Recommended testing algorithms for NTRK gene fusions in pediatric and selected adult cancers: Consensus of a Singapore Task Force

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Abstract
The occurrence of neurotrophic tyrosine receptor kinase (NTRK) gene fusions in a wide range of tumor types presents an attractive opportunity for using a tropomyosin receptor kinase (TRK) inhibitor as cancer therapy. Recent clinical studies have demonstrated highly efficacious outcomes associated with the use of TRK inhibitors, such as larotrectinib and entrectinib in NTRK fusion-bearing cancers, in both adult and pediatric populations. While NTRK gene fusions are commonly found in some uncommon adult and pediatric malignancies, they are also found, albeit rarely, in a wide range of more common malignancies. The potential value of testing for NTRK gene fusions in practically all advanced malignancies is underpinned by the remarkable therapeutic outcomes that TRK inhibitors offer. This requirement presents practical and financial challenges in real-world oncological practice. Furthermore, different testing platforms exist to detect NTRK gene fusions, each with its advantages and disadvantages. It is, therefore, imperative to develop strategies for NTRK gene fusion testing in an attempt to optimize the use of limited tissue specimen and financial resources, and to minimize the...
Neurotrophic tyrosine receptor kinase (NTRK) gene fusions represent actionable genomic alterations of high clinical potential. Physiologically, neurotrophin receptors interact with tropomyosin receptor kinase (TRK) proteins, whose normal biological functions include pain sensation, thermoregulation, memory formation, metabolic homeostasis, and proprioception. Although TRK receptors are predominantly expressed in neuronal tissue, NTRK gene fusions have been found in a wide array of different adult and pediatric tumor types. NTRK gene fusions involve proto-oncogenes of either NTRK1, NTRK2, or NTRK3. When fused in-frame with an unrelated gene, the resulting TRK fusion protein, which consists of an intact tyrosine kinase domain, is constitutively active. This chimeric oncoprotein functions as a primary oncogene driver, activating downstream signaling cascades continuously, via the Ras/mitogen-activated protein kinase pathway, phospholipase C-gamma pathway, and phosphatidylinositol-3 kinase/Akt pathway. This causes the altered transcription of prodifferentiation genes, transcription factors, and prosurvival genes, respectively, thereby promoting tumorigenesis.

Generally, the occurrence of NTRK gene fusions in cancers can be categorized as low prevalence or high prevalence. Common malignancies typically harbor lower frequencies of NTRK gene fusions, from less than 1% in lung cancers, to 25% in pediatric and young adult differentiated thyroid carcinoma. Conversely, rare cancers, such as secretory breast carcinoma and congenital infantile fibrosarcoma, are enriched for NTRK gene fusions, with frequencies approaching 90%. TRK inhibitors have shown convincing efficacy as tumor-agnostic drugs across a wide spectrum of adult and pediatric malignancies. Two promising agents that have advanced the furthest in clinical development are larotrectinib and entrectinib, both of which have received accelerated regulatory approvals for the treatment of cancers harboring NTRK gene fusion. In the United States and European Union, larotrectinib is currently the only approved TRK inhibitor for pediatric patients under 12 years of age. Larotrectinib targets TRK fusion proteins specifically, while entrectinib has multikinase activity against ALK, ROS1, and JAK. Integrated clinical data for both larotrectinib and entrectinib have demonstrated objective response rates of 79% and 57%, respectively, with larotrectinib achieving higher than 90% objective response rates in the pediatric population.

For larotrectinib, median time to response was as short as 1.8 months, and median duration of response was as long as 35.2 months. Observed responses were independent of histology, age, and the NTRK gene involved in the fusion. Both TRK inhibitors are well-tolerated, with a favorable safety profile. In Singapore, both TRK inhibitors have been granted approval by the Health Sciences Authority for the treatment of adult and pediatric patients with NTRK gene fusions without a known acquired resistance mutation, are locally advanced or metastatic or where surgical resection is likely to result in severe morbidity, and have progressed following prior therapies or have no satisfactory alternative treatments.

