Systematic Review / Meta-analysis

Fibrin sealant versus sutures in periodontal surgery: A systematic review

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ABSTRACT

Background: The aim of this systematic review was to assess the effectiveness of fibrin sealant compared to sutures in periodontal surgery.

Methods: Five electronic databases (PubMed, Scopus, EBSCO, Cochrane and Web of Science) were screened from initiation to January 2021 for randomized controlled trials (RCTs) comparing fibrin sealant to sutures in periodontal surgery using this search equation: (Periodont* OR Periodontitis) AND (“fibrin tissue adhesive” OR “fibrin glue” OR “fibrin sealant” OR “fibrin sealant system” OR “fibrin adhesive system” OR “fibrin fibronectin sealant system”). Quality assessment of the included studies was performed using the revised tool to assess risk of bias in randomized trials (RoB 2). The level of evidence was evaluated using the GRADE tool.

Results: A total of 240 publications were found as search results in the screened databases. Four RCTs were included in this systematic review based on predetermined inclusion criteria. The trials were published between 1987 and 2014. All the RCTs compared fibrin sealant to sutures in periodontal surgery. The sample size included 101 patients. The overall risk of bias in this systematic review was at high risk in 75% of the studies, while 25% of the studies raised some concerns. The level of evidence evaluated using GRADE tool was very low.

Discussion: The current systematic review indicates a low level of evidence of the use of fibrin sealant as an alternative to sutures in periodontal practice. More interventional and multicentric studies should be conducted to support and confirm the results of the included studies.

1. Introduction

Proper closure of wound margins in their desired position are critical events that influence the success of periodontal surgery. Numerous methods and materials have been used such as sutures, and tissue adhesives [1,2].

Fibrin sealants (FS) are natural adhesives derived from plasma coagulation proteins, that mimic the final stages of blood coagulation [3-5]. The first reports of FS use in periodontal surgery were in the 1980s. Bösch P et al. [6] applied it to retain heterogeneous bone graft in periodontal defects, while Bartolucci et al. [7] used it to fix periodontal flaps and grafts.

Although sutures have been conventionally used, they can present some shortcomings, like acute inflammation and postoperative infection resulting in compromised wound healing. Furthermore, suturing is time consuming, requires skill and an additional visit for suture removal [8,9].

Several studies have reported the usefulness of FS in various surgical fields [4,10-13], given their hemostatic, adhesive, and healing properties, which may reduce operating time, prevent complications, and enhance the overall outcome of many surgical interventions [14].

However, there is still, to this date, no clear evidence suggesting the superiority of FS to sutures in periodontal surgery.

The aim of this systematic review was to assess the effectiveness of FS compared to sutures in periodontal surgery.

2. Methods

The present systematic review was structured following the PRISMA recommendations for transparent reporting of systematic reviews and meta-analysis [15].

The global review protocol was preliminarily registered in the PROSPERO database under the registration number: CRD42021253913.
2.1. Eligibility criteria

2.1.1. Inclusion criteria
Studies were assessed for eligibility based on the following criteria:
- Participants: Patients undergoing periodontal surgery were eligible for inclusion.
- Intervention: Clinical studies comparing two groups, one test (using commercial FS in periodontal surgery) and one control (using sutures in periodontal surgery) were eligible for inclusion.
- Outcome variables were classified into primary outcomes such as inflammation, healing hemostasis and post-operative comfort, and secondary outcomes such as surgical chair time.
- Study design: Randomized controlled trials (RCT) were eligible for inclusion. No restrictions on language or year of publication were placed.

2.1.2. Exclusion criteria
Studies using autologous or animal derived fibrin sealants and studies using fibrin sealants as an adjunct to other materials were excluded. Case reports, case series, editorials, reviews were also excluded.

2.2. Information sources

Medline (PubMed), Scopus, EBSCO, The Cochrane Central Register of Controlled Trials and Web of science were screened up to January 2021 for eligible studies related to the focused question.

