Introduction

Bisphenol A (BPA; CAS 80-05-7) is one of the highest production volume chemicals worldwide, with annual production exceeding 3 million metric tons. BPA is used in the production of polycarbonate plastics, epoxy resins, and nonpolymer additives to other plastics. It is used extensively in the manufacturing of common consumer products and goods such as food containers, metal cans (as a protective coating), beverage and baby bottles, receipt paper, and water pipes (Vandenberg et al. 2007). Human exposure to BPA from diet, inhalation, and other exposure routes has been well documented (Geens et al. 2012; Vandenberg et al. 2007). BPA has been detected in >90% of individuals in various sample populations (Vandenberg et al. 2010).

BPA is an estrogendocrine-disrupting chemical (EDC) with potentially adverse impacts on human health (Diamanti-Kandarakis et al. 2009). A large body of evidence has linked BPA exposure to abnormalities such as obesity, diabetes, and disorders of the reproductive and immune systems. Growing evidence also suggests that BPA may have adverse impacts on the cardiovascular system. Several epidemiological studies have reported an association between higher human BPA exposure and cardiovascular diseases, including coronary and peripheral arterial diseases (Lang et al. 2008; Melzer et al. 2010, 2012; Shankar et al. 2012). Recently, we reported that acute exposure to BPA promotes arrhythmogenesis in female hearts through alteration of myocyte Ca2+ handling, and that the dose response of BPA was inverted U-shaped.

OBJECTIVE: We sought to define the cellular mechanism underlying the nonmonotonic dose response of BPA in the heart.

METHODS: We examined rapid effects of BPA in female rat ventricular myocytes using video-edge detection, confocal and conventional fluorescence imaging, and patch clamp.

RESULTS: The rapid effects of BPA in cardiac myocytes, as measured by multiple end points, including development of arrhythmic activities, myocyte mechanics, and Ca2+ transient, were characterized by nonmonotonic dose responses. Interestingly, the effects of BPA on the bioavailability of myocyte Ca2+ handling were monotonic. Over the concentration range of 10−12 to 10−6 M, BPA progressively increased sarcoplasmic reticulum (SR) Ca2+ release and Ca2+ reuptake and inhibited the L-type Ca2+ current (ICa,L). These effects on myocyte Ca2+ handling were mediated by estrogen receptor (ER) β signaling. The nonmonotonic dose responses of BPA can be accounted for by the combined effects of progressively increased SR Ca2+ reuptake/release and decreased Ca2+ influx through ICa,L.

CONCLUSION: The rapid effects of BPA on female rat cardiac myocytes are characterized by nonmonotonic dose responses as measured by multiple end points. The nonmonotonic dose response was produced by ERβ-mediated monotonic effects on multiple cellular Ca2+ handling processes. This represents a distinct mechanism underlying the nonmonotonicity of BPA’s actions.

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et al. (2013) and in accordance with protocols approved by the University of Cincinnati Institutional Animal Care and Use Committee. The animals were treated humanely and with regard for alleviation of suffering. Adult female Sprague-Dawley rats (200–250 g; Charles River, Spencerville, OH, USA) were housed two per cage in standard polycarbonate caging containing Sani-chip bedding (Irradiated Aspen Sani-chip; P.J. Murphy Forest Products Corp., Montville, NJ, USA) to eliminate possible corn-based mycoestrogen exposure. Room conditions included a 14-hr-light/10-hr-dark cycle, with lights on at 0600 hours. All animals were fed *ad libitum* with Teklad 2020 diet (Harlan Laboratories Inc., Indianapolis, IN, USA), which contains no soybean meal, alfalfa, or animal products that may introduce uncontrolled levels of estrogenic compounds. Sterile drinking water was generated by a dedicated water purification system (Millipore Rios 16 with ELIX UV/Proguard 2) that reduces oxidizable organics to < 1% of source levels. Drinking water was dispensed from glass water bottles. A total of 70 animals were used in this study.

