Metric gluing of Brownian and \(\sqrt{8/3}\)-Liouville quantum gravity surfaces

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Abstract

In a recent series of works, Miller and Sheffield constructed a metric on \(\sqrt{8/3}\)-Liouville quantum gravity (LQG) under which \(\sqrt{8/3}\)-LQG surfaces (e.g., the LQG sphere, wedge, cone, and disk) are isometric to their Brownian surface counterparts (e.g., the Brownian map, half-plane, plane, and disk). We identify the metric gluing of certain collections of independent \(\sqrt{8/3}\)-LQG surfaces with boundaries identified together according to LQG length. In particular, we show that if two quantum wedges \(W^-\), \(W^+\) are conformally welded together according to LQG length to obtain another quantum wedge \(W\) decorated by an independent SLE\(_{8/3}\)-type curve, then the \(\sqrt{8/3}\)-LQG metric on \(W\) is equal to the metric gluing of the \(\sqrt{8/3}\)-LQG metrics on \(W^-, W^+\). We prove similar statements for a number of other natural gluing operations for \(\sqrt{8/3}\)-LQG surfaces.

Our results imply that the metric gluing of two independent instances of the Brownian half-plane along their positive boundaries is isometric to a certain \(\sqrt{8/3}\)-LQG wedge decorated by an independent chordal SLE\(_{8/3}\) curve. If one identifies the two sides of the boundary of a single Brownian half-plane, one obtains a certain \(\sqrt{8/3}\)-LQG cone decorated by an independent whole-plane SLE\(_{8/3}\). If one identifies the entire boundaries of the two Brownian half-plane instances, one obtains a different \(\sqrt{8/3}\)-LQG cone and the interface between them is a two-sided variant of whole-plane SLE\(_{8/3}\).

Combined with another work of the authors, the present work identifies the scaling limit of self-avoiding walk on random quadrangulations with SLE\(_{8/3}\) on \(\sqrt{8/3}\)-LQG.

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1 Introduction

1.1 Overview

For $\gamma \in (0, 2)$, a Liouville quantum gravity (LQG) surface is (formally) a random Riemann surface parameterized by a domain $D \subset \mathbb{C}$ whose Riemannian metric tensor is $e^{\gamma h(z)} \frac{dx}{\sqrt{g}} \otimes \frac{dy}{\sqrt{g}}$, where $h$ is some variant of the Gaussian free field (GFF) on $D$ and $dx \otimes dy$ denotes the Euclidean metric tensor. Liouville quantum gravity surfaces are conjectured to arise as the scaling limits of various random planar map models; the case $\gamma = \sqrt{8/3}$ corresponds to uniformly random planar maps, and other values of $\gamma$ are obtained by weighting by the partition function of an appropriate statistical mechanics model (see [She16b, KMSW15, GKM16] for examples of such statistical mechanics models). This has so far been shown to be the case for $\gamma = \sqrt{8/3}$ with respect to the Gromov-Hausdorff topology in the works [Le 13, Mie13] and [MS15a, MS15b, MS15c, MS16a, MS16b] and for all $\gamma \in (0, 2)$ in the so-called peanosphere sense in [She16b, KMSW15, GKM16] and [DMS14].

Since $h$ is only a distribution (i.e., generalized function) and does not have well-defined pointwise values, this object does not make rigorous sense. However, it was shown by Duplantier and Sheffield [DS11] that one can rigorously define the volume measure associated with an LQG surface. More specifically, there is a measure $\mu_h$ on $D$, called the $\gamma$-LQG measure, which is the a.s. limit of regularized versions of $e^{\gamma h(z)} dz$, where $dz$ is the Euclidean volume form. One can similarly define the $\gamma$-LQG length measure $\nu_h$ on certain curves in $D$, including $\partial D$ and Schramm’s [Sch00] SLE$_{\kappa}$-type curves for $\kappa = \gamma^2$ [She16a].

The LQG measures $\mu_h$ and $\nu_h$ are conformally covariant in the following sense. If $D, \tilde{D} \subset \mathbb{C}$, $\phi : \tilde{D} \to D$ is a conformal map, and we set

$$\tilde{h} = h \circ \phi + Q \log |\phi'|,$$

then $\mu_h$ is the pushforward of $\mu_{\tilde{h}}$ and $\nu_h$ is the pushforward of $\nu_{\tilde{h}}$ under $\phi$ [DS11, Proposition 2.1]. Hence it is natural to view pairs $(D, h)$ and $(\tilde{D}, \tilde{h})$ which differ by a transformation as in (1.1) as different parameterizations of the same LQG surface.

In the recent works [MS15a, MS15b, MS15c, MS16a, MS16b], Miller and Sheffield showed that in the special case when $\gamma = \sqrt{8/3}$, an LQG surface is equipped with a natural metric (distance function) $d_h$, so can be interpreted as a random metric space. This metric $d_h$ is also invariant under transformations of the form (1.1), so is a functional of the quantum surface itself, not the particular choice of parameterization. We will review the construction of $d_h$ in Section 2.2.

In this paper we will be interested in several particular types of $\sqrt{8/3}$-LQG surfaces which are defined in [DMS14]. These include quantum spheres, which are finite-volume LQG surfaces (i.e., the total mass of the $\sqrt{8/3}$-LQG measure $\mu_h$ is finite) parameterized by the Riemann sphere $\mathbb{C} \cup \{\infty\}$; quantum disks, which are finite-volume LQG surfaces with boundary; $\alpha$-quantum cones for $\alpha < Q$ (with $Q$ as in (1.1) for $\gamma = \sqrt{8/3}$), which are infinite-volume LQG surfaces homeomorphic to $\mathbb{C}$; and $\alpha$-quantum wedges for $\alpha < Q + \frac{1}{2} \sqrt{8/3}$, which are infinite-volume LQG surfaces with infinite boundary. We will review the definitions of these particular types of quantum surfaces in Section 1.2.2 below.

The Brownian map [Le 13, Mie13] is a continuum random metric space which arises as the scaling limit of uniform random planar maps, and which is constructed using a continuum analog of the Schaeffer bijection [Sch97]. We refer to the surveys [Le 14, Mie09] for more details about this object. One can also define Brownian surfaces with other topologies, such as the Brownian half-plane, which is the scaling limit of the uniform infinite half-planar quadragulations [GM16b, BM16]; the Brownian plane [CL14], which is the scaling limit of the uniform infinite planar quadragulation; and the Brownian disk [BM15], which is the scaling limit of finite quadragulations with boundary. It is shown in [MS16a, Corollary 1.5] (or [GM16b, Proposition 1.10] in the half-plane case) that each of these Brownian surfaces is isometric to a certain special $\sqrt{8/3}$-LQG surface, i.e. one can couple the two random metric spaces in such a way that there a.s. exists an isometry between them. It is shown in [MS16b] that in fact that the $\sqrt{8/3}$-LQG structure is a measurable function of the Brownian surface structure and it follows from the construction in [MS15b, MS16a] that the converse holds. In particular,

- The Brownian map is isometric to the quantum sphere;
- The Brownian disk is isometric to the quantum disk;
• The Brownian plane is isometric to the $\sqrt{8/3}$-quantum cone;
• The Brownian half-plane is isometric to the $\sqrt{8/3}$-quantum wedge.

Furthermore, the isometries are such that the $\sqrt{8/3}$-LQG area measure is pushed forward to the natural volume measure on the corresponding Brownian surface and (in the case of the disk or half-plane) the $\sqrt{8/3}$-LQG boundary length measure is pushed forward to the natural boundary length measure on the Brownian disk or half-plane. That is, the spaces are equivalent as metric measure spaces. Hence the construction of the $\sqrt{8/3}$-LQG metric in [MS15a, MS15b, MS15c, MS16a, MS16b] can be interpreted as:
• Endowing the Brownian map, half-plane, plane, and disk with a canonical conformal structure and
• Constructing many additional random metric spaces (corresponding to other LQG surfaces) which locally look like Brownian surfaces.

The goal of this paper is to study metric space quotients (also known as metric gluings) of $\sqrt{8/3}$-LQG surfaces glued along their boundaries according to quantum length. The results described in [DMS14, Section 1.6] (see also [She16a]) show that one can conformally glue various types of quantum surfaces along their boundaries according to quantum length to obtain different quantum surfaces. In each case, the interface between the glued surfaces is an $\text{SLE}_{\kappa}$-type curve with $\kappa \in \{\gamma^2, 16/\gamma^2\}$ (so $\kappa \in \{8/3, 6\}$ when $\gamma = \sqrt{8/3}$). We will show that in the case when the interface is a simple curve, this conformal gluing is the same as the metric gluing. In other words, the $\sqrt{8/3}$-LQG metric on the glued surface is the metric quotient of the $\sqrt{8/3}$-LQG metrics on the surfaces being glued. See Section 1.3 for precise statements. We emphasize that we will be considering metric gluings along rough, fractal curves and in general such gluings are not well-behaved. See Section 1.4 for a discussion of the difficulties involved in proving metric gluing statements of the sort we consider here.

#### Figure 1: A chart of the different components which serve as input into the proof that self-avoiding walk on random quadrangulations converges to $\text{SLE}_{8/3}$ on $\sqrt{8/3}$-LQG. The present article corresponds to the blue box and implies that the embedding into $\mathbb{C}$ via so-called $\text{QLE}(8/3,0)$ of the metric gluing of a pair of Brownian half-planes to each other along their boundary or a single Brownian half-plane to itself along its boundary is described by $\sqrt{8/3}$-LQG where the interface is an $\text{SLE}_{8/3}$-type path.

In light of the aforementioned relationship between $\sqrt{8/3}$-LQG surfaces and Brownian surfaces, our results translate into results for Brownian surfaces. In particular, our results imply that each of the Brownian map
and the Brownian plane are metric space quotients of countably many independent Brownian disks glued together along their boundaries; and that when one metrically glues together two independent Brownian surfaces, resulting surface locally looks like a Brownian surface (even at points along the gluing interface). To our knowledge, it is not known how to derive either of these facts directly from the Brownian surface literature. Hence this work can be viewed as an application of $\sqrt{8/3}$-LQG to the theory of Brownian surfaces. However, our proofs will also make use of certain facts about Brownian surfaces that are not obvious directly from the $\sqrt{8/3}$-LQG perspective (in particular the estimates for the Brownian disk contained in Section 3.2).

The results of this paper also have applications to scaling limits of random quadrangulations decorated by a self-avoiding walk. Indeed, it is known that gluing together two uniformly random quadrangulations with simple boundary along their boundaries according to boundary length (or gluing two boundary arcs of a single uniformly random quadrangulation with simple boundary to each other according to boundary length) produces a uniformly random pair consisting of a quadrangulation decorated by a self-avoiding walk. See [Bet15, Section 8.2] (which builds on [BBG12, BG09]) for the case of finite quadrangulations with simple boundary and [Car15, Part III], [CC16] for the case of the uniform infinite half-planar quadrangulation with simple boundary (UIHPQ$_S$). The results of the present work combined with [GM16a, GM16b] imply that the scaling limit of a uniform infinite planar or half-planar quadrangulation decorated by a self-avoiding walk is an appropriate $\sqrt{8/3}$-LQG surface decorated by an $\text{SLE}_{8/3}$-type curve. See Figure 1 for a schematic diagram of how the different works of the authors fit together with the existing literature to deduce this result.

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1.2 Background on SLE and LQG

Before we state our main results, we give a brief review of some definitions related to SLE and LQG which are needed for the statements.

1.2.1 SLE and space-filling SLE

Let $\kappa > 0$ (here we will only need the case $\kappa = 8/3$) and let $\rho = (\rho_1, \ldots, \rho_n)$ be a finite vector of weights. Also let $D \subseteq \mathbb{C}$ be a simply connected domain and let $x, y, z_1, \ldots, z_n \in D \cup \partial D$. A chordal $\text{SLE}_\kappa(\rho)$ from $x$ to $y$ in $D$ is a variant of chordal $\text{SLE}_\kappa$ from $x$ to $y$ in $D$ which has additional force points at $z_1, \ldots, z_n$ of weights $\rho_1, \ldots, \rho_n$, respectively. It is a conformally invariant process which satisfies the so-called domain Markov process where one has to keep track of the extra marked points. Chordal $\text{SLE}_\kappa(\rho)$ processes were first introduced in [LSW03, Section 8.3]. See also [SW05] and [MS16d, Section 2.2]. In this paper we will primarily be interested in chordal $\text{SLE}_\kappa(\rho^L, \rho^R)$ with two force points of weight $\rho^L$ and $\rho^R$ located immediately to the left and right of the starting point, respectively. Such a process is well-defined provided $\rho^L, \rho^R > -2$ [MS16d, Section 2.2]. We also recall the definition of whole-plane $\text{SLE}_\kappa(\rho)$ for $\rho > -2$ [MS13, Section 2.1].

For $\kappa \in (4, 8)$ (here we will only need the case $\kappa = 6$), whole-plane space-filling $\text{SLE}_\kappa$ from $\infty$ to $\infty$ is a variant of $\text{SLE}_\kappa$ which travels from $\infty$ to $\infty$ in $\mathbb{C}$ and iteratively fills in bubbles as it disconnects them from $\infty$ (so in particular is not a Loewner evolution). As explained in [DMS14, Footnote 9], whole-plane space-filling $\text{SLE}_\kappa$ can be sampled as follows.

1. Let $\eta^L$ and $\eta^R$ be the flow lines of a whole-plane GFF started from $0$ with angles $\pi/2$ and $-\pi/2$, respectively, in the sense of [MS13]. Note that by [MS13, Theorem 1.1], $\eta^L$ has the law of a whole-plane $\text{SLE}_{16/\kappa}(2 - 16/\kappa)$ from $0$ to $\infty$ and by [MS13, Theorem 1.11], the conditional law of $\eta^R$ given $\eta^L$ is that of a concatenation of independent chordal $\text{SLE}_{16/\kappa}(-8/\kappa; -8/\kappa)$ processes in the connected components of $\mathbb{C} \setminus \eta^L$.

2. Conditional on $\eta^L$ and $\eta^R$, concatenate a collection of independent chordal space-filling $\text{SLE}_\kappa$ processes, one in each connected component of $\mathbb{C} \setminus (\eta^L \cup \eta^R)$. Such processes are defined in [MS13, Sections 1.1.3 and 4.3] and can be obtained from ordinary chordal $\text{SLE}_\kappa$ by, roughly speaking, iteratively filling in the bubbles it disconnects from $\infty$. 

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### 1.2.2 Liouville quantum gravity surfaces

In this subsection we will give a brief review of Liouville quantum gravity (LQG) surfaces, as introduced in [DS11, She16a, DMS14]. Such surfaces are defined for all $\gamma \in (0, 2)$, but in this paper we will consider only the case when $\gamma = \sqrt{8/3}$, since this is the only case for which an LQG surface has a rigorously defined metric space structure (which we will see in Section 2.2).

A $\sqrt{8/3}$-LQG surface is an equivalence class of pairs $(D, h)$, where $D \subset \mathbb{C}$ is an open set and $h$ is some variant of the Gaussian free field (GFF) [She07, SS13, She16a, MS16d, MS13] on $D$. Two pairs $(D, h)$ and $(\hat{D}, \hat{h})$ are declared to be equivalent if there is a conformal map $\phi : \hat{D} \to D$ such that

$$\tilde{h} = h \circ \phi + Q \log |\phi'|,$$

where $Q = \frac{2}{\gamma} + \frac{\gamma}{2} = \sqrt{\frac{3}{2}} + \sqrt{\frac{2}{3}}$. 

(1.2)

The particular choice of distribution $h$ is referred to as the embedding of the quantum surface (into $D$). One can also define quantum surfaces with $k \in \mathbb{N}$ marked points in $D \cup \partial D$ (with points in $\partial D$ viewed as prime ends) by requiring the map $\phi$ in (1.2) to take the marked points of one surface to the corresponding marked points of the other.

It is shown in [DS11] that a $\sqrt{8/3}$-LQG surface has a natural area measure $\mu_h$, which is a limit of regularized versions of $e^{\sqrt{8/3}h} \ dz$, where $dz$ denotes Lebesgue measure on $D$. Furthermore, there is a natural length measure $\nu_h$ which is defined on certain curves in $D$ (including $\partial D$ and SLE$_3$-type curves which are independent from $h$ [She16a]), and which is a limit of regularized versions of $e^{\sqrt{8/3}h/2} |dz|$, where $|dz|$ is the Euclidean length element. The measures $\mu_h$ and $\nu_h$ are invariant under transformations of the form (1.2) (see [DS11, Proposition 2.1] and its length measure analog).

In this paper we will be interested in several specific types of $\sqrt{8/3}$-LQG surfaces which are defined and studied in [DMS14]. Let $Q$ be as in (1.2). For $\alpha \leq Q$, an $\alpha$-quantum wedge is a doubly-marked quantum surface $(\mathbb{H}, h, 0, \infty)$ which can be obtained from a free-boundary GFF on $\mathbb{H}$ plus $-\alpha \log |\cdot|$ by “zooming in near 0” so as to fix the additive constant in a canonical way. See [DMS14, Section 4.2] for a precise definition. Quantum wedges in the case when $\alpha \leq Q$ are called thick wedges because they describe surfaces homeomorphic to $\mathbb{H}$. Bounded neighborhoods of the marked point at 0 a.s. have finite mass while neighborhoods of $\infty$ a.s. have infinite mass.

For $\alpha \in (Q, Q + \sqrt{2/3})$, an $\alpha$-quantum wedge is an ordered Poissonian collection of doubly-marked quantum surfaces, each with the topology of the disk (the two marked points correspond to the points $\pm \infty$ in the infinite strip in [DMS14, Definition 4.19]). The individual surfaces are called beads of the quantum wedge. One can also consider a single bead of an $\alpha$-quantum wedge conditioned on its quantum area and/or its left and right quantum boundary lengths. See [DMS14, Section 4.4] for more details. Quantum wedges in the case when $\alpha \in (Q, Q + \sqrt{2/3})$ are called thin wedges (because they are not homeomorphic to $\mathbb{H}$). It is sometimes convenient to parameterize the set of quantum wedges by a different parameter $w$, called the weight, which is given by

$$w = \sqrt{\frac{2}{3}} \left(\sqrt{\frac{2}{3}} + Q - \alpha\right) > 0.$$  

(1.3)

The reason why the weight parameter is convenient is that it is additive under the gluing and cutting operations for quantum wedges and quantum cones studied in [DMS14].

For $\alpha < Q$, an $\alpha$-quantum cone, defined in [DMS14, Definition 4.13], is a doubly-marked quantum surface $(\mathbb{C}, h, 0, \infty)$ obtained from a whole-plane GFF plus $-\alpha \log |\cdot|$ by “zooming in near 0” (so as to fix the additive constant in a canonical way) in a similar manner to how a thick wedge is obtained from a free-boundary GFF with a log singularity. The weight of an $\alpha$-quantum cone is given by

$$w = 2 \sqrt{\frac{8}{3}} (Q - \alpha).$$  

(1.4)

A quantum sphere is a finite-volume quantum surface $(\mathbb{C}, h)$ defined in [DMS14, Definition 4.21], which is often taken to have fixed quantum area. One can also consider quantum spheres with one, two, or three marked points, which we take to be sampled uniformly and independently from the $\sqrt{8/3}$-LQG area.
measure $\mu_h$. Note that the marked points in [DMS14, Definition 4.21] correspond to the points $\pm \infty$ in the cylinder, and are shown to be sampled uniformly and independently from $\mu_h$, in [DMS14, Proposition 5.15].

