A Novel Truncated DNAzyme Modified Paper Analytical Device for Point-of-Care Test of Copper Ions in Natural Waters

Jiayi Wu 1, Ming Wang 1, Huanhuan Hong 1, Jianyuan Lin 2, Ning Gan 1,* and Wenchao Bi 1,*

1 Key Laboratory of Advanced Mass Spectrometry and Molecular Analysis of Zhejiang Province, Institute of Mass Spectrometry, School of Material Science and Chemical Engineering, Ningbo University, Ningbo 315211, China; hcchcne@126.com (J.W.); wming1517@126.com (M.W.); honghuanhuan@nbu.edu.cn (H.H.)
2 College of Biology and Environment, Zhejiang Wanli University, Ningbo 315211, China; linjianyuan33@163.com

* Correspondence: ganning@nbu.edu.cn (N.G.); biwenchao@nbu.edu.cn (W.B.); Tel.: +86-(57)-487609983 (W.B.)

Abstract: On-site determination of trace copper ions in natural waters is of great significance to environmental monitoring, and how to develop accurate and specific point-of-care test methods is one critical issue. In the study, a paper-based analytical device (PAD) being modified with a new truncated DNAzyme (CLICK-T, which was derived from a reported DNAzyme-CLICK-17) was developed for Cu ions detection. The detection mechanism was based on Cu(II)-catalyzed azide-alkyne cycloaddition (Cu(II)AAC) reaction. It can directly conduct on-site analysis of Cu(II) ions based on fluorescent signals detected using a mobile phone. In the assay, the CLICK-T was firstly modified on the PADs. Then, water samples containing Cu ions mixed with 3-azido-7-hydroxycoumarin and 3-butyn-1-ol were instantly dripped on PADs and incubated for 20 min. Finally, the PADs were excited at 365 nm and emitted fluorescence which could be analyzed on site using smart phones. The Cu(II) concentration could be quantified through RGB analysis with the aid of iPhone APP software. The limit of detection is 0.1 µM by the naked eye due to the fact that CLICK-T exhibited a good catalytic effect on Cu(II)AAC. The Cu(II) concentration could also be directly detected without using reductant, such as ascorbic acid, which is prone to be oxidized in air. This simplifies the PDA detection process improves its efficiency. The PAD is convenient for the on-site analysis of Cu ions in natural waters.

Keywords: paper-based device; mobile phone; DNAzyme; Cu(II)-catalyzed azide-alkyne cycloaddition; copper detection; natural waters

1. Introduction

Although copper is an essential trace element in living organisms, an excess amount of copper accumulated in the body would be a threat to human health [1]. A high level of copper could exhibit obvious toxicity to human organism, which adversely affects its immune system and reduces its resilience for adapting to the environment [2]. Excessive Cu accumulation can cause Wilson’s disease, Alzheimer’s disease and other neurodegenerative diseases [3]. Therefore, the development of a sensitive Cu(II) detection method suitable for the on-site detection of Cu ions was crucial for environmental monitoring.

