Enhancing the Conductivity of Cell-Laden Alginate Microfibers
With Aqueous Graphene for Neural Applications

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Abstract
Microfluidically manufacturing graphene-alginate microfibers create possibilities for encapsulating rat neural cells within conductive 3D tissue scaffolding to enable the creation of real-time 3D sensing arrays with high physiological relavancy. Cells are encapsulated using the biopolymer alginate, which is combined with graphene to create a cell-containing hydrogel with increased electrical conductivity. Resulting novel alginate-graphene microfibers showed a 2.5-fold increase over pure alginate microfibers, but did not show significant differences in size and porosity. Cells encapsulated within the microfibers survive for up to 8 days, and maintain ~20% live cells over that duration. The biocompatible aqueous graphene suspension used in this investigation was obtained via liquid phase exfoliation of pristine graphite, to create a graphene-alginate pre-hydrogel solution.

Keywords
alginate microfibers, graphene, conductivity, cell encapsulation, 3D cell coculture, microfluidics, neural cells

Disciplines
Biomechanical Engineering | Polymer and Organic Materials | Polymer Science

Comments
This article is published as McNamara, Marilyn C., Niaraki Asli, Amir Ehsan, Jingshuai Guo, Jasmin Okuzono, Reza Montazami, and Nicole N. Hashemi. "Enhancing the Conductivity of Cell-Laden Alginate Microfibers with Aqueous Graphene for Neural Applications." Frontiers in Materials 7 (2020): 61. DOI: 10.3389/fmats.2020.00061. Posted with permission.

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Enhancing the Conductivity of Cell-Laden Alginate Microfibers With Aqueous Graphene for Neural Applications

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The biocompatible aqueous graphene suspension used in this investigation was obtained via liquid phase exfoliation of pristine graphite, to create a graphene-alginate pre-hydrogel solution.

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INTRODUCTION

Hydrogel microfibers have many applications in tissue engineering and regenerative medicine, where they are favored for their physical and chemical properties, as well as their reproducible and cell-safe fabrication methods (Bai et al., 2014). A variety of biocompatible polymers are utilized for this method of microfiber creation; among them, alginate is favored within biomedical applications for its good biocompatibility, biodegradability, and low toxicity, as well as its capacity for gelation within mild conditions (Meng et al., 2016; McNamara et al., 2017, 2019b). These factors have garnered interest for alginate for cell encapsulation (Kim et al., 2007; Leong et al., 2016), which requires cells to be present during the gelation of the microfibers, thereby eliminating the possibility of cell loss but requiring cell-safe gelation conditions (Kim et al., 2007).

Hydrogel scaffolds create physiologically relevant platforms for studying cell behavior, and modifications such as increased conductivity may allow for the elucidation of electrical cell-to-cell communication mechanisms within neuronal cell cultures. Existing research created hydrogels with enhanced conductivity to deliver electrical stimulation to cells to study or control cell response, viability, and regeneration potentials (Mohanty et al., 2013; Sirivisoot et al., 2014; Mawad et al., 2016; Inal et al., 2017; Wang et al., 2017; Niemczyk et al., 2018; Osipova et al., 2018; Zhang et al., 2018). However, conductive biocompatible hydrogels remain underutilized as 3D electro-sensing cell culture scaffolding (Acar et al., 2014). Encapsulating cells within the conductive hydrogel furthermore restricts the spatial location of the cells, better enabling long-term studies.
While there are a range of ways to enhance the conductivity of materials, only some are suitable for biomedical applications. Since its discovery in 2004, graphene, a one-atom-thick, two-dimensional honey-combed arrangement of \(sp^2\) hybridized carbons, has drawn considerable attention in nanoscience. It has become known as a functional material in electrophysiology applications due to its biocompatibility, high conductivity, and mechanical properties, which are preferable to other compounds such as reduced graphene oxide (Feng and Liu, 2011; Thayumanavan et al., 2014; Ahadian et al., 2015; Reina et al., 2017). However, challenges arise when non-toxic aqueous suspensions of graphene are required, as is the case when both cells and graphene are encapsulated within a hydrogel. In order to fabricate a non-toxic aqueous suspension of graphene, both the chemical and mechanical manipulation of graphite is necessary.

