High-entropy induced a glass-to-glass transition in a metallic glass

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Glass-to-glass transitions are useful for us to understand the glass nature, but it remains difficult to tune the metallic glass into significantly different glass states. Here, we have demonstrated that the high-entropy can enhance the degree of disorder in an equiatomic high-entropy metallic glass NbNiZrTiCo and elevate it to a high-energy glass state. An unusual glass-to-glass phase transition is discovered during heating with an enormous heat release even larger than that of the following crystallization at higher temperatures. Dramatic atomic rearrangement with a short- and medium-range ordering is revealed by in-situ synchrotron X-ray diffraction analyses. This glass-to-glass transition leads to a significant improvement in the modulus, hardness, and thermal stability, all of which could promote their applications. Based on the proposed high-entropy effect, two high-entropy metallic glasses are developed and they show similar glass-to-glass transitions. These findings uncover a high-entropy effect in metallic glasses and create a pathway for tuning the glass states and properties.
Among the material world, metallic glasses (MGs) constitute an attractive and unusual class of advanced materials for fundamental studies and structural applications. Their amorphous structure without a long-range periodicity renders MGs with very unique and excellent properties\(^1\)–\(^4\) and tunable glass states\(^5\)–\(^7\) with different atomic structures and energies. The exothermic signal detected by calorimetry provides the most straightforward method to characterize the energy states of glasses\(^8\), which is closely related to their structures and properties\(^9\)–\(^10\). However, typical structural relaxation in MGs only involves limited local atom position adjustment with small heat release before the crystallization\(^11\)–\(^12\).

Compared with the local structural relaxation mediated transitions of different glass states, glass-to-glass phase transitions of MGs could tune the glass states and energies more significantly, but they are rarely observed. An extremely high pressure has been reported as a possible method to introduce the phase transition in some MGs, but the high-pressure-state MGs cannot be maintained at an ambient pressure for further characterization\(^13\)–\(^14\), and they are also limited to particular compositions with elements prone to pressure-induced electronic transitions. Recent literature reported that the reentrant glass transition and the hidden amorphous phase existed in ternary Pd-Ni-P alloys\(^15\),\(^16\). The presence of anomalous exothermic peaks (AEPs) in their supercooled liquid regions was attributed to the change of atomic structure, while the detailed thermodynamic mechanism and structural change remain to be discovered. To gain an in-depth understanding and harness the glass-to-glass transition, it is highly desirable to discover a pathway to access distinct MGs through glass-to-glass transitions with a significant structural change and property improvement.

Besides enthalpy, entropy, a fundamental thermodynamic parameter and the measurement of disorder, is also proposed to play an important role in the glass formation by affecting the atomic packing\(^17\). However, the entropy is seldom introduced as an effective tool to control the glass states in practice\(^18\). The main reasons are the relatively small contribution of entropy to the energy and the difficulty in harnessing it in conventional MGs. This might be overcome by the emergence of high-entropy alloys (HEAs) with equal or near-equal mole fractions of five or more constituent elements in alloy compositions\(^19\). With a continuously increasing research interest in HEAs\(^20\),\(^21\), the concept of the high-entropy has quickly spread into diverse material systems\(^22\),\(^23\). The high-entropy metallic glasses (HEMGs), with amorphous structures and HEA-like compositions, not only expand the composition space for searching MGs, but also have already shown unique properties, such as high crystallization resistance and excellent mechanical properties\(^24\)–\(^30\). However, the effect of high-entropy on the glass structures and glass-to-glass transition remains to be resolved.

In this work, we have demonstrated that the high-entropy can effectively enhance the degree of the disorder in an equiatomic NbNiZrTiCo HEMG and enables the formation of a very high-energy glass state. This high-energy glass can transform into a stable low-energy glass via a glass-to-glass transition with an enormous exotherm even larger than that of its crystallization.

