Comparison of selected disinfectants efficiency against *Listeria monocytogenes* biofilm formed on various surfaces

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Abstract

*Listeria monocytogenes* is a main etiological factor of listeriosis, spread mainly by food products. In recent years, an increasing number of patients with listeriosis and an augmentation in *L. monocytogenes* antibiotic resistance, e.g. to penicillin and ampicillin, has been reported. The aim of the study was to characterise the *L. monocytogenes* strains isolated from fish-processed food products. Species identification, based on the multiplex-PCR reaction, was performed, and the genetic similarity of the isolates was analysed with the RAPD technique. The strains, in the form of planktonic cells and a biofilm, were subjected to drug-susceptibility analysis, and the effect of disinfectants on the bacillus cells was evaluated. All of the analysed strains were of the *L. monocytogenes* species. Three genetically distant strains were detected, i.e. Lm I, Lm II and Lm III. Approximately 66.6% penicillin-resistant and 66.6% cotrimoxazole-resistant strains were found. No erythromycin-resistant strain was detected. The Lm II strain was simultaneously resistant to four antibiotics, i.e. penicillin, ampicillin, meropenem and cotrimoxazole. The strongest biofilm was formed on aluminium foil and the weakest on rubber. The tested disinfectant antibiofilm effectiveness was related to the type of surface. The most effective agent was paracetic acid and hydrogen peroxide (elimination rate 5.10–6.62 log CFU × cm$^{-2}$ and 5.70–7.39 log CFU × cm$^{-2}$ after 1- and 5-min exposure, respectively) and the least—sodium hydroxide (elimination rate 0.52–1.20 log CFU × cm$^{-2}$ and 0.98–1.81 log CFU × cm$^{-2}$ after 1- and 5-min exposure, respectively). Further studies on a greater number of *L. monocytogenes* strains are recommended.

Keywords *Listeria monocytogenes* · Biofilm · Disinfectants · Fish · Antibiotic resistance

Introduction

*Listeria monocytogenes* is a Gram-positive, non-capsular, facultative anaerobic, rod-shaped bacterium (Sauders and Wiedmann 2007). It has the ability to grow in a wide range of pH and temperature conditions, as well as a reduced sensitivity to vacuum conditions and UV radiation (Fontana et al. 2015; Khan et al. 2013). *L. monocytogenes* is widely distributed in the natural environment, e.g. in the soil, sewage, surface waters and decomposing plant matter (Abdala 2013; Chambel et al. 2007). Food products, i.e. raw meat, fish, vegetables, fruits and dairy products, are a popular source of those pathogenic bacilli (Sauders and Wiedmann 2007). Secondary food contamination results from the bacteria ability to form a biofilm on the surface of equipment used in food processing plants (Colagiorgi et al. 2016; Sokunrotank et al. 2013). Within the biofilm produced, the microorganisms metabolic and physiological processes are regulated by auto-inducing quorum sensing (QS) signalling molecules (Garmyn et al. 2009). In the biofilm structure, the bacilli are characterised by an increased antibiotic- and disinfectant-resistance (Sokunrotank et al. 2013). This results from the biofilm specific
structure, which is stabilised by the so-called extracellular polimeric substances (EPS) that form the biofilm matrix (Sokunrotank et al. 2013). EPS is an important element that protects cells from drying, phagocytosis and the penetration of antimicrobial agents into the inner layer of the biofilm (Abdala 2013; Kozlwan 2011). The increasing resistance of microorganisms enforces the use of various methods of their elimination. Disinfection is one of them. It is performed by using physical or chemical methods. The procedure allows to reduce the number of bacilli to a certain level. The most commonly applied chemical disinfectants are the following: (1) halogens and their derivatives: hypochlorite, chloramine T, chlorine dioxide; (2) iodophors; (3) peroxygen compounds: hydrogen peroxide, peracetic acid; (4) ozone; (5) alcohols: ethyl, propyl, isopropyl; (6) formaldehyde and glutaric aldehyde; (7) surfactants; (8) quaternary ammonium compounds; (9) nitrogen compounds: polyamides; (10) organic and inorganic acids and their derivatives: acetic acid; (11) heavy metal compounds. Depending on the concentration, disinfectants may act bacteriostatic or bactericidally. Disinfectants may cause the following: (1) destruction of the cell wall; (2) damage to the cytoplasm; (3) oxidation of bacteria cell membrane, proteins, double bonds, enzymes, RNA and DNA, as well as sulphhydryl groups to oxidation of bacteria cell membrane, proteins, double bonds, (4) inhibition of active transport across the cell membrane (quaternary ammonium compounds); (5) protein coagulation and/or inhibition of their synthesis (aldehydes); (6) blocking the active enzyme centers (Baranowska et al. 2014).