Chemically, graphite exfoliation is assisted by the inclusion of suitable surfactants, which reduce interfacial tensions to aid in suspension (Ghanem and Abdel Rehim, 2018).

Surfactants typically used to aid in this are typically highly toxic (Ahadian et al., 2015). However, a water-soluble protein called bovine serum albumin (BSA) has recently shown promise in aiding with graphene dispersion due to its ability to make non-covalent bonds with both positively and negatively charged particles (Ahadian et al., 2015; Gianak et al., 2018). BSA alters the intrinsic properties of graphene nanosheets only minimally, as it bonds with graphene non-covalently, thereby enabling the creation of a highly stable, non-aggregating aqueous graphene solution that may be stored in ambient conditions over extended periods (Ahadian et al., 2015).

Common mechanical techniques for graphene dispersion involve using sonication, but this method requires additional materials and electrochemical procedures to maintain a stable aqueous graphene solution, which affects the biocompatibility of the resulting graphene solution (Ahadian et al., 2015). Graphene oxide may be reduced either thermally or chemically; however, the desired characteristics of the synthesized graphene may not be easily maintained, and requires extensive use of cytotoxic chemicals and procedures (Ahadian et al., 2015). Another direct route for non-cytotoxic dispersions of graphene is the liquid phase exfoliation and fragmentation of graphite through sonication and magnetic stirring in BSA, or through mechanically induced shear force, such as can be applied from a kitchen blender (Ahadian et al., 2015; Pattammattel and Kumar, 2015; Ismail et al., 2017). Raman spectra of graphene produced previous work has shown that these methods are capable of creating few-layer graphene, with an \((I_p/I_G)_{\text{Graphene}} = 0.11\) (Guo et al., 2019).

Previously, conductivities of hydrogels were modified by the addition of synthetic polymers such as polypyrrole or poly(3,4-ethylenedioxythiophene) polystyrene sulfonate (PEDOT:PSS) (Bu et al., 2018; Heo et al., 2019). Other works have shown that the addition of graphene, graphene oxide, or reduced graphene oxide can also improve the electrical properties of resulting hydrogels (Thayumanavan et al., 2014; Liu et al., 2016, 2017; Osipova et al., 2018; Niaraki-Asli et al., 2019). However, due to the aforementioned difficulties in creating cell-safe solutions of graphene, this highly conductive and promising material has been underrepresented in the creation of cell-encapsulating hydrogels, particularly in microfiber form, where graphene oxide has been more commonly utilized (Gonzalez-Mayorga et al., 2017; Serrano et al., 2018). Microfibers were selected due to their ability to mimic spatially organized 3D environments with controllable cell density for extended periods of time (Ono and Takeuchi, 2015), while a microfluidic platform was chosen for its gentle polymerization conditions and tunable control over the spatio-temporal locations of the cells (McNamara et al., 2017).

To create microfibers, a microfluidic device was used to aid and control in the gelling of alginate. Microfluidics has become a key platform for multiple biological studies due to their ability to mimic physiological conditions and their high throughput mechanisms (Seki et al., 2013; Caplin et al., 2015; Hashemi et al., 2016; Pemathilaka et al., 2019). For fiber fabrication, microfluidics allows for the continuous creation of fibers with highly tunable geometries and mechanical properties (McNamara et al., 2017, 2019b). The described microfluidic method allows precise control over the diameter and cross-sectional shape of the microfiber through the ability to vary microchannel device size and geometry, as well as the flow rate ratio (FRR) between the core and sheath fluids (Shin et al., 2007; Sharifi et al., 2016a,b,c McNamara et al., 2017). Different FRRs impact the characteristics of the fibers, affecting their size, shape, and mechanical properties (Kang et al., 2012; Anderson et al., 2015; Bozza, 2015). Similarly, since alginate is gelled by contact with calcium ions, introducing calcium chloride dihydrate (CaCl\(_2\)-H\(_2\)O) into the sheath fluid allows for solidification within the microfluidic device and further control over the mechanical properties of the fibers. By optimizing the concentration of CaCl\(_2\)-H\(_2\)O, it is possible to solidify fibers enough to be gathered within a pure water collection bath; however, fibers are gathered in a CaCl\(_2\)-H\(_2\)O solution to further increase their strength (McNamara et al., 2019a,b).

