Analysis of Suppressor and Non-Suppressor FOXP3+ T Cells in HIV-1-Infected Patients

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Abstract

Recently, it was shown that peripheral blood FOXP3+CD4+ T cells are composed of three phenotypic and functionally distinct subpopulations. Two of them having in vitro suppressive effects were characterized as resting Treg cells (rTregs) and activated Treg cells (aTregs). A third subset, identified as FOXP3+ non-Tregs, does not display any suppressor activity and produce high levels of Th1 and Th17 cytokines upon stimulation. In the present study we focus on the characteristics of these three subsets of FOXP3+CD4+ T cells in untreated HIV-1-infected patients. We found that the absolute counts of rTregs, aTregs and FOXP3+ non-Tregs were reduced in HIV-1 patients compared with healthy donors. The relative frequency of rTregs and aTregs was similar in HIV-1 patients and healthy donors, while the frequency of FOXP3+ non-Tregs was significantly higher in HIV-1 patients, reaching a maximum in those patients with the lower values of CD4 counts. Contrasting with the observations made in FOXP3+ CD4+ T cells, we did not find a negative correlation between the number of rTregs, aTregs or FOXP3+ non-Tregs and virus load. Studies performed with either whole PBMCs or sorted aTregs and FOXP3+ non-Tregs showed that these two populations of FOXP3+ T cells were highly permissive to HIV-1 infection. Upon infection, FOXP3+ non-Tregs markedly down-regulates its capacity to produce Th1 and Th17 cytokines, however, they retain the ability to produce substantial amounts of Th2 cytokines. This suggests that FOXP3+ non-Tregs might contribute to the polarization of CD4+ T cells into a Th2 profile, predictive of a poor outcome of HIV-1-infected patients.

Introduction

Regulatory T cells (Tregs) have been characterized as CD4+ T cells expressing CD25 and FOXP3 and very low amounts of CD127, which excludes naïve and memory conventional T cells [1,2,3,4]. It was recently reported that FOXP3+CD4+ T cells include three phenotypic and functionally distinct cellular subpopulations; two of them having in vitro suppressive activity were characterized as resting Treg cells (rTregs) or FOXP3highCD45RA- cells and activated Tregs (aTregs) or FOXP3highCD45RA+ cells. A third subset of FOXP3highCD45RA- cells was found to be a cytokine-secreting cell population without suppressor activity, and was identified as FOXP3+ non-Tregs [5].

HIV-1 infection is associated with a progressive loss of CD4+ T cells and immune hyperactivation [6,7]. FOXP3+ Tregs are able to control excessive immune activation, limiting tissue damage, and suppressing antigen-specific immune responses against pathogens [8,9]. A large number of reports have analyzed the presence and function of Tregs in HIV-1-infected patients [10,11,12,13,14,15,16]. However, these reports have assumed that all FOXP3+CD4+ T cells display a suppressor phenotype which leads to a misunderstanding about the role of regulatory T cells in the pathogenesis of HIV-1 infection. The present study was designed to examine the different behaviors of FOXP3+ Tregs, and FOXP3+ non-Tregs in HIV-1-infected patients.

Materials and Methods

Study Participants

The study included 55 adult untreated HIV-1-infected patients and 27 adult uninfected individuals. HIV-1-infected patients were recruited from the AIDS National Center and from the Division of Infectious Diseases, Clinical Hospital, School of Medicine, Buenos Aires University, after giving written informed consent. Characteristics of the patient cohort are shown in Table 1. Ethical approval for this study was from the Institutional Ethics Committee (Clinical Hospital, School of Medicine, Buenos Aires) in accordance with the Declaration of Helsinki. All patients were negative for serological markers of concomitant chronic hepatitis B or C infection. To avoid Treg cells variation during the menstrual cycle [17], we only recruited age-matched male patients and controls. Blood samples were collected in EDTA tubes, and PBMCs were isolated through a Ficoll-Hypaque (Amersham) density gradient.
centrifugation. Quantitative determination of leukocytes was performed in a Coulter STKS hematologic analyzer (Diamond Diagnostics). Plasma viral loads (VL) were measured by the HIV-1 Amplicor Monitor Ultra sensitive method (Roche) with a lower limit of detection of 50 RNA copies/mL.

