The Effects of 17-Methoxyl-7-Hydroxy-Benzene-Furanchalcone on the Pressure Overload-Induced Progression of Cardiac Hypertrophy to Cardiac Failure

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Abstract

We investigated the effects of 17-methoxyl-7-hydroxy-benzene-furanchalcone (MHBFC), which was isolated from the roots of *Milletia pulchra* (Benth.) Kurz var. *Laxior* (Dunn) Z.Wei (Papilionaceae) (MKL), on the progression of cardiac hypertrophy to failure in a rat model of abdominal aortic banding (AAB)-induced pressure overloading. Endothelial dysfunction is central to pressure overload-induced cardiac hypertrophy and failure. It would be useful to clarify whether MHBFC could prevent this dysfunction. The effects of pressure overload were assessed in male Sprague–Dawley rats 6 weeks after AAB using the progression of cardiac hypertrophy to heart failure as the endpoint. The AAB-treated rats exhibited a greater progression to heart failure and had significantly elevated blood pressure, systolic and diastolic cardiac dysfunction, and evidence of left ventricular hypertrophy (LVH). LVH was characterized by increases in the ratios of heart and left ventricular weights to body weight, increased myocyte cross-sectional areas, myocardial and perivascular fibrosis, and elevated cardiac hydroxyproline. These symptoms could be prevented by treatment with MHBFC at daily oral doses of 6 and 12 mg/kg for 6 weeks. The progression to cardiac failure, which was demonstrated by increases in relative lung and right ventricular weights, cardiac function disorders and overexpression of atrial natriuretic peptide (ANP) mRNA, could also be prevented. Furthermore, MHBFC partially rescued the downregulated nitric oxide signaling system, whereas inhibited the upregulated endothelin signaling system, normalizing the balance between these two systems. MHBFC protected the endothelium and prevented the pressure overload-induced progression of cardiac hypertrophy to cardiac failure.

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Introduction

Hypertension is a continuum that starts with a rise in blood pressure, evolves to left ventricular hypertrophy (LVH), proteinuria or endothelial dysfunction, and, insofar as it is not adequately treated or controlled, finally leads to the development of complications, the most relevant of which are stroke and heart failure [1]. Hypertensive disease is the most frequent background of LVH, and it is generally felt that anti-hypertensive treatment should not only lower blood pressure but also cause the regression of LVH [2]. Various noxious sequelae of cardiovascular diseases and conditions, such as coronary heart disease, stroke, congestive heart failure, and sudden death, are known to be aggravated by LVH [3]. Endothelial dysfunction is known to play important roles in the pathogenesis and progressiveness of hypertensive heart disease [4,5]. The pathophysiological mechanisms of endothelial dysfunction that are related to a decrease in the bioavailability of NO as well as to augmented ET-1 synthesis, release, or activity [6]. Thus, a subsequent decrease in NO bioavailability is fundamental to the LVH process. In hypertension, reduction of BP *per se* does not seem to restore endothelial function. Angiotensin receptor blockers and angiotensin-converting enzyme inhibitors have been shown to be especially beneficial [7–9]. There is current evidence demonstrating that the best drugs that achieve these goals are renin-angiotensin system blockers (ACEI or angiotensin-receptor blocking agents) and calcium channel blockers, as evidenced by three large trials, LIFE, ASCOT and ACCOMPLISH, with more than 40000 patients [1]. In animal models of hypertension, oxidative excess leads to endothelial dysfunction as evidenced by improvement of the impaired endothelium-dependent relaxation after use of antioxidants [10]. Oxidative excess in hypertensive patients leads to diminished NO [11] and correlates with the degree of impairment of endothelium-dependent vasodilation and with cardiovascular events [12]. Recently, increased attention has been focused on traditional Chinese herbal treatments because of their unique decrease in oxidative stress efficacy and little adverse reactions.
Millettia pulchra (Benth.) Kurz var. Laxior (Dunn) Z.Wei (Papilionaceae) (MKL) is a traditional Chinese medicinal herb that is extensively distributed in the Guangxi Province of China. Our previous studies have demonstrated that extracts of MKL roots have antihypertensive, antioxidative, and anti-inflammatory effects [13–16]. Additionally, the drugs of these previous studies were the total extracts of MKL roots, and MHBFC is a flavonoid monomer that was originally isolated from a 60% ethanol extract from MKL roots [17]. Previous studies have demonstrated that MHBFC could scavenge hydroxyl radicals and oxyradicals [18], enhance the cardiocyte survival rate in hypoxia/reoxygenation injury [19], and protect the heart against myocardial ischemia in vitro and in vivo [20]. Based on the above information, we hypothesized that MHBFC might be effective in the treatment of hypertensive heart disease. Here, for the first time, we investigated its effects on cardiovascular remodeling that is induced by a pressure overload as well as the potential mechanisms that are involved.

