"Life-like" assessment of antimicrobial surfaces by a new touch transfer assay displays strong superiority of a copper alloy compared to silver containing surfaces

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Abstract

Transmission of bacteria from inanimate surfaces in healthcare associated environments is an important source of hospital acquired infections. A number of commercially available medical devices promise to fulfill antibacterial activity to reduce environmental contamination. In this study we developed a touch transfer assay modeling fingerprint transmission to investigate the antibacterial activity of surfaces, with confirmed antibacterial activity by a modified ISO 22196 (JIS Z 2801) assay to test such surfaces under more realistic conditions. Bacteria were taken up from a dry standardized primary contaminated surface (PCS) with disinfected fingers or fingers covered with sterile and moistened cotton gloves. Subsequently, bacteria were transferred by pressing on secondary contaminated surfaces (SCS) with or without potential antibacterial activity and the relative reduction rate was determined after 24 h. A stable transmission rate between PCS and SCS was observed using moistened sterile gloves. A copper containing alloy displayed at least a tenfold reduction of the bacterial load consistently reaching less than 2.5 cfu/cm². In contrast, no significant reduction of bacterial contamination by silver containing surfaces and matured pure silver was observed in the touch transfer assay. With the touch transfer assay we successfully established a new reproducible method modeling cross contamination. Using the new method we were able to demonstrate that several surfaces with confirmed antimicrobial activity in a modified ISO 22196 (JIS Z 2801) assay lacked effectiveness under defined ambient conditions. This data indicate that liquid based assays like the ISO 22196 should be critically reviewed before claiming antibacterial activity for surfaces in the setting of contamination of dry surfaces by contact to the human skin. We suggest the newly developed touch transfer assay as a new additional tool for the assessment of potential antimicrobial surfaces prior utilization in hospital environments.
Introduction

Healthcare-acquired infections (HAI) cause substantial patient morbidity and mortality [1]. For some organisms it is widely accepted that inanimate surfaces can contribute to the transmission of pathogens within hospitals [2]. Especially pathogens which are able to survive on surfaces for weeks, play an important role as a reservoir for HAI. Thereby, infection might occur following cross-contamination via patient or surface contact [3;4]. Studies indicate that pathogens as MRSA, VRE and Acinetobacter baumannii are shed from patients and spread by patients or health care workers to surfaces via touch transfer processes in the immediate vicinity of the patient [5]. Rooms with a history of colonized or infected patients have been suspected to be the source for infection of subsequent patients despite of disinfection measures [6].

Therefore, reduction in surface bioburden is required to reduce HAIs. As a measure to improve surface hygiene, quality standards for disinfection and microbiological surface screening have been proposed to break the nosocomial infection loop with a suggested threshold of 2.5 cfu/cm², proposed as a microbiologic standard for safer hospital environments [7;8]. The use of biocidal surface materials in conjunction with improved disinfection and hygiene protocols could eliminate bioburden, rather than relying solely on surface cleaning agents or irradiation methods. In consequence, the development of antimicrobial surface coatings has been designed as a reinforcement measure to tackle surface contaminations between cleanings. Apart from antifouling and anti-adhesive materials as preventative coatings, antimicrobial reagents have been implemented to plastics, varnishes and paints or alloys as recently reviewed [9–11].

Several methods are described to investigate potential antimicrobial activity of surfaces. For solid surfaces results from assays following the ASTM E 2180 [12] standard or the ISO 22196 standard [13], which is a modification of the Japanese Standard JIS Z2801 are used as base for suppliers of health care equipment to claim antimicrobial activity. In contrast to a usual hospital environment with dry surfaces around patients and comfort humidity and temperature of the air these standardized methods use test conditions with maintaining significant amounts of liquid to allow diffusion of antimicrobial compounds as well as temperatures up to 37°C. This, however, does not mirror reality. Therefore, these methods might fail to predict the efficacy of antibacterial surfaces under realistic conditions.

For surfaces manufactured from copper or copper-alloys alternative test methods were developed, which address dry conditions during incubation [14–16]. However, in the US Environmental Protection Agency (EPA) assays the primary inocula are still liquid bacterial solutions with varying drying times prior reaching dry conditions which still does not reflect the typical contamination of high touch surfaces by the human skin [17;18].

