Revision of the medicolegal assessment criteria in hypovolemic patients

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Abstract

Trauma scoring systems are often used for the determination of the severity level of the lesion and the clinical status in medico-legal assessment of the trauma patient. Trauma scoring systems are used also for the determination of the life-threatening conditions. Blood loss of more than 20% was reported as the only criterion for life-threatening conditions in the acute hypovolemia. The objective of this study was to revise the medico-legal assessment criteria in the patients with acute hypovolemia and to discuss other parameters, which might be used in the determination of the severity level of the clinical status.

The medical reports of the patients with acute hypovolemia due to the trauma, which were sent by the judicial authorities and by other departments of our medical faculty to the department of the forensic medicine between 1999 and 2009, were evaluated. The characteristics such as age, gender, severity of the injury, type of the trauma, history of liquid replacement or blood transfusion, vital signs, type of the physical injury, injured region of the body, presence of any chronic disease were assessed and recorded.

The mean age of the included 155 patients was 34.70 ± 16.08 years (3-87 years). 118 (76%) of patients were males and 37 females (24%). Regarding the event types, road accidents were the most common cause (60.0%) and it was followed by sharp object injuries (18.7%) and firearm injuries (11.6%). 27.7% of the subjects received 2 units blood and blood products transfusion and 21.3% only 1 unit transfusion. According to the results of the medico-legal assessment, 84.5% of the patients had life-threatening conditions.

While evaluating the severity of the clinical conditions in the hypovolemic patients, to report only the losses in percentage causes problems and limitations. Therefore, in respect of the medico-legal assessment of the hypovolemic patients, we believe that it would be more appropriate to use the physiological trauma scoring systems (like Revised Trauma Score) instead of the anatomic scoring systems.

Abbreviations: AIS = Abbreviated Injury Scale, CRAMS = field triage of trauma victims, GCS = Glasgow Coma Scale, ISS = Injury Severity Scale, NISS = New Injury Severity Scale, RTS = Revised Trauma Score, TS = trauma score, TRISS = Trauma Score and Injury Severity Score, TCK = Turkish Penal Code.

Keywords: anatomic scoring scale, hypovolemia, medico-legal assessment, physiological scoring scales, transfusions

1. Introduction

The following scoring systems are used for the determination of the severity of the lesions and clinical status in the trauma patients: Glasgow Coma Scale (GCS), Abbreviated Injury Scale (AIS), trauma score (TS), Revised Trauma Score (RTS), Injury Severity Scale (ISS), New Injury Severity Scale (NISS), Revised Trauma Score and Injury Severity Score, TCK = Turkish Penal Code.

In our country, the basic criterion used for the preparation of the medico-legal opinion in forensic patients is the AIS, which is one of the anatomical scoring systems. According to the Turkish Penal Code (TCK), the guideline used for the evaluation of the forensic patients was adapted from AIS. In this guideline, the trauma patients are evaluated as follows:

- Mild injuries (AIS score 1): injuries, which can be treated with simple medical interventions.
- Moderate injuries (AIS score 2): injuries, which cannot be treated with simple medical interventions.
- Other injuries (AIS score 3–6): life-threatening injuries.

As mentioned in TCK, for the determination of the severity of the lesion/clinical status, the severity of the injury (mild, life-threatening, bone fracture) should be reported. The scoring system for the traumas enables the usage of a common language for the trauma classification, convenience in the transport and triage of the patients and determination of the mortality and morbidity rates due to the trauma.

There are anatomical severity scales, which are based on the evaluation of the anatomical regions; physiological severity scales, which are based on the physiological parameters and combined severity scales.

1.1. Physiological trauma scales

Consider parameters like heart rate, blood pressure, respiration rate and quality, state of consciousness, body temperature, which are also known as vital signs. The most common...
physiological scoring systems are GCS, TS, RTS, and field triage of trauma victims (CRAMS).\textsuperscript{[1,3,4,9,10]} While GCS is focused on the motor responses to the stimulations, verbal responses, and eye-opening responses, TS evaluates, in addition, systemic blood pressure and respiration rate. RTS includes the parameters, which are revised due to routinely encountered problems. CRAMS takes circulation, respiration, abdomen, motor response and speech into consideration.\textsuperscript{[8–10]}

