Optimizing Nitrogen and Seed Rate Combination for Improving Grain Yield and Nitrogen Uptake Efficiency in Winter Wheat

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Abstract: Nitrogen (N) supply and seed rate (SR) are two essential factors that affect the accumulation and partitioning of N and dry matter (DM) and, therefore, grain yield (GY) and N use efficiency (NUE). The objective of this experiment was to optimize N application and SR to regulate wheat growth and increase both GY and NUP_E. The results revealed that net photosynthetic rate (Pn), stomatal conductance (Gs), chlorophyll content, and activities of metabolic enzymes (NR and GS) significantly increased with increasing of N levels while decreasing SR. Plant tillers, GY, DM before anthesis, and N translocation, N agronomic efficiency (NAE), N recovery efficiency (NRE), and N uptake efficiency (NUP_E) were highest in a combined treatment of N235 and SR180. However, N levels beyond 235 kg ha\(^{-1}\) significantly decreased NAE, NRE, and NUP_E. By increasing SR from 135 to 180 kg ha\(^{-1}\) an increase of 12.9% and 9.1% GY and NUP_E, respectively, was observed. Based on this result, we estimate that 1 kg N ha\(^{-1}\) might be replaced by an increase of approximately 0.6 kg ha\(^{-1}\) SR. Our study suggested that using a combination of N and SR (N235 + SR180) could attain maximum GY and improve NUE parameters.

Keywords: high yield; nitrogen application; N use efficiency; seed rate; winter wheat

1. Introduction

Wheat is the main staple crop globally and plays a crucial role in challenging food security, with a total production of 736.1 million tons. Wheat grain yield is not only dependent on genetic potential (variety) and environmental constraints [1] but also depends on management practices [2,3]. Nitrogen is the essential nutrient for wheat growth and production [4,5] which is necessary for maintaining plant growth, biomass, and grain yield [6]. N deficiency in cereal crops reduces fertile tiller numbers [7–9], grain number, and kernel weight [10,11]. However, overuse of N results in environmental problems including N leaching, runoff, and volatilization [12], and reduces overall N use efficiency (NU_E) [13]. In China, a rapid increase in wheat yield was in parallel with the dramatic use of N fertilizer since the 1950s [14]. Importantly, in the last 20 years, N input beyond the threshold level only caused prolonged yield improvement while severe environmental pollution [12,15,16]. Thus, the China government proposed the Double Reduction Plan [15]. A low dose of N with high NU_E must be one of the main research goals in plant nutrition [16].

However, enhancing crop profitability and NU_E simultaneously is necessary for sustainable agriculture [17] and it is a key challenge to improve viable agriculture in the next
decades [18]. N fertilizer is often widely overused to obtain ideal productivity while the adjustment of SR is neglected, which usually synchronously improves productivity and NUE. When the N rate was decreased or cut, the output would be lost by reducing tillering and fertile tillers, grain number, and kernel weight [19]. The increase in SR could partially compensate for the decrease in fertile tillers and spike numbers and final productivity [20]. Increasing plant density from 135 to 405 plants m$^{-2}$ [21] or 75 to 300 plants m$^{-2}$ [11] significantly increased grain yield and other parameters. However, there must be an optimum SR to compensate for the negative effects of decreasing N for balanced high yields and improved NUE in wheat. Therefore, it is necessary to investigate the compensatory effect of increasing SR on the decreasing N input on wheat productivity and N use efficiency. It is also necessary to clarify their combination effects on the physiological and agronomical performance of wheat to reveal the underlying rules for balanced high grain yield and improved NUE in winter wheat.

A field experiment with different N and SR levels in two successive years was carried out to determine the optimum combination of N and the seed rate leading to improvement in grain yield and N use efficiency.

2. Results

2.1. Physiological Traits

2.1.1. Photosynthetic Capacity, Chlorophyll Content, and Leaf Area Index

$P_n$, $G_s$, SPAD, and LAI were highest at the anthesis stage, followed by the jointing stage, 10 days after anthesis (10 DAA) and 20 DAA, respectively. N application and SR have significant effects on various physiological traits, viz., leaf photosynthetic capacity, chlorophyll content (SPAD value), as well as leaf area index (LAI) at all growth stages (Figures 1–3). Photosynthetic capacity ($P_n$), stomatal conductance ($G_s$), and SPAD were significantly increased by increasing the N rate or decreasing SR. A significant increment was observed as the N application rate increased from 0 to 235 kg ha$^{-1}$. When N increased from 235 to 290 kg ha$^{-1}$, there was no significant increase for $P_n$, $G_s$, and SPAD in both growing seasons. The $P_n$, $G_s$, and SPAD values were decreased significantly when SR increased from 135 to 225 kg ha$^{-1}$ in both growing seasons at all sampling stages. Moreover, LAI was significantly increased with an increase in both factors (N + SR). A significant effect was observed when N increased up to N$^{235}$ treatment. There was no significant difference between the N$^{235}$ and N$^{290}$ treatments in LAI in both growing seasons (Figure 3). SR also significantly increased the LAI in both growing seasons from SR$^{135}$ to SR$^{180}$, beyond this level there was no significant effect.

2.1.2. Enzymatic Activities of NR and GS

Nitrate reductase (NR) and glutamine synthesize (GS) play an essential role in N metabolism assimilation and regulation. NR and GS’s enzyme activities were significantly increased by increasing N and decreasing SR (Figure 4). However, the activities of NR and GS differed at the various levels of N application. Furthermore, there was a significant variation in NR and GS activities between N$_0$, N$_{180}$, and N$_{235}$, whereas there was no significant difference between the N$_{235}$ and N$_{290}$ treatments. The highest value of the NR and GS activities appeared as the combination of N$_{290}$ and SR$_{135}$ treatments (Figure 4).
Figure 1. Effects of the combination of N and SR on photosynthesis (Pn) and stomatal conductance (Gs) during four different growing stages in 2017–2018 and 2018–2019. Different letters represent significant differences in mean values of three replicate plots at $p \leq 0.05$ levels according to Duncan’s test.

Figure 2. Effects of N and SR on chlorophyll content (SPAD) during four different growing stages in 2017–2018 and 2018–2019. Different letters represent significant differences in mean values of three replicate plots at $p \leq 0.05$ levels according to Duncan’s test.
Figure 3. Effects of the combination of N and SR on the values of the leaf area index (LAI) during four different growing stages in 2017–2018 and 2018–2019. Different letters represent significant differences in mean values of three replicate plots at $p \leq 0.05$ levels according to Duncan’s test.

Figure 4. Combination effects of N and SR on nitrate reductase (NR) and glutamine synthesize (GS) activities during four different growing stages in 2018–2019. Different letters represent significant differences in mean values of three replicate plots at $p \leq 0.05$ levels according to Duncan’s test; * $p \leq 0.05$ and ** $p \leq 0.001$, respectively.

