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Children and adolescents undergoing surgical resection of brain tumors are prone to marked psychological burden. Especially fear of surgery and its consequences like pain or neurologic sequelae is an important issue. Techniques of relaxation might reduce the intensity of the experienced anxiety and therefore minimize the impact of the illness. In this study we aimed to determine the effect of a standardized imagery story telling on experienced anxiety as quantified by the questionnaire KAT III and cardiac frequency (CF) before and after intervention at two time points (before and after surgery). 12 patients (age: 6-17 years) undergoing brain tumor resection were included in the study. KAT III-scores and CF were determined and compared before and after interventions using a dependent t-test. Mean KAT III-score before first intervention was 0.23 (SD: 0.23), while it was 0.15 (SD: 0.21) after (p = 0.11). Mean KAT III-score before second intervention was 0.11 (SD: 0.13), after: 0.03 (SD: 0.09), p = 0.07. Mean CF before first intervention was 71.67 (SD: 9.57), after: 63.86 (SD: 6.8) p = 0.003. Mean CF before second intervention was 71.67 (SD: 9.57), after: 63.86 (SD: 6.8) p = 0.003.

QOL-13. IMPACT OF HEARING LOSS ON NEUROPSYCHOLOGICAL FUNCTIONING IN CHILDREN TREATED FOR MEDULLOBLASTOMA: A REPORT FROM THE CHILDREN’S ONCOLOGY GROUP (COG)

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BACKGROUND/OBJECTIVE: We prospectively evaluated neuro-psychological outcomes and ototoxicity in children with average-risk medulloblastoma (MB). METHODS: Eligible patients included those treated on COG protocol ACNS0331 who completed audiograms at end of therapy or one-year off-therapy, and neuropsychological assessments between 2- and 5-years post-diagnosis. Conventional pure-tone audiometric evaluations (0.25-8kHz) were assigned an ototoxicity grade based on the International Society of Pediatric Oncology (SIOP) grading scale. Grade 3 for the better hearing ear was used for analyses. Participants were divided into two groups: SIOP grade 3 hearing loss (HL) versus SIOP grade 4. Cutoff score of 60 on BASC 2 was used to dichotomize parent-rated behavioral and emotional problems. RESULTS: 113 children with MB (mean age: 3.9, SD: 2.8) were available for 113 children (66% male; 86% white), aged 3.0-18.5 years were included. Conventional hearing loss (≥ SIOP grade 2) was observed in 77.6% (n=88) and severe HL (≥ SIOP grade 3) was observed in 12.3% (n=14) had severe HL (≥ SIOP grade 3). After controlling for radiation exposure and age, children with severe HL showed significantly higher levels of anxiety (OR=5.9, 95%CI 1.3-26.0, p=0.0195) and borderline differences in depression (OR=4.0, 95%CI 1.0-16.5, p=0.0563), but no differences in cognitive functioning when compared to other participants. When moderate and severe HL were combined in exploratory analyses, significantly greater anxiety (OR=9.0, 95%CI 2.1-37.4, p=0.0027) and depression (OR=4.6, 95% CI 1.3-15.7, p=0.0165) were observed. CONCLUSIONS: Survivors of pediatric medulloblastoma with moderate to severe HL evidenced greater psychosocial, but not neurocognitive, difficulties compared to those with no or mild HL. It may be that modern treatment protocols generally preserve cognitive functioning such that associations between HL and cognitive impairment are no longer significant. But neurocognitive risk associated with HL may not manifest until survivors are further from diagnosis. In contrast, survivors with HL may be at greater risk for negative psychosocial adjustment, suggesting that increased monitoring of mental health outcomes is warranted.

