Quantum Chaos is Quantum

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It is well known that a quantum circuit on \(N\) qubits composed of Clifford gates with the addition of \(k\) non Clifford gates can be simulated on a classical computer by an algorithm scaling as \(\text{poly}(N)\exp (k)[1]\). We show that, for a quantum circuit to simulate quantum chaotic behavior, it is both necessary and sufficient that \(k = O(N)\). This result implies the impossibility of simulating quantum chaos on a classical computer.

Introduction

Quantum chaos is a certain type of complex quantum behavior that results in the exponential decay of out-of-time-order correlation functions (OTOC)[2–4] efficient operator spreading[5, 6], small fluctuations of the purity[7] and information scrambling[8, 9]. All these quantities can be unified in a single framework[10] which shows that, in order to simulate quantum chaos, one needs at least a unitary \(4\)-design, that is, a set of unitary operators that reproduces up to the four moments of the Haar distribution over the unitary group \(U(d)\) in a \(d\)-dimensional Hilbert space. In [11] it was shown numerically that a Clifford circuit on a \(d = 2^N\)-dimensional system of \(N\) qubits doped by a single \(T\) gate can bring a typical product state in an entangled state with the same entanglement spectrum statistics resulting from the random matrix theory for \(U(d)\). This result opens the question whether it would be possible to simulate quantum chaos by classical resources. In a seminal paper[12], the authors show that an \(\epsilon\)-approximate \(t\)-design can be obtained by doping a Clifford circuit with \(k = O(t^4 \log^2 t \log \epsilon^{-1})\) non Clifford gates. In particular, one can \(\epsilon\)-simulate the quantum channel that realizes a \(4\)-design by classical resources. This result is striking: by injecting a vanishing density \(\sigma = k/N\) of non Clifford gates in a Clifford quantum circuit - as the authors say, homeopathically - one can obtain any \(\epsilon\)-approximate \(t\)-design. Does this mean that one can simulate quantum chaos classically? The answer is no, because - as we will show - to simulate quantum chaos, the error \(\epsilon\) must be exponentially small in \(N\), \(\epsilon = O(d^{-\alpha})\), where \(\alpha\) only depends on the Haar average over the full unitary group. A corollary of the result in[12] is that a sufficient condition to simulate quantum chaos requires \(O(N)\) non Clifford resources.

In this paper, we show that \(O(N)\) non Clifford resources are both necessary and sufficient to simulate quantum chaos. To this end, we explicitly compute the 8-point OTOC and the fluctuations of the purity in a subsystem and show that a doped Clifford circuit will attain the Haar values for these quantities if and only if \(O(N)\) non Clifford resources are used. In other words, one needs more than an homeopathic dose of non Clifford gates to simulate quantum chaos and therefore quantum chaos cannot be efficiently simulated on a classical computer: quantum chaos is quantum.

1 Doped Random Quantum Clifford Circuits

Consider doped random quantum Clifford circuits \(U^{(k)}\) on a system \(\mathcal{H} = C^{2^N}\) of \(N\) qubits of dimension \(d = 2^N\). The architecture of the circuit is the following: we have layers of random Clifford unitary operators on the full \(\mathcal{H}\) interspersed by a single qubit gate \(K_i\) applied randomly on any qubit \(i\), see Fig.1. As we shall see in Sec. C.2, the positioning \(i\) of the gates \(K\) does not in fact play any role. We denote by \(k\) the number of gates \(K\) in the circuit, also called the number of layers of the circuit, \(\psi\) a pure input state for the circuit, and \(\psi_f = U\psi U^\dagger\) its output. We call the quantity \(\sigma = k/N\) the doping of the circuit \(U^{(k)}\).
We can establish the following considerations. Given a probe to quantum chaos defined as

\[ \Phi_k(t) := \langle O \rangle_U \]  

where \( O \in \mathcal{B}(\mathcal{H}) \), \( C(d) \) the unitary and Clifford group, respectively, on \( \mathcal{H} \). For \( k = 0 \), the circuit is just a Clifford circuit, \( U^{(0)} \in C(d) \). The Haar average on these sets will be denoted by \( \langle \cdot \rangle_U \). We define the \((x,t)\)-fold channel as

\[ \Phi^{(x)}(O) := \langle O \rangle_U \]  

where \( O \in \mathcal{B}(\mathcal{H}^\otimes x) \) and \( \langle O \rangle_U \equiv U^{\otimes x}O^\dagger U^{\otimes x} \). Averaging over \( C(d) \) for a circuit \( U^{(k)} \) with \( k \) layers involves averaging over \( k \) independent Clifford groups; in the following we define this set of circuits as \( C_k \). The \((C_k, 4)\)-fold channel is

\[ \Phi^{(4)}_{C_k}(O) = \langle O \rangle_{U \in C_k} \equiv \left\langle C_k \otimes^4 K_i \otimes^4 \ldots C_1 \otimes^4 K_i \otimes^4 \mathcal{O}_0 \otimes^4 C_1 \otimes^4 \ldots K_i \otimes^4 C_k \right\rangle_{C_1 \ldots C_k \in C(d)} \]  

Notice that the above average over \( C(d) \) is the same thing - because of the left/right invariance of group averages - than the average over circuits of the type sketched in Fig.1.

Quantum chaos can be defined as an appropriate form of the butterfly effect[13]: an exponential (in \( N \)) decay of the OTOCs defined as

\[ \text{OTOC}_8(U) := d^{-1} \text{tr} \left( A B D C D_U A^\dagger D^\dagger U^\dagger \right) \]  

so that the OTOCs adhere to the value of the OTOCs obtained by Haar-random \( U \) on the unitary group scaling with \( d^{-1} \), while other ensembles, like the Clifford group, feature a scaling of \( d^{-2} \)[3]. It is immediate to see that, in order to distinguish the two types of scaling, one needs one \( \epsilon \) in order to distinguish the fluctuations of \( \text{OTOC}_8 \) from \( \text{OTOC}_k \). We ask the question: what is the necessary and sufficient number \( k \) of non Clifford gates \( K \) for \( U \in C_k \) to simulate quantum chaos?

A related measure of chaos[10] is given by the fluctuations of the purity of the reduced density matrix to a subsystem

\[ \Delta_x \text{Pur}(\psi_U) := \left( \langle \text{Pur}(\psi_U) \rangle_A - \langle \text{Pur}(\psi_A) \rangle \right)^2 \]  

This quantity is related to the emergent irreversibility in closed quantum systems[14] and to both 4-designs and OTOCs. In Sec. 4, we show that the purity fluctuations are exponentially small for every doping (including no doping, \( k = 0 \)) of the random Clifford circuits and thus also to distinguish the fluctuations of the purity one needs an exponentially small error \( \epsilon \). We ask the question: what is the necessary and sufficient number \( k \) of non Clifford gates \( K \) for \( U \in C_k \) to simulate quantum chaos?

The main goal of this paper is to show that, for \( C_k \) to reproduce the Haar-unitary values of the probes Eqs. (3) and (4), \( O(N) \) non Clifford resources are both necessary and sufficient. We will prove it in the next sections by explicitly computing these two quantities. Here, we want to make some more general considerations. Given a probe to quantum chaos defined as \( P_t(U) := \text{tr}(T^{(t)} \mathcal{O}_1 U^{\otimes 4} \mathcal{O}_2 U^{\otimes 4}) \), see[7, 10], we can establish the following
**Proposition 1** Let $\mathcal{P}_t(U)$ a probe of quantum chaos of order $t$. If the number $k$ of non-Clifford gates in the doped Clifford circuit $U \in C_k$ is $k = \mathcal{O}((\alpha + t)N\ell^4 \log^2(t))$, then:

$$
\delta_P^{(k)} = \left| \langle \mathcal{P}(U) \rangle_{U \in C_k} - \langle \mathcal{P}(U) \rangle_{U \in U(d)} \right| \leq \mathcal{O}(d^{-\alpha})
$$

(5)

where $\alpha$ is given by the following relation $\langle \mathcal{P}(U) \rangle_{U \in U(d)} = \mathcal{O}(d^{-\alpha})$.

*Proof.*— The proof is straightforward from the result in [12]. In [10], we proved that the generic probe $\mathcal{P}_t(U)$ to quantum chaos can be written as $\mathcal{P}_t(U) = \text{tr}(T^{(t)}_1O_1U^{\otimes t}O_2U^{\dagger \otimes t})$ where $O_1, O_2, T^{(t)} \in B(\mathcal{H}^{\otimes t})$, including the $2t$-point OTOC which characterize $t$-designs[3]. Then, the following inequality holds:

$$
\delta_P^{(k)} \leq \|T^{(t)}_1O_1\|_1 \|O_2\|_1 \|\Phi_{C_k}^{(k)}(\cdot) - \Phi_{U(d)}^{(k)}(\cdot)\|_\infty \leq d^{t} \|T^{(t)}_1O_1\|_\infty \|O_2\|_\infty \|\Phi_{C_k}^{(k)}(\cdot) - \Phi_{U(d)}^{(k)}(\cdot)\|_\infty
$$

(6)

where we bounded $\|O_2\|_1 \leq \|O_2\|_\infty \|\mathbb{I}^{\otimes t}\|_1 = d^t \|O_2\|_\infty$. Thus if $k = \mathcal{O}((\alpha + t)N\ell^4 \log^2(t))$ then $\delta_P^{(k)} = \mathcal{O}(d^{-\alpha})$. □

As we will show in the following sections, the error $\mathcal{O}(d^{-\alpha})$ is required to have OTOCs and fluctuations of the purity attain the unitary-Haar values. It follows that injecting $\mathcal{O}(N)$ non-Clifford resources into a Clifford circuit is sufficient to obtain quantum chaos.

As we stated above, the necessary (together with the sufficient) condition will follow from direct calculation. It is important at this point to make some remarks about the value of $t$. One wonders if it is enough to consider 8-OTOCs to reveal quantum chaos, or if sometimes it should be necessary to use higher order OTOCs. From the point of view of the above proposition, it is clear that $\mathcal{O}(N)$ non-Clifford resources are sufficient to obtain any OTOC with an exponentially good $\mathcal{O}(d^{-\alpha})$ approximation. The necessary condition holds trivially for every $t > 3$, as an approximate t-design is necessarily a $t'$ approximate design, for any $t' < t$. In other words, polynomials of degree four is all that takes to reveal quantum chaos.

