Geochemistry of Core Sediments from Tropical Mangrove Region of Tamil Nadu: Implications on Trace Metals

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Abstract

The present study aims to determine the concentrations of certain trace metals (Fe, Mn, Cr, Cu, Pb, Zn, Co, Ni, Ba, Sr, V and Rb) and to identify the possible sources of the trace metals with multivariate analyses and assess the metal contamination using the enrichment factor (EF) and geo-accumulation index (Igeo) from the two core samples taken from Pichavaram lagoon. Pichavaram mangrove is a dynamic intertidal environment lying in between Vellar and Coleroon estuaries in Cauvery delta along the east coast of India. High OM in the present study is noted in both core samples which are mainly controlled by productivity and sediment texture. The increase of trace metals concentrations was observed at lower intertidal points which indicates that the trace metals were released back into the water column around the redox boundaries. Further it signifies that the enrichment of metals in C1 core sample is closely related to the diagnostic Factor 1 with significant positive loadings on Fe and Mn suggests the input of these metals to the system. These elements to be enriched in the upper layers than in the core samples. They are mainly related to anthropogenic inputs and reflect the complexing nature of the organic matter. Igeo studies confirm the contamination of the study area. Overall the study highlights significant anthropogenic contributions in terms of heavy metal pollution. Comparative data for normalized enrichment factors and the modified degree of contamination show that Pichavaram sediments have suffered significant systematic heavy metal contamination following catchment urbanization.

Keywords: Geochemistry; Trace metals; Statistical analysis; Enrichment factor; Igeo

Introduction

The anthropogenic input of metallic elements, particularly from rapid economic development in coastal areas, has caused severe environmental crisis in marine ecosystems [1-4]. Trace metals (e.g., Fe, Mn, Cr, Cu, Ni, Co, Zn and Pb) are of particular high concern due to their persistence in the environment, bioaccumulation, and high toxicity [5-9]. Sediments exhibit a great capacity to accumulate trace metals at even low concentrations in aquatic environments [10]. Most trace metals in the aquatic ecosystem are associated with sediments, especially bottom sediments [11,12].

Trace metals that accumulate in sediments, which act as both final sinks for various chemical pollutants and potential secondary sources, may be released back into water columns under changing environmental conditions [13,14]. Once absorbed by aquatic organisms, trace metals may be converted to more toxic organic complexes that may not only pose a risk to aquatic organisms but may also cause long-term human health issues and may even damage the ecosystem [15]. One of the most affected ecosystems in coastal areas is the mangrove ecosystem. Mangroves in many inter-tidal zones of an estuary, especially in the tropics and sub-tropics, enhance accumulation of fine, organic-rich materials and associated contaminations [16-18]. The mangrove ecosystem being an ecosystem between terrestrial fresh water and marine environment makes it a good trap zone against sea and land debris [19]. Mangrove sediments serve as a sink for heavy metals that may be released back to the water column by various remobilization processes as a consequence of equilibrium disruption [20-22]. Heavy metals can be mobilized from sediment if there is a change in physicochemical properties and consequently result in trophic transfer to detritivores and other higher level trophic organisms in the food web [23]. In addition, the accumulation of heavy metals in sediments may also produce harmful effects on the biota living in them [24,25]. In this environment, therefore, sediments can play a double role, both as a carrier and as a possible source of contaminants. Because of the ubiquitous presence of heavy metals, their persistence, and their ability to create hazardous conditions in the environment, a number of studies have been carried out all over the world to assess the levels of different elements in mangrove sediments [26-32]. The objectives of this study were to (1) determine the concentrations of certain trace metals (Fe, Mn, Cr, Cu, Pb, Zn, Co, Ni, Ba, Sr, V and Rb) in core sediments of Pichavaram lagoon. (2) Identify the possible sources of the trace metals with multivariate analyses, and (3) assess the metal contamination using the enrichment factor (EF) and geoaccumulation index (Igeo).