QOL-14. LONG-TERM NEUROCOGNITIVE AND PSYCHOSOCIAL OUTCOMES AMONG ADOLESCENTS AND YOUNG ADULTS SURVIVING OF PEDIATRIC BRAIN TUMOUR

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PURPOSE: The aim of the study was to describe neurocognitive and psychosocial outcomes among adolescents and young adults (AYA) survivors of pediatric brain tumour (BT). METHODS: neurocognitive and psychological assessment of 45 AYA (M = 30; F = 15), treated for pediatric BT at our institution between 1978 and 2018, were retrospectively collected. Surveys included psychological and neuropsychological assessments at a mean age of 21.4 years (range 15.13-39.4) after a median of 120 months from diagnosis. The assessment was carried out using the following self-report questionnaires: Beck Depression Inventory, State-Trait Anxiety Inventory, Body Unesiness Test, Multidimensional Fatigue Inventory, European Organization for the Research and Treatment of Cancer Quality of Life Questionnaire.

Neurocognitive evaluation was carried out using Wechsler Adult Intelligence Scale. RESULTS: 18/45 survivors had a diagnosis of glia cell tumor, 12 of low grades glioma, 10 of embryonal tumor, 3 of high-grade glioma, 2 of meninges and mesenchymal tumor. Thirty-four patients received neurosurgery, 34 patients chemotherapy, 44 patients cranial radiotherapy. Fatigue was reported in 56% of the patients, 15% of them also showed low level of QoL. The psychological assessment showed clinical levels of anxiety in 56% of AYA, depression in 41% and boredom in 29%. Neurocognitive assessment showed that 73% has an average IQ (tIQ ≥ 80). CONCLUSIONS: The psychological evaluation showed that 77% of our cohort had at least one clinically significant distress symptom as fatigue, depressive symptoms, anxiety and body image problems, compared to 23% who did not report any problem. Further analysis is needed to identify any possible psychopathological risk factors. It is essential to provide an accurate and comprehensive assessment and effective psychological support to these patients, to help them better manage the late effects of cancer and therapies at different levels: physical, psychological and neurocognitive.

QOL-15. LIFE HAPPENS WHEREVER YOU ARE! USE OF AVATAR AVI TO ENHANCE HEALTH-RELATED QUALITY OF LIFE, SENSE OF BELONGING AND SOCIAL INCLUSION IN CHILDREN AND ADOLESCENTS WITH CHRONIC ILLNESSES

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BACKGROUND: Due to regular hospital check-ups, inpatient treatments, or a weakened immune system, children with brain tumors experience frequent and long absences from school and social activities. Returning to school in 56% of patients, depression in 41% and body image problems is reported in 41%. Health-related quality of life (HRQOL), decreased sense of belonging and a lack of social inclusion in class. To prevent social and emotional problems, telepresence systems such as the Avatar AVI are described as promising approaches for pediatric patients. OBJECTIVES: To sustainably improve social inclusion in times of illness-related absence for these patients, the first study in Austria investigating effects of the use of the Avatar is pursuing both, a qualitative and quantitative approach. METHODS: To examine effects on social inclusion, sense of belonging and HRQOL in pediatric patients, interviews were conducted with patients, their parents, teachers and classmates within the qualitative approach and questionnaires were administered at three times (before, after 6 months Avatar-use and 3 months after removing the Avatar) within the quantitative approach. The sample consists of pediatric patients (6 to 18 years). RESULTS: Categories from n=24 interviews indicate that a positive attitude towards and identification with the Avatar as well as the patients’ psychological condition and social inclusion into class before the illness play major roles. Preliminary findings from the ongoing longitudinal quantitative survey indicate that the Avatar has significant positive and stabilizing effects on HRQOL, sense of belonging and social inclusion of pediatric patients. CONCLUSION: This study is the first to describe the impact of Avatar use on social inclusion in children with brain tumors. To strengthen the sense of belonging in these children, the pedagogical-interactive component needs to be brought in focus. Through pedagogical-didactical adaptations, a routine handling of and a positive attitude towards the telepresence system, pediatric patients highly benefit from the Avatar.

QOL-16. A 6-YEAR LONGITUDINAL STUDY OF NEUROCOGNITION IN CHILDREN TREATED FOR A BRAIN TUMOR

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