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Abstract

Increasing agricultural production and optimizing inorganic fertilizer (IF) use are imperative for agricultural and environmental sustainability. Mobile phone usage (MPU) has the potential to reduce IF application while ensuring environmental and agricultural sustainability goals. The main objectives of this study were to assess MPU, mobile phone promotion policy, and whether the mediation role of human capital can help reduce IF use. This study used baseline regression analysis and propensity score matching, difference-in-differences (PSM-DID) to assess the impact of MPU on IF usage. However, the two-stage instrumental variables method (IVM) was used to study the effects of mobile phone promotion policy on IF usage. This study used a national dataset from 7,987 rural households in Afghanistan to investigate the impacts of MPU and associated promotion policies on IF application. The baseline regression outcomes showed that the MPU significantly reduced IF usage. The evaluation mechanism revealed that mobile phones help reduce IF application by improving the human capital of farmers. Besides, evidence from the DID technique showed that mobile phone promotion policies lowered IF application. These results remained robust after applying the PSM-DID method and two-stage IVM to control endogenous decisions of rural households. This study results imply that enhancing the accessibility of wideband in remote areas, promoting MPU, and increasing investment in information communication technologies (ICTs) infrastructure can help decrease the IF application in agriculture. Thus, the government should invest in remote areas to facilitate access to ICTs, such as having a telephone and access to a cellular and internet network to provide an environment and facility to apply IF effectively. Further, particular policy support must focus on how vulnerable populations access the internet and mobile phone technologies.

Keywords: mobile phone usage; propensity score matching; difference-in-difference; inorganic fertilizer usage; human capital; sustainable development; Afghanistan
1. Introduction

Food security is one of the main challenges for developing countries to feed a rapidly growing population [1, 2]. The current world population of 7.8 billion is expected to reach 9.8 billion by 2050, increasing more than 25% from the current population [3–9]. Therefore, many developing economies widely adopted several methods, particularly, using more chemical or inorganic fertilizers (IF), to enhance food production and supply to face growing demand [10–14]. Growers and farmers apply chemical fertilizers, including nitrogen, phosphorous, and potassium, to increase crop production. However, when the fertilizer is not used effectively, or excessive fertilizer is not fully utilized by growing plants, it causes environmental degradation, including soil, air, and water pollution [15]. Environmental degradation associated with soil, air, and water significantly impacts human health, ecology, agricultural production, and climate [16]. For example, environmental degradation enhances greenhouse gas emissions that cause global warming, which negatively impacts climate change [17]. Also, polluted soil, air, and water affect food security and agricultural production [18, 19].

According to Savci [20], to meet the growing demand for food, the per unit area of agricultural land needs to achieve the highest efficiency and highest quality products. Plant nutrition is one of the most important factors to control agricultural productivity and food quality. For example, India has the world's largest arable land area, followed by the United States and China, according to Huang et al. [21]. To meet increasing food demand, India and China widely use chemical fertilizers [22]. If the IF is not used efficiently, which costs money, first, it could be a waste of money. Secondly, it could negatively impact the environment and human health because of the possibilities inhalation of ammonia and dust from the manure [6, 23–29]. Around the world, groundwater made an important contribution to the gradual realization of water rights. Groundwater is the main source of drinking water and irrigation water in many countries. Overuse fertilization leads to excessive groundwater pollution. Disproportionate use of IF damages groundwater quality and causes serious public health problems such as hemoglobin disorders, Alzheimer's disease, and diabetes mellitus [30–36]. Overall, the environmental sustainability of emerging countries is under threat due to the extensive use of IF [11,37,38]. Consequently, it is essential to identify the best relationship between IF usage and agricultural production. The fundamental solution to this challenge is to advocate reducing IF use while
promoting the usage of organic fertilizer, which requires awareness, tools, and essential knowledge about the precise use of fertilizers and crop nutrients requirements [11,39]. Farmers and growers must understand the importance of new technology such as information and communication technologies (ICTs) to advance their essential knowledge about the appropriate use of fertilizers and crop nutrients requirements [40]. One of the most suitable and proper communication technologies is the mobile phone. Since most small growers cannot obtain advanced science-based agricultural equipment, mobile phone technology provides opportunities to shift from traditional agriculture to modern agriculture by providing information about advanced agricultural equipment as well as market trends and prices. The latest information on weather conditions and mobile phones can benefit farmers in developing countries and improve farmers’ access to agricultural information in Asian, African, and Latin American countries[41–44]. According to Fabregas et al.[45], Nie et al.[46], and Zhao et al.[47], mobile phone and Internet technology (IT), especially smartphones, can bring advanced science-based agricultural advice to small growers to reduce IF and increase productivity, particularly in the context of rapid variations in economic and ecological conditions.

Mobile phone services allow users to use a variety of ICTs, reduce transaction prices, and increase market access effectively. The main financial services provided through value chain ICT solutions are transfer and payment, credit, savings, insurance, and financial derivatives. ICT can help improve the conditions of rural communities, mainly by persuading financial institutions to enter potential rural markets in unconventional ways [7,48,49]. Mobile phone usage (MPU) helps increase productivity and profitability [50–51], alleviates losses affected by environmental disasters [52,53], and mitigates environmental pollution [54]. Compared to that of developed nations, the agricultural sector of emerging countries is dominated by small-scale farming, which can get optimum benefits from ICTs [7,55]. Several researchers assessed the significance of ICTs, such as the impact of MPU on farmers' lives and socioeconomic benefits in emerging nations. For instance, researchers conducted studies in remote areas of Iran, Pakistan, India, and China and observed that ICTs positively influence growers' welfare and profits [46,55–57]. Besides, several assessments examined the association between the adoption of ICTs and smart farming systems. For example, Kaila and Tarp [58] indicated that mobile phones and internet network access contributed 6.8% to the growth of Vietnam's agricultural output. Several researchers assessed that the use of computers in many countries improved agricultural land,
reduced labor input, and increased farmers’ trading capabilities. Farmers rely on computers to help them evaluate and use data from satellite imagery and various other electronic monitoring systems on the farm. Using computers and related information through the internet can help control the application of certain fertilizers, herbicides, and pesticides through an automatic delivery system. The computer also allows the precise application of water through the irrigation system. The computer system can be used to apply irrigation according to the needs of the crop[59]. Additionally, researchers found that access to the correct information at the right time would accelerate growers' market contribution and sales decisions in local markets in Peru [7,60]. However, little empirical evidence exists on the impact of MPU on IF application in developing countries. Hence, it is essential to know whether MPU can reduce the IF application in an emerging nation.

