Oral Exposure to Silver Nanoparticles or Silver Ions May Aggravate Fatty Liver Disease in Overweight Mice

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∗ Supporting Information

ABSTRACT: As the applications and environmental release of silver ions and nanoparticles are increasing, increasing human exposure to these pollutants has become an emerging health concern. The impeding effects of such pollutants on susceptible populations are severely under-studied. Here, we demonstrate that silver nanoparticles (Ag NPs), at a dose that causes no general toxicity in normal mice, promotes the progression of fatty liver disease from steatosis to steatohepatitis only in overweight mice. Exposure to Ag+ ions induces the same effects in overweight mice. Ag NPs rather than Ag+ ions cause this disease progression based on our findings that Ag+ ions are partly reduced to Ag NPs in fatty livers, and the toxic effect is correlated with the liver dose of Ag NPs, not Ag+ ions. Furthermore, the Ag NP-induced pro-inflammatory activation of Kupffer cells in the liver, enhancement of hepatic inflammation, and suppression of fatty acid oxidation are identified as key factors in the underlying mechanisms.

INTRODUCTION

Due to their antibacterial properties, silver nanoparticles (Ag NPs) have been extensively used in a wide range of healthcare and consumer products, including clothing, consumer electronics and appliances, dietary supplements, and medical supplies.1,2 The number of Ag NP-based consumer products on the market had reached 442 (out of 1827 nanomaterial-based products) by May of 2017.2 The production, usage, and disposal of Ag NP-based products have inevitably increased the environmental accumulation of and human exposure to Ag NPs.3,4 In addition to Ag NPs, Ag+ pollution is also prevalent. Wide applications of silver compounds in medical fields include silver nitrate, acetate, and sulfadiazine.5 Ag+ pollution also comes from the photographic6, electrochemical7, and silver mining industries.7 A telling example is that in a photo-processing wastewater sample, Ag+ content is as high as 300 μg/L.9 Metal ions can also be converted to nanoparticles in biological bodies such as in plants,10 microorganisms,11 and animal cells.12 Therefore, when Ag+ ions are distributed into animal organs, it is likely that a proper reductive microenvironment may convert them to Ag NPs. The toxicity of Ag+ ions has long been recognized.16 Recently, toxicity of Ag NPs has also been extensively reported.16,17 However, in most cases, whether the observed toxic effects are from Ag+ ions or from Ag NPs remains elusive. Furthermore, the impacts of these pollutants on susceptible populations, such as the overweight population, are severely under-studied.

Overweight and obesity have become a prevalent health threat worldwide in both developed18,19 and developing countries.19,20 According to the WHO, more than 1.9 billion adults were overweight or obese in 2014, among which 69%

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(1.3 billion) were classified as overweight individuals, while 31% (600 millions) were obese (BMI ≥ 30 kg/m²). This significantly large population is still increasing rapidly due to lifestyle changes in many countries and regions. In addition to the risk of heart disease,12 diabetes,13 and cancer,14 overweight and obesity also increase the risk of nonalcoholic fatty liver disease (NAFLD), which is a spectrum of liver abnormalities such as simple steatosis (steatosis without hepatocellular injury), nonalcoholic steatohepatitis (steatosis with inflammation and hepatocyte ballooning degeneration), fibrosis, cirrhosis and, ultimately, hepatocellular carcinoma.5,6,26

Previous studies have shown that the liver is a major organ for deposition of nanoparticles after absorption.27−31 A single oral dose of Ag NPs induced acute inflammation of the liver in healthy male BALB/c mice, as evidenced by lymphocyte infiltration and increased expression of genes related to inflammation.32 Hepatic inflammation, an increased level of alkaline phosphatase, and infiltration of inflammatory cells in the liver were also observed in healthy Sprague−Dawley rats after a 28-day oral exposure to Ag NPs.33 These findings indicate that Ag NPs may perturb immune functions in animals, while inflammation is strongly indicated in the development of steatohepatitis.34−36 Therefore, a possible role of Ag NPs in causing steatohepatitis needs to be examined.

