Corrective surgery for kyphosis in a case of Gaucher’s disease without history of vertebral compression fractures

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Abstract:

Introduction: Gaucher’s disease is a congenital metabolic disorder characterized by the accumulation of glucocerebrosidase in the reticuloendothelial system. Its clinical manifestations include splenomegaly, osteopenia, and pathological fractures. Cases of patients with kyphotic deformities caused by pathological vertebral compression fractures associated with Gaucher’s disease are well reported. However, there has been no report regarding surgical treatment of kyphotic deformity caused by Gaucher’s disease without compression fractures. In the present report, we describe surgical treatment for kyphotic deformity caused by Gaucher’s disease without a past history of vertebral compression fractures.

Case Report: The patient was diagnosed with Gaucher’s disease at the age of 15 months. The patient was a 10-year-old girl with progressive kyphosis (84° between T6 and L3, with T12 as the apical vertebra) without compression fractures. Although the patient had been treated using a brace since the age of 3 years, the kyphosis progressed to the point where corrective surgery was required. We initially performed T3-L3 posterior spinal fusion, followed by anterior fusion 3 months later, which corrected the kyphosis to 35°. Postoperatively, the patient suffered fractures of the upper and lower extremities but did not have spinal fractures.

Conclusions: Two-stage anterior/posterior combined correction and fusion was performed in a patient with kyphotic deformity caused by Gaucher’s disease without compression fractures. Because of bone fragility in Gaucher’s disease, careful selection of the fusion range and postoperative therapy was necessary.

Keywords: Gaucher’s disease, kyphosis, compression fracture, posterior fusion, anterior fusion, metabolic disorder, fusion.

Introduction

Gaucher’s disease is a congenital metabolic disorder characterized by genetically decreased activity of glucocerebrosidase whereby glucocerebroside accumulates in the reticuloendothelial system (the liver, spleen, bone marrow, etc.)1). It is an autosomal recessive hereditary disease. The prevalence rate is approximately 1/57,000 births2). The predominant clinical manifestations of Gaucher’s disease include splenomegaly, osteopenia, and pathological fractures.

Cases of patients with kyphotic deformities because of pathological vertebral compression fractures associated with Gaucher’s disease are well reported. To our knowledge, there has been no report regarding surgical treatment of kyphotic deformity caused by Gaucher’s disease without compression fractures3–5).

Case Report

History: At the age of 15 months, the patient developed hepatosplenomegaly and was diagnosed with Gaucher’s disease, subsequently receiving enzyme-replacement therapy. Kyphosis was identified at the age of 3 years, and the patient began brace treatment, however the kyphosis progressed.

Patient description: The patient was a 10-year-old female, 129-cm tall, weighing 30 kg, and menarche had occurred three months earlier (Fig. 1). She exhibited mild weakness of the lower extremities and was able to walk with support. X-ray imaging revealed a Risser sign 1, kyphosis of 84° be-
Figure 1. Patient’s appearance. Ten-year-old female with a humped back.

Figure 2. Preoperative radiograph. X-ray imaging showed kyphosis of 84° between T6 and L3 with T12 as the apical vertebra and kyphosis was corrected to 38° under traction. Local kyphosis was 51° between T11 and L1 with slight scoliosis in anteroposterior view.

Figure 3. (a) Computed tomography myelogram. (b) Magnetic resonance imaging. Anterior vertebral wedging was recognized between T11 and L1, with T12 as its center but without any apparent vertebral compression fractures. The patient did not have spinal canal stenosis either.

Surgery: Two-stage surgery was planned. First, T3-L3 posterior correction with T12 pedicle subtraction osteotomy was performed. We reinforced all the laminae using wires. The surgical time was 340 min, and the estimated blood loss was 1,198 ml. The patient developed pneumonia on the second day after surgery, but her symptoms improved within 5 days.

Three months after the posterior fusion procedure, anterior fusion was performed. T12 vertebra, L1-L2, and L2-L3 intervertebral discs were removed, and bone grafts were placed. The surgical time was 162 min, with an estimated blood loss of 218 ml. The patient’s physical status enabled immediate extubation after the surgery. She was discharged 14 days after the surgery.

Postoperative course: Six months after the surgery, the patient suffered right femoral, left big toe, right 3rd toe, right big toe, and left ankle malleolar fractures. After 4 years, she suffered right humeral and right index finger fractures. She underwent preventive surgery of the right humerus and left femur 5.5 years after the surgery.

Postoperative X-ray image findings: Kyphosis was corrected from 84° to 35° between T3 and L3 (Fig. 4a). Local kyphosis improved from 51° to 16° between T11 and L1. Six years after surgery, the kyphosis of T3-L3 remained at 39° without any progression. No vertebral fractures had occurred at the time of last follow-up (Fig. 4b).

Discussion

Gaucher’s disease makes the patient susceptible to thrombocytopenia, and thus to bleeding, bone fragility, and pathological fractures. It has been reported that if accumulated in the brain, lungs, or bronchi, glucocerebroside may cause convulsions and respiratory dysfunction. For successful surgery, it is essential to assess both the spine and overall physical condition of the patient and coordinate with the pediatrician and the anesthetist.

To the best of our knowledge, 10 cases of vertebral
kyphosis associated with Gaucher’s disease have been reported. Kyphosis was caused by compression fractures in eight of the 10 cases, with only two cases of kyphosis unassociated with compression fractures. In the two cases, reports included no record of surgery and gave no guidance as to the possible causes of kyphosis. As for the cause of anterior vertebral wedging, despite the absence of a past history of compression fractures, the condition may be attributable to repeated minor fractures or growth cessation of the end plate, because of glucocerebrosidase.

A surgical treatment strategy was essential because of vertebral body fragility and anterior vertebral wedging. Hence, we recognized the need for anterior-column reconstruction of the vertebral bodies. We chose to limit the range of fusion between the end vertebrae of the kyphosis to conserve mobile segments in the lumbar spine. This, however, poses a danger of compression lumbar fracture in the vertebrae adjacent to the fusion because of bone fragility. Finally, kyphosis correction was achieved, and the patient has had no particular episode regarding vertebral condition postoperatively. Because of bone fragility, careful selection of the fusion range and careful postoperative therapy was necessary.

Conflicts of Interest: The authors declare that there are no conflicts of interest.

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