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2 **Main Theorem**

From the technical point of view, the main result of this paper is the exact calculation of the fourth moment of the output of a $k$-doped random Clifford circuit for a generic operator $O \in B(\mathcal{H}^{\otimes 4})$:

**Theorem 1** Let $O \in B(\mathcal{H}^{\otimes 4})$ be a bounded operator; $U \in C_k$ a k-doped Clifford circuit; then the $(C_k,4)$-fold channel for the k-doped Clifford circuit reads

$$
\Phi_{C_k}^{(4)}(O) = \sum_{\pi \sigma \in S_4} \left[ ((\Xi^k)_{\pi \sigma}Q + \Gamma_{\pi \sigma}^{(k)}) c_\pi(O) + \delta_{\pi \sigma} \beta_\pi(O) \right] T_\pi
$$

(7)

where

$$
Q = \frac{1}{d^2} \sum_{P \in \mathcal{P}(2^N)} P^{\otimes 4}; \quad Q^\perp = 1^{\otimes 4} - Q
$$

(8)

and $\mathcal{P}(2^N)$ is the Pauli group on $N$ qubits; $T_\pi$ are permutation operators corresponding to $\pi \in S_4$, then $\Xi^k$ is the $k$-matrix power of the matrix $\Xi$, whose components read

$$
\Xi_{\pi \sigma} = \sum_{T \in S_4} \left[ W_{\pi \tau}^+ \text{tr}(T_\sigma K^{\otimes 4}Q K^{\dagger \otimes 4}Q T_\tau) - W_{\pi \tau}^- \text{tr}(T_\sigma K^{\otimes 4}Q K^{\dagger \otimes 4}Q T_\tau) \right]
$$

(9)

with

$$
\Gamma_{\pi \sigma}^{(k)} = \sum_{T \in S_4} \Lambda_{\pi \tau} \sum_{i=0}^{k-1} (\Xi^k)_i_{\tau \sigma}
$$

(10)

$$
\Lambda_{\pi \tau} = \sum_{\sigma \in S_4} W_{\pi \sigma}^- \text{tr}(T_\tau K^{\otimes 4}Q K^{\dagger \otimes 4}Q T_\sigma)
$$

(11)

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3
and the information about the operator $\mathcal{O}$ is all contained in the coefficients

$$c_\pi(O) \equiv \sum_{\pi \in \mathcal{S}_4} [W^+_{\pi\sigma} \text{tr}(\mathcal{O}Q^\dagger T_{\pi}) - W^-_{\pi\sigma} \text{tr}(\mathcal{O}Q T_{\pi})]$$

(12)

$$b_\pi(O) \equiv \sum_{\pi \in \mathcal{S}_4} W^-_{\pi\sigma} \text{tr}(\mathcal{O}Q^\dagger T_{\pi})$$

(13)

where $W^\pm_{\pi\sigma}$ are the generalized Weingarten functions for the Clifford group, introduced and discussed in App. A.1.

The proof of the theorem can be found in App. B.1.

For many purposes, it is important to know to what subsystem purity to find how these quantities approach the Haar-average on $\theta$ and for any $\theta \neq \pm \pi/2$ the $\langle \mathcal{C}_k, 4 \rangle$-fold channel equals the $(\mathcal{U}(d), 4)$-fold channel in the limit $k \to \infty$ is

$$\lim_{k \to \infty} \Phi^{(4)}_{\mathcal{C}_k}(\mathcal{O}) = \Phi^{(4)}_{\mathcal{U}(d)}(\mathcal{O})$$

(14)

The proof can be found in App. B.2.

In the next sections, we apply these theorems to calculating the 8-point OTOCs and fluctuations of subsystem purity to find how these quantities approach the Haar-average on $\mathcal{U}(d)$ with $k$.

3 The 8-point OTOC

Consider four non-identity and non-overlapping Pauli operators $A, B, C, D \in \mathcal{P}(d)$. Then consider the unitary evolution of $A_U = UAU^\dagger$ in the Heisenberg picture and define an 8-point Out of Time Order Correlator (OTOC) as $[3]$, defined in Eq. (3),

$$\text{OTOC}_8(U) := d^{-1} \text{tr}(ABCDU^2CDBU)$$

(15)

We are interested in taking the twirling of the 8-point OTOC for a $k$-doped Clifford circuit, in order to find a necessary and sufficient condition for the exponential decay of the OTOC. Thanks to Theorem 1 we obtain

Application 2 Let $K \equiv T$ the single qubit T-gate, then the average of the 8-point OTOC over the k-doped Clifford circuit reads

$$\langle \text{OTOC}_8(U) \rangle_{U \in \mathcal{C}_k} = \frac{5d^2}{(d^2 - 1)(d^2 - 4)(d^2 - 9)} - (f^-)^k \frac{d(d^2 + 4d + 6)}{6(d^2 - 1)(d^2 + 2)(d^2 + 3)} + (f^+)^k \frac{d(d^2 - 4d + 6)}{6(d^2 - 1)(d^2 - 2)(d^2 - 3)} + \left(\frac{f^+ + f^-}{2}\right)^k \frac{4d^2}{3(d^2 - 1)(d^2 - 4)}$$

(16)

where $f^\pm \equiv f^\pm_{\pi/4} = \frac{3d^2 + 4d - 4}{4(d^2 - 1)} = \frac{3}{4} + O(d^{-1})$, where $f^\pm$ are defined in Eq. (83).

Proof.—Starting from Eq. (15) we can write the 8-point OTOC for $U$ as

$$\text{OTOC}_8(U) = d^{-1} \text{tr}(T_{(1432)}(A \otimes C \otimes A \otimes C)U \otimes (B \otimes D \otimes D \otimes B)U^\dagger \otimes (A \otimes C \otimes A \otimes C))$$

(17)

Taking the average over the k-doped Clifford $U \in \mathcal{C}_k$ we have

$$\langle \text{OTOC}_8(U) \rangle_{U \in \mathcal{C}_k} = d^{-1} \text{tr} \left( T_{(1432)}(A \otimes C \otimes A \otimes C) \langle (B \otimes D \otimes D \otimes B) \rangle_{U \in \mathcal{C}_k} (A \otimes C \otimes A \otimes C) \right)$$

(18)

from the latter equation, the calculation is a straightforward, but tedious application of Theorem 1.

The following corollary explicitly shows the difference of the scaling of the 8-point OTOC for a pure Clifford circuit and for an universal circuit. As we shall see there is a marked difference in these scalings. As a direct consequence of Theorem 1 and Application 1, we obtain the following
Corollary 1 Taking the average for \( U \in \mathcal{U}(d) \) and \( C \in \mathcal{C}(d) \) of the 8-point OTOC, one gets
\[
\langle OTOC_8(U) \rangle_{U \in \mathcal{U}(d)} = \frac{5d^2}{(d^2 - 1)(d^2 - 4)(d^2 - 9)} = \frac{5}{d^2} + O(d^{-6})
\]
(19)
\[
\langle OTOC_8(C) \rangle_{C \in \mathcal{C}(d)} = \frac{d^2}{d^4 - 5d^2 + 4} = \frac{1}{d^2} + O(d^4)
\]
(20)

Proof.— The proof of Eq.(19) can be obtained from Eq.(16) in the limit \( k \to \infty \), in virtue of Theorem 1, while Eq.(20) can be obtained from Eq.(16) setting \( k = 0 \).

With the following statement we give the necessary and sufficient condition for the number of non-Clifford gates needed to precisely simulate the behavior of the 8-point OTOC, and thus to simulate quantum chaos.

Corollary 2 If \( k = O(\log d) \), then
\[
\delta_{OTOC}^{(k)} \equiv \left| \langle OTOC_8(U) \rangle_{U \in \mathcal{C}_k} - \langle OTOC_8(U) \rangle_{U \in \mathcal{U}(d)} \right| = O(d^{-4})
\]
(21)

Proof.— Taking the difference in absolute value value between Eq.(16) and (19) we get
\[
\delta_{OTOC}^{(k)} = -(f^-)^k \frac{d^2 + 4d + 6}{6(d^2 - 1)(d^2 + 2)(d + 3)} + (f^+)^k \frac{d^2 - 4d + 6}{6(d^2 - 1)(d + 2)(d - 3)}
\]
\[
+ \left( \frac{f^+ + f^-}{2} \right)^k \frac{4d^2}{3(d^2 - 1)(d^2 - 4)}
\]
(22)

Taking the asymptotic limit for \( d \to \infty \) up to \( O(d^{-4}) \)
\[
\delta_{OTOC}^{(k)} = \frac{1}{d^2} \left| \frac{k - 3}{3} \right| \left( \frac{3}{4} \right)^k + O(d^{-4})
\]
(23)

from here it’s easy to see that one has the following condition
\[
\left( \frac{3}{4} \right)^k k = O(d^{-2}) \iff k = O(\log d)
\]
(24)

which leads to the desired result.

\[\square\]

4 Purity and its Fluctuations

In this section, we compute the fluctuations of a subsystem purity Eq.(4) for the output of the \( k \)-doped Clifford circuit \( U \in \mathcal{C}_k \). To this end, we first apply Theorem 1 to calculate the average of the fourth tensor power of a pure state \( \psi \), namely \( \Phi_{C_k}^{(4)}(\psi^\otimes 4) \).

Application 3 The \((C_k, 4)\)-fold channel of a pure state \( \psi^\otimes 4 \in \mathcal{B}(\mathcal{H}^\otimes 4) \) reads
\[
\Phi_{C_k}^{(4)}(\psi^\otimes 4) = a_k \Pi_{\text{sym}}^{(4)} + b_k \Pi_{\text{sym}}^{(4)}
\]
(25)

where \( \Pi_{\text{sym}}^{(4)} \) is the projector onto the completely symmetric subspace of the permutation group \( S_4 \) and \( D_{\text{sym}} = \text{tr}(\Pi_{\text{sym}}^{(4)}) \). The coefficients \( a_k, b_k \) are given by
\[
a_k = \left( \frac{\text{tr}(\psi^\otimes 4 Q)}{D^+} - \frac{\text{tr}(\psi^\otimes 4 Q^\perp)}{D^-} \right) \left( \frac{c_Q}{D^+} - \frac{c_{QQ^\perp}}{D^-} \right)^k
\]
\[
b_k = \frac{\text{tr}(\psi^\otimes 4 Q^\perp)}{D^-} + \frac{c_{QQ^\perp}}{D^-} \sum_{i=0}^{k-1} a_i
\]
(26)

with
\[
c_Q \equiv \text{tr}(K^\otimes 4 K^\perp\otimes 4 \Pi_{\text{sym}}^{(4)}), \quad c_{QQ^\perp} \equiv \text{tr}(K^\otimes 4 Q K^\perp\otimes 4 Q^\perp \Pi_{\text{sym}}^{(4)})
\]
(27)
The proof can be found in App. B.3. The evaluation of Eq. (25) becomes particularly simple if the gate $K$ is a $P_{θ}$-gate:

**Application 4** If the single qubit gate $K$ is the $P_{θ}$-gate, the coefficients $c_Q, c_{QQ\perp}$ read:

$$c_Q = \frac{(d + 2)(4 + 7d + (4 + d)\cos(4θ))}{48}$$  \hspace{1cm} (28)

$$c_{QQ\perp} = \frac{(d + 2)(d + 4)}{24} \sin^2(2θ)$$  \hspace{1cm} (29)

Then for any $k$ we can write the coefficients $a_k, b_k$ as

$$a_k = \frac{24}{(d^2 - 1)(d + 2)(d + 4)} \left( \frac{d(d + 3)}{4} \text{tr}(ψ^{⊗4}Q) - 1 \right) (f_θ^-)^k$$

$$b_k = \frac{1}{D_{\text{sym}}} + \frac{24}{(d^2 - 1)(d + 2)(d + 4)} \left( \frac{4}{d(d + 3)} - \text{tr}(ψ^{⊗4}Q) \right) (f_θ^-)^k$$  \hspace{1cm} (30)

where $(f_θ^-)$ is defined in Eq. (83); note that $(f_θ^-) < 1$ unless $θ = ±\pi/2$, i.e. unless $P_θ = S$ the $S$-gate $∈ C(d)$.

