Imipenem/Cilastatin/Relebactam: A Review in Gram-Negative Bacterial Infections

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Abstract
Imipenem/cilastatin/relebactam (Recarbrio™) is an intravenously administered combination of the carbapenem imipenem, the renal dehydropeptidase-I inhibitor cilastatin, and the novel β-lactamase inhibitor relebactam. Relebactam is a potent inhibitor of class A and class C β-lactamases, conferring imipenem activity against many imipenem-nonsusceptible strains. Imipenem/cilastatin/relebactam is approved in the USA and EU for the treatment of hospital-acquired bacterial pneumonia (HABP) and ventilator-associated bacterial pneumonia (VABP) in adults and other gram-negative infections, including complicated urinary tract infections (cUTIs) [including pyelonephritis] and complicated intra-abdominal infections (cIAIs), in adults with limited or no alternative treatment options. In pivotal phase II and III trials, imipenem/cilastatin/relebactam was noninferior to piperacillin/tazobactam in patients with HABP/VABP and to imipenem/cilastatin in patients with cUTIs and cIAIs. It was also effective in imipenem-nonsusceptible infections. Imipenem/cilastatin/relebactam was generally well tolerated, with a safety profile consistent with that of imipenem/cilastatin. Available evidence indicates that imipenem/cilastatin/relebactam is an effective and generally well tolerated option for gram-negative infections in adults, including critically ill and/or high-risk patients, and a potential therapy for infections caused by carbapenem-resistant pathogens.

1 Introduction
An increasing prevalence of multidrug resistant (MDR) gram-negative pathogens, which frequently involves the production of β-lactamases, is of significant global concern [1]. Carbapenems are broad-spectrum β-lactam antibacterial agents that play a critical role in the management of complicated and serious infections caused by such pathogens, especially against strains producing extended-spectrum β-lactamases (ESBLs) [2]. However, the growing emergence and spread of carbapenem-resistant pathogens worldwide exacerbates the clinical challenge of treating these infections [3–5]. Polymyxins (i.e. colistin and polymyxin B), tigecycline and aminoglycosides have been commonly used to treat carbapenem-resistant infections but these therapies are often associated with low efficacy (due to resistance, pharmacokinetic and pharmacodynamic profiles) and high toxicity [6–8]. Consequently, there is an urgent need for the development of
new antibacterial agents with improved clinical outcomes and safety profiles against such infections.

Resistance mechanisms to carbapenems include upregulation of antimicrobial efflux pumps, porin loss and the production of β-lactamase enzymes that hydrolyze carbapenems, such as Klebsiella pneumoniae carbapenemases (KPCs) [8–10]. One strategy to overcome β-lactamase-mediated resistance and to restore the antibacterial activity of carbapenems is to combine them with suitable β-lactamase inhibitors [8–10].

Imipenem/cilastatin/relebactam (Recarbrio™) is an intravenously administered combination of the carbapenem imipenem, the renal dehydropeptidase-I inhibitor cilastatin, and the novel β-lactamase inhibitor relebactam [11, 12]. Imipenem/cilastatin/relebactam is approved in the USA [11] and EU [12] for the treatment of adults with hospital-acquired bacterial pneumonia (HABP) and ventilator-associated bacterial pneumonia (VABP), and other gram-negative infections, including complicated urinary tract infections (cUTIs) [including pyelonephritis] and complicated intra-abdominal infections (cIAIs), in adults with limited or no alternative treatment options (Sect. 6) [11, 12].

This article reviews the therapeutic efficacy, safety and tolerability of imipenem/cilastatin/relebactam, with its pharmacological properties also summarized.

2 Pharmacodynamic Properties

2.1 Chemistry and Mechanism of Action

Imipenem is a carbapenem that, like other β-lactam antibacterials, inhibits cross-linking of peptidoglycan during cell wall synthesis by inactivating penicillin binding proteins, ultimately leading to bacterial cell lysis and death [2]. Imipenem is coadministered with cilastatin, a dehydropeptidase-I inhibitor, to reduce its renal metabolism; cilastatin does not have any antibacterial activity [2].

Relebactam is a novel β-lactamase inhibitor of class A and C β-lactamases [2, 9]. Although relebactam has no intrinsic antibacterial activity, it can protect imipenem from degradation by Ambler class A (e.g. KPCs) and class C (e.g. AmpC) β-lactamases and Pseudomonas-derived cephalosporinase (PDC) [14–15]; however, relebactam is not active against class B metallo-β-lactamases (MBLs) [e.g. NDM, VIM and IMP] or class D oxacillinases (e.g. OXA-48) [2, 9]. In vitro, the addition of relebactam significantly improves the antibacterial activity of imipenem by lowering the minimum inhibitory concentration (MIC) of imipenem by 2- to 128-fold against ESBL- or KPC-producing Enterobacteriales, as well as MDR or imipenem-resistant Pseudomonas aeruginosa isolates [2, 10, 16–20]. Furthermore, neither imipenem nor relebactam are subject to efflux, which can be an advantage against strains that overexpress efflux pumps [20].

2.2 In Vitro Activity

This section focuses on the in vitro antibacterial activity of imipenem/relebactam against clinically relevant isolates of gram-negative bacteria associated with approved indications for this drug combination, including HABP/VABP, cUTI and cIAI [11, 12]. In the US prescribing information [11] and/or EU summary of product characteristics [12], specified aerobic gram-negative pathogens include Acinetobacter baumannii [11, 12], Enterobacter species (including E. cloacae [11, 12] and E. asburiae [12]), Escherichia coli [11, 12], Klebsiella species (including K. aerogenes, K. oxytoca, K. pneumoniae [11, 12]), Serratia marcescens [11, 12], Citrobacter species (including C. freundii [11, 12] and C. koseri [12]) and P. aeruginosa [11, 12].