1.2. Anatomical trauma scoring systems

Determine the severity of the trauma according to the anatomical localization of the injuries.\textsuperscript{[6,8]} AIS, ISS, NISS are among the anatomical scoring systems.\textsuperscript{[2–5]} For the evaluation of the injuries with the anatomical scoring system, the cooperation of the patient is required. However, cooperation cannot be obtained in cranial traumas and alcohol/drug abusers. In penetrating injuries, the depth of the penetration and the damage in the visceral organs cannot be determined with the physical examination. Therefore, it was reported that the anatomical scoring systems were not reliable for trauma triage. It was emphasized that the anatomical scoring systems were usable after the hospital data were collected and advanced investigations are performed.\textsuperscript{[6,8]}

1.3. Combined Trauma Scales

Were developed for the patients, who had the same anatomical and physiological TSs and they take both of the systems into account to determine the prognosis.\textsuperscript{[6,8]} It was reported that the age of the patients affected the prognosis and the mortality and the morbidity rates were much higher in older patients than the younger patients. Trauma Score and Injury Severity Score (TRISS) is a scoring system prepared with the addition of the age and injuring factor (blunt–penetrating) to ISS and RTS.\textsuperscript{[6,11]} A severity characterization of trauma (ASCOT) was developed to increase the accuracy rate of the survival probability and to eliminate the limitations of TRISS.\textsuperscript{[11–13]}

The life-threatening conditions due to the trauma are one of the important issues in the medico-legal assessment of the trauma patients. One of these life-threatening conditions is the hypovolemic.\textsuperscript{[14,15]}

Acute blood loss is one of the most important causes of the mortality and morbidity. It was reported that the type of the injury, vital signs, base deficit, and oxygenation should be taken into the consideration during the management of these patients. The effects of the hypovolemia on the systems, its risks, and irreversible damages are important for the medico-legal assessment along with the clinical diagnosis process.\textsuperscript{[16,17]}

There are several clinical sources regarding the approach to the hypovolemic patients. As the clinical status became persistent in many patients after the trauma, the medico-legal problems came into prominence. The life-threatening characteristics of the different hypovolemia groups are still under discussion in respect of the medico-legal assessment.

According to the guideline of the TCK prepared for the judicial reports, blood loss more than 20% is considered as a life-threatening condition.\textsuperscript{[17]} However, the guideline does not describe the characteristics of this clinical condition. It is not clear, whether it is affected by the individual features and which clinical parameters (hemoglobin, hematocrit, arterial blood pressure, etc) should be taken into the consideration.

In the hypovolemic patients, the concept of the life-threatening condition should be based on objective criteria and measurable and comparable criteria should be determined for the evaluation of the severity of the trauma and the emerging injury.

In this study, the objective was to revise the criteria, which can be used for the medico-legal assessment of the patients with acute hypovolemia and to discuss the parameters, which can be used for the determination of the severity level of the clinical status. Hereby, we discussed the hypovolemic shock and the circulatory shock with its etiology in respect of the medico-legal assessment.

2. Materials and methods

2.1. Study group

This study had an observational and cross-sectional design. Target population consisted of 155 of the forensic patients, who were registered in the department of forensic patients in the University Medical Faculty and were monitored with a diagnosis of hypovolemia between June 2005 and December 2009. The study protocol was approved by the ethics committee of the hospital for the collection of data of human subjects, and the study was conducted in accordance with the ethical standards of the Declaration of Helsinki (Finland).

Medico-legal assessments of these patients were requested by the judicial authorities and by other departments of the medical faculty. The medical records of these patients were included in the study without considering the blood transfusion. The medical records of the patients with medico-legal reports were screened. The trauma patients, who had no hypovolemia and evaluated in respect of invalidity/disability, were excluded.

The following data were investigated: age, gender, type of violence causing the trauma, history of the liquid replacement and blood transfusion, vital signs, type of the physical injury, the injured body part, the presence of chronic diseases. Concepts like shock index, which are used in the clinics, blood pressure, pulse, hemoglobin, hematocrit, urine volume, age, nutritional state, presence of any previous cardiac, renal or hematological disease, the effect of the clinical status on the severity levels were attempted to elucidate. The results of the recorded medico-legal reports were also included in the evaluation.

