Evaluation of the feasibility of intrapancreatic delivery of drug-loaded microparticles via EUS-guided fine needle injection using a swine model

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ABSTRACT

Background and study aims Patients with pancreatic cancer often have locally advanced or metastatic disease and are not candidates for curative surgery. Polymer-based microparticles (MPs) represent a drug delivery system that offers sustained release of a chemotherapeutic drug after intralesional injection for local tumor management. The aim of this study was to determine the feasibility of endoscopic ultrasound-guided fine-needle injection (EUS-FNI) of drug-loaded MPs tagged with a fluorophore and fiducial markers for locating the injection site. Secondary aims were to determine the tissue-specific effects of MPs.

Methods Five pigs underwent EUS with selection of an injection site within the pancreas that was marked by placing fiducial markers prior to the MPs injection. EUS-FNI of either blank microparticles (BMPs), containing no drug, or gemcitabine-loaded microparticles (GMPs) was performed. A saline flush containing Spot Endoscopic Marker was used to expel any residual MPs in the needle shaft and tattoo the injection site.

Results A green fluorescent protein flashlight was used to successfully identify the site of MP injection sites in the dissected pancreas. Frozen sections of pig pancreas demonstrated a defined deposit, confirming the delivery of the MPs. Finally, fluorescence microscopy showed activation of caspase-mediated cell death in pancreases of animals that received injections of GMPs.

Conclusions This pilot study demonstrated that fiducial marker placement and pancreatic EUS-FNI of MPs was successful in all pigs with no animals demonstrating pancreatitis. Further studies are needed to determine the role for intrallesional injection of drug-loaded MPs in borderline resectable or unresectable pancreatic cancer.

Introduction
In the United States, pancreatic cancer is the fourth leading cause of cancer deaths and is commonly diagnosed at a late stage [1]. The 5-year survival rate for locoregional disease is estimated at 11.5% with the 5-year survival rate of metastatic disease estimated at 2.7%. Approximately 12.5 new cases per 100,000 people per year are diagnosed with pancreatic cancer [1]. Several studies have demonstrated the efficacy of chemotherapeutic agents in unresectable disease [2]. In certain patients with locally advanced unresectable disease, gemcitabine remains a viable option in single or combination therapy as a first-line therapy [3–6].

Use of biodegradable polymers, such as poly (lactic-co-glycolic acid) (PLGA), to encapsulate chemotherapeutic agents for direct injection into malignant tumors has been described in prior studies [7]. Drug-loaded microparticles provide sustained intratumoral release of the chemotherapeutic agent
and lead to less systemic exposure and thus less toxicity [8]. This type of therapy can be considered in patients with borderline resectable disease to convert to surgical candidacy or those with unresectable, locally advanced pancreatic cancer to decrease tumor burden.

Endoscopic ultrasound (EUS) has progressed from existing as a diagnostic tool to serving therapeutic purposes such as fine-needle aspiration and fine-needle injection (FNI) [3, 5, 9]. EUS has been readily used for diagnosis and staging of gastrointestinal tumors and found to be promising in oncologic therapy, including fiducial placement and direct injection of antitumor agents, given its minimal invasiveness and decreased risk for systemic side effects [5].

Methods

Five fasted female Yorkshire pigs (weighing approximately 45 to 50 kg) were sedated by general anesthesia and endotracheally intubated. A linear array echoendoscope (GF UCT 180) and the Aloka 10 EUS processor were used to perform EUS.

Endoscopic ultrasound-guided fine-needle injection technique

The entire pancreas was carefully examined. A site within the neck, body or tail of the pig pancreas was selected for EUS-guided fine-needle injection (EUS-FNI) of drug-loaded microparticles. FNI was limited to these locations in the pancreas because all pancreatic injections were performed via a trans-gastric approach. Injections were not performed in the head of the pancreas because it was technically more difficult to access the head of the pancreas via a transduodenal approach due to swine anatomy.

