As(III, V) Uptake from Nanostructured Iron Oxides and Oxyhydroxides: The Complex Interplay between Sorbent Surface Chemistry and Arsenic Equilibria

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Abstract: Iron oxides/oxyhydroxides, namely maghemite, iron oxide-silica composite, akaganeite, and ferrihydrite, are studied for AsV and AsIII removal from water in the pH range 2–8. All sorbents were characterized for their structural, morphological, textural, and surface charge properties. The same experimental conditions for the batch tests permitted a direct comparison among the sorbents, particularly between the oxyhydroxides, known to be among the most promising As-removers but hardly compared in the literature. The tests revealed akaganeite to perform better in the whole pH range for AsV (max 89 mg g−1 at pH 3) but to be also efficient toward AsIII (max 91 mg g−1 at pH 3–8), for which the best sorbent was ferrihydrite (max 144 mg g−1 at pH 8). Moreover, the study of the sorbents’ surface chemistry under contact with arsenic and arsenic-free solutions allowed the understanding of its role in the arsenic uptake through electrophoretic light scattering and pH measurements. Indeed, the sorbent’s ability to modify the starting pH was a crucial step in determining the removal of performances. The AsV initial concentration, contact time, ionic strength, and presence of competitors were also studied for akaganeite, the most promising remover, at pH 3 and 8 to deepen the uptake mechanism.

Keywords: akaganeite; ferrihydrite; maghemite; arsenic; water remediation; β-FeOOH

1. Introduction

Arsenic pollution in surface and groundwater is a worldwide issue due to its natural abundance by dissolution from soils or anthropogenic activities [1]. The arsenic toxicity depends on its chemical nature, as inorganic arsenic compounds are more dangerous than organic ones. Moreover, factors, such as pH, redox potential, competitors, and microorganisms may affect the speciation, mobility, and bioavailability of arsenic [2]. In water, depending on pH, arsenic and arsenious acid and their deprotonated forms are present. In particular, H3AsO4 appears up to pH 3, H2AsO4− is present in the pH range 1–8, HAsO22− in the range 5–13, and, beyond pH 13, only AsO33− exists. Concerning AsIII species, the neutral H3AsO3 is the only species that goes up to pH 7, which is when H2AsO3− starts to generate, and then HAsO22− begins at pH 10 and AsO33− at pH 12 [3]. Generally, natural water is in the range of pH 4–8, while coal and acid drainage are more acidic (pH 2–4) [4].
Over the years, various methods have been set up to remove As\textsuperscript{III} and As\textsuperscript{V}, such as precipitation, filtration, reverse osmosis, ion exchange, electrodialysis, and adsorption. Among them, the adsorption process features several advantages, such as high efficiency, low cost, regeneration possibility, and flexibility of operation, even though, only rarely, secondary pollution issues, caused by the sorbent itself, are evaluated \cite{5,6}. The most employed materials include zeolites \cite{7,8}, functionalized porous silica \cite{9,10}, MOFs \cite{2,11}, carbon nanotubes \cite{2,12}, and nanoparticles (NPs) \cite{13,14}. The latter ones have found extensive use in the last decades, thanks to the high surface/volume ratio and, therefore, high density of active sites. Iron-based compounds have a strong affinity towards both As\textsuperscript{III} and As\textsuperscript{V}. The adsorption properties of iron oxides and oxyhydroxides generally depend on the presence of surface hydroxyl groups. When iron ions on the oxide surface are exposed to bound water, they can complete their coordination shells with hydroxy groups. Depending on pH, these hydroxy groups may bind or release, developing a surface charge that often is associated with adsorption properties governing a particular adsorption mechanism. The arsenic adsorption occurs via ligand exchange of the As species with OH\textsuperscript{2} and OH\textsuperscript{−} in the coordination spheres of the surface structural Fe atoms \cite{15}. Indeed, the arsenic species should link the iron oxide/oxyhydroxide surface through inner-sphere complexation with oxygen bridges, generating a bidentate binuclear complex for akaganeite and ferrihydrite, and both bidentate binuclear and monodentate mononuclear complex for maghemite \cite{16}. Among the various Fe-based systems, the most employed include the oxides maghemite/magnetite (Fe\textsubscript{3}O\textsubscript{4}/γ-Fe\textsubscript{2}O\textsubscript{3}) \cite{17–20}, and hematite (α-Fe\textsubscript{2}O\textsubscript{3}) \cite{21,22}, which possess high arsenic adsorbed amount in a wide pH range. Other commonly employed iron compounds are the oxyhydroxides, such as goethite (α-FeOOH) \cite{23}, akaganeite (β-FeOOH) \cite{24–30}, schwertmannite \cite{28}, and ferrihydrite \cite{23,31–34}, the latter one being the most studied. Thanks to the high number of hydroxyl groups and the generally higher specific surface area, the oxyhydroxides are considered more efficient than the oxides towards both As\textsuperscript{V} and As\textsuperscript{III} \cite{35}. Nevertheless, there is not a direct comparison among iron-based compounds in a wide pH range for the understanding of the different mechanisms involved in arsenic removal.

In this work, the adoption of the same experimental conditions permitted a head-to-head comparison among iron oxides and oxyhydroxides, namely maghemite, akaganeite, and ferrihydrite, for their As\textsuperscript{V} and As\textsuperscript{III} uptake as a function of the pH of the solution. Moreover, the iron oxide was compared with a meso/macroporous silica-iron oxide composite featuring a high surface area. Finally, the akaganeite performance at pH 3 and 8 was deepened through isotherm, kinetics, ionic strength, and competitor studies. Special attention was devoted to the changes in the pH of the solution upon the contact with the sorbents, providing a valuable tool to interpret the adsorption results and the different behavior of the iron oxides and oxyhydroxides towards the arsenicals.

2. Materials and Methods

2.1. Chemicals

Ethylenediaminetetraacetic acid (98%), poly(ethylene glycol)-block-poly(propylene glycol)-block-poly(ethylene glycol), and sodium (meta) arsenite (90%) were purchased from Aldrich (St. Louise, MO, USA). Iron (III) chloride tetrahydrate (99%) was purchased from Acros Organics (Geel, Belgium). Arsenic (V) standard for ICP (1000 mg L\textsuperscript{−1}) was purchased from Fluka (St. Louise, MO, USA). Tetramethyl orthosilicate (98%) was purchased from Merck (Darmstadt, Germany). Sodium arsenate dibasic heptahydrate (98%) was purchased from Sigma (St. Louise, MO, USA). Ammonium hydroxide solution (28–30%) and iron (III) nitrate nonahydrate (98%) were purchased from Sigma-Aldrich (St. Louise, MO, USA). Glacial acetic acid (99.9%), nitric acid (Normatom 67–69%), sodium acetate (99.2%), sodium hydroxide (99.4%), and anhydrous sodium sulphate (99.2%) were purchased from VWR (Leuven, Belgium).
2.2. Synthesis of the Sorbents

The akaganeite sample (Aka) was synthesized starting from a literature procedure but with some modification [36]. In a 100 mL borosilicate bottle with a polypropylene cap, 12.5 mL of 0.2 M EDTA was added to 28.5 mL of 5.26 M sodium hydroxide solution. To this solution, 25 mL of 2 M FeCl₃·6H₂O solution was added (pH = 10) under vigorous stirring. The pH was adjusted to 2 with the addition of HCl 37% w/w, and the suspension was aged at 98 °C for 4 h in a laboratory oven. The bottle was then rapidly cooled in an ice bath. The solid was separated through centrifugation at 7000 rpm, washed several times with water, and then with ethanol until the chloride content was considered as structural (Cl/Fe = 0.11, estimated by STEM-EDX analysis) [37], then collected and dried under air at 55 °C for two days.

Ferrhydrite (Fe) was obtained by adding 180 mL of KOH 5 M to 100 mL 1 M Fe(NO₃)₃ solution [38]. The solid was recovered by centrifugation at 7000 rpm, washed several times with water until the removal of potassium ions (K/Fe = 0.003, estimated by STEM-EDX analysis), and dried at 40 °C in the oven for 48 h.

The maghemite sample (Mag) was prepared through the oxidation of magnetite in air. Magnetite was synthesized by adapting a co-precipitation method [38], dissolving 4.0590 g of FeCl₂·4H₂O in 10 mL HCl 2 M to obtain a solution containing Fe²⁺ 2 M. This solution was added in a flask with 50 mL of a 1 M solution of Fe³⁺, obtained by dissolving 20.6179 g of Fe(NO₃)₃ in HCl 2 M. Then, 500 mL of NH₃ 1.4 M were added dropwise, using a burette, to the solution of Fe²⁺ and Fe³⁺ under stirring. The as-formed black precipitate was left to settle for 10 min and separated from the liquid solution using a magnet. The solid was finally washed four times with water and left to dry in an oven at 50 °C.