### Results

**The glass-to-glass transition and the glass structures of the HEMG.** Figure 1a displays the obtained differential scanning calorimetry (DSC) scan curve of the as-prepared NbNiZrTiCo alloy, which has an amorphous structure as evidenced by the X-ray diffraction (XRD) (the As-prep. curve in Fig. 1c). Three exothermic peaks are observed at 781, 911, and 1016 K in the DSC curve with released heats of 1.65, 1.27, and 1.59 kJ mol\(^{-1}\), respectively. No obvious glass transition temperature \((T_g)\) is observed in the conventional DSC curve of the as-prepared sample. The \(T_g\) of the as-prepared sample can be observed before the first exothermic peak with heating rates higher than 1000 K s\(^{-1}\) by Flash DSC (Supplementary Note 1 and Supplementary Fig. 7). DSC analyses with multiple heating rates are also performed (10, 20, 30, 40, and 50 K min\(^{-1}\), including the heating rate for the in-situ diffraction experiments shown later), and the activation energies corresponding to the three exothermic peaks are obtained to be 281, 384, and 249 kJ mol\(^{-1}\), respectively (Supplementary Note 2 and Supplementary Fig. 8). To investigate the structural evolution of the HEMG underlying each exothermic peak, the as-prepared HEMG is heated to the temperatures just above each exothermic peak \((T_A: 855 K, T_B: 963 K, and T_C: 1076 K)\), respectively, as shown in Fig. 1a), and then cooled down to room temperature for further characterization. Surprisingly, the sample heated to \(T_A\) (denoted as heat-treated sample hereinafter) remains amorphous (see the corresponding XRD pattern denoted as \(T_A\) in Fig. 1c). A hexagonal close-packed (HCP) structure is formed after heated to \(T_B\) \((T_B\) curve in Fig. 1c), while a dual-phase structure of compositional disordered body-centered cubic (BCC) and ordered BCC (B2) is obtained after heated to \(T_C\) \((T_C\) curve in Fig. 1c). It should be noted that some weak diffraction peaks (marked with \(x\)) on the spectra of the samples heated to \(T_B\) and \(T_C\) cannot be well identified due to their low intensities and the limited number of peaks. They are considered not significant enough because the current work is mainly focused on the glass-to-glass transition below \(T_A\).

Based on the above experimental results, it can be concluded that the exothermic reaction corresponding to the first exothermic peak on the DSC curve does not lead to the crystallization, although its heat release is even larger than that of the following crystallization. Since both the as-prepared sample and heat-treated sample are glasses \((T_A\) in Supplementary Note 1 and Fig. 1b), it is indicated that the as-prepared sample experiences a glass-to-glass transition from a high-energy state to a low-energy state with a large energy reduction. The second exothermic peak corresponds to crystallization, and the third exothermic peak corresponds to a crystalline-to-crystalline transition.

To further investigate the structural differences associated with the transition, the synchrotron X-ray diffraction is applied on the as-prepared and heat-treated samples at room temperature. The as-prepared sample shows a typical reduced pair-distribution function \(G(r)\) (As-prepared curve in Fig. 1d), and a total structure function \(S(Q)\) (as-prepared curve in Fig. 1e) of MGs with no sharp Bragg diffraction pattern. The amorphous structure is also confirmed by the high-resolution transmission electron microscopy (HRTEM) and selected area electron diffraction (SAED) results (Fig. 1f, more images in Supplementary Note 3 and Supplementary Figs. 9, 10, 11, 12), which show a uniform amorphous structure and a typical diffraction pattern of MGs without nanocrystals. Figure 1g shows the high-angle annular dark-field (HAADF) image acquired in the scanning transmission electron microscopy (STEM) mode for the as-prepared sample. The HAADF image is sensitive to the atomic number of the constituent elements of the sample, and the acquired image shows no clear contrast, indicating that the element distribution is homogeneous at the nanometer scale.

As for the heat-treated sample, Fig. 1b shows its DSC curve where only the latter two exothermic peaks can be observed. The first exothermic peak noticed in the as-prepared sample disappears while a clear glass transition signal can be observed with a glass transition temperature \((T_g)\) at \(~764 K\), which indicates that the glass-to-glass transition corresponding to the first exothermic peak is completed and irreversible. Synchrotron X-ray diffraction results show that the heat-treated sample
Fig. 1 Specific heat (ΔC_p), X-ray diffraction, synchrotron X-ray diffraction, HRTEM, SAED, and HAADF analyses of the as-prepared and heat-treated NbNiZrTiCo HEMGs. a DSC curve of the as-prepared sample. The structures of the alloy are denoted and the anomalous exothermic peak (filled in green) shows heat release comparable to that of crystallization. During heating, the HEMG undergoes phase transitions from a high-energy glass state to a low-energy glass state and further to a crystallized state (red arrow). b DSC curve of the heat-treated sample. The first exothermic peak in the as-prepared sample disappears. To highlight the phase transitions, the curve of the crystallized HEMG (samples heated to 1173 K) was subtracted in a and b. c XRD results of the as-prepared and heat-treated samples. The T_A, T_B, and T_C denote the heat treatment temperatures. As-prep.: As-prepared sample. d Synchrotron X-ray diffraction results of the as-prepared and heat-treated samples in real space measured at room temperature. e Synchrotron X-ray diffraction results of the as-prepared and heat-treated samples in Q-space measured at room temperature. Inset: enlarged first diffraction peak in the dotted box. f HRTEM (scale bar: 5 nm) and SAED (inset, scale bar: 5 nm) result of the as-prepared sample. g HAADF (scale bar: 20 nm) result of the as-prepared sample. h–i Same as f–g but for the heat-treated sample. The results show the heat-treated sample remains amorphous with different glass structure and no crystallization or detectable compositional inhomogeneity. Additional HRTEM results are in Supplementary Note 3.

