Quantum Gravity, Dynamical Energy-Momentum Space and Vacuum Energy

Lay Nam Chang, Djordje Minic, and Tatsu Takeuchi

Institute for Particle, Nuclear and Astronomical Sciences,
Department of Physics, Virginia Tech, Blacksburg, VA 24061, U.S.A.

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We argue that the combination of the principles of quantum theory and general relativity allow for a dynamical energy-momentum space. We discuss the freezing of vacuum energy in such a dynamical energy-momentum space and present a phenomenologically viable seesaw formula for the cosmological constant in this context.

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The origins of the cosmological constant remain shrouded in mystery and represent a central issue in theoretical physics. The question has assumed added urgency because of recent observations that it is small, positive, and clearly non-zero.

The cosmological constant problem seems to violate our prejudice about decoupling of short distance (UV) and long distance (IR) scales, which underlies the use of effective field theory. The cosmological constant \( \Lambda \) being interpretable both as the vacuum energy and as the scale of the observed universe, goes against this notion and suggests a mixing between UV and IR physics.

More specifically, the cosmological constant is the leading operator in the effective action describing the Standard Model (SM) coupled to gravity \( S_{\text{SM}} = \Lambda \int \sqrt{g} \), where on one side \( \Lambda \) is tied to the Hubble scale \( h \) as \( \Lambda \sim h^{-2} \), and on the other, it is directly related to the properly regulated sum of the vacuum modes \( \int d^3p \frac{1}{2} \hbar \omega_p \). The vacuum energy is also naturally interpretable as the minimum of the effective potential associated with the particle physics sector. The UV/IR mixing feature of the cosmological constant can be summarized by a numerical formula for the observed vacuum energy, i.e. the cosmological constant seesaw formula

\[
\epsilon \sim \frac{M_{\text{SM}}^2}{M_P}
\] (1)

involving the vacuum energy scale \( \epsilon \), the particle physics scale \( M_{\text{SM}} \sim 1 \text{ TeV} \), and the Planck scale \( M_P \). According to this formula, the dimension of the cosmological constant operator is drastically anomalous.

This formula is reminiscent of the well-known seesaw mechanism used to explain the smallness of neutrino masses. In this letter, we attempt to provide a framework for the putative cosmological constant seesaw mechanism that conceptually transcends the usual one used in effective field theories.

What could be the basic physics behind UV/IR mixing and the large effective anomalous dimension for the vacuum energy operator as indicated by Eq. (1)? One way to obtain the required scaling is by changing the momentum space measure in the sum over vacuum energy modes

\[
\int d^3p \, \frac{1}{2} \hbar \omega_p \implies \int d^3p \, \rho(p^2) \, \frac{1}{2} \hbar \omega_p
\] (2)

where the measure factor \( \rho(p^2) \sim p^4/M^4_P \), and \( \mu \sim M_{\text{SM}} \).

This measure in momentum space would on one hand imply a curved (and thus possibly dynamical) energy-momentum space \( \mathbb{R}^{3+1} \), and on the other hand the effective freezing of degrees of freedom with increasing energy, so that the increasing of the Planck scale would lower the value of the vacuum energy. This counterintuitive behavior is similar to the jamming behavior in non-equilibrium statistical physics, in which systems are found to freeze with increasing temperature. It has been argued that such “freezing by heating” could be characteristic of a background independent quantum theory of gravity.

To elaborate, we note that the usual space-time curvature is defined by the commutator of space-time covariant derivatives, \( [\nabla_a, \nabla_b] \sim R_{ab} \), and thus the energy-momentum space curvature is expected to come from the commutator of energy-momentum covariant derivatives. Given that momentum derivatives usually realize the position operator, we begin by examining algebraic structures in which \( [\hat{x}_a, \hat{x}_b] \neq 0 \). This in turn implies that the commutation relation between \( \hat{x}_i \) and \( \hat{p}_j \) is different from the canonical. Let us postulate

\[
\frac{1}{i\hbar}[\hat{x}_i, \hat{p}_j] = A(p^2) \delta_{ij} + B(p^2) \hat{p}_i \hat{p}_j.
\] (3)

