Arjunolic acid, a peroxisome proliferator-activated receptor α agonist, regresses cardiac fibrosis by inhibiting non-canonical TGF-β signaling

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Cardiac hypertrophy and associated heart fibrosis remain a major cause of death worldwide. Phytochemicals have gained attention as alternative therapeutics for managing cardiovascular diseases. These include the extract from the plant Terminalia arjuna, which is a popular cardioprotectant and may prevent or slow progression of pathological hypertrophy to heart failure. Here, we investigated the mode of action of a principal bioactive T. arjuna compound, arjunolic acid (AA), in ameliorating hemodynamic load-induced cardiac fibrosis and identified its intracellular target. Our data revealed that AA significantly represses collagen expression and improves cardiac function during hypertrophy. We found that AA binds to and stabilizes the ligand-binding domain of peroxisome proliferator-activated receptor α (PPARα) and increases its expression during cardiac hypertrophy. PPARα knockdown during AA treatment in hypertrophy samples, including angiotensin II-treated adult cardiac fibroblasts and renal artery-ligated rat heart, suggests that AA-driven cardioprotection primarily arises from PPARα agonism. Moreover, AA-induced PPARα up-regulation leads to repression of TGF-β signaling, specifically by inhibiting TGF-β-activated kinase1 (TAK1) phosphorylation. We observed that PPARα directly interacts with TAK1, predominantly via PPARα N-terminal transactivation domain (AF-1) thereby masking the TAK1 kinase domain. The AA-induced PPARα-bound TAK1 level thereby shows inverse correlation with the phosphorylation level of TAK1 and subsequent reduction in p38 MAPK and NF-κB activation, ultimately culminating in amelioration of excess collagen synthesis in cardiac hypertrophy. In conclusion, our findings unravel the mechanism of AA action in regressing hypertrophy-associated cardiac fibrosis by assigning a role of AA as a PPARα agonist that inactivates non-canonical TGF-β signaling.

Cardiac hypertrophy is accompanied by excess deposition of collagen and other extracellular matrix (ECM)4 proteins in the heart, and this leads to cardiac stiffness and eventual heart failure (1, 2).

Increased hemodynamic load in heart leads to activation of the renin–angiotensin system resulting in heightened local concentration of angiotensinII (AngII), which has been established as a principal causal factor for cardiac hypertrophy and associated fibrosis (3–5). Therefore, ameliorating AngII-induced cardiac fibrosis might be one of the possible measures for prevention of such disease progression with improved efficacy of cardiac performance.

Phytomedicines have been greatly appreciated in recent times as promising candidates toward alternative therapeutic regime in several fibrotic diseases (6, 7). Terminalia arjuna (arjuna), considered as one of the most accepted beneficial plants from ancient times, has also widely been known to have cardiotonic functions (8). Preclinical studies with arjuna

4 The abbreviations used are: ECM, extracellular matrix; PPARα, peroxisome proliferator-activated receptor α; AngII, angiotensin II; AA, arjunolic acid; TAC, transverse aortic constriction; TβRI/II, TGF-β receptor-I/II; SMAD, suppressor of mothers against decapentaplegic; IKK, inhibitor of IkB kinase; col-1, collagen-1; col-3, collagen-3; anf, atrial natriuretic factor; β-mhc, β-myo sub heavy chain; %FS, percentage of fractional shortening; LVDd, left ventricular internal diastolic dimension; LvAWDd, left ventricular anterior wall diameter during diastole; LVAWDd, left ventricular anterior wall diameter during systole; LVPWDd, left ventricular posterior wall diameter during diastole; LVPWDs, left ventricular posterior wall diameter during systole; EDV, left ventricular end diastolic volume; ESV, left ventricular end systolic volume; SV, stroke volume; EF, ejection fraction; PDB, Protein Data Base; NS siRNA, non-specific siRNA; CVF, collagen volume fraction; DBD, DNA-binding domain; LBD, ligand-binding domain; PPRE, PPAR-response element; BSP-SLIM, Binding Site Prediction and Shape-based Ligand Matching; RMSD, root mean square deviation; RMSF, root mean square fluctuation; qRT-PCR, quantitative real-time reverse transcription-polymerase chain reaction; ANOVA, analysis of variance; TRITC, tetramethylrhodamine isothiocyanate; BW, body weight; HW, heart weight; F, full-length PPARα; CSA, cross-sectional area; MD, molecular dynamics; FTS, fluorescence-based thermal shift; co-IP, co-immunoprecipitation.
extracts as well as clinical trials in the form of combination therapy with standard drugs have shown to be protective in several models of cardiac ailments (9, 10).

Arjunolic acid (AA), a chiral triterpenoid, is one of the principal bioactive components of arjuna extracts. Aqueous extract of arjuna bark containing AA significantly inhibited isoprenaline-induced increase in oxidative stress and also prevented fibrosis without regression of hypertrophy or improvement of cardiac function (11). Purified AA resulted in anti-oxidant, anti-platelet, anti-coagulant, anti-necrotic, anti-apoptotic, free radical-scavenging, anti-inflammatory, hypolipidemic, or hypotensive effects in various cardiac disease models (9, 10, 12, 13). However, the precise molecular mechanism of cardioprotection by AA has still remained elusive. Furthermore, pleiotropic effects of AA make it even harder to annotate specific molecular targets within the cellular milieu.

Thus, the objective of our study was to look into the effect of AA, which is purified and crystallized from ethyl acetate and methanol extracts of the corewood of arjuna plant (14) on cardiac hypertrophy-associated fibrosis, and to seek out its plausible mechanism of action on fibrotic signaling through identification of its specific molecular target.

Our study for the first time establishes PPARα as a molecular target of AA. It is a ligand-dependent transcription factor, and the most abundant PPAR isoform in heart (15). PPARs primarily act as a modulator of energy metabolism but also acts as an anti-inflammatory agent (16, 17). Growing evidence has shown that PPARα activators are involved in integrating inflammatory and hypertrophic pathways thereby governing the pathological outcome of hypertrophy-associated fibrosis (18–20) in hypertensive rats in vivo. Moreover, PPARα double knock-out mice subjected to transverse aortic constriction (TAC) showed heightened fibrotic and inflammatory gene expressions along with severely aggravated hemodynamic function compared with wild-type mice that has undergone TAC (21).

During pressure overload hypertrophy, autocrine and paracrine actions of locally expressed AngII induce TGF-β signaling in cardiac fibroblasts (2, 3). Upon ligand binding, TGF-β receptor II (TβRII) transphosphorylates TGF-β receptor I (TβRI). In the canonical branch, active TβRI phosphorylates the "suppressor of mothers against decapentaplegic" (SMAD 2/3), which combines with co-SMADs (SMAD 4) for nuclear translocation. Active nuclear SMADs up-regulate transcription of several genes involved in ECM synthesis (3, 22). SMAD3−/− mice have shown reduced cardiac fibrosis after TAC (23). Independent of the SMAD kinase activity, the non-canonical pathway is principally governed by MAPKs, and TAK1 is a principal MAP3K. Phosphorylation-dependent activation of TAK1 requires interaction of its kinase domain with the C terminus of TAK1-binding protein (TAB1) (24, 25). Once activated, TAK1 phosphorylates the inhibitor of κB kinase β (IKKβ) (but not IKKα), MKK4/7, and MKK3/6, which in turn phosphorylate NF-κB, JNK, and p38 MAPK, respectively (25, 26). Ultimately, NF-κB and other transcription factors downstream of JNK and p38 MAPK are activated resulting in transcription of the target genes (27). The importance of the non-canonical branch via TAK1 has also been well-documented in cardiac hypertrophy and fibrosis (28). Dominant-negative TAK1 has been found to inhibit TGF-β-induced hypertrophic events in mouse cardiomyocytes and fibroblasts, including ECM production (29).

The inhibitory effect of PPAR activation upon TGF-β signaling has been extensively documented (30–32). Our work thus aims to study the role of PPARα in AA-driven modulation of the TGF-β axes during cardiac hypertrophy and associated fibrosis. This work identifies the PPARα-TAK1 interaction as a causal factor preventing TAK1 phosphorylation, and it further analyzes the relative strength of different PPARα domains contributing toward inhibition of non-canonical TGF-β axes and regression of subsequent collagen synthesis during cardiac hypertrophy.

**Results**

**Arjunolic acid regresses collagen expression and improves cardiac function during cardiac hypertrophy**

AngII treatment in cardiac fibroblasts in vitro (Fig. 1A) and renal artery ligation in vivo (Fig. 1B) confirmed a significant increase in collagen-1 (col-1; 2.29 ± 0.032-fold in vitro and 1.71 ± 0.017-fold in vivo) and collagen-3 (col-3; 1.96 ± 0.035-fold in vitro and 1.76 ± 0.015-fold in vivo) gene expressions compared with respective DMSO-treated control samples as revealed by RT-PCR analyses (Fig. 1, A and B). Hydroxyproline assay also showed significant up-regulation in total secreted collagen content in the fibroblast culture supernatant in vitro (471.99 ± 20.188 ng/ml vis à vis 220.57 ± 10.289 ng/ml culture supernatant; Fig. 1C) as well as significantly increased total left ventricular collagen content in vivo (446.63 ± 12.808 μg/g vis à vis 214.91 ± 18.828 μg/g of wet tissue; Fig. 1D) in hypertrophy samples compared with respective control samples in vitro and in vivo (Fig. 1, C and D).

AA treatment in AngII-pretreated cardiac fibroblasts (Fig. 1A) and renal artery-ligated rat heart (Fig. 1B) showed significant down-regulation of col-1 (2.51 ± 0.025-fold in vitro and 2.20 ± 0.022-fold in vivo) and col-3 (1.77 ± 0.050-fold in vitro and 1.86 ± 0.016-fold in vivo) gene expressions compared with respective DMSO-treated hypertrophy samples in vitro and in vivo (Fig. 1, A and B). Hydroxyproline assay further revealed that AA treatment during hypertrophy leads to significant reduction in total secreted collagen content in fibroblast culture supernatant (301.49 ± 22.191 ng/ml vis à vis 471.99 ± 20.188 ng/ml of culture supernatant; Fig. 1C) as well as total left ventricular collagen content (315.57 ± 28.761 μg/g vis à vis 446.63 ± 12.808 μg/g of wet tissue; Fig. 1D) compared with respective hypertrophy samples in vitro and in vivo (Fig. 1, C and D).

In vitro adult cardiac fibroblasts were also treated with equivalent amounts of AA. There was no significant difference in col-1 and col-3 gene expressions (Fig. 1A) or total secreted collagen content in the culture supernatant (Fig. 1C) of AA-treated control fibroblasts compared with fibroblasts treated with equivalent amounts of DMSO.

