Cell membranes are largely made of proteins, and membrane proteins account for about a third of all genes. Despite their importance, they are devilishly hard to isolate and stabilize, and therefore are hard to study. The problem lies in their structure: membrane proteins have at least one hydrophobic domain, composed of a stretch of water-repelling amino acids, which holds the protein snugly in the lipid membrane. Purifying such a protein in an aqueous medium makes the hydrophobic parts aggregate, destroying the protein’s delicate three-dimensional structure and often disrupting its function. The alternative is to extract the protein with a detergent, a two-headed “Janus” molecule with both hydrophobic and hydrophilic ends. The protein remains surrounded by the hydrophobic ends, while water clusters at the hydrophilic ends, easing the protein out of the membrane and into solution, where it can be studied.

To date, though, relatively few complex membrane proteins have been successfully purified with available detergents. In this issue, Shuguang Zhang and colleagues show that a simple amino acid–based detergent can successfully stabilize the dauntingly large protein complex photosystem I (PS-I), an integral part of the photosynthetic machinery.

The molecule they made, abbreviated A$_{1}$K, links six units of the hydrophobic amino acid alanine to one of the hydrophilic amino acid lysine. The authors used it to stabilize PS-I and then attached the detergent–protein complex to a glass slide, allowed it to dry, and examined the stability of PS-I by testing its fluorescence. Intact PS-I emits red light with a characteristic peak wavelength; as it degrades, this peak subsides and is replaced by another, bluer peak. Even the two best standard detergents did poorly at maintaining the red peak. In contrast, the spectrum after A$_{1}$K extraction was almost a perfect match for the normal one, indicating the complex was largely intact after drying. Furthermore, the complex appeared to remain stable for up to three weeks on the glass slide.

The potential applications of this work are severalfold. PS-I itself remains to be fully characterized, and this stabilization technique offers new means to explore its properties. In addition, an isolated and stabilized form of PS-I may hold some promise as an alternative energy source, since it generates an electric current in sunlight. Perhaps most importantly, the full potential of such simple amino acid–based detergents has only begun to be explored. It is likely that either this one, or others like it, can be used to isolate and stabilize hundreds of other membrane proteins, allowing them to be studied in detail for the first time.

Kiley P, Zhao X, Vaughn M, Baldo MA, Bruce BD, et al. (2005) Self-assembling peptide detergents stabilize isolated photosystem I on a dry surface for an extended time. DOI: 10.1371/journal.pbio.0030259.g001

The designed short peptide (protein fragment) detergents look like matches and behave like lipids or oil molecules that repel water at one end but attract water at the other end.
Both groups also show that Loqs and Dicer-1 exist in a complex within the cell, and that the complex is able to process pre-miRNA into its mature form. The Siomis’ lab went on to show that the complex contains a protein called Ago-1, which hints that the complex might also be involved in the action of miRNAs on their target genes, as well as in mRNA processing itself. Both groups also point out the similarity between Loqs and a human dsRBD protein called TRBP, which has been implicated in the response to infection by HIV.

There seems little doubt, then, that Dicer-1’s partner has been found, and that the combined action of an RNAse III and a dsRBD protein is a consistent theme in the function of miRNAs and siRNAs. The identification of Loqs will help to refine our views of how miRNAs are processed, as well as how they can be manipulated. The connections made with processes such as stem cell maintenance (identified by the Zamore lab) and viral infection in these new studies also emphasize that gene regulation by small RNAs is relevant to a broad range of cellular physiology.

Förstemann K, Tomari Y, Du T, Vagin VV, Denli AM, et al. (2005) Normal microRNA maturation and germ-line stem cell maintenance requires Loquacious, a double-stranded RNA-binding domain protein. DOI: 10.1371/journal.pbio.0030235

Saito K, Ishizuka A, Siomi H, Siomi MC (2005) Processing of pre-microRNAs by the Dicer-1–Loquacious complex in *Drosophila* cells. DOI: 10.1371/journal.pbio.0030232

**Drosophila Larval Development and Human Immunodeficiency: The Adenosine Deaminase Connection**

10.1371/journal.pbio.0030232

For most healthy individuals, infection triggers a rapid immune response that repels the invaders. But for those rare individuals born without the immune system cells (lymphocytes) that recognize and kill pathogens, bacterial, viral, or fungal encounters can result in recurrent infections that are more life-threatening and less responsive to treatment than similar infections in normal infants. In the past, all that could be done for children with severe combined immunodeficiency (SCID) was to protect them from infections by cocooning them in sterile plastic bubbles, which gave the disease its common name: bubble-boy syndrome. Nowadays, the treatment of choice, provided a suitable donor is available, is bone-marrow or stem-cell transplantation, which provides SCID children with a functioning immune system.

