Importance of molecular dynamics equilibrium protocol on protein-lipid interaction near channel pore

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ABSTRACT Multiscale molecular dynamics simulations using Martini coarse-grained (CG) and all-atom (AA) force fields are commonly used in membrane protein studies. In particular, reverse mapping an equilibrated CG model to an AA model offers an efficient way for preparing large membrane protein systems with complex protein shapes and lipid compositions. Here, we report that this hybrid CG-equilibrium-AA-production protocol may artificially increase lipid density and decrease hydration in ion channel pores walled with transmembrane gaps. To understand the origin of this conundrum, we conducted replicas of CG, AA, and CG reverse-mapped AA simulations of the pore domain of the mechanosensitive Piezo1 channel in a nonconducting conformation. Lipid/water density analysis and free energy calculations reveal that the lack of initial pore hydration allows excessive lipids to enter the upper pore lumen through gaps between pore helices during CG simulation. Due to the mismatch between CG and AA lipid kinetics, these pore lipids remain trapped in the subsequent AA simulations, despite unfavorable binding free energy. We tested several CG equilibrium protocols and found that a protocol restraining the whole lipid produces pore hydration consistent with AA results, thus eliminating this artifact for further studies of lipid gating and protein-lipid interactions.

INTRODUCTION

Computational molecular dynamics (MD) simulation has become an indispensable tool for ion channel research. Thanks to advances in x-ray crystallography, cryogenic electron microscopy (cryo-EM), and artificial intelligence-driven structure prediction algorithms, the number of membrane protein structures has largely increased over the past few years (1). MD simulations are more than ever needed to study how membrane protein structures, usually obtained in nonphysiological conditions, behave in the physiological environment of hydrated membranes at body temperature. Various MD simulation engines are publicly available, and each of them comes with its own tools for solvation, membrane embedding, and a set of standard equilibrium protocols. In addition, multiscale MD simulations using both coarse-grained (CG) and all-atom (AA) fields have become popular (2). Among various CG models, Martini force field is routinely used in simulating lipid distribution and protein-lipid binding (3,4). Although enabling simulation speeds about an order of magnitude higher than AA simulations, current Martini protein models require tertiary structure constraints, hampering unbiased sampling of protein conformations. It is therefore a common practice to convert (i.e., reverse mapping) an equilibrated CG Martini model to AA models for simulating protein dynamics (2). For clarity, this hybrid CG-equilibrium-AA-production protocol will be referred to as “CG-to-AA” simulation in this study.

The CG-to-AA strategy is especially useful for simulating large proteins such as mechanosensitive Piezo1 and Piezo2 channels (5,6). A functional Piezo channel is formed by the assembly of three subunits, each encompassing ~2500 amino acids. The homotrimeric Piezo channel structure displays a central pore and
three highly curved transmembrane domains called arms (or blades). When embedded in a lipid bilayer, the Piezo arms curve the surrounding membrane into an inverted-dome shape, as evidenced from cryo-EM structures solved in detergent micelles and liposomes (7–11), and from AA (12) and CG-to-AA (13,14) MD simulations performed in explicit solvent and membrane at body temperature. In particular, AA simulations have shown that the curvature mismatch between the curved (nonconducting) Piezo1 structure and the flat lipid bilayer drives the Piezo-membrane system into an equilibrium in which the Piezo1 arms become less curved and the membrane becomes more curved. This “tug-of-war” force balance between the protein and membrane took about 3 µs to reach equilibrium using AA simulation (12), but less than 300 ns using CG Martini simulation, thanks to the faster diffusion and smoothened free energy landscape of the CG model (13). Hence, CG-to-AA is computationally more efficient than AA alone for preparing large membrane proteins systems with complex topology.

Both Piezo1 arm flattening and pore dilation were observed using CG-to-AA simulations, either by imposing a protein-membrane curvature mismatch (using periodic boundary conditions) (13) or by lipid bilayer stretching (15). The open state obtained using curvature mismatch was further validated based on experimental conductance, selectivity, and mutant phenotypes (13). Remarkably, two important features predicted by the curvature mismatch simulation (clockwise rotation of the extracellular cap domain and dilation of the hydrophobic constriction site upon arm flattening) were perfectly recapitulated in a recent cryo-EM structure of flattened Piezo1, also obtained using curvature mismatch (8).

