A temporary corneal ectasia following airbag trauma

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ARTICLE INFO

Keywords:
Cornea
Ectasia
Airbag trauma
Refractive surgery

ABSTRACT

Purpose: To report a case of a temporary corneal ectasia induced by airbag trauma.

Observations: A patient who suffered a road traffic accident with deployment of the frontal airbag and presented a corneal ectasia in both eyes after 3 months, without changes in visual acuity. After 9 months, he presented a significantly improvement, achieving his basal parameters in pentacam.

Conclusions and importance: This is a rare case of corneal ectasia induced by airbag trauma that spontaneously reverted and it can emphasize the viscoelastic properties of the human cornea.

1. Introduction

Automobile air bags reduced the incidence of fatal and severe injuries with the trade-off of increasing the risk of less severe injuries. 1 In relation to ocular involvement, they can cause corneal abrasions, corneal decompensation, corneal alkali injury, hyphema, angle recession, iris sphincter tears, vitreous hemorrhage, macular retinal pigment epithelium disruption, dislocated posterior chamber intraocular lens, and commotio retinae. 2,3 There are also rare reports of corneal ectasia induced by airbag in patients with 4 or without 5 previous refractive surgery, but none with recovery of tomographic parameters, like in our case.

2. Case report

A 36-year-old male was referenced to our hospital for refractive surgery. He was healthy and had no history of familiar ocular pathology. He had never been submitted to previous ocular surgery. Best corrected visual acuity (BCVA) was 20/20 with –2.00 diopters (D) in the right eye (RE) and 20/20 with –2.25–0.25x30° D in the left eye (LE). The anterior segment examination (ASE), the intraocular pressure (IOP) and the ocular fundoscopy (OF) were normal. In the first observation, Oculus Pentacam® HR parameters (Fig. 1) were globally normal, without contraindication to refractive surgery. The thinnest point (TP) was within 0.8mm of the apex, with 530 μm in the RE, which is normal 6 and it was within 1.33mm of the apex, with 502 μm in the LE, which is more indicative of ectatic cornea. However, the “Ambrosio Relational Thinnest” maximum (ARTmax) was 415 in the RE and 346 in the LE, both above the cut off 339 μm for normal eyes. 7 The Corneal Thickness Spatial Profile (CTSP) and the Percentage Thickness Increase (PTI) graphs were parallel to the normal lines and the final deviation value D of the Belin/Ambrosio Enhanced Ectasia Display (BAD) was 0.71 in RE and 1.15 in LE, both below the cut off 1.6 for normal eyes. 8 According to the ABCD keratoconus grading system 9 (based on anterior and posterior radius of curvature (ARC, PRC), thinnest pachymetry, BCVA and the presence of corneal scarring), the final grade for both eyes would be A0/B0/C0/D0, representing values more typically seen in normal eyes.

Due to the lack of refractive stability, a possible contraindication of refractive surgery and in order to monitor possible subclinical changes, another assessment was schedule 6 months later.

In the follow-up visit, the patient reported head/facial trauma in the setting of a road traffic accident with deployment of the frontal airbag, 3 months earlier. He had no visual subjective symptoms. BCVA, refraction and ASE showed no changes. However Oculus Pentacam® HR parameters revealed important anatomic changes, that contraindicated refractive surgery (Fig. 2). An inferior steepening was noted in both eyes, more pronounced in the RE. The TP changed from 530um to 376um in the RE and from 502 to 486um in the LE. K1 and K2 values remained relatively stable. The ARTmax decreased to 127 in the RE and 291 in the LE, lower than 400 which is the safe cut off to surgery. 6 The CTSP graph had a severe increase from 2mm and PTI graph was out of the range of 95% confidence interval. BAD showed changes in the RE and in the LE on the pachymetric progression (Dp), on the thinnest value (D) and on the thinnest displacement (Da). The combination of these were well outside the normal range with a final “D” value clearly in the red zone at 4.93 SD (standard deviation) in the RE and 1.84 SD in the LE.

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https://doi.org/10.1016/j.ajoc.2020.100822
Received 12 November 2019; Received in revised form 18 May 2020; Accepted 4 July 2020

Available online 7 July 2020

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The topometric indices remained relatively stable, except for the increase of the Index of Height Decentration (IHD) and Index of Height Asymmetry (IHA), in the RE (Table 1). The aberrometric indices also remained relatively stable, except for the increase of the Root Mean Square (RMS) and RMS of Higher Order Aberrations (RMS-HOA), in the RE (Table 1). The patient wasn’t prescribed any medication.

At 9 months after the trauma, the patient maintained no visual subjective symptoms, maintaining the same BCVA, refraction and ASE. Surprisingly, we observed a change in the tomographic parameters towards normalization (Fig. 3). On the pachymetric indices, the TP changed from 376um to 519um, within 0.63mm of the apex in the RE and from 486 to 515um, within 0.79mm of the apex in the LE. K1 and K2 remained relatively stable. The ARTmax increased to 461 in the RE and 420 in the LE. The CTSP and the PTI graphs were parallel to the normal lines and the final “D” value also normalized to normal range which is white at 0.39 SD in the RE and 0.81 SD in the LE from the mean.

