INTRODUCTION

Cancer is a kind of malignant disease with high mortality. With the development of chemotherapy, five-year survival rate and cure rate of cancer patients have been increased steadily [1]. Among the chemotherapeutic agents, cisplatin, with the characteristics of broad-class anti-cancers, strong effects, synergy with multiple chemotherapeutic agents and no cross-resistance, was widely prescribed for a variety of tumors (bladder carcinoma, adrenal cortex carcinoma, breast cancer, lung carcinoma, etc.), either alone or in combination with other agents [2]. However, cisplatin killed cancer cells usually accompanied by damaging normal tissues, especially dividing cells than quiescent cells. Its adverse effects, including neurotoxicity, nephrotoxicity, ototoxicity etc. have been widely announced [3-5]. In recent years, the ovarian damages which were the long-term consequences of exposure to chemotherapies have drawn great attentions in female cancer patients [6-9]. Cisplatin caused ovarian failure with an odd ratio of 1.77 (results from medical records of 168 cancer patients) 

Objective: Cisplatin is a widely used chemotherapeutic agent in the treatment of cancers in clinic; but it often induces adverse effects on ovarian functions such as reduced fertility and premature menopause. Mesna could attenuate the cisplatin-induced ovarian damages; however, the underlying mechanism is still unknown. This study aimed to figure out the underlying mechanism of the protection of mesna for ovaries against cisplatin therapy in cancers.

Methods: We performed female adult Sprague-Dawley rats into normal saline control (NS), low-dose cisplatin (C_L), high-dose cisplatin (C_H), C_L plus mesna (C_L+M), and C_H plus mesna (C_H+M) groups and detected anti-Müllerian hormone (AMH)-positive follicle, oxidative stress status and anti-oxidative capability in ovaries.

Results: AMH-positive follicles were significantly decreased after cisplatin administration, which was significantly reversed when mesna was co-administered with cisplatin. The end product of lipid peroxidation, malondialdehyde (MDA), was significantly increased, but the anti-oxidative enzymatic activity of superoxide dismutase (SOD) and glutathione (GSH) were significantly decreased in cisplatin groups when compared with NS group. In contrast, after co-administration of cisplatin with mesna, MDA was significantly decreased whereas the activity of SOD and the concentration of GSH were increased. Moreover, mesna did not decrease the anti-tumor property of cisplatin in HePG2 cell lines.

Conclusion: Cisplatin damages the granulosa cells by oxidative stress to deplete the ovarian reserve and mesna could protect ovarian reserve through anti-oxidation. These results might highlight the mechanism of the protection of mesna for ovarian reserve and open an avenue for the application of mesna as a protective additive in cisplatin chemotherapy in clinical practise.

Keywords: Anti-Müllerian hormone, Cisplatin, Mesna, Ovarian reserve, Oxidative stress
patients treated by chemotherapies) [1]. Cisplatin induced ovarian dysfunctions such as menstrual disorders, premature menopause, infertility, etc., which resulted in a profound impact on patients’ self-esteem and their life quality and also increased medical costs [10-12]. Therefore, maintaining or restoring ovarian functions after chemotherapy has become an important issue for many younger female cancer survivors who were anxious for a normal reproductive life.

Cisplatin is a kind of cell cycle non-specific (CCNS) anti-neoplastic agents. It was considered that the formation of cisplatin-DNA adducts in the nuclei of tumor cells was responsible for cisplatin’s anti-tumor property [13,14], while the cisplatin-induced oxidative stress was a possible mechanism of its toxicities on kidney and internal ear [15-17]. Therefore, antioxidants were often used to antagonize the adverse effects caused by cisplatin by virtue of blocking oxidative stress [16-19]. Mesna (2-mercaptoethane sulfonate), a Food and Drug Administration approved anti-oxidant, played an important role in preventing chemotherapeutic agent induced urototoxicity, ototoxicity and intestinal damage in clinic by means of scavenging reactive oxygen species (ROS) and enhancing anti-oxidative state in the tissues [15,20,21]. Recently, it was found that the administration of mesna during low-dose cisplatin treatment protected the ovaries by decreasing the loss of growing follicles in the ovaries [22]. However, it still remains unclear how mesna could protect ovaries from cisplatin induced damage in cancer patients and to which extend mesna could be protective.

