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Direct characterization of young giant exoplanets at high spectral resolution by coupling SPHERE and CRIRES+

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ABSTRACT

Studies of atmospheres of directly imaged extrasolar planets with high-resolution spectrographs have shown that their characterization is predominantly limited by noise on the stellar halo at the location of the studied exoplanet. An instrumental combination of high-contrast imaging and high spectral resolution that suppresses this noise and resolves the spectral lines can therefore yield higher quality spectra. We study the performance of the proposed HiRISE fiber coupling between the direct imager SPHERE and the spectrograph CRIRES+ at the Very Large Telescope for spectral characterization of directly imaged planets. Using end-to-end simulations of HiRISE we determine the signal-to-noise ratio (S/N) of the detection of molecular species for known extrasolar planets in $H$ and $K$ bands, and compare them to CRIRES+. We investigate the ultimate detection limits of HiRISE as a function of stellar magnitude, and we quantify the impact of different coronagraphs and of the system transmission. We find that HiRISE largely outperforms CRIRES+ for companions around bright hosts like $\beta$ Pictoris or 51 Eridani. For an $H = 3.5$ host, we observe a gain of a factor of up to 16 in observing time with HiRISE to reach the same S/N on a companion at 200 mas. More generally, HiRISE provides better performance than CRIRES+ in 2 h integration times between 50 and 350 mas for hosts with $H < 8.5$ and between 50 and 700 mas for $H < 7$. For fainter hosts like PDS 70 and HIP 65426, no significant improvements are observed. We find that using no coronagraph yields the best S/N when characterizing known exoplanets due to higher transmission and fiber-based starlight suppression. We demonstrate that the overall transmission of the system is in fact the main driver of performance. Finally, we show that HiRISE outperforms the best detection limits of SPHERE for bright stars, opening major possibilities for the characterization of future planetary companions detected by other techniques.

Key words: instrumentation: high angular resolution – instrumentation: spectrographs – infrared: planetary systems

1. Introduction

In contrast to indirect methods, direct imaging permits us to spatially separate and directly measure radiation from an exoplanet, which allows us to spectrally analyze its atmosphere with minimized impact from the host star. Direct imagers such as SPHERE (Beuzit et al. 2019), GPI (Macintosh et al. 2014), and SCExAO (Jovanovic et al. 2015) are designed to find and detect young planets around nearby stars (Chauvin et al. 2005, 2017a; Marois et al. 2008; Lagrange et al. 2009; Keppler et al. 2018), but their ability to characterize them is limited by their spectral resolution of $R = \lambda/\Delta \lambda = 400$ at most (Vigan et al. 2008).

High-dispersion spectrographs (HDS) have detected the thermal radiation of both transiting and non-transiting planets (e.g., Snellen et al. 2010; Brogi et al. 2012; Birkby et al. 2013), and have in theory demonstrated to be a very promising trajectory for the detection of biomarkers around Earth-twins with the ELT (Snellen et al. 2013). As starlight is the greatest contributor of noise, it is highly beneficial to first spatially separate the stellar and planetary point spread functions (PSFs) through high angular resolution imaging techniques like adaptive optics (Sparks & Ford 2002; Riaud & Schneider 2007), and then implement mid- to high-resolution spectroscopy ($R > 5000$–100,000; Thadde et al. 2007; Konopacky et al. 2013; Barman et al. 2015).

This combination of the spatial separation of planet and star and mid- to high-resolution spectroscopy has been given a clear demonstration through the detection of the atmosphere of the directly imaged planet $\beta$ Pictoris b (Snellen et al. 2014) using the CRIRES instrument (Kaeufl et al. 2004) with its MACAO adaptive optics system (Arsenault et al. 2003) on the ESO Very Large Telescope (VLT). This measurement not only allowed us to determine the planet’s orbital velocity, which was used to better constrain its orbital parameters, but also to determine the planet’s rotational period and probable length of day, which were derived through the broadening of the CO and H$_2$O lines. This method has since provided more atmospheric detections and
rotation speeds of young directly imaged companions (Schwarz et al. 2016; Hoeijmakers et al. 2018; Bryan et al. 2018), providing unique insight into the properties of this population of objects (Bryan et al. 2018).

Measurements on young companions have been obtained with low-order adaptive optics systems like MACAO for the β Pictoris b result. With such systems, the atmospheric turbulence correction concentrates a moderate fraction of the energy in the PSF core (typically 50–60% in K band; Pauqué et al. 2006), but the level of the uncorrected halo is high. This means that the strongest limiting factor of the signal-to-noise ratio (S/N) of the planet signal close to the star remains the noise contributed by the uncorrected stellar halo. To significantly decrease the halo, it is necessary to rely on high-order adaptive optics known as extreme adaptive optics (EXAO), which can provide diffraction-limited images in the near-infrared (NIR) and therefore decrease the level of stellar halo (and noise) at the location of the planet (Kawahara et al. 2014; Snellen et al. 2015; Wang et al. 2017; Mawet et al. 2017; Vigan et al. 2018). Diffraction-suppressing coronagraphs can be used to further improve the contrast and decrease the level of stellar residuals at the location of the planet.

The implementation of the spectrograph downstream of the EXAO system and the coronagraph can either rely on traditional integral field spectrographs (e.g., Antichi et al. 2009) or on fiber-fed spectrographs (Jovanovic et al. 2017). While the former offer a full spatial and spectral information but can prove costly in terms of pixels for high numbers of resolution elements, the latter offer significant advantages when based on single-mode fibers (SMFs). Indeed, SMFs provide a positionally and spectrally stable source at the entrance of the spectrograph (Ge et al. 1998; Jovanovic et al. 2017), which neutralizes the issue of modal noise seen in multi-mode fibers commonly used for seeing-limited telescopes (Baudrand & Walker 2001; Plavchan et al. 2013). Moreover, because SMFs only support the propagation of a single quasi-Gaussian mode, they offer an additional level of spatial filtering of the stellar halo, which can further decrease the contribution of the stellar halo at the location of the planet (Mawet et al. 2017). However, a drawback is that the planet’s PSF will also couple less efficiently into the SMF for typical telescope apertures with central obscuration and spiders (Ruillier 1998; Jovanovic et al. 2017). In addition, the telescope PSF has to be accurately centered on the fiber (on the order of 10% of a λ/D, where λ is wavelength and D is effective diameter) to have minimal coupling losses.

In recent years several projects have proposed combining EXAO systems with existing mid- or high-resolution spectrographs using SMF either in the NIR, for example between NIRCam and NIRSpec at Keck (KPIC; Mawet et al. 2016, 2017) or between SCExAO and IRD at Subaru (REACH; Kawahara & Hirano 2014; Kawahara et al. 2014; Kotani et al. 2018), or in the visible, for example between SPHERE and ESPRESSO at the VLT (Lovis et al. 2017). For the NIR, the VLT offers a unique opportunity to achieve a similar feat by coupling the high-contrast imager (HCI) SPHERE (Beuzit et al. 2019) with the high-resolution spectrograph CRIRES+ (Dorn et al. 2016), which will both be available at the same unit telescope (UT3) in 2020. The coupling between these two flagship instruments has been proposed as the High-Resolution Imaging and Spectroscopy of Exoplanets project (HiRISE; Vigan et al. 2018).

SPHERE offers a unique EXAO system (called SAXO; Fusco et al. 2006) that has demonstrated exquisite performance on-sky (Sauvage et al. 2014; Petit et al. 2014; Milli et al. 2017) and efficient coronagraphs (Cariblet et al. 2011; Guerri et al. 2011); its infrared arm covers the Y, J, H, and K bands. CRIRES+ is the fully refurbished and upgraded CRIRES spectrograph (Kaufl et al. 2004), operating in the Y, J, H, K, L, and M bands (0.9–5.3 μm) at R = 100 000 or R = 50 000 resolving power (for the 0.2″ and 0.4″ slits, respectively). It features three Hawaii-2RG 2k × 2k detectors and a cross-disperser for an increase in its simultaneous spectral coverage of up to tenfold.

The large overlap in terms of spectral coverage between SPHERE and CRIRES+ is a key advantage in particular in the H and K bands, which contain strong molecular features for CO, CH₄, H₂O, or NH₃. The high angular resolution and high-contrast capabilities of SPHERE at these wavelengths, combined with the high spectral resolution of CRIRES+, will provide a unique system capable of characterizing known directly imaged companions.

In this paper we present the expected performance of the HiRISE system. In Sect. 2 we present the full simulation model that we have developed to investigate the performance of the system. In Sect. 3 we quantify the S/N that can be expected on individual molecules for known planetary targets, and then in Sect. 4 we investigate the detection potential of HiRISE for the detection of companions that are below the detection threshold of current high-contrast instruments like SPHERE. In particular, we compare the expected performance between CRIRES+ in standalone mode with the combination SPHERE/HiRISE/CRIRES+ system. We further study the impact of different coronagraphic modes and the impact of measures that increase transmission. Finally, we present our conclusions and perspectives in Sect. 5.

