The microbiology of beef from carcass chilling through primal storage to retail steaks

Siobhán McSharry a,b, Leonard Koolman a, Paul Whyte b, Declan Bolton a,*

a Teagasc Food Research Centre, Ashtown, Dublin 15, Ireland
b School of Veterinary Medicine, University College Dublin, Belfield, Dublin 4, Ireland

ARTICLE INFO

Keywords:
Beef
Shelf-life
Carcass
Primals
Vacuum skin packaged steaks

ABSTRACT

The primary objective of this study was to investigate if alternative time-temperature carcass chilling combinations resulted in lower microbial (TVC, Enterobacteriaceae, Lactic Acid Bacteria, Pseudomonas spp. And Brochothrix thermosphacta) counts and, if achieved, would reduced levels remain throughout the beef chain. Physicochemical (temperature, pH, water activity) characteristics were also recorded. A secondary objective was to investigate the effect of primal maturation periods (2 versus 5 weeks) on the sensory properties of steaks by a trained panel for colour, odour, tenderness, and flavour. While microbial populations reduced by over 1 log_{10} cfu/cm^2 by fast carcass chilling, these reductions were lost due to cross contamination in the boning hall and cutting room. The pH and water activity remained stable throughout the study and there was no significant difference for colour or sensory characteristics in retail steaks from the different treatment groups. It was concluded that there was no improvement to the microbial shelf-life of retail steaks from modified chilled carcasses or in the sensory shelf-life of primals which were aged for an extended period.

1. Introduction

Food spoilage is a complex process, particularly for meat as a combination of biological and chemical activities may interact and render the product unappealing and/or unacceptable for human consumption (Gram et al., 2002). Fresh meat is highly perishable due to its high water activity (a_w >0.99) and abundance of nutrients which support bacterial growth (Woraprayote et al., 2016). To avoid meat spoiling rapidly, physical parameters such as temperature, pH and a_w need to be regulated to minimise microbial growth on beef throughout production and distribution.

The main groups of bacteria responsible for the spoilage of meat are Enterobacteriaceae, lactic acid bacteria (LAB), Pseudomonas spp., and Brochothrix thermosphacta (Hungaro et al., 2016). Pseudomonas spp. Is responsible for meat spoilage stored under aerobic conditions (Nychas et al., 2008) because of their high affinity for oxygen, fast growth rate and ability to grow at low temperatures (Gill and Newton, 1977). Pseudomonas spp. contributes to off-odours and slime by exhausting glucose and lactate in the meat and metabolising nitrogenous compounds such as amino acids (Nychas et al., 2007). Cold tolerant species of Enterobacteriaceae, such as Hafnia alvei, Serratia liquefaciens and Pantoea agglomerans are commonly present in aerobic conditions and may contribute to the spoilage of meat, especially if there is temperature abuse (Nychas et al., 2008; Wang et al., 2017). This spoilage is characterised by unpleasant odours and greening (Mills et al., 2014). LAB and B. thermosphacta are oxygen tolerant, but are not major contributors to the spoilage of carcasses (Reid et al., 2017a). However, carcass contamination by these bacteria is important, as once carcasses are deboned into primals and placed in anaerobic vacuum packs (VP), LAB and B. thermosphacta become the dominant spoilage organisms (Russo et al., 2006; Stanborough et al., 2017). VP primals and steaks allow for the growth of these bacteria as they are facultative anaerobes, capable of growth in the absence of oxygen and are not inhibited by carbon dioxide (Mills et al., 2014). LAB spoilage organisms are responsible for off-flavours, off-odours, discolouration, slime and the formation of bulging of packs (Samelis et al., 2000). Both LAB and B. thermosphacta cause souring rather than putrefaction (Nychas et al., 2008), with B. thermosphacta spoilage characterised by pungent cheesy or diary odours (Mills et al., 2014).

The shelf life of fresh meat can be significantly reduced by microbial growth if the storage temperature is incorrect (Casaburi et al., 2015). High carcass surface temperatures can result in a shorter shelf life, due to the increased growth of spoilage bacteria. It is essential for carcasses to be cooled rapidly preventing bacterial growth, however the rate of
chilling must not be too rapid to avoid cold shortening of the meat (EFSA, 2014). Cold shortening occurs when muscles are chilled too quickly, before the onset of rigor mortis, resulting in a toughening of the meat (Savel et al., 2005). Typically, the quality of meat is maintained to a high standard by following temperature profiles regularly used, which ensures the core temperature does not decrease below 10 °C in the first 10 h of chilling thereby preventing cold shortening (EFSA, 2014). Despite the risk of cold shortening, the meat industry may apply fast/rapid/blast chilling of carcasses as it reduces weight loss and microbial populations on the surface of carcasses. Beef carcasses are usually chilled for 24–96 h before being moved to a boning hall where they are cut into primary pieces called primalms, which are vacuum packed and valuable cuts such as striploin and silverside primalms are allowed to mature for 3–6 weeks under anaerobic conditions (EFSA, 2016). This aging process is common in practice in the meat industry to improve beef tenderness and palatability (Nair et al., 2019). Finally, steaks are prepared from matured primalms and packaged using vacuum skin packaging (VSP). The process allows the packaging film to conform exactly to the profile of the product (Séentar et al., 2016) and provides anaerobic conditions inside the package, resulting in a shelf-life extension (Stella et al., 2018). Nevertheless, physicochemical factors (temperature, pH and water activity) may alter bacterial growth levels of meat throughout the food chain, which in turn will alter organoleptic factors such as colour, odour and taste, which are important factors when considering product shelf-life. All of these aspects have to be taken into consideration in terms of achievable shelf life and product quality.

