Thermal Modernization Cost and the Potential Ecological Effect—Scenario Analysis for Thermal Modernization in Southern Poland

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Abstract: Air pollution is one of the important environmental problems in Poland. The main cause of its occurrence is emissions associated with individual heating of buildings. The reduction of the primary energy demand in a building is influenced by its proper thermal modernization, including in particular insulating. In view of the above, this article presents the results of studies on the possible environmental benefits of thermal modernization of single-family houses for the area of Southern Poland. The analysis was limited to determining the impact of measures to reduce air pollution emissions by insulating the building envelope of single-family houses. The research was conducted for two voivodeships: Śląskie and Małopolskie. Its aim is to identify the financial costs and achievable ecological effects of the thermal modernization of single-family buildings. The geographical selection of the research area was based on the fact that it covers the most polluted region in Poland. This region is characterized by many features that influence poor air quality. Among these features, the most important are: diversified building structure, a diverse topography, and very high population density. To limit multiple variables, we have selected a scenario method that has already been used in similar research. Four scenarios were established to show the relationship between the value of emission reductions and the level of funding for thermal modernization. The analysis allows a comparison of the effectiveness of individual variants and the transposition of their results into the possibilities of action in the region. This research will help to supplement the knowledge of the impact of insulating building envelopes on reducing pollutant emissions by reducing the energy demand of a building. They also identify a possible link between the level of this reduction and the grant amount for thermal modernization. As a result, it was found that a high share of external funding—stimulating the tendency of the inhabitants of the analyzed voivodeships to effective thermal modernization, and thus reducing the buildings’ energy consumption—has a significant impact on the improvement of air quality.

Keywords: thermal modernization; air pollution; ecological effect; single-family buildings; Śląskie voivodeship; Małopolskie voivodeship

1. Introduction

Poland is an infamous leader in terms of low air quality, which is one of the most polluted in Europe. According to the Reports of the European Environment Agency, Poland is one of the countries with very high exceedances of air quality standards, especially in its southern area [1,2].

According to the data collected by the National Center for Emissions Balancing and Management, solid fuel combustion in individual central heating furnaces and boilers—so-called low emissions—is responsible for half of the smog in Poland [3]. Industry, agriculture, and road transport are other significant emitters of pollutants [4,5]. One of
the parameters of air quality assessment is the concentration of benzo(a)pyrene contained in it—a carcinogenic product of solid fuel combustion. Heat sources using solid fuels are responsible for over 80% of the emissions of this substance. Its highest concentrations and other polycyclic aromatic hydrocarbons occur mainly in the autumn-winter time in densely built-up areas where single-family buildings or apartments are heated with coal or wood [6,7].

Fortunately, the consciousness of decision-makers and the Polish society about the high harmfulness of polluted air is still growing [8]. In order to counteract the problem aggravation, in 2018 the government “Clean Air” Program (hereinafter the Program) was launched. Financial subsidies from the State budget for initiatives focused on improving air quality are provided for by the Program [9]. The aim of the Program is to eliminate 3 million old-type domestic central heating installations—in the overwhelming number of installations, low-quality and energy-efficient solid fuels are burned [10,11]. To achieve the goal, funds in the amount of PLN 103 billion (~EUR 22.4 billion) have been declared, mainly for thermo-modernization of houses and replacement of boilers [12]. The duration of activities for the full achievement of the goal is planned for 10 years. However, despite the budgetary financial support, the thermal modernization process is progressing too slowly in relation to the Program schedule. During the two years of its operation, only 177,000 applications have been submitted and 146,000 subsidy agreements have been signed throughout the country [13].

The low level of financial resource allocation is a premise for undertaking research aimed at assessing the size of the potential environmental effect that could be achieved by the Program financing. We assume that the possibility of obtaining environmental benefits by increasing the effectiveness of the Program is achievable. Benefits, such as reduction of air pollutant emissions, can be achieved as a result of thermal modernization of single-family buildings—which consists of the thermal insulation installation of an external building partition—in Southern Poland, the most polluted area of Poland.

2. Purpose, Methods, and Territorial Scope of the Research

The aim of the research is an attempt to estimate the optimal financial cost of thermal modernization of single family houses, which would be acceptable for the inhabitants, and thus highly probable to be implemented in real life. Defining the aim in that way allows us to formulate a hypothesis: the acceptable cost of financing thermal modernization will impact to increasing the national “Clean Air” Program implementation tempo and consequently in achieving an ecological effect, which will be the air quality improvement in Poland.