Materials and Methods
2.1: Chemicals
MHBFC (purity >95%) was isolated from MKL by the Department of Pharmacology, Guangxi Medical University. The abdominal aortic stenosis model using rats is a pressure-overload model that is similar to the progression of hypertensive heart disease. In this condition, LVH with myocyte hypertrophy and interstitial fibrosis develops in response to a sustained elevation of LV systolic pressure in the presence of systemic hypertension 6 weeks after abdominal aortic banding (AAB) [21,22]. Here, we investigated the effects of MHBFC on cardiac hypertrophy and cardiac failure that was induced by pressure overloading using AAB in rats, exploring the potential mechanisms that were involved in endothelial protection. From our data, we suggest that MHBFC might be effective in the treatment of hypertensive heart disease via the molecular pathways that are involved in endothelial protection.

Table 1. Oligonucleotide primers used for reverse transcription-polymerase chain reaction.

| Target gene | Accession no. | Primers (5’–3’) | Cycle program T (°C) | Length(bp) |
|-------------|--------------|-----------------|----------------------|-----------|
| ANP         | NM-012612    | F: GGC TCC TTC TTC ATC ACC AA R: TCT GAG ACG GGT TGA CTT CC | 52        | 268       |
| ET-1        | NM-012548    | F: TGG CTT TCC AAG GAG CTC R: GCT TGG CAG AAA TTC CAG | 58        | 394       |
| ECE         | NM-053596    | F: TGA GCA CCC TGA AAT GGA R: CTG CTG CTT GAA TGC CTC | 56        | 488       |
| β-Actin     | NM_031144.3  | F: AGG CAT CCT GAC CCT GAA GTA C R: TCT TCA TGA GGT AGT CTG TCA G | 60        | 389       |
| β-Actin     | NM_031144.3  | F: AAC CCT AAG GCC AAC CGT GAA AAG R: TCA TGA GGT GGT AGT CTG TCA GGT | 60        | 240       |

Table 2. Effect of MHBFC on heart rate (HR) and systolic blood pressure (SBP) in different groups during the course of the experiments (X ± S, n = 6).

| Group          | Heart rate (b.p.m.) | Systolic blood pressure (tail-cuff) (mmHg) |
|----------------|---------------------|-----------------------------------------|
|                | 0 week | 2 week | 4 week | 6 week | Sham | 0 week | 2 week | 4 week | 6 week |
| Sham           | 359±37 | 361±38 | 358±21 | 360±23 | 105.53±8.44 | 104.87±8.21 | 106.09±6.97 | 105.87±7.92 |
| Model          | 361±33 | 380±25 | 388±23*| 389±21*| 103.80±4.73 | 116.40±5.13*| 118.31±4.08*| 121.64±4.50*|
| MHBFC 6 mg/kg  | 365±32 | 372±20 | 372±20 | 371±26 | 104.19±4.93 | 113.18±4.17*| 111.20±3.94*| 110.02±3.62**|
| MHBFC 12 mg/kg | 356±29 | 373±26 | 369±29 | 365±29 | 104.55±5.74 | 110.55±6.97 | 107.97±7.32*| 107.08±8.31**|
| Lisinopril 15 mg/kg | 364±36 | 373±41 | 368±39 | 365±41 | 104.30±6.38 | 108.72±4.38**| 106.20±3.67**| 105.09±4.00**|

# P<0.05, *P<0.01 vs Sham group; **P<0.05, ***P<0.01 vs Model group.
with L-NAME 50 mg kg\(^{-1}\) AAB rats under our experimental conditions); AAB rats treated with lisinopril, an angiotensin-converting enzyme I (ACEI), 15 mg kg\(^{-1}\) 2.3: Hemodynamics and Cardiac Remodeling Index