Therefore, this present study especially concerned about the anti-oxidation of mesna to remove oxidative stress products generated by cisplatin administration, then protect ovarian reserve. The research results will benefit female cancer patients treated with cisplatin and be helpful for clinical application of chemotherapy protective agents.

MATERIALS AND METHODS

1. Animals and protocol

Forty eight adult female Sprague-Dawley (SD) rats (weight, 200–250 g age, 65–75 days) were purchased from the Animal Center of Capital Medical University (Beijing, China). Rats were maintained under standard housing conditions with a 12 hours light/dark cycle. Food and water could be obtained ad libitum. All procedures were performed in accordance with the Health Guide for the Care and Use of Laboratory Animals of Capital Medical University and the Institutional Animal Care Committee approved the work.

Rats were randomly divided into 6 groups (8 rats per group): normal saline control (NS), mesna (M, 200 mg/kg), low-dose cisplatin (C\textsubscript{l}, 4.5 mg/kg), high-dose cisplatin (C\textsubscript{h}, 6.0 mg/kg). The lethal dose (50) of cisplatin on rats was 7.4 mg/kg [23], low-dose cisplatin plus mesna (C\textsubscript{l}+M, 4.5 mg/kg+200 mg/kg); high-dose cisplatin plus mesna (C\textsubscript{h}+M, 6.0 mg/kg+200 mg/kg). Mesna (M1511, Sigma-Aldrich, St. Louis, MO, USA) and cisplatin (479306, Sigma-Aldrich) were diluted in normal saline immediately before use. The rats in NS, M, C\textsubscript{l}, or C\textsubscript{h} groups received weekly intraperitoneal injection of normal saline, mesna or cisplatin, respectively, twice in total. In C\textsubscript{l}+M and C\textsubscript{h}+M groups, the rats for the first time received mesna injection 30 minutes before the administration of cisplatin. After one week, the rats received mesna and cisplatin for the second time in the same way.

The rats were killed by an overdose of 10% chloral hydrate (5 mL/kg) five days after the second injections. One ovary of each rat was frozen immediately in liquid nitrogen and stored at -80°C for oxidative stress assay and the other ovary was fixed in 4% paraformaldehyde (0.1 M phosphate buffer, pH 7.3). The fixed specimens were dehydrated and embedded in paraffin for hematoxylin and eosin (H&E) staining and immunofluorescence.

2. Immunofluorescence

The paraffin embedded ovaries were cut into serial 5 μm sections. Three sections were randomly selected from one ovary for immunofluorescence observations. Immunofluorescence procedure was as follows: paraffin sections were deparaffinized with xylene and rehydrated through a graded series of ethyl alcohol (70–100%) for 5 minutes each. For anti-gen retrieval, the sections were heated under high-pressure with citrate buffer (pH 6.0) and incubated with 1% bovine serum albumin (BSA) for blocking non-specific anti-body binding. The goat anti-Müllerian hormone (AMH C-20: sc-6886, Santa Cruz Biotechnology, Santa Cruz, CA, USA) as primary anti-body was diluted to a concentration of 1:100 for incubation overnight at 4°C. After being washed for 5 minutes by 3 times with phosphate buffered saline (PBS), the specimens were incubated with the secondary anti-body, Alexa Fluor 488 donkey anti-goat IgG (1:200, Molecular Probes, Eugene, OR, USA) for 1 hour. After washing, the specimens were mounted with Fluorescent Mounting Medium (Thermo Electron Co., Waltham, MA, USA). Control specimens were prepared in the same manner, but the primary anti-body was omitted. Slides were examined using a fluorescence microscope (Nikon 80i, Tokyo, Japan) with an excitation wavelength of 494 nm. The analysis of the AMH-positive follicles was based on two factors: the intensity and the distribution of the fluorescent staining [22]. The intensity for each follicle in an ovarian sec-
The absorbance (A) was measured at 490 nm by a microplate reader (Bio-Rad 680, Bio-Rad Co., Hercules, CA, USA). The viability of HepG2 cells was calculated as: $A_{\text{sample}}/A_{\text{control}} \times 100\%$.

