The Monte Carlo-Based Uncertainty Health Risk Assessment Associated with Rural Drinking Water Quality

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ABSTRACT

In this study, Triangular Fuzzy-number of the Fuzzy Set Theory was introduced to reform parameters of those previous health risk assessment (HRA) models, Monte Carlo simulation parameter was applied to lower the randomness and fuzziness of the HRA system, and the Monte Carlo-United States Environmental Protection Agency (MC-EPA) model was employed to evaluate the health risk associated with water quality (HRWQ), so as to solve the uncertainty HRA associated with rural drinking water quality. Results showed that the water in Mingshan was contaminated mainly by Cr(VI), nitrate, fluoride and Fe. The health risk primarily embodied in the carcinogenic risk (CR) caused by Cr(VI) that generally exceeds the limit while little non-carcinogenic toxic effect presents. However, non-carcinogenic risk (NCR) in some water resources was high, exceeding the limit “1”. The results revealed the health risk level of the water quality and the health risk degree caused by the pollutants, providing scientific support for the management of the HRWQ of the WR. It also indicated the significance of MC-EPA model’s application.

Keywords: Monte Carlo; Health Risk; Water Quality; Triangular Fuzzy-Number; Mingshan County

1. Introduction

Along with the sustainable and speedy economic development, water contamination has become more serious with many toxic and harmful substances being discharged into the environment, posing long-term potential threat to the residents’ health [1-3]. As a result, more attention is paid to health risk associated with water quality (HRWQ) [4-8]. How to implement qualitative and quantitative presentation of the contamination degree of those chemicals in water and to indicate directly the hazards to people by risk level become a key in the health risk assessment (HRA) associated with rural drinking water quality. Currently, most domestic researches applied the model recommended by United States Environmental Protection Agency (US EPA) to calculate the HRA for single water source, but little researches focused on the HRA for the regional water resources and the establishment of HRA parameter in county scale [9,10]. Setting rural areas as the studied object and on the basis of the specific drinking water condition of residents, this study analyzed the uncertainty of the model recommended by US EPA and implemented a comprehensive evaluation of the rural drinking water-related health risk to human health.

2. Materials and Methods

2.1. Sampling, Detection and Hazard Index Discrimination

In 2010, 42 samples (Figure 1) were collected in 21 towns of Mingshan County, based on comprehensive consideration of the studied area’s topography, hydrography, water system, the distribution of water-borne diseases and the types of water supply projects. Relevant chemical index in the 42 samples were detected and referring to the results, hazard index below the limit set by the Standard Examination Methods for Drinking Water is excluded and Cr(VI), iron, fluoride and nitrate are set as the index for water quality evaluation [10], among which Cr(VI) is set as carcinogenic index, and the detection value of indexes is shown in Table 1.

In the investigation, the residents’ exposure parameters (daily water intake rate, weight, height and age, etc.) were examined as well and 687 people were included, among which 591 are adults aging from 18 to 60.

2.2. Construction of MC-EPA Model

The US EPA model [11] presented the long-term daily water intake amount and its corresponding carcinogenic and non-carcinogenic level. Actually, great uncertainty and fuzziness lie in the HRA due to the incomplete
analysis, the extraction, applicability and assumption of model parameters, and the inaccuracy in measurement, sampling, experiment analysis, description and professional judgment as well as the spatial and temporal variations of chemicals’ concentration both in surface water and ground water. At present, Monte Carlo Simulation is often used to deal with those uncertainly issues, it apply the method of probabilistic statistics to indicate the uncertainty of parameters, thus, it can present better risk identification and exposure assessment. And its analysis procedure is: define the statistical distribution law of input parameters; sample randomly parameters from its statistical distribution; repeat the model simulation by using parameters obtained by random sampling; analyze the output value to reach a reasonable result. Based on those steps, MC-EPA model is developed to implement the HRA associated with rural drinking water quality in Mingshan County.

