Pre-Vent: The Prematurity-Related Ventilatory Control study

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Category of Study
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**Abstract**

**Background:** The increasing incidence of bronchopulmonary dysplasia in premature babies may be due in part to immature ventilatory control, contributing to hypoxemia. The latter responds to ventilation and/or oxygen therapy, treatments associated with adverse sequelae. This is an overview of the Prematurity-Related Ventilatory Control Study which aims to analyze the under-utilized cardiorespiratory continuous waveform monitoring data to delineate mechanisms of immature ventilatory control in preterm infants and identify predictive markers.

**Methods:** Continuous ECG, heart rate, respiratory and oxygen saturation data will be collected throughout the NICU stay in 500 infants <29wks gestation across 5 centers. Mild permissive hypercapnia, and hyperoxia and/or hypoxia assessments will be conducted in a subcohort of infants (28 days and 52wks) along with inpatient questionnaires, urine, serum, and DNA samples.

**Results:** Primary outcomes will be respiratory status at 40wks and quantitative measures of immature breathing plotted on a standard curve for infants matched at 36–37wks. Physiologic and/or biologic determinants will be collected to enhance the predictive model linking ventilatory control to outcomes.

**Conclusion:** By incorporating bedside monitoring variables along with biomarkers that predict respiratory outcomes we aim to elucidate individualized cardiopulmonary phenotypes and mechanisms of ventilatory control contributing to adverse respiratory outcomes in premature infants.

**Introduction**

Pulmonary complications of prematurity represent leading causes of infant mortality, morbidity and lasting disability. Though prematurity-related neonatal mortality and other morbidities have declined in recent decades(1) the incidence of bronchopulmonary dysplasia (BPD), defined as oxygen requirement at or beyond 36 weeks corrected age(2) has not, leading to significant morbidity and mortality. Despite the introduction of exogenous surfactant therapy to address respiratory distress syndrome of prematurity and the widespread availability of non-invasive respiratory support methods in neonatal intensive care units worldwide, chronic respiratory illness persists until hospital discharge and beyond in a substantial percentage (66%)(3) of very premature infants. The use of supplemental oxygen to treat frequent episodes of intermittent hypoxemia (IH) during the first few weeks after birth could potentially contribute to hyperoxemia-induced lung disease(4). Hypoxemia could result from disordered ventilatory control secondary to attenuated or aberrant peripheral and/or central chemoresponsiveness to perturbation, volutrauma due to mechanical ventilation or both.

Respiratory morbidity in preterm infants stems from pathologies of airway, parenchyma, vasculature, and innervation. This already complex picture is rendered more so by the fact that control of breathing by the central and autonomic nervous systems are not fully developed in the premature infant(5). Central apnea may also drive the requirement for oxygen therapy. Respiratory insufficiency in a premature neonate thus presents a multi-dimensional phenotype that is difficult to de-construct and cohesively describe for bedside clinicians and scientists alike. Extreme prematurity predisposes to both apnea of prematurity...
AOP), defined as a cessation of breathing for ≥20 seconds or a shorter pause accompanied by bradycardia, cyanosis, or pallor (6), as well as pulmonary morbidity and neurodevelopmental impairments. Though specific causality among these three conditions is not fully elucidated, a control of breathing deficit may predispose to AOP and pulmonary disease. The most widely used methylxanthine, caffeine, effectively reduces apnea incidence(7) but does not always reduce the frequency or severity of hypoxemic episodes from apnea or periodic breathing(8).

Taken together, immature respiratory control superimposed on underdeveloped lungs can result in sufficient apnea or periodic breathing to necessitate oxygen therapy at 36 weeks meeting the criteria for diagnosis of BPD. In the Prematurity and Respiratory Outcomes Program (PROP) trial, 40% of BPD infants earned their oxygen requirement from unstable breathing patterns that were unmasked when oxygen was removed(9). Such abnormal control of breathing requiring oxygen therapy can have long term impact on lung and neurological function(10) and maturation, with resultant prolonged hospitalization and economic burden.

