Machine Learning Applications in Nephrology: A Bibliometric Analysis Comparing Kidney Studies to Other Medicine Subspecialties

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Rationale & Objectives: Artificial intelligence driven by machine learning algorithms is being increasingly employed for early detection, disease diagnosis, and clinical management. We explored the use of machine learning–driven advancements in kidney research compared with other organ-specific fields.

Study Design: Cross-sectional bibliometric analysis.

Setting & Participants: ISI Web of Science database was queried using specific Medical Subject Headings (MeSH) terms about the organ system, journal International Standard Serial Number, and research methodology. In parallel, we screened the National Institutes of Health (NIH) RePORTER website to explore funded grants that proposed the use of machine learning as a methodology.

Predictors: Number of publications using machine learning as a research method.

Outcome: Articles were characterized by research methodology among 5 organ systems (brain, heart, kidney, liver, and lung). Grants funded by NIH for machine learning were characterized by study sections.

Analytical Approach: Percentages of articles using machine learning and other research methodologies were compared among 5 organ systems.

Results: Machine learning-based articles that are focused on the kidney accounted for 3.2% of the total relevant articles from the 5 organ systems. Specifically, brain research published over 19-fold higher number of articles than kidney research. As compared with machine learning, conventional statistical approaches such as the Cox proportional hazard model were used 9-fold higher in articles related to kidney research. In general, a lower utilization of machine learning–based approaches was observed in organ-specific specialty journals than the broad interdisciplinary journals. The digestive disease, kidney, and urology study sections funded 122 applications proposing machine learning–based approaches compared to 265 applications from the neurology, neuropsychology, and neuropathology study sections.

Limitations: Observational study.

Conclusions: Our analysis suggests lowest use of machine learning as a research tool among kidney researchers compared with other organ-specific researchers, underscoring a need to better inform the kidney research community about this emerging data analytic tool.

Machine learning is rapidly emerging as an integral element in the repertoire of data analytic tools in a broad range of medical applications. With advances in hardware and software, advanced machine learning frameworks such as deep neural networks are increasingly being considered to process a range of biomedical datasets. In the context of kidney diseases and kidney health, a few examples include the application of machine learning to predict acute kidney injury using electronic health record data, use of digitized human kidney biopsies and deep learning to segment kidney structures, as well as predict clinical phenotypes, and analysis of radiological imaging data to measure total kidney volume. More examples can be found in a few recently published review articles, which are focused on educating the nephrology and the nephropathology communities on the merits and limitations of machine learning approaches.

Machine learning is a powerful data analytic tool that provides systems with the ability to automatically learn and improve from experience without being explicitly programmed. It is similar to several other tools that are available to the scientific community. When used appropriately, it has the potential to unravel interesting findings, such as how genome-wide association studies can identify new loci associated with kidney function and chronic kidney disease. Whether research in nephrology uses machine learning to the same extent as other fields is unknown. To better understand if kidney research has been keeping up with the pace of machine learning–driven advancements seen in other organ-specific fields, we conducted a bibliometric analysis to compare the number of manuscripts published using machine learning as a methodology among different organ systems and research areas. We also compared the funding sources of the
Machine learning manuscripts and the number of grants awarded that proposed machine learning as a research methodology.

METHODS

Study Design and Data Collection
In this cross-sectional bibliometric analysis, we used the ISI Web of Science research database (WoS) to identify articles using machine learning methodologies. The WoS covers articles published since January 1, 1864. We performed our search on October 10, 2020. A detailed explanation of the Medical Subject Headings (MeSH) terms and Boolean commands used for the search strategy is available in Items S1 and S2. Briefly, we identified articles using machine learning and other methodologies in different journals using the International Standard Serial Number (ISSN) for journals and organ-specific MeSH words refined by specific research areas. We used the National Institutes of Health (NIH) RePORTER website to identify research grants given by NIH institutions for research projects using machine learning as a methodology. The database covers grant data between 1985 and 2020.

Because all the data used in this study is available to the public and does not contain any protected health information, we did not seek institutional review board approval. The study followed the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) reporting guidelines for cross-sectional studies.

Outcomes and Measures
The WoS was searched to identify articles using methodological approach MeSH terms (machine learning, Cox-proportional hazard model, etc) and organ-specific MeSH terms (brain, heart, kidney, liver, and lung). We used search terms such as ELISA, PCR, Cox-proportional hazard model to represent traditional research tools and terms such as machine learning, CRISPR/Cas9, and GWAS to represent novel research tools in this analysis. We restricted our search to the areas of “neurosciences & neurology,” “cardiovascular system & cardiology,” “urology & nephrology,” “gastroenterology & hepatology,” and “respiratory system,” as defined by the WoS search glossary.