Data are primarily drawn from the ongoing Study for Monitoring Antimicrobial Resistance Trends (SMART) surveillance program, in which clinical isolates have been collected in the USA [21–23], Europe [24], China [25] or worldwide [26–28]. Data reported in this section are for isolates collected between 2015 and 2018. In SMART, isolates are collected from bloodstream, lower respiratory tract, intra-abdominal and/or urinary tract infections. Isolates are tested for susceptibility to imipenem/relebactam (with relebactam at a fixed concentration of 4 mg/L) and a range of comparators using Clinical and Laboratory Standards Institute (CLSI) broth microdilution methodology and interpreted using European Committee on Antimicrobial Susceptibility Testing (EUCAST) or CLSI breakpoints [21–28]. Approved EUCAST breakpoints for imipenem/relebactam against Enterobacteriales and P. aeruginosa are ≤ 2 μg/mL for susceptibility and > 2 μg/mL for resistance [29]. Approved CLSI breakpoints for imipenem/relebactam are: Enterobacteriales (susceptible ≤ 1 μg/mL, intermediate susceptible 2 μg/mL and resistant ≥ 4 μg/mL) and P. aeruginosa (≤ 2, 4 and ≥ 8 μg/mL, respectively) [30]. Prior to EUCAST and CLSI breakpoints for imipenem/relebactam being approved, the existing imipenem breakpoints were used to interpret the analyses [21–24, 26–28]. Imipenem/relebactam exhibited potent in vitro activity against all Enterobacteriales isolates collected between 2015 and 2018, with the susceptibility rate being ≈ 4–45% higher than that of most other tested comparators (Table 1) [22–26]. The susceptibility rates of imipenem/relebactam were > 90% against seven of the ten most commonly found Enterobacteriales species collected worldwide as part of the SMART 2017 surveillance program, which were E. coli (n
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Imipenem/relebactam demonstrated limited benefit relative to imipenem alone (48.7% vs 47.4%), as many strains of this pathogen harbour class D oxacillinases [21]. Imipenem/relebactam maintained potent in vitro activity against subsets of Enterobacterales isolates with specific β-lactam-nonsusceptible or MDR phenotypes (Table 1) [22–25]. The addition of relebactam to imipenem restored imipenem susceptibility to 42.4–66.3% of imipenem-nonsusceptible isolates and increased susceptibility rates to imipenem by ≈ 4–11% for ceftazidine-nonsusceptible, ceftazidime-nonsusceptible, piperacillin/tazobactam-nonsusceptible and MDR isolates (Table 1). Of the other tested comparators, only amikacin and colistin exhibited comparable activities to those of imipenem/relebactam [22, 24]. Imipenem/relebactam also exhibited excellent in vitro activity against KPC-producing Enterobacterales, with the susceptibility rate being ≈ 20 to > 90% higher than all other tested comparators (Table 1) [24, 26]. In addition, in vitro activity of

### Table 1 In vitro activity of imipenem/relebactam against selected clinical isolates

| Pathogen          | No. of isolates | % susceptible (MIC<sub>90</sub> [µg/mL]) |
|--------------------|-----------------|----------------------------------------|
|                    | IMI/REL | IMI | PIP/TZP | FEP | AMK | CEF | COL |
| All Enterobacterales [22–26] | 71,345 | 93.1–99.1 (1) | 86.7–97.9 (8) | 79.3–90.6 (> 64) | 50.4–89.7 (≥ 32) | 74.4–99.6 (16) | 60–86.7 (≥ 32) | 84.3–95.7 (2) |
| CEF-NS [22, 24]    | 4993  | 94.1–98.7 (0.5) | 90.2–90.5 (1) | 39.8–48.7 (≥ 64) | 19.1–34.1 (≥ 32) | 87.8–98.0 (16) | 0 (< 32) | 92.5–93.4 (≤ 1) |
| FEP-NS [22, 24]    | 4334  | 93.4–98.4 (0.25) | 89.2–89.8 (2) | 0 (< 32) | 6.3–20.9 (≥ 64) | 9.3–15.4 (≥ 32) | 36.5–66.6 (≥ 32) | 76.3–79.4 (≤ 1) |
| IMI-NS [24, 25]    | 1639  | 42.4–66.3 (32) | 6.3–20.9 (≥ 64) | 9.3–15.4 (≥ 32) | 36.5–66.6 (≥ 32) | 76.3–79.4 (≤ 1) |
| PIP/TZP-NS [22, 24] | 3944  | 92.5–98.1 (0.5) | 86.8–87.8 (4) | 0 (< 32) | 34.5–55.2 (≥ 32) | 85.2–97.5 (16) | 0 (< 32) | 91.3–91.9 (≤ 1) |
| MDR [22–24]        | 6519  | 92.1–98.2 (0.5) | 82.3–89.8 (2) | 36.7–50.6 (≥ 64) | 13–39.0 (≥ 32) | 86.7–97.8 (16) | 0 (< 32) | 84.8–92.2 (≤ 1) |
| KPC-positive [24, 26] | 563    | 94.6–98.6 (1) | 1.4–3.1 (≥ 32) | 0.5–0.5 (≥ 64) | 1.4–4.0 (≥ 32) | 34.8–70.6 (≥ 32) | 0.7–5.2 (≥ 32) | 73.2–73.4 (≥ 4) |
| Pseudomonas aeruginosa [23, 27] | 14,902 | 90.8–93.9 (2) | 69.0–72.0 (16) | 69.1–70.2 (≥ 64) | 75.0–75.6 (≥ 32) | 91.1–96.0 (16) | 74.3–76.9 (≥ 32) | 99.0–99.0 (6 ≤ 1) |
| CEF-NS [27]        | 3132  | 69.6 (≥ 32) | 34.4 (≥ 32) | 8.6 (≥ 64) | 17.7 (≥ 32) | 72.6 (≥ 32) | 0.3 (≥ 32) | 98.2 (2) |
| FEP-NS [27]        | 3047  | 67.2 (≥ 32) | 30.4 (≥ 32) | 10.3 (≥ 64) | 0.7 (≥ 32) | 69.9 (≥ 32) | 15.4 (≥ 32) | 98.2 (2) |
| IMI-NS [27]        | 3776  | 70.3 (≥ 32) | 30.4 (≥ 32) | 36.8 (≥ 64) | 43.9 (≥ 32) | 76.0 (≥ 32) | 45.6 (≥ 32) | 98.4 (2) |
| PIP/TZP-NS [27]    | 3760  | 73.1 (≥ 32) | 36.5 (≥ 32) | 0.7 (≥ 64) | 27.3 (≥ 32) | 76.9 (≥ 32) | 23.8 (≥ 32) | 98.6 (≤ 1) |
| MDR [23, 27]       | 4594  | 70.7–82.2 (≥ 32) | 28.3–38.9 (≥ 32) | 10.0–15.8 (≥ 32) | 21.1–29.6 (≥ 32) | 72.9–89.8 (≥ 32) | 20.3–32.4 (≥ 32) | 97.9–99.0 (2) |

