Influence of Individual Household Heating on PM$_{2.5}$ Concentration in a Rural Settlement.

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Abstract: This article reports the results of research on the concentration of particulate matter (PM) in two places in one village named Kotórz Mały (Poland). The main point of the research was to check the influence scale of different low-emission source forms as components of the anthropogenic factor driving the changes in local air quality. Measurements were made over five cold seasons. To investigate the dust concentrations, the gravimetric and optical method was used. The weather conditions were measured with portable weather stations. It was found that the character of individual heating systems had a major influence on local air quality. The presence of a permanent state of the troposphere and temperature inversion led to the inhibition of pollution dispersion processes and significant local changes, exceeding the recommended PM$_{2.5}$ concentrations limit. The effects of policy still don’t influence air quality trends in the Polish village. The main problem of high concentrations of PM$_{2.5}$ is the old generation of individual heating systems and the lack of significant support from local and national authorities. For the terms considered and the period of observation, meteorological measurements can be considered a sufficient foundation for the estimation of the occurrence of worrying conditions.

Keywords: aerosol; low emission zone; rural area; cold season; meteorology; Poland

1. Introduction

The available works concerned with the subject of air pollution focus primarily on data presentation with regard to air quality in urban and industrialized areas [1–7] or areas exposed to the impact of heavy road transport [8]. Papers discussing the results of research on air quality in rural areas usually cover rural areas located near industrial zones and large metropolitan spaces [9,10]. Given the key criterion determining the necessity of air quality monitoring, that is, the population density, this approach is fully justified. However, the toxic influence of the compounds enriching the earth’s atmosphere negatively affects human health, flora, fauna and the material goods found within rural areas [11]. Authors usually compare urban concentrations of particulate matter (PM) with remote rural areas and find the latter to be much cleaner. In the last century, occasional increase in rural aerosol concentrations were mostly attributed to the transportation of particles from polluted urban or industrial areas and remote natural sources [12]. Of course, this cannot be challenged and is confirmed by a number of observations [13–15]. On the other hand, the air quality in rural areas is largely affected by local emission sources. This issue is better recognized nowadays; over the last decade the number of papers reporting results of studies conducted in the areas of compact rural buildings and small villages has increased. Unfortunately, a significant number of papers aren’t concerned with the situation in rural settlements in European countries. In several papers [10,16–21] it was remarked that, in the cold season (in France, Czech Republic, Austria, Belgium and Poland), the principal source of PM emission is associated with the combustion of conventional fuels in domestic heating systems. The authors mentioned also clearly state that the combustion of biomass has a considerable effect on the local level of air quality. In the
case of the former countries of the eastern bloc, the problem of air quality in rural settlements has only been raised in a few papers [21–24]. Particularly noteworthy is the work devoted to the situation in the Czech countryside. Branis et al. [23] discuss the results of a short, three-week study involving measurements of the concentration of PM (PM$_{2.5}$ and PM$_{10}$) in the area of compact rural buildings. The authors state that traditional heating methods in villages contribute a great extent to local air pollution, which can represent a considerable issue. In fact, this statement is still true. In most small towns and villages in Poland, individual heating systems are still based on the combustion of low-quality coal, or even waste [25]. Households constitute the most significant group of consumers in the small coal recipients sector. In the years 2005–2015, this group consumed between 8.0 to 10.8 million tons of hard coal annually, and its share in the consumption of coal in the sector of small consumers on a national scale changed in the range of 77–81% [25]. Despite many projects carried out in Poland to improve air quality, its condition does not meet the standards set out in the CAFE Directive (Directive 2008/50/EC), especially for dust sub-fractions and related substances (like Polycyclic aromatic hydrocarbons). Poland is one of the countries in which the communal and household sector is the main source of total dust emission (TSP) and its PM$_{10}$ and PM$_{2.5}$ fractions, respectively: 47.8%, 50.9%, and 54.0%. In the case of PM$_{2.5}$ fraction total emission, the share of household heating systems is arising year by year [26].

Concentrations of aerosol particles within local air sheds are affected by meteorological parameters; Khedairia and Khadir [27] stated that it is extremely important to consider the effect of meteorological conditions on air pollution, because they directly influence the dispersion effect of the atmosphere. Locally, clearly unfavorable situations occur under constant atmospheric conditions. Triantafyllou [1] concluded that the highest concentration of PM particles was associated with stagnant air conditions; in such circumstances, local circulations in the area result in recirculation and accumulation of pollutants. During the cold, winter period, stable atmospheric conditions are very often connected with temperature inversion, which traps polluted air masses and provides the highest concentration of particulates. Robinson et al. [28] emphasized that inversion and lack of wind can play a huge role in the retention of the contaminants in a separate area related to high emission.

