Micellization-induced amplified fluorescence response for highly sensitive detection of heparin in serum

Yeon Jin Jang¹,²,⁴, Boyun Kim¹,²,⁴, Euijin Roh³, Hyunuk Kim³ & Seoung Ho Lee¹,²✉

Fluorescence-based assays should be feasible in aqueous media for effectively detecting the biological factors. However, numerous sensors have limited signal transductions and low fluorescence quantum yields due to the inherently reduced excited state energy of fluorophores in aqueous solution, which reduces their sensitivity. This necessitates a smart sensing approach with an amplified fluorescence response for analytes in aqueous solution. Herein, a new building block which self-assembles in aqueous media, giving a micellar structure with the hydrophobic \(\pi\)-extended conjugated system at the core and hydrophilic groups at the periphery, was devised for the first time. We demonstrated that the aggregated fluorophores in a micelle induce amplified fluorescence quenching, in which the excited electron efficiently migrates through \(\pi\)-extended conjugated system in a micelle, as in a polymeric system. Such feature differentiates this sensing approach from the numerous fluorescence-based tools previously developed for sensitive detection. This new system exhibited highly sensitive signal transduction for specific analytes even under actual bioanalytical conditions.

Fluorescence techniques for efficient detection of chemical and biochemical analytes have been actively investigated because the intrinsic and extrinsic photophysics associated with the excited state of fluorophores provides a wealth of information about the structures, molecular behaviours, and binding interaction between the fluorescence matrix and analytes¹. Functionalized fluorophores, the photophysical properties of which can be readily influenced by a variety of environmental factors, including solvent polarity, pH, and concentration, enable highly efficient fluoregenic detection with high sensitivity by controlling the photon in the excited states¹-³. These probes must meet the requirements for efficient signal transduction and high luminescent efficiency, even in highly polar solvents or biological conditions, but most of the current probes rely on platforms such as polymers and metal-based nanoparticles as sensing tools, which exhibit relatively superior photophysical properties⁴-⁶. Nevertheless, the inherent sensing complexity induced by the lack of reproducibility in the synthesis of polymers and metal-based nanoparticles and a strong tendency towards disordered solidification between materials have increased the demand for alternative sensing approaches⁷.

Micelle-based probes have been considered a promising candidate as potential chemical- and bio-sensors due to their structural flexibility and versatility, along with the possibility of adjusting the parameters in a controlled-manner⁸. The micelles’ amphiphilic features, hydrophobic core and ionic surface allow two different molecular communications with lipophilic or oppositely charged species. In particular, most micelle-based sensors are able to signal the response of analyte detection by introducing an external fluorophore as an indicative marker (Supplementary Fig. 1)⁹. These structural and systemic features provide a very efficient sensing platform to a variety of chemical- and biomolecules, resulting in high selectivity and sensitivity⁹. Over the past decade, various micelle monomers and adaptable fluorophores have been developed and systematized to enhance the efficiency of the micelle-based fluorescence sensors¹¹-¹⁴. Although numerous studies have led to a great interest in the development of new functional micelle-based sensors, novel domains enabling more efficient sensing transduction in the micellar field are still required for developing chemosensors with extremely high sensitivity¹¹.

¹Department of Chemistry, Daegu University, Gyeongsan, 38453, Republic of Korea. ²Institute of Natural Sciences, Daegu University, Gyeongsan, 38453, Republic of Korea. ³Energy Materials Laboratory, Korea Institute of Energy Research, 152 Gajeong-ro, Yuseong-gu, Daejeon, 34129, Republic of Korea. ✉These authors contributed equally: Yeon Jin Jang and Boyun Kim. ✉✉e-mail: slee@daegu.ac.kr
Anions present an important goal for bioanalytical chemistry because of their importance in various biochemical processes. For example, heparin (HP) plays an important role in various physiological and pathological processes, such as cell growth, immune response, and regulation of blood coagulation. Especially, it is used as an anticoagulant for medical purpose. The abuse of HP has a side effect of usually causing hemorrhage, but in serious cases, it can lead to an increased risk of HP-induced thrombocytopenia. Accordingly, detecting variations of HP levels in the bloodstream is not only important in the treatment of anticoagulant or HP antagonists, but is also a critical way to determine diagnoses associated with low blood platelets. HP assay must have low detection limits and should be performed in bioanalytical condition. Although numerous fluorescence-based assays have been developed and validated for monitoring the HP levels in aqueous media, their sensitivity is generally limited to micromolar or submicromolar ranges. Therefore, it can be problematic to measure the ultralow HP concentrations in bioanalytical condition.

