Research outputs
Listing of Research outputs

Translation and cross-cultural adaptation of the Exercise Adherence Rating Scale (EARS) into Danish
Jacobsen, J., Nielsen, R. & Godfrey, E., 22 Mar 2022, (Accepted/In press) In: Translational sports medicine.
Research output: Contribution to journal › Article › peer-review

Physiotherapy informed by Acceptance and Commitment Therapy (PACT) for chronic low back pain: a mixed-methods treatment fidelity evaluation
Wileman, V., McCracken, L., Norton, S., Critchley, D., Galea Holmes, M. & Godfrey, E., 3 Feb 2022, In: British Journal of Health Psychology.
Research output: Contribution to journal › Article › peer-review

Detecting anxiety and depression among people with limited literacy living with chronic low back pain in Nigeria: adaptation and validation of the hospital anxiety and depression scale
Igwesi-Chidobe, C. N., Muomah, R. C., Sorinola, I. O. & Godfrey, E. L., Dec 2021, In: Archives of Public Health. 79, 1, 72.
Research output: Contribution to journal › Article › peer-review

Development and validity assessment of a Japanese version of the Exercise Adherence Rating Scale in participants with musculoskeletal disorders
Godfrey, E. & Takasaki, H., Dec 2021, In: Health and Quality of Life Outcomes. 19, 1, 169.
Research output: Contribution to journal › Article › peer-review

Only two subscales of the Coping Strategies Questionnaire are culturally relevant for people with chronic low back pain in Nigerian Igbo populations: a cross-cultural adaptation and validation study
Igwesi-Chidobe, C. N., Sorinola, I. O. & Godfrey, E. L., 1 Sep 2021, In: Journal of Patient-Reported Outcomes. 5, 1, 1 p., 85.
Research output: Contribution to journal › Article › peer-review

Experiences of training and delivery of Physical therapy informed by Acceptance and Commitment Therapy (PACT): a longitudinal qualitative study
Galea Holmes, M. N., Wileman, V., McCracken, L. M., Critchley, D., March, M. K., Norton, S., Moss-Morris, R., Noonan, S., Barcellona, M. & Godfrey, E., Sep 2021, In: Physiotherapy (United Kingdom). 112, p. 41-48 8 p.
Research output: Contribution to journal › Article › peer-review

Using Intervention Mapping in the Systematic Development of a Behavior Change Intervention to Enhance Exercise Adherence among People with Persistent Musculoskeletal Pain
Meade, L., Bearne, L. & Godfrey, E., 11 Jun 2021, (E-pub ahead of print) In: PHYSIOTHERAPY CANADA. 10.3138/ptc-2020-0083.
Research output: Contribution to journal › Article › peer-review

Applying a theoretical framework to assess the acceptability of therapist training and delivery of the Gait Rehabilitation in Early Rheumatoid Arthritis Trial Intervention (GREAT STRIDES): A qualitative analysis
Sekhon, M., Godfrey, E., Amirova, A., Hendry, G., Foster, N., Hider, S. H., van der Leeden, M., Mason, H., McConnachie, A., McInnes, I. M., Patience, A., Sackley, C., Steultjens, M., Williams, A., Woodburn, J. & Bearne, L., Jun 2021, In: International Journal of Behavioral Medicine. 28, SUPPL 1, p. S117-S117
Research output: Contribution to journal › Meeting Abstract › peer-review

Treatment fidelity in the Gait Rehabilitation in Early Rheumatoid Arthritis Trial (GREAT) feasibility study
Godfrey, E., Sekhon, M., Hendry, G., Foster, N. E., Hider, S., van der Leeden, M., Mason, H., McConnachie, A., McInnes, I., Patience, A., Sackley, C., Steultjens, M., Williams, A., Woodburn, J., Amirova, A. & Bearne, L., Jun 2021, In: International Journal of Behavioral Medicine. 28, SUPPL 1, p. S116-S116
Research output: Contribution to journal › Meeting Abstract › peer-review

