Restricted Differentiation Potential of Progenitor Cell Populations Obtained From the Equine Superficial Digital Flexor Tendon (SDFT)

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ABSTRACT: The aim of this study was to characterize stem and progenitor cell populations from the equine superficial digital flexor tendon, an energy-storing tendon with similarities to the human Achilles tendon, which is frequently injured. Using published methods for the isolation of tendon-derived stem/progenitor cells by low-density plating we found that isolated cells possessed clonogenicity but were unable to fully differentiate towards mesenchymal lineages using trilineage differentiation assays. In particular, adipogenic differentiation appeared to be restricted, as assessed by Oil Red O staining of stem/progenitor cells cultured in adipogenic medium. We then assessed whether differential adhesion to fibronectin substrates could be used to isolate a population of cells with broader differentiation potential. However, we found little difference in the stem and tenogenic gene expression profile of these cells as compared to tenocytes, although the expression of thrombospondin-4 was significantly reduced in hypoxic conditions. Tendon-derived stem/progenitor cells isolated by differential adhesion to fibronectin had a similar differentiation potential to cells isolated by low density plating, and when grown in either normoxic or hypoxic conditions. In summary, we have found a restricted differentiation potential of cells isolated from the equine superficial digital flexor tendon despite evidence for stem/progenitor-like characteristics. © 2015 The Authors. Journal of Orthopaedic Research Published by Wiley Periodicals, Inc. on behalf of Orthopaedic Research Society. J Orthop Res 33:849–858, 2015.

Keywords: tendon; progenitor; stem; equine; differentiation

INTRODUCTION

Sports participation, occupation, and aging increase the risk of tendon injury and degeneration in both humans and animals.1–3 In the horse, the superficial digital flexor tendon (SDFT) is commonly injured, resulting in lameness and reduced performance, particularly in athletic and racing horses.3 SDF tendinopathies are more prevalent with age, and age-related alterations to both fascicles and the interfascicular matrix of the endotenon alter the response of the SDFT to mechanical loading.4–6 Tendon injury and age-related degeneration results in particular patterns of matrix fragmentation that may affect the structural integrity of the tendon extracellular matrix and the microenvironment of tendon cells.7

The identification of a population of cells within tendon with stem cell-like characteristics8 holds potential for tendon regeneration. Tendon-derived stem/progenitor cells (TSPCs) have been identified in human, mouse,8,9 rat,10 and rabbit tendon.10 TSPCs possess similar properties to mesenchymal stem cells (MSCs) and have been identified by the expression of cell surface and stem-cell markers, and a capacity for self-renewal and multi-lineage differentiation. TSPCs are thought to be tenocyte precursors and can be induced to differentiate into osteocytes, chondrocytes, and adipocytes in vitro and in vivo.8–12

In mice, treadmill training has been reported to increase TSPC proliferation and to increase expression of the tenogenic marker scleraxis in epitelen fibroblasts.13,14 Cells obtained from the peritenon of mouse Achilles tendon demonstrated decreased clonogenicity compared to the tendon core and limited osteogenic differentiation.12 In the equine SDFT, peritenon cells displayed decreased clonogenicity and both osteogenic and adipogenic differentiation, but were reported to have increased proliferation and increased expression of progenitor cell markers.15 Tendons are relatively poorly vascularized16 and tendon cells reside within a hypoxic environment. Culture of TSPCs in 2% oxygen has been reported to increase proliferation but to reduce multipotency,17,18 whereas 5% oxygen reportedly both increases proliferation and maintains stemness.19

In this study, we aimed to isolate and characterize TSPCs from non-diseased samples of the frequently injured equine superficial digital flexor tendon. The equine SDFT primarily acts as an energy store during locomotion and performs a similar role to the human...
Table 1. Primer Sequences