The aim of the study was to characterise L. monocytogenes strains isolated from a fish processing plant. Species identification (via multiplex-PCR) and genetic similarity analysis (RAPD-PCR) of isolates were performed. The drug-susceptibility and the effect of disinfectants on the bacteria in both planktonic and biofilm forms were evaluated.

Material and methods

Material

The research involved 20 samples of raw material, semi-final and final product obtained from the fish processing plant (sampling in accordance with the PN-ISO 18593 norm) (Polish Norm PN-ISO-18593 2005).

Methods

Detection of L. monocytogenes in food samples

Isolation of L. monocytogenes bacilli from the samples was performed in accordance with the PN-EN ISO 11290-1: 2017 07 norm (Polish Norm PN-EN-ISO 11290–1:2017:07 2017). The samples were incubated in half-Fraser broth (24 h, 37 °C). Next, 0.1 ml of the suspension was transferred to the Fraser broth (9.9 ml, incubation: 48 h, 37 °C). A surface culture was initiated on the agar substrate for Listeria, according to Ottaviani and Agosti (ALOA) (MERCK), from the potentially positive samples, i.e. for which a black discoulouration of the substrate was reported (incubation: 24 h, 37 °C). The incubation was prolonged for another day, if there was no growth after the first 24 h. Plates with green-blue colonies, surrounded by an opaque zone, were used in the further analysis.

DNA isolation

Total genomic DNA was isolated from samples using a Genomic Mini AXE Bacteria Spin column kit (A&A Biotechnology, Poland), according to the manufacturer procedure.

Isolates identification (multiplex-PCR)

The PCR reaction was utilised to identify the isolates (Bubert et al. 1999). Two primer pairs were applied: L1/L2 and LM1/LM2 (Table 1) (Abdala 2013; Leclerq et al. 2010). Each 25 μL reaction volume contained 1 × PCR bufor (Promega); 25 mM MgCl₂ (Promega); 10 mM dNTP Solution Mix (Promega); 10 μM of each primer pair (Oligo.pl); 1 U Taq DNA polymerase (Promega); 2 μL template DNA and sterile, double-distilled water to volume. Amplification was performed as follows: one cycle of 2 min at 94 °C for initial DNA denaturation; 30 cycles of 30 s at 94 °C for denaturation, 30 s at 50 °C for annealing and 1 min at 72 °C for DNA extension. The last cycle was followed by a final extension step of 5 min at 72 °C.

The amplified DNA fragments were separated on 1.5% (w/v) agarose gel, in a TBE buffer, and detected by staining with Midori Green (NIPPON Genetics EUROPE gmbH). Molecular weights of the fragments were estimated using a 100–1000 bp DNA molecular marker (A&A Biotechnology, Poland). Listeria monocytogenes ATCC 7644 was used as the reference strain.

Genetic similarity evaluation (RAPD-PCR)

The isolates’ genetic similarity evaluation was performed with the RAPD technique (Random Amplification of Polymorphic DNA) (Park et al. 2012). The reaction was performed using the OPA-11 primer with the 5’–CAATCGCCGT–3’ sequence (Ozbey et al. 2006). Each 25 μL reaction volume contained 1 × PCR bufor with 2 mM MgCl₂ (Promega); 200 μM dNTP Solution Mix (Promega); 1 μM single OPA-11 primer (Oligo.pl); 1.25 U Taq DNA polymerase (Promega); 3 μL template DNA and water to volume. Amplification was performed as follows: one cycle of 1 min at 94 °C for initial DNA
denaturation; six cycles of 2 min at 30 °C for annealing and 1 min at 72 °C for DNA extension; 35 cycles of 15 s at 94 °C for initial DNA denaturation; 40 s at 37 °C for annealing and 35 s at 72 °C for DNA extension. The last cycle was followed by a final extension step of 10 min at 72 °C.

The amplified DNA fragments were separated on 2.0% (w/v) agarose gel, in a TBE buffer, and detected by staining with Midori Green. To evaluate the genetic similarity, a phylogenetic dendrogram was plotted in the CLIQS 1D Pro software (TotalLab). The clustering analysis was performed using the UPGMA hierarchical grouping technique (Unweighted Pair Group Method of Aritmic Means). Measures of genetic uniformity among recovered individuals were determined using the dice dissimilarity coefficient.

