Hydrogen sulfide releasing molecule MZe786 inhibits soluble Flt-1 and prevents preeclampsia in a refined RUPP mouse model

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A B S T R A C T

An imbalance in angiogenic growth factors and poor utero-placental perfusion are strongly associated with preeclampsia. The reduced utero-placental perfusion (RUPP) model that mimics insufficient placental perfusion is used to study preeclampsia. The aim of this study was to develop a refined RUPP model in C57Bl/6 J mice to test the efficacy of MZe786 as a potential inhibitor of soluble Flt-1 for preeclampsia therapy. Murine RUPP (mRUPP) was induced through bilateral ligation of the ovarian arteries at E11.5 that resulted in typical preeclampsia symptoms including increase in mean arterial pressure (MAP), kidney injury and elevated soluble Flt-1 (sFlt-1) levels in the maternal plasma and amniotic fluid. The murine RUPP kidneys showed tubular and glomerular damage along with increased oxidative stress characterised by increased nitrotyrosine staining. The mRUPP displayed abnormal placental vascular histology, reduced expression of placental cystathionine γ-lyase (CSE), the hydrogen sulfide (H2S) producing enzyme, and resulted in adverse fetal outcomes (FGR). Importantly, oral administration of hydrogen sulfide (H2S)-releasing compound MZe786 from E11.5 to E17.5 successfully prevented the development of preeclampsia. Specifically, MZe786 treatment reduced maternal MAP and kidney nitrosative stress and improved fetal outcome. The circulation levels of sFlt-1 were dramatically decreased in MZe786 treated animals implying that H2S released from MZe786 offered protection by inhibiting sFlt-1 levels. MZe786 prevent preeclampsia and warrant a rapid move to randomised control clinical trial.

1. Introduction

Preeclampsia is characterised by new hypertension along with complications affecting maternal organs and the feto-placental systems [1,2]. It contributes significantly to poor health outcomes in later life for both the mother and the baby [3–5]. Ten to 30 years after preeclampsia, women are several folds higher risk of developing high blood pressure, heart disease, chronic heart failure and stroke [6]. Despite a better understanding of the disease mechanism [7–12], effective pharmacological therapeutics has yet to be identified. Unfortunately, the only option available today is the early delivery of the baby with all the negative consequences associated with it.

Circulating levels of soluble fms-like tyrosine kinase-1 (sFlt-1), the natural inhibitor of vascular endothelial growth factor (VEGF), is elevated before the clinical onset of preeclampsia [12]. Although this disease is almost unique to humans and higher primates [13], several animal models have been developed to mimic symptoms of preeclampsia. The reduced utero-placental perfusion (RUPP) procedure was first performed in female baboons and guinea-pigs and resulted in hypertension and proteinuria during pregnancy [14,15]. Granger and colleagues modified the RUPP technique in rats with reduction of blood flow in abdominal aorta and uterine arteries [16–18].

The first direct evidence that a dysfunctional cystathionine γ-lyase (CSE)/hydrogen sulfide (H2S) pathway contributes to the pathogenesis of preeclampsia [7] was demonstrated using CSE inhibition, which induced preeclampsia-like features in pregnant mice owing to the...
inhibition of H\textsubscript{2}S production. Intraperitoneal injection of a slow-releasing H\textsubscript{2}S-generating compound GYY4137 restored fetal growth and reduced sFlt-1 levels in pregnant animals [7].

Here we report a refined mouse RUPP (mRUPP) model in a common inbred strain of C57Bl/6 J mice, which caused an increase in sFlt-1 levels, induced hypertension, kidney damage, altered placental morphology and adverse fetal outcome. Importantly, we demonstrate the successful use of this model to test the efficacy of an orally active H\textsubscript{2}S-releasing MZe786 to inhibit sFlt-1 and reversed the clinical characteristics of preeclampsia.

2. Materials and methods

For detailed descriptions of the materials and methods used, please see Supplementary file.

2.1. Materials

The H\textsubscript{2}S-releasing molecule, MZe786 (2-acetyloxybenzoic acid 4-(3-thioxo-3H-1,2-dithiol-5-yl)phenyl ester) with a defined pharmacological profile, was used as previously described [19-21].