2.2.1. Stochastic Simulation of Parameters

Parameters of health risk model comply with Gaussian distribution or approximate [8,12]. However, the insufficiency and incompleteness of data affected the HRA results. Recently, Triangular Fuzzy-number has been applied to match approximately the Gaussian distribution and some results were obtained [12]. In this study, parameters are transformed into Triangular Fuzzy-numbers, and then stochastic simulation of Triangular Fuzzy-numbers is carried out. In this way, many possible values of parameters that conform to some extent with the actual situation of the studied areas can be obtained.

\[a_1, a_2, a_3 \quad (a_1 \leq a_2 \leq a_3)\] are defined correspondingly as the minimum value (MI), the most probable value (MP) and the maximum value (MA) of fuzzy variable \(A\), therefore, \(A\) can be represented by Triangular Fuzzy-

Table 1. Detection value of rural drinking water quality hazard index.

| Sample | Fe (mg/L) | Cr(VI) (mg/L) | Nitrate (mg/L) | Fluoride (mg/L) |
|--------|-----------|--------------|----------------|-----------------|
| 1      | 0.04      | 0.04         | 11.73          | 0.97            |
| 2      | 0         | 0.05         | 37.53          | 0.34            |
| 3      | 0         | 0.05         | 11.86          | 0.88            |
| 4      | 0.21      | 0.06         | 4.95           | 1.5             |
| 5      | 0         | 0.06         | 8.95           | 0.23            |
| 6      | 0.02      | 0.05         | 47.32          | 0.2             |
| 7      | 0         | 0.05         | 7.18           | 0.49            |
| 8      | 0         | 0.03         | 1.68           | 0.24            |
| 9      | 0.13      | 0.03         | 5.7            | 1.4             |
| 10     | 0.07      | 0.06         | 5.67           | 1.16            |
| 11     | 4         | 0.11         | 17.5           | 0               |
| 12     | 0         | 0.11         | 27.32          | 0.4             |
| 13     | 0.03      | 0.12         | 11.2           | 0.24            |
| 14     | 0.01      | 0.03         | 35.32          | 0               |
| 15     | 0.01      | 0.08         | 9.16           | 0               |
| 16     | 0.18      | 0.05         | 5.38           | 0               |
| 17     | 0.2       | 0.11         | 1.2            | 0               |
| 18     | 0.59      | 0.11         | 1.24           | 0               |
| 19     | 0.01      | 0.15         | 44.95          | 0.12            |
| 20     | 0         | 0.02         | 39.26          | 0               |
| 21     | 0.03      | 0.1          | 9.87           | 0.27            |
| 22     | 0         | 0.05         | 70.44          | 0.29            |
| 23     | 0.01      | 0.05         | 30.42          | 0               |
| 24     | 0         | 0.05         | 6.42           | 0               |
| 25     | 0         | 0.06         | 3.47           | 0.05            |
| 26     | 0         | 0.04         | 9.93           | 0.14            |
| 27     | 0         | 0.06         | 11.87          | 0               |
| 28     | 0         | 0.04         | 12.73          | 0.05            |
| 29     | 0         | 0.08         | 28.2           | 0.16            |
| 30     | 0.02      | 0.02         | 13.85          | 0.05            |
| 31     | 0         | 0.03         | 4.4            | 0.03            |
| 32     | 0.06      | 0.07         | 19.11          | 0.24            |
| 33     | 0.17      | 0.06         | 29.33          | 0               |
| 34     | 0.02      | 0.02         | 30.07          | 0               |
| 35     | 0.48      | 0.14         | 1.18           | 0               |
| 36     | 0.02      | 0.1          | 20.16          | 0.04            |
| 37     | 0.05      | 0.05         | 65.3           | 0.24            |
| 38     | 0.03      | 0.08         | 69.24          | 0.05            |
| 39     | 0.02      | 0.06         | 67.51          | 0.36            |
| 40     | 0.02      | 0.04         | 37.51          | 0.76            |
| 41     | 0.04      | 0.02         | 37.02          | 0.34            |
| 42     | 0.01      | 0.03         | 17.02          | 0.31            |
number \( \tilde{a} = \{a_i, a_2, a_3\} \) [13] to which \( \varphi_{(i)} \) is the membership function.

\[
\varphi_{(i)} = \begin{cases} 
(x - a_i)/((a_2 - a_i), & a_i \leq x \leq a_2 \\
(a_2 - x)/((a_3 - a_i), & a_2 \leq x \leq a_3 \\
0, & x < a_i \text{ or } x > a_3
\end{cases}
\] (1)

where, \( x \) refers to the probable value of fuzzy variables in the universe.