In this study, we have analyzed the typical contamination of high touch surfaces with frequent contact to human skin to define commonly observed contaminated settings. Subsequently we developed a new, reproducible method modeling cross contamination caused by touch transfer referring to the typical contamination of high touch surfaces. Using this new method we have analyzed several surfaces confirmed to have antimicrobial activity according to prior standardized testing using a modified ISO 22196 assay.

Materials and methods

Environmental sampling from space bars

To estimate environmental contamination of high touch surfaces 47 space bars of computer keyboards on hospital wards (n = 24) and outside the hospital (n = 23) were investigated by
quantitative culture. Bacteria were removed from the space bars by heavy scrubbing with a moistened Σ-Transwab (Medical Wire, Corsham, UK) with subsequent transfer in 1mL liquid Amies medium. 100 μl of the suspensions were streaked on Columbia sheep blood agar (COS) plates (bioMérieux, Marcy l’Etoile, France) using Drigalski spatula and bacterial counts were determined after 24 h at 36˚C ± 2˚C and total viable counts were calculated (detailed results are presented as supporting information).

**Used surfaces and preparation of surfaces**

As surfaces for primary contamination and as secondary surfaces for quantitative experiments during the evaluation of the touch transfer assay standardized 5 x 5 cm ceramic tiles with white matt glaze (#3709PN00, Villeroy & Boch, Mettlach, Germany) were used. Films promising antibacterial activity (HEXIS-Health, Hilden, Germany; iShieldz, eShields, La Verne, CA, USA) were placed on 5 x 5 cm stainless steel UNS S30400 plates. For the investigation of pure silver or copper alloy 5 x 5 cm plates were purchased from the manufacturer (99.9% silver, Jeddeloh, Germany; KME Plus® coolsilver copper alloy, KME, Germany; CuNi30Mn1Fe, corresponding to the Unified Numbering System [UNS] for copper + copper alloys C71500 or former C71630). To get rid of oxidized upper layers, metals were sanded down with 600 grade grit-sandpaper, if necessary. All used surfaces were sterilized using 70% isopropyl alcohol prior to experimental sets.

**Modified ISO 22196 (Japanese Industrial Standard Z 2801) test**

Testing of antibacterial activity of all surfaces was performed using a slightly modified ISO 22196 (JIS Z 2801) test as followed. *S. aureus* ATCC 33591 was cultivated on COS agar at 36˚C ± 2˚C overnight and inoculated in sterile 0.85% NaCl solution to reach bacterial solutions with a density of 5 x 10^5 colony forming units (cfu)/mL. Sterilized surfaces were inoculated with 400 μL of this suspension and were covered by sterilized 4 x 4 cm stomacher bag film. The covered surfaces were incubated at 36˚C ± 2˚C with a relative humidity of ≥90% for 24 h. As a control bacterial quantification was performed from each tested surface immediately after preparation and covering. For bacterial quantification bacteria were rinsed off the surface into 10 ml Tryptic Soy Broth (TSB) with LTHTh 373r-20p (Merck, Darmstadt, Germany) and 100 μl of the suspension were streaked on COS agar plates in double determination. Colony numbers were counted for after incubation for 24 h at 36˚C ± 2˚C and antibacterial activity (R) was calculated as described in the ISO 22196. Confirmed antibacterial activity in the modified ISO 22196 test was defined as R > 10^2 (at least 99% relative reduction).

**Touch transfer assay**

A detailed protocol of the new assay is deposited at protocols.io (dx.doi.org/10.17504/protocols.io.i59cg96). In brief, *Enterococcus faecium* ATCC 6057 was cultivated on COS agar at 36˚C ± 2˚C overnight and inoculated in sterile 0.85% NaCl solution (5x10^7 bacteria/mL). Serial tenfold dilutions of the solution were used if appropriate. 200 μl of bacterial suspensions were spread homogeneously on sterilized surfaces of 5 x 5 cm ceramic tiles and dried for 1 hour under standardized conditions in a climate chamber (22˚C and 50% rH) resulting in the primary contaminated surface (PCS). Uptake of bacteria from the PCS was performed with disinfected (75% Ethanol) skin of the forefinger or thumb of the test person or the forefinger or thumb covered with moistened sterile cotton gloves warn over disinfected single use nitrile gloves. Moistening and addition of organic soil load for cotton gloves mimicking the clinical situation of having organic soil matrix as a companion with bacterial burden was performed by touching COS agar for 10 sec without pressure. For the touch transfer of bacteria fingers with or without
gloves were rolled like taking fingerprints without removing the finger for 10 sec on the PCS and subsequently the fingers were rolled same way on the respective sterilized surfaces for 10 sec resulting in the secondary contaminated surface (SCS). Quantitative culture of the SCS was performed immediately or after 24 h of incubation at 22°C and 50% rH in double determination or by enumeration using Replicate Organism Detection And Counting (RODAC) agar plates containing TSA with disinhibitor plus (Oxoid, Basingstoke, UK; detailed results are presented as supporting information). Statistical analysis of differences in the individual experiments were performed using t-test (R, R Foundation for Statistical Computing, Austria).

