Book Chapter

Self-Similarities of Pulmonary Arterial Tree and a New Integrated Model of Pulmonary Circulation with the Name of Fractal Phasic Perfusion (FPP) Model

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Published February 03, 2020

This Book Chapter is a republication of an article published by Kyongyob Min at Applied Mathematics in March 2014. (Min, K. (2014) Self-Similarities of Pulmonary Arterial Tree and a New Integrated Model of Pulmonary Circulation with the Name of Fractal Phasic Perfusion (FPP) Model. Applied Mathematics, 5, 1801-1809. doi: 10.4236/am.2014.512173.)

How to cite this book chapter: Kyongyob Min. Self-Similarities of Pulmonary Arterial Tree and a New Integrated Model of Pulmonary Circulation with the Name of Fractal Phasic Perfusion (FPP) Model. In: Kyandoghere Kyamakya, editor. Prime Archives in Applied Mathematics. Hyderabad, India: Vide Leaf. 2020.

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Abstract

Pulmonary arterial hypertension (PAH) has become an important topic of basic and clinical research in recent years. Morphologic researches have shown that specific PAH-lesions are located in the lobular small muscular arteries and correlate with hemodynamic measurements. However, it still remains to be shown how do pathological changes of the small arteries in the lobule develop to PAH. Based on both the fractal properties of pulmonary arterial tree and asynchronous phasic contractions of lobular arterial muscles under the evenness of the pulmonary capillary pressure (PCP) in the lung, the author has constructed an integrated model of pulmonary circulation which has produced a mathematical relationship between the mean pulmonary arterial pressure (MPAP) and the cardiac output (CO). By use of the expression between MPAP and CO, it has been able to explain the pathogenesis of PAH in terms of statistical changes among regional and temporal perfusions in the lung. In order to detect clinically the early stage of PAH, the author has suggested that it is important to establish the pulmonary functional imaging of regional and temporal perfusions.

Keywords

Pulmonary Arterial Hypertension; Weibel’s Number; Fractal Arterial Tree; Asynchronous Contractions of Arterioles; PAP Decay Curve

Introduction

Pulmonary arterial hypertension (PAH) is a rare condition but has now become an important topic of basic and clinical research because that both have led to an ongoing development of specific medical therapies improving symptoms and stabilizing the patient. This rise in interest is partly due to the fact that pulmonary vascular remodeling with pulmonary hypertension is often encountered in various chronic lung diseases including collagen vascular lung diseases [1]. The morphologic study of diseased lungs from patients with PAH represents an important
landmark on the chart of pathophysiologic concepts. Characteristic lesions in lungs of patients with PAH do not concern the larger pulmonary arteries of elastic type, but that typical obliterating PAH-lesions are found in pre-acinar and intra-acinar small arteries. Recently, Stacher and coworkers presented a large analysis of 62 PAH cases and 28 control subjects with systemically sampled lung tissue obtained at the time of lung transplantation, concluding also that the intima and intima plus media fractional thicknesses of small arteries were increased in the PAH group versus the control lungs and correlated with pulmonary hemodynamic measurements [2].

Hemodynamic measurements of pulmonary circulation are usually measured with a triple lumen balloon-tipped thermodilution fluid-filled catheter (Figure 2) [3]. The catheter is inserted into a central vein and floated through the right heart chambers into the pulmonary artery under constant pressure wave monitoring. Pulmonary vascular pressures including the mean pulmonary arterial pressure (MPAP) are measured in the pulmonary arterial trunk when the lungs are at functional residual capacity. Therefore there seems a great difference in the levels between the sites of pathological arterial lesions and of MPAP measurements. To translate these morphologic observations into hemodynamic measurements in clinical practices concerning both early detection of PAH and accurate monitoring of effectiveness of therapy, it seems necessary to answer the basic problem how do pathological changes of the small arteries make increase in MPAP.

In this study, I have proposed a new integrated model of pulmonary circulation named “Fractal Phasic Perfusion (FPP) model” based on the fractal properties of elastic pulmonary arterial tree and asynchronous phasic contractions of lobular arterial muscles which regulate corresponding lobular perfusion under the evenness of the pulmonary capillary pressure (PCP) in the lung. By use of FPP model, I have proposed a statistical mechanism of increase in MPAP in subjects with pre-acinar and intra-acinar arterial lesions. In order to understand the development of pulmonary hypertension in pulmonary arterial diseases, I have also suggested the necessity of pulmonary
functional images representing regional and temporal distribution of perfusions in the lung.