2.2. Methods

2.2.1. Refined murine reduced uterine perfusion pressure (mRUPP) model

Twelve to twenty-week-old C57Bl/6 J males were mated with similar aged C57Bl/6 J female mice. The first day of pregnancy (E0.5) was defined by the presence of vaginal plug the following morning. At E11.5, pregnant mice were anesthetised with 2% isoflurane. Abdominal cavity was opened by an incision through the linea alba. Using magnetic retractors, the skin and muscle was gently pulled for a better visual of the organs and pups of the mice. The ovarian arteries on either side were identified and ligated above the ovaries using 7-0 silk sutures (Fig. 1B). The incisions were closed using Vicryl 6.0 sutures. Sham control group underwent comparative manipulations but without ovarian artery ligation. All surgeries were carried out under aseptic conditions and buprenorphine (0.05 mg/kg i. p. was administered for 48 h post-surgery. mRUPP and Sham were either treated with drug carrier (0.5% carboxymethyl cellulose in PBS) or 25 mg/kg or 50 mg/kg of MZe786 from E11.5 to E17.5 via gavage. On E16.5, mice were placed in metabolic cages to collect urine for 24 h. On day E17.5 the mice were sacrificed, and the tissues were harvested.

2.2.2. Acute blood flow assessment

The blood flow in the ovarian artery was assessed using laser Doppler flowmetry (LDF) on mRUPP pre- and post-ligation as previously described [22].

2.2.3. Blood pressure analysis

Blood pressure was measured on E17.5 as described previously [7].

2.2.4. Enzyme-linked immunosorbent assay

Enzyme-linked immunosorbent assay kits for murine sFlt-1 and KIM-1 were obtained from R&D Systems, UK and assays performed according to the manufacturer’s specifications.

2.2.5. Immunohistochemistry

Murine kidney and placental tissue sections were prepared for immunohistochemistry as previously described [23].

2.2.6. Histological analysis

Murine kidney and placental tissues were embedded with paraffin and stained for Hematoxylin and eosin (H&E). H&E stained kidney and placenta tissues were imaged using NanoZoomer (Hamamatsu, Japan). Area of the labyrinth zone was measured and analysed using ImageJ. Kidney analysis was done in a semi-quantitative manner as described previously [24,25]. Two researchers performed blindly and independently, the analysis of placenta and kidney (see Table 1).

2.2.7. Statistical analysis

Data are presented as either mean and SEM or median and range as appropriate. Comparison between two groups was performed using Mann-Whitney U test (non-parametric). Comparisons among three or more groups were performed using Two-way ANOVA. Statistical significance was set at p < 0.05.

3. Results

3.1. Refined mRUPP model in C57Bl/6 J mice

We used C57Bl/6 J mice to develop a refined mRUPP model that could successfully mimic appropriate clinical and biochemical signs of preeclampsia. In contrast to the traditional method of ligating abdominal aorta and ovarian artery, we performed surgical occlusion of ovarian arteries on either side (Fig. 1B). Importantly the surgery was performed much earlier into pregnancy (E11.5) compared to the traditional method (E14.5), providing a longer ‘therapeutic window’ (Fig. 1A). Laser Doppler blood flow measurements showed that the ligation of ovarian arteries proximal to ovaries significantly reduced arterial flow post-ligation (Fig. 1C). The flow rate in the abdominal aorta remained unchanged (Supplementary Fig. 1C) by this procedure.

3.2. MZe786 improved maternal outcome in mRUPP

Mice that underwent mRUPP surgery showed typical preeclamptic features such as high mean arterial blood pressure compared to Sham operated mice (Fig. 2A). In humans, preeclampsia affects kidney function during pregnancy with a four-fold increased risk of developing end-stage renal disease within 10 years after pregnancy [26]. Semi-quantitative, blinded evaluation of kidney histology revealed histopathological alterations in the mRUPP kidneys such as glomerular...
degeneration, narrowing or disappearance of Bowman’s space, tubular atrophy, fibrosis and vascular congestion (Fig. 2B and C). The size of glomeruli in mRUPP group appeared smaller compared to Sham and did not reach statistical significance (Supplementary Fig. 2A). Likewise, the renal artery wall appeared to be thicker in mRUPPs compared to Sham and again was not statistically significant (Supplementary Fig. 2B). The levels of Kidney Injury Marker (KIM-1) in urine were significantly increased in mRUPP mice confirming the renal injury in this model (Fig. 2D). We have previously shown evidence that preeclampsia is associated with reduced circulating levels of H$_2$S [7]. Here we show that oral administration of H$_2$S releasing molecule, MZe786 significantly improve maternal outcome in the mRUPP model. Specifically, the mean arterial blood pressure was significantly reduced in MZe786 treated mRUPPs (Fig. 2A). Two doses of MZe786 were tested, 25 mg/kg and 50 mg/kg. The dose of 25 mg/kg of MZe786 did not reduce blood pressure in mRUPPs (Supplementary Fig. 3). Hence, 50 mg/kg dose was selected for future studies. The mRUPP/Sham mice that received drug carrier (orally) were used as controls. MZe786 also significantly reduced the renal injury induced by mRUPP as evidenced by reduced kidney damage score (Fig. 2B) and decrease in KIM-1 levels in urine (Fig. 2D). The mRUPP kidneys showed higher oxidative stress as evidenced by increased nitrotyrosine staining compared to Sham (Fig. 3A and B). Importantly, MZe786 effectively suppressed oxidative stress as evidenced from marked reduction in nitrotyrosine staining in the treated group (Fig. 3A and B).