The objective of this study was to characterise the microbiology of beef throughout the beef chain from carcass chilling, through primal storage to retail steaks. Different chill regimes (conventional vs. mild blast chilling) and primal storage periods (two weeks vs. five weeks) were used and their impact on the microbiology, physicochemical and sensory characteristics of beef investigated.

2. Materials and methods

2.1. Experimental design

The experiment was conducted in two different slaughter plants (Plant A and Plant B) based in the Republic of Ireland. The design consisted of a comparison between five different chilling treatments. The control treatment represented the standard chill regime practiced in beef Processing facilities throughout the Republic of Ireland (10 °C for 10 h followed by 0 °C for 38 h with low fan speed throughout) and was used as a baseline in both Plant A and Plant B, Treatment 1 (−1.5 °C for 3 h followed by 0 °C for 45 h with wind speed 3.5 m/s throughout storage), Treatment 2 (−2 °C for 6 h followed by 0 °C for 42 h with wind speed of 3.3 m/s throughout), Treatment 3 (0 °C for 48 h with wind speed between 1.5-2.5 m/s throughout) and Treatment 4 (−6 °C for 3 h followed by 0 °C for 45 h with wind speed 6 m/s throughout). In Plant A, Treatment 1 and Treatment 2 were used as alternative chill regimes while in Plant B, Treatment 3 and Treatment 4 were applied. A total of 24 carcasses were used in this study (12 carcasses per plant) and, after dressing and evisceration, carcasses were centrally split into left and right sides (24 sides per plant) and randomly assigned to treatment groups (8 sides per treatment group). Once carcasses were in the chiller, the pH, aw and microbiology of the carcasses were monitored at t = 0 (immediately prior to the fans being switched on), t = 1 (24 h in storage) and t = 2 (48 h in storage). The ambient temperature was recorded every 5 min using an Easylog data logger (Lascar). The surface and core temperature of one carcass in each treatment group (n = 6) were monitored every 10 min throughout storage using T-175 data loggers (Eurolec Instrumentation Ltd.).

After 48 h storage, carcasses were removed from allocated chills and moved to the boning hall for further processing within both plants. Striploins (n = 24) and silversides (n = 36) were boned from each carcass, vacuum packed (BB2050U bags, CryoVac, Sealed Air Ltd) and stored under commercial conditions within both plants. Striploins primalms were matured in the slaughter plant until further processing where they were then sliced into retail steaks. Silverside primalms were sampled immediately after boning out (t = 2) and every 7 days thereafter where they were transported under refrigerated conditions to the laboratory based at Teagasc Food Research Centre, (Ashtown, Dublin 15) and tested for microbiology, pH and aw. Air temperature of the commercial chiller was recorded in 5 min intervals using an Easylog data logger (Lascar) which was placed in cardboard boxes alongside the primalms. As Plant A and Plant B both matured primalms for different periods of time (Plant A for two weeks and Plant B for five weeks) before primalms were processed into sub-primalms and retail cuts, potential differences in microbial growth during the different storage periods could be monitored.

Following maturation, striploin primalms were transported to the cutting room and cut vertically into retail ready steaks (2.54 cm thick). Cutting started at the anterior end of the striploin, trimming 0.5 inches from either end of the loin to remove subcutaneous fat and any additional muscles. Steaks on the outside of the loin were used for microbial testing, whilst steaks coming from the core of the striploin were used for sensory analysis. Steaks were then vacuum skin packed (VSP, D15 3 Vacuum Skin Tray, Quinn Packaging, Ballyconnell, Cavan) and labelled accordingly. All samples were transported under refrigeration conditions to the Meat Industry Development Unit (MIDU) in Teagasc Food Research Centre, Ashtown, Dublin, where the steaks were placed into retail display cabinets (Capital Galaxy G14 S/S Multidesk, Cross Refrigeration, Ireland). Ambient temperature in retail display cabinets were recorded every 5 min using an Easylog data logger (Lascar). Three steaks representing each treatment (n = 18) were taken every three days, Plant A; (t = 23, 26, 29, 32, 35, 38, 41 days) and Plant B; (t = 39, 42, 45, 48, 51, 54, 57, 60, 63, 66 days) during retail storage and analysed.

2.2. Microbial analysis

Carcasses: Within both plants, carcass sides were sampled at times t = 0, 1 and 2 days using the sampling procedure described in EC Decision 2001/471/EC. Briefly a 10 cm × 10 cm cellulose acetate sponge pre-soaked in 10 ml maximum recovery diluent (MRD) in a sterile bag (Envirostik Kit, Technical Service Consultants Ltd. UK) was used. Samples (neck, brisket, flank and rump) were obtained by inverting the bag to expose the sterile sponge and rubbing the sponge 5 times horizontally and 5 times vertically over the target area (100 cm²); alternative sides of the same sponge were used for 2 sites. On completion of swabbing the loaded sponge was withdrawn into the reverted bags and 2 sponges pooled (4 sampling sites on each carcass side; Total 400 cm²). All samples were stored and transported to the laboratory under chilled conditions (0–4 °C) until processing.

