A Chandra X-ray survey of nearby dwarf starburst galaxies: II. Starburst properties and outflows

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ABSTRACT

We present a comprehensive comparison of the X-ray properties of a sample of eight dwarf starburst galaxies observed with Chandra (I Zw 18, VII Zw 403, NGC 1569, NGC 3077, NGC 4214, NGC 4449, NGC 5253, He 2-10). In Paper I we presented in detail the data reduction and analysis of the individual galaxies. For the unresolved X-ray sources we find the following: point sources are in general located close to bright HII regions, rims of superbubbles, or young stellar clusters. The number of X-ray point sources appears to be a function of the current star formation rate and the blue luminosity of the hosts. Ultraluminous X-ray sources are only found in those dwarf galaxies which are currently interacting. The power law index of the combined cumulative X-ray point source luminosity function is $\alpha = 0.24 \pm 0.06$, shallower than that of more massive starburst galaxies ($\alpha = 0.4 - 0.8$) and of non-starburst galaxies ($\alpha \sim 1.2$). For those galaxies showing extended X-ray emission (6 out of the 8 galaxies), we derive the following: Superwinds develop along the steepest gradient of the H I distribution with volume densities of $0.02 - 0.06$ cm$^{-3}$, pressures of $1 - 3 \times 10^5$ K cm$^{-3}$, thermal energies of $2 - 30 \times 10^{54}$ erg, and hot gas masses of $2 - 20 \times 10^6$ M$_\odot$ ($\sim$ 1 per cent of the H I masses. On global scales, the distribution of the X-ray emission looks remarkably similar to that seen in Hα (comparing azimuthal averages); locally however their distribution is clearly distinct in many cases – this can be explained by the different emission mechanisms (forward vs. reverse shocks). Mass-loading of order 1 to 5 is required to explain the differences between the amount of hot gas and the modelled mass-loss from massive stars. The metallicity of the dwarf galaxies correlates with the diffuse X-ray luminosity and anti-correlates with the cooling time of the hot gas. The diffuse X-ray luminosity is also a function of the current star formation rate. The mechanical luminosities of the developing superwinds are energetic enough to overcome the gravitational potentials of their host galaxies. This scenario is supported by the overpressures of the hot gas compared to the ambient ISM. Extended H I envelopes such as tidal tails, however, may delay outflows on timescales exceeding those of the cooling time of the hot gas.

Key words: ISM: jets and outflows – galaxies: dwarf – galaxies: individual I Zw 18, VII Zw 403, NGC 1569, NGC 3077, NGC 4214, NGC 4449, NGC 5253, He 2-10 – galaxies: starburst – X-rays: ISM – X-rays: galaxies

1 INTRODUCTION

Starburst phases in galaxies dump a huge amount of mechanical and thermal energy into the interstellar medium (ISM) of their hosts via stellar winds and supernovae (SNe; see, e.g., the models of Leitherer et al. 1999). The mechanical energy which is deposited creates shocks in the ambi-
ent medium: a forward shock ionises the ISM to temperatures of \( \sim 10^4 - 5 \) K and is visible as diffuse emission in H\alpha and other optical spectral lines. A reverse shock thermalises the stellar ejecta to temperatures of \( \sim 10^6 - 8 \) K which gives rise to X-rays (e.g., Castor, Weaver & McCray 1977; Weaver et al. 1977; Heckman 2002; Strickland et al. 2002). This coronal gas is characterised by high pressures which are capable of pushing material to the halo. If the gravitational potential is shallow and the cooler gas in the halo is not very extended, the material is able to ultimately overcome the host’s gravitational potential and the hydrodynamical drag of the surrounding gas. Eventually, the hot gas escapes into the intergalactic medium (Mac Low & Ferrara 1996; Ferrara & Tolstov 2001; Silich & Tenorio-Tagle 2001). To first order, the end products of massive star formation (SF) are oblivious to their environment and release the same amount of energy whether SF has taken place in a spiral or in a dwarf galaxy. Dwarf galaxies, however, have a much shallower gravitational potential and outflows can be established more easily. As metals are produced in high mass stars, the hot gas carries freshly produced heavy elements with it and distributes them over the entire galaxy and/or the IGM (e.g., Silich et al. 2001). In particular, the energy input is mainly provided by type II SNe, which predominantly release \( \alpha \) elements. Iron is efficiently produced in type Ia SNe but they occur with a substantial time delay (see, e.g., Matteucci & Recchi 2001). For this reason, the \( \alpha/Fe \) ratio in the outflow is predicted to be higher than solar.

This picture has three important implications. First of all, it could explain why dwarf galaxies have a much lower metallicity (\( Z \sim 1/10 \) solar, see, e.g., Skillman, Kennicutt & Hodge 1989) as compared to larger spirals (\( Z \approx \) solar). Secondly, if a starburst is strong enough, it can blow away all of its ISM. In that case, the galaxy is not able to further form stars and eventually fades. Thirdly, the gas which is expelled to the intergalactic medium (IGM) pollutes it with heavy elements. This might have been especially important at large look-back times. In cold dark matter cosmologies spiral galaxies form by mergers of smaller constituents. Dwarf galaxies formed relatively early and may have quickly polluted the IGM by galactic superwinds before larger systems got assembled. Due to the larger number of small systems and a higher merging rate which triggers SF, the removal of metal-enriched gas in dwarf galaxies by the energetic input of SNe and stellar winds may have been more common in the past and may have influenced the formation and evolution of galaxies in general.

This prompted us to embark on a detailed study with the Chandra X-ray Observatory (CXO) of a sample of eight dwarf galaxies that are undergoing a starburst. The aim of our study is to try to trace the hot gas in these systems, determine its extent, measure the relative abundance of \( \alpha \) elements over iron, and assess the likelihood that this hot gas will escape the galaxy. In Ott, Walter & Brinks (2003) (hereafter referred to as Paper I) we presented the sample a detailed description of our data reduction techniques. We detected 55 unresolved sources which are likely related to the galaxies and we presented fits to their individual spectra. Six of the dwarf galaxies have diffuse X-ray emission and we derived such fundamental parameters as their X-ray luminosity and the temperature of the gas.

This paper is dedicated to a comparison of the X-ray characteristics of the dwarf galaxies in our sample and of any correlations of their X-ray with other properties. In Sect. 3 we summarise the general properties of the galaxies in our sample. This is followed in Sect. 4 by a discussion of the morphologies of the different components (X-ray, optical, H\alpha, and H\beta). In Sect. 5 the point source population in the galaxies is discussed according to their locations in the galaxies, their spectral properties and their correlations with SF tracers. In this section we also present our interpretation of the point source luminosity function. The X-ray properties of the diffuse, coronal gas are evaluated and compared in Sect. 6. Correlations of those properties with quantities derived at other wavelengths are presented in Sect. 7 followed by a discussion on the probability of outflows in Sect. 8. Sect. 9 summarises our results.

### 2 GENERAL PROPERTIES OF THE SAMPLE GALAXIES

In this section we compile complementary data on the galaxies in our sample taken from the literature. The sample consists of eight dwarf starburst galaxies: I Zw 18, VII Zw 403, NGC 1569, NGC 3077, NGC 4214, NGC 4449, NGC 5253, and He 2–10 (see Paper I). We took care, as much as possible, to present the data in a homogeneous manner. We checked the literature for optical, far-infrared (FIR) and H\alpha properties of our sample. The data were selected to only include directly observed parameters such as, e.g., fluxes. In Table I we list distances and optical data; the distance \( D \) to the objects is listed in Column 2. Columns 3 and 4 give the total blue magnitude corrected for Galactic extinction and inclination \( (m_B^d) \) as well as the \( K \)-band magnitude. The diameter at the 25 mag arcsec\(^{-2} \) isophote \( (d_{25}) \) is tabulated in Column 5 and the H\alpha fluxes \( (F_{H\alpha}) \) in Column 6. Finally, the oxygen abundance \( (12 + \log(O/H)) \) is given in Column 7. The last column presents references to the literature that was used to retrieve the information listed in columns 2 to 7. The Columns in Table 2 show the following: Column 2: H\alpha flux \( (F_{H\alpha}) \), Columns 3 and 4: FIR 60\( \mu \)m and 100\( \mu \)m flux densities \( (S_{60\mu} \text{ and } S_{100\mu}) \), Column 5: the heliocentric radial systemic velocities \( (v_{hel}) \) as derived from radio measurements. Again, the last column lists the references for the data presented in Columns 2 to 5. Note that the large scale tidal tails around I Zw 18, NGC 3077 and NGC 4449 were not included in the analysis of the H\alpha data.

The derived properties of the galaxy sample were compiled from the direct measurements given in Tables 1 and 2 and are shown in Table 3. Whenever no errors were available, we assumed a conservative 30 per cent uncertainty for the observed parameters. The absolute magnitudes \( M_B \) (Column 2) were derived from the equation \( m_B^d - M_B = 5 \log D - 5 \), where the distance \( D \) is given in parsec. The errors were based on those for \( m_B^d \). Blue luminosities \( L_B \) (Column 3) were calculated via \( L_B = 10^{-0.4(M_B-M_B^d)} \). Following Lang (1992), we assumed an absolute blue solar magnitude of \( M_B^d = 5.50 \) mag. K-band luminosities \( L_K \) (Column 4) were derived in an analogous fashion but with \( M_K^d = 3.33 \) mag (Cox 2000). Furthermore, we used the solar oxygen abundance \( 12 + \log(O/H) = 8.9 \) determined by
and for simplicity we adopted a common, mean colour correction (C has
been incorporated in the errors quoted for the fluxes. Using
the conversion factor of Kennicutt [1998] we derive FIR star formation rates $SFR_{\text{FIR}}$ via $SFR_{\text{FIR}} = L_{\text{FIR}}/(5.8 \times 10^{9} L^2_{\text{FIR,\odot}}) M_{\odot} \text{yr}^{-1}$ (Column 10). Furthermore, masses of the cool dust ($M_{\text{dust}}$ in units of $M_{\odot}$; Column 11) were estimated from the FIR 60µ and 100µ flux densities (in Jy) by using the equation given in Huchtmeier, Sage & Henke [1995]: $M_{\text{dust}} = 4.78 S_{100\mu} D^2 (\exp[2.94(S_{100\mu}/S_{60\mu})^{1/4}] - 1)$. This equation, however, was derived for a simple dust model assuming a single temperature of $\sim 40$ K. As this needs not to be the case for the galaxies in our sample, we generally adopt a higher uncertainty of 50 per cent. An estimate for the lifetimes of the starbursts ($t_{\text{life}} = M_{\text{dust}}/SFR_{\text{Ha}}$) is listed in Column 12. Column 13 lists the gas-to-light $M_{\text{HI}}/L_B$ ratios.

