Review
Hydrogen Sulfide: A Gaseous Mediator and Its Key Role in Programmed Cell Death, Oxidative Stress, Inflammation and Pulmonary Disease
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Abstract: Hydrogen sulfide (H\textsubscript{2}S) has been acknowledged as a novel gaseous mediator. The metabolism of H\textsubscript{2}S in mammals is tightly controlled and is mainly achieved by many physiological reactions catalyzed by a suite of enzymes. Although the precise actions of H\textsubscript{2}S in regulating programmed cell death, oxidative stress and inflammation are yet to be fully understood, it is becoming increasingly clear that H\textsubscript{2}S is extensively involved in these crucial processes. Since programmed cell death, oxidative stress and inflammation have been demonstrated as three important mechanisms participating in the pathogenesis of various pulmonary diseases, it can be inferred that aberrant H\textsubscript{2}S metabolism also functions as a critical contributor to pulmonary diseases, which has also been extensively investigated. In the meantime, substantial attention has been paid to developing therapeutic approaches targeting H\textsubscript{2}S for pulmonary diseases. In this review, we summarize the cutting-edge knowledge on the metabolism of H\textsubscript{2}S and the relevance of H\textsubscript{2}S to programmed cell death, oxidative stress and inflammation. We also provide an update on the crucial roles played by H\textsubscript{2}S metabolism in the treatment of pulmonary diseases.

Keywords: hydrogen sulfide; gaseous mediator; metabolism; programmed cell death; oxidative stress; inflammation; pulmonary diseases; therapeutic target

1. Introduction

Pulmonary diseases, including acute respiratory disorders such as acute lung injury (ALI)/acute respiratory distress syndrome (ARDS) and pneumonia, as well as chronic respiratory disorders, such as chronic obstructive pulmonary disease (COPD), asthma and lung cancer, are the leading causes of morbidity, mortality and disability worldwide. Worse still, the absolute numbers of cases of pulmonary diseases have increased globally over the past three decades [1–4]. The pathogenesis of pulmonary diseases is complex and not yet fully understood. However, dysregulated programmed cell death, increased oxidative stress and aberrant inflammation have attracted substantial attention as they are extensively involved in the development and progression of a plethora of pulmonary diseases [5–7].

Well-regulated programmed cell death is of essence in controlling homeostatic functions since eliminating redundant, severely injured, infected and potentially detrimental cells are crucial to cell turnover as well as cellular and organismal homeostasis [8–10]. While excessive cell death can cause tissue injury and destruction, a lack of cell death is also involved in many pathological conditions [10]. Notably, dysregulation of programmed cell death in multiple forms, ranging from apoptosis to necroptosis, has been implicated in many pulmonary diseases [5]. In addition, countermeasures targeting the pathways involved in programmed cell death have shown its therapeutic promise in many pulmonary diseases [5,11,12].
The maintenance of redox homeostasis greatly relies on the competent endogenous antioxidant defenses within our bodies. As a result, when endogenous antioxidant defenses fail, the redox homeostasis can be disrupted and further result in an increase in cellular oxidative stress [13,14]. Since the balance between the generation and the clearance of free radicals is disrupted, the redox signaling is disturbed and functions of tissues and organs are affected [15]. Increased oxidative stress has been observed in various diseases, especially pulmonary diseases [6]. Likewise, antioxidant-based therapeutic strategies have been developed and applied in the management of many pulmonary diseases [6,16,17].

Inflammation is a natural process driven by the immune system in response to infection and injury. Inflammation serves as an indispensable mechanism to re-establish homeostasis in cells and tissues in the face of harmful stimuli. Therefore, an immediate, effective and tightly controlled inflammation is a protective reaction that allows us to survive under detrimental conditions [18]. Uncontrolled and unresolved inflammation, on the other hand, can lead to several disorders [19,20]. Of note, aberrant inflammation has been extensively involved in many pulmonary diseases [7]. Similarly, treatments aimed at resolving inflammation function as a key contributor to the re-establishment of organismal homeostasis in many pulmonary diseases [6,7,21,22].

Hydrogen sulfide (H₂S) has emerged as a key gaseous regulator participating in programmed cell death, oxidative stress and inflammation. Considering the significant roles played by dysregulated cell death, increased oxidative stress and aberrant inflammation in the pathogenesis of pulmonary diseases [5–7], it can be inferred that H₂S is able to affect the pathophysiology of pulmonary diseases as well. H₂S is extensively involved in the physiopathology of the airways and dysregulated H₂S metabolism is linked to the onset, development and progression of a plethora of pulmonary diseases [23–25]. In addition, targeting H₂S metabolism presents a novel alternative therapeutic approach against pulmonary diseases, which has aroused significant interest and is being extensively investigated [23–25].

In this review, we aim to provide an update on the pathways involved in the metabolism of H₂S. In addition, we seek to summarize the cutting-edge knowledge on the roles of H₂S in the pathogenesis of pulmonary diseases. We also attempt to provide new insights to consider interfering with H₂S metabolism as a therapeutic approach for pulmonary diseases.

2. Overview of H₂S Metabolism and H₂S Research Tools

H₂S is a colorless and flammable gas and has a distinctive odor of rotten eggs. Similar to nitric oxide and carbon monoxide, H₂S has been recognized as a gaseous mediator [26,27]. While H₂S is toxic in moderate to high amounts, it plays a critical role in many cellular functions and biological processes at low concentrations [26,27].

The endogenous synthesis of H₂S in living organisms predominantly arises from the desulphhydration of L-cysteine or homocysteine. This conventional source of H₂S generation accounts for several reactions catalyzed by a group of enzymes, including cystathionine β-synthase (CBS), cystathionine γ-lyase (CSE) and 3-mercaptopyruvate sulfurtransferase (MPST) [28]. Specifically, CBS and CSE, two pyridoxal 5′-phosphate-dependent enzymes, are responsible for transsulfuration reactions, whereas MPST, along with cysteine aminotransferase, catalyze the catabolism of L-cysteine. More recently, it has been proposed that the combined action of MPST and D-amino acid oxidase also contributes to H₂S biosynthesis [29]. In addition to these enzyme-catalyzed reactions, many other sources, such as the natural release of H₂S from persulfide and polysulfide species and the yielding of H₂S from microbiota (sulfate-reducing microorganisms), in the gastrointestinal tract and oral cavity are known [30]. The scavenge of H₂S in eukaryotic cells involves both enzymatic and nonenzymatic mechanisms. The methylation of H₂S to methanethiol by thiol-S-methyltransferase in the cytoplasm and the oxidation of H₂S to thiosulfate and sulfate by sulfide quinone oxidoreductase, rhodanese and sulfite oxidase in the mitochondria are the major enzymatic pathways involved in the inactivation of H₂S [31–33]. In addition,
H₂S can be directly exhaled from the airways or excreted from the kidney by binding with methemoglobin and metallo- or disulfide-containing molecules [27,34]. It is worth mentioning that polysulfide species might be involved in the biological and pathological effects of H₂S as polysulfide species not only act as a natural source of H₂S production, but also function as a major way to contribute to the elimination of H₂S [35]. The ways of H₂S metabolism in mammals are shown in Figure 1.