2. Modeling the combination of HCI and HDS

To model the combination of a high-resolution imager and high spectral resolution spectrograph we parameterize and quantify the properties of the stellar and planetary sources, atmosphere, telescope, imager, spectrograph, and coupling system, which are all described in the following subsections. By using such a quantified approach with multiplicative transmission components we are able to easily study different configurations from the early design phase to the nearly finalized design. Generally, conservative values are taken when estimates are required. The full model is described in Sects. 2.1–2.8. At the end (Sect. 2.9), the different noise contributions are injected into the simulated planetary spectra, which are used in subsequent sections for performance estimation based on S/N calculations. The same procedure is used to describe CRIRES+ in standalone mode by not including the effect of SPHERE and HiRISE.

2.1. Stellar source

We model the star using a PHOENIX (Husser et al. 2013) model with a given effective temperature (T eff) and surface gravity (log g), metallicity [Fe/H] equal to solar metallicity, and no alpha enhancement (overabundance of He with respect to metallicity, [α/Fe]). First, we determine a flux scaling factor to rescale the model to the observed values for known stars so that we can accurately evaluate the number of photons per spectral channel for the planetary hosts. To determine this scaling factor, the model (which is sampled at R = 500 000 between 300 and 2500 nm) is interpolated on a regular grid with a wavelength step size of 1 Å from 0.6 μm to 30 μm. Photometric spectral energy distribution (SED) data points for the host star are obtained from the VOSA tool (Bayo et al. 2008; Skrutskie et al. 2006) in the 2MASS J, H, and K s bands. After integrating the flux of the
stellar model over the band pass of each of these filters using their response curve, we perform a least-squares fit to obtain the flux scaling factor. This flux rescaling factor is of the same order of magnitude as the geometric flux scaling factor \((d_{\text{radius}}/d_{\text{distance}})^2\), derived from the stellar radius \(d_{\text{radius}}\) and distance \(d_{\text{distance}}\). The former solution was chosen over the latter to be able to easily simulate targets of known observed magnitudes rather than known physical radius and distance. The observed spectrum of the star is finally obtained by interpolating the original spectrum to a spectrum resolution of \(R\), converting it to photons per units of time and rescaling it with the flux scaling parameter.

### 2.2. Planetary source

For the planet we use models generated using the one-dimensional radiative-convective equilibrium code ATMO 2020 (Phillips et al. 2020). The models are computed on a grid of self-consistent pressure–temperature profiles and chemical equilibrium abundances for a range of effective temperatures (800 to 2000 K) and gravities (3.5–5.5 dex). The line-by-line radiative transfer calculation in ATMO is then performed using these profiles and abundances as inputs to generate a high-resolution thermal emission spectrum. Separate spectral templates isolating the contribution of the specific molecules (\(\text{CH}_4\), \(\text{H}_2\text{O}\), \(\text{NH}_3\), \(\text{CO}\), \(\text{CO}_2\)) are also generated using a method similar to that described in Wang et al. (2017). The template for a given molecular absorber is the emission spectrum calculated by removing all opacities in the model atmosphere apart from the respective absorber and the absorption from \(\text{H}_2\text{–H}_2\) and \(\text{H}_2\text{–He}\) collisions. This allows the contributions to the thermal emission of dominant molecular absorbers such as \(\text{H}_2\text{O}\), \(\text{CO}\), and \(\text{CH}_4\) to be isolated. In total, ATMO 2020 contains 22 molecular and atomic opacity sources primarily originating from the ExoMol database (Tennyson et al. 2016), and the full model is described in Goyal et al. (2018) and Phillips et al. (2020). In this paper the non-equilibrium models produced with this code are used.

Similarly to the stellar model, the planetary model is first interpolated on a regular grid in wavelength and its flux is then integrated over the 2MASS filter band passes. We then use the interpolated on a regular grid in wavelength and its flux is then used to generate a high-resolution thermal emission spectrum. Separate spectral templates isolating the contribution of the specific molecules (\(\text{CH}_4\), \(\text{H}_2\text{O}\), \(\text{NH}_3\), \(\text{CO}\), \(\text{CO}_2\)) are also generated using a method similar to that described in Wang et al. (2017). The template for a given molecular absorber is the emission spectrum calculated by removing all opacities in the model atmosphere apart from the respective absorber and the absorption from \(\text{H}_2\text{–H}_2\) and \(\text{H}_2\text{–He}\) collisions. This allows the contributions to the thermal emission of dominant molecular absorbers such as \(\text{H}_2\text{O}\), \(\text{CO}\), and \(\text{CH}_4\) to be isolated. In total, ATMO 2020 contains 22 molecular and atomic opacity sources primarily originating from the ExoMol database (Tennyson et al. 2016), and the full model is described in Goyal et al. (2018) and Phillips et al. (2020). In this paper the non-equilibrium models produced with this code are used.

### 2.3. Atmospheric transmission and emission

For the transmission and emission components of Earth’s atmosphere we use the ESO SkyCalc models\(^\dagger\) (Noll et al. 2012; Jones et al. 2013). By default we use a precipitable water vapor (PWV) content of 2.5 mm and a seeing of 0.8″, which both represent median conditions at the Paranal observatory. We include all available transmission and emission terms except for instrumental radiation, which are handled separately in our model (see Sect. 2.8). We do not consider any variability of the sky lines over the course of the science exposure.

### 2.4. Telescope, ExAO and high-contrast imager: SPHERE

The transmission of the telescope and the SPHERE instrument up to the installation point of HiRISE in the IFS branch is taken from tabulated values available from the Phase B study of SPHERE, which was cross-checked on-sky (Dohlen et al. 2016; Beuzit et al. 2019). In that study, measurements of individual optical components were combined together with reasonable assumptions, when no measurements were available, to produce a wavelength-dependent transmission model. The telescope measurements were derived from reflection measurements for a single VLT mirror, which has a coating material made of aluminum. The study considers reflections on the telescope mirrors M1, M2, and M3 before entering SPHERE, so the single mirror reflection measurements are cubed and combined to have a nearly gray reflectance of \(\sim 80\%\). In addition to the reflectance of the mirrors, a flat 86\% transmission for the dust on the primary is assumed (again following the Phase B study of SPHERE’s transmission).

Within SPHERE, the IFS arm where HiRISE picks up the planetary light can be fed using the two dedicated IRDIFS dichroics: the DICH-\(\text{H}\) that reflects \(\text{H}\) band into IRDIS and transmits the \(\text{Y}\) and \(\text{J}\) bands into IFS as well as some of the \(\text{K}\) band, and the DICH-\(\text{K}\) that reflects \(\text{K}\) band into IRDIS and transmits the \(\text{Y}\), \(\text{J}\), and \(\text{H}\) bands into IFS. The transmission values for both dichroics were measured and provided by the manufacturer (CILAS, France) for the \(\text{Y}\), \(\text{J}\), and \(\text{H}\) bands. However, no measurements were provided in \(\text{K}\) band because the SPHERE IFS is not designed to observe in this band. Since the \(\text{YJH}\) measurements are a very good match with the theoretical curves of the coatings provided by the manufacturer CILAS, we use the theoretical transmission of the coatings in \(\text{K}\) band to supplement the \(\text{H}\)-band measurements. For HiRISE we use the existing SPHERE dichroics for the science observation, DICH-\(\text{K}\) for \(\text{H}\)-band observations, and DICH-\(\text{H}\) for \(\text{K}\)-band observations. The average common path instrument (CPI) transmission for the DICH-\(\text{K}\) dichro in \(\text{H}\) band is 47.3\%, while the average transmission of CPI using the DICH-\(\text{H}\) dichro in \(\text{K}\) band is 36.8\%.

### 2.5. HiRISE

HiRISE consists of a NIR single-mode fiber bundle with at least four science fibers, and injection and extraction optics that provide efficient coupling between SPHERE and CRIRES+ using a tracking system. Details of the proposed implementation are provided in other publications (Vigan et al. 2018; Vigan 2019).

#### 2.5.1. Fiber injection

The optics in the Fiber Injection Module (FIM) cause a reduction in transmission, predominantly due to Fresnel reflection on the surfaces. Here we assume a 2% loss per optical surface of the lenses and a 5% loss per optical surface for the dichroic following the design of the anti-reflection and dichroic coatings (Fresnel Institute, France). For six lenses, one mirror, and one

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\(^\dagger\) https://www.eso.org/observing/etc/skycalc/
dichroic in the injection optics, this results in a total transmission factor of $0.98^{1.1} \times 0.95^2 = 0.71$.

The fiber injection efficiency, or the amount of planet light that couples and propagates into the fiber, is dependent on the complex field of the PSF of the telescope including all upstream (amplitude and phase) aberrations. We evaluate the impact of the different aberrations on the coupling efficiency.