An injection site in the pancreas was selected either in the neck, body or tail (n = 4) with multiple injection sites selected in pig 5 (n = 1). A 22G fiducial needle was used to deploy a fiducial marker at the location within the pancreas selected for EUS-FNI using the standard technique described [10, 11]. Subsequently the needle with the fiducial marker was withdrawn from the pancreas and the endoscope. Each injection site was marked with one to two fiducial markers using an EUS-FNA needle preloaded with gold fiducial markers (▶ Video 1).

A 22G FNA needle was used to perform EUS FNI at the site where the fiducial marker was just placed in all the pigs (▶ Table 1). A 19G FNA needle also was used for injections in pigs 1 and 4 (▶ Table 1). EUS-FNI of either blank microparticles (BMPs) containing no drug or gemcitabine-loaded microparticles (GMPs) was performed at each site and the nature and volume of the injectate was documented (▶ Table 1). The injection site was again imaged using linear-array EUS and the needle was carefully advanced through the pancreatic parenchyma under real-time US guidance. To facilitate injection of a viscous solution into solid pancreatic parenchyma, it is essential to create a cylindrical space with the core of the EUS needle and this space is what we called creating a “well” with the needle. After creating the “well,” the needle was then slowly withdrawn while the injectate was simultaneously injected in a slow, steady fashion. Power-flow Doppler was turned on prior to injection to visualize and avoid blood vessels in the needle path. A single injection was performed without using the fanning technique. Injection of the microparticles took about 1 minute (▶ Video 2).

A solution of normal saline and microparticles was drawn up to make injection volumes of 2 mL, 3 mL, and 4 mL. EUS-guided injection of either BMPs or GMPs tagged with fluorophore was then performed anterior or posterior to the fiducial marker based on anatomy (▶ Table 1). Care was taken to avoid the main pancreatic duct and any major vasculature. A 1-mL saline flush containing Spot Endoscopic Marker was then used to expel any residual microparticles that may have remained in the needle shaft and to tattoo the injection site. Spot Endoscopic Marker is a sterile carbon black suspension that is used for endoscopically tattooing the gastrointestinal tract. This was documented with pictures and videos.
GMPs and BMPs were formulated in the laboratory. Briefly, (PLGA) polymer (Sigma, P1941 75:25) MPs were prepared using W/O/W emulsion technique [12]. To the primary solution, 10 and 20 mg of gemcitabine (Hospira, Inc) were added and the solution was sonicated at three different time settings (42 and 52 seconds and 1 minute) to determine which time setting gives the optimal diameter for the MPs (~250 microns). Later this solution was added to an external aqueous phase to form the W/O/W emulsion. The MPs were washed three times with sterile phosphate buffered saline. This procedure produced MPs in the range of 200 to 300 microns. The same protocol was followed by the BMPs but water was added instead of gemcitabine.

Detection of apoptosis in pig pancreas

To detect FITC-MPs, the pancreas was cut, embedded in Optimal Cut Temperature (OCT) and sectioned for immunofluorescence visualization. Slides were fixed with acetone and visualized under a fluorescence microscope. Using the FAM-FLICA kit (SR FLICA Poly Caspase Assay Kit, ImmunoChemistry technologies), we detected polycaspase activation by immunofluorescence in all groups. Briefly, tissue sections were fixed with acetone, stained with FLICA to detect active polycaspases and DAPI to stain the nuclei. A minimum of three independent visual fields were evaluated for each section.