Pathogens against which imipenem/cilastatin/relebactam has demonstrated efficacy in SMART surveillance program [22–27]. Clinical isolates were collected in the EU (2015–2017 [24]), USA (2015–2017 [23], 2016 [22]), China (2015–2018 [25]) or worldwide (2015–2016 [27], 2017 [26]). Not all studies reported MIC<sub>90</sub>. Some data are available only as abstracts/posters [26]. AMK amikacin, CEF ceftazidine, COL colistin, FEP cefepime, KPC Klebsiella pneumoniae carbapenemase, IMI imipenem, IMI/REL imipenem/relebactam, MIC<sub>90</sub> minimum inhibitory concentration required to inhibit 90% of isolates, MDR multidrug resistant, NS nonsusceptible, PIP/TZP piperacillin/tazobactam

*Including isolates carrying metallo-β-lactamases and/or OXA-48-like carbapenemases

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imipenem/relebactam against KPC-producing carbapenem-resistant Enterobacterales was generally comparable to that of ceftazidime/avibactam [31].

Imipenem/relebactam also demonstrated potent in vitro activity against P. aeruginosa (Table 1) [23, 27]. Of the tested comparators, only amikacin and colistin demonstrated comparable activities that approximated or exceeded those of imipenem/relebactam, with the susceptibility rates to other tested comparators being 15–25% lower than that of imipenem/relebactam. Similarly, the susceptibility rates of imipenem/relebactam against the subsets of P. aeruginosa isolates with specific β-lactam-nonsusceptible and MDR phenotypes were 25–60% higher than those of tested comparators, except amikacin and colistin [23, 27]. In particular, the addition of relebactam to imipenem increased imipenem susceptibility of imipenem-nonsusceptible P. aeruginosa isolates to 70.3% [27]. Moreover, the in vitro susceptibility profile of imipenem/relebactam against carbapenem-nonsusceptible P. aeruginosa isolates was generally similar to that of ceftazidime/avibactam [8], with imipenem/relebactam retaining high activity against P. aeruginosa isolates that had developed resistance to ceftolozane/tazobactam and ceftazidime/avibactam [32].

Overall, the MIC values required to inhibit the growth of 90% of isolates (MIC90) for imipenem/relebactam against Enterobacterales and P. aeruginosa isolates (including those that were susceptible to imipenem [20]) were 2- to ≥ 32-fold lower than those for imipenem alone (Table 1) [22–27]. Furthermore, relative to imipenem alone, imipenem/relebactam MIC90 values were two- to fourfold lower against ESBL- and AmpC-producing Enterobacteriales isolates (n = 5428 and 984, respectively) collected globally in the SMART 2016 surveillance program [33]. The susceptibility rates to imipenem/relebactam were generally similar across the various included infection sources [21, 22, 24–28].

2.3 In Vivo Activity

The in vitro activity of imipenem/relebactam is supported by evidence from animal models of infections due to imipenem-resistant bacterial strains, including murine models of disseminated infection [34], neutropenic thigh infection [35–37] or pulmonary infection [34, 38].

2.4 Pharmacodynamic/Pharmacokinetic Considerations

As established with other β-lactams, the best predictor of the antibacterial efficacy of imipenem is the percentage of the dosing interval that the unbound plasma concentration of imipenem exceeds the imipenem MIC (% fT > MIC) [11, 12]. For carbapenems, % fT > MIC of 20% and 30–40% is required to achieve bacterial stasis and 1- to 2-log10 kill, respectively [33, 39]. In an in vitro hollow-fibre infection model, the clinically approved dose of imipenem 500 mg plus relebactam 250 mg maintained imipenem % fT > MIC well above the required level for bactericidal activity (i.e. > 40%) against Enterobacterales and P. aeruginosa isolates [39]. Based on this study, the pharmacokinetic/pharmacodynamic (PK/PD) target for imipenem combined with relebactam % fT > MIC was established as 6.5% [39, 40].

The best predictor of relebactam efficacy is the ratio of the 24 h unbound relebactam area under the concentration time curve (AUC) to imipenem MIC (fAUC/MIC), whereby imipenem was in the presence of relebactam 4 µg/mL [11, 12], according to data from in vivo neutropenic mouse thigh infection [35, 36] and neutropenic mouse lung infection [38] models, as well as in vitro checkerboard and hollow-fibre studies [41]. For example, in the neutropenic mouse thigh infection model, the magnitude of relebactam 24 h fAUC/MIC required for bacterial stasis, 1- and 2-log10 kill of P. aeruginosa strains was 3.3, 4.3 and 7.0, respectively [36]. In addition, in a translational model based on checkerboard and hollow-fibre studies, a relebactam 24 h fAUC/MIC of 7.5 was associated with a 2-log10 kill of imipenem-resistant P. aeruginosa strains, suggesting robust, conservative and comparable 2-log kill PK/PD targets for relebactam across various preclinical models [41]. The PK/PD target for relebactam 24 h fAUC/MIC was established as ≥ 5.2 [35, 40].