This study examined the influence of MPU on IF use in Afghanistan, where the use of IF was the usual practice in the agricultural sector for the past few decades [61, 62]. Farming practices in Afghanistan lack crop rotation, are limited in their use of organic residues and involve extensive tillage, which causes a decrease in crop yield and an increase in environmental degradation [63]. The Afghan government realized the importance of controlling IF usage and regards it as a crucial part of green farming evolution when climate change is already deteriorating the environment [63–66]. Meanwhile, mobile phone technology is becoming more popular in rural communities of Afghanistan. Since 2001, millions of residents, including farmers and growers are using mobile phones [67,68]. This increasing use of mobile phones provides an opportunity for empirical research on the influence of mobile phone technology usage on IF application in the context of an emerging economic system.

The current study aimed to address the following research questions: (1) can MPU help reduce IF use by decreasing the intensity of fertilizer application?; (2) how can human capital mediate the effects of MPU on the intensity of IF application?; and (3) can mobile phone promotion policy decrease the intensity of IF usage? To answer these questions, this study conducted a baseline regression analysis to observe mobile phones' direct impact on IF usage. Afterward, it needed to reveal the mediation role of human capital between mobile phones and IF usage by growers. Propensity score matching, difference-in-differences (PSM-DID), and two-stage instrumental
variables methods (IVM) were used to study mobile phone promotion policy impacts on IF usage.

This research contributes to agricultural science and farming communities in the following ways. Firstly, empirically studied mobile phones' effect on IF usage in the context of an emerging economy. Though many studies explored the impact of mobile phones on agricultural advancement [69–71], few researchers observed the influence of mobile phones and IT on fertilizer application in the farming sector in developing countries [64,72]. Secondly, it explored the potential mediating role of human capital between mobile phones and IF usage. The existing studies aim to directly influence human capital, such as training, health, and education, on IF usage [25,73,74]. Thirdly, we used the DID method to study the impacts of mobile phone promotion strategy on household IF usage. Fourthly, we employed the PSM-DID and the two-stage IVM to solve the endogeneity problem related to MPU.

The remainder of the article is organized as follows. Section 2 provides the conceptual framework of the study. Section 3 introduces the study area, sampling and data, and data modeling. Section 4 describes the results and discussion of the study. The last section includes the conclusion and recommendations.

2. Conceptual Framework of the Study

The majority of Afghan farmers still live in remote areas with limited or no internet and computer facilities. However, the recent advancement in technologies for increased agricultural production demands the availability and use of mobile phones. Mobile phones would help advance communication, further raising awareness and understanding about the efficient use of IF on their farms. The conceptual framework shown in Figure 1 explains the impact of inputs/controlling factors with and without MPU on reducing IF use, which helps to achieve green and cleaner production in the long run. The inputs/controlling factors include external environments (e.g., NAEST, AEST, and governmental incentives), farmer's characteristics (e.g., age, education, training, and health), and farming characteristics (e.g., crop and cropping system, farm management, and farming practices). All three major controlling factors directly affect
green and cleaner production. However, MPU helps change the behavior, awareness, and knowledge of local farmers, which reduces the application of inorganic/chemical fertilizers.

![Conceptual framework of the study.](image)

**Figure 1.** Conceptual framework of the study.

### 3. Materials and Methods

#### 3.1. Study Area

The study area included all 34 provinces of Afghanistan (Figure 2). With a geographic area of 652,860 km², Afghanistan has a vast territory comprising mountains, hills, plains, and deserts [61]. The Republic of Afghanistan comprises thirty-four provinces, divided into 398 districts, and subdivided into cities and villages. Approximately 63% of Afghanistan’s terrain is mountainous, while most southwestern areas are flat [75]. The total agricultural land in Afghanistan is 379,100 km², which is 58.07% of the country's total area [76]. Among all agricultural land, only 11.84% is cultivated. Approximately half of the cultivated area is used for farming, of which 0.27% is permanent cultivated land. The country’s farm size is considered small, such as 69% of the land under 5 ha, 16% over 10 ha, and 6.5% over 20 ha. The average area of irrigated farms is 1.4 ha, and the rain-fed is 6–7 ha. In Afghanistan, agriculture relies heavily on irrigation, and snowmelt is the primary source of water used for irrigation [61,77]. Smallholder farming in Afghanistan is based on nonmechanized skills and techniques, leading to subsistence agriculture with low
productivity, low farm incomes, low marketed surplus, and all other concomitant features of traditional agriculture [78]. The role of the agricultural sector is critical for ensuring food security, improving livelihoods, and alleviating poverty in the country [61].

