In vivo ultrasound-switchable fluorescence imaging

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The conventional fluorescence imaging has limited spatial resolution in centimeter-deep tissue because of the tissue’s high scattering property. Ultrasound-switchable fluorescence (USF) imaging, a new imaging technique, was recently proposed to realize high-resolution fluorescence imaging in centimeter-deep tissue. However, in vivo USF imaging has not been achieved so far because of the lack of stable near-infrared contrast agents in a biological environment and the lack of data about their biodistributions. In this study, for the first time, we achieved in vivo USF imaging successfully in mice with high resolution. USF imaging in porcine heart tissue and mouse breast tumor via local injections were studied and demonstrated. In vivo and ex vivo USF imaging of the mouse spleen via intravenous injections was also successfully achieved. The results showed that the USF contrast agent adopted in this study was very stable in a biological environment, and it was mainly accumulated into the spleen of the mice. By comparing the results of CT imaging and the results of USF imaging, the accuracy of USF imaging was proved.

Biomedical optical imaging based on fluorescence has been intensively developed during the past decades and is playing important roles in many applications, such as fluorescence microscopy1,2, two-dimensional (2D) fluorescence planar imaging3,4, and three-dimensional (3D) fluorescence diffuse optical tomography5,6. Besides fluorescence microscopy, imaging based on fluorescence contrast in deep tissues (such as centimeters) attracts a lot of interests too because it has many unique advantages compared with other modalities, such as x-ray, ultrasound, magnetic resonance imaging (MRI), and positron-emission tomography (PET). For example, it can provide unique opportunities to simultaneously image multiple biological targets via multiple colors and therefore make it possible to investigate the interactions among these targets5,4. This may include examples such as monitoring migration of cancer cells or cell clusters into blood vessels in metastasis in deep tissues by differentiating the cells from the vessels via labeling them with different colored fluorophores. Also, it may be used to increase the imaging specificity to a biological target in deep tissues (such as cancer stem cells or cell clusters) by simultaneously identifying the multiple biomarkers of the target via multicolored fluorophores.

However, fluorescence imaging in deep tissues has been facing several dilemmas since its invention because of the tissue's high scattering property5. First, its spatial resolution significantly degrades with the increase of tissue thickness, such as from submicrons for microscopy in a tissue sample with a thickness of a few hundred microns to a few millimeters in a tissue with a thickness of a few centimeters. The low resolution will lead to unwanted spatial overlap of different fluorescence signals and difficulty differentiating them. Second, to achieve high spatial resolution in deep tissue, the sensitivity can be an issue since the detectable photons become limited due to the improvement of spatial resolution. Third, nonspecific photons, which may come from tissue autofluorescence, laser leakage, or stray light in the environment, are always noises and reduce the specificity and sensitivity of signal to its contrast agents in deep tissues.

To address these challenges, several technologies have been or are being investigated, such as ultrasound-modulated fluorescence10,11 or luminescence12, ultrasound-induced temperature-controlled fluorescence13–15 or luminescence16, and time-reversed ultrasonically encoded optical focusing17–21. These technologies have been shown to be able to achieve high acoustic resolution and retain fluorescence (or luminescence) contrast in deep scattering media.

During the past years, we have developed a new technology, ultrasound-switchable fluorescence (USF) imaging. What makes USF different from others is the unique contrast agent that can be switched on via ultrasound-induced thermal energy (or temperature rise) only in the ultrasound focal volume15,22–25. By scanning

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the ultrasound focus, a 3D USF image can be acquired with fluorescence contrast and ultrasound resolution. Unlike MRI, ultrasound, x-ray based computed tomography (CT) and photoacoustic imaging, USF signal has extremely high specificity to its contrast agent, which means the detected USF signal can only come from its contrast agent. This feature is similar to PET imaging in which the detected γ photons only come from the positrons emitted by the injected radioactive isotope. In addition, USF signal strength and dynamic pattern can be externally manipulated by controlling the ultrasound exposure, which makes the USF signal uniquely differentiated from the noise to achieve high signal-to-noise ratio (SNR) or sensitivity. Besides structural, functional and molecular imaging, USF can be seamlessly developed for high-intensity focused ultrasound (HIFU) treatment as a tool predicting pre-treatment, monitoring intro-treatment and evaluating post-treatment.

Although the results are promising from the technologies mentioned above, all of them are still in their early or concept development stage, and all the results are demonstrated in tissue-mimic phantoms (such as highly optical scattering intralipid solution or gels) or tissue samples (such as chicken breast tissue or porcine muscle tissues). Significant technical challenges hinder their use in real in vivo applications. To achieve those potential biomedical applications via fluorescence contrast, it is important to demonstrate the in vivo imaging feasibility and validate the accuracy. In this study, overcoming the technical barriers, we, for the first time, successfully demonstrate in vivo USF imaging in mice and validate the results by micro-CT imaging. The success of in vivo USF imaging is an important step to push this technology for future applications.

