Staging of rat liver fibrosis using monoexponential, stretched exponential and diffusion kurtosis models with diffusion weighted imaging- magnetic resonance

Genwen Hu1, Wen Liang2, Mingxiang Wu1, Queenie Chan3, Yufa Li4, Jianmin Xu1, Liangping Luo5 and Xianyue Quan2

1Department of Radiology, The Second Clinical Medical College of Jinan University, Shenzhen People’s Hospital, Shenzhen 518020, China
2Department of Radiology, Zhujiang Hospital, Southern Medical University, Guangzhou 510282, China
3MR Clinical Science, Philips Healthcare, Hong Kong 20023, China
4Department of Pathology, Guangdong General Hospital, Guangdong Academy of Medical Sciences, Guangzhou 510080, China
5Department of Radiology, The First Affiliated Hospital of Jinan University, Guangzhou 510280, China

Correspondence to: Xianyue Quan, email: quanxianyue2014@163.com
Liangping Luo, email: tluolp@jnu.edu.cn
Jianmin Xu, email: 13600163204@163.com

Keywords: liver fibrosis; diffusion weighted imaging; stretched exponential model; diffusion kurtosis imaging

ABSTRACT

Early diagnosis of liver fibrosis is important. The objective of this study was to explore the characteristics and to assess the accuracy of monoexponential, stretched exponential models (SEM), and diffusion kurtosis imaging (DKI) with diffusion-weighted imaging (DWI)-magnetic resonance imaging (MRI) in various stages of liver fibrosis in two standard rat models induced by carbon tetrachloride (CCl4) and biliary duct ligation (BDL). Parameters (ADC, Dapp, Kapp, DDC, a) were measured with a 3.0T MRI. Liver fibrosis stages (F0–F4) were defined by METAVIR scoring. Parameters (ADC, Dapp, DDC) were found to be negatively associated (r: -0.675~ -0.789; P<0.05) with advancement of fibrosis stage. The analysis of receiver operating characteristic (ROC) curves illustrated that the areas under the curves (AUC) for ADC, Dapp, and DDC were 0.687~0.957, 0.805~0.938 and 0.876~1.000, respectively. The study showed that (ADC, Dapp, Kapp, DDC, a) from various diffusion models reflected pathological and physiological tissue changes. We conclude that SEM and DKI may provide more accurate information about diffusion, and non-Gaussian diffusion analysis may be a complementary tool for the assessment of liver fibrosis.

INTRODUCTION

Liver fibrosis is a reparative response of liver tissues to the chronic liver injuries of various causes. When the rate of synthesis of extracellular matrix (ECM) exceeds that of degradation, distortion of liver lobules and blood circulation disorders due to cirrhosis can occur. Early fibrosis is reversible, [1, 2] and its progression into cirrhosis and cancer can be stopped or delayed by early treatment. Thus, early diagnosis of liver fibrosis is clinically important.

There are three types of diagnostic methods for liver fibrosis currently being used clinically: percutaneous biopsy, serological tests, and imaging. The standard method for diagnosis of liver fibrosis is biopsy; however, this is invasive and not suitable for repeated examinations or dynamic observations [3]. The application of serological testing is largely limited by low sensitivity and specificity [4, 5].
Conventional imaging is not sufficiently accurate to diagnose liver fibrosis [6]. Ultrasound elastography is currently considered the most appropriate means of diagnosing liver fibrosis; however, MRI can also provide a valuable reference for diagnosis. Magnetic resonance diffusion-weighted imaging (MR-DWI) reflects the random Brownian motion of water molecules diffusing in biological media. Measurement of degrees of partial restriction as well as direction during water molecule diffusion can indirectly reflect changes in tissue microstructure. In clinical studies, cirrhotic livers possessed significantly lower apparent diffusion coefficient (ADC) values in a monoexponential model compared with non-fibrotic livers [7–9]. However, in addition to the intra-tissue diffusion of water molecules, ADC is also influenced by the microcirculation of the blood in capillaries [10–12]. Intravoxel incoherent motion (IVIM) from the biexponential model is an advanced form of DWI that can measure both diffusion and perfusion. IVIM more accurately reflects the pathological and physiological changes of tissues [13, 14]. However, studies have shown that the IVIM technique cannot offer reliable measurements for staging liver fibrosis [15]. The monoexponential model is based on the characterization of the Gaussian diffusion of water molecules. [16] However, water diffusion behavior in vivo is more complex than Gaussian diffusion due to the presence of various diffusion barriers such as membranes in the sophisticated cellular structures of tissues. Therefore, advanced non-Gaussian diffusion models, such as the stretched exponential model (SEM) and diffusion kurtosis imaging (DKI), may provide more accurate information about real water molecular motion in vivo [17].

