Centromere fission, not telomere erosion, triggers chromosomal instability in human carcinomas

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The majority of sporadic carcinomas suffer from a kind of genetic instability in which chromosome number changes occur together with segmental defects. This means that changes involving intact chromosomes accompany breakage-induced alterations. Whereas the causes of aneuploidy are described in detail, the origins of chromosome breakage in sporadic carcinomas remain disputed. The three main pathways of chromosomal instability (CIN) proposed until now (random breakage, telomere fusion and centromere fission) are largely based on animal models and in vitro experiments, and recent studies revealed several discrepancies between animal models and human cancer. Here, we compare how the experimental systems translate to human carcinomas and compare the theoretical breakage products to data from patient material and cancer cell lines. The majority of chromosomal defects in human carcinomas comprises pericentromeric breaks that are captured by healthy telomerases, and only a minor proportion of chromosome fusions can be attributed to telomere erosion or random breakage. Centromere fission, not telomere erosion, is therefore the most probably trigger of CIN and early carcinogenesis. Similar centromere–telomere fusions might drive a subset of congenital defects and evolutionary chromosome changes.

Introduction

Molecular analysis of tumor samples has led to the subdivision of carcinomas into two classes, each with a specific type of genetic instability. Most solid tumors undergo numerical chromosome alterations, termed aneuploidy, together with gross structural changes such as translocations or deletions. This combination of genetic defects is termed chromosomal instability (CIN) and is found in ~85% of non-hereditary carcinomas (1,2). Approximately 15% of sporadic carcinomas show a different type of genetic instability termed microsatellite instability (MIN). The alterations responsible for MIN accrue in a small number of genes involved in mismatch repair and bring about a mutator phenotype (3,4). Because of its mutagenic effect on key regulators of cell proliferation (5), the relationship between MIN and cancer is generally accepted. The link between CIN and cancer, however, remains a matter of dispute, notwithstanding the large number of tumors that show this kind of genetic defect.

A better understanding of CIN has come from the finding that aneuploidy arises together with segmental chromosome changes, such as translocations, deletions and amplifications (6,7). Whereas aneuploidy strictly refers to the missegregation of intact chromosomes, segmental changes involve breakage and fusion. Aneuploidy and segmental changes have been recognized individually for a long time; abnormal chromosome numbers were suggested as a cause of cancer nearly a century ago (8), and chromosomes in cancer cells were shown to undergo structural changes when banding techniques became available (9). Only recently, however, aneuploidy and chromosome breakage were suggested to be part of a single phenotype (10).

Our current knowledge concerning the initial steps leading to CIN is largely based on experimental approximations. Even though experimental models can describe one or more phenomena related to cancer, they only reproduce individual aspects, are based on induced phenotypes, and have given problems when extrapolating to human carcinogenesis. The complex etiology of CIN has sometimes led to the idea that instability is caused by a combination of two defects; multiple defects would justify its description by a combination of models. The classical opinion is that spindle errors result in aneuploidy, whereas telomere erosion or random breakage causes segmental alterations. A novel hypothesis, however, indicates that mitotic spindle defects might cause both aneuploidy and chromosome breakage, opening the possibility of a single origin for the full spectrum of genetic alterations in CIN tumors (11,12). Here, we will compare three pathways of DNA breakage, assess if they faithfully describe chromosomal defects in human carcinomas and discuss the role of centromeres and telomeres in the initial phases of CIN.

Aneuploidy alone is not enough

Among the genetic alterations in CIN tumors, aneuploidy is understood in more detail; most carcinomas show variations in chromosome number that arise from continuous losses and gains of entire chromosomes during mitosis (13). Aneuploidy can be reproduced in animal models through the inactivation of genes that control the spindle assembly checkpoint (14,15) but frequently leads to an embryonic lethal phenotype (14,16). In contrast, haploinsufficiency of these checkpoint genes is compatible with life but induces tumor development (17,18). A complete loss of spindle checkpoint control probably causes a high rate of aneuploidy that compromises embryogenesis and masks the tumor development phenotype. Haploinsufficiency or mutations that inhibit apoptosis rescue the embryonic lethality and expose the carcinogenic effects (14,18). A question left unanswered in these studies is whether spindle checkpoint mutants undergo genetic alterations other than aneuploidy.