possesses an amorphous structure, but its G(r) (heat-treated curve in Fig. 1d) at room temperature is quite different from that of the as-prepared sample. Specifically, the intensity maximum moves from the left side (as-prepared curve in Fig. 1d) to the right side (heat-treated curve in Fig. 1d) of the first peak in G(r). Moreover, a clearer peak splitting is noticed in the second G(r) peak of the HEMG after heat treatment. These changes observed in G(r) suggest a significant short- and medium-range structural change, which is quite different from that of the typical structural relaxation31–37. As for the S(Q) (Fig. 1e), slight peak position shifting and sharpening of the first peak can be observed with a clearer splitting in the second peak, which reflects a structural ordering of the short- and medium-range structures as well38–41. Synchrotron small-angle X-ray scattering (SAXS) experiments are further performed and confirm the amorphous structure (Supplementary Note 4 and Supplementary Fig. 13). The HRTEM and SAED results (Fig. 1h) further confirm the heat-treated sample remains amorphous with no crystalline phase, which is confirmed by additional HRTEM analyses (Supplementary Note 3), while the HAADF image (Fig. 1i) shows slight contrast. During isothermal annealing experiments, the amorphous structure of the heat-treated sample remains stable after annealed at T_g – 5 K (759 K) for 2 h and even at T_g + 30 K (794 K) for 2 or 10 h (Supplementary Note 5 and Supplementary Fig. 14), respectively, which demonstrates the excellent thermal stability of the low-energy MG. Based on these results, an irreversible glass-to-glass transition from a high-energy HEMG (the as-prepared sample) to a low-energy HEMG (the heat-treated sample) is discovered, which is accompanied by an enormous heat release and a significant short- and medium-range structural change.

Atom probe tomography (APT) analyses. Figure 2a, b display the APT results of the as-prepared and heat-treated samples, respectively. Both samples show uniform element distribution within a sub-nanometer scale. Besides, the APT results show a low oxygen content (<0.4 at.%) in the samples, which could be introduced during the sample preparation process or from the chamber of the APT tests. Together with the HAADF results, it is suggested that no compositional inhomogeneity is detected in either nanometer or sub-nanometer scales before or after the
glass-to-glass transition, excluding the possibility of spinodal decomposition. These results are further confirmed by additional APT measurements and quantitative analyses (Supplementary Note 6, Supplementary Figs. 15, 16, Supplementary Table 2). However, the detailed structural change cannot be detected due to the limited spatial resolution of the APT.

**In-situ high-temperature synchrotron X-ray diffraction.** In-situ synchrotron X-ray diffraction is applied to reveal the structure evolution of the HEMG through the glass-to-glass transition during heating. Figure 3a shows the evolution of the $S(Q)$ of the sample during continuous heating with a heating rate of 30 K min$^{-1}$ from room temperature (305 K) to 803 K, which is close to the upper-temperature limit of the heating furnace and above the onset temperature of the first exothermic peak (denoted as $T_{\text{start}}$ at 717 K, obtained from the 30 K min$^{-1}$ DSC curve in Supplementary Fig. 8). To highlight the structural change, the difference curves $\Delta S(Q)$ are plotted in Fig. 3b, where the $S(Q)$ at 305 K is subtracted as a reference. As the temperature increases, the first peak in $S(Q)$ shows a continuously linear shift to the low-$Q$ direction. When the temperature is close to $T_{\text{start}}$, the shift of the peak position deviates from the linear variation steeply (Supplementary Fig. 4), and even turns backward to high-$Q$ direction. During the later cooling process, the position of the first peak of $S(Q)$ shifts to the high-$Q$ part linearly but with a slightly different slope (Fig. 3c, $S(Q)$ curve during cooling in Supplementary Fig. 1). Integration of the $|\Delta S(Q)|$ (Supplementary Fig. 3) provides the overall peak changes as a function of temperature, which shows a linear increase at low temperatures with an accelerated change from $\sim T_{\text{start}}$. Moreover, a significant decrease of the full width at half maximum (FWHM) is observed (Fig. 3d). The narrowing of the first peak indicates that the sample enters a more ordered glass state$^{42}$. Overall, a significant non-linear and irreversible peak position and shape change of the first peak in $S(Q)$ is observed during the glass-to-glass transition, which is consistent with the changes observed on the heat-treated sample measured at room temperature (Fig. 1e).