**Drug-susceptibility analysis**

The antibiotic susceptibility of the strains tested was determined using the disk-diffusion method. In the study, the strains’ susceptibility to penicillin (1 IU), ampicillin (2 μg), meropenem (10 μg), erythromycin (15 μg) and cotrimoxazole (1.25–23.75 μg) was evaluated. The prepared antibiograms were incubated at 35 °C for 20 h. After the incubation period, growth inhibition zones around the antibiotic discs were measured. The results were analysed in accordance with the EUCAST ver. 7.0 recommendations.

**Determination of the minimum bactericidal concentration of disinfectants**

To determine the value of the disinfectant minimum bactericidal concentration (MBC), against the tested *L. monocytogenes* strains and the *L. monocytogenes* ATCC 7644 reference strain, dilution series were prepared in hard water of composition compliant with the PN-EN-1276 norm (Krzywicka et al. 1993). Disinfectant concentrations of 0.001, 0.01, 0.05, 0.1, 0.5, 1.0, 2.0% and 0.1, 0.5, 1.0% were prepared for 1- and 5-min exposure, respectively.

A 20 μl sample of the tested strain suspension (0.5 on the MacFarland scale) was placed in the well of a titration plate, and 180 μl of the disinfectant, at the described above concentrations, was added. The disinfectant action was terminated after 1 and 5 min. For this purpose, 20 μl of the sample tested was transferred to 180 μl neutralising solution, i.e. nutrient broth (1000 ml), lecithin (3.0 g l⁻¹), histidine 1 (1.0 g l⁻¹), anhydrous sodium thiosulphate (7.84 g l⁻¹) and Tween 80 (30.0 g l⁻¹) (Krzywicka et al. 1993) and incubated for 2 min at room temperature. Next, 3 μl of the neutralised solution, for each concentration tested, was taken by a multi-channel pipette and cultured on the Columbia Agar with 5.0% sheep blood. The growth on a solid medium was evaluated after 24- and 96-h incubation (37 °C). The disinfectant concentration at which there was no bacteria development was considered as the MBC for a given dilution series.

**Biofilm formation by *L. monocytogenes* strains on various surfaces and the effect of disinfectants on the bacilli in the biofilm**

The surfaces tested included sterile elements made of rubber, stainless steel, polypropylene and aluminium foil (size: 10 mm × 20 mm). Suspensions of the tested *L. monocytogenes* strains and the ATTC 7644 *L. monocytogenes* reference strain, with a 0.5 optical density on the MacFarland scale, were prepared in test tubes containing 4 ml of sterile brain-heart (BHI) broth (Becton Dickinson). The surfaces tested were immersed in the suspension and transferred to a fresh sterile BHI broth every 24 h. After 72 h, the surfaces were rinsed twice with buffered saline (0.9% PBS; Avantor). These surfaces were used in evaluation of biofilm formation by examined strains and assessment of antilisterial effectiveness of tested disinfectants.

For the determination of ability to biofilm formation by tested strains, the surface with biofilm was placed in a tube containing 3 ml of PBS. Then sonication was performed using the sonicator Ultrasonic DU-4 (Nickel-Electro Ltd.). After sonication, serial tenfold dilutions of the obtained suspension were made and inoculated on the Columbia Agar medium with 5.0% sheep blood (Becton Dickinson), 100 μl on each. Twenty-four-hour incubation was made at 37 °C in the aerobic atmosphere, and the obtained result was presented as logarithm of the number of colony forming units (CFU) per 1 cm² of the surface tested.

The influence of four disinfectants, which contained the following: peracetic acid and hydrogen peroxide, quaternary ammonium compounds, sodium hydroxide or sodium hypochlorite as active compounds, was analysed. The surfaces tested, with a biofilm, were placed in disinfectant solutions prepared according to the PN-EN-1276 norm (Polish Norm PN-EN-1276 2000). The experiment included a 0.5% disinfectant concentration for both exposure times. After a given time, the surfaces were immersed in the neutralising solution and then sonicated for 10 min.

