Nonequilibrium phonon dynamics beyond the quasiequilibrium approach

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The description of nonequilibrium states of solids in a simplified manner is a challenge in the field of ultrafast dynamics. Here, the phonon thermalization in solids through the three-phonon scatterings is investigated by solving the Boltzmann transport equation (BTE). The numerical solution of the BTE shows that the transverse acoustic and longitudinal acoustic (LA) phonon temperatures are not well-defined during the relaxation, indicating the breakdown of the quasiequilibrium approximation. The development of hot and cold phonons and the backward energy flow from low to high energy phonons are observed in the initial and final stage of the relaxation, respectively. A minimal model is presented to relate the latter with the power-law decay of the LA phonon energy.

I. INTRODUCTION

The thermalization of quasi-particles and elementary excitations in solids is a complex phenomenon because electron-electron (e-e), electron-phonon (e-ph), and phonon-phonon (ph-ph) dynamics are simultaneously involved. To develop a language for describing the nonequilibrium states in a simplified manner is highly desirable. Although the debate on this issue is still far from settled, two-temperature model (TTM) for electrons and phonons \cite{1,2} has served as a minimal model in the field of ultrafast dynamics. For example, the TTM has been widely used to study the energy relaxation of a variety of materials such as metals \cite{3,4}, nanocarbons \cite{5,6}, Dirac semimetals \cite{10}, and warm-dense matters \cite{11}.

The main assumption behind the TTM is that through the e-e and ph-ph scatterings, the electrons and phonons immediately reach an equilibrium state that is characterized by the time-dependent electron and phonon temperatures, respectively \cite{2}. However, the breakdown of the TTM in the relaxation dynamics has been addressed by several authors \cite{12–14,16}. This may be attributed to (i) the Pauli exclusion principle, which reduces the scattering phase space \cite{12–15,16}, (ii) the strong electron screening, which slows the electron thermalization time \cite{16}, and (iii) the strong e-ph coupling, which disturbs the electron and phonon distributions significantly \cite{12,17}. Recently, the breakdown of the TTM due to the nonthermal phonon distribution has been reported in a layered material \cite{19} and even in aluminum \cite{18}. This is because the occupation numbers of the longitudinal acoustic (LA) and transverse acoustic (TA) phonons in solids are described by Bose-Einstein (BE) function with different temperatures, while in the TTM these are described by the same temperature.

Recent experiments have made it possible to investigate the time-evolution of phonon distribution in solids \cite{20,21}. Such achievements together with theoretical works \cite{22,23} have revealed novel phonon dynamics on a picosecond time scale, such as the branch-dependent population dynamics \cite{20} and the phonon production by upconversion \cite{22}.

With these nonequilibrium phonons emerging in solids, it is time to study the quasi-equilibrium treatments for phonons in detail and consider whether some intriguing rules for the phonon thermalization can be found. This is the aim of this paper. Therefore, we first present a numerical solution of the Boltzmann transport equation (BTE) for solids and discuss the phonon thermalization through the three-phonon scatterings. Then, we show that the TA and LA phonon temperatures are not well-defined during the relaxation, since the phonon distribution for each branch is not described by BE statistics. In the initial stage of the relaxation, each phonon subset develops into hot and cold phonons with time. In the final stage of the relaxation, the backward energy transfer from low to high energy regions occurs. This yields the power-law decay of the LA phonon energy, which explains the recent experimental observations \cite{19}. The relaxation behavior for each stage is illustrated by a simplified model derived from the BTE.

The rest of this paper is organized as follows. In Sec. II we formulate a theory of the phonon thermalization of solids based on the BTE considering the three-phonon scatterings. In Sec. III A we examine the time-evolution of the phonon occupations, and study the approach to equilibrium. We demonstrate the breakdown of the quasi-equilibrium approximation during the relaxation, and propose a nonequilibrium function that quantitatively describes the numerical results. The relaxation dynamics in the initial and final stages are investigated by constructing simple models in Secs. III B and III C respectively. In Sec. III D some remarks including an interpretation of the experiment \cite{19} are presented. Finally, we summarize our conclusion in Sec. IV. Technical detail concerning the fitting procedure of the numerical data is given in Appendix A. Numerical simulation results with the use of the different matrix element for the three-phonon scatterings are given in Appendix B.
II. FORMULATION