Up to now, there were many kinds of analytical methods for Cu ions, including induc-tively coupled plasma mass spectroscopy (ICP-MS) [4], atomic absorption spectroscopy (AAS) [5] and electrochemistry [6], etc. Although many of them were sensitive, some of them could not satisfy the demand of on-site detection due to inevitable usage of expensive and cumbersome instruments, complex and long-time pre-processing procedures, etc. Recently, Cu(I)-catalyzed azide-alkyne cycloaddition (CuAAC), the representative reaction of modern “click chemistry”, has been usually employed in organic synthesis, bio-labeling, and surface functionalization [7,8]. CuAAC could also be employed to detect Cu ions in environmental or biological samples [9]. Some of the colorimetric assays were
fabricated for on-site and specific detection of Cu ions because only Cu ions could catalyze CuAAC [10]. Zheng et al. demonstrated a graphene oxide (GO)-based system for Cu by mixing alkyne-functionalized alkynyl-GO and azido-Rho, where the detection limit (LOD) can reach up to 1 μM [11]. Hua et al. described a colorimetric method for the detection of Cu by using azide-tagged AuNPs and 1,4-diethynylbenzene (DEB) to form [1–3]-triazole-linked aggregates with LOD of 0.5 μM [12]. However, many of these colorimetric methods are difficult to monitor copper concentration lower than 1 μM by the naked eye; thus, they could not meet the demands of on-field detection of trace Cu ions in natural waters [13]. Moreover, conventional CuAAC employed Cu(I) ions for the reaction; thus, the reductant was necessary to reduce Cu(II) to Cu(I). The most available reductant was sodium ascorbic acid (NaAsc) [14–24]. However, it could be easily oxidized in air and must be prepared instantly before each measurement. Thus, it was not convenient for on-site detection and limited its application in copper detection. Instead, it would save time and be more efficient to directly determine Cu(II) by CuAAC without using reductant.

Recently, Liu et al. [15] has selected one kind of DNAzyme named CLICK-17, a long single-stranded DNA with 76 bases (76-nt), which could catalyze Cu(II) for Cu(II)AAC without using the reductive reagent. This meant Cu(II) could be directly determined without being reduced into Cu⁺ [7]. All these could largely facilitate the detection procedures. However, CLICK-17’s fabrication cost is a bit expensive due to its 76 bases. Moreover, the long chain may easily entangle together in the biosensing interface to reduce its catalytic effects [15]. Based on CLICK-17 DNAzyme, we found one truncated fragment of CLICK-17 which owns 18 bases (18-nt, named as CLICK-T) and also exhibited high catalytic effects of Cu(II)AAC. Because 18-nt CLICK-T is much shorter than 76-nt CLICK-17, its fabrication cost could be obviously reduced. Moreover, the entangle event maybe more reduced. All these made CLICK-T liable to detect Cu(II) on site. During the past few years, paper-based analytical devices (PADs) have attracted great attention, based on which a number of point-of-care test (POCT) protocols have been developed [16]. Compared with conventional materials such as glass, quartz, and polymeric substrates that are used to fabricate microanalytical devices, filter paper exhibited distinctive features of being light-weight, low-cost and biodegradable [17]. In order to avoid the problem of the spot diameter too large and uneven color distribution caused by free diffusion of solution, Zhang et al. explored the conversion of off-the-shelf laboratory filter paper into superhydrophobic substrate via silanization reactions [18].

Based on the above assumption, the determination of copper on two DNAzyme (CLICK-T and CLICK-17)-modified PAD was designed for comparison of their detection effects. In this experiment, the hydrophilic PADs were firstly modified with different DNAzyme. Then, the water samples containing Cu(II) and 3-azido-7-hydroxycoumarin (AHC) and 3-butyln-1-ol (BOL) in 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES) buffer, was dripped on the PADs and incubated for 20 min. Based on the fast kinetic DNAzyme assisted CuAAC, the triazole product could emit a visual fluorescence which could be observed by the naked eye and quantified using the App in a smart phone (Figure 1). The PDA’s fabrication process including the DNAzyme modification was also shown in Figure 1.
Figure 1. (A) 3-azide-7-hydroxycoumarin reacts with 3-butyne-1-ol (BOL) in the presence of Cu(II) on CLICK-T-modified PADs to emit the fluorescence light whose intensity could be observed by the naked eye and quantified by the smartphone; (B) The fluorescent light development mechanism.