2.2. The applied trauma scoring systems

RTS (one of the physiological trauma scoring systems), TRISS (one of the combined trauma scoring systems), and Injury Severity Score (one of the anatomical scoring systems).

2.3. Statistical analysis

The data recorded on the evaluation form were analyzed with the Windows SPSS 15.0 software. Continuous variables were calculated with mean and standard deviation, categorical variables with percentages. The normal distribution was analyzed with the Kolmogorov–Smirnov Test. Pairing comparisons were analyzed with Student t test and Mann–Whitney U Test according to the distribution features. For the comparison of the categorical variables, the chi-square test was used in the 4-cell table. The accepted limit of significance was $P < .05$.

The sensitivity, specificity, positive, and negative prediction values (PPV, NPV) were calculated to determine the life-threatening characteristics of the Ts. In addition, the receiver-operating characteristic (ROC) curves, cut-off values, and area-under-the-curve (AUC) calculations and the comparison of the ROC curves were performed with the packaged software Med Calc (v. 9.6.2.0-2008).
### Table 1
The demographical and clinical characteristics of the study group.

| Age (mean yr ± SD) | 34.7 ± 16.0 |
|--------------------|-------------|
| Age’s groups, yr   | n, %        |
| <18                | 18; (11.6)  |
| 19–44              | 102; (65.8) |
| 45–64              | 29; (18.7)  |
| ≥65                | 6; (3.9)    |
| Gender             | n, %        |
| Female             | 37; (23.9)  |
| Male               | 118; (76.1) |
| Trauma types       | n, %        |
| In-vehicle traffic accident | 36; (23.2) |
| Traffic accident   | 37; (23.9)  |
| Stab wounds        | 29; (18.7)  |
| Gun shot           | 18; (11.6)  |
| Motorcycle accident| 20; (12.9)  |
| Blunt trauma       | 12; (7.7)   |
| Burning            | 3; (1.9)    |
| Clinical status    | mean ± SD   |
| Transfusion rate   | 4.1 ± 4.6   |
| Hemoglobin, g/dL   | 11.3 ± 2.3  |
| Hematocrit, %      | 32.9 ± 7.1  |
| Systolic blood pressure, mmHg | 113 ± 25.2 |
| Diastolic blood pressure, mmHg | 71.4 ± 18.0 |
| Respiratory rate/min | 21 ± 4.3   |
| Pulse rate/min     | 95 ± 26.2   |

SD = standard deviation.

### Table 2
Trauma scores according to the different trauma systems.

| Trauma Score Systems                        | Mean ± SD |
|---------------------------------------------|-----------|
| Glasgow Coma Scale                          | 13 ± 3.4  |
| Injury Severity Scale                       | 22 ± 11.6 |
| Revised Trauma Score                        | 7 ± 1.0   |
| TRISS*, blunt                               | 91 ± 14.2 |
| TRISS penetrated                            | 90 ± 16.2 |

*TRISS = Trauma Score and Injury Severity Score.

### Table 3
The demographical and clinical characteristics of the patients with life-threatening and non-life-threatening conditions.

| Features                          | Life-threatening (n:132) | Non life-threatening (n:23) | P    |
|-----------------------------------|--------------------------|----------------------------|------|
| Age (mean±SD)                     | 33.0 ± 15.5              | 43.7 ± 16.6                | .002 |
| Gender                            |                          |                            |      |
| Female, n; (%)                    | 30; (22.1)               | 8; (34.8)                  | >.05 |
| Male, n; (%)                      | 102; (77.9)              | 15; (65.2)                 |      |
| Transfusion rate (mean±SD)        | 4.5 ± 4.9                | 2.0 ± 1.1                  | .003 |
| Hemoglobin, g/dL (mean±SD)        | 11.2 ± 2.4               | 11.8 ± 1.8                 | >.05 |
| Systolic pressure, mmHg (mean±SD) | 114 ± 26.5               | 118 ± 15.8                 | >.05 |
| Diastolic pressure, mmHg (mean±SD) | 71 ± 19.1               | 73 ± 10.0                  | >.05 |
| Respiratory rate/min (mean±SD)    | 21 ± 4.5                 | 20 ± 2.9                   | >.05 |
| Pulse rate/min (mean±SD)          | 97 ± 27.5                | 85 ± 12.9                  | .014 |

