A Cohort Study Evaluating the Association Between Concurrent Mental Disorders, Mortality, Morbidity, and Continuous Treatment Retention for Patients in Opioid Agonist Treatment (OAT) Across Ontario, Canada Using Administrative Health Data

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Abstract

Background: Due to the high prevalence of mental disorders among people with opioid use disorder, the objective of this study was to determine the association between concurrent mental disorders, mortality, morbidity and continuous treatment retention in opioid agonist treatment in Ontario, Canada.

Methods: We conducted a retrospective cohort study of patients enrolled in opioid agonist treatment between January 1, 2011, and December 31, 2016. Patients were stratified into two groups: those diagnosed with concurrent mental disorders and opioid use disorder and those with opioid use disorder only, using data from the Ontario Health Insurance Plan Database, Ontario Drug Benefit Plan Database. The primary outcome studied was all-cause mortality using data from the Registered Persons Database. Emergency Department visits from the National Ambulatory Care Database, hospitalizations Discharge Abstract Database, and continuous retention in treatment, defined as one year of uninterrupted opioid agonist treatment using data from the Ontario Drug Benefit Plan Database, were measured as secondary outcomes. Encrypted patient identifiers were used to link across databases.

Results: We identified 55,924 individuals enrolled in opioid agonist treatment, 87% had a concurrent mental disorder diagnosis during this time period. We observed that having a mental disorder was predictive of all-cause mortality (Odds Ratio (OR) 1.4; 95% Confidence Interval (CI) 1.2-1.5), frequent emergency department visits (OR 3.69; 95% CI 3.7-4.1) and hospitalizations (OR 2.6; 95% CI 2.5-2.7). However it was not predictive for one-year treatment retention in OAT OR 1.0; 95% CI 0.9-1.1).

Conclusion: Our findings highlight consequences of the high prevalence of mental disorders for individuals with opioid use disorder in Ontario, Canada.

Introduction

The expanding opioid crisis in Canada is a complex issue that is exacerbated by factors such as increased exposure to prescription opioids (1), prevalence of untreated mental illness (2), social isolation (3), a health system that does not work across silos, as well as largely unregulated advertising practices by drug companies (4, 5). Research examining substance use and psychiatric
Comorbidities have reported that approximately 50% of people with opioid use disorder (OUD) receiving treatment have a lifetime psychiatric diagnosis (6-10). In comparison to southern and urban communities, communities in northern Ontario (11-15), Canada, including First Nations, rural, and remote communities, generally experience high poverty, have access to limited infrastructure and health resources, demonstrate high risk-taking behaviors, and have less control over their environment specific to weather and occupation. Such factors pose increased risk for mental disorders, substance use and suicide (16). Given the confluence of emergent factors and the ongoing nature of the relationships between these factors, it is likely that challenges with opioids will continue in Canada.

Opioid agonist treatment (OAT) is currently the intervention with the best evidence for long term treatment of OUD (17). However, retention in treatment continues to be a barrier for individuals with OUD. It is common for OAT patients to cycle through treatment and re-initiation of opioid consumption before they are stabilized in care, which can be dangerous because is changes opioid tolerance in patients leading to higher risk of mortality (19-24). Additionally, opioid-related deaths continue to be a critical issue in Ontario (25). For instance, approximately 4,000 Canadians died of opioid poisoning in 2017 (26). Moreover, there has been a surge in opioid-related hospitalizations and emergency department (ED) visits (27-29) increasing from an average of 9.42 per 100,000 population in 2003 to 19.55 per 100,000 population in 2015 (30).

According to the literature, mental disorders are prevalent among people with OUD (3, 7, 8). Despite the high prevalence of mental disorders among individuals with OUD, current literature on how mental disorders impact the treatment of OUD is conflicting (9, 10). In this study, we characterize the relationship between mental disorders and outcomes in patients with OUD across Ontario. Our secondary objective was to examine regional variation in OAT and related issues (28, 34, 35). We hypothesized that OAT patients with mental disorders had poorer outcomes compared to OAT patients with no mental disorders.