First, we use the Coronagraphs Python toolkit (N’Diaye, priv. comm.) to simulate the complex focal plane electric field ($E_i$) of the SPHERE PSF out to a radius of 2.45″, and with a pixel resolution of 12.25 mas, which corresponds to the Nyquist sampling of SPHERE at 0.95 μm. The simulation implements a realistic model of the SPHERE instrument based on several inputs: VLT pupil, ExAO residuals, non-common path aberrations (NCPA), amplitude aberrations, coronagraphic masks, and wavefront errors of the HiRISE injection optics. These values were derived from calibration measurements in SPHERE: imaging of the pupil for the amplitude maps, the Lyot stops, the coronagraphic masks, and ZEMAX wavefront sensor measurements for the NCPA (Vigan et al. 2019). For the FIM, wavefront errors derived by the optical design software ZEMAX were used. For the residual atmospheric wavefront error we generated a series of 20 uncorrelated residual atmospheric phase screens using a Fourier-based AO simulation code (Fusco et al. 2006) with parameters representative of the SPHERE ExAO system, median observing conditions, and a moderately bright AO star ($R = 5$). The three coronagraphic scenarios that we consider are the apodized-pupil Lyot Coronagraph (APLC; Soummer 2005; Carbillet et al. 2011; Guerri et al. 2011); the classical Lyot Coronagraph (CLC), implementable by not selecting the apodized pupil of the APLC; and a no-coronagraph option. All three of these options are available in SPHERE without hardware interventions and are therefore the only coronagraphs that are evaluated in this paper.

We then define the focal plane electric field for the fiber as the Gaussian $E_2 = e^{-\frac{(r^2)}{(2\sigma^2)}}$, with radius $r$ and $\sigma$ as the standard deviation of the radius. In practice, fibers are often defined with a mode field diameter equal to MFD = 2ωm, with $E_2 = e^{-\frac{(r^2)}{(\sigma^2)}}$. This means $\omega = \sqrt{2}\sigma$ and MFD = 2 $\sqrt{2}\sigma$. The corresponding intensity is given by $I = |E|^2$.

The fiber coupling efficiency represents how well the incoming wavefront projects onto the fundamental mode of the MFD. This can be calculated through an overlap integral with the two previous computed electric fields using the equation

$$\eta = \frac{\int |E_1|^2 E_2 dA}{\int |E_1|^2 dA \int |E_2|^2 dA},$$

(1)

where $\eta$ is the coupling efficiency, $E_1$ and $E_2$ are the complex electric fields, and the integral is taken over all pixels of the field $A$. This equation is identical to the coupling efficiency equations in Wagner & Tomlinson (1982) and Jovanovic et al. (2017).

The sigma value of the Gaussian needs to be critically sized in terms of the scale of the PSF ($\lambda/D$) to obtain an optimal coupling efficiency. We optimize the coupling efficiency for the parameter $\sigma$ to derive the optimal size of the instrumental PSF, and therefore focal ratio $F$ of the FIM at the fiber entrance plane. For a SPHERE-like pupil (14% secondary obscuration) we calculate, in a case without a coronagraph, that the optimally matching Gaussian has a $\sigma = 0.504 \lambda/D$. Using the APLC coronagraph this changes to the slightly smaller $\sigma = 0.493 \lambda/D$. We settle for an intermediate relation where $\sigma = 0.5 \lambda/D$ to cover both scenarios. While taking the relation between MFD and $\sigma$ into account, we calculate that to achieve the best average efficiency from 1.5 to 2.5 μm, considering the optimal MFD of the PSF and the factory-given MFD of the fiber, we need to provide a focal ratio $F = 3.3$ at the fiber. Details of the selected fibers are provided in Sect. 2.5.2.

The $F = 3.3$ design, while optimal for injection into the fiber, does not lead to a practical opto-mechanical design, so we explored the impact of using slightly higher values of $F$. We measure that the relative loss in coupling efficiency for $F = 3.4$ and $F = 3.5$ is respectively, 0.1–0.8 and 0.6–1.8 percentage points, depending on the coronagraphic mode, which we consider acceptable. We decided to settle on a final design with $F = 3.5$.

For the fraction of planet light that couples into the fiber, we calculate the coupling efficiency for SPHERE (APLC, CLC, and no coronagraph) from 1.5 to 2.5 μm with 20 decorrelated realizations of ExAO residuals generated with the AO code mentioned previously. To mimic an off-axis source (i.e., a planet) we use the complex PSF where the focal plane mask is not present. We extract the mean coupling efficiency and the average radial profile over the 20 realizations as a function of wavelength and use them for our simulator.

Figure 1 shows the coupling efficiency as a function of wavelength for the planet. The green line shows the coupling efficiency only using the SPHERE pupil amplitude, which includes amplitude aberrations measured directly by SPHERE. The blue line shows the coupling efficiency with simulated AO residuals added in. The lines in red additionally include the NCPA and HIRESI FIM wavefront error, and the effect of the coronagraphs. Due to the oversized spiders in the coronagraphic pupil stops, the coupling efficiency is significantly lower for the coronagraphic cases (CLC and APLC) than for the no-coronagraph case. The APLC mode gets higher coupling efficiency than the classical Lyot Coronagraph due to its apodized pupil optic that makes the PSF more Gaussian, which helps couple the light slightly more efficiently. Unfortunately, this increase in coupling efficiency is created by an amplitude mask in the pupil (apodized pupil) that blocks 57% of the incoming light, and therefore creates a major loss of photons that is not compensated by the increased coupling efficiency.

In Appendix B the dependence of the fiber injection efficiency on tip/tilt and lateral displacement in the focal plane is
shown. To remain at 99% and 95% of peak coupling efficiency a pointing accuracy of respectively 0.030 \lambda / D and 0.097 \lambda / D and a tilt accuracy of respectively 0.041 \lambda and 0.111 \lambda per \lambda / D (0.66 and 1.68° from normal incidence) is required for the non-coronagraphic case, which has the tightest tolerance.

As the planet lies in the speckle field surrounding the star, part of the starlight will also couple into the fiber at the location of the planet. To estimate this contamination, we recompute the overlap integral between the complex amplitude computed for the star in the two considered coronagraphic cases and non-coronagraphic case (E_2) and a Gaussian placed at each location in the simulated field of view (E_1). With this procedure we obtain a map that represents for each location in the field the fraction of starlight coupling into the fiber. For each PSF we also store the total flux with and without the coronagraphic mask and renormalize the coupling efficiency of the starlight with this ratio to get the coupling efficiency with respect to the total of incoming light (i.e., relative to the flux before the focal plane mask) instead of the total remaining light in the focal plane. The results are summarized in Figs. 2 and 3.

Figure 2 shows the fraction of starlight from the halo that couples into the fiber as a function of wavelength and for three selected angular separations (i.e., 0.245°, close to the inner working angle of the coronagraph where the stellar halo should dominate; 0.49°, an intermediate point; and 0.98°, where we expect the total flux to be dominated by the background). We see remarkably similar coupling of the stellar light at a level of about 10^{-5} for all three options. Only very close to the star with the non-coronagraphic option do we see an increase in coupling efficiency, and therefore additional contamination from starlight with respect to the two coronagraphic options. In radial contrast profiles there is a more pronounced difference in the stellar suppression between coronagraph types (more than an order of magnitude difference at a few diffraction widths away from the star; see also Appendix A for a comparison between raw contrast and the contrast achieved when sampling the PSF with a fiber). In Fig. 2, where the focal plane is sampled by a single-mode fiber, this difference in contrast between coronagraphic modes is less apparent. This shows that the halo features for all three coronagraph options couple almost equally well and therefore resemble a Gaussian mode to the same extent. This effect has been explored in more detail by the work of Por & Haffert (2020) and Haffert et al. (2020) who propose and optimize a combination of coronagraph and single-mode fibers that minimizes the amount of starlight coupled into the fiber. The difference in transmission and the inner working angles of the three coronagraphs are therefore important aspects to consider. As we show in Sect. 4.4, performance is strongly driven by the total transmission of the system, so gaining in coupling efficiency is less critical than maximizing photons in the first place.

For completeness we show in Fig. 3 two-dimensional maps of the coupling efficiency for both the star and the planet. The stellar map assumes an aligned coronagraphic focal plane mask and can be used to read off the amount of starlight that ends up in the fiber, which is valid beyond 100 mas from the center. The planetary map has no focal plane mask applied and can be used to read off the amount of planet light that ends up in the fiber. For example, the top plots are read off at a certain separation (~300 mas for \beta Pictoris b) to get the fraction of starlight coupling into the fiber (see Fig. 2 for more exact values). Instead, for the bottom plots a fiber that is well aligned on the planet will couple with the efficiency that is visible at position x = 0, y = 0 (see Fig. 1 for more exact values).

Most noticeable, spatially, is the widened diffraction spikes from the spiders of the coronagraphic masks, which has a strong impact on the coupling efficiency for the planet.