To obtain more detailed information of the structure evolution in real space, the reduced pair-distribution function curve, $G(r)$, is derived from $S(Q)$ with Fourier transform (Fig. 4a). The differential curves $\Delta G(r)$ where the $G(r)$ at 305 K is subtracted as the reference (Fig. 4b, $G(r)$ curves during cooling are shown in Supplementary Fig. 2). To highlight the local structural change, the enlarged image of the first peak is shown in Fig. 4c. The most obvious change is the asymmetric shape change in the first peak of $G(r)$, which shows an intensity maximum on the left side at low temperatures and gradually shifts to the right side at high temperatures. More quantitative information of the local structural change can be obtained by fitting the peak positions of $G(r)$. For this five-component alloy, there are fifteen atomic pairs with overlapped peaks in the $G(r)$ curve, which hinder the separation of these atomic pairs. To obtain a realistic analysis, a practical method is to employ minimized numbers of Gaussian functions to obtain a good fitting of the $G(r)$ peak regardless of the multiple atomic pairs$^{43-45}$. For this sample, two Gaussian sub-peaks, $r_{11}$ and $r_{12}$, can fit the first peak of $G(r)$ very well with a coefficient of determination ($R^2$) better than 0.999 (Supplementary Note 7 and Supplementary Fig. 17). As the temperature increases, the relative changes of the peak positions and peak heights of $r_{11}$ and $r_{12}$ are shown in Fig. 4d, e, respectively, by normalized to the corresponding values at 305 K. In Fig. 4d, it is found that $r_{11}$ and $r_{12}$ consistently shift to the low-$r$ part as the temperature increases over the entire temperature range. This peak position contraction contradicts the normal thermal expansion and indicates a significant short- and medium-range
Fig. 3 In-situ X-ray diffraction results of the NbNiZrTiCo HEMG in Q-space. a Evolution of structure function $S(Q)$ of the as-prepared sample during heating. b The respective differences in structure functions obtained by subtracting the reference pattern at $T = 305$ K. c The evolution of the first peak position of $S(Q)$ as a function of temperature. d The evolution of the full width at half maximum (FWHM) of the first peak as a function of temperature. The start temperature of the first exothermic peak in the 30 K min$^{-1}$ DSC curve is denoted as $T_{\text{start}}$ in c and d. The first peak shows irreversible shifting towards high angle and narrowing.

Fig. 4 In-situ X-ray diffraction results in real space. a Evolution of the reduced pair-distribution functions $G(r)$ of the as-prepared sample during heating. b The respective differences in the reduced pair-distribution functions obtained by subtracting the reference pattern at $T = 305$ K. c The enlarged image of the evolution of the first peak as a function of temperature. d Evolution of the peak positions of the first and second peaks as a function of temperature. e Evolution of the peak intensities of the sub-peaks of the first peak as a function of temperature. f Evolution of the peak intensities of the sub-peaks of the second peak as a function of temperature. The start temperature of the first exothermic peak in the 30 K min$^{-1}$ DSC curve is denoted as $T_{\text{start}}$. Both peaks are fitted with two Gaussian functions.
Before cooling below the freezing point, the liquid could form a high-energy glass and transform into a low-energy glass by glass-to-glass transition and releasing energy ($\Delta H_{L-C}$). The heat-treated glass could crystallize by further releasing energy ($\Delta H_{L-C}$).

Fig. 5 The comparison with other MGs with AEPs and the schematic diagram of phase transitions. a) The ratios of the anomalous exotherm to the crystallization exotherm of NbNiZrTiCo and other typical MGs with AEPs. Anomalous Exo./Crys. Exo.: Anomalous exotherm/crystallization exotherm. Upon fast cooling, the liquid could form a high-energy glass and transform into a low-energy glass by glass-to-glass transition and releasing energy ($\Delta H_{L-C}$). b) Phase transitions in NbNiZrTiCo HEMG.

Discussions

Compared to other MGs with AEPs, the heat release of the AEP in NbNiZrTiCo HEMG is very large as shown in Fig. 5a. It can be noticed that the typical anomalous exotherm of other reported MGs is usually less than 16% of the crystallization exotherm, while the exotherm of NbNiZrTiCo HEMG is ~130% of the following crystallization exotherm, resulting in a unique glass-to-glass transition. The value of this exotherm is also much larger than the energy increase by thermal cycling. To show the dynamic and thermodynamic pictures of this glass-to-glass transition, Fig. 5b illustrates the temperature dependence of the enthalpy of the NbNiZrTiCo HEMG at a constant pressure. It has been observed that the crystallization can be avoided upon cooling below the freezing point $T_m$, if the liquid is cooled sufficiently fast ($10^{-4}$–$10^{-6}$ K s$^{-1}$ in melt-spinning). The “confusion principle” and the Inoue criteria point out that the more elements involved, the lower the chance that the alloy can select viable crystal structures and the easier for the formation of glasses.

As a result, the formation of most MGs requires two or more elements and the monoatomic MG is rare to make. The reason behind this is that the increased number of elements increases the entropy by enlarging the configurational space, and may cause a sluggish diffusion effect by hindering the configurational sampling. Hence, the glass may not reach a low-energy state dynamically because the atomic reconstruction is limited during the fast vitrification process. This mechanism is expected to be applicable to the selection of glass states as the more elements involved, the lower the chance for the alloy to access low-energy glass states within a limited time window during quenching. In other words, for a given high-entropy alloy, the high cooling rate and the high-entropy effect can dynamically stabilize the high-energy melt. As the measurement of disorder, entropy thus bridges the atomic structure in terms of the atomic packing and its energy state of a given alloy system. How the high-entropy induces the unusual glass-to-glass transition is the key to a deeper understanding of the high-entropy effect in glass formation.