| Gene   | Forward               | Reverse               |
|--------|-----------------------|-----------------------|
| CD90   | TGCTCCGAGACAAACTGGT   | CCGAGGTGTGTGAGGASTTG  |
| CD73   | CCAAGGAAAGGAGGAGAAC   | CCAAGGTTAATGTGAGCGGT  |
| TNC    | GTTTGAGATGCCGCCCCAGA  | AGCCCATAGTGTGGTGGCT   |
| SCX    | TCTGCCCTAGCAACAGAGA   | TCCGAAATGGCCCTTCTTC   |
| MKX    | GATGACGTAGTGAGGTTG    | TCCGCCAACAGGACAGGCC   |
| EGR-1  | CCACCATGGAACACTACCCT  | ATGTCAGGAAAAAGACTTGAGG|
| DCN    | GTCACAGAGACAGACCTACC  | TCACAAACAGGACACCTTAC  |
| OCT4   | GAGAAGGAGCTGATGACAGTG| GTGCCACGGGAAAGGATACC  |
| NANO   | CAGGGGATCTTTACAGACTG  | GGAAGAGGAGGAGGACAGT   |
| TNMD   | ACCTGACATGATGATGACAT  | CACCATCCTCTAAATGCTGT  |
| THBS4  | AATCCCTGACGACCCACCC   | GTAGCGGAGGAGCTTGGTT   |
| FABP4  | CAGAGGAGCAGGACACCTTC  | GCCACTCCACTTCTTCA     |
| PPARγ  | ATGGGTGAAGCTTGAGAGATT| GTGAATTCTTGAGAGCTGTGC  |
| LE   P  | CATTGAAAGCTTGCCATCCTC| AGACTGACCTGCTGAGA    |
| RUNX2  | GGGCACTGACAGAAGTTTCC  | TGGACCTGACAGAACAAA    |
| OMD    | CAAATCTCAACCCCTGGAAA  | CCTTCATGTCCTGTCCTCA   |
| ALP    | GTGATGAAATTGCCATCC    | GGATCCCCTCTCTCTGCA    |
| COL1A1 | CATGTTCCAGCTTGGAGACCTTGTGCAGACTT    | TGACTGCTGGAGATGCTCTCT  |
| DCN    | GTCACAGAGCAGACCTACC  | TCACAAACAGGACACCTTAC  |
| SOX9   | AGCAGACACACATCCTCCC  | GCGAGGAATGGAGCCATCGAGT|
| COL2A1 | TGAGCCATGAGACCTTCCTG  | CTGGACTGGGCGGCTC     |
| ACAN   | GCGGTACGAGATCAACTCCC  | CTGGACTGGGCGGCTC     |
| GAPDH  | GCATCGTGAGGAGGACTCA   | GCCACATCTTCCAGAGG     |

Figure 1. Comparison of the colony forming ability and marker gene expression of tenocytes and tendon-derived stem/progenitor cells (TSPCs) isolated by low-density plating. A: Colony formed from TSPCs after low-density plating. B: Crystal violet staining of colonies formed from TSPCs seeded at 10 cells/cm² after 1 passage. Bar: 1 cm. C: Crystal violet staining of colonies formed from tenocytes seeded at 10 cells/cm² after the first passage. D: Number of colonies formed from tenocytes and TSPCs seeded at 100 cells/cm² after the first passage in T25 flasks. E: Relative expression of stem/progenitor and tenogenic genes as compared to B2M housekeeper in tenocytes (dark gray bars) and TSPCs (light gray bars) isolated by low-density plating (n = 6, mean age 11.0 years, range 1–22 years). Error bars represent SEM. *p = 0.00298, **p = 0.0249, ***p = 0.0115, ****p = 0.00895, *****p = 0.017.
Figure 2. Trilineage differentiation assay for TSPCs isolated by low density plating at 80 cells/cm² (A–F) or by plating onto substrates precoated with 1 µg/ml fibronectin (G–L). A, B and G, H: Representative images of TSPCs grown in control (A, G) and osteogenic induction media (B, H) and stained with Alizarin Red. Sample age 6 years. Bar; 100 µm. C, D and I, J: Representative images of TSPCs grown in control (C, I) and adipogenic induction media (D, J) and stained with Oil Red O. No staining was detected. Sample age 6 years. Bar; 100 µm. E, F and K, L: Representative images of TSPCs pellet cultures grown in control (E, K) and chondrogenic induction media (F, L) and stained with Alcian Blue. Sample ages 8 years (E, F), 6 years (K, L). Bar; 5 mm. M: Relative expression of osteogenic markers as compared to B2M housekeeper for TSPCs isolated by low density plating (n = 4, mean age 7.5 years, range 2–14 years) (solid fill) or by differential adhesion to fibronectin (n = 3, mean age 7.7 years, range 2–15 years) (hatched fill) and grown in control (dark gray bars) or osteogenic induction media (light gray bars). N: Relative expression of adipogenic markers as compared to B2M housekeeper for TSPCs isolated by low density plating (n = 3, mean age 9.7 years, range 6–15 years) (solid fill) or by differential adhesion to fibronectin (n = 3, mean age 7.7 years, range 2–15 years) (hatched fill) and grown in control (dark gray bars) or adipogenic induction media (light gray bars). O: Relative expression of chondrogenic markers as compared to B2M housekeeper for TSPCs isolated by low density plating (n = 3, mean age 5.3 years, range 2–8 years) (solid fill) or by differential adhesion to fibronectin (n = 3, mean age 7.7 years, range 2–15 years) (hatched fill) and grown in control (dark gray bars) or chondrogenic induction media (light gray bars). Error bars represent SEM. *Pair-wise comparisons: a–c Pair-wise comparisons: *p = 0.0414, b–p = 0.0460, c–p = 0.0019. ** ANOVA: a–p = 0.03, b–p = 0.037, c–p < 0.001, d–p = 0.003, e–p = 0.003, f–p = 0.006, g–p = 0.014, h–p = 0.016, i–p = 0.02, j–p = 0.018, k–p = 0.007.
METHODS