In this work, we first established a mouse model mimicking the subobese yet significant overweight population by feeding C57BL/6J mice a high-fat diet (HFD) for 8 weeks. Oral exposure to a nontoxic dose of Ag NPs or AgNO₃ to normal and overweight mice for 2 weeks caused no general toxicity in normal mice. However, an accelerated progression from steatosis to steatohepatitis was observed only in overweight mice, with Ag NPs as well as Ag⁺ ions. We found that after absorption and liver deposition, Ag⁺ ions were partially reduced to Ag NPs only in the livers of overweight mice. The Ag NPs that were either deposited or formed in situ in the livers of overweight mice induced activation of Kupffer cells, led to liver inflammation, suppressed fatty acid oxidation, and caused the transition from steatosis to steatohepatitis.

## MATERIALS AND METHODS

**Polyvinylpyrrolidone (PVP)-Coated Silver Nanoparticles.** PVP-coated Ag NPs were purchased from Xuzhou Jiechuang New Material Technology Co., Ltd. (Guangzhou, China). The purity of the Ag NPs provided by the manufacturer was ≥99.99%. The morphological characteristics of PVP-coated Ag NPs were analyzed by transmission electron microscope (TEM, JEM-1011, Jeol, Japan). The hydrodynamic size and the zeta potential of Ag NPs were measured by a particle size analyzer (Malvern Nano ZS90, Malvern, U.K.). The Ag NPs were dispersed in DI water and sonicated for 30 min before administration.

**Animals and Diets.** Male C57BL/6J mice (5 weeks old) were obtained from the institute of Laboratory Animal Science, Chinese Academy of Medical Sciences (CAMS) & Peking Union Medical College (PUMC), Beijing, China. All animal experiments were approved by the Animal Care and Use Committee of Shandong University and were in accordance with the NIH guidelines in “Guide for the care and use of laboratory animals”. After acclimation for 1 week, 130 mice were randomly divided into 2 groups and fed a normal diet (ND) or a high-fat diet (HFD), containing 54.8% ND, 18.9% lard, 1.3% cholesterin, 0.3% cholate, 11.2% saccharose, 8.7% casein, 1.8% premix and 3% maltodextrin, acquired from Shanghai Laboratory Animal Center (SLAC), Shanghai, China. Body weight was recorded every week. After 8 weeks, mice in each group were then randomly divided into 5 groups, with one of these 5 groups sacrificed to confirm NAFLD. The other 4 groups of both ND- and HFD-fed mice were administered sterile water, Ag NPs ([Ag] = 100 or 300 mg/kg) or AgNO₃ ([Ag] = 18 mg/kg) for another 2 weeks. Body weight was recorded every day during Ag NP administration.

**In Vivo Biodistribution Studies.** Tissue samples (the heart, liver, spleen, lung, kidney, small intestine and fat around the small intestine) were added to 10 mL 70% nitric acid and digested in microwave ovens. After dilution with DI water, the Ag content in the digested solutions was analyzed using an inductively coupled plasma-mass spectrometer (ICP-MS, Agilent 7700, Santa Clara CA, U.S.A.).

**TEM and EDX Analysis.** The liver samples were dissected into 1−2 mm³ portions in 2.5% glutaraldehyde immediately after removal from the abdominal cavity and fixed in 2.5% glutaraldehyde for no less than 24 h. Ultrathin sections were then cut and analyzed with TEM (JEM-2100, Jeol, Japan). The elemental composition of the observed particles was analyzed in situ with an INCA energy dispersive X-ray spectrometer (Oxford Instruments, Oxfordshire, U.K.).

**Histopathological Examination.** The liver samples were fixed in 10% buffered formalin for 24 h and then embedded in paraffin. Paraffin-embedded sections were stained with hematoxylin and eosin staining (H&E staining). NAFLD activity was scored by an experienced pathologist blinded to the experimental procedures according to the criteria outlined in previous studies.36,37 Frozen sections were stained with Oil Red O staining for further confirmation of the steatosis.