Mutations in at least nine genes can cause human SCID, but 20% of cases are caused by a deficiency of the enzyme adenosine deaminase. This enzyme, which is present in all organisms, converts adenosine and deoxyadenosine to inosine and deoxynosine, respectively. When adenosine deaminase is missing, its substrates (adenosine and deoxyadenosine) accumulate, and this is thought to cause the complete breakdown in immune defense characteristic of SCID.

To explore the role of adenosine deaminase in a tractable model system, Peter Bryant and his colleagues have now developed a *Drosophila* model by disabling the expression of a protein—called adenosine deaminase-related growth factor A (ADGF-A)—that serves as a major adenosine deaminase in the fly. In flies lacking ADGF-A enzymatic activity, adenosine and deoxyadenosine concentrations increase in the larval hemolymph, the circulatory fluid or “blood” of insects. Lack of the enzyme, the researchers report, caused larval death attributable to dysregulation of the fat body (the adipose tissue spread throughout the body of the insect), melanotic tumors, and delays and defects in development.

The first two effects, fat body disintegration and the presence of melanotic tumors, are directly attributable to dysregulation of hemocytes (fly blood cells) in the mutant animals. It turns out that in *adgf-a* mutant larvae, hemocytes are released prematurely from the lymph glands (the organs where hemocytes are produced and stored). These prematurely released hemocytes then cause fat body disintegration and formation of melanotic tumors; however, if ADGF-A expression is selectively restored in the lymph glands, then hemocytes are not prematurely released, and the larvae survive and develop without the tumors or fat body disintegration.

Bryant and his colleagues reasoned that the elevated adenosine might have direct effects on fly development aside from the dysregulation of hemocytes, so they examined the development of *adgf-a* mutant flies that also lacked a functional adenosine receptor (*adoR* mutants). They found that *adgf-a/adoR* mutant larvae were able to survive and continue development to adulthood, although these animals still experienced fat body disintegration and some melanotic tumors. These results suggest that the second consequence of ADGF-A deficiency, delayed development, is caused by the elevated adenosine in the animals signaling through adenosine receptors.

**Drosophila adgf-a mutant larvae with melanotic tumors in their body cavities**

Altogether, these results establish *adgf-a* flies as a useful model system for unraveling the many effects that adenosine and deoxyadenosine have on cellular physiology in general and on the immune system in particular. Because hemocyte release from lymph glands and delays in development also occur in response to infection, the authors hypothesize that adenosine might be involved in controlling hemocyte release and postponing development when fly larvae are challenged by microbial attacks. Future experiments in this model system should provide important clues to the pathology of adenosine deaminase deficiency–associated SCID and should also advance our understanding of how adenosine acts as a stress hormone during infections in individuals with normal immune systems.

Dolezal T, Dolezelova E, Zurovec M, Bryant PJ (2005) A role for adenosine deaminase in *Drosophila* larval development. DOI: 10.1371/journal.pbio.0030201
When Robert Hooke first looked at cork bark with a light microscope in 1655, he saw small empty chambers, reminiscent of monastery cells. We now know that living cells are full of organelles—specialized subcompartments surrounded by membranes in which different cellular life functions occur. This complex organization raises major transport and sorting problems similar to those encountered in a large city in which trains and trucks carrying different cargos arrive at peripheral distribution centers. The cargos must be sorted and transported to individual factories where goods are made for delivery to other city destinations or for export. At the same time, the different areas of the city produce waste products that also need to be sorted and transported correctly. Somehow, thousands of cargos must end up in exactly the right place in both the city and the cell.

One cellular system that sorts and transports cargos is the clathrin-mediated endocytic pathway. Endocytosis—the ingestion of materials into the cell—is important for the interaction of cells with the environment because it allows the uptake of nutrients (the equivalent of the raw materials brought into the city) and signaling molecules (the letters brought in by the mail service). In clathrin-mediated endocytosis, materials arriving at the outside surface of the cell are engulfed in special areas of membrane known as coated pits, which pinch off to form intracellular vesicles. These lose their clathrin coat and other molecules involved in their formation to become early endosomes, a specific sort of intracellular vesicle. The cargos are then transferred to late endosomes, which have different proteins and functions than early endosomes. From endosomes, cargo can go either to lysosomes, where they are degraded, or to the Golgi apparatus, which sends cargo back to the cell surface.