Divide the square measure framed by axis \( x \) and the curve of the membership function \( \varphi_{(i)} \) to \( \varphi_{(i)} \) to obtain the probable reliability density function of \( A \) [14]:

\[
f_\tilde{a}(x) = \begin{cases} 
2(x - a_i)/((a_2 - a_i)(a_1 - a_i)), & a_i \leq x \leq a_2 \\
2(a_2 - x)/((a_3 - a_i)(a_1 - a_i)), & a_2 \leq x \leq a_3 \\
0, & x < a_i \text{ or } x > a_3
\end{cases}
\]

Transform \( f_\tilde{a}(x) \) into probability distribution function and obtain the stochastic simulation formula of \( x \) by the inverse transform method [14,15]:

\[
x = \begin{cases} 
a_1 + (u(a_2 - a_i)(a_1 - a_i))^{0.5}, & u \leq (a_2 - a_i)/(a_3 - a_i) \\
(a_2 - a_i)/(a_3 - a_i), & a_3 - ((1-u)(a_2 - a_i))^{0.5}, & u > (a_2 - a_i)/(a_3 - a_i)
\end{cases}
\] (3)

where, \( u \) refers to uniform random numbers within the interval of \([0,1]\), which can be obtained by Matlab using rand order.

2.2.2. Monte Carlo-Based Health Risk Value Calculation

Based on the assumption that the state of water quality is \( R \) in the evaluation system for HRWQ and the given limit value of water quality standard is \( R_0 \), then the HRWQ can be defined as:

\[
P_z = P(R \geq R_Z) \quad (4)
\]

where, \( R \) refers to both \( CR \) and hazard index (HI) and its calculation formula is as following:

\[
R = \left\{ C_1, C_2, C_3 \right\} \times \left\{ I_{R1}, I_{R2}, I_{R3} \right\} \times \left\{ E_{F1}, E_{F2}, E_{F3} \right\} \times \left\{ B_{w1}, B_{w2}, B_{w3} \right\} \times A_T \times S_F \quad (5)
\]

\[
HI = \left\{ C_1, C_2, C_3 \right\} \times \left\{ I_{R1}, I_{R2}, I_{R3} \right\} \times \left\{ E_{F1}, E_{F2}, E_{F3} \right\} \times \left\{ B_{w1}, B_{w2}, B_{w3} \right\} \times A_T \times R_{FD} \quad (6)
\]

where, \( P_z \) can be taken as the reliability when the water quality state \( R \) exceeds the standard limit \( R_Z \), \( \left\{ C_1, C_2, C_3 \right\} \) is the stochastic simulation value, where \( C_1, C_2, C_3 \) refer correspondingly to the MI, the MPV and the MA of pollutants concentration; \( \left\{ I_{R1}, I_{R2}, I_{R3} \right\} \) is the stochastic simulation value where \( I_{R1}, I_{R2}, I_{R3} \) correspondingly refer to the MI, the MP and the MA of the exposure frequency; \( \left\{ E_{F1}, E_{F2}, E_{F3} \right\} \) is stochastic simulation value (SSV), where \( E_{F1}, E_{F2}, E_{F3} \) state correspondingly to the MI, the MP and the MA of the exposure frequency; \( \left\{ B_{w1}, B_{w2}, B_{w3} \right\} \) is the SSV, where \( B_{w1}, B_{w2}, \) and \( B_{w3} \) correspondingly refer to the MI, the MP and the MA of the weight; \( A_T \) refers to the average time (the suggesting value is \( 70 \text{ a} \times 365 \text{ d·a}^{-1} \)); \( R_{FD} \) is the referring dose (mg·kg\(^{-1}·\text{d}^{-1}\)).

By applying the stochastic simulation of parameters, the simulation sequence of parameters \( \{x|j = 1, 2, 3, \cdots, m\} \) in the evaluation system for HRWQ can be obtained from Equation (3) and the simulation sequence of water quality state \( \{R_j|j = 1, 2, 3, \cdots, m\} \) can be obtained from Equations (5) and (6), and \( m \) is the simulation times. Researches [15] indicated that the more times the experiment is repeated, the frequency distribution of \( R \) was closer to actual probability, therefore, the value of \( m \) is set where the frequency distribution reaches convergence and \( m_z \) refers to the times \( R \) exceeds the standard limit \( R_Z \).

