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Examination of alkali-activated material nanostructure during thermal treatment

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ABSTRACT

The key nanostructural changes occurring in a series of alkali-activated materials (AAM) based on blends of slag and fly ash precursors during exposure to temperatures up to 1000 °C are investigated. The main reaction product in each AAM is a crosslinked sodium- and aluminium-substituted calcium silicate hydrate (C-(N)-A-S-H)-type gel. Increased alkali content promotes the formation of an additional sodium aluminosilicate hydrate (N-A-S-(H)) gel reaction product due to the structural limitations on Al substitution within the C-(N)-A-S-H gel. Heating each AAM to 1000 °C results in the crystallisation of the disordered gels and formation of sodalite, nepheline and wollastonite. Increased formation of N-A-S-(H) reduces binder structural water content after thermal treatment and correlates closely with previous observations of improved strength retention and reduced microcracking in these AAM after heating to 1000 °C. This provides new insight into thermally induced changes to gel atomic structure and thermal durability of C-(N)-A-S-H/N-A-S-H gel blends which are fundamental for the development of new fire-resistant construction materials.

Introduction

Alkali-activated materials (AAM) have shown extensive promise as sustainable alternatives to Portland cement (PC), exhibiting desirable technical and environmental characteristics for a large array of applications [1]. AAM have received particular attention from academia and industry due to observations of excellent thermal performance, retaining strength after exposure to the temperatures in excess of 1000 °C which commonly result from structural fires [2–7].

This contrasts with PC which is susceptible to severe loss of strength and/or spalling at high temperatures [8, 9], particularly for low-porosity, high-performance concretes. The superior thermal performance of AAM is generally attributed to the differences in the structure of these materials when compared to that of hydrated PC, which rapidly loses strength when exposed to temperatures above 300 °C due to loss of structural water from hydrate phases [7].

The main binding phase in an alkali-activated cement based on blast furnace slag is a calcium...
(alkali) aluminosilicate hydrate (C-(N)-A-S-H) gel with structural similarity to substituted tobermorite-group minerals, displaying crystallinity ranging from X-ray amorphous to poorly crystalline [10–12]. In contrast, the main binding phase in an alkali-activated cement based on fly ash is a gel with partially disordered structure containing low structural water [1]. The N-A-S-(H) gel is X-ray amorphous but has been shown to exhibit short-range ordering and to be comprised of nanocrystalline zeolites compacted by an amorphous gel phase [13].

Blended slag/fly ash-based AAM can exhibit advantages, in terms of the balance between reaction kinetics and durability, over those produced from sole precursors [14–16], but the coexistence of C-(N)-A-S-H and N-A-S-(H) gels results in complex thermodynamic and chemical interactions which dictate material properties and performance [17, 18]. Coexistence of these gels has been observed in alkali-activated cement based on blast furnace slag [11, 19] and blends of low-Ca and high-Ca precursors [18, 20–22]. The stability of this coexistence remains to some degree unclear [23–25], with the C-(N)-A-S-H gel framework observed to be the dominant gel in synthetic C-(N)-A-S-H/N-A-S-(H) gel blends [25].

The gel nanostructure of AAM plays an important role in thermal resistance. High-performance concrete based predominantly on hydrated PC exhibits dense binder structures and tortuous pore networks, and consequently experience explosive spalling at high temperatures due to the generation of high internal water vapour pressure [26, 27]. The pore network structure within AAM is dictated by gel nanostructure and has been shown to control internal water vapour pressure at elevated temperatures, with increased porosity and decreased tortuosity in the pore network providing improved resistance to fire spalling due to easier release of trapped water vapour and reduction in internal water vapour pressure [4–7, 28]. Increased alkali and Al content has been shown to improve strength retention and reduce microcracking in AAM exposed to temperatures in excess of 1000 °C [6]. Additional observations have suggested that the gel Si/Al ratio [5, 28–30] and particle size distribution [7] of the precursor material influence thermal performance of AAM systems; however, this influence is likely to be indirect as both of these parameters influence the degree of reaction, structural water content of the gel [17, 31] and pore network structure [32] of the binder.

Despite the extensive focus on the mechanical properties and microstructure of AAM exposed to high temperatures and demanding thermal environments (i.e. those with rapid changes in temperature), little attempt has been made to examine thermally induced changes to gel nanostructure and chemistry. These changes are of particular importance as they ultimately dictate the structural water content, pore network structure and consequently the thermal performance of these materials. Understanding nano- and atomic-scale phase and structural evolution during exposure to elevated temperatures is crucial for formulation and design of AAM optimised for high durability, strength and thermal performance. Here we investigate the composition–structure–property relationships in a series of AAM based on blends of slag and fly ash precursors by identifying the key nanostructural changes occurring during exposure to temperatures up to 1000 °C. This provides new insight into thermally induced changes to gel atomic structure and thermal durability of C-(N)-A-S-H/N-A-S-H gel blends.