The right-hand side is the most general form depending only on the momentum and that respects rotational symmetry. In our previous work, we had

\[
A(p^2) = 1 + \beta p^2, \quad B(p^2) = \beta'
\] (4)

with \( \beta \) and \( \beta' \) constant, which introduced a minimal length \( \hbar \sqrt{\beta} \) and suppressed the vacuum energy at short distances. Here, we allow for a more general form of \( A(p^2) \). Assuming that the momenta commute among themselves, \( [\hat{p}_i, \hat{p}_j] = 0 \), the Jacobi identity tells us that

\[
\frac{1}{i\hbar}[\hat{x}_i, \hat{x}_j] = -2(A + Bp^2) \frac{dA}{dp^2} \hat{p}_i \hat{p}_j.
\] (5)
where $\hat{L}_{ij} = (\hat{x}_i \hat{p}_j - \hat{x}_j \hat{p}_i)/A$ is the generator of rotations. Following [10] we may show that the time-evolution invariant phase-space volume in $D$-space dimensions is

$$\frac{d^Dx d^Dp}{A^{D-1}(A + Bp^2)}.$$  \hspace{1cm} (6)

Setting $B(p^2) = 0$ for simplicity, the vacuum energy density for a massless field will be

$$\int^\mu d^3p = 4\pi \int^\mu \frac{p^3}{A^3(p^2)}.$$  \hspace{1cm} (7)

The choice $A(p^2) = 1 + \beta p^2$ will render this expression finite, but by itself will not provide a solution of the cosmological constant problem. Note that $\rho(p^2) = A^{-3}(p^2)$, cf. Eq. (2), but even if $A^{-3}(p^2) \sim p^6/M_P^4$, which formally gives the required cosmological constant seesaw formula (provided $\mu \sim M_{SM}$), the effective Planck constant $\hbar(p^2) = \hbar A(p^2)$ blows up at very low momenta, which clearly contradicts observation. Thus the theoretical underpinnings of Eq. (4) cannot be just based on the minimal length commutators, which lead to a curved but static momentum space. Some other structure is needed and below we argue that the seesaw formula can be justified in a dynamical energy-momentum space.

The minimal length deformation of the canonical commutation relation leads to a non-canonical double-valued relation between the uncertainties for the position and momentum. This is graphed in Fig. 1 for the case studied in [10], Eq. (4), where

$$\delta x \delta p = \frac{\hbar}{2} \left(1 + \beta \delta p^2\right). \hspace{1cm} (8)$$

In particular, for large (i.e. trans-Planckian) momentum uncertainty, $\delta p \gg \mu_P = \beta^{-1/2}$, we have $\delta x \sim \delta p$, which encapsulates another feature of string theory in certain backgrounds [11]. The quantum properties of space-time geometry may be understood in terms of effective expressions that involve the space-time uncertainties:

$$g_{ab}(x) dx^a dx^b \rightarrow g_{ab}(x) \delta x^a \delta x^b.$$  \hspace{1cm} (9)

This can now be directly transferred to a local dynamical geometry of energy-momentum space

$$g_{ab}(x) \delta x^a \delta x^b \rightarrow G_{ab}(p) \delta p^a \delta p^b.$$ \hspace{1cm} (10)

The usual intuition that local properties in space-time correspond to non-local features of energy-momentum space (as implied by the canonical uncertainty relations) is obviated by this linear relation between the uncertainties in coordinate and momentum spaces.

A dynamical geometry of energy-momentum space suggests a new viewpoint on the cosmological constant problem that provides quite naturally the seesaw formula in $3 + 1$ dimensions and is consistent with relativistic invariance, but crucially requires a curved energy-momentum space. When quantum effects are turned on, one expects fluctuations of such a geometry and thus, in general, a foamy energy-momentum space. Of course, the idea of space-time foam is quite old [12] and is naturally expected in a quantum theory of gravity. What we are claiming is that an analogous "foaminess" extends to the energy-momentum space and is crucial for understanding the problem of vacuum energy.