**Analysis of myocyte mechanics and Ca²⁺ handling.** Ventricular myocytes from female rat hearts were enzymatically dissociated using Langendorff perfusion, as previously described (Yan et al. 2011, 2013). Isolated myocytes were then suspended in 1.0 mm Ca²⁺-Tyrode solution. We analyzed myocyte contraction, after-contraction, and Ca²⁺ transient and spark as previously described (Yan et al. 2011). Briefly, myocytes were excited by field stimulation with 2-msec 1.5× threshold pulses at a rate of 0.5 Hz. Steady-state myocyte shortening was examined using a videodedge detector (Crescent Electronics, Sandy, UT, USA). After-contraction was measured using stimulation of 2 msec 1.5× threshold pulses at a rate of 2 Hz for 8 sec. To measure Ca²⁺ spark, isolated ventricular myocytes were loaded with fluo-4 acetoxymethyl ester (5 μM; Molecular Probes, Eugene, OR, USA) and imaged with a Zeiss LSM 710 inverted confocal microscope (Carl Zeiss Microscopy, LLC, Thornwood, NY, USA) with an excitation wavelength of 488 nM. Signals were measured with line-scan imaging at 3.07-msec intervals, with each line comprising 512 pixels spaced at 0.056 mm. Image processing and data analysis were performed as previously described (Yan et al. 2011). To measure Ca²⁺ transients, fluorescence signals were measured from fluo-4 loaded myocytes using a Nikon TE 2000 microscope and an InCyt Standard PM photometry system (Intracellular Imaging, Cincinnati, OH, USA). Experiments were performed at room temperature (24°C).

**Patch clamp recording of I_CaL (L-type Ca²⁺ current).** The *I_CaL* was recorded at room temperature (24°C) using the whole-cell patch clamp technique, as previously described (Yan et al. 2011). After the membrane was ruptured, cells were clamped at −50 mV for 5 min to allow dialysis of the intracellular solution and stabilization of the Ca²⁺ currents before measurement began. Data collection and analysis were performed using PCLAMP 9 software (Molecular Devices, Sunnyvale, CA, USA).

**Western blotting.** Western blotting experiments were performed as previously described (Gao et al. 2013). Briefly, isolated female ventricular myocytes were treated with BPA for the indicated length of time, collecte, and snap-frozen in liquid nitrogen. Proteins were extracted with 1× Cell Lysis Buffer (Cell Signaling Technology, Danvers, MA, USA) supplemented with protease inhibitors and phosphatase inhibitors. Equal amounts of protein samples from each treatment group were separated by SDS-PAGE and transferred to a nitrocellulose membrane (Bio-Rad, Hercules, CA, USA). The proteins were then analyzed using Western blotting with antibodies specific to the target proteins. The blots were scanned and the intensity of the bands was quantified using a scanning densitometer.
Mechanism of nonmonotonic dose response of BPA

CA, USA). The membrane was then blocked with 5% non-fat milk in phosphate-buffered saline–0.1% Tween, followed by incubation with primary and secondary antibodies. We used ECL™ Western Blotting Analysis System (GE Healthcare, Buckinghamshire, UK) for developing the membrane. We used the following antibodies: anti-phospholamban phospho threonine-17 (pThr17-PLN) and anti-phospholamban (anti-PLN), both from Badrilla (Leeds, UK); and horseradish peroxidase–conjugated anti-mouse and anti-rabbit secondary antibodies (Cell Signaling Technology).

Statistical analysis. We conducted statistical analysis using an unpaired t-test or by one-way analysis of variance (ANOVA) with differences between treatment groups assessed using a multiple comparison post-test. Frequency of events (e.g., percentage of myocytes with after-contractions) was analyzed using a chi-square test. We considered \( p < 0.05 \) the minimal level of statistical significance for differences in values. Data were analyzed using SigmaPlot (Systat Software Inc., San Jose, CA, USA) and Excel (Microsoft, Redmond, WA, USA).

Results

Rapid actions of BPA in cardiac myocytes have nonmonotonic dose responses. We examined the concentration-dependent effect of BPA on \( \text{Ca}^{2+} \) transient in female rat ventricular myocytes. BPA rapidly (~ 5 min) increased the amplitude of the \( \text{Ca}^{2+} \) transient at low BPA doses (10 \( \text{E-10} \) to 10 \( \text{E-8} \) M), and this stimulatory effect diminished at micromolar doses (Figure 1A,B); the dose–response curve was inverted U-shaped with the most efficacious concentration being 10 \( \text{E-8} \) M (Figure 1B). Previously we showed that BPA rapidly promoted the development of spontaneous excitation (i.e., triggered activities) in female cardiac myocytes (Yan et al. 2011). The stimulatory effect of BPA on triggered activities was only notable in the nanomolar dose range but not at higher doses (Figure 1C), producing a dose–response curve with pronounced nonmonotonicity (Figure 1D).

