Universal emergence of the one-third plateau in the magnetization process of frustrated quantum spin chains

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(Dated: September 21, 2006)

We present a numerical study of the magnetization process of frustrated quantum spin-S chains with \( S = 1/2, 3/2, 2 \) as well as the classical limit. Using the exact diagonalization and density-matrix renormalization techniques, we provide evidence that a plateau at one third of the saturation magnetization exists in the magnetization curve of frustrated spin-S chains with \( S > 1/2 \). Similar to the case of \( S = 1/2 \), this plateau state breaks the translational symmetry of the Hamiltonian and realizes an up-up-down pattern in the spin component parallel to the external field. Our study further shows that this plateau exists both in the cases of an isotropic exchange and in the easy-axis regime for spin-\( S = 1, 3/2, \) and 2, but is absent in classical frustrated spin chains with isotropic interactions. We discuss the quantum phase diagram of frustrated spin-1 and spin-3/2 chains as well as other emergent features of the magnetization process such as kink singularities, jumps, and even-odd effects. A quantitative comparison of the one-third plateau in the easy-axis regime between spin-1 and spin-3/2 chains on the one hand and the classical frustrated chain on the other hand indicates that the critical frustration and the phase boundaries of this state rapidly approach the classical result as the spin \( S \) increases.

I. INTRODUCTION

The search for novel quantum phases has been a strong motivation for theoretical investigations of quantum spin models. Quantum states that do not resemble classically ordered magnetic states may be realized as a consequence of reduced dimensionality or competing interactions. Famous examples are the Haldane phase of integer spin chains, 1 or the spin liquid ground states of spin-1/2 ladder systems, 2 both of which exhibit a finite spin gap. 3–5

The presence of competing interactions causes frustration and drives quantum phase transition, 6 as for instance in the frustrated spin-1/2 chain that undergoes a transition from a critical, gapless phase into a spontaneously dimerized one. 7,8 Of great interest are the excitations above these ground states, which are reflected in experimentally accessible quantities such as thermodynamic properties.

Here we are concerned with the interplay of frustration and an additional external parameter, the magnetic field. A magnetic field can close zero-field gaps, but may as well induce gapped magnetic excitations in finite fields. 9,10 The magnetic phase diagram can experimentally be mapped out by studying the magnetization process, which theoretically may be computed by means of powerful and flexible numerical methods such as the density matrix renormalization group technique (DMRG). 11,12

One of the intriguing features of the magnetization curve of low-dimensional quantum magnets is the emergence of plateaux at finite magnetic field, which indicate the presence of massive excitations. This phenomenon has been predicted for several low-dimensional spin models. 9,10,13–29 Experimentally, it has been observed in many quasi-low dimensional magnetic materials, realizing networks of spin-1/2 (Refs. 30–34) as well as of spin-1 moments. 35 It is the purpose of this work to study the magnetization process of frustrated quantum spin chains with \( S > 1/2 \) and establish the existence of a plateau state at one third of the full magnetization \( M \).

The possible existence of magnetization plateaux in quantum spin chains was predicted by Oshikawa, Yamanaka, and Affleck. 9 A notable result of this work provides a necessary condition for the existence of plateau states at finite \( M \):

\[
pS(1 - M) \in \mathbb{Z}.
\]

Here, \( S \) is the spin, \( p \) denotes the period (or length of the elementary unit cell) of the plateau state in real space. The theorem implies that \( M \) always has a rational value on any plateau and it allows for translational invariance to be broken spontaneously, i.e., \( p \) can be larger than 1. Note that unfrustrated spin-\( S \) chains usually show a smooth magnetization curve, as has been known for quite some time already; 36 implying that competing interactions beyond a simple nearest neighbor model, anisotropies, or special geometries are responsible for the plateau formation. Indeed, theoretically, the existence of plateaux has been established for, e.g., \( S = 3/2 \) chains with onsite anisotropy 37,38,39 at \( M = 1/2 \), in frustrated and dimerized spin-1/2 chains at \( M = 1/4 \), 40 three leg ladders at \( M = 1/3 \), 41 or exotic models such as the orthogonal dimer chain. 42

The simplest model with competing interactions in one dimension is a spin-1/2 chain with nearest-neighbor (NN) and next-nearest-neighbor (NNN) exchange interactions, also called a zigzag ladder. Only quite recently the existence of a \( M = 1/3 \) plateau in the magnetization curve of frustrated antiferromagnetic \( S = 1/2 \) chains has been revealed by DMRG calculations. 43 The plateau is accompanied by broken translational symmetry with a period \( p = 3 \) and an up-up-down (uuu) structure in the spin
component parallel to the external field. While several higher-$S$ chain models have been studied in the context of magnetization plateaux, the case of frustrated chains with $S > 1/2$ has not been addressed in sufficient detail. In particular, the existence of the $M=1/3$ plateau in these systems, which we report in this work, has not been explored. Our main result, based on exact diagonalization (ED), DMRG, classical Monte-Carlo simulations (MC), and spin-wave theory, is that the $M=1/3$ plateau is realized in frustrated quantum spin chains with $S > 1/2$ in the case of isotropic exchange and in the easy-axis regime as we show for the specific examples of $S=1$, $3/2$, and $2$. As for spin-1/2, this plateau always has broken translational symmetry with period $p = 3$ and the $uud$ structure.

A $M=1/3$ plateau with this Néel-type of order emerges in the Ising-limit of both quantum and classical frustrated chains (see Ref. 40 and further references therein). While the classical frustrated chain does not exhibit a finite magnetization plateau in the case of isotropic interactions as we show in this work, the $M=1/3$ plateau is stable against quantum fluctuations. The parameter region, however, where such plateau exists for the case of isotropic interactions shrinks as the spin grows. As we compute the full magnetization curves, we also obtain information on other intriguing features such as kink singularities, macroscopic jumps, and even-odd effects in the magnetization curve, and a very rich phase diagram is indeed found. We present a qualitative discussion of the magnetic phase diagram of spin-1 and spin-3/2 chains, which extends the picture emerging from previous studies for zero and finite magnetic fields.

In contrast to the case of isotropic interactions, we find that the $M=1/3$ plateau region prevails in a substantial part of the magnetic phase diagram in the easy-axis regime. Its boundaries rapidly approach the classical result in the easy-axis regime. To this end, we study the magnetic phase diagram of the classical frustrated chain as well by means of MC simulations and linear spin-wave theory, aiming at a comparison of emergent phases with the quantum cases of $S=1$ and $S=3/2$.

In a very recent experimental study, a $M=1/3$ plateau has been observed in the frustrated diamond spin-1/2 material Cu$_3$(CO$_3$)$_2$(OH)$_2$ (Ref. 33). The existence of a $1/3$ plateau has also been reported for the spin-1/2 trimer compound Cu$_3$(P$_2$O$_6$OH)$_2$ (Ref. 34). Our results may be of particular relevance for materials that have been suggested to realize frustrated spin-1 chains. One example is CaV$_2$O$_5$ with competing next and next-nearest neighbor antiferromagnetic interactions. A promising family of materials realizing higher spin-$S$ zigzag chains is NaR(WO$_3$)$_2$ where R represents In, Sc ($S=0$), Cr ($S=1/2$), and V ($S=0$ or $S=1$). The exchange constants in the latter case are estimated to be of the order of 180K, which may be small enough to access a substantial part of the magnetization curve. Finally, the formation of spin-1 zigzag chains has recently been reported for Tl$_2$Ru$_2$O$_7$, for which a Haldane gap of 110K is found. We hope that our results will stimulate the search for the one-third plateau in potential frustrated spin chain materials.

