The hypothetical SU(3) flavor-singlet dibaryon state $S$ with strangeness $-2$ has been discussed as a dark-matter candidate capable of explaining the curious 5-to-1 ratio of the mass density of dark matter to that of baryons. We study the early-universe production of dibaryons and find that irrespective of the hadron abundances produced by the QCD quark/hadron transition, rapid particle reactions thermalized the $S$ abundance, and it tracked equilibrium until it “froze out” at a tiny value. For the plausible range of dibaryon masses (1860–1890 MeV) and generous assumptions about its interaction cross sections, $S$'s account for at most $10^{-11}$ of the baryon number and, thus, cannot be the dark matter. Although it is not the dark matter, if the $S$ exists, it might be an interesting relic.

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I. INTRODUCTION

The most striking thing we know about dark matter is that it is nonbaryonic, and thus a new kind of matter. This links the fields of cosmology and particle physics and, today, the nature of dark matter is one of the most pressing problems in each field. The evidence for this comes from the primordial abundance of deuterium and the CMB angular power spectrum. In particular, there is a $50\sigma$ discrepancy between the baryon density, $\Omega_B h^2 = 0.02222 \pm 0.0002$, and the total matter density, $\Omega_M h^2 = 0.142 \pm 0.0013$, inferred from BBN and the CMB; see e.g., Ref. [1].

This fact also leads to a puzzle: the unchanging ratio between the dark-matter density and the density of baryons is about 5-to-1, order unity, rather than being very small or very large [2]. The two leading candidates for dark matter, WIMPs and axions, may be compelling from the particle physics point of view but do not address the 5-to-1 ratio in a compelling way. One dark-matter candidate that did address this issue was quark nuggets [3], where the dark matter was supposed to exist in the form of macroscopic, stable quark states with very large baryon number, which formed in a first-order QCD phase transition. In this scenario, the order unity ratio of dark matter (quark nuggets) to baryons can arise naturally.

Our understanding of QCD and the quark-hadron transition now strongly disfavors this idea (however, see Ref. [4]). Nonetheless, Farrar [5,6] has revived a variant of this idea with a stable (or very long-lived) dibaryon: she argues that the $S$ dibaryon, a compact six-quark configuration of 2 up-quarks, 2 down-quarks, and 2 strange-quarks, an SU(3) flavor-singlet with baryon number 2, strangeness $-2$, and spin zero could explain the ratio of dark matter to baryons.

The dibaryon has a long history that, for clarity, we briefly summarize here. More than 40 years ago, Jaffe [7] proposed the possible existence of a long-lived dibaryon comprising two $u$ quarks, two $d$ quarks, and two $s$ squarks. Within the bag model, he estimated its mass to be about 2150 MeV. In essence, Jaffe’s dibaryon is a bound state of two $\Lambda$’s, which would decay through the weak interactions. To date, there is no experimental evidence for a dibaryon of the kind proposed by Jaffe. Moreover, there are very significant constraints from lattice QCD simulations, hypernuclei, the ALICE experiment at the LHC, and unsuccessful searches [8–11]. In fact, these constraints appear to us to rule out Jaffe’s initial proposal, a weakly bound state of two $\Lambda$’s. Nonetheless, the existence and properties of a six-quark state remain a topic of continuing discussion in the QCD community.

In particular, the focus has shifted to a tightly bound state that is significantly smaller in size than an ordinary hadron and with a mass that would make it the most tightly bound baryon (or at least very nearly so). Farrar [5,12] argues that such a particle—dubbed the $S$ for sexaquark—escapes the usual constraints and searches by virtue of its small size (of order 0.2 fm or several times smaller than a nucleon). Farrar argues that the compact size of the $S$ would significantly reduce its interactions with other hadrons by reducing the...
wave-function overlap with the ordinary baryonic states as well as making it difficult to “discover” in lattice QCD simulations. Further, as mentioned earlier, she has championed it as a dark matter candidate.