### 2.5.2. Fiber transmission and extraction

To carry the light from SPHERE to CRIRES+ with a clean PSF and therefore line-spread function on the spectrograph, we use single-mode fibers. Single-mode ZBLAN fibers manufactured by Le Verre Fluoré (LVF) are ideally suited to cover both H and K bands with the highest possible transmission. Best matches within their catalog are the fibers with a core diameter of 6.5 \mu m, which have a single-mode cutoff at 1.48 \mu m, and a MFD of 7.2 \mu m at \lambda = 1.5 \mu m and 12.67 \mu m at \lambda = 2.5 \mu m. While silica fibers designed for telecommunications could also satisfy the requirement of high transmission in H band very well, the ZBLAN fiber additionally enables observations in K band.

The fiber transmission of HiRISE is calculated from attenuation values provided by LVF for the selected SMF design and for a fiber length of 55 m. This distance is approximately equal
to that spanned by the UVES-FLAMES fiber connection on the
VLT-UT2 (Pasquini et al. 2002; FLAMES P103 user manual²),
which is similar to the setup that will be adopted for HiRISE.

To reduce manufacturing risks and to facilitate the installa-
tion of the fibers, the complete fiber assembly consists of three
pieces joined with connectors, with losses of approximately
0.15 dB per connector. We assume a 2% loss for reflection on
the input and output of the fiber.

The current design of the fiber extraction module (FEM) is
based on four lenses to re-image the fiber onto the CRIRES+
slit plane and to match the F-number expected by CRIRES+
at the entrance of the spectrograph (i.e., \( F = 15 \)) in a broad
wavelength range from \( V \) to \( K \) band. This allows the operation
of MACAO to keep the deformable mirror flat and provides high
efficiency at the slit. These additional optical surfaces, together
with the absorption in the medium of a heavy glass type required
for one lens, combine to give a transmission factor of 0.80.

### 2.6. CRIRES+ spectrograph

Our baseline is that the high-resolution spectrograph that is
used in combination with SPHERE is CRIRES+. CRIRES+ was
installed in UT3 in early 2020, upgraded with a cross-
dispenser to increase the bandwidth, and with new low-noise
detectors (Dorn et al. 2016). It provides a spectral resolution up
to \( R = 100,000 \) in six different bands (\( Y \) to \( M \)), although not
all bands are covered simultaneously. The bands of interest to
HiRISE, \( H \) and \( K \), are covered by four grating settings each to
provide 100% wavelength coverage of the bands. In practice, a
single setting will be used that covers approximately 68% of \( H \)
band and 52% of \( K \) band, with gaps in the spectrum due to the
way the three detectors cover the cross-dispersed orders.

The transmission of CRIRES+ was measured by its instru-
tment team during the integration phase in Europe. The slit-
independent transmission, but including the quantum efficiency
of the detectors, is approximately 20% in \( H \) and \( K \) band
(Seemann, priv. comm.). These values are approximate and sub-
ject to change; final values will only be available when the instru-
ment has been tested on-sky. Since they are currently the best
available estimation, we use them for our simulations.

The 120 \( \mu \text{m} \) \( 0.2" \)-wide, \( 10" \)-long slit spans 3.1 pixels in
width projected on the H2RG detectors. The read noise per pixel
is approximately 7 electrons per readout and the dark current is
0.028 electrons per second³, with a gain that is 2.1 electrons per
count. The dark current is scaled with the integration time and
converted to dark noise by taking the square root. We assume
that the light hits a 3.1 \( \times \) 3.1 pixel area on the detector, and there-
fore both the read noise and dark noise are scaled by a factor
of 3.1 to give a conservative estimate of the noise per resolution
element.

As we want to compare the combined HiRISE system with
CRIRES+ standalone (i.e., where the slit is placed across star
and planet, similar to Snellen et al. 2014) we determine the slit
efficiency for both instrument configurations. Slit efficiencies
were not included in the transmission measurement of CRIRES+
as the full slit was illuminated to be insensitive to these effects
for the measurement of the transmission. The slit losses are small
and constant with wavelength for HiRISE: the enclosed energy
diagrams of the optical design of the FEM indicate that more
than 93% of the incoming light goes through the slit. Any AO
degradation for HiRISE would translate into reduced fiber coupl-
ing efficiencies with unchanged slit losses.

This is in contrast to CRIRES+ used in standalone, where
slit losses are much higher and variable with seeing due to the
lower order AO system MACAO. Figure 4 shows the fraction of
enslitted light inside of the 0.2" slit, referred to as slit efficiency,
as a function of wavelength and for seeing values from 0.6" up
to 1.2", extracted from the P95 CRIRES exposure time calcula-
tor (ETC). We see that the slit efficiencies drop sharply with
increasing seeing. At a seeing of 1.2" the slit efficiency is almost
halved compared to 0.8". If we look at a similar seeing difference
for SPHERE we see a drop in Strehl, and therefore coupling effi-
ciency, of about 15%. As a cross-check for the CRIRES ETC
slit efficiencies we extracted the spatial profile at 2.3 \( \mu \text{m} \) from
the data of Snellen et al. (2014; program ID 292.C-5017) and
rotated this profile to get an artificial PSF. The enslaved energy
within a 0.2" artificial slit corresponds within a few percent to
the slit efficiency of the ETC at the same wavelength and DIMM
seeing. As the MACAO system of CRIRES+ has not been sig-
nificantly upgraded (and performance has to be revalidated on-
sky) we assume that the slit losses of CRIRES can be directly
used for our calculations of CRIRES+. In the remainder of the
present work we use the average seeing of 0.8" for CRIRES+ in
standalone, as for the SPHERE ExAO simulations presented in
Sect. 2.5.1.

Lastly, the PSF profiles of CRIRES+ are taken from the ETC
to simulate the strength of the stellar halo at the location of the
planet. The previously mentioned slit efficiencies (enslitted en-
ergy) determine which fraction of this stellar light falls into the
slit.

### 2.7. End-to-end transmission

Each transmission component is collected and multiplied to give
the total transmission of the combination of instruments. Aver-
aging over \( H \)- and \( K \)-band grating wavelength ranges we get the
values in Table 1. The total transmission in \( H \) and \( K \) band are
1.90% and 1.41%, respectively, for the non-coronagraphic case.
The corresponding breakdown of the transmission into multi-
ple components as a function of wavelength can be seen in
Fig. 5. In this figure we also see the impact of using two differ-
ent dichroics and the regimes over which they are optimal. The

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² [https://www.eso.org/sci/facilities/paranal/instruments/flames/doc/VLT-MAN-ESO-13700-2994_p103.pdf](https://www.eso.org/sci/facilities/paranal/instruments/flames/doc/VLT-MAN-ESO-13700-2994_p103.pdf)

³ [CRIRES+ forward simulator (CRIFORS):](https://github.com/ivh/crifors)
highest transmission is achieved by using CRIRES+ alone, which has an end-to-end transmission of 9.56% and 8.82% in $H$ and $K$ bands. Focusing on HiRISE, the highest transmission is seen in the non-coronagraphic mode, then the CLC mode which only has a pupil stop and focal plane mask, and the poorest transmission is seen for the APLC, which includes an additional apodizing pupil mask. The transmission differences are purely driven by the change in injection efficiency and the additional light blocking of the coronagraphic masks. Swapping the existing dichroic for a clear plate that conserves the beam path and optical path length will give 24% in $H$ and 58% in $K$ bands of additional light and is broken down in the upgrade column.
2.8. Background thermal radiation

The majority of the path of the full instrument combination is at an ambient temperature of about 14°C. Only inside of CRIRES+ is there a cryogenic vessel with the slit acting as a cold field stop. The slit sees the upstream thermal radiation, which comes from the re-imaging optics for the fiber extraction unit, the front surface of the fibers, and the thermal radiation transmitted from the SPHERE side. In the case of mirrors, the light that is not reflected is mostly absorbed so this directly gives us the emissivity of the mirror. In the case of lenses or dichroics, the light that is not transmitted is mostly reflected. The reflected paths look into the instrument, which is at ambient temperature, and so the emissivity is (1 – transmission) for these optical elements. The dominant thermal components will therefore be the poorest transmitting or reflecting optics that are at room temperature.

In the case of SPHERE and HiRISE this is the IRDIFS dichroic and the coronagraph optics. As the Lyot apodizer and the Lyot stop have a chromium mask, the fraction of light that is not transmitted is reflected and therefore it sees the surrounding warm surfaces. We assume that only the light that geometrically fits into the 6.5 µm core of the fiber and in the angular cone that is spanned by the numerical aperture can pass through the fiber.

