Attitude toward livestock farming does not influence the earlier observed association between proximity to goat farms and self-reported pneumonia

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**Background:** Attitudes toward environmental risks may be a source of bias in environmental health studies because concerns about environmental hazards may influence self-reported outcomes.  

**Objective:** The main aim was to assess whether earlier observed associations between proximity to goat farms and self-reported pneumonia were biased by participants’ attitude toward farming.

**Methods:** We developed an attitude-score for 2,457 participants of the Dutch Livestock Farming and Neighbouring Residents’ Health Study (veehouderij en gezondheid omwonenden) by factor analysis of 13 questionnaire items related to attitude toward livestock farming. Linear regression analysis was used to assess associations between attitude and potential determinants. The effect of attitude on the association between goat farm proximity and pneumonia was analyzed by evaluating (1) misclassification of the outcome, (2) effect modification by attitude, and (3) exclusion of participants reporting health problems due to farms in their environment.

**Results:** In general, the study population had a positive attitude toward farming, especially if participants were more familiar with farming. Older participants, females, ex-smokers, and higher-educated individuals had a more negative attitude. Both self-reported respiratory symptoms and exposure to livestock farms were associated with a more negative attitude. Misclassification of self-reported pneumonia was nondifferential with regard to participants’ attitude. Furthermore, no indication was found that the association between proximity to goat farms and pneumonia was modified by attitude. Excluding subjects who attributed their health symptoms to livestock farms did also not change the association.

**Conclusions:** The association between goat farm proximity and pneumonia was not substantially biased by study participants’ attitude toward livestock farming.

**Introduction**

Environmental hazards—such as air or drinking water pollution—may be a source of concern in exposed individuals. In epidemiologic studies, information on health outcomes is often self-reported, which has well-documented limitations such as recall bias and social desirability bias. Study participants’ attitudes toward environmental risks may be a source of information bias as well because concerns about environmental hazards may influence self-reported outcomes. Moffatt et al. describes such “awareness bias” as the propensity to report more illness and symptoms as a result of proximity to a potential hazard, in the absence of a biologic effect. Perception of exposure, causal beliefs and concerns, and media coverage play an important role in symptom reporting.

Actual or perceived exposure to a hazard, and cultural and social factors may influence someone’s risk perception, which results in a variation of attitudes toward a potential environmental risk among individuals. Marcon et al. found that determinants of environmental risk perception mainly comprise demographic, socioeconomic, and exposure indicators. However, the authors did not investigate whether risk perception affected epidemiologic associations between environmental pollution and self-reported health outcomes.

There is an ongoing debate about intensive livestock farming and potential health risks for surrounding populations. The Netherlands is a small country with one of the highest livestock densities in the world in combination with one of the highest population densities. A small survey (n = 1,090) on the public’s view on intensive livestock farming showed disagreement among the Dutch general population about large-scale intensive farming. Most arguments against intensive livestock farming were focused on animal welfare, and potential risks for public health.

The veehouderij en gezondheid omwonenden (VGO) study (Dutch acronym for Livestock Farming and Neighbouring Residents’ Health) investigated a wide range of health risks (respiratory health, zoonotic infections, and antimicrobial...
resistance among residents living in close proximity of livestock farms in the Netherlands.17–24 One of the main findings was a higher risk of pneumonia for residents living in close proximity to goat farms.22,24 Pneumonia was defined based on questionnaire data25 and/or a diagnosis of pneumonia by the general practitioner (GP), recorded in the Electronic Medical Record (EMR).22,24 As a direct policy implication, five Dutch provinces have stopped issuing building permits for goat farms, awaiting further evidence. However, one can raise the criticism that potential awareness bias—over-reporting of pneumonia by exposed individuals—may have resulted in a biased association.

In the present analysis, we constructed an “attitude toward farming” score as a proxy for awareness of farming as an environmental hazard. The main aim of the current study is to assess whether the earlier observed association22 between proximity to goat farms and pneumonia was biased by participants’ attitude.

