As comparison between steroidal hormones in follicular fluids and histological change of the dominant and cystic follicles of local breeding cows.

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Abstract

The cystic ovarian follicle are a serious cause of reproductive failure in cattle because they occur frequently and prolong the intervals from postpartum to first estrus and conception. The paired ovaries were collected from forty four slaughtered cow after examination by rectal palpation to diagnosis of the cystic follicle stricter, the local breeding cow were primarily Al-Genobea , Al-Kradea and Al- Shrabea cow , the age of its cow are (4-6) years but the reproductive status were unknown. The cysts follicle fluids contain high significantly of oestradiol and progesterone (p >0·05) than the dominant follicle fluids. The histological characteristics of the dominant follicles (17-25 mm) are shown small antral and have a granulosa cell layer and internal theca cell layer, but the cystic follicles which presented the large granulose cell layer, which was basically a poly-layer. Aim of this studies are comparison of the estradiole (E2) & progesterone (P4) concentrations in the follicular fluids of the dominant follicles and cystic follicles, with studies of the histological change between the follicular walls.
مقارنة بين محتوى الهرمونات الستيروئيدية في السوائل الجريبية والتغيرات النسيجية للجريب السائدة والمتحكيمة في سلالات الأبقار المحلية.

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الخلاصة:
التكتيس الجرائي هو سبب خطير لفشل الإخصاب في الأبقار لأنه يحدث بصورة متكررة ويودي إلى إطالة الفترة ما بين بعد الولادة إلى أول شبق وإخصاب.

جمعت المباحث من أربعة وأربعين بقرة من المجزرة بعد إجراء الفحص المستقبلي لتشخيص التركيب الجرائي المتكيس، هذه الأبقار من السلالات المحلية الأساسية وهي الأبقار الجنوبية والكرادية والشرابية، والتي كانت بعمر (4-6) سنة لكن الحالة التناسلية للأبقار غير معروفة.

يحتوي السائل الجرائي للجريبات السائدة على تركيز عالي معنوي (p<0.05) من هرمون الاستراديول والبروجسترون أكثر مما موجود في سائل الجريبات المتكيسة.

الصفات النسيجية للجريبات السائدة (17-25) ملم، ولاحظ إنها صغيرة التجويف وتملك طبقة من الخلايا الحبيبية وطبقة خلايا القراب الداخلية، لكن التكتيس الجرائي يحتوي على طبقة كبيرة من الخلايا الحبيبية التي تكون على شكل طبقات أساسية متعددة.

هدف الدراسة هو المقارنة بين تركيز الهورمون المودي وهرمون البروجسترون في السوائل الجريبية للجريبات السائدة والجريبات المتكتسة، مع دراسة التغيرات النسيجية ما بين جدار الجريبات.
1. Introduction

The cystic ovarian follicle (COF) are one or more ovarian follicular structures at least 25 mm or greater in diameter that persist on the ovary for at least 10 days in the absence of a corpus luteum. (1, 2)

The physiology and etiology of COF is poorly understood (3,4), however there is much conjecture regarding of the biological cause of COF like the altered of the pre-ovulatory surge from the hypothalamus-pituitary is either absent or insufficient in occurs at the wrong time during dominant follicle maturation, which leads to cyst formation (5-6).

The Follicular fluid (FF) of COF have a high estrogen (E2) concentration, (7-8-9), and characterized by thin walls and produce very small amounts of progesterone (P4). (10).

The COF steroidogenic contained were (E2:P4>1 and P4<100 ng /ml in FF) according of (11-12).

(13) can be observation of the histological notation on the Graafian Follicles which protrudes from surface of the ovary and the granulosa layer is event out, to form together with the two layer, theca interna and theca externa of the wall of the Follicle, and presence of the granulosa cell layer in normal ovary and COF (14), but the theca interna was thinner than that in normal ovaries, as to thickened or absent granulosa cell layer In cows with cystic follicle (15).

The histological of normal and COF walls and obvious multilayered in a parallel with the basement membrane separating granulosa from theca cells. (14).
2. Materials and Methods.

