Patient and port positioning in laparoscopic liver resections

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Abstract
Currently, laparoscopic liver resections are routinely performed at an increasing number of centres and has extended to include major resections as well as more challenging segments of the liver. We believe that patient positioning and port placement is a critical yet under described component of successful laparoscopic liver resection to achieve optimal visualisation and allow for an ergonomic and safe dissection. In this article, we describe the advantages of various types of patient positioning as well as provide illustrations for an array of trocar configurations previously described in literature. Whilst there is no universally accepted standardization of port placement for various resection types, this descriptive article can serve as a guide for the various possibilities of port configurations that can be individually adapted by surgeons based on their preference as well as the patient’s physique and anatomy.

Keywords: Laparoscopic liver resection, port positioning, patient positioning

INTRODUCTION
In the first and second international consensus conference held in Louisville and Morioka in 2008 and 2014 respectively, minor laparoscopic liver resections (LLR) were acknowledged to be the standard of care and major resections were deemed to be in the exploratory phase¹,². Since then, with improved technology, increased surgical experience, and introduction of novel techniques, an international survey revealed...
that the indications for laparoscopic liver resections involving all liver segments have expanded\textsuperscript{[5]} and an increasing number of centres have adopted it as routine practice\textsuperscript{[4-6]}.

The liver’s shielded anatomical location beneath the ribs traditionally requires extended subcostal incisions for surgical access in open surgery, whereas in LLR, ideal patient and port positioning have facilitated optimal laparoscopic visualization with ergonomical access. The caudal approach is the main paradigm shift in LLR, in contrast to the anterior approach adopted during open liver resections. These magnified caudal views not only allow for enhanced and precise parenchymal transection of the liver, but also facilitate improved exposure of the hilar plate for pedicle clamping, and around the right adrenal gland and the inferior vena cava for meticulous division of the short hepatic veins\textsuperscript{[7,8]}.

This article seeks to summarize and illustrate the options available for patient and port positioning in varying types of LLR, which we believe is an under-described, yet a critical technical aspect in LLR.

**PATIENT POSITIONING**

The planned liver resection and surgical approach will dictate the ideal patient positioning and port placement. Liver resections are broadly divided into non-anatomical partial hepatectomies, or anatomical segmentectomies, sectionectomies or hemihepatectomies, whereby resection lines follow the portal inflow and hepatic veins. We describe patient positioning in the context of planned surgical resection, as follows.

**Laparoscopic liver resection for antero-lateral segments**

*Supine straight split-leg position*

A frequently adopted position for this large subset of LLR is the supine straight split-leg position [Figure 1]. This position facilitates more ergonomical options of standing positions for the primary surgeon and the assistants, by allowing one to stand between the patients’ legs, and has been affectionately termed the "French position"\textsuperscript{[9,10]}.

The knees are strapped to prevent buckling when the patient is subsequently positioned in steep reverse Trendelenburg. Additional foot-holds can prevent the patient from sliding caudally [Figure 1B]. The upper limbs are typically extended or flexed overhead to allow for more lateral trocar placement, as well as to add stability to the patient’s position during left-right axis tilting. Arm-boards also provide easy vascular access to the upper limbs for anaesthesiologic purpose.
Modified Lloyd-Davies position

The modified Lloyd-Davies position with leg stirrups can also be utilised should the straight-leg split surgical table not be readily available, or should there be a need for access into the pelvis/perineum such as in the setting of combined colorectal and liver resections for colorectal cancer with liver metastasis [Figure 2]. In both the supine straight split leg or modified Lloyd-Davies position, the patient can be placed on a gel mattress that has anti-slip properties or a vacuum-cushion mattress that is moulded to the patient’s body contours to prevent the patient from sliding once placed in reverse Trendelenburg or if the surgical bed is tilted in the left-right axis.

Pneumatic thigh and calf compressors should be utilised to minimize deep venous thrombosis of the lower limbs, which is particularly important in laparoscopic liver resection wherein patients are subjected to reverse Trendelenburg positioning for extended periods.