One mechanism of the nonmonotonic dose response of hormones and EDCs is general cytotoxicity (Vandenberg et al. 2012); this possibility was examined. Consistent with our previous findings (Belcher et al. 2012), 10 \( \text{E-8} \) M BPA rapidly stimulated the contraction of female myocytes, and this stimulatory effect diminished at the micromolar concentration (Figure 1E). Myocytes that were pretreated with 10 \( \text{E-6} \) M BPA followed by a wash responded robustly to subsequent exposure to 10 \( \text{E-8} \) M BPA (Figure 1F). In addition, the \( \beta \)-adrenergic agonist isoproterenol produced marked stimulatory effect in the presence of 10 \( \text{E-6} \) M BPA. These results suggest that the diminished response of myocytes to micromolar concentrations of BPA is not due to nonspecific cytotoxicity of BPA at higher doses.

BPA alters individual elements of myocyte \( \text{Ca}^{2+} \) handling with monotonic dose responses. BPA promotes arrhythmogenesis and enhances myocyte contraction via alteration of myocyte \( \text{Ca}^{2+} \) handling (Yan et al. 2011). To understand the mechanism of the nonmonotonicity of BPA’s rapid actions in cardiac cells, we examined the dose-dependent impact of BPA on the individual elements of the myocyte \( \text{Ca}^{2+} \) handling process.

Effect on \( \text{Ca}^{2+} \) spark. Increased \( \text{Ca}^{2+} \) release and \( \text{Ca}^{2+} \) leak from the SR play a central role in the impact of BPA on arrhythmogenesis and myocyte mechanics (Yan et al. 2011). Diastolic \( \text{Ca}^{2+} \) release from the SR through the ryanodine receptors was measured as frequency of \( \text{Ca}^{2+} \) sparks (Cheng et al. 1993). Interestingly, unlike the nonmonotonic dose responses observed at the myocyte level, BPA’s impact on SR \( \text{Ca}^{2+} \) release was monotonic (Figure 2). Increasing concentrations of BPA over the dose range of 10 \( \text{E-10} \) to 10 \( \text{E-5} \) M progressively increased \( \text{Ca}^{2+} \) spark frequency (Figure 2A,B). The dose–response curve had a classic monotonic shape with median effective concentration (EC\text{50}) of 0.81 nM and a maximum increase of 209.7% (Figure 2C).

Effect of BPA on SR \( \text{Ca}^{2+} \) reuptake. BPA rapidly increases SR \( \text{Ca}^{2+} \) reuptake in female rat myocytes (Yan et al. 2011). In rodent cardiac myocytes, SR reuptake accounts for most (> 90%) of \( \text{Ca}^{2+} \) removal from the cytosol during relaxation (Bers 2002); therefore, the rate of decline of the \( \text{Ca}^{2+} \) transients can be used as an index of SR \( \text{Ca}^{2+} \) reuptake. Whereas the effect of BPA on \( \text{Ca}^{2+} \) transient amplitude was inverted U-shaped (Figure 3A, top), normalization of the \( \text{Ca}^{2+} \) transient traces revealed that increasing
concentrations of BPA progressively increased the rate of decline (Figure 3A, bottom), producing a monotonic dose–response curve (Figure 3B). The dose response had an EC50 of 0.15 nM and a maximum increase of 37.3% (Figure 3C).