Based on the imipenem % fT/MIC and relebactam 24 h fAUC/MIC targets corresponding to a 2-log10 kill, a population pharmacokinetic model in patients with different renal function categories (including augmented renal clearance) predicted that the approved dosing regimens of imipenem/cilastatin/relebactam (Sect. 6) were sufficient to reach > 90% PK/PD target attainment against Enterobacterales and P. aeruginosa strains with an MIC value of up to 4 µg/mL [40, 42].

In an in vitro hollow-fibre infection model, drug exposures corresponding to imipenem 500 mg with relebactam 250 mg every 6 h as a 30 min infusion produced sustained bactericidal activity against KPC-producing K. pneumoniae and imipenem-resistant P. aeruginosa strains [33, 39]. This exposure dose was effective against ten Enterobacterales strains producing various class A and class C β-lactamases [33, 39]. Moreover, at simulated human exposures of imipenem 500 mg plus relebactam 250 mg every 6 h for 7 days, bacterial killing against Enterobacterales, both KPC-producing strains and AmpC-producing strains with porin loss, was > 4 log10 kill over the first 24 h and there was no regrowth [43]. Against P. aeruginosa isolates, including phenotypes that hyperexpressed AmpC or exhibited OprD mutation with porin loss, there was an initial 3–4 log10 kill over the first 24 h, followed by subsequent modest regrowth of P. aeruginosa observed over 14 days of imipenem plus relebactam exposure [43].
2.5 Resistance

The most common mechanism of resistance to imipenem/relebactam is the production of β-lactamases that are not inhibited by relebactam, such as MBLs or oxacillinases [2, 9, 24, 44]. For example, in the SMART 2015–2017 surveillance program, 271 of 17,911 Enterobacteriales isolates and 120 of 1959 P. aeruginosa isolates collected in Europe [24] and 34 of 6671 Enterobacteriales isolates and 29 of 846 P. aeruginosa isolates collected in the USA [45] were nonsusceptible to imipenem/relebactam. In Europe, 96% of 271 imipenem/relebactam-nonsusceptible Enterobacteriales isolates carried MBL-type and/or OXA-48-like carbapenemases, while 72% of 120 imipenem/relebactam-nonsusceptible P. aeruginosa isolates carried MBLs and 15% carried class A Guiana extended-spectrum (GES) β-lactamases [24]. In the USA, 18% of 34 imipenem/relebactam-nonsusceptible Enterobacteriales carried MBL-type and/or OXA-48-like carbapenemases and 14% of 29 P. aeruginosa isolates carried MBLs, including one isolate that co-carried GES β-lactamases [45]. In addition to the expression of β-lactamases that are not inhibited by relebactam, other potential resistance mechanisms to imipenem/relebactam include altered permeability or (over)expression of efflux pumps [44].

Although the risk for resistance development cannot be excluded, spontaneous resistance against imipenem/relebactam appeared to occur at a very low rate against Pseudomonas and most KPC-expressing Klebsiella species [33].

2.6 Other Effects

In healthy subjects \( (n = 36) \), a single supratherapeutic dose (4.6-fold higher) of intravenous relebactam did not prolong the corrected QT interval [46]. In preclinical studies, there were no cardiovascular, respiratory or gastrointestinal effects of concern reported for imipenem/cilastatin [33].

3 Pharmacokinetic Properties

The pharmacokinetics of imipenem/cilastatin are not affected when coadministered with relebactam [47] and their pharmacokinetic properties are also complementary to each other [40]. The pharmacokinetics of imipenem/cilastatin/relebactam are best described by a two-compartment model of disposition with zero-order intravenous infusion and linear first-order elimination [40].

The peak plasma concentration \( (C_{\text{max}}) \) and AUC of imipenem, cilastatin and relebactam increase in a dose-proportional manner [11, 12]. In healthy males with normal renal function, minimal accumulation was observed following multiple intravenous infusions of imipenem/cilastatin plus relebactam [12]. Following multiple 30-min intravenous infusions of imipenem/cilastatin 500/500 mg plus relebactam 250 mg every 6 h in patients with active bacterial infections, steady-state \( C_{\text{max}} \) of imipenem and relebactam were 88.9 µM and 58.5 µM, respectively, with the respective AUC from time zero to 24 h being 500 µM·h and 390.5 µM·h [11, 12].

Plasma protein binding is ≈ 20%, 40% and 22% for imipenem, cilastatin and relebactam, respectively; the plasma protein binding of relebactam is independent of drug concentration [11, 12]. At steady-state, volume of distribution of imipenem, cilastatin, and relebactam is 24.3 L, 13.8 L and 19.0 L, respectively [11, 12]. A phase I study in otherwise healthy volunteers showed that both imipenem and relebactam have good intrapulmonary penetration when administered in combination, with relative exposures in bronchial epithelial lining fluid versus plasma being 55% and 54%, respectively [48].

Imipenem is extensively metabolized in the kidneys by dehydropeptidase-I, and to prevent it from being metabolized too quickly, imipenem is coadministered with cilastatin, a dehydropeptidase-I inhibitor, which limits the renal metabolism of imipenem [11, 12]. Relebactam is minimally metabolized [11, 12].

Imipenem, cilastatin and relebactam are mainly excreted renally, involving both glomerular filtration and active tubular secretion [11, 12]. Following multiple-dose administrations in healthy volunteers, ≈ 63%, 77% and > 90% of the administered imipenem, cilastatin and relebactam doses were recovered as unchanged drug in human urine. The mean terminal elimination half-lives of imipenem/cilastatin and relebactam are 1.0 h and 1.2 h, respectively [11, 12].

Sex, race, age and weight have no clinically relevant effects on the pharmacokinetics of imipenem, cilastatin and relebactam [11, 12, 40]. Hepatic impairment is not expected to have any clinically relevant impact on imipenem/cilastatin/relebactam exposure, as the drugs are primarily excreted renally. Relative to healthy people with normal renal function, imipenem and relebactam exposure in patients with mild, moderate or severe renal impairment was 1.22- to 2.01-fold and 1.38- to 3.05-fold higher, respectively [40]; dosage adjustment of imipenem/cilastatin/relebactam is therefore required in patients with renal impairment [11, 12].

