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To cite this article: Simona Bosco, Iride Volpi, Alice Cappucci, Alberto Mantino, Giorgio Ragaglini, Enrico Bonari & Marcello Mele (2021) Innovating feeding strategies in dairy sheep farming can reduce environmental impact of ewe milk, Italian Journal of Animal Science, 20:1, 2147-2164, DOI: 10.1080/1828051X.2021.2003726

To link to this article: https://doi.org/10.1080/1828051X.2021.2003726

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Published online: 23 Nov 2021.

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Innovating feeding strategies in dairy sheep farming can reduce environmental impact of ewe milk

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ABSTRACT
Dairy sheep systems are relevant for the economy of many rural areas of the Mediterranean Basin and the optimisation of their productive factors is necessary to improve their competitiveness and to reduce their environmental impact. The objective of this study was to assess, through a farm-scale life cycle assessment (LCA) approach, the potential of reducing environmental impacts on ewe milk of an innovative farming system (IF), based on the adoption of a precision feeding approach to improve milk production and quality, compared with a conventional farming system (CF) in dairy sheep farms in Tuscany region, Italy. The LCA analysis was carried out through a cradle-to-farm-gate LCA, comparing three conventional farms with three innovative farms, using 1 kg of fat protein corrected milk (FPCM) as a functional unit. The Small Ruminants Module of Nutritional Dynamic System (NDS) software was used to estimate methane emissions due to enteric fermentation. The introduction of precision feeding strategy reduced the environmental impacts of ewe milk as a consequence of the increased milk production efficiency (+50%). Indeed, the environmental impact of ewe milk was reduced in IF by 42% as the average of the impact categories being significantly different between the two farming systems.

HIGHLIGHTS
- Precision feeding is recognised as a strategy to mitigate the environmental impacts of ruminant production.
- Dairy sheep innovative farms (IF), using a precision feeding approach, were compared with conventional farms (CF).
- Environmental impacts of ewe milk were assessed through an LCA approach and a mechanistic model for ruminant diet formulation and evaluation.
- Precision feeding improved milk production efficiency (+50) and lowered environmental impacts.
- Environmental impact of ewe milk was significantly reduced in IF by 42% in eight impact categories out of 15.

Introduction
Dairy small ruminants are mainly located in subtropical-temperate areas of Asia, Africa and Europa and they account approximately for 29% of all sheep and goats in the world, producing around 3.4% of the world’s milk (FAOSTAT 2021). In Europe, dairy sheep are concentrated around the Mediterranean and Black Sea regions, where their dairy products are typical ingredients of the human diet (Pulina et al. 2018). In Italy, most of sheep milk is processed by the dairy industry (71%) and dairy sheep production is associated with recognised high-quality cheeses through the protected designation of origin (PDO) label such as Pecorino Romano and Pecorino Toscano (ISTAT 2017). Thus, dairy sheep systems are relevant for the economy of many rural areas and the optimisation of their productive factors is an effective strategy for increase their competitiveness and reduce their environmental impact (de Rancourt and Carrere 2011; Vagnoni and...
Franca, 2018). One of the most promising approaches to improve their production efficiency is precision livestock farming (PLF) (FAO, 2016a; Morgan-Davies et al., 2018; Odintsova Vaintrub, et al., 2021). PLF applies precision agriculture concepts to livestock farming and it is aimed to offer a real-time monitoring and managing system to farmers through a technological support (Wathes et al., 2008; Berckmans, 2017). Although PLF historically has been more associated with intensive livestock systems, some authors (Gonzalez et al., 2018; Morgan-Davies et al., 2018; Odintsova Vaintrub, et al., 2021) argue that these technologies could equally be beneficial if introduced in extensive systems. The benefits may include greater economic returns, reduced methane emissions from enteric fermentation, reduced nitrogen and phosphorus excretions to the environment, and improved efficiency of resource utilisation (Arriaga et al., 2009; Gerber, Steinfeld, et al., 2013; Uwizeye et al., 2016; Pulina et al., 2017). Precision feeding, that is part of PLF, aims to match nutrient supply precisely with the nutrient requirements of individual animals or groups, based on real-time feedback from sensors (Zuidhof, 2020). Indeed, feed production and enteric fermentation cover about 70% of total GHG emissions for milk production from small ruminants, so improving feeding is a strategy to reduce these impacts (Gerber, Steinfeld, et al., 2013). Generally, precision feeding is recognised to be an effective GHG mitigation strategy for livestock sector with low-medium potential especially for non-CO2 GHG emissions, namely CH4 emission from enteric fermentation, identified as the main source of impact in carbon footprint studies, while no clear results were identified on the other impact categories (Gerber, Steinfeld, et al., 2013; Henderson et al., 2017). Specific mathematical models have been developed in literature by several research institutions and universities, in order to predict requirements, feed utilisation, animal performance and nutrient excretion for ruminants using knowledge about feed composition, digestion and metabolism (Morgan-Davies et al., 2018; Cannas et al., 2019, 2004; Odintsova Vaintrub, et al., 2021).

However, the environmental impact of precision feeding on dairy sheep farming is to date relatively unknown. The overall environmental impact of the entire production process can be estimated by the life cycle assessment (LCA), a holistic approach that uses a systematic set of procedures to convert the inputs and outputs of materials and energy that characterise a process into the associated environmental impacts. It is internationally standardised by ISO 14040:2006 and 14044:2006, which define the four founding pillars (goal and scope definition, inventory, impact assessment and interpretation of results) in order to harmonise as much as possible its use among practitioners (ISO 14040 2006; ISO 14044 2006). LCA has been largely applied worldwide in the last decades in evaluating the environmental impacts of livestock systems (Cederberg and Mattson, 2000; de Vries and de Boer, 2010; Baldini et al., 2017; Lovarelli et al., 2020). Standard methodology and guidelines for quantifying greenhouse gas (GHG) emissions and fossil fuel demand from sheep and goat supply chains, covering the system boundary of the cradle-to-primary-processing-gate, were recently developed by the Livestock Environmental Assessment and Performance (LEAP) Partnership (FAO, 2016a, 2016b) and by the Product Environmental Footprint Category Rules for Dairy Products (European Dairy Association, 2018).

