Genetic–epigenetic interactions in cis: a major focus in the post-GWAS era

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Abstract

Studies on genetic–epigenetic interactions, including the mapping of methylation quantitative trait loci (mQTLs) and haplotype-dependent allele-specific DNA methylation (hap-ASM), have become a major focus in the post-genome-wide-association-study (GWAS) era. Such maps can nominate regulatory sequence variants that underlie GWAS signals for common diseases, ranging from neuropsychiatric disorders to cancers. Conversely, mQTLs need to be filtered out when searching for non-genetic effects in epigenome-wide association studies (EWAS). Sequence variants in CCCTC-binding factor (CTCF) and transcription factor binding sites have been mechanistically linked to mQTLs and hap-ASM. Identifying these sites can point to disease-associated transcriptional pathways, with implications for targeted treatment and prevention.

Introduction

The ongoing debate on “nature versus nurture” in determining human traits and diseases provides a useful framework for making sense of a growing mass of genomic and epigenomic data. Although environmental influences such as nutrition, stress, and chemical exposures (“nurture”) can alter epigenetic marks, we focus here on genetic influences (“nature”) in determining epigenetic patterns. With the discovery and mapping of haplotype-dependent allele-specific DNA methylation (hap-ASM; Table 1) and methylation quantitative trait loci (mQTLs; also known as meQTLs; Table 2), studies on cis-acting genetic–epigenetic interactions are proliferating. Furthermore, such studies are becoming highly relevant as we move into the post-genome sequencing and post-genome-wide-association-study (post-GWAS) era. Mapping of ASM and mQTLs is being developed as a method for pinpointing DNA sequence variants that underlie genetic susceptibility to common diseases, ranging from cardiovascular and metabolic disorders to neurodegenerative and neuropsychiatric diseases, autoimmune conditions, and cancers. Such mapping is helping to overcome major roadblocks in GWAS that arise from the fact that most GWAS peaks map to non-protein-coding sequences, where their molecular consequences can be difficult to evaluate. Conversely, ASM and mQTLs must be identified and filtered out when searching for (non-genetic) effects of environment and disease progression in epigenome-wide association studies (EWAS).

Here, we review recent work on cis-acting genetic–epigenetic interactions, including the genome-wide mapping of ASM, mQTLs, and related types of allele-specific epigenetic marks, such as allele-specific chromatin accessibility and allele-specific transcription factor binding. We also briefly cover the discovery and mapping of expression quantitative trait loci (eQTLs) and allele-specific RNA expression (ASE), and we explain the usefulness of each of these types of allele-specific maps for extracting maximum biological information from GWAS data. We point out useful public databases, and we discuss bioinformatic approaches, cross-species comparisons, and functional assays for investigating the molecular mechanisms that produce allele-specific epigenetic marks. Emerging from these studies is a central role for transcription factor binding site (TFBS) occupancies in shaping allele-specific epigenetic patterns. We argue that a continued focus on defining functional genetic variants in such sites will be crucial for connecting allele-specific epigenomic data to disease pathogenesis.
GWAS and the “missing heritability” problem

In 2012, Visscher et al. [1] summarized the history of GWAS, focusing on the discoveries made and what those discoveries do and do not reveal about the biology of complex traits and disease susceptibility. From articles by prominent scientists, they identified negative opinions such as "GWAS have been disappointing in not explaining more..."
starting to have clinical applications, particularly when GWAS data for many diseases now typically account for the majority of complex-trait heritability [2], but mature effects of disease-associated SNPs have failed to account for human traits and diseases. It is true that the cumulative genome sequencing efforts (SNPs; sometimes called genetic variants, mostly single nucleotide polymorphisms) have revealed numerous reproducible associations of common traits over decades of work, with substantial funding, GWAS have delivered meaningful, biologically relevant knowledge or validations of the microarray and sequencing data; secondary validations refer to downstream assays by independent methods. Cells and tissues are of human origin unless otherwise stated. Abbreviations: ASH allele-specific histone modifications, CGI CpG island, FC frontal cortex, fibro fibroblast cell lines, HESC human embryonic stem cell, hQTL histone modification QTL, iPS induced pluripotent stem, LCL lymphoblastoid cell line, MCC-seq Methy1C-Capture sequencing, MSNP methylation-sensitive SNP array, PBL peripheral blood leukocyte, PMB peripheral blood mononuclear cell, PFC prefrontal cortex, PMN polymorphonuclear leukocyte, RRBS reduced representation bis-seq, TC temporal cortex, TSS transcription start site, VAT visceral adiposis tissue, WB white blood cell, WGS whole genome sequencing.

Table 2: Methods and conclusions from studies of cis-acting mQTLs

| Tissues or cell types (n) | mQTLs: primary screening method and validations | Findings and conclusions | Reference |
|--------------------------|-----------------------------------------------|--------------------------|-----------|
| Cerebellum (153)         | Illumina 27 K Methyl; Affy 5.0 SNP chips; validation by Pyroseq; eQTLs: Affy HGU95Av2 | mQTLs detected at ~8% of the CpGs; mQTL CpGs enriched in CGIs and within 150 kb of the index SNP; 13% of mQTL index SNPs associated with eQTLs | [62]       |
| Brains (150 individuals; 4 brain regions) | Illumina 27 K Methyl; Illumina 550 K SNP chips; eQTLs: Illumina HumanRef-8 | mQTLs detected at ~5% of CpGs. mQTL CpGs were depleted in CGIs. ~50% of the mQTLs were detected only in one brain region. ~5% of the index SNPs were both mQTLs and eQTLs | [108]      |
| Adipose tissue (648), replication set PBL (200) | Illumina 450 K Methyl; multiple genotyping arrays, eQTLs: HT-12 V3 BeadChips; validations by WGBS | mQTLs detected at ~28% the CpGs, with tissue-specificity; 22% of eQTLs were in LD with at least one mQTL; ~4% were in LD with a GWAS SNP; mQTLs associated with eQTLs and GWAS SNPs were enriched in enhancers | [110]      |
| Cord blood (174), PBL (90), TC (125), FC (111), pons (106), cerebellum (105) | Illumina: 27 K Methyl BeadChips; multiple Illumina and Affy genotyping arrays | mQTLs detected at ~5% of the CpGs; overlapped observed between ancestral groups, developmental stages, and tissue types; brain mQTL SNPs enriched in bipolar disorder GWAS peaks and miRNA-binding sites | [155]      |
| TC (44), neurons (18), glia (22), T-cells (54), placenta (37) | Illumina 450 K Methyl and 2.5 M SNP chips; validation by bis-seq and ox-bis-seq | ~3000 strong mQTLs identified; more than half tissue-restricted and ~900 located near GWAS signals; mQTLs enriched in polymorphic CTCF-binding sites and TFBS, and enriched in eQTLs located within 20 kb | [49]       |
| Fetal brain (166), matched adult PFC, striatum and cerebellum (83) | Illumina 450 K Methyl; 2.5 M SNP chips | Most fetal mQTLs also present in adult brain, but ~1/3 showed differential effects; mQTLs enriched in repressive and poised histone marks; mQTLs enriched in CTCF motifs, eQTLs, and schizophrenia-associated GWAS peaks | [112]      |
| PBL (85) | Illumina 27 K Methyl; OmniExpress SNP chips | 1287 smoking associated DM CpGs and 770 mQTLs identified. Among these, 43 CpGs were both smoking DM and mQTL | [150]      |
| Adipose tissue (119) | Illumina 450 K Methyl; Omni SNP chips; eQTL-Affymetrix Human Gene 1.0 ST array | mQTLs detected in ~3% of the CpGs; enriched in CGI shelves and shores and depleted in promoter regions and CGI; ~1% of mQTL SNPs (or proxy) were obesity-associated GWAS SNPs; 2% of the SNPs showed both mQTL and eQTL | [113]      |
| CD4+ T cells (717) | Illumina 450 K Methyl; Affy 6.0 SNP chips | Of ~20,000 heritable CpGs identified by modeling family structure, 15,133 were cis-mQTLs; 1,329 trans-mQTLs and 4,113 CpGs showing no evidence of cis or trans mQTL | [54]       |
| Monocytes (197), neutrophils (197), and CD4+ T cells (132) | Illumina 450 K Methyl; WGS; RNA-seq for ASE and ChIP-seq for hQTLs | mQTLs affect 10% of CpGs; hQTLs found in 28 and 12% of H3K4me1 and H3K27ac peaks; 345 GWAS index SNPs (or SNPs in high LD with a GWAS index SNP) colocalized with mQTLs and/or hQTLs | [37]       |

