Brain endothelial LRP1 maintains blood brain-barrier integrity

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Abstract
The entry of blood-borne molecules into the brain is restricted by the blood brain-barrier (BBB). Various physical, transport and immune properties tightly regulate molecule movement between the blood and the brain to maintain brain homeostasis. A recent study utilizing a pan-endothelial, constitutive Tie2-Cre showed that paracellular passage of blood proteins into the brain is governed by endocytic and cell signaling protein low-density lipoprotein receptor–related protein 1 (LRP1).

Taking advantage of conditional Slco1c1-CreER T2 specific to CNS endothelial cells and choroid plexus epithelial cells we now supplement previous results and show that brain endothelial Lrp1 ablation results protease-mediated tight junction degradation, P-glycoprotein (P-gp) reduction and a loss of BBB integrity.

Keywords
Blood-brain barrier integrity, low-density lipoprotein receptor-related protein 1 (LRP1), P-glycoprotein/Abcb1 (P-gp), tight junctions, matrix metalloproteinases (MMPs), cyclophilin A
Background

Neuronal function requires tight regulation of the cerebral microenvironment, which is achieved through specialized brain barriers such as the blood-brain barrier (BBB) (1). Dysfunction of these barriers lead to neuronal degeneration and cognitive decline (2). A recent report demonstrated that global endothelial loss of the endocytic and cell signaling protein low-density lipoprotein receptor–related protein 1 (LRP1) utilizing a constitutive Tie2-Cre line results in increased brain penetration of blood-borne molecules such as IgG and fibrinogen, progressive neuronal damage and behavioral deficits in mice (3). Nikolakopoulou and colleagues identified a cyclophilin A–matrix metalloproteinase (MMP)-9 pathway in the Lrp1-deficient endothelium underlying BBB impairment: Deletion of LRP1 elevates cyclophilin A levels, which increases metalloproteinase-9-mediated tight junction protein degradation which allows the paracellular brain penetration of blood proteins leading to neuronal damage. Notable, LRP1 gene therapy targeting the BBB partially reversed vascular leakage, neuronal damage and behavioral deficits in mice.

Whilst these findings have broad implications for understanding how loss of endothelial LRP1 contributes to brain pathology, some questions for the audience remain. It is incompletely described how transcellular passage of molecules contributes to brain leakage of blood-borne molecules. Tight junctions are not the only regulator of BBB permeability. The authors did not see any effects of Lrp1 deletion on pericyte coverage or endothelial MFSD2a and GLUT1 levels, known modulators of transcellular transport processes (4, 5). However, endothelial solute and adenosine triphosphate binding cassette (ABC) efflux transporters such P-glycoprotein (P-gp, also known as ABCB1 or MDR1) limit the entry of many xenobiotics and endogenous molecules that might damage neuronal cells (6-8). ABC transporter expression is regulated by peroxisome proliferator-activated receptors (PPAR) signaling (9). Notably, it has been shown that endothelial LRP1 is a coactivator of the nuclear receptor PPARy and directly participates in gene transcription (10). If the PPAR signaling co-activator LRP1 is missing, ABC transporter levels could be altered. So, it is possible that, in addition to the described
paracellular leakage described by Nikolakopoulou and colleagues, transcellular passage is altered due to a change in efflux transporters such as P-gp. Therefore, the increased permeability in \textit{Lrp1}^{lox/lox}; \textit{Tie2-Cre} described in the recent paper would only be the result of increased paracellular passage through a lack of tight junctional proteins.

The second question remains regards the specificity of the \textit{Cre} mouse line that was used in the study: how does a constitutive and global deletion of \textit{Lrp1} in all endothelial cells contributes to the brain-related findings described in Nikolakopoulou et al.? In the study, the authors used a pan-endothelial expression of the \textit{Cre (Tie2-Cre)} that targets all peripheral and CNS vasculature during development as well as adulthood. However, LRP1 is expressed in all endothelial cells throughout the organism and is involved in many endocytic and cell signaling events during development as well as angiogenesis (11, 12). Therefore, \textit{Tie2-Cre-mediated Lrp1} deletion could have averse off targets effects that contribute to the described pathology. Interestingly, we collected data showing similar results in mice using a conditional, tamoxifen-inducible \textit{Slco1c1-CreER}^T2 not targeting peripheral vasculature and allowing the time-specific deletion of LRP1 in the vasculature of the brain (13).