A complementary hand search was done in the following journal databases: Journal of Periodontology, Journal of Clinical Periodontology, Journal of Periodontal Research, and The International Journal of Periodontics and Restorative Dentistry.

Reference lists of any potential articles and OpenGrey (www.opengrey.eu) database were screened for relevant unpublished studies or papers not identified by electronic searching.

Furthermore, the ISRCTN registry (www.isrctn.com) and the EU Clinical Trials Register (www.clinicaltrialsregister.eu) were screened for appropriate ongoing on unpublished studies.

2.3. Search strategy

The structured search strategy/equation used in all the databases was as follows: (Periodont* OR Periodontitis) AND (“fibrin tissue adhesive” OR “fibrin glue” OR “fibrin sealant” OR “fibrin sealant system” OR “fibrin adhesive system” OR “fibrin fibronectin sealant system”).

No restrictions on language or year of publication were placed.

2.4. Selection process

Titles and abstracts of retrieved papers from our search strategy were screened in duplicate and independently by two reviewers (M.M and F.S). Full text versions of potentially pertinent studies were collected based on the initial screening. These reports were classified as absolutely eligible, absolutely not eligible or controversial.

Disagreement between examiners was resolved through discussion until consensus was reached. If needed, arbitration by a third investigator (A.B) was planned to determine the final decision. The reports that satisfied all of the inclusion criteria were used for data extraction.

2.5. Data collection and items

All the studies meeting the inclusion criteria underwent data extraction performed by two review authors independently. Both reviewers used a standardized data extraction sheet with the following items: first author/year of publication (country), study design, surgical techniques, sample, follow-up, age range, gender, study groups, measured outcomes and results. The references were added through Mendeley.

2.6. Quality assessment

Quality assessment of the included studies was conducted using the revised tool to assess risk of bias in randomized trials (RoB 2) [16]. Assessment was based on five domains (Randomization process, deviations from intended interventions, missing outcome data, measurement of the outcome and selection of the reported result). Within each domain, one or more signaling questions were answered. These answers lead to judgments of “low risk of bias”, “some concerns”, or “high risk of bias”. The judgments within each domain lead to an overall risk-of-bias judgment for the result being assessed [16].

Risk of bias assessment was performed by two reviewers (M.M and F.S). Each disagreement was resolved by discussion and consensus. The judgement of a third reviewer (A.B) was planned if a disagreement was not resolved.

The present systematic review has been self-evaluated through the AMSTAR 2 checklist (available in supplementary file) [17]. As no meta-analysis was conducted given the overall limited sample and heterogeneity of outcomes, the level of compliance with AMSTAR 2 came out to be “moderate”.

2.7. Level of evidence assessment

The quality of evidence of all studies was evaluated using the Grading of Recommendations, Assessment, Development and Evaluation (GRADE) [18]. In this review, a narrative GRADE approach was performed [19,20].

Generally, RCTs start as high quality evidence. From the initial rating, the quality of evidence can be rated down by one or two levels when there are serious or very serious concerns, respectively, in any of the following five domains: risk of bias, inconsistency, indirectness, imprecision, or publication bias [19,20]. As a result of the assessment, the quality of evidence for each outcome falls into one of four categories: high (the review authors are very confident that the true effect lies close to that of the estimate of the effect), moderate (the review authors are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different), low (the review author’s confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect) and very low (the review authors have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect) [21].

3. Results

3.1. Study selection

The search strategy generated 240 publications, by screening titles and abstracts and removing duplicates, 9 papers were retained, for which full text versions were obtained for detailed reading. Five of those articles [22–26] were excluded for being incomplete clinical trials, or using other materials in adjunction to FS.

In brief, 4 eligible publications [27,28,29] were included in the current systematic review. More details of the data search are described in the flow chart (Fig. 1).

3.2. Study characteristics

Four clinical trials, comparing FS to sutures in periodontal surgery and conducted in Italy and India met the criteria and were included in this systematic review. The trials were published between 1987 and 2014. All the RCTs compared FS to sutures in periodontal surgery. The sample size included 101 patients aged from 9 to 63 years. The
characteristics of the studies were presented in Table 1.

