Resolving the age-related decline in central nervous system myelin turnover and drug discovery for oligodendroglial rejuvenation

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Myelin genes are amongst the most dysregulated genes in the aged brain: Just over half of the weight of an entire adult human brain is attributed to myelin, which wraps around neuronal axons and is essential for superfast axonal conduction and neuronal integrity. In the central nervous system, it is the function of specialized cells called oligodendrocytes (OLs) to make myelin, which is made up of lipids and proteins. OLs are generated throughout life by a significant population of oligodendrocyte progenitor cells (OPCs) that are responsible for the lifelong generation of OLs and myelin, essential for learning, as well as repair following pathological insults (i.e. in demyelinating diseases that include multiple sclerosis) (Simons and Nave, 2015; Philips and Rothstein, 2017). Changes in myelin content in the human brain over the lifespan of individuals have been well documented, as well as evidence of myelin loss in rodent models using classical histological approaches (Bartokoski et al., 2012; Soreq et al., 2017). During the normal course of aging, degenerative alterations in myelin (myelin thinning, formation of myelin balloons, loss of myelinated tracts) have been shown to precede overt neuronal loss and ultimately lead to negative clinical outcomes, which manifest as the dramatic decline in the speed and efficiency of neuronal networks [reviewed in Rivera et al. (2021b)]. However, a gap in our knowledge was the precise changes in OL and myelin genes at the transcriptome level, which can inform the genetic programs for targeting rejuvenation (Neumann et al., 2019; Rivera et al., 2021b).

In our recent study, we sought to address these issues by performing high-throughput transcriptomic profiling of global gene changes in the aged mouse cerebrum (Rivera et al., 2021b). In the first instance, the clearest cut genes belonged to those involved in myelination, which prompted further investigations to tease out the genetic programs in individual stages of OL lineage cells via a meta-analysis of publicly available datasets generated by the Barres lab (https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE52564). These experiments revealed that genes expressed by OPCs and the major OL myelin genes are dramatically altered in aging. These include, but are not limited to, Mag, Plp1, Cnp, and Ugt8a, along with lesser-known myelin-specific genes, for example, Clidn11 and Gsn. Notably, as well as the assembly and synthesis of myelin being markedly perturbed as the brain ages, there was a near loss of transcriptional networks implicated in OPC turnover and lineage progression. In the adult brain through to aging, a small (2–5%) cohort of cells in the brain are OPCs, enabling myelin remodeling, which is most efficient in younger mice (Figure 1A and B) (Rivera et al., 2021b). Our study identified the key oligodendroglial gene networks that are most disrupted in aging and presented new targets for promoting myelin repair, as discussed further below.

A key finding from our study was that the most downregulated gene during brain aging was the G-protein coupled Receptor 17 (Gpr17), which is expressed by a pool of late-stage OPCs that are committed to OL generation and are referred to as committed-OPCs (COPs). To pursue this further, we performed genetic fate-mapping of OPCs and COPs and their progeny in 3- versus 18-month-old mice, using Pdgfra::CreERT2 and Gpr17::CreERT2 transgenic mice (Rivera et al., 2021b). The results revealed a striking loss of COPs and their generation of OLs in aged brains, whilst the overall density of OPCs remained relatively unchanged. These findings highlighted that aging dramatically perturbs a specific subset of OPCs, namely COPs, which are the prerequisite stage for the generation of myelinating OLs (Figure 1B and C). Our unbiased approach of resolving the age-related transcriptional hallmarks in OL lineage cells enabled the identification of new ways to ‘reboot’ transcriptional networks in aged OPCs and revert them back to their younger counterparts to rejuvenate myelination in the aging brain. In addition, although the genes associated with neuron subclasses, astrocytes, and microglia were also dysregulated as described by others (Ximerakis et al., 2019), their age-related transcriptional changes were lesser compared to oligodendroglial genes which was the focus of our study.

Systems biology for correcting impaired transcriptional networks associated with aged OPCs: The decline in OL lineage progression during aging is now known to be attributed to dysregulated transcriptional networks caused by lack of trophic support in the brain (Azim et al., 2018; Ximerakis et al., 2019). This raised the hypothesis that perturbed transcriptional networks in aged OPCs could be targeted by systems biology approaches to identify therapeutic agents for promoting transcriptional networks associated with younger OPCs. One such interdisciplinary approach is based on the accumulation of genomics and chemical informatics data that have emerged as novel strategies for addressing pharmacologically disease-induced transcriptional alterations. For this, we adopted the Connectivity Map and Library of Integrated Network-based Cellular Signatures (Azim et al., 2017). This resource offers the potential...
Notably, our analyses also identified a number of other small molecules that target multiple signaling pathways predicted to rejuvenate OPC regenerative capacity, and combinatorial therapies will likely result in more efficient remyelination in the aged oligodendrocyte, sequential treatment with small molecules that first target transcriptional networks to increase the density of OPCs and COPS, then agents that specifically stimulate their differentiation downstream in the OL lineage, and finally target networks that promote myelination in newly formed OLs (Rivera et al., 2021b). Further studies are required to test these hypotheses and to determine how different treatment regimens affect the pro-myelinating actions of other cells (microglia, astrocytes, neurons).

Future perspectives: In summary, our latest findings highlight that oligodendroglial genes are amongst the most dysregulated during the aging of the brain and there is severe loss of these critical molecular features that are essential for the successful transition of OPCs into myelinating OLs. We propose that our systems biology approach provides an efficient and unbiased method for identifying key transcriptional networks that can be targeted to promote rejuvenation in the aged oligodendrocyte, since no single gene is a ‘silver bullet’ for controlling OPC numbers and differentiation, and it will not be possible to achieve regulation of scores of genes in clinical settings. A key aspect that requires attention in the field is the relative importance of OL heterogeneity and distinct central nervous system compartments in aging, in both health and disease states. Since demyelinating diseases such as multiple sclerosis affect multiple central nervous system regions, often commencing in the spinal cord and/or optic nerve, it will be important to determine whether strategies that work in the mouse cerebellum also promote repair in other regions and in human tissue, for example in the optic nerve and cerebellar tissue (Rivera et al., 2021c). Overall, our results demonstrate that massive deficits in OL lineage cells in natural aging that impact significantly on remyelination and repair, which is highly relevant to neuropathology, including multiple sclerosis and Alzheimer’s disease.

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