Case Control Study

Association between human leukocyte antigen gene polymorphisms and multiple EPIYA-C repeats in gastrointestinal disorders

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Abstract

BACKGROUND

Polymorphisms of human leukocyte antigen (HLA) genes are suggested to increase the risk of gastric cancer (GC).
AIM
To investigate the HLA allele frequencies of patients with GC relative to a control group in terms of CagA+ multiple (≥2) EPIYA-C repeats.

METHODS
The patient group comprised 94 patients [44 GC and 50 duodenal ulcer (DU) patients], and the control group comprised 86 individuals ([50 non-ulcer dyspepsia patients and 36 people with asymptomatic Helicobacter pylori (H. pylori)]. Polymerase chain reaction was performed for the amplification of the H. pylori cagA gene and typing of EPIYA motifs. HLA sequence-specific oligonucleotide (SSO) typing was performed using Lifecodes SSO typing kits (HLA-A, HLA-B, HLA-C, HLA-DRB1, and HLA-DQA1-B1 kits).

RESULTS
The comparison of GC cases in terms of CagA+ multiple (≥2) EPIYA-C repeats showed that only the HLA-DQB1*06 allele [odds ratio (OR): 0.37, P = 0.036] was significantly lower, but significance was lost after correction (Pc = 0.1845). The HLA-DQA1*01 allele had a high ratio in GC cases with multiple EPIYA-C repeats, but this was not significant in the univariate analysis. We compared allele frequencies in the DU cases alone and in GC and DU cases together using the same criterion, and none of the HLA alleles were significantly associated with GC or DU. Also, none of the alleles were detected as independent risk factors after the multivariate analysis. On the other hand, in a multivariate logistic regression with no discriminative criterion, HLA-DQA1*01 (OR = 1.848), HLA-DQB1*06 (OR = 1.821) and HLA-A*02 (OR = 1.579) alleles were detected as independent risk factors for GC and DU.

CONCLUSION
None of the HLA alleles were detected as independent risk factors in terms of CagA+ multiple EPIYA-C repeats. However, HLA-DQA1*01, HLA-DQB1*0601, and HLA-A*2 were independent risk factors with no criterion in the multivariate analysis. We suggest that the association of these alleles with gastric malignancies is not specifically related to cagA and multiple EPIYA C repeats.

Key words: Human leukocyte antigen; Helicobacter pylori; Gastric cancer; Duodenal ulcer; EPIYA; CagA
INTRODUCTION

Gastric cancer (GC) is the third most common cause of death among all cancer types (8.2% of all cancers, 2018, World Health Organization)\(^1\). GC has been closely associated with *Helicobacter pylori* (*H. pylori*) infections, which generally cause mild gastrointestinal symptoms. However, in a few infected patients, they may progress to peptic ulcer (PU) (10%-15%) or GC (1%-3%)\(^2\).

Generally, *H. pylori* infections cause gastric inflammation and a chronic inflammatory response that result in progressive mucosal damage. Eventually, the gastric mucosa transforms into metaplastic and dysplastic epithelium, which leads to gastric adenocarcinomas\(^3\). The development of GC is suggested to be related to the interactions between bacterial virulence factors, host genetic factors such as the human leukocyte antigen (HLA) gene, the immune response of the host, and environmental factors such as diet and smoking\(^4\). Some of the host factors may be related to polymorphisms genes such as HLA genes, which regulate the strength of the inflammatory response and influence the probability of specific clinical results\(^5\).

CagA is among the most important virulence factors specific to *H. pylori* and is delivered into the gastric epithelium cells by the type IV secretion system (T4SS) of the bacterium. It is involved with intracellular signal transduction pathways and leads to the malignant transformation of gastric epithelial cells\(^6\). CagA subtypes are defined by the EPIYA variants (Glu-Pro-Ile-Tyr-Ala) in their C-terminal region, and there are four types of EPIYA motifs: EPIYA-A, -B, -C, and -D\(^7\). *H. pylori* isolates from East Asia are associated with a higher incidence of GC and contain EPIYA A-B-D motifs. However, in Western countries, GC cases have EPIYA A-B-C motifs. *H. pylori* strains with multiple EPIYA-C repeats have higher phosphorylation capacity and SHP-2 binding affinity and are significantly associated with GC\(^8\).

HLA class I and II proteins bind to bacterial antigen peptides or tumor proteins and present these peptides and proteins to T cells, which leads to the differentiation of T cells into cytotoxic or helper T cells. In HLA gene polymorphism, a variety of alleles may occupy the same locus. A limited number of studies have focused on the relation between gastrointestinal pathologies such as the development of GC risk and HLA polymorphisms in different geographic regions and populations\(^9,10\).

In addition to HLA gene polymorphisms, the virulence factors of *H. pylori* strains may also be related to the intensity of the inflammatory response\(^11\). The limited studies on HLA polymorphisms have focused on MHC class II and specifically the relation of HLA polymorphisms and the development of GC risk\(^12,13\). In these studies, the following HLA class II polymorphisms were suggested to be associated with the development of GC risk: DQB1*03, HLA-DRB1*04, and HLA-DQA1*01/*03\(^14,15\)

Reported HLA allele frequencies related to GC pathologies with *H. pylori* positivity have been contradictory among different ethnic groups. The regional and ethnic differences are very important for the association of HLA gene polymorphism and GC risk. These contradictory results may be attributed to factors such as differences in populations, research designs, environmental factors, *H. pylori* virulence factors, and host genetic factors, such as polymorphisms of HLA alleles. For example, the HLA-DQB1*0301 allele was positively associated with GC in Caucasian populations but negatively associated with it in Taiwanese populations\(^16,17\). This HLA polymorphism had no effect in Japanese populations\(^17\). HLA-DQB1*0401 82 and *0602 alleles increase the GC risk in European and Indonesian populations\(^18,19\).