3.2. Sampling and Data

The data utilized in this research was acquired from the Current Living Conditions Survey of Afghanistan, organized by the Central Statistical Organization (CSO) [79]. In the first sampling stage, 10 villages from each province in mainland Afghanistan were selected using a multistage random sampling technique. Then, 65–85 households were selected from each village. The interviewer conducted annual follow-up interviews with the family unless the family died or permanently migrated to the city or elsewhere. The household survey questionnaire used contains information about families, MPU, and agricultural production. This study used data from 34 provinces of Afghanistan between 2010 and 2014. The asset balance panel data used from 2010 to 2014 includes 15,223 households annually. However, we excluded the 7,223 households using IF less than 150 kg/ha. We considered 7,987 households/farmers in this study which is 52.5% of the total surveyed households (Figure 3). Analysis showed that only 2.7% of farmers were not applying IF on their farms 42.8% were applying IF at 50 to 149 kg/ha (Figure 3).
We defined the independent variable as IF per unit area, which aligns with the previous studies [11,74,80,81]. Besides, we included control variables based on existing literature. Farmer’s characteristics/behaviors may affect the use of IF. For instance, some studies indicated that the grower’s age is one of the controlling factors of fertilizer usage [25,82]. Huang et al.[73] observed that the education level of the head of the household negatively influences fertilizer application practice. Ahmed and Shafique[81] found a very strong association between human health status and fertilizer use in farming. Therefore, keeping the facts in mind, the respondent's age, education level, and household head health status were added as control variables. Besides, the characteristics of the household also have a potential impact on IF use. For example, investigations found that household size, land ownership, profits, and agricultural products significantly impact IF use [11,82]. Furthermore, using ICTs could bring more nonagricultural employment opportunities to farmers/growers [46,83–85], which may change farmers’ behavior concerning IF use. Therefore, we added household size, asset, land, income, IT, and cereal crop as control variables. Besides, this research considered mobile phones a dummy variable: where 1 indicates that the household uses mobile phones, while 0 indicates otherwise. Monetary variables are modified through the authorized Consumer Price Index(CPI) and calculated in 2010 constant Afghanistan's Afghani rupees.

Figure 3. IF application rates of 15,223 farmers/households in the study area. Threshold of 150 kg/ha is the average IF rate for 15,223 farmers’ application rates.
3.3. Data Modeling

To observe the influence of MPU on IF, we used the two-way fixed effects panel method (2FE). The 2FE model became the default method for estimating causal effects from panel data. Many researchers use the 2FE estimator to adjust for unobserved unit-specific and time-specific confounders at the same time. Model specifications are as follows:

\[ \text{IF}_{it} = \beta \text{Mobilephone}_{it} + \sum_{k} \text{Control}_{it,k} + \lambda_i + \tau_t + \varepsilon_{it} \]  

(1)

where IF\(_{it}\) is the IF utilize per unit area of the family, \(i\) in year \(t\), Mobilephone\(_{it}\) is a dummy variable, which indicates whether or not a household uses the mobile phone. A set of control variables were added to the model, containing household size, age, health status, education, land, IT, asset, income, and cereal crop. Assuming that the data were balanced panel, \(\lambda_i\) is the household fixed effect, \(\tau_t\) is added to control for undetected heterogeneous variations over time, \(\varepsilon_{it}\) represents an error term.

Besides, we added an interaction term to examine the impact of cereal crop production on the association between ICTs and IF usage. The intuition is that cereal crop production is more fertilizer-intensive than other crops such as legumes, roots, and tubers. The model equation is presented as follows:

\[ \text{IF}_{it} = a \text{ICTs}_{it} + \beta \text{Cereal crop}_{it} + \eta \text{ICTs}_{it} \times \text{Cereal crop}_{it} + \sum_{k} \text{Control}_{it,k} + \lambda_i + \tau_t + \upsilon_{it} \]  

(2)

where ICTs\(_{it}\) is the use of a mobile phone or IT. \(\upsilon_{it}\) is the disturbance phrase. Later, we used human capital to study the feasible potential interactions between the usage of mobile phones and IF. The rationale is that MPU will build the capacity of households towards green and clean production. Also, well-trained and educated farmers would make better MPU and can make more environmentally friendly decisions. The model is specified as follows:

\[ \text{Human Capital}_{it} = \beta \text{Mobilephone}_{it} + \sum_{k} \text{Control}_{it,k} + \lambda_i + \tau_t + \mu_{it} \]  

(3)

\[ \text{IF}_{it} = a \text{Human Capital}_{it} = \beta \text{Mobilephone}_{it} + \sum_{k} \text{Control}_{it,k} + \lambda_i + \tau_t + \omega_{it} \]  

(4)

We applied two dummy variables to assess human capital: Non-agricultural education or skills training and agricultural education or skills training, shown in Table 1. The \(\mu_{it}\)&\(\omega_{it}\) are disturbance terms.
Table 1. Variables’ description and descriptive statistics.

| Variables Names       | Description                                                                                                                                                                                                 | Mean (S.D) |
|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| Inorganic fertilizer  | Use of inorganic fertilizer (kg/ha)                                                                                                                                                                         | 198.40 (36.98) |
| Mobile phone          | Whether the household uses mobile phone (1 = yes; 0 = no)                                                                                                                                                   | 0.17 (0.42) |
| Age                   | Age of the respondent (year)                                                                                                                                                                                 | 43.16 (14.23) |
| Health status         | Health status of head\(^1\)                                                                                                                                                                                 | 6.45 (2.83) |
| Education             | Education of head (year)                                                                                                                                                                                    | 5.63 (3.41) |
| Household size        | Household member (numbers)                                                                                                                                                                                  | 6.45 (2.83) |
| Land area             | Land area per capita (ha)                                                                                                                                                                                   | 2.85 (2.14) |
| IT                    | Number of households using Internet technology                                                                                                                                                              | 2.85 (3.52) |
| Income                | Per capita income (Afghani)                                                                                                                                                                                 | 27,984.19 |
| Asset                 | Fixed assets produced per capita (Afghani)                                                                                                                                                                    | (41,846.61) |
| Cereal crop           | Whether the cereal crops are the major product (1 = cereal income ratio 50%; 0 = ratios of cereals profits to farming profits fewer than 50%)                                                                 | 0.55 (0.49) |
| Agricultural Education| If the household received AEST (1= yes, 0= no)                                                                                                                                                               | 0.20 (0.41) |
| Non-Agricultural Education | If the household received NAEST (1= yes, 0= no)                                                                                   | 0.42 (0.50) |

Notes: \(^1\)Self-described health status, assessed from one (disabled) to five (good); Standard deviations (S.D) are in parentheses.