Research and literature analysis focused mainly on examples of the area of Poland. This issue is also raised by foreign literature [14–17]. There are empirical studies on the impact of thermal modernization on the amount of pollutant emissions into the environment created by the heating process of buildings. These include comprehensive activities related to the replacement of heating sources, heating systems, etc. They focus especially on selected individual objects, e.g., sacred or multi-family development [18–20]. Analyses are also being carried out to determine the number of people willing to carry out the thermal modernization with the amount of its costs with possible funding [21]. However, the literature does not deal with the issues related to the impact of reducing the energy demand of a single-family building on particulate matter emissions, solely by insulating its building envelope. The topic which needs to be supplemented is also about the linking of the reducing pollutant emissions with the subsidy of thermal modernization, in particular for the Małopolskie and Śląskie voivodeships. In view of the above, this article supplements the knowledge on the ecological effects of thermal modernization processes in the field of building insulation. It also draws attention to improving the effectiveness of these measures through the financial support expected by single-family homeowners.

In order to achieve the assumed goal, a scenario analysis method was chosen which is widely used in various fields where future projection supporting decision making is
required [22,23]. The usefulness of the scenario analysis method is determined by several features and it is not free from some weaknesses [24]. On the one hand, the method allows for avoiding the limitations resulting from the influence of certain dependent variables on the behavior of the studied entities, and on the other hand, it allows for testing tools in one study that would normally require long-term approaches to measuring dependent variables [25]. Moreover, the method has a high degree of utility. When it is correctly applied, it is highly useful in very different fields [26–28]. The studies adopted four scenarios, defining the relationship between the level of funding for thermal modernization and the number of people willing to undertake such an investment. Their assumptions were established in the same way as in the case of research conducted by M. Dzikuć and others [21]. Then, based on data from nationwide surveys, the number of buildings whose owners see the need to insulate the outer partitions and the average cost of such an investment for a representative size of the facility was determined. As a result, the potential cost of warming the indicated buildings in each province was calculated according to each scenario. In the analysis of the effect of insulating the building envelope on the reduction of air pollutant emissions, emission levels were compared for a non-insulated building (EP = 180 kWh/(m²-year)) and insulated (after thermal modernization, EP = 90 kWh/(m²-year)). The results were then aggregated on a voivodeship scale. Based on the assumptions of the scenario analysis, the expected emission reduction values are defined in each variant depending on the level of the thermal modernization funding. On the basis of these, optimal options have been identified which could contribute to the greatest possible reduction of air pollutants.

The choice of the geographical area of the research was determined by the data showing the current level of air pollution in various regions of Poland. Polish Smog Alert (PSA)—based on its own analysis and National Environmental Monitoring data from 2019—has compiled a list of 15 towns in Poland with the highest air pollution rate. Small and medium-sized towns as well as villages in this group are predominant. This indicates that the problem of poor air quality does not only occur in large cities [29,30]. Over 50% of the towns from the PSA list are located in southern Poland—in the Śląskie and Małopolskie voivodeships (Figure 1). These data clearly indicate that this is a crucial region of Poland—air quality improving in this area will have an importance throughout the country.

Figure 1. Air pollution in the Małopolskie and Śląskie voivodeships. Airly app measurement [31]. Data on 31 January 2021, at 10 PM.
Hence, it is rational to conduct research in these voivodeships, where the air pollution concentration is the highest. This region is also important because of its border location. Such a location causes the pollutant emission to travel outside Poland—to Czech Republic and Slovakia [15,32]. Both countries have been monitoring cross-border emissions since 2017, assessing how much pollution comes from Poland [33]. Thus, two voivodeships were included in the research area: with the largest surface areas and the largest number of heavily polluted localities.