A quantum disk is a finite-volume quantum surface with boundary $(D, h)$ defined in [DMS14, Definition 4.21], which can be taken to have fixed area, boundary length, or both. A singly (resp. doubly) marked quantum disk is a quantum disk together with one (resp. two) marked points in $\partial D$ sampled uniformly (and independently) from the $\sqrt{8/3}$-LQG boundary length measure $\nu_h$. Note that the marked points in [DMS14, Definition 4.21] correspond to the points $\pm \infty$ in the infinite strip, and are shown to be sampled uniformly and independently from $\mu_h$ in [DMS14, Proposition 5.7]. It follows from the definitions in [DMS14, Section 4.4] that a doubly-marked quantum disk has the same law as a single bead of a (weight-2/3 $\sqrt{6}$-quantum wedge if we condition on quantum area and left/right quantum boundary lengths (note that this is only true for $\gamma = \sqrt{8/3}$).

Suppose $w^-, w^+ > 0$ and $w = w^- + w^+$. It is shown in [DMS14, Theorem 1.9] that if one cuts a weight-$w$ quantum wedge by an independent chordal SLE$_{8/3}(w^- - 2; w^+ - 2)$ curve (or a concatenation of such curves in the thin wedge case) then one obtains a weight-$w^-$ quantum wedge and an independent-$w^+$ quantum wedge which can be glued together according to quantum boundary length to recover the original weight-$w$ quantum wedge. Similarly, by [DMS14, Theorem 1.12], if one cuts a weight-$w$ quantum cone by an independent whole-plane SLE$_{8/3}(w - 2)$ curve, then one obtains a weight-$w$ quantum wedge whose left and right boundaries can be glued together according to quantum length to recover the original weight-$w$ quantum cone.

### 1.3 Main results

In this section we will state the main results of this paper. Our first two theorems state that whenever we have a conformal welding of two or more $\sqrt{8/3}$-LQG surfaces along a simple SLE$_{8/3}$-type curve as in [She16a,DMS14], the metric on the welding of the surfaces is equal to the metric space quotient of the surfaces being welded together according to boundary length. We start by addressing the case of two quantum wedges glued together to obtain another quantum wedge.

**Theorem 1.1.** Let $w^-, w^+ > 0$ and let $w := w^- + w^+$. If $w \geq 4/3$, let $(H, h, 0, \infty)$ be a weight-$w$ quantum wedge (recall (1.3)). If $w \in (0, 4/3)$, let $(H, h, 0, \infty)$ be a single bead of a weight-$w$ quantum wedge with area $a > 0$ and left/right boundary lengths $l^-, l^+ > 0$. Let $\eta$ be an independent chordal SLE$_{8/3}(w^- - 2; w^+ - 2)$ from 0 to $\infty$ in $H$. Let $W^-$ (resp. $W^+$) be the region lying to the left (resp. right) of $\eta$ and let $W_0^-$ (resp. $W_0^+$) be the quantum surface obtained by restricting $h$ to $W^- \ (\text{resp. } W^+)$. Let $U^-$ (resp. $U^+$) be the ordered sequence of connected components of the interior of $W^-$ (resp. $W^+$). Let $\theta_h$ be the $\sqrt{8/3}$-LQG metric induced by $h$. For $U \in U^\pm$ let $\theta_{h|U}$ be the $\sqrt{8/3}$-LQG metric induced by $h|_U$, extended by continuity to $\partial U$. Almost surely, the metric space $(H, \theta_h)$ is the quotient of the disjoint union of the metric spaces $(U, \theta_{h|U})$ for $U \in U^-$ $\cup U^+$ under the natural identification (i.e., according to quantum length).

See Figure 2 (resp. Figure 3) for an illustration of the statement of Theorem 1.1 in the case when $w^-, w^+ \geq 4/3$ (resp. $w^-, w^+ < 4/3$). The reason why the metrics $\theta_{h|U}$ for $U \in U^- \cup U^+$ extend continuously to $\partial U$ is explained in Lemma 2.5 below.

In the setting of Theorem 1.1, [DMS14, Theorem 1.9] implies that the quantum surfaces $W^-$ and $W^+$ are independent, the former is a weight-$w^-$ quantum wedge (or a collection of beads of such a wedge if $w < 4/3$), and the latter is a weight-$w^+$ quantum wedge (or a collection of beads of such a wedge if $w < 4/3$). Note in particular that $U^- = W^-$ if $w^- \geq 4/3$ and $U^+$ is countably infinite if $w^- < 4/3$, and similarly for $U^+$. The wedges (or subsets of wedges) $W^-$ and $W^+$ are glued together according to $\sqrt{8/3}$-LQG boundary length [She16a, Theorem 1.3]. Hence Theorem 1.1 says that one can metrically glue a (subset of a) weight-$w^-$ quantum wedge and a (subset of a) weight-$w^+$ quantum wedge together according to quantum boundary length to get a (bead of a) weight-$w$ quantum wedge.

The quotient metric space in Theorem 1.1 is an LQG surface so locally looks the same as a Brownian surface. In fact, the quotient metric $\theta_h$ is independent from the gluing interface $\eta$. Hence if one takes a metric quotient of two quantum wedges, it is not possible to recover the two original wedges from the quotient space.

We note that by local absolute continuity, Theorem 1.1 implies that a metric space quotient of any pair of independent $\sqrt{8/3}$ (equivalently Brownian) surfaces with boundary glued together according to boundary length also locally looks like a Brownian surface. This applies in particular if one metrically glues together...
Figure 2: Left: Illustration of the statement of Theorem 1.1 in the case when $w^{-}, w^{+} \geq 4/3$ (which is the setting of Corollary 1.2). The metric space $(\mathbb{H}, \mathcal{D}_{h})$, which is a weight-$w$ quantum wedge, is the metric quotient of the disjoint union of the independent weight-$w^{\pm}$ quantum wedges $(W^{\pm}, \mathcal{D}_{h}|_{W^{\pm}})$ glued together along half of their boundaries according to quantum length. The gluing interface $\eta$ is a chordal SLE$_{8/3}(w^{+} - 2, w^{-} - 2)$ curve. In the case that $w^{-}, w^{+} = 2$ so that $(W^{\pm}, \mathcal{D}_{h}|_{W^{\pm}})$ are Brownian half-plane instances, $\eta$ is exactly a chordal SLE$_{8/3}$.

Middle: Illustration of the statement of Theorem 1.3. The metric space $(\mathbb{H}, \mathcal{D}_{h})$, which is a weight-$w$ quantum cone, is the quotient of the metric space $(U, \mathcal{D}_{h}|_{U})$, which is a weight-$w$ quantum wedge, under the quotient map which identifies the two sides of the boundary of $U$ according to quantum length. The gluing interface $\eta$ is a whole-plane SLE$_{8/3}(w - 2)$ curve. In the case that $w = 2$ so that $(\mathbb{H}, \mathcal{D}_{h})$ is a Brownian half-plane instance, $\eta$ is exactly a whole-plane SLE$_{8/3}$.

Right: Illustration of Corollary 1.5. Two weight-2 quantum wedges (Brownian half-planes) are glued together along their whole boundaries according to quantum length to obtain a weight-4 quantum cone. The gluing interface is a pair of non-intersecting SLE$_{8/3}$-type curves.

We will now state a corollary of Theorem 1.1 which identifies the law of two independent Brownian half-plane instances glued together according to boundary length on their positive boundaries. This result will allow us interpret the main result of [GM16a] as a convergence result for self-avoiding walk on random quadrangulations to SLE$_{8/3}$ on $\sqrt{8/3}$-LQG.

**Corollary 1.2.** Suppose that we have two independent instances of the Brownian half-plane. Then the metric quotient obtained by gluing the two surfaces together according to boundary length on their positive boundaries is isometric to the $\sqrt{8/3}$-LQG metric associated with a weight-4 quantum wedge. Moreover, the interface between the two Brownian half-plane instances is a chordal SLE$_{8/3}$ curve.

**Theorem 1.3.** Let $w \geq 4/3$, let $(\mathbb{C}, h, 0, \infty)$ be a weight-$w$ quantum cone (recall (1.4)), and let $\mathcal{D}_{h}$ be the $\sqrt{8/3}$-LQG measure induced by $h$. Let $\eta$ be a whole-plane SLE$_{8/3}(w - 2)$ process from 0 to $\infty$. Let $U = \mathbb{C} \setminus \eta$ and let $\mathcal{D}_{h}|_{U}$ be the $\sqrt{8/3}$-LQG measure induced by $h|_{U}$, extended by continuity to $\partial U$ (viewed as a collection of prime ends). Then a.s. $(\mathbb{C}, \mathcal{D}_{h})$ is the metric quotient of $(U, \mathcal{D}_{h}|_{U})$ under the natural identification of the two sides of $\eta$.

Note that [DMS14, Theorem 1.12] implies that the surface $(U, h|_{U}, 0, \infty)$ has the law of a weight-$w$ quantum wedge. Furthermore, the boundary arcs of this quantum wedge lying to the left and right of 0 are
Figure 3: **Left:** Illustration of the statement of Theorem 1.1 in the case when \( w \geq 4/3 \) and \( w^-, w^+ < 4/3 \). The metric space \((\mathbb{H}, d_{\text{bip}})\), which is a weight-\( w \) quantum wedge, is the metric quotient of the disjoint union of the metric spaces \((U, d_{\text{bip}})\) for \( U \in U^- \cup U^+ \), which are the beads of a pair of independent quantum wedges of weights \( w^- \) and \( w^+ \), glued together according to quantum boundary length. The gluing interface is a chordal SLE\(_{8/3}(w_1-2; w_2-2)\) curve \( \eta \) from 0 to \( \infty \) in \( \mathbb{H} \), which a.s. hits both \( (-\infty, 0] \) and \([0, \infty)\).

**Right:** Illustration of the statement of Theorem 1.6. The boundary of a space-filling SLE\(_6\) curve stopped when it hits 0 divides \( \mathbb{C} \) into two independent weight-2/3 quantum wedges (green and blue), whose beads are independent quantum disks (Brownian disks) when we condition on boundary length. The weight 4/3 quantum cone metric space \((\mathbb{C}, d_{\text{bip}})\), which is a Brownian plane, is the metric quotient of these Brownian disks glued together according to boundary length.

Glued together according to \( \sqrt{8/3}\)-LQG boundary length [She16a, Theorem 1.3]. Hence Theorem 1.3 implies that one can metrically glue the left and right boundaries of a weight-\( w \) quantum wedge together according to quantum length to get a weight-\( w \) quantum cone. Similar absolute continuity remarks to the ones made after the statement of Theorem 1.1 apply in the setting of Theorem 1.3.

Requiring that \( w \geq 4/3 \) in Theorem 1.3 is equivalent to requiring that this wedge is thick, equivalently the curve \( \eta \) is simple and the set \( U \) is connected. We expect that one can also metrically glue the beads of a weight-\( w \) quantum wedge for \( w \in (0, 4/3) \) together according to quantum length to get a weight-\( w \) quantum cone, but will not treat this case in the present work.

We next state an analog of Corollary 1.2 in the setting of Theorem 1.3, which again follows from the fact that the weight 2 quantum wedge is the same as the Brownian half-plane.

**Corollary 1.4.** The metric space obtained by gluing the positive and negative boundaries of an instance of the Brownian half-plane together according to boundary length is isometric to the \( \sqrt{8/3}\)-LQG metric associated with a weight-2 quantum cone and the interface is a whole-plane SLE\(_{8/3}\) curve.

Iteratively applying Theorems 1.1 and 1.3 can give us metric gluing statements for when we cut a quantum surface by multiple SLE\(_{8/3}\)-type curves. One basic application of this fact is the following variant of Corollary 1.2 in which one identifies the entire boundary of the two Brownian half-plane instances together.

**Corollary 1.5.** Suppose that we have two independent instances of the Brownian half-plane. Then the metric quotient obtained by gluing the two surfaces together according to boundary length is isometric to the \( \sqrt{8/3}\)-LQG metric associated with a weight-4 quantum cone. Moreover, the interface between the two
Brownian half-plane instances is an SLE$_{8/3}$-type curve which can be sampled as follows. First sample a whole-plane SLE$_{8/3}(2)$ curve $\eta_1$ from 0 to $\infty$; then, conditional on $\eta_1$, sample a chordal SLE$_{8/3}$ curve $\eta_2$ from 0 to $\infty$ in $C \setminus \eta_1$.

We remark that the interface in Corollary 1.5 can also be described by a pair of GFF flow lines [MS16d, MS13].

Corollary 1.5 is obtained by applying Corollary 1.2 to glue the positive boundaries of the two Brownian half-planes and then applying Theorem 1.3 to glue the two sides of the resulting weight-4 quantum wedge.

Another result which can be obtained from multiple applications of Theorems 1.1 and 1.3 (together with the description of the law of whole-plane space-filling SLE$_6$ in Section 1.2.1) is the following statement, which applies in the setting of the peanosphere construction [DMS14, Theorem 1.13].

**Theorem 1.6.** Let $(C, h, 0, \infty)$ be a $\sqrt{8/3}$-quantum cone (weight-4/3) and let $\eta'$ be an independent whole-plane space-filling SLE$_6$ parameterized by quantum mass with respect to $h$ and satisfying $\eta'(0) = 0$. Let $U^-$ (resp. $U^+$) be the set of connected components of the interior of $\eta'((\infty, 0])$ (resp. $\eta'([0, \infty))$). Let $d_h$ be the $\sqrt{8/3}$-LQG measure induced by $h$ and for $U \in U^- \cup U^+$ let $d_{h|U}$ be the $\sqrt{8/3}$-LQG metric induced by $h|U$, extended by continuity to $\partial U$. Then a.s. $(C, d_h)$ is the metric quotient of the disjoint union of the metric spaces $(U, d_{h|U})$ for $U \in U^- \cup U^+$ under the natural identification.

By [MS16a, Corollary 1.5], the metric space $(C, d_h)$ in Theorem 1.6 is isometric to the Brownian plane. Furthermore, by [DMS14, Theorems 1.9 and 1.12], each of the surfaces $(U, h|U)$ has the law of a single bead of a weight-2/3 quantum wedge, which has the same law as a quantum disk. Hence each of the metric spaces $(U, d_{h|U})$ is isometric to a Brownian disk. Therefore Theorem 1.6 expresses the Brownian plane as a metric space quotient of a countable collection of Brownian disks glued together according to boundary length.

The following is an analog of Theorem 1.6 in the setting of the finite-volume peanosphere construction [MS15c, Theorem 1.1].

**Theorem 1.7.** Let $(C, h, \infty)$ be a singly marked unit area $\sqrt{8/3}$-quantum sphere and let $\eta'$ be an independent whole-plane space-filling SLE$_6$ parameterized by quantum mass with respect to $h$. Let $t \in [0, 1]$ be sampled uniformly from Lebesgue measure, independent from everything else. Let $U^-$ (resp. $U^+$) be the set of connected components of the interior of $\eta'([0, t])$ (resp. $\eta'([t, 1])$). Let $d_h$ be the $\sqrt{8/3}$-LQG measure induced by $h$ and for $U \in U^- \cup U^+$ let $d_{h|U}$ be the $\sqrt{8/3}$-LQG metric induced by $h|U$, extended by continuity to $\partial U$. Then a.s. $(C, d_h)$ is the metric quotient of the disjoint union of the metric spaces $(U, d_{h|U})$ for $U \in U^- \cup U^+$ under the natural identification.

By [MS16a, Corollary 1.5], the metric space $(C, d_h)$ in Theorem 1.7 is isometric to the Brownian map. Furthermore, by [MS15c, Theorem 7.1] each of the surfaces $(U, h|U)$ are conditionally independent given their quantum boundary lengths and areas, and each has the law of a single bead of a weight-2/3 quantum wedge (which has the same law as a quantum disk with given boundary length and area) under this conditioning. Hence each of the metric spaces $(U, d_{h|U})$ is isometric to a Brownian disk. Therefore Theorem 1.6 expresses the Brownian map as a metric space quotient of a countable collection of Brownian disks glued together according to boundary length.

### 1.4 Remarks on metric gluing

Here we will discuss the metric gluing problem which we study in this paper at an abstract level and explain some of the difficulties involved.

We know a priori (see Lemma 2.2 below) that in the setting of either Theorem 1.1 or Theorem 1.3, it holds for each $U \in U^- \cup U^+$ that the restriction of the metric $d_{h|U}$ to the open set $U$ coincides with the internal metric of $d_h$ on $U$ (whose definition we recall in Section 2.1). However, this fact together with the fact that the gluing interface $\eta$ is a continuous simple curve is far from implying the statements of Theorems 1.1 and 1.3.

The problem of proving that a metric space cut by a simple curve is the quotient of the internal metrics on the two sides of the curve is similar in spirit to the problem of proving that a curve in $C$ is *conformally removable* [JS00], which means that any homeomorphism of $C$ which is conformal off of the curve is in fact conformal on the whole plane. Indeed, proving each involves estimating how much the length of a path (the
image of a straight line in the case of removability or a geodesic in the case of metric gluing) is affected by its crossings of the curve. Moreover, in the setting of LQG and SLE, both the question of removability and the metric gluing problem addressed in this paper are ways to show that the surfaces formed by cutting along an SLE curve together determine the overall surface (see [She16a,DMS14] for further discussion of this point in the case of removability), although we are not aware of a direct relationship between the two concepts.

SLE$_\kappa$-type curves for $\kappa < 4$ are conformally removable since they are boundaries of Hölder domains [RS05, JS00]. However, there is no such simple criterion for metric gluing. Indeed, it is not even enough to know that the gluing interface is Lipschitz, as the following example demonstrates.

Let $X = [0, 1] \times [-1, 1]$ equipped with the Euclidean metric $d$ and let $(\tilde{X}, \tilde{d})$ be the metric quotient of $X \cup [0, 1/2]$ under the map $[0, 1/2] \ni t \mapsto (2t, 0) \in X$. The space $(X, d)$ is the quotient of the $[0, 1] \times [-1, 0]$ and $[0, 1] \times [0, 1]$ equipped with their $d$-internal metrics (which both coincide with the Euclidean metric) under the natural identification. Furthermore, $(X, d)$ and $(\tilde{X}, \tilde{d})$ are homeomorphic (via the obvious identification) and the internal metrics of $d$ and $\tilde{d}$ on the two sides $[0, 1] \times [-1, 0]$ and $[0, 1] \times (0, 1]$ of $[0, 1] \times \{0\}$ coincide. However, $d \neq \tilde{d}$ since points near the interface $[0, 1] \times \{0\}$ are almost twice as far apart with respect to $d$ as with respect to $\tilde{d}$.

In the example above, $\tilde{d}$-geodesics between points near $[0, 1] \times \{0\}$ spend most of their time in $[0, 1] \times \{0\}$. A major part of the proof of Theorems 1.1 and 1.3 will consist of controlling how often a $\mathcal{D}_\eta$ geodesic hits $\eta$ and how it behaves near $\eta$, in order to rule out the aforementioned type of behavior. However, since the gluing interface $\eta$ in our setting is only Hölder continuous (with respect to the one-sided and two-sided metrics), not Lipschitz like the curve in the above example, additional estimates are needed as well.

1.5 Basic notation

Here we record some basic notation which we will use throughout this paper.

**Notation 1.8.** For $a < b \in \mathbb{R}$ and $c > 0$, we define the discrete intervals $[a, b)_{\mathbb{Z}} := [a, b) \cap (c\mathbb{Z})$ and $(a, b)_{\mathbb{Z}} := (a, b) \cap (c\mathbb{Z})$.