"It’s important to buy in to the new lifestyle": barriers and facilitators of exercise adherence in a population with persistent musculoskeletal pain
Meade, L., Bearne, L. M. & Godfrey, E. L., 24 Feb 2021, In: Disability and Rehabilitation. 43, 4, p. 468-478 11 p.
Research output: Contribution to journal › Article › peer-review
Effectiveness of web-based and mobile health interventions designed to enhance adherence to physical activity for people with inflammatory arthritis: A systematic review
Sekhon, M., White, C., Godfrey, E., Amirova, A., Revenäs, Å., King, S., Pedro, J., Quailey, J. & Bearne, L., 2021, In: Rheumatology Advances in Practice. 5, 1, rkab016.
Research output: Contribution to journal › Article › peer-review

The Igbo Brief Illness Perceptions Questionnaire: A cross-cultural adaptation and validation study in Nigerian populations with chronic low back pain
Igwesi-Chidobe, C. N., Sorinola, I. O. & Godfrey, E. L., 2021, In: Journal of back and musculoskeletal rehabilitation. 34, 3, p. 399-411 13 p.
Research output: Contribution to journal › Article › peer-review

Experiences of training and delivery of Physiotherapy informed by Acceptance and Commitment Therapy (PACT): a longitudinal qualitative study
Galea Holmes, M., Wileman, V., McCracken, L., Critchley, D., Norton, S., Moss-Morris, R., Barcellona, M., Noonan, S. & Godfrey, E., 29 Dec 2020, In: PHYSIOTHERAPY.
Research output: Contribution to journal › Article › peer-review

World Health Organisation Disability Assessment Schedule (WHODAS 2.0): development and validation of the Nigerian Igbo version in patients with chronic low back pain
Igwesi-Chidobe, C. N., Kitchen, S., Sorinola, I. O. & Godfrey, E. L., Dec 2020, In: BMC MUSCULOSKELETAL DISORDERS. 21, 1, 755.
Research output: Contribution to journal › Article › peer-review

Improving Mental Health Help-Seeking Behaviours for Male Students: A Framework for Developing a Complex Intervention
Sagar-Ouriaghli, I., Godfrey, E., Graham, S. & Brown, J., 31 Jul 2020, In: International Journal of Environmental Research and Public Health. 17, 14, p. 1-34 34 p., 4965.
Research output: Contribution to journal › Article › peer-review

Engaging Male Students with Mental Health Support: A Qualitative Focus Group Study
Sagar-Ouriaghli, I., Brown, J., Tailor, V. & Godfrey, E., 24 Jul 2020, In: BMC Public Health. 20, 1, 14 p., 1159.
Research output: Contribution to journal › Article › peer-review

Smartphone Apps Targeting Physical Activity in People With Rheumatoid Arthritis: Systematic Quality Appraisal and Content Analysis
Bearne, L. M., Sekhon, M., Grainger, R., La, A., Shamali, M., Amirova, A., Godfrey, E. L. & White, C. M., 21 Jul 2020, In: JMIR mHealth and uHealth. 8, 7, p. e18495 e18495.
Research output: Contribution to journal › Article › peer-review

The KOMPACT-P study: Knee Osteoarthritis Management with Physiotherapy informed by Acceptance and Commitment Therapy-Pilot study protocol
March, M. K., Harmer, A., Godfrey, E., Venkatesh, S., Thomas, B. & Dennis, S., 3 Jun 2020, In: BMJ Open. 10, 6, p. e032675
Research output: Contribution to journal › Article › peer-review

The Brazilian Portuguese version of the Exercise Adherence Rating Scale (EARS-Br) showed acceptable reliability, validity and responsiveness in chronic low back pain
De Lira, M. R., De Oliveira, A. S., Franca, R. A., Pereira, A. C., Godfrey, E. L. & Chaves, T. C., 12 May 2020, In: BMC MUSCULOSKELETAL DISORDERS. 21, 1, 294.
Research output: Contribution to journal › Article › peer-review

Online Acceptance and Commitment Therapy for people with painful diabetic neuropathy in the United Kingdom: A single-arm feasibility trial
Kioski, K., Scott, W., Winkley, K., Godfrey, E. & McCracken, L., 8 May 2020, In: Pain Medicine. p. 1-35 35 p.
Research output: Contribution to journal › Article › peer-review
Behaviour change intervention components for improving physical activity in people with chronic non-communicable diseases in Africa: A systematic mixed-studies review
Igwesi-Chidobe, C. N., Kengne, A. P., Sorinola, I. O. & Godfrey, E. L., 7 Jul 2016, Behaviour change intervention components for improving physical activity in people with chronic non-communicable diseases in Africa: A systematic mixed-studies review. Public health PhD symposium, Liverpool, United Kingdom
Research output: Chapter in Book/Report/Conference proceeding › Conference paper › peer-review