Unsurprisingly, with increasing usage of TRK inhibitors, acquired resistance to first-generation TRK inhibitors has emerged. Acquired resistance is a typical obstacle that commonly plagues small molecule inhibitors, limiting their clinical utility. To overcome this acquired drug resistance, concerted efforts are underway to develop second-generation TRK inhibitors.

2 CURRENT NTRK GENE FUSION TESTING PLATFORMS

Although clinical studies have clearly demonstrated the utility of TRK inhibitors, the challenge lies in identifying patients with cancers that harbor NTRK gene fusions. Not only do NTRK gene fusions exist across a wide spectrum of cancers, there are also different types of laboratory techniques for the screening and diagnosis of NTRK gene fusions, each with its advantages and limitations. In current clinical practice, the detection of NTRK gene fusions is often made via next-generation sequencing (NGS). Indeed, the companion diagnostic that is approved by the United States FDA to identify NTRK gene fusions in solid tumors for TRK inhibitors is an NGS-based assay. RNA-based NGS is preferable to the DNA-based platform, particularly to detect novel fusion partners and to overcome the problem of large intronic regions. Besides NGS, fluorescence in situ hybridization (FISH) and reverse-transcriptase polymerase chain reaction (RT-PCR) are alternatives that have seen successful deployment clinically. However, FISH testing requires the use of three separate probes and assays, and may not identify intrachromosomal translocations, such as LMNA-NTRK1, which are critical for understanding the biology of NTRK gene fusions.

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which results from a 1q intrachromosomal deletion. Conventional RT-PCR lacks multiplex capabilities, and requires specific primers designed to target specific gene fusions. Another complementary approach is immunohistochemistry (IHC). IHC is widely available and reimbursable across different parts of the world, is relatively inexpensive, and has a fast turnaround time of around 2 days. However, with IHC lacking specificity and being a test for TRK protein overexpression, verification of IHC-positive cases by molecular sequencing (preferably by NGS) is required to confirm the presence of NTRK gene fusions. One important limitation of IHC is its inability to distinguish abnormal TRK fusion proteins from wild-type TRK proteins that are expressed in tumor tissues with neural and smooth muscle differentiation, such as glioblastoma, neuroblastoma, and gastrointestinal stromal tumors. Finally, the scoring algorithms for IHC are not standardized. Nonetheless, as IHC is easily deployed, it is reasonable to use it as a screening tool to enrich patient populations for NTRK gene fusions, followed by NGS confirmation of pan-TRK IHC-positive cases. In cancers with low prevalences of NTRK gene fusions, this two-step approach is a pragmatic approach to maximize cost-effectiveness, which is particularly relevant in nonreimbursable markets, where patients bear the testing costs out-of-pocket, as is the case in Singapore. This two-step approach of IHC screening prior to molecular sequencing is also in line with international guidelines, such as those published by ESMO. Although FISH and RT-PCR are feasible tests for determining NTRK gene fusions, NGS, specifically the RNA-based NGS, remains the preferred and most dependable method whenever it is available.

Given the high cost associated with the use of NGS, it is not practical to employ NGS upfront to detect NTRK gene fusions across all tumor types. The treatment of some common cancers, such as non-small cell lung cancer (NSCLC) and colorectal cancer, is heavily biomarker driven. In such cancers, NGS is already commonly employed in the initial diagnosis or at the time of disease progression in standard clinical practice. The search for NTRK gene fusions in these cancers, which are uncommon, is streamlined and fairly straightforward. On the other hand, there are cancers, such as sarcomas and certain pediatric tumors, where NTRK gene fusions are common. In these cancers, it is imperative to specifically embed NTRK gene fusion testing in the diagnostic and management algorithm to better guide the treatment decisions.

