Convolutional Neural Network Optimize the Application of Diffusion Kurtosis Imaging in Parkinson’s Disease

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Research
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Abstract

Objectives: This work attempted to assess the feasibility of deep-learning based method in detecting the alterations of diffusion kurtosis measurements associated with Parkinson's disease (PD).

Methods: A group of 68 PD patients and 77 healthy controls (HCs) were scanned on the scanner-A (3T Skyra) (DATASET-1). Meanwhile, an additional 5 healthy travelling volunteers were scanned with both the scanner-A and an additional scanner-B (3T Prisma) (DATASET-2). Diffusion kurtosis imaging (DKI) of DATASET-2 has an extra $b$ shell than that of DATASET-1. In addition, a 3D convolutional neural network (CNN) was trained from Dataset 2 to harmonize the quality of scalar measures of scanner-A to a similar level of scanner-B. Whole-brain unpaired t-test and Tract-Based Spatial Statistics (TBSS) was performed to validate the differences between PD and control groups with model fitting method and CNN method respectively. We further clarified the correlation between clinical assessments and DKI results.

Results: In the left substantia nigra (SN), an increase of mean diffusivity (MD) was found in PD group. In the right SN, fractional anisotropy (FA) and mean kurtosis (MK) values were negatively correlated with Hoehn & Yahr (H&Y) scales. In the putamen, FA values was positively correlated with H&Y scales. It is worth noting that, these findings were only observed with the deep-learning method. There was neither group difference, nor correlation with clinical assessments in the SN or striatum exceeding the significant level by using the conventional model fitting method.

Conclusions: CNN method improves the robustness of DKI and can help to explore PD-associated imaging features.

1. Introduction

Parkinson's disease (PD) is a common neurodegenerative disease characterized by bradykinesia, resting tremor, rigidity, posture balance disturbance and non-motor manifestations \(^1\). Beyond the deficiency of dopaminergic neurons and aggregation of Lewy bodies in the basal ganglia, pathological changes of PD are associated with axonal lesions and synaptic dysfunction, which contributes to the impairments of white matter integrity \(^2\). Given the limitation of discerning the intrinsic details and pathological heterogeneity in brain tissues, conventional magnetic resonance imaging (MRI) has difficulty in revealing PD-associated microstructural changes. Diffusion-weighted MRI techniques like diffusion tensor imaging (DTI), can non-invasively probe the microstructural properties via the diffusion of water molecules \textit{in vivo} \(^3\textsuperscript{-}7\). It has been reported that DTI-derived metrics, such as fractional anisotropy (FA) and mean diffusivity (MD), showed significant differences in the substantia nigra (SN) and some white matter areas in PD patients \(^8\). Further, diffusion kurtosis imaging (DKI), which developed based on DTI and taken the non-Gaussian diffusion of water molecules into account, was reported as a more sensitive technique to evaluate the pathological characteristics of PD patients \(^5\textsuperscript{,}8\).
However, previous studies yielded inconsistent or even controversial findings. For example, while some studies showed decreased FA value, increased MD and/or mean kurtosis (MK) values in the SN, other studies observed increased FA value in the SN in PD patients. It has been reported that the FA value of SN in PD patients had a rising tendency compared with healthy controls (HCs). Additionally, Kamagata et al. found decreased MK and FA values of white matter, such as inferior fronto-occipital fasciculus, anterior corona radiata and superior longitudinal fasciculi, while Wen et al. showed increased FA values of inferior fronto-occipital fasciculus and bilateral superior longitudinal fasciculi in tremor dominant PD patients.

It is speculated that the heterogeneity of PD patients being recruited and various acquisition protocols of diffusion MRI scanning may contribute to those controversial findings. DKI can sensitively reflect microstructural complexity, particularly in isotropic tissues such as gray matter. But since gray matter microstructure lacks evident directionality, DWI signals can be easily affected by noise and limited spatial resolution, thus leading to inaccurate findings of alterations in DKI scalar measures.