**Biochemical Analysis.** Liver lipids were extracted with a mixture of chloroform/methanol (2:1 v/v).38 Liver cholesterol was analyzed using a commercial kit according to the manufacturer’s protocol (Zhejiang Dongou Diagnostics Co., Ltd., Zhejiang, China). Serum CHOL, TG, and LDL levels were measured using an automatic biochemical analyzer (P800, Roche, U.S.A.).

**Statistical Analysis.** SigmaPlot 12.0 was used for statistical analyses. One-way ANOVA, followed by least-significant difference or Tukey’s tests, was performed to determine significance. Numerical data are presented as the means ± s.d. Differences were considered significant when P < 0.05. Unless noted otherwise, all experiments were repeated at least twice with 7 biological replicates and similar results were obtained. No animals were excluded from analysis.

## RESULTS AND DISCUSSION

**Overweight Mouse Model.** To establish an overweight mouse model, we fed male C57BL/6J mice (6 weeks old) a normal diet (ND) or a high-fat diet (HFD) for 8 weeks. In the second week on a HFD, a noticeable change in body weight (5.6% higher) of HFD-fed mice was observed (Figure S2a of the Supporting Information, SI). By the end of the eighth week, the body weight of HFD mice was ~20% higher than that of ND-fed mice. Lipids in these mice were more abundant (Figure S2b). Serum levels of cholesterol (CHOL), high-density lipoprotein (HDL), and low-density lipoprotein (LDL) were 47%, 38%, and 90% higher, respectively, in HFD-fed mice compared with those in ND-fed mice (Figure S2c).

A person is classified as overweight if he or her body weight is 10% heavier than the average49 or as obese if the body weight...
is 20% heavier. The translation of the overweight criterion from human to mouse gives a body weight increase of 20% as overweight. In this study, an overweight mouse model was established after feeding mice a HFD for 8 weeks as shown by a 20% increase in body weight, increased abdominal fat and high serum lipids levels. The first question we asked was whether HFD mice were more susceptible than ND mice when orally exposed to Ag NPs.

**Doses of Ag NPs and Ag⁺ ions.** In this study, spherical PVP-coated Ag NPs with an average diameter of 30.0 ± 4.7 nm (Figure S1a-b) were used. The hydrodynamic diameters of Ag NPs, measured by dynamic light scattering (DLS), were 33.6 ± 7.5 nm in water (Figure S1c), which indicated that Ag NPs were well suspended in water. The Ag NPs had a negative charge at pH ≈ 6.8 with a zeta potential of −30.6 ± 1.6 mV in water (Figure S1d). The charges of Ag NPs further stabilized the nanoparticle suspension. Because all Ag NPs release Ag⁺ ions in solution, we then tested the PVP-coated Ag NPs (30 nm) for Ag⁺ release at a concentration of 30 mg/mL in DI water (pH 6.8) and in simulated gastric juice (pH 1.2). The Ag⁺ release from Ag NPs was approximately 0.1% and 0.5% in 24 h at pH 6.8 and pH 1.2, respectively (Figure S1e, f). Ag NPs dispersed in acidic solutions may have a higher Ag⁺ release. However, Cl⁻ ions in simulated gastric juice might react with Ag⁺ to form insoluble AgCl, resulting in a lower Ag⁺ detected in simulated gastric juice with pH values as low as 1.2.

To select a proper dose of Ag NPs, we orally administered aqueous solution of Ag NPs at a daily dose of 100 or 300 mg/kg to normal or overweight mice for 14 days (Figure 1a) and evaluated the Ag NP-induced general toxicity by monitoring the serum levels of alanine aminotransferase (ALT, b), aspartate aminotransferase (AST, c), alkaline phosphatase (ALP, d), and creatinine (CREA, e) for the determination of a suitable experimental dose. Data are shown as the means ± s.d. (n = 7 per group).

