Magnetic field effects on edge and bulk states in topological insulators based on 
HgTe/CdHgTe quantum wells with strong natural interface inversion asymmetry

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We present a theory of the electron structure and the Zeeman effect for the helical edge states 
emerging in two-dimensional topological insulators based on HgTe/HgCdTe quantum wells with 
strong natural interface inversion asymmetry. The interface inversion asymmetry, reflecting the real 
atomistic structure of the quantum well, drastically modifies both bulk and edge states. For the in-
plane magnetic field, this asymmetry leads to a strong anisotropy of the edge-state effective g-
factor which becomes dependent on the edge orientation. The interface inversion asymmetry also couples 
the counter propagating edge states in the out-of-plane magnetic field leading to the opening of the 
gap in the edge-state spectrum by arbitrary small fields.

PACS numbers: 73.20.-r, 73.21.Fg, 73.63.Hs, 78.67.De

I. INTRODUCTION

HgTe/CdHgTe quantum wells (QWs) of thickness above a critical value belong to the class of Z2 
two-dimensional topological insulators characterized by the existence of counter propagating helical edge modes\textsuperscript{1–5}. Continuous advance in the technology of CdHgTe-based heterostructures stimulates experimental and theoretical studies of their electronic properties related to the non-trivial band topology. The structure of the edge states responsible for the emergence of the quantum spin Hall effect was theoretically studied at zero magnetic field\textsuperscript{5–10}, in the presence of magnetic field lying in the QW plane\textsuperscript{11,12}, and in magnetic field normal to the QW plane\textsuperscript{13–16}. Most of the theoretical papers consider simplified models which do not take into account the natural inversion asymmetry of the HgTe/CdHgTe QWs caused by their atomic structure or treat this asymmetry as a small perturbation\textsuperscript{6,7,16}. Contrary, atomistic calculations performed recently\textsuperscript{17,18} have revealed very strong level repulsion in HgTe/CdHgTe QWs, mostly driven by the natural interface inversion asymmetry of the zinc-blende heterostructures, which results in a considerable modification of the “bulk” (two-dimensional) electron states and dispersion. The inversion asymmetry also gives rise to a giant photogalvanic response observed in HgTe/CdHgTe heterostructures\textsuperscript{19,20}.

In the present paper we study theoretically the electron structure of bulk and helical edge states in HgTe/HgCdTe QWs with strong natural interface inversion asymmetry in external magnetic field. We find that the interface mixing of the states results in (i) a strong anisotropy of the edge-state g-factor in the in-plane magnetic field and (ii) opening of the gap in the edge-state spectrum by an arbitrary small out-of-plane magnetic field. Both effects are absent in centrosymmetric continuum-medium models. We obtain analytical results for the energy spectrum and wave functions of the edge states in a semi-infinite two-dimensional structure and do numerical calculations of the spectrum of coupled edge states in a strip of a finite width.

The paper is organized as follows. In Sec. II we present the effective Hamiltonian of the system and describe the bulk energy spectrum at zero magnetic field and the structure of bulk Landau levels. In Sec. III we study analytically the helical states in a semi-infinite system with a single edge at zero magnetic field (Sec. III A), in the in-plane magnetic field (Sec. III B), and out-of-plane magnetic field (Sec. III C). Section III D presents the study of the edge states and the Zeeman effect in a semi-infinite structure with an arbitrary orientation of the edge with respect to crystallographic axes. In Sec. IV we outline the numeric procedure used to calculate the edge states in a strip of a finite width and compare the obtained numerical and analytical results. Sec. V summarizes the paper.

II. EFFECTIVE HAMILTONIAN AND BULK LANDAU LEVELS

We consider HgTe/HgCdTe QWs grown along the \( z \parallel (001) \) axis (\( D_{2d} \) point group) with a symmetric heteropotential. In the QWs of the critical thickness \( d_{c} \), where the transition between the trivial and non-trivial topological phases occurs, and in QWs of close-to-critical thickness, the Dirac states are formed from the electron-like \(|E1, \pm 1/2\rangle\) and heavy-hole \(|H1, \pm 3/2\rangle\) subbands,\textsuperscript{1,21}

\[
|E1, \pm 1/2\rangle = f_1(z)|\Gamma_6, \pm 1/2\rangle + f_4(z)|\Gamma_8, \pm 1/2\rangle,
|H1, \pm 3/2\rangle = f_3(z)|\Gamma_8, \pm 3/2\rangle,
\]

where \( f_1(z) \), \( f_3(z) \), and \( f_4(z) \) are the envelope functions, \(|\Gamma_6, \pm 1/2\rangle\), \(|\Gamma_8, \pm 3/2\rangle\), and \(|\Gamma_8, \pm 1/2\rangle\) are the Bloch amplitudes of the \( \Gamma_8 \) and \( \Gamma_6 \) bands at the \( \Gamma \) point of the Brillouin zone.

Symmetry lowering resulting from the anisotropy of the QW interfaces leads to an efficient interface coupling of the light-hole states \(|\Gamma_8, \pm 1/2\rangle\) and heavy-hole states \(|\Gamma_8, \pm 3/2\rangle\) and, hence, to coupling of the electron-like and heavy-hole subbands. This coupling leads to the level anticrossing at the interfaces and splitting of the Dirac cones\textsuperscript{17}. 