**Table 1**

| Primer | Primer sequence (5’ → 3’) | Target gene | Amplicon size [bp] |
|--------|---------------------------|-------------|-------------------|
| L1     | CAG CAG CGG CGG TAA TAC   | *rrs*       | 938               |
| L2     | CTC CAT AAA GGT GAC CCT   |             |                   |
| LM1    | CCT AAG ACG CCA ATC GAA   | *hlyA*      | 700               |
| LM2    | AAGCAC TTG CAA CTG CTC    |             |                   |

Precisely, the disinfectant concentrations were: peracetic acid 0.5%, hydrogen peroxide 0.5%, quaternary ammonium compounds 0.5%, sodium hydroxide 0.5% and sodium hypochlorite 0.5%.

The disinfectants were also tested in 2.0% concentration for 1- and 5-min exposure.

**Table 2**

| Disinfectant | Concentration | Exposure time/min | Suspension | CFU (log.10) |
|--------------|---------------|-------------------|------------|--------------|
| Peracetic acid| 0.5%          | 1                 | 100 μl     | 7.0          |
| Hydrogen peroxide| 0.5% | 1               | 100 μl     | 7.2          |
| Quaternary ammonium compounds| 0.5% | 1             | 100 μl     | 7.5          |
| Sodium hydroxide| 0.5% | 1            | 100 μl     | 7.8          |
| Sodium hypochlorite| 0.5% | 1             | 100 μl     | 8.0          |

For each disinfectant, three values were determined: CFU (log.10) for 1 min of exposure, and CFU (log.10) for 5 min of exposure, each from three repetitions of the experiment. The disinfectant concentrations were chosen based on the results of the disinfectants’ effectiveness on the removal of *L. monocytogenes* biofilm on the tested surfaces. The results of the disinfectant effectiveness are presented in Figure 1.
A series of tenfold dilutions was prepared in physiological saline, and a surface culture was initiated on the Columbia Agar with 5.0% sheep blood (bioMerieux); incubation at 37 °C for 24–48 h. The procedure was repeated three times with each strain tested L. monocytogenes strains treated with a solution in which the disinfectant was replaced with hard water, in equivalent volume, and was used as the control. The recovered colonies were counted and expressed as the logarithm of the number of colony-forming units (CFU) per 1 cm² of the surface tested. Logarithmic declines in the number of L. monocytogenes bacilli after disinfectant action, relative to the control, were calculated.

Additionally, the cell viability in the biofilm was evaluated microscopically, without and after the disinfectant treatment, using the LIVE/DEAD BacLight Bacterial Viability Kit (ThermoFisher).

Statistical analysis

The normality of data distribution was checked, based on the Shapiro-Wilk test, for the calculated logarithmic declines in the number of L. monocytogenes bacilli and the means for all strains tested were calculated. The results were statistically analysed with the two-way analysis of variance (ANOVA), and the comparisons of means were made with Tukey post hoc test \( p \leq 0.05 \) using Statistica 12.0 PL tools (StatSoft). The surface and disinfectant types were considered as the independent variables, while the logarithmic decline of bacteria number as a dependent variable.

Results

Isolates identification (multiplex-PCR)

The PCR reaction was performed on five isolates (Table 2). All isolates were confirmed to be L. monocytogenes, presence of the hlyA and rrs gene.

Genetic similarity valuation (RAPD-PCR)

The phylogenetic dendrogram of the bacilli tested (Fig. 1) indicates the presence of two major phylogenetic lines. Among the five L. monocytogenes isolates used in the study, three genetically different strains could be found. It was shown that two strains included genetically identical isolates (Lm II + Lm V and Lm III + Lm IV). Two of the most genetically similar strains were Lm I and Lm II. The level of their genetic similarity reached approx. 5.0%. The lowest level of genetic similarity, approx. 1.0%, was found between Lm I and Lm III strains.

Drug-susceptibility analysis

Penicillin- and cotrimoxazole-resistance were the most often reported among the strains tested. Resistance to penicillin (66.6% of strains tested) and cotrimoxazole (66.6%) was found in Lm I and Lm II strains. Resistance to ampicillin (33.3%) and meropenem (33.3%) was found in Lm II strain. There was no erythromycin-resistance reported among the studied population (Table 3). Three susceptibility profiles could be distinguished. The Lm II strain (profile II) was simultaneously resistant to four antibiotics (penicillin, ampicillin, meropenem and cotrimoxazole). The Lm III strain was sensitive to all antibiotics tested (profile III) (Table 3).