Creating a physiologically relevant platform allows for real-time 3D conductivity measurements, thereby allowing for rapid detection of cellular responses to chemical or mechanical inputs. This study aims to provide preliminary proof on the applicability of creating few-layer graphene, with an \((I_p/I_G)_{\text{Graphene}} = 0.11\) (Guo et al., 2019).

**MATERIALS AND METHODS**

**Preparation of Graphene Solution**

For this work, 20 g of graphite (Synthetic graphite powder <20 μm, Aldrich Chemistry, St. Louis, MO) and 650 mg of BSA (A7906, Sigma-Aldrich, St. Louis, MO), were mixed in a kitchen blender with 200 mL of DI water for 25 min. The graphene solution was allowed to rest for ~24 h to allow for remaining graphite to settle out of the solution. The supernatant was used as the graphene solution.
Preparation of Solutions and Frames

To prepare the core solutions, 0.1 g of alginate powder (very low viscosity, Product Number A18565 Alfa Aesar, Ward Hill, MA) and a magnetic stirrer were soaked overnight in ethanol under UV light from a biological fume hood. Once dry, 1.8 mL of WFI-Quality Cell Culture grade water (Corning, Corning, NY) and 1.8 mL of freshly mixed UV-sterilized graphene solution were introduce. The resulting solutions were mixed with 0.2 mL of cell suspension (1.1725 × 10^7 cells mL^-1) to form a 5% alginate solution. Various other concentrations of alginate were tried, but a 5% alginate solution was viscous enough to resist shear force within the microfluidic channel, thereby producing smoother fibers.

The shear solution was created by dissolving 20% poly(ethylene glycol) (PEG) (M_n = 20,000, Aldrich Chemistry, St. Louis, MO) and 0.04% CaCl_2·2H_2O (Fisher Chemical, Waltham, MA) into DI water. The collection bath was 7.5% PEG, 2.5% CaCl_2·2H_2O. Both solutions were sterilized using a 0.22 μm sterile syringe filter.

Cell-laden fibers were introduced into the collection bath, where they sank before they were removed with tweezers and were wrapped around polydimethylsiloxane (PDMS) frames. Frames were fabricated by introducing 0.5 g of mixed PDMS into 12-well plates and thermostsetting them at room temperature for 1 day. Once solidified, two sides of the circle were removed and the center was removed with a hole punch.

Fabrication of Microfluidic Devices

The microfluidic devices used in this study are fabricated by thermostsetting polydimethyl sulfoxide (PDMS) onto photolithographic molds on silicon wafers. The design of the molds has been discussed previously (Sharifi et al., 2016a,b,c; McNamara et al., 2019b; Sharifi et al., 2019). Briefly, the channel had dimensions of 130 μm × 390 μm. Four diagonal grooves on the top and bottom of the channel allow for further shaping of the core fluid; these groves are 200 μm apart and have dimensions of 130 μm × 100 μm. The main chamber of this device was 1 mm longer than previously used to ensure sufficient time within the microfluidic device for gelation of the core solution (Sharifi et al., 2016c).

To create the device, PDMS (Dow Corning, Midland, MI) was mixed in a 1:10 ratio of elastomer curing agent to elastomer base. Mixed PDMS was solidified on the molds at 80°C for 25 min. The two halves were bonded using plasma cleaning.

