Chemical Analysis and in Vitro Antiproliferative Potential of Eugenia uniflora L. (Myrtaceae)

Denise Bianchin Gomes¹, Barbara Zanchet¹, Patrícia Zanotelli Serpa¹, Gelvani Locatelli¹, Daniela Miorando¹, Amanda Maria Steffler¹, Maria Eduarda de Costa Zanatta¹, Ana Júlia Predebon¹, Camila Sans Carteri¹, Junir Lutinski¹, Ana Lúcia Tasca Góis Ruiz², Maria de Fátima da Costa Santos³, Andersson Barison³ and Walter Antônio Roman Junior¹

¹Community University of the Region of Chapecó, Chapecó, SC, Brazil.
²Faculty of Pharmaceutical Sciences, State University of Campinas, Campinas, SP, Brazil.
³Federal University of Paraná, Curitiba, PR, Brazil.

Authors' contributions

All authors contributed substantially to the work reported. Authors DBG and WARJ conceived and designed the experiments analyzed the data and wrote the paper. Authors BZ, PZS, DM, AMS, MECZ, AJP, CSC, GL and MFCS performed the experiments. Authors ALTGR, AB, and JL performed the experiments and contributed with materials, analysis tools and wrote the paper. All authors read and approved the final manuscript.

Article Information

DOI: 10.9734/EJMP/2020/v31i630246

Received 06 February 2020
Accepted 12 April 2020
Published 15 April 2020

ABSTRACT

Natural products and especially medicinal plants, have been extensively studied and have exhibited antiproliferative effects. The species Eugenia uniflora L. (Myrtaceae) is native to Brazil and distributed throughout Australia, East Asia, and the Americas. The leaves are commonly used for the treatment of diarrhea, fever, and hypertension. However, the chemical properties and antiproliferative potential of the extracts remain to be elucidated. In this work, the antiproliferative effects of hydroethanolic (HEE) and dichloromethane (DEE) extracts of leaves from E. uniflora...
1. INTRODUCTION

Myrtaceae, one of the main Angiosperm families and is concentrated in a single tribe (Myrtaceae) and three subtribes (Myrciinae, Eugeniinae, and Myrtinae) [1,2]. Myrtaceae has a broad diversity of plants, distributed in South America, Australia, and Tropical Asia, with approximately 142 genera and 5,760 species [3,4]. In Brazil, the family includes 23 genera and approximately 1,000 species [5], which are used to produce paper (Eucalyptus spp.), food or juice (Psidium guajava L.), or as medicines, commonly infusions (Myrcia uniflora DC.) [6].

The species *Eugenia uniflora* L. is distributed throughout several countries, characteristically in tropical and subtropical regions [7]. Known as the Brazilian cherry tree (or “pitangueira”), it is a fruity tree found throughout the country [8], especially between the states of Minas Gerais and Rio Grande do Sul [9]. *E. uniflora* was introduced as an empirical medicine by Guarani Indians in the 15th century [10]; today, the leaves are often used for the treatment of inflammation, fever, hypertension, and diarrhea [11,7], as a diuretic, and to lower blood glucose levels [12,13].

Previous studies demonstrated that aqueous extract of *E. uniflora* leaves reduced blood pressure in rats through α-adrenergic antagonism as a direct vasodilator [14] and owing to diuretics effects [15]. Amorim et al. [16] verified the antinociceptive activity in mice by using essential oils obtained from of leaves of the plant, and Rattmann et al. [17] showed that the flavonoid-rich fraction obtained from fresh leaves reduced the lethality of cecal ligation and puncture (CLP) in mice through decreases in inflammatory mediators. These pharmacological effects are usually attributed to the presence in the leaves of *E. uniflora*, volatile terpenoid oils, condensed and hydrolysable tannins, flavonoids, leucoanthocyanidins, and steroids and/or triterpenoids [16]. These secondary metabolites have also shown potential as anticancer molecules [18].

Cancer, a disease characterized by the uncontrolled multiplication of modified normal cells, is a leading cause of death worldwide and represents a major public health burden [19,20]. The treatment of cancer represents a challenge as there is no single effective treatment that works for all types of cancer [21]. The treatment consists of chemotherapy, radiotherapy, surgery, and immunotherapy, or their combination. Chemotherapy, which employs different combinations of cytotoxic drugs, is often associated with serious adverse effects and chemoresistance [22]. Also, many cancers exhibit only modest clinical responses to protocols developed for either primary tumors or metastases [23].