Table 3. Effects of MHBFC on carotid ASBP, ADBP, AMBP and body weight in pressure-overload rats (\(\bar{X} \pm S, n = 6\)).

| Group          | ASBP (kPa) | ADBP (kPa) | AMBP (kPa) | body weight (g) |
|----------------|------------|------------|------------|-----------------|
| Sham           | 16.38±1.06 | 12.62±1.44 | 13.53±1.56 | 303.75±8.87     |
| Model          | 24.58±2.44 | 16.75±1.90 | 19.20±1.72 | 296.18±6.79     |
| MHBFC 6 mg/kg  | 22.23±1.06 | 14.40±1.46 | 16.57±1.05 | 297.81±6.57     |
| MHBFC 12 mg/kg | 19.43±2.57 | 13.53±1.52 | 15.85±1.27 | 296.20±7.93     |
| Lisinopril 15 mg/kg | 19.78±2.37 | 13.30±1.85 | 15.35±2.37 | 300.54±10.42   |

ASBP: aorta systolic blood pressure; ADBP: aorta diastolic blood pressure; AMBP: aortamean blood pressure.

Table 4. Effects of MHBFC on left ventricular function in pressure-overload rats (\(\bar{X} \pm S, n = 6\)).

| Group          | HR(beats/min) | LVEDP(kPa) | LVSP(kPa) | +dp/dtmax(kPa/s) | −dp/dtmax(kPa/s) |
|----------------|---------------|------------|-----------|-----------------|-----------------|
| Sham           | 382.3±32.0    | 4.02±1.24  | 15.90±1.99 | 432.00±44.96    | 404.62±38.46    |
| Model          | 411.7±33.2    | 1.18±0.93  | 19.72±1.75 | 533.95±35.82    | 482.58±29.57    |
| MHBFC 6 mg/kg  | 379.0±33.4    | 2.07±0.97  | 17.45±1.56 | 492.22±27.13    | 451.12±30.68    |
| MHBFC 12 mg/kg | 362.8±40.9    | 3.28±1.14  | 16.25±1.04 | 466.47±47.04    | 421.20±28.83    |
| Lisinopril 15 mg/kg | 366.7±32.1  | 3.05±1.03  | 15.85±1.94 | 464.85±38.06    | 419.80±19.97    |

HR: heart rate; LVSP: left ventricular systolic pressure; LVEDP: left ventricular end-diastolic pressure; +dp/dtmax: maximal rate of left ventricular systolic pressure; −dp/dtmax: maximal rate of left ventricular diastolic pressure.

briefly, the rats were anaesthetized with a 10% chloral hydrate (3 ml kg\(^{-1}\), intraperitoneal injection). Under sterile conditions, the abdominal aorta above the kidneys was exposed through a midline abdominal incision and constricted at the suprarenal level by a 4-0 silk suture tied around both the aorta and a blunted 22 gauge needle, which was then pulled out. A similar procedure was performed for Sham, without the ligature. The drugs were dissolved in distilled water and administered orally via a gastric tube. MHBFC or vehicle was orally administered once a day in 2 mL kg\(^{-1}\) for 6 weeks after surgery. At the last day of 0, 2, 4 and 6 weeks, the relevant transducer was connected to a MS 4000 biological signal quantitative analytical system (Longfleida Technology Co., Ltd.), conscious systemic blood pressure (SBP) and heart rates (HRs) were monitored by the tail-cuff method as we described previously [20], and the researchers blinded to the identity of the rats during the recordings. No significant difference was found among all of the experimental groups in body weight, SBP and HRs at 0 week.

2.3: Hemodynamics and Cardiac Remodeling Index

On day 42, all animals were anaesthetized with 10% chloral hydrate (3 ml kg\(^{-1}\), intraperitoneal injection), the right carotid arteries were cannulated with a polyethylene catheter that was connected to a Statham transducer, and the mean carotid pressures were measured.