See App. B.4 for the proof.

**Corollary 3** For any $θ \neq ±\pi/2$

$$\lim_{k→∞} Φ^{(4)}_{C,k}(ψ^{⊗4}) = Φ^{(4)}_{U(d)}(ψ^{⊗4})$$  \hspace{1cm} (31)

**Proof.**— The proof follows directly from Application 1; here we give an alternative version: setting $f_θ < 1$ in Eq. (30) and taking the limit $k → ∞$ one gets

$$\lim_{k→∞} a_k = 0$$  \hspace{1cm} (32)

$$\lim_{k→∞} b_k = D_{\text{sym}}^{-1}$$  \hspace{1cm} (33)

Now, since the fourth tensor power of $ψ_U$ averages to - see Eq. (64) in App. A.3.1 for a proof -

$$Φ^{(4)}_{U(d)}(ψ^{⊗4}) = \frac{Π^{(4)}_{\text{sym}}}{D_{\text{sym}}}$$  \hspace{1cm} (34)

then by Application 3 the proof is complete.

In what follows, we calculate the purity and its fluctuations in a bipartite Hilbert space for the output state of a $k$-doped Clifford circuit, calculated above in Eq. (25). Consider then a bipartition of the $N$-qubit system $H = H_A ⊗ H_B$ with $H_{A(B)} = C^{2^{N_A(B)}}, N_A + N_B = N$ and $d_{A(B)} = 2^{N_A(B)}$. The purity of a marginal state $ψ_A = \text{tr}_B ψ ∈ B(H_A)$ is given by

$$\text{Pur}(ψ_A) := \text{tr}(ψ_A^2)$$  \hspace{1cm} (35)

The averages over Unitary and Clifford group for the purity of the output $ψ$ of a random quantum circuits are the same, namely

$$(\text{Pur}(ψ_U)_A)_{U∈U(d)} = (\text{Pur}(ψ_C)_A)_{ℂ∈C(d)} = \frac{d_A + d_B}{d_A d_B + 1}$$  \hspace{1cm} (36)

This is a consequence of $C(d)$ being a 3-design[15, 16] (in fact, being a 2-design is sufficient), see App. A.3.1 for a proof. Notice that the average purity does not depend on the input state.

The fluctuations of the purity for the set $x$ are defined as

$$Δ_x \text{Pur}(ψ_U)_A := \langle (\text{Pur}(ψ_U)_A - (\text{Pur}(ψ_U)_A)_{U∈x})^2 \rangle_{U∈x}$$  \hspace{1cm} (37)
Proof.—From Eq. (40) one has
\[
\delta_{\text{pur}}^{(k)} = \frac{(d-1)^2}{(d+1)(d+2)(d+3)} (f_\theta)^k
\]
for \(k = 0\) this difference is \(O(d^{-1})\), then in order to get \(O(d^{-2})\) one needs to have
\[
f_\theta = O(d^{-1}) \iff k = O(\log d)
\]
moreover, note that the rate of convergence is dictated by \(f_\theta\), which reaches its minimum value for \(\theta = \pi/4\), that is the \(T\)-gate, cfr. Eq. (83).
Lemma 2 The fluctuations of the purity for a $k$-doped Clifford circuit, for $d_A = d_B = \sqrt{d}$ and $\psi$ be a random product state read
\[
\Delta_{C_k} \text{Pur}(\psi_U)_A = \frac{2(d-1)^2}{(d+1)^2(d+2)(d+3)} + \frac{(d-1)(d^2 - \log_2 5)(d-3) - 4)(f^{(k)}_\theta)}{(d+1)(d+2)(d+3)}
\]  \hspace{1cm} (49)

Proof. — The proof is straightforward and is left to the interested reader: by plugging (157) into Eqs. (26) and (25) and using Eq.(119) the calculation follows easily.

Corollary 6 The fluctuations of the purity for a non-doped Clifford circuit, for $d_A = d_B = \sqrt{d}$ and for $\psi$ a random product state are
\[
\Delta_{C(d)} \text{Pur}(\psi_U)_A = \frac{(d-1)d(d+1)d^{2-\log_2 5} - 2}{(d+1)^2(d+2)}
\]  \hspace{1cm} (50)

Proof. — This result is obtained from Lemma 2 setting $k = 0$.

Remark 2 The hypothesis $d_A = d_B = \sqrt{d}$ only simplifies the displayed formulas and the related considerations, but does not change the general behavior. For instance, in the case $d_B \gg d_A \gg 1$ one has - after a lengthy calculation,
\[
\Delta_{C_k} \text{Pur}(\psi_U)_A = \frac{2(d^2 - d_A^2)(d_A^2 - 1)}{(d+1)^2(d+2)(d+3)d_A^2} + \frac{(d^2 - d_A^2)(d_A^2 - 1)f^{(k)}_\theta}{(d+1)(d+2)(d+3)d_A^2}
\]  \hspace{1cm} (51)

Conclusions and Outlook

In this paper, we showed that in a random Clifford circuit with $N$ qubits, $O(N)$ non Clifford gates are both necessary and sufficient to simulate quantum chaos. As a consequence, quantum chaos cannot be efficiently simulated on a classical computer, as the cost for simulating such circuits is exponential in the non Clifford resources.

In perspective, there are several open questions. One could generalize many of these results by proving that an $\epsilon$-approximate $2t$-OTOC characterizes an $\epsilon$-approximate $t$-design. Although the scaling is fixed to be $O(N)$, the actual number of non Clifford resources is undetermined and it would be of practical importance in obtaining approximate $t$-designs with a noisy, intermediate-scale quantum computer. One could thus study the optimal the arrangement of non Clifford resources. A related question is that of the onset of irreversibility in a closed quantum system in the sense of entanglement complexity[14] is driven by the doping of a Clifford circuit. Similarly, it would be interesting to show how the entanglement spectrum statistics converges with the doping[11].

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In this section we are going to display the explicit formula to average over the full unitary group and the full Clifford group without going into the group theoretic details. See [18, 19] for the Haar integration and [20, 21] for the Clifford integration formula.

A.1 Clifford group average

Starting from the result about the 4-th moment of the Haar average over the Clifford group in[20] we are going to prove an useful lemma.

**Lemma 3** Let $O \in B(H^{\otimes 4})$, the integration formula for the Clifford group reads

\[
\langle OC \rangle_{C \in C(d)} = \int_{C(d)} dC C^\dagger \otimes 4 OC \otimes 4 = \sum_{\pi, \sigma \in S_4} W^+_{\pi \sigma} \text{tr}(OQ^T \pi)QT \sigma + W^-_{\pi \sigma} \text{tr}(OQ^\perp T \pi)Q^\perp T \sigma \tag{52}
\]

where $Q = \frac{1}{d^2} \sum_{P \in P(d)} P \otimes 4$ and $Q^\perp = \mathbb{1} \otimes 4 - Q$, while $W^\pm_{\pi \sigma}$ are the generalized Weingarten functions, defined as

\[
W^\pm_{\pi \sigma} = \sum_{\lambda \neq 0} \frac{d^2}{D^2} \frac{\chi^{\pm} (\pi \sigma)}{\lambda^{\pm} (\pi \sigma)} \tag{53}
\]
λ labels the irreducible representations of the symmetric group $S_4$, $\chi^\lambda(\pi\sigma)$ are the characters of $S_4$, $d_\lambda$ is the dimension of the irreducible representation $\lambda$, $D_\lambda^+ = \text{tr}(QP_\lambda)$ and $D_\lambda^- = \text{tr}(Q^\perp P_\lambda)$ where $P_\lambda$ are the projectors onto the irreducible representations of $S_4$ and finally $T_\pi$ are permutation operators corresponding to the permutation $\sigma \in S_4$.

**Proof.**— The projectors onto the irreducible representations of $S_4$ read

$$\Pi^\lambda = \frac{d_\lambda}{4!} \sum_{\tau \in S_4} \chi^\lambda(\tau)T_\tau$$

Starting from the integration formula (32) in [20] we have

$$\langle O_U \rangle_{U \in \mathcal{U}(d)} = \frac{1}{(4!)^2} \sum_{\lambda \vdash 4 \atop d_\lambda \leq d} \sum_{\pi \in S_4} \left( \frac{1}{D_\lambda^+} \text{tr}(QP_\lambda)Q + \frac{1}{D_\lambda^-} \text{tr}(Q^\perp P_\lambda)Q^\perp \right) T_\pi^{-1} \chi^\lambda(\tau)T_\tau$$

$$= \frac{1}{(4!)^2} \sum_{\lambda \vdash 4 \atop d_\lambda \leq d} \sum_{\tau \in S_4} \left( \frac{1}{D_\lambda^+} \text{tr}(QP_\lambda)Q + \frac{1}{D_\lambda^-} \text{tr}(Q^\perp P_\lambda)Q^\perp \right) \chi^\lambda(\tau)T_\pi^{-1}T_\tau$$

$$= \frac{1}{(4!)^2} \sum_{\lambda \vdash 4 \atop d_\lambda \leq d} \sum_{\pi \in S_4} \left( \frac{1}{D_\lambda^+} \text{tr}(QP_\lambda)Q + \frac{1}{D_\lambda^-} \text{tr}(Q^\perp P_\lambda)Q^\perp \right) \chi^\lambda(\pi\sigma)T_\pi$$

At this point, we just define

$$W^\pm_{\pi\sigma} = \sum_{\lambda \vdash 4 \atop d_\lambda \neq 0} \frac{d_\lambda^2}{(4!)^2} \chi^\lambda(\pi\sigma) \frac{D_\lambda^\pm}{D_\lambda}$$

and the derivation is complete.