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The effective 4×4 $\mathbf{k} \cdot \mathbf{p}$ Hamiltonian, which precisely takes into account the real spatial symmetry of the QW structure, can be constructed in the framework of the group representations theory. The effective Hamiltonian can be derived taking into account that, in the $D_{2d}$ point group, the $|E_1, \pm1/2\rangle$ and $|H_1, \mp3/2\rangle$ pairs transform according to the spinor representation $\Gamma_6$ while the components $k_x, k_y$ of the in-plane wave vector $\mathbf{k}$ belong to the irreducible representation $\Gamma_5$. The effective Hamiltonian to the second order in the wave vector in the $|E_1, +\rangle, |H_1, +\rangle, |E_1, -\rangle, |H_1, -\rangle$ basis has the form (see also Refs. 1, 6, 17, and 22)

$$\mathcal{H}_0(k_x, k_y) = \begin{pmatrix}
\delta_0 - (B + D)k^2 & iAk_+ & \beta_+ k_+ & i(\gamma + \gamma k^2) \\
-iAk_- & -\delta_0 + (B - D)k^2 & \beta_- k_- & i(\gamma + \gamma k^2) \\
-i(\gamma + \gamma k^2) & -\beta_+ k_+ & \beta_0 - (B + D)k^2 & -iAk_+ \\
-\beta_0 - (B - D)k^2 & -iAk_- & iAk_+ & \beta_0 + (B - D)k^2
\end{pmatrix}. \quad (2)
$$

Here, $k = |\mathbf{k}|$, $k_\pm = k_x \pm ik_y$, $x \parallel [100]$ and $y \parallel [010]$ are the in-plane axes, $A, B, D$, $\beta_\pm, \beta_0, \gamma, \gamma'$, and $\delta_0$ are the structure parameters. The parameter $\delta_0$ determines the energy gap. It can be tuned from positive to negative values by varying the QW thickness and defines whether the system is in the trivial ($\delta_0 > 0$ at negative $B$) or non-trivial ($\delta_0 < 0, B < 0$) topological phase. The parameters $\beta_\pm$ and $\beta_0$ describe contributions to the $k$-linear splitting of the electron-like and heavy-hole subbands caused by bulk inversion asymmetry. The parameters $\gamma$ and $\gamma'$ are determined by the intervalley mixing strength. Atomistic calculations yield the splitting $2|\gamma| \approx 10$ meV at $\mathbf{k} = 0$ for HgTe/Hg0.3Cd0.7Te QWs with atomically sharp interfaces\(^5\). Such a strong intervalley coupling of the states drastically affects the energy spectrum and cannot be treated as a small perturbation. In contrast, the parameters $\beta_\pm, \beta_0$, and $\gamma'$ lead only to corrections to the splitting at $\mathbf{k} \neq 0$. Therefore, to simplify calculations we consider the standard Bernevig-Hughes-Zhang Hamiltonian of the HgTe-based two-dimensional topological insulators\(^1\) ($\beta_\pm, \beta_0, \gamma' = 0$) with account for the interface coupling described by $\gamma$. For numerical calculations presented below we use parameters: $A = 3.6$ eV-$\mathring{\text{A}}, B = -68$ eV-$\mathring{\text{A}}^2, D = -51$ eV-$\mathring{\text{A}}^2$ corresponding to a 7-nm-wide HgTe/Hg0.3Cd0.7Te QW (the thickness is slightly above $d_0$)\(^6\). We assume $\gamma$ to be positive and use $\gamma = 5$ meV.

Diagonalization of the Hamiltonian (2) yields the energy spectrum of the bulk Dirac fermions\(^7\)

$$\varepsilon(\mathbf{k}) = -DK^2 \pm \sqrt{(\delta_0 - BK^2)^2 + (\gamma \pm AK)^2}. \quad (3)$$

The dispersion curves given by Eq. (3) are depicted in Fig. 1. Generally, the spectrum contains four branches with an energy gap $2|\delta|$, where $\delta = \delta_0 - Bk_0^2$, at the wave vector $k_0 = \gamma/A$. For a gapless structure ($\delta = 0$), the spectrum consists of two massless Dirac cones shifted vertically with respect to each other by $2\gamma$.

External magnetic field $B$ is included in the $\mathbf{k} \cdot \mathbf{p}$ theory by the Peierls substitution $\mathbf{k} \rightarrow \mathbf{k} - (e/\mathcal{C})A$ in the zero-field Hamiltonian (2) and by adding the Zeeman Hamiltonian

$$\mathcal{H}_Z = \frac{\mu_B}{2} \begin{pmatrix}
g_\uparrow B_z & 0 & g_\downarrow B^- & 0 \\
0 & g_\downarrow B_z & 0 & g_\uparrow B^+ \\
g_\downarrow B^+ & 0 & -g_\uparrow B_z & 0 \\
0 & g_\uparrow B^- & 0 & -g_\downarrow B_z
\end{pmatrix}, \quad (4)
$$