The rest of the paper is organized as follows. In Sec. II, we introduce the model and briefly discuss the numerical techniques employed in this work: DMRG, Lanczos, and MC simulations. In Sec. III, we present our numerical results for the magnetization process of frustrated spin chains with $S=1$, $3/2$, and $2$ and isotropic interactions. We demonstrate the existence of the $M=1/3$ plateau for these quantum spins and numerically determine the phase boundaries of the plateau region for spin $1$ and $3/2$ in the field vs frustration plane. We study the magnetization process of spin-1 chains in more detail, focusing on (i) kink singularities in the magnetization curve, (ii) low-field phases, and (iii) the combined effect of frustration and onsite anisotropies. The latter is important as most materials that realize Hal-dane chains have a substantial single-ion anisotropy. In Sec. IV, we turn to the case of anisotropic frustrated chains in the easy-axis region. The main purpose of this section is to demonstrate how the $M=1/3$ plateau observed in frustrated quantum spin-$S$ chains is connected to the classical limit. To this end, we first analyze a classical frustrated spin chain by means of MC simulations, which allows us to map out the ground-state phase diagram of the classical model in a finite magnetic field. Analytical results for several phase boundaries are presented. We then perform DMRG calculations for frustrated spin-1 and spin-3/2 chains at (i) a fixed exchange anisotropy, varying the frustration, and (ii) at a fixed frustration, varying the exchange anisotropy, and determine the phase boundaries of the $M=1/3$ state for these two cases. A summary and conclusions are presented in Sec. IV. An Appendix is devoted to the details of a linear spin-wave calculation for the $M=1/3$ plateau state in the classical limit.

II. MODEL AND METHODS

The Hamiltonian of a frustrated spin-$S$ chain with on-site anisotropy $D$ in a magnetic field $h$ reads:

$$H = \sum_i [J_1 \mathbf{S}_i \cdot \mathbf{S}_{i+1} + J_2 \mathbf{S}_i \cdot \mathbf{S}_{i+2} - hS_i^z + D(S_i^z)^2],$$

where $J_1 > 0$ and $J_2 > 0$ are the antiferromagnetic NN and NNN exchange integrals, respectively. Here, $\mathbf{S}_i = (S_i^x, S_i^y, S_i^z)$ denotes a spin-$S$ operator acting on site $i$. We also include an exchange anisotropy $\Delta$, the same for the NN and NNN interactions. Hence, in our notation, with the usual definition of raising and lowering operators $S_i^\pm = S_i^x \pm iS_i^y$:

$$\mathbf{S}_i \cdot \mathbf{S}_j \equiv \frac{1}{2} (S_i^+ S_j^- + S_i^- S_j^+) + \Delta S_i^z S_j^z.$$  

We restrict our analysis to $\Delta \geq 1$, and we set $J_1 = 1$ and $D = 0$ unless stated otherwise. The following normal-
ization for the magnetization is used [this also applies to Eq. (1)]:

\[ M = \frac{S_{z_{\text{total}}}}{SN}, \quad S_{z_{\text{total}}} = \sum_i S_i^z, \quad (4) \]

where \( N \) is the total number of sites in the chain. Thus, \( M=1 \) at the saturation field \( h_{\text{sat}} \).

We compute the ground-state energies \( E_0(S_{z_{\text{total}}}, h = 0) \) in subspaces labeled by \( S_{z_{\text{total}}} \) on chains with periodic boundary conditions (PBC) using the Lanczos algorithm. The ground-state energies of substantially larger chains with open boundary conditions (OBC) are calculated with DMRG. Typically, we keep up to \( m = 400 \) states in our DMRG calculations. Then, we include the Zeeman term and obtain the field-dependent ground-state energies

\[ E_0(S_{z_{\text{total}}}, h = 0) = E_0(S_{z_{\text{total}}}, h = 0) - h S_{z_{\text{total}}}. \quad (5) \]

The magnetization curves are constructed by solving the equations \( E_0(S_{z_{\text{total}}}, h_{\text{step}}) = E_0(S_{z_{\text{total}}} + s, h_{\text{step}}) \), which define those magnetic fields at which the magnetization increases from \( M = S_{z_{\text{total}}}/(NS) \) to \( M' = (S_{z_{\text{total}}} + s)/(NS) \). Steps larger than \( s=1 \) may occur.

In the classical limit, we treat \( S_i \) as three-dimensional unit vectors given by the polar angle \( \Theta_i \) and azimuthal angle \( \phi_i \). For each value of \( h \), we find the ground state of \( H \) using the “simulated annealing” classical MC algorithm. Starting from a random configuration of angles \( \{\Theta_i, \phi_i\} \) and an initial inverse temperature \( \beta = \beta_{\text{in}} \), we proceed as follows. We perform sweeps through the chain, and for each site \( i = 1, \ldots, N \), two steps are performed: (i) The energy \( E = E(\{\Theta_i, \phi_i\}) \) of the current configuration is calculated from Eq. (2). (ii) New angles \( \Theta_i' = \Theta_i + r \cdot w \) and \( \phi_i' = \phi_i + r \cdot w \) are tried, where \( r \in [0,1] \) is a random number and \( w \) is the maximal change allowed. The new angles are accepted with probability \( p = \min\{\exp[\beta(E - E')], 1\} \), where \( E' = E(\{\Theta_i', \phi_i'\}) \) is the energy of the configuration with \( \Theta_i \) and \( \phi_i \) replaced by \( \Theta_i' \) and \( \phi_i' \). After each sweep through the chain, \( \beta \) is multiplied by the factor \( (\beta_{\text{in}}/\beta_{\text{in}}')^{1/G} \), where \( \beta_{\text{in}} \) is the final inverse temperature and \( G \) is the number of sweeps. \( w \) is adjusted such that the acceptance ratio is kept close to 50% for efficiency. Typically, we use \( \beta_{\text{in}} = 0.5, \beta_{\text{in}} = 10, \) and \( G = 10^5 \). This slow-cooling technique prevents the simulation from getting stuck in local minima in the energy landscape in most cases. Sometimes, close to phase boundaries, the system gets trapped in local minima, but repeating the algorithm a few times for the same set of parameters usually solves the problem. After \( \beta_{\text{in}} \) has been reached, we fine-tune the ground-state energy by repeating steps (i) and (ii) with \( \beta = \infty \) for several sweeps until the energy change after a sweep becomes negligible.

**FIG. 1**: (Color online) Magnetization curve \( M(h) \) for frustrated chains with an isotropic exchange (\( \Delta = 1 \)) for (a) \( S=1 \) \((J_2 = 0.4)\), (b) \( S=3/2 \) \((J_2 = 0.4)\), and (c) \( S=2 \) \((J_2 = 0.36)\). Solid(dashed) lines are DMRG(ED) results. The horizontal dotted lines mark \( M=1/3 \) and \( M=1 \).