Given that imipenem, cilastatin and relebactam are mostly recovered as unchanged drug in urine, drug-drug interactions with imipenem/cilastatin/relebactam driven by CYP inhibition or induction are unlikely [11, 12]. Although relebactam is a substrate of OAT3, OAT4, MATE1 and MATE2K transporters [11, 12], there were no clinically significant differences in the pharmacokinetics of imipenem/cilastatin/relebactam when it was coadministered with probenecid, an inhibitor of OAT3 [49].
Based on reports of the concomitant use of imipenem/cilastatin with the anticonvulsant valproic acid/divalprox sodium or the antiviral ganciclovir, coadministration of imipenem/cilastatin/relebactam with these drugs is not recommended [11, 12]. Coadministration of valproic acid or divalprox sodium with carbapenems, such as imipenem, is not recommended as it may reduce concentrations of valproic acid, thereby increasing the risk of breakthrough seizures in patients with seizure disorders; supplemental anticonvulsant therapy should be considered if coadministration with imipenem/cilastatin/relebactam is necessary. In addition, generalized seizures have been reported when ganciclovir was coadministered with imipenem/cilastatin; concomitant use should be avoided unless the potential benefits outweigh the risks [11, 12].

Imipenem/cilastatin/relebactam is compatible to be coadministered with other antibacterial agents [11, 12, 50] or with several antifungals, such as anidulafungin, micafungin, caspofungin and fluconazole [50].

4 Therapeutic Efficacy

The efficacy of imipenem/cilastatin/relebactam was initially established in two dose-ranging phase II trials for the treatment of adults (aged ≥ 18 years) with cUTI (MK7655-003 [51]; Sect. 4.1) or cIAI (MK7655-004 [52]; Sect. 4.2). The efficacy of imipenem/cilastatin/relebactam in the treatment of adults (aged ≥ 18 years) with HABP/VABP was evaluated in the phase III RESTORE IMI-2 trial (Sect. 4.3 [53]), while the efficacy of this drug combination for the treatment of imipenem-nonsusceptible infections, including cUTI, cIAI and HABP/VABP, was evaluated in the phase III RESTORE IMI-1 trial (Sect. 4.4 [54]). All of these trials were randomized, double-blinded, multinational controlled trials [51–54].

In the phase II trials, relebactam doses of 125 mg and 250 mg were evaluated [51, 52], whereas in the phase III trials, a relebactam dose of 250 mg was selected on the basis of simulations using data from MK7655-004 (Sect. 4.2) and three phase I studies [53, 54]. All doses of relebactam were coadministered with imipenem/cilastatin 500/500 mg [51–54].

4.1 Complicated Urinary Tract Infections

In MK7655-003, patients with cUTIs (including acute pyelonephritis) requiring hospitalization and intravenous antibacterial therapy were randomized to receive relebactam 125 mg (n = 79 microbiologically evaluable (ME) patients), 250 mg (n = 71) or placebo (n = 80), each coadministered with imipenem/cilastatin 500/500 mg every 6 h as a 30-min intravenous infusion for 4–14 days [51].

Both doses of relebactam plus imipenem/cilastatin were noninferior (based on prespecified criteria) to imipenem/cilastatin plus placebo in terms of the proportion of ME patients with a favourable microbiological response at the discontinuation of intravenous therapy (DCIV) visit (98.6% and 95.5% vs 98.7%; primary endpoint). In addition, all 23 ME patients infected with imipenem-nonsusceptible pathogens across the three treatment groups had a favourable microbiological response at the DCIV visit. Favourable microbiological response was pathogen eradication, defined as a urine culture taken at DCIV showing all baseline uropathogens with ≥ 10^5 colony forming units (CFU)/mL found reduced to < 10^4 CFU/mL [51].

4.2 Complicated Intra-Abdominal Infections

In MK7655-004, patients with cIAIs were randomized to receive relebactam 125 mg (n = 87 ME patients), 250 mg (n = 83) or placebo (n = 85), each coadministered with imipenem/cilastatin 500/500 mg every 6 h as a 30-min intravenous infusion for 4–14 days [52].

Both doses of relebactam plus imipenem/cilastatin were noninferior (both p < 0.001) to imipenem/cilastatin plus placebo in terms of the proportion of ME patients with a favourable clinical response at the DCIV visit (98.8% and 96.3% vs 95.2%; primary endpoint) [52]. In addition, all 34 ME patients infected with imipenem-nonsusceptible pathogens across the three treatment groups had a favourable clinical response at the DCIV visit. Favourable clinical response was defined as resolution of all or most presenting signs and symptoms of IAIs with no need for further antibiotic therapy [52].

4.3 Hospital-Acquired or Ventilator-Associated Bacterial Pneumonia

RESTORE IMI-2 evaluated the noninferiority of imipenem/cilastatin/relebactam to piperacillin/tazobactam for the treatment of HABP/VABP in adults [53]. Hospitalized patients requiring antibiotic therapy for the treatment of nonventilated HABP, ventilated HABP or VABP were randomized to receive imipenem/cilastatin/relebactam 500/500/250 mg (n = 268) or piperacillin/tazobactam 4 g/500 mg (n = 269) every 6 h as a 30-min intravenous infusion for 7–14 days; doses were adjusted based on renal function. In addition, empiric intravenous linezolid was added to both treatment regimens until baseline respiratory cultures confirmed the absence of methicillin-resistant Staphylococcus aureus. Randomization was stratified based on diagnosis (nonventilated HABP vs ventilated HABP/VABP) and Acute Physiology and Chronic Health Evaluation II (APACHE II) score (< 15 vs ≥ 15) [53].
The primary endpoint and key secondary endpoint were day 28 all-cause mortality rate and favourable clinical response at the early follow-up visit (EFU; 7–14 days after the end of therapy) in the modified intent-to-treat (MITT) population, respectively; noninferiority of imipenem/cilastatin/relebactam to piperacillin/tazobactam was tested in both the primary and key secondary endpoint analyses [53].