Determination of the minimum bactericidal concentration of disinfectants

The disinfectant concentration at which no growth of bacteria was observed after further culturing on the disinfectant-free substrate was considered as the MBC for a given series of dilutions. It was found that peracetic acid and hydrogen peroxide were the most effective in inhibiting the bacteria strains growth after 24-h incubation. The peracetic acid and hydrogen peroxide MBC value, during 60-s contact with the disinfectant, was 0.001% with the L. monocytogenes ATCC 7644 reference and Lm III strains and 0.01% for Lm I and Lm II strains. The MBC value increased (0.01%) with the Lm III strain after 96-h incubation. It was reported that the MBC value for 5-min exposure to peracetic acid and hydrogen peroxide, after 24- and 96-h incubation, reached 0.1% for all strains tested. As for the 60-s exposure, the bacilli growth inhibition was observed at 0.01% sodium hypochlorite concentration with L. monocytogenes ATCC 7644, Lm I and Lm III strains, and at 0.05% for the Lm II strain. An increase in the MBC value (0.05%) was observed with the Lm I strain after

| Isolate symbol | Sample specification | Collection date |
|----------------|----------------------|----------------|
| Lm I           | Semi-finished product; after smoking | 22 August 2016 |
| Lm II          | Semi-finished product; after smoking | 22 August 2016 |
| Lm III         | Semi-finished product; product ripening, warehouse prior to the confectionery hall | 06 September 2016 |
| Lm IV          | Semi-finished product; before cutting, confection hall | 06 September 2016 |
| Lm V           | Product; slices on a tray before packaging, confection hall | 06 September 2016 |
96-h incubation. A 0.1% MBC value, after 5-min exposure to sodium hypochlorite, was reported for all strains after 24- and 96-h incubation. As for quaternary ammonium compounds, the bacteria growth inhibition was reported at 0.01% concentration with the Lm II strain and at 0.05% with the remaining strains, for both 24- and 96-h incubation. On the other hand, the MBC value after 5-min exposure to the disinfectant was 0.1% for all strains tested and both incubation periods. It was found that sodium hydroxide was less effectively inhibiting bacilli growth in the biofilm formation. It was reported that the MBC value, after a 60-s exposure to the abovementioned disinfectant, was 1.0% with the L. monocytogenes ATTC 7644 reference and Lm III strains or 2.0% for the Lm I and Lm II strains. As for 96-h incubation, the MBC value increased to 2.0% with the Lm I strain. Growth inhibition after 5-min exposure to sodium hydroxide was found at 0.5% concentration for L. monocytogenes ATTC 7644 reference and Lm III strains and at 1.0% for Lm I and Lm II strains (Table 4).

Biofilm formation by L. monocytogenes strains on various surfaces and the effect of disinfectants on the bacilli in the biofilm

All tested strains formed biofilm on examined surfaces. Regardless of the strain, the highest number of L. monocytogenes was isolated from the biofilm on the aluminium foil and the smallest from the biofilm on the rubber (Table 5). Among the tested strains, the strongest biofilm was formed by the strain Lm I, for which the number of bacilli isolated from the biofilm ranged from 6.90 log CFU × cm⁻² on rubber to 7.99 log CFU × cm⁻² on aluminium foil (Table 5). In turn, the weakest biofilm was formed by the Lm III strain, for which the number of re-isolated bacteria ranged from 5.94 log CFU × cm⁻² from biofilms on rubber to 7.74 log CFU × cm⁻² from biofilms on aluminium foil (Table 5).

The obtained results showed differences in the antilisterial effect of disinfectants tested, depending on the active substance contained, surface type and exposure duration (Figs. 2 and 3).

Table 3  Drug-susceptibility evaluation and drug-susceptibility profiles of the tested L. monocytogenes strains

| Number (percentage) of strains resistant to antibiotics | Profile name | Drug-susceptibility profile | Number of strains |
|--------------------------------------------------------|--------------|------------------------------|-------------------|
| P—2 (66.6%) AM—1 (33.3%) MEM—1 (33.3%) E—0 (0.0%) SXT—2 (66.6%) | I            | R: P, SXT S: AM, MEM, E     | 1 (33.3%)—Lm I   |
|                                                        | II           | R: P, AM, MEM, SXT S: E     | 1 (33.3%)—Lm II  |
|                                                        | III          | R: --- S: P, AM, MEM, E, SXT| 1 (33.3%)—Lm III |

