Phylogeny and biogeography of *Maianthemum* (Asparagaceae: Nolinoideae) revisited with emphasis on its divergence pattern in SW China

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**Abstract**

*Maianthemum* is a genus with more than 35 species from the tribe Polygonateae (Asparagaceae), widely distributed between North to Central Americas and eastern Asia with high diversity in the eastern Himalayas to the Hengduan Mountains of SW China. Although most species from SW China form a well-supported clade, phylogenetic relationships within this clade remain unclear. With a broad level of taxon sampling and an extensive character sampling from eight DNA regions, this study intends to revisit the phylogeny and biogeography of the genus to better understand the divergence patterns of species from SW China. Phylogenetic results suggested the monophyly of *Maianthemum* with recognition of nine strongly supported clades, but backbone relationships among these clades remained largely uncertain. For the SW China clade, individuals from the same species are grouped into different lineages. Our results revealed that the fast radiation of the SW China clade was occurred in the eastern Himalayas, followed by subsequent radiation in the Hengduan Mountains in the Pliocene. Intercontinental disjunctions of *Maianthemum* in the Northern Hemisphere appear to have occurred multiple times during the late Miocene to the Pliocene, likely resulted by a combination of both vicariance and long-distance dispersal events.

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**1. Introduction**

*Maianthemum* F.H. Wigg. is a medium-sized genus from tribe Polygonateae, which originally belonged to Liliaceae and was finally placed in the recently defined subfamily Nolinoideae of Asparagaceae after a series of taxonomic changes (Chen and Tamura, 2000; APG IV, 2016). This genus is usually rhizomatous understory herbs with more than 35 species widely distributed from eastern Asia and Europe to North and Central Americas (Therman, 1956; LaFrankie, 1986a; Meng et al., 2005), and morphologically featured with underground rhizomes, simple aerial stems, terminal paniculate to racemose inflorescences, and red berries at maturity (Fig. 1). Traditionally, two genera were recognized for species of *Maianthemum* based on their flower morphology, one was *Maianthemum* sensu stricto characterized by four tepals, four stamens, two carpels and the other was *Smilacina* Desf. with six tepals, six stamens, and three carpels. The merger of the two taxa and the monophyly of the expanded *Maianthemum* are strongly supported by morphological evidence (LaFrankie, 1986a, b) and molecular phylogenetic data (Kim and Lee, 2007; Meng et al., 2008; Kim et al., 2017).

Kim and Lee (2007) supported the monophyly of the broadly circumscribed *Maianthemum* based on partial trnK sequences, but their study had limited sampling and a single chloroplast marker with low resolution of relationships within the genus. Meng et al. (2008) conducted a first comprehensive study on the genus with a sampling of 22 species and six closely related outgroup taxa using eight chloroplast and nuclear markers (*trnL-F, rps16, rpl16, psbA-trnH, rbcL, ndhF, trnK*, and ITS). The phylogenetic results strongly supported the monophyly of *Maianthemum* with most species from the New World as the first diverged lineages. On the other hand, the majority of taxa from the eastern Himalayan region in SW China...
form a well-supported clade. The other species from central to NE China and Japan were resolved as several independent groups located between the New World and the SW China (Meng et al., 2008). Recently, Kim et al. (2017) also sampled many species from the genus for phylogenetic analyses, but their study was focused on the dimerous Maianthemum sensu stricto group.

The eastern Himalayas to Hengduan Mountains of SW China are biologically among the world's richest and most diverse regions with a high level of endemism and have been recognized as the biologically richest temperate region in the world (Wu, 1988; Boufford and Van Dyck, 1999; Myers et al., 2000; Sun et al., 2017). This area is the most diversified region for Maianthemum within eastern Asia, which harbors about 13 species with a high level of morphological variation among species and even within a species (Hara, 1987; Li, 1990; Meng et al., 2008). Although most species from SW China are well supported as a natural group, species relationship within this clade remains totally unclear. Furthermore, many species with wide distribution, such as Maianthemum henryi (Baker) LaFrankie and M. atropurpureum (Franch.) LaFrankie, are found to be non-monophyly (Meng et al., 2008). Because evolutionary radiations and species diversifications have not been well analyzed for plants from SW China, it is necessary to include Maianthemum as a case to study the divergence pattern within this biodiversity hotspot.

