Pre-Therapeutic Dosimetry Employing Scandium-44 for Radiolabeling PSMA-617

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Abstract

In recent years, the positron emitter scandium-44 moved into the focus of research providing favorable nuclide properties for an application in nuclear medicine. Radiolabeling of PSMA-617 with scandium-44 as diagnostic match for $^{177}$Lu-PSMA-617 instead of gallium-68 would enable pre-therapeutic dosimetry in clinical setting. Due to the chemical similarities of scandium and lutetium, the in vitro and in vivo characteristics of $^{177}$Lu-PSMA-617 are more similar to $^{44}$Sc-PSMA-617 than to the $^{68}$Ga-compounds $^{68}$Ga-PSMA-617 or $^{68}$Ga-PSMA-11. $^{44}$Sc-PSMA-617 showed its potential in a clinical setting as a PET imaging agent of prostate cancer providing several advantages over gallium-68 labeled tracers. The longer half-life of the nuclide would allow, for example, an optimized patient management and treatment, long-term or late time point imaging as well as transportation to more distant PET centers. However, especially clinical applications like individual dosimetry or intraoperative applications are still under investigation.

Keywords: scandium-44, PSMA-617, dosimetry, theranostic, castrate-resistant prostate cancer

1. Introduction

Prostate carcinoma is the fourth most common cancer in both sexes combined, the second most common cancer in men, and with an estimated 307,000 deaths in 2012, it is the fifth leading cause of death from cancer in men [1]. While prognosis of prostate carcinoma is good at an early stage, the 5-year survival of patients in advanced stages decreases to 31% [2, 3]. Consequently, a number of studies were conducted developing new strategies against the disease.
As the prostate-specific membrane antigen (PSMA) is overexpressed on prostate carcinoma and the neovasculature of most of the solid tumors but not of normal tissue, it is an attractive target for imaging and therapy [4]. Consequently, the development and the evaluation of small ligands targeting PSMA are the objectives of various studies.

With the introduction of PSMA-617, a further development of PSMA-11, a highly potent therapeutic agent found its way into clinical routine where it is used as $^{68}$GaGa-PSMA-617 for PET and as $^{177}$LuLu-PSMA-617 for therapy of metastatic castrate-resistant prostate cancer (mCRPC). In the last few years, several studies proved the therapeutic efficacy of $^{177}$LuLu-PSMA-617 in mCRPC patients [2, 3, 5]. Although $^{177}$LuLu-PSMA-617 exhibited a favorable safety profile in mCRPC patients [2, 3, 5–9], adverse effects were due to physiologic expression of PSMA in small intestine, proximal renal tubules and salivary glands are observable [2, 10, 11]. Correspondingly, organs at risk are kidneys as well as salivary and lacrimal glands. First experiences showed that pre-therapeutic dosimetry might support pre-selection of patients as well as improvement of individualized therapy planning [7, 9, 12–15]. In this context, pre-therapeutic estimation of dose delivered to PSMA expressing tissue as well as whole body would be useful to predict therapeutic effect of a certain administered therapeutic activity and facilitate individual dose adjustment [16]. For this purpose, $^{177}$LuLu-PSMA-617 planar ± SPECT imaging, employing small amounts of tracer, or $^{68}$GaGa-PSMA-617 PET were considered [10–14, 17–19] but both tracers have disadvantages and limitations for dosimetry in a clinical setting.

Current studies on radiolabeling PSMA-617 with the positron emitter scandium-44 demonstrated its similar in vitro and in vivo properties compared with $^{177}$LuLu-PSMA-617 [20, 21]. As it is combining the similar pharmacokinetics to $^{177}$LuLu-PSMA-617 with more appropriate nuclide characteristics than $^{68}$GaGa-PSMA-617, it is assumed to improve pre-therapeutic dosimetry [20, 21].

## 2. Part I: Radiochemistry

Currently, $^{68}$GaGa-PSMA-11 is the most frequently used PET tracer, targeting the prostate-specific membrane antigen, worldwide [22, 23]. Gallium-68 has for PET imaging appropriate decay properties; nevertheless, its disadvantages limit its application.

Its high positron energy compared to fluorine-18 (cf. Table 1) leads to images tending to be noisier while its short physical half-life only covers imaging periods of a few hours. Moreover, the differences in coordination chemistry between gallium-68 and lutetium-177 lead to deviations in pharmacokinetics [20]. As a consequence, gallium-68 is not the nuclide of choice for late time imaging, extended dosimetric evaluations as well as intraoperative applications several hours post-injection (p.i.).