Laparoscopic liver resections for posterior and superior lesions

Left lateral decubitus

The left lateral decubitus is commonly employed for posterior lesions in segment 6, segment 7 and dorsal aspect of segment 8 [11,12] [Figure 3A and B]. Not only does this position offer better exposure of posterior segments, but it elevates the right hepatic vein higher than the vena cava, which reduces hepatic venous bleeding [7,13]. With adjustment of the left-right rotation of the operating table to achieve a more supine position, the surgeon is allowed flexibility to access the liver hilum for portal inflow isolation or application of a snare around the hepatoduodenal ligament for the Pringle’s manoeuvre.

Typically, in a full left lateral decubitus position the legs are not split. However, in instances where a full left lateral decubitus is not required and the surgeon would still like to maintain a split-leg position, one can modify the original supine split-leg or modified Lloyd-Davies position [Figures 1 and 2] to include a gentle 30 to 45-degree tilt with the use of gelpads placed under the right side of the abdomen.

Semi-prone position - a modification of the left lateral decubitus position

The semi-prone positioning is a modification of the left lateral decubitus position, and has also been described for right-sided hepatectomies in particular segment 6, 7, 8 resections, posterior sectionectomy,
right-sided caudate lesions, and right hepatectomy\cite{14-16}. This semi-prone position can be adopted by rotating the operating table 20–25 degrees with a patient positioned in the left lateral decubitus, resulting in a position best described by Ikeda et al.\cite{16} as a swimmer breathing during a front crawl swim [Figure 3C].

Once the right lobe of the liver is completely mobilized, retraction of the right lobe of the liver to the right and cranially allows improved visualisation of hilar structures; in particular, the main portal fissure, right portal fissure, and portal fissure of the caudate process\cite{15}. The stomach, duodenum, and colon similarly hang down toward the left, facilitating the Glissonian approach to the right lobe.

Although the semi-prone position has been described for right hepatectomy, this may not be replicable in the context of large right lobe tumours because manipulation of the right lobe will be difficult, resulting in poor visualisation of the porta hepatis. In this scenario, the conventional supine straight split-leg position with anterior caudal approach is more appropriate.
Conversion from laparoscopic to open surgical approach in the semi-prone position can still be achieved by rotating the operating table to a neutral position, and a right subcostal incision can then be made in the left lateral decubitus position \cite{16}.

**Left jack-knife position**

The left jack-knife position involves adjusting the operating table at the level of the lumbar region to an angle of approximately 120 degrees, once the patient is already in a left lateral decubitus position [Figure 3D]\cite{17}. Lumbar extension increases the operating field by widening the distance between the right costal margin and the right anterior superior iliac spine, allowing wider space for lateral port placement.

**Reverse trendelenburg**

In addition to all these varying positions, a reverse Trendelenburg, which can range from 10-30 degrees is also simultaneously adopted. This serves to decrease hepatic venous pressure by reducing venous return, and also improves caudal exposure by gravitationally shifting visceral structures away from the liver hilum \cite{2}.

**A TYPICAL OPERATION THEATRE SET-UP**

This is an example of a typical operation theatre set-up [Figure 4]. Depending on the type of surgery, the patient's positioning may vary (legs together vs. legs split), and the main surgeon may switch positions to be on the patient's right or left.

Dual air supply is recommended routinely for laparoscopic liver resection as it negates the sudden loss of pneumoperitoneum when there is more liberal use of the surgical aspirator in the context of bleeding. An alternative to dual air supply is the use of valve-less trocar systems, which is able to maintain a stable pneumoperitoneum with laminar flow and carbon dioxide recirculation in spite of high flow suction or air-leak.

Providing a template of the operation theatre layout allows the surgeons, nursing staff, and OT attendants to plan accurate placements of surgical equipment, optical screens, and appropriate energy device foot pedals, enhancing the overall efficiency of the set-up for LLR.