Isolation of TSPCs and Tenocytes
Superficial digital flexor tendon (SDFT) was harvested from equine cadavers (age range 1–22) obtained from a UK abattoir. Tissue samples were grossly normal upon examination. The mid-substance tendon tissue, without the paratenon/tendon sheath, was dissected into small pieces and digested overnight at 37°C in 1 mg/ml collagenase II. The resulting cell suspension was strained and then centrifuged at 2,300 rpm for 10 min and the supernatant discarded. The cells were resuspended in complete Dulbecco’s modified Eagle’s medium (DMEM) (DMEM with GlutaMAX supplemented with 10% foetal calf serum, penicillin [100 U/ml], streptomycin (100 µg/ml), and amphotericin B [2 µg/ml]), and counted using a haemocytometer. The same batch of foetal calf serum was used for all experiments. For tenocyte isolation, the cells were seeded at 2.8 x 10^4 cells/cm^2 and for TSPC isolation the cells were seeded at 10, 80, or 100 cells/cm^2. The cells were cultured at 37°C, 5% CO₂ and either 21%, or 5% O₂ for 10–12 days. Colonies were detached using trypsin and transferred to T25 culture flasks. For differential fibronectin, adhesion cells were seeded at 1,200 cells/cm^2 after digestion, onto plates previously coated with 5 ng/ml human fibronectin, and the media replaced after 20 min. Cells grown on substrates precoated with 20 µg/ml human fibronectin were supplemented with 5 ng/ml FGF-2. After 6–8 days the cells were confluent and transferred to a T25 culture flask.

Colonies Forming and Tri-Lineage Differentiation Assays
Tenocytes or TSPCs isolated by low-density plating were seeded at 100 cells/cm^2 after the first passage and colonies stained with crystal violet before imaging whole wells with a camera or using a Nikon Eclipse TS100 microscope attached to a Nikon Digital Sight CCD camera. For differentiation assays cell monolayers at passage 2 were cultured for 21 days in osteogenic induction media (complete DMEM containing 100 nM dexamethasone, 10 mM β-glycerophosphate, and 0.5 µM ascorbic acid) or adipogenic induction media (complete DMEM containing 1 µM dexamethasone, 100 µM indomethacin, 10 µg/ml insulin, and 500 µM isobutylmethylxanthine). Cell pellets were cultured for 21 days in chondrogenic induction media (complete DMEM containing 100 nM dexamethasone, 25 µg/ml ascorbic acid, 10 ng/ml TGF-β, and ITS+3 media supplement [Sigma-Aldrich, Gillingham, UK]). Control cells were cultured in complete DMEM with or without phenol red. Cells were stained with alizarin red to assess osteogenic differentiation,20 Oil Red O to assess adipogenic differentiation,21 and alcian blue for chondrogenic differentiation22 as described in the PromoCell MSC application notes. RNA was extracted from all assays to analyze lineage-specific gene expression.