### 3 THE X-RAY MORPHOLOGY OF THE STARBURST DWARF GALAXIES

Of the eight dwarf starburst galaxies we detect diffuse X-ray emission in all but two objects (detected in NGC 1569,
NGC 3077, NGC 4214, NGC 4449, NGC 5253, and He 2-10) which can be attributed to hot, coronal gas stored in galactic winds (Paper I). The development of such a wind is expected to depend on the morphology of the cooler and denser gas within its host galaxy. In Fig. 1 a comparison of the optical, Hα and X-ray morphologies is made. The first H I column density contour corresponds to 10^20 cm^{-2} and the outermost X-ray contour is at about the 3–4σ detection limit. The X-ray emission of NGC 5253 have about the same size. Hot gas is almost entirely bound to the central region of NGC 4214 (note that the X-ray emission to the north has low significance and might be an artefact from the adaptive smoothing process). The optical and X-ray emission of NGC 3077 and NGC 4449 is surrounded by an extended H I envelope which can be ascribed to tidal debris due to a current interaction (see, e.g., Yun, Ho & Lo 1994; Hunter et al. 1998). The H I and X-ray emission of NGC 5253 have about the same size, and both are embedded within a larger optical counterpart. Judged from these 2-dimensional images, the hot gas in NGC 3077, NGC 4214, and NGC 4449 is still contained by the cooler, neutral medium. It might be expanding more freely in NGC 1569, NGC 5253, and He 2-10. The influence of the neutral ISM might also be obvious from the asymmetric shape of the hot outflows which is apparent for all galaxies but He 2-10 and NGC 4214. In detail, NGC 1569 shows outflow features toward the northern and southern direction. In addition, some of its hot gas seems to accumulate in a region which is half way between the gaseous disc and its fainter, southern extension. The well-known arm toward a westerly direction of NGC 1569 is visible in optical, Hα and X-ray images (see Fig. 2 and Paper I). The X-ray emission of NGC 3077 is more extended toward the north than toward the south (see also Fig. 2 and Ott, Martin & Walter 2003, hereafter OMW03). Finally, NGC 4449 and NGC 5253 show an extension in X-rays toward a westerly direction. The hot gas seems always to be elongated along a direction which corresponds to that of least resistance, along the steepest gradient in H I, as can be expected from the hydrodynamics of a hot, tenuous plasma which interacts with a neutral, denser environment. In absolute terms, the H I gradients of NGC 1569, NGC 5253, and He 2-10 are much steeper than the extended H I envelopes of NGC 3077, NGC 4449, and NGC 4214. Note, however, that this analysis is based on the 2-dimensional morphologies. In fact, an extension of the hot gas along the line of sight is more than likely but difficult to determine along with the 3-dimensional morphology of the H I component.

In Fig. 2 we compare the Hα and diffuse X-ray morphologies directly by overlaying the corresponding maps. In the same figure we also compare azimuthally averaged surface brightness profiles which have been normalised to their peak intensities. Bright compact H I regions are excluded for this analysis. In general, the two different profiles are very similar which is also obvious from the scale lengths of the

| Galaxy       | M_B   | L_B   | L_K   | Z     | L_Hα  | SFRHα |
|--------------|-------|-------|-------|-------|-------|-------|
|              | [mag] | [10^9L_B⊙] | [10^9L_K⊙] | [solar] | [10^28 erg s^-1] | [M⊙ yr^-1] |
| I Zw 18      | −14.01 ± 0.17 | 0.65 ± 0.10 | ... | 0.02 | 61.9 ± 18.6 | 0.06 ± 0.02 |
| VII Zw 403   | −12.53 ± 0.3 | 0.16 ± 0.07 | ... | 0.07 | 472.5 ± 10.0 | 0.42 ± 0.01 |
| NGC 1569     | −18.42 ± 0.32 | 36.98 ± 11.00 | 7.45 ± 0.13 | 0.21 | 479.5 ± 143.9 | 0.43 ± 0.13 |
| NGC 3077     | −17.59 ± 0.11 | 17.22 ± 1.70 | 44.06 ± 0.81 | 1.00 | 58.2 ± 17.5 | 0.05 ± 0.02 |
| NGC 4214     | −17.14 ± 0.21 | 11.38 ± 0.35 | 12.36 ± 0.58 | 0.25 | 147.9 ± 44.4 | 0.13 ± 0.04 |
| NGC 4449     | −18.31 ± 0.62 | 33.42 ± 20.00 | 40.93 ± 1.53 | 0.26 | 369.4 ± 110.8 | 0.32 ± 0.10 |
| NGC 5253     | −17.82 ± 0.40 | 21.28 ± 8.00 | 11.27 ± 0.31 | 0.21 | 139.4 ± 41.8 | 0.12 ± 0.04 |
| He 2-10      | −17.80 ± 0.01 | 20.89 ± 1.80 | 43.65 ± 0.81 | 1.07 | 339.2 ± 101.8 | 0.30 ± 0.09 |

Table 3. – continued.

| Galaxy       | M_HI  | L_FIR | SFRFIR | M_dust | t_life | M_HI/L_B |
|--------------|-------|-------|--------|--------|--------|----------|
|              | [10^9 M⊙] | [10^9 L_FIR⊙] | [M⊙ yr^-1] | [10^4 M⊙] | [Gyr] | [M⊙/L_B⊙] |
| I Zw 18      | 0.4 ± 0.01 | ... | ... | 0.4 ± 0.2^a | 0.7 | 0.62 |
| VII Zw 403   | 0.7 ± 0.01 | 0.3 ± 0.04 | 0.005 ± 0.001 | 0.5 ± 0.3 | 0.2 | 4.4 |
| NGC 1569     | 1.1 ± 0.2 | 5.9 ± 0.7 | 0.102 ± 0.012 | 2.5 ± 0.7 | 0.3 | 0.03 |
| NGC 3077     | 1.3 ± 0.4 | 5.8 ± 0.6 | 0.100 ± 0.010 | 5.7 ± 2.9 | 2.6 | 0.08 |
| NGC 4214     | 6.4 ± 0.1 | 4.5 ± 1.4 | 0.078 ± 0.024 | 4.0 ± 2.0 | 4.9 | 0.06 |
| NGC 4449     | 1.5 ± 0.5 | 17.9 ± 2.8 | 0.309 ± 0.048 | 25.7 ± 12.9 | 0.5 | 0.04 |
| NGC 5253     | 0.9 ± 0.1 | 8.5 ± 0.8 | 0.147 ± 0.014 | 2.6 ± 1.3 | 0.8 | 0.04 |
| He 2-10      | 3.3 ± 0.2 | 51.9 ± 5.2 | 0.895 ± 0.090 | 20.6 ± 10.3 | 1.1 | 0.16 |

^a taken from Cannon et al. 2003.
Figure 1. Optical images of dwarf galaxies with detections of diffuse X-rays. The black contours show the adaptively smoothed X-ray emission. Grey contours: H I emission; the contours start at $10^{20}$ cm$^{-2}$ and are spaced by $5 \times 10^{20}$ cm$^{-2}$ for all but He 2-10 (images taken from Mühl 2003, Walter et al. 2002, Hunter, van Woerden & Gallagher 1999, and Kobulnicky & Skillman 1995). Note the blow-up in the upper right corner of the central region of NGC 3077. The H I contours of He 2-10 (taken from Kobulnicky et al. 1995) are not equally spaced; the outermost contour is at about $10^{20}$ cm$^{-2}$ which is 2 per cent of the peak intensity and the innermost contour is at a level of 95 per cent (optical images taken from DSS [NGC 1569], Walter et al. 2002 [NGC 3077, R-band], Walter et al. 2001 [NGC 4214, B-band], Frei et al. 1996 [NGC 4449, R-band], Lauberts & Valentijn 1989[NGC 5253, He 2–10, R-band]).

Table 4. Scale lengths (in pc) of exponential functions fitted to azimuthally averaged X-ray (Total band, $h_{X(Total)}$) and Hα surface brightness profiles ($h_{H\alpha}$).

| Galaxy | $h_{X(Total)}$ | $h_{H\alpha}$ |
|--------|----------------|---------------|
| NGC 1569 | 208 ± 6 | 185 ± 8 |
| NGC 3077 | 186 ± 10 | 140 ± 4 |
| NGC 4214 | 145 ± 12 | 127 ± 3 |
| NGC 4449 | 579 ± 15 | 524 ± 19 |
| NGC 5253 | 109 ± 9 | 109 ± 3 |
| He2-10 | 186 ± 15 | 227 ± 9 |

4 X-RAY POINT SOURCE POPULATIONS

4.1 Distribution of X-ray point sources

X-ray point sources in the galaxy sample are detected mainly close to the centres of the galaxies. The only exception is NGC 4449 where the sources are more uniformly scattered across the entire optical body (see Fig. 3). The reason might be that NGC 4449 has a different star formation history as compared to the other galaxies. This is exemplified by...
the Hα emission in NGC 4449 which is more uniformly distributed over its optical body whereas again the other galaxies in the sample show a more concentrated surface brightness (Fig. 2; see also the Hα and X-ray scale lengths which are for NGC 4449 a factor of 2.5 larger than for any other galaxy: Table I).

