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Interaction of N-acetyl-L-cysteine with Na$^+$, Ca$^{2+}$, Mg$^{2+}$ and Zn$^{2+}$. Thermodynamic aspects, chemical speciation and sequestering ability in natural fluids

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This work is dedicated to the memory of Prof. Alessandro De Robertis, who passed away on March, 24th 2020. He was a colleague and a friend for all of us.

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A B S T R A C T

The estimation of thermodynamic parameters of N-Acetyl-L-cysteine (NAC) protonation were determined in NaCl(aq), (CH$_3$)$_4$NCl(aq), (C$_2$H$_5$)$_4$NI(aq) employing various temperature and ionic strengths conditions, by potentiometric measurements. The interaction of NAC with some essential metal cations (e.g., Ca$^{2+}$, Mg$^{2+}$ and Zn$^{2+}$) was investigated as well at 298.15 K in NaCl(aq) in the ionic strength range 0.1 ≤ I/mol dm$^{-3}$ ≤ 1.0. The values of protonation constants at infinite dilution and at T = 298.15 K are: log $K_1^0$ = 9.962 ± 0.005 (S-H) and log $K_2^0$ = 3.347 ± 0.008 (COO-H). In the presence of a background electrolyte, both log $K_1^0$ and log $K_2^0$ values followed the trend (C$_2$H$_5$)$_4$NI ≥ (CH$_3$)$_4$NCl ≥ NaCl. The differences in the values of protonation constants among the three ionic media were interpreted in terms of variation of activity coefficients and formation of weak complexes. Accordingly, the determination of the stability of 4 species, namely: Nal$^-$. NaHiL0$^0$, (CH$_3$)$_4$NL$^-$, [(CH$_3$)$_4$NH]$^+$ was assessed. In addition, as regards the interactions of Mg$^{2+}$, Ca$^{2+}$ and Zn$^{2+}$ with NAC, the main species where the ionic strength $i.e.$, $\text{ML}^{2+}$, $\text{ML(OH)}^{-}$, and $\text{ML}^{3+}$, that were found to be important in the chemical speciation of NAC in real multicomponent solutions. The whole set of the data collected may be crucial for the development of NAC-based materials for natural fluids selective decontamination from heavy metals.

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1. Introduction

N-Acetyl-L-cysteine (NAC, Scheme 1) is an amino-acid derivative of cysteine, a precursor of the antioxidant enzyme glutathione. In medicine, NAC has been used for more than 30 years [1,2], mostly as a mucolytic, since it may be used to help clear mucus in cystic fibrosis, pneumonia, and in tracheostomy care [3,4]. Looking for the topic “N-acetylcysteine” on scientific databases more than 10,000 papers can be found, meaning that NAC is involved in various active fields of investigation.

Currently, NAC is used in treatment for acute poisoning with acetaminophen, restoring protective levels of glutathione (GSH) [5], yet NAC is employed in many other pharmaceuticals applications: NAC produces antiviral activity in HIV patients [6]; as antioxidant [7], it is used in combination with sodium bicarbonate in the prevention of contrast-induced nephropathy after cardiac catheterization, although this is still controversial [8], in several psychiatric disorders [9–11] or liver cirrhosis treatments [12]. In addition, NAC has been studied also in other medical correlated fields, such as in [13] where NAC zinc salt is described as therapeutic agent of type 2 diabetes mellitus in place of synthetic pharmaceuticals, or in [14] regarding the generation of contrast through chemical exchange saturation transfer (CEST). Recent studies showed potential use of N-Acetyl-L-cysteine as dietary supplements to protect high-risk populations from the carcinogenicity of aristolochic acids [15], from toxicity of silver nanoparticles [16,17], and as inhibitor of muscle fatigue in humans [18]. Among the large amount of studies on NAC biological activity [19–22], some researchers envisaged its potential as a supplementary nutraceutical to provide protection against influenza and other RNA viruses, including coronavirus, mitigating the symptoms of infections [23]. Furthermore, NAC is also known to limit damages coming from heavy metals exposure of humans, both by reducing oxidative stress, being, as said, a strong free radicals scavenger, as well as by promoting the toxicants excretion by chelation [24–26]. It is also worth to note that, although NAC has been found to remove heavy and radioactive metals from tissues, it does not seem to enhance the releasing of essential metals, such as calcium, magnesium, zinc etc., from body [26] and references therein. Since no significant side effects have been ascertained in the use of NAC as a drug, and due to its capability to interact with metals and other chemicals, it is being tested for

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environmental applications. Accordingly, it has been assessed that NAC displays a great potential as efficient and safe agent for organic contaminants removal from shellfish [27]. However, few examples are available, yet very promising, where NAC-functionalized materials were easily synthesized and investigated in the separation of uranyl ions from radioactive effluents [28], in the sequestration of Hg$^{2+}$ from petrochemical wastewater [29] and for Cd$^{2+}$ and Pb$^{2+}$ removal from biological and environmental media [30]. With the aim of exploring the potential of NAC as active compound to be implemented in new materials to mitigate heavy metals contamination, a preliminary investigation has been carried out, to ascertain and quantify the nature and extent of its interactions with naturally occurring metal cations and at specific conditions of real multicomponent solutions. A suitable extraction strategy should involve the use of an extractant that can efficiently compete with other ligands present in the specific aquatic system, while being both able to concentrate extremely diluted contaminants and to be selective towards the target species over other essential cations. From this viewpoint, it is clear how crucial is the estimation of all the possible interactions, including the weakest, and their relative extent, in a complex mixture, to develop a remediation material applicable in real systems. Thermodynamic studies on the complexation of heavy metals and other important cations by NAC may address this issue and help to design more selective and robust sorbents. Unfortunately, not so many investigations are reported on the chemistry of NAC, mostly on the thermodynamic equilibria in aqueous systems. Few and quite scattered are the investigations on Hg$^{2+}$, Zn$^{2+}$, Pb$^{2+}$ and other metal cations [31–35]. Bearing this in mind, this study is focused on the potentiometric determination of the protonation constants in three different media (NaCl(aq), (CH$_3$)$_4$NCl(aq), (C$_2$H$_5$)$_4$NI(aq)) at different ionic strengths and temperatures, aiming to assess the stability of weak species that NAC may form with Na$^+$. In addition, the stability constants of NAC with Ca$^{2+}$, Mg$^{2+}$ and Zn$^{2+}$ were also determined in similar experimental conditions. The data reported in this work may be very important to elucidate the chemical speciation of NAC in real multicomponent solutions (e.g. sea water) and the possible role of its complexes with Na$^+$, Ca$^{2+}$, Mg$^{2+}$ and Zn$^{2+}$, in order to provide useful information to develop specific sorbents able to selectively interact with heavy metals avoiding essential metals depletion in natural fluids.