Therefore, to find more effective and safe treatments, pharmacological studies of substances isolated from plants, as well as synthetic derivatives based on these natural compounds, have intensified [24,25]. Despite its relatively common usage and several pharmacological evaluations, studies describing the potential antiproliferative of *E. uniflora* are scarce. Therefore, the objective of this study was to perform detailed chemical analysis and in vitro evaluation of the antiproliferative effects of extracts and isolated compounds from the leaves of *E. uniflora*.

2. MATERIALS AND METHODS

2.1 Solvents and Reagents

All solvents and reagents were of analytical grade and the water was distilled and deionized. The solvents used were ethyl acetate, dichloromethane, ethanol and hexane (Vetec®), Rio de Janeiro, Brazil). An HPLC was used for the chromatographic analysis (Varian® Pro-Star) with automatic injector (20 μl), ternary gradient
2.4.2 Total flavonoid content

The total flavonoid content of the crude extract was determined by the aluminum chloride colorimetric method [27]. A sample (1 g) of leaves of E. uniflora (particle size: 425 μm) was mixed with 75 ml of MeOH:H₂O:AcOH solution (140:50:10 v/v). The mixture was extracted under reflux for 30 min. After filtration, the filtrate was made up to 100 ml with the same solvent. An aliquot (5 ml) was homogenized with 2.5 ml of aluminum chloride solution (0.5 g of aluminum chloride and 0.1 g of sodium acetate diluted in 100 ml of MeOH). The solution stayed in the dark and after 30 min, the absorbance was measured at 425 nm. The results were expressed as mg quercetin/100 g dry plant material (n = 6).

2.4.3 HPLC analysis

Chromatographic analyses were performed using the method of Hoffmann-Ribani & Rodriguez-Amaya [28]. HEE was partitioned on a separating funnel with solvents of increasing polarity (hexane, chloroform, ethyl acetate, and n-butanol). The EtOAc fraction (10 mg/ml) was subjected to solid phase extraction on a Phenomenex® Strata C18-E SPE cartridge (500 mg/3 ml) and used as an eluent for cleaning 5% MeOH (v/v) and MeOH 100% in extraction. Chromatograms were obtained on a Varian® ProStar with automatic injection (20 μl), ternary pump gradient, UV/Vis detector, and Kromasil® ODS (5 μm) reverse phase C-18 column (250 × 4.5 mm) at 24°C ± 2°C. A two-solvent system was used, comprising MeOH (solvent A) and H₂O, 0.3% v/v with HCO₂H (solvent B). The solvent gradient was 20% A for 6 min, 52% A for 15 min, 72% A for 27 min, and 10% A for 30 min. The flow rate was 0.8 ml/min. Detection was performed at 370 nm and an authentic external standard with known retention times, followed by UV spectrum, was used. For the production of calibration curves, methanolic solutions of quercetin standard (anhydrous Sigma-Aldrich®, St. Louis, Missouri, USA) at concentrations of 3.12, 6.25, 12.5, 25, and 50 μg/ml were analyzed in, triplicate. All extracts and solvents were filtered through Micropore® filters (0.45 μm) before the chromatographic analysis.

2.4.4 NMR analysis

1D and 2D NMR experiments were acquired in CDCl₃ at 303 K on a Bruker AVANCE III 600 NMR spectrometer, observing ¹H at 600.13 MHz and ¹³C 150.91 MHz. One-bond and long-range ¹H–¹³C correlation from HSQC and HMBC NMR
experiments were optimized for average coupling constants $^1J(H,C)$ and $^3J(H,C)$ of 140 and 8 Hz, respectively. All $^1$H and $^{13}$C NMR chemical shifts are given in ppm (5), using tetramethylsilane as internal reference, with coupling constants ($J$) in Hz.

### 2.4.5 Chemical isolation

DEE (1.71 g) was dissolved in n-hexane, mixed with silica gel, and subjected to liquid column chromatography using a stationary phase of silica gel (Merck®) and eluted with a solution of n-hexane and EtOAc (90:10 v/v) increasing in polarity to 90% EtOAc (v/v). The subfractions (n = 10.5 ml each) were collected by similarity through thin layer chromatography (TLC) with a mobile phase of n-hexane: EtOAc (80:20 v/v) and the subsequent detection at 366 nm. Subfraction 6 (0.038 g) yielded an isolated compound (Compound 1).