In the final analysis, we included only those articles that mentioned a specific methodology and the organ of interest and were tagged with a specific research area. Similarly, specific journals were searched using ISSN, organ name, and methodology in WoS. The journals were selected according to impact factor. We included journals focused on specific organ systems with high impact factors in the final analysis. We compared manuscripts restricted to our query across 5 different organs and different methodologies. Articles including original research, reviews, and meeting abstracts in all languages were included in our final analysis.

Using the NIH RePORTER website, we extracted data for research grants funded by various NIH institutions from 1985 to 2020, using the MeSH term “machine learning.” We extracted information on the awarding institute and type of grant—for instance, career development grants (K series), fellowship and training grants (F & T series), and RO1 grants. We also searched journals to identify the number of machine learning papers that acknowledged specific NIH-level sponsors.

Statistical Analysis
We used descriptive statistics and compared proportions using the χ² test. Statistical significance was set at 2-tailed P < 0.05. Statistical analysis was performed using GraphPad Prism (GraphPad Software).

RESULTS

Articles Focused on Organ Systems
The WoS query identified a total of 388,169 articles across 5 research areas using organ-specific MeSH terms. Out of these articles, 13,373 (3.4%) belonged to the machine learning category. Among all the published machine learning articles, 434 (3.2%) articles were focused on kidney research (Table 1). Brain research had the highest number of research articles (61.9%, n = 8,278) published between 1952 and 2020 using machine learning, whereas kidney research had the lowest number of articles (3.2%, n = 434) published between 1989 and 2020. Also, the 5-year trends of published machine learning manuscripts across 5 organ-specific research areas indicated that brain research had the highest number of research articles whereas kidney research had the fewest research articles for a consistent duration (Fig 1).

Articles in Different Journals
Subject-specific and clinical journals had fewer publications using machine learning compared with science and multidisciplinary journals (Table 2). The highest number...
of machine learning manuscripts were published in Nature Communications followed by Circulation, whereas the kidney-based research published the lowest number of articles. These journals include the Journal of American Society of Nephrology (JASN) followed by Kidney International (KI). In a subgroup analysis, we compared machine learning articles related to kidney research versus those that were non-kidney related. We found that a smaller proportion of kidney research articles used machine learning methods versus other analysis methods such as the Cox-proportional hazard models, whereas this proportion was higher in the case of nonkidney related articles ($\chi^2$ (1, $N = 39,550) = 1337.2, P < 0.001).

**Funding Sources of Articles**

The highest number of machine learning manuscripts, 573 (14%), acknowledged the National Institute of Neurological Disorders and Stroke (NINDS) as their funding source. The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) was only acknowledged by 70 (1.7%) total manuscripts based on machine learning approaches (Table 3).

**Grants Funded by NIH**

Out of all grants funded by 7 NIH institutions, the National Cancer Institute (NCI) funded the maximum number of grants, 428 (25.1%), whereas the NIDDK funded 122 (7.2%) grants (Table 4). In terms of the career development grants and fellowship grants, the National Heart, Lung, and Blood Institute (NHLBI) funded the most grants: 56 (31.5%) and 29 (25%), respectively.

**DISCUSSION**

Historically, the field of nephrology has lagged in using analytical approaches. For example, large observational studies on cardiovascular disease risk were published in the late 1950s and early 1960s, but similar studies were published only decades later in nephrology. In line with the historical perspective, we have shown that kidney disease research underutilizes machine learning as a research tool compared with other organs and organ systems. In terms of the 5-year trends related to the publication of machine learning-based articles, kidney-focused articles lag behind those for other organ systems. We also found that organ-specific journals have been publishing a smaller number of machine learning–based articles compared with multidisciplinary journals. Even within these journals, the kidney-specific journals are lagging behind in terms of publishing machine learning–based manuscripts. The lowest number of articles using machine learning approaches acknowledged NIDDK as a funding source.

These findings suggest underutilization of machine learning as a research tool in kidney research compared with other specialties. The question then arises as to the reason for such a discrepancy in kidney literature compared with other specialties. An approach or a
technology employed in any scientific research is based on its appropriateness to address a question, the availability of the research tool, and the expertise and knowledge of the investigative team. These parameters likely dictate the publications and inclusion of such a technology in research proposals. Our results, which demonstrate the least

Table 2. Articles Published in Specialty Journals Listed on the Web of Science Bibliometric Database Using ISSN Number of the Specific Journal and MeSH Term for the Methodology

| Abbreviations | CRISPR, clustered regularly interspaced short palindromic repeats; ELISA, enzyme-linked immunosorbent assay; GWAS, genome-wide association study; ISSN, International Standard Serial Number; MeSH, Medical Subject Headings; PCR, polymerase chain reaction. |