In general, the brightest population of extragalactic X-ray point sources are AGNs, X-ray binaries (XRBs), SNRs, and supersoft sources. Except for AGNs, all of these sources need massive (progenitor) stars for their X-ray emission. For this reason they are expected to concentrate near star forming regions or young stellar clusters. In Fig. 3 we overlay the location of the X-ray point sources on the Hα emission and indicate the type of model which best fits their spectra. The bulk of the point sources are detected in the vicinity of bright HII regions or on the rims of supergiant shells. Only a few sources cannot be related to individual Hα features. There is no obvious trend for a source type with galactocentric distance (see Paper I for details). Note that a certain fraction of point sources might also be unrelated foreground or background sources which are simply projected along the same line of sight as the galaxies under consideration.

Young, massive stars are very bright at ultraviolet wavelengths. Consequently, if X-ray point sources are related to star forming regions, they should be spatially correlated with UV bright stellar clusters (note, however, that variable internal extinction can make a correlation more uncertain). F336W (corresponding to Johnson U-band) images were available in the HST/WFPC2 archive for NGC 4449 and NGC 1569 and in Fig. 4 we show X-ray contours with labelled point sources overlaid on these images (for the labelling of the sources see Paper I). Almost all of the central X-ray point sources in NGC 1569 and most of the point sources in NGC 4449 which are covered by the WFPC2 field of view are located very close to UV bright stellar clusters but often slightly displaced. Those sources are likely associated with recent star formation events. There is no relation, though, between the location of these sources and the shape of their X-ray spectrum, be it represented by power law (PL), thermal plasma (TP), or black body (BB) shapes (see also Fig. 3 and Paper I). This is in conflict with the models by Kaaret et al. (2004) which imply that the slightly displaced sources are all XRBs.
4.2 X-ray point sources as a measure for star formation

The proximity of the X-ray sources and the H\textsc{ii} regions/young stellar clusters suggests that the number of X-ray point sources might be a tracer for SF in general. Such a correlation was suggested by Grimm, Gilfanov & Sunyaev (2003) for high-mass XRBs. In Fig. we plot the number of X-ray point sources as a function of different SF tracers: the H\textalpha, the FIR, and the blue (B-band) luminosity. Trends are apparent for all three SF tracers. The correlation is best for the FIR luminosity and the blue luminosity. There is a larger scatter in the case of the H\textalpha luminosities. Least square fits to the data result in the following equations (n: number of X-ray point sources). $SF_{\text{H}\alpha}/[M_{\odot}\text{yr}^{-1}]=(0.025\pm0.008)n$, $SF_{\text{FIR}}/[M_{\odot}\text{yr}^{-1}]=(0.022\pm0.013)n$, and $L_{B}/[10^{8}L_{B\odot}]=(2.45\pm0.27)n$. He 2-10 is about three times more distant than the majority of the sample. Therefore, the detection limit is higher and point sources with a low X-ray flux will fall below this limit (for detection limits, see Paper I). For this reason we fitted the same relations excluding this galaxy, which yields $SF_{\text{H}\alpha}/[M_{\odot}\text{yr}^{-1}]=(0.023\pm0.008)n$, $SF_{\text{FIR}}/[M_{\odot}\text{yr}^{-1}]=(0.015\pm0.002)n$, and $L_{B}/[10^{8}L_{B\odot}]=$
Figure 4. HST/WFPC2 images of NGC 4449 (a) and NGC 1569 (b) in the F336W (Johnson $U$-band). Overlaid are contours of the Chandra X-ray observations. In some areas X-ray point sources are close to bright young stellar clusters. In the case of NGC 4449 these regions are shown as blow-ups of the larger figure.

Figure 5. Star formation tracers Hα, FIR, and blue luminosity plotted against the number of X-ray point sources. Fits including (excluding) He 2-10 are displayed by dashed (dotted) lines.
(2.37 ± 0.26) n. These relations suggest that the starburst is responsible not only for the hot gas but also for the X-ray point sources (see also Fig. 10).

4.3 Point source luminosity function

A differential as well as a cumulative luminosity function of all the point sources in the galaxies is shown in Fig. 1. In this plot, we mark the location of the Eddington luminosity limit of a 1.4 M⊙ star (at the Chandrasekhar limit), i.e., the X-ray luminosity at which the photon pressure equals the gravitational pull of the regulator star. In addition, we plot the luminosity limit for ultraluminous X-ray sources (ULX, definition: Lx > 10^39 erg s⁻¹) which in fact is the Eddington luminosity of a ~ 7.7 M⊙ object, a mass which is often used as a lower limit for SNe progenitor stars (e.g., Leitherer et al. 1999). About ten X-ray point sources in our sample can be classified as ULXs. These sources – intermediate-mass black holes or high-mass XRBs with accretion above the Eddington limit (for a discussion of ULXs, see, e.g., King 2004) – are only found in I Zw 18 (one source), NGC 4449 (five, including two which are best fitted by black body spectra), and He2-10 (four). These figures are even larger than the average number of ULXs in massive but non-starburst galaxies (~ 2, see Colbert & Ptak 2002). In merging galaxies such as the Antennae, however, the number of ULXs appears to be substantially increased (Zezas & Fabbiano 2002). Indeed, I Zw 18 and NGC 4449 are clearly interacting galaxies (van Zee et al. 1998; Hunter et al. 1998; Theis & Kohle 2001) and for He2-10 a merger scenario has been proposed in the literature (Kobulnicky et al. 1995; Conti & Vacca 1994). However, NGC 3077 is also interacting but does not have any ULXs. On the basis of our limited sample it is not possible to derive any clear dependence between the strength of the galaxy interaction and the number of ULXs.

A power law fit to the cumulative luminosity distribution for all sources results in a slope of \( \alpha = 0.24 \pm 0.06 \) (\( N(> L_x) \propto L_x^{-\alpha} \)). This value has been derived using the data of the differential luminosity distribution following the method described in Crawford, Jauncey, & Murdoch (1974). Due to our completeness limits, data bins with luminosities less than 10^{38} erg s⁻¹ were discarded for this fit. Similar fits for the individual PL and TP source populations lead to very similar slopes of \( \alpha = 0.23 \pm 0.08 \) (PL) and 0.25 ± 0.08 (TP). The power law index derived here for the dwarf starburst galaxies is shallower than those observed in more massive starbursts such as NGC 253, M 82, and the Antennae (indices of ~ 0.4 – 0.8). The power law indices of non-starburst galaxies (\( \alpha \approx 1.2 \)) are far steeper than both, the value for our sample and the power law indices of more massive starburst galaxies (for a comparison of starburst and non-starburst cumulative luminosity functions see Kilgard et al. 2002).

5 X-RAY PROPERTIES OF THE HOT CORONAL GAS

In Paper I we performed one-temperature MeKaL thermal equilibrium plasma fits (Mewe, Gronenschild & van den Oord 1983; Kaastra 1992; Liedahl, Osterheld & Goldstein 1995) to the diffuse X-ray emission within certain regions of the galaxies. In addition to fitting the total emission due to diffuse gas we also made fits to the emission from the centre and various regions around it. Table II shows the main fitting results listing the absorbing column densities \( N_H \), the temperature \( T \), the normalisation, absorbed X-ray flux \( F_X^{ab} \), unabsorbed X-ray flux \( F_X \), and unabsorbed X-ray luminosity \( L_X \). The fits are used to determine intrinsic parameters of the hot gas: the electron volume density \( n_e \) follows from the normalisation of the spectra assuming a spherical geometry and that the proton and electron density are the same over the volume \( V \) (see OMW03); other parameters that can be derived are the equivalent diameter \( d_{eq} \) of the X-ray emitting region (\( d_{eq} = \sqrt{4 Area/\pi} \), where Area is the area of the emission), the mean line of sight \( l \), the emission measure \( EM = n_e^2 l \), the pressure of the hot gas \( P/k = 2n_e T \) (k: Boltzmann’s constant), its mass \( M_{hot} = n_m m_V (m_p: \text{proton mass, } V: \text{shell volume}) \), the thermal energy \( E_{th} = 3n_e k T \), the cooling time \( t_{cool} = E_{th}/L_X \), the mass deposition rate \( M_{cool} = M_{hot}/t_{cool} \), and finally the mean thermal velocity per particle \( < v_{hot} > = \sqrt{2E_{th}/M_{hot}} \). The quantities for the different galaxies are listed in Table III. Note that most of these values depend on the volume filling factor \( f_v \) and the metallicity \( Z \). For the metallicities we use those derived for H II regions in the individual objects (for a discussion see Paper I). As \( f_v \) is a priori unknown, we derive all gas parameters for \( f_v = 1 \), any corrections for lower filling factors must be applied according to the table header in Table III. High angular resolution Chandra observations of more massive starburst galaxies (see, e.g., Heckman 2002, and references therein) and hydrodynamical simulations (e.g., Strickland & Stevens 2000) reveal that the volume filling factor falls most likely in the range of 0.1 – 0.3 for superwinds. Confined shells, however, such as those in NGC 3077 (see OMW03) may have larger filling factors. An observational determination of the filling factor for dwarf galaxies is not an easy task due to their lower flux and the unknown source geometries. In addition, hydrodynamical simulations show that the filling factor can take up very different values. For the rest of this paper we assume that \( f_v \) is about the same for all objects and that therefore the values may be compared, at least in a relative sense.