Results
Quantification of the effect of the HIFU driving voltage on the spatial resolution in a silicone tube-based tissue phantom. To quantify how the HIFU driving voltage affect the spatial resolution of the frequency-domain (FD)-USF system, we performed the USF imaging in a silicone tube-based tissue phantom. As shown in Fig. 1(a), a silicone tube (outer diameter: 0.64 mm; inner diameter: 0.31 mm) was inserted into a piece of porcine muscle tissue (thickness: ~10 mm) to simulate a blood vessel (depth: ~5 mm). Indocyanine green (ICG)-encapsulated poly(N-isopropylacrylamide) (PNIPAM) nanoparticles (ICG-NPs) with a lower critical solution temperature (LCST) of ~24–25 °C was used as the USF contrast agent (See Fig. S1 in Supplementary Information (SI) for details). A HIFU transducer was used to scan the silicone tube laterally (scan range: 6.604 mm; step size: 127 µm) and axially (scan range: 10.16 mm; step size: 635 µm) to get the tube’s one-dimensional (1D) lateral and axial USF profiles.

Figure 1(b) shows the 1D USF profiles of the tube in the Y direction (i.e., laterally) using two different HIFU driving voltages (red line and circular symbols: 80 mV; blue line and squares: 140 mV) from the function generator (i.e., peak-to-peak, Vpp; see the details about the system in Fig. S9 in SI). The normalized USF profiles are shown on the top left corner. The maximum USF signal value and the full width at half maximum (FWHM) of the lateral USF profile with 80-mV HIFU driving voltage is 267 mV and 1.08 mm, respectively. The corresponding values with 140-mV HIFU driving voltage is 626 mV and 1.39 mm, respectively. The higher driving voltage induces stronger USF signal strength because of the higher HIFU-induced temperature rise. Figure 1(c) shows that the FWHM of the lateral USF profile of the tube increases with the rising of the HIFU driving voltage (60, 80, 100, 120, 140, 160, and 180 mV and the estimated ultrasound power: 0.43, 0.77, 1.21, 1.74, 2.36, 3.09, 3.90 W). This is because a higher driving voltage can induce a larger thermal focal volume, switch on more contrast agents, and lead to a stronger USF signal and a larger FWHM (i.e., a lower spatial resolution of USF imaging).

Figure 1(d) shows the 1D USF profiles of the tube in the Z direction (i.e., axially). The maximum signal amplitude and the FWHM of the axial USF profile with 80-mV driving voltage are 207 mV and 3.31 mm, respectively. The corresponding values with 140-mV driving voltage are 661 mV and 5.37 mm, respectively. Figure 1(e) shows that the FWHM of the axial USF profile of the silicone tube increases with the rising of the HIFU driving voltage. The axial FWHM is much larger than the lateral FWHM because of the nonuniform HIFU focal zone shape.

Figure 1(f) shows the lateral USF profile of the tube with 180-mV driving voltage, and Fig. 1(g) is the corresponding normalized USF signals as a function of time at different positions of the tube. The shapes of the USF signals are different when the HIFU is scanning across the tube (i.e., along the Y direction). The USF signal at the edge of the tube decays more slowly than that at the center of the tube. Due to the thermal diffusion, the USF signal will have a longer duration time than in the focus. Three reference signals chosen for correlation in image processing are based on this observation (see more details in SI Fig. S5).