To the best of our knowledge, no studies have compared GC and duodenal ulcer (DU) cases with controls in regard to HLA allele frequencies in terms of differentiation by the CagA+ multiple (≥ 2) EPIYA-C repeat numbers. Therefore, we aimed to investigate the allele frequencies of HLA class I and II in a patient group [*H. pylori* (+) GC and DU patients] and compared the results to those of a control group [*H. pylori* (+) non-ulcer dyspepsia (NUD) and asymptomatic *H. pylori* in terms of CagA+ multiple EPIYA-C repeats for the first time in a Turkish population.

MATERIALS AND METHODS

**Study design and patients**

This case–control study was conducted between July 10, 2014 and November 9, 2017. The patient group comprised 94 patients, including 44 (46.8%) GC and 50 (53.2%) DU patients with 58 (61.7%) males, 36 (38.3%) females, a mean age of 49.6 years, and age range of 19–79 years. The control group comprised 86 individuals including 50 (58.1%) NUD patients and 36 (41.9%) people with asymptomatic *H. pylori*. This group had 30...
(34.9%) males, 56 (65.1%) females, a mean age of 47.3 years, and age range of 18–86 years. All of the GC + DU patients and the NUD + asymptomatic H. pylori members of the control group members had H. pylori.

The NUD + Asymptomatic H. pylori control group was matched with the GC + DU patient group according to the age and gender distribution of the patient group ($P > 0.05$). Blood samples for the genotyping of HLA alleles were collected when obtaining biopsy samples (from the corpus and antrum) on the same day. The antrum and corpus biopsy specimens were stored and used in molecular studies.

We excluded patient and control group individuals with autoimmune diseases and who were under 18 years old, had previous gastric surgery and H. pylori eradication treatment with antibiotics, antisecretory drugs and bismuth salts, in the month prior to sampling. The study was reviewed and approved by the Clinical Research Ethics Board of Istanbul University-Cerrahpasa, Cerrahpasa Faculty of Medicine (No. 83045809/32-38/A-15/2014). The study was also conducted according to the standards of the Declaration of Helsinki. All study participants or their legal guardians provided informed written consent prior to the study.

**Polymerase chain reaction analyses**

H. pylori DNA extractions were performed using the antrum and corpus biopsy specimens. Genomic DNA extraction (Real Genomics Quality Nucleic Acid/Purification system; RBC Bioscience Laboratories, Taipei, Taiwan) and QIAamp DNA mini prep kits (Qiagen, Hilden Germany) were used.

**UreC gene detection in H. pylori**

An H. pylori-QLS 1.0 kit (Fluorion, Iontek, Istanbul, Turkey) was used for the detection of 156 bp of the ureC gene in H. pylori DNA extracts.[19]

**Amplification of the H. pylori cagA gene**

Primers reported in related studies were used for the detection of the H. pylori cagA gene (349 bp) (Table 1)[20, 21]. The polymerase chain reaction (PCR) cycles were as follows: Denaturation at 95 °C for 2 min, followed by 45 cycles of 95 °C for 30 s, 45 s at 53 °C, and 45 s at 72 °C. The final elongation was done for 5 min at 72 °C.

**Molecular studies for the typing of EPIYA motifs**

The amplification of H. pylori DNA for EPIYA motifs was done using the forward primer cagA28F and reverse primers cagA-P1C, cagA-P2CG, cagA-P2TA, and cagA-P3E (Table 1)[22]. In the PCR assay, the protocol steps were as follows: Initial denaturation step, one cycle at 95 °C for 2 min, 50 cycles at 95 °C for 30 s, 57 °C for 45 s, and 72 °C for 35 s; and a final extension at 72 °C for 5 min. After the PCR amplification, PCR products were sequenced bidirectionally using a Sequence Reagent Mix kit with an ABI Prism (310) analyzer (Applied Biosystems, United States).

**Empty-site PCR**

An empty-site-positive PCR assay was used to confirm the EPIYA-negative H. pylori strains[23]. To confirm cagPAI in all of the strains, amplification was performed with two primers (forward 468 HP519 and reverse 496 HP549 primers of the reference HP519 and HP549 H. pylori strains; Table 1, cag empty PCR). In the PCR assay, the protocol steps were as follows: Initial denaturation at 95 °C for 2 min, 40 cycles at 95 °C for 30 s, 57 °C for 45 s, and 72 °C for 20 s; followed by a final extension at 72 °C for 5 min.

**Blood collection, DNA extraction, and HLA sequence-specific oligonucleotide typing**

Whole blood samples (10 mL) were collected from the patient and control group cases during a biopsy procedure. An EZ1 DNA extraction kit (Qiagen, Germany) was used in a DNA isolation device (Bio Robot EZ1; Qiagen, Germany) for the DNA isolation procedure from 3-mL blood samples collected in tubes containing ethylenediaminetetraacetic acid. Isolated DNA samples were stored at -70 °C until laboratory studies. HLA typing at low levels (2 digits) of HLA-A, HLA-B, HLA-C, and HLA-DQ alleles were done with a Luminex 100/200 instrument with sequence-specific oligonucleotide (SSO) probes bound to color-coded microbeads. LIFECODES SSO HLA typing kits (Lifecodes, Immucor, Germany) were used for the typing of HLA-A HLA-B, HLA-DRB1, and HLA-DQA1/B1. This typing test is a reverse sequence-specific oligonucleotide (rSSO) DNA typing assay using SSO probes and color-coded microspheres.

The PCR mixture was composed of 15 μL of Lifecodes Master Mix, 200 ng of
Table 1 PCR primers

| Primer          | Primer sequence (5’R3’9)                   | Ref. |
|-----------------|--------------------------------------------|------|
| cagA-F          | GATAACAGGCAAGCTTTTGAGG                     | [1,2]|
| cagA-R          | CTCGAAAAAGATTGTTGCGACA                     | [1]  |
| cagA28F         | TTCTAAAGGAGCAATTGGG                       | [2]  |
| cagA-P1C        | GTCTGTCTTCTTTATTAACTTIAKC                 | [2]  |
| cagA-P2CG       | TTTAGCAACTTGGATAAATGGG                    | [2]  |
| cagA-P2TA       | ATCAATTGTAGCGTAAATGGG                    | [2]  |
| cagA-P3E        | ATCAATTGTAGCGTAAATGGG                    | [2]  |
| “cag empty PCR” | GCTTGCTTGTATTGGGCTTG / GCATGCACATCCCTAAAGT| [2]  |

All polymerase chain reactions (PCRs) were performed in a 50 μL final volume with 1.25 U Taq polymerase, 16 μL PCR buffer, 3 μL 2.5 mM MgCl₂ and 1 μL dNTP mix (10 mM each) with the described primers using the thermal profiles detailed.

