Transmission sites for *Schistosoma haematobium* and *Schistosoma bovis* identified in localities within the Athi River basin of Kenya using a PCR-RFLP assay

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**Abstract**

Background: The epidemiology of human urinary schistosomiasis caused by *Schistosoma haematobium* can be complicated by the presence of ruminant schistosomiasis caused, primarily by *S. bovis*. The two schistosome species may be transmitted by the same Bulinus species, they may occur sympatrically in the same habitat, and their cercariae are very similar in morphology and therefore, difficult to tell them apart. Screening of snails collected from freshwater habitats for schistosome infections is often used to identify transmission sites or to evaluate success or failure of interventions. However, pin-pointing sites involved in *S. haematobium* transmission can be complicated by the presence of other mammalian schistosomes such as the bovine schistosome, which is a fairly common parasite. A PCR-RFLP method targeting a unique segment of the second internal transcribed spacer (ITS2) region of the ribosomal DNA (rDNA) in the schistosomes was used to identify mammalian schistosome cercariae shed by bulinid snails collected from endemic freshwater habitats located within Machakos county in south-eastern Kenya, with the aim to identify the transmission sites and assess the distribution each of the parasite species in the study area.

Results: A total of 5,034 bulinid snails were collected from 41 different sites and screened for schistosome infections, and out of these, 43 (<1%) were found to be shedding mammalian schistosome cercariae. On analysis using the Polymerase chain reaction- Restriction Fragment Length Polymorphisms (PCR-RFLP) assay, cercariae from 32 snails were identified as *S. haematobium* while cercariae from 11 snails turned out to be *S. bovis*. Only two sites out of 40 namely Kisukioni and Katiwa, were active transmission sites. Both sites were active transmission sites for both *S. haematobium* and *S. bovis*. The assay reliably identified and distinguished between *S. haematobium* and *S. bovis* cercariae, even when only a few cercariae (5–10) were present in the sample, or when the parasite DNA concentrations were as low as five picogrammes (5pg). The FTA\textsuperscript{®} paper offered a more reliable way of collecting, transporting and storing DNA material, and the samples.

Conclusion: The PCR-based assay can potentially be used to support schistosomiasis control efforts, in epidemiological studies of urinary schistosomiasis, or in transmission ecology studies of *S. haematobium* and *S. bovis*.

1. Introduction

Schistosomiasis (or bilharziasis) remains one of the most significant health burdens for people living in vulnerable parts of the world [1, 2, 3]. Schistosomiasis is a debilitating disease caused by blood flukes of the genus *Schistosoma*, and worldwide, over 207 million people are known to harbour schistosome parasites with over 90% of the case occurring in Sub-Saharan Africa [4]. In 2000, it was estimated that 70 million people had hematuria, 32 million had dysuria associated with *Schistosoma haematobium*, 18 million had major bladder wall pathology, 10 million people had *S. haematobium* related renal failure; and schistosomiasis related bladder cancer, resulting in an estimated mortality of 150 000 people per year in sub-Saharan Africa [5, 6]. Of the schistosome species related to *S. haematobium*, *Schistosoma bovis* is the most widespread, with reported distribution in the Middle East, the Mediterranean basin, and most parts of Africa. In Kenya, both human urinary schistosomiasis...
caused by *S. haematobium* and the ruminant schistosomiasis caused, primarily by *S. bovis*, are common. The two species share some fundamental life stage aspects in their biology namely, they can utilize the same *Bulinus* snail species as intermediate hosts, and in Kenya, both parasite species are transmitted by members of *Bulinus africanus* group (*B. africanus*, *B. globosus* and *B. nasutus*), may occur sympatrically, and their cercarial larval stages are very similar morphologically. As a result it may be difficult to determine which schistosome species is being transmitted in a particular habitat or locality, at any given time. Snail collection from freshwater habitats and screening them for schistosome infections is routinely used to identify potential transmission sites or to monitor success or failure of intervention measures [7]. Screening field-collected snails for the presence of cercariae is a simple way of determining risk of schistosomiasis transmission in a particular water body or locality. The presence of schistosome cercariae in a snail population present in a water body or locality would suggest risk of schistosomiasis transmission. However, knowing whether the cercariae shed are *S. haematobium* or *S. bovis*, and the proportion of snails shedding a particular cercariae species will help determine the level of the risk. This information will be valuable for control programs as control efforts targeting transmission sites can be more accurately directed to the most risky sites thus, help economize on scarce resources available for intervention.