2. Materials and Methods

2.1. Materials and Instruments

Glassy microfiber filter papers (Whatman TM grade GF/A) were purchased from Sigma-Aldrich (St. Louis, MO, USA). 3-azido-7-hydroxycoumarin (98%) from Zhenzhu Biotechnology Co., Ltd. (Shanghai, China); aminopropyltriethoxysilane (APTES, 99%) methyltrichlorosilane (MTS, 99%), sodium ascorbate (crystalline, 98%), CuSO$_4$·5H$_2$O (98%), HEPES (4-(2-hydroxyethyl)-1-piperazineethane-sulfonic acid, 99.5%), 3-butyne-1-ol (97%) and 5-Hexyn-1-ol (96%) were all from Sigma-Aldrich (St. Louis, MO, USA), Toluene, hydrochloric acid (37%), MgCl$_2$·H$_2$O, NaOH·H$_2$O, NaCl and KCl (all ≥ 99%) were from Aladin Co., Ltd. (Shanghai, China). The DNAzyme sequence for CuAAC was as follows:

CLICK-17:

$\text{5'}-\text{GGA TCG TCA GTG CAT TGA GAT TTA TTA TGC AAC TCTA GGG TCC ACT CTG TGA ATG TGA CGG TGG TAT CCG CAA CCG GTA }-\text{C6-NH}_2$-3'.

Random DNA sequence (RAND-42):

$\text{5'}-\text{ATC TAC GAA TTC ATC AGG GCT AAA GAG TGC AGA GTT ACT}-\text{TAG-3'}-\text{C6-NH}_2$-3'.

CLICK-T: $\text{5'}-\text{TTA TTA TGC AAC TCTA }-\text{C6-NH}_2$-3'.

All reagents are of AR grade unless otherwise specified. The Pixolor App software for reading RGB values was downloaded from App Store from iPhone 7.

Surface morphology observation was performed on a S-3400N scanning electron microscope (SEM) (Hitachi, Tokyo, Japan). All fluorescence measurements were obtained on a RF-6000 fluorescence spectrophotometer (Shimadzu, Tokyo, Japan).
2.2. The Fabrication of PAD Arrays

The detection disks of PADs with 0.7 cm diameter were made by punching the glass fiber filter paper. Then, the PADs were soaked in 10.0 mL of toluene solution, which contained 100 μL APTES and HCl (37%). The reaction lasted for 10 min, and the above disks were taken out and air-dried naturally. An amount of 4.0 μM CLICK-T with amino group [15] was modified on the disks using 2.5% glutaraldehyde in ddH₂O for 2 h. The sequence of CLICK-T DNAzyme and other DNA with random sequence were shown in Table S1. Moreover, the glass microfiber filter, after removing disks, were soaked into 10.0 μL MTS and HCl (37%) for 30 min and washed by water then air-dried. Finally, the disks were inserted into the holes of the filter papers to fabricate the PADs arrays. The illustration of hydrophobic non-detection area (A) and CLICK-T modified PDA’s hydrophilic area for detection copper ion was shown in Figure S1.

2.3. Copper Ions Detection in Natural Waters by the PADs

Before detection, the PAD disks modified with DNAzyme were firstly heated to 100 °C in pH 6.5, 25 mM HEPES containing 300 mM NaCl and 20 mM MgCl₂, then cooled to room temperature with natural cooling-off process. After then, 100 μL of water samples with different Cu(II) concentration was mixed with 100 μL the above HEPES buffer containing 100 μM 3-azido-7-hydroxycoumarin and 3-butyln-1-ol. The mixture was subsequently dripped onto the PADs. After reacting for 20 min, the fluorescent photo images were captured with a smartphone (e.g., iPhone 7) under a handheld UV lamp (365 nm) in a black box (length × width × height: 20 × 20 × 30 cm³).

The lamp is placed at an angle of 45° above the PAD, and the straight-line distance is 10 cm. The power is 15 W. The fluorescence could be observed directly by the naked eye and the RGB values were analyzed using the Pixolor App installed on the iPhone smartphone, or Color Collect App for the Android users, for quantification of Cu ions.