This list of studies is representative of the historical progression of the field and is not meant to be comprehensive. All experiments include internal statistical validations of the microarray and sequencing data; secondary validations refer to downstream assays by independent methods. Cells and tissues are of human origin unless otherwise stated. Abbreviations: ASH allele-specific histone modifications, CGI CpG island, FC frontal cortex, fibro fibroblast cell lines, HESC human embryonic stem cell, hQTL histone modification QTL, iPS induced pluripotent stem, LCL lymphoblastoid cell line, MCC-seq Methy1C-Capture sequencing, MSNP methylation-sensitive SNP array, PBL peripheral blood leukocyte, PMB peripheral blood mononuclear cell, PFC prefrontal cortex, PMN polymorphonuclear leukocyte, RRBS reduced representation bis-seq, TC temporal cortex, TSS transcription start site, VAT visceral adiposis tissue, WB white blood cell, WGS whole genome sequencing.

The question of whether there are additional common genetic variants is a significant problem in GWAS. Although GWAS have identified numerous reproducible associations of common genetic variants, mostly single nucleotide polymorphisms (SNPs; sometimes called “simple nucleotide polymorphisms” to include small insertion or deletion variants), with human traits and diseases. It is true that the cumulative effects of disease-associated SNPs have failed to account for the majority of complex-trait heritability [2], but mature GWAS data for many diseases now typically account for more than 10% of such heritability, and this information is starting to have clinical applications, particularly when combined into polygenic risk scores. For example, while the odds ratio (OR) for a given SNP genotype at a GWAS peak (the “GWAS index SNP”) is often <1.2 and seldom >1.4, meta-analyses of, for example, cancer GWAS have shown that the combined effects of a large number of susceptibility loci may become large enough to be useful for risk prediction and targeted prevention, including the provision of more frequent screening [3–5]. Similarly, findings from GWAS have helped to advance the field of pharmacogenomics, with implications for personalized therapies [6, 7]. Nonetheless, the “missing heritability” problem raises the question of whether there are additional common DNA variants with smaller effects that are not being identified because they are yielding sub-threshold
signals, or whether there are many rare variants with stronger effects, which would not be readily detectable in a GWAS design [8, 9]. The second possibility is being tested by genome sequencing, with results to date suggesting that rare coding variants will not fully explain the missing heritability [10–14]. By contrast, Park et al. [15] examined GWAS index SNPs across 13 traits and diseases and found that the effect-size distributions suggest the existence of large numbers of disease-associated variants with decreasingly small effects. Similarly, Visscher et al. [1] analyzed multiple GWAS across ethnic groups and found that most of the chromosomal regions that had GWAS peaks in one group also showed associations in others, albeit with differences in allele frequency and linkage disequilibrium (LD) patterns. This suggests that the common-variant signals are likely to be the result of widely distributed causal alleles of relatively high frequency. Findings in other important phenotypes, such as alcoholism, have been consistent with this theme, although sometimes the same gene-containing region can show different peak SNPs in different ethnic groups [16]. Polygenic scores from GWAS summary statistics can be used to model the proportion of overall heritability from common variants [11, 15], and this approach has provided estimates, for example, that about 25% of the heritability of bipolar disorder can be explained by common variants [11]. Likewise, coronary artery disease genetic risk appears to reflect the cumulative effects of multiple common risk alleles, individually of small effect size [17]. Central to the problem of capturing these common variants, many of the interesting signals in well-powered GWAS still do not reach the \( p < 5 \times 10^{-8} \) thresholds for genome-wide significance, and are thus suggestive but not strictly accepted. The post-GWAS mapping approaches that we outline in the next sections can be useful for prioritizing these sub-threshold signals for additional scrutiny.

**GWAS and the problem of identifying causal sequence variants**

With regard to the second criticism of GWAS, that these studies have not delivered biologically relevant knowledge, there have indeed been frustrations stemming from the fact that about 90% of peak signals from GWAS localize to non-coding sequences [18]. Owing to LD between multiple SNPs in a chromosomal region, GWAS associations typically highlight broad regions spanning 10 to 100 kb of DNA, and the lead SNP is not necessarily the functional source of the association signal. As an example, it took almost 10 years for an obesity locus identified through GWAS to be attributed, at least in part, to the disruption of ARID5B-mediated repression of IRX3 and IRX5, rather than to an alteration of the function of the FTO gene in which the original GWAS peak SNP was found [19]. Thus, statistical genetics can point to the vicinity of causal sequence variants but cannot hone in on these variants without using additional types of evidence. This limitation has spurred recent efforts to rank and prioritize candidate variants using functional annotations [20]. Regulatory sequence elements often act in a cell-type-specific manner, so analysis of purified tissues and cell types, including relatively inaccessible ones that are disease-relevant (neurons, pancreatic islet cells, and so on) is crucial for the functional investigation of GWAS variants.

When applied to appropriate cells and tissues, the allele-specific mapping approaches that we describe in the next sections can help to extract maximum biological information from GWAS data. These approaches are of two general types: QTL and allele-specific analyses (Fig. 1). In quantitative trait locus (QTL) approaches, the functional effect of a given variant is assessed by correlating the bi-allelic net effect (e.g., expression, methylation) with separately generated genotyping data. Such data are most often array-based, permitting the study of large populations in a cost-efficient manner, but with the technical issues inherent to arrays, such as variations in probe hybridization, batch effects, and limited genomic coverage. In more direct approaches, massively parallel sequencing methods, including bisulfite sequencing (bis-seq) for CpG methylation, are used to assess the allele-specific effects of variants or haplotypes after separating the sequenced DNA fragments by allele. While QTL approaches are based on correlations across individuals, sequencing-based approaches are based on the direct comparison of alleles in single individuals. The advantages of allele-specific approaches are smaller sample size requirements and more complete genomic coverage, but drawbacks can include greater cost per sample and more complex data processing and analysis.

**Post-GWAS mapping methods: eQTLs and ASE**

Efforts to extract maximum information from GWAS data can benefit from a multi-pronged approach that uses several mapping strategies to query the functional effects of non-coding sequence variants. Among these methods, the first to be developed utilized eQTLs, that is, SNPs at which the genotype correlates with expression of one or more nearby genes. Mapping of eQTLs within haplotype blocks that are implicated by GWAS can provide links to genes whose genetically regulated expression may be involved in the phenotype [21, 22]. Initial studies were performed on lymphoblastoid cell lines (LCLs), including samples from the Centre d’Etude du Polymorphisme Humain (CEPH)/HapMap projects [23–28]. Microarray data were utilized to probe the relationships between genetic polymorphisms and mRNA expression levels, and the results uncovered a pervasive \textit{cis}-acting influence of SNPs (and thus haplotypes) on gene expression. Schadt et al. [27] estimated the heritability of the gene expression phenotypes in CEPH
Fig. 1 (See legend on next page.)

