MAGNETIC MIXING IN RED GIANT AND ASYMPTOTIC GIANT BRANCH STARS

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Received 2008 June 24; accepted 2008 July 17; published 2008 August 20

ABSTRACT

The available information on isotopic abundances in the atmospheres of low-mass red giant branch (RGB) and asymptotic giant branch (AGB) stars requires that episodes of extensive mixing occur below the convective envelope, reaching down to layers close to the hydrogen burning shell (cool bottom processing). Recently, it was suggested that dynamo-produced buoyant magnetic flux tubes could provide the necessary physical mechanisms and also supply sufficient transport rates. Here, we present an \( \alpha \)-\( \Omega \) dynamo in the envelope of an RGB/AGB star in which shear and rotation drive via turbulent dissipation and Poynting flux. In this context, if the dynamo is to be sustained throughout either phase, convection must resupply shear. Under this condition, volume-averaged peak toroidal field strengths of \( \langle B_\theta \rangle \simeq 3 \times 10^3 \) G (RGB) and \( \langle B_\theta \rangle \simeq 5 \times 10^3 \) G (AGB) are possible at the base of the convection zone. If the magnetic fields are concentrated in flux tubes, the corresponding field strengths are comparable to those required by cool bottom processing.

Subject headings: MHD — stars: abundances — stars: AGB and post-AGB — stars: interiors — stars: magnetic fields — stars: rotation

1. INTRODUCTION

In low-mass red giant branch (RGB) and asymptotic giant branch (AGB) stars, matter must circulate in episodes of extended mixing from the convective zone to the radiative region where nuclear processing can occur (the so-called cool bottom processing [CBP]; Wasserburg et al. 1995; Charbonnel & Do Nascimento 1998; Nollett et al. 2003; Herwig 2005). While the mechanism driving mixing remains uncertain, CBP predicts the chemical and isotopic evolution for a given bulk transport rate by utilizing the path integral of the nuclear reactions over the mass and independent of the mixing mechanism (Boothroyd et al. 1994; Wasserburg et al. 1995). The necessary transport rates and processing temperatures are constrained by RGB/AGB isotopic measurements and presolar meteoritic dust grain abundance ratios (Choi et al. 1998; Amari et al. 2001; Nollett et al. 2003; Nittler 2005). Weak circulation \( (M \sim 10^{-6} \text{ to } 10^{-8} M_\odot \text{ yr}^{-1}) \) in which material is transported from the convective envelope to just above the H-burning shell, processed, and then returned has had success in matching \( ^{12}\text{C}/^{13}\text{C}, \text{C}, \text{ and N abundances in RGB stars, (2) } ^{12}\text{C}/^{13}\text{C} \) and \( \text{N/O in AGB stars and (3) } ^{26}\text{Al}/^{27}\text{Al}, ^{18}\text{O}/^{16}\text{O}, ^{16}\text{O}/^{18}\text{O}, \text{ and } ^{13}\text{C}/^{12}\text{C} \) in circumstellar dust grains found in meteorites that must come from AGB sources (Wasserburg et al. 1995; Nollett et al. 2003; Herwig 2005).

Several physical origins have been proposed for the assumed mixing, including shear and thermohaline instabilities, meridional circulation, and internal gravity waves (Zahn 1992; Denissenkov & Weiss 1996; Denissenkov & Tout 2003; Chaname et al. 2005; Eggleton et al. 2006; Charbonnel & Zahn 2007). Purely rotation-induced mixing appears insufficient as isotopic changes are minimal during the RGB and lead to a quenching of \( \alpha \)-process nucleosynthesis during the AGB (Siess et al. 2004; Palacios et al. 2006).

Recently, it was proposed that buoyant magnetic flux tubes can induce the necessary transport rates required for CBP (Busso et al. 2007). Constraints on the field strengths for the required mixing rates were calculated while the fields were assumed to originate from a dynamo operating in the RGB and AGB interiors. In particular, the proposed mechanism would provide a means of rapid transport of material to the convective mantle and may provide a solution to the problem of Li-rich stars.