### III. MAGNETIZATION PROCESS OF FRUSTRATED QUANTUM SPIN CHAINS WITH ISOTROPIC EXCHANGE INTERACTIONS

In this section we present results for the magnetization curves of frustrated spin-\( S \) chains with \( \Delta = 1 \). As a main result of this paper, we provide numerical evidence that the \( M=1/3 \) plateau, previously observed in the magneti-
zation curve of frustrated spin-1/2 chains, \(J_{2} = 0.4\) exists for higher spins as well. The boundaries of the plateau phase strongly depend on \(S\), and the region in the \(h-J_{2}\) plane where the \(M=1/3\) state is realized shrinks as a function of \(S\). Our MC simulations in the classical limit show no evidence for a magnetization plateau in the isotropic case.

A. Magnetization curves of frustrated \(S=1, 3/2,\) and 2 chains

The magnetization curves at an intermediate frustration strength are presented in Fig. 1 for the cases of spin 1 [Fig. 1(a), \(J_{2} = 0.4\)], spin 3/2 [Fig. 1(b), \(J_{2} = 0.4\)], and spin 2 [Fig. 1(c), \(J_{2} = 0.36\)]. The magnetization plateau at \(M=1/3\) is clearly observed in all three plots, and it can thus be considered a universal feature of frustrated quantum spin chains. In accordance with the criterion Eq. (1) for the plateau formation, the translational invariance of the Hamiltonian is broken on the plateau, leading to a state with period \(p = 3\) and an \textit{udu} pattern in the onsite spin density \(\langle S_{i}^{z}\rangle\) parallel to the external field. The local spin densities corresponding to the plateau state are shown in Fig. 2.\(^{52}\) As we use OBC suited for DMRG calculations, one of the three possible patterns (\textit{up-down-up}, \textit{up-down-up}, \textit{down-up-up}) is selected as a unique ground state due to energetically preferred orientations of edge spins, pointing up in our case. We further observe deviations from the perfect \textit{up-down-up} pattern, selected in our case, at the boundaries: edge-spin induced spin-spin correlations decay into the bulk.

Let us briefly comment on additional features of the magnetization curves presented in Fig. 1. In the case of spin 1 shown in Fig. 1(a), we identify at least six regions, labeled (i)-(vi) in the viewgraph. First, the Haldane gap\(^{1,4,42}\) shows up as a zero-field plateau. A specialty of open spin-1 chains is the presence of effective spin-1/2 edge spins which have been studied in detail both for unfrustrated\(^{4}\) and frustrated chains.\(^{42,51}\) These edge spins couple to the so-called Kennedy triplet, which in the thermodynamic limit is degenerate with the ground state.\(^{53}\) The existence of the effective free spin-1/2 edge spins emerges naturally within the AKLT (Affleck-Kennedy-Lieb-Tasaki) description of the ground state of a spin-1 chain.\(^{4,54}\) Within our numerical precision, this triplet causes a zero-field magnetization of \(M = 1/N\) seen in the Haldane phase. Similar edge spin effects are present in all open spin-\(S > 1/2\) chains (see, e.g., Ref. 51 and references therein): spin-3/2 chains have spin-1/2 edge spins whereas spin-2 chains have spin-1 edge spins, which consistently result in spurious \(M = 1/N\) and \(M = 2/N\) zero-field magnetizations seen in Figs. 1 (b) and 1(c).

At \(h \approx 0.82\), the frustrated spin-1 chain enters a second region where the magnetization initially increases with a steep slope but then follows \(M(h) = \sqrt{h - 5}\) with \(b \approx 0.74\) for \(h \gtrsim 0.9\). The \(M=1/3\) plateau is realized for \(1.74 \lesssim h \lesssim 1.99\). Note, however, that the phase boundaries of the plateau state cannot directly be obtained from \(N = 120\) sites for this frustration parameter, as finite-size effects are still significant in this regime. Both below and above the plateau (indicated as region iv), the magnetization increases in steps corresponding to \(\Delta S_{\text{total}} = 2\). This may indicate binding effects between the elementary excitations in finite magnetic fields. In the high-field region below the saturation field, we highlight the presence of a \textit{kink} in the magnetization curve at \(h \approx 3.89\), which correspond to jumps in the differential susceptibility \(dM(h)/dh\). This kink splits the high-field region into parts (v) and (vi). A second, less obvious kink may exist at smaller fields \(h \approx 2.8\). The kink singularities are related to middle-field \textit{cusp} singularities recently studied in the literature.\(^{57,55,56}\) We will discuss the kink singularities in more detail in Sec. III C.

Apart from the \(M=1/3\) plateau, the prominent features of the magnetization curve of a frustrated spin-3/2 chain with \(J_{2} = 0.4\) are the zero-field gap and several kinks. At zero magnetic field, the frustrated \(S=3/2\) chain is gapless for \(J_{2} \lesssim 0.29\) and in a critical phase with antiferromagnetic correlations, while a gap opens beyond this value.\(^{51}\) This transition at zero field is of the

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![Image](image-url)
Kosterlitz-Thouless type and is similar to the behavior of the frustrated $S=1/2$ chain. At larger $J_2 \gtrsim 0.29$, the system enters a dimerized phase, with a finite spin gap seen in Fig. 1 (b). For the case of $h > 0$, several kink singularities exist in the magnetization process of spin-3/2 chains both below and above the plateau, as is indicated in Fig. 1(b). The derivative of the ground-state energies $E_0(S_{\text{total}}^2, h = 0)$ with respect to $M$ exhibits discontinuous changes of the slope where the kinks emerge in the magnetization curve, indicating at second-order transitions. Similar to the case of spin 1, the magnetization increases in steps corresponding to $S_{\text{total}}^2 = 3 = 2S$ around the plateau. This hints at a very rich phase diagram in a magnetic field that deserves to be explored in more detail.

The magnetization curve of frustrated spin-2 chains at $J_2 = 0.36$ exhibits a zero-field Haldane gap, similar to the case of spin 1, kinks at high fields, and the $M=1/3$ plateau.

**B. Magnetic phase diagram of frustrated spin-1 and 3/2 chains with isotropic exchange interactions:**

**The $M=1/3$ plateau region**

We next discuss how the boundaries of the plateau region depend on spin $S$. First, we present results for the critical frustration for the plateau formation in Table I. Second, the phase boundaries are determined as a function of frustration $J_2$ for spin 1 and spin 3/2 and these results are summarized in Fig. 3. Finally, we present a discussion of additional phases present in the case of spin $S=1$ in a separate section, Sec. III C.

Since the plateau is induced by frustration, we expect it to vanish as $J_2 \to 0$, as well as for $J_2 \gg J_1$. In the latter case, the system separates into two decoupled unfrustrated NN chains. For the extreme quantum case of $S=1/2$, DMRG studies report the existence of the plateau for $0.56 \lesssim J_2/J_1 \lesssim 1.25$. On the other hand, as mentioned earlier, our MC simulations for a classical frustrated spin chain indicate the absence of the $M=1/3$ plateau in the isotropic case $\Delta = 1$, thus we expect the region that allows for the $uud$ state to become the ground state at $M=1/3$ to shrink with increasing spin $S$. We therefore determine the critical lower and upper frustration $J_{2,\text{crit},l/u}(S)$ for the formation of the plateau state. To this end, we compute the onsite spin density $\langle S_i^z \rangle$ for several $J_2$, searching for the emergence of the $uud$ pattern. We also perform a finite-size scaling analysis of the plateau boundaries and compare chains with open and periodic boundary conditions. This procedure results in estimates of the critical frustrations for spin-1/2 consistent with Ref. 24. Note that the precise determination of the critical frustrations is sometimes difficult as the gap, i.e., the width of the plateau, is typically exponentially small close to the critical frustrations. Our results are intended to study trends and we estimate the critical frustrations listed in Table I and II to be correct with an error of $\pm 0.02$.