A review of the literature indicates that the local aerosanitary condition is relative to the intensity of emissions and meteorological parameters. The correlations between PM$_{2.5}$ concentrations and specific meteorological parameters are different for various study areas. The climate conditions, location, and local emission sources, as well as the effects of long-range transport, have a considerable effect on the results. For example, on the Greek coast and in Algeria, higher concentrations of aerosols are noted in the summer than in the winter [14,27]. This means that each region needs to be considered individually. Unfortunately, in contrast to many Asian and American countries, in Poland there is a virtual lack of studies on air quality around compact rural buildings. The number of measuring stations in rural areas against the number of inhabitants per square kilometer is also an alarming index [24].

In Poland, around 14% of households have a problem with so-called “energy poverty”. The three main factors affecting “energy poverty” are low household income, the low energy efficiency of inhabited buildings and equipment, and inefficient use of energy and equipment by households. Over 76% of these households are located in villages [29]. Branis et al. [23] explained why the permanent use of cheap energy carriers is popular in the countries in the former eastern bloc: “the economic transformation has not positively influenced combustion practices of inhabitants in small towns and villages to the same extent. Hand in hand with the increasing prices of oil, electricity and natural gas, the people have tended to return to traditional and cheaper fuels”. For the same reason, not only in the Czech Republic, but especially in Poland, many households still use or have returned to traditional hard coal burning. A crucial presumption seems to be that more ecological fuels are still not frequently used for heating purposes and that this situation may be even worse in poorer Eastern European countries and regions in Romania, Bulgaria, Ukraine, and Belarus [23]. The authors clearly point out the need for more information and research into local air quality, which is needed to better understand this issue.
Taking into account the above factors, the absence of long-term measurements and the small number of publications on the quality of air in rural settlements in the Polish countryside, steps have been taken to analyze the quality of air in non-industrialized rural areas.

The main purpose of this study was to compare the PM$_{2.5}$ levels in two areas of one village, which differ in terms of the individual heating systems used. In addition, to check the potential impact of mitigation policy, the PM$_{2.5}$ mass concentration was compared in different periods of observation. The main focus was on the cold periods of the year, during the steady atmospheric conditions that were strengthened by an anticyclone and the occurrence of tropospheric temperature inversion. The scope, type, place, and conditions of observation enabled the verification of the following hypotheses:

- during cold seasons, the average daily PM$_{2.5}$ concentrations are similar on the borders of one village (I),
- during cold seasons and unstable atmosphere conditions, the average daily PM$_{2.5}$ concentrations are similar on the borders of one village (II),
- during cold seasons and stable atmosphere conditions, the average daily PM$_{2.5}$ concentrations are similar on the borders of one village (III),
- during stable atmosphere conditions, hourly PM$_{2.5}$ concentrations are similar on the borders of one village and no differences exist at any point during the day (IV),
- after undertaken mitigation measures in the form of implementing the low-emission reduction program, average winter PM$_{2.5}$ concentrations are similar for the base season (2010/11) and the last season campaign (2019) (V).

2. Materials and Methods

2.1. Measurement Area Description

Experiments involved the observations of air quality within the two separate zones of the village of Kotórz Mały, Poland (Figure 1). Both zones were indicated as an area of 300 m radius from the receptors. The first zone (S1) with 94 individual point emitters (IPE) is characterized by rural development, which predominantly uses obsolete individual heating systems (hard coal, 91%, wood, 6%, only 2% of non-emission heating systems). The second zone with 71 IPE in 2010–2014 and 84 IPE in 2019 is a modern building area (S2), where the production of heat energy mainly uses gaseous fuel or pellets (43%), eco-coal and wood (33%) and electricity and heating pumps (19%). At both sites, the emission activity was indicated by using ad oculos observations, on the base of local authorities’ data and individual answers from the heating systems users. Measurement points were located in the centre of both zones. In S1 and S2, the nearest chimneys were situated 15 m from measurement points. The distance between S1 and S2 is 1.4 km.