2.2. Grain Yield and Related Agronomic Characteristics

The grain yield (GY) was significantly influenced by N level and seed rate (N and SR), as well as by their interaction in both years (Table 1). With the increase in the N application rate the GY significantly increased. At SR of 180 kg ha$^{-1}$, GY increased from 6.7 to 8.3 t ha$^{-1}$ when N application increased from N$_{180}$ to N$_{235}$ kg ha$^{-1}$ in 2018–2019. There was no significant difference between N$_{290}$ and N$_{235}$ kg ha$^{-1}$ in both growing seasons. SR significantly affected GY in both growing seasons. Under the same amount of N application (N$_{235}$ kg ha$^{-1}$), GY increased from 5 to 5.7 t ha$^{-1}$ in the first growing season and from 7.5 to 8.3 t ha$^{-1}$ in the second growing season (Table 1). The highest GY 8.3 t ha$^{-1}$ was obtained...
with the combination of N$_{235}$ + SR$_{190}$ kg ha$^{-1}$ in 2018–2019. N and SR significantly affected the agronomic parameters viz., number of spikes (NS), 1000-grain weight (TGW), number of grains per spike, harvest index (HI), and plant height (PH). All agronomic parameters (NS, TGW, NGS, HI, and PH) were significantly increased with the increasing N application rate. Compared to the treatment with SR$_{180}$ N$_0$, NS was significantly increased by 13.2%, 23.8%, and 22.4 % and NGS was increased by 21.8%, 36.8%, and 37.8% in treatments SR$_{180}$N$_{180}$, SR$_{180}$N$_{235}$, and SR$_{180}$N$_{290}$, respectively, in the second growing season. Except for the first growing season in which PH was scarcely increased, TGW and HI were decreased when N application rate increased from N$_{235}$ to N$_{290}$. At the second growing season, none of the agronomic characteristics were significantly influenced beyond N$_{235}$ kg ha$^{-1}$.

**Table 1. Effects of N and SR on GY and agronomic characteristics in 2017–2018 and 2018–2019.**

|          | N kg ha$^{-1}$ | SR kg ha$^{-1}$ | TY t ha$^{-1}$ | NS $\times$ 10$^4$ ha$^{-1}$ | TGW (g) | NGS | HI | PH (cm) |
|----------|----------------|----------------|----------------|-------------------------------|---------|-----|-----|---------|
| 2017–2018| N$_{235}$      | SR$_{135}$     | 5.05 b         | 357 c                        | 39.7 a  | 35.63 a | 0.41 c  | 73.4 c  |
|          | SR$_{180}$     | 5.78 a         | 414 b          | 39.5 ab                       | 35.38 a | 0.44 ab | 74.33 bc |
|          | SR$_{225}$     | 5.7 a          | 425 ab         | 39.2 bc                       | 34.27 b | 0.45 a  | 75.74 ab |
|          | N$_{290}$      | SR$_{135}$     | 5.03 b         | 361 c                        | 39.1 bc | 35.63 a | 0.41 c  | 76.43 ab |
|          | SR$_{180}$     | 5.77 a         | 420 ab         | 39 bc                        | 35.3 a  | 0.43 bc | 77.23 a  |
|          | SR$_{225}$     | 5.77 a         | 434 a          | 38.9 c                        | 34.18 b | 0.42 bc | 77.57 a  |
|          | N              | 0.113          | 2.475          | 13.65 **                     | 0.098   | 7.478 * | 19.88 ** |
| SR       | 107.1 **       | 105.9 **       | 3.38 *         | 21.65 **                     | 11.46 **| 2.999   |
| N$^*$    | 0.331          | 0.123          | 0.63           | 0.052                        | 1.637   | 0.426   |
| 2018–2019| N$_0$          | SR$_{135}$     | 4.8 f          | 391 8                        | 35.7 bc | 28.8 d  | 0.35 e  | 62.93 d  |
|          | SR$_{180}$     | 4.8 f          | 479 ef         | 35.6 bc                       | 28.1 d  | 0.4 ed  | 63.62 d  |
|          | SR$_{225}$     | 4.8 f          | 503 de         | 35.5 c                        | 27.2 d  | 0.4 cd  | 64.07 d  |
|          | N$_{180}$      | SR$_{135}$     | 5.6 e          | 448 f                        | 36.4 ab | 34.5 c  | 0.38 de | 72.87 c  |
|          | SR$_{180}$     | 6.7 d          | 543 bc         | 36.3 abc                      | 34.1 c  | 0.41 cd | 74.02 bc |
|          | SR$_{225}$     | 6.6 d          | 555 b          | 36.3 abc                      | 33.1 c  | 0.42 bc | 74.47 b  |
|          | N$_{235}$      | SR$_{135}$     | 7.5 c          | 518 cd                       | 36.7 a  | 39.6 ab | 0.45 ab | 73.97 bc |
|          | SR$_{180}$     | 8.3 a          | 593 a          | 36.7 a                        | 38.3 a  | 0.46 a  | 75.15 ab |
|          | SR$_{225}$     | 8.2 a          | 597 a          | 36.5 ab                       | 37.5 b  | 0.46 a  | 75.75 a  |
|          | N$_{290}$      | SR$_{135}$     | 7.8 bc         | 529 bc                       | 36.6 a  | 40.4 a  | 0.45 ab | 73.95 bc |
|          | SR$_{180}$     | 8.2 a          | 587 a          | 36.4 ab                       | 38.6 a  | 0.44 ab | 75.22 ab |
|          | SR$_{225}$     | 8.1 b          | 591 a          | 36.4 ab                       | 37.7 ab | 0.45 ab | 75.97 a  |
|          | N              | 0.690          | 74.4 **        | 9.66 **                      | 242.55 **| 43.55 **| 598.33 ** |
| SR       | 60.1 **        | 83.94 **       | 0.66           | 12.19 **                     | 4.48 *  | 17.8 **  |
| N$^*$SR  | 2.64 a         | 1.36           | 0.027          | 0.394                        | 1.77    | 0.25    |

Note: N, SR, TY, NS, TGW, NGS, HI, and PH indicate nitrogen application, seed rate, theoretical yield number of spikes, thousand-grain weight, the number of grains per spike, harvest index, and plant height, respectively. Different letters in the same column represent significant differences in mean values of three replicate plots according to Duncan’s test; * p ≤ 0.05 and ** p ≤ 0.001, respectively.

SR significantly influenced all of the agronomic parameters. Increasing SR significantly increased NS, HI, and PH during both growing seasons and decreased NGS and TGW. As an example, compared with the N$_{235}$SR$_{135}$ treatment, NS was significantly increased by 10.8% and 11.6%, while NGS was decreased by 4.5% and 6.7% in treatments N$_{235}$SR$_{180}$ and N$_{235}$SR$_{225}$, respectively, in the second growing season (Table 1).

