Heteroblastic Foliage Affects the Accumulation of Non-Structural Carbohydrates and Biomass in *Pinus massoniana* (Lamb.) Seedlings

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Abstract: Pines have heteroblastic foliage (primary and secondary needles) during seedling stage, but how heteroblastic foliage affects carbon storage and biomass accumulation, contributing to seedling quality, is unclear. We investigated the influences of heteroblastic foliage on photosynthetic physiological characteristics, non-structural carbohydrate (NSC) and biomass accumulation in current-year seedlings; the key factors determining biomass accumulation were mainly determined by principal component screening, Spearman correlation, and path analysis. The results indicated that (1) primary needles have high photosynthetic pigments (chlorophyll a and total chlorophyll), net photosynthetic rates (Pn), the potential maximum photochemical efficiency (Fv/Fm), and leaf instantaneous water use efficiency (WUEi), whereas higher non-photochemical quenching (NPQ) suggested that sudden light increases induce the initiation of quenching mechanism in primary needles; additionally, secondary needles had a lower transpiration rate (Tr), limiting stomata (Ls), and light saturation point. (2) Secondary needles promoted soluble sugar (fructose and glucose) increases in leaves compared to that of primary needles and increased the leaf biomass accumulation (from 47.06% to 54.30%), enhancing the overall ability of photosynthetic organs; additionally, secondary needles can enhance the proportion of starch storage in the roots, and NSC accumulation was significantly increasing in the seedling leaves and roots. (3) Photosynthetic pigments (carotenoids, chlorophyll a, and total chlorophyll) had direct positive effects on primary needle seedling (PNS) biomass and promoted biomass by indirectly increasing soluble sugar synthesis in the stems. The Pn was the main physiological factor determining PNS biomass accumulation. In addition, the WUEi, Ls, and NPQ had direct negative effects on PNS biomass accumulation, inhibiting photosynthesis to limit seedling growth. Considering the functional traits in heteroblastic foliage is necessary when assessing different leaf types of *Pinus massoniana* (Lamb.) seedlings, in particular those threats implicated in light, water, and temperature relations. Our results can be beneficial to guide the establishment of seedling management and afforestation measures.

Keywords: biomass; chlorophyll fluorescence; heteroblastic foliage; non-structural carbohydrate; photosynthetic physiological parameters; *Pinus massoniana*

1. Introduction

Heteroblastic foliage is defined as a certain degree of ontogenetic variation in the form and function of leaf as it transitions from immature to mature, and it is a result of structural changes within the shoot apical meristem (SAM), producing leaf primordia with different histological morphologies during the plant’s developmental stage [1]. Needles
are the main photosynthetic organs in pine, and they are related to the physiological and ecological adaptability of plants [2]. The Pinus species has obvious ontogenetic differences in needle morphology between the juvenile and adult phases, i.e., the variation in the shape and size of needle mutate along the axis of an individual plant [3]. Pine seedlings exhibit heteroblastic foliage (primary and secondary needles) during seedling development. Primary needles grow after germination, followed by secondary needles, which usually occurs in the first few years of seedling [4]. For some pine species, primary needles will gradually fall off and be replaced by secondary needles at the end of the first growth season [5]. Secondary needle sprouting is noticeably delayed in several species, such as Pinus pinaster and Pinus brutia [6]. This kind of foliage displacement occurs only once and is irreversible [7].

Heteroblastic plants can possibly delay or hasten a shift from one leaf type to another with specific external conditions, which is called heteroblastic foliar plasticity [8]; i.e., the ability of a plant genotype to generate different phenotypes depends on the environment, which includes genetic differentiation between individuals and ontogenetic variation [9]. In Mediterranean species, pine seedlings form secondary needles after the second vegetative period, and this phenomenon is not related to seedling size [5], which is mainly controlled by genetics and might be related to inter-specific variation [10]. In the case of Pinus halepensis, the primary needles produced by seedlings can last for four or more years until secondary needles emerge, which indicates the end of an extremely long juvenile phase and the beginning of a maturity stage [11]. Therefore, variation in phenotypes of conifer needles is a consequence of genetic evolution [12], and significant genetic variations in needle characteristics are observed among and within the species [13,14]. Previous research has shown that the variance in morphological and anatomical traits of needles within species was higher than that among different species [15,16]. As the needle traits are closely associated with photosynthesis, water metabolism, and stress resistance, heteroblastic foliage has substantial consequences on the plant’s process of obtaining resources [17].