In this study, we use a large number of species of Maianthemum across its entire distribution range to generate a well-resolved molecular phylogeny based on a combined set of nuclear ribosomal (nrDNA) and chloroplast (cpDNA) sequences. Although our previous study supported the monophyly of the broadly circumscribed Maianthemum, the species sampling, especially from SW China, was limited. With a broader level of taxon sampling within Maianthemum, including multiple individuals, and an extensive character sampling from eight DNA regions, our paper intends to reconstruct phylogenetic species relationships and biogeographic history within Maianthemum and test whether the species, especially those from SW China, are reciprocally grouped according to their taxonomic species.

2. Materials and methods

2.1. Taxon sampling

A total of 125 accessions were sampled, representing 91 taxa (29 species) of Maianthemum and 34 outgroup taxa sampled widely from the subfamily of Nolinoideae (Appendix A). Our sampling covers the biogeographic distribution of the genus worldwide, including 24 species from eastern Asia and Europe, three from North America, and two from Central America. Particularly, all 13 species from SW China were included with up to 16 individuals sampled for the widespread distributed species (Table 1). The outgroup taxa were selected to include representatives from other genera in tribe Polygonateae (i.e., Heteropolygonatum M.N. Tamura & Ogisu, Disporopsis Hance, and Polygonatum Mill.; 13 species) and the other members in Nolinoideae of Asparagaceae (21 species) based on previous broader analyses (Rudall et al., 2000; Kim et al., 2010; Chen et al., 2013).

2.2. Lab works and sequence dataset

Total DNAs were extracted from about 15 mg silica-gel dried leaf tissue using the modified CTAB method (Doyle and Doyle, 1987) or the DNeasy Plant Mini Kits (QIAGEN, Mississauga, Ontario, Canada) following the manufacturer’s protocol. Eight molecular regions (trnL-F, rps16, rpl16, psbA-trnH, rbcL, trnK, trnC-petN and nrITS) were
Bayesian inference was conducted using MrBayes v.3.2.1 (Ronquist and Huelsenbeck, 2003) with nucleotide substitution models selected based on the Akaike Information Criterion (AIC) determined by MrModelTest v.2.3 (Nylander, 2004). Independent model tests were performed on each marker and model parameters (statefreq, revmat and shape) were unlinked between partitions. The Bayesian Markov chain Monte Carlo (MCMC) analyses were run for 10,000,000 generations with 4 incrementally heated chains starting from random trees and sampling one out of every 1000 generations. The burn-in and convergence diagnostics were graphically assessed using AWTY (Nylander et al., 2008) and the remaining trees were assumed to be representative of the posterior probability (PP) distribution.

2.4. Dating the times of divergence
We also estimated the tree topology and node ages of Maianthemum using a Bayesian relaxed clock model as implemented in BEAST v1.8.5 (Drummond and Rambaut, 2007). Since our interests were focused on the ages of major clades and lineages shown intercontinental disjunction, the dataset used for time estimation was reduced from the phylogenetic data above with only one accession included for each species. The dating dataset was partitioned using BEAUi 1.8.5 to generate input files for BEAST. Rate variation among sites was modeled using a gamma distribution with four rate categories in the GTR model with a Yule speciation tree prior and an uncorrelated lognormal distributed relaxed clock model (Drummond et al., 2006). Two independent MCMC runs were performed for 50 million generations each and sampling every 5000 generations. Tracer 1.6 (Rambau et al., 2014) was used to check for convergence between the runs with results considered reliable when the effective sampling size for all parameters exceeded 200 (Rambau et al., 2014). After the discarding of ca. 10% burn-in, the rest sampled posterior trees were summarized to generate a maximum clade credibility tree using the program TreeAnnotator 1.8.5 (Drummond and Rambaut, 2007) with a PP limit of 0.5 and mean node heights. The means and 95% higher posterior densities (HPD) of age estimates were obtained from the combined outputs using Tracer.

It is better to estimate the ages of molecular phylogenetic trees with calibration of multiple fossils (Forest, 2009), but there are very few reliable fossils reported from the monocots Asparagaceae (Friis et al., 2011). Thus, we used two secondary-calibration points in our analyses, following the approach described in recent studies on Tecophilaeaceae and Asparagaceae subfamily Scilloideae (Buerki et al., 2012, 2013) and Polygonatum (Wang et al., 2016). The stem and crown ages of Asparagaceae were constrained using a normal distribution with a mean of 58.3 and 56.4 million years ago (Ma), respectively, both with a standard deviation of 6.0.