From this point of view, scandium-44 is a genuine alternative to gallium-68 and is in the focus of current research [20, 25–30].

Scandium-44 ($\beta^+ = 94\%$, $E_{\beta^+} = 0.632$ MeV) has a physical half-life of 3.97 h and can be produced on two different ways, via $^{48}$Ti/$^{44}$Sc-generator or cyclotron [30–36]. Another potential advantage of scandium(III) in nuclear medicine is its radioisotope scandium-47 ($\beta^-$, primary $\gamma$-ray of...
159 keV and $t_{1/2} = 3.3$ d) which is suitable for therapeutical application. Constituting a matched pair of radioisotopes real Sc-labeled theranostic radiopharmaceuticals are applicable [28, 31, 37–40].

Scandium-44 can be quantitatively detected via its 511 keV emission. High radioactivities of scandium-44 can be measured in a dose calibrator applying the $^{18}$F-setting. But due to different radionuclide characteristics, a multiplication factor has to be used, which is depending on the dose calibrator.

Since the 1980s, several radiolabeling studies with scandium radionuclides have been published [20, 21, 25, 28, 38, 41–44]. Chemically, scandium is similar to Y$^{3+}$ and lanthanides. However, the ionic radius of Sc$^{3+}$ is smaller than that of lanthanides for the coordination number 6 while at the same time, it is larger than any trivalent 3d transition metal cation. The most common coordination number of Sc$^{3+}$ is six; nevertheless, examples for coordination numbers between three and nine exist [45, 46].

In vivo stability of a radiopharmaceutical is a crucial factor for clinical application; macrocyclic ligands are the ligands of choice forming thermodynamically and kinetically stable complexes with trivalent hard metal cations. Chemical and, at the end, biological behavior of the complex and consequently of the radiopharmaceutical depend on structural factors, for example, rigidity, cavity size and nature and number of the donor atoms chelating the metal cation [47]. Due to the similarity between Sc$^{3+}$ and Ga$^{3+}$, Y$^{3+}$ or trivalent lanthanides, DOTA, a common ligand in nuclear medicine, was evaluated with regard of its usability [48]. The study revealed that the stability constant of [Sc-DOTA] is comparable with those for Y$^{3+}$ or the heaviest lanthanides and higher than those for In$^{3+}$ and Ga$^{3+}$ as well as the eight-coordination geometry of the complex in solution [48].

Together with its four times longer half-life than gallium-68 and its coordination chemistry similar to lutetium-177, scandium-44 enables longer imaging periods covering up to 24 h post injection as well as improved pre-therapeutic dosimetry.

### 2.1. Production of scandium-44

Scandium-44 can be produced via $^{44}$Ti/$^{44}$Sc-generator [30, 31, 40]. Despite the advantages of the radionuclide generator system prevents the availability of titanium-44 the production

| Positron emitter | Half-life     | $\bar{E}_p$ (MeV) | $E_{p,\text{max}}$ (MeV) |
|------------------|--------------|------------------|--------------------------|
| $^{68}$Ga        | 67.71 min    | 0.829            | 1.899                    |
| $^{44}$Sc        | 3.97 h       | 0.632            | 1.474                    |
| $^{15}$O         | 2.04 min     | 0.735            | 1.732                    |
| $^{18}$F         | 109.77 min   | 0.250            | 0.634                    |

**Table 1.** Comparison of mean ($\bar{E}_p$) and maximum ($E_{p,\text{max}}$) positron energies of scandium-44 with gallium-68, fluorine-18 and oxygen-15 [24].
of this generator. Titanium-44 with its half-life of 60 years is only producible with limited yields and at high costs by a small number of facilities [49]. Accordingly, accessibility of the daughter scandium-44 by cyclotron production is an alternative as it provides scandium-44 in sufficiently high yields with radionuclidic purities >99% avoiding the problem of 44Ti-waste management.

2.1.1. Cyclotron production

Growing interest in scandium-44 as alternative to gallium-68 predicated research for production routes providing scandium-44 in the GBq range. Recent intermediate cyclotrons allow an economic production of the radionuclide utilizing p, d or α-particle-induced reactions (cf. Table 2) [26, 27, 33, 50–57]. The isomer scandium-44m (T½ = 58 h) has also nuclide characteristics, which can be useful in nuclear medicine [26, 43].

Recently, the accessibility of scandium-44 via proton irradiation of natural calcium targets was described [53] as well as the employment of enriched calcium targets optimizing radionuclidic purity of the radionuclide produced [52].

