Gene Expression Noise Facilitates Adaptation and Drug Resistance Independently of Mutation

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We show that the effect of stress on the reproductive fitness of noisy cell populations can be modelled as first-passage time problem, and demonstrate that even relatively short-lived fluctuations in gene expression can ensure long-term survival of a drug-resistant population. We examine how this effect contributes to the development of drug-resistant cancer cells, and demonstrate that permanent immunity can arise independently of mutations.

Gene expression is a stochastic process that enables genetically identical cells in the same environment to exhibit phenotypic variation \([1,3]\). This noise-induced non-genetic (epigenetic) variability can be beneficial to cell populations experiencing acute stress by providing a temporary basis for natural selection \([1,7]\).

Experimental observations suggest that gene expression is inherently associated with ‘epigenetic memory’, defined by the fluctuation relaxation time of a gene product within a cell lineage. In human lung cancer cells, this relaxation time can be as long as four generations \([8]\).

Brock et al. \([9]\) recently argued that epigenetic memory might accelerate tumour progression by contributing to the development of drug-resistant cancer cells. In this hypothesis, phenotypic variability from the noisy expression of gene X that confers resistance renders some cells (and their offspring) temporarily insensitive to the drug, thereby increasing the probability of acquiring a mutation conferring permanent immunity. In the present work, we develop a minimal model to study this phenomenon quantitatively.

To study how gene expression noise impacts the dynamics of isogenic cell populations under stress, we define the reproductive fitness \((W)\) as the number of offspring produced in the presence of the stressor (i.e. a drug) relative to that produced in its absence. For simplicity, we assume that all cells produce offspring at the same rate in the absence of the drug, and define the generation time \((t_D)\) as the time it takes for each cell to reproduce once. We set the generation time as unit time and report all time-scales relative to \(t_D\). We also assume that cells carry the gene X conferring drug resistance when its expression level \(x\) is sufficiently high, and that this gene is expressed stochastically in individual cells.

The effects of gene expression noise on populations under stress have previously been analyzed to explain why certain genes have high expression noise \([5,7]\). In these analyses, the dependency between gene expression and reproductive fitness was defined by the integral

\[
W(t) = \int w(x)p_x(x, t)dx, \quad (1)
\]

where \(p_x(x, t)\) is the probability distribution function (PDF) describing the concentration \((x)\) of the gene product across the population, and \(w(x)\) is the microscopic fitness function describing the effect of the drug on the fitness of cells with a given expression level. The basic concept is illustrated in Fig. 1(a) using a model where \(w(x)\) is described by the Heaviside step function, such that cells are unable to reproduce if their expression level is below a critical value, \(w(x \leq x_c) = 0\), and unaffected by the drug otherwise, \(w(x > x_c) = 1\). In this case, previous theoretical work \([5,7]\) concluded that high gene expression noise is beneficial at high drug-doses, since the fraction of cells expressing above a reproductive threshold \(x_c\) increases with the width of the initial expression distribution [Fig. 1(a)]. However, because \(p_x(x, t)\) is assumed fixed at the time of drug treatment, this conclusion is valid only for instantaneous selection effects. The analysis of prolonged stress exposure necessitates an approach where selection, inheritance and gene expression dynamics all contribute to the evolution of the population.

Population survival during prolonged drug exposure is a first-passage time problem. In the absence of mutations conferring permanent immunity, cells that survive the initial selection will eventually succumb to the drug since they cannot maintain high expression indefinitely. Consider a sub-population of cells with the same level of \(x\) above \(x_c\) [Fig. 1(b)]. The time interval in which
a given cell can reproduce is the first-passage (or sojourn) time $t_S(x)$, where the threshold $x_c$ represents an absorbing barrier. Although cells are initially identical, the expression of the drug-resistance gene evolves differently in different cells, and the time to reach the reproductive threshold is a random variable described by the first-passage time distribution $p_S(x,t_S)$ (Fig. 1b, inset). Since only cells with $t_S(x) > t_D$ reproduce, $w(x)$ in Eq. 1 is given by

$$w(x) = \int_{t_D}^{\infty} p_S(x,t_S) dt'_S,$$  

and the overall fitness of the population at time $t$ can be written as

$$W(t) = \int_{x_c}^{\infty} \left( \int_{t_D}^{\infty} p_S(x,t_S) dt'_S \right) p_x(x,t) dx.$$  

The population fitness in Equation (3) has an explicit solution only in special cases. Previous analyses [5–7] circumvented this problem, in part, by focusing on initial selection effects ($t \to 0$). However, even in this limit, it is also necessary to assume that all cells above the threshold contribute to fitness (i.e., $w(x) = 1$ for $x > x_c$).