![Figure 1. Overview of hydrogen sulfide (H₂S) metabolism in mammals. Endogenous H₂S is mainly produced by the desulphydration of L-cysteine or homocysteine by the enzymatic reactions catalyzed by cystathionine β-synthase (CBS), cystathionine γ-lyase (CSE), 3-mercaptopropionate sulfurrtransferase (MPST)/cysteine aminotransferase (CAT) and MPST/D-amino acid oxidase (DAO). Endogenous H₂S is also yielded from the natural release of H₂S from persulfide/polysulfide species. Sulfate-reducing microorganism-derived H₂S is also an important source of endogenous H₂S. The elimination of endogenous H₂S is mainly achieved by oxidation in the mitochondria by sulfide quinone oxidoreductase (SQR), rhodanese and sulfite oxidase (SO) and methylation in the cytoplasm by thiol-S-methyltransferase (TMST). H₂S can be directly exhaled from the airways or excreted with biological fluids, such as urine.](image)

The understanding of the pathways involved in H₂S metabolism has given rise to the development of valuable H₂S research tools, such as H₂S-producing enzyme inhibitors and H₂S donor compounds [36–38]. These pharmacological inhibitors decrease the host-derived H₂S, and these donor compounds act as a major source of exogenous H₂S supplement in research. The development of chemical H₂S research tools has enhanced our understanding of the role played by H₂S in many diseases and is comprehensively discussed in several reviews [36–38]. The main characteristics of H₂S-producing enzyme inhibitors and H₂S donor compounds are briefly summarized in Tables 1 and 2, respectively. In addition to inhibitors that can suppress the enzymatic activity of H₂S-synthesizing enzymes, animals with gene deficiency in CBS (heterozygous knockout), CSE and MPST have also been established. These gene-modified animals serve as precise genetic tools in H₂S-related
research and are widely used. Moreover, the development of small interfering RNA targeting CBS, CSE and MPST also contributes to H₂S-related research.

Table 1. A brief summary of common H₂S-producing enzyme inhibitors.

| Name                        | Target      | IC₅₀ (µM) | Trait                  |
|-----------------------------|-------------|-----------|------------------------|
| Aminooxyacetic acid         | CSE/CBS     | ~1.1 and ~8.5, respectively | Nonselective        |
| DL-Propargylglycine         | CSE         | 40        | Selective, irreversible |
| D-Penicillamine             | CSE         | 270       | Selective a            |
| β-Cyanoalanine              | CSE/CBS     | 14, Not applicable for CBS b | Nonselective, reversible |
| L-aminoethoxyvinylglycine   | CSE         | 1         | Selective              |
| Trifluoroalanine            | CBS/CSE     | 66 and 289, respectively | Nonselective, reversible |
| Oxothiazolidine derivative  | CBS         | 1         | Selective              |
| CH0004                      | CBS         | 1         | Selective              |
| HMPSNE                      | MPST        | ~2–30     | Selective              |

Abbreviations: Hydrogen sulfide (H₂S), cystathionine β-synthase (CBS), cystathionine γ-lyase (CSE), 3-mercaptopyruvate sulfurtransferase (MPST), half-maximal inhibitory concentration (IC₅₀). a IC₅₀ for CBS is 8.5 mM, indicating that D-Penicillamine is approximately 30 times more selective against CSE. b The inhibitory effect of β-Cyanoalanine on CBS only occurs at concentrations exceeding 1 mM.

Table 2. A brief summary of common H₂S donor compounds.

| Category                        | H₂S-Releasing Speed | Examples                                      |
|---------------------------------|---------------------|-----------------------------------------------|
| Inorganic H₂S donor             | Fast                | NaHS, Na₂S and CaS                           |
| Organic H₂S donor               | Fast/Slow           | Lawesson’s reagent (Fast) and GYY4137 (Slow)  |
| H₂S-releasing NSAIDs            | Slow                | ACS15                                         |
| Mitochondria-targeted H₂S donor | Slow                | AP39 and AP123                               |
| ROI-activated H₂S donor         | Slow                | Peroxythiocarbamate                          |
| Thiol-activated H₂S donors      | Medium–fast         | NSHD                                          |
| Natural H₂S donors              | Slow                | Diallyl trisulfide                           |

Abbreviations: Sodium hydrosulfide (NaHS), sodium sulfide (Na₂S), calcium sulfide (CaS), morpholin-4-ium-4-methoxyphenyl phosphonodithioate (GYY4137), non-steroidal anti-inflammatory drugs (NSAIDs), N-(benzoylthio) benzamide (NSHD), H₂S-releasing diclofenac derivative (ACS15), anethole dithiolethione (AP39), hydroxythiobenzamide (AP123), reactive oxygen intermediates (ROI).

3. Cross-Linking of H₂S with Cell Death, Oxidative Stress and Inflammation

Many cellular components, that act as damage-associated molecular patterns, are released when death occurs in parenchymal cells. Subsequently, the generation of reactive oxygen species (ROS) is increased and further leads to oxidative stress and inflammation [39–42]. Under pathological conditions, cell death, oxidative stress and inflammation can lead to each other, thus driving a local auto-amplification loop and further exaggerated cell death, oxidative stress and inflammation in a vicious cycle [43–45]. In the past few years, the multifaceted roles of H₂S as a gaseous regulator in cell death, oxidative stress and inflammation have been widely investigated.

Cell death pathways are extensively involved in the pathogenesis of disorders in many organs and systems [10,11]. As overviewed in some reviews, various forms of cell death have been identified recently and the significant role of H₂S in regulating cell death in pathological conditions has been discovered [46–49]. Autophagy is a crucial molecular mechanism for controlling homeostasis in cells and tissues [46,50]. The actions of H₂S in autophagy are controversial since H₂S exerts both pro-autophagy and anti-autophagy effects on autophagy [47].Canonical pyroptosis occurs when the nucleotide-binding oligomerization domain-like receptor protein 3 (NLRP3) inflammasome is activated by inflammatory assault [46,51]. The role of H₂S in pyroptosis has become a research hotspot. On the one hand, H₂S effectively inhibited the activation of NLRP3 inflammasome, by which H₂S provided protection against many pathological conditions, such as liver injury, kidney injury, stroke, diabetes, lung injury, colitis and endothelial dysfunction [48]. On the
other hand, H2S has also been proposed to promote disease development by activating NLRP3 inflammasome [48]. Probably, the opposite influences of H2S on autophagy and NLRP3 inflammasome activation observed among different investigations are due to different doses, timeframes and reaction times of the H2S used, and H2S may also function distinctively among different organs and systems and different diseases or different disease stages [47,48]. Similarly, there is no general agreement regarding the effects of H2S on apoptosis [49,52]. Increasing studies have also been conducted to explore the role of H2S in ferroptosis and necroptosis [53,54], however whether H2S affects other forms of cell death needs to be further investigated.