We evaluated and further refined a previously described PCR-based assay that targets the amplification of the second internal transcribed spacer (ITS2) region of genomic DNA of the schistosomes, followed by restriction fragment length polymorphism (RFLP) analysis of the PCR products using Taq1 restriction enzyme, in the identification of mammalian schistosome cercariae shed by *Bulinus* snails collected from localities in the Machakos-Kitui county in south-eastern Kenya, within the Athi River Basin, an area known to be endemic for urinary schistosomiasis.

2. Materials and methods

2.1. Ethical approval and consent to participants

This study was approved by the Scientific and Ethics Review Unit (SERU), SSC NO. 2145, of the Kenya Medical Research Institute. Written consent were obtained from the parents/guardians of the school children who provided urines for isolating *S. haematobium* eggs for raising worms used as parasite reference materials. In addition, the children who agree to provide a urine sample assented to participate. All children found infected with *S. haematobium* were given a standard dose of praziquantel (40 mg/kg body weight) under the supervision of a qualified clinician, free of charge. Approvals were also obtained from the KEMRI Animal care and use committee (ACUC) for the use of laboratory animals.

2.2. Snail collection sites

Bulinid snails were collected from various freshwater habitats in the Machakos-Kitui area, within the Athi River Basin over a period of 12 months, between March 2012 to January 2013, and were screened for schistosomes by ‘shedding’ for mammalian schistosome These localities were selected for the present study because previous studies had indicated that *B. africanus* snails were common here and urinary schistosomiasis was being transmitted in some of the water bodies in the area.

Snail collection from habitats was done during morning hours, and each habitat was sampled for 30 min by 2 persons, each using a standard snail scoop, and the snails collected were counted and sorted out into species, and were then transported to the laboratory where they were screened for mammalian schistosomes. The snails were individually isolated into wells of a 24-well culture plate in 1ml of double distilled water, and exposed to artificial light to stimulate cercarial release from the snails. The schistosomae cercariae shed by the individual snails were then transferred individually, into a labeled 0.2 ml PCR reaction tube, under a dissecting microscope, using an elongated Pasteur pipette, and then preserved in 95% ethanol or the cercariae were blotted directly onto an FTA paper (Whatman Inc., Clifton, NJ) and stored at 4°C until the samples were used for DNA amplification.

2.3. Authentic parasite reference materials for the assay

Authentic adult *S. haematobium* and *S. bovis* were used as sources of reference DNA for the PCR-RFLP assay. *S. haematobium* adult worms were raised in laboratory hamsters exposed to cercariae released from laboratory-bred *Bulinus africanus* snails, which had previously been exposed to miracidia hatched from *S. haematobium* ova isolated from pooled urine samples collected from naturally infected school children from Ng'alalia area, Kangundo, in Machakos county. Consent was obtained from parents/guardians of the children who provided urine samples, and all the children who tested positive for urinary schistosomiasis were treated with a single dose of praziquantel (40 mg/kg) under the supervision of a qualified and competent clinician. The urine samples collected from the individual children between 10:00hr and 12:00hr were then screened for *S. haematobium* infection after filtration using the filtration technique described by Mott et al. [8], which involves use of Millipore filters (12-14 μm pore size). The filters were then examined under a microscope for parasite ova. The *S. haematobium* ova positive urine samples were pooled, transferred into a conical flask, and topped up with normal saline to slow down ova hatching. After the sample was allowed to settle down, the supernatant was decanted, and the flask filled with distilled water. The flask was then covered with a piece of black cloth and left to sit on the bench for 30-60 min to allow the ova to hatch into miracidia, and the phototropic miracidia to move up the water column to the water surface, where they were then collected with a pipette and transferred into a Petri dish. The miracidia were then used to expose lab bred *Bulinus africanus* snails, in which the cercariae for hamster infections developed. Approximately, 4 weeks after exposure of the snails to miracidia, the snails were screened using the ‘shedding’ method, for cercariae (the schistosome larval form that infects humans or other susceptible mammalian hosts). The hamsters were exposed to cercariae using the procedure described by Smithers and Terry [9].