The simple presence of extra chromosomes does not seem to lead to CIN, and aneuploidy itself slows down cell proliferation (19). Experiments in which MIN cells are released from nocodazole-blocked mitosis yield a mixed population of diploid and aneuploid cells that revert to a diploid state after a few passages (20). Similar observations have been made in animal models; autosomal trisomy is usually associated with fetal or early postnatal death, although an extra copy of a small chromosome is tolerated (21–23). The reduced viability of aneuploid cells seems to be part of the behavior of CIN tumors, as neither uncontrolled growth nor DNA breakage are explained by numerical chromosome changes alone. Once a certain degree of instability has been reached, aneuploidy can promote amplification of growth-promoting mutations (2,24). This collaboration between mutations and aneuploidy is evident in a combined Bub1/p53 haploinsufficient background (25), as the Bub1 insufficiency generates aneuploidy, lymphomas can acquire two copies of the mutated p53

Abbreviations: ATM, ataxia telangiectasia mutated; BFB, breakage-fusion-bridge; CIN, chromosomal instability; ITS, interstitial telomeric sequence; MIN, microsatellite instability; NHEJ, non-homologous end joining.
allele from a heterozygous background. The capacity of gene dosage to maintain a normal chromosome complement is illustrated by the concomitant loss of the wild-type p53 locus. In this way, murine tumors with chromosome segregation errors gain a growth advantage through p53 inactivation but avoid the gene dosage effects of a third chromosome 11. Early carcinogenesis is thus governed by the balance between copy number changes of oncogenes or tumor suppressor genes on one side and overall gene dosage effects on the other side. Given the high level of aneuploidy in advanced carcinomas, tumor development might at some stage involve acquired tolerance for gene dosage effects (20, 26).

**Chromosome breakage can limit gene dosage effects**

Experimental creation of a broken—also termed reactive—chromosome end induces a phenomenon termed the breakage-fusion-bridge (BFB) cycle and leads to extensive genome remodeling (27). In contrast to aneuploidy, which refers to numerical changes of entire chromosomes, BFB can modulate the copy number of chromosome segments in which oncogenes or tumor suppressor genes are flanked by a limited amount of DNA. The limitations imposed by gene dosage are illustrated by high-level amplifications and homozogous deletions (28); these genetic defects are usually restricted to a few megabases surrounding the gene that confers the phenotype. This means that segmental alterations, at least theoretically, can contribute to tumorigenesis but have fewer gene dosage effects than aneuploidy. Since aneuploidy alone cannot account for segmental alterations, BFB is now generally accepted as a mechanism that explains genetic plasticity in CIN tumors (2).

Whereas mitotic spindle errors are generally accepted as the leading cause of aneuploidy (29), the origins of segmental alterations in CIN tumors are still poorly understood. All models that include segmental alterations rely on BFB, however, as breakage is essential to obtain different copy numbers for segments of a single chromosome. The original study on the BFB cycle illustrated how breakage is propagated (27) but relied on breaks induced by recombination and thus might reflect an artificial situation. The detection of multiple copies of the n-Myc gene in anaphase bridges (30) directly links BFB to gene amplification in human cancer and indicates at a role for both breakage and fusion in the amplification mechanism (Figure 1).

Since BFB was first described, three routes have been proposed to start breakage: Random breaks due to external factors, and the site-specific telomere erosion and centromere fission (11, 31, 32). Since the hypotheses concerning chromosome breakage are based on experimental models, the comparison with data from patient material provides an essential verification.