In the laboratory 40 ml of MRD (Oxoid, Basingstoke, Hampshire, UK (CM0733)) were added to each pair of pooled swabs and pulsed for 30 s (Pulsifier PUL100E, Microgen Bioproducts Ltd, Surrey, UK), serially diluted 1:10 in 9 ml MRD and plated in duplicate. Total viable counts (TVC) were enumerated using 3M Aerobic Petrifilm™ (Trafalgar Scientific, Leicester, UK (SB01)); and incubated at 30 °C for 72 h. Total Enterobacteriaceae Counts (TEC) was enumerated using 3M Enterobacteriaceae Petrifilm™ (Trafalgar Scientific, SB05); and incubated at 37 °C for 24 h. Lactic Acid Bacteria (LAB) were enumerated using 3M Lactic Acid Bacteria Petrifilm™ (Trafalgar Scientific, 6462); and incubated at 30 °C for 72 h. Pseudomonas spp. was enumerated on Pseudomonas Agar Base (Oxoid, CM0559) containing Cetrimide Fucidin Cephalosporin (CFC) selective supplement (Oxoid, SR103) and incubated at 30 °C for 48 h. Brochothrix thermosphacta was enumerated onto Streptomycin-thallous acetate-actidione agar base (Oxoid, CM0881) containing STA selective supplement (Oxoid, SR0151) which was incubated at 25 °C for 48 h.

Primalms: Silverside primalms were sampled according to the procedure described in EC Decision 2001/471/EC and ISO microbiological methods. A 200 cm² area of the sample swabbed using a sterile sampling
A. Bacterial count (Log$_{10}$ CFU/cm$^2$) over time (Days) for Carcass, Primals, and Steaks.

B. TEC (Total Enteric Count) bacterial count (Log$_{10}$ CFU/cm$^2$) over time (Days) for Carcass, Primals, and Steaks.

C. LAB (Lactic Acid Bacteria) bacterial count (Log$_{10}$ CFU/cm$^2$) over time (Days) for Carcass, Primals, and Steaks.
sponge (Envirostik kit, Technical Service Consultants Ltd. UK), which was pre-soaked in 10 ml MRD in a sterile bag. Samples were obtained by rubbing the sponge 5 times horizontally and 5 times vertically over the target area. 40 ml of MRD (Oxoid, Basingstoke, Hampshire, UK) was then added to each sample and pulsed for 30 s (Pulsifier PUL100E, Microgen Bioproducts Ltd, Surrey, UK). Serial dilutions were prepared in MRD and plated in duplicate onto the appropriate agar as described previously.

Steaks: Steaks were aseptically removed from vacuum skin packs (VSP) using a sterile forceps and placed into a sterile Separator 400 Blender Bag (Grade Products Ltd, Leicestershire, UK) and 100 ml of MRD (Oxoid, Basingstoke, Hampshire, UK) was added to each sample. Samples were shaken and massaged for 2 min (Kaur et al., 2017). Serial dilutions were prepared in MRD and plated in duplicate onto the appropriate agar as described previously.

2.3. Surface pH measurements

Carcasses: The surface pH from each carcass side from each treatment group was monitored at t = 0 and 1 day using a Eutech pH 150 knife probe (Thermo Scientific, USA). The electrode was calibrated with pH 4, 7 and 10 standards immediately before use and cleaned with a probe wipe (Klipspringer, Ipswich, UK) between measurements to avoid cross contamination.

Primals: The surface pH of each vacuum packed beef primal (silver-side) was recorded after the packaging was aseptically opened in a laminar flow unit using a Eutech pH 150 knife probe. The electrode was calibrated as previously described.

Steaks: The surface pH of each steak was recorded in a laminar flow unit and the pH probe was calibrated and cleaned as stated above.
2.4. Surface aw measurements

Carcasses: Water activity (aw) from each of the 48 carcass sides was recorded at time \( t = 0, 1 \) and 2 days by excising an area of \( 5 \text{ cm}^2 \) from the striploin using a 25 mm cork borer (VWR, Blanchardstown, Dublin 15), sterile scalpel and forceps. Samples were placed in separate sterile plastic Aqualab cups (Labcell, Basingstoke, UK), sealed and immediately transported back to the laboratory. Water activity values (aw) were measured using an Aqualab Pre water activity meter (Labcell). The machine was calibrated before use using a saturated solution of potassium chloride (0.50 mol/kg KCl, \( \text{aw} = 0.984 \pm 0.003 \) at \( 20^\circ C \)).

Primals: A 5 cm\(^2\) excision sample of each primal was taken using a 25 mm cork borer, sterile scalpel and forceps in a laminar flow unit as described above.

Steaks: As above, a 5 cm\(^2\) excision sample of each steak was taken as previously outlined.