**PORT PLACEMENT**

There is no standard for port positioning in LLR even in surgeries that are as routinely performed as left lateral sectionectomies, and tweaks are often necessary depending on each unique case \cite{9,18}. In a typical LLR, up to 4-6 ports may be used, with a minimum of two 12 mm ports - one for the preferred flexi-tip (e.g., Olympus EndoEye; Olympus Medical System Corp, Tokyo, Japan) or 30-degree camera, and an additional as a working port for the insertion of the laparoscopic ultrasound probe, stapler, and ultrasonic aspirator, amongst other 10 mm instruments. In our experience, 3D imaging capability can be useful in improving depth perception, especially in the context of deep parenchymal transection.

Specimen retrieval sites are typically an extension of the para-umbilical incision or a pfannenstiel incision for larger specimens. The pfannenstiel incision provides improved cosmetic outcome and reduced post-operative pain.

In the straight split-leg or modified Llyod-Davies position, the first port placement is most commonly a supraumbilical 12 mm port with additional working ports then placed along a diameter of concentric circles radiating from the tumour \cite{19}. The position of the supra-umbilical port can also vary in distance from the umbilicus, accommodating for patients with a longer xiphisternum-umbilical distance. An
infra-umbilical port is a useful alternative in the context of a cirrhotic patient to avoid potential bleeding from the recannulated umbilical vein. In instances where the resection plane is predicted to extend more superiorly and posteriorly, the optical trocar port can be inserted in the upper right paramedian instead.

In patients with high body mass index, port placements are best referenced from fixed anatomical landmarks such as the xiphisternum and the costal margin rather than the umbilicus. In contrast, patient’s with hepatomegaly from severe steatosis or alcoholic liver disease would require port placements to be inferiorly translocated away from the costal margins to account for a more inferior liver edge. In the event that an LLR is attempted on a patient with previous open surgery, index port placement is often the safest via a open cut-down technique at a site away from the previous incisions, with additional ports placed for adhesiolysis prior to the intended LLR port configuration for the planned liver resection. For repeat LLRs, omental and bowel adhesions are less common; this upfront allows for port placement of a desired configuration after initial laparoscopic survey through the optical trocar. However, the liver hilum may be scarred if it was previously dissected, and the liver tends to be adherent to the diaphragmatic and retroperitoneal surfaces if it was previously mobilised.

In the event that the surgeon’s preference is an extracorporeal Pringle manoeuvre, a short profile 5 mm trocar is often utilised for convenience, such that it will not interfere with the resection and also allow...
for rapid application and release of the tourniquet. In some instances, surgeons may prefer to exteriorise the tourniquet through the abdominal wall without a port, however, care must be taken to ensure a snug incision such that there is no leakage of pneumoperitoneum.

Here, we provide examples of previously described port placements for varying resection types.

**Resections typically performed in the supine (split-leg or modified Llyod-Davies) position**

*Laparoscopic right/left hepatectomy including living donor liver transplant*

An optical camera is placed along the anterior axillary line to align the resection line along the Cantlie line. Pfannenstiel incision is used for specimen extraction. Pringle's manoeuvre is applied, if required [Figure 5A].

In patients with a smaller abdominal domain, it may be difficult to achieve adequate spacing between the 4 main subcostal ports, as in Figure 5A, hence the assistant working port can be shifted to the left subcostal margin [Figure 5B].
No Pringle's manoeuvre utilised [Figure 5C].

The two 12mm ports are utilised as the surgeon's main working ports in the right anterior axillary line and the midline. The port sites vary slightly based on an individual patient's profile. Pringle's manoeuvre was used at the surgeon's discretion [Figure 5D].

**Laparoscopic left lateral sectionectomy**

The supraumbilical optical trocar can be shifted further away from the umbilicus based on the patient's xiphoid-umbilical distance. The 5 mm epigastric port is variable [Figure 6A].
The 5 mm subxiphoid port allows irrigation, aspiration, as well as liver hanging where necessary. Two 12 mm ports are utilised for an optical trocar and working port mainly to facilitate use of the linear stapler. A 10 mm working port is utilised for the harmonics scissors or surgical aspirator. Similar port set-up is utilised for LDLT focused on LLS [Figure 6B].