USF imaging of the contrast agent distribution in the porcine heart tissue via a local injection. As shown in Fig. 2(a), the USF contrast agent (37.5 µL) was mixed with the contrast agent of the CT (12.5 µL), and the mixed solution was locally injected into a piece of porcine heart tissue (thickness: ~10 mm) to form a single spot. As shown in Fig. 2(b), the scan area (XY plane) of USF imaging is represented by the red box shown on the 2D fluorescence image of the heart tissue sample (excitation light: 808 nm; emission detection: >830 nm). A volume of 9.144 (X) × 9.144 (Y) × 7.620 (Z) mm³ (step size in X&Y direction: 0.762 mm; step size in Z direction: 1.524 mm) was raster scanned by the HIFU transducer using 120-mV driving voltage. The 2D XY-plane USF images obtained at different depths (Z axis) are shown in Fig. 2(c1–c6). Figure 2(d1–d3,e1–e3) show the 3D CT images and the 3D USF images, respectively. The 3D images are shown in the form of top view (XY plane), right view (YZ plane), and front view (XZ plane). Figure 2(f1) shows the 3D co-registered result of the CT image and the USF image. For better evaluating the co-registered result, the 2D XY-plane cross-section images at different positions along the Z axis are shown in Fig. 2(g2–g5). The volumes or areas indicated by the blue color show the CT contrast agent distribution only, and those represented by green color indicate the USF contrast agent distribution only. The overlap parts between the two contrast agent distributions is represented by the red color.
In vivo USF imaging of the contrast agent distribution in a breast tumor on a mouse via a local injection. Figure 3(a) shows the 2D fluorescence planar image (Ex/Em:808/830 nm) of the locally injected contrast agents in a mouse's breast tumor, and a photograph of the mouse is shown on the top right corner. The red box overlaid on the fluorescence image shows the scan area (XY plane) of USF imaging. A volume of 7.112 (X) × 7.112 (Y) × 7.620 (Z) mm$^3$ (step size in X&Y direction: 0.508 mm; step size in Z direction: 2.540 mm) was raster scanned by the HIFU transducer using 250-mV driving voltage. Figure 3(b) shows the shell temperature of Figure 1.

(a) The sample configuration, including the porcine muscle tissue, the silicone tube, the excitation and detection fiber bundles, and the HIFU transducer. (b) The original and normalized 1D USF profiles of the tube in the Y direction (laterally) using two different HIFU driving voltages (red line and circular symbols: 80 mV; blue line and squares: 140 mV). (c) The lateral FWHMs at different driving voltages. (d) The original and normalized 1D USF profiles of the tube in the Z direction (axially) with two different driving voltages (red line and circular symbols: 80 mV; blue line and squares: 140 mV). (e) The axial FWHMs at different driving voltages. (f) The lateral USF profile of the tube using 180-mV HIFU driving voltage, and (g) the corresponding USF signals as a function of time at the position A (the red line), the position B (the green line) and the position C (the blue line).
Figure 2. (a) A photograph of the heart tissue sample. (b) The distribution of ICG-NPs in the heart tissue (Ex/Em = 808/830 nm). The red square represents the USF scan area (XY plane). (c1–c6) 2D XY-plane USF images obtained at different depths. (d1–d3) The three views (from the top, right and front side) of the 3D CT image. (e1–e3) The three views (from the top, right and front side) of the 3D USF image. (f1) The co-registered result of the CT image and the USF image, and (f2–f5) the 2D XY-plane cross-section images at different positions along the Z axis.
Figure 3. (a) A photograph of the mouse with a breast tumor (top-right) and the fluorescence image (Ex/Em = 808/830 nm) of the mixed contrast agents locally injected in the tumor. The USF scan area is indicated via a red square on the XY plane. (b) An image of the shell temperature of the mouse acquired via an infrared camera. (c1–c4) 2D XY-plane USF images obtained at different depths. (d1–d3) The three views (from the top, right and front side) of the 3D CT image. (e1–e3) The three views (from the top, right and front side) of the 3D USF image. (f1) The co-registered result of the CT image and the USF image, and (f2–f5) the 2D XY-plane cross-section images at different positions along the Z axis.
the mouse acquired using an infrared camera (see the details in Methods). Because the shell temperature of the mouse tumor is ~35 °C, the LCST of the USF contrast agent used for this in vivo experiment is ~35–36 °C rather than ~24–25 °C, which is suitable for phantom experiments at room temperature. The 2D XY-plane USF images obtained at different depths are shown in Fig. 3(c1–c4). Figure 3(d1–d3) show the three views (from the top, right and front side) of the reconstructed 3D CT image. Similarly, Fig. 3(e1–e3) show the three views (from the top, right and front side) of the 3D USF image. Figure 3(f1) shows the co-registered result of the 3D CT image and the 3D USF image, and Fig. 3(f2–f5) are the 2D XY-plane cross-section images at different positions along the Z axis.

In vivo USF imaging of the contrast agent distribution in a mouse’s spleen via an intravenous injection. Figure 4(a1–a3) show the fluorescence images (Ex/Em:808/830 nm) of the mouse body at 0, 3 and 9 hours after the intravenous (i.v.) injection of 150 µL mixed contrast agents via the tail vein. The ICG-NPs were found to be accumulated in the region of the mouse spleen and the fluorescence signal reached to a peak at ~3–4 hours after the i.v. injection (see the details of ICG-NPs metabolic process in SI). The red box on Fig. 4(a3) indicates the USF scan area on the XY plane. A volume of 9.144 (X) × 12.192 (Y) × 6.096 (Z) mm³ (step size in X&Y direction: 0.762 mm; step size in Z direction: 2.032 mm) was raster scanned by the HIFU transducer using 200-mV driving voltage. The 2D XY-plane USF images obtained at different depths are shown in Fig. 4(b1–b4). Figure 4(c1–c3) show the three views (from the top, right and front side) of the reconstructed 3D CT image. The white dashed lines represent the contours of these spleen CT images. Similarly, Fig. 4(d1–d3) show the three views (from the top, right and front side) of the 3D USF image. For direct comparison, the same white dashed lines as shown in Fig. 4(c1–c3) indicating the contours of the spleen CT images were also overlaid on these USF images. Figure 4(e1) shows the co-registered result of the CT image and the USF image, and Fig. 4(e2–e5) are the 2D XY-plane cross-section images at different positions along the Z axis.