**Assumptions**

**Self-similarities of Pulmonary Vascular Structure and Fractal Power Laws**

The pulmonary lobes are composed of many lobules (Miller's secondary lobules, Figure 1), which are integrated into the whole lung by the pulmonary arterial tree (PAT) accompanying with the bronchial tree (BT). By applying the rules of integration to PAT with BT, we assumed a power relationship between the diameters at a bifurcation ($r_1$, $r_2$, and $r_3$) in Figure 1A, as follows: $r_1^n = r_2^n + r_3^n$. Biologists with an interest in the self-similarities of biological branching structures including PAT have found Horton’s branching law to be applicable to PAT [4,5]. They implemented Horsfield’s version of Horton’s branching law as another assumption as follows: $L_{j+1}/L_j = 2^i$ (constant), where $L_j$ and $L_{j+1}$ denote the mean length of a arterial branch of Horsfield's order $j$ and $j+1$, respectively, as shown in Figure 1B,C.
Figure 1: Fractal properties of Pulmonary Arterial Tree.
(A) The diameter of a mother branch ($r_1$) is related to those of daughter branches ($r_2$ and $r_3$) by a certain power ($n$) at every branching point.
(B) In Horsfield’s ordering system, the first edge starts from the terminal, and when the edges of order $j$ and order $k$ come together at a vertex, the third edge is assigned to one order greater than the greater of $j$ and $k$, or to $j + 1$ if $j = k$.
(C) There is the self-similarity of branching known as a statistical law of Horton among branches with Horsfield ordering. Horsfield’s version of Horton’s law implies a geometrical self-similarity (modified from ref.[4]).
Figure 2: Catheter measurements of Cardiac and Pulmonary Arterial Pressure and An example of the PAP decay curve after balloon occlusion.

(A) The pulmonary arterial catheter provides successive measurements of a right atrial pressure (RAP), a right ventricular pressure (RVP), a pulmonary arterial pressure, and an occludes PAP.

(B) Analysis of the pressure transient after pulmonary arterial occlusion for the estimation of pulmonary capillary pressure (PCP) either by the intersection of the fast and the slow components of the PAP decay curve, or by the extrapolation of the exponential fitting of the slow component of the PAP decay curve to the moment of occlusion (modified from ref.[9])

Fluid dynamic parameters of the arterial tree as the conduit system are derived in power functions of the radius, including the fractal dimension in the exponents. Suwa and Takahashi [7] showed fluid dynamic relationships based on the fractal property in the length-radius relationship of various arterial branching including PAT as follows: $L_j = h r_j^i$, where $L_j$ and $r_j$ denote the mean length and diameter of the arterial branch of order $j$, respectively, and $h$ is constant. Based on these assumptions, Suwa and Takahashi [7] measured a set of lengths and radii of a pulmonary arterial cast model of human and revealed the relation between powers $i$ and $n$ as follows: $i + n = 4$. Thus, self-similarities of PAT are summarized by a set of equations as follows,
Asynchronous Phasic Perfusion of Lobules

Muscular artery or arterioles appear along the arterial branches of less than 2,000 μm in diameter [6]. Thick bands of smooth muscle have been found in the wall of lobular artery, which regulates perfusion of corresponding lobule in time. Krahl directly observed asynchronous lobular perfusion through a window on the ribcage of rabbits in vivo [7].

Evenness of Pulmonary Capillary Pressure (PCP)

Right heart catheterization with flow-directed balloon-tipped catheter measures successively the right atrial pressure (RAP), the pulmonary arterial pressure (PAP) and the occluded PAP (OPAP). Arterial occlusion creates a stop-flow condition. A measurement of pulmonary capillary pressure (PCP) can be obtained by the analysis of a PAP decay curve after balloon occlusion (Figure 2) [8]. A pressure decay curve is made of a first fast component which corresponds to the stop of flow through an arterial resistance, and a shorter component, which corresponds to the emptying of the compliant capillaries through a venous resistance. The intersection between the two components of the PAP decay curve offers an estimate of PCP (Figure 2) [9]. Measurements of PCP from the analysis of the PAP decay curve after balloon occlusion have showed the evenness of PCP in the whole lung.