**Experimental procedures**

**Alkali-activated cement synthesis**

Ground granulated blast furnace slag (GGBFS) and fly ash were purchased from Cement Australia; the chemical composition as determined by X-ray fluorescence (XRF) analysis is shown in Table 1. A commercial blend (‘Melbourne Ash’) of moderate-calcium fly ashes based on fly ashes from Gladstone and Callide power stations, Australia, was used.

Solid precursors were produced by blending the fly ash and slag precursors in a 4:1 ratio. Activating solutions were prepared by dissolution of solid sodium hydroxide (99.9% purity, analytical grade, Chem-Supply, Australia) in water followed by addition of sodium silicate solution (molar ratio SiO₂/Na₂O = 2, Grade D, PQ Australia). Six AAM samples (each with a different composition) were made by mixing the activating solutions with the solid precursors.

Compositions were chosen to exhibit chemistry within the quaternary CaO-Na₂O-Al₂O₃-SiO₂ system which are important for studying N-A-S-(H)/C-(N)-
A-S-H-type gel blends \cite{17, 18}. Previous work has shown that the alkali content (Na/Si ratio) of the reaction mixture dictates the amount of each gel formed in N-A-S-(H)/C-(N)-A-S-H-type gel blends \cite{33–37}. Alkali content was therefore varied in the samples used in the work presented here to examine how this affects thermally induced nanostructural changes. Nominal reaction mix compositions are shown in Fig. 1 and Table 2 (w/s = 0.35 for all samples). All samples were mixed with a Hobart mixer for 10 min and subsequently cast into moulds. Samples were then vibrated for 5 min using a vibrating table to compact the paste and release any entrained air and subsequently sealed and cured at ambient temperature (\(\sim 23^\circ\text{C}\)) for 14 days. This period was chosen to examine the thermally induced nanostructural changes of these samples during the early stages of curing.

Samples to be thermally treated were heated to 1000 \(^\circ\text{C}\) in an electric furnace at a rate of 6.6 \(^\circ\text{C}/\text{min}\), held at 1000 \(^\circ\text{C}\) for 1 h and then cooled to room temperature at a rate of 6.6 \(^\circ\text{C}/\text{min}\). This temperature was chosen to simulate air temperatures which occur in residential and commercial building fire scenarios (based on Australian Standard AS 1530.4 and American Standard ASTM E119) \cite{2}. Six 50-mm cubic samples which had been cured for 14 days were placed in the furnace with only the bottom surface contacted, with heat exposure to the other surfaces via air convection. A detailed microstructural and mechanical analysis of these samples has been discussed previously \cite{6}.

**Characterisation**

With the exception of scanning electron microscopy, the hardened binders were hand ground using a pestle and mortar, immersed in acetone for 15 min to remove loosely bound water (thereby halting the alkali-activation reaction without significantly altering the AAM gel structure \cite{39}), and subsequently filtered prior to storing in a sealed desiccator.

A Spectro 'Xepos' energy-dispersive x-ray fluorescence (XRF) spectrometer was used to obtain chemical composition data of the precursors. Samples fused with a 12:22 lithium tetraborate:metaborate flux in platinum crucibles at 1050 \(^\circ\text{C}\) for 15 min prior to analysis.

X-ray diffraction (XRD) data were obtained across a 2\(\theta\) range of 5\(^\circ\)–70\(^\circ\) using a Bruker D8 Advance instrument with Cu K\(\alpha\) radiation (1.54 \(\AA\)), a nickel filter, a step size of 0.020\(^\circ\), 1 s/step and rotating at 15 rpm. Diffracted background intensity at low angles was reduced using an anti-scatter blade, and an incident beam divergence of 1.0 mm and a 2.5\(^\circ\) Soller slit in the diffracted beam were used. Phase identification was performed using Diffrac.EVA V4.1 software with the ICDD PDF4+ 2015 database.

Scanning electron microscopy (SEM) was performed using a Hitachi TM 3030 instrument with a 15 kV accelerating voltage, a working distance of 8 mm and a backscatter detector. An evenl

| Table 1 Precursor chemical composition (wt\%) as determined by XRF |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
|                 | \(\text{Na}_2\text{O}\) | \(\text{MgO}\) | \(\text{Al}_2\text{O}_3\) | \(\text{SiO}_2\) | \(\text{P}_2\text{O}_5\) | \(\text{SO}_3\) | \(\text{K}_2\text{O}\) | \(\text{CaO}\) | \(\text{TiO}_2\) | \(\text{MnO}\) | \(\text{Fe}_2\text{O}_3\) | Total         |
| Fly Ash         | 0.81            | 1.27           | 25.13           | 42.09           | 1.10            | 0.41            | 0.41            | 13.56           | 1.44            | 0.18            | 13.16          | 100            |
| Slag            | 1.51            | 5.56           | 14.01           | 32.83           | 0.07            | 2.28            | 0.35            | 41.90           | 0.53            | 0.22            | 0.50           | 100            |