### 2.4 In Vitro Antiproliferative Assay

The antiproliferative effect of the HEE, DEE, and compound 1 was investigated by using the protocol described by Monks et al. [29]. A panel of nine human cancer cell lines [U-251 (glioma, CNS), MCF-7 (breast), NCI-ADR/RES (ovarian cell expressing a multiple drugs resistance phenotype), 786-O (kidney), NCI-H460 (lung, non-small cell), PC-3 (prostate), OVCAR-3 (ovarian), HT-29 (colorectal adenocarcinoma), and K-562 (chronic myeloid leukemia)], provided by Frederick Cancer Research & Development Center, National Cancer Institute, Frederick, MA, USA and one immortalized human cell line (HaCat, keratinocyte), provided by Dr. Ricardo Della Coletta (University of Campinas), were used.

Stock and experimental cultures were grown in 5 ml RPMI-1640 supplemented with 5% fetal bovine serum (RPMI/FBS 5%) and penicillin/streptomycin (1000 U/ml and 1000 μg/ml (1 ml/l; RPMI-1640). Stock solutions of the samples (5 mg) were prepared in DMSO (50 μl), followed by successive dilutions in RPMI/FBS 5% to give final concentrations of 0.25, 2.5, 25, and 250 μg/ml. Doxorubicin was used as a positive control at final concentrations of 0.25, 2.5, 25, and 250 μg/ml. Cells were seeded in 96-well plates (100 μl cells/well, density: 3–7 × 10^4 cells/ml) and incubated with each concentration of sample solution or doxorubicin (100 μl/well) for 48 h at 37°C in an atmosphere of 5% CO₂. Each test was performed in triplicate (n = 3). Before (T0 plate) and after (T1 plates) sample addition, cells were fixed with 50% trichloroacetic acid (50 μl well) and stained with sulfonphodamine B. The absorbance of the cells was measured at 540 nm to quantitate cell proliferation. The GL₅₀ (concentration that produces 50% cell growth inhibition or cytostatic effect) and the TGI (concentration that resulted in total cellular growth inhibition) values were determined from non-linear regression applied to a sigmoidal curve computed by using Origin 8.0 software (OriginLab Corporation).

### 3. RESULTS

### 3.1 Total Phenolic and Flavonoids Content

The Table 1. presents the total phenolic content of HEE, calculated through of calibration curve ($y = 0.0351x + 0.0063; R^2 = 0.9997$) and represented per gallic acid equivalents/g. The total flavonoid content in leaves of *E. uniflora*, was considered elevated and represented by mg of quercetin/100 g of plant material.

### 3.2 HPLC Analysis and Chemical Isolation of HEE

The chromatogram of the EtOAc fraction and HEE (370 nm) is shown in Fig. 1. The presence of quercetin was detected (RT = 20.6 min). From the equation of the line ($y = 12.085x + 12.357; R^2 = 0.9997$) the concentration of quercetin in the EtOAc fraction and HEE was 8.28 and 34.08 mg/g, respectively.

Compound 1 was isolated from DEE by chromatographic fractionation. The compound was identified as β-sitosterol by comparison of the experimental spectra ($^1$H NMR, $^{13}$C NMR) with those previously described [30].

| Total phenolic or flavonoid content | Mean ± standard deviation |
|-----------------------------------|--------------------------|
| Total phenolic content<sup>a</sup> | 144.59 ± 2.74            |
| Total flavonoid content<sup>b</sup> | 189.3 ± 0.02             |

<sup>a</sup> mg gallic acid equivalents (GAE)/g of hydroethanolic extract (HEE)

<sup>b</sup> quercetin: mg/100 g plant material (leaves)
Gomes et al.; EJMP, 31(6): 34-44, 2020; Article no.EJMP.55712

Fig. 1. HPLC profile for the EtOAc fraction obtained from the hydroethanolic extract of leaves from Eugenia uniflora (HEE, 10 mg/ml in MeOH): (a). Presence of quercetin on EtOAc fraction subjected to solid-phase extraction; (b). Quercetin standard (12.5 µg/ml in MeOH) (Rf: 20.6 min)