2.4. Cyclic Voltammetry (CV)

The buffer solution for all the CV detection was as follows: pH 7.4 20 mM HEPES together with 20 mM MgCl₂. The dissolved DNA was folded as described above. All of the measurement system was firstly degassed to remove oxygen with nitrogen. The copper ions were incubated for 5 min before measurements. A three-electrode system together with a 10 mL beak were employed for detection. A CHI 660B Electrochemical Analyzer from Chenhua Co., Ltd. (Shanghai, China) was used for detection. A platinum bar and an Ag|AgCl electrode were used as counter electrode and reference electrode, respectively. The glassy carbon electrode was employed as the working electrode. The scan rate for all CV measurements was maintained at 100 mV/s.

3. Results

3.1. The Feasibility of Copper Detection by the CLICK-T Modified PADs

In the present work, the copper detection was performed based on the reaction of Cu(II)AAC between 3-butyln-1-ol (BOL) and 3-azide-7-hydroxycoumarin (AHC), which was catalyzed by CLICK-T DNAzyme on detection disks of PADs (Figure 1). Due to the electron richness of the azido group on the 3-position of AHC, its fluorescence is largely quenched; upon reacting with BOL, the fluorescence would be significantly increased by forming the triazole ring structure [11]. The scanning electron microscopy images and contact angles were determined to characterize the PADS’ surface (Figure 2A,B). The enlarged contact angle and rougher surface indicated that the outer area of PAD is hydrophobic after silanization treatment.
We dripped 30 µL dye solution on the normal glass filter paper (Figure 2C) and PAD arrays including hydrophilic (for detection) and hydrophobic (for preventing water drop diffusion) regions (Figure 2D). When the water was dripped on the untreated (without salinization) filter paper, it could be found that the dye drops quickly spread into a large circle with uneven color distribution. While the dye was dripped on the hydrophobic area outside the PAD area (Figure 2D), a round water drop without diffusion will be formed. When the dye was dripped on the hydrophilic area in PAD disk, it would rapidly diffuse from the center and penetrate the entire area. The blue color was more evenly distributed on the hydrophilic area than the untreated filter paper. In order to effectively restrict and guide the liquid flow in the design area, we tried to change the filter paper outside the PDA detection area from hydrophilic to hydrophobic. It has been reported that MTS can react with the hydroxyl groups on the filter paper’s surface to form a three-dimensional structure, which increases the roughness of the paper base. As shown in Figure S5, MTS molecules not only react with the hydroxyl groups on the surface, but also aggregate into a 3D nanonetwork. It has been reported that on glass and silicon surfaces, superhydrophobicity is the result of aggregated nanostructures (formed from facile hydrolysis and condensation reactions of MTS) [18]. It could also be found that the solution of 100 µM 3-azido-7-hydroxycoumarin and 3-butyn-1-ol (AHC-BOL) exhibited fluorescence signal in the presence of Cu(II) and DNAzyme (CLICK-T or CLICK-17). The fluorescence light was more intensive for CLICK-T than CLCIK-17 in the presence of same concentration of Cu(II).
We also used the gel electrophoresis to compared CLICK-17 and CLICK-T’s catalytic effects for Cu(II) detection. Streptavidin labeled with azide group was employed to react with CLICK-T and CLICK-17 labeled with alkyne group in the presence of Cu(II). In Figure 3, it could be found that both CLICK-T and CLICK-17 exhibited a pure band in gel electrophoresis image. While in the presence of certain concentration of Cu(II), CLICK-T and CLICK-17 with alkyne group could react with streptavidin labeled with azide group. The complex with large molecular weight would produce a band that appeared later. It could be found that the complex’s peak appeared in the presence of 1 µM Cu(II) and 4 µM CLICK-T, while the band could only appear in the presence of 20 µM Cu(II) and CLICK-17. All these demonstrated that CLICK-T has higher catalytic effects towards Cu(II)AAC than CLICK-17. The reasons maybe due to that CLICK-T has shorter length and could be easier to contact and combine with the analyte [25].

\[ \text{Cu(II)} + \text{Streptavidin with azide group} \rightarrow \text{CuAAC} \]