Herein, we report a novel fluorescent sensing approach that amplifies signal transduction based on interfluorophore exciton migration within a self-assembled conjugated micelle (CM). The correlation between the structural and photophysical properties of the CM provides insight into how its structural features induce amplified signal transduction, which is distinguished from common micelle-based sensors requiring an external fluorophore. As shown in Fig. 1a,b, the amphiphilic monomer 1, consisting of a hydrophobic alkylated coumarin unit and an ammonium moiety that is a water-solubilizing group, forms a micellar structure with the hydrophobic π-extended conjugated system in the inner part and hydrophilic functionality at the periphery, where the aggregated coumarin units at the core serve as a conduit for energy and electron transport. This new system affords exceedingly sensitive detection of selected analytes via amplified fluorescence quenching in biological media.

Results and Discussion

Structural studies. The synthetic pathway for amphiphilic building block 1 is described in Fig. 1a. The micellization of 1 was determined by high-angle annular dark-field scanning transmission electron microscopy (HAADF-STEM), field emission scanning electron microscopy (FE-SEM), Atomic force microscopy (AFM), and dynamic light scattering (DLS) studies in aqueous media. Figure 1c and Supplementary Fig. 2 present TEM images of 1 that was deposited on copper grids from 10 × 10⁻⁵ M and 60 × 10⁻⁶ M in aqueous solution, respectively. The sample exhibits micellar agglomerates (dark-contrast) with an average grain size of approximately
70 nm. This observation is consistent with FE-SEM and AFM results shown in Fig. 1d,e, where both FE-SEM and three-dimensional AFM images of \( \text{1} \) represent micelle-like particles with an average size of 178 nm and 123 nm, respectively. The DLS result also shows that a solution state of \( \text{1} \) represents an average size of 147 nm with the distribution profile showing a maximum size of approximately 190 nm (Fig. 1f). As shown in inset of Fig. 1f, the correlation of the signal gradually decays, which suggests that the micellized \( \text{1} \) represents a relatively large composite particle. Although TEM and DLS results exhibit different average sizes, this study shows that the size of micelles was not concentration dependent either in the solid state or the liquid state (Supplementary Fig. 2 and 3). On the other hand, neither TEM nor DLS results were obtained in methanol, which is a relatively good solvent for \( \text{1} \). The micellization of \( \text{1} \) in aqueous media is attributed to intermolecular hydrophobic interaction between the alkylated coumarin units against the hydrophilic nature of water, and thus the aggregated coumarins are located inside the micelle where they can form a structure capable of photophysical communicating with each other.

**Photophysical properties.** The aggregation of coumarin moieties in the CM was further investigated by UV/Vis and fluorescence spectroscopic studies in methanol and aqueous solution. Figure 2a and Supplementary Fig. 4a present the changes in the fluorescence emission intensity of \( \text{1} \) as a function of its concentration in aqueous solution. The fluorescence intensity was drastically increased from approximately \( 2.0 \times 10^{-6} \) M, suggesting that the micelle formation begins at this concentration, i.e., the critical micelle concentration (CMC) is approximately \( 2.0 \times 10^{-6} \) M. In methanol, however, the fluorescence intensity was proportionally changed with increasing concentration of \( \text{1} \), implying that little or no aggregation is expected in this condition (Supplementary Fig. 4b). As shown in Fig. 2b, the fluorescence emission spectrum of micellized \( \text{1} (5.0 \times 10^{-6} \text{ M}) \) above the CMC in aqueous solution exhibits the red-shifted (7 nm) and increased intensity of the peak maximum (385 nm) compared to that in methanol. To explore this red-shift of micellized \( \text{1} \) in fluorescence emission spectra, its emission properties were studied in the mixed solvent systems of MeOH-H\(_2\)O and/or THF-H\(_2\)O with varied volumetric fractions of water (\( f_w \)) (Supplementary Figs. 5 and 6). As the water is added to the methanol solution, the fluorescence spectra of \( \text{1} (5.0 \times 10^{-6} \text{ M}) \) was slightly changed (\( \lambda_{\text{max}} = 380 \) nm) until the \( f_w \) reached 30% and the fluorescence emission was gradually red-shifted with the \( f_w = 80\% \). Upon the further addition of water to methanol, the maximum wavelength of the spectra was retained at \( \lambda_{\text{max}} = 385 \) nm. The fluorescence intensity changes also showed similar features with the profile of the wavelength changes. This phenomenon was more pronounced in THF-H\(_2\)O system, where THF is more 'good solvent' than methanol (Supplementary Fig. 6). This observation clearly indicates that the red-shift in the fluorescence emission spectra is more dependent on the aggregation issue of \( \text{1} \) rather than on the nature of the solvent.
than solvent polarity. Nevertheless, no change in fluorescence excitation spectrum of I (5.0 × 10⁻⁶ M) between methanol and aqueous solution was observed (Supplementary Fig. 7a). Based on above observations, it is likely that the red-shifted emission in aqueous solution is presumably due to stabilization of the fluorophores’ excited state relative to their aggregation. In addition, there was no remarkable change in UV/Vis absorption of I between monomeric state (below the CMC) and micellized state (above the CMC) in aqueous solution (Supplementary Fig. 7c). For this observation, we believe that the hydrophobic moieties of I are aggregated in the ground state and may not be in a favorable configuration for π–π interaction between aromatic units. As a result, the emission intensity enhancement in aqueous solution may be a consequence of a restriction in the conformational flexibility that would otherwise lead to nonradiative decay through rotary motion of non-aggregated I²³. In addition, the structural characteristic of micellized I can reduce the water contact of luminescence units, thereby inhibiting the nonradiative decay caused by contact with a high polar solvent²⁴.