2.1. Instruments & Equipments.

The instruments & Equipments which used in this study with their companies and countries of origin.

Table (1): The instruments & Equipments which used in this study with their companies and countries of origin.

| No  | Instruments & Equipments                      | Company   | Country  |
|-----|-----------------------------------------------|-----------|----------|
| 1.  | Digital Vernier                               | RESHAN    | CHINA    |
| 2.  | Digital camera                                | SONY      | CHINA    |
| 3.  | Freezer                                       | CONCORD   | LEBANON  |
| 4.  | Hot plate                                     | LEITZ     | GERMANY  |
| 5.  | Magnetic stirrer Bar                          | NUORA     | USA      |
| 6.  | Microscope slides & Cover glass              | SAIL BRAND| MALAYSIA |
| 7.  | Microscope with camera                        | LEITZ     | GERMANY  |
| 8.  | Oven                                          | QALLENKHAMP| GERMANY |
| 9.  | Rotary microtom                               | LEITZ1512 | GERMANY  |
| 10. | Water bath                                    | MEMERT    | GERMANY  |

2.2. Chemicals.

The chemicals which use in our study and with their companies and countries of origin.

Table (2): The chemicals are used in this study and their sources.

| No. | Chemical                  | Company                           | Country    |
|-----|---------------------------|-----------------------------------|------------|
| 1.  | Acidic alcoholic eosin    | RIEDEL-DEHAENAG                   | GERMANY    |
| 2.  | Ethanol 1000%             | LABORT                            | INDIA      |
| 3.  | Eosine & Hematoxylin      | PROLABO-MERCK                     | CE-EMB     |
| 4.  | Formalin 10%              | BDH-CHEMICAL LTD                   | ENGLAND    |
| 5.  | Paraffin wax              | PROLABO-MERCK                     | CE-EMB     |
| 6.  | H2SO4                     | BDH-Chemical Ltd                  | ENGLAND    |
| 7.  | Glycerin                  | BDH-Chemical Ltd                  | ENGLAND    |
| 8.  | Xylene                    | BDH-Chemical Ltd                  | ENGLAND    |
2.3. *Experimental animals (Local cow).*

The local breeding cows are characteristic by low milk and beefs production, however not available true description to any types and rare the studies on it, the main types which finding in Iraq from class of India-Zebu., like a: Al-Genobea cow, localized in Southeast & center of Iraq, b: Al-Kradea cow in Northeast of Iraq, c: Restakii cow in Middle area around of Babylon & Bagdad.

In the presence study was carried out in four governorates include Al-Diwaniya, Babylon, Karblaa and Al-Najaf Al-Ashraf, from December 2011 to April 2012, the samples were collection from local breeding cow slaughters especially which have estrus signs, we obtainment of cows (n=44) in the age of (4-6) years, all of these animals were examined clinically by rectal palpation to detection of size and type of the ovarian follicles. After collection of the genitalia, transported to the lab., we find (n=23) samples of pre-ovulatory or dominant ovarian follicles in diameter of (17-25) mm, with presence of the corpus leuteom (CL) for previous estrus cycle, and (n=21) samples of cystic persisted follicles (25-40)mm. in diameter, without presence of any leuteal tissue on both ovaries.

2.4. *Collection of the ovaries.*

The Ovaries were obtained from cows slaughtered in the estrous cycle stages was defined by macroscopic observation of the ovaries (color, consistency, corpus luteum (CL) stage, number, and size of follicles) and the uterus (color, consistency, and mucus) according of description by (16).

Then the Paired ovaries were collected immediately within (10–20) minute after slaughter, transported by Cool box (4°C) to the laboratory of alnajaf vet. Hospital and rinsing briefly in ethanol (70%), only follicles which appeared healthy which having transparent follicular wall and fluid,
mucus production in the uterus and cervix. Selected the ovaries were had follicles in sized (17-25) mm and $\geq$ (25) mm in diameter assumed to be dominant and COF, according of (17).