On the CRIRES+ side, most of the optical path is cooled, but the fiber face can in the worst case be considered a half-open cylindrical cavity with emissive walls, and can therefore be considered to have strong emissivity and to be the dominant background source on the CRIRES+ side as seen from the cold slit. In our simulation we therefore implement SPHERE at an emissivity of 0.7, approximating the amount of light lost in the upstream branch, and the fiber-end at a very conservative emissivity of 1.0. For the SPHERE side we integrate background light over a circular surface with a diameter of 6.5 µm and a cone with a half-angle of arsin(0.17), derived from the F-number. For CRIRES+, a larger part of the face of the fiber is visible from the slit than just the core. The 120 µm slit width back-projected onto the fiber gives a width of 28 µm, which is used as the emitting surface. We also use a cone with a half-angle of arsin(0.17) as the emissive angular area. Using Helmholtz reciprocity, the surface area and the area in the cone are multiplied to give us the amount of light arriving at the slit, which corresponds to the thermal background radiation considered in the simulation.

2.9. Simulation of the final spectra

We use the source spectra scaled by the simulated detector integration time (DIT) and multiply them by all transmission factors down to the CRIRES+ detector, while the background light from the sky, SPHERE, and fiber are transmission-corrected from their respective locations of origin. The starlight, planet light, and atmospheric radiance are multiplied by the surface area of the telescope, which is 49.28 m², considering the 8 m telescope and 14% secondary obscuration and the width of each wavelength bin.

A science signal is made from the sum of the stellar halo, planet light, Earth’s atmospheric radiance, dark current, background from fiber and background from the SPHERE instrument as measured at the CRIRES+ detectors over each 3.1 × 3.1 pixel area. We also construct a reference signal that contains all the components except for the planet light, which in practice will be obtained using multiple reference fibers (4+) that sample the PSF, background, and sky at different locations in the focal plane. While speckles have a chromatic dependence, it is a low-order effect, which is suppressed by our high-pass filtering. The fibers sampling the PSF provide multiple references for the starlight. Additionally, a reference spectrum can be taken by putting the star on the science fiber. The detailed data analysis of the HiRISE data will be studies in future work. For each spectral bin of both the science and reference signal we draw from a Poisson distribution with its parameter \( \lambda \) as the total flux, and sum it with read noise drawn from a normal distribution. The final planetary spectrum to be analyzed is the difference between the science signal and the reference signal. For CRIRES+ standalone the impact of SPHERE and HiRISE is excluded from these calculations.

3. Performance for known targets

3.1. Simulations and signal-to-noise ratio estimation

The main scientific driver for the HiRISE project is the detailed characterization of known companions at small separations, where the detection and subsequent characterization of faint companions are typically limited by the stellar halo and by the high level of residuals after post-processing (e.g., Cantalloube et al. 2015). We first estimate the performance of the combination of SPHERE and CRIRES+ in this specific regime by simulating known exoplanetary systems and evaluating the S/N on particular species expected in their atmospheres.

The known systems that we evaluate in this section are HIP 65426 (Chauvin et al. 2017b), \( \beta \) Pictoris (Lagrange et al. 2009), PDS 70 (Kepler et al. 2018), and 51 Eridani (Macintosh et al. 2015). These targets are planets (in contrast to brown dwarfs), relatively close in angular separation to their star and visible from the VLT. Their assumed physical and observational properties are provided in Table 2.

The simulations for several instrumental configurations. First we consider CRIRES+ in standalone mode (i.e., without the HiRISE coupling). In this case only the telescope, atmosphere, and CRIRES+ transmission from Table 1 are considered in the simulation of the spectra. Then, for HiRISE we consider three different setups that include different types of coronagraphs: no coronagraph, APLC, and CLC. For the HiRISE simulations, the simulation of the spectra include the additional contributions in transmission from SPHERE, the FIM optics, the fiber coupling, and finally the FEM optics.

For this analysis we select the wavelength range available to each CRIRES+ grating setting, which we extracted from the CRIFORS simulator. Both the observed and comparison spectra are preprocessed by removing the low-order (continuum) through a high-pass filter using a fast Fourier transform, as commonly done. This filtering step can be skipped if the full SPHERE/HiRISE/CRIRES+ combination can be spectrally calibrated. The S/N of the cross-correlation is then calculated using the matched filter approach (Ruffio et al. 2017) where the maximum likelihood S/N is defined by

\[
S/N_i = \frac{\sum_k d_i m_{i,k}/\sigma_i^2}{\sqrt{\sum_k m_{i,k}^2/\sigma_i^2}}.
\]
where \(d_i\) is the high-pass filtered observed data, \(m_{\text{err}}\) is the high-pass filtered model shifted at radial velocity (RV) \(v\) and resampled at the same wavelengths as \(d_i\), and \(\sigma_i\) is the estimated noise of the data \(d_i\) (before the high-pass filter). The sums from \(i = 0\) to \(k\) are over each spectral data point. The calculation is repeated for a range of radial velocities \(v\) and the final \(S/N\) is evaluated at the input RV, which is equal to zero in the case of these simulations.

The noise in the data is derived by quadratically adding up all the known contributions of noise. In the case of the simulation the exact noise contributions are perfectly known, but the case with real data will have to be handled differently. In HIRES, in addition to the science fiber where the planet signal will be injected, we foresee the addition of reference fibers that will sample the stellar speckle field at locations around that of the planet. These reference signals will then be used in the data analysis for subtracting part of the stellar contribution and estimating the noise in the data.

As detailed in Sect. 2.6, CRIRES+ offers several grating settings that cover a full band in up to four distinct observations. An initial set of cross-correlations on all \(H\)- and \(K\)-band settings separately revealed that the \(S/N\) values do not vary much between grating settings for the models that we use, even when focusing on individual atmospheric species, presumably because the amount and the strength of the molecular lines that are covered do not change significantly between grating settings within the same band. Hereafter we therefore only consider \(H_{1-4}\) and \(K_{1-4}\) settings to accelerate calculations.

### 3.2. Performance as a function of exposure time

For a quantitative comparison of CRIRES+ standalone with HIRES, we first evaluate the expected \(S/N\) as a function of the exposure time for the brightest and faintest planets in our sample, namely \(\beta\) Pictoris b and 51 Eridani b. The simulated spectra are compared to both the noiseless input planet spectrum and to individual spectral templates for molecules expected in the atmospheres of the two planets. The results are plotted in Fig. 6 for the molecules that are expected a priori to have strong features, which are \(H_2O\) and CO for \(\beta\) Pictoris b and \(H_2O\), CO, and CH\(_4\) for 51 Eridani b.

We first look at the \(S/N\) computed when comparing the simulated spectra with the input noiseless planet spectrum. We see a clear increase in \(S/N\) as a function of integration time in all instrumental configurations. Indeed, \(\beta\) Pictoris b and 51 Eridani b have relatively bright host stars, \(H = 3.54\) and \(H = 4.77\), and are at very close angular separation from their host, 300 mas and 452 mas, respectively. Therefore, for both systems the noise is strongly dominated by the photon noise of the stellar halo, resulting in a slow increase of the \(S/N\) with exposure time. As we show in Sect. 3.3, the noise regime has a strong impact on performance.

In this comparison we also see that HIRES without coronagraph almost always provides a gain of at least a factor \(\geq 1.4\) in \(S/N\) with respect to CRIRES+. Assuming that the regime is indeed photon noise limited, this roughly translates to a gain of a factor of \(\geq 2\) in exposure time to reach the same \(S/N\). It is only at short exposure times (typically \(<100\) s) that in some cases CRIRES+ provides a better \(S/N\) than HIRES as the short integration times can put the systems in the read noise limited regime where higher transmission is more important. We note that for the \(\beta\) Pictor host star, HIRES without coronagraph can be surpassed by HIRES with coronagraph. We analyze the effect of the coronagraph in HIRES in more detail in Sect. 4.3.

The same results are observed when looking at individual molecules. We see that it is possible with HIRES without coronagraph to reach the same \(S/N\) in a fraction of the observing time as CRIRES+ reaches in one hour. For \(H_2O\) in \(H\) band we see that the same \(S/N\) achieved by CRIRES+ in 1 h of integration time is reached in only 1560 s with HIRES, corresponding to a factor of 2.3 gain, while for CO the same value as CRIRES+ is reached in only 300 s, corresponding to an even higher gain (a factor of 12). In \(K\) band, HIRES provides gains of approximately a factor of 11 for CO and no clear improvement for \(H_2O\).

\(CH_4\) is barely detected in the atmosphere of 51 Eridani b with CRIRES+ in the \(H\) band, while it appears to be easily detectable with HIRES provided typical exposure times of longer than a few hundred seconds. In \(K\) band the detection appears easier for CRIRES+, but even longer exposure times than in \(H\) band are required.

Interestingly, the \(S/N\) values reached for \(H_2O\) are very close to the values reached when comparing to the full input spectrum. \(H_2O\) is the dominant contributor in terms of spectral lines in the atmospheres of these planets, in \(H\) and in \(K\) band, so it has a higher weight in the matched filtering and therefore drives the final value of the \(S/N\). We also note that CO appears barely detectable in \(K\) band for 51 Eridani b, which is surprising considering the strong CO overtones starting at 2.29 \(\mu m\). This absence of detection is likely due to the instruments starting at 1.9–2.0 \(\mu m\) and to the general faintness of the planet in this band (\(K = 17.4\)).