Similar experiments performed by bombarding natural calcium targets with protons were reported [53, 55], yielding more than 650 MBq scandium-44 with 95.8% radionuclidic purity [53]. As this method leads to co-production of long-living radionuclidic impurities accounting for unnecessary doses for the patient its usability is limited. To obtain scandium-44 of higher radionuclidic purity enriched [44Ca]CaCO₃ target material was found to be optimal [59]. This study also confirmed an optimal ratio of scandium-44m to scandium-44 by irradiating the targets with 9 MeV protons and the possibility to achieve yields in the GBq range utilizing this method [59]. Further refinement leads to reproducible production of GBq-activities of scandium-44 at a cyclotron in excellent quality [56]. As a result of all these investigations towards scandium-44 production, the basis for the introduction of scandium-44 into clinical routine for PET imaging may have been created.

Nuclide production via cyclotron is in need for an efficient separation strategy of the produced radionuclide from the target material. This is necessary to remove bulk metal, which disturbs eventual radiolabeling of PET tracers, to reduce the volume and to recover target material. For this purpose, different methods such as filtration [53] or ion exchange employing chelating resins were investigated [26, 55, 56, 59].

| Reaction        | Q (MeV) | E_th (MeV) |
|-----------------|---------|------------|
| p 44Ca(p,n)44Sc | −4.43   | 4.53       |
| d 44Ca(d,2n)44Sc| −6.65   | 6.96       |
|               |        | 0.0        |
| α 44Ca(α,3np)44Sc| −32.73 | 35.71      |
|               |        | −21.59     |
|               |        | 23.61      |
|               |        | −13.67     |
|               |        | 14.97      |

Table 2. Nuclear reaction data for the formation of scandium-44 [58].
2.1.2. The $^{44}$Ti/$^{44}$Sc-generator

Radionuclide generators are an alternative production route to reactors and cyclotron. They exploit radiochemical equilibria (transient or secular) between mother and daughter isotope. This means that the mother isotope has a half-life much greater than or approximately equal to 10 times longer than the half-life of the daughter usable for imaging. As mother and daughter are isotopes of different elements, they are present in different chemical forms and can be relatively easily separated chemically.

Beside the $^{99m}$Mo/$^{99}$Tc-generator, which is still the working horse in nuclear medicine, the relevance of the $^{68}$Ge/$^{68}$Ga-generator continues to increase with recent developments of new potent $^{68}$Ga-radiopharmaceuticals for PET imaging. Apart from the cyclotron, scandium-44 can also be produced via $^{44}$Ti/$^{44}$Sc-generator system. Just like the $^{68}$Ge/$^{68}$Ga-generator, there is a secular equilibrium between the long-living mother and the short-living daughter nuclide. Titanium-44 decays via electron capture ($t_{\frac{1}{2}} = 59 \pm 2$ a) [60] into the ground state of scandium-44 which transforms to the stable calcium isotope calcium-44 emitting a positron.

First studies on the design of a $^{44}$Ti/$^{44}$Sc-generator were conducted in the 1960ies and 70ies excluding pharmaceutical aspects [32, 35, 61, 62]. A first 185 MBq $^{44}$Ti/$^{44}$Sc-generator designed for radiopharmaceutical use was described in the last decade [31] as well as a suitable post-processing [40]. An initial preclinical proof of concept study could show that scandium-44 is able to radiolabel a clinical relevant precursor (DOTA-TOC) leading to a stable radiopharmaceutical in good yields as well as the suitability of the generator and post-processing for this purpose [38]. Furthermore, a first clinical application of [44Sc]Sc-DOTA-TOC, radiolabeled with generator-derived scandium-44, was conducted to proof the high potential of the radionuclide for PET imaging [30].

First challenge in the development of the $^{44}$Ti/$^{44}$Sc-generator is the high-yield production of titanium-44 via accelerated particles. Up to now, all attempts building a $^{44}$Ti/$^{44}$Sc-generator described in the literature use the $^{44}$Sc(p,2n)$^{44}$Ti-process, although cyclotrons of high positron flux are necessary, to obtain titanium-44 in relatively low radioactivity yields [31, 32, 35, 61–63]. Before titanium-44 can be used separation from the target material and subsequent purification from residual metallic contaminants is mandatory.

Generally, for the design of a radionuclide generator, several critical radiochemical parameters have to be considered, such as separation strategy, stability of the generator and type of eluate. In context with the $^{44}$Ti/$^{44}$Sc-generator, this means a separation strategy is needed which provides high $^{44}$Sc-elution yields combined with low $^{44}$Ti-breakthrough employing an eluate which is suitable for subsequent radiolabeling in terms of pH, volume and purity. Additionally, this separation strategy should guarantee high long-term stability of the generator. This is of particular importance for the $^{44}$Ti/$^{44}$Sc-generator compared for example to the $^{99m}$Mo/$^{99}$Tc- or $^{68}$Ge/$^{68}$Ga-generators as usage for many years due to the long physical half-life of titanium-44 is possible.