P: penicillin, AM: ampicillin, MEM: meropenem, E: erythromycin, SXT: trimethoprim/sulfamethoxazole, R: resistance, S: susceptible
After 1 min exposure, peracetic acid and hydrogen peroxide caused the greatest decreases in the number of cells isolated from the biofilm, i.e. from $5.10 \log \text{CFU} \times \text{cm}^{-2}$ (rubber) to $6.63 \log \text{CFU} \times \text{cm}^{-2}$ (stainless steel). The recorded logarithmic decrease in the bacteria number was significantly higher in comparison to all other compounds, regardless of the surface type, only with exception of aluminium foil (Fig. 2). On the other hand, the lowest reduction in the \textit{L. monocytogenes} bacilli number, recovered from the biofilm after 1-min disinfection, was recorded after applying sodium hydroxide on each surface. The recorded decrease values reached from $0.52 \log \text{CFU} \times \text{cm}^{-2}$ on aluminium foil to $1.20 \log \text{CFU} \times \text{cm}^{-2}$ on polypropylene; however, significant differences were observed only with peracetic acid and hydrogen peroxide-based disinfectants on all surfaces, quaternary ammonium compounds on stainless steel and with all tested disinfectants on aluminium foil (Fig. 2).

For sodium hydroxide, the greatest decrease in the \textit{L. monocytogenes} bacilli number isolated from the biofilm ($1.20 \log\text{CFU} \times \text{cm}^{-2}$), after 1-min contact, was found on the polypropylene surface. In turn, for quaternary ammonium compounds and for sodium hypochlorite, the greatest reductions of \textit{L. monocytogenes} in biofilm ($5.10$ and $3.84 \log \text{CFU} \times \text{cm}^{-2}$, respectively) were obtained on aluminium foil (Fig. 2). For paraacetic acid and hydrogen peroxide, the highest effectiveness against \textit{L. monocytogenes} ($6.63 \log \text{CFU} \times \text{cm}^{-2}$) was noticed on stainless steel (Fig. 2).

The lowest efficiency of majority of tested disinfectants (without sodium hydroxide) was demonstrated on the rubber surface (Fig. 2). Significant differences in the effectiveness of particular disinfectants, depending on the surface type, were found for the quaternary ammonium-based compounds,

\begin{table}[h]
\centering
\caption{Number of \textit{L. monocytogenes} isolated from biofilm on different surfaces}
\begin{tabular}{lccc}
\hline
Surface & \multicolumn{3}{c}{Number of bacteria \([\log \text{CFU} \times \text{cm}^{-2}]\)} \\
\hline
Strain & Rubber & Polypropylene & Stainless steel & Aluminium foil \\
\hline
Lm I & $6.90 \pm 1.26^*$ & $7.41 \pm 1.93$ & $7.10 \pm 0.95$ & $7.99 \pm 0.64$ \\
Lm II & $6.51 \pm 1.12$ & $7.90 \pm 1.40$ & $6.90 \pm 1.08$ & $7.82 \pm 1.21$ \\
Lm III & $5.94 \pm 1.66$ & $7.19 \pm 2.36$ & $6.20 \pm 1.87$ & $7.74 \pm 1.05$ \\
\hline
\end{tabular}
\end{table}

*Standard deviation
acting on the biofilm on rubber vs. stainless steel and aluminium foil and on polypropylene vs. aluminium foil, as well as for sodium hypochlorite acting on the biofilm on aluminium foil vs. rubber and stainless steel (Fig. 2).

Similarly to the 1-min contact, after 5-min exposure to the disinfectant, the highest decline in the cell number, i.e. 5.7–7.39 log CFU × cm\(^{-2}\), was reported for peracetic acid and hydrogen peroxide, regardless of the surface type. A significantly greater logarithmic decrease in the bacteria number was recorded on each surface in comparison to other agents, except the quarternary ammonium compounds acting against biofilm on stainless steel and aluminium foil (Fig. 3). On the other hand, the lowest reduction in the number of bacilli isolated from the biofilm, after 5-min exposure to the disinfectant, was demonstrated for the sodium hydroxide-based agent, for each tested surface. The recorded decrease values reached from 0.98 log CFU × cm\(^{-2}\) (aluminium foil) to 1.81 log CFU × cm\(^{-2}\) (polypropylene). Significant differences in the decrease values were reported for sodium hydroxide vs. other tested disinfectants acting against biofilm on stainless steel and aluminium foil and vs. peracetic acid and hydrogen peroxide on rubber and polypropylene (Fig. 3).

