INTRODUCTION

In biomechanical analysis of implants, there are two significant properties that describe their mechanical characteristics: stiffness and permanent deformation induced by the working load [1]. The stiffness of implants and tissue-implant interfaces is of great significance in analysis of systems of this type. The term “stiffness” describes the relationship between the load applied and the elastic strain corresponding to it. The stiffness of a system depends on the mechanical properties of the materials used to build it as well as on the geometric characteristics of the tested system. Stiffness is typically determined within the linear range of the stress-strain curve. Sometimes, in practice, it is more important to determine the absolute value of displacement under load than the relative value of the system’s strain. Hence, the property of stiffness is associated with the absolute change of a part’s dimensions and describes the value of load required for an elastic change of a part’s dimension by one unit of length. As mentioned above, the second of the mechanical characteristics typically tested is the value of the system’s permanent deformation. The permanent deformation value describes the level of damage to a part as a result of applied, increasing working load. There is extensive literature concerning analysis of these two aspects of implants’ biomechanical characteristics. Intramedullary implants (tibia - implant system) [1, 2], dental bridges affixed to mandibular implants [3, 4], hip joint implants [5, 6], stabilizing plates [7–11], vertebral body implants [12, 13], SOP (String of Pearls) [14], porous titanium implants [15], humeral heads [16–18] and other implants have been analyzed experimentally and numerically.
subject matter of these publications pertains to one-piece implants and their fixation to bone tissue as well as to more complex systems with a geometry that is unchanging throughout the course of their exploitation. The Finite Element Method (FEM) is a tool that is commonly used for analysis. Modeling results remain in good consistency with experimental results obtained by various testing techniques for the systems listed above.

In recent years, implants in the form of a more complex structure have been proposed, essentially being mechanisms with a specific kinematic function. An example of such a structure is, e.g. an endoprosthesis extended in a non-invasive manner [19]. At this time, there are no analyses in the literature that account for the stiffness of implants in the work characteristics of such structures under working load. It could be expected that the mechanical characteristic of such a system will not be constant, but rather dependent on the actual kinematic configuration. It also seems that a description of the system that accounts for the stiffness of the joints between the structure’s subassemblies rather than the stiffness of the sub-assemblies themselves will be more appropriate in this case. Such a description is applied in analysis of machine designs, and in the literature, has not yet been used to describe the characteristics of orthopedic implants.

By employing terminology used to describe machine constructions, it can be stated that the dependency between forces and deformations and their joint influence on the functional properties of a complex implant structure leads to requirements concerning the stiffness of individual parts of the structure and stiffness of the structure as a whole. In practice, the relationship between force \( F \) and displacement \( \delta \), at a specific point in the structure, is predominantly linear within the entire range of interest of the occurring forces [20]. Static stiffness \( k \) is expressed as

\[
\delta = \frac{F}{k} \quad (1)
\]

When the directions of \( F \) and \( \delta \) coincide, the relationship between force and displacement is defined as “direct stiffness” [20]. When a single force is applied to a point of a structure and displacement is measured in an absolute manner - in the coordinate system relating to the entire structure – the relationship between force and absolute displacement is defined as “absolute stiffness”. If oppositely directed forces are applied between two points of a structure, the dependency between force and relative displacement of the points is defined as “relative stiffness” [20].

It should be mentioned that there is a strict dependency between the static stiffness and dynamic stiffness of a structure, which seems particularly significant in the case of implants with elongated shapes, and because of this, implants are especially susceptible to vibrations over the course of their use. From a dynamic perspective, the fundamental modes of the structure’s free vibrations are of greater significance than higher modes. If damping is distributed regularly in structural components, the fundamental shapes of dynamic strain curves are approximately the same as the shapes of static strain curves [20]. A high ratio of static stiffness to the structure’s mass increases the frequency values of its free vibrations. The structure may then liberate itself from any resonance vibrations within the range of the relatively low frequencies of the present working load.