**Notation 1.9.** If $a$ and $b$ are two quantities, we write $a \preceq b$ (resp. $a \succeq b$) if there is a constant $C$ (independent of the parameters of interest) such that $a \leq Cb$ (resp. $a \geq Cb$). We write $a \asymp b$ if $a \preceq b$ and $a \succeq b$.

**Notation 1.10.** If $a$ and $b$ are two quantities which depend on a parameter $x$, we write $a = o_x(b)$ (resp. $a = O_x(b)$) if $a/b \to 0$ (resp. $a/b$ remains bounded) as $x \to 0$ (or as $x \to \infty$, depending on context).

Unless otherwise stated, all implicit constants in $\asymp, \preceq, \succeq$, and $O_x(\cdot)$ and $o_x(\cdot)$ errors involved in the proof of a result are required to depend only on the auxiliary parameters that the implicit constants in the statement of the result are allowed to depend on.

1.6 Outline

The remainder of this article is structured as follows. In Section 2, we review the definitions of internal metrics and quotient metrics (i.e., metric gluings) as well as the construction of the $\sqrt{8/3}$-LQG metric from [MS15b,MS16a,MS16b]. In Section 3, we recall the definition of the Brownian disk from [BM15] and prove some estimates for this metric space which will be needed for the proofs of our main results. In Section 4 we prove our main results using the estimates from Section 3 and some facts about SLE and LQG.

2 Metric space preliminaries

2.1 Basic definitions for metrics

In this paper we will consider a variety of metric spaces, including subsets of $\mathbb{C}$ equipped with the Euclidean metric, $\sqrt{8/3}$-LQG surfaces equipped with the metric induced by QLE($8/3,0$), and various Brownian surfaces equipped with their intrinsic metric. Here we introduce some notation to distinguish these metric spaces and recall some basic constructions for metric spaces.
**Definition 2.1.** Let \((X, d_X)\) be a metric space. For \(A \subset X\) we write \(\text{diam}(A; d_X)\) for the supremum of the \(d_X\)-distance between pairs of points in \(A\). For \(r > 0\), we write \(B_r(A; d_X)\) for the set of \(x \in X\) with \(d_X(x, A) < r\). If \(A = \{y\}\) is a singleton, we write \(B_r(y; d_X)\). For \(A \subset \mathbb{C}\), we write \(B_r(A)\) for the set of points lying at Euclidean distance (strictly) less than \(r\) from \(A\).

Recall that a pseudometric on a set \(X\) is a function \(d_X : X \times X \to [0, \infty)\) which satisfies all of the conditions in the definition of a metric except that possibly \(d_X(x, y) = 0\) for \(x \neq y\).

Let \((X, d_X)\) be a space equipped with a pseudometric \(d_X\), let \(~\sim~\) be an equivalence relation on \(X\), and let \(\overline{X} = X/ \sim\) be the corresponding topological quotient space. For equivalence classes \(\overline{x}, \overline{y} \in \overline{X}\), let \(Q(\overline{x}, \overline{y})\) be the set of finite sequences \((x_1, y_1, \ldots, x_n, y_n)\) of elements of \(X\) such that \(x_i \sim x_{i+1}\) for each \(i \in [1, n - 1]\). Let

\[
\overline{d}_X(\overline{x}, \overline{y}) := \inf_{Q(\overline{x}, \overline{y})} \sum_{i=1}^n d_X(x_i, y_i). \tag{2.1}
\]

Then \(\overline{d}_X\) is a pseudometric on \(\overline{X}\), which we call the quotient pseudometric.

For a curve \(\gamma : [a, b] \to X\), the \(d_X\)-length of \(\gamma\) is defined by

\[
\text{len} (\gamma; d_X) := \sup P \left( \sum_{i=1}^{\#P} d_X (\gamma(t_i), \gamma(t_{i-1})) \right)
\]

where the supremum is over all partitions \(P : a = t_0 < \cdots < t_{\#P} = b\) of \([a, b]\). Note that the \(d_X\)-length of a curve may be infinite.

Suppose \(Y \subset X\). The internal metric of \(d_X\) on \(Y\) is defined by

\[
d_Y(x, y) := \inf_{\gamma \subset Y} \text{len} (\gamma; d_X), \quad \forall x, y \in Y \tag{2.2}
\]

where the infimum is over all curves in \(Y\) from \(x\) to \(y\). The function \(d_Y\) satisfies all of the properties of a metric on \(Y\) except that it may take infinite values.

### 2.2 The \(\sqrt{8/3}\)-LQG metric

Suppose \((D, h)\) is a \(\sqrt{8/3}\)-LQG surface. In [MS15b, MS16a, MS16b], it is shown that if \(h\) is some variant of the GFF on \(D\), then \(h\) induces a metric \(\mathfrak{d}_h\) on \(D\) (which in many cases extends to a metric on \(D \cup \partial D\)). The construction of this metric builds on the results of [DMS14, MS15a, MS15c, MS16c].

In the special case when \((D, h)\) is a quantum sphere, the metric space \((D, \mathfrak{d}_h)\) is isometric to the Brownian map [MS16a, Theorem 1.4]. It is shown in [MS16a, Corollary 1.5] that the metric space \((D, \mathfrak{d}_h)\) is isometric to a Brownian surface in two additional cases: when \((D, h)\) is a quantum disk we obtain a Brownian disk [BM15] and when \((D, h)\) is a \(\sqrt{8/3}\)-quantum cone we obtain a Brownian plane [CL14]. It is shown in [GM16b] that the Brownian half-plane is isometric to the \(\sqrt{8/3}\)-quantum wedge. Hence \(\sqrt{8/3}\)-LQG surfaces can be viewed as Brownian surfaces equipped with a conformal structure.

For the convenience of the reader, we give in this section a review of the construction of the metric \(\mathfrak{d}_h\) and note some basic properties which it satisfies.

#### 2.2.1 The metric on a quantum sphere

The \(\sqrt{8/3}\)-LQG metric is first constructed in the case of a \(\sqrt{8/3}\)-LQG sphere \((\mathbb{C}, h)\). Conditional on \(h\), let \(\mathcal{C}\) be a countable collection of i.i.d. points sampled uniformly from the \(\sqrt{8/3}\)-LQG area measure \(\mu_h\). One first defines for \(z, w \in \mathcal{C}\) a \(\text{QLE}(8/3, 0)\) growth process \(\{\Gamma_{i}^{z,w}\}_{i \geq 0}\) started from \(z\) and targeted at \(w\), which is a continuum analog of first passage percolation on a random planar map [MS16c, Section 2.2].

It is expected that the process \(\Gamma_{i}^{z,w}\) is a re-parameterization of a whole-plane version of the QLE(8/3, 0) processes considered in [MS16b], which are parameterized by capacity instead of by quantum natural time. However, this has not yet been proven to be the case.
from \( h \) and then run for \( \delta \) units of quantum natural time as determined by \( h \) [DMS14, Definition 7.2]. For \( t \in [0, \delta] \), let \( \Gamma^{z,w,\delta}_t := \eta^\delta_h([0, \tau^\delta_0 \wedge \delta]) \), where \( \tau \) is the first time \( \eta^\delta_h \) hits \( w \).

Inductively, suppose \( k \in \mathbb{N} \) and \( \Gamma^{z,w,\delta}_t \) has been defined for \( t \in [0, k\delta] \). If \( w \in \Gamma^{z,w,\delta}_{k\delta} \), let \( \Gamma^{z,w,\delta}_t = \Gamma^{z,w,\delta}_{k\delta} \) for each \( t \in [k\delta, (k+1)\delta] \). Otherwise, let \( x_k^\delta \) be sampled uniformly from the \( \sqrt{8/3}\)-LQG length measure \( \nu_h \) restricted to the boundary of the connected component of \( C \setminus \Gamma^{z,w,\delta}_{k\delta} \) containing \( w \). Let \( \eta^\delta_{k} \) be a radial SLE_{6} \( x_k^\delta \) to \( w \) sampled conditionally independently of \( h \) given \( x_k^\delta \) and \( \{\Gamma^{z,w,\delta}_s\}_{s \leq t} \) and parameterized by quantum natural time as determined by \( h \). For \( t \in [k\delta, (k+1)\delta] \), let \( \Gamma^{z,w,\delta}_t := \eta^\delta_{k}(\sigma^\delta_{t-k\delta} \cap (t - k\delta)] \cup \Gamma^{z,w,\delta}_{k\delta} \), where \( \sigma^\delta_{t-k\delta} \) is the first time that \( \eta^\delta_{k} \) hits \( w \).

The above procedure defines for each \( \delta > 0 \) a growing family of sets \( \{\Gamma^{z,w,\delta}_t\}_{t \geq 0} \) started from \( z \) and stopped when it hits \( w \). It is shown in [MS15b] that (along an appropriately chosen subsequence), one can take an a.s. limit (in an appropriate topology) as \( \delta \to 0 \) to obtain a growing family of sets \( \{\Gamma^{z,w}_t\}_{t \geq 0} \) from \( z \) to \( w \), which we call QLE(8/3,0). It is shown in [MS16a] that the limiting process \( \{\Gamma^{z,w}_t\}_{t \geq 0} \) is a.s. determined by \( h \), even though the approximations are not and that the limit does not depend on the choice of subsequence.

For \( t \geq 0 \), let \( X^{z,w}_t \) be the \( \nu_h \)-length of the boundary of the connected component of \( C \setminus \Gamma^{z,w}_t \) containing \( w \). Let \( \sigma^{z,w}_t \) for \( r \geq 0 \) be defined by

\[
r = \int_0^{\sigma^{z,w}_r} \frac{1}{X^{z,w}_t} \, dt.
\]

Set \( \bar{\Gamma}^{z,w}_r := \Gamma^{z,w}_{\sigma^{z,w}_r} \). The \( \sqrt{8/3}\)-LQG distance between \( z \) and \( w \) is defined by

\[
d_h(z,w) := \inf \left\{ r \geq 0 : w \in \bar{\Gamma}^{z,w}_r \right\}.
\]

The time-change (2.3) is natural from the perspective of first passage percolation. Indeed, quantum natural time is the continuum analog of parameterizing a percolation growth by the number of edges traversed, hence the time change (2.3) is the continuum analog of adding edges to the cluster at a rate proportional to boundary length. It is shown in [MS15b] that this function defines a metric on the set \( C \) (which is a.s. dense in \( C \)). It is shown in [MS16a] that \( d_h \) in fact extends continuously to a metric on all of \( C \), which is mutually Hölder continuous with respect to the metric on \( C \) induced by the stereographic projection of the standard metric on the Euclidean sphere \( S^2 \) and isometric to the Brownian map. In particular, \( d_h \) is a geodesic metric.

The re-parameterized QLE(8/3,0) processes \( \{\bar{\Gamma}^{z,w}_r\}_{r \geq 0} \) for \( z, w \in C \) are related to metric balls for \( d_h \) as follows. For \( z, w \in C \) and \( r \geq 0 \), the connected component of \( C \setminus \bar{\Gamma}^{z,w}_r \) containing \( w \) is the same as the connected component of \( C \setminus \bar{B}_r(z; d_h) \) containing \( w \).

Each of the re-parameterized QLE(8/3,0) hulls \( \bar{\Gamma}^{z,w}_r \) is a local set for \( h \) in the sense of [SS13, Section 3.3], and furthermore are determined locally by \( h \). Hence the definition of the metric \( d_h \) implies that if \( U \subset C \) is a deterministic connected open set, then the quantities \( \{d_h(z,w) \wedge d_h(z,\partial U) : z,w \in U\} \) are a.s. determined by \( h|_U \). In particular, the internal metric of \( d_h \) on \( U \) (Section 2.1) is a.s. determined by \( h|_U \).

The above metric construction also works with \( h + R \) in place of \( h \) for any \( R \in \mathbb{R} \), in which case [MS16a, Lemma 2.2] yields a scaling property for the metric \( d_h \):

\[
d_{h+R}(z,w) = e^{\sqrt{8/3}R/4}d_h(z,w).
\]

It is shown in [MS16b] that the \( \sqrt{8/3}\)-LQG surface associated with a given Brownian surface is almost surely determined by the metric measure space structure associated with the Brownian surface. This in particular implies that if one is given an instance of the Brownian map, disk, half-plane, or plane, respectively, then there is a measurable way to embed the surface to obtain an instance of a \( \sqrt{8/3}\)-LQG sphere, disk, wedge, or cone, respectively. As mentioned above, the construction of the \( \sqrt{8/3}\)-LQG metric also implies that the Brownian map, disk, half-plane, or plane structure is a measurable function of the corresponding \( \sqrt{8/3}\)-LQG structure. In this way, Brownian and \( \sqrt{8/3}\)-LQG surfaces are one and the same.

### 2.2.2 Metrics on general \( \sqrt{8/3}\)-LQG surfaces

In this subsection we let \( D \subset C \) be a connected open set and we let \( h \) be a random distribution on \( D \) with the following property. For each bounded deterministic open set \( U \subset D \) at positive Euclidean distance from \( \partial D \),
the law of $h_{|U}$ is absolutely continuous with respect to the corresponding restriction of an embedding into $\mathbb{C}$ of a quantum sphere (with possibly random area). For example, $h$ could be an embedding of a quantum disk, a thick $(\alpha \leq Q)$ quantum wedge, a single bead of a thin $(\alpha \in (Q, Q + \sqrt{2/3})$) quantum wedge, or a quantum cone (in this last case we take $D$ to be the complement of the two marked points for the cone). We will show how to obtain a $\sqrt{8/3}$-LQG metric $d_h$ on $D$ from $h$.

The discussion at the end of Section 2.2.1 together with local absolute continuity allows us to define a metric $d_{h|U}$ for any bounded open connected set $U \subset D$ at positive Euclidean distance from $\partial D$. If we let $\{U_n\}_{n \in \mathbb{N}}$ be an increasing sequence of such open sets with $\bigcup_{n=1}^\infty U_n = D$, then the metrics $d_{h|U_n}$ (extended to be identically equal to $\infty$ for points outside of $U_n$) are decreasing as $n \to \infty$, so the limit

$$d_h(z, w) := \lim_{n \to \infty} d_{h|U_n}(z, w)$$

exists for each $z, w \in D$ and defines a metric on $D$. It is easy to see that this metric does not depend on the choice of $\{U_n\}_{n \in \mathbb{N}}$.

We now record some elementary properties of the metric $d_h$. The first property is immediate from the above definition.

**Lemma 2.2.** Suppose we are in the setting described just above, so that $d_h$ is a well-defined metric on $D$. For any deterministic open connected set $U \subset \mathbb{C}$, the internal metric (Section 2.1) of $d_h$ on $U$ is a.s. equal to $d_{h|U}$.

**Remark 2.3.** It follows from Lemma 2.2 that if $A \subset \partial U$ and $d_{h|U}$ extends by continuity to a metric on $U \cup A$ which induces the same topology on $U \cup A$ as the Euclidean metric (e.g., using the criterion of Lemma 2.5 just below) then for $x, y \in U \cup A$, we have $d_{h|U}(x, y) \geq d_h(x, y)$. Indeed, the statement of the lemma immediately implies that this is the case whenever $x, y \in U$. In general, we take limits and use that both $d_{h|U \cup A}$ and $d_h$ (and the Euclidean metric) induce the same topology on $U$. We do not prove in this paper that $d_{h|U}$ is the same as the internal metric of $d_h$ on $U \cup A$.

Next we note that the LQG metric is coordinate invariant.

**Lemma 2.4.** Suppose we are in the setting above. Let $\tilde{D}$ be another domain and let $\phi : \tilde{D} \to D$ be a conformal map. If we let $\tilde{h} := h \circ \phi + Q \log |\phi'|$ (with $Q$ as in (1.2)) then a.s. $d_h(\phi(z), \phi(w)) = d_{\tilde{h}}(z, w)$ for each $z, w \in \tilde{D}$.

**Proof.** This follows since all of the quantities involved in the definition of the QLE$(8/3, 0)$ processes $\Gamma_{z, w}$ used to define the metric are preserved under coordinate changes as in the statement of the lemma.

Finally, we give conditions under which $d_h$ extends continuously to a subset of $\partial D$.

**Lemma 2.5.** Suppose we are in the setting above and that $D$ is simply connected, with simple boundary. Let $A \subset \partial D$ be a connected set and suppose that there is an open set $U \subset D$ such that $A \subset \partial U$, $\partial U \cap D$ lies at positive distance from $A$, and the law of $h_{|U}$ is absolutely continuous with respect to the law of the corresponding restriction of an embedding into $D$ of a quantum disk (with fixed or random boundary length and area). Then $d_h$ extends by continuity to a metric on $D \cup A$ which induces the Euclidean topology on $D \cup A$.

In particular, suppose $Q$ is as in (1.1), $x, y \in \partial D$, and $h$ is either an embedding into $(D, x, y)$ of an $\alpha$-quantum wedge for $\alpha \leq Q$ or an embedding into $(D, x, y)$ of a single bead of an $\alpha$-quantum wedge with area $a > 0$ and left/right boundary lengths $l^-, l^+ > 0$ for $\alpha \in (Q, Q + \sqrt{2/3})$. Then a.s. $d_h$ extends by continuity to $\partial D \setminus \{y\}$ (in the first case) or $\partial D$ (in the second case).

**Proof.** In the case when $h$ is in fact an embedding into $D$ of a quantum disk, [MS16a, Corollary 1.5] implies that $(D, d_h)$ is isometric to the Brownian disk. The Brownian disk metric extends continuously to the boundary, hence $d_h$ does as well. In general, the first assertion of the lemma follows from local absolute continuity and the locality property of the $\sqrt{8/3}$-LQG metric discussed above.

Since the laws of the particular choices of $h$ discussed in the second statement are locally absolutely continuous with respect to the law of an embedding into $D$ of a quantum disk away from $x$ and $y$, it follows that the metric $d_h$ in each of these cases extends by continuity to $D \setminus \{x, y\}$. Near $x$ (and also near $y$, in the
case of a single bead of a thin wedge), the law of our given distribution \( h \) is locally absolutely continuous with respect to the law of an embedding of a \( \beta \)-quantum wedge into \((D, x, y)\) for \( \beta \leq Q \). Hence it suffices to show that if \((D, h, x, y)\) is a \( \beta \)-quantum wedge for \( \beta \leq Q \), then \( x \) a.s. lies at finite \( \delta_0 \)-distance from the interior of \( D \). By making a conformal change of coordinates and applying Lemma 2.4, we can assume without loss of generality that \((D, x, y) = (S, \infty, -\infty)\) where \( S = \mathbb{R} \times (0, \pi) \) is the infinite horizontal strip.

In this case, [DMS14, Remark 4.5] implies that (after possibly applying a translation) the distribution \( h \) can be described as follows. If \( \beta < Q \), let \( X : \mathbb{R} \to \mathbb{R} \) be the process such that for \( s \geq 0 \), \( X_s = B_{2s} - (Q - \beta)s \), where \( B \) is a standard linear Brownian motion with \( B_0 = 0 \); and for \( s < 0 \), \( X_s = \overline{B}_{-2s} + (Q - \beta)s \), where \( \overline{B} \) is an independent standard linear Brownian motion with \( \overline{B}_0 = 0 \) conditioned so that \( \overline{B}_{2t} + (Q - \beta)t > 0 \) for each \( t \geq 0 \). If \( \beta = Q \), instead let \( X : \mathbb{R} \to \mathbb{R} \) be the process such that \( \{X_s\}_{s \geq 0} \) is \(-1\) times a 3-dimensional Bessel process started from 0 and \( \{X_{-s}\}_{s < 0} \) is an independent standard linear Brownian motion started from 0. Then \( h = h^0 + h^1 \), where \( h^0 \) is the function on \( S \) such that \( h^0(z) = X_s \) for \( z \in \{s\} \times (0, \pi) \) for each \( s \in \mathbb{R} \); and \( h^1 \) is a random distribution independent from \( h^0 \) whose law is that of the projection of a free boundary GFF on \( S \) onto the space of functions on \( S \) whose average over every segment \( \{s\} \times (0, \pi) \) is 0.

