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THE ORIGIN OF MASSIVE STARS: THE INERTIAL–INFLOW MODEL

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ABSTRACT

We address the problem of the origin of massive stars, namely the origin, path and timescale of the mass flows that create them. Based on extensive numerical simulations, we propose a scenario where massive stars are assembled by large-scale, converging, inertial flows that naturally occur in supersonic turbulence. We refer to this scenario of massive-star formation as the Inertial-Inflow Model. This model stems directly from the idea that the mass distribution of stars is primarily the result of turbulent fragmentation. Under this hypothesis, the statistical properties of the turbulence determine the formation timescale and mass of prestellar cores, posing definite constraints on the formation mechanism of massive stars. We quantify such constraints by the analysis of a simulation of supernova-driven turbulence in a 250-pc region of the interstellar medium, describing the formation of hundreds of massive stars over a time of approximately 30 Myr. Due to the large size of our statistical sample, we can say with full confidence that massive stars in general do not form from the collapse of massive cores, nor from competitive accretion, as both models are incompatible with the numerical results. We also compute synthetic continuum observables in Herschel and ALMA bands. We find that, depending on the distance of the observed regions, estimates of core mass based on commonly-used methods may exceed the actual core masses by up to two orders of magnitude, and that there is essentially no correlation between estimated and real core masses.

Subject headings: ISM: kinematics and dynamics – MHD – stars: formation – turbulence

1. INTRODUCTION

Supersonic turbulence maintains molecular clouds (MCs) in a chaotic state characterized by a complex system of crisscrossing shocks, leading to an intricate network of intersecting filaments and to a very broad, approximately log-normal, gas density distribution (e.g. Vázquez-Semadeni 1994; Padoan 1995; Nordlund & Padoan 1999). Intersecting filaments generate density peaks that can be gravitationally unstable and collapse into protostars. Because the turbulence naturally produces unstable density peaks with a broad range of masses, the origin of stars of all masses can be understood as a direct effect of supersonic turbulence (Padoan et al. 1997; Padoan & Nordlund 2002). We refer to this general scenario as turbulent fragmentation. Analytical models of turbulent fragmentation have been developed with the common goal of converting a statistical description of supersonic turbulence into a statistical theory of star formation that inherits the universal nature of the turbulence. Both the stellar initial mass function (IMF) (Padoan et al. 1997; Padoan & Nordlund 2002; Hennebelle & Chabrier 2008a; Hopkins 2012) and the star-formation rate (SFR) (Krumholz & McKee 2005; Padoan & Nordlund 2011b; Hennebelle & Chabrier 2011; Federrath & Klessen 2012; Burkhardt 2018) have been modeled following this approach. In this work, the formation of massive stars is conceived in the context of our own turbulent-fragmentation model of the IMF (Padoan & Nordlund 2002, 2011a), where prestellar cores are assembled by the turbulence through the compression of regions of inertial-range scale that are not required to be gravitationally bound. This picture is at odds with other IMF models based on turbulent fragmentation where stars originate from gravitationally-bound
overdensities induced by the turbulence [Hennebelle & Chabrier 2008b, 2009] Chabrier & Hennebelle 2011 [Hopkins 2012].

From the viewpoint of our turbulent fragmentation model, high-mass stars have the same origin as low-mass stars, both being the consequence of a local pileup of gas by the random velocity field of a MC. While massive density peaks are all gravitationally unstable, low-mass peaks may not reach high enough density to exceed their own critical Bonnor-Ebert mass, so only a fraction of them collapse into low-mass stars, while the rest are transient and eventually disperse. This selection by gravity results in the IMF turnover, an approximately log-normal distribution of stellar masses that reflects the density distribution of the turbulent gas [Padoan et al. 1997]. Far from the turnover, massive stars follow a power-law mass distribution, presumably related to the scale-free nature of the turbulence.

Despite their common origin, low and high-mass stars achieve their final mass on different timescales. Because of the velocity scaling of the turbulence, the turnover time increases with increasing scale. Larger stellar masses require converging flows from larger scales [Padoan & Nordlund 2002], so the time to accumulate the final stellar mass (of the order of the turnover time) increases with mass [Padoan & Nordlund 2011a]. For typical conditions in MCs, the turnover time of the converging flows is longer than the free-fall time of the prestellar cores, except possibly for the smallest-scale compressions responsible for the origin of the lowest-mass stars and brown dwarfs. Thus, we view the formation of a star as a three-step process: (1) the formation of a gravitationally unstable core exceeding the critical Bonnor-Ebert mass, (2) the collapse of the core into a low-to-intermediate-mass star, (3) the accretion of the remaining mass (through a circumstellar disk) driven by a large-scale converging flow, with the gradual buildup of the stellar mass over a longer time than the initial collapse time of the core. For low-mass stars, the third step may be relatively brief and contributes only a small fraction of their final mass. On the contrary, most of the mass of a massive star is assembled during the third step over many (core) free-fall times, as the final stellar mass is much larger than the critical Bonnor-Ebert mass of the core.

Because most of the final stellar mass is channeled towards the accreting star by the random velocity field from large scale, unaffected by the stellar gravity during most of its path towards the star, we refer to this process as inertial inflow. Thus, we propose to name this scenario for the origin of massive stars the inertial-inflow model, to distinguish it from the core-collapse model that requires a much larger initial core mass, and from the competitive-accretion model that only accounts for the mass accretion due to the gravity of the growing star, neglecting the preexisting inertial inflow at larger scales.\footnote{In simulations of turbulent clouds with sufficient numerical resolution the inertial flow feeding the formation of massive stars is naturally present, so one can erroneously interpret the growth of a massive star by its Bondi-Hoyle accretion rate as a confirmation of competitive accretion, while in reality the accreting mass is controlled by the inertial inflow from much larger-scale.}

The main goal of this work is to use a numerical simulation to test and quantify this scenario that stems directly from our turbulent fragmentation model. Using 4-pc scale simulations that yield a full and realistic stellar IMF, we have already shown that the formation of a star requires a time that grows with the final stellar mass [Padoan et al. 2014b, Haugbølle et al. 2018]. Here, we use a 250-pc simulation to obtain a much larger sample of massive stars, besides a more realistic description of the formation and evolution of star-forming regions.

This work is organized as follows. In the next section, we define the basic terminology adopted to address the multi-scale nature of our scenario. The numerical simulation is described in §3. We then present several simulation results, starting with the star-formation timescale in §4 and the evolution of the accretion rates in §5. The analysis of the initial conditions for star formation is presented in §6, where we focus on the mass of prestellar cores, and in §7, where we study the inflow region around the cores. In §8 we present the new scenario based on the numerical results of the preceding sections, and argue that all current models of massive star formation, as well as models of the stellar IMF, require fundamental revisions. We then address, in §9 the observational properties of the prestellar cores, by generating synthetic sub-mm observations, and briefly discuss other works related to our scenario, as well as some observational constraints, in §10. The main results and conclusions are summarized in §11.

2. INERTIAL INFLOW, INFALL, AND ACCRETION

In this work we study a scenario for massive-star formation where the origin and subsequent growth of a star are addressed self-consistently in the context of the large-scale ISM turbulence. Because of the multi-scale nature of our perspective, we refer to the mass flow of interstellar gas onto a growing star with the following terminology that emphasizes the different physical nature of this mass flow at three different scales: inertial inflow, infall, and accretion. This terminology is illustrated by the sketch in Figure 1.

We adopt the term inertial inflow to refer to a converging motion on a scale of few to several pc in the turbulent flow of a MC. Regions of converging motion arise naturally in supersonic turbulence, and we view them as inertial because the kinetic energy of the turbulence on that scale usually exceeds both the thermal energy (velocities are supersonic) and the gravitational energy, for characteristic virial parameter values and scaling relations of MCs. Because supersonic turbulence yields a filamentary morphology (due to intersections of postshock sheets), and dense cores are formed at the intersections of dense filaments, the converging motion occurs predominantly through filaments feeding the emerging prestellar core. After the collapse of the core, this inertial inflow from pc-scale filaments may continue, providing the mass reservoir for the growth of a massive star. The size of this mass reservoir at the start of the prestellar-core collapse will be defined in §6.1, and we will refer to it as the infall radius. As illustrated in panel a of Figure 1 the infall region is highly turbulent, so the velocity field is dominated by random motions, not by the inflow component along the filaments.\footnote{In §7 –mid, left panel of Figure 17– we show that the radial component of the velocity is much smaller than the random}

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At smaller scale, self-gravity exceeds the kinetic energy of the turbulence and has a strong effect on the converging motion, thus we refer to this motion as infall. The size of the infall region at the start of the prestellar-core collapse will be defined in §6.1 and we will refer to it as the infall radius, which we will find to be typically larger than the prestellar-core radius. At later phases, when the gravitational potential of the star is dominant, the infall region is a dense envelope that feeds a circumstellar disk, and its size is of the order of the gravitational accretion radius of the star. For example, for a 10 $M_\odot$ star, the infall-dominated region may extend to $\sim 1$ pc in the case of subsonic inflow (the Bondi radius, $GM/c^2_a$), or stay within $\sim 0.08$ pc for supersonic motion with a velocity of 1 km s$^{-1}$ (the Hoyle-Lyttleton radius, $2GM/c^2_a$).

At even smaller scale, the gas finally accretes from the circumstellar disk onto the stellar surface. We reserve the term accretion for this process, on scales below the characteristic disk size of 100 to 1000 AU. Due to its spatial resolution, our simulation does not describe the accretion process, but addresses both the inflow and infall phases, within an approximation that neglects radiative feedback, as discussed below. Thus, when we measure the growth rate of a sink particle, we refer to it as infall rate, which, following the scenario of this work, is driven by the inertial inflow.

In the middle and bottom panels of Figure 1 the infall and disk-accretion scales are depicted as smooth regions for simplicity, to stress that the role of inertial inflows is no longer dominant on those scales. However, the filamentary nature of the turbulent inflow region is certainly inherited by the smaller scales, as demonstrated by recent multi-scale zoom-in simulations covering a range of scales from 40 pc to 2 AU (Kuffmeier et al. 2017, 2019).

3. NUMERICAL APPROACH

This work is based on the same supernova (SN) driven magneto-hydrodynamic (MHD) simulation as in Padoan et al. (2017). Details of the numerical methods can be found there and in Padoan et al. (2016b). Here we only briefly summarize the numerical setup. The 3D MHD equations are solved with the Rameses adaptive-mesh-refinement (AMR) code (Teyssier 2002; Fromang et al. 2006; Teyssier 2007) within a cubic region of size $L_{\text{box}} = 250$ pc, total mass $M_{\text{box}} = 1.9 \times 10^6 M_\odot$, and periodic boundary conditions. The initial conditions are taken from a SN-driven simulation that was integrated for 45 Myr without self-gravity (Padoan et al. 2016b) with a mean density $n_{H_2} = 5$ cm$^{-3}$ and a mean magnetic field $B_0 = 4.6 \mu G$. The rms magnetic field generated by the turbulence has a value of 7.2 $\mu G$ and an average of $|B|$ of 6.0 $\mu G$, consistent with the value of $0.6 \pm 1.8 \mu G$ derived from the ‘Millennium Arecibo 21-cm Absorption-Line Survey’ by Heiles & Troland (2005).

The only driving force is from SN feedback. SNe are randomly distributed in space and time during the first period of the simulation without self-gravity, while they are later determined by the position and age of the massive sink particles formed when self-gravity is included. In the initial phase without gravity, the minimum cell size is $dx = 0.24$ pc, achieved with a $128^3$ root grid and three AMR levels, until $t = 45$ Myr. It is then decreased to $dx = 0.03$ pc, using a root-grid of $512^3$ cells and four AMR levels, during an additional period of 10.5 Myr without self-gravity. Finally, at $t = 55.5$ Myr, gravity is introduced and the minimum cell size is further reduced to $dx = 0.0076$ pc (1568 AU) by adding two more AMR levels. With this final setup we can follow the star-formation process (see details below), and the simulation is continued for that purpose for an additional period of approximately 30 Myr. The simulation also includes 250 million passively advected tracer particles, each representing a fluid element with a characteristic mass of approximately $0.008 M_\odot$. The tracer particles record all the hydrodynamic variables and are tagged once they accrete onto a sink particle.

To follow the collapse of prestellar cores, sink particles are created in cells where the gas density is larger than $10^6$ cm$^{-3}$, if the following conditions are met at the cell location: i) The gravitational potential has a local minimum value, ii) the three-dimensional velocity divergence is negative, and iii) no other previously created sink particle is present within an exclusion radius, $r_{\text{excl}}$ ($r_{\text{excl}} = 16dx = 0.12$ pc in this simulation). We have verified that these conditions, similar to those in Federrath et al. (2010), avoid the creation of spurious sink particles in regions where the gas is not collapsing (Haugbølle et al. 2018). Sink particles gradually accrete the gravitationally-bound surrounding gas within an accretion radius $r_{\text{accr}} = 4dx = 0.03$ pc, with an efficiency $\epsilon_{\text{out}} = 0.5$, meaning that only half of the infalling gas contributes to the growth of the sink-particle mass.

The resolution of the simulation is high enough to interpret individual sink particles as individual stars. When a sink particle of mass larger than 7.5 $M_\odot$ has an age equal to the corresponding stellar lifetime for that
mass (Schaller et al. 1992), a sphere of $10^{51}$ erg of thermal energy is injected at the location of the sink particle to simulate the SN explosion, as described in detail in Padoan et al. (2016b). We refer to this driving method as real SNe, as it provides a SN feedback that is fully consistent with the SFR, the stellar IMF, and the ages and positions of the individual stars whose formation is resolved in the simulation.

The simulation has so far been run for approximately 30 Myr with self-gravity, star formation and real SNe, generating $\sim 3,000$ stars with mass $> 2.5 M_\odot$ and $\sim 800$ stars with mass $> 8 M_\odot$. The left panel of Figure 2 shows the column density of the whole computational volume at the end of the simulation. The gas distribution is highly filamentary on all scales and densities, with large voids created by the explosions of multiple SNe. The stars with mass $> 2.5 M_\odot$ are shown on the right panel of the same figure, where the grayscale intensity range has been compressed. Young stars are found inside the densest filaments, while older ones have already left their parent clouds. Most of the stars in the simulation are formed in clusters or associations, some of which have cleared their surrounding gas thanks to SN explosions of their most massive members. We have identified seven clusters with mass $> 10^4 M_\odot$, whose structural and dynamical properties will be the focus of future works.

For the purpose of this work, we select a subsample of stars by retaining only sink particles formed before the last 1 Myr of the simulation and with a negligible final accretion rate averaged over the last 1 Myr of the simulation (we require that the time to double the final stellar mass at that average rate is longer than 1 Gyr), so the final stellar masses are well defined. This selection yields a sample of 1,503 stars with mass $> 2.5 M_\odot$, of which $\sim 447$ stars have mass $> 8 M_\odot$.

The simulation snapshots are saved every 30 kyr, so we have a total of approximately 1,000 snapshots (nearly 200 TB of data). The star formation is distributed over many different clouds with realistic values of the SFR, and the global SFR corresponds to a mean gas depletion time in the computational volume of almost 1 Gyr, also realistic for a 250-pc scale (Padoan et al. 2017).

3.1. Caveats and Limitations

In the 70s and 80s, the main problem of massive star formation was to understand how accretion could overcome the very high radiation pressure of the star (e.g. Kahn 1974; Yorke & Kruegel 1977; Wolfire & Cassinelli 1987). It was later understood that if the accretion proceeds through optically thick blobs and fingers and an optically thick disk, and much of the radiation escapes through optically thin channels created by the outflow, radiation pressure does not impede the growth of a massive star (e.g. Krumholz et al. 2005a; Keto 2007; Krumholz et al. 2009; Kuiper et al. 2011; Klassen et al. 2016). Radiative bubbles around massive protostars cannot prevent the accretion of the infalling gas onto the star-disk system, because such bubbles are Rayleigh-Taylor unstable at early times (Rosen et al. 2016) and the instability is expected to occur even in the magnetized case, though with a longer growth time-scale (Yaghoobi & Shadmehri 2018). Although the precise role of the various radiative feedback mechanisms remains difficult to quantify, here we focus on the origin of massive stars, that is the initial conditions responsible for their creation, and on the source and timescale of the accretion process, neglecting radiative feedback. Thus, the final stellar mass we derive is not computed precisely.

To account for the overall effect of jets and outflows, we assume an efficiency factor $\epsilon_{\text{out}} = 0.5$, meaning that only half of the infalling mass is accreted onto the sink particle, following our previous works (Padoan et al. 2014c; Haagbølle et al. 2018). While this is a reasonable approximation for low-mass stars (Matzner & McKee 2000), the
efficiency may decrease with increasing final mass and
with decreasing surface density of the prestellar core, at
least in the context of models were all the mass reser-
voir is initially contained in a dense core (e.g. Tanaka
et al. 2017). Nevertheless, recent simulations including
radiation forces, photoionization feedback and protostel-
or outflows show that a value close to $\epsilon_{\text{out}} = 0.5$ is
not unreasonable even for very massive stars (Kuiper &
Hosokawa 2018).