Cell Culture

Rat dopaminergic neural cells (N27s) were received as a generous gift from the Department of Biomedical Sciences at Iowa State University. Cells were cultured in maintenance media (MM) containing RPMI Medium 1640 (1X) (Gibco Life Technologies Limited, Paisley, UK), which was supplemented with 10% fetal bovine serum (FBS) (One Shot format, ThermoFisher Scientific, Waltham, MA), 1% penicillin (10,000 U mL^-1)-streptomycin (10,000 μg mL^-1) (Gibco, Waltham, MA), and 1% L-glutamine 200 mM (100X) (Gibco Life Technologies Corporation, Grand Island, NY).

Cells were cultured in T-25 flasks and were passaged at 70% confluency and were maintained in a 37°C, 5% CO_2 atmosphere. Cells were passaged three times before use. For encapsulation, cells were trypsinized and 0.2 mL of cell suspension (1.1725 × 10^7 cells mL^-1) was added to the alginate and graphene-alginate solutions.

Fabrication of Alginate-Graphene Microfibers

Before use, microfluidic devices were flushed with 70% ethanol and were placed under UV light for a minimum of 5 h. Sterilized solutions were placed into pre-sterilized BD syringes under a biological fume hood. The solutions were introduced into the microchannel via a double syringe pump (Cole-Parmer, Veron Hills, IL) with a FRR of 40:10 μL min^-1:μL min^-1 (sheath:core), which was optimized to provide sufficient time within the microfluidic device for gelation of the core solution without causing clogging. The microfluidic schematic can be seen in Figure 1.

Porosities of Microfibers

To study the porosities of the microfibers, a minimum of n = 3 fibers were fabricated directly onto u-shaped copper wire frames. Fibers were allowed to dry overnight, and then were weighed. Afterwards, fibers were soaked in DI water overnight, and their wet weights were measured after excess liquid was removed by blotting the surface of the fibers with a Kimtech wipe. The wet volume was approximated using the diameter on as measured by a Zeiss Axio Observer Z1 Inverted Microscope. The porosities were then calculated using the Equation (1), where M_w and M_d are the wet and dry weights of the fibers, V is the volume of the wet fiber, and ρ is the density of the liquid:

\[
\text{Porosity} = \frac{M_w - M_d}{\rho V}
\]  

Electrical Characterization

Cell-free fibers were fabricated in a non-sterile environment and were mounted on paper frames to dry. Once dry, an average of three fibers were mounted on plastic using electrically conductive carbon tape to allow for an electronic connection between an electrode and the fibers. Colloidal silver paste was placed over fiber to ensure ohmic contact. Since dry fibers are straight, the resistance of the fibers was measured using a Sinometer MS8269 Digital Multimeter (ShenZhen, China), and the conductivity was calculated with Equation (2), where Ω is the conductivity, L is the length of the fiber, R is the resistance of the fiber, and A is the cross-sectional area of the fiber. Fibers were modeled as cylinders, with radii calculated from the wide and narrow size of dry fibers (Lu, 2016).

\[
\Omega = \frac{L}{RA}
\]  

Live-Dead Cell Assays

To perform the live-dead cell assays, a 10 μM CellTracker™ CMFDA and 8 μM propidium iodide (PI) (Invitrogen, Carlsbad,
CA) was used as dye solution. On the desired time point, MM was carefully removed from the 12 well plate, and the wells were rinsed with FBS-free RPMI media (500 µL). After, dye media (500 µL) was introduced and was incubated for 20 min at 37°C and 5% CO₂. Once incubation was complete, dye media was removed and fibers were suspended into FBS-free RPMI media (500 µL) to keep samples wet during imaging.

### Imaging

Fluorescent images were captured using a Zeiss Axio Observer Z1 Inverted Microscope. Initial processing was carried out with AxioVision Special Edition 64-bit software, but further editing was completed in Adobe Photoshop CC 2018.

SEM images were generated by drying samples overnight and mounting them using electrically conductive carbon and copper tape. Samples were analyzed using a JCM-6000 NeoScope Benchtop SEM with an accelerating voltage of 15 kV.

### Statistical Analysis

Statistical analysis was carried out with R Project Statistical Software to conduct an Analysis of Variance (ANOVA) to compare the means across samples.