**Cell Sorting**

CD4+ T cells were purified by negative selection by using CD4+ T cell MACS beads (Miltenyi Biotec), following manufacturer’s instructions. The different subsets of FOXP3+ T cells were isolated as live cells as previously described [5] by staining purified CD4+ T cells with anti-CD4 PerCP, anti-CD25 PE and anti-CD45RA FITC antibodies (all from BD Biosciences) and sorted with a FACSAria II flow cytometer (Becton Dickinson), yielding five populations: CD25+CD45RA+ (rTregs), CD25highCD45RA- (aTregs), CD25lowCD45RA- (FOXP3+ non-Tregs), CD25-CD45RA+ (naive) and CD25-CD45RA- (memory). Cells were collected into RPMI 1640 medium (Hyclone) plus 50% heat-inactivated fetal calf serum and washed once for further studies. The purity of each sorted population was higher than 98% in all the experiments. After isolation, the expression of FOXP3 in sorted cells was analyzed in each population by flow cytometry. FOXP3 was detected in 90% of aTregs and 80% of either rTregs or FOXP3+ non-Tregs. By contrast, only marginal

**Table 1.** Characteristics of the cohort of healthy donors and HIV-1-infected patients included in the study.

|                | HD                  | HIV-1               |              |              |
|----------------|---------------------|---------------------|--------------|--------------|
|                | All HIV-1           | High CD4            | Low CD4      |
| n              | 27                  | 35                  | 35           | 20           |
| Age (years)²   | 38 (21–60)          | 35 (21–65)          | 38 (21–65)   | 36 (21–60)   |
| CD4 count (cell/µl)¹ | 965 (951–987)       | 404 (273–530)       | 478 (426–573) | 239 (135–297) |
| Viral Load (Log10 cp/mL)² | N/A                 | 4.4 (4.1–4.7)       | 4.2 (3.9–4.7) | 4.6 (4.4–4.8) |

²Data represents the median (IQR). Only male healthy donors and HIV-1-infected patients were included in this study.

***p<0.001, N/A = not applicable. P values were determined by comparison with healthy donors (except VL that shows differences between the High and Low group). The Mann-Whitney test was used to compare two groups and Kruskal-Wallis test followed by Dunn multiple comparison post test was used to compare three groups.

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The purity of each sorted population was higher than 98% in all the experiments. After isolation, the expression of FOXP3 in sorted cells was analyzed in each population by flow cytometry. FOXP3 was detected in >90% of aTregs and >80% of either rTregs or FOXP3+ non-Tregs. By contrast, only marginal

![Image of flow cytometry](image1.png)

**Figure 1. Identification of rTregs, aTregs, and FOXP3+ non-Tregs in healthy donors by flow cytometry.** Ai. Based on the expression of CD45RA and FOXP3, five subsets of CD4+ T cells are defined: FOXP3lowCD45RA+ (rTregs), FOXP3highCD45RA- (aTregs), FOXP3lowCD45RA- (memory T cells). Representative dot plots of CD45RA and FOXP3 expression on CD4+ T cells performed on PBMCs (n = 27). Aii. Representative histograms showing the expression of the proliferation marker Ki-67 for each cellular population defined in Ai. Bi. Representative dot plot of CD45RA and FOXP3 expression on CD4+ T cells performed on PBMCs activated during three days by using anti-CD3/CD28 antibodies. Bii. Representative histograms showing the expression of the proliferation marker Ki-67 for each cellular population, after activation during three days with anti-CD3/CD28 antibodies. C. Histograms showing the expression of CD127 for each cellular subset. Aii, Bi, Bii, and C: data are representative of six independent experiments.