To investigate more general cases, we used the Ornstein-Uhlenbeck (OU) process to model the level of gene expression in individual cells [10]. This process can be described by the Langevin equation

$$\frac{dx(t)}{dt} = \frac{1}{\tau} (\mu - x(t)) + c^{1/2} \xi_t,$$  

where $c$ and $\tau$ are the diffusion constant and the relaxation time, respectively, and $\xi_t$ is Gaussian white noise ($\langle \xi_t \rangle = 0, \langle \xi_t \xi_{t'} \rangle = \delta(t-t')$) [11]. The steady-state PDF of the OU process is a Gaussian distribution with mean $\mu$ and variance $\sigma^2 = c \tau / 2$. Without loss of generality, we set $\mu = 0$ and use the fluctuation time-scale $\tau$ to model the time-scale of epigenetic memory.

The fluctuation time-scale of gene expression has been determined experimentally in human lung cancer cells in terms of the ‘mixing time’ $\tau_m$, defined as the lag where the autocorrelation function has decreased by 50% [8]. The mixing time for the stationary OU process is $\tau_m = \tau \ln(2)$. The measured values of $\tau_m$ varied between 0.5 to 3.0 generations for different genes, corresponding to values of $\tau$ between 0.7 to 4.0 generations for the OU process.

First, we examined the effect of drug treatment on reproductive fitness after one generation time when the absorbing barrier is located at $x_c = 0$. In this case, the

![FIG. 1. Epigenetic effects on a cell population exposed to stress. (a) Schematic of instantaneous selection effects. (b) Schematic of generalized model. (c) Reproductive fitness at the time of first division $W(t = t_D)$ after the application of a stress (at $x_c = 0$) as a function of $\tau$ or $\sigma^2$ for fixed $\sigma^2$ or $\tau$, respectively. Analytical curves (solid lines) were obtained via numerical solution of Eq. (4). (d) $W(t = t_D)$ as a function of $x_c$ for high and low $\sigma^2$. $\tau$ and $\sigma^2$ are scaled by $t_D$. Dashed lines represent results obtained from Eq. 1, or equivalently Eq. 2 in the limit $\tau \to \infty$.](image1)

![FIG. 2. Effect of epigenetic memory $\tau$ on drug resistance at various timescales. (a) Top and bottom plots show population distributions corresponding respectively to short ($\tau = 0.5$) and long ($\tau = 10$) epigenetic memory and show the fraction of drug resistant cells (i.e., cells with $x > x_c$) after acute ($t = 0$) and a prolonged ($t = 10$) drug exposures (single realization of $10^6$ cells). (b) $W$ as a function of $t$ for various values of $\tau$. $t$, $\tau$ and $\sigma^2$ are scaled by $t_D$.](image2)
first-passage time PDF for \( x > x_c \) is given by \[12\]
\[
p_s(x,t_S) = \frac{x}{\sqrt{2\pi c}} \exp \left( -\frac{x^2 \exp(-t_S/\tau)}{2c\tau \sinh(t_S/\tau)} + \frac{t_S}{2\tau} \right) 
\times \left( \frac{1}{\tau \sinh(t_S/\tau)} \right)^{3/2}.
\] \[5\]

We evaluated the effects of varying the time-scale of epigenetic memory and the noise amplitude by numerical integration of Eq. \((3)\), using the steady-state OU distribution to describe the initial gene expression distribution. Figure \((1c)\) shows the results for fixed noise \((\sigma^2 = 1)\) and variable \(\tau\), and fixed time-scale \((\tau = 2)\) and variable \(\sigma^2\).

The time-scale of epigenetic memory significantly affects ‘acute’ reproductive fitness, even for very long fluctuation relaxation times. For example, when \(\tau = 20\), \(W\) is reduced to 0.4, compared with the value of 0.5 obtained (irrespective of the noise amplitude) in the permanent epigenetic memory limit \(\tau \to \infty\) [Fig. \((1c)\)]. For \(\tau = 2\), the reproductive fitness is approximately 0.2, and the majority of cells starting with \( x > x_c \) are unable to maintain above-threshold gene expression long enough to reproduce. In this case, the acute reproductive fitness remains constant, presumably because changing the noise amplitude for \( x_c = 0 \) does not change the fraction of cells with \( x > x_c \).

