Kirigami-Inspired Inflatables with Programmable Shapes

Lishuai Jin, Antonio Elia Forte, Bolei Deng, Ahmad Rafsanjani, and Katia Bertoldi

Kirigami, the Japanese art of paper cutting, has recently enabled the design of stretchable mechanical metamaterials that can be easily realized by embedding arrays of periodic cuts into an elastic sheet. Here, kirigami principles are exploited to design inflatables that can mimic target shapes upon pressurization. The system comprises a kirigami sheet embedded into an unstructured elastomeric membrane. First, it is shown that the inflated shape can be controlled by tuning the geometric parameters of the kirigami pattern. Then, by applying a simple optimization algorithm, the best parameters that enable the kirigami inflatables to transform into a family of target shapes at a given pressure are identified. Furthermore, thanks to the tessellated nature of the kirigami, it is shown that we can selectively manipulate the parameters of the single units to allow the reproduction of features at different scales and ultimately enable a more accurate mimicking of the target.

Very popular among children in the form of party balloons, inflatables have also been employed in science and engineering to enable the design of a variety of systems, including temporary shelters,[1–3] airbags,[4,5] soft robots,[6–11] and shape-morphing structures.[12–15] To design shape-changing inflatable structures, two main strategies have been pursued. On the one hand, load-bearing inflatable structures have been realized using inextensible membranes.[1–3,16] On the other hand, complex shape changes have been achieved by exploiting the flexibility of stretchable membranes with either optimized initial deflated geometry[15,17–19] or embedded reinforced components.[9,20–24]

Here, we use kirigami as a powerful tool to realize shape-shifting structures that can mimic target shapes upon inflation. Kirigami metamaterials, realized by embedding arrays of cuts in elastic sheets, have recently shown great promise as design platform for flexible devices[25–32] and morphing structures.[13–32] Their interesting behaviors have been activated using a variety of strategies, including mechanical forces,[28,37,38] magnetic fields,[39] light,[40] heat,[41,42] prestressed substrates[43,44] and external pneumatic actuators.[30,31] Differently, here we introduce a kirigami composite that can be used to create airtight inflatables (i.e., kirigami balloons). Our system comprises a kirigami plastic sheet (Figure 1a) embedded into a thin layer of elastomer (Figure 1b) and can be actuated pneumatically by injection of compressed air into the composite balloon. We show that the deformation of such balloons can be guided toward a target shape upon inflation by optimizing the geometry of the kirigami cuts. Remarkably, since we have control of the geometric features for each unit cell, the deformation of the inflatable can be programmed at the “pixel” level. This enables the realization of inflatables that mimic the target shape at different scales when guided by robust algorithms to optimize their design. While a few strategies have been proposed to control the deformation of kirigami,[25,38] these are lacking an inverse design approach. On the other hand, optimization strategies have been successfully developed for the design of shape-morphing origami structures.[45–47] Unfortunately, these cannot be employed when designing kirigami structures as their degrees of freedom are different. Regarding kirigami, although a few approaches have been recently proposed for their optimization,[44,48,49] these all focused purely on geometry and did not consider elasticity in the systems. Differently, in our approach we fully account for the elasticity of the material and demonstrate how this results in an enlarged design space.