Figure 1 Projection of nominal alkali-activated material chemistry onto the ternary CaO–\(\text{Al}_2\text{O}_3\)–\(\text{SiO}_2\) system (neglecting \(\text{Na}_2\text{O}\) content) for samples A–F as marked. Na/Al ratios for each sample are indicated, and w/s = 0.35 for all samples. Approximate region for C-(N)-A-S-H determined from \cite{38}.
distributed selection of points across a representative 400 \( \mu m \times 400 \mu m \) section of the sample was analysed using a Bruker Quantax 70 X-ray energy-dispersive spectroscopy (EDX) detector to determine chemical compositions.

An Agilent VNMRS-600 spectrometer (\( B_0 = 14.1 \) T) and a 4.0-mm triple resonance bioMAS probe were used to obtain solid-state \( ^{29} \)Si, \( ^{27} \)Al, and \( ^{23} \)Na MAS NMR spectra (see Table 3 for experimental parameters). All data were processed using NMRPipe [40]. Gaussian peak profiles were used to deconvolute the \( ^{29} \)Si MAS NMR spectra [41]. The minimum number of peaks possible were fitted, and peak full width at half height was restricted to \( \leq 5 \) ppm for C-(N)-A-S-H gel products and \( \leq 6 \) ppm for N-A-S-(H) gel products. Peak intensities were required to be consistent with the structural constraints described by the ‘Cross-linked Substituted Tobermorite Model’ (CSTM) for C-(N)-A-S-H gel products [11], and the thermodynamics of a statistical distribution of Si and Al sites within a Q\(^4\) aluminosilicate network for N-A-S-(H) gel products [42]. Previous work utilising \( ^{28} \)Si and \( ^{27} \)Al MAS NMR and Fourier transform infrared spectroscopy has shown that these models best describe the environments in which Si and Al exist in C-(N)-A-S-H [10–12, 17] and N-A-S-(H) [31, 42–45] gels.

The contribution from unreacted precursor particles was accounted for by fitting a scaled component spectrum calculated from the spectra of the slag and fly ash precursors. The minimum number of peaks necessary were fitted to account for the intensity within the region where C-(N)-A-S-H Si sites are expected to resonate, subject to the structural constraints described by the CSTM [11]. The minimum number of peaks necessary were then fitted to account for the remaining intensity within the region where N-A-S-(H) Si sites are expected to resonate, subject to the structural constraints described the thermodynamics of a statistical distribution of Si and Al sites within a Q\(^4\) aluminosilicate network for N-A-S-(H) gel products [42].

| Nucleus | Field strength (T) | Transmitter frequency (MHz) | Pulse width (\( \mu s \)) and angle | Relaxation delay (s) | Scans | Spinning speed (kHz) | Reference (\( \delta_{iso}/ppm \)) |
|---------|-------------------|-----------------------------|-----------------------------------|---------------------|-------|---------------------|----------------------------------|
| \( ^{29} \)Si | 14.1 | 119.14 | 7.0 (\( \pi/2 \)) | 60 | 1024 | 10.0 | Si(CH\(_3\))\(_4\) (aq) |
| \( ^{27} \)Al | 14.1 | 156.27 | 4.0 (\( \pi/6 \)) | 1.5 | 1024 | 8.0 | AlCl\(_3\)\(\_6\)H\(_2\)O (s) |
| \( ^{23} \)Na | 14.1 | 158.64 | 5.0 (\( \pi/6 \)) | 3 | 512 | 10.0 | NaCl (s) |

Previous work utilising \( ^{28} \)Si and \( ^{27} \)Al MAS NMR and Fourier transform infrared spectroscopy has shown that these models best describe the environments in which Si and Al exist in C-(N)-A-S-H [10–12, 17] and N-A-S-(H) [31, 42–45] gels.
Al sites within a Q\textsuperscript{4} aluminosilicate network for N-A-S-(H) gel products [42].

Results and discussion

X-ray diffraction

X-ray diffraction data for the precursors, as-cured AAM and thermally treated (to 1000 °C) AAM are shown in Figs. 2, 3, and 4, respectively. Both the slag and fly ash precursors exhibit a dominant broad feature characteristic of their amorphous content. Crystalline phases identified in the fly ash are quartz (PDF # 00-001-0649), mullite (PDF # 00-015-0776), hematite (PDF # 00-033-0664), magnetite (PDF # 04-007-1060) and gypsum (PDF # 00-033-0311), while the slag also contains gypsum as a grinding aid, as well as an identifiable quantity of tricalcium silicate (identified as hatrurite, PDF # 04-011-1393) and tricalcium aluminate (PDF # 01-074-7039), likely to have been introduced as Portland cement contamination during blending, grinding and/or transport of the fly ash and slag. The other usual Portland cement clinker constituent dicalcium silicate is not observed but is likely to be present below the detection limit of the technique used here.