The current study compared monoexponential and stretched exponential models, as well as diffusion kurtosis MR staging with histological staging in a rat model of liver fibrosis. We computed the parameters (ADC, D_{app}, K_{app}, DDC, α) of liver fibrosis model at different pathologic stages: ADC from monoexponential; D_{app}, K_{app} from DKI; and DDC, α from SEM. We also evaluated and compared the characteristics of these parameters for the detection and evaluation of liver fibrosis.

RESULTS

Fibrosis model establishment and staging

MR images shown in Figure 1 and Figure 2 No fibrosis occurred in the control group (F0, N=16). In the carbon tetrachloride (CCl₄) group, as shown in Figure 3, pathological evaluations revealed 8 rats as stage F1, 7 rats as stage F2, 8 rats as stage F3, and 9 rats as stage F4 liver fibrosis. In the biliary duct ligation (BDL) group, as shown in Figure 4, pathological evaluations revealed that 8 rats had stage F1, 9 rats had stage F2, 9 rats had stage F3, and 6 rats had stage F4 fibrosis.

Change of parameters

The diffusion parameters (ADC, D_{app}, DDC) decreased with increasing fibrosis levels. With the application of the LSD post hoc test, all diffusion parameters in fibrotic livers (F1–F4) were significantly lower than those in normal rat livers (F0) (P<0.05). The diffusional kurtosis (K_{app}) and water molecular diffusion heterogeneity index (α) increased with increasing fibrosis levels. However, the data overlapped (Table 1).

Parameter correlations with histologically stage of liver fibrosis and the collagen content

The Spearman rank correlation test showed a negative correlation (r: -0.675−0.789; P<0.05) between fibrosis stage and both of the diffusion parameters (ADC, D_{app}, DDC). Conversely, K_{app} and the α parameters had positive correlations (r: 0.365−0.549, P<0.05), although the “r” is low. (Table 2)

The Pearson rank correlation test showed a negative correlation (r: -0.559−0.617; P<0.05) between collagen content and both of the diffusion parameters (ADC, D_{app}, DDC). Conversely, K_{app} and the α parameters had weak positive correlations (r: 0.268−0.459, P<0.05). (Table 3)

ROC curve analyses

In the carbon tetrachloride (CCl₄) group, an analysis of ROC curves for fibrosis stage evaluation showed that the AUC of ADC for any (≥stage1), significant (≥stage 2) or advanced fibrosis (≥stage 3) and cirrhosis was 0.898, 0.924, 0.795 and 0.685, respectively. The AUC of D_{app} was 0.957, 0.982, 0.836 and 0.824, respectively. The AUC of DDC was 0.953, 0.984, 0.880 and 0.781, respectively.

In the biliary duct ligation (BDL) group, an analysis of ROC curves for fibrosis stage evaluation showed that the AUC of ADC for any (≥stage1), significant (≥stage 2) or advanced fibrosis (≥stage 3) and cirrhosis was 0.988, 0.878, 0.860 and 0.750, respectively. The AUC of D_{app} was 0.922, 0.891, 0.844 and 0.770, respectively. The AUC of DDC was 0.922, 0.969, 0.877 and 0.804, respectively.

Taken together, Table 4 and Figure 5 demonstrate the ROC curves for differentiating fibrosis stages with the parameters ADC, D_{app}, and DDC. As shown in Table 3, the ROC curves summarize the optimal cut-off values, producing the sensitivity and specificity for distinguishing between each fibrosis stage. Analysis of ROC curves for fibrosis stage evaluation showed that the AUC for D_{app} and DDC were 0.805–0.938 and 0.876–1.000, respectively, which were higher than ADC (0.687–0.957), except for the control group versus the fibrosis group (F0 versus F1-2-3-4).
Figure 1: Axial MR images in sequence from a stage F2 fibrosis induced by carbon tetrachloride (CCl4). (A) T1-weighted image; (B) mean values ($0.92 \times 10^{-3}$ mm$^2$/s) shown by a map of apparent diffusion coefficients (ADC); (C) mean values ($1.10 \times 10^{-3}$ mm$^2$/s) shown by the $D_{app}$ map; (D) mean values (1.02) shown by the $K_{app}$ map; (E) mean values ($0.76 \times 10^{-3}$ mm$^2$/s) shown by the DDC map; (F) mean values $\alpha$ (0.68) shown by a map.

Figure 2: Axial MR images in sequence from a stage F2 fibrosis induced by biliary duct ligation (BDL). (A) T1-weighted image, red arrow = dilated biliary duct; (B) mean values ($0.88 \times 10^{-3}$ mm$^2$/s) shown by a map of apparent diffusion coefficients (ADC); (C) mean values ($0.99 \times 10^{-3}$ mm$^2$/s) shown by the $D_{app}$ map; (D) mean values (1.07) shown by the $K_{app}$ map; (E) mean values ($0.68 \times 10^{-3}$ mm$^2$/s) shown by DDC map; (F) mean values $\alpha$ (0.64) shown by map.
DISCUSSION

In this work, we employed the stretched exponential model and diffusion kurtosis imaging to characterize the non-Gaussian behavior of the diffusion-related signal decay in two animal models of liver fibrosis. Because the two sets of data tended to be consistent, we addressed them together in the discussion.