Results
Quantitative culture of bacteria from space bars of 47 computer key boards revealed a median of 290 cfu/space bar (surface approximately 10 cm²) and a mean of 328.1 cfu/space bar with only two space bars reaching more than $10^3$ cfu (Fig 1). Bacteria detected in all environments were predominately Gram-positive species with known survival rates on dry surfaces (> 70% staphylococci, micrococci and enterococci). Therefore, a target microbial bioburden of about $10^3$ cfu but less than $10^4$ cfu was defined for SCS of 25 cm² to mimic a commonly observed contamination of inanimate surfaces.

To be able to model touch transfer using native disinfected skin low pathogenic Enterococcus faecium ATCC 6057 was used displaying a low bacterial loss during desiccation and a high survival rate over time on dry surfaces [19]. During the initial desiccation process on the PCS a significant (p<0.01) loss of reculturable bacteria with 0.4 log decrease ($3.7 \times 10^6$/25 cm² of $9.8 \times 10^6$/25 cm², Fig 2A) was observed. The serial dilution of bacteria had no influence on the initial loss of reculturable bacteria. The uptake of bacteria from the PCS decreased for disinfected skin corresponding with decrease of initial contamination of the PCS ($7.5 \times 10^5$, $7.1 \times 10^4$, $1.6 \times 10^4$, and $1.1 \times 10^3$/25 cm²). The uptake of bacteria with moistened cotton gloves displayed also a decrease corresponding to the initial contamination ($2.3 \times 10^6$, $1.8 \times 10^5$, $2.0 \times 10^4$, and $9.8 \times 10^2$/25 cm²). The deposition of bacteria on the SCS during the touch transfer procedure was significantly lower using moistened cotton gloves compared to native skin (Fig 2B). This observation could be explained by different surfaces area (cotton mesh vs. plain skin) which comes into contact with the SCS as observed by transfer of ink by fingerprints on paper using.

Fig 1. Quantification of bacteria on space bars. Space bars of computer keyboards in (n = 24) and outside (n = 23) hospitals were analyzed for the microbial burden. The boxplot displays the variation of bacterial counts (cfu) per space bar.

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Fig 2. Quantification of bacteria on the PCS (A) and the SCS (B) during the touch transfer procedure. The results of three independent experiments with quantification in double determination are displayed. Serial tenfold dilutions of the stock solution (A, black, number of bacteria used to inoculate the surface of 25 cm$^2$) were dried on the PCS and quantified subsequently (A, dark grey). The number of bacteria on the PCS was also quantified immediately after the uptake of bacteria by the skin of fingers (A, light grey) or by moistened sterile cotton gloves (A, white). The resulting transfer of bacteria to the SCS was quantified immediately after the touch transfer procedure by the skin of fingers (B, light grey) or by moistened sterile cotton gloves (B, white). Mean numbers of bacteria per surface (cfu/25 cm$^2$) are displayed with error bars indicating the standard deviation of the respective means. Statistical significant differences between the number of transferred bacteria by touch transfer using skin or cotton gloves (B) are marked.

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the different transfer methods (data not shown). However, the relative transfer rate remained almost stable with about tenfold difference of bacteria transferred to the SCS from PCS inoculated with tenfold serial solutions of the stock bacterial suspension. Therefore, to be able to investigate more pathogenic bacteria in the future further standardized experiments were performed using moistened cotton gloves only. For these experiments appropriate dilutions of the bacterial stock solution were used to reach the target microbial bioburden of about $10^3$ cfu but less than $10^4$ cfu.