Therefore, the reliability of the interval of HRWQ is:

\[
P_z = m_z/m \quad (7)
\]

2.3. Health Risk Assessment

Information of chemicals (Fe, Cr(VI), nitrate and fluoride), weight and drinking water ingestion rate was dealt with according to the investigation on the exposure parameters of residents who rely on the 42 water resources in Mingshan County and by applying the MC-EPA model. The results showed as Table 2.

| Exposure parameters | Average value | MAV | MIV | Triangular fuzzy-number |
|---------------------|---------------|-----|-----|------------------------|
| Fe                  | 0.15          | 4   | 0   | <0, 0.15, 4>           |
| Cr(VI)              | 0.06          | 0.15| 0.02| <0.02, 0.06, 0.15>     |
| Nitrate             | 22.15         | 70.44| 1.18| <1.18, 22.15, 70.44>   |
| Fluoride            | 0.28          | 1.5 | 0   | <0, 0.28, 1.5>         |
| I\(_x\)             | 1.5           | 4   | 0.85| <0.85, 1.5, 4>         |
| Weight              | 61            | 89.3| 42.4| <42.4, 61, 89.3>       |
| Exposure frequency  | 340           | 360 | 320 | <320, 340, 360>        |
In the data dealing process, data too far from the rest is excluded and the average value, the MA and the MI in the investigation are set correspondingly as the MP, the MA and the MI of the Triangular Fuzzy-number. The average health risk caused by various chemicals to individuals and the reliability of the health risk can be obtained from Equations (3) and (4), as is shown in Tables 3 and 4.

Referring to the above results obtained from the simulation experiments, the results will reach convergence when the experiment is simulated as many as 100,000 times, i.e. according to the MC-EPA model, 100,000 times of simulation experiments can obtain the CR, NCR and the reliability of the risk interval, as is shown in Tables 5 and 6.

3. Results Analysis

3.1. NCR Assessment

According to the definition of hazard index, the risk standard of non-carcinogenic chronic toxic effect can be set as “1”. Table 3 indicates that the average hazard index of the total water quality in Mingshan County is 0.6681 below the risk standard and the corresponding reliability of total hazard index within interval 0 - 0.1, interval 0.1 - 0.2, interval 0.2 - 0.5, interval 0.5 - 1 and interval greater than 1 is 29.39%, 21.87%, 39.43%, 9.48% and 0. According to the hazard index value, they can be ranked as follows: Cr (VI) > nitrate > fluoride > Fe. The corresponding average hazard index of Cr(VI), nitrate, fluoride and Fe is 0.2983, 0.2101, 0.0894 and 0.0703.

As Table 5 shown, the hazard index of samples No.11, 12, 19, 22, 37, 38 and 39 exceed the standard limit “1” and their corresponding reliability are 21.24%, 16.93%, 98.88%, 50.69%, 26.7%, 73.46% and 63.45%. That Cr(VI) and nitrate exceed the standard is the main cause for the excessive hazard index. And the hazard index of sample 40 is at the critical point of 0.9227. It is highly recommend that relevant administrations implement monitoring, investigation and management of WR whose hazard index are at the critical point as well as WR that...
Table 5. Calculation results of NCR of the 42 water resources.