By [MS16a, Proposition 6.7] (applied with \( k = 0 \)), translation invariance of the law of \( h^1 \), and the scaling property of the \( \sqrt{8}/3 \)-LQG metric [MS16a, Lemma 2.2], we infer that for each \( k \in \mathbb{N} \),

\[
\mathbb{E}[\mathcal{d}_h ((k-1) + i\pi/2, k + i\pi/2) \mid X] \leq C \exp \left( \frac{1}{\sqrt{6}} \sup_{s \in [k-1,k]} X_s \right),
\]

for \( C > 0 \) a universal constant. Summing over all \( k \in \mathbb{N} \) shows that a.s. \( \mathcal{d}_h (i\pi/2, \infty) < \infty \), as required. \( \square \)

3 The Brownian disk

For the proofs of our main results, we will require several facts about the Brownian disk, which was originally introduced in [BM15]. We collect these facts in this section.

3.1 Brownian disk definition

Fix \( a, \ell > 0 \). Here we will give the definition of the Brownian disk with area \( a \) and perimeter \( \ell \), following [BM15]. Let \( X : [0, a] \to [0, \infty) \) be a standard Brownian motion started from \( \ell \) and conditioned to hit 0 for the first time at time \( a \) (such a Brownian motion is defined rigorously in, e.g., [BM15, Section 2.1]). For \( s, t \in [0, 1] \), set

\[
d_X(s,t) := X_s + X_t - 2 \inf_{u \in [s\wedge t, s \vee t]} X_u.
\]

As explained in [BM15, Section 2.1], \( d_X \) defines a pseudometric on \([0, a]\) and the quotient metric space \([0, 1]/\{d_X = 0\}\) is a forest of continuum random trees, indexed by the excursions of \( X \) away from its running infimum.

Conditioned on \( X \), let \( Z^0 \) be the centered Gaussian process with

\[
\text{Cov}(Z^0_s, Z^0_t) = \inf_{u \in [s\wedge t, s \vee t]} \left( X_u - \inf_{v \in [0, u]} X_v \right), \quad s, t \in [0, a].
\]

One can readily check using the Kolmogorov continuity criterion that \( Z^0 \) a.s. admits a continuous modification which is \( \alpha \)-Hölder continuous for each \( \alpha < 1/4 \). For this modification we have \( Z^0_s = Z^0_t \) whenever \( d_X(s,t) = 0 \), so \( Z^0 \) defines a function on the continuum random forest \([0, 1]/\{d_X = 0\}\).

Let \( b \) be \( \sqrt{3} \) times a Brownian bridge from 0 to 0 independent from \((X, Z)\) with time duration \( \ell \). For \( r \in [0, \ell] \), let \( T_r := \inf \{ t \geq 0 : X_t = \ell - r \} \) and for \( t \in [0, a] \), let \( T^{-1}(t) := \sup \{ r \in [0, \ell] : T_r \leq t \} \). Set

\[
Z_t := Z^0_t + b_{\ell - T^{-1}(t)}.
\]

We view \([0, a]\) as a circle by identifying 0 with \( a \) and for \( s, t \in [0, a] \) we define \( Z_{s,t} \) to be the minimal value of \( Z \) on the counterclockwise arc of \([0, a]\) from \( s \) to \( t \). For \( s, t \in [0, a] \), define

\[
d_Z(s,t) = Z_s + Z_t - 2 (Z_{s,t} \vee Z_{t,s}).
\]
Then $d_Z$ is not a pseudometric on $[0, a]$, so we define

$$d^0_{a, \ell}(s, t) = \inf_{i=1}^{k} d_Z(s_i, t_i)$$

(3.3)

where the infimum is over all $k \in \mathbb{N}$ and all $2k + 2$-tuples $(t_0, s_1, t_1, \ldots, s_k, t_k, s_{k+1}) \in [0, a]^{2k+2}$ with $t_0 = s, s_{k+1} = t$, and $d_X(t_{i-1}, s_i) = 0$ for each $i \in [1, k+1]$. In other words, $d^0_{a, \ell}$ is the largest pseudometric on $[0, a]$ which is at most $d_Z$ and is zero whenever $d_X$ is 0.

The Brownian disk with area $a$ and perimeter $\ell$ is the quotient space $\text{BD}_{a, \ell} = [0, a] / \{ d^0_{a, \ell} = 0 \}$ equipped with the quotient metric, which we call $d_{a, \ell}$. It is shown in [BM15] that $(\text{BD}_{a, \ell}, d_{a, \ell})$ is a.s. homeomorphic to the closed disk.

We write $p : [0, a] \rightarrow \text{BD}_{a, \ell}$ for the quotient map. The pushforward $\mu_{a, \ell}$ of Lebesgue measure on $[0, a]$ under $p$ is a measure on $\text{BD}_{a, \ell}$ with total mass $a$, which we call the area measure of $\text{BD}_{a, \ell}$. The boundary of $\text{BD}_{a, \ell}$ is the set $\partial \text{BD}_{a, \ell} = p([0, \ell])$. We note that $\text{BD}_{a, \ell}$ has a natural orientation, obtained by declaring that the path $t \mapsto p(t)$ traces $\partial \text{BD}_{a, \ell}$ in the counterclockwise direction. The pushforward $\nu_{a, \ell}$ of Lebesgue measure on $[0, \ell]$ under the composition $r \mapsto p(T_r)$ is called the boundary measure of $\text{BD}_{a, \ell}$.

By [MS16a, Corollary 1.5], the law of the metric measure space $(\text{BD}_{a, \ell}, d_{a, \ell}, \mu_{a, \ell}, \nu_{a, \ell})$ is the same as that of the $\sqrt{8/3}$-LQG disk with area $a$ and boundary length $\ell$, equipped with its $\sqrt{8/3}$-LQG area measure and boundary length measure.

**Definition 3.1.** Let $\ell > 0$ and let $T_\ell$ be a random variable with the law of the first time a standard linear Brownian motion hits $-\ell$. We write $(\text{BD}_{s, \ell}, d_{s, \ell}) := (\text{BD}_{T_\ell}, d_{T_\ell})$, so that $\text{BD}_{s, \ell}$ is a Brownian disk with random area. Note that in this case the corresponding function $X$ defined above has the law of a standard linear Brownian motion started from $\ell$ and stopped at the first time it hits 0.

It is often convenient to work with a random-area Brownian disk rather than a fixed-area Brownian disk since the encoding function $X$ has a simpler description in this case.

### 3.2 Area, length, and distance estimates for the Brownian disk

In this subsection we will prove some basic estimates relating distances, areas, and boundary lengths for the Brownian disk which are needed for the proofs of our main results. These estimates serve to quantify the intuition that for Brownian surfaces we have

$$\text{Area} \approx \text{Length}^{1/2} \approx \text{Distance}^{1/4}.$$

In other words, a subset of the Brownian disk with area $\delta$ typically has boundary length approximately $\delta^{1/2}$ and diameter approximately $\delta^{1/4}$. Our first estimate tells us that distances along the boundary are almost $1/2$-Hölder continuous with respect to boundary length (in the same way that a standard Brownian motion on a compact time interval is almost $1/2$-Hölder continuous).

Throughout this section, for $x, y \in \partial \text{BD}_{a, \ell}$ we write $[x, y]_{\partial \text{BD}_{a, \ell}}$ for the counterclockwise arc of $\partial \text{BD}_{a, \ell}$ from $x$ to $y$ (i.e., in the notation of Section 3.1, the arc traced by the boundary path $r \mapsto p(T_r)$ between the times it hits $x$ and $y$).

**Lemma 3.2.** Let $a > 0$ and $\ell > 0$ and let $(\text{BD}_{a, \ell}, d_{a, \ell})$ be a Brownian disk with area $a$ and perimeter $\ell$. For each $\zeta > 0$, there a.s. exists $C > 0$ such that for each $x, y \in \partial \text{BD}_{a, \ell}$, we have

$$d_{a, \ell}(x, y) \leq C \nu_{a, \ell}([x, y]_{\partial \text{BD}_{a, \ell}})^{1/2} (\log \nu_{a, \ell}([x, y]_{\partial \text{BD}_{a, \ell}}) + 1)^{\zeta/4}$$

(3.4)

where $[x, y]_{\partial \text{BD}_{a, \ell}}$ denotes the counterclockwise arc of $\partial \text{BD}_{a, \ell}$ from $x$ to $y$. The same holds for a random-area disk with fixed boundary length as in Definition 3.1.

The idea of the proof of Lemma 3.2 is as follows. Recall that $\partial \text{BD}_{a, \ell}$ is the image under the quotient map $[0, a] \rightarrow \text{BD}_{a, \ell}$ of the set of times when the encoding function $X$ attains a running infimum relative to time 0 (i.e. the image of $r \mapsto T_r$). The pair $(X, Z^0)$ restricted to each such excursion evolves as a Brownian excursion together with the head of the Brownian snake driven by this excursion, so we can use tail bounds
for the Brownian snake [Ser97, Proposition 14] to bound the maximum of the restriction of \( Z^0 \) to each such excursion in terms of its time length. On the other hand, the excursions with unusually long time length are distributed according to a Poisson point process, so there cannot be too many such excursions in \([T_{r_1}, T_{r_2}]\) for any fixed \( 0 < r_1 < r_2 < \ell \). We use (3.3) to construct a path from the boundary points corresponding to \( T_{r_1} \) and \( T_{r_2} \) which skips all of the long excursions. See Figure 4 for an illustration. For the proof, we will use the elementary estimate

\[
P[X \geq x] \leq \frac{e^{-\lambda(\lambda x)^x}}{x^x}, \quad \forall x > \lambda \quad \text{for } X \sim \text{Poisson}(\lambda).
\] (3.5)

**Figure 4:** Illustration of the proof of Lemma 3.2. Shown is the Brownian disk \( \text{BD}_{a,\ell} \) and an arc \( p(T([r_1, r_2])) \subset \partial \text{BD}_{a,\ell} \) (red) whose diameter we are trying to bound. To construct a path from \( p(T_{r_1}) \) to \( p(T_{r_2}) \), we consider a path (shown in blue) consisting of a concatenation of segments which avoid the large excursions of \( t \mapsto p(t) \) away from \( p(T([r_1, r_2])) \) (pink). The number of such excursions is bounded using (3.6) and the lengths of each of the segments between excursions is bounded using (3.2) and (3.12).

**Proof of Lemma 3.2.** First fix \( \ell \in \mathbb{N} \) and let \( \text{BD}_{a,\ell} \) be a random-area Brownian disk with boundary length \( \ell \). We use the notation introduced at the beginning of this subsection with \( a = T_\ell \) as in Definition 3.1. For \( r > 0 \), let \( \bar{T}_r := \sup_{s < r} T_s \). Note that \( d_X(\bar{T}_r, T_r) = 0 \), with \( d_X \) as in (3.1). Let \( \mathcal{R} \) be the set of \( r \in [0, \ell] \) for which \( \bar{T}_r \neq T_r \), so that the intervals \([\bar{T}_r, T_r]\) for \( r \in \mathcal{R} \) are precisely the excursion intervals for \( X \) away from its running infimum.

The time lengths of the excursions of \( X \) away from its running infimum, parameterized by minus the running infimum of \( X \), have the law of a Poisson point process on \( \mathbb{R} \) with Itô measure \( \pi^{-1/2}t^{-3/2}\,dt \) (see, e.g. [RY99, Theorem 2.4 and Proposition 2.8, Section XII]). Hence for \( 0 \leq r_1 \leq r_2 \leq \ell \) and \( A > 0 \), the law of \( \# \left\{ r \in [r_1, r_2] : T_r - \bar{T}_r > A \right\} \) is Poisson with mean \( 2\pi^{-1/2}(r_2 - r_1)A^{-1/2} \). By (3.5) and the union bound, for each \( k \in \mathbb{N} \) it holds except on an event of probability decaying faster than any exponential function of \( k \) that

\[
\# \left\{ r \in [(j - 1)2^{-k}, j2^{-k}] : T_r - \bar{T}_r > 2^{-2k} \right\} \leq k, \quad \forall j \in [1, 2^k] \mathbb{Z}.
\] (3.6)

For \( n \in \mathbb{N} \), let \( \mathcal{R}_n \) be the set of \( r \in [0, \ell] \) for which \( T_r - \bar{T}_r \in [(n + 1)^{-1} \ell^2, n^{-1} \ell^2] \). Then \( \#\mathcal{R}_n \) is Poisson with mean \( 2\pi^{-1/2}((n + 1)1/2 - n^{1/2}) \sim n^{-1/2} \). Hence, by (3.5), except on an event of probability decaying
we have
\#\mathcal{R}_m \leq \log(m+1), \quad \forall m \geq n. \tag{3.7}

Let \( \mathcal{F} \) be the \( \sigma \)-algebra generated by the set \( \mathcal{R} \) and the pairs \((\bar{T}_r, T_r)\) for \( r \in \mathcal{R} \). If we condition on \( \mathcal{F} \) then the conditional law of the processes \( \{(X - X_{\bar{T}_r}, Z^0_{\bar{T}_r}) : r \in \mathcal{R}\} \) is described as follows. These processes for different choices of \( r \) are conditionally independent given \( \mathcal{F} \); the conditional law of each \( (X - X_{\bar{T}_r})|_{[\bar{T}_r, T_r]} \) is that of a Brownian excursion with time length \( T_r - \bar{T}_r \); and each \( Z^0_{\bar{T}_r}|_{[\bar{T}_r, T_r]} \) is the head of the Brownian snake driven by \( (X - X_{\bar{T}_r})|_{[\bar{T}_r, T_r]} \). By the large deviation estimate for the head of a Brownian excursion [Ser97, Proposition 14] and two applications of Brownian scaling, we find that for each \( r \in \mathcal{R} \) and each \( A > 1 \),
\[
\mathbb{P}\left[ \sup_{t \in [\bar{T}_r, T_r]} |Z^0_{\bar{T}_r} - Z^0_t| > A(T_r - \bar{T}_r)^{1/4} \mid \mathcal{F} \right] \leq \exp\left(-\frac{3}{2}(1 + o_A(1))A^{4/3}\right) \tag{3.8}
\]
at a universal rate as \( A \to \infty \).

If the event in (3.7) occurs for some \( n \in \mathbb{N} \) (which we emphasize is \( \mathcal{F} \)-measurable), then (3.8) implies that with
\[
E_n := \left\{ \exists r \in \bigcup_{m=n}^{\infty} \mathcal{R}_m \text{ with } \sup_{t \in [\bar{T}_r, T_r]} |Z^0_{\bar{T}_r}| > \ell^{1/2}n^{-1/4}\log(n)^{\frac{1}{2} + \zeta} \right\} \tag{3.9}
\]
we have
\[
\mathbb{P}[E_n \mid \mathcal{F}] \leq \sum_{m=n}^{\infty} \log(m+1) \exp\left(-\frac{3}{2}(1 + o_n(1)) \log(n)^{1 + \frac{1}{2} \zeta} (m/n)^{1/3}\right) = o_n(n^{-p}), \quad \forall p > 0. \tag{3.10}
\]

Recall that \( Z = Z^0 + b_{\tau_{\bar{T}_r-1}} \), where \( b \) is equal to \( \sqrt{3} \) times a reparameterized Brownian bridge from 0 to 0 in time \( \ell \). By a straightforward Gaussian estimate, it holds except on an event of probability decaying faster than any power of \( n \) that whenever \( 0 \leq r_1 < r_2 \leq \ell \) with \( r_2 - r_1 \leq \ell n^{-1/2} \) we have
\[
\sup_{\rho_1, \rho_2 \in [r_1, r_2]} |b_{\rho_1} - b_{\rho_2}| \leq \ell^{1/2}n^{-1/4}\log(n)^{3/4}. \tag{3.11}
\]
If the event \( E_n \) in (3.9) does not occur, then for any such \( r_1, r_2 \in [0, \ell] \) and any \( t \in [T_{r_1}, T_{r_2}] \) for which \( t \notin \bigcup_{m=n}^{\infty} \bigcup_{r \in \mathcal{R}_m} [\bar{T}_r, T_r] \), we have either \( Z^0_t = 0 \) or \( t \in [\bar{T}_r, T_r] \) for some \( r \in \bigcup_{m=n}^{\infty} \mathcal{R}_m \). In either case \( |Z^0_t| \leq \ell^{1/2}n^{-1/4}\log(n)^{1/4 + \zeta} \). Hence (3.10), (3.11), and the triangle inequality together imply that except on an event of probability decaying faster than any power of \( n \),
\[
\sup \left\{ |Z_s - Z_t| : s, t \in [T_{r_1}, T_{r_2}] \setminus \bigcup_{m=1}^{n-1} \bigcup_{r \in \mathcal{R}_m} [\bar{T}_r, T_r] \right\} \leq 4\ell^{1/2}n^{-1/4}\log(n)^{3/4 + \zeta} \tag{3.12}
\]
simultaneously for each \( 0 \leq r_1 < r_2 \leq \ell \) with \( r_2 - r_1 \leq \ell n^{-1/2} \).

Suppose now that \( k \in \mathbb{N} \), (3.6) occurs and (3.12) occurs with \( n = 2^k \). Let \( \mathbf{p} : [0, T_{\ell}] \to \mathbb{B}D_{s, \ell} \) be the quotient map. Note that \( \mathbf{p}(T([j-1]2^{-k}\ell, j2^{-k}\ell)) \) corresponds to the counterclockwise segment of the boundary of the disk of length \( 2^{-k}\ell \) which connects \( \mathbf{p}(T_{j-1}2^{-k}\ell) \) to \( \mathbf{p}(T_{j+1}2^{-k}\ell) \). We will use (3.3) to bound the diameter of \( \mathbf{p}(T([j-1]2^{-k}\ell, j2^{-k}\ell)) \). Fix \( j \in [1, 2^k] \) and \( r_1, r_2 \in ([j-1]2^{-k}\ell, j2^{-k}\ell) \) with \( r_1 < r_2 \). Let \( t_0 = s_1 = T_{r_1}, t_k = s_{k+1} = T_{r_2} \), and for \( i \in [2, k] \), let \( [t_{i-1}, s_i] \) be the \( i \)-th interval \([\bar{T}_r, T_r] \subset [T_{r_1}, T_{r_2}] \) with \( T_r - \bar{T}_r \geq \ell^{2^{-2k}} \), counted from left to right; or \( t_{i-1} = s_i = T_{r_2} \) if there fewer than \( i \) such intervals. Then we have \( d_N(t_{i-1}, s_i) = 0 \) for each \( i \in [1, k+1] \).