The role of radiation feedback mechanisms in the case
of a longer formation time and highly filamentary mor-
phology, as in our simulation, should be addressed sys-
tematically in future studies, accounting for the effect
of the accretion rate on the stellar structure (see Jensen
& Haugbølle 2018). For example, the accretion rates in
our simulation may remain our stars bloated until they
reach the main sequence as an intermediate-mass star
and ionization feedback would not play a role in that ini-
tial phase, as also confirmed observationally by the high
luminosity of young, massive protostars (Ginsburg et al.
2017). There is also tentative observational evidence that
stellar radiation cannot strongly affect the mass inflow
when this occurs through dense filaments (Watkins et al.
2019). Radiative feedback mechanisms may also assist
the formation of massive stars, by suppressing fragmenta-
tion in the neighborhood of a massive star, which in-
creases the mass reservoir available for its growth, while
preventing the formation of lower-mass stars (Krumholz
et al. 2007).

On the other hand, the limited spatial resolution of
the simulation may lead us to overestimate the final star-
lar mass, as the fragmentation in the neighborhood of a
massive star is not fully resolved. The final stellar masses
must be corrected for this resolution effect, which we do
by multiplying them by a mass-correction factor, $f_m < 1$,
which is derived in the following. This mass correction
is not applied to the sink masses in the simulation, but
only applied posteriori as we interpret the results, so
it does not affect mass conservation in the simulation.
However, when we estimate stellar lifetimes to decide if
and when a sink particle should explode as a SN, we do
account for this mass correction, to avoid overestimating
the SN feedback.

The lack of fragmentation caused by the limited spa-
tial resolution is illustrated by the incompleteness of the
numerical IMF below a few solar masses, so we can use
the numerical IMF to derive an estimate for the mass-
correction factor, $f_m$. Because not all of the missing low-
and intermediate-mass stars should originate from the
same mass reservoir as the high-mass stars, we ex-
pect this IMF-based correction to be too large, hence the
final stellar masses somewhat underestimated, irrespec-
tive of the precise outcome of the two radiative feedback
mechanisms mentioned above.

The simulation was designed to yield a complete IMF
for stellar masses above approximately 8 $M_\odot$, as one of
the main goals is to achieve a realistic SN feedback by
resolving the formation of all the individual stars that
end their life as SNe (see §3. Figure 3 shows that the
IMF from the simulation (with masses already multiplied
by $f_m$) is consistent with a single power law above
approximately 8 $M_\odot$, with a slope $\Gamma = 1.49 \pm 0.09$, slightly
steeper than Salpeter’s value (Salpeter 1955), but con-
sistent with the result of a study of many stellar clusters
in M31, covering a similar range of stellar masses as in our
simulation (Weisz et al. 2015). Below approximately 8 $M_\odot$, the IMF is significantly shallower, and essentially
flat below 2 $M_\odot$ (not shown in Figure 3). Thus, in this
work, we only consider stars with final masses $> 2.5 M_\odot$.
The IMF in Figure 3 exhibits a cutoff above 50-60 $M_\odot$, which is probably real as it corresponds to the maximum
stellar mass for this simulation as proposed in §5.

In previous isothermal simulations representing regions
of a few pc with higher spatial resolution than here
(Padoan et al. 2014c, Haugbølle et al. 2018), we obtained
complete stellar IMFs consistent with the observations,
meaning Chabrier’s IMF (Chabrier 2005) below 2 $M_\odot$,
and Salpeter’s IMF at larger masses. In Haugbølle et al.
(2018), a convergence test was carried out in the range
of cell-size resolution from 800 AU to 50 AU, showing strong
evidence of numerical convergence of the IMF. Fur-
thermore, previous work has shown that simulations of rather
low spatial resolution can achieve numerical convergence of
the star-formation rate (SFR) even with a very in-
complete IMF (Padoan & Nordlund 2011b, Padoan et al.
2012, Haugbølle et al. 2018). Thus, it can be expected
that, with a higher spatial resolution, 1) the numerically-
converged IMF would be the same Chabrier+Salpeter IMF
as in the observations and 2) the SFR in the sim-
ulation is already numerically converged. These two
assumptions imply that the IMF incompleteness is the re-
sult of overestimating the final mass of our sink parti-
cles, $M_{s,t}$, because some of the mass assigned to them
should instead have resulted into a few lower-mass stars
in the same neighborhood that were not resolved. The
correct final stellar mass, $M_t$, should then be given by
$M_t = f_m M_{s,t}$, with $f_m < 1$ assumed to be constant (in-
dependent of mass). We assume $f_m$ to be independent of
mass because the slope of the mass distribution of sink
particles for $M_{s,t} > 16 M_\odot$ is already consistent with the
observed IMF.

Based on the above assumptions, we estimate the
mass-correction coefficient, $f_m$, as follows. We nor-
malize both the observational IMF, $N_{\text{obs}}$, and the sink
IMF, $N_{\text{sink}}$, to a total probability of unity, $\int N_{\text{obs}} dm =
We have adopted \( m_1 = 20 \, M_\odot \) and \( m_2 = 100 \, M_\odot \), as these values define the range of sink masses where \( N_{\text{sink}}(m) \) is approximately a power law. We solve the implicit Equation (1) by iteration, and obtain a mass-correction factor \( f_m = 0.53 \). Thus, the final stellar masses are assumed to be equal to the sink masses multiplied by \( f_m \), \( M_f = f_m M_{s.f.} \). Figure 3 shows the current IMF, after evolving the simulation for approximately 30 Myr with self-gravity. The mass-completeness limit of approximately 8 \( M_\odot \) (16 \( M_\odot \) for the sink masses) and the general IMF shape was already clear at the beginning of the star-formation process, so the mass-correction factor could be estimated early on in the simulation and was applied to compute the lifetime of all the sink particles. In Haugbølle et al. (2018), a resolution study showed that at a cell-size resolution of 800 AU the IMF is complete to \( \sim 3 \, M_\odot \), which, scaling to the current simulation, implies a completeness limit of approximately 8 \( M_\odot \), in good accordance with the above, more quantitative analysis.

Finally, it should be stressed that the simulation was not tailored to represent any specific star-formation region in the Galaxy, nor particularly extreme conditions such as those found near the Galactic center or in other very dense regions of massive star formation. With a total mass of \( 1.9 \times 10^6 \, M_\odot \), the mean column density of the simulation is 30 \( M_\odot \, \text{pc}^{-2} \), so our computational volume may be viewed as a generic dense section of a spiral arm. For example, the total column density in the Perseus arm of the Milky Way is 23 \( M_\odot \, \text{pc}^{-2} \) (Heyer & Terebey 1998). In fact, we have shown in previous works (Padoan et al. 2016b; Pan et al. 2016; Padoan et al. 2016a) that the lower-resolution version of this simulation generated MCs with properties consistent with those of real MCs from the \(^{12}\text{CO} \) FCRAO Outer Galaxy Survey (Heyer et al. 1998, 2001). Because a significant fraction of massive stars may be formed under more extreme conditions than those found in our simulation, the star-formation time and the maximum stellar mass should be rescaled accordingly when more extreme regions are considered, which is discussed in § 8.3 and § 8.5. However, the qualitative conclusions of this work have a general validity.

4. THE STAR-FORMATION TIMESCALE

The formation timescale of massive stars may differ significantly between alternative models. For example, in the turbulent-core model (McKee & Tan 2002, 2003), the formation timescale is very rapid, of the order of the free-fall time of the massive prestellar core. On the contrary, the formation time could last much longer in the case of competitive accretion (Bonnell et al. 2001a,b), as well as in the formation scenario implied by our turbulent fragmentation model (Padoan & Nordlund 2011a). Furthermore, the time evolution of the accretion rate of a massive star is also an important test of the theoretical models, particularly for those predicting a long formation timescale. For example, in the competitive accretion model, the accretion is strongly dependent on the evolution of the stellar mass, while in our scenario the infall that controls the accretion rate is determined by converging flows on scales too large to be affected by the stellar gravity, thus insensitive to the increase of the stellar mass over time.

To study the formation timescale in our simulation, we use the sample of 1503 stars with mass > 2.5 \( M_\odot \) and negligible final accretion rate as described in § 3 and define the final stellar mass, \( M_f \), as the final sink mass, \( M_{s.f.} \), multiplied by the mass-correction factor, \( f_m \), described in § 3.1. \( M_f = f_m M_{s.f.} \). We define the formation time, \( t_{\text{f,5}} \), as the time interval between the sink-particle creation (approximately the time when the prestellar core starts to collapse) and the moment when the sink particle reaches 95% of its final mass. The results of this study are not very sensitive to this precise percentage.

In Padoan et al. (2014c), using a large-dynamic-range simulation of a 4-pc volume, with periodic boundaries, isothermal equation of state, and random driving, we obtained nearly 1300 sink particles over a time of 3.2 Myr, with a mass function closely following a Chabrier IMF at small masses and a Salpeter IMF at masses larger than 1-2 \( M_\odot \). We used that simulation to argue that the large-scale mass flow from the turbulent inertial flows feeding the protostars (through an accretion disk in nature) could explain the observed luminosity distribution of protostars, and that the later Bondi-Hoyle phase could also account for the observed accretion rates of pre-main-sequence stars. We also showed that, on average, the time to gather 95% of the final stellar mass, \( t_{\text{f,5}} \), increased with increasing final stellar mass, \( M_f \), according to \( t_{\text{f,5}} = 0.45 \, \text{Myr} \times (M_f/1M_\odot)^{0.58} \), so it took on average nearly 2 Myr to form a 10 \( M_\odot \) star (see Figure 13 in Padoan et al. 2014c). However, we did not see an accelerated accretion rate as the stars gain mass, so our results were at odds with the predictions of the competitive accretion scenario (Bonnell et al. 2001a,b, Bonnell & Bate 2006). These results have been confirmed by the highest-resolution simulation in our recent IMF study (Haugbølle et al. 2018), with physical and numerical parameters similar to those in Padoan et al. (2014c). The power-law fit to the relation between formation times and final masses in this more recent work is \( t_{\text{f,5}} = 0.51 \, \text{Myr} \times (M_f/1M_\odot)^{0.58} \), essentially indistinguishable from the previous one.

While those studies barely reached a maximum stellar mass of approximately 10 \( M_\odot \), due to the limited volume and total mass, the current work yields a large number of stars more massive than 10 \( M_\odot \), even after applying the mass-correction factor, \( f_m \), described in § 3.1. Thus, the slope of the relation between formation time and final mass is only slightly increased as smaller percentages of the final mass are used in the definition of the formation time, varying from 0.47 to 0.55 when we adopt from 95% to 50% of the final mass.
cause the ratio $M_{*}$ dependent of the final stellar mass. The average infall shows that the maximum average accretion rate is over the formation time of a star, the lower envelope critical isothermal sphere (Shu et al. 1987), assuming $T_{\text{iso}} = 10 K$. Vir- 3.1, with higher spatial resolution the simulation would yield a few more lower-mass stars around each massive star, and this extra infall rate corresponds to the fraction that would be accreted by such stars. Thus, the maximum infall rate in the simulation is approximately $0.9 \times 10^{-4} \text{ M}_{\odot} \text{ yr}^{-1}$. Furthermore, at a pc scale, the maximum inflow rate is typically 10 times larger than the infall rate, as shown in §8.1 so the the maximum inflow rate in the simulation is of order $10^{-3} \text{ M}_{\odot} \text{ yr}^{-1}$.

The long-dashed line in Figure 4 shows the infall rate from the collapse of a critical isothermal sphere, $M_{\text{iso}} = 0.975 c_{s}^{3} / G$ (Shu et al. 1987), assuming $T = 10 K$. Virtually all our stars have $M_{\text{in}} > M_{\text{iso}}$, because the infall rate is driven by inertial inflows from larger scale that have mass-flow rates significantly larger than $c_{s}^{3} / G$. If these large inflow rates were present during the initial buildup phase of the prestellar cores as well, a prestel- lar core could accumulate a mass in excess of its critical mass (as shown in §6.2).

The largest stellar masses in the simulation are limited by the lifetime of massive stars. The curved, solid line in Figure 4 shows the stellar lifetime, $t_{\text{SN}}$, as a function of the mass of the sink particle and $M_{f}$ (the extrapolation of the power law to larger masses is shown by the dotted line).

we can verify if the relation between formation time and final mass extends to very massive stars as well. The relation from our SN-driven simulation is shown in Figure 4 where we have plotted only the 1,503 sinks with $M_{f} > 2.5 \text{ M}_{\odot}$ and negligible accretion rate at the time $t = 30 \text{ Myr}$. As discussed in §3.1 the IMF of our sink particles is incomplete, essentially flat, at lower masses, which may cause biases in the relation between $t_{95}$ and $M_{f}$, so stars with $M_{f} < 2.5 \text{ M}_{\odot}$ are not included in this study. The power-law fitting of the median values of $t_{95}$ in logarithmic intervals of $M_{f}$ gives the relation

$$t_{95} = 0.67 \text{ Myr} \times (M_{f}/1 \text{ M}_{\odot})^{0.54},$$  \hspace{1cm} (2)

consistent with the relations we previously derived with lower-mass stars (Padoan et al. 2014c; Haugbølle et al. 2018), discussed above.

Despite the large scatter in the plot, its lower enve- lop is well defined (short-dashed line in Figure 4). It is even better defined in our previous 4-pc runs, as those plots extend over approximately three orders of magnitude in $M_{f}$ (Figure 13 in Padoan et al. 2014c and Figure 11 in Haugbølle et al. 2018). The lower envelope corresponds to a linear dependence of $t_{95}$ on $M_{f}$. Because the ratio $M_{f}/t_{95}$ gives the average accretion rate over the formation time of a star, the lower envelope shows that the maximum average accretion rate is independent of the final stellar mass. The average infall rate, $M_{\text{in}} = \epsilon_{\text{out}} M_{f}/t_{95}$, is twice larger, because we have assumed that half of the infalling mass is lost through jets and outflows, $\epsilon_{\text{out}} = 0.5$. The short-dashed line in Figure 4 corresponds to a constant average infall rate of $4.5 \times 10^{-5} \text{ M}_{\odot} \text{ yr}^{-1}$, or twice lower accretion rate.

The actual infall rate in the simulation is approx- imately twice larger than $M_{\text{in}}$. Recall that a mass-
that massive stars are assembled by inertial inflows.

As shown by Figure 6, the average infall rate varies from star to star, with a total scatter of approximately one order of magnitude even for stars with nearly the same final mass. Thus, the final stellar mass depends both on the average infall rate and on the duration of the infall process (controlled by the duration of the corresponding inertial inflow). The most massive stars are formed in regions where a large infall rate can be maintained for a long time, fed by coherent inertial motions over a scale of several pc.

We have also computed the infall rate of the sink particles with a much higher time frequency, of order 300 yr, the average time-step size of the simulation at the root-grid resolution of 0.49 pc. Figures 7 and 8 show the infall rate evolution for five typical sink particles with

\[ M_f > 30 M_\odot \]

\[ t_{\text{turb}} \approx 10^6 \text{ yr} \]

\[ t_{\text{SN}} > 10^4 \text{ yr} \]

\[ M_{\text{in}} (t) [M_\odot] \]

The same as Figure 5, but for the 49 stars with \[ M_f > 30 M_\odot \], plotted by setting the initial time equal to the birth time, \[ t_{\text{birth}} \], for each star. The empty circles mark the mass at \[ t = t_{\text{birth}} \], not the final stellar mass. The dashed lines correspond to constant values of the average accretion rate (the actual infall rate in the simulation is approximately four times larger, because only a fraction \[ \epsilon_{\text{acc}} = 0.5 \] of the infalling gas is accreted onto the sink particles, and because the stellar mass is taken to be a fraction \[ f_{\text{inf}} = 0.53 \] of the sink mass). The curved, solid line in the top-right corner of the plot shows \[ t_{\text{SN}} \], as in Figure 6.

The bottom panels of Figures 7 and 8 show the same plots as the top panels, but with logarithmic mass and time axes. The initial evolution is characterized by infall rates of order \[ 2-4 \times 10^{-5} M_\odot \text{ yr}^{-1} \] for all final masses. This is clearly due to the collapse of the prestellar core that lasts less than 100 kyr. As commented in the previous section, these early infall rates are well in excess of \[ c_s^2/G \] because the prestellar cores are fed by inflow rates larger than that. After the collapse, the infall is controlled by the larger-scale inertial inflow, as shown by the stochastic nature of its evolution. Interestingly, the bottom panel of Figure 7 shows that the collapsing prestellar core has a mass of order \[ 1 M_\odot \] (this is true for most sink particles, not only for the five shown here), irrespective of the final mass of the sink. This result is consistent with the characteristic prestellar-core virial mass derived below in § 5.2.