The silica-iron oxide composite (Comp) was prepared from porous silica adapting a method from the literature [39]. Briefly, at 35 °C, 4.6 g of pluronic 123 (P123) and 7.7 g of Na₂SO₄ were dissolved in 135 g of 0.02 M acetic acid-sodium acetate buffer solution at pH = 5 for 16 h to form a homogeneous milky mixture under stirring. To this solution mixture, 10.24 mL of TMOS was added under stirring. After 5 min, the stirring was stopped. The resultant mixture was kept in a static condition for 24 h and then transferred into a Teflon-lined autoclave and heated to 100 °C for 24 h. The mixture was centrifuged, and the supernatant discarded. The solid was repeatedly washed with distilled water to remove the inorganic salts and then dried at room temperature. The final product was obtained by calcination under air at 550 °C for 5 h (heating rate 2 °C min⁻¹) to remove the organic template. For the impregnation step, 1.0073 g of silica, dried at 120 °C for subsequent ICP-OES analysis, while 20 mL were put in the 50 mL centrifuge tubes containing the solid samples. After contact with the solid, the pH of the mixtures was measured again. The tubes were then put in an orbital shaker, rotating at 40 rpm for 16 h. After centrifugation at 8000 rpm for 10 min, the supernatant was separated and filtered with a 0.45 µm sieve. The pH of the solution was measured again, then 8 mL were transferred into a 15 mL testing tube together with 2 mL of nitric acid 10% w/w and analyzed by ICP-OES. Several parameters were modified, such as initial pH (pH₃ 2–8), initial concentration (C₀ 10–500 mg L⁻¹), arsenic oxidation state (As³⁺ or As⁵⁺), contact time...
(10–960 min), ionic strength (NaCl 0.01–1 M), and competitors (SO$_4^{2-}$ or PO$_4^{3-}$ 1:100–1:1), as shown in Table S1.

2.4. Isotherm Models

The adsorbed amount of arsenic ($q_e$) was calculated through Equation (1) after correcting the sorbent mass for the water content, estimated via gravimetric analysis by heating the sample at 105 °C.

$$q_e \left( \frac{mg}{g} \right) = \frac{(C_0 - C_e)V}{m}$$ (1)

where $C_0$ is the initial concentration of As solution (mg L$^{-1}$), $C_e$ is the equilibrium concentration of As in a solution after the batch experiment (mg L$^{-1}$), $V$ is the volume of As solution (L), $m$ is the amount of adsorbent (g). By plotting $C_e$ vs. $q_e$, it was possible to fit the experimental data with the non-linear regression forms of the Langmuir (Equation (2)) [40], Freundlich (Equation (3)) [41], Temkin (Equation (4)) [42], Redlich–Peterson (Equation (5)) [43], and Dubinin–Radushkevich (Equation (6)) [44] isotherm models (Table 1).

| Model                        | Equation # | Equation                                                                 | Parameters                                                                 | References |
|------------------------------|------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------|------------|
| Langmuir                     | Equation (2) | $q_e = \frac{q_m K_L C_e}{1 + K_L C_e}$                                    | $q_m =$ maximum adsorption capacity (mg g$^{-1}$) \ $K_L =$ Langmuir constant (L mg$^{-1}$) \ $C_e =$ equilibrium concentration (mg L$^{-1}$) | [40]       |
| Freundlich                   | Equation (3) | $q_e = K_F C_e^{1/n}$                                                   | $K_F =$ Freundlich constant (mg$^{1-1/n}$ L$^{1/n}$ g$^{-1}$)               | [41]       |
| Temkin                       | Equation (4) | $q_e = \frac{R T}{b_T} \ln(K_T C_e)$                                     | $R =$ universal gas constant (J mol$^{-1}$ K$^{-1}$) \ $b_T =$ Temkin parameter (J g mol$^{-1}$ mg$^{-1}$) \ $K_T =$ Temkin constant (L mg$^{-1}$) | [42]       |
| Redlich–Peterson             | Equation (5) | $q_e = \frac{K_{RP} C_e}{1 + \alpha_{RP} C_e^{\beta_{RP}}}$             | $K_{RP} =$ Redlich–Peterson constant (L g$^{-1}$) \ $\alpha_{RP} =$ Redlich–Peterson parameter 1 (L mg$^{-1}$) \ $\beta_{RP} =$ Redlich–Peterson parameter 2 | [43]       |
| Dubinin–Radushkevich        | Equation (6) | $q_e = q_m e^{(-\varepsilon_{DR} K_{DR} C_e^2)}$                        | $K_{DR} =$ Dubinin–Radushkevich constant (mol$^2$ kJ$^{-2}$) \ $\varepsilon_{DR} =$ Dubinin–Radushkevich variable (kJ mol$^{-1}$) | [44]       |

In the Langmuir isotherm model (Equation (2)), $q_m$ is the maximum adsorption capacity (mg g$^{-1}$), and $K_L$ is the Langmuir constant (L mg$^{-1}$), which is related to the energy of adsorption. It assumes that each active site is equivalent, and it is energetically irrelevant whether adjacent sorption centers are empty or occupied.

$$q_e = \frac{q_m K_L C_e}{1 + K_L C_e}$$ (2)

In the Freundlich isotherm model (Equation (3)), $K_F$ is the Freundlich constant, which gives an estimation of the amount of sorbate retained per gram of adsorbent at the equilibrium concentration (mg$^{1-1/n}$ L$^{1/n}$ g$^{-1}$), and $n$ is a measure of the nature and strength of the sorption process and the distribution of active sites related to the surface heterogeneity (the heterogeneity of the system increases with $n$). Therefore, it assumes that the sorption process occurs on non-equivalent active sites due to repulsion between sorbent species.

$$q_e = K_F C_e^{1/n}$$ (3)

In the Temkin isotherm model (Equation (4)), $b_T$ (J g mol$^{-1}$ mg$^{-1}$) and $K_T$ (L mg$^{-1}$) are parameters describing the adsorbate-adsorbent interactions.

$$q_e = \frac{R T}{b_T} \ln(K_T C_e)$$ (4)
It assumes that the heat of adsorption decreases linearly with the increase in the amount of adsorbed species.

The Redlich–Peterson isotherm model (Equation (5)) is a hybrid between the Langmuir and Freundlich models.

\[
q_e = \frac{K_{RP} C_e}{1 + \alpha_{RP} C_e^{\beta_{RP}}} 
\]

where \(K_{RP}\) (L g\(^{-1}\)), \(\alpha_{RP}\) (L mg\(^{-1}\)), and \(\beta_{RP}\) are the Redlich–Peterson parameters.

In the Dubinin–Radushkevich isotherm model (Equation (6)), \(\varepsilon_{DR}\) (kJ mol\(^{-1}\)) and \(K_{DR}\) (mol\(^2\) kJ\(^{-2}\)) are the Dubinin–Radushkevich isotherm variable and constant, respectively.

\[
q_e = q_{me} e^{-K_{DR} \varepsilon_{DR}} 
\]

The model is used to differentiate between physisorption and chemisorption. The mean free energy of adsorption \(E_{ads}\) (kJ mol\(^{-1}\)) can be calculated following Equation (7).

\[
E_{ads} = \frac{1}{\sqrt{2K_{DR}}} 
\]

2.5. Kinetic Models

The adsorbed amount of arsenic at a certain time \((q_t)\) was calculated through Equation (8).

\[
q_t = \frac{(C_0 - C_t)V}{m} 
\]

The plotted data \(q_t\) vs. \(C_t\) were then fitted by the pseudo-first order (Equation (9)) and pseudo-second order (Equation (10)) kinetic models (Table 2).

\[
q_t = q_{e1} \left(1 - e^{(K't)}\right) 
\]

\[
q_t = \frac{K'' q_{e2} t}{1 + K'' q_{e2} t} 
\]

where \(K'\) (min\(^{-1}\)) and \(K''\) (g mg\(^{-1}\) min\(^{-1}\)) are the pseudo-1st order and pseudo-2nd order constants, respectively. The pseudo 2nd order model in linearized form (Equation (11)) was then used to fit the \(t/q_t\) vs. \(t\) plots.

\[
\frac{t}{q_t} = \frac{1}{K'' q_{e2}} + \frac{t}{q_{e2}} 
\]

Table 2. Kinetics models and corresponding parameters.