Non-structural carbohydrates (NSCs), which are composed of water-soluble sugars (e.g., fructose, glucose, and sucrose) and starch, provide energy for plant growth and physiological processes (e.g., plant metabolism, material transportation, and embolism repair) [18] and play an important regulatory role in plant stress tolerance [19,20]. Moreover, the allocation of NSCs in leaves, stems, and roots is regarded as ecophysiological attributes that reflect the carbon budgets in woody plants that exist between photosynthetic carbon assimilation and metabolic carbon consumption [20]. For example, leaves are a source organ for carbon assimilation, while stems and roots are important organs that are related to carbon storage [21]. Additionally, previous studies have demonstrated that plants can adjust the biomass ratio of photosynthetic and non-photosynthetic tissues to maintain their functional balance and resist the damage caused by environmental stress [22,23]. Growth traits and biomass are also important components of seedling quality evaluations [24,25]. The free shoot growth and biomass allocation patterns in seedlings have been known as fundamental features of life-history diversification in forest trees [26]. Leaf economics reveal the relationship between leaf function and either the growth potential or cost of morphological constructions, and seedlings can be categorized as having low photosynthetic rates and slow turnovers of dry matter or having high photosynthetic rates and rapid returns [27]. Optimal partitioning theory (OPT) accounts for the allocation of biomass in seedlings to organs with limited resources. Seedlings with heteroblastic foliage have various biological and ecological functions [28]. Studies on the effects of seedling carbon reserves and biomass distribution by heteroblastic foliage would be beneficial to guide the establishment of seedling management and afforestation measures.

P. massoniana Lamb. is an important afforestation tree species in southern China [29,30]. Interestingly, our previous research found that primary needle seedlings (PNSs) and secondary needle seedlings (SNSs) appeared in the first growing season of P. massoniana, implying that the axillary bud of some seedlings was not delayed [31]. Moreover, we found that the secondary needles of current-year P. massoniana seedlings had a larger pho-
tosynthetic area and leaf mass area (LAM) than those of the primary needles, the seedling quality and drought-resistant ability of SNS were higher than those of PNS after afforestation [31,32], and the morphological and physiological responses of *P. massoniana* seedlings under different light intensities were also caused by the developmental timing differences in heteroblastic foliage [33]. Primary needles are typically single and with different multiple needles of secondary needles in *P. massoniana*. Therefore, this species can provide a suitable model for expanding our understanding of the functions of heteromorphic foliage and how they influence the growth of seedlings.

Subdividing leaf functional traits into juvenile (primary) and adult (secondary) needles can provide a greater understanding of seedling growth strategies and biomass partitioning [34]. The seedlings showed different growth and survival rates, especially at the early stage of plantation establishment, which could be explained by the variation in leaf functional traits [35]. The primary needles of Mediterranean pines remained longer, implying that juvenile needles play a particularly significant role in the juvenile phase of seedling or sapling establishment [36]. Moreover, primary needles had greater mesophyll and chloroplast volume fractions than that of secondary needles, implying they have an overall greater photosynthetic activity [37]. Nevertheless, the secondary needles had a higher fraction of water conducting (xylem), nutrient transporting (phloem), and transfusion parenchyma than that of primary needles, improving the compensation mechanism of material transport capacity [38]. We hypothesized that heteroblastic foliage would exhibit different photosynthetic mechanisms under similar environmental conditions. However, little is known about the effects of heteroblastic foliage on the NSC concentration and biomass allocation in *P. massoniana* seedlings. Therefore, the objective of this study was to (i) explore how heteroblastic foliage affects photosynthetic physiological changes in *P. massoniana* seedlings, (ii) determine the variation in biomass and NSC allocation patterns of seedlings with primary and secondary needles, and (iii) identify which key physiological factors determine biomass accumulation. In this study, we identified and screened the key factors that were most related to the accumulation of biomass in various organs and adopted intervention measures in seedling management to promote seedling growth, which can be more informative for silvicultural interventions.