Baseline characteristics were well balanced between the treatment groups [53]. More than half of MITT patients (66.1%) were in the intensive care unit, 47.5% had APACHE II score ≥ 15, 48.6% had ventilated HABP/VABP and 42.9% were aged > 65 years. The most common baseline lower respiratory tract pathogen included K. pneumoniae (25.6%), P. aeruginosa (18.9%), A. calcoaceticus-baumannii complex (15.7%) and E. coli (15.5%). Among patients with relevant data available, 79.7% of 187 patients in the imipenem/cilastatin/relebactam group and 65.8% of 193 patients in the piperacillin/tazobactam group had all gram-negative baseline pathogens (including multiple pathogens in the case of polymicrobial infections) susceptible to the randomized study treatment [53].

Imipenem/cilastatin/relebactam was noninferior to piperacillin/tazobactam for the primary endpoint of day 28 all-cause mortality rate (adjusted treatment difference − 5.3%; 95% CI − 11.9 to 1.2%) and the key secondary endpoint of favourable clinical response at EFU (5.0%; − 3.2 to 13.2%) in the MITT population (Fig. 1) [53].

In predefined subgroup analyses, based on 95% confidence intervals (CIs), the day 28 mortality rate was lower with imipenem/cilastatin/relebactam than with piperacillin/tazobactam in subgroups of patients with mechanically ventilated HABP/VABP or those with an APACHE II score of ≥ 15, both particularly high-risk critically ill populations [53]. Similarly, the favourable clinical response rate at EFU was higher with imipenem/cilastatin/relebactam than with piperacillin/tazobactam in the subgroup of patients with an APACHE II score of ≥ 15. In the other evaluated clinically relevant subgroups including age (< 65 or ≥ 65 years), sex (male or female), renal impairment, concurrent bacteremia, clinical pulmonary infection score, geographic region, prior systemic gram-negative therapy, concomitant systemic gram-negative therapy and key baseline pathogens, day 28 mortality rate and favourable clinical response rate at EFU were comparable between the treatment groups [53]. Of note, in a post hoc multivariate analysis of RESTORE IMI-2, age ≥ 65 years, mechanical ventilation, APACHE II score of ≥ 15 and renal impairment were identified as independent negative predictors of all-cause mortality rates and clinical response rates at EFU, regardless of treatment group [55], and demonstrated no interactions between these predictors and treatment assignment.

In microbiological MITT (mMITT) patients who had ≥ 1 baseline lower respiratory tract pathogen with laboratory-confirmed in vitro susceptibility to both imipenem/relebactam and piperacillin/tazobactam, per-pathogen efficacy outcomes were generally comparable between the treatment groups [56]. For example, in imipenem/cilastatin/relebactam and piperacillin/tazobactam recipients, day 28 all-cause mortality rate and favourable clinical response rate at EFU were 16.7% and 62.1% versus 22.5% and 58.9% for Enterobacterales (n = 132 and 129), 32.4% and 41.2% versus 14.6% and 60.4% for P. aeruginosa (n = 34 and 48) and 15.6% and 59.4% versus 22.2% and 58.3% for A. calcoaceticus-baumannii complex (n = 32 and 36). The numerical difference in mortality rates and clinical response against P. aeruginosa could be due to small sample size and uneven distribution of patients infected with this pathogen between the treatment groups [56]. It should also be noted that P. aeruginosa was an independent predictor of lower clinical response rates, regardless of treatment group [55].

4.4 Infections Specifically Caused by Imipenem-Nonsusceptible Pathogens

RESTORE IMI-1 was a descriptive study that specifically focused on the efficacy of imipenem/cilastatin/relebactam in the treatment of infections caused by carbapenem-nonsusceptible pathogens [54]. Eligible patients were hospitalized.
adults with HABP/VABP, cUTIs or cIAIs caused by imipenem-nonsusceptible but colistin- and imipenem/relebactam-susceptible pathogens who had previously failed antibacterial therapy; pathogen susceptibility was determined by local prescreening susceptibility testing and subsequently confirmed at a central laboratory. Key exclusion criteria included APACHE II score > 30, creatinine clearance (CLCR) < 15 mL/min or requiring haemodialysis/peritoneal dialysis, pulmonary obstructions in patients with HABP/VABP and complete obstruction of any portion of the urinary tract in patients with cUTIs. Patients receiving concomitant systemic or inhaled agents against Enterobacterales, Pseudomonas species and gram-negative anaerobic bacilli were also among those excluded [54].

Enrolled patients (n = 47) were stratified by infection type and were randomized to receive intravenous imipenem/cilastatin/relebactam 500/500/250 mg every 6 h plus placebo or intravenous imipenem/cilastatin 500/500 mg every 6 h plus intravenous colistin (loading dose to achieve 300 mg colistin base activity, followed by up to 150 mg colistin base activity as maintenance doses) every 12 h for 5–21 days for cUTI and cIAI or 7–21 days for HABP/VABP [54]. Imipenem/cilastatin/relebactam plus placebo and imipenem/cilastatin plus colistin were administered as a 30-min intravenous infusion and dosages were adjusted based on renal function. The primary endpoint was the favourable overall response in the mMITT population (i.e. all randomized patients who received ≥ 1 dose of study drug and with ≥ 1 qualifying pathogen as confirmed by central laboratory test results). Favourable overall response was defined as survival through day 28 for HABP/VABP, clinical response at day 28 for cIAI and composite clinical and microbiological response 5–9 days after the end of therapy for cUTI [54].