Study Area

Pichavaram is situated in the southeast coast of Tamil Nadu, India. It is located at about 225 km south of Chennai between latitude 11°20' to 11°30' north and longitude 79°45' to 79°55' east. Pichavaram mangrove is a dynamic intertidal environment lying in between the Vellar and Coleroon estuaries in the Cauvery delta along the east coast of India (Figure 1). It is an estuarine mangrove situated at the confluence of Uppanar, a tributary of the Coleroon River. It encloses an area of about 1100 ha consisting of 51 islets, of which 50% is covered by forest, 40% by waterways and the remaining area is covered by

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sand-flats and mudflats [33]. The lithology includes gneiss, charnockite, granite, quartzite, limestone, and alluvium [34]. Alluvium is dominant in the western part, whereas fluvo-marine beach sands cover the eastern part. Input from the Cauvery River sustains the distributaries of Coleroon River. The Cauvery River flows through densely populated areas and transports fertilizers, pesticides, and pollutant metals [34]. The Coleroon Estuary is heavily impacted by anthropogenic pollution, with high concentrations of Cr, Cd, Fe, Mn, and Zn [35]. Moreover, the Uppnar River and Khan Saheb Canal contribute towards anthropogenic input during monsoons. The mangroves have also been affected by aquaculture farming mainly due to logging and deforestation [36].

### Material and Methods

For the present study Core-1 (C1), which was collected during October, 2012 and Core-2 (C2) Collected during April 2013. Core 1 (latitude N 11° 25’ 28.5” and longitude E 79° 47’ 39.4”) and Core 2 (latitude N 11° 26’ 27.2” and longitude E 79° 47’ 21.4”) was retrieved from Pichavaram area. The site was selected as it is one of the adjoining areas and draining sites for minor rivers, which flow during monsoon periods and also has the tidal influence from the coastal environment. A PVC coring tube (6.3 cm diameter and 2.5 m length), pre-cleaned with acid was used for the collection of core sample. The overall length of the core-1 (C1) was 150 cm and Core-2 (C2) was 180 cm and in both cores, sub-samples were made at 2 cm intervals. In this study, the geochemical data have not been corrected for compaction, as it is likely to be uniform down the length of the core [37,38]. Textural studies of sand, silt and clay were carried out following the procedure of Ingram [39]. Carbonate content was measured using the method described by Loring and Rantala, (1992) and organic carbon (OC) was evaluated following the procedure of Gaudette [40,41]. Total trace elements were determined using an X-ray fluorescence (XRF) spectrometer equipped with an Rh tube at the National Geophysical Research Institute (NGRI), Hyderabad, as per the method described by Chen [42]. Pearson correlation coefficient (r) was employed to find the relationship between physico-chemical characteristics and heavy metal concentration. For the Principal Component Analysis (PCA), the orthogonal transformation (normalized varimax) was applied to maximize the number of loading factors without changing the total variance or the variance of each element in the model. To interpret
EF > 40 Extremely high enrichment

Contamination factor and pollution load index

The pollution level in trace metal was calculated by the method based on pollution load index [51]. This is a simple method based on pollution load Index to assess the extent of pollution by metals in estuarine sediments.

\[ CF = \frac{C_{\text{metal}}}{C_{\text{background}}} \]

\[ PLI = \sqrt{CF_1 \times CF_2 \times CF_3 \times \ldots \times CF_n} \]

CF = Contamination factor.

n = Number of metals.

C metal = metal contamination in polluted sediment.

C background value = background value of that metal.

Four categories of contamination factor have been distinguished, \( C_{\text{f}} < 1 \) Low contamination factor indication low contamination.

\( 1 < C_{\text{f}} < 3 \) Moderate contamination factor.

\( C_{\text{f}} \geq 3 \) High contamination factor.

Results and Discussion

Textural characteristics of sediment

Textural data of both C1 and C2 are presented as mud (silt + clay) (Table 1). The grain size distribution in the core sediments is important in understanding the depositional environment history. Results of the two core samples, C1 and C2 reveal average value of mud concentration as 70.3 and 72.8% respectively. In the present study, grain size indicates a highly variable depositional environment in top and bottom portion of C1 and middle portion of C2. In both the cores, there is decrease in grain size in upper portion which may suggest that the sediments in the upper portion were deposited at low energy condition. The decrease in sand content through time may reflect period of wet and cold climate [52]. However, the reason for increase in sand at the depth of 20 cm, 60 cm and 104 cm of C2 might be because of extra input from the connecting river and possibly due to energy conditions, which prevailed at this region. Higher amount of mud from 30 cm depth in C1 suggest considerable amount of clay flocs entering the creek and is selectively...
OM and CaCO$_3$

In both cores C1 and C2, the average concentrations of OM were 3.3% and 4.2% respectively, which is slightly higher than the values recorded from other regions [56,57]. The distribution pattern in both the C1 and C2 core sediments suggests that adsorption and incorporation of organic materials from the overlying water column are taking place in association with the fine-grained particles. In C2, higher percentage of OM was found at the bottom portion of the core (150 cm and 160 cm) while the lower percentage were recorded at the depth of 20 cm, 60 cm and 120 cm (Figure 2). The OM get bound to the finer particles reflecting high inputs of terrigenous material from the adjacent land mass [58]. The relatively lower percentage of OM in the top sediments is due to constant flushing activities by tides along with impact of waves which remove fractions of the sediments from the fringing area. High OM in the present study is mainly controlled by productivity and sediment texture.