Hypertrophy was confirmed in vivo by significantly increased heart weight (in milligrams) to body weight (in grams) ratio (HW/BW; 1.71 ± 0.091-fold; Fig. 1F), increased cardiomyocyte cross-sectional area (CSA) (627.42 ± 21.197 μm² vis à vis 379.48 ± 10.606 μm²; Fig. 1F), and increased expression of

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atrial natriuretic factor (ANF) (3.27 ± 0.019-fold), β-myosin heavy chain (β-MHC) (2.54 ± 0.092-fold), and skeletal α-actin (acta1) (1.89 ± 0.024-fold) genes (Fig. 1G) in ligated rats compared with sham-operated control rats. AA-mediated regression of hypertension was confirmed by the significantly reduced HW/BW ratio (1.28 ± 0.067-fold; Fig. 1E), significantly decreased CSA (505.81 ± 20.326 μm² vis à vis 627.42 ± 21.197 μm²; Fig. 1F), and significant down-regulation in anf (1.69 ± 0.009-fold), β-MHC (2.38 ± 0.086-fold), and acta1 (1.57 ± 0.017-fold) gene expressions (Fig. 1G) in AA-treated hypertrophy samples compared with renal artery-ligated rat heart (Fig. 1, E–G).

Hypertrophic induction significantly reduced cardiac functional efficacy in ligated rats (fractional shortening (%FS): 38.53 ± 1.781%, and left ventricular internal diastolic diameter (LVIDd): 5.65 ± 0.273 mm) compared with sham-operated control rats (%FS: 57.51 ± 1.026%, and LVIDd: 3.56 ± 0.062 mm) as observed by M-mode echocardiography in transthoracic parasternal short axis view at papillary muscle level. Furthermore, significant restoration of such compromised cardiac function was evident in AA-treated ligated rats showing increased %FS (46.67 ± 1.504%) and decreased LVIDd (4.01 ± 0.096 mm) compared with the aforementioned hypertrophy samples in vivo (Fig. 1H).

The viability measured was more than 90% after AA treatment in all hypertrophied fibroblasts as checked by cell viability assay (data not shown). The effective doses of AA for both in vitro and in vivo experiments were determined by maximal regression of collagen during hypertrophy via dose-dependent study (data not shown).

### AA directly interacts with PPARα

Fluorescence and circular dichroism (CD) titrations of AA with PPARα—Steady-state fluorescence titrations of PPARα with increasing concentrations of AA showed no apparent shifts around 330 nm (λmax), indicative of unaltered tertiary architecture. However, the corresponding hypochromic shifts observed indicated binding of AA to PPARα (Fig. 2A, panel i). The binding was also apparent when monitored through CD analyses where similar titrations induced marginal secondary structure perturbations (near 55 μm) in this predominantly α-helical protein. (Fig. 2A, panel ii).

Fourier transform infrared spectroscopy (FTIR) analysis—FTIR spectrum of AA supported previous reports (14) showing characteristic –OH, C–H, and C=O stretches at 3467, 2927, and 1708 cm⁻¹ positions, respectively. Characteristic C–O stretching vibrations were also obtained at 475, 598, 1042, and 1456 cm⁻¹. In vitro translated and purified PPARα revealed intense absorption characteristic of amide-I and amide A bands of the secondary structure of a protein (33, 34). The peak at 1642 cm⁻¹ position represented the amide-I bond. The amide-A band (at 3300–3600 cm⁻¹), representing the N–H stretching vibrations, was also obtained. Successful interaction between PPARα and AA in vitro interaction assay was shown

**Figure 1.** AA represses collagen expression and improves cardiac function during cardiac hypertrophy. A. RT-PCR analyses showing significant increase in collagen-1 (col-1) and collagen-3 (col-3) gene expressions in AngII-treated adult cardiac fibroblasts in vitro compared with control fibroblasts. AA-infused AngII-treated cells showed significant decrease in col-1 and col-3 gene expressions compared with hypertrophied fibroblasts. Rpl-32 was used as internal loading control. Control cells treated with either DMSO or AA yielded similar results. AngII-treated cells were also treated with equivalent amounts of DMSO. n = 10 for each experimental group. All the results were expressed as ± S.E. of three independent experiments. Representative graphs showing relative alterations in collagen gene expression among different experimental groups. **,** p < 0.01 with respect to DMSO-treated control cells; #,#,#, p < 0.001 with respect to AngII-treated cells. B, RT-PCR analyses showing significant increase in col-1 and col-3 gene expressions in right renal artery-ligated rat heart compared with sham-operated control rat group. AA treatment in ligated animals showed significant decrease in col-1 and col-3 gene expressions compared with ligated animals. Rpl-32 was used as internal loading control. Sham-operated control animals and renal artery-ligated animals were also treated with equivalent amounts of DMSO. n = 7 for each experimental group. All the results were expressed as ± S.E. of three independent experiments. Representative graphs showing relative alterations in collagen gene expressions in different in vivo experimental groups. **,** p < 0.01 with respect to sham-operated control group; #, p < 0.001 with respect to sham-operated control rat group; #,#,#,#,#, p < 0.001 with respect to AngII-treated cells. C, graphical representation of in vivo hydroxyproline assay showing significantly increased collagen content in AngII-treated fibroblast culture supernatant compared with control cells. AA treatment in AngII-treated fibroblasts showing significant decrease in the collagen content in the culture supernatant compared with AngII-treated cells. Control cells treated with either DMSO or AA yielded similar results. AngII-treated cells were also treated with equivalent amounts of DMSO. n = 10 for each experimental group. Results were expressed as ± S.E. of three independent experiments. **,** p < 0.01 with respect to control cells; #, p < 0.05 with respect to Ang II-treated cells. D, graphical representation of in vivo hydroxyproline assay showing significantly increased total left ventricular collagen content in ligated rat hearts compared with sham-operated control hearts. AA treatment in ligated rat hearts showed decreased total left ventricular collagen content compared with ligated rat heart. Equivalent amounts of DMSO were administered into sham-operated and renal artery-ligated rat group. n = 7 for each experimental group. Results were expressed as ± S.E. of three independent experiments. **,** p < 0.01 with respect to sham-operated control rat group; #, p < 0.05 with respect to renal artery-ligated rat group. E, graphical representation of HW/BW ratio in (milligrams/gram) ratio showing significant increase in renal artery-ligated rat group compared with sham-operated control rat group. AA treatment in ligated animals showed significant down-regulation of HW/BW ratio compared with hypertrophied rat group. Sham-operated and renal artery-ligated rat group were also treated with equivalent amounts of DMSO. n = 7 for each experimental group. Results were expressed as ± S.E. of three independent experiments. **,** p < 0.01 with respect to sham-operated control rat group; #, p < 0.05 with respect to renal artery-ligated rat group. F, graphical representation of CSA measured from H&E-stained heart tissue sections showing significant up-regulation in renal artery-ligated rat heart compared with sham-operated control rat group. AA treatment in ligated animals showed significant down-regulation of CSA compared with ligated rat group. Sham-operated control and renal artery-ligated animals were also treated with an equivalent amounts of DMSO. Rpl-32 was used as internal loading control. n = 7 for each experimental group. Results were expressed as ± S.E. of three independent experiments. Representative graphs showing relative alterations in the hypertrophy marker gene expressions, namely anf, β-MHC, and acta1 in renal artery-ligated rat hearts compared with sham-operated control hearts. AA treatment in ligated animals showed significant down-regulation of all these gene expressions compared with ligated rat hearts. Sham-operated control and renal artery-ligated animals were also treated with an equivalent amounts of DMSO. **,** p < 0.01 with respect to sham-operated control rat group; #, p < 0.05 with respect to renal artery-ligated rat group. H, M-mode echocardiographic analyses from parasternal short axis view at papillary muscle level graphically representing decreased %FS and increased LVIDd in renal artery-ligated rat group compared with sham-operated control rats. AA treatment in ligated animals showed restoration of %FS and lowered LVIDd in ligated rats compared with the hypertrophied rat group. Results were expressed as ± S.E. of three independent experiments. **,** p < 0.01 with respect to sham-operated control rat group; #, p < 0.05 with respect to renal artery-ligated rat group.
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Figure 2. Analyses of interaction between AA and PPARα

A, fluorescence and CD titrations of AA with PPARα. Panel i, titration of 8 μM PPARα with increasing AA concentrations up to 55 μM, monitored by fluorescence spectroscopy. Panel ii, titration of 8 μM PPARα with increasing AA concentrations up to 55 μM, monitored by CD spectroscopy. All titrations were carried out in 20 mM Na3(PO4), 150 mM NaCl, pH 8.0, buffer at 298 K. B, overlaid FTIR spectra of free AA, free PPARα, and AA-PPARα complex. C, thermal melting study. Panel i, FTS assay to determine melting temperature of PPARα alone (black) and in the presence of AA (red), Panel ii, CD thermal melting of PPARα alone (black) and in presence of AA (red) probed by monitoring changes in both θ218 (α-helical content) and θ222 (β content, inset Fig. 2C, panel ii) with respect to temperature clearly showed a higher Tm (56.4 ± 0.1 °C) upon AA binding compared with control (53 ± 0.2 °C).

AA stabilizes tertiary and secondary architecture of PPARα: Thermal melting studies

The stabilization of the tertiary and secondary architecture of PPARα by AA was assessed by monitoring changes in melting temperature (Tm) (Fig. 2C, panels i and ii). In fluorescence thermal shift (FTS) assays, PPARα bound to AA, showed higher Tm (59.5 ± 0.5 °C) compared with PPARα alone (56.4 ± 0.2 °C) (Fig. 2C, panel i). A similar trend was observed through CD studies where changes in both θ218 (α-helical content, Fig. 2C, panel ii) and θ222 (β content, inset Fig. 2C, panel ii) with respect to temperature clearly showed a higher Tm (56.4 ± 0.1 °C) upon AA binding compared with control (53 ± 0.2 °C).

AA binds to the ligand-binding domain (LBD) of PPARα: Molecular modeling and molecular docking studies

Rattus norvegicus PPARα protein model was built, and the integrity of the model was confirmed through all atomistic molecular dynamics simulation. To gain atomistic details, binding mode of AA with rat-PPARα (UniProtKB-P377230) was compared with the other known agonists, namely iloprost, TIPP-703, and fenofibrate.