By (3.6) each \( r \in [r_1, r_2] \cap \bigcup_{m=1}^{2^k} \mathcal{R}_m \) satisfies \([\bar{T}_r, T_r] = [t_{i-1}, s_i] \) for some \( i \in [2, k] \). Hence each of the intervals \([s_i, t_i] \) for \( i \in [1, k] \) is disjoint from \( \bigcup_{m=1}^{2^k} \bigcup_{r \in \mathcal{R}_m} [\bar{T}_r, T_r] \). By (3.3) and (3.12),
\[
d_N^{\mathbf{p}}(T_{r_1}, T_{r_2}) \leq 2 \sum_{i=1}^{k} \sup_{s, t \in [s_i, t_i]} |Z_s - Z_t| \leq \ell^{1/2}2^{-k/2}k^{3/4 + \zeta},
\]

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with universal implicit constant, where in the first inequality we recall the definition (3.2) of $d_Z$. Since our choice of $r_1, r_2 \in [(j-1)2^{-k}, j2^{-k}]$ was arbitrary,

$$\text{diam}(\mathcal{P}(T \{ [(j-1)2^{-k}\ell, j2^{-k}\ell] \} ); d_{s,t}) \leq \ell^{1/2}2^{-k/2}k^{2} + \zeta$$

(3.13)

where here we recall the construction of $d_{s,t}$ from $d_{s,t}^0$.

By the Borel-Cantelli lemma, there a.s. exists $k_0 \in \mathbb{N}$ such that for $k \geq k_0$, (3.6) occurs and (3.12) occurs with $n = 2^{2k}$. Suppose given $k \geq k_0$ and $x, y \in \partial BD_{s,t}$ with $2^{-k-1} \leq \nu_{s,t}(\{x, y|\partial BD_{s,t} \} \leq 2^{-k}$. By (3.13) and the triangle inequality,

$$d_{s,t}(x, y) \leq C \nu_{s,t}(\{x, y|\partial BD_{s,t} \} \leq (|\log \nu_{s,t}(\{x, y|\partial BD_{s,t} \} | + 1)^{1/2} + \zeta$$

(3.14)

for an appropriate $C > 0$ as in the statement of the lemma. By increasing the constant to deal with the case when $\nu_{s,t}(\{x, y|\partial BD_{s,t} \} > 2^{-k_0}$, we get the desired continuity estimate in the case of a random-area disk.

The fixed area case follows since for any $a > 0$, the law of $(BD_{a,\ell}, d_{a,\ell})$ is absolutely continuous with respect to the law of $(BD_{a,\ell}, d_{a,\ell})$ conditioned on the positive probability event that $T_{t} > 2a$ (c.f. [BM15, Section 2.1]).

Next we need an estimate for the areas of metric balls, which is a straightforward consequence of the Hölder continuity of $Z$ and the upper bound for areas of metric balls in the Brownian map [Le 10, Corollary 6.2].

**Lemma 3.3.** Let $a, \ell > 0$ and let $(BD_{a,\ell}, d_{a,\ell})$ be a Brownian disk with area $a$ and perimeter $\ell$. For each $u \in (0, 1)$, there a.s. exists $C > 1$ such that the following is true. For each $\delta \in (0, 1)$ and each $z \in BD_{a,\ell}$, we have

$$\mu_{a,\ell}(B_{\delta}(z; d_{a,\ell})) \geq C^{-1} \delta^{4+u}$$

(3.15)

and for each $z \in BD_{a,\ell}$ with $B_{\delta}(z; d_{a,\ell}) \cap \partial BD_{a,\ell} = \emptyset$, we have

$$\mu_{a,\ell}(B_{\delta}(z; d_{a,\ell})) \leq C \delta^{4-u}.$$

(3.16)

Proof. It is easy to see from the Kolmogorov continuity criterion that the process $Z$ used in the definition of the Brownian disk is a.s. Hölder continuous with exponent $(4 + u)^{-1}$.

It follows from (3.2) that there a.s. exists a random $C > 0$ such that for each $s, t \in [0, a]$, we have

$$d_{a,\ell}(\mathcal{P}(s), \mathcal{P}(t)) \leq C|t - s|^{(4+u)^{-1}}.$$  

(3.17)

Since the quotient map $\mathcal{P}$ pushes forward Lebesgue measure on $[0, a]$ to $\mu_{a,\ell}$, we infer that for each $t \in [0, \ell]$ and each sufficiently small $\delta \in (0, 1)$ (how small depends on $C$, $u$, and $a$),

$$\mu_{a,\ell}(B_{\delta}(\mathcal{P}(t); d_{a,\ell})) \geq C^{-1} \delta^{4+u}.$$  

Upon shrinking $C$, this implies (3.14).

We now prove (3.15). By local absolute continuity of the process $(Z, X, b)$ for different choices of $a$ and $\ell$, it suffices to prove that for Lebesgue a.e. pair $(a, \ell) \in (0, \infty)^2$, there a.s. exists $C > 0$ so that (3.15) holds. Suppose to the contrary that this is not the case. Then there is a positive Lebesgue measure set $A \subset (0, \infty)^2$ such that for each $(a, \ell) \in A$, it holds with positive probability that

$$\sup_{\delta > 0} \sup_{z \in \partial BD_{a,\ell}} \frac{\mu_{a,\ell}(B_{\delta}(z; d_{a,\ell}))}{\delta^{4+u}} = \infty.$$  

(3.18)

Choose $A > 0$ such that the projection of $A$ onto its first coordinate intersects $[0, A]$ in a set of positive Lebesgue measure and let $(BM_{A, d_{A}})$ be a Brownian map with area $A$ and let $\mu_{A}$ be its area measure. By [Le 10, Corollary 6.2], a.s.

$$\sup_{\delta > 0} \sup_{z \in \partial BM_{A}} \frac{\mu_{A}(B_{\delta}(z; d_{A}))}{\delta^{4+u}} < \infty.$$  

(3.19)

Now fix $r > 0$ and let $z_0, z_1 \in BM_{A}$ be sampled uniformly from $\mu_{A}$. By [MS15, Proposition 4.4], the complementary connected component $D$ of $B_{r}(z_0; d_{A})$ containing $z_1$, equipped with the internal metric $d_{A,D}$ induced by $d_{A}$, has the law of a Brownian disk if we condition on its area and boundary length. With positive probability, the area and boundary length of $D$ belong to $A$. Since each $d_{A,D}$-metric ball is contained in a $d_{A}$-metric ball with the same radius, we see that (3.17) contradicts (3.18).
We will next prove a lower bound for the amount of area near a boundary arc of given length.

**Lemma 3.4.** Let \( a, \ell > 0 \) and let \((\mathcal{B}_a, \ell), d_a, \ell)\) be a Brownian disk with area \( a \) and perimeter \( \ell \). For each \( u > 0 \), there a.s. exists \( c > 0 \) such that for each \( \delta \in (0, 1) \) and each \( x, y \in \partial \mathcal{B}_a, \ell \), we have

\[
\mu_{a, \ell}(B_\delta([x, y]_{\partial \mathcal{B}_a, \ell}; d_a, \ell)) \geq c\delta^{2+u} \nu_{a, \ell}([x, y]_{\partial \mathcal{B}_a, \ell}).
\]

The idea of the proof of Lemma 3.4 is to prove a lower bound for the number of “large” excursions of \( X \) away from its running infimum during the time interval \([T_{r_1}, T_{r_2}]\) where \( 0 \leq r_1 < r_2 < \ell \) are chosen so that the times \( T_{r_1} \) and \( T_{r_2} \) are mapped to \( x \) and \( y \) under the quotient map \([0, a] \to \mathcal{B}_a, \ell \). This lower bound complements the upper bound for the number of such excursions used in the proof of Lemma 3.2. For the proof of Lemma 3.4 we will need the following elementary estimate for Brownian motion.

**Lemma 3.5.** Let \( B \) be a standard linear Brownian motion started from 0 and for \( r > 0 \), let \( T_r := \inf \{ t > 0 : B_t = -r \} \). For \( \delta > 0 \), let \( N_\delta \) be the number of intervals of the form \([ (k-1)\delta, k\delta] \) for \( k \in \mathbb{N} \) which intersect \( \{ T_r : r \in [0, 1] \} \). There is a universal constant \( c_0 > 0 \) such that for each \( \delta \in (0, 1) \) and each \( \zeta \in (0, (2\pi)^{-1/2}) \) we have

\[
\mathbb{P}[N_\delta < \zeta \delta^{-1/2}] \leq \exp \left( -\frac{c_0}{\zeta^{1/2}} \right).
\]

**Proof.** Let \( \rho_0 = 0 \) and for \( j \in \mathbb{N} \) inductively let \( \rho_j \) be the smallest \( r > \rho_{j-1} \) for which \( T_r - T_{\rho_{j-1}} \geq \delta \). Let \( J \) be the largest \( j \in \mathbb{N} \) for which \( \rho_j \leq 1 \). Each of the times \( T_{\rho_j} \) for \( j \in [1, J] \) lies in a distinct interval of the form \([ (k-1)\delta, k\delta] \) for \( k \in \mathbb{N} \). Hence \( N_\delta \geq J \).

By the strong Markov property for standard Brownian motion, the random variables \( \rho_1, \rho_2, \ldots, \rho_j \) are i.i.d. Observe that \( \rho_1 - \rho_0 = -\inf_{t \in [0, \delta]} B_t \) because if \( r < -\inf_{t \in [0, \delta]} B_t \) then \( T_r < \delta \) and if \( r > -\inf_{t \in [0, \delta]} B_t \) then \( T_r > \delta \). Consequently, it follows that each of these random variables has the law of the absolute value of a Gaussian random variable with mean 0 and variance \( \delta \) (which has mean \((2/\pi)^{1/2}\delta^{1/2}\)). By Hoeffding’s inequality for sums of independent random variables with sub-Gaussian tails (see, e.g., [Ver12, Proposition 5.10]), for \( m \in \mathbb{N} \) and \( R > 0 \),

\[
\mathbb{P}\left[ \rho_m > R + (2/\pi)^{1/2}\delta^{1/2} m \right] \leq \exp \left( -\frac{c_1 R^2}{\delta m} \right)
\]

with \( c_1 > 0 \) a universal constant. Therefore, for \( \zeta \in (0, (2\pi)^{-1/2}) \) we have

\[
\mathbb{P}\left[ N_\delta < \zeta \delta^{-1/2} \right] \leq \mathbb{P}\left[ J < \zeta \delta^{-1/2} \right] = \mathbb{P}\left[ \rho_{\zeta \delta^{-1/2}} > 1 \right] \leq \exp \left( -\frac{c_0}{\zeta^{1/2}} \right)
\]

with \( c_0 > 0 \) as in the statement of the lemma. \( \square \)

**Proof of Lemma 3.4.** In light of Lemma 3.3 (applied with \( u/2 \) in place of \( u \)), we can restrict attention to arcs \([x, y]_{\partial \mathcal{B}_a, \ell} \) satisfying

\[
\nu_{a, \ell}([x, y]_{\partial \mathcal{B}_a, \ell}) \geq \delta^{2-u/2}.
\]

We start by working with a random-area Brownian disk \((\mathcal{B}_a, \ell), d_a, \ell)\) as in Definition 3.1. Fix a small parameter \( v \in (0, 1) \) to be chosen later, depending only on \( u \). For \( n, m \in \mathbb{N} \) with \( n \geq m \) and \( j \in [1, 2^m] \), let \( N_{m,j}^n \) be the number of intervals of the form \([ (k-1)2^{-2n}, k2^{-2n}] \) for \( k \in \mathbb{N} \) which intersect \( \{ T_r : r \in [(j-1)2^{-m} \ell, j2^{-m} \ell] \} \). Let \( E_m \) be the event that \( N_{m,j}^n \geq \ell(2^{(1-v)n-m}) \) for each \( n \geq m \) and all \( j \in [1, 2^m] \). By Lemma 3.5 (applied with \( \delta = 2^{2m-2n} \ell^{-2} \) and \( \zeta = 2^{-vm} \)) and scale and translation invariance,

\[
\mathbb{P}[N_{m,j}^n < \ell(2^{(1-v)n-m})] \leq \exp \left( -c_0 \ell(2^{(1+v)n-m}) \right).
\]

By the union bound,

\[
\mathbb{P}[E_m] \leq 2^m \sum_{n=m}^{\infty} \exp \left( -c_0 \ell(2^{(1+v)n-m}) \right) \leq 2^m \exp \left( -c_0 \ell(2^{vm}) \right)
\]
with implicit constant depending only on $\ell$. By the Borel-Cantelli Lemma, a.s. there exists $m_0 \in \mathbb{N}$ such that $E_m$ occurs for each $m \geq m_0$.

Let $C > 0$ be a random constant chosen so that (3.16) holds for $BD_{\ast,\ell}$, with $v$ in place of $u$. Suppose we are given $\delta > 0$ with $\delta^2 \in (0, 2^{-(1+2m_0)})$ and $x, y \in \partial BD_{\ast, \ell}$ with

$$\delta \nu_{\ast, \ell}(\delta) \leq \nu_{\ast, \ell}(\delta) \leq 2^{-m_0 - 1}. \quad (3.19)$$

After possibly increasing $m_0$, we can choose $m \geq m_0$ with $2^{-m+1} \leq \nu_{\ast, \ell}(\delta) \leq 2^{-m+2}$ and $m \geq m$ with $2^{-2(1+v)n} \leq C^{-1} \delta^4 \leq 2^{-2(1+v)n+1}$.

For some $j \in [1, 2m]$, the boundary arc $[x, y]_{\partial BD_{\ast, \ell}}$ contains the image under the quotient map $\mathbb{p}$ of the set $\{T_v : v \in [(j-1)2^{-m+\ell}, j2^{-m+\ell}]\}$. By definition of $E_m$, there are at least $\lfloor 2^{(1-v)n-m} \rfloor$ intervals of the form $[(k-1)2^{-2n}, k2^{-2n}]$ for $k \in [1, \ell 2^{2n}]$ whose images under $\mathbb{p}$ intersect $[x, y]_{\partial BD_{\ast, \ell}}$. By (3.16) and our choice of $n$, if $v$ is chosen sufficiently small relative to $u$ (depending on the constant $C$ from (3.16)) then the image of each of these intervals under $\mathbb{p}$ lies in $B_{\delta}(\{x, y\}_{\partial BD_{\ast, \ell}}; d_{\ast, \ell})$. Therefore, for an appropriate random choice of $c' > c > 0$,

$$\mu_{\ast, \ell}(B_{\delta}(\{x, y\}_{\partial BD_{\ast, \ell}}; d_{\ast, \ell})) \geq c' 2^{-((1+v)n-m)} \geq c' 2^{-((1+v)n-m)} \nu_{\ast, \ell}(\delta).$$

This holds simultaneously for each boundary arc $[x, y]_{\partial BD_{\ast, \ell}}$ satisfying (3.19). By choosing $v$ sufficiently small relative to $u$ (recall (3.16)) and shrinking $c$ in a manner depending on $m$, we obtain the statement of the lemma for a random-area Brownian disk. The statement for a fixed area Brownian disk follows by local absolute continuity.

\section{Metric gluing}

In this section we will complete the proofs of the theorems stated in Section 1.3. In Section 4.1, we will show that $\sqrt{8/3}$-LQG geodesics between quantum typical points a.s. do not hit the boundary of the domain, which is one of the main inputs in the proofs of our main results. Next, in Section 4.2, we will prove Theorem 1.1, noting that the proof of Theorem 1.3 is essentially identical. Finally, in Section 4.3, we will deduce Theorems 1.6 and 1.7.

Throughout this section, we use the notation

$$\mathbb{V}_\rho := \{z \in B_\rho(0) : \Im z > \rho^{-1}\} \quad \text{and} \quad \mathbb{V}_\rho^c := \{z \in B_\rho(0) : |z| > \rho^{-1}\}, \quad \forall \rho > 1. \quad (4.1)$$

\subsection{LQG geodesics cannot hit the boundary}

To prove our main results, we want to apply the estimates for the Brownian disk obtained in Section 3.2. In order to apply these estimates, we need to ensure that we can restrict attention to finitely many quantum surfaces that locally look like quantum disks (equivalently, Brownian disks).

If we are in the setting of Theorem 1.1 with either $\mathfrak{w}^- < 4/3$ or $\mathfrak{w}^+ < 4/3$, the SLE$_{8/3}(\mathfrak{w}^- - 2; \mathfrak{w}^+ - 2)$ curve $\eta$ will intersect $\mathbb{R}$ in a fractal set (see [MW14] for a computation of the dimension of this set), so there will be infinitely many elements of $\mathcal{U}^- \cup \mathcal{U}^+$ (i.e., connected components of $\mathbb{H} \setminus \eta$) contained in small neighborhoods of certain points of $\mathbb{R}$. However, since $\eta$ does not intersect itself and is a.s. continuous and transient, there are only finitely many connected components of $\mathbb{H} \setminus \eta$ which intersect each of the sets $\mathbb{V}_\rho$ of (4.1). Hence one way to avoid dealing with infinitely many elements of $\mathcal{U}^- \cup \mathcal{U}^+$ is to work in a bounded set at positive distance from $\mathbb{R}$. The following lemma will allow us to do so. For the statement, we recall the parameter $Q$ from (1.2).

\textbf{Lemma 4.1.} Suppose that $h$ is either a free boundary GFF on $\mathbb{H}$ plus $-\alpha \log |\cdot|$ for $\alpha \leq Q$, an embedding into $(\mathbb{H}, 0, \infty)$ of an $-\alpha$-quantum wedge for $\alpha \leq Q$, or an embedding into $(\mathbb{H}, 0, \infty)$ of a single head of an $-\alpha$-quantum wedge for $\alpha \in (Q, Q + \sqrt{2/3})$ with area $a > 0$ and left/right boundary lengths $\gamma_l, \gamma_r > 0$. Let $R > 1$ and let $z_1, z_2$ be sampled uniformly from $\mu_{h(\mathbb{V})}$, normalized to be a probability measure, where $\mathbb{V}$ is as in (4.1). Almost surely, there is a unique $\mathfrak{d}_h$-geodesic $\gamma_{z_1, z_2}$ from $z_1$ to $z_2$, and a.s. $\gamma_{z_1, z_2}$ does not intersect $\mathbb{R} \cup \{\infty\}$. 

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We will eventually deduce Lemma 4.1 from [BM15, Lemma 18] and local absolute continuity of $h$ with respect to an embedding of a quantum disk (which is isometric to a Brownian disk). However, due to the presence of the log singularity at 0 this absolute continuity only holds away from 0 and $\infty$ so we first need to rule out the possibility that $\partial_h$-geodesics hit 0 or $\infty$ with positive probability. By an absolute continuity argument, it suffices to prove this in the case when $h$ is a free boundary GFF with a log singularity at 0. This is the purpose of the next two lemmas.

The proof of the following lemma illustrates a general technique which can be used to show that various events associated with the $\sqrt{8/3}$-LQG metric induced by some variant of the GFF occur with positive probability.

