Hydrogen peroxide: a Jekyll and Hyde signalling molecule

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Reactive oxygen species (ROS) are a family of molecules produced in the cell through metabolism of oxygen. Endogenous ROS such as hydrogen peroxide (H$_2$O$_2$) have long been recognised as destructive molecules. The well-established roles they have in the phagosome and genomic instability has led to the characterisation of these molecules as non-specific agents of destruction. Interestingly, there is a growing body of literature suggesting a less sinister role for this Jekyll and Hyde molecule. It is now evident that at lower physiological levels, H$_2$O$_2$ can act as a classical intracellular signalling molecule regulating kinase-driven pathways. The newly discovered biological functions attributed to ROS include proliferation, migration, anoikis, survival and autophagy. Furthermore, recent advances in detection and quantification of ROS-family members have revealed that the diverse functions of ROS can be determined by the subcellular source, location and duration of these molecules within the cell. In light of this confounding paradox, we will examine the factors and circumstances that determine whether H$_2$O$_2$ acts in a pro-survival or deleterious manner.

Keywords: NADPH oxidase; reactive oxygen species; redox signalling

Abbreviations: ROS, reactive oxygen species; H$_2$O$_2$, hydrogen peroxide; O$_2^-$, superoxide; OH$^-$, hydroxyl radical; Nox, NADPH oxidase; FAD, flavin adenine dinucleotide; DCFH$_2$DA, dichlorodihyrofluorescein diacetate; DHE, dihydroethidium; DHR, dihydrorhodamine; GFP, green fluorescent protein; roGFP, reduction–related protein-4 acetate; EGFR, epidermal growth factor receptor; WRN, Werner protein gene; BLT2, leukotriene-B4 receptor-2; ECM, extracellular matrix; ANGPTL4, angiopoietin-related protein-4

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the 90s and 00s. Gene profiling of gp91phox; identification of seven Nox isoforms (Nox1–5 and Duox1 and 2) and subunits (p67phox, p47phox, p40phox, and Rac1/2); and prolific expression of these enzymes in non-phagocytic cell types became clear through the work of David Lambeth and others. It was demonstrated that Nox enzymes have a fundamental role in numerous physiological processes, including survival signalling.

Pivotal to this expanding field of research was elucidating the precise mechanism through which H$_2$O$_2$ and other ROS could modulate signalling pathways. The widely accepted hypothesis proposed by the Tonks group describes reversible inhibition of phosphatases that negatively regulate signalling cascades through oxidation of redox-sensitive cysteine residues. We now know that ROS have opposing roles in the cell under specific conditions. This review will examine factors such as source and site of H$_2$O$_2$ formation to further discuss this conflicting role of cellular ROS.

**Cellular ROS Generation**

Nox enzymes, activated by various growth factors and cytokines, generate H$_2$O$_2$ or O$_2$– for signalling processes such as proliferation, migration and survival. Several other sources of endogenous ROS exist such as mitochondria, xanthine oxidase, lipoxygenase and myeloperoxidase. Notably, they fail to show the diverse physiological functions attributed to the Nox family, and hence, will not be discussed further.

The original hypothesis of Nox-mediated ROS generation is based on the gp91phox/Nox2 prototype characterising Nox proteins as integral membrane proteins (Figure 1). Six transmembrane domains form a channel to allow successive transfer of electrons. Electrons are transferred from NADPH (converting it to NADP$^+$) to flavin adenine dinucleotide (FAD) to haeme and finally to oxygen to form superoxide. Neutrophil stimulation leads to the assembly of an active Nox2 complex at the plasma membrane. This complex comprises a catalytic subunit, the integral membrane protein gp91phox and a p22phox subunit. Activation of this catalytic core relies on the recruitment of several cytosolic protein subunits. This complex then releases O$_2$– at micromolar concentrations into the phagosome, killing the pathogen, a process known as the respiratory burst. By contrast, little is known about the assembly/activation of the other Nox-family members. Cytokines and growth factors induce ROS production through activation of locally recruited Noxs in non-phagocytic cell types. Nox1, 2, 3 and 5 produce O$_2$–, whereas Duox1 and 2, and more recently Nox4, are known to produce H$_2$O$_2$ directly because to a peroxidase-like domain at their N-terminus. The consequence of differential production of ROS members by Nox enzymes has yet to be established.