| Model                | Equation # | Equation                  | Parameters                                      |
|----------------------|------------|---------------------------|-------------------------------------------------|
| Pseudo 1st-Order     | Equation (9)| \(q_t = q_{e1} \left(1 - e^{(K't)}\right)\) | \(K' = \) pseudo-1st order constant (min\(^{-1}\)) |
| Pseudo 2nd-Order     | Equation (10)| \(q_t = \frac{K'' q_{e2} t}{1 + K'' q_{e2} t}\) | \(K'' = \) pseudo-2nd order constant (g mg\(^{-1}\) min\(^{-1}\)) |
| Intraparticle diffusion model | Equation (12)| \(q_t = k_i t^{1/2} + x_i\) | \(k_i = \) intraparticle diffusion constant (mg g\(^{-1}\) min\(^{-1/2}\)) |

The kinetic data were fit also by the intraparticle diffusion model (Equation (12)).

\[
q_t = k_i t^{1/2} + x_i 
\]

where \(k_i\) is the intraparticle diffusion constant (mg g\(^{-1}\) min\(^{-1/2}\))
2.6. Characterization Techniques

The solutions were analyzed by Inductively Coupled Plasma-Optical Emission Spectrometry (ICP-OES) using an Agilent 5100 device (Agilent, Santa Clara, CA, USA). The calibration line was performed in the range 1–100 mg L\(^{-1}\) at wavelength 188.980 nm for arsenic. Each sample was analyzed three times in 2\% w/w HNO\(_3\) solution. The samples Fer, Mag, and Comp were characterized by powder X-ray Diffraction (XRD) using a PANalytical X'pert Pro (Malvern PANalytical, Malvern, UK) equipped with Cu K\(_x\) radiation (1.5418 Å). The sample Aka was analyzed through a Rigaku Smartlab diffractometer (Rigaku Corporation, Tokyo, Japan) equipped with a 9 kW rotating anode and graphite monochromator in the diffracted beam with Bragg–Brentano parafocusing geometry. The refinement of the structural parameters was performed by the Rietveld method using the MAUD software (v 2.991, Radiographema, Trento, Italy) \[45\] and LaB\(_6\) from NIST as a reference standard for determining the instrumental parameters. The CIF structure used for the refinement were 0003079 from AMCSD for akageneite \[46\], 9011571 from COD for ferrihydrite \[47\], and 9006316 from COD for maghemite \[48\]. Room Temperature (RT) \(^{57}\)Fe Mössbauer spectroscopy was done on a Wissel spectrometer (Wissenschaftliche Elektronik GmbH, Stamberg, Germany) using transmission arrangement and proportional detector LND-45431. An \(\alpha\)-Fe foil was used as a standard, and the fitting procedure was done by the NORMOS program (v 25.1.1989, University of Duisburg-Essen, Duisburg, Germany). Transmission electron microscopy (TEM) images were obtained using a JEOL JEM 1400 Plus (Jeol Ltd., Tokyo, Japan) operating at 120 kV. The specimens were prepared by dropping an ethanol dispersion of the samples on a 200-mesh carbon-coated copper grid. High-Resolution TEM images were carried out through a JEOL JEM 2010 UHR (Jeol Ltd., Tokyo, Japan) operating at 200 kV equipped with a 794 slow-scan CCD camera. Zeta potential measurements were performed through a Malvern Instrument Zetasizer Nano ZSP (Malvern PANalytical, Malvern, UK) equipped with a He-Ne laser (\(\lambda = 633\) nm, max. 5 mW) and operated at a scattering angle of 173°, using Zetasizer software (v 7.03, Malvern PANalytical, Malver, UK) to analyze the data. The sample was prepared by suspending the composites (5 mg mL\(^{-1}\)) in distilled water and adding HCl and NaOH to modify the pH from 2 to 9. The scattering cell temperature was fixed at 25 °C. Textural analyses of all samples were performed on a Micromeritics ASAP 2020 (Micromeritics, Norcross, Georgia, USA) by determining the nitrogen adsorption–desorption isotherms at –196 °C. Prior to analyses, the iron oxides and hydroxides samples were heated for 12 h under a vacuum at 120 °C (heating rate, 1 °C min\(^{-1}\)). The specific surface area (\(S_{\text{BET}}\)) was computed by the Brunauer–Emmett–Teller (BET) equation \[49\] from the adsorption data in the \(P/P_0\) range 0.05–0.30 for the mesoporous samples Aka, Mag, Silica, and Comp, while the Dubinin–Radushkevic model \[44\] was applied in the sample Fer, due to its own microporous nature. The total pore volume (\(V_p\)) was calculated at \(P/P_0 = 0.87\). The pore diameter was determined by applying the Barrett–Joyner–Halenda (BJH) model \[50\] to the isotherm desorption branch for the mesoporous samples Aka, Mag, and Comp, while the Horvath-Kawazoe model \[51\] was adopted for the microporous Fer. FTIR spectra of the sorbents were acquired in a KBr pellet through a Bruker Equinox 55 spectrophotometer (Bruker, Billerica, MA, USA) in the region 400–4000 cm\(^{-1}\). The spectra were processed with OPUS software (v 7.6, Bruker, Billerica, MA, USA). The sorbents, after arsenic uptake, were analyzed by means of an Agilent Cary 630 spectrophotometer (Agilent, Santa Clara, CA, USA) equipped with an ATR module in the range 650–4000 cm\(^{-1}\). The spectra were processed with Microlab PC (v 5.5.1989, Agilent, Santa Clara, CA, USA).

3. Results and Discussion

3.1. Characterization of the Sorbents

The Fe\(^{\text{III}}\)-based sorbents were prepared via easy and low-cost methods to obtain nanosized systems.
XRD and RT $^{57}$Fe Mössbauer spectroscopy (Figure 1a,c) show that all the iron oxide samples feature a single Fe$^{III}$-based structure. Monoclinic 12/m akageneite is ascribed to Aka and cubic Fd3m maghemite for Mag. Fer sample displays the typical pattern of two-lines ferrihydride, and it was fitted with the hexagonal P63mc phase. Comp, on the contrary, reveals a broadband at about 22°, typical of amorphous silica, and the distinctive reflexes of two Fe$^{III}$ oxides, i.e., hematite and maghemite. All the RT Mössbauer spectra (Figure 1c) are characterized by isomer shift values in the range 0.32–0.38 mm s$^{-1}$, typical of Fe$^{III}$-based phases (Table S2) [52–58]. The Aka, Fer, and Comp spectra feature one or more doublets, whereas the Mag spectrum can be fitted with two broad sextets, accounting for the distribution of hyperfine fields. The two sextets feature hyperfine field values of 47.09 (3) and 41.9 (4) T, corresponding to iron cations in the tetrahedral and octahedral sites of the spinel ferrite structure, respectively. The isomer shift for both the sextets is in the range 0.32–0.34 mm s$^{-1}$, typical for Fe$^{III}$, indicating the effective oxidation of Fe$^{II}$ of magnetite from which it derived, whose values are around 0.6–0.7 mm s$^{-1}$. In the case of Aka, the spectrum was fitted with two doublets, as suggested in the literature [38], leading to isomer shift values of about 0.37 mm s$^{-1}$ and quadrupole splitting of 0.536 (7) mm s$^{-1}$ and 0.940 (9) mm s$^{-1}$, respectively. The spectrum of Fer can be fitted, based on a previous study [59], with three doublets corresponding to different non-equivalent iron positions in the ferrihydrite structure, as reported in Table S2. The Comp spectrum was fitted with a doublet with isomer shift equal to 0.34 (1) mm s$^{-1}$ and quadrupole splitting of 0.74 (2) mm s$^{-1}$, similar to those obtained for similar systems of maghemite/hematite NPs impregnated in porous silica matrices [60,61].

**Figure 1.** Wide-angle XRD patterns and position of the theoretical XRD diffraction peaks from PDF cards (a), small-angle XRD (b), $^{57}$Fe Mössbauer spectra (c), FTIR spectra (d), $N_2$ physisorption isotherms (e), and corresponding pore size distribution (f) of the samples.
The small-angle X-ray patterns of the silica-based samples (Figure 1b) show the presence of a shoulder at about 1.5°, which indicates the presence of an ordered porous structure in the mesoporous range [60,61].