**Lemma 4.2.** Let $h$ be a free-boundary GFF on a simply connected domain $D \subset \mathbb{C}$. Let $A_1, A_2 \subset \overline{D}$ be deterministic disjoint compact sets and let $c > 0$. Then with positive probability, the $\sqrt{8/3}$-LQG metric $\partial_h$ satisfies

$$\text{diam}_{\partial_h}(A_1) \leq c \partial_h(A_1, A_2). \tag{4.2}$$

**Proof.** Let $U_1, U_2 \subset \overline{D}$ be bounded connected relatively open sets such that $A_1 \subset U_1$, $A_2 \subset U_2$, and $U_1 \cap U_2 = \emptyset$. We note that $h|_{U_1}$ has the law of a GFF on $U_1$ plus a random harmonic function. Hence the $\sqrt{8/3}$-LQG metric $\partial_{h|_{U_1}}$ is well-defined, finite on compact subsets of $U_1$, and determines the same topology on $U_1$ as the Euclidean metric. We furthermore have $\partial_{h|_{U_1}} \geq \partial_h$ on $U_1$. Since $\partial_h$ determines the same topology as the Euclidean metric, there exists $C > 0$ such that

$$\mathbb{P}\left[\text{diam}\left(A_1; \partial_{h|_{U_1}}\right) \leq C \partial_h(A_2, \partial U_2)\right] \geq \frac{1}{2}. \tag{4.3}$$

Let $R > 0$ be a constant to be chosen later and let $\phi$ be a smooth function on $\overline{D}$ which is identically equal to $-R$ on $U_1$, identically equal to $R$ on $U_2$, and identically equal to 0 outside a compact subset of $\overline{D}$. Let $\tilde{h} := h + \phi$. By the scaling property of the $\sqrt{8/3}$-LQG metric [MS16a, Lemma 2.2],

$$\text{diam}\left(A_1; \partial_{\tilde{h}|_{U_1}}\right) = e^{-\sqrt{8/3}R/4} \text{diam}\left(A_1; \partial_{h|_{U_1}}\right) \quad \text{and} \quad \partial_{\tilde{h}}(A_2, \partial U_2) = e^{\sqrt{8/3}R/4} \partial_h(A_2, \partial U_2).$$

Hence if we choose $R > 0$ such that $Ce^{-\sqrt{8/3}R/4} \leq c$, then (4.3) implies that with probability at least 1/2,

$$\text{diam}\left(A_1; \partial_{\tilde{h}|_{U_1}}\right) \leq c \partial_{\tilde{h}}(A_2, \partial U_2),$$

in which case

$$\text{diam}\left(A_1; \partial_{\tilde{h}}\right) \leq c \partial_{\tilde{h}}(A_1, A_2). \tag{4.4}$$

On the other hand, since $\tilde{h} - h$ is a smooth compactly supported function, the law of $\tilde{h}$ is absolutely continuous with respect to the law of $h$, so with positive probability (4.4) holds with $h$ in place of $\tilde{h}$. By scaling, this implies that (4.4) holds.

Now we can rule out the possibility that geodesics for the $\sqrt{8/3}$-LQG metric induced by a GFF with a log singularity at 0 hit 0.

**Lemma 4.3.** Let $\tilde{h}$ be a free boundary GFF on $\mathbb{H}$ and let $\alpha \in \mathbb{R}$. Let $h := \tilde{h} - \alpha \log |\cdot|$ and let $\partial_h$ be the $\sqrt{8/3}$-LQG metric induced by $h$. Almost surely, no $\partial_h$-geodesic between points in $\mathbb{H}$ hits 0.

**Proof.** For each $j \in \mathbb{N}$, let $r_j = e^{-j}$ and let $\mathcal{F}_j$ be the $\sigma$-algebra generated by $h|_{\mathbb{H} \setminus B_{r_j}(0)}$. Let $h_j$ be the conditional mean of $h|_{B_{r_j}(0) \cap \mathbb{H}}$ given $h|_{\mathbb{H} \setminus B_{r_j}(0)}$. Let $E_j$ be the event that

$$\text{diam}(\partial B_{r_{j-1}}(0) \cap \mathbb{H}; \partial_h) < \partial_h(\partial B_{r_{j-1}}(0) \cap \mathbb{H}, (\partial B_{r_j}(0) \cup \partial B_{r_{j-2}}(0)) \cap \mathbb{H}).$$

Then if $E_j$ occurs for some $j \in \mathbb{N}$, no geodesic between points in $\mathbb{H} \setminus B_{r_j}(0)$ can hit 0. Hence we just need to show that for each $j_0 \in \mathbb{N}$,

$$\mathbb{P}\left[\bigcup_{j=j_0}^{\infty} E_j\right] = 1.$$
The event $E_j$ is the same as the event that the following is true: if we grow the $\partial_0$-metric balls centered at any point of $\partial B_{r_{j-1}}(0)$, then we cover $\partial B_{r_{j-1}}(0)$ before reaching $\partial B_r(0)$ or $\partial B_{r_{j-1}}(0)$. Since metric balls are locally determined by $h$ (this is immediate from the construction of $\partial_0$ using QLE(8/3, 0) in [MS15b, MS16a, MS16b]), it follows that $E_j$ is determined by the restriction of $h$ to $B_{r_{j-1}}(0) \setminus B_r(0)$, and in particular $E_j \in \mathcal{F}_j$. By the scale invariance of $\partial_0$, the events $E_j$ do not depend on the choice of additive constant for $h$. By the conformal invariance of the law of $h$, modulo additive constant, and Lemma 4.2, we can find $p > 0$ such that $\mathbb{P}[E_j] \geq p$ for each $j \in \mathbb{N}$.

Now fix $j_0 \in \mathbb{N}$ and $\epsilon > 0$. Inductively, suppose $k \in \mathbb{N}$ and we have defined $j_{k-1} \geq j_0$ which is a stopping time for the filtration $\{\mathcal{F}_j\}_{j \in \mathbb{N}}$. The function $h_{j_{k-1}}$ is a.s. harmonic, hence smooth, on $B_{r_{j_{k-1}+1}}(0) \cap \mathbb{H}$ so we can find $j_k \geq j_{k-1} + 2$ such that
\[
\int_{B_{r_{j_k-2}}(0) \cap \mathbb{H}} |\nabla h_{j_{k-1}}(w)|^2 \, dw \leq \epsilon.
\]

Since $h_{j_{k-1}}$ is $\mathcal{F}_{j_{k-1}}$-measurable, it follows by induction that $j_k$ is a stopping time for $\{\mathcal{F}_j\}_{j \in \mathbb{N}}$. By [MS16a, Lemma 5.4], if we choose $\epsilon > 0$ sufficiently small, depending on $p$, then it holds with conditional probability at least $1 - p/2$ given $\mathcal{F}_{j_{k-1}}$ that the Radon-Nikodym derivative of the conditional of $h|_{B_{r_{j_k-2}}(0) \cap \mathbb{H}}$ with respect to the unconditional law of a free-boundary GFF on $\mathbb{H}$ plus $-\alpha \log |\cdot|$ restricted to $B_{r_{j_k-2}}(0) \cap \mathbb{H}$, viewed as distributions defined modulo additive constant, is between $1/2$ and $2$. Hence
\[
\mathbb{P}[E_{j_k} | \mathcal{F}_{j_{k-1}}] \geq \frac{p}{4}.
\]

By the Borel-Cantelli lemma, it follows that a.s. $E_{j_k}$ occurs for some $k \in \mathbb{N}$. $\square$

Proof of Lemma 4.1. For each sufficiently small $r > 0$, the law of $h|_{B_{r}(0) \cap \mathbb{H}}$ for an appropriate choice of embedding $h$ is absolutely continuous with respect to the law of the corresponding restriction of a free-boundary GFF plus a log singularity at $0$ with appropriate choice of additive constant. By Lemma 4.3, a.s. no geodesic of $\partial_0$ hits $0$. In the case of a free-boundary GFF or a thick quantum wedge, it is clear that a.s. no geodesic of $\partial_0$ hits $\infty$. In the case of a single bead of a thin wedge, this follows since $(\mathbb{H}, h, 0, \infty) \not\equiv (\mathbb{H}, h, \infty, 0)$. It follows that we can find $\rho = \rho(p) > 1$ such that with probability at least $1 - p$, every geodesic from $z_1$ to $z_2$ is contained in $\mathbb{H}_p$. Let $E$ be the event that this is the case.

By Lemma 2.2, on $E$ the set of $\partial_0$-geodesics from $z_1$ to $z_2$ coincides with the set of $\partial_{h|_{\mathbb{H}_p}}$-geodesics from $z_1$ to $z_2$. The law of the field $h|_{\mathbb{H}_p}$ is absolutely continuous with respect to the law of the corresponding restriction of an appropriate embedding into $(\mathbb{H}, 0, \infty)$ of a quantum disk, which by [MS16a, Corollary 1.5] is isometric to a Brownian disk. By [BM15, Lemma 18], we infer that a.s. there is only one $\partial_{h|_{\mathbb{H}_p}}$-geodesic from $z_1$ to $z_2$ and that this geodesic a.s. does not hit $\partial D$. Since $\mathbb{P}[E]$ can be made arbitrarily close to $1$ by choosing $\rho$ sufficiently large, we obtain the statement of the lemma. $\square$

In the setting of Theorem 1.3, there is no boundary to worry about but we still need to ensure that geodesics stay away from the origin, since, due to the presence of a log singularity, the restriction of the field $h$ to a neighborhood of the origin is not absolutely continuous with respect to a quantum disk (or sphere). The following lemma addresses this issue. We do not give a proof since the argument is essentially the same as the proof of Lemma 4.1.

Lemma 4.4. Suppose that $h$ is either a whole-plane GFF on plus $-\alpha \log |\cdot|$ for $\alpha < Q$, an embedding into $(\mathbb{C}, 0, \infty)$ of an $\alpha$-quantum cone for $\alpha < Q$, or an embedding into $(\mathbb{C}, 0, \infty)$ of a quantum sphere. Let $R > 1$ and let $z_1, z_2$ be sampled uniformly from $\mu_0|_{B_{R}(0) \setminus B_{R}(0)}$, normalized to be a probability measure. Almost surely, there is a unique $\partial_0$-geodesic $\gamma_{z_1, z_2}$ from $z_1$ to $z_2$, and a.s. $\gamma_{z_1, z_2}$ does not hit $0$ or $\infty$.

4.2 Metric gluing of two quantum wedges

In this subsection we will prove Theorem 1.1. The proof of Theorem 1.3 is similar to that of Theorem 1.1, but simpler because we only need to consider a single complementary connected component of $\eta$ (note that the proof uses Lemma 4.4 in place of Lemma 4.1). So, we will only give a detailed proof of Theorem 1.1.

Throughout, we assume we are in the setting of Theorem 1.1. Recall in particular that $(\mathbb{H}, h, 0, \infty)$ is a weight-$m$ quantum wedge (so $\mu_0(\mathbb{H}) = \infty$) if $m \geq 4/3$, or a single bead of a thin wedge with quantum area $a$.
and left/right quantum boundary lengths $l^-$ and $l^+$ (if $w < 4/3$). We assume that the embedding of $h$ is chosen so that the quantum mass of $D \cap H$ is 1 (if $w \geq 4/3$) or so that the quantum mass of $D \cap H$ is $a/2$ (if $w < 4/3$). This is merely for convenience as the statement of the theorem is independent of the choice of embedding. We also assume that the SLE$_{3/4w}(w^- - 2; w^+ - 2)$ curve $\eta$ is parameterized by quantum length with respect to $h$.

For a connected component $U \in U^- \cup U^+$, let $x_U$ (resp. $y_U$) be the first (resp. last) point of $\partial U$ hit by $\eta$. Then the quantum surfaces $(U, h_U(x_U, y_U))$ for $U \in U^\pm$ are the beads of $\mathcal{W}^\pm$ if $w^\pm < 4/3$, or all of $\mathcal{W}^\pm$ if $w^\pm \geq 4/3$.

We now give an outline of the proof of Theorem 1.1. For most of the proof, we will truncate on a global regularity event $G_C = G_C(u, \rho)$, which we define in Lemma 4.5 just below. After establishing that $G_C$ holds with probability close to 1 when the parameters our chosen appropriately, our main aim will be to prove the following. There is an $\alpha > 0$ such that if $G_C$ occurs, then for small $\delta > 0$ the $d_h$-geodesic $\gamma_{z_1, z_2}$ between two points $z_1, z_2 \in B_\rho(0)$ sampled from $\mu_h|_{B_\rho(0)}$ hits at most $O(\delta^{1+\alpha})$ SLE segments of the form $\eta((k-1)\delta^2, k\delta^2]$ for $k \in \mathbb{N}$. In light of Lemma 3.2, this will allow us to construct a path from $z_1$ to $z_2$ of length approximately $d_h(z_1, z_2)$ which consists of a concatenation of finitely many segments of $\gamma_{z_1, z_2}$ which are contained in $U$ for $U \in U^- \cup U^+$; and $O(\delta^{1-\alpha})$ paths of length at most $\delta^{1+\alpha}(1)$ which do not cross $\eta$, each of which connects two points of $\eta((k-1)\delta^2, k\delta^2])$ for some $k \in \mathbb{N}$. This, in turn, will imply the theorem statement.

The proof of our estimate for the number of $\delta^2$-length SLE segments hit by a $d_h$-geodesic will be accomplished in two main steps. First we will show in Lemma 4.7 that on $G_C$, a $d_h$-metric ball of radius approximately $\delta$ cannot intersect too many $\delta^2$-length SLE segments. Then we will obtain the desired estimate in Lemma 4.8 by bounding the probability that $\eta$ gets within $d_h$-distance $\delta$ of a given segment of the geodesic $\gamma_{z_1, z_2}$.

We are now ready to define our regularity event $G_C$ and show that it occurs with high probability. For the statement of the following lemma, we recall the sets $V_\rho$ and $V_\rho'$ from (4.1).

**Lemma 4.5.** There exists $\beta > 0$ such that the following is true. For $u \in (0,1)$, $\rho > 2$, and $C > 1$, let $G_C = G_C(u, \rho)$ be the event that the following hold.

1. For each $z \in V_\rho$ and each $\delta \in (0,1]$ with $B_\delta(z; \partial U) \cap \mathbb{R} = \emptyset$, we have $\mu_h(B_\delta(z; \partial U)) \leq C\delta^{4-u}$.
2. For each $U \in U^- \cup U^+$ with $U \cap V_\rho = \emptyset$, each $z \in \overline{U} \cap V_\rho$, and each $\delta \in (0,1]$, we have $\mu_h(B_\delta(z; \partial h_{|U})) \geq C^{-1}\delta^{4+u}$.
3. For each $U \in U^- \cup U^+$ with $U \cap V_\rho \neq \emptyset$ and each $x, y \in \partial U \cap V_\rho$,

   $$\partial h_{|U}(x, y) \leq C\nu_h([x, y]|_{\partial U})^{1/2} \left[ \log \nu_h([x, y]|_{\partial BD_n}) \right] + 1)^2. \quad (4.5)$$

4. For each $U \in U^- \cup U^+$ with $U \cap V_\rho \neq \emptyset$, each $x, y \in \partial U \cap V_\rho$, and each $\delta \in (0,1)$,

   $$\mu_h(B_\delta([x, y]|_{\partial U}; \partial h_{|U})) \geq C^{-1}\delta^{2+u}\nu_h([x, y]|_{\partial U}) .$$

5. For each $z \in V_\rho'$ and each $\delta \in (0,1]$, we have $B_\delta(z; \partial h) \subset B_{C\delta^\beta}(z)$.

6. For each $t > s > 0$ such that $\eta(s) \in V_{\rho/2}$ and $|t - s| \leq C^{-1}$, we have $\eta(t) \in V_\rho$.

For each $u > 0$, $\rho > 2$, and $p \in (0,1)$ there exists $C > 1$ such that $\mathbb{P}[G_C] \geq 1 - p$.

We remark that in (4.5) it is possible to improve the exponent of the log term to $7/4 + \zeta$ for any $\zeta > 0$ (see Lemma 3.2), but the particular exponent does not matter for our purposes so for simplicity we just take it to be 2.

**Proof of Lemma 4.5.** Fix $u \in (0,1)$, $\rho > 2$, and $p \in (0,1)$. We will deduce the statement of the lemma from the results of Section 3.2 and local absolute continuity (recall that the Brownian disk is equivalent to the quantum disk). First we need to reduce ourselves to considering only finitely many quantum surfaces, rather than the surfaces parameterized by all of the complementary connected components of $\eta$ (which is an infinite set of one of $w^\pm$ is smaller than $4/3$).
Let $\mathcal{F}$ be the $\sigma$-algebra generated by the $\mu_\eta$-areas of the ordered sequences of beads of $W^-$ and $W^+$ (so that $\mathcal{F}$ is trivial if $w^- \land w^+ \geq 4/3$). For $\epsilon > 0$, let $\mathcal{U}^\pm$ be the set of $U \in \mathcal{U}^\pm$ such that the following is true: we have $\mu_\eta(U) \geq \epsilon$, and the sum of the quantum areas of the beads of $W^\pm$ which come before $U$ is at most $\epsilon^{-1}$. Then each $\mathcal{U}^\pm$ is a finite set. Furthermore, $\mathcal{F}$ determines which elements of $\mathcal{U}^\pm$ belong to $\mathcal{U}^\pm_\epsilon$ so the conditional law of the surfaces $(U, h_U, x_U, y_U)$ for $U \in \mathcal{U}^\pm_\epsilon$ given $\mathcal{F}$ is that of a collection of independent beads of a weight-$w^\pm$ quantum wedge with given areas (or a single weight-$w^\pm$ quantum wedge if $w^\pm \geq 4/3$).

Throughout the proof we assume that there is an $\epsilon > 0$ such that the following is true a.s. on $\mathcal{G}$

$$\mathrm{Proof.}$$

For each $U \in \mathcal{U}^\pm$, let $\nu_U$ be the unique conformal map which takes $x_U$ to 0 and $y_U$ to $\infty$, normalized so that the quantum measure induced by the field $h_U := h \circ \phi_U^{-1} + Q \log |(\phi_U^{-1})'|$ assigns mass 1 to $\mathbb{D} \cap \mathcal{H}$ (if $\mu_\eta(U) = \infty$) or mass $\mu_\eta(U)/2$ to $\mathbb{D} \cap \mathcal{H}$ (if $\mu_\eta(U) < \infty$).

By [MS15c, Corollary 1.5], the space $H$ equipped with the $\sqrt{\ell/2}$-LQG metric induced by $\tilde{h}$ is isometric to the Brownian disk with area $a$ and left/right boundary lengths each equal to $\ell$, with the embedding chosen so that $\mu_\tilde{h}(\mathbb{D} \cap \mathcal{H}) = 1$ (if $w \geq 4/3$) or $\mu_\tilde{h}(\mathbb{D} \cap \mathcal{H}) = a/2$ (if $w < 4/3$). It is easy to see from the definitions given in [DMS14, Section 4] that on the event \{\(\mu_\eta(\nu_2^\ell) \leq a/2, \nu_\eta(\partial \nu_2^\ell \cap \mathbb{R}) \leq \ell/2\}\} the law of $h_{|\nu_\eta^\ell}$ is absolutely continuous with respect to the law of the corresponding restriction of $h$. Furthermore, if we condition on $\mathcal{F}$ then on the event \{\(\mu_\eta(\nu_2^\ell) \leq a/2, \nu_\eta(\partial \nu_2^\ell \cap \mathbb{R}) \leq \ell/2\}\}

the conditional law of $h_{\nu_\eta^\ell}$ is absolutely continuous with respect to the law of the corresponding restriction of $\tilde{h}$.