However, very few studies were found in literature on dairy sheep LCA, no one about the effect of precision feeding (Marino et al., 2016; Bhatt and Abbassi, 2021). Moreover, as assessed by McClelland et al. (2018), livestock LCA overwhelmingly focuses on GHG emissions and climate change and few studies in literature included other impact categories, the most used were resource depletion, eutrophication and acidification. While considering climate change impact as a critical element of livestock production systems, this impact category alone is insufficient for defining the full LCA. Indeed, livestock production systems affect water, air and soil quality, global climate and biodiversity, altering the biogeochemical cycles of nitrogen, phosphorus and carbon (Leip et al., 2015). In particular, acidification and eutrophication of soils, water and air cannot be disregarded, since crop-livestock systems can have many losses to the environment, many due to an inefficient use of nitrogen, which precipitates a variety of negative economic, human/animal health and environmental impacts (Ershadi et al., 2020).

Recently, in the context of regional projects, selected precision feeding strategies have been introduced in some farms in southern Tuscan region (Italy), in order to improve milk quality and productivity. Sheep farming in the area is carried out by small-medium farms, characterised by an average flock size lower than 300 ewes in 76% of the farms (ANZ, 2018) and the 65% of the farms have an utilised agricultural area (UAA), ranging from 10 to 100 ha, characterised by a prevalent use of annual forage species, cereals and meadow (ISTAT, 2010). A precision feeding approach, with the use of mathematical models for the ration formulation on sheep group scale was
applied to some farms, together with an optimisation of forage and grassland production.

The general objective of this study was to assess if the adoption of precision feeding approach reduced the environmental impacts of ewe milk production. Specific objectives of this paper are: i) to compare environmental impacts of sheep milk of a conventional farming system (CF) with an innovative farming system (IF), based on the adoption of a precision feeding approach, through a farm scale LCA; ii) to identify the farm activities with higher impacts in both farming systems; iii) to assess the effect of diet changing on sheep enteric methane emissions.

Materials and methods

Case study area and farms

Dairy sheep farming in Tuscany, Italy, was located mainly in southern Tuscany. This area is characterised by Mediterranean climate conditions with mean annual temperature of 15°C and an average annual rainfall of about 800 mm (average 2003–2014) (Regione Toscana 2020). Conventional dairy sheep farming system in this area is quite homogeneous and can be classified as semi-intensive, the sheep breed most diffused is Sarda. Milk is the main product, used mainly for the production of pecorino cheese, while meat and wool are co-products with a lower economic importance.

Conventionally, ewes graze daily on temporary grasslands, mainly mixture of oat (Avena sativa ssp. byzantina Koch) and berseem clover (Trifolium alexandrinum L.), under low stocking rates and continuous grazing conditions. Self-produced feed comes from cereals, mainly oat (Avena spp.), barley (L.) and triticale (×Triticosecale), both for grain or flour production, and temporary grasslands for hay production (mainly from oat-clover mixture). Purchased concentrated feed are usually alfalfa (Medicago sativa L.) hay and grain/ flour from cereals or legumes (mostly maize, barley and faba bean). Ration is distributed partly in the barn (mainly hay or hay-silage) and partly in the milking parlour (concentrates, two times a day). Total mixed ration is not commonly adopted and the use of corn silage or other silages from cereal crops is rare.

Since 2011, an innovative feeding technique was adopted by some dairy sheep farms of Maremma Region, Tuscany, in the framework of the FORMANOVA project (2007–2013 Rural Development Programme (RDP) of the Tuscany Region). FORMANOVA had the main objective of improving milk production and quality of dairy sheep farming systems by introducing new techniques of forage production, both for grazing and hay production purposes and of animal feeding. The innovation on forage production consisted in converting annual crops, mainly oat-clover ley, into perennial forage crops such as sulla (Hedysarum coronarium L.) and alfalfa (Medicago sativa L.), aiming to provide higher quality pasture and hay lowering the costs of forage unit.

Precision feeding included i) a partial substitution of commercial concentrate feed mix with raw materials (whole or cracked grains of cereals and beans), ii) the optimisation hay-making techniques to increase the quality of self-produced hay and iii) the introduction of dietary lipid sources in the diet, namely soybean oil and extruded linseed. The use of these feed additives in the rations for lactating ewes was introduced in order to increase the omega-3 and conjugated linoleic acid content in ewe milk (Chilliard et al. 2007; Mele et al. 2011; Buccioni et al. 2015). Several studies have confirmed that the addition of plant lipids to the diets of ruminants can also decrease enteric CH4 emissions (Patra 2014; Lima et al. 2019; Vasta et al. 2019; Vargas-Bello-Perez et al. 2021).

In the innovative farms, all the rations were formulated according to the average requirements of flocks, calculated on the basis of a weekly monitoring of milk yield and quality and by using Cornell Net Carbohydrate and Protein System (CNCPs) sheep models (Cannas et al. 2004), implemented into Nutritional Dynamic System (NDS) software (RUM&N SAS, Reggio Emilia, Italy). Feed database of the NDS software was implemented with the nutritional characteristics of the self-produced fodder and concentrate feeds. Nutritional characteristics of commercial feeds were provided by the feed industry. Lastly, the portion of ration covered by herbage intake at pasture was considered. Moreover, during the year the data about the herbage intake ration were adjusted respect to the pasture type and quality, in order to ameliorate the fitting between ration composition and animal requirements. The quantification of grazed grass was estimated by considering the expected dry matter (DM) intake provided by the NDS software on the basis of the animal characteristics and applying the prediction equation included in the NDS software. Chemical characteristics of the fresh forage were assessed when the flock moved to a different pasture. Consume of concentrate and preserved forage was weekly monitored at flock level in order to adjust the grazed grass estimation. All research reported in this paper has been conducted in an ethical and
responsible manner, and is in full compliance with all relevant codes of experimentation and legislation.