We conclude that even though the global transmission of HIRES is low, it provides a significant gain of observing time

### Table 2. Planetary system parameters used as input for simulations.

| System | Star | Companion |
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3.3. Noise breakdown

The performance of HiRISE is strongly dependent on the noise regime in which the system is used, which itself depends on the brightness of the target that is observed. To illustrate the change in noise regime when using HiRISE, we show the square root of the mean of the variance within a certain band (the average noise per resolution element). In this simulation we consider the four planets presented in Sect. 3.1, which span a wide range of visual magnitudes in $H$ and $K$ band: β Pictoris b ($H = 13.5, K = 12.7$), PDS 70 b ($H = 17.9, K = 16.3$), HIP 65426 b ($H = 18, K = 16.8$), and 51 Eridani b ($H = 19.6, K = 17.4$). We generate spectra for the four targets and we extract the noise for each of the noise sources.

Figure 7 shows the average noise per resolution element for each noise contribution in the simulated spectra for CRIRES+ and HiRISE without coronagraph as a function of time. The figure demonstrates that for each planet observed with CRIRES+ one of the strongest dominating noise sources is the Poisson noise on the stellar halo, which is therefore the performance limiting factor, and any suppression of this noise will directly provide a gain in S/N.

When using SPHERE in combination with CRIRES+ the noise regime changes drastically. In most cases, even without a coronagraph, HiRISE suppresses the stellar halo to a point where, due to the reduced transmission, the noise terms that originate in the sensor become relatively more important and the stellar halo noise is no longer the dominant component. In $H$ band the dominant noise source becomes either dark noise, read noise or noise on the planet itself depending on the target brightness, separation, planet to star contrast and integration time. For the brightest stars like β Pictoris, the stellar halo in addition remains an important noise contributor. In $K$ band the dominant noise sources are read noise, dark noise and thermal noise from SPHERE, with in addition the stellar halo for the very brightest stars.

In general, after starlight suppression several noise terms are within one order of magnitude of each other. To avoid the read noise limited regime a detector integration time of at least 1 h integration time.

with respect to CRIRES+. The exact values provided in this section are model dependent and some molecules might be more pronounced in theory than seen in reality around these targets, but the order of magnitudes will hold whatever the model, as will the relative gains between HiRISE and CRIRES+. 

Fig. 6. Estimation of the S/N as a function of exposure time for the observation in $H$ and $K$ band of β Pictoris b (top rows) and 51 Eridani b (bottom rows) with CRIRES+ (blue lines) and HiRISE in different coronagraphic configurations: no coronagraph (red lines), APLC (green lines), and CLC (yellow lines). The S/N is computed with a matched filtering approach (see Sect. 3.1) comparing the simulated spectra with the noiseless input planet spectrum (Full spectrum column) and with noiseless spectral templates for molecules (H$_2$O, CO and CH$_4$). The vertical dotted lines indicate 1 h integration time.
We anticipate the discovery of more directly imaged (or imageable) planets in the near future. The current SPHERE GTO survey SHINE (Chauvin et al. 2017a) has discovered several potential planetary candidates at small angular separations that are difficult to confirm with current imaging capabilities (SHINE consortium, priv. comm.). Additionally, the ESA/Gaia mission (Gaia Collaboration 2016) is expected to release thousands of exoplanet candidates discovered through the astrometric method out to separations of 5 AU and distances of 500 pc (Perryman et al. 2014) in its final data release. Both categories of planetary candidates are found in regimes that are pushing the limits of what the current generation of direct imagers can do, but provide a crucial view on an unprobed range of parameter space (i.e., planets closer to their star, and older host stars).

It is therefore interesting to look at the expected performance of HiRISE as a planet discovery or confirmation instrument. With a sparse field of view of a few single resolution elements, HiRISE certainly cannot be used to blindly search for planetary companions. However, with prior knowledge of the location of a candidate, HiRISE can become a powerful confirmation instrument and provide important high spectral resolution data on confirmed companions.

In this section we compare the detection performance of HiRISE and CRIRES+ (Sect. 4.1) for unseen companions, in particular as a function of the stellar host brightness (Sect. 4.2). Then we study in more detail for HiRISE the impact of the coronagraph choice (Sect. 4.3) and of the overall transmission of the system (Sect. 4.4).

4.1. Detection performance

We determine detection limits for HiRISE and CRIRES+ standalone by simulating observed spectra for a grid of planets in a range of separations \(20 \leq r \leq 1000\,\text{mas}\) and contrasts (delta...
The results are presented in Fig. 8 with contours at fixed values of S/N for a bright host similar to β Pictoris (ASV, \( H = 3.5 \)) and a temperature of 1200 K. Additional results for a fainter host star similar to HIP 65426 (A2V, \( H = 6.9 \)) are provided in Appendix C. In this figure only the HiRISE non-coronagraphic setup is shown in comparison to CRIRES+ as it is the mode that provides the best performance and best inner working angle (see Sect. 4.3). As the noise breakdown has demonstrated, the S/N of CRIRES+ is dominated by the stellar halo at most separations. At separations larger than 1000 mas where the noise for HiRISE is dominated by read, dark and instrumental thermal noise (depending on the band), CRIRES+ logically provides better performance than HiRISE. Likewise, at separations below 50 mas where the stellar halo starts to dominate even for HiRISE and where the planet and source are effectively unresolved, the additional transmission of CRIRES+ beats the HiRISE non-coronagraphic mode, although in this case the RV signal of the planet needs to be probed in time to disentangle star and planet light and the exposure time sufficiently short to avoid saturation on the star. The behavior at small separations is similar for the faint \( H = 6.8 \) host (see Fig. C.1).

Even so, in the intermediate range from 50 mas up to several hundred mas (800 mas for both bright and faint) HiRISE provides a substantial gain in sensitivity. At 200 mas in the \( H \) band, there is a 1.3 mag gain in contrast at which an S/N of 5 is reached. Conversely, looking at the S/N at a contrast \( \Delta m = 15 \) and separation of 200 mas, we can get an increase in S/N of a factor of ~4, equivalent to a gain in observing efficiency of about 16 times. For the faint host star in \( H \) band we see a gain of 1.0 mag in contrast at 200 mas, and at \( \Delta m = 13.75 \) and a separation of 200 mas we see an increase in S/N of a factor 2.4, which translates into a gain in observing efficiency of a factor 5.8.

In \( K \) band around bright hosts, HiRISE narrowly outperforms CRIRES+ in a window between 400 and 650 mas, with a gain of 0.2 mag at 600 mas for an S/N of 5. For fainter host stars, the window disappears for planets at 1200 K. Despite the use of high-throughput fibers, the performance of HiRISE is clearly limited in \( K \) band with respect to CRIRES+ in standalone. At low overall throughput, the contribution of the thermal noise stays an important limitation, which cannot be compensated by the gain from ExAO and spatial filtering by the fiber.

With a planet temperature of 1700 K the highest gains seen in \( H \) and \( K \) band are 1.2 mag at 300 mas and 0.6 mag at 500 mas respectively for host stars as bright as β Pictoris. For fainter stars like HIP 65426 the highest gains seen at 200 mas are respectively 0.8 and 0.1 mag. The corresponding plots for these values are not shown but the numbers are provided as a reference.

4.2. Relation with apparent magnitude of host

The dependence of the performance on the host magnitude is an important parameter. To analyze how the performance varies with the host NIR magnitudes, we repeat the same S/N calculations as before, but vary the magnitude of the ASV host star in a range from 3 to 9. Figure 9 shows the contrast at which an S/N of 5 is reached for a two-hour integration time and a 1200 K companion, as a function of angular separation and host star magnitude. Again this comparison is between CRIRES+ and HiRISE without a coronagraph. This figure shows the trends previously identified, with HiRISE giving enhanced performance from separations of 50 mas to at least 400 mas in \( H \) band, even for hosts as faint as \( H = 8.5 \). For stars that are brighter than the above-mentioned magnitudes the outer limit extends beyond 400 mas, while the inner limit remains similar. For \( K \) band this region spans from about 400 mas to 700 mas for stars with \( K = 3.5 \), but even in this region the gain provided by HiRISE is extremely limited. At \( K = 4.5 \) the region becomes very narrow and the contrast improvement is only marginal. The gray dotted line shows where the performance of both instruments is equal and provides an overview of the regime that HiRISE should operate in (for the given simulation parameters), which is inward of this line.

For HIP 65426b we see that CRIRES+ has a small advantage over HiRISE in \( H \) band. With a separation of 830 mas and a moderately faint host star, the noise is initially dominated by the stellar halo but not as strongly as with candidates closer to the
star (see Sect. 3.3). This means that suppressing the stellar noise with SPHERE gives a small improvement, but with the additional transmission losses of HiRISE this unfortunately does not give a greater improvement in S/N or contrast after a given amount of exposure time. For PDS 70 b, which has an even fainter host star, this similarly means that while the noise is dominated by the stellar halo for CRiRES+ due to the small separation, the reduction of throughput gives only a small improvement in S/N.