3. Air Pollution—Situation in the Area of Śląskie and Małopolskie Voivodeships

According to the State of the Environment Report in the Małopolskie voivodeship in 2017, the air quality in the Krakow Agglomeration does not meet the criteria specified for particulate matter PM10 and PM2.5, the content of benzo(a)pyrene in particulate matter PM10, and also for nitrogen dioxide. Surface emissions related to individual heating of buildings in the municipal and housing sector and, secondly, transport emissions, are the main reasons for the exceedances in the region. In the case of Krakow, these figures correspond to 39% and 16% of the total emissions, respectively. Thirty-nine percent of the share (for PM10 particulate matter) in air pollution in Krakow is the inflow from neighboring communes. With reference to the voivodeship, the inflow from neighboring zones is significant—especially from the Śląskie voivodeship. In this context, the topography and meteorological conditions have a decisive influence on the specific local spreading conditions and the accumulation of pollutants [34,35]. In the last 2 years, a slight improvement in air quality has been observed, especially in terms of the level of PM10 particulate matter in the voivodeship and nitrogen dioxide in the Krakow Agglomeration [36].

According to the State of the Environment Report in the Śląskie voivodeship in 2017, in spite of carrying out many activities to improve air quality, the most important problem is, in the winter season, excessive concentrations of particulate matter PM10 and PM2.5 and benzo(a)pyrene, and in the summer season, high concentrations of tropospheric ozone. Exceeding the permissible daily concentration of PM10 particulate matter covers the area of the entire Śląskie voivodeship. This situation occurs mainly in the winter and it is the effect of particulate matter emission from the individual heating of buildings. The annual standards for PM10 and PM2.5 were exceeded in a smaller area with high population density. In the case of PM2.5 particulate matter, the percentage of the population exposed to above-average concentrations in 2018 was 95% [37,38]. A positive phenomenon, observed since 2011, is the reduction of the average annual concentrations of sulfur dioxide, amounting to approximately 30% [39]. Still, the scale of exceedances of air quality standards in the Śląskie voivodeship is one of the highest in Poland [40].

Solid fuel boilers and stoves dominate the structure of heating sources for single-family houses in the Małopolskie and Śląskie voivodeships. In the case of 77% of single-family houses in the Małopolskie voivodeship and 81% in the Śląskie voivodeship, the main source of heating is a coal-fired boiler or stove. In accordance with the regional anti-smog resolutions adopted in 2017 in Małopolskie, coal or wood-fired boilers that do not meet any emission standards should be replaced by the end of 2022, and class 3 and 4 boilers by 2026. In the Śląskie voivodeship, those boilers that do not meet the emission standards may be used until the end of 2025 [41].

4. Scenario Analysis—Assumptions

The amount of emission reductions depends on the number of buildings undergoing thermal modernization. On the other hand, the number of people willing to carry out thermal modernization is related to the level of its external financial support. Four scenarios have been developed to identify possible environmental effects in the context of the amount of funding.

The assumptions of the scenario analysis, concerning the relationship between the amount of the grant and the number of owners of single-family houses willing to insulate
external partitions, were based on the results of studies conducted by M. Dzikuć and others [21]. On their basis, similar assumptions were made:

1. In the first scenario, a 100% subsidy from the state budget was adopted—which is allowed under the “Clean Air” Program. In this scenario, the authors of the article accepted a 100% share of people applying for the building thermal modernization program.
2. The second scenario involves 80% state budget funding. In this variant, the involvement of building owners was set at the level of 75% of all respondents.
3. In the third scenario, the proposed grant is 60% of the cost, and the number of participants in the thermal modernization program has been set at 40%.
4. In the fourth and final scenario, the grant amount was set at 40%. In this case, the projected number of participants in the thermal modernization program decreases to 25% of the total concerned.

For each scenario, the cost of thermal modernization was estimated by voivodeship. The following assumptions were made to obtain the pollution indicators relevant for the estimation of the ecological effect:

(a) Emission depends on: the type of fuel, fuel consumption, and efficiency of the reduction device [42] (if present in the technological system). The result is the difference between emissions before and after the modernization of the energy (emissions) source. The following formula shall be used to calculate the magnitude of the effect of (reducing or avoiding) carbon monoxide (CO) and NOx and SO\textsubscript{2} emissions [43]:

\[ E = B \times W \]

where:
- \( E \): emissions of the substance, expressed in kilograms [kg],
- \( B \): fuel consumption: for solid fuels expressed in megagrams/year [Mg/year], in the case of gaseous fuels expressed in millions of cubic metres/year [million.m\textsuperscript{3}/year], liquid fuels expressed in cubic metres/year [m\textsuperscript{3}/year],
- \( W \): the emission factor expressed in kilograms per unit of fuel consumed;

where an emission reduction device is installed behind the combustion source (boiler), its size shall be determined according to:

\[ E' = E \times (100 - \eta)/100 \]

where:
- \( E' \): emission of the substance after correction due to reduction in the installed device, expressed in kilograms [kg],
- \( E \): emission before the reduction device, expressed in kilograms [kg],
- \( \eta \): efficiency of the reduction device expressed as a percentage [%];