Recently, deep learning, an important branch of machine learning, shows noteworthy potential for improving the detection of neuroimaging findings. As one of the representative algorithms of deep learning, convolutional neural network (CNN) adopts convolution and down sampling to certain layers with less computation, adjusts the network weights through the back-propagation and stochastic gradient descent algorithm, recognizes the features or patterns of the raw imaging inputs automatically, and then achieves the classification, identification and prediction of inputs.

Li et al. recently proposed a three-dimensional hierarchical convolutional neural network (3D H-CNN) to improve the estimation of DKI scalar measures from limited diffusion-weighted images (DWIs). Three-dimensional convolution kernels were introduced to extract and learn features of the DWIs automatically. Only part scalar measures were of clinical interest instead of the full tensors, 3D H-CNN (herein after called CNN) method makes it possible to complete fast and optimize DKI acquisition within 1 minute. It also took the cross-voxel information into account, which was proved to provide enhanced efficiency of estimating DKI scalar measures and improved robustness against noise.

Therefore, in the current study, we aimed to use this CNN method to improve the estimation of DKI scalar measures, and to examine whether the improved measures can help reveal PD-associated imaging features.

2. Materials And Methods

2.1. subjects

Sixty-eight PD patients meeting the Movement Disorder Society clinical diagnostic criteria for Parkinson's disease were recruited from the Movement Disorders Clinic of the Xuanwu Hospital of Capital Medical University. We recruited seventy-seven HCs meeting the following criteria: (1) over the age of 40, (2) no
history of neurological or psychiatric diseases, (3) no family history of neurodegenerative disorders, and (4) no obvious cerebral lesions on structural MRI. The Movement Disorder Society Unified Parkinson's Disease Rating Scale, part III (MDS-UPDRS III) and Hoehn & Yahr (H&Y) scale were assessed in all PD patients while they were at off-state. Their demographic details are summarized in Table 1. In addition, five healthy traveling subjects (M/F = 1/4, age = 26.6 ± 1.9 years) were recruited and their DKI data were collected on two different MRI scanners. This experiment was guided by and adhered to the Declaration of Helsinki and was approved by the Institutional Review Board of Xuanwu Hospital. All included participants have signed informed consent before the experiment.

| Table 1 | Demographic and clinical assessments of subjects. |
|---------|------------------------------------------|
|         | PD (n = 68)    | HC (n = 77)    | p value       |
| age in years, mean (SD) | 58.94(8.969) | 59.58(8.537) | 0.659         |
| gender(M/F) § | 36/32    | 30/47    | 0.092         |
| H&Y score, median(range) | 2(1–3)    | 0    | NA            |
| UPDRS, mean (SD) | 26.5(12.261) | NA | NA            |
| duration in years, median(range) | 4(0.5–20) | NA | NA            |

M, male; F, female; SD, standard variation; NA, not applicable. §Pearson’s chi-square test

2.2. MR imaging acquisition

2.2.1. DATASET 1

For all PD patients and healthy controls, MRI data were acquired at a 3T scanner-A (MAGNETOM Skyra, Siemens, Germany) equipped with a 20-channel receiver head and neck joint coil (opening 16 channels). DWIs were obtained axial orientation with single shot spin-echo echo planar imaging sequences (SE-EPI). Diffusion weightings of $b = 1000$ and $2000$ s/mm² were applied along 30 noncollinear sensitive gradients directions. One $b = 0$ image is acquired, resulting a total of 61 DWIs. Other imaging parameters were as follow: repetition time (TR) = 5000 ms, echo time (TE) = 105 ms, resolution = $2mm \times 2mm \times 2mm$, field of view (FOV) = $220mm \times 220 mm$, number of slices = 68.

2.2.2. DATASET 2

Five travelling subjects were scanned on two different MRI scanners. Scan 1 was also using the scanner-A and same scanning process as performed in the DATASET 1. For implementation of CNN, DWIs were also acquired in the Scan 2 using a 3T scanner-B (MAGNETOM Prisma, Siemens Germany) equipped with a 64-channel RF coil. The DWIs were obtained using a simultaneous multi-slice diffusion echo planar imaging sequence (SMS-EPI). Diffusion weightings of $b = 1000$, $2000$ and $3000$ s/mm² were applied in 30 gradient directions. Six $b = 0$ images and one $b = 0$ image with an opposite phase encoding direction were
acquired, resulting in a total of 96 DWIs. The one $b = 0$ image with reversed phase encoding direction was for correcting the field inhomogeneity-induced distortion. Other imaging parameters were as follow: repetition time (TR) = 3000 ms, echo time (TE) = 75 ms, resolution = 2mm×2mm×2mm, FOV = 220mm×220 mm, number of slices = 68.