6. THE INITIAL CONDITIONS FOR MASSIVE STAR FORMATION: PRESTELLAR CORE AND INFALL REGION

A major goal of this work is to characterize the initial conditions that lead to the formation of a massive star. Most computational studies or analytical models of massive star formation are based on ad hoc initial conditions, typically an isolated and very dense core that may collapse into a single object or a stellar cluster. However, it is unlikely that an isolated core is a realistic representation of the initial conditions, because star-forming cores are typically found at the intersection of dense filaments, both in the simulations and in real MCs. This filamentary morphology reflects the dynamical coupling between small and large scales in the ISM turbulence, and the ongoing mass accretion driven by the compressive part of the turbulent flow. Furthermore, because of the stochastic nature of the turbulence in star-forming regions, it is possible that a variety of conditions result into massive stars.

Thanks to the large volume of our SN-driven simulation and the large number of massive stars it generates, we are able to explore a vast parameter space of initial and boundary conditions, besides ensuring that such conditions are consistent with the larger-scale environment and that their statistical distributions are realistic. Furthermore, thanks to the large number of tracer particles embedded in the simulation, we can accurately trace the full path of gas elements that contribute to the final mass of a sink particle representing a massive star. A detailed study of the Lagrangian time evolution of such
gas elements will be attempted in future works. Here, we focus on the initial conditions for massive star formation at a single specific time, defined numerically as the time when the sink particle representing the star is created. In practice, we study the initial conditions at the first available snapshot after the birth time of the sink particle, a delay between 0 and 30 kyr (the time separation between snapshots), 15 kyr on average.

The numerical implementation of sink particles (see §3) guarantees that a sink particle is created only when a dense core has emerged and has just started to collapse. Thus, despite being defined numerically by a threshold density, the time of creation can be identified as the approximate time of the beginning of the gravitational collapse of the prestellar core. Because the core-collapse time ($\sim 10^5$ yr) is much shorter than the star-formation
time (∼ 10⁶ yr), and because the sink particle is usually created at the very start of the collapse, the uncertainty in the definition of this birth time (including the time interval between snapshots) is small enough for the purpose of defining an initial time of star formation.

The beginning of the gravitational collapse of the core and the creation of the sink particle representing the protostar mark the transition of the core from prestellar to protostellar. Thus, the core mass we derive is the largest mass the prestellar core achieves prior to the formation of the protostar. The earlier build up and evolution of the prestellar core is also of interest to understand the origin of massive stars and for statistical comparisons with observational surveys of prestellar cores and will be addressed in a future study.

6.1. Prestellar Core Definition

We identify prestellar cores as density enhancements centered around the positions of the sink particles in the first simulation snapshot after the formation of the sink particle. As in §4, we consider only the 1,503 sinks with final mass \(M_\text{s,f} \geq 5 \, M_\odot\) and negligible accretion rate at the time \(t = 30\) Myr. Because we have saved approximately 1,000 snapshots at fixed intervals of 30 kyr after self-gravity and star formation were included (see §3), we have typically one or two prestellar cores per snapshot (though the number tends to increase with time initially, when the SFR is still increasing). With the core center marked by the birth position of the sink particle, we then need a criterion to determine the size of cores, which is non-trivial because cores are usually found within dense filaments where the core edges are not clearly defined. Given the large number of cores in our sample, the criterion should be relatively straightforward to compute based on average core properties, to avoid a detailed inspection of every single core. To that purpose, we compute radial profiles of the gas density, rms velocity, virial parameter and other quantities (see §7), centered at the birth positions of the sink-particles. In the definition of the virial parameter, \(\alpha_\text{vir}\), we include both the turbulent kinetic energy and the thermal energy, \(\alpha_\text{vir} = 2(E_\text{kin} + E_\text{th})/E_\text{g}\), and compute \(E_\text{g}\) as the gravitational energy of a sphere, \(E_\text{g} = 3/5 \, a \, GM^2/R\), where the coefficient \(a\) is chosen based on the estimated average slope of the core density profile, according to Bertoldi & McKee (1992 Appendix A).

Observations show that prestellar cores are quiescent (Barranco & Goodman 1998; Goodman et al. 1998; André et al. 2007), meaning that their internal rms velocity is subsonic, while supersonic line widths are found near their edges (Goodman et al. 1998; Pineda et al. 2010). This is consistent with the picture of turbulent fragmentation, where cores are formed by shocks in the turbulent flow (Myers 1983; Padoan et al. 2001; Chen et al. 2019a), and the kinetic energy in the postshock gas, at the intersection of filaments, is mostly dissipated. A detailed inspection of our cores shows that this picture is qualitatively confirmed, so we could in principle use the drop in turbulent velocity dispersion with decreasing radius to define the core size. However, the transition is often not very sharp, partly due to the shell averaging. Because magnetic pressure is expected to be dominant in the cores (Padoan & Nordlund 1999), we could possibly use the radial dependence of the ratio of turbulent to magnetic pressure as well. However, the shell-averaged radial profiles of that ratio often fail to show a sharp transition around unity at the core boundaries, partly because the magnetic field is amplified not only by the compression that generates a core, but also by the turbulence outside the core, so the ratio of turbulent to magnetic pressure is often nearly constant with radius. Fur-
thermore, the transition to velocity coherence cannot be the only criterion to define the core boundaries, because we must also verify that the core is gravitationally bound. On the other hand, we find that $\alpha_{\text{vir}}$ increases monotonically with increasing radius in nearly all cores, and $\alpha_{\text{vir}} = 1$ at a radius that corresponds approximately to the core boundaries in most of the cores where the pressure ratio shows a clear transition, or where we identify the core boundaries by a detailed inspection. Thus, we adopt the radius where $\alpha_{\text{vir}} = 1$ as a practical definition of the core radius, which also guarantees that the core is gravitationally bound. Because of rare cases where $\alpha_{\text{vir}}$ is not a monotonic function of the radius, we actually choose the largest radius where the virial parameter is unity. We call this radius the core virial radius, $R_{\text{c,vir}}$, and refer to the core mass within this radius as the core virial mass, $M_{\text{c,vir}}$.

The maximum size of prestellar cores extracted from sub-millimeter surveys is $\sim 0.1$ pc (Motte et al. 1998, 2001; Johnstone et al. 2000; Konyves et al. 2015; Tüge et al. 2016; Roy et al. 2019; Bresnahan et al. 2018; Russeil et al. 2019). In some studies, a maximum core size is imposed as one of the selection criteria to avoid including clumps in the core sample, for example a maximum size of 0.3 pc is adopted in Tüge et al. (2017) and Russeil et al. (2019). The turbulent-core model by McKee & Tan (2003) predicts a similar core size of $\sim 0.1$ pc for progenitors of massive stars and characteristic column densities of star-forming regions (see their equation (20)). Thus, we consider the core mass within a radius of $0.1$ pc as well, and refer to it as $M_{\text{c},0.1}$. As shown below, we usually find $R_{\text{c,vir}} < 0.1$ pc, which is not surprising because the characteristic thickness of dense filaments where prestellar cores are found is also $\lesssim 0.1$ pc, in agreement with the observations (Arzoumanian et al. 2011; André et al. 2016; Roy et al. 2019; Arzoumanian et al. 2019).

Finally, we also measure the mass of the gravitationally–bound spherical region around the birth position of the sink particle, defined by the largest radius, $R_0$, where $\alpha_{\text{vir}} = 2$. We refer to $R_0$ as the infall radius, because it marks the transition from the inertial infall region to the infall region where self-gravity becomes dominant. In the core-collapse model of McKee & Tan (2002, 2003) and in the IMF models of Hennebelle & Chabrier (2008b, 2009) and Hopkins (2012), the progenitors of massive stars are cores, or over-dense regions, where self-gravity overcomes the total pressure (primarily turbulent pressure in the case of massive stars), so the virial parameter must be $\lesssim 2$. For example, McKee & Tan (2003) estimate a value $\alpha_{\text{vir}} = 1.34$ (see their Appendix A1). Thus, our infall radius, $R_0$, can be taken as an upper limit to the size of prestellar cores in those models.

The infall region outside $R_0$ is studied in the following sections, were we will define the infall radius, $R_0$, as the radius of the sphere that, at the birth time of the sink, contains 95% of the total mass (tracer particles) that will
accrue onto the star (see §7 and §8.3).

Figures 9 and 10 show examples of prestellar cores through images of the projected density of (2 pc)$^3$ volumes centered on the sink-particle positions. The core is usually a well-defined density enhancement even in projection, typically at the intersection of dense filaments. The virial radius, shown by the solid circle, is almost always smaller than 0.1 pc (dotted circle), although a few cores with more quiescent envelopes and $R_{c,vir} \sim 0.1$ pc are also found, as shown by the bottom rows of panels in Figures 9 and 10.

6.2. Distributions of Prestellar-Core Masses

Figure 11 shows the relation between the virial mass and the virial radius of all the prestellar cores. Although it is a small contribution, the mass of the newly-created sink particle has been added to the core mass, as our purpose is to define the final core mass before the protostar is created. The dashed line marks the mass-radius relation for the critical Bonnor-Ebert mass. As we have selected cores at the very beginning of their gravitational collapse, the great majority of them are above the critical line. Only a very small number of cores are found below the critical line, mostly because of an incorrect determination of the core radius\footnote{In a few cases, the radial profile of $\alpha_{vir}$ oscillates around unity over a range of radii, so picking the largest radius where $\alpha_{vir} = 1$ may overestimate the true core size.}. The purpose of this plot is primarily to verify that our sink-particle model does not result in false positives, meaning sink particles created in a transient density enhancement above the given threshold. However, the fact that these sink particles are known to achieve stellar masses already indicates that they are not numerical artifacts, because a mass reservoir of gravitationally bound gas must have been available for their growth.

Despite the uncertainty in defining the size of prestellar cores, we should expect their masses to be in excess of the critical one, based on the infall rates estimated in §4 and §5. As we commented there, the inertial inflows assemble the prestellar cores at a mass-flow rate in excess of $c_s^2/G$, so, by the time the cores are collapsing, their mass exceeds the critical one.

Similar plots are often used to interpret the results of observational surveys of prestellar cores, in the absence of line observations (Johnstone et al. 2006; Könyves et al. 2015; Bresnahan et al. 2018): cores above the critical Bonnor-Ebert line are selected as prestellar, while cores below the dashed line are discarded. While some of the excluded cores may be of a transient nature (never massive enough to become unstable), some may be true prestellar cores caught in their growth process. Because the formation process of a core is most likely longer than its initial collapse, we should generally expect to find a large number of true prestellar cores below the critical Bonnor-Ebert line, depending on the sensitivity and angular resolution of a survey. We will address this issue in a future study by following the formation of the prestellar cores in our simulation.

The probability distribution of the ratio between the virial core mass and the critical Bonnor-Ebert mass, $M_{BE,vir}$, corresponding to the core virial radius and a
temperature of 10 K is shown in Figure 12, while Figure 13 shows the core mass distribution. In both figures, we have separated the cores resulting in massive stars with $M_f > 20$ $M_\odot$ from those yielding lower-mass stars with $M_f < 4$ $M_\odot$. All cores, independent of the final stellar mass, have a ratio $M_{c,\text{vir}}/M_{\text{BE,\text{vir}}}$ in the approximate range of 1 to 10, with the peak of the distributions at a value of $\sim 2.5$. Notice that the Jeans mass is $M_J = 2.47 M_{\text{BE}}$ (McKee & Ostriker 2007), so the core masses are on average of the order of the Jeans mass, as often found in the interferometric studies of massive clumps mentioned in §10.2. The mass distributions peak at $\sim 1$ $M_\odot$ for $M_f < 4$ $M_\odot$ and $\sim 2$ $M_\odot$ for $M_f > 20$ $M_\odot$, with the largest mass $\sim 40$ $M_\odot$. This is a remarkable result, showing that massive stars are not the result of massive prestellar cores. Even within a radius of 0.1 pc, the integrated mass is typically $\sim 10$ $M_\odot$, irrespective of the final stellar mass, as shown by the dashed-line and dotted-line histograms in Figure 13. Thus, within this characteristic size of 0.1 pc, the precursors of massive stars are not particularly conspicuous. The peak of the core mass distribution is two orders of magnitude for $M_{f,\text{out}}$ (McKee & Ostriker 2007), so the core mass is multiplied by the value of $\epsilon_{\text{sink}}$ from those yielding lower-mass stars.

In the previous section, we have estimated the mass of prestellar cores at the beginning of their collapse, with the core size determined either by the core virial parameter or by a fixed radius of 0.1 pc. Here, we study the initial conditions further away from the protostar, on the scale of the infall region, where the converging flows feeding the growing star have a kinetic energy in excess of the gravitational energy. For this purpose, we extract sub-volumes of $2 \times 2 \times 2$ pc$^3$ from the birth snapshot of each sink particle, centered around the birth position of the corresponding sink particle. This box size is appropriate to study the infall region, even if in some cases it includes only its inner portion. We define this region as the spherical volume around the sink particle containing 95% of all the tracer particles that will be accreted onto the sink. As mentioned earlier, we refer to the radius of this stellar-mass reservoir, $R_{95}$, as the infall radius, and find that its values cover a wide range.

The actual fraction of the final stellar mass contained in the prestellar core is even lower than estimated above, because only a fraction of the core mass is eventually accreted onto the star. This can be computed as the total mass of the tracer particles inside the core that are eventually accreted onto the star, $M_{c,\text{tr}}$, which is shown in the right panel of Figure 13. Of course $\epsilon_{\text{sink}} M_{c,\text{tr}} \leq M_{f,\text{sink}}$, as shown in the figure.

One may suspect that the stellar mass is at least contained within the gravitationally-bound region around the prestellar core, as for example required by the IMF models of Hennebelle & Chabrier (2008b, 2009) and Hopkins (2012), but that is not the case. Figure 16 shows the mass within the bound region (left panel), $M_b$, and the corresponding part of that mass that is eventually accreted onto the sink (right panel), $M_{b,\text{tr}}$, versus the final sink mass. Although $M_b > M_{c,\text{vir}}$, the right panel shows that even the bound region contains, on average, only a small fraction of the final sink mass, particularly in the case of the most massive stars. Evidently, a major fraction of the final stellar mass still resides outside of the infall region when the prestellar core starts to collapse, showing the importance of inertial compressive motions from the more extended inflow region.

7. THE INITIAL CONDITIONS FOR MASSIVE STAR FORMATION: THE INFLOW REGION

In the previous section, we have estimated the mass of prestellar cores at the beginning of their collapse, with the core size determined either by the core virial parameter or by a fixed radius of 0.1 pc. Here, we study the initial conditions further away from the protostar, on the scale of the infall region, where the converging flows feeding the growing star have a kinetic energy in excess of the gravitational energy. For this purpose, we extract sub-volumes of $2 \times 2 \times 2$ pc$^3$ from the birth snapshot of each sink particle, centered around the birth position of the corresponding sink particle. This box size is appropriate to study the infall region, even if in some cases it includes only its inner portion. We define this region as the spherical volume around the sink particle containing 95% of all the tracer particles that will be accreted onto the sink. As mentioned earlier, we refer to the radius of this stellar-mass reservoir, $R_{95}$, as the infall radius, and find that its values cover a wide range.
Fig. 17.— Physical properties of the inflow regions around sink particles with different final stellar masses, either $M_f < 5 M_\odot$ (red plots) or $M_f > 20 M_\odot$ (blue plots), or with very recent birth times (relative to the first simulation snapshot after the sink birth time), $t_{\text{birth}} < 1 \text{ kyr}$ (green plots). a) Mass distributions of the three samples (colored shaded histograms) relative to the total sample (black histogram). b) Radial profiles of gas density; the black dashed line is a power-law fit to the profile for massive stars (solid blue line) for $r > 0.044 \text{ pc}$, giving a slope of $-1.60 \pm 0.03$. c) Radial profiles of rms velocity (solid lines), radial velocity (dashed lines), and mass-weighted radial velocity (dotted lines). The black dashed line is a power-law fit to the profile of the rms velocity for massive stars (solid blue line) for $r > 0.044 \text{ pc}$, giving a slope of $0.348 \pm 0.004$. d) Radial profiles of mass flow rate. The dotted lines show the profiles of the stars with the largest accretion rate at $r = 0.2 \text{ pc}$. The black dashed line is a power-law fit to the inflow-rate profile for massive stars (solid blue line) for $r > 0.044 \text{ pc}$, giving a slope of $-0.58 \pm 0.001$. e) Radial profiles of virial parameter and ratio of turbulent to magnetic pressures. f) Radial profiles of magnetic pressure. The black dashed line is a power-law fit to the magnetic-pressure profile for massive stars (solid blue line) for $r > 0.044 \text{ pc}$, giving a slope of $-0.73 \pm 0.01$.