FTIR spectra of the samples (Figure 1d) reveal the typical bands of iron oxides and oxyhydroxides (Table S3), besides those related to water. In particular, Aka shows two Fe-O vibrational modes at 680 and 470 cm⁻¹ [24,29,62]. The band at 570 cm⁻¹ and shoulders at 820 and 630 cm⁻¹ in the sample Mag are a clear indication of the presence of maghemite, in agreement with ⁵⁷Fe Mössbauer data [38,55,63]. For the sample Fer, the Fe-O band is placed at about 600 cm⁻¹, while the bands at 1500 and 1330 cm⁻¹ are related to the Fe-OH stretching modes [38]. The sample Comp discloses the bands associated with silica (Si-O-Si stretching modes at 1220, 1090, and 860 cm⁻¹, and Si-OH stretching mode at 810 cm⁻¹), whereas those related to the iron oxide phase are difficult to be detected probably because of its form as nanocomposite [60,61].

The textural properties of the sorbents were studied through N₂ physisorption (Figure 1e, Figures S1 and S2, Table 3). Aka, Mag, and Comp present an I-V type isotherm with an H₁ hysteresis loop characteristic for mesoporous materials. On the contrary, Fer features an I-type isotherm with a H₃ hysteresis loop typical of microporous materials. As expected, the largest surface area (410 m² g⁻¹) is observed for Comp, followed by Fer, Aka, and Mag (from 92 to 260 m² g⁻¹). The pore volumes are instead higher for the mesoporous materials (Comp > Aka > Mag) and lower for Fer due to the presence of only micropores. The pore size distributions (PSD) of Mag and Aka (Figure 1f) are centered at about 11.8 and 9.4 nm, respectively, while sharper PSD is observed for Comp due to the mesostructured nature of the silica matrix. For Fer, the micropore distribution, obtained using the Horvath–Kawazoe model, showed a maximum at about 0.7 nm. The comparison between Comp and the bare silica matrix (Figure S1), reveals a decrease of 10% of surface area and 11% of pore volume in the first one, as expected after the impregnation process. The PSD is instead centered, for both samples, at about 8 nm, suggesting the formation of isolated NPs inside the pores in spite of a uniform layer [39,60,61].

The differences in the surface areas and the pore volumes observed among the iron oxide/oxyhydroxides are mainly due to the morphological properties of the samples in terms of the size and shape of NPs. For this reason, TEM analyses were conducted on all samples and are shown in Figure 2. In the case of Aka (Figure 2 and Figure S3), nanorods of about 60 nm in length and 4 nm in width are observed. Fer (Figure 2c) reveals aggregates of small NPs of about 4 nm, while Mag (Figure 2d) is composed of spheroidal NPs of about 12 nm. The silica-based samples are constituted of both ordered mesopores in the range 7–9 nm (white arrows Figure 2f) and macropores of about 150 nm (Figure 2e,f), present

### Table 3. Structural parameters of the sorbents extracted from the Rietveld refinement of XRD patterns. In the case of anisotropic Aka, the anisotropic-no-rules model was employed. Morphological parameters calculated from TEM micrographs. Textural parameters calculated from N₂-physisorption experiments. Vₚ for the Fer sample was calculated by the Horvat Kawazoe model, while a BJH model was adopted for the other samples.

| Sample     | Phase                  | a (Å)  | b (Å)  | c (Å)  | D_XRD ¹ (nm) | D_XRD ² (nm) | D_TEM ¹ (nm) | D_TEM ² (nm) | S_BET (m² g⁻¹) | Vₚ (cm³ g⁻¹) | D_p (nm) |
|------------|------------------------|--------|--------|--------|--------------|--------------|--------------|--------------|----------------|--------------|----------|
| Aka        | Isotropic akaganeite   | 10.57  | 3.03   | 10.48  | 5.3 (1)      | -            | 57 (16)      | 25.1 (2)     | 202 (4)        | 0.327 (3) | 9.4 (2)  |
| Aka        | Anisotropic akaganeite |        |        |        |              |              |              |              | 92 (2)         | 0.156 (2)  | 11.8 (2) |
| Mag        | Maghemite              | 8.379  |        |        | 14.0 (1)     |              | 12 (3)       |              | n.a.           | 410 (9)    | 8.1 (2)  |
| Fer        | Ferrhydrite            | 5.69   | 9.03   | 1.7    | 4 (1)        |              | n.a.         |              | 410 (9)        | 0.594 (6)  | 7.7 (2)  |
| Comp       | Hematite 18(2)%        | 5.052  | 13.74  | 9.6    | 9 (2)        |              |              |              | n.a.           | 457 (9)    | 8.66 (7) |
| Comp       | Maghemite 82(8)%       | 8.357  | 6.6    |        |              |              |              |              | 420 (9)        | 0.327 (3) | 9.4 (2)  |

a, b, and c: cell parameters; D_XRD ¹ and D_XRD ²: crystallite sizes; D_TEM ¹ and D_TEM ²: particle sizes; S_BET: surface area; Vₚ: pore volume; D_p: pore diameter.
also after the impregnation step (Figure 2g,h). Moreover, some dark spots of about 10 nm, corresponding to the iron oxide NPs, are visible inside the mesopores of Comp, with no evidence of particles outside the matrix (white arrows in white arrows in Figure 2h).

Figure 2. TEM (a,c-h) and HRTEM (b) micrographs of Aka, Fer, Mag, silica support (Silica), and corresponding Fe$_2$O$_3$-silica composite (Comp).

The HRTEM micrographs of the Aka sample (Figure 2b and Figure S3) confirm the crystallinity of the particles and reveal the crystalline planes typical of akaganeite, i.e., [301]. In some cases, it is possible to observe the formation of nanotubes (Figure 2a inset, white arrows Figure S3). Moreover, as can be seen in Figure 2a and Figure S4, some small NPs of about 3 (1) nm are visible.

The Rietveld refinements of the XRD patterns (Figure S5) were performed on the basis of the information extracted from TEM analysis. The cell parameters, the crystallite sizes, and the relative fraction of the phases (for Comp and Aka) were determined (Table 3). The XRD pattern of Aka was refined by using two populations of akageneite particles: one referring to isotropic particles and one to those with anisotropic shape, for which isotropic and anisotropic-no-rules models [64] were used, respectively. A diameter for the isotropic model of 5.3 (1) nm was found, while, for the anisotropic one, a minimum dimension ($D_{XRD1}$) of 2.0 (6) nm and a maximum one ($D_{XRD2}$) of 25.1 (2) nm were obtained, corresponding to the $D_{11}$ and $D_{22}$ textural components, respectively. The lower crystallite size values, in comparison with those obtained for the particles by TEM, are probably derived from the presence of NPs made up of at least two crystallites close to each other. For Mag and Fer, an isotropic model was employed since it gave satisfactory outcomes, resulting in crystallite sizes of 14.0 (1) nm and 1.7 (3) nm, respectively, in good agreement with the TEM observations. Comp was found to be composed of 18% $w/w$ of hematite and 82% $w/w$ of maghemite, both featuring crystallite sizes between 7 and 9 nm, compatible with the mesopore size of the matrix.

In view of possible applications as adsorbents for ionic species from polluted water, the evaluation of the surface charge of the samples at different pH is crucial. Therefore, the zeta ($\zeta$) potential measurements on all samples (Figure 3) were performed. Comp features the lowest surface charge at acidic pH ($\approx$5 mV) and the lowest isoelectric point ($pI \approx 4.5$), mainly due to the high amount of silica, which features a low surface charge [65]. On the contrary, Mag presents higher $\zeta$-potential values ($>20$ mV) up to pH 5 and $pI \approx 7$. A higher
isolectric point is observed for Fer (pI ≈ 8.5) and Aka (pI ≈ 10), together with higher ζ-potential values when the surface is positively charged up to pH 7 (30–40 mV).

![Image of ζ-potential measurements of the sorbents.](image)

**Figure 3.** ζ-Potential measurements of the sorbents.

### 3.2. Effect of the pH in the As V and As III Test Removal by Fe III-Based Sorbents

To estimate the optimal pH value for the adsorption, the first experiment focused on the pH dependence of the As V and As III adsorption capacity of the adsorbents. Indeed, this process depends on the arsenic species present in the solution, as can be seen in the Bjerrum plot in Figure S6, and on the surface species and charge of the different sorbents as a function of the pH (Figure 3 and Figure S7), therefore several reactions are possible (Figure S8).

Different initial pH conditions were tested, namely pH 2, 3, 4, 6, and 8, at 100 mg L\(^{-1}\), employing 50 mg of sorbent and 20 mL of arsenic solution (Figure S4a, Table S4).