5. Statistical analysis
Data were from three independent experiments and results were presented as means±standard error of the mean (SE). Statistical analysis was performed with SPSS ver. 13.0 (SPSS Inc., Chicago, IL, USA). One-way analysis of variance and linear contrast method were used for analysis and $p<0.05$ was considered as statistically significant.

RESULTS

1. Increase of AMH-positive follicle count induced by mesna administration
AMH was expressed in granulosa cells of primary follicles, preantral follicles and small antral follicles in all groups (Fig. 1A). However, AMH was not detected in theca cells, oocytes and interstitial cells.

The quantitative analysis for AMH-positive follicles in the 6 groups was presented in Fig. 1B (H&E staining images not shown). There was no significant difference in AMH-positive follicle count between NS group and M group. The percentage of AMH-positive follicles in C1 and C4 groups were significantly less than those in NS group and M group, respectively ($p<0.05$) and significant decrease was detected in C11 group when compared with C1 group ($p<0.05$). The percentage of AMH-positive follicles in C11+M group was significantly higher than that in C1 group ($p<0.05$), but there was no significant difference between C11+M group and C1 group ($p=0.225$).

2. Viability of HepG2 cell administered with cisplatin and mesna
Effects of cisplatin and mesna on the viability of HepG2 cells were determined by MTT assay. Cisplatin, ranging from 2.5 to 80 µg/mL, significantly inhibited the growth of HepG2 cells in a time- and dose-dependence manner ($p<0.05$) (Fig. 2). The anti-tumor efficacy was not significantly interfered when cisplatin was co-administered with mesna at different dose and treatment time ($p>0.05$) (Fig. 2).

3. Anti-oxidative effects of mesna on ovarian reserve
MDA is a product of lipid peroxidation. After either low- or high-dose cisplatin administration, ovarian MDA levels were increased significantly, compared with NS group and M group, respectively ($p<0.05$). With the dose increase of cisplatin, the MDA levels in rat ovaries were significantly increased ($p<0.05$). MDA levels were significantly decreased when mesna were

3. Oxidative stress and anti-oxidation assay
0.5–1.0 g ovarian tissue homogenate was prepared for the detection of malondialdehyde (MDA), superoxide dismutase (SOD), and glutathione (GSH), respectively. Protein concentration was determined by the bicinechonic acid (BCA) method with BSA as a reference standard. Assay kits for MDA, SOD, and GSH were purchased from Nanjing Jiancheng Bioengineering Institute (Nanjing, China). MDA was measured at a wavelength of 532 nm by reacting with thiobarbituric acid to form a stable chromophoric product. The content of MDA was expressed as nmol/mg protein. Activity of SOD was measured at 550 nm wavelength by nitroblue tetrazolium reduction assay following the reduction of nitrite by a xanthine-xanthine oxidase system, which is a superoxide anion generator. The activity of SOD was expressed as U/mg of protein, where 1 U of the enzyme was defined as the amount of enzyme required to inhibit the rate of epinephrine auto-oxidation by 50% under the conditions of the assay. GSH consumption was determined with 5,5’-dithio-bis-(2-nitrobenzoic acid) DTNB measuring the formation of 5-thio-2-nitrobenzoate at 412 nm wavelength.

4. Cell culture and methyl thiazolyl tetrazolium assay
Human hepatoma HepG2 cell line, obtained from the American Type Culture Collection (ATCC), were cultured in DMEM (Sigma-Aldrich) supplemented with 10% fetal calf serum (FCS, Invitrogen, Carlsbad, CA, USA). Cells were seeded in a 96 well microplate (Corning, New York, NY, USA) and left for 24 hours at 37°C in a humidified atmosphere of 5% CO2/95% air. Then the medium was replaced with fresh medium containing different concentrations of cisplatinor cisplatin+mesna: 2.5, 5, 10, 20, 40, or 80 µg/mL. The concentrations of cisplatin and mesna in a cisplatin+mesna well were equal. An equal amount of culture medium was set as control. After incubation for 24, 48, or 72 hours, the cells were treated with methyl thiazolyl tetrazolium (MTT) solution (final concentration of 5 mg/mL) for 4 hours (37°C). The medium was removed and the crystals were dissolved in dimethyl sulfoxide (DMSO, Sigma). The absorbance (A) was measured at 490 nm by a microplate reader (Bio-Rad 680, Bio-Rad Co., Hercules, CA, USA). The viability of HepG2 cells was calculated as: $A_{\text{sample}}/A_{\text{control}} \times 100\%$.