The average values of CaCO$_3$ content in both C1 and C2 core samples are found to be 2.7% and 2.2% respectively. Downcore variations of CaCO$_3$ are plotted in (Figure 2). High value of calcium carbonate is observed at the top and bottom segment of C1 core may be due to proximity to the coastal area and also due to the reprecipitation of carbonates in the reduced layer. The vertical distribution of CaCO$_3$ in both the core sample indicates difference in the top layer (0 cm to 30 cm), where C1 core, CaCO$_3$ is high compared to C2. The low value in C2 core sample in top portion reveal high sedimentation rate and greater dilution [59,60]. The lower concentrations in the middle part of both cores suggest that the active detritus dilution has reduced the concentration of calcium carbonate.

Total Trace Metal Distribution (TTMs)

In sediment, total metals concentration can indirectly reflect both logical mineralogy and even the beginning or nature of sediments [61-63]. In general, metal accumulation in aquatic biota has a significant correlation with total metal concentrations in the sediment, which appear to be the most important variable parameter in environment.

The trace metals in the mangrove environment are influenced by and are closely related to the Fe–Mn oxy-hydroxides. In the present study, the sediments contain elevated concentrations of Fe, Mn, Cr, Cu, Pb, Zn, Co, Ni, Ba, Sr, V and Rb in comparison to the reference site. These results are similar to those reported in other studies around the world where sediments were contaminated by industrial activities. In this study, the anthropogenic input from the nearby agricultural, domestic, and industrial processes through vellar river has made this pristine ecosystem vulnerable for the heavy metal contamination [64,65]. The average concentration of trace metals for core sample C1 and C2 are as follows Fe (C1-25735.2; C2-36867 ppm); Mn (C1-551; C-606.2 ppm), Cr (C1-159; C2-144.76 ppm), Cu(C1-31.3; C2-44.5 ppm), Pb(C1-56.8; C2-33.2 ppm); Zn (C1-63.2; C2-99.5 ppm), Co(C1-13.2; C2-19.6 ppm), Ni (C1-31.5; 63.3 ppm), Ba (C1-439.6; C2-449.1 ppm), Sr (C1-294.6; C2-308.0 ppm), V (C1-81.7; C2-81.7 ppm) and Rb (C1-6.1; C2-58.8 ppm).

The vertical profile of C1 and C2 show enrichment in the surface layers due to early diagenetic process. A decrease in Fe and Mn at the subsurface is suggestive of the oxic/suboxic interface. In C2, there is increase in Fe concentration at lower intersects which indicates a reduced layer. Vertical distribution of Cr in the core samples is shown in (Figure 3). Total trace metal average concentration of Cr in C1 and C2 sediments are 159 ppm and 144 ppm, respectively, and it is found higher than the average continental crustal values. Cr is found to be higher in lower transect at the depth of 62 cm to 64 cm (Table 1). Diagenetic modifications, however, play a major role in the vertical distribution of Cr indicating a peak at subsurface and greater depth in core samples [54]. Similarly, Ni concentration were found to be high in the lower transect like those of Fe and Mn indicating that they are cycled along with Fe–Mn oxides in the redox boundaries and would have precipitated from the water column [66]. The highest concentration of Pb is seen at the depth of 70 cm to 72 cm. Pb concentration is found to be high in the middle intersect of the core. The increase in Pb may be due to precipitation around the redox boundaries [67]. The increase of Trace metal concentration (Fe, Mn, Cr, Cu, Pb, Zn, Co, Ni, Ba, Sr, V and Rb) at the depth of 62 cm to 64 cm indicates that the trace metals are reprecipitated around the redox boundaries. Further it signifies that the enrichment of metals in C1 core sample is closely related to the...
Figure 3: Downcore variation of TTms C1 and C2 in Pichavaram lagoon.
Table 2: Correlation matrix of trace metals in the core-1 and core-2 sediments of Pichavaram mangroves.