### Table 4
The causes of the trauma in the groups of life-threatening and non-life-threatening conditions.

| Trauma types                        | Life-threatening, n (%) | Non life-threatening, n (%) |
|-------------------------------------|-------------------------|----------------------------|
| In-vehicle traffic accident         | 31; (22.9)              | 6; (26.1)                  |
| Traffic accident                    | 32; (24.4)              | 5; (21.7)                  |
| Stab wounds                         | 28; (21.4)              | 1; (4.3)                   |
| Gun shot                            | 17; (13.0)              | 1; (4.3)                   |
| Motorcycle accident                 | 13; (9.9)               | 7; (30.4)                  |
| Blunt trauma                        | 9; (6.9)                | 5; (13)                    |
| Burning                             | 2; (1.5)                | 0                          |
| Total                               | 132                     | 23                         |

### Table 5
Trauma scores in the groups of life-threatening and non-life-threatening conditions.

| Trauma Score Systems                | Life-threatening (n:132) | No life-threatening (n:23) | P    |
|-------------------------------------|--------------------------|----------------------------|------|
| Glasgow Coma Scale                  | 13 ± 3.6                 | 15 ± 0                      | .013 |
| Injury Severity Scale               | 24 ± 11.6                | 13 ± 6.2                   | <.001|
| Revised Trauma Score               | 7 ± 1.0                  | 8 ± 0.2                    | .028 |
| TRISS blunt                         | 90 ± 15.2                | 97 ± 3.1                   | .018 |
| TRISS penetrating                   | 89 ± 17.4                | 97 ± 21                    | .004 |

TRISS= Trauma Score and Injury Severity Score.

### Results

The mean age of the included 155 patients was $34.70 ± 16.08$ years (3-87 years). The age of most of the patients was between 19 and 44 years. 118 patients (76%) were males and 37 (24%) were females. Traffic accidents were the most common cause of the trauma. The demographical and clinical characteristics were shown in Table 1.

The 51% (n=79) of the patients received 3 or more units of blood or blood products transfusions, 27.7% (n=43) received 2 units and 21.3% (n=339) received 1 unit. There was no significant correlation between the age and transfusion (P >.05). The average unit number of blood transfusion compared with age and gender was shown in Figure 1.

The TSs of the patients regarding the different systems were listed in Table 2.

131 (85.1%) patients had life-threatening conditions. Grouping the patients according to the life-threatening conditions did not reveal any correlation with the gender, but the patients with a life-threatening condition were younger (Table 3).

There was no significant difference between these 2 groups in respect of the causes of the trauma (P >.05) (Table 4).

The GCS, RTS, TRISS blunt, and penetrating TSs were lower in the group with a life-threatening condition and the ISS score was significantly higher in the same group (Table 5).

Evaluation of the TSs in respect of gender and age groups did not display a significant difference (P >.05).

There was a sound correlation between the trauma scoring systems (Table 6). The prediction features of the TSs regarding the life-threatening conditions were investigated with the ROC analysis. The sensitivity and specificity were calculated according to the cut-off values with the ROC analysis (Table 7). Comparison of the ROC curves of the scores did not reveal any significant difference (P >.05) (Fig. 1). Taking the score 7, which is used for the life-threatening condition in the GCS, as the cut-off, the sensitivity dropped down to 13.5%. In 93 patients, who had life-
threatening conditions, the life-threatening condition was not defined if the GCS values were 7 or below 7 (Fig. 2).

There was no significant difference regarding the scores between the non-life-threatening group and 23 patients, which had a life-threatening condition determined only with the volume of the transfusion (P > .05) (Table 8).

4. Discussion

In the medico-legal assessment, measurable and comparable criteria should be used for the determination of the severity level of the lesions and clinical status. Anatomical scoring systems like AIS are the basic criterion used for the preparation of the medico-legal opinion in the forensic patients.\(^{[2-3]}\)

The current anatomical TSs (ISS, RTS) and physiological scores (TRISS blunt and penetrating) exhibited similar performance in this study. The comparison of the ROC curves did not show any significant difference. If the 7 and a lower score was accepted as the cut-off value - like in other studies for the GCS, sensitivity dropped down to 13.5% and it did not exceed 25% even after taking 14 and lower scores, as it was recommended in the ROC analysis.\(^{[11-16]}\) GCS did not seem to be a proper scoring system for the determination of the life-threatening conditions in this group of patients. None of the anatomical and physiological scoring systems proved satisfactory in the patient groups with life-threatening conditions determined by the transfusion volume.\(^{[15-18]}\) A new scoring system is necessary for this patient group.