Methods

Study design and population

The VGO study population originates from participants of a cross-sectional questionnaire survey (n = 14,163) among randomly selected GP patients (18–70 years old) living in small towns or villages in a livestock-dense area in the south of the Netherlands.18 Respondents who were willing to participate in a follow-up study and who were not working or living on a farm were eligible for a medical examination (n = 8,714). Based on their home addresses, 12 temporary research centers were established. Between March 2014 and February 2015, all respondents living within 10 km of one of these temporary research centers (n = 7,180) were invited to the nearest center for medical examination and 2,494 participated (response, 34.7%). The medical examination consisted among others of a second and more extended questionnaire and spirometry.17,25 The study protocol (13/533) was approved by the Medical Ethical Committee of the University Medical Centre Utrecht. All 2,494 subjects signed informed consent. In total, data from 37 subjects were excluded from the analyses because of missing data, resulting in a study population of 2,457 subjects.

Medical examination

The questionnaire comprised among others items on education, profession, residential history, smoking habits, and respiratory health. Moreover, the questionnaire also contained 15 statements on attitude toward farming in their residential environment (statements are shown in Table 1). Statements were mostly adopted from a survey among the general Dutch population which was focused on the public’s view on intensive livestock farming.26 To assess lung function, pre- and postbronchodilator spirometry was conducted among 2,037 participants.25 We had two sources of information on pneumonia: (1) self-reported, physician-diagnosed pneumonia over the past 3 years, or (2) having had at least one pneumonia episode recorded in the EMR during the 3 years preceding the medical examination. Although our original finding was based on a combination of both sources,22 or EMR data alone,24 in the current analysis, we focused on the effect of attitude on associations with self-reported pneumonia because the impact of attitude was expected to be most pronounced for a self-reported outcome.

Construction of a score for attitude toward livestock farming in the residential environment

Based on the 15 statements on attitude toward farming, we developed an “attitude-score” using factor analysis. Response options of the 15 statements were coded based on a five-point Likert scale (Table 1). Principal factor analysis was used to identify one or more latent factors that can be interpreted as an attitude toward farming. Standardized factor scores (z-scores, hereafter named attitude-score) were computed as linear combinations of scoring coefficients and standardized questionnaire

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Table 1

| Statements regarding attitude toward farming in the residential environment and the distribution of 2,457 participants’ responses to the 15 statements |
|---|
| Question | Reverse scored? | Included in final factor? | Factor loading | More negative attitude, % | Neutral attitude, % | More positive attitude, % | Missing, % |
|livestock farming in the residential environment | | | |
| S1. Livestock farms are a heavy burden for my living environment | Yes | Yes | 0.70 | 15.0 | 28.4 | 56.2 | 0.3 |
| S2. Farmers do their best to prevent heavy disturbances in my living environment | No | Yes | 0.54 | 11.4 | 43.0 | 45.0 | 0.6 |
| S3. Livestock farms are important for the Dutch economy | No | Yes | 0.60 | 5.4 | 20.9 | 73.3 | 0.4 |
| S4. I am happy with the livestock farmers in my neighbourhood | No | Yes | 0.71 | 21.1 | 50.2 | 28.6 | 0.1 |
| S5. There is too much discussion about the disadvantages of livestock farming | No | Yes | 0.60 | 23.4 | 38.2 | 38.0 | 0.5 |
| S6. The odor of manure disturbs me every time | Yes | Yes | 0.58 | 30.1 | 26.3 | 43.4 | 0.2 |
| S7. Livestock farming is a threat for my health | Yes | Yes | 0.80 | 15.5 | 41.6 | 42.6 | 0.2 |
| S8. I think the threat for my health due to livestock farming increased in the last decade | Yes | Yes | 0.74 | 25.2 | 32.4 | 42.2 | 0.2 |
| S9. If farmers monitor the health of their animals well, livestock farming is not a threat for my own health | No | Yes | 0.49 | 18.2 | 35.1 | 46.6 | 0.2 |
| S10. I am concerned about the impact of antibiotic use in livestock farming for my own health | Yes | No | - | 65.8 | 23.4 | 10.7 | 0.2 |
| S11. I am concerned about new diseases that can be transmitted from animals to humans | Yes | No | - | 63.4 | 24.7 | 11.9 | 0.1 |
| S12. I have health problems that are caused by livestock farms in my living environment | Yes | Yes | 0.56 | 4.3 | 31.6 | 63.5 | 0.6 |
| S13. A livestock farmer loves his animals and takes good care of them | No | Yes | 0.57 | 7.2 | 31.9 | 60.6 | 0.3 |
| S14. If there is no disturbance for me or my family, livestock farming may increase | No | Yes | 0.65 | 33.0 | 29.9 | 36.8 | 0.2 |
| S15. Construction of bigger stables disturbs the landscape | Yes | Yes | 0.53 | 50.5 | 27.4 | 22.0 | 0.1 |

