Supplementary Table 1: Participant Characteristics (N=728)
(Louisville, KY, 2018-2019)

| Characteristic                      | N(%) or Median(IQR) | Missing |
|-------------------------------------|---------------------|---------|
| Age                                 | 51.0 (38.0-60.8)    | 0       |
| Gender                              |                     | 0       |
| Female                              | 443 (60.9)          |         |
| Male                                | 285 (39.1)          |         |
| Race                                |                     | 6       |
| White                               | 564 (78.1)          |         |
| Black                               | 127 (17.6)          |         |
| Other                               | 31 (4.3)            |         |
| Income                              |                     | 37      |
| <$20,000                            | 170 (24.6)          |         |
| $20,000-$44,999                     | 206 (29.8)          |         |
| $45,000-$64,999                     | 157 (22.7)          |         |
| $65,000-$89,999                     | 87 (12.6)           |         |
| $90,000-$124,999                    | 55 (8.0)            |         |
| $125,000                             | 16 (2.3)            |         |
| Time Spent Outdoors per Week        |                     | 0       |
| ≤4 Hours                            | 309 (42.5)          |         |
| >4 - ≤8 Hours                       | 188 (25.8)          |         |
| >8 - ≤12 Hours                      | 83 (11.4)           |         |
| >12 - ≤16 Hours                     | 56 (7.7)            |         |
| >16 Hours                           | 92 (12.6)           |         |
| Health                              |                     | 1       |
| Excellent                           | 36 (5.0)            |         |
| Very Good                           | 224 (30.8)          |         |
| Good                                | 320 (44.0)          |         |
| Fair                                | 121 (16.6)          |         |
| Poor                                | 26 (3.6)            |         |
| Bodily Pain in Past 4 Weeks         |                     | 2       |
| Category                              | N   | Percentage |
|---------------------------------------|-----|------------|
| None                                  | 131 | (18.0)     |
| Very Mild                             | 195 | (26.9)     |
| Mild                                  | 145 | (20.0)     |
| Moderate                              | 150 | (20.7)     |
| Severe/Very Severe                    | 105 | (14.5)     |
| Feel Safe to Walk Neighborhood, Day or Night | 6   |            |
| Strongly Agree                        | 81  | (11.2)     |
| Agree                                 | 259 | (35.9)     |
| Neither Agree nor Disagree            | 107 | (14.8)     |
| Disagree                              | 168 | (23.3)     |
| Strongly Disagree                     | 107 | (14.8)     |
| Regular Exercise                      | 8   |            |
| Yes                                   | 433 | (60.1)     |
| No                                    | 287 | (39.9)     |
| Smoker                                | 40  |            |
| Never                                 | 335 | (49.0)     |
| Former                                | 134 | (19.5)     |
| Current                               | 219 | (31.8)     |
| Work Area                             | 81  |            |
| Mainly Outdoors                       | 77  | (11.9)     |
| Travel to Different Buildings/Sites    | 32  | (4.9)      |
| In a Motor Vehicle                   | 12  | (1.9)      |
| Mainly Indoors                        | 386 | (59.7)     |
| Unemployed                            | 140 | (21.6)     |
| PHQ                                   | 0   |            |
| None or Minimal Depression            | 412 | (56.6)     |
| Mild Depression                       | 175 | (24.0)     |
| Moderate Depression                   | 75  | (10.3)     |
| Moderately Severe Depression          | 42  | (5.8)      |
| Severe Depression                     | 24  | (3.3)      |
| Stress                                | 0   |            |
| Low                                   | 332 | (45.6)     |
| Moderate                              | 338 | (46.4)     |
| High                                  | 58  | (8.0)      |
| Perceived Benefits of Nature          | 57.0| (48.0-66.0)|

Data are expressed as N (%) or median (IQR).

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