The extraocular muscle stem cell niche is resistant to ageing and disease

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**INTRODUCTION**

Duchenne muscular dystrophy (DMD) is the most common X-linked recessive disease in humans, affecting 1 in 3500 males and causing premature death in the second decade of life following cardiac and pulmonary failure (Tabeordbar et al., 2013). Duchenne muscular dystrophy is due to mutations in the dystrophin gene, which encodes a structural protein linking the cytoskeleton of the myofiber to the surrounding basal lamina (Ervasti and Campbell, 1991; Chaturvedi et al., 2001). The absence of functional dystrophin leads to degeneration of the myofibers, which results in repeated rounds of degeneration and regeneration (Wallace and McNally, 2009). Despite the regenerative response, muscle tissue gradually becomes replaced by fibrotic and fat tissue followed by loss of muscle function (Wallace and McNally, 2009). Satellite cells are the principal myogenic progenitor population in skeletal muscle that give rise to new myofibers (Relaix and Zammit, 2012). Satellite cells actively proliferate during prenatal life and progressively enter a quiescent state after birth (Bismuth and Relaix, 2010). In the adult, satellite cells remain quiescent and can be identified based upon their location under the basal lamina of the myofibers as well as by the expression of Pax7 (Sambasivan and Tajbakhsh, 2007; Pallafacchina et al., 2010; Pannérec et al., 2013). While quiescent in the adult, satellite cells re-enter the cell cycle in response to injury to give rise to new myofibers as well as restore the satellite cell pool (Bismuth and Relaix, 2010; Yin et al., 2013). Muscle tissue also possesses multiple interstitial cell populations that regulate satellite cell function (Pannérec et al., 2012; Relaix and Zammit, 2012). The fibroadipogenic progenitors (FAPs) that reside in the interstitium are required for proper regeneration (Pannérec et al., 2012; Yin et al., 2013). Fibroadipogenic progenitors become activated in response to injury and promote satellite cell differentiation in vitro (Joe et al., 2010; Uezumi et al., 2010). However, when satellite cells are depleted or functionally impaired, FAPs differentiate into adipocytes and contribute to fibrosis (Joe et al., 2010; Uezumi et al., 2010, 2011). We reported previously that the cell stress-mediator gene, PW1/Peg3, is expressed in multiple progenitor populations in adult tissues, including skeletal muscle (Mitchell et al., 2010; Besson et al., 2011). In skeletal muscle...
PW1/Peg3 expression is observed in satellite cells and a subset of interstitial cells referred to as positive interstitial cells (PICs; Mitchell et al., 2010; Pannérec et al., 2013). We demonstrated that PICs include the entirety of the FAPs and that this subpopulation expresses follistatin (FST) and insulin-like growth factor-1 (IGF-1) that account, in part, for their promyogenic activity (Pannérec et al., 2013; Formicola et al., under review and see Mozzetta et al., 2013). The close proximity of the PICs to the satellite cells suggests that they act in part as progenitor niche cells (Mitchell et al., 2010; Formicola et al., under review). Taken together, both the satellite cells and a subset of interstitial cells are required for proper muscle regeneration and impairment of either cell type can lead to loss of muscle tissue and increased fat and fibrosis which is typical of mid-to late-stage degenerative muscle diseases (Serrano et al., 2011; Shadrach and Wagers, 2011; Tabebordbar et al., 2013; Yin et al., 2013).