3. Results
The final dataset comprised an aligned matrix of 916 base pairs (bp) with 54 bp variables and 30 bp potentially parsimony-informative for rps16, 1447 bp with 130 variable and 66 potentially parsimony-informative for rbcL, 729 bp with 47 variable and 27 potentially parsimony-informative for plast-trnf, 1117 bp with 98 variable and 40 potentially parsimony-informative for rpl16-trnC, 1839 bp with 363 variable and 169 potentially
parsimony-informative for trnK, 957 bp with 64 variable and 39 potentially parsimony-informative for trnL-F, and 745 bp with 291 variable and 211 potentially parsimony-informative for nrITS. The total number of characters included in the combined dataset is 8744 bp with 1137 variable and 641 parsimony-informative. Due to the low variations of both the chloroplast and nrITS sequences and no hard conflicts (BS > 50) found among them, all the sequences were directly combined following Meng et al. (2008) and Kim et al. (2017).

Both the ML best tree (Fig. 2) and the BI consensus phylogram (Fig. S1) suggested the monophyly of Maianthemum with recognition of nine strongly supported clades, but phylogenetic relationships among these nine clades are largely unresolved in both ML and BI analyses (clades 1–9, Figs. 2 & S1). Clades 1–3 consist of taxa all from the New World including the two common species of Maianthemum racemosum (L.) Link (BS = 100, PP = 1, clade 1) and Maianthemum stellatum (L.) Link (BS = 100, PP = 1, clade 2) from North America and the others from tropical America (BS = 100, PP = 1, clade 3). Members in clades 4–8 are sampled from north temperate areas and all the clades are robustly supported with BS ranging from 85 to 100 and PP = 1 (Figs. 2 & S1). The traditional Maianthemum sensu stricto is well supported (BS = 100, PP = 1, clade 5 in Figs. 2 & S1). The clade 9 is a well resolved monophyletic group mostly restricted and diversified in the eastern Himalaya to the Hengduan Mountains of SW China (Fig. 3). Phylogenetic relationships within this group remain unclear except for a well-supported subclade with species mostly from north Hengduan Mountains (Fig. 3). The widely sampled species from this region do not form a monophyletic group at the specific level, such as Maianthemum henryi and Maianthemum purpureum (Wall.) LaFrankie (Fig. 3).

The Bayesian dating analyses based on two calibration points suggested an origin of the Maianthemum crown lineage at 10.09 Ma with a 95% HPD of 6.77–13.64 Ma (node A, Fig. 4). The disjunction between Eurasian and North American species was estimated at 2.79 (1.46–4.38; Fig. 4) or 3.31 (1.65–5.18) Ma. The disjunct age between the New World Maianthemum dilatatum (Alph. Wood) A. Nelson & J.F. Macbr. and the rest Maianthemum sensu stricto was estimated to be 2.59 (95% HPD: 1.13–4.51) Ma (node B in Fig. 4) and the Old World M. dilatatum diverged from the New World M. canadense Desf. at 1.23 (95% HPD: 0.37–2.34) Ma (node C in Fig. 4). The infraspecific disjunction within Maianthemum trifolium (L.) Sloboda is also recent with an estimation of 1.94 (95% HPD: 0.44–3.71) Ma (node D in Fig. 4). The crown age of the SW clade was estimated as 4.87 (3.03–6.83) Ma and the eastern Hengduan Mountains clade was inferred to be 3.52 (2.06–4.99) Ma.

4. Discussion

4.1. Phylogenetic relationships within Maianthemum

Infrageneric classifications of Maianthemum were proposed by many authors on the base of morphology and geographic distribution. Hara (1987) divided the traditional genus of Smilacina into four sections based on the combination of several significant flower features but not included the New World species of Smilacina and Maianthemum sensu stricto. Li’s (1990) classification was different from Hara (1987), recognizing two subgenera (Medora and Maianthemum) and five sections (Medora, Oligobotrya, Tatsiensia, Smilacina, and Maianthemum), which includes all taxa from Smilacina and Maianthemum sensu stricto. Representatives from all subgenera and sections versus Li (1990) were sampled in our analyses, and the phylogenetic results indicate that both subgenera Medora and Maianthemum and all sections are not monophyletic, except for the section Maianthemum (Fig. 2). Similar results are also found from Kim and Lee (2007), Meng et al. (2008), and Kim et al. (2017), which exhibited low resolution to the infrageneric classification and suggested non-monophyly of most sections recognized by Li (1990). Therefore, our phylogenetic analyses further confirmed its inconsistent with the morphology-based classifications and thus traditional morphological characters (e.g., rhizome morphology, corolla shape, and flower color) are not phylogenetically informative.