By [MS15c, Corollary 1.5], the space $\mathcal{H}$ equipped with the $\sqrt{\ell/2}$-LQG metric induced by $\tilde{h}$ is isometric to the Brownian disk with area $a$ and boundary length $2\ell$. Since $\partial \nu_2^\ell$ a.s. lies at positive distance from 0, since each $\mathcal{U}^\pm_\epsilon$ is a.s. finite, we can find $\bar{\rho} > 1$ such that with probability at least $1-p/5$,

$$\phi_U(U \cap \nu_2^\ell) \subset \nu_\bar{\rho}^\ell, \quad \forall U \in \mathcal{U}^\epsilon \cap \mathcal{U}^\epsilon_\epsilon.$$

Again using the finiteness of $\mathcal{U}^\pm_\epsilon$, we can find $a > 1 \land a$ and $\ell > 0$ such that with probability at least $1-p/5$, $\mu_\eta(\nu_2^\ell) \leq a/2, \nu_\eta(\partial \nu_2^\ell \cap \mathbb{R}) \leq \ell/2$.

$$\mu_\eta(\nu_2^\ell) \leq a/2, \nu_\eta(\partial \nu_2^\ell \cap \mathbb{R}) \leq \ell/2, \quad \forall U \in \mathcal{U}^\epsilon \cap \mathcal{U}^\epsilon_\epsilon.$$

Let $(\mathcal{H}, \tilde{h}, 0, \infty)$ be a doubly marked quantum disk with area $a$ and left/right boundary lengths equal to $\ell$, with the embedding chosen so that $\mu_\tilde{h}(\mathbb{D} \cap \mathcal{H}) = 1$ (if $w \geq 4/3$) or $\mu_\tilde{h}(\mathbb{D} \cap \mathcal{H}) = a/2$ (if $w < 4/3$). It is easy to see from the definitions given in [DMS14, Section 4] that on the event \{\(\mu_\eta(\nu_2^\ell) \leq a/2, \nu_\eta(\partial \nu_2^\ell \cap \mathbb{R}) \leq \ell/2\}\}

the law of $h_{|\nu_\eta^\ell}$ is absolutely continuous with respect to the law of the corresponding restriction of $h$. Furthermore, if we condition on $\mathcal{F}$ then on the event

$$\mu_\eta(\nu_2^\ell) \leq a/2, \nu_\eta(\partial \nu_2^\ell \cap \mathbb{R}) \leq \ell/2,$$

the conditional law of $h_{\nu_\eta^\ell}$ is absolutely continuous with respect to the law of the corresponding restriction of $\tilde{h}$.

By [MS15c, Corollary 1.5], the space $\mathcal{H}$ equipped with the $\sqrt{\ell/2}$-LQG metric induced by $\tilde{h}$ is isometric to the Brownian disk with area $a$ and boundary length $2\ell$. Since $\partial \nu_2^\ell$ a.s. lies at positive distance from $\nu_2^\ell$, for each $r > 1$ and similarly for $\nu_\eta^\ell$ and $\nu_\eta^\ell_\epsilon$, it follows from Lemmas 3.2, 3.3, and 3.4 that we can find $C > 1$ such that conditions 1 through 4 in the statement of the lemma hold with probability at least $1-p/2$.

By [MS16a, Theorem 1.2] and local absolute continuity, for an appropriate choice of universal $\beta > 0$ and a large enough choice of $C$, condition 5 holds with probability at least $1-p/4$. By continuity and transience of $\eta$ for large enough $C > 1$ (depending on $\rho$) condition 6 holds with probability at least $1-p/4$. \hfill $\square$

Our next lemma shows that $\eta$ satisfies a reverse Hölder continuity condition on the event $G_C$ (here we recall that $\eta$ is parameterized by quantum length with respect to $h$).

**Lemma 4.6.** For each $v \in (0, 1)$, there exists $u_0 = u_0(v) \in (0, 1)$ such that for $u \in (0, u_0]$ the following is true. Let $\rho > 2$ and $C > 1$ and let $G_C = G_C(u, \rho)$ be the event of Lemma 4.5. There exists $\epsilon_0 = \epsilon_0(C, u, v)$ such that the following is true a.s. on $G_C$. If $0 < a < b < \infty$ such that $b-a \leq \epsilon_0$ and $\eta([a, b]) \cap \nu_\rho \neq \emptyset$, then

$$\mathrm{diam}(\eta([a, b])); \delta h \geq 7(b-a)^{(1+v)/2}.$$

**Proof.** Throughout the proof we assume that $G_C$ occurs. We first observe that condition 5 in Lemma 4.5 implies that there is an $\epsilon_0 = \epsilon_0(C, \rho)$ such that for $\epsilon \in (0, \epsilon_0]$ and $z \in \nu_\rho$, $B_{\epsilon^2(1+v)/2}(z); \delta h \subset \nu_\rho$. (4.6)
Suppose now that $0 < a < b < \infty$ such that $b - a \leq \epsilon_0$ and $\eta([a, b]) \cap \mathbb{V}_{\rho/2} \neq \emptyset$. Let $z \in \eta([a, b]) \cap \mathbb{V}_\rho$ and write $\delta := (b - a)^{(1+\nu)/2}$. It follows from (4.6) that $B_{\delta}(z; \partial \mathcal{H})$ does not intersect $\mathbb{R}$, and this combined with (4.6) implies there exists $U \in \mathcal{U}$ such that $\eta([a, b]) \subset \partial U \cap \mathbb{V}_\rho$. By condition 4 in Lemma 4.5 and since $\mathcal{O}_k(w_1, w_2) \subseteq \mathcal{O}_{k\cup}(w_1, w_2)$ for each $w_1, w_2 \in \mathcal{U}$ (by Lemma 2.2 and Remark 2.3),

$$\mu_k(B_{\delta}(\eta([a, b]); \partial \mathcal{H})) \geq \mu_k(B_{\delta}(\eta([a, b]); \partial \mathcal{O}_k)) \geq C^{-1}(b - a)^{(2 + \nu)(1+\nu)/2 + 1}.$$

By condition 1,

$$\mu_k(B_{\delta}(\eta([a, b]); \partial \mathcal{H})) \leq \delta^{-1-u}(b - a)^{(4-u)(1+\nu)/2}.$$

If $u$ is chosen sufficiently small relative to $v$, then after possibly shrinking $\epsilon_0$ we can arrange that $\delta^{-1-u}(b - a)^{(4-u)(1+\nu)/2} < C^{-1}(b - a)^{(2 + \nu)(1+\nu)/2 + 1}$ whenever $b - a \leq \epsilon_0$, so $B_{\delta}(\eta([a, b]); \partial \mathcal{H})$ cannot be contained in $B_{\delta\delta}(z; \partial \mathcal{H})$. Therefore $\eta([a, b])$ cannot be contained in $B_{\delta\delta}(z; \partial \mathcal{H})$.

We next bound the number of $\delta^2$-length segments of $\eta$ which can intersect a $\partial \mathcal{H}$-metric ball on the event $G_C$.

**Lemma 4.7.** For each $v \in (0, 1)$, there exists $u_0 = u_0(v) \in (0, 1)$ such that for $u \in (0, u_0)$, the following is true. Let $\rho > 2$ and $C > 1$ and let $G_C = G_C(u, \rho)$ be the event of Lemma 4.5. There exists $\delta_0 = \delta_0(C, u, v) > 0$ such that the following is true almost surely on $G_C$. Let $z \in \mathbb{V}_{\rho/2}$ and let $\delta \in (0, \delta_0]$. Then the number of $k \in \mathbb{N}$ for which $\eta([k - 1))^{\delta^2}, k^{\delta^2}] \cap B_{2\delta}(z; \partial \mathcal{H}) \neq \emptyset$ is at most $\delta^{-v}$.

**Proof.** See Figure 5 for an illustration of the argument. Throughout the proof we assume that $G_C$ occurs. As in the proof of Lemma 4.6, if $z$ is as in the statement of the lemma then

$$B_{2\delta}(z; \partial \mathcal{H}) \subset \mathbb{V}_\rho \quad (4.7)$$

for small enough $\delta$ (depending only on $C$ and $\rho$). By Lemma 4.6, if $u \in (0, 1)$ is chosen sufficiently small relative to $v$, then for small enough $\delta > 0$ (depending only on $C$, $\rho$, and $v$) there cannot exist $k \in \mathbb{N}$ for which $\eta([k - 1))^{\delta^2}, k^{\delta^2}] \subset B_{2\delta}(z; \partial \mathcal{H})$. Henceforth assume that $\delta$ and $u$ are chosen so that the above conditions are satisfied.

Let $K$ be the set of $k \in \mathbb{N}$ for which $\eta([k - 1))^{\delta^2}, k^{\delta^2}] \cap B_{2\delta}(z; \partial \mathcal{H}) \neq \emptyset$. By our choices of $\delta$ and $u$, each curve segment $\eta([k - 1))^{\delta^2}, k^{\delta^2}]$ for $k \in K$ also intersects $\mathbb{H} \setminus B_{2\delta}(z; \partial \mathcal{H})$. We will prove an upper bound for $\#K$ by comparing $\#K$ to the cardinality of another set, and then prove an upper bound for the cardinality of this set in terms of $\mu_k(B_{2\delta}(z; \partial \mathcal{H}))$.

Let $\mathcal{V}$ be the set of connected components of $\mathbb{H} \setminus B_{2\delta}(z; \partial \mathcal{H})$. For $V \in \mathcal{V}$, let $O_V$ be the set of connected components $O \cap \mathcal{V}$ such that $O$ intersects $V \setminus B_{2\delta}(z; \partial \mathcal{H})$. We first argue that

$$\#K \leq 2 \sum_{V \in \mathcal{V}} \#O_V + 2 \quad (4.8)$$

To see this, fix $V \in \mathcal{V}$. Let $\{(\mathcal{I}_{V,j}, \mathcal{I}_{V,j})\}_{j \in [1, J_V]}$ be the ordered sequence of time intervals for $\eta$ with the property that $\eta([\mathcal{I}_{V,j}, \mathcal{I}_{V,j}]) \subset V$, $\eta(\mathcal{I}_{V,j}) \subset \partial V$, and $\eta([\mathcal{I}_{V,j}, \mathcal{I}_{V,j}])$ intersects $V \setminus B_{2\delta}(z; \partial \mathcal{H})$. Note that the number $J_V$ of such time intervals is finite by continuity and transience of $\eta$ and since $V \setminus B_{2\delta}(z; \partial \mathcal{H})$ lies at positive Euclidean distance from $\partial V$.

The set $V$ has the topology of the disk (or the complement of a disk in $\mathbb{H}$, in the case of the unbounded component). Since $\eta$ does not hit itself each curve segment $\eta([\mathcal{I}_{V,j}, \mathcal{I}_{V,j}])$ is contained in a single connected component of $V \setminus \eta([0, \mathcal{I}_{V,j}])$, which also has the topology of a disk (or possibly the complement of a disk in $\mathbb{H}$ if $V$ is the unbounded component). Since $\eta(\mathcal{I}_{V,j}), \eta(\mathcal{I}_{V,j}) \in \partial V$, the segment $\eta([\mathcal{I}_{V,j}, \mathcal{I}_{V,j}])$ divides this connected component into at least two further components. Since $\eta(\mathcal{I}_{V,j}, \mathcal{I}_{V,j})$ intersects $V \setminus B_{2\delta}(z; \partial \mathcal{H})$, each such component also intersects $V \setminus B_{2\delta}(z; \partial \mathcal{H})$. It follows that $J_V \leq \#O_V$.

Each interval $[(k - 1))^{\delta^2}, k^{\delta^2}]$ for $k \in K$ intersects $[\mathcal{I}_{V,j}, \mathcal{I}_{V,j}]$ for some $V \in \mathcal{V}$ and some $j \in [1, J_V]$ except possibly the first and last such intervals. Furthermore, each such interval $[\mathcal{I}_{V,j}, \mathcal{I}_{V,j}]$ intersects at most two intervals of the form $[(k - 1))^{\delta^2}, k^{\delta^2}]$ for $k \in K$. Therefore, $\#K \leq 2 \sum_{V \in \mathcal{V}} J_V + 2$, whence (4.8) holds.

Now we will prove an upper bound for the right side of (4.8). For $V \in \mathcal{V}$ and $O \in O_V$, we have $\partial O \cap \partial V \neq \emptyset$, since $\eta$ does not hit itself. Hence we can choose $w_0 \in \partial O \cap \eta$ such that $\delta_0(w_0, \partial B_{2\delta}(z; \partial \mathcal{H})) = \mathcal{O}_k(w_0, \partial B_{2\delta}(z; \partial \mathcal{H})) = \frac{1}{2} \delta^{1+\nu}$. We have $O \subset U_O$ for some connected component $U_O \subset \mathcal{U} \cup \mathcal{U}^+ \subset \mathbb{H} \setminus \eta$. Let

$$\#K \leq 2 \sum_{V \in \mathcal{V}} J_V + 2 \quad (4.8)$$

After possibly shrinking \( u \) with universal implicit constants. By combining this with (4.8) we get

\[
B \subseteq B_{\frac{1}{2} \delta^{1+v}}(w_O; \mathcal{V}) \cap B_{\delta^{1+v}}(z; \mathcal{V}) \setminus B_{\delta^{1+v}}(z; \mathcal{V}).
\]

Therefore, \( B_O \subseteq O \) in particular \( B_O \cap B_{O'} = \emptyset \) for distinct \( O, O' \in \bigcup_{V \in V} \mathcal{O}_V \).

By (4.7) and condition 2 in Lemma 4.5, for each \( O \in \bigcup_{V \in V} \mathcal{O}_V \) we have \( \mu_h(B_O) \geq C^{-1} \delta^{(4+v)(1+v)} \), with universal implicit constant. Therefore, condition 1 in Lemma 4.5 implies that

\[
C^{-1} \delta^{(4+v)(1+v)} \sum_{V \in V} \# \mathcal{O}_V \leq \mu_h(B_{\delta^{1+v}}(z; \mathcal{V})) \leq C \delta^{(4-u)(1+v)}
\]

with universal implicit constants. By combining this with (4.8) we get

\[
\# K \leq C^2 \delta^{-2(u+1v)}.
\]

After possibly shrinking \( u \) and \( \delta \), we obtain the statement of the lemma. \( \square \)

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![Figure 5: Illustration of the proof of Lemma 4.7. The balls \( B_{\delta^{1+v}}(z; \mathcal{V}) \) and \( B_{\delta^{1+v}}(z; \mathcal{V}) \) are shown in light green and light blue, respectively. We first use the upper bound for the area of \( B_{\delta^{1+v}}(z; \mathcal{V}) \) to argue that on \( G_C \), no curve segment of the form \( \eta([k-1] \delta^2, k \delta^2] \) can be completely contained in \( B_{\delta^{1+v}}(z; \mathcal{V}) \). So we need to estimate the number of crossings of \( \eta \) between \( B_{\delta^{1+v}}(z; \mathcal{V}) \) and \( \mathbb{H} \setminus B_{\delta^{1+v}}(z; \mathcal{V}) \). This is accomplished by considering an appropriate collection of \( \delta \)-balls \( B_O \) (shown in pink), one in each connected component of \( \mathbb{H} \setminus (\eta \cup B_{\delta^{1+v}}(z; \mathcal{V})) \) which intersects both \( \partial B_{\delta^{1+v}}(z; \mathcal{V}) \) and \( B_{\delta^{1+v}}(z; \mathcal{V}) \). The number of such components \( O \) (8 in the figure) provides an upper bound for the number of crossings of \( \eta \) between \( B_{\delta^{1+v}}(z; \mathcal{V}) \) and \( \mathbb{H} \setminus B_{\delta^{1+v}}(z; \mathcal{V}) \). The sets \( B_O \) are disjoint and each is contained in \( B_{\delta^{1+v}}(z; \mathcal{V}) \setminus B_{\delta^{1+v}}(z; \mathcal{V}) \). By definition of \( G_C \), we have a lower bound for the quantum mass of each \( B_O \) and an upper bound for the quantum mass of \( B_{\delta^{1+v}}(z; \mathcal{V}) \). By comparing these bounds, we obtain an upper bound on the number of sets \( B_O \).

Next we bound the number of segments of \( \eta \) with quantum length \( \delta^2 \) which are hit by a \( \delta \)-geodesic between two typical points.

**Lemma 4.8.** Let \( v \in (0, 1) \) and let \( u_0 = u_0(v) \) be chosen as in Lemma 4.7. Let \( u \in (0, u_0), \rho > 2, \) and \( C > 1 \) and let \( G_C = G_C(u, \rho) \) be as in Lemma 4.5. Let \( z_1, z_2 \in \mathbb{V}_\rho \) and let \( \gamma_{z_1, z_2} \) be a \( \mathcal{V}_\rho \)-geodesic from \( z_1 \) to \( z_2 \) which is contained in \( \mathbb{V}_{\rho/2} \), all chosen in a manner which is independent from \( \eta \) (viewed as a curve modulo...
parameterization). For $\delta \in (0, \delta_0]$, let $\mathcal{K}^\delta_{z_1, z_2}$ be the set of $k \in \mathbb{N}$ for which $\gamma_{z_1, z_2} \cap \eta([1, \delta] \cup [k \delta, k \delta^2)) \neq \emptyset$. There is an exponent $\alpha > 0$ such that for $\delta \in (0, 1)$, we have
\[
\mathbb{E} \left[ \# \mathcal{K}^\delta_{z_1, z_2} \mathbb{1}_{G_C} \ | \ h, \gamma_{z_1, z_2} \right] \leq \delta^{-1-2\alpha + \alpha(1+\alpha)} \mathfrak{d}_h(z_1, z_2) \tag{4.9}
\]
where the implicit constant in $\mathfrak{d} \propto$ is deterministic and depends only on $u, v, C,$ and $\rho$.

**Proof.** By possibly increasing the implicit constant in (4.9), it suffices to prove the estimate for $\delta \in (0, \delta_0]$, where $\delta_0 > 0$ depends only on $u, v, C,$ and $\rho$. Fix $z_1, z_2$ as in the statement of the lemma. Let $N := \lfloor \delta^{-1}\mathfrak{d}_h(z_1, z_2) \rfloor + 1$. For $j \in [1, N-1]$, let $t_j := j \delta^1 + \nu$ and let $t_N := \mathfrak{d}_h(z_1, z_2)$. Also let $V_j := B_{\delta^{1+\nu}}(\gamma_{z_1, z_2}; t_j; \mathfrak{d}_h)$. Since $\gamma_{z_1, z_2}$ travels one unit of quantum distance in one unit of time, the union of the balls $V_j$ covers $\gamma_{z_1, z_2}$ and the intersection of any four such balls is empty. Let $J^\delta_{z_1, z_2}$ be the number of $j \in [1, N] \mathbb{Z}$ for which $\eta \cap V_j \neq \emptyset$. Lemma 4.7 implies that for small enough $\delta$ (depending only on $u, v$, and $C$), it holds on $G_C$ that there are at most $\delta^{-v}$ elements of $\mathcal{K}^\delta_{z_1, z_2}$ which intersect each of the sets $V_j$. Hence for any such $\delta$,
\[
\# \mathcal{K}^\delta_{z_1, z_2} \leq 3\delta^{-v} \# J^\delta_{z_1, z_2}. \tag{4.10}
\]

In light of (4.10), it remains only to show that
\[
\mathbb{E} \left[ \# J^\delta_{z_1, z_2} \mathbb{1}_{G_C} \ | \ h, \gamma_{z_1, z_2} \right] \leq \mathfrak{d}_h(z_1, z_2) \delta^{-1-v + \alpha(1+v)} \tag{4.11}
\]
for appropriate $\alpha > 0$ as in the statement of the lemma. To this end, define the balls $V_j$ as above. By condition 5 in Lemma 4.5 (recall that we have assumed that $\gamma_{z_1, z_2} \subset \mathbb{N}_{\rho/2}$), for each $j \in [1, N] \mathbb{Z}$, the metric ball $V_j$ is contained in the Euclidean ball $V_j$ of radius $C\delta^{1+v}$ and the same center as $V_j$, where $\beta > 0$ is as in condition 5. It is easy to see that there is a universal constant $\alpha_0 > 0$ such that for each $w \in \mathbb{N}_{\rho/2}$ and each $\epsilon \in (0, 1)$, we have
\[
\mathbb{P}[\eta \cap B_\epsilon(w) \neq \emptyset] \leq \epsilon^{\alpha_0},
\]
with the implicit constant depending only on $\rho$. Indeed, this follows by stopping $\eta$ at the first time it hits each of the balls $B_{\epsilon \cdot 1}(w)$ for $k \in \mathbb{N}$ and applying the domain Markov property and transience of SLE$_\alpha(\rho^L; \rho^R)$ (the latter property is [MS16d, Theorem 1.3]).