1: 95 ºC for 2 min initial denaturation, followed by 45 cycles of 30 s at 95 ºC, 45 s at 53 ºC and 45 s at 72 ºC, with a final elongation step performed for 5 min at 72 ºC.

2: 95 ºC for 2 min initial denaturation, followed by 50 cycles of 30 s at 95 ºC, 45 s at 57 ºC and 35 s at 72 ºC, with a final elongation step performed for 5 min at 72 ºC.

3: 95 ºC for 2 min initial denaturation, followed by 40 cycles of 30 s at 95 ºC, 30 s at 57 ºC, 20 s at 72 ºC, with a final elongation step performed for 5 min at 72 ºC.

PCR: Polymerase chain reaction.

genomic DNA, and 2.5 U Taq polymerase in a final volume of 50 μL. In the PCR assay, the steps were as follows: Initial denaturation step at 95 ºC for 5 min; 40 cycles including 8 cycles at 95 ºC for 30 s, 60 ºC for 45 s, and 72 ºC for 45 s, followed by 32 cycles at 95 ºC for 30 s, 63 ºC for 45 s, and 72 ºC for 45 s, and a final extension step at 72 ºC for 15 min. The hybridization steps were as follows: Initial step at 97 ºC for 5 min followed by 30 min at 47 ºC for 30 min and at 56 ºC for 5 min with 15 μL of probe mix and 5 μL of PCR product. The obtained samples were diluted with 170 μL of 1:200 prediluted streptavidin-phycoerythrin solution and analyzed by a Luminex 200 system (Luminex Corp. United States). The obtained HLA patterns were compared with an HLA sequence database (Database for IMGT/HLA Sequence, 3.11.0) using the MatchIT DNA program.

Statistical analyses

Hardy–Weinberg (H-W) equilibrium and Linkage Disequilibrium (LD) were examined for HLA-A, HLA-B, HLA-C, HLA-DR1, HLA-DQA1 and HLA-DQB1 allele polymorphisms[24]. Genepop software version 4.7 was used to calculate the Hardy–Weinberg equilibrium and LD. H–W equilibrium was present for P-values > 0.05. The allele frequencies of the GC + DU patient and the NUD + Asymptomatic H. pylori control groups and subgroups were compared by the chi-squared (χ²) test and Fisher’s exact test (Tables 2-5). Corrected P values (Pc) were calculated by multiplying with the allele numbers (A = 15, B = 26, DRB1 = 12, DQA1 = 6, and DQB1 = 5) in each locus by Bonferroni correction. Multivariate logistic regression (enter method) was used to assess the relation of HLA alleles and the risk of GC and DU development in terms of CagA+ multiple EPIYA-C repeat numbers (Table 6). P < 0.05 was used to determine significance: SPSS 25.0 (IBM Corporation, Armonk, NY, United States) was used for the analyses.

RESULTS

Sixty-four HLA alleles (41 for class I and 23 for class II) were found between the 94 HLA alleles tested in all of the groups (Table 7). The maximum numbers of alleles in the GC + DU patient group were 52 for HLA-A*02 (27.6%), 40 for HLA-B*35 (21.3%), 36 for HLA-DRB1*13 (19%), 76 for HLA-DQA1*01 (40%), and 52 for HLA-DQB1*06 (27.6%) (Figure 1). The maximum numbers of alleles in the NUD + Asymptomatic H. pylori control group were 20 for HLA-A*03 (11.6%), 10 for HLA-B*50 (5.81%), 24 for HLA-DRB1*04 (13.95%), 54 for HLA-DQA1*05 (31.4%), and 64 for HLA-DQB1*03 (37.2%) (Figure 2). Among GC cases, the genotype frequencies of HLA-B, DQA1 and DQB1 loci were in H-W equilibrium. Among DU cases, all of the genotype frequencies...
Table 2 Comparison of human leukocyte antigen alleles predisposing susceptibility and resistance to gastric cancer/duodenal ulcer in patient and control groups, n (%)

| HLA alleles | Patient groupGC + DU, *H. pylori* (+)(n = 94, alleles = 198) | Control groupNUD + Asymptomatic, *H. pylori* (+)(n = 86, alleles = 172) | OR | 95%CI | Minimum | Maximum | P value |
|-------------|------------------------------------------------|------------------------------------------------|-----|-------|---------|---------|---------|
| HLAs increasing susceptibility to GC/DU | | | | | | | |
| HLA-A*02 | 52 (27.6) | 38 (22) | 1.34 | 0.833 | 2.182 | 0.2239 |
| HLA-B*35 | 40 (21.3) | 26 (15.1) | 1.51 | 0.880 | 2.615 | 0.1329 |
| HLA-DRB1*13 | 36 (19) | 24 (14) | 1.46 | 0.831 | 2.567 | 0.1880 |
| HLA-DQA1*01 | 76 (40) | 30 (17.4) | 3.21 | 1.968 | 5.242 | 0.0001 |
| HLA-DQB1*06 | 52 (27.6) | 20 (11.6) | 2.90 | 1.652 | 5.139 | 0.0002 |
| HLAs making resistant to GC/DU | | | | | | | |
| HLA-A*03 | 14 (7.4) | 20 (11.6) | 0.61 | 0.298 | 1.252 | 0.1787 |
| HLA-B*50 | 0 (0) | 10 (5.8) | 0.08 | 0.010 | 0.680 | 0.0201 |
| HLA-DRB1*04 | 16 (8.5) | 24 (14) | 0.57 | 0.293 | 1.120 | 0.1038 |
| HLA-DQA1*05 | 28 (14.9) | 54 (31.4) | 0.38 | 0.228 | 0.639 | 0.0003 |
| HLA-DQB1*03 | 42 (23) | 64 (37.2) | 0.48 | 0.305 | 0.770 | 0.0022 |

HLA: Human leukocyte antigen; *H. pylori*: *Helicobacter pylori*; GC: Gastric cancer; DU: Duodenal ulcer; NUD: Non-ulcer dyspepsia; CI: Confidence interval; OR: Odds ratio.

