Reduction of Coil Mass Artifacts in High-Resolution Flat Detector Conebeam CT of Cerebral Stent-Assisted Coiling

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ABSTRACT

BACKGROUND AND PURPOSE: Developments in flat panel angiographic C-arm systems have enabled visualization of both the neurovascular stents and host arteries in great detail, providing complementary spatial information in addition to conventional DSA. However, the visibility of these structures may be impeded by artifacts generated by adjacent radio-attenuating objects. We report on the use of a metal artifact reduction algorithm for high-resolution contrast-enhanced conebeam CT for follow-up imaging of stent-assisted coil embolization.

MATERIALS AND METHODS: Contrast-enhanced conebeam CT data were acquired in 25 patients who underwent stent-assisted coiling. Reconstructions were generated with and without metal artifact reduction and were reviewed by 3 experienced neuroradiologists by use of a 3-point scale.

RESULTS: With metal artifact reduction, the observers agreed that the visibility had improved by at least 1 point on the scoring scale in >40% of the cases (κ = 0.6) and that the streak artifact was not obscuring surrounding structures in 64% of all cases (κ = 0.6). Metal artifact reduction improved the image quality, which allowed for visibility sufficient for evaluation in 65% of the cases, and was preferred over no metal artifact reduction in 92% (κ = 0.9). Significantly higher scores were given with metal artifact reduction (P < .0001).

CONCLUSIONS: Although metal artifact reduction is not capable of fully removing artifacts caused by implants with high x-ray absorption, we have shown that the image quality of contrast-enhanced conebeam CT data are improved drastically. The impact of the artifacts on the visibility varied between cases, and yet the overall visibility of the contrast-enhanced conebeam CT with metal artifact reduction improved in most the cases.

ABBREVIATIONS: MAR = metal artifact reduction; CBCT = conebeam CT; VasoCT = high-resolution contrast-enhanced CBCT

Ever since its introduction, the stent-assisted coil embolization technique has broadened the field for endovascular treatment of intracranial aneurysms to wide-neck aneurysms.1–8 The use of neurovascular stents that serve as a scaffold allows for higher coil packing densities with a relatively low chance of coils herniating into parent arteries.9 Currently, its application is not limited only to giant and fusiform aneurysms but it is also being used for smaller berrylike aneurysms.10

Because of the potential risk of aneurysm regrowth and of in-stent stenosis with the use of neurovascular stents, careful patient monitoring after endovascular treatment is essential. Patient follow-up is conventionally performed by catheter-based DSA because it provides a high spatial and temporal resolution. However, a disadvantage of this technique is that it only provides 2D information of the vascular anatomy, and the relationship of the vascular anatomy to the stent and coil mass may not be fully appreciated.

The latest generation of angiographic C-arm systems equipped with flat panel technology not only provide conventional 2D fluoroscopy but enable in situ 3D conebeam CT (CBCT) that can be used for peri-interventional evaluation.11 Recently, the development and application of high-resolution contrast-enhanced conebeam CT (VasoCT; Philips, Best, the Netherlands) with the use of an angiographic flat-panel C-arm system has been reported.12,13 This technique enables detailed 3D visualization of neurovascular stents and host arteries that allows
for a more complete determination of stent-wall apposition and in-stent stenosis. However, in cases of stent-assisted coiling, the high x-ray absorption of the coil mass generates streak artifacts that obscure surrounding structures and therefore severely limit the diagnostic quality of the acquisition.

In the 1980s, Glover and Pelc\(^{14}\) and Kalender et al\(^ {15}\) suggested manipulating raw data before reconstruction to reduce the effect of metallic implants in CT. Since these first reports, a diversity of similar algorithms have been proposed that address the occurrence of metal artifacts in multidetector CT data. Various methods that aim to replace sinogram data have been investigated, of which most explore different methods of segmentation and interpolation.\(^ {15-21}\) Veldkamp et al\(^ {18}\) have shown, however, that replacement of missing sinogram data with more advanced routines than linear interpolation has a minor impact on the image quality. Other suggested methods to reduce metal artifacts include dual energy,\(^ {22}\) iterative reconstruction,\(^ {23-25}\) manipulation of reconstructed CT data,\(^ {26,27}\) and combinations of methods.\(^ {28}\) Thus far, these methods have not found their way into clinical routine, which is mainly caused by their computational complexity. Prell et al\(^ {29,30}\) have elaborated on the method proposed by Kalender et al\(^ {15}\) for CBCT, which replaces underexposed pixels in the raw projection images rather than sinograms. Their results showed an overall improvement of visibility of neurovascular implants and surrounding brain tissue.