**External factors, random breakage and fragile sites**

Since chromosomal breaks and translocations were considered random until recently (33), several mechanisms of random breakage have been proposed as causes of BFB. The common theme in models that assume random breakage is a continuous basal rate of break formation due to external factors such as cosmic radiation or reactive oxygen species (31). Normally, these breaks are repaired by one of the multiple repair mechanisms in mammalian cells, but an increased rate of break formation or defects in the repair machinery might offset this equilibrium and lead to the random accumulation of breaks that initiate BFB (31). Whereas radiation-induced damage persists longer in cells with reduced repair capacity to (34), most CIN tumors efficiently repair DNA damage (35) or show augmented break repair activity (36, 37). Even models that lack a single repair system maintain genetic stability unless given a break-inducing treatment (38, 39). Although a few random breaks might escape detection on the timescale of a human life, this hypothesis is difficult if not impossible to prove experimentally; since late passage human fibroblasts show increased levels of spontaneous but not of induced DNA damage (40), repair-independent mechanisms probably generate DNA damage in aging cells.

One mechanism that could generate repair-independent DNA damage is breakage of stalled replication forks. According to this theory, termed the fragile site hypothesis, our genome has various sites with extensive flexibility and sequence repeats that are believed to be more difficult to replicate in fast-growing cells. The study of fragile sites includes folate deprivation, which results in repair deficiency, or treatment with the DNA polymerase inhibitor aphidicolin (41) conditions that unlikely represent early carcinogenesis. When not induced experimentally, breakage at fragile sites seems to correlate with a loss of function in cell cycle checkpoint and repair proteins (42), suggesting a hereditary component normally absent from sporadic carcinomas. An important argument against random breakage and fragile sites comes from human cancer itself; large-scale analyses of tumor samples show that chromosome breaks in CIN tumors are non-random and show little or no preference for fragile sites (43). Even fragile sites that coincide with tumor suppressor genes (44), the breakage of which might affect carcinogenesis directly, represent only a small fraction of breakpoints in sporadic carcinomas (28). Instead, tumor samples and cancer cell lines show a striking preference for gains and losses of whole arms (43). Thus, even though random breakage or fragile sites could explain genetic alterations after a massive genotoxic insult, they probably have a minor role in the genesis of CIN under normal circumstances.

The popular model: telomere erosion

After the identification of specific sequences that protect chromosome ends from erosion, telomeres have been suggested as major players in CIN (45). The initial description of the BFB cycle (27) included a role for the chromosome ends, which were first proposed to have a specialized structure—the telomere—around the same time (46, 47). Whereas the original experiments introduced an interstitial break in a single chromosome (27), current models of telomere dysfunction are based on gradual erosion, also termed attrition (48). The theory that links telomere attrition to CIN gained popularity after the identification of telomerase activity and specific telomeric sequences (45), but the vast amount of data generated during the last decades has failed to provide a mechanism that adequately explains the role of telomeres in...
early carcinogenesis. Although induced telomere attrition in mouse mutants results in chromosome end-to-end fusions (49), this neither reproduces the CIN phenotype nor increases carcinogenesis if not aided by a tumor-inducing treatment (32,50). Long-term cultures of murine fibroblasts showed CIN in both wild-type and telomerase null cells and a large proportion of telomere-positive fusions (51); also human cell lines with chromosome fusions but a normal telomere length have been described (52), indicating no correlation between telomere length and CIN. In some models, telomere attrition has been associated with suppression of spontaneous tumorigenesis (53) and tumor regression (54).

To understand the effect of telomere attrition, it is important to recognize how telomeres protect chromosomes under physiological conditions. Since telomeres contain free DNA ends, they are capped by proteins from the non-homologous end joining (NHEJ) pathway (55). Normally, NHEJ catalyzes the fusion of free DNA ends, but the shelterin complex suppresses this reaction in telomeres (56). DNA repair pathways have dual functions, break repair and signalling for cell cycle arrest or apoptosis (31). When telomeres get shorter, the shelterin complex allows the activation of the damage signalling through ataxia telangiectasia mutated (ATM) but sustains the inhibition of repair (57). Through the combination of senescence signalling and repair inhibition, telomeres not only prevent unwanted cell proliferation but also chromosome fusion.

Detection of chromosomal breaks by the repair machinery leads to the local phosphorylation of histone H2A.X, usually described as γH2A.X (38,58). γH2A.X is rapidly dephosphorylated during break repair, with the goal to constrain damage signalling and to enable cell cycle progression. Telomere shortening also results in γH2A.X formation (59). In contrast to breaks, however, suppression of the DNA ligation step by shelterin (56) prevents telomere fusion while sustaining the γH2A.X signal. Persistent telomeric γH2A.X thus indicates that the protection against telomere fusion is functional.