All skeletal muscle tissue is composed of the same basic cellular components, however specific groups of muscles display either increased sensitivity or resistance to muscle diseases. While the limb and diaphragm muscles are severely affected in most muscle myopathies, the extraocular muscles (EOMs) do not undergo a significant loss of function and maintain their tissue integrity in many myopathies including DMD and amyotrophic lateral sclerosis, whereas they are selectively targeted by some myopathies that do not affect other skeletal muscles such as the ocular pharyngeal muscular dystrophy and myasthenia gravis (Kaminski et al., 1992; Khurana et al., 1995; Porter et al., 1995; Davies et al., 2006; Abu-Baker and Rouleau, 2007; Soltys et al., 2008). The EOMs consist of six muscles surrounding the ocular globe responsible for eye movements (Bohnsack et al., 2011). These muscles have a distinct embryological origin compared to other skeletal muscles of the body and display unique properties including the expression of a specific myosin heavy chain isoform (Porter et al., 1995, 2001, 2006; Porter, 2002). Moreover, EOM satellite cells show a different genetic requirement during embryonic development as well as postnatal differentiation (Sambasivan et al., 2009, 2011). Following engraftment into limb muscles, EOM satellite cells efficiently differentiate into myofibers and form myofibers that do not express EOM-specific myosin isoforms indicating that local niche-derived or nerve-specific signals are important in specifying muscle phenotype (Sambasivan et al., 2009). Several studies have described the presence of activated satellite cells in uninjured normal adult EOMs from different species (rabbit, mouse, monkey) (McLoon and Wirtschafter, 2002a,b, 2003; McLoon et al., 2004) as well as more satellite cells per myofiber as compared to limb muscles (McLoon et al., 2007), leading to the hypothesis that EOMs undergo continuous myonuclei addition providing a cellular basis for continued tissue remodeling throughout life. Other studies comparing adult EOMs and limb muscles revealed different transcriptomes and proteomes (Porter et al., 2001, 2003, 2006; Khanna et al., 2003, 2004; Pacheco-Pinedo et al., 2009; Lewis and Ohlendieck, 2010). Interestingly, members regulating the transforming growth factor beta (TGFβ) and IGF-1 signaling pathways are differentially expressed between EOMs and limb muscles suggesting that the EOM progenitor cells are exposed to a more promyogenic environment (Porter et al., 2003; Pacheco-Pinedo et al., 2009). We have shown previously that PW1/Peg3 is expressed by muscle niche cells (Besson et al., 2011; Pannérec et al., 2012, 2013) that express several of these promyogenic factors in limb muscles and that the niche has a profound influence on regenerative capacity (Mozzetta et al., 2013; Formicola et al., under review). Since the EOM is resistant to multiple myopathies, it is possible that the EOM niche differs substantially from other muscle groups.

In this study, we compared EOMs to limb muscles in normal adult and aged mice as well mdx mutant mice. While EOMs have the same number of satellite cells per fiber as compared to limb muscles, we note that the number of PICs is markedly higher. Limb muscle derived PICs secrete both IGF-1 and FST (Formicola et al., under review), and here we observed a higher level of these growth factors in EOMs. Furthermore, while both EOMs and limb muscles display a decline in satellite cell number with age, PICs are maintained in EOMs at a similar ratio with satellite cells at all ages whereas they are markedly decreased in limb muscles with age. Moreover, PICs are maintained at higher numbers in mdx limb muscles as compared to wild-type counterparts and these high numbers are comparable to the ones observed in wild-type EOMs. Taken together, these data reveal that the PIC population is uniquely regulated in EOMs and suggest that the maintenance of a high number of PICs provides a more promyogenic environment. This unique stem cell niche may contribute to EOM resistance to multiple muscle degenerative diseases and age-related functional decline through the maintenance of tissue plasticity throughout life.

METHODS

MICE

Animal models used were: 7 week-old and 18 month-old C57Bl6J mice, 7 week-old and 18 month-old C57Bl6J PW1IRESnLacZ transgenic reporter mice (PW1nLacZ) (Besson et al., 2011), 7 week-old C57Bl10 and mdx (Bulfield et al., 1984) mice. All work with mice was carried out in adherence to French government guidelines.

HISTOLOGICAL ANALYSES

Tibialis Anterior (TA) muscles were removed, mounted in tragacanth gum (Sigma Aldrich) and snap frozen in liquid nitrogen-cooled isopentane (Sigma Aldrich) as previously described (Mitchell et al., 2010). For EOM dissection, the skin of the head was removed to expose the eye. An incision of the basal part of the eyelids was performed and the globe was gently pulled out of the ocular cavity. A perpendicular cut in proximity of the skull inside the cavity was performed to release the globe with the EOMs attached in situ. Eyelids were removed from the globe, which was then mounted in tragacanth gum (Sigma Aldrich) and snap frozen in liquid nitrogen-cooled isopentane (Sigma Aldrich) as previously described (Mitchell et al., 2010). Muscles were cryosectioned (5–7 µm) before processing.

To stain nuclei and muscle fibers, cryosections were stained with hematoxilin and eosin (H&E) (Sigma Aldrich). For PW1nLacZ mice, cryosections were stained with Xgal as previously
reported (Besson et al., 2011) and Nuclear Fast Red solution (Sigma Aldrich) according to manufacturer’s instructions.