No Pringle manoeuvre utilised [Figure 6C].

**Laparoscopic segment 4 resection**
The patient is positioned supine with modified Llyod-Davies with the main surgeon between the patient's legs. Medial resection proceeds along the right side of the falciform ligament with subsequent S4a and S4b pedicle control. Second transection line is along the ischemic line or 1 cm beyond the MHV where extended S4 is required [Figure 7].

**Laparoscopic central bisectionectomy and right anterior sectionectomy**
The patient is placed supine with a slight right tilt, legs together. The surgeon and scopist stand on the patient's left, whilst the assistant stands on the surgeon's right. Optical trocar is placed 3-4 cm away from the umbilicus [Figure 8A]. Rubber band self-retraction technique by Choi et al.\(^{[31]}\) is utilised for the two resection planes respectively.

The patient was positioned supine with a right side tilt and the surgeon stood between the patient's legs [Figure 8B].

**Resections typically performed in the left lateral, semi-prone or jack-knife position**
In the left lateral, semi-prone, or jack-knife position, a combination of anterior and lateral approach to port placement is adopted, with the possibility of intercostal trocar insertions\(^{[16,34-38]}\). The lateral approach with intercostal ports allows for better visualisation and improves the range of motion of instruments to perform parenchymal transection for lesions in segment 7 and 8.
Insertion of intercostal ports can be performed using one of the three methods: (1) ports inserted between the ribs below the diaphragm; (2) ports inserted between the ribs and through the diaphragm whereby intra-peritoneal laparoscopic instruments are used to apply pressure on the diaphragm against the chest wall such that the lung is pushed away; and (3) optically inserted transthoracic ports that will require a separate laparoscopic stack to allow sequential entry, first into the thoracic cavity, followed by trans-diaphragm. Balloon-ports are used preferentially as they are able to retract the balloon snugly against the diaphragm, thereby allowing greater working space and minimizing intra-operative pneumothorax formation. These methods of insertion of intercostal ports preclude the need for single lung ventilation. Care must be taken to routinely aspirate residual gas from the thoracic cavity as well as close all primary diaphragmatic port sites after the completion of resection to prevent herniation.

Laparoscopic resections of dome lesions (segments 7 and 8)

Patient is positioned left lateral with right arm suspended [Figure 9A].

Surgery begins with an abdominal approach with the surgeon standing between the patient’s legs or on the patient’s left. First optical trocar is placed at the umbilicus with 3 right subcostal working ports.

During the anterior approach: Hepatoduodenal ligament is snared in preparation for Pringle’s. Right liver mobilisation is followed by intra-operative ultrasound for margins. Caudal and superficial liver parenchyma are transected. Thereafter, the lateral approach begins with two balloon-tipped trans-diaphragmatic ports inserted through the same right intercostal space, and the surgeon then moves to patient’s right. As a modification to this approach, where deemed necessary, additional trans-diaphragmatic intercostal ports at a higher chest entry point are placed for more postero-medially located dome resections.

Patient is positioned in the left lateral decubitus position with the legs apart [Figure 9B]. Additional transdiaphragmatic trocars are placed along the 9th and 11th intercostal space in the mid-axillary and anterior axillary line.
Patient is positioned in the left semi-lateral [Figure 9C]. The main surgeon stands on the patient’s right. 5 mm trocar is placed adjacent to the xiphoid process with additional 12 mm ports placed 6-7 cm apart along the right subcostal margin. The operation begins with right lobe mobilisation to increase the sub-phrenic space prior to insertion of an additional 5 mm trocar in the 9th intercostal space at the right posterior axillary line. This allows for better triangulation and hence access to segment 7, utilising the two lateral working ports.

**Laparoscopic right posterior sectionectomy**

The first main 12 mm trocar is placed 5 cm above the umbilicus at the right mid-clavicular line. Subsequent placement of 10 mm infra-umbilical trocar and additional 5 mm trocars are in the subxiphoid, mid-line, and right anterior axillary line [Figure 10A].