Increasing the application of N increased the fodder part and the yield of wheat. Increasing the seed rate can increase the spike number and compensate for reducing the N application rate. Linear regression was used to assess replacing N with SR for balancing GY and NUPE parameters. According to the equations obtained from linear regression, the increase in grain yield by 1 ton ha$^{-1}$ needs to increase the seed rate by 7669 kg ha$^{-1}$ or increase the fertilization with N by 12,807 kg ha$^{-1}$. This means that 7669 kg ha$^{-1}$ seed rate is equivalent to 12,807 kg N; therefore, 0.598 kg ha$^{-1}$ seed rate would approximately replace 1 kg of N ha$^{-1}$ (Figure 5). Based on our result, increasing SR from 135 to 180 kg ha$^{-1}$ was observed to increase by 12.9% and 9.1% for GY and NUPE, respectively.
Figure 5. Estimating the regression line to compare N and seed rate for balancing grain yield and improving NUE. *p ≤ 0.05 and **p ≤ 0.001, respectively. The dots represent the mean value of grain yield under each seed rate (left) or nitrogen rate (right).

2.3. Accumulation, Translation, and Partitioning of DM

DM accumulation (DMA) was significantly affected by the rate of N application and SR (Table 2). Increasing the rate of application of N significantly increased DMA in all growth stages. The highest amount of DMA appeared during the jointing to the anthesis stage. SR significantly increased DMA at all growth stages. The significant effects of SR were up to 180 kg ha\(^{-1}\), and beyond SR\(_{180}\) kg ha\(^{-1}\) was not further influenced (Table 2). Similarly, when N fertilizer increased beyond N\(_{235}\) kg ha\(^{-1}\), the values of DMA were not significantly increased. At maturity, the highest increase in DM was found with N\(_{235}\)SR\(_{180}\) treatment.

Table 2. Combination effects of N and SR on DM accumulation, translocation in 2018–2019.

| N kg ha\(^{-1}\) | SR kg ha\(^{-1}\) | So-JT | JT-An | An-M | So-M | PTA kg ha\(^{-1}\) | CPT\% | PAA kg ha\(^{-1}\) | CPA\% |
|-----------------|-----------------|-------|-------|------|------|---------------------|-------|---------------------|-------|
| N\(_0\)         | SR\(_{135}\)    | 1959  | 6139  | 2680 | 10778| 1214.1 f           | 30.3  | 4256 f             | 69.2  |
|                 | SR\(_{180}\)    | 2314 | 6514  | 3250 | 12079| 1322.8 f          | 27.6  | 5072 d             | 72.4  |
|                 | SR\(_{225}\)    | 2401 | 6682  | 3025 | 12108| 1439 e            | 29.7  | 5018 d             | 70.3  |
| N\(_{180}\)     | SR\(_{135}\)    | 2395 | 8585  | 3708 | 14689| 1529.4 de        | 27.2  | 6053 c             | 72.8  |
|                 | SR\(_{180}\)    | 2856 | 8904  | 4780 | 16539| 1633.8 ed        | 24.3  | 7276 b             | 75.7  |
|                 | SR\(_{225}\)    | 2488 | 8878  | 4646 | 15721| 1701.4 c         | 25.6  | 7164 b             | 74.4  |
| N\(_{235}\)     | SR\(_{135}\)    | 2668 | 9335  | 4731 | 16735| 1918.7 ab       | 25.5  | 7804 ab            | 74.5  |
|                 | SR\(_{180}\)    | 3019 | 10027 | 5130 | 18177| 1963.7 a        | 23.6  | 8727 a             | 76.4  |
|                 | SR\(_{225}\)    | 3033 | 9804  | 5064 | 17902| 2028.5 a        | 24.9  | 8490 a             | 75.1  |
| N\(_{290}\)     | SR\(_{135}\)    | 2719 | 9477  | 5048 | 17245| 1905.8 ab       | 24.4  | 8141 ab            | 75.6  |
|                 | SR\(_{180}\)    | 2998 | 10066 | 5418 | 18483| 1823.2 b       | 22.1  | 8776 a             | 77.9  |
|                 | SR\(_{225}\)    | 3010 | 9649  | 5459 | 18119| 1906.7 ab      | 24.0  | 8518 a             | 76.4  |
| F-Value         | N               | 1817 | 28.1  | 32.1 | 258  | 1679.9 **       | 50.4  | 92454 **           | 50.4  |
|                 | SR               | 84   | 0.9   | 4.3  | 23.8 | 11.1 **       | 16 **  | 9.546 **           | 16 ** |
|                 | N*SR             | 67.1 | 0.1   | 0.3  | 0.4  | 1.9          | 0.2   | 0.28               | 0.2   |

Note: So-JT, JT-An, An-M, S\(_0\)–M, PTA, CPT, PAA, and CPA represent sowing to jointing, jointing to anthesis, anthesis to maturity, sowing to maturity, pre-anthesis DM translocation amount, contribution of pre-anthesis translocation to grain, post-anthesis accumulation amount, and contribution of post-anthesis DM accumulation to grain, respectively. Different letters in the same column represent significant differences in mean values of three replicate plots according to Duncan’s test; *p \(\leq 0.05\) and **p \(\leq 0.001\), respectively.

The translocation and contribution of DM were significantly affected by the application rate of N and SR (Table 2). With increasing N rate, pre-anthesis translocation (PTA), post-anthesis accumulation (PAA), and contribution of post-anthesis to grain (CPA) were significantly increased, while the contribution of pre-anthesis translocation to grain (CPT) was significantly decreased. The maximum value of PTA appeared in the N\(_{235}\) treat-
Table 3. Effects of N and SR on DM accumulation and partitioning at the anthesis and maturity stages in 2018–2019.

| N kg ha⁻¹ | SR kg ha⁻¹ | Grain | Rachis + Glumes | Culms + Sheaths | Leaves |
|-----------|------------|-------|-----------------|-----------------|--------|
|           |            | Anthesis | Maturity | Anthesis | Maturity | Anthesis | Maturity | Anthesis | Maturity |
| N₀        | SR₃₁₅     | 4005 * ⁶ | 1576 * ⁷ | 1465 * ⁶ | 4542 * ⁷ | 4462 * ⁷ | 1080 * ⁷ | 846 * ⁷ |
| N₁₈₀      | SR₁₈₀     | 4788 * ⁶ | 1821 * ⁷ | 1606 * ⁶ | 5631 * ⁷ | 4741 * ³ | 1376 * ³ | 944 * ³ |
| N₂₃₅      | SR₂₂₅     | 4851 * ⁶ | 1994 * ³ | 1606 * ⁶ | 5701 * ³ | 4682 * ³ | 1389 * ³ | 968 * ³ |
| N₂₉₀      | SR₂₂₅     | 5623 * ³ | 2344 * bn | 1959 * d | 7217 * d | 5932 * a | 1420 * d | 1175 d |
| N₂₉₀      | SR₁₈₀     | 6712 * d | 2496 * bc | 2198 * bc | 7426 * c | 6299 * a | 1837 * c | 1330 c |
|           |            | 6647 * d | 2517 * bc | 2218 * bc | 6716 * e | 5525 * ab | 1841 * c | 1330 c |
| N₂₉₀      | SR₁₃₅     | 7535 * c | 3072 * ab | 2187 * c | 7156 * d | 5642 * a | 1775 d | 1370 b |
| N₂₉₀      | SR₁₈₀     | 8324 * a | 3597 a | 2366 a | 7375 c | 6017 a | 2075 a | 1468 a |

Note: N and SR represent nitrogen application and seed rate, respectively. Different letters in the same column represent significant differences of mean values of three replicate plots at p ≤ 0.05 levels according to Duncan’s test; * p ≤ 0.05 and ** p ≤ 0.001, respectively.