2.3. Image processing

2.3.1. preprocessing

The preprocessing pipeline for both datasets was mainly based on FSL (FMRIB Software Library, University of Oxford, UK) \(^{24}\). Rician noise was removed using dwidenoise included in MRtrix 3 \(^{25}\), followed by gibbs-ring removal. For DATASET 2, Scan 2, distortion correction was also performed using topup and eddy tool \(^{26}\). The susceptibility-induced off-resonance field map was first estimated by topup using a pair of non-DW ($b = 0$) images acquired with reversed phase encoding directions AP and PA. It was then fed into eddy to perform correction for eddy current and motion induced distortion.

2.3.2. model fit

For the DATASET 1 and Scan 2 of DATASET 2, model fitting method was conducted using DESIGNER (Diffusion parameter EStImation with Gibbs and NoisE Removal, New York University, US), which is a post-processing pipeline capable of identifying and correcting various specific artifacts and confounding factors for an improved accuracy, precision, and robustness compared to traditional linear least square method fitting (Figure. 1) \(^{27}\).

2.3.3. CNN

CNN method was adopted to improve the estimation of DKI scalar measures from limited quality of DATASET 1. The adopted CNN method included one input layer, several hidden layers and two output layers. A dropout layer was inserted before each output layer to prevent overfitting. 3×3×3 convolution kernels were introduced in the first hidden layer to extract features from the preprocessed DWIs. The network was constructed in a hierarchical structure. Resulting DKI scalar measures were output through two different layers. The shallow output layer was connected to the penultimate hidden layer and was responsible for the scalar measures (FA and MD). Kurtosis related measures (MK and KFA) values were output through a deeper layer connected to the last hidden layer \(^{23}\).

Preprocessed DWIs of DATASET 2, Scan 1 were the training data of CNN and the corresponding model-fitted MK, KFA, FA, and MD maps for each traveling subject in DATASET 2, Scan 2 were defined as training and test labels. Scan 2 were registered to Scan 1 using non-linear registration before training. Preprocessed DWIs of DATASET 1 were used as test sets (Figure. 1).

The entire training and testing pipeline of CNN is as displayed in Fig. 2. Preprocessed DWIs of Scan 1 and the reference standard DKI maps derived from scan 2 were input as the training and labeling datasets in the training phase. Noise and gibbs-ring removed DWIs of DATASET 1 were the inputs as the testing
phase. DWIs of Scan 2 included higher $b$ values and more diffusion weighted directions than Scan 1. The additional $b = 0$ images with reversed phase encoding directions allows correction for field inhomogeneity induced distortion. All improvements in scanning condition resulted in a better quality of DWIs and a better estimation of DKI scalar measures compared with model fitting method. The CNN training process related limited quality DWIs with its corresponding high-accuracy DKI scalar measures, gaining the network an ability to predict high-quality DKIs from moderate DWIs (Figure. 1). As shown in Figure. 1 and Figure. 2, DKI scalar maps estimated by CNN of both dataset 1 and 2 had higher signal-to-noise ratio (SNR) than those by model fitting. For dataset 2 the CNN results displayed almost equivalent quality as the reference standard (ground truth).

2.4. Statistical analysis

The 1-sample Shapiro-Wilk test was applied to confirm the normality of each group data. The Student’s $t$ test and Pearson chi-square test were used for age and sex variables, respectively.

2.4.1. Whole-brain unpaired t-test

For the DWIs of PD patients and HCs, two datasets of DKI scalar measures were derived using the model fitting method and CNN method, respectively. FA maps were first registered to the MNI 152 standard space with resolution of 1mm isotropic using a combination of linear and non-linear transforms. The resulting transformation was then applied to all other DKI maps for co-registration. For DKI scalar measures of both methods, whole-brain unpaired t-tests were performed between PD patients and HCs to evaluate the ability of DKI to reveal the differences between the groups.

