In the United States when presenting case reports or research results, or when using related information for secondary purposes, the use of social security numbers of patients is restricted along with 18 items identified by the Health Insurance Portability and Accountability Act (HIPAA) Guidelines which must be kept anonymous [1]. In Japan, the Surgery Society Federation has established "Guidelines for protection of patient privacy in case reports, medical papers, and research meetings [2]" which prohibits even the use of patients' initials. Addresses must be recorded only by prefecture and city name and the event must be recorded only by the year and month, not by the date.

The following is an excerpt from an acceptable case report. "A male patient, in his 70s, visited our hospital in November 2007. His HbA1c test result was 7.4. He was diagnosed with diabetes and given voglibose. Two to three months later, he was retested and the HbA1c value was 5.9."(The details have been altered to protect the patient's privacy).

Hamamatsu University School of Medicine has a clinical information retrieval system D*D [3] which searches 10 years worth of records at high speed. The data include prescription/injection orders, laboratory test results, disease name registration, and basic patient information (385,815 persons, 73,709,298 total events as of June, 2008). This system searches the data according to time sequence or context. For example, a search for "Pravastatin (any titer, including generic drug) prescribed and an AST > 150 recorded within two weeks" took 112 seconds to compile a list of 83 patient hits.

A search using the information in the previously mentioned example case report resulted in identification of only ONE individual among 385,815 Hamamatsu University Hospital patients. We used this system and increased the degree of anonymity of information. We omitted the month of November and included test results with a range of "6.6-8.0" and "5.9-6.5" as defined by the Japan Diabetes Society to describe the seriousness of disease. The content of the search was as follows: "A male patient, in his 70's, visited our hospital in 2007. His HbA1c test result was 7.4. He was diagnosed with diabetes and given voglibose. Two to three months later, he was retested and the HbA1c value was 5.9."(The details have been altered to protect the patient's privacy).

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ever, it is a historical fact that restricting information inhibits the advancement of science. Therefore, this countermeasure is impractical. Furthermore, in the present-day environment, it would be practically impossible to restrict access to internet published journals.

Therefore, to protect patient privacy, it is necessary to further ensure the confidentiality of information that may ultimately identify an individual, such as the names and addresses of patients. But healthcare ID numbers (the insurance number, patient hospital ID number, etc.) must be linked very carefully with identifiable information (a social security number, taxpayer ID number, etc.). The level of privacy is determined by the least protected ID information. For this reason, it is necessary to numerically evaluate the degree of anonymity of information, considering associated factors, for example, the morbidity rate of the disease.

Conflict of Interest

No potential conflict of interest relevant to this article was reported.

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