Array-based CpGmethylation profiling and SNP genotyping
(e.g. 450K or 800K Illumina Methylation BeadChips and Illumina or Affymetrix SNP arrays)

SNPs: H-W equilibrium; sufficient number of samples per genotype
CpGs: QC filtering (cutoff: p-value; missing values; probes mapping SNPs or multiple loci); filter cut CpG/SNPs

SNP-CpG correlations: cis mQTL(c 1 Mb windows)

![Graph showing SNP-CpG correlations and mQTL criteria](image)

Genotype
- AA
- AB
- BB

N = 15 N = 18 N = 17

- cg006659314 -200 bp from mQTL
- cg08477332 mQTL
- cg15207993 +1000 bp from mQTL

Bis-seq (targeted or WGBS)
- Alignment against biaulife converted reference genome
- QC filtering

SNPs called on methyl-seq

Non-informative regions

Informative regions

Methylation calling

Hap-ASM criteria: methylation difference between alleles; p-value, q-value; # of hap-ASM CpG in the DMR

![Graph showing Bis-seq results](image)

Human T cells
- PWM: 4.4
- A
- B

Macaque PBL
- PWM: 3.8
- A
- B

CTCF motif

PWM score (binding likelihood)

- Human allele A: CGGCACTCTGCTATT
- Human allele B: CGGCACTCTGCTAG
- Rhesus: CGGCACTCTGCTAG

- Human allele A: 4.40
- Human allele B: 3.80
- Rhesus: 4.60
pedigrees and concluded that about 25% of genes had heritable variation, whereas a study from the Pastinen lab comparing SNPs in cDNAs to paired genomic DNA samples found that about 10% of expressed genes in LCLs show genotype-linked ASE [29]. Stranger et al. [24] showed that both SNPs and, at a lesser frequency, copy number variants (CNVs) are implicated in this phenomenon. Searching for trans-acting eQTLs can present computational challenges, but so far it appears that cis-acting eQTLs are more common than those that act in trans [30, 31].

Cell type-specific and disease-specific eQTL or ASE mapping

Early on, Pastinen and Hudson [32] pointed out that eQTLs are likely to be cell-type-specific. With more recent studies on T lymphocytes, monocytes, skeletal muscle, liver, brain, and other tissues and cell types, we now have a clear picture of the tissue-specificity and frequencies of eQTLs or ASE. The earlier studies relied on microarray data, whereas the more recent studies have mostly utilized RNA-seq, combined with genomic sequencing or array-based SNP genotyping. In their analysis of human T cells in a small series, Heap et al. [33] found that about 5% of genes showed an allelic expression bias passing their numerical criteria, while in a larger study of total peripheral blood (PBL) samples, Battle et al. [34] detected SNPs that, using their statistical cutoffs, influenced the ASE of over 10,000 genes. A similarly designed study of brain frontal cortex found that approximately 9% of the transcripts showed a genome-wide significant correlation with the genotypes of nearby SNPs [35], and analyses of human monocytes showed that approximately 20% of genes are influenced by eQTLs [30, 36]. The number of loci scored as positive for eQTLs or ASE depends on the stringency of the cutoffs that are used to define a significant allelic bias, and for practical applications, the stronger eQTLs are of most interest. Useful in this regard is a recent large-scale study from the International Human Epigenome Consortium (IHEC), which applied RNA-seq to several immune cell types from approximately 200 individuals and found a greater than two-fold allele-specific bias (strong ASE) in about 3% of transcripts [37].

While eQTLs or ASE can be adequately analyzed using sufficiently powered sets of non-diseased samples, because of differences in allele frequencies in cases versus controls, some eQTLs that are relevant to a given disease are more likely to be discovered if the sample set includes disease cases. The activation state of a given cell type in response to signaling ligands can also matter: Fairfax et al. [38] found that in vitro stimulation of primary human monocytes can abrogate and induce specific eQTLs, and Peters et al. [39] performed eQTL mapping in five primary immune cell types from patients with inflammatory diseases and found a small but interesting subgroup of eQTLs that were present only in those with active disease. These technical considerations are also important in designing studies of mQTLs and hap-ASM, which we discuss below.
Co-localization of eQTLs and GWAS peaks

How effective has eQTL/ASE mapping been in extracting biological information from GWAS data? As found by Nica et al. [40] in LCLs and substantiated by Zhang et al. [31] in their meta-analysis of multiple eQTL studies which they overlapped with human GWAS, eQTLs are enriched near positive GWAS statistical signals. In an early example of the use of eQTLs as a post-GWAS modality, Zhong et al. [41] focused on type 2 diabetes mellitus (T2D) and integrated GWAS data with eQTLs from liver and fat, which led them to a collection of GWAS peaks (index SNPs) and associated eQTLs that were enriched for genes acting in relevant signaling pathways. An important limitation in the identification of disease-associated genes is that cis-eQTLs occur quite frequently, leading to very dense maps, as shown for a typical genomic region in Fig. 2. Consequently, it remains challenging to identify the specific functional SNPs by this method [42], and statistical approaches are required to test formally for co-localization of an eQTL and a disease-associated SNP [43, 44]. Importantly for this type of application, eQTL and GWAS results have now been made available as community resources (Box 1).

These user-friendly databases include the National Heart, Lung and Blood Institute (NHLBI)-GRASP v2.0 (https://grasp.nhlbi.nih.gov/Overview.aspx), which contains approximately 8.9 million SNP–phenotype associations from more than 2000 GWAS, with annotation sources including eQTLs from liver, adipose tissues, various brain tissues, and blood lineage cells, including PBL, lymphocytes, monocytes, osteoblasts, fibroblasts, and LCLs, as well as growing collections of mQTLs, protein QTLs, and microRNA QTLs [31, 45, 46]. The Genotype-Tissue Expression (GTEx) project is another important database that contains information for both eQTLs/ASE and allele-specific transcription factor (ASTF) binding from multiple human tissues [47].

Post-GWAS mapping methods: mQTLs and ASM

Because there are typically many common SNPs in LD within a haplotype block, maps of eQTLs can suggest which genes are implicated by a given GWAS peak, but cannot pinpoint the underlying DNA sequence variants. To hone in on a causal regulatory SNP (rSNP) variant, additional types of evidence are needed—preferably from