**Figure 1.** Location of the experiment sites.

Kotórz Mały is a small village (with a population of approx. 1000). Except for two small carpentries, there is a lack of local industry or enterprises that substantially affect air quality (both carpenters are equipped with high-efficiency dust collection systems). During the cold season, in the rural populated area, the main local source of air pollution is associated with domestic heating [21–23,30]. The annual-average fuel consumption in individual households varies widely and
depends not only on the efficiency of energy devices, the expected thermal comfort but also on the wealth of household residents (in the Opole Voivodeship, over 27,000 households are affected by the problem of “energy poverty” [25], no data about situation in Kotórzy Mały). Table 1 presents survey data for tested village (n = 92).

Table 1. Average fuel consumption [Mg] in the single village household during winter season S1/S2.

| Season       | Hard Coal | Eco-Coal | Wood  | Pellets | Gas  |
|--------------|-----------|----------|-------|---------|------|
| 2010/11      | 7.2/7.1   | 3.4/3.5  | 3.1/3.8 | 1.79/1.72 | 442/449 |
| 2011/12      | 6.9/7.0   | 3.3/3.5  | 2.9/3.2 | 1.75/1.83 | 440/446 |
| 2012/13      | no data   | no data  | no data | no data | no data |
| 2013/14      | 6.6/6.5   | 3.1/3.1  | 2.9/3.0 | 1.52/1.64 | 436/432 |
| 2018/19      | 6.4/6.5   | 3.0/3.2  | 2.8/2.9 | 1.35/1.42 | 419/426 |

The choice of research site was determined by minimizing the influence of the industry and the urban background. The nearest large city (the capital city of the province, Opole, with 122,000 inhabitants) is located 15 km southwest of the village. For the realization of the project criteria (isolated area without significant external emission) Kotórzy Mały proved to be a suitable spot due to of the existence of a natural forest barrier, and on an annual scale, the share of winds from the southwest amounts to ca. 10%, thus greatly limiting the emissions from urbanized areas [24]. The average altitude for Kotórzy Mały is 163–166 m (the average for the Province is 270 m, and for the entire country, is 173 m), and the population density is 106.3 inhabitants per km² (the average for the province is 110 inhabitants per km², and for the entire country, is 120 inhabitants per km²).

2.2. PM$_{2.5}$ Sampling Procedure and Meteorological Data

Measurements of PM$_{2.5}$ mass concentration were taken over four successive cold seasons (361 days; December to February 2010 to 2014). Additionally, the trends were checked during a single measurement campaign in the winter of 2018/19 (38 days from December to January). The last campaign of measurements was to check whether there were differences in air quality after five years, that is, from the possible use of aid programs by the people, enabling a potentially low-cost change of the heating system (and type of fuel) in the household. PM$_{2.5}$ mass concentration measurements were performed in accordance to the European standards PN-EN 12341:2006 (first four measurement campaigns) and PN-EN 12341:2014-07 (the last campaign). The reference method, which is often relied upon [31], was also applied in this case. The aspiration of the PM$_{2.5}$ in the air (at both points) was measured using Tecora® (TCR Tecora, Cogliate, IT) automatic low-volume dust samplers with filters sequential changers. The aspiration headers were installed 2 m above ground level. In both sites, the airflow rate passed filters was 2.3 m$^3$h$^{-1}$. The PM separators applied Whatman GF/A fiberglass air filters with a diameter of 47 mm. Prior to and after aspiration, the filters were seasoned for a minimum 24 h under conditions of constant temperature and humidity, and, subsequently, their weight was determined using a differential scale RADWAG XA 52/2X® (Radwag Balances and Scales, Radom, PL). At both sites, PM$_{2.5}$ concentration was measured at 24 h intervals (during stable atmosphere conditions and, of course, temperature inversion occurring at 1 h intervals). The expanded concentration measurement uncertainty did not exceed 13.2%. The time interval guaranteed the PM$_{2.5}$ collection to a degree that was sufficient to determine the mass of the captured PM, even in conditions when its concentration in the air was low (EC Working Group 2000), and ensured that the effect of synoptic processes and activity of the sources of PM emissions on the variability of aerosols was limited. Additionally, during the selected days of the last measurement campaign, to estimate 1-hour changes in PM$_{2.5}$ mass concentrations, real-time optical DustTrak™ DRX Aerosol Monitors were used. To avoid mistakes in the representativeness of the sample, the aerosol monitors were equipped with the DustTrak Environmental Enclosure 8535.

