Exploitation of Agro-Industrial Residues for the Formulation of a New Active and Cost Effective Biofungicide to Control the Root Rot of Vegetable Crops

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Abstract: This study aimed to produce an economic and stable biofungicide based on a new effective antagonistic strain (*Trichoderma harzianum* JF419706) via the exploitation of agro-industrial lignocellulosic residues as carriers for fungal growth to control the root rot diseases of vegetable crops. *Trichoderma harzianum* JF419706 showed a good resistance to a chemical fungicide with two-fold of the recommended dose. It was able to propagate on corn stovers amended with 20% of date molasses, as a very cheap substrate, up to $2.90 \times 10^{16}$ CFU/g after 30 days. Formulation of the bioagent on the substrate as a fine powder (FTB) increased the shelf-life up to 8 months with good viability ($9.37 \times 10^{11}$ CFU/g). The bioagent propagated itself in the rhizospheric soil about two-fold of the initial inoculum. Application of the FTB, as a seed treatment, suppressed the root rot disease severity percentage of cucumber, lettuce, and tomato plants to 70.0%, 61.5%, and 53.8%, respectively, from the control. The crop yield increased by 50%, 35%, and 30% in the same order of the three crops. FTB promoted the growth and physiological processes of the plants significantly compared with the control. Our study recommends the application of the FTB as a cost-effective biofungicide and biofertilizer in crop management, singly or as a part of integrated pest management, to ensure the sustainability of green farming and reduce the chemical input in cultural practices.

Keywords: biofungicide; agro-wastes; biofertilizer; cucumber; lettuce; tomato; *Trichoderma harzianum*; root rot; sustainability

1. Introduction

Soil-borne pathogens attack a wide range of horticultural and vegetable crops, causing a great reduction in the yield, and have become a global challenge facing sustainable production under greenhouse and field conditions, especially in organic farming [1–4]. Chemical fungicides are still the main strategy for the control of soil-borne diseases; however, with growing public awareness and organic farming practices there is a need to reduce the chemical inputs in agricultural systems [5–7]. From the ecological point of view, sustainable development is given a great importance as an environmental policy all over the world. It is very difficult to achieve sustainable development unless environmental ethical approaches can be harmonized. Therefore, it is very important to apply safe and non-hazardous materials into the soil and avoid the soil contamination with toxic substances and heavy metals or human pathogenic microorganisms that could contaminate soil and water resources [8–10].

On the other hand, many pathogens can build up a resistance against several pesticides that could become less effective in managing the diseases [11,12]. Integrated pest
management (IPM) was applied as an alternative strategy for soil-borne diseases’ control to reduce the input of chemical pesticides to the environment [13,14]. A biological control that uses antagonistic microorganisms with the ability to suppress target pathogens was used as an important ingredient of the IPM strategy [15,16]. For a biological control strategy, the main challenge is the production of a commercial product with a long shelf-life that could have a competitive efficacy with the chemical fungicides [17]. Effective formulation is the key factor in the development of any biocontrol agent [18,19]. Many laboratories and companies have developed specific microorganisms to use them as an effective ingredient of preparation in the biological control of many plant diseases [20–22]. Despite the initial success and extensive research efforts, progress in achieving large-scale usage of commercial biopesticides is going slowly [7,23]. When trials were conducted on the field scale, many candidates fail to confirm their activity and consequently lack the reliability [2,22,24].

Many microorganisms were used to develop commercial biocontrol products due to their efficacy in suppressing the pathogens under field conditions [25–27]. Beauveria, Hirsutella, Lecanicillium, Metarhizium, Paecilomyces, Trichoderma, and Verticillium are among the common fungal genera that were used to produce commercial biopesticides [28,29]. Trichoderma strains were reported as a successful biofungicide for management of a damping-off disease caused by Rhizoctonia solani [30] and Fusarium [31]. Khan et al. [32] showed that most formulated and unformulated Beauveria bassiana biopesticides achieved the target pest control. A biofungicide comprises several main components, such as effective microbes, carriers, bulking additives, contaminant suppressants, buffering systems, and coating compounds [33,34]. The availability of cost-effective production and stabilization of a biocontrol agent is a critical factor that must be considered during the development of a commercial biopesticide [34–36]. The high cost of production is an important reason for the limited commercialization of the biofungicides; therefore, more research is needed to lower the cost production of biofungicide formulation and increase the effectiveness on the field-scale [2,34,35,37].