RNA Extraction and Quantitative RT-PCR
RNA was extracted with Trizol and using a cell scraper for cell detachment and by repeated pipetting to disrupt cell pellets. TSPCs were analyzed at passage 1–2. cDNA was synthesized in a 25 µl reaction from 1–2 µg of total RNA by incubation for 5 min at 70°C, 60 min at 37°C, and 5 min at 93°C using M-MLV reverse transcriptase and random-hexamer oligonucleotides (Promega Ltd., Southampton, UK). qRT-PCR was conducted using a GoTaq(R) qPCR Master Mix (Promega). A total of 10 ng of cDNA was amplified in a 25 µl reaction using an AB 7300 Real Time PCR System (Life Technologies Ltd., Paisley, UK). Equine specific gene-specific primers were used (Table 1) and GAPDH or B2M (Primer Design, Southampton, UK, proprietary sequence) used as internal controls. After an initial denaturation for 10 min at 95°C, 40 PCR cycles were performed consisting of 15 s at 95°C and 1 min at 60°C. Relative gene expression was calculated according to the comparative C_ method.23

Flow Cytometry
TSPCs at passage 1–2 were detached using Accutase (Life Technologies Ltd., Paisley, UK) and counted. Aliquots containing 1 x 10^6 cells were blocked with 10% normal serum in FACS buffer (2.5% FBS in PBS) for 20 min before washing. Cells were resuspended in either fluorescently conjugated or unconjugated primary antibodies for 45 min at 4°C. Anti-CD90 (ab225, Abcam, Cambridge, UK), anti-CD105 (MCA1557A488T, Sero-tec, Oxford, UK), and anti-CD73 (550256, BD Biosciences, Oxford, UK) were used in this study. Cells were washed and either analyzed directly (CD105) by flow cytometry (BD Acurri C6 flow cytometer, BD Biosciences, Oxford, UK) or incubated with a secondary antibody for a further 45 min at 4°C (CD90 and CD73) before washing and analysis. Cells in the absence of antibody and in the presence of the secondary antibody only were used as controls. A threshold gating out at least 95.5% of the control cells was used and for samples including primary antibody the percentage of positive cells calculated as that exceeding the threshold.

Cell Proliferation Assay
Cells were seeded at 133 cells/cm^2 at passage 2. At 80% confluency the cells were counted and the doubling time calculated.
Statistical Analysis
Statistical analysis was performed using SigmaPlot 12.5. For pairwise comparisons a $t$-test was utilized and a Mann–Whitney rank-sum test used for samples that did not meet the assumption of normality (Shapiro–Wilk test). For comparisons of three samples, a one-way ANOVA was used. For comparisons across two conditions, a two-way ANOVA was used. For samples not meeting the assumption of normality for two-way

Figure 4. Flow cytometry analysis of cell surface markers CD90, CD73, and CD105 on tendon-derived stem/progenitor cells isolated by differential adhesion onto substrates precoated with 20 µg/ml fibronectin (f-TSPCs) and grown in normoxia and 5% hypoxia. A–C: f-TSPCs (age 1 year) grown in 21% oxygen and incubated with control or antibodies (+) to CD90 (A), CD73 (B), or CD105 (C) for flow cytometry. D–F: f-TSPCs grown in 5% oxygen and incubated with control or antibodies (+) to CD90 (D), CD73 (E), or CD105 (F) for flow cytometry. *$p = 0.024$, †$p = 0.04$, ‡$p = 0.038$. 

Equine Tendon (SDFT) Progenitor Cells
ANOVA (Shapiro–Wilk test), data were transformed using either a log base 10 or square root transformation so that the resulting data sets were normally distributed. Suitable transformations could not be found for BGLAP in Figure 2M or THBS4 in Figure 5. A Holm–Sidak post-hoc test was used for two-way ANOVA results where the resulting *p value was less than 0.05.

RESULTS

TSPCs from Equine SDF Tendon form Colonies when Plated at Low Density but have Restricted Trilineage differentiation

TSPCs isolated from SDF tendon by low-density plating were able to form colonies after replating, as were tenocytes initially plated at high density (Fig. 1A–C). The number of colonies obtained from tenocytes was higher than that obtained from TSPCs (Fig. 1D). TSPCs had increased expression of the tenogenic markers scleraxis (SCX), early growth response 1 (EGR1), and decorin (DCN) but decreased expression of CD90 (Fig. 1D). Expression of CD34 and CD144 was low in both tenocytes and TSPCs indicating the cell populations are not contaminated with hematopoietic stem cells.