For comparability purposes, responses of negatively-keyed statements were reverse scored. Response options are coded based on a five-point Likert scale (“Strongly disagree,” “Disagree,” “Neutral,” “Agree,” “Strongly agree”) but are represented in the table as a three-point scale. The answers Strongly disagree and Disagree were merged and translated as “More negative attitude,” the answers Agree and Strongly agree were also merged and translated to “More positive attitude.”
Table 2

Characteristics of the study population of 2,457 adults from a general, nonfarming population, and association between potential determinants and the attitude-score

| Personal characteristics | Mean (SD) or % | Unadjusted β (95% CI) | Model A* Adjusted β (95% CI) | Model B* Adjusted β (95% CI) |
|--------------------------|---------------|-----------------------|-----------------------------|-----------------------------|
| Age (per 10 years), mean (SD) | 56.4 (11.1) | -0.17 (-0.21, -0.14) | -0.18 (-0.21, -0.14) | -0.21 (-0.24, -0.17) |
| Female (%) | 54.6 | -0.02 (-0.10, 0.03) | -0.08 (-0.16, -0.01) | -0.09 (-0.17, -0.02) |
| Born in the study area (%) | 75.6 | 0.29 (0.20, 0.38) | 0.22 (0.13, 0.31) | 0.23 (0.14, 0.31) |
| Childhood on a farm (%) | 33.8 | 0.22 (0.15, 0.30) | 0.30 (0.22, 0.38) | 0.11 (0.02, 0.20) |
| Ex-smoker (%) | 44.6 | -0.18 (-0.26, -0.11) | -0.08 (-0.16, -0.01) | -0.09 (-0.17, -0.01) |
| Current smoker (%) | 10.2 | 0.18 (0.05, 0.30) | 0.13 (0.01, 0.26) | 0.09 (-0.03, 0.21) |
| BMI ≥ 30% (%) | 20.6 | 0.22 (0.13, 0.31) | 0.25 (0.16, 0.34) | 0.24 (0.15, 0.33) |
| Higher education (%) | 30.2 | -0.19 (-0.27, -0.11) | -0.29 (-0.37, -0.21) | -0.24 (-0.32, -0.16) |
| Paid work (%) | 57.5 | 0.20 (0.12, 0.28) | -0.05 (-0.15, 0.04) | -0.08 (-0.17, 0.02) |
| Retired (%) | 28.3 | -0.25 (-0.33, -0.17) | 0.02 (-0.03, 0.12) | 0.08 (-0.02, 0.19) |
| Having pets, last 5 years (%) | 52.4 | 0.17 (0.09, 0.25) | 0.07 (-0.01, 0.15) | 0.04 (-0.03, 0.12) |
| Having farm animals as a hobby, last 5 years (%) | 18.2 | 0.12 (0.02, 0.21) | 0.09 (0.00, 0.19) | 0.02 (-0.08, 0.11) |
| During current work/study contact with animals (%) | 6.1 | 0.18 (0.03, 0.34) | 0.21 (0.05, 0.36) | 0.10 (-0.05, 0.26) |
| Visited a farm last 12 months (%) | 62.6 | 0.22 (0.14, 0.29) | 0.16 (0.09, 0.24) | 0.12 (0.05, 0.20) |

Potential determinants of the “attitude-score” (z-score obtained from factor analysis) were analyzed with linear regression analysis. Regression coefficients display a change in the attitude-score for a difference in determinants as indicated in the table (e.g., for 10 years increase in age, or for being female vs. male). A negative association means that the determinant is associated with a more negative attitude toward farming and a positive association means that the determinant is associated with a more positive attitude toward farming.

*Model A was adjusted for age and gender, and model B was adjusted for age, gender, born in study area, childhood on a farm, BMI ≥ 30, visited a farm last 12 months, and high education.

BMI = mass (kg)/height (m)2.

BMI indicates body mass index.

responses for each participant, where a higher score indicates a more positive attitude toward farming.

Livestock farm exposure variables

Distances between home addresses and livestock farms were computed using a geographic information system (ArcGis 10.1; Esri, Redlands, CA) as described previously.18,23,26 The following livestock farm exposure proxies were studied for each subject: (1) number of farms within 500 and 1,000 m, and (2) presence of a farm (pig, poultry, cattle, goat, sheep, horse) within 1,000 m (Yes/No).