Although the deep relationship of the genus is still unclear, our results suggested that all samples of Maianthemum were recognized into nine clades, but phylogenetic relationships among these lineages are unresolved (Fig. 2). These main lineages may have arisen from a rapid initial radiation in the late Miocene (Fig. 4), as evidenced by short branch lengths subending longer branches that lead to the crown clades of 1–9, respectively (Figs. 2 & S1). This pattern suggests short periods of rapid diversification after the divergence from a common ancestor followed by long intervals of relatively constant evolution as suggested by Kim et al. (2017). Our results further indicated that these nine clades are recognizable into two clusters according to their biogeographic distribution, i.e., the Old and New World (Fig. 2). The Old World group can be further distinguishable into a monophyletic SW China lineage and a paraphyletic north temperate complex (Fig. 2).

The New World group is composed of three lineages as suggested by the ML and Bayesian trees (clades 1–3 in Figs. 2 & S1). The two North American species of Maianthemum racemosum (clade 1) and M. stellatum (clade 2) are supported to be monophyletic, respectively. M. racemosum is a species native to North America widespread found from every US state except Hawaii, and from every Canadian province and territory except Nunavut, as well as from Mexico (LaFrankie, 1986a). All samples of M. racemosum ssp. racemosum from northern North America grouped into a clade sister to the western North American subspecies M. racemosa ssp. amplexicaule (Fig. 2). M. stellatum is the other species widely distributed in North America. It is a woodland herbaceous perennial plant, different from its close relative M. racemosum with smaller, more open inflorescences, flowers with stamens shorter rather than longer than the petals, and somewhat narrower and more curved leaves (LaFrankie, 1986a). Both of them show the characteristic zigzag of the stem between the alternate leaves. The mountains of tropical America is another important center of species diversification for the genus with more than ten species are reported from this region (LaFrankie, 1986a). Only two species were sampled from Central America and they were grouped as the third lineage (clade 3, Fig. 2). Kim et al. (2017) sampled four species and also found this group is monophyletic.

The diversification and relationship of the New World Maianthemum are still unclear. The Central American taxa are suggested to be close to the Maianthemum stellatum in the ML and Bayesian trees (Fig. 2), other than to the M. racemosum in the BEAST tree (Fig. 4). The unresolved relationship among these three lineages, perhaps is resulted from the present limited sampling in Central America, and/or the possible long isolation of the Central American taxa in the early evolutionary history of the genus. More molecular data and samples from Central America are needed to explore their phylogenetic relationships, which are also important to understand the early evolutionary history of the genus.

As a transition between the New World and SW China groups, the north temperate taxa is a complex group composing of five lineages (clades 4–8 in Fig. 2), which are mostly occurred from northeastern Asia with a few found from Europe and North America. The north temperate group might present fast radiation with short branch lengths among lineages, and the relationships of these five clades remain uncertain (Fig. 2).
Fig. 2. The Maximum likelihood tree of Maianthemum based on eight combined chloroplast and nuclear sequences (trnL-F, rps16, rpl16, psbA-trnH, rbcL, trnK, trnC-petN and ITS). The bootstrap values in 1000 replicates are shown by circles with different colors on each node.
Clade 4 represents species ranging from central and NE China to Japan, corresponding to clade C in Meng et al. (2008), which sampled only two species. Six species were included in this study with five individuals of *Maianthemum japonicum* (A. Gray) LaFrankie from NE China and Japan. Species in this clade share the synapomorphic characters of 4–9 ovate to elliptic leaves and white, linear petals. *M. japonicum* is an erect, herbaceous perennial plant with stems 30–60 cm tall, and producing a clump of unbranched stems from a creeping rhizome. This species is widely found in northeastern Asia from the Russian Far East and NE China to Korea and Japan. It is not monophyletic because *Maianthemum formosanum* (Hayata) LaFrankie from Taiwan is nested within it. The taxonomic status of this species needs further evidence and examination.

*Maianthemum* sensu stricto (clade 5) has six (not four) tepals and the species has been segregated from *Maianthemum* sensu stricto (LaFrankie, 1986b). Molecular phylogeny also supports their close relationship but with weak supports (Kim et al., 2017). Our study also suggested the monophyly of *Maianthemum trifolium* (clade 6), but did not support its sister relationship to *Maianthemum* sensu stricto.