Figure 1. Administration of Ag NPs at different doses to normal/overweight mice and their effects on serum biochemical indexes. (a) ND or HFD feeding and Ag NP exposure schedule. Mice were orally administered Ag NPs (100 or 300 mg/kg) daily for 2 weeks after feeding mice a HFD or ND for 8 weeks. (b–e) Serum levels of alanine aminotransferase (ALT, b), aspartate aminotransferase (AST, c), alkaline phosphatase (ALP, d), and creatinine (CREA, e) for the determination of a suitable experimental dose. Data are shown as the means ± s.d. (n = 7 per group).
Accumulation of Ag NPs in Major Organs. After oral administration of Ag NPs and Ag⁺ to both ND and HFD mice for 2 weeks, mice were sacrificed, and the major organs were analyzed for the amount of Ag. It was found that a portion of Ag NP and most Ag⁺ were absorbed (Figure 2a–f) and redistributed in all major organs, such as the liver, the spleen, the lung, the heart, and the kidney (Figure 2g), suggesting that both Ag NPs and Ag⁺ ions were absorbed. However, the levels
of their absorption were different. Quantitative analyses of Ag revealed that the deposition of Ag+ in the liver was 23.5- and 25.7-fold higher than that of Ag NPs for both ND and HFD mice. This trend was observed in all organs, indicating a much higher general absorption efficiency for Ag+ compared to Ag NPs. Consistent with these results, more Ag NPs were found in the small intestine and the fat surrounding the small intestine (Figure 2g) in HFD mice. Therefore, a reduced amount of Ag NP crossing the small intestine and the trapping of Ag NPs in the surrounding fats were likely responsible for the reduced deposition of Ag NPs in various organs in both mice models, particularly for HFD mice.

Reduction of Ag+ Ions to Ag NPs in the liver of HFD mice. To identify the physical locations of Ag NPs in the liver, we examined slices of liver tissues with TEM (Figure 3a–f). Nanoparticles (diameter ≈ 30 nm) were observed in both Kupffer cells (Figure 3b) and the adiposomes of hepatocytes (Figure 3c) in the livers of HFD mice after Ag NP treatment. To our surprise, after oral administration of an AgNO3 solution, nanoparticles with similar sizes were also observed in the space of Disse (Figure 3e) and fibrocytes (Figure 3f) in the livers of HFD mice, which were confirmed to be Ag NPs based on energy-dispersive X-ray emission spectra (EDX) analysis (Figure 3g). In addition to silver, significant sulfur signals but not chlorine were detected. In contrast, no nanoparticles were observed in the livers of ND mice after AgNO3 treatment, as determined by TEM examination of 120 liver images from three different ND mice (Figure 3d).

The observation by TEM of sulfur containing Ag NPs has also been reported in tissues such as the intestinal system46 and the kidney47 of rats exposed to ionic silver. In the present study, no Ag NPs could be detected by TEM in livers of ND mice. This was in agreement with previous studies and could be related to either a very small size or a low number of the Ag NPs in the tissue.46 However, Ag NPs were detected in the space of Disse and the fibroblasts in livers of HFD mice. This suggested that not only formation of silver−sulfur nanoparticles but also reduction of Ag+ to Ag NPs might occur in the liver of HFD mice.

The mouse liver has a strong antioxidant capability. To explore the different reduction capabilities in the liver of ND and HFD mice, we first determined that the GSH concentrations in the livers of ND and HFD mice were 0.30 and 0.45 μmol/mL, respectively, showing a 50% increase in HFD mice (Figure S3a). Using the concentrations of Ag+ and GSH determined in the livers of HFD or ND mice, we then carried out the Ag+ reduction experiments in vitro. Using a cloud point extraction method49, we quantitatively determined that approximately 5% of the total Ag+ ions deposited in the liver were reduced to Ag NPs, with a GSH concentration similar to that in the liver of HFD mice, while no Ag NPs were formed under the conditions mimicking ND mice (Figure S3b–d).

Ag NPs Caused a Progression from Steatosis to Steatohepatitis in HFD Mice. Oral administration of Ag NPs ([Ag] = 300 mg/kg) or AgNO3 ([Ag] = 18 mg/kg) for 2 weeks did not change the body weight or organ coefficient in both ND and HFD mice (Figure S4). No behavioral abnormality was observed throughout the exposure period. On the basis of the observation that the highest Ag deposition was found in the liver after administration of either Ag NPs or Ag+ (Figure 2g),
we further analyzed the liver injury in ND and HFD mice. No evident pathological changes were observed after Ag NP or AgNO₃ treatment for 2 weeks (Figure 4a−c) in the livers of ND mice. In contrast, HFD feeding alone induced hepatic steatosis in HFD mice (Figures 4d and S5a). To explore the detailed liver injuries, we examined the steatosis, focal

Figure 5. Ag NPs caused increased lipid accumulation and hepatic inflammation in HFD mice. (a−c) Serum TC (a), HDL (b) and LDL (c) levels after various treatments. (d) TC content in the liver. (e, f) Levels of the pro-inflammatory cytokines IL-6 (e) and TNF-α (f) in the liver. Data are shown as the means ± s.d. (n = 7 per group).

