Effect of Duration of Silicone Oil Tamponade on Retinal Structure after Rhegmatogenous Retinal Detachment Surgery

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Keywords
Macular thickness · Optical coherence tomography · Rhegmatogenous retinal detachment · Silicone oil · Vitreoretinal surgery

Abstract

Purpose: The aim of the study was to investigate the effect of tamponade duration on retinal changes induced by silicone oil (SO) in patients who underwent successful rhegmatogenous retinal detachment (RRD) surgery. Methods: Retrospective comparative case series of 68 patients who underwent SO tamponade for RRD. Patients were divided into 2 groups based on timing of SO removal: <6 months (group 1, n = 34) versus ≥6 months (group 2, n = 34). The main outcome measure was the change in central macular, inner, and outer retinal layer thickness (CMT, IRLT, and ORLT) before and after SO removal (SOR). Results: The median tamponade duration was 4 (Clin Ophthalmol. 2016;10:471–6, Zhonghua Yan Ke Za Zhi. 1997 Jan;33(1):39–41) months in group 1 and 8 (Arch Ophthalmol. 1994 Jun;112(6):778–85, Retina. 2004 Dec;24(6):871–7) months in group 2 (p < 0.001). The mean CMT significantly increased from 245.3 ± 22.2 μm and 238.8 ± 41.6 μm under SO to 281.3 ± 60.2 μm and 259.0 ± 43.5 μm after SOR in group 1 (p = 0.009) and in group 2 (p = 0.007), respectively. Automated segmentation measurement revealed a significant increase in mean IRLT (p = 0.014 and p = 0.013) but no change in mean ORLT (p = 0.080 and p = 0.257) in both groups. After adjustment, there was no difference between the 2 groups in terms of mean final CMT, IRLT, and ORLT and mean retinal thickness changes after SOR. There was also no correlation between the tamponade duration and macular microstructural changes or visual recovery. Conclusion: SO tamponade causes a thinning of all retinal layers, mainly affecting the inner retinal layer. However, these changes resolved following SO extraction and were not affected by longer tamponade duration.

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Introduction

Silicone oil (SO) is widely used as an intraocular tamponade agent for the management of complex retinal diseases such as advanced proliferative diabetic retinopathy, ocular trauma, and rhegmatogenous retinal detachment (RRD) associated with severe proliferative vitreoretinop-
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Mild visual loss may also occur following SOR due to postoperative hypotony, cystoid macular oedema (CME), or development of epiretinal membranes (ERMs) [7, 8]. Nevertheless, some patients may experience sudden deterioration in central vision without any apparent explanation [9, 10]. This phenomenon can occur either during SO tamponade or after SOR with a reported incidence of 1–29.7% [8, 9]. The pathophysiology of this dramatic condition remains elusive although electrophysiologic studies have provided evidence of both macular and optic nerve dysfunction [11]. Interestingly, Christensen and la Cour revealed that unexplained severe visual loss in SO-operated eyes was associated with a significant thinning of inner retinal layers, suggesting neuronal cell loss in the macular area as a possible explanation [12].

Numerous studies have subsequently looked into the effect of SO tamponade on macular anatomy and reported contradictive results regarding the change in retinal layer thickness and the layers affected [13–19]. The reasons for these discrepancies are unclear but may be related to differences in study design, inclusion criteria, methods of evaluation, and time of assessment after surgery.

In contrast, only a few studies specifically investigated the relationship between the tamponade duration and SO-associated retinal changes [2, 14–16, 18, 20–23]. Some authors reported that eyes with longer term tamponade were more likely to exhibit outer retinal layer (ORL) damage and worse visual acuity after SOR while others did not find any difference in the degree of retinal thinning or vision loss [16, 20–23]. Thus, it is still not clear whether or not early SOR may result in improved anatomical and functional outcomes.

The aim of this study was to examine the effect of tamponade duration on SO-associated retinal changes in patients who underwent successful RRD surgery. We also assessed the correlation between the tamponade period and final visual acuity.

Methods

Patients and Study Design

A retrospective review of medical records was performed on 832 consecutive patients who underwent pars plana vitrectomy (PPV) for RD at the University Hospital of Nancy from April 2015 to October 2019. All of them were given complete information on the risks and benefits of the surgical procedure and gave their written consent before surgery. The study adhered to the tenets of the Declaration of Helsinki, and the protocol was approved by the Ethics committee of the French Society of Ophthalmology.