The $^{44}$Ti/$^{44}$Sc-generator system developed by Filosofov et al. uses the properties of Sc$^{III}$ in oxalic as well as hydrochloric acid as basis of an anion-exchange separation strategy [31]. This concept leads to $^{44}$Sc elution yields of 180 MBq in 20 ml 0.005 M H$_2$C$_2$O$_4$/0.07 M HCl accompanied by a $^{44}$Ti breakthrough of 90 Bq representing a separation factor of $2 \times 10^6$ [31]. Long-term stability of the generator is ensured by a reverse elution mode which is needed to
provide high retention of titanium-44 on the column [31]. This concept leads to a generator design providing scandium-44 in stable yields without significant $^{44}$Ti-breakthrough since approximate 10 years.

As volume, pH and eluent composition of the 180 MBq $^{44}$Ti/$^{44}$Sc generator are not suitable for subsequent radiolabeling, for example, peptides for clinical application, an efficient post-processing strategy in analogy to the post-processing approach of $^{68}$Ge/$^{68}$Ga generators was developed [40, 64, 65]. This post-processing includes reduction of the volume of $^{44}$Sc solution, optimization of pH for subsequent radiolabeling as well as further purification from metal contaminants disturbing the complex formation by utilizing a cation exchange column. Finally, ~90% of chemically and radiochemically highly pure scandium-44 can be recovered in 3 ml 0.25 M ammonium acetate (pH = 4) with less than 7 Bq $^{44}$Ti-breakthrough within 10 min ready for following radiolabeling reactions [21, 38, 40].

2.2. Synthesis of $[^{44}\text{Sc}]$Sc-PSMA-617

DOTA is used as bifunctional chelator in PSMA-617 (cf. Figure 1) requiring elevated temperatures for complex formation. Commonly DOTA-based radiopharmaceuticals are prepared using 95°C; therefore, it was evident to choose this as radiolabeling temperature for generator as well as for cyclotron produced scandium-44 [21, 25].

Due to the low activity obtained from the $^{44}$Ti/$^{44}$Sc-generator, evaluation of the influence of precursor amount and reaction time on radiochemical yield resulted in apparent molar activities of $6.50 \pm 0.76$ MBq/nmol [21] while values of 5–10 MBq/nmol using cyclotron produced scandium-44 are possible [20].

![Figure 1. Putative structure of $[^{44}\text{Sc}]$Sc-PSMA-617.](image-url)
With regard to the reported radiochemical yields of >97% [20, 21], it seems not necessary to evaluate a purification method. Nevertheless, removal of unwanted ions (e.g., acetate ions, uncomplexed $^{44}$Sc$^{3+}$) from the crude product solution is of interest especially with a view to clinical application. The purification method of choice is solid phase extraction. This cheap and easy method is commonly used when it is necessary to purify radiopharmaceuticals. Solid phase extraction with C-18 cartridges was suitable for further purification. After equilibration of the cartridge, almost quantitative retention of $[^{44}\text{Sc}]$Sc-PSMA-617 on the cartridge and product recovery with >90% efficacy is possible [21].

2.3. Preclinical evaluation

The evaluation of the logD values of the $^{68}$Ga-, $^{44}$Sc- and $^{177}$Lu-complexes and $[^{68}\text{Ga}]$Ga-PSMA-11 revealed that the values are in the same range for the PSMA-617 complexes and reduced for $[^{68}\text{Ga}]$Ga-PSMA-11 (cf. Table 4) [20].

The presence of metal cations like Fe$^{3+}$ or other chelators can cause a release of the radionuclide from PSMA-617. As this is a crucial factor for later use as a radiopharmaceutical stability of $[^{44}\text{Sc}]$Sc-PSMA-617 against transmetallation, transchelation as well as its stability in human serum and in final formulation was investigated. To determine the stability in the presence of relevant metal cations, those typically present in vivo (Ca$^{2+}$, Fe$^{3+}$, Mg$^{2+}$), at levels significantly higher compared to normal in vivo levels, were chosen. Transchelation was determined against DTPA and EDTA, two chelators forming scandium complexes already at room temperature. In all stability experiments more than 95% of $[^{44}\text{Sc}]$Sc-PSMA-617 remained intact even after 24 h incubation [21]. (cf. Table 3).