These observations point to a need for quantifying control of breathing in premature infants as both a clinical tool for their care as well as a research metric for studying the relationship between abnormal control of breathing, its therapy, developmental trajectory, and clinical outcome. While NICU bedside cardiorespiratory monitoring is effective in highlighting immediate and short-term physiologic perturbations, the ability to quantify trajectories and patterns of events over weeks or months, and understand the long-term impact on outcomes remains a challenge. Because the development of the autonomic nervous system accelerates during late pregnancy, infants delivered before the third trimester lack the physiologic maturity required for uninterrupted breathing often resulting in central apnea and periodic breathing with recurrent hypoxemia and bradycardia.

The Prematurity-Related Ventilatory Control (Pre-Vent) study is an NIH-funded cooperative agreement among 6 academic centers with the primary goal of elucidating the role of ventilatory control as a determinant of respiratory dysfunction in preterm infants. Pre-Vent includes a single multicenter protocol to develop a predictive model of respiratory outcomes, and 5 center-specific protocols testing hypotheses regarding control of breathing mechanisms, in premature infants. Additionally, a DNA biorepository will be created. In all, more than 500 premature infants will be studied. This paper describes the study, its anticipated data sets, and expected contributions to predicting respiratory outcomes.

**Methods/Study Design**

**Organizational Structure**

The Pre-Vent organizational structure is shown in Figure 1. The Steering Committee comprises an external Chair appointed by the National Heart, Lung, and Blood Institute (NHLBI), co-PIs from each Center and the Leadership and Data Coordinating Center (LDCC), and the NHLBI Program Scientist and Program Officer. The role of the Steering Committee is to coordinate and oversee the Multicenter Study and harmonize and synergize the Clinical Research Center (CRC) Studies. The NIH-appointed Observational Safety
Monitoring Board includes experts in neonatology, specifically ventilatory control, intensive care, bioethics and biostatistics and provides independent ethical and safety oversight at regular intervals, presided over by the Executive Secretary: a member of NHLBI Program Staff.

Leadership Data Coordinating Center (LDCC): The roles of the LDCC at the University of Virginia (UVA) are to organize and oversee the regulatory and logistic aspects of the multicenter protocol, to assist centers in collecting and storing cardiorespiratory signals from bedside monitors and to propose and implement the multicenter protocol to quantify disordered breathing. The LDCC Clinical Trials Office manages the clinical database including designing the electronic case report forms, providing support for standardization of definitions, training Center Research Coordinators in clinical data collection, and performing regular data quality monitoring and analysis. The LDCC Biorepository and Tissue Research Facility receives and stores buccal swab specimens and extracts, quantifies, measures quality of and stores DNA samples from each infant and both parents consented for the Pre-Vent Multicenter Study.

Clinical Research Centers (CRC): The Pre-Vent study consists of 5 Clinical Research Centers. Each CRC will conduct a site-specific study and contribute cardiorespiratory monitoring data for the collaborative multicenter protocol.

Committees: The LDCC organizes monthly Steering Committee teleconference meetings and twice yearly in-person meetings at the NIH. The Clinical Database Committee developed the REDCap clinical database and addresses questions about data collection. The Data Acquisition Committee provided initial plans for storing the cardiorespiratory monitoring (CRM) data locally and distributing analytics, and continually monitors these processes to ensure valid data collection. The Auxiliary Studies Committee established a policy for reviewing and approving proposed auxiliary studies. The Publications Committee developed guidelines for authorship and a process for review and approval of manuscripts and abstracts prior to submission for publication or presentation. The Physiologic Response Assessments Committee holds in-person and teleconference meetings of the Centers performing physiologic response testing in order to harmonize and standardize all tests and data collection performed at more than one Center. The Protocol Review Committee reviews all proposed modifications in the universal and site specific protocols and makes recommendations to the Steering Committee. Lastly, the Study Coordinators Committee holds conference calls discussing issues relating to the Research Coordinators from each Center.

Multicenter Study

The objective of the Pre-Vent Multicenter Study is to develop a predictive model of short-term respiratory outcomes in extremely preterm infants, based on quantitative analysis of NICU cardiorespiratory monitoring data.