3.2. The Detection Effects and Mechanism of Cu(II) on CLICK-T Modified PADs

As shown of the fluorescent spectrum in Figure 4A, the solution of AHC-BOL exhibited very weak fluorescence (FL) signal without Cu(II). While the FL intensity increases dramatically after the addition of Cu(II) and CLICK-T and CLICK-17. The strong emission light at 470 nm (Ex = 365 nm) confirmed that CLICK-T has higher catalysis effect than CLICK-17 to trigger Cu(II)AAC. The relationship between the copper concentration and the increased fluorescence intensity were also reflected by the normalized intensities of a series of standard solutions containing different concentrations of Cu(II) (0–180 µM) (I/I_0, I is the signal of AHC-BOL system at certain concentration of Cu ions, I_0 is the initial signal of AHC-BOL without Cu ions). As shown in Figure 4B—blue curve—the FL signal, in the presence of CLICK-17, increases linearly with the concentration of Cu(II) ions in the range of 5 µM to 120 µM before saturation, while the linear range of Cu(II) using CLICK-T assisted CuAAC was from 1 µM to 150 µM, which was wider than CLICK-17 (green curve). The FL spectrums from CLICK-T system were exhibited in Figure 4C. All the results demonstrated that CLICK-T can be employed to catalyze Cu(II)AAC using a fluorescent signal. Based on the linear fit to experimental data, the detection limit of Cu(II) was calculated to be 2.0 ± 0.2 µM Cu(II) based on CLICK-17, while 0.3 ± 0.08 µM for CLICK-T.
Figure 4. (A) Fluorescence spectra of the “click reaction” mixture measured before (black line) and after adding 50 µM Cu(II) or after adding 50 µM Cu(II) and 4 µM CLICK-T (green line) or CLICK-17 (blue line). (B) The fluorescence intensity increase ($I/I_0$) as a function of the copper concentration with CLICK-T + Cu(II) (green line). (C) The fluorescence signal ranging from 0, 0.5, 1, 5, 10, 20, 40, 60, 80, 100, 120, 150 µM Cu(II) and CLICK-T. The insert image is the photo images from 0, 0.5, 1, 5, 10, 20, 40 µM Cu(II). (D) Cyclic voltammetry of 0.2 mM CuSO$_4$ in 25 mM HEPES buffer (blue line); 0.2 mM CuSO$_4$ with 0.1 mM CLICK-T (red line); 0.2 mM CuSO$_4$ with 0.1 mM other DNA (black line).

In order to explain the possible catalytic mechanism of DNAzyme, cyclic voltammetry (CV) experiments were carried out in the HEPES buffer using Cu(II) together with CLICK-T or DNA strand with random sequence (we called it RAND-42; the sequence was shown in Section 2.1). Figure 4D showed, in the presence of DNAzyme (CLICK-T), the redox property of the Cu(II)/Cu(I) couple could be significantly influenced. In the blue curve, there were a pair of redox peaks corresponding to Cu(II)/Cu(I). While there are no discernible changes of potential in either the reduction or oxidation peak after 4 µM other DNA was added (black curve), only the peaks’ current was lowered. While CLICK-T was introduced into the detection system, the oxidation peak of Cu(II)/Cu(I) was positively shifted by 180 mV. This meant the stability of Cu(I) was much more improved. In addition, the much larger separation between the oxidation and reduction peaks indicated slower electron-transfer rates between the Cu(II) and Cu(I) as well. The above results demonstrated that Cu(I)/Cu(II) species could be stably bind to CLICK-T DNAzyme other than to DNA stands with a random sequence. That may be why CLICK-T showed good catalytic effects to Cu(II)AAC.