To estimate the reliability of the touch transfer assay, 12 independent investigators (6 female and 6 male persons) were asked to perform the touch transfer between PCS and SCS in ten independent experiments. All investigators except of one male person (m5) reached in average the target microbial bioburden (Fig 3A). After personal feedback to investigator m5 this person reached the target microbial bioburden in additional experiments (data not shown), indicating that the touch transfer assay can be used correctly by a wide variety of investigators.

After establishment of a standardized touch transfer procedure mimicking environmental contamination by contact to human skin several surfaces with confirmed antibacterial activity displayed in a modified ISO 22196 (JIS Z 2801) assay (data not shown) were investigated with ceramic tiles and stainless steel plates as control (Fig 3B).

Significant differences were observed for the spontaneous die off of bacteria on control surfaces. The rate of death was found to be greater on the ceramic tile after 24 h (p<0.05). Matured pure silver surfaces displayed no significant bacterial reduction compared to the control surfaces, whereas freshly roughened pure silver surfaces displayed a significant reduction compared to control surfaces as well as matured silver. Both the commercial antimicrobial films designated to supply antibacterial activity as well as non-antibacterial surfaces displayed no antibacterial activity under the ambient conditions used in the touch transfer assay. The strongest antibacterial activity in the touch transfer assay was observed for a copper alloy surface, which consistently reached values below the threshold of 2.5 cfu/cm$^2$ after 24 h of incubation under dry conditions.

**Discussion**

Under usual ambient air conditions of hospital rooms no condensation of humidity is expected on inanimate surfaces. In contrast, current standardized methods for the analysis of antibacterial activity of solid surfaces in general use mostly planktonic bacterial cells which are kept in thin liquid or agarose layers on tested surfaces [12;13]. Giving tribute to the contact killing mode of copper containing surfaces, individual standardized laboratory methods to demonstrate activity of copper were developed under support of the copper industry. These methods allow desiccation of bacterial inocula in different time periods [14–16]. Additionally, for copper different experimental assays were able to demonstrate antibacterial activity following a “fast desiccation” approach [17;18]. However, none of the cited laboratory methods has considered the dry transfer of bacteria from fomites simulating cross contamination so far.

Prior establishment of an assay representing the transmission, we analyzed the bioburden of frequently touched surfaces to define a commonly observed contamination rate. Thereby, we estimated a contamination of 30 cfu/cm$^2$ on high touch surfaces with a maximum of about 200 cfu/cm$^2$. This data display a higher contamination compared to other studies [20;21]. However, in all studies frequent transgression of the threshold proposed as a microbiologic standards for safer hospital environments ($<2.5$ cfu/cm$^2$) were observed.

In contrast to the low average contamination observed in hospitals, current standardized methods for antimicrobial surfaces use high bacterial inocula with about $10^4$ to $10^9$ cfu/cm$^2$.
Fig 3. Reproducibility of the touch transfer assay (A) and investigation of potential antimicrobial surfaces (B). Six male (m1 to m6) and six female (f1 to f6) persons performed the touch transfer assay following a standard operating procedure. The results of ten independent experiments performed by each person are displayed. For the analysis of potential antimicrobial surfaces quantitative culture from SCS were performed immediately after the touch transfer (0 h, dark grey) and after 24 h of incubation at 22˚C and 50% RH (24 h, light grey). The results of three independent experiments with quantification in double determination are displayed (B). Ceramic tiles and stainless steel plates were used as control. Mean numbers of bacteria per surface (cfu/25 cm²) are displayed with error bars indicating the standard deviation of the respective mean. Statistical significant lower bacterial counts between potential antibacterial surfaces and controls (ceramic tile and stainless steel) as well as between roughened and non-roughened pure silver are marked.

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which do not reflect the typical environmental contamination. For the new assay we defined a
target bioburden of about 40 but less than 400 cfu. This target bioburden is within the range of
the observed worst case scenario and would allow identifying a bacterial killing by antimicro-
bial surfaces of at least one log.

To estimate the transfer rate between surfaces by human skin we analyzed the transfer of
the low pathogenic *E. faecium* ATCC 6057 from a primary contaminated surface (PCS) by dis-
infected skin to a secondary contaminated surface (SCS). It could be demonstrated, that the
relative uptake by skin increased from 28 to 58% with decrease of initial contamination of the
PCS (Fig 2). The deposition of the bacteria to the SCS resulted in almost 10fold differences
from PCS differentially contaminated, indicating a relative stable transfer by human skin.
Moistened cotton gloves displayed similar uptake rates above 50% enabling the use of bacteria
with higher pathogenicity in the future. The transfer to the SCS was significantly lower using
cotton gloves compared to native skin which might be explained by different total surfaces
which comes into contact with the SCS. However, the relative transfer rate remained also sta-
ble (tenfold differences) indicating that the designated target bioburden can be obtained by
adjustment of the contamination of the PCS.