To address these considerations, a multidisciplinary medical expert panel was convened in late 2020 to discuss, debate, and then recommend practice-oriented guidelines pertaining to the NTRK gene testing and TRK inhibitor usage in the context of Singapore, with a specific focus on the aforementioned cancer types. This task-force comprised experienced oncologists and pathologists from both the private and public healthcare sectors in Singapore. This review presents the consensus derived from this expert meeting.

3 WHEN TO CONSIDER TRK INHIBITOR IN CLINICAL PRACTICE?

TRK inhibitors offer clinically meaningful efficacy as a highly targeted tumor-agnostic therapy, with NTRK gene fusion as an actionable target. TRK inhibitors are indicated for the treatment of adult and pediatric patients (12 years of age or older with entrectinib) with solid tumors that have an NTRK gene fusion without a known acquired resistance mutation, that are locally advanced, metastatic or where surgical resection is likely to result in severe morbidity, and who have no satisfactory alternative treatments or whose cancer has progressed following treatment.

4 WHEN AND HOW TO TEST FOR NTRK GENE FUSION IN CLINICAL PRACTICE?

Given the high objective response rates and the durability of such responses following TRK inhibitor treatment, it behoves the clinicians to consider NTRK gene fusion testing in the appropriate clinical setting. Testing methodologies should take into consideration multiple factors, including prevalence of NTRK gene fusions in the specific tumor type, availability of testing platforms, turnaround time, and financial constraints. As recommended by ESMO, tumors in which NTRK gene fusions are highly prevalent are appropriately
tested by using FISH and RT-PCR assays. Otherwise, NGS, in particular RNA-based sequencing, remains the diagnostic test of choice for confirmation. In clinical practice, the decision to carry out NTRK gene fusion testing is often confounded by the competing availability of other (often less costly) conventional therapeutic options, and the accessibility to TRK inhibitors in that particular locale. The use of tumor-specific algorithms may provide guidance to the clinicians in deciding when and how to carry out NTRK gene fusion testing, and when to employ TRK inhibitors in the management of cancer patients.

The algorithms presented here are intended to serve as a guide to oncologists and pathologists in Singapore who specialize in the management of NSCLC, colorectal cancer, sarcomas, and pediatric cancers.

5 | NTRK DIAGNOSTIC ALGORITHMS ON SELECTED CANCER TYPES

5.1 | Non-small cell lung cancer

In the case of NSCLC, there are a handful of key molecular oncogenic alterations which are targetable, including EGFR, ALK, and ROS1. NTRK gene fusion joins the list of actionable oncogenic drivers for lung cancer. As a bona-fide target, results from clinical trials support the use of TRK inhibitors in NTRK gene fusion-positive NSCLC, and is endorsed by the National Comprehensive Cancer Network guidelines, which recommend its use in both upfront and subsequent settings. In the presence of a positive NTRK1/2/3 gene fusion, including the situation where NTRK gene fusions are discovered prior to the initiation of first-line systemic therapy, larotrectinib and entrectinib may be considered as a first-line therapy in specific clinical circumstances. Both larotrectinib and entrectinib are biologically active in the central nervous system (CNS), and their clinical activity in primary and metastatic CNS tumors is well documented.

The presence of numerous potential oncogenic drivers in NSCLC supports the use of NGS testing upfront to optimize tissue utilization. At the time of disease progression, repeat molecular testing for genomic alterations, including NTRK gene fusions, may be valuable for at least two reasons. First, retesting allows a second opportunity to cast a wider net that could take into account technical limitations, such as different primer setups in different gene panels. In this case, a different testing platform could be used to reconfirm that the result is truly negative. Second, retesting may shed light on whether there has been a true biological switch or an emergence of new driver mutations. Refractory lung cancers often harbor alternate driver mutations, as compared to mutually exclusive drivers at the time of diagnosis when the tumor is treatment-naive. However, given the financial burden associated with repeat NGS testing, such decisions should be made on a case-by-case basis.