In our paper, we focus on the viability of the $S$ dibaryon dark-matter hypothesis, remaining agnostic to the existence of the $S$ itself. (We will use the name $S$ to refer to the compact dibaryon that plausibly evades the stringent constraints on the larger, heavier dibaryon and is proposed as the dark-matter candidate.) We believe that what we know with certainty about the putative $S$, summarized below, is sufficient to determine its cosmological production:

1. Its mass must be greater than $m_p + m_n - m_e - 2BE \approx 1860$ MeV ($BE \approx 8$ MeV is the binding energy of a nucleon in a nucleus) to guarantee nuclear stability.\(^2\)

2. If its mass is greater than $2m_p + 2m_e \approx 1878$ MeV, it can decay to two nucleons; for $m_S < 2055$ MeV $= m_p + m_n$ this is a doubly weak process with a decay width $\Gamma > G^2 \delta m^9$ ($\delta m = m_S - 1878$ MeV); for $m_S < 1890$ MeV the lifetime of the $S$ is greater than the age of the Universe.

3. For an $S$ mass between 2055 and 2232 MeV ($2232$ MeV $= 2m_\Lambda$), the dibaryon can decay via a singly weak process into a nucleon and a $\Lambda$ with a lifetime short compared to the age of the Universe ($\Gamma > G^2 \delta m^9$), and for $m_S > 2232$ MeV the dibaryon can decay into two $\Lambda$’s via the strong interaction with a very short lifetime.

4. In general, the nonstrangeness changing interactions of the $S$, e.g., $\Lambda + \Lambda \leftrightarrow \pi + \pi + S$, should be strong, although they might be suppressed by factors arising from the wave functions of the states involved.\(^1\)\(^2\)\(^3\)\(^4\). In particular, Farrar\(^5\) has argued for hadronic cross-sections of the order of $10^{-30}$ cm\(^2\) or so.

These facts point to the mass range 1860 to 1890 MeV, where the dibaryon is stable or long-lived and can plausibly escape the very stringent constraints on a much heavier dibaryon. For two reasons, we will not consider $S$ masses larger than this. First, when the baryonic binding energy of the $S$ is negative ($m_S > 1878$ MeV), the cosmological production falls to even smaller values because the $S$ is not the lowest energy baryonic state, and second, the lifetime of the $S$ is not expected to be greater than the age of the Universe. Either reason alone precludes $S$’s from being the dark matter.

The starting point for our analysis is the early-universe QCD transition from the quark/gluon plasma into hadrons. Lattice calculations imply that the QCD transition is a “crossover” transition at temperature $T_C = 155$ MeV. Using nucleons, lambdas, and $S$’s as the baryonic degrees of freedom, we show that baryon statistical equilibrium (BSE)\(^6\) is very rapidly established after the QCD transition and is maintained only down to a temperature $T \sim 10$ MeV, long before a significant fraction of the baryon number is in dibaryons. In particular, our calculations show that the freeze-out abundance of the $S$’s, which determines the present-day relic abundance, is at most $10^{-11}$ that of nucleons, largely independent of the dibaryon mass and the strength of its interactions.

II. BARYON STATISTICAL EQUILIBRIUM

We consider the thermodynamic system of nucleons, lambdas, and dibaryons at temperatures $T < T_C$. Because other baryons are significantly more massive, only these particles are needed to track the dibaryon abundance. (Later, we will explicitly show that the only other processes of any importance, those that involve $\Sigma$ and $\Xi$ baryons, can be ignored at temperatures around freeze-out of the dibaryon abundance.) Further, we need not differentiate between neutrons and protons, for which we assume a common mass of 939 MeV, and $m_\Lambda = 1116$ MeV. For the only unknown in the BSE calculation, we consider the range discussed above, 1860 MeV $< m_S < 1890$ MeV, where the $S$ is stable or long-lived.

During the radiation-dominated era, the age of the Universe and the expansion rate are related by $t = 1/2H = 0.301g^{-1/2}M_p/T^2 \approx 0.8 (T/{\text{MeV}})^{-2}$ s, where $g_\ast \approx 10–20$ at the temperatures of interest counts the effective number of degrees of freedom, which includes photons, electrons, positrons, neutrinos, and smaller numbers of other hadrons. Even just after the QCD transition, the age of the Universe is much longer than a typical strong-interaction timescale ($10^{-23}$ s), and longer than the timescale for weak decays of hadrons (e.g., the $\Lambda$ lifetime is $2.6 \times 10^{-10}$ s), and weak interactions more generally (e.g., $e^+ + e^- \leftrightarrow \nu_i + \bar{\nu}_i$ and $n + e^+ \leftrightarrow p + \bar{\nu_e}$). The same of course holds for electromagnetic interactions. In sum, during the period of interest, $T \approx 155$ MeV to a few MeV, the constituents of the radiation soup are known and their reactions rapid, which makes equilibrium thermodynamics appropriate.