We study the phonon thermalization on a face-centered cubic monatomic lattice. We expand the lattice potential energy in powers of the displacement of atoms from the equilibrium position, as \( V = \sum p V_p \), with \( p = 0, 2 \), and \( 3 \). \( V_0 \), \( V_2 \), and \( V_3 \) are the rigid lattice, harmonic, and anharmonic potentials, respectively. The use of \( V_2 \) enables to compute the phonon band structure with two adjustable parameters \([24]\), if we assume that \( V_2 \) depends on the distance between nearest-neighbor atoms only. By defining the force constants \( A \) and \( B \) as

\[
A = \frac{2}{d} \frac{dV(r)}{dr} \bigg|_{r=d},
\]

\[
B = \frac{2}{d} \left( \frac{d^2V(r)}{dr^2} \bigg|_{r=d} - \frac{1}{d} \frac{dV(r)}{dr} \bigg|_{r=d} \right),
\]

where \( d \) is the equilibrium nearest-neighbor distance, the phonon energies are calculated by diagonalizing the dynamical matrix given by

\[
D = \sum R \sin^2 \left( \frac{q \cdot R}{2} \right) \left[ A1 + B\hat{R}\hat{R} \right],
\]

where \( 1 \) is the \( 3 \times 3 \) unit matrix and \( \hat{R} \) is the dyadic formed from the unit vectors \( \hat{R} = R/|R| \) with \( R \) being the nearest neighbor point vector. Given three eigenvalues \( \lambda \), the phonon frequencies are given by \( \omega = \sqrt{\lambda/M_i} \) with the ion mass \( M_i \). The phonon energy is denoted by \( h\omega_{q, \mu} \), where \( h \) is the Planck constant, \( q \) is the wavevector, \( \mu \) is the branch index, \( i.e., TA1, TA2, \) and \( LA \). Note that the phonon frequency at \( X \) point is explicitly given by

\[
\omega_{X,LA} = \sqrt{8A + 4B \over M_1}, \quad \omega_{X,TA} = \sqrt{8A + 2B \over M_1}. \tag{3}
\]

By setting \( h\omega_{X,LA} = 40 \text{ meV} \) and \( h\omega_{X,TA} = 30 \text{ meV} \), which are close to the values of phonons in aluminum, the force constants \( A \) and \( B \) in Eq. (1) are, through Eq. (3), determined uniquely. Then we obtain the phonon band structure through Eq. (2), shown in Fig. 1

![Fig. 1. Calculated phonon dispersion relations along the symmetry points. At X point, \( h\omega_{X,LA} \) and \( h\omega_{X,TA} \) are set to 40 and 30 meV, respectively.](image-url)
space. The square of the matrix element is linearly proportional to \(|q||q_1||q_2||M_{q,q_1,q_2}|^2 = \delta_{q,q_1} G w_0^2 |Q_1||Q_2|\), By using this expression, we define the three-phonon matrix element in Eq. (8)

\[|M_{q,q_1,q_2}|^2 = \delta_{q,q_1} G w_0^2 |Q_1||Q_2|,\]  

(8)

where \(w_0\) is a parameter that determines the magnitude of the matrix elements. The larger value of \(w_0\) leads to the faster relaxation. Since the relaxation time in solids is usually an order of ps \([18, 20, 21]\), we set \(w_0 = 6 \text{ meV}\). While the use of a realistic potential \([27, 28]\) would reveal the thermalization of a specific system, such a work is beyond the scope of the present study.

The differential equation given by Eq. (5) is solved numerically with the time step of \(\Delta t = 0.02 \text{ ps}\). The Dirac delta function is approximated by the Gaussian function with the broadening of 0.2 meV. The Brillouin zone is integrated with a Gamma-centered Monkhorst-Pack mesh \([29]\) of \(14 \times 14 \times 14\) at each time. For the present choice of parameters, the relative error of the total energy is found to be 0.12 % at \(t = 5000 \Delta t\).

When a solid is excited by a pump pulse, the absorbed photon energy is transferred to the lattice via the e-ph coupling. Since the electron-LA phonon coupling is usually stronger than the electron-TA phonon coupling \([18]\), we considered the following initial condition

\[n_{q,\mu} = \left[ e^{\omega_{q,\mu}/(k_B T)} - 1 \right]^{-1},\]  

(9)

where \(k_B\) is the Boltzmann constant, and \(T_{\text{ini}} = T_{\text{low}}\) for \(\mu = \text{TA1}\) and \(T_{\text{ini}} = T_{\text{high}}\) for \(\mu = \text{LA}\). Since \(\hbar \omega_{X,\text{LA}} = 40 \text{ meV}\) and \(\hbar \omega_{X,\text{TA}} = 30 \text{ meV}\), we studied several initial conditions: the low temperature limit \(k_B T_{\text{low}} < \hbar \omega_{X,\text{TA}}\), the high temperature limit \(\hbar \omega_{X,\text{LA}} < k_B T_{\text{low}} < \hbar \omega_{X,\text{TA}}\), and the intermediate case such as \(k_B T_{\text{low}} < \hbar \omega_{X,\text{TA}}\), and \(\hbar \omega_{X,\text{TA}} < k_B T_{\text{high}} < \hbar \omega_{X,\text{LA}}\). We also considered the Gaussian-type excitation of phonons \(n_{q,\mu} = n(0)(\omega_{q,\mu}, T) + n(1) e^{-(\omega_{q,\mu} - \epsilon)^2}/(2\hbar^2\omega_{q,\mu})\) where \(n(0)(\omega_{q,\mu}, T)\) is the BE function with finite \(T\), \(\epsilon\) is the excited phonon energy that gives a peak of the distribution function, and \(n(1)\) is the amplitude. For example, we set \(\epsilon = 40 \text{ meV}\), and \(n(1) = 10\), assuming that the phonons with the Debye frequency are coherently excited at room \(T\). Nevertheless, these initial conditions do not change the relaxation behavior qualitatively. Below, we thus set \(k_B T_{\text{low}} = 1 \text{ meV}\) and \(k_B T_{\text{high}} = 35 \text{ meV}\) in Eq. (12).