2. Materials and Methods

2.1. Plant Material and Growth Conditions

The study was conducted in an experimental field at Guizhou University (26°26′ N, 106°39′ E, 920 m elevation), Guizhou Province, China. The seeds were sown in germinator boxes placed in greenhouses. The substrate was vermiculite, and the greenhouses was maintained at the mean daily temperature of 27 °C, light intensity of 180 µmol·m−2·s−1, and the humidity of 75%. After 4 weeks, the seedlings were transferred into nonwoven planting bags (with 8.0 cm diameters and 12.0 cm heights). The substrate mixture was a topsoil:humus:vermiculite mixture (2:1:1, v/v/v; pH 5.0). The seedlings were placed in a seedbed outdoors to ensure the environmental conditions were the same. Previous studies showed that axillary buds formed in July and transitioned to secondary needles in August in some seedlings, which continued to develop into SNS. The PNS and SNS could be clearly distinguished in September. PNS and SNS (approximately 40 seedlings of each) were selected for the experiment and transferred to an illumination incubator (PRX-350C, SAFE, Ningbo, China) at light intensity (560 µmol·m−2·s−1), constant relative humidity (75%), and temperature (28 °C day/25 °C dark) under a 10 h day/14 h dark cycle for a month (Figure 1). All seedlings grew under the same light, precipitation, and soil fertility conditions in this study. In addition, there were no signs of competition among individuals at the time of measurements.
2.2. Measurements of Photosynthetic Physiology

Six seedlings from each leaf type were marked to measure photosynthesis. Chlorophylls and carotenoids were quantified in the needles sampled on the same days as the photosynthetic parameters, and fluorescence measurements were taken. The middle part of the fresh needles (both types) was collected in the field and frozen in liquid nitrogen. The contents of chlorophyll a (Chl a), chlorophyll b (Chl b), chlorophyll (a + b) (Chl C), and carotenoids (Car) were quantified with a spectrophotometer (UV-2100, UNICO, Princeton, NJ, USA) following the method described by Dere et al. [39].

The net photosynthetic rate (Pn), stomatal conductance (Gs), intercellular CO₂ concentration (Ci), transpiration rate (Tr), leaf instantaneous water use efficiency (WUEi = Pn/Tr), and limiting stomata (Ls = 1 – Ci/Ca, Ca is the CO₂ concentration in the air) were measured at approximately 9:00–11:00 am with a portable photosynthesis system (LI-6400, Li-Cor Inc., Lincoln, NE, USA). The healthy needles were spread over the leaf chamber, forming a one-needle-deep layer. The gas exchange parameters were measured at 1200 μmol photons m⁻²·s⁻¹ of PPFD, chamber CO₂ concentrations of 380 ppm, and a flow rate of 500 mmol·m⁻²·s⁻¹. The method utilized was described by Li et al. [40].

Chlorophyll a fluorescence was measured after a dark adaptation for 35–40 min with a MONI-PAM fluorometer (Heinz Walz GmbH, Effeltrich, Germany). The needles were fully spread throughout the sample clamp, and the measurement data were transmitted to the computer through MONI-IB4 and MONI-DA. Then, the fast ChlF curves and rapid optical response curves (RLCs) were simulated by WinControl-3 software. The slow induction kinetics curve of the dark-adapted leaves was determined first; the initial fluorescence value (Fo) was determined by irradiation measurement light (less than 0.5 μmol·m⁻²·s⁻¹); and the maximum fluorescence value (Fm) was determined by a 0.6 s saturation pulse (approximately 10,000 μmol·m⁻²·s⁻¹). According to the parameters of the RLCs, the actinic intensity was set at 0–1500 μmol·m⁻²·s⁻¹. The method utilized was described by Porcar-Castell [41].
2.3. Biomass Allocation and Non-Structural Carbohydrate Measurements

Six seedlings per type were destructively sampled individually. Each seedling was carefully excavated and washed. The whole seedlings were sampled destructively and separated into leaves, stems, and roots and oven-dried at 105 °C for 2.5 h and at 75 °C for 48 h until reaching a constant weight.

The total concentration of NSCs was defined as the sum of soluble sugar and starch concentrations. After grinding the dry sample with a ball mill (Retsch MM400; Retsch, Haan, Germany), the total NSC and soluble sugar (SS; sucrose, fructose, and glucose) concentrations of the leaves, roots, and stems were measured using a microplate reader (Spark 10 M, Tecan, Grödig, Austria). The method utilized was described by [19].