Inclusion criteria were as follows: (1) patients with successfully repaired RRD by PPV and SO tamponade; (2) a minimum follow-up period of 1 month after SOR. Patients were excluded from the analysis if they had: (1) non-rhegmatogenous RD, (2) traumatic RD, (3) RD with severe anterior PVR requiring peripheral retinectomy, (4) retinal redetachment during SO tamponade, (5) prior or history of SO tamponade, (6) pre-existing macular pathologic features, such as macular hole, age-related macular degeneration, diabetic maculopathy, (7) unavailable or low-quality and unreliable postoperative OCT images.

All patients underwent a detailed ophthalmologic examination preoperatively and at each follow-up visit including best-corrected visual acuity (BCVA) measured with projected-light Snellen charts, IOP measurement using a non-contact tonometer, axial length (AL) measurement using IOL Master (IOL Master; Carl Zeiss Meditec AG, Jena, Germany), biomicroscopy with anterior segment evaluation and fundus. An Amsler–Dubois scheme was systematically established for each patient, specifying the extent of the RD, number and location of retinal breaks, existence of vitreous haemorrhage, and preoperative PVR grading according to Machemer et al. [24].

Patients were divided into 2 groups based on the timing of SOR: group 1 consisting of patients who underwent SO extraction within 6 months of RRD surgery and group 2 consisting of patients who underwent SO extraction >6 months after RRD surgery. The timing for SOR was at the surgeons’ discretion according to prior history, condition of the contralateral eye and patient preferences.

Patients were examined within the first week after RRD surgery and at various times thereafter. A full ophthalmologic examination including macular imaging using the Spectralis HRA-OCT (Heidelberg Engineering, Heidelberg, Germany) was systematically carried out in the month prior to SOR and at least 1 month after SO extraction.

Surgical Procedure

All procedures were performed by 2 experienced surgeons (J.P.B. and J.B.C.). All patients underwent an extensive 3-port PPV using 23-gauge instrumentation (EVA phacovitrectomy system, DORC, Dutch Ophthalmic Research Corporation, Zuidland, The Netherlands) followed by removal of any ERMs. The internal limiting membrane (ILM) was systematically peeled off the posterior pole to the major arcade vessels after Brilliant Blue G staining (ILM-Blue®, DORC, Zuidland, The Netherlands) in eyes with extensive PVR involving the macula. The decision to use perfluorocarbon liquid (PFCL) was left to the surgeon’s discretion. Fluid-air exchange was then performed, followed by retinectomy with either endophotocoagulation or cryotherapy and SO was injected within the vitreous cavity. In cases with giant retinal tear, PFCL was directly exchanged with SO. SO with viscosity of 1,000 cST (Purified...
SO 1,000 cSt in syringe, FCI, Besançon, Franche-Comté, France) was used in all patients. Combined phacoemulsification with posterior chamber intraocular implantation was performed prior to the PPV in eyes with visually significant cataract.

SO was extracted through 23-gauge pars plana sclerotomy with active drainage followed by fluid-air exchange to remove residual SO droplets. Combined cataract extraction and ERM peeling were carried out as needed.

All patients received topical anti-inflammatory and antibiotic treatments for 4 weeks after RRD surgery and SOR. IOP-lowering medication (carbonic anhydrase inhibitor/beta-blocker combination) was systematically administered during the period of SO tamponade.

**Macular Imaging with SD-OCT**

Microstructural imaging analysis of the fovea was performed using Spectralis HRA-OCT (Heidelberg Engineering Spectralis, Heidelberg, Germany). The protocol consisted of 2 high-resolution horizontal and vertical scans, ART5, of 6 mm and a volume scan using 25 equally spaced horizontal B-scans centred on the fovea and covering an area of 20° horizontally and vertically.

Central macular thickness (CMT) was measured using the built-in Spectralis software. Automated segmentation was then applied to distinguish inner retinal layers (distance between the ILM and the external limiting membrane [ELM]) from ORLs (distance between the ELM and the retinal pigment epithelium) and quantify their thickness. In case of misalignment, the segmentation was adjusted manually. The ELM and the ellipsoid zone (EZ) were defined as the third and second hyperreflective bands above the retinal pigment epithelium, according to the classification proposed by the International Nomenclature for Optical Coherence Tomography panel [25].

