Electrochemical monitoring of an important biomarker and target protein: VEGFR2 in cell lysates

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Vegetable endothelial growth factor receptor 2 (VEGFR2) is a potential cell-type biomarker in clinical diagnoses. Besides, it’s the target protein of many tyrosine kinase inhibitors and its expression significantly associates with clinical performance of these inhibitors. VEGFR2 detection provides an early warning for diseases and a basis for therapy and drug screening. Some methods have been developed for VEGFR2 determination. However, they are usually performed indirectly and complexly. Herein, an electrochemical biosensing platform for VEGFR2 analysis has been first proposed. It can detect the total concentrations of the VEGFR2 protein in cells lysates directly and can be used to monitor the changes of VEGFR2 expression levels induced by treatments of different inhibitors. Moreover, the inhibitor-VEGFR2 interactions are illuminated through theoretical simulation. The simulation results agree well with the experimental data, indicating the veracity of the proposed method. The electrochemical detection methodology for VEGFR2 would be promising in clinical diagnosis and drug screening.

In the progression of many pathological diseases such as chronic inflammation or cancer, vascular endothelial growth factor (VEGF) and vascular endothelial growth factor receptors (VEGFRs) play important roles as they are essential in angiogenesis and vasculogenesis, which significantly promote tumor growth and metastatic spread. Among these specific tyrosine kinase receptors which are regulated by VEGF, VEGFR2 mediates most of the angiogenic functions. The VEGFR2 protein is expressed at low levels in normal cells or tissues. However, in various diseases such as diabetic retinopathy, chronic lymphocytic leukemia, ovarian cancer and breast cancers, its expression is upregulated. Besides, the expression of VEGFR2 is closely related to the disease stage, recurrence and outcome. Due to its specific expression and critical role in signaling pathway of angiogenesis, it is no wonder that VEGFR2 has been considered as an appropriate target protein for the design and development of many angiogenesis inhibitors. Furthermore, the expression of VEGFR2 correlates with antitumour efficacy of VEGFR2 tyrosine kinase inhibitor. Thus, the analysis of VEGFR2 not only plays an important role in diagnostic analysis, but also takes a deeper look at drugs’ efficacy. So simple and sensitive detection methods for VEGFR2 are significantly required in order to monitor the progress of the diseases as well as predict the curative effect of drugs.

At present, some methods including quantitative reverse-transcription polymerase chain reaction (qRT-PCR), western blot (WB) and enzyme-linked immunosorbent assay (ELISA) have been developed for determination of VEGFR2 expression. The qRT-PCR technique used for the analysis of VEGFR2 protein is to measure the amount of mRNA at the gene transcription level rather than protein level. This indirect way might constrain its application scope as it is a complicated biological process from transcription to translation and there is not a necessary positive correlation between the amount of gene expression and protein expression. The WB technique can only semi-quantitatively assay protein expression level. The ELISA is an available quantitative method to detect proteins. But it is complicated, time-consuming and needs more expensive instruments. Besides, traditional colorimetric signal readout used in ELISA also constrains its improvement in the limit of detection.

To the best of our knowledge, electrochemical technique for VEGFR2 determination has not been reported. Recently, electrochemical determination has been applied to many fields including environmental monitoring, food analysis, biological analysis, and medical detection due to its intrinsic advantages such as high sensitivity, portability, relatively low cost, on-line detection, rapid response, and reusability. A variety of functional nanomaterials has been introduced as conductive substrate or immobilization platforms for biomolecules to amplify the biosensing signals in the process of constructing electrochemical biosensors. In this...
work, the electrodes were modified by using chitosan functionalized reduced graphene oxide (RGO) to enhance the electrical conductivity, together with a sandwich-type assay format, an electrochemical biosensing platform for the detection of VEGFR2 has been firstly developed (Figure 1). The proposed electrochemical detection method for VEGFR2 protein exhibited good applicability in real samples. To test the changes of VEGFR2 expression induced by different irritants’ treatments, rhesus macaque choroid-retinal endothelial cells (RF/6A), which was close to retinal cells derived from humans and repeatedly be used to study about retinal angiogenesis and choroid angiogenesis, were selected as model cells. Three kinds of irritants (VEGF and two tyrosine kinase inhibitors) were used to regulate the expression of VEGFR2. The changes of the protein content can be monitored by our electrochemical detection system established herein. As it has been reported that molecular conformations, interactions, and properties of VEGFR tyrosine kinase inhibitors associated with their drug efficiency and clinical performance\cite{32}, with the increase in the number of small in-plane sp² domains\cite{33}. The Raman spectra presented us with a size of the sp² domains and the increase in the number of small in-plane sp² domains\cite{33}. In addition, Raman spectra of the RGO (Figure S1B, curve b) gave an increased D/G intensity ratio (1.09) compared to that of the GO (0.96) (Figure S1B, curve a), suggesting the decrease in the average size of the sp² domains and the increase in the number of small in-plane sp² domains\cite{33}. And the Raman spectra presented us with a weak and broadened 2D peak of RGO (Figure S1B, curve b), showing that RGO possessed much more defects compared with GO\cite{33}. These phenomena confirmed the formation of RGO from the reduction of GO.