\(^2\)This constraint ensures that it is energetically impossible for a nucleus to decay into a nucleus with one less proton and one less neutron and an $S$. We believe there is a much stronger limit based upon the stability of the deuteron. If $m_S < m_p + m_n - m_e - 2.22$ MeV $\approx 1875$ MeV, the deuteron can decay via a doubly weak process into an $S$, a positron and a neutrino, with decay width $\Gamma > G^2 \delta m^9$. The deuterons in the Universe today were produced in the big bang 14 Gyr ago; stability of the deuteron for the age of the Universe requires $\delta m < 3$ MeV or $m_S > 1872$ MeV. Stronger constraints likely follow from the formation of neutron stars\(^7\) and observed neutron-star masses.\(^8\)

\(^3\)Our discussion of baryon statistical equilibrium closely follows the usual discussion of nuclear statistical equilibrium; see e.g., Ref.\(^9\).
Recall that there are two types of equilibrium: kinetic equilibrium and chemical equilibrium. If a species \(i\) is in kinetic equilibrium its phase-space density is 

\[
f(E) = \frac{1}{[\exp((E - \mu_i)/T) \pm 1]^{-1}}
\]

where \(\mu_i\) is the chemical potential of species \(i\), and \(\pm 1\) is used for fermions and \(-1\) is used for bosons. In the nonrelativistic (NR) limit the number density of species \(i\) is

\[
n_i = g_i \left(\frac{m_i T}{2\pi}\right)^{3/2} e^{-m_i/T} e^{\mu_i/T},
\]

independent of spin statistics (\(g_i\) is the number of degrees of freedom). As noted above, strong, electromagnetic, and weak interaction rates are so rapid that kinetic equilibrium is maintained throughout.

If a reaction \(a + b + \cdots \leftrightarrow \cdots + y + z\) is fast compared to the dynamical timescale for expansion (the age of the Universe), chemical equilibrium results, and the sum of chemical potentials in the initial and final states are equal: 

\[
\mu_a + \mu_b + \cdots = \mu_y + \mu_z.
\]

Chemical equilibrium for the process \(\Lambda \leftrightarrow N + \pi + \pi\) enforces \(\mu_\Lambda = \mu_N\) since \(\mu_\pi = 0\) (e.g., \(\pi^+ \leftrightarrow \pi^+ + \gamma\)), while chemical equilibrium for the process \(S + \pi \leftrightarrow \Lambda + \Lambda\) (and other reactions) enforces \(\mu_S = 2\mu_\Lambda = 2\mu_N\). Using \(g_N = 4\) (counting neutrons and protons), \(g_\Lambda = 2\), and \(g_S = 1\), and assuming all species are NR, the BSE abundances of the \(\{N, \Lambda, H\}\) system are

\[
n_{\text{EQ}}^N(T) = 4 \left(\frac{m_N T}{2\pi}\right)^{3/2} e^{-m_N/T} e^{\mu_N/T},
\]

\[
n_{\text{EQ}}^\Lambda(T) = 2 \left(\frac{m_\Lambda T}{2\pi}\right)^{3/2} e^{-m_\Lambda/T} e^{\mu_\Lambda/T}
= \frac{1}{2} n_{\text{EQ}}^N(T) \left(\frac{m_\Lambda}{m_N}\right)^{3/2} e^{B_\Lambda/T},
\]

\[
n_{\text{EQ}}^S(T) = \left(\frac{m_S T}{2\pi}\right)^{3/2} e^{-m_S/T} e^{2\rho_S/T}
= \frac{1}{16} n_{\text{EQ}}^N(T)^2 \left(\frac{m_S T}{2\pi}\right)^{3/2} \left(\frac{2\pi}{m_N T}\right)^3 e^{B_S/T},
\]

where \(B_\Lambda = m_N - m_\Lambda = -177\) MeV and \(B_S = 2m_N - m_S = 1878\) MeV - \(m_S\) are the “baryonic binding energies.” Note that \(B_\Lambda\) is negative (nucleons are a lower baryon energy state), and \(B_S\), which is between 18 and \(-12\) MeV, is positive if \(S\) is stable or slightly negative if it is only long-lived.