(b) The following formula shall be used to calculate the magnitude of the effect of (reducing or avoiding) particulate matter emissions:

\[ E'' = E \times (100 - \eta)/(100 - k) \]

where:
- \( E'' \): emission of the substance after correction due to the reduction in the installed device, expressed in kilograms [kg],
- \( \eta \): efficiency of the reduction device expressed as a percentage [%],
- \( k \): content of combustible parts in particulate matter [%],
- \( E \): emission before the reduction device, expressed in kilograms [kg]

\[ E = B \times W \]
where:

\[ E = \text{emission of the substance, expressed in kilograms [kg]}, \]

\[ B = \text{fuel consumption: for solid fuels expressed in megagrams/year [Mg/year], in the case of gaseous fuels expressed in millions of cubic metres/year [million.m}^3/\text{year}], liquid fuels expressed in cubic metres/year [m}^3/\text{year}],} \]

\[ W = \text{the emission factor expressed in kilograms per unit of fuel consumed.} \]

Analyses of the level of air pollution generated were carried out for two types of single-family buildings: uninsulated (before thermal modernization) with an annual demand for renewable primary energy EP of about 180 kWh/(m}^2\text{year}), and a well-insulated building (after insulating of external walls) with an EP of about 90 kWh/(m}^2\text{year})—both using solid fuel boilers [44,45].

The comparison allowed us to obtain data that illustrate how the different investment scenarios improve air quality, in particular reducing PM2.5 and PM10 dust pollution. These data make it possible to identify and adapt individual investment scenarios to the scale of the risks and needs of the area resulting from air quality.

5. Scenario Analysis of Thermal Modernization in the Małopolskie and Śląskie Voivodeships

5.1. Data Sources

In Małopolskie and Śląskie there are more than one million single-family buildings [46]. The area of research is characterized by a large number of dispersed, detached housing [47,48]. Its spatial structure and topographical, environmental, and transport conditions [49,50] also promote the tendency to form compact settlement clusters. Very often, clusters of buildings occur in mountain valleys [51,52], as well as along transport corridors [53]. In particular, cities and towns with historical urban layouts have a compact development [54].

The number of single-family buildings located in the Śląskie and Małopolskie voivodeships is comparable. Differentiation occurs in relation to the number of non-insulated objects. On the basis of data from the National Population and Housing Census from 2011 and [55] and the average annual increases in the number of newly constructed buildings, it was assumed that at the end of 2016 there were 563,700 single-family houses in the Małopolskie voivodeship, of which 190,500 were non-insulated There were 547,200 of them in the Śląskie voivodeship, including a non-insulated 293,200 (Table 1).

| Table 1. List of the number of single-family houses in the Małopolskie and Śląskie Voivodeships [46]. |
|----------------------------------------------------------|
| **Voivodeship** | **Małopolskie** | **Śląskie** |
| Number of non-insulated buildings | 190,500 | 293,200 |
| Number of insulated buildings | 373,200 | 254,000 |
| Number of buildings using solid fuel stoves (insulated and non-insulated) | 435,000 | 470,000 |
| Number of single-family buildings | 563,700 | 547,200 |

The number of single-family buildings that could be thermomodernized in the Małopolskie and Śląskie voivodeships was estimated on the basis of the results of survey research among owners of single-family houses in Poland, carried out in 2017 by the CEM Market and Public Opinion Research Institute on behalf of the Institute of Environmental Economics (Table 2).
According to surveys, most people indicated the need to modernize the heating system with the replacement of the boiler. The need to renovate the roof with its insulation was declared by 26.5% of those surveyed, and the insulation of the walls of the building, 26.0%. For this reason, for the purposes of this article, a coefficient of the number of buildings that can be thermomodernized at 26.0% has been adopted and applied to the Małopolskie and Śląskie voivodeships. On this basis, it was estimated that the number of such buildings in Małopolskie is 146,562 and in Śląskie 142,272 (Table 3). It was assumed that these figures will be realized in the case of 100% of the funding for thermal modernization activities.