Results

\textit{Slco1c1} is highly enriched in CNS vasculature over peripheral vasculature (14) and therefore, allowing Cre-induction specifically in brain endothelium and choroid plexus epithelium (13). Utilizing spatial activation of \textit{Cre} in brain endothelial cells only prevents potential side effects by not targeting peripheral vasculature as in pan-endothelial \textit{Cre}-lines. In contrast to a constitutive, global \textit{Tie2-Cre-driven promoter} (15), temporal induction of gene deletion in adult \textit{Slco1c1-Cre ER}^T2 mice can rule out any potential off target effects of \textit{Lrp1} deletion during development.

Originally, we found that in freshly isolated brain endothelial cells of \textit{Lrp1}^{lox/lox}; \textit{Slco1c1-CreER}^T2 mice, claudin-5 and occludin protein levels were markedly reduced compared to littermates (Fig. 1A). At the same time, the levels of cyclophilin A, an activator of a MMP-mediated tight junction degradation pathway in endothelial cells (3), were significantly elevated (Fig. 1B). Utilizing primary brain endothelial
cells from Lrp1lox/lox; Slco1c1-CreERT2 mice we found higher MMP activity (Fig. 2A), lower transendothelial resistance (Fig. 2B) measured by impedance spectroscopy along with increased 14C-inulin permeability across an endothelial monolayer compared littermate control cells (Fig. 2C). These results suggested that elevated MMP activity in Lrp1lox/lox; Slco1c1-CreERT2 endothelial cells resulted in enhanced endothelial permeability due to tight junction degradation.

In the cerebrospinal fluid (CSF) of Lrp1lox/lox; Slco1c1-CreERT2 mice, we detected substantially increased IgG levels (Fig. 3A) and a higher brain water content (Fig. 3B), another measure of BBB integrity (16, 17). At the same time, we found P-gp decreased (Fig. 1C, also reported in (18)). It remains to be determined by future studies if other transporter levels are affected too and what the functional consequences on the loss of P-gp are for brain penetration or xenobiotics in Lrp1lox/lox; Slco1c1-CreERT2 mice. However, a recent study shows a direct effect on brain uptake of P-gp substrate rhodamine123 upon changes in P-gp transcript levels (19). Collectively, these data suggest that BBB permeability is increased by paracellular as well as transcellular mechanisms when endothelial LRP1 is absent. In Lrp1lox/lox; Slco1c1-CreERT2 mice both body and brain weight were significantly reduced when the animals were housed on a constant tamoxifen-supplemented chow (Fi. 4A+B) suggesting that lack of endothelial LRP1 impairs homeostasis and metabolism as also suggested by earlier studies (10).

Unexpectedly, as reported earlier we did not find any differences in BBB integrity in Lrp1lox/lox; Slco1c1-CreERT2 at 8 months (20). After an initial 7-days treatment with tamoxifen at 8 weeks of age, the mice were housed on a normal chow lacking tamoxifen. Given the massive damage occurring to CNS vasculature reported here and in the study by Nikolakopoulou and colleagues (3), we are now questioning, whether a long-term brain endothelial LRP1 deletion will prevail over time in a conditional system in aged mice when the driving Cre is not constitutively expressed and only a single treatment of tamoxifen early in adulthood is applied as it was done in the study. Vascular damage recruits bone marrow-derived endothelial progenitor cells (sometimes also referred as circulating angiogenic cells) from the periphery for vascular repair (21-23). Different from a constitutive model, a conditional model could therefore re-gain gene expression over time by replacement of damaged endothelial cells with
peripheral LRP1 expressing blood-circulating cells and therefore mask the initial effects of the initial knockout. Further studies are needed to fully decipher the biological mechanisms underlying the effects seen in Lrp1^lox/lox, Slco1c1-Cre^2.