A portable weather station DAVIS® (Davis Instruments, Hayward, CA, USA) was used to determine weather conditions. Portable stations are usually used for the registration of weather conditions in tests [32]. Weather stations were installed 12 m from the PM aspirators. The sensors,
which determined relative humidity (RH), temperature (T), atmospheric pressure (Ap), wind speed (Ws) and wind direction (Wd), similar to the case of the PM10 aspiration headers, were installed 2 m above the ground. The standard measurement uncertainty was equal to RH 0.5%, T 0.5 °C, Ap 0.06 h Pa, Ws 0.06 m·s\(^{-1}\) and Wd 1°, respectively. To determine the occurrence and duration of a stable atmosphere (and temperature inversion episodes), weather balloons equipped with radiosonde and temperature detectors were used. At both sites, weather balloons (2 × 3) connected with nylon cords were exposed 25, 50 and 100 m above the ground. All meteorological data were collected with data loggers. A statistical analysis of the results for the verification of the research hypotheses was undertaken by means of the STATISTICA 13.3® (TIBCO Software Inc., Palo alto, CA, USA).

3. Results and Discussion

The analysis of the basic meteorological parameters (Wilcoxon test, \(\alpha = 0.05\)) registered in the specific season at locations S1 and S2 indicated that there were no considerable statistical differences with regard to the values of RH, T, Ap, Ws and Wd. Table 2 contains a summary of overall meteorological data for Kotórz Mały settlement registered in the cold season. The average fuel consumption correlated well with outdoor air temperature. During the five seasons of observation, the mean temperature was around −0.8 °C, and almost 46% of the days were characterized by low wind speeds (<0.26 m·s\(^{-1}\)). A large number of days with no wind were observed, in particular, in the first and third periods. Furthermore, the mean atmospheric pressure was 1003 h Pa; however, 50% of the days were characterized by high atmospheric pressure (>1010 h·Pa), which was associated with the presence of a large anticyclone from Russia. The measurements indicate that over 43% of observation days were characterized by the presence of a stable atmosphere with no-wind conditions, high atmospheric pressure, and significant temperature inversion, with over 2 °C differences between 0 and 25 m above the ground. The majority of the observation days also showed steady atmospheric conditions in the first and third season of the measurements.

| Table 2. Meteorological data for Kotórz Mały village. Related to the sampler’s level. |
|---|---|---|---|---|---|
| **Meteorological Records** | **Periods of Cold Season** | 12.10–02.11 | 12.11–02.12 | 12.12–02.13 | 12.13–02.14 | 12.18–01.19 |
| Air temperature \(T\) (°C) | avg | −1.6 | −1.6 | −0.7 | −0.5 | 0.8 |
| | med | −1.5 | −1.0 | 0.0 | 0.0 | 0.2 |
| | max | 12.0 | 8.0 | 8.0 | 8.0 | 12.0 |
| | min | −21.0 | −23.0 | −20.0 | −19.0 | −11.0 |
| Wind speed: (m·s\(^{-1}\)) | avg | 1.2 | 1.9 | 1.1 | 2.1 | 2.3 |
| | med | 0.3 | 1.9 | 0.5 | 1.9 | 2.0 |
| | max | 5.1 | 4.9 | 5.0 | 5.3 | 6.4 |
| | min | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Atmospheric pressure (h Pa) | avg | 1004.8 | 1003.9 | 1003.1 | 1001.0 | 1003.0 |
| | med | 1003.5 | 1004.0 | 1003.0 | 1001.0 | 1002.0 |
| | max | 1029.0 | 1032.0 | 1030.0 | 1026.0 | 1043.0 |
| | min | 976.0 | 974.0 | 973.0 | 972.0 | 982.0 |

The mean concentration of PM2.5 in the winter seasons (2010–2014 and 2019) in the study area was equal to 36.9 \(\mu\)g·m\(^{-3}\). In Europe, Poland is classified as a net emitter, as more emissions are produced than are brought into the country. The results indicate that, not only the urban emissions, but also village emissions, play an important role in degrading aerosanitary parameters.
Table 3 presents comparison of data received during winter measurement campaigns in different places.