3.3. Optimization of the Assay

A series of conditions were explored to optimize the copper detection by the PADs. The optimized amount of CLICK-T was evaluated by detecting 25 µM Cu(II). The obtained results are presented in Figure 5A. As the concentration of CLICK-T was set from 0.5 to 4.0 µM, an increase in the fluorescence light (FL) signal was observed. When the concentration of CLICK-T increased afterwards, the signal did not increase significantly. Considering reducing the cost, the optimum concentration of CLICK-T (4.0 µM) as the
lowest amount of probes modified on PADs was used for the test. To optimize the assay, we have further investigated the effect of AHC and BOL concentration in the presence of HEPES. As depicted in Figure 5B,C, both of them played important roles in detection. The FL signal increased with the concentration of them and reached the highest value at the concentration of 100 µM. This could be ascribed to the fact that the reaction reached the equilibrium after the concentration. After then, the reagent on the paper could aggregate and impede the subsequent click reaction at the paper surface. As displayed in Figure 5D, the CLICK-T could also be used between pH 6.5 and 7.5 at room temperature, which normally appeared in nature water most cases. Moreover, the incubation time was also optimized; the largest FL signal was obtained was obtained at 20 min (Figure 5E). After then, prolonging the reaction time would not bring obvious signal incensement. From Figure 5F, it also could be found that the PAD could emit stable FL signal within 25 to 40 °C, then the signal would decrease as the temperature increases. This was because the DNAzyme would lose reactivity at higher temperature. We also optimized different buffer solutions for the CuAAC system (Figure 6). It was found that 25 mM HEPES at pH 6.5 was the optimized buffer. According to Zhang’s work [14], we selected non-fluorescent” 3-azide-7-hydroxycoumarin to react with different alkyne alcohol in the presence of Cu(II) and forms the fluorescent triazole product. We optimized different alkyne alcohol for the detection. The optimized alkyne alcohol was 3-butyn-1-ol and the data was shown in Figure S6. Indeed, many fluorescent dyes with azide group can be used for Cu ion detection, and we will further select them in the future work.

Figure 5. Optimization of experimental parameters including (A) concentration of CLICK-T, (B) concentration of AHC, (C) concentration of BOL, (D) the incubation pH, (E) the incubation time, and (F) the incubation temperature.
In summary, the detection of Cu(II) ions could be performed in DNAzyme-modified PAD at pH 6.5–7.5 and room temperature within 20 min, and other optimized conditions are 4 µM DNAzyme, 100 µM AHC and BOL. Moreover, no reductive reagents are needed. All these made the assay suitable for the point-of-care testing for Cu ions in water samples.

In Figure 7A, the FL images of CLICK-T- and CLICK-17-modified PADs were exhibited under a handheld UV lamp (365 nm), together with different Cu(II) concentrations. It was clear that the disks became gradually brighter with the increase in concentrations of Cu(II) or Cu\(^{+}\). According to the Pixolor App software, each color intensity (RGB value) was obtained. It was found that the G channels correlate with the tested copper concentrations, and showed high intensities. The G/G\(_0\) were is proportional to the copper concentration with a lower background. It could be found in Figure 7B, where the maximum detection concentration of Cu(II) reached 150 µM (c) for CLICK-17, while it was 100 µM (d) for CLICK-T. While the sensitivity (slope of calibration line) of CLICK-T (0.01898) was 1.5 fold higher than CLICK-17 (0.01225), the best linear fit of PADs yields a R\(^2\) value as high as 0.997 (CLICK-T) and 0.998 (CLICK-17). The determined detection limit, 0.1 ± 0.05 M, was comparable to the spectrophotometry measurement (Figure 4B). All these confirmed that DNAzyme-modified PADs could satisfy the detection requirement, in comparison with the standard fluorescence spectrophotometric measurements in solution.