Early carcinomas frequently show accumulation of γH2A.X in combination with an activated ATM pathway, culminating in p53-mediated cell cycle arrest (60,61). Inactivation of p53 allows cancer cells to proliferate in the presence of an activated ATM pathway (62), which explains the frequent mutation of p53 in advanced carcinomas. γH2A.X can also be found at telomeres of cancer cell lines, indicating ATM activation provides a long-term senescence signal (63). No fusion of γH2A.X-positive telomeres in cell lines has been reported, however, and even the short telomeres that prevail in senescent cells or cancer cells are able to recruit the ligation-suppressing shelterin complex (64,65). Taken together, the current data suggest that telomere attrition is an effective tumor suppression mechanism, capable of inducing senescence long before a critical telomere length is reached.

Cancer cells can attenuate an activated ATM pathway by telomere elongation. Like break repair, telomerase activity is augmented in cancer cells (66), but telomerase overexpression induces neither CIN nor cell transformation in model systems (67). The observation that telomerase reactivation occurs after cells have escaped from growth crisis (68) suggests that telomerase reactivation is selected for during tumor progression and thus is a consequence—not a cause—of CIN. The recent discovery of a role for telomerase in break repair indicates that telomerase upregulation in carcinomas might be a response to chromosome breakage in general, not just to telomere attrition (69,70). In conclusion, even though telomerase upregulation might give a growth advantage in the later stages of tumor development, the role of telomere attrition in the initiation of CIN is dubious. Examination of the genetic landscape in tumor samples might help to evaluate the contribution of telomeres in human cancer.

Centromere fission and spindle defects

Recently, a third pathway for breakage has been proposed in the form of centromeric breaks (11). Centromere fission was described—again using a plant as model system—even before the discovery of BFB (71). Unlike telomere attrition, no association between centromeric or pericentromeric breaks and CIN was suggested until recently. The latest data show that DNA damage can be generated under conditions that compromise the mitotic spindle (11,72), suggesting that a single mechanism causes aneuploidy and chromosome breakage (12). One spindle defect in particular, merotelic kinetochore attachment, seems important for centromere fission, because it is not efficiently corrected by the classic mitotic checkpoints (73) but can generate enough force to physically shear the kinetochore (11). A small percentage of merotelic attachments might even go undetected in normal cells; the associated centromere fission can be detected in ~0.1% of all lymphocytes from healthy donors (74).

Apart from spindle control, other mitotic processes might contribute to centromere fission. In mammals, chromosome arms are liberated in prophase through the non-proteolytic removal of cohesin, but centromeres remain joined until the metaphase–anaphase transition (75). At least in theory, residual centromeric cohesin could resist the pulling force exerted by the spindle and thus contribute to centromere fission. In addition, mammalian centromeres comprise repetitive DNA, a feature of inducible fragile sites (41). No centromere fission, however, has been observed under the conditions that induce known fragile sites, suggesting that stalled replication unlikely causes centromeric DNA damage. The description of errors in replication initiation of a common fragile site but not in its replication progression (76), shows that sequence repetition not necessarily creates fragile DNA.

Given the connection between the mitotic spindle and breakage, DNA damage would be expected in mutants that undergo aneuploidy. Although studies that address spindle defects usually test only for aneuploidy, cells treated with spindle poisons and mutants in the spindle checkpoint gene Mad2 were shown to accumulate γH2A.X (14,77). In addition, haploinsufficiency or biallelic point mutation of spindle checkpoint genes such as Mad1 and BubR1 induces tumor development (18,78,79); knowing that aneuploidy alone cannot account for tumor formation, carcinogenesis in these mutants probably involves chromosome breakage. Even mild spindle defects, which lead to low levels of chromosome breakage but are compatible with development, suffice to produce anaphase bridges and translocations in mouse chromosomes (11,78). Interestingly, chromosome segregation defects have recently been implicated in pathways of early aging and senescence (80–82). Spindle defects thus are on a par with telomere attrition when concerning a possible link between aging and cancer.