Our research objective was to determine whether application of a multipass reconstruction algorithm that reduces the artifacts caused by implants with high x-ray absorption improves the visibility of VasoCT data. The effects of this technique on the diagnostic image quality of VasoCT data acquired after stent-assisted coil embolization were evaluated by an observer study. In the following section, a brief description of the multipass reconstruction algorithm used for metal artifact reduction (MAR) is given.

**MATERIALS AND METHODS**

The MAR algorithm used in our study is based on the algorithm proposed by Prell et al.\(^ {29,30}\) With this method, a reconstruction is generated during the first pass by use of a regular filtered back-projection algorithm.\(^ {31}\) Regions within the primary reconstruction that display relatively high x-ray absorption are automatically isolated from the volumetric data by use of a predefined threshold value of 4000 HU. Subsequently, the volumetric regions of high absorption are mapped onto the original x-ray images by forward projection,\(^ {32}\) which is achieved by accurate geometric calibration of the C-arm system.\(^ {33}\) The high-absorption regions within the original x-ray images are replaced by gray-values linearly interpolated from the surrounding scan lines (Fig 1). Finally, a new reconstruction is formed by filtered back-projection in the second pass, with the use of the adjusted x-ray images (Fig 2). Reconstruction of a CBCT volume with matrix 256\(^ {3}\) (voxel size, 0.23 mm\(^ {3}\)) with and without MAR takes approximately 72 and 138 seconds, respectively, on a Dual Core Xeon processor (Intel, Santa Clara, California).

Thirty patients (66.7% women; mean age, 57.2 years; age range, 36–81 years) who underwent stent-assisted coil embolization were retrospectively included in this study. Mean ± standard deviation aneurysm size and packing density were 5.5 ± 4.6 mm (range, 1.8–27 mm) and 46.3 ± 39.4%, respectively. In 90% of the cases, the aneurysm was located in the anterior circulation. High-
resolution contrast-enhanced CBCT data were obtained immediately after stent-assisted coil embolization or at 6-month follow-up, as is regularly performed at our institution. Image data were acquired with a flat panel angiographic C-arm system (Allura Xper FD20, Philips) by use of a reduced detector size of 22 cm and an imaging delay of 2 seconds. VasoCT volumes were generated both with and without usage of the metal artifact reduction algorithm and were reviewed in a blinded fashion by 3 experienced neuroradiologists on a dedicated workstation and a medical grade monitor. The diagnostic quality of both reconstructions were rated by means of a 3-point scale (1 = insufficient for evaluation, 2 = sufficient for evaluation, 3 = excellent) questionnaire addressing the: 1) visibility of the aneurysm, host artery, stent, and coil mass, 2) the visibility of the host artery directly adjacent to the coil mass, and 3) the visibility of the relationship between the aneurysm, host artery, stent, and coil mass. In addition, the observers were asked whether streak artifacts were obscuring the vessel beyond the actual coil mass (yes/no) and which of the 2 reconstructions offered overall better visibility. During review, observers were allowed to adjust window-level settings and section thickness of the image data as well as zoom, pan, and rotate to optimize viewing. A general consensus regarding the 3-point scale was established with the use of 5 cases that were excluded from the actual observer study. The overall agreements were calculated by means of raw statistics, and the reliability of agreement was analyzed by the Fleiss \( \kappa \) method.\(^3\)\(^4\) Significance of the results was evaluated by means of Fisher exact test for the categoric and yes/no questions. A 2-tailed significance level of \( P < .05 \) was considered significant. Intraclass correlation coefficient analyses were performed by means of a Wilcoxon matched-pairs signed-rank test. Statistical analyses were performed by means of Prism Five (GraphPad, San Diego, California).

RESULTS

The effect of MAR on VasoCT data of a patient who underwent stent-assisted coil embolization is demonstrated in example data given in Fig 3. Corresponding axial sections of VasoCT data acquired immediately after stent placement (Fig 3A, stented segment is indicated by the asterisk), after coil embolization without MAR (Fig 3B), and after coil embolization with MAR (Fig 3C) are shown. Comparison of Figs 3B and 3C reveals the evident reduction of streak artifacts caused by the coil mass. Although the streak artifacts caused by the coil mass were mostly eliminated, new, more subtle streak artifacts appear in VasoCT data with MAR (indicated by the arrows in Fig 3C), which is caused by interpolation of missing data in the raw projection images. The effect of subtle streak artifacts caused by the MAR algorithm is demonstrated more clearly in Fig 4. Profile plots in Fig 3 (yellow line) are generated of the same physical coordinates (white line) of VasoCT data. The intensity scales are indicated on the left of each image and range from −1200 to 9000 HU. It should be noted that for reconstructions without MAR and with MAR, intensities are automatically truncated at 3000 HU and 9000 HU, respectively. Low-frequency fluctuations adjacent to the coil mass present in the profile plot in Fig 3B are removed by MAR. As a result, the profiles in Figs 3A and 3C have a similar noise pattern outside the coil mass.