Methods

Study Design
A retrospective cohort study was conducted between January 1, 2011 and December 31, 2015. Every patient in the study was followed for one year. If patients started OAT at the end of 2015, they were followed until December 31, 2016. The first episode of OAT was used to identify patients, meaning that there was no previous history of OAT (including methadone or buprenorphine/naloxone) in the year prior to the first treatment episode. We chose to only include first-time OAT patients to eliminate bias associated with cases involving multiple treatment attempts. This study is reported in accordance with the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) guidelines (38).

Study Population

The study cohort was created with the Ontario Drug Benefit Plan (ODB) database using drug identification numbers (DIN) (see Appendix A); and with the Ontario Health Insurance Plan (OHIP) database using physician billing codes (see Appendix B). In previous published ICES studies (13, 23, 27), the ODB database was used as the primary source to identify OAT patients. However, in Ontario, residents are only eligible for ODB public drug coverage if they are aged 65 years or older, reside in a long-term care facility, are disabled, are receiving social benefits for income support, or have high prescription drug costs relative to their net household income. Since 2011, new billing codes have helped to clearly identify OAT services (28) in administrative databases. OHIP coverage is available to all permanent residents of Ontario. Therefore, in order to avoid excluding a subset of the population and risking selection bias, we used both ODB and OHIP databases to identify the primary patient cohort.

The study included patients over 15 years of age (n = 2,535 patients). Patients with over 20% of their methadone dose in tablet formulation over a one-year period were excluded due to the likelihood that methadone was being administered for chronic pain (n = 5,560 patients). Additionally, patients who were not eligible for OHIP (n = 437 patients), non-Ontario residents (n = 427 patients), as well as those with missing age, gender and postal codes (n = 0 patients) were excluded from the study. See
Data Sources

Individual-level data collected from Ontario publicly funded health services from ICES was accessed for the analysis. ICES is an independent research institute that collects and analyzes health care data for research. Patient information was linked anonymously across databases using encrypted 10-digit health card numbers. The linking protocol is used routinely for health system research in Ontario (41-43).

All diagnostic information from physician visits were determined using billing data from OHIP. ED visits were identified using the National Ambulatory Care Reporting System (NACRS). Hospital admissions were identified using the Discharge Abstract Database (DAD). We obtained patients’ location of residence and demographic information including all-cause mortality from the Ontario Registered Persons Database (RPDB) which contains unique data for each resident who has ever received insured health.

Patients with a diagnosis of one or more mental disorders

Diagnosis of one or more mental disorders was assumed for all patients who had at least one of the OHIP diagnosis listed in Appendix D. In the database used to identify diagnoses of mental disorders, substance dependence falls under one category, under one code (304). All patients in the cohort had that code based on their opioid dependence. Therefore, there was no way to detect those who also have dependence on cocaine, benzodiazepines or other substances. For this reason, we excluded substance use disorders from our mental disorder diagnosis definition.

Patients were assigned to only one of the following groups: those diagnosed with a mental disorder other than OUD and those not diagnosed with a mental disorder other than OUD. Mental disorders can
be chronic, re-occurring conditions therefore, we chose to define a wide time parameter to identify those with mental disorders from one-year prior to the time of their first OAT event to one-year after the date of their last OAT event (or the study end date) in order to accurately capture the condition.

Outcomes

The all-cause mortality variable was requested from ICES as a dichotomized variable. All-cause mortality included opioid-related and non-opioid related mortalities. At the time of the study, mortality specific data were not available for the entirety of our study period. Data from the RPDB database was used to calculate the number of days to death date from the study index date for each patient in the cohort to create the variable. If the patient had a mortality event anytime between their index date and the end of the study period (December 31, 2016), we assigned a code of 1 (all-cause mortality) or 0 (no all-cause mortality).