Approximately 12 weeks after exposure of hamsters to *S. haematobium* cercariae, the hamsters were perfused for recovery of adult worms as described by Smithers and Terry, [9]. The worms recovered were washed in normal saline, and stored in 95% ethanol until DNA was extracted.

The adult *S. bovis* worms were recovered from the mesenteric veinsules of naturally infected cattle slaughtered at an abattoir located in the outskirts of the city of Nairobi using fine tipped forceps. The worms were transferred into normal saline, were rinsed, and then preserved in 95% ethanol until used for DNA extraction.

2.4. Primers

One set of internal transcribed spacer (ITS) region primers previously designed by Barber et al. [10] was used to amplify the ITS2 subunit (including most of the 5.8S gene and 40 bases of the 5’ of the 28S gene). The primer sequences are as follows: Forward, 5’- GCA TCG ATG AAG and Reverse 5’- TCC TCC GAT TAT TGA GC-3’.

2.5. DNA extraction, polymerase chain reaction and gel electrophoresis

Schistosome DNA was extracted using the HotShot method described by Truett et al. [11]. Briefly, an alkaline lysis reagent containing 25Mm NaOH, 0.2mm disodium ethylenediaminetetraacetic acid (EDTA) at a pH 12 was prepared by dissolving the salts in water without adjusting the pH. A neutralising reagent made up of 40Mm Tris–HCl at pH 5 was also prepared by dissolving Tris–HCl in water without adjusting the pH. Cercariae were also directly blotted on WHATMAN paper and stored at -4°C until used for DNA amplification.
volume of the alkaline lysis reagent was then added into each tube and the neutralizing reagent) of the reaction reagents were used.

For the unknown parasite samples (cercariae) or the parasite reference materials (the adult S. haematobium and S. bovis worms) previously preserved in 95% ethanol were soaked in distilled water for at least 1 h. Distilled water-soaked individual adult worms were thereafter each transferred into a 0.2 ml PCR tube using a fine pair of forceps. A 75μl volume of the alkaline lysis reagent was then added into each tube and the samples heated to 95 °C for 1 h with occasional vortexing every 15 min to break the worms. After 1 h of heating, the sample was cooled to 4 °C and 75 μl of the neutralising reagent added into each tube. Thirteen microlitre of the DNA extract was used in a PCR reaction in a C14 microcycler. The PCR products were separated on a 2% agarose gel using TAE buffer and 100bp DNA ladder (Promega, Madison, WI, USA), 2.5mM MgCl₂, 0.2 μM of each primer, 1 unit of Taq polymerase (Promega, Madison, WI, USA), and approximately 75 ng of schistosome genomic DNA. The thermal cycling profile included an initial denaturation step at 94 °C for 5 min, followed by 35 cycles of 45 s at 94 °C, 45 s at 58 °C, 30 s at 72 °C and a final step of 7 min at 72 °C using a GeneAmp 2400 (Applied Biosystems, Foster City, CA, USA) thermal cycler. The PCR products were separated on a 2% agarose gel using TAE buffer and 100bp DNA ladder (Promega, Madison, WI, USA), used to determine the product sizes.

2.6. Restriction fragment length polymorphism (RFLP) analysis of the ITS2 region

The ITS2 PCR products of the two schistosome species were used to set up restriction digest with each of the restriction enzyme Taq 1. Taq 1 has restriction site at 200 and 380bps for S. haematobium and 200 and 380bps for S. bovis.
3. Results