If space-time is foamy due to quantum fluctuations [13], the fluctuations $\delta l$ will show up when we measure a distance $l$, in the form of uncertainties in the measurement. In other words, if one regards the elementary events partitioning the space-time volume into "cells," then the number of cells is bounded by the surface area of the spatial region (corresponding to the holographic scaling $(l/l_P)^2$ of black-hole physics), and each cell occupies a space-time volume of $(l^4)/(l/l_P)^2 = l^2/l_P^2 c$ on average. The maximum space-time resolution of the geometry is obtained if each clock ticks only once during the entire time period $l/c$. Then on average each cell occupies a space-time volume no less than $l^4/(l/l_P)^2 = l^2/l_P^2 \sim l^4$ yielding an average separation between neighboring cells no less than $l^{1/2}l_P^{1/2}$. This spatial separation is interpreted as the average minimum fluctuation $\delta l$ of a distance $l$. One of the important points of [13] is that in the case where space and time are treated on the same footing (that is, relativistically) the scaling of length in the simple holographic models of space-time foam is "Brownian," $\delta l \sim l^{1/2}l_P^{1/2}$. The crucial fact to note here is that $\delta l$ can be much larger than the natural Planck length scale $l_P$. Also, $l$ determines the observable size of space-time.

Given the linear relation between spatial and momentum fluctuations as implied by Eq. (9) in the trans-
Planckian region, $\delta x \sim \beta \delta p$, we can extend the foaminess in space-time to energy-momentum space. Thus we have a fully relativistically invariant 3 + 1 dimensional energy-momentum foam characterized by

$$\delta \mu \sim \mu^{1/2} \mu_p^{1/2}.$$  

From here it follows that the size of energy-momentum space, i.e. the energy-momentum cut-off scale $\mu$, is given by a seesaw-like formula $\mu \sim \delta \mu^2 / \mu_p$. Note that in complete analogy with the case of space-time foam the fluctuation of the energy-momentum foam $\delta \mu$ is much larger than $\mu_p$. Thus generally, the energy-momentum fluctuations are indeed trans-Planckian. However, due to the double-valued nature of Eq. (8), we have one very large (i.e. trans-Planckian) $\delta \mu_+$ and one very small (i.e. sub-Planckian) $\delta \mu_-$ such that $\delta \mu_+ \delta \mu_- = \mu_p^2 = \beta^{-1}$. See Fig. 1. Both of these values satisfy the fundamental relation of the energy-momentum foam $\delta \mu_+ \sim \mu_+^{1/2} \mu_p^{1/2}$ where $\mu_-$ and $\mu_+$ respectively represent the sub-Planckian and the trans-Planckian momentum cut-offs. As we can see, there is a seesaw relation between the sub-Planckian (IR) and the trans-Planckian (UV) momentum fluctuations and cut-offs:

$$\mu_- \delta \mu_+^2 \sim \mu_+ \delta \mu_-^2 \sim \mu_p^3.$$  

This relation is absolutely crucial, because if we take the lower value $\delta \mu_-$ (as we must, because the observed energy-momentum region is sub-Planckian) we are naturally led to a realistic seesaw formula for the energy-momentum cut-off $\mu_- \sim \delta \mu_-^2 / \mu_p$, and the vacuum energy $\epsilon^4 \sim \mu_+^4$. In particular, if we suppose that $\delta \mu_-$ is exponentially suppressed from the Planck scale (perhaps because of its relation to the hierarchy problem) so that it is of the order of $\delta \mu_- \sim M_{SM} \sim 1 \text{ TeV}$, then we have a natural solution of the vacuum energy puzzle, because the vacuum energy is determined as

$$\epsilon^4 \sim \mu_-^4 \delta \mu_-^8 / \mu_p^4.$$  

The vacuum energy naturally vanishes if the Planck scale $\mu_p$ is taken to infinity. In that case, one expects an extended symmetry that protects the zero value of the vacuum energy. This symmetry should be an essential feature of a non-perturbative formulation of quantum gravity.

The above see-saw formula, Eq. (12), could be understood physically by appealing to the linear relation between the space-time and energy-momentum uncertainties in the trans-Planckian region: $\delta x \sim \beta \delta p$. In that case, the growing uncertainty in position modes is related to the growing uncertainty in the momentum modes. This stretching of the trans-Planckian modes effectively causes the ‘jamming,’ or ‘freezing,’ of the low energy sub-Planckian modes so that the effective low-energy momentum shell is given by a naturally small $\mu_-$. Note that the trans-Planckian shell is invisible from the point of view of the low energy modes. In some sense the $\mu_-$ is the inner, and $\mu_+$ the outer horizon in the dynamical energy-momentum space.

