PICS Interview Script: Family Baseline Interview

Introductory Conversation: How are you doing right now?

Important information regarding interview study:

This is a study about post-intensive care syndrome and the recovery process after being in the intensive care unit. In this study, we are particularly interested in exploring the recovery experience and transitional care needs among patients and family members who were admitted in the ICU after severe injury.

Before we begin, are there any time limits that we need to be aware of?

This interview is being audio-recorded so that we can make a written transcript later for data analysis. When we transcribe this interview, we will not use your name and we will not associate anything that you say with your name. You can decline to answer any questions. Do you have any questions? Is it okay to proceed?

Start Recording

“For the purpose of the recording, this interview is being conducted by ____________ with participant number ______________ on ____________(Date).”

Transition statement: We are first going to talk about your loved one’s injury and ICU experiences.

ICU Experience and Transitions

1. What is your understanding of what has happened to your loved one?
   - Probe: What caused your loved one’s injuries?
   - Probe: What kinds of injuries does your loved one have?

2. What has been your experience of your loved one’s ICU stay so far?

3. What has to happen for your loved one to be able to leave the ICU?

4. Please describe what you think the recovery process will be like for your loved one.
   - Probe: Do you think that your loved one will be able to go home when (s)he leaves the hospital?
   - Probe: What concerns do you have about your loved one’s recovery from this injury?

Transition statement: Next, I would like to ask you questions about your loved one’s ability to move around and think, and about emotional experiences they had before their injury.
Physical Impairment

5. Tell me about your loved one’s normal mobility or physical abilities.
   o Probe: Was your loved one able to move around without assistance?
   o Probe: What kinds of activities did your loved one normally need help with?

Cognitive Disturbance

6. How would you describe your loved one’s ability to think and process information?
   a. Probe: Does your loved one find it hard to remember things?
   b. Probe: Sometimes people have trouble remembering the right word for something. Does your loved one have any trouble remembering the right word for something?

Mental/Emotional Disturbance

7. How would you describe your loved one’s normal mental and emotional state?
   o Probe: Please talk about what emotions they normally experience.
   o Probe: How does your loved one cope with intense emotions?

8. How well does your loved one normally sleep?

Transition statement: Thank you for sharing the physical, emotional, and mental experiences your loved one had after their injury and being in the ICU, I would like to now ask you questions about your experiences.

PICS-F

9. Please talk about your experience so far in supporting your loved one.
10. How are you sleeping since your loved one’s injury?

Other

11. Is there anything else that you think would be important for us to know?
PICS Interview Script: Family Interview 1

Introductory Conversation: How are you doing right now?

Important information regarding interview study:

As you may remember, this is a study about post-intensive care syndrome and the recovery process after being in the intensive care unit. In this study, we are particularly interested in exploring the recovery experience and transitional care needs among patients and family members who were admitted in the ICU after severe injury.

Before we begin, are there any time limits that we need to be aware of?

This interview is being audio-recorded so that we can make a written transcript later for data analysis. When we transcribe this interview, we will not use your name and we will not associate anything that you say with your name. You can decline to answer any questions. Do you have any questions? Is it okay to proceed?

Start Recording

“For the purpose of the recording, this interview is being conducted by ____________ with participant number ______________ on ____________(Date).”

Transition statement: We are first going to talk about your loved one’s injury, ICU experiences, and transfer to a regular hospital room.

ICU Experience and Transitions

1. Last time, we talked about your understanding of what has happened to your loved one. *(Give brief synopsis, e.g. “Your loved one was in a car accident and has a number of broken bones.”)* Has that changed since our last interview?
   - Probe: What has changed about your understanding of your loved one’s injuries?
   - Probe: What kinds of injuries does your loved one have?
2. What do you remember about your loved one’s ICU stay?
   - Probe: What do you remember about the environment of the ICU?
   - Probe: What do you remember about the people who worked in the ICU?
3. Last time, we talked about the recovery process for your loved one. Has that changed since our last interview?
   - Probe: Will your loved one be able to go home when (s)he leaves the hospital?
   - Probe: What concerns do you have about your loved one’s recovery?
4. Please describe what it was like for your loved one to move out of the ICU to a regular hospital room. What might have made that transition easier?
Transition statement: Next, I would like to ask you questions about your loved one’s ability to move around, think, and emotional experiences they had since their injury.

**Physical Impairment**

5. Tell me about how your loved one’s injury has impacted their mobility or physical abilities.
   - *Probe:* What is it like for them to move around now, compared to the time before their injury?
   - *Probe:* Are there any activities they need help with now that they didn’t need help with before?

**Cognitive Disturbance**

6. How would you describe your loved one’s ability to think and process information since their injury?
   - *Probe:* Sometimes people find it hard to remember things after leaving the ICU. Has your loved one found it hard to remember things? How has their memory changed?
   - *Probe:* Sometimes people have trouble remembering the right word for something. Does your loved one have any trouble remembering the right word for something?