To elucidate intermolecular interactions in these excited states, time-correlated single photon counting (TCSPC) study was conducted for I in methanol and HEPES buffer (4-(2-hydroxyethyl)piperazine-1-ethanesulfonic acid) buffer solution (0.01 M, pH 7.4). The fluorescence lifetimes (τ) and their relative amplitude contributions (RA%) to the overall decays are described in Fig. 2c and Supplementary Table 1. The data show that I (1.0 × 10⁻⁶ M and 5.0 × 10⁻⁶ M) below and above the CMC points in methanol yields relatively fast decay (τ₁ = 0.21 and 0.26 ns) that predominant contributes to over >95% of the overall amplitude and that the decay dynamics is relatively independent of its concentration. On the other hand, in aqueous solution, I (1.0 × 10⁻⁶ M) below the CMC point features nonlinear decay behaviour with average lifetime (τₐ = 1.96 ns) comprised of two emissive pathways: 25% of short-lived decay (τ₁ = 0.25 ns) and 75% of long-lived one (τ₂ = 2.53 ns). This fast component showed a decreased contribution (τ₁ = 0.22 ns, 3%; τ₂ = 2.45 ns, 97%) above the CMC point, increasing the average lifetime τ₂ = 2.40 ns. The results clearly demonstrate that this micellized I arises from a singlet state with considerable charge transfer character, presumably due to the long-live charge separation state of aggregated fluorophores in the excited state. Thus, based on the UV/Vis absorption/fluorescence and TCSPC studies, it is considered that such charge transfer character is generated by complex formation of a coumarin moiety with a excited stated coumarin moiety (coumarin + *coumarin) in the excited state because the decay dynamics was changed dependent on the concentration of the probe in the same solvent.

The fluorescence quantum yields for I were also measured below and above the CMC points in methanol and aqueous solution, respectively (Fig. 2d and Supplementary Fig. 8). In spite of different concentrations of I, relatively low fluorescence quantum yields were observed in methanol (Φₐ = 4.8%/MeOH (I = 5.0 × 10⁻⁷ M), and Φₐ₇ = 15%/MeOH (I = 5.0 × 10⁻⁶ M). As expected, in aqueous solution, the fluorescence quantum yield below the CMC point was similar to that of methanol, but was drastically increased above the CMC point (Φₐ₉ = 4.2%/H₂O (I = 5.0 × 10⁻⁷ M), Φₐ₇ = 74%/H₂O (I = 5.0 × 10⁻⁶ M)). The slight increase in fluorescence quantum yield of I above CMC in methanol is presumably due to some aggregation by solubility issue. The similarity of the fluorescence quantum yields in methanol confirms that the photophysical properties of I, which can be affected by intermolecular behaviours, are less dependent of its concentration. Considering that at higher concentration of I in methanol, its fluorescence quantum yield corresponds to its less aggregated state, in aqueous solution the significantly increased fluorescence quantum yield above the CMC point is due to the micelle formation of I. The formation of I into a self-assembled micellar structure and the comparatively high fluorescence quantum yield of the CM give rise to an efficient fluorescence sensing signal.