Surgeon stands on the patient’s left side, who is positioned at a 45-degree tilt in semi-lateral decubitus [Figure 10B].
Surgeon stands on the patient's right. Additional 5 mm balloon-tipped trocar placed in the right 8th intercostal space in the posterior axillary line. Pringle's manoeuvre may be used at the surgeon's discretion [Figure 10C].

Patient positioned in modified Llyod-Davies with left lateral tilt and right arm overhead. The surgeon stands between the patient's legs. A 12 mm transthoracic intercostal balloon port is inserted in the 7th intercostal space and can be used interchangeably as the optical trocar [Figure 10D].

Placement of a 12 mm transthoracic port as shown in Figure 10D is particularly useful for visualisation along the hepatocaval ligament and dissection of the origin of the right hepatic vein at the inferior vena cava.

By positioning the patient in the full left lateral decubitus position, the resection plane for posterior sectionectomy is converted from a horizontal plane to a more vertical plane41. In these instances, the surgeon may choose not to mobilize the right lobe of the liver - the exposure of the resection plane along
the right hepatic vein improves as the transection proceeds in a caudal-cranial fashion, with the remnant liver falling away from the resected liver, which remains fixed to the retroperitoneum.

This gravitational shift may not be so apparent in cases where the patient is positioned in a left semi-lateral decubitus or supine with right-sided 30-degree tilt. In these instances, the right lobe of the liver is often fully mobilised to allow for not only the visualisation of the right hepatic vein at its origin, but also to facilitate a better view of the resection plane. Full mobilisation allows retraction of the liver anteromedially, such that the resection plane along the right hepatic vein shifts more medially and sits in a vertical axis. Often stay-sutures or rubber-band retraction technique can be utilised on both sides of the resection line to splay open the resection plane and enhance exposure.

**Similar right-sided resections performed instead in the semi-prone position**

The surgeon stands on the left cranial side of the patient with the camera assistant on the left caudal side of patient. The first port is placed in the right para-rectal line, 10 cm below the costal margin. Additional 3 working ports (5 or 12 mm) are placed in the right pararectal, anterior axillary, and posterior axillary line. An intercostal port in the 7th intercostal space in the anterior axillary line is inserted for segment 7, 8, and right superior caudate resections.

A total of 5-6 trocars are utilised in 2 rows. The optical camera utilised in this series is a 5 mm camera positioned 5 cm to the right and above the umbilicus, with an additional 12 mm trocar placed at the right pararectal line at the same level. An upper row of 5 mm trocars is placed along the right subcostal margin in the right mid-axillary and mid-clavicular line, with an additional 12 mm sub-xiphoid trocar. Dissection similarly begins with hilar inflow control of the posterior sectoral and thereafter full right lobe mobilisation followed by parenchyma transection.

**LESS COMMONLY EMPLOYED SURGICAL APPROACHES**

**Trans-diaphragmatic thoracoscopic approach**

Trans-thoracic trans-diaphragmatic surgical approach has also been described for lesions in the dome of the liver. This technique involves port placements into the thoracic cavity followed by trans-
diaphragmatic ultrasonographic localisation of the liver tumor, followed by incision of the diaphragm. It entails single lung ventilation and placement of a chest drain at the end of surgery after repair of the diaphragm, and should ideally only be utilised for superficial resections that are not close to major hepatic veins. The single lung ventilation maximises the working space of thoracoscopic instruments without the use of carbon dioxide insufflation.

A pure thoracoscopic approach may be particularly useful in patients with multiple previous abdominal surgeries so as to avoid difficult adhesiolysis in the scarred abdomen\textsuperscript{[49]}. However, if there is a need to access the porta hepatis and hepatoduodenal ligament for the Pringle manoeuvre as well as survey the left lobe of the liver with intra-operative ultrasound, the surgery can be modified to involve two steps with an anterior trans-abdominal approach in the supine position followed by left lateral positioning with transthoracic approach\textsuperscript{[47]}. In this approach, the pneumoperitoneum is evacuated prior to transthoracic port placement and diaphragmatic incision.