In addition, we analyzed the effect of the government’s MPU promotion policy on IF usage. An empirical analysis was carried out using the DID model to estimate this impact. A similar empirical analysis, which includes the DID model, was conducted by various researchers [26,35,86,87]. We used the ICTs Construction Initiative Plan in Paktya Province of Afghanistan as an example. The plan was launched in 2012 and was initiated by the Afghan Ministry of Communications and Information Technology (MCIT). The program’s main goal was to increase the construction of ICTs infrastructure to provide agricultural-related telecommunication services to the growers [43,88]. The program’s main objective was to increase the availability of mobile phones and the internet network. The specifications of the DID model is as follows:

\[
IF_{it} + \beta_0 + \beta_1 \text{Treat}_{it} \times T_{it} + \beta_2 \text{Treat}_{it} + \beta_3 T_{it} + \sum_k \beta_k \text{Control}_{it,k} + \psi_{it}
\]

The treatment set "Treat" is a dummy variable. The value 1 indicates that rural households live in Paktya Province, and the 0 value indicates that rural households live in other provinces. Also, \( T \) is a dummy variable denoting the period. \( T = 1 \) represents the rural ICTs construction plan from 2012 to 2014, and the \( T = 0 \) means that there is no rural ICTs construction plan from 2010 to
2011. The interaction coefficient term between the treatment dummy variable and the year dummy variable $\beta_i$ displays the influence of the MPU promotion strategy. The $\psi_t$ represents the error term. Based on the outcomes of DID technique, it could have a sample selection bias issue. To solve this problem, we applied the widely used PSM-DID model [89–93].

Compared with the simple PSM method, a key benefit of this PSM-DID method is not only solving the selection bias caused by observable values but also eliminates any selection bias related to time-invariant unobservable values. For two time periods, as in the case of this article, the PSM-DID estimator is formally defined as:

$$
\delta_{\text{ATT}}^{\text{PSM-DID}} = \frac{1}{n_1} \sum_{t \in \text{Treat}1} \left\{ (\text{IF}_{i1}^{t1} - \text{IF}_{i1}^{t0}) - \sum_{t \in \text{Treat}0} \text{W}(i,j)(\text{IF}_{i0}^{t1} - \text{IF}_{i0}^{t0}) \right\}
$$

where, $S_p$ is the common assist shared through the treatment set “Treat1”, control set “Treat0”, and $n_1$ denotes the figure of matched samples in the connection between Treat1 and $S_p$.

### 4. Results and Discussion

#### 4.1. Baseline Outcomes: Effect on IF Usage

Table 1 indicates that the average IF consumption was 198.40 kg/ha, and only 17% of remote families utilized mobile phones. Regarding household characteristics, each household had an average of 6.45 members and an average age of 43.16 years, while health status and education averaged 6.45 and 5.63. The per capita land size was 2.85 ha, and the per capita fixed assets were 25,72Afghani (AFN), whereas the annual average household profits were 27,984Afghani (AFN). Moreover, 55% of households used cereal crops as their primary production crop, and 2.09% of them used IT. On average 0.42, and 0.20 household members received Non-Agricultural Education or Skills Training (NAEST) and Agricultural Education or Skills Training (AEST), respectively. This result aligns with the finding of Khan et al. [94], which is that farmers' education level and modern media play a significant role in reducing the excessive use of pesticides because it broadens their horizons and exposes them to potentially unknown aspects of agriculture related to the environment and agricultural sustainability.

Table 2 presents the impact of MPU on applying IF based on the 2FE panel method. The data showed that MPU has a significant negative impact on growers’ IF usage ($\beta = -0.126$, $P < 0.01$),
which means that the household using mobile phones has a 17.4% lower intensity of fertilizer use compared with that of a household without the mobile phone. Moreover, health status is positively associated with IF use.

Two interaction items, one between cereal crops and mobile phones and the other between cereal crops and IT were added, which were estimated using equation (2). The Akaike Information Criteria (AIC) value in column 4 is the smallest of columns 2–4, which means that the outcomes in column 4 are more suitable for the data. Both interaction items have obvious positive indications. This shows that cereals as the major crops can increase the impact of MPU on IF application. It also shows that more households are involved in cereal crop production. They use more IF for cereal farming. Growers who are primarily engaged in noncereal crops mainly grow fruits, vegetables, and cash crops. They understand the significant role of mobile phones or IT to increase the production of non-cereal crops and reduce the application of IF. In emerging nations, consumer demand for organic noncereal crops is usually greater than for cereal crops. Moreover, noncereal crops are highly competitive in developing countries, and the government covers the cereal crop marketplace under the cereal purchasing and storage policy [95]. Thus, growers who are primarily involved in cereal crops are less susceptible to market variations and demands, and their IF consumption is less affected by the MPU and internet technologies.