**Mental/Emotional Disturbance**

7. How would you describe your loved one’s normal mental and emotional state since their injury?
   - *Probe:* Please talk about what emotions they may have experienced since their injury.
   - *Probe:* Do you find your loved one is re-experiencing any of the emotions they had in the ICU or around the time of their injury?
   - *Probe:* Is there anything that makes those emotions come back?
   - * Probe:* How does your loved one cope with those emotions coming back?

8. How is your loved one sleeping since their injury?

Transition statement: Thank you for sharing the physical, emotional, and mental experiences your loved one had after their injury and being in the ICU, I would like to now ask you questions about your experiences.

**PICS-F**

9. Please talk about how your life has changed since your loved one’s injury.
10. Please talk about how your relationship with your loved one has changed since their injury.

11. How are you sleeping since your loved one’s injury?

12. What brings you joy?
   - *Probe:* How has this changed since your loved one’s injury?

**Other**

14. Is there anything else that you think would be important for us to know?
PICS Interview Script: Family Interview 2

Introductory Conversation: How are you doing right now?

Important information regarding interview study:

This is a study about post-intensive care syndrome and the recovery process after being in the intensive care unit. In this study, we are particularly interested in exploring the recovery experience and transitional care needs among patients and family members who were admitted in the ICU after severe injury.

Before we begin, are there any time limits that we need to be aware of?

This interview is being audio-recorded so that we can make a written transcript later for data analysis. When we transcribe this interview, we will not use your name and we will not associate anything that you say with your name. You can decline to answer any questions. Do you have any questions? Is it okay to proceed?

Start Recording

“For the purpose of the recording, this interview is being conducted by ____________ with participant number ______________ on ____________(Date).”

Transition statement: We are first going to talk about your loved one’s ICU experience and their experiences moving from the hospital to home.

ICU Experience and Transitions

1. Last time, we talked about what has happened to your loved one. (Give brief synopsis, e.g. “Your loved one was in a car accident and has a number of broken bones.”) What, if anything, has changed about your loved one’s health since our last interview?
2. What is most memorable about your loved one’s hospital stay?
   o Probe: What was most memorable about your loved one’s ICU stay?
3. Tell me about what it was like when your loved one moved from the hospital to your home. What might have made that transition easier?
4. (If applicable) What it was like when your loved one moved from the hospital to the rehabilitation unit. What might have made that transition easier?

Transition statement: Next, I would like to ask you questions about your loved one’s ability to move around, think, and emotional experiences that they have had since their injury.
Physical Impairment

5. Tell me about how your loved one’s injury has impacted their mobility or physical abilities.
   - Probe: What is it like for them to move around now, compared to the time before their injury?
   - Probe: Are there any activities they need help with now that they didn’t need help with before?
   - Probe: Last time, you mentioned the following: brief synopsis of physical limitations. How has that changed?

Cognitive Disturbance

6. How would you describe your loved one’s ability to think and process information since their injury?
   - Probe: Sometimes people find it hard to remember things after leaving the ICU. Has your loved one found it hard to remember things? How has their memory changed?
   - Probe: Sometimes people have trouble remembering the right word for something. Has your loved one had any trouble remembering the right word for something?
   - Probe: Last time, you mentioned the following: brief synopsis of cognitive limitations. How has that changed?

Mental/Emotional Disturbance

7. How would you describe your loved one’s mental and emotional state since their injury?
   - Probe: Please talk about what emotions they may have experienced since their injury.
   - Probe: Do you find your loved one is re-experiencing any of the emotions they had in the ICU or around the time of their injury?
   - Probe: Is there anything that makes those emotions come back?
   - Probe: How does your loved one cope with those emotions coming back?
   - Probe: Last time, you mentioned the following: brief synopsis of mental/emotional disturbance. How has that changed?

8. How is your loved one sleeping since their injury?

Transition statement: Thank you for sharing the physical, emotional, and mental experiences your loved one had after their injury and being in the ICU, I would like to now ask you questions about your experiences.
9. Please talk about how your life has changed since your loved one’s injury.
10. Please talk about how your relationship with your loved one has changed since their injury.
11. How are you sleeping since your loved one’s injury?
12. What brings you joy?
   o Provee: How has this changed since your loved one’s injury?

Other

13. Is there anything else that you think would be important for us to know?
PICS Interview Script: Family Interview 3, 4, 5, 6

Introductory Conversation: How are you doing right now?

Important information regarding interview study:

This is a study about post-intensive care syndrome and the recovery process after being in the intensive care unit. In this study, we are particularly interested in exploring the recovery experience and transitional care needs among patients and family members who were admitted in the ICU after severe injury.