2.4. Statistical Analysis

The results are reported as the means with standard errors. Microsoft Excel (2013) was used to perform the preliminary statistics. The significance of the results was checked by using the paired-samples t test at \( p < 0.05 \) or \( p < 0.01 \) with SPSS 20.0 for Windows (SPSS Inc. Chicago, IL, USA). The correlation between biomass accumulation and physiological and biochemical parameters was evaluated using Pearson’s correlation coefficient at \( p < 0.05 \) or \( p < 0.01 \). The effect of each physiological and biochemical index on organ morphogenesis was evaluated via principal component analysis (PCA) using the statistical program R 3.6.3. Origin Pro 8.5 (OriginLab Corporation, Northampton, MA, USA) was used to plot the data.

Path analysis is a useful statistical approach when an influence with multiple factors is involved, which considers both direct and indirect effects [42] (Figure 2). The independent variable \( x_i (i = 1, 2, \ldots, m) \) and the correlation coefficient \( r_{iy} \) of the dependent variable \( y \), which is divided by the direct effect of \( x_i \) on \( y \) and the indirect effect of \( x_i \) on \( y \) through other independent variables, are placed so that the relative importance of each factor can be directly compared.

![Graph of path analysis](image)

**Figure 2.** Graph of path analysis. The arrows in both directions indicate mutual association between variables, which is determined by the correlation coefficient \( r_{ij} \). The arrows in a single direction represent the direct effect, which are determined by the path coefficient \( P_{ij} \).

3. Results

3.1. Variations in the Photosynthetic Physiology between Heteroblastic Foliage

Chl a and Chl C were greater in primary needles than in secondary needles \( (p < 0.01 \) or \( p < 0.05 \)), but there was no significant difference in the Chl b and Car contents (Figure 3). In addition, the ratio of Chl a/Chl b was lower in secondary needles than in primary needles, which was 85.08% for the primary needles. The results showed that the difference in heteroblastic foliage was mainly due to the decrease in Chl a content in secondary needles, which led to a change in Chl C content; thus, both the ability of pigments to capture light energy and the process of photochemical reaction were affected.
needles, which was 85.08% for the primary needles. The results showed that the diff

**The maximum fluorescence yield (Fm) and photochemical quenching (qP and qL) of primary and secondary needles were not significantly different, while the nonphotochemical quenching (qN and NPQ) was greater in primary needles than in secondary needles, and the potential maximum photochemical efficiency (Fv/Fm) of primary needles was also higher (Figure 4A). In addition, the electron transfer rate (ETR) of primary and secondary needles was different in response to light intensities (Figure 4B). The ETR in primary needles tended to be stable when the light intensity reached 780 µmol·m⁻²·s⁻¹, while that in the secondary needles was 550 µmol·m⁻²·s⁻¹.**

Figure 3. Photosynthetic pigment content of *P. massoniana* in primary and secondary needles. PNS, primary needle seedling; SNS, secondary needle seedling. Chl a, chlorophyll a; Chl b, chlorophyll b; Chl C, total chlorophyll; Car, carotenoids; Chl a/b, ratio of chlorophyll a to chlorophyll b. * p < 0.05, single asterisks indicate a significant difference at 0.05; ** p < 0.01, double asterisks indicate a significant difference at 0.01; ns, no significant.

Figure 4. Differences in the chlorophyll fluorescence parameters of heteroblastic foliage. PNS, primary needle seedling; SNS, secondary needle seedling. (A) Fluorescence induction parameters. Fm, maximum fluorescence yield; $F_v/F_m$, potential maximum photochemical efficiency; qP and qL, photochemical quenching coefficient; qN and NPQ, non-photochemical quenching coefficient. (B) Rapid optical response curves. ETR, relative electron transfer rate. * p < 0.05, single asterisks indicate a significant difference at 0.05; ** p < 0.01, double asterisks indicate a significant difference at 0.01; ns, no significant.
The heteroblastic foliage significantly affected the gas exchange parameter of *P. massoniana* seedlings, as shown in Table 1. The primary needles contained higher Pn, Gs, Tr, WUEi, and Ls and significantly lower Ci than those of secondary needles (*p* < 0.05). The primary needles had a higher net photosynthetic rate than that of the secondary needles and the absorption rate of CO$_2$ was improved by increasing the stomatal conductance.