Although NGS testing upfront will be ideal, a major limitation is the long turnaround time of about 2–3 weeks to obtain results from the molecular analysis, which could delay the initiation of appropriate treatment. Moreover, the utility of deploying NGS assays in NSCLC where there are only a few common actionable targets should be viewed from a cost-effectiveness perspective. Indeed, most of the

Recommendations on when and how to test for NTRK gene fusions for metastatic/locally advanced NTRK-fusion positive cancers

In general, if NGS is available, it is the preferred testing platform to confirm the presence of absence of NTRK gene fusions, particularly RNA-based NGS for the detection of novel fusion partners. Alternatively, IHC can be used as a screening test, with NGS used as a confirmation test.

- **[Non-small cell lung cancer]** NGS testing is recommended upfront to test for NTRK gene fusions alongside key oncogenic drivers (EGFR, ALK, ROS1, MET, BRAF, and PD-L1). Alternatively, standard testing for key oncogenic drivers can be performed first. If oncogenic driver is absent, screening by pan-TRK IHC can be considered, followed by a confirmatory NGS. Upon disease progression, retesting for NTRK gene fusions as well as other actionable molecular alterations may be considered.

- **[Colorectal cancer]** NGS is recommended upfront to test for NTRK gene fusions alongside key oncogenic drivers (KRAS, NRAS, and BRAF), together with the assessment of MSI status. Alternatively, standard testing for key oncogenic drivers can be performed first. At the time of disease progression after first- or second-line therapies, NGS testing may be considered to seek out additional molecular alterations, including NTRK gene fusions, especially in MSI-high patients with an absence of key oncogenic drivers.

- **[Adult sarcomas]** Pan-TRK IHC is recommended as a screening test, followed by NGS confirmation for NTRK gene fusions. Interpretation of IHC results may be influenced by the sarcoma subtypes. If IHC results are negative for sarcoma subtypes enriched for NTRK gene fusions, NGS confirmation would be still recommended for cases with histological features suspicious for NTRK gene fusions. NTRK testing is currently optional for adult sarcomas with actionable genomic aberrations; however, further research is warranted.

- **[Pediatric cancers]** Apart from pediatric malignancies in which there is effective treatment resulting in good outcome, NGS testing may be considered upfront for molecular profiling of pediatric malignancies, with NTRK gene fusions as part of the routine diagnostic workup. If NGS is not accessible, FISH, RT-PCR, and pan-TRK IHC are reasonable testing alternatives, along with confirmation by NGS depending on the index of suspicion for the underlying NTRK gene fusions. NTRK testing is currently optional for tumors with a clear diagnosis of a tumor type not known to have NTRK gene fusions (e.g., Wilms tumor and neuroblastoma).
NGS results may end up being underutilized. A rational framework that deploys different tests at different phases of the lung cancer management would ensure more efficient use of the limited health resources. Single-gene testing is still a valid approach to the molecular profiling of lung cancers, especially when NGS is inaccessible or unaffordable. When standard single-gene testing fails to reveal any oncogenic driver, a screening pan-TRK IHC may be considered to detect any possibility of NTRK gene fusion. A positive pan-TRK IHC result should be confirmed before acted upon, preferably via an NGS.

5.2 | Colorectal cancer

Microsatellite or mismatch repair protein status has important upfront therapeutic implications in the management of advanced colorectal cancers. Current standard algorithm for colorectal cancer tests for microsatellite status upfront, regardless of the availability of NGS. This is aligned with international clinical practice guidelines.In addition to testing for microsatellite instability (MSI), it is also standard to test for the major predictive molecular markers in colorectal cancers, namely, KRAS, NRAS, and BRAF. An alternative to this single-gene testing is NGS testing, which includes the testing for NTRK gene fusion. Such NGS testing may be deployed at the time of diagnosis of advanced colorectal cancer, or deferred to the time when the patient experiences disease progression after standard first-line treatment.