To examine cases where \( x_c > 0 \), it is necessary to use numerical simulations since a general closed-form solution of the first-passage time PDF is not available. For this purpose, we employed a population simulation algorithm \[13\] in which gene expression in each of \(N\) individual cells, \(x_i(t)\) for \(i = 1, \ldots, N\), is obtained by solving Eq. \((3)\) numerically \[14\]. In these simulations \((20\) realizations of \(10^4\) cells unless indicated otherwise\), cell division occurs when a deterministic cell cycle ‘clock’, which is reset at each division, reaches \(t_D\). Each cell keeps track of the time since its birth and can only advance its clock if they maintain gene expression above the threshold. Moreover, cells where \(x_i(t) \leq x_c\) are assumed to be fixed and unable to change their expression level \((i.e., \tau = \infty)\). Simulations were initiated by assigning, to each cell, random initial values of gene expression and the cell cycle clock from the steady-state distribution of the OU process and a uniform distribution \([0 : t_D]\), respectively.

Numerical calculations of fitness for \( x_c > 0 \) identified \(\tau\) as a critical determinant of population survival. Specifically, the fitness of a population with low gene expression noise can be greater than that of a population with high noise if the fluctuation relaxation time is sufficiently long. We observed this in simulations, shown in Fig. \((1d)\), with an increased threshold \(x_c\), for fixed time-scales \((\tau = 2\) or \(\tau = 5)\) and two different fluctuation amplitudes \((\sigma^2 = 1\) or \(\sigma^2 = 10)\). When the two populations had the same finite value of \(\tau\), we observed that increased gene expression noise always provides a fitness benefit (data not shown). However, as expected from Fig. \((1c)\), incorporating stochastic gene expression dynamics \((i.e., finite values of \(\tau\)) generally yields a significant reduction in fitness compared to the asymptotic permanent memory limit. The magnitude of this reduction is sensitive to both the value of the threshold \(x_c\) and the value of \(\tau\). This is illustrated in Fig. \((1d)\) where the fitness of the high noise population is greater than the low noise population only when the value of \(x_c\) is sufficiently high.

In our second case, we analyzed the long-term effects of varying the time-scale of epigenetic memory on population dynamics and reproductive fitness. For simplicity, we focus on the case where \( x_c = 0 \) and noise is fixed \((\sigma^2 = 1)\). Figure \((2a)\) shows representative gene expression distributions obtained after 10 generation times for short- and long-term epigenetic memory. When the fluctuation time-scale is short \((\tau = 0.5, \text{top panel})\), the number of cells that may reproduce \((i.e., \text{cells with } x_i(t) > x_c)\) is reduced over time since, on average, cells reach the absorbing barrier faster than they reproduce. Correspondingly, given enough time, the population will go extinct. This is not the case when memory is long \((\tau = 10, \text{bottom panel})\) and the birth rate exceeds the rate of loss at the absorbing barrier. In addition, the mode of gene expression distribution shifts to higher values, in resemblance of experimental observations \[7\].

Relatively short-term epigenetic memory can result in permanent drug resistance even in the absence of mutations. This is illustrated in Fig. \((2b)\), which shows how the reproductive fitness of populations with different memory time-scales evolve over time. In populations with long-term memory \((i.e., \tau = 5, 10,\) or \(\infty)\), the number of cells that may reproduce increases steady over time and settles in a steady-state where more than half of them reproduce every generation time \((i.e., W(t) > 0.5)\). Importantly, populations with memory at intermediate time-scales \((i.e., \tau = 1.5, 2,\) or \(3)\) may retain long-term viability and finite rates of reproductive fitness. Because the simulations involve finite populations, the outcome of a given realization cannot always be predicted. For example, when \(\tau = 1.5\), a viable population was observed to develop in 29% of the simulations while the population went extinct in the remaining 71% of simulations. While populations with short memory \((i.e., \tau = 0.5\) or \(1)\) eventually go extinct, several cell cycles were needed for the drug to fully effect all cells.