Table 2. Influences of mobile phones on inorganic fertilizer usage.

| Explanatory variables       | Column (1) | S.E | Column (2) | S.E | Column (3) | S.E | Column (4) | S.E |
|-----------------------------|------------|-----|------------|-----|------------|-----|------------|-----|
| Age                         | -0.002     | 0.082 | -0.005     | 0.082 | -0.002     | 0.082 | -0.006     | 0.082 |
| Health status               | 0.085***   | 0.028 | 0.083***   | 0.028 | 0.086***   | 0.028 | 0.085***   | 0.028 |
| Education                   | 0.019      | 0.016 | 0.019      | 0.016 | 0.019      | 0.016 | 0.019      | 0.016 |
| Household size              | -0.015     | 0.007 | -0.015     | 0.007 | -0.014     | 0.008 | -0.014     | 0.008 |
| Land area                   | -0.260***  | 0.030 | -0.260**   | 0.030 | -0.260***  | 0.030 | -0.261***  | 0.030 |
| IT                          | 0.000      | 0.002 | 0.000      | 0.002 | -0.062***  | 0.013 | -0.056***  | 0.013 |
| Income                      | 0.064***   | 0.009 | 0.064***   | 0.009 | 0.064***   | 0.009 | 0.064***   | 0.009 |
| Asset                       | 0.088***   | 0.006 | 0.088***   | 0.006 | 0.089***   | 0.006 | 0.088***   | 0.006 |
| Cereal crop                 | 2.573***   | 0.041 | 2.529***   | 0.042 | 2.447***   | 0.049 | 2.419***   | 0.049 |
| Mobile phone                | -0.126**   | 0.053 | -0.355***  | 0.075 | -0.117**   | 0.053 | -0.321***  | 0.352 |
| Mobile phone× cereal crop   | -          | -     | 0.395***   | 0.091 | -          | -     | 0.352***   | 0.092 |
| IT× cereal crop             | -          | -     | -          | -    | 0.063***   | 0.013 | 0.058***   | 0.013 |
| Constant                    | 0.504      | 3.181 | 0.943      | 4.171 | 0.561      | 4.171 | 0.872      | 4.171 |
| Individual effect           | Yes        | -     | Yes        | -    | Yes        | -     | Yes        | -    |
| Year effects                | Yes        | -     | Yes        | -    | Yes        | -     | Yes        | -    |
| Area dummies                | Yes        | -     | Yes        | -    | Yes        | -     | Yes        | -    |
| Observation numbers         | 31,036     | -     | 31,036     | -    | 31,036     | -     | 31,036     | -    |
| Group number                | 7514       | -     | 7514       | -    | 7514       | -     | 7514       | -    |
4.2. The Mediating Role of Human Capital

Human capital recognizes the intangible assets and qualities that improve worker performance and benefit the economy [96]. We performed a mediation evaluation to examine the role of human capital on the relationship between mobile phones and IF applications using equations (3) and (4)(Table 3). The MPU led to more NAEST ($\beta = 0.479$, $P < 0.01$) but had no significant influence on AEST ($\beta = -0.085$, $P > 0.1$). This outcome explains that MPU can accelerate growers' human capital with nonagricultural information rather than farming information. Using mobile phone technology, farmers will receive low-cost customized recommendations to improve farm practices, input utilization, pest management, environmental sustainability, and market access. This result is consistent with current research findings that ICTs adoption provides rural growers more opportunities to participate in nonagricultural activities [46,55], which ultimately enhances the benefits of growers. In column 2, the NAEST has a negative influence on the IF usage ($\beta = -0.117$, $P < 0.05$). This result aligns with the finding of Huang et al.[73], which shows strengthening informational education could help growers reduce IF use. Hence, mediation assessment shows that MPU enhances growers' human capital, especially NAEST, which ultimately decreases the use of IF. The explanation for this outcome is that NAEST could help increase the diversity of income resources, reduce the high reliance on crop production and lower impetus to consume IF.
Table 3. Mediating impacts of human capital between mobile phone and IF usage.

| Described Variables | NAEST | S.E | IF | S.E | AEST | S.E | IF | S.E |
|---------------------|-------|-----|----|-----|------|-----|----|-----|
| **Fixed-Effects Models** |       |     |    |     |      |     |    |     |
| Age                 | 0.359 | 0.228 | 0.001 | 0.083 | 0.004 | 0.236 | -0.001 | 0.083 |
| Health status       | 0.045 | 0.077 | 0.085*** | 0.028 | -0.016 | 0.081 | 0.085*** | 0.028 |
| Education           | -0.041 | 0.038 | 0.018 | 0.015 | -0.017 | 0.040 | 0.018 | 0.014 |
| Household size      | 0.104*** | 0.0340 | -0.012 | 0.009 | -0.004 | 0.029 | -0.013 | 0.009 |
| Land area           | -0.261*** | 0.030 | -0.261*** | 0.030 | -0.260*** | 0.030 | -0.260*** | 0.030 |
| IT                  | 0.279*** | 0.042 | 0.000 | 0.002 | -0.055 | 0.049 | 0.000 | 0.002 |
| Income              | 0.072*** | 0.027 | 0.064*** | 0.010 | -0.023 | 0.026 | 0.064*** | 0.010 |
| Asset               | 0.009 | 0.016 | 0.087*** | 0.007 | 0.035* | 0.018 | 0.087*** | 0.007 |
| Cereal crop         | 0.034 | 0.124 | 2.573*** | 0.041 | 0.110 | 0.125 | 2.572*** | 0.041 |
| Mobile phone        | 0.479*** | 0.138 | -0.123** | 0.053 | -0.085 | -0.166 | 0.126** | 0.053 |
| Agricultural Education |       |     |    |     |      |     |    |     |
| Non-Agricultural Education |       |     |    |     |      |     |    |     |
| Constant            | -      | -    | -0.117** | 0.055 | -      | -    | -    | -    |
| Individual effect   | Yes    | -    | Yes | -    | Yes | -    | Yes | -    |
| Year effect         | Yes    | -    | Yes | -    | Yes | -    | Yes | -    |
| Area dummies        | Yes    | -    | Yes | -    | Yes | -    | Yes | -    |
| Observation numbers | 4957 | -    | 31,036 | -    | 3948 | -    | 31,036 | -    |
| Group numbers       | 1047 | -    | 7514 | -    | 833 | -    | 7514 | -    |
| F-value             | -- | -    | 444.90 | -    | -- | -    | 335.45 | -    |
| Likelihood ratio test | 170.29 | -    | -- | -    | 42.64 | -    | -- | -    |