5.1 Non-detections

No diffuse X-ray emission is detected in I Zw 18 and VII Zw 403. The integration times of both objects are the lowest of all the galaxies in the sample and the detection limits of the unabsorbed luminosities are of order \( \sim 2 \times 10^{38} \text{erg s}^{-1} \) (see Paper I). This is about one order of magnitude lower than what is measured for the faintest galaxy with detection (Table II). The 5–10 times smaller size of I Zw 18 and VII Zw 403 (see Table II), however, reduces the volume of these galaxies up to three orders of magnitude. For this reason, the hot gas might be below the detection threshold if it has similar properties to that found in the rest of the sample. A second factor may be the metallicity of the gas, which controls the X-ray emissivity (see, e.g., Sutherland & Dopita 1993). As shown in Paper I, the metallicities of the hot gas are in agreement with the metallicities derived directly from H II regions. As I Zw 18 and
Figure 6. (a) Differential luminosity function of the X-ray point sources within all galaxies in the sample best fit by a MeKaL thermal plasma (TP) or power law (PL) spectrum as well as the combination of these two functions. \( N \) is the number of point sources and \( L_X \) the X-ray luminosity. The left vertical line displays the Eddington limit for a 1.4 M\( \odot \) source and the right vertical line marks the threshold for ultraluminous X-ray sources (ULXs). (b) Cumulative version of (a).

Figure 7. Oxygen abundance of H\( \text{ii} \) regions plotted against the X-ray luminosity of the diffuse component. Below a threshold of \( 12 + \log(O/H) \sim 8.1 \) no hot gas is detected within the detection limits.

VII Zw 403 are the objects with the lowest metallicities in the sample, this might push their X-ray luminosity below the detection threshold. In particular, all galaxies where diffuse X-ray emission is detected exhibit oxygen abundances in excess of \( 12 + \log(O/H) \gtrsim 8.1 \) (see Fig. 7).

Alternatively, a higher absorbing column density or a very high temperature can result in a non-detection with hot gas still being present in large quantities (note that the fitted column densities for the other objects are 2–4 times higher as compared to \( 1.5 \times 10^{21} \text{ cm}^{-2} \) which are adopted for the determination of the detection threshold). We also cannot exclude that hot gas in I Zw 18 and VII Zw 403 has not formed or that the hot gas might have blown out of the gravitational potential of VII Zw 403 (see Sect. 7). Alternatively, it might have cooled down sufficiently to escape detection. The ages of the expanding H\( \alpha \) shells are indeed higher in I Zw 18 and VII Zw 403 (10–17 Myr) as compared to the other galaxies (1–10 Myr), see (Martin 1998; Silich et al. 2002). Another possibility would be that the conditions for developing shock fronts are different (see the models in Strickland et al. 2002). Deeper X-ray observations are needed for a final assessment.

5.2 Luminosities

Hot gas is detected in NGC 1569, NGC 3077, NGC 4214, NGC 4449, NGC 5253, and He 2-10. Their X-ray luminosities cover about two orders of magnitude. The galaxies with the lowest diffuse X-ray luminosities are NGC 1569 (\( L_X = 4.2 \times 10^{38} \text{ erg s}^{-1} \)) and NGC 5253 (\( 4.7 \times 10^{38} \text{ erg s}^{-1} \), Table 5). As shown in Sect. 3 these are the galaxies, where the X-ray emission extends spatially beyond an H\( \text{i} \) column density of \( 10^{20} \text{ cm}^{-2} \). As most of the X-rays are produced by shocked and thermalised material it may be that there is no material in the halo for the stellar ejecta to be hit, which reduces the X-ray luminosity. In addition, those objects are the two galaxies with diffuse X-ray emission showing the lowest metallicities (\( \sim 20 \) per cent solar, see Table 3).

As the X-ray emissivity of a given amount of material is a
Table 5. Results of fits of collisional thermal plasma models to the X-ray spectra applied to the entire galaxy, the centre and outer regions. This table is a shortened version of the corresponding tables in Paper I (fluxes and luminosities are given within an energy range of 0.3 – 8.0 keV).

| Region       | \(N_{\text{H}}\) [10^{21} \text{ cm}^{-2}] | \(T\) [10^{6} \text{ K}] | \(N_{\text{norm}}\) | \(F_{\text{X}}^{\text{bs}}\) [10^{-15} \text{ erg s}^{-1} \text{ cm}^{-2}] | \(F_{\text{X}}\) [10^{-15} \text{ erg s}^{-1} \text{ cm}^{-2}] | \(L_{\text{X}}\) [10^{39} \text{ erg s}^{-1}] | \(\chi_{\text{red}}^2\) |
|--------------|-------------------------------------------|-----------------|-----------------|---------------------------------|---------------------------------|-----------------|-----------------|
| **NGC 1569** |                                           |                 |                 |                                 |                                 |                 |                 |
| Total        | 2.86±0.15                                 | 7.23±0.12       | 80.0±1.5       | 205±16                          | 721±15                          | 41.7±6.0        | 0.98            |
| Centre       | 4.99±0.19                                 | 7.29±0.13       | 55.2±1.2       | 116±6                           | 497±13                          | 29.5±4.1        | 0.68            |
| Outer Regions| 9.12±0.26                                 | 3.51±0.06       | 125±4          | 58.1±6.2                        | 809±36                          | 46.8±6.9        | 0.78            |
| **NGC 3077** |                                           |                 |                 |                                 |                                 |                 |                 |
| Total        | 4.71±0.11                                 | 3.22±0.04       | 50.7±2.8       | 33.6±5.6                        | 1062±21                         | 165±26          | 0.43            |
| Centre       | 0.86±0.28                                 | 6.04±0.72       | 0.39±0.05      | 6.16±1.9                        | 11.2±1.8                        | 1.74±0.37       | 0.11            |
| Outer Regions| 4.52±0.14                                 | 2.30±0.04       | 30.5±2.2       | 21.6±4.7                        | 637±33                          | 98.7±16.3       | 0.44            |
| **NGC 4214** |                                           |                 |                 |                                 |                                 |                 |                 |
| Total        | 9.87±0.59                                 | 2.17±0.06       | 129±14         | 37.9±12.9                       | 759±98                          | 75.9±14.5       | 0.14            |
| Centre       | 10.1±0.14                                 | 2.80±0.27       | 22.7±5.3       | 12.5±7                          | 155±44                          | 15.5±4.9        | 0.04            |
| Outer Regions| 2.91±0.07                                 | 2.68±0.21       | 12.2±1.8       | 25.8±13.3                       | 82.3±14.9                       | 8.23±1.95       | 0.14            |
| **NGC 4449** |                                           |                 |                 |                                 |                                 |                 |                 |
| Total        | 7.19±0.10                                 | 2.98±0.03       | 353±7          | 393±21                          | 2481±55                         | 452±65          | 1.07            |
| Centre       | 7.87±0.23                                 | 3.12±0.07       | 71±3           | 75.9±14.2                       | 510±26                          | 92.8±14.0       | 0.26            |
| Outer Regions| 4.88±0.13                                 | 3.35±0.05       | 111±3          | 225±15                         | 821±26                          | 149±22          | 0.83            |
| **NGC 5253** |                                           |                 |                 |                                 |                                 |                 |                 |
| Total        | 5.67±0.23                                 | 3.51±0.08       | 55.5±2.0       | 81.6±8.6                        | 359±18                          | 46.6±7.0        | 0.64            |
| Centre       | 10.1±0.14                                 | 3.79±0.09       | 44.6±2.9       | 39.3±4.6                        | 299±17                          | 38.9±5.9        | 0.23            |
| Outer Regions| 7.58±0.08                                 | 3.21±0.23       | 25.6±4.4       | 24.6±10.1                       | 158±27                          | 20.6±4.6        | 0.49            |
| **He 2-10**  |                                           |                 |                 |                                 |                                 |                 |                 |
| Total        | 4.44±0.35                                 | 2.82±0.14       | 93.6±13.9      | 103±46                          | 2101±33                         | 2038±423        | 0.32            |
| Centre       | 1.23±0.22                                 | 7.69±0.44       | 3.38±0.25      | 41.9±6.9                        | 95.6±6.3                        | 92.7±14.5       | 0.09            |
| Outer Regions| 2.82±0.14                                 | 3.21±0.10       | 17.5±1.2       | 50.4±9.5                        | 410±32                          | 397±64          | 0.22            |

\( a \) The normalisation is given by \(10^{-14}(4\pi D^2)^{-1} \int n_e n_{\text{H}} dv\) with \(D\): distance in cm, \(n_e, n_{\text{H}}\): electron and proton densities in cm\(^{-3}\), \(V\) volume in cm\(^3\).

nearly linear function of metallicity \cite{Sutherland1993} this could also be the cause for the low luminosity in these two objects. The galaxies where the diffuse X-ray emission seems to be still confined to the extended H\textsc{i} envelope show luminosities of \(7.6 \times 10^{38} \text{ erg s}^{-1}\) (NGC 4214) and \(4.5 \times 10^{39} \text{ erg s}^{-1}\) (NGC 4449). These galaxies have a slightly larger metallicity of \(\sim 25\) per cent solar. In He 2-10 the X-ray emission extends about as far as the size of the H\textsc{i} at \(10^{20} \text{ cm}^{-2}\). It is the galaxy with the highest X-ray luminosity (\(2.0 \times 10^{40} \text{ erg s}^{-1}\)) and metallicity (about solar). The only galaxy with an X-ray luminosity that does not fit into the trend with metallicity, shown in Fig. 7 is NGC 3077 with a metallicity of solar and a relatively low X-ray luminosity of \(1.7 \times 10^{39} \text{ erg s}^{-1}\).