PPARα-AA complex obtained through docking via “binding site prediction and shape-based ligand matching” (BSP-SLIM) tool showed binding score close to previously studied synthetic agonists such as iloprost, TIPP-703, and fenofibrate. Additionally, the calculated binding free energy (−6.3 kcal/mol) matched with its experimentally determined energy obtained from fluorescence and CD titrations (−6.2 kcal/mol). Interestingly, AA was found to bind to the identical pocket (formed of Met-220, Cys-276, Ser-280, Thr-283, Phe-318, Leu-331, Ile-332, Leu-324, Tyr-334, and His-440) for which binding of all increasing AA concentrations up to 55 μM, monitored by fluorescence spectroscopy. Panel ii, titration of 8 μM PPARα with increasing AA concentrations up to 55 μM, monitored by CD spectroscopy. All titrations were carried out in 20 mM Na3(PO4), 150 mM NaCl, pH 8.0, buffer at 298 K. B, overlaid FTIR spectra of free AA, free PPARα, and AA-PPARα complex. C, thermal melting study. Panel i, FTS assay to determine melting temperature of PPARα alone (black) and in the presence of AA (red), Panel ii, CD thermal melting of PPARα alone (black) and in presence of AA (red) probed by monitoring changes in both θ218 (α-helical transitions) and θ222 (β-transitions). Normalized data are plotted as percent unfolding induced by temperature increments. All experiments were carried out in 20 mM Na3(PO4), 150 mM NaCl, pH 8.0, buffer at 298 K. D, tertiary structure alignment of PPARα (modeled, black), bound to AA (red), iloprost (green), TIPP-703 (blue), and fenofibrate (purple). Zoomed part shows superposition of AA with other agonists occupying identical ligand-binding pocket in PPARα. E, projections of MD simulations and thermal melting profiles for PPARα alone (black) and in bound state with AA (red). Panels i–iv, distributions of backbone RMSD and Rg values averaged over whole 100-ns trajectory for PPARα alone (panel i) and in the presence of AA (panel ii). Arrows indicate major areas of distribution over two components. Panel iii, RMSF analyses of PPARα alone and in the presence of AA averaged over last 10 ns of trajectory. Panel iv, H-bond network for whole trajectory showing persistence of H-bonds between PPARα and AA. Inset shows three H-bonds between AA and Thr-283, Leu-331, and Tyr-334 residues.
other PPARα agonists have been reported, including the pre-docked complex with fenofibrate. With root mean square deviation (RMSD) of ~0.62 Å among all aligned structures, it showed structural superposition of AA with other agonists, confined to the same ligand-binding site. This was further confirmed through tertiary structure alignment of modeled PPARα (bound to AA and fenofibrate) with known crystal structures of PPARα in complex with agonists such as iloprost and TIPP-703 (Fig. 2D and supplemental Table 1).

**AA stabilizes the LBD of PPARα**

For all atomistic molecular dynamics (MD) simulations, the molecular dynamics simulation trajectories of both free and AA-bound PPARα were analyzed for changes in backbone RMSD, gyration radius ($R_g$), root mean square fluctuations in Ca atoms (RMSF), as well as protein–ligand H-bond network occupancy. In simulations of PPARα alone, projection of variations in backbone RMSD versus $R_g$ showed dual distribution of species along both components (Fig. 2E, panel i). The projections were, however, dominated by the species with high RMSD and $R_g$ compared with initial model. However, I, the presence of AA, only moderate variations were observed along both components (Fig. 2E, panel ii). This system showed single distribution with dominant population close to initial starting conformation (low RMSD and marginal variations in $R_g$). These variations were identically reflected in RMSF analysis of both systems (Fig. 2E, panel iii). Marginal changes in Ca fluctuations were observed in residues of the DNA-binding domain (DBD) of PPARα. However, the LBD showed much reduced Ca fluctuations in AA-bound PPARα complexes compared with PPARα alone, indicating stabilization of LBD by AA. H-bond network analysis showed prevalence of at least three H-bonds per time frame between AA and Thr-283, Leu-331, and Tyr-334 of PPARα (Fig. 2E, panel iv).

**AA-induced PPARα transcriptional activation results in increased pparα gene expression in an autoregulatory loop**

Effect of AA upon PPARα-mediated autoregulation of PPARα transcription was analyzed by chromatin immunoprecipitation (ChIP) using anti-PPARα antibody coupled to qRT-PCR analyses of PPAR-response element (PPRE) within the PPARα promoter, both in vitro and in vivo. DMSO and non-specific siRNA (NS siRNA)-treated hypertrophy samples showed significant down-regulation in binding of PPARα upon PPRE sequence within the PPARα promoter compared with DMSO and NS siRNA-treated control samples (1.99 ± 0.078-fold in vitro and 2.75 ± 0.199-fold in vivo). However, AA treatment in NS siRNA-treated hypertrophied groups showed significant fold enrichment in binding of PPARα to the PPRE (3.00 ± 0.075-fold in vitro and 3.27 ± 0.237-fold in vivo) compared with DMSO and NS siRNA-treated hypertrophy samples. PPARα knockdown in AA-treated hypertrophied groups showing significantly lowered binding (6.49 ± 0.520-fold in vitro and 8.17 ± 0.749-fold in vivo) compared with AA-treated hypertrophy samples pretreated with NS siRNA were used as negative controls (Fig. 3A). Also, qRT-PCR analyses both in vitro and in vivo indicated significant down-regulation in pparα gene expression in the hypertrophy samples compared with the respective control samples (1.81 ± 0.026-fold in vitro and 3.37 ± 0.154-fold in vivo) and a significant increase in pparα gene expression in AA-treated hypertrophy samples compared with the respective hypertrophied groups (3.45 ± 0.131-fold in vitro and 3.94 ± 0.179-fold in vivo). PPARα knockdown in AA-treated hypertrophied groups showing significantly down-regulated pparα gene expression (5.49 ± 0.208-fold in vitro and 7.04 ± 0.609-fold in vivo) compared with the respective AA-treated hypertrophy samples were used as negative controls (Fig. 3A).

**AA increases PPARα protein expression during cardiac hypertrophy**

Significant reduction of PPARα protein expression was observed in AngII-treated fibroblasts (2.05 ± 0.088-fold in vitro) and renal artery-ligated rat heart (1.98 ± 0.059-fold in vivo) compared with the respective control groups as analyzed by Western blot. The AA-treated hypertrophy samples showed significant up-regulation in PPARα expression (2.12 ± 0.127-fold in vitro and 2.05 ± 0.031-fold in vivo) compared with the hypertrophy groups (Fig. 3B). Successful knockdown of PPARα expression by PPARα siRNA treatment in AA-treated hypertrophy samples was also confirmed by Western blot analyses (3.18 ± 0.191-fold down-regulation in vitro and 1.67 ± 0.025-fold down-regulation in vivo compared with respective AA-treated hypertrophy samples) (Fig. 3B). Moreover, time-point analyses showed significant up-regulation of PPARα expression in AngII-treated fibroblasts when treated along with AA compared with only AngII treatment at the respective time points under study (Fig. 3C).

**AA-mediated up-regulation of PPARα results in regression of cardiac hypertrophy-associated fibrosis**

AA-treated hypertrophy samples pretreated with PPARα siRNA resulted in significantly increased expression of col-1 (2.48 ± 0.137-fold in vitro and 2.58 ± 0.058-fold in vivo) and col-3 (3.19 ± 0.06-fold in vitro and 3.42 ± 0.103-fold in vivo) genes compared with respective AA-treated hypertrophy groups as revealed by qRT-PCR (Fig. 4A).

Hydroxyproline assay also revealed significant recovery of secreted collagen content in fibroblast culture supernatant (420.72 ± 28.943 ng/ml vis à vis 296.84 ± 20.981 ng/ml of culture supernatant; Fig. 4B) as well as total left ventricular collagen content (418.82 ± 21.927 μg/g vis à vis 262.29 ± 18.828 μg/g of wet tissue; Fig. 4C) during PPARα siRNA treatment in AA-treated hypertrophied groups compared with respective AA-treated hypertrophy samples in vitro and in vivo. Collagen volume fraction (%CVF) showed significant down-regulation (1.82 ± 0.153-fold) during AA treatment in hypertrophied heart compared with ligated heart tissue. PPARα knockdown in AA-treated ligated rats showed significant increase in %CVF (1.57 ± 0.133-fold) compared with AA-treated in vivo hypertrophy samples (Fig. 4D).

Pretreatment of PPARα siRNA in AA-treated ligated rats also showed deterioration of cardiac function as revealed by decreased %FS and increased LVIDd compared with that of AA-treated hypertrophy groups (%FS: 37.83 ± 1.186% vis à vis 49.39 ± 1.618%, and LVIDd: 5.57 ± 0.144 mm vis à vis 4.79 ±
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A

**in vitro**

- **Fold enrichment (IP/ mock IP):**
  - DMSO: +
  - NS siRNA: +
  - AngII: -
  - AA: -
  - PPARα siRNA: -

- **Relative fold change in ppara mRNA expression:**
  - DMSO: +
  - NS siRNA: +
  - AngII: -
  - AA: -
  - PPARα siRNA: -

**in vivo**

- **Fold enrichment (IP/ mock IP):**
  - sham: +
  - DMSO: +
  - NS siRNA: +
  - Ligation: +
  - AA: +
  - PPARα siRNA: +

- **Relative fold change in ppara mRNA expression:**
  - sham: +
  - DMSO: +
  - NS siRNA: +
  - Ligation: +
  - AA: +
  - PPARα siRNA: +

B

**in vitro**

- **PPARα**
  - 75 KDa
  - 50 KDa
  - 37 KDa

- **GAPDH**
  - 50 KDa
  - 37 KDa
  - 25 KDa

**in vivo**

- **PPARα**
  - 55 KDa

- **GAPDH**
  - 37 KDa

C

- **C**
  - 75 KDa
  - 50 KDa
  - 37 KDa

- **A**
  - 75 KDa
  - 50 KDa
  - 37 KDa

- **A + AA**
  - 75 KDa
  - 50 KDa
  - 37 KDa

**Relative band intensity** (in arbitrary units)

- **PPARα (55KDa)**
- **GAPDH (37KDa)**

**Relative band intensity in arbitrary units**

- **C**
- **A**
- **A + AA**

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AA-mediated up-regulation of PPARα specifically targets TAK1 to inhibit TGF-β signaling during cardiac hypertrophy

AA treatment in AngII-treated fibroblasts or renal artery-ligated rats significantly repressed expressions of TβRI (1.85 ± 0.007-fold in *in vitro* and 1.94 ± 0.017-fold in *in vivo*), TβRII (1.42 ± 0.026-fold in *in vitro* and 2.09 ± 0.016-fold in *in vivo*), phospho/total SMAD 2 (1.73 ± 0.015-fold in *in vitro* and 2.15 ± 0.025-fold in *in vivo*), phospho/total SMAD 3 (1.36 ± 0.016-fold in *in vitro* and 4.06 ± 0.034-fold in *in vivo*), and phospho/total TAK1 (5.23 ± 0.356-fold in *in vitro* and 7.93 ± 0.372-fold in *in vivo*) compared with hypertrophy samples as revealed by Western blot analyses (Fig. 5A and supplemental Fig. S2A). However, AA treatment in TGF-β-treated cardiac fibroblasts showed no significant alterations in TβRI, TβRII, phospho/total SMAD 2 and phospho/total SMAD 3 expression levels, with significantly repressed phospho/total TAK1 level (1.47 ± 0.075-fold) compared with TGF-β-treated cells (Fig. 5B, supplemental Fig. S2B). PPARα siRNA pretreatment in AA-treated hypertrophied fibroblasts or renal artery-ligated rats significantly restored expressions of all these proteins (TβRI, *in vitro*: 1.39 ± 0.018-fold, and *in vivo*: 2.76 ± 0.013-fold; TβRII, *in vitro*: 2.05 ± 0.029-fold, and *in vivo*: 2.04 ± 0.051-fold; phospho/total SMAD 2, *in vitro*: 1.53 ± 0.058-fold, and *in vivo*: 1.37 ± 0.022-fold; phospho/total SMAD 3, *in vitro*: 1.49 ± 0.016-fold, and *in vivo*: 3.01 ± 0.047-fold; phospho/total TAK1, *in vitro*: 4.92 ± 0.309-fold, and *in vivo*: 10.00 ± 0.280-fold) compared with respective AA-treated hypertrophy samples (Fig. 5A and supplemental Fig. S2A). However, PPARα knockdown in TGF-β-treated fibroblasts during AA treatment showed a significant increase in phospho/total TAK1 level (1.75 ± 0.069-fold) with no significant change in TβR1I, TβR1II phospho/total SMAD 2, and phospho/total SMAD 3 expression levels compared with TGF-β-infused cells treated along with AA (Fig. 5B and supplemental Fig. S2B).