$0.1 \text{ pc} \lesssim R_{95} \lesssim 33.5 \text{ pc}$ (see §8.3), with an average of 2.1 pc.

In each sub-volume, we compute radius profiles of various quantities by averaging over shells of different radii (20 logarithmically-spaced values) centered on the sink particle. Even with the smoothing effect of the shell or spherical averaging, individual profiles may exhibit complex radial variations and variations between sinks that have a purely stochastic origin, due to the turbulent nature of the inflow regions. Such stochastic fluctuations may hide the general trends from physical processes, so we further average the profiles of different sinks together. We perform this stacking procedure for two different groups of sink particles, based on the final stellar mass, either $M_f < 5 M_\odot$ or $M_f > 20 M_\odot$. The ranges of final stellar masses of the two samples, in relation to the global stellar mass distribution, are shown in the top-left panel of Fig. 17. The other panels of that figure follow the same color convention: blue plots for the profiles of the progenitors of very massive stars, red plots for those of the lower mass stars. The two samples have average values $\langle M_f \rangle = 3.5 M_\odot$ and $\langle M_f \rangle = 29.1 M_\odot$, a mass ratio of one order of magnitude that should be sufficient to uncover any existing dependence on final stellar mass in the initial conditions.

The top-right panel of Fig. 17 shows that the shell-averaged mean density profiles for the two samples are nearly identical. A power-law fit to the profile corresponding to the most massive stars and for radii $r > 0.044 \text{ pc}$ (dashed black line) gives a slope of $-1.60 \pm 0.03$. Because our sink-accretion model transfers mass from the gas to the sink particle within an accretion sphere with radius of 0.03 pc, the profiles are somewhat artificial at $r \leq 0.03 \text{ pc}$ (meaning they obey not only the fluid equations, but also the sink sub-grid model), so that region is shaded in yellow as a reminder of that. On the other hand, we can still define an average initial density profile that is almost insensitive to the sink-accretion model by
selecting only the cores whose sink particles were born extremely close in time to the first subsequent snapshot. The snapshot time separation is 30 kyr, so the average time difference between the sink birth time and the snapshot time (when the profile is computed) is 15 kyr. As a compromise between adopting a time lag as short as possible and a number of cores as large as possible, we adopt 1.0 kyr for the time lag, resulting in a sample of 71 cores, whose corresponding final stellar masses are shown by the green histogram in the top-left panel of Fig. 17. The average density profile for these pristine cores is plotted as a dashed green line in the top-right panel. It transitions smoothly from a $\propto r^{-2}$ power law to a lower slope as it crosses the accretion radius, reaching a central density of $10^6$ cm$^{-3}$, which is our threshold density to create a sink particle. Notice that a power-law slope of the shell-averaged density profile does not imply a spherical mass distribution that may be compared with predictions for isothermal spheres. In fact, outside of the virial radius, typically $\sim 0.03$ pc (as reported below in relation to the left-bottom panel), the density field is highly fragmented and filamentary. The shell-averaged density of a single filament of constant density centered on the star scales as $r^{-2}$, so power-law slopes near $r^{-2}$ in the inflow region are more likely to be the result of a filamentary mass distribution than indicating any similarity to isothermal spheres.

The velocity profiles are shown in the middle-left panel, where solid lines are for the shell-averaged rms velocity, $v_{\nu}$, dashed lines for the shell-averaged radial velocity, $v_r$, and dotted lines for the mass-weighted shell-averaged radial velocity. The mean radial velocity is always negative, indicating infall motion on the average for any radius up to at least 1 pc. The radial velocity grows monotonically towards larger radii, reaching a maximum of $\approx 0.5$ km s$^{-1}$ at $r \approx 0.06$ pc. The inflow motion is transonic, or mildly supersonic, with the mass-weighted radial velocity always lower than the global shell-averaged radial velocity. This is an indication that the stellar mass is assembled through dense filaments: the inflowing lower-density gas is collected into such filaments through shocks, hence part of its pre-shock radial velocity component is lost as the gas is funneled towards the star through the filaments. Such dissipation of the radial component could only be avoided if all filaments were perfectly aligned in the radial direction, which is a very unlikely arrangement. The rms velocity, instead, is highly supersonic, showing that the inflowing region is very turbulent. However, the velocity increase with radius is a bit shallower than in the global velocity-size relation (the power-law fit indicated by the black dashed line has a slope of 0.348 $\pm$ 0.004), perhaps because the negative mean radial velocity around the cores causes the transport of the larger velocity fluctuations at larger radii toward the center, or perhaps because of a slight amplification of the turbulence by compression, as the compression is stronger at smaller radii. The relatively shallow velocity scaling may be a fundamental property of inflowing regions feeding a central star through dense filaments, and deserves further investigation in future works. The velocity dispersion also appears to be slightly lower around the prestellar cores that form more massive stars.

These velocity profiles may be the key feature to distinguish our scenario from those where the large-scale mass reservoir is assumed to be collapsing. In the collapse scenarios, the infall motion must be dominant over the random motion, in contradiction with our result that $v_r < \sigma_r$. Future observational studies should try to separate the radial and random component of the velocity field in regions of massive-star formation, to discriminate between our prediction that $v_r < \sigma_r$ and the idea of global collapse. Another important feature that differentiates our velocity profiles from the collapse case is the monotonic increase of $v_r$ with distance up to nearly 1 pc. If gravity were to control such a flow, one would expect the gas to accelerate towards smaller radii, contrary to our results. However, testing the radial dependence of $v_r$ is probably beyond the capability of current observational methods. Because our definition of $v_r$ involves shell averages in 3D, it is not possible to compute the same quantity from observational data. A forward method should be used, where synthetic observations are performed with data from simulations dominated by either turbulence or global collapse and compared with observations of real star-forming clumps.

In the middle-right panel, we plot the average profile of the mass-flow rate, $-4\pi r \rho(r) v(r)$. The mass-flow rate decreases monotonically towards smaller radii (in the case corresponding to the most massive stars, the power-law fit has a slope of 0.58 $\pm$ 0.01). It varies from $\approx 10^{-4}$ $M_\odot$ yr$^{-1}$ at 1 pc to $\approx 10^{-5}$ $M_\odot$ yr$^{-1}$ at 0.1 pc. It may further decrease towards even smaller radii within the sink accretion radius, as indicated by the dashed green line for the youngest cores in our sample, but those small values would only characterize the very initial stage of the collapse (the green, dashed-line profile is an average for cores that have started to collapse less than 1 kyr ago). The infall rate within the (gravitationally-bound) infall region must later control the actual accretion rate onto the star (through a disk), so the drop in the infall rate within the inner 0.03 pc is just a feature of the sink-particle sub-grid model. The profiles for individual cores may deviate significantly from the average ones. To illustrate this, we also plot, as dotted lines, the profiles of the stars with the largest mass-flow rate measured at $r = 0.2$ pc, showing that the largest values can be approximately 10 times larger than the mean.

The much larger value of the inflow rate in the inflow region, relative to that of the infall rate in the infall region should be viewed as another fundamental property of the feeding regions of massive stars. As shown in §5 the accretion rate of the sinks does not grow systematically with time, so the mean radial dependence of the mass-flow rate implies that a significant fraction of the inflowing mass is not destined to accrete onto the central star. Because the inflow region is highly turbulent on a parsec scale, despite the mean radial motion, several intersecting shocks must be present, causing secondary convergence points around the main one feeding the central massive star. In other words, it is unlikely that a massive star is formed in isolation, and a significant fraction of the inflow rate ends up feeding secondary stars in
the same region. Thus the inflow rate must be larger than the infall rate. This radial dependence of the mass-flow rate should be kept in mind when interpreting observations of mass-flow rate at different scales in regions of massive-star formation, as further discussed in §10.3.

The bottom-left panel of Fig. 17 shows the average profile of the virial parameter, $α_{\text{vir}}$, and of the ratio of turbulent to magnetic pressures, $P_{\text{turb}}/P_{\text{mag}}$. While the pressures are shell-averaged values, the virial parameter at a given radius, $r$, is computed as $2(E_k + E_{\text{th}})/E_g$, where $E_k$, $E_{\text{th}}$, and $E_g$ are the kinetic, thermal and gravitational energies of the sphere of radius $r$. The virial parameter increases with increasing radius, starting from $α_{\text{vir}} = 1$ at $r \approx 0.03$ pc for both core samples. The value of $α_{\text{vir}}$ is even lower at $r < 0.03$ pc, but there the profiles may be affected by the sink-accretion model and by numerical dissipation of the velocity, so they cannot be fully trusted. In the inflow region, the virial parameter is a bit lower for the progenitors of the most massive stars than for those of lower-mass stars. As a result, the average infall radius, that is the radius within which the gas is gravitationally bound, is a bit larger for the progenitors of the most massive stars, $≈ 0.15$ pc, than for those of the lower-mass stars, $≈ 0.06$ pc. The pressure ratio in the inflow region of both groups of cores is $P_{\text{turb}}/P_{\text{mag}} \approx 2$, showing that the turbulence in the inflow region is able to amplify the magnetic energy almost to equipartition with the kinetic energy. This is not representative of the average nature of the turbulence in the MCs of our simulation. We have shown in Padoan et al. (2016b) that the turbulence in our MCs with mass $\gtrsim 10^4 M_\odot$ is always super-Alfvénic also with respect to the rms magnetic-field strength. Thus, the near equipartition of turbulent and magnetic energy is another distinguishing property of the inflow regions of stars of intermediate to large final masses.

Finally, the bottom-right panel of Fig. 17 shows the average radial profiles of the magnetic pressure. Unlike the gas, the magnetic field is not accreted onto the sink particles, so the magnetic pressure keeps increasing with decreasing radius inside the accretion sphere, nearly unaffected by the sub-grid model for the sink formation and accretion. The magnetic pressure is a bit larger for the progenitors of the less massive stars, most likely a result of the slightly stronger turbulence there. The magnetic-pressure profiles are quite shallow in comparison with the density profiles. In the case corresponding to the most massive stars (blue solid line), the power-law fit (black dashed line) gives a slope of $-0.73 \pm 0.01$. Such shallow profiles suggest that the inflow motion must be directed predominantly along magnetic field lines. Because we have already inferred that the inflow motion is organized in dense filaments (see the above discussion about the velocity profiles), the magnetic field within such filaments must be approximately aligned with the filaments, in agreement with recent results from ALMA polarization studies (e.g. Dall’Olio et al. 2019).

8. THE INERTIAL-INFLOW SCENARIO OF MASSIVE STAR FORMATION

Before describing our new scenario for the origin of massive stars, we show that the results presented in the previous sections rule out both the core-collapse model and the competitive-accretion model.
when the prestellar core is identified (the first simulation snapshot after the sink particle is created). Figures 18 and 19 show the tracer particle positions in four representative cases. It is evident that most of the future stellar mass is still distributed over a volume of a few pc when the prestellar core starts to collapse. To estimate the characteristic size of this volume, we compute the cumulative tracer-particle mass profile for each star, and then average the profiles, each normalized to its own final stellar mass, within five different mass ranges. These average profiles are plotted in Figure 20. In the case of the most massive stars (solid line), less than half of the total stellar mass is found, on average, within a radius of 1 pc, and to include 90% of the final stellar mass, we must consider a sphere with a radius of approximately 5 pc.

Although the competitive-accretion model (Zinnecker 1982; Bonnell et al. 2001a,b) predicts that the initial core mass is much smaller than the final stellar mass, our results are in contradiction with that model as well. This is easily understood based on the criticism of competitive accretion presented by Krumholz et al. (2005b), where it is demonstrated that competitive accretion can explain massive star formation only if the star-forming region feeding the accreting star has a very low virial parameter, $\alpha_{\text{vir}} \ll 1$. If this condition is not satisfied, the Bondi-Hoyle accretion rate is too small and the low-mass stellar “seed” cannot significantly increase its mass. In our simulation, the virial parameter averaged within spheres centered on the sink particle increases with increasing radius, and the prestellar core has been defined by the radius where $\alpha_{\text{vir}} = 1$. At larger radii, where most of the future stellar mass is contained, the virial parameter is $\gg 1$, so competitive accretion must be negligible. In other words, because the large-scale region where the future stellar mass is located is not gravitationally bound, and since the initial stellar mass is only a small fraction of the total mass in the region, the stellar gravity has a negligible effect on the mass inflow towards the star (except at very short distances from the star).

The accretion-rate history discussed in §5 serves as further evidence against competitive accretion. Competitive accretion predicts that the accretion rate increases with the stellar mass, with $\dot{M} \propto M^{2/3}$ in the case of gas-dominated potentials, or $\dot{M} \propto M^2$, in the case of stellar-dominated potentials (e.g. Bonnell et al. 2001a,b). As shown by Bonnell et al. (2001b), massive stars acquire most of their mass during the stellar-dominated phase, with $\dot{M} \propto M^2$. Despite being a fundamental prediction of the model, such a dependence of the accretion rate on stellar mass has never been derived from star-formation simulations, not even when the simulations are purported to generate a stellar mass spectrum because of competitive accretion (e.g. Bonnell et al. 2004; Bonnell & Bate 2006). At best, scatter plots of accretion rate versus sink mass at a fixed time have been shown (Maschberger et al. 2014, Ballesteros-Paredes et al. 2015, Kuznetsova et al. 2018), but these do not prove that the accretion rate of a single star grows over time as the stellar mass increases (the accretion rates in Ballesteros-Paredes et al. 2015 deviate by orders of magnitude from the Bondi-Hoyle prediction). In our simulation, the accretion rate during the formation of a massive star has strong time
As mentioned in the introduction, our turbulent-fragmentation model of the stellar IMF implies that the formation of any star can be viewed as a sequence of three main steps: (1) the formation of a gravitationally unstable core exceeding the critical Bonnor-Ebert mass, (2) the collapse of the core into a low or intermediate-mass star, (3) the accretion of the remaining mass driven by a large-scale converging flow, with the gradual buildup of the stellar mass over a number of free-fall times. For a massive star, most of the growth occurs during the third step, as the final stellar mass is much larger than the critical Bonnor-Ebert mass of the prestellar core. Because this step is dominant for massive stars, and the large-scale converging flow is a local random realization of the MC turbulence and mostly unaffected by the gravity of the star or by the self-gravity of the inflow region, as shown above, we refer to this scenario of massive star formation as the inertial-inflow model.

Our IMF model postulates that a prestellar core is assembled as a piece of a postshock gas layer, which results from the compressive component of a large-scale turbulent eddy. Turbulent eddies of larger scale generate more massive stars, because the gas reservoir for the prestellar core and for the further growth of the star is larger. Scaling relations leading to the stellar IMF are derived from the velocity scaling of the turbulent flow, assuming one dimensional MHD shocks and self-similarity (Padoan & Nordlund 2002). The assumption that a prestellar core is a piece of a postshock layer, its size being determined by the thickness of the layer (hence by the MHD jump conditions), was inspired by numerical simulations of supersonic turbulence. Long before the filamentary nature of MCs was revealed by Herschel’s observations (Men'shchikov et al. 2010), such simulations had shown that turbulent fragmentation results into a complex filamentary morphology (Padoan & Nordlund 1999), with dense cores found in knots within filaments (Padoan et al. 2001). The knots are the locations of intersection of filaments, and filaments are the location of intersection of postshock layers. While the dense postshock gas within layers and filaments is characterized by a relatively strong (possibly supersonic) shear, within an intersection of filaments the flow stagnates to subsonic velocities, and a quiescent core emerges, with mass flowing to the core through the filaments.

Magnetic field lines are mostly aligned along such filaments, because the magnetic field component perpendicular to the compression is amplified, so the mass inflow feeding the core can freely increase the ratio of mass to magnetic flux in the core (Padoan & Nordlund 1999, Lunttila et al. 2008, 2009, Padoan et al. 2010) and magnetic support cannot affect significantly the core critical mass, even in the absence of ambipolar drift or resistive processes. Thus, when the core reaches a mass of the order of a few times the critical Bonnor–Ebert mass, it starts to collapse. The collapse of the prestellar core does not affect the large-scale, filamentary mass inflow that originated the core, so the mass supply continues. Instead of accreting on the surface of a prestellar core, the gas now feeds the circumstellar disk that drives the accretion onto the surface of the star. As a result, the accretion rate of the star is controlled, or at least constrained, by the rate of the large-scale mass inflow. Because the accretion onto the stellar surface is through the circumstellar disk, and the disk is fed by dense filaments, the radiative pressure from the star is not a fundamental barrier to the growth of the star (e.g. Krumholz et al. 2005a, Keto 2007, Krumholz et al. 2009, Kuiper et al. 2011, Klassen et al. 2016). Photo-evaporation of the infalling gas may limit or stop the stellar growth, but only if the inflow rate is very small (e.g. Tanaka et al. 2017). This scenario implies that prestellar cores cannot achieve very large masses, hence their mass function above a few solar masses should be steeper than the stellar IMF. Scaling relations leading to the stellar IMF are derived from the velocity scaling of the turbulent flow, assuming one dimensional MHD shocks and self-similarity (Padoan & Nordlund 2002). The assumption that a prestellar core is a piece of a postshock layer, its size being determined by the thickness of the layer (hence by the MHD jump conditions), was inspired by numerical simulations of supersonic turbulence. Long before the filamentary nature of MCs was revealed by Herschel’s observations (Men’shchikov et al. 2010), such simulations had shown that turbulent fragmentation results into a complex filamentary morphology (Padoan & Nordlund 1999), with dense cores found in knots within filaments (Padoan et al. 2001). The knots are the locations of intersection of filaments, and filaments are the location of intersection of postshock layers. While the dense postshock gas within layers and filaments is characterized by a relatively strong (possibly supersonic) shear, within an intersection of filaments the flow stagnates to subsonic velocities, and a quiescent core emerges, with mass flowing to the core through the filaments.