**Amplified fluorescence quenching studies.** We then evaluated the electron transport properties between the aggregated fluorophores in the CM, by looking for evidence of amplified fluorescence quenching with various selected analytes: dextrose, sucrose, glucose, mannitol, ATP, sodium citrate, Na₂SO₄, Na₃PO₄, sodium hyaluronate (HA), chondroitin sulfate sodium salt (ChS), and HP sodium salt (HP) (Fig. 3a) in 10 mM HEPES buffer solution, pH 7.4 at 25 °C. The results show that the micellized I (5.0 × 10⁻⁶ M) has high selectivity for HP via fluorescence suppression, where the maximum quenching reaches approximately 78.4% when 2.0 × 10⁻⁶ M of HP was incubated (Fig. 3b). It is also observed that the fluorescence changes of micellized I induced by the HP are independent of the presence or absence of other analytes, indicating the very good selectivity toward HP in aqueous solution (Supplementary Fig. 9). This high selectivity is presumably due to the strong propensity of the cationic surface of micelles to electrostatically interact with the HP that has a relatively higher density of negative charges than other analytes. As shown in Supplementary Fig. 10, the fluorescence quenching results using PSS (polystyrene sulfonic acid) with high charge density in aqueous media support this hypothesis, where the polymeric PSS efficiently quenched the fluorescence emission of micellized I rather than its monomeric SDS (sodium dodecyl sulfate). The HP complexion of micellized I was also studied by SEM, AFM, XRD, and DLS analyses as shown in Supplementary Figs. 11 and 12. The consistent feature is that the size of micellized I increased approximately three- to four-times by the HP complexion in SEM, XRD, and DLS results. Interestingly, it was observed in the SEM image that micelles were gathered together, suggesting that micelle particles are gathered around the HP with opposite charges. As shown in Supplementary Fig. 11c, the XRD profile of the micelle shows the characteristic crystalline peaks. The first significant peak observed at 2θ = 5.88° appeared from the 1.5 nm spacing, which may indicate periodic array distance of micellized I. Even after the addition of the HP, the crystallinity is intact. As the inter-micellar aggregation and retained crystallinity were observed in the SEM image and XRD, respectively, it is likely that the micellar structures are not changed and gathered around HP while upon the addition of HP.

This fluorescence quenching of I was further investigated by Stern-Volmer (SV)²⁵ quenching experiment in methanol and HEPES buffer solution at pH 7.4. The changes in the fluorescence spectrum are shown in Fig. 3b and Supplementary Fig. 13, and the resulting SV plot obtained by monitoring the fluorescence intensity of I at λ = 385 nm is shown in Fig. 3c,d and Supplementary Fig. 14. The corresponding SV quenching constants are also summarized in Supplementary Table 2. Interestingly, the SV plots for HP quenching of I (5.0 × 10⁻⁶ M) above the
CMC point display different features in methanol and aqueous solution. In aqueous solution, the SV plot displays an upward profile with SV quenching constant of $K_{SV} = 1.3 \times 10^6 \text{M}^{-1}$ with increasing HP concentrations. This large $K_{SV}$ value suggests that the fluorescence quenching is static and presumably due to photoinduced electron transfer from aggregated coumarin units to sulfonate functional groups of HP.$^{26,27}$ By contrast, below the CMC point of $1 \times 10^{-6} \text{M}$, the fluorescence quenching efficiency is not significant with low $K_{SV}$ value ($K_{SV} = 2.3 \times 10^4 \text{M}^{-1}$). The analytical detection limit (ADL) of the micellized $1 \times 5.0 \times 10^{-6} \text{M}$ is less than approximately $8.4 \times 10^{-9} \text{M}$, which is 224-fold greater than that below the CMC point. In methanol, as expected, the fluorescence of $1$ is not efficiently quenched with much lower gradient ($K_{SV} = 4.6 \times 10^2 \text{M}^{-1}$ for $[1] = 1.0 \times 10^{-6} \text{M}$ and $K_{SV} = 4.1 \times 10^3 \text{M}^{-1}$ for $[1] = 5.0 \times 10^{-6} \text{M}$) regardless of its concentration, and its ADL is comparable to that below the CMC point in the aqueous solution.$^{28}$ Overall, the results show that above the CMC point in aqueous solution, micellized $1$ can selectively and sensitively sense HP and report on it with an amplified fluorescence quenching, suggesting that a singlet exciton is facilitated in the agglomerated state of coumarin in micelles, as in a molecular wire system.$^{29,30}$

The micelle-induced sensing behaviour of $1$ for HP was further elucidated via TCSPC in methanol and HEPES buffer solution at pH 7.4. Figure 4a shows the fluorescence decays of micellized $1 \times 5.0 \times 10^{-6} \text{M}$ detected over 390 nm in the HP concentration range of 0 to $2.0 \times 10^{-6} \text{M}$. The fluorescence lifetimes ($\tau_i$) and their relative amplitude contributions (RA%) to the overall decays are summarized in Supplementary Table 3. Importantly, the fluorescence decays rapidly with increasing HP concentration, where the long-lived decay kinetics of micellized $1 \times 5.0 \times 10^{-6} \text{M}$ shows decreased contribution for HP complexation, while the amplitude of the short-lived component is relatively increased, i.e., the average lifetime ($\tau_{av.}^{1-HP} = 0.78 \text{ns}/[\text{HP}] = 2.40 \text{ns}$) is about 3.1 times faster than that of micellized $1$ itself ($\tau_{av.}^1 = 2.40 \text{ns}$). This evidences that the efficient fluorescence quenching is dominated by interfluorophore singlet exciton delocalization and rapid intermolecular exciton transport due to aggregation of fluorophores in the micellized system.$^{31,32}$

