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Commentary: Outer Retinal Dysfunction on Multifocal Electroretinography May Help Differentiating Multiple Sclerosis From Neuromyelitis Optica Spectrum Disorder

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A Commentary on

Outer Retinal Dysfunction on Multifocal Electroretinography May Help Differentiating Multiple Sclerosis From Neuromyelitis Optica Spectrum Disorder
by Filgueiras, T. G., Oyamada, M. K., Preti, R. C., Apóstolos-Pereira, S. L., Callegaro, D., and Monteiro, M. L. R. (2019). Front. Neurol. 10:928. doi: 10.3389/fneur.2019.00928

We read with interest the recent manuscript by Filgueiras et al. (1), which presented data collected using multifocal electroretinography (MF-ERG) in patients with multiple sclerosis (MS), neuromyelitis optica spectrum disorder (NMOSD), and control subjects. Given that MF-ERG peak times were slightly shorter (i.e., supernormal) in MS patients relative to both NMOSD patients and controls, the authors interpreted their findings as evidence of excitatory outer retinal dysfunction in MS (1). Whilst this is a potentially exciting conclusion, a degree of caution appropriate to the novelty of the findings is warranted when attempting to interpret these data. In this commentary, we highlight a number of factors which may influence the conclusions drawn from the work of Filgueiras (1).

Evidence to date suggests that full-field ERG peak times in patients with MS are typically delayed (subnormal), with this finding being particularly robust for responses driven, in whole or in part, by the cone system (2–8). While delays to the ERG a-wave have been recorded (2, 4, 5, 8), it appears that delays to the b-wave are more common (2–8). The ERG b-wave is generated primarily in the bipolar cells (9), as is the MF-ERG (10), although both are dependent on functional photoreceptors. Studies employing the MF-ERG in patients with MS are notably fewer in number than those employing full-field ERG, with one study documenting normal MF-ERG findings in an early MS cohort (2) and our group recording responses which were of normal to delayed peak time and normal amplitude (8). In summary, ERG findings in MS patients to date are almost unanimous in showing evidence of subnormal cone-driven bipolar cell function, as evidenced by delayed peak times; MF-ERG evidence to date is sparse, but nevertheless consistent with normal or subnormal, rather than supernormal, cone-driven bipolar function.

How, then, can we interpret the findings of Filgueiras et al. (1) suggesting supernormal bipolar function in MS patients in the light of this pre-existing literature, and are there any factors which may account for this apparent discrepancy? In attempting to reconcile their findings with previous
work from our group (8), Filgueiras suggested that our findings may be less reliable due to the use of manufacturers’ normative databases from our electrophysiology device for comparison, rather than control data acquired on-site using the same conditions as for our patient cohort. However, this suggestion is incorrect: as we stated in our manuscript (8), all normative data had been previously acquired on-site using the same devices used for the MS patients. Additionally, electrophysiological protocols were identical for MS patients and for acquisition of normative data. This can therefore be discounted as a possible reason for the discrepancy between the two studies.

In contrast, however, the parameters analyzed differed between the two investigations. These differences included the MF-ERG waveform components and retinal areas analyzed. The exclusion of R5 from analysis by Filgueiras et al. (1), in order to facilitate comparison with perimetric data, may be particularly relevant given that we recorded R5 P1 peak times which were significantly delayed in MS patients relative to normative data (8). The analysis of different retinal areas makes it challenging to compare the results of the two studies directly.

Likely the most important factor distinguishing the recent work of Filgueiras et al. (1) from other studies is the choice of analyses employed. Despite analyzing numerous outcome measures, the authors did not correct their published $p$-values for multiple testing. Such corrections are essential when testing multiple hypotheses because the risk of a type 1 (false positive) error increases with the number of statistical comparisons; in other words, the greater the number of hypotheses tested, the greater the possibility of a “statistically significant” result occurring by chance, unless $p$-values are corrected. There are many methods of making such corrections [e.g., the method of Benjamini and Hochberg (11)], but the simplest (12) is Bonferroni correction (13). This corrects $p$-values by dividing the required level of statistical significance by the number of hypotheses to be tested. For example, if five hypotheses are tested, then only $p$-values $< (0.05/5) = 0.01$ would reach significance.

Figueiras analyzed the amplitude and peak time of both N1 and P1 components of the MF-ERG over three retinal areas (R1-R2, R3-R4, R1-R4) and employed a significance level of 0.05 (1). Eyes were categorized as MS or NMO, in addition to having a history of optic neuritis, and compared with healthy control eyes. Therefore, a total of 48 hypotheses (4 MF-ERG parameters×3 retinal areas×4 categories) were tested. Applying Bonferroni correction with a significance level of 0.05, only $p$-values $< (0.05/48) = 0.001$ would reach statistical significance. As the relevant $p$-values were not provided, but merely categorized as being $<0.05$ or $<0.01$ [Table 3, (1)], it remains unclear whether any of the purportedly “significant” findings actually reached the specified level of statistical significance; if not, then the pattern of results would be identical (2) or comparable to (8) previously published work.

Finally, we wish to reiterate that Bonferroni correction is only one of many potential ways of addressing the statistical issues raised by multiple hypothesis testing, and moreover is known to be low-powered and statistically conservative (12) [conversely, findings which remain significant after Bonferroni correction of $p$-values are highly likely to be robust in nature (14)]. We have employed this method here simply to illustrate the need for caution when attempting to contextualize the results documented by Filgueiras et al. (1) without reanalyzing the dataset. Inhibitory bipolar cell dysfunction in patients with MS is now well-documented (as discussed above), however similarities or differences between findings in the central and peripheral retinas are yet to be definitively elucidated, as is the utility and clinical relevance of this dysfunction. With regard to potential excitatory bipolar dysfunction in MS, as Filgueiras and colleagues correctly state in their manuscript (1), further studies are required. For these reasons, the currently available body of evidence appears insufficient to support the existence of supernormal retinal bipolar cell function in patients with MS.

**AUTHOR CONTRIBUTIONS**

JH conceived and wrote the manuscript. SS and CG-K revised and approved the manuscript.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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