The major configurational entropy term of the MGs and HEAs is considered as the configurational entropy of mixing for an ideal solution (denoted as $S_C$). First, a comparison of the $S_C$ for the structural change. In Fig. 4c, the peak height of $r_{11}$ decreases significantly, while the peak height of $r_{21}$ slightly decreases and then increases after $T_{start}$. The inconsistent variation of the peak heights of the two sub-peaks causes the dramatic shape change of the first peak in $G(r)$ (Fig. 4c). A similar method is also applied to the second peak of $G(r)$ to quantify its peak splitting (Fig. 4d, f). Before $T_{start}$, the peak positions and peak heights of the $r_{21}$ and $r_{22}$ peaks change consistently during heating. After $T_{start}$, the bifurcations of both the peak positions and peak heights of $r_{21}$ and $r_{22}$ can be clearly noticed, which suggest that the splitting of the second peak of $G(r)$ becomes prominent. These results indicate that the glass-to-glass transition is associated with significant short- and medium-range structural changes, and the changes in the short-range structures is much stronger than the glass-to-glass transition and releasing energy ($\Delta H_{L-C}$).
conventional low $S_C$ Nb–Ni–Ti-based MGs (denoted by green circles) and the NbNiZrTiCo HEMG (denoted by a red star) has been performed in Fig. 6. Compared to the NbNiZrTiCo HEMG, none of the conventional low $S_C$ Nb–Ni–Zr-based BMGs shows any exceptional exothermic peak or glass-to-glass transition$^{36}$. Therefore, it is reasonable to assume that the high $S_C$ in the NbNiZrTiCo HEMG plays an important role in inducing the glass-to-glass transition, provided that these MGs contain the same constituent elements. However, to our best knowledge, such glass-to-glass transition has never been reported in other HEMGs so far. This indicates that the high $S_C$ alone may not be sufficient for inducing the glass-to-glass transition. In fact, the total configurational entropy of mixing $S_m$ of an alloy can be written as $S_m = S_F + S_G$, where $S_F$ denotes the excess configurational entropy of mixing, which excludes the contribution from an ideal solution and can be related to the atomic size misfit in the atomic packing$^{37–39}$. Although all HEMGs have more or less high $S_C$, the $S_G$ of some HEMGs can be rather low, and thus these HEMGs do not have high $S_F$. For example, the $S_{20}$ for the NbNiZrTiCo HEMG$^{40}$ shows a $S_F = −6.72$ J mol$^{−1}$ K$^{−1}$, while the NbNiZrTiCo HEMG in this work shows a $S_F = −2.75$ J mol$^{−1}$ K$^{−1}$. Although the two HEMGs have the same $S_G$ of 13.38 J mol$^{−1}$ K$^{−1}$, they have significantly different $S_F$ of 6.65 and 10.63 J mol$^{−1}$ K$^{−1}$, respectively, where the $S_F$ of the NbNiZrTiCo HEMG is $∼60\%$ higher. A comparison of the $S_F$ of the previously reported HEMGs (denoted by blue circles) and the present NbNiZrTiCo HEMG is also performed in Fig. 6. It is found that the previously reported HEMGs form a low $S_F$ region, whereas the NbNiZrTiCo HEMG deviates from this region by showing a higher $S_F$ than those without glass-to-glass transition. This indicates that the excess configurational entropy also plays an important role in inducing the glass-to-glass transition and further confirms the high-entropy effect. Combining the above results, it can be concluded that the high-entropy indeed induces the glass-to-glass transition. The importance of $S_F$ can also be seen from the perspective of atomic packing and glass formation. $S_F$ is related to the atomic size misfit and the atomic packing fraction$^{37–39}$, which are the key factors in the phase formation of solid solutions, amorphous phases or intermetallic compounds and their phase stabilities, especially the glass formation of the MGs$^{18}$. The lower the value of $S_F$, the larger the atomic size difference and usually the higher the atomic packing density$^{61}$. As a result, the MGs with lower $S_F$ usually show higher glass-forming ability and are expected to form conventional low-temperature glasses with high atomic packing fractions$^{62,63}$. The conventional glasses are usually stable, and thus similar phase transition is rare. To experimentally confirm the high-entropy effect, we substitute the Co with Cu in the NbNiZrTiCo HEMG because the Co and Cu have similar atomic radii (125 and 128 pm$^{64}$, respectively), and thus the NbNiZrTiCu and NbNiZrTiCu HEMGs have similar high $S_F$ (−2.75 and −2.50 J mol$^{−1}$ K$^{−1}$, respectively), and the NbNiZrTiCu HEMG still keeps the high $S_G$ (13.38 J mol$^{−1}$ K$^{−1}$) as shown in Fig. 6 (denoted by a red star). As expected, the NbNiZrTiCu HEMG indeed shows a glass-to-glass transition (Fig. 7), similar to that of the NbNiZrTiCo HEMG. To further confirm the high-entropy effect, a six-element NbNiZrTiCoCu HEMG is developed ($S_C$: 14.90 J mol$^{−1}$ K$^{−1}$, $S_G$: −2.73 J mol$^{−1}$ K$^{−1}$) by adding Cu to the NbNiZrTiCu HEMG. As expected, this alloy also shows the glass-to-glass transition as expected (Fig. 8). The $S_C$, $S_F$, and $S_T$ of these MGs are listed in Supplementary Table 1. These experimental results further support the proposed high-entropy effect in inducing the glass-to-glass transition. The resulted low-energy glasses also show increased modulus and hardness by nanoindentation (Supplementary Note 10, Supplementary Table 4), as well as excellent thermal stabilities (Supplementary Note 11, Supplementary Fig. 21). These additional results further suggest that a high-entropy effect is discovered, which enables a wide tunability of the glass states, and indicate that such glass-to-glass transitions would not be limited in the present HEMGs. Compared to the previous works on MGs with metalloid elements (e.g., B$^{13,16}$) or rare earth elements (e.g., La, Ce$^{65}$), the proposed high-entropy effect moves the phenomenon from the special cases to general cases with a series of HEMGs discovered, instead of only one special MG. In such consideration, the HEMGs may serve as model materials in exploring the glass-to-glass transitions and glass nature in the fields of materials science and condensed-matter physics.