Oxidative stress occurs as a consequence of the imbalance between the production and elimination of ROS [55]. The role of H2S in regulating oxidative stress by influencing the production of ROS and antioxidants has been explored in some detail [56–58]. The antioxidant effect of H2S involves various mechanisms, including directly quenching free radicals (in which H2S serves as a chemical reductant) and scavenging free radicals either by upregulating the levels of nonenzymatic antioxidants such as reduced glutathione and classic thioredoxin or affecting a suite of cellular antioxidant enzymes, such as superoxide dismutase, catalase and glutathione peroxidase. Moreover, inhibiting the generation of mitochondrial free radicals also participates in the protection provided by H2S to cells against oxidative stress [56–58]. However, several investigations have indicated that H2S also has pro-oxidative properties and this aspect has been overviewed in a comprehensive review [59].

Taking advantage of the development of chemical and genetic H2S research tools and the recognition of the nature of being a molecular signaling mediator of H2S, the complex roles of H2S in a plethora of acute/chronic inflammatory conditions, such as pulmonary diseases (see the detailed discussion in Section 4), gastrointestinal disorders, sepsis (systemic inflammation) and arthritis (local inflammation), have been substantially investigated and become increasingly clear [27,28,60]. However, the precise role of H2S in the inflammatory process is still ambiguous and yet to be fully understood as both pro-inflammatory and anti-inflammatory properties of H2S have been proposed [28,60,61].

4. Role of H2S in Pulmonary Diseases

Most of the H2S metabolism pathways participate in the biosynthesis and catabolism of H2S in the respiratory system. In addition, perturbations of these pathways have been observed in several pulmonary diseases. Moreover, H2S acts as a key contributor in the maintenance of many respiratory functions in addition to a signaling mediator bridging cell death, oxidative stress and inflammation, which are three significant mechanisms involved in the onset and progression of pulmonary disorders. These facts highlight the importance of having a comprehensive understanding of the significant roles played by H2S in the respiratory system [23–25]. In the past few decades, a great effort has been made to investigate the effects of H2S on the pathogenesis of many pulmonary diseases, including ALI/ARDS, pneumonia, asthma, COPD and lung cancer.

4.1. H2S and Acute Lung Injury/Acute Respiratory Distress Syndrome

ALI that manifests itself clinically as ARDS is a common pathological condition characterized by acute hypoxemic respiratory failure and bilateral pulmonary edema. Consequently, the morbidity and mortality of ALI/ARDS are both very high [1,62,63]. Many direct (pulmonary) and indirect (extrapulmonary) insults can lead to ALI/ARDS. Pneumonia and sepsis/endotoxemia, respectively, rank first as the most common direct and indirect risk factors of ALI/ARDS [63]. It has been suggested that H2S is extensively involved in the pathophysiology of ALI/ARDS induced by different insults.

4.1.1. H2S and Sepsis/Endotoxemia-Induced Acute Lung Injury

Sepsis is a life-threatening organ dysfunction that arises as a consequence of the host response failure to control invading pathogens and their toxins. Sepsis affects around
30 million individuals worldwide and its incidence continues to rise [64,65]. The lungs are the most vulnerable organs during the development of sepsis/endotoxemia; hence, sepsis/endotoxemia frequently causes many alterations in the lung tissues [66,67]. The roles of H2S as a signaling mediator and a potential therapeutic target in ALI caused by sepsis/endotoxemia have been widely investigated [27,28] and are briefly summarized in Figure 2.

![Diagram](image-url)

**Figure 2.** Overview of the role of H2S in sepsis/endotoxemia-induced acute lung injury. The induction of sepsis or endotoxemia in animals leads to an increase in the expressions of CBS, CSE and MPST, and further results in upregulation of host-derived H2S. Subsequently, endogenous H2S imbalance dysregulates several inflammatory pathways and further causes remote lung injury. In contrast, the supplement of exogenous H2S may be therapeutically advantageous as it protects animals against lung injury in sepsis. Abbreviations: cecal ligation and puncture (CLP), lipopolysaccharide (LPS), transient receptor potential vanilloid type 1 (TRPV1), substance P (SP), tachykinin receptor 1 (TACR1), extracellular signal-related kinases (ERK), mechanistic target of rapamycin (mTOR), nuclear factor erythroid 2—related factor 2 (Nrf2), C/EBP homologous protein (CHOP).

In a mouse model of endotoxemia, intraperitoneal injection of lipopolysaccharide (LPS) led to higher CSE expression and H2S biosynthesis, accompanied with increased systematic inflammation and severe lung injury [68]. Inhibiting the catalytic activity of CSE and therefore decreasing the production of host-derived H2S by DL-Propargylglycine (PAG) treatment showed a protective effect on endotoxemia-induced lung injury, as evidenced by lower activity of myeloperoxidase and less structural destructions in lung tissue [68]. The pro-inflammatory actions of endogenous H2S in lung injury were also observed in mice with cecal ligation and puncture (CLP)-induced sepsis [69]. Thereafter, many studies have been conducted to further investigate the involvement of endogenous H2S in sepsis-induced organ dysfunction and elucidate the potential mechanism. Mechanistically, the elevated H2S biosynthesis triggered by CLP was linked to the activation of NF-κB and the
following rise in the productions of cytokines, chemokines and adhesion molecules in mice with sepsis. As a result, the rolling and adherence of leukocytes were significantly increased, leading to a serious injury in the lung tissues [70,71]. Subsequently, it has been shown that the pro-inflammatory effects of endogenous H\(_2\)S on lung injury caused by sepsis in mice were achieved by activating the extracellular signal-related kinases (ERK)/NF-\(\kappa \)B pathway [72]. A series of investigations have indicated that the transient receptor potential vanilloid type 1 (TRPV1)/substance P/tachykinin receptor 1 axis plays a significant role in the activation of the ERK/NF-\(\kappa \)B pathway and ensuing lung inflammation and injury mediated by elevated H\(_2\)S following sepsis [73–75]. It has been suggested that elevated host-derived H\(_2\)S induced by CLP led to the activation of TRPV1, thereby increasing the productions of cyclooxygenase-2 and prostaglandin E metabolite and ultimately causing inflammation and injury in lung tissues in mice [76]. Moreover, in a mouse model of CLP-induced sepsis, the treatment of small interfering RNA targeting CSE significantly mitigated sepsis-associated lung inflammation and injury, further confirming the pro-inflammatory effects of endogenous H\(_2\)S in sepsis [77].