MR-DWI is a functional MRI technique that reflects the random Brownian motion of water molecular diffusion in biological media analyzed by conventional ADC from the monoexponential model. SEM and DKI are emerging methods from a non-Gaussian distribution model with DWI. DKI includes parameters $D_{\text{app}}$ (the ADC after non-Gaussian correction) and $K_{\text{app}}$ (the mean kurtosis, a dimensionless parameter reflecting the deviation of diffusion distribution from the Gaussian form). SEM has the parameters DDC (the distributive diffusion coefficient, which is similar to the standard diffusion coefficient) and $\alpha$ (the water molecular diffusion heterogeneity index). $\alpha$ close to 1 indicates low heterogeneity of intra-tissue diffusion, while $\alpha$ close to 0 indicates high heterogeneity.

The diffusion parameters (ADC, $D_{\text{app}}$, DDC) decreased with increasing fibrosis levels in the current study. Previous studies showed that the ADC declined after the development of liver fibrosis [7–9]. This has been generally explained by the fact that during liver fibrosis, liver damage results in necrosis, apoptosis, and inflammation in liver cells. This could result in the secretion of various cytokines and lipid superoxides that jointly act on hepatic stellate cells to synthesize ECMs. ECM deposition as well as leakage of fluids from liver cells and infiltration of inflammatory cells during liver fibrosis can restrict water molecule diffusion and lead to the reduction of the diffusion parameters (ADC, $D_{\text{app}}$, DDC) [18, 19].

Table 1: Summary of mean values and standard deviations for the parameters (ADC, $D_{\text{app}}$, $K_{\text{app}}$, DDC, $\alpha$) in various liver fibrosis stages

| Fibrosis stage | N (80) | ADC ($\times 10^{-3}$ mm$^2$/s) | $D_{\text{app}}$ ($\times 10^{-3}$ mm$^2$/s) | $K_{\text{app}}$ | DDC ($\times 10^{-3}$ mm$^2$/s) | $\alpha$ |
|---------------|--------|---------------------------------|---------------------------------|-----------------|---------------------------------|--------|
| 0             | 16     | 1.283±0.138                     | 1.581±0.192                     | 0.930±0.083     | 1.353±0.268                     | 0.569±0.073 |
| 1             | 16     | 1.056±0.151                     | 1.343±0.183                     | 0.956±0.080     | 1.101±0.173                     | 0.600±0.071 |
| 2             | 16     | 0.915±0.131                     | 1.090±0.171                     | 1.025±0.093     | 0.761±0.147                     | 0.687±0.075 |
| 3             | 17     | 0.863±0.109                     | 1.072±0.160                     | 1.065±0.085     | 0.697±0.129                     | 0.674±0.067 |
| 4             | 15     | 0.884±0.088                     | 0.992±0.095                     | 1.070±0.083     | 0.679±0.146                     | 0.642±0.066 |

$P$ value  
<0.001  
<0.001  
<0.001  
<0.001  
<0.001

Table 2: Spearman correlations and 95% confidence intervals (CI) between fibrosis stages and imaging parameters

| Model          | Parameters | Fibrosis stage | $P$ value |
|----------------|------------|----------------|-----------|
| Monoexponential| ADC        | -0.675 (-0.781, -0.522) | <0.001    |
| Diffusion      | $D_{\text{app}}$ | -0.743 (-0.825, -0.621) | <0.001    |
| Kurtosis       | $K_{\text{app}}$ | 0.549 (0.386, 0.690) | <0.001    |
| Stretched      | DDC        | -0.789 (-0.859, -0.671) | <0.001    |
| Exponential    | $\alpha$  | 0.365 (0.158, 0.548) | <0.001    |

Table 3: Pearson correlations and 95% confidence intervals (CI) between the percentage of collagen area and imaging parameters.

| Model          | Parameters | Percentage of collagen area | $P$ value |
|----------------|------------|----------------------------|-----------|
| Monoexponential| ADC        | -0.559 (-0.652, -0.454) | <0.001    |
| Diffusion      | $D_{\text{app}}$ | -0.617 (-0.705, -0.521) | <0.001    |
| Kurtosis       | $K_{\text{app}}$ | 0.459 (0.282, 0.619) | <0.001    |
| Stretched      | DDC        | -0.601 (-0.682, -0.521) | <0.001    |
| Exponential    | $\alpha$  | 0.268 (0.093, 0.429) | <0.001    |
Correlation was found between fibrosis stages and diffusion parameters. Collagen content and diffusion parameters both showed that $D_{app}$ and DDC from the non-Gaussian model were superior to the r of ADC. This illustrates that the non-Gaussian model was more consistent with the real status of diffusion in liver fibrosis tissue likely due to the presence of various diffusion barriers such as ECMs, inflammation, hepatocyte ballooning, and steatosis.