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FOXP3+ T Cells and HIV-1

A

Before sorting

CD4

After sorting

CD38

CD25

rTregs

aTregs

FOXP3+

non-Tregs

Naive

Memory

B

Allogeneic response

3 H-Tdr uptake (cpm)

Autologous response

Control

rTreg

aTreg

+ FOXP3+ non-Treg

C

IFN-γ

IL-2

IL-17

IL-13

IL-5

TNF-α

IL-8

MIP-1β

GM-CSF

pg/ml

pg/ml

pg/ml

pg/ml

pg/ml

pg/ml
expressed as the mean

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purified from PBMCs by cell sorting. Then, they were stimulated by PMA/ionomycin for 5 h, and the supernatants were harvested. The results are

expression of FOXP3 (<0.5%) was detected in conventional naive and memory T cells.

**FACS Analysis**

FRESHLY isolated or in vitro cultured cells were stained with anti-CD4 (-PerCP or -APC), anti-CD25 (-PE or -FITC), anti-CD45RA (-PE-Cy7 or -FITC), anti-CD127 (-PE), anti-CD195 (anti-CCR5-APC), anti-CD104 (anti-CXCRII-PE), or anti-FOXP3 (-PE or -Alexa Fluor 488) antibodies (all from BD Biosciences). Data were acquired using a FACS Aria II (Becton Dickinson) and analyzed with FlowJo software.

**Suppression Assay**

The suppressive capacity of each fraction of cells purified by cell sorting was assayed as described [17]. In brief, 3×10⁴ purified naive T cells were cultured with autologous APCs (3×10⁴ cells, obtained from CD3-depleted PBMCs; Dynal Biotech) and 3×10⁴ cells from each sorted fraction: autologous rTregs, aTregs and FOXP3- non-Tregs. Cells were stimulated with mycotoxin-treated autologous PBMCs (3×10⁴), and cultured in a 96-well round-bottom plate for 5 days. Cell proliferation was measured by [³H] thymidine uptake (Perkin Elmer Life).

**HIV-1 Stocks**

Viruses were obtained from the AIDS Research and Reference Reagent Program (NIH), CCR5-using HIV-1 BaL was grown on IL-2 (10 U/ml; R&D Systems) plus PHA (10 µg/ml)-stimulated PBMCs. CXCR4-using HIV-1 IIIB was obtained from H9HTLV-IIIB supernatants. The viruses were concentrated by ultracentrifugation at 28,000 rpm for 90 min at 4°C (Beckman Instruments) and the virus pellet was suspended in RPMI 1640 medium. Levels of p24 antigen were determined by ELISA (Biomerieux), and virus input into assays was a function of p24 antigen concentration.

**Infection Assays**

Whole PBMCs or the five populations of CD4⁵ T cells purified by cell sorting as described above (rTregs, aTregs, FOXP3⁺ non-Tregs, naive and memory T cells), were activated with PHA (10 µg/ml) for 2 days and then infected with HIV-1 BaL or HIV-1 IIIB at different MOI during 90 min at 37°C. Cells were washed twice and cultured for 9 days in 96-well flat-bottom plates in 200 µl of culture medium supplemented with IL-2 (20 ng/ml). Supernatants and cells were collected at different time points post-infection. The quantification of p24 antigen in the supernatants was performed by ELISA (sensitivity limit of 5.9 pg/ml; Biomérieux). Intracellular p24 antigen was evaluated by flow cytometry using the KC57-FITC antibody (Beckman-Coulter). Uninfected cells were used as controls. Data acquired using a FACS Aria II were analyzed with FlowJo software.

**Quantification of Cytokines in Cell Supernatants**

The five different subsets of CD4⁺ T cells were sorted and stimulated for 5 h with PMA (50 ng/ml)/ionomycin (1 µg/ml). The concentrations of cytokines in cell-free supernatants were quantified according to the manufacturer’s instructions using the Bio-PlexTM 200 system (Bio-Rad). In some experiments sorted FOXP3⁺ non-Tregs were activated by PHA (10 µg/ml) for 2 days. Then, cells were infected by HIV-1 and cultured for 9 days. After this period, cells were re-stimulated by PMA/ionomycin, and the production of cytokines was analyzed in cell supernatants after 5 h of incubation.

**Statistical Analysis**

Statistical analyses were performed using GraphPad Prism software. Two groups were compared using the non-parametric Mann-Whitney test and three or more groups were compared using the Kruskal-Wallis test followed by Dunn multiple comparison test. Spearman’s test was used to analyze correlations.