The DAD database was used to identify hospitalization. Hospitalizations were captured in three groups: opioid-related, mental health-related, and for reasons other than mental health or opioids using the primary diagnosis code that accompanied the hospitalization event in the DAD database. Hospitalizations were dichotomized and counted if a hospitalization discharge record appeared after a patient’s index date in a publicly funded Ontario hospital.

A subgroup analysis of one-year treatment retention was conducted using the ODB database (n = 25,800). One-year retention in OAT was assessed on the basis of doses dispensed (from ODB database) within 30 days of the previous dispensed dose. Thirty days was chosen based on the use of this interval in previously published research (19, 56, 57). The database used for medication dispensing in this study might not capture doses administered in hospital or provincial correctional settings. However, in Ontario, patients will typically continue to receive methadone or buprenorphine in these settings. Since most hospital admissions or provincial incarcerations are less than 30 days,
this approach allowed us to conduct the analysis without misinterpreting such events as treatment interruption.

**Baseline Covariates**

The covariates available for the study included age, sex, location of residence, income quintile, human immunodeficiency virus infection (HIV), deep tissue infection including endocarditis (OHIP diagnostic code 429), osteomyelitis (OHIP diagnostic code 730) and septic arthritis (OHIP diagnostic code 711).

**Statistical Analysis**

Descriptive statistics were calculated for exposure groups. Chi-square statistic was used to compare categorical variables and Wilcoxon rank-sum test to compare continuous variable between exposure groups. Logistic regression models were applied to test the association between mental disorders and all-cause mortality, ED visits, hospitalizations and, on the subgroup to study one-year treatment retention adjusting for patient covariates. Odds ratios (OR) and 95% confidence intervals (CI) were calculated for each OR. Results were considered statistically significant where \( p < 0.05 \). All statistical analyses was conducted from the secure server using SAS Version 9.4 (58). Data was reviewed by ICES to insure privacy standards were met.

**Results**

A total of 55,924 patients who were enrolled in OAT between 2011 and 2015 were identified. Of those, 48,679 (87.0 %) had one or more diagnoses of concurrent mental disorder. There were 534 records with missing information on income quintile and 3 records with missing information on location of residence. Missing income records were re-assigned to the lowest income group and those with missing information on location of residence were deleted.

**Prevalence of Mental Disorders**
Anxiety disorders, including obsessive compulsive disorder, and other anxiety-related disorders (60%), and mood disorders including bipolar and other depressive-related disorders (20%) were among the most prevalent in the cohort. Results are presented in Figure 2.

**Patient Characteristics**

Males represented a lower proportion of individuals in the mental disorders group (63.0%) compared to the group with no mental health disorder (77.0%, \( p < 0.001 \)). The proportion of individuals aged 15 to 34 in the mental disorders and no mental disorders groups was 51.1% and 60.4% respectively. The proportion of individuals with mental disorders was 87.9% in southern urban regions, 85.5%, in southern rural, 85.6% in northern urban and 79.0% in northern rural regions \( p < 0.001 \). There were significant differences between the two groups with regards to the proportion of patients with HIV (concurrent group = 0.8% and OUD only group = 0.3%, \( p < 0.001 \)) and deep tissue infections (concurrent group = 3.3%, and OUD only group = 1.3%, \( p < 0.001 \)). Retention in buprenorphine treatment was significantly different between groups (mean days engaged in buprenorphine treatment was 55.0, standard deviation (SD) = 167.8, and 34.8, SD = 121.8). Results are outlined in Table 1.

**Outcomes**

Having a diagnosis of one or more mental disorders was associated with all-cause mortality (adjusted OR (aOR) = 1.4; 95% confidence interval (CI) 1.2 to 1.5). Additionally, having a diagnosis of one or more mental disorders was also associated with frequent ED visits (aOR = 3.9; 95%CI 3.7 to 4.1) and hospitalizations (aOR = 2.6; 95%CI 2.5 to 2.7). However, having one or more mental disorders was not associated with one-year treatment retention in OAT (aOR = 1.0; 95%CI 0.9 to 1.1). Results are outlined in Table 3-5.