Table 3 The comparison of human leukocyte antigen alleles which increase or decrease the gastric cancer risk in gastric cancer subgroup cases in terms of CagA+ (≥ 2) EPIYA-C, n (%)

| GC (≥ 2) EPIYA-C (n = 26, alleles = 52) | GC (< 2) EPIYA-C (n = 18, alleles = 36) | OR | 95%CI | Minimum | Maximum | P value |
|--------------------------------|--------------------------------|-----|-------|---------|---------|---------|
| HLA-A*02 | 12 (23) | 10 (27) | 0.78 | 0.29 | 2.06 | 0.6170 |
| HLA-B*35 | 12 (23) | 10 (27) | 0.78 | 0.29 | 2.06 | 0.6170 |
| HLA-DRB1*13 | 12 (23) | 12 (33) | 0.60 | 0.23 | 1.54 | 0.2903 |
| HLA-DQA1*01 | 24 (46) | 16 (44) | 1.07 | 0.45 | 2.51 | 0.8742 |
| HLA-DQB1*06 | 12 (23) | 16 (44) | 0.37 | 1.14 | 2.90 | 0.0369 |

HLA: Human leukocyte antigen; GC: Gastric cancer; CI: Confidence interval; OR: Odds ratio.
Table 4 The comparison of human leukocyte antigen alleles which increase or decrease the duodenal ulcer risk in duodenal ulcer subgroup in terms of CagA+(≥ 2) EPIYA-C, n (%)  

| HLA                  | DU (≥ 2) EPIYA-C (n = 14, alleles = 28) | DU (< 2) EPIYA-C (n = 36, alleles = 72) | ORc                  | 95% CI            | Maximum | P value |
|---------------------|----------------------------------------|----------------------------------------|----------------------|-------------------|---------|---------|
| HLA-A*02            | 10 (36)                                | 20 (27)                                | 1.44                 | 0.53              | 3.62    | 0.4380  |
| HLA-B*35            | 414                                    | 14 (19)                                | 0.80                 | 0.24              | 0.680   | 0.0201  |
| HLA-DRB1*13         | 612                                    | 6 (8)                                  | 3.0                  | 0.87              | 10.26   | 0.0801  |
| HLA-DQA1*01         | 10 (36)                                | 26 (36)                                | 0.9                  | 0.39              | 2.44    | 0.9704  |
| HLA-DQB1*06         | 8 (28)                                 | 16 (22)                                | 1.4                  | 0.52              | 3.75    | 0.5340  |

HLA: Human leukocyte antigen; DU: Duodenal ulcer; CI: Confidence interval; OR: Odds ratio.

Table 5 The comparison of human leukocyte antigen alleles which increase or decrease the gastric cancer/duodenal ulcer risk in gastric cancer and duodenal ulcer subgroups in terms of CagA+(≥ 2) EPIYA-C, n (%)  

| HLA                  | GC(≥ 2) EPIYA-C (n = 26, alleles=52) | DU(≥ 2) EPIYA-C (n = 14, alleles=28) | ORc                  | 95% CI            | Maximum | P value |
|---------------------|------------------------------------|-------------------------------------|----------------------|-------------------|---------|---------|
| HLA-A*02            | 12 (23)                            | 10 (36)                             | 0.54                 | 0.19              | 1.47    | 0.2302  |
| HLA-B*35            | 12 (23)                            | 4 (14)                              | 1.80                 | 0.52              | 6.21    | 0.3527  |
| HLA-DRB1*13         | 12 (23)                            | 6 (21)                              | 1.10                 | 0.36              | 3.83    | 0.8663  |
| HLA-DQA1*01         | 24 (46)                            | 10 (36)                             | 1.54                 | 0.59              | 3.97    | 0.3689  |
| HLA-DRB1*06         | 12 (23)                            | 8 (28)                              | 0.75                 | 0.26              | 2.12    | 0.5889  |

HLA: Human leukocyte antigen; GC: Gastric cancer; DU: Duodenal ulcer; CI: Confidence interval; OR: Odds ratio.

Table 6 Results of logistic regressions analysis according to the variables in patient group (gastric cancer and duodenal ulcer cases)  

| HLA                  | P value  | OR        | 95% CI           | Lower | Upper |
|---------------------|----------|-----------|------------------|-------|-------|
| HLA-DQA1*01         | 0.004    | 1.848     | 1.215            | 2.811 |
| HLA-DQA1*05         | 0.050    |           |                   |       |
| HLA-DQB1*03         | 0.061    |           |                   |       |
| HLA-DQB1*06         | 0.009    | 1.821     | 1.163            | 2.850 |
| HLA-A*02            | 0.040    | 1.579     | 1.021            | 2.442 |
| HLA-A*25            | 0.999    |           |                   |       |

Variable(s) entered on step 1: QA1, QA5, QB3, QB6, A2, A25, B35. HLA: Human leukocyte antigen; CI: Confidence interval; OR: Odds ratio.

GC + DU patient group. The values also stayed significant after Bonferroni correction (DQB1*06: Pc = 0.001; DQA1*01: Pc = 0.0006). The prominent alleles in the NUD + Asymptomatic H. pylori control group were HLA-B*50 (OR: 0.086, P = 0.02), HLA-DQA1*05 (OR: 0.384, P = 0.0003), and HLA-DQB1*03 (OR: 0.485, P = 0.0022), but after Bonferroni correction for multiple comparisons, the changes were statistically significant for only HLA-DQA1*05 (Pc = 0.0018) and HLA-DQB1*03 (Pc = 0.011) and not HLA-B*50, (Pc = 0.52) (Table 2).