Through its inhibition of sarco/endoplasmic reticulum Ca2+-ATPase (SERCA), PLN is the central regulator of SR Ca2+ reuptake. PLN can be phosphorylated by both protein kinase A and Ca2+/calmodulin-dependent protein kinase II (CAMKII) at serine 16 and threonine 17, respectively. Phosphorylation of PLN releases its inhibition on SERCA, thereby increasing Ca2+ reuptake into the SR (Kranias and Hajjar 2012). Because BPA has been shown to influence SR Ca2+ reuptake via increasing CAMKII phosphorylation of PLN at threonine 17 (Gao et al. 2013), we examined the dose-dependent effect of BPA (2-min exposure) on CAMKII phosphorylation of PLN. Increasing concentrations of BPA over the dose range of 10–12 M to 10–6 M progressively increased phosphorylation of PLN at the CAMKII site (Figure 3D). Based on the known regulatory mechanism of SR Ca2+ reuptake, this dose-dependent effect of BPA on PLN phosphorylation should increase SERCA activity, and...
likely accounts for the monotonic effect of BPA on SR Ca\(^{2+}\) reuptake.

**Effect on \(I_{\text{CaL}}\).** The stimulatory, monotonic effects of BPA on SR Ca\(^{2+}\) release and reuptake were countered by an inhibitory action of BPA on the L-type Ca\(^{2+}\) current, particularly at higher concentrations (Figure 4A). The dose–response curve for the inhibition of \(I_{\text{CaL}}\) was, again, monotonic (Figure 4B), with an EC\(_{50}\) of 27.4 nM and a maximum inhibition of 43%. The current–voltage relationship of \(I_{\text{CaL}}\) was not changed by BPA.

Interestingly, although the overall effect of BPA on \(I_{\text{CaL}}\) was one of suppression, we noticed a small but consistent stimulation of the current at lower BPA concentrations (10\(^{-12}\) M) (Figure 4C). The average increase of \(I_{\text{CaL}}\) at 10\(^{-12}\) M BPA was 4.5%, which occurred within minutes of exposure.

**\(I_{\text{CaL}}\) signaling.** Previously we hypothesized that the opposing actions of estrogen receptor (ER) \(\alpha\) and ER\(\beta\) contribute to the nonmonotonic dose response of BPA in the heart (Belcher et al. 2012). Contrary to this hypothesis, in the presence of MPP, an ER\(\alpha\)-selective blocker, the nonmonotonicity of the dose–response curve was unchanged (Figure 5A); ER\(\beta\) blockade with PHTPP largely abolished the rapid effect of BPA on contractility (Figure 5B).

We also examined the role of ER\(\beta\) in mediating the effects of BPA on individual Ca\(^{2+}\) cycling processes. ER\(\beta\) blockade with PHTPP completely abolished the stimulatory effect of BPA on Ca\(^{2+}\) spark frequency (Figure 5C,D) and blocked effects of BPA on the amplitude and decline kinetics of Ca\(^{2+}\) transient (Figure 5E,F). Similarly, PHTPP abolished the inhibitory effect of BPA (10\(^{-5}\) M) on \(I_{\text{CaL}}\) (Figure 5G,H). Thus, ER\(\beta\) signaling played a dominant role in mediating BPA’s nonmonotonic dose response in cardiac myocytes, as well as in its actions on individual Ca\(^{2+}\) cycling processes.

**Suppression of \(I_{\text{CaL}}\) contributes to the nonmonotonic effects of BPA.** To test the hypothesis that the inhibitory effect of high-dose BPA on \(I_{\text{CaL}}\) produces the nonmonotonic dose responses, we used the selective \(I_{\text{CaL}}\) blocker nifedipine to mimic the inhibition by BPA. The stimulatory effects of 10\(^{-8}\) M BPA on SR Ca\(^{2+}\) release and reuptake were near or at saturation (Figures 2 and 3), whereas BPA only inhibited \(I_{\text{CaL}}\) by 11% (Figure 4). At 2 \times 10\(^{-7}\) M, the dose of nifedipine used in our experiments, nifedipine blocked \(I_{\text{CaL}}\) by 39% (Figure 6A,B), which is consistent with the reported median inhibitory concentration (IC\(_{50}\)) of nifedipine of 0.3 \(\mu\)M (Shen et al. 2000). We examined the dose response of BPA over the dose range of 10\(^{-12}\) to 10\(^{-8}\) M as well as 10\(^{-8}\) M BPA plus nifedipine. Nifedipine plus 10\(^{-8}\) M BPA reproduced the inverted U-shaped dose responses as measured by both myocyte contractility (Figure 6C,D) and incidence of triggered activities (Figure 6E,F). Thus, the monotonic and stimulatory effects of BPA on SR Ca\(^{2+}\) release and reuptake, plus the inhibitory effect of higher-dose BPA on \(I_{\text{CaL}}\), are sufficient to produce the nonmonotonic dose responses of BPA in female rat cardiac myocytes.