For the above reasons, knowledge of the absolute static stiffness of an implant construction plays a significant role during both the designing stage and operating stage of a system. When a structure’s components have relatively simple shapes, the stiffness of a specific part of the structure and of the system as a whole can be calculated by means of strength-of-materials analytical formulas [20]. In the case of more complex shapes, computer-assisted engineering (CAE) methods, including FEM analysis, perform particularly well. Nevertheless, calculating the shares of various parts of a structure in its total stiffness is difficult due to the inability to fully account for the stiffness of joints between individual components [21]. This is why experimental methods for determining the stiffness of systems are widely used. They make it possible to verify numerical models. Methods based on measurements of point displacements in objects under load are applied for experimental determination of static stiffness [1, 7]. The static characteristics of an object can also be determined by means of dynamic analysis methods. These are single- or multi-point measuring methods that make it possible to determine dependencies between \( F \) and \( \delta \) at specific, individual places of the structure. However, from the perspective of a designer or user, knowledge of the continuous field of spatial dependencies between forces and displacements in the chain of the system’s joined components would be more beneficial. This would make it possible to determine the role and share of individual parts in the
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structure’s total stiffness. This article presents the application of measurements conducted by means of electronic speckle pattern interferometry (ESPI) [22] for the purpose of determining dependencies between applied load and the continuous displacement field of an endoprosthesis subjected to extension. The results of these measurements enable determination of both the static stiffness of the endoprosthesis structure and the role of its individual components in its global stiffness characteristic. There are certain reports in the literature on the application of laser interferometry in the field of testing of orthopedic implants [23], nevertheless, no works relate to the application of ESPI for analysis of the static stiffness of endoprostheses with a complex structure.

In summary, due to the continuous development in the field of complex orthopedic implants, there is a need to compare the results of numerical calculations in terms of stiffness with the experimental results. ESPI method seems to be suitable for carrying out measurements with the high accuracy required to verify the results of numerical calculations.

MATERIALS AND METHODS

ESPI interferometer

An ESPI interferometer was developed for research purposes [21]. The schematic diagram of the ESPI interferometer is shown in Figure 1. The system’s subassemblies are fixed to a thick, massive aluminum plate so as to minimize the level of vibrations, which affect the accuracy of measurement. The beam of light emitted by DPSS laser source 1 (Spectra-Laser, 50 mW, λ=532 nm) is split by light-splitting plate 2 into two coherent beams. The transmitted beam is reflected by mirrors 3 and 4 onto the lens of microscope objective 5. The reflected beam illuminates surface \( S_o \) of the object 6. The beam reflected by beamsplitter 2 falls onto the lens of microscope objective 7, and after passing through a pair of polarizers 8 and 9, illuminates reference surface \( S_r \) of diffuser 10, which is made of matte glass. Speckle patterns are generated by light-diffusing surfaces \( S_o \) and \( S_r \). After passing through light-splitting cube 11 and lens 13 of camera 12, speckle patterns meet and mutually interfere on the image plane of CMOS image sensor 14 (Aptina CMOS MT9P006, optical format 1/2.5”, number of active pixels 2592 x 1944, pixel size 2.2x2.2 μm) in the camera. The aperture of the camera’s lens is adjusted so as to accommodate the speckle size to the pixel size in the CMOS image sensor. When the diameter of the camera’s lens aperture is selected correctly, the mean speckle size is slightly larger than the diagonal of a pixel on the detector. The relative intensities of the two beams are regulated by selecting the reflection/transmission ratio of beamsplitter 2 and setting the angular positions of polarizers 8 and 9. The camera’s exposure time is adjusted so as to obtain an image without saturation of the CMOS image sensor. Bitmap files with 2560x1922 resolution (4.92 MP, 24-bit color) are downloaded by PC 15 using USB3 interface. Out-of-plane displacements of the surface \( S_o \) are measured using immobile surface \( S_r \), which serves as the surface of reference. The initial image of the speckle pattern is acquired by the camera when no displacement of surface \( S_o \) is effected. The computer’s software periodically

![Figure 1. Schematic diagram of the ESPI interferometer’s configuration: 1 laser; 2 plate beamsplitter; 3 and 4 mirrors; 5 microscope objective; 6 surface of object \( S_o \); 7 microscope objective; 8 and 9 polarizers; 10 diffuser made of matte glass with reference surface \( S_r \); 11 cube beamsplitter; 12 digital camera; 13 camera lens; 14 CMOS image sensor; 15 PC](image-url)
subtracts the actual speckle pattern image (with deformation of surface \( S_0 \)) from the initial speckle pattern image at a frequency of 10 Hz. The image obtained is displayed on the computer’s monitor and saved to the computer’s hard disk.

