Inclusion of Soluble Fiber During Gestation Regulates Gut Microbiota, Improves Bile Acid Homeostasis, and Enhances the Reproductive Performance of Sows

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Interaction between the dietary fiber and the gut microbes can regulate host bile acid metabolism. This study sought to explore the effects of guar gum combined with pregelatinized waxy maize starch (GCW) in a gestation diet on reproductive performance, gut microbiota composition, and bile acid homeostasis of sows. A total of 61 large white sows were randomly grouped into the control (n = 33) and 2% GCW (n = 28) groups during gestation. GCW diet increased birth-weight of piglets, and decreased the percentage of intrauterine growth restriction (IUGR) piglets. In addition, dietary GCW reduced gut microbial diversity and modulated gut microbial composition in sows on day 109 of gestation. The relative abundance of bile salt hydrolase (BSH) gene-encoding bacteria, Lactobacillus and Bacteroides decreased after GCW administration, whereas no significant difference was observed in the fecal level of total glycine-conjugated and taurine-conjugated bile acids between the two groups. Dietary GCW increased the relative abundance of Ruminococcaceae (one of few taxa comprising 7α-dehydroxylating bacteria), which was associated with elevated fecal deoxycholic acid (DCA) in the GCW group. GCW administration lowered the concentrations of plasma total bile acid (TBA) and 7α-hydroxy-4-cholesten-3-one (C4) (reflecting lower hepatic bile acid synthesis) at day 90 and day 109 of gestation compared with the control diet. Furthermore, the levels of plasma glycohyocholic acid (GHCA), tauroursodeoxycholic acid (TUDCA) and glycohyocholic acid (GHCA) were lower in the GCW group compared with the control group. Spearman correlation analysis showed alterations in the composition of the gut microbiota by GCW treatment was associated with improved bile acid homeostasis and reproductive performance of sows. In conclusion, GCW-induced improves bile acid homeostasis during gestation which may enhance reproductive performance of sows.

Keywords: soluble fiber, gut microbiota, bile acid, reproductive performance, sow
INTRODUCTION

Increased maternal total bile acid (TBA) of serum is implicated in dysregulation of bile acid homeostasis, which is associated with fetal distress (1), unexplained stillbirth (2), spontaneous preterm labor (3), neonatal low birth weight (4), and intrauterine fetal pig death (5). Notably, elevated maternal serum TBA levels are associated with accumulation of toxic bile acids (e.g., LCA) in placenta (6). In addition, bile acids can be transported across the placenta causing adverse fetal outcome in intrahepatic cholestasis of pregnancy (ICP) patients (7).

Synthesis and metabolism of bile acids is tightly regulated by gut microbiota (8). Alterations in gut microbiota composition and function can affect host bile acid metabolism (9, 10). Dietary fiber may serve as a platform for interaction between gut microbiota and bile acids and thus improve production of secondary bile acids (11). Secondary bile acids (e.g., glycocholic acid) influence host bile acids metabolism via the modulation of intestinal farnesoid X receptor (FXR) signaling (12). Diets high in whole grains increases the plasma levels of taurocholic acid (TCA) and glycocholic acid (GCA), which are implicated in activation of nuclear FXR target genes thus modulating bile acid metabolism (13). Soluble dietary fibers (such as wheat arabinoxylan and oat β-glucan) reduce the levels of circulating bile acids in swine model (14, 15). Notably, increase in serum bile acid levels is inhibited by oral guar gum treatment in women with ICP (16, 17). Our previous studies report that konjac flour supplementation during gestation alters gut microbiota composition in sows (18). Moreover, supplementing diet with 0.8% soluble dietary fiber can reduce incidence of intrauterine growth restriction (IUGR) piglets and improve intra-litter uniformity in replacement gilts (19). However, previous studies have not explored the mechanism by which soluble dietary fiber enhances reproductive performance in sows.

This study explored the impacts of dietary GCW intake on reproductive performance and gut microbiota composition and bile acid homeostasis of sows during gestation. The hypothesis of the study was that dietary GCW intake in gestation perturbs the gut microbiota accompanied with changes in bile acid composition in feces, and in turn induces intestinal FXR signaling, which may reduce TBA levels in plasma.