On the contrary, some investigations also suggested a protective effect of H\(_2\)S in sepsis-induced ALI. In a mouse model of CLP-induced sepsis, reducing H\(_2\)S biosynthesis via PAG treatment caused significant aggravation of lung injury, whereas the administration of exogenous H\(_2\)S obviously ameliorated sepsis-induced alterations in lung tissues [78]. Although the rolling and adhesion of leukocytes were consistently reduced following the reduction of H\(_2\)S biosynthesis [70,71,78], the effects of inhibiting host-derived H\(_2\)S on sepsis-induced lung injury were opposing. Different health statuses, ages and genders of the animals, different commercial sources of PAG and different severities of sepsis may explain the discrepancy [78]. Several recent studies also pointed to the protective effects of H\(_2\)S in CLP-induced lung injury as the exogenous H\(_2\)S supplement suppressed apoptosis and ferroptosis in lung tissues and ultimately abrogated the development of lung injury in mice with CLP-induced sepsis [53,79]. Recently, increased CBS expression in the lung tissues, accompanied by excessive inflammatory and oxidative responses, was observed in mice receiving LPS instillation. Interestingly, H\(_2\)S inhalation showed a negative feedback effect on CBS expression in the lung tissues, subsequently leading to a significant downregulation in the expressions of stress-related protein and activated MAP kinase and the formation of ROS, thereby ultimately mitigating lung inflammation and injury caused by LPS instillation [80].

4.1.2. H\(_2\)S and Acute Pancreatitis-Induced Acute Lung Injury

Acute pancreatitis, a common pancreatic disorder characterized by a local and systemic inflammatory response, often causes multiple organ dysfunction [81]. The incidence of acute pancreatitis keeps increasing worldwide and the global morbidity and mortality are still very high [82]. The lungs are one of the most easily affected organs aside from the pancreas during the onset, development and progression of acute pancreatitis [83]. As H\(_2\)S imbalance has been implicated in acute pancreatitis, the actions played by H\(_2\)S in acute pancreatitis-induced ALI are becoming increasingly clear [24,28].

In a mouse model of acute pancreatitis induced by caerulein administration, the disease induction led to the activation of the CSE/H\(_2\)S pathway in pancreas tissues, which significantly amplified inflammation and injury in the pancreas and lungs [84]. Treatment with PAG robustly suppressed the biosynthesis of H\(_2\)S, which in turn led to protection against ALI following acute pancreatitis [84]. Subsequently, it was reported that the detrimental effects of H\(_2\)S on acute pancreatitis were mediated by chemokines, as the treatment with PAG to inhibit the catalytic activity of CSE not only reduced the expressions of pro-inflammatory chemokines in the pancreas and lungs but also attenuated the severity of acute pancreatitis-induced alterations in lung tissues [85]. A recent study also suggested that the elevated H\(_2\)S biosynthesis catalyzed by CSE exacerbated inflammation and injury in lung tissues caused by acute pancreatitis [86]. In line with studies establishing an acute pancreatitis model in mice by caerulein injection, in a rat model with sodium deoxycholate
injection-induced acute pancreatitis, the activated CSE/H2S pathway was linked to the significant aggravation in inflammation and injury in lung tissues [87].

H2S may also provide significant protection against acute pancreatitis-induced ALI as treating the mice with H2S-releasing diclofenac derivative (ACS15) obviously attenuated lung inflammation and injury following acute pancreatitis [88]. The slow release of H2S from ACS15 may explain the protective actions of H2S in acute pancreatitis-induced ALI. Another study indicated that a low dose of sodium hydrosulfide (NaHS) protected mice against acute pancreatitis-induced ALI and the protective effects of H2S were achieved by inhibiting caerulein injection-induced inflammation via downregulating the expressions of pro-inflammatory chemokines and adhesion molecules [89].

4.1.3. H2S and Burn/Inhalation-Induced Acute Lung Injury

It has been shown that the mRNA levels of CSE and endogenous H2S synthesis activity were markedly upregulated, and the lung tissues were obviously damaged in mice with severe burn injuries. The administration of PAG significantly attenuated burn injury-induced systematic inflammation and remote lung injury, while the treatment of NaHS further exacerbated these alterations [90]. In contrast, in a mouse model of ALI induced by a combination of burn and smoke inhalation, the exogenous H2S supplement primed the anti-inflammatory and antioxidant pathways, which significantly mitigated lung injury and reduced mortality [91]. The discrepancy between these studies is probably due to different animal models and H2S supplements used (NaHS vs. H2S parenteral formulation). A recent study showed that the endogenous production of H2S obviously increased in mice at the early stage of burn injury (within 24 h) but turned to the baseline level at the late stage (after 3 days). Intriguingly, the treatments with the H2S biosynthesis inhibitor (aminooxyacetic acid (AOAA)) and the H2S donor (AP39) provided similar protective effects in burn injury-induced systematic inflammation and lung injury in a mouse model of burn injury, as both AOAA and AP39 treatment mitigated burn-induced increases in lung neutrophil accumulation (activity of lung myeloperoxidase) and oxidative stress (level of lung malondialdehyde), as well as burn-induced elevation in the systematic inflammatory response (levels of plasma pro-inflammatory cytokines) [92]. Slow H2S-releasing donors cause an inhibition of endogenous H2S formation, possibly by a negative feedback mechanism, which may explain the anti-inflammatory actions of slow H2S-releasing compounds [28]. Therefore, the anti-inflammatory actions of AP39 (a slow H2S-releasing donor) probably contribute to its protective effects on burn-induced ALI. The antioxidant and cytoprotective effects of upregulating the level of mitochondrial H2S on inflammation and organ stress have been extensively confirmed [93]. Thus, the beneficial effect of AP39 was also assumed to be its nature of being a mitochondria-targeted H2S donor, which might preferably accumulate in the mitochondria and selectively increase the concentration of mitochondrial H2S without significantly upregulating the systematic H2S concentration [92].