For As V, Aka is the most efficient one, with a removal capacity close to 100% in the whole pH 0 range. At pH 0 2 and 3, Fer also features high arsenic uptake (100% and 94%, respectively), but its efficiency drops to 56% at pH 0 4 and 50% at pH 0 6, finally reaching 23% at pH 0 8. A similar behavior, but with a more gradual worsening and lower performance, is observed for Mag (pH 0 2: As V removal = 68.5%; pH 0 8: As V removal = 16.2%) and Comp (pH 0 2: As V removal = 26.1%; pH 0 8: As V removal = 6.1%). The pH measure of the arsenic solution before contact with the sorbents (pH 0), immediately after the contact (pH fin), and after the batch tests (pH fin) reveals interesting information about the adsorption process (Figure S9). For Aka, a decrease in pH is observed, more consistent as pH 0 increases, while for Fer and Mag, an opposite trend can be depicted, with an increase of pH immediately after the contact of the solid with the solution, in particular at pH 0 4. For Comp, similar behavior is observed with the exception of pH 0 6 and 8, at which a decrease in the pH is observed. To discern whether the arsenic species or the sorbents themselves were the cause of the pH modification, all the sorbents were put in contact with water (pH ≈ 5.5), and the pH was measured immediately after. As can be seen in Figure S10, the pH of the solution containing Aka decreased to 3.09, probably due to the diffusion of Cl⁻ and H⁺ from the akaganeite channels toward the solution [30,66]. Other authors reported an opposite trend with an increase in the arsenic solution pH from 3.5 to 6, due to the contact with the akaganeite, but, unfortunately, no explanation was provided [24]. On the contrary, the other sorbents did not cause drastic pH changes. Indeed, only a slight increase was observed for Fer (pH 6.08) due to protonation of the surface hydroxyl groups by water molecules to form ≡FeOH₂⁺ and consequent release of OH⁻ (Figure S7) [38]. On the contrary, Mag
and Comp displayed a pH decrease (4.95 and 5.21, respectively), caused by the Lewis acid behavior of unsaturated surface Fe atoms in the first case [38], and the formation of $≡\text{SiO}^-$ in the latter one, both accompanied by a release of $\text{H}_3\text{O}^+$ (Figure S7) [67].

Figure 4. Adsorption capacity from batch adsorption experiments with 100 mg L$^{-1}$ As$^\text{V}$ (a), 500 mg L$^{-1}$ As$^\text{V}$ (b), 100 mg L$^{-1}$ As$^\text{III}$ (c), 500 mg L$^{-1}$ As$^\text{III}$ (d) solution at different initial pH ($\text{pH}_0$). Aka is expressed in black, Fer in blue, Mag in red, and Comp in orange. Conditions: 20 mL solution, 50 mg of sorbent, 25 °C, sorption time: 16 h. Further details on the adsorption experiments can be seen in Tables S4 and S5.

Considering the different behaviors of the sorbents in modifying the pH, the iron oxide and oxyhydroxides were put in contact with different As-free solutions to study the evolution of the pH ($\text{pH}_{\text{int}}$) and the zeta potential (Figure S10). The solutions were prepared by adding HCl or NaOH to Milli-Q water to obtain the pH$ _0$ 2, 3, 4, 6, and 8. Also in this case, Aka caused a pH reduction in the whole range, accompanied by a high and positive zeta potential (36–43 mV). Mag did not induce any substantial pH modification up to pH$ _0$ 4, but at pH$ _0$ 6 and 8, a pH reduction to 5.30 and 6.11, respectively, was observed,
with zeta potential values in the range 30–21 mV. Concerning Fer, at pH 0, 3, 4, and 6, an increase of pH to 5.58, 7.06, and 7.33, respectively, was depicted. In this case, contrary to what was observed in Figure 3, the zeta potential fell down to 0 mV, already at pH 0 with assumed negative values at pH 7.33 (−33 mV). This discrepancy can be ascribed to the lower ionic strength in this latter experiment that does not permit the formation of an electric double layer [38]. Indeed, in the tests reported in Figure 3, the sorbent dispersion pH was modified firstly with HCl down to pH 2, then increased with NaOH. The higher amount of Na⁺ adsorbed on the sorbent surface is permitted to have higher zeta potential values, confirming the role of the adsorbed ions in the sorbent properties and behavior.

The above discussion permits us to understand better the role of sorbents in arsenate removal. Indeed, the pH reduction for Aka, observed during the As⁵⁻ uptake tests, is caused not by the removal of arsenate but by the sorbent itself. In the case of Fer, Mag, and Comp, the change in the pH during the As⁵⁻ batch tests, is caused both by the surface chemistry of the sorbent and the arsenate solution equilibria. In fact, the increase in the pH, starting from pH 0, 3, is due to the protonation of the surface hydroxyl groups, but also involves the removal of arsenic species, as evidenced by the differences between pH_in and pH_fin. On the contrary, the decrease in the pH for Comp at pH 6 and 8 can be mainly ascribed to the deprotonation of the silica surface, since only a low amount of arsenate species is removed.

Therefore, it is worth noting that the pH_in order to estimate the surface charge and the arsenic speciation, is derived from the contact of the arsenic solution with the sorbent (pH_in Table S4), which in many cases differs from the initial pH value (pH₀ in Table S4). In this optic, the decrease in the As⁵⁻ uptake with the increase in pH_in agrees with the observed trends of the ζ-potential: a positive charge is found at acidic pH based on dominant $\equiv$FeOH₂⁺ species, and a negative charge is found at basic pH due to a majority of superficial $\equiv$FeO²⁻. This determines a different extent of interaction between the sorbent surface and the arsenate anions as a function of the pH [38]. The higher efficiency of Aka, featuring 100% of As⁵⁻ removal in the whole pH range, can be explained considering the pH_in instead of pH₀ since the sorbent itself drops it down to more acidic pH, where the oxyhydroxide is positively charged and works better (Figure S9). For Fer, only at pH₀ 2 and 3, pH_in remains acid, while for the other pH₀ values, neutrality or basicity was observed after the sorbent–As⁵⁻ solution contact. The decrease in As⁵⁻ uptake at pH₀ 8 can be easily explained considering the negative charge of the Fer surface (Figure 3). At pH₀ 4 and 6, corresponding to pH_in 6.5–6.8, we must consider that besides H₂AsO₄⁻, HAsO₄²⁻ is also already present in the solution (Figure S6), whose adsorption on the oxyhydroxide surface is less favored due to the release of worse leaving groups than those for H₂AsO₄⁻ (Figure S8, reactions +2A ⁄ +2B vs. +3A ⁄ +3B). A comparison between Fer and Mag reveals that pH_in is always higher for the first sorbent, with a different trend with respect to pH_in.

Since the two oxyhydroxides featured the best performances at 100 mg L⁻¹ toward As⁵⁻ removal, the tests were repeated employing 500 mg L⁻¹ as the starting concentration (Table S4, Figure 4b, Figures S11 and S12), to evaluate the pH-dependence in sorbent saturation condition. It is worth noting that, for Aka, pH_in was found to be quite close to pH₀, due to the high concentration of arsenate species, which act as a buffer solution. In this case, as for the other sorbents, it is possible to observe a decrease in As⁵⁻ uptake with increasing the pH₀, with adsorption capacity equal to 87 mg g⁻¹ at pH₀ 2 and 51 mg g⁻¹ at pH₀ 8. However, this decrease is not gradual, with almost constant values observed between pH₀ 2 and 4 and a higher worsening of the performances at pH₀ 6 and 8. If the surface charge is considered, one should expect a constant behavior of up to pH₀ 7, while we observed a drop already at pH₀ 6, as explained above due to the presence of HAsO₄²⁻ [15]. Moreover, at basic pH, the OH⁻ present in solution competes with the negatively charged arsenate species (Figure S6) [25], lowering the As uptake. For Fer, the trend of pH_in, pH_fin, and As⁵⁻ removal, is similar to what was observed at 100 mg L⁻¹. The results revealed a maximum adsorption capacity reached at pH₀ 2 equal to 71 mg g⁻¹, lower than that of Aka (87 mg g⁻¹). If qₑ values are normalized for the surface areas.
(Table 3), the arsenic uptake of Aka and Fer are 0.43 and 0.27 mg m$^{-2}$, respectively, probably caused by the preferential orientation of akaganeite nanotubes along specific directions, which can have higher concentration of active sites. In addition, this study afforded the same experimental conditions and confirmed the higher efficiency of both oxyhydroxides (Figure 4), if compared to oxides, due to the higher density of superficial hydroxyl groups and surface area [35]. Finally, if Mag and Comp are compared by normalizing the $q_e$ values for the active phases (Figure S13), their efficiency is similar, and in some cases higher for Comp, indicating the complete accessibility of the iron oxide inside the pores. Indeed, the ideal advantage in dispersing an active phase in porous silica may reflect higher chemical and mechanical stability and the possibility to modify the silica walls with other kinds of functional groups and/or active inorganic phases [35,68]. Conversely, one should evaluate the cost of producing such sorbents and the possible issues related to secondary silicon pollution [39]. As reported in Table S4, silicon was found after the adsorption tests, with concentrations that increase with the pH.