Magnetically mediated outflows resulting from dynamo amplification have been proposed as the origin of bipolarity in post-AGB stars and planetary nebulae (Pascoli 1997; Blackman et al. 2001; Nordhaus & Blackman 2006; Nordhaus et al. 2007). However, dynamo-induced shaping requires differential rotation. This can be supplied by binary companions or sustained throughout the AGB phase by convective redistribution of angular momentum (Nordhaus et al. 2007). Convection may supply differential rotation (analogous to the \( \lambda \)-effect in the Sun) and sustain the magnetic fields throughout the RGB/AGB stages (Rüdiger & Hollerbach 2004; Nordhaus et al. 2007). In particular, it may be that a weaker dynamo (supplying sufficient mixing) is sustained throughout the RGB/AGB phases but that a binary companion is required to power bipolar jets in post-AGB stars (Nordhaus & Blackman 2008).

We investigate the origin of large-scale magnetic fields via a dynamical, \( \alpha \)-\( \Omega \) dynamo operating at the base of the convection zone in an initially 1.5 \( M_\odot \) main-sequence star during the RGB and AGB phases. Our stellar models are identical to those used in Busso et al. (2007) and allow for direct comparison. In both phases, subadiabatic zones similar to the solar tachocline exist. We allow a fraction of the turbulent energy cascade to resupply shear, thus sustaining the dynamo. The field penetrates the shear zone and may transport material close to the H-burning shell. We compare our results to the field strengths and penetration depths needed for adequate magnetic mixing in low-mass RGB and AGB stars.

2. MAGNETIC MODEL

A 2-D schematic of our 1-D model is presented in Figure 1. The convection zone extends from the stellar surface to the interface between the convective and radiative zones. Convec-
toroidal fields via the differential rotation zone shears poloidal fields back into the shear layer. The bottom of the convection zone is given by \( r = r_c \), while the maximum depth required by cool bottom processing is \( r = r_{cbp} \). The top of the H-burning shell is located at \( r = r_h \).

We solve for the time evolution of dynamic quantities at the interface \( (r = r) \). The rotation profile across the shear layer varies from \( \Omega \) at the interface to \( \Omega + \Delta \Omega \) at \( r = r_c \). Thus, \( \Delta \Omega \) is a measure of shear in the differential rotation zone. If \( \Delta \Omega = 0 \), the system exhibits solid-body rotation. The average poloidal field \( B_p \) and average toroidal field \( B_t \) amplify from 1 G seed values until they are quenched through a drain of the available differential rotation energy. We refer the reader to Nordhaus et al. (2007) for a derivation of the precise mean-field equations solved.

2.1. Shear Zone Penetration Depth

To capture aspects of the 2-D mean-field geometry within the framework of our 1-D time-dependent model, we employ two turbulent diffusion coefficients: \( \beta_p \), corresponding to diffusion of the poloidal field (which grows primarily in the convective region), and \( \beta_t \), corresponding to diffusion of the toroidal field (which is amplified in the differential rotation zone; see Fig. 1). We also employ \( \beta_s \) as the turbulent diffusion coefficient for the toroidal velocity.

The convective region is highly turbulent and the differential rotation zone is weakly turbulent, therefore \( \beta_s \ll \beta_p \). The value of \( \beta_s \) determines how far the poloidal component of the field can diffuse into the shear zone in a cycle period. The farther into the shear zone the poloidal field can penetrate, the greater the shear energy that can be extracted and utilized by the dynamo.

The depth to which the poloidal field can diffuse into the shear layer in a cycle period, \( \tau \), is defined as \( \delta = (\beta_p \tau)^{1/2} \). The cycle period does increase in the dynamical regime; however, it does not change appreciably from its initial value. We set \( \delta = L \) so that the field diffuses to the depth required by CBP (\( r = r_{cbp} \)). This fixes \( \beta_{p,RGB} \approx 5.6 \times 10^{14} \text{ cm}^2 \text{ s}^{-1} \) and \( \beta_{t,AGB} \approx 6.9 \times 10^{15} \text{ cm}^2 \text{ s}^{-1} \) as the required transport rates are ~5 flux tubes per year during the RGB and ~80 flux tubes per year during the AGB (Busso et al. 2007).