where $\mathbf{k} = -i\nabla, e$ is the electron charge, $A$ is the vector potential of the magnetic field, $B = \nabla \times A, \mu_B$ is the Bohr magneton, $g_\uparrow, g_\downarrow, g_\uparrow^\perp$, and $g_\downarrow^\perp$ are the contributions to the $g$-factors of the $|E_1\rangle$ and $|H_1\rangle$ subbands stemming from the bare electron $g$-factor and interaction with remote electron and hole subbands, and $B_\pm = B_x \pm iB_y$. The coupling of the $|E_1\rangle$ and $|H_1\rangle$ states by the out-of-plane magnetic field is exactly taken into account in the Hamiltonian $\mathcal{H}_0[\mathbf{k} - (e/\mathcal{C})A]$. The coupling of these bands by the in-plane magnetic field, which occurs in QWs of the $D_{2d}$ symmetry, is small since it requires the consideration of inversion symmetry breaking, and thus, is neglected in the Hamiltonian (4). We also note that $g_\parallel$ is expected to be small compared to $g_\perp$\(^23\). For numerical calculations we use $g_\parallel = -20, g_\perp = 22, g_\perp^\perp = -1$, and $g_\downarrow^\perp = 0$.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{fig1.png}
\caption{Energy spectra of the bulk Dirac fermions in HgTe/CdHgTe QWs (a) with $|\delta| = 10$ meV, and (b) of the critical thickness, $\delta = 0$, at zero magnetic field. The level splitting at $\mathbf{k} = 0$ in the panel (b) is caused by the light-hole-heavy-hole mixing.}
\end{figure}
The structure of the bulk Landau levels in the perpendicular magnetic field $\mathbf{B} = (0, 0, B_z)$ can be readily found by solving the Schrödinger equation $\mathcal{H}\Psi = \varepsilon\Psi$ with the Hamiltonian

$$ \mathcal{H} = \mathcal{H}_0\hat{k} - (e/\hbar)\mathbf{A} + \mathcal{H}_Z. $$

We take the vector potential in the Landau gauge $\mathbf{A} = (0, B_z, 0)$ and following Refs. 6, 14, and 24 solve the Schrödinger equation by decomposing the four-component wave function $\Psi$ in a series of the Landau level functions $\phi_{n,k_y}$

$$ \Psi = \sum_{n\geq 0} \left( \begin{array}{c} a_n \\ b_n \\ c_n \\ d_n \end{array} \right) \phi_{n,k_y}, $$

where $n$ and $k_y$ are the quantum numbers, and $a_n$, $b_n$, $c_n$, and $d_n$ are coefficients.

Figure 2 shows the calculated energy spectrum for a HgTe/CdHgTe QW in the topologically non-trivial phase. Landau levels can be divided into two groups. The first group comprises two “zero” modes corresponding to $n = 0$. These modes are formed by the $|E1, +\rangle$ and $|H1, -\rangle$ subbands only and are decoupled from other

![FIG. 2. Bulk Landau levels in a HgTe/CdHgTe QW with $\delta = -10$ meV. Red curves show the magnetic field dependence of the zero Landau levels. Dashed red lines in panel (a) show the positions of the zero Landau levels in the absence of the light-hole–heavy-hole mixing ($\gamma = 0$). Panels (b) and (c) show the structure of the Landau levels at small magnetic fields.](image)

Landau levels with $n \geq 1$. The energies of the zero modes are given by

$$ \varepsilon_n^{(1,4)} = \mp \sqrt{\delta_0^2 + (\gamma + \alpha \sqrt{n/l_B})^2}, \quad \varepsilon_n^{(2,3)} = \pm \sqrt{\delta_0^2 + (\gamma - \alpha \sqrt{n/l_B})^2}, $$

where $l_B = \sqrt{\hbar/eB_z}$ is the magnetic length. In the absence of interface mixing ($\gamma = 0$), the zero Landau levels cross at the critical field $B_c = \delta_0/|eB/(\hbar c) - \mu_B(g^+_e + g^+_h)/4|^6$.14. The mixing of these states due to interface inversion asymmetry (or bulk inversion asymmetry$^{25,26}$) leads to coupling of the zero modes and anticrossing with the gap $2\gamma$ at $B_z = B_c$, see Fig. 2.

Landau levels that belong to the second group are described by the wave functions $\Psi = (a_n |n\rangle, b_{n-1} |n-1\rangle, c_{n-1} |n-1\rangle, d_n |n\rangle)^T$ with $n \geq 1$. The corresponding energies are the roots of a fourth-degree polynomial. For $g^+_e = g^+_h = 0$ and $\mathcal{B} = D = 0$, the energies can be found analytically and have the form

![FIG. 3. Bulk Landau levels in a HgTe/CdHgTe QW of the critical thickness, $\delta = 0$ meV. Red lines present the dispersion of “zero” Landau levels.](image)
III. EDGE STATES IN A SEMI-INFINITE SYSTEM

A. Zero magnetic field

We consider now a semi-infinite QW structure in the halfspace \( x \geq 0 \). In the topologically non-trivial phase \( \delta < 0 \), the structure supports edge states, which exponentially decay at \( x \to +\infty \). We find the energy spectrum and wave functions of the edge states by solving the Schrödinger equation

\[
\mathcal{H}(\hat{k}_x, \hat{k}_y)\Psi(x, y) = \varepsilon \Psi(x, y),
\]

with the open boundary conditions at the edge, \( \Psi(0, y) = 0 \). A more general form of boundary conditions was studied in Ref. 10.

Taking into account the translation invariance along the \( y \) direction we can present the wave function of the edge state in the form

\[
\Psi(x, y) = \frac{e^{ik_y y}}{\sqrt{L}} \sum_{j=1}^{8} c_je^{-\lambda_j x} \xi_j,
\]

where \( k_y \) is the wave vector along the edge, \( L \) is the normalization length, \( c_j \) are the coefficients to be determined from the boundary conditions, \( \lambda_j \) are the complex-valued reciprocal lengths, and \( \xi_j \) are the position-independent normalized four-component columns. We note that all components of \( \xi_j \) are generally nonzero since the Hamiltonian (2) contains off-diagonal blocks \( \propto \gamma \). This is in contrast to centrosymmetric models (\( \gamma = 0 \)) with the decoupled lower and upper blocks of the Hamiltonian.