The results for $S=1, 3/2, 2$ are summarized in Table I, together with data from Ref. 24 for spin 1/2. The data collected in Table I renders $S=1/2$ a special case with critical frustrations very different from $S > 1/2$. For $S > 1/2$, the critical lower $J_{2,\text{crit},l}(S)$ remains approximately constant, while $J_{2,\text{crit},u}(S) - J_{2,\text{crit},l}(S)$ shows a tendency to decrease with increasing $S$, melting the plateau region from the large $J_2$ side.

We next elaborate more on the phase boundaries $h = h(J_2)$ of the plateau state in the $h$-$J_2$ plane for $S=1$ and 3/2. Our results from DMRG calculations for several $J_2$ are summarized in Fig. 3, which shows the magnetic phase diagram of frustrated $S=1$ and 3/2 chains at $\Delta=1$. Additional magnetization curves for $S=1$ and $J_2=0.0, 0.3, 0.7$, and 0.8 are shown in Fig. 4 and in Fig. 5 for $S=3/2$ and $J_2=0.3, 0.5, 0.6$, and 0.8.

Close to the upper critical fields $J_{2,\text{crit},u}(S)$, the determination of the boundaries is hampered by the existence of additional steps on the plateau. An example is shown in the inset of Fig. 4(c) for $J_2 = 0.7$, the steps are indicated by the arrow in the plot. Such steps have also been seen in the case of frustrated $S=1/2$ chains, and can be traced back to the open boundary conditions. First, as we have verified for several cases, in which such steps are observed, we find that the step height scales down to zero with increasing system size. Consistent with the interpretation that the steps are boundary effects, they are not seen if periodic boundary conditions are imposed. Finally, we compare the onsite spin density $\langle S_i^z \rangle$ on the plateau to that of the step states, i.e., the magnetizations just below and the two magnetizations just above the plateau. The spin densities are shown in Fig. 6 for...
$J_2 = 0.7$ and $N = 120$ sites. On the plateau ($S_z^{total} = 40$), we find the up-down-up pattern. For $S_z^{total} = 39, 41, 42$, i.e., just above and below the plateau, one-domain wall excitation sits in the middle of the chain.\textsuperscript{25}

In the magnetic phase diagram Fig. 3, we scale the field with the value of $S$. We see that while the upper and lower critical frustration $J_{2,l,u}$ are similar for $S=1$ and $3/2$, the width and the critical field, i.e., the boundaries of the plateau region exhibit a significant dependence on spin $S$. In particular, we emphasize the non-monotonic dependence of the plateau’s width on $S$ – it is quite narrow for $S=1/2$,\textsuperscript{24} broader for $S=1$ and $3/2$, and it disappears in the classical case $S = \infty$.

C. Magnetic phase diagram of the frustrated spin-1 chain: Additional phases

Finally, we present a discussion of additional phases present in the case of spin $S=1$. To our knowledge only the magnetization curve of the NN spin-1 chain has been computed (see, e.g., Ref. 57). Based on a field-theoretical analysis, a first suggestion for the magnetic phase diagram of frustrated $S=1$ chains has been put forward in Ref. 47 for the low- and high-field parts. Our results basically confirm their picture and provide additional information on the so far unexplored middle-field region where the $M=1/3$ plateau is found.

Several studies of frustrated spin chains have focused on the zero-field phases,\textsuperscript{42,44-47,51,58,59} with special interest in the emergence of chirality. As is well known, unfrustrated $S=1$ chains exhibit a Haldane gap at zero magnetic field, in contrast to half-integer spin chains that have gapless excitations.\textsuperscript{1,5,11} As earlier studies have shown, frustrated $S=1$ chains have a gap for any $J_2$.\textsuperscript{42,60,61} The Haldane phase persists up to $J_2 \approx 0.75$, and is then followed by another gapped phase, the double-Haldane region.\textsuperscript{42} This transition is a consequence of the frustration driving the system from the unfrustrated one-chain ($J_2 \rightarrow 0$) to the two-chain limit ($J_2=1$).

The existence of a spin gap gives rise to a zero-field plateau in the magnetization curve, which is evident from our data shown for $S=1$ and $J_2=0.0, 0.3, 0.4, 0.7, 0.8$ [Figs. 4(a), 4(b), 1(a), 4(c), 4(d)]. The zero-field magnetization of $M = S_z^{total} = 1/N$ due to the Kennedy triplet is seen in the Haldane phase, but disappears at the transition to the Double-Haldane phase.\textsuperscript{42}

We therefore estimate the spin gap from the field where the total $S_z^{total}$ increases from $S_z^{total} = 1(0)$ to $S_z^{total} = 2(1)$ in the Haldane(Double-Haldane) phase. Our results for the spin gap are included in the magnetic phase diagram in Fig. 3 (squares) and are in agreement with the data of Ref. 59.

While the magnetization curve of both the unfrustrated chain depicted in Fig. 4(a) and of chains with large $J_2$ (not shown in the figures) are mostly featureless, a more interesting behavior arises in the range of parameters close to the plateau region. Around the plateau itself we find evidence for a narrow region where the magnetization increases in steps corresponding to $\Delta S_z^{total} = 2$: states with an odd $S_z^{total}$ never become ground states. Such a region exists in frustrated $S=1/2$ chains as well, both in its anti- and ferromagnetic versions.\textsuperscript{24,63} The corresponding state has been called the even-odd (EO) phase.\textsuperscript{24} While the EO phase for $S=1/2$ is predominantly realized at large $J_2$, we observe the EO effects only in a narrow region around $J_2 \approx 0.4$ [see Fig.1(a)]. Starting from the limit of two decoupled chains, the existence of the EO regions can be motivated in a simple picture. When $J_1 = 0$, spins always flip in pairs, one on
each chain. The nontrivial question is whether a finite $J_1$ preserves this effect leading to pair-binding of excitations. This is indeed the case for the frustrated $S=1/2$ chain. For spin 1, however, Kolezhuk and Vekua\cite{47} conclude that an EO phase is not possible in frustrated chains. Our DMRG results do not contradict this prediction as we find EO effects in a region that has not been studied in Ref. 47.

To gain a qualitative understanding of the behavior in high magnetic fields, it is instructive to consider the dispersion of a single magnon, i.e, one spin flipped with respect to the fully polarized state. The dispersion $\epsilon_k$, generalizing results given in Refs. 55 and 62, reads

$$\epsilon_k = 2S[J_1 \cos k + J_2 \cos 2k - \Delta(J_1 + J_2)] - h.$$ \hspace{1cm} (6)

Here, and throughout, $k$ denotes the momentum. We also have included the exchange anisotropy $\Delta$ [see Eq. (3)] for the sake of generality. Equation 6 first allows us to derive the saturation field, which depends on $S$ only by an overall prefactor.\cite{62}

$$h_{sat} = 2S[J_1 - J_2 - \Delta(J_1 + J_2)] \text{ for } J_2 \leq \frac{J_1}{4}.$$ \hspace{1cm} (7)

$$h_{sat} = 2S \left[ \frac{J_1^2}{8J_2} + J_2 + \Delta(J_1 + J_2) \right] \text{ for } J_2 > \frac{J_1}{4}.$$ \hspace{1cm} (7)

The saturation field is plotted as a dashed line in Fig. 3. For $\Delta = 1$ the saturation field is independent of $J_2$ for $J_2 \leq 1/4$.

