A Simplified Technique for Repair an Abutment Tooth under Preexisting Crown: A Case Report

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Abstract
This paper describes a simplified technique to repair an abutment using an old metal ceramic crown. This method uses a direct build up composite technique after bonding a tapered glass-fiber post followed by retrofitting the existing crown with a dual composite core material. This case report describes an innovative chairside technique for the recementation of a metal-ceramic crown overlaying a fractured maxillary second molar premolar.

Keywords: Abutment fracture; Pre-existing crown; Fiber post; Composite build up; Retrofitting

Introduction
After many years of cementation of a metal ceramic crown, it is possible that patients may present with fractured post and core caused by fracture of an endodontically treated and crowned tooth in the esthetic zone may be embarrassing to both the patient and clinician [1]. Fracture of abutment tooth/teeth is not uncommon in clinical practice. It can be due to caries, trauma, composite debonding, occlusal overload, trauma during removal of a crown [2]. Fracture due to ferrules are based on the type of post used. Non repairable fracture are seen with less than 2mm ferrule and casted post and core localized below CEJ. Repairable fracture are seen with 2mm ferrule and using a fiber reinforced post and localized above cement-enamel junction. The cast dowel with 2 mm ferrule had a high fracture resistance but led to non-repairable fracture. Without ferrule, fiber post had a high incidence of repairable fracture [3]. Various authors have suggested different methods to replace or fabricate a post and core using retrograde post-supported core build up with the pre-existing crown or fixed partial denture [4-7].

Using the retrofitting technique for fractured already restored abutment may be as a preferred option [8] whereas, the existing crown should fit precisely on the pre-existing finish line [9].

Case report
A 48-year-old healthy female presented to Prince Sultan specialist dental center in emergency with a dislodged metal ceramic crown overlaying a fractured core (Figure 1) on the maxillary left second premolar in an esthetic zone (Figure 2).
On examination, Patient had no medical history. Dental history did not reveal any past present symptom. She sought for a rapid esthetic solution. Before the existing intact prosthesis is reused, a thorough investigation is mandatory to rule out any root fracture, violation of the biologic width due to trauma or damage to the supporting tissues [10]. Abutment tooth was thoroughly investigated, residual caries, existing restoration and cement were remove [11]. The maxillary left second damaged Premolar exhibits a sound dentine height of more than 2mm of ferrule (Figure 1) (arrows). It was properly endodontically treated and with a remaining fiber post in the post space (Figure 3).

The patient was given the option of retrograde fiber post-supported core build up and recementation the same metal ceramic crown, or fabrication of a new crown. Because of the costs and duration involved in the fabrication of a new metal ceramic crown the patient chose the same crown recemented. All the remnants of the old composite left on the fractured abutment were removed by using an ultrasonic scaler and the remaining fiber post was removed by using the combination diamond plus Largo burs (Figure 4) [12]. Nevertheless utmost care should be taken during removing to avoid a root perforation. On another hand the remaining fractured abutment was also removed from the inner surface of the metal ceramic crown (Figure 5).

After Preparation of the post space, the tooth was cleaned with water and air dry, then an etchant (Total etch, Ivoclar Vivadent, Schaan, Liechtenstein) was applied to the remaining tooth surfaces and post space for 15 seconds, rinsed, and air dried. Two coats of the bonding material (Prime and Bond NT, Dentsply) were applied to
the tooth surface coronally to the finish line and light-polymerize for 20 seconds and then applied again in the post space. A prefabricated light post (D. T. Light-Posts; Bisco Inc. Illinois, USA) of appropriate size was adhesively cemented using dual-cure resin cement (Duolink, BiscoInc, Schaumburg, USA) (Figure 6) [9].

![Figure 6: A prefabricated light post was adhesively cemented.](image)

Small amounts of dual-polymerizing core foundation composite (Bis-Core; Bisco Inc. Schaumburg, Illinois, USA) were used to build up layer by layer the core (Figure 7).

![Figure 7: Composite core build up.](image)

The post length was adjusted coronally and the new abutment was trimmed in an empirical way (Figures 8 & 9) till the ceramo metal crown seated completely with accurate margin fitting and with the same static and dynamic occlusal as before abutment fracture.

![Figures 8 & 9: Removing of the excess of composite core.](image)

The glass-fiber posts and composite buildup allowed adequate stability and retention to the original crown figure when placed onto the remaining core to verify the marginal adaptation (Figure 10).

![Figure 10: Accurate margin fitting and with the same occlusal as before abutment fracture.](image)

The intaglio surface was lubricated with petroleum jelly, which allowed for easy removal of the crown and then filled with dual-polymerizing core foundation composite (Bis-Core; Bisco Inc. Schaumburg, Illinois, USA), then the patient was asked to close in the position of maximum intercuspation (MI) (Figure 11).

![Figure 11: The intaglio surface filled with dual-polymerizing core foundation composite in the position of maximum intercuspation (MI).](image)
After an initial polymerization with a light-polymerizing unit (QHL 75 Curing light, Dentsply) for 5 seconds and the excess composite material was gently removed from the margin with a probe. After removing the crowns, the core foundation composite was light-polymerized for 40 seconds the core surface was finished with a fine finishing bur with a fine grit diamond point. After sandblasting the inner surface of the crown in the lab, it was cemented in the clinic with using luting cement (RelyX Capsule, 3M, St. Paul, MN, USA) (Figure 12).

Figure 12: Pre-existing metal ceramic crown cemented using luting cement.

Discussion

Both bonded composite cores and amalgam required the presence of a minimum of 1.5-2 mm height of ferrule after crown preparation [13]. In our clinic case the remaining sound dentin (ferrule) was more than 2mm, so a fiber post and composite core foundation was a suitable option. Glass and quartz-fiber reinforced dowel systems compared to casted post and core have elastic moduli comparable to that of dentin [14]. Using the intaglio surface of the pre-existing crown fitted with dual cure composite allows the core to be placed exactly in the same location as the previous core because slight change in core location may change the path of insertion of the crown compromising its adequate stability and retention [9]. This technique compared to the technique using of a vacuum-formed thermoplastic template adapted to the PVS putty index obtained from the inner aspect of the crown [8] is more accurate, because there is no chance Corso, et al. and Kambhampati, et al. studied the effect of temperature changes (ranged from 4°C to 40°C and 25°C, 37°C, and 42°C respectively) on the dimensional stability of PVS impression materials and found that though the changes in storage temperature had a statistically significant effect on the dimensional stability [15,16]. This procedure eases chairside repair, reduced time and reduced cost. It was carried out in one appointment without temporization.

Conclusion

The technique described in this short clinical report enables clinicians to rebuild a composite post-and-core foundation using the existing crown without the original die or its replica and without temporization. It is simple, effective, affordable and time-saving way.

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