β-Sitosterol (5-Stigmaster-3β-ol) (1): White crystal; 1H-NMR (400.13 MHz, CDCl3): δ 5.35 (m, 1H, H-6), 3.51 (tdd, 1H, H3), 0.98 (s, 3H, H-19), 0.92 (d, 3H, H-21, J = 6.5 Hz), 0.85 (t, 3H, H-29, J = 5.6 Hz), 0.86 (d, 3H, H-26, J = 6.9 Hz), 0.82 (d, 3H, H-27, J = 6.9 Hz), 0.68 (s, 3H, H-18); 13C-NMR (100.61MHz, CDCl3): δ 140.8 (C-5), 121.7 (C-6), 71.8 (C-3), 56.8 (C-14), 56.1 (C-17), 50.2 (C-9), 45.2 (C-24), 42.4 (C-13), 42.3 (C-4), 39.8 (C-12), 37.3 (C1), 36.5 (C-10), 36.2 (C-20), 34.0 (C-22), 31.9 (C-8), 31.9 (C-7), 31.7 (C-2), 29.2 (C-25), 28.3 (C-16), 26.2 (C-23), 24.3 (C-15), 23.1 (C-28), 21.1 (C-11), 19.4 (C-19), 19.1 (C-27), 18.9 (C-26), 18.8 (C-21), 12.0 (C-18), 11.9 (C-29).

3.3 Antiproliferative Effects

The antiproliferative effects of the extracts and the isolated compound of E. uniflora are shown
in Fig. 2. HEE and DEE extracts resulted in different growth inhibition profiles. DEE was more effective than HEE, inhibiting growth of all tumor cell lines tested, with the strongest effect on OVCAR-3 cells (GI₅₀: 8.45 and TGI = 51.29 μg/ml) (Fig. 2 and Table 2). In addition, β-sitosterol, isolated from DEE, showed potential antiproliferative activity, completely inhibiting the proliferation of U-251 cells when applied at 7.37 μg/ml (Fig. 3 and Table 3).

4. DISCUSSION

Natural products have become important sources of anticancer agents. Moreover, novel natural compounds with several structures, isolated from plant sources, have been developed as prototypes and their subsequent structural modification has afforded compounds with pharmacological potential [31]. In this study, extracts of high and low polarity were prepared from the leaves of *E. uniflora* (HEE and DEE), and phenolic, flavonoids and quercetin compounds were detected in HEE. These results corroborate previous studies where the presence of quercetin has been reported [17]. However, by using a solid-phase extraction technique, this is the first study to identify and quantify quercetin by HPLC, which contributes to quality control studies of plant extracts. The β-sitosterol isolated from DEE was previously described by Samy et al. [32], in the EtOAc fraction obtained from the methanolic extract of *E. uniflora* leaves. The flavonoids and steroids found in *E. uniflora* have been documented as natural bioactive products with potent anticancer activity [33,34].

![Fig. 2. Antiproliferative effect in vitro from Eugenia uniflora. (a): hydroethanolic extract (HEE). (b): dichloromethane extract (DEE)](image-url)

*Note: Concentration range: 0.25 - 250 μg/ml; exposition time: 48 h; human tumor cell lines: glioblastoma (U-251), breast (MCF-7), ovarian expressing the resistance phenotype (NCI/ADR-RES), 786-O (kidney), non-small cells lung (NCI-H460), prostate (PC-3), ovarian (OVCAR-3), colon (HT-29), leukemia (K-562); human immortalized cell line: keratinocytes (HaCat)*
Table 2. GI$_{50}$ and TGI values for Hydroethanolic (HEE) and Dichloromethane (DEE) extracts of *Eugenia uniflora* against different cell lines

| Cell Lines     | HEE GI$_{50}$ (μg/ml) | DEE GI$_{50}$ (μg/ml) | HEE TGI (μg/ml) | DEE TGI (μg/ml) |
|----------------|------------------------|------------------------|-----------------|-----------------|
| U-251          | 27.06                  | 27.08                  | 170.25          | 81.37           |
| MCF-7          | 30.50                  | 25.25                  | 161.15          | 99.44           |
| NCI/ADR-RES    | 65.16                  | 27.31                  | a               | 191.48          |
| 786-0          | 65.78                  | 25.30                  | a               | 66.46           |
| NCI-H460       | 37.50                  | 25.92                  | a               | 79.35           |
| PC-3           | 88.84                  | 27.24                  | a               | 82.65           |
| OVCA-R-3       | 56.46                  | 8.45                   | a               | 51.29           |
| HT-29          | 43.96                  | 28.18                  | a               | 77.68           |
| K-562          | 130.21                 | 26.24                  | a               | 99.54           |
| HaCaT          | 30.23                  | 26.24                  | 223.77          | 91.44           |

*Note: GI$_{50}$ = 50% growth inhibition; TGI = total inhibition of growth; *a* Effective concentration higher than the highest tested concentration (250 μg/ml)*

In accordance with guidelines of the National Cancer Institute (NCI), extracts or molecules are considered active if they are able to inhibit cell proliferation by 50% at concentrations less than 30 μg/ml (GI$_{50}$ < 30 μg/ml) [35, 36]. According to this criterion, HEE was inactive in this study, whereas DEE showed potential antiproliferative against ovarian and breast tumor cells line. There are a few previous reports of the antiproliferative effects of *E. uniflora*. However, when using increased concentrations (50 and 100 μg/ml), Dernardin et al. [37], observed the antiproliferative activity of hydroethanolic extract of the fruits of *E. uniflora*, and described early and late apoptotic effects of the extract on hepatic stellate cells (GRX) by using flow cytometry. Dernardin et al. also reported a decrease in mitochondrial membrane potential and mitochondrial membrane protein content, and demonstrated that the reduction in cell proliferation was dose-dependent.