### RESULTS AND DISCUSSION

#### Fabrication of Alginate and Graphene-Alginate Microfibers

Both 5% alginate and 9% graphene, 5% alginate microfibers were successfully fabricated utilizing a sheath solution of 0.04% CaCl₂·2H₂O, 20% PEG. Samples were gathered in a collection bath of 7.5% PEG, 2.5% CaCl₂·2H₂O. Since samples are oval in shape, the analysis was carried out on both a long (wide) and short (narrow) axis (Figure 2). Cross-sectional and longitudinal images of both alginate (a₁-a₂) and graphene-alginate (c₁-c₂) can also be observed in Figure 2. After SEM analysis, it was determined that there was no significant difference between the sizes of the alginate and graphene-alginate samples, as is evidenced by Figure 2b. This is to be expected, since graphene flakes generated by the kitchen blender method small enough in size that they do not drastically change the behavior of the alginate as it passes through the microfluidic device. Previous works have shown that the sizes of microfluidically-generated microfibers can be successfully tuned by adjusting the concentrations of the core fluid, the sheath fluid, and the collection bath; the FRR used to fabricate fibers also plays a significant role in determining their size (Sharifi et al., 2016a,b; McNamara et al., 2017, 2019b).
Characterization of Fiber Porosities

The porosity of hydrogels used for cell encapsulation plays a significant role in long-term cell health and viability, as it affects the diffusion of nutrients into and waste out of the fiber boundaries (McNamara et al., 2017). In order to investigate the porosities of alginate and graphene-alginate microfibers, fibers were fabricated onto copper frames, which allowed for the measurement of wet and dry weights. There were no significant differences between the porosities of the alginate and graphene-alginate samples (Figure 3). This is to be expected, particularly...
FIGURE 5 | N27 cells encapsulated within 5% alginate (a1–c1) and 9% graphene, 5% alginate (GA) (a2–c2) microfibers which were microfluidically created with a sheath of 0.04% CaCl₂·2H₂O, 20% PEG and a FRR of 40:10 µL min⁻¹:µL min⁻¹. Samples were gathered in a collection bath of 7.5% PEG, 2.5% CaCl₂·2H₂O. A live-dead assay containing CellTracker™ CMFDA (green, live cells) and propidium iodide (red, dead cells) was performed on days 1 (a1, a2), 4 (b1, b2), and 8 (c1, c2). Scale bars indicate 100 µm. (d) A statistical analysis using R Statistical Software was used to analyze the data. ***p ≤ 0.001. Error bars indicate ±1 standard deviation.

since graphene particles will not interact strongly with water molecules. Fibers of both samples exhibited high porosities; since excess DI water was removed from the surface of the fibers, this indicates that they are capable of absorbing close their own weight in water, as is common in hydrogels (McNamara et al., 2017).
Conductivity
Aqueous solutions of graphene drastically changed the appearance of microfibers, causing them to be black instead of transparent when wet. As observed in Figures 2a2,c2, graphene was well-distributed throughout the body of the fibers. Introduction of graphene into alginate microfibers significantly increased the conductivity of the resulting hydrogels by a factor of 2.5, achieving an overall conductivity of 0.0025 S m⁻¹ for dry fibers mounted using carbon tape and colloidal silver paste (Figure 4). This indicates that the graphene flakes within the fibers are consistently dispersed enough to shorten diffusion distance of electrons, thereby aiding in the transportation of electrons through the bulk of the fiber and increasing its electrical conductivity (Wu and Zhong, 2019). Other cell-laden conductive hydrogels, which have thus far taken the form of films, achieved conductivities of 0.2 S m⁻¹ (Dong et al., 2016) and 0.02 S m⁻¹ (Wang et al., 2018) for wet samples. These films are based on synthetic polymers and were biocompatible, but lacked the high degree of control over cell culture geometry that microfibers can provide. In comparison, the conductivity of native human brain tissue ranges from 0.05 to 0.24 S m⁻¹, with an average of 0.12 S m⁻¹ (Akhtari et al., 2016). Linking graphene to the alginate microfibers to better match the conductivity of brain tissues might include incorporating synthetic polymers or increasing the concentration and dispersion of graphene flakes in an aqueous solution by further refining the lab-based process.