III. RESULTS AND DISCUSSION

A. Nonequilibrium Dynamics

Figure 2 shows the distribution of TA1, TA2, and LA phonon modes for \(t = 0.1, 1, 10,\) and 100 ps. The occupation number of TA1 and TA2 phonon modes increases with time, while that of LA modes decreases. This clearly indicates that the energy is transferred from the LA to TA phonons. At \(t = 100 \text{ ps}\), the phonon system is in equilibrium at \(k_B T = 17 \text{ meV}\). This is the simplest interpretation of the relaxation dynamics.

Figure 3 shows the phonon occupation numbers at \(t = 1 \text{ ps}\) and the BE statistics with a few lattice temperatures (dashed and dot-dashed curves). It is shown that the phonon distribution cannot be described by BE statistics, in particular in the high energy tail. This shows that the TA and LA phonon temperatures are never well-defined during the relaxation, showing the breakdown of the quasi-equilibrium treatment.

There are two reasons why the BE function fails to describe the LA and TA phonon populations. First, in Fig. 2 the population of LA phonons with \(\hbar \omega_{q,\text{LA}} \leq 20 \text{ meV}\) and \(\hbar \omega_{q,\text{LA}} > 20 \text{ meV}\), respectively, increases and decreases too much, compared to the initial distribution
function, at the initial stage of relaxation. Second, the population increase of the TA phonons with $\hbar\omega_{q_{TA}} \leq 20$ meV is much larger than that of the TA phonons with $\hbar\omega_{q_{TA}} > 20$ meV. To describe such a strong population variation with $\omega_{q,\mu}$, we consider the following function

$$n_{q,\mu}(t) = \left[ \exp\left( \frac{\hbar\omega_{q,\mu}}{k_B T_{\mu}^{(0)}(t) + \mu(t)\hbar\omega_{q,\mu}} \right) - 1 \right]^{-1},$$

where $T_{\mu}^{(0)}(t)$ and $\mu(t)$ are a quasi-temperature and a dimensionless parameter that characterizes the degree of the nonequilibrium of the branch $\mu$, respectively. The deviation from $r_\mu = 0$ measures how each subset is far from equilibrium. A fit to the distribution function given by Eq. (10) was performed at each time by using minpack [30] (see Appendix A for the numerical implementation).

As shown in Fig. 3 the agreement is good, indicating the validity of the form of Eq. (10) to describe the nonequilibrium distribution. Note that the suppression of the population observed at $\hbar\omega_{q,\mu} \leq 10$ meV in the TA phonons is due to the small $|M_{q,\mu'}|^2$ for smaller $|q|$ because it was not observed when $f = w_0^2$ is used (see also Appendix B).

**B. Initial stage of the relaxation**

1. **Development of hot and cold phonons**

To understand the initial population dynamics, we show the $t$-dependence of $T^{(0)}_{\mu}$ and $r_\mu$ in Figs 4(a) and 4(b), respectively. For comparison, the time evolution of $T^{(0)}_{\mu}$ with $r_\mu$ fixed to zero (i.e., within the quasi-equilibrium approximation) is also shown in the inset of Fig. 4(a). In the latter case, $T^{(0)}_{\mu}(t)$ shows a monotonic increase and decrease for $\mu = TA_1(TA_2)$ and LA, respectively, simply indicating that the LA phonon energy is transferred to TA phonons. In the case of $r_\mu(t) \neq 0$ shown in Fig. 4(a), $k_B T_{LA}^{(0)}(t)$ initially increases with time and takes the maximum value of 75 meV, quite higher than the initial energy, at $t \approx 0.6$ ps. Then, $k_B T_{LA}^{(0)}(t)$ decreases slowly and approaches 17 meV at $t = 100$ ps. Conversely, $r_{LA}(t)$ becomes negative and takes the minimum value of $-1.5$ at $t = 0.6$ ps, after which $r_{LA}(t)$ starts to approach zero shown in Fig. 4(b). Similar behavior is observed for $\mu = TA_1$ and TA_2, while the variation of the two parameters as a function of $t$ is not so large, compared to the case of the LA phonon. The nonzero value of $r_\mu(t)$ indicates that each phonon subset starts to be divided into hot and cold parts until a critical $t \approx 0.6$ ps, after which they thermalize. Since $r_\mu < 0$, this can be interpreted as the development of the hot low energy phonon (LEP) and cold high energy phonon (HEP) in the initial stage of the relaxation. It would yield the backward energy flow from LEP to HEP in the final stage of the relaxation.