Taken together, the steady-state and time-resolved fluorescence experiments described above demonstrate that the fluorescence quenching is amplified in the CM. Considering that unmicellized or less micellized state of $1$ showed moderate fluorescence quenching effect in both methanol and aqueous solution, a micellar structure with the hydrophobic $\pi$-extended conjugated system in the inner part provides a channel for efficient energy and electron transport. Figure 4b illustrates how amplified quenching is processed in the CM. The excited electron (a bound electron-hole) is generated on the aggregated fluorophore upon the absorption of light, and moves very rapidly along the $\pi$-extended aggregated backbone that acts as a conduit for exciton. The fluorescence is quenched when the exciton is close to monomeric units occupied with the quencher (HP). The highly efficient
exciton migration in the excited state results in quenching of many monomeric units in the CM, amplifying the quenching effect for the bound analytes (Fig. 4c).

Application of sensors in serum.

In order to provide a practical insight into the biosensor applications of micellized 1, the detection of HP and protamine was investigated in serum at room temperature (Fig. 5). The solution for HP assay was prepared with 5.0 × 10⁻⁶ M of 1 in 10% diluted serum (10 mM HEPES buffer/serum, 9:1, v/v) at pH 7.4, and incubated for 10 minutes before addition of the analyte. Figure 5a and Supplementary Fig. 15a illustrate the fluorescence quenching at various HP concentrations in 10% diluted serum, where the fluorescence intensity has gradually decreased with increasing HP concentration. Considering that the normal concentration range of HP in 10% diluted serum is 0.17 to 1.0 μM, the micellized 1 allows detection of abnormal HP concentration in practical serum conditions 16,33. Interestingly, despite the difference in analytical conditions for pure water, buffer solution, and diluted serum, the SV quenching constants are comparable (Supplementary Fig. 16 and Supplementary Table 2). This suggests that the amplified quenching effect of micellized 1 by HP does not require specific environmental conditions to induce efficient exciton migration, but does require the micelle formation and ion pairing between the CM and analytes 32. As expected, micellized 1 shows no significant effect on other competitive biomaterials, including HA and ChS in 10% diluted serum (Supplementary Fig. 15b). The images of its fluorescence colour changes also clearly show the high selectivity to HP (Fig. 5b). The addition of small amounts of protamine reverses this quenching as shown in Fig. 5a,b. Once HP has been stripped away by the protamine, the analyte protein prevents further association of the CM with HP, resulting in the recovery of the quenched fluorescence (Fig. 5c). The system, i.e., micellized 1 and HP complex, where the quenchers act as transducers for the turn-on sensory response, can also provide a good sensing platform for high sensitivity.
Conclusions
We have devised a new, micelle-based sensing platform, where the amphiphilic building block 1 displays self-assembly featuring the hydrophobic π-extended conjugated system in the inner part and hydrophilic functionality at the periphery in aqueous media. The exciton efficiently migrates through aggregated fluorophores in a CM, thereby amplifying the fluorescence quenching ($K_{SV} > 1.2 \times 10^6 \text{M}^{-1}$) as in a conjugated polymeric system. Based on the superior photophysical properties of the micellized conjugated system, comprised of efficient signal transductions and high fluorescence quantum yield, this approach has potential use for enhancing the sensitivity of the previously developed, single-molecule sensors.

Experimental

Synthesis. 7-Hydroxy-4-methylcoumarin was purchased from Sigma-Aldrich and used as received. Precursor 2 and amphiphilic building block 1 were prepared in a good yield using the synthetic methods described in the literature.