For a given wave vector \( k_y \), the columns \( \xi_j \) and the relation between the reciprocal lengths \( \lambda_j \) and the energy \( \varepsilon \) are found from the matrix equation

\[
\mathcal{H}(i\lambda, k_y)\xi = \varepsilon\xi.
\]

First, we calculate the wave functions at \( k_y = 0 \). We consider the case of “electron-hole” symmetry, i.e., \( \mathcal{D} = 0 \) in the Hamiltonian (2), so that the edge states at \( k_y = 0 \) have the energy \( \varepsilon = 0 \). A more general case of \( \mathcal{D} \neq 0 \) will be analyzed in Sec. IV in numeric simulations of the electron states in a strip of a finite width. For \( \varepsilon = 0 \), the right-hand side of Eq. (11) vanishes and non-trivial solutions for \( \xi \) exist for a set of \( \lambda \) which satisfy the equation \( \det \mathcal{H}(i\lambda, 0) = 0 \). This equation yields eight reciprocal lengths \( \lambda_j \) which are pairwise related to each by complex conjugation

\[
\begin{align*}
\lambda_1 &= \lambda_2^* = -\lambda_6 = -\lambda_8^* = -\frac{A + \sqrt{A^2 - 4B(\delta + i\gamma)}}{2B}, \\
\lambda_3 &= \lambda_4^* = -\lambda_7 = -\lambda_5^* = -\frac{A - \sqrt{A^2 - 4B(\delta + i\gamma)}}{2B}.
\end{align*}
\]

The corresponding normalized null-space vectors of the matrices \( \mathcal{H}(i\lambda_j, 0) \) have the form

\[
\begin{align*}
\xi_1 &= \xi_3 = \frac{1}{2} \begin{pmatrix} 1 \\ -1 \\ 1 \\ 1 \end{pmatrix}, & \xi_2 &= \xi_4 = \frac{1}{2} \begin{pmatrix} 1 \\ 1 \\ 1 \\ 1 \end{pmatrix}, \\
\xi_5 &= \xi_7 = \frac{1}{2} \begin{pmatrix} 1 \\ -1 \\ 1 \\ 1 \end{pmatrix}, & \xi_6 &= \xi_8 = \frac{1}{2} \begin{pmatrix} 1 \\ 1 \\ -1 \\ 1 \end{pmatrix}.
\end{align*}
\]

The wave functions of the edge states are given by Eq. (10). To satisfy the boundary condition \( \sum_j \xi_j = 0 \) and the wave function decay at \( x \to +\infty \) (implying \( \text{Re} \lambda > 0 \)) one has to set \( c_1 = -c_3, c_2 = -c_4, c_5 = c_6 = c_7 = c_8 = 0 \). Finally, the wave functions of the edge states are two-fold degenerate at \( k_y = 0 \) and can be chosen in the form

\[
\begin{align*}
\Psi_1(x, y) &= C \frac{e^{ik_y y}}{\sqrt{L}} \left( e^{-\lambda_1 x} - e^{-\lambda_3 x} \right) \xi_1, \\
\Psi_2(x, y) &= C \frac{e^{ik_y y}}{\sqrt{L}} \left( e^{-\lambda_5 x} - e^{-\lambda_7 x} \right) \xi_2,
\end{align*}
\]

where

\[
C = \left[ \frac{1}{2 \text{Re} \lambda_1} + \frac{1}{2 \text{Re} \lambda_3} - 2 \text{Re} \left\{ \frac{1}{\lambda_1 + \lambda_3} \right\} \right]^{-1/2}
\]

is the normalization constant. We note that in topologically trivial phase \( \delta > 0 \), the boundary conditions yield \( c_j = 0 \) for all the coefficients and, hence, no edge states emerge.

The dependence of the wave functions (14) on \( x \) can be further simplified by introducing the effective lengths \( l_1 = -B/A \) and \( l_2 = -A/\delta \) and the wave vector \( k_0 = \gamma/A \). For the parameters of HgTe/CdHgTe QWs and \( \delta = -10 \text{meV}, \) one has \( l_1 \approx 20 \text{ Å}, l_2 \approx 360 \text{ Å}, \) and \( 1/k_0 \approx 600 \text{ Å} \). Taking into account that \( l_1 \ll l_2, 1/k_0, \) we obtain

\[
\lambda_1 \approx \frac{1}{l_1}, \quad \lambda_3 \approx \frac{1}{l_2} - ik_0.
\]

Note that the wave vector \( k_0 \) corresponds to the position of the bulk energy gap in the two-dimensional Brillouin zone, see Sec. II.

To obtain the energy spectrum at \( k_y \neq 0 \) we construct the effective \( 2 \times 2 \) Hamiltonian by projecting the Hamiltonian (2) onto the basis functions \( \Psi_1 \) and \( \Psi_2 \). To the first order in \( k_y \), the effective Hamiltonian of the edge states reads

\[
\mathcal{H}_{\text{edge}}^{(\Psi)}(k_y) = -\frac{A\delta k_y}{\delta^2 + \gamma^2} \begin{pmatrix} 0 & \delta + i\gamma \\ -\delta - i\gamma & 0 \end{pmatrix}.
\]