Box 1 Resources for mapping and analyzing allelespecific epigenetic marks

| Analytical software | Applications | URL | Reference |
|---------------------|-------------|-----|-----------|
| Bismark             | Bis-seq aligner and methylation caller | http://www.bioinformatics.babraham.ac.uk/projects/bismark/ | [169] |
| BSMAP               | Bis-seq aligner | http://lilab.research.bcm.edu/dldcc-web/lilab/yxi/bsmap/bsmap-2.90.tgz | [170] |
| Bison               | Bis-seq aligner and methylation caller | https://github.com/dpryan79/bison | [171] |
| Bis-SNP             | Bis-seq SNP caller | http://people.cail.mit.edu/dnaase/bissnp2011/ | [172] |
| BS-SNPPer           | Bis-seq SNP caller | https://github.com/hellbelly/BS-Snper | [173] |
| SNPsPlt             | Allele-specific alignment sorting | http://www.bioinformatics.babraham.ac.uk/projects/SNPsPlt/ | [174] |
| amrfinder           | ASM inference from bis-seq | http://smithlabresearch.org/software/amrfinder/ | [175] |
| R package epiG      | ASM inference from bis-seq and NOMe-seq data | https://github.com/vincent-dk/epiG | [176] |
| R package atSNP     | Allele-specific transcription factor binding affinity testing | https://github.com/chandlerzuo/atSNP | [177] |
| Database            | Data class | URL | Reference |
| mQTLdb              | mQTL | http://www.mqtldb.org/ | [111] |
| Essex               | mQTL | http://epigenetics.essex.ac.uk/mQTL/ | [112] |
| SCAN                | mQTL, eQTL | http://www.scanb.org/newinterface/about.html | [178] |
| SZDB                | GWAS, mQTL, eQTL, DM, DE | http://www.szdb.org/index.html | [179] |
| AlleleDB            | ASTF, ASE in LCLs | http://alleledb.gersteinlab.org/ | [47] |
| GRASP               | GWAS SNPs, eQTLs, mQTLs, pQTLs, miQTL | https://grasp.nhlbi.nih.gov/Overview.aspx | [46] |
| GTEX                | eQTLs multiple tissues | https://gtexportal.org/home/ | [180] |
| RegulomeDB          | SNP functional annotation (chromatin, TF peaks and binding affinity, DNAse, eQTLs) | http://regulomedb.org/ | [20] |
| SNP2TFBS            | SNPs affecting predicted TF binding affinity | http://ccg.vital-it.ch/snp2tfbs/ | [181] |

Central web sites for human epigenome projects

| Central web sites for human epigenome projects | URL | Reference |
|------------------------------------------------|-----|-----------|
| NIH Roadmap Epigenomics Project | http://www.roaddmapepigenomics.org/ | |
Fig. 2 (See legend on next page.)
mapping methods that score physical (and thus potentially biologically functional) differences between two alleles. One approach stems for the discovery of mQTLs and hap-ASM. The terms mQTL (strictly speaking, cis-mQTL) and hap-ASM both describe the same class of allelic asymmetry, in which the DNA methylation on each allele depends on the local DNA sequence (i.e., the haplotype). However, as shown in Fig. 1, they are mapped by different strategies: mQTLs by searching for correlations of net methylation at individual CpG sites with the methylation of nearby SNPs in large sets of samples, and ASM by directly measuring differences in the methylation levels of CpG sites on the two different alleles in individual heterozygous DNA samples, using bis-seq. Although the methods for their discovery differ, the physical basis of mQTL and hap-ASM is identical, so when assessed by appropriate assays, all bona fide mQTLs should turn out to correspond to allele-specific differentially methylated regions (DMRs) and vice versa.

Examples of genome-wide studies of ASM and mQTLs, along with the profiling platforms, cell types, and tissues examined, and summaries of the main findings are listed in Tables 1 and 2. The first genome-wide scans for ASM were done by the methylation-sensitive SNP array (MSNP) method. In this approach, genomic DNAs are pre-digested with methylation-sensitive restriction enzyme(s) as well as standard non-methylation-sensitive enzymes, and duplicate samples are digested only with the non-methylation-sensitive enzymes. This step is followed by probe synthesis and hybridization to SNP chips, and the readouts are allele-specific hybridization intensities. In our early MSNP study of several normal human tissues, we found many examples of ASM, which mostly showed strong correlations with local SNP genotypes, indicating cis-regulation [48]. Other laboratories applied MSNP to other types of cells and tissues and obtained similar findings of widespread cis-regulated ASM (examples in Table 1). Analogously to the situation for eQTLs, the ASM phenomenon shows tissue-specificity, with some loci having pan-tissue ASM and others having strong ASM only in one tissue or cell type.

For SNP-tagged loci in which ASM is detected in groups of heterozygous individuals, binomial or Fisher exact tests can be used to ask whether the relatively hypermethylated allele tracks with one SNP genotype, a sign of hap-ASM. For SNP-tagged loci in which ASM is detected in groups of heterozygous individuals, binomial or Fisher exact tests can be used to ask whether the relatively hypermethylated allele tracks with one SNP genotype, a sign of hap-ASM. Importantly, for loci in which a positive but not absolute correlation is seen with the closest SNP, the ASM phenomenon shows tissue-specificity, with some loci having pan-tissue ASM and others having strong ASM only in one tissue or cell type. For SNP-tagged loci in which ASM is detected in groups of heterozygous individuals, binomial or Fisher exact tests can be used to ask whether the relatively hypermethylated allele tracks with one SNP genotype, a sign of hap-ASM. Importantly, for loci in which a positive but not absolute correlation is seen with the closest SNP, the ASM phenomenon shows tissue-specificity, with some loci having pan-tissue ASM and others having strong ASM only in one tissue or cell type.
representation bis-seq (RRBS) approaches uncovered not only hap-ASM loci, but also novel examples of imprinted genes [51, 52]. An interesting and unexpected interaction between imprinting and hap-ASM is highlighted by our recent observation that the ZFP57 gene, which codes for a transcription factor that functions as a trans-acting modifier of DNA methylation at certain imprinted loci, is in turn regulated by hap-ASM [49].

The number of scans for ASM using Agilent Methyl-seq and other genome-wide bis-seq methods has grown with the increasing availability of those technologies, and is matched by the proliferation of array-based mQTL mapping studies (Tables 1 and 2) [37, 53–58]. An advantage of directly mapping ASM is that, unlike mQTL analyses, which require large numbers of samples, bis-seq for ASM can be informative in single heterozygous individuals. Shoemaker et al. [59] used padlock probes with bis-seq in a panel of 16 human cell lines including induced pluripotent stem cells and, using lenient statistical criteria for allelic bias, concluded that ASM is present in the vicinity of around 20% of heterozygous SNPs. Li et al. [60] reported genome-wide bis-seq data from one sample of human peripheral blood mononuclear cells and found 599 haploid DMRs covering 287 genes. We recently applied array-based methylation and SNP genotyping and Agilent Methyl-seq with a mean depth of coverage ranging from 50× to 94× as complementary approaches and, in a panel of tissues, identified 795 strong hap-ASM DMRs that were detectable in one or more tissue types [49] (examples in Table 3). Encouragingly, ASM data from independent laboratories are converging: Cheung et al. [28] mapped ASM and mQTLs using MethylC-Capture Sequencing (MCC-seq) in 869 samples, including whole blood, monocytes, T cells, muscle, and visceral adipose tissue, and whole genome bisulfite sequencing (WGBS) for a subset of 41 samples, with a mean coverage ranging from 13× to 24× for MCC-seq and 8× to 22× for WGBS. After pooling bis-seq reads across individuals according to genotype and cell type, they identified a large number of ASM CpGs in one or more cell types, which largely encompass the group of ASM CpGs from our study.

Although the number of loci identified depends on sample sizes, depths of coverage for ASM analysis, and numerical cut-offs and p values, the yield of mQTL/ASM loci in these studies suggests that approximately 10% of all human genes are associated with strong hap-ASM DMRs. Among the consistently noted features of hap-ASM is its tendency to be located outside of CpG islands and further away from genes [61, 62]. This feature may indicate that ASM events occur in regions that are subject to less stringent selective constraints in evolution. Nevertheless, a substantial minority of hap-ASM DMRs are located in crucial regulatory sequences, including enhancers and insulators [49, 51, 53, 61, 63], and are therefore likely to have important effects on gene expression.