Notes: ***, **, and * indicate that it is statistically significant at 1%, 5%, and 10% levels, respectively; Standard errors (S.E.) clustered at the farmer level.

4.3. Policy Assessment: DID Method

Paktya is one of the 34 provinces of Afghanistan, situated in the eastern part of the country. It has an underdeveloped economic system, rich biodiversity, and superior environmental conditions. Unlike other provinces, Paktya's economic growth is mainly due to the significant karst landforms and less environmental pollution[97–100]. In many rural areas, people have practiced organic farming, which reduces the IF used. For financial and technological reasons, the price of mobile phone network development and infrastructure construction in rural and hilly areas are higher than in urban areas, limiting the availability of wideband connections in remote areas [97,101]. This is particularly true for remote communities of Paktya province, where 59.8% of the land areas are mountainous [41,102,103]. Therefore, the Afghan government issued the
“Rural ICTs Network Construction Plan” which focuses on improving the mobile phone and IT networks construction for remote areas in 2012 [41–43]. The two core goals of this strategy include a wireless network, mobile phone, and IT within reach to rural communities and provide farming-linked telecommunication facilities. In general, Paktya needs to reduce IF usage. It has a relatively underdeveloped internet network infrastructure, which makes it an ideal region for investigating the effect of mobile phone promotion policy on IF application intensity.

The DID method was used to study the impact of implementing a mobile phone promotion policy on reducing IF usage. Paktya Province of Afghanistan as used as a treatment group. Considering the similar climate and farming structure, five provinces of Afghanistan were chosen as the control group (Kabul, Herat, Mazar-i-Sharif, Kandahar, and Jalalabad). Table 4 shows the outcomes of DID technique, assessed using equation (5). The term interaction coefficient is −0.365, which is very substantial at the level of 10 percent (i.e., in column 2). It explains that the mobile phone advancement policy substantially diminished IF use. However, we added interaction items between the Treat (i.e., treatment before matching) and year dummy variables to assess the effect at a particular time. In column 4, the coefficient of the binary interaction items Treat×2012 and Treat×2013 are significant with negative coefficients, showing that the mobile phone advancement policy is efficient for remote areas within two years because it reduced the application of IF over the period. Overall, mobile phone and IT usage has a significant positive effect on economic well-being and upgrade policy and is important for growers in rural areas because it helps them obtain information about reducing the IF, market prices, environment, and other related information. Similar results reported by Zhao et al. [47] showed that with the in-depth application of information technology, more and more farmers had obtained information about seeds, pesticides, fertilizers, and pest control technologies. Use the relevant software and information programs on the mobile phone or directly refer to the online opinions for IF use and clean farmland production.
Table 4. Influences of mobile phone promotion policy on IF usage DID method.

| Described variables: IF | Column (1) S.E | Column (2) S.E | Column (3) S.E | Column (4) S.E |
|------------------------|---------------|---------------|---------------|---------------|
| Treat × T              | -0.525** 0.230 | -0.375* 0.217 |               |               |
| Treat × year2012       | -            | -             | -             | -0.690** 0.285|
|                        | -0.034 0.274 |               |               |               |
| Treat × year2013       | -            | -             | -             | -0.657** 0.305|
|                        | -0.572** 0.273|               |               |               |
| Treat × year2014       | -            | -             | -             | -0.657** 0.305|
|                        | -0.572** 0.273|               |               |               |
| Treat                  | -0.281 0.170 | -0.666*** 0.162| -0.278 0.170 | -0.657** 0.305|
| Constant               | 3.707*** 0.122| -1.724*** 0.571| 3.777*** 0.111| -1.725*** 0.560|
| Year dummy             | Yes -       | Yes -         | Yes -         | Yes -         |
| Control variables      | No -        | Yes -         | No -          | Yes -         |
| Observation numbers    | 6411 -      | 6411 -        | 6411 -        | 6411 -        |
| F-value                | 25.00 -     | 67.40 -       | 27.09 -       | 66.71 -       |

Notes: ***, **, and * indicate that it is statistically significant at 1%, 5%, and 10% levels, respectively; Standard errors (S.E.) clustered at the farmer level.

4.4. Robustness Test: PSM-DID Model

Two issues have to be addressed; the first one is associated with the various changes between the treatment group (Paktya) and control group (the added five provinces of Afghanistan) before the implementation of the mobile phone promotion policy [98]. The second one is that Paktya mobile phone advancement policy was not randomly allocated but linked to societal and financial characteristics [90,104]. Therefore, we adopted the PSM technique to resolve possible heterogeneity issues and further consistent observed findings. The primary stage is to assess the PSM based on nine variables (such as the age of the respondent, health status, education level, household size, land area, asset, income, IT, and cereal crops), which are included as covariates in the logistic technique. Afterward, also applied the nearest neighbor algorithm to perform a one-to-one match amid the experimental and control groups.