Table 3. Average mass concentrations of particulate matter (PM$_{2.5}$) at selected urban, suburban and rural sites in Europe.

| City/Town/Village (Country), Site Type, Averaging Period | PM$_{2.5}$ (µg·m$^{-3}$) | References |
|---------------------------------------------------------|---------------------------|-------------|
| Turin (IT), urban, winter 2003 *                         | 69.2                      | [33]        |
| Pavia (IT), urban, winter 2003 *                         | 52.6                      | [33]        |
| Antwerp City (BE), urban, winter 2003 *                  | 28.3                      | [33]        |
| Barcelona (ES), urban, winter 2003 *                     | 31.9                      | [33]        |
| Paris (FR), urban, winter 2003 *                         | 21.0                      | [33]        |
| Grenoble (FR), urban, winter 2003 *                      | 28.0                      | [33]        |
| Basel (CH), urban, winter 2003 *                         | 19.1                      | [33]        |
| Zabrze (PL), urban, winter 2009                          | 66.8                      | [34]        |
| Prague (CZ), urban, winter 2002–2003 *                  | 29.6                      | [35]        |
| Madrid (ES), urban, winter 2011                          | 13.8                      | [36]        |
| Horyniec-Park (PL), suburban background, winter 2019     | 30.3                      | [37]        |
| Rymanow Zdroj (PL), suburban background, winter 2019     | 23.2                      | [38]        |
| Zloty Potok (PL), rural background, winter 2019          | 24.3                      | [39]        |
| Kosecice (CZ), regional background, winter 2009; 2010   | 22.5                      | [40]        |
| Zloukovice (CR), rural - inside settlement, heating season 2003 * | 26.0                      | [23]        |
| Kotorz Maly (PL), rural - inside settlement, winter, 2010–14, 2019 | 36.9                      | *this MS    |

* data received before CAFE Directive 2008/50/EC.

The value from Kotorz Maly was significantly higher than the ones registered in the rural background and regional background stations in Poland and the Czech Republic. The results clearly show differences between the effectiveness of low-emission sources in Polish villages and those existing in European main cities. It is important to compare the average PM$_{2.5}$ concentration for villages in the Czech Republic and Poland. Both locations were characterized by a similar number of houses. Despite the significant difference in the measurement period (environmental protection regulations were less stringent in 2003), the difference is significant and shows how big a problem exists in the Polish countryside. The problem of emissions from rural settlements is a current one, as those emissions could have an effect on the local scale and could enrich the atmospheric aerosol in the remote areas and in towns under favorable weather conditions [12]. As a result, as remarked by Braniš et al. [23]: “it is possible that urban aerosol may not be the only (important) source of ‘regional aerosol cloud’ which can be transported over relatively long distances affecting remote areas by means of long-range transport”. For example, the differences in air quality between cities and remote areas in Hungary were noted to be inconsiderable [41]. These authors believed that this situation was due to long-range transport associated with winds. In other words, in winter in particular, rural areas in Poland can contribute to air pollution in the countries of west Europe.

During the cold season, the mean daily concentration of PM$_{2.5}$ was around 58% higher in the old part of the village. Nevertheless, in the first period of the observation, the difference was as much as 71%, which corresponds to the prolonged periods associated with cold air temperatures accompanied by steady atmospheric conditions. Braniš et al. established the existence of differences between the concentration of PM$_{2.5}$ in an area of rural development and a forest area located at a distance of 2.5 km at a level of around 42% (it could be similar in the case of PM$_{2.5}$) [23]. However, it was noted that the air quality in the forest area was influenced by the transport of PM from the polluted urban areas. In the case of the measurements taken in Kotorz Maly, both locations were responsible for some amount of emissions, and the distance between the measurement points was considerably smaller. In the same manner, one can note that the influence of the local household heating systems (their types, number and volume of emission) on the air quality was significant. By examining the proportions of the classical, low-emission sources in the two study areas, this situation was puzzling. For example, the total emissions from a chimney of a single-family house...
with wood-based heating was two orders of magnitude greater than from an emitter that introduced a load of pollutants into the atmosphere after the combustion of natural gas [42].

By comparing test locations S1 and S2, considerable differences were noted with respect to the number of days in which the 24 h mass concentration of PM$_{2.5}$ exceeded the maximum recommended value. According to the World Health Organization (WHO) recommendation, only 3 days per calendar year are permitted to have mean daily PM$_{2.5}$ concentrations of above 25 µg·m$^{-3}$. In EU legislation there are not any limitations connected with 24-h mean value of PM$_{2.5}$. During only one, the most “clean period” (2014) of the measurement campaign, the WHO level was exceeded 36 times at S1 and 27 times at S2. For the remaining cold seasons, the number of days with a higher than recommended level of pollution was over 40 days in both locations. This is a significant problem, if only because of the results presented in [30,43], and referring to the content of heavy metals, PAHs, mercury or elemental and organic carbon in “rural-born” PM$_{2.5}$. Concurrently, the comparison of unpublished data from own field measurements at S1 for the warm season (2019) shows that the average mass concentration of PM$_{2.5}$ in the area of compact rural buildings was over three times lower than during the winter months (cold avg; 45.9, warm avg; 14.3 µg·m$^{-3}$). This is confirmation of selected conclusions made in [43]. The values identified in this manner were higher than the ones registered in the rural areas in Flanders (Belgium) [17] and, concurrently, were lower than in India [19]. These differences seem to confirm that anthropogenic origins of emissions associated with (specific to certain periods of the year) weather conditions play a key role and strongly affect the local concentration levels of PM$_{2.5}$.