The two species of *Maianthemum tatsuianense* (Franch.) LaFrankie and *M. stenolobum* (Franch.) S.C. Chen & Kawano grouped together (clade 7) are morphologically distinguishable in having green flowers with narrow petals, and shining leaves and stems, perhaps representing synapomorphies of this clade (Fig. 1I). Since *M. stenolobum* is nested within *M. tatsuianense*, *M. tatsuianense* seems to be paraplyetic and its taxonomy needs further attention with more samples of *M. stenolobum*.

Clade 8 represents by only *Maianthemum dahuricum* (Fisch. & C.A. Mey.) LaFrankie, which is an unusual species with leaves abaxially densely pubescent and flowers in clusters of 2–4 and restricted in northeastern Asia. The position of the Old World *M. dahuricum* remained unresolved (Meng et al., 2008) or is close to the SW China clade (Kim et al., 2017). Similar to Kim et al. (2017), we found it is close to the SW China clade though they are remotely separated. The isolated status of the species should be further examined with more data.

### 4.2. Divergence pattern within SW China clade

The Hengduan Mountains to the eastern Himalayas in SW China is a diversification center for the genus with more than thirteen species (Li, 1990; Meng et al., 2008). All species from this region have been comprehensively sampled with more than ten individuals for some widespread species (e.g., *Maianthemum henryi* and *M. purpureum*, Appendix A). Similar to previous studies (Meng et al., 2008; Kim et al., 2017), our results showed that all of them were strongly supported as a monophyletic clade with exception of *M. tatsuianense* and *M. stenolobum* which is separated as an independent lineage (clade 7 in Fig. 2). Morphologically, the SW China
clade is characterized by having large inflorescences and flowers with conspicuous petals with color ranging from dark purple, light purple, to white, e.g., Fig. 1 (E, G, H, J-L).

As indicated by previous studies (Meng et al., 2008; Kim et al., 2017), phylogenetic relationships within this clade are not consistent with morphology, as shown individuals from the same species are grouped into difference lineages and different species from the same area are grouped together (Fig. 3). For example, *Maianthemum henryi* is easily distinguishable with long-tubed flowers (Fig. 1L), but molecular data did not support the monophyly of this species with thirteen accessions separated into at least six lineages (Fig. 3; Table 1). *M. atropurpureum* and *M. purpureum* are another two species widely found in SW China. They are morphologically similar with flowers white to purplish red, but *M. atropurpureum* usually with perianth connate proximally forming a tube and *M. purpureum*’s free. The two species are also non-monophyly respectively. The three collections of *M. tubiferum* (Batalin) LaFrankie is not grouped together either. Similar results were found by Meng et al. (2008) and Kim et al. (2017). SW China, including the Hengduan Mountains and the eastern Himalayas, is one of the biologically richest temperate regions in the world (Wu, 1988; Sun, 2002). Heterogeneity and complexity of high montane

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**Fig. 4.** Maximum clade credibility tree of *Maianthemum* and the closely related taxa derived from a BEAST analysis. Posterior estimates of divergence times were inferred using two fixes as normal age constraints (F1: 58.3 Ma; F2: 56.4 Ma). Nodes are posterior mean ages with node bars representing 95% highest posterior density intervals. A-F indicate nodes with interests and discussion in the text.
habitats in SW China may explain the high level of morphological divergence and rich biodiversity of its floras (Xiang et al., 2004; Nie et al., 2005).

Phylogenetic relationships within this clade are extremely low and species relationship within this group is not well resolved (Fig. 3). This lineage may have arisen from rapid initial radiation at 4.87 (3.03–6.83) Ma (node E in Fig. 4) in the eastern Himalayas following with a second one at 3.52 (2.06–4.99) Ma (node F in Fig. 4) in the Hengduan Mountains, as also evidenced by short branch lengths subtending longer branches that lead to the crown groups (Fig. 3). More and more evidence suggest that the Qinghai-Tibetan Plateau (QTP) is a very recent construct and its modern high elevation only came into being since the middle Miocene (Harrison et al., 1992; Shi et al., 1998; Spicer et al., 2003, 2020). The diversification of Maianthemum largely coincides with the topographically complex landscape of the QTP with deep valleys and high mountains formed since the Miocene, and is also similar to the scenarios estimated for the major divergence of many other plant groups from this region (Wang et al., 2009; Liu et al., 2014; Favre et al., 2015; Ebersbach et al., 2017).