Although many details of clathrin-mediated endocytosis have been uncovered, cell biologists still hotly debate whether early endosomes mature into late endosomes or whether transport vesicles take cargos from early to late endosomes. Unraveling such details will improve our understanding of normal cellular processes and should help in the design of intracellularly targeted drugs. Andreas Vonderheid and Ari Helenius now provide new insights into this controversy by examining how Semliki forest virus (SFV) is sorted and transported to late endosomes.

Like many animal viruses, SFV enters its host cells using clathrin-mediated endocytosis. One well-established way to study this process is to attach a fluorescent tag to individual virus particles and observe their travels through the cell. Vonderheid and Helenius now track this journey in greater detail than ever before by attaching different colored fluorescent tags to SFV and to protein markers of early and late endosomes. They then use video-enhanced triple-color microscopy to follow all the markers as they move through living cells. This analysis reveals that the virus is initially present in endosomes containing only proteins associated with early endosomes. Then, Rab7, a late endosome marker that is involved in transport of cargo from early to late endosomes, appears in distinct domains of these early endosomes. Finally, the viral cargo is transferred to a detached organelle that contains Rab7 but no early endosome markers. The researchers show that SFV transport to late endosomes requires Rab7 and the presence of intact microtubules, which often serve as a highway network along which vesicles travel.

The researchers conclude that, at least for SFV, the mechanism underlying sorting and transport from early to late endosomes falls somewhere in between the two existing models for clathrin-mediated endocytosis. Early endosomes, they postulate, have to acquire some characteristics of late endosomes before SFV can be transported to late endosomes in Rab7-positive vesicles. But other cargos, the authors point out, may follow different pathways through the cell.

Vonderheid A, Helenius A (2005) Rab7 associates with early endosomes to mediate sorting and transport of Semliki forest virus to late endosomes. DOI: 10.1371/journal.pbio.0030233

Transcriptional Waves in the Yeast Cell Cycle

DOI: 10.1371/journal.pbio.0030243

Mobilizing an army to march into battle requires the increased activity of hundreds of people, from the quartermaster to the gunnery captain. The stately march of the cell cycle—from mitosis to cell division—also demands increased activity, but of hundreds of genes, from histones to protein kinases. And just as the army must coordinate the shipment of C rations with the movement of its troops, so must the cell coordinate its genetic activities to ensure that raw materials and regulatory molecules are present where and when they are needed. In this issue, Janet Leatherwood, Bruce Futcher, and colleagues describe the waves of gene activity that accompany the phases of the cell cycle in the yeast Schizosaccharomyces pombe.

Using microarrays, the authors examined the expression level of 5,000 genes over the course of the cell cycle. They found that well over 2,000 of these genes undergo slight but observable and statistically meaningful oscillations. Of these, they chose to examine the top 750, an admittedly arbitrary cutoff that nonetheless highlights those whose expression levels rise and fall the most. They identified two broad waves of oscillation, one peaking in early to mid-G2 (the second growth phase) and the other late in G2 at the transition to mitosis. These two peaks were seen even in the 4,000 least cyclic genes, suggesting that many genes may be slightly
upregulated not for adaptive purposes, but simply because some transcription factors inevitably go astray whenever there are lots of them around.

Such broad waves of upregulation are likely due to a simultaneous increase in the activity of multiple clusters of genes, each controlled by separate groups of transcription factors. A variety of cell culture manipulations allowed the researchers to identify eight clusters of genes, the activity of whose members was tightly co-regulated. (In this case, “cluster” refers not to genes physically grouped together on a chromosome, but to genes that are regulated similarly.) Scoring the promoters of these genes confirmed that each cluster was characterized by unique transcription factor binding sites. They also discovered that, as a group, these promoters tended to be longer than average, suggesting they may be more complex than those in non-oscillating genes.

The number of genes within each cluster ranged from only a few to over 100. The largest of them, the Cdc15 cluster, contains genes involved in mitosis, cytokinesis, and formation of the septum that separates the daughter cells, as well as genes for other functions. Other clusters regulate DNA replication, cell separation, synthesis of the histone proteins that act as spools on which DNA is wound, protein folding and stress response, ribosome biogenesis, and other aspects of the cell cycle.

Two other recent studies in *S. pombe* have found broadly similar patterns, and have identified 407 and 747 genes, respectively, as strong oscillators. There was a heartening degree of overlap, with 171 genes identified by all three studies, and 360 more found in two of the three. Even genes that made the cut in only one study were found likely to oscillate in the other two. Follow-up studies to further explore genes that are coordinated during the cell cycle march should help us to understand how the army of molecules exerts such fine control over both normal and abnormal cell growth and proliferation.