4.1.4. H2S and Ventilator-Induced Acute Lung Injury

Mechanical ventilation can cause several lung alterations in mice, including significant inflammation and injury. In contrast, continuous H2S inhalation (80 parts per million) during mechanical ventilation inhibited ventilation-induced pro-inflammatory and apoptotic responses, thereby effectively protecting mice against ventilator-induced lung injury (VILI) [94]. A subsequent study indicated that the protective effects of H2S inhalation in VILI in mice were probably achieved by inhibiting the expressions of genes that are associated with oxidative stress and inflammation while increasing that of genes related to anti-apoptosis and anti-inflammation and genes controlling the vascular permeability [95]. Thereafter, this research group has pointed to the involvement of the PI3K/AKT pathway in the protective effect of H2S inhalation in VILI in mice. Specifically, the PI3K/AKT pathway was activated by H2S inhalation, which further attenuated mechanical ventilation-induced inflammation and oxidative stress [96]. More recently, H2S inhalation has been shown
to protect rats against VILI, as evidenced by reduced levels of inflammatory response, histopathological damage, pulmonary edema and permeability, as well as oxidative stress. Moreover, the protective effect of H$_2$S inhalation was achieved by impeding the activation of the PERK/eIF2α/ATF4/GADD34 pathway and the NF-κB/MAPK pathway, which further led to an obvious decline in apoptosis, autophagy and endoplasmic reticulum stress [97]. The exogenous H$_2$S supplement also provided protection to rats against VILI as a continuous NaHS infusion reduced lung inflammation and improved oxygenation, which further protected rats against VILI [98]. Another study indicated that a systemic supplement of exogenous H$_2$S by intravascular injection with Na$_2$S is an effective therapeutic approach to prevent VILI, whereas a continuous inhalation of H$_2$S (60 parts per million) during mechanical ventilation accelerated the development of VILI in mice [99]. The discrepancy regarding the effects of H$_2$S inhalation in VILI among studies is probably due to different animal models and different doses of H$_2$S used.

4.2. H$_2$S and Pneumonia

Pneumonia represents a common acute respiratory infection with high morbidity and mortality [2]. A variety of pathogens, including bacteria, respiratory viruses and fungi, can cause pneumonia [2,100]. Aberrant H$_2$S metabolism has been implicated in several types of pneumonia.

A recent study has pointed to the involvement of H$_2$S in the pathogenesis of tuberculosis [101]. In a landmark study, it was shown that the levels of CSE and MPST were higher in human tuberculous lung tissues than in healthy lung tissues. Moreover, CSE-derived H$_2$S profoundly affected the immune response of mice by altering the central carbon metabolism, thereby ultimately exacerbating tuberculosis [102]. Consistently, mice infected by Mycobacterium tuberculosis (Mtb) by the aerosol route had higher levels of CBS, CSE and MPST in lung tissues compared with normal mice [102]. Taking advantage of using GYY3147 and PAG as well as establishing pulmonary tuberculosis in mice genetically deficient in the CSE gene, researchers also demonstrated that elevated H$_2$S catalyzed by CSE not only enabled the Mtb to survive and grow in macrophages during infection but also dysregulated the host immune response to Mtb infection and impaired central carbon catabolism in mice, thereby enhancing virulence and infection of Mtb and eventually promoting the progression of pulmonary tuberculosis [102]. Similarly, elevated host-derived H$_2$S catalyzed by CBS was also shown to participate in the pathogenesis of pulmonary tuberculosis induced by Mtb infection in mice [103]. It was reported that CBS-catalyzed H$_2$S can modulate the growth, energy homeostasis (bioenergetics and ATP production) and central metabolism of Mtb. Moreover, it was also shown that genetic CBS deletion enhanced the survival probability and decreased the organ burden, and the treatment with the CBS inhibitor reduced the bacterial load in mice following Mtb infection [103].

H$_2$S imbalance has also been linked to the pathogenesis of viral pneumonia. Endogenous production of H$_2$S has been reported to be decreased in airway epithelial cells infected by the respiratory syncytial virus (RSV) as a consequence of lower expression of CSE (mRNA and protein) and increased degradation of H$_2$S [104]. The inhibition of CSE with PAG obviously enhanced the replication of RSV and the secretion of pro-inflammatory chemokines, whereas the supplement of exogenous H$_2$S with GYY4137 showed a significant suppression effect on these processes by inhibiting the nuclear translocation of NF-κB and interferon regulatory factor 3, which are two crucial transcription factors involved in infection [104]. These findings led them to further investigate the role of H$_2$S metabolism in mice with RSV infection [105]. In this study, the levels of both CBS and CSE were lower in lung tissues in mice with RSV infection than in normal mice [105]. The exogenous H$_2$S supplement by GYY4137 intranasal delivery significantly provided protection to mice against RSV infection, whereas mice genetically deficient in CSE exhibited more serious disease, as evidenced by increased airway reactivity, increased viral replication in lung tissues and increased lung inflammation compared with wild-type mice [105]. Several clinical studies have also shed light on endogenous H$_2$S in severe acute
respiratory syndrome coronavirus 2 (SARS-CoV-2) infection (coronavirus disease 2019, COVID-19) [106]. Patients with COVID-19 had lower levels of plasma H$_2$S than healthy controls, however lower levels of plasma H$_2$S indicated a higher survival probability [107]. In contrast, the levels of serum H$_2$S were also found to be positively correlated with the final survival probability of COVID-19 [108]. The reason for the discrepancy in terms of the correlation between endogenous H$_2$S and the severity and outcome of COVID-19 is not yet clear. Regarding this controversy, many investigations have concluded that H$_2$S plays a key role in preventing SARS-CoV-2 infection as it affects the interaction between host cells and SARS-CoV-2, thereby blocking the cellular entry of SARS-CoV-2, as discussed in a comprehensive review [109].

4.3. H$_2$S and Chronic Obstructive Pulmonary Disease

COPD is a chronic airway inflammatory disease with persistent respiratory symptoms and progressive airflow obstruction [110]. On the global scale, it affects approximately 400 million people and causes more than 3 million deaths, making it a leading cause of global morbidity, mortality and healthcare use [111]. Increasing studies have demonstrated that endogenous H$_2$S is not only involved in the pathogenesis of COPD, but it is also closely related to the severity of COPD [112].

Since cigarette smoking (CS) is the predominant causative factor of COPD [111,113], a CS exposure-induced COPD rodent model has been treated as a useful tool in COPD research [114]. Tang et al. showed that 4 months of CS exposure resulted in an upregulation of CSE expression and H$_2$S biosynthesis and several COPD-associated abnormalities, including increased airway reactivity and lung injury characterized by epithelial damage, inflammation and emphysema in rats. Importantly, these COPD-associated abnormalities were linked to the abnormal activation of the CSE/H$_2$S pathway as the supplement of exogenous H$_2$S with NaHS ameliorated increased airway reactivity and lung injury, while inhibiting H$_2$S biosynthesis by pharmacologically blocking CSE with PAG further aggravated these aforementioned abnormalities [115]. In contrast, the expressions of CBS and CSE were reported to be significantly decreased in the lung tissues in rats after chronic CS exposure (3 or 6 months), accompanied by an obvious drop in H$_2$S endogenous production [116]. However, the administration of NaHS protected rats against CS exposure-induced cell death, oxidative stress and airway inflammation and remodeling, and as such, suppressed the development of emphysema and pulmonary hypertension [116]. The protective effects of exogenous H$_2$S were achieved by activating the AKT pathway and consequently preventing the increase of Nrf2 [116]. Consistently, a recent study indicated that the mRNA levels of CBS, CSE and MPST were downregulated in lung tissues in mice after CS exposure [117]. Apart from CS exposure, atmosphere particulate matter exposure also serves as an important etiological factor for the development of COPD [118]. The protein level of CSE was significantly decreased in the lung tissues in mice with particulate matter (PM) exposure-induced COPD [119]. In addition, the inhibition of H$_2$S biosynthesis with PAG further exacerbated PM exposure-induced lung inflammation and emphysema in mice. In contrast, the supplement of exogenous H$_2$S by NaHS administration significantly protected mice against PM exposure-induced airway abnormalities via accelerating ROS scavenging and inhibiting pyroptosis and apoptosis in the airway in an Nrf2-dependent manner [119].