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To fabricate our kirigami balloons, we first embed a computationally designed array of cuts into a polyester plastic sheet (Artus Corporation, NJ, with thickness $t = 76.2$ µm, Young’s modulus $E = 4.33$ GPa and Poisson’s ratio $\nu = 0.4$). Although our approach can be applied to any kirigami geometry, we consider a pattern of mutually orthogonal slits of width $b$ (Figure 1d) since this particular pattern provides a wide range of tunability for the unit cell’s Poisson’s ratio (Figure S17, Supporting Information). The selected unit cell has width $L$ and height $H$ and comprises four rectangular domains connected by hinges of width $\delta_1$ and $\delta_2$ (in the horizontal and vertical direction, respectively). Throughout the study we consider $L = 12$ mm and $\delta_1/L = 0.03$ as fixed parameters and tune the mechanical response of the unit cells by varying $H/L \in [0.5 \ldots 2.0]$ and $\delta_2/L \in [0.02 \ldots 0.18]$. To turn the kirigami sheet into an inflatable, we first roll it into a cylindrical shell and glue acrylic caps to both ends. Then we slowly rotate the kirigami shell in a bath of uncured silicone rubber (Ecoflex 00-50, Smooth-On, with thickness $t = 0.5$ mm that embeds the kirigami, we can choose to distribute the unit cells with $\delta_1/L = 0.18$ on different columns within the structure and achieve a complex coupled bending-twisting deformation (Figure 1g; Movie S2, Supporting Information). The variation of the structures’ deformation over multiple loading cycles has also been tested and found negligible (Figure S6, Supporting Information). As such, these results highlight not only the flexibility and potential of our approach, but also the richness of the design space. In the remainder of this paper, we combine finite element (FE) analyses and optimization to efficiently explore the myriad of possible designs and identify spatially varying distributions of geometric parameters resulting in target shape changes upon inflation.

We start by focusing on the design of kirigami balloons that mimic target axisymmetric profiles upon inflation, such as the jar shown in Figure 2b. First, we use FE simulations to characterize how local changes in hinge width $\delta_1$ and unit cell height $H$ affect the macroscopic deformation of the system. Since the deformation of our axisymmetric inflatables (for which all unit cells in each row are identical) can be obtained by superimposing the responses of the individual rows (Figure S11, Supporting Information), we simulate a single unit cell with suitable boundary conditions and perform the optimization for which all unit cells in each row are identical. The results indicate that $\varepsilon_2$ is inversely proportional to both $\delta_1/L$ and $H/L$, whereas $\varepsilon_1$ is mainly affected by $H/L$ and increases monotonically. A kirigami balloon is inflated by pressurized air and records the inflation (Figure 1f). Further, thanks to the tessellated nature of the kirigami, we can choose to distribute the unit cells with $\delta_1/L = 0.18$ on different columns within the structure and achieve a complex coupled bending-twisting deformation (Figure 1g; Movie S2, Supporting Information). The variation of the structures’ deformation over multiple loading cycles has also been tested and found negligible (Figure S6, Supporting Information). As such, these results highlight not only the flexibility and potential of our approach, but also the richness of the design space. In the remainder of this paper, we combine finite element (FE) analyses and optimization to efficiently explore the myriad of possible designs and identify spatially varying distributions of geometric parameters resulting in target shape changes upon inflation. 

To demonstrate the potentials of kirigami inflatables in Figures 1e,g we report experimental snapshots for three kirigami balloons comprising $n_z = 20$ and $n_x = 8$ unit cells in the axial and circumferential direction, respectively. In the first design, all unit cells are identical and characterized by $\delta_1/L = 0.03$ and $H/L = 0.5$. As one would expect, upon inflation, this structure deforms homogeneously along its soft axis and mostly elongates (Figure 1e). However, by increasing $\delta_1/L$ to 0.18 for a single column of unit cells, we transform the deformation mode from extension to bending and obtain a curved profile upon inflation (Figure 1f).
as $H/L$ becomes larger. It is worth noticing that although these results were obtained with a fixed number of unit cells along the circumference, we can show that they also describe the deformation of unit cells with arbitrary curvature $\kappa$ subjected to a normalized pressure $P/\kappa$ which equals to $P = 305.6$ kPa mm for our selected parameters. In fact, unit cells with same $\delta_1$ and $H$ but different curvature $\kappa$ experience the same state of deformation if subjected to the same normalized pressure $P$ (Section S3.3, Supporting Information).