For immunofluorescence, EOMs and TA cryosections were fixed in 4% (w/v) paraformaldehyde and processed for immunostaining as described previously (Mitchell et al., 2010). Primary antibodies used were: PW1 (Relaix et al., 1996) (rabbit, 1:3000), Pax7 (mouse, Developmental Studies Hybridoma Bank, 1:10), MyoD (mouse, BD Biosciences, 1:100), Ki67 (mouse, BD Biosciences, 1:100), Ki67 (rabbit, Abcam, 1:100), PH3 (rabbit, Abcam, 1:100), laminin (rabbit, Sigma, 1:100). Antibody binding was revealed using species-specific secondary antibodies coupled to Alexa Fluor 488 (Life Technologies), Cy3 or Cy5 (Jackson Immunoresearch). Nuclei were counterstained with DAPI (Sigma Aldrich).

RNA EXTRACTION AND qPCR

Extraocular muscles from six different C57Bl6J mice were pooled into a single sample. Tibialis Anteriors from three different C57Bl6J mice were analyzed separately. RNA extracts were prepared using RNeasy Fibrous Midi Kit (Qiagen) according to manufacturer’s instructions, and reverse transcribed using the SuperScript First-Strand Synthesis System (Life Technologies). Quantitative polymerase chain reaction was performed using SYBR® green (Thermo Fisher Scientific) under the following conditions: 95°C for 5 min followed by 50 cycles of amplification (95°C for 15 s, 61°C for 15 s and 72°C for 20 s), then 95°C for 5 s followed by a final incubation at 65°C for 1 min. Each sample was analyzed in triplicate. Primers sequences used were: FST, FWD 5′-CCCCACCTGCATCCCTGTGAAA-3′ and REV 5′-TCCAGGTGATGTTGGAACAGTC-3′; 18S: FWD 5′-CCAGTCCCATCCAAAGGCTTCA-3′ and REV 5′-TATACGCTATTGGAGCTGGAA-3′ and REV 5′-CCAGTCCCATCCAAAGGCTTCA-3′ and REV 5′-TATACGCTATTGGAGCTGGAA-3′ and REV 5′-CCAGTCCCATCCAAAGGCTTCA-3′ and REV 5′-TATACGCTATTGGAGCTGGAA-3′ and REV 5′-CCAGTCCCATCCAAAGGCTTCA-3′ and REV 5′-TATACGCTATTGGAGCTGGAA-3′. Levels of FST, IGF-1 and MST expression were normalized using 18S gene expression.

STATISTICAL ANALYSIS

All statistics were performed using an unpaired Student’s t-test in the StatView software. Values represent the mean ± s.e.m. *p < 0.05, **p < 0.01 and ***p < 0.001.