An important property that will be used throughout the paper is the following:

$$[Q, T_\pi] = 0, \quad \forall \pi \in S_4$$

another important property is that $Q$ is a projector, namely $Q^2 = Q$. Another useful result, related to the generalized Weingarten functions is

$$\sum_{\pi\sigma \in S_4} W^\pm_{\pi\sigma} T_\pi = \frac{\Pi^\lambda_{\text{sym}}}{D_\pm}$$

the proof comes from Eq. (53) and from $\Pi^\lambda_{\text{sym}} = (4!)^{-1} \sum_{\pi \in S_4} T_\pi$.

### A.2 Unitary group average

Let $\mathcal{O} \in \mathcal{B}(\mathcal{H}^\otimes t)$ be a bounded operator on $t$-copies of $\mathcal{H}$, then the Haar average reads[18, 19]

$$\langle \mathcal{O}_U \rangle_{U \in \mathcal{U}(d)} = \int_{\mathcal{U}(d)} dU U^\dagger \mathcal{O} U \otimes \mathcal{O} = \sum_{\pi\sigma \in S_t} W_{\pi\sigma} \text{tr}(\mathcal{O} T_\sigma T_\pi)$$

where $T_\pi$ is the permutation operator corresponding to the permutation $\pi \in S_t$, the $t$-dimensional symmetric group and $W_{\pi\sigma}$ are the Weingarten functions defined as

$$W_{\pi\sigma} = \sum_{\lambda \vdash t \atop (t!)^2} \frac{d_\lambda^2}{(t!)^2} \chi^\lambda(\pi\sigma) \frac{D_\lambda^\pm}{D_\lambda}$$

where $D_\lambda = \text{tr}(\Pi^\lambda_{\text{sym}})$. 
A.3 A couple of Haar averages over $U(d)$

A.3.1 The average purity

Let us calculate the average purity for the output state $\psi_U$, for $U \in U(d)$ or $U \in C(d)$; indeed the result of the average for the two groups is the same because the Clifford group forms a unitary 3-design and being a $t$-design means being a $t$-design for any $t \leq t$. Then, the average purity

$$\langle \text{Pur}(\psi_U) \rangle_{U \in U(d)} = \int_{U(d)} \text{tr}(T_{(12)}^A U^\otimes 2 \psi \otimes 2 U^\uparrow \otimes 2) = \sum_{\sigma \in S_2} W_\sigma(\pi \sigma) \text{tr}(\psi \otimes 2 T_\sigma) \text{tr}(T_{(12)}^A T_\pi)$$

(61)

Since $T_\sigma \psi \otimes 2 = \psi \otimes 2$ as long as $\psi$ is a pure state, we have

$$\langle \text{Pur}(\psi_U) \rangle_{U \in U(d)} = \sum_{\sigma \in S_2} W_\sigma(\pi \sigma) \text{tr}(T_{(12)}^A T_\pi) = \frac{1}{D_{\text{sym}}} \text{tr}(T_{(12)}^A \Pi_{\text{sym}}^{(2)})$$

(62)

where $\Pi_{\text{sym}}^{(2)} \equiv \frac{1}{2} \sum_{\sigma \in S_2} T_\sigma$ and $D_{\text{sym}} = \text{tr}(\Pi_{\text{sym}}^{(2)}) = (d + 1)/2$. Then, since $T_\sigma = T_\sigma^{(A)} \otimes T_\sigma^{(B)}$, see Sec. C.2 for a more rigorous treatment, we have

$$\langle \text{Pur}(\psi_U) \rangle_{U \in U(d)} = \frac{1}{d(d + 1)} \left( \text{tr}(T_{(12)}^A T_{(12)}^A) + \text{tr}(T_{(12)}^A \Pi_{\text{sym}}^{(2)}) \right)$$

$$= \frac{2}{d(d + 1)} (d_A^2 d_B + d_A d_B^2) = \frac{d_A + d_B}{d_A d_B + 1}$$

(63)

where we have used $d = d_A d_B$.

A.3.2 The average state $\langle \psi_U^{\otimes 4} \rangle_{U \in U(d)}$

Let $\psi_U$ be the output state of a quantum circuit $U$. Let us average the fourth tensor power of this output state for $U \in U(d)$. Using formula (59) we have

$$\langle \psi_U^{\otimes 4} \rangle_{U \in U(d)} = \sum_{\pi \sigma \in S_4} W_\pi(\pi \sigma) \text{tr}(T_\sigma \psi^{\otimes 4} T_\pi) = \sum_{\pi \sigma \in S_4} W_\pi(\pi \sigma) T_\pi = \frac{\Pi_{\text{sym}}^{(4)}}{D_{\text{sym}}}$$

(64)

where we used the fact that $T_\sigma \psi^{\otimes 4} = \psi^{\otimes 4}$ for any permutation operator $T_\sigma$ and that $\sum_{\pi \sigma \in S_4} W_\pi(\pi \sigma) T_\pi = \Pi_{\text{sym}}^{(4)}/D_{\text{sym}}$, where $D_{\text{sym}} = \text{tr}(\Pi_{\text{sym}}^{(4)})$.

B Proofs

B.1 Proof of Theorem 1

Let $O \in B(H^{\otimes 4})$ and let the $\Phi^{(4)}_{C_k}(O)$ be its output through the $(C_k,4)$-fold channel. Then

$$\Phi^{(4)}_{C_k}(O) := \langle O(U) \rangle_{U \in C_k} \equiv \langle C_k^{\otimes 4} K_{i_k}^{\otimes 4} C_1^{\otimes 4} K_{i_1}^{\otimes 4} \ldots C_0^{\otimes 4} K_{i_0}^{\otimes 4} O C_0^{\otimes 4} K_{i_0}^{\otimes 4} C_1^{\otimes 4} \ldots K_{i_k}^{\otimes 4} C_k^{\otimes 4} \rangle_{C_\sigma \in C(d)}$$

(65)

then since the averages over $C_i$ for $i = 1, \ldots, k$ are independent from each other, we can also write

$$\langle O(U) \rangle_{U \in C_k} = \left\langle C_k^{\otimes 4} K_{i_k}^{\otimes 4} \ldots C_{i_2}^{\otimes 4} K_{i_2}^{\otimes 4} C_1^{\otimes 4} \ldots C_0^{\otimes 4} K_{i_0}^{\otimes 4} \right\rangle_{C_\sigma \in C(d)}$$

(66)

The first Clifford average before inserting any single qubit $K$-gate reads

$$\langle O(U) \rangle_{U \in C_0} = \sum_{\pi \sigma \in S_4} [W_{\pi \sigma} \text{tr}(OQ T_\sigma) - W_{\pi \sigma} \text{tr}(OQ^\uparrow T_\sigma)] QT_\pi + \sum_{\pi \sigma \in S_4} W_{\pi \sigma} \text{tr}(OQ^\uparrow T_\sigma) T_\pi$$

(67)

where we have used Eq. (52). We can recast it as

$$\langle O(U) \rangle_{U \in C_0} = \sum_{\pi \in S_4} (c_\pi(O) Q + b_\pi(O)) T_\pi$$

(68)
where
\[ c_\pi(O) = \sum_{\sigma \in S_4} [W_{\pi,\sigma}^+ \text{tr}(QT_\sigma) - W_{\pi,\sigma}^- \text{tr}(A^{\otimes 4}Q^\dagger T_\sigma)] \] (69)
\[ b_\pi(O) = \sum_{\sigma \in S_4} W_{\pi,\sigma}^- \text{tr}(A^{\otimes 4}Q^\dagger T_\sigma) \] (70)

Now we need to apply the first \( K_{i_1} \)-gate on the \( i \)-th qubit; noting that \([T_\pi, K_{i_1}^{\otimes 4}] = 0 \) for all \( \pi \in S_4 \), we have
\[ \langle O_U \rangle_{U \in C_{\pi}} \rightarrow K_{i_1}^{\otimes 4} \langle O_U \rangle_{U \in C_{\pi}} K_{i_1}^{\otimes 4} = \sum_{\pi \in S_4} (c_\pi(O) K_{i_1}^{\otimes 4} Q K_{i_1}^{\otimes 4} + b_\pi(O)) T_\pi \] (71)
and then average over another Clifford layer, knowing that the Clifford operator only acts non trivially only on the operator \( K_{i_1}^{\otimes 4} Q K_{i_1}^{\otimes 4} T_\pi \) because \([C^{\otimes 4}, T_\pi] = 0, \forall \sigma \)
\[ \langle O_U \rangle_{U \in C_{\pi}} = \left( C_1^{\otimes 4} K_{i_1}^{\otimes 4} (O_U) C_1^{\otimes 4} C_{i_1}^{\otimes 4} \right)_{C_{i_1} \in C(d)} = \sum_{\pi \in S_4} c_\pi(O) \left( C_1^{\otimes 4} K_{i_1}^{\otimes 4} Q K_{i_1}^{\otimes 4} C_{i_1}^{\otimes 4} \right)_{C_{i_1} \in C(d)} + b_\pi(O) T_\pi \] (72)
Then, from Eq.(52)
\[ \left( C_1^{\otimes 4} K_{i_1}^{\otimes 4} Q K_{i_1}^{\otimes 4} C_{i_1}^{\otimes 4} \right)_{C_{i_1} \in C(d)} = \sum_{\pi \in S_4} (\Xi_{\pi,\sigma} Q + \Lambda_{\pi,\sigma}) T_\sigma \] (73)
where \( \Xi_{\pi,\sigma} \) and \( \Lambda_{\pi,\sigma} \) read
\[ \Xi_{\pi,\sigma} = \sum_{\tau \in S_4} [W_{\pi,\tau}^+ \text{tr}(T_\sigma K^{\otimes 4} Q K^{\otimes 4} T_\tau) - W_{\pi,\tau}^- \text{tr}(T_\sigma K^{\otimes 4} Q K^{\otimes 4} T_\tau)] \] (74)
\[ \Lambda_{\pi,\sigma} = \sum_{\tau \in S_4} W_{\pi,\tau}^- \text{tr}(T_\sigma K^{\otimes 4} Q K^{\otimes 4} T_\tau) \] (75)
we have defined the matrix \( \Xi \) omitting the subscript \( K_{i_1} \), because, as shown in Lemma 6, it does not play any role. Thus, we have \( \langle O_U \rangle_{U \in C_{1}} = \sum_{\pi \sigma \tau \in S_4} (\Xi_{\pi,\sigma} Q + \Lambda_{\pi,\sigma}) c_{\pi}(O) T_\sigma + b_{\pi}(O) T_\pi \); at the next iteration
\[ \langle O_U \rangle_{U \in C_{2}} = \sum_{\pi \sigma \tau \in S_4} (\Xi_{\pi,\sigma} Q + \Lambda_{\pi,\sigma}) c_{\pi}(O) T_\sigma + \sum_{\sigma \in S_4} [\Lambda_{\sigma,\pi} c_{\pi}(O) + \delta_{\pi,\sigma} b_{\pi}(O)] T_\sigma \] (76)
we can recast it as
\[ \langle O_U \rangle_{U \in C_{2}} = \sum_{\pi \sigma \tau \in S_4} \left[ (\Xi^2)_{\pi,\sigma} Q + \Lambda_{\pi,\sigma} + \sum_{\tau \in S_4} \Lambda_{\tau,\pi} \Xi_{\tau,\sigma} \right] c_{\pi}(O) + \delta_{\pi,\sigma} b_{\pi}(O) \] (77)
The latter relationship can be easily generalized to \( k \) layers as
\[ \langle O_U \rangle_{U \in C_{k}} = \sum_{\pi \sigma \tau \in S_4} \left[ (\Xi^k)_{\pi,\sigma} Q + \Gamma^{(k)}_{\pi,\sigma} \right] c_{\pi}(O) + \delta_{\pi,\sigma} b_{\pi}(O) \] (78)
where we have defined \( \Gamma^{(k)}_{\pi,\sigma} \equiv \sum_{\tau \in S_4} \Lambda_{\pi,\tau} \sum_{i=0}^{k-1} (\Xi)^i_{\tau,\sigma} \). This concludes the proof. \( \square \)