3.1. Snail species collected, schistosome infections, and parasite identification by PCR-RFLP analysis

A total of 6472 Bulinus species snails, representing species in the B. africanaus, B. tropicus and B. forskali were collected during the sampling period. Bulinus snails were identified by their shell morphological characteristics using standard keys [12, 13]. Of the bulinid snails collected, 43 (0.66%) shed mammalian schistosome cercariae. Thirty-two of these shed S. haematobium cercariae and eleven shed S. bovis bases on the PCR-RFLP assay. Table 1 shows the individuals collected for each snail species group, collection habitats, and the habitats from which mammalian schistosome cercariae were collected. Out of the 41 habitats sampled on a monthly basis over a period of 10 months, only two habitats (Kwa Katiwa and Kisukioni) seemed to be active transmission sites for Schistosoma cercaria. These particular habitats retained water throughout the study area as shown in Figure 2. Both S. haematobium and S. bovis had a distinct band at 240 bp.

When the control PCR products were subjected to digestion using the Taq 1 restriction enzymes, clear banding patterns were detected. The intensity of the resultant band (corresponding to DNA concentration) increased with an increase in the number of cercariae used as the starting material (Figure 4). The sensitivity of this assay was demonstrated by the fact that schistosome cercariae as few as 5 cercariae could yield a detectable product, it was possible to amplify DNA from 5 cercariae (Figure 4). The quality of DNA extracted using either the Whatman FTA paper or the Hotshot DNA extraction methods was consistent with the PCR-RFLP analysis. The largest number of snails was collected from the Kwa Katiwa habitat, with a peak abundance being during the period September–December 2012 (see Figure 2a). Sampling was however not done in April 2012 due to logistical reasons.

3.2. Comparison between WHATMAN FTA paper and Hotshot DNA extraction methods

The quality of DNA extracted using either the Whatman FTA paper or the Hotshot methods were comparable (Figure 3), and also, both methods yielded DNA that could easily be amplified.

3.3. Sensitivity of the PCR assay

When the control PCR products were subjected to digestion using the Taq 1 restriction enzymes, clear banding patterns were detected and it was possible to distinguish between S. haematobium and S. bovis DNA (see Figure 5). Both S. haematobium and S. bovis shared a band at 200bp. However, S. haematobium had a distinct band at 180 bp while S. bovis had a distinct band at 240 bp.

When cercariae obtained from field collected Bulinus sp. snails were subjected to the PCR-RFLP assay, we were able to reliably distinguish S. haematobium and S. bovis cercariae as illustrated in Figure 6. The results of this assay were confirmed from the egg morphology of the two species obtained from infected mice.

4. Discussion

In this study, the PCR-RFLP assay previously described by Barber et al., [10], was evaluated further for its reliability in the identification of S. haematobium and S. bovis cercariae. We have validated the usefulness of this assay for epidemiological studies of S. haematobium and S. bovis using samples collected from habitats in the Athi Basin in south-eastern Kenya. The FTA papers offered a more reliable way of collecting, transporting and storing DNA as they were convenient for transporting samples from the field and samples were safely stored at room temperature without loss of DNA quality. Taq 1 restriction enzyme used was able to reliably distinguish between the DNA of S. haematobium and that of S. bovis. This was also observed in the study by Barber et al., 2000. The sensitivity of this assay was demonstrated by the fact that schistosome DNA in the range of 5 fg or schistosome cercaria as few as 5 cercariae could be detected in the assay. S. haematobium was found to be the most widespread of the two species in the River Athi Basin although its occurrence has declined over time (REF). This we hypothesize is due to changes in climatic conditions that have led to reduction in the number of suitable habitats. Several methods have been developed for epidemiological studies of S. haematobium. For example, D Raleigh PCR, previously developed by Hamburger et al. [14] has been used in coastal Kenya. The D Raleigh, a repeated sequence, consisting of tandemly arranged 121-bp-long units is highly abundant in the S. haematobium genome and was found to be useful for large scale monitoring of S. haematobium transmission in an endemic locality in coastal Kenya. It was also found to be cheaper and sensitive with a detection limit of less than 10 fg of Schistosoma DNA [15, doi:10.1016/j.heliyon.2017.e01527].

Figure 1. Bar graph Shows monthly abundance of snails (Data from all study sites).