The appearance of a broad feature upon alkali activation of all samples indicates the formation of an amorphous reaction product and the position of this feature at approximately 29° 2θ is consistent with formation of an amorphous N-A-S-(H) phase (Fig. 3). A broad peak at approximately 29° 2θ (overlapping significantly with the broad feature due to N-A-S-(H)) indicates a phase with structural similarity to aluminium-containing tobermorite (PDF # 00-019-0052) and is assigned to a poorly crystalline C-(A)-S-H phase [17]. Reflections due to all crystalline phases identified in the precursors are also present in the diffractogram for each AAM (Fig. 3); quartz, mullite, and iron oxides are unreactive during alkali activation on the timescale investigated here [18, 47].

Figure 2 X-ray diffractograms of the blast furnace slag and fly ash precursors.

Figure 3 X-ray diffractograms of each AAM sample cured for 14 days.
After thermal treatment, the diffractograms of each AAM show no evidence of the broad feature that was centred at approximately 29° 2θ in the unheated materials, and high-intensity reflections attributed to crystalline phases present in the precursors are observed, suggesting devitrification of unreacted fly ash particles and partial crystallisation of disordered gel reaction products [48]. Reflections attributed to sodalite (Na₈[Al₆Si₆O₂₄]Cl₂, PDF # 01-087-0296) and nepheline (NaAl(SiO₄), PDF # 01-083-2372) are observed in the diffractogram of each thermally treated AAM. Formation of nepheline from hydroxysodalite has been previously observed between 600 and 800 °C in sodium silicate-activated metakaolin [48] and between 800 and 1000 °C in sodium silicate-activated fly ash [49]; formation of hydroxysodalite has been observed in silicate-activated fly ash cured at 40 °C [50], and this phase dehydrates between 400 and 630 °C [51]. It follows that the formation of both sodalite and nepheline in the samples here is likely to occur via successive dehydration of hydrosodalite and hydroxysodalite. Reflections attributed to wollastonite (CaSiO₃, monoclinic polymorph, PDF # 04-010-2581) are present in XRD data for all thermally treated AAM, indicating the formation of this phase due to either decomposition of C-(A)-S-H at approximately 810 °C [52–54] or devitrification of unreacted slag particles. Small traces of gehlenite (Ca₂Al(AlSiO₇), PDF # 04-014-4683) are also observed in each AAM.

**Scanning electron microscopy/energy-dispersive X-ray spectroscopy**

The elemental composition of each sample as determined by SEM–EDX is reported in Fig. 5. The elemental composition of each sample is comparable with that of alkali-activated slag and slag/fly ash blends [18, 21, 38] and exhibits a cluster of points within compositional regions associated with both C-(N)-A-S-H gels containing varying Ca content and N-A-S-(H) gels. This indicates that the main reaction product in all samples is an intimate mixture of both C-(N)-A-S-H and N-A-S-(H) gels. Some data points also exhibit compositions of the precursors, suggesting remnant unreacted precursor particles are also present.

Increased Si content and increased Na content within the AAM reaction mixture results in increased formation of low-Ca C-(N)-A-S-H and N-A-S-(H) gels; this occurs when either Si or Na content is increased while the other is held constant, and when both Si and Na content are increased at the same time. These trends are consistent with thermodynamic predictions [11, 55]; formation of a low-Ca
C-(N)-A-S-H gel will occur to the maximum Al and Na incorporation that is thermodynamically stable, with excess alkali and freely available Si and Al driving formation of N-A-S-(H) gel (observed explicitly by $^{29}$Si MAS NMR below).
Figure 5 shows that the elemental composition of each sample generally lies within a compositional region which suggests the formation of a moderate-Ca C-(N)-A-S-H gel reaction product. However, due to the intimate mixtures of C-(N)-A-S-H and N-A-S-(H) gels observed previously in alkali-activated slag/fly ash blends [18, 21, 38] and synthetic analogues [17], it is possible that the elemental composition of each data point represents the bulk composition of a mixture of high-Ca and low-Ca C-(N)-A-S-H, or of high-Ca and N-A-(S)-H, if these phases are mixed on a scale smaller than the depth of X-ray generation for the accelerating voltage used (15 kV) [56]. It is clear that the SEM–EDX analysis cannot resolve the individual C-(N)-A-S-H and N-A-S-(H) gels. Consequently, solid-state NMR spectroscopy has been used, with the results discussed in detail below.