2.5. Instrumental colour analysis

Colour measurements of steaks were taken every 3 day at each time point for each plant using a Hunter Lab UltraScan Pro spectrophotometer (Hunter Associated Laboratory., Inc., Reston, VA). The instrument was standardized using a light trap and white tile that was covered with a sample of the packaging film to eliminate any packaging effect as outlined in AMSA (AMSA, 2012). Using a 78 mm diameter aperture and illuminant D\(_{65}\) with 10° observer, triplicate measurements of CIE L\(^*\) (lightness), a\(^*\) (redness) and b\(^*\) (yellowness) were determined on each steak within the vacuum packages in different locations avoiding intramuscular fat and connective tissue and averaged. Chroma (\( C^* = (a^{*2}+b^{*2})^{1/2} \)) and Hue (\( \tan^{-1}(b^*/a^*) \)) values were also calculated (Van Rooyen et al., 2018).

2.6. Sensory analysis

Three steaks from each treatment within each plant (n = 18) were removed from the retail units on the particular days outlined in section 2.1 (above) and placed in frozen storage at \( -18^\circ C \) for sensory analysis. Descriptive sensory analysis was conducted in four trials using a trained panel (n = 7 Plant A; n = 8 Plant B) located in the Sensory Laboratory at Teagasc Food Research Centre, Ashtown within 6 months of storage.
Samples were prepared and cooked following the guidelines outlined in AMSA (AMSA, 2016). Samples were scored for off-odour, tenderness, off-flavour and overall beef flavour. Odour and off-flavour were assessed on a 5-point scale; 1 = no off odour/flavour detected to 5 = a rancid odour/flavour – Not acceptable. Tenderness was determined from the resistance of the meat to molar teeth on the first bite through and for the first two chews. The score ranged from 1 = impossible to break down in the mouth to 10 = melt in the mouth, easy to break down. The overall beef flavour was also assessed on a 10-point scale; 1 = no beef flavour at all to 10 = extremely high level of beef flavour that lingers in the aftertaste.

2.7. Statistical analysis

A one-way analysis of variance (ANOVA) was carried out to evaluate the effect of primal chilling times on steaks colour and sensory characteristics. When statistical differences were detected, Tukey’s post-hoc comparison test was used to measure differences between means. Differences were considered significant at the 5% (P ≤ 0.05) level. The statistical package used was GraphPad Prism 7.02 (GraphPad Software Incorporated, San Diego, California, USA).

3. Results

3.1. Microbial analysis

TVC, TEC, LAB, Pseudomonas spp., and B. thermosphacta counts from the surface of beef carcasses, primals and VSP steaks are shown in Fig. 1 and Fig. 2. The figures show the bacterial growth from the beginning to the end of storage in both plants (Plant A and B). In Plant A the initial
TVC carcass counts ranged from 2.2 to 3.0 log_{10} cfu/cm^2, decreased to 1.7 to 2.5 log_{10} cfu/cm^2 after 24 h and increased to 2.6 to 3.5 log_{10} cfu/cm^2 after 48 h. After 24 h and 48 h significant (P ≥ 0.05) differences between the Control and the fast chilled carcasses from Treatment 2 were recorded. Initial TEC, LAB, and Pseudomonas spp. counts ranged from 0.3 to 0.4 log_{10} cfu/cm^2, 0.8 to 1.2 log_{10} cfu/cm^2 and 0.8 to 0.9 log_{10} cfu/cm^2, respectively. After 48 h, these counts were similar or increased to 0.4 to 1.4 log_{10} cfu/cm^2, 0.7 to 1.5 log_{10} cfu/cm^2 and 0.9 to 1.9 log_{10} cfu/cm^2. TEC and LAB counts recorded a significant (P ≤ 0.05) difference between the Control and fast chilling Treatments 1 and 2 after 48 h. Similar to TVC, Pseudomonas spp. had significantly (P ≤ 0.05) lower counts for carcasses from Treatment 2 compared to the Control after 48 h. Plant B had initial carcass counts from 2.2 to 2.8 log_{10} cfu/cm^2 (TVC), 0.1 to 0.3 log_{10} cfu/cm^2 (TEC), 0.1 to 0.3 log_{10} cfu/cm^2 (LAB), 0.5 to 1.3 log_{10} cfu/cm^2 (Pseudomonas spp.) and 0.9 to 1.5 log_{10} cfu/cm^2 (B. thermosphacta). After 24 h, TVC, TEC, LAB, and B. thermosphacta counts continued to increase, regardless of the chilling regime applied, and ranged from 3.6 to 4.4 log_{10} cfu/cm^2, 2.1 to 2.7 log_{10} cfu/cm^2, 1.3 to 1.8 log_{10} cfu/cm^2, 3.1 to 3.8 log_{10} cfu/cm^2 and 2.1 to 3.3 log_{10} cfu/cm^2, respectively. At 24 h, B. thermosphacta counts were significantly (P ≥ 0.05) higher on carcasses chilled using Treatment 3 which continued up to 48 h in comparison to the other treatments. Also, after 48 h significantly (P ≥ 0.05) lower LAB counts were obtained for carcasses from Treatment 4 compared to carcasses from the Control and Treatment 3.