Oliva A, Rosebrock A, Ferrezuelo F, Pyne S, Chen H, et al. (2005) The cell cycle–regulated genes of *Schizosaccharomyces pombe*. DOI: 10.1371/journal.pbio.0030225

Three New Phases of Repairing DNA Damage in *E. coli*

DOI: 10.1371/journal.pbio.0030239

Any cell that receives a dose of radiation is placed in a dangerous situation. The DNA damage resulting from exposure to such radiation (or any other mutagen) can cause massive rearrangements to genetic information and potentially kill the cell. Bacteria have learned to cope with this threat by activating genes that repair DNA damage and by preventing a cell from dividing before these repairs are completed. In the bacteria *Escherichia coli*, these repair genes form what is known as the SOS response.

The *E. coli* SOS response has been used to study DNA repair for decades, and a great deal is known about how the more than 30 genes involved in the response function. Two proteins figure prominently in this response. The LexA protein acts as a repressor and inhibits the expression of SOS genes under normal conditions; in the event of DNA damage, the protein RecA inactivates the LexA repressor by enhancing its autocleavage into two fragments, which initiates the SOS response. While these initial stages are well understood, how all the SOS genes are coordinated, and ultimately turned off, is only beginning to be explored.

In a new study, Joel Stavans, Uri Alon, and colleagues have closely followed the response. While these initial stages are well understood, how all the SOS genes are coordinated, and ultimately turned off, is only beginning to be explored.

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**Simple Rules Reproduce a Hub-Shaped Cell Metabolic Network**

DOI: 10.1371/journal.pbio.0030261

A map of a cell’s metabolic pathways looks like an airline route map on steroids, with hundreds of reactions forming a complex and interconnected network. And just as a few cities serve as destination hubs for many different flights, a few metabolites, such as ATP and NADH, form biochemical hubs within the metabolic network. These molecules are involved in far more reactions than the average, and thereby serve to couple otherwise unrelated reactions within the cell. How did this hub-shaped network arise? In this issue, Thomas Pfeiffer and colleagues employ a computer simulation of a simplified metabolic system to show that two key features in the evolution of a hub system are enzyme specialization and the transfer of chemical groups between metabolites.

The authors created “molecules” from all possible combinations of seven “groups.” They began the simulation with seven “enzymes” that catalyze the transfer of one group from one molecule to another. Initially, each enzyme was a generalist—it could take a group from any molecule and donate it to any other. This mirrors one plausible scheme for the actual evolution of cellular biochemistry. Over the course of the simulation, enzymes could mutate to preferentially increase their affinity for one substrate at the expense of others. The number of enzyme types could be increased by “gene duplications.” Other parameters allowed the simulated cell to take up and excrete metabolites, and to grow.

As the system evolved, enzymes proliferated and became more specialized, until the final mix included about two dozen enzymes, each of which catalyzed only one or two reactions. As a consequence, some metabolites fell out of use, and the final number of metabolites dropped from 128 to 33. While most took part in only two or three reactions, a few emerged as hubs, participating in eight or more separate reactions. While this mathematical distribution did not match that found in the metabolic network of a whole real cell, it did approximate that of similar-sized sub-cellular metabolic networks. The central importance of group transfer to this structure was brought out when the authors reran the simulation without group transfer. When reactions simply added or removed a group, without transferring it to another molecule, a much simpler network without hubs evolved instead.

This is not the last word on biochemical evolution, but it does show how an initially generalist metabolism can evolve into the highly specialist system found in all existing cells. Further experiments that model known reactions more closely may be useful in elucidating more details of the evolutionary process that led to the emergence of the biochemical “hubbub” that characterizes life today.

Pfeiffer T, Soyer OS, Bonhoeffer S (2005) The evolution of connectivity in metabolic networks. DOI: 10.1371/journal.pbio.0030228

**Phages Affect Gene Expression and Fitness in E. coli**

DOI: 10.1371/journal.pbio.0030258

Life is hard for bacteria. Not only must they constantly compete against their comrades for resources and living space, they’re also subject to infection by pathogens—viruses called bacteriophages—which can affect their ability to survive and prosper. Two types of bacteriophages threaten bacteria: lytic phages and lysogenic (or temperate) phages. Acquisition of a lytic phage (for example, T2, T4, or T6) is an immediate death sentence for the bacterium; upon infection, the lytic phage subverts the bacterium’s biochemical machinery to make copy after copy of itself until the bacterium bursts, or lyses, from the burden. In contrast, a temperate phage (for example, λ phage) can lie dormant for many generations before it co-opts the bacterium’s machinery to reproduce, but eventually it, too, lyses the bacterial cell as it releases a host of new phages. From the perspective of the bacterium, death, while a temperate phage may lie dormant long enough for the bacterium to reproduce.