Results

Evenness of Pressure Drop along Fractal Tree

A simple physical law that governs laminar flows of Newtonian fluids of a viscosity constant $\eta$ through thin non-distensible circular tube of $L$ in length, states that a pressure drop $\Delta P$ to flow $Q$ is expressed by the equation as follows, $\Delta P=8L\eta Q/\pi r^4$. 

\[
\begin{align*}
\rho_1^n &= \rho_2^n + \rho_3^n \quad \text{(1)} \\
L_j &= L_{j+1}/2^j = hr_j^i \quad \text{(2)} \\
i + n &= 4 \quad \text{(3)}
\end{align*}
\]
In the fractal tree of the pulmonary artery, the length of a branch $L_j$ and the flow $Q_j$ are expressed by its corresponding diameter of $r_j$ as $L_j = h r_j^i$ and $Q_j = q r_j^n$, where $h$ and $q$ are parameters which are able to be estimated by fractal analysis of pulmonary arterial tree (Eq.(1) and (2)). Thus, the pressure drop $\Delta P$ along a branch is constant or even because of $i+n=4$ as follows,

$$\Delta P = \frac{8L_j \eta}{\pi} Q_j = \left(8\eta q \pi / \pi \right) r_j^{i+n-4} = 8\eta q / \pi \quad \ldots (4)$$

**Grouping of Lobules by Weibel’s Number**

It is generally accepted that the pattern of branching of the pulmonary artery closely follows that of bronchial tree down to the lobular branch. [6] Thus, each lobular branch of artery can be numbered according to accompanying bronchial generation of Weibel (the branching number from the trachea of zero). [10] When a lobule is supplied by a lobular artery of Weibel’s number $w$, the pressure in the lobular artery ($P_l$) is expressed by the equation as follows, $P_l = PAP - \Delta P$ because of the evenness of pressure drop (Eq.(4)). If a PAP decay curve can be obtained by arterial occlusion at the lobular artery, an additional Weibel’s number $w'$ in the lobule would be obtained as follows, $w' = (P_i - PCP) / \Delta P$. Therefore, the simple relationship has been obtained among PAP, PCP, $w$ and $w'$ as follows,

$$PAP = PCP + (w + w') \Delta P = PCP + x \Delta P \quad \ldots (5)$$

where $x = w + w'$ is named the modified Weibel’s number. It is important to note that the parameter $w$ is determined by the pattern of branching of elastic arterial tree, and that the parameter $w'$ correlates with pathological conditions of intra-lobular muscular arterioles as well. Thus, grouping the lobules by $x$ can characterize the anatomico-pathological conditions of arteries including intra-lobular arterioles.
Pulmonary Arterial Flow and Phasic Lobular Perfusions

The pulmonary arterial flow is measured as \( Q(t) \) at the time of \( t \), when we can see lobular perfusions in the number of \( s(t) \) and the relation is \( Q(t) = q s(t) \). When \( x \) is assigned for each lobular perfusion, the flow \( Q(t) \) is rewritten by the following,

\[
Q(t) = q \sum_x s_x(t) \quad ...(6)
\]

\( s_x(t) \) is the number of lobules with \( x \) where we can see a perfusion at the time of \( t \).

Relationship between MPAP and CO

Pulmonary vascular pressures and flows are usually measured with triple lumen balloon-tipped thermodilution fluid-filled catheter. The catheter is inserted into a central vein and floated through the right heart chambers into the pulmonary artery under constant pressure wave monitoring (Figure 2). The pulmonary arterial catheter provides successive measurements of a right arterial pressure (RAP), a right ventricular pressure (PVP), and a pulmonary arterial pressure (PAP), and an occluded PAP. Catheter measurements also provide pulmonary arterial pressure (PAP) and flow waves (Q). Based on the set of measurements of PAP and Q during a single stroked time (\( \tau \)), the mean pulmonary arterial pressure (MPAP) has been obtained as following calculations according to Eq.(5),

\[
MPAP = \frac{\int_0^\tau PAPdt}{\tau} = \frac{\int_0^\tau [PCP + x \Delta P]dt}{\tau} = PCP + \frac{\Delta P}{\tau} \left[ \int_0^\tau xdt \right] = PCP + \Delta P / \tau \left[ \sum_x x \cdot t_x \right] = PCP + \Delta P / \tau \sqrt{\sum_x x^2 \sqrt{\sum_x t_x^2} \cdot r_{xt}} \quad ...(7)
\]