RESULTS

EOM STEM CELL NICHE IS CONSERVED THROUGHOUT POSTNATAL LIFE

It has been reported previously that PW1/Peg3 RNA levels are higher in normal EOMs as compared to limb muscles (Porter et al., 2003), suggesting either an increase of PW1 gene expression or an increase of the total number of PW1-expressing cells in EOMs. We therefore analyzed the EOM and limb muscle progenitor cell niche and compared our results with those obtained previously for limb muscles during postnatal stages (Mitchell et al., 2010; Pannérec et al., 2013). We have shown previously that in limb muscles PICs and satellite cells undergo a progressive decline within the first 3 weeks after birth, however these two cell types maintain a 1:1 ratio in homeostatic conditions in young and adult mice (Mitchell et al., 2010; Formicola et al., under review). We analyzed 7 week-old wild-type EOMs and TA muscles and found a 2-fold higher number of PICs in EOMs as compared to TA, whereas the number of satellite cells per muscle fiber was the same in the two sets of muscles (Figures 1A,B). This higher number of PICs per muscle fiber results in a PICs/satellite cells ratio of 2:1 in EOMs as compared to 1:1 found in the TA (Figure 1B; Mitchell et al., 2010; Formicola et al., under review). We (Mozzetta et al., 2013; Formicola et al., under review) described recently that PICs express promyogenic factors, such as FST and IGF-1, which are able to counteract the antimyogenic effect exerted by MST and other TGFβ superfamily members, including activins (Amthor et al., 2004; Latres et al., 2005; Lee et al., 2010). We wondered whether the larger PIC population observed in EOMs could provide a higher level of promyogenic factors in the EOM. Our analyses of whole EOM extracts revealed that the EOMs display levels of expression of Fst and Igf-1 that are respectively 11 and 2 folds higher as compared to the TA, whereas differences in Mst levels are less pronounced (1.5 fold higher level of expression in EOMs as compared to TA; Figure 1C). Using PW1Laz reporter mouse (Besson et al., 2011) we then compared EOMs and TA from 7 week-old and 18 month-old mice. We noted that while TA shows a marked decrease in PW1-expressing cells with age, in EOMs the amount of PW1-expressing cells was less affected (Figure 1D). A more detailed analysis revealed that although both muscle groups show a decrease in PICs and satellite cell number with age, PICs/satellite cells ratio remains unchanged in aged EOMs as compared to young EOMs (Figure 1E). Specifically, PICs from limb muscles undergo a marked decline as compared to satellite cells, as aged TA exhibits a 0.3:1 ratio between PICs and satellite cells (Figure 1E), supporting the notion that factors regulating progenitor cells within the niche are different in EOMs as compared to limb muscles. In addition, we noted a rare population of interstitial cells that expressed Pax7 in 7 week-old EOMs, completely or partially surrounded by the basal lamina (Figure 1F), whereas we did not observe any Pax7pos interstitial cell in age-matched TA (Figures 1F,G), suggesting that a subpopulation of satellite-like cells has a different anatomical location in EOMs as compared to limb muscles. Moreover, we noted that half of the Pax7pos interstitial cells observed in adult EOMs co-express PW1 (Figure 1G), raising the possibility that a subset of PICs is committed to the myogenic lineage. We note that Pax7pos interstitial cells can also be detected in aged limb muscles as well as aged EOMs (Figure 1G). A previous report showed that a subset of aged limb muscle satellite cells is more prone to exit quiescence due to high homeostatic FGF-2 expression (Chakkalakal et al., 2012). Interestingly, FGF-2 levels have been reported to be elevated in human EOMs as compared to limb muscles (Fischer et al., 2005). Whether these Pax7pos interstitial cells are a subpopulation of FGF-2-responsive PICs that enter the myogenic lineage through expression of Pax7 or they are a subset of satellite cells responding to FGF-2 with a different anatomical location is an issue that remains to be resolved.

In order to know if these differences in EOMs are related to a different activation status of progenitor cells in EOMs as compared to TA, we checked for cell cycle markers (as Ki67 and PH3) as well as myogenic activation marker MyoD. We failed to detect expression of Ki67 and PH3 as well as MyoD in PICs or satellite cells from EOMs showing that PICs and satellite cells are not...
Figure 1 | Wild-type EOM stem cell niche is intrinsically different from limb muscles. (A) Cross-sections of 7-week old EOMs (upper panels) and TA (lower panels) from C57Bl6 mice stained for PW1 (green) and the satellite cell marker Pax7 (red). Laminin staining (orange) shows the basal lamina. Nuclei were counterstained by DAPI (blue). Arrows indicate PICs, arrowheads indicate satellite cells. Scale bar, 50 µm. (B) Number of satellite cells and PICs per 100 fibers in 7-week old EOMs and TA cross-sections as stained in (A) revealed a greater amount of PICs but not satellite cells in EOMs compared to TA. (C) Fold change of FST, IGF-1 and myostatin expression levels from qPCR analysis on total RNA extracts from EOMs and TA from 7 week-old wild-type mice revealed an strong increase in FST expression in EOMs. For TA muscles, (Continued)
activated in EOMs (data not shown) and consistent with observations in TA and other skeletal muscles (Pallafachina et al., 2010) but in contrast with previous reports in EOMs (McLoon and Wirtschafter, 2002a,b, 2003; McLoon et al., 2004). This likely reflects the different animal species and ages considered (rabbits, mice, rats) as well as the different techniques used to reveal satellite cell activation and proliferation (i.e., single myofiber reconstruction vs. histological analysis of transversal sections) (McLoon and Wirtschafter, 2002a,b; McLoon et al., 2004). Moreover, in those previous reports, no direct co-labeling of MyoD with satellite cell markers was performed and cell proliferation status was assessed through BrdU incorporation (McLoon and Wirtschafter, 2002a,b; McLoon et al., 2004). Nonetheless, the presence of both MyoD<sup>pos</sup> cells and BrdU-labeled cells were rare events (McLoon and Wirtschafter, 2002a,b; McLoon et al., 2004). We noted that PW1<sup>pos</sup>Pax7<sup>pos</sup> interstitial cells decline with age in EOMs, however we still detected PW1<sup>neg</sup>Pax7<sup>pos</sup> interstitial cells (Figure 1G). The role and biological significance of these two subsets of the Pax7<sup>pos</sup> interstitial cell population based on PW1 expression remains to be determined. Taken together, our observations strongly support the notion that the EOM stem cell niche composition is intrinsically different from that seen in limb muscles.