Once we understand how the geometrical features affect the deformation of the unit cells upon inflation, we can search for arrangements that minimize the mismatch between the shape of the kirigami balloon inflated at a normalized pressure $P = 305.6$ kPa mm and a target surface of revolution defined by a profile $A$ (Figure 2b). To identify the optimal height of the $i$th row of unit cells, $H_i$, and the corresponding ligament width, $\delta_1$, we minimize

$$Z = \arg \min_{\delta_1, H} \left\{ |z^{\text{H}} - H_A| + \sum_{i} d([r^i, z^i], A) \right\}$$

where $H_A$ is the total height of the target profile and $d([x, A])$ represents the distance between a point with coordinates $x$ and the closest point on the target profile.

Moreover, $r^i$ and $z^i$ denote the radial and axial coordinates of the center point of the $i$th row of unit cells in the inflated configuration, which are given by

$$r^i = \frac{n_\phi L}{2\pi} \left(1 + \epsilon_{r}^i\right)$$

and

$$z^i = \frac{H^i(1+\epsilon_{z}^i)}{2} + \sum_{j=1}^{n_z} H^j(1+\epsilon_{z}^j)$$

Note that $\epsilon_{r}^i$ and $\epsilon_{z}^i$ are the homogenized circumferential and axial strain the unit cells undergo in the $i$th row upon inflation, which, for each evaluation of the objective function, are obtained by linearly interpolating the FE results of Figure 2a. Finally, we solve the optimization problem described by Equations (1)–(3) using a Matlab implementation of the Nelder–Mead simplex algorithm with bounds applied to all variables (i.e., we impose $H_i/L \in [0.5, 2.0]$ and $\delta_1/L \in [0.02, 0.18]$).

In Figure 2c, we show an inflatable kirigami designed with $n_z = 10$ and $n_\phi = 25$ that mimics the jar of Figure 2b when subjected to a pressure $P = 6.4$ kPa (resulting in $P = 305.6$ kPa mm). Note that the parameters $n_z$ and $n_\phi$ define the resolution of the programmed deformed shape. We explore different combinations of $n_z$ and $n_\phi$ (Figure S12, Supporting Information), and choose the one that provide a small mismatch from the target.
shape without complicating the fabrication process. As shown in Figures 2d, the solution identified by the algorithm for \( n_z = 10 \) and \( n_y = 25 \) comprises unit cells with large height \( H \) between the third and sixth rows (to maximize the radial expansion) and with large \( \delta_1 \) in the seventh, eighth and ninth row (to minimize both axial and circumferential strains). We find that, using the optimized set of parameters, both the FE simulations and the physical samples closely mimic the target shape upon inflation (Figure 2e,f; Movie S3, Supporting Information), confirming the validity of our approach.

Next, we demonstrate how to design kirigami balloons that mimic a planar curvilinear path \( \mathcal{P} \) upon inflation. A bending deformation requires unit cells with different geometric features to be arranged in the same row of the kirigami pattern. Therefore, guided by the results of Figures 1f and 2a, we design the \( i \)th row of the kirigami to include one unit cell with \( H/L = 0.5 \) and \( \delta_i/L = 0.18 \) (shown in purple in Figure 3a) and \((n_y - 1)\) unit cells with the same height (i.e., with \( H/L = 0.5 \)) and variable \( \delta_i/L \) (shown in green in Figure 3a). However, since the coexistence of different unit cells on the same row of the kirigami causes non-negligible coupling between these units in the circumferential direction, we cannot directly use the results of Figure 2a to predict the effect of \( \delta_i \) on the bending deformation (Figure S13, Supporting Information). Instead, we simulate a full ring with \( n_y = 8 \) when subjected to \( P = 20 \) kPa (Section S3.2, Supporting Information) and extract the axial strain \( \varepsilon \) and the bending angle \( \Delta \theta \) (Figure 3a). In Figure 3b, we show the evolution for both \( \varepsilon \) and the \( \Delta \theta \) as a function of \( \delta_i/L \). The results indicate that, as the hinge width \( \delta_i \) increases, both \( \varepsilon \) and \( \Delta \theta \) monotonically decrease (i.e., the bending deformation become smaller).