2.2. The Need for Convection Resupplying Shear

As the magnetic field is amplified, differential rotation energy is drained to support its growth. The back-reaction of field amplification on the differential rotation results in rapid termination of the dynamo (\( \leq 100 \text{ yr} \)) from the initial available shear energy; see Nordhaus et al. (2007) for details. In order to sustain the dynamo through an RGB/AGB lifetime, a constant differential rotation profile must be established. This occurs in the Sun as convection reseds shear through the \( \alpha \)-effect (Rüdiger & Hollerbach 2004). Although it remains to be established if a similar effect occurs in evolved stars, by analogy to the solar case, we allow a fraction of the turbulent energy cascade to resupply shear. Additionally, we keep the rotation at the interface fixed. This is physically equivalent to storing the Poynting flux in the interface region. If the field is trapped, the Poynting flux does not emerge from the layer and, thus, does not spin down the envelope. An RGB/AGB dynamo will remain stable when the following two conditions are met: (1) convection resupplies shear and (2) the Poynting flux is stored inside the envelope (Nordhaus et al. 2007).

The differential rotation profile in the interior is unknown. An estimate for the maximum sustainable shear that convection can resupply for a sufficiently rotating star is given by \( \Delta \Omega_{\text{max}} = (M/M_{\text{rot}})^{1/2} (vL) \), where \( M \) is the mass of the convective layer, \( M_{\text{rot}} \) is the mass of the shear zone, and \( v \) is a typical convective velocity. For the RGB phase, \( \Delta \Omega_{\text{max}} \approx 2.5 \times 10^{-5} \text{ s}^{-1} \), while for the AGB phase, \( \Delta \Omega_{\text{max}} \approx 5.5 \times 10^{-5} \text{ s}^{-1} \). If the initial differential rotation were greater than \( \Delta \Omega_{\text{max}} \), the magnetic field would extract the excess shear before relaxing to sustainable values. In this case, an initial period of enhanced magnetic activity would be expected followed by steady dynamo activity. In § 3, for suitable \( \Delta \Omega \), we determine the fraction of turbulent cascade energy per unit time necessary to maintain a steady-state dynamo in our RGB/AGB model stars (e.g., Nordhaus et al. 2007).

2.3. Flux Tubes versus Average Fields

Our calculations are for mean fields and correspond to volume averages. When the ratio of average thermal to magnetic pressure \( \beta = \langle P \rangle/(\langle B^2 \rangle/8\pi) > 1 \), the magnetic field may be concentrated in flux tubes with an overall volume filling fraction \( \xi \), such that \( \eta(1 - \xi) \approx 1/\beta \) (Blackman 1996). When the magnetic pressure in flux tubes is in pressure balance with their exterior, the mean-field strength is then related to a flux tube field, \( B_p \), by \( \langle B^2 \rangle \approx [\eta(1 - \xi)](\langle B^2 \rangle) \). Since the requirements from magnetic mixing (Busso et al. 2007) constrain the magnitude of flux tube fields to have \( \xi < 1 \), the mean field can be lower than the flux tube field, relaxing the demands on the strength of the dynamo and the required shear.

3. DYNAMO-AMPLIFIED MAGNETIC FIELDS

By requiring CBP transport rates, the necessary field strengths and buoyant velocities are calculated for a given stellar model. We employ the same models as Busso et al. (2007) in which an initial 1.5 \( M_{\odot} \) main-sequence progenitor is evolved through the RGB and AGB. For each phase, we determine what is required to sustain the dynamo and the corresponding saturated large-scale field strengths from our \( \alpha-\Omega \) dynamo. A summary of the model parameters can be found in Table 1.
3.1. The RGB Case

For our model RGB star, the stellar mass is relatively unchanged from the main sequence ($M = 1.49 \, M_\odot$). The base of the convection zone is located at $r_c = 6.3 \times 10^9$ cm, while the maximum depth to which matter must circulate is $r_h = 3.4 \times 10^9$ cm. This implies a shear zone thickness of $L = 6 \times 10^{10}$ cm. The mass of the shear layer and convective envelope for the RGB star are $M_{\text{cbp}} = 1.0 \times 10^{31}$ g and $M_s = 2.2 \times 10^{33}$ g, respectively. The rotation rate at $r = r_c$ is obtained by conserving angular momentum on spherical shells from a main-sequence progenitor whose surface rotation velocity is $\sim 30$ km s$^{-1}$ (Kawaler 1987).