Eppard et al. as well as Umbricht et al. determined the binding affinity of natSc-PSMA-617 but by different methods and cell lines [20, 21]. Due to the differences in the experimental set up, the results are not directly comparable. Nevertheless, there are similarities. Binding affinity to the target were for $[^{44}\text{Sc}]$Sc-PSMA-617 and $[^{177}\text{Lu}]$Lu-PSMA-617 in the same range cf. (Table 4). Similar results could be observed for the internalization of the radioligands. Uptake was comparable for all compounds without any significant differences within the

| Time (h) | Ca$^{2+}$ | Mg$^{2+}$ | Fe$^{3+}$ | EDTA | DTPA | NaCl | Human serum |
|---------|-----------|-----------|-----------|------|------|------|-------------|
| 0.5     | 98.0 ± 0.0| 98.7 ± 0.5| 97.3 ± 0.9| 96.7 ± 0.1| 96.7 ± 1.2| 98.7 ± 0.5| 98.7 ± 0.5 |
| 1       | 98.3 ± 0.5| 98.3 ± 0.5| 98.0 ± 0.8| 97.3 ± 0.1| 97.7 ± 0.5| 98.0 ± 0.8| 98.0 ± 0.8 |
| 2       | 97.0 ± 0.1| 98.0 ± 0.8| 98.0 ± 0.8| 97.3 ± 0.1| 97.0 ± 0.8| 97.7 ± 1.3| 98.0 ± 0.4 |
| 4       | 97.0 ± 1.4| 97.7 ± 0.5| 96.7 ± 0.5| 97.3 ± 0.1| 96.7 ± 0.5| 97.3 ± 0.5| 97.0 ± 0.8 |
| 24      | 96.7 ± 0.8| 97.2 ± 0.8| 95.0 ± 1.4| 95.9 ± 1.2| 95.1 ± 0.8| 96.0 ± 0.8| 96.3 ± 0.9 |

Table 3. Stability of $[^{44}\text{Sc}]$Sc-PSMA-617 at 37°C in the presence of different metal cations and in the presence of DTPA and EDTA, at $10^{-2}$ M concentration respectively (n = 3).
Umbricht et al. performed biodistribution and small animal imaging studies in PC-3 PIP and PC-3 flu tumor-bearing mice directly comparing $^{44}$Sc-PSMA-617 with $^{177}$Lu-PSMA-617, $^{68}$Ga-PSMA-617 and $^{68}$Ga-PSMA-11 under the same in vivo conditions [20]. The study confirmed comparable in vitro behavior, which was expected due to similar coordination behavior of scandium-44 and lutetium-177 [20, 48]. The similar chemical behavior of the two nuclides is also evident in vivo in the pharmacokinetics of the radiopharmaceuticals. $^{44}$Sc-PSMA-617 and $^{177}$Lu-PSMA-617 revealed a largely identical biodistribution within the investigated period of time [20]. Along with the advantage of the longer half-life of scandium-44, enabling late-time imaging, the increasing tumor-to-background ratio over time can be exploited [20]. Additional comparison with the $^{68}$Ga-PSMA-617 confirmed small differences in the pharmacokinetics of $^{68}$Ga-PSMA-617 and $^{177}$Lu-PSMA-617 explainable with the different coordination chemistry of gallium and lutetium [20].

2.4. Synthesis and quality control for human use

The pharmacopoeia contains recognized pharmaceutical rules on the quality, testing, storage and labeling of medicinal products and the substances, materials and methods used in their manufacture and testing. It is legally binding [21].

As scandium-44 is a new isotope for human PET application, there is no monograph in the European or another pharmacopoeia available for the preparation of scandium-44 or $^{44}$Sc-radiopharmaceuticals. Therefore, quality control was performed based on the monograph for $^{68}$Ga-DOTATOC of the European Pharmacopoeia [67].

With respect to the use of generator-derived scandium-44, special attention has to be paid to the quality control of the titanium-44 content in the final formulation.

To ensure the quality of $^{44}$Sc-PSMA-617, the radiolabeling procedure was modified for patient application. Since only a maximum of 180 MBq scandium-44 is available via the generator per elution and the time from the beginning of the generator elution to the injection to the patient is 3–4 h, it was necessary to guarantee high and stable radiochemical yields. To achieve this, the amount of precursor was increased to 38.4 nmol, and 9 vol% ethanol

| Log D | Relative PSMA-binding affinity |
|-------|--------------------------------|
|       | LNCAp cells | PC-3 PIP cells |
| $^{44}$Sc-PSMA-617 | $-4.21 \pm 0.04$ | 1.47 |
| $^{177}$Lu-PSMA-617 | $-4.18 \pm 0.06$ | 1 |
| $^{68}$Ga-PSMA-617 | $-4.30 \pm 0.10$ | 1.08 |
| $^{68}$Ga-PSMA-11 | $-4.82 \pm 0.07$ | 0.58 |