Within Plant A, the mean counts of all microbial spoilage groups monitored on primals were similar for each of the three carcass treatment
groups over the 16 days at each time-point, except for a significant increase ($P \leq 0.05$) obtained on day 9 for LAB populations on primals derived from carcasses subject to chilling Treatment 2. In Plant B similar microbial counts were obtained on the primals throughout the first 36 days in commercial storage, regardless of the carcass chilling treatment. However, significantly higher ($P \leq 0.05$) counts were observed on the final day of sampling (day 37) for TVC, TEC, LAB and *Pseudomonas* spp. from silverside primals that came from carcasses subjected to the Treatment 3 chilling regime.

Initial TVC, TEC, LAB, *Pseudomonas* spp., and *B. thermosphacta* counts for striploin steaks in Plant A ranged from 4.7 to 5.2 $\log_{10}$ cfu/cm$^2$, 2.5 to 3.2 $\log_{10}$ cfu/cm$^2$, 4.4 to 4.8 $\log_{10}$ cfu/cm$^2$, 3.0 to 3.5 $\log_{10}$ cfu/cm$^2$ and 2.6 to 3.3 $\log_{10}$ cfu/cm$^2$, respectively. Within Plant A, highest counts throughout sampling (day 23–41) were achieved from TVC and LAB, reaching 6 $\log_{10}$ cfu/cm$^2$. TEC and *Pseudomonas* spp. counts continued to increase overtime, while *B. thermosphacta* counts started to decrease gradually throughout the study. From day 26, no significant difference ($P \leq 0.05$) was recorded for TVC's from the three chilling regimes. On days 26 and 32, TEC and *Pseudomonas* spp. achieved significantly ($P \leq 0.05$) higher counts on steaks from carcass Treatment 2 and on day 35, significantly ($P \leq 0.05$) lower counts were recorded for steaks from carcass Treatment 1 compared to the other treatments. Treatment 1 steaks achieved significantly ($P \leq 0.05$) higher LAB counts on day 35. On the final day of sampling (day 41) steaks from Treatment 2 had significantly ($P \leq 0.05$) higher TEC and *B. thermosphacta* counts. Plant B had initial counts ranging from 4.9 to 5.6 $\log_{10}$ cfu/cm$^2$ (TVC), 2.9 to 3.6

Fig. 5. Water activity ($a_w$) values within Plant A (5A) for Control (■), Treatment 1 (●) and Treatment 2 (▲) and Plant B (5B) for Control (■), Treatment 3 (●) and Treatment 4 (▲) chill regimes on beef carcasses, beef primals and vacuum skin packaged steaks. Each data point and the error bar show the mean of ± the standard deviation.
The mean carcass surface temperature profiles for the 2 days in the chillers are shown in Fig. 3 (Plant A and Plant B). The mean carcass surface temperature upon entry into the different chillers varied within plants, 18.9°C–27.9°C in Plant A and 16.0°C–18.4°C in Plant B. These decreased to below 10°C after approximately 4–8 h in both plants. As expected, setting the chillers to achieve 0°C as quickly as possible significantly (P ≤ 0.05) dropped the carcass surface temperature much faster, between 2–4 h within both plants. The average ambient temperature in the chiller after 2 days of carcass storage was higher for carcasses kept within Control treatments in both Plant A and Plant B, 5.7°C and 4.8°C, respectively. Similar ambient temperatures were recorded in both plants for fast chilled carcasses, ranging from 1.8–3.8°C after the 2 days. The average ambient temperature of vacuum packed primals were stored at an average temperature of 1.4°C for the 16 days storage in Plant A and at 1.2°C for the 37 days storage in Plant B. Considerable increases and decreases of the ambient temperatures were recorded in the retail cabinets used to store the VSP steaks, and these varied depending on the locations (front or back) of the cabinet. Nevertheless, an average ambient temperature of 4.6°C was achieved for steaks stored for 18 days taken from Plant A and 3.8°C for steaks stored for 27 days from Plant B.

Mean carcass pH values decreased from 7.4 to 5.6 in Plant A and 6.7 to 5.5 in Plant B after 1 day in chilled storage conditions. Silversides primals maintained pH values between 5.5–5.7 throughout the 16 days of storage, as did primals from Plant B, displaying values of between 5.1–5.9 over the 37 days in storage. Finally, the pH values of VSP retail steaks continued to drop throughout storage, from 5.4 (Day 23) to 5.1–5.2 (Day 41) in Plant A and decreased from 5.5–5.7 (Day 39) to 5.0–5.1 (Day 66) in Plant B shown in Fig. 4.

The a∞ values remained stable during carcass chilling ranging from 0.98 to 0.99 within both plants. Similar values were achieved for both plants throughout primal and VSP meat storage, ranging from 0.97 to 0.99 (Fig. 5).