**Table 1.** The difference of gas exchange parameter in primary and secondary needles. The values (means ± SE) followed by different letters represent significant differences at the 5% level. PNS, primary needle seedling; SNS, secondary needle seedling. Pn, net photosynthetic rate; Gs, stomatal conductance; Ci, intercellular CO$_2$ concentration; Tr, transpiration rate; WUEi, leaf instantaneous water use efficiency; Ls, limiting stomata.

| Type | Pn/ ($\mu$mol·m$^{-2}$·s$^{-1}$) | Gs/ (mol·m$^{-2}$·s$^{-1}$) | Ci/ ($\mu$mol·mol$^{-1}$) | Tr/ (mmol·m$^{-2}$·s$^{-1}$) | WUEi/ (μmol·mmol$^{-1}$) | Ls/ (%) |
|------|---------------------------------|--------------------------|--------------------------|-------------------|------------------|----------|
| PNS  | 11.17 ± 0.75 a                  | 0.11 ± 0.003 a           | 179.74 ± 9.49 b          | 1.48 ± 0.022 a    | 7.73 ± 0.50 a    | 0.44 ± 0.029 a |
| SNS  | 5.67 ± 0.12 b                   | 0.063 ± 0.0004 b         | 373.05 ± 3.41 a          | 0.89 ± 0.006 b    | 6.37 ± 0.17 b    | 0.23 ± 0.006 b |

3.2. Effects of Heteroblastic Foliage on the Non-Structural Carbohydrates and Biomass Accumulation in Different Organs

As shown in Figure 5A, fructose mainly accumulated in the leaf tissues of the *P. massoniana* seedlings, and the SNS was greater than the PNS, which accounted for 60.57% and 57.78% of the fructose content in the whole seedling, respectively. However, there was no significant difference in the fructose content of the roots and stems of PNS and SNS. The glucose in all organs of the SNS was significantly higher than that in the PNS (Figure 5B). Among the content tested, the difference in leaf tissues contents was the most obvious, and the glucose in SNS reached 9.6 mg·g$^{-1}$, which was 4.14 times that in PNS. Sucrose mainly accumulated in the roots and stems of *P. massoniana* seedlings, and it was lower in the leaf tissues (Figure 5C). However, sucrose accumulation in the leaf tissues of PNS was greater than that in SNS, and there was no significant difference for the roots and stems. In addition, heteroblastic foliage affected the accumulation of soluble sugar in the leaf tissues of *P. massoniana* seedlings (Figure 5D), and soluble sugar in SNS showed an increasing trend. Furthermore, starch was significantly greater in the roots of SNS compared with PNS (Figure 5E); a similar variation was observed for NSC in the leaf tissues and roots except for the stems (Figure 5F).

![Figure 5. Cont.](image-url)
The dry mass of each organ tissue (root, stem, and leaf) in SNS was 1.95, 1.86, and 2.56 times that of PNS, respectively (Table 2). The results indicated that the SNS had a higher accumulation of biomass. In addition, it was found that the biomass harvest of *P. massoniana* seedlings was mainly stored in needle leaves, in which the leaf dry mass weighed 0.14 ± 0.01 b, 0.26 ± 0.02 a, and 0.68 ± 0.03 b times that of PNS, respectively (Figure 5). The dry mass of SNS accounted for 47.06% and 54.30% of the whole plant, respectively, indicating that the leaf tissue biomass was the main part of the seedling, thus the roots and stems have the least stock supply.

Table 2. Comparison of the biomass of different organs of primary needle and secondary needle seedlings. PNS, primary needle seedling; SNS, secondary needle seedling. The values (means ± SE) followed by different letters indicate significant differences at the 5% level.

| Type | Root Dry Mass | Stem Dry Mass | Leaf Dry Mass | Total Biomass |
|------|---------------|---------------|---------------|---------------|
|      | Weight (g)    | Ratio (%)     | Weight (g)    | Ratio (%)     | Weight (g)    | Ratio (%)     | Weight (g)    |
| PNS  | 0.22 ± 0.01 b | 32.35         | 0.14 ± 0.01 b | 20.59         | 0.32 ± 0.02 b | 47.06         | 0.68 ± 0.03 b |
| SNS  | 0.43 ± 0.03 a |               | 0.26 ± 0.02 a | 17.22         | 0.82 ± 0.04 a | 54.30         | 1.51 ± 0.12 a |

3.3. Path Analysis for the Effect of Relative Factors on the Total Biomass Accumulation

To identify the main factors affecting the biomass accumulation of PNS and SNS, gas exchange parameters (Pn, Gs, Ci, Tr, WUEi, and Ls), chlorophyll (Chl a, Chl b, Chl C, and Chl a/b), and chlorophyll fluorescence parameters (Fm, Fv/Fm, qP, qN, qL, and NPQ) were analyzed with the dry weight, fructose, glucose, sucrose, soluble sugar, starch, and
NSC of the plants by principal component analysis (PCA), and some indexes were selected for further correlation and path analysis.