Before we begin, are there any time limits that we need to be aware of?

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Start Recording

“For the purpose of the recording, this interview is being conducted by ____________ with participant number ______________ on ____________(Date).”

Transition statement: We are first going to talk about your loved one’s ICU experience and their experiences moving from the hospital to home.

ICU Experience and Transitions

1. Last time, we talked about what has happened to your loved one. (Give brief synopsis, e.g. “Your loved one was in a car accident and has a number of broken bones.”) What, if anything, has changed about your loved one’s health since our last interview?

2. Last time, you mentioned what was most memorable about your loved one’s hospital stay. (Give brief synopsis, e.g. “You told me that it was really hard to find parking.”) Are there any other important aspects of your hospital stay that you would like us to know about?
   o Probe: Are there any other aspects of your loved one’s ICU stay that you would like us to know about?

3. Thinking back on the transition from hospital to home, last time you talked about what could have made the transition easier. (Give brief synopsis, e.g. “You didn’t understand the discharge instructions.”) Do you have any other thoughts about how the transition might have been made easier for your loved one?

Transition statement: Next, I would like to ask you questions about your loved one’s ability to move around, think, and emotional experiences that they have had since their injury.
Physical Impairment

4. Tell me about how your loved one’s injury has impacted their mobility or physical abilities.
   - *Probe*: What is it like for them to move around now, compared to the time before their injury?
   - *Probe*: Are there any activities they need help with now that they didn’t need help with before?
   - *Probe*: Last time, you mentioned the following: *brief synopsis of physical limitations*. How has that changed?

Cognitive Disturbance

5. How would you describe your loved one’s ability to think and process information since their injury?
   - *Probe*: Sometimes people find it hard to remember things after leaving the ICU. Has your loved one found it hard to remember things? How has their memory changed?
   - *Probe*: Sometimes people have trouble remembering the right word for something. Has your loved one had any trouble remembering the right word for something?
   - *Probe*: Last time, you mentioned the following: *brief synopsis of cognitive limitations*. How has that changed?

Mental/Emotional Disturbance

6. How would you describe your loved one’s mental and emotional state since their injury?
   - *Probe*: Please talk about what emotions they may have experienced since their injury.
   - *Probe*: Do you find your loved one is re-experiencing any of the emotions they had in the ICU or around the time of their injury?
   - *Probe*: Is there anything that makes those emotions come back?
   - *Probe*: How does your loved one cope with those emotions coming back?
   - *Probe*: Last time, you mentioned the following: *brief synopsis of mental/emotional disturbance*. How has that changed?

7. How is your loved one sleeping since their injury?

*Transition statement: Thank you for sharing the physical, emotional, and mental experiences your loved one had after their injury and being in the ICU, I would like to now ask you questions about your experiences.*
PICS-F

8. Please talk about how your life has changed since your loved one’s injury.
9. Please talk about how your relationship with your loved one has changed since their injury.
10. How are you sleeping since your loved one’s injury?
11. What brings you joy?
   o Probe: How has this changed since your loved one’s injury?

Other

12. Is there anything else that you think would be important for us to know?
Supplement: Patient demographics

| Participant Number | Age at time of injury | Gender | Race/ethnicity                              | Injury Mechanism | Time in the ICU (Days) | Family Member |
|--------------------|-----------------------|--------|---------------------------------------------|------------------|------------------------|---------------|
| 1                  | 23                    | M      | Black or African American                   | GSW              | 4.92                   | Mother        |
| 2                  | 28                    | M      | Hispanic/Latino and South Asian             | GSW              | 61.79                  | Mother        |
| 4                  | 64                    | M      | Black or African American                   | MVC              | 18.29                  | Wife          |
| 5                  | 29                    | M      | Black or African American                   | GSW              | 24.5                   | Mother        |
| 7                  | 25                    | F      | Non-Hispanic White                          | MVC              | 24.92                  | Mother        |
| 8                  | 20                    | M      | Non-Hispanic White                          | Fall             | 7.08                   | Mother        |
| 11                 | 25                    | F      | Non-Hispanic White                          | MCC              | 15.5                   | Mother        |
| 13                 | 45                    | M      | Black or African American                   | Penetrating      | 5.54                   | Fiance (F)    |
| 14                 | 73                    | F      | Non-Hispanic White                          | Fall             | 8.9                    | Neighbor (F)  |
| 15                 | 21                    | M      | Non-Hispanic White                          | MVC              | 4.19                   | Mother        |
| 16                 | 51                    | M      | Black or African American                   | MCC              | 5.54                   | Wife          |
| 17                 | 55                    | M      | Non-Hispanic White                          | MCC              | 13                     | Wife          |
| 18                 | 38                    | F      | Non-Hispanic White                          | MVC              | 11.42                  | Father        |