Synthesis of precursor 2. To a solution of 7-hydroxy-4-methylcoumarin (1.0 g, 5.67 mmol) in dried CH$_3$CN (30 mL), anhydrous K$_2$CO$_3$ (1.18 g, 8.51 mmol) was added. After stirring for 30 min, 1,12-dibromododecane (2.05 g, 6.24 mmol) was added to the reaction mixture. The resulting mixture was vigorously stirred at 80 °C for 6 hours under argon gas. After the reaction mixture was cooled to room temperature, the solvent was removed in vacuo. The reaction mixture was extracted with CH$_2$Cl$_2$ (200 mL). The organic layer was separated and washed with water (100 mL) and dried over anhydrous MgSO$_4$, and the solvent was evaporated to yield a white solid. The pure product was isolated by column chromatography on silica gel using ethyl acetate:hexane (1:5, v/v) as the eluent. Yield: 75%; mp 53.4 °C; $^1$H NMR (500 MHz, CDCl$_3$): 7.49 (d, 1 H), 6.86, 6.84 (dd, 1 H), 6.81 (d, 1 H), 6.13 (s, 1 H), 4.01 (t, 2 H), 3.41 (t, 2 H), 2.39 (d, 3 H), 1.88–1.78 (dq, 4 H), 1.49–1.28 (m, 16 H); $^{13}$C NMR (100 MHz, CDCl$_3$): $^{13}$C NMR (500 MHz, CDCl$_3$): 162.4, 161.5, 155.5, 152.7, 125.6, 113.6, 112.8, 111.9, 101.5, 68.8, 34.3, 33.0, 29.6, 29.5, 29.2, 28.3, 26.1, 18.9.

Synthesis of 1. To a solution of 2 (1.00 g, 2.36 mmol) in dried tetrahydrofuran (THF; 15 mL), trimethylamine/THF (2.36 mmol) was added. The resulting mixture was vigorously stirred at room temperature for 24 hours under argon gas. After the reaction mixture was cooled to room temperature, the solvent was removed in vacuo.

Figure 5. Fluorescence turn-on assay for trace detection of protamine. (a) fluorescence turn-on assay based on 1-HP complex upon the addition of various amounts of protamine in 10% diluted serum (10 mM HEPES buffer/serum, 9:1, v/v) at pH 7.4. [1] = $1.0 \times 10^{-5}$ M and [HP] = $3.0 \times 10^{-6}$ M. (b) colour photographs for fluorescence response of micellized 1 for HA, ChS, and HP, and 1-HP for protamine. [1] = $1.0 \times 10^{-5}$ M, [HP] = $3.0 \times 10^{-6}$ M, [ChS] = $3.0 \times 10^{-6}$ M, [HP] = $3.0 \times 10^{-6}$ M, and [protamine] = $2.5 \times 10^{-6}$ g/mL. (c) sensing mechanism for the heparin (HP) detection of the conjugated micelle (CM).
The reaction mixture was extracted with CH₂Cl₂ (200 mL). The organic layer was separated and washed with water (100 mL) and dried over anhydrous MgSO₄, and the solvent was evaporated to yield a white solid. The white precipitate was collected by vacuum filtration and washed with THF (500 mL) to remove large particles. The films of amphiphilic building block 1 were prepared by drop-casting a filtered solution of micellized 1 onto copper grid (for TEM) or silicon wafer (for SEM and AFM). Then, the films were sufficiently washed in a deionized water bath and dried at room temperature for 24 hours to remove residual water. To obtain PXRD patterns for micellized 1, the sample was prepared by filtration of a very small powder formed by putting a perfectly dissolved 1 (70 mg) in DMSO (0.5 mL) into the water (3 mL). Micellized 1-HP complexed sample was also prepared by filtration of a very small powder by adding HP (40 mg) to the aqueous solution (0.5 mL) of micellized 1 (70 mg).

Sample preparation. A 1 cm quartz cuvette was used for all spectral measurements. Stock solution (10.0 mM) of 1 was prepared in DMSO. The solution was kept at room temperature for one hour before use. HP sodium salt from porcine intestinal mucosa, chondroitin sulfate sodium salt, sodium hyaluronate, dextrose, sucrose, glucose, mannitol, sodium citrate, sodium sulfate and ATP (stock solutions = 10.0 mM in H₂O) were tested to evaluate the metal ion binding properties of 1. To obtain clear TEM, SEM and AFM images, micellized 1 was filtered using a hydrophilic syringe filter (0.45 μm) to remove large particles. The films of amphiphilic building block 1 were prepared by drop-casting a filtered solution of micellized 1 onto copper grid (for TEM) or silicon wafer (for SEM and AFM). Then, the films were sufficiently washed in a deionized water bath and dried at room temperature for 24 hours to remove residual water. To obtain PXRD patterns for micellized 1, the sample was prepared by filtration of a very small powder formed by putting a perfectly dissolved 1 (70 mg) in DMSO (0.5 mL) into the water (3 mL). Micellized 1-HP complexed sample was also prepared by filtration of a very small powder by adding HP (40 mg) to the aqueous solution (0.5 mL) of micellized 1 (70 mg).