For sodium hydroxide, the greatest decrease in the number of *L. monocytogenes* isolated from the biofilm after 5-min contact with the disinfectant (1.81 log CFU × cm\(^{-2}\)), similarly as for 1-min exposure, was found on the polypropylene. In turn, for quarternary ammonium compounds and sodium hypochlorite, the best antibiofilm activity (6.02 and 4.63 log CFU × cm\(^{-2}\), respectively) was stated on aluminium foil, just like in case of 1-min exposure (Fig. 3). For peracetic acid and hydrogen peroxide, the greatest decrease in the number of *L. monocytogenes* isolated from the biofilm (7.39 log CFU × cm\(^{-2}\)) was found on polypropylene.

After 5-min, the lowest efficiency of all agents tested against the biofilm of *L. monocytogenes* was demonstrated on the rubber surface (Fig. 3). Significant differences in the effectiveness of individual disinfectants, in regard to the surface type, were found only for the quarternary ammonium compounds and sodium hypochlorite, acting on the biofilm on aluminium foil vs. biofilm on rubber and polypropylene (Fig. 3). Moreover, the significant differences in the antibiofilm effectiveness were noticed for sodium hydroxide acting on aluminium foil vs. on polypropylene (Fig. 3).

The microscopic observations confirmed the results regarding the microbiocidal effectiveness of disinfectants obtained...
in classical culturing methods. Exemplary changes in the percentage of live and dead cells in the selected biofilm layer of *L. monocytogenes* produced on the rubber surface are shown in Fig. 4.

**Discussion**

In recent years, the number of patients with listeriosis has been increasing. Fresh and smoked fish are considered to be one of the main sources of pathogenic *L. monocytogenes* (Ertas and Seker 2005; Fallah et al. 2013). The increasing resistance of bacillia to antibiotics, e.g. penicillin and ampicillin, is a serious problem. The present study showed that 66.6% of strains were penicillin- or cotrimoxazole-resistant. It was also found that 33.3% of strains were resistant to ampicillin. Abdollahzadeh et al. (2016) evaluated the susceptibility of *L. monocytogenes* strains isolated from seafood to eight antimicrobials, including penicillin, ampicillin and trimeroxazole. They found a high-resistance level of the strains tested to penicillin (n = 7/43, 16.3%) and ampicillin (n = 9/43, 20.9%). Opposite results were obtained by Gelbičová and Karpišková (2012), who did not report the presence of a penicillin-resistant strain among the isolates tested. Research conducted by Korsak et al. (2012) in the Polish food processing environment showed that all isolates tested were ampicillin-sensitive. On the other hand, Majczyna and Białasiewicz (2006) found that no strain tested was resistant to cotrimoxazole. Approximately 33.3% of the tested population strains were resistant to meropenem. In a study by Ruiz-Bolivar et al. (2011), it was reported that 44.0% of strains were meropenem-resistant. In the present study, no strains with erythromycin resistance were found. Similar results were recorded by Korsak et al. (2012), who did not detect *L. monocytogenes* strains resistant to erythromycin. Doménech et al. (2015) showed that only two of the 69 samples tested were erythromycin resistant, and they originated from smoked salmon. Research conducted by Jamali and Thong (2014) confirmed the presence of erythromycin-resistant strains (6.3%).

Due to its ability to form biofilm on surfaces of various porosity, e.g. stainless steel, rubber, polypropylene and glass, *L. monocytogenes* poses a serious threat to the food industry.

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**Fig. 3** Bacilli number decrease (average for all tested strains) in the biofilm on the tested surfaces after 5-min exposure to various disinfectants (a, b, c, ...—values marked with different letters differ statistically significantly, K—average for all strains initial number of *L. monocytogenes* (prior disinfection) in biofilm on particular surfaces)
Doijad and Sukhadeo (2015) showed that after 24 h, the tested bacilli strains formed strong biofilms on surfaces used in the food industry, such as stainless steel, ceramic tiles, polypropylene and glass (microscopic examination). Also in the present study, it was shown that the strains formed a biofilm on the tested surfaces: rubber, polypropylene, stainless steel and aluminium foil after 24 h. It was shown that the number of living cells adhering to the surface of stainless steel was lower in comparison to the number of cells inhabiting polypropylene or rubber. The strongest biofilm was formed on aluminium foil surface. Poimeniodou et al. (2016) found that the surface type significantly influenced biofilm formation by L. monocytogenes. They reported that the average population size of biofilm cells on polystyrene (5.6 log CFU × cm$^{-2}$) was greater than on stainless steel (4.7 log CFU × cm$^{-2}$). Yun H. et al. (2010) showed that the number of reisolated L. monocytogenes after inoculation was the highest from aluminium foil, what confirmed our results.