AA-mediated up-regulation of PPARα inhibits non-canonical TGF-β axes during hypertrophy

Significant down-regulation of non-canonical TGF-β pathway intermediates, downstream to TAK1, namely phospho/total IKKβ (1.99 ± 0.045-fold in *in vitro* and 1.77 ± 0.041-fold in *in vivo*), phospho/total NF-κBp65 (4.76 ± 0.063-fold in *in vitro* and 2.21 ± 0.096-fold in *in vivo*), phospho/total p38 MAPK (1.57 ± 0.029-fold in *in vitro* and 1.30 ± 0.025-fold in *in vivo*), and phospho/total JNK (1.26 ± 0.050-fold in *in vitro* and 1.21 ± 0.060-fold in *in vivo*), were observed due to AA treatment in hypertrophied groups compared with respective hypertrophy samples as shown by Western blot analyses. However, PPARα siRNA treatment showed significant recovery of phospho/total IKKβ (2.61 ± 0.046-fold in *in vitro* and 1.73 ± 0.014-fold in *in vivo*), phospho/total NF-κBp65 (3.58 ± 0.025-fold in *in vitro* and 3.18 ± 0.119-fold in *in vivo*), phospho/total p38 MAPK (2.23 ± 0.018-fold in *in vitro* and 1.46 ± 0.045-fold in *in vivo*), and phospho/total JNK (1.20 ± 0.050-fold in *in vitro* and 1.21 ± 0.016-fold in *in vivo*) levels compared with AA-treated hypertrophy samples in *in vitro* and *in vivo* (Fig. 6A and supplemental Fig. S2C).

Inhibition of either TAK1 or its downstream signaling intermediates results in regression of collagen gene expression in AngII-treated cardiac fibroblasts

Significant down-regulation of collagen gene expressions was observed due to siRNA-mediated knockdown of TAK1 (3.71 ± 0.141-fold for *col-1* and 2.24 ± 0.072-fold for *col-3*),
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A

**in vitro**

- **Relative fold change in mRNA expressions**
  - DMSO: +
  - NS siRNA: +
  - AngII: -
  - AA: -
  - PPARα siRNA: -

**in vivo**

- **Relative fold change in mRNA expressions**
  - Sham: +
  - DMSO: +
  - NS siRNA: +
  - AngII: -
  - AA: -
  - PPARα siRNA: -

B

**in vitro**

- **Collagen concentration (mg/ml of culture supernatant)**
  - DMSO: +
  - NS siRNA: +
  - AngII: -
  - AA: -
  - PPARα siRNA: -

**in vivo**

- **Collagen concentration (µg/g of wet tissue)**
  - Sham: +
  - DMSO: +
  - NS siRNA: +
  - AngII: -
  - AA: -
  - PPARα siRNA: -

C

D

S  L  L+AA  L+AA+PPARα si

Relative %CVF: 1.0 ± 0.05  3.79 ± 0.12  2.11 ± 0.16  3.28 ± 0.21

E

**Percentage fractional shortening (%)**

- Sham: +
- DMSO: +
- NS siRNA: +
- Ligated: -
- AA: -
- PPARα siRNA: -

**LVDD (mm)**

- Sham: +
- DMSO: +
- NS siRNA: +
- Ligated: -
- AA: -
- PPARα siRNA: -
NF-κBp65 (3.46 \pm 0.063-fold for col-1 and 2.06 \pm 0.125-fold for col-3), or p38 MAPK (1.92 \pm 0.094-fold for col-1 and 1.57 \pm 0.056-fold for col-3) in AngII-treated fibroblasts compared with NS siRNA-treated hypertrophied cells as revealed by qRT-PCR analyses (Fig. 6B). JNK-specific siRNA, however, had no inhibitory effect upon AngII-induced collagen gene expression. Successful knockdown of TAK1, NF-κBp65, p38 MAPK, and JNK by pretreatment with the respective siRNAs in AngII-treated fibroblasts was confirmed by Western blot analyses (supplemental Fig. S3).

NF-κBp65 activity on the collagen1 (Col1a1) promoter was analyzed by dual-luciferase assay showing a significant increase in luciferase activity (2.08 \pm 0.120-fold) of the Col1a1 promoter activity in AngII-treated cardiac fibroblasts compared with respective control cells. Furthermore, NF-κBp65-driven Col1a1 promoter activity was found to be significantly down-regulated (2.03 \pm 0.032-fold) by AA treatment in AngII-treated cells compared with hypertrophied fibroblasts. PPARα knockdown in AA-infused AngII-treated fibroblasts significantly restored (1.92 \pm 0.058-fold) such promoter activity compared with AA-treated hypertrophied cells. NF-κBp65 knockdown in AngII-treated cells showing down-regulated NF-κBp65 activity (2.14 \pm 0.081-fold) on the Col1a1 promoter compared with AngII-treated cells pretreated with NS siRNA was used as negative control (Fig. 6C).

**Analyses of interaction between PPARα and TAK1**

*Molecular modeling study—R. norvegicus TAK1 protein model was built, and integrity of the model was confirmed through all atomistic molecular dynamics simulations (supplemental Fig. S4).*

*Molecular docking study—For docking between PPARα and TAK1, the interfacing interacting residues between these two proteins were identified using CPORT to limit the plausible protein-protein docking landscape. Using HADDOCK for docking, 23 clusters of the 296 predicted structures were found that represented 70.4% of the water-refined models. The best conformation in the top cluster according to best fit HADDOCK score revealed not only that PPARα and TAK1 extensively interact via inter-protein hydrogen bonds, but that it also gives an insight into the possible binding interface. The model with the best HADDOCK score revealed maximum contribution of N-terminal transactivation domain (AF-1) of PPARα for hydrogen bonding with TAK1 with added contribution of a few hydrogen bonds through the hinge region and LBD. Only one residue at position 107 from DBD has been shown to interact with TAK1 (Fig. 7A). Status of interaction between PPARα and TAK1 is summarized in supplemental Table 2, A and B.*

**FRET assay—**FRET assay measured fluorescence recovery after photobleaching (FRAP) showing positive FRET efficiency (20.87 \pm 1.151), which revealed direct interaction between endogenous PPARα and TAK1 in control fibroblasts in vitro (Fig. 7B).

**Co-immunoprecipitation (Co-IP) assay—**AA treatment in hypertrophied fibroblasts resulted in significant up-regulation (3.63 \pm 0.334-fold) of PPARα-bound TAK1 expression compared with respective hypertrophy samples in vitro as revealed by immunoprecipitation with anti-PPARα antibody followed by Western blot with anti-TAK1 antibody. PPARα overexpression in AngII-treated fibroblasts showing significantly increased binding between PPARα and TAK1 (2.73 \pm 0.177-fold) compared with hypertrophied cells pretreated with empty pCDNA6/V5 His B mammalian expression vector were used as positive control (Fig. 7C).

**Study of the effect of PPARα domains upon PPARα-TAK1 interaction**

For His-tagged plasmids with inserts of full-length PPARα (F), N-terminal transactivation domain (AF-1), DNA-binding domain (DBD), and hinge region along with the ligand-binding

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**Anti-fibrotic role of arjunolic acid as a PPARα agonist**

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Figure 4. AA-mediated up-regulation of PPARα results in regression of cardiac fibrosis and improvement of cardiac function. A, graphical representation of qRT-PCR data showing significant down-regulation of col-1 and col-3 gene expressions in AA-treated hypertrophy samples compared with hypertrophy groups. PPARα siRNA-pretreated hypertrophied groups treated along with AA showed significant recovery in these gene expressions compared with AA-treated hypertrophy samples both in vitro and in vivo. Control and hypertrophy samples were treated with equivalent amounts of DMSO and NS siRNA. AA-treated hypertrophy samples were also treated with equivalent amounts of NS siRNA. Results were analyzed by ANOVA followed by Tukey’s post hoc test and expressed as \( \pm S.E. \) of three independent experiments. \( n = 10 \) in vitro and \( n = 7 \) in vivo for each experimental group. **, \( p < 0.01 \) with respect to control samples; ***, \( p < 0.01 \) with respect to control samples; **#, \( p < 0.01 \) with respect to hypertrophy samples; \( \uparrow \), \( p < 0.05 \) with respect to AA-treated hypertrophy samples; \( \uparrow \uparrow \uparrow \), \( p < 0.001 \) with respect to AA-treated hypertrophy samples in vitro and/or in vivo. B, graphical representation of in vitro hydroxypyroline assay showing significantly restored collagen content in the culture supernatant of PPARα siRNA-pretreated hypertrophied fibroblasts treated along with AA compared with AA-treated hypertrophied cells in vitro. Control and AngII-treated cells were treated with equivalent amounts of DMSO and NS siRNA. AA-treated hypertrophied cells were also treated with equivalent amounts of NS siRNA. Results were analyzed by ANOVA followed by Tukey’s post hoc test and expressed as \( \pm S.E. \) of three independent experiments. \( n = 10 \) for each experimental group. **, \( p < 0.01 \) with respect to control cells; **#, \( p < 0.01 \) with respect to AngII-treated cells; \( \uparrow \), \( p < 0.05 \) with respect to AA-treated cells treated along with AA. C, graphical representation of in vivo hydroxypyroline assay showing significant recovery in total left ventricular collagen content in PPARα siRNA-pretreated AA-infused hypertrophied heart compared with AA-treated renal artery-ligated rat heart in vivo. Sham-operated control rats and renal artery-ligated rats were also treated with equivalent amounts of DMSO and NS siRNA. AA-treated ligated rats were also treated with equivalent amounts of NS siRNA. Results were analyzed by ANOVA followed by Tukey’s post hoc test and expressed as \( \pm S.E. \) of three independent experiments. \( n = 7 \) for each experimental group. **, \( p < 0.01 \) with respect to sham-operated control rat group; **#, \( p < 0.01 \) with respect to renal artery-ligated rat group; \( \uparrow \), \( p < 0.05 \) with respect to AA-treated renal artery-ligated rat group. D, micrographs of Masson’s trichrome staining showing significantly decreased %CVF in AA-treated hypertrophy samples compared with renal artery-ligated rat heart, which again showed significant recovery in AA-treated ligated samples pretreated with PPARα siRNA. E, sham-operated control group; L, ligated rat group; L + AA, AA-treated ligated rat group; L + AA + PPARα si, PPARα siRNA-infused AA-treated ligated rat group. S and L groups were treated with equivalent amounts of DMSO and NS siRNA. L + AA group animals were also treated with equivalent amounts of NS siRNA. Results were analyzed by ANOVA followed by Tukey’s post hoc test and expressed as \( \pm S.E. \) of three independent experiments. \( n = 7 \) for each group. (Scale bar, 40 \( \mu \)m, magnification \( \times 60 \).) **, \( p < 0.01 \) with respect to sham-operated control samples; **#, \( p < 0.01 \) with respect to renal artery-ligated hypertrophy samples; \( \uparrow \), \( p < 0.01 \) with respect to renal artery-ligated groups treated with AA, E, M-mode echocardiographic analyses of PPARα siRNA-pretreated ligated rats treated with AA showing significant decrease in %FS and significant increase in LVDD compared with AA-treated ligated rats. Sham controls and renal artery-ligated rats were treated with equivalent amounts of DMSO and NS siRNA. AA-treated ligated rats were also treated with equivalent amounts of NS siRNA. \( n = 7 \) for each group. Results were analyzed by ANOVA followed by Tukey’s post hoc test and expressed as \( \pm S.E. \) of three independent experiments. **, \( p < 0.01 \) with respect to sham-operated control rat group; **#, \( p < 0.01 \) with respect to renal artery-ligated rat group; \( \uparrow \), \( p < 0.01 \) with respect to AA-treated renal artery-ligated rat group.
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Figure 5. AA-mediated up-regulation of PPAR for regression of TGF-β signaling during cardiac hypertrophy. A, Western blot analyses showing significantly reduced TβRI, TβRII, phospho/total levels of SMAD 2, SMAD 3, and TAK1 in AA-treated hypertrophy samples compared with hypertrophy groups both in vitro and in vivo. Significantly restored levels of all these proteins were observed in AA-treated hypertrophy groups pre-treated with PPARα siRNA compared with AA-treated hypertrophy samples. Control and hypertrophy samples were treated with equivalent amounts of DMSO and NS siRNA. AA-treated hypertrophy samples were also treated with equivalent amounts of DMSO and NS siRNA. GAPDH was used as internal loading control. n = 10 in vitro and n = 7 in vivo for each experimental group. B, Western blot analyses showing significantly decreased phospho/total TAK1 level during AA treatment in TGF-β-treated cardiac fibroblasts compared with only TGF-β-treated cells. PPARα knockdown in TGF-β- and AA-infused cells showed significant recovery in phospho/total TAK1 level compared with AA-treated fibroblasts pretreated with empty pCDNA6/V5 His B mammalian expression plasmid-infused AngII-treated cardiac fibroblasts. Immunoprecipitation with anti-His antibody revealed the strongest binding of TAK1 with AF-1 (96.97 ± 1.829%), a moderate interaction with H + LBD (35.78 ± 0.975%), and an almost negligible interaction with DBD (10.59 ± 0.887%) in comparison with TAK1 interaction with F (100%), which was used as a positive control (Fig. 8A). Thus, DBD (9.03 ± 0.683-fold) and H + LBD (2.64 ± 0.076) showed significantly lower binding with TAK1, compared with AF-1 in AngII-treated cells (Fig. 8A and supplemental Fig. S5A).