MATERIALS AND METHODS

Animal use and care protocol used in this study was approved by Institutional Animal Care and Use Committee of Huazhong Agricultural University. The ethical approval number of this study is HZAU SW-2016-023.

Animals, Diets, and Sample Collection

GCW used in this experiment was obtained by mixing 85.7% pregelatinized waxy maize starch (Hangzhou, China) with 14.3% guar gum (Yunzhong, China). A total of 61 multiparous sows (large white, parity 2–6) were randomly grouped into two dietary treatments using a complete block design. During gestation, sows were fed with corresponding experimental diets: the control group was fed with basal diet (control, n = 33) whereas the GCW group was fed with basal diet supplemented with 2% GCW to replace rice bran meal (GCW, n = 28). All experimental diets were formulated to meet nutrient requirements of gestating sows according to recommendations by NRC (20). Treatments were isonitrogenous and isoenergetic diets. Diet compositions and nutrient levels are presented in Supplementary Table 1. Animals were fed twice a day (07:00 and 14:30 h). Blood samples (6–8 mL) were collected from the marginal ear vein of sow with disposable vacuum blood collection tubes 4 h after the morning meal (7–10 sows per group) on days 30, 60, 90, 109 of gestation (G30, G60, G90, and G109). Plasma was extracted by centrifugation of blood samples at 3,000 × g for 5 min at 4°C and stored at −80°C until analysis. Fresh feces were collected on day 109 of gestation and stored in a −80°C freezer. All sows did not present any signs of disease before sampling.

Measurement of Plasma TBA, ALT, and AST

Plasma TBA, alanine aminotransferase (ALT), and alanine aminotransferase (AST), were determined through standard routine procedures using a Mindray BS-240 automatic biochemical analyzer (Mindray biomedical electronic co. LTD, Shenzhen, China).

Measurement of Plasma FGF19 and C4

Concentrations of fibroblast growth factor 19 (FGF19) and 7α-hydroxy-4-cholesten-3-one (C4) in plasma were determined using porcine enzyme-linked immunosorbent assay kits (Nanjing Camilo biological engineering co. LTD, Nanjing, China), following the manufacturer’s instructions.

Quantification of Baij, Bsh1, and Bsh2 Gene by Real-Time PCR

Total fecal microbial DNA was extracted using TIANamp Stool DNA Kit (Tiangen Biotech co. LTD, Beijing, China), following
the manufacturer's instructions. Expression levels of bacterial bile acid metabolism-related genes (baj1, bsh1, and bsh2) were determined by quantitative real-time PCR (Q-PCR). Expression levels of baj1, bsh1, and bsh2 genes were normalized using 16s rDNA. The reaction system and conditions used for Q-PCR were as described in a previous study (21). Primer sequences used in this study are presented in Supplementary Table 2.

Bile Acid Analysis
All bile acid standards were purchased from Olchemim Ltd. (Olomouc, Czech Republic) and Sigma (St. Louis, MO, USA). For plasma samples, 200 µL methanol added to 50 µL plasma-spiked with 10 µL internal standard (IS), vortexed, and centrifuged at 12,000 r/min for 10 min. For feces samples, 20 mg of feces were spiked with 10 µL IS and mixed with 200 µL methanol, vortexed, and centrifuged at 12,000 r/min for 10 min. The supernatant were evaporated to dryness, reconstituted in 100 µL 50% aqueous methanol (V/V) for further LC-MS analysis.