Interestingly, NTRK gene fusions appear to be more prevalent in MSI-high colorectal cancers, compared to tumors which are microsatellite stable. This is particularly true if the tumors are shown to be wild-type for KRAS, NRAS, and BRAF, or are MLH1 promoter hypermethylated. Therefore, it is recommended that MSI-high colorectal cancers be tested for NTRK gene fusions via NGS testing, especially if the tumors are not found to have mutation in the KRAS, NRAS, and BRAF genes, nor are MLH1 promoter hypermethylated. Nonetheless, as there have been rare reports of KRAS mutation being identified in MSI-high colorectal cancers that harbor NTRK gene fusions, NTRK gene fusions should ideally be tested in all MSI-high colorectal cancers, regardless of the RAS/RAF mutation status.

5.3 | Adult sarcomas

Sarcomas are rare but heterogeneous cancers, making up only 1% of adult malignancies, but comprising more than 70 histologic subtypes. Systemic therapy of sarcomas is an area of unmet clinical need, with
the vast majority of subtypes having a paucity of actionable driver genetic aberrations, in addition to being relatively resistant to cytotoxic chemotherapy. In this landscape of relatively limited therapeutic choices, NTRK gene fusion is a particularly attractive actionable target in the management of patients with sarcomas, including potentially as first-line therapy for selected cases with no satisfactory alternative therapy.

In line with the recommendations from the World Sarcoma Network, a targeted approach to diagnostic testing in sarcomas is recommended based on the prior probability of harboring NTRK gene fusions. For sarcoma subtypes enriched for NTRK gene fusions (e.g., inflammatory myofibroblastic tumor negative for ALK and ROS1 fusions), screening with pan-TRK IHC is recommended upfront, followed by a confirmatory NGS. If IHC results are positive, treatment with a TRK inhibitor may be initiated concurrently with a confirmatory NGS, if such urgent treatment is clinically indicated and there are no other effective alternative treatments available. If IHC results are negative, NGS confirmation is still recommended to exclude false-negative IHC, given the relatively high proportion of these tumors harboring NTRK gene fusions.

For sarcoma subtypes associated with low frequency of NTRK gene fusions (e.g., KIT and PDGFRA wild-type gastrointestinal stromal tumor or sarcomas with complex genomics not associated with characteristic translocations), IHC screening is the recommended initial test. However, positive IHC results in such subtypes should be interpreted with caution in case of myogenic and neural differentiation (e.g., gastrointestinal stromal tumor), due to the high rate of false positivity arising from the detection of wild-type TRK proteins. If IHC results are negative, routine confirmatory NTRK testing is not recommended, though it can be considered on a case-by-case basis following informed discussion regarding specific test characteristics taken in the context of prognosis and therapeutic options for individual cases. The sensitivity of pan-TRK IHC has been reported to be relatively limited for NTRK3 fusions (55–79%) compared with NTRK2 (89–100%) and NTRK1 (88–96%).

For sarcomas that harbor known driver genomic aberrations, routine NTRK testing is not recommended. This is because cancers with known recurrent genetic drivers harboring concurrent driver NTRK fusions are vanishingly rare and have only been reported sporadically.
FIGURE 3  Recommended NTRK gene fusion testing algorithm for adult sarcomas, adapted from expert recommendations from the World Sarcoma Network.44 (±/–): Presence/absence of NTRK gene fusions. † Please note that this is the opinion of the expert panel. Confirmation of NTRK gene fusions is required for TRK inhibitors. ‡ For confirmation test, NGS is preferred, but FISH or RT-PCR may be used if NGS is not accessible. Abbreviations: ALK, anaplastic lymphoma kinase; BRAF, v-raf murine sarcoma viral oncogene homolog B; CDK4, cyclin-dependent kinase 4; GIST, gastrointestinal stromal tumor; IHC, immunohistochemistry; KIT, v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog; LPS, liposarcoma; MDM2, mouse double minute 2 homolog; NF1, neurofibromatosis type 1; NGS, next-generation sequencing; NTRK, neurotrophin tyrosine receptor kinase; PDGFRA, platelet-derived growth factor receptor alpha; ROS1, ROS proto-oncogene 1, receptor tyrosine kinase; SDH, succinate dehydrogenase. * Specific histologies to look out for include, but are not limited to, lipofibromatosis-like neoplasms, peripheral nerve sheath tumours, female reproductive organ sarcomas, undifferentiated sarcomas, osteosarcomas.