The results of the observer study are summarized in the Table. The average overall agreement of the observer study was 78%. In more than half of the cases without MAR, all observers agreed that the visibility of the stent, the host artery, and relationship between aneurysm, host artery, stent, and coil mass was insufficient for

FIG 3. Corresponding axial sections of VasoCT data acquired after stent placement (A, stent indicated by asterisk) and after coil embolization (B and C). Streak artifacts generated by the coil mass visible in VasoCT data without MAR (B) are severely reduced with MAR (C). Because of the replacement of absent data in the raw projections, subtle new artifacts appear in VasoCT with MAR (arrows). Intensity profiles (yellow lines) were generated for all 3 images by use of the same physical coordinates (white lines). The intensity scale of the profile analysis is given on the left-hand side of the figure. Profile plots show that severe fluctuations outside the coil mass are reduced by MAR and the resulting profile in C is similar to the profile in A.
In addition, the observers agreed in 56% of all cases that the artifact was obscuring the host artery beyond the actual coil mass when MAR was not used.

With MAR, the number of cases in which the observers agreed on giving a score of 1 (insufficient for evaluation) was reduced by >50% for the visibility of the stent and host artery. The visibility of the relationship between the stent, host artery, the aneurysm, and the coil mass was improved by at least 1 point on the scoring system in 40% of the cases ($\kappa = 0.6$), and in 36% of the cases, the observers agreed that the visibility was sufficient for evaluation (

(score $\geq 2$). In 64% of the cases, the observers agreed that the streak artifact was not obscuring the host artery and on average the overall visibility of the VasoCT data were sufficient for evaluation (score $\geq 2$) in 65% of the cases with MAR. The observers concluded with high overall agreement (92%, $\kappa = 0.9$) that the overall visibility was improved when MAR was used. VasoCT data with MAR were rated with significantly higher scores ($P < .05$) than without MAR for all categories. A Wilcoxon matched-pairs signed-rank test showed that for all categories, the pooled and unpooled scores given by the observers to VasoCT data without MAR were significantly improved when the MAR algorithm was used ($P < .0001$). Intraobserver analysis performed by a single observer revealed no significant difference in scoring ($P > .5$).

**Illustrative Cases**

**Case 1.** A 51-year-old woman had a history of subarachnoid hemorrhage secondary to a ruptured right middle cerebral artery aneurysm that was treated by surgical clipping. On the diagnostic cerebral angiogram obtained for evaluation of the surgical clipping procedure, an incidental unruptured wide-neck left posterior communicating artery aneurysm was observed. This posterior communicating artery aneurysm was endovascularly treated by stent-assisted coil...
embolization technique. The illustrated case (Fig 5) shown was the 6-month follow-up VasoCT examination of her left posterior communicating artery aneurysm. This case received the following median scores without MAR versus with MAR, respectively: stent visibility: 2 versus 2; vessel visibility: 2 versus 3; and relationship: 2 versus 3.

Case 2. A 40-year-old man with a ruptured left ophthalmic artery aneurysm underwent surgical clip ligation. The diagnostic cerebral angiogram examination for postsurgical evaluation revealed an incidental unruptured posteriorly projecting small aneurysm at the A1 segment of the right anterior communicating artery. This second aneurysm was endovascularly treated by stent-assisted coil embolization. Fig 6 shows the immediate posttreatment DSA and VasoCT examinations. This case received the following median scores without MAR versus with MAR, respectively: stent visibility: 2 versus 2; vessel visibility: 2 versus 3; and relationship: 2 versus 3.

Case 3. A 61-year-old woman with a family history of brain aneurysms was brought in to our hospital for a diagnostic work-up. MRA examination of the head showed a left internal carotid artery terminus aneurysm that was treated by stent-assisted coiling. The illustrated case (Fig 7) shown was the immediate posttreatment DSA and VasoCT examination. This case received the following median scores without MAR versus with MAR, respectively: stent visibility: 2 versus 2; vessel visibility: 2 versus 3; and relationship: 2 versus 3.