2.4.2. Tract-Based Spatial Statistics

Furthermore, we performed the Tract-Based Spatial Statistics (TBSS) analysis using the model fitting method and CNN method, respectively. TBSS extracted the mean FA maps to generate white matter skeleton, realized by a tool for nonparametric permutation inference implemented in FSL. Threshold-Free Cluster Enhancement (TFCE) based test was included in both whole-brain unpaired t-test and TBSS analysis to improve robustness compared with conventional voxel-based tests. All significance threshold was determined at $p < 0.05$ and corrected by family wise error (FWE).

It is noteworthy that we validated whether there were intra-group differences in HCs applying the analysis of whole-brain unpaired t-test and TBSS with model fitting method and CNN method respectively before comparing differences between the groups.

2.4.3. Correlation analysis

To determine the clinical significance of DKI scalar measures with CNN method more clearly, DKI scalar measures (MK, KFA, FA and MD) with model fitting or CNN method showing significant between-group differences in the basal ganglia (SN, putamen and caudate nucleus) were extracted and correlated with clinical assessments. Pearson's correlation analysis was used for normal distribution data and
Spearman’s correlation was used for non-normal distribution data. Correlation with significance was defined at \( p < 0.016 \) (Bonferroni corrected). Statistical analyses were computed using IBM SPSS Statistics (version 25; IBM Corp., Armonk, NY) and GraphPad Prism 8.0.1.

### 3. Results

#### 3.1. Demographic features

Age (\( p = 0.659 \), Student’s \( t \) test) and sex distribution (\( p = 0.092 \), Pearson chi-square test) did not differ between PD and controls (Table 1).

#### 3.2. The validation of intra-group difference in HCs

There were no significant differences of DKI scalar measures within healthy controls with model fitting and CNN methods.

#### 3.3. Whole-brain unpaired t-test analysis

##### 3.3.1. model fitting method

FA values in the bilateral anterior and superior corona radiata increased in PD patients compared to HCs. MD values in the caudate, putamen and thalamus bilaterally, and bilateral cerebral cortex and white matter, bilateral posterior thalamic radiation (include optic radiation), right sagittal stratum (including inferior longitudinal fasciculus and inferior fronto-occipital fasciculus), right cingulum (hippocampus), right superior and anterior corona radiata, and left fornix were significantly increased in PD patients compared with HCs. There was no significant difference of MK and KFA values between the groups (Figure. 3) (\( p < 0.05 \), FWE corrected).

##### 3.3.2. CNN method

FA values increased in the bilateral superior corona radiata, left anterior corona radiata, left inferior fronto-occipital fasciculus and left uncinate fasciculus, while KFA values increased only in the left anterior corona radiata in PD patients compared to HCs. MD values in the left SN, left hippocampus, bilateral caudate nucleus and thalamus, bilateral cerebral cortex and white matter, bilateral anterior thalamic radiation, and forceps minor were obviously increased in PD patients compared with HCs. There was no significant difference of MK values between the groups (Fig. 3) (\( p < 0.05 \), FWE corrected).

#### 3.4. TBSS analysis

##### 3.4.1. model fitting method

MK values increased in the left anterior thalamic radiation, left inferior fronto-occipital fasciculus, left uncinate fasciculus, left inferior longitudinal fasciculus, left cingulum, left superior longitudinal fasciculus, left internal medullary lamina, and forceps minor in PD patients compared to HCs. FA values
were higher in the left superior corona radiata, left internal capsule (e.g., anterior thalamic radiation, corticospinal tract), left external capsule (e.g., inferior fronto-occipital fasciculus), left uncinate fasciculus, and left superior longitudinal fasciculus in PD patients compared to HCs. Compared with HCs, PD patients showed increased MD values in the bilateral inferior fronto-occipital fasciculus, bilateral inferior longitudinal fasciculus, bilateral uncinate fasciculus, bilateral anterior thalamic radiation, bilateral cingulum forceps major, and left superior longitudinal fasciculus. There was no significant difference of KFA value between the groups (Figure. 4). (p < 0.05, FWE corrected)