For $J_2 \geq 0.25$, a kink singularity splits off the saturation field and divides the high-field region into two phases. A second kink emerges at lower fields at $J_2 \approx 0.4$ and then approaches the first one. We observe the first high-field kink for $0.25 \lesssim J_2 \lesssim 0.6$, where it then merges with the second kink and eventually disappears, at least on the system sizes studied here. Just below the saturation field, where the one-magnon state is expected to give a correct description, we can understand its emergence along the lines of Ref. 55, where a similar effect has been observed for spin-1/2 chains. It turns out that for $J_2 > 0.25$ the global minimum of $\epsilon_k$ at $k = \pi$ splits into two local minima at the position of the high-field kink singularity. We can further conclude that the high-field region between this kink and the saturation field is incommensurate with $\cos k = -J_1/4J_2$. This agrees with Ref. 47 where this part of the phase diagram has been suggested to exhibit chiral order.

We emphasize that the interpretation of the kink singularity based on the one-magnon dispersion Eq. (6) is justified only just below the saturation field. Indeed, even for the case of spin 1/2, the nature of the two phases left and right of the kink singularity is currently under controversial discussion. According to Refs. 24 and 55, it signals a transition from a one-component Tomonaga-Luttinger liquid (TL1) to a two-component Tomonaga-Luttinger liquid (TL2) state. This interpretation has recently been challenged by Kolezhuk and Vekua.\cite{47} Using bosonization techniques, they conclude that the kink can be explained in terms of a renormalization of the magnetization due to an irrelevant operator in the incommensurate region neighboring the TL2 (or chiral phase) on the large $J_2$ side.

Further studies are necessary to relate the three features of the $M(h)$ curves – the plateau, kink singularities, and EO effects – with each other and should involve a detailed study of excitations of $S=1$ and $3/2$ chains as well. Also, a numerical investigation of the high-field phases including the possible existence of chiral order is a necessary step towards a complete understanding of the phases $S=1$ chains in finite magnetic fields.

D. Magnetization process of frustrated $S=1$ chains with onsite anisotropy

Most materials that realize $S=1$ chains typically also have a significant onsite anisotropy $D \neq 0$ of the form

\begin{align*}
D & = D_0 \cos \theta \cos \phi, \\
D_0 & = 0.1, 0.2, 0.5.
\end{align*}

FIG. 6: (Color online) Onsite spin density $\langle S_z^2 \rangle$ state for $S=1$, $J_2 = 0.7$, $\Delta = 1$, and $N = 120$ sites (DMRG). Panels (a)–(d): $S_{total}^z=39–42$. $S_{total}^z = 40$ corresponds to $M=1/3$.  

FIG. 7: (Color online) Magnetization curves for the frustrated $S=1$ chain with isotropic exchange, $\Delta = 1$ and $J_0 = 0.6$, and a finite onsite anisotropy. (a) $D = -0.5$, (b) $D = 0.1$, (c) $D = 0.2$, (d) $D = 0.5$. DMRG results are for $N = 60$ sites (straight lines); ED (dashed lines) for $N = 15$ sites and PBC.
We perform MC simulations on chains of up to $N = 36$ sites with periodic boundary conditions which allow us to determine the ground-state at finite magnetic fields as outlined in Sec. II. Knowing the states gives us a handle on analytical expressions for their energies. The closely related problem of a classical Ising-like
Heisenberg model on a triangular lattice was studied by Miyashita\(^{40}\) and later on compared to \(S=1/2\) Ising-like Heisenberg model on the same lattice.\(^{64}\) Similar to the Ising limit and spin 1/2,\(^{38}\) the \(M=1/3\) plateau was found and results for the magnetic phase diagram were reported. Here we focus on the one-dimensional case only, but we allow \(J_1 \neq J_2\) in our study, while Ref. 40 concentrated on equal exchange constants on all sides of the triangles.

As an example for our MC calculations, we show the magnetization curve for \(J_2 = 0.8\) and \(\Delta = 2\) in Fig. 8. At least five phases can be distinguished. First, a zero-field plateau exists, corresponding to a gap of 1.\(^{11}\) The ground state has an \(up-up-down-down\) (uudd) structure in the \(S^z\) component, while at small \(J_2\), a Néel state (up-down) is realized. Larger \(J_2\) emphasizes the double-chain character of our model. An uudd pattern results in Néel states on each of the single chains in the limit of \(J_1 \to 0\).

Next, separated by a first-order transition the system enters a region where the magnetization increases linearly with \(h\). This phase has periodicity \(p = 3\) and is a precursor of the plateau state: all spins lie in the same plane, one points exactly in the \(-z\) direction while the other two are canted away from the \(+z\) direction by angles \(\theta\) and \(-\theta\) such that

\[
\cos \theta = \frac{1}{\Delta + 1} \left( \frac{h}{J_1 + J_2} + \Delta \right). \tag{8}
\]

As \(h\) is increased, \(\theta\) vanishes continuously, so that the transition into the plateau state is second order. The \(M=1/3\) plateau exists for \(J_1 + J_2 = 1.8 \leq h \leq 6.4108\). The system then enters a high-field region with a complicated dependence of \(M\) on \(h\). Within the error of our simulations the phase transition to this state from the plateau state is always second-order. The high-field state is probably incommensurate with the lattice period. This is illustrated by the chain size dependence of the magnetization curve and its small anomalies shown in the inset of Fig. 8. Chains of finite length with PBC cannot accommodate a truly incommensurate state. This picture is consistent with our analytical spin-wave calculations. From Eq. (6) we obtain that, for the present value of \(J_2 = 0.8\) and \(h = h_{\text{sat}} - 0^+\), the fully saturated state is stable against fluctuations with \(\cos k = -J_1/4J_2 = -0.3125\). On the other hand, the plateau state is stable against the fluctuations with \(\cos (3k) = 1\) as shown in the Appendix. This dependence of \(k\) on \(h\) emphasizes the incommensurability of the high-field phase. In this work, we have not attempted to study the \(k(h)\) dependence or the nature of this state in further detail.

B. The magnetic phase diagram of the classical model

We derive analytical expressions for the boundaries of the plateau of the classical model as well as of several surrounding phases as a function of \(\Delta\) and \(J_2\). The results

FIG. 9: (Color online) Magnetic phase diagram (field \(h\) vs frustration \(J_2\)) of a frustrated classical chain at \(\Delta = 2\). The phase boundaries of the classical model are given by Eqs. (10a)–(14). They are denoted by straight lines. The phases are labeled by capital letters (see Sec. IV B): \(N\) is a Néel phase, \(C\) is a canted phase with periodicity three, \(DN\) is the double-Néel phase, \(P\) the \(M=1/3\) plateau state, \(CN\) is a canted Néel-like phase, and \(IC\) is an incommensurate region. Numerical estimates of the phase boundaries of the classical model are given by Eqs. (10a)–(14). They are denoted by straight lines. Results for the phase boundaries of the \(M=1/3\) plateau region for spin 1 and spin 3/2 from DMRG calculations are included (squares: spin 1, stars: spin 3/2). The dashed line is the saturation field \(h_{\text{sat}}\) from Eq. (7). Capital letters (\(C\), \(DN\), and \(P\)) refer to phases shown in Fig. 9 and are discussed in the text. \(H\) denotes a helical phase.\(^{65}\) The dot-dashed line indicates the transition between phases \(H\) and \(C\). Dotted lines are phase boundaries that are only indicated schematically.
are summarized in the magnetic phase diagrams in Figs. 9 and 10.