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**Table 2. Comparison of the frequency and the number of FOXP3⁺ Tregs, FOXP3⁺ non-Tregs and FOXP3⁺ naive and memory T cells in healthy donors and HIV-1-infected patients.**

|          | HD | HIV-1 |
|----------|----|-------|
|          | All HIV-1 | High CD4 | Low CD4 |
|          | n 27 | n 35 | n 35 | n 20 |
| rTregs (%) | 1.7±0.1 | 2±0.2 ** | 2.1±0.3 ** | 1.7±0.3 ** |
| rTregs (cells/µl) | 17±1 | 8±1 ** | 10±1 ** | 4±1 ** |
| aTregs (%) | 0.6±0.1 | 0.9±0.13 NS | 0.8±0.1 NS | 1.2±0.3 NS |
| aTregs (cells/µl) | 6±1 | 3±0.2 NS | 3±0.3 NS | 2±1 *** |
| FOXP3⁺ non-Tregs (%) | 3.3±0.2 | 6±0.5 *** | 4.5±0.3 * | 8.5±1.2 *** |
| FOXP3⁺ non-Tregs (cells/µl) | 33±2 | 19±1.2 *** | 22±2.7 *** | 14±2 *** |
| Naive (%) | 43.3±2.3 | 31.9±1.5 *** | 31.1±1.8 * | 26.3±2.2 *** |
| Naive (cells/µl) | 418±7 | 132±13 *** | 170±14 *** | 62±9 *** |
| Memory (%) | 43.1±2.6 | 53.9±1.8 *** | 53.5±2.3 *** | 54.7±2.8 *** |
| Memory (cells/µl) | 433±26 | 212±15 *** | 269±16 *** | 11±11 *** |

Data are expressed as % of all CD4⁺ T cells. 
*The absolute number for each cell fraction (see Figure 1A), is expressed as cells/µl.
*p<0.05,
**p<0.01,
***p<0.0001.
*NS, not significant.

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between the absolute number of cells and CD4 count or VL. A p value <0.05 was considered statistically significant.

Results and Discussion

Functional Analysis of the Different Populations of FOXP3+CD4+ T Cells in Healthy Donors

The different subsets of FOXP3+CD4+ T cells (rTregs, aTregs, and FOXP3- non-Tregs) and FOXP3-CD4+ T cells (naive and memory), were analyzed following staining of PBMCs with the combination of anti-CD4, anti-CD45RA and anti-FOXP3 antibodies proposed by Miyara et al. [5]. Representative dot plots showing the three populations of FOXP3+CD4+ T cells are shown in Fig. 1Aiii. The proliferative status of each subpopulation was then assessed by measuring the expression of Ki-67, which is expressed at higher levels in proliferating cells. In agreement with the observations reported by Miyara and coworkers [5] we found that at the steady state Ki-67 was detected in almost half of aTregs, but hardly detected in rTregs and FOXP3- non-Tregs (Fig. 1Aiv). After 72 h-stimulation with anti-CD3/CD28 antibodies most aTregs and almost half of the FOXP3- non-Tregs were actively proliferating. A low proliferative response was still detected in rTregs (Fig. 1B). As expected, the different subsets of FOXP3+ Tregs and FOXP3- non-Tregs, but not naive or memory T cells, were mostly negative for the expression of CD127 (α chain of the interleukin 7 receptor) (Fig. 1C). From these experiments, we conclude that the three populations of FOXP3+CD4+ T cells are not anergic and can proliferate in response to activating stimuli.

It has been shown [5] that the three populations of peripheral blood FOXP3+CD4+ T cells can be distinctly separated by the

Figure 3. Analysis of the correlation between each T cell subset and the total counts of CD4+ T cells or the virus load. A. A positive correlation between the absolute number of CD4+ T cells and the absolute number of each T cell subset is observed in both HD and HIV-1 patients, except in the aTreg subset in the cohort of HIV-1-infected patients (HD, n = 27; All HIV-1, n = 55; Spearman correlation test). B. A negative correlation between FOXP3- naive and memory T cells and viral load that was not observed for the three populations of FOXP3+ T cells (Spearman correlation test). * p<0.05, ** p<0.01, *** p<0.0001, NS = not significant.