Collectively, the data suggests that many of the results shown by Nikolakopoulou and colleagues can be independently reproduced by using a conditional knockout model. It seems that spatial and temporal control of endothelial LRP1 recapitulates the finding of a global, constitutive endothelial knockout. However, it remains to be demonstrated whether neuronal damage as described in Nikolakopoulou et al. are merely the results of increased paracellular influx of blood-borne molecules into the brain or altered transcellular movement of molecules due to changes in ABC transporter expression contribute to brain pathology.

Methods

Mice

Lrp1^lox/lox, Slco1c1-Cre^2 (20) and littermate Lrp1^lox/lox controls were housed under a 12-h light-dark cycle with water and rodent chow ad libitum. For all studies both sexes were used. Brain and body weight was analyzed with 12 months of age.

Antibodies

Rabbit anti-β-actin (A2066, Sigma-Aldrich, 1:1,000), Rabbit anti-claudin-5 (34-1600, Invitrogen, 1:1,000), Mouse anti-occludin (33-1500, Invitrogen, 1:1,000), H-241 rabbit anti-Mdr (sc-8313, WB: 1:1000 – detects MDR1&MDR3 mouse/rat/human), rabbit anti cyclophilin A (ab3563, Abcam, 1:1,000), 1704 rabbit anti-LRP1 (WB: 1: 10,000) was generated as described before (24), HRP-conjugated donkey anti-mouse (715-035-151, Jackson Immuno Research, 1:5,000), HRP-conjugated goat anti-rabbit (A5278, Sigma-Aldrich, 1:10,000).
Isolation and cultivation of primary mouse brain capillary endothelial cells

Primary mouse brain capillary endothelial cells were isolated from 8-week-old mice as described previously with minor modifications (20, 25). In brief, mice were sacrificed by cervical dislocation, meninges were removed, cortices were pooled and mechanically dissociated, followed by a digest with a mixture of 0.75 mg/ml collagenase CLS2 (Worthington, Lakewood, NJ, USA) and 10 U/ml DNaseI (Sigma-Aldrich, Schnelldorf, Germany) in DMEM (Gibco, Darmstadt, Germany) at 37°C on a shaker set at 1000g for 1 h. The pellet was resuspended in 20% BSA-DMEM (w/v) and centrifuged at 1000g for 20 min to remove myelin. The pellet was further digested with 1 mg/mL collagenase-dispase (Roche, Mannheim, Germany) and 10 U/mL DNAse in DMEM at 37°C on a shaker for 1 h. Endothelial capillaries were separated on a 33% continuous Percoll (GE Healthcare, Munich, Germany) gradient, collected, and subjected to cell lysis or plated on 24-well transwell filters (pore size, 0.4 μm; surface area, 33.6 mm²; Greiner Bio-One) coated with 0.4 mg/mL collagen IV and 0.1 mg/mL fibronectin (both from Sigma-Aldrich, Schnelldorf, Germany). Cultures were maintained in DMEM supplemented with 20% plasma-derived bovine serum (First Link, Birmingham, UK), 100 U/mL penicillin and 100 μg/mL streptomycin, 2 mM L-glutamine (all from Gibco, Darmstadt, Germany), 4 μg/mL puromycin (Alexis, Loerrach, Germany) and 30 μg/ml endothelial cell growth supplement (Sigma-Aldrich, Schnelldorf, Germany) at 37°C and 5% CO2.

For immunoblot analysis, isolated capillary fragments were solubilized in lysis buffer (50 mM TrisOH, 150 mM NaCl, 0.02% [w/v] NaN3, 1% [v/v] Nonidet P-40 supplemented with a cocktail of phosphatase and proteinase inhibitors [PhosStop, Complete, Roche Applied Science]). Homogenates were centrifuged for 20 min at 15,000g, and the supernatant was collected. 10 μg of capillary lysate was separated on 4–12% Bis-Tris gels (NuPAGE™, Invitrogen) gels by SDS-PAGE, transferred onto nitrocellulose membranes (Millipore).

Transendothelial electrical resistance and permeability studies
TEER and capacitance of cells were measured automatically every hour by impedance spectroscopy with the cellZscope device. When capacitance values were between 1.0 and 0.8 μF/cm², indicating a confluent monolayer of cells, the TEER values were measured. Permeability to [C¹⁴]-inulin (Perkin-Elmer, Waltham, MA, USA) was analyzed as described previously (26).