Since the comparison of the two farming systems was not possible in time (before/after comparison) due to the scheduling of the project, thus the two systems were analysed in parallel. Thus, initial assumption was that the farm management in IF before the innovation was similar to CF in terms of flock management, animal feeding, manure management and forage production.

**LCA methodology**

In this study, the environmental impacts of sheep milk production from three conventional (IC) and three innovative (IF) dairy farms were evaluated, by using an attributional LCA analysis. The LCA analysis was set as a cradle-to-farm-gate LCA, using 1 kg of fat protein corrected milk (FPCM) as functional unit. FPCM was calculated from the annual average milk analyses provided by the cheese factory, using the equation by Pulina and Nudda (2002):

\[
\text{FPCM} = \text{RM} \times (0.25 + 0.085 \times \text{FC} + 0.035 \times \text{PC})
\]

where RM, FC and PC represent raw milk amount (kg), fat content (%) and protein content (%), respectively.

Economic allocation was used to allocate all inputs and outputs among different products that are milk, lamb meat, sheep meat and wool. Economic allocation was chosen considering the large difference in economic values between milk and the other co-products. The annual economic value of milk of each farm was calculated from the monthly invoices of the cheese factory, that take into account both the quantity and the quality of milk delivered (fat and protein content, conjugated linoleic acid [CLA] and omega-3 fatty acid content). Lamb meat, sheep meat and wool value were calculated for each farm from the sales invoices. Percentages for allocation were calculated separately for each farm (Table S1).

The system boundary includes all the activities necessary for flock management both i) on farm, such as general consumption (energy, water, diesel and transport of inputs), feed production (crop cultivation) and manure management; and ii) off farm, such as purchased feed and all the agricultural inputs necessary for feed production and waste management (Figure 1). The study was carried out at annual scale, considering milking season going from September 2015 to August 2016. All primary data on cultivation and milk production refer to this period.

Data on farm management were collected through specific and detailed questionnaires to farmers to characterise farm management. Invoices for all purchased inputs, such as energy, water, seed, fertilisers and all animal feeds were collected and used to compile and elaborate the life cycle inventory (LCI). Capital goods were not included in the analysis while all transports of purchased inputs are included. Data on milk monthly production and milk quality were obtained from the invoices of the cheese factory. Thus, primary data are of very high quality, according to the criteria of reliability, completeness, and temporal and spatial representation. The main characteristics of the farms included in this study are reported in Table 1 while the complete LCI for each farm is reported in Table S2.

The databases used for secondary data were i) Ecoinvent version 3.2 (Ecoinvent, Zurich, Switzerland) and ii) Agribalyse version (ADEME, Angers, France), that includes the ECOALIM dataset of feed ingredients used in animal production (Colomb et al. 2015; Wilfart et al. 2016). Ecoinvent database was mainly used for quantifying the impact of transport and energy production; on the other hand, the Agrobalyse database allowed estimating the environmental impacts of off farm feeding ration and agricultural inputs.

**Flock profile and feeding ration**

The sheep flock was subdivided by animal category in lambs, lactating ewes, replacement ewes, dry ewes and rams. For lactating ewes, a further classification was used to distinguish type of ration between the autumn-winter and the spring-summer period, since only in this last period grazing was possible.

The three innovative farms applied a partial deseasoning lambing. In particular, the lambing season started at September as a consequence of an anticipated mating season at the end of March. The CFs applied the traditional seasoning lambing (lambing started after the second week of November).

For each of the aforementioned categories we collected data on: i) feeding rations and manure management; ii) emissions due to animal feeding and manure management and iii) methane emissions from enteric fermentation. The annualisation of each animal category was calculated by multiplying the number of animals per: 270 d for lambs, 151 d for replacement ewes, 151 d for lactating ewes with winter feeding ration, 122 d for lactating ewes with spring-summer feeding ration, 92 d for dry ewes and 365 d for rams.
The annual consumption of each feeding ingredient in the ration was calculated multiplying the daily amount with the annualised sheep category number \( n \) of animal \( \times \) number of days. Six different concentrates were used in the dairy farms (Table 2) and a specific concentrate mix was used by innovative farms. Concentrates were modelled by using data from international databases and considering only the production of single raw or transformed ingredients and processing stage at feed plant was not included, as recommended by FAO (2016b). The contributions from production, processing and transport of feedstuffs were included in the system boundaries, as well their impact due to changes in soil carbon and from land use change, using secondary data from databases. Details on feeding ration for each animal category of the six farms are reported in Table 2 as dry matter (DM).

The Small Ruminants module of the NDS software (RUM&N, Reggio Emilia, Italy), based on the CNCPS mechanistic model for ruminant diet formulation and evaluation, was used to estimate the average energy intake of the flocks (Cannas et al. 2004). Data in input to the software were sheep breed, sheep weight, milk yield and quality (fat and protein), feeding ration for each sheep category as dry weight including herbage intake, while data in output were the daily gross energy intake per animal (MJ head\(^{-1}\) d\(^{-1}\)). The model output was the gross energy intake of the average annual diet for each animal category and this value was multiplied by the default methane conversion factor \( Y_m \) to calculate the annual methane emissions in...
kg CH₄ head⁻¹ year⁻¹, with a Tier 2 approach (IPCC 2006). Specific parameters and emission factors applied to estimate methane emissions from enteric fermentation are reported in Table S3, while methane emissions included in the Life Cycle inventory as annual methane emissions per head are reported in Table S4.