Regarding the adsorption of As$^{III}$ ($C_0 = 100$ mg L$^{-1}$), all the samples display a lower arsenic removal at pH 0, then an increase and a steady behavior in the pH range 3–8 (Figure 4b, Table S5), as already observed in the literature for akaganeite in this pH range [29]. The different behavior, if compared to As$^V$, is explained by the existence of neutral species (H$_2$AsO$_3$) up to pH 8, whose uptake is not affected by the surface charge of the sorbents (Figure S6) [25]. In this range, the most efficient sample becomes Fer, having removals close to 96% and an adsorbed amount of about 50 mg g$^{-1}$, higher than that of Aka (As$^{III}$ removal 80%, $q_e = 36$ mg g$^{-1}$). This result indicates that arsenious acid does not diffuse well inside Aka nanotubes, probably due to the absence of attractive electrostatic forces, indicating that not all of the akaganeite surface is available for As$^{III}$ uptake, in contrast with Fer. The evaluation of the effect of the contact between the sorbents and the As$^{III}$ solution on the pH (Figure S14) revealed a similar behavior when compared to the As$^V$ one, with some differences. For instance, the pH decrease, for Aka, at pH 0 is more significant, probably due to the absence of buffer effects from arsenite species (Figure S6). For Fer, Mag, and Comp, the discrepancy between the pH values is less important. Only small differences can be identified in the comparison with the As$^V$ adsorption. For instance, at pH 8, a decrease in pH$_{Fin}$ is visible, caused by the iron oxide itself (Figure S10).

The adsorbed amount normalized for the active phase for the sample Comp is lower if compared to Mag, contrary to what was observed for As$^V$ removal (Figure S15). Again, this result can be justified considering that the diffusion of As$^{III}$ species through the silica mesochannels is not favored due to the absence of attractive electrostatic forces, similar to what was observed for Aka. Concerning the secondary silicon pollution (Table S5), the comparison between As$^{III}$ and As$^V$ tests reveals that the phenomenon is limited in the case of the As$^{III}$ species, and the silicon release is mainly affected by the pH, probably due to a weaker interaction of arsenite with the sorbent. On the contrary, the Si release observed for the As$^V$ removal tests indicated that arsenate species play a crucial role, as already observed in a previous study [39], beyond a pH effect.

As for As$^V$ uptake, the As$^{III}$ removal was studied under sorbent saturation condition ($C_0 = 500$ mg L$^{-1}$) for the two oxyhydroxides (Figure 4d, Figures S16 and S17). Similar results to the 100 mg L$^{-1}$ tests were found in the arsenic uptake (but with a higher absolute adsorbed dose), in the pH$_{Inf}$ and pH$_{Fin}$ trends, as a function of the pH$_0$. The maximum values were reached at pH$_0$ 8, equal to 91 mg g$^{-1}$ and 144 mg g$^{-1}$ for Aka and Fer, respectively. The adsorbed amount normalized for the surface area results higher for Fer with respect to Aka in the whole pH range, supporting the idea of a reduction in the available surface-active sites for Aka due to the absence of diffusion of arsenious acid inside the nanotubes.

FTIR spectra acquired after As$^{III}$ and As$^V$ adsorption on Aka and Fer are reported in Figure S18. For Aka, the libration OH·Cl at 845 cm$^{-1}$ becomes less visible due to the appearance of a new band associated with the As-O stretching at 815 cm$^{-1}$ [25,26,34]. Concerning Fer, the As-O band is located at 790 cm$^{-1}$, indicating weaker binding if compared
with Aka. Furthermore, there is a strong reduction of the bands at 1500, 1330, 1065, and 850 cm$^{-1}$, ascribed to Fe-OH (Figure S18b), upon As adsorption. For both Fer and Aka, the As-O stretching band for As$^V$ adsorption is stronger than As$^{III}$, probably due to the involvement of a different number of As-O bonds [16].

Hence, even though in the literature there are studies devoted to As$^V$ and/or As$^{III}$ removal by both ferrihydrite [23,31–34] and akageneite [24–29], the differences in the experimental conditions hinder a comparison between them. Therefore, the evaluation of the most efficient oxyhydroxide is not straightforward, and, to the best of our knowledge, the current work is the first example of a direct comparison. Even though Aka features an As$^{III}$ uptake lower than that of Fer, it can be considered the most promising sample. In fact, it should be noted that the amount of As$^{III}$ is generally much lower than that of As$^V$ in aerobic environments [68]. Moreover, Aka can efficiently remove both As$^{III}$ and As$^V$ species in the whole pH$_0$ range (2–8).

3.3. Effect of Initial Concentration and Isotherm Modelling on the Adsorption of As$^V$ by Akageneite

To deepen the arsenic removal mechanism for the most promising sample, Aka, the adsorption of the As$^V$ species, which is more sensitive to pH with respect to As$^{III}$ ones in the pH range 3–8 (Figure S6), was studied under different initial concentrations (10–500 mg L$^{-1}$), contact time (10–960 min), ionic strength (NaCl 0–1M), and presence of competitors (sulphate, phosphate) at pH$_0$ 3 and 8 (Figures 5–7). Concerning the initial As$^V$ concentration effect, both at pH$_0$ 3 and 8, it is possible to observe a sharp increase in the adsorbed dose and then an almost steady behavior (Figure 5). When pH$_0$ is 8, the pH$_{int}$ drastically decreases to 3 for C$_0$ = 10 and 50 mg L$^{-1}$ (Table S6, Figure S19). As the initial concentration increases, the pH drop is less critical due to the buffer effect of the arsenate species present at higher concentrations. For instance, at 150 mg L$^{-1}$ the pH goes down from 8 to 6.5, and at 250 mg L$^{-1}$ from 8 to 7.3. Consequently, the adsorbed dose is lower if compared to the tests made at pH$_0$ = 3. The adsorbed dose vs. the equilibrium concentration (q$_e$ vs. C$_e$) plot was fitted with different isotherm models, namely Langmuir, Freundlich, Temkin, Redlich–Peterson, and Dubinin–Radushkevich, as described in the experimental section. The parameters are reported in Table 4.

**Figure 5.** Sorption isotherms of As$^V$ on Aka at pH 3 (left) and pH 8 (right). Conditions: 20 mL As$^V$ solution, 50 mg of sorbent dose, adsorption time: 16 h. The isotherms were fitted by Langmuir (red), Freundlich (blue), Temkin (green), Redlich–Peterson (pink), and Dubinin–Radushkevich (violet) model. The corresponding parameters of the adsorption experiments can be seen in Table S6.
concentrations, in 1:1, 10:1, and 100:1 molar ratios. The presence of competitors also influenced the pH strongly, leading to differences in the obtained $R^2$ values, by the Redlich–Peterson model, which is a hybrid between the Langmuir and Freundlich models, accounting for energetically equivalent or non-equivalent binding sites on the sorbent active-phase, respectively. In the literature, some articles reported isotherms fitted by the Langmuir model in an equilibrium concentration range of 0–70 mg L$^{-1}$ of competing arsenic, with a slight improvement (+14 mg g$^{-1}$) as also evidenced by the linearized plots in Figure 6. This behavior was also observed by other authors in their case instead of Na$^+$ as a competing ion.

Figure 7. Adsorption capacity from batch adsorption experiments with 250 mg L$^{-1}$ As$^V$ solution on Aka at different ionic strengths (a), sulphate concentration (b), phosphate concentration (c), solid/liquid ratio at pH 3 and pH 8. Conditions: 20 mL solution, 50 mg of sorbent dose, 25 °C, sorption time: 16 h. Further details on the adsorption experiments can be seen in Tables S9–S11.