| Parameters | Sand | Mud | CaCO₃ | OM | Fe | Mn | Cr | Cu | Pb | Zn | Co | Ni | Ba | Sr | V | Rb |
|------------|------|-----|-------|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Sand       |      |     |       |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Mud        | -1.000* | 1   |       |    |    |    |    |    |    |    |    |    |    |    |    |    |
| CaCO₃      | 0.863** | -0.863** | 1   |    |    |    |    |    |    |    |    |    |    |    |    |    |
| OM         | -0.869 | 0.869 | -0.779 | 1 |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Fe         | -0.921* | 0.921* | -0.811* | 0.847* | 1 |    |    |    |    |    |    |    |    |    |    |    |    |
| Mn         | -0.843* | 0.843* | -0.716* | 0.678* | 0.830* | 1 |    |    |    |    |    |    |    |    |    |    |    |
| Cr         | -0.753* | 0.753* | -0.622* | 0.777* | 0.730* | 0.663* | 1 |    |    |    |    |    |    |    |    |    |    |
| Cu         | -0.646 | 0.646 | -0.587 | 0.771 | 0.656 | 0.593 | 0.684* | 1 |    |    |    |    |    |    |    |    |    |
| Pb         | -0.642* | 0.642* | -0.556* | 0.804 | 0.653 | 0.507 | 0.698* | 0.752* | 1 |    |    |    |    |    |    |    |    |
| Zn         | -0.476* | 0.476* | -0.469* | 0.671* | 0.516* | 0.367* | 0.679* | 0.751* | 0.698* | 1 |    |    |    |    |    |    |    |
| Co         | -0.517 | 0.517 | -0.480 | 0.701 | 0.464 | 0.299 | 0.551 | 0.572 | 0.695 | 0.582* | 1 |    |    |    |    |    |    |
| Ni         | -0.618* | 0.618* | -0.559* | 0.737 | 0.579* | 0.498 | 0.689* | 0.668 | 0.721* | 0.641* | 0.760* | 1 |    |    |    |    |    |
| Ba         | 0.504 | -0.504 | 0.478 | -0.429 | 0.364 | -0.056 | -0.109 | -0.105 | -0.569* | -0.322* | 1 |    |    |    |    |    |    |
| Sr         | 0.237 | -0.237 | 0.283 | -0.247 | 0.193 | -0.046 | -0.087 | -0.105 | -0.773* | -0.577* | 0.747* | 1 |    |    |    |    |    |
| V          | 0.538 | -0.538 | 0.526 | -0.486 | 0.457 | -0.203 | -0.356 | -0.428 | -0.463 | -0.577* | 1 |    |    |    |    |    |    |
| Rb         | -0.803* | 0.803* | -0.715 | 0.702 | 0.758 | 0.609 | 0.467 | 0.568* | 0.353 | 0.491 | 0.593 | 0.029 | -0.171 | 0.568* | 1 |    |
| FM         | -0.618 | 0.618 | -0.559 | 0.737 | 0.579 | 0.498 | 0.689 | 0.668 | 0.721 | 0.641 | 0.760 | 1 |    |    |    |    |    |
| OM         | 0.711 | -0.711 | 0.785 | -0.705 | 0.516 | -0.194 | -0.034 | -0.087 | 0.118 | -0.063 | -0.172 | 0.105 | -0.569* | -0.322* | 1 |    |
| Fe         | 0.756 | -0.756 | 0.717 | -0.705 | 0.516 | 0.194 | 0.034 | 0.087 | -0.118 | -0.063 | -0.172 | 0.105 | -0.569* | -0.322* | 1 |    |
| Mn         | -0.602* | 0.602* | -0.425* | 0.626* | 0.798* | 1 |    |    |    |    |    |    |    |    |    |    |    |
| Cr         | 0.592* | 0.592* | -0.420* | 0.722* | 0.847* | 0.592* | 1 |    |    |    |    |    |    |    |    |    |    |
| Cu         | -0.059 | 0.059 | 0.003 | 0.334 | 0.473 | 0.396 | 0.519* | 1 |    |    |    |    |    |    |    |    |    |
| Pb         | 0.062 | -0.062 | -0.024 | 0.116 | 0.15 | 0.036 | 0.138 | 0.386* | 1 |    |    |    |    |    |    |    |    |
| Zn         | 0.168 | -0.168 | 0.108 | 0.13 | 0.109 | 0.115 | 0.526* | 0.714* | 1 |    |    |    |    |    |    |    |    |
| Co         | -0.659* | 0.659* | -0.509* | 0.683* | 0.937* | 0.741* | 0.614* | 0.459* | 0.105 | 0.058 | 1 |    |    |    |    |    |    |
| Ni         | -0.673* | 0.673* | -0.448* | 0.703* | 0.872* | 0.631 | 0.889* | 0.363 | -0.081 | -0.117 | 0.846* | 1 |    |    |    |    |    |
| Ba         | 0.551** | -0.551** | 0.383** | -0.499** | 0.545** | -0.662** | -0.247** | -0.114 | -0.146 | -0.228** | -0.517** | -0.323** | 1 |    |    |    |    |
| Sr         | 0.485** | -0.485** | 0.294** | -0.525** | 0.698** | -0.493 | -0.520** | -0.099 | -0.297** | -0.208 | -0.656** | -0.619** | 0.603** | 1 |    |    |
| V          | -0.639** | 0.639** | -0.433** | 0.652** | 0.891** | 0.677 | 0.797** | 0.307** | -0.114 | -0.035 | 0.854** | 0.819** | -0.379** | -0.650** | 1 |    |
| Rb         | -0.368 | 0.368 | -0.268 | 0.411** | 0.674** | 0.559 | 0.610 | 0.579** | -0.072 | -0.021 | 0.721** | 0.585** | -0.212** | -0.098 | 0.608* | 1 |