Most studies on cis-acting genetic effects in human cells and tissues have focused on epigenome-wide statistics, which are crucial for testing mechanistic hypotheses. Presenting the data in this way can, however, make it difficult to appreciate the patterns and strength of allele-specific epigenetic asymmetries at specific loci. To fill this gap, we have taken pains to illustrate bis-seq of individual loci with ASM, using SNPs in the sequence reads to separate the two alleles [49, 51]. Examples of diagrams of ASM from this procedure (Figs. 1 and 2) show that the allelic bias in CpG methylation can be quite strong [48, 49, 51]. Fine-mapping of ASM DMRs using targeted bis-seq can define the boundaries of these regions, which is a crucial step in testing the candidate biological mechanisms that we discuss in the next section.

**Cis-acting mechanisms: involvement of CCCTC-binding factor (CTCF) and transcription factors**

The challenge of understanding the mechanisms that lead to mQTLs and hap-ASM is related to the more general question of how CpG methylation patterns are established in mammalian cells. In addition to the involvement of epigenetic “reader and writer” enzymes, multiple lines of evidence are starting to implicate roles for sequence-specific DNA-binding proteins, including classic transcription factors (TFs) and insulator binding proteins that regulate three-dimensional (3D) chromatin architecture. The binding of some proteins to DNA protects their binding sites in the DNA from CpG methylation; such proteins include zinc-finger CxxC-domain-containing proteins, such as CFP1 and KDM2A, the insulator binding factor CTCF, which anchors chromatin loops and thereby regulates promoter–enhancer interactions [51, 64–69], and TFs including ETS-family DNA-binding proteins and SP1. Some of the implicated proteins show methylation-sensitive DNA binding [70–73], but another working hypothesis is that simple site occupancy may be sufficient to exclude methylation from that site.

**Cross-talk between DNA methylation and sequence-specific binding proteins**

There may be a “chicken or egg” problem in determining whether binding site occupancy or site methylation status is primary, but the fact is that binding sites tend to be hypomethylated when occupied. Stadler et al. [74] profiled genome-wide patterns of CTCF binding sites in mouse embryonic stem cells (ES) and ES-derived neuron progenitors and found an average CpG methylation of 20% in CTCF-binding sites, with increasing methylation adjacent to these sites, leading to “methylation well” patterns. Xu et al. [75]
extended this principle in a survey involving multiple cell lines, TFs, and methylation types, which revealed intimate relationships between occupancies of TFBS and methylation levels in and around these sites. Likewise, chromatin-immunoprecipitation (ChIP) against CTCF in ES, followed by bis-seq of the immunoprecipitated DNA, led to the observation that the frequency of CTCF binding correlates by bis-seq of the immunoprecipitated DNA, led to the observation that the frequency of CTCF binding correlates with the likelihood of a demethylated state [76]. Our data from Agilent Methyl-seq of T cells and brain DNAs, aligned with ENCODE CTCF ChIP sequencing (ChIP-Seq), are in line with these findings [49].

Conversely, a group of zinc-finger TFs, including the BTB/POZ family proteins KAIOS, ZTB4, and ZBTB38, as well as the Krüppel-associated box (KRAB)-domain TF family member ZFP57, all recognize methylated CpGs within DNA sequence motifs and can act as repressors by perpetuating local CpG hypermethylation [77]. A protein microarray-based approach for surveying purified human TFs revealed numerous examples, typified by the Krüppel-like zinc-finger domain protein KLF4, which showed methylated Cpg-dependent DNA-binding activities [78]. Very recently, Yin et al. [79] showed that most major classes of TFs, including bHLH, bZIP, and ETS, bind preferentially to unmethylated DNA, whereas other TFs, such as homeodomain, POU, and NFAT, bind preferentially to methylated DNA. Last, methyltransferase enzymes themselves can help to maintain methylated CpG-rich sequences and can help to maintain repressive chromatin [82].

Table 3 Examples of hap-ASM DMRs associated with eQTLs and GWAS peaks

| Hap-ASM DMR index SNP in haplotype block | Gene in 150-kb window | Genes with cis-eQTLs in haplotype block | GWAS index SNPs and disease associations in haplotype block |
|-----------------------------------------|-----------------------|----------------------------------------|----------------------------------------------------------|
| rs935274                                | 1b                    | RCBTB1; ARL1; EBPL                      | rs9568281: multiple sclerosis                             |
| rs9330298                               | 2a                    | S100A* cluster; CHTOP; SNAPIN; ILP2; NPR1; MIR8083 | rs7536700: multiple myeloma b                             |
| rs12789117                              | 5                     | JAM3; NCPAD3; VPS26B                    | rs1267813: schizophrenia                                 |
| rs2317646                               | 1b                    | TRIM* cluster                           | rs2522989: type 1 diabetes                                |
| rs954379                                | 1f                    | HIST1H* cluster; BTN3A2                 | rs6747867: schizophrenia b                                |
| rs1876749                               | 5                     | OBP2B; ABO; SURF6                       | rs633862: ovarian cancer b                                |
| rs861855                                | 1b                    | UBE2L3; YDJC; CCDC116; SD2L1; MIR301B; MIR130B; PPL2; YPEL1 | rs2256609: Crohn’s disease b                              |
| rs1627982                               | 4                     | HLA-H; HCG4B; HLA-A; HCG9; ZNRD1-A51    | rs2532809: serum IgE                                      |
| rs62396301                              | 4                     | UNC5C; TSPO2; APOBEC2; RAF1D; NFYA; NFYA; APOBEC2; ADCY10P1; TREML1; TREML2 | rs7532628: Alzheimer’s disease b                          |

The hap-ASM data are from our published study [4], with confirmation by additional unpublished Methyl-seq data (ICD and BT; unpublished data). Of these nine loci, six were also covered and found to have ASM or mQTLs in one or more cell types by Cheung et al. [53]. Regulome-DB scores for the hap-ASM index SNPs are from RegulomeDB (http://www.regulomedb.org/). The scores ranged from 1 to 6, with 1 assigned to putative regulatory SNPs with the highest level of confidence, supported by multiple data types, including eQTLs, TF binding, TF motifs, DNAase footprints, and DNAase hypersensitivity peaks [20]. cis-eQTLs were downloaded from National Heart, Lung and Blood Institute (NHBLI)-GRASP Build 2.0 [46], only genes with eQTL p value <10^{-5} are listed. Haplotype blocks were defined using 1000 Genomes project (phase 3) [182] and PLINK. The hap-ASM index SNPs are from RegulomeDB.

*Index eQTL reported in NHLBI-GRASP is rs66926079, in the same haplotype block as rs62396301 (R^2 = 0.975, D’ = 1)

**Sub-threshold GWAS peaks (S < 5 x 10^{-5} < p value < 5 x 10^{-4})**

Allele-specific TFBS occupancy as a mechanism for ASM

Early on, we proposed that ASTF binding site occupancy (sometimes abbreviated as ASB, for allele-specific binding)
resulting from the presence of sequence variants in enhancer and insulator elements could lead to ASM [83]. In fact, ASTF was documented as a pervasive phenomenon in human cells at around the same time that hap-ASM was first being characterized: allele-specific ChIP-on-chip assays using antibodies to RNA polymerase II and post-translationally modified forms of histone H3, together with SNP genotyping, revealed evidence of widespread allele-specific chromatin states [84–86]. With the advent of ChIP-seq, experiments with denser genomic coverage have confirmed these findings, and have added assays for the binding of specific TFs that highlighted ASTF for CTCF, NF-kappaB, ETS1, ELF1, PAX5 and RUNX proteins, among others [87–93]. In a parallel line of work, Butter et al. [94] used SILAC (Stable Isotope Labeling by Amino acids in Cell culture), in which double-stranded oligonucleotides of the two alleles for many TFBSs were incubated with either light or heavy isotopically labeled nuclear extracts, and subsequently mass spectrometry to detect altered TF binding to the SNP-containing sequences. Using this method, they found allele-specific binding of the TFs RUNX1, LEF1, CREB, and TFAP4 to polymorphic SNP-containing TFBSs. AlleleDB (http://alleledb.gersteinlab.org/) is a useful public resource for querying and analyzing ASTF [47]. Although the current database is skewed toward cell lines, it is expected to include multiple primary cell types in the near future.