Temperate phages achieve dormancy by producing a phage gene product (in the case of λ phage, called cI) that represses the production of other phage genes; phage reproduction ceases as long as this repressor is produced. Once infected by a temperate phage, bacteria are protected from secondary infections by various other phages, because the temperate phage prevents the others from becoming established in the cell. But might temperate phage infection confer other advantages on bacterial survival?

Edward Cox’s group at Princeton University examined this question by looking for evidence that temperate phage infection triggers changes in bacterial behavior. Working with λ phages, the authors studied how phage
infection affects the regulation of genes that might impact the bacterium's survival by comparing the constellation of genes expressed in uninfected *E. coli* bacteria to those in *E. coli* carrying a dormant λ phage. They found that λ phage caused reduced expression of the bacterial gene pckA, which codes for an enzyme that helps bacteria grow on carbon sources (fuels) other than glucose; without functioning pckA, bacteria grow normally in an environment containing glucose, but grow only slowly in an environment containing alternative carbon sources such as succinate. *E. coli* carrying λ phage fail to make the pckA gene product because the pckA gene is turned off by the virally encoded repressor cl. Interestingly, the researchers found evidence that the repressors made by other temperate phages may also be able to turn off pckA expression, and that the pckA genes of other bacteria related to *E. coli* might also be regulated by temperate phage repressors. 

The fact that this relationship between temperate phage repressors and regulation of the pckA gene is so well conserved argues that the ability to turn off this gene might be positively selected; therefore, pckA repression must confer some sort of survival benefit to the bacterium. It’s not clear what this benefit might be, but one explanation is that slowing bacterial growth in glucose-poor environments might help the bacterium elude detection by the immune system of any animal it invades, increasing its chances of survival. Alternatively, slower bacterial growth might slow down the onset of viral reproduction and eventual lysis. Regardless, it is clear that there is a strong relationship between the temperate phages and the bacteria they colonize. These results have significant implications for the evolution of fitness in these bacterial populations.

Chen Y, Golding I, Sawai S, Guo L, Cox EC (2005) Population fitness and the regulation of *Escherichia coli* genes by bacterial viruses. DOI: 10.1371/journal.pbio.0030229

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**Are We Underestimating Species Extinction Risk?**

DOI: 10.1371/journal.pbio.0030253

Aside from global climate change, loss of biodiversity poses one of the greatest threats to the planet. Last year, the World Conservation Union reported an unprecedented decline in biodiversity, with nearly 16,000 species facing extinction. The biggest threat to the vast majority of these species is loss of habitat. And as habitat loss and degradation proceed nearly unabated, the need to accurately predict the population dynamics and extinction risk of potentially endangered species has never been greater. In a new study, John Drake tests models traditionally used to estimate the likelihood of extinction and shows that because the models ignore a critical parameter in projecting risk, they underestimate extinction rates.

Standard models for predicting extinction assume that population growth and decline are governed by random, or stochastic, variables. The models typically incorporate two major contributors to random variation in population growth rates: changes in environmental conditions and chance fluctuations in population size—caused by variations in individual fitness, random mating behavior, and events that affect just one individual—that are referred to as demographic stochasticity. But since few scientists have tested these models with empirical data, the question remained whether the models were accurately predicting population fluctuations and extinction risk.

To test the reliability of standard stochastic models, Drake used data from experiments with water fleas. He found that the models could accurately predict extinction risk only when there was enough information about variation in individual fitness to account for demographic variability—a finding that undercuts the conventional wisdom that demographic stochasticity is unimportant. Some traditional models do not even include demographic stochasticity.

It’s generally assumed that fluctuating environments, a given in the natural world, increase a species’s chance of extinction. Drake tested this notion in experiments by manipulating the available food sources in 281 populations of water fleas. The flea populations received either low, medium, or high amounts of food, and Drake kept daily tallies of population number and extinctions. When he tried to predict the extinctions using traditional models, he couldn’t.

To account for the discrepancy between model and data, Drake began to investigate a possibility raised by recent theoretical research that population density and individual interdependence might affect a major component of the model—demographic stochasticity. The idea is that if organisms interact in their environments—which of course they do—then these interactions will likely affect an individual’s probability of dying or reproducing, which ultimately affects species survival. Drake calls this variable density-dependent demographic stochasticity.

Drake used half of the experimental data generated from testing the effects of environmental variability on water flea survival to select his models and estimate the range of parameters that might affect extinction, and the other half to test the models’ reliability. From the estimated parameters, Drake wrote a computer program to simulate all the possible population outcomes and predict extinction rates. One set of
Biologists have developed ever more sophisticated ways to find molecular traces of natural selection. These traces—which occur as variations in DNA sequence, or polymorphisms, between and within species—are thought to harbor the genetic basis of adaptive events.