Accurate quantification and localisation of H$_2$O$_2$ have been the rate-limiting factors in ROS cell signalling research. This stumbling block is further compounded by recent evidence suggesting that H$_2$O$_2$ is not as freely diffusible as once thought. Miller et al demonstrated that aquaporin-3 regulated the transmembrane movement of Nox-derived H$_2$O$_2$. The most prevalent method of imaging biological ROS is through use of fluorescent redox-sensitive dyes such as 2’,7’-dichlorofluorescin diacetate or similar (dihydroethidium, dihydrorhodamine, MitoSox Red and Amplex Red) (Figure 2). Widely acknowledged reservations exist regarding specificity, cell/tissue uptake and subcellular diffusion dynamics of fluorescent dyes that demand cautious interpretation. Fluorescent probes such as green fluorescent protein (GFP) and variants (e.g., reduction–oxidation-sensitive GFP (roGFP) and hydrogen peroxide sensor (HyPER)) incorporate redox-sensitive cysteines, becoming fluorescent in the presence of particular ROS. The advantages of fluorescent probes include greater sensitivity and specificity, signal reversibility and easy modification with targeting sequences to allow subcellular expression, for example,
endoplasmic reticulum. Further developments include generation of transgenic animals expressing these redox-sensitive proteins, thus creating invaluable in vivo models, for example, zebrafish. Several cell-free assays have been used to measure O₂⁻ and H₂O₂ production as a reflection of Nox activity, yet these methods shed little light on H₂O₂ as a second messenger molecule in subcellular domains.

We now understand that non-phagocytic Nox enzymes are no longer confined to the plasma membrane. They have been identified in numerous subcellular compartments such as the endoplasmic reticulum, nucleus and mitochondria. The seven Nox isoforms show a complex heterogeneity in which one or more isoforms may be located in several subcellular compartments within a single cell type. This expression profile is echoed by the varied subcellular expression levels of both antioxidant enzymes and redox-sensitive protein targets.

Table 1: Enzymatic antioxidants

| Enzymatic antioxidant       | Cellular location           | Substrate                | Reaction                                      |
|-----------------------------|----------------------------|--------------------------|-----------------------------------------------|
| Superoxide dismutase (Mn/Cu/ZnSOD) | Mitochondrial matrix (MnSOD) | Superoxide (O₂⁻)       | O₂⁻ → H₂O₂                                    |
| Catalase                    | Cytosol (Cu/ZnSOD)         | Hydrogen peroxide (H₂O₂) | 2H₂O₂ → O₂ + H₂O                             |
| Glutathione peroxidase (GPX) | Peroxisomes                | Hydrogen peroxide (H₂O₂) | H₂O₂+GSH → GSSG+H₂O                           |
| Peroxiredoxin I → VI (Prx)  | Cytosol                    | Hydrogen peroxide (H₂O₂) | H₂O₂+TrxS₂ → Trx(Sh)₂+H₂O                     |

Superoxide dismutases (SODs) catalyse the breakdown of superoxide into oxygen and H₂O₂. These enzymes, located in the cytosol and mitochondria, require a metal ion cofactor, copper (Cu), zinc (Zn) or manganese (Mn). Catalase is localised to the peroxisome, where it converts H₂O₂ to water and oxygen. Glutathione peroxidases are a large family of enzymes that reduce H₂O₂ to water. They are found both in the cytoplasm and extracellularly in almost every human tissue. Prxs catalyse the reduction of H₂O₂, organic hydroperoxides as well as peroxynitrite (ONOO⁻). Please note that several non-enzymatic antioxidants exist, including thioredoxin; vitamin A, C and E; and melatonin. The varied expression profiles, subcellular locations and substrates of the above mentioned antioxidant systems reflect the complex nature of ROS biology. It is clear that they are vital to escape oxidative damage and ensure cell survival.
Redox Protein Targets

Understanding the mechanism through which \( \text{H}_2\text{O}_2 \) modulates signalling pathways is paramount to unearthing the signalling role of Noxs. In keeping with Nox activity, finely controlled, modest fluctuations of the cellular redox status have been shown to be capable of reversible modulation of signalling cascades. Three principal mechanisms of survival pathway activation have been proposed: (a) inhibition of phosphatases, (b) activation of tyrosine kinases and (c) transcription factor activation (Figure 3).