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Figure 4. Susceptibility of FOXP3+ T cells to HIV-1 infection. A and B. PBMCs were stained with anti-CD4, anti-CD45RA, anti-FOXP3, and anti-CXCR4 or anti-CCR5 antibodies, and the expression of each HIV-co-receptor was analyzed in rTregs, aTregs, FOXP3+ non-Tregs, naive, and memory T cells. Kruskall-Wallis test followed by Dunn multiple comparison post test (n = 5), * p < 0.05, ** p < 0.01, *** p < 0.001. NS = not significant. C and D. PBMCs were activated with PHA for 2 days and cultured in medium supplemented with IL-2. Cells were then infected with CCR5-using HIV-1 BaL (C) or CXCR4-using HIV-1 IIIB (D). The infection was quantified at day 3, 6 or 9 post-infection by measuring the expression of intracellular p24 by flow cytometry in each of the five populations of CD4+ T cells. Dot-plots (side scatter profile vs p24 antigen) from a representative experiment are shown in the left panels of (C) and (D). The percentages of positive cells for p24 expression are shown at the bottom right boxes. The mean ± SEM of 5 experiments are shown in the right panels of (C) and (D). The infection was quantified at day 3, 6 or 9 post-infection by measuring the expression of intracellular p24 by flow cytometry in each of the five populations of CD4+ T cells. Dot-plots (side scatter profile vs p24 antigen) from a representative experiment are shown in the left panels of (C) and (D). The percentages of positive cells for p24 expression are shown at the bottom right boxes. The mean ± SEM of 6 experiments are shown in the right panels of (C) and (D). E. The five populations of sorted CD4+ T cells were activated with PHA for 2 days and then infected with HIV-1 BaL. The levels of p24 antigen in cell supernatants were measured at 3 and 9 days post-infection by ELISA. Results are the mean ± SEM of 5 experiments.

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Figure 5. Effect of HIV-1 infection on the production of Th1, Th17, and Th2 cytokines by FOXP3+ non-Tregs. The cell sorting strategy to obtain FOXP3+ non-Tregs from HD was described in Figure 2. Sorted FOXP3+ non-Tregs from HD were activated with PHA for 2 days and then infected with CCR5-using HIV-1 BaL. At day 9, cells were re-stimulated with PMA/iono for 5 h, and the production of cytokines was evaluated in cell supernatants by using a Bioplex system. Results are the mean ± SEM of 5 independent experiments. * p < 0.05, NS = not significant.
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be clearly discriminated from FOXP3+ Tregs. In this regard, it should be emphasized that FOXP3+ non-Tregs represent the large subset of FOXP3+CD4+ T cells in the peripheral blood of either HD or HIV-1-infected patients.

We also analyzed the correlation between the absolute counts of all three populations of FOXP3+CD4+ T cells with CD4+ T cell numbers. We found a positive correlation between rTregs and CD4+ T cell counts. However, we did not found any correlation between aTregs and CD4+ T cells (Fig. 3A). This lack of correlation might be reflecting that the mechanisms regulating the homeostasis of aTregs in the peripheral blood of HIV-1 infected patients differ from the other populations of CD4+ T cells. As expected, the number of FOXP3- naive and memory T cells significantly correlated with CD4+ counts. Moreover, when analyzing the correlation between the three populations of FOXP3+CD4+ T cells and the viral load we found no correlation, suggesting that the viral load is not under the regulation of FOXP3+CD4+ T cells. Finally, as widely reported, the number of naive and memory T cells correlate inversely with the viral load, (Fig. 3B).

**aTregs, and FOXP3+ non-Tregs Cells Show a High Susceptibility to HIV-1 Infection**

No previous studies have analyzed the susceptibility of FOXP3+ Tregs and FOXP3+ non-Tregs to HIV-1 infection. In a first set of experiments we analyzed the expression of the co-receptors CCR5 and CXCX4 in each cell population by staining PBMCs with the combination of anti-CD4, anti-CD45RA, anti-FOXP3, and anti-CCR5 or anti-CXCR4 antibodies. The highest expression of CCR5 was detected on aTregs (36±2%), followed by FOXP3+ non-Tregs (16±2%) and rTregs (3.7±0.6%). The expression of CCR5 in memory and naive T cells was 12±2% and 2.9±0.8%, respectively (Fig. 4A). On the other hand, the expression of CXCR4 was higher in rTregs (82.1±4.9%) and memory T cells (32.5±6.1%), compared with the other cell populations.