Since breakage and aneuploidy are normally found together (6,7), a shared mechanism provides an attractive solution. In support of this hypothesis, centromere-driven instability has been proposed for CIN tumors such as liposarcoma (83), squamous cell carcinoma (84,85) or glioblastoma (86). Still, much of the data on centromere fission has been generated in experimental models and would therefore benefit from the same verification as random breakage and telomere erosion.

The three breakage pathways yield different products

Based on the origins of DNA damage, three models can be proposed (Figure 2). The most obvious difference between the three pathways concern the place where breaks first occur and what kind of products are initially formed. Theories that depend on external break induction invariably assume random breakage, as it is hard to imagine how chromosomes can be specifically oriented on background radiation or reactive oxygen species. On the contrary, telomere fusion and centromere fission affect a specific chromosomal structure and might thus impose specificity on break sites. Even though telomere fusion and centromere fission originate at a specific chromosome site, the order of events in these two cases is very different; whereas breakage is a consequence of telomere–telomere fusion in the former model, centromeric breakage occurs before the actual fusion in the latter model. As a result, breaks are expected to appear in a random pattern in the telomere attrition model but specifically clustered around the centromere in the centromere fission hypothesis (Figure 2). Furthermore, the site of the first defect means that the initial fusion products have an antiparallel orientation in the telomere erosion model (two
telomeres fuse) but adopt a tandem orientation after centromere fission (a broken centromere is fused to a telomere). In all three models, telomeres may capture broken ends (87) and incorporated into fusions as interstitial telomeric sequences (ITS). Exclusively in the centromere fission model, ITS are flanked by an intact chromosome and a tandem whole chromosome arm.

Telomeric fusions give rise to dicentric chromosomes, which are highly instable and liberate new reactive ends upon breakage (27,88). New breaks in dicentric chromosomes are situated between the two centromeres; all fragments therefore contain a centromere and fuse to form new dicentrics. Some of the secondary products in the telomere erosion model might be formed due to pericentromeric breaks, but these products occur after break randomization and would thus represent a minor proportion. In contrast to telomere erosion, a pericentromeric break can yield either a centromere-containing or centromere-less fragment. In this way, unstable as well as stable fusions can be formed, all of which adopt a tandem orientation. This means that stable tandem fusions, which contain a single centromere and do not enter BFB cycles, are formed exclusively by a pericentromeric break followed by fusion to a chromosome end. To determine which pathways govern the early steps of CIN in human carcinogenesis, a comparison of these models to chromosome alterations in tumor samples might yield important clues.

What tumor samples and cell lines show

To determine which of the three models most faithfully describes CIN in human cancer, we have to examine samples from actual neoplasms. The first clue comes from breakpoint localization; traditional marker analyses showed that nearly half of all breakpoints on the largest chromosome map to the centromeric and pericentromeric region and only a small proportion to the arms and telomeres (89). Recent advances in microarrays have enabled large-scale analysis of copy number changes in tumor samples (43), and massive sequencing has identified the pattern of breakpoints in a large panel of cancer cell lines (28). Chromosome breakage and the location of breakpoints can be inferred from the limits of regions that show copy number alteration; if a normally continuous DNA tract is found in two different amounts, this tract must have been broken and one of the fragments must have been amplified or lost to yield a different number of copies than the other fragment (Figure 1). By analyzing the copy number of a large number of chromosomal regions, breakpoints can be mapped with kilobase precision. Even though the latest studies focussed on the identification of small regions, the most evident switches in copy number localize to centromeres and pericentromeric regions (28,43,90). These data show that the most common alterations involve whole chromosome arms—arm-level alterations are more frequent than aneuploidy in some studies (43)—and that breaks frequently localize adjacent to centromeres (Figure 3). The high frequency of arm-level alterations corroborates the centromere fission model, because this is the only mechanism that specifically splits a chromosome into two arms.