2. Experimental section

2.1. Chemicals (see sample table)

The NAC solutions were prepared by weighing pure N-Acetyl-L-cysteine. The solutions of metal cations were prepared weighting the proper chloride salts (CaCl$_2$·2H$_2$O, MgCl$_2$·6H$_2$O and anhydrous ZnCl$_2$) and the concentration of metals was checked by titration with standard EDTA solution. Sodium chloride (NaCl) was prepared by weighing the pure salt dried in an oven at $T = 383 \pm 2$ K for 2 h. Tetramethylammonium chloride ((CH$_3$)$_4$NCl) and tetraethylammonium iodide ((C$_2$H$_5$)$_4$NI) were recrystallized from methanol [36]. Hydrochloric acid (HCl), sodium hydroxide (NaOH), tetramethylammonium hydroxide ((CH$_3$)$_4$NHOH) and tetraethylammonium hydroxide ((C$_2$H$_5$)$_4$NH) solutions were prepared from concentrated ampoules and standardized using sodium carbonate and potassium biphthalate, respectively, previously dried at $T = 383 \pm 2$ K in an oven at least for 1 h. NaOH, (CH$_3$)$_4$NNOH and (C$_2$H$_5$)$_4$NNOH solutions were stored in dark bottles and preserved by CO$_2$(g) through soda lime traps. Grade A glassware and CO$_2$-free analytical grade water ($p = 18$ M$\Omega$ cm) were employed in the preparation of all the solutions. The chemicals were purchased from Merck Italy at the highest purity available (see Table 1).

2.2. Potentiometric equipment and procedure

Potentiometric measurements were performed by using two independent automatic titration systems described elsewhere [37], following the guidelines reported by Bottari et al. [38]. The estimated accuracy for both systems was ±0.15 mV for e.m.f. and ± 0.002 cm$^3$ for titrant volume readings. Devices were connected to a PC and the titrations were carried out using the Metrohm TITROMET 2.5 software to control titrant delivery, data acquisition and e.m.f. stability. For the evaluation of the protonation constants, a volume of 25 cm$^3$ of the titrand solution, containing NAC ligand (5 ≤ c$_i$/mmol dm$^{-3}$ ≤ 15), HCl (2 ≤ c$_i$/ mmol dm$^{-3}$ ≤ 10) and the supporting electrolyte (NaCl, or (CH$_3$)$_4$NCl, (C$_2$H$_5$)$_4$NI at different ionic strengths) was titrated with standard NaOH or (CH$_3$)$_4$NNOH or (C$_2$H$_5$)$_4$NNOH up to pH = 11.0. For the determination of stability constants, the same procedure was followed, but the metal chloride (0.5 ≤ c$_i$/mmol dm$^{-3}$ ≤ 2.0) was added into the titrand solution. All measurements were performed into glass jacket cells thermostated at the desired temperature ($T_r = 0.1$ K), at $p = 0.1$ MPa under magnetic stirring, bubbling pure N$_2$ through the solutions to avoid O$_2$ and CO$_2$ inside. Glass electrode calibration was performed with the Gran’s method by independent titrations of strong acid solutions with standard base under the same medium and ionic strength conditions of the systems under investigation, in order to determine the standard electrode potential ($E^0$) and the acidic junction potential ($E_j = j_0 [H^+]$). Accordingly, the pH scale used was the free one, pH = − log [H$^+$], where [H$^+$] is the free proton concentration. The reliability of the calibration in the alkaline range was checked by calculating the appropriate pK$_{w}$ values. For each titration, 70 to 90 data points were collected. All the potentiometric titrations performed are available as Supporting information (MS Excel file).

### Table 1

| Chemical                  | CAS n°   | Purification | Assay (mass) |
|---------------------------|----------|--------------|--------------|
| Sodium chloride           | 7647-14-5| NO           | ±99%         |
| Tetramethylammonium chloride | 75-57-0  | [36]         | ±99%         |
| Tetraethylammonium iodide | 68-05-3  | [36]         | ±98%         |
| Hydrochloric acid         | 7647-01-0| NO           | ±99%         |
| Tetramethylammonium hydroxide | 10424-65-4| NO     | −10%*        |
| Tetraethylammonium hydroxide | 77-98-5  | NO           | −10%*        |
| Sodium hydroxide          | 1310-73-2| NO           | ±99%         |
| Potassium biphthalate monobasic | 877-24-7| NO           | ±99.95%      |
| Sodium carbonate          | 407-19-8 | NO           | ±99.95%      |
| Calcium chloride dihydrate | 10035-04-8| NO     | ±99%         |
| Magnesium chloride hexahydrate | 7791-18-6| NO           | ±99%         |
| Zinc chloride anhydrous   | 7646-85-7| NO           | ±98%         |
| N-acetyl-L-cysteine       | 616-91-1 | NO           | ±99%         |

* Value refers to the concentration in the solutions. On the dry basis, their assay is ±99.5% (mass).
2.3. Calculations

The computer program BSTAC4 [39], that minimizes the sum of square errors in electromotive force values, was used to refine the protonation and formation constants. To draw speciation diagrams and to calculate species formation percentages, HySS program was used [40]. To fit linear and non-linear equations for the dependence on ionic strength, LIANA program was used [39]. ES2WC software [41] was employed to determine the stability of the weak species formed between the ligand and the supporting electrolyte inputting the values of the protonation constants at various ionic strengths obtained in different ionic media in the molar concentration scale.

Along the text, for simplicity, units of measurement of the arguments of logarithms will be omitted. However, it remains implied that the arguments relating to equilibrium constants (K_{ij}) are divided by their unit of measurement, i.e. mol kg^{-1} (H_2O).

All the equilibrium constants determined in this work refer to the equilibria:

\[
iH^+ + L^{2-} = H_iL^{(i-2)} \quad \beta_{iH}^{i} \tag{1}
\]

\[
H^+ + H_{i-1}L^{(i-1)-2} = H_iL^{(i-2)} \quad K_i^H \tag{1a}
\]

\[
iH^+ + M^{i+} + L^{2-} = MH_iL^{(i-2)} \quad \beta_{MHL} \tag{1b}
\]

\[
M^{i+} + H_iL^{(i-2)} = MH_iL^{(i-2)} \quad K_{MHL} \tag{1c}
\]

where Eqs. (1)–(1a) regards protonation constants and Eqs. (1b)–(1c) are related to metal complex formation constants. When \( i < 0 \) and no ligand is involved, Eq. (1b) refers to metal hydrolysis constant (\( \beta_iL \)). Throughout the paper, errors associated to directly measured variables (e.g., temperature, ionic strength, \( \text{pH} \)) are given as standard uncertainties, those associated to quantities derived from fitting procedures are given as 95% confidence interval (1.96 · s.d.). The conversion from the molar (mol dm^{-3}) to the molal [mol kg^{-1}(H_2O)] concentration scale was performed using the appropriate density values [42].

The sequestering ability of N-Acetyl-L-cysteine towards Zn^{2+} has been assessed by means of pL_{0.5} calculations in various conditions. As detailed elsewhere [43], pL_{0.5} is a semiempirical parameter representing the total concentration of a ligand (L, as -log \( c_L \)) required to bind the 50% (as mole fraction, \( x_M = 0.5 \)) of a given component (M) in a given solution when \( c_M = 0 \). By plotting the fraction of M (fixing \( c_M = 10^{-10} \text{ mol dm}^{-3} \)) bound to L vs. -log \( c_L \) a sigmoidal curve is obtained (sequestration diagram), and can be fitted to the Boltzmann-type equation:

\[
x_M = \frac{1}{1 + 10^{pL - pL_{0.5}}} \tag{2}
\]

where \( pL = -\log c_L \) and \( pL_{0.5} \) is the only adjustable parameter. Like other “p” functions (e.g. the pM), the higher the \( pL_{0.5} \), the greater the sequestering ability.