2.5. **Histological study.**

1.5.1. **Preparation of follicular wall to histological examination.**

The Follicular wall were section by scissor after aspiration of the FF, and fixed with 10% formalin until performed of the histological section, as in the figure (1).

![Figure (1): collection of the follicular walls in formalin 10%](image)

2.5.2. **Histological section:**

Performed of the histological section according to methods of (21-22)

1- Fixation of follicular wall done by using Formalin (10%).
2- Washing the samples in water for 3 hours to remove the formalin, then the samples entered to a graded series of increasing ethanol concentration which were: 70%, 80%, 90%, 95% and 100% for about 1-2 h. for each concentration.
3- Performance the clearing process by used of Xyelene for 1-1.5 hours.
4- Infiltration: by using liquid paraffin in 56-58 c for 2 times.
5- Embedding of the sample in fresh paraffin wax and put in oven (58c⁰) in three pass, for each pass and leave it in room temperature to be hard then released from the containers and put it in freeze, then pouring in wax template.
6-Section the samples by used the rotary microtome to 5 micron thickness then transfers to water bath (45°C) and painted albumen with glycerin (1:1) 
7-Staining by use Hematoxylin and Eosin.
8- Mounting the slides with the sticky Distrene- Plasticzer-Xylen material
*Histological examination.*

Examination of this sample by used the microscope with camera to determined of the graneulosa cell layer thickness by optical measure in the microscope lens.

**2.6. Concentration of Estradiol & Progesterone hormones in the Follicular Fluids .**

According of described methods by (18), the FF was collected from COF(n = 21) which have larger size (>25 mm.) and non-cystic healthy follicles (n=24) with size from 17–25 mm., the needle attached to disposable syringe (10 ml) was inserted into a follicle and fluid inside was aspirated gently figure (2) , and centrifuged (2000 rpm for 10 min.) , then was stored at −20 °c until hormone measurement by use Radioimmunoassay(RIA) method.

*Figure (2): Follicular fluid collection, A. measurement of follicular size by Digital Verniaer , B. aspiration of follicular fluid by use aseptic syringe with gauge (18) needles, C. spilling of follicular fluid in the venoject tubes , and stored in (-20) c°, until hormonal analysis.*
Radioimmunoassay method.

According to described of (19-20), we performing the RIA method by following steps.

A. Add 50 µl. of FF in anti-progesterone antibody-coated tubes, or (anti-estrogen antibody-coated tubes).

B. Add Tracer Labeled progesterone or (Labeled estrogen) 500 µl.

C. Incubated this mixed for three hours in water bath at (18-25)c°, for with shaking system in 350 shocks/minute.

D. Infuse of the tube contained which not binding with antibody.

E. Account of the antibody which contacted with sample for each minuet, count per mints bound by Gamma-Count depending on standard curve which specific to progesterone or (estradiol hormone) in ng/ml.

3. Results.

3.1. Collection of the ovaries.

The collection ovaries contend only follicles which appearance a healthy follicles which having transparent follicular wall and fluids, with signs of mucus production in the uterus and cervix, in our study brought to (23) samples agree with that signs, also this samples which have related in size 19.93 (17.6-23.4)mm. figure (3.4), yet according to the clinical signs, rectal palpation and hormonal measurement, we found (21) samples have large (un-ovulation persistence) follicles on the ovary in 37.56 (31-40) mm. (table 3), considered as a COF. Figure (5,6,7,8)
Figure (3): Female genitalia, the diameter follicle on the right ovary (20.4) mm. with presence a reminder of corpus luteum to previous estrus cycle on the left ovary.

Figure (4): Female genitalia, the follicle on the left ovary (18) mm. with presence a reminder of corpus luteum to previous estrus cycle on the right ovary.

Figure (5): Female genitalia, the diameter on the left ovary (31.7) mm with absence of any luteal tissue on both ovaries.

Figure (6): Female genitalia, the diameter of follicle on right ovary (39.2) mm with absence of any luteal tissue on both ovaries.
3.2. Histologica characteristics.