The results of the statistical analysis (Mann-Whitney U test, $\alpha = 0.05$) indicated the existence of considerable differences in the mean daily values of PM$_{2.5}$ concentrations at both test locations. The values of the probability test (p-value) were equal to 0.004, 0.023, 0.003, 0.019, and 0.007, respectively, for the 2010/11, 2011/12, 2012/13, 2013/14, and 2018/19 measurement seasons. The results gained in this manner concurrently indicate that hypothesis I should be rejected. The graphical representation of the results found in Figure 2 indicates that this condition is principally attributable to meteorological parameters.

![Figure 2](image.png)

**Figure 2.** Average daily PM$_{2.5}$ concentration at S1 and S2. On the left, data for days with steady atmosphere conditions. On the right, data for days with unstable atmosphere conditions. Boxes show the range between the 25th and 75th percentiles. The whiskers extend from the edge of the box to the 5th and 95th percentile of the data. The line inside indicates the median value.

During the days characterized by relatively high temperatures and noticeable horizontal and vertical air mass exchange, the results of the measurements were quite balanced. The p-value for the Mann-Whitney U test, for the respective seasons 2010/11, 2011/12, 2012/13, 2013/14, and 2018/19, were higher than the level of relevance ($\alpha = 0.05$) and equal to 0.068, 0.054, 0.107, 0.07, and 0.19, respectively. The above indicates that hypothesis II should be accepted. The verification of hypothesis III conducted by the use of the same test refuses its justification altogether. For days with
steady atmospheric conditions, considerable differences can be observed. The daily mass concentrations of PM$_{2.5}$ in S1 were from 63 to 75% higher than in S2. The values of the test probability were considerably lower from the relevance level and, for all seasons, the p-value was lower than 0.005. Insignificant statistical differences in weather conditions between the two observation sites clearly show that the type of individual heating systems is the principal factor responsible for the deterioration of the local aerosanitary conditions. Nevertheless, this statement only forms a confirmation of the observations made by earlier authors, such as Blaszczyk et al. [21].

Of course, long-term trends can’t be discussed. But a five year gap doesn’t provide significant changes in PM$_{2.5}$ mass concentration on both sites of observation. At the local scale, especially at S1, there weren’t any changes in the characteristic of sources, but for full analysis the chemical profile of PM$_{2.5}$ compounds is needed. Researchers from the Czech Republic found a declining trend of the elemental concentrations in the respirable fraction at background rural area [44]. But it wasn’t directly connected with air quality inside the area of compact rural buildings. The difference between the old and the new part of the village is still significant, even despite the clear increase emitters in S2 compared to the base period. On the other hand, what should be considered as positive, a greater number of IHS at S2 don’t provide greater amount of dust pollution (p-value = 0.16 for 2010-14 and 2019 relation).

The verification of hypothesis V conducted by the Mann-Whitney test, with final p-values 0.88 and 0.85 for S1 and S2, respectively, shows that there are no differences in tested seasons. The hypothesis is true. Average winter PM$_{2.5}$ mass concentrations changed about 3.0 and 2.3 percent in S1 and S2, respectively. These results don’t correspond with average fuel consumption data related to both seasons (Table 1). In S1, there are a lot of very old heating systems, which can have a very significant impact on air quality. The low-emission reduction program for the Opolskie Voivodeship did not bring the expected results. Admittedly, 303 contracts have been signed for the total value of loans of around 1.7 million EUR in the Voivodeship. Most contracts for co-financing were signed as part of investments involving the exchange of heat sources (172 units for a total value of approximately 0.63 million EUR) and using renewable energy (96 units for a total value of approximately 0.65 million EUR) [45]. However, only three contracts were signed in Kotórz Mały. According to declarations, the vast majority of residents want to replace boilers or install renewable energy sources equipment. Simultaneously, respondents point out that the costs of such investments are too high.