Their integrity was assessed as follows: line not visible or disrupted in at least 1 scan (band defect) and continuous line in both the horizontal and vertical scans (intact band). The same analysis was performed in the fellow eyes at each follow-up visit to minimize potential bias related to artefacts.

Postoperatively, the ELM or EZ were considered to be recovered if the band was either invisible or disrupted at 1 visit and intact at the next visit on the same follow-up scans. All qualitative OCT evaluations and measurements were performed independently by 2 masked readers (C.D. and J.B.C.), both unaware of the patients’ visual outcomes.

**Pre-, Intra-, and Postoperative Data**

Pre- and intraoperative data included patient age and sex, AL, lens status, BCVA, characteristics of RD and surgical manoeuvres during PPV and SOR (combined cataract extraction, use of PFCL, ILM, or ERM peeling).

Standard deviation (SD)-OCT findings, including central macular, inner, and ORL thicknesses (CMT, IRLT, and ORLT), integrity of the ELM and the EZ, presence of persistent subfoveal fluid (PSF), development of CME and ERM and complications, were gathered during the period of tamponade. The following data were collected after SOR: median follow-up duration, rate of retinal redetachment, final BCVA, SD-OCT findings, and complications.

**Main Outcome Measures**

The main outcome measure was the change in CMT, IRLT, and ORLT before and after SO extraction. Eyes with ERM, CME, and PSF were not considered for this analysis. Secondary outcomes were macular microstructural changes, complication rates, and final visual acuity.

**Statistical Analysis**

The qualitative parameters were described as frequency and percentage, and the quantitative parameters were described as mean and SD or median and interquartile range. The normality of the distribution was investigated with the Shapiro–Wilk test. Comparisons between the 2 groups were performed using the χ² test or Fisher’s exact test for qualitative parameters and the Student’s t test or Mann-Whitney U test for quantitative parameters. Comparison of CMT changes after SOR was performed using a multivariate linear regression analysis to adjust for pre-SOR values and the presence of at least 1 macular complication during the follow-up. The same analysis was applied for IRLT, ORLT, and BCVA changes. Association between tamponade duration and retinal thickness and BCVA changes was assessed using covariance analysis with tamponade duration and pre-SOR values as dependent parameters. All statistical analyses were performed using SAS software version 9.4 (SAS Institute Inc., Cary, NC, USA 25513). p values <0.05 were considered statistically significant.

**Results**

During the study period, 832 patients underwent PPV for RD. Of these, 764 were excluded for the following reasons: RRD successfully repaired with gas tamponade (n = 590), non-rhegmatogenous or traumatic RD (n = 25), severe PVR cases requiring peripheral retinectomy (n = 18), retinal redetachment during SO tamponade (n = 23), prior or history of SO tamponade (n = 44), pre-existing macular pathologic features (n = 31), absence of or low-quality postoperative SD-OCT images (n = 33) and follow-up period <1 month after SO removal. As a result, 68 eyes of 68 patients met the inclusion criteria for the study: 34 who underwent SOR within 6 months of (group 1) and 34 who underwent SOR >6 months (group 2) after RRD surgery.

**Baseline Characteristics and Intraoperative Data**

Baseline characteristics and intraoperative data for both groups are given in Table 1. Twenty-seven (79%) men were included in group 1 and 26 (77%) in group 2 (p = 0.770). The mean age was 58.7 ± 11.6 years in group 1 and 61.0 ± 14.2 years in group 2 (p = 0.463). The mean AL in group 1 (25.0 ± 1.9 mm) did not differ from that in group 2 (24.9 ± 1.9) (p = 0.791).

Twelve (35%) eyes in group 1 and 9 (27%) eyes in group 2 had prior history of RRD surgery; this difference was not statistically significant (p = 0.431). There was also no significant difference between the 2 groups in terms of duration of RRD (p = 0.487), extent of RRD (p = 1), mac-
ular status ($p = 0.582$), PVR grade ($p = 0.748$), and presence of vitreous haemorrhage ($p = 0.709$).