In our previous works, the new strain Trichoderma harzianum JF419706 showed promising biological control activity against many soil-borne pathogens in both in vitro and in vivo experiments [4,38]. The mode of action of this strain was approved as the production of cell-wall degrading enzymes, antibiosis, mycoparasitism, the promotion of plant growth, and the induction of plant defense systems [39,40]. Formulation of Trichoderma harzianum has been proven to be effective in suppressing diseases in different plants and under different conditions [41,42], in addition to its effective formulation as a pesticide for many pests [43]. As a success story, the bioformulation of T. harzianum strain ITEM 3636, was reported as an effective biofungicide against peanut smut caused by Thecaphora frezii [44]. However, the successful application of this organism in the field still needs to be confirmed. An appropriate formulation on a suitable carrier that enhances good mass production of the organism in a large-scale application is an important target of the current and future works. We assume that obtaining such an appropriate formulation will enable us to develop a new biofungicide that could fulfill the standard conditions for any successful biopesticide [17].

This study aimed to produce an economic and stable biofungicide based on a new effective antagonistic strain (T. harzianum JF419706) using a very cheap carrier. The formulated biofungicide has a long shelf-life and the ability to control root rot diseases effectively under field conditions.

2. Materials and Methods

2.1. Bioagent Fungus

Trichoderma harzianum JF419706 was obtained from the rhizospheric soil of healthy lettuce plant, and it was identified by the amplification of the ITS gene using universal primers [45] and assigned the GenBank accession number JF419706 in our previous work [38]. It was selected as a bioagent ingredient because of its high antagonistic capability against several soil-borne pathogens in vitro and in vivo during several successive experiments, and its protective effect for many vegetables [4,38].
2.2. Inexpensive Agro-Industrial Residues as Carriers for Mass Production

Ten inexpensive substrates (sawdust, wheat bran, rice, popcorn, white corn, red corn, wheat straw, corn stalks, corn stover, and barley) were tested for high biomass production of *T. harzianum* JF419706. These substrates were selected based on their abundance, sustainability, and low pricing. The substrates were pre-soaked in water (2–3 h) and supplemented with 20% date molasses. A total of 200 g from each substrate were sterilized at 1.1 kg/cm$^2$ pressure for 15 min in polypropylene bags (autoclavable bags 20.5 × 28 cm, Scienceware, USA) and each bag was inoculated with 10 mL of spore suspension of *T. harzianum* JF419706 (10$^8$ CFU/mL). The bags containing the inoculated substrate were incubated at 27 ± 1 °C in the dark for 30 days. From each inoculated substrate, samples (1 g/sample) were taken every 10 days for an estimation of the fungal propagation using the dilution plate technique, and the propagation was estimated as colony forming units (CFU/g substrate).

2.3. Formulation of the Biofungicide (FTB) and Shelf-Life Test

*Trichoderma harzianum* JF419706 was grown on corn stovers/molasses carrier (8:2; w:w). The corn stovers were dried and ground into two types of powders: fine (size of particles < 2.0 mm) and coarse (size of particles > 2.0 mm) and amended with date molasses (20%). The carriers were inoculated with the fungal spores (10$^8$ spore/mL) and incubated at 27 ± 1 °C for 30 days. The produced FTB was kept in plastic bags as a solid form of the biofungicide and stored for 8 months at room temperature (10–30 °C). To prepare a liquid form of the FTB, 10 g of the formulated fine powder was suspended in a 500-mL glass bottle in three different suspensions: (A) invert emulsion, in which 300 mL of sunflower oil (7.0%) and dimethyl sulphoxide (1.0%) were emulsified in 92.0% of water and mixed with 10 g of the fine powder of the FTB; (B) molasses emulsion, in which 300 mL of date molasses (20%) was suspended with 10 g of the FTB; and (C) 300 mL of sodium alginate (3%) was suspended with 10 g of the fine powder of the FTB. The bottles were stored for 8 months at room temperature. To monitor the shelf-life stability during the storage period, 1 g of the FTB was taken for estimation of the emerged colony of the fungus on the PDA medium by the dilution plate technique, and the viability of the bioagent fungus was expressed as CFU/g.

2.4. Resistance of the Bioagent Fungus to the Chemical Fungicide

To ensure the applicability of the FTB with a high efficiency against the target pathogens even in the presence of chemical fungicides’ residue, which could be applied by the farmers, a common fungicide “Rhizolec” was tested for its effect on the growth of the bioagent *T. harzianum* JF419706 in vitro. Different concentrations of Rhizolec (0.0, 0.625, 1.25, 2.5, 5.0, and 10 g/L) were amended in the PDA medium. The selected concentrations represented 0.0%, 25%, 50%, 100%, 200%, and 400% of the recommended dose (2.5 g/L) by the producing company. Agar discs (0.5 cm) of the three days old colony of *T. harzianum* JF419706 were inoculated onto Petri plates containing the PDA medium with different doses of the fungicide. Three plates were used for each treatment and were incubated at 27 ± 1 °C for five days. The radial growth of the fungus was measured daily.