5.3 Temperatures

The temperature of the hot gas averaged over the total area is with \(\sim 2.0 - 3.5 \times 10^6 \text{ K}\) about the same for all galaxies, except for NGC 1569 \((T \approx 7.2 \times 10^6 \text{ K})\). As described in \cite{Heckman1993, Heckman2002, Strickland2002}, temperatures \(T\) in this range are due to shocks and are a direct function of shock velocities \(v_s\): \(v_s = [(16/3)(kT/\mu)]^{1/2}\) \((k\text{: Boltzmann’s constant, } \mu:\text{ mean mass per particle})\), resulting in \(v_s \approx 700 \text{ km s}^{-1}\) for \(T = 3 \times 10^6 \text{ K}\). This value is similar to the derived mean particle velocity of the hot, thermalised gas \((T = 3 \times 10^6 \text{ K})\). Except for NGC 4214, NGC 4449, and NGC 5253, the temperature of the hot gas stored in the outer regions of the galaxies is \(\sim 2 - 3\) times lower than in their centres \((T = 3 \times 10^6 \text{ K})\). As most of the X-rays emerge from shocked gas this might be indicative of decelerating wind velocities, enhanced mass-loading of cooler gas, or adiabatic cooling in the halo of the dwarf galaxies under study.
Table 6. Derived parameters of the hot gas. All values were determined for a filling factor $f_v = 1$ and metallicities $Z_{\text{HII}}$ as derived for the H\textsc{ii} regions in the objects (see Table 3). The values can be converted to lower filling factors and other metallicities $Z$ (via $\xi = Z/Z_{\text{HII}}$) of the X-ray emitting gas as given in the head of the table.

| Region          | $d_{eq}$ | $l$ | $n_e$ $\times [f_v \xi^{-0.5}]$ | $EM$ $\times [f_v \xi^{-1}]$ | $P/k$ $\times [f_v \xi^{-0.5}]$ |
|-----------------|----------|-----|---------------------------------|-------------------------------|---------------------------------|
|                 | [pc]     | [pc]| $[10^{-3} \text{ cm}^{-3}]$     | $[\text{cm}^{-6} \text{ pc}]$ | $[10^5 \text{ K cm}^{-3}]$      |
| NGC 1569        |          |     |                                 |                               |                                 |
| Total           | 2100 ± 210 | 1400 ± 140 | 18 ± 2                         | 0.45 ± 0.05                  | 2.61 ± 0.27                     |
| Centre          | 820 ± 82  | 540 ± 54  | 61 ± 6                         | 2.03 ± 0.20                  | 8.87 ± 0.91                     |
| Outer Regions   | 1580 ± 158 | 1060 ± 106 | 35 ± 4                         | 1.26 ± 0.13                  | 2.42 ± 0.25                     |
| NGC 3077        |          |     |                                 |                               |                                 |
| Total           | 1820 ± 182 | 850 ± 85  | 29 ± 3                         | 0.72 ± 0.07                  | 1.35 ± 0.14                     |
| Centre          | 300 ± 30  | 200 ± 20  | 38 ± 5                         | 0.29 ± 0.03                  | 4.61 ± 0.86                     |
| Outer Regions   | 1360 ± 136 | 900 ± 90  | 35 ± 4                         | 1.10 ± 0.11                  | 1.61 ± 0.17                     |
| NGC 4214        |          |     |                                 |                               |                                 |
| Total           | 1270 ± 127 | 850 ± 85  | 64 ± 7                         | 3.50 ± 0.35                  | 2.78 ± 0.33                     |
| Centre          | 410 ± 41  | 270 ± 27  | 147 ± 23                       | 5.81 ± 0.58                  | 8.21 ± 1.51                     |
| Outer Regions   | 910 ± 91  | 600 ± 60  | 33 ± 4                         | 0.63 ± 0.06                  | 1.74 ± 0.27                     |
| NGC 4449        |          |     |                                 |                               |                                 |
| Total           | 4120 ± 412 | 2740 ± 274 | 24 ± 2                         | 1.63 ± 0.16                  | 1.46 ± 0.15                     |
| Centre          | 1000 ± 100 | 660 ± 66  | 92 ± 9                         | 5.54 ± 0.55                  | 5.71 ± 0.60                     |
| Outer Regions   | 2820 ± 282 | 1880 ± 188 | 24 ± 2                         | 1.10 ± 0.11                  | 1.61 ± 0.16                     |
| NGC 5253        |          |     |                                 |                               |                                 |
| Total           | 2340 ± 234 | 1560 ± 156 | 19 ± 2                         | 0.57 ± 0.06                  | 1.34 ± 0.14                     |
| Centre          | 840 ± 84  | 560 ± 56  | 80 ± 8                         | 3.56 ± 0.36                  | 6.05 ± 0.64                     |
| Outer Regions   | 1740 ± 174 | 1160 ± 116 | 20 ± 2                         | 0.48 ± 0.05                  | 1.30 ± 0.18                     |
| He2-10          |          |     |                                 |                               |                                 |
| Total           | 3180 ± 318 | 2120 ± 212 | 43 ± 5                         | 3.88 ± 0.39                  | 2.41 ± 0.32                     |
| Centre          | 500 ± 50  | 340 ± 34  | 130 ± 14                       | 5.78 ± 0.58                  | 19.83 ± 2.42                    |
| Outer Regions   | 1960 ± 196 | 1300 ± 130 | 38 ± 4                         | 1.90 ± 0.19                  | 2.45 ± 0.27                     |

5.4 Absorbing column densities

The absorbing column densities which were fitted to the individual spectra are in the range of $\sim 3 - 7 \times 10^{23} \text{ cm}^{-2}$. This is not in particularly good agreement with H\textsc{i} data. Observations of the 21 cm line of neutral hydrogen result in H\textsc{i} column densities of $0.1 - 2 \times 10^{23} \text{ cm}^{-2}$ (see Fig. 1). When the absorbing column density is fixed to the H\textsc{i} values, the fit to the X-ray spectra becomes worse in the soft regime. Also the application of non-equilibrium plasmas (XSPEC model xsnei), a combination of two thermal plasma components, a thermal plasma with a power law (to incorporate some faint emission from unresolved point sources), or a variation of the $\alpha/Fe$ element abundance ratio does not lower the absorbing columns substantially, neither does fitting smaller regions (as done in Paper I) help.

A metallicity for the absorbing material which is higher than that of the H\textsc{ii} regions can partly accommodate for this effect but this is considered to be unlikely. An alternative explanation for the discrepancy of measured versus fitted H\textsc{i} column density might be that the gas is more clumpy, or that the contribution by molecular (and ionised gas) has been underestimated.

5.5 Volume densities

From the fits to the diffuse X-ray emission listed in Table 5 we derive that the mean volume densities of the hot gas are in the range of $n_e \sim 0.02 - 0.06 \text{ cm}^{-3}$ averaged over each galaxy (Table 7). In general, volume densities at their centres are higher by a factor of $\sim 3$ as compared to the outskirts. With the help of the X-ray surface brightness profiles (Fig. 2) and the method described in OMW03 we constructed volume density profiles assuming spherical geometries. Those profiles are shown in Fig. 3. In general, exponential fits are appropriate for the inner $\sim 400$ pc whereas power law models are better fits to the data at larger radii. Results of the fits are listed in Table 7. Except for NGC 4449 the exponential scale lengths of the volume densities are up to 50 per cent larger as compared to the azimuthally averaged X-ray surface brightness scale lengths (Table 4) and are in the range of $150 - 320$ pc. The power law index $\beta_X$ (definition: $n_e \propto r^{-\beta_X}$) for the outer parts of the profiles are all within a range of $\beta_X \sim 1.5 - 2.0$ with the only exception being NGC 4214 ($\beta_X = 0.81$, see Fig. 4). For comparison: a spherically-symmetric (and also a conical), freely flowing wind has a power law index of $2$ (Chevalier & Clegg 1985).
Table 6. — continued.

| Region     | \( M_{\text{hot}} \times f \xi^{-0.5} \times 10^4 \) [M\(_{\odot}\)] | \( E_{\text{th}} \times f \xi^{-0.5} \times 10^{52} \) [erg] | \( L_{\text{cool}} \times f \xi^{-0.5} \times 10^{-3} \) [M\(_{\odot}\) yr\(^{-1}\)] | \( M_{\text{cool}} \times f \xi^{-0.5} \times 10^{-3} \) [M\(_{\odot}\) yr\(^{-1}\)] | \( < v_{\text{hot}} > \) [km s\(^{-1}\)] |
|------------|-------------------------------------------------|---------------------------------|---------------------------------|---------------------------------|------------------------------|
| NGC 1569   | 216 ± 68                                        | 772 ± 244                       | 586 ± 204                       | 3.69 ± 1.74                     | 599 ± 134                    |
| Centre     | 44 ± 14                                         | 156 ± 50                        | 172 ± 60                        | 2.55 ± 1.20                     | 599 ± 134                    |
| Outer Regions | 176 ± 56                                        | 306 ± 97                        | 207 ± 72                        | 8.54 ± 4.03                     | 417 ± 94                     |
| NGC 3077   | 227 ± 72                                        | 260 ± 83                        | 50 ± 18                         | 45.56 ± 21.67                   | 339 ± 76                     |
| Centre     | 1.3 ± 0.4                                       | 4 ± 1                           | 72 ± 30                         | 0.18 ± 0.10                     | 547 ± 131                    |
| Outer Regions | 114 ± 36                                        | 129 ± 41                        | 41 ± 15                         | 27.49 ± 13.19                   | 338 ± 76                     |
| NGC 4214   | 170 ± 55                                        | 182 ± 59                        | 76 ± 28                         | 22.40 ± 11.05                   | 328 ± 75                     |
| Centre     | 13 ± 4                                          | 18 ± 6                          | 37 ± 18                         | 3.55 ± 2.06                     | 373 ± 91                     |
| Outer Regions | 32 ± 10                                         | 42 ± 14                         | 162 ± 66                        | 1.97 ± 1.03                     | 365 ± 85                     |
| NGC 4449   | 2214 ± 700                                      | 3255 ± 1030                     | 228 ± 79                        | 97.16 ± 45.65                   | 384 ± 86                     |
| Centre     | 119 ± 38                                        | 183 ± 58                        | 62 ± 22                         | 19.05 ± 9.02                    | 393 ± 88                     |
| Outer Regions | 703 ± 223                                       | 1155 ± 366                      | 245 ± 86                        | 28.66 ± 13.50                   | 406 ± 91                     |
| NGC 5253   | 318 ± 101                                       | 551 ± 175                       | 374 ± 131                       | 8.50 ± 4.02                     | 417 ± 94                     |
| Centre     | 61 ± 19                                         | 115 ± 36                        | 93 ± 33                         | 6.57 ± 3.12                     | 433 ± 97                     |
| Outer Regions | 138 ± 45                                        | 219 ± 73                        | 337 ± 135                       | 4.11 ± 2.11                     | 399 ± 92                     |
| He 2–10    | 1784 ± 578                                      | 2482 ± 813                      | 39 ± 15                         | 463 ± 234                       | 374 ± 86                     |
| Centre     | 21 ± 7                                          | 79 ± 26                         | 27 ± 10                         | 7.81 ± 3.76                     | 614 ± 139                    |
| Outer Regions | 373 ± 119                                       | 591 ± 189                       | 47 ± 17                         | 79.22 ± 37.96                   | 399 ± 90                     |