Table 4. Log D (n = 3–5) and relative PSMA-binding affinity as the inverse molar ratio of the average $K_D$ values as determined in cell studies with LNCAp cells [21] and PC-3 PIP cells [20] according to Reddy et al. [66].
was added to the radiolabeling mixture. Ethanol has two tasks: to improve radiolabeling efficacy [68] and to prevent radiolysis in the initial radiolabeling mixture. Its use as scavenger is very important to ensure radiochemical purity as radiolysis by-products can cause undesired and serious side effects while their removal is time-consuming and complicated. Additionally, C-18 purification was performed by default. This step removes potentially remaining $^{44}\text{Ti}$-breakthrough, uncomplexed scandium-44 as well as ammonium acetate buffer prior to final formulation of the radiopharmaceutical. Although this step extends synthesis time, its contribution to ensure radiochemical and especially radionuclidic purity is very important. With respect to the use of generator-derived scandium-44, the $^{44}\text{Ti}$-breakthrough was of major interest. During process set-up, it was even tested twice, in the radiolabeling mixture and final formulation. It was measured not earlier than 120 h after synthesis in a $\gamma$-spectrometer at 67.9 and 78.3 keV. Titanium-44 was not traceable in any of the quality control samples.

Due to the limited activity derived from the $^{44}\text{Ti}/^{44}\text{Sc}$-generator system, the apparent molar activity was $3.05 \pm 0.36 \text{ MBq/nmol}$ at time of calibration (end of synthesis) which is considerably lower compared to $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ (14–355 MBq/nmol) or $[^{68}\text{Ga}]\text{Ga-DOTA-TOC}$ (4–72 MBq/nmol).

Parameters checked during the quality control procedure were listed in Table 5.

Due to the nature of radiopharmaceuticals sterility, breakthrough and content of long living radionuclides could not be determined before release of the final radiopharmaceutical. Therefore, only a preliminary release was possible. Final release of the respective batch was performed with receipt of the last test results.

| Parameter                        | Method                      | Acceptance criteria |
|----------------------------------|-----------------------------|---------------------|
| Volume activity                  | Dose calibrator             | 5–15 MBq/ml         |
| Visual appearance                | Optical                     | Clear, colorless    |
| Drug Identity                    | Radio-HPLC                  | $11.3 \pm 0.4 \text{ min}$ |
| Nuclide identity                 | $\gamma$-Spectroscopy       | $511 \pm 25 \text{ keV}$ |
|                                  | Decay measurements          | $3.97 \pm 0.2 \text{ h}$ |
| pH                               | Indicator strip             | 4–8.5               |
| Apparent molar activity          | Calculation                 | 0.7–8 MBq/nmol      |
| Radiochemical purity             | Radio-HPLC/Radio-TLC        | $\geq 95\%$         |
| Long living nuclides             | $\gamma$-Spectroscopy       | Yes/No              |
| Breakthrough                     | $\gamma$-Spectroscopy       | $< 0.001\%$        |
| Filter integrity                 | Bubble point                | $> 3447 \text{ mbar}$ |
| Endotoxins                       | LAL-test                    | $< 17.5 \text{ IU/ml}$ |
| Sterility                        | According Ph. Eur.           | Sterile             |

Table 5. Parameters checked during quality control with acceptance criteria and average value measured.
3. Part II: Dosimetry

Theranostics and personalized medicine in oncology are in need for highly sensitive and specific diagnostic PET probes that may be radiolabeled with therapeutic radionuclides [18]. It is assumed that diagnostic PET agent distribution is more appropriate for prediction of therapeutic dose increasing therapeutic outcome [18]. Among the several matched pairs for imaging and therapy used in nuclear medicine, focus is on the PET nuclides gallium-68 and scandium-44 as imaging counterpart for lutetium-177.

3.1. Methodology

For the first clinical application, five men with progressive mCRPC enrolled for $^{[177}\text{Lu}]\text{Lu-PSMA-617}$ therapy received $^{[44}\text{Sc}]\text{Sc-PSMA-617}$ for PET imaging (cf. Table 6) [21, 69, 70].