Furthermore, to confirm the effect of chitosan, the morphology of RGO with (Figure 2A) and without (Figure 2B) chitosan was analyzed by transmission electron microscope (TEM). The RGO with-
steric hindrance generated by the immobilized proteins which had inhibitory action on the electron transfer of the electrode surface. After the modified electrode was incubated in BSA, Ag and Ab$_2$, a further decrease of the redox peak currents could be observed but not distinct (curves e, f and g). In order to further verify the successful construction of the biosensor, EIS were used to measure the changes of electrode surface. Figure 4B showed Nyquist diagrams changed distinctly (curves e, f and g). In order to further verify the successful assembly of the biosensor, EIS were used to measure the changes of electrode surface. Figure 4B showed Nyquist diagrams changed distinctly (curves e, f and g).

**Figure 4** A) CVs obtained at (a) bare GCE, (b) chitosan-RGO/GCE, (c) chitosan-RGO/thionine/GCE, (d) Ab$_1$/chitosan-RGO/thionine/GCE, (e) BSA/Ab$_2$/chitosan-RGO/thionine/GCE, (f) Ab$_1$/Ag/BSA/Ab$_2$/chitosan-RGO/thionine/GCE in 0.01 M pH 7.4 PBS. B) Nyquist diagrams of (a) bare GCE, (b) chitosan-RGO/thionine/GCE, (c) Ab$_1$/chitosan-RGO/thionine/GCE, (d) BSA/Ab$_2$/chitosan-RGO/thionine/GCE, (e) BSA/Ab$_1$/chitosan-RGO/thionine/GCE, (f) Ab$_1$/Ag/BSA/Ab$_2$/chitosan-RGO/thionine/GCE in 0.01 M pH 7.4 PBS (a) without and (b) with 4 mM H$_2$O$_2$. Ag concentration was 43 pM. The concentration of thionine was 30 µM. After the electrode was modified with thionine and chitosan-RGO, the EIS was almost a straight line (curve b), implying very low electron-transfer resistance on chitosan-RGO/thionine/GCE electrode surface to the redox probe dissolved in the electrolyte solution. The stepwise assembly of Ab$_1$, BSA, Ag and Ab$_2$ on the chitosan-RGO/thionine/GCE electrode surface was accompanied by a gradual increase of semicircle diameters (curves c–f, $R_P$ = 1.10 kΩ, 1.29 kΩ, 1.56 kΩ and 1.65 kΩ), indicating the increase of electron-transfer resistance. The impedance changes obtained during the modification process proved that Ab$_1$, BSA, Ag and Ab$_2$ had been successively assembled on the chitosan-RGO/thionine/GCE electrode surface. At last, to verify the enzymatic activity of HRP, H$_2$O$_2$ was added to the PBS. In Figure 4C, curve b showed the oxidation peak current of thionine decreased with its reduction peak current increased and the reduction peak potential shifted to negative, which were owing to the enzymatic catalysis of HRP to the oxidation of thionine by H$_2$O$_2$. The enhanced reduction peak current was served as an amplification of signal for constructing this proposed biosensor. The reaction mechanism of the enzymatic catalysis of HRP to the oxidation of thionine by H$_2$O$_2$ is outlined as follow\(^\text{23,28}\):

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\begin{align*}
\text{HRP(red) + H}_2\text{O}_2 & \rightarrow \text{HRP(ox) + H}_2\text{O} \\
\text{HRP(ox) + thionine(red)} & \rightarrow \text{HRP(red) + thionine(ox)} \\
\text{thionine(ox) + 2e}^- & \rightarrow \text{thionine(red)}
\end{align*}
\]

In reaction (1), H$_2$O$_2$ was reduced by HRP to form water and HRP(ox) denoted oxidized HRP. Then in reaction (2) HRP(ox) was reduced to HRP by thionine. Reduced and oxidized forms of thionine were represented as thionine(red) and thionine(ox), respectively. Then thionine(ox) could be reduced to thionine(red) at the electrode, in reaction (3), leading to a reduction current.