A large body of evidence identifies cysteine residues as the most likely targets of Nox-generated ROS. Reversible oxidation of cysteine residues occurs when sulphenic acid intermediates (Cys-SOH) are formed. Reversal of this reaction is mediated by incubation with thiol compounds. Interestingly, this process of protein reduction is thought to be equally significant as Nox enzymes in the redox regulation of signalling pathways. Importantly, exposure of the highly conserved cysteine residue to excessive ROS leads to irreversible oxidation of the cysteine residue to sulphonic and sulphonic acid, a process that often accompanies cell death/injury processes. Several signalling pathways are driven by protein tyrosine kinases (PTKs) through phosphorylation. By contrast, phosphatases dephosphorylate signalling proteins, resulting in their inactivation. Phosphatases, a structurally diverse family of receptor-like non-transmembrane enzymes, target specific substrates in vivo and are critical regulators of signalling pathways. The phosphatase super-family includes protein tyrosine phosphatases (PTPs), dual-specificity phosphatases (DSPs) and serine/threonine phosphatases. PTPs, including PTP-1B, SHP1 and SHP2, represent the best-characterized in vivo targets of Nox-mediated \( \text{H}_2\text{O}_2 \) signalling. The PTP signature motif, HC(X)5R(S/T), creates a unique environment for the catalytic cysteine residue. The presence of a conserved arginine residue confers an unusually low pKₐ, hence rendering the cysteine residue highly susceptible to oxidation. Oxidation of the cysteine residue results in inhibition of activity because the modified cysteine can no longer function as a phosphate acceptor. Co-localization of Nox4 and PTP-1B at the endoplasmic reticulum results in enhanced extracellular signal-regulated (ERK) signalling and proliferation upon reversible cysteine oxidation. Nox2 activity has been shown to inactivate SHP2 phosphatases thus enhancing erythropoietin (EPO)-induced STAT5 (signal transducer and activator of transcription-5) signalling. Oxidative inhibition of DSPs such as phosphatase and tensin homologue (PTEN) and cdc25 results in the formation of a disulphide bond between oxidised cysteines inactivating phosphatase activity and furthermore preventing irreversible oxidation. Oxidative inhibition, for example by Nox1, prevents PTEN-mediated dephosphorylation of lipid phosphatidylinositol triphosphate-3 (PIP3) to PIP2, allowing recruitment of PIP-containing proteins to the plasma membrane, thus augmenting PI3K/AKT survival signalling. The Ser/Thr phosphatases (PP1, PP2A, PP2B and PP2C) dephosphorylate serine and threonine, which are the main phosphorylation sites in the transduction of the kinase-driven PI3K/AKT survival pathway. We demonstrated that BCR-ABL-
induced Nox4 expression led to attenuation of PP2A activity and consequent upregulation of PI3K/AKT signalling.44 Evidence also exists for ROS-mediated activation of PTKs such as Src. For example, upon cell attachment to the extracellular matrix (ECM) and associated generation of H2O2, the tyrosine kinase Src becomes oxidised at two cysteine residues and thus becomes activated.45 Moreover, antioxidant treatment of cells that express an oncogenic form of Src (v-Src), or mutation of v-Src cysteine residues, reduces the potency of v-Src to transform cells.46 ROS induction of gene expression has been extensively investigated. ROS-mediated expression of tumour necrosis factor-α (TNF-α), transforming growth factor-β1 (TGF-β1), angiotensin and others occurs by two distinct pathways, either downstream from signalling pathways described earlier (e.g., MAPK) or through redox-sensitive transcription factors, (e.g., NF-κB, hypoxia-inducible factor-1α (HIF-1α), p53 and activating protein-1 (AP-1)).14 These transcription factors contain cysteine residues in their DNA-binding domains thus rendering them susceptible to oxidative modulation. It has been shown that Src-mediated activation of HIF-1α occurs through Nox-generated ROS and not by direct phosphorylation as previous thought.47 H2O2 can modulate enzyme activity by several differing mechanisms (Figure 3). Identification of specific protein targets of Nox-mediated ROS is vital to delineating their ever-expanding roles in cellular signalling pathways.

Growth Factor-Induced ROS Generation

Nox activity increases upon stimulation of the relevant receptors and regulates many downstream survival signalling pathways, including PI3K/AKT and MAPK.48 Signalling mechanisms coupling growth factor receptor activation to Nox activity remain largely unknown. Nox activation in non-phagocytic cell types varies considerably and continually drifts away from the prototypical Nox2 paradigm.49 Various triggers result in Nox-mediated H2O2 generation by either (a) stimulating Nox isoform activity by recruiting or inducing various Nox regulatory subunits, or (b) by triggering Nox isoform expression.