The study protocol stipulates PET/CT imaging starting with a dynamic PET scan of abdomen with kidneys in the field of view (FOV) followed by a low dose CT scan and three static whole-body scans from skull to mid-thigh acquired 45 minutes, 2 h and 19.5 h post injection with preceding low-dose CT. Quantitative analysis was performed visually to identify organs of increased tracer uptake as source organs for further dosimetric calculations. Residence times, organ-absorbed doses (mSv/MBq) as well as effective doses were calculated during quantitative analysis [21, 69, 70] and the maximum permissible activity as well as the maximum number of therapy cycles (6 GBq per cycle) which can be administered were determined [70].

3.2. First in-human studies

Following the promising preclinical results, Eppard et al. conducted a first-in-human application [21, 69, 70].

In all patients, PSMA-positive metastases were detectable by $^{[44}\text{Sc}]\text{Sc-PSMA-617}$ PET/CT applying a single dose of 50.45 ± 9.25 MBq. Visual comparison with images from previous $^{[68}\text{Ga}]\text{Ga-PSMA-11-PET/CT}$ those from $^{[44}\text{Sc}]\text{Sc-PSMA-617}$ PET/CT were found to

| Patient no. | Age | Weight (kg) | Hematocrit | Injected activity (MBq) | Injected activity (MBq/kg) | PSA (ng/ml) |
|-------------|-----|-------------|------------|-------------------------|---------------------------|-------------|
| 1           | 70  | 78          | 0.33       | 50.00                   | 0.64                      | 453.00      |
| 2           | 72  | 80          | 0.30       | 62.23                   | 0.78                      | 26.00       |
| 3           | 67  | 70          | 0.39       | 39.61                   | 0.57                      | 7.20        |
| 4           | 70  | 80          | 0.30       | 50.00                   | 0.63                      | 139.00      |
| 5           | 67  | 104         | 0.29       | 48.95                   | 0.47                      | 3000.0      |
| Mean        | 69  | 82.4        | 0.32       | 50.16                   | 0.62                      |             |
| SD          | 2.2 | 12.76       | 0.04       | 8.04                    | 0.11                      |             |

Table 6. Details of study population [21, 69, 70].
be at least equal at a significantly reduced dose. Direct comparison of \[^{68}\text{Ga}]\text{Ga-PSMA-11}\) and \[^{44}\text{Sc}]\text{Sc-PSMA-617}\) PET/CT images as well as planar scintigraphy and SPECT/CT of \[^{177}\text{Lu}]\text{Lu-PSMA-617}\) in one patient is depicted in Figure 2.

Due to the longer half-life of scandium-44, patient management could become more flexible through its use allowing PET/CT imaging several hours post injection (Figure 3) [20]. Indeed using low doses still and late time point imaging still enables detection of lesions while accumulated activity in urinary tract or kidney is no longer observed [21]. Qualitative detection of PSMA-positive lesions is feasible due to increased tumor-to-background ratios and resulting improved image contrast [21].

Khawar et al. reported estimated residence times (MBq-h/MBq) to be prolonged in the liver followed by the kidneys, urinary bladder, bone marrow and rest of organs compared with \[^{68}\text{Ga}]\text{Ga-PSMA-617}\) [69]. Also, the study revealed that kidneys (3.19E-01 mSv/MBq;

![Figure 2](image-url)

**Figure 2.** Maximal intensity projection (top) and representative slice (bottom) of PET/CT examination of a 70-year-old patient suffering of mCRPC with high tumor load using (A) \[^{44}\text{Sc}]\text{Sc-PSMA-617}\) (50 MBq, 60 min p.i.), and (B) \[^{68}\text{Ga}]\text{Ga-PSMA-11}\) (120 MBq, 60 min p.i.), (C) On the right-hand side, the planar scintigraphy (top) and a representative slice of the post-therapy SPECT/CT scan, about 24 h after application of 6.7 GBq of \[^{177}\text{Lu}]\text{Lu-PSMA-617}\) are shown [21].
range: 1.78 E-01-4.88E-01 mSv/MBq) are the critical organs at risk receiving the highest dose followed by the urinary bladder wall, spleen, salivary glands, liver and small intestine while bone marrow dose was less and consequently not included in organs at risk for therapeutic application [69]. These findings are consistent with the results for small PSMA ligands of previous studies [71, 72]. Overall, the study confirmed absorbed doses to be higher for $^{44}$Sc-PSMA-617 than for $^{68}$Ga-PSMA-617, $^{68}$Ga-PSMA-11, $^{68}$Ga-PSMA-I&T but less than $^{124}$I-PSMA [69]. Also the mean effective dose was found to be higher than $^{68}$Ga-PSMA-617, $^{68}$Ga-PSMA-11, $^{68}$Ga-PSMA-I&T but less than $^{124}$I-PSMA [69, 72].