Then, the polyethylene cannula was inserted along the right coronary artery into the left ventricle, and electrodes were plugged in the limbs for electrocardiography. The relevant transducer was connected to an MS 4000 organism signal quantitative analytical
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2.4: Histological Analysis

The hearts were immersion-fixed in neutral 10% buffered formalin, and paraffin sections (5 μm) were cut. The myocardial cross-sectional area and myocardial fibrosis were quantitatively analyzed with the Image J2× software. For the measurement of the cross-sectional area, 50 cells (per animal, in hematoxylin and eosin stain, ×400) from the left ventricular lateral-mid free wall (including epicardial and endocardial portions) were randomly selected and analyzed. Myocardial fibrosis in the tissue sections was quantitatively analyzed by morphometry in two ways (in Mason’s trichrome stained sections, ×100): (i) The perivascular fibrosis of arteries was evaluated in short-axis images of intramural arteries and arterioles (at least 10 per animal). The area occupied by the artery (A) and the area of fibrosis surrounding the artery (B) were traced and analyzed. The perivascular fibrosis index was defined as B/A. (ii) The collagen in myocardial interstitial spaces, excluding perivascular areas, was visualized, and the whole areas of the sections were scanned. The total interstitial fibrosis index was defined as the sum of the total area of collagen in the entire visual field, divided by the sum of total connective tissue area, plus the myocardial area in the entire visual field. All of the images were digitalized and transformed into binary images, and the areas occupied by collagen were calculated by an automatic area-quantification program in the Image J2× software.

After treatment for 6 weeks, the animals were killed, the sections at the same spot along the aorta were obtained and the structural changes of aorta were investigated using a light microscope. The total aortic area (TAA), lumen area (LA), cross-sectional area (CSA), aorta diameter (AD), luminal radius (L), and media thickness (M) of aorta were recorded under a light microscope, and the ratio of M/L was calculated.

2.5: Nitric Oxide, Endothelin-1, and Hydroxyproline Measurement

Within 30 s after collection, heparinized blood was centrifuged for 10 min at 3000 rpm, and all samples were stored at −80°C until assayed. Because of its instability in physiological solutions, most of the NO is rapidly converted to nitrite (NO₂⁻) and further to nitrate (NO₃⁻). Plasma levels of NO₂⁻/NO₃⁻ were measured using a NO detection kit according to the manufacturer’s instructions. Briefly, nitrate was converted to nitrite using aspergillus nitrite reductase, and the total nitrite was measured with the Griess reagent. The absorbance was determined at 540 nm with a spectrophotometer. ET-1 was measured using a rat Endothelin 1 Elisa kit (CUSABIO BIOTECH Co., Ltd.) according to the manufacturer’s instructions. The contents of hydroxyproline in cardiac muscle were measured using a commercial kit (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) according to the manufacturer’s instructions.
Figure 1. Representative figure of aorta remodeling in different groups. I: Sham group; II: Model group; III: MHBFC 6 mg kg\(^{-1}\) group; IV: MHBFC 12 mg kg\(^{-1}\) group; V: Lisinopril 15 mg kg\(^{-1}\) group. The hypertensive vascular remodelling was observed by increases in the area of the total aorta, aorta lumen and aorta cross-sectional, which could be prevented by treatment with MHBFC at all doses for 6 weeks.

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Figure 2. Effects of MHBFC on HW, HW/BW, LVW/BW, and RVW/BW in pressure-overload rats. (A) Representative figure of heart macroscopic image; (B–D) statistic results. I: Sham group; II: Model group; III: MHBFC 6 mg kg\(^{-1}\) group; IV: MHBFC 12 mg kg\(^{-1}\) group; V: Lisinopril 15 mg kg\(^{-1}\) group. Cardiac hypertrophy was characterized by increases in the HW/BW, LVW/BW, and RVW/BW ratios, which could be reversed by MHBFC at all doses for 6 weeks. The data are expressed as the mean±SD, n = 6. *P<0.05, **P<0.01 vs. Sham group; *P<0.05, **P<0.01 vs. Model group.