Bile acids were quantified using ultra-performance liquid chromatography (UPLC, Shim-pack UFLC SHIMADZU CBM30A system) coupled to a tandem mass spectrometry system (MS/MS, Applied Biosystems 6500 QTRAP). Chromatographic separations were performed with an ACQUITY UPLC HSS C18 column (1.8 µm, 2.1 mm 100 mm, Waters Corp., Milford, MA, USA). The mobile phase was water (1,000 mL) + formic acid (100 µL) + ammonium acetate (5 mM; A) and formic acid (100 µL) + acetonitrile (1,000 mL; B). The gradient conditions were as follows: 0–0.5 min (5% B), 0.5–4.5 min (40–50% B), 4.5–7.5 min (50–80% B), 7.5–10 min (80–95% B), and 10–12 min (5% B). The total analysis time was 12 min and the injection volume was 3 µL. The column temperature was maintained at 40°C with the flow rate set at 0.35 mL/min. The mass spectrometer was operated with an electrospray ionization interface in negative ionization (ESI−) mode. The UPLC-MS raw data were collected using Multiple Reaction Monitoring (MRM) mode. The qualitative analysis of mass spectrometry data was performed based on the self-built database MWDB (Metware Biotechnology Co., Ltd., Wuhan, China), and the quantitative analysis were performed using the Multiquant 3.0 software (Sciex, Framingham, MA, USA).

Analysis of Gut Microbiota
Total bacterial DNA was extracted from fecal samples using a QIAamp DNA Stool Mini Kit (Qiagen, Germany) following the manufacturer’s protocol. Bacterial 16s rRNA gene V3-V4 region of each sample was then amplified using 16s rRNA universal primers. PCR products were mixed then sequenced on an Illumina MiSeq platform (2×250 bp) (Illumina, United States). Microbiome bioinformatics were performed with QIIME2 2019.4 (22) with slight modification according to the official tutorials. Briefly, raw sequence data were demultiplexed using the demux plugin following by primers cutting with cutadapt plugin (23). Sequences were then quality filtered, denoised, merged, and chimera removed using the DADA2 plugin (24). Non-singleton amplicon sequence variants (ASVs) were aligned with mafft (25) and used to construct a phylogeny with fasttree2 (26). Alpha-diversity values of the samples were determined based on the Observed species, Chao1, Shannon, and Simpson index. Beta-diversity measures were calculated using weighted-Unifrac distance. Linear discriminant analysis (LDA) effect size analysis (LEfSe) was used to identify key gut microbiota of the two groups (p < 0.05, Wilcoxon rank-sum test; log LDA > 2).

Statistical Analysis
Data were analyzed with SPSS (SPSS 23.0, SPSS Inc., Chicago, IL). Categorical variables were analyzed using χ²-tests. Normally distributed data were analyzed using student’s unpaired t-test; whereas data that was not normally distributed was analyzed using non-parametric Mann Whitney U-test. Spearman correlation analyses were performed using Prism GraphPad 8.0.1 (GraphPad Software, San Diego, CA, United States). P < 0.05 were considered significant.

RESULTS
Reproductive Performance
Effects of GCW in the gestation diet on reproductive performance of sows are presented in Table 1. GCW showed no significant effect on total number of born piglets and number of alive piglets. GCW significantly increased birth weight of piglets compared with the weight of piglets in the control group. Moreover, the percentage of IUGR piglets (< 800 g) in the total alive piglets for the GCW group was 0.91%, which was significantly lower compared with that of the control group (3.89%). However, no significant differences were observed for the number of piglets with birth weights ranging between 800–1,000, 1,000–1,200, 1,200–1,400, and more than 1,400 g between the two groups.

| Parameter | CON | GCW | P-value |
|-----------|-----|-----|---------|
| No. of litters | 33  | 28  |         |
| Litter size, No/litter | | | |
| Total born | 12.97 ± 2.59 | 12.07 ± 2.65 | 0.187 |
| Born alive | 12.45 ± 2.53 | 11.82 ± 2.56 | 0.337 |
| Birth weight of litters, kg | 18.36 ± 3.91 | 18.04 ± 3.61 | 0.747 |
| Birth weight of piglets, kg | 1.47 ± 0.33 | 1.53 ± 0.32 | 0.030 |
| Birth weight distribution of piglets, % | | | |
| <800 g, % | 3.89 (16) | 0.91 (3) | 0.010 |
| 800–1,000 g, % | 4.62 (19) | 5.13 (17) | 0.746 |
| 1,000–1,200 g, % | 8.76 (36) | 10.88 (36) | 0.333 |
| 1,200–1,400 g, % | 18.98 (78) | 19.64 (65) | 0.821 |
| >1,400 g, % | 63.75 (262) | 63.44 (210) | 0.932 |

aData on fetus and birth weight distribution of piglets are expressed as proportion of total born piglets in both groups (actual number in the group); other data are presented as mean ± SD.

