Title: A self-report measure of perfectionism: A confirmatory factor analysis of the Swedish version of the Clinical Perfectionism Questionnaire

Authors: Allison Parks; Jakob Clason van de Leur; Marcus Strååt; Fredrik Elfving; Gerhard Andersson; Per Carlbring, Roz Shafran; Alexander Rozental

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Appendix

| Table 6 | Partial correlations between the self-report measures, controlling for Perfectionistic Strivings (n = 223) |
|---------|--------------------------------------------------------------------------------------------------|
|         | CPQ | PS    | PC    | FMPS  | PSt. | CM    | DA    | PC    | PE    | O     | PHQ-9 | GAD-7 | DAS-40 | SC  | BBQ | SCS-SF |
| CPQ     | -   | .86* | .34*  | .21*  | .49*  | .25*  | .08   | .03   | .05   | .27*  | .29*  | .40*  | .40*   | -27*  | -43* |
| PS      | -   | -    | -     | -     | -     | -     | -     | -     | -     | -     | -     | -     | -      | -    | -   | -     |
| PC      | -   | .42* | .20*  | .52*  | .30*  | .17*  | .10   | .01   | .38*  | .37*  | .47*  | .48*  | -27*   | -43*  | -20* |
| FMPS    | -   | .59* | .72*  | .43*  | .72*  | .71*  | .17*  | .20*  | .25*  | .49*  | .54*  | -21*  | -24*   | -20*  | -24* |
| PSt.    | -   | .42* | .21*  | .14*  | .22*  | .31*  | .15*  | .21*  | .20*  | .20*  | .20*  | .05   | -14*   | -20*  | -14* |
| CM      | -   | .34* | .23*  | .16*  | .09   | .30*  | .33*  | .67*  | .70*  | .21*  | .27*  | -15*  | -05    | -05  | -05  |
| DA      | -   | .08  | .00   | .12   | .16*  | .28*  | .28*  | .32*  | .22*  | .12   | .10   | .10   | -10    | -10  | -10  |
| PC      | -   | .81* | .04   | .05   | .21*  | .27*  | .15*  | -.05  | -.05  | .00   | .09   | .00   | .02    | -.05  | -.05 |
| PE      | -   | .01  | .12   | -.05  | -.05  | .00   | .02   | -.05  | -.05  | -.05  | -.05  | -.05  | -.05   | -.05  | -.05 |
| O       | -   | 41*  | .71*  | -.24* | -.28* | -.28* | -.28* | -.28* | -.28* | -.28* | -.28* | -.28* | -.28*   | -.28* | -.28* |
| PHQ-9   | -   | .31* | .30*  | -.28* | -.28* | -.28* | -.28* | -.28* | -.28* | -.28* | -.28* | -.28* | -.28*   | -.28* | -.28* |
| GAD-7   | -   | .91* | .82*  | -.27* | -.27* | -.49* | -.49* | -.49* | -.49* | -.49* | -.49* | -.49* | -.49*   | -.49* | -.49* |
| DAS-40  | -   | .72* | .72*  | .72*  | .72*  | .72*  | .72*  | .72*  | .72*  | .72*  | .72*  | .72*  | .72*    | .72*  | .72* |
| SC      | -   | .25* | .40*  | -.26* | -.26* | -.26* | -.26* | -.26* | -.26* | -.26* | -.26* | -.26* | -.26*   | -.26* | -.26* |
| BBQ     | -   | .32* | .32*  | .32*  | .32*  | .32*  | .32*  | .32*  | .32*  | .32*  | .32*  | .32*  | .32*    | .32*  | .32* |
| SCS-SF  | -   | -    | -     | -     | -     | -     | -     | -     | -     | -     | -     | -     | -      | -    | -    |

CPQ = Clinical Perfectionism Questionnaire; PS = Perfectionistic Strivings; PC = Perfectionistic Concerns; FMPS = Frost Multidimensional Perfectionism Scale; PSt. = Personal Standards; CM = Concern over Mistakes; DA = Doubts about Action; PC = Parental Criticism; PE = Parental Expectations; O = Organization; PHQ-9 = Patient Health Questionnaire; GAD-7 = Generalized Anxiety Disorder; DAS-40 = Dysfunctional Attitude Scale; SC = Self-Criticism; BBQ = Brunnsviken Brief Quality of Life Scale; SCS-SF = Self-Compassion Scale - Short Form

* p < .05

Based on the best fitting model in the current study, i.e., Stoeber and Damian (2014), without reversed items and with item 7 belonging to the factor perfectionistic concerns.
Table 7
Partial correlations between the self-report measures, controlling for Perfectionistic Concerns (n = 223)