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2.6: Immunohistochemistry of Endothelial Nitric Oxide Synthase, Endothelin Receptor A, and Endothelin Receptor B Expression

Immunohistochemical staining was performed using an Ultra-Sensitive TM S-P kit according to the manufacturer’s instructions. Briefly, the sections were deparaffinized and microwave-treated for 10 min twice in 10 mM sodium citrate (pH 6.0). Endogenous peroxidase was blocked by incubating the sections in endogenous peroxidase blocking solution for 10 min at room temperature. Rabbit polyclonal antibodies against endothelial NO synthase (eNOS), endothelin receptor A (ET\textsubscript{A}), and endothelin receptor B

Figure 3. Effects of MHBFC on myocyte cross-sectional area, myocardial fibrosis, perivascular fibrosis, and hydroxyproline content in cardiac tissue of pressure-overload rats. (A) Representative figure of myocyte cross-section (HE stain, ×400); (B) statistic results of myocyte cross-section area; (C) representative figure of myocardial fibrosis (Masson’s stain, ×100); (D) statistic results of myocardial fibrosis; (E) representative figure of perivascular fibrosis (Masson’s stain, ×100); (F) statistic results of perivascular fibrosis; (G) Hydroxyproline content in cardiac tissue. I: Sham group; II: Model group; III: MHBFC 6 mg kg\textsuperscript{-1} group; IV: MHBFC 12 mg kg\textsuperscript{-1} group; V: Lisinopril 15 mg kg\textsuperscript{-1} group. The myocyte cross-sectional area, levels of myocardial and perivascular fibrosis, and the hydroxyproline content all increased significantly when compared with the sham-operated rats. MHBFC at dose of 12 mg/kg for 6 weeks could reverse all these pathological changes in LHV parameters, and MHBFC at dose of 6 mg/kg for 6 weeks could reduce the myocyte cross-sectional area and level of myocardial fibrosis. The data are expressed as the mean±SD, n = 6. *P<0.05, **P<0.01 vs. Sham group; *P<0.05, **P<0.01 vs. Model group.

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(ETB) proteins were used as primary antibodies in a 1:100 dilution at 4°C for 18 h. After washing three times with phosphate-buffered saline (PBS), sections were incubated with biotin-conjugated anti-rabbit secondary antibody for 1 min. The sections were then washed three times with PBS, treated with streptavidin-peroxidase for 10 min, and then washed again with PBS three times. Lastly, the specimens were incubated in diaminobenzidine for 5 min, followed by hematoxylin counterstaining. Images from all sections were acquired using a digital camera system. Confocal images were then transferred to a personal computer using the image analysis software package Image J 2×.

2.7: Reverse Transcription-polymerase Chain Reaction
Total RNA was extracted from the LV tissue of rats using TRIzol reagent according to the manufacturer's instructions. The total RNA was then converted to cDNA using reverse transcriptase with random hexamer priming. PCR was performed by standard methods, as described in a previous report [22], using synthetic gene-specific primers for ANP, ET-1, endothelin-converting enzyme (ECE), and β-Actin (Table 1). The parallel amplification of rat β-Actin was performed for reference, and the intensity of each band was quantified using densitometry. The intensity of each gene band was expressed relative to the intensity of each band was quantified using densitometry. The results were presented as the mean ± SD, and a statistical analysis was performed with the Sigma Stat (version 13.0) statistical program (SPSS Inc., Chicago, IL, USA). Differences between groups were tested for statistical significance using a one-way analysis of variance (ANOVA) performed with S-N-K posttest. Differences were considered statistically significant at P-values that were less than 0.05.

2.8: Statistical Analysis

The results were presented as the means ± SD, and a statistical analysis was performed with the Sigma Stat (version 13.0) statistical program (SPSS Inc., Chicago, IL, USA). Differences between groups were tested for statistical significance using a one-way analysis of variance (ANOVA) performed with S-N-K posttest. Differences were considered statistically significant at P-values that were less than 0.05.

Figure 4. Effects of MHBFC on lung index (LW/BW) in pressure-overload rats. I: Sham group; II: Model group; III: MHBFC 6 mg kg⁻¹ group; IV: MHBFC 12 mg kg⁻¹ group; V: Lisinopril 15 mg kg⁻¹ group. The data are expressed as the mean ± SD, n = 6. *P < 0.05, **P < 0.01 vs. Sham group; *P < 0.05, **P < 0.01 vs. Model group. doi:10.1371/journal.pone.0091834.g004

Figure 5. Effects of MHBFC on atrial natriuretic peptide (ANP) mRNA expression in LV tissue of pressure-overload rats. I: Sham group; II: Model group; III: MHBFC 6 mg kg⁻¹ group; IV: MHBFC 12 mg kg⁻¹ group. ANP is the molecular marker of heart failure. The ANP mRNAs were overexpressed compared with sham-operated rats, which could be completely reversed by treatment with MHBFC at all doses for 6 weeks. The data are expressed as the mean ± SD, n = 6. *P < 0.05, **P < 0.01 vs. Sham group; *P < 0.05, **P < 0.01 vs. Model group. doi:10.1371/journal.pone.0091834.g005