**Discussion**

Defining the nonmonotonic dose responses of EDCs is of both scientific interest and
relevance to understanding the potential health impacts of these chemicals. We show that acute exposure to low doses of BPA (≤ 10⁻⁸ M) had significant impact on arrhythmogenesis and the mechanics of female cardiac myocytes, and that the dose responses of the rapid impact of BPA are nonmonotonic. The nonmonotonicity is produced by multiple monotonic effects on individual cellular Ca²⁺ handling processes through ERβ-mediated signaling (Figure 6G). Our results add to a growing body of evidence demonstrating the nonmonotonic responses of EDCs and provide mechanistic insights into the pharmacodynamics of BPA’s actions.

Nonmonotonic dose responses of EDCs and hormones have been well documented and are likely a common phenomenon of EDCs (Vandenbarg et al. 2012). Nevertheless, their existence and significance have been disputed (Romberg and Goodman 2012), citing the lack of statistical significance in some studies and attributing the observations to random dose-by-dose fluctuations and high signal-to-noise ratio. In addition, existing evidence of nonmonotonicity has been faulted for involving only quantitative continuous end points and lacking all-or-none biological events. The lack of mechanistic understanding of the link between quantitatively continuous effects of EDCs and changes in incidence rates of distinct diseases is viewed as a weakness. We assessed the dose response of BPA in cardiac cells using multiple end points, including myocyte contraction, Ca²⁺ dynamics, and arrhythmogenesis, using separate and independent measurement assays; each produced dose responses with marked nonmonotonicity. The response measured at 10⁻⁶ M BPA for each of the end points showed clear and statistically significant (p < 0.01) declines compared with 10⁻⁸ M; 10⁻⁶ M BPA was not statistically different (p > 0.2) compared with control (Figure 1). Given the consistency among multiple end points, statistical significance of the results, and reproducibility of these nonmonotonic events from previous studies (Yan et al. 2011), we consider it unlikely that the observed nonmonotonic dose responses are attributable to random fluctuation. Of particular significance is the arrhythmogenesis end point (i.e., incidence of triggered activity). Triggered activities are aberrant spontaneous excitations of cardiac myocytes and are well-recognized as one of the key arrhythmogenic mechanisms in the heart (Pogwizd and Bers 2004); therefore, they could be considered a toxicologically relevant end point. The presence or absence of triggered activity is clearly an all-or-none event and was measured as such in our study. The pronounced inverted U-shape of BPA’s effect on this all-or-none end point is evident. Other examples of BPA impacting all-or-none events with nonmonotonic dose responses include the presence or absence of tumor and metastases (e.g., Jenkins et al. 2011). Thus, the nonmonotonic dose response of BPA is not limited to quantitative continuous end points.