Figure 2. (a) Bar graph showing the abundance of schistosome cercaria collected from Kwa Katiwa in months May–Dec 2012. (b) The cumulative number of Schistosome cercaria collected from Kisukioni in months June –Dec 2012.

Figure 3. The results of the PCR-RFLP analysis. The largest number of snails was collected from the Kwa Katiwa habitat, with a peak abundance being during the period September–December 2012 (see Figure 2a). Sampling was however not done in April 2012 due to logistical reasons.
However, because the Dra I repeat can cross-hybridize with DNA from *S. bovis*, *S. magrebowiei*, *S. mattheei*, *S. curassoni*, and *S. intercalatum*, it cannot distinguish between the various species that are normally co-endemic with *S. haematobium*. To overcome this problem, Amarir et al. [18], combined Dral method with another molecular method known as the Sh110 SmSl which is specific for *S. haematobium*. This is a 525bp Sh 110 novel repeat sequence of *S. haematobium*. Although Dral PCR and Sh110 SmSl were highly sensitive and specific for *S. haematobium* detection, the cost of doing the assay remained high due to the fact that one had to do two sets of PCR for the amplification of the two target markers. Hence there is still need to develop novel primers that can differentiate human and animal schistosomes simultaneously so as to decrease the cost of the assays.

Recently, Abbasi et al. [19], developed a simple and more sensitive PCR assay that enables direct discrimination of *S. haematobium* from related animal schistosomes, by the primer combination of Dral reverse primer and Sh73 direct primer (73d). The sensitivity of *S. haematobium* detection was found to be 1 pg, whereas *S. bovis* detection was 10 pg. However, such assays still required further validation using larger numbers of field snails for large scale monitoring of post-intervention residual transmission.

A more promising, rapid, ‘multiplex’ one-step polymerase chain reaction (RD-PCR) method has also recently been developed by Webster et al., [20]. It utilizes cytochrome oxidase subunit 1 (COX1) mitochondrial DNA. This method is able to discriminate between *S. haematobium* and *S. bovis* using a single forward primer and two species-specific reverse primers. However, this method has not been validated for its field applicability and also due to the fact that it is mitochondrial based, it might require the use of nuclear diagnostic markers alongside for it to be used for epidemiological studies.

More recently, Akinwale et al. [21], have developed a new PCR assay using a pair of primers, ShND-1/ShND-2, to amplify a target sequence of 1117 bp from *S. haematobium* mitochondrial complete genome. The assay was found to be sensitive, specific and was able to successfully

Figure 2. (a) Shows the abundance of snails collected within the Katiwa study site by month for the 10 months that sampling was carried out. (b): Shows the abundance of snails and the infection status of Kisukioni sampling site. Kisukioni recorded the highest number of infected snails collected during the 10 months sampling period between March 2012 and January 2013.
differentiate *S. haematobium* from *S. magrebowiei*, in addition to its other closely related animal infective schistosome species. However, further validation of the assay for its field applicability is required for field studies since the authors only examined a few field-collected snails. A more promising technique that uses molecular xenomonitoring, DNA-based method that has previously been developed to monitor the transmission of several vector-borne diseases was recently developed by Pennance et al. 2020. However, the investigators identified two limiting factors to their assay namely; First, the laborious nature of testing each individual snail that adds time and cost. Second, the need for a secondary screening of the *Schistosoma amplicon*, via sequencing, to confirm species [22].

The PCR-based method we have evaluated for cercariae identification offers improved sensitivity and specificity and can potentially be used to support schistosomiasis control efforts, and may be suitable for use in epidemiological studies of urinary schistosomiasis or in studies on the transmission ecology of *S. haematobium* and *S. bovis*.

**Declarations**

**Author contribution statement**

Eric L. Agola: Conceived and designed the experiments; Performed the experiments; Analyzed and interpreted the data; Contributed reagents, materials, analysis tools or data; Wrote the paper.

Ibrahim N. Mwangi, Geoffrey M. Maina, Joseph M. Kinuthia, Martin W. Mutuku: Performed the experiments; Analyzed and interpreted the data; Wrote the paper.

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**Data availability statement**

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

**Competing interest statement**

The authors declare no conflict of interest.
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