There were 23 (68%) phakic eyes in group 1 and 13 (38%) in group 2 ($p = 0.015$), 20 and 13 of which underwent combined cataract extraction ($p = 0.089$). ERM removal and/or ILM peeling was performed during RRD surgery or SO extraction in 16 (47%) and 3 (9%) of eyes in group 1 and in 18 (53%) and 5 (14%) of eyes in group 2, respectively ($p = 0.628$ and $p = 0.709$).

**Effect of Tamponade Duration on Retinal Structure**

Table 2 indicates changes in retinal layer thickness and macular microstructure for both groups. The median tamponade duration was 4 (3; 5) months in group 1 and 8 (7; 9) months in group 2 ($p < 0.001$). After SOR, the median follow-up duration was 6 (3; 14) and 7 (4; 11) months in groups 1 and 2, respectively ($p = 0.602$).

Both groups had comparable mean CMT, IRLT, and ORLT before SOR ($p = 0.732$, $p = 0.286$ and $p = 0.344$). The mean CMT significantly increased from 245.3 ± 22.2 μm and 238.8 ± 41.6 μm under SO to 281.3 ± 60.2 μm and 259.0 ± 43.5 μm after SOR in group 1 ($p = 0.009$) and in group 2 ($p = 0.007$), respectively. Interestingly, automated segmentation measurement revealed a significant increase in mean IRLT ($p = 0.014$ and $p = 0.013$) but no significant change in mean ORLT ($p = 0.080$ and $p = 0.257$) in both groups. After adjusting for differences in pre-SOR values, there was no difference between the 2 groups in terms of mean final CMT, IRLT, and ORLT ($p = 0.303$, $p = 0.381$ and $p = 0.500$) and mean retinal thickness changes following SO extraction ($p = 0.303$, $p = 0.381$ and $p = 0.500$). Similarly, there was no correlation between tamponade duration and CMT, IRLT, and ORLT changes when considering the study population as a whole ($p = 0.745$, $p = 0.881$ and $p = 0.731$).

### Table 1. Baseline characteristics and intraoperative data of patients who underwent SOR within 6 months of (= group 1) or >6 months after (= group 2) RRD surgery

|                          | Group 1 (n = 34) | Group 2 (n = 34) | p value |
|--------------------------|------------------|------------------|---------|
| Male, n (%)              | 27 (79)          | 26 (77)          | 0.770   |
| Age, years (mean ± SD)   | 58.7±11.6        | 61.0±14.2        | 0.463   |
| AL, mm (mean ± SD)       | 25.0±1.9         | 24.9±1.9         | 0.791   |
| Prior history of RRD surgery, n (%) | 12 (35) | 9 (27) | 0.431 |
| Duration of RRD, days (median [IQR]) | 6 [3; 15] | 7 [4; 12] | 0.487 |
| Lens status              |                  |                  |         |
| Phakic, n (%)            | 23 (68)          | 13 (38)          | 0.015   |
| Pseudophakic, n (%)      | 11 (32)          | 21 (32)          |         |
| Extent of RRD            |                  |                  |         |
| 1 quadrant, n (%)        | 4 (12)           | 5 (15)           | 1c      |
| 2 quadrants or more, n (%) | 30 (88)   | 29 (85)         |         |
| Giant retinal tear, n (%) | 8 (24)       | 7 (21)           | 0.770   |
| Macular status           |                  |                  |         |
| Macula off, n (%)        | 24 (71)          | 26 (76)          | 0.582   |
| Macula on, n (%)         | 10 (29)          | 8 (24)           |         |
| Vitreous haemorrhage, n (%) | 3 (9)     | 5 (15)           | 0.709   |
| Preoperative PVR         |                  |                  |         |
| 0 or grade A, n (%)      | 13 (38)          | 11 (32)          | 0.748   |
| Grade B, n (%)           | 10 (29)          | 9 (27)           |         |
| Grade C, n (%)           | 11 (33)          | 14 (41)          |         |
| Combined cataract extraction, n (%) | 20 (59) | 13 (38) | 0.089 |
| During RRD surgery       | 3 (9)            | 5 (15)           | 0.709   |
| During SOR               | 17 (50)          | 8 (24)           | 0.024   |
| ILM or ERM peeling, n (%) | 19 (56)     | 23 (67)          | 0.318   |
| During RRD surgery       | 16 (47)          | 18 (53)          | 0.628   |
| During SOR               | 3 (9)            | 5 (14)           | 0.709   |
| Use of PFCL, n (%)       | 16 (42)          | 21 (62)          | 0.223   |