The study of natural selection at the molecular level has long been dominated by Kimura's theory of neutral evolution, which argues that most polymorphisms (in both DNA and protein sequence) have minor or no selective effect, and are governed by random, not selective, processes. The strength of this theory is that it leads to clear predictions that can be tested to identify those polymorphisms that really are subject to selection. Even though there's a large body of literature devoted to the statistical testing of selective neutrality, these tests are generally based on theoretical models, the assumptions of which have largely been untested. Only recently have the necessary quantities of data for testing the merits of these models become available, thanks to high-throughput genotyping and sequencing technologies.

Working with Arabidopsis thaliana, the first plant genome sequenced, Magnus Nordborg, Joy Bergelson, and their colleagues investigate a global survey of polymorphism patterns in the genomes of 96 plants. The scale of their study affords robust insights into the genomic pattern of polymorphism of the plant and sheds light on its demographic history. The results of this study afford a wealth of detail for population density—to accurately evaluate risk and enhance recovery programs for at-risk populations. As threats to endangered species continue to mount, biologists will need ever more robust methods to estimate extinction risk. Unfortunately, field biologists typically can’t generate the large, high-quality datasets that led to the precise predictions reported here. Conservation efforts will depend on developing methods of generating reliable predictions with the limited data available from the field.

Nordborg M, Hu TT, Ishino Y, Jhaveri J, Toomajian C, et al. (2005) The global geographic structure of variation in Arabidopsis is shown by the clusters of similar pie charts signifying patterns of isolation (each chart represents an Arabidopsis accession) related plants were almost always from the same local region. The authors suggest that is what would be expected for a sexually reproducing species found worldwide.

With such a large data set, it also becomes possible to see if the underlying assumptions of mathematical models commonly used for determining whether a gene is under selection are appropriate for A. thaliana. Nordborg and colleagues found that the patterns they observe do not fit the standard neutral model of evolution, which is expected to explain most genetic variation. This model is the benchmark against which researchers pinpoint the signature of selection at particular genes. The authors caution that “commonly used ‘tests of selection’ are simply not valid in A. thaliana.”

Nordborg and colleagues have provided a wealth of detail to our understanding of genetic variation in Arabidopsis on a genome-wide scale. Future research can now begin to use this Arabidopsis genetic footprint to find the exact variations that contribute to useful plant traits—and plumb its genome for evolutionary clues.
For Long-Lived Flies, It’s Calorie Quality, Not Quantity, That Matters
DOI: 10.1371/journal.pbio.0030237

In April, the United States Centers for Disease Control and Prevention released a study challenging the conventional wisdom that eating less promotes longevity. The study found that the very thin run roughly the same risk of early death as the overweight. And now the tide seems to be turning against a common explanation for the long-standing observation that restricting food in lab organisms from yeast to mice prolongs life.

Many studies have indicated that it’s calorie reduction, rather than the specific source of calories, that increases longevity. That this effect occurs in such diverse organisms suggests a common mechanism may be at work, though none has been definitively characterized. And while calorie restriction enhances longevity in mice, it has not always been done so in rats. In a new study, William Mair, Matthew Piper, and Linda Partridge show that flies can live longer without reducing calories but by eating proportionally less yeast, supporting the notion that calorie-restriction-induced longevity may not be as universal as once thought.

Dietary restriction in Drosophila involves diluting the nutrients in the fly’s standard lab diet of yeast and sugar to a level known to maximize life span. Since both yeast (which contributes protein and fat) and sugar (carbohydrates) provide the same calories per gram, the authors could adjust nutrient composition without affecting the calorie count, allowing them to separate the effects of calories and nutrients. The standard restricted diet had equivalent amounts of yeast and sugar (65 grams each) and an estimated caloric content of 521, while the yeast-restricted (65 g yeast/150 g sugar) and sugar-restricted (65 g sugar/150 g yeast) diets each had just over 860 calories. The control diet for the flies had equivalent amounts of sugar and yeast (150 grams), amounting to an estimated 1,203 calories.

First, the authors had to make sure the flies didn’t change their eating behavior to make up for a less nutritious diet. (They didn’t.) Reducing both nutrients increased the flies’ life spans, but yeast had a much greater effect: reducing yeast from control to dietary restriction levels increased median life span by over 60%.

In a previous study, Mair et al. showed that flies that were switched from dietary-restricted diets to control diets soon began to die at the same rates as flies accustomed to the control diet. In this study, the authors studied the effects of switching yeast and sugar. Forty-eight hours after being switched from normal diets to yeast-restricted diets, flies were no more likely to die than flies fed the yeast-restricted diet from the beginning. In contrast, those switched from the standard restriction diet to the sugar-restricted diet began to die at the same rate as flies on the control diet.