In a second set of experiments we infected activated-PBMCs by HIV-1. The infection of the different populations of CD4+ T cells was analyzed by measuring intracellular p24 antigen by flow cytometry at 3, 6, and 9 days post-infection. Using HIV-1 BaL virus we found that aTregs and FOXP3+ non-Tregs were highly permissive to HIV-1 infection (p<0.003). A representative FACs profile is depicted in Fig. 4C (left panel) and the mean percentages of infected cells observed in 6 different experiments at 9 day post-infection is showed in Fig. 4C (right panel). On the other hand, using the HIV-1 IIIB virus we found that all FOXP3+ T cells were similarly permissive to HIV-1 infection, being the percentages of infection significantly higher (p<0.002) for the three FOXP3+ T cell subsets compared with conventional T cells, (Fig. 4D, right and left panels).

To further analyze the susceptibility of each population of FOXP3+ CD4+ T cells to HIV-1 infection, we next performed additional infection assays using sorted populations of CD4+ T cells, obtained as described above. Each of the five populations of sorted CD4+ T cells were activated with PHA for 2 days and then infected with HIV-1 BaL. Cell infection was evaluated at 3 and 9 days post-infection by measuring the levels of p24 antigen in cell supernatants by ELISA. Consistent with the data obtained with non-sorted PBMCs showed in Fig. 4G, the results depicted in Fig. 4E shows that both aTregs and FOXP3+ non-Tregs are highly permissive to HIV-1 infection.

Considering the high ability of FOXP3+ non-Tregs to produce Th1, Th17, and Th2 cytokines, we next analyzed whether infection was able to modulate the profile of cytokines produced by sorted FOXP3+ non-Tregs. Figure 5 shows that infection by HIV-1 BaL down-regulated the production of all the cytokines assessed; IFN-γ, IL-17, IL-5, and IL-13. However, only the reduction of IFN-γ and IL-17 reached statistical significance. More importantly, after HIV-1 infection FOXP3+ non-Tregs retained their ability to produce substantial amounts of IL-5 and IL-13, but not IFN-γ and IL-17, suggesting that under the influence of HIV-1 infection FOXP3+ non-Tregs might contribute to the promotion of Th2 responses.

In summary, our study shed light about some important properties of FOXP3+ non-Tregs. We demonstrate that they are able to produce a variety of cytokines, including Th1, Th2, Th17, inflammatory cytokines, chemokines and growth factors. The wide spectrum of cytokines secreted by FOXP3+ non-Tregs may indicate that these cells represent an early stage of differentiation after activation of naive T cells [26], which precede the more differentiated subsets of effectors T cells, like Th1, Th2 or Th17 cells. We also show that the frequency of this cellular subset markedly increases in the group of HIV-1-infected patients with low values of CD4 counts. FOXP3+ non-Tregs showed a high susceptibility to the infection by both R5- and X4-tropic HIV-1 and, as a consequence of HIV-1 infection, they preserve a pattern of cytokine production able to promote Th2 responses. It is well known that HIV-1 infection is associated with a dysregulation of the cytokine network that contributes to AIDS. The increased frequency of Th2 cells in patients that failed to achieve a sustained control of virus, suggests that polarization toward a Th2-mediated response plays a critical role in HIV-1 progression [27,28,29]. Our present results suggest that FOXP3+ non-Tregs might contribute to the polarization of CD4+ T cells into a Th2 profile, predictive of a poor outcome of HIV-1-infected patients.

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**Author Contributions**

Conceived and designed the experiments: LA LF. Performed the experiments: LA JS JP PB LAB. Analyzed the data: LA LF. Contributed reagents/materials/analysis tools: LA JS JP PB LAB HS MBL JG. Wrote the paper: LA JG LF.
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