A common observation from CG-to-AA simulations was the presence of several whole lipids (i.e., headgroups and tails) inside the nonconducting Piezo1 pore at the CG equilibrium stage. After reverse mapping to AA model, those lipids either remained in the pore during three replicas of 2-µs AA simulations (13) or diffused away under large membrane tension (15). Lipid-mediated pore occlusion has emerged as a novel gating paradigm for mechanosensitive channels, such as the E. coli small-conductance mechanosensitive channel MscS (16) and the human TWIK-related arachidonic acid-activated potassium channel (17). Hence, the mechanism by which these lipids enter the channel pore during MD simulations deserves close scrutiny, as these lipids may radically change our understanding of channel gating.

We began this study with a dilemma: the lipid density in the Piezo1 upper pore region was found to be higher in the CG-to-AA system using the same AA force field. Yet, no cryo-EM electron density corresponding to lipid headgroups can be seen in this region (7–11). To solve this dilemma, we tested four equilibrium protocols using a Piezo1 nonconducting pore model and compared lipid headgroup, lipid tail, and water density among CG, CG-to-AA, and AA simulations. We found that the final outcome of AA simulations using the CG-to-AA strategy depends on the pore solvation algorithm and the type of lipid restraint used during CG equilibrium. Furthermore, we show that some pore lipids observed at the end of CG-to-AA trajectories exhibit a positive binding free energy, suggesting that these lipids were kinetically trapped in AA simulations. We found that using a whole-lipid restraint during the initial CG equilibrium helps alleviate such artifacts in CG-to-AA simulations. Hence, this work serves as an important step towards uncovering the role of lipids in regulating ion channel functions.

MATERIALS AND METHODS

CG simulation setup and protocols

Atomistic model of nonconducting piezo1 pore (residues 1976–2546) was truncated from our previously Piezo1 model built from cryo-EM structure (PDB: 6b3r) (13). The CG simulation was executed in GROMACS version 2016.4 simulation package with the standard Martini v2.2 force field parameter settings (4,18). The Piezo1 pore CG models were embedded in a POPC (1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine) bilayer using INSANE (INSert membrane) CG building tool (19). The overall workflow of the simulations included energy minimization, isothermal-isochoric and isothermal-isobaric equilibrium runs, and isothermal-isobaric production runs (20,21). General protocols in each stage are provided in supporting material.

During all CG simulations, positional restraints were applied to the protein backbone with a force constant of 10,000 kJ/mol/nm² to maintain the nonconducting Piezo1 pore conformation. In addition, two types of lipid restraints were tested: one, labeled “headgroup-only restraint,” is only applying positional restraints on phosphate headgroup beads of POPC lipids, and another, labeled “whole-lipid restraint,” is restraining the whole of POPC lipids. For each restraint type, four replicas of “slow-release” and three replicas of “fast-release” equilibrium protocols were carried out (details in Table S1a and b).

AA simulation setup and protocols

CHARMM36 force field was used for all AA simulations regardless of the simulation engines. Piezo1 pore AA system was solvated with CHARMM TIP3P water (22) and 150 mM KCl using the CHARMM36 force field (23). GROMACS command “gmx solvate” was used to add water molecules. Water molecules were deleted from the box if the distance between any atom of the solute molecule(s) and any atom of the solvent molecule is less than the sum of the scaled van der Waals radii of both atoms, which is smaller than a standard water bead of 5 Å (24,25). To compare with CG-MD simulations, this AA system was first minimized using 5000 steepest descent cycles in GROMACS 2016.4 package (18), and then it underwent six stages of thermal equilibrium phase at 310.15 K (details in supporting material and Table S2 a).
For AA simulations, two replicas of 1-µs production were conducted using PE MED CUDA module of Amber18 packages (26) with positional restraint of 100 kcal/mol/Å² on protein backbone (details in Table S2 b). Other parameters are the same with GROMACS setting except the temperature control was done using Langevin thermostat with a gamma parameter (friction coefficient) of 1.0 ps⁻¹, and pressure coupling was using a semisotropic Monte-Carlo barostat with a target pressure of the 1.0 bar. The SHAKE algorithm (27) was used to constrain bonds involving hydrogen. For CG-to-AA model, two replicas of 200-ns production run were performed in Amber18 packages.