The permanent presence of the stable state of the atmosphere and a temperature inversion result in the inhibition of pollution dispersion processes and significant local changes, exceeding the recommended/safe daily PM$_{2.5}$ concentrations. The measurements show that the three-day period of temperature inversion enhanced by the occurrence of an anticyclone (during a steady state of the atmosphere) only caused a situation in which local air emission levels did not meet the standards required for the protection of human health.

Figure 3 presents selected data for nine days of the permanent occurrence of a temperature inversion. The short description of meteorological parameters changes for the indicated case: January 19 A$_{p}$ is arising from 989 to 1020 h Pa, T is starting to reduce and W$_{s}$ is almost stopped (below 1 ms$^{-1}$). For the next 9 days, the avg. T is stable ~9 to ~11 °C, A$_{p}$ also (1023 h Pa), W$_{s}$ is < 0.6 ms$^{-1}$. January 28 A$_{p}$ is starting to fast reduce, T is going higher and W$_{s}$ is arising significantly. It can be seen that the inhibition of the dispersion in the atmosphere, for a similar temperature and size of local emission conditions, leads to a noticeable enrichment of the local atmosphere by PM. Similar conclusions were made by Robinson et al. [28] and Trivedi et al. [46] who indicated that temperature inversion and no-wind conditions play an important role in the maintenance of pollution in a remote location characterized with a high emission level. By observing the graphical illustration, one can note that, in an area with a specific structure of energy carrier use, the levels of PM$_{2.5}$ concentrations registered over a period of several days assume distinct values. The relatively small distance of the source of PM$_{2.5}$ does not bring about the process of balancing aerosol concentrations, even at small distances. The difference in the PM$_{2.5}$ concentrations registered between sites S1 and S2 during the occurrence of specific meteorological conditions and changes caused by higher activity of home
boilers could be considered a constant value (ratio S1/S2 = 1.8). The lack of convection and advection, high and constant atmospheric pressure, and the low and steady temperature contribute to the enrichment of the local troposphere with respirable particles [47]. The occurrence of local high levels of PM in the air accompanying the anticyclone period and no-wind condition was also recorded in Greece [1] and Spain [15]. A reverse approach was used in a study conducted in Greece [47], in which specific meteorological conditions were discussed. However, theoretical studies indicate the existence of a relevant negative correlation between the concentration of aerosols and wind speed [48,49]. The studies performed also show that, in a temperate-transitional climate, the occurrences of unstable states of the atmosphere and the horizontal movement of air masses >2.5 ms\(^{-1}\) result in a noticeable improvement of the aerosanitary conditions in only one day. The results of original studies and other reports indicate that the weather conditions and climate location play a significant role in the change in air quality characteristics.

![Figure 3](image-url)

**Figure 3.** Comparison of PM\(_{2.5}\) concentrations at S1 and S2 during the stable state of the atmosphere and a permanent temperature inversion event: 19 January 2013–28 January 2013. The horizontal line is for indicating the scale of the problem only.

The effect of various sources of emissions on the hourly changes in the PM\(_{2.5}\) concentration under the same specific weather conditions is shown in Figure 4. Explicit differences in the concentration of PM\(_{2.5}\) at both measurement sites can also be observed with regard to a short period of observation. The maximum peaks (morning peak and especially evening one), which are associated with increased exploitation of specific emission sources, are more than two times greater in relation to the mean in the older part of the village. Graphical data also indicates that emissions from modern heating systems are more regular, because of the automatic process of providing fuel. The statistical analysis confirms the existence of considerable differences in the hourly PM\(_{2.5}\) concentrations between sites S1 and S2 for all cases when the condition of the steady atmosphere was noted, and it was accompanied by temperature inversion during the cold seasons. The results of the Mann-Whitney U test for each of the analyzed seasons was lower than the adopted relevance level (0.05). Figure 5 contains a comparison of the mass concentration of PM\(_{2.5}\) depending on the activity of the emission sources in the two locations examined. A graphical interpretation of the results suggests the existence of differences while simultaneously confirming the existence of the periodic influence of the considerable point emission activity of sources on the quality of the
surrounding air. A detailed analysis with the use of a two-tailed multiple comparison does not only indicate statistically relevant differences between the values of PM$_{2.5}$ mass concentration in the site S2 determined during high and low activity of local sources (p-value = 0.08). The results imply that it is not the number of emitters but the type of energy fuel combusted that has the predominant effect on the local aerosanitary conditions. The results of the statistical analyses showed that hourly PM$_{2.5}$ concentrations measured during steady atmospheric conditions are not similar on the borders of one village, and there are differences throughout the entire day. Hence, hypothesis IV should be rejected.