In this study, HEE showed antiproliferative activity against breast tumor cells (MCF-7; GI$_{50}$: 30.50 μg/ml). Similar results were obtained by Li et al. [38] in a luminescence-based cell viability assay, which showed antiproliferative activity of the methanolic extract of the fruits of *Eugenia jambolana* Lam., due to the induction of apoptosis in MCF-7 and MDA-MB-231 strain breast tumor cells (GI$_{50}$ of 27 and 40 μg/ml, respectively).
In contrast, the dichloromethane extract of *E. uniflora* (DEE) showed potential antiproliferative effects against all tested strains (GI\(_{50} < 30\) µg/ml). The higher antiproliferative activity of the low-polarity dichloromethane extracts, compared with the constituents present in less polar extracts, as well as the higher affinity of these molecules, the higher-polarity hydroethanolic extracts is likely due to the more lipophilic chemical across cell membranes [39].

To investigate the antiproliferative activity by a bioassay-guided process, DEE was fractionated on chromatographic column, resulting in the isolation of β-sitosterol, which was subsequently evaluated. β-Sitosterol showed reduced values of GI\(_{50}\) against all strains tested, especially for glioblastoma (U-251). According to Fouche et al. [40], molecules that demonstrate total inhibition values of cell growth (TGI) at between 6.25 and 15 µg/ml are considered to have moderate activity, and TGI values of < 6.25 µg/ml are considered to exert potent antiproliferative activity. Thus, β-sitosterol was considered to have moderate antiproliferative activity against glioblastoma and leukemia (K-562 cells) (TGI: 7.37 and 10.94 µg/ml, respectively), and no effect on normal cells (HaCat), which indicated the high selectivity of the compound. The reduced selectivity of many chemotherapeutic agents causes damages to normal cells, resulting in several side effects. Therefore, it is desirable to find new chemotherapeutic drugs that are selective to tumor cells [35]. β-Sitosterol showed a high selectivity index (SI), as calculated by the ratio of cell death between HaCat cells (nontumor cells) and tumor cells (CC\(_{50}/\)GI\(_{50}\)). This showed that the molecule was more active against glioma (CNS) and leukemia tumor cells (SI: 16.5 and 2.62, respectively), and less active against healthy cells.

This is the first report to describe the antiproliferative activity of β-sitosterol (BS) against glioblastoma and leukemia tumor lines. However, through *in vitro* and *in vivo* studies it has been suggested that sterols (β-sitosterol, campesterol, and stigmasterol) have protective abilities against colon, prostate, and breast tumors [41]. Chai, Kuppusamy & Kanthimathi [42] reported that β-sitosterol could inhibit the proliferation of MCF-7 cells in a dose-dependent manner owing to the presence of estrogenic receptors involved in breast cancer. Against a prostate cancer cell line (decrease in cell growth of 24%) and four-fold induction of apoptosis, which was followed by “rounding up” of the cells, an enhancement in ceramide production was found to occur by BS (16 µM), and these effects have been promoted by activation of the sphingomyelin cycle [43].

Regarding the pharmacological mechanism, several studies have indicated that BS inhibits the growth of various cancer cell lines in culture that are associated with the activation of the sphingomyelin cycle, cell cycle arrest [41], and the stimulation of apoptotic cell death [44]. In a review, Ovesna, Vachalkova & Horvathova [45] reported the experimental inhibition of colon and breast cancer development by β-sitosterol. It was reported that this compound could have different effects on tumors, such as inhibitory effects on the development, promotion, and induction of cancerous cells, as well as the inhibition of tumor cell invasion and metastasis. It is likely that in this study, the highly selective action of β-sitosterol isolated from DEE caused similar cellular events as part of its action against glioblastoma and leukemia cell lines.