3.3. MZe786 rescue fetal outcome in mRUPP

The percentage of viable fetuses was significantly lower in mRUPP compared to Sham (Fig. 4A and B). H$_2$S releasing molecule, MZe786, significantly increased the live birth in mRUPP (Fig. 4A and B). The mouse placenta is comprised of three distinct zones; the maternally derived decidua, and the conceptus-derived junctional and labyrinth zones. The labyrinth zone consist of two layers of multinucleated syncytiotrophoblast (SynT) cells resulting in a large surface area for nutrient and gas exchange between mother and fetus [27]. Blinded histological analysis of placental sections showed that the area of labyrinth zone was significantly reduced in mRUPP compared to Sham (Fig. 5A and C). This reduction was reversed successfully by oral administration of MZe786 (Fig. 5A and C). In mature placenta, fetal-derived endothelial cells line

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**Fig. 2.** H$_2$S-releasing molecule, MZe786 rescued preeclamptic phenotype in mRUPP model. (A) Mean arterial blood pressure (MAP) recorded at day 17.5 of gestation of Sham or mRUPP mice treated with MZe786 or control. MAP was significantly upregulated in mRUPP mice (n = 15) compared to Sham (n = 15). MZe786 (n = 7) effectively reduced the increase in MAP induced by mRUPP. (B) Representative H&E images of kidney from different groups (scale bar represents 50 μm). Sham kidney section showed normal renal cortex and glomerular tufts. mRUPP group showed marked kidney damage including glomerular degeneration with absence of bowman’s capsular space, disorganised tubules, fibrosis and vascular congestion. MZe786 treated Sham and mRUPP showed architecture similar to Sham, n = 6. (C) The graph shows the scoring of the pathological changes, n = 6. (D) Urine levels of KIM-1 in Sham or mRUPP mice treated with MZe786 or control. mRUPP induced significantly high levels of KIM-1. MZe786 treated mice showed significant reduction in KIM-1 levels, n = 6. Data expressed as mean (±SEM) and analysed by 2-way ANOVA. Clear circles represent group that received drug carrier and black squares represent group that received MZe786.

**Fig. 3.** H$_2$S-releasing molecule, MZe786 reduced renal oxidative stress in mRUPP model. (A) Nitrotyrosine levels, a footprint of peroxynitrite production, in kidneys of different groups are shown (scale bar represents 50 μm). The nitrotyrosine levels was upregulated in mRUPP compared to Sham. The levels of nitrotyrosine remain unchanged in Sham treated with MZe786. MZe786 treatment significantly decreased nitrotyrosine production in mRUPP kidneys. (B) Graph showing quantification of nitrotyrosine staining. Data expressed as mean (±SEM) and analysed by 2-way ANOVA. Clear circles represent group that received drug carrier and black bars represent group that received MZe786.
the maternal blood spaces [28]. Using isolectin B4 to highlight the fetal endothelial cells [7], we compared the anatomic features of labyrinth zone in Sham, mRUPP and MZe786 treatment groups. In control mice, the labyrinth showed organised fetal vessels with well-developed branching morphogenesis (Fig. 5B). The mRUPP placentas showed irregular branching. More importantly, MZe786 treatment group showed organised fetal vessels similar to Sham (Fig. 5B).