In conclusion, we discovered an unusual glass-to-glass transition in a NbNiZrTiCo HEMG with a large exotherm. It was found that the high-entropy effect could dynamically elevate the MG to a high-energy glass state and thermodynamically enable the glass-to-glass transition from the high-energy glass state to a low-energy glass state during heating. Through this simple and non-destructive heat-treating process, this glass-to-glass transition can alter the modulus and hardness more remarkably than rejuvenation by thermal cycling$^{47}$ or mechanical deformation$^{65}$. Besides, the HEMGs might also be applied as promising energetic materials, where the large amount of exotherm may be used for the combustion and lower the ignition temperatures$^{66}$. In addition, the obtained low-energy state HEMGs exhibit excellent thermal stability. The present results provide an opportunity for further tuning the glass structure and property and addressing the fundamental issues of MGs.

**Methods**

**Sample preparation.** The NbNiZrTiCo, NbNiZrTiCu, and NbNiZrTiCuHMGs were prepared by arc melting the mixtures of pure Nb, Ni, Zr, Ti, Co, and Cu (purity $>99.9\%$ wt.%) under a high-purity argon atmosphere. The ingots were flipped and remelted five times to ensure their homogeneity. Ribbons with a thickness of $∼45\mu m$ were produced by melt-spinning method with a single-copper roller at a wheel velocity of 32 m s$^{−1}$ under a high-purity argon atmosphere.

**Differential scanning calorimetry (DSC).** DSC curves were measured using Al$_2$O$_3$, crucibles with a synchronous thermal analyzer (STA-449 F3, NETZSCH, Germany) under a high-purity argon atmosphere. The weight of each tested sample was $∼20\,mg$ and the heating rate was $20\,K\,min^{−1}$. For the heat-treated samples, the heat treatment was conducted by a tube furnace and the heating rate and cooling rate were both $20\,K\,min^{−1}$. The scale was sealed in a glass tube under a high-purity argon atmosphere to avoid oxidation. The temperature of the sample in the furnace was calibrated by a K-type thermocouple thermometer (DT-3891G, CEM, China) heated together with the sample. The thermocouple was inside another tube with the opening blocked by an aluminum foil ball, and the tube itself was identical to the tube containing the sample. The sample and the thermocouple were set in the furnace as close as possible. The temperature of the sample in the furnace was calibrated by the thermocouple, which could compensate the temperature lags. To confirm that the temperature lag of sample heat-treated in the furnace has been excluded, we compared the DSC curves of the sample heat-treated in the furnace and the sample heat-treated in the DSC (Supplementary Fig. 24). The two DSC curves show consistent results and confirm that the temperature lag has been excluded. To highlight the phase transitions, the DSC curve of the crystallized HEMG (samples heated to 1173 K) was subtracted.

**X-ray diffraction (XRD).** The XRD experiments were performed using an X-ray diffractometer (D/max-RB, Rigaku Inc., Japan) with Cu Kα radiation (wavelength 1.5406 Å) at room temperature. The XRD experiments were performed using a $θ$–$2θ$ scan with a scanning rate of 3 degrees min$^{−1}$.