| Sample | Fe (mg/L) | Cr(VI) (mg/L) | nitrate (mg/L) | fluoride (mg/L) | Total (mg/L) | Reliability of NCR interval |
|--------|-----------|---------------|----------------|----------------|--------------|-----------------------------|
|        |           |               |                |                | (0,0.1)      | (0.1,0.2)                  | (0.2,0.5) | (0.5,1) | >1 |
| 1      | 0.0021    | 0.2134        | 0.1173         | 0.2587         | 0.5915       | 0.1691                     | 0.8309    | 0       |
| 2      | 0         | 0.2734        | 0.3848         | 0.093          | 0.7512       | 0                          | 0         | 0       |
| 3      | 0         | 0.3           | 0.1334         | 0.264          | 0.6975       | 0                          | 0         | 0.0779  |
| 4      | 0.0115    | 0.3288        | 0.0509         | 0.411          | 0.8023       | 0                          | 0         | 0.9222  |
| 5      | 0         | 0.319         | 0.0892         | 0.0611         | 0.4694       | 0                          | 0         | 0.9125  |
| 6      | 0.001     | 0.2621        | 0.4651         | 0.0524         | 0.7807       | 0                          | 0         | 0       |
| 7      | 0         | 0.2759        | 0.0743         | 0.1352         | 0.4854       | 0                          | 0         | 0.9175  |
| 8      | 0         | 0.1299        | 0.0316         | 0.0519         | 0.1954       | 0                          | 0         | 0.1326  |
| 9      | 0.0064    | 0.1467        | 0.0522         | 0.3422         | 0.5474       | 0                          | 0         | 0.1503  |
| 10     | 0.0036    | 0.3071        | 0.0544         | 0.2969         | 0.662        | 0                          | 0         | 0       |
| 11     | 0.2217    | 0.6096        | 0.1819         | 0              | 1.0132       | 0                          | 0         | 0.7876  |
| 12     | 0         | 0.6076        | 0.283          | 0.1105         | 1.0011       | 0                          | 0         | 0       |
| 13     | 0.0015    | 0.6132        | 0.1073         | 0.0613         | 0.7833       | 0                          | 0         | 0       |
| 14     | 0.0005    | 0.1519        | 0.3353         | 0              | 0.4877       | 0                          | 0         | 0.5651  |
| 15     | 0.0005    | 0.3982        | 0.0855         | 0              | 0.4842       | 0                          | 0         | 0.5294  |
| 16     | 0.0092    | 0.2566        | 0.0518         | 0              | 0.3177       | 0                          | 0         | 1       |
| 17     | 0.0086    | 0.4739        | 0.0097         | 0              | 0.4922       | 0                          | 0         | 0.1105  |
| 18     | 0.0256    | 0.4778        | 0.0101         | 0              | 0.5135       | 0                          | 0         | 0.0444  |
| 19     | 0.0005    | 0.7345        | 0.4127         | 0.0294         | 1.1771       | 0                          | 0         | 0       |
| 20     | 0         | 0.0929        | 0.3419         | 0              | 0.4347       | 0                          | 0         | 0.6787  |
| 21     | 0.0017    | 0.5766        | 0.1067         | 0.0778         | 0.7629       | 0                          | 0         | 0       |
| 22     | 0         | 0.2592        | 0.6847         | 0.0752         | 1.019        | 0                          | 0         | 0       |
| 23     | 0.0005    | 0.2588        | 0.2952         | 0              | 0.5545       | 0                          | 0         | 0.246   |
| 24     | 0         | 0.2478        | 0.0596         | 0              | 0.3074       | 0                          | 0         | 1       |
| 25     | 0         | 0.3194        | 0.0346         | 0.0133         | 0.3674       | 0                          | 0         | 1       |
| 26     | 0         | 0.2268        | 0.1056         | 0.0397         | 0.3721       | 0                          | 0         | 1       |
| 27     | 0         | 0.2574        | 0.0955         | 0              | 0.3529       | 0                          | 0         | 0.9876  |
| 28     | 0         | 0.2229        | 0.133          | 0.0139         | 0.3699       | 0                          | 0         | 1       |
| 29     | 0         | 0.435         | 0.2875         | 0.0435         | 0.7659       | 0                          | 0         | 0       |
| 30     | 0.0011    | 0.1084        | 0.1407         | 0.0135         | 0.2638       | 0                          | 0         | 1       |
| 31     | 0         | 0.1301        | 0.0358         | 0.0065         | 0.1724       | 0                          | 0         | 0.4563  |
| 32     | 0.0035    | 0.4106        | 0.2102         | 0.0704         | 0.6948       | 0                          | 0         | 0.041   |
| 33     | 0.0083    | 0.293         | 0.2685         | 0              | 0.5698       | 0                          | 0         | 0.0704  |
| 34     | 0.0011    | 0.108         | 0.3045         | 0              | 0.4136       | 0                          | 0         | 1       |
| 35     | 0.0259    | 0.7548        | 0.0119         | 0              | 0           | 0                          | 0         | 0       |
| 36     | 0.0009    | 0.4392        | 0.166          | 0.0088         | 0.6149       | 0                          | 0         | 1       |
| 37     | 0.0027    | 0.2725        | 0.6672         | 0.0654         | 1.0077       | 0                          | 0         | 0       |
| 38     | 0.0016    | 0.4347        | 0.7055         | 0.0136         | 1.1554       | 0                          | 0         | 0       |
| 39     | 0.0012    | 0.3478        | 0.7338         | 0.1043         | 1.1871       | 0                          | 0         | 0       |
| 40     | 0.0012    | 0.2485        | 0.4369         | 0.2361         | 0.9227       | 0                          | 0         | 0       |
| 41     | 0.002     | 0.1017        | 0.3531         | 0.0865         | 0.5433       | 0                          | 0         | 0       |
| 42     | 0.0006    | 0.1744        | 0.1855         | 0.0901         | 0.4506       | 0                          | 0         | 1       |
Table 6. Calculation results of CR of water resources.