2. **The relevant scattering processes and the upper value of the hot LEP energy**

It is possible to determine the scattering processes relevant to the hot LEP and cold HEP creation in the LA phonon branch at $t \approx 0$ ps. Simultaneously, the maximum of the hot LEP energy or the minimum of the cold HEP energy is also determined. To show this, we focus on the $\omega$-dependence of the LA phonon distribution function $n_{LA}(\omega, t)$ and evaluate the collision term for the ph-ph scatterings at $t = 0$ ps only. We then start from the BTE for $n_{LA}(\omega, t)$

$$\frac{\partial n_{LA}(\omega, t)}{\partial t} = \frac{2}{\hbar^2 N^2} \left[ \int_0^{\omega_{LA}} d\omega' D_{LA}(\omega') + \int_0^{\Omega_{TA}} d\omega' D_{TA}(\omega') \right] \times \left[ \int_0^{\omega_{LA}} d\omega'' D_{LA}(\omega'') + \int_0^{\Omega_{TA}} d\omega'' D_{TA}(\omega'') \right] \times \left( \frac{1}{2} F_a + F_i \right),$$

(11)

**TABLE I: Three-phonon scattering processes between LA and TA phonons**

| $l$ | $\omega_{LA} + \omega_{TA} \rightarrow \omega_{LA}$ |
|-----|---------------------------------|
| 1   | $\omega_{LA} + \omega_{TA}$    |
| 2   | $\omega_{TA} \rightarrow \omega_{LA} + \omega_{TA}$ |
| 3   | $\omega_{TA} + \omega_{LA} \rightarrow \omega_{LA}$ |
| 4   | $\omega_{LA} \rightarrow \omega_{LA} + \omega_{TA}$ |
| 5   | $\omega_{TA} + \omega_{TA} \rightarrow \omega_{LA}$ |
| 6   | $\omega_{TA} \rightarrow \omega_{LA} + \omega_{TA}$ |
with the phonon density-of-states (DOS) \( D_\mu(\omega) \) \((\mu = \text{LA or TA})\), the averaged three-phonon Hamiltonian matrix elements \( \gamma_{\text{LA-TA}} \) between the LA and TA phonons, and

\[
\mathcal{F}_a = \left[ n_{\text{LA}}^+(\omega)n_{\mu'}^+(\omega')n_{\mu''}^+(\omega'') - n_{\text{LA}}(\omega)n_{\mu'}^+(\omega')n_{\mu''}^+(\omega'') \right] \delta(\omega - \omega' - \omega''),
\]

\[
\mathcal{F}_i = \left[ n_{\text{LA}}^+(\omega)n_{\mu'}^+(\omega')n_{\mu''}^+(\omega'') - n_{\text{LA}}(\omega)n_{\mu'}^+(\omega')n_{\mu''}^+(\omega'') \right] \delta(\omega + \omega' - \omega'') \quad (12)
\]

with \( n_{\mu}^+(\omega) = n_{\mu}(\omega) + 1 \). \( \mu' \) and \( \mu'' \) in Eq. (12) are the mode index corresponding to \( \omega' \) and \( \omega'' \), respectively: For example, when the phonon mode with the frequency \( \omega' \) is the TA mode, \( \mu' = \text{TA} \). Since we focus on the relaxation at \( t = 0 \) ps, \( n_{\text{LA}}(\omega) \), \( n_{\mu'}(\omega') \), and \( n_{\mu''}(\omega'') \) in the right hand side (r.h.s.) in Eq. (12) can be approximated by the initial distribution function, i.e., the Bose distribution function with the temperature \( T_{\text{ini}} = T_{\text{low}} \) for TA modes and \( T_{\text{ini}} = T_{\text{high}} \) for LA modes [see Eq. (1)]. If \( \mu' = \mu'' = \text{LA} \), no scatterings contribute to the collision term in Eq. (11). This is because all the distribution functions \( n_{\text{LA}}(\omega) \), \( n_{\mu'}(\omega') \), and \( n_{\mu''}(\omega'') \) are associated with the same temperature. Then, the r.h.s. in Eq. (11) are decomposed into six terms \( P(l) \) with \( l = 1, 2, 3, 4, 5 \), and 6. Table I lists the scattering processes that contributes to the r.h.s. in Eq. (11). They are explicitly given as

\[
P(1) = \int_0^{\Omega_{\text{LA}}} d\omega' D_{\text{LA}}(\omega') \int_0^{\Omega_{\text{TA}}} d\omega'' D_{\text{TA}}(\omega'') \frac{\mathcal{F}_a}{2},
\]

\[
P(2) = \int_0^{\Omega_{\text{LA}}} d\omega' D_{\text{LA}}(\omega') \int_0^{\Omega_{\text{TA}}} d\omega'' D_{\text{TA}}(\omega'') \mathcal{F}_i,
\]