The quantitation of copper in environmental monitoring and biomedical diagnosis were summarized in Table 1. Many different methods were listed. Among them, most commercial copper detection kits rely on either colorimetric or fluorometric readout in 96-well plates or tubes [19], with linear response range of about 1 µM to 50 µM and 30 to 60 min. Without particular optimization, the detection limit of the PADs is obviously lower (0.1 µM), and the measurement time was comparably shorter than commercial kits, while the selectivity of the assay based on Cu(II)AAC was higher than the commercial ones, which were based on colorimetric reaction. From the above results, it could be found that the fabricated DNAzyme-based chemosensor could meet the need for a copper ion detection limit (30 µM) in drinking water, set by the World Health Organization. It also can be used to detect human serum copper (10–20 µM) [20]. As it was well known [19], the free copper ion in natural water is basically Cu(II), while Cu(I) is unstable and it is difficult for it to exist in this environment. Thus, the assay is suitable for copper ions detection in natural waters.
Figure 6. The effect of different buffer solutions (pH 6.5) on the fluorescence intensity for CLICK-T triggered Cu(II)AAC. The detection conditions were same as that of Figure 4.

In Figure 7A, the FL images of CLICK-T- and CLICK-17-modified PADs were exhibited under a handheld UV lamp (365 nm), together with different Cu(II) concentrations. It was clear that the disks became gradually brighter with the increase in concentrations of Cu(II) or Cu++. According to the Pixolor App software, each color intensity (RGB value) was obtained. It was found that the G channels correlate with the tested copper concentrations, and showed high intensities. The $G/G_0$ were is proportional to the copper concentration with a lower background. It could be found in Figure 7B, where the maximum detection concentration of Cu(II) reached 150 µM (c) for CLICK-17, while it was 100 µM (d) for CLICK-T. While the sensitivity (slope of calibration line) of CLICK-T (0.01898) was 1.5 fold higher than CLICK-17 (0.01225), the best linear fit of PADs yields a $R^2$ value as high as 0.997 (CLICK-T) and 0.998 (CLICK-17). The determined detection limit, $0.1 \pm 0.05$ M, was comparable to the spectrophotometry measurement (Figure 4B). All these confirmed that DNAzyme-modified PADs could satisfy the detection requirement, in comparison with the standard fluorescence spectrophotometric measurements in solution.

![Figure 6](image_url)

![Figure 7A](image_url)

**Table 1.** Comparison of the assay with other assay for copper detection.

| Detection Method                                      | Reaction Time | Linear Range & Detection Limit | Reference |
|-------------------------------------------------------|---------------|--------------------------------|-----------|
| Fluorometric detection in solution using fluorescence spectrometer | 1 h           | 0–20 µM, 1.0 µM               | [21]      |
| Fluorometric detection in solution using fluorescence spectrometer | 2 h           | 0.5–10 µM, 0.29 µM            | [22]      |
| Colorimetric detection in solution using a UV/Vis spectrophotometer | 1 h           | 1.8–200 µM, 1.8 µM            | [12]      |
| Color changes monitored by the naked eye             | 40 min        | 0.8 µM (fluorescence spectrometer) | [20]      |
| Fluorometric detection in solution using a fluorescence spectrometer | 30 min        | 5.0–50 µM, 2 µM               | [22]      |
| Colorimetric detection in solution using a UV/vis spectrophotometer | 40 min        | 0.5–50 µM, 0.3 µM             | [23]      |
| Copper and Iron Test Strip Kit (2994)                 |               | 4.7–47 µM                     | [24]      |
| The fluorescence PADs                                | 20 min        | 0.3–150 µM, 0.1 µM            | This work |

3.4. Reproducibility, Selectivity and Stability of the Assay

Under the above conditions, the selectivity of the µPAD towards Cu ion detection were shown in Figure 8A. It could be found that there was negligible FL signal in the matrix samples. The presence of 50 µM Cu(II) and some common metal ions (500µM Fe³⁺, Mg²⁺, Pb²⁺, Zn²⁺, Ca²⁺, Na⁺) in natural waters were detected by the DNAzyme-based sensor. In Figure 8A, it can easily be found that only the solution containing Cu ions showed more
intensive FL signals, while negligible signals were observed for other metals. According to these experiments, the interference of other common metal ions in waters could be ignorable.