The number adopted is relatively small in the case of the Śląskie voivodeship in relation to the number of non-insulated buildings. It accounts for almost half of them—48.52%. In the Małopolskie voivodeship, this share is 76.93% due to the large number of objects already insulated.

### 5.2. Financial Costs and Ecological Effects

To determine the cost intensity of thermal modernization of a single-family building in the Małopolskie and Śląskie voivodeships, it was concluded that an average cost of thermal insulation of one single-family house with floor space of 120 m² amounts to EUR 16,000 [56]. The amount was based on an analysis of market prices and averaged construction portal prices [57] used for the cost of construction works. It includes thermal insulation of exterior walls and roof. The adopted average usable floor area allows us to reflect the current situation in the structure of single-family houses that require thermal insulating. The largest proportion of such buildings is construction objects built before the First World War and between 1945 and 1988. From 1957 to the 1970s, Poland had urban standards for low-level housing, which set the maximum floor area of a residential unit in single-family houses at 110 m² (with admission of 140 m² if the professional work of the building owner was allowed) [58]. The average area adopted in the research also includes subsequent implementations.

Similarly to the study carried out for the Lubuskie voivodeship, where four scenarios were considered, the level of the number of participants was assumed to depend on the degree of co-financing of building thermal modernization.

The Śląskie voivodeship has specific functional, spatial, and topographic conditions. A large share of single-family housing areas results in significant areas with high air pollution emissions [59]. The topographical conditions of the region also cause poor air exchange in some areas due to the presence of mountain areas and valleys and basins (e.g., the Żywiec Basin) in the southern part of the voivodeship. It is worth noting here that despite the fact that the Śląskie voivodeship (12,333 km²) is smaller in area than the Małopolskie

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**Table 2.** Renovation needs in Poland—survey results [56].

| Type of Renovation Investments | Renovation Needs—Preferences |
|-------------------------------|-----------------------------|
| Modernization of the heating system, including boiler replacement | 34.1% |
| Roof renovation with insulation | 26.5% |
| Insulation of building walls | 26.0% |

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**Table 3.** Number of single-family buildings planned for thermal modernization in the Małopolskie and Śląskie Voivodeships.

| Voivodeship | Number of Single-Family Buildings | Number of Potential Buildings Subject to Thermal Modernization |
|-------------|----------------------------------|-------------------------------------------------------------|
| Małopolskie | 563,700                          | 146,562                                                     |
| Śląskie     | 547,200                          | 142,272                                                     |
| In total    | 1,110,900                        | 288,834                                                     |

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voivodeship (15,183 km²), the number of single-family buildings that do not have thermal insulation is higher and amounts to 293,200 in comparison to 190,500 in Małopolskie.

Tables 4 and 5 present scenarios for both provinces. The tables show how the costs of subsidies are distributed. In scenario 1, with 100% co-financing, the amount of over EUR 2 billion was obtained in both voivodeships, with the number of buildings covered by the program being 146,562 (Małopolskie) and 142,272 (Śląskie). On the other hand, in the fourth scenario, with the financing at the level of 40%, the costs of the program amounted to over EUR 200 million for both voivodeships. Scenario 4 makes it possible to cover 36,640 buildings in Małopolskie and 35,568 buildings in Śląskie.

Table 4. List of scenarios in the Małopolskie Voivodeship. Number of buildings included: 146,562.

| Scenario and % of Support | Co-Financing Amount for Thermal Modernization (EUR) | Number of Buildings Covered by the Program | Potential Cost of Modernization of Buildings in Millions of Euros |
|---------------------------|---------------------------------------------------|------------------------------------------|---------------------------------------------------------------|
| First 100%                | 16,000                                            | 146,562                                  | 2344.9                                                        |
| Second 80%                | 12,800                                            | 109,921                                  | 1406.9                                                        |
| Third 60%                 | 9,600                                             | 58,625                                   | 562.8                                                         |
| Fourth 40%                | 6,400                                             | 36,640                                   | 234.5                                                         |

Table 5. List of scenarios in the Śląskie Voivodeship. Number of buildings included: 142,272.