**Solid-state magic angle spinning nuclear magnetic resonance spectroscopy**

**Precursors**

$^{27}$Al, $^{29}$Si and $^{23}$Na MAS NMR spectra of the slag and fly ash precursors are shown in Fig. 6. $^{27}$Al MAS NMR spectra of slag exhibits a broad tetrahedral AlO$_4$ resonance centred at approximately $\delta_{\text{obs}} = 63$ ppm consistent with the broad amorphous feature identified by XRD, similar to previous $^{27}$Al MAS NMR observations [18, 55, 59] and indicating extensive disorder and heterogeneity in the local structure and shielding experienced by Al in slag. A low-

![Image of Al MAS (8 kHz) NMR spectra, Si MAS (10 kHz) NMR spectra and Na MAS (10 kHz) NMR spectra of fly ash and slag precursors.](image-url)
intensity shoulder appears on this resonance at approximately 40 ppm, while two low-intensity octahedral \( \text{AlO}_6 \) resonances are observed at \( \delta_{\text{obs}} = -2 \) ppm (broad) and 9 ppm (narrow). These resonances have previously been observed in slag but not attributed to a specific environment \([18, 55, 59, 60]\). The \( ^{29}\text{Si} \) MAS NMR spectra of slag exhibit a single broad resonance centred at \( \delta_{\text{iso}} = -86 \) ppm due to a distribution of \( Q^m(m\text{Al}) \) environments dominated by species with lower polymerisation or higher Al substitution consistent with previous observations \([18, 59]\). The \( ^{23}\text{Na} \) MAS NMR spectrum for slag exhibits a single broad resonance centred at \( \delta_{\text{obs}} = -12 \) ppm. The extensive shielding of \( ^{23}\text{Na} \) in the slag investigated here indicates its incorporation within the slag glass within a phase which exhibits greater electron density than if Na were phase separated.

The \( ^{27}\text{Al} \) MAS NMR spectrum of the fly ash also exhibits a broad tetrahedral \( \text{AlO}_4 \) resonance centred at \( \delta_{\text{obs}} = 67 \) ppm (with a low-intensity shoulder at 44 ppm) attributed to Al substituted in silicate glasses \([61]\), as well as a high-intensity octahedral \( \text{AlO}_6 \) resonance at \( \delta_{\text{obs}} = 0 \) ppm attributed to Al in disordered mullite-like phases \([62]\). The \( ^{29}\text{Si} \) MAS NMR spectrum of the fly ash exhibits a broad resonance centred at approximately \( \delta_{\text{iso}} = -112 \) ppm and attributed to a distribution of \( Q^4(m\text{Al}) \) sites within the amorphous component (consistent with the broad feature identified for this sample by XRD). Si sites within mullite in fly ash (identified by XRD) also resonate at \( \delta_{\text{iso}} = -87 \) ppm and \( -106 \) ppm \([62]\), while those in quartz contribute to the spectrum at approximately \( \delta_{\text{iso}} = -112 \) ppm \([63, 64]\). \( ^{23}\text{Na} \) MAS NMR data could not be obtained for fly ash due to the low sodium content (0.81 wt% \( \text{Na}_2\text{O} \)) and severe signal dampening caused by the high content of paramagnetic \( \text{Fe}_2\text{O}_3 \) species (13.16 wt%).

**Alkali-activated materials**

**\( ^{27}\text{Al} \) MAS NMR of as-cured alkali-activated materials** A broad resonance centred at \( \delta_{\text{obs}} = 65 \) ppm is observed in the \( ^{27}\text{Al} \) MAS NMR spectra of each AAM (Fig. 7) and is assigned to Al in significantly distorted tetrahedral environments within poorly crystalline C-(N)-A-S-H and amorphous N-A-S-(H) gel products \([18, 65, 66]\) as well as unreacted slag and fly ash. Two distinct octahedral Al environments are indicated by broad overlapping resonances at approximately \( \delta_{\text{obs}} = 14 \) and 0 ppm in all AAM samples. The resonance at 0 ppm is attributed to octahedral Al within disordered mullite-like phases in remnant fly ash particles, while that at 14 ppm is likely to be due to contributions from Al\(^{VI}\) sites within remnant slag particles. Small variations in the shielding of both tetrahedral and octahedral resonances are observed between samples as a consequence of structural differences due to variations in composition and crystallinity.

**\( ^{27}\text{Al} \) MAS NMR of thermally treated alkali-activated materials** \( ^{27}\text{Al} \) MAS NMR spectra of each thermally treated AAM (Fig. 7) are similar to those of samples prior to heating, with the broad tetrahedral Al resonance (now centred at \( \delta_{\text{obs}} = -59 \) ppm) sharpening and increasing in intensity. This is attributed to contributions from resonances of tetrahedral Al within
sodalite and nepheline [67]. The two distinct octahedral Al resonances present in the $^{27}$Al MAS NMR of samples prior to heating can no longer be observed, replaced by a single broad octahedral resonance of lower intensity at approximately $\delta_{\text{obs}} = 8$ ppm. The lineshape of this resonance suggests it could contain contributions from both octahedral Al resonances observed in the $^{27}$Al MAS NMR of samples prior to heating, while the sharpening of these resonances is consistent with partial crystallisation of the amorphous material in the AAM observed by XRD. No significant variation in the spectra is observed between samples indicating strong structural similarity in Al-containing sites.