As a result of subtraction of the actual speckle pattern from the initial speckle pattern, a stationary pattern of correlation fringes is obtained for static deformation of the surface. Laser power, detector sensitivity, size of the camera’s field of view and the relative intensities of the two measuring beams are selected in a manner that allows for registration of fringe images in high contrast. The dependency between the increment \( \Delta \) of the phase difference of the speckle pattern before and after deformation of \( S_0 \) and displacement \( w \) of surface \( S_0 \) for the type of interferometer presented in Figure 1 can be expressed as:

\[
\Delta = 4\pi w / \lambda
\]

The phase difference increment corresponding to the centers of two neighboring fringes (of order \( i \) and \( (i+1) \)) in the image of correlation fringes is represented by \( \Delta = 2\pi \). Using Eq. (2) displacement \( w \) can be expressed as:

\[
w = (\lambda / 2)i
\]

The base measuring sensitivity of the ESPI system, using correlation fringes for out-of-plane measurements, is equal to \( \lambda/2 \). For wavelength \( \lambda = 532 \) nm (a green light source of the DPSS laser was used in experiments), the base sensitivity is equal to approx. 260 nm. In the case where it is possible to determine the centers of neighboring fringes: light and dark, the uncertainty of measurement of displacement from the plane can be corrected to a value of half of the base sensitivity, i.e. approx. 130 nm. Details of the verification of the accuracy of ESPI interferometer for the static measurement of out of plane displacement using Renishaw XL-80 measuring system were described in [24]. In brief, a rectangular aluminum plate was clamped at its bottom edge in front of ESPI interferometer. A laser beam reflected from the retroreflector attached at the back side of the plate was used by Renishaw XL-80 measuring system to evaluate the displacement of the retroreflector. Slight bending of the plate resulted in a decrease of a distance to a laser head of XL-80 system and increase of a distance to ESPI interferometer. In this way a measurement of out of plane displacement of a central point of the retroreflector and the corresponding point of surface was possible at the same time using XL-80 system and ESPI interferometer, respectively.

**Extendable tumor prosthesis of the knee joint**

Endoprostheses that can be extended in a non-invasive way constitute a special group of products among medical devices. Pursuant to the relevant law, they can be classified into the group of implant products with a measuring function (III) [19]. Their atypical nature, arising from their highly varied structure and measuring functions as well as their relatively narrow area of applications compared to other devices, means that there is no specific standard pertaining exclusively to testing of extendable prostheses – in contrast to the hip and knee joint prostheses commonly used in orthopedics. This is also why, during certification of such products, tests must be presented to demonstrate that the benefit to the patient arising from their application outweighs the risks.

The presented extendable tumor knee joint prosthesis for children (Fig. 2) meets the following requirements [19]:

- replaces the bone fragment removed during surgery,

![Fig. 2. Extendable endoprosthesis: 1- knee module, 2 - expandable module, 3 - femur stem, 4 - external power and control unit, 5 - internal power and control unit, 6 - emergency elongation system](image)
mimics the knee joint’s functions, thereby restoring the biomechanics of the skeletal system,
• enables non-invasive extension of the endoprosthesis,
• provides the capability of low-invasive extension of the endoprosthesis.

The extendable endoprosthesis design consists of the following main components:
• knee module,
• extendable module,
• power supply and control system.

The knee module of the endoprosthesis consists of a tibial and femoral component. The extendable module’s drive mechanism is situated inside the femoral component and consists of: driveshaft, unidirectional electromagnetic coupling and pinion. The extendable module of the endoprosthesis consists of: exterior sleeve, protrusible sleeve and drive screw. The power supply and control system consists of an external transmission system (outside of the patient’s body) and internal reception system (inside of the patient’s body along with the endoprosthesis), and it is tasked with controlling the operation of the electromagnetic coupling.

Determination of absolute static stiffness of the endoprosthesis using FEM

The finite element method (FEM) is currently the basic engineering tool by means of which we can evaluate a designed structure based on a virtual model. FEM modeling was realized taking into consideration the conditions acting on the endoprosthesis over the course of the experiment. The structure of the endoprosthesis was tested in three positions (Fig. 3) of the protrusible sleeve (L=15 mm, L=25 mm and L=55 mm). The endoprosthesis axis was deflected from vertical axis Y by angle α=22°. Titanium alloy was adopted as the material of the endoprosthesis in simulations (Ti-6Al-4V, Young’s modulus E=104.8 GPa, Poisson’s ratio ν=0.31, yield strength R_p0.2 =827 MPa). It was assumed that Ti alloy is isotropic and within a certain load range has linear characteristics. The same load was applied in every case, F=0.981 N, applied at the tip of the stem, with a direction conforming to the X axis. The degrees of freedom corresponding to displacements of the endoprosthesis were substituted by establishing the appropriate constraints in its components. It was assumed that individual components of the structure could interact with one another mutually. At the points of contact between the
module’s body and the stem the finite elements had no possibility of interpenetration. All degrees of freedom were removed in the lower part, with displacement support conditions being defined as $u_x = u_y = u_z = 0$ in this manner. A spatial, 10-node tetrahedral element was used for analysis. In the numerical modeling, the mesh convergence analysis was taken into account. The calculations were carried out with a gradually increasing number of nodes, while reducing the size of the finite elements. The results obtained in the subsequent stages were compared. For finite element sizes in the range of 2-3 mm, the changes in the obtained results were not significant and such mesh parameters were used for further simulations. The result of division of continuous media into finite elements is shown in Figure 4.