| Scenario and % of Support | Co-Financing Amount for Thermal Modernization (EUR) | Number of Buildings Covered by the Program | Potential Cost of Modernization of Buildings in Millions of Euros |
|---------------------------|---------------------------------------------------|------------------------------------------|---------------------------------------------------------------|
| First 100%                | 16,000                                            | 142,272                                  | 2276.3                                                        |
| Second 80%                | 12,800                                            | 106,704                                  | 1365.8                                                        |
| Third 60%                 | 9,600                                             | 56,909                                   | 546.3                                                         |
| Fourth 40%                | 6,400                                             | 35,568                                   | 227.6                                                         |

Combustion of fuels, in particular solid fuels, causes emission of pollutants hazardous to human health. Not only the type of fuel, but also the design of the boiler, the burner, and the setting of its operating parameters are important in this respect. The basic products of combustion are carbon dioxide (CO₂), water vapour (H₂O), and nitrogen oxide (NOₓ). Depending on the type of fuel and the combustion process, the following can also be emitted: sulphur compounds (SO₂), carbon monoxide (CO), and dust. Based on the above data, scenarios were developed for the Małopolskie and Śląskie voivodeships. The data thus generated have been presented together with data on emissions from single-family buildings, depending on the source of heating and the quality of thermal insulation of the building.

Based on the calculations, tables have been prepared for the emission of pollutants resulting from heating homes with solid fuels. The following assumptions have been made for the purpose of the study: average area of a single-family building—120 m²; average number of people living in the building—3 people; average water consumption per person in the building according to the standard of needs [60,61]; the average temperature of hot water in the circulation of the water supply system of the building—45 degrees Celsius; and the number of days of hot water use in the building—365. For the purpose of the calculations, the lack of internal circulation of hot water was also assumed. In the first place, the emissions of pollutants generated by a non-insulated single-family building (EP = 180 kWh/(m²/year)) heated with solid fuel were calculated. (In this case, two types of solid fuel boilers were used: a culm boiler and an eco-pea coal boiler.) As a result of analyses, air pollution parameters were obtained, presented in Table 6. Particularly important here were emissions of dust and benzo(a)pyrene.
Table 6. Summary of the annual emission of pollutants for a non-insulated building (EP = 180 kWh/(m²·year)).

| Solid Fuel (Coal) | CO₂ (kg/Year) | CO (kg/Year) | Particulate Matter (kg/Year) | SO₂ (kg/Year) | NOx (kg/Year) |
|-------------------|---------------|--------------|------------------------------|---------------|---------------|
| Boiler for culm   | 17,529        | 721.8        | 18.11                        | 98.99         | 14.44         |
| Boiler for eco-pea coal | 14,469        | 595.8        | 15.95                        | 81.71         | 11.92         |

To obtain comparable data for a well-insulated building (EP = 90 kWh/(m²·year)), an analogous calculation system was used. The results are presented in Table 7. The same heating source was assumed—culm and eco-pea coal. The results of calculations indicate that with the use of this type of power supply there was a significant reduction in particulate matter and sulphur dioxide. CO₂ emissions were also significantly reduced.

Table 7. Summary of the annual emission of pollutants for a well-insulated building (EP = 90kWh/(m²·year))—after thermal modernization.

| Solid Fuel (Coal) | CO₂ (kg/Year) | CO (kg/Year) | Particulate Matter (kg/Year) | SO₂ (kg/Year) | NOx (kg/Year) |
|-------------------|---------------|--------------|------------------------------|---------------|---------------|
| Boiler for culm   | 9878          | 406.80       | 10.20                        | 55.79         | 8.14          |
| Boiler for eco-pea coal | 8349          | 343.80       | 8.62                         | 47.15         | 6.88          |

Then, the changes in the emission of pollutants that can be obtained as a result of thermal modernization of the single-family buildings under consideration in the region were calculated. The results have been compared with particular scenarios for both voivodeships (Tables 8 and 9). The above data illustrate the reduction of annual emissions for single-family houses after thermal insulation. The figures have been divided into individual scenarios and show the share of the grant amount in comparison with the environmental effect. The values represent the quantitative reduction of specific pollutants in air emissions. The breakdown includes the type of solid fuel burned. In particular scenarios, the number of buildings participating in the thermal modernization program has also been taken into account, depending on the adopted scenario.