![Figure 4](image_url)

**Figure 4.** A case of hourly changes in PM$_{2.5}$ concentration at S1 and S2 under a steady state of the atmosphere.

![Figure 5](image_url)

**Figure 5.** Comparison of PM$_{2.5}$ concentration at S1 and S2 during high (morning and evening hrs) and low (nights and middle day hrs) activity of individual heating systems. Results are shown for the stable state of the atmosphere and temperature inversion condition periods.

Table 4 presents data gained from the analysis of the impact of weather conditions on PM$_{2.5}$ mass concentrations. The data were statistically analyzed, and the estimated trend model adequately justified the correlation between meteorological parameters and PM$_{2.5}$ concentration. A positive dependence was observed between suspended dust concentrations, atmospheric pressure
and average daily air temperature (but only during the warm period). These results confirm the observations made by Mues et al. [50]. A negative relationship, in turn, was observed between PM$_{2.5}$ concentrations, the average daily wind speed and the average daily air temperature (but only during the cold period). The results of the statistical analysis confirmed that meteorological conditions are also a significant factor affecting changes in aerosanitary conditions. During the cold period of the year, in such cases, a rise in temperature and wind speed contributes to the dispersion of PM$_{2.5}$. One can additionally note that, during the cold season and with the occurrence of most adverse meteorological conditions, both positive and negative correlations are characterized by higher values, even for the lowest adopted relevance level.

Table 4. Relationship between the PM$_{2.5}$ concentration and meteorological parameters.

| Variables/Periods               | 12.10–02.11 | 12.11–02.12 | 12.12–02.13 | 12.13–02.14 | 12.18–01.19 |
|--------------------------------|-------------|-------------|-------------|-------------|-------------|
| PM$_{2.5}$ T (°C)              | −0.25 *     | −0.24 *     | −0.42 *     | −0.35 *     | −0.29 **    |
| PM$_{2.5}$ V (m s$^{-1}$)      | −0.41 *     | −0.43 *     | −0.34 *     | −0.52 *     | −0.34 *     |
| PM$_{2.5}$ P (h Pa)            | 0.40 *      | 0.32 *      | 0.28 * *    | 0.33 *      | 0.31 *      |
| C. c. R – only when PM$_{2.5}$ concentration was $>$ 40 g m$^{-3}$ and temp. inversion occurring |             |             |             |             |             |
| PM$_{2.5}$ T (°C)              | −0.36 *     | −0.39 *     | −0.49 *     | −0.46 *     | −0.39 **    |
| PM$_{2.5}$ V (m s$^{-1}$)      | −0.42 *     | −0.45 *     | −0.35 *     | −0.49 *     | −0.37 *     |
| PM$_{2.5}$ P (h Pa)            | 0.48 *      | 0.35 *      | 0.32 *      | 0.36 *      | 0.40 *      |

* statistically significant at $p < 0.01$; ** statistically significant at $p < 0.05$.

4. Conclusions

The results of air quality monitoring conducted over five cold seasons in rural building-surrounding areas uniformly indicate that the problem of enriching local air with PM$_{2.5}$ is relevant and current. On the other hand, the considerable load of pollutants emitted from point sources is diluted by the vertical and, in particular, horizontal motion of air masses, and has a considerable and negative effect on remote areas. In consideration of the conditions and the period of observation, meteorological measurements can be considered a useful tool for the estimation of the occurrence of worrying conditions. The characteristics of an emission source (fuel type used, emission activity, the efficiency of heat boilers) play a key role on local-rural air quality. On a local scale, the results of the experiment show that there is a need to replace obsolete heating systems with new ones to ensure that significant amounts of dust and other pollutants are not emitted. Unfortunately, a lack of help from local authorities causes Polish villages to stagnate. Aid programs and direct funding to reduce low emissions are financially unattractive to ordinary households. Perhaps a significant improvement will be seen in the years to come after the completion of the new programs “Clean Air” and “Stop Smog” (up to 70% subsidies for thermo-modernization and the replacement of heating sources for “energy poverty” households). The government has also introduced 15 recommendations for improving air quality in Poland. In the case of dispersed sources, these are: thermo-modernization and thermo-renovation of replacing coal with gas; using renewable energy sources; or replacing old inefficient domestic coal combustion installations with highly energy-efficient and ecologically efficient combustion installations, powered by authorized solid-fossil fuels and solid biofuels.

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