Figure 8. Azimuthally averaged volume density profile of the hot, X-ray emitting gas in logarithmic (a) and double logarithmic (b) units. For comparison, an exponential function with a scale length of \( h_X = 250 \) pc and a power law with an index of \( \beta_X = 2 \) are displayed.
The pressures of the hot gas are in the range of $5.6 \times 10^5$ Pressures in Sect. 7). which is very close to the measured values (see also the discussion in Sect. 7).

### 5.6 Pressures

The pressures of the hot gas are in the range of $P/k \approx 1 - 3 \times 10^5$ K cm$^{-3}$ for all galaxies. The ISM in our Milky Way exhibits pressures of at most a few times $10^4$ K cm$^{-3}$ (see, e.g., Wolfe et al. 2003). If this value was also typical for dwarf galaxies undergoing a starburst, then the hot gas has an overpressure and will expand. This naturally explains the expanding Hα shells in the sample of galaxies under study (see, e.g., Martin 1998; Marlowe et al. 1995; Martin 1996). The pressure of the hot gas has a gradient from the centre of the galaxies toward the outer regions (see Table 8); the pressures in the centres are on average $\sim 5$ times higher than those in the outer regions. This is due to the combined effect of both, lower volume densities and lower temperatures in the outskirts.

### 5.7 Masses and mass-loading of the hot gas

The masses of the hot gas ($M_X$) within the galaxies range from $\sim 2$ to $2 \times 10^6$ M$_\odot$. Most of the mass is stored in the outer regions of the galaxies, which is a consequence of the much larger volume as compared to the centres. The mass of the hot gas is about 1 per cent of the H I content of the galaxies (see Tables 6 and 8).

We will now compare the mass injection from massive stars ($M_0$) to $M_X$. For this purpose, we use the stellar evolution synthesis models published by Leitherer et al. (1993) (STARBURST99). In their figure 10, they show the mass-loss of a stellar population undergoing a continuous starburst at a rate of $1 M_\odot$ yr$^{-1}$. Throughout this discussion we will use the models based on a Salpeter IMF with an upper mass cutoff of 100 M$_\odot$ and a lower mass cutoff of 1 M$_\odot$. As described in Martin (1998) and Méndez et al. (1999), expanding shells in most of the starburst galaxies in our sample have a kinematic age of $\sim 10^7$ yr. This expansion was mainly driven by the kinetic energy input of SNe, which exploded $\sim 4 \times 10^7$ yr after the progenitor stars were created. For this reason, we evaluate the integrated mass loss at an age of $5 \times 10^7$ yr. At this age the models are virtually independent of metallicity. To derive the final mass loss of the stellar population in the galaxies of our sample, we scale the STARBURST99 models at that point of stellar evolution by the current SFRs listed in Table 3 ($SFR_{H\alpha}$: based on Hα and $SFR_{FIR}$: based on FIR measurements). The resulting $M_0$ is then used to compute the corresponding mass-loading factor $\chi_{ml}$ which we define as:

$$\chi_{ml} = \frac{M_X}{M_0} - 1 \quad (1)$$

$\chi_{ml}$ therefore corresponds to the amount of entrained material relative to the mass of the stellar ejecta. The mass-loading factors $\chi_{ml}$ for our sample of galaxies are estimated to be: $-0.6/0.9$ (NGC 1569), 3.0/1.0 (NGC 3077), 0.7/1.7 (NGC 4214), 5.2/5.4 (NGC 4449), 1.3/0.9 (NGC 5253), and 4.3/0.8 (He 2-10) where the first number is derived from $SFR_{H\alpha}$ and the second figure using $SFR_{FIR}$. These estimates show that at least about the same amount as the stellar ejecta itself was entrained by the superwind. This material must have been shocked and/or boiled off the surrounding, cooler ISM (cf. the models of Weaver et al. 1977; Strickland et al. 2002). In the process, the hot gas was cooled down to the measured temperatures of a few times $10^6$ K (see Table 9), which boosts the X-ray emissivity of the hot gas (see the cooling functions described in Sutherland & Dopita 1993). We note, however, that all of the above values were derived for a volume filling factor of unity and for a metallicity for each galaxy based on that of its H II regions. A lower filling factor, as suggested by the calculations of Strickland & Stevens (2001) or supersolar metallicities (e.g., as derived for NGC 1569 by Martin, Kobulnicky & Heckman 2002) will reduce the need for mass loading.

### 5.8 Thermal energies

The thermal energy ($E_{th}$) of the hot gas is a lower limit to the mechanical energy input of strong stellar winds and SNe. Only in the absence of cooling and under the condition of full thermalisation both energies should be equal. $E_{th}$ depends linearly on the mass of the hot gas and on its temperature. The temperatures of the galaxies in the sample are very similar (see Sect. 5.7). For this reason, the thermal energies vary, as do the masses, over an order of magnitude: $E_{th} \approx 2 - 3 \times 10^{44}$ erg. Most of the thermal energy is stored in the outer regions rather than in the centres of the galaxies which is due to the much larger volume at larger radii. The total thermal energy corresponds to the kinetic energy output of $\sim 2000 - 30000$ SNe. This figure is confirmed by Hα spectroscopy of expanding shells (see Sect. 7). According to the STARBURST99 models, a stellar cluster with a combined mass of $10^6$ M$_\odot$ releases an energy of $\sim 10^{55}$ erg (in the form of SN explosions and stellar winds) which is similar to what we derive for the thermal energies of the hot thermal gas. This is in agreement with the detection of super-stellar clusters in the starburst galaxies (see Paper I for references).

### 5.9 Cooling times, mass deposition rates and velocities

We derive the shortest cooling times ($\sim 50$ Myr) for NGC 3077 and He 2-10. The cooling time is much longer for NGC 1569 and NGC 5253 (590 and 370 Myr respectively) and NGC 4214 and NGC 4449 fall in between (80 and

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1. [http://www.stsci.edu/science/starburst99/](http://www.stsci.edu/science/starburst99/)
parameter for the evolution of the galaxies. Dwarf galaxies, the centres of the galaxies. most of the hot gas is stored in the outskirts rather than in
the outer regions. This can be understood by the fact that
cooling is faster at larger metallicities.

In the sample, a trend can be observed in the sense that the small difference in metallicity between most of the galaxies and the cooling times are shown in Fig. 9. In spite of the massive spirals. The connections between the metallicities in general, have a lower metallicity as compared to more
deed, the rate at which the amount of coronal gas cools down). In-
locities are about the same for all dwarf galaxies considered again indicates that at a given temperature the shock ve-
and outer regions correlate with their temperatures. This
Consequently, SF tracers such as the H\(\alpha\) regions and the more diffuse H\(\alpha\) emission is shown,
i.e., the H\(\alpha\) regions and the more diffuse Ho emission. The
former has been excluded from the surface brightness analysis.

The K-band luminosities of the galaxies (Table 3) may be used as a tracer for their total mass as it is dominated by
low-mass and/or old stellar populations. In Fig. 11 we plot the X-ray luminosity, the thermal energy, and the density of the hot gas as a function of this parameter. Some tentative trends are visible in the sense that the X-ray luminosities and the thermal energies are larger for more massive objects. Also the density of the hot gas appears to be somewhat larger with increased K-band luminosities. The parameters of the hot gas certainly depend on their ambient, gaseous medium. To check this, we plot the X-ray luminosities, the densities, and the pressures of the hot gas as a function of the H\(\alpha\) masses in Fig. 12. Here, the density again appears to be a function of the H\(\alpha\) mass, i.e., a large H\(\alpha\) mass is correlated with a higher density of the hot gas. As the temperatures of the hot gas are relatively uniform over the sample, this trend is also visible when plotting the pressures versus H\(\alpha\) masses. The X-ray luminosity, however, seems not to be related to this parameter.