**VEGFR2 determination.** Under the optimized conditions (chitosan-RGO composite (0.25 mg mL$^{-1}$), incubation time of VEGFR2 (60 min), H$_2$O$_2$ concentration (4 mM)) (Figure S3), differential pulse voltammetry (DPV) peak currents increased with increasing concentration of VEGFR2 protein from 0.4 pM to 86 pM (Figure 5A). As shown in Figure 5B, the reduction peak current was proportional to the logarithm of the VEGFR2 concentration. The linear regression equation of the calibration curve was $I_{pc}$(µA) = 5.946 + 3.446 log[VEGFR2] (pM) in the range from 0.4 pM to 86 pM with a correlation coefficient of 0.999. The detection limit for VEGFR2 was 0.28 pM at a signal-to-noise ratio of 3. VEGFR2 quantification using ELISA was served as a comparison (The detail of ELISA assay procedure was described in Supporting Information). The ELISA kit showed a linear range from 0.9 pM to 43 pM with a detection limit of 0.6 pM for VEGFR2 (Figure S4). This demonstrated that our proposed electrochemical biosensor was more sensitive and had wider detection range than those of the ELISA results. Besides the above, our proposed electrochemical detection method for VEGFR2 was low-cost and much simpler, comparing with the ELISA.

**Specificity, reproducibility, and stability of the assay.** In order to assess the specificity of the proposed biosensor for VEGFR2 protein, some related proteins including BSA, recombinant human VEGF$_{165}$, recombinant human VEGF$_{121}$, recombinant human VEGFR1 and recombinant human VEGFR3 were used as the possible interferences. The electrochemical signals of 8.6 pM (1 ng mL$^{-1}$) VEGFR2 was compared with that of BSA (100 ng mL$^{-1}$) or 50 ng mL$^{-1}$ other interferential substance (Figure 6). The peak currents showed negligible difference between the blank solution and the incubation solution contained interfering agents, indicating the excellent specificity of the proposed biosensor. Therefore, the proposed
biosensor could be further used for detection of VEGFR2 in real samples. The coefficient variations of intra- and inter-assays were used to assess the reproducibility of the proposed biosensor. Both the inter-assay and intra-assay precisions of the biosensor were examined with two samples containing 0.9 pM and 43 pM of VEGFR2 five times. The intra-assay coefficient variation was valued by detecting each sample for five times using five parallel prepared biosensors. The intra-assay coefficient variations were 4.2% for 0.9 pM VEGFR2 and 3.9% for 43 pM VEGFR2, respectively. The inter-assay precision was calculated by measuring each sample with five biosensors using the same GCE. The inter-assay coefficient variations were 5.8% for 0.9 pM VEGFR2 and 4.3% for 43 pM VEGFR2, respectively. The above results showed acceptable reproducibility and precision of the proposed biosensor. In addition, when the biosensor was stored in PBS at 4°C for 10 days, it remained 91.9% of initial responses, suggesting the acceptable stability of the proposed biosensor.

**VEGFR2 analysis in real samples.** The VEGFR2 electrochemical assay was further applied to a complex biological matrix to examine its practicality. The average VEGFR2 concentration in cell culture supernatant of three parallel N1 (0 h) samples were detected to be 4.0 pM in average, which was in good agreement with 3.8 pM obtained with the ELISA method. VEGFR2 real samples were prepared by spiking 0.9 pM, 8.6 pM, and 43 pM of purified VEGFR2 in N1 (0 h) cell lysate, respectively. The peak current increased proportionally with the increasing concentration of the added VEGFR2, which was coincident with the calibration curve obtained with standard VEGFR2 solutions. According to the calibration curve, the VEGFR2 content in the N1 (0 h) cell lysate was obtained to be 42.2 pM, which was consistent with the above measure results (4.0 pM and 3.8 pM). The recoveries were in the range of 92.12–114.7%. Thus, these results indicated that the electrochemical sensing approach was reliable and could precisely quantify the expression of protein in complex biological matrices with little matrix effect.