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administered in combination with high-dose cisplatin (p<0.05) (Fig. 3A).

Enzymatic activities of SOD in ovaries were decreased both in C_L and C_H rats compared with NS group and M group, respectively (p<0.05). With the dose increase of cisplatin, the enzymatic activities of SOD in ovaries were decreased (p<0.05). SOD activities in ovaries were significantly increased when mesna were co-administered with either low or high-dose cisplatin (p<0.05) (Fig. 3B).

After either low- or high-dose cisplatin administration, ovarian GSH levels decreased significantly, compared with NS group and M group, respectively (p<0.05). GSH levels in C_L+M and C_H+M ovaries were significantly higher when compared with C_L and C_H groups, respectively (p<0.05) (Fig. 3C).

In addition, there was no significant difference in ROS detections between Normal Saline group and single mesna group, suggesting no dramatic toxicity and any other side-effect from mesna.

**DISCUSSION**

As granulosa cells in follicles are characterized by rapid turnover like tumor cells, ovaries are extremely sensitive to cytotoxic chemotherapeutic agents which can induce severe gonadal damages. This present study showed that cisplatin damaged ovarian tissues by increasing products of lipid peroxidation and decreasing anti-oxidation capability, which were consistent with the previous literatures [15]. Though the adverse effects of chemotherapy on ovaries were obvious, chemotherapy as an
Mesna protects ovarian reserve from cisplatin

Efficient treatment on cancers was still of great medical values. Thus, it is essential to withhold chemotherapeutic adverse effects as much as possible while protect its anti-tumor effects.

Our results in this study also showed that mesna could protect ovaries from cisplatin-induced damages by anti-oxidation without inhibiting anti-tumor effects of cisplatin.

Fig. 2. Effects of cisplatin or cisplatin+mesna on the viability of HepG2 cells at different dose and treatment time [24 hr (A), 48 hr (B), 72 hr (C)] by methyl thiazolyl tetrazolium assay. *Compared to corresponding control, p<0.05. There is no significant difference in the viability of HepG2 cells between cisplatin group and cisplatin+mesna group.

Fig. 3. (A) Malondialdehyde (MDA) level in normal saline control (NS), mesna (M), low-dose cisplatin (C\textsubscript{L}), C\textsubscript{L}+M, high-dose cisplatin (C\textsubscript{H}), and C\textsubscript{H}+M groups. p<0.05 for NS vs. C\textsubscript{H}, NS vs. C\textsubscript{L}, NS vs. C\textsubscript{L}+M, C\textsubscript{L} vs. C\textsubscript{L}+M, and C\textsubscript{H} vs. C\textsubscript{H}+M. (B) Superoxide dismutase (SOD) activity in NS, M, C\textsubscript{L}, C\textsubscript{L}+M, C\textsubscript{H}, and C\textsubscript{H}+M groups. p<0.05 for NS vs. C\textsubscript{H}, NS vs. C\textsubcket{L}, M vs. C\textsubcket{H}, C\textsubcket{L} vs. C\textsubcket{L}+M, C\textsubcket{H} vs. C\textsubcket{H}+M, and C\textsubcket{L} vs. C\textsubcket{L}+M. (C) Glutathione (GSH) level in NS, M, C\textsubcket{L}, C\textsubcket{L}+M, C\textsubcket{H}, and C\textsubcket{H}+M groups. p<0.05 for NS vs. C\textsubcket{H}, NS vs. C\textsubcket{L}, M vs. C\textsubcket{H}, C\textsubcket{L} vs. C\textsubcket{L}+M, C\textsubcket{H} vs. C\textsubcket{H}+M, and C\textsubcket{L} vs. C\textsubcket{L}+M.
Ovarian reserve is a term used to denote the ability of an ovary to be able to produce sufficient numbers of mature oocytes for adequate fertility [25]. It is crucial to assess the ovarian reserve after chemotherapy, which indicates the reproductive potential. The targets of the chemotherapeutic agents could be the granulosa cells that line and support the developing follicles. Any damage to these dividing cells would affect the oocyte maturation and consequently lead to follicular destruction and ovarian dysfunction. AMH, also named Müllerian inhibiting substance, a 140 kDa polypeptide, is a member of TGF-β superfamily [26]. AMH is produced by granulosa cells of small growing (i.e., preantral and small antral) non-atretic follicles in rat and mouse ovaries [26,27]. AMH inhibits recruitment of primordial follicles into the growing pool, while at cyclic recruitment AMH lowers the follicle-stimulating hormone (FSH)-sensitivity of follicles [26,28]. Results obtained from AMH knock-out mice indicated that AMH regulated the development of early follicles in two ways, as a negative stimulator of follicular maturation and as an inhibitor of FSH-sensitivity of growing follicles, serving to negatively modulate the FSH dependent selection of the dominant follicles [29,30]. AMH was stable in fluctuated gonadotropic status and reflected follicle population; therefore, AMH was considered as a reliable marker for the ovarian reserve assessment [31,32] and was often used as an indicator of ovarian damage [33]. Results here showed that the percentage of AMH-positive follicles was significantly decreased when administered with cisplatin (both low and high dose), compared with NS group, suggesting that cisplatin damaged the key ovarian follicles. The decreased AMH facilitated the recruitment of the stable primordial follicles into the growing pool more rapidly and accelerated the growth of the FSH-sensitive follicles, which, accordingly, resulted in more chemotherapeutic-sensitive follicles and ovarian reserve damages [34].