Study of the effect of PPARα domains in AngII-treated fibroblasts upon modulation of non-canonical TGF-β pathway and collagen synthesis

The F plasmid overexpressed AngII-treated cardiac fibroblasts showed significant reduction in the level of phospho/total TAK1 (3.68 ± 0.065-fold), phospho/total NF-κBp65 (5.13 ± 0.109-fold), and phospho/total p38 MAPK (3.69 ± 0.141-fold) compared with empty pCDNA6/V5 His B mammalian expression plasmid-infused AngII-treated cells. AF-1 and H + LBD overexpression into AngII-treated cells also showed significant regression of phospho/total TAK1 (2.07 ± 0.144-fold for AF-1 and 1.49 ± 0.117-fold for H + LBD), phospho/total NF-κBp65 (5.16 ± 0.165-fold for AF-1 and 1.36 ± 0.066-fold for H + LBD), and phospho/total p38 MAPK (3.56 ± 0.185-fold for AF-1 and 1.54 ± 0.049-fold for H + LBD) levels compared with AngII-treated cells. The overexpression of DBD in AngII-treated cells showed no significant difference in the expression level of such proteins compared with the hypertrophied cells. Moreover, AF-1 overexpression in AngII-treated cells showed significantly higher levels of regression of the aforementioned proteins (1.38 ± 0.028-fold for phospho/total TAK1, 3.79 ± 0.199-fold for phospho/total NF-κBp65, and 2.31 ± 0.183-fold for phospho/total p38 MAPK) compared with H + LBD-overexpressed AngII-infused fibroblasts (Fig. 8B and supplemental Fig. S5B).

The qRT-PCR analyses showed significant down-regulation in col-1 and col-3 gene expressions (3.48 ± 0.17-fold for col-1 and 3.47 ± 0.249-fold for col-3) in F-overexpressed AngII-treated fibroblasts compared with AngII-treated cells pre-treated with empty plasmid. A similar trend of regression was observed in col-3 expression in vivo and in vitro (Fig. 9). Control and hypertrophy samples were treated with equivalent amounts of DMSO and NS siRNA. AA-treated fibroblasts pretreated with TGF-β were also treated with equivalent amounts of NS siRNA. GAPDH was used as internal loading control. n = 5 for each group.
Anti-fibrotic role of arjunolic acid as a PPARα agonist

**A**

|          | in vitro            | in vivo            |
|----------|---------------------|--------------------|
|          | DMSO | NS siRNA | AngII | AA | PPARα siRNA | Sham | DMSO | NS siRNA | Ligated | AA | PPARα siRNA |
| p-IKKβ   | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |
| IKKβ     | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |
| p-NF-κBp65 | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |
| NF-κBp65 | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |
| p-p38 MAPK | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |
| p38 MAPK | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |
| p-JNK    | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |
| JNK      | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |
| GAPDH    | +    | +        | +     | -  | -            | +    | +    | +        | +       | -  | -            |

**B**

![Bar graph showing relative fold changes in mRNA expressions](image)

**C**

![Bar graph showing relative luciferase activity of Col1a1 promoter](image)
also observed by AF-1 and H + LBD overexpression in AngII-treated fibroblasts (2.66 ± 0.233-fold and 1.478 ± 0.017-fold for col-1; 2.35 ± 0.202-fold and 1.875 ± 0.073-fold for col-3 respectively) compared with AngII-treated cells. However, AF-1 overexpression caused significantly higher levels of regression in collagen gene expression (1.77 ± 0.081-fold for col-1 and 1.24 ± 0.025-fold for col-3) compared with H + LBD overexpression in hypertrophied fibroblasts. In contrast, DBD overexpression in AngII-treated cells showed no significant change in collagen gene expressions compared with hypertrophied fibroblasts (Fig. 8C).

Discussion

Phytomedicines are promising candidates for unraveling novel strategies to combat maladaptive cardiac remodeling. This study focuses on the precise mechanism of protection conferred by the phytochemical AA during pressure overload cardiac hypertrophy and fibrosis. Our investigation showed that AA significantly inhibits excess synthesis of collagen and its subsequent deposition in ECM during cardiac hypertrophy both in vitro and in vivo. Improvement in cardiac function was also observed with AA treatment in renal artery-ligated rats along with significant regression of collagen synthesis and redemption from hypertrophic load (Fig. 1, A–H, and supplemental Fig. S1, A and B). This encouraged us to probe into the specific molecular mechanism involved in AA-mediated amelioration of fibrosis during cardiac hypertrophy.

Arjunolic acid (2,3,23-trihydroxyl-12-en-28-oic acid) is a pentacyclic triterpenoid monocarboxylic acid substituted by three hydroxy groups at positions 2, 3, and 23 (CHEBI:68381). Two hydroxyl groups and one hydroxymethyl group are attached to the “A” ring. The carboxyl group is attached at the ring junction of the cis-fused “D” and “E” rings (35, 36). Triterpenoids have long been known for their ability to suppress inflammatory pathways (37) and have been recognized to activate different PPARs (38, 39). As PPARα is the predominant cardiac isoform of the PPAR family (15), interaction of PPARα with AA was studied in detail.

Stabilizing interaction between AA and PPARα was confirmed by fluorescence, CD titrations, and thermal shift assays (Fig. 2, A and C). FTIR spectrum of the conjugate in a cell-free system also indicated successful docking via masking of the hydrogen bond-forming groups of AA. However, amide-1 and amide-A peaks of PPARα remained intact in the conjugate indicating maintenance of protein architecture (Fig. 2B). Further evidence for AA as a potential agonist of PPARα came through molecular docking studies where the former occupied an identical binding pocket as reported for established agonists such as iloprost, TIPP-703 (40, 41), and fenofibrate (42), which is a well-known PPARα activator exerting its effect in cardiac fibrosis (Fig. 2D) (18, 19). Moreover, higher affinity of PPARα to AA compared with the other agonists as estimated by their free energy of binding suggests that AA might act as an even better agonist (supplemental Table 1). Simulation outcomes further confirmed AA-driven stabilization of PPARα via persistence of strong hydrogen bonding network between AA and the LBD of PPARα (Fig. 2E). In many previous reports, the agonistic potential had been attributed to stabilization of helices in this region (31, 43, 44), which is also observed in our case through RMSF analysis (Fig. 2E, panel iii). Altogether, these data suggested that AA-driven stabilization of PPARα could shift the equilibrium of PPARα toward the active configurations resulting in higher interactions with different co-regulators, thus augmenting activation of PPARα-driven transcriptional machinery (45, 46).

The presence of PPRE, the putative PPARα-binding site on the PPARα promoter, suggests that PPARα might regulate its own transcription (47). ChIP analyses coupled to qRT-PCR revealed AA induced increased binding of PPARα upon PPRE within the PPARα promoter during hypertrophy, and the resultant PPARα transcriptional activation increased PPARα mRNA and protein expression during AA treatment in hypertrophy in an autoregulatory loop (Fig. 3, A and B). Time-dependent rise in PPARα expression in AA-treated hypertrophied cells further confirmed AA-mediated PPARα agonism during hypertrophy (Fig. 3C).