\( t_x \) is the perfusion time seen in the lobules with \( x \) during the period of \( \tau \), and \( r_{xt} \) is the correlation coefficient of variables \( x \) and \( t_x \). Then, MPAP is expressed by the following equation,
\[
\text{MPAP} = \frac{PCP + \Delta P}{\tau} \sqrt{\sum \sigma_x^2} \sqrt{\sum \mu_x^2} \cdot r_{st}
\]
\[
= PCP + \frac{\Delta P}{\tau} \sqrt{N \left( \mu_x^2 + \sigma_x^2 \right)} \sqrt{N \left( \mu_t^2 + \sigma_t^2 \right)} \cdot r_{st}
\]
\[
= PCP + \frac{\Delta PN}{\tau \mu_x \mu_t} \sqrt{1 + \left( \frac{\sigma_x}{\mu_x} \right)^2} \sqrt{1 + \left( \frac{\sigma_t}{\mu_t} \right)^2} \cdot r_{st} \quad \ldots \quad (8)
\]

where parameters such as \( \sigma_x, \sigma_t, \mu_x, \mu_t \) are the variations and the means of variables \( x \) and \( t \), respectively. \( N \) is the total number of lobules in the lung. Further, by use of Eq.(6), the stroke volume (RSV) is expressed as follows,

\[
\text{RSV} = \int_0^\tau Q(t) dt = \int_0^\tau \left( \sum_x s_x(t) \right) \mu_x dt = q \left( \sum_x t_x \right) = qN \mu_t \quad \ldots \quad (9)
\]

Then, by combination of the equations (4), (8) and (9), the relationship between \( \text{MPAP} \) and the cardiac output (CO=RSV/\( \tau \)) has been obtained as follows,

\[
\text{MPAP} - PCP = \frac{8\rho h l}{\pi} \left[ r_{x} \sqrt{1 + \left( \frac{\sigma_x}{\mu_x} \right)^2} \right] \left[ r_{t} \sqrt{1 + \left( \frac{\sigma_t}{\mu_t} \right)^2} \right] \cdot \text{CO}
\]
\[
\ldots \quad (10)
\]

This expression of Eq. (10) is the “Fractal Phasic Perfusion (FPP)” model of pulmonary circulation.

**Discussion**

This study has been carried out the assumption that pulmonary arterial tree is entirely prescribed by a single fractal dimension. A study has shown that it is not true in some cases, where the system appears to be ruled by two different dimensions for large and small diameters [11]. However, single fractal dimensions of pulmonary vascular structure have been reported by many studies for mammals including human [12]. In a recent through analysis of the pulmonary vascular trees conceived as fractal structures it has been shown that the fractal dimension of both arteries and veins is about 2.7 [5,13].

The pulmonary circulation is a high flow and low pressure circuit. This property of pulmonary circulation has been
characterized by recruitment and distension of vascular tree. After observations of Krahl [7], the lobular arterial muscle bundle has been recognized as a sphincter to regulate corresponding lobular perfusion. In fractal tree of the elastic pulmonary artery the diameter of a branch is related with corresponding flow through it, therefore the number of lobules supplied by the branch would determine the corresponding flow and its diameter as well. If a number of asynchronous phasic contractions of lobular arterial smooth muscles should appear simultaneously, the phenomena of recruitment and distention would be observed according to the pattern of simultaneous lobular perfusions. Thus, the recruitment and distension are recognizable as different faces of harmonized asynchronous contractions of lobular arterial muscles, which would show various regional patterns of pulmonary perfusion.