As we know, granulosa cells are the cisplatin target cells in follicles, but what’s the underlying molecular mechanism? Might it be as well due to the increased oxidative stress just as that detected in cisplatin-induced injuries in renal tubular cells and cochlear cells [4,35]? DNA was the primary target of cisplatin. The formation of cisplatin-DNA adducts structurally distorted the DNA and restrained the DNA replications, which was established as main events responsible for its anti-tumor property [14]. During the formation of cisplatin-DNA adducts, oxygen free radicals were generated. Overproduction of the oxygen free radicals induced oxidative stress, which was responsible for the cisplatin-related tissue toxicity [14]. Oxygen free radicals affected the cell components such as lipid, protein, DNA and carbohydrates, in which lipids were the most sensitive. Oxygen free radicals enhanced lipid peroxidation. Lipid peroxidation not only changed the fluidity and permeability of biomembranes, but also generated MDA, the stable end product, which caused the cross-linking and polymerization of macromolecules, such as proteins, nucleic acid, etc. Therefore, MDA level represented the lipid peroxidation and the cell oxidative injury. In this study, after either low- or high-dose cisplatin administration, ovarian MDA levels were increased significantly, compared with NS group and the MDA level in C5 group was much higher that that in C1 group. The increased MDA in cisplatin administered ovaries indicated that cisplatin could induce over lipid peroxidation in ovarian tissues and the end product, MDA, was cytotoxicitive. SOD is one of the most important anti-oxidant enzymes, which catalyzes the conversion of superoxide radicals to hydrogen peroxide, playing a crucial role in the oxidation-anti-oxidation balance. Significant decreases of the SOD activities in cisplatin-administered rat ovaries indicated impairments in the anti-oxidative defenses. GSH, present in cells at high concentrations, represents another major thiol anti-oxidant defense, maintaining the intracellular environment for protecting against both oxidative stress and electrophilic compounds. Significant GSH decreases were observed in ovaries of both low-and high-dose cisplatin-administered rats, indicating cisplatin impaired the non-enzyme anti-oxidant defenses via depleting GSH contents in ovaries. The results above suggested a role of free radicals in cisplatin-induced toxicity in granulosa cells of growing follicles.