**Absolute binding free energy calculation**

The absolute binding free energy of lipids in the channel pore corresponds to the thermodynamic reversible work to move the lipids from the bilayer to the binding site. Same as ligand-protein binding, this thermodynamic quantity can be calculated through potential of mean force approach in which the lipid is physically pulled away from the binding site or alchemical approach in which the nonbonded interactions are slowly decoupled (28). In this work, we chose the alchemical approach because it is practical to treat the cluster of three POPC lipids in the pore as a single ligand regardless of their order and pathway of entering the pore. Free energy perturbation/λ replica-exchange MD (FEP/λ-REMD) in NAMD2.14 was used (29,30). Unlike conventional small-molecule lipids, lipids inside a channel pore can display larger mobility and conformational flexibility. To make sure that our FEP/λ-REMD samples the correct bound state ensemble, 100-ns unbiased trajectories were used to compute the distribution of 1) the distance (R) between center of mass of three lipids and the pore and 2) lipid conformational RMSD after rigid-body alignment of the pore to the initial frame (called DBC restraint in NAMD Colvars) (31). The upper-limit of the ensemble distribution of R and RMSD from unbiased simulations were used to set up the upper boundary of the flat-bottom harmonic restraints for the lipid RMSD and for distance (force constant of 100 kcal/mol/Å²). Fig. S1 shows the fully bound lipids do not reach the upper boundary of the flat-bottom harmonic restraints during unbiased simulation and λ = 1 perturbation stage.

In addition, to ensure that FEP/λ-REMD sampled the two end states properly, lipids outside the pore were prevented from entering the pore during FEP, so that water can enter the pore during the decoupling stage. This was achieved by an RMSD restraint on the center of mass of a lipid (selected atom names are N, C2, C218, and C316 in Charmm36 force field) between current frame and initial frame. Fig. S2 shows the higher number of water molecules and absence of lipid headgroup in the pore at fully uncoupled state (λ = 0) agrees well with the AA unbiased simulation. Likewise, the lower number of water and three lipid headgroups in the pore during fully coupled FEP state (λ = 1) are consistent with the CG-to-AA simulation with headgroup-only restraint during the CG equilibrium stage. Therefore, the initial and final states of FEP capture the correct conformational ensemble of the true end states (bound versus unbound) of unbiased simulations. The restraint details are further described in supporting material. All NAMD input files are provided at [https://github.com/reneejiang/pore-lipids](https://github.com/reneejiang/pore-lipids).

A total number of 128 replicas were used for the binding site and 64 replicas for bilayer-only systems (two bilayers of size 40 and 60 lipids perleaflet were tested to rule out size dependency). The “soft-core” potentials were used to avoid end-point catastrophe (32,33). Each replica in the FEP/λ-REMD simulation represents a state along the coupling parameter, and periodic swap is attempted between neighboring replicas every 100 steps (0.2 ps). The accuracy of FEP/λ-REMD depends on the overlaps between two potential energy distributions, which can be reflected by the acceptance ratio between replicas. The acceptance ratios between each adjacent pair are between 40% and 80% for 128 λ Piezo system and 30% and 70% for 64 λ bilayer-only system (Fig. S3). Convergence was monitored by the time dependence of each predicted free energy term. This sampling time dependence provides an asymptotically unbiased estimator for each ΔG. We considered the FEP/λ-REMD simulation is converged when the block averages of 1 ns fluctuate within 0.5 kcal/mol (Fig. S4). The free energy contribution of each term is listed in Table S3. The uncertainties were computed from pymbar (34,35).

**Analysis of atoms/beads at Piezo1 pore regions**

The counting method for classifying atoms and CG beads inside pore regions was based on the MATLAB function “inpolyhedron” (36), which can efficiently classify whether a point is inside a 3D triangulated surface. By adding surfaces to build up a closed volume for upper pore region, hydrophobic constriction site, and lower pore region along the z axis, the time series of the number of AA atoms or CG beads inside each region was classified and plotted. An example plot of the classification method is shown in Fig. S5. The MATLAB codes are provided at [https://github.com/reneejiang/pore-lipids](https://github.com/reneejiang/pore-lipids).