**Regional Differences**

The highest proportion of patients who died was in southern urban areas \( n = 2,039, 5.38\% \) and the
lowest in northern rural areas (n = 68, 3.04%, p < 0.001), whereas the highest proportion of patients with frequent ED visits was in northern rural areas (n = 1,880, 83.93%) and the lowest in southern urban areas (n = 29,137, 55.81%, p < 0.001). Similarly, the highest proportion of patients with hospitalizations was in northern rural areas (n = 1,917, 85.58%) and the lowest were in southern urban areas (n = 36,032, 71.72%, p< 0.001). The highest proportion of patients retained for one year was in southern rural areas (n = 347, 37.1%), followed by northern urban (n = 456, 36.5%), southern urban (n = 2,630, 35.1%) and lastly northern rural (n = 173, 29.1%, p < 0.001). Results are described in Figure 3.

Discussion
The study objective was to characterize the relationship between having a diagnosis of one or more mental disorders and a variety of health-related outcomes among patients with OUD across Ontario. In this cohort, having one or more mental disorders and OUD was associated with an increased likelihood of all-cause mortality and acute health care use. It was also noted that a higher proportion of patients were using acute health services more frequently in northern rural regions compared to southern urban areas.

The results of this study align with the current studies which demonstrate a high prevalence of mental disorders in the OUD population (7, 33, 59). However, in this study, 87% of the population had a mental disorder whereas the prevalence in the literature is approximately 50% (7, 33, 59). The high prevalence identified in our cohort may be due to the fact that we examined a broad range of disorders and that our time parameter including study time and follow-up was much longer than in other studies (6, 7). The study time period was also much more recent and may be more representative of the current issues in Canada relating to patients in OAT. Similar to other studies, we also found that mental disorders in the OAT population are associated with a more complex clinical course (7, 60-62).

In our study, having one or more mental disorders was associated with all-cause mortality when
compared to the group that was not diagnosed with mental disorders. This finding is congruent with a study by Saunders et al. suggesting that individuals with OUD who have psychiatric symptoms have higher rates of overdose, decreased quality of life and higher rates of continual substance use (66). It is important to note that the results indicate that individuals with mental health comorbidities are a complex group of patients; however, results should be interpreted with caution. It is possible that either the use of opioids is especially harmful for individuals with mental disorders or that the use of opioids might aggravate a pre-existing condition (67). For many, OUD is a lifelong illness associated with serious chronic health and social outcomes (48). Dichotomizing all-cause mortality allowed us to evaluate death associated with chronic mental disorders and OUD, and not necessarily as concurrent disorders leading to an event. We believe that future studies should be conducted to evaluate deaths as a function of length of time in treatment to further explore this issue.

Despite the differences in mortality and morbidity between exposure groups, in this study, having one or more mental disorders was not associated with one-year retention in OAT. Some authors report that mental disorders increase retention (60) and some have reported no effect (33). We believe that research exploring concepts of resilience and motivation would be critical to further explain this relationship. It is important to note that the cohort had lower one-year retention rates (approximately 40%) than cohorts represented in other studies (approximately 50%) (69, 70). The lower average retention rates may be attributed to the fact that we included buprenorphine/naloxone medication in our analysis. In this study, patients on buprenorphine/naloxone had much lower retention rates (mean of approximately 40 days retained on buprenorphine vs. mean of 350 days retained on methadone) see Table 1. Lower retention for patients receiving buprenorphine are also highlighted in other studies (71, 72).

We identified a trend where patients in the cohort residing in southern urban regions of Ontario had the highest prevalence of all-cause mortality. A cohort study by Gomes et al., on geographic variation in opioid prescribing and opioid-related mortality in Ontario (34) found that communities with some of
the highest rates of opioid-related death were in northern Ontario. One possible factor accounting for higher mortality rates in southern urban regions is the unprecedented increased fentanyl-related deaths in recent years which started in urban centers and is now making its way into smaller communities (73). Another possible explanation is that barriers to access OAT are higher in northern Ontario perhaps resulting in a larger number of deaths among individuals who were never enrolled in OAT (and thus not included in this study).