Manure management was quite similar in all the six farms, consisting in solid manure with straw bedding, which is removed from the stable once or...
Table 3. Impact categories evaluated in this study.

| Impact category acronym | Impact category | Reference unit | Description |
|-------------------------|-----------------|----------------|-------------|
| A                       | Acidification   | Mole H + eq.   | Seppälä et al. (2006); Posch et al. (2008) |
| CC                      | Climate change  | kg CO₂ eq.     | IPCC (2013) |
| Fax                     | Freshwater eutrophication | CTUeq | USEtox version 1.01 (Rosenbaum et al., 2008) |
| FE                      | Freshwater eutrophication | kg P eq. | IPCC (2006) |
| Htc                     | Human toxicity – carcinogenic | CTUh | USEtox version 1.01 (Rosenbaum et al., 2008) |
| Htnoc                   | Human toxicity – non-carcinogenic | CTUh | USEtox version 1.01 (Rosenbaum et al., 2008) |
| Ire                     | Ionising radiation – ecosystems | CTUeq | Garnier-Laplace et al. (2009) |
| Irh                     | Ionising radiation – human health | kg U235 eq. | Frischknecht et al. (2000) |
| ME                      | Marine eutrophication | kg N eq. | IPCC (2006) |
| OD                      | Ozone depletion  | kg CFC-11 eq.  | World Meteorological Organisation (1999) |
| PM                      | Particulate matter/respiratory inorganics | kg PM2.5 eq. | USEtox, Greco et al. (2007) and RiskPoll, Rabl and Spadaro (2004), Humbert (2009) |
| POF                     | Photochemical ozone formation | kg C2H4 eq | IPCC (2006) |
| RDM                     | Resource depletion – mineral, fossils and renewables | kg Sb eq. | USEtox version 1.05 |
| RDW                     | Resource depletion – water | m³ | Ecological Scarcity Method 2006 (Frischknecht et al., 2008) |
| TE                      | Terrestrial eutrophication | Mole N eq. | IPCC (2006); Posch et al. (2008) |

Table 4. ANOVA – absolute results for conventional (CF) and innovative farming (IF) systems (functional unit: 1 kg of fat and protein corrected milk) (n.s. is not significant; * significant at the p < 0.05 level; ** significant at p < 0.01 level; *** significant at p < 0.001 level.).

| Impact category | CF | Value | SE | IF | Value | SE | Significance |
|-----------------|----|-------|----|----|-------|----|--------------|
| A               |    | 0.069 | ± 0.065 |    | 0.051 | ± 0.104 | ns           |
| CC              |    | 5.707 | ± 0.065 |    | 3.207 | ± 0.065 | ***          |
| FE              |    | 8.176 | ± 0.065 |    | 4.576 | ± 0.065 | **           |
| Htc             |    | 1.067 | ± 0.065 |    | 7.973 | ± 0.065 | ns           |
| Htnoc           |    | 1.176 | ± 0.065 |    | 1.816 | ± 0.065 | ns           |
| Ire             |    | 7.466 | ± 0.065 |    | 4.216 | ± 0.065 | **           |
| Irh             |    | 0.200 | ± 0.065 |    | 0.113 | ± 0.065 | ns           |
| ME              |    | 0.016 | ± 0.065 |    | 0.009 | ± 0.065 | *            |
| OD              |    | 2.126 | ± 0.065 |    | 1.246 | ± 0.065 | **           |
| PM              |    | 0.000 | ± 0.065 |    | 0.002 | ± 0.065 | **           |
| POF             |    | 0.013 | ± 0.065 |    | 0.007 | ± 0.065 | **           |
| RDM             |    | 1.876 | ± 0.065 |    | 1.176 | ± 0.065 | **           |
| RDw             |    | 0.015 | ± 0.065 |    | 0.013 | ± 0.065 | ns           |
| TE              |    | 0.296 | ± 0.065 |    | 0.217 | ± 0.065 | ns           |

*Impact category acronyms: A: acidification; CC: climate change; Fax: freshwater ecotoxicity; FE: freshwater eutrophication; Htc: human toxicity – carcinogenic; Htnoc: human toxicity – non-carcinogenic; Ire: ionising radiation – ecosystems; Irh: ionising radiation – human health; ME: marine eutrophication; OD: ozone depletion; PM: particulate matter/respiratory inorganics; POF: photochemical ozone formation; RDM: resource depletion – mineral, fossils and renewables; RDW: resource depletion – water; TE: terrestrial eutrophication.

Modelling of crop cultivation

Modelling of crop cultivation was carried out following the product category rules (PCR) guidelines developed for ‘Arable Crops’ (EPD, 2016). Only crops amount used for sheep feeding were included in the model (total allocated area in Table 1). Production of straw from durum wheat (Triticum turgidum subsp. durum) (Desf.) Husn.) was included using an economic allocation, since grain was excluded, being sold outside the farm. A specific model was built for each crop of the six farms, namely durum wheat, bread wheat (Triticum aestivum L.), triticale, oat, barley, annual meadow (oat-clover mixture), annual grassland (oat-clover mixture), sulla and alfalfa. For each crop, the model included diesel consumption for all agricultural operations (primary and secondary tillage, sowing,
fertilisation, mechanical and chemical weeding, hay mowing, harvesting and straw baling), production of all related inputs (diesel, seeds, fertilisers, herbicides, net for hay bales and packaging). Emissions to environment included were: ammonia, dinitrogen monoxide, nitrogen oxides to air, nitrates and phosphates to water. These emissions were estimated using default emission factors from IPCC (2006) and PCR Arable Crops (EPD, 2016). Some emission factors are reported in Table S3.

**Impact assessment**

Inventory data were processed using OpenLCA version (8.3 GreenDelta, Berlin, Germany) to assess the environmental impacts related to conventional and innovative dairy sheep farms. The impact assessment was carried out by means of the International Reference Life Cycle Data System (ILCD) midpoint method (Wolf et al. 2012), including the impact categories shown in Table 3 and using the IPCC (2013) method for impact on Climate Change. Acronyms, units and references for each impact category are reported in Table 3.