Both phylogenetic and biogeographic dating results indicated that the fast radiation of SW China clade was occurred in the eastern Himalayas to the south Hengduan Mountains (south Xizang and northwest Yunnan), followed with subsequent radiation in the eastern Hengduan Mountains (from west Sichuan to part of northeast Yunnan) in the Pliocene (Fig. 4). Thus, our data suggest a west-to-east dispersal or migration route from eastern Himalayas to the Hengduan Mountains (Fig. 3), which is a common mechanism shaping the geographical distribution of plants as well as their speciation and diversification in this area (Wen et al., 2014; Ebersbach et al., 2017). For example, Solms-laubachia Muschler, which has originated in central Asia, and subsequently migrated eastward into the Hengduan Mountains via eastern Himalayas (Yue et al., 2009). The dispersal direction of Incarvillea Jussieu within the Sino-Himalaya was from central Asia to the eastern Himalayas, then via the Hengduan area to eastern Asia (Chen et al., 2005; Rana et al., 2021). Cyananthus Wallich ex Bentham provides another example of a west-to-east dispersal route from the eastern Himalayas to the Hengduan Mountains (Zhou et al., 2013). Interestingly, an opposite route is also common as found in Syncalathium Lipschitz sensustricto which was dispersed from the northern edge of the Hengduan Mountains (e.g., Gansu and Qinghai) to the central Hengduan area, and more recently into the eastern Himalayas (Zhang et al., 2011).

4.3. Intercontinental disjunction between North America and eastern Asia

Intercontinental disjunctions of Maianthemum in the Northern Hemisphere appear to have occurred multiple times during the late Miocene to the Pliocene (Fig. 4). The crown genus was split into two lineages, representing an early disjunction between the New World group and all the others mostly from the Old World estimated at 10.09 Ma in the late Miocene (node A in Fig. 4). This result is similar to that estimated in Meng et al. (2008), which estimated the divergence time of crown Maianthemum to be no earlier than the late Miocene (8.30 Ma) based on the rbcl gene sequence data sampled from the Asparagales and other monocots (Meng et al., 2008). Three recent disjunct lineages from the Pliocene were detected by our phylogenetic analyses, including two disjunct lineages occurred within Maianthemum sensu stricto (nodes B & C in Fig. 4) and one found from Maianthemum trifolium (node D in Fig. 4). The disjunctions between the New World M. dilatatum and the rest at 2.59 (1.13–4.51) Ma and the other between M. canadense and M. dilatatum (Asia) at 1.23 (0.37–2.34) Ma are recent in the Pliocene, similar to the divergence time estimated in Meng et al. (2008). Kim et al. (2017) also estimated similar but a little older ages in the Pliocene (5.0 Ma and 3.5 Ma) for the intercontinental disjunctions within this clade. There are very few examples of intercontinental disjunction within a species (Nie et al., 2006). M. trifolium is disjunct distributed between northeastern Asia and northern North America. The disjunction within M. trifolium is first reported with a recent age of 1.94 (0.44–3.71) Ma.

The disjunction between eastern Asian and North American taxa are likely the result of a combination of vicariance and long-distance dispersal events. The early disjunction within Maianthemum should be resulted by a migration between the Old and the New World in the late Miocene via the Beringia, which is common pattern found in many temperate plants disjunct in the Northern Hemisphere (Wen, 1999; Donoghue and Smith, 2004; Milne, 2006; Wen et al., 2016). It seems that dispersal via long distance possibly across the Beringia is the most likely explanation for the recent disjunction in Maianthemum since the Beringia was no longer available for direct exchanges of most north temperate plants after about 3.5 Ma (Hopkins, 1967; Tiffney, 1985). The facilitation of long-distance dispersal in the genus is also supported by its effective long-distance dispersals by birds (Meng et al., 2008; Kim et al., 2017). As shown in Fig. 1(M–P), young fruits are fleshly berries with purple dots that become red at maturity, which are dispersed by birds and/or migrating animals (Piper, 1989; Conran and Tamura, 1998). Long-distance dispersal may be one of the key adaptations that have allowed Maianthemum species to succeed in high latitudes during the widely fluctuating climates of the Pliocene and Pleistocene (Kim et al., 2017). Several recent studies of other taxa in Asparagaceae based on molecular data have supported dispersal as the dominant factor responsible for transoceanic or inland distributions (Lu and Morden, 2014; Wang et al., 2016; Wang and Yang 2018).

Author contributions

YM, Z-LN and Y-PY designed the research and collected the materials. RM, Z-LN and YM performed the experiments and data analysis. All authors have contributed to interpretation of the results and writing the manuscript.

Declaration of competing interest

The authors declare there is no conflict of interest regarding this manuscript. All the authors are agreed to submit this manuscript.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.pld.2021.02.001.

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