Although the exact significance of $\alpha$ and $K_{app}$ in vivo remain not fully understood, some reports indicated that $\alpha$ may reflect microstructural heterogeneity [17] and $K_{app}$ may indicate microstructural complexity [20].

The current study showed that $K_{app}$ increased with increasing fibrosis levels. This may be partly explained by the complicated hepatic microstructure in the presence of fibrosis, although there was overlap in the varying degrees of fibrosis. Our results are similar to those in the latest reports on the subject [21].

Regarding $\alpha$, a previous study reported that $\alpha$ is a useful marker in grading of gliomas [22]. Few reported studies have investigated the use of $\alpha$ in liver fibrosis, and $\alpha$ is regarded to be unrelated to pathological grading [18]. However, that report was limited to in vitro studies. The current study showed that $\alpha$ increased in fibrosis compared to normal liver tissue.

**Figure 3:** Typical hematoxylin and eosin (H&E) staining and picrosirius red staining for representative samples in the carbon tetrachloride (CCl4) group. (A–E) Liver fibrosis stages F0–F4 (H&E; 10×20), (F–J) Liver fibrosis stages F0–F4 (picrosirius red; 10×20).

**Figure 4:** Typical hematoxylin and eosin (H&E) staining and picrosirius red staining for representative samples in the biliary duct ligation (BDL) group. (A–E) Liver fibrosis stages F0–F4 (H&E; 10×20), (F–J) Liver fibrosis stages F0–F4 (picrosirius red; 10×20).
The use of ADC to evaluate the stage of liver fibrosis is currently controversial. Several studies published on this topic have not shown unequivocal results [23]. In our study, ROC analysis of the parameters used in evaluating the stages of liver fibrosis showed that ADC was valuable in determining the stage of liver fibrosis. The findings in this study were similar to those reported by Fujimoto [24] and superior to those of Bonekamp [25]. However, the current study indicated that the non-Gaussian parameters $D_{\text{app}}$ and DDC had better predictive values than ADC with regard to determining the stage of liver fibrosis, with the exception of the control groups versus fibrosis group (F0 versus F1-2-3-4). This indicates that for the AUC of F0 versus F1-2-3-4, ADC was better, but in others, $D_{\text{app}}$ and DDC was better than ADC, for example, in distinguishing between mild and severe fibrosis (F0-1-2 versus F3-4) and between non-cirrhosis and cirrhosis (F0-1-2-3 versus F4).

ADC may correlate with water motion, which is also influenced by the concentration of macromolecules and microcirculation of blood. While $D_{\text{app}}$ and DDC not only potentially better reflect water diffusivity in tissues at ultrahigh $b$ values, they also contain specific information on the non-Gaussian diffusion behavior in addition to the intra-tissue diffusion of water molecules [21].

This study uses rat models to study the imaging changes in human liver fibrosis. No current animal model can completely and accurately reflect human liver fibrosis.

Figure 5: Graph showing results of receiver operator characteristic (ROC) analysis based on diffusion parameters of METAVIR stages. (A) (ADC, $D_{\text{app}}$, DDC) in F0 vs. F1–4. (B) (ADC, $D_{\text{app}}$, DDC) in F0–1 vs. F2–4, (C) (ADC, $D_{\text{app}}$, DDC) in F0–2 vs. F3–4, (D) (ADC, $D_{\text{app}}$, DDC) in F0–3 vs. F4.
Notably, some animal models may be more suited for testing well-defined hypotheses. It is also possible that the diagnostic performance of techniques differs between animals and humans. A non-Gaussian diffusion model employed a high b-value diffusion, which extended scanning time and included effects of respiratory movement that needed to be considered. Thus, the reproducibility of the DWI biomarkers should be studied further.

One of the main limitations of the conclusion that SEM and DKI are superior to ADC is that the conclusion was based only on the finding that the AUC of the ROC were higher. More studies with stronger statistics will be needed to confirm these results. Other limitations are the lack of analysis of stellate cell activation and the use of a semiquantitative analysis of collagen content.

In summary, this study analyzed (via rat models) various diffusion models in liver fibrosis. Each parameter reflects the pathological and physiological changes in the corresponding tissues. The diffusion parameters (ADC, $D_{app}$, DDC) correlated strongly with the degrees of liver fibrosis. The parameters $K_{app}$ and $\alpha$ may provide complementary information. The non-Gaussian parameters $D_{app}$ and DDC were superior to ADC as diagnostic markers for liver fibrosis staging. SEM and DKI may provide more accurate information about diffusion in liver fibrosis and may be an effective complementary tool to the standard DWI monoexponential model. However, their clinical utility in the clinical evaluation of liver fibrosis remains to be evaluated.

