inequality by \(h\) yields the Riccati type differential inequality
\[
\partial_a h(a) \leq \sigma + h^2(a).
\]
By assumption \(h(0) = 0\). Using the explicit solution for the corresponding differential equality and Sturm’s comparison principle we obtain
\[
h(a) \leq \sqrt{\sigma} \cdot \tan \left( \sqrt{\sigma} \cdot |a| \right)
\]
for all \(a \in \mathbb{R}\) which – together with (9) – proves the claim.

(ii) **Lower estimate.** Theorem 4.12 in the more general context of RCD-spaces will yield the equivalence \(\varphi^a = \eta\) where
\[
\eta(x, y) := \liminf_{\epsilon \to 0} \left\{ \frac{1}{W^2(\rho^0, \rho^1)} \cdot \left[ \partial_a^- S(\rho^a)|_{a=1} - \partial_a^+ S(\rho^a)|_{a=0} \right] : (\rho^a)_{a \in [0, 1]} \text{ W-geodesic,} \right. \\
\left. S(\rho^0) < \infty, S(\rho^1) < \infty, \text{ supp}[^{\mu^0}] \subset B_{\epsilon}(x), \text{ supp}[^{\mu^1}] \subset B_{\epsilon}(y) \right\}.
\]
Thus it remains to prove that \( \eta(x,y) \geq \text{Ric}_f(\gamma) \) for non-conjugate points \( x, y \) with connecting geodesic \( \gamma \).

Given non-conjugate points \( x^0, x^1 \in X \) with minimizing geodesic \( (x^a)_{a \in [0,1]} \) and a number \( \delta > 0 \), one can choose \( \epsilon > 0 \) such that

\[
\text{Ric}_f(\gamma^a, \gamma^0) \geq \text{Ric}_f(\dot{x}^a, \dot{x}^0) - \delta \quad (\forall a)
\]

for all \( d \)-geodesics \( (\gamma^a)_{a \in [0,1]} \) with \( \gamma^0 \in B_{\epsilon}(x^0) \) and \( \gamma^1 \in B_{\epsilon}(x^1) \). Thus for each \( W \)-geodesic curve \( (\rho^a)_{a \in [0,1]} \) with \( \text{supp}[\rho^0] \subset B_{\epsilon}(x), \text{supp}[\rho^1] \subset B_{\epsilon}(y) \) by standard calculations for first and second derivatives of \( a \mapsto S(\rho^a_t) \) (cf. [St05], [AGS14], [KSTV+]).

\[
\partial_{a}^{-} S(\rho^a_t)|_{a=1} - \partial_{a}^{+} S(\rho^a_t)|_{a=0} \geq \int_{\Gamma} \int_{0}^{1} \text{Ric}_f(\dot{\gamma}^a, \dot{\gamma}^0) \, da \, d\Lambda(\gamma) \nabla
\geq \int_{0}^{1} \text{Ric}_f(\dot{x}^a, \dot{x}^0) \, da - \delta \nabla
\geq \text{Ric}_f(x') \cdot d^2(x^0, x^1) - \delta \nabla
\geq \text{Ric}_f(x') \cdot W^2(\rho^0, \rho^1) - 2\delta. \nabla
\]

Here \( \Lambda_t \) denotes the probability measure on the space \( \Gamma \) of all geodesics \( \gamma : [0,1] \to X \) such that \( \rho^a_t = (\pi^a)_* \Lambda_t \) where \( \pi^a : \gamma \mapsto \gamma^a \) is the evaluation map. Since \( \delta > 0 \) was arbitrary this proves \( \eta(x^0, x^1) \geq \text{Ric}_f(x') \) which is the claim. \( \square \)

**Remark 3.3.** A careful look on the previous argument allows to replace the maximum of the modulus of the curvature (along the minimizing geodesic from \( x \) to \( y \)) in the definition of \( \sigma(\gamma) \) by

\[
\sigma(\gamma) = \max_a \sum_{i,j,k=1}^{n} \left| R(\gamma, e_i, e_j, e_k) \right|^2 \, (\gamma^a) = \max_a \sum_{i=1}^{n} \left| \text{Rm}(\gamma, e_i) \gamma^a \right|^2 \, (\gamma^a). \nabla
\]

### 3.2 Speed and Action

For various applications we have to tighten up the asymptotic estimates in the previous Theorem to estimates which hold locally uniformly in time.

**Theorem 3.4.** For each compact subset \( M_0 \subset M \) and each \( \delta > 0 \) there exist \( t_0 > 0 \) and \( \epsilon > 0 \) such that for all \( x, y \in M_0 \) with \( d(x, y) \leq \epsilon \)

\[
e^{-3 \text{Ric}_f(x,y) + \delta t} \cdot d(x, y) \leq W \left( \delta x, \delta y \right) \leq e^{-3 \text{Ric}_f(x,y) + \delta t} \cdot d(x, y) \]

with \( \text{Ric}_f(x,y) := \text{Ric}_f(\gamma) \) as in Theorem 3.2 being the average of the Ricci curvature along the geodesic connecting \( x \) and \( y \).

**Proof.** (i) The upper estimate will follow from the fact that \( \text{Ric}_f(x, y) \leq \eta(x, y) \) (proof of “lower estimate” in previous Theorem) and from the estimate (28) in the proof of Theorem 4.2 below.

(ii) For the lower estimate, we have to improve our “upper estimate” in Theorem 3.1. Let us first prove that for each compact subset \( M_0 \subset M \) and each \( \delta > 0 \) there exist constants \( C \) and \( \epsilon > 0 \) such that for each unit speed geodesic \( (\gamma^a)_{a \in [-r,r]} \) of length \( 2r \leq \epsilon \) in \( M_0 \) there exists a family of functions \( \phi^a, a \in [-r, r] \), which satisfy the Hopf-Lax relation \( \partial_a \phi^a = \frac{1}{2} |\nabla \phi^a|^2 \) with \( \nabla \phi^a(a) = \gamma^a \) for \( a \in [-r, r] \) and

\[
|D^3 \phi|(a) \leq C \quad \text{for} \quad a \in [-r, r]. \nabla
\]