The reliability of the touch transfer assay could be demonstrated by 12 independent investi-
gators (6 female and 6 male persons) who all hit the target microbial bioburden all in average
except of one male person (Fig 3A). Personal feed back was able to adjust the transfer rate to
the target bioburden with this person.

Using the novel established touch transfer assay we investigated several surfaces with con-
firmed antibacterial activity (Fig 3B). A significant antibacterial activity assay was observed for
a copper alloy surface which resulted in almost sterile surfaces after 24 h of incubation under
ambient conditions. In contrast, we were able to demonstrate, that matured pure silver sur-
faces displayed no significant bacterial reduction compared to control surfaces, whereas freshly
roughened pure silver surfaces displayed a significant reduction. Commercially available anti-
microbial films exhibit no antibacterial effect if the touch transfer assay was used. These data
are corroborated by results of a recent review which clearly demonstrated that in contrast to
the huge variety of antimicrobial surfaces on the market only for copper containing surfaces
evidence for the impact of the surfaces on the reduction of hospital acquired infections is given
[22]. For copper containing surfaces, the groups of Salgado and Schmidt were able to demonstr-
strate significant reduction of bacterial surface contamination under commonly observed con-
ditions, even with a significant decrease hospital acquired infections in a study blinded for
control and intervention rooms [23–27]. These results under field conditions could be con-
firmed by our observations in the laboratory.

The lack of significant antimicrobial activity in the modified assay as developed here might
have several reasons. In contrast to the original ISO 22196 assay bacteria are maintained in a liq-
uid layer enabling diffusion of antimicrobial compounds. Additionally, a different mode of cells
must be anticipated in the touch transfer assay. During the initial desiccation process on the
PCS the loss of reculturable bacteria was 1.3 log on the surface (25 cm²) indicating transfer and
contamination utilizing the preselection from survivors of desiccation, the whole package of
viable cells, covered with a majority of dead cells, respectively. These organisms adapted to envi-
ronmental stress might display also decreased susceptibility against antimicrobial substances as
observed for antibiotics [28]. In contrast, bacterial inocula for the ISO 22196 assay are highly
adapted to an artificial growth medium, which might lead to increased susceptibility. Strong dif-
ferences in the bacterial inocula might also affect bacterial interaction. In bacterial populations
with high density in an environment which allows diffusion of signal molecules quorum sens-
ing mechanisms lead to differential bacterial behavior [29;30], whereas under conditions used
for the touch transfer assay quorum sensing systems are not expected to be activated.
The new touch transfer assay has also some limitations which might be addressed in future research. The benefit of a typical environmental contamination (low bacterial inocula) does not allow to demonstrate the requested 99 or 99.9% reduction of microorganisms. However, the potential of surfaces to decrease a commonly observed environmental contamination below the threshold of 2.5 cfu/cm² proposed as a standard for increased patient safety, can be investigated and demonstrated by the touch transfer assay.

Additionally, the touch transfer by the hand of individual investigators will always result in less standardization of the transferred cell number compared to defined volumes of liquid suspensions of microorganisms with standardized cell counts. In the future the standardization of the touch transfer assay might be increased using other materials for the transfer procedure like artificial skin [31] instead of moistened cotton gloves. Moreover a higher grade of automation for the transfer (e.g. printing tools) could facilitate the process.

In the future, assays investigating antimicrobial activity should not be adapted to the mode of action of antimicrobial compounds but should mimic commonly observed environmental conditions. Thereby, liquid based assays like the ISO 22196 should be critically be reviewed before claiming antibacterial activity for surfaces, which are in a dry state during normal use of the surface. We suggest the newly developed touch transfer assay as a new additional tool for the assessment of potential antimicrobial surfaces prior utilization in hospital environments. In the future, the transfer of bacteria in the touch transfer assay by sterile cotton gloves allows fulfilling the need to investigate also more pathogenic species like Staphylococcus aureus, including MRSA and other species common in hospital acquired infections.

Supporting information
S1 Table. Data for figures. Excel sheets with the detailed data of the presented figures. (XLSX)

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