2.4. Data analysis

The experimental data of this work and the literature findings constitute the dataset on which all the calculations are carried out. The differences in the values of protonation or complex formation constants obtained at different temperatures, ionic strengths and ionic media may be interpreted in two ways: the first one is a hybrid chemico-physical model in which the dependence of the equilibrium constants on ionic strength and ionic medium is a function of the variation of activity coefficients. Accordingly, their values depend on the nature of the species and on the molal concentration of the background electrolyte (e.g. Debye–Hückel, SIT [44–48]). This approach can be considered the best choice for the modeling in a single ionic medium (e.g. NaCl(aq)) or when ionic strength is very high. The second approach is a purely chemical model (“weak complex model”), in which the activity coefficients vary with ionic strength according to an equation that is independent of the nature of a species (generally for \( l < 1 \text{ mol dm}^{-3} \)), but only on its charge and the medium effect is interpreted in terms of formation of weak species between the molecule under study and the ions of the supporting electrolyte. From this basis, a background electrolyte, that is assumed to be not (or very weakly) interacting with the molecule under study, is required; for this purpose, when dealing with O- and S- donor ligands, the choice falls on (C_{2}H_{5})_{4}NI(aq) or, more rarely, on (CH_{3})_{3}NCI(aq) [49–59]. Moreover, since this approach is based on the direct comparison of data obtained in different media (the so-called ΔpK method), the use of the molar concentration scale is more reliable [60,61].

The two approaches, although coming from different theoretical backgrounds, provide the same modeling ability and can be used indifferently, yet separately, i.e. paying attention on avoiding their overlapping.

2.4.1. Debye–Hückel and SIT equations

According to the first approach, the dependence of equilibrium constants on ionic strength can be expressed in terms of activity coefficients. As an example, for the protonation constants in Eq. (1):

\[
\log \beta_i^H = \log \beta_i^{H0} + \log \gamma_i + \log \gamma_{H^+} - \log \gamma_{H^{2+}} \tag{3}
\]

where \( \log \beta_i^{H0} \) is the value of the protonation constants of the \( i \)-th step at infinite dilution (superscript “0”) and \( \gamma \) is the activity coefficient of each species (H^+, L^{2-} and H_iL^{(i-2)}) of charge z. The dependence of the activity coefficient of each species on ionic strength can be expressed according to a simple Debye–Hückel type equation:

\[
\log \gamma = -z^2 \cdot A \cdot f(\frac{I}{1 + 1.5 \cdot f(I)}) + f(I) \tag{4}
\]

\[
A = \left(0.51 + \frac{0.856 \cdot (T - 298.15) + 0.00385 \cdot (T - 298.15)^2}{1000}\right) \tag{4a}
\]

When both ionic strength and equilibrium constants are expressed in the molal concentration scale (mol kg^{-1}(H_2O)), Eq. (4) becomes the SIT (Specific ion Interaction Theory) [44–48] equation and \( f(I) = \Delta \xi_i \cdot I \) (the subscript “i” refers to the \( i^{th} \) protonation step). SIT theory assumes that in Eq. (4) the linear term \( f(I) \) depends only on interaction between ions of opposite charge, and this can be expressed as (only for 1:1 salts):

\[
f(I) = \sum \varepsilon \cdot m_{MX} \approx \Delta \xi_i \cdot I \tag{5}
\]

where \( \varepsilon \) is the specific ion interaction coefficient and the sum covers the interactions between the ion under examination and all the ions (M or X) of opposite charge multiplied for their molal concentration (m). When the single activity coefficients of Eq. (3) are as expressed as in Eq. (4), the general equation for the dependence of equilibrium constants on ionic strength is:

\[
\log \beta_i^H = \log \beta_i^{H0} - z^2 \cdot A \cdot \frac{f(\frac{I}{1 + 1.5 \cdot f(I)}) + \Delta \xi_i \cdot I}{f(I)} \tag{6}
\]

\[
z^2 = \frac{\Sigma (\text{charges})^2_{\text{reactants}} - \Sigma (\text{charges})^2_{\text{products}}}{(\text{charges})^2_{\text{products}}} \tag{6a}
\]

The temperature dependence of the protonation constants was considered by means of the well-known following equation:

\[
\log \beta_i^H = \log \beta_i^{H0} - \Delta A \cdot \frac{T}{T_0} \tag{7}
\]
\[
\log \beta_{i0}^H = \log \beta_{i0}^H + \left( \Delta \log \beta_{i0} - z^* \cdot A' \cdot \beta_i^{0.5} / (1 + 1.5 \cdot \beta_i^{0.5}) + \Delta \varepsilon_i \cdot I \right) \]  
(7)

\[
A' = RT^2 \cdot \ln(10) \frac{\partial A}{\partial T} = (1.5 + 0.024 \cdot (T - \theta))
\]  
(7a)

\[
\Delta \varepsilon_i = RT^2 \cdot \ln(10) \frac{\partial \Delta \varepsilon_i}{\partial T}
\]  
(7b)

where \( \log \beta_{i0}^H \) is the protonation constant at infinite dilution ("0" superscript) and at the reference temperature, \( \theta \) (in our case \( \theta = 298.15 \) K), \( \Delta \log \beta_{i0} \) is the enthalpy change of the \( i \)th step at infinite dilution, 52.23 = \( (R \cdot \ln(10)) \) in kJ mol\(^{-1}\), \( A' \) and \( \Delta \varepsilon_i \) are given in Eqs. (7a)–(7b) and the latter is the ionic strength dependence parameters of \( \Delta \log \beta_{i0} \).

Combination of Eqs. (6) and (7) leads to the fitting equation:

\[
\log \beta_i^H = \log \beta_{i0}^H - z^* \cdot A \cdot \beta_i^{0.5} / (1 + 1.5 \cdot \beta_i^{0.5}) + \Delta \varepsilon_i \cdot I \]  
(8)

\[
F_1(T) = (1/\theta - 1/\theta) \cdot 52.23
\]  
(8a)

where \( \log \beta_i^H \) is the protonation constant value at any temperature and ionic strength. Eqs. (6)–(8) are also valid for metal complex formation constants and in the molar concentration scale. In the latter case, \( \Delta \varepsilon_i \) is substituted by \( \overline{C} \), \( \Delta \log \beta_{i0}^\text{stoich} \), \( \Delta \log \beta_{i0}^\text{stoich} \), and \( \Delta \varepsilon_i \) by \( \overline{C} \).

Further details on this equation are given elsewhere [57].