Results

3.1: Hemodynamic Effects of MHBFC
After applying AAB above the renal arteries, the HR and SBP didn’t show significant difference between the groups at 0 week but increased significantly at 2, 4 and 6 weeks compared with sham-operated rats. MHBFC, at the daily oral doses of 6 and 12 mg kg⁻¹ for 6 weeks, prevented increases in HR and SBP (Table 2). The carotid arterial pressure and cardiac functions were measured 6 weeks after AAB. As shown in Table 3, compared with those measurements in sham-operated rats, right carotid aorta systolic blood pressure (ASBP), diastolic blood pressure (ADBP) and aorta mean blood pressure (AMBP) were significantly elevated in AAB-treated rats. These features were prevented by treatment with MHBFC at all doses for 6 weeks. The measurements of the in vivo function of LV for all groups are shown in Table 4. Systolic cardiac parameters, including LVSP, +dp/dtmax and diastolic cardiac parameter –dp/dtmax, were all significantly elevated in AAB-treated rats. In contrast, LVEDP decreased significantly. These changes could also be prevented by treatment with MHBFC.

3.2: MHBFC Reverses the Aortic Remodeling that was Induced by a Pressure Overload
The hypertensive vascular remodeling of the upper thoracic aorta that was exposed to a pressure overload by narrowing the abdominal aorta was observed 6 weeks after AAB. The values of the ratio of the aorta in AAB-treated rats increased significantly compared with sham-operated rats. These changes could be prevented by treatment with MHBFC at all doses for 6 weeks (Table 5, Figure 1).
3.3: MHBFC Improves the Left Ventricular Hypertrophy Induced by a Pressure Overload

Results for all groups at 6 weeks after AAB are shown in Figure 2. LVH was characterized by increases in the HW/BW and LVW/BW ratios, whereas the BW showed no significant difference between groups (Table 3). The histology of the hearts from the AAB-treated rats showed that the myocyte cross-sectional area as well as the levels of myocardial and perivascular fibrosis all increased significantly compared with the sham-operated rats (Figure 3A–F). The hydroxyproline content reflected the collagen level in cardiac tissue, and the degree of myocardial fibrosis increased by 64.78% in AAB-treated rats when compared with sham-operated controls (Figure 3G). MHBFC at dose of 12 mg/kg for 6 weeks could reverse all these pathological changes in LVH parameters, and MHBFC at dose of 6 mg/kg for 6 weeks could reduce the myocyte cross-sectional area and level of myocardial fibrosis.

3.4: MHBFC Prevents the Progression of Hypertrophy to Cardiac Failure

The initiation and transition from LVH to heart failure in AAB-treated rats is characterized by right ventricular hypertrophy, pulmonary congestion and overexpression of ANP, which is a molecular marker for heart failure. [23] The RVW/BW (Figure 2D) and LW/BW (Figure 4) ratios were increased, and the ANP mRNAs (Figures 5) were overexpressed when compared with sham-operated rats. These changes could be completely reversed by treatment with MHBFC at all doses for 6 weeks.

3.5: Endothelial Mechanisms

A battery of tests was performed to investigate the endothelial mechanisms by which MHBFC reverses cardiac remodeling in the AAB-treated rats.

3.5.1: Nitric oxide pathway. The plasma NO levels of AAB-treated rats decreased significantly 6 weeks after AAB (P < 0.01), and this decrease could be prevented by treatment with MHBFC (Figure 6A). L-NAME (50 mg kg\(^{-1}\)), which is an inhibitor of NOS, could abolish these facilitatory effects of MHBFC. The data are expressed as the mean ± SD, n = 3–6. *P < 0.05, **P < 0.01 vs. Sham group; *P < 0.05, **P < 0.01 vs. Model group.

