Suppl. Fig. S1

OMRON HEM-9601T (NightView)

Position indicator for measurement in sitting position

Automatic BP measurement for nighttime

Self BP measurement for sitting position
Suppl. Fig. S2

| Time, hr | 21:00 | 22:00 | 23:00 | 0:00 | 1:00 | 2:00 | 3:00 | 4:00 | 5:00 | 6:00 | 7:00 |
|----------|-------|-------|-------|------|------|------|------|------|------|------|------|
| No. of measurements | 10 | 30 | 60 | 75 | 85 | 89 | 86 | 84 | 82 | 57 | 21 |
| Wrist DBP, mmHg | 60.9 | 62.7 | 65.1 | 64.4 | 64.9 | 65.8 | 66.9 | 68.7 | 70.1 | 72.2 | 73.6 |
| Upper-arm DBP, mmHg | 66.8 | 66.7 | 68.9 | 69.6 | 68.6 | 70.2 | 71.4 | 72.7 | 73.8 | 75.8 | 77.7 |
| Difference at each time, mmHg | −5.9 | −4.0 | −3.8 | −5.2 | −3.7 | −4.4 | −4.5 | −4.0 | −3.8 | −3.6 | −4.0 |
| P for difference | 0.085 | 0.041 | 0.007 | <0.001 | 0.002 | <0.001 | <0.001 | <0.001 | 0.002 | 0.012 | 0.087 |