Fibrous Catalyst–Enhanced *Acanthamoeba* Disinfection by Hydrogen Peroxide

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**ORIGINAL INVESTIGATION**

**SIGNIFICANCE:** Hydrogen peroxide (H\textsubscript{2}O\textsubscript{2}) disinfection systems are contact-lens-patient problem solvers. The current one-step, criterion-standard version has been widely used since the mid-1980s, without any significant improvement. This work identifies a potential next-generation, one-step H\textsubscript{2}O\textsubscript{2}, not based on the solution formulation but rather on a case-based peroxide catalyst.

**PURPOSE:** One-step H\textsubscript{2}O\textsubscript{2} systems are widely used for contact lens disinfection. However, antimicrobial efficacy can be limited because of the rapid neutralization of the peroxide from the catalytic component of the systems. We studied whether the addition of an iron-containing catalyst bound to a nonfunctional propylene-polyacryonitrile fabric matrix could enhance the antimicrobial efficacy of these one-step H\textsubscript{2}O\textsubscript{2} systems.

**METHODS:** Bausch + Lomb PeroxiClear and AOSept Plus (both based on 3% H\textsubscript{2}O\textsubscript{2} with a platinum-neutralizing disc) were the test systems. These were tested with and without the presence of the catalyst fabric using *Acanthamoeba* cysts as the challenge organism. After 6 hours' disinfection, the number of viable cysts was determined. In other studies, the experiments were also conducted with biofilm formed by *Stenotrophomonas maltophilia* and *Elizabethtingia meningoseptica* bacteria.

**RESULTS:** Both control systems gave approximately 1-log\textsubscript{10} neutralization. Failure to neutralize the Disinfection by describes novel methods for the and Lynn Winterton, PhD systems. The inventors disclose that the presence neutralization with One-step H\textsubscript{2}O\textsubscript{2} however, these approaches < .001). In the biofilm studies, no viable bacteria were recovered following kill of H\textsubscript{2}O\textsubscript{2} when it was omitted. In 30 rounds' recur- with a platinum-neutralizing disc) fabric was also shown to not retard or increase the rate of H\textsubscript{2}O\textsubscript{2} neutralization.

**CONCLUSIONS:** We have demonstrated the catalyst significantly increases the efficacy of one-step H\textsubscript{2}O\textsubscript{2} disinfection systems using highly resistant *Acanthamoeba* cysts and bacterial biofilm. Incorporating the catalyst into the design of these one-step H\textsubscript{2}O\textsubscript{2} disinfection systems could improve the antimicrobial efficacy and provide a greater margin of safety for contact lens users.

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*Acanthamoeba* is a small free-living amoeba characterized by a life cycle of a feeding and dividing trophozoite stage, which, in response to adverse conditions, can transform into a highly resistant cyst stage.\textsuperscript{1,2} *Acanthamoeba* claims our attention not only as a fascinating organism about which there is much to be known but also because of its capacity to cause a potentially blinding infection of the cornea.\textsuperscript{3,4} *Acanthamoeba* keratitis is rare, but contact lens wearers account for 90% of cases, with numbers being reported with increasing frequency.\textsuperscript{5,6}

Accordingly, safe contact lens use demands effective disinfection to help prevent keratitis from *Acanthamoeba* and other pathogenic organisms. Hydrogen peroxide 3% wt./vol. is used widely for this purpose, and disinfection is typically performed in a contact lens storage case containing a platinum-coated disc, which gradually catalyzes the decomposition of the hydrogen peroxide to oxygen and water (one-step peroxide disinfection systems).\textsuperscript{7} Failure to neutralize the hydrogen peroxide before wearing the contact lenses can result in a severe and painful reaction in the eye.\textsuperscript{8}

The disadvantage of such one-step hydrogen peroxide systems is that neutralization can occur too rapidly and result in a failure to achieve adequate disinfection, particularly for resistant organisms such as fungi, bacterial spores, and *Acanthamoeba* cysts. Once neutralized, there is no residual disinfectant to give continued antimicrobial protection to the lenses during storage. Studies have shown that the efficacy of one-step peroxide disinfection systems can be enhanced significantly through the addition of a halide and peroxidase or acidified nitrite.\textsuperscript{9,10} However, these approaches may not be suitable as contact lens care systems.