B.2 Proof of Application 1
From theorem 1, the \( (C_k, 4) \)-fold channel reads
\[ \Phi^{(4)}_{C_k}(O) = \sum_{\pi \sigma \in S_4} \left[ (\Xi^k)_{\pi,\sigma} Q + \Gamma^{(k)}_{\pi,\sigma} \right] c_{\pi}(O) + \delta_{\pi,\sigma} b_{\pi}(O) \] (79)
First of all let us write this equation in matrix form for the coefficients; define \( T \) a vector with components the permutation operators \( T_\sigma \), \( c \) the vector with components \( c_{\pi}(O) \) and similarly for \( b \), then Eq.(79) becomes
\[ \Phi^{(4)}_{C_k}(O) = (\Xi^k \cdot c, T)Q + (\Gamma^{(k)} \cdot c + b, T) \] (80)
where the · stands for the row by column product and (·, ·) for the usual scalar product between lists. Recall that for the Unitary group the \((U(d), 4)\)-fold channel reads

\[
\Phi_{U(d)}^{(4)}(O) = (W \cdot t, T)
\]  

(81)

where \(W\) is the matrix with components the Unitary group Weingarten functions, cfr Eq.(60). In the following we prove that the first piece in Eq.(80) vanishes in the limit \(k \to \infty\), while the second returns the matrix \(W\).

**Lemma 4** For \(K = P_{\theta} \equiv |0\rangle \langle 0| + e^{i\theta} |1\rangle \langle 1|\), the matrix \(\Xi\), defined in Eq.(9) has the following properties

- \(\Xi\) is symmetric;
- \(\Xi\) has rank 6;
- the eigenvalues read

\[
\lambda^{(\pm)} = f_{\theta}^{\pm}, \quad \mu(\lambda^{\pm}) = 1
\]

\[
\lambda^{\alpha\nu} = \frac{f_{\theta}^{+} + f_{\theta}^{-}}{2}, \quad \mu(\lambda^{\alpha\nu}) = 4
\]

(82)

where \(\mu(\lambda)\) stands for the algebraic multiplicity of the eigenvalue \(\lambda\) and

\[
f_{\theta}^{\pm} = \frac{7d^2 \pm 3d + d(d \mp 3) \cos(4\theta) - 8}{8(d^2 - 1)} < 1, \quad \forall \theta \neq \pm \frac{\pi}{2}
\]

(83)

\[
f_{\theta}^{\pm} = 1, \quad \theta = \pm \frac{\pi}{2}
\]

- the maximum eigenvalue is \(f_{\theta}^{+}\).

The proof comes from direct calculation of the \(24 \times 24\) matrix \(\Xi\) with \(K = P_{\theta}\).

Since all the eigenvalues of \(\Xi\) are less than 1,

\[
\lim_{k \to \infty} (\Xi^k)_{\pi\sigma} = 0, \quad \text{for all } \pi, \sigma
\]

(84)

and

\[
\sum_{i=0}^{\infty} \Xi^{-i} = (1 - \Xi)^{-1}
\]

(85)

thus \(\Gamma^{(\infty)} = \Lambda(1 - \Xi)^{-1}\). Defining the vector \(q\) having components \(\text{tr}(OQ\tau)\) and the vector \(t\) having components \(\text{tr}(O\tau)\), from Eq.(12) and Eq.(13) we note that

\[
c = (W^{+} + W^{-}) \cdot q - W^{-} \cdot t
\]

\[
b = W^{-} \cdot t - W^{-} \cdot q
\]

(86)

where \(W^{\pm}\) are the matrices with components the generalized Weingarten functions for the Clifford group, cfr. (53). Therefore taking the limit \(k \to \infty\) in Eq.(80)

\[
\lim_{k \to \infty} \Phi_{C, k}^{(4)}(O) = \left(\Lambda(1 - \Xi)^{-1}(W^{+} + W^{-}) - W^{-}\right) \cdot q + \left(\left(W^{-} - \Lambda(1 - \Xi)^{-1}W^{-}\right) \cdot t, T\right)
\]

(87)

It is straightforward to check that

\[
W^{-} - \Lambda(1 - \Xi)^{-1}W^{-} = W
\]

(88)

Then, the vector \(q\) is in kernel of the matrix \(\zeta = \Lambda(1 - \Xi)^{-1}(W^{+} + W^{-}) - W^{-}\), namely \(\text{ker}(\zeta)\); indeed

\[
\text{ker}(\zeta) = \text{span} \left( e^{(\alpha)} | \alpha = 1, \ldots, 6 \right)
\]

(89)
where the non null components of these six vectors read
\[
\begin{align*}
\varepsilon_{(e)}^{(1)} &= \varepsilon_{(12)(34)}^{(1)} = \varepsilon_{(13)(24)}^{(1)} = \varepsilon_{(14)(23)}^{(1)} \\
\varepsilon_{(13)}^{(2)} &= \varepsilon_{(24)}^{(2)} = \varepsilon_{(14)(32)}^{(2)} = \varepsilon_{(1234)}^{(2)} \\
\varepsilon_{(23)}^{(3)} &= \varepsilon_{(34)}^{(3)} = \varepsilon_{(1342)}^{(3)} = \varepsilon_{(1243)}^{(3)} \\
\varepsilon_{(14)}^{(4)} &= \varepsilon_{(4)}^{(4)} = \varepsilon_{(1432)}^{(4)} = \varepsilon_{(1234)}^{(4)} \\
\varepsilon_{(124)}^{(5)} &= \varepsilon_{(124)}^{(5)} = \varepsilon_{(143)}^{(5)} = \varepsilon_{(234)}^{(5)} \\
\varepsilon_{(142)}^{(6)} &= \varepsilon_{(124)}^{(6)} = \varepsilon_{(143)}^{(6)} = \varepsilon_{(234)}^{(6)} \\
\end{align*}
\]
(90)

because of Lemma 5 it is clear that \( q \in \ker(\zeta) \), which proves the theorem.
\( \square \)

B.3 Proof of Application 3

We will make use of Theorem 1
\[
\Phi^{(4)}_{\zeta_4}(\psi^{\otimes 4}) = \sum_{\pi \sigma \in S_4} \left[ \left( (\Xi^k)_{\pi\sigma} Q + \Gamma^{(k)}_{\pi\sigma} \right) c_\pi(\psi^{\otimes 4}) + \delta_{\pi\sigma} b_\pi(\psi^{\otimes 4}) \right] T_\pi
\]
(91)

Let us first compute the term \( \sum_{\pi \sigma \in S_4} c_\pi(\psi^{\otimes 4})(\Xi^k)_{\pi\sigma} QT_\pi \); note that \( [T_\pi, Q] = 0 \). This is a fact that will be repeatedly exploited in this proof. First we prove that \( c_\pi = c \) independent from the specific permutation \( \pi \); from Eq. (12) we have
\[
c_\pi(\psi^{\otimes 4}) = \sum_{\pi \sigma \in S_4} [W^+_{\sigma\pi} \text{tr}(\psi^{\otimes 4} QT_\pi) - W^-_{\sigma\pi} \text{tr}(\psi^{\otimes 4} Q^\perp T_\pi)] = \sum_{\pi \sigma \in S_4} W^+_{\sigma\pi} \text{tr}(Q(\psi^{\otimes 4}) - W^-_{\sigma\pi} \text{tr}(Q^\perp \psi^{\otimes 4})
\]
(92)

where we used \( T_\pi \psi^{\otimes 4} = \psi^{\otimes 4} \) for all \( \pi \) and \( \sum_{\pi \sigma \in S_4} W^\pm_{\sigma\pi} = (4!D^\pm)^{-1} \). Then the sum can be written as
\[
\sum_{\pi \sigma \in S_4} c_\pi(\psi^{\otimes 4})(\Xi^k)_{\pi\sigma} QT_\pi = c \sum_{\pi \sigma \in S_4} (\Xi^k)_{\pi\sigma} QT_\pi = c \sum_{\pi \sigma \in S_4} \Xi_{\pi\tau}(\Xi^{k-1})_{\tau\sigma} Q T_\pi
\]
(93)

let us prove that \( \sum_{\pi \sigma \in S_4} \Xi_{\pi\tau} \) does not depend on \( \tau \); from Eq. (9) it is easy to see that
\[
\sum_{\pi \sigma \in S_4} \Xi_{\pi\tau} = \frac{1}{D^+} \text{tr}(\Pi^{(k)}_{\text{sym}} K^{\otimes 4} Q K^{\otimes 4} Q^\perp) - \frac{1}{D^-} \text{tr}(\Pi^{(k)}_{\text{sym}} K^{\otimes 4} Q K^{\otimes 4} Q^\perp) = \frac{c_Q}{D^+} - \frac{c_{QQ^\perp}}{D^-}
\]
(94)

where we have used \( \sum_{\pi \sigma \in S_4} W^\pm_{\sigma\pi} = (4!D^\pm)^{-1} \) and \( \Pi^{(k)}_{\text{sym}} T_\pi = \Pi^{(k)}_{\text{sym}} \) for any \( \tau \in S_4 \). The coefficients \( c_Q \) and \( c_{QQ^\perp} \) are to be computed in a straightforward way; for the case \( K = P_b \) they are explicitly calculated in App. B.4. Since \( \sum_{\pi \sigma \in S_4} \Xi_{\pi\tau} \) does not depend on \( \tau \), the decomposition introduced in the last equality of Eq. (93) can be reiterated \( k \) times to obtain
\[
\begin{align*}
\sum_{\pi \sigma \in S_4} c_\pi(\psi^{\otimes 4})(\Xi^k)_{\pi\sigma} QT_\pi &= c \left( \frac{c_Q}{D^+} - \frac{c_{QQ^\perp}}{D^-} \right) \sum_{\pi \sigma \in S_4} T_\pi Q \\
&= \left( \frac{\text{tr}(Q\psi^{\otimes 4})}{D^+} - \frac{\text{tr}(Q^{\perp}\psi^{\otimes 4})}{D^-} \right) \left( \frac{c_Q}{D^+} - \frac{c_{QQ^\perp}}{D^-} \right) \Pi^{(k)}_{\text{sym}} Q
\end{align*}
\]
(95)