In the third and final case, we investigated the added effect of genetic mutations on the development of drug-resistance. A central element of the Brock et al. hypothesis is that temporary drug resistance due to slow fluctuations in gene expression may contribute to tumour development by increasing the overall probability that some cells acquire a mutation conferring permanent immunity. To model this scenario, we allowed each cell with an expression level above \(x_c\) the chance to mutate once per generation time. We denote this probability \(P_M\). If a cell acquired the mutation, it and its offspring were
permanently resistant to the drug, and the survival of a continuously growing population inevitable.

We first investigated the added effect of mutations on the re-emergence of a cancerous tumour under constant drug treatment. In these simulations, we chose $x_c$ such that the drug instantaneously removed 95% of the population, and measured the time it took for the remaining cells to double in number. Figure 3(a) shows the dependency of this doubling time on $\tau$ when $P_M$ is equal to 0.01 and 0.1. These mutation rates are unrealistically high biologically and were chosen to illustrate the effect of epigenetic memory in an extreme limit.

As expected, increasing the mutation probability significantly reduces the doubling time when the gene expression fluctuations are short-lived. Unexpected, however, the value of $\tau$ beyond which mutations do not have an additional effect is remarkably short despite the unrealistically high mutation rates. Specifically, the doubling time is more or less unaffected by $P_M$ when $\tau$ is roughly above 4 generations, corresponding to the upper range of mixing times observed experimentally [8].

We confirmed our results using a semi-realistic model of gene expression noise [14] where proteins are synthesized in irregular bursts at irregular intervals (Fig. 3(a), Inset). We also tested the effect of replacing the fitness threshold with a more realistic sigmoidal fitness function and found no qualitative difference (data not shown). In reality, gene expression dynamics may follow more complex kinetics than that of a simple mean-reverting process due, for example, to multistability and noise-driven switching [16, 17]. Our simulation results demonstrate that such complexity is not required for gene expression noise to have an significant impact on population dynamics under prolonged stress.

We also determined how the probability of remission depends on the mutation rate, the initial number of cancer cells with above-threshold expression, and the timescale of gene expression noise. In these simulations, the cancer is in remission if no cells have above threshold gene expression and have not acquired a mutation conferring permanent immunity within 10 generation times. As expected [Fig. 3(b)], the probability of remission is greatly decreased when the number of initial surviving cancer cells or the mutation rate is increased. Also, when $\tau$ is very short, remission is virtually guaranteed. However, the probability that a drug-resistant cell population will emerge can be quite substantial within the experimentally observed range of $\tau$. Even with a relative low mutation rate ($P_M = 0.01$) and 10 surviving cells, the probability of remission is only 42% when $\tau = 4.0$.

In summary, we have analyzed the effect of gene expression noise on the reproductive fitness of isogenic cell populations under stress as a first-passage time problem. By explicitly incorporating the ‘epigenetic memory’ of this noise (i.e., the fluctuation relaxation time), we have generalized previous theoretical work that explained the acute effects of noise amplitude but did not incorporate gene expression dynamics [5,7]. This generalization is important for two reasons. First, it has allowed us to demonstrate using a minimal model that gene expression noise with biologically realistic time scales has a significant effect on reproductive fitness under stress and is a critical determinant of population survival. Second, it enables theoretical and computational investigations of experimentally observed phenomena associated with prolonged stress exposure, including reversible shifts in gene expression distributions [7], and drug resistance. In this context, we have demonstrated that the time-scale of epigenetic memory required to develop a drug-resistant cell population independently of mutations is comparable to that measured for certain genes in human cancer cells [5]. Correspondingly, long-term population survival may not require specialized memory-conferring mechanisms. It might, for example, be achieved without a significant fitness cost through bursty gene expression.

An important next step is to confirm our findings using more realistic models of gene expression incorporating additional stochastic effects, such as partitioning errors [18], and correspondingly, to employ various analytical and numerical methods that may permit solution in these more complex cases (e.g. [19, 20]). We anticipate that future analysis of such models will provide a deeper understanding of epigenetic interactions between genes, drugs and population dynamics.

![FIG. 3. Effect of $\tau$ and $P_M$ on cancer cell populations undergoing prolonged drug treatment. a) Effect of $P_M$ on doubling time as a function of $\tau$ for an initial population of 1000 non-mutated cells with gene expression levels above a 95% drug threshold. Simulation results using burst model of gene expression [14] shown in the inset. b) Heat maps corresponding to (a) show probability of remission after 10 generations (100 realizations). $P_M$, $\tau$ and $\sigma^2$ are scaled by $t_D$.](image)
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