**Data elaboration and statistical analysis**

Results of the life cycle impact assessment were analysed both as total value and as process contribution. Process contribution was analysed for: 1) general consumptions (diesel, electricity, water consumption, waste management and transport of inputs); 2) enteric fermentation; 3) on farm cereal cultivation (wheat, barley, oat and tritcale); 4) on farm forage cultivation (alfalfa and oat/clover meadow for hay production); 5) on farm grassland cultivation (grassland for pasture); 6) off farm hay production; 7) off farm cereals and legume production; 8) concentrates production; 9) off farm other feed production (extruded flaxseed meal, soybean oil, sugar beet root pulp and vitamins); 10) manure management (stable cleaning, manure distribution, emissions from stocking and distribution in field) for the process contribution analysis.

Data elaboration and statistical analysis were performed with R software (R Core Team 2018). One-way ANOVA was applied to the total value to determine whether there was a statistically significant difference between CF and IF in each impact category. To assess the difference in the annual methane per head emitted from the enteric fermentation between CF and IF and between the different animal categories, a two-way ANOVA was used with ‘farming system’ and ‘animal category’ as factors. Tukey’s HSD post hoc test was used to identify significant differences among treatments (α = 0.05).

Principal component analysis (PCA) was carried out using the R package ‘vegan’ with processes as variables on the impact categories which turned out to be significant different between CF and IF from the one-
Figure 3. Principal component analysis for significant impact category and farm type (CF: conventional farm; IF: innovative farm). Impact category: CC: climate change; FE: freshwater eutrophication; IRe: ionising radiation – ecosystems; ME: marine eutrophication; OD: ozone depletion; PM: particulate matter/respiratory inorganics; POF: photochemical ozone formation; RDm: resource depletion – mineral, fossils and renewables.
Figure 4. Contribution of processes to significant impact categories per farm type (CF: conventional farm; IF: innovative farm) (impact category unit ± standard error). Impact category: CC: climate change; FE: freshwater eutrophication; IRe: ionising radiation ecosystems; ME: marine eutrophication; OD: ozone depletion; PM: particulate matter/respiratory inorganics; POF: photochemical ozone formation; RDm: resource depletion – mineral, fossils and renewables. Raw data are available in Table S5.
way ANOVA. PCA was used to identify correlations between processes and farm type per each impact category.

**Results**

**Results of environmental impact of ewe milk in conventional farms and innovative farms**

The results from the one-way ANOVA showed that the environmental impact of ewe milk was significantly lower in IF compared to C in eight impact categories out of 15, while no differences were observed in the others impact categories (Table 4). CC, FE, Ire and ME showed a reduction of 44% from CF to IF, followed by POF and OD, with a reduction of 42 and 41%, respectively, and then with slightly lower values by PM (38%) and RDm (37%).

**Impact contribution analysis**

The results of the 15 impact categories, used to compare the environmental impact of the milk produced in CF and IF, were analysed in order to identify processes that contributed most to each impact category (Figure 2).

Analysing the results per process contribution, ‘concentrates production’ was the process with the higher impact in both farm types in 8 out of 15 impact categories (FE, FEx, HTc, HTnoc (only in CF), Ire, IRh, ME and RDm), with over 40% of the total impact in FE, FEx, HTc, HTnoc (only in CF), IRh (only in IF), ME (only in CF). ‘Concentrates production’ had also a remarkable impact on OD (27% on average between CF and IF) and on POF (24% on average between CF and IF). Enteric fermentation, that includes only methane emissions, was the main responsible for impact on CC (55%) while had a lower share on POF (9%). Averagely, ‘off farm cereals and legume production’ was responsible for 32% of impact in RDw, 32% and 25% (only in CF) in IRh and Ire, and 19% in FEx. ‘Off farm hay production’ has an overall low impact with exception of RDw in CF. ‘Off farm other feed production’ had higher impact only in IF in HTnoc (68%), HTC (26%), in ME (19%) and in FE (18%). ‘On farm forage cultivation’ contributed to 27% of impact on OD, 26% in POF and 20% on Ire. ‘On farm grassland cultivation’ and ‘on farm cereal crop cultivation’ had generally a low impact, equal to 3% and 2% on average over all the impact categories. Manure management accounted on average for 54% in TE, 51% in A and 29% in PM, while showed very low contribution in all the other impact categories. General consumptions registered a low impact in all the impact categories (on average 7%), with higher values only in OD (15%) and POF (15%).

Analysing the results only for significant impact categories and farm type (Figures 3 and 4; raw data for Figure 4 are reported in Table S5), enteric fermentation was lower in IF than in CF (−44%) and contributed in both farm for 55% to the total CC impact. ‘Concentrates production’ (−61%) and ‘off farm cereals and legume production’ (−66%) had a lower impact on CC in IF than in CF. ‘Off farm other feed production’, ‘general consumptions’ and ‘off farm hay production’ and had a higher impact on CC in IF than in CF.

FE was higher in IF than CF only in the process ‘Off farm other feed production’ while it was lower for all the other processes, with a reduction up to 60% for ‘on farm grassland cultivation’ and ‘off farm cereals and legume production’. ‘Concentrates production’, the main process contributor, was 41% of total FE impact as average of farm type and showed a reduction in absolute values of 51% from CF to IF.

IRe was higher in IF than CF only for the process ‘off farm other feed production’. IRe was lower in IF than in CF in all the other processes, with a reduction up to 60% for ‘manure management’, ‘on farm grassland cultivation’ and ‘off farm other feed production’. ‘Concentrates production’, the main process contributor (on average 36% of total IRe impact), showed a reduction of 36% from CF to IF.