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lar IMF (Padoan & Nordlund 2011a). In the absence of self-gravity, the process of turbulent fragmentation may indeed produce a core mass function that resembles the stellar IMF even at large masses, as demonstrated with simulations of driven supersonic MHD turbulence without self-gravity (Padoan et al. 2007). We have modeled the stellar IMF assuming that a mass-independent fraction of the core mass is converted into a star, so the core mass function from the turbulence determines the stellar IMF, essentially decoupling the effect of the gravity from the effect of the turbulence. When gravity is included, though, the most massive cores start to collapse before they are fully assembled, so their predicted mass should be viewed as a mass reservoir for the growth of protostars, not as the mass of prestellar cores.

The inertial-inflow scenario described here is qualitatively consistent with the results of our simulation. As shown in §6 the prestellar cores in the simulation are found within dense filaments, and their mass is approximately a few times their critical Bonnor-Ebert mass. The region surrounding a prestellar core is turbulent and gravitationally unbound, but channels a net mass flow onto the core, as shown in §7 (clearly not a consequence of gravitational instability or global collapse, as the region is turbulent and gravitationally unbound). The timescale of star formation is much larger than a core free-fall time and is an increasing function of the final stellar mass, as found in §4. The evolution of the mass accretion rate is characterized by stochastic time variations and insensitive to the stellar mass (see §5), consistent with a large-scale turbulence source. In the following subsection, we demonstrate that the star-formation time and the size of the stellar mass reservoir follow the relation expected for the MC turbulence, providing further evidence that the star-formation time is proportional to the turbulence turnover time, as in our scenario. We also show that the final stellar mass is, on average, an increasing function of the size of the mass reservoir, also consistent with the general scenario.

Although inspired by our IMF model (Padoan & Nordlund 2002), the inertial-inflow scenario described in this work calls for a fundamental revision of all IMF models to date, including our own, with regards to the origin of the power-law tail of the IMF. While our model is based on postshock sheets, the inertial-inflow scenario stresses the filamentary nature of the mass-accretion process. Furthermore, our model uses a single-valued scaling of the velocity, so it cannot account for the large scatter in the star-formation time at any given final stellar mass.

### 8.3. Inertial-Inflow Scenario and Velocity Scaling

A complete understanding of the $t_{95}-M_f$ relation shown in Figure 4 would require a new theoretical model of the stellar IMF, which is beyond the scope of the current work. Here, paving the way towards such a new theory, we focus on the origin of the upper and lower envelopes of the $t_{95}-M_f$ plot, which will provide an interpretation of its large scatter. For the purpose of this discussion, we refer to a new version of the $t_{95}-M_f$ plot, shown in Figure 21. We interpret the envelopes as the result of the velocity scaling of supersonic turbulence, which provides further support to our scenario for massive-star formation. According to our inertial-inflow scenario, the formation timescale of a star is set

\[
t_{95} = 1.53(R_{95}/\text{pc})^{0.47}\text{Myr},
\]

is a power-law fit to the black squares. This scaling is consistent with the velocity-size relation of MCs selected from our simulation (e.g. Figure 4 of Padoan et al. 2017) and with supersonic turbulence in general, thus providing a strong evidence for our inertial-inflow scenario, i.e., the stellar mass is assembled by inertial, compressive motions in the supersonic turbulent flow.

As seen in Figure 21, the upper envelope of the $t_{95}-M_f$
\[
\tau_{95,\text{max}} = \tau_0 = L_0 / (2\sigma_{v,0}),
\]

where \(L_0\) is the turbulence outer scale and \(\sigma_{v,0}\) the velocity dispersion on that scale. In our simulation, \(L_0 \approx 70\) pc, corresponding to the size of the largest GMCs (and the driving scale estimated in Padoan et al. (2016a)), and \(\sigma_{v,0} \approx 4.6\) km s\(^{-1}\) (the value extrapolated for a cloud radius of 35 pc from Figure 4 of Padoan et al. (2017)), so that \(\tau_{95,\text{max}} \approx 7.4\) Myr, which is shown by the dashed-dotted line in Figure 21 and is evidently a reasonable description of the upper envelope of that plot (only a single star in the plot has a larger value of \(\tau_{95}\)). This value of \(\tau_{95,\text{max}}\) derived from the velocity-size relation of our MCs is also similar to the value of \(\tau_{95,\text{max}} = 8.1\) Myr derived from Equation 3 for \(R_{95} = 35\) pc.

The lower envelope of the \(t_{95} - M_f\) plot is fit by a linear relation, \(t_{95,\text{min}} \propto M_f\), shown by the dashed line in Figure 21. This line corresponds approximately to the maximum infall rate in the plot, \(M = 4.5 \times 10^{-5}\) \(M_\odot\) yr\(^{-1}\).\(^8\)

The origin of the lower envelope is more difficult to understand than that of the upper envelope, and we defer a more detailed study to a future work. Here, we make reasonable assumptions to interpret the lower envelope qualitatively. We assume that stars near the lower envelope form from turbulent structures with velocity differences of order \(\sigma_{v,0}\), even if their size, \(L\), can be much smaller than \(L_0\). In a turbulent flow, velocity differences scale approximately as \(L^{0.5}\), but because the lower envelope corresponds to the shortest timescales, it is reasonable to assume that it originates from (intermittent) structures with velocity of the order of the overall rms velocity at

\[^8\] In the simulation, only half of the infalling mass is accreted to the star, that is \(\epsilon_{\text{out}} = 0.5\), so the actual accretion rate corresponding to the dashed line is half the value reported above.
19, and quantitatively in Figures 13 and 20. Therefore, the lower envelope of the $R_{95} - M_t$ relation cannot be explained as a consequence of gravitational instability in filaments.

We can directly verify from the $t_{95} - R_{95}$ plot if $R_{95,\text{min}}$ scales linearly with $t_{95}$, as implied by our interpretation of the lower envelope of Figure 21. The red, filled circles in Figure 22 provide qualitative support to our interpretation. However, their slope is a bit shallower than linear, with the least-square fit giving a slope of 0.83 (the solid red line in Figure 22), and they are found somewhat above the lower envelope of the $t_{95} - R_{95}$ plot, so their corresponding velocity is lower than $\sigma_{v,0}$. Thus, the formation process of the stars with the largest infall rate is somewhat more complicated than in our simple interpretation, and a full understanding of the lower envelope of the $t_{95} - M_t$ relation requires further investigation. The formation process may depend on other factors, such as the preshock density, the flow symmetry or compressive ratio, the magnetic fields in the hosting structures.

8.4. The maximum infall rate

In the absence of a full understanding of the lower envelope of the $t_{95} - M_t$ relation, we propose to interpret the maximum infall rate, $M_{\text{in,max}}$, as a fraction, $\epsilon_{\text{in}}$, of the maximum inflow rate, and to express the maximum inflow rate as the ratio of the total mass in the outer scale, $M_0$, and the turnover time of the outer scale, $\tau_0$: 

$$M_{\text{in,max}} = \epsilon_{\text{in}} M_0 / \tau_0,$$

where $\tau_0 = L_0 / (2 \sigma_{v,0})$. We further assume that $\epsilon_{\text{in}}$ is a universal parameter, giving the maximum efficiency with which the largest turbulent motions can be channeled into a single star. Though related to the star-formation efficiency (after one turnover time of the outer scale), $\epsilon_{\text{in}}$ should be much smaller than that, because the stars that form with the largest infall rate are only a small fraction of all stars formed within a region of size $L_0$. The lower envelope of the $t_{95} - M_t$ plot is then given by

$$t_{95,\text{min}} = M_t / (\epsilon_{\text{out}} M_{\text{in,max}}) = \tau_0 (M_t / M_0) / (\epsilon_{\text{out}} \epsilon_{\text{in}}).$$

In the following, we estimate empirically the value of $\epsilon_{\text{in}}$ (based on our simulation), so the lower envelope is fully determined by the properties of the outer scale of turbulence in the star-forming region, namely $M_0$ and $\tau_0$, according to equation 7.

Using $M_0 = 2 \times 10^5 M_\odot$, $\sigma_{v,0} \approx 4.6 \text{ km s}^{-1}$, $L_0 = 70$ pc for the largest star forming regions in our simulation and $M_{\text{in,max}} = 4.5 \times 10^{-5} M_\odot \text{ Myr}^{-1}$, we find that $\tau_0 \approx 7.4$ Myr and $\epsilon_{\text{in}} = 1.7 \times 10^{-3}$. For the purpose of the subsequent analysis we will assume that this coefficient $\epsilon_{\text{in}}$ is universal.

The maximum infall rate can also be expressed in terms of the virial parameter. Equation 6 then becomes

$$M_{\text{in,max}} = \frac{5}{3} \epsilon_{\text{in}} \frac{\sigma_{v,0}^3}{\alpha_{\text{vir}}} = 2.906 M_{\text{iso}} \left( \frac{M_0}{10} \right)^3 \frac{1}{\alpha_{\text{vir}}},$$

where $M_{\text{iso}} = 0.975 \sigma_{v,0}^3 / G$ is the accretion rate from the collapse of a critical isothermal sphere (Shu et al. 1987), and $M_0 = \sigma_{v,0} / c_s$ is the rms Mach number of the turbulence. Thus, the maximum infall rate only depends on $\sigma_{v,0}$ and $\alpha_{\text{vir}}$. This expression explains the lower value of the maximum infall rate in the smaller-scale simulations of Haugbølle et al. (2018), as the rms Mach number was $M_0 \approx 10$, while here we have $M_0 \approx 25$. It may be instructive to compare the maximum infall rate with that predicted for the collapse of an isothermal sphere, even though the maximum infall rate (as any other lower value of the infall rate) in our scenario is controlled by the inflow rate, which is the natural result of supersonic, gravitationally bound turbulent flows. Assuming that the large-scale virial parameter is of order unity, as it may be the case for the most massive MC complexes, equation 6 gives $M_{\text{in,max}} = M_{\text{iso}}$ for the specific value $M_0 = 7.0$, as a coincidence. For the Mach number of our simulation, $M_0 \approx 25$, $M_{\text{in,max}} \ll M_{\text{iso}}$. If one adopts the rms velocity instead of the sound speed in the expression for $M_{\text{iso}}$, $M_{\text{iso,turb}} = 0.975 \sigma_{v,0}^3 / G$, under the assumption of turbulent support prior to the collapse, then $M_{\text{in,max}} \ll M_{\text{iso}}$ (by three orders of magnitude). More importantly, the value of $M_{\text{in,max}}$ found in our simulation cannot be interpreted as the result of the global collapse of MC complexes because we don’t find any evidence of global collapse at large scales. In our simulation, the random component of the velocity is always much larger than the inflow velocity (see for example the middle-left panel of Figure 17).

8.5. The maximum stellar mass

Based on our star-formation scenario, we can derive the maximum stellar mass set by the turbulence and its dependence on the physical conditions. In general, the maximum mass is determined by the intersections of three lines in Figure 21, namely, the upper envelope, the SN line (the curved green line), and the lower envelope. The SN line corresponds to the time of SN explosion as a function of stellar mass. We denote the stellar mass at the intersection of the lower envelope with the upper envelope as $M_{\text{up,low}}$ and that at the intersection with the SN line as $M_{\text{SN,low}}$. If the lower envelope crosses the upper envelope earlier than the SN line, the turbulent structure that hosts the formation of the most massive star becomes decelerated, and the accretion process ends before the life time of the star, so that the maximum stellar mass, $M_{\text{f,max}}$, is given by $M_{\text{up,low}}$. Otherwise, $M_{\text{f,max}} = M_{\text{SN,low}}$. In other words, we have $M_{\text{f,max}} = \min(M_{\text{up,low}}, M_{\text{SN,low}})$.

$M_{\text{up,low}}$ may be calculated by multiplying the maximum accretion rate with the turnover time at the outer scale of the turbulence (the upper envelope of the $t_{95} - M_t$ plot), which, as mentioned earlier, is the maximum time during which the flow configuration remains coher-
ent and correlated. The product is indeed the location where the lower and upper envelopes cross each other. In our simulation, the turnover time of the largest eddies was estimated to be \( \tau_0 = L_0/(2 \sigma_{v,0}) \sim 7.4 \) Myr, and since the maximum infall rate in our simulation is \( \simeq 4.5 \times 10^{-5} M_\odot \text{yr}^{-1} \), we have \( M_{\text{up,low}} \simeq 163 M_\odot \) ( accounting for the fact that the maximum accretion rate is half the maximum infall rate, as \( M_{\text{max}} = \epsilon_{\text{out}} M_{\text{in,max}} \)).

Consistent with the intersection of the upper and lower envelopes in Figure 21.

\( M_{\text{SN,low}} \) can be estimated by solving the implicit equation

\[
M_{\text{SN,low}} = t_{\text{SN}} \epsilon_{\text{out}} M_{\text{in,max}} - \epsilon_{\text{in}} M_0 t_{\text{SN}}/\tau_0.
\]

where we have used Equation (6) with \( \epsilon_{\text{in}} = 1.7 \times 10^{-3} \), and have also adopted \( \epsilon_{\text{out}} = 0.5 \) as in the simulation. Interestingly, this estimate depends only on the total mass \( M_0 \), and is independent of the turbulent rms velocity. In fact, an increase of the turbulent velocity would lower both the upper and lower envelopes of the \( t_{95}-M_t \) plot, decreasing them by the same factor. Thus, their intersection would occur at the same value of \( M_t \).

The stellar mass, \( M_{\text{SN,low}} \), at which the lower envelope crosses the SN line, can be obtained by solving

\[
M_{\text{SN,low}} = t_{\text{SN}} \epsilon_{\text{out}} M_{\text{in,max}} - \epsilon_{\text{in}} M_0 t_{\text{SN}}/\tau_0.
\]

A comparison of Equations (9) and (10) shows that the three curves intersect at the same point if \( t_{\text{SN}}(M_{\text{up,low}}) = \tau_0 \). If the dynamical time is larger than the lifetime of a star of mass \( M_{\text{up,low}} \), \( \tau_0 > t_{\text{SN}}(M_{\text{up,low}}) \), then \( M_{\text{SN,low}} < M_{\text{up,low}} \) and the maximum stellar mass is set by \( M_{\text{SN,low}} \) from Equation (10). Since \( t_{\text{SN}} \) is a decreasing function of the stellar mass, it is straightforward to see from Equation (10) that \( M_{\text{SN,low}} \), hence \( M_{\text{max}} \), increases as \( \tau_0 \) decreases (with an increasing intensity of turbulence). Once \( \tau_0 \) drops below \( t_{\text{SN}}(M_{\text{up,low}}) \), \( M_{\text{SN,low}} \) exceeds \( M_{\text{up,low}} \) and \( M_{\text{max}} \) is set by \( M_{\text{up,low}} \) and stops increasing with decreasing \( \tau_0 \).

In the case of regions where the turbulence outer scale contains a very large total mass, \( M_0 \), equation (9) gives a very high value for \( M_{\text{up,low}} \), for example \( M_{\text{up,low}} \simeq 850 M_\odot \) for \( M_0 \geq 10^6 M_\odot \). However, a very large value of \( M_0 \) would usually imply that \( M_{\text{SN,low}} < M_{\text{up,low}} \), so the maximum stellar mass would be determined by \( M_{\text{SN,low}} \), unless the rms velocity of the turbulence were large enough to satisfy the condition \( \sigma_{v,0} \geq 14 \sqrt{30} \text{ km s}^{-1} \), where the virial parameter is defined as \( \alpha_{\text{vir}} = 5 \sigma_{v,0} R/(3 G M_0) \), with \( R \approx 6 L_0/2 \) the radius of the star-forming region.

