Partial Anodontia with Ankyloglossia

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Abstract
Background: Developmental disturbances of tongue and teeth can adversely affect the development of the surrounding structures including the palate and alveolar process. These developmental disturbances impair functions such as mastication, speech, and swallowing. Partial anodontia (synonym: oligodontia) is a condition associated with missing 6 or more permanent teeth. Ankyloglossia or tongue tie is in which the tip of the tongue cannot be protruded beyond the lower incisor teeth. Case Report: We are presenting a rare case of male patient with partial anodontia and ankyloglossia. The patient was advised for prosthesis with respect to missing teeth and frenuloplasty to relieve tongue tie. Conclusion: This case report offers guidelines which can be used by an oral physician for diagnosis and treatment of a tongue restriction resulting from ankyloglossia and partial anodontia.

Keywords: Ankyloglossia, Anodontia, Incisor, Mastication, Prostheses and Implants, Tongue.

Introduction
Ankyloglossia is the restriction of tongue movement due to congenital abnormality in the lingual frenum. Ankyloglossia may be syndrome associated, but commonly it has a non-syndromic presentation with an incidence of up to 10%. Congenital absence of permanent teeth can present as hypodontia, usually missing 1 or 2 permanent teeth, or oligodontia/partial anodontia that is the congenital absence of more than 6 teeth. In our case report, the patient had seven missing permanent excluding the third molars.

Case Report
A 26 year old male patient presented with complains of sensitivity in the upper right back tooth since month and spacing between teeth since 10 years. This was the patient’s first dental visit. Family and medical history was non-contributory. On intra-oral examination patient was unable to place the tongue forward because of short lingual frenum [Fig.1]. The body of the tongue could form lateral movements but not the tip of the tongue. The lingual frenum was attached a little posterior to the tip of tongue and just below the ridge. Hard tissue examination revealed missing permanent teeth 13, 15, 17, 23, 27, 31, 41 [Fig.2,3]. cervical abrasion in relation to retained 55. Based on clinical examination a provisional diagnosis of partial anodontia with class III ankyloglossia was given. On orthopantomogram (OPG), there was missing 13, 15, 17, 23, 27, 31, 41 [Fig.4]. Based on these findings, the final diagnosis of partial anodontia with class III ankyloglossia was made. The patient was advised frenuloplasty to relieve tongue tie, restoration of 55, prosthesis in relation to 13, 17, 23, 27, 31, 41.

Discussion
Anodontia is a rare genetic disorder characterized by the congenital absence of all primary or permanent teeth. Anodontia is usually part of
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a syndrome and seldom occurs as an isolated entity. Congenital absence of permanent teeth can present as hypodontia usually missing one or two permanent teeth, or oligodontia/partial anodontia that is the congenital absence of more than six teeth. It may involve both the dentitions or sometimes only the permanent dentition are affected. The actual cause of this ailment remains a mystery as yet. However, it is suspected to be a genetic abnormality that springs from familial traits. Oligodontia can occur in association with various genetic syndromes, such as ectodermal dysplasia, incontinentia pigmenti, Down syndrome, Rieger syndrome, Wolf-Hirschhorn syndrome, Van der Woude syndrome, ectrodactyly-ectodermal dysplasia-clefting syndrome, Cleft lip palate, ectodermal dysplasia syndrome, oral facial digital syndrome type I, Witkop tooth-nail syndrome, Fried syndrome, hair-nail-skin-teeth dysplasias, Hirschhorn syndrome, hemi-facial microsomia and recessive incisor hypodontia. Treatment options are prosthetic replacement or implants with respect to the missing teeth.

Ankyloglossia or tongue-tie is the result of a short, tight, lingual frenulum causing difficulty in speech articulation due to limitation in tongue movement. Wallace defined tongue-tie as “a condition in which the tip of the tongue cannot be protruded beyond the lower incisor teeth because of a short frenulum linguæ, often containing scar tissue.” The prevalence of ankyloglossia reported in the literature varies from 0.1% to 10.7%. There is some evidence that ankyloglossia can be a genetically transmissible pathology [3]. It is unknown which genetic components regulate the phenotype and penetrance in the patients affected.

The possible sequelae of ankyloglossia remain controversial, and the range of suggested complications is great. Among the suggestions found in the literature are: lower incisor deformity; gingival recession; and malocclusions [5]. Ankyloglossia was also found associated in cases with some rare syndromes such as X-linked

Fig.1: Tongue tie.

Fig.2: Upper arch showing the missing teeth.

Fig.3: Lower arch showing the missing teeth.

Fig.4: OPG showing the missing teeth.
cleft palate syndrome, Kindler syndrome, van der Woude syndrome, and Opitz syndrome [2]. Nevertheless, most ankyloglossias are observed in persons without any other congenital anomalies or diseases. Speech problems can occur when there is limited mobility of the tongue due to ankyloglossia. Criteria for establishing the diagnosis of ankyloglossia ranges from simple (e.g., the tip of the tongue cannot be protruded beyond the lower incisor teeth) to more complex and cumbersome ratios of various lingual dimensions. The use of tongue protrusion and elevation measurements assists in the clinical assessment of ankyloglossia and provides an effective means for documenting preoperative and postoperative lingual mobility [6].

The ankyloglossia can be classified into 4 classes based on Kotlow's assessment [1] as shown in [Table 1]. Less than 3 mm, i.e. class III and IV tongue-tie category should be given special consideration because they severely restrict the tongue's movement. If there is no feeding difficulty in the infant, it would be best to have a wait-and-see approach since the frenulum naturally recedes during the process of an individual's growth between six months and six years of age. After completion of growth and also during infancy, if the individuals have a history of speech, feeding, or mechanical/social difficulties surgical intervention should be carried out. Therefore, surgery should be considered at any age depending on the patient's history of speech, feeding, or mechanical/social difficulties. Surgical techniques for the therapy of tongue-ties can be classified into three procedures. Frenotomy is a simple cutting of the frenulum. Frenectomy is defined as complete excision, i.e., removal of the whole frenulum. Frenuloplasty involves various methods to release the tongue-tie and correct the anatomic situation [4]. To best of our knowledge, only one case of partial anodontia with ankyloglossia has been reported in literature [7].

### Table 1: Kotlow's classification.

| Type                             | Movement of the tongue |
|----------------------------------|------------------------|
| Clinically acceptable, normal range of free tongue movement | Greater than 16 mm |
| Class I: Mild ankyloglossia      | 12 to 16 mm            |
| Class II: Moderate ankyloglossia | 8 to 11 mm             |
| Class III: Severe ankyloglossia  | 3 to 7 mm              |
| Class IV: Complete ankyloglossia | less than 3 mm         |

### Conclusion

For effective management proper clinical guidelines are mandatory. This case report offer guidelines which can be used by an oral physician for diagnosis and treatment of a tongue restriction resulting from ankyloglossia and partial anodontia.

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