3.3. Assessment of risk of bias

Randomization process was not well described and was at high risk of bias in 50% of the studies, while the other 50% raised some concerns. Deviations from intended interventions was at low risk of bias in 50% of the studies and was at high risk of bias in 75% of the studies. Missing outcome data was at low risk of bias in 75% of the studies and raised some concerns in 25% of the studies. Measurement of the outcome in the included studies was at low risk of bias in 50% of the studies, raised some concerns in 25% of the studies and was at high risk of bias in 25% of the studies. Selection of the reported result was at low risk of bias in 50% of the studies and raised some concerns in 50% of the studies. The overall risk of bias in this systematic review was at high risk in 75% of the studies [2, 27, 28], while 25% [29] of the studies raised some concerns (Fig. 2).

3.4. Level of evidence

A narrative GRADE approach was conducted to assess the quality of evidence across the four studies. The outcome of the overall analysis resulted in a very low quality of evidence. The flaws presented in the risk of bias, inconsistency and imprecision of analysis due to bias, heterogeneity, and number of studies, as demonstrated in Table 2.

4. Discussion

4.1. Summary of the main results

The results of this systematic review demonstrated that up until today, only 4 RCTs, in the literature compared the effectiveness of FS to sutures in periodontal surgery.

Among these studies, 2 studies concluded that FS enhance early wound healing, while sutures cause inflammation around themselves and cumulate plaque [27, 28]. One study demonstrated that FS promote early wound healing by reducing IL-1β and IL-8 levels, two inflammatory mediators present in gingival crevicular fluid [29].

Pulikkotil et al. reported on the seventh day of follow-up, a statistically significant difference between test side (FS) and control side (sutures), in the following clinical parameters: plaque index, bleeding, color and soft tissue dehiscence. The control group showed more plaque accumulation, gingival redness and soft tissue dehiscence [29]. It is worth mentioning that the statistical differences observed between FS and sutures, were compared according to each day of follow up, instead of comparing the mean differences during the follow-ups. Manimegalai et al. reported that the plaque and gingival index scores, and pocket depth were reduced postoperatively in test groups, compared to control groups. Although, no statistically significant test was reported [2].

Two studies reported that FS provide better and early hemostasis than sutures [2, 27], and that they can form a better alternative in terms of tissue stability [2, 27].

When comparing clinical manipulation, three studies concluded that FS is easier and more comfortable to use than sutures and reduces the surgical time considerably [2, 27, 29].

Three studies reported pain and discomfort on the control side [2, 27–29]. The Visual Analogue Scale (VAS) was used only in one study [29], no measuring tools were mentioned in the other studies.

4.2. Agreements and disagreements with other studies or reviews

The use of FS in periodontal surgery has been addressed in the
Table 1
Overview of the characteristics of included randomized clinical trials.