Serum lipid extraction with organic solvent. Normal human serum purchased from Sigma-Aldrich chemical company was used and its specifications are listed in Supplementary Table 4. Extraction with a chloroform-methanol mixture was based on the methodology of Folch et al. After 4 mL of normal human serum was added to 10 mL of chloroform-methanol (2:1, v/v), the mixture was agitated manually for 1 minute and centrifuged at 4000 rpm for 10 minutes at room temperature. After centrifugation, the aqueous phase was collected and repeated once more withhexane.

Characterization of amphiphilic building block 1. NMR spectra were recorded using a Bruker Ascend (AVANCE III 500), operated at 500 MHz for 1H-NMR and a Bruker Ascend (AVANCE III 400), operated at 100 MHz for 13C-NMR. HRMS was measured by Synapt G2-HDMS mass spectrometer (Waters). UV/Vis absorption spectra were recorded using an Analytikjena (SPECORD 200) and Sinco Mega-2100 UV-Vis spectrometer. Steady-state fluorescence spectra were obtained with a Shimadzu fluorometer RF-6000. Lifetime measurements were carried out using a PicoQuant Fluotime 200 Fluorescence Lifetime Spectrometer. TEM images were acquired with JEOL 1230 TEM operated at 100 kV . Atomic force microscope (AFM) images were obtained with a Nanoscope IIIa. Scanning Electron Microscopy (SEM) images were obtained with a Field Emission Scanning Electron Microscope (FE-SEM). The X-ray powder diffraction patterns were recorded from 3° to 60° with an AXS Empyrean X-ray diffractometer. TEM images were acquired with JEOL 1230 TEM operated at 100 kV . Atomic force microscope (AFM) images were obtained with a Nanoscope IIIa. Scanning Electron Microscopy (SEM) images were obtained with a Field Emission Scanning Electron Microscope (FE-SEM). The X-ray powder diffraction patterns were recorded from 3° to 60° with an interval of 0.02° on a Rigaku Miniflex 600 equipped with a Cu sealed tube (λ = 1.5406 Å). Dynamic light scattering (DLS) experiments were performed with Zetasizer Nano ZS90 from Malvern.

Received: 12 February 2020; Accepted: 18 May 2020;
Published online: 10 June 2020

References

1. Can, Z. et al. Biochemical sensing in graphene-enhanced microfiber resonators with individual molecule sensitivity and selectivity. Light: Science & Applications 8, 107 (2019).
2. Li, X., Gao, X., Shi, W. & Ma, H. Design strategies for water-soluble small molecular chromogenic and fluorogenic Probes. Chem. Rev. 114, 590–659 (2013).
3. Wu, D. et al. Fluorescent chemosensors: the past, present and future. Chem. Soc. Rev. 46, 7105–7123 (2017).
4. Rana, S. et al. Ratiometric array of conjugated polymers-fluorescent protein provides a robust mammalian cell sensor. J. Am. Chem. Soc. 138, 4522–4529 (2016).
5. Liu, B. & Bazan, G. C. Optimization of the molecular orbital energies of conjugated polymers for optical amplification of fluorescent sensors. J. Am. Chem. Soc. 128, 1188–1196 (2006).
6. Tan, C., Pinto, M. R. & Schanze, K. S. Photophysics, aggregation and amplified quenching of a water-soluble poly(phenylene ethylene). Chem. Commun. 446–447 (2002).
7. Miao, Q. et al. Molecular afterglow imaging with bright, biodegradable polymer nanoparticles. Nat. Biotechnol 25, 1102–1110 (2017).
8. Maiti, S., Fortunati, I., Ferrante, C., Scrimin, P. & Prins, L. J. Dissipative self-assembly of vesicular nanoreactors. Nano Mater. 2, 3819–3827 (2019).
9. Ding, L. et al. Micelle-induced versatile sensing behavior of bispyrene-based fluorescent molecular sensor for picric acid and PX explosives, Langmuir 30, 7645–7653 (2014).
10. Gao, L.-f, Lin, X., Hai, X., Chen, X.-w & Wang, J.-h Polymeric Ionic Liquid-Based Fluorescent Amphiphilic Block Copolymer Micelle for Selective and Sensitive Detection of p-Phenylenediamine. ACS Appl. Nano Mater. 2, 1188–1196 (2016).
11. Wang, J. et al. Self-assembling ratiometric fluorescent micelle nanoprobe for tyrosinase detection in living cells. ACS Appl. Nano Mater. 2, 3819–3827 (2019).
12. Duke, R. M., Veale, E. M., Pfeffer, F. M., Kruger, P. E. & Gunnlaugsson, T. Colorimetric and fluorescent anion sensors: an overview of recent developments in the use of 1,8-naphthalimide-based chemosensors. Chem. Soc. Rev. 39, 3936–3953 (2010).
13. Mallick, A. et al. Surfactant-induced modulation of fluorosensor activity: a simple way to maximize the sensor efficiency. J. Am. Chem. Soc. 128, 3126–3127 (2006).
14. Capila, I. & Linhardt, R. J. Heparin-protein interactions. Angew. Chem. Int. Ed. 41, 390–412 (2002).
36. Folch, J., Lees, M. & Sloane Stanley, G. H. A simple method for the isolation and purification of total lipids from animal tissues.