In addition to animal studies, a great effort has been made by several research groups in investigating the profile of endogenous H$_2$S in patients with COPD. Endogenous production of H$_2$S has been shown to be significantly altered in COPD patients [120]. The levels of serum H$_2$S in patients with stable COPD were higher than in those with acute exacerbation of COPD (AECOPD) and healthy controls [120]. In all individuals, smokers had lower levels of serum H$_2$S than in nonsmokers [120]. Moreover, in cases with stable COPD, the levels of serum H$_2$S were higher in patients with stage I airway obstruction compared to those with stage III airway obstruction [120]. In all patients, the levels of serum H$_2$S showed a positive correlation with lung functions of patients [120]. While a negative
correlation between the levels of serum H\textsubscript{2}S and the proportion of neutrophils in sputum was observed, the levels of serum H\textsubscript{2}S were positively correlated with the proportions of lymphocytes and macrophages in sputum [120]. This study indicated that endogenous H\textsubscript{2}S played a crucial role in airway obstruction development in COPD and the levels of serum H\textsubscript{2}S were associated with the activity and severity of COPD [120] and aroused great attention in exploring the levels of H\textsubscript{2}S in different samples in addition to serum in COPD. It has been shown that the levels of H\textsubscript{2}S in exhaled breath were similar in patients with stable COPD, AECOPD and healthy controls [121]. In this study, the levels of exhaled H\textsubscript{2}S were not significantly correlated with the proportions of different cell types in sputum, however, the levels of H\textsubscript{2}S in exhaled breath were found to be negatively correlated with the proportion of eosinophils in sputum in another study [121,122]. This discrepancy indicated that further research with larger population cohort is required as the populations of these two studies were relatively small (38 and 77, respectively) [121,122]. Interestingly, exhaled H\textsubscript{2}S levels were positively correlated with inspiratory capacity in COPD patients and lower levels of exhaled H\textsubscript{2}S were found in patients with eosinophilia and more frequency of acute exacerbations [122]. The profiles of H\textsubscript{2}S in sputum were also investigated in COPD. Specifically, COPD patients had higher levels of sputum H\textsubscript{2}S compared with healthy individuals and the levels of sputum H\textsubscript{2}S were higher in patients with AECOPD compared with those with stable COPD [123]. The pathway of H\textsubscript{2}S biosynthesis also differed in lung tissues in patients with COPD. The levels of CSE protein and CBS mRNA in lung tissues in COPD patients were lower than in healthy controls. However, the mRNA levels of CSE in lung tissues were higher in COPD patients compared with healthy individuals and the levels of lung H\textsubscript{2}S were similar between patients and healthy controls [124]. More recently, endogenous H\textsubscript{2}S was also linked to pulmonary vascular remodeling in COPD patients [125]. In addition, it has been shown that the production of polysulfide species in lung tissues of patients with COPD was lower than that of non-COPD patients [126]. Although the profile of H\textsubscript{2}S was not a focus of this study, considering the important role of polysulfide species in H\textsubscript{2}S metabolism, this research might also indirectly echo the potential actions played by H\textsubscript{2}S in COPD.

4.4. H\textsubscript{2}S and Asthma

Asthma is a common chronic inflammatory disorder of the airways [127]. As a heterogeneous clinical syndrome, asthma affects more than 300 million individuals globally and has a high ratio of death [128]. Increasing evidence has indicated that endogenous H\textsubscript{2}S presents itself as a crucial mediator in the pathogenesis of asthma [112]. Ovalbumin-induced asthma models in rodents have been widely used in investigating the pathogenesis of allergic asthma as asthma in these models mimics many aspects of asthma in humans [129]. As shown in the landmark study that firstly shed light on the role of H\textsubscript{2}S in asthma, researchers found that the levels of CSE in lung tissues (both mRNA and protein) in rats with ovalbumin-induced asthma were 42.6% and 63.4% lower than those in lung tissues from normal rats [130]. In addition, the catalytic activity of CSE was 78.3% lower in asthmatic rats than in control rats [130]. These significant declines in the expression and enzymatic activity of CSE led to an obvious decrease in the levels of endogenous H\textsubscript{2}S in lung tissues and serum (79.8% and 81.1%, respectively) [130]. Notably, the levels of endogenous H\textsubscript{2}S were found to be positively correlated with the lung function (peak expiratory flow) of rats, whereas a negative correlation between the level of H\textsubscript{2}S and the proportion of eosinophils and neutrophils in bronchoalveolar lavage fluid and asthma-associated lung alterations, such as inflammatory cells’ infiltration, collagen deposition, goblet cells’ proliferation and airway smooth-muscle hyperplasia, was observed as well [130]. Moreover, the administration of exogenous H\textsubscript{2}S by injecting NaHS obviously mitigated ovalbumin-induced alterations [130]. The involvement of the CSE/H\textsubscript{2}S pathway in asthma has been confirmed in further studies [131,132]. In these studies, the expression of CSE and endogenous generation of H\textsubscript{2}S dropped significantly in lung tissues in mice after ovalbumin challenge. Importantly, while many asthma-associated alterations,
including increased airway responsiveness, airway inflammation and lung damage, were exacerbated in mice genetically deficient in CSE, these abnormalities induced by ovalbumin challenge were obviously attenuated by the supplement of exogenous H\textsubscript{2}S via NaHS injection \cite{131,132}. Notably, it has been demonstrated that the protective effects of exogenous H\textsubscript{2}S on asthma are achieved by attenuating airway hyperactivity and pulmonary fibrosis by inhibiting OVA-induced activation of mast cells in lung tissues in mice, as NaHS inhalation was shown to reverse OVA-induced degranulation and fibrogenic cytokines’ generation in mast cells \cite{133}.