MMP activity

MMP activity was measured from equal volumes of cell-free supernatant from confluent endothelial cells grown on transwell filters as described above. 3 hours after incubation with OMNIMMP® fluorogenic substrate (Enzo) at 37°C, fluorescence of the cleaved substrate was measured at an emission/excitation wavelength of 280/360 nm according to the manufacturers’ protocol.

CSF isolation

Blood-free CSF of 20-week-old mice were taken by puncture of the cisterna magna as described previously (20). After centrifugation at 900 × g for 10 min at 4°C, 4 μl of cell-free CSF were diluted in water and mixed with equal amounts of 2× RotiLoad (Carl Roth, Karlsruhe, Germany). The IgG protein levels in CSF were determined using a secondary anti-mouse antibody.

Brain water content

Brain water content from 20-week-old mice was determined as described previously (17). Mice were anesthetized, sacrificed by cervical dislocation, and the brain was immediately removed, weighed and then dried overnight at 100°C. The dried brain was re-weighed and the brain water content calculated as (wet weight- dry weight) × 100/wet weight.

Figures
Fig. 1: Reduced levels of tight junction proteins and P-gp after Lrp1 CNS endothelial loss. (A) Immunoblotting for occludin, and claudin 5 (B) cyclophilin A and (C) P-gp in isolated brain endothelial cells and their relative abundance compared with β-actin (loading control) of 2-month-old Lrp1lox/fox, Slco1c1-CreERT2 mice and Lrp1lox/fox littermate controls. Mean ± SEM, n = 3 isolates/group. Significance was determined by Student’s t test.
Fig. 2: Enhanced MMP activity after Lrp1 deletion increases permeability in cultured primary brain endothelial cells. (A) relative MMP activity, (B) transendothelial resistance and (C) $^{14}$C-inulin permeability of primary brain endothelial cells isolated from 2-month-old Lrp1$^{lox/lox}$; Slco1c1-CreER$^{T2}$ mice and Lrp1$^{lox/lox}$ littermate controls. Primary brain endothelial cells were cultivated on transwell inserts in the cellZcope device. Cell or supernatant were used for subsequent studies when confluent. Mean ± SEM. B and C are data from 3 independent isolates. Significance was determined by Student’s t test.

Fig. 3: Enhanced BBB permeability after Lrp1 CNS endothelial loss. (A) Immunoblotting and quantification for IgG in 3 µL cell- and blood-free CSF and (B) brain water content (calculated as [wet weight−dry weight] × 100/wet weight) in 20-month-old Lrp1$^{lox/lox}$; Slco1c1-CreER$^{T2}$ mice and Lrp1$^{lox/lox}$ littermate controls. Mean ± SEM, n = 4 (in A) and 7 (in B) mice/group. Significance was determined by Student’s t test.
Fig.4 Reduced brain body and brain weight upon brain endothelial Lrp deletion. (A) Brain (n=7+10 mice, left to right) and (B) body weight (n=8+11 mice, left to right) in 12-month-old Lrp1<sup>lox/lox</sup>; Sloc1c1-CreER<sup>T2</sup> mice and Lrp1<sup>lox/lox</sup> littermate controls. Mean ± SEM. Significance was determined by Student’s t test.

List of abbreviations

- adenosine triphosphate binding cassette (ABC)
- blood brain-barrier (BBB)
- cerebrospinal fluid (CSF)
- low-density protein receptor-related protein 1 (LRP1)
- matrix metalloproteinase (MMP)
- peroxisome proliferator-activated receptors (PPAR)
- p-glycoprotein (P-gp)

Declarations

Ethics approval and consent to participate
All animal studies were conducted in compliance with European and German guidelines for the care and use of laboratory animals and were approved by the Central Animal Facility of the University of Mainz and the ethical committee on animal care and use of Rhineland-Palatinate, Germany.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

Availability of data and materials

All data generated or analysed during this study are included in this published article.

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Authors’ contributions

SES designed the studies, conducted the experiments, and wrote the manuscript. CUP supervised the experimental design and entire work of the manuscript. Both authors read and approved the final manuscript.

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