**Correlation is significant at the 0.01 level (2-tailed). *, Correlation is significant at the 0.05 level (2-tailed).

Table 2: Correlation matrix of trace metals in the core-1 and core-2 sediments of Pichavaram mangroves.

Table 3: Rotated component analysis results for associated trace elements in Pichavaram mangroves core-1 and core-2 sediments.
diagenetic. Distribution pattern on Ni and Co in C2 are like Fe and Mn indicating that they are cycled along with Fe-Mn oxides in the redox boundaries. Further increase of Ni and Co in the lower transect suggest that it is linked to the anoxic conditions and the addition of these elements is due to the scavenging of Fe-Mn oxides [68].

**Statistical analysis**

Fe and Mn have positive relationship with clay fraction (Mud) with
relatively high correlation coefficients over 0.50, responding to the enrichment and adsorption of elements in the fine clay in both the core samples [69-72]. Correlation coefficients between pairs of metals show that all metals and OCs significantly correlate with other parameters except sand and CaCO3. Significant correlations of organic matter with most of the metals indicates that the sediment organic matter is acting as metal carrier and plays an important role in their distribution pattern [73]. Fe has very strong correlation with other oxides which have a higher affinity with most elements, especially for trace elements, and that the organic matter contents are important for controlling factors in the abundance of trace metals [74,75]. The results of correlation matrix of each core sample indicate that a significant fraction of the trace metal is found co-precipitated with or adsorbed on to Fe and Mn geochemical phases controlling the trace metals in sediments which may be attributed to their large surface area, extensive cation exchange capacity and widespread availability [76]. This is supported by strong significant positive correlation between Cr and Mn ($r = 0.99$, $p < 0.05$) in both the cores. Pattan found that Cr, as one of the redox sensitive metal, was suggested to be co-precipitated with authigenic Mn-oxyhydroxide [77]. Cr-Pb-Zn shows a positive correlation in both the core samples indicating that the nature and origin of these metals would have been similar (Table 2).

**Factor analysis**

In order to confirm the different variable associations, to aid in the identification of parameters controlling trace metal distribution, factor analysis was carried out. In the present study, eigen values greater than 1 are selected. Varimax orthogonal rotation has been employed to transform the analysis matrix and to limit the number of variables loaded in each factor. In core 1 and 2, out of the three factors, factor 1 account for 36.02% and 33.25% of the total variance respectively (Table 3). Factor 1 with significant positive loadings on Mud and good loadings on Fe and Mn suggests the associations of these metals with finer sediment fractions and aluminosilicates. This factor may be called as "Clay controlled factor", assuming the elements to be enriched in the clay fraction in both the core samples. The second factor show high loadings in the variables viz., Fe, Cr, Cu, Zn, Pb, Co, Ni and organic matter in both the core samples. They are mainly related to anthropogenic inputs and reflect the complexing nature of the organic matter. Cr metal is interpreted as an anthropogenic element that is not forming part of organo-metallic compounds as it shows high positive loading in both the cores. Factor 3 in core 1 shows significant positive loading of Co which may be attributed to the post depositional diagenetic vertical redistribution caused by remobilization and reprecipitation of Co on oxyhydroxides coating along the core 1 sample. Factor 3 of core 2, where Pb and carbonates shows positive loading indicating that high proportion of lead in sediments appears to be associated with the carbonates.