Table 5 provides the balance test outcomes. They showed that most of the covariates become more correlated after matching, and the variation between the treatment and the control groups was not statistically significant. Figure 4 also depicts the balance test outcomes before and after matching. The study outcome showed that the propensity score distribution of the control was consistent with that of the treatment group, which indicated that the covariate variations between the binary groups were greatly reduced while employing the PSM technique.
Table 5. Propensity score matches balance test outcomes.

| Result: IF | Unmatched (Matched) | Matched Mean | Percent Bias | Percent Reduce Bias | T-Test |
|------------|----------------------|--------------|--------------|---------------------|--------|
|            | Control              | Treatment    |              |                     |        |
| Age        | U(M)                 | 37.20(37.20) | 36.74(35.38) | −19.0(−2.4)         | (87.6) |
|            |                      |              |              | −6.05(−0.62)        | 0.00(0.53) |
| Health status | U(M)                | 4.59(4.59)  | 4.38(4.58)  | 43.8(3.3)           | (92.4) |
|            |                      |              |              | 13.15(0.88)         | 0.00(0.38) |
| Education | U(M)                 | 7.99(7.99)  | 7.01(6.93)  | −5.8(−2.0)          | (65.1) |
|            |                      |              |              | −1.83(−0.53)        | 0.07(0.60) |
| Household size | U(M)               | 4.28(4.28)  | 4.64(4.20)  | −19.1(4.6)         | (75.7) |
|            |                      |              |              | −6.50(1.23)         | 0.00(0.214) |
| Land area  | U(M)                 | −0.32(−0.32) | −0.24(−0.41) | −9.4(9.8)          | (−4.4) |
|            |                      |              |              | −2.75(2.34)         | 0.01(0.02) |
| Income     | U(M)                 | 8.72(8.72)  | 8.67(8.77)  | 2.3(−2.2)          | (3.4)  |
|            |                      |              |              | 0.70(−0.58)         | 0.49(0.56) |
| Asset      | U(M)                 | 6.30(6.30)  | 5.20(6.25)  | 31.4(1.4)           | (95.5) |
|            |                      |              |              | 9.57(0.40)         | 0.00(0.70) |
| IT         | U(M)                 | 1.73(1.73)  | 2.30(2.59)  | −5.0(−7.6)         | (−51.3) |
|            |                      |              |              | −1.29(−1.13)       | 0.21(0.25) |
| Cereal crop | U(M)                | 0.59(0.59)  | 0.53(0.59)  | 13.1(1.4)          | (89.5) |
|            |                      |              |              | 5.13(0.85)         | 0.00(0.88) |

Notes: (M) indicates the matched values in parentheses.

The empirical findings of PSM-DID methods are presented in Table 6, assessed using equation(6). The terms interaction coefficients Treat×T, Treat×year2012, and Treat×year2013 are still significant and with negative coefficients, consistent with the outcomes presented in Table 4,
which indicates that the mobile phone promotion policy reduced the IF usage. This result is consistent with the findings of Zhao et al. [47] which indicates that farmers who can effectively use IT resources have stronger production safety capabilities and are more likely to reduce the IF used. Therefore, in addition to the shallow IT use, the in-depth use of this modern technology may also be an important factor affecting farmers to reduce pesticides.

Table 6. Outcomes of PSM-DID method.

| Described Variables | Column (1) | S.E   | Column (2) | S.E   | Column (3) | S.E   | Column (4) | S.E   |
|---------------------|------------|-------|------------|-------|------------|-------|------------|-------|
| Treat \( \times T \) | -1.237***  | 0.198 | -0.996***  | 0.260 |            |       |            |       |
| Treat \( \times \) year2012 | -         | -     | -         | -     | -1.233***  | 0.370 | -1.068***  | 0.345 |
| Treat \( \times \) year2013 | -         | -     | -         | -     | -1.396***  | 0.381 | -1.002***  | 0.356 |
| Treat \( \times \) year2014 | -         | -     | -         | -     | -1.389***  | 0.371 | -0.919***  | 0.348 |
| Treat          | 0.139      | 0.217 | -0.110    | 0.203 | 0.139      | 0.217 | -0.110     | 0.203 |
| Constant       | 3.237***   | 0.193 | 1.343     | 0.835 | 3.237***   | 0.193 | 1.360      | 0.837 |
| Year dummy     | Yes        | -     | Yes       | -     | Yes        | -     | Yes        | -     |
| Control variables | No        | -     | Yes       | -     | No         | -     | Yes        | -     |
| Observation numbers | 2610      | -     | 2610      | -     | 2610       | -     | 2610       | -     |
| F-value        | 12.38      | -     | 31.57     | -     | 9.43       | -     | 30.71      | -     |

Notes:***, **, and * indicate that it is statistically significant at 1%, 5%, and 10% level, respectively; Standard errors (S.E.) clustered at the farmer level.

4.5. Robustness Test-Two: Instrumental Variables Method (IVM)

Due to unobservable factors and reverse causality, the PSM-DID model could not solve the endogeneity problem. Considering that MPU is measured as a possible endogenous variable [46,105], we adopted more techniques to resolve the endogeneity issues. We reviewed the existing literature [42,46] and adopted a two-stage IVM to solve the endogeneity problems related to MPU.