To calculate \( M_{\text{SN,low}} \) from Equation (10) as a function of the virial parameter we use Equation (5). To further simplify the solution to Equation (10), we fit the stellar lifetime, \( t_{\text{SN}} \), as a function of the stellar mass, \( M_\star \), by a power-law, \( t_{\text{SN}} \simeq 30(M_\star/M_\odot)^{-0.5} \) Myr, which is a reasonably good approximation for large stellar masses, with errors \( \lesssim 5\% \), for \( M_\star \geq 30 M_\odot \).

Solving Equation (10) then gives,

\[
M_{\text{SN,low}} \simeq 4.7 \left( \frac{\epsilon_{\text{in}}}{1.7 \times 10^{-3}} \right)^{0.67} \left( \frac{\sigma_{v,0}}{1 \text{ km s}^{-1}} \right)^{2} \alpha_{\text{vir}}^{0.67} M_\odot.
\]

In our simulation, we have \( \sigma_{v,0} = 4.6 \text{ km s}^{-1} \) and \( \alpha_{\text{vir}} \simeq 1.4 \) at the outer scale, \( L_0 \simeq 70 \) pc, so that \( M_{\text{SN,low}} \) from the above equation is \( \simeq 60 M_\odot \), consistent with the intersection of the lower envelope and the line of the SN time in Figure 21, and comparable to the actual mass found in our simulation, \( M_{\text{SN,low}} \simeq 60 M_\odot \), mentioned above.

Equation (11) shows that, if the rms turbulent velocity is kept constant, \( M_{\text{SN,low}} \) decreases with increasing virial parameter, \( \alpha_{\text{vir}} \). Clearly, with \( \sigma_{v,0} \) fixed, a larger \( \alpha_{\text{vir}} \) corresponds to a smaller gas reservoir, i.e., smaller \( M_0 \), and/or a larger size, \( L_0 \), of the star-forming region. A smaller \( M_0 \) would decrease the infall rate due to the lower mass supply, while a larger size, \( L_0 \), would increase the turbulent dynamical time, also leading to a decrease in the infall rate. In either case, the lower envelope of \( t_{95}-M_t \) plot would be lifted upward, resulting in a smaller value for \( M_{\text{SN,low}} \).

On the other hand, if the virial parameter is fixed, \( M_{\text{SN,low}} \) increases quite fast, \( \propto \sigma_{v,0}^{2} \), with the turbulent velocity, \( \sigma_{v,0} \). There are two contributions to this effect. First, in regions with stronger turbulence, the dynamical time of turbulent motions is shorter, which increases the infall rate. Second, at a fixed virial parameter, a larger turbulent velocity corresponds to a larger total gas mass, \( M_0 \), or a smaller size, \( L_0 \), of the region, further increasing the infall rate. Both contributions shift down the lower envelope of the \( t_{95}-M_t \) plot, moving its intersection with the SN line to larger stellar masses, increasing \( M_{\text{SN,low}} \). In other words, a higher accretion rate results into a more massive star before the star explodes as a SN.

Due to the strong dependence of the star-formation rate on \( \alpha_{\text{vir}} \) (e.g. Padoan et al. 2012, 2014a, 2014b, 2017), most star-forming regions may be characterized by values of \( \alpha_{\text{vir}} \) close to unity, so their maximum stellar mass, \( M_{\text{SN,low}} \), would be determined primarily by \( \sigma_{v,0} \) (in the regime where \( M_{\text{SN,low}} < M_{\text{up,low}} \)).

8.7. The maximum stellar mass in MCs

As an application of the predicted maximum stellar mass, we consider the MC catalog by Heyer et al. (2001), extracted from a decomposition of the 13CO FCRLO
Outer Galaxy Survey [Heyer et al. 1998], one of the largest Galactic MC samples to date. To limit the distance and mass uncertainties, [Heyer et al. 2001] considered only MCs with circular velocity $< -20$ km s$^{-1}$, which yield a sample of 3901 clouds. Because we are interested in clouds that can host the formation of massive stars, we retain only MCs with mass $> 5 \times 10^3 M_\odot$, resulting in 157 MCs. Using the MC physical parameters derived by [Heyer et al. 2001], we compute $M_{SN,低}$ for each MC based on Equation (11), which we show as blue square symbols in Figure 24. The dashed line is a least-squares fit through the data points, giving $M_{SN,低} = 15.6 M_\odot (M_0/10^4 M_\odot)^{0.60}$. Circular symbols: maximum stellar masses in CMZ clouds from Table 4 of Barnes et al. (2016), Equation (9) gives $M_{up,低} \approx 65 M_\odot$. Because $M_{up,低} \lesssim M_{SN,低}$, the predicted maximum stellar mass for other CMZ clouds derived by Barnes et al. (2017) assuming that the infrared luminosity is dominated by a single embedded star are shown in Figure 24 as empty circles. In the case of Sgr B2, the most massive cloud in Barnes et al. (2017), the predicted mass is much lower than our predicted value, $M_{up,低}$. However, the estimated value of $M_0$ is highly uncertain, as it depends on the choice of the cloud contour. Most of the star formation in Sgr B2 is concentrated in three dense cores with size of order 1 pc and masses of order $10^5 M_\odot$ (e.g. Schmiedeke et al. 2016), which would bring the estimated maximum stellar mass very close to $M_{up,低}$. Furthermore, the value of $M_0$ is uncertain also because in our scenario it should be the mass contained in the outer scale of the turbulence, of which the cloud mass is only a very rough approximation at best.

The actual maximum stellar mass in a star-forming region is of course affected by stellar radiation and winds, which are not modelled in our prediction (except for a constant $c_{out}$). Nevertheless, it is useful to determine the upper bound to the stellar mass set by the turbulence alone, as discussed above.

### 9. PRESTELLAR CORES WITH HERSCHEL AND ALMA

Prestellar cores are notoriously difficult to observe in regions of massive-star formation. However, due to the large distances, the low galactic latitudes, the large column densities, and the high background luminosities, the results of their observational properties may strongly depend on spatial resolution and on data-analysis procedures. Although we cannot reproduce the full complexity of the characteristic Galactic environment of regions of massive-star formation within our 250 pc volume, we can nevertheless study the basic effects of spatial resolution by positioning our simulation at different distances and by simulating Herschel and ALMA observations with very different angular beam sizes. We can also address the effect of line-of-sight projection by comparing core masses derived from different directions.

#### 9.1. Synthetic Observations

We are mostly interested in the observational properties of the prestellar cores from our simulation characterized in previous sections, so we center the observations around the positions of our sink particles at birth. Because of the computational cost, we focus on a small subset of 38 sink particles, 17 selected randomly among those with $M_{s,t} > 40 M_\odot$, and 21 among lower mass ones. However, we do not discriminate by final sink mass as it does not seem to play a role in the qualitative results of this section.
tered around the birth position of each sink particle and are illuminated by the normal interstellar radiation field [Mathis et al. (1983)]. Three such columns (one per coordinate direction) are considered for each sink particle, each giving a synthetic map of $10 \times 10$ pc$^2$ with the line-of-sight direction along the length of the column.

To simulate Herschel observations, we calculate synthetic surface brightness maps at 160, 250, 350, and 500 $\mu$m with beam sizes 11.7, 18.2, 24.9, and 36.3 arcsec and observational noise of magnitude 3.7, 1.2, 0.85, and 0.35 MJy sr$^{-1}$ per beam, for the four bands, respectively. The noise values are typical of Herschel observations (statistical errors without calibration errors). Simulations are repeated for 440 pc, 875 pc, and 1750 pc cloud distances, the last one allowing direct comparison with the NGC 6334 region [Tigé et al. 2017].

The synthetic ALMA observations are calculated for the 1.2 mm wavelength, 2$''$ beam size, and the distances of 1750 pc, 3500 pc, and 7000 pc. The resolution is partly dictated by the finite resolution of our models (the cell size 0.0076 pc corresponds to 0.9$''$ at the distance of 1750 pc). We add to the maps noise of magnitude 0.37 MJy sr$^{-1}$, which is achievable in actual ALMA observations (e.g. Beuther et al. 2019) and gives similar signal-to-noise ratios as for example in Motte et al. (2018), where, unlike in our simulations of the prestellar phase, the signal is boosted by local heating.

We use the getsources software [Men'shchikov et al. 2012] to detect cores and compute their properties (see Sect. A). In the case of Herschel observations, we follow closely the procedures used in the study of NGC6334 by Tigé et al. (2017), including the requirements of reliable detections in at least three bands and a good SED fit. The core mass estimates use the temperature obtained from the modified blackbody fit of the SED. In the case of ALMA cores, the basic selection criteria are only applied assuming 10 K temperature.

**Fig. 25.** — Herschel and ALMA synthetic observations centered around the progenitors of two stars that will achieve final masses of 14.2 $M_\odot$ (top four panels) and 32.6 $M_\odot$ (bottom four panels). The right column compares Herschel and ALMA at the same distance of 1750 pc. The ALMA maps have a size of 1 pc and their perimeter is indicated by the dashed square in the larger Herschel maps. The left column compares Herschel and ALMA at different distances, such that the Herschel effective beam size of 18.2$''$ corresponds to a physical scale only slightly larger than that of the ALMA beam size of 2$''$ (all maps have a size of 1 pc). For Herschel we show the column density map, for ALMA we show the surface brightness at 1200 $\mu$m. The ellipses correspond to the getsources cores that satisfy all the selection criteria. The top four panels are meant to represent a case where the increase in angular resolution from Herschel to ALMA results in a mild fragmentation of the progenitor core (from one to two cores), while the bottom four panels show a case where a single Herschel progenitor core is broken into four cores at the ALMA resolution.

We compute synthetic surface brightness maps with radiative transfer calculations (for details see Appendix A). The dust model is adopted from Compiègne et al. (2011) and corresponds to the average dust properties in the Milky Way. However, following observational results on dense cores, the submillimeter dust opacity is increased to $\tau(250 \mu$m)/$\tau(K)=1.6 \times 10^{-3}$ by scaling the dust absorption cross sections with a constant factor for all $\lambda > 30 \mu$m [Juvela et al. 2015]. We compute the dust emission for columns of $10 \times 10 \times 250$ pc$^3$ that are centered around the birth position of each sink particle and are illuminated by the normal interstellar radiation field [Mathis et al. (1983)]. Three such columns (one per coordinate direction) are considered for each sink particle, each giving a synthetic map of $10 \times 10$ pc$^2$ with the line-of-sight direction along the length of the column.

The synthetic ALMA observations are calculated for the 1.2 mm wavelength, 2$''$ beam size, and the distances of 1750 pc, 3500 pc, and 7000 pc. The resolution is partly dictated by the finite resolution of our models (the cell size 0.0076 pc corresponds to 0.9$''$ at the distance of 1750 pc). We add to the maps noise of magnitude 0.37 MJy sr$^{-1}$, which is achievable in actual ALMA observations (e.g. Beuther et al. 2019) and gives similar signal-to-noise ratios as for example in Motte et al. (2018), where, unlike in our simulations of the prestellar phase, the signal is boosted by local heating.

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**9.2. Core Masses from Synthetic Observations**

With the birth positions of 38 sink particles, three directions of observation, and three simulated distances, we apply getsources to 342 maps (for each instrument), resulting in the selection of hundreds of cores. Among those hundreds of cores, there may be up to 342 prestellar cores defined as those containing the sink particles (the central position of each map), though in practice only a fraction of the sink-progenitor cores are detected.

Fig. 25 shows examples of such synthetic observations for the maps around two sink particles with final masses of 14.2 $M_\odot$ (top four panels) and 32.6 $M_\odot$ (bottom four panels). In the right column of panels, we compare Herschel and ALMA at the same distance of 1750 pc, showing maps with a size of 1 pc for ALMA, and approximately three times larger for Herschel (the perimeter of the smaller ALMA maps is shown as a dashed white square in the Herschel maps). In the left column of panels, we show maps, all with a size of 1 pc, comparing Herschel and ALMA at different distances, such that the spatial resolution of Herschel (with an effective beam size of 18.2$''$) is comparable to that of ALMA (with angular beam size of 2$''$). The maps also show the ellipses corresponding to the getsources cores that satisfy all the
The dependence of the core masses on spatial resolution (or distance) implies that many of the *getsources* cores are artifacts due to projection effects or lack of resolution. We can further test this by focusing on the cores that contain the birth positions of the sink particles, because those can be compared with the corresponding true prestellar cores identified in the simulation. Furthermore, because these sink-progenitor cores should contain the 3D position of the sinks, we can also compare their estimated masses when observed from different directions. The results of these comparisons are shown in Fig. 27, where the left panels plot the observed mass in one direction versus the mass in a different direction (for those few cores that are detected in at least two orthogonal directions), and the right panels plot the observed mass (from all sink particles and directions where the cores are detected) versus the true core mass from the simulation. The left panels show that the observed core masses may depend strongly on the direction of observations, with differences that can be more than an order of magnitude. It should be stressed that this comparison is possible only when cores are selected in more than one direction, so this small subsample is biased towards the most favorable cases where the cores are real 3D entities (e.g. a filament along the line of sight may appear as a core in that direction, but will not have a counterpart in the other two orthogonal directions), so the actual uncertainty in the observed mass of the general core population must be even larger than suggested by these plots. Indeed, the right panels of Fig. 27, show (unshaded histogram) the mass distribution of the prestellar core candidates from the recent ALMA survey by Sanhueza et al. (2019), where the angular resolution is ∼1.2'' and the average clump distance ∼4 kpc. The spatial resolution of that survey is nearly the same as in our ALMA synthetic observations at 1.75 kpc, and their core mass distribution is nearly indistinguishable from ours. A further discussion of the most recent interferometric studies is given in §10.2.

The ALMA mass distributions shown in the right column of Fig. 26 are also quite similar to prestellar-core mass distributions derived from recent interferometric observations of infrared-dark clumps, for similar angular resolutions and distances (e.g. Sanhueza et al. 2019; Li et al. 2019; Servajean et al. 2019). A proper comparison of our synthetic observations with those surveys would require a re-analysis of our synthetic maps using the same methods of core extractions (dendograms, graphs, etc.) as in those works, like we did for the comparison with Tígé et al. (2017) using *getsources*. Nevertheless, in the top-right panel of Figure 26, we show (unshaded histogram) the mass distribution of the prestellar core candidates from the recent ALMA survey by Sanhueza et al. (2019), where the angular resolution is ∼1.2'' and the average clump distance ∼4 kpc. The spatial resolution of that survey is nearly the same as in our ALMA synthetic observations at 1.75 kpc, and their core mass distribution is nearly indistinguishable from ours. A further discussion of the most recent interferometric studies is given in §10.2.

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Fig. 27.— Effect of line-of-sight direction on the value of the observed core mass (left panels), and comparison of observed versus true core masses (right panels). Only a fraction of the true cores is detected (see Fig. 28) and thus shown in the right panel, and only a fraction of those is detected in more than one direction and thus shown in the left panel. The vertical segments in the right panel join values of the observed mass of true cores that are detected in more than one direction. The dashed-dotted horizontal lines in the right panels correspond to the median core mass at each distance. Observed core masses can differ by more than a factor of 10 for different directions and do not show any correlation with the true core masses.

Mass and the true core mass, with differences between the two of up to two orders of magnitude.

This artificial nature of the \textit{getsources} cores was partly to be expected based on the strong distance dependence of the mass distributions illustrated in Fig. 25. We summarize this mass dependence and the comparison with the true core masses by plotting the ratio of the median observed mass to the median true mass for cores at any given distance, as shown by the empty-symbol plots above the dashed line in Fig. 28. The median mass grows by approximately a factor of three for every factor of two increase in distance or telescope-beam size, and it is always larger than the true mass. In our reference Herschel case at 1750 pc, comparable to NGC6334, the median observed mass is more than 30 times larger than the true median mass. Only at the closest of the three ALMA distances the median value approaches the true one, and in fact the distance dependence at the ALMA resolution seems to be converging to the true value, though this cannot be really concluded with only three points.

The plots below the dashed line in Fig. 28 give the ratio of the number of detected sink-progenitor cores to the total number of true prestellar cores (multiplied by three to account for the three directions of observations), \( f_{\text{det}} \), at each distance. Approximately 40% of progenitor cores are detected in the ALMA maps, while for Herschel the fraction drops to less than 20% at the closest distance.

10. DISCUSSION

Juvela et al. (2019) carried out similar synthetic observations of Planck cold clumps. As in this work, the masses and sizes of extracted sources were found to depend not only on the distance, but also on the amount of line-of-sight confusion.
10.1. Related Works

Some aspects of our inertial-inflow scenario, like the filamentary nature of the inflow or the large-size of the mass reservoir, have been proposed in previous works to interpret numerical results or observational data. However, the fundamental idea of our scenario, the inertial nature of the large-scale inflow as a result of supersonic turbulence, is very different from those earlier proposals, where the mass reservoir and/or the dense filaments are controlled by gravity, essentially through the collapse of pc-size clumps and/or the gravitational instability of dense filaments. In our case, the (spherically-averaged, radial) inflow velocity is only a fraction of the random velocity field, while in previous scenarios the infall motion must be dominant.