A significant increase in collagen transcription and its extracellular accumulation during PPARα knockdown in AA-infused AngII-treated fibroblasts compared with AA-treated hypertrophied cells implied the importance of PPARα in modulation of collagen transcription in cardiac fibroblasts. Moreover, PPARα knockdown in AA-treated ligated rats resulted in...
increased synthesis and accumulation of collagen with subsequent deterioration of cardiac function that altogether confirms the influence of PPARα in AA-mediated cardioprotection during hypertrophy and associated fibrosis (Fig. 4, A–E, and supplemental Fig. S1, A and B). PPARα activation during AA treatment caused inhibition of AngII-induced TGF-β signaling by affecting both canonical and non-canonical branches (Fig. 5A and supplemental Fig. S2A). However, this effect might result from reduction in the TGF-β level as a secondary response to minimized hypertrophic load. Therefore, fibroblasts were treated with TGF-β instead of AngII in the presence or absence of AA, and the results proclaimed that AA predominantly affects the non-canonical branch of the TGF-β signaling pathway via selectively inactivating TAK1 and not TBRI, TBRII, or SMADs. PPARα knockdown in TGF-β-treated fibroblasts during AA treatment restored TAK1 phosphorylation compared with AA-infused TGF-β-treated fibroblasts further confirming the specificity of AA toward PPARα-mediated...
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AA-mediated inactivation of TAK1 and downstream proteins, namely IKKβ/NF-κBp65, p38 MAPK, and JNK, also suggested significant involvement of PPARs during AA treatment in hypertrophy groups (Fig. 6A and supplemental Fig. S2C). Knockdown experiments revealed remarkable contribution of TAK1 as well as NF-κBp65 and p38 MAPK in promoting collagen transcription in AngII-treated fibroblasts in vitro. In contrast, JNK showed no effect upon collagen synthesis at hypertrophic stimulus to cardiac fibroblasts in vitro (Fig. 6B). Our group and others have previously shown the involvement of p38 MAPK (48, 49) and NF-κBp65 (50, 51) in cardiac collagen biosynthesis. In addition to that, analysis of luciferase activity of the Col1a1 promoter containing the NF-κBp65-binding site also revealed the role of NF-κBp65 as a transcriptional activator of collagen promoter during hypertrophy, which could be targeted for inhibition by AA-driven PPARα activation (Fig. 6C).

Interestingly, PPARα-mediated down-regulation of non-canonical TGF-β axes during AA treatment in hypertrophy samples was associated with decreased phosphorylation of TAK1, without any alteration in its total level (Fig. 5, A and B). This clearly indicates that changes in TAK1 activation during AA treatment in hypertrophy samples result from post-translational modifications and are not related to PPARα-mediated regulation of gene transcription. Reports stating the roles of PPARs in modulating signaling pathways by interacting with other signal intermediates (52–54) prompted us to check whether PPARα directly interacts with TAK1. Successful docking between PPARα and TAK1 as revealed by *in silico* analyses (Fig. 7A) was further validated by FRET–FRAP assay in fibroblasts treated with full-length or individual domains of PPARα ligand-binding domain transfected AngII-treated cells. GAPDH was used as internal loading control. C, control fibroblasts; A, AngII-treated fibroblast; A + F, full-length PPARα transfected AngII-treated fibroblasts; A + AF-1, PPARα N-terminal transactivation domain transfected AngII-treated cells; A + DBD, PPARα DNA-binding domain transfected AngII-treated cells; A + H + LBD, PPARα combined Hinge region + C-terminal ligand-binding domain plasmids. All the plasmids were transfected into AngII-treated fibroblasts. n = 5 for each group. B, Western blot (WB) analyses showing alterations in expression levels of phospho/total TAK1, NF-κBp65, and p38 MAPK in AngII-treated cells transfected with full-length or individual domains of PPARα plasmids compared with AngII-treated fibroblasts. GAPDH was used as internal loading control. C, control fibroblasts; A, AngII-treated fibroblast; A + F, full-length PPARα transfected AngII-treated fibroblasts; A + AF-1, PPARα N-terminal transactivation domain transfected AngII-treated cells; A + DBD, PPARα DNA-binding domain transfected AngII-treated cells; A + H + LBD, PPARα combined Hinge region + C-terminal ligand-binding domain plasmids. All the plasmids were transfected into AngII-treated fibroblasts. n = 5 for each group. C, graphical representation of qRT-PCR analyses showing changes in levels of phospho/total TAK1, NF-κBp65, and p38 MAPK in AngII-treated cells transfected with full-length or individual domains of PPARα plasmids compared with AngII-treated fibroblasts. Rpl-32 was used as internal loading control. C, control fibroblasts; A, AngII-treated fibroblast; A + F, full-length PPARα transfected AngII-treated fibroblasts; A + AF-1, PPARα N-terminal transactivation domain transfected AngII-treated cells; A + DBD, PPARα DNA-binding domain transfected AngII-treated cells; A + H + LBD, PPARα combined Hinge region + C-terminal ligand-binding domain transfected AngII-treated cells. A and C cells were also treated with empty pCDNA6/VS HisB vector. n = 5 for each group. C, graphical representation of qRT-PCR analyses showing changes in levels of phospho/total TAK1, NF-κBp65, and p38 MAPK in AngII-treated cells transfected with full-length or individual domains of PPARα plasmids compared with AngII-treated fibroblasts. Rpl-32 was used as internal loading control. C, control fibroblasts; A, AngII-treated fibroblast; A + F, full-length PPARα transfected AngII-treated fibroblasts; A + AF-1, PPARα N-terminal transactivation domain transfected AngII-treated cells; A + DBD, PPARα DNA-binding domain transfected AngII-treated cells; A + H + LBD, PPARα combined Hinge region + C-terminal ligand-binding domain transfected AngII-treated cells. A and C cells were also treated with empty pCDNA6/VS HisB vector. n = 5 for each group. C, graphical representation of qRT-PCR analyses showing changes in levels of phospho/total TAK1, NF-κBp65, and p38 MAPK in AngII-treated cells transfected with full-length or individual domains of PPARα plasmids compared with AngII-treated fibroblasts.
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Figure 9. Schematic representation of the molecular mechanism of AA action upon cardiac hypertrophy-associated fibrosis. A, during cardiac hypertrophy TGF-β signaling pathway action is promoted leading to excess collagen synthesis with down-regulated PPARα expression. Treatment with AA in hypertrophy samples increases PPARα expression in an autoregulatory loop leading to increased binding of PPARα to TAK1 thereby ameliorating TAK1-driven non-canonical TGF-β axes with subsequent regression of collagen synthesis. B, schematic representation of different PPARα domains interacting with TAK1 and the role of PPARα-TAK1 interaction in prevention of phosphorylation-dependent activation of TAK1 for subsequent regression of collagen synthesis in AngII-treated adult cardiac fibroblasts.

In summary, our work for the first time shows a precise mechanism of AA action in regression of cardiac hypertrophy-associated fibrosis and subsequent improvement of cardiac function. This assigns a new role of AA as a PPARα agonist, and such transcriptional activation and increased expression of PPARα during the abovementioned pathophysiological condition inactivates the non-canonical TGF-β axes (Fig. 9A). Specific molecular mechanism involves direct interaction of PPARα, predominantly by its N-terminal AF-1 domain with TAK1 kinase domain, leading to decreased phosphorylation of TAK1 and its downstream signal intermediates ultimately inhibiting excess collagen transcription during hypertrophy (Fig. 9B).

TGF-β signaling is one of the key mediators for maintenance of normal cellular function and homeostasis of cardiac fibroblasts (56). As TAK1 resides at a moderately downstream posi-

blasts (Fig. 7B). Additionally, co-IP data showing significantly higher interaction between PPARα and TAK1 in AA-treated hypertrophied cells as well as in PPARα-overexpressed hypertrophied cells compared with AngII-treated cells also suggested that the level of PPARα-bound TAK1 is directly proportional to the availability of PPARα (Fig. 7C).

Analyses of domain specificity for PPARα and TAK1 interaction in AngII-treated fibroblasts revealed that the AF-1 domain of PPARα contributes maximally to the binding strength of PPARα with TAK1 when compared to that of full-length PPARα (F) (Fig. 8A and supplemental Fig. S5A). The best fit cluster of PPARα-TAK1 interaction model in our bioinformatic analyses also identified the highest number of interacting amino acids from the AF-1 domain of PPARα (supplemental Table 2A). Interestingly, in silico data suggest that TAK1 interacts with PPARα via amino acids belonging to its kinase domain (36–291 amino acids in rat-TAK1), which also contains TAK1 phosphorylation sites (Thr-184/187) (Fig. 7A and supplemental Table 2A). This further indicates that PPARα-TAK1 interaction inactivates TAK1 possibly by preventing its phosphorylation.

Wet lab experiments confirmed that the higher the binding between different PPARα domains and TAK1 in AngII-treated fibroblasts, the greater is the amount of regression in TAK1 phosphorylation with subsequent down-regulation of non-canonical TGF-β axes (Fig. 8B and supplemental Fig. S5B). This finding also corroborates the inactivation of the non-canonical branch of TGF-β signaling (Figs. 5A and 6A) during AA treatment in hypertrophy samples resulting from AA-induced PPARα up-regulation (Fig. 3, A and B) and increased interaction between PPARα and TAK1 (Fig. 7C). The degree of regression of collagen synthesis as observed by overexpression of different PPARα domains into hypertrophied fibroblasts also followed the similar trend revealing maximum regression by AF-1 overexpression (Fig. 8C).

An earlier report suggested that deletion of the AF-1 region of PPARα did not affect its function keeping its DNA-binding activity unaltered (55). However, our study shows that the AF-1 region of PPARα promotes PPARα–TAK1 protein-protein interaction resulting in suppression of the non-canonical TGF-β pathway and reduced collagen gene transcription during cardiac hypertrophy. The H region (helix-1) of PPAR-γ has been reported to bind with cytosolic kinases such as ERK5 (52) and PKC-α (53) in other cell types. Although significantly lower than AF-1, interaction of H + LBD of PPARα with TAK1 also had a significant role in regression of non-canonical TGF-β pathway-induced collagen synthesis during hypertrophy.

In summary, our work for the first time shows a precise mechanism of AA action in regression of cardiac hypertrophy-associated fibrosis and subsequent improvement of cardiac function. This assigns a new role of AA as a PPARα agonist, and such transcriptional activation and increased expression of PPARα during the abovementioned pathophysiological condition inactivates the non-canonical TGF-β axes (Fig. 9A). Specific molecular mechanism involves direct interaction of PPARα, predominantly by its N-terminal AF-1 domain with TAK1 kinase domain, leading to decreased phosphorylation of TAK1 and its downstream signal intermediates ultimately inhibiting excess collagen transcription during hypertrophy (Fig. 9B).

TGF-β signaling is one of the key mediators for maintenance of normal cellular function and homeostasis of cardiac fibroblasts (56). As TAK1 resides at a moderately downstream posi-
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tion in TGF-β axes, inhibiting TAK1 by using AA as an anti-fibrotic agent might be therapeutically advantageous. Further detailing of PPARα-binding surface in TAK1 or the influence of TAK-binding proteins in such interaction would be necessary for better understanding of the regulation of TAK1 autoactivation and its role in ECM turnover. Not only that, but transition of such a natural compound from initial screening through preclinical and clinical trials, and finally, to a marketable drug form is associated with challenging demands for the plant source. Therefore, organic synthesis of AA bio-mimetics might be beneficial considering the wide range of protective effects exerted by AA with enhanced clinical significance against such deadly diseases.

Experimental procedures

Animals used

28-Week old male Wistar rats (R. norvegicus; Taxonomy ID: 10116) (n = 7 per experimental group) used in this study were procured from National Institute of Nutrition, Hyderabad, AP, India. The investigation conforms with the Guide for the Care and Use of Laboratory Animals published by the National Institute of Health (NIH Publication No. 85-23, revised 1996) and was also approved by the Institutional Animal Ethics Committee, University of Calcutta (Registration no. 885/ac/05/CPCSEA), registered under “Committee for the Purpose of Control and Supervision of Experiments on Laboratory Animals” (CPCSEA), Ministry of Environment and Forests, Government of India.