2.4. Accumulation, Translocation, and Partitioning of N

Accumulation of N (NA) at all parts of the plant was significantly increased by increasing N application and SR up to certain levels (N₂₃₅, SR₁₈₀) at both anthesis and maturity stages. At the maturity stage, the total content of N compared to control (N₀) treatment increased by 76.9%, 134%, and 139% in the treatments N₁₈₀, N₂₃₅, and N₂₉₀. The N content compared to SR₁₃₅ was increased by 8.8% and 5% in the SR₁₈₀ and SR₂₂₅ treatments (Table 4). As well, N translocation before anthesis to grain (NTA), N accumulation after anthesis (NAA), and the contribution rate of NA after anthesis to grain (CAG) were significantly increased with the increase in N application. NTA increased 32.18% and 2.9% when N increased from N₁₈₀ to N₂₉₀, respectively (average of three SR treatments). Furthermore, the contribution rate of pre-N translocation to grain (CTG) had the same trend as CPT. Furthermore, by increase in SR up to 180 kg ha⁻¹, NTA, NAA, and CAG were significantly increased, while CTG was at first significantly decreased then increased (Table 4).
Table 4. Combination effects of N and SR on total N accumulation and translocation in 2018–2019.

| N kg ha⁻¹ | SR kg ha⁻¹ | Total N Accumulation kg ha⁻¹ | N Translocation |
|-----------|------------|------------------------------|-----------------|
|           | So-JT  | JT-An | An -M | So-M | NTA kg ha⁻¹ | CTG% | NAA kg ha⁻¹ | CAG% |
| N₀        | SR₁35  | 25.6  h | 53.4  i | 12.4  f | 91.4  k | 48.3  f | 70.1  a | 27.4  j | 29.9  de |
| N₁₈₀     | SR₁₈₀  | 28.5  h | 60.4  h | 14.5  f | 103.4  i | 55.5  f | 69.4  bc | 31.5  h | 30.6  cd |
| N₂₂₅     | SR₂₂₅  | 28.8  h | 60.4  h | 11  e | 100.2  j | 55.3  f | 71  a | 29.2  k | 29  e |
| N₂₇₀     | SR₁₃₅  | 41.3  f | 97.2  e | 23.2  e | 161.6  b | 84.3  f | 68.4  cd | 48.9  e | 31.6  bc |
| N₂₉₀     | SR₁₈₀  | 45.6  e | 108.5  e | 30.2  ed | 184.3  f | 97.8  f | 68.2  e | 56.5  f | 31.8  b |
| N₂₉₅     | SR₂₂₅  | 46.1  e | 100.6  f | 29.1  d | 175.8  e | 94.7  f | 68.3  cd | 54.2  f | 31.7  bc |
| F-Value  | SR₁₃₅  | 57.4  d | 135.1  d | 29.7  ed | 222.2  e | 118.1  e | 67.5  de | 70  d | 32.5  ab |
| N₁₈₀     | SR₁₈₀  | 61.7  ab | 145.3  a | 31.5  c | 238.6  ab | 125.9  ab | 66.7  e | 76.9  a | 33.3  a |
| N₂₂₅     | SR₂₂₅  | 61.6  ab | 136.3  d | 31.5  c | 229.4  d | 122.1  d | 67.3  de | 72.7  bc | 32.7  ab |
| N₂₇₀     | SR₁₃₅  | 59  i | 140.1  b | 31.3  c | 230.4  d | 123.2  cd | 67.8  de | 72.1  e | 32.2  ab |
| N₂₉₀     | SR₁₈₀  | 61.9  a | 145.8  a | 34.2  b | 241.8  a | 126.9  a | 66.6  e | 77.7  a | 33.4  a |
| N₂₉₅     | SR₂₂₅  | 61  b | 138  c | 36.1  a | 235  c | 124.6  bc | 67.4  ab | 74  ab | 32.6  a |

Note: SO-JT, JT-An, An-M, SO-M, NTA, CTG, NAA, and CAG represent jointing, jointing to anthesis, anthesis to maturity, sowing to maturity, pre-anthesis N translocation, contribution rate of N translocation to grain, nitrogen accumulation amount, and contribution rate of N accumulation to grain, respectively. Different letters in the same column represent significant differences in mean values of three replicate plots according to Duncan’s test; *p ≤ 0.05 and **p ≤ 0.001, respectively.

Plant N partitioning was also influenced by N and SR. Compared with the control treatment (N₀), the N₁₈₀, N₂₃₅, and N₂₉₀ treatments increased the N content by 53.8%, 153%, and 144% in the rachis + glumes, by 84.2%, 149.2%, and 157.6% in the culms + sheathes, and by 65.8%, 107.7%, and 109.4% in the part of leaves, respectively, at anthesis stage. However, this increase in N at the harvesting stage was by 78.7%, 140.3%, and 145.6% for grains, by 52.9%, 98.5%, and 103% for rachis + glumes, by 61.5%, 88.1%, and 99% for culms + sheathes, and by 113.7%, 182%, and 186% for leaves in treatments N₁₈₀, N₂₃₅, and N₂₉₀ compared to N₀ treatment, respectively. Additionally, compared to the SR₁₃₅ treatment, the N₀, N₁₈₀, and SR₂₂₅ treatments increased N content by 8.6% and 1% at the rachis + glumes, by 1.7% and 2% at the culms + sheathes, and by 16% and 3.7% at the parts of leaves, respectively, at anthesis stage. Compared to SR₁₃₅ treatment, the N₀, N₁₈₀, and SR₂₂₅ treatments increased by 9.8% and 6.2% in grains, by 5.5% and 1.8% in the rachis + glumes, by 5.1% and −2% in the culms + sheathes, and by 5.5% and 2.7% in the leaves, respectively, at the maturity stage (Table 5). The range of the N distribution ratio of different parts, i.e., rachis + glumes, culms + sheathes, and leaves were from 17% to 21.9%, from 39.1% to 47.1%, and from 33.5% to 41.6% at anthesis, respectively. The maturity stage range of N distribution was 75.4% to 79.2%, from 5.8% to 7.4%, 8.8% to 11.9%, and from 5% to 6.4% for grains, rachis + glumes, culms + sheathes, and leaves, respectively (Table 5).