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Figure 6. Effects of MHBFC on plasma nitric oxide content (A), endothelial nitric oxide synthase (eNOS) protein (B and C) expression in cardiac tissue of pressure-overload rats. I: Sham group; II: Model group; III: MHBFC 12 mg/kg group; IV: L-NAME 50 mg/kg; V: MHBFC 12 mg/kg + L-NAME 50 mg/kg; M, marker. (C) eNOS protein expression tested with immunohistology stain in interstitial tissue of myocardium and intramuscular arteries in hearts. Compared with the sham-operated rats, the plasma nitric oxide levels and the eNOS protein expression levels in the AAB-treated rat hearts decreased significantly, and this decrease could be prevented by treatment with MHBFC at 12 mg kg\(^{-1}\). L-NAME at 50 mg kg\(^{-1}\) could abolish these facilitatory effects of MHBFC. The data are expressed as the mean ± SD, n = 3–6. *P < 0.05, **P < 0.01 vs. Sham group; *P < 0.05, **P < 0.01 vs. Model group.

3.5.2: Endothelin pathway. The plasma concentrations and the gene expression levels of ET-1 and ECE increased significantly...
6 weeks after AAB (P<0.01; Figures 7 and 8A). The cardiac tissue protein levels of ETA and ETB, as measured by immunohistochemistry, also increased significantly in the AAB-treated rats (P<0.01; Figure 8B–C). Thus, pressure overloading in the AAB-treated rats caused increased synthesis and release of ET-1, as well as increased expression levels of endothelin receptors. Treatment with MHBFC for 6 weeks significantly decreased the elevated plasma levels of ET-1, the overexpression of ET-1 and ECE genes, and the increased production of ETA and ETB proteins in cardiac tissue to nearly normal levels (Figures 8). Thus, MHBFC appeared to counteract the cardiac remodeling, which was induced by a pressure overload, by inhibiting the endothelin signaling system.

Discussion

Most hypertensive animals that are used in various models of hypertension develop cardiac hypertrophy leading to heart failure, which has been characterized extensively, parallel with the rise in blood pressure. Examples of such models are various types of hypertensive rats (in particular, the spontaneously hypertensive rat) and rats, guinea pigs or ferrets that are subjected to aortic or pulmonary artery banding [24]. In this model, the abdominal aorta is banded above the renal arteries in rats to induce cardiovascular remodeling and hypertension [25]. Early hypertension arises from the activation of the renin–angiotensin system (RAS), and compensatory LVH develops, which eventually leads to heart failure. In the present experiment, decompensatory cardiac remodeling was characterized by pulmonary congestion and right ventricular hypertrophy (RVH) 6 weeks after AAB [21,22]. This AAB rat model was characterized by LVH, LV functional disorders, pulmonary congestion, and RVH, along with hypertension.

MHBFC is a new compound that we have isolated and identified from a 60% ethanol extract of the MKL root. Our previous studies have demonstrated that extracts of MKL roots have antihypertensive, antioxidative, anti-inflammatory effects [13–16]. However, the possible clinical use of MHBFC for the treatment of hypertensive heart disease has not been studied. Using an aortic stenosis model, this study is the first to evaluate the improvement by MHBFC on cardiovascular remodeling induced by pressure overloading. The results suggest that MHBFC can prevent hypertension, cardiovascular remodeling, and the progression of cardiac hypertrophy to heart failure, which is induced by pressure overloading. Thus, MHBFC might be a suitable therapy for patients with hypertensive heart disease.

LVH has been recognized as an important cardiovascular risk factor. Hypertensive disease is the most frequent background of LVH, and it is generally felt that anti-hypertensive treatment should not only lower blood pressure but also cause the regression of LVH [2,26]. That MHBFC improved LVH in our study indicates that MHBFC is beneficial against hypertensive cardiovascular events; this result is promising because an antihypertensive drug that can decrease BP effectively does not necessarily mean that it can reverse LVH. LVH is one of the major causes of heart failure [27,28], and because ANP plays an important role in the regulation of cardiovascular homeostasis that maintains blood pressure, ANP has emerged as a potentially important clinical biomarker of LVH [29,30]. In the present study, the finding of pulmonary congestion, RVH, and the overexpression of ANP mRNAs indicated that cardiac functions were decompensatory in this rat model and that LVH progressed gradually to heart failure. MHBFC could effectively prevent this progression; therefore, MHBFC might be beneficial against hypertensive heart disease and congestive heart failure.