SO, silicone oil; SOR, silicone oil removal; SD, standard deviation; IQR, interquartile range; RRD, rhegmatogenous retinal detachment; PVR, proliferative vitreoretinopathy; ILM, internal limiting membrane; ERM, epiretinal membrane; PFCL, perfluorocarbon liquid; AL, axial length. a χ² test. b Student’s t test. c Fisher’s exact test. d Mann-Whitney U test.
Analysis of the macular microstructure showed that eyes with longer tamponade duration exhibited greater photoreceptor layer disruption before SOR. However, both groups had comparable EZ and ELM alterations at the end of the follow-up (p = 0.300 and p = 0.230). CME, ERM, and PSF were detected during the tamponade period or after SOR in 11 (32%), 11 (32%) and 4 (12%) of eyes in group 1 and in 9 (27%), 11 (32%), and 3 (9%) of eyes in group 2; none of these differences were statistically significant (p = 0.595, p = 1 and p = 0.690).

Eighteen (53%) eyes in group 1 and 24 (71%) eyes in group 2 underwent SD-OCT within the first month after RRD surgery (p = 0.134). The mean CMT, IRLT, and ORLT were similar in both subgroups at baseline (p = 0.279, p = 0.131 and p = 0.343) and at the last visit under SO after adjusting for baseline values and macular complications (p = 0.416, p = 0.159 and p = 0.357). Likewise, we did not observe any correlation between mean CMT, IRLT, and ORLT changes and tamponade duration in the 42 patients who had 2 SD-OCT examinations under SO (p = 0.478, p = 0.827 and p = 0.209). Interestingly, subgroup analysis of eyes without ERM, CME, or PSF demonstrated a thinning of all retinal layers, mainly affecting the IRL that resolved following SO extraction in both subgroups.

**Effect of Tamponade Duration on Visual Acuity**

Functional outcomes for both groups are summarized in Table 3. Twenty-two of 23 (96%) eyes in group 1 and 13 of 13 (100%) eyes in group 2 underwent subsequent cataract removal. At the end of the follow-up, 33 (97%) and 34 (100%) eyes were pseudophakic in groups 1 and 2, respectively (p = 1).

### Table 2. Changes in retinal layer thickness and macular microstructure before and after SOR according to the tamponade duration

|                          | Group 1 (n = 34) | Group 2 (n = 34) | p value |
|--------------------------|-----------------|-----------------|--------|
| Tamponade duration, months (median [IQR]) | 4 [3; 5]       | 8 [7; 9]        | <0.001* |
| Follow-up duration after SOR, months (median [IQR]) | 6 [3; 14]      | 7 [4; 11]       | 0.602* |
| Central retinal layer thickness before SOR, µm (mean ± SD) |                |                 |        |
| CMT                      | 245.3±22.2      | 238.8±41.6      | 0.732* |
| IRLT                     | 163.4±19.4      | 143.6±43.4      | 0.286* |
| ORLT                     | 80.0±11.1       | 74.7±13.8       | 0.344* |
| Central retinal layer thickness after SOR, µm (mean ± SD) |                |                 |        |
| CMT                      | 281.3±60.2      | 259.0±43.5      | 0.303b |
| IRLT                     | 198.9±66.3      | 173.2±44.5      | 0.381b |
| ORLT                     | 84.3±3.7        | 78.1±20.5       | 0.500b |
| Central retinal layer thickness changes, µm (mean ± SD) |                |                 |        |
| CMT                      | 36.0±54.8       | 20.2±28.2       | 0.303b |
| IRLT                     | 37.8±65.6       | 26.2±38.2       | 0.381b |
| ORLT                     | 4.6±10.3        | 3.0±18.1        | 0.500b |
| Microstructural macular changes under SO, n (%) |                |                 |        |
| EZ disruption             | 12 (35)         | 24 (71)         | 0.004c |
| ELM disruption            | 8 (24)          | 16 (47)         | 0.042c |
| CME                      | 6 (18)          | 7 (21)          | 0.758c |
| ERM                      | 3 (9)           | 5 (15)          | 0.709d |
| PSF                      | 3 (9)           | 3 (9)           | 1d     |
| Microstructural macular changes after SOR, n (%) |                |                 |        |
| EZ disruption             | 9 (27)          | 13 (38)         | 0.300c |
| ELM disruption            | 5 (15)          | 9 (27)          | 0.230c |
| CME                      | 5 (15)          | 2 (6)           | 0.427d |
| ERM                      | 8 (24)          | 6 (18)          | 0.549c |
| PSF                      | 1 (3)           | 0               | NC     |