### MATERIALS AND METHODS

#### Animals and treatment

In this experiment, 80 adult male Sprague-Dawley (SD) rats (250±20 g) were obtained from Southern Medical University Laboratory Animal Co., Ltd. (Guangzhou, China). Free access to standard feed and water were provided. All of the rats were individually housed at a stable temperature (18–20°C) and humidity (60–70%) with a 12 h light/dark cycle. All of the experimental procedures were approved by the Institutional Animal Ethics Committee of our University and performed according to the Laboratory Animal Care and Usage Manual of our institute.

The rats were randomized into a liver fibrosis group (n=64) with two standard rat models induced by carbon tetrachloride (CCl$_4$) (n=32) and biliary duct ligation (BDL) (n=32), as well as a control group (n=16).

Liver fibrosis was induced by carbon tetrachloride (CCl$_4$) as described previously [19]. After an acclimatization period of 1 week under standard conditions, the rats in the CCl$_4$ group received 50% CCl$_4$ (CCl$_4$: olive oil, 1:1) subcutaneously at a dose of 0.3 ml/100 g of body weight twice per week for up to 9 weeks. To obtain data on various stages of fibrosis, 4 rats were randomly selected from the liver fibrosis group for MRI at 8 time points (2, 3, 4, 5, 6, 7, 8, 9 weeks) after the first CCl$_4$ injection.

### Table 4: Diagnostic accuracy of values across META VIR stages

|                  | AUC   | 95% CI         | Cut-off value | Sensitivity | Specificity |
|------------------|-------|----------------|---------------|-------------|-------------|
| F0 versus F1-2-3-4 |       |                |               |             |             |
| ADC              | 0.957 | 0.887 - 0.990  | $\leq 1.0.5$  | 81.25       | 100         |
| $D_{app}$        | 0.938 | 0.860 - 0.979  | $\leq 1.352$  | 87.50       | 87.50       |
| DDC              | 0.938 | 0.861 - 0.980  | $\leq 1.022$  | 82.81       | 100.00      |
| F0-1 versus F2-3-4 |      |                |               |             |             |
| ADC              | 0.902 | 0.815 - 0.957  | $\leq 1.035$  | 91.67       | 75.00       |
| $D_{app}$        | 0.933 | 0.854 - 0.977  | $\leq 1.155$  | 81.25       | 90.62       |
| DDC              | 0.980 | 0.921 - 0.998  | $\leq 0.929$  | 95.83       | 93.75       |
| F0-1-2 versus F3-4 |      |                |               |             |             |
| ADC              | 0.813 | 0.710 - 0.891  | $\leq 1.010$  | 96.87       | 62.50       |
| $D_{app}$        | 0.835 | 0.735 - 0.909  | $\leq 1.104$  | 81.25       | 79.17       |
| DDC              | 0.876 | 0.783 - 0.939  | $\leq 0.916$  | 96.87       | 68.75       |
| F0-1-2-3 versus F4 |      |                |               |             |             |
| ADC              | 0.687 | 0.574 - 0.786  | $\leq 1.01$   | 100.00      | 47.69       |
| $D_{app}$        | 0.805 | 0.701 - 0.885  | $\leq 1.104$  | 93.33       | 66.15       |
| DDC              | 1.000 | 0.955 - 1.000  | $\leq 0.987$  | 100         | 100         |
In the biliary duct ligation (BDL) group [26], the rats were anesthetized with 3% pentobarbital intraperitoneal injection at a dose of 0.2 ml/100 g of body weight. An upper abdominal incision was achieved using a sterile technique, and the common bile duct was isolated and double-ligated close to the liver, immediately below the bifurcation. To obtain data on various stages of fibrosis, 8 rats were randomly selected from the liver fibrosis group for MRI at 4 time points (1, 2, 3, 4 weeks) after the operation.

