Questions for individual interviews with professionals

1. Can you tell me about your role with the Social Prescribing Service?
2. Could you describe how the service operates from your perspective?
   - Referral system and referral criteria
   - Support offered to service users
   - How service users ‘exit’ the service
3. In what ways has communication and partnerships between the Social Prescribing Service and the voluntary and community sector been established?
4. What do you see are the key strengths of the social prescribing model?
5. What have been the main challenges in delivering the service?
6. From your experience, in what ways at all do existing social prescribing services support marginalised members of communities (such as homeless, substance abusers, people on probation) in Glasgow?
7. What differences if any do you think the service could make to such people?
8. To what extent has the voluntary and community sector succeeded in providing support for marginalised members of communities in Glasgow?
9. Are there any recommendations you would offer for improving access to marginalised members of communities?

| Description                                                                 | Links Worker Programme                                                                 | SPRING                                                                 | mPower                                                                 |
|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------------------------|
| **Description**                                                            | Started as a pilot in 2014 as a way to support GPs in practices in Glasgow’s most deprived areas. Currently 34 link workers are attached to practices in Glasgow | SCHW in Scotland and HCLA in Northern Ireland teamed up to fund social prescribing schemes in 30 rural and urban areas, including Glasgow. | The mPower project supports social prescribing and eHealth interventions across borders in the West of Scotland. |
| **Theoretical framework**                                                  | Part of Deep End strategy to reduce health inequalities and reverse                     | Theory of change model                                                | Personalized well-being plans, supporting self-                        |
| Scheme location for this study | Glasgow Deep End general practice surgeries. | Community centres in Glasgow | Isles of Barra, N. and S Ulst, Benbecula, Harris and Lewis. |
|--------------------------------|---------------------------------------------|-----------------------------|---------------------------------------------------------------|
| Estimated Scheme duration      | Oct 2014 –                                   | April 2018-April 2023       | Late 2017-Dec 2021                                            |
| Funders                       | Scottish Government                           | The National Lottery Fund   | European Union’s INTERREG VA Programme, managed by the Special EU Programmes Body (SEUPB). Match funded by Scottish Government. |
| Management organisations      | Health and Social Care Alliance               | Scottish Communities for Health and Wellbeing (SCHW) in Scotland | NHS Western Isles employ the social prescribers. The SCVO manages communications with third sector. |
| Financial investment          | The Scottish Government paid each participating practice between around £50,000. Up to £17,500 is spent on adapting the Links Worker Programme into the surgery. | The National Lottery Fund provides £3 million in support. | The project budget is €8,700,000 (for all three regions) |
| Social prescriber location    | Based in general practice surgeries          | Based at voluntary and community organisations | Serve rural communities and based in regions. |
| Designated name of SPC        | Community Links Practitioner                  | Social Prescribing Advisors | Community Navigator |
| Patient criteria              | All patients over 18 registered with the general practice, including those with complex needs. Patients can be referred or self- | Adults over 18 who have been referred. Focus on patients with low level needs, e.g. social isolation, loneliness, physical activity. | Adults over 18, but predominantly over 65s with long term conditions. |
| Interview Date | Role                  | Programme                                  |
|----------------|-----------------------|--------------------------------------------|
| 01/04/2020     | Manager               | SPRING                                     |
| 05/04/2020     | GP                    | Deep End Practice                          |
| 07/04/2020     | Community link worker (CLW) | Community Link Worker Scheme              |
| 09/04/2020     | Community link worker (CLW) | Community Link Worker Scheme              |
| 20/04/2020     | Social prescribing advisor | SPRING                                    |
| 21/04/2020     | GP                    | Deep End Practice                          |
| 28/04/2020     | Manager               | Community Link Worker Scheme               |
| 28/04/2020     | Manager               | Third sector organisation                  |
| 28/04/2020     | Researcher            | Scottish Government                        |
| 01/05/2020     | GP                    | Deep End Practice                          |
| 05/05/2020     | GP                    | Deep End Practice                          |
| 07/05/2020     | Community volunteer   | Third sector organisation                  |
| 11/05/2020     | GP                    | Deep End Practice                          |
| 14/05/2020     | Community link worker (CLW) | Community Link Worker Scheme              |
| 29/05/2020     | Community volunteer   | Third sector organisation                  |
| 19/05/2020     | Researcher            | University                                 |
| 24/05/2020     | Manager               | mPOWER                                     |
| 26/05/2020     | Manager               | mPOWER                                     |
| 04/06/2020     | Community navigator   | mPOWER                                     |
| 11/06/2020     | Community navigator   | mPOWER                                     |
| 16/06/2020     | Community navigator   | mPOWER                                     |
| 18/06/2020     | Researcher            | University                                 |

- [GPs at the Deep End. Retrieved 28 August 2021, from:](https://www.gla.ac.uk/media/Media_513883_smxx.pdf)
- [SPRING Social Prescribing Project Evaluation Report 2019-20. Retrieved 28 August 2021, from:](https://www.tnlcommunityfund.org.uk/media/insights/documents/SPRING_EvaluationReport.pdf?mtime=20210618134201&focal=none)
- [About mPower. Retrieved 28 August 2021, from:](https://mpowerhealth.eu/about)
Key: Table of participants with dates of interviews and role description. All names are pseudonyms.