Baryon number conservation is expressed as the constancy of baryon number to entropy ratio, \(n_B/s = 3.9 \times 10^{-9}\Omega_B h^2 \approx 8.7 \times 10^{-11}\), where the entropy density is \(s = 2\pi^2 g_s T^3/45\) and \(n_B = n_N + n_\Lambda + 2n_S\).

The BSE baryon fractions for the \(\{N, \Lambda, S\}\) system as a function of temperature assuming \(m_S = 1875\) MeV are shown in Fig. 1. There are several important points to note: (1) The baryon number carried by \(\Lambda\)’s is always small and decreases exponentially with temperature because of the \(\Lambda\)’s negative binding energy. This is why the heavier baryons can be neglected: their abundances would be smaller and would decrease faster. (2) Assuming \(B_S > 0\), the baryon fraction carried by \(S\)’s becomes of order unity at a temperature \(T \sim 0.1\) MeV. While \(S\)’s are energetically favored for positive \(B_S\), owing to the high entropy of the Universe \((\frac{\eta}{T} \sim 10^9)\) \(S\)’s are not thermodynamically favored until a very low temperature, \(T_S \sim B_S/\ln(\eta)\) (4) (3) In the case of negative \(B_S\), \(S\)’s are never thermodynamically favored and the baryon fraction they carry decreases exponentially in a manner similar to \(\Lambda\)’s. (4) The most important result is that for the mass range we consider, 1860 MeV < \(m_S < 1890\) MeV, and for temperatures 10 MeV < \(T < T_C\), in BSE the baryon fraction carried by \(S\)’s is between 10^{-11} and 10^{-13}. This fact makes our predictions for the final abundance of \(S\)’s insensitive to the mass of the \(S\) and its precise cross sections.

Equilibrium thermodynamics is not the entire story and next we discuss the freeze-out of \(S\)’s, which determines the dibaryon abundance today.

### III. FREEZE-OUT

Equilibrium among the three species in our system of baryons, \(\{N, \Lambda, S\}\), only pertains so long as the key reactions that maintain chemical equilibrium are occurring rapidly on the expansion timescale: i.e., reaction rate \(\Gamma > H\). Those key reactions are: (1) \(\Lambda \leftrightarrow N + \pi\) and (2) \(\Lambda + \Lambda \leftrightarrow S + \pi + \pi\). The first reaction—a weak process—regulates the number of \(\Lambda\)’s through decays and inverse decays. Since the lifetime of the \(\Lambda\) is of the order of \(10^{-10}\) s—much shorter than the age of the Universe at the times of relevance here—the first reaction ensures that the abundance of \(\Lambda\)’s closely tracks its equilibrium value.

\[\text{FIG. 1. The BSE baryon fractions for the } \{N, \Lambda, S\} \text{ system as a function of temperature for } m_S = 1875 \text{ MeV.}\]
On the other hand, the second reaction, which regulates the number of $S$'s, cannot keep pace with the expansion at low temperature because of the exponentially decreasing numbers of $\Lambda$'s. This prevents the dibaryon abundance from increasing and maintaining its BSE value and leads to the small final abundance of $S$'s.

In principle, three rate equations are needed to follow the evolution of the \{N, $\Lambda$, $S$\} network. However, because strong and weak interaction rates are so much faster than the expansion rate, the nucleons and $\Lambda$'s will be in chemical equilibrium, and we need only consider the Boltzmann equation for the dibaryons. The equation governing the $S$ number density can be written as

\[
\dot{n}_S + 3Hn_S = -n_S \Gamma_S + \langle \sigma v_{\text{Mol}} \rangle_{\Lambda \Lambda \rightarrow S \pi \pi}, \tag{3}
\]

where $\langle \sigma v_{\text{Mol}} \rangle_{\Lambda \Lambda \rightarrow S \pi \pi}$ is the thermal average of the cross section times the Møller velocity for the process $\Lambda \Lambda \rightarrow S \pi \pi$ (see e.g., Ref. [18] for the definition of the Møller velocity $v_{\text{Mol}}$):

\[
\langle \sigma v_{\text{Mol}} \rangle_{\Lambda \Lambda \rightarrow S \pi \pi} = \frac{g_\Lambda}{(n_\Lambda^\text{EQ})^2} \int \sigma_{\text{Mol}}(p_1) f_{\pi}^\text{EQ}(p_1) f_{\pi}^\text{EQ}(p_2) \frac{d^3p_1}{(2\pi)^3} \frac{d^3p_2}{(2\pi)^3}. \tag{4}
\]