Growing evidence has provided increasing understanding of the mechanisms that generate the nonmonotonic dose response of EDCs.
The known mechanisms are diverse and have been reviewed in a number of articles (Myers et al. 2009; Vandenbarg et al. 2012; Watson et al. 2010). Examples of these mechanisms include actions of different types of receptors (e.g., ERα and ERβ) with opposing signaling effects, cell subpopulation-specific and opposite sites to hormone actions, cytotoxicity associated with higher hormone doses resulting in decreased responses, signaling through parallel pathways with different temporal activation patterns, receptor desensitization, and receptor down-regulation at higher doses. A range of other xenobiotics are capable of producing nonmonotonic effects due to nonspecific mechanisms of action. Here, we describe a distinct mechanism in cardiac myocytes that involves signaling of a single receptor, ERβ, that results in multiple monotonic effects on individual elements of the myocyte Ca2+ handling process (Figure 6G). Previously, we showed that the rapid effect of BPA on cardiac arrhythmogenesis and mechanics is mediated by its impact on myocyte Ca2+ handling; in particular, increased diastolic SR leak plays a key role in the arrhythmogenic effect of BPA (Yan et al. 2011). The present results show that BPA rapidly increased SR Ca2+ release/leak and SR reuptake with monotonic dose responses. Opposing this stimulatory effect is the monotonic suppression of ICaL at micromolar doses. Based on known mechanisms of cardiac Ca2+ handling, suppression of ICaL also reduces Ca2+-induced Ca2+ release from the SR, resulting in reduced Ca2+ transient amplitude and myocyte contraction. Suppression of Ca2+ influx through ICaL may reduce intracellular Ca2+, thereby reducing the development of triggered activities, particularly delayed after depolarizations (Pogwizd and Bors 2004). The exact impact of ICaL inhibition in the presence of enhanced SR Ca2+ cycling is complex and influenced by feedback regulatory mechanisms (Eisner et al. 2013). To test the role of ICaL suppression in generating the decline phase of the inverted U-shaped dose–response curve, we observed that mimicking BPA’s suppression of ICaL, with the Ca2+ channel blocker nifedipine, at a dose that produces a percentage blockade of ICaL similar to that of high-dose BPA, reproduced the inverted U-shaped curve. We do recognize that the result of this experiment is confounded by the fact that we used 10−8 M BPA (which produces a 10% blockade of ICaL) plus nifedipine to mimic the effect of micromolar BPA, and that the overlapping effects of BPA and nifedipine on ICaL do not fully reproduce the effect of micromolar BPA. Nevertheless, the result qualitatively demonstrates that the nonmonotonic effect of BPA can be accounted in part by ICaL inhibition.

Suppression of ICaL by high-dose BPA is similar to that observed in response to high concentrations of 17β-estradiol (E2), suggesting the possibility of a common mechanism. Several studies have shown that supraphysiological E2 (10−10–30 μM) partially suppresses ICaL in cardiac myocytes in multiple species, including rat, human, and guinea pig (Berger et al. 1997; Kurokawa et al. 2008; Meyer et al. 1998; Nakajima et al. 1999). E2 has been shown to suppress ICaL in guinea pig ventricular myocytes, with an IC50 of 29.5 nM and a maximum suppression of 40% (Kurokawa et al. 2008), values that are remarkably similar to the dose response for the blockade by BPA. Such suppression of ICaL by high doses of estrogens, while of limited physiological relevance, may play a role in determining the dose–response properties of other estrogenic chemicals in the heart.

It has been shown both experimentally and computationally that nonmonotonic dose responses can be generated by the opposing actions of multiple receptors (Conolly and Lutz 2004; Vandenbarg et al. 2012; Watson et al. 2010). In previous studies we found that ERα and ERβ had opposing actions in cardiac myocytes. (ERβ’s rapid signaling had an inhibitory effect, whereas ERβ was stimulatory); thus, the rapid actions of BPA in female hearts are mediated by the stimulatory signaling of ERβ, and the counterbalance of ERα versus ERβ results in the lack of observable response to BPA in male hearts (Belcher et al. 2012). Indeed, we speculated previously that the opposing actions of ERα and ERβ generate the nonmonotonic dose response of BPA in the heart (Belcher et al. 2012). However, does not appear to be the case. As shown in Figure 5, pharmacological blockade of ERβ largely abolished the rapid effect of BPA on contractility, whereas blockade of ERα had no detectable effect on the inverted U-shaped dose response. Although the sum of BPA’s effects on multiple Ca2+ handling processes is sufficient to account for the observed nonmonotonicity, the potential contribution of other mechanisms, such as receptor desensitization, were not examined in the present study and cannot be ruled out. In addition, the molecular/signaling mechanisms underlying BPA’s impact on the Ca2+ handling elements are unknown and remain to be elucidated.

Conclusion

The rapid effects of BPA on female rat cardiac myocytes were characterized by nonmonotonic dose responses, as measured by multiple end points; the cellular mechanism of BPA’s nonmonotonicity involves monotonic and opposing effects on multiple Ca2+ handling processes, all mediated by ERβ signaling. The summation of these parallel effects generated an inverted U-shaped dose response, with the most efficacious dose around 10−8 to 10−9 M, coinciding with reported human exposure levels (Vandenbarg et al. 2010) (Figure 6G).
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