**Table 6**
The correlation between the trauma scoring systems.

|                | ISS       | RTS       | TRISS blunt | TRISS penetrating |
|----------------|-----------|-----------|-------------|-------------------|
| GCS            | < .001    | −.404     | < .001      | < .001            |
| TRISS penetrating | < .001    | −.573     | < .001      | < .001            |
| TRISS blunt    | < .001    | −.638     | < .001      | .794              |
| RTS            | < .001    | −.314     |             |                   |

GCS = Glasgow Coma Scale, ISS = Injury Severity Scale, RTS = Revised Trauma Score, TRISS = Trauma Score and Injury Severity Score.

**Table 7**
The role of the trauma scores in the determination of the life-threatening conditions.

| Cut off | Se     | Sp     | PPV | NPV | AUC   | 95% CI     |
|---------|--------|--------|-----|-----|-------|------------|
| GCS     | 14     | 25.0   | 100 | 100 | 0.625 | 0.535–0.709 |
| ISS     | 18     | 62.7   | 86.9| 95.4| 0.779 | 0.704–0.843 |
| RTS     | 6      | 30.7   | 94.7| 100 | 0.699 | 0.516–0.697 |
| TRISS blunt | 96    | 41.6   | 89.5| 94.2| 0.672 | 0.580–0.755 |
| TRISS penetrating | 96   | 45.5   | 89.5| 97.0| 0.709 | 0.619–0.788 |

GCS = Glasgow Coma Scale, ISS = Injury Severity Scale, RTS = Revised Trauma Score, TRISS = Trauma Score and Injury Severity Score, Se = Sensitivity, Sp = Specificity, PPV = positive predictive value, NPV = negative predictive value, AUC = Area Under Curve; CI = Confidence Interval.

Figure 1. The average unit number of blood transfusion compared with age and gender.
If only the patients were taken into consideration, which was classified in the life-threatening condition only due to the blood loss more than 20%, there is no correlation between the anatomical scores (ISS), vital signs and physiological scores. Therefore, we believe that the reliability of the assessment criteria in the guideline currently used as the life-threatening criteria in the patients with acute hypovolemia should be discussed. Especially the significant correlation of the arterial blood pressure, vital signs with the physiological scoring systems indicates to the relevant points in the guideline subject to be changed in respect of the medico-legal assessment of the patients with the acute hypovolemia. This evaluation in the guideline shows the blood loss with a numeric limit and measures only the liquid loss from the intravascular system. We believe that criteria, which can measure the liquid distribution in the intra-/extra-vascular liquid volume, electrolyte balance, and its effects, should replace the criteria mentioned above.

As the decision about the life-threatening conditions is given according to the anatomical scoring in the guideline, the sensitivity of the physiological scoring system seems to be lower than the ISS. Although in the forensic medicine studies, which were focused on all trauma patients, anatomical scoring systems were found reliable and competent, we noticed that the life-threatening conditions were evaluated only with the anatomical scoring systems.

5. Conclusion

We believe that the determination of the severity level of the clinical status in the hypovolemic patients only with the loss percentages causes problems and limitations in the medico-legal assessment. The concept of the life-threatening condition should be based on the objective criteria in the hypovolemic patients and measurable and comparable criteria should be developed for the determination of the severity of the trauma and emerging injury.
We recommend the physiological trauma scoring systems like the Revised Trauma Scale System along with the clinical findings instead of the anatomical scoring systems in the medico-legal assessment of the hypovolemic patients.

Regarding the medico-legal assessment of the forensic patient with hypovolemia, we believe that:

- the relevant chapter of the guideline for the evaluation of the severity of the trauma prepared for TCK is not satisfactory,
- it is necessary to emphasize the importance of the clinical status with the help of physiological trauma scoring systems like RTS and TRISS,
- there is a need for further studies to evaluate the issues like sensitivity, specificity of the trauma scoring systems.

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