A dynamical energy-momentum space will have significant phenomenological consequences. Among these would be how Eq. (8) could be accommodated in quantum field theory. The usual relation $\delta x \delta p = \hbar/2$, shown with a dashed line in Fig. 1, is a simple consequence of the fact that coordinate and momentum spaces are Fourier transforms of each other. The more one wishes to localize a wave-packet in coordinate space, the more momentum states one must superimpose. In the usual case, there is no lower bound to $\delta x$: one may localize the wave-packet as much as one likes by simply superimposing states with ever larger momentum, and thus ever shorter wavelength, to cancel out the tails of the coordinate space distributions. On the other hand, the deformed uncertainty relation Eq. (8), shown with a solid line in Fig. 1, implies that if one keeps on superimposing states with momenta beyond the Planck momentum $\mu_p = 1/\sqrt{\beta}$, the uncertainty in position $\delta x$ will cease to decrease and start increasing instead. The natural interpretation of such a behavior would be that the trans-Planckian modes ($p > \mu_p$) when superimposed with the sub-Planckian ones ($p < \mu_p$) will ‘jam’ the sub-Planckian modes and prevent them from canceling out the tails of the wave-packets effectively.

This ‘jamming’ mechanism explains why the effective UV cut-off for the calculation of the cosmological constant is the sub-Planckian $\mu_-$ and not the trans-Planckian $\mu_+ \sim \mu_p^2 / \mu_-$. The cosmological constant can be thought of as the contribution of the vacuum fluctuation diagram shown in Fig. 2(a) to the effective potential. Since the loop momentum $k$ can take on any value, both sub-Planckian and trans-Planckian momentum modes can be expected to contribute. However, due to ‘jamming,’ the contributions of the sub-Planckian ($\mu_- < k < \mu_p$) and trans-Planckian ($\mu_p < k < \mu_+$) modes cannot be simply added together as those due to independent degrees of freedom. Rather, they can be expected to ‘jam’ each other, and their contributions to cancel out, effectively lowering the UV cut-off from $\mu_+$ to

![Diagram](https://via.placeholder.com/150)
FIG. 3: Higgs contribution to the $W$ propagator. In non-unitary gauges, there is another diagram in which the $W$ propagator in the loop in (b) is replaced by that of a goldstone.

While we have proposed a specific realization of this behavior through a minimal length deformation, the fact that $\Lambda$ is as small as it is implies that such a cancellation must take place in any dynamical description involving gravity.

The lowering of the effective UV cut-off in Fig. 2(a) due to ‘jamming,’ or via any other mechanism for that matter, should also occur in diagrams with external legs, like those shown in Fig. 2(b), the only difference being the external momentum flowing through the diagram. Unlike Fig. 2(a), however, where the cancellation of the sub- and trans-Planckian contributions is almost perfect with the cut-off $\mu_{-}$ in the meV range, the external momentum must destroy the near-perfect cancellation and raise the effective cut-off to a much higher scale since the running of couplings due to diagrams such as Fig. 2(b) has already been observed.

Nevertheless, given that the effective cut-off for Fig. 2(a) is so small, it would be quite mysterious if the effective cut-offs for diagrams of the sort in Fig. 2(b) were much higher than the electroweak scale. Indeed, a hint of a low effective UV cut-off may have already been observed: it is well known that the preferred mass of the Standard Model Higgs boson obtained from a global fit to all precision electroweak data is lower than the direct search bound established by LEP2 and the Tevatron [14].

Recalling that the dependence of the SM predictions on the Higgs mass is logarithmic and enters via oblique corrections diagrams such as those shown in Fig. 3, one can interpret the Higgs mass itself as an effective UV cut-off rendering the SM predictions finite. Thus the low Higgs mass preferred by the SM fit could be a manifestation of a truly low effective UV cut-off.

It is clear that the proposed mechanism poses an alternative solution to the hierarchy problem without imposing supersymmetry, although the scheme could of course accommodate the additional symmetry. Details on this how this comes about, as well as phenomenological implications in other contexts, such as the Casimir effect, will be addressed elsewhere.

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