2.5. Effectiveness of the FTB in Suppression of Root Rot Disease under Field Conditions

The ability of the solid-state (fine powder) of the FTB to suppress the root rot disease of cucumber, lettuce, and tomato was evaluated in situ. The efficacy of seed treatment and soil treatment on the root rot disease of cucumber (*Cucumis sativus* L., cv Beta-alpha), lettuce (*Lactuca sativa* L., cv Niagara), and tomato (*Lycopersicum esculentum* L., cv Supemarmind) was carried out under field conditions in sandy loam soil. The previous history of root rot disease in the experimental field was approved [38,40] and the presence of soil-borne pathogens that are involved in causing root rot diseases in the crops were confirmed. Experiments were designed in a completely randomized split-plot regime. For each crop, an area of 100 m$^2$ was used and was divided into plots of 10.5 m$^2$. Each plot contained three rows (3 m) at an 80 cm distance for each treatment. The FTB was applied in two...
different treatments: seed treatment and soil treatment. In the seed treatment, the seeds of each vegetable were soaked in a diluted suspension of the FTB for 10 min (1:1000, v/v) with 2% of Tween 20 as the stabilizing material. Then, seeds were air-dried and sown directly into the soil. In the control, seeds were soaked in sterilized water with Tween 20 (2%). In the soil treatment, the FTB was blended with compost to get the final titer of the ingredient organism as \(10^8\) CFU/g compost. The compost containing FTB was applied in a 15-cm furrow in the rows at the rate of 0.45 kg/m\(^2\) one week before sowing. Seeds were sown 20 cm apart in the hills and normal cultural practices were applied.

When the plants were 90-days old, samples from each plot were taken for pathological, morphological, and physiological analyses on the viability of the biocontrol fungus \((T.\ harzianum)\) JF419706. Disease index and disease severity percentage (DS%) were assessed as described by Alamri, Hashem, Mostafa, Nafady and Abo-Elyousr [4] using the formula suggested by Kempe and Sequeira [46]. Plant height, fresh and dry weight of shoot and root, and the number of leaves and flowers per plant were estimated. Photosynthetic pigments (chlorophyll a, b, and carotenoids) were estimated in fresh leaf samples a week before the harvest, following the protocol of Lichtenthaler [47] by homogenizing 0.5 g of fresh leaves in 90% (v/v) acetone and filtration. The final volume was completed to 50 mL and the pigment concentrations were calculated from the absorbance of the extract at 663, 648, and 470 nm. The method of Laurentin and Edwards [48] was applied to estimate the total carbohydrates (mg/g dry weight).

The protein amount in the leaves’ crude extracts was estimated using Bradford’s method [49] by grinding 0.5 g of dry leaves in 10 mL of 0.1 M sodium phosphate buffer (pH 7.1), and the absorbance of the prepared solution was measured at 595 nm using a Schimadzu UV-1201 spectrophotometer. Bovine serum albumin (BSA) was used at concentrations of 10, 20, 30, 40, 50, and 60 mg/mL to conduct the protein standard curve. Proline was determined according to the method described by Bates et al. [50] by measuring the absorbance at 520 nm.

The method described by Malik and Singh [51] was followed to determine the total phenolic contents (mg/g dry weight) of the leaves by measuring the absorbance at 650 nm, and the standard calibration curve was generated at the same absorbance using known concentrations of catechol.

The viability of \((T.\ harzianum)\) JF419706 was tested by counting the viable propagules (CFU) in the rhizospheric soil after uprooting the plant roots, at the end of the experiment, by collecting the root-adhering soil particles as described by Qiao et al. [52] with modifications. A serial dilution was made in sterile distilled water and 1 mL of an appropriate dilution was spread onto Petri plates (5 plates per sample) containing PDA medium. The plates were incubated at 27 ± 1 °C for 3 days, and the emerged colonies of the target fungus were counted and expressed as CFU/g soil.

2.6. Statistical Analysis

The experiments were repeated twice using three replicates for each treatment. The field experiments were conducted for two successive seasons and the shown data are the mean of the two seasons. The SPSS 22.0 software was used to analyze the data (SPSS, 2013). Shapiro-Wilk’s W and Levene’s tests were applied to test the normality of distribution and homogeneity of variance of the data. Data were analyzed using one-way ANOVA and the significant differences among the means of the treatments were identified using Duncan’s multiple tests (\(p < 0.05\)).

3. Results

3.1. Mass Production and Formulation of Trichoderma harzianum JF419706 (FTB)

Ten different cheap carriers were chosen for mass production and propagation of \((T.\ harzianum)\) JF419706 (Table 1) in vitro. Among the substrates, corn stovers produced the highest propagation of the fungus \((1.9 \times 10^9\) CFU/g), followed by wheat straw \((1.3 \times 10^8\) CFU/g), rice \((8.5 \times 10^6\) CFU/g), and corn stalk \((6.5 \times 10^6\) CFU/g) after ten days.
of incubation. The propagules count significantly increased when the time extended to 30 days. However, the ranking of these substances differed and the corn stovers were the highest (2.9 × 10^16 CFU/g), followed by rice (2.25 × 10^14 CFU/g), corn stalks (4 × 10^13 CFU/g), and wheat straw (1.8 × 10^13 CFU/g). Results showed that the propagation of the fungus on the corn stovers was higher than other substrates by 100 times.