Multiple EPIYA-C repeat numbers and CagA positivity were found in 40 (42.5%) subjects in the GC + DU patient group. Multiple EPIYA-C repeats were observed in 26 (59%) GC subgroup cases and 14 (28%) DU subgroup cases in the GC + DU patient group, 2 (2.3%) NUD cases, and no asymptomatic H. pylori cases. Other EPIYA motifs and their numbers are shown in Table 8. It was not possible to perform statistical
| HLA-A | Allele frequency | HLA-B | Allele frequency | HLA-DRB1 | Allele frequency | HLA-DQA1 | Allele frequency | HLA-DQB1 | Allele frequency |
|-------|------------------|-------|------------------|----------|------------------|----------|------------------|----------|------------------|
|       | Cases (n = 94)   | Control (n = 86) |       | Cases (n = 94)   | Control (n = 86) |       | Cases (n = 94)   | Control (n = 86) |       | Cases (n = 94)   | Control (n = 86) |
| 01    | 22 (11.4)        | 24 (13.9)     | 07    | 18 (9.5)        | 22 (12.8)     | 01    | 14 (7.4)        | 8 (4.6)   | 01    | 76 (40)         | 30 (17.4)     |
| 02    | 52 (27.6)        | 38 (22)       | 08    | 6 (3.2)         | 6 (3.5)       | 03    | 10 (5.3)        | 10 (5.8)  | 02    | 20 (10.6)       | 20 (11.6)     |
| 03    | 14 (7.4)         | 20 (11.6)     | 13    | 6 (3.2)         | 4 (2.3)       | 04    | 16 (8.5)        | 22 (12.7) | 03    | 12 (6.4)        | 22 (12.8)     |
| 11    | 18 (9.5)         | 18 (10.4)     | 14    | 6 (3.2)         | 4 (2.3)       | 07    | 10 (5.3)        | 20 (11.6) | 04    | 16 (8.5)        | 20 (11.6)     |
| 23    | 10 (5.3)         | 4 (2.3)       | 15    | 2 (1)           | 6 (3.5)       | 08    | 4 (2.1)         | 6 (3.5)   | 05    | 28 (14.9)       | 54 (31.4)     |
| 24    | 26 (13.8)        | 24 (13.9)     | 18    | 10 (5.3)        | 10 (5.8)      | 10    | 6 (3.2)         | 4 (2.3)   | 06    | 36 (19.1)       | 26 (15.1)     |
| 25    | 0 (0)            | 2 (1.1)       | 27    | 6 (3.2)         | 4 (2.3)       | 11    | 34 (18)         | 42 (24.4) |       |                 |               |
| 26    | 4 (2.1)          | 4 (2.3)       | 35    | 40 (21.3)       | 26 (15.1)     | 12    | 6 (3.2)         | 2 (1.2)   |       |                 |               |
| 29    | 8 (4.2)          | 8 (4.6)       | 37    | 4 (2.1)         | 0 (0)        | 13    | 36 (19)         | 24 (14)   |       |                 |               |
| 30    | 4 (2.1)          | 6 (3.4)       | 38    | 8 (4.2)         | 2 (1.2)       | 14    | 18 (9.5)        | 8 (4.6)   |       |                 |               |
| 31    | 2 (1)            | 4 (2.3)       | 39    | 0 (0)           | 4 (2.3)       | 15    | 28 (14.9)       | 22 (12.8) |       |                 |               |
| 32    | 16 (8.5)         | 10 (5.8)      | 40    | 6 (3.2)         | 6 (3.5)       | 16    | 6 (3.2)         | 4 (2.3)   |       |                 |               |
| 33    | 6 (3.1)          | 4 (2.3)       | 41    | 4 (2.1)         | 2 (1.2)       |       |                 |           |       |                 |               |
| 68    | 4 (2.1)          | 6 (3.4)       | 44    | 8 (4.2)         | 14 (8.1)      |       |                 |           |       |                 |               |
| 69    | 2 (1)            | 0 (0)         | 45    | 0 (0)           | 2 (1.2)       |       |                 |           |       |                 |               |
HLA: Human leukocyte antigen.

analysis due to small number of positive cases with CagA+ multiple EPIYA-C repeats in the NUD+ Asymptomatic *H. pylori* control group (*n* = 2). Instead, we compared two groups without using any criteria with regard to HLA alleles.

Thus, we used the HLA-DQB1*06, HLA-DRB1*13, HLA-B*35, HLA-DQA1 and HLA-A*02 alleles (i.e., the alleles with the maximum numbers in the GC + DU patient group) to investigate their effects on GC/DU in terms of the CagA+ multiple EPIYA-C repeats, which is suitable for our purposes. First, we compared alleles in GC cases in terms of CagA+ multiple EPIYA-C repeat numbers. Only the HLA-DQB1*06 allele (OR: 0.37, 95%CI: 1.149-0.942, *P* = 0.0369) was significantly associated with GC, but after Bonferroni correction, there was no significant association between DQB1*06 and GC (DQB1*06, *Pc* = 0.1845).

The HLA-DQA1*01 allele had a high ratio in the multiple EPIYA-C repeat group, but the univariate analysis did not show any significant association. None of the selected alleles were significantly higher in the GC cases in terms of CagA+ multiple EPIYA-C repeats (Table 3). Using the same criterion, we also compared allele frequencies in the DU cases, but none of the HLA alleles were significantly higher (Table 4). When we compared selected allele frequencies in the GC and DU cases together using this criterion, again, none of the HLA alleles were significantly higher (Table 5). HLA-DR1*13-HLA-DQA1*01-HLA-DQB1*06 haplotype frequency was 4/24, 16% and 2/12, 16% for GC and DU cases with multiple EPIYA-C repeat, respectively. No difference was detected between GC and DU cases in terms of multiple EPIYA-C repeat.