2.4.2. Weak interaction model

As above reported, the weak interaction model adopts the so-called \( \Delta \log K_i^4 \) or \( \Delta \log K_i^4 \cdot \Delta \rho_i^4 \) method, to interpret the differences of the “apparent” protonation constants in “non-interacting” (\( C_2H_5\text{NaCl}(aq) \) in this work) aqueous media and those in an interacting medium (\( \text{NaCl}(aq) \) and (\( C_2H_5\text{NaNCl}(aq) \) in this work). A direct determination of the stability of these species is often hard since they rarely exceed the value of \( \log K = 1.0 \). A detailed description of the basic principles of this approach [41,49,51,54] and some examples can be found, for example, in refs [50,52,55–59]. Briefly, for a simple monoprotic acid (HL), the lowering effect of the “apparent” protonation constant (\( K_i^\text{app} \)) in an “interacting” medium (e.g., \( \text{NaCl}(aq) \)) with respect to a non-interacting one (\( K_i^4 \)) can be interpreted in terms of formation of a weak complex (whose stability constant is \( K_{\text{MHL}} \)) between the deprotonated ligand and the cation of the supporting electrolyte (at the concentration \( c_M \)):

\[
\log K_i^\text{app} = \log K_i^4 - \log \left( 1 + 10^{\log K_i^4} \cdot c_M \right)
\]  
(9)

For polyprotic ligands, a slightly more complicated calculation should be used, even if starting from the basic assumption that the average number of protons bound to a ligand (\( \overline{p} \)) is fixed in given conditions, independently of its expression. This means that it can be indifferently calculated using only the “apparent” overall protonation constants (\( \beta_{i0}^{\text{app}} \), referred to Eq. (1))

\[
\overline{p}^\text{app} = \frac{\sum_i [\beta_{i0}^{\text{app}} [H^+]^i]}{1 + \sum_i [\beta_{i0}^{\text{app}} [H^+]^i]}
\]  
(10)

or by the “effective” protonation and complex formation constants (\( \beta_{i0} = \beta_{i0}^H \)):

\[
\overline{p} = \frac{\sum_i [\beta_{i0} \cdot M^+] [H^+]^i}{1 + \sum_i [\beta_{i0} \cdot M^+] [H^+]^i]
\]  
(11)

the equivalence of the two expressions means that the formation constants (of weak complexes) can be calculated by minimizing the function

\[
U = \sum (p - p^\text{app})^2
\]  
(12)

According to this approach, ionic strength dependence of equilibrium constants is given in Eq. (13):

\[
\log K = \log K_0^{\text{app}} - \frac{1}{2} \cdot \beta_i - \log \beta_i - \beta_i / 2 (298.15 K)
\]  
(13)

\[
\log K_0 = \log [H^+] / [H^+] + \log\left( 1 + 1.5 \cdot \beta_i^{0.5} / (1 + 1.5 \cdot \beta_i^{0.5}) + \Delta \varepsilon_i \cdot I \right)
\]  
(14)

where \( \log K_0 \) can be the protonation constant (\( K_i^4 \)) or the weak complex formation constant (\( K_{MHL} \)), \( \log K_0 \) is the same quantity at infinite dilution, \( c_0 \) and \( c_1 \) are the ionic strength dependence parameters common to all the species and \( z^* \) is given in Eq. (6a). It is worth mentioning that this approach is valid at \( T < 1 \) mol dm\(^{-3}\).

Whenever data at different temperatures are available, adjustable parameters of Eq. (13) (i.e., \( \log K_0, c_0, c_1 \)) can be written as follows:

\[
Y_T = Y_0 \frac{\partial Y}{\partial T} (T - \theta)
\]  
(14)

where \( Y_T \) is the value of the parameters at the temperature \( T, Y_0 \) is the value at the reference temperature \( \theta (298.15 K) \) and the partial derivative accounts for the temperature dependence.

This approach seems to be more complex than the previous one since it requires the estimation of the stability of many species in order to cover all the possible interactions occurring in a specific solution (at given \( T \) and \( I \) values). For example, to study the chemical speciation of the \( Zn^{2+}/NAC^2^- \) system in sea water at \( S = 35 \) and \( T = 298.15 \) K, the stability constants of the sea water species (\( H^+, Na^+, K^+, Ca^{2+}, Mg^{2+}, Cl^-, SO_4^{2-}, CO_3^{2-}, OH^- \)) just to mention the most relevant) and the ones coming from any other possible species involving \( Zn^{2+} \) (e.g., \( Zn^{2+}/Cl^- \) and NAC (e.g., \( Ca^{2+}/NAC^2^- \)) should be known at \( S = 35 ~0.72 \) mol dm\(^{-3}\) and \( T = 298.15 \) K. However, according to this approach the ionic strength dependence for these species is often very similar and, for some species with unknown stability, predictive equations are also available (e.g., [54]). For example, in this work the stability of the \( K^+/NAC^2^- \) species is estimated using the corresponding values for the \( Na^+/NAC^2^- \) ones.

3. Results and discussion

3.1. Protonation constants of N-acetyl-L-cysteine

The values of “apparent” protonation constants of NAC obtained in the three ionic media at different temperatures and ionic strengths are reported as Supporting information (Tables S1–S2). During all the steps of the data analysis, the literature data from refs. [33, 34, 62] (see Table S3) were used together with new experimental results here commented for the first time. The dependence of protonation constants on ionic strength obtained in the three ionic media are shown in Fig. 1 (a–b) for the first and second step, respectively. Experimental data are displayed as open symbols, literature ones as solid symbols.

From the data here shown it can be argued that protonation constants values decrease with increasing of ionic strength up to \( I = 0.3 \) mol dm\(^{-3}\), whereas, above this value, the trend is inverted. In both cases, literature data at \( I = 1 \) mol dm\(^{-3}\) seems to be quite low, yet they were considered into the data analysis. As regards the medium effect, the protonation constants in (\( C_2H_5\text{NaCl}(aq) \) are much higher than the ones found in (\( CH_3\text{NaNCl}(aq) \), in turn higher, in a lower extent, than in \( \text{NaCl(aq)} \). This behavior, which is typical of O-donor ligand, indicates that the deprotonated ligand (\( L^2^- \)) interacts with both \( Na^+ \) and (\( CH_3\text{N}^- \), whereas it does not with (\( C_2H_5\text{Na}^- \). The second protonation step
shows similar trend, indicating that also the protonated HL\^− species has the same behavior.

In Fig. 2(a–b), the dependence of the values of the two protonation constants on ionic strength in NaCl\(_{\text{aq}}\) at three different temperatures is given.

Fig. 2 shows that the first protonation constant, which refers to the thiol group, is much more affected by the temperature variation; accordingly, an intense decrease of stability is observed when temperature is increased, as a result of an exothermic process. Moreover, the difference among the curves at the three temperatures is quite independent of ionic strength. The second protonation step, involving the carboxylate group, is much less affected by the temperature variation if compared to log \( \Delta K_{2H} \). However, considering all the curves depicted in Fig. 2b, the presence of a slightly exothermic process can be argued. In fact, data at 318.15 K are undoubtedly lower than the ones found at other temperatures. Contrarily to the first protonation step, this process is more affected by the ionic strength variation.

The influence of temperature in the speciation of NAC in NaCl\(_{\text{aq}}\) is shown in Fig. 3, where the distribution diagram of the NAC species at \( T = 288.15 \text{ K} \) (blue line), 298.15 K (green line) and 310.15 K (red line) is reported at \( I = 0.5 \text{ mol dm}^{-3} \).

The diprotonated \( H_2L \) species is present at pH < 4.5 with similar formation percentages at the three temperatures. The monoprotonated HL\^− species reaches 50% of formation at pH ~ 3 and it is the predominant natural fluids. The formation of the free L species starts at pH ~ 8.0 and reaches the 50% of formation species at pH ~ 9, ~ 9.5 and ~ 10, respectively at \( T = 318.15, 298.15 \text{ and } 283.15 \text{ K} \).

The experimental and literature data (Tables S1–S3) obtained from BSTAC4 in the three ionic media were fitted to Eq. (8) according the data analysis described in Section 2.4.1, and the refined parameters are reported in Table 2. Using 69 datapoints, the mean deviation resulted m.d.e. = 0.04 (in log units), like the experimental errors associated, the mean of the residues is \( m_r = -0.002 \).