Encapsulation of N27 Cells in Graphene/Alginate Solutions
Cells were successfully encapsulated within alginate and graphene-alginate hydrogels, and survived for up to 8 days, as can be seen in Figure 5. Initially, alginate fibers held significantly more live cells than the corresponding graphene-alginate microfibers, as can be seen in Figures 5a1,a2,d. However, by the fourth day (Figures 5b1,b2), the differences between the samples were insignificant, which is a trend that held until the eighth day (Figures 5c1,c2). Between days 1 and 4, the number of live cells within both microfiber samples dropped significantly. This may be because the conditions within the microfibers are not conducive to long-term cell survival; however, at this time cells were also observed on the bottom of the well plates. Therefore, live cells were capable of migrating beyond the fiber boundary, thereby decreasing the number of live cells within the fibers. However, with modifications to the microfibers, the rate of cell egress can be controlled to suit the desired application. This can be done by increasing the porosities of the microfibers, or by other chemical modifications, such as the inclusion of arginine-glycine-aspartic acid (RGD) (Anderson et al., 2015; Ho et al., 2017; Santos et al., 2019).

Increasing the amount of live cells within fiber boundaries would be beneficial for long-term experiments. This can be accomplished by increasing the cross-linking of the hydrogel fiber, thereby restricting the ability of cells to migrate outside of the fibers. Additionally, chemically functionalizing the alginate hydrogel during gelation can increase the amount of cell interactions, thereby improving the biocompatibility of the microfibers (Anderson et al., 2015; Wei et al., 2017).

CONCLUSIONS
Presented here are cell-laden graphene-alginate hydrogels in the form of microfibrous scaffolding. These fibers have the potential to deliver and receive electrical signals to cells, thereby showing great promise in a wide number of fields, as these mechanisms are known to affect cell behaviors such as differentiation, orientation, mobility, and more (Sirivisoot et al., 2014; Wang et al., 2017; Osipova et al., 2018; Zhang et al., 2018). Current conductive hydrogels in biomedical fields take the form of membranes (Escalona et al., 2012), gels (Liu et al., 2016; Bu et al., 2018), or films (Dong et al., 2016; Liu et al., 2017; Wang et al., 2018). Introducing graphene into alginate microfibers did not significantly affect their sizes or porosities, but their conductivities were significantly increased by a factor of 2.5. Although cell viability was significantly higher in alginate fibers after 24 h, once cells had been encapsulated 96 h, the difference in the percentage of live cells between the samples was not statistically significant. While there was a drop in the number of live cells in the fibers between 24 and 96 h, this could indicate that live cells were able to migrate out of the fiber boundaries, since cells were observed attached to the bottom of the well plate. This has high promise for applications where cells should be allowed to leave the hydrogel and permeate native tissues. However, this migration can be controlled by a number of factors.

DATA AVAILABILITY STATEMENT
All datasets generated for this study are included in the article/supplementary material.

AUTHOR CONTRIBUTIONS
MM, AN-A, JO, and NH contributed conception and design of the study. MM, AN-A, JG, and JO conducted the experiments. MM, AN-A, JO, and NH contributed conception and design of the article/supplementary material. RM and NH acquired funding. All authors contributed to manuscript revision, read, and approved the submitted version.

FUNDING
This work was partially supported by the Office of Naval Research Grant (ONR) N000141612246, and ONR Grant N000141712620, as well as the Iowa State University Multiscale Sensing Actuation and Imaging (MoSAIC) Research Experience for Undergraduates program, and the Iowa State University Honor's Program.

ACKNOWLEDGMENTS
We thank Dr. Farrokh Sharifi, Deepak George-Thomas, and Dr. Rajeendra Pemathilaka for their assistance. We thank Dr. Anumantha Kanthasamy for the gift of Rat dopaminergic neural cells (N27s).
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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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