Conventional MRI techniques

An INGENIA 3.0T (Philips Healthcare, Best, Netherlands) magnetic resonance scanner with a 30-mm rat coil (Suzhou Medcoil Healthcare Co., Ltd) with 4 independent channels and a high signal to noise ratio and high resolution was used for small animal imaging. Imaging range: F/H 80 mm, R/L 47 mm, A/P 47 mm. After the rats were anesthetized with 3% pentobarbital intraperitoneal injection at a dose of 0.2 ml/100 g of body weight, MRI scans were performed in a prone and head-first position. To limit the respiratory motion of the rats, a fixing belt was used. The following conventional sequences were performed: (A) axial T2-weighted fast field echo (FFE) [repetition time/echo time (TR/TE) = 206/9.2 ms; FOV = 60×60 mm; matrix = 100×100; slice thickness = 3 mm], (B) axial T1-weighted turbo-spin-echo (TSE) [TR/TE = 400/10 ms; FOV = 60×60 mm; matrix=100×100; slice thickness = 3 mm], (C) axial T2-weighted fast spin-echo (FSE) [TR/TE = 2000/55 ms; EPI factor = 63; FOV = 50×50 mm; slice thickness = 3 mm; number of slices = 9; matrix = 64×64], (D) axial T2-weighted double inversion recovery (DIR) fat suppression. Diffusion-weighted MRI was implemented with a single-shot spin-echo echo-planar imaging (EPI) sequence. The resulting parameters were as follows: TR/TE = 2000/55 ms, EPI factor = 63, FOV=50×50 mm, slice thickness = 3 mm, number of slices = 9, matrix = 64×64, motion probing gradients in three orthogonal axes, spectral presaturation inversion recovery (SPIR) fat suppression. Monoexponential model b-values used: 0, 800 s/mm². The number of signal averages for b-values 0 and 800 were 1 and 3, respectively. SEM and DKI models b-values used: 0, 700, 1400, 2100 s/mm². The number of signal averages for b-values 0, 700, 1400 and 2100 were 1, 2, 3 and 4, respectively.

Image analysis

Image analysis in this study was performed with the PRIDE DWI Tool version 1.5, a manufacturer-supplied software from Philips Healthcare (Best, Netherlands) and fitted on a pixel-by-pixel basis by the Levenberg–Marquardt algorithm: 

1. Traditional monoexponential diffusion model [27] as

\[
\frac{S_b}{S_0} = \exp(-b \cdot ADC)
\]

where \(S_b\) and \(S_0\) are the diffusion weighted signal intensity for the diffusion gradient b-value of b and 0, respectively, and ADC is the apparent diffusion coefficient.

2. Diffusion kurtosis imaging (DKI) model [28] as

\[
\ln(S) = \ln(S_0) + \frac{1}{6} [(b \cdot D_{app})^2 K_{app}]
\]

where \(D_{app}\) is the diffusion coefficient and \(K_{app}\) is the diffusional kurtosis.

3. Stretched exponential model (SEM) [17] as:

\[
\ln(S) = \ln(S_0) - (b \cdot DDC)^\alpha
\]

where DDC indicates the distributed diffusion coefficient and \(\alpha\) is the water molecular diffusion heterogeneity index (0-1).

Each pixel within the volume of interest of these parameters (ADC, \(D_{app}\), \(K_{app}\), DDC, \(\alpha\)) was respectively calculated, and the parameters were expressed as mean values of all pixels. Five regions of interest (ROIs) of approximately 3–4 mm² were manually drawn by a radiologist (LW, 21 years of liver radiology experience and also extensive experience in imaging of rats) to avoid the inclusion of liver margin, vessel or bile duct. Assessment was then subsequently performed using ImageJ software (NIH, Bethesda, MD).

Histopathological analysis

After scanning, the rats were sacrificed by over-anesthetization with a 3% pentobarbital intraperitoneal injection. Next, the livers were excised and fixed using 10% formalin before being cut into 5-μm sections for both histological examination with hematoxylin and eosin (H&E) staining and picrosirius red staining for collagen visualization. A Leica DM2000 microscope (Leica Microsystems, Wetzlar, Germany) was used to examine the serial sections and make photographs. The stages of liver fibrosis were identified by an experienced histopathologist (LYF, 10 years experience in liver pathology) based on the METAVIR classification system, [29, 30] in which F0 = no fibrosis, F1 = portal fibrosis without septa, F2 = portal fibrosis and a few septa, F3 = numerous septa without cirrhosis, and F4 = cirrhosis. Semiquantitative analysis was performed for collagen content. Five visual fields were randomly selected (200× magnification). Image-Pro Plus v6.0 image analysis software (Media Cybernetics, Rockville, MD) was used to analyze the percentage of the positive-staining area relative to the whole area of the field [31].

Statistical analysis

The Kolmogorov-Smirnov test was used to analyze the normality, in which the parameters resulted in an
approximately normal distribution. The statistical analysis of multiple group comparisons of these parameters was carried out by a one-way analysis of variance (ANOVA). The relationships between the stage of liver fibrosis and these parameters were assessed using Spearman’s correlation coefficient and collagen content and these parameters using Pearson’s correlation coefficient.

SPSS v20.0 statistical software (SPSS, Chicago, IL) was used for analyzing data in the study. P<0.05 indicated a statistically significant difference. Receiver operating characteristic (ROC) curves were used to evaluate the usefulness of parameters for determining stages.

**Author contributions**

HGW drafted the manuscript. CQ participated in the design sequence of MR. LYF performed pathological examination. LW and WMX participated in the design of the study and performed the statistical analysis. QXY, LLP and XJM conceived of the study, participated in its design and coordination and helped draft the manuscript. All authors read and approved the final manuscript.