\[
P(3) = P(1),
\]

\[
P(4) = \int_0^{\Omega_{\text{TA}}} d\omega' D_{\text{TA}}(\omega') \int_0^{\Omega_{\text{LA}}} d\omega'' D_{\text{LA}}(\omega'') \mathcal{F}_i,
\]

\[
P(5) = \int_0^{\Omega_{\text{TA}}} d\omega' D_{\text{TA}}(\omega') \int_0^{\Omega_{\text{TA}}} d\omega'' D_{\text{TA}}(\omega'') \frac{\mathcal{F}_a}{2},
\]

\[
P(6) = \int_0^{\Omega_{\text{TA}}} d\omega' D_{\text{TA}}(\omega') \int_0^{\Omega_{\text{TA}}} d\omega'' D_{\text{TA}}(\omega'') \mathcal{F}_i.
\]

Here \( P(l) \) with odd and even \( l \) indicates the anharmonic decay and the inelastic scattering of the phonon mode with \( \omega \), respectively. We apply the Debye model for the LA and TA phonons, where the phonon DOS for the LA and TA phonons are given by

\[
D_{\text{LA}}(\omega) = \frac{3N\omega^2}{\Omega_{\text{LA}}} \theta_H(\Omega_{\text{LA}} - \omega),
\]

\[
D_{\text{TA}}(\omega) = \frac{6N\omega^2}{\Omega_{\text{TA}}} \theta_H(\Omega_{\text{TA}} - \omega),
\]

respectively, with the Heaviside step function \( \theta_H(\omega) \). As shown in Fig. 1, \( \hbar\Omega_{\text{LA}} \) and \( \hbar\Omega_{\text{TA}} \) are set to be 40 and 30 meV, respectively.

**C. Final stage of the relaxation**

**1. Power-law decay and Backward energy flow**

Figure 5(a) shows the \( \omega \)-dependence of \( P(i) \) with \( i = 1, 2, 3, 4, 5 \), and the sum of the contribution \( P_{\text{tot}} = \sum_{i=1}^{6} P(i) \). \( P(1) \) is exactly the same as \( P(3) \). \( P(6) \) is not shown because it is negligibly small. For smaller \( \omega \), \( P(2) \) and \( P(4) \), related to the inelastic scattering processes, are negative and positive, respectively, so that they are cancelled out partly. This yields the positive value of \( P_{\text{tot}} \) for smaller \( \omega \), indicating the creation of the hot LEP for \( t > 0 \). A magnified view [Figure 5(b)] shows that \( \omega P_{\text{tot}} \) curve crosses zero at \( \hbar\omega = \hbar\Delta_{\text{LA}} \approx 23 \text{ meV} \) (black arrow) because of the negative values of \( P(1), P(3), \) and \( P(5) \) that originate from the anharmonic decay processes. This, in turn, indicates the creation of the cold HEP above \( \omega = \Delta_{\text{LA}} \). Notice that the value of \( \Delta_{\text{LA}} \) is almost the same as the upper value of the hot LEP energy, shown in Figs. 2 and 4.

Figure 6(a) shows the time-evolution of the total LA phonon energy per a unit cell \( E_{\text{LA}}(t) = \sum_{\omega} \hbar\omega q_{\text{LA}} n_{q_{\text{LA}}}(t)/N \). The magnitude of \( E_{\text{LA}} \) decreases with time and converges to the value of 5.4 meV at \( t = 100 \text{ ps} \). Interestingly, the power-law behavior is observed from \( t = 2 \) to 45 ps: \( E_{\text{LA}}(t) \propto t^{-p} \) with \( p = 0.12 \). Below, we show a model to relate the power-law relaxation with the backward energy flow from the hot LEPs to cold HEPs just before reaching the equilibrium. Note that the phonon dynamics in lattices with a basis would also be described by the present model because most of the optical phonons must have decayed into acoustic phonons in the final relaxation.

We assume that the nonequilibrium distribution func-
relatively small region of the first Brillouin zone. The value because the presence of the LEP is restricted to a constant origin for the LA phonons is expressed as \[31\]

\[n_{q,LA} = \left[ e^{\omega_{q,LA}/(kT^*)} - 1 \right]^{-1}, \quad \text{(15)}\]

with the effective temperature \(T^* = \theta_{LA}(t)\) for \(\omega_{q,LA} \leq \Delta_{LA}\) (i.e., LEP) and \(T^* = T_{bath}\) for \(\omega_{q,LA} > \Delta_{LA}\) (i.e., HEP). \(T_{bath}\) is time-independent satisfying \(\theta_{LA}(t) > T_{bath}\), that is, the HEPs serve as a thermal bath.