7 OUTFLOW

We will now discuss the question whether the energetic input of SF in the galaxies may have resulted in gas removal or not. Theoretical models in the literature try to describe the conditions for this scenario (e.g., Mac Low & McCray (1988), Mac Low & Ferrara (1999), Ferrara & Tolstoy (2000), Sillich & Tenorio-Tagle (2001). The escape velocity of the galaxy is a crucial parameter and has to be exceeded by any superwind in order to remove gas from the gravitational well. The escape velocity depends on the mass of the system. It is very difficult, however, to make an accurate estimate of the total dark matter content. Especially for our sample, where at least three galaxies are interacting

![Figure 9. The H\(\alpha\) metallicities of the galaxies plotted against the cooling time of the hot gas.](image)

230 Myr). In general, the cooling times in the centres of the galaxies are shorter than in their outskirts (Table 3). The faster cooling toward the centres of the galaxies, however, does not result in a larger mass deposition rate \(\dot{M}_{\text{cool}}\) (the rate at which the amount of coronal gas cools down). Indeed, \(\dot{M}_{\text{cool}}\) is mostly lower toward the centres than toward the outer regions. This can be understood by the fact that most of the hot gas is stored in the outskirts rather than in the centres of the galaxies.

The ability of the hot gas to cool down is an important parameter for the evolution of the galaxies. Dwarf galaxies, in general, have a lower metallicity as compared to more massive spirals. The connections between the metallicities and the cooling times are shown in Fig. 4. In spite of the small difference in metallicity between most of the galaxies in the sample, a trend can be observed in the sense that the cooling is faster at larger metallicities.

The mean particle velocities fall between \(\sim 300\) and 600 km s\(^{-1}\). Differences between velocities for the central and outer regions correlate with their temperatures. This again indicates that at a given temperature the shock velocities are about the same for all dwarf galaxies considered here (see Sect. 5.3).

6 CORRELATION OF OBSERVATIONAL PARAMETERS

Starburst galaxies are characterised by higher SF rates (SFRs) as compared to quiescent galaxies. The combined effect of type II SNe and strong stellar winds then lead to the heating of the ambient medium to coronal temperatures. Consequently, SF tracers such as the Ho luminosity (from H\(\alpha\) regions), the FIR luminosity or the blue luminosity are expected to be related to hot gas parameters. Whereas the Ho and FIR luminosities are signatures of current SF, the blue luminosity represents young stars which can live up to a few hundred Myr (e.g., Leitherer et al. 1999). It is therefore a tracer of recent rather than current SF. In Fig. 10 we show correlations of these SF tracers with the X-ray luminosity \(L_X\) of the hot gas and its thermal energy \(E_{\text{th}}\) (all fits are forced to incorporate the origin). Best results are obtained for fits excluding He 2-10 and, after converting the Ho and FIR luminosities into SF rates (see Sect. 4), the correlations are listed in Table 5 (note that the absorbing column density of He 2-10 listed in Table 4 is larger for the entire galaxy than for its centre and the correction for absorption might therefore overestimate its X-ray luminosity by an order of magnitude; see also the discussion in Sect. 4.2). In particular, the trends with both, the Ho and FIR SFRs are the same within the errors. Galaxies without diffuse X-ray emission have lower blue luminosities (see also Stevens & Strickland 1998), metallicities (Fig. 7), and SFRs than those with hot gas (but see the relatively large Ho luminosity of VII Zw 403).

Note that the scatter of the Ho-\(L_X\) plot (Fig. 10 [left]) seems to be larger than what is suggested by the surface brightness profiles (Sect. 3 and Fig. 2). Both, the Ho and X-ray surface brightness profiles are very similar which can be explained by the properties of the developing shock fronts. In Fig. 10 [left], however, the total Ho emission is shown, i.e., the H\(\alpha\) regions and the more diffuse Ho emission. The former has been excluded from the surface brightness analysis.

The K-band luminosities of the galaxies (Table 3) may be used as a tracer for their total mass as it is dominated by low-mass and/or old stellar populations. In Fig. 11 we plot the X-ray luminosity, the thermal energy, and the density of the hot gas as a function of this parameter. Some tentative trends are visible in the sense that the X-ray luminosities and the thermal energies are larger for more massive objects. Also the density of the hot gas appears to be somewhat larger with increased K-band luminosities. The parameters of the hot gas certainly depend on their ambient, gaseous medium. To check this, we plot the X-ray luminosities, the densities, and the pressures of the hot gas as a function of the H\(\alpha\) masses in Fig. 12. Here, the density again appears to be a function of the H\(\alpha\) mass, i.e., a large H\(\alpha\) mass is correlated with a higher density of the hot gas. As the temperatures of the hot gas are relatively uniform over the sample, this trend is also visible when plotting the pressures versus H\(\alpha\) masses. The X-ray luminosity, however, seems not to be related to this parameter.
Table 8. Star formation tracers as a function of the X-ray luminosity $L_X$ and the thermal energy $E_{th}$ of the diffuse, hot gas. Shown are the fits for the sample (see Fig. 10). The quantities in the header equal the proportionality constants in the table multiplied by the quantities in the first columns. Values in square brackets exclude He 2-10 from the fits ($SFR_{H\alpha}$ and $SFR_{FIR}$ are the star formation rates derived from H$\alpha$ and FIR luminosities, respectively, $L_B$ is the blue luminosity).

|       | $SFR_{H\alpha}$ | $SFR_{FIR}$ | $L_B$ |
|-------|-----------------|-------------|-------|
| $L_X$ | $[10^{43} M_\odot \text{yr}^{-1}]$ | $[10^{43} M_\odot \text{yr}^{-1}]$ | $[10^8 L_B, \odot]$ |
| $[10^{37} \text{erg s}^{-1}]$ | $1.81 \pm 1.10$ | $4.48 \pm 3.45$ | $15 \pm 11$ |
| $E_{th}$ | $[10^{52} \text{erg}]$ | $7.72 \pm 4.29$ | $7.24 \pm 1.38$ | $88 \pm 39$ |

Figure 10. The SFR tracers H$\alpha$, FIR emission, and blue luminosity as a function of the X-ray luminosity (upper panels) and thermal energy (lower panels) of the hot gas. Least squares fits to the graphs are plotted as dashed (dotted) lines including (excluding) He 2-10. The slopes of these fits are listed in Table 8.

For the highly disturbed galaxies, one would need to elaborate detailed hydrodynamical simulations for a correct description of the fate of the superwinds. However, beyond the scope of this paper. Instead, we discuss the probabilities for escape in the light of the model described by Silich & Tenorio-Tagle (2001) (with galaxy dynamics based on Koo & McKee 1992a; Mac Low & Ferrara 1999). They derive the threshold for the energy input of the starburst required to overcome the gravitational potential based on the ISM mass and the pressure of the surrounding IGM (with a scaling law for dark matter of: $M_{DM} = 3.47 \times 10^8 (M_{ISM}/10^7 M_\odot)^{0.71} M_\odot$). If those thresh-
olds are exceeded, the gas is ultimately lost to the IGM. Their results are shown in Fig. 13. Using their thresholds, the graph is split into an area where the galaxies do not suffer mass loss and an area where mass can escape to the IGM. The plotted thresholds correspond to a galaxy without rotation and is therefore an upper limit for the injected mechanical luminosity to guarantee retention of the gas; when rotation is introduced to their models, the thresholds are lowered. The dotted line in Fig. 13 was computed for an IGM pressure of $P_{\text{IGM}}/k = 100 \text{ K cm}^{-3}$ and the solid line for $P_{\text{IGM}}/k = 1 \text{ K cm}^{-3}$. We plotted the galaxies in our sample in this figure. The mechanical luminosities in Fig. 13(a) are based on Hα long slit spectroscopy of Martin (1998) (I Zw 18, NGC 3077, NGC 4214, NGC 4449, NGC 5253), Ménédes et al. (1999) (He 2-10), and Silich et al. (2002) (VII Zw 403). The mechanical luminosities derived by Martin (1998) depend linearly on the ambient density of the gas. In OMW03, densities were derived for individual superbubbles in the case of NGC 3077 and the total mechanical luminosity shown here is corrected accordingly. For the rest of the sample we use a mean density of $0.1 \text{ cm}^{-3}$. Note however, that the densities of the ambient gas can be an order of magnitude higher (as in the case NGC 3077, see OMW03), and we plot the corresponding luminosities as lower limits in Fig. 13(a). The ISM mass for all galaxies is based on the H I masses taken from Table 4 and are corrected for the contribution of helium by a multiplication of 1.3. As it is difficult to correct for the amount of molecular gas, we do not account for it; if the molecular medium would be as massive as the atomic phase (an extreme scenario) the location of the points on the logarithmic scale used in Fig. 13 would shift by 0.3 to the right.

In addition to the mechanical luminosities derived by Hα spectroscopy, we estimate mechanical luminosities from our X-ray observations in a different, independent manner. The timescale for mass injection was taken as the scale length of the hot gas divided by the mean velocity per particle (see Tables 4 and 6). Subsequently, the thermal energies were divided by the resulting timescales. The luminosities thus obtained are plotted as a function of ISM mass in Fig. 13(b).

Finally, we estimate the mechanical luminosities liberated by the starbursts on the basis of the STARBURST99 models (Leitherer et al. 1999, their fig. 112, see Sect. 5.7 for the parameters of the starburst which we adopt here). Scaling these models by the SFRs given in Table 6 and using the asymptotic solution of the STARBURST99 model (note that the mechanical luminosity stays approximately con-

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**Figure 11.** X-ray luminosity, mass, and density of the hot gas plotted against the $K$-band luminosity of the host galaxy.