Case 4. A 64-year-old woman with a family history of ruptured intracranial aneurysms underwent a diagnostic work-up for her chronic dizziness. MRA revealed bilateral unruptured (middle cerebral artery) brain aneurysms. Both aneurysms were treated by coil embolization; however, the right middle cerebral artery bifurcation aneurysm was treated by stent-assisted technique. In Fig 8, DSA and VasoCT acquired immediately after embolization are shown. This case received the following median scores without MAR versus with MAR, respectively: stent visibility: 1 versus 2; vessel visibility: 2 versus 2; and relationship: 2 versus 2.

DISCUSSION

Stent-assisted coil embolization is very effective for treating fusiform and wide-neck aneurysms. This technique enables improved packing density with a relative low risk of coils herniating into the parent artery, which may also be beneficial for small to medium aneurysms.35 In addition, a fully deployed stent may function as a scaffold for endothelial growth.7
The standard technique for follow-up imaging after (stent-assisted) coil embolization of intracranial aneurysms is DSA, which only provides a 2D projection of the vascular anatomy and implants. Diagnostic interpretation is therefore determined by the projection angle of the x-ray source and may not fully disclose adjacent vascular anatomy and potential clot formation, stent-wall apposition, stent herniation, recanalization, intimal tissue growth, or hyperplasia. In situ–acquired high-resolution contrast-enhanced CBCT (VasoCT) allows visualization of vascular implants and host arteries with 3D spatial information. However, the presence of streak artifacts caused by the coil mass may severely reduce the diagnostic quality of CBCT data, making this technique less valuable for imaging of patients with implants with high x-ray absorption.

We have shown that usage of MAR significantly improves image visibility by reducing the presence of metal streak artifacts caused by coil masses in VasoCT data acquired from patients after stent-assisted coil embolization. As a result, the overall visibility of surrounding vascular anatomy and neurovascular stents was improved with respect to data without MAR in >90% of the cases. Streak artifacts that were extending beyond the actual coil mass in 56% without MAR were reduced to 4% with MAR. The observers agreed in 64% of the cases with MAR that the artifacts were not obscuring the host artery beyond the coil mass, which is lower than would be expected considering the drop from 56–4%. This is potentially caused by the different interpretation of the subtle streak artifacts caused by the MAR algorithm as is shown in Figs 3C and 4B. Prell et al. have shown that 3D linear interpolation is less prone to introduce new artifacts than a technique that uses fewer dimensions. Factors that influence the outcome of the algorithm include the location and orientation of the coiled aneurysm with respect to the host artery and the size of the coil mass, which varied between cases. Overall, the visibility of VasoCT data was improved by MAR.

In principle, the MAR algorithm used in this study was based on a method previously proposed. In their work, Prell et al. implemented an adaptive segmentation method to detect metallic objects in the primary reconstruction and correct for possible misalignment in the geometry calibration of the system. We found that the CBCT image quality of the primary reconstruction allowed segmentation by a fixed threshold value without causing oversegmentation or undersegmentation of the implants. In addition, the accuracy of the geometry calibration of the system used in our study was sufficient to perform forward projection without additional geometry corrections and image morphology. To limit the total processing time, a 1D linear interpolation routine was used.
used to replace underexposed data in the raw projections. Although the results show that this simple interpolation method provides significant improvement in the overall visibility, the benefit of the use of advanced interpolation techniques should be assessed in further research. Furthermore, postprocessing methods such as attenuation-normalization and edge-enhancement as performed in a second correction step were not used here. The total reconstruction time with MAR was approximately 138 seconds per dataset. Preliminary data show that prototype software processing techniques may include alternative imaging protocols rather than postprocessing. The development of more advanced methods is required to completely remove all artifacts caused by the coil mass. Furthermore, it should be noted that MAR is not capable of fully correcting all metal artifacts because data that are absent in the x-ray images as the result of photon starvation cannot be recovered. As a result of these limitations, diagnosis of recanalization at the aneurysm neck directly adjacent to the coil mass remains challenging. The development of more advanced methods is required to completely remove all artifacts caused by implants with high x-ray absorption, which may include alternative imaging protocols rather than postprocessing techniques.

CONCLUSIONS

We conclude that with the use of MAR on VasoCT data acquired for evaluation of patients who underwent stent-assisted coil embolization, overall reduced streak artifacts caused by coil masses, enhance the visibility of neurovascular stents and host arteries and therefore improve diagnostic quality.

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