Multivariate logistic regression analyses were carried out for the risk of GC and DU development alone and both subcases of the GC + DU patient group combined involving HLA-DQB1*06, HLA-DRB1*13, HLA-A*02, HLA-DQA1*01, and HLA-B*35 alleles, and none of the alleles were detected as independent risk factors for the risk of GC and DU development in terms of CagA+ multiple EPIYA-C repeats. However, a multivariate logistic regression analysis was done without any specific criteria using only the significantly different detected alleles between GC + DU patient and the NUD+Asymptomatic *H. pylori* control groups. The results showed that HLA-DQA1*01 (*P* = 0.004, OR = 1.848, 95%CI, 1.215-2.811), HLA-DQB1*06 (*P* = 0.009, OR = 1.821, 95%CI, 1.163-2.850), and HLA-A*02 (*P* = 0.04, OR = 1.579, 95%CI, 1.021-2.442) were risk factors for the development of GC and DU (Table 6).
Table 8 The distribution of EPIYA motifs for study and control groups, n (%)  

| EPIYA-C repeat patterns | Patient group | Control group | Individuals with normal gastrointestinal system | Total (n = 140) |
|-------------------------|---------------|---------------|-----------------------------------------------|---------------|
|                         | Gastric cancer | Duodenal ulcer | Non-ulcer dyspepsia |                                           |
| ABC                     | 12 (27.2)     | 34 (68)       | 28 (93.3)          | 16 (100) | 90 |
| AC                      | 2 (4.5)       | 2 (4)         | -                 | -         | 4  |
| BC                      | 2 (4.5)       | -             | -                 | -         | 2  |
| ABCC                    | 16 (36.4)     | 8 (16)        | -                 | -         | 24 |
| BCC                     | 2 (4.6)       | 2 (4)         | 2 (6.7)           | -         | 6  |
| ACCC                    | -             | -             | -                 | -         | -  |
| ABCC                    | 8 (18.2)      | 4 (8)         | -                 | -         | 12 |
| AB                      | 2 (4.6)       | -             | -                 | -         | 2  |
| Total                   | 44 (100)      | 50 (100)      | 30 (100)          | 16 (100)  | 140|

HLA: Human leukocyte antigen.

Figure 1 The representations of the highest human leukocyte antigen allele frequencies (%) in the gastric cancer + duodenal ulcer patient group when compared to non-ulcer dyspepsia patients + asymptomatic *Helicobacter pylori* control group. HLA: Human leukocyte antigen; *H. pylori*: Helicobacter pylori.

DISCUSSION

The development of GC and PU or DU is influenced by the virulence factors of *H. pylori* along with the host’s genetic, epigenetic, and environmental factors. A variety of clinical consequences of *H. pylori* infection may arise depending on the variability of host response to the specific virulence factors of *H. pylori*\(^7\). For example, genes coding HLA class II molecules (HLA-DP/DQ/DR) may have genetically variable coding loci that lead to HLA gene polymorphisms. Therefore, specific HLA class II alleles were hypothesized to be related to the risks of some gastroduodenal malignancies such as GC and DU or PU development in patients with *H. pylori* infection.

In the literature, there are only traditional comparison studies using only *H. pylori* positivity for the association between HLA gene polymorphisms and the diseases caused by *H. pylori* infections. However, we focused on CagA+ multiple EPIYA-C repeats for the comparison of our study groups for HLA alleles for the first time in Turkey. The incidence of GC in Turkey is higher than in Eastern countries and lower than in Western countries at 5.7 and 9.6 cases per 100000 people for women and men, respectively. The mean age of occurrence is 56 years. It is the second and third leading cause of cancer-related deaths in men and women in Turkey, respectively\(^25\).

The higher incidence in Turkey is mainly associated with dietary factors, and the differences in incidence are especially significant in the central, northeastern, and

| HLA allele frequencies (%) |
|---------------------------|
| HLA-A*02                  |
| HLA-B*35                  |
| HLA-DRB1*13               |
| HLA-DQA1*01               |
| HLA-DQB1*06               |

Non-ulcer dyspepsia patients + people with asymptomatic *H. pylori* | Gastric cancer + duodenal ulcer patients
eastern regions of the country. Salt is commonly used for food preservation, and wood charcoal with dried cow dung is commonly used for cooking in these regions, which are known to have carcinogenic effects on food. Another important factor for the development of GC is *H. pylori* infections. Studies have shown an association between HLA gene polymorphisms and autoimmune diseases, and in genetically susceptible individuals, persistent bacterial infections can lead to autoimmune responses (e.g., HLA-DR4-restricted autoimmune chronic synovitis following Lyme disease). While evaluating the effects of *H. pylori* infection on the pathogenesis of GC, the relationship between bacteria and the host should be considered because *H. pylori* infections may cause strong immune responses by causing the secretion of cytokines from the epithelial cells and gastric mucosa infiltration with neutrophils, macrophages, and lymphocytes. After the interaction of *H. pylori* with dendritic cells in luminal and subepithelial regions, dendritic cells may transform naive T cells into immunosuppressive Treg cells, and consequently, developed Th1 and Th17 cells may cause atrophic gastritis, epithelial hyperplasia, and intestinal metaplasia. *H. pylori* infections tend to cause chronic inflammation, which can increase an individual’s risk for the development of GC.

A commonly seen (90%) type of GC is adenocarcinoma, which is known to originate from the epithelial cells in chronic inflammation states. Moreover, cytokines, which are the effector cells of inflammatory responses, may regulate a variety of immunologic events, including the inflammation, proliferation, and differentiation of epithelial cells. In the progression of gastric carcinogenesis, initially, *H. pylori* strongly induces specific cytokines, but the immune response generally is not sufficient to clear the *H. pylori* infection completely from the human epithelial cells. As a result, chronic inflammation may occur.

Consequently, the tissue damage increases along with parietal cell atrophy and may progress to dysplasia and GC through the combined effects of the various factors of the host and the environment. A subtype of T cells, Th17 cells, and their associated inflammatory cytokines, interleukin (IL)-17A, IL-23, and IL-1β, have important roles in the development of GC, colorectal cancer, ovarian cancer, and hepatocellular carcinoma. Cytokine IL-23 plays a major role in the primary activation of IL-17A. Th17 responses are reported to be increased during *H pylori* infections. The IL-17/IL-23 axis is believed to have an important role in the progression of chronic inflammation and related pathologies like gastric neoplasms.