3.3. Organoleptic analysis

Instrumental colour characteristics such as lightness (L*), redness (a*), yellowness (b*), intensity (C*) and colourfulness (hue angle) were calculated for the VSP steaks during retail storage (Table 1 and Table 2). Within Plant A, there was a significant difference (P ≤ 0.05) on day 26 between carcass Treatment 1 and 2 for lightness (L*), and on day 32, Treatment 2 had a larger a* value and lower hue angle indicating the steaks did not have the same surface redness as the Control and Treatment 1 steaks. Steaks from Plant B showed more fluctuated values and significant differences throughout the storage period. The Control treatments appeared to be lighter than Treatment 3 and 4, but overnight steaks from the treated groups, especially Treatment 4 was significantly (P ≤ 0.05) lighter in colour. Also, initially Treatment 3 and 4 appeared to be redder (a*), and less yellow (b*) than steaks from the Control treatment. Eventually Control steaks appear redder and coincide with b* values at the later stages of storage. One of the major patterns within both plants was that the hue angles decreased over time indicating browning and discoloration had occurred in all treatment groups.

When beef quality was assessed by a trained sensory panel, steaks from each treatment group scored highly for tenderness and beef flavour within both plants, indicating that neither the different chill parameters or the alternative maturation times used in this study had a negative impact on these attributes. Steaks remained in the acceptable range for all panelist’s, shown in Tables 3-4. There was no correlation between the chill or aging treatments used in this study and the sensory attributes of the retail steaks.

4. Discussion

This study reports the microbiology of beef along the beef chain from...
Table 2

Mean measurements of CIE L* (lightness), a* (redness), b* (yellowness), Chroma (C) and Hue values recorded from vacuum skin packaged steaks from three different carcass chilling (Control (C), Treatment 3 (T3) and Treatment 4 (T4)) treatments in Plant B.

| Storage time (Days) | C | T3 | T4 |
|---------------------|---|----|----|
| 39°                 | 43.3±0.7 | 44.1±0.4 | 44.4±0.3 |
| 42                  | 37.9±0.5 | 40.6±0.9 | 37.9±0.3 |
| 45                  | 40.6±0.2 | 35.0±0.3 | 34.9±0.2 |
| 48                  | 8.6±0.1 | 9.2±0.2 | 9.3±0.0 |
| 51                  | 9.3±0.2 | 9.7±0.1 | 10.3±0.2 |
| 54                  | 8.9±1.0 | 10.2±0.2 | 10.2±0.1 |
| 57                  | 10.8±0.2 | 10.4±0.1 | 10.4±0.1 |
| 60                  | 8.6±0.1 | 9.4±0.4 | 8.6±0.2 |
| 63                  | 9.1±0.1 | 7.2±0.3 | 7.3±0.0 |
| 66                  | 8.6 ± 0.4 | 35.2 ± 0.9 | 35.0 ± 0.4 |

* The values represent the average counts ± standard error of the mean (SEM). Numbers that have different letters in the same column (A, B) indicate statistical significance (P < 0.05) between treatments within Plant B at each time point. Numbers in the same column that are not followed by letters indicate no significance found.

Table 3

Mean sensory analysis completed by a trained panel (n = 7) of vacuum skin packaged steaks from Plant A treatments (Control (C), Treatment 1 (T1) and Treatment 2 (T2)). The sensory properties investigated off-odours, tenderness, off-flavours and overall beef flavour.

| Storage time (Days) | C | T1 | T2 |
|---------------------|---|----|----|
| 23°                 | 1.0±1.0 | 1.0±1.0 | 1.0±1.0 |
| 26                  | 3.0±3.0 | 1.1±1.1 | 1.3±1.3 |
| 29                  | 0.0±0.0 | 0.1±0.1 | 0.2±0.2 |
| 32                  | 1.3±1.3 | 1.6±1.6 | 1.3±1.3 |
| 35                  | 0.2±0.2 | 0.2±0.2 | 0.3±0.3 |
| 38                  | 0.0±0.0 | 0.2±0.2 | 0.3±0.3 |
| 41                  | 0.2±0.2 | 0.2±0.2 | 0.3±0.3 |

* The values represent the average counts ± standard error of the mean (SEM). Numbers that have different letters in the same column (A, B) indicate statistical significance (P < 0.05) between treatments within Plant B at each time point. Numbers in the same column that are not followed by letters indicate no significance found.

Table 4

Mean sensory analysis completed by a trained panel (n = 8) of vacuum skin packaged steaks from Plant B treatments (Control (C), Treatment 3 (T3) and Treatment 4 (T4)). The sensory properties investigated off-odours, tenderness, off-flavours and overall beef flavour.

| Storage time (Days) | C | T3 | T4 |
|---------------------|---|----|----|
| 39°                 | 1.1±1.1 | 1.5±1.5 | 1.8±1.8 |
| 42                  | 1.1±1.1 | 1.5±1.5 | 1.4±1.4 |
| 45                  | 1.5±0.2 | 1.3±0.2 | 1.1±0.1 |
| 48                  | 6.4±0.3 | 7.0±0.3 | 7.5±0.2 |
| 51                  | 6.9±0.2 | 6.9±0.3 | 7.5±0.3 |
| 54                  | 6.3±0.3 | 6.4±0.4 | 7.0±0.3 |
| 57                  | 2.0±0.2 | 2.1±0.4 | 2.0±0.4 |
| 60                  | 6.6±0.3 | 6.9±0.4 | 6.8±0.4 |
| 63                  | 6.1±0.3 | 6.4±0.4 | 6.8±0.3 |
| 66                  | 6.5±0.4 | 6.1±0.4 | 6.5±0.3 |