As all the above results have definitely illuminated the applicability of the proposed biosensor in the practical samples, the changes of VEGFR2 expression induced by different irritants’ treatments were detected. The effects of identical concentration of Sorafenib and Vandetanib on the total VEGFR2 protein expression were tested using RF/6A cells. VEGFR2 had a low expression in normal RF/6A cells, which could be seen through N1 sample (Figure 7). It is reported that VEGF up-regulated VEGFR2 expression through binding and activation of the VEGFR2 receptor tyrosine kinase, which was validated herein by our work (N2 of Figure 7). As shown in N2 of Figure 7, when cells were co-incubated with 25 ng mL⁻¹ VEGF₁₆₅, the expression of VEGFR2 increased rapidly and drastically blocking the influence of VEGF on the VEGFR2 expression much quicker (Figure 7 N3–4 h) than Vandetanib (Figure 7 N4–8 h) might be easy to explain. The binding free energy of Sorafenib with

**Discussion**

To understand why different inhibitors caused different VEGFR2 expression levels, herein, some information about properties and interaction with VEGFR2 tyrosine kinase domain of Sorafenib and Vandetanib was further discussed briefly (Figure 5 and Figure 6). Comparing their physical property, Sorafenib had higher lipid solubility than that of Vandetanib. The rate of membrane permeability usually increased with increasing fat solubility. In the meantime, considering their interaction with VEGFR2 (Figure 8), they were stabilized mainly via hydrophobic interaction as shown in Figure 7A2 and B2. Some polar residues played an important role in stabilizing drug via H-bonds and electrostatic interactions. As shown in Figure 8A3 and B3, there were more hydrogen bonds in Vandetanib than in Sorafenib, which could be seen through their interaction with VEGFR2 tyrosine kinase domain, indicating that Sorafenib had better specificity and selectivity. Combining the above two factors, the reason why Sorafenib played its function on blocking the influence of VEGF on the VEGFR2 expression much quicker (Figure 7 N3–4 h) than Vandetanib (Figure 7 N4–8 h) might be easy to explain. The binding free energy of Sorafenib with
Reagents and materials. The human VEGF165 ELISA kit including VEGF165 capture antibody, biotinylated VEGF165 detection antibody, and streptavidin-HRP, VEGF165, Sorafenib and Vandetanib were purchased from R&D Systems Co., Ltd. BSA, aprotinin, leupeptin, chitosan, thionine, fetal bovine serum (FBS), dimethyl sulfoxide (DMSO), 3,3',5,5'-tetramethylbenzidine (TMB) were acquired from Sigma-Aldrich. 96 well microplates were obtained from Costar Co., Ltd. GO was produced from Nanjing XF Nano Materials S&T Co., Ltd. Sorafenib and Vandetanib were from Nanjing Chemlin Chemical Industry Co., Ltd, whose purities were more than 99% (HPLC). RF/6A cells were purchased from Institute of Biochemistry and Cell Biology, Chinese Academy of Sciences and cell culture medium F12K were from Wuhan Boster Biological Chemical Industry Co., Ltd, whose purities were more than 99% (HPLC). RF/6A cells were incubated with 25 ng/mL VEGF165, 5 μM Sorafenib and 5 μM Vandetanib in cases number 1–4 (N1–4). These cases were marked along the z axis and the details were shown in the table below the histogram. Samples were taken from each case at different time intervals: 0, 4, 8 and 12 h, respectively. The concentration of VEGFR2 in each sample’s cell lysate was detected by using the proposed electrochemical biosensor.

VEGFR2 (∆Gbinding(Sorafenib)) was found to be −62.71 kJ mol⁻¹, while ∆Gbinding(Vandetanib) was −90.41 kJ mol⁻¹, showing that Vandetanib bound much stronger with VEGFR2 than Sorafenib. This might account for the phenomenon shown in Figure 7 that Vandetanib blocked VEGFR2 up-expression more efficiently than Sorafenib.

In summary, an electrochemical VEGFR2 biosensor was successfully designed and its high practical usability was demonstrated in the sensitive, selective, and accurate quantification of total VEGFR2 protein in cell lysates. The immunoassay was successfully used to monitor the changes of VEGFR2 expression levels induced by different irritants. Furthermore, the mechanism of inhibitors’ effects had been elucidated reasonably using theoretical simulation at the molecular level. The designed strategy has an expansive and promising perspective of application in drug screening and clinical diagnosis for the construction of versatile electrochemical assay platforms.