bThe birth weight distribution of piglets refers to the ratio of piglets in each weight range to the total live-born piglets in both groups.
Gut Microbiota Analysis

To explore the composition of gut microbiota for the two groups on day 109 of gestation, 16S ribosomal RNA gene (V3-V4 gene regions) sequencing was conducted. Analysis of Alpha-diversity indexes showed that the number of observed species, Chao1, Shannon, and Simpson index were significantly lower in the GCW group compared with the control group (Figures 1A–D). Nonmetric multidimensional scaling (NMDS) analysis for beta density showed that the control group was separately clustered from the GCW group (Figure 1E). Hierarchical Cluster Analysis (HCA) based on the weighted-UniFrac distance showed that control samples clustered together whereas GCW samples clustered together (Figure 1F). This finding validated the results obtained by NMDS analysis.

Firmicutes, Bacteroidetes, Spirochaetes, and Proteobacteria were the four most dominant phyla (Figure 2A). At the genus level, Oscillospira, Prevotella, YRC22, and Treponema were the four most abundant genera (Figure 2B). The GCW group showed higher abundances of Firmicutes and lower abundances of Bacteroidetes and Proteobacteria compared with the control group (Figure 2C). The GCW group had lower abundances of Lactobacillus, Bacteroides, Parabacteroides, Streptococcus, Dorea, Lachnospira, Bulleidia, and L7A_E11 and greater abundances of Unidentified_Ruminococcaceae compared with the control group (Figure 2D). In addition, GCW treatment tended to reduce the relative abundance of Clostridium and CF231 compared with the levels in the control group (Figure 2D). At the family level, the GCW group showed higher abundances of Ruminococcaceae and lower abundances of Lactobacillaceae, Bacteroidaceae, and RF16 compared with the levels in the control group (Supplementary Figure 1). Notably, dietary GCW supplementation significantly reduced expression level of baij gene for Clostridium scinden, bsh1 gene for Lactobacillus plantarum, and bsh2 gene for Bacteroides ovatus compared with the levels in the control group (Figure 2E). LEfSe analysis showed similar changes in composition of gut microbiota at the phyla, family, and genus taxonomic levels (Supplementary Figure 2).
FIGURE 2 | Gut microbiota composition profiles. Bar plot showing relative abundance of microbiota at the phylum (A) and genus (B) levels for the control and GCW groups. Different levels of bacteria at the phylum (C) and genus (D) levels between control (n = 8) and GCW (n = 7) groups. (E) Relative abundance of genes involved in bile acid 7α-dehydroxylation (baij) and bile salt hydrolysis (bsh1 and bsh2) between control (n = 15) and GCW (n = 14) groups. Data are presented as means ± SEM. *p < 0.05, **p < 0.01.
Bile Acid Homeostasis-Related Parameters in Plasma
To explore the effect of GCW on bile acid homeostasis, levels of several related plasma biological parameters were determined. Plasma TBA levels in the GCW group on day 90 of gestation were significantly reduced by 45.04% compared with the levels in the control group (Figure 3A). Moreover, GCW treatment tended to decrease plasma TBA level on day 109 of gestation compared with the level in the control group (Figure 3A). However, the two groups showed no significant difference in the levels of plasma ALT, AST, and FGF19 during late gestation (days 90 and 109) (Figures 3B–D). Notably, GCW diet significantly reduced plasma C4 concentration during late gestation compared with the control diet (Figure 3E).