The analysis of copy number changes alone does not depict the topology of breakage and fusion. Microscopy based techniques, for example spectral karyotyping and fluorescent in situ hybridization, yield a much more visual image of chromosome fragments and their instability. Optical techniques showed that chromosome arms are normally not found alone but rapidly fuse to other fragments or intact chromosomes (83,91). Some of the copy number changes observed in the large-scale analyses are therefore brought about by chromosome arms that ‘hitch a ride’ on the ends of healthy chromosomes (Figure 4). When viewed by microscopy, fused chromosomes appear to grow from a telomere; this observation might have contributed to the focus on telomere defects. Close inspection of the formed products, however, shows that the fusion point comprises a centromere and a telomere, and analysis by banding techniques shows that a fragment the size of a whole arm attaches to the end of a healthy chromosome in a tandem orientation (91). A classification of products described in literature (94) and spectral karyotyping databases (93) indicate that tandem fusions are much more common than antiparallel fusions (Figure 5). Also the other products of centromere fusion—for example centromeric fusion of two arms and isochromosomes (84,95)—are common in tumor samples.

In all three models, ITS can be formed when telomeres capture broken ends (87). No comprehensive search for ITS in tumor samples has been conducted, but the studies carried out until now show ITS at antiparallel fusion sites formed after centromere fission (96,97). In some cases, a combination of probes has enabled direct detection of the fusion between a pericentromeric chromosomal region and telomere (97). In conclusion, the most frequent chromosomal defects do not seem to be the result of random breakage or telomere erosion, although genuine telomere–telomere fusions have occasionally been detected (98–100). Mitotic centromere fission followed by NHEJ (11,101) provides a simple model that faithfully describes the pattern of common chromosome alterations in CIN tumors (Figure 6).

From single breaks to ongoing instability

A question that arises is how events such as centromere fission can lead to ongoing instability. The analysis of tumor samples provides us with a large number of individual ‘snapshots’, that hint at centromere fission as an important early step. Long-time cultures of cancer cell lines (102) and serial sampling of patients (103), however, indicate that tumor karyotypes evolve over time.

The high levels of CIN in advanced tumors suggest that these have acquired adaptations to gene dosage. Cancer cells seem to cope with gene dosage by increasing proteasomal protein degradation, used as a target for chemotherapy (104). Also in yeast, mutations that increase activity of the ubiquitin–proteasome pathway generate tolerance for aneuploidy (26). Additional screenings for compounds that preferentially inhibit growth of aneuploid cells identified protein folding and autophagy as potential targets (105). Although many of these adaptations promote tumor survival individually (106), they probably are induced together as a result of gene dosage. As a consequence, these pathways might cause a general ‘spillover’ effect on key cell cycle regulators (107) and promote further genetic instability.
Initial steps in this gene dosage cycle probably are quite small, as whole arm gains add a considerable amount of DNA to the genome and are associated with reduced viability. Since small chromosomes can be present in extra copies without compromising viability, the arms from small chromosomes might target larger chromosomes for instability (Figure 4). In addition, commonly amplified arms on large chromosomes contain ‘strong’ oncogenes such as \( c-Myc \) (8q), \( ErbB2 \) (17q) or \( Pik3CA \) (3q). Still, these changes add or remove a considerable amount of genetic material and are probably to cause a spillover effect to important regulatory pathways. In conclusion, gene dosage is a mechanism that can inhibit cell transformation in its first steps but might promote ongoing CIN and malignancy when overcome by adaptation.

Concluding remarks

Large-scale genetic analyses of tumor samples and cancer cell lines show that the vast majority of copy number changes correspond to intact chromosomes or entire chromosome arms (28,43), which points at the centromeric region as a breakage hotspot. One has to admit that also the other pathways might occasionally generate a pericentromeric break. The vast numbers of arm level translocations in tumor samples, however, show that pericentromeric breaks must be formed preferentially. In advanced tumors, chromosome segments are more probably to undergo several rounds of breakage; the biphase pattern of the 11q arm (Figures 1 and 3) probably has its origin in a centromeric break causing amplification of the whole arm, followed by loss of the distal part. In this way, cells gain extra copies of the proximal \( CycD1 \) oncogene but repress the distal tumor suppressor \( Chk1 \). Note that the reverse pattern is very rare because the centromeric break anchors the proximal part to acceptor chromosomes. Thus, even though oncogenes and tumor suppressor genes govern the proliferation of cancer cells, the genetic signature of
Centromere fission triggers chromosomal instability