**ACKNOWLEDGMENTS**

None.

**CONFLICTS OF INTEREST**

The authors declare no conflicts of interest.

**FUNDING**

This study received funding from a China Postdoctoral Science Foundation funded project (2017M612851).

**REFERENCES**

1. Schuppan D, Afshar NH. Liver cirrhosis. Lancet. 2008; 371:838–51. https://doi.org/10.1016/s0140-6736(08)60383-9.

2. Ramachandran P, Iredale JP. Reversibility of liver fibrosis. Ann Hepatol. 2009; 8:283–91.

3. Thampanitchawong P, Piratsisuth T. Liver biopsy: complications and risk factors. World J Gastroenterol. 1999; 5:301–4.

4. Bissell DM. Assessing fibrosis without a liver biopsy: are we there yet? Gastroenterology. 2004; 127:1847–9.

5. Tsukamoto T, Yamamoto T, Ikebe T, Takemura S, Shuto T, Kubo S, Hirohashi K, Kinoshita H. Serum markers of liver fibrosis and histologic severity of fibrosis in resected liver. Hepatogastroenterology. 2004; 51:777–80.

6. Wang YX, Yuan J. Evaluation of liver fibrosis with T1rho MR imaging. Quant Imaging Med Surg. 2014; 4:152–5. https://doi.org/10.3978/j.issn.2223-4292.2014.04.04.

7. Sandrasegaran K, Akisik FM, Lin C, Tahir B, Rajan J, Saxena R, Aisen AM. Value of diffusion-weighted MRI for assessing liver fibrosis and cirrhosis. AJR Am J Roentgenol. 2009; 193:1556–60. https://doi.org/10.2214/AJR.09.2436.

8. Koinuma M, Ohashi I, Hanafusa K, Shibuya H. Apparent diffusion coefficient measurements with diffusion-weighted magnetic resonance imaging for evaluation of hepatic fibrosis. J Magn Reson Imaging. 2005; 22:80–5. https://doi.org/10.1002/jmri.20344.

9. Lewin M, Poujol-Robert A, Boelle PY, Wendam D, Lasnier E, Viallon M, Guechot J, Hoffel C, Arrive L, Tubiana JM, Poupon R. Diffusion-weighted magnetic resonance imaging for the assessment of fibrosis in chronic hepatitis C. Hepatology. 2007; 46:658–65. https://doi.org/10.1002/hep.21747.

10. Luciani A, Vigaud A, Cavet M, Nieu JT, Mallat A, Ruel L, Laurent A, Deux JF, Brugieres P, Rahmouni A. Liver cirrhosis: intravoxel incoherent motion MR imaging--pilot study. Radiology. 2008; 249:891–9. https://doi.org/10.1148/radiol.2493080080.

11. Annet L, Peeters F, Abarca-Quinones J, Leclercq I, Moulin P, Van Beers BE. Assessment of diffusion-weighted MR imaging in liver fibrosis. J Magn Reson Imaging. 2007; 25:122–8. https://doi.org/10.1002/jmri.20771.

12. Girometti R, Furlan A, Esposito G, Bazzocchi M, Como G, Soldano F, Isola M, Toniutto P, Zuiani C. Relevance of b-values in evaluating liver fibrosis: a study in healthy and cirrhotic subjects using two single-shot spin-echo echo-planar diffusion-weighted sequences. J Magn Reson Imaging. 2008; 28:411–9. https://doi.org/10.1002/jmri.20344.

13. Yuan J, Wong OL, Lo GG, Chan HI, Wong TT, Cheung PS. Statistical assessment of bi-exponential diffusion weighted imaging signal characteristics induced by intravoxel incoherent motion in malignant breast tumors. Quant Imaging Med Surg. 2016; 6:418–29. https://doi.org/10.21037/qims.2016.08.05.

14. Wang YX, Deng M, Li YT, Huang H, Leung JCS, Chen W, Lu PX. A combined use of intravoxel incoherent motion MRI parameters can differentiate early-stage hepatitis-b fibrotic livers from healthy livers. SLAS Technol. 2017:2472630317717049. https://doi.org/10.1177/2472630317717049.

15. Li YT, Cercueil JP, Yuan J, Chen W, Loffroy R, Wang YX. Liver intravoxel incoherent motion (IVIM) magnetic resonance imaging: a comprehensive review of published data on normal values and applications for fibrosis and tumor evaluation. Quant Imaging Med Surg. 2017; 7:59–78. https://doi.org/10.21037/qims.2017.02.03.