Other than their main roles in chronic inflammation in gastric epithelial cells, cytokines also have specific polymorphisms in their genes. Polymorphisms in cytokine genes may modify the effect of gene-environment interaction and increase the degree of cytokine expression in the promoter regions of the genes. Polymorphisms in genes coding various cytokines such as IL-1β, IL-1Ra, IL-8, IL-10, and tumor necrosis factor-a are also suggested to be associated with the risk of GC. The IL1RN2 allele polymorphism is related to the risk of GC. Wu et al. found a relation between IL-17F, A7488G and GC, and Felipe et al. also reported a relation between IL-8 (rs4073)–251A/T gene polymorphism and GC development.

Some virulent factors of *H. pylori* seem to be associated with GC risk, including vacuolating cytotoxin A, cytotoxin associated antigen A, DU promoting gene protein.
A, and outer inflammatory protein with blood group antigen binding adhesins. Moreover, the cagA gene of H. pylori strains with multiple EPIYA-C repeats and EPIYA-D motif in its cagA gene are suggested to increase the risk of GC development. However, the role of host polymorphisms and the virulence factors of H. pylori in the risk of GC development varies among regions and ethnicities[31]. Several studies suggest that atrophic gastritis and GC risk are increased by CagA-positive H. pylori strains. An association has been reported between multiple EPIYA-C phosphorylation sites and GC. In a recent meta-analysis including 23 studies, Li et al[34] evaluated the association of EPIYA motifs and gastroduodenal pathologies. They concluded that the EPIYA-D motif was significantly related to GC risk, and multiple EPIYA-C motifs were related to PU and DU in Asia countries.

Conversely, in the United States and Europe, multiple EPIYA-C motifs were commonly associated with GC risk. Multiple EPIYA-C repeats cause stronger binding of CagA to SHP-2 than a single EPIYA-C. Multiple EPIYA C repeats are associated with a higher risk of GC[34,35]. The functionality of CagA is increased with multiple EPIYA-C phosphorylation sites and is involved in cellular phenotypic changes. Therefore, H. pylori strains with multiple EPIYA-C sites are related to the risk of GC.

We could not find any studies specifically evaluating the interaction between EPIYA-C repeats, HLA alleles, and gastric pathologies. In our study, there were only two cases in the control group with CagA+ multiple EPIYA-C repeats, and it was not possible to make a comparison as the number was too low and our criteria were not met. HLA-DQA1*0501, HLA-DRB1*13, HLA-A*02, HLA-B*55, and HLA-DQB1*06 alleles were found to contribute to the susceptibility to GC and DU and were used for a comparison between GC and DU subgroups of patients. However, we did not compare the higher HLA alleles detected in the control group as it was not possible to determine an HLA allele with a protective effect without including a control group.

In the comparison within the GC subgroup, due to our criterion, only the HLA-DQB1*06 allele was significantly low in the GC subgroup without EPIYA C repeats, but the difference was not statistically significant after Bonferroni correction. The higher frequency of the HLA-DQB1*06 allele suggests that this allele remains influential even in GC cases without multiple EPIYA-C repeats. With the presence of the HLA-DQB1*06 allele, we can suggest that mechanisms other than multiple EPIYA-C repeats may contribute to the development of GC. On the other hand, in the GC subgroup, the number of HLA-DQA1*01 alleles was high in the multiple EPIYA-C repeats group, but the result was not significant after the univariate analysis.

In the DU subgroup, none of the alleles were found to be significantly predominant in terms of frequencies. In addition, when the analyses were repeated while including GC and DU subgroups together, none of the HLA alleles were shown to either effective or protective. A multivariate logistic regression analysis was performed for GC and DU subgroups alone and together, and none of the alleles were detected as independent risk factors. We then performed a multivariate logistic regression without including any discriminative criterion and only using the significantly different detected alleles between patient and control groups. As a result, HLA-DQA1*01, HLA-DQB1*0601, and HLA-A*2 alleles were found to be independent risk factors for the risk of GC and DU.

There are no previous studies to compare our results based on the discrimination criteria for the selection of HLA alleles. Our results partly coincided with those of a meta-analysis of Asian populations by Wang et al[39]. In that study, the susceptibility genes for H. pylori infection were reported as DQB1*0401, DQA1*0103, and DQA1*0301. Garza-González et al[36] reported that the HLA-DQA1*0503 allele served as an independent protective factor for GC. In our study, we also detected HLA-DQA1*05 as a protective allele.

Similar to our results, Quintero et al[37] reported that the DQB1*0602 allele increased the risk of GC risk in a Southern European population infected with H. pylori. On the other hand, the results of several case-control studies conducted with a Japanese population were contradictory. In contrast to our results, Azuma et al[38] found that the number of DQA1*0102 alleles was significantly lower in their study group of H. pylori-infected patients with GC than in control subjects. However, our data did not support their findings for the DQA1* alleles.

In a study by Herrera-Goepfert et al[39], patients with GC displayed a high frequency of HLA-DQA1*0601, similar to our results. After our univariate analysis, DQA1*01 and HLA-DQB1*06 alleles were found to be positively associated with GC and DU, and DQB1*03 was found to be negatively associated with DU. These results are consistent with those of Herrera-Goepfert et al[39], Wu et al[39], and Quintero et al[37].

The reason for the conflicting results may be different methods used in HLA typing, ethnicities, and the fact that GC is a heterogeneous disease. Specific HLA
alleles may have the capability to modulate the presentation of peptides derived from *H. pylori* infection to T cells. As a result of this presentation, the type or severity of T cell response may affect the proliferation of a lineage-specific malignant T cell clones\(^3\).

In the study by Li et al\(^4\), the HLA-CW*03 ratio was significantly higher in cases with increased risk of GC and *H. pylori*-infected patients. A variety of exogenous stimulations such as toxins of *H. pylori* with gastric and bile juices always affect the gastric mucosa\(^5\). These stimulations cause epithelial cells to secrete IL-12 and induce natural killer (NK) cells. These NK cells secrete IFN-g, which initiates the Th1 immune response from naive T cells and causes phenotypic changes in epithelial cells, resulting in the upregulation of HLA-DR and HLA-B27 genes\(^6\).