The time-evolution of the total energy of the LEP is given by

\[
\frac{\partial E_{\text{LEP}}(t)}{\partial t} = \frac{1}{N} \sum_q \hbar \omega_{q,LA} \frac{\partial n_{q,LA}}{\partial t}, \quad \text{(16)}
\]

where the summation is taken over all the wavevectors satisfying \(\hbar \omega_{q,LA} \leq \hbar \Delta_{LA}\). By substituting Eq. \ref{eq:15} into Eq. \ref{eq:16} and transforming the summation into the integrals with respect to \(\omega\), one find

\[
\frac{\partial E_{\text{LEP}}(t)}{\partial t} = \frac{\gamma_{\text{LEP-HEP}}^2}{\hbar^2 N^3} \int_0^{\Delta_{LA}} d\omega D_{\text{LA}}(\omega) \hbar \omega \\
\times \left[ \left( \int_0^{\Delta_{LA}} + \int_{\Delta_{LA}}^{\Delta_{LA}} \right) d\omega' D_{\text{LA}}(\omega') \right] \\
\times \left[ \left( \int_0^{\Delta_{LA}} + \int_{\Delta_{LA}}^{\Delta_{LA}} \right) d\omega'' D_{\text{LA}}(\omega'') \right] \\
\times \left( \frac{1}{2} S_a + S_i \right), \quad \text{(17)}
\]

with the phonon DOS \(D_{\text{LA}}(\omega)\) given by Eq. \ref{eq:14}. \(\gamma_{\text{LEP-HEP}}\) is the three-phonon matrix element between the LEP and HEP, and is approximated to a constant value because the presence of the LEP is restricted to a relatively small region of the first Brillouin zone. \(S_a\) and \(S_i\) are the collision terms for the anharmonic decay and the inelastic scattering, respectively, and are explicitly given as

\[
S_a = \left[ n_{LA}^+(\omega) n_{LA}^+(\omega') n_{LA}^+(\omega'') \right] \delta(\omega - \omega' - \omega'') \\
- \left[ n_{LA}(\omega) n_{LA}(\omega') n_{LA}(\omega'') \right] \delta(\omega - \omega' - \omega'') \\
S_i = \left[ n_{LA}^+(\omega) n_{LA}(\omega') n_{LA}(\omega'') \right] \delta(\omega + \omega' - \omega''). \quad \text{(18)}
\]

Due to the energy conservation law, we may consider the inelastic scattering term \(S_i\) in Eq. \ref{eq:18} only. Furthermore, the three-phonon scattering process contributes to the collision term \(S_i\) only when one of the phonon states is different from the others: LEP+LEP=HEP and LEP+HEP=HEP (see Fig. 7). As we will show below, only the former process is relevant to the appearance of the power-law decay. Thus we discarded the latter process to construct a minimal model.

To derive the rate equation for \(\theta_{LA}(t)\) by considering the process of LEP+LEP=HEP, we use the approximation \(n_{LA}(\omega) \simeq k_B \theta_{LA}/(\hbar \omega)\) and \(k_B T_{bath}/(\hbar \omega)\) depending on the magnitude of \(\omega\). Then, the collision term is given by

\[
\frac{31G}{66} (k_B T_{bath})(\hbar \Delta_{LA}) + G(k_B T_{bath})(k_B \theta_{LA}) \\
- G(k_B \theta_{LA})^2 \quad \text{(19)}
\]

with

\[
G = \frac{297 \gamma_{\text{LEP-HEP}}^2 \Delta_{LA}^7}{40 \hbar^3 \sigma_0^9 \gamma_{\text{LA}}}. \quad \text{(20)}
\]
Using Eq. (19) and the expression of the LEP energy
\[ E_{\text{LEP}} = (k_B \theta_{\text{LA}}) \left( \frac{\Delta_{\text{LA}}}{\Omega_{\text{LA}}} \right)^3, \]  
(21)
one obtains the rate equation for \( \theta(t) = \theta_{\text{LA}}(t)/\theta_0 \) with the dimensionless time \( \tau = t/t_0 \)
\[ \frac{\partial \theta(\tau)}{\partial \tau} = a + b\theta(\tau) - c \left[ \theta(\tau) \right]^2, \]  
(22)
where
\[ a = \frac{31}{66} \left( T_{\text{bath}}/\theta_0 \right) \left( \hbar \Delta_{\text{LA}}/k_B \theta_0 \right), \quad b = \frac{T_{\text{bath}}}{\theta_0}, \quad c = \frac{1}{d} = 1 \]
\[ d = \frac{297 \gamma_{\text{LEP-HEP}}(k_B \theta_0)}{40(\hbar \Omega_{\text{LA}})^3} \left( \frac{\Delta_{\text{LA}}}{\Omega_{\text{LA}}} \right)^3 \left( \Delta_{\text{LA}} t_0 \right). \]  
(23)
Negative sign of the third term in Eq. (22) leads to the decrease in the LEP temperature due to the process of LEP+HEP \( \rightarrow \) HEP. The analytical solution of Eq. (22) is expressed as
\[ \theta(\tau) = \theta_{\infty} \left[ 1 + g e^{(b-2c)\theta_{\infty})\tau} \right] \left( 1 - \frac{\theta(0)}{\theta_{\infty} - b/c} \right)^{-1}, \]  
(24)
with
\[ \theta_{\infty} = b + \sqrt{b^2 + 4ac} \]  
(25)
and
\[ g = \frac{\theta(0) - \theta_{\infty}}{\theta_{\infty} \left[ 1 + \frac{\theta(0)}{\theta_{\infty} - b/c} \right]}. \]  
(26)
Since \( b - 2c\theta_{\infty} < 0 \) in Eq. (23), \( \theta(\tau) \rightarrow \theta_{\infty} \) in the limit of \( \tau \rightarrow \infty \).