Table 5. Combination effects of N and SR on N partitioning during anthesis and maturity stages in 2018–2019.

| N kg ha⁻¹ | SR kg ha⁻¹ | N at Grain | N at Rachis + Glumes | NA at Culms + Sheathes | N at Leaves |
|-----------|------------|------------|---------------------|-----------------------|------------|
|           |            | Anthesis | Maturity | Anthesis | Maturity | Anthesis | Maturity | Anthesis | Maturity |
| N₀        | SR₁₃₅     | 68.9  f | 15  g | 6.8  f | 34.9  f | 10.9  g | 29.2  h | 4.9  d |
| N₁₈₀     | SR₁₈₀     | 77.8  f | 14.5  f | 12.9  f | 35.1  e | 11.2  e | 36.8  h | 5.2  d |
| N₂₂₅     | SR₂₂₅     | 23.2  d | 7.1  c | 6.6  f | 34.9  g | 10.6  e | 36.1  h | 5.1  d |
| N₂₇₀     | SR₁₃₅     | 143.4  c | 26.2  e | 10.8  b | 67.1  d | 18.8  bc | 60.8  e | 11.3  b |
| N₂₉₀     | SR₁₈₀     | 138.5  c | 25.1  e | 10.3  b | 60.6  f | 15.9  d | 60.9  e | 11  bc |
| F-Value  | SR₁₃₅     | 174.9  b | 40.3  c | 13.2  a | 87.7  b | 20.1  bc | 64.6  d | 14  a |
| N₀        | SR₁₈₀     | 188.9  a | 45.4  a | 13.9  a | 88.4  b | 21  abc | 73.3  a | 14.7  a |
| N₁₈₀     | SR₂₂₅     | 181.4  b | 41.2  c | 13.4  a | 85.7  c | 20.2  abc | 70.9  b | 14.4  a |
Table 5. Cont.

| N kg ha$^{-1}$ | SR kg ha$^{-1}$ | Anthesis | Maturity | Anthesis | Maturity | Anthesis | Maturity | Anthesis | Maturity |
|----------------|----------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| N$_{290}$      | N$_{235}$      | 181.7$^{ab}$ | 40.8$^{c}$ | 13.5$^{a}$ | 89.1$^{b}$ | 20.7$^{abc}$ | 69.2$^{c}$ | 14.4$^{a}$ |
| N$_{180}$      | N$_{235}$      | 190.4$^{a}$ | 43.5$^{b}$ | 14.1$^{*}$ | 91.2$^{a}$ | 22.5$^{a}$ | 73$^{a}$ | 14.8$^{a}$ |
| F-Value N      | 184.9$^{a}$    | 38.1$^{d}$ | 13.9$^{*}$ | 89.5$^{ab}$ | 21.7$^{ab}$ | 71.4$^{b}$ | 14.5$^{a}$ |
| N$_{290}$      | 845.1$^{**}$   | 2010.4$^{**}$ | 322.7$^{**}$ | 5332.3$^{**}$ | 83.3$^{**}$ | 24379$^{**}$ | 595$^{**}$ |
| F-value N      | 156.4$^{*}$    | 826.6$^{**}$ | 3774.8$^{**}$ | 1808.8$^{**}$ | 17.6$^{**}$ |
| N*SR           | 19.80$^{**}$   | 36.8$^{**}$ | 4.35$^{*}$ | 19.9$^{**}$ | 2.02 $^{a}$ | 2256$^{**}$ | 3.63$^{*}$ |
| N*SR           | 0.98           | 13.9$^{**}$ | 0.2       | 5.6$^{*}$   | 0.66$^{a}$ | 172.9$^{**}$ | 0.3       |

Note: N, SR, and NA represent nitrogen application, seed rate, and N accumulation, respectively. Different letters in the same column represent significant differences in mean values of three replicate plots according to Duncan’s test; * $p \leq 0.05$ and ** $p \leq 0.001$, respectively. Revision as above.

2.5. N Use Efficiency (NU$_{E}$) Parameters

N rates, SR, and their interaction had a significant effect on N agronomy efficiency (NA$_{E}$), N uptake efficiency (NUP$_{E}$), and N partial factor productivity (NPFP). Increasing N level up to N$_{235}$ kg ha$^{-1}$, NA$_{E}$, NUP$_{E}$, N recovery efficiency (NR$_{E}$), and N harvest index (NHI) were significantly increased. However, increasing N levels beyond N$_{235}$ kg ha$^{-1}$, NA$_{E}$, NR$_{E}$, and NUP$_{E}$ were significantly decreased. The NPFP values were decreased at all N levels. Furthermore, the NA$_{E}$, NR$_{E}$, NUP$_{E}$, NPFP, and NHI values decreased by 12.8%, 10.4%, 17.3%, 13.6%, and 0.4%, respectively, at N$_{290}$ treatment compared to N$_{235}$ treatment. Similarly, SR had a considerable effect on the NU$_{E}$ parameters, but the effect of SR was less compared to the N treatment. Maximum values for the parameters NA$_{E}$, NR$_{E}$, and NUP$_{E}$ were observed from the combination of treatment with N$_{235}$ and SR$_{180}$ (Table 6).

Table 6. Combination effects of N and SR on N use efficiency parameters in 2018–2019.

| N Rate kg ha$^{-1}$ | SR kg ha$^{-1}$ | NA$_{E}$ kg kg$^{-1}$ | NR$_{E}$ % | NUP$_{E}$ kg kg$^{-1}$ | NPFP kg kg$^{-1}$ | NHI % |
|---------------------|-----------------|----------------------|-----------|----------------------|-----------------|--------|
| N$_{180}$           | N$_{235}$       | 9.0$^{f}$            | 39$^{c}$  | 0.9$^{c}$            | 31.2$^{c}$      | 0.76$^{ef}$ |
|                     | N$_{235}$       | 10.7$^{de}$          | 44.9$^{cd}$ | 1.02$^{a}$            | 37.3$^{a}$      | 0.78$^{bc}$ |
|                     | N$_{235}$       | 10$^{*}$             | 42         | 0.98$^{a}$            | 36.9$^{a}$      | 0.79$^{ab}$ |
| N$_{135}$           | N$_{235}$       | 14.4$^{a}$           | 53.4$^{a}$ | 0.95$^{b}$            | 30.8$^{c}$      | 0.79$^{ab}$ |
|                     | N$_{235}$       | 14.4$^{a}$           | 55.2$^{a}$ | 1.02$^{a}$            | 34             | 0.79$^{ab}$ |
|                     | N$_{235}$       | 13.5$^{b}$           | 52.7$^{a}$ | 0.98$^{b}$            | 33.3$^{b}$      | 0.8$^{a}$ |
| N$_{290}$           | N$_{235}$       | 13.4$^{b}$           | 48.8$^{b}$ | 0.8$^{d}$             | 27.4$^{c}$      | 0.79$^{ab}$ |
|                     | N$_{235}$       | 12.1$^{c}$           | 48.6$^{b}$ | 0.83$^{d}$            | 28.9$^{d}$      | 0.79$^{ab}$ |
|                     | N$_{235}$       | 11.4$^{c}$           | 47.3$^{c}$ | 0.81$^{d}$            | 28.4$^{de}$     | 0.79$^{ab}$ |
| F-value             | N$_{135}$       | 156.4$^{**}$         | 82.6$^{**}$ | 3774.8$^{**}$         | 180.8$^{**}$    | 17.6$^{**}$ |
|                     | N$_{135}$       | 6.4$^{**}$           | 4.4$^{*}$  | 20.0$^{**}$           | 55.4$^{**}$     | 7.1$^{**}$ |
|                     | N*SR            | 8.76$^{**}$          | 2.16       | 4.27$^{**}$           | 9.12$^{**}$     | 1.88$^{**}$ |