Protocol—The multicenter prospective observational study includes >500 preterm infants <30wks with at least 90% <29 weeks. Inclusion criteria include <1wk chronological age at
the time of enrollment. Exclusion criteria include infants with congenital or chromosomal anomalies and those who are unlikely to survive. The protocol uses only standard of care clinical measurements (ie. bedside electrocardiogram, heart rate, respiratory rate, pulse oximetry), questionnaires and buccal DNA collection to provide minimally intrusive, highly detailed data collection on a very large cohort. Figure 2 is a timeline of the protocol. Waiver of consent was approved by the UVA IRB and three of the five CRC IRBs for standard of care clinical measurements while two CRCs preferred to use consent forms. All CRCs acquired consent for questionnaire and buccal DNA collection.

**Data collection, management and analysis**

**Clinical Data:** Using data collection forms designed by the Clinical Database Committee, the UVA Clinical Trials Office created a centralized REDCap database system, [project-redcap.org](http://project-redcap.org). Each CRC contributes local data daily using a web-based interface. Maternal and infant medical records are reviewed for demographics, daily respiratory support and medications, nutritional support, neurologic imaging, retinopathy of prematurity outcomes, and other data related to common preterm morbidities. An inpatient questionnaire is used to collect family history of asthma, allergies, eczema, sudden infant death, cyanosis, and snoring. A 52 weeks post menstrual age (PMA) questionnaire is performed including clinical, medication, nutrition, environmental and respiratory information.

Individual centers retain constant access to their own data. In addition, all centers maintain an independent, customized, local REDCap database that is specific to their single CRC data acquisition including a mirror of the central REDCap database. The centralized database allows for real-time monitoring of Multicenter data entry by the UVA Clinical Trials Office in conjunction with the LDCC, while the CRCs’ mirror databases allow easy integration of Multicenter data with CRC-specific data at the local level, without requiring double data entry.

**Cardiorespiratory Monitoring Data:** The LDCC coordinates data collection at each CRC which involves customized management and analysis. A summary highlighting differences among CRCs is shown in Table 2. Conversion to a common data format is the first and nontrivial step in distributing analytic tools. Algorithms developed for UVA and other specific systems may need to be modified to adjust for variations in sample frequency, data resolution, and amount of noise in the measurements.

This is a Big Data project – each infant produces up to 200MB per day of data from the bedside monitor, and we estimate the entire data set to be tens of TB. The Pre-Vent group is taking a new approach to multicenter Big Data collaborative studies. Rather than sending all the data to a central site for analysis, the LDCC will provide analytics software to the CRCs. The advantages are that data remain securely local while the analyses are performed in identical fashion at each CRC.

In addition to the sheer size of the signal data, the variety of monitors, data collection systems, and IT infrastructure across the five CRCs presents many challenges. To address this issue, the LDCC has developed a common file format to store the waveform and vital sign data as well as a GUI to allow remote CRCs to visualize this data in a common way.
Quantitative breathing record—LDCC investigators have developed numerical tools for quantitative detection of immature breathing (Figure 4). This allows us to identify, count and characterized episodes of central apnea and periodic breathing. Development plans included validation of >100 events by multiple clinicians with >90% diagnostic accuracy. Prior to Pre-Vent, these tools were used to investigate central apnea, periodic breathing, cardiorespiratory interaction and stochastic models in a large group of premature infants (11–15). The major findings were that apnea and periodic breathing have distinct time courses, increased apnea was associated with acute but not chronic illness, periodic breathing, if very prolonged, was sometimes associated with morbidity, and that the heart and lungs were progressively more coupled with post-natal development. In addition to metrics calculated directly from the waveforms, LDCC algorithms will calculate features from the discrete vital signs data including, for example, counts of events of intermittent hypoxemia and cross-correlation between heart rate and SpO$_2$ (11). These tools will be used to analyze cardiorespiratory monitoring data from the 5 CRCs and new algorithms developed at the LDCC or CRCs can also be tested.