Using CBP mass transfer rates, mixing depths, and buoyant rise velocities, the necessary magnetic field strength at $r_c$ and $r_h$ can be constrained. If the field is purely toroidal and in flux tubes that rise individually, then the average toroidal flux tube field required by CBP is $\langle B_{\text{t,cbp}} \rangle = \langle B_t (r_{\text{cbp}}) \rangle = 3.8 \times 10^5$ G. At the base of the convection zone (assuming conservation of mass and magnetic flux), this corresponds to a field of $\langle B_{\text{t}} \rangle \approx \langle B_t (r_c) \rangle = 3.5 \times 10^6$ G for a dipole geometry (Busso et al. 2007).

To compare, we calculate the mean field at the base of the convection zone assuming that a fraction, $f$, of the turbulent energy cascade rate resupplies shear (Nordhaus et al. 2007). The value of $f$ is not known, nor is it established that convection resupplies shear in evolved stars. Although our choice of $f$ is arbitrary, we purposely pick low values so that the requirements on the energy that convection must supply are reasonable.

For the parameters in Table 1, the peak toroidal field at the base of the convection zone is $\langle B_{\text{t,cbp}} \rangle = 2.6 \times 10^3$ G (see Fig. 2). In the RGB star, CBP requires approximately 5 buoyant flux tubes per year to reach the convective envelope. This is comparable to the dynamo cycle period of $\sim 0.2$ yr and suggests that the necessary transport rates are plausible. To sustain the dynamo throughout the RGB lifetime, $\sim 15\%$ of the turbulent cascade energy must reinforce shear. This is not a lower limit as smaller resupply rates will also sustain the dynamo, albeit with lower peak field strengths.

To compare our mean fields with the flux tube fields necessary for CBP, we determine the volume filling fraction, $\zeta$, as detailed in § 2.3. For the RGB model, we find that $\zeta = 0.36$. However, it should be noted that the convective resupply rate is the dominant quantity as it sets the differential rotation and hence the peak field strengths. A smaller $f$ implies a lower $\langle B_{\text{t}} \rangle$, which requires a smaller $\zeta$ to match the required flux tube strengths. Further work on how convection resupplies shear in evolved stars is warranted.

3.2. The AGB Case

The total mass of our AGB star has decreased from the initial $1.5 \, M_\odot$ progenitor to $M = 1.2 \, M_\odot$. The base of the convection zone is located at $r_c = 5.7 \times 10^{10}$ cm, while the maximum depth required for CBP is $r_h = 2 \times 10^9$ cm. The shear zone thickness has slightly decreased from the RGB phase such that $L = 5.2 \times 10^{10}$ cm. The mass of the convective layer and shear zone have decreased to $M_s = 1.1 \times 10^{33}$ g and $M_{\text{cbp}} = 1.3 \times 10^{30}$ g, respectively. The rotation rate at the interface is given by $\Omega (r_c) = 2.5 \times 10^{-6}$ s$^{-1}$, while the shear is slightly larger in the AGB phase.

A strong toroidal field is required at the CBP radius $\langle B_{\text{t,cbp}} \rangle = 5 \times 10^6$ G such that $\sim 80$ flux tubes per year rise to the convective envelope. At the base of the convection zone, the required flux tube field strength is $\langle B_{\text{t}} \rangle = 8.6 \times 10^3$ G (Busso et al. 2007).

From our dynamo calculations, the peak toroidal field at the base of the convection zone is $\langle B_{\text{t}} \rangle = 4.8 \times 10^3$ G. Figure 3 shows the time evolution of the mean toroidal field in our model