**Determination of absolute static stiffness of the endoprosthesis using ESPI**

Experimental tests of mechanical parameters of the endoprosthesis were realized on a laboratory stand equipped with an ESPI laser interferometer, shown in Figure 5. Endoprosthesis 2, immobilized in a vise fastened to assembly workbench 3, was loaded with force acting in the horizontal direction via tension member 4, fastened to the tip of the implant’s extendable part. Initial load with a value of 1.96 N was applied, following which the force was increased by the value of the working load, equal to 0.98 N, with simultaneous registration of the image of correlation fringes corresponding to the applied working load.

Geometric configurations of the endoprosthesis, extended by 15 mm, 25 mm and 55 mm, as well as the values and direction of acting load, were adopted according to the parameters applied in numerical simulations, as given in the previous section. A thin strip of white matte film, 0.05 mm in thickness, was stuck onto the implant’s face surface, ensuring correct contrast of interference fringes.

**RESULTS**

Figures 6, 7, and 8 present the results of FEM modeling, based on which the absolute static stiffness $k_{x,FEM}$ of the endoprosthesis was determined using Eq. (1) for 3 variants:
- extension 15 mm, $k_{x,FEM} = 0.98N/9.091 \times 10^{-7}m$ = $1.07 \times 10^6 N/m$ (Fig. 6),
- extension 25 mm, $k_{x,FEM} = 0.98N/1.114 \times 10^{-6}m$ = $0.88 \times 10^6 N/m$ (Fig. 7),
- extension 55 mm, $k_{x,FEM} = 0.98N/2.019 \times 10^{-6}m$ = $0.47 \times 10^6 N/m$ (Fig. 8).

Figure 9 presents the results of FEM modeling, based on which the absolute static stiffness of the module’s body was determined for extension 55 mm, and for displacement of the body edge equal to 826 nm. Experimental results in the form of correlation fringe fields, corresponding to displacements of endoprosthesis components resulting from the applied working load, are presented in Figures 10–12. The displacement $\delta_x$ of endoprosthesis tip was determined taking into account Eq. (3) and the order $n$ of correlation fringe:

$$ w = \left( \frac{\lambda}{2} \right) i \quad (4) $$

![Figure 5. View of ESPI test stand: 1 laser interferometer; 2 endoprosthesis; 3 assembly workbench; 4 tension member carrying working load applied to tip of endoprosthesis](image-url)
and the absolute static stiffness $k_{x,ESPI}$ of the endoprosthesis was determined for $\lambda/2 = 266$ nm using Eq. (4) and Eq. (1) for 3 variants:

- extension 15 mm, $n = 4.5$, $\delta_{x,ESPI} = 4.5 \cdot 266$ nm $= 1197$ nm, $k_{x,ESPI} = 0.98N/1.197 \cdot 10^{-6}$m $= 0.82 \cdot 10^6$ N/m (Fig. 10),
- extension 25 mm, $n = 6.5$, $\delta_{x,ESPI} = 6.5 \cdot 266$ nm $= 1729$ nm, $k_{x,ESPI} = 0.98N/1.729 \cdot 10^{-6}$m $= 0.57 \cdot 10^6$ N/m (Fig. 11),
- extension 55 mm, $n = 11.0$, $\delta_{x,ESPI} = 11.0 \cdot 266$ nm $= 2926$ nm, $k_{x,ESPI} = 0.98N/2.926 \cdot 10^{-6}$m $= 0.33 \cdot 10^6$ N/m (Fig. 12),
- displacement of body edge: $n = 3.5$, $\delta_{x,ESPI} = 3.5 \cdot 266$ nm $= 931$ nm (Fig. 12).

The results are summarized in Table 1 and Table 2.

Figure 6. Results of FEM modeling for endoprosthesis extension of 15 mm

Figure 7. Results of FEM modeling for endoprosthesis extension of 25 mm

Figure 8. Results of FEM modeling for endoprosthesis extension of 55 mm

Figure 9. Results of FEM modeling of the endoprosthesis body
DISCUSSION

Based on the data given in Table 1, the results of FEM simulations and ESPI measurements of displacements of the extended module’s body edge for the greatest extension of the endoprosthesis can be compared. FEM and ESPI results were consistent in this scope, considering the range of uncertainty of measurements in the experimental method.