Indeed, as before we fix an orthonormal frame \( (e_i)_{i=1,\ldots,n} \) along \( \gamma \) with \( e_1 = \dot{\gamma} \) and put \( \phi^0 = \frac{1}{2} e_1^2 \). For each \( i, j, k \) we consider the evolution of the third derivatives \( (D_{ijk} \phi^a)_{i,j,k=1,\ldots,n} \) under the Hopf-Lax flow which amounts to a coupled system of nonlinear PDEs with smooth coefficients (depending on \( \phi, D\phi, D^2 \phi \), the Riemannian curvature tensor and its first derivative). These coefficients are uniformly bounded on the compact set \( M_0 \). Since the initial condition of theses coupled system at \( a = 0 \) is \( D_{ijk} \phi^0 = 0 \), short time existence implies that there exist \( \epsilon > 0 \) and \( C \) such that \( |D^3 \phi|(a) \leq Cr \) for \( a \in [-r, r] \) provided \( r \leq \epsilon/2 \).
(iii) With the uniform estimate \((13)\) at hands, we will improve the upper estimate in Theorem 3.1. Note that for all \(s > 0\)
\[
\frac{1}{2s} \left[ W^2(\hat{P}_s \delta_x, \hat{P}_s \delta_y) - d^2(x, y) \right] \geq \frac{2r}{s} \left[ \int -\phi^{-r} d\hat{P}_s \delta_x + \int \phi^r d\hat{P}_s \delta_y - \int -\phi^{-r} d\delta_x - \int \phi^r d\delta_x \right]
\geq 2r \left[ -\Delta f \phi^{-r}(x) + \Delta f \phi^r(y) - Cr \cdot s \right]
\geq -\left[ \text{Ric}(f(x, y)) + h^2 + C \cdot s/2 \right] \cdot d^2(x, y)
\]
uniformly in \(x, y \in M_0\) provided \(d(x, y) \leq \epsilon\) where \(x = \gamma^{-r}\) and \(y = \gamma^r\). Here
\[
h = \sup_{x, y \in M_0} \sqrt{\sigma(x, y) \cdot \tan(\sqrt{\sigma(x, y) \cdot \epsilon})}
\]
with \(\sigma(x, y)\) as before denoting the maximum modulus of the Riemannian curvature on the way from \(x\) to \(y\). Thus the claim follows: for sufficiently small \(\epsilon\) and \(s_0\) and all \(s \in (0, s_0)\)
\[
W \left( \hat{P}_s \delta_x, \hat{P}_s \delta_y \right) \geq e^{-\text{Ric}(f(x, y) + \delta)s} \cdot d(x, y).
\]

\[\square\]

**Theorem 3.5.** For each \(v = (x, \xi) \in TM\)
\[
- \partial_t \log \text{Speed}(\hat{P}_t \delta_x) \big|_{a=0, t=0} = \text{Ric}_f(v, v) / |v|^2
\]
and
\[
- \partial_t \text{Speed}(\hat{P}_t \delta_x) \big|_{a=0, t=0} = \text{Ric}_f(v, v) / |v|
\]
where \(\gamma^a = \exp_x(a\xi)\) for \(a \in [-r, r]\) with some \(r > 0\) and where
\[
\text{Speed}(\mu^a) = \lim_{b \to a} \frac{1}{|b - a|} W(\mu^a, \mu^b)
\]
denotes the metric speed of a curve \((\mu^a)_{a \in [-r, r]}\) in \((\mathcal{P}(X), W)\).

**Proof.** Given \(v \in TM\) and \(\delta > 0\), put \(\kappa = \text{Ric}_f(v, v) / |v|^2\). Then for some \(r > 0\) and all \(a \in [-r, r]\)
\[
\kappa + \delta \geq \text{Ric}_f(\gamma^a, \gamma^a) / |\gamma^a|^2 \geq \kappa - \delta.
\]
Therefore, for sufficiently small \(t_0\) and all \(t \leq t_0\)
\[
e^{-\kappa + \delta} \cdot \text{Speed}(\gamma^a) \leq W(\mu_t^a, \mu_t^b) \leq e^{\kappa - \delta} \cdot \text{Speed}(\gamma^a)
\]
where \(\mu_t^a = \hat{P}_t \delta_x^a\), and thus
\[
e^{-\kappa + \delta} \cdot \text{Speed}(\gamma^a) \leq \text{Speed}(\mu_t^a) \leq e^{\kappa - \delta} \cdot \text{Speed}(\gamma^a).
\]
This implies
\[
\kappa + 2\delta \geq -\partial_t \log \text{Speed}(\mu_t^a) \big|_{t=0} \geq \kappa - 2\delta
\]
and thus (since \(\delta > 0\) was arbitrary)
\[
- \partial_t \log \text{Speed}(\gamma^a) \big|_{t=0} = \kappa = \text{Ric}_f(v, v) / |v|^2.
\]
The result for \(\partial_t \text{Speed}(\mu_t^a)\) follows by chain rule. \(\square\)

**Corollary 3.6.** For each \(C^1\)-curve \((\gamma^a)_{a \in [0, 1]}\) in \(M\) and each \(p \in [1, \infty)\)
\[
- \frac{1}{p} \partial_t \text{Act}_p(\hat{P}_t \delta_x) \big|_{t=0} = \text{Ric}_f^{(p)}(\gamma)
\]
with \(\text{Ric}_f^{(p)}(\gamma) := \int_0^1 \text{Ric}_f(\gamma^a, \dot{\gamma}^a) |\dot{\gamma}^a|^{p-2} da\). In particular,
\[
- \frac{1}{2} \partial_t \text{Act}_2(\hat{P}_t \delta_x) \big|_{t=0} = \int_0^1 \text{Ric}_f(\gamma^a, \dot{\gamma}^a) da.
\]
Moreover, for each \(C^1\)-curve parametrized with constant speed
\[
- \frac{1}{p} \partial_t \log \text{Act}_p(\hat{P}_t \delta_x) \big|_{t=0} = \text{Ric}_f(\gamma)
\]
with \( \text{Ric}_f(\gamma) := \text{Ric}_f^{(0)}(\gamma) = \int_0^1 \text{Ric}_f(\dot{\gamma}^a, \dot{\gamma}^a) |\dot{\gamma}^a|^2 \, da \) being the mean value of \( \text{Ric}_f(\dot{\gamma}^a, \dot{\gamma}^a) / |\dot{\gamma}^a|^2 \), the normalized Ricci curvature along the curve.

**Proof.** The results concerning \( \partial_t \log \text{Act}_p(.) \) for curves with constant speed are immediate consequences of the previous results concerning \( \partial_t \text{Act}_p(.) \) since in this case \( \text{Act}_p(\gamma) = |\dot{\gamma}^a|^p \).

For the \( \leq \)-estimate, we apply the previous Theorem. Given \( \delta > 0 \), \( M_0 \), \( t_0 \) and \( \epsilon > 0 \) as above, for every rectifiable curve \( \gamma \) within \( M_0 \) and for all sufficiently fine, finite partitions \( 0 = a_0 < a_1 < \ldots < a_n = 1 \) and all \( t \leq t_0 \) we have

\[
W(\mu_{a_i}^{p_i} / \mu_{a_{i-1}}^{p_i}) \geq e^{-(\text{Ric}_f(\dot{\gamma}^{a_{i-1}}, \dot{\gamma}^{a_i}) + \delta)} \cdot d(\gamma^{a_i}, \gamma^{a_{i-1}}).
\]