Numerous stimuli increase non-phagocytic Nox expression. Given the large amount of contrasting data, induced expression of particular Noxes appears to be both stimulus and cell type-specific. Nox1 transcription is upregulated by growth factors receptors (platelet-derived growth factor (PDGF)), inflammatory mediators (interferon-γ (IFN-γ)), pathogenic molecules (lipopolysaccharide (LPS)), vitamin D3 and hypoxia (HIF-1α). GATA-6 and STAT1 have both been implicated in the transcriptional regulation of Nox1.51 Nox4 expression occurs in a plethora of cell types, including pancreatic, vascular smooth muscle (VSMC) and myeloid cell lines.49 Activators of Nox4 transcription in smooth muscle cells include urokinase, plasminogen activator, angiotsin-II, TGF-β1 and TNF-α.51 Currently, there are little data regarding Nox4-related transcription factors and promoter structures. Duox1 and Duox2 are widely and differentially expressed throughout most human tissues. Induction of Duox1 and Duox2 expression has been elicited in response to Th1 and Th2 dominant cytokines, respectively.52 Interestingly, regulation of Duox expression in animal models by pathways such as cAMP have failed to correlate with human cell lines/tissues.53 Despite studies identifying Duox promoter regions, a void remains pinpointing relevant transcription factors. Expression of Nox3 and Nox5 has been documented in various human tissues; however, characterisation of specific promoter regions and transcription factors remains unchecked.

Upregulation of Nox activity accounts for growth-factor-induced ROS production in most cases of Nox pro-survival signalling. Nox1 and Nox3 tend to follow the original Nox2 model such that a stimulus triggers the formation of the active Nox complex, coupled with various combinations of protein subunits. These activating cytoplasmic proteins include p22phox, p47phox and homologue NoxO1, p67phox and homologue NoxA1, and Rac1/2.43 Activation of these sub-units appears to rely heavily on phosphorylation by specific kinases. A resultant increase in Nox activity in response to subunit phosphorylation has only been demonstrated in the case of p47phox and Rac. Phosphorylation of p47phox by specific kinases (protein kinase-C (PKC), p38 MAPK, p21-activated kinase), removes its inherent auto-inhibition, allowing p47phox to bind to the cytoplasmic tail of p22phox, activating the Nox complex.52 Rac1/2 is a small RhoGTPase and can be bound to GDP, making it inactive, or to GTP, making it active. Guanine nucleotide exchange factors (GEFs) and guanine-activating proteins (GAPs) promote and inhibit Rac1/2 binding, respectively.15 Nearly 200 different GAPs and GEFs have been identified thus reflecting the complexity of potential Nox activation mechanisms in Rac-dependent Nox1&2 alone. p22phox is known to associate with Nox4; however, whether it is required for ROS generation is uncertain. A novel p22phox-interacting protein, poldip2, has recently been shown to activate Nox4 in VSMC lines.55 By contrast, some groups claim that Nox4 is constitutively active and regulated by expression alone.56 Nox5, Duox1 and Duox2 are activated by increased calcium concentrations, owing to EF-hand Ca2+ -binding domains. It has been shown that calcium binding triggers a conformational change at the N-terminal, thus permitting transfer of electrons.57 Jagannandan et al.58 showed that phorbol-12-myristate-13-acetate (PMA)-induced ROS led to the phosphorylation of Nox5, increasing sensitivity to calcium, promoting activation at lower calcium concentrations. Although recent papers describe Nox5 regulation by PKA, PKC, PIP2 and c-Abl, activation of Nox5 by factors other than calcium remains unclear.59 Similar to Nox4 activation, the necessity for Duox–p22phox binding is of uncertain consequence.60 The novel growth factor receptor–Nox relationship continues to show exquisite heterogeneity, currently masking any potential mechanism that may transcend the spectrum of stimuli and Nox isoforms described.

Nox Disease Links

The link between Nox activity and the pathogenesis of acute and chronic diseases has been well-described.61 Cancerous cells have been frequently associated with overproduction of ROS accounted for by elevated expression and activity of Nox enzymes downstream from constitutively active growth factor.
receptors. Nox enzymes are inherent to processes synonymous with tumour phenotypes such as enhanced survival signalling, proliferation, angiogenesis and metastasis owing to a novel oncogene–Nox relationship.

Several oncogenes and constitutively active growth factor receptors are known to upregulate both Nox activity and expression, including Ras, Flt3 and BCR-ABL, by mechanisms described in the previous section. Jung et al. demonstrated the oncogenic effect of translationally controlled tumour protein (TCTP) in breast cancer cells. Augmented Nox activity/expression correlated with upregulated epidermal growth factor receptor (EGFR), PI3K/AKT, ERK activity and matrix metalloproteinase expression. This exemplifies not only the unique oncogene–Nox relationship, but also the many Nox-driven processes underlying tumour progression. Upregulation of Nox1 and increased Nox1 mRNA levels have been shown to correlate well with oncogenic mutations in K-Ras. FLT3-ITD receptors maintain Nox signalling by phosphorylating STAT5, which colocalises to Rac1, thus regulating the activity of Nox1 and Nox2.