In testing ASTF as a mechanism underlying hap-ASM, it is crucial to know which TFs bind to each ASM DMR, and hence it is necessary to determine the sizes and boundaries of these DMRs. An initial fine-mapping study of several strong examples of hap-ASM DMRs showed allelic asymmetries in methylation over multiple CpG of several strong examples of hap-ASM DMRs showed boundaries of these DMRs. An initial fine-mapping study and hence it is necessary to determine the sizes and it is crucial to know which TFs bind to each ASM DMR, include multiple primary cell types in the near future.

Cross-species comparisons for testing mechanisms of ASM
Cross-species designs comparing methylomes in humans and other animals, such as mice and non-human primates (NHPs), are proving to be informative. Genetically influenced ASM has been demonstrated in mouse crosses [96], which offers the possibility of doing manipulative genetic experiments. However, a key advantage of comparing humans to NHPs, rather than mice, is that chimpanzees and monkeys are “almost human”, both in their anatomy and physiology and in their genomes. This fact should be especially important for traits related to brain function. Although there are many insertion-deletion polymorphisms and structural rearrangements in each primate species, yielding an overall sequence divergence of about 5%, many orthologous portions of the genomes differ by only approximately 1.5% [97–99]. This situation allows comparison of CpG methylation patterns in and around regulatory sequences that are either identical in humans and the NHP species or differ by only one or two nucleotide substitutions. Thus, by expanding the range of evaluable alleles beyond those found in human populations, the NHP methylomes add power to studies that seek to use maps of ASM to hone in on functional variants in TFBS.

Kasowski et al. [87] compared PolII binding in human LCLs and a chimpanzee blood sample using ChIP-seq and found divergence at a substantial subset of orthologous genes between the two species. Similarly, methylome mapping studies have highlighted genes that are perfectly conserved in their protein-coding sequences, yet show significant differences in CpG methylation levels in their regulatory sequences between humans and chimpanzees [100, 101]. Relevant to hap-ASM, in our recent work, we used cross-species comparisons of DNA sequences and methylation patterns to test variation in
CTCF-binding sites as an underlying mechanism. We carried out targeted bis-seq in PBL and liver from macaque monkeys at five ASM loci orthologous to human loci with CTCF motifs, selecting these DMRs so that the macaque sequences diverged from the human sequences at only one or two critical base pairs in these motifs. As shown for an example in Fig. 1, the results for each of these DMRs confirmed the expected negative correlation between their CpG methylation levels and CTCF-binding likelihood, as indicated by the PWM scores, when comparing the human and monkey alleles [49]. Such cross-species studies can now be performed using combinations of whole genome and whole methylome sequencing, which are expected to yield additional important clues to functional DNA regulatory variants and the TFs that recognize them.

Some ASM DMRs remain mechanistically unexplained

Despite this progress in explaining some examples of hap-ASM, a substantial subset of hap-ASM loci are not accounted for by SNPs in known TFBS or CTCF sites ([49] and CD and BT unpublished data). The same is true for other allele-specific chromatin marks. Farh et al. [102] carried out a study of human monocytes, B cells, and resting and stimulated T cell subsets utilizing SNP genotyping combined with genome-wide profiles of histone modifications, RNA-seq, and additional chromatin and TFBS annotations. They found that genetic polymorphisms underlying GWAS peaks for autoimmune disorders tend to occur near TFBS for master regulators of immune differentiation and stimulus-dependent gene activation, but that only 10–20% of presumptive causal genetic variants mapped within recognizable TFBS motifs. One scenario that might explain the “epigenomic dark matter” is long-range chromatin looping. The 3D looping of chromatin into large and complex topologically associating domains (TADs), with loops anchored by CTCF or cohesin complexes [65, 103], is so extensive that a crucial genetically polymorphic CTCF- or TF-binding site may lie at a large linear distance (several megabases or more) from an ASM DMR. Thus, there would be no apparent local explanation for the ASM, even though the binding sites are in fact brought into close proximity to the DMR by chromatin looping (Figs. 2 and 3). Another possibility is a role for long non-coding RNAs (lncRNAs), which are also involved in chromatin looping and transcriptional regulation over long linear distances, via their roles in tethering key protein complexes that regulate epigenetic states. Future experiments that seek to connect hap-ASM to long-range chromatin architecture may eventually explain the epigenomic dark matter.

Mapping allele-specific epigenetic marks for identifying disease-associated regulatory sequences

Mapping of mQTLs and hap-ASM can be useful for nominating specific polymorphic regulatory DNA sequences as candidates that can account for statistical signals from GWAS. The logic here is that a bona fide regulatory DNA sequence can declare its presence by conferring a physical asymmetry between the two alleles in heterozygotes. Thus, when an SNP association for a given disease or trait is located near an ASM DMR, within the same haplotype block, that signal may be driven, at least in part, by polymorphic regulatory DNA sequences in the DMR [104–107]. In this regard, mQTL/hap-ASM mapping, and related approaches such as the mapping of ASTF, allele-specific histone modifications, and allele-specific chromatin accessibility, are complementary to and non-redundant with eQTL mapping.

As illustrated by the example of the S100A* gene cluster in Fig. 2, and diagrammatically for a generic chromosome region in Fig. 3, some haplotype blocks with GWAS peaks also contain multiple eQTLs and mQTLs. As mentioned above, eQTLs can point to relevant genes, but not necessarily to the relevant DNA sequence elements. Some studies have found only a small overlap (approximately 10%) between the SNPs that tag cis-acting mQTLs and eQTLs, which is another rationale for carrying out both types of mapping [49, 108–114]. Dermitzakis and colleagues [115] found that DNA methylation sites that are associated with expression levels are enriched in enhancers, gene bodies, and CpG island shores, but not in promoter regions. These findings are consistent with the fact that eQTLs tend to be found in promoter regions, whereas mQTLs and hap-ASM DMRs tend to occur in non-promoter regulatory sequences such as enhancers and insulators. Despite the relatively low frequency of precise physical overlap, there are many instances in which mQTLs and hap-ASM DMRs map within the same haplotype blocks as eQTLs, and these situations can be informative for understanding disease associations, which may reflect the combined effects of more than one polymorphic regulatory element. With these considerations in mind, an increasing number of recent studies, including ours, have started to catalogue ASM DMRs and mQTLs near GWAS peaks [48, 49, 59] or dictated by GWAS SNPs [37, 116]. Selected examples in which a hap-ASM DMR or mQTL and a GWAS peak are found in a single haplotype block are listed in Table 3.