Baseline patient, disease and microbiological characteristics were generally similar between treatment groups [54]. In the mMITT population (n = 31), 11 patients had HABP/VABP, 16 had cUTI and 4 had cIAI. At baseline, 35% of patients were aged ≥ 65 years, 15% had APACHE II scores > 15 and 23% had CLCR < 60 mL/min. The most common qualifying baseline pathogen was P. aeruginosa (77%), followed by Klebsiella species (16%) and other Enterobacterales (6%), and detected β-lactamases were mostly AmpC (84%), followed by ESBLs (35%), KPC (16%) and OXA-48 (3%). Mean treatment duration in the imipenem/cilastatin/relebactam and imipenem/cilastatin plus colistin groups was 11.4 and 10.8 days, respectively [54].

Overall, treatment with imipenem/cilastatin/relebactam or imipenem/cilastatin plus colistin was effective for treating imipenem-nonsusceptible gram-negative infections, with 71.4% and 70.2% of mMITT patients in the respective treatment groups achieving a favourable overall response (primary endpoint) [54]. In the respective treatment groups, most mMITT patients with HABP/VABP (87.5% vs 66.7%) or cUTI (72.7% vs 100%), but none of the four participants with cIAI achieved a favourable overall response. Per-pathogen favourable overall response rates in imipenem/cilastatin/relebactam versus imipenem/cilastatin plus colistin recipients were 40% versus 100% for Enterobacterales (n = 5 and 2) and 81% versus 63% for P. aeruginosa (n = 16 and 8). In addition, although the study was not powered to detect statistically significant differences, patients treated with imipenem/cilastatin/relebactam had numerically higher favourable clinical response rates (i.e. resolution of baseline signs and symptoms) at day 28 and lower day 28 mortality rates than those treated with imipenem/cilastatin plus colistin (adjusted treatment difference: 26.3% and −17.3%, respectively) [54].

The efficacy outcomes were consistent when treatment response was evaluated in patients with qualifying baseline pathogens identified based only on local microbiology laboratory culture and susceptibility results (i.e. the supplemental mMITT population; n = 41) [57].

5 Tolerability

Based on extensive evidence from its use in clinical practice, imipenem/cilastatin is considered to have a well-established safety profile [33]. In the clinical trials discussed in Sect. 4, imipenem/cilastatin/relebactam was generally well tolerated in patients with cUTI, cIAI or HABP/VABP, with the safety profile consistent with that established for imipenem/cilastatin [33, 51–54]. The nature and frequency of adverse events occurring with imipenem/cilastatin/relebactam were generally similar in patients with HABP/VABP, cUTIs or cIAIs [51–53]. Discussion in this section focuses largely on data available from RESTORE IMI-2 (Sect. 4.3) [53].

In RESTORE IMI-2, treatment-related adverse events (TRAEs) occurred in 11.7% of 266 imipenem/cilastatin/relebactam recipients and 9.7% of 269 piperacillin/tazobactam recipients [53]. The most common TRAEs (> 2% incidence) in the respective groups were diarrhoea (2.3% vs 2.2%), increased alanine aminotransferase (2.3% vs 1.1%) and increased aspartate aminotransferase (2.3% vs 0%). Serious TRAEs were reported in 1.1% of imipenem/cilastatin/relebactam and 0.7% of piperacillin/tazobactam recipients, while 2.3% and 1.5% of patients in the respective group discontinued treatment due to TRAEs. No deaths were considered treatment-related [53].

In RESTORE IMI-2, treatment-related renal impairment was rare in imipenem/cilastatin/relebactam and piperacillin/tazobactam recipients (0% and 0.4%, respectively) [53]. Furthermore, in RESTORE IMI-1, imipenem/cilastatin/relebactam was associated with a more favourable renal safety profile compared with colistin-based therapy, as demonstrated by a significantly lower incidence of treatment-emergent
nephrotoxicity observed with imipenem/cilastatin/relebactam than with colistin-based therapy (10% vs 56%; *p* = 0.002) in a prospectively specified analysis [54, 58].

As seen with nearly all antibacterial agents, cases of *Clostridioides difficile*-associated diarrhoea (CDAD) have been reported with imipenem/cilastatin/relebactam [11, 12]. The severity of CDAD may range from mild diarrhoea to fatal colitis. In all patients presenting with diarrhoea during or following treatment with imipenem/cilastatin/relebactam, CDAD must be considered, as it has been reported to occur over 2 months after the administration of antibacterial agents. If CDAD is suspected or confirmed, treatment discontinuation of imipenem/cilastatin/relebactam and appropriate clinical management (e.g. maintaining proper fluid and electrolyte levels, protein supplementation and antibacterial treatment for *C. difficile* [11]) should be considered [11, 12].

Although CNS adverse reactions, such as seizures, confusional states and myoclonic activity, did not occur during the clinical trials with imipenem/cilastatin/relebactam, there have been reports of such CNS adverse reactions occurring in patients who received imipenem/cilastatin, a component of imipenem/cilastatin/relebactam, especially when the recommended dosages were exceeded [11, 12]. These CNS adverse reactions have been reported most commonly in patients with preexisting CNS disorders (e.g. brain lesions or history of seizures) and/or those with compromised renal function [11, 12]. In the case of CNS adverse reactions, patients should undergo a neurological evaluation to determine whether imipenem/cilastatin/relebactam should be discontinued [11].

### 6 Dosage and Administration

In the USA, imipenem/cilastatin/relebactam is approved for the treatment of adults with HABP/VABP, and also for the treatment of cUTIs (including pyelonephritis) and cIAIs caused by susceptible gram-negative organisms in adults with limited or no alternative treatment options [11]. In the EU, the combination is approved the treatment of adults with HABP/VABP or bacteraemia that occurs in association with, or is suspected to be associated with, HABP/VABP, and infections caused by aerobic gram-negative organisms in adults with limited treatment options [12].

The approved dosage of imipenem/cilastatin/relebactam is 1.25 g (imipenem 500 mg/cilastatin 500 mg/relebactam 250 mg) once every 6 h, administered by an intravenous infusion over 30 min [11, 12]. The total recommended treatment duration is 4–14 days in the USA [11] and 5–14 days in the EU [12], based on the type and severity of infection, as well as clinical response to treatment. The dosage of imipenem/cilastatin/relebactam should be reduced in patients with estimated CL\textsubscript{CR} < 90 mL/min, with the recommended dosage dependent on the degree of renal impairment; CL\textsubscript{CR} should be monitored in patients with fluctuating renal function. In patients with end-stage renal disease on haemodialysis, imipenem/cilastatin/relebactam should be administered after a haemodialysis session [11, 12].