The authors also ruled out the possibility that bacteria—attracted to high-nutrient food—might be influencing fly survival. Altogether these results make a strong case that calories per se are not the salient factor in prolonging life—at least in fruitflies. The dramatic impact of reducing yeast suggests that protein or fat plays a greater role in fly longevity than sugar. This in turn suggests, the authors argue, that yeast and sugar trigger different metabolic pathways with different effects on life span.

Why might different factors promote longevity in flies and rats? It could be that the caloric-restriction/longevity paradigm needs more rigorous review—though a vast body of literature does support it. Or it may be that the animals use the same strategy for dealing with food shortages—shifting resources from reproduction to survival, for example—but have evolved different mechanisms for doing so that reflect each species’ life history, diet, and environment. Whatever explains the disparity, this study should give researchers interested in caloric restriction plenty to chew on.

Mair W, Piper MDW, Partridge L. (2005) Calories do not explain extension of life span by dietary restriction in Drosophila. DOI: 10.1371/journal.pbio.0030223

Contrary to popular belief, life span extension by dietary restriction in Drosophila is not explained by calories

Host–Parasite Battles Shed Light on the Evolution of Gene Expression
DOI: 10.1371/journal.pbio.0030237

In human–pathogen encounters, the battle for advantage plays out at the level of gene expression. Hosts will stand a better chance of surviving if their genes confer resistance to diverse pathogens, while pathogens need genes that promote virulence and infection. To understand this game of evolutionary one-upsmanship, biologists study the genetic basis of resistance and infection by investigating how changes in an organism’s genetic makeup, or genotype, affect its physiological and physical makeup, or phenotype.

In a new study, Scott Nuismer and Sarah Otto detail how host–parasite interactions shape the changes in gene expression that alter an organism’s ability to induce or resist infection. They find that gene expression for host and parasite follows quite different evolutionary paths: hosts express as many different gene variants, or alleles, as possible, while parasites express very few alleles. It’s in the host’s interest to have as many genetic weapons as possible that can recognize a foreign invader, while it’s in the parasite’s interest to reduce the number of recognizable molecules for a host to latch on to and destroy. Even though these results are intuitive, this phenomenon has not been shown before.

To model the evolution of gene expression levels in a host–parasite interaction, Nuismer and Otto started with a single gene A in hosts and a single gene B in parasites with two alleles each.
Interactions between hosts and parasites shape changes in gene expression, potentially maximizing parasite recognition for hosts while minimizing detection for parasites (such as red blood cells and trypanosomes)

(A or a, and B or b) that are involved respectively in resistance in the host and promoting infection by the parasite. Nuismer and Otto's model allows gene expression levels to be regulated by an additional modifier gene in hosts and parasites. The two variants of the modifier gene (M and m) alter the expression of the host gene A or parasite gene B. As a result of host–parasite interactions, the alleles at the modifier gene either evolve to increase expression of only one allele or to co-express both alleles.

When parasite and host are allowed to interact, the model shows that host resistance alleles typically evolve toward co-expression while parasite infection alleles evolve toward single expression. By expressing more than one gene at a time, the host can recognize a greater diversity of parasites. But what's good for the host is bad for the parasite. Hosts benefit from a wider array of parasite recognition systems, while parasites benefit from expressing a narrow range of antigens to evade the host recognition system.

Human immune cells, for example, can recognize billions of different antigens, which then triggers an immune response against the foreign substance and increases the chance of surviving the infection. Parasites, however, generally express only one of many possible antigen alleles. The parasite responsible for African sleeping sickness expresses only one of thousands of surface receptor genes, which offers the host fewer opportunities for detection.

Nuismer and Otto's model provides a framework for understanding empirical observations of allele expression in known host–parasite interactions and may well help explain similar modifications in allele expression in other systems. Because the model also provides testable predictions, it should be useful in interpreting data from a wider range of species and interactions, furthering our understanding of the evolutionary forces that shape infection and resistance and ultimately influence how genes evolve.

Nuismer SL, Otto SP (2005) Host–parasite interactions and the evolution of gene expression. DOI: 10.1371/journal.pbio.0030203

Cutting through the Clutter: How the Brain Learns to See
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Most of us don't have much trouble recognizing what we see. Whether it is a face in a crowd, a bird in a tree, or papers on a desk, our brains expertly distinguish the target from the clutter. It is a simple skill most of us take for granted, but object recognition is not hard-wired. As we navigate our environment, the brain's visual centers continually reorganize themselves, classify novel features, and learn to pick out important objects from the background. Just how the human brain does this is not well understood, but new research by Zoe Kourtzi and colleagues may have uncovered some important clues.