Many cardiac and pulmonary diseases are associated with an abnormal increase in pulmonary arterial pressures (PAH) [1] and obliterating lesions of pre- and intra-acinar arteriolar lesions have been found in patients with PAH. However, it is still unknown how these lesions in the lobule develop to PAH. According to FPP model of this study, the obliterating lesions of the intimal layer of arterioles in a lobule make the number of $x$ higher, and the distribution of $x$ would change higher in its mean or variation (Figure 3), then MPAP would increase according to Eq.(10). The variation coefficient of $(\sigma_x/\mu_x)$ in Eq.(10) could be estimated from the fluctuation of PAP because that PAP is dependent on the variable $x$ in Eq.(5), that is $(\sigma_x/\mu_x)^2=(\sigma_{PAP}/\text{MPAP})^2$. 


**Figure 3:** Distributions of Weibel’s numbers and Modified numbers.

(A) The pulmonary lobes are composed of many lobules (Miller’s secondary lobules). Each lobular branch of artery can be numbered according to accompanying bronchial generation of Weibel (the branching number from the trachea of the number zero to the lobular bronchiole), then a Weibel’s number is assigned to each lobule.

(B) Distribution of lobular numbers of Weibel would transform to another when pre- and intra-acinar lesions of arterioles emerged in a number of lobules.

Heart and pulmonary arterial (Ventriculo-arterial) coupling is recognizable through a pressure-flow (PAP-Q) relationship.[3]

In the case of FPP model, PAP-Q loop can be translated into the relationship between variables $x$ and $t_x$ in the lung (Figure 4). The correlation coefficient $r_{xt}$ is recognizable by the ratio of the area in the PAP-Q loop ($A_{\text{Loop}}$) to the area of PAP-Q square ($A_{\text{Square}}$) by using the following equation,

$$r_{xt} = \frac{\int_0^t w \cdot t_w dt}{\sqrt{\int_0^t w^2 dt \int_0^t t_w^2 dt}} = 1 - \frac{\oint PAP dQ}{|PAP||RSV|} = 1 - \frac{A_{\text{Loop}}}{A_{\text{Square}}} \quad \ldots (12)$$

Since the ratio of $A_{\text{Loop}}/A_{\text{Square}}$ indicates the efficiency of energy transmission through elastic pulmonary arterial tree from the right cardiac ventricle to pulmonary parenchyma, the condition of ventriculo-arterial coupling would be recognizable through the correlation coefficient $r_{xt}$. 
Figure 4: An image of distributed perfusions in the lung.

(A) Each lobule is characterized by both the corresponding number of modified Weibel, $x$, and the perfusion time ($t_x$).

(B) Both the pulmonary arterial pressure (PAP) and the pulmonary arterial flow (Q) are able to be described by the distribution of perfusion times ($t_x$) based on each modified Weibel’s number of lobule ($x$). By use of a reconstructed PAP-Q loop, the correlation ratio is able to be estimated as $r_{xt} = 1 - \frac{A_{Loop}}{A_{Square}}$.

The variation coefficient of distribution in regional perfusion ($\sigma_r/\mu$) is not able to estimate from the physiological measurements but only from the functional images of regional and temporal perfusion in the lung. New active researches have begun to develop and utilize advanced imaging technology in order to measure regional and temporal changes of perfusion in the lung [14]. Further advances in technology to measure regional and temporal perfusions of the lung concerning ($\sigma_r/\mu$) would be able to estimate the distribution of perfusion in the whole lung, and we hope to get it in coming years. When we can estimate the distribution of regional perfusions through new functional images, the effectiveness of FPP model would be
verified by comparison among physiological measurements, imaging measurements, and pathological measurements through the equation of FPP as follows,

\[
\mu_x \propto \frac{1}{\sqrt{1 + (\sigma_{PAP}/\mu_t)^2}} \left( \frac{MPAP - PCP}{\sqrt{1 + (\sigma_{PAP}/MPAP)^2}} \left(1 - \frac{A_{Loop}}{A_{Square}}\right)\right)
\]

As conclusion, I have proposed a new integrated model of pulmonary circulation named “Fractal Phasic Perfusion (FPP)” model based on self-similar or fractal properties of the pulmonary arterial tree, which would reveal the pathogenesis of pulmonary arterial hypertension (PAH) through new pulmonary functional images.

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