Plasma Bile Acids Composition
To further characterize the effect of GCW feeding on bile acid homeostasis of sows, we analyzed bile acids composition in plasma samples obtained from control and GCW groups. Most plasma bile acids were unconjugated, followed by glycine-conjugated bile acids and taurine-conjugated bile acids (Figures 4A,B). Furthermore, analysis of individual bile acids showed high abundance of HDCA and CDCA and GUDCA bile acids in plasma (Figures 4C,D). In addition, the concentrations of plasma total bile acids, total glycine-conjugated bile acids and total taurine-conjugated bile acids in the GCW group on day 90 of gestation were significantly lower compared with the levels in the control group (Figure 4A). Moreover, concentrations of total taurine-conjugated bile acids were significantly reduced by GCW treatment, and level of total bile acids and total glycine-conjugated bile acids tended to decrease on day 109 of gestation in the GCW group compared with the control group (Figure 4B). Plasma levels of GUDCA, GCDCA, TUDCA, GLCA, TCDCA, and CDCA-3Gln were significantly decreased in GCW group on day 90 of gestation compared with the control group (Figure 4C). In addition, GCW intervention induced lower levels of GCDCA, HCA, GHCA, 7-KLCA, and TCDCA in plasma of sows on day 109 of gestation (Figure 4D).

Fecal Bile Acids Composition
Alterations in gut microbial flora induced by GCW treatment affected fecal bile acids composition. Predominant bile acids in fecal samples were unconjugated, followed by glycine-conjugated bile acids and taurine-conjugated bile acids (Figures 5A). Notably, LCA and ILCA and HDCA and IALCA were the most abundant fecal bile acids (Figure 5B). GCW had no significant effect on fecal total bile acids, total unconjugated bile acids, total glycine-conjugated bile acids or total taurine-conjugated bile acids (Figure 5A). In addition, GCW treatment upregulated the levels of fecal HDCA, 3β-HDCA, MDCA, 7-KLCA, HCA, DCA, and CDCA, with higher levels observed for DCA (Figure 5B). However, the levels of fecal DLCA decreased in GCW group compared with the control (Figure 5B).

Correlation Between Microbiome and Parameters of Bile Acid Metabolism and Reproductive Performance of Sows
Spearman correlation analysis was conducted to explore the potential link between microbiome and parameters of bile acid metabolism and reproductive performance of sows (Figure 6). *Unidentified_Ruminococcaceae* was positively correlated with birth weight of piglets, meanwhile negatively correlated with plasma TUDCA, plasma α-MCA, and fecal DLCA. *Bacteroides* was negatively correlated with fecal DCA, but positively correlated with plasma GHCA, plasma 7-KLCA and fecal DLCA. Additionally, *Clostridium* was positively correlated with...
FIGURE 4 (Continued)
plasma α-MCA, Parabacteroides was positively correlated with fecal DLCA, and Streptococcus was negatively correlated with fecal DCA.

**DISCUSSION**

Previous studies have explored interaction between dietary fiber, bile acids, and the gut microbiota (11). However, the effects of dietary soluble fiber on bile acid homeostasis during gestation have not been fully explored. Bile acids bind to the nuclear receptor FXR, which is primarily expressed in hepatocytes and distal ileal enterocytes, and thus regulate their own biosynthesis and transport (27). A recent study on pregnant women and mice reported reduced ileal FXR-mediated suppression of bile acid synthesis in the liver, resulting in hypercholanemia (28).

In this study, dietary GCW treatment reduced plasma C4 level (reflecting lower hepatic bile acid synthesis). GCW-fed sows showed lower plasma primary bile acids, such as GCDCA, GHCA, and TCDCA, implying that GCW reduced hepatic bile acid synthesis. Bile acids such as HCA species (e.g., HCA and HDCA), GUDCA and TUDCA are antagonists of FXR (12, 29). Furthermore, plasma levels of GUDCA, TUDCA and GHCA were lower in the GCW group, which inhibited FXR signaling activity thus increasing hepatic bile acid synthesis. Notably, the levels of plasma conjugated bile acids were lower in the GCW group than in controls, which implies that conjugated bile acids were harmful to fetal pigs.