**RESULTS**

To investigate lipid density inside the central pore of Piezo1 channel, we constructed a pore model in the resting state (PDB: 6b3r), which includes the cap domain, repeat A, anchor, pore, and CTD domains (residues V1976 to R2546; Fig. 1 a) (7). Previous MD simulations have shown that widening of a constriction site, consisting of three V2476 residues, is required for the Piezo1 pore to conduct ions with conductance and cation selectivity consistent with experimental measurements (13). Hence, to quantify the number of lipid headgroups, tails, and water molecules inside the pore during simulations, we define the “upper pore region,” “hydrophobic constriction site,” and “lower pore region” by the positions of P2455 on the linkers between the cap and TM38, L2469, V2476, and F2485 on the inner pore helices (TM38) (Fig. 1 b). In all simulations, the protein backbone was constrained to the original cryo-EM conformation to ensure a fair comparison of lipid/water densities among simulations. In total, fourteen CG-MD simulations using Martini v2.2 force field and four AA-MD simulations with CHARMM36 force field were conducted to compare the lipid and water density in the central pore (Fig. 2 and Table S1).

**Fast versus slow release of lipid headgroup restraint in CG model**

During the Martini CG bilayer system setup using insan. e.py, solvent molecules were generated using a 3D grid where the grid cells occupied by membrane and/or proteins were flagged unavailable, and the remaining cells were filled with solvents (19). In the default setting, water molecules are added above and below the bilayer, thus leaving the pore region empty (Fig. 2 a). This
solvation step is followed by equilibrium steps, in which water molecules first undergo equilibrium when protein beads and lipid headgroup beads are restrained. To investigate the effect of this equilibrium protocol on the lipid density inside the pore, we tested a “fast-release” and a “slow release” of lipid headgroup restraints.

In the “fast-release” protocol, the headgroup force constant was reduced from 5000 to 10 kJ/mol/nm² during 10 ns, and from 10 to 0 kJ/mol/nm² during 5 ns (Table S1 a). During three replicas of “fast-release” equilibrium runs, two to three lipid headgroups rapidly moved into the upper pore region and remained during 1-m s CG production runs (Figs. 2 b and 3 a). There were also two to three lipid tails (one CG POPC lipid model contains eight tail beads) that remained in the same region (Fig. 3 c). Consequently, water molecules are largely excluded from this pore region (Fig. 3 b). In contrast, four replicas of “slow-release” protocol with the headgroup force constant reduced from 5000 to 1000 kJ/mol/nm² during 5 ns (Table S1 b) and showed fewer lipids in the center region (one to two headgroups versus two to three in the “fast-release” runs), and more water molecules in the pore (Fig. 3 d–f).

Overall, our data suggest that the vicinity of lipids near the hollow pore could allow unrestrained lipid tails to enter the pore before water molecules through spaces formed between neighboring pore helices. Once the lipid headgroup restraint is removed, those lipid tails quickly pulled their headgroups inside the pore, altogether preventing hydration of the pore. Slowly releasing the headgroup restraint did not completely eliminate this artifact.

Fast versus slow release of whole-lipid restraint in Piezo1 CG model

The seven aforementioned CG simulations (Fig. 3 a–f) show that lipids prevent pore hydration by infiltrating the hollow pore. We thus asked if restraining the whole lipid molecules instead of the headgroups during CG equilibrium would promote upper pore hydration. Using a whole-lipid restraint, water beads were able to enter the pore, and the pore remains hydrated in both fast- and slow-release protocols (Fig. 3 g–f). During the production run, both lipid headgroups and tails could enter the pore sporadically but did not reside in the pore to the same extent as in the CG headgroup-only restraint simulations. In conclusion, the whole-lipid restraint setting allowed ample time for water molecules to diffuse into the upper pore region during equilibrium stage, whereas in the headgroup-only restraint, lipids were able to preoccupy the pore, reducing pore accessibility to water molecules throughout the subsequent CG simulations. This effect is particularly noticeable when the headgroup-only restraint is released quickly. Implementing the whole-lipid restraint reduces the effect of the speed of restraint release on the production
run and led to a hydrated pore that agrees better with the system prepared directly from AA force field below.