PCA shows the effects of heteroblastic foliage on various physiological parameters in leaf tissues (Figure 6A), roots (Figure 6B), and stems (Figure 6C). The heteroblastic foliage and physiological parameters were added to two major principal components (PC1 and PC2), accounting for 78.25%, 77.81%, and 74.31% of the total variance in different organs, respectively. Furthermore, PNSs and SNSs were added to the positive and negative sides of PC1. The main indexes were also distributed on both sides, and the angle separation between the indexes and the axis indicates the degree of correlation. The results showed that Chl a/b, Pn, WUEi, NPQ, Fv/Fm, Chl a, Chl C, SSS, Car, and LS were related to the biomass accumulation of PNS, while qL, Tr, Gs, Ci, LG, LW, LSS, LF, SG, SW, RW, RG, RF, RSt, Ls, and NSC were related to the SNS.

Figure 6. Principal component analysis (PCA) of the biomass and physiological parameters. Symbols represent independent samples of the following different seedling types: PNS, primary needle seedling; SNS, secondary needle seedling. (A), leaf; (B), root; (C), stem. The arrows represent loadings.

Pearson correlation analysis was performed for the selected indexes and total biomass weight (TDW) of PNS and SNS (Table 3). The TDW of PNS was significantly positively correlated with Pn (p < 0.01) and was positively correlated with Chl a, Chl C, and Car (p < 0.05) but had a significantly negative correlation with NPQ (p < 0.05). In addition, Pn was significantly positively correlated with LS, photosynthetic pigments were positively correlated with SSS, and NPQ was significantly negatively correlated with SSS.
Table 3. Pearson correlation coefficients among biomass accumulation and influencing factors for PNS. PNS, primary needles seedling. *p < 0.05, single asterisks indicate significant correlation; **p < 0.01, double asterisks indicate extremely significant correlation; NS, no significant correlation.

| Factors | TDW  | SSS  | LS   | Chl a/b | Pn   | WUEi | Ls   | NPQ  | Fv/Fm | Chl a | Chl C | Car |
|---------|------|------|------|---------|------|------|------|------|-------|-------|-------|------|
|         | 1    |      |      |         | 0.999 * | 0.808 * |      |      |       |       |       |      |
| TDW     |      |      |      |         |      |      |      |      |       |       |       |      |
| SSS     |      |      |      |         |      |      |      |      |       |       |       |      |
| LS      |      |      |      |         |      |      |      |      |       |       |       |      |
| Chl a/b |      |      |      |         |      |      |      |      |       |       |       |      |
| Pn      |      |      |      |         |      |      |      |      |       |       |       |      |
| WUEi    |      |      |      |         |      |      |      |      |       |       |       |      |
| NPQ     |      |      |      |         |      |      |      |      |       |       |       |      |
| Fv/Fm   |      |      |      |         |      |      |      |      |       |       |       |      |
| Chl a   |      |      |      |         |      |      |      |      |       |       |       |      |
| Chl C   |      |      |      |         |      |      |      |      |       |       |       |      |
| Car     |      |      |      |         |      |      |      |      |       |       |       |      |

Across all data, the TDW of SNS was positively correlated with LG, LW, SW, RW, and NSC but had a significantly negative correlation with qL and Tr (Table 4). However, it is easy to ignore the relative importance of indicators when only the correlation coefficient is used to analyze the relationship between various indicators and biomass. Therefore, this study adopted multiple linear regression-path analysis to split the relative coefficient into the direct effect of independent variables on dependent variables and the indirect effect of independent variables, such as the mutual results, on dependent variables. This analysis method is conducive to more accurately elaborating the essential relationship between multiple independent and dependent variables.