|        | CPQ    | PS     | PC     | FMPS   | Pst.   | CM     | DA     | PC     | PE     | O      | PHQ-9   | GAD-7   | GAD-40  | SC     | BBQ    | SCS-SF |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--------|-------|
| CPQ    | -      | -.90*  | -      | .18*   | .35*   | .06    | .08    | .07    | .05    | .26*   | .02    | .11    | .10    | .06   | .02    | -.09  |
| PS     | -      | -.41*  | -      | .21*   | .36*   | .01    | .10    | .14*   | .12    | .26*   | .07    | .15*   | .12    | .08   | .06    | -.00  |
| PC     | -      | -      | -      | -      | -      | -      | -      | -      | -      | -      | -      | -      | -      | -     | -      | -     |
| FMPS   | -      | -.60*  | -.63*  | .36*   | .73*   | .74*   | .23*   | .07    | .14*   | .37*   | .42*   | .16    | .10    |       |       |       |
| Pst.   | -      | -.36*  | -.19*  | .15*   | .24*   | .38*   | .10    | .19*   | .15*   | .14*   | .03    | .07    |       |       |       |       |
| CM     | -      | -.22*  | -.17*  | .12    | .10    | .13    | .18*   | .57*   | .60*   | -.08   | -.27*  |       |       |       |       |       |
| DA     | -      | -.05   | -.03   | .14*   | .06    | .20*   | .17*   | .22*   | -.07   |       |       |       |       |       |       |       |
| PC     | -      | -.81*  | -.07   | -.01   | .01    | .16*   | .23*   | -.10   | .01    |       |       |       |       |       |       |       |
| PE     | -      | -.09   | -.05   | -.07   | .07    | .09    | .07    | .07    | .03    |       |       |       |       |       |       |       |
| O      | -      | -.02   | -.16*  | -.03   | -.08   | .02    | .02    | .03    |       |       |       |       |       |       |       |       |
| PHQ-9  | -      | -.66*  | -.14*  | .18*   | -.19*  | -.10   |       |       |       |       |       |       |       |       |       |       |
| GAD-7  | -      | -.18*  | -.16*  | -.19*  | -.13*  |       |       |       |       |       |       |       |       |       |       |       |
| GAD-40 | -      | -.89*  | -.16*  | -.37*  |       |       |       |       |       |       |       |       |       |       |       |       |
| SC     | -      |       |       | -.14*  | -.26*  |       |       |       |       |       |       |       |       |       |       |       |
| BBQ    | -      |       |       |       | .24*   |       |       |       |       |       |       |       |       |       |       |       |
| SCS-SF | -      |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |

CPQ = Clinical Perfectionism Questionnaire; PS = Perfectionistic Strivings; PC = Perfectionistic Concerns; FMPS = Frost Multidimensional Perfectionism Scale; Pst. = Personal Standards; CM = Concern over Mistakes; DA = Doubts about Action; PC = Parental Criticism; PE = Parental Expectations; O = Organization; PHQ-9 = Patient Health Questionnaire; GAD-7 = Generalized Anxiety Disorder; DAS-40 = Dysfunctional Attitude Scale; SC = Self-Criticism; BBQ = Brunsviken Brief Quality of Life Scale; SCS-SF = Self-Compassion Scale-Short Form
*p < .05

Based on the best fitting model in the current study, i.e., Stoebber and Damian (2014), without reversed items and with item 7 belonging to the factor perfectionistic concerns

**English and Swedish Translations of the Clinical Perfectionism Questionnaire**

| English                                                                 | Swedish                                                                 |
|------------------------------------------------------------------------|------------------------------------------------------------------------|
| 1. Have you pushed yourself really hard to meet your goals?             | 1. Har du pressat dig själv riktigt hårt för att nå dina mål?         |
| 2. Have you tended to focus on what you have achieved, rather than on what you have not achieved? (R) | 2. Har du haft en tendens till att fokusera på det du uppnått snarare än det du inte uppnått? (R) |
| 3. Have you been told that your standards are too high?                | 3. Har du fått hörta av andra att du ställer för höga krav på dig själv? |
| 4. Have you felt a failure as a person because you have not succeeded in meeting your goals? | 4. Har du känt dig misslyckad som person för att du inte lyckats nå dina mål? |
| 5. Have you been afraid that you might not reach your standards?       | 5. Har du varit rädd för att inte lyckas leva upp till dina krav? |
| 6. Have you raised your standards because you thought they were too easy? | 6. Har du höjt kraven på dig själv på grund av att du tycker att de har varit för lått att nå? |
| 7. Have you judged yourself on the basis of your ability to achieve high standards? | 7. Har du dömt dig själv utifrån hur väl du lyckas att nå dina höga krav? |
| 8. Have you done just enough to get by? (R)                            | 8. Har du gjort precis bara det som krävs för att klara dig? (R)      |
| 9. Have you repeatedly checked how well you are doing at meeting your standards (for example, by comparing your performance with that of others)? | 9. Har du vid upprepade tillfällen kontrollerat hur väl du har klarat att leva upp till dina krav (exempelvis genom att jämföra din prestation med andra)? |
| 10. Do you think that other people would have thought of you as a “perfectionist”? | 10. Tror du att andra personer har tänkt att du är en ”perfektionist”? |
| 11. Have you kept trying to meet your standards, even if this has meant that you have missed out on things? | 11. Har du fortsatt att sträva mot att leva upp till dina krav, även om det har inneburit att du har missat andra saker i livet? |
| 12. Have you avoided any tests of your performance (at meeting your goals) in case you failed? | 12. Har du undvikit situationer där dina prestationer ska bedömas för att du har varit rädd för att misslyckas? |

(R) = Reversed items