Table 1. Mass production (CFU/g substrate) of *T. harzianum* JF419706 on different carriers.

| Carrier            | Incubation Time |
|--------------------|-----------------|
|                    | 10 Days         | 20 Days         | 30 Days         |
| Sawdust            | 7.50 × 10^{5}   | 7.90 × 10^{6}   | 2.65 × 10^{12}  |
| Wheat bran         | 4.50 × 10^{14}  | 1.10 × 10^{14}  | 1.45 × 10^{11}  |
| Rice               | 8.50 × 10^{4}   | 4.50 × 10^{11}  | 2.25 × 10^{14}  |
| Popcorn            | 1.40 × 10^{3}   | 1.40 × 10^{7}   | 2.30 × 10^{8}   |
| White corn         | 1.30 × 10^{4}   | 1.70 × 10^{8}   | 2.80 × 10^{10}  |
| Red corn           | 1.20 × 10^{4}   | 9.50 × 10^{7}   | 1.10 × 10^{10}  |
| Wheat straw        | 1.30 × 10^{8}   | 2.00 × 10^{11}  | 1.80 × 10^{13}  |
| Corn stalks        | 6.50 × 10^{6}   | 2.70 × 10^{10}  | 4.00 × 10^{13}  |
| Corn stovers       | 1.90 × 10^{3}   | 1.30 × 10^{13}  | 2.90 × 10^{16}  |
| Barley             | 2.50 × 10^{6}   | 3.80 × 10^{10}  | 1.80 × 10^{12}  |

Values followed by a different letter within the same column are significantly different at *p* < 0.05.

3.2. Shelf-Life of the Formulated Biofungicide (FTB)

The FTB was stored at room temperature in two different forms: solid state (fine powder and coarse powder) and liquid state (oil emulsion, alginate, and molasses) for up to 8 months. The results in Table 2 showed that both fine powder and oil emulsion succeeded in keeping the viability of FTB in a considerable titer for up to 6 months. The count of CFU decreased gradually after the first month in all stored formulations. However, a dramatic decrease was noticed after the 5th or 6th month on almost all materials. The fine powder was able to keep the count of propagules at 6.37 × 10^{15} CFU/g and 9.37 × 10^{11} CFU/g after 6 and 8 months, respectively. The viability of the fungus units in oil emulsion was decreased gradually after the first month in all stored formulations. However, a dramatic decrease was noticed after the 5th or 6th month on almost all materials. The fine powder in keeping the viability of FTB in a considerable titer for up to 6 months. The count of CFU/g and 9.37 × 10^{11} CFU/g after 6 and 8 months, respectively. The viability of the fungus units in oil emulsion was 2.07 × 10^{15} CFU/g and 4.2 × 10^{12} CFU/g after 6 and 8 months, respectively. The CFU/g in molasses was the lowest among all materials, where after 8 months only 6.5 × 10^{7} CFU/g were variable.

Table 2. Shelf-life of the formulated biofungicide from *T. harzianum* JF419706 (FTB).

| Months | Powder (CFU/g) | Liquid (CFU/g) |
|--------|---------------|---------------|
|        | Coarse        | Fine          | Emulsion Oil | Alginate | Alginete | Molasses |
| 0      | 2.81 × 10^{16} | 5.37 × 10^{17} | 3.00 × 10^{17} | 4.57 × 10^{16} | 4.47 × 10^{16} |          |
| 1      | 2.49 × 10^{16} | 4.47 × 10^{17} | 6.30 × 10^{17} | 7.10 × 10^{16} | 4.27 × 10^{15} |          |
| 2      | 4.12 × 10^{16} | 4.35 × 10^{17} | 4.13 × 10^{16} | 8.30 × 10^{16} | 3.75 × 10^{14} |          |
| 3      | 1.76 × 10^{16} | 2.60 × 10^{17} | 3.45 × 10^{16} | 4.50 × 10^{16} | 1.77 × 10^{17} |          |
| 4      | 1.02 × 10^{16} | 1.70 × 10^{16} | 7.60 × 10^{15} | 5.40 × 10^{15} | 4.80 × 10^{10} |          |
| 5      | 6.43 × 10^{15} | 3.33 × 10^{15} | 5.78 × 10^{16} | 4.62 × 10^{13} | 5.27 × 10^{6} |          |
| 6      | 3.45 × 10^{15} | 6.37 × 10^{15} | 2.07 × 10^{15} | 4.53 × 10^{11} | 6.67 × 10^{8} |          |
| 7      | 3.30 × 10^{12} | 2.25 × 10^{13} | 1.50 × 10^{14} | 3.37 × 10^{11} | 1.57 × 10^{8} |          |
| 8      | 4.63 × 10^{11} | 9.37 × 10^{11} | 4.20 × 10^{12} | 1.08 × 10^{10} | 6.50 × 10^{7} |          |

Values followed by a different letter within the same column are significantly different at *p* < 0.05.