These results still need a few words of caution regarding the adaptive optics performance. In the HiRISE simulations, the magnitude of the host star is not varied, so the same $R = 5$ value is assumed for all simulations. For fainter targets than $R = 10$, the ExAO correction decreases, which necessarily impacts the fiber injection efficiency, reducing even further the overall transmission of the system. However, the situation is probably even worse for CRiRES+, which features only a low-order AO system with a wavefront sensor in the visible and which starts losing performance around $R = 12$. While it is beyond the scope of this paper to analyze the full AO performance of the two instruments, it should be remembered that the performance of both HiRISE and CRiRES+ is decreased for faint host stars due to their respective AO systems.

4.3. Effect of the coronagraph

We showed in Sect. 3.2 that the best results for HiRISE are obtained without a coronagraph. This is somewhat counter-intuitive because, as we highlighted in Sect. 3.3, the importance of reducing the stellar halo and diffraction pattern is exactly the purpose of a coronagraph. However, this simple statement does
not factor in the reduced transmission induced by a coronagraph or its effect on the shape of the PSF.

In Fig. 10 we compare the HiRISE detection limits at 5σ and 30σ for the different coronagraphic modes, again for a two-hour integration time on a 1200 K planet around a β Pictoris-like host star. Additional results for a fainter host star similar to HIP 65426 (A2V, H = 6.9) are provided in Appendix C. Far away from the star, where dark noise, readout noise, and atmospheric noise dominate, the highest S/N is reached for the configuration with the highest transmission (i.e., without any type of coronagraph). Closer to the star, the optimal mode strongly depends on the brightness of the host. For a bright host the stellar halo remains a significant noise component close to the star, and therefore the extra starlight suppression provided by coronagraphs can further improve the S/N. Between 100 and 250 mas of separation, the CLC slightly outperforms the non-coronagraphic mode, although for the faintest planets with a contrast of 16 mag the APLC has a small advantage below 200 mas. Interestingly, the gain provided by the coronagraph is higher in K band, probably because of the improved stellar light rejection in this band thanks to a better correction of the turbulence and the stronger contribution of the halo due to the effective decrease in separation when expressed in λ/D. For a fainter host close to the star (Fig. C.2), the reduced transmission that goes hand in hand with the improved coronagraphic performance leads to a suboptimal result and the S/N is highest in H band with the non-coronagraphic mode of HiRISE.

We note that the APLC and the CLC both provide an improvement only at very small angular separations, typically below 200–250 mas where the Airy ring intensity is highest. Considering that the focal plane mask has a radius of ~90 mas, this leaves only a very narrow window where the use of a coronagraph with HiRISE provides a meaningful gain, although this is a region close to where we expect to find currently undiscovered planets. Moreover, the CLC almost always outperforms the APLC despite its much reduced diffraction suppression at small inner-working angles. This is largely due to the significant loss in transmission induced by the pupil apodizer that blocks 57% of the incoming light. The Gaussianization of the PSF induced by the apodizer in the APLC configuration leads to a slightly improved injection efficiency in the science fiber, but this gain is far outweighed by the loss of transmission, also caused by the apodizer. While the coronagraphic improvement is only seen in a limited range of angular separations, it enables us to choose an optimal coronagraph (among the types currently available in SPHERE) in an observing campaign and thereby to maximize the S/N for each target.

### 4.4. Effect of transmission

As previously hinted at in Fig. 7, the enhanced starlight suppression only makes an impact when the noise of the stellar halo is the dominant noise factor, in which case it improves the S/N by the inverse of the square root of the starlight suppression factor. Increasing the transmission will increase the S/N by the square root of the transmission as the signal increases linearly and the dominant noise source increases by a square root, unless the noise is dominated by readout or dark noise, in which case the S/N improvement will be linear. In any case, additional transmission allows us to be less limited by the other noise sources. It maximizes the effectiveness of the increased stellar suppression and is therefore a critical parameter to optimize.

To investigate the impact of transmission on HiRISE performance, we run the same simulations as in Sect. 4.1 to obtain S/N as a function of contrast and separation, but in this case we increase the transmission of the spectrograph (here CRIRES+) by a multiplicative factor to simulate the effect of transmission enhancement measures. We compare the gain in detection limit expressed in magnitudes for a 5σ detection for 2× and 3× transmission with respect to nominal transmission in Fig. 11. The figure shows a step-wise improvement in contrast limit within 2 h of integration with increased transmission of the spectrograph. Generally, we see that each increase in transmission increases the S/N by a factor of approximately 1.5 (close to $\sqrt{2}$). For the faintest objects where the dark and read noise are an important part of the total noise, a 2× increase in transmission gives an S/N increase of a factor 1.8, close to the factor 2 improvement that is expected when completely limited by read and dark noise. For both bright or faint hosts, in both H and K bands, there is an increase in contrast between 0.5 and 0.7 mag at all separations when the throughput is doubled.

The overall transmission is clearly a driving parameter of the performance of HiRISE, and of any system coupling high contrast imaging and high-resolution spectroscopy. While a specifically designed ExAO coronagraphic instrument with a fiber-fed high-resolution spectrograph would be able to achieve significant transmission improvements, it is interesting to look at options that could be implemented in existing instrumentation to gain in transmission. Whatever the coronagraph or spectrograph, small gains can be obtained by minimizing the number of optics and improving the efficiency of dichroic filters and anti-reflection coatings. Although these seem like minor contributors, they add up when considering many surfaces. For SPHERE, a more transmissive dichroic would give a 24% and 58% increase for H and K band respectively. If only the H band is considered for science, a small transmission increase a (~10%) gain can be achieved with respect to ZBLAN fibers by using standard telecom fibers made from fused silica, but in this case the K band is totally lost due to the poor performance of such fibers beyond 1.7–1.8 μm. Additionally, reducing the amount of fiber couplers in HiRISE would increase throughput with a gain of 3.5% per coupling.

From the coronagraphic and fiber injection point of view, the transmission can be significantly improved by reshaping...
the SPHERE PSF into a Gaussian using a PIAA-like beam shaper (Jovanovic et al. 2017). Contrary to the APLC, which uses an amplitude mask that blocks part of the incoming photons, the PIAA reshapes the beam using phase only, which does not induce any loss of photons. In theory, the fiber injection efficiency can be increased up to almost 100% with a PIAA. However, the PIAA requires very specific, hard-to-manufacture optics, which can be hard to retrofit into an existing instrument like SPHERE. An alternative option for benefiting from diffraction suppression without the use of loss-inducing amplitude masks is to use wavefront control to null any underlying speckle and create a dark hole at the known location of a companion. While this option will not increase the injection efficiency, it will largely decrease the level of stellar light at the location of the planet. Recent progress has been made in this direction in the SPHERE instrument with pair-wise probing and electric field conjugation to estimate and correct the remaining speckles (Potier et al. 2020).

Additionally, because of the compactness of the spectrograph, it could be directly installed next to the SPHERE instrument on the Nasmyth platform, therefore reducing the fiber length required to reach the spectrograph and all the associated losses.

5. Conclusion

The direct detection of exoplanets has stepped into a new era with dedicated high-contrast imagers like SPHERE, GPI, or SCExAO. However, their characterization is still in large part limited by the stellar photon noise, but CRIRES will be fundamentally limited by the stellar halo noise. HiRISE can overcome this limitation by significantly increasing the contrast through the extreme adaptive optics system and coronagraphs provided by SPHERE.

For the characterization of known companions in both H and K bands, we show that whatever the exposure time, HiRISE without coronagraph significantly outperforms CRIRES+ in terms of the time required to reach a given S/N. The observed gains are typically of factor of at least 2 in exposure time, but can reach a factor of more than 12 in some cases. While CRIRES+ observations are always limited by the stellar halo photon noise, the situation is very different for HiRISE once the diffraction has been suppressed with a coronagraph and because of the overall low transmission of the system. With HiRISE, most noise sources become very close to each other in terms of relative contribution to the complete noise budget. The final S/N reached by HiRISE is therefore very dependent on the noise regime in which the observations are done.

The detection limits that we derive demonstrate the full potential of HiRISE for companions located at separations between 50 and 800 mas around bright hosts. At 200 mas, the 5σ detection limit for HiRISE in H band is 1.3 mag deeper than for CRIRES+. Conversely, the S/N reached with HiRISE at a contrast of 15 mas is ~4 times higher than with CRIRES+, which roughly translates into a factor of 16 gain in observing efficiency in the stellar noise limited regime. In K band the HiRISE gains are marginal at best without throughput increasing measures due to the sub-optimal transmission in that band. Based on these simulations the use of K band cannot be realistically considered for implementation with the current instruments and would require profound changes to become attractive for HiRISE. We therefore conclude that the sweet spot for HiRISE is without any doubt the H band where it can provide a substantial gain with respect to CRIRES+. In this band, the gain of ExAO, the spatial filtering of the fiber, and the low thermal emission of the sky and instruments nicely counterbalance the low throughput of the entire coupling, providing good performance for the detection and characterization of companions.