### 3.4.2. CNN method

MK values in the forceps minor, left inferior fronto-occipital fasciculus, left uncinate fasciculus, left cingulum, left anterior thalamic radiation increased significantly in PD patients. PD patients showed increased KFA and FA values in multiple brain regions, such as the bilateral anterior thalamic radiation, bilateral corticospinal tract and cingulum, bilateral inferior fronto-occipital fasciculus, bilateral inferior longitudinal fasciculus, bilateral superior longitudinal fasciculus, bilateral uncinate fasciculus, and forceps minor compared with HCs. We did not find a significant difference in MD values between the two groups (Figure. 4). (p < 0.05, FWE corrected)

### 3.5. Correlation analysis

#### 3.5.1. model fitting method

We did not find any significant correlation between DKI scalar measures and clinical assessments in PD patients.

#### 3.5.2. CNN method

We found positive correlation between the FA values of left putamen and H&Y scales (r = 0.389, p = 0.001). Negative correlation occurred between H&Y scales and FA and MK values in the right SN (r=-0.390, p = 0.001; and r=-0.349,p = 0.004, respectively) (Figure.5).

### 4. Discussion

The major finding of this study was that the CNN-estimated MD values in the left SN and bilateral caudate increased in PD patients compared to HCs. Additionally, the CNN-estimated FA and MK values in the right SN negatively correlated with H&Y scales and CNN-estimated FA values in the left putamen positively correlated with H&Y scales. In contrast, with model fitting method, there was no significant difference of MD values in the SN between PD patients and HCs, and there was no significant correlation between DKI scalar measures and clinical assessments in PD patients. Our findings suggest that the CNN method have the potential to optimize the estimation of DKI scalar measures and to improve the sensitivity to detect PD-related imaging features.

With CNN method, we found greater MD values in several brain regions in PD patients compared with HCs, especially in the left SN, which is consistent with previous reports using regions of interest (ROI)
PD is characterized by progressive death of dopaminergic neurons in the SN, followed by the loss of dopaminergic projections from the SN to striatum, resulting in a series of motor and non-motor symptoms. According to the mathematical concept of tensor, the three-dimensional shape of diffusion elliptical structure depends on three eigenvalues ($\lambda_1, \lambda_2, \lambda_3$) of orthogonal principal axes without directions. The MD value is the average of the three eigenvalues. The impaired axons and neurons and loss of myelin integrity in PD patients result in the decrease of restriction of water molecules displacement, which induces increased MD values. Regional increased MD values in the left SN and bilateral caudate estimated by CNN method are consistent with the pathological lesions in PD patients. In contrast, we did not find increased MD in the SN in PD patients compared to HCs by applying model fitting method. This finding indicates that CNN method can better reveal the pathological features of PD than model fitting method.

We did not observe modulation of FA and MK values in the SN in PD patients, which is in line with a previous report. In contrast, some previous studies based on ROI analysis showed decreased or increased FA and/or increased MK in the SN in PD patients. We speculate that, first, different analysis methods may responsible for those controversial results. Whole-brain unpaired t-test, moving beyond the hypothesis-driven ROI analysis, focused the statistical information on each voxel accompanied with increased partial volume effects and false-positive risk, especially within the pathological brain tissues. Second, we suppose that these controversial findings may due to the heterogeneity of patients being recruited and variations imaging quality. In addition, it has been reported that iron deposition could increase FA values and decrease MD values in the white and gray matters. Numerous reports have demonstrated that there was iron accumulation in the SN. Thus, different levels of iron deposition in the SN may also be a reason contributing to these inconsistent findings.

We found negative correlation between H&Y scales and CNN-estimated FA values and MK values in the SN, as well as positive correlation between H&Y scales and CNN-estimated FA values in the putamen. These results indicate that FA and MK in the SN decreases, while FA in the putamen increases with the progression of the disease. As most of our patients were in the early stages (fifty-five of our patients were at H&Y stages 1 and 2), it is possible we could detect decreased FA in the SN if more advanced patients were enrolled. We did not find any significant correlation between DKI scalar measures and clinical assessments in PD patients using the model fitting method, which further proves that using CNN method to estimate DKI measures can improve the ability to explore PD-related neural modulations than using model fitting method.