3.3. Resistance of the Bioagent Fungus to the Chemical Synthetic Fungicide “Rhizolex”

Rhizolex is a chemical synthetic fungicide commonly used as a seed treatment to protect seeds against a fungal attack with a recommended dose of about 2.5 g/L. To ensure that our FTB could be applied successfully without affecting the residue of this fungicide, which could be still adherent to the seeds, the toxicity of the fungicide on the viability of *T. harzianum* JF419706 (FTB) was tested. Figure 1 showed that *T. harzianum* JF419706 resisted
the presence of the fungicide up to two-fold of the recommended dose of the chemical fungicide. The lower doses of the fungicide affected the growth of the fungus, and the effect gradually decreased until the end of the experiment (5 days). The recommended dose (2.5 g/L) inhibited the radial growth of the fungus by 61.6% of the control, while this inhibition was lowered to 40.0% at the end of the incubation period.

Figure 1. Effect of chemical fungicide Rhizolex on viability and growth of T. harzianum JF419706.

3.4. The Activity of the Formulated Biofungicide (FTB) in Soil

The viability of the bioagent ingredient in the FTB in soil was monitored after 90 days. Data in Table 3 showed that the viable CFU of the fungus increased to $5.04 \times 10^8$ CFU/g and $6.62 \times 10^8$ CFU/g after 90 days from cultivation compared with $3.27 \times 10^8$–$3.33 \times 10^8$ CFU/g at the time of infestation (0 day) in the rhizospheric soil of the three crops.

Table 3. Viability of T. harzianum JF419706 (FTB) in the rhizospheric soil (counting CFU/g soil) of three vegetable crops.

| Crop     | T. harzianum CFU/g |
|----------|--------------------|
|          | Start Date (0 Day) | End Date (90 Days) |
| Cucumber | $3.27 \times 10^8$ a | $5.04 \times 10^8$ b |
| Lettuce  | $3.33 \times 10^8$ a | $5.60 \times 10^8$ b |
| Tomato   | $3.30 \times 10^8$ a | $6.62 \times 10^8$ b |

Values followed by a different letter within the same column are significantly different at $p < 0.05$.

3.5. Field Experiments

Data collected from the field study approved the efficiency of the FTB in the protection of the vegetable crops from root rot diseases and in enhancing their growth rate and productivity. The data in Table 4 clearly showed the effectiveness of the FTB in the suppression of the root rot disease of cucumber plants after 90 days of sowing. Results showed that the application of the FTB as seed treatment was better than drenching in the soil. When the cucumber seeds were treated with the FTB before cultivation, MDR and DS% were significantly reduced compared with the infected control. Plant height increased to 41.7 cm compared with 33.0 cm in the control. The fresh and dry weight of the treated plants was significantly enhanced compared with the control. The number of flowers per plant was used as an indicator of predictable productivity. The number of cucumber flowers was 13.0 flower/plant compared with 8.67 flower/plant in the control. Therefore, the predicted
productivity could be increase by about 50% because of the seed treatment with the FTB. There was a consistent result from the morphological and physiological measurements of the cucumber plants that were treated with the FTB. Table 5 demonstrates that the physiological machinery of the treated plant was stimulated and resulted in a significant increase in the photosynthetic pigment formation compared with the control. In general, there was an obvious increase in seed treatment which was higher than soil treatment. Consequently, the total carbohydrates increased in all treatments. Protein content significantly increased compared with the control and the highest quantity was gained in either seed or soil treatment. Proline and phenols in all treatments significantly decreased compared with the control.

Table 4. Effect of FTB on mean disease rating (MDR), disease severity percentage (DS%), and morphological characteristics of cucumber plants after 90 days of cultivation under field conditions.

| Type of Application | Treatment | MDR  | DS%  | Plant Height (cm) | Shoot Weight (g/Plant) | Root Weight (g/Plant) | No. of Leaves/Plant | No. of Flowers/Plant |
|---------------------|-----------|------|------|-------------------|------------------------|----------------------|---------------------|---------------------|
| Soil treatment      | Control   | 2.2 a| 55.0 a | 31.3 c           | 57.5 b                 | 5.6 c                | 0.21 c              | 12.0 b              | 8.7 c               |
|                     | FTB       | 0.8 b| 20.0 c | 37.0 b           | 87.5 a                 | 7.4 b                | 0.29 b              | 14.7 a              | 12.0 b              |
| Seed treatment      | Control   | 2.0 a| 50.0 b | 33.0 c           | 57.4 b                 | 5.9 c                | 0.21 c              | 12.7 b              | 8.7 c               |
|                     | FTB       | 0.6 b| 15.0 c | 41.7 a           | 84.1 a                 | 8.1 a                | 0.33 a              | 14.3 a              | 13.0 a              |

Values followed by a different letter within the same column are significantly different at $p < 0.05$.