Table 4. Pearson correlation coefficients among biomass accumulation and influencing factors for SNS. SNS, secondary needles seedling. *p < 0.05, single asterisks indicate a significant correlation; **p < 0.01, double asterisks indicate an extremely significant correlation; NS, no significant correlation.

| Factors | TDW  | qL   | Tr   | Gs   | Ci   | LG   | LW   | LSS  | LF   | SG   | SW   | RW   | RG   | RF   | RS   | NSC |
|---------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
|         | 1    |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| qL      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| Tr      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| Gs      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| Ci      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| LG      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| LW      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| LSS     |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| LF      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| SG      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| SW      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| RW      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| RG      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| RF      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| RS      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| NSC     |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |

Path analysis showed that the increased net photosynthetic rate (Pn), photosynthetic pigments, and the soluble sugar of stem (SSS) had positive effects on PNS biomass accumulation, and photosynthetic pigments were beneficial to soluble sugar accumulation in the stem (Figure 7). In contrast, nonphotochemical quenching (NPQ), leaf instantaneous water use efficiency (WUEi), and limiting stomata (Ls) had a negative effect on the PNS biomass, Pn, and SSS. The results indicated that the increase in thermal dissipation, water deficit, and stomatal closure significantly limited the photosynthetic efficiency of PNS, which resulted in a decrease in the biomass accumulation rate.
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4. Discussion
4.1. Physiological Traits Related to Photosynthesis in Heteroblastic Foliage

Heteroblastic foliar change the characteristics of photosynthesis and energy distribution. In our study with P. massoniana seedlings, the primary needles, because of their higher photosynthetic rates and efficiency of water usage (Table 2), experienced enhance seedling establishment and early growth. In contrast, the limitation of the photochemical activity in the assimilation process of secondary needles decreased the CO₂ utilization.
rate, causing a large accumulation of CO$_2$ in the cells and a reduced transpiration rate due to stomatal limitation (Table 2). Therefore, we infer that secondary needles, which are more conservative when acquiring resources, have a more water-stress-tolerant regulation strategy through adult foliage in comparison to that of primary needles. This conclusion is similar to a previous study on *Acacia koa* [43] and Mediterranean pines [37]. High photosynthetic rates require high costs, e.g., a high respiration rate, light capture ability, and photochemical efficiency [44,45]. Moreover, the seedling growth response to light manipulation should be better assessed by analyzing photosynthetic leaf traits that describe light interception and are efficient, since foliar plasticity has an intrinsic effect on the seedling growth–survival trade-off [46]. The coordination between efficiency and the ability to capture light can reflect the photosynthetic energy distribution pattern under different light responses [47]. Previous studies have found that the primary needles of *P. massoniana* are rhomboidal or sectorial in shape, in strong contrast to the semieliptical cross-sectional features of secondary needles, which are similar to heteroblastic leaves of *Picea abies*; therefore, a greater efficiency of light interception exists in primary needles than in secondary needles [48].

In general, the absorption of incident light depends on the concentration and type of pigments in the foliage [49]. Our findings indicated that the photosynthetic pigment concentrations varied between primary and secondary needles, and secondary needles had lower levels of chlorophyll (Chl a and Chl C) and lower Chl a/Chl b ratios (Figure 3), suggesting a decrease in the proportion of chlorophyll in the light-harvesting antenna [50]. In addition, the decrease can be interpreted as an effective photoprotection mechanism to prevent the absorbed excess energy from damaging the photosystems under full sun conditions [51]. Moreover, an increase in the mutual shading of secondary needles may lead to a lower photoinhibition to intense light radiation compared to that of the primary needles, which grow in a single spiral arrangement [17]. Chlorophyll fluorescence parameters, as an internal probe of the relationship between plant photosynthesis and environment, can sensitively reflect changes in photosynthesis [52]. Our results showed that primary needles had higher potential maximum photochemical efficiency (Fv/Fm), which is consistent with the results of their higher photosynthetic rate and chlorophyll concentrations (Figure 4A). However, the higher nonphotochemical quenching (NPQ) observed for primary needles suggests they have a stronger capacity for thermally dissipating excess energy in PNS under intense light radiation (Figure 4A) [41]. Meanwhile, the higher ETRmax in primary needles indicated that PNSs need more light to reach light saturation than that of SNSs (Figure 4B). Therefore, it could be inferred that sudden decreases in light may not be conducive to the growth of PNS. The results are similar to those of the Quevedo-Rojas study on leaf acclimation strategies of saplings with different shade tolerances in cloud forests [53].