Local prescribing information should be consulted for detailed information regarding the use of imipenem/cilastatin/relebactam, including contraindications, precautions and warnings, use in special populations and potential drug interactions.

### 7 Place of Imipenem/Cilastatin/Relebactam in the Management of Gram-Negative Infections

The clinical and economic burden of treating patients with carbapenem-resistant gram-negative infections is substantial [3, 5, 59, 60]. Subsequently, optimizing antibacterial therapy through antimicrobial stewardship is important to maximize clinical outcomes while reducing the economic burden and minimizing the unintended consequences of antibacterial use (e.g. toxicity, resistance development) [6, 7, 61–65]. The choice of appropriate empirical antibacterial therapy is based on several factors, including the type of infection, causative pathogen, local antibacterial resistance patterns, patient characteristics (e.g. presence of comorbidities, prior history of antibiotic therapy) and drug characteristics (e.g. potential drug-drug interactions, efficacy and safety profiles and cost) [6, 7, 61–65].

Current guidelines [61–65] and treatment guidelines [6, 7] recommend fluoroquinolones, aminoglycosides, cefiderocol, tigecycline and β-lactam/β-lactamase inhibitor combinations (e.g. ceftolozane/tazobactam, meropenem/vaborbactam, ceftazidime/avibactam or imipenem/cilastatin/relebactam) as preferred or alternative treatment options, depending on the type of infection and causative pathogen(s), for the management of gram-negative bacterial infections. Although the approval of imipenem/cilastatin/relebactam is too recent to have been included in most major guidelines for the treatment of HABP/VABP or cIAI [61–64], imipenem/cilastatin/relebactam is recommended as an alternative treatment option for cUTI, especially for infection caused by MDR pathogens, in the 2020 European Association of Urology guidelines on urological infections [65]. Furthermore, the 2020 antimicrobial resistance treatment guidance from Infectious Diseases Society of America (IDSA) recommends imipenem/cilastatin/relebactam, along with ceftazidime/avibactam and meropenem/vaborbactam, as a preferred treatment option for infections (excluding cystitis) caused...
by carbapenem-resistant Enterobacterales; however, its use is not recommended for carbapenem-resistant Enterobacterales that produce MBLs or OXA-48-like carbapenemases. IDSA antimicrobial resistance treatment guidance also recommends imipenem/cilastatin/relebactam as one of the preferred treatment options for the management of *P. aeruginosa* infections with difficult-to-treat resistance (defined as nonsusceptible to piperacillin/tazobactam, ceftazidime, cefepime, aztreonam, meropenem, imipenem/cilastatin, ciprofloxacin, and levofloxacin) [6].

Imipenem/cilastatin/relebactam has been approved in the USA and EU for the treatment of infections caused by gram-negative organisms in adults, including those with limited or no alternative treatment options (Sect. 6). When combined with the novel β-lactamase inhibitor relebactam, the antibacterial activity of imipenem against gram-negative pathogens expressing class A and/or C β-lactamases is restored (Sect. 2). Imipenem/relebactam exhibited broad, potent in vitro activity against Enterobacterales and *P. aeruginosa*, including many β-lactam-nonsusceptible, MDR or KPC-positive strains (Sect. 2.2).

In the clinical setting, the antibacterial efficacy of imipenem/cilastatin/relebactam for the treatment of gram-negative infections in adults was initially demonstrated in phase II studies, where imipenem/cilastatin plus relebactam was noninferior to imipenem/cilastatin in the treatment of cUTI (Sect. 4.1) and cIAI (Sect. 4.2). Furthermore, in the phase III RESTORE-IMI 2 study, imipenem/cilastatin/relebactam was noninferior to piperacillin/tazobactam for the treatment of HABP/VABP, with the day 28 mortality rate being lower with imipenem/cilastatin/relebactam than with piperacillin/tazobactam in critically ill and/or high-risk populations (Sect.4.3). In addition, although not powered to assess statistical significance, results from the phase III RESTORE-IMI-1 study in adults with infections caused by imipenem-nonsusceptible pathogens indicated that imipenem/cilastatin/relebactam treatment was associated with a numerically higher clinical cure rate than colistin-based therapy (Sect. 4.4).

Imipenem/cilastatin/relebactam was generally well tolerated in patients with cUTI, cIAI or HABP/VABP in clinical trials, with a safety profile consistent with that established for imipenem/cilastatin (Sect. 5). Moreover, imipenem/cilastatin/relebactam was associated with a more favourable renal safety profile compared with colistin-based therapy [54, 58].

In conclusion, although ongoing clinical experience with imipenem/cilastatin/relebactam will further determine its role with respect to other available antibacterial therapies, current evidence indicates that imipenem/cilastatin/relebactam is an effective and generally well tolerated option for gram-negative infections in adults, including critically ill and/or high-risk patients, and a potential therapy for infections caused by carbapenem-resistant pathogens.

### Data Selection Imipenem/cilastatin/relebactam: 312 records identified

| Duplicates removed | 115 |
|--------------------|-----|
| Excluded during initial screening (e.g. press releases; news reports; not relevant drug/indication; preclinical study; reviews; case reports; not randomized trial) | 57 |
| Excluded during writing (e.g. reviews; duplicate data; small patient number; nonrandomized/phase I/II trials) | 75 |
| Cited efficacy/tolerability articles | 8 |
| Cited articles not efficacy/tolerability | 57 |

Search Strategy: EMBASE, MEDLINE and PubMed from 1946 to present. Clinical trial registries/databases and websites were also searched for relevant data. Key words were imipenem, cilastin, relebactam, Recarbrio, gram-negative bacterial infection. Records were limited to those in English language. Searches last updated 3 Feb 2021

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