Now we compute the term \( \sum_{\pi \sigma \in S_4} \Gamma^{(k)}_{\pi\sigma} c_\pi(\psi^{\otimes 4}) T_\pi \) where \( \Gamma^{(k)}_{\pi\sigma} \) is defined in Theorem 1; since \( c_\pi(\psi^{\otimes 4}) \) is independent from the permutation \( \pi \) we can write
\[
\begin{align*}
\sum_{\pi \sigma \in S_4} \Gamma^{(k)}_{\pi\sigma} c_\pi(\psi^{\otimes 4}) T_\pi &= c \sum_{\pi \sigma \in S_4} \Gamma^{(k)}_{\pi\sigma} T_\pi = c \sum_{\pi \tau \sigma \in S_4} \Lambda_{\pi\tau} \left( \sum_{i=0}^{k-1} (\Xi^i)_{\tau\sigma} \right) T_\pi
\end{align*}
\]
(96)
It is easy to see $\sum_{\pi\in S_4} A_{\pi\tau} = c_{QQ^\perp}/D^2$ does not depend on $\tau$; from this fact, we can use the same technique used above to compute $\sum_{\tau\in S_4} \left( \sum_{i=0}^{k-1} (\Xi^4)_{\tau\pi} \right)$ and finally obtain

$$
\sum_{\tau\in S_4} \Gamma^{(4)}_{\tau\pi} c_{\pi}(\psi^{\otimes 4}) T_{\pi} = \frac{\text{tr}(\psi^{\otimes 4}Q^{\perp})}{D^2} + c_{QQ^\perp} \left( \frac{\text{tr}(Q^{\perp}\psi^{\otimes 4})}{D} - \frac{\text{tr}(Q^{\perp}\psi^{\otimes 4})}{D} \right) \sum_{i=0}^{k-1} \left( \frac{c_{Q}}{D^2} - \frac{c_{QQ^\perp} I}{D^2} \right) \pi_{\tau}^{(i)\sym} \Pi^{(4)\sym}
$$

(97)

The last term we need to evaluate is $\sum_{\pi} b_{\pi}(\psi^{\otimes 4}) T_{\pi}$; as before, let us prove that $b_{\pi}(\psi^{\otimes 4})$ does not depend on $\pi$

$$
b_{\pi}(\psi^{\otimes 4}) = \sum_{\sigma\in S_4} W_{\pi\sigma} \text{tr}(\psi^{\otimes 4}Q^{\perp}T_{\sigma}) = \sum_{\sigma\in S_4} W_{\pi\sigma} \text{tr}(\psi^{\otimes 4}Q^{\perp}) = \frac{1}{4!D^2} \text{tr}(Q^{\perp}\psi^{\otimes 4})
$$

(98)

then

$$
\sum_{\pi\in S_4} b_{\pi}(\psi^{\otimes 4}) T_{\pi} = \frac{1}{D^2} \text{tr}(Q^{\perp}\psi^{\otimes 4}) \frac{1}{4!} \sum_{\pi\in S_4} T_{\pi} = \frac{1}{D^2} \text{tr}(Q^{\perp}\psi^{\otimes 4}) \Pi^{(4)\sym}
$$

(99)

Putting together Eqs. (95), (97) and (99) we obtain the final result in Eq.(25).

\[ \square \]

### B.4 Proof of Application 4

In this section we evaluate $c_Q = \text{tr}(K_{i_4}^{\otimes 4} Q K_{i_4}^{\otimes 4} \Pi^{(4)\sym})$ for $K = P_0 \equiv |0\rangle \langle 0| + e^{i\theta} |1\rangle \langle 1|$. As pointed out in Lemma 6, the position of the operator $K_{i_4}$ does not affect the calculations, so in the following we analyze the case in which the operator $K_{i_4}$ acts on the first qubit $i_4$. The term $c_Q$ can be rewritten as

$$
\text{tr}(K_{i_4}^{\otimes 4} Q K_{i_4}^{\otimes 4} \Pi^{(4)\sym}) = \text{tr}(R^{-1} R K_{i_4}^{\otimes 4} R^{-1} R Q R^{-1} R K_{i_4}^{\otimes 4} R^{-1} R Q R^{-1} R \Pi^{(4)\sym})
$$

(100)

where $R \in S_{4N}$ is a permutation operator whose action on a tensor product basis element is

$$
R |i_1 \ldots i_N\rangle^{\otimes 4} \equiv |i_1\rangle^{\otimes 4} |i_2 \ldots i_N\rangle^{\otimes 4}
$$

(101)

The adjoint action of the permutation $R$ allows us to rewrite the operator $Q$ as

$$
R Q R^{-1} = \frac{1}{4} (Q_I + Q_X + Q_Y + Q_Z)
$$

(102)

where $X, Y, Z, I$ are single qubit Pauli matrices and for example $Q_X$ reads

$$
Q_X = \frac{1}{(d/2)^2} \sum_{P \in P(d/2)} X^{\otimes 4} \otimes P^{\otimes 4} = X^{\otimes 4} \otimes Q_{d/2}
$$

(103)

and $Q_{d/2} = (d/2)^{-2} \sum_{P \in P(d/2)} P^{\otimes 4}$. Similarly the adjoint action of $R$ on $K_{i_4}^{\otimes 4}$

$$
R K_{i_4}^{\otimes 4} R^{-1} = K_{i_4}^{\otimes 4} \otimes (\mathbb{I}_2 \otimes \cdots \otimes \mathbb{I}_N)^{\otimes 4}
$$

(104)

acting on the first qubit element of each copy of $\mathcal{H}$ it acts on the first four elements of $R Q R^{-1}$. It is simple to see that the adjoint action of $R$ on the symmetric projector $\Pi^{(4)\sym}$ give us again the symmetric projector on the new permuted space and we denote it with $\Pi^{(4)\sym}$. The term $c_Q$ can be rewritten as

$$
\text{tr}(K_{i_4}^{\otimes 4} Q K_{i_4}^{\otimes 4} \Pi^{(4)\sym}) = \frac{1}{16} \text{tr}(R K_{i_4}^{\otimes 4} R^{-1}(Q_I + Q_X + Q_Y + Q_Z) R K_{i_4}^{\otimes 4} R^{-1}(Q_I + Q_X + Q_Y + Q_Z) \Pi^{(4)\sym})
$$

$$
= \frac{1}{16} \text{tr}((Q_I + Q_Z)(Q_I + Q_X + Q_Y + Q_Z) \Pi^{(4)\sym}) + \text{tr}(K_{i_4}^{\otimes 4}(Q_X + Q_Y) K_{i_4}^{\otimes 4}(Q_I + Q_X + Q_Y + Q_Z) \Pi^{(4)\sym})
$$

(105)

where we used the fact that $[K, I] = [K, Z] = 0$; then the first term of Eq.(105) reads

$$
\text{tr}((Q_I + Q_Z)(Q_I + Q_X + Q_Y + Q_Z) \Pi^{(4)\sym}) = 8 \text{tr}(Q \Pi^{(4)\sym}) = 8 D^+.
$$

(106)
We focus now on the second term of Eq. (105)

\[
\text{tr}[K_{i_1}^{\otimes d}(Q_X + Q_Y)K_{i_1}^{\otimes d}(Q_I + Q_X + Q_Y + Q_Z)\Pi_{\text{sym}}^{(4)}] = \text{tr}[(Q_{KK}X) + Q_{KK}X + Q_{KK}X + Q_{KK}X] + \Pi_{\text{sym}}^{(4)}] = 2\text{tr}[(Q_{KK}X + Q_{KK}X + Q_{KK}X + Q_{KK}X) + \Pi_{\text{sym}}^{(4)}] = 2\text{tr}(Q\Pi_{\text{sym}}^{(4)} = \frac{1}{12} \sum_{\sigma \in S_4} \text{tr}(\tilde{Q}T_{\sigma})
\]

where denoted \(\tilde{T}_{\sigma} = RT_{\sigma}R^{-1}\) and defined

\[
\tilde{Q} \equiv (Q_{KK}X + Q_{KK}X + Q_{KK}X + Q_{KK}X)
\]

and

\[
Q_{KK}X = (KKX)^{\otimes 4} \otimes Q_{d/2},
\]

\[
Q_{KK}Y = (KKY)^{\otimes 4} \otimes Q_{d/2},
\]

\[
Q_{KK}Z = (KKZ)^{\otimes 4} \otimes Q_{d/2}
\]

\[
Q_{KK}X = (KKX)^{\otimes 4} \otimes Q_{d/2}
\]

Therefore

\[
c_Q = \text{tr}(K^{\otimes d}QK^{\otimes d}Q\Pi_{\text{sym}}^{(4)}) = \frac{D^+}{2} + \frac{\sum_{\sigma \in S_4} \text{tr}(Q\tilde{T}_{\sigma})}{192}
\]