3.4. MZe786 rescue preeclampsia phenotype by suppressing sFlt-1 in mother and fetus

Soluble Flt-1 is the anti-angiogenic factor with the highest strength of association with preeclampsia; elevated levels of sFlt-1 are reported in plasma [29], placenta [12] and amniotic fluid [30] of preeclamptic women. Previous study from Ahmed’s laboratory demonstrated that endothelial knockdown of CSE resulted in increased release of sFlt-1 [7]. We investigated whether similar changes in levels of sFlt-1 occur in the refined mRUPP model in which we also observed decreased placental expression of CSE following RUPP surgery (Fig. 6A). Expression levels of sFlt-1 were significantly increased in placental tissue (Fig. 6B) and amniotic fluid (Fig. 6C) in mRUPP. The maternal sFlt-1 levels were 3-fold higher in mRUPP compared to Sham controls (Fig. 6D). In contrast, circulating VEGF levels remained unchanged (Supplementary Figure 4). To determine whether MZe786 inhibits sFlt-1 release, we assessed sFlt-1 levels in pregnant mice treated with MZe786. In mRUPP, MZe786 effectively reduced the sFlt-1 levels to Sham control levels (Fig. 6D). The levels of sFlt-1 in amniotic fluid (Fig. 6C) and placenta expression of sFlt-1 mRNA were (Fig. 6B) also significantly decreased compared to mice that received drug carrier as control.

4. Discussion

We recently reported that MZe786 rescues mitochondrial activity by stimulating cardiac mitochondrial biogenesis and antioxidant defence in heme oxygenase-1 deficient mice under high sFlt-1 environment [19]. With a good safety profile, MZe786 was a good H2S releasing candidate...
for testing in an animal model of preeclampsia [20]. The beneficial role of MZe786 has been reported in atherosclerosis [31] and is shown to have strong antithrombotic effect [32]. Here, we report the development of a refined RUPP model in mice and demonstrate the clear beneficial effect of MZe786 in rescuing preeclampsia symptoms and suppressing maternal and placental sFlt-1 levels. Acute kidney injury is commonly associated with preeclampsia and has high rates of association with maternal and perinatal mortality [33]. Consistent with the high KIM-1 levels in the urine of mRUPP pregnancy, the histology of the kidneys showed damage including tubular and glomerular degeneration, fibrosis and vascular congestion. MZe786 suppressed KIM-1 and improved renal function.

A common complication of hindlimb ischemia is complete paralysis due to restriction of abdominal aorta in the rat RUPP model [34] indicating that aortic restriction occludes blood flow to the entire hindquarters of the animal. Hence, the symptoms of preeclampsia observed in these animals cannot be classified as specific to insufficient uteroplacental perfusion. Attempts to improve the model by restricting the blood flow specifically to the uteroplacental units in rats resulted in increased blood pressure. However, many of the prominent features of preeclampsia including elevated sFlt-1 levels and renal damage were absent [35,36]. An earlier report of RUPP in C57Bl/6 J mice used restriction of abdominal aorta and ovarian arteries making the preeclampsic symptoms unspecific to uteroplacental perfusion [18]. The study showed increased blood pressure and serum sFlt-1 levels, but placental sFlt-1 expression remained unchanged and kidney damage was absent [18]. In the present study, by ligating the ovarian arteries only, we avoided interfering with the abdominal blood flow (Supplementary Fig. 1). Fushima et al. in an earlier study had shown that the positional effect of ligation of the vascular arcade [37]. They bilaterally ligated ovarian vessels distal to ovarian branches, uterine vessels, or both in an outbred strain of mice at E14.5. The study showed increased blood pressure, glomerular endotheliosis and reduction in pup weights post-surgery [37]. However, the important feature of increased maternal plasma sFlt-1 levels and placental expression of sFlt-1 were absent, which is a major component of preeclampsia. Importantly, we have performed the surgery earlier at E11.5 in C57Bl/6 J, which corresponds to the beginning of the second trimester of mouse pregnancy and approximately similar in gestation period when preeclampsia develops in women. This has allowed us to increase the therapeutic window for testing drugs. All other RUPP models reported so far have performed surgery at a later day of E14.5, when placentation is fully established.

E11.5 is a crucial time when placentation develops. This study reports marked pathophysiological changes in the placenta of RUPP pregnancy. There was significant reduction in placental labyrinth zone in mRUPP pregnancy, which is a crucial site for nutrient and gas exchange between mother and fetus. The labyrinth zone also showed marked anatomical changes with disorganised fetal vessels. Typical features such as blood pressure, sFlt-1 levels were significantly higher in mRUPPs compared to Sham controls.