On the topometric indices, IHD and IHA decreased towards normalization in the RE (Table 1). On the aberrometric indices, RMS-HOA also decreased but RMS-Total continued to increased in the RE (Table 1).

3. Discussion

Literature reports about ocular injuries caused by airbag’s trauma, including dislocation flaps or folds in patients with previous refractive surgery and, recently, corneal ectasia development in post-refractive or virgin corneas exists. However, the possibility of reversibility of corneal ectasias in this context was never reported.

Our clinical case may be explained by the viscoelastic properties of the cornea, which were described by Freidenwald in 1937 and afterwards by Nyquist and Woo. In fact, the cornea has some elasticity, the property that allows it to deform reversibly under stress, and some viscosity, which allows it to slowly deform when external shear force is applied without reversing after the force is removed. These properties allow the cornea to dissipate energy when stress is applied, a process called hysteresis. However, corneal viscoelastic responses happen in matter of seconds and our patient’s recovery time (a period of 9 months) may suggests that the cornea may also have memory properties.

In this clinical case, the external shear forces induced by airbag may have not been enough to cause a permanent corneal ectasia, and the viscoelastic or memory properties may have had a role in the recovery of the corneal parameters. Also it is important to highlight the fact that our patient had not undergone refractive surgery previous to the trauma. The good structural integrity of the cornea may help to explain the recovery seen this case, compared to other cases reported in the literature.

Would this patient have developed ectasia if he had been submitted to laser refractive surgery instead of having suffered airbag trauma? Although at this moment, the patient has good topographic parameters, we have some doubts if this patient had a previous subclinical ectasia before airbag trauma. According to results of Hashemi H. et al., in the first observation of our patient, only the TP and ARTmax values of the LE and IHD and keratoconus index (KI) in the RE are clearly in the interval of subclinical keratoconus patients; mean K, “D” value of the BAD, IHA, Central Keratoconus Index (CKI), K1 and RMS-HOA of the LE as well as TP, ARTmax, mean K, “D” value, Index of Vertical Asymmetry (IVA), IHA, CKI and RMS-HOA of the RE are simultaneously in intervals of normal and subclinical keratoconus patients. In fact, the detection of subclinical ectasia is a challenge for all ophthalmologists and there are many topographic index and scores with overlap in the intervals of subclinical keratoconus and controls, even using new scores.

Despite the limitations, Oculus Pentacam® parameters had an important role in monitoring these subclinical alterations, since the unique alterations in this case were topographic, without BCVA or slit lamp changes in 2nd and 3rd observation, avoiding potential complications of being...
submitted to refractive surgery.

Another possible explanation for predominantly pachymetric changes (vs keratometric changes) would be the presence of subtle corneal haze or scarring. This could lead to erroneous measurement of pachymetry by the pentacam and could spontaneously reverse when the corneal haze resolved over a period of time. Anterior segment OCT (AS-OCT) (accurate measurement of pachymetry in the presence of haze) and densitometry measurements from Oculus Pentacam® (able to measure haze extent, if present) could be useful to evaluate this hypothesis. However, the AS-OCT wasn’t performed during follow-up as it is not usually performed for refractive surgery and the densitometry measurement isn’t available on the displays of our Oculus Pentacam® machine. Corneal haze or scarring are accompanied by changes on slit lamp observation and in visual acuity, which weren’t present in our

| Abbreviations: RPIavg, average Pachymetric Progression Index; RPImax, maximum Pachymetric Progression Index; ARTmax, maximum Ambrosio Relational Thickness; BAD-D, Belin/Ambrosio enhanced ectasias total deviation value; RMS, Root Mean Square; HOA, Higher Order Aberrations. |
No evaluation of corneal biomechanical properties was performed in this patient because we don’t have equipment in our department. In fact, this is a potential area of development, with some clinical applications in ophthalmology including in glaucoma, myopic eyes, after sclera buckling, after crosslinking, in patients with different degrees of keratoconus and even in evaluation of the risk of corneal ectasia. If this evaluation would have been made in our clinical case before airbag trauma, it could have been useful to evaluate the risk of corneal ectasia. If biomechanical evaluation would have been made after airbag trauma, this could provide values of corneal hysteresis and corneal resistance factor which predict the possibility of recovery. However, we should not forget the possibility of overlap between normal and suspected values, both in biomechanical evaluation as in pentacam parameters. In the future technology may allow for the integration of topographic and biomechanical changes, improving the sensitivity and specificity of these exams in assessing ectasia screening and in the understanding of these cases.

**Patient consent**

Consent to publish the case report was not obtained. This report does not contain any personal information that could lead to the identification of the patient.

**Funding**

There was no funding or grant support.

**Conflicts of interest**

All authors have no financial disclosures.

**Authorship**

All authors attest that they meet the current ICMJE criteria for Authorship.

**Acknowledgements**

None.

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