If $R^2$ values are considered, the $q_e$ vs. $C_e$ tendency is better described, for both pH values, by the Redlich–Peterson model, which is a hybrid between the Langmuir and Freundlich models, accounting for energetically equivalent or non-equivalent binding sites on the sorbent active-phase, respectively. In the literature, some articles reported isotherms fitted by the Langmuir model in an equilibrium concentration range of 0–70 mg L$^{-1}$ at a pH range close to neutrality [24,26,30,35]. Nevertheless, some of these authors underlined that both the models are appropriate to describe the As$^V$ adsorption on akageneite, with only slight differences in the obtained $R^2$ values [24]. Moreover, other works report the Freundlich model to best describe the isotherm adsorption of As$^{III}$ on akageneite [29], or As$^{III}$/As$^V$ on ferrihydrite [29,31,32]. Therefore, our results (i.e., better fit by Redlich–Peterson model) suggest that both monolayer adsorption and heterogenous surfaces may coexist. A possible alternative interpretation for the isotherm at pH 0.3 consists in a change of the sorbent surface during the adsorption process as a function of the concentration. Indeed,
up to a certain critical concentration (i.e., $C_0 = 250 \text{ mg L}^{-1}$, $C_c = 75 \text{ mg L}^{-1}$) the best-fitting isotherm model is the Langmuir one, indicating the filling of free, energetically equivalent active sites. Then, for higher concentrations, a better agreement of the experimental data with the Freundlich/Temkin ones is observed, coherent with the formation of adsorbate multilayers or non-energetically equivalent As-O-Fe bonds. This phenomenon is not visible when the pH of the starting solution is 8, where the experimental data well follows the Langmuir model, and probably it is missed in the literature due to the differences in the investigated equilibrium concentration range and pH. Despite the Redlich–Peterson model seems to be the most suitable, the maximum loading estimated by the Langmuir (and Dubinin–Radushkevich) model is about 80 mg g$^{-1}$ at pH 3 and 50 mg g$^{-1}$ at pH 8 (Table 4), indicating a higher efficiency at acidic pH, in agreement with the results previously presented. Nevertheless, a higher removal was achieved at pH 3 for the highest initial As$^V$ concentration (89 mg g$^{-1}$, Table S6) that again can be justified by the presence of non-equivalent active sites, not described by the Langmuir model.

### Table 4. Isotherm fitting parameters for adsorption of As$^V$ onto Aka at pH 3 and 8.

| Sample | pH<sub>0</sub> | Isotherm | $R^2$ | $K$ (mg g$^{-1}$) | $q_m$ (mg g$^{-1}$) | $n$ | $b_T$ (kJ g mol$^{-1}$ mg$^{-1}$) | $\alpha_{RP}$ (L mg$^{-1}$) | $\beta_{RP}$ (kJ mol$^{-1}$) | $E_{ads}$ (kJ mol$^{-1}$) |
|--------|---------------|----------|------|-----------------|-------------------|----|------------------|-------------------|------------------|------------------|
| Aka 3  | L 0.93        | 6 (2)    | 80 (4) | -               | -                 | -  | -                | -                 | -                | -                |
|       | F 0.88        | 42 (6)   | -     | 0.15 (3)        | -                 | -  | -                | -                 | -                | -                |
|       | T 0.95        | 3 (2) $10^2$ | -     | 0.30 (3)        | -                 | -  | -                | -                 | -                | -                |
|       | RP 0.97       | 7 (3) $10^2$ | -     | 12 (6)          | 0.93 (3)          | -  | -                | -                 | -                | -                |
|       | DR 0.92       | 2.5 ($10^{-2}$) | 79 (4) | -               | -                 | -  | -                | -                 | -                | 4(1)             |
| Aka 8  | L 0.91        | 6 (2)    | 49 (2) | -               | -                 | -  | -                | -                 | -                | -                |
|       | F 0.68        | 28 (5)   | -     | 0.11 (4)        | -                 | -  | -                | -                 | -                | -                |
|       | T 0.75        | 1 (3) $10^3$ | -     | 0.6 (1)         | -                 | -  | -                | 6 (3)             | 1.00 (4)         | -                |
|       | RP 0.92       | 3 (1) $10^2$ | -     | -               | 6 (3)             | 0.30 (3) | -                | 6 (3)             | 1.00 (4)         | 4(1)             |
|       | DR 0.91       | 2.7 ($10^{-2}$) | 48 (2) | -               | -                 | -  | -                | 4(1)             | -                | -                |

L = Langmuir; F = Freundlich; T = Temkin; RP = Redlich–Peterson; DR = Dubinin–Radushkevich. * Constants units: $K_L$ (L mg$^{-1}$); $K_F$ (mg$^{-1}$/$n$ L$^{1/n}$ g$^{-1}$); $K_T$ (L mg$^{-1}$); $K_{RP}$ (L g$^{-1}$); $K_{DR}$ (mg L$^{-1}$).

The FTIR spectra of Aka (Figure S18c) reveal how the As-O stretching band becomes more intense as the starting arsenic concentration increases from 100 mg L$^{-1}$ to 250 mg L$^{-1}$, while the Fe-OH stretching band at 1360 cm$^{-1}$ disappears [26,34].

### 3.4. Effect of Contact Time and Kinetic Modelling on the Adsorption of As$^V$ by Akaganeite

The adsorption kinetics were studied at pH 0 3 and 8, in the contact time range 10–960 min, employing a starting As$^V$ concentration of 250 mg L$^{-1}$ (Table S7). This As$^V$ concentration was chosen to be high enough for the arsenate buffer to resist the pH drop caused by the sorbent at pH 8, but not too much to generate multilayer phenomena (monolayer sorbent saturation condition). The adsorbed dose at a specific time versus time plots ($q_t$ vs. $t$, Figure 6a) were fitted with the pseudo 1st and 2nd models, the latter one better fitting the experimental data, as also evidenced by the linearized plots in Figure 6b and Figure S20. The equilibrium adsorbed amount ($q_{eq}^{calc}$), obtained from the fitting with the pseudo 2nd model, is close to the experimental one, obtained already after 120 min of contact time (Table S8). Moreover, after 10 min, 80% of the removable arsenic is already adsorbed for the pH 0, indicating rapid reactions (Table S7). The $q_t$ vs. $t^{1/2}$ plots (Figure 6c) were fitted by the intraparticle diffusion model in two different steps, which account for two different adsorption mechanisms. The first one is associated with a faster adsorption process (diffusion of arsenate from the solution to the Aka surface), featuring the highest constant at both pH 0 ($k_i$) and ending at about 60–120 min. The second step, almost parallel
to the x-axis, corresponds to a slower uptake that takes place once the sorbent surface is enriched by arsenate species.

3.5. Effect of Added Salts as Competitors the Adsorption of As\(^{V}\) by Akaganeite

Since it is known that ionic strength affects the adsorption capacity, tests at pH\(_0\) 3 and 8, in monolayer sorbent saturation condition (C\(_0\) = 250 mg L\(^{-1}\)), were performed by varying NaCl concentration in the range 0–1 mol L\(^{-1}\) (Table S9, Figure 7a). For pH\(_0\) 3, the As\(^{V}\) uptake was almost constant, with just a small decrease with the increase in the NaCl concentration (−7 mg g\(^{-1}\)). On the contrary, a slight increase was observed at pH\(_0\) 8 that increased the ionic strength (+14 mg g\(^{-1}\)). This behavior was also observed by other authors [24], who hypothesized an increase in the surface charge due to the adsorption of cations (K\(^+\) in their case instead of Na\(^+\)) at basic pH, and a consequent increase in arsenate removal capability. This phenomenon does not occur at acidic pH due to the repulsion between the superficial FeOH\(^{2+}\) species and the cations in the solution. On the contrary, the attraction of anions from the solution might occur, leading to a slight worsening of the removal performance. The pH was also slightly affected by NaCl in the solution (ΔpH = +0.1 for a change of one order of magnitude in the molarity), regardless of the presence of arsenate species (Figure S10). This change is strictly related to the chloride ions since the presence of NaNO\(_3\) did not affect the pH in the same way (Figure S10). Indeed, the presence of chloride in the solution hinders the release of Cl\(^-\) and H\(^+\) from the akaganeite channels toward the solution [30,66].

With the aim of monitoring the As\(^{V}\) uptake with the presence of competitors, sulphate and phosphate were tested at different concentrations, in 1:1, 10:1, and 100:1 molar ratios with respect to arsenate, corresponding to 0.003, 0.033, and 0.334 mol L\(^{-1}\) of competitor concentration, respectively (Tables S10 and S11). The tests were conducted at both pH\(_0\) 3 and 8, with an initial arsenic concentration equal to 250 mg L\(^{-1}\). The results (Figure 7b,c) show that sulphate features at pH\(_0\) 8 have a similar behavior to what was observed for NaCl, with a slight improvement (+8 mg g\(^{-1}\)), but a higher adsorption decrease at pH\(_0\) 3 is observed (−27 mg g\(^{-1}\)), probably due to the doubled charge of sulphate anions with respect to chlorides. Conversely, the phosphate causes a drastic decrease in arsenic removal capacity at both pHs (−70 mg g\(^{-1}\) at pH\(_0\) 3, −48 mg g\(^{-1}\) at pH\(_0\) 8), as already observed [30]. This reduction is due to the chemical similarities between phosphate and arsenate for the superficial akaganeite active sites that should create a strong bond through inner-sphere complexation. On the contrary, outer-sphere complexes featuring water molecules between ligands and metal ions are found in the case of sulphate and chloride, which do not strongly influence arsenic adsorption. The presence of competitors also influenced the pH after the adsorption test (pH\(_{fin}\)). In the case of sulphate, there is no substantial change whether this ion is present or not, and a decrease in pH is observed. When phosphate is employed, its buffer effect stabilizes the pH, avoiding the decrease [27,30].