To identify the design of a kirigami balloon that mimics a prescribed planar curvilinear path \( \mathcal{P} \) upon inflation (Figure 2c), we assume that the final shape of the inflated kirigami structure can be captured by linearly combining the response of \( n_z \) rings. We then determine both the optimal \( \delta_i \) for the \( i \)th row and the location of the stiffer unit cell (with \( \delta_i/L = 0.18 \)) in the ring by using the Melder–Nelson algorithm with bounds. Specifically, we minimize

\[
Z = \arg \min_{\delta_i} \left\{ \left| \sum_{j=1}^{n_z} h_j' - L_P \right| + \sum_{i=1}^{n_y} d((x', z'), \mathcal{P}) \right\}
\]

where \( h' = H'(1 + \varepsilon_j) \) and \( L_P \) is the total length of the curve \( \mathcal{P} \). Further, \( x' \) and \( z' \) denote the position of the center line at the bottom of the \( i \)th ring which can be expressed as

\[
x' = \sum_{j=1}^{n_z} h_j' \cos \theta_j, \quad \text{and} \quad z' = \sum_{j=1}^{n_z} h_j' \sin \theta_j
\]

where

\[
\theta_j = \cos \phi_j \Delta \theta_j + \sum_{k=1}^{j-1} \cos \phi_k \Delta \theta_k
\]

Note that the angle \( \phi \) points at the location of the stiffer cell within the \( i \)th ring (Figure 3a). It is worth noticing that in the case of 2D curvilinear paths (as those considered here), this angle can only assume two values: \( \phi = 0 \) or \( \phi = \pi \). In fact, our model outputs \( \phi = 0 \) if, for the \( i \)th ring, the bending angle \( \Delta \theta \) defines a positive curvature (e.g., the third segment in

**Figure 3.** Targeting curvilinear paths. a) Schematic of a kirigami ring comprising one unit cell with \( H/L = 0.5 \) and \( \delta_i/L = 0.18 \) (shown in purple) and \( n_y - 1 = 7 \) unit cells with \( H/L = 0.5 \) and \( \delta_i/L < 0.18 \) (shown in green). The deformation of the ring can be characterized by the axial strain \( \varepsilon \) and the bending angle \( \Delta \theta \). b) Evolution of axial strain \( \varepsilon \) and bending angle \( \Delta \theta \) as a function of the normalized hinge width \( \delta_i/L \) for a ring with initial curvature \( \kappa = \pi/(4L) \) subjected to a pressure \( P = 20 \) kPa. c) A hook is chosen as target shape. d) Schematic of curvilinear path optimization model. e) Optimized design for an inflatable with \( n_z = 50 \) and \( n_y = 8 \) that mimics the hook when subjected to a pressure \( P = 20 \) kPa (Table S2, Supporting Information). f,g) FE and experimental snapshots of the optimized inflatable kirigami structure when subjected to a pressure \( P = 20 \) kPa. Scale bar = 30 mm.
In Figure 3d, we consider an inflatable design with \( n_z = 50 \) and \( n_\phi = 8 \) that mimics the shape of the hook shown in Figure 3c when subjected to a pressure \( P = 20 \text{ kPa} \) (resulting in \( P = 305.6 \text{ kPa mm} \)). As shown in Figures 3f and 3g, using the optimized design, both the FE simulation and the experimental model morph from a cylinder to the target hook path upon inflation (Movie S4, Supporting Information).

While in Figures 2 and 3, we focused on inflatable that purely expand or bend, the combination of these two classes of deformations enables the mimicking of a multitude of shapes. As an example, let us consider the squash shown in Figure 4a as target shape. First, we focus on top portion of the fruit, which predominantly bends, and use Equation (4) to identify the optimal geometric parameters for the corresponding part of the kirigami balloon (Figure 4b, top). Second, we consider the bottom part of the squash, which follows an axisymmetric profile, and use Equation (1) to design the corresponding kirigami pattern (Figure 4b, bottom). However, the resulting optimized design does not closely match the target shape (Figure 4c). Specifically, while the top part of the fruit is successfully reproduced by the optimized inflatable, this fails to mimic the localized bulges near the tip. Moreover, the expansion of the optimized balloon in the lower part is physically limited in the radial direction, resulting in an unsatisfactory transformation.