In a follow-up study, Khawar et al. used $^{44}$Sc-PSMA-617 PET/CT for pre-therapeutic dosimetry estimating the organ doses of $^{177}$Lu-PSMA-617 administered [70]. This was performed by mathematical exploration of pharmacokinetics of $^{44}$Sc-PSMA-617 to that of $^{177}$Lu-PSMA-617. As preclinical in vitro and in vivo studies proofed better correlation between $^{44}$Sc-PSMA-617 and $^{177}$Lu-PSMA-617 as compared to $^{68}$Ga-PSMA agents, the authors assumed that dosimetric analysis from 19.5 h imaging data of $^{44}$Sc-PSMA-617 could be converted into 6.7 d imaging data for $^{177}$Lu-PSMA-617 [20, 70]. Total activity (MBq) in source organs and whole body from reconstructed images of dynamic data, and three static whole body PET/CT images were decay corrected back to time of injection using scandium-44 half-life and then forward decay corrected using half-life of lutetium-177 for calculation [70].

Table 7 shows the mean residence times (MBq-h/MBq) for $^{44}$Sc-PSMA-617 and based on $^{44}$Sc-PSMA-617 pharmacokinetics for $^{177}$Lu-PSMA-617 [69, 70].

Also for $^{177}$Lu-PSMA-617, kidneys appeared to be the organ at risk (mean absorbed dose 0.44 mSv/MBq) followed by the salivary glands, liver, small intestine, spleen and urinary bladder wall [70]. The mean bone marrow absorbed dose was reported to be 0.05 mSv/MBq.
Pre-Therapeutic Dosimetry Employing Scandium-44 for Radiolabeling PSMA-617

4. Conclusion

Recent studies demonstrated the high potential of \(^{44}\text{Sc}\)Sc-PSMA-617 for PET imaging in a preclinical as well as a clinical setting where it revealed more similar characteristics to \(^{177}\text{Lu}\)Lu-PSMA-617 than the routinely used \(^{68}\text{Ga}\)Ga-PSMA-11 [20, 21].

While images at early time points are comparable with those of \(^{68}\text{Ga}\)Ga-PSMA-11, the advantages of scandium-44 over gallium-68 show up at late time points due to its longer half-life. Enabling delayed image acquisition would simplify patient management at improved image quality and allows improved pre-therapeutic dosimetry for therapy with \(^{177}\text{Lu}\)Lu-PSMA-617. Especially for pre-therapeutic dosimetry scandium-44 would be beneficial as implementation in the clinical setting is uncomplicated, and there is no need for patient hospitalization. Together with the possibility transporting scandium-44 and \(^{44}\text{Sc}\)Sc-radiopharmaceuticals further routes to radiopharmaceutical institutions without option for in-house production scandium-44 could make a significant contribution to patient care even in remote areas.

Table 7. Mean residence times (MBq-h/MBq) for \(^{44}\text{Sc}\)Sc-PSMA-617 and estimated for \(^{177}\text{Lu}\)Lu-PSMA-617 on basis of \(^{44}\text{Sc}\)Sc-PSMA-617 pharmacokinetics [69, 70].

| PT No | \[^{44}\text{Sc}\]Sc-PSMA-617 Mean±SD | \[^{177}\text{Lu}\]Lu-PSMA-617 Mean±SD |
|-------|-------------------------------------|-------------------------------------|
| Organs | | |
| Salivary glands | 0.03±0.027 | 0.24±0.21 |
| Kidneys | 0.24±0.109 | 1.51±0.48 |
| Liver | 0.35±0.263 | 4.46±1.72 |
| Spleen | 0.07±0.031 | 0.18±0.07 |
| Small Intestine | 0.05±0.029 | 0.63±0.37 |
| Bone marrow | 0.09±0.047 | 0.52±0.69 |
| Urinary bladder contents | 0.18±0.195 | 0.33±0.32 |
| Remainder of body | 1.82±0.684 | 46.58±16.04 |

and the mean whole body dose was 0.08 mSv/MBq [70]. These findings are comparable with literature [11, 13, 17, 19]. Total dose (Gy) per cycle administered lies in a range from 2 till 3.26 Gy although applying the same therapeutic activities [70]. Due to the use of 3D instead of usual 2D dosimetric analysis, it was found that it is possible to administer a mean dose of 52 Gy to reach a dose limit of 23 Gy [70] which is significantly higher than reported before with 30 Gy [13]. All together both studies proved that dosimetry using \(^{44}\text{Sc}\)Sc-PSMA-617 PET/CT is possible applying a protocol which could be implemented in clinical daily routine.
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