HPLC analysis and drug content measurements for polymeric microparticles

MPs were lyophilized then analyzed by HPLC. This analysis was conducted using a HITACHI Elite LaChrome HPLC system with UV diode array detector and auto sampler. A total of 20 μL of samples were separated using a C18 4.6 x 250-mm 5-micron column at 30°C with an isocratic elution starting with 100% H2O for 5 minutes, followed by a gradient towards a volume ratio of 3:17:80 of ACN:MEOH:H2O until 12 minutes and maintained this condition for 1 minute, followed by 100% H2O at 14 minutes for 1 additional minute. Flow rate was maintained at 1 mL/minute throughout the process. GEM was detected at 267nm, and quantified using a standard calibration curve in the range of 0.05 to 1.00 mg/mL. The percent of drug loading of GEM-loaded PLGA microparticles was quantified using preweighed freeze-dried microparticles dissolved in 1 mL of DMSO, followed by brief sonication, and analyzed using the aforementioned HPLC protocol. Drug loading was defined as the percentage of weight of drug detected (mg) by HPLC per weight of microparticles dissolved for the analysis (mg). Encapsulation efficiency was defined as the total drug identified in the formulation, divided by the total drug added (mg) (Table 2).

Post-injection phase

The animals tolerated the procedure well with no immediate adverse events and were subsequently monitored for a total of 7 days post-procedure. Their vitals and feeding habits were monitored as well as any symptoms such as vomiting, de-
creased activity or abdominal distention. After 7 days, the ani-
mals were euthanized and necropsy was performed. The pan-
creas was successfully harvested from all pigs. After identifying
the sites of injection using the fiducial markers and/or the tat-
too site, the pancreas was flash frozen for future analysis
(▶ Fig.1).

Results
Intrapancreatic injection of MPs
The five Yorkshire pigs underwent EUS–FNI without difficulty
and with no complications. A linear hyperechoic focus was no-
ted on EUS upon placement of each fiducial marker (▶ Fig.2).
Each animal also demonstrated an intrapancreatic hypoechoic
focus after injection of the microparticles solution (▶ Fig.2).

Postmortem gross examination of the organs and intra-ab-
dominal cavity was performed (▶ Fig.1). The fiducial markers
and/or injection site tattoo were identified in four of five pigs. In pig 4, neither a fiducial marker nor a tattoo was identified but
a nodule was found within the pancreas indicating the injection
site. After necropsy, gross examination with a green fluorescent
protein flashlight was also used on each pig pancreas and
successfully identified the site of one of four pig pancreases
that were injected with fluorescently labeled BMPs (pig 1)
(▶ Fig.1). The dissected organs harvested during necropsy
were then flash-frozen. Serum lipase levels were measured
prior to the procedure for a baseline level and then subsequent-
ly at Day 7 prior to euthanasia. There was no elevation in base-
line serum lipase levels 7 days post-procedure when compared
to the pre-procedure level to indicate onset of pancreatitis.

Pig 1 underwent one injection in the body of the pancreas
and one injection in the tail of the pancreas consisting of 2mL
of BMPs each. A total of three fiducial markers were placed. The
decision was made to inject the site anterior or posterior to
the fiducial markers depending on anatomy. On gross examination,
one of the three fiducial markers was identified as well as the
tattooed area containing Spot Endoscopic Marker. (▶ Table1)
Based on the appearance of the fiducial marker on EUS ima-
erg, it was decided to place two fiducial markers in tandem for
all of the subsequent injections as this resulted in a prominent

▶ Fig. 1  Gross examination of pig pancreas after necropsy. a Pig 3 intact pig pancreas. b Pig pancreas demonstrating fiducial marker (black
arrow) and spot ink tattoo (blue arrow) in pig 3. c Pig pancreas demonstrating fiducial marker in pig 5. d Green fluorescent protein flashlight
shows FITC excitation in BMP injection site. Pig pancreas demonstrated tattoo (site of Spot ink injection) and green fluorescence indicating site
of BMP injection in pig 1.
hyperechoic focus, improving visibility of the markers and facilitating subsequent injection of the microparticles (Fig. 2). On gross examination, microparticles deposits were identified within the pig pancreas. The adjacent tissue within the pancreatic tail served as a control for each individual pig to ensure that the microparticles deposit did not migrate inside the pancreas (Fig. 3a, Fig. 3b).