Isolation and culture of adult cardiac fibroblasts

Adult cardiac fibroblast cells were isolated from 28-week-old male Wistar rat hearts by the collagenase dispersion method. Briefly, animals were euthanized in a prefilled carbon dioxide chamber with 100% concentration of CO₂, and the hearts were chopped and digested by collagenase (80 units/ml DMEM; Worthington). The cells were pelleted by centrifugation and resuspended in fresh complete DMEM supplemented with 10% fetal bovine serum and plated in cell culture flask. Cells were maintained at 37 °C with 5% CO₂ and were subsequently passaged (49).

Generation of cardiac hypertrophy in vitro and in vivo

75–80% confluent serum-starved adult cardiac fibroblasts were treated with 10⁻⁸ mol/liter (Sar1)-AngII (Bachem, Torrance, CA) for 24 h to generate cardiac hypertrophy model in vitro. AngII was replenished every 6 h throughout the incubation period (49).

In vivo cardiac hypertrophy model was generated by ligating the right renal artery of 28-week-old male Wistar rats (250–300 g) as described earlier (49). Rats were anesthetized with an intraperitoneal injection of a mixture of ketamine (80 mg/kg) and xylazine (12 mg/kg). Sham-operated control group underwent a similar procedure without renal artery ligation. Animals were maintained in optimum condition for 14 days and were sacrificed on the 15th day after surgery. Hearts were removed, collected in liquid N₂, and stored in −80 °C for future use.

Hypertrophy was measured by the HW (in milligrams) to BW (in grams) ratio, and activation of hypertrophy marker genes (αn, β-mhc, and acta1) was measured by RT-PCR analyses (57).

Measurement of cardiomyocyte CSA

To analyze cardiomyocyte cross-sectional area as a marker of hypertrophy, hearts were excised, washed in 1× PBS, and fixed in Karnovsky’s fixative. The samples were then paraffin-embedded and cut into 4–5 μm sections. Tissue sections were processed and stained with hematoxylin and eosin (H&E), and the cardiomyocyte CSA in each sample was quantified (57) using a computer morphometric program (ImageJ, National Institutes of Health).

Evaluation of collagen deposition

Hydroxyproline assay—Hydroxyproline assay was performed to measure total secreted collagen content in fibroblast culture supernatant in vitro and total left ventricular collagen content from rat heart tissues. With the help of standard curve, hydroxyproline content in the unknown samples was calculated. The amount of collagen was estimated by multiplying hydroxyproline content by a factor of 8.2 (49).

Estimation of %CVF—Heart tissues from each group of animals were taken for the analysis of %CVF. Coronal sections obtained from the equator of the left ventricle were fixed and stained with Massons’ trichrome (Sigma) to analyze collagen deposition under microscope (Nikon NIS BR) (Nikon, Shinagawa, Tokyo, Japan) following standard protocol. Fifty sections were scanned, and at least 10 images were captured from each section. Images were digitized and processed by ImageJ, a computer morphometric program. CVF was calculated as the sum of all collagen-stained tissue areas of the coronal sections represented as percentage (%) of the total surface of the section. Color segmentation was applied to separate the stained tissues from other nonspecific objects (58).

Determination of cardiac function

Cardiac function of lightly sedated animals from sham-operated control group, renal artery-ligated group, AA-treated hypertrophied rat group, and PPARα siRNA-infused AA-treated ligated rat group was measured by M-mode echocardiographic analysis by a transthoracic study in a short axis view at a papillary muscle level on the 15th day before euthanization. In vivo ventricular PPARα siRNA injection was also guided by echocardiography. Digitized images were obtained using an ultrasound system (Vivid S5 system, GE Healthcare) for the calculation of %FS, LVIDd, LVIDs, LAVDs, LvPWDd, LVPWd, SV, and EF following standard guidelines (58).

Treatment of fibroblasts with TGF-β

Another set of adult cardiac fibroblasts was treated with active TGF-β-2 (Life Technologies, Inc.) at a dose of 8 ng/ml serum-free media for 16 h, as described previously (59), to induce hypertrophic effect. TGF-β-treated cells were pre-treated with AA with or without simultaneous treatment of PPARα siRNA following standard protocol.

Treatment with AA in vitro and in vivo

AA was extracted and purified from core wood of the plant T. arjuna (14). In vitro hypertrophied fibroblasts were treated
with 20 μM AA (dissolved in DMSO) 6 h after first AngII treatment. Effective dose was chosen from a dose-dependent study (5–100 μM AA) based on optimal results with minimum mortality. A group of control fibroblasts was also treated with 20 μM AA. All other control and AngII-treated cells were also treated with equivalent amounts of DMSO. Time-dependent changes upon AA treatment were analyzed in AngII-treated cells at 3 and 6 h after induction with AA. A set of TGF-β-treated cells were also treated with 20 μM AA 6 h after TGF-β treatment.

In vivo renal artery-ligated rats were treated with AA and dissolved in DMSO by intraperitoneal injection on every alternate day from day 6 to day 14 at a dose of 10 mg/kg/day after ligation. Effective dose was chosen after a dose-dependent study (5 mg to 50 mg/kg/day as described above) based on optimal results. Untreated sham-operated rats and renal artery-ligated rats were also treated with equivalent amounts of DMSO. Animals were sacrificed after 14 days. Commercially available arjunolic acid (SMB00119; Sigma) was also used at similar dosage showing uniform results (data not shown).

Cell viability assay

Cell viability and cytotoxicity in the presence or absence of AA in AngII-treated fibroblasts were determined colorimetrically by Cell titer 96® AQueous one solution cell proliferation assay (Promega, Madison, WI) following the manufacturer’s protocol. 

Administration of siRNAs

For in vitro experiments, cardiac fibroblasts were treated with 100 nM PPARα siRNA (S130650, Silencer® select siRNA, Ambion; Thermo Fisher Scientific, Waltham, MA), TAK1 siRNA (S10905939, Qiagen, Hilden, Germany), NF-κBp65 siRNA (S103097885, Qiagen, Hilden, Germany), p38 MAPK siRNA (6243, Cell Signaling Technology, Danvers, MA), JNK siRNA (6223, Cell Signaling Technology), or NS siRNA (All Stars Negative Control siRNA, S103650325, Qiagen, Hilden, Germany) using HiPerfect transfection reagent (Qiagen, Hilden, Germany) as per the manufacturer’s protocol. 18 h after transfection, cells were used for AngII treatment with or without AA treatment.

For in vivo experiments, PPARα siRNA (S130650, Ambion® In vitro siRNA, Thermo Fisher Scientific) in RNase-free sterile PBS was injected directly into ventricles of ligated animals (49) that are to be treated with AA with simultaneous echocardiographic guidance, following the manufacturer’s instructions at a concentration of 10 nmol on every alternate day from the 5th day of ligation before sacrifice. Sham-operated and renal artery-ligated rats were also treated with equivalent amounts of DMSO along with in vivo NS siRNA (4457287, Ambion® In vivo Negative Control siRNA, Thermo Fisher Scientific). Ligated rats to be treated with AA were also pretreated with equivalent amounts of NS siRNA.

Structural modeling of PPARα and TAK1

The amino acid sequence of R. norvegicus PPARα (P37230) and TAK1 (P0C8E4) were retrieved from the UniProtKB database (http://www.uniprot.org/). The retrieved amino acid sequences of PPARα and TAK1 were subjected to a protein-protein BLAST (BLASTp) search against the PDB to identify a suitable template structure for comparative modeling. The 3D structure predictions of these two proteins were then performed using I-TASSER (60). For rat-PPARα, PDB code 4BCR, chain A, was selected as the best suited template with 99% identity and 45% sequence coverage (E value 0.0). For rat-TAK1, PDB code 5JGA, chain A, was selected as a suitable template with 93% identity and 58% sequence coverage (E value 5e−170). The best I-TASSER outputs were refined using ModRefiner (61). The I-TASSER Z-scores were analyzed to check the likelihood that the domains had correct folds and correct overall tertiary structure. The final model was also checked for its quality using ProQ2 (62). Furthermore, refined structures were subjected for MD simulation.

All atomistic MD simulation—To check for conformational stability, MD simulation was done using GROMACS 4.6.1 (63). All atomistic simulations were carried out using the CHARMM36 all-atom force field (64–66) using periodic boundary condition. The starting model was solvated in a periodic box with TIP3 water model. Nine Na⁺ ions were added to the solvent to neutralize electrical net charge of the protein. The system was then minimized for 50,000 steps using a steepest descent algorithm with emtol of 200 kJ/mol after a minimization with emtol of 100 kJ/mol. This was followed by an equilibration run of 100 ps in NVT ensemble with restraints on the protein atoms. The NPT ensemble was used for production simulation. Systems were simulated at 310 K and maintained by a Berendsen thermostat with a time constant of 1 ps with the protein and non-protein molecules coupled separately. Pressure coupling was done employing a Parrinello-Rahman barostat using a 1 bar reference pressure and a time constant of 2.0 ps with compressibility of 4.5e−5 bar using isotropic scaling scheme. Electrostatic interactions were calculated using theParticle Mesh Ewald (PME) summation with a 2-fs time step for each run. For simulations of PPARα-AA complex, identical parameters were employed. Topology for AA (PubChem ID: CID73641) and other parameters were assigned using SwissParam (67).

Three-dimensional structural modeling of the chemical compounds—The 2D structures of AA (PubChem ID: CID73641) and fenofibrate (PubChem ID: CID3339) were retrieved from the NCBI PubChem database. The compounds were drawn using ChemDraw 8 software. The two-dimensional molecules were then converted to three-dimensional structures using OpenBabel (68). The energy minimization was performed using Maestro 9.8 (Schrödinger, LLC, New York).

Molecular docking—Docking of AA to PPARα was performed using the BSP-SLIM tool (69). Briefly, the holo-structures with similar global topology to PPARα were identified, and the geometric centers of bound ligands in the holo-forms were clustered to identify putative AA-binding sites. Subsequently, shape and chemical feature comparison of multiple target ligand conformers with all negative images of binding

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pockets was done employing the OMEGA program. Best overl-

ay for each ligand conformer with the negative images was


carried out using OEChem toolkit version 1.7, whereas the

chemical features of AA were assigned using the Implicit-Mills-

Dean color force field (70). Finally, all ligand conformations

were sorted by docking scores with a RMSD tolerance limit of

4 Å.

The top lowest energy binding complex was re-ranked by

performing flexible docking using Molecular Operating Envi-

ronment (version 2009.10). The triangular matching placement

method with the Affinity dG scoring function was employed to

generate most favorable poses of ligand conformations by

aligning ligand triplets of atoms with triplets of receptor site

points. AA-PPARα docking scores were compared with the

score obtained for known agonists of PPARα, i.e. iloprost (PDB

code 3SP6) and TIPP-703 (PDB code 2ZNN) and fenofibrate

(obtained through pre-docking by BSP-SLIM). In contrast,
in silico binding affinities were calculated using AutoDock Vina

(71) extension of UCSF chimera (72).