Analytical approaches—Analyses will be conducted using observational research designs. The primary statistical model formulation will incorporate predictor variables from cardiorespiratory monitor data to detect and characterize immature breathing patterns. The products are statistical models to estimate the state of maturation and to predict future burdens of immature breathing. Precision of estimates from the statistical model of burden of apnea (and other states of immature breathing) will be measured by the bias, standard error, mean-squared error and the coefficient of determination (r-squared). The statistical performance of the developed models will be assessed from multiple perspectives, by applying the developed models in independent validation populations within and between CRCs. The calibration of the model predictions will be assessed across increments of the full range of predicted values by comparing observed to expected cases, for the purpose of describing ranges of prediction where the model predictions are off-calibrated. Discrimination will be assessed using receiver operating characteristic curves. The proportion of the variability explained will be assessed by comparing the global model log-likelihood obtained for models excluding all covariate effects to that obtained with all included covariates.

Outcomes—There are two primary outcomes for the Pre-Vent multicenter protocol. The primary clinical outcome is respiratory status at 40 weeks PMA classified as unfavorable (receiving supplemental oxygen or flow/pressure respiratory support or respiratory medications), or favorable (none of the unfavorable conditions).

The primary physiological outcome is a quantitative measure of immature breathing patterns (central apnea and periodic breathing) and cardiorespiratory events (hypoxemia, bradycardia), as plotted on a standard curve of scores for gestational age-matched infants at 36–37 weeks PMA. This fulfills a central goal, to define what is normal in terms of frequency and severity of apnea and cardiorespiratory instability events (bradycardia, hypoxemia) across a spectrum of gestational and postmenstrual ages, modes of ventilatory support and supplemental oxygen. Knowing the ranges of normal will facilitate studies
relating exaggerated immature breathing patterns or cardiorespiratory instability events with chronic respiratory dysfunction and other adverse outcomes in extremely preterm infants. From legacy data the LDCC has fashioned a clinical tool based on the familiar infant growth chart (Figure 3). The new infant breathing chart plots percentiles as a function of age for the number of apnea ≥10 sec accompanied by bradycardia and intermittent hypoxemia (top) and the proportion of time spent in periodic breathing in 355 infants <29wks GA (bottom). The anticipated use is that of the growth curve – events are measured from analysis of the monitor data, and the results are compared to the chart. A larger than expected rate of events might lead to reconsideration of the respiratory support of the infant, and an acute increase might lead to consideration of subacute potentially catastrophic illnesses such as sepsis or necrotizing enterocolitis.

Secondary respiratory outcomes include prolonged immature control of breathing, time on respiratory support and medications, chronic lung disease, wheezing, and pulmonary hypertension. Infants will be followed until NICU discharge and 52 weeks PMA. Non-respiratory secondary outcomes will also be assessed in relation to apnea and chronic lung disease, including sepsis, necrotizing enterocolitis, retinopathy of prematurity, and neurologic outcomes. Every record is inspected for the means of respiratory support, and clinical events of sepsis or necrotizing enterocolitis, rather than relying on database queries that are often incomplete or inaccurate. We anticipate that this approach will result in more accurate event identification, making predictive algorithms more robust in real-world use. Thus, an important product of Pre-Vent is an annotated database of clinical outcomes matched to cardiorespiratory monitoring data.

**Clinical Research Center Studies**

Each CRC will contribute cardiorespiratory monitoring data for the collaborative multicenter study as previously discussed. In addition, each CRC will perform center specific protocols with the corresponding timelines shown in Figure 2.

**University of Alabama Birmingham**—The overall goal of the research project is to determine in individual extremely preterm infants the risk for hypoxemic and/or bradycardic episodes and longer-term outcomes such as BPD, BPD with pulmonary hypertension, and feeding support at 3 months corrected age, and identify interventions that may prevent or reduce such outcomes. This protocol seeks to develop and validate mathematical models of ventilatory patterns based on multiparametric vital signs (HR, RR, SpO₂) monitoring and signal analysis methods to predict hypoxemic and/or bradycardic episodes in 100 individual infants before they occur (on multiple time scales ranging from seconds to hours) and identify patterns of ventilatory abnormalities associated with BPD, BPD associated with pulmonary hypertension, as well as feeding support at 3 months corrected age. An additional goal is to determine if late mild permissive hypercapnia (increasing TcCO₂ by 5 mm Hg, while maintaining pH>7.2) is associated with reduction in apnea, bradycardia, and hypoxemic episodes and improved stability of oxygenation. Finally, this proposal seeks to determine if randomization to a servo-controlled oxygen environment versus oxygen administered by nasal cannula is associated with reduction in IH and improved oxygen
stability. Algorithms (16,17) that are being developed will be employed to predict and assess the risk in enrolled preterm infants.