Guar gum binds to bile acids in the intestinal lumen and enhances their excretion in feces (30), which, in turn, lowers TBA concentration in plasma. However, concentration of fecal total bile acids was not significantly different between the two groups, which could be due to differences in fiber...
FIGURE 5 | Fecal bile acid composition between the two groups on day 109 of gestation. (A) Fecal total bile acids, total unconjugated bile acids, total glycine-conjugated bile acids, and total taurine-conjugated bile acids. (B) Fecal individual bile acids. Data are presented as means ± SEM (n = 8 sows in the control group and 7 sows in the GCW group). **p < 0.01.
composition. The fecal total bile acid excretion was not evaluated in this, which is a potential limitation to our study. An increased intestinal permeability was detected in ICP patients during pregnancy, which may enhance the absorption of bacterial endotoxin (31). Furthermore, the disorder of bile acid metabolism in the late stage of pregnant mice could be induced by intraperitoneal injection of lipo-polysaccharide (LPS) (32). Notably, dietary GCW treatment reduced intestinal permeability and plasma endotoxin level (date not shown) and increased relative abundances of butyrate-producing bacteria (Ruminococcaceae) on day 109 of gestation. Also, GCW-fed sows showed higher plasma and fecal butyrate levels on day 109 of gestation (date not shown), which led to a strengthened gut barrier function. Therefore, the present study did not exclude that dietary GCW treatment reduced plasma TBA levels via downregulating plasma endotoxin levels of sows during gestation.

Previous studies report that dietary fiber modulates intestinal microbiota composition (33). Decreased microbiome diversity is a feature of dysbiosis (34). In this study, dietary GCW treatment reduced microbiome alpha diversity, possibly by selectively inhibiting the growth of harmful microorganisms (such as several members of the phyla Proteobacteria), which was consistent with findings from prior studies (35, 36). In the large intestine, gut microbiota-derived bile salt hydrolases (BSH) deconjugates host-derived conjugated primary bile acids to produce free primary bile acids, taurine and glycine (9). Metagenomic analyses show presence of BSH genes in Gram-positive bacteria genera (e.g., Lactobacillus, Bifidobacterium, Enterococcus, Clostridium, and Listeria) and Gram-negative bacteria genera (e.g., Bacteroides) (37). Upon deconjugation, the hydroxyl group at the C7 position of bile acids is then removed by 7α-dehydroxylation bacteria (e.g., Clostridium and Eubacterium), thus converting primary bile acids to secondary bile acids (38). In this study, dietary soluble fiber treatment increased the relative abundance of Ruminococcaceae, which was correlated with increase in the level of fecal DCA. Notably, members of Ruminococcaceae are can carry out 7α-dehydroxylation resulting

![FIGURE 6](Image)
in formation of secondary bile acids (39, 40). The bsh1 and bsh2 genes participated in converting conjugated bile acids to unconjugated bile acids (41). The baij gene could participate in the process of converting primary bile acids into secondary bile acids (42). Microbiota-derived bile acids, LCA and DCA and their taurine and glycine conjugated forms have high affinities for G protein Bile acid-activated receptor (GPBAR)-1, also known as TGR5 (43). Furthermore, the relative abundance of BSH-encoding bacteria (including Lactobacillus and Bacteroides) were lower in the GCW group compared with the levels in the control group. However, the concentration of fecal total glycine-conjugated and taurine-conjugated bile acids were not significantly different between two groups. Notably, the abundance of bile acid-metabolizing intestinal bacteria coincided with the expression levels of bacterial bile acid metabolism-related genes.

CONCLUSION

The findings of this study show that dietary GCW intervention can enhance reproductive performance probably by maintaining bile acid homeostasis in sows during gestation. Moreover, dietary GCW treatment increased levels of fecal DCA by regulating gut microbiota in sows.

DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found at: https://www.ncbi.nlm.nih.gov/bioproject/PRJNA771933.

ETHICS STATEMENT

The animal study was reviewed and approved by Institutional Animal Care and Use Committee of Huazhong Agricultural University. Written informed consent was obtained from the owners for the participation of their animals in this study.

AUTHOR CONTRIBUTIONS

JP conceived and designed the experiments and wrote and revised the manuscript. XW performed the experiments, analyzed the data, and wrote part of the manuscript. SY and CC performed the experiments and took part in the data analysis. CX analyzed the data. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fvets.2021.756910/full#supplementary-material

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