$^{29}$Si MAS NMR of as-cured alkali-activated materials The $^{29}$Si MAS NMR spectra for each AAM before and after heat treatment are shown in Fig. 8. A broad resonance at approximately $\delta_{\text{iso}} = -83$ ppm is observed in the spectra of all samples. Chemical shifts of $Q^m(m\text{Al})$ species in these samples are expected to overlap significantly due to shielding by network modifying cations [68, 69] and the presence of Al(VI) species [70].

Spectral deconvolutions (Fig. 9) are summarised in Table 4. $^{29}$Si MAS NMR spectra were deconvoluted by fitting the minimum number of Gaussian peaks to provide an accurate and meaningful interpretation of the spectra and maintain consistency with structural constraints for a C-(N)-(A)-S-H gel described by the ‘Crosslinked Substituted Tobermorite Model’ (CSTM) [11] and a statistical distribution of Si and Al sites within a $Q^4$ aluminosilicate network [18, 42]. Peak positions and widths were held constant throughout all spectral deconvolutions except where noted. Component peaks attributed to remnant precursor particles were rescaled by a single factor, i.e. congruent dissolution of the precursors was assumed in all cases.

Upon alkali-activation six new Si environments are observed in each sample, indicated by resonances at approximately $\delta_{\text{iso}} = -63.0, -72.0, -79.4, -84.3, -90.0$ and $-95.0$ ppm, attributed to $Q^0, Q^1, Q^2(1\text{Al}), Q^3, Q^4(1\text{Al})$, and $Q^3$, respectively. These resonances are attributed to Si environments within a crosslinked C-(N)-A-S-H gel [11, 12, 18, 60]. The peak at $-90$ ppm is assigned to both $Q^2(1\text{Al})$ and $Q^4(4\text{Al})$ sites as both environments exhibit overlapping resonances within this region [71]. $Q^3$ and $Q^4(3\text{Al})$ also exhibit overlapping resonances, however, in order to maintain consistency with the structural constraints for a mixed crosslinked/non-crosslinked C-(N)-(A)-S-H gel described by the CSTM a separate peak for $Q^4(3\text{Al})$ at $-93$ ppm must be fitted to account for the additional intensity above what is provided by the $Q^3$ resonance at $-95$ ppm. Consequently, the formation of $Q^4(4\text{Al})$ and $Q^4(3\text{Al})$ sites is also observed upon alkali activation of all samples and attributed to a polymerised Al-rich aluminosilicate phase. This provides explicit evidence of formation of an additional N-A-S-(H) phase within these blended systems.

| Sample | Normalised reaction product site percentages |
|--------|--------------------------------------------|
|        | A  | B  | C  | D  | E  | F  |
| $Q^0$  | 1  | 8  | 1  | 1  | 4  | 1  |
| $Q^1$  | 17 | 12 | 1  | 8  | 7  | 1  |
| $Q^2(1\text{Al})$ | 17 | 14 | 10 | 12 | 14 | 11 |
| $Q^2$  | 30 | 28 | 41 | 39 | 39 | 39 |
| $Q^3(1\text{Al})$ | 2  | 2  | 3  | 8  | 5  | 2  |
| $Q^3$  | 5  | 4  | 2  | 5  | 6  | 0  |
| Total C-(N)-A-S-H gel products | 70 | 69 | 57 | 74 | 55 |
| $Q^4(4\text{Al})$ | 3  | 3  | 8  | 3  | 2  | 12 |
| $Q^4(3\text{Al})$ | 4  | 3  | 9  | 3  | 3  | 13 |
| $Q^4(2\text{Al})$ | 2  | 2  | 3  | 3  | 1  | 2  |
| $Q^4(1\text{Al})$ | 7  | 6  | 10 | 8  | 8  | 12 |
| $Q^4(0\text{Al})$ | 12 | 17 | 13 | 10 | 10 | 7  |
| Total N-A-S-(H) gel products | 30 | 31 | 43 | 26 | 25 | 45 |