**Case Western Reserve University**—The primary objective of this protocol is to assess the association between patterns of IH (ie frequency, duration, severity and timing) and clinical outcomes (18) in 150 infants ≤30 6/7 wks GA focusing on NICU length of stay and wheezing up to 6 months corrected age. The secondary objective is to explore candidate biochemical markers associated with patterns of IH, specifically serotonin metabolites and markers of oxidative stress (19) derived from serum and urine samples hypothesizing that IH events at one week and one month of age will be associated with decreased serotonin levels and increased markers of oxidative stress. The findings of this proposal may provide insight into specific patterns of IH that are associated with prolonged hospitalization and respiratory morbidity and identify possible IH induced mechanistic pathways that initiate a pathological cascade.

**University of Miami**—Extremely premature infants have persistent respiratory instability, which is likely due to an altered maturation of the control of breathing (CoB) system. Experimental animal data indicates that IH and hyperoxemia during the neonatal period can alter the development of the CoB. This study will evaluate the extent to which exposure to IH and hyperoxemia, or both, during the neonatal period are associated with altered maturational trajectory and/or impaired function of the CoB system in extremely premature infants. Ventilatory response to high inspired oxygen (Dejours test) and inspired carbon dioxide will be evaluated to assess peripheral and central chemoreceptor function at 32 and 36 wks PMA in 105 premature infants of 23–28wks gestational age (20). These data will be used to delineate the maturational trajectory of their CoB system and will be correlated to the degree of exposure to IH and hyperoxemia during the 2nd through 4th postnatal weeks. This study will also determine the extent to which alterations in CoB function are associated with respiratory and oxygenation instability at near term corrected age. Lastly, the study will determine the prevalence of different mechanisms of IH and examine their contribution to respiratory instability in this population. This study will provide new insight into the etiology of the persistent respiratory instability in this population and will improve our understanding of the consequences of abnormal oxygen levels during the neonatal period. The findings of this investigation may also open new avenues to develop novel strategies to improve respiratory stability in this vulnerable population.

**Northwestern University**—This protocol will use comprehensive, state-of-the-art, high-fidelity monitoring to investigate physiological biomarkers of autonomic neurorespiratory maturation with integrated analysis of autonomic nervous system (ANS) responses in preterm infants, and evaluate their role in ventilatory instability, BPD, and co-morbidities in the first year of life. High-resolution, integrated physiologic monitoring will be performed at: 28, 32, and 36 wks PMA, and at 3 and 12 months corrected age. These recordings will last up to 24 hours at the NICU recording time points (28, 32, 36 wks PMA) and 4 hours for the outpatient testing time points. High-resolution physiologic recordings are used to establish the spectrum and developmental trajectory of ANS maturation and function throughout the first year. Recorded signals will include: electrocardiogram (ECG),
respiratory inductance plethysmography (RIP) of chest and abdomen, individually and summed, SpO₂ and pulse waveform, end tidal and transcutaneous carbon dioxide (EtCO₂ and TcPCO₂) and waveform, blood pressure (BP), cerebral near-infrared spectroscopy (cNIRS), as well as sleep state staging measures including electroencephalogram (EEG), electromyogram (EMG), and electro-oculogram (EOG). Establishing the role of autonomic neurorespiratory maturation in stability of oxygenation and ventilation throughout the first year of life will provide insight into pathogenesis of chronic respiratory disease, allow prospective identification of at-risk infants, and permit development of mechanism-specific interventions.