Thus

\[
\text{Act}_p(\mu_t) \geq \sum_i \frac{1}{|a_i - a_{i-1}|^{p_i-1}} W^p(\mu_{a_i}^{p_i} / \mu_{a_{i-1}}^{p_i}) \geq \sum_i \frac{1}{|a_i - a_{i-1}|^{p_i-1}} \left[ 1 - \left( \text{Ric}_f(\dot{\gamma}^{a_{i-1}}, \dot{\gamma}^{a_i}) + \delta \right) pt \right] \cdot d^p(\gamma^{a_i}, \gamma^{a_{i-1}}) \geq \sum_i \frac{1}{|a_i - a_{i-1}|^{p_i-1}} \left[ 1 - \left( \text{Ric}_f(\dot{\gamma}^{a_i}, \dot{\gamma}^{a_{i-1}}) / |\dot{\gamma}^{a_i}|^2 + 2\delta \right) pt \right] \cdot d^p(\gamma^{a_i}, \gamma^{a_{i-1}})
\]

since we assumed the curve to be \( C^1 \). Passing to finer and finer partitions this implies

\[
\text{Act}_p(\mu_t) \geq \text{Act}_p(\gamma) \cdot [1 - 2\delta pt] - pt \cdot \int_0^1 \text{Ric}_f(\dot{\gamma}^a, \dot{\gamma}^a) |\dot{\gamma}^a|^{p-2} \, da = \text{Act}_p(\gamma) \cdot [1 - 2\delta pt] - \text{Ric}_f^{(p)}(\gamma)
\]

Since \( \delta > 0 \) was arbitrary this proves the the upper estimate. Note that in the constant speed case, the last inequality can be rewritten as

\[
\text{Act}_p(\mu_t) \geq \text{Act}_p(\gamma) \cdot [1 - 2\delta pt + \text{Ric}_f^{(0)}(\gamma)]
\]

For the \( \geq \)-estimate we use the fact that \( \text{Act}_p(\gamma) = \int_0^1 |\dot{\gamma}^a|^p \, da \) for each absolutely continuous curve. Thus

\[
\limsup_{t \to 0} \frac{1}{t} \left[ \text{Act}_p(\dot{p}_t \delta \gamma) - \text{Act}_p(\gamma) \right] = \limsup_{t \to 0} \int_0^1 \frac{1}{t} \left[ \text{Speed}(\dot{p}_t \delta \gamma)^p - \text{Speed}(\gamma)^p \right] \, da \leq \int_0^1 \limsup_{t \to 0} \frac{1}{t} \left[ \text{Speed}(\dot{p}_t \delta \gamma)^p - \text{Speed}(\gamma)^p \right] \, da \leq p \int_0^1 \text{Ric}_f(\dot{\gamma}^a, \dot{\gamma}^a) \cdot \text{Speed}(\gamma)^{p-2} \, da
\]

where application of Fatou’s lemma in the first inequality is justified since

\[
\text{Speed}(\dot{p}_t \delta \gamma) \leq e^{-K't} \text{Speed}(\gamma)
\]

thanks to our a priori assumption \( \text{Ric}_f \geq K' \). The last inequality in the previous chain follows from Theorem 3.4 from above. \( \square \)

### 3.3. Upper Ricci Bounds.

**Theorem 3.7.** For any weighted Riemannian manifold \((M, g, f)\) satisfying some RCD\((K', N)\)-condition and any number \( \kappa \in \mathbb{R} \) the following assertions are equivalent:

(i) \( \text{Ric}_f \leq \kappa \cdot g \) on \( TM \)

(ii) For every \( x \in X \)

\[
\limsup_{y,z \to x} \vartheta^+(y, z) \leq \kappa
\]

(iii) For every \( x \in X \)

\[
\limsup_{y,z \to x} \vartheta^-(y, z) \leq \kappa
\]
(iv) For every geodesic $a \mapsto \gamma^a$ in $M$ there exists $p \in [1, \infty)$ such that
\[ -\frac{1}{p} \partial_t^t \log \text{Act}_p(\hat{P}_t \delta_{\gamma^a})_{t=0} \leq \kappa. \] (19)

(v) For every curve $a \mapsto \gamma^a$ in $M$, every $p \in [1, \infty)$ and every $\delta > 0$ there exists $t_0 > 0$ such that for all $t \in (0, t_0)$
\[ \text{Act}_p(\hat{P}_t \delta_{\gamma^a}) \geq e^{-(\kappa+\delta)t} \cdot \text{Act}_p(\gamma^a) \] (20)

According to various implications proven so far, there are plenty of further assertions which are equivalent to the previous ones. For instance, \( \limsup_{y,z \to x} \partial^- (y, z) \leq \kappa \) for all $x$ which is weaker than (ii) and stronger than (iii) or “[19] for every geodesic $\gamma$ and every $p \in [1, \infty)$” which is weaker than (v) and stronger than (iv).

\[ \text{Proof.} \text{ It remains to prove (i) } \Rightarrow \text{ (v). Given the curve } \gamma \text{ and } \delta > 0, \text{ according to Theorem 3.3, the upper Ricci bound (i) implies that there exists } t_0 > 0 \text{ such that } \]
\[ W(\hat{P}_t \delta_x, \hat{P}_t \delta_y) \geq e^{-(\kappa+\delta)t} \cdot d(x, y) \]
uniformly for all $x, y$ in the range of $\gamma$ and all $t \in (0, t_0)$. Therefore, for each partition $0 = a_0 < a_1 < \ldots < a_k = 1$ we have
\[ \sum_i \frac{1}{|a_{i-1} - a_i|^{p-1}} W(\hat{P}_t \delta_{\gamma^{a_{i-1}}}, \hat{P}_t \delta_{\gamma^{a_i}})^p \geq e^{-(\kappa+\delta)p} \sum_i \frac{1}{|a_{i-1} - a_i|^{p-1}} d(\gamma^{a_{i-1}}, \gamma^{a_i})^p \]
and thus $\text{Act}_p(\hat{P}_t \delta_{\gamma^a}) \geq e^{-(\kappa+\delta)p} \cdot \text{Act}_p(\gamma^a)$. \]

4. Ricci Bounds in Terms of Convexity/Concavity of the Entropy

Let us briefly recall the Lott-Sturm-Villani definition of synthetic lower bounds for the Ricci curvature [St16, LV09]. The synthetic lower bound $\text{CD}(K, \infty)$ is defined as the weak $K$-convexity of the Boltzmann entropy $S$ on the geodesic space $(\mathcal{P}(X), W)$. For infinitesimally Hilbertian spaces, this can be rephrased as follows [St16]: for each geodesic $(\rho^a)_{a \in [0,1]}$ with $S(\rho^0), S(\rho^1) < \infty$, the function $a \mapsto S(\rho^a)$ is upper semicontinuous on $[0,1]$, absolutely continuous on $(0,1)$, and satisfies
\[ \frac{1}{W^2(\rho^0, \rho^1)} \cdot \left[ \partial^- a S(\rho^a)_{a=1} - \partial^+ a S(\rho^a)_{a=0} \right] \geq K \] (21)
where
\[ \partial^- a S(\rho^a)_{a=1} = \liminf_{a \searrow 0} \frac{1}{1-a} [S(\rho^1) - S(\rho^a)], \quad \partial^+ a S(\rho^a)_{a=0} = \limsup_{a \nearrow 0} \frac{1}{a} [S(\rho^a) - S(\rho^0)]. \]

The synthetic upper Ricci bounds to be presented below will reverse this inequality: instead of $K$-convexity we will request $\kappa$-concavity. However, in the case of upper bounds, this $\kappa$-concavity property will be requested only for $W$-geodesics with endpoints supported in arbitrarily small neighborhoods of given points.