| First author/ year (country) | Study design | Surgical technique | Sample Follow-up | Age range | Gender | Study groups | Measured outcomes | Results |
|------------------------------|--------------|--------------------|------------------|-----------|--------|--------------|-------------------|---------|
| G.P.P. Prato 1986 (Italy) [27] | Randomized controlled clinical trial | Split mouth randomized clinical trial | - Free gingival grafts (FGG) 51 patients 7th day, 14th day, 21st day 9-63 years F: 22 M: 29 | Control side: 4-0 silk sutures Ethicon® | The differences in chair time between FS and S: FGG: 8.3”, Pedicile: 8”, MWF: 4.43”, APF: 6” | Difference in overall chair time between FS and S: FGG: 8.3”, Pedicile: 8”, MWF: 4.43”, APF: 6” |
| SJ. Pulikkotil 2013 (India) [28] | Randomized controlled clinical trial | Group I: Modified Widman flap 1st, 2nd, 3rd, 7th, and 10th days 20-45 years F: 10 M: 15 | Control group: 4-0 black braided silk sutures (S) | Chair side time | Total chair side time |
| | | Group II: Pedicle Graft | | | | |
| | | Group III: Free Gingival Autograft | | | | |
| | | Test group: Fibrin sealant (FS) (Tisseel®) | Time saved | Plaque index | |
| | | | | | |
| A.G. Manimegalai 2010 (India) [2] | Randomized controlled clinical trial | Group I: FS: 0; S: 1 Group II: FS: 0; S: 1 | No differences in statistical significance reported | Stability of tissues |
| | | Group III: FS: 0; S: 1 | No differences in statistical significance reported | Postoperative bleeding |
| | | | | | |
| SJ. Pulikkotil 2014 (India) [29] | Randomized controlled clinical trial | Split mouth randomized clinical trial | Periodontal flap surgery 10 patients 7th day, 14th day, 21st day 18-60 years | Control group: 3-0 black silk sutures (Johnson Ethicon®) | Number of fibroblasts, blood vessels, inflammatory cells at 8th day postoperatively | Fibroblast: FS:70.45 ± 7.22, S: 42.95 ± 4.344, p < 0.001* Blood vessels: FS: 5.74 ± 1.41, S:1.89 ± 3.64, p = 0.005* Inflammatory cells: FS: 20.91 ± 4.46, S:32.58 ± 4.29, p < 0.001* |
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literature, which highlighted positive findings regarding its use in local hemostatic measures, correction of periodontal bony defects, and as a tissue adhesive. Nevertheless, the present systematic review compares the outcomes of periodontal parameters among included studies. The findings from the present work tend to agree with the conclusions of the previous publications, with some reservations based on bias detected in the included trials.

There are some drawbacks to using FS, mainly the high cost, which limited the cost/benefit ratio. Another theoretical drawback is the risk of transmission of infectious agents, such as parvovirus B19 [30,31] and prions, as FS is a blood derived product. However, careful selection of donors and improved viral inactivation techniques in the manufacturing process has largely minimized these concerns [5,11,32].

Table 1 (continued)

| First author/year (country) | Study design | Surgical technique | Sample Follow-up | Age range | Gender | Study groups | Measured outcomes | Results |
|----------------------------|--------------|--------------------|------------------|-----------|--------|--------------|-------------------|---------|
|                            |              |                    |                  |           |        |              | P value: 7th day p < 0.001* |         |
|                            |              |                    |                  |           |        |              | Color              |         |
|                            |              |                    |                  |           |        |              | FS: Baseline: 1.52 ± 0.35, 7th day:1.05 ± 0.09, 3 months:1.00 ± 0.0 |         |
|                            |              |                    |                  |           |        |              | FS: Baseline: 1.27 ± 0.24, 7th day: 1.54 ± 0.53, 3 months:1.00 ± 0.0 |         |
|                            |              |                    |                  |           |        |              | P value: Baseline: 0.68, 7th day: 0.003* |         |
|                            |              |                    |                  |           |        |              | Dehiscence          |         |
|                            |              |                    |                  |           |        |              | FS: Baseline: 0.0 ± 0.0, 7th day: 0.0 ± 0.0, 3 months: 0.0 ± 0.0 |         |
|                            |              |                    |                  |           |        |              | S: Baseline: 0.0 ± 0.0, 7th day: 0.20 ± 0.41, 3 months: 0.0 ± 0.0 |         |
|                            |              |                    |                  |           |        |              | P value: 7th day: 0.07 |         |
|                            |              |                    |                  |           |        |              | Recession           |         |
|                            |              |                    |                  |           |        |              | FS: Baseline: 1.06 ± 0.88, 3 months: 0.93 ± 0.96 |         |
|                            |              |                    |                  |           |        |              | S: Baseline: 0.94 ± 0.8, 3 months: 0.83 ± 0.94 |         |
|                            |              |                    |                  |           |        |              | P value: Baseline: 0.72, 3 months: 0.70 |         |
|                            |              |                    |                  |           |        |              | Probing depth       |         |
|                            |              |                    |                  |           |        |              | FS: Baseline: 7.13 ± 1.45, 3 months: 6.07 ± 1.28 |         |
|                            |              |                    |                  |           |        |              | S: Baseline: 6.93 ± 1.27, 3 months: 6.07 ± 1.28 |         |
|                            |              |                    |                  |           |        |              | P value: Baseline: 0.96 |         |
|                            |              |                    |                  |           |        |              | Pain (mm):          |         |
|                            |              |                    |                  |           |        |              | FS: Immediately after surgery: 11.6 ± 2.97, at 7 days: 4.93 ± 3.08 |         |
|                            |              |                    |                  |           |        |              | S: Immediately after surgery: 32.0 ± 6.21, at 7 days: 31.26 ± 7.42 |         |
|                            |              |                    |                  |           |        |              | P value: Immediately after surgery: p < 0.001*, at 7 days: p < 0.001* |         |
|                            |              |                    |                  |           |        |              | Discomfort (mm):    |         |
|                            |              |                    |                  |           |        |              | FS: Immediately after surgery: 11.8 ± 2.70, at 7 days: 3.46 ± 1.76 |         |
|                            |              |                    |                  |           |        |              | S: Immediately after surgery: 25.60 ± 6.23, at 7 days: 20.53 ± 6.71 |         |
|                            |              |                    |                  |           |        |              | P value: Immediately after surgery: p < 0.001*, at 7 days: p < 0.001* |         |
|                            |              |                    |                  |           |        |              | Amount of fibrin sealant used |         |
|                            |              |                    |                  |           |        |              | An average of 0.2 ml of Tisseel® was used per tooth. |         |