In a similar fashion to what we have done in Sec. C.2 it is possible to see that \(\tilde{T}_{\sigma} = T_{\sigma}^{(2)} \otimes T_{\sigma}^{(d/2)}\) where \(T^{(2)}_{\sigma} \in B((C^2)^{\otimes 4})\) and \(T_{\sigma}^{(d/2)} \in B((C^{2\otimes (N-1)})^{\otimes 4});\) thus, the following equality holds

\[
\frac{1}{12} \sum_{\sigma \in S_4} \text{tr}([Q_{KK}X + Q_{KK}X + Q_{KK}Y + Q_{KK}Z])\Pi_{\text{sym}}^{(4)} = \frac{1}{12} \sum_{\sigma \in S_4} \text{tr}(T_{\sigma}^{(2)}((KKX)^{\otimes 4} + (KKY)^{\otimes 4} - (KKZ)^{\otimes 4} - (KKYX)^{\otimes 4})\text{tr}(Q_{d/2}T_{\sigma}^{(d/2)})
\]

It is easy to see that

\[
(KKX)^{\otimes 4} = \begin{cases} 0 & e^{-i\theta} \\ e^{-i\theta} & 0 \end{cases}^{\otimes 4}, \quad (KKY)^{\otimes 4} = \begin{cases} 0 & -ie^{-i\theta} \\ ie^{i\theta} & 0 \end{cases}^{\otimes 4}
\]

\[
(KKZ)^{\otimes 4} = \begin{cases} 0 & e^{-i\theta} \\ e^{-i\theta} & 0 \end{cases}^{\otimes 4}, \quad (KKZ)^{\otimes 4} = \begin{cases} 0 & -ie^{-i\theta} \\ ie^{i\theta} & 0 \end{cases}^{\otimes 4}
\]

With all the previous consideration we are now ready to compute the coefficients

\[
\begin{align*}
1 \times \text{tr}(\tilde{Q}) &= 16(\cos^2 \theta + \sin^2 \theta)\text{tr}(Q_{d/2}) = 4(\cos^2 \theta + \sin^2 \theta)d^2 \\
6 \times \text{tr}(T_{(ij)}\tilde{Q}) &= 8\cos^2(2\theta)\text{tr}(T_{(ij)}Q_{d/2}) = 4d\cos^2(2\theta) \\
8 \times \text{tr}(T_{(ij)}\tilde{Q}) &= 4\cos(4\theta) \\
6 \times \text{tr}(T_{(ijkl)}\tilde{Q}) &= 8\cos^2(2\theta)\text{tr}(T_{(ijkl)}Q_{d/2}) = 4d\cos^2(2\theta) \\
3 \times \text{tr}(T_{(ijkl)}\tilde{Q}) &= 4(3 + \cos(4\theta))\text{tr}(T_{(ijkl)}Q_{d/2}) = d^2(3 + \cos(4\theta)) \\
\end{align*}
\]

Thus \(\frac{1}{12} \sum_{\sigma \in S_4} \text{tr}(\tilde{Q}T_{\sigma}) = \frac{4d^2(3d + (d + 4)\cos(4\theta))}{12}\) and

\[
c_Q = \text{tr}(K_{i_1}^{\otimes 4}QK_{i_1}^{\otimes 4}Q\Pi_{\text{sym}}^{(4)}) = \frac{d^2 + 3d + 2}{12} + \frac{(d + 2)(3d + (d + 4)\cos(4\theta))}{48}
\]

\[
c_{QQ} = \text{tr}(K_{i_1}^{\otimes 4}QK_{i_1}^{\otimes 4}Q\Pi_{\text{sym}}^{(4)}) = \text{tr}(Q\Pi_{\text{sym}}^{(4)}) - c_Q = \frac{(d + 4)(d + 2)}{24} \sin^2(2\theta)
\]
Therefore
\[ a_k = \frac{24(f_\theta^-)^k}{(d^2-1)(d+2)(d+4)} \left( \frac{d(d+3)}{4}\text{tr}(\Psi^\otimes 4 Q) - 1 \right) \] (116)
\[ b_k = \frac{1}{D_{\text{sym}}} + \frac{24}{(d^2-1)(d+2)(d+4)}(f_\theta^-)^k \left( \frac{d(d+3)}{4}\text{tr}(\Psi^\otimes 4 Q) \right) \] (117)

where \( f_\theta^\pm \) is, cfr. (83)
\[ f_\theta^- = \frac{7d^2 - 3d + d(d+3) \cos(4\theta) - 8}{8(d^2 - 1)} = \frac{7 + \cos(4\theta)}{8} + O(d^{-1}) \] (118)

It is possible to calculate the extreme points of \( f_\theta \), the maximum is \( f_\theta = 1 \) for \( \theta = \pi/2 \), while the minimum is \( f_\theta \approx \frac{1}{4} \) for \( \theta = \pi/4 \).

### B.5 Proof of Lemma 1

The average square purity for the \( k \)-doped Clifford circuit can be written as[17]
\[ \langle \text{Pur}^2(\psi_U)_{A\in \mathcal{C}_k} = \text{tr} \left( \rho^{(A)}_{(12)(34)} \langle \psi^\otimes 4_U \rangle_{A\in \mathcal{C}_k} \right) \] (119)

Then, substituting Eq.(25)
\[ \langle \text{Pur}^2(\psi_U)_{A\in \mathcal{C}_k} = a_k \text{tr}(\Omega_{\text{sym}}^{(A)} \tau^{(A)}_{(12)(34)}) + b_k \text{tr}(\Pi^{(A)}_{\text{sym}} \tau^{(A)}_{(12)(34)}) \] (120)

where \( a_k \) and \( b_k \) are defined in Eq.(26). Recalling that \( Q = Q_A \otimes Q_B \) up to a rearrangement of the tensor product (cfr. App. C.2), then \( T_\sigma = T^{(A)}_\sigma \otimes T^{(B)}_\sigma \) and \( \Pi^{(A)}_{\text{sym}} = 1/24 \sum_{\sigma \in \mathcal{S}_4} T_\sigma \), we write
\[ \text{tr}(\Omega_{\text{sym}}^{(A)} \tau^{(A)}_{(12)(34)}) = \frac{1}{24} \sum_{\sigma \in \mathcal{S}_4} \text{tr}(Q \tau^{(A)}_{(12)(34)}) \text{tr}(Q B T^{(B)}_\sigma) \] (121)
\[ \text{tr}(\Pi^{(A)}_{\text{sym}} \tau^{(A)}_{(12)(34)}) = \frac{1}{24} \sum_{\sigma \in \mathcal{S}_4} \text{tr}(T^{(A)}_\sigma \tau^{(A)}_{(12)(34)}) \text{tr}(T^{(B)}_\sigma) \] (122)

after some long but trivial algebra one gets, for the case \( d_A = d_B = \sqrt{d} \) and \( \psi = |0\rangle \langle 0| \otimes N \)
\[ \langle \text{Pur}^2(\psi_U)_{A\in \mathcal{C}_k} = \frac{2(2d^2 + 9d + 1) + (d^2 - 2d + 1)(f_\theta^-)^k}{(d+1)(d+2)(d+3)} \] (123)
\[ \langle \text{Pur}^2(\psi_U)_{A\in U(d)} = \frac{4d^2 + 18d + 2}{(d+1)(d+2)(d+3)} \] (124)

and thus, by computing \( \langle \text{Pur}^2(\psi_U)_{A\in \mathcal{C}_k} - \langle \text{Pur}(\psi_U)_{A\in \mathcal{C}_k}^2 \) one finds Eq.(40).

## C Other Proofs

### C.1 Notes on Pauli operators

The Pauli operators on \( \mathbb{C}^{2^\otimes N} \) are formed by all Pauli strings
\[ P = p_1 \otimes p_2 \otimes \cdots \otimes p_N \] (125)
where \( p_i \in \{I, X, Y, Z\} \) are usual Pauli matrices on \( \mathbb{C}^2 \). They are unitary and hermitian operators. Moreover, the Pauli group forms a 1-design, i.e the \( (P(d), 1) \)-fold channel of the Pauli group equals the \( (U(d), 1) \)-fold channel
\[ \Phi_{P(d)}^{(1)}(O) \equiv \frac{1}{d^2} \sum_{P \in P(d)} P \circ O = \frac{\text{tr}(O)}{d} \] (126)
Since Pauli operators commute or anticommute, we define for $P_1, P_2 \in \mathcal{P}(2^N)$

$$P_2 P_1 P_2 = K(P_1, P_2) P_1 \quad K(P_1, P_2) := \frac{1}{d} \text{tr}(P_2^4 P_1 P_2 P_1)$$  \hspace{1cm} (127)$$

where $K(P_1, P_2)$ is either 1 or $-1$; a useful rule for combining them

$$K(P_1, P_2) K(P_1, P_3) = \frac{1}{d^2} \text{tr}((P_2 P_3)^4 P_1 P_2 P_3 P_1)$$  \hspace{1cm} (128)$$

where $P_1, P_2, P_3 \in \mathcal{P}(2^N)$. The above facts are sufficient to prove the following lemma

**Lemma 5**  Let $\mathcal{O} \in \mathcal{B}(\mathcal{H}^{\otimes 4})$ and let $Q = d^{-2} \sum_{P \in \mathcal{P}(2^N)} \mathcal{O} \otimes \mathcal{P}$, then the following relations hold

$$\text{tr}(\mathcal{O} Q) = \text{tr}(\mathcal{O} Q T_{12}) = \text{tr}(\mathcal{O} Q T_{13}) = \text{tr}(\mathcal{O} Q T_{14})$$  \hspace{1cm} (129)$$

$$\text{tr}(\mathcal{O} Q T_{24}) = \text{tr}(\mathcal{O} Q T_{132}) = \text{tr}(\mathcal{O} Q T_{142}) = \text{tr}(\mathcal{O} Q T_{123})$$

**Proof.**—In order to prove the above relationship we need the expansion of $\mathcal{O}$ in Pauli operators

$$\mathcal{O} = \sum_{P_1, P_2, P_3, P_4 \in \mathcal{P}(2^N)} \text{tr}(OP_1 \otimes P_2 \otimes P_3 \otimes P_4) P_1 \otimes P_2 \otimes P_3 \otimes P_4$$  \hspace{1cm} (135)$$