**Pore hydration during AA equilibrium**

The default GROMACS solvation algorithm (25) places water molecules in the empty space of bilayer and protein region (Fig. 4 a), in contrast to the default insane.py setting in CG model (19), which placed no water beads in bilayer and protein regions (Fig. 2 a). Using lipid headgroup-only restraint at AA equilibrium stage (detailed in Table S2 a), we found no lipids accumulated at the upper pore region during two replicas of 1-μs production run (Figs. 4 b and 5 a). The water density plot shows that both upper and lower pore regions are hydrated, with a near-zero water density around the hydrophobic constriction site, as expected. These data are consistent with our previous 8-μs AA simulation of Piezo1 nonconducting state prepared using CHARMM-GUI protocol, which also adds water inside the channel pore during the solvation step (12).

**Comparing AA model with the CG Rev-mapped AA model**

We next asked whether reverse mapping the CG model with lipids in the pore to the same AA force field would converge to the similar hydration pattern as seen in the AA model. Two replicas of fast-release CG headgroup-only restraint system (Fig. 3 a) were reverse mapped back to AA system (CG-to-AA model), and the AA production run was extended for 200 ns to compare the number of water molecules and lipid headgroups in the upper pore region with that observed in the original AA model. Fig. 5 b shows that the CG Rev-mapped AA model, which initially contained 20 water molecules during the equilibrium stage, contains 46 water molecules during the production stage, with all three initial lipids remaining inside the upper pore region during the 200-ns production run. In contrast, in both replicas of the original AA model, the upper pore remains hydrated by more than 50 water molecules, and no lipid headgroups were present in the pore (Fig. 5 a).

**Comparing lipid distribution from AA simulation with cryo-EM lipid density**

While taking a close look at the lipids around Piezo1 pore in our AA simulation (Fig. 5 a), we find lipids lining the hollow space formed between neighboring outer helices and inner helices (pink and yellow helices in Fig. 6 a). We define these lipids as “wall lipids.” During 1-μs AA production run, between 3 and 11 lipid tail
Carbon atoms are seen entering the pore sporadically through spaces between inner pore helices (Figs. 6a and S6). However, no full lipid was seen occluding the pore. In contrast, in CG-to-AA simulations (Fig. 5b), in addition to the wall lipids, three full lipids occupy the space below the Piezo1 cap domain and above the hydrophobic constriction site of the pore (Fig. 6b). Although lipid tails are seen to fluctuate in and out of the upper and lower pore region frequently, lipid headgroups are clearly trapped in the upper pore throughout the simulations. We define these lipids as "pore lipids." A recent cryo-EM structure of nonconducting Piezo1 in small liposomes confirmed the "wall lipid" density seen from the lower leaflet, with lipid tails extending into the lower pore and headgroups sitting above the lower fenestration (Fig. 6c), but no lipid density was captured from the upper leaflet or along the central axis of the pore (8), consistent with our AA simulation results.

**Absolute binding free energy of lipids in Piezo1 pore**

Are these POPC lipids inside nonconducting Piezo1 pore (Fig. 6b) energetically stable? To answer this question, we sought to compute the absolute binding free energy of pore lipids, starting from the final configuration of the CG-to-AA in which three full lipids remain in the center of the upper pore region for 200 ns (Fig. 5b). Here, absolute free energy is defined as the free energy difference between lipids in the pore and lipids in a homogenous POPC bilayer (Fig. 7a). FEP/REM method was used to compute the absolute binding free energy of pore lipids. In order to sample the high flexibility and mobility of POPC lipid's long fatty acid aliphatic chains, we adopted the flat-bottom harmonic restraints on the perturbed lipids inside the pore and in bilayer (31) (Fig. 7b). This restraint protocol allows unbiased sampling of lipids in the binding site when they are fully coupled (Fig. S1) and is thus more suitable to highly mobile ligands or lipids than the Bornesch-style restraints (i.e., six rigid-body restraints) (37) commonly applied to small drug molecule binding. The detailed methods and convergence analysis are provided in materials and methods section. Our results indeed reveal that a full lipid in the pore is highly unfavorable (+10.0 ± 0.8 kcal/mol), which suggests the lipids are kinetically trapped in the pore during AA simulation.