The Hamiltonian (16) is diagonalized by the unitary transformation

\[
\begin{pmatrix} \Phi_1 & \Phi_2 \end{pmatrix} = \frac{1}{\sqrt{2}} \begin{pmatrix} e^{-i\varphi/2} & -e^{i\varphi/2} \\ e^{i\varphi/2} & e^{-i\varphi/2} \end{pmatrix} \begin{pmatrix} \Psi_1 \\ \Psi_2 \end{pmatrix},
\]

where

\[
\begin{align*}
\Phi_1 &= \frac{1}{2} \begin{pmatrix} e^{-i\varphi/2} & -e^{i\varphi/2} \end{pmatrix}, \\
\Phi_2 &= \frac{1}{2} \begin{pmatrix} e^{i\varphi/2} & e^{-i\varphi/2} \end{pmatrix}.
\end{align*}
\]
where \( \varphi = \arctan(-\gamma/\delta) \). In the basis of the functions \( \Phi_1 \) and \( \Phi_2 \), it has the form
\[
\mathcal{H}_{edge}^{(\Phi)}(k_y) = v\hbar k_y \sigma_z,
\]
where \( \sigma_z \) is the Pauli matrix and
\[
v = -\frac{A\delta}{\hbar \sqrt{\delta^2 + \gamma^2}}.
\]
The \( v \) parameter describes the group velocity of the edge states. In contrast to models neglecting the light-hole–heavy-hole mixing, the velocity \( v \) at \( \gamma \neq 0 \) depends on the QW thickness. At \( |\delta| \ll \gamma \), the velocity tends to zero, and the dispersion of the edge states vanishes.

The wave functions \( \Phi_{1,2} \) can be written in an equivalent form
\[
\begin{align*}
\Phi_1 &= \frac{e^{ik_y y}}{\sqrt{L}} \left[ a(x) \frac{\xi_1 - \xi_2}{\sqrt{2}} - ib(x) \frac{\xi_1 + \xi_2}{\sqrt{2}} \right], \\
\Phi_2 &= \frac{e^{ik_y y}}{\sqrt{L}} \left[ a(x) \frac{\xi_1 + \xi_2}{\sqrt{2}} - ib(x) \frac{\xi_1 - \xi_2}{\sqrt{2}} \right],
\end{align*}
\]
(20)
where \( a(x) \) and \( b(x) \) are the real functions
\[
\begin{align*}
a(x) &= \sqrt{\frac{2}{l_z}} \left[ e^{-x/l_1} \cos \frac{\varphi}{2} - e^{-x/l_2} \cos \left( k_0 x - \frac{\varphi}{2} \right) \right], \\
b(x) &= \sqrt{\frac{2}{l_z}} \left[ e^{-x/l_1} \sin \frac{\varphi}{2} + e^{-x/l_2} \sin \left( k_0 x - \frac{\varphi}{2} \right) \right].
\end{align*}
\]
(21)
Note that \( b(x) \) is nonzero only at \( \gamma \neq 0 \).

The amplitudes \( a(x) \) and \( b(x) \) are depicted in Fig. 4. At \( x \gg l_1 \), \( a(x) \) and \( b(x) \) (i) oscillate with the wave length \( 2\pi/k_0 \) and (ii) decay with the characteristic length \( l_2 \). The number of oscillations within the decay length is given by the dimensionless parameter \( k_0 l_2 = -\gamma/\delta \) which is large for \( |\delta| \ll \gamma \).

**B. In-plane magnetic field effect on edge states**

We consider now the effect of in-plane magnetic field \( B = (B_x, B_y, 0) \) on the edge states in a semi-infinite structure with the edge perpendicular to the \( x \parallel [100] \) axis. The in-plane field couples the electron as well as the hole spin states, see the Zeeman Hamiltonian (4).

By projecting \( \mathcal{H}_Z \) onto the edge states \( \Phi_{1,2} \), we obtain the effective Zeeman Hamiltonian
\[
\mathcal{H}_{B,edge}^{(\Phi)} = \frac{1}{2} \mu_B \langle g_{xx}\sigma_x B_x + g_{yy}\sigma_y B_y \rangle,
\]
(22)
with the components of the effective \( g \)-factor tensor of the edge states given by
\[
\begin{align*}
g_{xx} &= \frac{1}{2} (g_x^l - g_h^l), \\
g_{yy} &= \frac{1}{2} (g_x^l + g_h^l) \frac{-\delta}{\sqrt{\delta^2 + \gamma^2}}.
\end{align*}
\]
(23)

In the Hamiltonian (22), we neglected the term \( g_{xy} \sigma_z B_y \) since the off-diagonal component \( g_{xy} \) of the edge \( g \)-factor tensor is proportional to small parameters \( l_1/l_2 \) and \( k_0 l_2 \).

Equations (22), (23) present one of the main results of our work: The light-hole–heavy-hole mixing provided by the \( D_{2d} \) point-group symmetry of the QW results in a strong anisotropy of the in-plane Zeeman effect for the edge states. The effective \( g \)-factor for the magnetic field pointing along the edge, \( B \parallel y \parallel [010] \), is reduced by the factor \( 1/\sqrt{1 + (\gamma/\delta)^2} \) which is determined by the ratio between the energy of the light-hole–heavy-hole mixing and the bulk band gap.

Magnetic field opens the gap in the energy spectrum of the edge states
\[
\varepsilon_{gap} = \mu_B B \sqrt{g_{xx}^2 \cos^2 \alpha + g_{yy}^2 \sin^2 \alpha},
\]
(24)
where \( \alpha = \arctan(B_y/B_x) \) is the angle between the in-plane vector \( B \) and the edge normal. Due to the \( g \)-factor anisotropy given by Eqs. (23), the gap depends on the magnetic field orientation.