In Eq. (4), $f_{\pi}^\text{EQ}(p)$ is the equilibrium phase-space distribution for the $\pi$: $f_{\pi}^\text{EQ}(p) = e^{E_\pi/T} e^{-E_\pi/T}$. Absent precise information for $\sigma(s)$, we assume $\langle \sigma v_{\text{Mol}} \rangle_{\Lambda \Lambda \rightarrow S \pi \pi} \equiv \sigma_0$.

Using detailed balance, Eq. (3) can be written as

\[
\dot{n}_S + 3Hn_S = -\Gamma_S(n_S - n_S^\text{EQ}). \tag{5}
\]

Comparing Eqs. (3) and (5),

\[
\Gamma_S = \frac{1}{n_S^\text{EQ}} \langle \sigma v_{\text{Mol}} \rangle_{\Lambda \Lambda \rightarrow S \pi \pi}
= 4\sigma_0 T^3 \left( \frac{m_\Lambda}{m_S} \right)^{3/2} \left( \frac{m_\Lambda}{2\pi T} \right)^{3/2} e^{-(2m_\Lambda - m_\pi)/T}. \tag{6}
\]

The process $\Lambda \Lambda \rightarrow S \pi \pi$ does not involve a strangeness-changing interaction, so it should proceed via the strong interaction. We take $\sigma_0 = 1/m_\pi^2 = 20 \text{ mb}$ as the nominal value, and vary $\sigma_0$ from 1 to 1 pb to illustrate the insensitivity of our results to precise knowledge for this cross section. We note that we included other processes involving $\Sigma$'s and $\Xi$'s that produce $S$'s, e.g., $\Xi N \rightarrow S \pi$, $\Lambda \Sigma \rightarrow S \pi$, or $\Sigma \Sigma \rightarrow S \pi$, then $\langle \sigma v_{\text{Mol}} \rangle_{\Lambda \Lambda \rightarrow S \pi \pi}$ would be replaced everywhere by the sum $\sum_{i,j} \langle \sigma v_{\text{Mol}} \rangle_{i \rightarrow j \pi}^{\Sigma \Xi}$.

Shown in Fig. 2 is the ratio of $\Gamma_S$ to the expansion rate for temperatures between 5 MeV and 155 MeV. Around

\[
T_C = 155 \text{ MeV}, \text{ when } \Lambda's \text{ are very abundant, the ratio is greater than } 10^{19}, \text{ ensuring that regardless of its initial abundance, the } S's \text{ will rapidly come into equilibrium. As the temperature falls, } \Gamma/H \text{ drops rapidly, because of the exponentially decreasing numbers of } \Lambda's, \text{ and freezes out (achieves a value of unity) around } T = 8 \text{ MeV.}
\]

Shown in the inset of Fig. 2, are the additional $S$ production rates involving $\Sigma$'s and $\Xi$'s (assuming the same cross section normalization). While these processes can be important around $T_C$, increasing $\Gamma/H$ by about a factor of 3, the final $S$ abundance is determined by the freeze-out of $\Lambda \Lambda \rightarrow S \pi \pi$, justifying our simple network of $N$'s, $\Lambda$'s and $S$'s. We note that $\sigma_0$ would have to be less than about

\[
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The expansion rate of the Universe (lends itself to an equilibrium thermodynamic treatment transition phase at a temperature of around 155 MeV and so we expect the final abundance of but neither is a easy way out.

As we conclude that dibaryons must be but a tiny fraction of the final baryon fraction carried by $S$'s and so were expected to nucleons in the range $10^{-11}$ to $10^{-13}$, and so we expect the final abundance of $S$'s to be in this range. Figure 3 shows the results of integrating Eq. (3) for an $S$ mass of 1875 MeV. As expected, freeze-out occurs at a temperature of around 8 MeV and an $S$ baryon fraction of about $10^{-12}$. This freeze-out occurs well before BBN, and $S$ production and BBN should not interfere with one another. Figure 4 shows the final abundance of $S$'s and its insensitivity to $m_S$ and $\sigma_0$.