Figure 8. (A) The interference of other metal ions; (B) the stability of PADs to 50 μM Cu(II).

Figure 8. (A) The interference of other metal ions; (B) the stability of PADs to 50 μM Cu(II).

Furthermore, we investigated the sensor’s precision using 5 and 50 μM Cu(II). The RSD % is 4.7% and 5.4% for ten successive assays, respectively. The stability was furthermore studied in Figure 8B. The signals for 50 μM Cu(II) hardly changed. All these demonstrated the DNAzyme-based sensor exhibited satisfied reproducibility and stability for being used in real water samples.

3.5. Detection of Copper Ions in Real Water Samples

Furthermore, the PADs were employed to detect the Cu ions in real natural samples. The results were compared with standard ICP-AES method and listed in Table 2. It could be found that the assay has the same accuracy for copper detection comparing with ICP-AES, and acceptable recoveries between 89–102% were obtained. Additionally, the RSD% was between 1.3 and 5.8%. All these meant the assay could be employed for detecting Cu ions in real waters.

Table 2. Detection of copper ions in water samples by the assay and ICP-AES (n = 5).

| Sample           | Spiked (µM) | Measured (µM) | Recovery of the Assay (%) | ICP-AES (µM) |
|------------------|-------------|---------------|---------------------------|--------------|
| Fenghua river    | 0           | 0.18 ± 0.03   | —                         | 0.21 ± 0.04  |
|                  | 0.5         | 0.67 ± 0.03   | 94.4 ± 4.5                | 0.78 ± 0.03  |
| Yuyao river-1    | 0           | ND            | —                         | 0.07 ± 0.02  |
|                  | 0.5         | 0.48 ± 0.02   | 96.0 ± 4.2                | 0.58 ± 0.04  |
| Yong river-2     | 0           | 2.2 ± 0.07    | —                         | 1.91 ± 0.08  |
|                  | 2.0         | 3.96 ± 0.05   | 89.0 ± 1.3                | 4.01 ± 0.05  |
| Ningbo university| 0           | 1.32 ± 0.05   | —                         | 1.40 ± 0.10  |
|                  | 2.0         | 3.21 ± 0.06   | 91.6 ± 1.9                | 3.41 ± 0.09  |
| Baixi reservoir  | 0           | ND            | —                         | 0.05 ± 0.02  |
|                  | 0.5         | 0.51 ± 0.03   | 102 ± 5.8                 | 0.60 ± 0.03  |

4. Conclusions

In the study, a kind of paper-based fluorescent device-modified DNAzyme (CLICK-T and CLICK-17) was designed to analyze Cu ions via point-of-care test with high sensitivity and specificity. We found a new truncated DNAzyme—CLICK-T—exhibited higher catalytic effects comparing with the reported CLICK-17 DNAzyme. More importantly, the sample was only needed to be dripped on the surface of DNAzyme modified PADs, which can generate visual fluorescence after 20 min, and the data in the PAD in the black box can be read by mobile phone for quantification. The employment of black box and G/G0 ratio detection strategy meant the signal was not interfered with by environmental light. This method is very simple and portable, and can realize real-time online analysis of copper ions.
Compared with laboratory testing, it greatly simplifies the detection steps and shortens the time, and exhibits good practical application effect.

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/chemosensors10020072/s1, Figures S1–S4: The detection of copper ion by the CLICK-T-modified PDA, Figure S5: Schematic diagram of paper-based hydrophobilization reaction, Figure S6: (A) Cu⁺ catalyzed the click reaction of coumarin-hexynol. (B) Cu⁺ catalyzed the click reaction of coumarin-butyrol. The concentration of AHC was 100 µM in pH 6.5 25 mM HEPES buffer and reacted for 20 min, Table S1: The sequence of CLICK-T DNAzyme and other DNA with random sequence, Table S2: Sequence and dissociation constants (Kd) for the studied DNAzyme.

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