Although the results show lower prevalence of all-cause mortality in northern regions, there was a significantly higher proportion of morbidity measured by ED visits and hospitalizations in northern rural Ontario. The high acute care use may be attributed to the well-known limited availability of specialist addiction medicine and psychiatric services in northern rural regions of Ontario (35, 74).

Lastly, with regards to geographical variation, our results demonstrated that the proportion of patients retained for one-year of OAT treatment was highest for those living in southern rural areas. This is counter to the findings published by Eibl et al. (70) which demonstrated that patients living in northern rural areas were more likely to be retained for one year. Importantly, the time frame for our study is more recent than the earlier study by Eibl et al. and currently there is a wider availability of buprenorphine/naloxone. However, further study is needed on region-specific retention for individuals with concurrent mental disorders and OUD including analysis of changes over time and the impact of changing rates of methadone and buprenorphine/naloxone prescribing.

One of the potential issues inherent to any study of this type is that health administrative data were not collected for the purposes of doing research which may have led to misclassification of disease prevalence and clinical outcomes. For instance, we were not able to evaluate patients who may have a mental disorder or OUD who have not yet sought out services (75). We also only examined OHIP billed mental health services, which by default excluded the use of Ministry of Health-funded community mental health and addiction services, and federally funded health services, such as mental health and addiction services provided in First Nation communities, as well as any other
mental health and addiction services funded by provincial ministries other than the Ministry of Health. Moreover, since there is a well-known lack of physicians available to diagnose and treat patients in rural areas, we may have underestimated the prevalence of mental disorders and other diagnoses.

With relation to mental diagnoses, further stratification of diagnosis type would have been of interest, but was not possible as the numbers became too small to publish for the outcomes of interest. It is important to highlight the potential underestimation of the prevalence of post-traumatic stress disorder (PTSD) since it is known to be often misdiagnosed as another anxiety, depression or other related disorders (76-79). Details such as years of drug use, the amount or type of opioid used, the history of mental health services prior to one year before the first episode of OAT and the number of times patients were in and out of OAT after their first episode of OAT in this study remains unknown. Since this study is observational in nature, causality cannot be inferred. Additionally, there is a potential for associations to be significant by chance due to the large sample size.

There are also limitations associated with the way we measured the outcomes for this study. Some authors have stated that creating categories from continuous data can lead to loss of information (80). More specifically, there are limitations to using all-cause mortality as a dichotomized variable without censoring for time. For instance, for those patients where all-cause mortality occurred during the first year of OAT, the likelihood of one-year retention is reduced. However, the function of time is a modest bias since we observed an increase in ED visits and hospitalizations in the groups with the highest mortality. Additionally, the definition of frequent ED visits has not been validated. Previous studies have used definitions ranging from 2 to 20 ED visits per year to define frequent ED use (81, 82). In an effort to evaluate the sensitivity of the definition used in this thesis, we re-ran the data with different cut-offs (with a median of 13 visits and 14 visits. Our sensitivity analysis indicated that we chose a conservative cut-off since taking progressively higher cut-offs led to progressively higher odds ratio. See Appendix E for sensitivity analysis results. The results of this study which were found to be statistically significant must be interpreted critically within the context of the population of
interest to determine whether the results have a clinical or health system impact.

Conclusion
The outcomes of this study have important implications for those involved in health care planning and policy development because our data suggest that the prevalence of mental disorders in the OAT population is alarmingly high and that mental disorders are associated with serious consequences. Currently, the regulations and model of care for OAT in Ontario promotes access to services, but does not incentivize efforts towards coordination with other parts of the health care system including other addiction or mental health services. Results may be generalizable in regions where OAT programs and health care regulations are similar to those in Ontario. Further study is needed to determine the effectiveness of concurrent delivery of mental health, other substance use and OAT services.