At low fields, we find three phases: a Néel state at small $J_2$ (region £ in Fig. 9), the canted commensurate phase C, and the double-Néel state DN for $J_2 \geq 0.64$ with an uudd pattern. According to Eq. (8), the magnetization of the C phase at $h = 0$ is

$$M(h = 0) = \frac{1}{3}(2\cos\theta - 1) = \frac{\Delta - 1}{3(\Delta + 1)},$$

which vanishes only in the isotropic limit $\Delta \to 1$. Therefore, as a non-trivial consequence of the interplay between frustration and exchange anisotropy, we observe a finite zero-field magnetization in a model with purely antiferromagnetic interactions.

The boundaries between the commensurate states mentioned above are given by:

For the lower boundaries of the $M=1/3$ plateau we find:

$$h_{N-C} = \frac{1}{2}\left((J_1 + J_2)(1 - \Delta) + \sqrt{3}\sqrt{(J_1 + J_2)(1 + \Delta)[\Delta(3J_1 - 5J_2) - (J_1 + J_2)]}\right),$$

$$h_{DN-C} = \frac{1}{2}\left((J_1 + J_2)(1 - \Delta) + \sqrt{3}\sqrt{(J_1 + J_2)(1 + \Delta)[\Delta(3J_2 - J_1) - (J_1 + J_2)]}\right).$$

Note that the critical field $h_{C-P}$ does not depend on $\Delta$.

For larger $J_2$ and magnetizations $M > 1/3$, the situation becomes more complicated since incommensurability arises, as discussed above. For the range of parameters that we study, the P-IC phase transition is always second order. Hence, the phase boundary can be derived from an analysis of spin-wave instabilities around the plateau state (see Appendix),

$$h_{P-IC} = \frac{J_1 + J_2}{2}[2\Delta - 1 + \sqrt{4\Delta^2 + 4\Delta - 7}].$$

Equations (11a) and (13) result in an expression for the minimal frustration $J_{2,crit}(\Delta)$ required for the formation of the $M=1/3$ plateau state in the vicinity of $\Delta = 2$:

$$J_{2,crit} = \frac{J_1}{2}\left(-\Delta - 2\Delta^2 - 2\Delta\sqrt{\Delta(\Delta - 1)}\right)\left(1 - 2\Delta + 5\Delta^2\right).$$

This implies $J_{2,crit} \approx 0.079$ for the classical frustrated chain at $\Delta = 2$.

To conclude this section, we present a cut through the phase diagram at fixed $J_2 = 0.8$ in Fig. 10, now plotting the magnetic field $h/S$ vs the exchange anisotropy $\Delta$.

Above the plateau, we have identified two phases. At small $J_2$, a canted Néel state is realized (labeled CN in Fig. 9), separated by a first-order transition line

$$h_{N-CN} = 2\sqrt{(J_1 - J_2)(\Delta - 1)[\Delta(1 - J_2) + (J_1 - J_2)]},$$

from the gapped Néel state N. The P-CN transition is also first-order. It occurs at

$$h_{P-CN} = \frac{2}{3}[J_1 - J_2 + \Delta(J_1 + J_2) + 2\sqrt{2J_1J_2(2 + \Delta^2) + J_1^2(\Delta^2 - \Delta - 2) + J_2^2(\Delta^2 + \Delta - 2)}].$$

The double-Néel phase DN vanishes at $\Delta \approx 1.485$, and below this value of $\Delta$, a helical phase H emerges at zero magnetic field (see, e.g., Ref. 65 for a discussion of helical order in the isotropic case). The $M=1/3$ plateau only exists above a critical value of the exchange anisotropy: $\Delta \approx 1.06$. We obtain this result by comparing the energy of the helical phase H, which – according to our MC simulations – extends up to the plateau at small $\Delta$, to the energy of the plateau phase P. Note that a similar plot has been presented in Ref. 40 for the triangular lattice with equal couplings $J$ on each triangle. A phase C has not been reported in that work: at $J_1 = J_2$, we consistently also only find the double-Néel phase below the plateau, separated by a first-order transition from the plateau [see Fig. 9].

We emphasize that we have not yet fully explored all regions of the magnetic phase diagrams in Figs. 9 and 10 of the classical frustrated chain. For instance, an analytical expression for the transition between phases CN and IC still needs to be found. Moreover, additional phases may arise in the limit $J_2 \gg J_1$. In this parameter region,
mensurability and the existence of a gap in the case of regime $\Delta > 9$ in Figs. 11 and 12 for spin-1 chains with an anisotropic exchange ($\Delta = 2$) for (a) $J_{1} = 0$, (b) $J_{2} = 0.2$, (c) $J_{2} = 0.4$, and (d) $J_{2} = 0.8$. DMRG results (straight lines) are for $N = 60$ sites, the dashed lines are ED results (PBC). The capital letters stand for: Néel phase $N$, canted phase $C$, double-Néel phase $DN$.

we expect the plateau to vanish as the chains decouple.

C. $M=1/3$ plateau in the magnetization process of spin-1 and spin-3/2 chains: Comparison to the classical case

We now turn to the magnetization process of frustrated quantum spin chains with $S=1$ and 3/2 in the easy-axis regime $\Delta > 1$. Numerical results for $M(h)$ are presented in Figs. 11 and 12 for $J_{2} = 0, 0.2, 0.4, 0.8$ and $\Delta = 2$. We briefly discuss the magnetization process and emergent phases starting with the low-field part. The focus here is on to what extent the $S=1$ and 3/2 chains resemble the phases found for the classical chain. Results on the zero-field phase diagram of frustrated spin-1 chains and $\Delta > 1$ can be found in Refs. 44 and 46. At a finite $\Delta > 1$ and for spin-1, essentially five phases have been identified: a Néel state at small $J_{2}$ and $\Delta > 1.18$, the Haldane phase, the Double Haldane phase and the Double-Néel phase for $\Delta \gtrsim 1.95$ on the large $J_{2}$ side (see Ref. 44 and further references therein). Our results reported below are in agreement with this picture.

We now concentrate on the example of $\Delta=2$. First, at small $J_{2}$, both the $S=1$ and 3/2 chains are in the Néel phase $N$, see for instance Figs. 11(a) and 12(a). This phase is gapped and therefore, a zero-field plateau exists in the magnetization curves. The Néel phase terminates at $J_{2,N-\text{crit}} \approx 0.29$ for $S=1$ and $J_{2,N-\text{crit}} \approx 0.39$ for $S=3/2$. For larger $J_{2}$, an intermediate region $C'$ follows, which is gapped in the case of $S=1$ [see Fig. 11(c)]. This region must contain both the Haldane and the Double-Haldane phase, with a transition at $J_{2} \approx 0.8$. The commensurability and the existence of a gap in the case of $S=3/2$ in this region still needs to be clarified. The width in $J_{2}$ of this region at zero field becomes narrower as $S$ grows, approaching the boundaries of the phase $C$ of the classical model [see Fig. 9]. At $J_{2,\text{crit}} \approx 1.02$ for $S=1$ and $J_{2,\text{crit}} \approx 0.94$ for $S=3/2$, the systems undergo another first-order transition and enters the double-Néel phase $DN$, which is gapped for both values of $S$ [see Figs. 11(d) and 12(d), $J_{2} = 0.8$].