**DISCUSSION**

Protein-lipid interactions have drawn unprecedented attention in recent years, thanks to the increasing number of high-resolution membrane protein structures solved in a lipid environment (38). The identification of lipid-like electron densities in these structures, coupled with functional studies, constitutes a powerful experimental approach to investigate the contribution of lipids to channel gating (39). CG simulations using Martini force field have been successful in capturing lipid-protein interaction dynamics (40) and computing lipid binding free energy and kinetics (28,41). An obvious advantage of CG Martini model is that
The diffusion coefficient of CG lipid models is at least four times faster than in AA models (40). Thus, it often goes unquestioned that a CG-equilibrium-AA-production protocol is an efficient and reliable way to prepare membrane protein systems before investigating protein dynamics with an atomistic resolution. Here, we show that this hybrid CG-to-AA protocol can result in biased lipid density in a channel pore.

Discrepancy in pore lipid density has been reported by structural biologists when comparing different protein purification and reconstitution approaches (42). Here, the discrepancy in pore lipid density from MD simulations is partially due to the topology of the homotrimeric Piezo1. The three inner pore helices form an hourglass shape with a hydrophobic constriction site formed by three V2476s and three fenestrations above and below this constriction site (13) (Fig. 1). In CG model preparation, the protein is first embedded in a bilayer, and then water beads are added above and below the bilayer but not in transmembrane protein crevices such as channel pores. In the equilibrium step, both the protein and lipid headgroups are restrained to allow water molecules to diffuse freely and to fill in empty space. In principle, this setup should allow full hydration of the pore if the pore walls are sealed against lipids. However, for channels whose pores are walled with transmembrane gaps, adjacent lipids near the gap may enter the pore before the pore gets fully hydrated. This is partially due to the faster diffusion of CG Martini lipid model and larger CG water beads. Once the CG system is reverse mapped back to AA system, lipids are trapped in the pore because AA lipids diffuse much slower and free energy surface in AA model is less smooth than in the CG model.

In conclusion, the geometry of the pore, the lack of initial pore hydration, and the mismatch between fast CG and slow AA model all play a role in this “trapped pore lipids” artifact. This artifact can be easily eliminated by restraining whole lipids during initial water diffusion. Indeed, this artifact is not seen in our tested AA model because the AA solvation algorithm adds water in the pore before the equilibrium step. By restraining whole lipids during CG equilibrium, we obtain similar upper pore hydration results as those obtained using AA equilibrium. Our simulation is further confirmed by the lipid density reported in a recent Piezo1 cryo-EM curved conformation, in which the lower leaflet “wall lipids” enter the pore through the crevices between inner pore helices, but they do not block the pore entirely (Fig. 6c).

This work by no means excludes the contribution of lipids to Piezo1 function. In fact, it provides a more
robust starting point for further investigation. For instance, the cryo-EM lipid density captured near the lower fenestration of Piezo1 pore (8) could play a role in channel gating. It is also possible that when the pore dilates during Piezo1 activation, the crevices between inner helices become large enough to allow whole lipids to enter the pore. Although we only focused on the equilibrium protocol of CG-to-AA simulations here, this study also brought up a fundamental question: the force balance between and within protein,
lipids, and water interactions will likely affect Piezo pore conformations and functions in different CG, AA, or hybride resolution models, which needs further investigation. In addition, although we only studied POPC lipids here, this work should serve as a benchmark for future investigations of more complex Piezo-lipid interactions in heterogenous bilayers. Indeed, many lipids are known to modulate Piezo1 function such as PIP2 (43), PS (44), margaric acid-enriched phospholipids (45,46), and sterols (47–49). Understanding the role of lipids to the function of mechanosensitive ion channels remains a central question in the field of mechanobiology. Eliminating possible computational artifacts is an important step toward achieving this goal.

**Code availability**

Input files and coordinates of Piezo1 system for MD simulations and free energy calculations, as well as python2 scripts and MATLAB codes are publicly available at https://github.com/reneejiang/pore-lipids.

**Supporting Material**

Supporting Material can be found online at https://doi.org/10.1016/j.bpr.2022.100080.

**AUTHOR CONTRIBUTIONS**

W.J. performed all MD simulations and data analysis. Y.L. designed and supervised the project. W.J., Y.L., and J.L. wrote the paper together.

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**DECLARATION OF INTERESTS**

The authors declare no competing interests.

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