We also investigate the impact of the stellar host magnitude. Our simulations reveal the optimal parameter space for HiRISE to be relatively wide in H band. In this band, CRIRES+ only starts to be competitive for faint hosts stars and at separations outward of ~400 mas. For brighter hosts and small separations, HiRISE is the best option, except inward of 50 mas. At such small separations, the two instruments are limited by the stellar photon noise, but CRIRES+ starts outperforming HiRISE because of its much higher transmission. Separating starlight from planet light would have to be done based on the planet’s RV diversity caused by the orbital motion. In K band, at a planet temperature of 1200 K the optimal parameter space for HiRISE is strongly reduced and only the brightest stars show a gain, again largely due to the low transmission.

Finally, we investigate the effect of the choice of coronagraph for HiRISE and the expected impact of increased transmission. These two aspects are tightly linked because the addition of a coronagraph can have a strong impact on the transmission. Generally, we find that the highest performance for HiRISE is reached without a coronagraph. Although the APLC makes the PSF slightly more Gaussian, which increases the coupling efficiency, this effect is counterbalanced by the loss of more than 50% of the incoming photons due to the pupil amplitude apodizer. In the end, the whole performance comes down to the overall transmission of the system. We simulate the impact of increasing the transmission of the high-resolution spectrograph, CRIRES+ in our case, by factors of 2 and 3. This change directly translates into a gain in S/N at all angular separations, both in H and K band. This gain factor in the S/N is equal to ~1.5 for a gain of a factor of 2 in transmission of just the spectrograph. This highlights the importance of maximizing the transmission throughout.
an modern post-processing techniques (Desidera et al. 2020; 
Hsurvey performed using coronagraphic imaging in the 
best detection limits from the SPHERE 
β star similar to 
not the main limitation. We illustrate this in Fig. 12 by compar-
ition limits at short angular separations, in particular for bright 
ttering with single-mode fibers, HiRISE 
2016). This is why the detailed characterization of more directly 
spectra (Öberg et al. 2011; Piso et al. 2015; Mordasini et al. 
(e.g., metallicity [Fe/H] or C/O ratio) which can be derived from 
spectra (Öberg et al. 2011; Piso et al. 2015; Mordasini et al. 
2016). This is why the detailed characterization of more directly 
detected planets at high spectral resolution (e.g., with HiRISE) 
is crucial.

Thanks to the powerful combination of ExAO and spatial fil-
ting with single-mode fibers, HiRISE offers very deep detect-
 limits at short angular separations, in particular for bright 
stars where the readout noise from the spectrograph detector is 
not the main limitation. We illustrate this in Fig. 12 by compar-
ing the HiRISE detection limits around a bright nearby young 
star similar to β Pictoris (H = 3.5, 19 pc, 20 Myr) with the 20% 
best detection limits from the SPHERE/SHINE direct imaging 
survey performed using coronagraphic imaging in the H band 
and modern post-processing techniques (Desidera et al. 2020; 
Langlois et al., in prep.; Vigan et al. 2021). The gain brought by 
ExAO, spatial-filtering, and high spectral resolution is clearly 
visible in the 50–500 mas range, where HiRISE outperforms 
SPHERE by several magnitudes. It is not a completely fair com-
parison, however, because HiRISE cannot be used a priori for 
planet searches since it samples only a few sparse spatial res-
olution elements. It nonetheless illustrates that there is a major 
potential for the characterization of companions that cannot be 
seen directly with SPHERE, but could potentially be detected 
with other techniques.

In this context, it makes sense to compare the detection limit-
its with the outputs of state-of-the-art population synthesis mod-
els that predict the expected population of planets that could 
be formed around nearby stars. We overplot in Fig. 12 the 
output of population IG76 from the new generation planetary 
population synthesis (NGPPS) model from Bern (Mordasini 
2018; Emsenhuber et al. 2020a,b). In this plot we assume a 
β Pictoris analog (A5, 19 pc, 20 Myr). The brightness of the 
planets in the H band is directly translated into contrast assuming a H = 3.5 mag for the star.

These synthetic populations only provide a statistical vision of 
the population of giant exoplanets expected around nearby stars, 
but they are interesting because they can assess a discovery 
potential. Assuming favorable inclinations for the systems, we 
see in Fig. 12 that some planets would clearly be within reach 
of HiRISE for detailed spectral characterization. Unless the 
SPHERE instrument undergoes a major upgrade (e.g., Boccaletti 
et al. 2020), these planets are currently not directly detectable. 
However, some of them could potentially be detectable by the 
ESA/Gaia survey (Gaia Collaboration 2016, 2018) in its ulti-
mate data release a few years from now. The final detection lim-
its of Gaia are not yet known and will strongly dependent on 
it final astrometric accuracy (e.g., Lindegren et al. 2018), 
but it is reasonable to assume that a few detections can be expected 
around young nearby stars. Although astrometry by itself is not 
sufficient to know exactly where the planet is located, and there-
fore where to place the HiRISE fiber, a combination of RV with 
astrometry would easily break any remaining degeneracy for 
giant planets (e.g., Brandt et al. 2019). This would open a huge 
potential for confirmation and characterization with HiRISE of 
objects that would otherwise remain unreachable by SPHERE.

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Appendix A: Contrast

**Fig. A.1.** Radial profile of the coronagraphic PSF normalized to the peak flux of the PSF obtained when the coronagraphic focal plane mask is removed (raw). Overplotted is the radial profile of the coronagraphic fiber efficiency normalized to the maximum fiber efficiency without the coronagraphic mask (fiber). Evaluated at a wavelength of 1.6 µm.

In Fig. A.1 we show the raw contrast plotted together with a rescaled version of the fiber injection efficiency. We divided the fiber injection efficiency as calculated in Sect. 2.5.1 by the peak efficiency without the focal plane mask. This scaling allows us to directly compare the two methods. Without a coronagraph we see a small improvement in the contrast at the location of the airy rings. With the LC this is approximately equal and with the APLC we see a slight reduction in contrast with respect to the raw PSF.

Appendix B: Fiber injection efficiency tolerances

**Fig. B.1.** Coupling efficiency as a function of displacement between the PSF core and the Gaussian mode of the fiber. Evaluated at a wavelength of 1.6 µm for three different coronagraph options.

The fiber injection efficiency strongly depends on the offset and tilt of the PSF with respect to the Gaussian mode of the fiber. Therefore, we simulate the effect of a tilt and a shift separately to put tolerances on these values. The lateral shift of the PSF is simulated by translating the Gaussian and redoing the calculation described in Sect. 2.5.1. The tilt is simulated by adding a phase gradient on top of the PSF. A pupil shift of one pupil diameter \( D \) has the effect of creating a tilt of \( 2\pi \), or one wave over 1 \( \lambda/D \). With the \( F \)-number used by our setup, this value translates into a tilt of the fiber of \( \tan^{-1}(1/3.5) = 15.95^\circ \) away from the normal.

We also note that for ExAO guide-star magnitudes beyond \( R = 10 \), the increase in residual ExAO wavefront error (WFE) leads to a related decrease in the coupling efficiency that is, by approximation, linearly proportional to the Strehl ratio of the AO correction (\( -e^{-\sigma_{\text{WFE}}^2} \)), where \( \sigma_{\text{WFE}} \) is the standard deviation of the residual WFE.
Appendix C: Contrast curves

The plots in this section show the same detection limits presented in Sects. 4.1 and 4.3, but for a fainter host star similar to HIP 65426 ($H = 18$, $K = 16.8$).

**Fig. C.1.** Signal-to-noise ratio as a function of contrast ($\Delta m$) and separation for HiRISE without a coronagraph (red contour lines) and CRIRES+ standalone (black contour lines). The simulation is performed for a HIP 65426-like host star with a 1200 K planet and 2 h of integration time. The S/N is computed with a matched filtering approach (see Sect. 3.1) comparing the simulated spectra with the noiseless input planet spectrum. For this combination of parameters the S/N inward of 200–300 mas is dominated by the noise on the stellar halo. Outside of 200–300 mas it is limited by dark and read noise.

**Fig. C.2.** Signal-to-noise ratio as a function of contrast ($\Delta m$) and log-scaled separation for HiRISE without a coronagraph (blue lines), with an APLC (orange lines), and with a CLC (green lines). The simulation is performed for a HIP 65426-like host star with a 1200 K planet and 2 h of integration time. S/N values below the inner working angle radius of 92.5 mas have been suppressed for the two modes using the focal plane mask. The S/N is computed with a matched filtering approach (see Sect. 3.1) comparing the simulated spectra with the noiseless input planet spectrum. The known planet HIP 65246 b is indicated by a blue box.