Table 3. Machine Learning–Based Articles Supported From Grants From Various NIH Institutions

| NIH Institutions | Brain | Heart | Kidney | Liver | Lung | N (%) |
|------------------|-------|-------|--------|-------|------|-------|
| NIDDK            | 0     | 21    | 29     | 16    | 4    | 70 (1.7%) |
| NIGMS            | 127   | 70    | 22     | 13    | 21   | 253 (6.1%) |
| NCI              | 124   | 36    | 19     | 38    | 111  | 328 (8.03%) |
| NCATS            | 103   | 67    | 18     | 10    | 20   | 218 (5.3%) |
| NHLBI            | 37    | 189   | 10     | 6     | 57   | 299 (7.3%) |
| NIBIB            | 454   | 39    | 6      | 16    | 28   | 543 (13.3%) |
| NHGRI            | 0     | 15    | 6      | 0     | 9    | 30 (0.7%) |
| NIAID            | 0     | 0     | 4      | 7     | 15   | 26 (0.6%) |
| NIEHS            | 0     | 12    | 4      | 8     | 8    | 32 (0.7%) |
| NINDS            | 521   | 43    | 3      | 2     | 4    | 573 (14.0%) |
| NIA              | 433   | 24    | 3      | 2     | 4    | 466 (11.4%) |
| NCRR             | 131   | 30    | 2      | 4     | 16   | 183 (4.4%) |
| NIAAA            | 31    | 0     | 0      | 4     | 0    | 35 (0.8%) |
| NICH              | 138   | 11    | 0      | 6     | 5    | 160 (3.9%) |
| NIAMS             | 0     | 0     | 4      | 5     | 9    | 0.2% |
| NIMH             | 522   | 13    | 0      | 0      | 7    | 542 (13.2%) |
| NIDA             | 146   | 9     | 2      | 0      | 4    | 161 (3.9%) |
| NIDCD            | 51    | 0     | 0      | 0      | 0    | 51 (1.2%) |
| NEI              | 40    | 0     | 0      | 0      | 0    | 40 (0.9%) |
| NIMHD            | 0     | 8     | 0      | 0      | 0    | 8 (0.19%) |
| NLM              | 58    | 50    | 12     | 9      | 25   | 154 (3.7%) |

The data were extracted from the Web of Science bibliometric database from 1864 to 2020.

Abbreviations: NCATS, National Center for Advancing Translational Sciences; NCI, National Cancer Institute; NCRR, National Center For Research Resources; NEI, National Eye Institute; NHGRI, National Human Genome Research Institute; NHLBI, National Heart, Lung, and Blood Institute; NIA, National Institute on Aging; NIAAA, National Institute on Alcohol Abuse and Alcoholism; NIAID, National Institute of Allergy and Infectious Diseases; NIBIB, National Institute of Biomedical Imaging and Bioengineering; NICH, National Institute of Child Health and Human Development; NIDA, National Institute on Drug Abuse; NIDDK, National Institute of Diabetes and Digestive and Kidney Diseases; NIGMS, National Institute of General Medical Sciences; NIMH, National Institute of Mental Health; NINDS, National Institute of Neurological Disorders and Stroke; NLM, National Library of Medicine.
number of machine learning research papers acknowledging NIDDK as a supporting agency and the least number of kidney research articles published in prime kidney journals (JASN and KI), are symptomatic of one or a combination of the aforementioned factors.

These results also raise the possibility of whether there is lukewarm enthusiasm among kidney researchers to embrace machine learning as an analysis tool or if researchers with machine learning expertise are not necessarily focused on kidney diseases per se. Interestingly, our analysis also suggested that kidney disease researchers have adopted other novel methods and techniques like CRISPR/Cas9 and GWAS (genome-wide association study) at higher rates than machine learning tools.

To address the issue of underutilization of machine learning as a research tool among trainees, clinicians, and kidney researchers, the following strategies can be considered. First, trainees in medical schools can be introduced to machine learning through courses focused on population health in general and by showcasing examples related to kidney diseases in particular to illustrate how this tool can impact disease prediction, risk stratification, and management. It is also possible to improve community-wide awareness about the advantages and limitations of machine learning by developing continuing medical education content and disseminating the material during conferences and workshops. During these events, dedicated research sessions and seminars on the applications of machine learning in nephrology and nephropathology could be organized. The presence of educators and fellows and funding opportunities that are focused on data science would be educational and attract the interest of the broader community in pursuing kidney research.

In conclusion, our bibliometric study based on querying public databases provided the direct insight that there are significant differences in the use of machine learning as a research tool among kidney researchers compared with those who are focused on other organ systems. The reasons for this critical gap should be explored, and the kidney research community should become better informed via various educational platforms and training programs about this exciting research tool.

SUPPLEMENTARY MATERIAL

Supplementary File (PDF)

Item S1: Search strategy for bibliometric analysis.

Item S2: Search strategy for NIH grants for research projects utilizing machine learning as research tool.

ARTICLE INFORMATION

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