Abbreviations

| Abbreviation | Description |
|--------------|-------------|
| OUD          | Opioid Use Disorder |
| OAT          | Opioid Agonist Treatment |
| ICES         | Formally known as the Institute for Clinical Evaluative Sciences |
| ODB          | Ontario Drug Benefit Plan |
| SAS          | Statistical Analytics Software |
| OHIP         | Ontario Health Insurance Plan |
| ED           | Emergency Department |
| CIHI         | Canadian Institute for Health Information |
| NACRS        | National Ambulatory Care Reporting System |
| DAD          | Discharge Abstract Database |
| RPDB         | Registered Persons Database |
| LHIN         | Local Health Integration Network |
| OR           | Odds Ratio |
| aOR          | Adjusted Odds Ratio |
| CI           | Confidence Interval |
ICD
  International Classification of Disease

PTSD
  Post-Traumatic Stress Disorder

HIV
  Human Immunodeficiency Virus

ODPRN
  Ontario Drug Policy Research Network

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Declarations

Ethics approval and consent to participate

This study was approved by the Research Ethics Board of Laurentian University in Sudbury, Ontario, Canada.

Consent for publication

This study only used administrative health data, there was no primary data collection, therefore consent for publication from individual patients did not apply.

Availability of data and material

The datasets used during the current study are not publicly available due privacy reasons but aggregated data are included in this published article and its supplementary information files

Competing interests

Dr. David Marsh maintains the following roles: Chief Medical Director at CATC (Canadian Addiction Treatment Center), opioid agonist therapy provider. Dr. Marsh has no ownership stake in the CATC as a stipendiary employee. We do not foresee any conflict of interest as data will be made freely available to the public and neither the CATC, nor the Universities, have the ability to prevent publication and dissemination of knowledge. The authors have no conflicts declared. This does not alter our adherence the Harm Reduction Journal’s policies on sharing data and materials

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Authors' contributions
KAM participated in the conceptualization, design, acquisition and analysis of data, writing, preparation and agreed to act as guarantor of the work of the article in question.

JKE participated in the conceptualization and design of this study. He also revised the article critically for important intellectual content and gave final approval of the version to be published.

GG played a role in data set up, and analysis of this study, revised the article critically for important intellectual content and gave final approval of the version to be published.

BR played a leadership role in planning and conceptualization of this study. He also has contributed to the interpretation of the data, revised the article critically for important intellectual content and gave final approval of the version to be published.

CM played a leadership role in planning and conceptualization of this study. He also has contributed to the interpretation of the data, revised the article critically for important intellectual content and gave final approval of the version to be published.

NEL played a leadership role planning and conceptualization of this study. She also has contributed to the interpretation of the data, revised the article critically for important intellectual content and gave final approval of the version to be published.

DCM has played a leadership role in overseeing the conceptualization, design, data collection and analysis of this study. He has also revised the article critically for important intellectual content and gave final approval of the version to be published.

All authors read and approved the final manuscript.
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Tables