**C. Out-of-plane magnetic field effect on edge states**

Magnetic field perpendicular to the QW plane \( B = (0, B_z, 0) \) affects the edge states via the coupling of the electron-like and heavy-hole subbands included in the Hamiltonian \( \mathcal{H}_0[k - (e/c)B]A \) and the extra Zeeman term (4). Although magnetic field breaks the time reversal symmetry and, consequently, may destroy topological protection of the edge states, it was shown that in centrosymmetric models magnetic field \( B_z < B_c \) does not open the gap in the spectrum of the edge states preserving their helical structure. The gap is opened in high enough fields only \( B_z > B_c \), when the system is
in the quantum Hall effect regime. The interface mixing in real QWs qualitatively changes the behavior of the edge states in out-of-plane magnetic field and leads to the emergence of the gap at arbitrary small fields.

To analyze the edge-state spectrum in the out-of-plane magnetic field we take the vector potential in the form

$$\mathbf{A} = (0, B_z(x + x_c), 0),$$

where $x_c$ is a constant. Different $x_c$ correspond to different gauges of the magnetic field. By projecting $\mathcal{H}_0[k - (e/\hbar)\mathbf{A}] + \mathcal{H}_2$ onto the edge states $\Phi_{1,2}$, we obtain the effective Zeeman Hamiltonian

$$\mathcal{H}_{B,edge}^{(\Phi)} = \frac{1}{2} \mu_B (g_{yz} \sigma_y B_z + g_{zz} \sigma_z B_z),$$

where the components of the $g$-factor tensor at $k_y = 0$, in the leading order in $l_1/l_2$ and $k_0 l_1$, are given by

$$g_{zz} = \frac{g_e + g_h}{2} \frac{\delta - \delta_\gamma}{\sqrt{\delta^2 + \gamma^2}} + \frac{2m_0 A^2}{\hbar^2} \delta + 2(\delta^2 + \gamma^2)(x_c/l_2),$$

$$g_{yz} = \frac{2m_0 A^2}{\hbar^2} \frac{\delta - \delta_\gamma}{(\delta^2 + \gamma^2)^{3/2}},$$

and $m_0$ is the free electron mass. Both $g_{zz}$ and $g_{yz}$ components have large orbital contributions originating from the term $\mathcal{H}_0[k - (e/\hbar)\mathbf{A}]$.

From the Hamiltonians (18) and (25) we deduce that the diagonal component $g_{zz}$ leads only to a shift of the energy spectrum along $k_y$ without opening the gap. The shift depends on the magnetic field gauge and, for a single edge, can be excluded by a proper choice of the coordinate frame. In contrast, the term $\propto g_{yz} \sigma_y B_z$ is gauge independent. It couples edge states with the opposite pseudospin projections and opens the gap

$$\varepsilon_{\text{gap}} = \frac{2m_0 A^2}{\hbar^2} \frac{\mu_B |\delta_\gamma| B_z}{(\delta^2 + \gamma^2)^{3/2}}.$$  (27)

The gap in the edge-state spectrum emerges due to the lack of space inversion asymmetry in the QW and is a non-monotonic function of the bulk band gap $2|\delta|$.

D. Edge of arbitrary crystallographic orientation

In above subsections we studied a semi-infinite system with the edge parallel to one of the cubic axes, $y \parallel [010]$. Meanwhile, since the interface inversion asymmetry is associated with the certain crystallographic axes, it is natural to expect that the edge-state $g$-factors depend on the orientation of the edge. Now, we consider a semi-infinite structure with the edge of an arbitrary orientation defined by the angle $\theta$ between the edge and the [010] axis, see the inset in Fig. 7.

We introduce a new coordinate frame $(x', y', z)$ rotated with respect to the frame $(x, y, z)$ by the angle $\theta$ and the corresponding basis states

$$|E_1, \pm 1/2\rangle' = |E_1, \pm 1/2\rangle e^{\mp i\theta}/2,$$

$$|H_1, \pm 3/2\rangle' = |H_1, \pm 3/2\rangle e^{\mp 3i\theta}/2.$$  (28)

The effective $k \cdot p$ and Zeeman Hamiltonians in the $|E_1, +\rangle', |H_1, +\rangle', |E_1, -\rangle', |H_1, -\rangle'$ basis can be obtained from the Hamiltonians (2) and (4) taking into account the wave function transformation (28) and the relations $k_{\parallel} = k^0_{\parallel} e^{\mp i\theta}$ and $B_{\parallel} = B^0_{\parallel} e^{\mp i\theta}$. Such a procedure shows that the rotation is equivalent to the substitution $\gamma \rightarrow \gamma e^{2i\theta}$, $\gamma' \rightarrow \gamma' e^{2i\theta}$, $\beta_e \rightarrow \beta_{e} e^{2i\theta}$ and $\beta_h \rightarrow \beta_{h} e^{-2i\theta}$ in the upper triangular part of the $k \cdot p$ Hamiltonian (2) and $g_{\parallel} \rightarrow g_{\parallel} e^{-4i\theta}$ in the upper triangular part of the Zeeman Hamiltonian (4). The corresponding lower triangular parts of the Hamiltonians are found from the condition of Hermitian conjugation. We note that all other contributions to the Hamiltonians (2) and (4) possess an axial symmetry and remain unchanged under a coordinate frame rotation. As in the above consideration, we neglect the terms $\propto \beta_e, \beta_h,$ and $\gamma'$.