ME was higher in IF than in CF for the processes: ‘off farm cereals and legume production’, ‘off farm hay production’ and ‘off farm other feed production’. ME was lower in IF than in CF in all the other processes, with a reduction up to 70% for ‘concentrates

| Animal category                  | Unit              | Mean   | SE    | p     |
|----------------------------------|-------------------|--------|-------|-------|
| Lambs/non-pregnant ewes          | kg CH4 head⁻¹     | 5.40   | 0.14  | <.001 |
| Lactating ewe (winter)           | kg CH4 head⁻¹     | 7.60   | 0.14  | –     |
| Lactating ewe (summer)           | kg CH4 head⁻¹     | 6.01   | 0.04  | –     |
| Dry ewe                          | kg CH4 head⁻¹     | 2.32   | 0.05  | –     |

Table 5. Sheep category contribution to methane emissions from enteric fermentation of dairy sheep (number of days (d) considered for each sheep category is reported in brackets).

in HTC (61%), in ME (19%) and in FE (18%). ‘On farm forage cultivation’ contributed to 27% of impact on OD, 26% in POF and 20% on Ire. ‘On farm grassland cultivation’ and ‘on farm cereal crop cultivation’ had generally a low impact, equal to 3% and 2% on average over all the impact categories. Manure management accounted on average for 54% in TE, 51% in A and 29% in PM, while showed very low contribution in all the other impact categories. General consumptions registered a low impact in all the impact categories (on average 7%), with higher values only in OD (15%) and POF (15%).

Analysing the results only for significant impact categories and farm type (Figures 3 and 4; raw data for Figure 4 are reported in Table S5), enteric fermentation was lower in IF than in CF (−44%) and contributed in both farm for 55% to the total CC impact. ‘Concentrates production’ (−61%) and ‘off farm cereals and legume production’ (−66%) had a lower impact on CC in IF than in CF. ‘Off farm other feed production’, ‘general consumptions’ and ‘off farm hay production’ and had a higher impact on CC in IF than in CF.

FE was higher in IF than CF only in the process ‘Off farm other feed production’ while it was lower for all the other processes, with a reduction up to 60% for ‘on farm grassland cultivation’ and ‘off farm cereals and legume production’. ‘Concentrates production’, the main process contributor, was 41% of total FE impact as average of farm type and showed a reduction in absolute values of 51% from CF to IF.

IRe was higher in IF than CF only for the process ‘off farm other feed production’. IRe was lower in IF than in CF in all the other processes, with a reduction up to 60% for ‘manure management’, ‘on farm grassland cultivation’ and ‘off farm other feed production’. ‘Concentrates production’, the main process contributor (on average 36% of total IRe impact), showed a reduction of 36% from CF to IF.

ME was higher in IF than in CF for the processes: ‘off farm cereals and legume production’, ‘off farm hay production’ and ‘off farm other feed production’. ME was lower in IF than in CF in all the other processes, with a reduction up to 70% for ‘concentrates
production’, the main process contributor and ‘on farm forage cultivation’.

The main contributors to OD were ‘on farm forage cultivation’, ‘concentrates production’ and ‘general consumptions’. OD was higher in IF than CF for ‘generic consumptions’, ‘off farm other feed production’ and ‘concentrates production’. OD was lower in IF than in CF in the other processes with a reduction up to 50% for ‘on farm forage cultivation’ and ‘on farm cereal cultivation’.

The main contributors to PM were ‘Manure management’ and ‘concentrates production’. PM was higher in IF than CF only for ‘off farm other feed production’. In all the other processes, PM was lower in IF than in CF, with a reduction up to 60% for ‘concentrates production’, ‘on farm forage cultivation’ and ‘off farm cereals and legume production’. ‘Manure management’ registered a reduction of 37% from CF to IF in PM impact.

‘On farm forage cultivation’ and ‘concentrates production’ were the two processes contributed mainly to POF. POF was higher in IF than CF only for ‘off farm other feed production’. For all the other processes, POF was lower in IF than in CF, with a reduction up to 70% for ‘on farm grassland cultivation’ and up to 60% ‘off farm cereals and legume production’.

The main contributor to RDM was ‘concentrates production’, ‘on farm forage cultivation’ and ‘off farm other feed production’ that had higher impact in IF than in CF. All the other processes had lower impact on RDM in IF than in CF, in particular ‘on farm cereal cultivation’ and ‘off farm cereals and legume production’ had a reduction up to −60% from CF to IF.

Effect of innovative feeding strategy on methane emissions from enteric fermentation

Enteric methane emissions per kg FPCM were significantly lower in IC (1.76 ± 0.06 kg CO₂eq kg⁻¹ FPCM) than in CF (3.15 ± 0.12 kg CO₂eq kg⁻¹ FPCM) (p < .001).

No differences were observed in the annual methane emissions per head (as weighted average among all sheep categories) between CF and IF, equal on average between the two farm types to 14.63 ± 0.31 kg CH₄ head⁻¹ year⁻¹, while significant differences were recorded considering animal category, with higher annual emissions for lactating ewes fed winter ration compared to lactating ewe fed summer ration, ewe lambs/replacement ewes and to dry ewe/rams (Table 5). Detailed data for each farm type on methane emissions from enteric fermentation for sheep category, annual value for lactating ewes and annual value for sheep, as weighted average of all categories, are reported in Table S4.

Discussions

Precision feeding strategy produced in the dairy sheep system an overall reduction by 42% of the environmental impact of ewe milk, as an average reduction in the impact categories significantly different between IF and CF. The key factor of the lower environmental impacts of IF compared to CF is the increase of the efficiency of milk production in the innovative farms, being equal to +50% of annual milk production per ewe (165 kg FPCM ewe⁻¹ year⁻¹ and 246 kg FPCM ewe⁻¹ year⁻¹ in CF and IF, respectively) (Table 1). Precision feeding influenced positively feed efficiency (kg of feed used per kg FPCM produced). Indeed, the DMI per lactating ewe, as average of winter and summer feed rations, was 4% higher in IF (Table 2), while feed efficiency was 45% higher in IF lactating ewe (0.53 kg FPCM/kg DMI) than in CF (0.37 kg FPCM/kg DMI).

Overall, the lower impacts in IF compared to CF were due to a reduction of impacts from i) animal feeding (−30%, as average among impact categories), ii) farm general consumptions (−12%, as average among impact categories) and iii) manure management (−54%, as average among impact categories). However, specific effects for each impact category were identified.