Note: N, SR, NA$_{E}$, NR$_{E}$, NUP$_{E}$, NPFP, and NHI represent nitrogen rate, seed rate, nitrogen agronomy efficiency, N recovery efficiency, N uptake efficiency, N partial factor productivity, and N harvest index, respectively. Different letters in the same column represent significant differences in mean values of three replicate plots according to Duncan’s test; * $p \leq 0.05$ and ** $p \leq 0.001$, respectively.

2.6. Correlation Analysis

2.6.1. Correlation of GY with Agronomic and Photosynthesis Traits

The key relationships between the GY-related parameter variables are shown in Table 7. There was a significant positive correlation between GY and NS, NGS, TGW, PH, HI, Pn, Gs, SPAD value, and LAI. However, there was no significant relationship between GY and PH (Table 7).
Table 7. Correlation analysis of grain yield with agronomic and photosynthesis traits.

|     | GY   | NS    | NGS   | TGW   | PH    | Pn    | Gs   | SPAD  | LAI  |
|-----|------|-------|-------|-------|-------|-------|------|-------|------|
| GY  | 1    | 0.854 ** | 0.893 ** | 0.626 ** | 0.116 | 0.879 ** | 0.917 ** | 0.788 ** | 0.889 ** | 0.961 ** |
| NS  | 1    | 0.535 ** | 0.418   | 0.346*  | 0.733 ** | 0.641 ** | 0.492 ** | 0.638 ** | 0.638 ** | 0.777 ** |
| NGS | 1    | 0.613 ** | −0.08  | 0.804 ** | 0.942 ** | 0.860 ** | 0.909 ** | 0.900 ** | 0.900 ** |
| TGW | 1    | 0.212 | 0.432 ** | 0.676 ** | 0.566 ** | 0.699 ** | 0.633 ** |
| PH  | 1    | −0.102 | 0.031  | −0.138 | 0.22  | 0.117 |
| Pn  | 1    | 0.747 ** | 0.660 ** | 0.673 ** | 0.631 ** | 0.669 ** | 0.633 ** |
| Gs  | 1    | 0.852 ** | 0.951 ** | 0.923 ** | 0.923 ** | 0.923 ** |
| SPAD| 1    | 1     | 0.813 ** | 0.814 ** | 0.814 ** |
| LAI | 1    | 1     | 1     | 1     | 1     | 1     | 1    |

Note: GY: grain yield; NS: number of spikes; NGS: number of grains per spike; TGW: 1000 grain weight per gram; PH: plant height (cm); HI: harvest index; Pn: net photosynthesis; Gs: stomatal conductance; SPAD: leaf greenness; LAI: leaf area index. * and ** mean significantly correlation at *\( p \leq 0.05 \) and **\( p \leq 0.001 \), respectively.

2.6.2. Relationship between GY and Enzyme Activities and NUE Parameters

Grain yield had a significant and positive relationship with nitrogen reductase (NR) and glutamine synthesis (GS) enzymes, N agronomic efficiency (NAE), N recovery efficiency (NR\(_E\)), and N uptake efficiency (NUP\(_E\)). However, GY had a significantly negative relationship with N translocation’s contribution before anthesis to grain (CTG) (Figure 6).

Increasing N application from 235 to 290 kg ha\(^{-1}\), GY did not increase significantly (0.4%) while NAE, NR\(_E\), and NUP\(_E\) were decreased 12.8%, 10.4%, and 17.3%, respectively. Maximum GY and highest values of NUE parameters, particularly NAE, NR\(_E\), and NUP\(_E\), were observed from the combination of treatment with N\(_{235}\) and SR\(_{180}\) (Tables 1 and 6).
3. Discussion

DM and N translocation are well-known to greatly contribute to the final GY [22,23]. However, there is a lack of research on the combined effects of N and SR on the DM and N translocation, NU_E parameters, growth physiological parameters, and their relationship with GY in winter wheat. The effects of the excessive rate of N and N’s compensation by increasing SR on final GY and NU_E parameters were unknown.

3.1. Physiological Characteristics

The plant leaf’s photosynthesis capacity plays a crucial role in plant growth and grain yield [24], and approximately 70% of productivity is derived from post-anthesis photosynthesis. In the present study, increasing N application and decreasing SR, resulted in a significantly increased Pn, Gs, and SPAD values in both growing seasons. Furthermore, LAI was significantly increased by increasing N application and SR (Figures 1–3). However, it has shown that the maximum values for Pn, Gs, and SPAD parameters were exhibited from the combination of N_{290} + SR_{135} treatment but there were no significant differences between the mentioned and N_{235} + SR_{180} treatment. The main reason for decreasing the Pn, Gs, and SPAD values by increasing SR might be due to more competition and the overcrowded shading effect as reported by [25]. In addition, N reductase (NR) and glutamine synthesize (GS) increased significantly with the N application rate and the declaration of SR. Notably, there was no significant difference for the value of both mentioned enzyme activities when N fertilizer amount increased from N_{235} to N_{290}. These findings suggest N and SR’s optimization benefits for maintaining strong photosynthesis capacity and N assimilation ability in wheat plants.

3.2. Grain Yield (GY) and N Use Efficiency (NU_E)

Simultaneous improvement in GY and NU_E of wheat is an important objective in modern agriculture management. Here, we investigated the suitable combinations of N and SR to obtain higher GY and NUE. The maximum value was observed with the treatment of N_{235} + SR_{180} kg ha^{-1} in both growing seasons. The previous finding can explain that too high plant density had no significant effect on wheat grain yield [11,26]. According to our results, yield loss caused by reducing the N rate can be compensated by increasing SR (Figure 2). It was estimated by a linear regression that every decrement of 1 kg N ha^{-1} can be replaced by adding 0.6 kg ha^{-1} SR. The GY obtained by adding SR is clearly attributed to the increasing spike number (SN) (Table 1). Moreover, the yield in 2017–2018 (Y1) was much lower than that in 2018–2019 (Y2), which may be due to the adverse weather conditions. There was excessive rainfall and less sunshine during grain filling in the first growing season (Figure 1), leading to lower yield components and GY [1].