Sutures (S), Fibrin sealant (FS), Gingival crevicular fluid (GCF), Free gingival graft (FGG), Pedicle sliding flap (Pedicle), Modified Widman flap (MWF), Apically positioned flap (APF), Fibrin (F), F: female, M: male, ′ minutes, ′ seconds.

Stability of tissues (score): 0 – Stable at 5 min; 1 – Unstable at 5 min; Postoperative bleeding: 0 – No bleeding at 1 min; 1 – Bleeding at 1 min; 5 – Bleeding at 5 min; *Statistically significant.

Fig. 2. Assessment of risk of bias.
The present systematic review is the fruit of screening five databases, using complementary searches in specific journals and screening reference lists of any potential articles and grey literature database for relevant unpublished studies. Nevertheless, the number of included studies is limited compared to published reports in medical sciences.

The adopted search strategy resulted in 4 RCTs. The overall risk of bias in this systematic review was at high risk in 75% of the studies while 25% of the studies presented some concerns. This high risk mainly concerned randomization process, deviations from intended interventions and measurement of the outcome domains.

Moreover, the quality of the level of evidence of all the outcomes evaluated was classified very low using the GRADE tool.

Based on the analysis of extracted data, it seems that the consistency of the evidence is rather complex. Differences in protocols, variability across studies and measured outcomes make the comparison more complicated.

### 4.3. Overall completeness and applicability of evidence

The present systematic review is the fruit of screening five databases, using complementary searches in specific journals and screening reference lists of any potential articles and grey literature database for relevant unpublished studies. Nevertheless, the number of included studies is limited compared to published reports in medical sciences.

The adopted search strategy resulted in 4 RCTs. The overall risk of bias in this systematic review was at high risk in 75% of the studies while 25% of the studies presented some concerns. This high risk mainly concerned randomization process, deviations from intended interventions and measurement of the outcome domains.

Moreover, the quality of the level of evidence of all the outcomes evaluated was classified very low using the GRADE tool.

Based on the analysis of extracted data, it seems that the consistency of the evidence is rather complex. Differences in protocols, variability across studies and measured outcomes make the comparison more complicated.