To investigate how the human brain learns to separate targets (signal) from noise Kourtzi et al. showed subjects pictures of novel shapes embedded in a cluttered background and asked the subjects to determine whether or not the shapes were symmetrical. The researchers recorded the subjects' responses while using functional magnetic resonance imaging (fMRI) to measure neuronal activity in brain regions associated with visual processing. Each subject was tested using two sets of novel shapes: high-salience shapes (shapes easily distinguished from the background), and low-salience shapes (shapes camouflaged by the background). After the initial testing, the subjects were trained to recognize a subset of the new shapes from each group, and then re-tested.

Visual input is thought to go through a hierarchy of processing centers that transform retinal images into complex objects and scenes. Kourtzi et al. recorded responses from both early (V1, V2, Vp, and V4) and late (lateral occipital cortex) stages of visual analysis in 26 subjects. The authors found that subjects demonstrated an increased number of correct responses for shapes they encountered during the training sessions, regardless of the type of background the shapes were presented on. By contrast, the fMRI responses differed dramatically, depending on whether the surroundings made the shapes easy or difficult to detect. Low-salience shapes triggered an increased fMRI response across all brain regions following training.
high-salience shapes precipitated a decrease in fMRI response in the regions of the lateral occipital cortex, but produced no change in any of the early visual areas (V1, V2, Vp, and V4).

These results demonstrate that the ability to learn to detect novel shapes is independent of the degree of difficulty, but suggest that the brain employs different mechanisms of perceptual learning depending on whether the objects stand out from their surroundings, or are obscured by them. Learning to detect highly camouflaged shapes results in increased brain activity levels that are presumed to reflect an increase in signal processing at the level of both the early visual areas and higher levels of cortical analysis. On the other hand, the reduction of neural activity that occurs during learning of more distinctive shapes likely reflects efficient neural coding of the critical features for their recognition at later stages of visual analysis.

According to Kourtzi and her colleagues, their results provide evidence that the visual brain is capable of tailoring the mechanism of perception to best suit the task. When the signal is weak—as in the case of viewing camouflaged targets—learning amplifies neural responses to the target shapes and drowns out the noise. But when the signal is strong—as in the case of viewing easily distinguishable, highly salient targets—neural activity in the visual cortex is reduced, possibly because training engages smaller populations of neurons that respond much more selectively to distinctive features of the stimulus.

In other words, all visual stimuli are not treated equally, and with just cause: the brain’s unique ability to treat ambiguous signals differently than robust ones likely allows it to optimize neural coding, and in doing so, learn to increase detection of a broad spectrum of visual signals.

Attraction to Motion

Anyone with a passing familiarity with animal behavior knows the classic photo of Konrad Lorenz trailed by a gaggle of goslings. Lorenz showed that geese hatched in an incubator identified with the first moving stimulus they saw within 36 hours after birth. When the first thing was Lorenz—or more accurately, his boots—the baby goose imprinted on him.

But what can a newborn recognize? What elements in the visual world are their brains preprogrammed to process? In a new study, Giorgio Vallortigara, Lucia Regolin, and Fabio Marconato take advantage of the natural imprinting behavior of newly hatched chickens to study motion perception. It’s clear that animals are more likely to respond to something that moves than to something that doesn’t and that the motion of animate objects (biological motion) has uniquely identifiable characteristics. Is this identification innate or is it something an animal learns through experience?

To tackle these questions, the researchers presented chicks with artificially induced motion patterns. The chicks were immediately drawn to and stayed close to iconic patterns of movement typical of vertebrates. As a control, the authors generated an animation of a walking cat. Sure enough, chicks approached the walking cat as often as they approached the walking hen. Luckily for chicks, encounters with cats are not normally likely to precede encounters with a mother hen.

These results suggest that chicks have evolved a predisposition to notice objects that move like vertebrates, which may maximize the probability of imprinting on the object most likely to provide food and protection after birth. This predisposition likely guides the learning that occurs during the imprinting process, when the chick learns how to distinguish mom from other hens, and hens from cats. Since both birds and mammals (tested in four-month-old human infants) show a preference for biological motion, the authors conclude, these results suggest that this preference is hard-wired into the vertebrate brain. With this new model, researchers can investigate the motion-specific features that guide the chicks’ behavior and how the brain processes biological motion.

Vallortigara G, Regolin L, Marconato F (2005) Visually inexperienced chicks exhibit spontaneous preference for biological motion patterns. DOI: 10.1371/journal.pbio.0030208