For this aspect, the MPU ratio as an instrumental variable was measured as the proportion of growers from the same village that used a mobile phone. The rationale for using the IVM is that the relatives and fellow growers may influence growers' decisions on MPU. On the other hand, growers' decision to use IF would not be directly affected by other farmers' MPU. Table 7 presents outcomes of the two-stage IVM where the F-value in the first stage is 444.90, which is greater than 10, indicating no weak IVM issues. In column 2, the independent variable (MPU) has a significant negative symbol, persistent with the baseline regression results.
Table 7. Outcomes of two-stage IVM.

| Described Variables | Column (1)   | S.E  | Column (2)   | S.E  |
|---------------------|--------------|------|--------------|------|
|                     | First-Stage  |      | Two-Stage    |      |
|                     | Mobile Phone | S.E  | Least Squares| S.E  |
| IV                  | 0.727***     | 0.446| --           | --   |
| Mobile phone        | --           | --   | -0.543***    | 0.187|
| Age                 | -0.002       | 0.010| -0.002       | 0.083|
| Health status       | 0.003        | 0.003| 0.076***     | 0.021|
| Education           | -0.001       | 0.002| 0.015        | 0.013|
| Household size      | 0.004***     | 0.001| -0.014       | 0.008|
| Land area           | -0.003       | 0.003| -0.262***    | 0.030|
| IT                  | 0.000        | 0.000| 0.000        | 0.002|
| Income              | 0.003***     | 0.001| 0.053***     | 0.009|
| Asset               | 0.001***     | 0.001| 0.089***     | 0.006|
| Cereal crop         | -0.001       | 0.005| 2.662***     | 0.032|
| Year effect         | Yes          | -    | Yes          | -    |
| Area dummies        | Yes          | -    | Yes          | -    |
| Individual effect   | Yes          | -    | Yes          | -    |
| Observation numbers | 15,223       | -    | 15,223       | -    |
| First stage F statistic (P) | 444.90       | 0.000| --           | -    |

Note: ***, **, and * indicate that it is statistically significant at 1%, 5%, and 10% levels, respectively; Standard errors (S.E.) clustered at the farmer level.

5. Conclusions and Recommendations

This research investigated the impact of MPU on IF in Afghanistan. Based on the actual national household data set, we examined the direct influence of MPU on the intensity of fertilizer usage and studied the potential mediating role of human capital. Besides, DID, PSM-DID, and two stages IVM were applied to assess the influences of MPU promotion policies on IF application intensity.

This research contributes to agricultural science and farming communities in the following ways. Firstly, we empirically study mobile phones' effect on IF usage in the context of an emerging economy. Though many studies explored the impact of mobile phones on agricultural advancement, few researchers observed the influence of mobile phones and IT on fertilizer application in the farming sector in developing countries. Secondly, we explore the potential mediating role of human capital between mobile phones and IF usage. The existing studies aim to directly influence IF usage by human capital, such as training, health, and education. Thirdly, we use the DID method to study the impacts of mobile phone promotion strategy on household
IF usage. Fourthly, we employ the PSM-DID and the two-stage IVM to solve the endogeneity problem related to MPU.

The empirical results showed that the MPU substantially reduced the use of IF. The household that uses mobile phones has a 17.4% reduction in IF use intensity than the household that does not. When the primary income of growers does not come from cereal crops, the effect of MPU in reducing IF use becomes weaker. Mechanism investigation shows the mediation role of human capital in mobile phone and IF usage nexus. The outcomes reveal that the mobile phone promotion program in remote regions can help reducing IF usage. The finding is that mobile phone upgrade policy is important to growers in rural areas, which helps them obtain information about lowering IF, market prices, the environment, and other relevant information.

We can derive some essential policy implications from these findings. Firstly, considering that MPU would have an environmentally friendly influence on IF usage in Afghanistan and other developing economies, therefore, authorities need to eliminate restrictions that prevent growers from using mobile phones and IT. For instance, mobile phone equipment subsidies help reduce the cost of growers. Secondly, human capital (skill training/technical education, etc.) has a mediating role in mobile phones and IF usage. Improving the technical education on MPU and access to internet facilities can increase the efficiency of agricultural production, reducing the IF usage and environmental pollution. Studies found that human capital's significance in promoting IF usage decrease should also be considered, particularly instructions, education, and training related to MPU. In addition, other strategies, such as ICTs literacy guidance skills (for example, email, MMS, SMS, call, etc.), should help reduce IF application. Thirdly, mobile phone technology infrastructure is critical in promoting MPU among farmers and reducing IF usage. Fourthly, particular policy support and attention should be focused on how vulnerable households use the internet and mobile phone technologies. Such focus and support can entail, inter alia, farmers’ education and training employing online programs, hence providing incentives for these farmers to leverage digital technology, benefit from digital dividend externalities, address concerns surrounding their specific capital disadvantages, and mitigate their use of chemical pesticides. Therefore, the government should carry out long-term investments and increase the investment to facilitate access to ICTs in remote areas, as having a telephone
and access to a cellular and internet network would provide enabling conditions for environmentally friendly IF usage.

However, this study has a few limitations. This study only had the total quantity of overall IF sources utilized by farmers/growers due to limited information, but not the total amount of particular types of fertilizers (such as compound fertilizer or phosphorus, nitrogen, potassium). This empirical study was only focused on farmers growing cereal crops.

Also, this study does not recommend the rate of application of IF on a particular province or farm for optimum crop production. This study only focused on the importance of mobile phones and IT, which can help reducing IF use or use IF efficiently for optimum crop production. Total nitrogen inputs to the cropland can be in the form of manure, IF, symbiotic fixation, and atmospheric deposition. The IF optimization depends on several factors, such as local environments (e.g., soil temperature, amount and frequency of rainfall), soil characteristics (e.g., texture, organic matter, porosity, density), and management practices.

In the future, more comprehensive research on various types of fertilizers can be considered. Besides, this study is based on data collected from Afghanistan alone. Therefore, it is necessary to conduct comparative studies with data from multiple developing countries to understand better the relationship among new technologies such as smartphones, mobile phones, the internet, and IF usage in various socioeconomic contexts.

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