### 4.4. Advantages and potential limitations in the review process

To our knowledge, this is the first systematic review aiming to compare the effectiveness of FS to sutures in periodontal surgery. All of the included articles were RCTs. The present systematic review was structured following the PRISMA recommendations for transparent reporting of systematic reviews and meta-analysis [15]. The research design was carried out to be reproducible based on a specific search strategy. Overall, the level of bias of the whole review process would be estimated as low.

### 4.5. Implications for clinical practice and for further research

The present systematic review, conducted on patients undergoing periodontal surgery, shows that FS has potential uses in periodontal practice. Surgery performed with FS is technically less demanding than sutures. However, the numerous biases in the reviewed reports limited the strength of the evidence on this issue. The overall convenience of the use of FS should be evaluated on the basis of its cost and benefits.

The current clinical use of FS in periodontal research as conventional sutures in order to face the increasing esthetic and comfort demands of patients.

Our results should guide researchers in carrying out more RCTs with rigorous protocols in order to provide a clear response to our focused question.

FS and other sealing products should have as much attention in periodontal research as conventional sutures in order to face the increasing esthetic and comfort demands of patients.

### 5. Conclusion

Within the limitations of the extracted data from the RCTs, it seems that FS would have some clinical benefits such as saving more surgical time compared to sutures. However, the numerous biases in the reviewed reports limited the strength of the evidence on this issue.

Given various detected biases in the included trials, and the very low level of evidence, we do not suggest the use of FS as an alternative to sutures in periodontal surgery.

Our results should guide researchers in carrying out more RCTs with rigorous protocols in order to provide a clear response to our focused question.

Registration of research studies

- Name of registry: PROSPERO.
- Unique Identifying number of registration ID: CRD42021253913.
- Hyperlink to registration: https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42021253913.

Provenance and peer review

- Not commissioned, externally peer-reviewed.

Ethical approval

Research studies involving patients require ethical approval. Please state whether approval has been given, name the relevant ethics
committee and the state the reference number for their judgement.

No ethical approval was required as this research project is a systematic review of previous studies.

Please state any sources of funding for your research

All sources of funding should be declared as an acknowledgement at the end of the text. Authors should declare the role of study sponsors, if any, in the collection, analysis and interpretation of data; in the writing of the manuscript; and in the decision to submit the manuscript for publication. If the study sponsors had no such involvement, the authors should so state.

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Author contribution

Mariam Mounisf: Writing and Editing the first draft, Article’s screening, Data extraction, Data analysis, Fatima ezzahraa Smouni: Conceptualization, Article’s screening, Data extraction, Data analysis, Writing initial draft. Amal Bouziane: Conceptualization, Data analysis, Supervision, Review and editing. All: Approval of the final version of the manuscript.

Please state any conflicts of interest

All authors must disclose any financial and personal relationships with other people or organisations that could inappropriately influence (bias) their work. Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding.

No potential conflict of interest relevant to this article was reported.

Annals of medicine and surgery

The following information is required for submission. Please note that failure to respond to these questions/statements will mean your submission will be returned. If you have nothing to declare in any of these categories then this should be stated.

Consent

Studies on patients or volunteers require ethics committee approval and fully informed written consent which should be documented in the paper.

Authors must obtain written and signed consent to publish a case report from the patient (or, where applicable, the patient’s guardian or next of kin) prior to submission. We ask Authors to confirm as part of the submission process that such consent has been obtained, and the manuscript must include a statement to this effect in a consent section at the end of the manuscript, as follows: “Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal on request.”

Patients have a right to privacy. Patients’ and volunteers’ names, initials, or hospital numbers should not be used. Images of patients or volunteers should not be used unless the information is essential for scientific purposes and explicit permission has been given as part of the consent. If such consent is made subject to any conditions, the Editor in Chief must be made aware of all such conditions.

Even where consent has been given, identifying details should be omitted if they are not essential. If identifying characteristics are altered to protect anonymity, such as in genetic pedigrees, authors should provide assurance that alterations do not distort scientific meaning and editors should so note.

No consent was required as this research project is a systematic review of previous studies.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.amsu.2022.103539.

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