Effective disinfection is an important aspect in food processing plants. The increasing resistance of microorganisms to commonly used agents, e.g. based on sodium hypochlorite or sodium hydroxide, is a serious problem. The present study evaluated the effectiveness of four disinfectants against bacilli cells in the biofilm formation. It was found that peracetic acid and hydrogen peroxide, as well as sodium hypochlorite, were the agents, which most strongly inhibited the growth of those organisms. It was reported that the MBC value for the Lm III strain increased (0.01%) after 96-h incubation, 60-s exposure to peracetic acid and sodium hydroxide. The observed increase in the MBC value after 96-h incubation may be due to the presence of damaged cells or cells with a reduced metabolism that needed time to regenerate and multiply. It was shown that the greatest logarithmic decline in the colony count, after the application of peracetic acid and hydrogen peroxide, was recorded on the polypropylene surface. Beltrome et al. (2015) reported that treatments with peracetic acid and sodium hypochlorite were effective in eliminating L. monocytogenes from the polyethylene cutting board used in a food processing plant. Lee et al. (2016), on the other hand, observed the highest antimicrobial activity of 0.5% peracetic acid against L. monocytogenes and S. aureus biofilm isolated from stainless steel surface in dairy plants. They also found that peracetic acid was ineffective against the cells adjacent to the polystyrene surface (Lee et al. 2016). In the other hand, Cabeca et al. (2012) reported a very high sensitivity of L. monocotogenes strains colonising a stainless steel surface to low concentrations of peracetic acid. In the present study, it was shown that sodium hypochlorite effectively eliminated bacilli in the biofilm formation from the surfaces tested, especially from stainless steel. An opposite result was described by Krysinski et al. (1999), who reported the lowest antimicrobial activity of this compound. Also, Chen et al. (2015) found that peracetic acid and sodium hypochlorite were ineffective against the studied microorganisms (L. monocytogenes, S. Typhimurium, E. coli) in the biofilm formation on the stainless steel surface. They found that dodecyl sulfate sodium salt (SDS) was the only agent which...
effectively eliminated the bacilli. The authors reported that all three pathogens studied could synthesise catalase, which protects the embedded cells, preventing the full penetration of hydrogen peroxide into the biofilm (Chen et al. 2015). In the present research, it was found that the effectiveness of quaternary chemical compounds was surface type-dependent. As for quaternary ammonium compounds, the highest logarithmic decline in the colony count, i.e. 5.01 log CFU × cm⁻², 5-min exposure, was recorded for the stainless steel surface, while the lowest, 3.14 log CFU × cm⁻², 5-min exposure, on the rubber surface. Pomainidou et al. (2016) found that quaternary ammonium compounds were more effective against the biofilm formed on polystyrene as compared to the one formed on stainless steel. In contrast, Ortiz et al. (2016) reported the resistance of bacilli to quaternary ammonium compounds caused by the long-term use of those particular disinfectants. In the present study, it was found that sodium hydroxide was the least efficient in eliminating *L. monocytogenes* strains. Similar results were reported by Chen et al. (2015), who claim that sodium hydroxide was ineffective in eliminating the biofilm formed by *L. monocytogenes, E. coli* or *S. typhimurium*. Common disinfectants, based on sodium hydroxide or hypochlorite, are becoming less and less effective, due to the increasing tolerance of bacilli. The use of optimised concentrations of various disinfectants, carefully selected depending on the surface type, seems to be a recommended solution. Also, the improvement of existing bacteria screening and elimination strategies, or the development of new ones, should be considered (Krysinski et al. 1999).

The increasing number of listeriosis cases and resistance of bacilli to antimicrobials and conventional disinfectants, including those based on sodium hydroxide, is an important public health problem. Major sources of bacilli are food products that are re-contaminated in food industry plants, e.g. at the raw product processing stage. Disinfectants commonly used in processing plants eliminate planktonic biofilm forms, but are not effective with the mature biofilm structure. The results of the present study provide preliminary information on fish contamination with potentially virulent *L. monocytogenes* strains. Nevertheless, further studies on a greater number of strains isolated from fish processing plants are recommended.

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