Table 8. Summary data related to the reduction in annual emissions of pollutants after thermal modernization of single-family buildings according to scenarios in the Małopolskie Voivodeship.

| Scenario | Number of Buildings | Subsidy (in Millions Euro) | Solid Fuel Boiler | Reduction of Emissions |
|----------|---------------------|-----------------------------|-------------------|------------------------|
|          |                     |                             |                   | CO₂/kT Per Year | CO/kT Per Year | Particulate Matter/kT Per Year | SO₂/kT Per Year | NOx/kT Per Year |
| 1        | 146,562             | 2344.9                      | Culm Eco-pea coal | 1121.3 897.0     | 46.2 37.0      | 1.16 0.93                        | 6.4 5.0         | 1.0 0.7         |
| 2        | 109,921             | 1406.9                      | Culm Eco-pea coal | 841.0 672.7      | 34.7 27.8      | 0.87 0.70                        | 4.8 3.9         | 0.7 0.6         |
| 3        | 58,625              | 562.8                       | Culm Eco-pea coal | 448.5 358.7     | 18.5 14.8      | 0.46 0.37                        | 2.6 2.2         | 0.35 0.29       |
| 4        | 36,640              | 234.5                       | Culm Eco-pea coal | 280.3 224.2     | 11.5 9.3       | 0.29 0.23                        | 1.6 1.3         | 0.24 0.23       |
Table 9. Summary data related to annual emissions of pollutants after thermal modernization of single-family buildings according to scenarios in the Śląskie Voivodeship.

| Scenario | Number of Buildings | Subsidy (in Millions Euro) | Solid Fuel Boiler | Reduction of Emissions |
|----------|---------------------|-----------------------------|-------------------|------------------------|
|          |                     |                             | CO₂/kT Per Year   | CO/kT Per Year | Particulate Matter/kT Per Year | SO₂/kT Per Year | NOx/kT Per Year |
| 1        | 142,272             | 2276.3                      | Culm              | 1088.3       | 44.9                      | 1.13          | 6.2           | 1.0          |
|          |                     |                             | Eco-pea coal      | 870.7        | 35.9                      | 0.90          | 4.9           | 0.8          |
| 2        | 106,704             | 1365.8                      | Culm              | 816.4        | 33.6                      | 0.84          | 4.7           | 0.6          |
|          |                     |                             | Eco-pea coal      | 653.0        | 28.9                      | 0.68          | 3.7           | 0.6          |
| 3        | 56,909              | 546.3                       | Culm              | 435.3        | 17.9                      | 0.45          | 2.4           | 0.32         |
|          |                     |                             | Eco-pea coal      | 348.3        | 14.3                      | 0.36          | 1.9           | 0.27         |
| 4        | 35,568              | 227.6                       | Culm              | 272.1        | 11.1                      | 0.28          | 1.6           | 0.21         |
|          |                     |                             | Eco-pea coal      | 217.7        | 8.9                       | 0.23          | 1.3           | 0.22         |

Figures 2 and 3 illustrate the change in the level of particulate matter air pollution depending on the adopted variant of thermal upgrading for buildings using solid fuels for heating, such as eco-pea coal and fine coal. For the Małopolskie voivodeship, in scenario 1 particulate matter emissions dropped by about 43–44% compared to baseline data, in scenario 2 by over 32–33%, in scenario 3 by 17–18%, and in scenario 4 by about 11%. Similar indicators were obtained for the Śląskie voivodeship.

In turn, Figures 4 and 5 illustrate the correlation between the level of co-financing of thermal modernization works and the level of pollution. On their basis it can be seen that scenarios 1 and 2 are the most environmentally efficient, but costs associated with them are very high. Scenario 1 is unlikely because the grant amount in both voivodeships exceeds 16.5% of the amount foreseen for the “Clean Air” Program for the entire country of Poland. Therefore, scenario 2 appears to be the most favourable in terms of emission reductions of 32–33% compared to the baseline situation in the context of the funding level. Scenario 3, on the other hand, is more attractive for economic reasons. In this case, however, pollution reductions are only 17–18%, which is almost half the amount achieved in Scenario 2. Scenario 2 is the optimal option, taking into account the emission reduction criterion first.
Figure 3. Particulate emission—scenarios for Śląskie voivodeship.