Data analysis

First, we assessed the association between the attitude-score and potential determinants using linear regression analysis. Results were expressed as regression coefficients (β) and 95% CIs representing the mean change in the attitude-score given a change in the determinant (one unit or otherwise stated in the Tables). The potential determinants of attitude studied were as follows: (1) personal characteristics, (2) respiratory health, and (3) exposure to livestock farms. Two adjusted models were assessed: model A, adjusted for age and gender, and model B, adjusted for age, gender, born in study area, childhood on a farm, BMI ≥ 30, visited a farm last 12 months, and high education.

Second, to study the impact of attitude on information bias (i.e., differential misclassification of self-reported pneumonia), we compared self-reported and EMR-based pneumonia, and computed sensitivity and specificity in a group with a more negative (< median attitude-score) and a more positive attitude (> median attitude-score). To study effect modification by attitude, the association between proximity to goat farms and pneumonia was also analyzed in the “more negative” and “more positive” group, and we tested interaction between farm proximity and attitude-score.

Third, sensitivity analyses were conducted after excluding subjects who attributed their symptoms to presence of livestock farms in their environment. The association between pneumonia and goat farm proximity (within 1,000 m as in Ref. 22) was analyzed with logistic regression, and expressed as odds ratios (ORs) and 95% CI. Data were analyzed using SAS 9.4 (SAS Institute Inc., Cary, NC).

More details on the study methodology are provided in the online supplement; http://links.lww.com/EE/A34.

Results

Study population

Participants were on average 56.4 ± 11.1 years old, and 54.6% of the study population consisted of women (Table 2). In total, 76.1% was born in the study area and one third (33.8%) had grown up on a farm. The number of missing answers to the 15 statements was low for all items (<0.6%) (Table 1). The majority of participants answered neutral or positive to all statements, with the exception of three statements regarding concerns about antibiotic usage in livestock farming, zoonotic diseases, and disturbance of the landscape due to construction of bigger sheds.

Construction of attitude-score

After first exploratory factor analyses, statements 10 and 11 were removed because their residual correlation coefficients were >0.1. The final factor analysis was performed on the remaining 13 statements, and one latent factor was identified (eigenvalue = 5.14) and explained 97.6% of the total variance. Cronbach’s alpha was 0.89, suggesting a good internal consistency. Factor loadings (i.e., the correlations of the individual questionnaire items with the factor) ranged from 0.49 to 0.80 (Table 1). Including one of the initially removed statements (10 or 11) resulted in a very similar factor solution (correlation between factor scores based on 13 or 14 statements was 0.998).

Determinants of attitude

Older participants, women, ex-smokers (vs. never smokers), and individuals with a higher education (vs. low and middle education) had a more negative attitude toward farming (Table 2). As expected, determinants related to familiarity with a farming environment—such as childhood on a farm, born in the study...
area, or a recent farm visit—were associated with a more positive attitude toward farming.

All self-reported respiratory health outcomes were associated with a lower attitude-score, whereas objectively measured respiratory health such as lung function and chronic obstructive pulmonary disease (COPD; based on lung function) was not associated with attitude (Table 3).

The following proxy measures of livestock farm exposure were associated with a more negative attitude-score: a larger number of farms within 500 and 1,000 m of the home, presence of a pig farm (β, −0.13 [95% CI = −0.22, −0.04]), or a goat farm (β, −0.19 [95% CI = −0.31, −0.08]) within 1,000 m (supplementary Table S1; http://links.lww.com/EE/A34).

As expected, subjects who attributed their health complaints to livestock farming had a more negative attitude toward farming (Table 3). Excluding subjects who attributed their health symptoms to livestock farms in their environment (n = 191, 7.8%) did not change associations between attitude and personal characteristics and associations with farm exposures (data not shown). However, associations between the attitude-score and self-reported respiratory health symptoms were attenuated in the sensitivity analyses (data not shown).

### Impact of attitude on the association between proximity to goat farms and pneumonia

Sensitivity and specificity of self-reported pneumonia (compared with an EMR-based diagnosis) did hardly differ between those with a more negative attitude (sensitivity, 52%; specificity, 97%) and those with a more positive attitude (sensitivity, 56%; specificity, 98%). Residents living within 1,000 m of a goat farm had a higher risk of self-reported pneumonia (OR, 1.78 [95% CI = 1.07, 2.95]) (Figure 1), which differed slightly from the previously reported OR (2.0 [95% CI = 1.3, 3.1]) that was based on both EMR and self-reported pneumonia, and from the OR based on EMR only (2.3 [95% CI = 1.4, 3.9]).