**Definition 4.1.** Given a mm-space $(X, d, m)$ be define the function $\eta : X \times X \to [-\infty, \infty]$ by
\[ \eta(x, y) := \lim_{t \to 0} \inf \left\{ \frac{1}{W^2(\rho^0, \rho^t)} \cdot \left[ \partial^- a S(\rho^a)_{a=1} - \partial^+ a S(\rho^a)_{a=0} \right] : (\rho^a)_{a \in [0,1]} \text{ W-geodesic,} \]
\[ S(\rho^0) < \infty, \ S(\rho^1) < \infty, \ \text{supp}[\rho^0] \subset B_{\epsilon}(x), \ \text{supp}[\rho^1] \subset B_{\epsilon}(y) \right\}. \] (22)

**Theorem 4.2.** For each mm-space $(X, d, m)$ satisfying an $\text{RCD}(-K, N)$-condition (for some finite numbers $K, N$) and for each pair of points $x, y \in X$
\[ \vartheta^p(x, y) = \eta(x, y). \]
Proof. The \( \leq \)-inequality will be proven in a slightly more general context as the next Theorem.

To prove the \( \geq \)-inequality, fix \( x, y \in X, \delta > 0 \) and put \( \kappa = \eta(x, y) \). For \( \epsilon > 0 \) small (to be made more precise in the sequel), let \( \mu_0, \nu_0 \) be given with \( \text{supp}[\mu_0] \subset B_{\epsilon/2}(x), \text{supp}[\nu_0] \subset B_{\epsilon/2}(y) \).

For \( t > 0 \) let \( (\rho_t^\epsilon)_{\epsilon \in [0,1]} \) denote the \( W \)-geodesic connecting \( \mu = \tilde{P}_t \mu = u_t m_0 \) and \( \nu = \tilde{P}_t \nu_0 = v_t m \). Denote the associated conjugate Kantorovich potentials by \( \phi_t \) and \( \psi_t \). Then by standard calculations in \( \text{RCD}(-K,\infty) \)-spaces (due to [AGST14], cf. Chapter 4)

\[
-\frac{1}{2} \partial^+_a W^2(\mu_a, \nu_a)|_{s=t-} \geq E(\phi_t, u_t) + E(\psi_t, v_t) \geq \partial^- a S(\rho^a_t)|_{a=1} - \partial^+_a S(\rho^a_t)|_{a=0} = 0. \tag{23}
\]

Let \( \Lambda_t \) denote the probability measure on the space \( \Gamma \) of all geodesics \( \gamma : [0,1] \rightarrow X \) such that \( \rho^a_t = (\pi^a)_t \Lambda_t \) where \( \pi^a : \gamma \rightarrow \gamma^a \) is the evaluation map. Put \( \Gamma_\epsilon = \{ \gamma \in \Gamma : \gamma^0 \in B_{\epsilon}(x), \gamma^1 \in B_{\epsilon}(y) \} \), \( \lambda_{t,\epsilon} = \Lambda_t(\Gamma_\epsilon) \) and

\[
\lambda_{t,\epsilon}(\cdot) = \frac{1}{\lambda_{t,\epsilon}} \cdot \lambda_{t,\epsilon}(\cdot \cap \Gamma_\epsilon) \quad \text{as well as} \quad \overline{\lambda}_{t,\epsilon}(\cdot) = \frac{1}{1 - \lambda_{t,\epsilon}} \cdot \lambda_{t,\epsilon}(\cdot \cap \overline{\Gamma_\epsilon}).
\]

Moreover, put \( \rho^a_{t,\epsilon} = (\pi^a)_t \lambda_{t,\epsilon} \) and \( (\overline{\rho}^a_{t,\epsilon})_t = (\pi^a)_{t,\epsilon} \lambda_{t,\epsilon} \). Then \( \lambda_{t,\epsilon} = \lambda_{t,\epsilon} - \lambda_{t,\epsilon} + (1 - \lambda_{t,\epsilon}) \cdot \overline{\lambda}_{t,\epsilon} \) as well as \( \rho^a_{t,\epsilon} = \lambda_{t,\epsilon} \cdot \rho^a_{t,\epsilon} + (1 - \lambda_{t,\epsilon}) \cdot \overline{\rho}^a_{t,\epsilon} \). Optimality of \( (\rho^a_{t,\epsilon})_{a \in [0,1]} \) implies

\[
W^2(\rho^a_t, \rho^1_t) = \lambda_{t,\epsilon} \cdot W^2(\rho_{t,\epsilon}^a, \rho_{t,\epsilon}^1) + (1 - \lambda_{t,\epsilon}) \cdot W^2(\overline{\rho}_{t,\epsilon}^a, \overline{\rho}_{t,\epsilon}^1).
\]

Furthermore, the essential non-branching property of \( \text{RCD}(-K,\infty) \)-spaces implies that for all \( a \in (0,1) \) the measures \( \rho^a_{t,\epsilon} \) and \( \overline{\rho}^a_{t,\epsilon} \) are supported by disjoint sets. Therefore

\[
S(\rho^a_t) \geq \lambda_{t,\epsilon} \cdot S(\rho^a_{t,\epsilon}) + (1 - \lambda_{t,\epsilon}) \cdot S(\overline{\rho}^a_{t,\epsilon}) + \lambda_{t,\epsilon} \log \lambda_{t,\epsilon} + (1 - \lambda_{t,\epsilon}) \log(1 - \lambda_{t,\epsilon}).
\]

whereas for \( a = 0 \) and \( a = 1 \)

\[
S(\rho^a_t) \geq \lambda_{t,\epsilon} \cdot S(\rho^a_{t,\epsilon}) + (1 - \lambda_{t,\epsilon}) \cdot S(\overline{\rho}^a_{t,\epsilon}) + \lambda_{t,\epsilon} \log \lambda_{t,\epsilon} + (1 - \lambda_{t,\epsilon}) \log(1 - \lambda_{t,\epsilon}).
\]

Thus

\[
\partial^- a S(\rho^a_{t,\epsilon})|_{a=1} - \partial^+_a S(\rho^a_{t,\epsilon})|_{a=0} \geq \lambda_{t,\epsilon} \left[ \partial^- a S(\rho^a_{t,\epsilon})|_{a=1} - \partial^+_a S(\rho^a_{t,\epsilon})|_{a=0} \right] + (1 - \lambda_{t,\epsilon}) \left[ \partial^- a S(\overline{\rho}^a_{t,\epsilon})|_{a=1} - \partial^+_a S(\overline{\rho}^a_{t,\epsilon})|_{a=0} \right]. \tag{24}
\]