Other types of allele-specific marks, such as allele-specific histone modifications, have been used for this same purpose [102], and maps of allele-specific chromatin accessibility, scored by the Assay for Transposase-Accessible Chromatin (ATAC) with the high-throughput ATAC-sequencing (ATAC-seq) method, are also starting to be produced [117, 118]. In their study, Scott et al. [118]
Fig. 3 (See legend on next page.)
used RNA-seq plus SNP genotyping to analyze skeletal muscle biopsies from 271 individuals. They integrated the eQTL data with transcriptional regulatory data, including ATAC-seq data, in diverse tissues and found that the tissue-specific regulatory architecture of skeletal muscle is enriched in muscle-specific enhancers, including some that overlap T2D GWAS variants. This finding is biologically relevant since glucose disposal in skeletal muscle is highly tissue-specific, separate tracks for each tissue and regulatory sequences, and biological pathways that underlie human traits and diseases. Supporting this approach is recent work by investigators in the IHEC, who have integrated genetic, epigenetic, and transcriptional profiling across three immune cell types from nearly 200 people [37, 123]. As we know from the ENCODE project, the value of such data can be best realized with the creation of searchable databases of allele-specific epigenetic marks, preferably visualized on sequence tracks such as those in the UCSC Genome Browser [124]. As mQTLs/hap-ASM can be highly tissue-specific, separate tracks for each tissue and cell type are needed. The first steps toward creating these types of web-based resources are being taken (Box 1). Last, even high-resolution post-GWAS mapping cannot prove causality, so functional assays are needed to evaluate candidate sequences. For a given candidate regulatory
sequence identified by post-GWAS approaches, it has now become feasible to use gene-editing approaches, notably CRISPR technology, to create targeted deletions and mutations in a relevant cell type and to assay the effects of such edits on gene expression [125–127]. For example, if the candidate sequence element is a polymorphic TFBS or CTCF-binding site, then the key experiment will be to mutate that site and assay for the predicted changes both in CpG methylation and in the levels of expression of the candidate gene(s) in the haplotype block.

**Relevance of mQTLs and hap-ASM for interpreting EWAS data**

EWAS seek to use case-control or cohort designs to detect changes in DNA methylation that result from disease pathology (i.e., from disease progression, rather than genetic susceptibility) and/or environmental factors, such as dietary influences, including over- or under-nutrition, exposures to environmental toxins, and substance abuse, including common situations such as alcohol consumption and cigarette smoking [128, 129]. Issues of experimental design and caveats for EWAS have been discussed in several papers, in particular phenotypes [116, 146]. As pointed out by us and others, because EWAS specifically seek to identify epigenetic changes that are attributable to non-genetic effects, differences in DNA methylation that are produced by inborn genetic factors, that is, mQTLs and hap-ASM, can complicate the interpretation of the results and need to be controlled for [131, 147]. To put it another way, Barfield et al. [148] noted that as the scale of EWAS approaches that of GWAS, population stratification will need to be addressed. This issue boils down to controlling for mQTLs, and Barfield et al. [148] laid out statistical methods to accomplish this task. Similarly, Pan et al. [149] created an R package, called GEM, that can analyze and control for mQTLs and the interaction of genotype and environment (GxE) in EWAS.

To what extent do EWAS hits actually consist of mQTLs? Although most of the EWAS that we have surveyed have not controlled for mQTLs, the recommendations have not been entirely ignored. For example, in their EWAS for BMI, Dick et al. [134] discussed an mQTL-like effect, namely a significant correlation of two SNPs with methylation at a particular CpG dinucleotide without a significant correlation with BMI. In their combined EWAS-mQTL study of cigarette smoking, Qiu et al. [150] identified 43 DM CpGs overlapping with mQTLs. Hedman et al. [135] identified significant cis-mQTLs at 64% of the 193 CpGs associated with lipid traits in blood. Likewise, in an EWAS using blood samples, Hannon et al. [116] identified 27 schizophrenia GWAS peaks that had nearby DMRs in schizophrenia versus controls, which colocalized with mQTLs.

To address this question quantitatively, we compiled findings of DM CpGs from multiple EWAS for three important phenotypes: BMI/T2D, AD, and tobacco smoking [132, 133, 138–143, 151–154]. Using the authors’ criteria for statistical significance, we overlapped these EWAS “hits” with mQTL data [49, 54, 62, 108, 110, 112, 113, 150, 155]. We selected the mQTL studies (all included in Table 2) to match the cell types or tissues studied in the EWAS. Among the four EWAS of BMI/T2D that we examined, two utilized PBL samples and two utilized adipose tissue [132, 133, 151, 154]. Of the large number (42,360) of DM CpGs associated with BMI or weight loss in adipose tissue in females, the median differences in methylation were 1.6% per 10 kg.m⁻² BMI and 11.7% per 10 kg.m⁻² BMI before and after weight loss, respectively. Only 2% of these DM CpGs, corresponding to 496 genes, were replicated between the two adipose tissue datasets, which might be partly explained by differences in study design and statistical power. Among these genes, the largest case–control differences were seen for CpGs in CDR2 and SEC14LI, both with differences in methylation of 27% before and after weight loss. In PBL, 400 CpGs were associated with BMI or waist circumference, including 38 CpGs in 27 genes replicated in the two studies. The replicated genes include LGALS3BP and ABCG1. To assess the proportion of BMI EWAS hits that are mQTLs, we overlapped the BMI DM CpGs in PBL [132] and adipose tissue [133, 151] with blood and adipose tissue mQTL CpGs, respectively. In PBL, we found 48 blood mQTL–EWAS DM overlaps, and 10 SNP-containing CpGs among 400 EWAS DM CpGs, including HIF3A. In adipose tissue, we observed a similar percentage of mQTLs among the EWAS DM loci (12.8%, with 4303 EWAS DM CpGs overlapping with mQTLs). Among the 100 top-ranked replicated EWAS DM CpGs (based on difference in methylation), we found that mQTLs could account for 18 of these CpGs, located in ten genes. These genes, including HIF3A, IGFR2, and ADSSL1, will need to be evaluated for their status as bona fide EWAS hits by controlling for the cis-acting effects of local haplotypes.

Among the three EWAS of AD that we have reviewed [141–143], none of the 2659 EWAS DM CpGs were reproduced in all datasets. Nevertheless, 0.7% of these DM CpGs, corresponding to 13 genes, were replicated in at least two datasets, including CpGs in ANK1, CDH23, SLCA4AA2, and PCNT. Among these genes, the differences in DNA methylation between cases and controls were small, ranging from 4 to 0.03% [141, 143].
Overall, we observed 85 EWAS DM CpGs that overlapped with brain mQTLs. Thus, at least 5% of the DM CpGs in these AD EWAS might be explained by cis-acting genetic effects. These findings are consistent with a recent study that showed that about 5% overlap between schizophrenia DM CpGs and brain mQTLs [156]. However, none of the replicated DM CpGs in the AD EWAS overlapped with mQTLs.

Finally, several EWAS have examined the effects of cigarette smoking on DNA methylation patterns in lung tissue and PBL. mQTL data from lung tissues are sparse, so we focused on the EWAS in PBL. Among five EWAS comparing PBL from current smokers to never smokers [138–140, 152, 153], 18,935 DM CpGs in 6965 genes were identified, with 90% of them showing case–control differences in methylation of less than 1%, but with a small number of loci showing greater DM. A total of 856 CpGs (5%) were replicated as hits in at least two EWAS, and seven genes, including AHRR, GFI1, GNA12, and LRP5, were identified as having DM in all five datasets. Once again, the low percentage of replicated EWAS hits might be partly explained by differences in statistical power between studies, with most of the DM being identified only in the large meta-analysis which includes about 16,000 individuals [153]. In contrast to the mild effect sizes seen in AD EWAS, the strongest smoking-associated DM CpGs, in the AHRR and GFI1 genes, showed 24 and 15% differences in methylation, respectively. We found a definite but still relatively modest contribution of cis-acting genetic effects among the total EWAS DM CpGs from the five studies, with 3440 CpGs showing a DM–mQTL overlap, as well as 395 SNP-containing CpGs, which together represent 20% of the EWAS DM CpGs. Among the EWAS DM CpGs replicated in at least two studies, there were 12 SNP-containing CpGs and 162 EWAS DM–mQTL overlaps, including CpGs in AHRR and GFI1, for which a cis-effect contribution was shown by Gonseth et al. [157].