Results for climate change were mainly affected by enteric methane emissions and feed production, as reported also in recent reviews on environmental performance of sheep farming by Bhatt and Abbassi (2021) and Atzori et al. (2017). The contribution of enteric fermentation in the total impact on climate change of ewe milk was 55% in both systems, in line with values reported for dairy sheep by Gerber, Steinfeld, et al. (2013). In literature on dairy sheep, the contribution of enteric fermentation to CC varied from 78% in Sabia et al. (2020), to 34% in Batalla et al. (2015) and 45% in Vagnoni et al. (2015). The value estimated in this study for annual enteric methane emissions of sheep (14.63 ± 0.31 kg CH₄ head⁻¹ year⁻¹, as weighted average including all sheep categories) doubled the emission factor reported in the Italian GHG inventory (7.2 kg CH₄ head⁻¹ year⁻¹) (ISPRA 2021). Indeed, this last value refers to a more extensive sheep farming, with much lower milk yields (about one-third) than those reported in this study.

The lower enteric methane emissions in IF were mainly due to the higher milk production efficiency.
Indeed, when methane emissions per head were analysed, no difference was found between CF and IF. In this study, the addiction of lipids to the ration did not produce differences in estimated CH$_4$ emissions from enteric fermentation between CF and IF. Indeed, even if a Tier 2 method was used to calculate the gross energy intake, also diet-specific Ym are needed to capture the effect of feed additives on rumen microbiota metabolism. Significant differences in enteric methane emissions per head were obtained only among animal categories, with the highest values for lactating ewes with winter ration. This is probably due to the presence of fresh forage in the summer diet and, as a consequence, to the higher digestibility of the structural carbohydrates. According to the NDS small ruminant model, the prediction of the energy digestibility (DE) of the ration varied according to the category of animals, being highest in the ration for lactating ewes (averaging 65 and 68% in CF and IF, respectively), lowest in dry ewes (averaging 58.6 and 61.5% in CF and IF, respectively) and intermediate for replacement animals (averaging 64.4 and 65.4% in CF and IF, respectively) (data not shown). On average, the DE of winter ration was lower than that of summer ration in CF (64.7 vs. 66.5%, for winter and summer ration, respectively), whereas the DE of the ration applied in the IF was very similar between winter and summer season (67.9 vs. 67.8%).

The climate change impact category was the only one for which it was possible to compare our results with other studies found in literature on dairy sheep farming. Our results in IF (3.21 kg CO$_2$eq kg$^{-1}$ FPCM) were in the range reported by Weiss and Leip (2012) in a study at European scale that modelled the carbon footprint for milk ranging from 2.6 to 4.1 kg CO$_2$eq kg$^{-1}$ milk of sheep and goats, while CF showed higher values (5.71 kg CO$_2$eq kg$^{-1}$ FPCM). The values of CF are in agreement with values reported by Batalla et al. (2015) in a semi-extensive Spanish sheep farm (5.17 kg CO$_2$eq kg$^{-1}$ FPCM), while they are higher than values reported for dairy sheep rearing by Escribano et al. (2020), in semi-arid rangelands in Spain (1.77 – 4.09 kg CO$_2$eq kg$^{-1}$ of milk), in Sardinia, Italy by Vagnoni and Franca (2018) (3.25 kg CO$_2$eq kg$^{-1}$ FPCM) and by Vagnoni et al. (2015), equal to 2.0–2.3 kg CO$_2$eq kg$^{-1}$ FPCM in three different farming systems. Calculation of values of milk and direct GHG emissions per ewe reported by Sintori et al. (2019), referring to a dataset of 144 sheep farms located in Western Greece and Macedonia, and including only direct GHG emissions, produced an average result of 3.6 kg CO$_2$eq per kg milk. In South Italy, Sabia et al. (2020) found a CF equal to 3.78 kg CO$_2$eq kg$^{-1}$ FPCM, in farm where Merino sheep were fed with ration based only on fresh and preserved roughages. The higher values reported in this study could be due a more intensive input use in farming system compared to the semi-extensive systems found in Spain and in Sardinia. However, a clear comparison is not feasible since many aspects can affect the results at the same time, such as differences in system boundaries, methods for emission estimates, secondary data dataset, assumptions, input use and milk yields.

In this study, the second source of impact on climate change was feed production (34% in CF and 30% in IF), with impact of ‘off farm produced feed’ higher than ‘on farm produced feed’, both in CF (off farm 23% and on farm 12%) and in IF (off farm 20% and on farm 10%). Gerber, Steinfeld, et al. (2013) reported a similar contribution from feed production as global average for milk produced by small ruminants (35%). ‘Off farm feed production’ was identified as the main contributor of feed production, especially in semi-intensive farms, also in Batalla et al. (2015).

Feed production was the main contributor to all other significant impact categories and precision feeding produced changes in both on farm and off farm produced ration in IF. For freshwater eutrophication (FE) and marine eutrophication (ME), feed production was responsible of 93% in CF and 94% in IF of total FE impact and 87% of total ME impact. Impact of ‘off farm feed production’ was about 70% of the impact of feed production, and it was related to ‘concentrates production’ and ‘off farm cereal and legume production’. ‘On farm grassland production’ showed a decrease in IF of impact on FE and ME. Indeed, improved forage production in IF lowered the nitrogen and phosphorus fertiliser requirements, thanks to a higher presence of leguminous crops (sulla and alfalfa) than in CF.

Impact of feed production was the main contributor also for IRe (90% in CF and 86% in IF), mainly due to off farm feed production (61% in CF and IF). Decrease by 44% of total IRe impact in IF compared to CF is explained by a reduction impact of ‘concentrates production’, ‘on farm forage production’ and ‘off farm cereal and legume production’.