By construction, the \( W \)-geodesic \( (\rho^a_{t,\epsilon})_{a \in [0,1]} \) is supported by \( d \)-geodesics \( (\gamma^a)_{a \in [0,1]} \) emanating in \( B_{\epsilon}(x) \) and terminating in \( B_{\epsilon}(y) \). Thus choosing \( \epsilon > 0 \) small enough, by the very definition of \( \kappa = \eta(x, y) \) we can ensure that

\[
\partial^- a S(\rho^a_{t,\epsilon})|_{a=1} - \partial^+_a S(\rho^a_{t,\epsilon})|_{a=0} \geq (\kappa - \delta) \cdot W^2(\rho^a_{t,\epsilon}, \rho^1_{t,\epsilon}). \tag{25}
\]

On the other hand, for the geodesic \( (\overline{\rho}^a_{t,\epsilon})_{a \in [0,1]} \) we make use of the a priori assumption \( \text{CD}(-K,\infty) \) which yields

\[
\partial^- a S(\overline{\rho}^a_{t,\epsilon})|_{a=1} - \partial^+_a S(\overline{\rho}^a_{t,\epsilon})|_{a=0} \geq -K \cdot W^2(\overline{\rho}^a_{t,\epsilon}, \overline{\rho}^1_{t,\epsilon}). \tag{26}
\]

Summing up the estimates \( \tag{23} - \tag{26} \) we thus obtain

\[
-\frac{1}{2} \partial^+_a W^2(\mu_a, \nu_a)|_{s=t-} \geq \lambda_{t,\epsilon} \cdot (\kappa - \delta) \cdot W^2(\rho^a_{t,\epsilon}, \rho^1_{t,\epsilon}) - (1 - \lambda_{t,\epsilon}) K \cdot W^2(\overline{\rho}^a_{t,\epsilon}, \overline{\rho}^1_{t,\epsilon})
\]

\[
= (\kappa - \delta) \cdot W^2(\mu_t, \nu_t) - (1 - \lambda_{t,\epsilon})(K + \kappa - \delta) \cdot W^2(\overline{\rho}^a_{t,\epsilon}, \overline{\rho}^1_{t,\epsilon}). \tag{27}
\]

It remains to control the second term in the last line.

On \( \text{RCD}(-K,N) \)-spaces (due to controlled growth of doubling and Poincaré constants) we have upper Gaussian estimates for the heat kernel and for the volume growth which allow to
estimate
\[ 1 - \lambda_{t, \epsilon} \leq \sup_{x' \in B_{\epsilon/2}(x)} \int_{\mathcal{L}B_r(x)} p_t(x', z) \, dm(z) + \sup_{y' \in B_{\epsilon/2}(y)} \int_{\mathcal{L}B_r(y)} p_t(y', z) \, dm(z) \]
\[ \leq \frac{C}{m(B_{\sqrt{t}}(x))} \int_{\epsilon}^{\infty} e^{-\frac{2r^2}{t}} \cdot |\partial_r m(B_r(x))| \, dr \]
\[ + \frac{C}{m(B_{\sqrt{t}}(y))} \int_{\epsilon}^{\infty} e^{-\frac{2r^2}{t}} \cdot |\partial_r m(B_r(y))| \, dr \]
\[ \leq \frac{2C}{\sqrt{t}} \int_{\epsilon}^{\infty} e^{-\frac{2r^2}{C't}} \cdot \left( \frac{r}{\sqrt{t}} \right)^{N-1} \, dr \leq C' e^{-C' t} \]
uniformly in \( x, y \in X \) and \( t \in (0, 1] \) (see e.g. [St95], [LS12+] as well as Remark 4.3).

Thus, for some constant \( C \) and all \( t \leq 1 \) provided \( \epsilon \leq \frac{1}{\sqrt{t}} \),

\[ \lim_{t \searrow 0} W(\bar{p}_{t, \epsilon}^0, \bar{p}_{t, \epsilon}^1, \delta_x) \leq \lim_{t \searrow 0} W(\bar{p}_{t, \epsilon}^0, \delta_x) + d(x, y) + \lim_{t \searrow 0} W(\delta_y, \bar{p}_{t, \epsilon}^1) \]

and
\[ W^2(\bar{p}_{t, \epsilon}^0, \delta_x) \leq \frac{1}{\int \int_{\mathcal{L}B_r(x)} p_t(x', z) \, dm(z) \, dm(\mu_0(x'))} \int \int_{\mathcal{L}B_r(x)} d^2(x', z) p_t(x', z) \, dm(z) \, dm(\mu_0(x')) \]
\[ \leq (1 + \epsilon/2)^2 + \sup_{x' \in B_{\epsilon/2}(x)} \int_{\mathcal{L}B_r(x)} d^2(x, z) p_t(x, z) \, dm(z) \]
\[ \leq 2 + C^2 \int_{1}^{\infty} r^2 \cdot e^{-\frac{2r^2}{C't}} \cdot |\partial_r m(B_r(x))| \, dr \]
\[ \leq 2 + C' \int_{1}^{\infty} r^{N+1} \cdot e^{-\frac{2r^2}{C't}} \cdot |\partial_r m(B_r(x))| \, dr \]
\[ \leq 2 + C' \int_{\epsilon}^{\infty} e^{2r^2/\epsilon} \cdot e^{-C' r^2} \cdot |\partial_r m(B_r(x))| \, dr \]
\[ \leq 2 + \frac{\sqrt{C}}{\epsilon} \]

for some constant \( C \) and all \( \epsilon \leq 1 \). Thus
\[ (1 - \lambda_{t, \epsilon}) \cdot W^2(\bar{p}_{t, \epsilon}^0, \bar{p}_{t, \epsilon}^1) \to 0 \]
for \( t \to 0 \). Finally, note that \( \lim_{t \to 0} W^2(\bar{p}_{t, \epsilon}^0, \bar{p}_{t, \epsilon}^1) = 0 \). Hence, for some \( t_\epsilon > 0 \) and all \( t \in (0, t_\epsilon) \)
\[ \frac{1}{2} \partial_t W^2(\mu_s, \nu_s)_{|s=t_\epsilon} \geq (\kappa - 2\delta) \cdot W^2(\mu_t, \nu_t). \]

Integrating this w.r.t. \( t \) yields
\[ W^2(\mu_t, \nu_t) \leq e^{-2(\kappa - 2\delta)(t-s)} W^2(\mu_s, \nu_s) \]
for all \( 0 < s < t < t_\epsilon \). Letting first \( s \) go to 0 and then \( t \) go to 0 yields (28) (with right instead of left derivative) for \( t = 0 \). More precisely,
\[ \frac{1}{2} \partial_t^+ W^2(\mu_t, \nu_t)_{|t=0} \geq (\kappa - 2\delta) \cdot W^2(\mu_t, \nu_t). \]

Since \( \delta > 0 \) can be chosen arbitrarily small, this proves
\[ \frac{1}{2} \partial_t^+ W^2(\mu_t, \nu_t)_{|t=0} \geq \kappa \cdot W^2(\mu_t, \nu_t). \]