For the TBSS analysis, increased FA values were observed in the brain white matter such as anterior thalamic radiation, inferior longitudinal fasciculus, superior longitudinal fasciculus, corticospinal tract, and inferior fronto-occipital fasciculus with both methods and agreed with previous studies. It has been shown that increased FA in these white matters correlated with better olfactory function and lower motor severity. Thus, these increased diffusional properties of white matter might be a reflection of microstructural compensation.
We observed greater MK values in white matter in PD patients, which is inconsistent with previous reports. Previous studies found either no significant difference in MK values\textsuperscript{43,44}, or decreased MK values of anterior cingulum, inferior fronto-occipital fasciculus and uncinate fasciculus in PD patients\textsuperscript{7,45}. We suppose that the heterogeneity of patients being recruited and differences in protocol of diffusion image acquisition and image processing may contribute to these inconsistent findings. In addition, we found increased KFA in white matter, which has not been reported previously. KFA values, resembling the FA definition, quantify the degree of anisotropy of the non-Gaussian diffusion. In the current study, the increased KFA and FA values are located in the same white matter fibers. So far, only a small number of studies have paid attention to the kurtosis changes of white matter in PD patients, it is necessary to perform large cohort studies to elucidate the microstructural changes in white matter in PD patients.

In conclusion, the CNN method has the potential to sensitively detect the nigral pathology and improve the robustness and performance of DKI images with few of DWIs and then to differentiate PD patients from HCs. In addition, compared with the model fitting method, CNN method can better find the relationship between DKI parameter measures and clinical assessments susceptibility. These findings approve that CNN can help to explore PD-associated imaging features.

**List Of Abbreviations**

CNN Convolutional neural network

DKI Diffusion kurtosis imaging

DTI Diffusion tensor imaging

DWI Diffusion-weighted image

FA Fractional anisotropy

FOV field of view

FSL FMRIB Software Library

FWE Family wise error

H&Y Hoehn & Yahr

HC healthy control

KFA Kurtosis fractional anisotropy

MD Mean diffusivity

MDS-UPDRS \textsuperscript{Ш} Movement Disorder Society Unified Parkinson’s Disease Rating Scale, part III
Declarations

Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Competing interests

The authors declare that they have no competing interests

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Authors' contributions
Junyan Sun and Ruike Chen analyzed the data and wrote the manuscript. Qiqi Tong guided the analyses of diffusional MRI data. Tao Wu and Hongjian He designed and supervised the whole research and polished the manuscript. Jinghong Ma, Linlin Gao, and Dongling Zhang collected clinical assessment of the recruited subjects. Jiliang Fang is responsible for the scanning and quality control of raw MRI data. Piu Chan polished the manuscript. All authors read and approved the final manuscript.

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Figures
Figure 1

The training and testing pipeline of CNN method. Note. CNN=convolutional neural network; DWI=diffusion weighted image; DKI=diffusion kurtosis imaging; FA=fractional anisotropy; MD=mean diffusivity; MK=mean kurtosis; KFA=kurtosis fractional anisotropy.

| KFA                  | FA                          |
|----------------------|-----------------------------|
| MNI:x=-28,y=4,z=21   | 0.05                        |

![Model Fit](image1)

![CNN](image2)

| MD                  | 0.05                        |
|---------------------|-----------------------------|
| MNI:x=-28,y=4,z=21   | MNI:x=-12,y=-27,z=-16       |

Figure 3

The whole-brain unpaired t-test analysis of DKI measures with CNN and model fitting methods. Note. Increased MD values in bilateral caudate (blue circle) and right SN (yellow circle) with the CNN method between HC and PD groups (p< 0.05, corrected by family wise error). KFA=kurtosis fractional anisotropy; FA=fractional anisotropy; MD=mean diffusivity; CNN= convolutional neural network; HC=healthy controls; PD, Parkinson’s disease; MNI=Montreal Neurological Institute coordinate.

|               |                |
|---------------|----------------|
| Model Fit     |                |
| CNN           |                |
**Figure 4**

The TBSS analysis of DKI measures with CNN and model fitting methods. MK=mean kurtosis.