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**TABLE 1**

| Convective and Subconvective Parameters | Symbol | RGB       | AGB       |
|----------------------------------------|--------|-----------|-----------|
| Base of convection zone (cm)           | $r_c$  | $6.3 \times 10^{10}$ | $5.4 \times 10^{10}$ |
| CBP radius (cm)                        | $r_{\text{cbp}}$ | $3.4 \times 10^9$ | $1.9 \times 10^9$ |
| H-burning radius (cm)                  | $r_h$  | $2.0 \times 10^9$ | $1.5 \times 10^9$ |
| Mass of convection zone (g)            | $M_s$  | $2.2 \times 10^{31}$ | $1.1 \times 10^{31}$ |
| Mass of $\Omega$-layer (g)             | $M_{\text{cbp}}$ | $1.0 \times 10^{31}$ | $1.3 \times 10^{30}$ |
| Rotation at interface (s$^{-1}$)       | $\Omega (r_c)$ | $3.0 \times 10^5$ | $2.5 \times 10^4$ |
| Differential rotation (s$^{-1}$)       | $\Delta \Omega$ | $1.0 \times 10^3$ | $1.67 \times 10^3$ |

Model results:
- Toroidal field (G) $\langle B_{\text{t}} \rangle = 2602$ for 4778
- Poloidal field (G) $\langle B_p \rangle = 342$ for 596
- Resupply rate $f = 0.134$ for 0.075
- Volume filling fraction $\zeta = 0.36$ for 0.23
- CBP requirements:
  - Flux tube field (G) $\langle B_{\text{t,cbp}} \rangle = 3450$ for 8600
  - Flux tube field (G) $\langle B_{\text{t}} \rangle = 3.8 \times 10^5$ for $5 \times 10^5$

$^a$From Busso et al. 2007.
AGB star. The cycle period is $\sim 0.01$ yr, which is comparable to the required buoyant flux tube frequency.

To sustain the dynamo, $\sim 7\%$ of the turbulent energy cascade must resupply differential rotation. In general, more convective energy is available in the AGB phase, and thus, the resupply rate necessary to support differential rotation is lower compared to the RGB star.

Our mean fields require $\zeta = 0.23$ to match CBP flux tubes at the base of the convective zone. However, we note again that a lower $f$ will produce weaker peak field strengths and, in turn, a lower volume filling fraction.

4. CONCLUSIONS

Busso et al. (2007) recently suggested that buoyant toroidal fields may supply the necessary chemical transport rates to circulate material from near the hydrogen burning shell to the convective envelope required by cool bottom processing in low-mass RGB and AGB stars.

In this Letter, we have shown how an $\alpha$-$\Omega$ dynamo operating in the interior of an RGB/AGB star could supply the fields necessary to accomplish the needed transport. The fields diffuse in a magnetic cycle period to the depths required by cool bottom processing. If the dynamo is to be sustained throughout either phase, convection must resupply differential rotation. This can be accomplished if a fraction of the turbulent energy cascade reinforces shear ($\leq 15\%$ for the RGB star; $\leq 7\%$ for the AGB star).

For the model RGB star, mean toroidal field strengths of $\langle B_\phi \rangle = 2.6 \times 10^3$ G are sustainable at the base of the convection zone. If the magnetic field is concentrated in flux tubes, the volume-averaged fields, $\langle B^3 \rangle$, are related to the flux tube fields, $\langle B^3 \rangle$, by $\zeta < 1$, such that $\langle B^3 \rangle \sim \frac{1}{2} \zeta^3 (1 - \zeta) \langle B^3 \rangle$. For the model RGB star, $\zeta = 0.36$ will satisfy CBP requirements. For the model AGB star, stronger fields are possible with sustained toroidal field strengths of $\langle B_\phi \rangle = 4.8 \times 10^3$ G possible at the base of the convective zone. This requires $\zeta = 0.23$ to match CBP flux tube requirements.

We have found that dynamo-produced fields provide a plausible mechanism for the physical origin of extra mixing in low-mass RGB and AGB stars. However, in future work, realistic rotation profiles, the complex relationship between convection and shear, intermittent magnetic mixing, and the dynamics of mass transport via flux tubes, in particular, all need to be studied further. Equally important is to independently constrain the value of the diffusion coefficients in the shear and convection zones to determine if they are consistent with what our model implies. Finally, $\geq 2$-D studies of this problem are needed.

J. N. and E. G. B. acknowledge support from SST grant GO-50134 and NSF grant AST-0406799. M. B. acknowledges support from MURST (PRIN2006-022731). G. J. W. acknowledges the support of DOE-FG03-88ER13851 and the generosity of the Epsilon Foundation and the California Institute of Technology’s contribution 9178(1123).

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