Before showing the comparison between the analytical and numerical results, we show that the process of LEP+HEP \( \rightarrow \) HEP does not cause the power-law decay. By performing a similar calculation above, the collision term is given by
\[ \frac{31 G}{66} (k_B T_{\text{bath}})/\hbar \Delta_{\text{LA}} + \frac{2G}{3} (k_B T_{\text{bath}})^2 \]
\[ - \frac{13 G}{33} (k_B T_{\text{bath}})/(k_B \theta_0). \]  
(27)
If there is a contribution from LEP+HEP \( \rightarrow \) HEP only, the rate equation for \( \Theta(\tau) = \theta_{\text{LA}}(t)/\theta_0 \) is written as
\[ \frac{\partial \Theta(\tau)}{\partial \tau} = \alpha - \beta \Theta(\tau), \]  
(28)
where \( \alpha \) and \( \beta \) are positive values that depend on \( T_{\text{bath}} \) and \( \Delta_{\text{LA}} \). The analytical solution is simply given by
\[ \Theta(\tau) = \Theta_{\infty} (1 - e^{-\beta \tau}) + \Theta(0) e^{-\beta \tau} \]  
(29)
with \( \Theta_{\infty} = \alpha/\beta \). No choices of \( \alpha \) and \( \beta \) yield the power-law decay observed in Figs. 6 and 12 (below).

2. Comparison with numerical simulations

We set \( t_0 = 1 \text{ ps}, \hbar \Omega_{\text{LA}} = 40, \gamma_{\text{LEP-HEP}} = 1.5, \) \( k_B T_{\text{bath}} = 40, \hbar \Delta_{\text{LA}} = 20, \) and the initial temperature \( k_B \theta(0) = 70 \) in units of \( k_B \theta_0 = 1 \text{ meV}. \) Then, the time-evolution of \( E_{\text{LEP}}(t) \) calculated from Eq. (22) is in agreement with that of \( E_{\text{LA}}(t) \) calculated from Eq. (3), as shown in Fig. 8(a). This clearly indicates that the power-law decay can be understood as the backward energy transfer from hot LEPs to cold HEPs. The value of the exponent \( p \) is determined by \( k_B T_{\text{bath}}. \) In fact, \( p \) decreases from 0.3 to 0.05 when \( k_B T_{\text{bath}} \) is increased from 30 to 50 in units of \( k_B \theta_0, \) as shown in Fig. 8(b). This is because the ratio of \( E_{\text{LEP}}(t = 1\text{ ps})/E_{\text{LEP}}(t = 100\text{ ps}) \) is smaller for larger \( T_{\text{bath}}. \) The onset of the power-law decay (arrows) is delayed with decreasing \( \hbar \Delta_{\text{LA}} \) because the energy exchange rate between the LEP and HEP is suppressed, as shown in Fig. 8(c).

D. Some remarks

As demonstrated in Sec. III C, the total LA phonon energy shows a power-law decay in the final stage of the relaxation. This would give an interpretation of the recent experiment by Ishida et al. They have studied the electron relaxation dynamics of SrMnBi\(_2\) by using the time-resolved angle-resolved photoemission spectroscopy. A power-law decay of the electron energy has been observed in the final stage of the relaxation, while the TTM-like behavior has been observed in the initial stage of the relaxation. By assuming the presence of the phonon-bottleneck effect, where the electron relaxation is regarded as the LA phonon relaxation, the power-law decay observed in the experiment can be interpreted as a backward energy flow from the hot LEP to the cold HEP. We hope that the exponent variation, as shown in Figs. 8(b) and 8(c), is observed in future experiments.

We can visualize the phonon relaxation for each branch, if we consider \( T_{\mu}(0) + r_{\mu}(t) \hbar \omega_{q,\mu}/k_B \) in Eq. (10) as an effective temperature. The combined use of
Eq. (10) and Fig. 4 reveals the phonon development into hot LEP and cold HEP, followed by the thermalization involving the backward energy transfer from the former to the latter, as shown in Fig. 8. On the other hand, a monotonic evolution is only revealed with the use of \( r_\mu (t) = 0 \), as shown in the inset of Fig. 4(a).