Ex vivo USF imaging of the mouse’s spleen. To further validate the results of the in vivo USF imaging of the mouse spleen, ex vivo USF imaging of the mouse spleen was carried out. Figure 5(a) is a photograph of the major organs of the mouse dissected after the USF imaging. Figure 5(b) is the fluorescence image overlay on the black-and-white image of the organs. As shown in Fig. 5(b), the fluorescence image (Ex/Em:808/830 nm) of the organs confirmed that most of the ICG-NPs were accumulated into the spleen as it emitted the strongest fluorescence signal. Also, this figure indicates that the distribution of ICG-NPs in this spleen may not be uniform because the lower left part of the spleen on this image emits a stronger fluorescence signal than does the upper right part. The stomach, liver, and kidney emit relatively low fluorescence signals. The heart and intestine show no or very weak signals. Figure 5(c) shows the reconstructed CT image of the same organs. Similar to the fluorescence image, the spleen also shows the strongest CT signal, and the distribution of the CT contrast agent in the spleen is also not uniform. The liver and some parts of the large intestine show moderate CT signal, and the kidney, heart, stomach, and small intestine all show much weaker CT signals.

As shown in Fig. 6(a), to simulate the situation of the spleen inside the mouse body, the spleen was inserted into a piece of porcine heart tissue (thickness: ~1 cm) in which the spleen was close to the surface. Figure 6(b) shows the 2D fluorescence image of the tissue overlaid on a black-white background image. The scan area (XY plane) of USF imaging is represented as a red box. A volume of 13.716 (X) × 7.620 (Y) × 8.128 (Z) mm³ (step size in X&Y direction: 0.762 mm; step size in Z direction: 2.032 mm) was raster scanned by the HIFU transducer using 140-mV driving voltage. The 2D XY-plane USF images obtained at different depths are shown in Fig. 6(c1–c5). Figure 6(d1–d3) show the three views (from the top, right and front side) of the 3D CT image. The white dashed lines indicate the contours of the spleen CT images. Similarly, Fig. 6(e1) shows the three views (from the top, right and front side) of the 3D USF image. Figure 6(f1) shows the 3D co-registered result of the CT image and the USF image, and Fig. 6(f2–f5) are the 2D XY-plane cross-section images at different positions along the Z axis.