Protonation constants calculated at some relevant values of temperatures and ionic strengths are reported in Tables S4–S5.

As regards the data analysis according to the weak interaction model, tetraethylammonium iodide was assumed to be the non-interacting medium and some parameters were fixed. In particular, the value of \( c_0 \) was kept constant to \( c_0 = 0.1 \), according to previous findings [50–52,55,56,58,59], the protonation constants at infinite dilution were set to log \( K_{2H}^{\infty} = 9.937 \) and log \( K_{1H}^{\infty} = 3.274 \) and the gradient for their temperature dependence was obtained by dividing the parameter \( A_{\alpha} \) (Table 2) by 1702 [57], thus \( \partial \log K_{1H}^{\infty} / \partial T = -27.4/1702 = -0.016 \) and \( \partial \log K_{2H}^{\infty} / \partial T = -2.9/1702 = -0.002 \). The dataset used for this analysis is the same as above (only data at \( I < 1 \text{ mol dm}^{-3} \)), but the refinement of the results was carried out, with ESZW software [41], in two steps: the first one with the data in the three ionic media at 298.15 K, to obtain the stability constants of the weak species at infinite dilution and the ionic strength dependence parameter, \( c_1 \), common to all the species (m.d.e. = 0.027); the second step regarded only the data in NaCl\(_{\text{aq}}\) at the three temperatures, once the parameters previously determined were fixed, in order to calculate only the temperature dependence ones (m.d.e. = 0.011). In this way, the four weak species were determined, namely: NaL\^−, NaHL\(_{\text{aq}}^{\infty}\), (CH\(_3\))\(_2\)NL\^−, (CH\(_3\))\(_3\)NL\(_{\text{aq}}^{\infty}\). The whole set of parameters is given in Table 3.
To demonstrate that in terms of chemical speciation the two approaches are absolutely equivalent, two distribution diagrams obtained in the same conditions, namely $I = 1.0 \text{ mol dm}^{-3}$ in NaCl(aq), $T = 298.15 \text{ K}$ are reported in Fig. 4. The first diagram is drawn with “apparent” protonation constants calculated from data in Table 2 (log $K_{i}^{app} = 9.35$ and log $β_{i}^{app} = 12.39$), the second with “effective” protonation constants and sodium complexes computed from data in Table 3 (log $K_{i}^{E} = 9.88$ and log $β_{i}^{E} = 13.18$, log $K_{NaL} = 0.72$, log $β_{NaL} = 9.80$). As it can be observed, the two diagrams show essentially the same chemical information. In fact, in the diagram the amount of $L^{2-}$ is 100% from pH ~ 4 to pH ~ 8 and the curve relative to the fraction $L^{2-}$ begins at pH ~ 8 reaching the maximum of 100% at pH ~ 11. In the diagram the yellow, magenta and cyan lines represent the sum of the species containing the ligand at the same protonation step. Thus, $L^{-}$ and NaH$L_{aq}^{+}$ are summed up as well as $L^{2-}$ and Na$L$. In this way, the diagram drawn only with the curves relative to the $H_{2}L_{aq}$, (HL$^{-}$ + NaH$L_{aq}^{+}$) and (Na$^{-}$ + $L^{2-}$) is identical to the diagram a. But if the chemical information is apparently the same, the meaning is not, because with the approach a it is possible to consider also species often neglected, which may become important in condition of real multi-component solutions.

3.2. Stability constants of $N$-acetyl-$L$-cysteine with $Ca^{2+}$, $Mg^{2+}$ and $Zn^{2+}$

The potentiometric titrations performed in the presence of metal cations were analyzed with BSTAC computer program [39]. To assess a correct speciation scheme, the NAC protonation constants and the metal hydrolysis constants are required. The former were determined from data in Table 2, the latter were derived from literature [63–65]. In both cases, the data were calculated at the experimental ionic strength value. Regarding the zinc hydrolysis constants, it must be remarked that published data are based on very few experimental values and a systematic work is still necessary. In this work, data from Baes and Messmer were analyzed and used because they worked quite well for many of the other papers with which our experimental results must be compared. Thermodynamic quantities are taken from Brown and Ekberg [64].

The results of the data analysis allowed to determine several complex species, whose values are reported in Table 4 (data converted to the molal concentration scale are given in Table S6).

### Table 2

| Parameter $Y$  | $C_{f}$ | $C_{i}$ | $A_{Ti}$ | $K_{Ti}$ | $β_{Ti}$ |
|----------------|--------|--------|----------|---------|---------|
| $NaCl$         | (CH$_{3}$)$_{4}$NCI | (C$_{2}$H$_{5}$)$_{4}$NI | NaCl     |
| $i=1$          | 9.937 ± 0.008$^{a}$ | 0.226 ± 0.005$^{b}$ | 0.271 ± 0.005$^{b}$ | 0.69 ± 0.02$^{b}$ | −27.4 ± 0.9$^{b}$ | 2.0 ± 0.8$^{b}$ |
| $i=2$          | 3.274 ± 0.008$^{a}$ | 0.180 ± 0.006$^{b}$ | 0.287 ± 0.008 | 0.58 ± 0.03$^{b}$ | −2.9 ± 0.9$^{b}$ | 3.1 ± 0.7$^{b}$ |
| $SIT$          | log $K_{Ti}^{E}$ | $Δ_{Ti}$ | $ΔH_{Ti}^{0}$ | $ΔS_{Ti}^{0}$ | $NaCl$ |
| $i=1$          | 9.947 ± 0.009 | 0.204 ± 0.006 | 0.173 ± 0.009 | 0.55 ± 0.02 | −27.4 ± 0.9 | 1.7 ± 0.9 |
| $i=2$          | 3.284 ± 0.010 | 0.158 ± 0.006 | 0.179 ± 0.011 | 0.43 ± 0.03 | −2.9 ± 1.0 | 2.7 ± 0.8 |

$^{a}$ Protonation step, see Eq. (1a).

$^{b}$ 95% confidence interval (CI) = 2u, (relative standard uncertainty on log$_{10}K$); standard uncertainties: $u(T) = 0.1 \text{ K}$, $u(p) = 1 \text{ kPa}$.

### Table 3

| Equilibrium at infinite dilution, temperature and ionic strength dependence parameters of the weak species for NAC at $T = 298.15 \text{ K}$ and $p = 0.1 \text{ MPa}$. $^{a}$ |
|----------------|--------|----------|---------|---------|
| $H^{+} + L^{2-} = HL^{-}$ | $z^{a}$ | $Y_{z}(\log β^{E})^{b}$ | $\frac{β^{E}}{β^{T}}$ |
| $2H^{+} + L^{2-} = H_{2}L_{aq}^{+}$ | 4 | 9.936$^{a}$ | −0.016$^{a}$ |
| $Na^{+} + H^{+} + L^{2-} = NaHL_{aq}^{+}$ | 6 | 13.210$^{a}$ | −0.018$^{a}$ |
| $Na^{+} + H^{+} + L^{2-} = NaHL_{aq}^{+}$ | 6 | 0.777 ± 0.06$^{b}$ | −0.0008$^{d} ± 0.0005$ |
| $(CH_{3})_{4}N^{+} + L^{2-} = (CH_{3})_{4}NL^{−}$ | 4 | 9.83$^{a} ± 0.03$ | −0.019$^{a} ± 0.003$ |
| $(CH_{3})_{4}N^{+} + H^{+} + L^{2-} = (CH_{3})_{4}NHL_{aq}^{+}$ | 6 | 0.271$^{b} ± 0.07$ | − |
| Parameter $Y_{z}$ | $\frac{β^{E}}{β^{T}}$ |
| $c_{0}$ | 0.1$^{c}$ | $0.161b ± 0.008$ | $−0.0009d ± 0.0005$ |
| $c_{1}$ | $0.10$ | $0.161b ± 0.008$ | $−0.0009d ± 0.0005$ |

$^{a}$ Taken from Table 2 and kept constant during calculations.