### 4.2. Variations in the NSC and Biomass Allocation of Heteroblastic Foliage Seedlings

The formation of heteroblastic foliage was only developmentally delayed and was not due to the actual timing; thus, secondary needle germination can strongly affect the metabolic activity and resource reallocation in seedlings [54]. Our results showed that with the increase in SNS soluble sugar in leaves, monosaccharides (including fructose and glucose) increased while sucrose decreased, which can more greatly improve the protection of plant cells under stress compared to that seen with PNS (Figure 5A–D). In addition, secondary needles enhanced the proportion of starch storage in the roots of seedlings (Figure 5E), and the accumulation of NSCs was organ specific between PNS and SNS, significantly increasing in the leaves and roots of SNS (Figure 5F). These results indicate that the photosynthetic product of sucrose in secondary needles (the source organ) was easily decomposed into fructose and glucose, and glucose was transported to the roots and stems (reservoir organs) for storage; however, excessive glucose in roots was synthesized into starch storage, ensuring the rapid growth of the SNS root system, and NSCs were
preferentially allocated to the roots to promote water and nutrient absorption, which is consistent with our previous study finding that SNSs have strong root characteristics [55].

In contrast to NSC partitioning, the biomass partitioning varied significantly (Table 2). Pine seedlings exhibit pronounced morphological and structural changes from primary to secondary needles in the first year, which may result in different carbon demands as leaves differ in both investment costs and photosynthetic efficiency [11]. We found that compared with PNS, SNS increased the biomass allocated to the leaves (from 47.06% to 54.30%) and enhanced the overall ability of photosynthetic organs, which can lay a foundation for carbon accumulation and thus provide a certain material guarantee for the growth of seedlings. We suspect that mutual shading of secondary needles between fascicles was better at blocking strong light, and in light-limited conditions, seedlings increase carbon allocation of each organ to enhance the efficiency of resource utilization [56]. According to the results, we concluded that although the photosynthetic capacity per unit area was greater in primary needles than in secondary (two-needle fascicles) needles, it is possible that photosynthesis of the whole plant was lower. Our findings concluded that primary needles provide the early seedling stage with necessary carbon building for establishing stable growth systems and later on for development for more durable secondary needles which are more resistant to mechanical stress.

4.3. The Key Factors Effecting Biomass Accumulation

The heteroblastic foliage studied has different strategies related to biomass and physiological traits, PNS and SNS, from two well-separated clusters located on the positive and negative sides of PC1 (Figure 6). In addition, Pearson’s correlation coefficient (Tables 3 and 4) and path analysis (Figures 7 and 8) revealed close relationships among the various indicators, showing that different factors were involved in the regulation of biomass accumulation in PNS and SNS. Although correlation analysis reflects the degree of correlation between various factors to some extent, biomass is a comprehensive character, and simple correlation analysis cannot truly reflect the correlation between each character and the biomass [57]. Path analysis can effectively express the direct effect of related variables on dependent variables and estimate the indirect effect of derived variables on dependent variables, which makes the statistical analysis of multivariable data more reasonable [58,59].

In this study, we found that photosynthetic pigments (Car, Chl a, and Chl C) had a direct positive effect on PNS biomass and promoted biomass by indirectly increasing soluble sugar synthesis in stems. The net photosynthetic rate (Pn) was the main physiological factor that determined PNS biomass accumulation, and the decision coefficient reached 1.078. In addition, the leaf instantaneous water use efficiency (WUEi), limiting stomata (Ls), and non-photochemical quenching (NPQ) had a direct negative effect on PNS biomass accumulation, which inhibited photosynthesis to limit seedling growth. The results suggest that thermal dissipation (TD) caused by photoinhibition and water deficit were the main limiting factors of carbon accumulation in PNS. Relative to the SNS, NSC storage in each organ was beneficial to biomass accumulation, while water transpiration and photochemical quenching caused by excessive temperature had negative effects.

5. Conclusions

This study provided valuable information on the change in photosynthesis capacity and non-structural carbohydrate accumulation in each organ for the primary and secondary needles of P. massoniana seedlings, and it would be interesting to more thoroughly examine the factors determining acclimation in heteroblastic foliage. It was found that primary needles, such as juvenile foliage, have higher photosynthetic rates per unit area and lower construction costs, which can enhance the establishment and early growth of seedlings. In contrast, secondary needles, such as adult foliage, are more conservative in acquiring resources, reflecting the advantage of a more stress-tolerant strategy. However, the non-photochemical quenching caused by photoinhibition and the water deficit caused by the
external environment are the main factors limiting the biomass accumulation of PNS. Moreover, more NSCs were allocated to the leaves and roots of SNS to fuel the need for greater carbon availability for the growth of new biomass, and this contributes significantly to the later growth and resource acquirement.

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