Discussion
HIFU driving voltage (Vpp). Figure 1 indicates that raising the HIFU driving voltage will increase the USF signal strength and therefore SNR (Fig. 1(b,d)) but decrease the spatial resolution (Fig. 1(c,e)). This is because the higher driving voltage leads to the higher ultrasound power, higher temperature rise, larger thermal focal volume, and therefore more switched-on contrast agents. The driving voltage also varies in different types of tissues due to their different ultrasound absorption coefficients. In this study, a total of five different types of tissues were used: (1) tube-embedded porcine muscle tissue, (2) porcine heart tissue, (3) breast tumor in a live mouse, (4) live mouse spleen, and (5) dead mouse spleen. For convenience, the driving voltages applied to these tissues are reorganized in Table S1 in SI. Generally, high driving voltage was adopted in live tissues, such as 200 mV in the live spleen and 250 mV in the live tumor; and relatively low driving voltages in dead tissues, such as 140 mV in the dead spleen, 120 mV in the porcine heart tissue, and as low as 60 mV in the tube-embedded porcine muscle tissue. The live tissues usually contain much more fluids, such as water and blood, while the dead tissues usually have much less. Water and blood usually have much smaller ultrasound absorption coefficients than the tissues mentioned above (water: 0.002; blood: 0.2; muscle: 1.1; breast: 0.75; fat: 0.48; liver: 0.5 db/MHz/cm)29. In addition, flowing blood may partially function as a cooling system. Accordingly, live tissues are more difficult to heat via HIFU than dead tissue. This fact can explain why we adopted 200 mV for the in vivo experiment is ~35–36 °C rather than ~24–25 °C, which is suitable for phantom experiments at room temperature. The 2D XY-plane USF images obtained at different depths are shown in Fig. 1(b,d). Generally, high driving voltage was adopted in live tissues, such as 200 mV in the live spleen and 250 mV in the live tumor; and relatively low driving voltages in dead tissues, such as 140 mV in the dead spleen, 120 mV in the porcine heart tissue, and as low as 60 mV in the tube-embedded porcine muscle tissue. The live tissues usually contain much more fluids, such as water and blood, while the dead tissues usually have much less. Water and blood usually have much smaller ultrasound absorption coefficients than the tissues mentioned above (water: 0.002; blood: 0.2; muscle: 1.1; breast: 0.75; fat: 0.48; liver: 0.5 db/MHz/cm)29. In addition, flowing blood may partially function as a cooling system. Accordingly, live tissues are more difficult to heat via HIFU than dead tissue. This fact can explain why we adopted 200 mV for the in vivo experiment is ~35–36 °C rather than ~24–25 °C, which is suitable for phantom experiments at room temperature.
Figure 4. (a1–a3) 2D planar fluorescence images of the mouse at different times after i.v. injection of the mixed contrast agents (Ex/Em = 808/830 nm). The red box on the Figure (a3) indicates the USF scan area on the XY plane. (b1–b4) 2D XY-plane USF images obtained at different depths. (c1–c3) The three views (from the top, right and front side) of the 3D CT image. (d1–d3) The three views (from the top, right and front side) of the 3D USF image. (e1) The co-registered result of the CT image and the USF image, and (e2–e5) the 2D XY-plane cross-section images at different positions along the Z axis.
dilution due to either the local or i.v. injection. In the tube-based phantom, the stock solution of the USF contrast agent was injected into the tube so no dilution is applied. For local injection, the contrast agent concentration is usually diluted due to natural diffusion of agents in tissue, whereas for i.v. injection, the dilution is due to the relatively large blood or body volume. In addition, to avoid HIFU-induced tissue damage, the temperature increases in real tissue are limited to only a few Celsius degrees under the driving voltages used in this study (SI, Fig. S4).

**Lateral vs. axial resolution.** The lateral resolution of the USF imaging system is ~3.3-4.5 times better than the axial resolution because of the inherent nonuniform shape of the ultrasound focus (Fig. 1(c) vs. 1(e)). As shown in all the 3D co-registered images, the sizes of the USF images are larger than CT images along the Z direction, which is the transmission direction of the ultrasound (i.e., the axial direction of the HIFU transducer). However, the USF images match well with the CT images on the XY plane (the plane orthogonal to the ultrasound transmission direction) as shown in the cross-section images of the XY plane (i.e., the lateral direction of the HIFU transducer).

**Biodistribution.** The biodistribution data indicates that the USF contrast agents are mainly distributed in the spleen and liver. This is because the median hydrodynamic diameter of the nanoparticles is ~335 nm, and the large-sized nanoparticles are more likely to be accumulated in the spleen and liver due to the uptake of macrophages. The two kidneys also show some fluorescence signal, which may be due to the existence of either very small nanoparticles or the residue of free ICG molecules. Currently, it is unclear why the stomach also shows certain fluorescence signal. Similar to the USF contrast agent, the CT contrast agent (ExiTron nano 12000) was mainly found in the spleen and liver. The mean hydrodynamic diameter of the CT contrast agent is ~110 nm, and it mainly accumulates in the liver and spleen due to uptake by macrophages of the liver. The similar biodistribution in the spleen of both contrast agents makes it possible to image this organ via both modalities for comparison.

**Why select spleen for in vivo USF imaging.** In this study, we selected the spleen as the target organ because (1) it can accumulate enough contrast agents of both modalities, has a relatively small volume (therefore a relatively high contrast agent concentration), and is close to the skin, which are all helpful to achieve a high SNR. And (2) it has a unique shape and location, which make it easy to be roughly identified and located with a 2D camera. To achieve this goal, we controlled the nanoparticles size relatively large (~335 nm) because large-sized nanoparticles have a better chance of accumulating in the spleen.