Understandably, this trans-thoracic surgical approach raises concerns for potential thoracic complications such as bilio-pleural fistula, oncological compromise, atelectasis, pneumothorax, and diaphragmatic hernia.

**Hand-assisted laparoscopic approach**

The adoption of hand-assisted laparoscopic surgery (HALS) for the liver is largely dependent on surgeon preference and type of resection planned. It may be utilised more for hemi-hepatectomies, whereby the hand-port incision serves a dual purpose for specimen extraction. It is also viewed by some as an interim approach for surgeons in their early experience with LLR as the hand-port can be used to facilitate liver retraction along the parenchymal cut line. The hand-port also allows for immediate compression or elevation whenever bleeding is encountered and provides tactile feedback in assessing tumor margins\textsuperscript{[50]}.

**HALS right and left hepatectomy described by University of Pittsburgh Medical Center\textsuperscript{[51,52]}**

The patient is positioned supine. The hand-port is placed at the start of the operation and when it is not utilised, a 12 mm trocar is inserted through the gelport.

The main surgeon stands on patient’s left side [Figure 12A].

The main surgeon stands on the patient’s right side. The hand-port is placed lower so as to minimize conflict with the laparoscopic instruments [Figure 12B].

**Single-incision laparoscopy approach**

Single port laparoscopic hepatectomies have also been described, most frequently but not exclusively for minor hepatectomies such as left lateral sectionectomy and wedge resections\textsuperscript{[53-56]}. A trans-umbilical incision is typically performed ranging between 4-5 cm and limited to lesions that are not larger than 5 cm. In LLR involving postero-superior lesions, the incision may need to be modified to a right upper quadrant transverse incision to allow laparoscopic instruments to reach the dome of the liver\textsuperscript{[54]}. Limitations of SILS include lack of triangulation, which adds challenge to the surgery and as such, may only be recommended for experienced surgeons in select cases.

**CONCLUSION**

With increasing access and advancements in minimally invasive equipment, an increasing proportion of liver surgeons will adopt LLR as a routine and push boundaries to complete more challenging resections using a pure laparoscopy approach\textsuperscript{[57]}. Whilst established frameworks in patient and port positioning exist, liver surgeons should still aim to be flexible, modifying approaches according to patient’s physique, tumour size and location, as well as the underlying liver pathology. The LLR learning curve can be steep and the
application of existing LLR difficulty scores will help surgeons tailor their level of experience accordingly, to the appropriate resection that they should embark on safely. Another guiding tool that is important, yet under-described, is the art and science of optimal patient and port positioning.

Currently, three-dimensional (3D) simulation software such as SYNAPSE VINCENT volume analyzer (Fujifilm Co., Tokyo, Japan) allows conversion of computer tomography liver images into 3D imagery, facilitating precise and parenchymal-saving resections by providing a detailed analysis of subsegmental inflow vessels and venous drainage. Moreover, real-time virtual sonography (RVS) provides a reconstructed CT image, which can be utilised to precisely identify structures in the planned resection line and ensure safe resection margins. Looking forward, a technology that may potentially enhance LLR is the use of 3D virtual resection planning integrated with augmented reality (AR), such that surgeons can be provided with imagery that is transposed live into the operative field. At the current moment, the use of AR as an intra-operative navigation tool is limited because reference CT or 3D images are rigid and unable to synchronize accurately with the natural deformation of liver parenchyma that occurs during liver mobilisation and parenchymal transection. Hallet et al. describe the use of AR for trans-thoracic trans-diaphragmatic resection of a dome lesion that involved minimal liver deformation, and hence facilitated ideal intercostal port placement and precise diaphragmatic incisions. As technology advances in the future, it may allow for enhanced planning of patient positioning and port placements, and facilitate more precise parenchymal resections.

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