At small $J_{2}$ and $h > 0$, the $N$ phase terminates at a first-order transition, indicated by macroscopic jumps in the magnetization curves of both $S=1$ and 3/2 chains [see the case of $J_{2} = 0$ in Figs. 11(a) and 12(a)]. The critical frustrations for the formation of the $M=1/3$ plateau state are $J_{2,\text{crit}} \approx 0.16$ for $S=1$ and $J_{2,\text{crit}} \approx 0.12$ for $S=3/2$. Interestingly, an EO region ($\Delta S_{\text{total}}^{\perp} = 2$) exists around the plateau at small $J_{2}$ in the case of $S=1$ [see Fig. 11(b) and (c) for $J_{2} = 0.2$ and $J_{2} = 0.4$] and extends far below the plateau. For $S=3/2$, we find a corresponding region with $\Delta S_{\text{total}}^{\perp} = 3$. An example is shown in Fig. 12 (b) for $J_{2} = 0.2$. We are thus led to conjecture that frustrated spin-$S$ chains generally realize regions with $\Delta S_{\text{total}}^{\perp} = 2S$.

We have verified that this is the case for spin $S=2$ as well.

The $M=1/3$ plateau becomes very broad with increasing $J_{2}$, as is evident from the case of $J_{2} = 0.4$ depicted in Figs. 11(c) and 12(c). Similar to the case of isotropic chains, boundary induced steps appear on the plateau. We have not determined the upper critical frustrations for the plateau formation, but we did verify that the plateau disappears for large $J_{2}$ in both the cases of $S=1$ and 3/2. For magnetizations $M > 1/3$, we mention that kink singularities are again found for $J_{2} > 0.25$, see the examples in Figs. 11(c) and 12(c).

We proceed with a comparison of the critical frustrations $J_{2}$ of the $M=1/3$ plateau state as a function of $S$, listed in Table II. For $S > 1/2$, a clear trend towards the classical result is seen. Numerical results for the phase

FIG. 11: (Color online) Magnetization curves of frustrated spin-1 chains with an anisotropic exchange ($\Delta = 2$) for (a) $J_{2} = 0$, (b) $J_{2} = 0.2$, (c) $J_{2} = 0.4$, and (d) $J_{2} = 0.8$. DMRG results (straight lines) are for $N = 60$ sites, the dashed lines are ED results (PBC). The capital letters stand for: Néel phase $N$, canted phase $C$, double-Néel phase $DN$.

FIG. 12: (Color online) Magnetization curves of frustrated spin-3/2 chains with an anisotropic exchange ($\Delta = 2$) for (a) $J_{2} = 0$, (b) $J_{2} = 0.2$, (c) $J_{2} = 0.4$, and (d) $J_{2} = 0.8$. DMRG results (straight lines) are for $N = 60$ sites, the dashed lines are ED results (PBC). The capital letters stand for: Néel phase $N$, canted phase $C$, double-Néel phase $DN$. 


borders of the plateau state for both $S=1$ (squares) and $S=3/2$ (stars) are included in Figs. 9 ($h$ vs $J_2$ at $\Delta = 2$) and 10 ($h$ vs $\Delta$ at $J_2 = 0.8$). It turns out that the phase boundaries in Fig. 9 converge rapidly with increasing $S$ towards the classical result. For instance, on the scale of Fig. 9, the classical result for the transition $h_{C-P}$ from the phase $C$ to the plateau cannot be distinguished from the quantum cases. The data points for $S=1$ on the boundary $h_{C-P}$ quantitatively deviate from the classical result, but the data points for $S=3/2$ are already very close to the classical result for $J_2 \approx 0.6$. Deviations are strongest in both the limit of small and large $J_2$.

With respect to Fig. 10 ($h$ vs $\Delta$ at $J_2 = 0.8$), we note that sizable deviations between the plateau boundaries of the classical chain and the quantum cases only appear at small exchange anisotropies close to $\Delta = 1$. While the spin-1 chain realizes the plateau in the isotropic limit $\Delta = 1$, the plateau only opens in $M(h)$ of spin-3/2 chains beyond a critical $1 < \Delta_{\text{crit},3/2} \lesssim 1.02 < \Delta_{\text{crit, class}}$.

We can finally conclude that the magnetic phase diagram of frustrated $S=1$ and 3/2 chains in the easy-axis regime strongly resembles the phases found in the classical limit. Examples are the Néel phase $N$, the double-Néel phase $DN$, and most importantly, the $M=1/3$ plateau state. In the latter case, the similarity is not only of qualitative nature, but the phase boundaries of the plateau rapidly approach the classical result with increasing $S$. We emphasize our findings on increases of the magnetization in steps corresponding to $\Delta S_{\text{total}} = 2S$ which may indicate interesting binding effects between excitations.

### V. SUMMARY

In this work we have studied the magnetization process of frustrated spin chains. Our numerical results using DMRG and ED techniques reveal a complex and rich behavior of the magnetization process of $S=1$, 3/2, and 2 chains. We find jumps, zero- and finite-field plateau states, as well as kink singularities. Our primary result is the $M=1/3$ plateau state with broken translational invariance and an $up-up-down$ pattern in the spin component parallel to the field. The existence of this plateau indicates the presence of a gap in the spectrum of excitations at finite magnetic fields. We have numerically estimated the phase boundaries of the plateau for $S=1$ and 3/2 chains with isotropic exchange interactions. An additional onsite anisotropy term $D(S^z)^2$, necessary for the description of many Haldane materials, stabilizes the plateau, when $D$ is negative but rapidly destroys the plateau state when $D$ is positive.

The $M=1/3$ plateau state can be followed down from the Ising-limit by decreasing the ratio $\Delta/J_1$ for fixed $S$. For that reason and for its Néel-type of order, it has been classified as a classical state. But quantum fluctuations seem to stabilize it in the case of isotropic exchange: a classical frustrated chain does not show a plateau here. We have studied the classical frustrated spin chain in detail, which realizes the $M=1/3$ plateau in the easy-axis regime. Our work provides several analytical results for the magnetic phase diagram of the classical frustrated chain including the phase boundaries of the $M=1/3$ plateau for $\Delta > 1$. In the easy-axis regime, the phase diagrams of frustrated $S=1$ and 3/2 chains do not only qualitatively resemble the classical result, but also the phase boundaries of the $M=1/3$ plateau rapidly approach the classical result with increasing $S$. The extreme quantum case of $S=1/2$ is singled out, the critical frustrations are different from $S > 1/2$ and the classical cases both in the isotropic ($\Delta = 1$) and the easy-axis regime. Our conjecture is that the plateau exists for all frustrated spin-$S$ chains in the easy-axis regime, as our results for $S=1$, 3/2, 2 and the classical case suggest.

Our results on the emergence of the $M=1/3$ plateau state may be of relevance to the materials mentioned in the introduction that are suggested to realize zigzag spin-1 chains: CaV$_2$O$_5$ (Ref. 48), NaR(WO$_4$)$_2$ (Ref. 49), and Tl$_2$Ru$_2$O$_7$ (Ref. 50). Moreover, the $M=1/3$ plateau can be expected to emerge in the magnetization process of all materials that realize a spin-$S$ Heisenberg model on a triangular lattice, as is well known for spin 1/2 (see, e.g., Ref. 66). Indeed, plateaux at both $M=1/3$ and $M=2/3$ have recently been reported for the $S=1$ bilinear-biquadratic Heisenberg model on the triangular lattice.