Performing the surgery at E11.5 also gives a good ‘therapeutic window’. The protective effect of H₂S has been widely reported in cardiovascular [38–41], neurodegenerative diseases [42,43] and in multiple cancer pathophysiology [44–46]. In this study, we used MZe786, which is a H₂S releasing aspirin as a source of H₂S. Chronic use of aspirin is frequently associated with gastropathy, partly due to, redox imbalances [47]. MZe786 has been shown to counter the redox imbalance processes through increased H₂S/glutathione production, heme oxygenase-1 promoter activity and by suppression of 8-isoprostane-prostaglandin F₂α (8-isoprostane) formation [20]. MZe786 has been shown to effectively reverse pathological symptoms in a rat model of metabolic syndrome [48]. The study compared the effect of MZe786 with its parent compound aspirin and confirmed the clear beneficial effect of MZe786 over aspirin [21,48]. Since the clear beneficial role of MZe786 over aspirin was already established, we chose not to include an aspirin-only group to minimise animal usage, as our objective was to see if MZe786 reduced sFlt-1 levels. Aspirin was reported not to inhibit sFlt-1 [49]. Primarily, the mode of action of MZe786 involves H₂S release. The H₂S release profile of MZe786 shows a significant early increase in circulating H₂S and the administration of MZe786 also increases Cysteine and GSH levels in the kidneys [20,50]. H₂S is reported to act as a relaxing factor for blood vessels by altering K⁺ channel activity and cGMP levels.
shown that dysregulation of Htect the mother from permanent vascular damage. We have previously the elevated levels of sFlt-1 may improve pregnancy outcome and pro
duced by increase in viable fetuses and more organised fetal

angiogenic imbalance caused by increased circulation of sFlt-1 is highlighted as a prime culprit in preeclampsia, contributing to most of the preeclamptic symptoms. Hence any intervention that would reduce the elevated levels of sFlt-1 may improve pregnancy outcome and protect the mother from permanent vascular damage. We have previously shown that dysregulation of H2S by inhibition of CSE increase sFlt-1 release [7]. Surgically induced preeclampsia consistently showed increased maternal and fetal expression levels of sFlt-1 and marked reduction in the placental expression of CSE. Our recent studies have shown that CSE/H2S pathway sustain endothelial mitochondrial bio-
energetics and loss of CSE increased the production of mitochondrial-specific superoxide [19]. Mitochondria are the main source of reactive oxygen species during ischemia in renal tissue [57]. A key regulator of reactive oxygen species detoxification and oxidative phosphorylation is the nuclear transcriptional co-activator peroxisome proliferator-activated receptor co-activator (PGC-1α) [58]. Previous reports show reduced expression of PGC-1α in renal tissue from RUPP rats [59]. PGC-1α is also a master regulator of mitochondrial biogenesis signals [60]. We recently demonstrated the ability of MZe786 to rescue mitochondrial biogenesis and anti-oxidant defence in heme oxygenase-1 deficient mice exposed to a high sFlt-1 environment [19]. Here, we show that MZe786 successfully reduced maternal and fetal sFlt-1 levels and reduced oxidative stress in mRUPP kidneys as evidenced by decreased nitrotyrosine staining. The administration H2S-releasing molecules have previously shown to protect against oxidative stress in models of unilat-
eral ureteric obstruction induced renal injury [61] and bilateral renal ischemia in rats [62]. H2S treatment protects the mitochondrial health by reducing apoptosis, mitochondrial swelling and loss of mitochondrial integrity induced by renal ischemia/reperfusion injury in rats [63]. MZe786 suppressed the increase sFlt-1 that was a likely result of decreased CSE expression in the mRUPP model. As observed in our earlier publications [19], this was probably due, in part, to the increased expression of the antioxidant genes and improved mitochondrial biogenesis that suppressed oxidative stress.

In conclusion, the development of this refined surgically induced model of preeclampsia that captures major preeclampsia features including up-regulation of sFlt-1 and down-regulation of protective enzymes offers a unique opportunity to test novel therapeutics for the prevention of preeclampsia. MZe786 significantly limited the development of preeclampsia in the mRUPP model by suppressing sFlt-1 and nitrotyrosive stress as well as improving antioxidant genes [21] and cellular mitochondrial function [64,65]. This compound warrants ur-

5. Statement of author contributions

AA conceived the original idea and SA and KW supervised the project. JS and HR carried out the vast majority of the experiments and

analysed the data. KL, SA carried out acute blood flow measurements. AS was involved in designing and manufacture of MZe786. FAA contributed to data analysis and fund raising for the project with AA. JS, HR and AA wrote the manuscript. All authors were involved in the discussion of the results and reviewing the manuscript and gave their final approval of the submitted manuscript.

Conflict(s) of Interest/Disclosure(s)

JS, SA, HR, KL, AS and FAA declare they have no conflict of interest. AA is the Chairman and the majority shareholder in MirZyme Therapeutics. AA and KW are inventors for the use of hydrogen sulfide com-
pounds in the treatment of preeclampsia.

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Appendix A. Supplementary data

Supplementary data to this article can be found at https://doi.
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