* The values represent the average counts ± standard error of the mean (SEM). Numbers that have different letters in the same column (A, B) indicate statistical significance (P < 0.05) between treatments within Plant B at each time point. Numbers in the same column that are not followed by letters indicate no significance found.

carcass chilling and primal storage under commercial conditions to vacuum packaged steaks under simulated retail display. For this study, alternative carcass chill regimes (conventional or faster chill) and extended primal storage (2 weeks or 5 weeks) were compared for their microbiological, physicochemical and organoleptic properties. The pre- and post-chill TVC, TEC, LAB, Pseudomonas spp., and B. thermosphaeta counts obtained in this study were similar to those previously reported for Irish beef carcasses (Reid et al., 2017a; Murray et al., 2001), as were the fluctuations in counts during chilling (Lenahan et al., 2010). Faster chilling achieved significantly lower TVC counts (up to 1 log10 cfu/g), as was previously reported by Bowater (2001). However, this advantage was lost in the boning hall when the carcasses were cut into primalis. Interestingly, the bacterial counts obtained on the primalis were similar to those previously reported by Blix and Borch (2002) (Blix and Borch, 2002) and Reid et al., 2017 (Reid et al., 2017a). Moreover, bacterial
concentrations also increased in the cutting room when the primals were cut into retail steaks. This was not unexpected as previous studies have found that unclean cutting boards, cutting equipment and conveyor belts in boning and cutting rooms are a major source of bacterial contamination (McEvoy et al., 2004; Buncic et al., 2014). Both LAB and *Pseudomonas* counts increased in the vacuum packaged product (primals and steaks) while TEC and *B. thermosphacta* counts remained relatively low. LAB are psychrotrophic facultative anaerobes that grow readily in chilled vacuum packaged beef (Reid et al., 2017b). *Pseudomonas* spp. are also capable of growth at low temperatures and their growth in vacuum packaged beef was previously reported by Reid et al. (2017) (Reid et al., 2017a). In contrast Enterobacteriaceae do not grow in correctly chilled VP beef and rarely contribute to spoilage (Nychas et al., 1998), while *B. thermosphacta* are unable to compete against LAB in chill stored meat under anaerobic conditions (Russo et al., 2006; Sakala et al., 2002), which may explain the low levels of growth in VP steaks.

The pH values obtained for beef carcasses and primals were similar to those previously reported (Reid et al., 2017a). For carcasses, the mean pH was between 5.5–5.7, which was expected (Reis and Rosenwood, 2014). Interestingly, the pH values of the silverside primals (pH 5.1–5.9) were similar regardless of maturation period (2 or 5 weeks). The slight decrease in the pH of steaks was attributed to LAB growth as has been previously reported (Hanna et al., 1983). Water activity (a_w) influences microbial growth and the stability of the sensory attributes of food (Crowley et al., 2010; Lebert et al., 2005). The a_w values remained above 0.97 at all stages of the beef chain which is enough to support microbial growth and similar to values previously reported (Reid et al., 2017a; Kinsella et al., 2006).

Most consumers purchasing beef steaks are initially influenced by the colour (Killingler et al., 2004; Souza et al., 2011), with a preference for bright red rather than purple or brown beef (Carpenter et al., 2001). The colour changes observed in the steaks during retail storage as measured by L^* (lightness), a^* (redness), b^* (yellowness), Chroma (C) and Hue, were similar to those previously reported (Calle et al., 2016; King et al., 2012) which suggested that browning and discoulouration had occurred over time. Odour, flavour and tenderness are also important sensory properties. As expected the odour and flavour of our steaks remained acceptable throughout the trial although a trend towards increased scores was observed towards the end of the storage period. This was most likely due to the action of spoilage bacteria, which would have eventually resulted in increased off-flavours, odours, discoulouration, slime formation and ultimately the formation of CO₂ and distorted packs (Samelis et al., 2012) which suggested that browning and discoulouration had occurred over time. Odour, flavour and tenderness are also important sensory properties. As expected the odour and flavour of our steaks remained acceptable throughout the trial although a trend towards increased scores was observed towards the end of the storage period. This was most likely due to the action of spoilage bacteria, which would have eventually resulted in increased off-flavours, odours, discoulouration, slime formation and ultimately the formation of CO₂ and distorted packs (Samelis et al., 2000). Meat tenderness is influenced by the biochemical changes which occur, especially in the first 24 h post-mortem. Different carcass chilling methods may effect tenderness (15). The faster chilling regime of the carcasses (Treatment 4) was not sufficiently rapid enough to cause cold shortening. Moreover, while aging of beef improves tenderness (Johnston et al., 2001), 5 weeks primal storage instead of 2 has no impact on this important sensory parameter. Overall, there was no difference in the sensory properties (colour, odour, flavour and tenderness) of our steaks, regardless of chilling regime of the original carcasses or matura

5. Conclusion

Faster carcass chilling decreases microbial counts on the carcasses but this advantage is lost due to cross-contamination of the primals and steaks during subsequent processing. Thus improved hygiene is required in boning and cutting rooms. The sensory properties of the steaks were not adversely affected by faster chilling of the original carcasses or improved by aging the primals for 5 instead of 2 weeks. This finding may allow for faster throughput in beef plants and improved logistics, especially when consumer demand is unpredictable.