$^{b}$ Results of the first refinement step.

$^{c}$ 95% CI.

$^{d}$ Results of the second refinement step.

$^{e}$ Kept fixed during calculations; standard uncertainties: $u(T) = 0.1 \text{ K}$, $u(p) = 1 \text{ kPa}$. 
From the data here reported, it can be observed that there are two common species, $\text{ML}^3\text{aq}$ and $\text{MHL}^+$, for which the relative stability follows the trend: $\text{Zn}^{2+} > \text{Mg}^{2+} > \text{Ca}^{2+}$. The $\text{ML}^2\text{aq}$ species was assessed for $\text{Ca}^{2+}$ and $\text{Zn}^{2+}$, not for $\text{Mg}^{2+}$, whereas the $\text{ML}_2^+\text{aq}$, $\text{ML(OH)}^-$ and $\text{ML}_2(\text{OH})_2^-$ were only found for $\text{Zn}^{2+}$. This kind of speciation is quite common for amino-acids, which generally form polydentate complexes through N,O-five-membered rings [66]. In this case, the amino group is not available but there is an extra thiol group on the side chain. Thus, it is reasonable to assume that the complexation occurs through a five-membered ring involving a carboxylate and a thiol group ($R = H$ for 3-MPA and $R(=\text{acetyl})$ for NAC). According to NIST [62], the stability of the $\text{ZnL}^3\text{aq}$ species for 3-MPA is $\log \beta_{\text{ZnL}^3} = 12.2$ (at $I = 0.5$ mol dm$^{-3}$ and $T = 298.15$ K), one order of magnitude higher than NAC for the same species ($\log \beta_{\text{ZnL}^3} = 11.12$, see Table 4). A similar discussion applies for the $\text{ZnL}^3\text{aq}$ species. de Brabander rejected this species giving a value of 3.44 that appears to be too low [70]; in the jess database [71] a value of $\log K_{\text{ZnL}} = 6.43$ is reported at $T = 303.15$ and $I = 0.1$ mol dm$^{-3}$ in KNO$_3$(aq) that is higher than our value, which can be roughly calculated to be $\log K_{\text{ZnL}} = 5.6$ in similar conditions.

Therefore, it may be speculated that the N-acetyl residue of NAC does not provide any complexing ability and, in addition, may also disturb the formation of complex species, probably due to steric hindrance. A similar comparison for $\text{Ca}^{2+}$ and $\text{Mg}^{2+}$ cannot be made since data for cysteine and 3-MPA are not available to our knowledge. Moreover, it is interesting to note that the stability of the $\text{ML}^2\text{aq}$ species, expressed as stepwise, sometimes exceeds the stability of the simple $\text{ML}_0^3\text{aq}$ species. For example, $\log K_{\text{CaL}} = 1.31$ and $\log K^2_{\text{CaL}} = 2.46$ (as $\text{CaL}_0^3\text{aq}$, $\text{ZnL}^3\text{aq}$, $\text{NaHL}^-$, a quite common behavior for S-donor ligands [67].

Santoso [33] and Quyoom [31] reported two species, $\text{ZnL}$ and $\text{ZnL}^2$ at $T = 318.15$ and $298.15$ K, respectively and at $I = 0.1$ mol dm$^{-3}$, Cardiano et al. [34] evidenced the formation of three species, namely $\text{ZnL}_0^3\text{aq}$, $\text{ZnL}_2^-$ and $\text{ZnL(OH)}^-$ at different ionic strengths, in NaCl(aq) and at $T = 298.15$ K. NIST database [62] reports five complexes, such as $\text{ZnL}_0^3\text{aq}$, $\text{ZnL}_2^-$, $\text{ZnL}^4$, $\text{ZnL(OH)}^-$ and $\text{ZnL}_2(\text{OH})_3^3$, at $I = 0.15$ mol dm$^{-3}$ and $T = 310.15$ K in Na$^+$ medium; Gockel et al. [35] found four species, namely $\text{ZnL}_0^3\text{aq}$, $\text{ZnL}_2^-$, $\text{ZnL}^4$ and $\text{ZnL}_2(\text{OH})_3^3$. As it can be noticed, all

![Distribution diagram of the NAC](image)

**Table 4**

| Overall$^a$ equilibrium constants of the $\text{M}^2+/\text{NAC}^{2-}\text{aq}$ species in NaCl(aq) in the molar concentration scale at $T = 298.15$ K and $p = 0.1$ MPa. |
| l/mol dm$^{-3}$ | $\text{CaL}^3\text{aq}$ | $\text{CaHL}^+$ | $\text{CaL}^2$ |
|----------------|-----------------|----------------|--------------|
| 0.098          | 1.36 ± 0.04$^b$ | 10.22 ± 0.03$^b$ | 3.82 ± 0.02$^b$ |
| 0.135          | 1.29 ± 0.03     | 10.16 ± 0.03 | 3.75 ± 0.02 |
| 0.485          | 11.04 ± 0.04 | 10.22 ± 0.07 | 3.82 ± 0.07 |
| 0.736          | 11.02 ± 0.06 | 3.71 ± 0.05 |
| 0.960          | 11.05 ± 0.07 | 3.82 ± 0.07 |

| l/mol dm$^{-3}$ | $\text{MgL}^3\text{aq}$ | $\text{MgLH}^+$ | $\text{MgL}^2$ |
|----------------|-----------------|----------------|--------------|
| 0.113          | 2.05 ± 0.02     | 11.38 ± 0.02 |
| 0.148          | 2.01 ± 0.02     | 11.34 ± 0.02 |
| 0.385          | 1.93 ± 0.02     | 11.31 ± 0.01 |
| 0.854$^a$      | 2.13 ± 0.06     | 11.61 ± 0.06 |
| 1.052$^a$      | 2.26 ± 0.07     | 11.78 ± 0.09 |

| l/mol dm$^{-3}$ | $\text{ZnL}^3\text{aq}$ | $\text{ZnLH}^+$ | $\text{ZnL(OH)}^-$ | $\text{ZnL}^2$ | $\text{ZnL}_2(\text{OH})_3^3$ | $\text{ZnL}^2$ |
|----------------|-----------------|----------------|--------------|------------|-----------------|--------------|
| 0.134          | 5.58 ± 0.04     | 11.28 ± 0.07 | −2.96 ± 0.15 | 11.22 ± 0.03 | 1.42 ± 0.05 | 14.87 ± 0.09 |
| 0.495          | 5.59 ± 0.05     | 11.04 ± 0.09 | −2.99 ± 0.19 | 11.09 ± 0.03 | 1.47 ± 0.06 | 14.81 ± 0.12 |
| 0.742          | 5.76 ± 0.05     | 11.03 ± 0.11 | −2.89 ± 0.22 | 11.15 ± 0.04 | 1.55 ± 0.07 | 14.77 ± 0.14 |
| 1.057          | 6.05 ± 0.07     | 11.08 ± 0.14 | −2.72 ± 0.28 | 11.30 ± 0.05 | 1.60 ± 0.09 | 14.71 ± 0.18 |

$^a$ Log $β_{\text{ZnL}_2}$ values refer to Eq. (1b).