Methods

Apparatus. Electrochemical experiments, including CV and DPV were performed with an electrochemical analyzer CHI 660D (CH Instruments). The morphology of the chitosan-RGO was observed using a transmission electron microscope (TEM, JEM-200CX) with an accelerating voltage of 80 kV. UV-vis measurements were carried out at room temperature on a Cary 50 UV-vis absorption Spectrometer (Varian, America). Raman spectra were recorded on a Labram HR800 (Jobin Yvon Co., France). All experiments were conducted at ambient temperature. Optical density (OD) at 450 nm which subtracted readings at 540 nm was determined by a Safire microplate reader (TECAN, America). The EIS was carried out with an Autolab potentiostat/galvanostat PGSTAT302N (Eco chemie, BV, The Netherlands) and controlled by Nova 1.8 software with a three-electrode system under open circuit conditions. The voltage frequencies ranged from 10⁻² Hz to 0.1 Hz and the AC voltage amplitude was 5 mV. The supporting electrolyte was 10 mM [Fe(CN)₆]³⁻⁻⁻ solution containing 0.1 M KCl.

Synthesis of chitosan-RGO composite. Briefly, GO suspension (5 mL, 0.5 mg mL⁻¹) was gradually added into chitosan solution (5 mL, 0.5% w.t. in 1% acetic acid) with stirring. Then L-ascorbic acid (23.6 mg) was added, and the mixture was held at 60 °C for 5 h. At last, the chitosan-RGO was filtered over a cellulose membrane (0.22 μm), washed with water, and then redispersed in acetic acid solution (10 mL, 1%). The upper homogeneous dispersion was taken for future use.

Fabrication of the biosensor. The fabrication of the biosensor was illustrated in Figure 1. Before modification of the GCE, it was polished to a mirror finish with alumina slurry (0.3 and 0.05 μm, respectively), followed by ultrasonication for 30 s to remove the alumina particles, and then rinsed with water and dried under nitrogen gas. Thionine (7 μL, 30 μM) was placed on the GCE (d = 3 mm) at room temperature for 2 h to dry. Then chitosan-RGO (7 μL) was dropped to coat the thionine film and dried at room temperature. After thoroughly washing with water, the electrode was immediately followed by incubation with glutaraldehyde (7 μL, 2.5%) for 2 h. After washing, Ab1 (10 μL, 7.2 μg mL⁻¹) in phosphate buffered saline (PBS) (8.1 mM Na₂HPO₄, 1.5 mM KH₂PO₄, 137 mM NaCl, 2.7 mM KCl, pH 7.4) was applied to the electrode and then incubated for 3 h at room temperature. After
washing with 0.05% Tween-20 and PBS, the Ab1/chitosan-RGO/thionine/GCE was incubated in BSA (6 µL, 3%) and PBS at room temperature for 1 h to block excess active groups and nonspecific binding sites on the surface. Finally, the electrode was washed with 0.05% Tween-20 and PBS before use.

**Measurement procedures.** A classical sandwich immunoassay was used for determination of VEGFR2 protein. First, the BSA/Ab1/chitosan-RGO/thionine/GCE was incubated with 15 µL of different concentrations of VEGFR2 standard antigen (Ag) for 60 min at 37°C, followed by washing with 0.05% Tween-20 and PBS. Subsequently, the electrode (Ag/BSA/Ab1/chitosan-RGO/thionine/GCE) was incubated with 10 µL of Ab2 for 60 min at 37°C and washed. The diluted streptavidin-hRP (10 µL, 1:50) solution was dropped on the electrode and incubated for 30 min at 37°C, then washed. At last, the electrochemical detection was performed under nitrogen atmosphere in PBS containing 4 mM H2O2 (the solution was deaerated with nitrogen gas for 15 min before use).

**Cell treatment and sample preparation.** The different effects of drugs on regulation the expression of VEGFR2 were investigated by incubating cells with VEGFα, Sorafenib and Vandetanib. Sorafenib and Vandetanib were dissolved in DMSO and then diluted by culture media. DMSO was added to culture medium at 0.1% (v/v) and its receptors is associated with outcome in early squamous cell carcinoma of the lung. J. Clin. Oncol. 30, 1129–1136 (2012).

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**Author contributions**

Z.D. and T.W. designed the experiments and wrote the main manuscript text, T.W., T., B.Z. and Y.L. performed experiments, J.B. and Z.D. provided samples. All authors reviewed the manuscript.
Additional information

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