At this point we can prove the above relations for $\mathcal{O} \equiv P_1 \otimes P_2 \otimes P_3 \otimes P_4$ without loss of generality. We won’t perform all the calculations, rather just some instructive examples. Let us prove Eq.(129)

$$\text{tr}([P_1 \otimes P_2 \otimes P_3 \otimes P_4] Q) = \frac{1}{d^2} \sum_{P \in \mathcal{P}(2^N)} \text{tr}(P_1 P) \text{tr}(P_2 P) \text{tr}(P_3 P) \text{tr}(P_4 P) = d^2 \sum_{P \in \mathcal{P}(2^N)} \delta_{P_1 P_2} \delta_{P_3 P_4} \delta_{P_1 P_2} = d^2 \delta_{P_1 P_2}$$

the second one

$$\text{tr}([P_1 \otimes P_2 \otimes P_3 \otimes P_4] Q T_{12}) = d^{-2} \sum_{P \in \mathcal{P}(2^N)} \text{tr}(P_1 P P_2 P) \text{tr}(P_3 P_4 P)$$

$$= \frac{1}{d^2} \sum_{P \in \mathcal{P}(2^N)} d^2 \delta_{P_1 P_2} \delta_{P_3 P_4} K(P, P_1) K(P, P_2)$$

$$= \delta_{P_1 P_2} \delta_{P_3 P_4} \sum_{P \in \mathcal{P}(2^N)} \frac{1}{d^2} \text{tr}((P_2 P_3)^4 P(P_3 P_4) P) = \delta_{P_1 P_2} \delta_{P_3 P_4} \delta_{P_1 P_2} \text{tr}(P_2 P_4)^2$$

the same procedure follows for $T_{13} T_{24}$ and $T_{14} T_{23}$. Let us prove Eq.(132)

$$\text{tr}([P_1 \otimes P_2 \otimes P_3 \otimes P_4] Q T_{13}) = \frac{1}{d^2} \sum_{P \in \mathcal{P}(2^N)} \text{tr}(P_1 P P_2 P) \text{tr}(P_3 P) \text{tr}(P_4 P) = \delta_{P_1 P_2} \text{tr}(P_1 P_2 P_3 P_4)$$

$$= dK(P_2, P_3) \delta_{P_1 P_2} \delta_{P_1 P_2}$$

the 4-cycle

$$\text{tr}([P_1 \otimes P_2 \otimes P_3 \otimes P_4] Q T_{1423}) = \frac{1}{d^2} \sum_{P \in \mathcal{P}(2^N)} \text{tr}(P_1 P P_3 P_2 P P_4 P) = \frac{1}{d^2} \sum_{P \in \mathcal{P}(2^N)} K(P, P_4) K(P, P_3) \text{tr}(P_1 P_3 P_2 P_4)$$

$$= \frac{1}{d^2} \sum_{P \in \mathcal{P}(2^N)} K(P, P_3 P_4) \text{tr}(P_1 P_3 P_2 P_4) = d\delta_{P_1 P_2} \delta_{P_1 P_2} \text{tr}(P_1 P_3 P_2 P_4)$$

$$= dK(P_2, P_3) \delta_{P_1 P_2} \delta_{P_1 P_2}$$

the same calculations follow for $T_{13}$ and $T_{1324}$. \qed
C.2 $Q$ decomposition and traces

It is interesting to prove an useful property of the operator $Q$, that we recall is defined as

$$Q = \frac{1}{d^2} \sum_{P \in \mathcal{P}(2N)} P^{\otimes 4} = \frac{1}{d^2} \sum_{\sigma_1, \ldots, \sigma_N} (\sigma_1 \otimes \cdots \otimes \sigma_N)^{\otimes 4}$$

(140)

where $\sigma_j \in \mathcal{P}(2)$. It is possible to introduce a permutation $S \in \mathcal{S}_{4N}$, whose action on a tensor product state is defined as

$$S(|i_1 \ldots i_N\rangle \otimes \cdots \otimes |i_1 \ldots i_N\rangle) = |i_1 \otimes \cdots \otimes i_N\rangle \otimes |i_1 \otimes \cdots \otimes i_N\rangle$$

(141)

The adjoint action of a permutation $S$ on $Q$ reads

$$SQS^{-1} = \frac{1}{d^2} \sum_{\sigma_1, \ldots, \sigma_N} S(\sigma_1 \otimes \cdots \otimes \sigma_N)^{\otimes 4} S^{-1}$$

$$= (\frac{1}{4})^N \sum_{\sigma_1, \ldots, \sigma_N} \sigma_1^{\otimes 4} \otimes \cdots \otimes \sigma_N^{\otimes 4} = Q_2^{\otimes N}$$

(142)

(143)

where $Q_2 = \sum_{\sigma \in \mathcal{P}(2)} \sigma^{\otimes 4}$. Then, let us show the adjoint action of $S$ on a permutation operator between the 4-copies of $\mathcal{H}$. Let $T_\sigma \in B(\mathcal{H}^{\otimes 4})$ a permutation operator between 4 copies of $\mathcal{H} \equiv \mathbb{C}^{2^N}$ corresponding to $\sigma \in \mathcal{S}_4$; written in terms of bras and kets it reads

$$T_\sigma = \sum_{i_1 \ldots i_N \ k_1 \ldots k_N \ l_1 \ldots l_N} |\sigma(i_1) \ldots \sigma(i_N)\sigma(j_1) \ldots \sigma(j_N)\sigma(k_1) \ldots \sigma(k_N)\sigma(l_1) \ldots \sigma(l_N)\rangle \langle i_1 \ldots i_N j_1 \ldots j_N k_1 \ldots k_N l_1 \ldots l_N|$$

(144)

The adjoint action of $S$ reads

$$ST_\sigma S^{-1} = \sum_{i_1 \ldots i_N \ k_1 \ldots k_N \ l_1 \ldots l_N} |\sigma(i_1)\sigma(j_1)\sigma(k_1)\sigma(l_1)\rangle \langle i_1 j_1 k_1 l_1| \cdots \otimes |\sigma(i_N)\sigma(j_N)\sigma(k_N)\sigma(l_N)\rangle \langle i_N j_N k_N l_N|$$

(145)

It is clear that we can write

$$ST_\sigma S^{-1} = T_\sigma^{(2)^N}$$

(146)

where we are denoting $T_\sigma^{(2)} = \sum_{i,j,k,l} |\sigma(i)\sigma(j)\sigma(k)\sigma(l)\rangle \langle ijkl| \in B(\mathbb{C}^2)$ which is a permutation operator between 4 copies of a single qubit Hilbert space $\mathbb{C}^2$.

**Lemma 6** Let $K_i$ and $K_j$ two identical single qubit gates with support on a different qubit, $i$ and $j$ respectively. Let $T_\sigma$ be a permutation operator between the 4-copies of $\mathcal{H}$; the following equality holds

$$\text{tr}(T_\sigma Q K_i^{\otimes 4} Q K_j^{\dagger \otimes 4}) = \text{tr}(T_\sigma Q K_j^{\otimes 4} Q K_i^{\dagger \otimes 4})$$

(147)

**Proof.**—First of all

$$K_i^{\otimes 4} = (\mathbb{I} \otimes \cdots \otimes \mathbb{I}_{i-1} \otimes K \otimes \mathbb{I}_{i+1} \otimes \cdots \otimes \mathbb{I}_N)^{\otimes 4}$$

(148)

Acting adjointly with the permutation operator $S \in \mathcal{S}_{4N}$, defined in Eq.(141) on $K_i^{\otimes 4}$ we have

$$SK_i^{\otimes 4} S^{-1} = (\mathbb{I}^{\otimes 4} \otimes \cdots \otimes \mathbb{I}^{\otimes 4}_{i-1} \otimes K^{\otimes 4} \otimes \mathbb{I}^{\otimes 4}_{i+1} \otimes \cdots \otimes \mathbb{I}^{\otimes 4}_N)$$

(149)

Then from the above equality and from Eq.(143) and Eq.(146) we have

$$\text{tr}(T_\sigma Q K_i^{\otimes 4} Q K_j^{\dagger \otimes 4}) = \text{tr}(T_\sigma^{(2)^N} Q K_j^{\otimes 4} S^{-1} K_i^{\otimes 4} S^{-1})$$

(150)

$$= \text{tr}(T_\sigma^{(2)^N} Q_2 Q K_2 K_2^{\dagger}) \text{tr}(T_\sigma^{(2)^N} S^{-1} K_2^{\dagger})$$

where we used the fact that $(Q_2^{\otimes N})^2 = Q_2^{\otimes N-1}$. From the above relation it’s clear that the position of the qubit on which $K$ applies does not play any particular role.  

**Application 5** Let $\psi = \otimes_i \psi_i$ a completely factorized random product state on $\mathbb{C}^{2^N}$. Then

$$\text{tr}(\psi^{\otimes 4} Q) = d^{-1-\log_2 5-2}$$

(151)
Proof.— First of all let us calculate $\text{tr}(Q\psi\otimes^4)$ in the case $\psi = |0\rangle \langle 0|^\otimes^N$. As proven in Sec. C.2

$$SQS^{-1} = (Q_2)^\otimes^N$$

(152)

where $S$ is a permutation operator defined in Eq.(141). Here $Q_2$ reads

$$Q_2 = \frac{1}{4} (I + X + Y + Z)$$

(153)

therefore

$$\text{tr}(Q\psi\otimes^4) = \langle 0|Q_2|0\rangle^N = \frac{1}{2^N} = d^{-1}$$

(154)

Now let us average $\text{tr}(\psi\otimes^4Q)$ with the local-qubit Haar average. Let $\psi_{\text{loc}}\otimes^4$ be

$$\psi_{\text{loc}}\otimes^4 = \int \prod_{i=1}^N dU_i \left( \bigotimes_{i=1}^N U_i \psi U_i^\dagger \right)^\otimes^4$$

(155)

where $\text{supp}(U_i) = \mathbb{C}^2$ for any $i$. Using the Haar average formulas displayed in Sec. A the adjoint action of $S$ on $\psi_{\text{loc}}\otimes^4$, defined in Eq.(141), reads

$$S_{\psi_{\text{loc}}\otimes^4}S^{-1} = \left( \frac{\Pi_{\text{sym}}^{(4)}}{D_{\text{sym}}} \right)^\otimes^N$$

(156)

where $\text{supp}(\Pi_{\text{sym}}^{(4)}) = \mathbb{C}^2$ and $D_{\text{sym}}^{(4)} = (2 \cdot 3 \cdot 4 \cdot 5)/24$. Therefore $\text{tr}(\psi_{\text{loc}}\otimes^4Q)$ is

$$\text{tr}(\psi_{\text{loc}}\otimes^4Q) = \text{tr} \left( \frac{\Pi_{\text{sym}}^{(4)}}{D_{\text{sym}}} \right)^\otimes^N Q_2^\otimes^N = 5^{-N} (\text{tr}(\Pi_{\text{sym}}^{(4)}Q_2))^N = \left( \frac{2}{5} \right)^N = d^{-1-\log_2(5-2)}$$

(157)