Now letting first \( \epsilon \to 0 \) and then \( \delta \to 0 \), this yields the claim. \( \square \)

**Theorem 4.3.** For each mm-space \((X, d, m)\) satisfying some \( \text{RCD}(\kappa, \infty) \)-condition and for each pair of points \( x, y \in X \)
\[ \varphi^0(x, y) \leq \eta(x, y). \]
Proof. Fix \( x, y \in X \) and \( \delta > 0 \). For \( \epsilon > 0 \) small (to be specified in the sequel), let \( \mu^0, \mu^1 \) be given with \( \text{supp}[\mu^0] \subset B_{\epsilon/2}(x) \), \( \text{supp}[\mu^1] \subset B_{\epsilon/2}(y) \). Let \( (\mu^a)_{a \in [0,1]} \) denote the connecting geodesic and put
\[
\mu^a_t = \tilde{P}_t \mu^a.
\]
For \( a, b \) small enough, \( \text{supp}[\mu^a] \subset B_\epsilon(x) \), \( \text{supp}[\mu^{1-b}] \subset B_\epsilon(y) \). Thus for \( t \) sufficiently small we can estimate in terms of \( \kappa := \partial^\epsilon(x,y) \)
\[
W^2(\mu^a_t, \mu^{1-b}_t) \leq e^{2(\delta - \kappa)t} \cdot W^2(\mu^a, \mu^{1-b})
\]
(provided we had chosen \( \epsilon \) appropriately).
Moreover, applying the EVI\((-K, \infty)\)-property of the dual heat flow yields
\[
e^{-Kt} W^2(\mu^0, \mu^a_t) - W^2(\mu^0, \mu^a) \leq 2 \frac{1 - e^{-Kt}}{K} \cdot [S(\mu^0) - S(\mu^a)]
\]
as well as
\[
e^{-Kt} W^2(\mu^1, \mu^{1-b}_t) - W^2(\mu^1, \mu^{1-b}) \leq 2 \frac{1 - e^{-Kt}}{K} \cdot [S(\mu^1) - S(\mu^{1-b})].
\]
Multiplying inequality (29) by \( \frac{1}{\eps} \), inequality (31) by \( \frac{1}{\eps'} \), inequality (29) by \( \frac{1}{\eps''} \), adding up the three resulting inequalities yields, and passing to the limit \( t \to 0 \) yields
\[
[(1-a-b)K - (a+b)\frac{K}{2}] \cdot W^2(\mu^0, \mu^1) \leq \frac{1}{a} [S(\mu^0) - S(\mu^a)] + \frac{1}{b} [S(\mu^1) - S(\mu^{1-b})].
\]
Thus for \( a, b \to 0 \) we obtain
\[
\kappa - \delta \leq \frac{1}{W^2(\mu^0, \mu^1)} \left[ \partial^-_a S(\rho^0_a) |_{a=1} - \partial^+_a S(\rho^1_a) |_{a=0} \right]
\]
which is the claim (since \( \delta > 0 \) was arbitrary). \( \square \)

5. A Stable Upper Bound

Our previous characterization of upper Ricci bounds in terms of the function \( \eta \) was based on a partial reversal of the characterization of lower Ricci bounds (24). Now we will formulate an alternate characterization of upper Ricci bounds based on a partial reversal of the characterization of lower Ricci bounds (1). Recall that the latter characterization is stable under convergence of mm-spaces provided the mid-point convexity of the entropy is properly formulated: given the endpoints, the midpoint (or the connecting geodesic) can be chosen freely.

To obtain stability for the synthetic upper Ricci bound, the crucial trick now is to formulate the mid-point concavity of the entropy in such a way that the midpoint and one endpoint will (essentially) be given and the other endpoint can be chosen freely.

The subsequent results will hold in the general context of metric measure spaces. Neither infinitesimal Hilbertianity nor any kind of curvature-dimension condition is requested. To simplify the subsequent presentation, we assume that the measure \( m \) of a mm-space always has full support.

Definition 5.1. We say that the mm-space \((X, d, m)\) has robust synthetic upper Ricci bound \( K \) if there exists an upper semicontinuous function \( \overline{K} : (0, \infty) \to (-\infty, \infty] \) with \( \lim_{\tau \to 0} \overline{K}(\tau) = K \) such that for all \( r > 0 \) with \( \overline{K}(r) < \infty \), all \( x, y \in X \) with \( d(x, y) = r \), and all \( \mu^0 \in \mathcal{P}(X) \) with \( W(\mu^0, \delta_x) < r^4 \) there exists a \( \overline{W} \)-geodesic \( (\mu^a)_{a \in [0,1]} \) with \( W(\mu^1, \delta_y) \leq r^2 \) and
\[
S(\mu^1) - 2S(\mu^0) + S(\mu^{-1}) \leq \overline{K}(r) \cdot r^2.
\]
The function \( \overline{K} \) is called the approximation function.

Theorem 5.2. Let \((M, g, f)\) be a weighted Riemannian manifold with Riemannian curvature bounded by \( \sigma \) and injectivity radius bounded from below by \( \delta > 0 \).

Then the mm-space \((X, d, m)\) induced by \((M, g, f)\) has a robust synthetic upper Ricci bound \( K \) if and only if
\[
\text{Ric}_f(\xi, \xi) \leq K \cdot |\xi|^2 \quad (\forall \xi \in TM).
\]
In this case, the approximation function can be chosen as

$$\overline{K}(r) = K + \sigma^2 r^2$$

for all $r \in (0, R)$ with suitable $R = R(\sigma, \delta) > 0$ and $\overline{K}(r) = \infty$ else.

**Proof.** “Only if”-implication. Assume that $\text{Ric} \leq K \cdot g$ is not true. That is, $\text{Ric}_f(\xi, \xi) \geq K + 2\epsilon$ for some $x \in X$, some $\xi \in T_x M$ with $|\xi| = 1$, and some $\epsilon > 0$. Smoothness of the data implies that there exists $r_0 > 0$ such that $\text{Ric}_f(\gamma, \gamma) \geq K + \epsilon$ for all unit speed geodesics $(\gamma^a)_{[-r, r]}$ with $\gamma^0 \in B_{s^2}(x)$ and $\gamma^r \in B_{2s^2}(\exp_x(r\xi))$ for $r < r_0$. Now consider any unit speed $W$-geodesic $(\mu^a)_{[-r, r]}$ with $\mu^0$ being the uniform distribution in $B_{s^2}(x)$ and $W(\mu^r, \delta_y) \leq r^2$ where $y = \exp_x(r\xi)$. Boundedness of the Riemannian curvature implies that $\text{supp}[\mu^r] \subset B_{2s^2}(\exp_x(r\xi))$ provided $r$ is small enough. Thus

$$2S(\mu^0) \leq S(\mu^r) + S(\mu^r) - \frac{K + \epsilon}{4} W^2(\mu^r, \mu^r).$$

This contradicts (32).