Results for RDm showed that feed production was responsible for 91% in CF and 93% in IF. Off farm feed production covered 62% in CF and 56% in IF. In IF, there was a decrease in impact for ‘concentrates production’, ‘on farm cereals and legume production’ and ‘off farm cereal and legume production’, while there was an increase in ‘on farm forage production’.
Feed production was responsible for 87 and 79% of impact on OD and 79 and 72% of impact on POF, for CF and IF, respectively. Impact of ‘On farm feed production’ on OD was higher than ‘off farm feed production’ in CF while ‘off farm feed production’ was higher in IF. On farm and off farm feed production had the same share in POF. Impact of OD and POF is also related to energy consumption, indeed in these two impact categories ‘general consumption’ had a higher share, increasing from CF to IF (12 and 20% on OD; 11 and 18% in POF), due to the higher impact of transport of input.

Impact of PM was linked to feed production (67% in CF and 65% in IF) and also to manure management (29% in CF and 30% in IF). It was not possible with the NDS Small Ruminant model to account for diet-specific nitrogen excretions, so impact reductions of manure management in IF (−37%), was mainly due to the higher production efficiency. As reported by many recent papers, the introduction of legume crops in cropping systems can have positive environmental impacts, helping in reducing energy use, GHG emissions and N losses, and it can be pivotal for the sustainable intensification of forage production in drought-prone Mediterranean mixed crop-livestock systems (Annicchiarico 2017; Reckling et al. 2016; Nemecek et al. 2011, 2015).

Moreover, the increased self-production of protein-rich fodder in the farms had a consequent positive influence in reducing the amount of concentrates, widely recognised to be an important source of environmental impact, in particular climate change, due to the associated land use change for soybean-based feed production (Van Der Werf et al. 2005; Gerber, Hristov, et al. 2013). Indeed, in IF, the lower use of concentrate feed per mature ewe (−45%, from 156 to 85 kg of concentrate feed per mature ewe per year) reduced climate change, FE, ME and resource depletion. However, it is worth noting that there was an increase in the off farm feed production in IF, indeed self-sufficiency decreased from 59 to 50% from CF to IF. The lower share of concentrates was replaced in IF by a higher share of ‘off farm cereals and legume production’ coming from the same area of the farms, thus having a lower impact linked to the transport to farm (−45%), compared to concentrate feed. Quite low use of co-products for animal feeding was observed in both farm types, with exception of beet pulps.

Impacts for all impact categories were higher in CF than in IF, with the exception of human toxicity non cancer (HTnc). Indeed, HTnc was higher in IF than CF, even if not statistically significant, due to ‘off farm other feed production’, in particular to silage maize cultivation, which includes higher use of pesticides compared to other crops.

However, the results of all significant indicators, except for climate change, showed a quite high variability, as consequence of the low number of farms included in the study (Figure 4).

Increasing soil carbon sequestration has been identified as a mitigation option in the livestock sector, especially in extensive farms and in grazed livestock production systems (Soussana et al. 2010; FAO 2018). However, soil carbon sequestration was not included in this study, since small differences in agricultural practices for cereals and forage production were observed between CF and IF. The partial replacement of oat-clover ley with 2- or 4-year forage crops in IF may increase carbon sequestration (Sarkar et al. 2020), nevertheless it is not possible to estimate easily this potential carbon sequestration without running a specific soil model or using measured data in a long-term study. Moreover, in both farm type there was no use of permanent grasslands, awarded to play an important role as carbon sinks and as mitigation strategy for sheep rearing (Batalla et al. 2015; O’Brien et al. 2016; Marino et al. 2016; Escribano et al. 2020).

As general remark, results of this study were in agreement with the outcomes of several studies testing various strategies to reduce the environmental impact and the use of resources of livestock systems adopting new farm management, showing that sustainable intensification can improve the environmental performances, while increasing the production (Marino et al. 2016; O’Brien et al. 2016). Overall, even if our study highlighted quite clearly a lower environmental impact of IF than CF, it has to be underlined that since agricultural processes (both crop yields and livestock productivity) are highly susceptible to year-to-year variations in weather patterns, these results need to be confirmed on a longer time frame, accounting also for the variability of environmental conditions.

**Conclusions**

Precision feeding in dairy sheep farming improved milk production efficiency by 50% and lowered environmental impacts of ewe milk as kg FPCM by 42%, as average of the impact categories being significantly different between IF and CF, that were climate change, freshwater eutrophication, ionising radiation – ecosystems, marine eutrophication, ozone depletion, particulate matter, photochemical ozone formation.
and resource depletion mineral. Enteric fermentation for climate change and feed production for all impact categories were the main responsible of environmental impact.

Overall, the reduction of environmental impacts of ewe milk was obtained mainly increasing farm productivity with the use of more balanced rations, taking into account nutrients concentration both in concentrate supplement and in fresh fodder. In this sense, the use feeding models, such as CNCPS, can help in making the most appropriate choices. Furthermore, it was essential to increase the availability of green forage by widening the time window with the introduction of multi-annual species. The combination of these two strategies guarantees a better production response and, ultimately, a lower impact of emissions per kg of product.

Acknowledgements

The authors would like to thank the anonymous reviewers for their suggestions and comments. The authors gratefully acknowledge dairy sheep farmers and people from the ‘Caseificio Sociale Manciano’ cheese factory for their participation in this study, and for providing us extensive information about their production systems.

Disclosure statement

No potential conflict of interest was reported by the author(s).

Funding

This study was co-funded by the Rural Development Programme (RDP) of the Tuscany Region through two cooperation projects: FORMANOVA ‘Innovative forage and feed for the production of Pecorino Toscano with nutraceutical properties’ (2011–2014) (Sub-measure 124, RDP 2007–2013) and STILNOVO ‘Sustainability and innovative technologies for sheep milk chain’ (2016–2018) (Sub-measure 16.2, RDP 2014–2020) (https://www.caseificiomanciano.it/stilnovo/).

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Data availability statement

Most of the data supporting the findings of this study are available within the article and its supplementary materials. Other data not included there are available from the corresponding author, S. Bosco, upon reasonable request.

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