**Washington University**—This protocol seeks to leverage the continuously recorded oxygen saturation and analyze the impact of hypoxia and hyperoxia, whether intermittent or continuous, on the maturation of the components of the ventilatory control apparatus, as manifest by loop gain and carotid body activity function in 100 to 110 preterm infants. At 36 weeks physiologic tests will be performed to assign one of 4 ventilatory phenotypes to each infant tested. The multi-dimensional phenotype of bronchopulmonary dysplasia/chronic lung disease will be defined by passing or failing a physiologic test in which infants on supplemental O₂ breathe room air and infants already on room air breathe a mildly hypoxic gas. Earlier studies suggest that these physiologic tests can determine the relative contributions of immature ventilatory control mechanisms and parenchymal lung disease to the infant’s ability to maintain respiratory pattern, rate and oxygen saturation. A sample size of ~ 100 will allow for more rigorous exploration and to establish the association, if any, between loop gain and the potential for respiratory pattern instability. In addition, the transient hyperoxia test(21) will be used to determine the contribution of the peripheral chemoreceptors to ventilatory drive. Potential correlations between spontaneously occurring intermittent hypoxemia events during development and peripheral chemoreceptor function, loop gain or respiratory pattern instability will also be explored. These analyses will allow for identification of infants requiring supplemental O₂ or additional support because of immature respiratory control. Prolonged polysomnographic recordings will not be needed. Rather, brief studies during quiet sleep, with sigh analysis will allow for identification of infants with strong propensities for respiratory pattern instability.

**Interactions of Clinical Research Center and Multicenter protocols**

The Multicenter study and CRC studies share a common goal of investigating mechanisms of ventilatory control (e.g. chemoreceptor, mechanoreceptor, developmental, etc.) that contribute to instability of oxygenation and risk of morbidity and mortality in premature infants. Multicenter data in the central REDCap database and the central storage of CRM result files are readily available by request to each CRC for use in their 5 approved CRC studies. Data and specimens relevant only to a CRC’s studies will be entered and maintained locally. CRCs can recruit additional infants for their approved CRC studies, including some born between 29–30 weeks per the FOA, and can obtain additional history, physiologic response tests, biospecimens or other data not collected by the Multicenter consortium. CRCs are encouraged to share this local data with other CRCs. Multicenter data may be available to Pre-Vent investigators and other investigators for studies outside the scope of the
5 NIH-approved CRC studies by applying through the Pre-Vent Auxiliary Studies Committee.

**Biomedical sample repository**—The goal of the DNA biorepository is to provide a source of DNA from subjects and their parents for future investigation of genetic and epigenetic contributions to adverse outcomes or resilience following birth at extremely low gestational ages. The Pre-Vent DNA collection will add to the availability specimens that are linked with highly phenotyped, extremely low birthweight infants in order to investigate the genetic basis of prematurity and its associated consequences. The LDCC in conjunction with the biorepository (UVa Biorepository and Tissue Research Facility) established standardized procedures for cross-sectional DNA collection (buccal swabs), processing, and central storage. The Pre-Vent Auxiliary Studies Committee formalized a protocol to allow Pre-Vent related researchers to request DNA samples while stored at the Biorepository and Tissue Research Facility based on justification and feasibility of the proposed assays, and independent funding to analyze the samples and the resulting data (22). At the end of the study, DNA will be transferred to NHLBI’s BioLINCC (23), and access will be allowed under BioLINCC’s review process.

**Discussion**

The aim of the Pre-Vent Multicenter Study is to develop a predictive model of short-term respiratory outcomes in extremely preterm infants, based on quantitative analysis of NICU cardiorespiratory monitoring data. The study is a large-scale epidemiologic analysis that will serve to develop a personalized quantitative breathing record and also provide normative data for this cohort of vulnerable infants at risk of respiratory complications. It will also be an outstanding platform for sharing analytics as this will be the first study where the data gathered will be available at each CRC rather than at a centralized data repository.

The overall charge of Pre-Vent is to elucidate the interactions between immature control of breathing and chronic respiratory morbidities in preterm infants. Utilizing cardiorespiratory monitoring waveform data collected at each center, the five collaborating centers will work together to characterize how multiple, seemingly unconnected components of immature respiratory control contribute to later pulmonary and neurodevelopmental morbidity. Three of the centers will further investigate the resilience and function of the central and peripheral components of the respiratory control system in these infants, and others will evaluate biomarkers to understand indices of autonomic dysfunction.