“If”-implication. Let $(M, g, f)$ be given with $K, \sigma$ and $\delta$ as above. Then there exist constants $R = R(\sigma, \delta) > 0$ and $C = C(\sigma, \delta)$ such that $\forall r < R, \forall x \in M, v \in T_x M$ with $|v| = 1$: $\exists \phi \in C^2_{\text{comp}}(M)$ with the following properties

1. $\text{supp}[\phi] \subset B_{3r}(x)$, $\nabla\phi(x) = v$, $|\nabla\phi| \leq 1$ on $M$, $|\text{Hess}\phi| \leq C$ on $M$
2. $|\text{Hess}\phi| \leq C r$ in the $r^2$-neighborhood of the geodesic $(\exp_x(s\nabla\phi))_{s \in [-r, r]}$
3. For $s \in (-r, r)$, the map $F_s : z \mapsto \exp_z(s\nabla\phi)$ maps $B_{r^2/4}(x)$ into $B_{r^2/2}(F_s(x))$.

Indeed, we can choose $R = (\frac{\delta + 1}{6})^4$ and $\phi$ to be a smoothed and truncated modification (supported within $B_{3r}(x)$) of the function $\phi_0(z) = d(z, o_+) - d(z, o_-)$ where $o_{\pm} = \exp_{x}(\pm R^2/v)$. Observe that $\nabla\phi_0(x) = v, |\nabla\phi_0| \leq 1$ on $M$ and by comparison geometry

$$\sqrt{\sigma} \cot(\sqrt{\sigma} t_+(z)) - \sqrt{\sigma} \coth(\sqrt{\sigma} t_-(z)) \leq \text{Hess}\phi_0 \leq \sqrt{\sigma} \cot(\sqrt{\sigma} t_+(z)) - \sqrt{\sigma} \coth(\sqrt{\sigma} t_-(z))$$

for all $z \in M$ where $t_{\pm} = d(z, o_{\pm})$. Thus for $z \in B_{r^2}(\bigcup_{s \in [-r, r]} F_s(x))$ and sufficiently small $R$ (i.e. $R < R_0(\sigma)$)

$$|\text{Hess}\phi_0| \leq \frac{1}{t_+(z) - t_-(z)} + \sigma |t_+(z) - t_-(z)| \leq \frac{1}{R^{1/4} + s - r^2} - \frac{1}{R^{1/4} + s + r^2} + 2\sigma(r + r^2) \leq \frac{2r^2}{(R^{1/4} - r^2)^2 - r^4} + 2\sqrt{\sigma}(r + r^2) \leq Cr.$$

Finally note that for $s > 0$ the image of the ball $B_{r^2/4}(x)$ under $F_s$ is contained in the image under the map $z \mapsto \exp_z(s\nabla d_{(\cdot, o_-)})$ which in turn (again by comparison geometry) is contained in the ball around $F_s(x)$ with radius

$$\rho = \sinh(\sqrt{\sigma}(\sinh^{-1}(r^2/(4\sqrt{\sigma}))) \leq r^2/2$$

for $r$ sufficiently small (i.e. $r < R_1(\sigma)$).

Given a probability measure $\mu^0$ with $W(\mu^0, \delta_x) < r^4$, define the $W$-geodesic $(\mu^a)_{a \in [-r, r]}$ by

$$\mu^a = \exp(a\phi_0)^* \mu^0.$$

We decompose this geodesic of probability measures into two geodesics of subprobability measures $\mu^0 = \tilde{\mu}^0 + \tilde{\mu}^2 = \exp(a\phi_0)^* \tilde{\mu}^0 + \exp(a\phi_0)^* \tilde{\mu}^2$ where $\tilde{\mu}^0 = 1_{B_{r^2/4}(x)} \mu^0$ and $\tilde{\mu}^2 = 1_{X \setminus B_{r^2/4}(x)} \mu^0$.

Then $c := \tilde{\mu}^2(X) = \tilde{\mu}^2(X) \leq W^2(\mu^0, \delta_x)/(r^2/4)^2 \leq 16r^4$ and the subprobability measure $\tilde{\mu}^r$ will be supported in $B_{r^2/2}(y)$. Moreover, $W^2(\mu^r, \delta_y) \leq 3W^2(\tilde{\mu}^0, \delta_x) + 6cr^2 \leq 3r^8 + 6 \cdot 16r^4 \cdot r^2$ and thus

$$W^2(\mu^r, \delta_y) \leq 3r^8 + 96r^6 + r^2/2 \leq r^2.$$
Moreover, following the calculations in the proof of Theorem 3.1, we obtain for a.e. $s \in [0,r]$
\[
\partial_a S(\hat{\mu}^a)|_{a=s} - \partial_a S(\hat{\mu}^a)|_{a=-s} = \int \Delta_f \phi^{-s}d\hat{\mu}^{-s} - \int \Delta_f \phi^s d\hat{\mu}^s \\
= \int_s^0 \left[ \text{Ric}_f(\nabla \phi^a, \nabla \phi^a) + \left\| D^2 \phi^a \right\|^2_2 \right] d\mu^a da \\
\leq 2s \cdot (K + \sigma \tan^2(\sqrt{\sigma}(s + c_0))) \cdot \hat{\mu}^0(X)
\]
with $c_0 := r^2/\sigma$ such that $\left\| D^2 \phi^0 \right\|_2 \leq \sqrt{\sigma} \tan(\sqrt{\sigma} c_0)$ on $B_{\sigma/2}(\bigcup_{s \in [-r,r]} F_s(x))$.

Similarly,
\[
\partial_a S(\hat{\mu}^a)|_{a=s} - \partial_a S(\hat{\mu}^a)|_{a=-s} \leq 2s \cdot (K + \sigma \tan^2(\sqrt{\sigma}(s + c_1))) \cdot \hat{\mu}^0(X)
\]
with $c_1 := C/\sigma$ such that $\left\| D^2 \phi^0 \right\|_2 \leq \sqrt{\sigma} \tan(\sqrt{\sigma} c_1)$ on $M$.

Thus
\[
S(\hat{\mu}^r) + S(\hat{\mu}^{-r}) - 2S(\hat{\mu}^0) = \int_0^r \left[ \partial_a S(\hat{\mu}^a)|_{a=s} - \partial_a S(\hat{\mu}^a)|_{a=-s} \right] ds \\
\leq r^2 \cdot (K + \sigma \tan^2(\sqrt{\sigma}(r + r^2/\sigma)) + 16r^4 \sigma \tan^2(\sqrt{\sigma}(r + C/\sigma))) \\
\leq r^2 \cdot (K + 2\sigma^2 r^2)
\]
for $r < R_2(\sigma,C)$. This proves the claim. \hfill \Box

**Theorem 5.3.** Let $\overline{K}$ be given with $\lim_{r \to 0} \overline{K}(r) = K$. Assume that $(X_n, d_n, m_n), n \in \mathbb{N}$, is a sequence of mm-spaces with normalized volume and the properties
- for each $n$, the mm-space $(X_n, d_n, m_n)$ has robust synthetic upper Ricci bound $K$ with approximation function $\overline{K}$;
- for $n \to \infty$, the mm-spaces $(X_n, d_n, m_n)$ converge to a locally compact mm-space $(X, d, m)$ w.r.t. the metric $\mathbb{D} = \mathbb{D}_2$ introduced in [ST04].