**Figure 12.** X-ray luminosity, pressure, and density of the hot gas plotted against the $\text{H I}$ mass of their respective hosts.
Figure 13. Mechanical luminosities of the starbursts within the galaxies as a function of their ISM mass (He corrected H\textsc{i} masses). Shown are theoretical thresholds taken from Silich & Tenorio-Tagle (2001) for non-rotating objects; for objects falling within the region outside of the shaded areas, material is ultimately lost to the IGM, starburst galaxies within the shaded region retain their ISM. The solid threshold was computed for an IGM pressure of $P_{\text{IGM}}/k = 100 \text{ cm}^{-3} \text{ K}$ and the dotted threshold for $P_{\text{IGM}}/k = 1 \text{ cm}^{-3} \text{ K}$. The thresholds are lower when the galaxies are rotating. Mechanical luminosities are derived from (a) H\textsc{\alpha} long slit spectroscopy (lower limits are computed for a lower ambient gas density limit of $0.1 \text{ cm}^{-3}$), (b) X-ray parameters, (c) STARBURST99 models scaled by $SFR_{H\alpha}$, and (d) STARBURST99 models scaled by $SFR_{\text{FIR}}$.

Judging from the mechanical luminosities derived on the basis of H\textsc{\alpha} spectroscopy (Fig. 13(a)), gas loss is predicted for VII Zw 403, NGC 3077, NGC 1569, and NGC 4449. He 2-10, I Zw 18, NGC 4214, and NGC 5253 are not necessar-
ily losing material to the halo given their energetics. Those galaxies can exceed the theoretical thresholds, however, if they rotate fast enough, the ambient densities are higher than the adopted 0.1 cm$^{-3}$ (increasing the mechanical luminosities), or the pressure of the IGM is relatively low. According to the mechanical luminosities estimated from the diffuse X-ray emission (Fig. 15), the starbursts in all galaxies exhibit a sufficient energy deposition rate to push the hot gas away from the galaxies independent of their rotational velocities. The results based on the STARBURST99 models yield a very similar picture, and only the superwinds in NGC 4214 (and maybe VII Zw 403) might be too weak to force gas loss if their rotation is not significant. Fig. 13 therefore strongly suggests that the energy provided by the starburst is sufficient for these galaxies to develop a superwind, leading to a partial loss of the ISM. The observed overpressures of the hot gas as compared to the surroundings support this scenario (Sect. 5.3).

As a caveat, however, the ISM must not be very extended for gas loss to occur (see, e.g., Silich & Tenorio-Tagle 1998, D’Ercole & Brighenti 1999, Silich & Tenorio-Tagle 2001). As seen in Fig. 14, NGC 3077 and NGC 4449 are surrounded by large tidal tails. The same is true for I Zw 18 (see the H$\alpha$ map of van Zee et al. 1993). Inspection of the H$\alpha$ and X-ray morphologies reveals that the diffuse X-ray emission of NGC 3077 is more extended toward the north than toward the south following the largest H$\alpha$ density gradient. Toward the south of NGC 3077, the H$\alpha$ column density stays constant at a level of $\sim 1.5 \times 10^{21}$ cm$^{-2}$ (see OMW03). Once the hot gas reaches the scale length of the H$\alpha$ while maintaining supersonic speed, it will ultimately be lost. As discussed in OMW03 this is likely to happen toward the north of NGC 3077. Gas streaming to the south, however, will likely cool down before reaching the low density IGM beyond the large H$\alpha$ tidal tail (see also Fig. 14), unless SF continues at a high level on timescales exceeding the cooling time.

The case of NGC 4449 is somewhat different. Its H$\alpha$ is distributed in a ring (mean H$\alpha$ column density: $\sim 5 \times 10^{20}$ cm$^{-2}$) tightly surrounding the optical counterpart with tidal tails connected to the ring stretching outward (see Figs. 13 and 14). Currently, the hot gas streams into the interior of the ring which is the region of lowest H$\alpha$ column density. Depending on how much material can accumulate in this region before the hot gas cools down, the superwind may break through this ‘wall’. Even if the hot gas extends further out, it still has to provide the work needed to push the gas aside which is stored in the tidal tails. An escape along the line-of-sight is possibly not a solution as even within the ring low density H$\alpha$ emission is being observed over a large velocity range (Hunter, van Woerden & Gallagher 1999; see also Summers et al. 2003). No current interaction or apparent tidal tails are observed for NGC 4214. Even though the hot gas is concentrated in the central region (see Fig. 14), it is very likely that the hot gas escapes along the line-of-sight which corresponds more or less to the z-axis of this object (note the relatively face-on appearance of NGC 4214).

In summary, dwarf galaxies have the potential to release metals to the IGM in the form of powerful galactic superwinds. This is corroborated by their large mechanical energy inputs in a relatively shallow gravitational potential as well as by the overpressures of the hot gas. The main trigger for starbursts, however, is galaxy-galaxy interactions which produces extended tidal tails, and any low density neutral envelope may provide a barrier for outflow to occur, containing the gas for times larger than the cooling time scale and thus preventing the complete loss of ISM to the IGM.

8 SUMMARY

In Paper I we presented a detailed discussion of the individual X-ray properties as observed with the Chandra X-ray observatory of a sample of eight dwarf galaxies which are in a starburst phase, I Zw 18, VII Zw 403, NGC 1509, NGC 4214, NGC 4449, NGC 5253, and He 2-10. Here we present an inter-comparison of their X-ray properties as well as comparisons with observations at other wavelengths. Our results can be summarised as follows:

- X-ray point sources (detected within the optical or H$\alpha$ extent of an individual galaxy) are mainly observed close to the centres of the galaxies; only a few of them are found in their outer regions. In general, they are located close to bright H$\alpha$ regions, the rims of expanding superbubbles, or UV bright young stellar clusters. The type of X-ray emission mechanism model (power law, thermal plasma, or black body) of the point sources appears to be unrelated to their location.

- The number of point sources correlates with the star formation rates of the galaxies and, with less significance, with their blue luminosities. The cumulative luminosity function of the point sources exhibits a very shallow power law index of 0.24. This value is about a factor of 2–4 lower than that of massive starbursts and about 6 times lower than that of non-starburst galaxies. Ten ultraluminous X-ray sources (X-ray luminosities $> 10^{39}$ erg s$^{-1}$) are detected in three galaxies (I Zw 18, NGC 4449, He 2-10). Each of these galaxies is part of a current interaction or merger.

- Diffuse X-ray emission emerging from the coronal gas in superwinds is detected in six out of eight galaxies. The nondetection in I Zw 18 and VII Zw 403 can be understood as being a result of their smaller sizes and/or their extremely low metallicities as compared to the other galaxies in the sample. We cannot rule out that any hot gas that might have been there at earlier times has either vented into the halo or has cooled so as to become undetectable.

- Superwinds traced by the diffuse, coronal gas develop along the steepest declining gradient in the ISM as observed in H$\alpha$. A higher temperature is observed in the centres of the galaxies as compared to that in their outskirts. For about half of the sample, the X-ray emission extends well beyond the H$\alpha$ component whereas in the other half the hot gas appears to be still enclosed in an H$\alpha$ envelope. On a global scale the azimuthally averaged H$\alpha$ and X-ray surface brightness profiles are very similar and are well fitted by exponential functions with scale lengths $\sim 100 – 200$ pc (NGC 4449: $\sim 550$ pc). This may be a consequence as that on global scales photoionisation and shocks of the H$\alpha$ features as well as the thermalisation of the X-ray emitting gas are all due to the impact of massive stars on the ISM distributed over the discs of the starburst galaxies. On local scales the X-ray and H$\alpha$ emission are either slightly offset or show the morphology of expanding H$\alpha$ shells filled with coronal gas.
Volume densities of the hot gas are in the range $0.02 - 0.06 \, \text{cm}^{-3}$, pressures vary within $1 - 3 \times 10^{7} \, \text{K} \, \text{cm}^{-3}$, thermal energies are $2 - 30 \times 10^{54} \, \text{erg}$, and masses $2 - 20 \times 10^{6} \, \text{M}_{\odot}$. Thus, compared to their H\textsc{i} content, about 1 per cent of the ISM is in the form of hot, coronal gas. The pressures involved are higher than those for the other components of the ISM. This is the most likely force driving the expansion. Mass-loading of a factor of 1 - 5 is needed for the galaxies.

- The X-ray luminosities and the cooling times of the hot gas appear to be related to the metallicities of their host galaxies. Low-metallicity objects have longer cooling times. Furthermore, galaxies with the largest mass-loading factors exhibit the shortest cooling times and the highest mass deposition rates.

- Correlations are found for the H\textsc{i} mass of the galaxies with the pressures and densities of the hot gas. These parameters appear to increase with increasing H\textsc{i} mass, the hydrodynamics of which appear to control the confinement of the hot gas. Such a correlation is only tentatively visible when plotting the hot gas parameters against the K-band luminosities (used as a tracer for total mass of the galaxies). In addition, the X-ray luminosities and thermal energies of the hot gas may be used to trace star formation in the galaxies. A larger sample, however, is needed to strengthen this correlation.

- The mechanical energies, as derived from H\textsc{α} and X-ray observations, are large enough to overcome the gravitational potential of their hosts. In combination with the fact that the current star formation is still high and that the hot gas shows an overpressure compared to the ambient ISM, we conclude that outflows are likely and that the hot, α elements enriched gas component is lost to the IGM. When large scale, low density H\textsc{i} tidal tails are present, however, the hot gas appears to be confined within those tidal structures.

Dwarf galaxies that are undergoing a starburst are important objects to study due to their potential contribution to the metal enrichment of the IGM at large look-back times. The number of dwarf galaxies in the Universe may be large enough to move significant amounts of matter (and thus metals) to the intergalactic medium. Here we have shown that outflows are possible in a number of nearby dwarf starbursts; however some fraction of galaxies will retain their hot gas due to the hydrodynamical drag of extended envelopes of cooler material. Deeper observations of a larger sample of dwarf (starburst) galaxies will be necessary to determine if and in which proportion these objects contribute to the metal enrichment of the Universe.

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