Since $\eta$ is independent from $h$ and $\gamma_{z_1, z_2}$, we find that for each $j \in [1, N] \mathbb{Z}$,
\[
\mathbb{P} \left[ \eta \cap V_j \neq \emptyset | h, \gamma_{z_1, z_2} \right] \leq \delta^{\alpha_0 \beta(1+v)}.
\]

By summing over all $j \in [1, N] \mathbb{Z}$ we obtain (4.11) with $\alpha = \alpha_0 \beta$. \hfill \Box

The following lemma shows that the metric $\mathfrak{d}_h$ is equal to the quotient metric in Theorem 1.1 at quantum typical points.

**Lemma 4.9.** Fix $R > 1$. Let $z_1, z_2$ be sampled uniformly from $\mu_h|_{\mathbb{N}_R}$, normalized to be a probability measure. Let $\mathfrak{d}_h$ be the quotient metric on $\mathbb{H}$ obtained by gluing the metric spaces $(U, \mathfrak{d}_{h|\nu})$ according to the natural identification. Almost surely, we have
\[
\mathfrak{d}_h(z_1, z_2) = \mathfrak{d}_h(z_1, z_2).
\]

**Proof.** See Figure 6 for an illustration of the proof. Fix $p \in (0, 1)$. Also let $\alpha$ be as in Lemma 4.5, let $v \in (0, \alpha/100)$, and let $u \in (0, u_0)$ where $u_0 = u_0(v)$ is as in Lemma 4.7. Let $\gamma_{z_1, z_2}$ be the $\mathfrak{d}_h$-geodesic from $z_1$ to $z_2$, which by Lemma 4.1 is a.s. unique and a.s. does not intersect $\mathbb{R} \cup \{\infty\}$. We can find $\rho > 2$ such that with probability at least $1 - p/5$,
\[
\gamma_{z_1, z_2} \subset \mathbb{N}_{\rho/2} \quad \text{and} \quad \mathfrak{d}_h(z_1, z_2) \leq \rho.
\]
Let $E_p$ be the event that this is the case. Also choose $C > 0$ such that for this choice of $\rho$ and $u$ as above, the event $G_C = G_C(u, \rho)$ occurs with probability at least $1 - p/5$.

By taking the expectation of the estimate from Lemma 4.8, we obtain, in the notation of that lemma,
\[
\mathbb{E} \left[ \# K^\delta_{z_1, z_2} \mathbb{1}_{G_C \cap E_p} \right] \leq \delta^{-1-2v + \alpha(1+v)} \tag{4.8}
\]
\[\text{By [Bef08, Proposition 4], } \alpha_0 = 2/3 \text{ when } \rho^L = \rho^R = 0, \text{ and we expect, but do not prove, that this is true for general } \rho^L, \rho^R > -2. \]

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Figure 6: Illustration of the proof of Lemma 4.9. We sample $z_1, z_2$ uniformly from $\mu_h|_{\mathcal{V}_\alpha}$ and consider the $d_h$-geodesic $\gamma_{z_1, z_2}$ (blue) from $z_1$ to $z_2$, which is typically contained in $\mathcal{V}_\rho$ for some $\rho > R$. We divide the segment of $\eta$ (red) which is contained in $\mathcal{V}_\rho$ into increments of quantum length $\delta^2$. Lemma 4.8 implies that on $G_C$, the number of such segments which are hit by $\gamma_{z_1, z_2}$ is at most $\delta^{-1+\alpha'}$ for a small positive constant $\alpha'$. On the other hand, condition 3 in the definition of $G_C$ (recall Lemma 4.5) implies that for each $\delta^2$-length segment of $\eta$ which is hit by $\gamma_{z_1, z_2}$, we can find a complementary connected component $U \subseteq \mathcal{V}_\rho$ and a $d_h$-geodesic between the first and last points of this segment which are hit by $\gamma_{z_1, z_2}$ whose length is at most $\delta^{1+\alpha(1)}$. These one-sided geodesics are shown in purple. We then concatenate these one-sided geodesics with the segments of $\gamma_{z_1, z_2}$ between the times when it hits $\eta$ to obtain a path from $z_1$ to $z_2$ which crosses $\eta$ only finitely many times and whose length is at most $d_h(z_1, z_2) + o_h(1)$.

with the implicit constant depending only on $u, v, C$, and $\rho$. By Markov’s inequality, there exists $\delta_0 = \delta_0(u, v, C, \rho) > 0$ such that for $\delta \in (0, \delta_0]$, it holds with probability at least $1 - p/2$ that $E_p \cap G_C$ occurs and

$$\# K^\delta_{z_1, z_2} \leq \delta^{-1-3v+\alpha(1+v)} \leq \delta^{-1+\alpha}/2,$$

(4.12)

where the second inequality follows from our choice of $v$.

Now fix $\delta \in (0, \delta_0]$ and assume that $E_p \cap G_C$ and the event in (4.12) occur. We will bound $d_h(z_1, z_2)$ by constructing a path from $z_1$ to $z_2$ which is a concatenation of finitely many paths which are contained in the closure of a single set $U$ for $U \subseteq \mathcal{V}_\rho \cup \mathcal{W}_\rho$.

By condition 6 in Lemma 4.5, if we take $\delta \leq C^{-1/2}$ then $\eta(\{(k-1)\delta^2, k\delta\}) \subseteq \mathcal{V}_\rho$ for each $k \in K^\delta_{z_1, z_2}$. In particular, $\eta(\{(k-1)\delta^2, k\delta\})$ does not intersect $\mathcal{R}$, so $\eta(\{(k-1)\delta^2, k\delta\}) \subseteq \partial U_k$ for some $U_k \subseteq \mathcal{U}^-$ with $U_k \cap \mathcal{V}_\rho \neq \emptyset$.

For $k \in K^\delta_{z_1, z_2}$, let $\tau_k$ (resp. $\sigma_k$) be the first (resp. last) time $\gamma_{z_1, z_2}$ hits $\eta(\{(k-1)\delta^2, k\delta^2\})$. Let $\tilde{\gamma}_k$ be the $d_{h|U_k}$-geodesic from $\gamma_{z_1, z_2}(\tau_k)$ to $\gamma_{z_1, z_2}(\sigma_k)$. By condition 3 in Lemma 4.5, on $G_C$ it is a.s. the case that for this choice of $U_k$, we have $\text{diam}(\eta(\{(k-1)\delta^2, k\delta^2\}); d_{h|U_k}) \leq 4C\delta(|\log \delta| + 1)^2$, so in particular

$$\text{len}(\tilde{\gamma}_k; d_{h|U_k}) \leq 4C\delta(|\log \delta| + 1)^2, \quad \forall k \in K^\delta_{z_1, z_2}. \quad (4.13)$$

Let $k_1$ be the element of $K^\delta_{z_1, z_2}$ with $\tau_{k_1}$ minimal (i.e. $\tau_{k_1}$ is the first time $\gamma_{z_1, z_2}$ hits $\eta$). Inductively, if $j \in [2, \# K^\delta_{z_1, z_2}]$ and $k_{j-1}$ has been defined, let $k_j \in K^\delta_{z_1, z_2}$ be chosen so that $\tau_{k_j}$ is the smallest time $\tau_k$ for $k \in K^\delta_{z_1, z_2}$ which satisfies $\tau_k \geq \sigma_{k_{j-1}}$, if such a $k$ exists; and otherwise let $k_j = \infty$. Let $J$ be the smallest $j \in \mathbb{N}$ for which $k_j = \infty$. Let $\tilde{\gamma}_1 := \gamma_{z_1, z_2}[0, \tau_{k_1}]$, $\tilde{\gamma}_j := \gamma_{z_1, z_2}[\sigma_{k_j}, \delta_{h}(z_1, z_2)]$, and for $j \in [2, J - 1]$ let $\tilde{\gamma}_j := \gamma_{z_1, z_2}[\sigma_{k_{j-1}}, \tau_{k_j}]$. Then each curve $\tilde{\gamma}_j$ for $j \in [1, J]$ does not hit $\eta$ except at its endpoints so is contained in the closure of a single element $U_j \subseteq \mathcal{U}^- \cup \mathcal{W}^+$, and its $d_{h|U_j}$-length is the same as its $d_h$-length.

Let $\tilde{\gamma}$ be the curve obtained by concatenating the curves $\tilde{\gamma}_1, \tilde{\gamma}_k, \ldots, \tilde{\gamma}_{k_{J-1}}, \tilde{\gamma}_J$. Then $\tilde{\gamma}$ is a path from
$z_1$ to $z_2$ and the quotient metric $\tilde{d}_h$ satisfies
\[
\tilde{d}_h(z_1, z_2) \leq \sum_{j=1}^{J-1} \text{len}(\gamma_{k_j}; \partial_h; \partial_{k_j}) + \sum_{j=1}^{J} \text{len}(\gamma_{j}; \partial_{h|_{\partial_{k_j}}}) \\
\leq \sum_{j=1}^{J-1} \text{len}(\gamma_{k_j}; \partial_h; \partial_{k_j}) + \partial_h(z_1, z_2) \\
\leq O_\delta \left( \delta^{\alpha/2} (|\log \delta| + 1)^2 \right) + \partial_h(z_1, z_2).
\]

where the last inequality is by (4.13). Sending $\delta \to 0$ shows that $\tilde{d}_h(z_1, z_2) \leq \partial_h(z_1, z_2)$. By Remark 2.3 we have $\tilde{d}_h(z_1, z_2) \geq \partial_h(z_1, z_2)$, so in fact $\tilde{d}_h(z_1, z_2) = \partial_h(z_1, z_2)$. Since $p \in (0, 1)$ can be made arbitrarily small, we conclude.

**Proof of Theorem 1.1.** Lemma 4.9 implies that a.s. $\partial_h(z_1, z_2) = \tilde{d}_h(z_1, z_2)$ for each pair $(z_1, z_2)$ in a subset of $\mathbb{H} \times \mathbb{H}$ which is dense in $\mathbb{H} \times \mathbb{H}$ with respect to the metric $\partial_h \times \partial_h$ and dense in $U \times U$ with respect to $\partial_h|_{\partial_\mathcal{L}} \times \partial_{\partial_\mathcal{L}}$, for each $U \in U^- \cup U^+$. Hence, the following is true a.s. Suppose given $\epsilon > 0$ and $w_1, w_2 \in \mathbb{H}$. Choose $U_1, U_2 \in U^- \cup U^+$ with $w_1 \in U_1$ and $w_2 \in U_2$. Then we can find $z_1 \in U_1$ and $z_2 \in U_2$ such that $\partial_h(z_1, z_2) = \partial_h(z_1, z_2), \partial_h|_{\partial_\mathcal{L}}(z_1, w_1) \leq \epsilon$, and $\partial_h|_{\partial_\mathcal{L}}(z_2, w_2) \leq \epsilon$. Note that the latter two estimates and the triangle inequality imply that $\partial_h(z_1, z_2) = \partial_h(z_2, z_1) \leq \partial_h(z_1, z_2) \leq \partial_h(w_1, w_2) + 2\epsilon$. Furthermore, by another application of the triangle inequality, we have $\tilde{d}_h(w_1, w_2) \leq \partial_h(z_1, z_2) + 2\epsilon \leq \partial_h(w_1, w_2) + 4\epsilon$, so since $\epsilon$ is arbitrary $\tilde{d}_h(w_1, w_2) \leq \partial_h(w_1, w_2)$ and hence $\tilde{d}_h(w_1, w_2) = \partial_h(w_1, w_2)$.

**4.3 Metric gluing in the peanosphere**

In this subsection we will deduce Theorem 1.6 and Theorem 1.7 from Theorem 1.1 and Theorem 1.3.

**Proof of Theorem 1.6.** Let $\eta^L$ (resp. $\eta^R$) be the left (resp. right) boundary of $\eta'$\((-\infty, 0])$. Note that $U^- \cup U^+$ is precisely the set of connected components of $\mathbb{C} \setminus (\eta^L \cup \eta^R)$.

By [DMS14, Footnote 9] and [MS13, Theorem 1.1], $\eta^L$ has the law of a chordal SLE$_{8/3}(-2/3)$ from 0 to $\infty$ in $\mathbb{H}$. By [DMS14, Theorem 1.12], the surface $(\mathbb{C} \setminus \eta^L, h|_{\mathbb{C} \setminus \eta^L}, 0, \infty)$ has the law of a weight-4/3 quantum wedge. By Theorem 1.3, it is a.s. the case that $(\mathbb{C}, \partial_h)$ is the metric space quotient of $(\mathbb{C} \setminus \eta^L, \partial_h|_{\mathbb{C} \setminus \eta^L})$ under the natural identification.

By [MS13, Theorem 1.11], the conditional law of $\eta^R$ given $\eta^L$ is that of a chordal SLE$\_8/3(-4/3; -4/3)$ from 0 to $\infty$ in $\mathbb{C} \setminus \eta^L$. By Theorem 1.1, a.s. $(\mathbb{C} \setminus \eta^L, \partial_h|_{\mathbb{C} \setminus \eta^L})$ is the metric quotient of the disjoint union of the metric spaces $(\mathbb{C}\wedge \partial_\mathbb{C}_h)$ for $U \in U^- \cup U^+$ under the natural identification, except that we don’t identify points on $\eta^L$. The theorem statement follows by combining this with the previous paragraph.

Next we will deduce Theorem 1.7 from Theorem 1.6 and an absolute continuity argument.

**Proof of Theorem 1.7.** Since $\eta'$ is parameterized by $\mu_h$ and a.s. hits $\mu_h$-a.e. point of $\mathbb{C}$ exactly once, it follows that $\eta'(t)$ is independent from $\eta'$ and its conditional law given $h$ is $\mu_h$. Hence we can assume that $(\mathbb{C}, h, \infty)$ is embedded into $\mathbb{C}$ in such a way that $\eta'(0) = 0$, in which case $(\mathbb{C}, h, 0, \infty)$ is a doubly marked quantum sphere. We also assume that our embedding is such that $\mu_h(\mathbb{D}) = 1/2$.

For $R > 1$, let $A_R$ be the closed annulus $B_R(0) \setminus B_{1/R}(0)$. Let $U_R$ be the set of $U \in U^- \cup U^+$ such that $U \subset A_R$. We observe that our choice of embedding implies that $U$ is determined by $\eta'$, viewed as a curve modulo monotone re-parameterization. Let $W_R := \bigcup_{U \in U_R} U$. Almost surely, 0 is not contained in $\partial U$ for any $U \in U^- \cup U^+$ and every element of $\partial U^- \cup \partial U^+$ is bounded. It follows that

\[
\text{for each } R > 1, \text{ there exists } R' > 1 \text{ such that } A_R \subset W_{R'}.
\]
By Theorem 1.6 and the definition of the quotient metric, it is a.s. the case that for each \( \epsilon > 0 \) and each \( z, w \in \mathbb{C} \), there exists \( N \in \mathbb{N} \), \( U_1, \ldots, U_N \in \mathcal{U}^- \cup \mathcal{U}^+ \), and \( \delta_{h_{U_i}} \)-geodesics \( \gamma_i \) for \( i \in [1, N] \) whose concatenation is a path from \( z \) to \( w \) such that

\[
\sum_{i=1}^{N} \text{len}(\gamma_i; \delta_{h_{U_i}}) \leq \delta_h(z, w) + \epsilon.
\]

Note that if \( z \in W_R \) and \( \delta_h(z, w) \leq \frac{1}{2} \delta_h(z, \partial W_R) \), then for small enough \( \epsilon \) each of the sets \( U_i \) for \( i \in [1, N] \) must belong to \( \mathcal{U}_R \).

For \( R > 1 \) and \( z \in W_R \), let \( \rho_R(z) := \delta_h(z, \partial W_R) \). Since metric balls are locally determined by the field, we find that for each \( z \in A_R \), both \( \rho_R(z) \) and the restriction of \( \delta_h \) to \( B_{\rho_R(z)}(z; \delta_h) \) are a.s. determined by \((h|_{A_R}, \mathcal{U}_R)\). Consequently, it follows from the preceding paragraph and absolute continuity that a.s. for each \( z, w \in W_R \) with \( \delta_h(z, w) \leq \frac{1}{2} \rho_R(z) \) and each \( \epsilon > 0 \), there exists \( N \in \mathbb{N} \), \( U_1, \ldots, U_N \in \mathcal{U}_R \), and \( \delta_{h_{U_i}} \)-geodesics \( \gamma_i \) for \( i \in [1, N] \) whose concatenation is a path from \( z \) to \( w \) such that

\[
\sum_{i=1}^{N} \text{len}(\gamma_i; \delta_{h_{U_i}}) \leq \delta_h(z, w) + \epsilon. \tag{4.15}
\]

Now let \( z_1, z_2 \) be sampled uniformly from \( \mu_h|_{A_R} \), normalized to be a probability measure and let \( \gamma \) be the \( \delta_A \)-geodesic from \( z_1 \) to \( z_2 \). By Lemma 4.4, \( \gamma \) is a.s. unique and a.s. does not hit 0 or \( \infty \). Hence (4.14) implies that for each \( p \in (0, 1) \) there exists \( R' > R \) such that

\[
\mathbb{P}[\gamma \subset W_{R'}] \geq 1 - p.
\]

On the event \( \{ \gamma \subset W_{R'} \} \), there a.s. exists \( M \in \mathbb{N} \) and times \( 0 = t_0 < t_1 < \cdots < t_M = \delta_h(z_1, z_2) \) such that \( \delta_h(\gamma(t_i), \partial W_{R'}) \geq 4(t_i - t_{i-1}) \) for each \( i \in [1, M] \). By applying (4.15) for each \( i \in [1, M] \) with \((z, w) = (\gamma(t_{i-1}), \gamma(t_i))\) and \( \epsilon/M \) in place of \( \epsilon \), we a.s. obtain a finitely many paths, each of which is a \( \delta_{h_{U_i}} \)-geodesic for some \( U \in \mathcal{U}_R \), whose concatenation is a path from \( z_1 \) to \( z_2 \) and whose total length is at most \( \delta_h(z_1, z_2) + \epsilon \). Since \( R > 1 \), \( p \in (0, 1) \), and \( \epsilon > 0 \) are arbitrary and by (4.14), we infer that if \( \delta_h \) is the quotient metric on \( \mathbb{C} \) obtained by identifying the metric spaces \((U, \delta_{h_{U_i}})\) for \( U \in \mathcal{U}^- \cup \mathcal{U}^+ \) as in the statement of the lemma, then a.s. \( \delta_h(z_1, z_2) = \delta_h(z_1, z_2) \). By the same argument used to conclude the proof of Theorem 1.1, we obtain the desired result.

\[\square\]

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