5.4  Pediatric cancers

In pediatric cancers, the epidemiology of NTRK gene fusions follows the general trend observed in adult cancers, where NTRK gene fusions occur with higher frequencies in specific and rarer tumors.67 The prevalence of NTRK gene fusions is low in certain pediatric tumors, such as neuroblastoma, Wilms tumor, and hepatoblastoma. In contrast, NTRK gene fusions are more commonly identified in certain rare childhood cancers, namely, infantile fibrosarcomas, gliomas, and thyroid cancers.42 Pediatric cancers that harbor NTRK gene fusions tend to respond well to TRK inhibitors, with objective response rates reported to be as high as 90%.68 In pediatric cancers where standard efficacious treatment is lacking, TRK inhibitors may be considered, particularly in aggressive pediatric sarcomas and gliomas where outcomes with conventional therapies are more modest.

Given that pediatric tumors are a highly heterogeneous group of undifferentiated malignancies, molecular profiling upfront may be considered to improve the detection rate of rare genomic alterations, including NTRK gene fusions. The use of NGS as the initial test is relevant in cases (e.g., core biopsies) where the amount of tumor tissue available for testing is limited.

Apart from NGS, the alternative testing platforms of FISH, RT-PCR, and pan-TRK IHC are reasonable if NGS is unavailable or unaffordable. Depending on the index of suspicion for the presence of an underlying NTRK gene fusion, a confirmation NGS can be performed after the screening test. It is critical to note that pediatric tumors are extremely varied, and every tumor type is handled differently. On top of that, the patient population is also different because molecular testing is done at different stages of disease and treatment plan. This algorithm described herein is a suggested decision-making pathway, and will not necessarily apply to all tumor types and patients equally.

5.5  Future directions

While NGS is the endorsed confirmatory test for NTRK gene fusions locally and internationally, its accessibility presents a huge barrier to doctors and patients. Within the Association of Southeast Asian Nations (ASEAN) region, the level of access to NGS is widely varied, reflecting the different levels of technical expertise and financial affordability. Patient access to available treatments, such as TRK inhibitors, is also a vital factor that has a major impact on the real-world diagnostic and clinical pathways. In addition, government support and third-party reimbursement for precision medicine are also widely discrepant among the different countries, further complicating the eventual access to highly effective, but costly, new therapeutics.
In this paper, different algorithms are devised for the four different tumor types. Hopefully, in the future, with greater and more uniform access to NGS testing, a more universal testing algorithm based on NGS may become a reality.

Moving forward, the development of a regional or international registry for gene fusions would promote data sharing and research, which is especially important for uncommon tumor types. Such a transnational registry would also encourage cooperation and research collaborations between different academic groups. In the realm of NTRK gene fusions and TRK inhibitors, such knowledge sharing should lead to better identification of NTRK gene fusion partners, and more precise clinical and histological characterization of TRK fusion cancers.

Education is an important enabling tool in any new therapeutic domain. Oncologists and pathologists should be made aware of the appropriate tests to screen for and confirm the presence of NTRK gene fusion, with a conscious effort to avoid wastage of precious tissue samples and financial resources. Interdisciplinary learning between oncologists and pathologists is to be encouraged, in order to streamline the diagnosis, molecular profiling, and the treatment of such cancers.

No official guidelines pertaining to NTRK gene fusion testing currently exist in Singapore. This paper represents a concerted interdisciplinary effort to provide a primer on NTRK gene testing in the context of existing therapeutic algorithms, not only for the Singapore medical practitioners, but also providing a template for similar efforts in other parts of the region.

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