Different mechanisms may be responsible for the synergistic effect of *H. pylori* infection and specific HLA genotypes. Specific HLA genotypes may influence the immune response and lead to carcinogenesis after the initial infection\(^7,8\). However, the common consensus is that genetically different host responses against the virulence factors of *H. pylori* may cause inflammation with varying intensities, as well as gastric epithelial erosions with different stages.

Genetic and epigenetic factors may also influence the severity of inflammation and thereby contribute to different clinical outcomes. Upregulation of significant MHC class II type genes in epithelial cells may be related to the activation of T cells in the lamina propria and macrophages, as well as the consequent release of cytokines such as interferon-γ. Confirming this hypothesis, upregulated expression of MHC class II genes in gastric epithelial cells had a positive correlation with the T cells in the lamina propria in children with *H. pylori* infections according to Lopes et al\(^9\).

We could not detect any HLA allele as an independent risk factor for GC under our criterion, but without any criterion, some HLA alleles may regulate host susceptibility to *H. pylori* infection in the presence of its virulence factors. It can be suggested that some immunogenetic factors of the host may have important effects for *H. pylori*-initiated inflammation leading to carcinogenesis. Although various host or *H. pylori* virulence factors may have a role in the development of GC, specific host factors like HLAs could also modulate GC susceptibility or the resistance of individuals. Individuals who are at risk due to the susceptibility of HLA alleles to GC should be monitored prior to the initiation of carcinogenesis.

We only focused on the association between HLA gene polymorphisms and multiple EPIYA-C repeats of *H. pylori* DNAs isolated from the gastric biopsy specimens. Only two of our control group cases had multiple EPIYA-C repeats, so we compared two subgroups of the study group. We could not find a significant difference between GC and DU subgroups in terms of multiple EPIYA-C repeats. On the other hand, in a simple comparison between study and control groups, HLA-DQA1*01 (OR = 1.848), HLA-DQB1*06 (OR = 1.821), and HLA-A*2 (OR = 1.579) alleles were detected as independent risk factors for GC and DU.

We believe that there is an association between HLA allele polymorphisms and gastric pathologies, but this is not a definite reality because of differences between regions and ethnicities and the virulence factors of *H. pylori*. The same HLA alleles sometimes show a positive correlation and sometimes show a negative association in different regions and ethnicities. We suggest that the role of host polymorphisms of the host and *H. pylori* virulence factors in the risk of GC development varies among countries of different regions and different ethnicities.

This study has some limitations. The resolution of the HLA kits was low, which prevented an exact HLA comparison with other studies. We also did not evaluate some HLA alleles, such as HLA-C. Other important result of our study was that HLA-DR1*13-HLA-DQA1*01-HLA-DQB1*06 haplotype frequency was detected significantly higher in our GC subgroup cases more than both DU and control group cases. This results is similar for the locus type but different for HLA allele types from the study of Ando et al\(^4\). They reported DRB1*04:05-DQA1*03:03-DQB1*04:01 haplotype frequency with 10%–30% in Japanese population and the risk of GC development.

**CONCLUSION**

This is the first study to evaluate the association between HLA alleles with GC and DU and asymptomatic *H. pylori* cases. Even though no HLA alleles were detected in multivariate analysis, HLA-DQB1*06 was significantly less frequent in the GC subgroup with multiple EPIYA repeats in the univariate analysis. However, this HLA allele was not detected as an independent risk factor in the multivariate analysis. In
the multivariate logistic regression analysis using significantly different alleles and no discriminative criteria, HLA-DQA1*01 (OR = 1.848), HLA-DQB1*06 (OR = 1.821), and HLA-A*02 (OR = 1.579) alleles were found to be risk factors for GC and DU. However, we suggest that these HLA alleles make individuals prone to the development of GC without cagA and multiple EPIYA C repeats of the host. To clarify the effects of HLA alleles on the pathogenesis of gastric malignancies, more comprehensive, prospective, large-scale studies with high HLA resolution detection should be performed in the future.

**ARTICLE HIGHLIGHTS**

**Research background**

The development of gastric cancer (GC) is suggested to be related to the interactions between bacterial virulence factors, host genetic factors such as the human leukocyte antigen (HLA) gene, the immune response of the host, and environmental factors. Some of the host factors may be polymorphisms in the host genes such as HLA genes, which regulate the strength of the inflammatory response and influence the probability of a specific clinical outcome.

**Research motivation**

We seek to determine which HLA class I and II alleles differ in gastrointestinal pathologies such as GC and duodenal ulcer (DU) in Turkey.

**Research objectives**

We investigated the allele frequencies of HLA class I and II in a patient group [Helicobacter pylori (H. pylori)-positive GC and DU patients] and compared the results to a control group (H. pylori-positive non-ulcer dyspepsia patients and asymptomatic individuals with H. pylori) in terms of CagA+ multiple (≥ 2) EPIYA-C repeats for the first time in a Turkish population.

**Research methods**

In this case-control study, amplification of the H. pylori cagA gene and typing of EPIYA motifs were performed by PCR. HLA allele types were identified by sequence-specific oligonucleotide typing kits (HLA-A, HLA-B HLA-C, HLA-DRB1, and HLA-DQA1/B1 kits).

**Research results**

None of the alleles were detected as independent risk factors after multivariate analysis in terms of CagA+ multiple (≥ 2) EPIYA-C repeats. On the other hand, in a multivariate logistic regression with no discriminative criterion, HLA-DQA1*01 [odds ratio (OR) = 1.848], HLA-DQB1*06 (OR = 1.821), and HLA-A*02 (OR = 1.579) alleles were detected as independent risk factors for GC and DU.

**Research conclusions**

We suggest that the association of these alleles with gastric malignancies is not specifically related to cagA and multiple EPIYA C repeats.

**Research perspectives**

Specific HLA alleles maybe related to the gastric malignancies and could be for the indication of GCs in order to scan populations before the development of GC. The alleles may also be cost-effective to find individuals with a higher risk for GC development.

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