**The key factor to successfully achieve in vivo USF imaging—Stability of USF contrast agents in biological environments.** This is the first time that USF has been demonstrated to successfully image living biological tissues via both local and i.v. injections. It is important to point out that the success of in vivo imaging is highly dependent upon the stability of contrast agents in biological environments. The adopted USF contrast agent in this study is ICG-encapsulated PNIPAM-based nanoparticles. The shelf life of the stock solution can be as long as a year or longer without loss of the switching performance. More importantly, the USF contrast agent adopted in this study shows high stability in biological environments. As described in Methods, the in vivo USF imaging of the spleen was conducted between 4 and 9 hours after the i.v. injection, and the ex vivo USF imaging was conducted 1 day after the i.v. injection. These data clearly indicated that the switching property

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**Figure 5.** Bio-distribution of ICG-NPs (USF contrast agent) and ExiTron nano 12000 (CT contrast agent) in mice. (a) A photograph of the major organs dissected after USF imaging. (b) A 2D planar fluorescence image (Ex/Em = 808/830 nm) of the organs. (c) A reconstructed CT image of the organs.
Figure 6. (a) A photograph of the porcine heart tissue in which the spleen is embedded. (b) The fluorescence image (Ex/Em = 808/830 nm) of the tissue and the USF scan area indicated as a red box on the horizontal XY plane. (c1–c5) 2D XY-plane USF images obtained at different depths. (d1–d3) The three views (from the top, right and front side) of the 3D CT image. (e1–e3) The three views (from the top, right and front side) of the 3D USF image. (f1) The co-registered result of the CT image and the USF image, and (f2–f5) the 2D XY-plane cross-section images at different positions along the Z axis.
of the contrast agents was well maintained no matter whether in living or dead tissue. In addition, we believe that the temperature-switching threshold of the adopted contrast agent was maintained the same in both living and dead spleen as the value measured in vitro (such as in a cuvette). This conclusion is drawn based on the following two facts: (1) to be able to observe a similar USF signal in the dead tissue to that in living tissue, the background temperature of the dead tissue needs to be raised up to around 37 °C (similar to the living mouse body temperature) via a water bath; (2) without heating the dead tissue, almost no USF signal can be observed from the dead tissue (SI, Fig. S8).

**Switching on-to-off ratio of the USF contrast agent.** Currently the on-to-off ratio of the adopted ICG-NPs is ~5, which is enough for in vivo USF imaging in this study and may be further improved in future by optimizing the synthesis protocols. Using a contrast agent with a higher on-to-off ratio may improve the SNR and therefore possibly reduce the required driving voltage or ultrasound power.

**The factors affecting the image quality of in vivo USF imaging of the mouse spleen.** The contrast agent distribution appears discrete in the XY plane and stretched along the Z axis. The factors causing this issue are as follows. First, the SNR of the in vivo USF imaging was not as high as that in phantoms. This is because the contrast agent is highly diluted by the blood, and there are some motion artifacts caused by the mouse breathing. Second, the ultrasound might be blocked by other organs and ribs during the propagation towards spleen. Third, the axial resolution is worse than the lateral resolution, which causes that some USF signals are shown in the bottom layers below the spleen.

**Current technical limitations and future directions.** The non-uniform spatial resolutions have been partially addressed in our recent work by using two 90°-crossed confocal HIFU transducers. Further development and implementation need to be conducted in future. Another technical limitation of current USF imaging systems is the speed. Because it’s a point-by-point scanning imaging technology and adopts the HIFU-induced temperature to switch on fluorescence, it usually takes a few hours to finish a 3D image acquisition. Currently, we are developing and testing several strategies to increase the imaging speed, such as via camera-based fast scanning techniques, and we expect the imaging speed to increase significantly if successful. It is highly desirable to develop new USF contrast agents that have better switching performance (such as high on-to-off ratio, narrow-switching bandwidth, in near-infrared region, etc.), are feasible for molecular targeting and multicolor imaging, and are biocompatible and biodegradable. Currently, because of the use of the large sized and non-targeting nanoparticles, the accumulation of ICG-NPs in the mouse tumor after intravenous injection via the conventional enhanced permeability and retention effect is weak and not enough for USF imaging. Using smaller sized and/or functionalized nanoparticles may increase the accumulation of nanoparticles in a tumor. With the success of addressing these technical challenges and approvals of various regulations in the future, we expect that USF imaging technique will be a promising, unique, and powerful technology for preclinical and clinical applications to complement the existing imaging technologies.

**Conclusion**

For the first time, we successfully achieved the goal of in vivo USF imaging via both local and intravenous injections in mice. The USF contrast agent adopted in this study, ICG-encapsulated PNIPAM nanoparticles, was proved to be stable in biological environments (such as in breast tumor and spleen). Biodistribution studies showed that the contrast agent was mainly accumulated in the spleen of mice. It provided a good opportunity to conduct in vivo USF imaging. All the USF images were compared with CT images. The results showed that USF achieved similar accuracy to CT on the lateral plane (i.e., the horizontal XY plane orthogonal to the direction of the ultrasound wave propagation), and lower accuracy than CT in the axial direction (i.e., the direction of the ultrasound wave propagation). In addition, USF maintained high sensitivity and specificity to its contrast agents in deep tissues because the signals could be generated only from the contrast agents, and therefore USF was insensitive to non-specific background photons (or noises). With the success of in vivo USF imaging, we believe that many potential biomedical applications can be explored in future.