Pig 2 underwent two injections of GMPs consisting of 2 mL each after placement of a total of four fiducial markers (2 markers were placed in the body of the pancreas and 2 within the tail of the pancreas). On gross examination, the two fiducial markers within the tail of the pancreas were identified. There was a firm nodule identified at the second injection site within the body of the pancreas (Fig. 3a, Fig. 3b) thereby identifying the second injection site (Table 1).

Pig 3 underwent two injections with two fiducial markers placed in the body of the pancreas and two in the tail of the pancreas. Subsequently, a solution of 3 mL of GMPs was injected in the body and an additional 3 mL was injected in the tail. During gross examination of the tail, the fiducial markers were identified as well as the tattooed area. Pig 4 underwent a 4-mL injection in the tail and a 2-mL injection in the body. A nodule was palpated in the tail of the pancreas of pig 4 indicating the site of the larger injection. Both pigs 3 and 4 showed a deposit of GMPs in the center of the tail. Adjacent tissue was used as a control to evaluate for MP deposit (Fig. 3a). Because the MPs...
Fig. 3 Gemcitabine-loaded microparticles deposit as a nodule inside the tissue as shown one week after the injection. 

**a** The top set of figures show the four pigs with microparticles deposit inside the pancreatic tissue (green). The lower set of figures were used as controls of the injections, an adjacent sample was taken next to the deposit to show the specific location of the microparticles. 

**b** Areas close to the center where the nodule was detected for each of the pigs using fluorescence microscopy.
were labeled with FITC, the deposits showed a green/yellow color, which is unique for the MPs (Fig. 3b).

Lastly, pig 5 underwent three injections of 2 mL each throughout the tail and body of the pancreas with each injection being approximately 2 cm apart. When the tail was examined for a deposit, we were not able to localize the MP deposit in the tail of the pancreas. Therefore, pig 5 was excluded from the fluorescence section staining. Pig 5 was the only pig in which a fiducial marker was found outside of the pancreas within the peritoneum.

Detection of apoptosis
In addition, after identifying the nodule of MPs in the pigs, the tissues were frozen in OCT compound and sectioned (5 μm) to visualize FITC-MPs and apoptosis. Each cut was done every 750 microns from one surface to the other and pictures were taken at all levels to detect levels of apoptosis. Because the nodules were localized towards the center of the tissue, we observed activation of apoptosis in this area in the groups injected with GMP (pigs 2, 3 and 4). Adjacent tissue from where the nodule was located was used as control to ensure that the MP deposit stayed within the area of injection. Pig 1 was used as control with BMP and we detected a few cells undergoing apoptosis in the tissue with the nodule or the adjacent tissue (Fig. 4a). In contrast, the tissue sections injected with GMPs displayed groups of cells undergoing apoptosis (Fig. 4b–d).

HPLC evaluation
Using HPLC, we were able to calculate the drug loading (DL) and encapsulation efficiency (EE) for the GMPs. Based on the literature, the DL should be around 2% to 5% and the EE around 50% when using PLGA and gemcitabine. Interestingly, we obtained similar numbers as those published in the other literature for DL (Table 2) [13–16]. Our EE was lower than average, especially in the 20-mg GMPs. This could be attributed to the attempt to dissolve high amounts of drug with a fixed amount of polymer. Interestingly, it appeared that the 10-mg GMPs sonicated at 45 seconds showed a better DL and EE than the ones sonicated with 20 mg of drug at 52 seconds. We believe this phenomenon could be due to variance in sonication time when formulating the MPs. This may have a stronger impact on drug loading than the other parameters. There is potentially an opportunity to improve the EE, although the DL are as expected in the literature.