Bonnell et al. (2004) studied the formation of massive stars with a smoothed-particle-hydrodynamics (SPH) simulation of a 1-pc region, with a mass of 1,000 \( M_\odot \), where the turbulence is initialized as a random velocity field and left to decay over time. They find that the progenitors of massive stars are cores with mass less than 1 \( M_\odot \), so most of the stellar mass is accreted from the larger-scale clump. Later SPH star-formation simulations on larger scales, 10 pc with 10\(^4 \) \( M_\odot \), confirmed that most of the mass that accretes onto massive stars originates from the collapse of pc-size clumps (Smith et al. 2009). The results from these SPH simulations were interpreted as due to competitive accretion, although no direct comparison with competitive-accretion models (for example the predicted time-evolution of the accretion rate) was presented. However, it is indeed possible that competitive accretion plays an important role in those simulations due to the numerical setup, as the turbulence is left to decay causing a rapid drop in the virial parameter of the clumps.

Wang et al. (2010) followed the formation of a small number of massive stars in a clump of 1.215 \( M_\odot \) with an MHD simulation in a computational box of 2 pc, driving the turbulence with stellar outflows. They find that the growth of the massive stars is fed by the collapse of the pc-scale clump, so it is neither driven by the stellar gravity, contrary to the competitive-accretion model, nor due to the collapse of 0.1-pc cores, in contrast with the core-collapse model. However, their conclusions that the mass feeding is regulated by stellar outflows and that the building blocks of massive stars are pc-scale clumps are evidently a direct consequence of their numerical setup: a pc-scale box driven only by stellar outflows; their work could not assess the role of larger scales or different driving forces.

The apparent lack of massive prestellar cores in regions of massive star formation, demonstrated with statistical significance in the case of the Herschel survey of NGC 6334, led Tige et al. (2017) to propose a scenario where protostars grow into massive stars through infall and accretion from a pc-scale filamentary mass reservoir (see also Motte et al. 2018), similar to the inertial-inflow scenario proposed in this work. They concluded that a high-mass prestellar phase may not be necessary for high-mass star formation, consistent with the numerical works mentioned above and the evidence from our multi-scale simulation. However, in this observational scenario, the large-scale reservoir is assumed to undergo a global free-fall collapse, consistent with recent proposals, based on numerical simulations, that MCs are in a general state of free-fall collapse (Ibáñez-Mejía et al. 2016) Vázquez-Semadeni et al. 2017 (2019). A global free-fall collapse is not necessary in our inertial-inflow model, as compressive motions on all scales are naturally present in supersonic turbulence even in the absence of gravity.

Furthermore, our simulation demonstrates that SN-driven turbulence results in MCs that are mostly transient or lightly bound, with all measured properties, including their star formation rate, consistent with the observations. The SPH simulations mentioned above (Bonnell et al. 2004) Smith et al. 2009), where clumps are in global collapse, did not include any turbulence driving, and the hierarchical collapse model for MCs simply neglects the existence of SN-feedback in both the simulations (Vázquez-Semadeni et al. 2017) and the theoretical modeling (Vázquez-Semadeni et al. 2019). Galactic-fountain simulations including SN-driving that fails to reproduce the observed MC turbulence (e.g. Ibáñez-Mejía et al. 2016) are most likely affected by insufficient numerical resolution and unrealistic positioning of SNe. Our simulation has a much higher spatial resolution than Galactic-fountain simulations, yields a realistic star-formation rate, both globally and in MCs, and resolves the formation of individual massive stars, hence the timing and position of the SNe, relative to their parent clouds, is correctly described for the first time. Under these realistic conditions, we find that MCs are readily dispersed by SNe, so SN feedback should be a fundamental ingredient in MC models.

Although filaments are not essential to our scenario, they naturally arise in supersonic turbulence from the intersection of postshock sheets. Because the intersection of filaments results in the formation of dense cores, the inflow motion feeding the growth of massive stars is usually channeled through dense filaments. The ubiquity of filaments in star-forming clouds has led to the proposal that prestellar cores are the result of the gravitational instability of dense filaments (e.g. André et al. 2014 2016). This idea is fundamentally different from the scenario we propose here, where the gravitational instability in a section of a dense filament is induced by a dynamical process, the convergence of multiple shocks in the turbulent flow, which feeds that section with more mass. The intersections of filaments are regions where the flow dissipates as the density is enhanced, so gravity takes over locally, causing the collapse of individual prestellar cores, but gravity is not the trigger for the formation of the cores. Furthermore, the stellar mass is not limited by the core mass, as the mass inflow at the filament intersection may continue well after a core has collapsed.

10.2. Interferometric Studies of IR-Dark Massive Clumps

The lack of a high-mass prestellar phase in high-mass star formation suggested by Tige et al. (2017) is also consistent with recent interferometric studies of massive, IR-dark clumps. These studies usually reveal the presence of dense cores of relatively low mass, often with the most massive ones showing signs of protostellar activities. The selection of IR-dark clumps already illustrates the scarcity of purely prestellar regions. Guzmán


et al. (2015) found that only 83 of the 3246 clumps from the Millimetre Astronomy Legacy Team 90 GHz Survey (MALT90; Foster et al. 2011) are IR dark from 3.6 to 70 μm, and thus potentially hosting only prestellar cores. In the following, we briefly discuss a few of the most recent interferometric studies where the masses of all detected prestellar cores are reported (rather than focusing only on the most massive ones), so the findings have a degree of statistical significance and may be broadly compared with our numerical results.

The ASHES survey (Sanhueza et al. 2019) is a systematic ALMA study of IR-dark massive clumps at an angular resolution of ∼ 1.2″. In their pilot survey of 12 clumps, Sanhueza et al. (2019) found 210 prestellar core candidates, with masses between 0.1 M⊙ and 11 M⊙. Given the characteristic distance of the clumps (4 kpc) and the angular resolution of the survey, these mass estimates should be compared with our ALMA synthetic observations at the smallest distance. This comparison is shown in the top-right panel of Figure 26, where the mass distribution of the prestellar core candidates from the ALMA survey (unshaded histogram) is nearly identical to the mass distribution from the synthetic observations. In both distributions, the core masses are approximately between 0.1 M⊙ and 15 M⊙. As shown in Figure 28, for this spatial resolution we expect the average value of the observed masses to be close to the average value of the real core masses, although with large errors for the mass of each individual core (see Figure 27). In Sanhueza et al. (2019), the core masses are of the order of the clump Jeans masses on average, consistent with our results in § 6.1.13. In an earlier Submillimeter-Array (SMA) study of another IR-dark clump, Sanhueza et al. (2017) had identified five potential prestellar cores, all less massive than 15 M⊙.

Li et al. (2019) mapped seven IR-dark massive clumps with the SMA and found relatively low mass cores as well, with masses between 1.4 M⊙ and 38 M⊙ (excluding the cores associated with the detected outflows). Given the clump distances and the SMA angular resolution in this work, the spatial resolution is approximately three times lower than in Sanhueza et al. (2019). Thus, based on our results in the previous section, there are indications that the core masses are significantly overestimated on average. Our ALMA synthetic observations at the largest distance of 7 kpc have comparable spatial resolution and give masses of prestellar cores in the approximate range 2-30 M⊙ (see Figure 24), consistent with those from the SMA observations. As shown in our Figure 28, the derived masses in that case are on average seven times larger than the masses derived at a distance of 1.75 kpc. Li et al. (2019) found that the core masses are a few times larger than the Jeans mass, but they could be of the order of the Jeans mass if the core masses were overestimated as suggested by our synthetic observations.

Servajean et al. (2019) carried out an ALMA survey of a massive dark clump at an angular resolution of ∼ 2″, detecting 12 dense cores with masses between 3 and 50 M⊙. Given the angular resolution and the distance of 3.5 kpc of the clump, this survey could be related to the intermediate-distance case of our ALMA synthetic observations. As shown in our Figure 28, we expect that the derived masses should be approximately twice larger than the real core masses on average, for that distance and angular resolution. The median core mass in the sample of 12 cores is approximately 12 M⊙, and the estimated Jeans mass in the clump is 3.5 M⊙. If the masses were indeed overestimated by a factor of two on average, the median core mass would be less than a factor of two larger than the mean Jeans mass. The observed core linewidths are highly supersonic, in the range 1.9 to 3.1 km s⁻¹, also suggesting that the cores are likely to be further fragmented if observed at higher resolution.

Kong et al. (2019) surveyed an infrared dark cloud with ALMA with an angular resolution of ∼ 0.5″, finding between 197 and 280 cores, using either a dendogram or a graph method, respectively. The core masses have values between approximately 0.2 M⊙ and 30 M⊙, assuming a constant temperature of 20 K, and somewhat larger using the ammonia-based median temperature of 13.3 K. However, it is not clear what fraction of these cores may be considered as prestellar candidates, and this fraction may be rather small, considering the large number of molecular outflows detected in that region by Kong et al. (2019). Similarly, Pillai et al. (2019) identified nine dense cores in their SMA survey of two massive IR-dark clumps, with masses ranging from 1.3 to 33 M⊙, but found that they are mostly associated with outflows. Finally, Svoboda et al. (2019) carried out an ALMA survey of 12 massive dark clumps at a resolution of ∼ 0.8″ and detected 53 cores without associated outflows (67 in total), but they did not provide the estimated mass of their prestellar core candidates, except in the case of the two most massive ones, 14 M⊙ and 29 M⊙.

Based on these recent interferometric studies, one might conclude that, if massive prestellar cores are not present, these regions will simply not form massive stars. However, the estimated core masses are consistent with the ones found in our simulation (or at least with the overestimated masses derived from the corresponding synthetic observations), so, from the perspective of our inertial-inflow scenario, some of these cores may be genuine progenitors of massive stars. Furthermore, these interferometric cores are embedded in massive clumps that are the IR-dark counterpart of a much larger population of similar massive clumps where massive stars are known to be formed. As in their more active counterparts, the total mass reservoir in the dark clumps is more than sufficient to feed the growth of some of the cores to the point of supporting the formation of massive stars, as also suggested by the mounting evidence of infall motion in the cores and along the filaments connected to the cores, briefly summarized in the next subsection.

Infall-Rate Estimates

In § 7, we found that the mean radial profile of the mass-flow rate around our prestellar cores increases approximately linearly with radius, with an average value of ∼ 10⁻⁵ M⊙ yr⁻¹ at 0.1 pc and ∼ 10⁻⁴ M⊙ yr⁻¹ at 10.3.
Fig. 29.—Observed infall rates in massive star-forming clumps and filaments versus clump radius or filament thickness. The yellow shaded area includes the values between the average profile of the cores from the simulation (lower envelope) and the maximum profile (upper envelope), from panel d of Figure 17. Filled, blue circles: [Traficante et al. 2018], filled, red circles: [Traficante et al. 2018], green asterisks: [Wyrowski et al. 2016], black, vertical segment: [Kirk et al. 2013], red, vertical segment: [Fuller et al. 2005], black, empty, red squares: [Kirk et al. 2013], black, empty, green squares: [Chen et al. 2019b], empty, black diamonds: [Peretto et al. 2014], empty, green squares: [Contreras et al. 2018], empty, red squares: [Yuan et al. 2018], filled, green squares: [Chen et al. 2019], filled, black diamonds: [Peretto et al. 2013], black, empty, blue circles: [Traficante et al. 2018]. The highest shaded area includes the values between the average profile of the cores from the simulation (lower envelope) and the maximum profile (upper envelope), from panel d of Figure 17. Filled, blue circles: [Traficante et al. 2018], filled, red circles: [Traficante et al. 2018], green asterisks: [Wyrowski et al. 2016], black, vertical segment: [Kirk et al. 2013], red, vertical segment: [Fuller et al. 2005].

1 pc (see Figure 17). The largest values can be a factor of ten above the mean profiles. Similar infall rates, and often much larger ones, have been measured in regions of massive-star formation, although the large majority of measurements are for relatively-evolved protostellar sources, while in the simulation we have only considered prestellar cores.

[Fuller et al. 2005] found evidence of infall in 22 massive protostellar clumps, out of a total sample of 77 clumps. By analyzing the blue-shifted emission of optically thick lines, they inferred infall rates between \(2 \times 10^{-4} \text{ M}_\odot \text{ yr}^{-1}\) and \(10^{-3} \text{ M}_\odot \text{ yr}^{-1}\). These values were derived from measured infall velocities in the range \(0.1 \text{ km s}^{-1}\), assuming a density of infalling gas of \(5 \times 10^4 \text{ cm}^{-3}\), and a size of \(0.3 \text{ pc}\) for the infalling region. Somewhat larger infall rates have been measured in more recent studies of single massive cores, such as \(2.5 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1}\) on a scale of 0.6 pc by [Peretto et al. 2013], \(1.96 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1}\) on a scale of 8000 au by [Contreras et al. 2018], and \(3.5 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1}\) on a scale of 500 au by [Beuther et al. 2013]. These estimates have large uncertainties. For example, [Beuther et al. 2012] had studied the same massive clump as [Beuther et al. 2013], but had derived an approximately 20 times larger accretion rate, primarily because they had assumed a larger size of the infalling region. [Peretto et al. 2013], the infall rate was actually measured along six filaments, giving a total rate of \(0.7 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1}\). The higher value they reported was derived under the assumption of spherical symmetry, where the filament infall speed was assigned to the whole volume around the clump.

We interpreted the radial dependence of the mass-flow rate found in §7 as due to the turbulent nature of the inflow region causing the gas to shock and accumulate at several secondary converging points. An analogous picture, with very similar infall-rate values as in our mean radial profile, was proposed by [Kirk et al. 2013] to interpret the kinematics of infalling gas in the Serpens South cluster. They found evidence of accretion onto the main filament of 0.3 pc length, at a rate of \(2.3 \times 10^{-4} \text{ M}_\odot \text{ yr}^{-1}\), and infall from the filament (with a thickness of 0.08 pc) onto the cluster region at a significantly smaller rate of \(5.0 \times 10^{-5} \text{ M}_\odot \text{ yr}^{-1}\)\(^7\). Tentative evidence of an increase of the infall rate with scale was also found by [Yuan et al. 2018], with a value of \(7 \times 10^{-5} \text{ M}_\odot \text{ yr}^{-1}\) on a core scale of 0.05 pc, and \(7.2 \times 10^{-4} \text{ M}_\odot \text{ yr}^{-1}\) on a clump scale of 0.39 pc. Infall along filaments at a scale of 0.2-0.3 pc was also found by [Peretto et al. 2014] with rates in the range \(1.8 - 5.6 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1}\), by [Lu et al. 2018] with rates of \(0.5 - 3.5 \times 10^{-4} \text{ M}_\odot \text{ yr}^{-1}\), and by [Chen et al. 2019b] with rates in the range \(1.7 - 2.6 \times 10^{-4} \text{ M}_\odot \text{ yr}^{-1}\).

[Wyrowski et al. 2016] found evidence of infall in six massive clumps at pc scale, using ammonia-line SOFIA observations. They estimated infall rates in the broad range \(0.3 - 16 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1}\). [Traficante et al. 2017] measured infall rates of IR-dark, massive clumps, with radii between approximately 0.54 and 1 pc, and detected infall in 7 out of 18 clumps, with infall rates between \(4 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1}\) and \(2 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1}\). In a following survey of 213 more evolved massive clumps, [Traficante et al. 2018] found evidence of infall in 21 clumps, with infall rates in the range \(0.7 - 45.8 \times 10^{-4} \text{ M}_\odot \text{ yr}^{-1}\). They interpreted these larger values as evidence that the clump infall rate may increase during the clump evolution.

The infall rates from the works mentioned above are plotted in Figure 29 as a function of the length scale associated with the measurements. In the case where spherical symmetry was assumed, the scale in Figure 29 corresponds to the adopted value of the radius. For infall along filaments we have used the thickness of the filament, or, when one or more filaments are seen to converge onto a clump, the radius of the clump itself. In the case of the infall onto the filament studied by [Kirk et al. 2013], the relevant scale is the length of the filament (0.33 pc). The yellow, shaded area in Figure 29 shows the range of infall-rate values from our simulation, between the mean and the maximum profiles in panel d of Figure 17. Several observed values are found reasonably close to our mean profile (the lower envelope of the shaded area), but many observed values are much larger, even exceeding our maximum profile.