Based on the TTM, Brorson et al. determined the e-ph coupling of several superconductors except aluminum from femtosecond time-resolved experiments \[2\]. Recently, Waldecker et al. proposed a nonthermal lattice model (NLM) to study the energy flow in photoexcited aluminum beyond the TTM \[18\]. In the model, the phonon distribution is still expressed as a sum of thermal distributions of the three acoustic phonon branches, equivalent to the quasi-equilibrium approach. They demonstrated that the determination of the e-ph coupling from time-resolved experiments by means of the NLM leads to sufficiently correct values. However, the numerical solution presented in this paper clearly shows that each phonon subset is not in thermal equilibrium during the relaxation. In this way, our results pose a fundamental question why the TTM and the NLM could serve as a good model for quantitatively determining the e-ph coupling of metals \[2, 18\]. This would be an open question.

IV. CONCLUSION

In conclusion, through numerical simulations, we have demonstrated the breakdown of the quasi-equilibrium approach during the phonon thermalization. The analyses have revealed the phonon development into two subgroups and the backward energy flow between them in the initial and the final stage of the relaxation, respectively. The latter yields the power-law decay of the LA phonon energy, which explains the recent experimental observations \[19\]. The present study could be a crucial ingredient to construct a model beyond TTM. Our model can be generalized to incorporate the several effects; the e-e and e-ph scatterings and more realistic situations such as the presence of the optical phonon modes and the optical excitations. This will be a future work.

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Appendix A: Nonlinear least square problem

The numerical solution of the BTE in Eq. (5) gives the phonon occupation numbers \( n_{q,\mu}(t) \) at the phonon energy \( \hbar \omega_{q,\mu} \). At each \( t \), we minimize the following function with respect to \( T^{(0)}_\mu \) and \( r_\mu \),

\[
G(T^{(0)}_\mu, r_\mu, t) = \sum_q \ln \frac{n_{q,\mu}(t)}{n^{(0)}(\omega_{q,\mu}, T^{(0)}_\mu + r_\mu \hbar \omega_{q,\mu} / k_B)} \right] \right)^2, \tag{A1}
\]

where \( n^{(0)}(\omega, T) = [\exp(\hbar \omega / k_B T) - 1]^{-1} \) is the Bose-Einstein distribution function. \( n^{(0)}(\omega_{q,\mu}, T^{(0)}_\mu + r_\mu \hbar \omega_{q,\mu} / k_B) \) in Eq. (A1) is equivalent to Eq. (10). This minimization problem is equivalent to the nonlinear least square problem and can be solved by using minpack \[30\]. The logarithm in bracket in Eq. (A1) should be taken in order to lower the magnitude of errors at each \( \hbar \omega_{q,\mu} \). The solid curves in Figs. 3 and 10 (below) and the all curves drawn in Figs. 4 and 11 (below) were obtained by employing this method.
FIG. 11: Same as Fig. 4 but for the case of $f = w_0^2$.

FIG. 12: The time-evolution of the LA phonon energy $E_{LA}(t)$ for the initial conditions: $(k_BT_{low}, k_BT_{high}) = (1.35)$ meV for (a) and (60,80) meV for (b). The curves proportional to $t^{-\alpha}$ with $\alpha = 0.10$, 0.15, and 0.20 for (a) and 0.01, 0.02, and 0.03 for (b) are also shown. $f = w_0^2$ is used.

Appendix B: Numerical results for the Boltzmann transport equation: A case of $f = w_0^2$

By assuming the constant coupling function $f = w_0^2$, that is, using $|M_{\mu,\mu,\mu,\nu}|^2 = \delta_{\alpha \eta} C w_0^2$ with $w_0 = 2$ meV, the BTE of Eq. (5) is solved numerically. All the other parameters are the same in the main text. Corresponding to the main text, Figure 3 shows the distribution of TA1, TA2, and LA modes for $t = 0.1, 1, 10,$ and 100 ps; Figure 11 shows the phonon occupation numbers at $t = 1$ ps; Figure 11 shows the $t$-dependence of $T^{(0)}_\mu$ and $r_\mu$; Figures 12(a) and 12(b) show the time-evolution of the total LA phonon energy per a unit cell for the initial conditions $(k_BT_{low}, k_BT_{high}) = (1.35)$ meV and (60,80) meV, respectively. The small value of the exponent $p = 0.02$ is observed for the latter case because the ratio of $E_{LA}(t = 0.1 ps)/E_{LA}(t = 100 ps)$ is relatively small, compared to the former case. Contrary to the case of $f = w_0^2 |Q||Q_1||Q_2|$, that is, Eq. (5), the suppression of the population of the low-energy TA phonons is not observed, as shown in Figs. 9 and 10. Apart from this, overall features in Figs. 9, 10, 11, and 12 are almost the same as Figs. 2, 3, 4, and 6, respectively, irrespective to the different form of the matrix elements. This may imply that the details of the matrix elements (i.e., $q$-dependence) do not play a major role in the phonon thermalization, while the systematic investigations with the use of more realistic $f$ are desired.

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