37. Ferraz, T. P. L., Fiuza, M. C., Santos, M. L. A. D., Carvalho, L. P. D. & Soares, N. M. Comparison of six methods for the extraction of lipids from serum in terms of effectiveness and protein preservation.

25. Stern-Volmer constant was calculated using the equation 

26. Pantazis, A., Westerberg, K., Althoff, T., Abramson, J. & Olcese, R. Harnessing photoinduced electron transfer to optically determine protein sub-nanoscale atomic distances. Nature Commun 9, 4738 (2018).

27. Tawfik, S. M., Shim, J., Biechele-Speziale, D., Sharipov, M. & Lee, Y.-I. Novel “turn off-on” sensors for highly selective and sensitive detection of spermine based on heparin-quenching of fluorescence CdTe quantum dots-coated amphiphilic thiophene copolymers. Sensors and Actuators B: Chemical 257, 734–744 (2018).

28. Analytical detection limit (ADL) was calculated using the equation ADL = 3 \cdot \text{bk/m} \cdot \delta_{\text{ref}}, where \delta_{\text{ref}} is the standard deviation of the blank and m is the slope of the calibration plot.

29. Jiang, H., Zhao, X. & Schanze, K. S. Amplified Fluorescence Quenching of a Conjugated Polyelectrolyte Mediated by Ca2+. Langmuir 22, 5541–5543 (2006).

30. Jiang, H., Taranekar, P., Reynolds, J. R. & Schanze, K. S. Conjugated polyelectrolytes: synthesis, photophysics, and applications. Angew. Chem. Int. Ed. 48, 4300–4316 (2009).

31. Tan, C. et al. Amplified quenching of a conjugated polyelectrolyte by cyanine dyes. J. Am. Chem. Soc. 126, 13685–13694 (2004).

32. Pinto, M. R., Kristal, B. M. & Schanze, K. S. A water-soluble poly(phenylene ethynylene) with pendant phosphonate groups. Synthesis, Photophysics, and Layer-by-Layer Self-Assembled Films. Langmuir 19, 6523–6533 (2003).

33. Ginger, J. S. Management of Venous Thromboembilism. N. Engl. J. Med. 335, 1816–1828 (1996).

34. Torres, F. C. et al. Combining the pharmacophore features of coumarins and 1, 4-substituted 1, 2, 3-triazoles to design new acetylcholinesterase inhibitors: fast and easy generation of 4-methylcoumarins/1, 2, 3-triazoles conjugates via click chemistry. J. Braz. Chem. Soc. 27, 1541–1550 (2016).

35. Miao, Y. et al. Constructing efficient organic photovoltaic devices with a dirofluorene based water/alcohol-soluble cathode interlayer. New. J. Chem. 42, 8960–8967 (2018).

36. Polch, J., Lees, M. & Sloane Stanley, G. H. A simple method for the isolation and purification of total lipids from animal tissues. J Biol Chem. 467, 226–509 (1957).

37. Ferraz, T. P. L., Fiuza, M. C., Santos, M. L. A. D., Carvalho, L. P. D. & Soares, N. M. Comparison of six methods for the extraction of lipids from serum in terms of effectiveness and protein preservation. J. Biochem. Biophys. Methods. 58, 187–193 (2004).

Acknowledgements
We thank the Research Center for Instrumental Analysis at the Daegu University for their assistance with the measurements. This work was supported by the National Research Foundation of Korea (NRF-2016R1D1A1B03931447 and NRF-2019R1I1A3A01058982). This research was also supported by the Daegu University Research Scholarship Grants.

Author contributions
Y.J.J., B.K. and S.H.I. proposed and designed the research. Y.J.J. and B.K. performed the majority of the experiments. B.K. performed the synthesis and characterization. Y.J.J. performed the SEM, AFM, and spectroscopic measurements. Y.J.J. and B.K. contributed to the data analysis. E.R. and H.K. performed the PXRD measurements. S.H.I. supervised this work and wrote the manuscript. All authors were involved in discussions throughout the project.

Competing interests
The authors declare no competing interests.

Additional information
Supplementary information is available for this paper at https://doi.org/10.1038/s41598-020-66360-8.

Correspondence and requests for materials should be addressed to S.H.I.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher’s note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article’s Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article’s Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit http://creativecommons.org/licenses/by/4.0/.