| Sample | CR(10^{-6}) | Sample | CR(10^{-6}) | Sample | CR(10^{-6}) |
|--------|-------------|--------|-------------|--------|-------------|
| 1      | 4.36        | 15     | 8.85        | 29     | 8.92        |
| 2      | 5.45        | 16     | 5.54        | 30     | 2.17        |
| 3      | 5.43        | 17     | 11.97       | 31     | 3.36        |
| 4      | 6.56        | 18     | 12.32       | 32     | 7.53        |
| 5      | 6.62        | 19     | 23.45       | 33     | 6.42        |
| 6      | 5.27        | 20     | 2.23        | 34     | 2.46        |
| 7      | 5.31        | 21     | 10.36       | 35     | 22.87       |
| 8      | 3.58        | 22     | 5.38        | 36     | 10.32       |
| 9      | 3.41        | 23     | 5.43        | 37     | 5.91        |
| 10     | 6.61        | 24     | 5.48        | 38     | 8.75        |
| 11     | 12.34       | 25     | 6.37        | 39     | 6.81        |
| 12     | 11.96       | 26     | 4.42        | 40     | 4.62        |
| 13     | 13.21       | 27     | 6.26        | 41     | 2.63        |
| 14     | 3.62        | 28     | 4.32        | 42     | 3.87        |

Note: Reliability of NCR is not listed in table 6 for the insufficient space.

3.2. CR Assessment

Risk management experience abroad indicates that it is acceptable the chemicals in drinking water run a CR of $1 \times 10^{-6}$ to $1 \times 10^{-4}$ [9,14]. Setting the strictest acceptable risk value $1 \times 10^{-6}$ as the evaluation standard, and referring to Table 4, it can be seen that the total CR caused by pollutants in Mingshan County is $9.81 \times 10^{-6}$, exceeding 9.81 times the standard and according to the MC-EPA model, the corresponding reliability of the total CR that exceed the standard 1 - 5 times, 5 - 10 times and 10 - 50 times are 12.21%, 58.9% and 28.89%. Referring to Table 6, the CR of all the 42 WR is above the standard, exceeding 1.17 to 22.45 times of the limit. Among the water resources, the CR of sample 19 and 35 is 20 times over the standard. It is strongly suggested that relevant administrations implement an overall investigation on the causes for the Cr(VI) contamination of the drinking water quality in Mingshan County and carry out effective solution to solve the Cr(VI) pollution issue.

4. Conclusion

The NCR of the total water quality in Mingshan County is below “1”, which means the drinking water as a whole won’t have non-carcinogenic chronic toxic effect on the residents. However, the total NCR of sample No.11, 12, 19, 22, 37, 38 and 39 exceeds “1”. Protection measures of relevant administrations are in urgent need. The CR of the 42 WR all exceeds the standard $10^{-6}$ recommended by the US EPA, i.e. drinking water in Mingshan County is mainly contaminated by excessive Cr(VI), therefore it is highly recommended that relevant administrations lay emphasis on the investigation on causes for Cr(VI) contamination and implement measures to protect the WR and to ensure the drinking water safety. Many nondeterministic issues present in the evaluation system for HAWQ, such as the randomness and fuzziness of the information and the model. In this study, the information of those chemicals in water is transformed in to triangular-fuzzy number and based on the data of chemicals to collect, plenty of simulation experiments are carried out to lower randomness of the HRA system. The MC-EPA model is developed by the application of the Monte Carlo method combined with the US EPA model. The evaluation system for the HAWQ of Mingshan County indicates the significance of the application of MC-EPA.

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