NU_E results from the incorporation of N-uptake efficiency (NUP_E) and N-utilization efficiency (NUT_E) [27]. In detail, NUP_E the plant’s capacity to extract N from the soil, and depending on the root structure and the relation of N transporters [28]. In this study, increasing N application from N_{235} to N_{290} resulted in a decrease in NAE, NR_E, NUP_E, and NPFP by 12.8%, 10.4%, 17.3%, and 13.6%, respectively. Similarly, a result was obtained by [29] that treatment with N_{240} and N_{300} compared to treatment with N180, NPFP were decreased by 24.5% and 37.4% and NAE were decreased by 23.5% and 31.9%, respectively. The decrease in NU_E after the optimal rate might be due to more losses by increasing N application according to the previous finding of [11]. Here, our results further confirmed that NU_E components were significantly increased up to a certain amount of SR (180 kg ha^{-1}), which is in good agreement with the previous study [30]. This increase in the NU_E response to the high SR could be due to an increase in the density of the roots in the soil, which enhanced N from deeper parts of the soil. Therefore, it is not surprising that maximum values of NAE_E, NR_E, and NUP_E were also observed from the optimal combined treatment (N_{235} + SR_{180}), which was also the case for grain yield (Table 2). Our study thereby provides a practical management method approaching higher GY and NUP_E by the optimization of N and SR.
3.3. Accumulation and Translocation of DM and N

Total dry matter accumulation and partitioning into separate parts of the plant were significantly affected by combined N and SR’s combined treatments. The maximum value of total dry matter and individual parts especially grains, rachis + glumes, and leaves, was also obtained from the combination of N$_{235}$ + SR$_{180}$ treatment. Recent studies reported that the contribution of pre-anthesis translocation to grain was significantly decreased when the N application rate increased [31,32]. Similarly, the result of the current experiment showed that the contribution of pre-anthesis DM translocation was significantly decreased with increasing N rate, while pre-anthesis DM translocation, post-anthesis DM accumulation, and contribution of post-anthesis DM accumulation to grain were significantly increased. The main reason for the decreasing contribution of pre-anthesis DM translocation to grain might be that early senescence occurred due to N deficiency, which would speed up the pre-translocation from leaf and stem to spike. Furthermore, increasing seed rate significantly increased pre-anthesis dry matter translocation, post-anthesis DM accumulation, and contribution of post-anthesis DM accumulation to the grain. Parallel to our finding, it was reported that post-heading DM and N accumulation was significantly increased with increasing SR [33]. It should be noted that an excessive amount of N application (N$_{290}$ kg ha$^{-1}$) as well as SR (SR$_{225}$ kg ha$^{-1}$) did not increase the amount of DM translocation.

Total N accumulation, partitioning, and translocation showed the same trend with the above part of DM. Both N and SR up to optimal levels (N$_{235}$, SR$_{180}$) significantly increased the total N content of individual parts. The same finding reported that no further increase was observed in the uptake of N at N fertilizer and the density of the plant beyond 240 kg N ha$^{-1}$ and 405 plants m$^{-2}$ [21,34]. N translocation, postanthesis N accumulation, and postanthesis N accumulation contribution of post-anthesis N accumulation to the grain were higher in the high N treatments compared to control and low N treatment. A similar result was found that N translocation and post-anthesis N accumulation were enhanced with increasing N application rate [23]. In the current experiment, N translocation, N accumulation after anthesis, and contribution of post-anthesis to grain response to seed rate were significantly increased from SR$_{135}$ to SR$_{180}$ kg ha$^{-1}$.

3.4. Relationship of GY with Related Parameters

Our results showed that GY has a significant and positive correlation with $P_n$, $G_s$, SPAD value, LAI, and other GY components (Table 7). This is similar to the results from the study by Jiang et al. [24]. Furthermore, the regression analyses also revealed that GY had a positive correlation with NR, GS, N$_{AE}$, N$_{RE}$, and N$_{UP_E}$ while showing a negative correlation with CTG (Figure 6). It was also observed that NR and GS activities were highly positively correlated with photosynthesis capacity, which is consistent with previous studies [35,36]. Here, we found that GY had a significant positive correlation with N$_{UE}$ parameters such as N$_{AE}$, N$_{RE}$, and N$_{UP_E}$. This was not in agreement with the previous finding that GY showed a negative correlation with N$_{UE}$ [37,38]. The reason might be due to a certain amount of N + SR (N$_{235}$ + SR$_{180}$), in which both N$_{UE}$ and GY were significantly higher up to the previous partnership. In conclusion, we found that N and SR’s improper rate cannot increase GY, but significantly decreased N$_{UE}$. In this regard, to achieve the maximum GY and N$_{UE}$, it would be better to use the optimal amount of both N and SR, which is the result of the current experiment, and the suitable combined treatment was N$_{235}$ + SR$_{180}$. Furthermore, by using a suitable combination of N and SR (SR$_{180}$ N$_{235}$), replacing N to SR especially for balancing GY and N$_{UE}$ would be the best method for sustainable agriculture. According to our findings, we infer that, based on low SR (SR$_{135}$), 1 kg ha$^{-1}$ N could be saved by increasing approximately 0.6 kg ha$^{-1}$ SR.
4. Materials and Methods

4.1. Plant Material and Experimental Site

The field experiment was conducted during two successive growing seasons (2017–18 and 2018–19) at the XuYi Rice and Wheat demonstration center (118°43′N and latitude 32°59′E) in Jiangsu province, China. The winter wheat cultivar Ningmai 13 was used in both growing seasons. The soil type was clay loam and the pH was 6.8. It contained 31.07 g kg\(^{-1}\) of organic matter, 2449 g kg\(^{-1}\) of available N, 27.3 mg kg\(^{-1}\) of available phosphate, and 240 mg kg\(^{-1}\) of available potassium. Seeds were sown on 31 October 2017, and 1 November 2018, and the crop was harvested on 3 June 2018, and 6 June 2019, respectively.

4.2. Experiment Design

The experiment was carried out according to the split-plot design with three replicates. The main plot consisted of three seed rates (SR\(135\), SR\(180\), and SR\(225\) kg ha\(^{-1}\)) and the subplot comprised two levels of doses of N in the first year (N\(235\) and N\(290\) kg ha\(^{-1}\)) and three N levels in second year of the experiment (N\(180\), N\(235\), and N\(290\) kg ha\(^{-1}\)). At the first growing season, there was no significant effect between N\(235\) and N\(290\) for GY, because of that we added N\(180\) kg ha\(^{-1}\) treatment at the second growing season to determine the N effect as well to determine the optimum rate of N for GY. An N-control plot (N\(0\)) was also used at the second growing season per replication for the calculation of NUE parameters.