On the basis of these findings, we conclude that despite small effect sizes and limited inter-study replication, EWAS have revealed some interesting and reproducible examples of DM, with the majority of published EWAS peaks not being mQTLs. Examples of reproducible and top-ranked DM loci that are not associated with published mQTLs include BMI-associated DM in HDAC4, AD-associated DM in PCNT, and smoking-associated DM in F2RL3. Nonetheless, in our analysis, between 5 and 20% of EWAS DM CpGs overlap with mQTLs. Recently, Chen et al. [37] used a different analytical approach using gene expression as a proxy for disease phenotype and found that cis-genetic effects could account for the methylation–expression correlation in more than 50% of the significant genes, suggesting a somewhat higher estimate of genetically influenced loci among EWAS hits.

**Conclusions and future directions**

Although GWAS have met part of their initial promise, identifying chromosomal regions that are linked to medically relevant phenotypes, the GWAS design is limited in its ability to pinpoint causal genes and DNA regulatory elements. Genome-wide maps of cis-regulated allele-specific phenomena, including eQTLs, mQTLs/hap-ASM, and allele-specific histone modifications and TFBS occupancies, are coming into focus and are helping to nominate candidate genes and DNA sequence variants that can account for GWAS signals. DNA sequence polymorphisms in CTCF and TFBS are emerging as an underlying mechanism for many, but not all, hap-ASM DMRs, and comprehensive efforts to identify these sites are expected to yield insights into transcriptional pathways that affect disease susceptibility.

Nevertheless, a number of challenges still need to be surmounted. As noted above, array-based methods for identifying mQTLs are limited by incomplete and gene-centric coverage, SNPs that can affect probe hybridization, and probes that align to multiple genomic locations [158]. These problems can be solved by using the more direct approaches of targeted and whole genome bis-seq to score ASM. Agilent sequence capture [49], MCC-seq, or WGBS with sample pooling [53] have been employed to achieve sufficient depth, but the newest sequencing platforms are expected to make deep WGBS more practical. As cost will probably remain a factor, it will be useful to determine the optimal sequencing depth for WGBS by performing systematic comparisons with ultra-deep targeted bis-seq [49].

Improvements in epigenomic mapping will also come from the development of more standardized pipelines for data analysis. Basic quality control for methylation BeadChip data, including the filtering of poorly performing probes, normalization and batch adjustment, are well defined [159, 160], but the criteria that define mQTLs are not yet standardized. Approaches to control for the inflation of false positives that results from the high number of correlations being tested are still under investigation [161]. Likewise, in ASM studies, statistical analysis and allele-specific bis-seq alignments are performed using in-house pipelines, in which technical issues, including misalignment of reads mapping to regions with similar bisulfite-converted sequences, achievement of the required depth, bias of the alignments toward the reference allele, and determination of DMRs, have been addressed to varying degrees. More fundamentally, there is already evidence that the knowledge of genotypes at single index SNPs is sometimes insufficient to reveal the haplotype-dependence of ASM—in some instances, the allelic asymmetry can be driven by more than one sequence variant in the local haplotype [49, 57]. This challenge warrants future
efforts to determine long-range phased haplotypes. Such efforts can build on conditional analyses [57], SNP phasing approaches [162], and family-based analyses [54]. More directly, sequencing of single DNA molecules to generate bona fide phased genotypes [163] is now being made possible by Illumina (TruSeq® Synthetic Long-read DNA library prep kit).

We believe that it will be important to continue to scrutinize EWAS data for cis-acting genetic–epigenetic effects, which need to be filtered out to reveal epigenetic changes that are mediated by the environment or by disease progression, and not by genetics. Conversely, environmental and clino-demographic factors that are found to associate with DM in EWAS can act as confounders in mQTL/ASM analysis, and will increasingly need to be controlled for as mQTL/ASM studies expand to larger and better-characterized sample groups. Although less directly connected to genetics, changes in cell populations will also need to be more carefully controlled for in EWAS [164]. This caveat is highlighted by findings that DM in GRP15, one of the replicated DM loci in smoking EWAS, reflects smoking-induced changes in the composition of T-cell populations [165], and by a meta-analysis showing that some CpGs associated with BMI and eight other cardiometabolic traits are in turn associated with C-reactive protein (CRP) levels, a marker of chronic inflammation [166]. Similarly, the complicating factor of reactive gliosis warrants attention as a possible non-cell-autonomous explanation for the mild DM and low inter-study concordance in AD EWAS.

At the most fundamental level, increasingly thorough mapping of hap-ASM and other allele-specific epigenetic marks in genetically diverse human populations, and in human versus NHP comparisons, will lead to a more complete understanding of the role of allele-specific TFBS occupancies as an underlying mechanism. In this regard, work focusing only on local sequences might fail to reveal a mechanism for all instances of hap-ASM; 3D chromosome architecture will probably need to be taken into account. Future studies can be designed to ask whether some ASM DMRs might be established and propagated based on the presence of rSNPs in TFBSs that are distant from the DMR on a linear scale, but are brought into physical proximity in one or more tissues through chromatin looping (Figs. 2 and 3). This goal of more fully accounting for allele-specific epigenetic patterning in human cells should be achievable by superimposing the locations of ASM DMRs, and allele-specific ATAC-seq and ChiP-seq peaks, onto 3D genome structures elucidated by chromosome conformation capture methods (such as 4C, 5C, and high-throughput chromosome conformation capture [HiC]) or ChiA-PET [122, 167]. Such data will become increasingly useful when centrally compiled, for example, in the 3D Genome Browser [168].

**Abbreviations**

AD: Alzheimer’s disease; ASE: Allele-specific expression; ASM: Allele-specific methylation; ASTF: Allele-specific transcription factor; ATAC: Assay for Transposable-Accessible Chromatin; bis-seq: Bisulfite sequencing; BMI: Body mass index; CEPH: Centre d’Etude du Polymorphisme Humain; ChiA-PET: Chromatin interaction analysis by paired-end tag sequencing; ChIP: Chromatin immunoprecipitation; ChIP-seq: ChiP-sequencing; CTCF: CCCTC-binding factor; DM: Differentially methylated; DMR: Differentially methylated region; eQTL: Expression quantitative trait locus; ES: Embryonic stem cell; EWAS: Epigenome-wide association study; FAIRE: Formaldehyde-assisted isolation of regulatory elements; GTEx project: Genotype-Tissue Expression project; GWAS: Genome-wide association study; hap-ASM: Haplotyp-dependent allele-specific DNA methylation; iHEC: International Human Epigenome Consortium; LCL: Lymphoblastoid cell line; LD: Linkage disequilibrium; MCC-seq: MethylC-Capture sequencing; mQTL: Methylation quantitative trait locus; MSNP: Methylation-sensitive SNP array; NHP: Non-human primate; PBL: Total peripheral blood; PWM: Position weight matrix; QTL: Quantitative trait locus; rSNP: regulatory SNP; SNP: Single nucleotide or simple nucleotide polymorphism; TAD: Topologically associating domain; TF: Transcription factor; TFBS: Transcription factor binding site; WGBS: Whole genome bisulfite sequencing.

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**Authors’ contributions**

CD participated in writing the manuscript and making the figures and tables, and generated relevant data for Table 3. AS participated in writing the manuscript and making the figures and tables. MS participated in writing the manuscript. BT participated in writing the manuscript. JG participated in writing the manuscript. JMG participated in writing the manuscript. BT participated in writing the manuscript, making the figures and tables, and obtaining funding. All authors read and approved the final manuscript.

**Competing interests**

None of the authors declares any competing interest.

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Page 21 of 22