**Mdx MICE DISPLAY AN UNALTERED EOM STEM CELL NICHE**

*Mdx* skeletal muscles undergo continuous cycles of degeneration and regeneration due to a defect in the dystrophin gene, making it a valuable model for the study of DMD (Burghes et al., 1987; Partridge, 2013; Tabebordbar et al., 2013). While the mice and humans vary in the degree of disease severity, both share the feature that the EOMs are not affected (Kaminski et al., 1992; Porter et al., 1995, 2003). We analyzed the EOM and TA stem cell niches in 7 week-old wild-type and *mdx* mice. EOM cross-sections from *mdx* mice did not display histological signs of ongoing regeneration and looked as their wild-type counterparts, whereas TA cross-sections showed widespread regions with centrally nucleated fibers, as previously reported (Wallace and McNally, 2009; Figures 2A,B). We observed a single and highly restricted region containing a few centrally nucleated fibers in one EOM in only one out of three mice examined. Furthermore, we observed an increase in the number of interstitial cells in *mdx* TA as compared to wild-type TA, but no changes in EOMs (Figure 2C), confirming that *mdx* EOMs were unperturbed. Both satellite cells and PICs were increased in *mdx* TA as compared to its wild-type counterpart (Figures 2D,E), whereas *mdx* EOMs displayed an unchanged content of PICs and satellite cells as compared to wild-type (Figures 2D,E). Taken together, these data support the hypothesis that EOM stem cell niche is unperturbed in *mdx* as compared to wild-type. Interestingly, the number of PICs in *mdx* TA is comparable to wild-type EOMs (Figure 2E). Based on previous observations strongly indicating a role of PICs/FAPs as support niche cells, our data suggest that mechanisms normally occurring during muscle regeneration to promote progenitor cell survival, activation and differentiation, are intrinsic to the EOM stem cell niche.

**DISCUSSION**

Duchenne muscular dystrophy is the most common form of muscular dystrophy in humans affecting boys, leading to a loss of skeletal muscle mass and function and premature death following heart and respiratory failure (Wallace and McNally, 2009; Shadrach and Wagers, 2011; Tabebordbar et al., 2013). In late-stage DMD, muscle fibers are replaced by fibrotic and fat tissue, due to a massive deregulation of signaling pathways within the muscle tissue and a promotion of fibrosis (Wallace and McNally, 2009; Serrano et al., 2011; Tabebordbar et al., 2013). Several observations indicate that FAPs are the main source of fibrotic extracellular matrix deposition and adipocytes in this context (Joe et al., 2010; Uezumi et al., 2010, 2011; Pannérec et al., 2013). Nonetheless, FAPs are important regulators of the muscle regeneration process (Joe et al., 2010; Uezumi et al., 2010), suggesting a dual role for these cells in governing muscle homeostasis as well as the importance of the microenvironment in directing their behavior. The observations that human as well as mouse EOMs are resistant to several dystrophies including DMD as compared to other sets of skeletal muscles of the body (Porter et al., 1995; Porter, 2002) suggest that muscle-type specific endogenous mechanisms operate in the stem cell niche leading to a more efficient regenerative response or protection against fiber atrophy or degeneration. We recently proposed that PICs, which include the FAP population, act as support niche cells for satellite cells in postnatal skeletal muscle by secreting promyogenic factors (Pannérec et al., 2013; Formicola et al., under review). Our data confirm previous observations showing that the EOM stem cell niche is intrinsically different as compared to limb muscles (Porter et al., 2001, 2003; Porter, 2002; Khanna et al., 2003). Adult EOMs display a larger PIC population and an increased expression of the promyogenic factors FST and IGF-1, in contrast to limb muscles where PICs and satellite cells are in equal amounts (1:1) during postnatal growth and adulthood (Mitchell et al., 2010; Formicola et al., under review). Interestingly, despite a decline in both PICs and satellite cells in aged muscle, the ratio between these two progenitor cell types is tightly conserved in EOMs whereas the PIC compartment undergoes a marked decline...
FIGURE 2 | Extraocular muscles from *mdx* and wild-type mice exhibit a similar muscle stem cell niche. (A) Cross-sections of 7-week-old TA (upper panels) and EOMs (lower panels) from *mdx* and age-matched wild-type mice stained with hematoxylin and eosin showed large regenerating areas in TA but not EOMs from *mdx* mice. (B,C) Number of centrally nucleated fibers (B) and interstitial nuclei (C) per 100 fibers indicated the presence of an ongoing regeneration process in *mdx* TA but not EOMs. (D,E) Number of satellite cells per 100 sublaminal nuclei (D) and PICs per 100 interstitial nuclei (E) revealed an activation of both progenitor cell types in TA but not EOMs from *mdx* mice, as compared to their wild-type counterparts. Positive interstitial cells were determined as interstitial PW1⁺Pax7⁻ cells, satellite cells were determined as Pax7⁺ cells underneath the basal lamina. For all graphs, values represent the mean number ± s.e.m. Statistical significance was calculated from at least three animals per each condition. *p < 0.05 **p < 0.01 ***p < 0.001.