US patent 8410011B2\textsuperscript{11} describes novel methods for the preparation and use of metal-containing (covalently bound) fibrous catalysts, catalyst systems, and their uses in the treatment of waste (water). Furthermore, US patent 8513303B2 discloses these same catalysts and catalytic system types being used as antimicrobial agents, in the presence of hydrogen peroxide, for use in disinfection systems.\textsuperscript{12} The inventors disclose that the presence of these types of catalysts can significantly reduce the viability of *Escherichia coli*, *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Bacillus subtilis* (spores and vegetative cells), and mycobacteria when compared with control hydrogen peroxide systems. Descriptions of the

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catalysts and its enhancement of the antimicrobial efficacy of hydrogen peroxide have also been published.\textsuperscript{13,14}

Initial experiments found that one-step hydrogen peroxide disinfection systems rapidly killed bacteria and fungi, both with and without the catalyst. Therefore, showing any catalyst-attributable improvement to the one-step system was difficult using those species. Further experiments that demonstrated the addition of the catalyst into these commercial one-step hydrogen peroxide disinfection systems that could enhance the killing of \textit{Acanthamoeba} prompted this report.

**MATERIALS AND METHODS**

According to US patents 8410011B2 and 8513303B2, creation of the iron-containing catalyst was carried out using a base material of 50:50 nonfunctional propylene:polyacrylonitrile, with approximate density of 0.256 g/cm\textsuperscript{3} with the final catalytic iron content ranging from 0.92 to 1.71% wt./wt.\textsuperscript{11,12}

\textit{Acanthamoeba castellanii} (ATCC 50370) and \textit{Acanthamoeba polyphaga} (ATCC 30461) were used in the study. Both strains were isolated from \textit{Acanthamoeba} keratitis cases but differ in their genetic and morphological characteristics.\textsuperscript{15} Trophozoites were grown axenically (i.e., without any other life form) in Ac#6 medium, and cysts formed through starvation of trophozoites on nonnutrient agar, as described previously.\textsuperscript{15}

PeroxiClear (3% hydrogen peroxide with a platinum-neutralizing disc; Bausch + Lomb, Rochester, NY) and AOSept Plus (3% hydrogen peroxide with a platinum-neutralizing disc; Alcon, Fort Worth, TX) were the test systems. In studies of peroxide neutralization rates, Oxysept 1 Step (3% hydrogen peroxide with catalase-neutralizing tablet; Abbott Medical Optics, Abbott Laboratories Inc., Abbott Park, IL) was included. One-fourth-strength Ringer’s solution was used as a negative control (10 mL of solution added to the platinum disc-containing storage cases and challenged with \textit{Acanthamoeba} trophozoites of cysts). The disinfectant neutralizer was 500 U/mL catalase in one-fourth-strength Ringer’s solution.

Testing was performed as described previously, using a most probable number approach to quantify trophozoite or cyst viability after exposure to the disinfectant solutions for 2, 4, 6, and 24 hours at 25°C.\textsuperscript{15} All test and control experiments were conducted in the manufacturers’ supplied contact lens storage cases using ten milliliters of the commercial hydrogen peroxide systems with or without 0.5 g of the catalyst. When testing with cysts, aliquots were removed at 1-, 2-, 4-, and 6-hour intervals, and the number of surviving organisms determined. With trophozoites, rapid killing occurred in the hydrogen peroxide systems, and the sample time points were reduced to 5, 10, 15, and 30 minutes. In latter experiments, varying weights of catalyst were tested in the AOSept Plus system with \textit{A. castellanii} cysts as the challenge organism.

Studies were also undertaken to compare the efficacy of a commercial one-step hydrogen peroxide contact lens care system,
with and without the presence of the catalyst-enhancing material, against gram-negative bacteria grown as biofilm. The bacteria used were *Stenotrophomonas maltophilia* (ALC-01) and *Elizabethkingia meningoseptica* (3AS) isolated in high numbers from the contact lens storage cases of patients with corneal infiltrative events. The bacteria were grown in six-well microtiter plates using 0.01% trypticase soya broth overnight at 32°C. The wells were then washed three times with Dulbecco phosphate-buffered saline to leave only the biofilm and then exposed either to the AOSept Plus system alone or with the addition of 0.5 g of catalyst material, AOSept Plus (3% hydrogen peroxide) without neutralizing disc, Dulbecco phosphate-buffered saline + 0.5 g of catalyst material, or Dulbecco phosphate-buffered saline alone (control). After 4 hours’ incubation at 25°C, the wells were sonicated (50% amplitude for 3 x 3 seconds) to disrupt the biofilm, and 100-μL volumes were spread over trypticase soy agar plates for incubation at 32°C overnight. Aliquots were also diluted 1:10 into peroxide neutralizer comprising 500 U/mL catalase in one-fourth-strength Ringer’s solution and cultured on to trypticase soy agar plates, as described previously.

Experiments were also conducted to establish whether the catalyst affected the rate of hydrogen peroxide decomposition in the systems. Here, 0.5 g of catalyst was added to the commercial systems containing hydrogen peroxide, and the rate of neutralization was measured by loss in weight using an analytical balance sensitive to four decimal places (Sartorius, Surrey, United Kingdom). The observed weight loss is due to the evolution of oxygen gas while the hydrogen peroxide is being neutralized by the platinum element.