**Transmission electron microscopy (TEM) related analyses.** TEM samples were ground by 2000 mesh sandpaper to $∼30\mu m$ in thickness and then thinned by an ion mill (Gatan 695, U.S.). The samples were first ion milled at 5 keV, 5°/6° for $∼4\,h$, followed by 3 keV, 2°/4° for $∼20\,min$. The high-resolution transmission electron microscopy (HRTEM) measurements and high-angle annular dark-field scanning transmission electron microscopy (HAADF-STEM) measurements under scanning transmission electron microscope (STEM) mode were performed by a high-resolution transmission electron microscope (JEOL-2100F, FEI, Japan) at 200 kV. The probe size in STEM mode was $∼1.5\,nm$.

**Atom probe tomography (APT) analyses.** APT analyses were applied to the as-prepared and heat-treated samples to investigate the element distribution in three dimensions up to a sub-nanometer spatial resolution. Needle-shaped specimens required for APT were fabricated by lift-outs and annular milled in a FEI Scios focused ion beam/scanning electron microscope (FIB/SEM). The APT...
X-ray diffraction results of the as-prepared and heat-treated samples. In-situ heating high-energy synchrotron X-ray diffraction experiments were conducted at the beamline 11-IDC of the Advanced Photon Source (APS, Argonne National Laboratory (ANL)). The wavelength of the X-ray beam was 0.1173 Å (105.711 keV). The beam size was 3.5 \times 2 \mu m. Diffraction was performed in a transmission mode by using a 2D Pilatus 300 K detector with 1043 \times 981 pixels and a pixel size of 172 \times 172 \mu m². The synchrotron X-ray diffraction of other samples were performed at the beamline 13-IDD of APS, ANL. The wavelength of the X-ray beam was 0.1173 Å (105.711 keV). The beam size was 0.2 \times 0.2 mm. Diffraction was performed in a transmission mode by using a 2D Perkin Elmer amorphous silicon detector with 2048 \times 2048 pixels and pixel size of 200 \times 200 \mu m².

The synchrotron X-ray diffraction patterns were obtained by integrating the 2D diffraction images using Fit2D software⁶⁷. The total scattering factor S(Q) = \frac{4\pi \sin \theta}{\lambda}, where \lambda is the X-ray wavelength and 2\theta is the angle between the diffraction beam and incident beam⁵⁸, and the reduced pair-distribution functions \( G(r) = \frac{1}{2} \left( 1 - \frac{I(Q)}{I_0} \right) \) were obtained using PDFgetX3 software package⁶⁹. To show the reliability of the PDFgetX3 software in this work, we have compared the diffraction results of the as-prepared NbNiZrTiCo sample processed by the PDFgetX3, PDFgetX2 and GSASII softwares, and find that the use of PDFgetX3 software does not have a significant influence on the shapes and the peak positions of the result (Supplementary Note 12 and Supplementary Figs. 22 and 23). The peak positions and the FWHMs of the first S(Q) peak were obtained by fitting the Voigt function. The total structure function S(Q) was obtained from the integrated intensities \( I^{coh}(Q) \) after the correction of Laue diffuse scattering and normalization to the atomic X-ray form factor \((f^2)\) by

\[
S(Q) = 1 + \frac{I^{coh}(Q) - (f^2)}{(f^2)}
\] (1)
The $G(r)$ function was obtained from the sine-Fourier transform of the total scattering factor $S(Q)$ by

$$G(r) = 4\pi r [\rho (r) - \rho_0] = \frac{2}{\pi} \int_0^\infty Q[S(Q) - 1] \sin(Qr) dQ$$

where $\rho(r)$ is the pair density functions and $\rho_0$ is the average number density.

**Calculations of the entropy, enthalpy, and energy.** The quantitative difference in enthalpy between the two glasses can be obtained from the DSC curve as $\Delta H_{\text{ent}} = -1.65 \text{ kJ mol}^{-1}$ (Table 1). The lower limit of the difference in entropy can be obtained from the DSC curve by

$$\Delta S_{\text{ent}} = \int dS \sum_1^N \int -\frac{dQ}{T}$$

where $dS$ is the infinitesimal entropy change, $dQ$ is the infinitesimal heat release during the phase transition, $T$ is the absolute temperature, and the integration range is from the start temperature to the end temperature of the phase transition. This integration results in $\Delta S_{\text{ent}} = -1.96 \text{ J mol}^{-1} \text{ K}^{-1}$, which is the lower limit of the entropy change because the observed phase transition is an irreversible process. The upper limit difference in Gibbs free energy can be obtained by $\Delta G_{\text{ent}} = \Delta H_{\text{ent}} - T\Delta S_{\text{ent}}$, which is a function of temperature and gives $-1.06, -2.41, -1.12, and -0.03 \text{ kJ mol}^{-1}$ at 300 K, the start temperature of the first exothermic peak ($T_{\text{start}}$ 717 K), the peak temperature of the first exothermic peak (781 K) and the end temperature of the first exothermic peak ($T_{\text{end}}$ 855 K), respectively. It should be emphasized that the negative $\Delta H_{\text{ent}}$ and negative $\Delta S_{\text{ent}}$ are not contradictory to the proposed high-entropy effect. The high-entropy effect elevates the HEMG to a high-energy glass state, which allows the following transition.