Nevertheless, we can overcome both limitations by manipulating the geometrical features of the unit cells even more. For example, by removing entire unit cells from the top part of the kirigami pattern (see region highlighted in blue in Figure 4d), we are able to obtain localized regions that bulge upon inflation, mimicking the real features of the fruit (Figure 4d, top).

Following the same strategy, we can also improve the circumferential stretchability of the bottom part of the structure by selectively removing strips from the kirigami sheet. To determine the width of these sacrificial portions, we first quantify the circumferential strain that a strip of elastomeric material undergoes at a pressure of \( P = 10 \text{ kPa} \) (resulting in \( P = 305.6 \text{ kPa mm} \), since in our design \( n_\phi = 16 \)). We assume that such strip behaves as an inflated thin elastomeric cylindrical balloon with axial expansion constrained by the kirigami and obtain its circumferential strain, \( \epsilon_\phi^e \), by solving

\[
P = \frac{t}{r} \left( \lambda_\phi^e (1 + \epsilon_\phi^e) \right)^{-1} \frac{\partial \hat{W}^e}{\partial \lambda_\phi^e}
\]

where \( \lambda_\phi^e = \epsilon_\phi^e + 1 \) and \( \epsilon_\phi^e \) is the axial strain of the kirigami (which is provided in Figure 2a). Moreover, \( t \) and \( r \) denote the thickness and radius of the strip in the undeformed configuration (for our design \( r = n_z L/(2 \pi) = 30.56 \text{ mm} \) and \( t = 0.5 \text{ mm} \)) and \( \hat{W}^e \) is the strain energy function used to captured the response of the rubber (in this study we use a Gent model\(^\text{[54]}\)). Once \( \epsilon_\phi^e \) is obtained, the circumferential strain \( \epsilon_\phi^\text{int} \) of a kirigami unit cell with a removed elastomeric strip of width \( w_e \) can be estimated as

\[
\epsilon_\phi^\text{int} = \frac{(L - w_e) \epsilon_\phi^e + w_e \epsilon_\phi^e}{L}
\]

where \( \epsilon_\phi^e \) is the circumferential strain of the kirigami unit cell, also provided in Figure 2a.

To find the optimum \( w_e \) for our balloon, we focus on the kirigami row that is closest to the squash’s maximum deformation and radius of the strip in the undeformed configuration.

Figure 4. Targeting complex shapes. a) A squash is chosen as target shape. The flowchart instructs on the steps to follow in order to optimize for both non-axisymmetric and axisymmetric parts. b) Optimized design for an inflatable with \( n_z = 39 \) and \( n_\phi = 16 \) that mimics the squash when subjected to a pressure \( P = 10 \text{ kPa} \) (Tables S3 and S4, Supporting Information). The geometric parameters for the top 23 rows are identified using Equation (1), while those for the bottom 16 rows are obtained using Equation (4). c) Numerical snapshot of the optimized design after pressurization. The shape of the fruit is not fully captured. d,e) To improve the design we further manipulate the unit cell and remove portions of the kirigami pattern. The bulges can be obtained by removing entire unit cells at the desired location and the circumferential strain in the bottom part can be increased by removing strips. Both FE (d) and experimental (e) snapshots of the kirigami inflatable show improved mimicking of the target. Scale bar = 30 mm.
circumference (7th row with $H = 24$ mm and $\delta/L = 0.03$). For this specific unit $\varepsilon_L = 0.054$ and $\varepsilon_T = 0.428$, which results in $\varepsilon_T^e = 3.59$ according to Equation (7). Further, since we must reach $\varepsilon_T^m = 1.094$ in the 7th row upon inflation, we obtain $\varepsilon_T = 2.53$ mm from Equation (8). Guided by these calculations, we use FE simulations to predict how the response of a kirigami unit cell is affected by the removal of a kirigami strip of width $w_T = 2.53$ mm. We find that the deformation of the inflatable in the axial direction is strictly coupled with the location of the removal within the unit cell (Figure S15a, Supporting Information). Since our objective is to achieve the target $\varepsilon_T^m$ without compromising $\varepsilon_L$, we next consider two neighboring unit cells and remove a strip of width $2w_T$ from one, while leaving the other intact. The results for this case improve considerably (Figure S15b, Supporting Information). However, if the width of the elastomeric strip is kept constant in all rows, the inflated balloon fails to match the squash profile as the radial expansion is almost constant along the length (Figure S16c, Supporting Information). For this specific unit cell is affected by the removal of a kirigami strip of width $2w_T$ from one, while leaving the other intact. The results for this case improve considerably (Figure S15b, Supporting Information). However, if the width of the elastomeric strip is kept constant in all rows, the inflated balloon fails to match the squash profile as the radial expansion is almost constant along the length (Figure S16c, Supporting Information).