Growth of equine TSPCs in osteogenic media resulted in Alizarin Red positive nodules (Fig. 2A and B) but no Oil Red O positive lipid droplets could be observed in TSPCs grown in adipogenic media (Fig. 2C and D). Growth of pellet cultures in chondrogenic media resulted in clearly increased pellet size in 2 of 3 cultures (Fig. 2E and F). For TSPCs grown in osteogenic media, there were no significant differences in the expression of osteogenic markers runx2 (RUNX2), alkaline phosphatase (ALP), osteocalcin (BGLAP), or osteomodulin (OMD) in osteogenic as compared to control media (Fig. 2M). Expression of osterix (SP7) and osteopontin (SPP1) was low but either significantly increased (SP7) or decreased (SPP1) between control and osteogenic media. TSPC growth in adipogenic media did not result in increased expression of leptin (LEP), FABP4, or PPARy (Fig. 2N) and no statistically significant differences in chondrogenic gene expression were found for TSPCs grown in chondrogenic media (Fig. 2O).

We then considered that low density plating may not be a suitable method to isolate equine TSPCs and used differential adhesion to fibronectin as a stem cell isolation method, as previously described for epidermal stem cells and cartilage progenitor cells. Plating onto substrates precoated with 1 µg/ml fibronectin could be observed in TSPCs grown in adipogenic media (Fig. 2C and D). TSPCs grown in normoxia or hypoxia expressed the cell surface marker CD90 (Fig. 4A, D, and G). There was some evidence for low expression of CD73 and CD105 in f-TSPCs grown in hypoxia (Fig. 4B and C, E–G).

Flow cytometry analysis indicated that f-TSPCs grown in normoxia or hypoxia expressed the cell surface marker CD90 (Fig. 4A, D, and G). There was some evidence for low expression of CD73 and CD105 in f-TSPCs grown in hypoxia (Fig. 4B and C, E–G). By quantitative RT-PCR there were no significant differences in the expression of stem or progenitor markers between tenocytes and f-TDSCs (Fig. 5). Expression of thrombospondin-4, previously reported to be a tendon-selective marker was however significantly decreased in f-TDSCs as compared to tenocytes grown in hypoxia.

Trilineage differentiation assays indicated that f-TDSCs grown in normoxia or hypoxia were osteogenic and chondrogenic as assessed by Alizarin Red and Alcian Blue staining of pellet cultures, respectively (Fig. 6A–L). No adipogenic differentiation was detected by Oil Red O staining. Similarly, growth in hypoxic conditions did not affect the differentiation capacity of TDSCs isolated by low density plating which again differentiated to osteogenic and chondrogenic lineages, in both normoxic and hypoxic conditions, as assessed by Alizarin Red and Alcian Blue staining (Fig. 6M–X).

Putative TSPCs Can Be Isolated by Differential Adhesion to Fibronectin

In subsequent experiments, substrates precoated with 20 µg/ml fibronectin were used and the effect of normoxia (21% oxygen) and hypoxia (5% oxygen) on the characteristics of these putative stem cells (denoted f-TDSCs) analyzed. In hypoxic conditions, TSPCs isolated by low-density plating proliferated more slowly than tenocytes or TSPCs isolated by plating onto substrates precoated with 20 µg/ml of fibronectin (Fig. 3).

Relative expression of stem/progenitor and tenogenic genes as assessed by GAPDH in tenocytes (dark gray bars) and TSPCs isolated by low density plating proliferated more slowly than tenocytes or TSPCs isolated by plating onto substrates precoated with 20 µg/ml of fibronectin (Fig. 3).

Figure 5. Marker gene expression of tenocytes and tendon-derived stem/progenitor cells isolated by differential adhesion onto substrates precoated with 20 µg/ml fibronectin (f-TSPCs). Relative expression of stem/progenitor and tenogenic genes as compared to GAPDH in tenocytes (dark gray bars) and f-TSPCs (light gray bars) grown in 21% (solid fill) or 5% oxygen (hatched fill) (n = 4, mean age 9.0 years, range 1–22 years, except f-TSPCs grown in 21% oxygen; n = 3, mean age 9.7 years). Error bars represent SEM. *p = 0.029.
The expression of osteogenic, adipogenic, and chondrogenic marker genes was determined for TSPCs isolated by differential adhesion to fibronectin (20 μg/ml) or by low density plating at 10 cells/cm² and grown in hypoxic conditions with osteogenic, adipogenic, or chondrogenic induction media. No consistent alterations in marker gene expression were observed (Fig. 7).