As asthma affects all age groups of humans, some studies with an aim to unravel the profiles and the roles of endogenous H\textsubscript{2}S in adult and pediatric asthma patients have been conducted. In agreement with what has been found in rodents, the levels of H\textsubscript{2}S in serum and exhaled breath have been found to be apparently decreased in asthma individuals \cite{134–136}. CBS-derived H\textsubscript{2}S has been shown to profoundly affect the function of airway smooth-muscle cells in asthma patients. In addition, exogenous H\textsubscript{2}S has further been shown to inhibit the activation of the ERK1/2 and p 38 pathways, which further inhibits the proliferation and cytokine release in airway smooth-muscle cells \cite{137}. However, some investigations showed an increase in the levels of H\textsubscript{2}S in induced sputum samples from asthma patients. Moreover, in comparison with stable patients, uncontrolled patients and patients with acute exacerbation had even higher levels of sputum H\textsubscript{2}S \cite{138,139}. Given that microbiota-produced H\textsubscript{2}S is also a key source of endogenous H\textsubscript{2}S, changes in H\textsubscript{2}S-producing microorganisms in the oral cavity could possibly be one reason why the profiles of H\textsubscript{2}S in induced sputum samples and in other samples are distinctively different \cite{140}. It should be noted that a research group also indicated that the levels of serum H\textsubscript{2}S increased in asthma patients \cite{138}.

4.5. H\textsubscript{2}S and Lung Cancer

Lung cancer is the second most frequently diagnosed cancer worldwide (2.2 million newly diagnosed cases in 2020). In addition, as a highly lethal disease, lung cancer is responsible for 18.0% of cancer deaths, making it a prominent source of mortality attributable to cancer \cite{141}. It has been proposed that the expressions and enzymatic activities of H\textsubscript{2}S-synthesizing enzymes are increased in many forms of human malignancy. More importantly, aberrant H\textsubscript{2}S metabolism acts as a key contributor to the onset and progression of several tumors. Therefore, H\textsubscript{2}S has been recently accepted as an oncogenic mediator in many cancers \cite{142}.

The protein levels of CBS, CSE and MPST were higher in lung adenocarcinoma tissues compared with adjacent normal lung tissues, accomplished by an increase in H\textsubscript{2}S biosynthesis. Similarly, lung adenocarcinoma cells, in comparison to normal lung epithelial cells, expressed higher levels of CBS, CSE and MPST and produced higher levels of H\textsubscript{2}S \cite{143}. Of note, researchers indicated that the increased H\textsubscript{2}S biosynthesis gave birth to chemotherapy resistance in lung adenocarcinoma. The effect of H\textsubscript{2}S involves its ability in enhancing mitochondrial DNA repair (via enhancing the formation of mitochondrial DNA repair complex) and controlling mitochondrial biogenesis in lung adenocarcinoma \cite{143}. Moreover, the administration of AOAA or silencing of CBS suppressed the endogenous production of H\textsubscript{2}S, further leading to a drop in the viability of camptothecin (DNA topoisomerase I inhibitor)-treated lung adenocarcinoma cells, thereby eventually increasing the sensitivity of lung adenocarcinoma cells to chemotherapeutic drugs \cite{143}. More recently, the upregulated expression and catalytic activities of CBS, CSE and MPST in lung cancers were further confirmed \cite{144}. In this study, the increased generation of endogenous H\textsubscript{2}S favored the migration and invasion, epithelial-to-mesenchymal transition and tumor angiogenesis in lung cancer by modulating the activation of hypoxia-inducible factor-1α \cite{144}. Specifically, in vitro, inhibiting host-derived H\textsubscript{2}S by treating the cells with small interfering RNA targeting CSE or CBS suppressed the proliferation and metastasis potential of tumor cells; in vivo, the tumor angiogenesis and lung cancer cells’ growth were significantly suppressed by treating the mice with AOAA and PAG \cite{144}. In contrast, cisplatin-resistance lung cancer
cells, the expression of CBS and the generation of H<sub>2</sub>S were lower than in normal lung cancer cells. Supplement of exogenous H<sub>2</sub>S not only inhibited the cell viability and increased the chemosensitivity of cisplatin-resistant lung cancer cells but also caused apoptosis, cell cycle arrest and suppressed migration and invasion of these cells. These effects of H<sub>2</sub>S were achieved by activating p53, increasing the expressions of p21, caspase-3, Bax and matrix metalloproteinase-2 and reducing the level of Bcl-xL. These findings indicate that a supplement of exogenous H<sub>2</sub>S is probably a promising therapeutic approach for lung cancer with cisplatin resistance [145].

4.6. H<sub>2</sub>S and Other Pulmonary Diseases

A growing number of studies have pointed to the potential role of abnormal H<sub>2</sub>S metabolism in many other pulmonary diseases, including idiopathic pulmonary fibrosis, cystic fibrosis, sleep apnea syndrome and pulmonary hypertension [23–25].

Idiopathic pulmonary fibrosis, a chronic and progressive lung disease, is characterized by progressive lung scarring [146]. As the most common form of interstitial lung illness, globally, idiopathic pulmonary fibrosis affects approximately 3 million individuals [146]. Dysregulated H<sub>2</sub>S metabolism has been observed in pulmonary fibrosis. In a rat model of pulmonary fibrosis, intratracheal instillation of bleomycin led to obvious alterations in the host CSE/H<sub>2</sub>S pathway. Decreased activity of lung CSE and lower levels of plasma H<sub>2</sub>S were found in rats with pulmonary fibrosis compared with normal rats. Intraperitoneal injection of NaHS suppressed oxidative stress and structural alterations in lung tissues induced by bleomycin instillation. These findings indicate that a deficiency in endogenous H<sub>2</sub>S production played a significant role in the pathogenesis of pulmonary fibrosis [147]. Consistently, it has been shown that intraperitoneal injection of NaHS significantly mitigated bleomycin-induced pulmonary fibrosis in rats, and the protective effects of exogenous H<sub>2</sub>S were attributed to its ability in inhibiting the expression of NF-κB and regulating the Th1/Th2 balance [148]. Similarly, the levels of H<sub>2</sub>S in plasma and in lung tissues were both obviously lower in rats with passive smoking-induced pulmonary fibrosis than in control rats. Smoking-induced oxidative stress and architectural abnormalities in the lung tissues were attenuated by the treatment of NaHS [149]. In this study, the protective effects of exogenous H<sub>2</sub>S were linked to its ability in inhibiting the activation of lung mitogen-activated protein kinases and NF-κB as well as promoting the transcription activity of lung Nrf2 [149].

Cystic fibrosis is a multisystem disease dominated by pulmonary and digestive manifestations and classical cystic fibrosis is characterized by chronic respiratory infection and inflammation and progressive respiratory decline [150]. As a rare genetic disease, cystic fibrosis affects about 100,000 individuals globally [151]. A small-scale clinical study indicated that aberrant H<sub>2</sub>S metabolism is also implicated in cystic fibrosis [152]. Higher levels of sputum H<sub>2</sub>S have been shown to be associated with lower sputum generation and decreased hospitalization and oxygen supplement treatment requirement in pediatric cystic fibrosis patients [152]. This study had several limitations, including a lack of healthy controls, which led to a cross-sectional nature, and the analyses were only performed in a cohort with a small population (only 22 pediatric patients were recruited).