Larger values than our simulation are of course expected in more extreme star-forming regions with higher mean density and/or larger velocity dispersion than in the simulation. However, part of the discrepancy is due to the fact that the observed infall rates of massive clumps apply to a stellar group or cluster, so the actual accretion rate on the individual massive protostars in the clumps must be a small fraction of the global infall rate. In the sample of [Traficante et al. 2018], for example, the clumps with detected minin rates have masses between 100 and 5,000 M_\odot, as shown in Figure 30, where the red circles give the infall rates versus clump mass. The red dashed line is a least-squares fit to the data, giving \(dM/dt_{\text{infall}} \propto 5.9 \times 10^{-3}(M_{\text{clump}}/10^4 \text{M}_\odot)^{1.04} \text{ M}_\odot \text{ yr}^{-1}\). As discussed in the previous subsection, interferomet-

\(^{14}\) We have updated these infall-rate values based on the recently determined Gaia distance to Serpens South of 436 pc (Ortiz-León et al. 2018).
is a least-squares fit to the data points, $dM/dt \approx 10^{-3} (M_d/10^3 M_\odot \text{yr}^{-1})^{0.34}$ $M_\odot \text{yr}^{-1}$. Blue circles: Same infall rates as shown by the red circles, but divided by the estimated number of protostellar cores, $N_p = M_d/20 M_\odot$, as explained in the text. The blue dashed line is a least-squares fit to the data points, $dM/dt = 1.1 \times 10^{-3} (M_d/10^3 M_\odot \text{yr}^{-1})^{-0.20} M_\odot \text{yr}^{-1}$.

Fig. 30.— Red circles: Observed infall rates in massive star-forming clumps versus clump mass from Traficante et al. (2018). The red dashed line is a least-squares fit to the data points, $dM/dt_{\text{infall}} \approx 5.9 \times 10^{-5} (M_d/10^3 M_\odot \text{yr}^{-1})^{0.34} M_\odot \text{yr}^{-1}$. Blue circles: Same infall rates as shown by the red circles, but divided by the estimated number of protostellar cores, $N_p = M_d/20 M_\odot$, as explained in the text. The blue dashed line is a least-squares fit to the data points, $dM/dt_{\text{infall}, p} \approx 1.1 \times 10^{-3} (M_d/10^3 M_\odot \text{yr}^{-1})^{-0.20} M_\odot \text{yr}^{-1}$. This nearly constant infall rate per protostar is not much larger than characteristic values in our simulation.

A source of uncertainty is related to the procedure usually adopted to derive the infall rate of clumps. The infall rate is usually derived by assuming that the measured infall velocity, $v_{\text{in}}$, can be interpreted as a mean radial velocity, hence the infall rate is given by $4 \pi \rho r_{\text{in}}^2 v_{\text{in}}$, where $r_{\text{in}}$ is the size of the infall region and $\rho$ the mean density. Because of the $r_{\text{in}}^2$ dependence, the uncertainty on the size of the infall region is a major factor in the uncertainty of the estimated infall rate. The infall radius should be the radial distance where both the infall velocity and the gas density are measured. However, in the study of cores or clumps, the infall velocity is usually derived from the blue asymmetry of an optically thick line, which may be tracing a surface layer of accreting gas, rather than the bulk of the observed core or clump (depending also on the depletion of the observed molecule), while the adopted density value is often the mean density within the radius $r_{\text{in}}$ based on the total mass derived from the dust mass, rather than the density of the accreting gas layer whose velocity is measured through the optically thick line. Because the density in the accreting gas may be much smaller than the mean density in the core or clump, this procedure may result in a significant overestimate of the infall rate. This may partly explain why the infall rates of massive clumps or cores are typically much larger than characteristic infall rates along filaments, where both the choice of the mean density (the filament mean density) and the relevant cross section (the filament width) are usually better constrained, and the spherical assumption is not required.

Another source of uncertainty is the fact that unambiguous infall signatures are usually found only on a small fraction of selected clumps, for example 22 out of 77 in Fuller et al. (2005), or 21 out of 213 in Traficante et al. (2018). It remains to be understood whether the majority of clumps do not show infall because their infall rates are below the detection limit of the method (in which case the mean infall rate of the clumps could be much lower than the mean of the detected values), or because even large infall rates are often hard to measure (Smith et al. 2013). However, if large infall rates were hard to measure from most lines of sight, it would imply that the infall has large deviations from the adopted spherical assumption, hence the infall rate would be significantly overestimated in the cases where it is detected. Our mass-flow rate profiles shown in Figure 17 are shell-averaged first, and then averaged again over many cores. In future studies, we should carry out a proper statistical comparison with the observations, by using synthetic observations of individual cores, and measuring their mass-flow rate along different lines of sight.

Outflow rates from massive clumps have also been used to constrain clump infall rates (e.g. Maud et al. 2015). However, deriving infall rates from outflow properties requires further assumptions introducing additional uncertainties (for example both the outflow dynamical time and the outflow rate may be hard to interpret if the outflow is intermittent as a result of episodic accretion events), so we don’t consider outflow rates in this work.

11. SUMMARY OF RESULTS AND CONCLUSIONS

This work presents a new scenario for the origin of massive stars, based on a self-consistent simulation where the conditions controlling star formation are maintained by the supernovae that result from the star formation. We propose that massive stars are assembled by large-scale, converging, inertial flows that naturally occur in supersonic turbulence. The star-formation timescale and accretion rate are determined by the statistics of supersonic turbulence. Because the turbulence turnover time is longer than the postshock free-fall time, the final stellar mass is not set by the mass of the prestellar core, which contains only a small fraction of the final stellar mass, in contradiction with the core-collapse models. The stellar accretion rate is controlled by the pc-scale inertial inflow that is insensitive to the gravity of the star, in disagreement with the competitive-accretion models.

The large dynamic range of our simulation in both space and time is well suited to test this multi-scale scenario, and it provides an unprecedented statistical sample of massive stars, forming with realistic distributions of initial and boundary conditions. Our analysis is based on the study of the physical conditions in the neighborhood of 1,503 stars with mass above 2.5 $M_\odot$, formed over a period of 30 Myr and within a volume of 250 pc. We have focused on the birth time of each star, defined as the beginning of the gravitational collapse of the prestel-
lar core (in practice, the creation of the sink particle in the simulation).

The analysis provides clear evidence of the role of inertial inflows in the formation of massive stars, besides refuting basic elements of the core-collapse and competitive-accretion models. In what follows, we outline the main results from the simulation and from the synthetic sub-mm observations (derived quantities apply specifically to our simulation and need to be rescaled in more extreme environments).

1. The star-formation timescale, $t_{95}$, increases with the final stellar mass, $M_f$, on average, but with a large scatter that increases towards lower masses. It is mostly in the approximate range 1-6 Myr for stars above 10 M$_\odot$. This result contradicts the core-collapse idea, because $t_{95}$ is clearly much larger than the free-fall time of prestellar cores, while it is comparable to the turbulence turnover time at the scale of several pc, consistent with our scenario.

2. Massive stars achieve their final mass along approximately linear tracks on the $t_{95} - M_f$ plane, that is with an approximately constant mean accretion rate. Large stochastic or periodic (in binaries) fluctuations of the accretion rate are common, but there is no systematic increase of the accretion rate with time as the stellar mass increases. This is in stark contradiction with the prediction of competitive accretion models, and shows that the inertial inflow is not driven by the gravity of the star, but by large-scale turbulence, as in our scenario.

3. Prestellar cores that evolve into massive stars have a broad mass distribution, mostly in the range 0.2-40 M$_\odot$, with a probability peak just below 2 M$_\odot$. On average, only a small fraction of the final stellar mass is found in the prestellar core. This fraction decreases with increasing stellar mass, because there is no correlation between prestellar core mass and final stellar mass, which rules out the fundamental assumption of core-collapse models. The lack of correlation with $M_f$ applies also to the mass within the gravitationally-bound infall region around the core, so even IMF models where stellar masses originate from gravitationally-bound overdensities are ruled out. Prestellar cores start to collapse when they become supercritical at the characteristic postshock density, as postulated in our scenario.

4. The pc-scale region around a prestellar core is turbulent and gravitationally unbound, which makes competitive accretion far too inefficient (the stellar gravity is too weak). However, it also exhibits a net mass inflow that feeds the infall region of the growing star. For the most massive stars, this infall region has an extension, $R_{95}$, of order 10 pc on average, showing again that most of the stellar mass initially is far away from the prestellar core.

5. In the inflow region, the net inflow velocity (the shell-averaged radial velocity) is generally much smaller than the turbulent velocity, contrary to the prediction of other models where the inflow region is dominated by gravity and the infall velocity must be comparable to or larger than the turbulent velocity. The comparison between inflow and turbulent velocity components is thus an important observational test of the inertial-inflow model.

6. The average radial profile of the mass-flow rate around a prestellar core is a growing function of radius. While the infall rate onto the core is, on average, of order $10^{-3}$ M$_\odot$ yr$^{-1}$, the infall rate at a radius of 1 pc is of order $10^{-4}$ M$_\odot$ yr$^{-1}$. The largest rates are nearly ten times higher than these mean values. Because the accretion rate of a star does not grow systematically with time, this radial dependence of the mass-flow rate at the end of the prestellar phase indicates that only a fraction of the inflow is destined to that given star. The turbulence is highly supersonic at parsec scale, so the infall region must be strongly fragmented with dense filaments feeding different stars. We show that the feeding of multiple stars in a typical massive clump explains the apparent discrepancy between the infall rates measured in the simulation and some of the highest infall rates inferred from observations.

7. The star-formation time, $t_{95}$, and the stellar mass-reservoir size, or infall radius, $R_{95}$, are found to be well correlated, with $t_{95} \propto R_{95}^{-0.47}$. Both the normalization and the slope of the $t_{95} - R_{95}$ relation are virtually indistinguishable from the relation between turbulence turnover time and eddy size inferred from the velocity-size relation of the MCs in the simulation. This is a most direct and definite proof that massive stars are assembled by random compressive motions naturally occurring in supersonic turbulence, the fundamental assumption of our scenario.

8. The $R_{95} - M_f$ relation, as the analogous $t_{95} - M_f$ relation, is characterized by a very large scatter that increases with decreasing $M_f$, due to an approximately linear lower envelope. The lower envelopes of these two relations correspond to the stars with the maximum accretion rate, which we have interpreted as a universal fraction, $\epsilon_{in}$, of the ratio of total mass to turnover time of the outer scale, $M_0/\tau_0$. This interpretation also predicts the correct value of the maximum accretion rate found in our smaller-scale simulations.

9. From our inertial-inflow scenario, as well as from the results of the analysis of the simulation, we conclude that observational surveys should fail to find true prestellar cores of very large mass. However, our synthetic observations in the Herschel and ALMA bands show that cores selected with the same procedure as in the observational studies may appear to be much more massive than the true prestellar cores. The masses derived from the observations are highly uncertain due to both the line-of-sight projection and the lack of resolution.

10. The median value of the observationally-derived core masses grows by approximately a factor of
three for every factor of two increase in distance or telescope-beam size, and only our highest ALMA resolution seems to be converging to the median mass of the actual prestellar cores. However, even in this best case, only 40% of our prestellar cores are successfully selected with ALMA, and their observationally-derived masses show no correlation at all with the true core masses (they can be a factor of ten larger or smaller than the true masses).

11. Recent interferometric surveys of massive, IR-dark clumps yield candidate prestellar cores with mass ranges consistent with the results of our synthetic observations, suggesting that core masses from surveys with angular resolution worse than \( \sim 1'' \) (for typical distances of 3-5 kpc) may be significantly overestimated on average. On the other hand, in ALMA surveys with angular resolution of \( \sim 1'' \) or better, the average core mass may be spatially resolved (independent of resolution), although individual core masses may still have errors of up to a factor of ten due to projection effects.

The most striking result of this study is the surprising similarity of the prestellar phases of high-mass and intermediate-mass stars, suggesting that the observational quest for the elusive prestellar cores of high-mass stars may be a lost cause. Our analysis of the initial conditions for high-mass stars did not yield any distinctive traits of such cores, nor of their surrounding inflow regions. Essentially, the final stellar mass is unpredictable based on prestellar properties. On the other hand, this also implies that a fraction of prestellar cores already identified in large massive clumps are true progenitors of high-mass stars, we just cannot set them apart from the rest. Besides focusing on individual cores, future observational programs should aim at characterizing the pc-scale structure and kinematics around the cores, to constrain the role of inertial inflows in the process of star formation.

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APPENDIX

A. DETAILS OF SYNTHETIC OBSERVATIONS

The radiative transfer calculations are made with the SOC code (Juvela 2019), which has been tested against other codes in the TRUST benchmark project (Baes et al. 2016, Gordon et al. 2017). SOC is able to treat also stochastically heated grains (Camps et al. 2015), but, to speed up the calculations, all grains are here assumed to be in thermal equilibrium with the radiation field. This is a good approximation for large dust grains and thus for emission observed at submillimeter wavelengths.

The model clouds are illuminated only by an isotropic external radiation field, similar to the local interstellar radiation field (Mathis et al. 1983). The area-averaged extinction through the full 250 pc model is \( A_V \sim 1.9 \) mag and, because of the inhomogeneity of the density field, the effective optical depth \( \tau_{\text{eff}} \) (defined by \( \exp(-\tau) = (\exp(-\tau(\theta, \phi))) \) where the averaging is over the full solid angle) is below one at optical wavelengths. Therefore, there are no significant large-scale gradients in the radiation field energy density between the boundary and the center of the models and the main dust temperature variations take place inside individual dense regions. The simulations describe the prestellar phase and thus no embedded radiation sources are included. As noted in Sect. 5, the dust model was adopted from Compiègne et al. (2011) but modified to have a higher submillimeter opacity, for a better agreement with observations of prestellar cores (Juvela et al. 2015).

The radiative transfer simulations use \( \sim 10^9 \) photon packages on each of 52 selected discrete frequencies between 10-15 Hz and 3 \times 10^{15} \text{Hz}. The volume discretisation is the same as in the original MHD runs and the smallest cell size in high-density areas is thus \( \sim 0.0076 \) pc. The overall rms error of the computed dust temperature values of individual cells is well below 0.1 K, but increases with the refinement level. At low temperatures this could result in relative errors of several percent in the surface brightness values. In practice, the effect is smaller because the final synthetic surface brightness maps correspond to the total emission along a line of sight and are further averaged by the convolution with the instrument beam.

Cores are extracted and analyzed using the getsources program (Men'shchikov et al. 2012), as described in the study of NGC6334 by Tige et al. (2017). The analysis of the Herschel data uses the four surface brightness maps and a column density map. In the detection phase, the 160 \( \mu \)m and 250 \( \mu \)m maps are scaled with factors \( k_\nu = L_\nu (17 \text{K}) / L_\nu (T_\text{d}) \).

\( ^{15} \) http://ipag.osug.fr/RT13/RTTRUST/
This scaling converts the surface brightness maps to an approximation of the column density. The dust color temperatures, $T_d$, are obtained by fitting the SED of each pixel with a modified blackbody with a fixed dust spectral index value of $\beta = 1.8$. A separate column density map is also used in the source detection. It is calculated with the method described by Palmeirim et al. (2013), where the analysis of different band combinations results in a column density map at the resolution of the Herschel 250 $\mu$m data, that is 18.2$''$. Once the detections have been made, getsources measures the source properties using the original surface brightness maps. The results include the flux density, the physical core size (major and minor axes), the position angle, and estimates of the detection signal-to-noise ratio and other quality flags.

The source fluxes are fitted with a modified blackbody with a fixed dust opacity spectral index of $\beta = 1.8$. Tige et al. (2017) used a value of $\beta = 2.0$, but $\beta = 1.8$ is closer to the actual value of the dust model used in our simulations. The SED fits use flux measurements of all the bands with reliable object detections. To account for the different effective aperture sizes, the flux densities are corrected by the linear scaling (Hill et al. 2010; Nguyen Luong et al. 2011)

$$F'_\nu = F_\nu \times \frac{FWHM_\nu}{FWHM_{ref}},$$  \hspace{1cm} (A2)

where the FWHM values are the deconvolved source sizes in the band and in a reference band. The reference band is 160 $\mu$m or, if there is no reliable 160 $\mu$m detection, the 250 $\mu$m band.

Following Tige et al. (2017) and Russel et al. (2019), a number of criteria are applied to the getsources extraction to select the most reliable detections. In each band, a reliable detection requires that the signal-to-noise ratio is above 2 for both the peak and integrated fluxes and that the monochromatic significance (reported by getsources) is above 5. To increase the core sample, we do not enforce the criteria of Tige et al. (2017) that would exclude objects with sizes above 0.3 pc or aspect ratios above 2. In our final sample, over 50% of the sources have aspect ratios above 2 but only some 10% are larger than 0.3 pc. Finally, we only accept sources with reliable flux measurements (as defined above) in three or four bands (including at least one of the 160 $\mu$m and 250 $\mu$m bands) and where the reduced $\chi^2$ value of the SED fit is below 10. Sources with unrealistically low temperatures, $T_d < 8$ K, are also rejected (cf. Tige et al. 2017).

The selection of ALMA cores follows the same procedure, except that there is no SED fit and the basic selection criteria are only applied to the single 1.2 mm band. Thus, the main criteria are the signal-to-noise ratio of the measured fluxes and the monochromatic significance provided by getsources.

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