To further improve the response of our balloon, we use FE simulations to predict how the response of a kirigami unit cell is affected by the removal of a kirigami strip of width $w_T = 2.53$ mm. We find that the deformation of the inflatable in the axial direction is strictly coupled with the location of the removal within the unit cell (Figure S15a, Supporting Information). Since our objective is to achieve the target $\varepsilon_T^m$ without compromising $\varepsilon_L$, we next consider two neighboring unit cells and remove a strip of width $2w_T$ from one, while leaving the other intact. The results for this case improve considerably (Figure S15b, Supporting Information). However, if the width of the elastomeric strip is kept constant in all rows, the inflated balloon fails to match the squash profile as the radial expansion is almost constant along the length (Figure S16c, Supporting Information). Further, to demonstrate that our approach is general and can be used to mimic a range of shapes, we report an optimized design for a cylindrical structure that morphs into a calabash in Figure S19, Supporting Information.

To summarize, in the present work we introduced the concept of kirigami inflatables, shape-morphing systems that combine a kirigami shell and an elastomeric membrane. We showed that the kirigami shell drives the global deformation of the inflatable and that we can control this deformation by carefully designing its geometric features. We demonstrated this by creating inflatable kirigami balloons that can mimic a variety of axisymmetric shapes and curvilinear trajectories and also capture local features such as bulges. This multiscale mimicking is enabled by the tessellation nature of the kirigami metamaterial, which allows to easily tweak the local parameters—or even remove parts of the design—to boost the deformation locally. Although our approach enable us to reproduce a variety of targets, there are limitation to the shapes one can mimic. First, the maximum radial expansion of the kirigami balloons upon inflation is limited to 1.43 times the initial radius, using the data set shown in Figure 2a. This limitation can be enlarged by using the removal approach through the semi-analytical model. Additionally, the maximum axial extension upon inflation is 1.46 times of the initial length. It is worth noticing that a bending kirigami balloon present a upper limit on the maximum achievable curvature (e.g., $14.4\, {1/m}$ for rings with 8 unit cells with $L = 12$ mm). However, increasing the number of unit cells per unit length of the target provides more feasibility to mimic curvilinear path with larger curvature. Furthermore, the kirigami structure can not mimic convex surfaces in the circumferential direction (e.g., the ridges on the squash). In principle, inflatable structures are not able to form ridges upon inflation without additional constraints (e.g., internal strings or braces). Last, it should be noticed that we only used cylinders as starting deflated shape for our structures. This limits our approach to the mimicking of shapes within the same “family,” compatibly with the mechanical limitations of the structures. However, the approach is expandable to other initial shapes, conditionally to the rerunning of the database of solution for the new unit cells and super cells. As such, our work provides a new platform for shape-morphing devices that could support the design of innovative medical tools, actuators and reconfigurable structures.

Supporting Information

Supporting Information is available from the Wiley Online Library or from the author.

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Conflict of Interest

The authors declare no conflict of interest.

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