The setting of elevated ROS production, termed oxidative stress, has long been known to promote genomic instability, augmenting favourable growth mutations and chemoresistance. Nox2 activity-induced genomic instability was responsible for the tumour-promoting mechanism of the oncogenic Epstein–Barr virus (EBV) nuclear antigen (EBNA)-1. The recognised internal tandem duplication mutation of the FLT3 receptor (FLT3-ITD) augmented Nox-generated ROS, leading to elevated double-stranded DNA break frequency. Slupianek et al. highlighted a bimodal mutagenic effect of BCR-ABL through induction of Nox-mediated DNA damage coupled with dysregulation of DNA-repair mechanisms by Werner protein gene (WRN) activation. Clearly, Nox-generated ROS under certain conditions can potentially promote genomic instability irrespective of their intended protein targets.

Several tumour cell types also demonstrate increased antioxidant capacity correlating well with oxidative stress, suggesting that enhanced antioxidant activity is necessary for tumour progression. H-Ras-transformed cells, known to produce high levels of ROS, also expressed elevated levels of Prx1 and thioredoxin peroxidase when compared with their benign parental cells. In melanoma cells, pro-survival c-Myc was shown to upregulate GSH, conferring survival benefit. Interestingly, this adaptive upregulation of antioxidant enzymes is also known to confer chemoresistance to cancer cells when exposed to certain chemotherapeutic drug classes, for example, taxanes.

Given the exaggerated nature of tumour cell survival pathways, the majority of studies describing pro-survival Nox signalling involve cancer cell types. Mochizuki et al. showed that Nox4 activated the AKT/ASK1 pathway in pancreatic PANC1 tumour cells. Nox4 also has a role in NF-κB survival signalling in melanoma cells. Ras is known to promote invasion and metastasis through a unique pathway in which leukotriene-B4 receptor-2 (BLT2) stimulated Nox1, activating NF-κB and leading to a subsequent upregulation of matrix metalloproteinase-9.

While most literature implicating Nox survival signalling appears to lack coherency, its role in protection from anoikis is well elucidated. Anoikis is the apoptotic process induced by loss of contact with the ECM observed typically in non-transformed adherent cells. Integrin activation through ECM–cell contact stimulates Rac1-dependent intracellular ROS production during cell spreading. The proposed target of the ROS, the tyrosine kinase, Src, participates in the crosstalk between ECM contact and the propagation of survival signalling. Oxidised Src then promotes ligand-independent phosphorylation and activation of EGFR. Downstream signalling through ERK and Akt pathways results in the phosphorylation and degradation of the pro-apoptotic protein Bim, thus escaping apoptosis. It was recently demonstrated that angiopoietin-related protein-4 (ANGPTL4)-stimulated Nox1 activity can mimic anchorage-dependent growth conditions in tumour cells, thus aiding metastasis.

Nox enzymes can have two distinct roles with regard to oncogene-driven tumour promotion. It is likely that genomic instability in the setting of increased Nox activity exists as an off-target effect. The subcellular localisation, and particularly, the proximity to the nucleus of the relevant Nox enzymes, may hold the answer to this bimodal pro-survival effect.

**Future Perspectives**

It is clear that Nox-generated H2O2 can have opposing roles in the cell owing to its novel second messenger status. The initiation and propagation of pro-survival signalling in response to ROS relies heavily on subcellular location of Nox enzymes as well as on stimulus and cell type. Several mechanisms exist through which ROS can potentially modulate signalling by oxidation. Importantly, several aspects of ROS signalling remain uncertain. The uncertainty regarding intracellular H2O2 diffusion dynamics demands clarification. The recent aquaporin-3 data coupled with the exquisite specificity of ROS signalling explicitly contradict the widely, and perhaps blindly, accepted ‘freely diffusible’ theory of H2O2. Furthermore, identification of specific ROS protein targets together with compartmentalisation of Nox activity will uncover the unique mechanisms by which Noxes regulate various cellular signalling pathways. Finally, enormous potential exists for therapeutic manipulation of the Nox-driven mechanisms of tumour promotion described earlier. In light of the disappointing performance of antioxidants in the clinical chemotherapeutic arena, targeted Nox isoform inhibition represents a novel anticancer strategy in the future.

**Conflict of Interest**

The authors declare no conflict of interest.

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