The calculation of the edge states, similar to that carried out in Subsec. III A, shows that the parameters $\lambda_j$ are not affected by the rotation whereas the components of the wave functions acquire phase factors. The basis functions of the edge states, which are related to each other by time reversal, can be presented in the form

$$\Phi_1 = e^{ik_{\parallel}y'} \frac{a(x')}{\sqrt{2L}} \begin{bmatrix} a(x') \\ -a(x') \\ -ib(x') e^{2i\theta} \\ ib(x') e^{2i\theta} \end{bmatrix}$$

$$\Phi_2 = e^{ik_{\parallel}y'} \frac{a(x')}{\sqrt{2L}} \begin{bmatrix} -ib(x') e^{-2i\theta} \\ a(x') \\ a(x') \\ a(x') \end{bmatrix}. $$  (29)

The zero-field effective Hamiltonian of the edge states in the $(\Phi_1', \Phi_2')$ basis has the form

$$\mathcal{H}_{edge}^{(\Phi)}(k_y) = \nu \hbar k_y \sigma_z,$$  (30)

whereas the effective Zeeman Hamiltonian is given by

$$\mathcal{H}_{B,edge}^{(\Phi)} = \frac{1}{2} \mu_B \sum_{\alpha,\beta=x',y',z} g_{\alpha\beta} \sigma_\alpha B_\beta,$$  (31)

with the following components of the $g$-tensor:

$$g_{x'x'} = \frac{1}{2} \left( g_{\parallel} - g_{\perp} \right) \cos^2 2\theta - \frac{1}{2} \left( g_{\parallel} + g_{\perp} \right) \frac{\delta}{\sqrt{\delta^2 + \gamma^2}} \sin^2 2\theta,$$

$$g_{y'y'} = \frac{1}{2} \left( g_{\parallel} - g_{\perp} \right) \sin^2 2\theta - \frac{1}{2} \left( g_{\parallel} + g_{\perp} \right) \frac{\delta}{\sqrt{\delta^2 + \gamma^2}} \cos^2 2\theta,$$

$$g_{x'y'} = g_{y'x'} = \frac{1}{4} \left[ \left( g_{\parallel} - g_{\perp} \right) + \left( g_{\parallel} + g_{\perp} \right) \frac{\delta}{\sqrt{\delta^2 + \gamma^2}} \right] \sin 4\theta,$$

$$g_{x'z'} = -\frac{2m_0 A^2}{\hbar^2} \frac{\delta - \delta_\gamma}{(\delta^2 + \gamma^2)^{3/2}} \sin 2\theta,$$

$$g_{y'z'} = \frac{2m_0 A^2}{\hbar^2} \frac{-\delta - \delta_\gamma}{(\delta^2 + \gamma^2)^{3/2}} \cos 2\theta. $$  (32)

In-plane magnetic field opens the gap in the edge-state spectrum

$$\varepsilon_{\text{gap}} = \mu_B \sqrt{(g_{x'x'} B_{x'} + g_{x'y'} B_{y'})^2 + (g_{y'y'} B_{y'} + g_{y'z'} B_{z'})^2}. $$  (33)
The dependence of the gap on magnetic field orientation at $g_{\parallel} = 0$ is given by

$$\varepsilon_{\text{gap}} = \frac{1}{2} g_{\parallel} |\mu_B B| \sqrt{\cos^2(\alpha - 2\theta) + \frac{\delta^2}{\delta^2 + \gamma^2} \sin^2(\alpha - 2\theta)}, \quad (34)$$

where $\alpha$ is the angle between $B$ and the edge normal. The gap induced by normal magnetic field $B_z$ is given by Eq. (27) and is independent of the edge orientation.

IV. EDGE STATES IN A STRIP OF A FINITE WIDTH. RESULTS AND DISCUSSION

Now we present the numerical results for the energy spectrum of the edge and bulk states in the strip of a finite width $w = 1 \mu$m and compare it with the analytical theory developed in Sec. III. We consider the strips with different crystallographic orientations and analyze the spectrum modification in both in-plane and out-of-plane magnetic fields. To calculate the spectrum we numerically solve the Schrödinger equation with the Hamiltonian $H = -i \nabla - (e/hc) A + H_z$ using the open boundary conditions $\Psi(-w/2, y) = \Psi(w/2, y) = 0$. The band structure parameters used in the calculations are listed in Sec. II. We consider HgTe/Cd$_{0.5}$Hg$_{0.5}$Te QWs in the regime of topological insulator ($\delta < 0$). Varying the absolute value of $\delta$ allows us to simulate the QWs of different thickness. Small change of the band structure parameters upon variation of the QW thickness in the vicinity of $d_c$ (see parameterizations for different well thickness in Ref. 27) is neglected in the calculations.

A. Zero magnetic field

Figure 5 shows the calculated zero-field energy spectrum of electron states in the strip with the bulk band gap $2|\delta| = 8$ meV. One can see that the states with linear dispersion in the vicinity of $k_y = 0$ emerge inside the band gap. The dispersion of these states is shifted from the band gap center towards positive energies due to the “electron-hole asymmetry”, i.e. $D \neq 0$. Each of the dispersion curves depicts two almost degenerate states corresponding to the pair of spin-polarized states localized at the two strip edges. The finite width of the strip leads to an inevitable overlap of the states localized at the spatially separated edges and, consequently, to the opening of a small gap at $k_y = 0$.

The gap, however, exponentially decreases with growth of the strip width: For $w = 1 \mu$m [see Fig. 5(a)] the gap is only about 5 meV. At $k_y \approx \pm \gamma/A$ the dispersion of the bulk states has pronounced extrema originating from the light-hole–heavy-hole mixing [c.f. Fig. 1(a)]. According to Eq. (19), such a shape of the bulk energy spectrum leads to a flattening of the edge-state dispersion curves. For the dispersion of the edge states shown in Fig. 5 we find the effective velocity $v \approx 2.4 \times 10^6$ cm/s whereas calculations with the same parameters but $\gamma = 0$ (not shown) yield $v \approx 5.8 \times 10^6$ cm/s.