The AOSept Plus system was subjected to 30 rounds of hydrogen peroxide neutralization with or without the presence of 0.5 g of catalyst material. Both systems were then challenged with *A. castellanii* cysts, and the rate of kill was determined after 4 hours. Statistical analysis of the differences in solution biocidal efficacy was performed using one-way analysis of variance from experimental mean values and SD, with Tukey posttest using GraphPad InStat version 3.06 for Windows (GraphPad Software, San Diego, CA).

**RESULTS**

For the trophozoites of *A. castellanii* (50370), the AOSept Plus system gave a 3.0-log<sub>10</sub> kill after 30 minutes’ exposure compared with 4.5-log<sub>10</sub> kill in the presence of the catalyst material (*P* < .001; Fig. 1A). Similarly, the Bausch + Lomb system showed a 3.9-log<sub>10</sub> kill after 30 minutes compared with 4.5-log<sub>10</sub> kill when the catalyst was present (*P* < .001; Fig. 1A). For the trophozoites of *A. polyphaga* (30461), the AOSept Plus system gave a...
2.8-log\(_{10}\) kill after 30 minutes' exposure compared with 4.5-log\(_{10}\) kill in the presence of the catalyst material (\(P < .001\); Fig. 1B). Similarly, the Bausch + Lomb system showed a 3.5-log\(_{10}\) kill after 30 minutes compared with 4.5-log\(_{10}\) kill when the catalyst was included (\(P < .001\); Fig. 1B).

For the cysts of \(A. \text{castellanii}\) (50370), the AOSept Plus system gave a 1.2-log\(_{10}\) kill after 6 hours' exposure compared with 2.8-log\(_{10}\) kill in the presence of the catalyst (\(P < .001\); Fig. 2A). Similarly, the Bausch + Lomb system showed a 1.4-log\(_{10}\) kill after 6 hours compared with 2.8-log\(_{10}\) kill when the catalyst was included (\(P < .001\); Fig. 2A). For the cysts of \(A. \text{polyphaga}\) (30461), the AOSept Plus system gave a 1.3-log\(_{10}\) kill after 6 hours' exposure compared with 3.0-log\(_{10}\) kill in the presence of the catalyst (\(P < .001\); Fig. 2B). Similarly, the Bausch + Lomb system showed a 1.4-log\(_{10}\) kill after 6 hours compared with 3.1-log\(_{10}\) kill when the catalyst was included (\(P < .001\); Fig. 2B).

Incubation of trophozoites or cysts of the \(A. \text{canthamoeba}\) strains in one-fourth-strength Ringer's solution and 0.5 g of the catalyst for 6 hours showed no significant reduction in viability (\(< 0.5\)-log\(_{10}\) reduction, results not shown).

The efficacy of the test solutions, with various weights of catalyst against the cysts of \(A. \text{castellanii}\) (50370), after 2 and 4 hours' exposure was addressed. The AOSept system alone gave a 1.3- to 1.6-log\(_{10}\) kill after 2 to 4 hours' exposure. In the presence of the catalyst, a steady increase in cyst kill was observed with 0.1 to 0.4 g of material, giving a 1.8- to 2.2-log\(_{10}\) kill at 2 hours and 2.1- to 3.1-log\(_{10}\) kill by 4 hours. Maximum increased kill occurred with 0.5 g of material with 2.9- and 3.5-log\(_{10}\) kill at 2 and 4 hours, respectively. No additional kill was observed when 0.6 and 0.7 g of catalytic material were tested (results not shown).

The efficacy of the test systems in inactivating biofilm formed by \(S. \text{maltophilia}\) and \(E. \text{meningoseptica}\) is shown in Figs. 3 and 4, which are photographic images of the trypticase soy agar culture plates from the experiments. Previous studies have shown that biofilm formed by \(S. \text{maltophilia}\) or \(E. \text{meningoseptica}\) contains approximately \(1 \times 10^7\) colony-forming units (unpublished observation from S. Kilvington).

For \(S. \text{maltophilia}\) and the AOSept Plus system (Fig. 3), numerous bacteria were recovered after disinfection (Fig. 3A), equivalent to 2000 colony-forming units/mL. No bacteria were recovered with the AOSept Plus system + 0.5 g catalyst fabric (Fig. 3B) or when the AOSept Plus hydrogen peroxide alone was used (Fig. 3C). For the catalyst fabric in Dulbecco phosphate-buffered saline (Fig. 3D), confluent growth of bacteria was observed but was less dense than...
that observed with the Dulbecco phosphate-buffered saline alone (Fig. 3E). The catalyst fabric from experiment D was also cultured and showed heavy growth on the plate (Fig. 3F).