Discussion
In 2018, 55,440 new cases of pancreatic cancer were estimated in the United States with over 44,330 deaths predicted within the same year [17]. Although there has been an improvement in survival rates among most other cancers, the 5-year survival rate among patients with pancreatic cancer has increased modestly from 3% to 8%. This can be attributed to diagnosing pancreatic cancer at a late stage and the slow advances in developing new treatment modalities.

EUS has proven useful in diagnosis and staging of various gastrointestinal and pancreaticobiliary malignancies. In addition to serving as a diagnostic modality, EUS has evolved into providing oncologic therapeutic options including brachytherapy, celiac plexus neurolysis, fiducial marker placement, EUS-guided ablation, and antitumor agent injection [18, 19].

Local tumor therapy has been explored as a viable concept in multimodality therapy of unresectable pancreatic cancer in many pilot studies but failed to demonstrate a survival benefit. There is, however, opportunity to improve the nature of the injectate used and exploring the feasibility of combining it with stereotactic radiation therapy.

EUS-guided fiducial marker placement is performed in patients with locally advanced pancreatic cancer to facilitate stereotactic radiation therapy [10, 11, 14, 20]. Our study is the first to attempt fiducial marker placement at the site of EUS-FNI of MP labeled with fluorophore.

Systemic chemotherapy has been shown to be effective in some patients with advanced unresectable local disease for decreasing tumor burden [8, 21, 22]. Development of EUS-FNI has expanded the therapeutic role advanced endoscopists can play in treating pancreatic cancer [3, 5]. Intratumoral injections of chemotherapeutic agents provide direct tumor therapy with decreased systemic exposure to toxic agents through a minimally invasive procedure. Levy et al. performed a prospective study in which 36 patients with stage II to IV pancreatic cancer underwent intratumoral EUS-FNI with gemcitabine. Among patients with stage III, unresectable disease, four patients were able to be down-staged and subsequently underwent R0 resection [23].

The literature has described several studies with varying approaches to local therapy for pancreatic cancer. A surgical approach has been described in the past in which Takekuni et al. locally injected a mixture of OK-432 (picibanil), fibrinogen, and thrombin into a patient with unresectable pancreatic cancer and demonstrated a decrease in tumor size and markers [24]. Subsequently, computed tomography (CT)-guided injections were described in the literature. Mulvihill et al. analyzed the safety and feasibility of CT-guided intratumoral injections of ONYX-015, a recombinant adenovirus, in patients with locally advanced pancreatic cancer [25]. Intratumoral pancreatic injection with ONYX-015 and gemcitabine has also been described by Hecht et al. [26]. Other studies have described successful interstitial injections into the pancreas of both swine and canines with no AEs or evidence of pancreatitis [7, 8, 27, 28]. The feasibility of Oncogel injection into the pig pancreas has been demonstrated as has the feasibility of EUS-guided injection of irinotecan-loaded microspheres into the swine pancreas [7, 27, 28].

In this study, the effects of intrapancreatic injection of BMPs and GMPs into swine pancreas were investigated. This is a novel approach that allows for chemotherapeutic agent encapsulated within the microparticles to be slowly released over time as the microparticles degrade by hydrolysis. Pancreatic cancer has been associated with a significant desmoplastic response which ultimately can create a barrier and limit the amount of drug reaching the tumor when administering systemic chemotheraphy. Development and progression of pancreatic cancer are in part attributed to this desmoplastic response [23, 29, 30].
Fig. 4 Activation of apoptosis in pig tissues injected with the drug-loaded microparticles. **a** One week post-injection, the tail with the 2-mL BMPs deposit with limited caspase-mediated cell death using FAM-FLICA fluorescent reagent (red). The nuclei of the cells were stained with DAPI (blue). The same results are observed in the adjacent control tail tissue. The images were taken close to the center (6,000 um depth) of the pancreatic tissue block. **b** One week post-injection, the neck with the 2-mL GMPs nodule moderately activates caspase-mediated cell death (red) in the surface and the center of the pancreas. The nuclei of the cells were stained with DAPI (blue). As a control, apoptosis was not detected in the adjacent tissue from the neck. The images were taken close the center (~5,000 um) of the tissue block for the site of injection and the adjacent area. **c, d** The 3-mL and 4-mL deposits, respectively, showed activation of caspase-mediated cell death (red) of groups of cells in the center of the pancreas with the nodule. As a control, apoptosis was not detected in the adjacent tissue from the tail. The images were taken close to the center (~5,000 um) of the tissue block for the site of injection and the adjacent area. All pictures were taken with 10 × magnification.
There is evidence of heterogeneity and interpatient variability among pancreatic cancers and their response to therapy, which can in part be due to this response [29]. Chemoresistance can therefore occur due to inadequate tumor penetration of the therapeutic agent [23]. Use of drug-loaded MPs has the potential to bypass these limitations.