### Table 3. GI\(_{50}\) and TGI values for β-sitosterol isolated of dichloromethane extract of *Eugenia uniflora* against different cell lines

| Cell Lines | β-sitosterol GI\(_{50}\) (µg/ml) | β-sitosterol TGI (µg/ml) |
|------------|-------------------------------|--------------------------|
| U-251      | 0.40                          | 7.37                     |
| MCF-7      | 3.46                          | 19.64                    |
| NCI/ADR-RES| 2.07                          | 193.80                   |
| 786-0      | 21.88                         | 64.15                    |
| NCI-H460   | 2.83                          | 45.46                    |
| PC-3       | 20.89                         | 22.94                    |
| HT-29      | 29.82                         | 114.90                   |
| K-562      | 2.71                          | 10.94                    |
| HaCat      | 6.59                          | a                        |

*Note: GI\(_{50}\) = 50% growth inhibition; TGI = total inhibition of growth; *a* Effective concentration higher than the highest tested concentration (250 µg/ml)*
5. CONCLUSION

Phenolic compounds are present in the leaves of *E. uniflora*. In the ethyl acetate fraction, quercetin was detected by HPLC analysis. β-Sitosterol isolated from the dichloromethane extract of *E. uniflora* exhibited promising antiproliferative effects *in vitro*, especially against glioblastoma and leukemia cell lines.

CONSENT

It is not applicable.

ETHICAL APPROVAL

It is not applicable.

ACKNOWLEDGEMENT

This work was supported by brazilian funding agencies: CNPq, Capes and Uchoapeço [modality Art. 170 and 171 - FUMDES].

COMPETING INTERESTS

Authors have declared that no competing interests exist.

REFERENCES

1. Landrum LR, Kawasaki ML. The genera of Myrtaceae in Brazil: An illustrate synoptic treatment and identification keys. Brittonia. 1997;49:508-36. DOI: 10.2307/2807742
2. Wilson PG. Myrtaceae. In: Kubitzki, K, editor. Flowering plants: The families and genera of vascular plants. 10th ed. Berlin: Springer; 2011.
3. Heywood VH, Brummitt RK, Culham A, Seberg O. Flowering plant families of the world. 2th ed. Edinburgh: Firefly Books; 2007.
4. Govaerts R, Sobral M, Ashton P, Barrie F, Holst BK, Landrum LR, et al. World Checklist of Myrtaceae. New York: Royal Botanic Gardens, Kew; 2015.
5. Sobral M, Proença C, Souza M, Mazine F, Lucas E. Myrtaceae: lista de espécies da flora do Brasil, Rio de Janeiro: Jardim Botânico do Rio de Janeiro; 2015.
6. Cascaes MM, Guilhon GM, Andrade EH, Zoghbi MD, Santos LDA. Constituents and pharmacological activities of Myrcia (Myrtaceae): A Review of an Aromatic and Medicinal Group of Plants. Int J Mol Sci. 2015;16:23881-94. DOI:10.3390/ijms161023881
7. Fiúza TS, Sabóia-Morais SMT, Paula JR, Tresvenzol LMF, Pimenta FC. Evaluation of antimicrobial activity of the crude ethanol extract of *Eugenia uniflora* L. leaves. Rev Ciência Farm Básica Apl. 2008; 29:245-50.
8. Auricchio MT, Bacchi EM. *Eugenia uniflora* L. brazilian cherry leaves: Pharmacobotanical, chemical and pharmacological properties. Rev Inst Adolfo Lutz. 2003;62: 55-61.
9. Sanchotene MCC. Frutíferas nativas úteis à fauna na arborização urbana. Porto Alegre: FEPLAM; 1985.
10. Alonso JR. Tratado de Fitomedicina: Bases Clínicas y Farmacológicas. Buenos Aires: Isis Ediciones; 1998.
11. Lorenzi H, Matos FJA. Plantas medicinais no Brasil: nativas e exóticas. Nova Odessa: Plantarum; 2002.
12. Kanazawa A, Patin A, Greene AE. Efficient, highly enantioselective synthesis of selina-1,3,7(11)-tri-en-8-one, a major component of the essential oil of *Eugenia uniflora*. J Nat Prod. 2000;63:1292-94. DOI:10.1021/np000065f
13. Ogunwande IA, Olawore NO, Ekundayo O, Walker TM, Schmidt JM, Setzer WN. Studies on the essential oils composition, antibacterial and cytotoxicity of *Eugenia uniflora* L. Int J Aromather. 2005;15:147-52. DOI:10.1016/j.ijat.2005.07.004
14. Consolini AE, Baldini OAN, Amat AG. Pharmacological basis for the empirical use of *Eugenia uniflora* L. (Myrtaceae) as antihypertensive. J Ethnopharmacol. 1999; 66:33-9. DOI:10.1016/s0378-8741(98)00194-9
15. Consolini AE, Sarubbio MG. Pharmacological effects of *Eugenia uniflora* (Myrtaceae) aqueous crude extract on rat’s heart. J Ethnopharmacol. 2002;81:57-63. DOI:10.1016/s0378-8741(02)00039-9
16. Amorim AC, Lima CKF, Hovell AMC, Miranda ALP, Rezende CM. Antinociceptive and hypothermic evaluation of the leaf essential oil and isolated terpenoids from *Eugenia uniflora* L. (Brazilian Pitanga). Phytotherapy. 2009;16:923-28. DOI:10.1016/j.phymed.2009.03.009
17. Rattmann YD, Souza LM, Malquevicz-Paiva SM, Dartora N, Sassaki GL, Gorin PAJ, Iacomini M. Analysis of flavonoids
from *Eugenia uniflora* leaves and its protective effect against murine sepsis. Evid Based Complement Alternat Med. 2012;1-9. DOI: 10.1155/2012/623940