As by-products to the plateau study, and in particular close to the plateau region, we have identified additional phases. We have obtained the phase diagram of the frustrated spin-1 chain with isotropic interactions, extending the results of other studies. We highlight another interesting finding: all frustrated spin-$S$ chains seem to realize regions where the magnetization increases in steps corresponding to $\Delta S_{\text{total}} = 2S$. Extensions of our work will comprise a full characterization of different phases in terms of correlation functions and a more detailed study of excitations. A timely subject is the emergence of chirally ordered states in frustrated quantum magnets, which is investigated both experimentally and theoretically. We hope that our work will stimulate future research activities in these directions.

**Acknowledgments** - It is a pleasure to thank D.C. Cabra, A. Honecker, U. Schollwöck, and T. Vekua for their support.\[\]
the classical model. In this appendix, \( D = 0 \). We start with the equation of motion for the spin operators \( S_p \) on the \( p \)th site of the chain, \( dS_p/dt = i[H, S_p] \), where \( H \) is the Hamiltonian Eq. (2) and the brackets denote the commutator. Explicitly, we obtain the following,

\[
\frac{dS_p^x}{dt} = S_p^z \sum_q J_{pq} S_q^y - \Delta S_p^y \sum_q J_{pq} S_q^z + hS_p^y, \\
\frac{dS_p^y}{dt} = -S_p^z \sum_q J_{pq} S_q^x + \Delta S_p^x \sum_q J_{pq} S_q^z - hS_p^x,
\]

(A1)

where \( J_{pq} = J_1 \) for \( q = p \pm 1 \), \( J_2 \) for \( q = p \pm 2 \), and zero otherwise. The fluctuations in \( S^2 \) are negligible since \( [H, S_p^z] \) contains only products of the form \( S_p^x S_q^y \) which are of second-order in small fluctuations. Here, we are only interested in the classical limit which greatly simplifies the calculations. Hence, in the following, \( S_p \) are viewed as three-dimensional classical vectors of length \( S \).

It is convenient to divide the \( uuud \) plateau structure into “unit cells”, each containing three chain sites. To this end, we replace \( p \) by a combined index \((m, \alpha)\), where \( p = 3m + \alpha, \ m = 0, ..., N/3 - 1 \) is a unit cell number, and \( \alpha = 0, 1, 2 \) enumerates the sites within the unit cell. Correspondingly, in the linear approximation, \( S_{m,0}^z = S_{m,1}^z \approx S^z \) and \( S_{m,2}^z \approx -S^z \), and (A1) becomes a system of linear differential equations for \( S_{m,0}^z \) and \( S_{m,\alpha}^y \). Introducing the plane-wave solution \( S_{m,\alpha}^y = S_{m,0}^y \exp[i(kp - \epsilon t)] \) and a vector notation for the amplitudes \( \mathbf{S} = (S_0^x, S_0^y, S_1^x, S_1^y, S_2^x, S_2^y) \), Eq. (A1) can be written as \( A \cdot \mathbf{S} = 0 \), where \((\gamma \equiv e^{i\kappa})\)

\[
A = \begin{pmatrix}
\epsilon & h & 0 & J_1 \gamma + J_2 \gamma^* & 0 & J_1 \gamma^* + J_2 \gamma^2 \\
-h & \epsilon & -J_1 \gamma - J_2 \gamma^* & 0 & -J_1 \gamma^* - J_2 \gamma^2 & 0 \\
0 & J_1 \gamma^* + J_2 \gamma^2 & \epsilon & h & 0 & J_1 \gamma + J_2 \gamma^2 \\
-J_1 \gamma^* - J_2 \gamma^2 & 0 & -h & \epsilon & -J_1 \gamma - J_2 \gamma^* & 0 \\
J_1 \gamma + J_2 \gamma^2 & 0 & J_1 \gamma^* + J_2 \gamma^2 & 0 & -h + 2\Delta(J_1 + J_2) & \epsilon \\
\end{pmatrix}.
\]

(A2)

The spin-wave spectrum \( \epsilon_k \) is defined as the solution to the equation

\[ f(\epsilon_k, k) \equiv \det A = 0. \] (A3)

We do not give the explicit cumbersome expression for \( f(\epsilon, k) \). It turns out, that, as a function of \( k \), \( f(\epsilon, k) \) only depends on \( \cos(3k) \) which is consistent with the broken translational symmetry of the plateau state. In general, \( f(\epsilon, k) \) is a third-order polynomial in \( \epsilon^2 \), the roots of which cannot be written in a closed analytical form. We can, however, investigate the minima of the function \( \epsilon_k \) that is implicitly given by the equation \( f(\epsilon, k) = 0 \). The

FIG. 13: Lowest branch of spin-wave excitations in the \( uuud \) plateau state close to instability. The solid line is for the range of parameters studied in Sec. IV, showing instability towards \( k = 0 \) fluctuations. The dashed line is for a larger \( k \) with an incommensurate instability.

fruitful discussions. We further thank A. Kolezhuk and U. Schollwöck for sending us their numerical data for the spin gap of the frustrated spin-1 chain for comparison. Research at ORNL is sponsored by the Division of Materials Sciences and Engineering, Office of Basic Energy Sciences, U.S. Department of Energy, under contract DE-AC05-00OR22725 with Oak Ridge National Laboratory, managed and operated by UT-Battelle, LLC. I.S. is supported in part by NSF grant DMR-0072998. E.D. and F.H.-M. are supported in part by NSF grant DMR-0443144.

APPENDIX A: SPIN WAVES IN THE M=1/3 PLATEAU STATE

In this appendix, we outline the linear spin-wave theory that allows us to determine the phase boundaries of
The plateau state becomes unstable towards spin-wave fluctuations when $\epsilon_{k}^{\text{pin}} \to 0$. After some algebra, we obtain that the corresponding wave vectors are defined by

$$\cos(3k) = \frac{J_1}{4J_2^2}[hJ_2 + 2\Delta J_2(J_1 + J_2) - J_1^2 - 3J_2^2].$$  \hspace{1cm} (A5)

For the range of parameters addressed in Sec. IV, the incommensurate solution Eq. (A5) is not realized, and the critical fluctuations correspond to the first solution. As an example, the lowest spin-wave dispersion branch, corresponding to the parameters close to the instability, is shown in Fig. 13. However, for higher $J_2$, the incommensurate fluctuations may become critical as is shown by the dashed line in Fig. 13. A more thorough study of that region is beyond the scope of the present paper.

Substituting $\cos(3k) = 1$ and $\epsilon_k = 0$ in Eq. (A3), we obtain the boundaries of the plateau state, by checking the stability against small fluctuations. The solutions of Eq. (A6) [see below] yield the second-order transition boundaries (11b) and (14).

$$\left(h - J_1 - J_2\right)^2\left[h^2 + h(J_1 + J_2)(1 - 2\Delta) + 2(1 - \Delta)(J_1 + J_2)^2\right]^2 = 0.$$  \hspace{1cm} (A6)

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Note that the (staggered) local moment $|S^z_i|/S$ increases with increasing spin-$S$, indicating the expected suppression of quantum fluctuations as $S$ approaches the classical limit. In the case of spin 2 shown in Fig. 1 (c), the polarization $|S^z_i|/S$ has not yet reached its maximum value, which – deep in the plateau region – is larger than the corresponding local moment realized for spin 1 and 3/2.

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