**Geo-accumulation index**

The Geoaccumulation index ($I_{geo}$), introduced by Müller, has been used to quantitatively measure metal pollution in aquatic sediments based on a pollution intensity classification ($I_{geo}$; Class) [45,78-80]. An Igeo study in C1 sediments reveals unpollution with respect to Zn and Co ($I_{geo} < 0$). But Cr and Pb shows moderate ($I_{geo} = 1-2$) pollution load. Whereas Cu, Ni and V falls under unpolluted to moderately polluted. For core sediment C2, ($I_{geo} < 0$) Pb, Zn, Cu, Co and V falls under unpolluted to moderately polluted load. $I_{geo}$ value for Cr and Ni falls under moderately pollution load. B, Sr and Rb falls under unpolluted zone in both C1 and C2 samples indicating that the study area is not polluted with respect to these metals.

**Enrichment factor**

Anthropogenic disturbances can be evaluated without any complexity by comparing the sediment trace metal content of the study area with the world averages and the values of nearby areas. In general, the degree of enrichment or depletion of a trace element in a sample is evaluated relative to its concentration with the average crustal rocks or average shale [49,79-81]. This method has been widely used to assess the enrichment or depletion of specific elements in riverine, estuarine, and coastal environments [2,46]. Natural concentrations of Fe in sediments are more uniform than Al and beyond the influence of humans which justify its use as a normaliser [1]. In the present study, Fe has been used as a conservative tracer to differentiate natural from anthropogenic components. In C1 core samples, Cr and Pb are moderately enriched in the study area whereas Cu, Zn, Co, Sr, V and Ni show minor enrichment (Figure 4). In C2 core Cr, Cu and Ni shows moderate enrichment. Pb, Zn, Co, Sr show minor enrichment. Br and Rb show no enrichment in both core samples.

**Contamination factor and pollution load index**

Sediments have been widely used as environmental indicators and this ability to trace contamination sources and monitor contaminants is also well recognized. Thus, the accumulation of metals in the sediments is strongly controlled by the nature of the substrate as well as the physico-chemical conditions controlling dissolution and precipitation. The accumulation of trace metals in sediments gives rise to two types of impacts on the overlying water. The trace metals themselves may have a synergistic or antagonistic effect on the environment.

Average Contamination Factors of Cr in C1 and C2 are 4.55 and 4.14% respectively; both the cores show considerable contamination. Average Contamination Factors of Cu in C1 and C2 are 2.19 and 3.11%; both the cores fall under moderate contamination zone. Average Contamination Factors of Pb in C1 and C2 are 3.34% and 1.95%; Pb in both the core samples falls in the moderate contamination. Average Contamination Factors of Zn in C1 and C2 are 1.21% and 1.91%, Zn in both the zones falls in the moderate contamination factor. Average Contamination Factors of Ni in C1 and C2 are 1.69 and 3.40%, both the core sediments come under moderate contamination factor. Ba, Sr, V and Rb in both the cores fall under low contamination factor in the study area. The relatively higher concentrations of metals such as Ni, Cu, Co and others associated with this fraction are caused by the adsorption of these metals by the Fe-Mn colloids [82-84]. Based on the pollution load Index, the C2 shows relatively more pollution since the values of PLI are > 2 for trace metals in upper layers which should be taken into consideration as it may be due to anthropogenic input in the estuary region.

**Conclusion**

The sediment cores collected from two sites provide an ongoing and historical record of pollutant loading and anthropogenic impacts both in mangroves and estuarine region. The trace metals mobilized from the sub-oxic reduced sediment zone reabsorbed onto Fe oxides, and at greater depths they co precipitated with Fe–Mn oxy-hydroxides. This process plays a greater role in trace metal adsorption from these systems than organic matter. Cr, Pb, Co, and Cu were enriched in the sediments of both estuarine and mangrove ecosystems, which have deleterious effects on these sensitive ecosystems. $I_{geo}$ calculations suggested that the sediment has behaved as a sink for the heavy metals Cr, Pb and Ni.
Based on the EF, CF and $I_{pct}$, the quality of the sediment could be said to be moderately polluted and continues to deteriorate and this may impact on the macrobenthic organisms living in the study area.

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