18. Salido AAG, Assanga SBI, Luján LML, Angulo DF, Espinoza CLL, Silva ALA, Pino JLR. Composition of secondary metabolites in Mexican plant extracts and their antiproliferative activity towards cancer cell lines. Int J Sci. 2016;3:63-77. DOI: 10.18483/ijSci.971

19. Tankne RS, Telefo BP, Nyemb JN, Yemele DM, Njina SN, Goka SM, Lienou LL, Nwabo Kamdje AH, Moundipa PF, Farooq AD. Anticancer and antioxidant activities of methanol extracts and fraction of some Cameroon medicinal plants. Asian Pac J Trop Biomed. 2014;7:64-72. DOI: 10.1016/S1995-7645(14)60272-8

20. Akindele AJ, Wani ZA, Sharma S, Mahajan G, Satti NK, Adeyemi OO, Mondhe DM, Saxea AK. In vitro and in vivo anticancer activity of root extracts of *Sansevieria liberica* Gerome and Labroy (Agavaceae). Evid Based Complement Alternat Med. 2015;1-11. DOI: 10.1155/2015/560404

21. Dai J, Mumper RJ. Plant Phenolics: Extraction, analysis and their antioxidant and anticancer properties. Molecules. 2010;15:7313-52. DOI: 10.3390/molecules15107313

22. Chorawala MR, Oza PM, Shah GB. Mechanisms of anticancer drugs resistance: An overview. Int J Pharm Pharm Res. 2012;4:01-09. DOI: 10.7243/2050-120X-1-1

23. Costa-Lotufo LV, Montenegro RC, Alves APNN, Madeira SVF, Pessoa C, Moraes, MEA, et al. Contribution of natural products as a source of new anticancer drugs: Studies at the National Laboratory of Experimental Oncology at the Federal University of Ceará. Rev Virtual Quim. 2010;2:47-58. DOI: 10.5935/1984-6835.20100006

24. Harvey AL, Edrada-Ebel RA, Quinn RJ. The re-emergence of natural products for drug discovery in the genomics era. Nat Rev Drug Discov. 2015;14(2):111-29. DOI: 10.1038/nrd4510

25. Newman DJ & Cragg GM. Natural products as sources of new drugs over the period 1981-2014. J Nat Prod. 2016;79:629-61. DOI: 10.1021/acs.jnatprod.5b01055

26. Sousa CMM, Silva HR, Vieira Junior, GM, Ayres MCC, Costa CLS, Araújo DS, et al. Fenóis totais e atividade antioxidante de cinco plantas medicinais. Quim Nova. 2007;30(2):351-55. DOI:10.1590/S0100-88532007000200021

27. Harnafi H, Bouanani NH, Azis M, Serghini CH, Ghalim N, Amrani S. The hypolipidaemic activity of aqueous *Erica multiflora* flowers extract in Triton WR-1339 induced hyperlipidaemic rats: A comparison with fenofibrate. J Ethnopharmacol. 2007;109(1):156-60. DOI: 10.1016/j.jep.2006.09.017

28. Hoffmann-Ribani R, Rodriguez-Amaya DB. Optimization of method for determining flavonols and flavones in fruits by high performance liquid chromatography using statistical design and response surface analysis. Quim Nova. 2008;31(6):1378-84. DOI: 10.1590/S0100-88532008000600020