Figure 6. Ag NPs enhanced hepatic inflammation in HFD mice. (a, b) PCR array analysis of the expression of fatty liver-related genes in the livers of overweight mice after Ag NP or Ag⁺ treatment. Genes involved in inflammation (Il6, Il10 and Tnfa) were upregulated, and genes related to fatty acid oxidation (Ppard and Pdk4) were downregulated. (c) Reverse transcription polymerase chain reaction (RT-PCR) analysis of genes related to the activation of Kupffer cells. Data are shown as the means ± s.d. (n = 7 per group). (d, e) NF-κB, Akt, JNK, and p38 MAPK activity in the livers of HFD mice analyzed by Western blotting. (f) A schematic showing the Ag NPs-induced production of pro-inflammatory cytokines.
inflammation, and hydropic degeneration semiquantitatively by examination of 70 images from five liver slices for seven mice in each group. By counting the number of abnormal cells in each category, as represented by scores (Figure 4a–f), it was evident that both Ag NP and AgNO₃ administration in overweight mice led to a progression from hepatic steatosis to steatohepatitis, featuring inflammation and hydropic degeneration.

To further confirm the Ag NP- or AgNO₃-accelerated fatty liver disease in overweight mice at the molecular level, we examined the lipid levels in the blood and livers of mice and the pro-inflammatory cytokine production in the livers of both ND and HFD mice. Increased serum levels of total cholesterol (TC, 26% and 34% higher respectively, Figure 5a), high-density lipoprotein (HDL, 29% and 33% higher, respectively, Figure 5b) and low-density lipoprotein (LDL, 49% and 35% higher, respectively, Figure 5c) were observed in HFD mice treated with Ag NPs or AgNO₃. Quantitative analysis of liver samples showed an increase in hepatic TC levels (15% and 14% higher, respectively) in HFD mice after Ag NP or AgNO₃ treatment (Figure 5d). Ag NP or AgNO₃ administration also increased the production of hepatic interleukin-6 (IL-6, Figure 5e) and tumor necrosis factor-α (TNF-α, Figure 5f) in the livers of HFD mice, suggesting a higher level of hepatic inflammation in these mice. These results strongly corroborated the histopathological results and confirmed that Ag NPs or AgNO₃ accelerated the progression from hepatic steatosis to steatohepatitis.

Because of the Ag⁺-releasing property of Ag NPs, we carefully compared effects from Ag NPs and Ag⁺ treatments. We found that HFD mice were more sensitive than ND mice to Ag NP or AgNO₃ exposures. More focal inflammation and hydropic degeneration of liver cells were found in livers of HFD mice after both exposures, indicating a disease progression from steatosis to steatohepatitis. The extent of toxicity based on either molecular assays or histopathological examinations was quite similar in both Ag NP and AgNO₃ groups, indicating that the liver doses of the causing agent were comparable in mice from these two groups. Comparing liver doses of Ag⁺ and Ag NP in HFD mice treated by AgNO₃ or Ag NPs, we found that the amount of Ag⁺ in AgNO₃ group was 400- to 4800-fold that in the Ag NP group. This was because Ag⁺ ions were efficiently absorbed, while Ag NPs were poorly absorbed. Alternatively, the amounts of Ag NPs in two groups were comparable (0.60 μg/g vs 0.74 μg/g) because only 5% of Ag⁺ ions were reduced to Ag NPs in fatty livers (Figure S3). These liver dose comparisons strongly indicate that it is Ag NPs deposited or formed in situ in the liver of HFD mice, not Ag⁺ ions, that caused the disease progression.