N fertilizer was applied as urea (46%), phosphorus (P) and potassium (K) fertilizer as calcium superphosphate (15%), and potassium chloride (60%) at the rates of 120 (P\(_2\)O\(_5\)) and 120 (K\(_2\)O) kg ha\(^{-1}\). All of the phosphorus and potassium fertilizer and 70% of the total amount of N fertilizer were spread by hand before plowing at the time of sowing. The remaining N fertilizer (30%) was applied at the first node (31) according to BBCH. Each plot size was 4 x 3 m and consisted of 12 rows with a row-to-row distance of 25 cm.

In this experiment, the rice–wheat rotation system was undertaken for the long term. Rice cultivation techniques such as puddling, transplanting, and flooding, and the whole amount of straw returned to the field almost in the last decade. Only 5 cm of rice straw remains above the ground. Moldboard plough was followed by rotary plough as primary and secondly tillage. The depth of moldboard tillage was 20 cm and that of the rotary plough was 10 cm. Wheat seeds were sown with a seed drill precise machine with surface stubble plowing and roll compaction. For high-yield production, insects, diseases, and weeds were controlled two times by spraying insecticide (Biscaya), fungicide (Capalo), and herbicide (sulfosulfuron) during both growing seasons.

4.3. Grain Yield and Yield Components

Uniform plants at the flowering stage were tagged with labels and were sampled at a later stage. At the maturity stage, ears/spikes from the area of 0.5 m\(^2\) (without taking a sample) of each plot were collected to determine GY and yield components.

4.4. Photosynthesis, SPAD, LAI, N, and Enzyme Activities in Leaves

Photosynthesis (Pn), stomatal conductance (Gs), SPAD, and LAI were measured at the jointing stage, anthesis, 10 days after anthesis (DAA), and 20 DAA. Pn and GS were measured by a portable gas exchange analyzer (LI-6400XT;LI-COR-Inc., Lincoln NE, USA) at 9:00–11:00 a.m. on a sunny day. The concentration of CO\(_2\) in the leaf chamber, light intensity, and relative humidity were set as 380 µmol mol\(^{-1}\), 1000–1100 µmol m\(^{-2}\)s\(^{-1}\), and 500 mL min\(^{-1}\), respectively. The SPAD value was determined by Minolta 502 chlorophyll meter (Minolta, Japan). LAI was measured with using a leaf area meter (LI-3100, LI-COR, Lincoln, NE, USA). N concentration was determined by the micro Kjeldahl method [39]. Nitrate reductase (NR) and glutamine synthesis (GS) were determined according to the method previously described by [36] and [40].
4.5. Dry Matter (DM) and N Translocation

DM and N accumulation (DMA and NA), translocation, and their contribution were estimated according to [31] and [41] by using the following equations (Table 8).

Table 8. Equations for estimating dry matter and nitrogen translocation.

| Parameters | Equation | Unit |
|------------|----------|------|
| PTA | Pre-anthesis DM translocation | DM of vegetative parts at anthesis—at maturity | kg ha$^{-1}$ |
| CPT | Contribution of pre-anthesis DM translocation to grain | PTA ÷ GY at maturity × 100 | % |
| PAA | Post-anthesis DM accumulation | Biomass at maturity - biomass at anthesis | kg ha$^{-1}$ |
| CPA | Contribution of post-anthesis DM accumulation to grain | PAA ÷ GY at maturity × 100 | % |
| NTA | Pre-anthesis N translocation | N of vegetative parts at anthesis—at maturity | kg ha$^{-1}$ |
| CTG | Contribution of pre-anthesis N translocation to grain | NTA ÷ grain N ×100 | % |
| NAA | Post-anthesis N accumulation | Plant N accumulation at maturity—N accumulation at anthesis | kg ha$^{-1}$ |
| CAG | Contribution rate of post-anthesis N accumulation to grain | NAA ÷ grain N ×100 | % |

4.6. Use Efficiency ($NU_E$) Parameters

$NU_E$ parameters were determined using the following equations described by [17], and [42] (Table 9).

Table 9. Equations for estimating $NU_E$ parameters.

| Parameters | Equation | Unit |
|------------|----------|------|
| NA$E$ | N agronomy efficiency | (GY with N—GY without N) ÷ N application rate | kg kg$^{-1}$ |
| NR$E$ | N recovery efficiency | (total N uptake with N—total N uptake without N) ÷ N application rate | % |
| NUP$E$ | N uptake efficiency | Above-ground N at harvesting ÷ N application rate | % |
| NPFP | N partial factor productivity | GY ÷ N application rate | kg kg$^{-1}$ |
| NHI | N harvest index | Grain N accumulation at maturity/plant N accumulation at maturity | mg mg$^{-1}$ |

4.7. Weather Condition

Monthly average temperature, rainfall, and sunshine at the experimental site over two successive years (2017–2018 and 2018–2019) are presented in Figure 7. There was considerable variation between the two growing seasons. At the active tiller stage (from late January to the end of the first week of February), the minimum temperature in 2017–2018 was lower (−4.5°C) compared to that of the second growing season (−0.5°C). At the anthesis stage, the average rainfall in the first growing season was 538 mm, which was 64.02% higher than that in the second growing season (328 mm).
4.8. Statistical Analysis

Two-way ANOVA (SPSS version 17.1) was used for analyzing the variance among different treatments. The means were tested with the least significant difference at the 0.05 probability level \((p \leq 0.05\) by Duncan’s). Pearson’s correlation between grain yield and related parameters were calculated through the SPSS version 17.1. All graphs and linear regression analyses were done by sigmaplot 14.0 software (Chicago, IL, USA).

5. Conclusions

In summary, the GY, DMA, NAC, NU_E parameters and physiological parameters increased significantly with the combination of N_{235} and SR_{180}. However, the excessive rate of N application cannot increase GY and other parts of plant DM but it decreased NAE, NRE, and NUP_E. Our result confirmed that maximum GY and higher NU_E components could be achieved via avoiding excessive use of N, and optimizing the compensation effect of increasing SR for reducing N application.

Author Contributions: M.H., Q.Z. and D.J. designed the experiments. M.H. analysed data, interpreted data, and wrote the original draft of the manuscript. M.H., A.S. and M.S.J. carried out the experiments, curated and analyzed data. M.H., J.C., X.W., Q.Z. and T.D. were involved in the management of the experiment. D.J. participated in supervision of the project. M.S.J., Q.Z. and D.J. participated in the critical reading and discussion of the manuscript. H.M. did formal analysis and methodology. All authors have read and agreed to the published version of the manuscript.

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