The uncertainty was estimated from the noise in each spectrum. The estimated uncertainty in absolute site percentages is $\pm 2\%$
Quantification of the intensity of each individual Si site can be used to determine the relative amount of each gel present in each sample, providing insight into the mechanisms which dictate thermally induced nanostructural changes. Quantification of the intensity of the $Q^4(4\text{Al})$ site ($I_{Q^4(4\text{Al})}$) can be performed by assuming $Q^4(3\text{Al})$ sites are present in an additional Al-rich phase separate from the C-(N)-(A)-S-H gel and using Eq. (1), where $I_{Q^4(3\text{Al})}$ is the intensity of the $Q^4(3\text{Al})$ resonance determined from deconvolution of the $29\text{Si MAS NMR}$ data, and Si/Al is the Si/Al ratio for the additional $Q^4(3\text{Al})$ phase, which is assumed to be 1.2, consistent with the composition of N-A-S-(H) gels in alkali-activated metakaolin [72], statistical thermodynamic model predictions [42] and a generalised structural description of the additional N-A-S-(H) gel reaction product formed in alkali-activated slag containing biphasic C-(N)-A-S-H/N-A-S-(H) gel blends from $28\text{Si}$ and $27\text{Al MAS NMR}$ data [11]. Formation of four new Si environments indicated by peaks at approximately $\delta_{\text{iso}} = -90.0$, $-93.0$, $-97.0$, $-100.0$ and $-107.0$ ppm, attributed to $Q^4(4\text{Al})$, $Q^4(3\text{Al})$, $Q^4(2\text{Al})$, $Q^4(1\text{Al})$ and $Q^4(0\text{Al})$, respectively, within a N-A-S-(H) gel are observed. Tricalcium silicate exhibits a $29\text{Si MAS NMR}$ resonance with maximum intensity at approximately $\delta_{\text{iso}} = -73$ ppm [73, 74] and will consequently contribute to the $29\text{Si MAS NMR}$ resonance assigned to $Q^1$ species in the as-cured alkali-activated materials.

$$I_{Q^4(4\text{Al})} = I_{Q^4(3\text{Al})} \left[ \frac{2}{1 - (\text{Si/Al})} \right]$$

(1)

$29\text{Si MAS NMR}$ of thermally treated alkali-activated materials Heating each AAM sample to 1000 °C results in the formation of a broad, high-intensity resonance with a maximum at approximately $\delta_{\text{iso}} = -88$ ppm as well as a low-intensity resonance at approximately $\delta_{\text{iso}} = -73$ ppm. Spectral deconvolution was not possible for the $29\text{Si MAS NMR}$ spectra of the thermally treated AAM due to the formation of multiple crystalline phases during thermal treatment and the consequent absence of suitable constraints on the deconvolution. Despite this, important insights may be obtained from the resonances in these spectra.

The broad resonance at $-88$ ppm contains contributions from resonances at approximately $\delta_{\text{iso}} = -85$, $-92$, $-102$ and $-100$ ppm (indicated by distinct shoulders on the main $29\text{Si MAS NMR}$ resonance). This broad resonance results from contributions from crystalline phases identified by XRD. Nepheline

![Figure 10](image_url) $29\text{Si MAS (10 kHz) NMR}$ spectra showing the spectral region from 100 to $-300$ ppm of a each AAM sample cured for 14 days and b each AAM cured for 14 days and heated to 1000 °C. Spinning side bands are indicated by *. 

![Figure 11](image_url) $23\text{Na MAS (10 kHz) NMR}$ spectra of a each AAM sample cured for 14 days and b each AAM cured for 14 days and heated to 1000 °C.
comprises two distinct $Q^4(4\text{Al})$ sites (resonating at $\delta_{\text{iso}} = -85$ and $-88 \text{ ppm}$, respectively), one $Q^4(3\text{Al})$ site resonating at $\delta_{\text{iso}} = -92 \text{ ppm}$ and one $Q^4(0\text{Al})$ resonating at $\delta_{\text{iso}} = -102 \text{ ppm}$ [75, 76]. Sodalite exhibits a single $^{29}\text{Si}$ MAS NMR resonance at $\delta_{\text{iso}} = -85 \text{ ppm}$ corresponding to a $Q^4(4\text{Al})$ site [77], while tricalcium silicate exhibits a single $^{29}\text{Si}$ MAS NMR resonance with maximum intensity at approximately $\delta_{\text{iso}} = -73 \text{ ppm}$ [73, 74] and is responsible for the resonance at this position in the $^{29}\text{Si}$ MAS NMR spectra of the thermally treated alkali-activated materials. Si sites within wollastonite are expected to resonate at approximately $\delta_{\text{iso}} = -87.8, -89.0$ and $-89.5 \text{ ppm}$, and will contribute to the $^{29}\text{Si}$ MAS NMR spectra at these positions [78].

As discussed above, Si sites within mullite in remnant fly ash particles (identified by XRD) are expected to resonate at $\delta_{\text{iso}} = -87$ and $-106 \text{ ppm}$ [62], while those in quartz are expected to contribute to the spectrum at approximately $\delta_{\text{iso}} = -112 \text{ ppm}$ [63, 64]. Strong reflections attributed to these phases are identified in XRD data for these samples; these phases are deemed responsible for the resonances in this region of each spectrum.