IV. CONCLUSIONS

The production of dibaryons following the QCD transition phase at a temperature of around 155 MeV lends itself to an equilibrium thermodynamic treatment because the crucial reaction rates are so rapid compared to the expansion rate of the Universe ($\Gamma/H \sim 10^{20}$). In turn, the attainment of equilibrium means that the final abundances are insensitive to the details of how the quark/glueon plasma transitions to hadronic matter. Using a simple network of nucleons, lambda, and dibaryons and the key reactions that govern their abundances, we find that the final baryon fraction carried by $S$'s is determined by the BSE value when the reaction $\Lambda\Lambda \rightarrow S\pi\pi$ freezes out. For the relevant range of $S$ masses (1860 to 1890 MeV) and a very wide range of cross sections for this process (more than 12 orders of magnitude), freeze-out occurs between $T \sim 6$ MeV and 12 MeV, where the BSE abundance of $S$'s is relatively constant, at a value no larger than $10^{-11}$ that of nucleons.

As attractive as the idea of dibaryonic dark matter is, we conclude that dibaryons can be but a tiny fraction of the dark matter. There are two ways to avoid this conclusion; but neither is a easy way out.

The first way out is if the $S$ is light enough ($m_S \approx 1200$ MeV) that the BSE abundance is large at freeze-out. This is the conclusion of Gross et al. [19]. However, a mass this small is strongly excluded by the arguments given in the Introduction.

The second way out is if $S$'s are copiously produced in the QCD transition (e.g., by “entainment” as proposed in [6]) and their interactions thereafter are too weak to establish the $S$ in BSE. In our calculations we assumed that the reactions that regulate the $S$ abundance ($\Lambda\Lambda, \Sigma\Sigma, \Sigma\Xi, \Lambda\Sigma, \Lambda\Xi$ and $\Xi N \leftrightarrow S + X$) are strong interactions, with $\sigma_0 = 20$ mb. As seen from Fig. 2, avoiding BSE just after the QCD transition would require a reduction of about $10^{20}$ over our assumed cross section. Farrar argues that while the $S$ has strong interactions with baryons, a very large suppression in the effective $S$-baryon-baryon coupling can arise due to wave-function mismatch [12]. The suppression must be ten orders-of-magnitude to avoid being ruled out by the experimental constraint arising from doubly strange hypernuclei [12], and more than 20 orders of magnitude to avoid BSE and our conclusion that dibaryons are not abundant enough to be the dark matter. This is a tall order: recall, Farrar estimated the hadronic interactions of the $S$ have cross sections of order $10^{-30}$ cm$^2$ [12] and the hadronic cross sections needed to establish BSE need only be greater than a few $\times 10^{-46}$ cm$^2$. Further, while for simplicity we assumed s-wave annihilation, the cross section suppression for p-wave annihilation is only $6T/m_\Lambda \sim 0.8$ at $T = T_C$, and thus kinematic factors will not aid in suppressing the rate significantly.

Although we conclude that the dibaryon is unlikely to be dark matter, if a stable or long-lived dibaryon does exist they may be an interesting relic, even if the number left over from the early universe is around $10^{-11}$ or so per nucleon. Given that they are neutral and have strong interactions, they should bind to nuclei (however, see Ref. [20] for the argument that the $S$ does not bind to nuclei.) The relevant nuclei in the early universe are $p$'s and $^4$He and the formation of $S$-nuclei should occur at a temperature $T \sim BE/\ln \eta^{-1}$ (BE is the binding energy of an $S$ to a nucleus), which is likely to be of order a fraction of an MeV, i.e., around the time of BBN. (The tiny $S$ abundance ensures that this will not significantly affect BBN.) Any $S$'s should today masquerade either as an odd, stable form of tritium ($^3_t$) or an odd form of $^3$He ($^3_o$He). By odd, we mean slightly different mass and possibly different nuclear energy levels. Absent knowledge of their binding energies to $p$'s and $^4$He's, we cannot estimate the relative abundances of $^3_t$ and $^3_o$He. We do not consider their detectability here.

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