No significant interaction was observed between attitude and living within 1,000 m of a goat farm (P value for interaction 0.63), suggesting that the association between goat farms and pneumonia was not modulated by attitude. In addition, dividing the population in a group with a more negative and a more positive attitude did not substantially change the association, but CIs were wider (< median attitude-score: OR, 1.65 [95% CI = 0.85, 3.23]; > median attitude-score: OR, 2.06 [95% CI = 0.94, 4.52]).

Excluding subjects who attributed their health symptoms to livestock farms in their environment did not change the association between self-reported pneumonia and living within 1,000 m of a goat farm (OR, 1.75 [95% CI = 1.02, 3.01]).

### Discussion

Our present study shows that the earlier observed association between proximity to goat farms and pneumonia in the Livestock Farming and Neighbouring Residents’ Health Study was not substantially biased by participants’ attitude toward farming.

Misclassification of self-reported pneumonia resulted in attenuated risk estimates when compared with EMR-based diagnosis, but misclassification was nondifferential with regard to participants’ attitude. Furthermore, the association between goat farm proximity and pneumonia was similar in groups with a more positive or more negative attitude (i.e., no effect modification), and excluding participants who attributed their health problems to livestock farming (7.8% of the population) did not meaningfully change the association. The attitude-score as defined in this article was used as a measure of information quality (quality of self-reported physical health). Because attitude is not a causal ancestor of physical health, it does not meet the causal structure required of a confounder or a causal intermediate. Adding the attitude-score as if it were a confounder hardly changed the association between goat farm proximity and self-reported pneumonia (OR, 1.73 [95% CI = 1.03, 2.93]).

We found several determinants that are associated with attitude toward farming in residential environments. In general, the study population had a relatively positive attitude toward farming. Most questions were answered with a neutral to positive tendency. Familiarity with farming could possibly explain the predominantly positive attitude. One third of the study population had grown up on a farm. The study area, in which 75.6%...
of the study population was born, is characterized by the highest farm density of the Netherlands. Previous studies on risk perception show that common risks are judged more acceptable than uncommon and unknown risks. Agricultural activities are familiar and common among the majority of the study population and therefore probably more acceptable. Attitude was indeed positively associated with determinants related to familiarity with a farming environment such as childhood on a farm, being born in the study area, or a recent farm visit.

We found that self-reported health symptoms were associated with a more negative attitude. Subjects who reported to attribute their health complaints to livestock farming had a much lower average attitude-score than other participants. This is in line with previous studies that showed positive associations between proximity and carriage of livestock-associated methicillin-resistant Staphylococcus aureus (LA-MRSA), although the prevalence was low (0.4%), and there is a high likelihood of a chance finding. The Q-fever outbreak in the study area between 2007 and 2010 is likely to have contributed to our study population’s concerns on emerging zoonotic infections.

Strengths of our study are our large, population-based sample and the low amount of missing data on the attitude statements. Both self-reported and objectively assessed data on respiratory health were available; this enabled us to compare associations with attitude and to explore awareness bias. Nevertheless, a number of limitations should be considered. First, the cross-sectional design makes it difficult to infer causality. Second, attitude toward farming may have contributed to the decision whether or not to participate to the medical examination and to the questionnaire survey where the study population originated from. Our previous studies showed that participants of the medical examination lived in closer proximity to farms compared with subjects who did not participate and with nonresponders, respectively. We have no information on attitude toward farming from the source population; therefore, it was not possible to analyze the effect of participation bias on the average reported attitude.

In conclusion, we developed an attitude-score to measure attitude toward farming in the residential environment. In general, the study population had a positive attitude toward farming, in particular if participants were more familiar with farming. Older participants, females, ex-smokers, and individuals with a higher education had a more negative attitude. Self-reported symptoms were also associated with a more negative attitude. However, we did not find any indication that the previously reported association between proximity to goat farms and self-reported pneumonia was biased by attitude. Overall, results of the current study indicate that attitude might play a role when...
using self-reported data in environmental health studies. When relying on self-reported data, we recommend to estimate attitude toward a potential hazard to assess the potential influence of awareness bias on epidemiologic associations.

**Conflicts of interest statement**

The authors declare that they have no conflicts of interest with regard to the content of this report.

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