Comparing the results of simulations with experimental values of displacements of the endoprosthesis tip, it can be stated that the values of displacements calculated numerically do not fall within the range of experimental results. The discrepancy grows as the extension of the endoprosthesis increases. The clear inconsistency of results can be explained by the involvement of the joint linking the body of the implant to the moving part. In experimental measurements, this joint’s compliance is revealed as it contributes to displacements of the tip under load. No additional elastic deformations occurring at the site of contact between components in the joint node were accounted for in FEM simulations.

The result of not taking into consideration the compliance of the joint’s node in numerical simulations as described above shows significant differences in the static stiffness values of the endoprosthesis determined by FEM compared to experimental values. The level of inconsistency, expressed as the relative difference between stiffness values calculated by both methods (Table 2), amounts to 30% for the smallest extension of the endoprosthesis and has an increasing tendency as extension values increase.
CONCLUSIONS

The results of realized tests point to the high level of difficulty in determining basic mechanical characteristics of implants with a complex structure, exemplified here by the extendable endoprosthesis, by means of numerical methods. While effective in the case of traditional, one-piece constructions, FEM modeling does not yield satisfactory results in the case of such an elementary parameter as is the static stiffness of the implant, due to the difficulty in estimating the stiffness of the joint present in the sliding node.

Comparing the values of the endoprosthesis body edge displacement determined using FEM and ESPI methods (Table 1), a good agreement of the numerical and experimental results can be seen. The numerical value of the displacement determined numerically is in the measurement uncertainty field of ESPI method. Thus, the method of numerical calculations used guarantees the feasibility of the results which are characterized by high accuracy in the area covering the dominant part of the analyzed structure. This accuracy is determined by the correct analysis of the mesh convergence (correct element size), appropriately selected material parameters and the type of solution method used during FEM analysis. Similar factors also affect the accuracy of FEM calculations in the area of the protrusible sleeve element itself. It seems that the only factor that affects the final result of the stiffness estimation, and is not included in the typical FEM calculations, is the compliance of the joint linking the prosthetic elements.

Although the modeling of contact problems is currently within the scope of functionality of various FEM software packages, this issue is difficult to solve in the case analyzed in this article, mainly due to insufficiently strictly defined contact conditions of protrusible sleeve and endoprosthesis body under the operating load. It seems that one of the methods of proceeding may be to introduce into the numerical calculations an additional intermediate element of small thickness, located between the cooperating elements of the joint, characterized by a certain degree of compliance. The mechanical characteristics of such element would be possible to be determined with the use of the results of experimental measurements. The procedure of experimental tests suggests that the stiffness of the joint can be determined e. g. by means of ESPI. The quantitative result of such a procedure could not be captured directly in a FEM model. A more complex method of numerical modeling taking into account the results of experimental tests proposed above may be a way to reduce a degree of inconsistency between FEM and ESPI results present in the current analysis and requires further research.

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Table 1. Endoprosthesis body edge and tip displacements determined using FEM and ESPI

| Geometric configuration of endoprosthesis | Displacement of body edge \( \delta_{x_{\text{FEM}}} \), nm | Displacement of endoprosthesis tip \( \delta_{x_{\text{ESPI}}} \), nm |
|-----------------------------------------|---------------------------------|---------------------------------|
| extension 55 mm                         | 826                             | 931 +/- 130                     |
| extension 15 mm                         | 909                             | 1197 +/- 130                    |
| extension 25 mm                         | 1114                            | 1729 +/- 130                    |
| extension 55 mm                         | 2019                            | 2926 +/- 130                    |

Table 2. Endoprosthesis static stiffness determined using FEM and ESPI

| Geometric configuration of endoprosthesis | Stiffness \( k_{x_{\text{FEM}}} \) calculated based on FEM modeling \( \times 10^6 \) N/m | Stiffness \( k_{x_{\text{ESPI}}} \) calculated based on ESPI measurements \( \times 10^6 \) N/m | Relative difference: \( (k_{x_{\text{FEM}}} - k_{x_{\text{ESPI}}}) / k_{x_{\text{ESPI}}} \) % |
|-----------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|
| extension 15 mm                         | 1.07                                            | 0.82                                            | 30                                              |
| extension 25 mm                         | 0.88                                            | 0.57                                            | 54                                              |
| extension 55 mm                         | 0.47                                            | 0.33                                            | 42                                              |
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