Transferral of the $^{29}\text{Si}$ MAS NMR signal to spinning sidebands, dampening and broadening of the central resonance occurs to a much greater extent in the spectra of AAM samples prior to heating than those heated to 1000 °C (Fig. 10). This suggests oxidation of paramagnetic Fe(III) in $\text{Fe}_2\text{O}_3$ (identified as hematite in XRD data for AAM samples prior to heating) to ferrimagnetic Fe(II, III) in $\text{Fe}_2\text{O}_4$ (identified as magnetite in XRD data for AAM samples heated to 1000 °C), with the reduction in paramagnetic ions reducing transferral of the signal from the central resonance to spinning sidebands. Beyond this change in oxidation state, however, Fe does not appear to influence the thermal performance of these materials, despite the reasonably high amount of Fe in these materials ($\sim 8 \text{ wt }%$ in the binder).

Previous work has shown increased alkali content and lower Si/Al ratio results in enhanced strength retention after thermal treatment in the alkali-activated slag/fly ash blends investigated here (i.e. samples of the same composition) [6]. Samples with increased alkali content in the present study exhibited higher amounts of the additional N-A-S-(H) reaction product, due to the structural limitations on Al substitution within C-(N)-A-S-H gels (which can only incorporate Al within bridging tetrahedral sites) [11] and absence of Ca-rich AFm phases [17]. These samples will consequently contain lower amounts of bound structural water, experience reduced water loss and reduced internal water vapour pressure at high temperatures compared to those with lower formation of N-A-S-(H) [8, 9]. These nanostructural features will result in reduced stresses within the AAM at high temperatures and explain the enhanced thermal performance observed for samples exhibiting higher N-A-S-(H) gel formation.

$^{23}\text{Na}$ MAS NMR

The $^{23}\text{Na}$ MAS NMR spectra for each AAM exhibit a single broad resonance centred at approximately $\delta_{\text{obs}} = -3 \text{ ppm}$ (Fig. 11) attributed to Na$^+$ cations associated with aluminium-centred tetrahedra, playing a charge-balancing role within the C-(N)-A-S-H [66, 79] and N-A-S-(H) gel frameworks [31, 80]. Little variation in Na sites is observed between samples, and the broad nature of the resonance spanning from 20 to $-20 \text{ ppm}$ indicates an extensive disorder in Na sites within the AAM. $^{23}\text{Na}$ MAS NMR spectra for each AAM heated to 1000 °C display a single broad resonance centred at approximately $\delta_{\text{obs}} = -16 \text{ ppm}$ and attributed to Na sorbed to the surfaces of the nanostructured gels [17] as a consequence of gel dehydration during heating. This resonance also exhibits a low-intensity shoulder at approximately $\delta_{\text{obs}} = -27 \text{ ppm}$ that is most pronounced at higher Na content (Na/Al $\geq 1$). This broad resonance contains contributions from nepheline at between $\delta_{\text{obs}} = -4$ and $-28 \text{ ppm}$, centred at approximately $\delta_{\text{obs}} = -15 \text{ ppm}$ (9.4 T) [81] (the formation of which is expected to be promoted by higher bulk Na content), as well as from sodalite at approximately $\delta_{\text{obs}} = -11 \text{ ppm}$ [77, 82].

Conclusions

The key nanostructural changes occurring in a series of AAM based on blends of slag and fly ash precursors during exposure to temperatures up to 1000 °C were investigated by application of X-ray diffraction (XRD), scanning electron microscopy (SEM) coupled with X-ray energy-dispersive spectroscopy (EDX) and multinuclear solid-state nuclear magnetic resonance (NMR) spectroscopy probing $^{29}\text{Si}$, $^{27}\text{Al}$, $^{23}\text{Na}$ nuclei. Each AAM comprised primarily of a
disordered C-(N)-A-S-H-type gel, with at least some degree of crosslinking, as well as a disordered N-A-S-(H)-type gel. After heating to 1000 °C each AAM experienced devitrification of these disordered gels and formation of sodalite, nepheline and wollastonite. Samples with increased alkali content exhibit higher formation of an additional N-A-S-(H) reaction product due to the structural limitations on Al substitution within the C-(N)-A-S-H gel and absence of Ca-rich AFm phases [17]. These samples will consequently contain lower amounts of bound structural water, experience reduced water loss and reduced internal water vapour pressure at high temperatures. These nanostructural features will result in reduced stresses within the AAM at high temperatures and explain the enhanced strength after thermal treatment observed for these materials previously. This provides insight into thermally induced changes to gel atomic structure of C-(N)-A-S/H/N-A-S-(H) gel blends which are fundamental for the development of fire-resistant construction materials.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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