$^b$ 95% Confidence interval; standard uncertainties $u$ are: $u(c) = 0.001$ mol dm$^{-3}$, $u(T) = 0.1$ K, $u(p) = 1$ kPa.
authors reported the formation of the ZnL0\textsubscript{aq} and ZnL\textsuperscript{2−} species, which can be considered as the most important ones in the Zn\textsuperscript{2+}/NAC\textsuperscript{2−} system. In addition, many papers proposed the formation of a mixed hydrolytic system, some proposing for the simple ZnL(OH)\textsuperscript{−} and others for the ZnL\textsubscript{aq}(OH)\textsuperscript{−}. NIST reports both [62]. ZnL\textsuperscript{3−}, ZnHL\textsuperscript{−} and ZnH\textsubscript{2}L\textsuperscript{2−} can be considered as minor species, probably formed only in particular conditions and negligible in the speciation studies of natural fluids.

During the data analysis, several attempts to check for other species, such as the ZnHL\textsuperscript{2−}, ZnL(OH)\textsubscript{2}\textsuperscript{−}, ZnL(OH)\textsuperscript{−}2−, ZnL\textsubscript{aq}(OH)\textsuperscript{−} were performed. In one attempt, the ZnL(OH)\textsubscript{2}\textsuperscript{−} has been determined as an alternative to the ZnL\textsubscript{aq}(OH)\textsuperscript{−} but the statistical parameters of the fits worsened significantly and the model containing the ZnL\textsubscript{aq}(OH)\textsuperscript{−} instead of the ZnL(OH)\textsubscript{2}\textsuperscript{−} was chosen. For the selection of the best speciation scheme, some usual procedures were adopted [72,73].

The data analysis of the complex formation constants, according to the “apparent” approach, was performed by fitting the experimental data in Table 4 together with the literature ones [33–35,62,74], reported in Table S7, to Eq. (8). Thus, a list of parameters to estimate the value of each equilibrium constant as a function of ionic strength is obtained and in Table S7, to Eq.(8). Thus, a list of parameters to estimate the value of "aspect" the equilibrium influence the equilibrium constant values. Among the possible solutions to deal with this problem (e.g., measure stability constants in that specific medium), the use of the “effective” approach with the explicit presence of “weak complexes” is the one here selected. As described in the Experimental section, the values of the “apparent” equilibrium constants are “deparated” by the influence of the interacting ions, becoming independent of the background medium and used together with all the weak interactions with the ions in the fluid.

As an example, the chemical speciation of NAC in the condition of sea water (at S = 35) is shown in Fig. 5, in the following experimental condition: T = 298.15 K, c\textsubscript{H2O} = 1 μmol dm\textsuperscript{−3}, C\textsubscript{NAC} = 0.5 mmol dm\textsuperscript{−3}, the concentration of sea water components is reported by Brett et al. [53] and is given in Table S8, the whole set of stability constants used is given in Table S9. The chemical speciation of Ca\textsuperscript{2+} and Mg\textsuperscript{2+} is not affected by the presence of NAC, due to their high concentration compared to NAC. On the contrary, Zn\textsuperscript{2+} is present in trace amount and in sea water is distributed among ZnCl\textsuperscript{+} (44%), Zn\textsuperscript{2+} (16%), ZnCl\textsubscript{aq}(15%), Zn(OH)Cl\textsubscript{aq}(13%) and other minor species (12%) [75]; in the presence of NAC 76% of the total zinc concentration is present as NAC species (as sum of ZnL\textsubscript{aq}, ZnL\textsuperscript{2−} and ZnL(OH)\textsuperscript{−}), free Zn\textsuperscript{2+} is 11% and ZnCl\textsuperscript{+} only 6%. By the way, NAC is distributed among: free NAC\textsuperscript{2−} (0.2%), HNAC\textsuperscript{−} (7.6%), Na\textsuperscript{+}/NAC\textsuperscript{2−} species (2.3%), Ca\textsuperscript{2+}/NAC\textsuperscript{2−} species (0.9%), Mg\textsuperscript{2+}/NAC\textsuperscript{2−} species (87%) and Zn\textsuperscript{2+}/NAC\textsuperscript{2−} species (1.5%).

In human blood plasma, zinc is known to be distributed among histidine and cysteine complex species [67,76]. In this work, N-acetylcysteine was added to the model build by Hallman et al. [76] in order to evaluate the influence on the speciation of Zn\textsuperscript{2+}. The speciation model has been slightly simplified: the seventeen amino-acids considered by Hallman were reduced to only 3: histidine (His), cysteine (Cys) and glycine (Gly), the latter including: glycine, alanine, arginine, cystine, glutamine, glutamic acid, isoleucine, leucine, methionine, ornithine, proline, serine, threonine, tryptophan and valine. The equilibrium constants of histidine, cysteine and their ternary mixed species were taken from Hallman [76], as well as the simple species of Zn\textsuperscript{2+} with the third amino-acid, indicated as Gly\textsuperscript{−} but accounting for all the others; for the mixed species the following were considered (log β in parenthesis): Zn(Gly)(His)\textsubscript{aq}(11.6), Zn(H\textsubscript{2}Gly)(His)\textsuperscript{−} (19.55), Zn(H\textsubscript{2}Gly)(His)\textsuperscript{−} + (26.35), Zn(H\textsubscript{2}Gly)(His)\textsubscript{aq}(23.10) and Zn(H\textsubscript{2}Gly)(His)\textsubscript{aq}(22.79),
As regards the other ligands, data of H\textsuperscript{+}/Ca\textsuperscript{2+}/Mg\textsuperscript{2+} with OH\textsuperscript{−}, Cl\textsuperscript{−}, SO\textsubscript{4}\textsuperscript{2−}, CO\textsubscript{3}\textsuperscript{2−}, PO\textsubscript{4}\textsuperscript{3−} and Gly were calculated from [73], data for Zn\textsuperscript{2+}/PO\textsubscript{4}\textsuperscript{3−} and Zn\textsuperscript{2+}/CO\textsubscript{3}\textsuperscript{2−} systems were elaborated from [65], those of Zn\textsuperscript{2+}/Cit\textsuperscript{3−} from [77], glutathione protonation constants and interaction with Ca\textsuperscript{2+} and Mg\textsuperscript{2+} from [78]. The concentration of low molecular weight ions in blood plasma was taken from Lentner [79] and it is reported in Table S8, the values of the equilibrium constants of all the species considered in Table S10.

In the abovementioned conditions, the amount of Zn\textsuperscript{2+}/NAC\textsuperscript{2−} species starts to become important when concentration of NAC exceeds 0.4 mmol dm\textsuperscript{−3}; however even if c\textsubscript{NAC} was 0.01 mol dm\textsuperscript{−3}, the formation percentage of the Zn(NAC)\textsubscript{2}\textsuperscript{−} species would have been lower than the corresponding Zn(Cys)\textsubscript{2}\textsuperscript{−}, that remains the most relevant species in human blood plasma, among the low molecular weight ligands. To give an example, the zinc distribution when c\textsubscript{NAC} = 1 mmol dm\textsuperscript{−3} is provided in Fig. 6 (only species with percentage greater than 1%).