The $S_c$ can be given by the regular solution model widely applied to high-entropy alloys by

$$S_c = -R \sum_{i=1}^m x_i \ln(x_i)$$

where $x_i$ is the mole fraction of element $i$, $m$ is the number of elements and $R$ is the ideal gas constant. For the studied equiatomic NbNiZrTiCo HEMG with five elements, this model gives $S_c = 13.38 \text{ J mol}^{-1} \text{ K}^{-1}$.

The $S_c$ can be given by the Carnahan and Starling theory by

$$S_c = \frac{(F - \rho_0^2)}{k_B T} - \ln(Z) - (3 - 2\xi)(1 - \xi)^2 + 3\ln[(1 + \xi + \xi^2 - \xi^3)(1 - \xi)^{-3}]$$

in which:

$$\frac{(F - \rho_0^2)}{k_B T} = \frac{1}{2} \left(1 - y_1 + y_2 + \frac{y_3}{2} \right) (1 - \xi) \left(1 - \xi^2 \right) + (y_3 - y_1) \ln(1 - \xi)$$

$$Z = [(1 + \xi + \xi^2) - 3(y_1 + y_2 + \xi^2)](1 - \xi)^{-3}$$

Fig. 8 DSC curve, X-ray diffraction, synchrotron X-ray diffraction, HRTEM, SAED, and HAADF analyses of the as-prepared and heat-treated NbNiZrTiCoCu HEMGs. a DSC curve of the as-prepared and heat-treated sample. After heated to $T_{A-NbNiZrTiCoCu} = 803 \text{ K}$, the previous first exothermic peak disappears and the heat-treated sample shows a peak at 760 K and $T_{x}$ of 813 K. To highlight the phase transitions, the curve of the crystallized HEMG (samples heated to 1173 K) was subtracted. It should be noted that the first two exothermal peaks (corresponding to the glass-to-glass transition and crystallization in the NbNiZrTiCoCu HEMG, respectively) are not completely separated but slightly overlap in the DSC curve. Such peak overlapping results in a partial crystallization when the sample was heated above the first exothermic peak (816 K) (Supplementary Fig. 5), while the sample still remains amorphous when heated to 803 K, which is below the crystallization temperature (813 K, denoted as $T_x$). b X-ray diffraction results and synchrotron X-ray diffraction, HRTEM, SAED, and HAADF analyses of the as-prepared and heat-treated sample. The results show that the heat-treated sample remains amorphous with different glass structures and no crystallization or detectable compositional inhomogeneity. Additional HRTEM results are shown in Supplementary Note 3.
\[ y_1 = \sum_{j=1}^{n} \Delta_j (d_j + d_j^2) d_j^{1/2} \]

\[ y_2 = \sum_{j=1}^{n} \Delta_j \sum_{k=1}^{n} \left( \frac{\xi_j}{\xi_k} \right)^{2/3} d_j^{1/2} \]

\[ y_3 = \left[ \sum_{j=1}^{n} \left( \frac{\xi_j}{\xi_k} \right)^{2/3} \right]^{1/3} \]

\[ \Delta_j = \left( \frac{\xi_j}{\xi_k} \right)^{1/2} \]

where \( d_i \) is the atomic diameter of the \( i \)-th element, \( \xi_i \) is the mole fraction of the \( i \)-th element, \( c_i \) is the free volume in metallic glasses.

Data availability

The data that support the findings of this study are available within the paper and the Supplementary Information, and all data are available from the authors on reasonable request.

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**Author contributions**

H.D., H.L., and H.B. designed the composition of the HEMG and prepared the samples. X.Z., F.Z., Q.Y., and Q.Z. conducted the in-situ synchrotron X-ray diffraction experiments and data analyses. H.L., Y.-C.Y., Y.S., and J.G. conducted the HRTEM, SAED, and HAADF measurements and data analyses. H.L., H.B., and R.W. contributed to the measurement and analyses of the DSC, DMA, and nanodendrite experiments. J.H.L., Z.B.J., and C.T.L. contributed to the measurement and analyses of the APT measurements. Q.Z. and X.Z. contributed to the SANS and the Flash DSC experiments. N.C. and H.L. proposed the concept of high-entropy effect. H.L. and C.S. contributed to the thermodynamic calculations of the glass-to-glass transition. H.L., N.C., Y.S., Q.Z., and X.Z. wrote the manuscript draft. Y.S., Q.Z., N.C., and K.-F.Y. supervised the research project and coordinated the research collaborations. All participated in the revisions of the manuscript.

**Competing interests**

The authors declare no competing interests.

**Additional information**

**Supplementary information**

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