IQR, interquartile range; SO, silicone oil; SOR, silicone oil removal; CMT, central macular thickness; IRLT, inner retinal layer thickness; ORLT, outer retinal layer thickness; SD, standard deviation; EZ, ellipsoid zone; ELM, external limiting membrane; ERM, epiretinal membrane; CME, central macular oedema; PSF, persistent subfoveal fluid; NC, no computed. a Mann-Whitney U test. b Covariance analysis with pre-SOR values used as the covariate. c χ² test. d Fisher’s exact test.
Both groups had comparable mean BCVA before SOR ($p = 0.143$). Group 1 exhibited a significant improvement in mean BCVA (from 0.7 ± 0.4 logMAR under SOR to 0.6 ± 0.4 logMAR, $p = 0.010$), while group 2 did not (from 1.0 ± 0.6 logMAR to 0.9 ± 0.7 logMAR, $p = 0.448$). Nonetheless, after adjusting for pre-SOR values and macular complications, there was no difference between the 2 groups in mean final BCVA and mean visual changes ($p = 0.219$ and $p = 0.219$). Similarly, covariance analysis did not reveal any significant correlation between BCVA changes and tamponade duration in the overall study population ($p = 0.074$).

### Complications

One retinal redetachment occurred after SOR in group 2. We did not observe any cases of SO emulsification or elevated IOP exceeding 30 mm Hg. None of the patients experienced unexplained vision loss during SO tamponade or following SO extraction.

### Discussion

In this study, we sought to design a retrospective comparative analysis to evaluate the impact of tamponade duration on SO-associated retinal changes following successful RRD surgery. We were able to define 2 balanced groups with significant difference in median tamponade duration (4 [3; 5] months vs. 8 [7; 9] months). Both groups were comparable with respect to baseline characteristics (except for lens status), thereby reducing the effect of potential confounding variables.

Our analysis confirms that SO induces substantial structural changes in the retina, as evidenced by the significant increase in CMT after SOR in both groups. This is consistent with 2 recent studies which demonstrated that SO tamponade caused a transient thinning of central retinal layers that resolved following SO extraction [18, 26]. By contrast, some authors reported that SO durably affected the retinal thickness, especially in eyes with macula-on RRD, suggesting a deleterious effect on retinal anatomy [12, 14, 15, 19, 22]. It is, however, very difficult to make comparisons across studies given the wide variations in inclusion criteria, surgical procedure, type of SO, and time of SD-OCT assessment. Rabina et al. [18] using a design similar to ours, evaluated the change in CMT before and after SOR in eyes with successfully repaired RRD in comparison with the fellow healthy eyes. Consistent with our series, they found that SO tamponade induced a temporary decrease in CMT, mainly affecting the IRL [18].

There is a paucity of studies investigating the effect of tamponade duration on retinal thickness [15, 18, 22]. All failed to demonstrate any relationship and speculated that the tamponade period (3–6 months) was not long enough to uncover such an association. Our results show that the degree of retinal thinning under SO and thickness changes following SOR are not affected by longer tamponade (over 6 months). Interestingly, we noted that the retinal thickness values collected immediately after RRD surgery, when available, were comparable to those measured at the end of the follow-up, with no apparent difference between the 2 groups.

The reasons for retinal layer thinning with intraocular SO remain unclear. Possible causes include mechanical pressure on the retina induced by the SO bubble, retinal ionic environmental changes, and inflammatory reactions involving microglial cells and various cytokines [15, 17–19, 22]. Some authors also raised the possibility of retinal dehydration facilitated by the hydrophobic nature of SO [18]. Others suggested the subretinal migration of SO bubbles or diffusion of emulsified SO or low molecular weight components into the intraretinal space [27, 28]. However, all pa-
patients in the study received highly purified, solvent-free SO with a low concentration of potentially toxic elements. Besides, we did not observe any cases of prominent SO emulsification or migration of SO in the subretinal space on the SD-OCT images. Regardless of the underlying cause, our findings, taken together, suggest that the thinning effect of SO occurs at an early stage, probably within 4 months after SO injection and slowly progresses thereafter.