Table 1: Patient Group Characteristics
| Variable | Concurrent Mental and Opioid Use Disorder | Opioid Use Disorder Only | p-value |
|----------|------------------------------------------|--------------------------|---------|
|          | N=48,679 (87.0) 7,245 (13.0) | 5592<sup>2</sup>          |         |
| **Age**  |                                          |                          |         |
| 15 to 24 | 8,727 (17.9) 1,514 (20.9) | <.0001                   |         |
| 25 to 34 | 16,148 (33.2) 2,859 (39.5) |                      |         |
| 35 to 44 | 10,712 (22.0) 1,383 (19.1) |                      |         |
| 45 to 54 | 8,812 (18.1) 989 (13.7) |                      |         |
| 55 to 64 | 3,348 (6.9) 338 (4.7) |                      |         |
| 65+      | 932 (1.9) 162 (2.2) |                      |         |
| **Sex**  |                                          |                          |         |
| Male     | 30,654 (63.0) 5,575 (77.0) | <.0001                   |         |
| Female   | 18,025 (37.0) 1,670 (23.1) |                      |         |
| **Geography** |                        |                          |         |
| Southern Urban | 37,887 (87.9) 5,209 (12.0) | <.0001                   |         |
| Northern Rural | 2,240 (79.0) 593 (21.0) |                      |         |
| Northern Urban | 4,533 (85.6) 761 (14.4) |                      |         |
| Southern Rural | 4,016 (85.5) 682 (14.5) |                      |         |
| **Income** |                        |                          |         |
| 5        | 5,532 (11.5) 734 (10.4) | 0.058<sup>2</sup>       |         |
| 4        | 7,014 (14.6) 1,078 (15.2) |                      |         |
| 3        | 8,690 (18.1) 1,282 (18.1) |                      |         |
| 2        | 10,886 (22.6) 1,613 (22.7) |                      |         |
| 1 (lowest) | 16,020 (33.3) 2,388 (33.7) |                      |         |
| **HIV positive** |                        |                          | <.0001 |
|            | 390 (0.8) 21 (0.3) |                      |         |
| **Deep tissue infection** |                        |                          | <.0001 |
|            | 1,584 (3.3) 92 (1.3) |                      |         |
| **All-cause mortality (ACM)** |                        |                          | <.0001 |
|            | 2,485 (5.1) 227 (3.1) |                      |         |
| **One year continuous OAT** |                        |                          | .051<sup>7</sup> |
|            | 8,757 (37.6) 903 (35.7) |                      |         |
| **Mean days buprenorphine (SD)** |                        |                          | <.0001 |
|            | 55.0 (167.8) 34.8 (121.8) |                      |         |
| **Mean days methadone (SD)** |                        |                          | <.042<sup>2</sup> |
|            | 356.8 (441.0) 344.6 (409.8) |                      |         |

*ODB subgroup analysis (n = 28,500)

Table 2: All-Cause Mortality, Acute Care Use and Treatment Retention in Patient Groups
| Patients, N | Outcome, N (%) | Unadjusted OR | Unadjusted 95%CI | Adj |
|------------|----------------|---------------|------------------|-----|
| **Primary Outcome: All-cause mortality** | | | | |
| MHdx       | 48,679         | 2,485 (5.1)   | 1.7              | 1.5-1.9 |
| (reference) | 7245           | 227 (3.1)     |                  |      |
| **Secondary Outcome: ED visits** | | | | |
| MHdx       | 48,679         | 24,643 (59.9) | 3.6              | 3.4-3.7 |
| (reference) | 7245           | 2142 (29.6)   |                  |      |
| **Secondary Outcome: Hospitalizations** | | | | |
| MHdx       | 48,679         | 38,034 (78.1) | 2.8              | 2.7-3.0 |
| (reference) | 7245           | 4,041 (55.8)  |                  |      |
| **Secondary Outcome: One-year treatment retention** | | | | |
| MHdx       | 23,268         | 8,758 (37.6)  | 1.1              | 0.9-1.2 |
| (reference) | 2,532          | 903 (35.7)    |                  |      |

*ODB subgroup analysis (n = 28,500)*

Figures
Figure 1
Flow Chart Outlining Data Build Including Linkages.

- Neurodevelopmental disorders
- Disruptive, Impulse-Control, and Conduct...
- Trauma and Stressor-Related Disorders
- Feeding and Eating Disorders
- Gender Dysphoria
- Anxiety Disorders Obsessive-Compulsive and...
- Personality and related disorders
- Mood disorders (bipolar and depressive related...)
- Schizophrenia Spectrum and Related Disorders

Proportion

0 10 20 30 40 50 60 70

Figure 2
Proportion of Diagnoses of Mental Disorders for Patients Enrolled in OAT
Figure 3
Proportion of Patients for Outcomes by Place of Residence

Supplementary Files
This is a list of supplementary files associated with this preprint. Click to download.

Appendix E.docx
Appendix B.docx
Appendix D.docx
Appendix A.docx
Appendix C.docx