29. Monks A, Scudiero D, Skehan P, Shoemaker R, Paull K, Vistica D, et al. Feasibility of a high-flux anticancer drug screen using a diverse panel of cultured human tumor cell lines. JNCI. 1991;83:757-66. DOI: 10.1093/jnci/83.11.757

30. Facundo VA, Polli AR, Rodrigues RV, Militão JS LT, Stabelli RG, Cardoso CT. Fixed and volatile chemical constituents of the stems and fruits of *Piper tuberculatum* Jacq. and the roots of *P. hispidum* H. B. K. Acta Amaz 2008;38(4):733-42. DOI: 10.1590/0044-59672008004000018

31. Rayan A, Raiyn J, Falah M. Nature is the best source of anticancer drugs: Indexing natural products for their anticancer bioactivity. PLOS One 2017;12:e0187925. DOI: 10.1371/journal.pone.0187925

32. Samy MN, Sugimoto S, Matsunami K, Otsuka H, Kamel MS. Bioactive compounds from the leaves of *Eugenia uniflora*. J Nat Prod. 2014;7:37-47. DOI: 10.1500/1808-1657000752017

33. Avato P, Migoni D, Argentieri M, Fanizzi FP, Tava A. Activity of saponins from Medicago species against HeLa and MCF-7 cell lines and their capacity to potentiate cisplatin effect. Anti-cancer Agents Med Chem. 2017;17(11):1508-18. DOI: 10.2174/1871520617666170727152805

34. Majumder D, Das A, Saha C. Catalase inhibition an anti-cancer property of flavonoids: A kinetic and structural...
evaluation. Int J Biol Macromol. 2017;104:929-35. 
DOI: 10.1016/j.ijbiomac.2017.06.100

35. Suffness M, Pezzuto JM. Assays related to cancer drug discovery. In: Hostettmann, K. editor. Methods in plant biochemistry: assays for bioactivity. London: Academic Press; 1990.

36. Itharat A, Houghton PJ, Enom-Amooqaye E, Burke PJ, Sampson JH, Raman A. In vitro cytotoxic activity of Thai medicinal plants used traditionally to treat cancer. J Ethnopharmacol. 2004;90:33-38. 
DOI:10.1016/j.ijbiomac.2007.03.100

37. Demardin CC, Parisi MM, Martins LAM, Terra SR, Borjevic R, Vizzotto M. Antiproliferative and cytotoxic effects of purple pitanga (Eugenia uniflora L.) extract on activated hepatic stellate cells. Cell Biochem Funct. 2014;32:16-23. 
DOI:10.1002/cbf.2965

38. Li L, Adams LS, Chen S, Killian C, Ahmed A, Seearam NP. Eugenia jambolana Lam. Berry extract inhibits growth and induces apoptosis of human breast cancer but not non-tumorigenic breast cells. J Agr Food Chem. 2009;57:826-31. 
DOI:10.1021/jf803407q

39. Lee CC, Houghton P. Cytotoxicity of plants from Malaysia and Thailand used traditionally to treat cancer. J Ethnopharmacol. 2005;100:237-43. 
DOI:10.1016/j.ijbiomac.2007.03.100

40. Fouche G, Cragg GM, Pillay P, Kolesnikova N, Maharaj VJ, Senabe J. In vitro anticancer screening of South African plants. J Ethnopharmacol. 2008;119:455-61. 
DOI:10.1016/j.ijbiomac.2007.03.100

41. Awad AB, Williams H, Fink CS. Phytosterols reduce in vitro metastatic ability of MDA-MB-231 human breast cancer cells. Nutr Cancer. 2001;40:157-64. 
DOI:10.1207/S15327914NC402_12

42. Chai JW, Kuppusamy UR, Kanthimathi MS. Beta-sitosterol induces apoptosis in MCF-7 cells. MJBMB. 2008;16:28-30.

43. Holtz RL, Fink CS, Awad AB. Beta-sitosterol activates the sphingomyelin cycle and induces apoptosis in LNCaP human prostate cancer cells. Nutr Cancer. 1998;32:8-12. 
DOI:10.1080/01635589809514709

44. Choi YH, Kong KR, Kim YA, Jung KO, Kil JH, Rhee SH. Induction of Bax and activation of caspases during beta-sitosterol-mediated apoptosis in human colon cancer cells. Int J Oncol. 2003;23:1657-62. 
DOI:10.3892/ijo.23.6.1657

45. Ovesna Z, Vachalkova A, Horvathova K. Taraxasterol and beta-sitosterol: new naturally compounds with chemoprotective/chemopreventive effects. Neoplasma. 2004;51:407-14.