16. Taouli B, Vilgrain V, Dumont E, Daire JL, Fan B, Menu Y. Evaluation of liver diffusion isotropy and characterization of focal hepatic lesions with two single-shot echo-planar MR imaging sequences: prospective study in 66 patients. Radiology. 2003; 226:71–8. https://doi.org/10.1148/radiol.2261011904.
17. Bennett KM, Schmainda KM, Bennett RT, Rowe DB, Lu H, Hyde JS. Characterization of continuously distributed cortical water diffusion rates with a stretched-exponential model. Magn Reson Med. 2003; 50:727–34. https://doi.org/10.1002/mrm.10581.

18. Anderson SW, Barry B, Soto J, Ozonoff A, O’Brien M, Jara H. Characterizing non-gaussian, high b-value diffusion in liver fibrosis: stretched exponential and diffusional kurtosis modeling. J Magn Reson Imaging. 2014; 39:827–34. https://doi.org/10.1002/jmri.24234.

19. Hu G, Chan Q, Quan X, Zhang X, Li Y, Zhong X, Lin X. Intravoxel incoherent motion MRI evaluation for the staging of liver fibrosis in a rat model. J Magn Reson Imaging. 2015; 42:331–9. https://doi.org/10.1002/jmri.24796.

20. Van Cauter S, Veraart J, Sijbers J, Peeters RR, Himmelreich U, De Keyzer F, Van Gool SW, De Vleeschouwer S, Van Hecke W, Sunaert S. Gliomas: diffusion kurtosis MR imaging in grading. Radiology. 2012; 263:492–501. https://doi.org/10.1148/radiol.12110927.

21. Sheng RF, Wang HQ, Yang L, Jin KP, Xie YH, Chen CZ, Zeng MS. Diffusion kurtosis imaging and diffusion-weighted imaging in assessment of liver fibrosis stage and necroinflammatory activity. Abdom Radiol (NY). 2017; 42:1176–82. https://doi.org/10.1007/s00261-016-0984-4.

22. Bai Y, Lin Y, Tian J, Shi D, Cheng J, Haucke EM, Hong X, Ma B, Zhou J, Wang M. Grading of gliomas by using monoexponential, biexponential, and stretched exponential diffusion-weighted MR imaging and diffusion kurtosis MR imaging. Radiology. 2016; 278:496–504. https://doi.org/10.1148/radiol.20151638.

23. Palmucci S, Cappello G, Attina G, Fuccio Sanza G, Foti PV, Ettorre GC, Milone P. Diffusion-weighted MRI for the assessment of liver fibrosis: principles and applications. Biomed Res Int. 2015; 2015:874201. https://doi.org/10.1155/2015/874201.

24. Fujimoto K, Tonan T, Azuma S, Kage M, Nakashima O, Johkoh T, Hayabuchi N, Okuda K, Kawaguchi T, Sata M, Qayyum A. Evaluation of the mean and entropy of apparent diffusion coefficient values in chronic hepatitis C: correlation with pathologic fibrosis stage and inflammatory activity grade. Radiology. 2011; 258:739–48. https://doi.org/10.1148/radiol.10100853.

25. Bonekamp S, Torbenson MS, Kamel IR. Diffusion-weighted magnetic resonance imaging for the staging of liver fibrosis. J Clin Gastroenterol. 2011; 45:885–92. https://doi.org/10.1097/MCG.0b013e318223bd2c.

26. Wang YX, Yuan J, Chu ES, Go MY, Huang H, Ahuja AT, Sung JJ, Yu J. T1rho MR imaging is sensitive to evaluate liver fibrosis: an experimental study in a rat biliary duct ligation model. Radiology. 2011; 259:712–9. https://doi.org/10.1148/radiol.11101638.

27. Le Bihan D, Breton E, Lallemand D, Aubin ML, Vignaud J, Laval-Jeantet M. Separation of diffusion and perfusion in intravoxel incoherent motion MR imaging. Radiology. 1988; 168:497–505. https://doi.org/10.1148/radiol.168.2.3393671.

28. Jensen JH, Helpern JA, Ramani A, Lu H, Kaczynski K. Diffusional kurtosis imaging: the quantification of non-gaussian water diffusion by means of magnetic resonance imaging. Magn Reson Med. 2005; 53:1432–40. https://doi.org/10.1002/mrm.20508.

29. Poynard T, Bedossa P, Opolon P. Natural history of liver fibrosis progression in patients with chronic hepatitis C. the OBSVIRC, META VIR, CLINIVIR, and DOSVIRC groups. Lancet. 1997; 349:825–32.

30. Bedossa P, Poynard T. An algorithm for the grading of activity in chronic hepatitis C. The META VIR Cooperative Study Group. Hepatology. 1996; 24:289–93. https://doi.org/10.1002/hep.510240201.

31. Moriyama T, Kawada N, Ando A, Yamauchi A, Horio M, Nagata K, Imai E, Hori M. Up-regulation of HSP47 in the mouse kidneys with unilateral ureteral obstruction. Kidney Int. 1998; 54:110–9. https://doi.org/10.1046/j.1523-1755.1998.00XXX.x.