Similarly, the rate of ERM, CME, and PSF was not found to increase with a longer period of SO tamponade, at any time prior to or after SOR. Furthermore, we did not observe any correlation between the SO tamponade period and photoreceptor layer disruption postoperatively, suggesting that the duration of tamponade does not alter the photoreceptor recovery. These results stand in contrast with those of 2 previous studies which reported that eyes with prolonged tamponade were more prone to develop macular microstructural changes under SO and to exhibit photoreceptor damage following SO extraction [20, 21]. However, contrary to our study, they did not consider baseline RRD characteristics and surgical manoeuvres in their analysis, which may have influenced their outcomes. Indeed, it has been demonstrated that the duration of macular detachment is a major factor affecting the ORL integrity after macula-off RRD repair [29]. Similarly, ILM peeling during RRD surgery has been shown to reduce the incidence of secondary ERM substantially [30]. It is therefore difficult to draw any definite conclusions regarding the microstructural changes without controlling for these 2 significant confounding variables. We believe that our series, with balanced and comparable groups, provides better insight into the influence of SO tamponade duration.

Finally and importantly, we assessed the correlation between the SO tamponade period and visual acuity. BCVA significantly improved following SO extraction in group 1 while it did not in group 2, which may be explained by the higher proportion of combined cataract extraction in group 1. At the end of the follow-up, all eyes, except 1 in group 2, were pseudophakic and after adjusting for pre-SOR BCVA and postoperative complications, no difference was found between the 2 groups in terms of final BCVA or visual improvement. Previous studies reported discrepant results regarding the effect of tamponade duration on visual outcomes [2, 21–23]. However, again, it is difficult to make comparisons with the present series given that most of these studies did not consider potential confounders and notably, the macular status before surgery. In contrast, our findings are concordant with those of Lee et al. [22] who showed no correlation between the tamponade period and final BCVA after adjusting for age, sex, and AL in patients undergoing PPV and SO tamponade for macula-on RRD.

We acknowledge several limitations to our study mainly related to its retrospective design and the relatively small sample size. Firstly, the indication for SO tamponade and the timing for SOR were left to the judgement of the surgeon, which may represent a selection bias. However, both groups had comparable baseline RRD characteristics and SD-OCT measurements, and we believe that this point is unlikely to have a major impact on our main findings. Secondly, preoperative SD-OCT images were not available in all patients and we were not able to evaluate whether final retinal thickness was a “restitutio ad integrum” of presurgical values, notably in macula-on RRD. Finally, the SD-OCT follow-up was not standardized, notably during the first months after RRD surgery, and we were not able to precisely examine the time course of SO-induced changes. In addition, the number of cases with early SOR (within 3 months after RRD surgery) was too low for valid statistical analysis, an analysis that would have been useful to consider examining the impact of SO tamponade duration clearly. Nonetheless, most surgeons recommend a minimum of 3–6 months of intraocular tamponade to reduce the risk of PVR reattachment, a process that has been shown to typically occur within 3 months after RRD repair [2, 5, 6, 31, 32].

In summary, our results confirm that SO tamponade causes a thinning of all retinal layers, mainly affecting the inner retinal layer. However, these changes resolved following SO extraction and were not affected by longer tamponade duration. The tamponade period also had no impact on the microstructural changes occurring before or after SOR and final visual acuity.

Statement of Ethics

All patients were given complete information on the risks and benefits of the surgical procedure and gave their written consent before surgery. The study adhered to the tenets of the Declaration of Helsinki, and the protocol was approved by the Ethics Committee of the French Society of Ophthalmology.

Conflict of Interest Statement

The authors have no conflicts of interest to declare.

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Author Contributions

C.D. and J.-B.C. contributed to conception and design. C.D. and J.-B.C. contributed to data collection. J.S., C.D., and J.-B.C. contributed to acquisition, analysis, and interpretation of data. K.A.-D. and J.-P.B. contributed to review of the manuscript. J.-B.C. contributed to overall responsibility.

Data Availability Statement

The protocol and the datasets generated during and/or analysed during the current study are available from the corresponding author upon reasonable request.

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