Hypertension evokes detrimental changes in the arterial vessel wall that facilitate stiffening and thus lead to a further rise in mean blood pressure, eventually causing heart failure [31]. Here, we observed hypertensive vascular remodeling of the upper thoracic aorta that was exposed to a pressure overload and systemic hypertension that was induced by narrowing the abdominal aorta;
these symptoms could be reversed by treatment with MHBFC. These results suggest that MHBFC can reverse both cardiac remodeling and vascular modeling.

The dysfunction of the endothelium has been implicated in the pathophysiology of different forms of cardiovascular disease, including hypertension, coronary artery disease, chronic heart failure, peripheral artery disease etc. The pathophysiological mechanisms of endothelial dysfunction were related to a decrease in the bioavailability of NO as well as from augmented ET-1 synthesis, release, or activity [6]. Because the dysregulation of the NO and endothelin systems is important in the pathogenesis of cardiac remodeling, restoring the balance between NO and ET-1 may be an attractive therapeutic strategy for cardiac remodeling. The pathogenesis of many cardiovascular diseases is associated
with reduced nitric oxide (NO) bioavailability and/or increased endothelial NO synthase (eNOS)-dependent superoxide formation. In the cardiovascular system, the signaling molecule NO, which is produced by the enzyme eNOS, has a crucial role in maintaining normal vascular function, which is mediated by its vasodilating capacity and through a variety of antiatherogenic effects [32,33]. There is evidence demonstrating that pharmacological interventions that are designed to increase eNOS-derived NO constitute a promising therapeutic approach for the amelioration of postinfarction ventricular remodeling and heart failure [34].

Endothelin (ET-1, in particular) is regarded as an autocrine/paracrine factor in the development of cardiac hypertrophy both in vivo and in vitro [35]. The actions of ET-1 are mediated through the activation of the G-protein-coupled ET\(_A\) and ET\(_B\) receptors, which are found in a variety of cells in the cardiovascular system. Based on the biological effects that are induced by ET-1, including profound vasoconstriction, proinflammatory actions, mitogenic, proliferative, and fibrotic effects, ET-1 is implicated as an important factor in the development of cardiac hypertrophy and heart failure [36,37]. ET-1 and the ET\(_A\) and ET\(_B\) receptors have been implicated in the pathogenesis of hypertension and in cardiac remodeling. For this reason, endothelin receptor antagonists, which are now becoming available, are being investigated as potential anti-proliferative agents [35].

In the present study, we found that MHBFC could improve the function of the NO signaling system through increasing the gene and protein expression of eNOS, resulting in augmented serum NO contents. This drug also modulated the endothelial signaling system by suppressing the synthesis and release of endothelin into the blood, which diminishes the expression of ET\(_A\) and ET\(_B\) in cardiac tissue, as well by as inhibiting the responses to endothelin.

In conclusion, the present study has shown that MHBFC offers cardiac antihypertrophic properties and helps maintain hemodynamic homeostasis. MHBFC counteracted cardiac hypertrophy and prevented the progression of cardiac hypertrophy to cardiac failure that was induced by a pressure overload. The molecular mechanism was related to its regulation of endothelial function, including the augmentation of NO release and inhibition of the ET-1 system. The further mechanisms that MHBFC interferes with the pressure overload-induced progression of cardiac hypertrophy to cardiac failure will be investigated in our further research, for example the eNOS knock-out mouse model will be used to clarify if the effects of MHBFC are eNOS dependent.

**Conclusions**

In conclusion, the present study has shown that MHBFC offers cardiac antihypertrophic properties and helps maintain hemodynamic homeostasis. MHBFC counteracted cardiac hypertrophy and prevented the progression of cardiac hypertrophy to cardiac failure that was induced by a pressure overload. The molecular mechanism was related to its regulation of endothelial function, including the augmentation of NO release and inhibition of the ET-1 system. The further mechanisms that MHBFC interferes with the pressure overload-induced progression of cardiac hypertrophy to cardiac failure will be investigated in our further research, for example the eNOS knock-out mouse model will be used to clarify if the effects of MHBFC are eNOS dependent.

**Author Contributions**

Conceived and designed the experiments: JH RH. Performed the experiments: JH XT XL QW SZ FX JJ. Analyzed the data: JH XT XL. Contributed reagents/materials/analysis tools: XT JJ XL RH. Wrote the paper: JH.
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