FTIR spectra of the sorbents after the tests reveal the presence of the bands associated with As-O (813 cm\(^{-1}\)), P-O (1030 cm\(^{-1}\)), and S-O (1112 cm\(^{-1}\)), and the disappearance of the Fe-OH band at 1360 cm\(^{-1}\) (Figure S18d).

4. Conclusions

In this work, a head-to-head comparison of the As\(^{V}\) and As\(^{III}\) removal ability of iron oxyhydroxides (akaganeite and ferrhydrite) and oxides (Fe\(_2\)O\(_3\) in the form of NPs and dispersed in a meso/macroporous silica matrix) in the pH range 2–8 are provided. Emphasis was devoted to studying the arsenic solution pH before the contact with the sorbents, soon after it, and at the end after the tests. The oxyhydroxides featured higher performances compared to the oxides in all the cases. In particular, akaganeite had higher As\(^{V}\) uptake (89 mg g\(^{-1}\) at pH\(_0\) 3 and 52 mg g\(^{-1}\) at pH\(_0\) 8) when compared with ferrhydrite, both in acidic and basic environments, thanks to the capability to decrease the initial pH, where the surface charge is high and positive. Concerning the As\(^{III}\) removal, elevated and steady uptake in the pH\(_0\) range 2–8 was found for ferrhydrite (≥95% at 100 mg L\(^{-1}\),
$q_e = 144 \text{ mg g}^{-1}$ at 500 mg L$^{-1}$ and pH$_0$ 8), which was higher than akaganeite ($\approx 80\%$ at 100 mg L$^{-1}$, $q_e = 91 \text{ mg g}^{-1}$ at 500 mg L$^{-1}$ and pH$_0$ 8). The steady behavior in the whole pH range was justified taking into account the presence of the neutral species H$_2$AsO$_3$, which is not affected by the surface charge of the sorbents, and, therefore, does not diffuse inside the akaganeite nanotubes. Finally, the iron oxide-porous silica composite featured similar performances for As$^V$ uptake compared to the bare maghemite, indicating complete accessibility of active sites inside the pores, but dropped down for As$^{III}$ due to the absence of electrostatic interactions between arsenic acid and iron oxide NPs within the pores. Further details on the adsorption of As$^V$ on akaganeite were obtained by studying the effect of initial concentration, contact time, ionic strength, and presence of competitors. The isotherm plots were best fitted with the Redlich–Peterson model, indicating the presence of energetically equivalent and non-equivalent active sites, especially at pH$_0$ 3, where a multilayer may form when the starting concentration exceeds 250 mg L$^{-1}$. The adsorption kinetics at both pH$_0$ 3 and 8 was fast and interpreted as pseudo second order, with the equilibrium reached after 120 min. The formation of outer-sphere complexes when electrolytes, such as NaCl and Na$_2$SO$_4$, are used can cause a slight increase in the removal performances at basic pH$_0$ and a decrease at acid ones, higher in the case of sulphate. On the contrary, the formation of inner-sphere complexes in the case of phosphate anions affected the arsenic uptake, ultimately hindering it when present in high concentrations (As:P molar ratio $= 1:100$).

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/nano12030326/s1. Figure S1: N$_2$-physisorption isotherms (left) and BJH-calculated pore size distributions (right) of the silica-based samples. Figure S2: N$_2$-physisorption isotherms of the iron oxide sorbents. Figure S3: TEM and HRTEM micrographs of Aka nanorods. Figure S4: TEM micrograph of Aka and magnification to highlight the small nanoparticles. Figure S5: Rietveld refinement of XRD patterns of the samples. Inset of crystal shape modelled from Popa rule equation. Figure S6: Bjerreum plot of arsenate (left) and arsenite (right) species reconstructed employing the dissociation constants of arsenic acid (pK$_{a1}$ = 2.20; pK$_{a2}$ = 6.67; pK$_{a3}$ = 11.53) and arsenious acid (pK$_{a1}$ = 9.23; pK$_{a2}$ = 12.13; pK$_{a3}$ = 13.40). Figure S7: Reactions of the sorbent surface in water. Figure S8: Possible reactions between the sorbent surface and arsenic species in water. Figure S9: Evolution of initial pH (pH$_0$), intermediate pH (pH$_{int}$) and final pH (pH$_{fin}$) for various starting pH (pH$_0$) for the sorbents with initial concentration of As$^V$ equal to 100 mg L$^{-1}$. Figure S10: pH of solution after contact with sorbents. Figure S11: Evolution of initial pH (pH$_0$), intermediate pH (pH$_{int}$) and final pH (pH$_{fin}$) for various starting pH (pH$_0$) for the sorbents with initial concentration of As$^V$ equal to 500 mg L$^{-1}$. Figure S12: Adsorption capacity from batch adsorption experiments with 500 mg L$^{-1}$ As$^V$ solution on Aka (black) and Fer (blue) at different initial pH (pH$_0$). Figure S13: Adsorption capacity from batch adsorption experiments with 100 mg L$^{-1}$ As$^V$ solution on maghemite and composite normalized for its active phase (28.3%) at different initial pH (pH$_0$). Figure S14: Evolution of initial pH (pH$_0$), intermediate pH (pH$_{int}$) and final pH (pH$_{fin}$) for various starting pH (pH$_0$) for the sorbents with initial concentration of As$^{III}$ equal to 100 mg L$^{-1}$. Figure S15: Adsorption capacity from batch adsorption experiments with 100 mg L$^{-1}$ As$^{III}$ solution on maghemite and composite normalized for its active phase (28.3%) at different initial pH (pH$_0$). Figure S16: Adsorption capacity from batch adsorption experiments with 500 mg L$^{-1}$ As$^{III}$ solution on Aka (black) and Fer (blue) at different initial pH (pH$_0$). Figure S17: Evolution of initial pH (pH$_0$), intermediate pH (pH$_{int}$) and final pH (pH$_{fin}$) for various starting pH (pH$_0$) for the sorbents with initial concentration of As$^{III}$ equal to 500 mg L$^{-1}$. Figure S18: FTIR spectra of akaganeite and ferrihydrate after arsenic removal. Figure S20: Sorption kinetics of As$^V$ on Aka at pH 3 and 8 fitted by linearized pseudo 1st order fitting. Table S1: Experimental parameters for adsorption tests. The sorbent amount was 50 mg and solution volume 20 mL for all the tests. Table S2: Hyperfine parameters obtained by fitting procedure of the $^{57}$Fe Mössbauer spectra of the sorbents. Table S3: FTIR bands of the sorbents. Table S4: Batch experiments results of the sorbents at initial concentration of 100 or 500 mg L$^{-1}$ of As$^V$ at various pH. Volume of the contaminant was 20 mL and adsorption time was 16 h. Table S5: Batch experiments results of the sorbents at initial concentration of 100 or 500 mg L$^{-1}$ of As$^{III}$ at various pH. Volume of the contaminant was 20 mL and adsorption time was 16 h. Table S6: Batch experiments results of the sorbents at various initial concentration of of As$^V$.
at pH 3 and 8. Volume of the contaminant was 20 mL and adsorption time was 16 h. Figure S19: Evolution of initial pH (pH0), intermediate pH (pHint) and final pH (pHfin) (left) and ΔpH between intermediate and initial pH (right) at various As(V) initial concentration for Aka. Table S7: Batch experiments results of the sorbents at various contact time with As(V) at pH 3 and 8. Volume of the contaminant was 20 mL initial concentration of about 250 mg L⁻¹. Volume of the contaminant was 20 mL initial concentration of about 250 mg L⁻¹. pH0 is the pH of the solution before contact with the sorbent. Table S8: Linear pseudo 2nd order and intraparticle diffusion models fitting parameters for adsorption of As(V) onto Aka at pH3 and 8.

Table S9: Batch experiments results of the sorbents at different ionic strength with As(V) at pH 3 and 8. Volume of the contaminant was 20 mL initial concentration of about 250 mg L⁻¹. pHi is the pH of the solution before contact with the sorbent. Table S10: Batch experiments results of the sorbents at different sulfate competitor concentration with As(V) at pH 3 and 8. Volume of the contaminant was 20 mL initial concentration of about 250 mg L⁻¹.

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