**Methods**

**USF imaging system.** The USF imaging system was similar to the one described in our previous study (SI, Fig. S9). Briefly, the excitation light (808 nm) was modulated by a function generator (FG) at 1 kHz and passed through a band-pass filter (785/62) to illuminate the sample. The emitted fluorescence signal from the sample was filtered by two long-pass interference filters (830 LP) and two absorptive filters (RG 830) and was received by a photomultiplier tube so that the light was converted into an electrical signal. The 1 kHz electrical signal was further amplified by a preamplifier and sent to a lock-in amplifier (LIA), which received the reference signal from the FG. The time constant of the LIA played a role as a low-pass filter and was set to 300 ms in all experiments. A HIFU (with a center frequency of 2.5 MHz) was used to heat the sample and switched on the contrast agent in the focus. Another FG was used to generate the HIFU driving signal, and the peak-to-peak voltage of this signal is the driving voltage (Vpp) discussed in the main text. This signal was further amplified by a 50-dB power amplifier and sent to a matching network and then the HIFU transducer. At the same time, the same FG sent a trigger to the data acquisition card to sample the output signals from the preamplifier and the LIA. A motorized translation stage was used to realize sample scanning. The water temperature was controlled by a temperature controller (with a heater and a temperature sensor) and kept uniform by a magnetic stirrer (with a long magnetic bar). See Supplementary Information for more details.

**Fluorescence imaging system.** The excitation light (808 nm) from a laser (MGL-II-808-2W, Dragon lasers, Jilin, China) driven by a FG (33220 A, Agilent, California, United States) passed through an excitation filter (FF01-785/62-25, Semrock Inc., New York, United States) to illuminate the sample. The emitted...
fluorescence signal from the sample was filtered by a set of emission filters (four long-pass filters (two BLP01-830R-50 and two BLP01-830R-25, Semrock Inc., New York, United States) and an absorptive filter (FSRRG830, Newport Corporation, California, United States)), passed through a camera lens (35 mm fixed-focal-length lens, Edmund Optics Inc., New Jersey, United States) and was received by an electron-multiplying CCD camera (ProEM® HS:1024BX3, Princeton Instruments, New Jersey, United States).

Sample configuration protocol of the silicone tube-embedded porcine muscle tissue phantom and the heart tissue. The silicone tube-embedded porcine muscle tissue phantom was made by inserting a silicone tube (ST 60-011-01, Helix Medical, California, United States) into a piece of porcine muscle tissue (thickness: ~10 mm) at the half hight of the tissue. To prepare the heart tissue sample, a commercial CT contrast agent (ExiTron™ nano 12000, Millenyi Biotec Inc., California, United States) was mixed with the USF contrast agent (ICG-NPs with an LCST of ~24–25°C) with a ratio of 1:3 first. The 50 µL mixed contrast agents was then locally injected into the sample (thickness: ~10 mm) to constitute a single spot. The tissue (heart tissue or porcine muscle tissue) was put on the transparent paraffilm (PM-992, BEMIS Company Inc., Wisconsin, United States), which sealed the rectangular window opened on a small plastic tank. In order to maintain the ultrasound coupling, the gap between the bottom side of the tissue and the paraffilm was filled with ultrasound transmission gel (Aquasonic 100, Parker Laboratories Inc., New Jersey, United States). The tissue’s surface was also covered with the ultrasound transmission gel and the transparent paraffilm to keep it from drying during the experiment (SI, Fig. S10).

In vivo USF imaging in mouse tumor. The mouse (female, 55 weeks) of strain FVB/N-Tg (MMTVneu) 202Mu/J purchased from Jackson Lab (Maine, United States) was used for this experiment. The mouse was initially anesthetized with a concentration of 2.5% isoflurane (ISOSOL isoflurane, Miller Veterinary Supply, Texas, United States) at a flow rate of 1 liter/min for animal preparation. The hair on the tumor surface was removed. A temperature image of the whole mouse body was taken by an infrared camera (FLIR A300, FLIR Systems, Oregon, United States). Afterwards, the 120 µL mixed contrast agents (30 µL ExiTron nano 12000 and 90 µL ICG-NPs with an LCST of ~35–36°C) was locally injected into the mouse’s breast tumor. The mouse then underwent USF imaging via the FD-USF imaging system. The mouse tumor was placed on the paraffilm, which was covered by ultrasound gel (SI, Fig. S11(b)). To realize long time anesthesia of the mouse, the concentration and the flow rate were reduced to 1.8% and 0.8 liters/min during USF imaging, respectively. To maintain the mouse body temperature, the water temperature in the large tank was kept at 38°C. To determine the scan area, the rough location of the contrast agent was scanned by the USF system quickly without ultrasound exposure. The scan area was selected based on the fluorescence distribution. After USF imaging was completed, the mouse was sacrificed. A 2D planar fluorescence image (excitation/emission: 808/830 nm) was immediately acquired after the mouse’s death because the body posture had not been changed at that time. The dead mouse was then carried out CT imaging via a commercial in vivo high-speed X-ray micro-CT (SKYSCAN 1178, Bruker, Belgium).