The sequestering ability was evaluated computing the pL\textsubscript{0.5} values in different condition. This parameters is strongly dependent on the condition in which it is determined, since it is able, because of its calculation [43], to measure the ability of the ligand under investigation to sequester the target cation also taking into account the side reactions present in that specific conditions. To underline this aspect, the trend of the calculated pL\textsubscript{0.5} in sea water and in NaCl\textsubscript{aq} at I = 0.72 mol dm\textsuperscript{−3} is given in Fig. 7.

The pH range investigated is 5 to 9, which is of course not very informative for sea water, but it is useful to demonstrate what claimed. The stability constants used, the mative for sea water, but it is useful to demonstrate what claimed. The total Zn\textsuperscript{2+} (at \(I = \frac{c_{\text{Na}}}{d} = 1 \text{ mmol dm}^{-3}\)) meaning that the amount of NAC required to sequester 50% of \(c_{\text{Zn}} \text{ mol dm}^{-3}\) in sea water and in NaCl\textsubscript{aq} at \(I = 0.72 \text{ mmol dm}^{-3}\) is 3.9, indicating that NAC can be considered as a good sequestering agent in the pH range 7 to 9. In human blood plasma this calculation was not performed considering that the concentration of Zn\textsuperscript{2+} cannot be considered to vary that much.

4. Conclusions

This work represents an advance in the knowledge of the acid-base properties of N-Acetyl-L-cysteine and its interaction with metal cations of great relevance in biological and environmental fields, such as Ca\textsuperscript{2+}, Mg\textsuperscript{2+} and Zn\textsuperscript{2+}. NAC shows two well separated protonation steps, and the main species in the pH window of natural fluids is the monoprotonated HL\textsuperscript{−}, with a protonated thiol group and a deprotonated carboxylate group. Calculating the stepwise thermodynamic functions, \(\Delta G^0, \Delta H^0\) and \(\Delta S^0\), it results that both processes are exothermic (negative \(\Delta H^0\) values) and entropic in nature, even if the first only by few kJ mol\textsuperscript{−1}. For example, at infinite dilution, the values are: \(\Delta G^0 = −56.7 \text{ kJ mol}^{-1}; \Delta H^0 = −27.4 \text{ kJ mol}^{-1}; \Delta S^0 = 29.3 \text{ kJ mol}^{-1}\) and \(\Delta G^0 = −18.7 \text{ kJ mol}^{-1}; \Delta H^0 = −2.9 \text{ kJ mol}^{-1}; \Delta S^0 = 15.8 \text{ kJ mol}^{-1}\). The determination of the protonation constants in NaCl\textsubscript{aq}, (CH\textsubscript{3})\textsubscript{4}NL\textsubscript{aq} and (C\textsubscript{2}H\textsubscript{5})\textsubscript{4}NL\textsubscript{aq} enabled the determination of four weak species, with means of the so-called \(\Delta pK\) method, namely Na\textsuperscript{−}, NaH\textsubscript{L\textsubscript{aq}}, (CH\textsubscript{3})\textsubscript{2}NL\textsubscript{aq} and (C\textsubscript{2}H\textsubscript{5})\textsubscript{2}NL\textsubscript{aq}, whose presence is useful in the speciation modeling of real multicomponent solutions. Metal complexation is relevant in all the pH range, but the speciation scheme of the M\textsuperscript{2+}/NAC\textsuperscript{2−} system is still under debate: most authors agree about the presence of ML\textsubscript{2}\textsuperscript{−} and ML\textsubscript{2}\textsuperscript{−} species, with the second one to be the most relevant. In addition, the MHL\textsuperscript{−}, ML\textsuperscript{3−}, M(OH)L\textsuperscript{−} and ML\textsubscript{2}(OH)\textsuperscript{3−} were also determined, but only the mixed hydrolytic ones resulted to be important in natural fluids with pH > 8 (see Fig. 5, for example). As regards the speciation in natural fluids, NAC was found to form complexes with Zn\textsuperscript{2+} especially when it is present at a trace level, for example in sea water, with \(c_{\text{Zn}} = 10^{-6} \text{ mol dm}^{-3}\) and \(c_{\text{NAC}} = 5 \cdot 10^{-4} \text{ mol dm}^{-3}\), more than 70% of total zinc is present as a complex species with NAC; in blood plasma, NAC resulted to be important in

**Fig. 5.** Pie chart of the zinc species in sea water in the following experimental condition: \(T = 298.15 \text{ K}; c_{\text{Zn}} = 1 \text{ mmol dm}^{-3}; c_{\text{NAC}} = 500 \text{ mmol dm}^{-3}\). Concentration of components in Table S8, equilibrium constants in Table S9.

**Fig. 6.** Pie chart of the zinc species in blood plasma in the following experimental condition: \(T = 310.15 \text{ K}; c_{\text{Na}} = 1.0 \text{ mmol dm}^{-3}\). Concentration of components in Table S8, equilibrium constants in Table S10.
zinc speciation when it is present at \(c_{\text{NAC}} > 3\cdot 10^{-4}\) mol dm\(^{-3}\), but the main species remain the Zn(Cys)\(^2\)^–.

In conclusion, in this paper the analysis of the data was performed according to two approaches, a first one in which data in NaCl\(_{2.5}\) were processed with Debye-Hückel and SIIT equations and another in which the data were compared to ionic media that do not interact with the ligand, allowing to determine stability constants that are independent of the medium, to be used in combination with stability constants of “weak species” between the ions under study (e.g., Zn\(^{2+}\), Ca\(^{2+}\), Mg\(^{2+}\) and NAC) and the components of the solution (e.g., Na\(^+\), K\(^+\), Cl\(^–\), SO\(_4^{2–}\)). This last aspect was found to be very promising in the study of the chemical speciation in natural fluids, where many components are present with different concentrations. It was also shown that the two approaches display the same modeling ability, but the second one is designed to also consider species that generally are considered to be negligible. The great advantage of the “effective” model is that the conversion from one model to another can be done, with a good approximation as shown in Fig. 4, without doing experiments in each specific ionic medium but just “knowing” the thermodynamic equilibrium constants and the weak complexes between the ligand and the cation under study and the component of the solution. The whole of the results coming from this thermodynamic study, especially those coming from the p\(K_{\text{a}}\) calculation, may aid in the design of new materials able to selectively remove target cationic pollutants in specific conditions, from natural fluids. In this sense, for example, being Na\(^+\), Ca\(^{2+}\) and Mg\(^{2+}\) the most abundant metal cations in sea water, the assessment of their interactions with NAC ought to be considered as an essential tool to develop NAC-based sorbents for other trace contaminants removal.

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**CRediT authorship contribution statement**

**Clemente Bretti:** Conceptualization, Validation, Investigation, Writing – original draft. **Paola Cardiano:** Methodology, Project administration, Resources, Visualization. **Anna Iroz:** Validation, Investigation, Visualization. **Gabriele Lando:** Methodology, Writing – review & editing, Formal analysis, Data curation. **Demetrio Milea:** Conceptualization, Project administration, Formal analysis. **Silvio Sammartano:** Conceptualization, Methodology, Software, Supervision, Funding acquisition, Resources, Formal analysis.

**Declaration of competing interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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**Appendix A. Supplementary data**

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