Table 5. Effect of FTB on the physiological characteristics of 90-days old cucumbers cultivated under field conditions.

| Type of Application | Treatment | Pigments (mg/g FW) | Total Carbohydrates (mg/g FW) | Total Proteins (mg/g DW) | Proline (mg/g DW) | Total Phenols (mg/g DW) |
|---------------------|-----------|-------------------|-------------------------------|--------------------------|-------------------|------------------------|
|                     |           | Chlorophyll a     | Chlorophyll b                 | Carotenoids              |                   |                        |
| Soil treatment      | Control   | 1.28 b            | 0.36 b                       | 0.41 b                   | 66.35 d           | 5.40 c                 | 0.98 a               |
|                     | FTB       | 1.30 c            | 0.37 b                       | 0.44 b                   | 85.23 b           | 6.54 b                 | 0.66 c               |
| Seed treatment      | Control   | 1.34 b            | 0.35 b                       | 0.43 b                   | 76.15 c           | 6.62 b                 | 0.96 a               |
|                     | FTB       | 1.46 a            | 0.43 a                       | 0.50 a                   | 88.11 a           | 7.20 a                 | 0.77 b               |

Values followed by a different letter within the same column are significantly different at $p < 0.05$.

Table 6. Effect of FTB on mean disease rating (MDR), disease severity percentage (DS%), and morphological measurements of lettuce plants after 90 days from cultivation under field conditions.

| Type of Application | Treatment | MDR  | DS%  | Plant Height (cm) | Shoot Weight (g/Plant) | Root Weight (g/Plant) | No. of Leaves/Plant |
|---------------------|-----------|------|------|-------------------|------------------------|----------------------|---------------------|
| Soil treatment      | Control   | 2.8 a| 70.0 a | 29.3 d           | 465.73 c               | 17.35 c              | 20.89 d             | 2.65 c             | 35.33 c            |
|                     | FTB       | 1.0 c| 25.0 c | 33.3 b           | 522.23 b               | 21.09 b              | 28.93 b             | 3.28 b             | 40.67 b            |
| Seed treatment      | Control   | 2.6 b| 65.0 b | 32.3 c           | 461.50 c               | 17.99 c              | 23.37 c             | 2.74 c             | 36.67 c            |
|                     | FTB       | 1.0 c| 25.0 c | 35.3 a           | 624.13 a               | 26.66 a              | 32.80 a             | 3.89 a             | 51.33 a            |

Values followed by a different letter within the same column are significantly different at $p < 0.05$.
Table 7 reflects an increase in physiological machinery of the treated plants with the FTB either as a seed or soil treatment. Chlorophyll a and b, carotenoids, carbohydrates, and protein significantly increased compared with the control. Proline and phenols significantly decreased as a result of the application of the FTB compared with the control.

Table 7. Effect of FTB on the physiological characteristics of 90-days old lettuce plants cultivated under field conditions.

| Type of Application | Treatment | Pigments (mg/g FW) | Total Carbohydrates (mg/g FW) | Total Proteins (mg/g DW) | Proline (mg/g DW) | Total Phenols (mg/g DW) |
|---------------------|-----------|--------------------|-------------------------------|-------------------------|------------------|------------------------|
|                     |           | Chlorophyll a      | Chlorophyll b                 | Carotenoids             |                  |                        |
| Soil treatment      | Control   | 1.00 b             | 0.32 b                        | 0.36 c                  | 94.92 b          | 12.13 c                | 0.80 a          | 1.74 b         |
|                     | FTB       | 1.31 a             | 0.38 a                        | 0.46 a                  | 120.77 a         | 14.57 b                | 0.57 c          | 1.53 c         |
| Seed treatment      | Control   | 1.11 b             | 0.27 c                        | 0.41 b                  | 82.85 c          | 14.54 b                | 0.66 b          | 2.06 a         |
|                     | FTB       | 1.23 a             | 0.38 a                        | 0.48 a                  | 93.88 b          | 20.74 a                | 0.64 b          | 1.61 c         |

Values followed by a different letter within the same column are significantly different at p < 0.05.