Since overproduction of the oxygen free radicals and inadequacy of anti-oxidative defense system lead to the oxidative injuries in ovaries, we hypothesized that scavenging the toxic oxidative metabolites would attenuate the ovarian injuries resulted from oxidative stress. Mesna was used in combination with chemotherapeutic agents to decrease cytotoxicities by scavenging oxygen free radicals via its sulfhydryl group (-SH) [20,36]. In this study, AMH-positive follicles were significantly increased in C5+M group when compared with C5 group, suggesting that mesna could protect granulosa cells in growing follicles. However, we didn’t observe significant increase of AMH-positive follicles in C5+M group compared with C5 group. Considering that the ovarian damages were much more severe in C5 group than in C1 group, the same dose and administration time of mesna might not be able to reverse the intensive damages. MDA was significantly decreased in C5+M group when compared with C5 group. Results also revealed that SOD activities and GSH levels were increased when mesna was administered in combination with either low- or high-dose cisplatin compared with single cisplatin administration. These oxidative stress indexes suggested that mesna could restrain the ovarian lipid peroxidation and...
GSH depletion induced by cisplatin so as to increase the anti-oxidative abilities to refrain from the oxygen free radical damages. Though mesna dramatically suppressed the oxidative stress and enhanced the anti-oxidative defense both in low- and high-dose cisplatin administrations, we actually did not observe apparent increase of AMH-positive follicle percentage in mesna plus high-dose cisplatin co-administration. We speculated that the repairing oxidative-anti-oxidative balance was not as much as needed to increase significant growing follicles under the condition of high-dose cisplatin induced severe ovarian damage. Thus the future study will be carried out using higher-dose mesna and longer treatment time. Additionally, as the animals used in the current study are normal and of non-tumorigenic model, there would be a discrepancy with cisplatin chemotherapy in clinic. In spite of the limitation in explaining the protective effect of mesna during cisplatin chemotherapy in tumors, we believe that mesna plays a role in the cisplatin-induced ovarian damage to some extent. We also suggest that a tumorigenic animal model should be used in further study to strengthen our results obtained from normal animal in this present experiment.

One considerable issue in the administration of protective addictives during chemotherapies was that the protective addictives do not weaken the chemotherapeutic effects as far as possible. Though the protection of mesna was achieved without attenuating the efficacy of co-administered anti-cancer agents such as ifosfamide and cyclophosphamide [20], there was inconsistence in the effect on platinum chemotherapeutic agents. It was reported that the active thiol monomer of mesna could bind to platinum drugs and reduce their efficacy by a direct reaction with platinum molecule [37,38] while Kangarloo et al. [39] ruled out the influence of mesna on the pharmacokinetics of cisplatin and carboplatin. In the present study, we measured the influence of cisplatin and mesna on the cisplatin sensitive HepG2 cell line either with single administration or co-administration. Result showed that mesna did not markedly suppressed the anti-tumor effects of cisplatin however, we could not completely exclude the influence of mesna on the viability of cisplatin-treated tumor cells. Furthermore, there were still a number of ambiguities concerning that whether mesna did not interfere with the anti-tumor efficacy of cisplatin when used for other cancers besides hepatoma. Therefore, further researches on other cancer cell lines are highly expected.

In conclusion, this present study provided evidences that cisplatin damaged ovarian reserve by increasing oxidative stress and decreasing anti-oxidation capability. Mesna could protect ovarian reserve from cisplatin-induced damages through potent anti-oxidation without obvious inhibition of anti-tumor efficacy of cisplatin.

CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

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Standards for Different Types of Articles

Guidelines for six different types of articles have been adopted by the Journal of Gynecologic Oncology:

1. CONSORT (Consolidated Standards of Reporting Trials) standards for reporting randomized trials
2. PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-analyses) guidelines for reporting systematic reviews and meta-analyses
3. MOOSE (Meta-analysis of Observational Studies in Epidemiology) guidelines for meta-analyses and systematic reviews of observational studies
4. STROBE (Strengthening the Reporting of Observational Studies in Epidemiology) guidelines for the reporting of observational studies
5. STARD (Standards for Reporting of Diagnostic Accuracy) standards for reporting studies of diagnostic accuracy
6. REMARK (Reporting of Tumor Markers Studies) guidelines for reporting tumor marker prognostic studies

Investigators who are planning, conducting, or reporting randomized trials, meta-analyses of randomized trials, meta-analyses of observational studies, observational studies, studies of diagnostic accuracy, or tumor marker prognostic studies should be familiar with these sets of standards and follow these guidelines in articles submitted for publication.

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