Author contributions

Siobhán McSharry: Investigation, Formal analysis, Writing – original draft, Writing - review & editing. Leonard Koolman: Project administration, Experimental design, Investigation, Formal analysis, Writing - original draft, Writing - review & editing. Paul Whyte: Methodology, Supervision, Writing - review & editing. Declan Bolton: Conceptualization, Funding acquisition, Experimental design, Methodology, Project administration, Supervision, Writing - review & editing.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Acknowledgements

This work was funded by Meat Technology Ireland, a Technology Centre co-funded by Enterprise Ireland and a consortium of beef and sheepmeat processors and the Teagasc Walsh Scholarship scheme. The authors thank Dr. Emily Crofton and Dr. Cristina Botinestean for over-seeing sensory analysis.

References

AMSA, 2012. Meat Color Measurement Guidelines. American Meat Science Association, pp. 1–109.

AMSA, 2016. Research guidelines for cookery, sensory evaluation, and instrumental tenderness Measurements of meat. Am. Meat Sci. Assoc. (1.02), 1–105.

Blixt, Y., Borch, E., 2002. Comparison of shelf life of vacuum-packed pork and beef. Meat Sci. 60 (4), 371–378. https://doi.org/10.1016/s0309-1740(01)00145-0.

Bowater, F.J., 2001. Rapid carcass chilling plants compared to conventional systems. Int. J. Refrig. 1–6.

Buncic, S., Nychas, G.J., Lee, M.R.F., Koutsoumanis, K., Bebraud, M., Desvaux, M., Chorianopoulos, N., Bolton, D., Blagovest, B., Antic, D., 2014. Microbial pathogen control in the beef chain: recent research advances. Meat Sci. 97 (3), 288–297. https://doi.org/10.1016/j.meatsci.2013.04.040.

Carpenter, C.E., Cornforth, D.P., Whittier, D., 2001. Survival of *Pseudomonas* and *B. thermosphacta* on beef carcass surfaces in a commercial abattoir. Meat Sci. 57 (4), 359–363. https://doi.org/10.1016/s0309-1740(00)00111-X.

Casaburi, A., Piombino, P., Nychas, G.J., Villani, F., Ercolini, D., 2015. Bacterial populations and the volatolome associated to meat spoilage. Food Microbiol. 45, 83–102. https://doi.org/10.1016/j.fm.2014.02.002.

Colle, M.J., Richard, R.P., Killinger, K.M., Blixt, Y., Borch, E., 2002. Comparison of shelf life of vacuum-packed pork and beef. Meat Sci. 60 (4), 371–378. https://doi.org/10.1016/s0309-1740(01)00145-0.

Crowley, K.M., Prendergast, D.M., Sheridan, J.J., McDowell, D.A., 2010. Survival of *Pseudomonas fluorescens* on beef carcass surfaces in a commercial abattoir. Meat Sci. 85 (3), 550–554. https://doi.org/10.1016/j.meatsci.2010.03.004.

EFSA, 2014. Scientific Opinion on the public health risks related to the maintenance of the cold chain during storage and transport of meat. Part 1 (meat of domestic ungulates). EFSA J. 12 (3), 3601, https://doi.org/10.2903/j.efsa.2013.3783.

EFSA, 2016. Growth of spoilage bacteria during storage and transport of meat. EFSA J. 14 (6), 1–38. https://doi.org/10.2903/j.efsa.2016.4523.

Gill, C.O., Newton, K.G., 1977. The development of aerobic spoilage flora on meat stored at chill temperatures. J. Appl. Bacteriol. 43 (2), 189–195. https://doi.org/10.1111/j.1365-2672.1977.tb0742z.x.

Gram, L., Ravn, L., Rasmussen, J.B., Christensen, A.B., 2002. Food spoilage—interactions between food spoilage bacteria. Int. J. Food Microbiol. 78 (1–2), 79–97. https://doi.org/10.1016/s0168-1605(02)00233-7.

Hanna, M.O., Savell, J.W., Smith, G.C., Purser, D.E., Gardner, F.A., Vanderzant, C., 1983. Effect of growth of individual meat bacteria on pH, color and odor of aseptically prepared vacuum-packaged round steaks. J. Food Protect. 46 (3), 216–221. https://doi.org/10.4315/0362-028X-46.3.216.

Hungaro, H.M., Caturia, M.Y.R., Horita, C.N., Furtado, M.M., Sant’Ana, A.S., 2016. Blown pack spoilage in vacuum-packaged meat: a review on clostridia as causative agents, sources, detection methods, contributing factors and mitigation strategies. Trends Food Sci. Technol. 52, 123–138. https://doi.org/10.1016/j.tifs.2016.04.010.

Johnston, D.J., Reverter, A., Robinson, D.L., Ferguson, D.M., 2001. Sources of variation in mechanical shear force measures of tenderness in beef from tropically adapted sheepmeat processors and the Teagasc Walsh Scholarship scheme. The work reported in this paper.