Table 8 shows that tomato plants were more sensitive to the root rot disease infection than the other two vegetables (cucumber and lettuce) where the MDR reached 3 and DS% was 75% in soil treatment. The morphological parameters were altered significantly because of infection. However, the application of the FTB significantly reduced the disease severity on tomato plants to 30.0% in both types of treatments. Plant height, number of leaves, shoots, and dry weight achieved a significant increase compared with the control. Seed treatment showed better results than soil treatment in almost all cases. An interesting observation was that the number of flowers was 17.67 flower/plant when the FTB was applied as a seed treatment compared with 13.67 flower/plant in the control. The predicted yield could be increased by 29.0% from the control. Table 9 indicates a good stimulation in the physiology of tomato plants after treatment with the FTB. The photosynthetic pigments significantly increased compared with the control, especially in the case of seed treatment. Carbohydrates and protein content were significantly higher than those in control; however, proline and phenols were reduced.

Table 8. Effect of FTB on mean disease rating (MDR), disease severity percentage (DS%), and morphological measurements of tomato plants after 90 days from cultivation under field conditions.

| Type of Application | Treatment | MDR | DS% | Plant Height (cm) | Shoot Weight (g/Plant) | Root Weight (g/Plant) | No. of Leaves/Plant | No. of Flowers/Plant |
|---------------------|-----------|-----|-----|-------------------|------------------------|-----------------------|---------------------|----------------------|
|                     |           |     |     |                   | Fresh | Dry | Fresh | Dry |                        |                        |
| Soil treatment      | Control   | 3.0 a | 70.0 a | 47.7 c | 63.8 d | 5.83 d | 3.45 c | 0.46 c | 14.0 c | 11.0 c |
|                     | FTB       | 1.2 c | 30.0 c | 52.3 b | 69.7 b | 6.89 b | 3.81 b | 0.51 b | 15.0 b | 13.7 b |
| Seed treatment      | Control   | 2.8 b | 65.0 b | 51.7 b | 75.3 b | 6.11 c | 3.53 b | 0.47 c | 15.3 b | 13.7 b |
|                     | FTB       | 1.2 c | 30.0 c | 59.3 a | 94.6 a | 8.90 a | 5.27 a | 0.72 a | 16.3 a | 17.8 a |

Values followed by a different letter within the same column are significantly different at p < 0.05.

Table 9. Effect of FTB on the physiological characteristics of 90-days old tomato plants cultivated under field conditions.

| Type of Application | Treatment | Pigments (mg/g FW) | Total Carbohydrates (mg/g FW) | Total Proteins (mg/g DW) | Proline (mg/g DW) | Total Phenols (mg/g DW) |
|---------------------|-----------|--------------------|-------------------------------|-------------------------|------------------|------------------------|
|                     |           | Chlorophyll a      | Chlorophyll b                 | Carotenoids             |                  |                        |
| Soil treatment      | Control   | 0.55 d             | 0.21 d                        | 0.18 d                  | 57.76 b          | 3.73 c                  | 2.03                | 0.98 b         |
|                     | FTB       | 1.33 b             | 0.33 c                        | 0.42 b                  | 63.97 a          | 3.88 c                  | 1.14                | 0.82 d         |
| Seed treatment      | Control   | 0.69 d             | 0.40 b                        | 0.23 c                  | 51.84 c          | 4.25 b                  | 1.88                | 1.24 a         |
|                     | FTB       | 1.50 a             | 0.49 a                        | 0.56 a                  | 57.87 b          | 5.15 a                  | 1.23                | 0.92 c         |

Values followed by a different letter within the same column are significantly different at p < 0.05.

4. Discussion

Our results showed the highest mass productivity of *T. harzianum* on corn stovers with 2% date molasses as an economic and effective carrier. It could be assumed that cellulose and other macro and micronutrients contained in the corn stovers in addition to the simple sugars in molasses stimulated the propagation and sporulation of the fungus. The fine powder of the carrier kept the viability of the bioagent fungus up to 8 months at room temperature as an appropriate shelf-life time of the FTB. Along with our finding, Kumar and
Palakshappa [53] reported a significant increase in the population of *Trichoderma harzianum* on the molasses yeast medium. Gangwar et al. [54] reported many suitable media for the mass production of *T. harzianum*; among them, sand maize and sorghum grain were mentioned as useful media for mass multiplication of this fungus. In their experiment to find the appropriate cheap substrate to grow *Trichoderma lixii* TvR1a, Sachdev, Singh and Singh [34] mentioned that sugarcane bagasse supported the maximum growth of the fungus (2.0 × 10^8 spores/g). Good propagation of the fungus on the fine powder of the carrier could be due to the larger exposed surface area for the fungal spores to grow and propagate. The addition of molasses appeared as an important material to enhance the propagation of the fungus and to keep the osmotic medium of the formulation [7,53]. Because the formulation of biocontrol agents is the most important step in the overall production process, the formulation should ensure the protection of the active ingredients (spores, conidia, mycelial germings of antagonistic fungi) from extreme pHs, low humidity, chemicals, and UV radiation [55]. The formulated FTB should exhibit antagonistic activity against the target pathogens without being affected by adverse environmental factors. In accordance with our results, different types of formulations of *Trichoderma* such as invert emulsion, cane molasses amendment, seed coating, pregelatinized starch flour granules, wettable powder, alginate pellets, and gluten matrix were applied [7,22,26,34,55,56]. Lewis et al. (1990) mentioned that either conidia of *T. hamatum* and *T. virens* or their formulation reduced the disease severity by more than 80% and suppressed the growth of the pathogen by 75% under greenhouse conditions. Bae and Knudsen [57] and McLean et al. [58] have demonstrated that biocontrol activity of the formulated *Trichoderma* spp. in the soil was dependent on the substrate used in the formulation. The availability of a cost-effective substrate that enhances the stabilization and propagation of the antagonist is a crucial factor when selecting the commercial development of a formulated biofungicide [21,34,59].