We successfully injected the pancreas of five pigs and demonstrated that the animals tolerated the procedure well with no post-procedure AEs including no evidence of pancreatitis. Several volumes of injectate were utilized to evaluate whether larger volumes were associated with any evidence of pancreatitis or AEs. There was no evidence of pancreatitis with single injections of 2 mL, 3 mL or 4 mL. Each pig received a cumulative injection volume of 4 mL to 6 mL with no histologic evidence of inflammation or clinical or biochemical evidence of pancreatitis.

We also have demonstrated the feasibility and safety of performing EUS-guided fiducial marker placement and EUS-FNI of MPs in the same session. This is relevant to management of locally advanced pancreatic cancer in most institutions in the United States that offer image-guided radiation therapy to these patients to achieve local control and improve resectability. We had planned to inject quantities up to 4 mL in addition to fiducial marker placement in this pilot study and wanted to select the part of the pancreas that would be conducfive to perform the FNI of up to 4 mL of injectate and the fiducial marker placement. For our porcine study we had available only a therapeutic EUS linear scope to perform EUS-FNI in the pancreas. We felt that a transduodenal approach using a therapeutic echoendoscope might have additional technical challenges that could have confounded our results when taking into consideration swine anatomy. To achieve all the above objectives with the endoscopes available, we felt that the body/neck and tail of the pancreas were the best targets.

We established that we were able to efficiently deliver the microparticles into the pancreas, which was corroborated by deposits or nodules noted on gross examination in the areas where the needles were directed. We used adjacent tissue as controls and we did not detect a nodule or activation of apoptosis outside the areas of injection, indicating that release of drug was confined within the area of injection. In addition, we detected global activation of apoptosis in the pigs that received drug was confined within the area of injection. In addition, we detected global activation of apoptosis in the pigs that received fluorescent-labeled GMPs are another method of localizing injection sites but the dose of fluorophores needs to be studied further.

Pancreatic cancer often requires treatment with a multimodal approach and at times cannot be cured with surgery alone [21]. Targeted treatment with intratumoral injections of a chemotherapeutic agent that can provide sustained release of drug is a novel approach that deserves further investigation. This approach can potentially be offered to patients with borderline resectable disease to downsize tumor and then be considered for surgery or to those with locally advanced unresectable pancreatic cancer. EUS-FNI has the potential to play a pivotal role in the future of targeted cancer therapy. Challenges and potential technical issues addressed in this study included the ease of injection with two different gauge needles in addition to assessing the ease of injection of the solution containing the MPs and demonstrating no AEs.

Conclusion

In conclusion, we have demonstrated that EUS-FNI is a viable option for intratumoral injection of the pancreas with fiducial markers and varying volumes of drug-loaded MPs with no AEs noted as well as potential efficacy. Our pilot study demonstrates the feasibility and safety of EUS-guided fiducial marker placement combined with EUS-FNI of drug-loaded microparticles in the same session in pigs. Further studies are needed to determine the role for intralesional injection of drug-loaded microparticles in borderline resectable and unresectable pancreatic cancer.

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Competing interests

None

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