Figure 4. Pollutant emission on the background of grant amount—scenarios for Małopolskie voivodeship.

Figure 5. Pollutant emission on the background of grant amount—scenarios for Śląskie voivodeship.
6. Discussion

The impact of air pollution on the environment is a particularly important issue, inter alia because of the commonness of the phenomenon, the amount of pollutants emitted, the wide range of the impact (from local to global scale), and its negative consequences on human health. Central European countries, including Poland, have a greater need in matters of improvement of air quality. In order to protect the air, it is necessary to ensure synergy of actions under many policies and sectors—both on a local and global scale. In particular, it is important to ensure that air protection measures are consistent with initiatives to combat climate change. Not all climate protection measures lead to improved air quality. The results of research conducted in the Lubuskie voivodeship [21], in which was used a comparable scenario analysis, identified a similar grant option as the optimal. Research carried out in the Małopolskie and Śląskie voivodeships shows that the optimum environmental effect in relation to the amount of the subsidy is provided by scenario 2. In this case, the grant amount is relatively high at around EUR 1.4 billion. However, it is important to keep in mind the total value of external costs, which come from the current level of pollutant emissions in Małopolskie, up to EUR 1.46 billion per year. These are costs related to inter alia increased mortality, hospital visits, absence from work, and the medical expenses of treating respiratory and cardiovascular diseases. [62] Therefore, it could be considered whether such a form of support (at least 80%) should not occur pointwise—in areas particularly threatened by air pollution. In this way, expenses at a regional scale can be reduced while maintaining the highest environmental benefits in the most polluted areas. Both voivodeships are ranked among the most polluted with air pollution in Poland. This results, inter alia, from the population density and spatial structure of single-family housing. In both regions there are particularly polluted areas, where daily concentrations significantly exceed acceptable standards. This is clearly visible in autumn and winter periods [29]. Significant exceedances of the standards make the concentrations in the air dangerous for human health and life [63]. In such areas, it is important to achieve the maximum environmental effect in the shortest possible time. In areas where emissions are lower, the solutions foreseen in scenario 3 might be considered to be implemented. In this variant, expenses are almost three times lower than in scenario 2. Achieving acceptable average daily concentrations of air pollutants should be the main goal of applying particular scenarios. Selection of the scenario should depend on the achieved environmental effects. It is advisable to monitor the adopted scenario and quantitative changes in pollutant emissions. Application of appropriate scenarios may influence the dynamics of thermomodernization processes in a given area.

The adopted research method does not include a comprehensive picture of the emissions of polluters resulting from the heating of single-family buildings in Małopolskie and Śląskie. Some simplifications have been applied to reduce the number of variables, e.g., the impact of the type of heating source. The focus was solely on the sources generating the most pollutants, i.e., solid fuel boilers. However, these assumptions allowed us to achieve the main objective, which is determining the impact of thermal modernization, which consists solely in insulating the building envelope to reduce emissions of harmful particulate matter. This illustrates the importance of reducing energy demand to heat buildings by insulating them. It underlines the importance of this action in reducing air pollutant emissions.

7. Conclusions

In the coming years the implementation of measures for air protection, both in the municipal and household sector, as well as in the power industry, industry and transport, should significantly improve the air quality. Large-scale measures will be of particular importance for the improvement of the quality. Activities related to the introduction of quality standards for solid fuels, the replacement of heating cookers, and the thermal modernization of buildings, as well as the increase in electromobility are conducive to improving air quality. On the basis of the research conducted, it can be concluded that an
appropriate method of distribution of grants is of particular importance in order to achieve a significant ecological effect. Scenario 2 pays attention, because it shows an optimal level of co-financing in to the context of projected environmental effects—reduction of pollutant emissions, especially particulate matter. It is worth noting that in specific cases, in areas with very high pollutant emissions to the environment, exceeding the national average, it would be advisable to consider scenario 1, assuming 100% co-financing. It shows the best reduction of pollutant emissions. From the point of view of cost-effectiveness of subsidies in relation to environmental effect, scenario 3 may be an alternative approach in areas with lower pollution emissions. In the context of these studies, analyses of areas predisposed to particular scenarios should be carried out in order to obtain the best reduction coefficient of contaminant emissions into the environment.

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