For protein-protein docking, residues forming the interface

surfaces were predicted. CPORT program drew a consensus for

the interface residues using PIER, cons-PPISP, SPPIDER, and

PINUP. The consensus residues were mapped onto the model.

The predicted interface residues were submitted to the PPARα

and TAK1 monomer model for protein-protein docking to

build the heterodimer model, using HADDOCK web server (73,

74). Molecular graphics and analyses were performed with the

UCSF Chimera (72).

Fluorescence and CD spectroscopy

Fluorometric titrations were carried out in LS55 fluorescent

spectrometer (PerkinElmer Life Sciences). At constant PPARα

(in vitro translated and purified) protein concentration of 8 μM,
titrations were carried with increasing concentrations of AA up
to 100 μM with a pre-scan delay of 300 s. Incubated samples

were excited at 274 nm due to absence of tryptophan, and emis-
sion spectra were recorded from 290 to 400 nm with excitation/
emission slits set 10/10.

CD titrations were carried out in J-1500 circular dichroism

spectrophotometer (Jasco, Easton, MD). Far-UV CD titrations

were carried out following similar protocol in a 2-mm path

length quartz cuvette and scanned from 250 to 200 nm at scan

rate of 200 nm per min.

Fluorescence-based thermal shift (FTS) assay

FTS assay for PPARα was done to assess tertiary structure

stabilization by monitoring change in Tyr emission at 330 nm

over the temperature range from 25 to 90 °C with step size of

2 °C. Excitation and emission slits were kept at 5/10 with an

equilibration time of 1 min at each step.

Thermal denaturation of PPARα (8 μM) was done both in

the absence or presence of AA (100 μM). AA incubation with

PPARα was done 30 min prior to the experiment. To assess

secondary structure stabilization of PPARα by AA, changes in

both θ 214 and θ 222 were monitored against temperature range

of 25 to 90 °C at ramping rate of 1 °C per min.

In vitro coupled transcription-translation and in vitro

interaction assay

Full-length PPARα, cloned in pCDNA6/V5 His B mammalian

expression plasmid (Invitrogen), was subjected to in vitro

coupled transcription-translation using Tnt® Quick-coupled

Transcription/Translation system (Promega, Madison, WI)

according to the manufacturer’s specifications. Briefly, 2 μg

circular plasmids were added to the rabbit reticulocyte lysates

in 50-μl reactions for 60–90 min at 30 °C. These His 6 -tagged

products were then purified using nickel-nitrilotriacetic acid

spin kit (Qiagen, Hilden, Germany) in native condition and

analyzed by SDS-PAGE followed by Coomassie Blue staining
to check the purity (data not shown). Purified products were then

subjected to in vitro interaction in binding buffer overnight on

a rocker at 4 °C with AA (59). This complex along with the

purified protein was used for further assay.

FTIR spectroscopy

FTIR spectra were obtained with a Jasco FTIR 6300 spect-

rometer (Jasco, Easton, MD). The spectra presented were

obtained from an average of 64 scans. The resolution of the

spectra was 4 cm⁻¹. The spectra were acquired at room tem-

terature. All data analyses were performed with the data anal-

ysis software Origin (OriginLab, Northampton, MA) provided

with the FTIR instrument.

RNA isolation

Total RNA from cells (24-h treatment) and tissues (on the

15th day after surgery) was isolated using TRIzol reagent (Invit-

rogen) following the manufacturer’s instructions.

RT-PCR and qRT-PCR

1 μg of total RNA was used to make cDNA using the cloned

avian myeloblastosis virus first-strand cDNA synthesis kit

(Invitrogen). RT-PCR was done for col-1, col-3, anf, β-mhc,

acta1, and ribosomal protein L32 (rpl32). rpl32 was used as

a loading control.

Relative quantification of PCR-amplified products was also

done by qRT-PCR with Power SYBR Green+ PCR master mix

using Applied Biosystems StepOne® real-time PCR system

(4369074, Applied Biosystems) for col-1, col-3, pparα, and

rpl32, where rpl32 was used as a reference gene to normalize

expression of other genes. Relative gene expression was quan-

tified by comparative “ΔΔCt” (2^−ΔΔCt) method (49). Both RT-PCR

and qRT-PCR primer sequences are summarized in supple-

mental Table 3, A and B.

ChIP assay

ChIP analysis was performed with modifications from the

methodology described by Kouskouti and Talianidis (75).

Briefly, cardiac fibroblasts and cardiac tissue sections were

treated with 37% formaldehyde (final concentration 1%) for

cross-linking proteins to DNA. Cross-linking was stopped by

adding 10× glycine (final concentration 0.125 M) after 10 min

and mixed at room temperature. Cardiac fibroblasts were now

scraped out in ice-cold 1× PBS with protease inhibitor cocktail

(PIC; P8340; Sigma). Cardiac tissue samples with cross-linked
chromatin were also taken in ice-cold 1× PBS with PIC and were thoroughly minced with a Dounce homogenizer. Both in vitro and in vivo samples were now centrifuged at 1500 rpm for 5 min at 4 °C, and the pellets were resuspended in sonication buffer (50 mM HEPES, 140 mM NaCl, 1 mM EDTA, 1% Triton X-100, 0.1% sodium deoxycholate, and 0.1% SDS, pH 7.9). The samples were now sonicated and centrifuged to obtain supernatants containing 500–800-bp chromatin fragments. For each reaction, 400 μg of purified chromatin was precleared with protein G-Sepharose bead (P3296; Sigma) and immunoprecipitated overnight at 4 °C either by anti-PPARα antibody or anti-IgG antibody (used as a negative control) (antibodies listed in supplemental Table 4). Furthermore, antibody-bound chromatin complexes were washed using low- and high-salt wash buffers followed by Tris/EDTA (TE) buffer wash, all at 4 °C. Protein-DNA complexes were eluted from beads by elution buffer (50 mM NaHCO₃, 5 mM Tris, 1 mM EDTA, and 1% SDS) for 10 min at 65 °C. To separate protein from DNA, samples were treated with 21 μl of 4 M NaCl at 65 °C overnight. Further purification of DNA was done by RNase A (R4875, Sigma) incubation at 37 °C for 1 h followed by addition of protease K (P6556, Sigma), EDTA, and Tris, pH 6.5, for 2 h at 42 °C. DNA extraction was done following phenol/chloroform isoamyl alcohol method, and the purity and concentration were analyzed. 2 μl of DNA from each sample were used for ChIP-coupled qRT-PCR (primers listed in supplemental Table 3B). Data analysis was done by the “Fold Enrichment Method,” where ChIP signals are normalized by the IgG signals.

**Plasmid construction, transfection**

Coding DNA sequences of *R. norvegicus* full-length PPARα (reference sequence NM_013196.1) (F: 1–1406 nucleotides, 1–478 amino acids) along with its domains N-terminal transactivation domain (AF-1: 1–297 nucleotides, 1–99 amino acids), DNA-binding domain (298–520 nucleotides, 100–173 amino acids), and hinge region followed by C-terminal ligand-binding domain (H + LBD: 521–1406 nucleotides, 174–478 amino acids) were amplified from extracted RNA by RT-PCR with respective primers (supplemental Table 3C) and cloned in-frame into pcDNA6/V5 HisB mammalian expression vector (Invitrogen) with C-terminal His tag as described previously (59). All the clones were confirmed by sequencing (Applied Biosystems™, 3730 DNA Analyzer, Waltham, MA). Plasmids were transfected to AngII-treated adult cardiac fibroblasts with the help of TurboFect transfection reagent (Thermo Fisher Scientific) according to the manufacturer’s protocol. Protein extracts were prepared from ventricular tissue following the procedure described previously (77).

**Western blot assay**

Western blot analyses were done to study protein expressions both in vitro and in vivo as described previously (77). Briefly, 30-μg protein samples were separated in 10–12.5% SDS-PAGE and transferred to PVDF membrane. After blocking with 5% nonfat dry milk, membranes were incubated with polyclonal antibodies to the following: TβRI and TβRII (Santa Cruz Biotechnology, Dallas); total TAK1 (Abcam, Cambridge, UK); phospho (Thr-184/187)-TAK1, phospho (Thr-180/182)-JNK (Cell Signaling Technology); monoclonal antibodies to PPARα (Abcam, Cambridge, UK); phospho (Ser 465/467) and total SMAD 2, phospho (Ser-423/425) SMAD 3, phospho (Ser-536), and total NF-κBp65, total JNK, and GAPDH (Cell Signaling Technology); phospho (Tyr-199) and total IKKβ (Abcam, Cambridge, UK); and HRP-conjugated secondary antibodies (Pierce). Specifications of the antibodies used are summarized in supplemental Table 4. Immunoreactive bands were visualized using Immobilon™ Western chemiluminescence HRP substrate (Millipore). A list of antibodies are summarized in supplemental Table 4. The blots were scanned and quantitated using GelDoc XR system and Quantity One® software version 4.6.3 (Bio-Rad).

**Co-IP assay**

Co-IP was done following the manufacturer’s protocol (Pierce Co-IP kit, Thermo Fisher Scientific). Briefly, proteins were incubated with fast-flow protein G- or protein A-Sepharose beads and centrifuged to eliminate non-specifically bound proteins (59). 200 μg of precleared protein were immunoprecipitated using primary antibody. Immunoprotein complex was again incubated with protein G (P3296, Sigma) or protein A (P3391; Sigma)-Sepharose beads. Attached proteins were then eluted from beads in 1% SDS buffer followed by immuno blotting. In this study, immunoprecipitation was done using primary antibodies for anti-PPARα or anti-His (antibodies are listed in supplemental Table 4). For immunoprecipitation with anti-His, proteins were purified in nickel column, as described previously for in vitro protein purification above. Western blot analysis was done using monoclonal antibody against TAK1. Normalization was done by Western blot analysis using the same antibodies used to immunoprecipitate the proteins.
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FRAP

For endogenous PPARα and TAK1 interaction, cells were treated with PPARα-TRITC and TAK1-FITC. As TRITC and FITC work as a donor-acceptor in FRAP assay, TRITC was subjected to 50% bleaching, and FITC intensity in a single cell was measured. FRET efficiency was calculated in confocal microscope (Olympus FV1200, Olympus, Singapore) (76).

Statistical analysis

All the results were expressed as means ± S.E. of three independent experiments. Data were analyzed by independent sample t test by SPSS (version 14.0). For multiple comparison experiments, one-way analysis of variance (ANOVA) was conducted followed by Tukey’s post hoc test. Results with a p value <0.05 were considered significant.

Author contributions—S. Sarkar conceived the idea of the project. T. B. designed and conducted most of the experiments, analyzed the results, and wrote the paper with S. Sarkar. E. C. assisted in most experiments with animals. J. S. and B. K. did most of the bioinformatic and biophysical studies and analyzed the data. A. R. conducted protein modeling and protein-protein docking, and analyzed the data with S. Sengupta. V. T. did extraction and purification of arjunolic acid used in the study.

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