Physiotherapy informed by Acceptance and Commitment Therapy (PACT): Protocol for a randomised controlled trial of PACT versus usual physiotherapy care for adults with chronic low back pain
Godfrey, E., Galea Holmes, M., Wileman, V., McCracken, L., Norton, S., Moss-Morris, R., Pallet, J., Sanders, D., Barcellona, M. & Critchley, D., 7 Jun 2016, In: BMJ Open. 6, 6, e011548.
Research output: Contribution to journal › Article › peer-review

The Pediatric Vestibular Symptom Questionnaire: A validation study
Pavlou, M., Whitney, S., Alkathiry, A. A., Huett, M., Luxon, L. M., Raglan, E., Godfrey, E. L. & Bamiou, D-E., 1 Jan 2016, In: Journal of pediatrics. 168, p. 171–177.e1
Research output: Contribution to journal › Article › peer-review

An exploration of the impact of dramatherapy on the whole system supporting children and young people on the autistic spectrum.
Godfrey, E. L., 2016, Dramatherapy and Autism. Haythorne, D. & Seymour, A. (eds.). Oxford, UK: Routledge, p. 157 168 p.
Research output: Chapter in Book/Report/Conference proceeding › Chapter › peer-review

Effective components of exercise and physical activity-related behaviour change interventions for chronic non-communicable diseases in Africa: protocol for a systematic mixed studies review with meta-analysis
Igwesi-Chidobe, C. N., Godfrey, E. L. & Kengne, A., 12 Aug 2015, In: BMJ Open. 5, 8, 8 p., e008036.
Research output: Contribution to journal › Article › peer-review

Predictors of self-reported disability in community dwelling adults with non-specific chronic low back pain in rural Nigeria.
Igwesi-Chidobe, N., Kitchen, S., Sorinola, I. & Godfrey, E., 1 May 2015, In: PHYSIOTHERAPY. 101, S1, p. e637-e638 2 p.
Research output: Contribution to journal › Meeting abstract › peer-review

Qualitative exploration of Non-specific chronic low back pain in rural Nigeria: Towards evidence-informed Physiotherapy practice
Igwesi-Chidobe, N., Kitchen, S., Sorinola, I. & Godfrey, E., 1 May 2015, In: PHYSIOTHERAPY. 101, S1, p. e636-e637 2 p.
Research output: Contribution to journal › Meeting abstract › peer-review

PHYSIOTHERAPY INFORMED BY ACCEPTANCE AND COMMITMENT THERAPY FOR PERSISTENT LOW BACK PAIN: THE PACT STUDY
Critchley, D. J., McCracken, L., Talewar, R., Nicholas, W., Sanders, D. & Godfrey, E. L., May 2015, Physiotherapy. S1 ed. Vol. 101. p. e277
Research output: Chapter in Book/Report/Conference proceeding › Conference paper › peer-review

Development of a measure to assess adherence to exercise: the Exercise Adherence Rating Scale (EARS)
Godfrey, E., Weinman, J. A. & Beinart, N. A., 1 Aug 2014, International Journal of Behavioural Medicine: Abstract supplement. Springer, Vol. 21 (S1). p. S202 1 p. O684
Research output: Chapter in Book/Report/Conference proceeding › Conference paper › peer-review

Non-specific chronic low back pain in rural Nigeria: A qualitative exploration of beliefs, experiences and self-management practices.
Igwesi-Chidobe, N., Kitchen, S., Sorinola, I. & Godfrey, E., 19 May 2014, In: World Confederation for Physical Therapists-African region.
Research output: Contribution to journal › Meeting abstract › peer-review

Individual and intervention-related factors associated with adherence to home exercise in chronic low back pain: A systematic review
Beinart, N., Goodchild, C., Weinman, J., Ayis, S. & Godfrey, E., Dec 2013, In: Spine. 13, 12, p. 1940-1950 11 p.