Figure 6. Trilineage differentiation assay for TSPCs isolated by differential adhesion onto substrates precoated with 20 μg/ml fibronectin (A–L) or by low density plating at 10 cells/cm² (M–X) and grown in normoxia (A–B, E–F, I–J, M–N, Q–R, U–V) or 5% hypoxia (C–D, G–H, K–L, O–P, S–T, W–X). A–D and M–P: Osteogenic differentiation assays. TSPCs were grown in control (A, C, M, O) or osteogenic induction media (B, D, N, P) and stained with Alizarin Red. Bar; 100 μm. E–H and Q–T: Adipogenic differentiation assays. TSPCs were grown in control (E, G, Q, S) or adipogenic induction media (F, H, R, T) and stained with Oil Red O. No staining was detected. Bar; 100 μm. I–L and U–X: Chondrogenic differentiation assays. TSPC pellet cultures were grown in control (I, K, U, W) or chondrogenic induction media (J, L, V, X) and stained with Alcian Blue. Bar; 5 mm. Sample age 1 year.
DISCUSSION

Using published methods for isolation of TSPCs by low-density plating we found that TSPCs from equine SDFT did not differentiate to the adipogenic lineage as assessed by Oil Red O staining. We also found that expression of osteogenic and chondrogenic marker genes was not entirely consistent with histological staining techniques for assessing differentiation. Fibronectin has been identified as a suitable substrate to maintain long term self renewal of embryonic stem cells and has been used for isolation of epidermal stem cells and cartilage progenitors. Fibronectin was therefore a good candidate ECM substrate for differential isolation of tendon stem cells. However, isolation of putative TSPCs by plating onto substrates pre-coated with fibronectin, as well as growth in hypoxic conditions produced similar results to the low density plating method.

The observed restricted differentiation potential of isolated TSPCs was surprising as the equine SDFT potentially contains at least three stem cell niches; within the collagenous tendon fascicles, within the loose connective tissue of the endotenon (the interfascicular matrix) and within the vasculature present within the endotenon. Two previous studies reported adipogenic differentiation of cells from the SDFT, when comparing equine tendon cells with bone marrow stromal cells and comparing cell populations from the tendon core and peritenon. In this study, we only isolated cells from the tendon core, however, it is possible that the process of tissue transportation from the abattoir which samples were obtained could adversely affect stem cell viability, leaving a population of progenitor cells with restricted differentiation potential. We used the same batch of serum for all experiments and it is possible that the particular batch did not support adipogenic differentiation. Alternatively the process of isolating TSPCs by low density plating or differential adhesion to fibronectin may remove a sub-group of cells capable of adipogenic differentiation from the equine SDFT cell population. Age has been reported to affect adipogenic differentiation of rat but not human TSPCs. In this report, we studied samples ranging from 1 to 22 years (equivalent to age 4–77 in humans) but found no observable differences in adipogenic differentiation.

We did not find significant differences between the proliferation rates of tenocytes and putative f-TSPCs grown in 5% oxygen. However, TSPCs isolated by low-density plating proliferated more slowly than teno-
cytes or f-TSPCs in hypoxic conditions (Fig. 3) and had reduced colony forming ability (Fig. 1D). A previous report indicated that rabbit TSPCs proliferate faster than tenocytes, however, the tenocyte proliferation rates were much slower than reported here. This may be due to the presence of TSPCs in our tenocyte population, as tenocytes were isolated by direct high density plating of cells isolated from tendon. Conversely Zhang et. al. isolated tenocytes from TSPCs by subcloning all colonies from the culture dish and leaving tenocytes behind. The exercise history of the horses used in our study was unknown but exercise as well as species specific difference may also be responsible for differences in the tenocyte proliferation rates.14

Tendons heal slowly after injury by production of fibrotic scar tissue. Application of exogenous mesenchymal stem cells has been used to attempt to promote tendon healing, with heterogenous treatment parameters and limited outcome measures. However, the relatively high proportion of TSPCs reported in tendon implies that tendons should have an endogenous regenerative capacity. It may be the case that TSPCs inappropriately differentiate to alternative lineages during tendon injury and aging resulting in ectopic ossification, mucoid degeneration, and fat deposition. Promoting the retention of a progenitor population with restricted differentiation potential may therefore be beneficial for tendon regeneration.

AUTHORS’ CONTRIBUTIONS
KAW, KJL, and WJEH acquired, analyzed, and interpreted data. KAW, EJVC, PDC, and EGC-L designed the study. EGC-L, KAW, and KJL drafted the paper. All authors critically revised the manuscript and read and approved the final submitted version.

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