In vivo and ex vivo USF imaging of mouse spleen. A BALB/c mouse (female, 7 weeks, 16 g) purchased from Jackson Laboratory (Maine, United States) was used for this experiment. The mouse was anesthetized with 2.5% isoflurane at a flow rate of 1 liter/min initially, and the hair on the whole body surface was removed. ICG-NPs with an LCST of ~35–36°C and ExiTron nano 12000 were mixed together with a volume ratio of 2:1. The mouse was injected with 150 µL mixed contrast agents via the tail vein, which corresponded to a 153.75 mg/kg dose of ICG-NPs. The size and concentration of the ICG-NPs in its stock solution are 334.8 nm and 24.60 mg/mL, respectively (see SI for details). The 2D planar fluorescence images (excitation/emission: 808/830 nm) of the whole mouse body were taken at 0 and 3 h after the injection. Afterwards, the mouse was placed on the transparent paraffilm covered by ultrasound gel with the left side of the body upward for USF imaging (SI, Fig. S11(c)). The USF imaging was started at 4 h after the i.v. injection since it took about one hour to prepare the experiment. After the USF imaging and sacrifice of the animal, another 2D planar fluorescence image of the dead mouse was taken at about 9 h after the i.v. injection. The dead mouse was then scanned by the micro-CT system. After CT imaging, the main organs (heart, liver, spleen, kidney, stomach, small intestine, and large intestine) were dissected and put on a paraffilm. These ex vivo organs were immediately imaged using the fluorescence imaging system and the CT imaging system. The spleen was then inserted into a piece of porcine heart tissue (thickness: ~10 mm) for ex vivo USF imaging. The spleen was placed near the top of the heart tissue to simulate the situation when the spleen was in the mouse body. The 2D planar fluorescence imaging, USF imaging, and CT imaging of the heart tissue with spleen inside were carried out in sequence. To realize ex vivo USF imaging, the water temperature was kept at 37°C.

Image processing and co-registration. Briefly, a raw USF signal was recorded at each position on the scan plane as a function of time. By fitting the raw USF signal and finding the maximum value in the time window of 2 to 5 s at each location, the USF signal strength at each location was extracted. Similar to fluorescence confocal or 2-photon microscopy, USF adopted a point-by-point scanning method. Therefore, the USF signal strength was directly correlated to the distribution of the contrast agent, although it was not exactly equal. Consequently, in this study the spatial distribution of the USF signal strengths was used to represent the contrast agent distribution. Stricter methods can be seen in the section of USF image processing in SI. The noise and artifacts were removed by correlating the fitted USF signal with three typical reference signals. In each experiment, all USF data were evaluated, and three typical USF curves were selected. Then, the selected three data were fitted, and the resultants were used as the reference signals for correlation (see Fig. S5(b)). The quality of the USF image was further optimized by image segmentation via the 2D Otsu method34. The CT image was reconstructed and processed via NRecon and CTAn (Bruker, Kontich, Belgium). The USF scan region was extracted from the reconstructed CT image by comparing the 2D planar fluorescence image with the X-ray projection image of the phantom or
the mouse. The results of CT imaging and USF imaging were co-registered in DataView (Bruker, Kontich, Belgium). Because the rough locations of the contrast distribution shown in both imaging modalities were very close to each other, the co-registration was achieved by slightly adjusting the angle and location of the objects. The 3D visualization of the images was achieved via ParaView (Los Alamos National Laboratory, Sandia National Laboratory, Kitware Inc). The details of the USF image processing are shown in the section on USF image processing in SI.

Ethics approval. All animal studies were approved by the University of Texas at Arlington’s Institutional Animal Care and Use Committee and performed in accordance with their guidance and regulations.

Data Availability. The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

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Author Contributions
B.Y. was the principal investigator and conceived the idea. T.Y. and B.Y. developed the idea and designed the experiments. T.Y. was the main operator of the experiments. T.Y. and S.Y. conducted the *in vivo* USF imaging of mouse spleen. S. Y. and Y. L. synthesized and characterized the contrast agents supervised by B.Y., T.Y. and B.Y. explained the data and prepared the manuscript. All authors reviewed the manuscript.

Additional Information
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