with age in limb muscles. We propose that the EOM provides a more promyogenic environment as compared to limb muscle that is more resistant to diseases throughout life. We note that a recent study described the presence of fibroadipogenic Sca1⁺ progenitor cells in the periorcular connective tissue that have a Myf5⁺Pax3⁺ origin (Stuelsatz et al., 2014b). While we previously demonstrated that limb-isolated PICs are not derived from Pax3⁺ progenitor cells (Mitchell et al., 2010), a possible different developmental origin of EOM PICs should not be discarded and could account for the different features exhibited by the muscle stem cell niche in normal as well as *mdx* aged EOMs as compared to the limb muscles. Moreover, our observations of aged muscles are in contrast with hypotheses that an increase in FAP number in aged muscles accounts for an increase in fibrosis during sarcopenia (Shadrach and Wagers, 2011; García-Prat et al., 2013) and strongly support the idea that the balance of interactions between the niche components is the major determinant of muscle homeostasis rather than single cell population levels. Indeed, we found that EOM stem cell niche from *mdx* mice do not display any particular difference as compared to wild-type mice and *mdx* EOMs are not affected by the disease. It is interesting to note that the regeneration process in *mdx* limb muscles induces an increase of satellite cells and PICs up to a level comparable to the one observed in wild-type EOMs. A previous report has described increased *Fst* and *Mst* gene expression levels in limb muscles from young *mdx* mice as compared to wild-type counterparts (Abe et al., 2009) and we observed in this study a similar trend in wild-type EOMs as compared to wild-type
limb muscles. We described recently that satellite cells secrete MST whereas PICs secrete FST (Mozzetta et al., 2013; Formicola et al., under review). The observations and data presented in this study support the hypothesis that changes in the stem cell niche composition and their signaling during muscle regeneration are intrinsic properties of EOMs at the steady state. Indeed, another study (Porter et al., 2003) showed that wild-type EOMs and mdx limb muscles highly express specific genes involved in muscle regeneration and fibrosis, such as interleukin-10 receptor beta (IL10Rβ), connective tissue growth factor (Ctgf), follistatin-like 1 (Fstl-1) and TGFβ-induced protein (TGFβi; Porter et al., 2003; Serrano et al., 2011; Deng et al., 2012). Interestingly, data from our previously published microarray comparing PICs and satellite cells reveal that these genes are upregulated in PICs (Pannérè et al., 2013). Moreover, a recent study revealed that satellite cells isolated from mdx EOMs as well as normal adult and aged EOMs exhibit a robust growth and self-renewal capacity in vitro and high engraftment performance as compared to their limb and diaphragm counterparts (Stuelsatz et al., 2014a). We propose that the EOMs are spared in degenerative diseases because they have a high number of PICs. This increase provides an environment rich in promyogenic and hypertrophic factors, which protect both the fibers and the satellite cells, preventing the loss of regenerative capacity observed in late stages of muscular dystrophies.

AUTHORS’ CONTRIBUTIONS
Luigi Formicola performed experiments. All authors designed experiments, analyzed and interpreted data and prepared the manuscript.

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