B. Energy gap in the edge-state spectrum induced by an in-plane magnetic field

As it was shown in Secs. III B and III D, in-plane magnetic field opens a gap in the energy spectrum of the edge states. Due to the light-hole–heavy-hole mixing, the gap depends on the magnetic field direction and the edge orientation. Numeric calculation of the gap behaviour upon variation of the magnetic field direction is presented in Fig. 6 for the edges along [010]. The calculated dependence is perfectly described by Eq. (24) with the effective $g$-factors $|g_{xx}| \approx 2.7$, $|g_{yy}| \approx 1.2$. However, the obtained $g$-factors are far smaller than those estimated from Eq. (23), $|g_{xx}| \approx 10.2$, $|g_{yy}| \approx 6.2$, indicating that the “electron-hole” asymmetry ($D \neq 0$) neglected in the analytical theory considerably affects the Zeeman splitting. The value of the $g$-factor anisotropy $(|g_{xx}| - |g_{yy}|)/(|g_{xx}| + |g_{yy}|) \approx 0.38$ is in a much better agreement with the analytical theory which yields $(|g_{xx}| - |g_{yy}|)/(|g_{xx}| + |g_{yy}|) \approx 0.24$.

Figure 7 presents the calculated edge-state energy gap as a function of the angle $\alpha$ for different crystallographic orientations of the strip edges. In agreement with Eq. (34), the angular dependence of the gap acquires a
In accordance with the results of Sec. III C, the out-of-plane magnetic field opens the gap in the edge-state spectrum. The dependence of the edge-state gap $\varepsilon_{\text{gap}}$ on $B_z$ is shown in Fig. 9. At small magnetic fields, this dependence is linear, and for a given magnetic field, $\varepsilon_{\text{gap}}$ is a non-monotonic function of the bulk gap $2|\delta|$ (see the inset in Fig. 9), in agreement with Eq. (27).

The out-of-plane magnetic also results in diamagnetic shifts of the dispersion curves, corresponding to the states localized at the opposite edges. These shifts along $k_y$ are clearly seen at small magnetic field, see Figs. 8(a) and (b). We note that the relative shift of the left-edge and right-edge energy spectra is independent of the magnetic field gauge and, for a wide enough strip, is given by $w/l_B^2$. In our calculations we use the gauge with $x=0$ resulting in the symmetric diamagnetic shifts $\pm w/2l_B^2$ with respect to $k_y=0$.

At large magnetic fields, Figs. 8(c) and (d), the energy levels become flat for all $k_y$ (except the narrow ranges around $k_y = \pm w/2l_B^2$), which corresponds to the formation of bulk Landau levels. In particular, two levels in the vicinity of $\varepsilon = 0$ are the bulk zero modes with the energies $\varepsilon_{\pm 0}$ given by Eq. (7). The highly dispersive states at $k_y = \pm w/2l_B^2$ are localized at the strip edges and correspond to the electron and hole chiral edge modes. Thus, the out-of-plane magnetic field finally drives the system phase $2\theta$ for the edge tilted by the angle $\theta$ with respect to the [010] axis.

**C. Out-of-plane magnetic field**

Figure 8 presents electron energy spectra of the strip subjected to out-of-plane magnetic field $B_z$. The spectra are calculated for $w = 1 \mu m$ and $\delta = -10$ meV. Solid and dashed dispersion curves in panels (a) and (b) correspond to the states localized at the left and right edges, respectively. Dashed-dotted vertical lines indicate the positions $k_y = \pm w/2l_B^2$ for each value of magnetic field.
FIG. 9. Energy gap in the edge-state spectrum of a strip as a function of the out-of-plane magnetic field. Dashed lines depict the linear behaviour in the region of small fields. The inset shows the gap at $B_z = 0.01$ T as a function of the bulk gap $\delta$, dots present the results of numerical calculations, solid curve shows the analytical dependence at $\Delta = 0$ calculated after Eq. (27).

### V. CONCLUSIONS

To conclude, we have presented the microscopic theory of the electron structure and the Zeeman effect for helical edge states emerging in two-dimensional topological insulators based on HgTe/HgCdTe quantum wells. The theory takes into account strong natural interface inversion asymmetry of the (001)-grown HgTe/HgCdTe quantum wells which reflects the real spatial symmetry described by the $D_{4d}$ point group. The interface inversion asymmetry leads to the mixing of the electron-like and heavy-hole subbands forming the helical edge states. The subband mixing, described by a single parameter $\gamma$, modifies the edge-state dispersion and leads to spatial oscillations of the edge-state wave functions with the wave length controlled by $\gamma$. External magnetic field applied to the quantum well structure destroys the topological protection of the helical states and opens the gap in the edge-state spectrum. For the in-plane magnetic field, the subband mixing gives rise to a strong anisotropy of the edge-state effective $g$-factor which also becomes dependent on the crystallographic orientation of the edge. The $g$-factor anisotropy results, in turn, in variation of the edge-state gap with magnetic field direction and edge orientation. Weak magnetic field normal to the quantum well plane couples the counter propagating edge states and opens the gap in the edge-state spectrum due to the subband mixing, whereas strong normal magnetic field drives the system into the phase of the quantum Hall effect with the formation of chiral electron and hole edge states.

### ACKNOWLEDGMENTS

The work was partly supported by the Russian Foundation for Basic Research and the “Dynasty” Foundation.
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