The abundance of microbial propagules, cost-effective production, surviving, shelf-life, tolerance to environmental conditions, and efficiency in field trials are the main requirements of the ideal biofungicide [7,60]. Our results confirm that the present FTB likely fits the above-mentioned characteristics. In addition, the bioagent fungus resisted the presence of the fungicide up to two-fold of the recommended dose of the chemical fungicide. This finding adds an excellent property for the new formulation to ensure that it can resist the presence of the chemical fungicide especially in low doses, and gives the validity of the application of the FTB even in the presence of other chemical fungicides [61].

In rhizospheric soil, the FTB showed good survival and propagation. This finding supports the assumption that the addition of the FTB could enhance the suppressive effect of the treated soil and could make such soil become self-suppressive after several additions of the FTB during successive seasons [62,63].

The results obtained from the field experiments proved that the three vegetable crops were susceptible to infection with the root rot diseases; however, in various degrees, the tomato was the most sensitive crop where the DS% on it was 75% after 90 days from cultivation. The FTB protected the plants against root diseases and enhanced their morphology and physiology. Seed treatment with the FTB was more effective than soil treatment. Our results were supported by the findings of many other researchers, who reported the efficacy of *Trichoderma* as a bioagent against many soil-borne diseases in the reduction of the disease severity of root rot, and its ability to increase the productivity of the treated crops under greenhouse or field conditions [26,64–66]. The growth parameters plant height, shoot, and root biomass were greatly enhanced because of the application of the FTB. Physiological aspects of the treated plants were significantly different compared with the control. There was an increase in photosynthetic pigments of chlorophyll a and b and carotenoids. Proline and phenols significantly increased in the control; however, their levels decreased significantly because of FTB application. Previous findings confirmed that the interaction of *Trichoderma* strains with the plants promoted disease resistance, and enhanced plant growth, nutrient availability, and crop yield [4,55]. In addition to their suppressive effect on pathogens, some *Trichoderma* spp. could colonize the root
surface, and induce the exchange of compounds that can cause substantial changes in plant metabolism [67–69]. The induction of plant resistance mechanisms by *Trichoderma* spp. was proven to induce the production of defense-related metabolites in the plant. This includes enzymes that are involved in the biosynthesis of phytoalexins to alleviate oxidative stress, and the synthesis of pathogenesis-related proteins (PR-proteins) [70–72]. The content of phenolic compounds was positively proportioned to the degree of plant resistance against the pathogens [73]. The increase in vegetative growth and crop yield could be because *T. harzianum* JF419706 has a prolonged growth-promoting effect on the three crops until the end of the season [74]. The findings of other researchers who carried out their experiments in greenhouses reported a considerable increase in yield when plant seeds were pre-treated with a *Trichoderma* spore suspension [75,76]. When *Trichoderma harzianum* ITEM 3636 was formulated in commercial biological control products and was applied as a seed treatment, the disease severity of root rot of peanuts caused by *Fusarium solani* was significantly decreased [77].

5. Conclusions

Despite the presence of many commercial biocontrol formulations based on *Trichoderma* spp., new strong bioagents that can be propagated on a very cheap substrate, suppress the diseases for a long time, and resist the chemical fungicides’ residue are very important to ensure sustainable production of the biofungicides. Our newly formulated bioagent almost appeared as an ideal bioagent that fulfilled the required properties to make it an effective biofungicide. The study proved the new strain *T. harzianum* JF419706 is an effective ingredient of the FTB that could safely be applied under field conditions to control the root rot diseases and soil-borne pathogens infecting vegetable crops. The high biomass productivity of the bioagent, prolonged shelf-life time and resistance to fungicides, encourage the application of the formulated FTB on a larger scale. Enhancement of growth and productivity of the crops prove the efficiency of the FTB as a biofertilizer as well. The study recommends the production of the FTB commercially as cost-effective with applications in both classical and green farming.

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