Fig. 6. Early events leading to CIN. An uncorrected merotelic attachment causes chromosome breakage at the centromeric region (yellow arrow), resulting in two reactive chromosome arms. The arm without a centromere is easily lost in subsequent cell divisions or can be rescued by a translocation. The centromere-containing arm can replicate and segregate. The centromere-containing arm thus forms a reactive species that persists during subsequent cell divisions. The arm bearing the first break can self-ligate, forming a pseudodisentric chromosome, or fuse to a healthy chromosome (dark green), forming a dicentric chromosome bearing an interstitial telomere. Capture of a dicentric chromosome by two spindle poles leads to secondary breaks (purple arrows), propagating BFB cycles. Dashed lines indicate events that stabilize chromosome arms with breaks. Figure adapted from (12).

carcinomas points at centromere fission as the mechanism that confers genetic plasticity.

Among the most striking structures resulting from the fusion between whole arms and intact chromosomes are ITS. Although ITS can be powerful markers, reliable detection of ITS seems challenging and even the largest ancestral ITS in our genome (on chromosome 2q13) is distinguished in only 10% of all metaphases (98).

The absence of detectable ITS from a fusion site might therefore illustrate a technical instead of a biological problem. Although cancer ITS are rarely examined in detail, the studies done until now show ITS in tandem fusions between single arms and intact chromosomes (96). Most ITS are tandem repeats—not the inverted repeats generated in telomere–telomere fusions—and probably formed through the capture of a non-telomeric break on a chromosome end (87).

Telomerizes might be the preferred substrate for the chromosome arms that are liberated in mitosis, because telomerizes come preloaded with components of the NHEJ pathway (55,108) and recombination has little activity after mitotic exit (31). Although telomere fusion is repressed by the shelterin complex, the fusion of arms to intact chromosomes shows that this protection is not waterproof. The fully activated NHEJ machinery on centromeric breaks might circumvent the shelterin inhibition of the telomerizes. Nonetheless, the considerable percentage of isochromosomes (Figure 5) illustrates the effectiveness of shelterin, because iso-chromosomes are formed by centromeric breaks that persist alongside telomerizes until the arm has been replicated and repaired. Recently described phenomena such as chromothripsis (109), found in a few percent of carcinomas, might be ascribed to shelterin function; efficient telomere protection helps the confinement of BFB propagation (Figure 6) to a small pool of chromosomes, which results in reutilization of broken chromosome arms and limits copy number states. The high frequency of breakage in chromothripsis, together with the low percentage of samples that show this phenomenon, hints at unstable dicentric chromosomes.

ITS have been analyzed extensively in congenital syndromes (110,111) and evolutionary biology (112,113). Although the origin of ITS in evolutionary biology is a matter of debate, it is accepted that congenital ITS are formed in meiosis. Like mitosis, the final meiotic divisions can suffer from chromosome segregation defects (114); also in meiosis, spindle defects seem to have a critical role when it comes to genetic instability. Practically, all congenital ITS result from the translocation of a single donor segment onto different—random—chromosome recipients, termed jumping translocations (97,115). Repair by NHEJ agrees with the random nature of jumping translocations (97,111,115) because this repair pathway non-selectively fuses unprotected chromosome ends (31). Analysis of jumping translocations in congenital defects again shows whole arm fusion to intact chromosomes, frequently in combination with isochromosome formation of the other arm. In conclusion, a single mechanism, centromere fission, might be responsible for genetic instability on the cellular, individual and evolutionary scale.

Funding

Fondo de Investigación en Salud (PS09/00572 and RD08/0075/0010) and Ministerio de Ciencia y Investigación (BFU 2009-08395-E). K.v.W. is supported by a JAE-doc fellowship from the Spanish National Research Council (CSIC). The Department of Immunology and Oncology was founded and is supported by the CSIC and by Pfizer.

Acknowledgements

The authors thank Catherine Mark for editorial assistance.

Conflict of Interest Statement: None declared.

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Received January 19, 2011; revised March 11, 2011; accepted March 31, 2011