This use of Big Data techniques offers the opportunity to gain insights into the pathogenesis of respiratory disorders of prematurity and discovery of new targets for prevention and treatment as well as serve as a predictor of respiratory disease. Mathematical algorithms developed in Pre-Vent may lead to standardized interpretation of data and identification of optimal interventions based on specific identified cardiorespiratory patterns. For example, clinicians can plot the numbers of apnea, bradycardia and intermittent hypoxemia events and the burden of periodic breathing on the gestational quantitative breathing curves for individual infants, and gain insight into the rate of maturation of respiratory control, the mechanism of respiratory dependency (ie ventilatory control vs lung or airway disease) and...
the need for a specific modality of respiratory support (ie respiratory stimulant, diaphragmatic triggering, pressure support, oxygen or bronchodilator) in the near future. Identification of specific cardiovascular, respiratory and ventilatory phenotypes from the analysis of large amounts of continuously recorded data would help interpret the significance of apneas, bradycardias and desaturations in premature infants and could ultimately lead to personalized therapies.

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Figure 1.
Organizational chart for Pre-Vent.
Figure 2.
Timeline for data collection in the Pre-Vent multi-center and single center protocols.
Figure 3.
Percentile chart for control of breathing. Data from 355 infants of EGA <29 weeks are represented. Each line marks the designated percentile (95<sup>th</sup>, 90<sup>th</sup>, 75<sup>th</sup>, and 50<sup>th</sup>) of number of apnea >10 sec with accompanied bradycardia and hypoxemia, measured as O<sub>2</sub> desaturation (ABD, top panel) or epochs of periodic breathing (bottom panel). Thus, infants in this EGA category have a median of fewer than 2 ABD events, peaking around week 28 post-menstrual age, and more than 14 events would be very abnormal. Likewise, they have a median of less than 1% total time in periodic breathing, peaking around week 34, and more than 7% would be very abnormal.
Figure 4.
A quantitative breathing record for an episode of central neonatal apnea (A) and of periodic breathing (B). In each, the top three tracings are as shown on the bedside monitor: heart rate, oxygen saturation (SpO₂) and chest impedance (CI). The bottom three time series are generated by numerical algorithms developed at the College of William and Mary whose results were validated clinically: filtered CI, probability of apnea and an index of periodic breathing (PB). In A, the long apnea is accompanied by bradycardia (heart rate 100) and desaturation (SpO₂<80%), and the PB index remains below a threshold for detection. In B, the seven regularly spaced apneas lead to neither bradycardia nor desaturation, but the PB index exceeds the threshold for detection.
Table 1.
Inclusion and exclusion criteria for Pre-Vent enrollment.

| Inclusion criteria                  | Exclusion criteria                           |
|-------------------------------------|----------------------------------------------|
| <29 weeks gestational age           | Unlikely to survive or decision not to pursue full care |
| < 1 week chronological age          | Major congenital or chromosomal anomaly      |
## Table 2.
Summary highlighting differences among CRCs

| CRC                          | Monitor                  | Data Collection System          | ECG (Hz) | Respiratory (Hz) | Block Size (seconds) | \(\text{SpO}_2\) % Res |
|------------------------------|--------------------------|---------------------------------|----------|------------------|----------------------|------------------------|
| Case Western Reserve University | SpaceLab                 | LabView                         | 200      | 200              | 1                    | 0.1                    |
| University of Miami          | Philips                   | MediCollector/Data Warehouse    | 250      | 62.5             | 1.024                | 0.1                    |
| Northwestern University      | Philips                   | MediCollector/BedMaster         | 250      | 62.5             | 1.024                | 1                      |
| Washington University        | Philips                   | BedMaster                       | 250      | 62.5             | 1.024                | 0.1                    |
| University of Alabama        | Philips                   | BedMaster                       | 125      | 125              | 1                    | 1                      |
| Birmingham                  |                          |                                 |          |                  |                      |                        |