Ag NPs Enhanced Hepatic Inflammation and Suppressed Fatty Acid Oxidation in HFD Mice. Nanoparticles perturb physiological functions by interfering with biomolecules and cellular signaling pathways.⁵⁸,⁵⁹ To explore the molecular mechanisms underlying the acceleration of fatty liver disease in overweight mice, we first analyzed the Ag NP- or AgNO₃-induced expressions of 84 genes related to fatty liver disease in liver tissues of overweight mice using a fatty liver-specific RT² Profiler PCR Array. The results showed that the PPAR-δ gene (Ppard) was downregulated, and several inflammation-related genes (such as Il10, Tnf, and Il6) were upregulated in the livers of overweight mice after treatment with Ag NPs or AgNO₃ (Figure 6a, b).

To further explore the possible inflammatory responses in the livers of HFD mice treated with Ag NPs, we examined the expression of genes reflecting the various activation states of Kupffer cells. It was found that Ag NP administration caused an increased expression of Cid86 and pro-inflammatory cytokines...
(Tnfa and Ile6) in the livers of overweight mice, while no changes in the expression of M2 activation-related genes (Arg1, Cd163, and Cd206) were detected (Figure 6c). These findings were also associated with the translocation of the p65 proteins into the nucleus (Figure 6d) and the increased phosphorylation of Akt, JNK, and p38 MAPK (Figure 6e). The schematic of Ag NP-induced production of pro-inflammatory cytokines was demonstrated in Figure 6f. These results indicated that Ag NP administration induced pro-inflammatory activation of the Kupffer cells, leading to an enhanced hepatic inflammation.

Nanoparticles are cleared from the systemic circulation by the mononuclear phagocyte systems involving monocytes and macrophages.55,56 Kupffer cells are specialized macrophages located in the liver. They are also major immune effector cells in the pathogenesis of nonalcoholic steatohepatitis.57 Kupffer cells trigger nonalcoholic steatohepatitis progression through TNF-α production.58 In this study, Ag NPs deposited or formed in situ in the liver of HFD mice induced the activation of Kupffer cells (Figure 6c), increased the production of pro-inflammatory cytokines including TNF-α (Figure 6e, f), and activated NF-kB and MAPK signaling pathways (Figure 6d, e), resulting in an enhanced hepatic inflammation.

In addition to inflammation, Ag NP administration also induced suppression of Ppard expression, as shown in Figure 6a, b. Therefore, we further tested the expression of Ppard and its target genes to identify the effects of Ag NP exposure on fatty acid metabolism. Our experimental results showed that the expression of Ppard (Figure 7a), its coactivator Pgc1a (Figure 7b), and its target genes, including Cpt1b, Pdk4, Ucp-1, and Fabps (Figure 7c–f), were all downregulated by Ag NP treatment.

PPAR-δ is a ubiquitous receptor that functions as a regulator of fatty acid oxidation in various tissues, including the liver. Activation of PPAR-δ attenuates hepatic lipid accumulation by inducing fatty acid oxidation in both animal models59,60 and human models.61 However, an increased level of TNF-α inhibits PPAR-δ activity, resulting in a downregulation of its target genes, including Pdk4 and Cpt1b.62,65 The down-regulation of PPAR-δ discovered in this work might cause a suppression of fatty acid β-oxidation and enhance the symptoms of hepatic steatosis. Therefore, the observed disease transition to steatohepatitis was caused by joint effects of inflammation and suppression of fatty acid oxidation.

Although potential toxicity from nanoparticles and their potential threats to human health have been frequently suggested, this pilot study emphasizes that such threats are increased for the susceptible overweight population. Although one needs to be cautious about translating mouse studies to human, the compelling findings from this study should raise concerns for the applications of or accidental exposures to Ag NPs in the overweight population.

**ASSOCIATED CONTENT**

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.est.7b02752.

Additional materials and methods and data on nanoparticle characterization, overweight mouse model establishment, systemic toxicity, Ag⁺ ions reduction in fat mice liver, and AgNP-induced fatty liver disease progression (PDF)
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