Then the mm-space $(X, d, m)$ has robust synthetic upper Ricci bound $K$ with approximation function $\overline{K}$.

Recall that $\mathbb{D}$-convergence means that for each $n$ there exists an isometric embedding of $(X_n, d_n)$ and $(X, d)$ into a mm-space $(\hat{X}_n, \hat{d}_n)$ such that
\[
\hat{W}_n(\hat{m}_n, \hat{m}) \to 0
\]
as $n \to \infty$ where $\hat{W}_n$ denotes the $L^2$-Kantorovich-Wasserstein distance derived from the metric $\hat{d}_n$ and $\hat{m}_n, \hat{m}$ denote the push forwards of the measures $m_n, m$ by the embedding maps.

In particular, recall that mgGH-convergence implies $\mathbb{D}$-convergence.

**Proof.** Given $r, x, y$ and $\mu^0$ as requested on $X$, choose $\epsilon > 0$ such that $W(\mu^0, \delta_{x}) \leq (r - \epsilon)^4 - 4\epsilon$.

For each $n$, define the measure $\mu_n^0$ on $X_n$ by means of the transportation map from [ST04]. Then for $n$ large enough $W_n(\mu^0, \mu_n^0) \leq \epsilon$. To simplify notation, here and in the sequel we will identify the measures $\mu^0$ and $\mu_n^0$ with their push forwards $\hat{\mu}^0$ and $\hat{\mu}_n^0$ under the embedding maps.

Put $\delta_n = \mathbb{D}(X, X_n)$ and $v = m(B_{\epsilon}(y))$. Then
\[
\inf_{(z, z_n) \in B_{\epsilon}(y) \times X_n} d^2(z, z_n) \cdot v \leq \delta_n^2.
\]
Thus there exists $y_n \in X_n$ with $\hat{d}_n(y, y_n) \leq \epsilon + \frac{1}{n} \delta_n$. And for sufficiently large $n$ therefore
\[
\hat{d}_n(y, y_n) \leq 2\epsilon. \text{ Similarly, there exists } x_n \in X_n \text{ with } \hat{d}_n(x, x_n) \leq 2\epsilon \text{ for sufficiently large } n.
\]

Put $r_n = d_n(x_n, y_n)$. Then $r - 4\epsilon \leq r_n \leq r + 4\epsilon$ and thus
\[
W_n(\mu_n^0, \delta_{x_n}) \leq \hat{W}_n(\mu_n^0, \mu^0) + W(\mu^0, \delta_{x}) + \hat{d}_n(x, x_n) \leq \epsilon + [(r - 4\epsilon)^4 - 4\epsilon] + 2\epsilon < r^4.
\]
The assumption of robust curvature for $(X_n, d_n, m_n)$ thus implies that there exists a $W_n$-geodesic $(\mu_n^a)_{a \in [-1,1]}$ in $\mathcal{P}(X_n)$, depending on the choice of $\epsilon$ (but for the moment we suppress this dependence in the notation), such that
\[
\frac{1}{r_n^2} \left( S_n(\mu_n^1) - 2S_n(\mu_n^0) + S_n(\mu_n^{-1}) \right) \leq \overline{K}(r_n). \tag{33}
\]
and $W_n(\mu_n^1, \delta_{y_n}) \leq r_n^2 \leq (r + 4\epsilon)^2$ which implies

$$W_n(\mu_n^1, \delta_y) \leq (r + 4\epsilon)^2 + 2\epsilon.$$

By local compactness of $X$ and $W$-boundedness of the involved measures, for $n \to \infty$ the geodesics $(\mu_n^a)_{a \in [-1,1]}$ in $\mathcal{P}(X_n)$ will converge (via transport maps and/or embedding maps) to a geodesic $(\mu^a)_{a \in [-1,1]}$ in $\mathcal{P}(X)$ with the originally given $\mu^0$ as its midpoint and with $W(\mu^1, \delta_y) \leq (r + 4\epsilon)^2 + 2\epsilon$. More precisely, for each $\epsilon > 0$ there exists such a geodesic $\mu^{\epsilon,a}_{-1,1}$ in $\mathcal{P}(X)$. Passing again to a suitable subsequential limit we obtain a geodesic $(\mu^{\epsilon,a})_{a \in [-1,1]}$ in $\mathcal{P}(X)$ with the originally given $\mu^0$ as its midpoint and with $W(\mu^1, \delta_y) \leq r^2$.

By construction, $S_n(\mu_n^0) \to S(\mu^0)$ and thus by lower semicontinuity of $n \mapsto S_n(\mu_n^{\epsilon,a})$ and $\epsilon \mapsto S(\mu^{\epsilon,a})$ for $a \in \{-1,1\}$

$$\frac{1}{r^2}(S(\mu^1) - 2S(\mu^0) + S(\mu^{-1})) \leq \liminf_{\epsilon \to 0} \frac{1}{\epsilon^2} \left( S(\mu^{\epsilon,1}) - 2S_n(\mu_n^0) + S(\mu^{\epsilon,-1}) \right) \leq \liminf_{\epsilon \to 0} \liminf_{n \to \infty} \frac{1}{r_n^2} \left( S_n(\mu_n^{\epsilon,1}) - 2S_n(\mu_n^0) + S_n(\mu_n^{\epsilon,-1}) \right) \leq \liminf_{n \to \infty} \mathbb{K}(r_n) \leq \mathbb{K}(r).$$

This proves the claim.

Remark 5.4. The Eguchi-Hanson metric $\mathbb{H}^3$ is a Ricci flat metric on $T^* S^2$, the cotangent bundle of the 2-sphere, with the property that blowdown sequences converge to $\mathbb{R}^4 / \mathbb{Z}_2$, the orbifold obtained by identifying antipodal points, or in other words, to the metric cone on $\mathbb{R}P(3)$. The convergence is in the pointed Gromov-Hausdorff sense and away from the isolated point singularity it is also in the smooth Cheeger-Gromov sense. The limit space is a mm-space with a conical singularity and outside of which it is flat. According to [ES17+], no (weak or strong) synthetic upper Ricci bounds for this mm-space will exist.

Moreover, the limit space also admits no robust upper bound for the Ricci curvature. Actually, the unbounded positive curvature in the singular points of the limit space, will not be detected by non-semiconcavity of the entropy along optimal transports. However, the concept of robust Ricci bounds in addition requires a certain kind of extendability of geodesics which will be violated for the limit space.

Thus this might look like a counterexample to our stability result for synthetic upper Ricci bounds. Our stability result, however, requires that the approximating spaces satisfy a kind of extendability of geodesics (more precisely, extendability of Wasserstein geodesics) to a uniform extent which will be violated in this case for geodesics through the origin.

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