Sleep apnea syndrome (SAS) is a prevalent respiratory sleep disorder characterized by repetitive apnea, chronic intermittent hypoxia (CIH) and hypercapnia [153,154]. On a global scale, the incidences of SAS in adults and children are both very high [155,156]. H<sub>2</sub>S imbalance has been implicated in SAS. Given that CIH serves as a key contributor to SAS pathogenesis, CIH-challenged rodents are widely used in SAS-related research. In comparison to normal rats, rats experienced a decrease in the activity and the expression of CSE in the mesenteric tissues after the induction of CIH. As a result, the endogenous generation of H<sub>2</sub>S was lower in these rats [157]. Similarly, the induction of CIH inhibited the expression of CSE, thereby resulting in a significant decrease in the endogenous production of H<sub>2</sub>S and attendant elevated oxidative stress, apoptosis and endoplasmic reticulum stress in the left ventricular myocardium in rats. However, the treatment of NaHS protected rats
against CIH-induced myocardial injury as these alterations were obviously mitigated [158]. On the contrary, increased biosynthesis of H$_2$S was also observed in the carotid body of rodents after the induction of CIH [159,160].

Pulmonary hypertension is a term that embraces many diseases characterized by unusually elevated high pressures in the pulmonary circulation. Pulmonary hypertension affects around 1% of the global population [161,162]. It has been reported that hypoxia exposure significantly decreases the gene expression of CSE, the enzymatic activity of CSE and the levels of H$_2$S in lung tissues in rats, which further caused an increase in pulmonary arterial pressure and structural remodeling in pulmonary vessels and ultimately resulted in pulmonary hypertension. However, these hypoxia exposure-induced alterations were reversed by the exogenous H$_2$S supplement [163]. Similarly, the CSE/H$_2$S pathway was also found to be deficient during the development of pulmonary arterial endothelial cell injury-induced pulmonary hypertension in rats. Exogenous H$_2$S supply via NaHS injection provided protection to rats against pulmonary hypertension by suppressing inflammation and vascular remodeling in lung tissues as well as reducing pulmonary arterial pressure [164]. Notably, these beneficial effects of exogenous H$_2$S were attributed to its ability in inhibiting the transcription activity of NF-κB by inhibiting the release and nucleus translocation of NF-κB p65/p50 [164]. In addition, the protein levels of CBS, CSE and MPST in addition to the biosynthesis of H$_2$S were found to be downregulated in small pulmonary arteries in rats with high pulmonary blood flow-induced pulmonary hypertension [165].

5. Conclusions

Pulmonary diseases, including acute and chronic respiratory disorders, pose a heavy burden and threat to human health. It is becoming increasingly clear that programmed cell death, oxidative stress and inflammation are three significant mechanisms that underlie the pathophysiology of various pulmonary diseases. In addition, accumulating evidence has linked H$_2$S to these aforementioned biological processes. As such, H$_2$S has been proposed to be extensively involved in a wide panel of pulmonary diseases, including ALI induced by various insults, pneumonia, asthma, COPD, lung cancer, idiopathic pulmonary fibrosis, cystic fibrosis, sleep apnea syndrome and pulmonary hypertension. The recognition of H$_2$S as a key contributor to the onset, development and progression of pulmonary diseases has led to the development of novel therapeutic approaches targeting H$_2$S metabolism for pulmonary diseases (Figure 3 and Table 3). More investigations are, no doubt, needed to define the precise involvement of H$_2$S in pulmonary disorders. Nonetheless, as a result of the recently generated knowledge in this area, from our laboratory and others, we can conclude that it is worth putting more effort into further investigation of the precise mechanism by which H$_2$S serves as a gaseous mediator and therapeutic target for pulmonary diseases. This approach will facilitate the translation of this knowledge into clinical practice.
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Figure 3. The schematic overview of the roles played by H2S as a biological mediator and a therapeutic target in pulmonary diseases. In living organisms, in response to pathological insults, programmed cell death, oxidative stress and inflammation can lead to each other (blue double-headed arrow), which triggers a local auto-amplification loop (black dashed circle). Under pathological conditions, H2S can either promote (black solid arrow) or inhibit (red dashed arrow) programmed cell death, oxidative stress and inflammation. As programmed cell death, oxidative stress and inflammation are three important biological processes extensively involved in maintaining the homeostasis of the respiratory system, H2S, functioning as a significant biological mediator, has been linked to the pathogenesis of several pulmonary diseases. Moreover, H2S has also been demonstrated as a potential therapeutic target in many pulmonary diseases.

Table 3. A brief summary of the major role of H2S and H2S-based therapy in pulmonary diseases.

| Pulmonary Diseases | Role of H2S (Enzymes Involved) | H2S-Based Therapy | Reference |
|--------------------|--------------------------------|-------------------|-----------|
| Acute lung injury attributed to | Mainly detrimental (CSE/CBS) | Administration of PAG; Genetic silencing or deletion of CSE; Supply of NaHS or Lawesson’s reagent; Inhalation of H2S | [53,68–80] |
| - Sepsis/endotoxemia | Mainly detrimental (CSE) | Administration of PAG; Supply of ACS15 or NaHS | [84,85,88,89] |
| - Acute pancreatitis | Both detrimental and protective (CSE) | Administration of PAG or AOAA; Supply of AP39 or H2S parenteral formulation | [90–92] |
| Ventilation Pneumonia attributed to | Mainly protective | Inhalation of H2S; Supply of NaHS or Na2S | [94–96,98,99] |
| - Mtb infection | Mainly detrimental (CSE/CBS) | Administration of PAG; Genetic deletion of CSE or CBS | [102,103] |
| - RSV infection | Mainly protective (CSE/CBS) | Supply of GYY4137 | [104,105] |
| - SARS-CoV-2 infection | Both detrimental and protective (CSE) | NA | NA |
| Chronic obstructive pulmonary disease | Mainly protective (CSE/CBS) | Supply of NaHS | [115,116,119] |
| Asthma | Mainly protective (CSE) | Supply of NaHS | [130–133] |
| Lung cancer | Mainly detrimental (CSE/CBS) | Administration of PAG or AOAA; Genetic silencing of CSE or CBS | [143–145] |
| Idiopathic pulmonary fibrosis | Mainly protective (CSE) | Supply of NaHS | [148,149] |
| Cystic fibrosis | Probably protective | NA | NA |
| Sleep apnea syndrome | Mainly protective | Supply of NaHS | [158] |
| Pulmonary hypertension | Mainly protective (CSE) | Supply of NaHS | [164] |

Abbreviations: Not applicable (NA). * Human data are available.
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