Developing a model to predict individualised treatment for gonorrhoea: a modelling study

SUPPLEMENTARY MATERIAL: User guide for the model
Supplementary material: User guide for the spreadsheet model for predicting individualised treatment for gonorrhoea

This spreadsheet is a user-friendly tool to predict an individual’s risk of resistance to multiple antibiotics used to treat gonorrhoea, based on their characteristics. This is to determine whether the individual is likely to be susceptible to previously recommended antibiotics for gonorrhoea (ciprofloxacin, azithromycin, penicillin, and cefixime) in order to avoid prescribing last-line ceftriaxone.

The tool recommends the antibiotic with the lowest estimated risk of resistance as the suggested treatment option. If the predicted risk of resistance to all of the previously recommended antibiotics is above a modifiable threshold of resistance, ceftriaxone will be recommended.

Individual characteristics should be filled in to the green column in the input table (Figure 1). This should be according to the guide included below (Figure 2). Data validation should restrict the entry of anything other than the correct codes shown in Figure 2. Press Enter after inputting the characteristics and the output table will be calculated automatically.

The output table (Figure 3) is explained in the guide below (Figure 4). This is where you’ll find the estimated risk of resistance to ciprofloxacin, azithromycin, penicillin and azithromycin for the individual based on their combination of characteristics. It also recommends the antibiotic with the lowest risk of resistance as the treatment option. The resistance threshold can be modified.

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**INPUT**

| Patient characteristics |
|--------------------------|
| Gender & sexual orientation (F, HM, MSM) | F |
| Number of recent partners (Y/N) | N |
| Age (Y/N) | Y |
| Ethnicity (White/Other) | W |

**OUTPUT**

| Recommended treatment | Cefixime |
|-----------------------|----------|
| Lowest risk antibiotic | Cefixime |
| Resistance (%) | 2.08 |
| Chance of success (%) | 97.92 |

**Antibiotic**

| Antibiotic   | Resistance (%) | Chance of success (%) |
|--------------|----------------|-----------------------|
| Ciprofloxacin| 22.86          | 77.14                 |
| Azithromycin | 4.17           | 95.83                 |
| Penicillin   | 8.33           | 91.67                 |
| Cefixime     | 2.08           | 97.92                 |

**Chosen resistance threshold (%)**

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**Output table explained:**

**Recommended initial treatment (yellow cell):**

The antibiotic with the lowest predicted risk of resistance below the threshold is recommended in this cell.

**Lowest risk antibiotic:**

Provides the antibiotic with the lowest predicted risk of resistance.

**Table:**

Provides the predicted risk of resistance (%); the chance of success (%); and lists all antibiotics below the resistance threshold.

**Resistance threshold (orange cell):**

Modifiable: allows setting of the acceptable risk of resistance (%) for an antibiotic to be recommended. Default = 5%.

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Figure 1: Snapshot of input parameters.
Figure 2: Snapshot of guide to inputting patient characteristics.
Figure 3: Snapshot of output table.
Figure 4: Snapshot of guide to output table.
The sheet named ‘Lookup table’ was included in the model to provide detail on where the estimated risks of resistance come from, and it does not need to be edited (Figure 5). Estimates of the prevalence of resistance in different participant subgroups were calculated from data from the Gonococcal Resistance to Antimicrobials Surveillance Programme (GRASP), from between 2015 and 2017. These estimates were fed into a lookup table included in the model to match individual characteristics to resistance prevalence.

References

1. Public Health England. Surveillance of antimicrobial resistance in Neisseria gonorrhoeae in England and Wales. Key findings from the Gonococcal Resistance to Antimicrobials Surveillance Programme (GRASP). Data to May 2018. (Accessed 26/08/19).

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/746261/GRASP_2017_report.pdf?_ga=2.69271190.789226432.1566843835-240657835.1543998438

Figure 5: Snapshot of lookup table.