For *E. meningoseptica* (Fig. 4), no viable bacteria were recovered from either the AOSept Plus system (Fig. 4A), the AOSept Plus system + 0.5 g catalytic fabric (Fig. 4B), or the AOSept Plus hydrogen peroxide alone (Fig. 4C). For the fabric in Dulbecco phosphate-buffered saline (Fig. 4D), significantly less viable bacteria were recovered compared with that observed from the Dulbecco phosphate-buffered saline alone (Fig. 4E). The catalytic fabric from experiment D was also cultured and showed heavy growth on the plate (Fig. 4F).

The percent loss in weight of the hydrogen peroxide systems is shown in Fig. 5, as this is a measure of the rate of hydrogen peroxide decomposition in the cases as the oxygen is released. Oxysept (Abbott Medical Optics) was also included in these studies. It is a 3% hydrogen peroxide–based system but uses a separate catalase-neutralizing tablet to be added for disinfection use. This demonstrates that the catalyst does not affect the rate of hydrogen peroxide decomposition in the platinum disc or catalase tablet–based systems.

In the experiments in which the AOSept Plus system was subjected to 30 rounds of hydrogen peroxide neutralization with or without the presence of 0.5 g of catalytic fabric, both systems were then challenged with *A. castellanii* cysts, and the rate of kill was determined after 6 hours. The AOSept Plus system without the catalytic fabric gave a 1.2-log_{10} kill of cysts by 6 hours. In the presence of the catalytic fabric, a 2.7-log_{10} kill was achieved, indicating the material did not lose efficacy after at least 30 repeated cycles.

**DISCUSSION**

As has been reported previously, the antimicrobial activity of hydrogen peroxide can be enhanced by the presence of a heterogeneous modified polyacrylonitrile catalyst impregnated with ferric chloride or ferric sulphate.\(^{13,14}\) This is based on the observation that transition metal salts can activate hydrogen peroxide to form hydroxyl radicals (OH·), which are powerful antioxidants and as such capable of causing rapid microbial death.\(^{17,18}\) As the hydroxyl radical has a very short in vivo half-life of approximately 10^-9 seconds, there will be negligible, if any, remaining radicals after the hydrogen peroxide has been neutralized by the platinum element, thus posing no risk to mammalian cells. Hydrogen peroxide (3% wt./vol.) is widely used as a contact lens disinfectant but must be neutralized prior to insertion of the lenses to avoid severe and potentially injurious damage to the eye.\(^{8,19}\) Therefore, neutralization is achieved through the presence of a platinum disc in the lens storage case or the addition of a catalase tablet.\(^7\) Although such systems
show good activity to most corneal pathogens, the rapid neutralization of the hydrogen peroxide significantly reduces their efficacy against resistant organisms and their life forms such as *Acanthamoeba* cysts. Previous studies have shown that hydrogen peroxide antimicrobial efficacy, including *Acanthamoeba* cysts, can be significantly enhanced through the generation of free radicals from the addition of a halide (KI) and the use of plant catalase for neutralization or by using acidified nitrite. However, such modifications are not easily combined into conventional one-step, hydrogen peroxide-based contact lens disinfection systems.

For this reason, we developed an assay method using *Acanthamoeba* cysts that reliably and reproducibly demonstrated that commercial one-step, hydrogen peroxide–based contact lens disinfectant systems (using a platinum-neutralizing disc), in the presence of the novel catalyst, resulted in significance enhancement of cytocidal efficacy. Furthermore, the novel catalyst enhanced the efficacy of the one-step system to kill bacteria under biofilm conditions. Biofilm is an important consideration in contact lens care as bacteria under such conditions are significantly more resistant to disinfection. Furthermore, the authors’ own unpublished observation that biofilm-formed bacteria provide a suitable source of food for *Acanthamoeba* and also increase adherence of the organism to contact lenses is corroborated elsewhere.

In conclusion, we have shown that the catalyst significantly increases the efficacy against highly resistant *Acanthamoeba* cysts and bacterial biofilm. It is estimated that there are 140 million contact lens wearers worldwide, and their use represents a risk factor for microbial keratitis of approximately 40 cases per 100,000 users and other adverse events. This is particularly evident in *Acanthamoeba* keratitis, in which contact lens wearers account for 90% of reported cases and can lead to severe and painful permanent blindness. It is hoped that the findings of this study can be developed to include the catalyst into the design of one-step hydrogen peroxide contact lens disinfection systems and in so doing improve overall antimicrobial efficacy and thus provide a greater margin of safety for contact lens users.

**FIGURE 5.** Rate of hydrogen peroxide decomposition of three different commercial contact lens hydrogen peroxide care systems compared to that of AOSept with the fabric catalyst. No significant differences appear. Revealing that the fabric catalyst does not enhance nor delay the neutralization of the hydrogen peroxide systems, but only enhances the biocidal effect of the hydrogen peroxide.
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