The thickness of the granulosa cell layers was determined by measuring the image on the light microscope with micrometer, we detected that the thickness of the granulosa layer of COF was higher (193.18 range 175-213 µm.) than did granulose cell layer thickness of DF which are 57.69 (26.25-75) µm.

When compared with the thickness for DF granulose cell layer as has been in table (3), it will be seen that the COF contain high significantly of thickness (p>0.05) than granulose cell layer of DF, and on the other hand the follicular wall changed in aspect of the basement membrane became blurred, and the germinal epithelium overlying this area became squamous, however the theca interna cells were difficult to distinguish as such in normal animals as of the figures (9,10), therefore the histological characteristics of the DF (17-25 mm) is shown small antral and have a granulosa cell layer and internal theca cell layer, but the COF (diameter > 25 mm) presented a large granulose cell layer as has been in figures (11,12).
Figure (9): Hematoxylin and eosin-stained of the dominant follicles (23 mm), (G) thickness of the granulosa cell layer are 75.25 μm; (T) theca cell layer.

Figure (10): Hematoxylin and eosin-stained of the follicles (18 mm), (G) thickness of the granulosa cell layer are 50.5 μm; (T) theca cell layer.

Figure (11): Hematoxylin and eosin-stained cystic follicles (36.5 mm), (G): thickness of the granulosa cell layer are (201 μm) (T): theca cell layer

Figure (12): Hematoxylin and eosin-stained cystic follicles (39 mm), (G): thickness of the granulosa cell layer are (165 μm) (T): theca cell layer.
3.3 Follicular Fluid Hormonal assay

The second line of this study are measured of E2 & P4 concentration in the FF to identify the stages of the estrus cycle in bovine ovaries, and to verification of the steroidogenic status of the COF, by using a RIA methods.

The FF of COF have higher E2 concentrations 865.96 (800.1-919.3) ng/ml with significant difference ($P > 0.05$) than did E2 concentrations in FF of the DF which are 314.39 (293.7-334.6) ng/ml, but the FF of COF show this have greater P4 concentrations levels 84.8 (73.6-95.6) (P < 0.05) compared with those in DF was 50.25 (32.7-64.2) ng/ml, therefore the difference between E2 & P4 concentration in the FF of DF and COF was significant ($P > 0.50$), also because the E2/P4 ratio was greater than one that’s indication to the DF came from ovaries in the follicular phase of the estrus cycle and hormonally classified as healthy (estrogen active), as well as the COF were classified as oestrogen-active cysts because this ratio a greater than one and concentration of P4 less than hundred (E2/P4 > 1 and P4 < 100 ng/ml in FF) according of (11-12), as a table (3).

| Follicular size          | n.  | Follicular size (µm.) | (E2) ng/ml in F.F. (µg/ml) | (P4) ng/ml in F.F. (µg/ml) | Granulosa cell layers thickness (µm.) |
|-------------------------|-----|-----------------------|--------------------------|---------------------------|--------------------------------------|
| Dominant follicles      | 23  | 19.93 (17.6-23.4)     | 314.39 (293.7-334.6)         ± 2.55                     | 50.25 (32.7-64.2)         ± 1.57                                 | 57.69 (26.25-75) ± 2.38               |
| Cystic ovarian follicles | 21  | 37.56 (31-40)         | 865.96 (800.1-919.3)         ± 10.64*                    | 84.8 (73.6-95.6)          ± 1.35*                                 | 193.18 (175-213) ± 2.51*              |

Table (3): The data are presented as mean (max-min) ± Se. of 1. follicular size, 2. estradiol & progesterone concentrations in the follicular fluid, 3. Granulosa cell layers thickness of the dominant follicles (n=23) and cystic ovarian follicles (n=21). $t$-test was used with $p>0.05$ as the criterion for significance, (*) significant differences of normal (DF) in ($p>0.05$).
4. Dissection.

The objective of the present study was to measurement of the concentration of steroid hormones in FF. The hormonal assay was revealed that the highest mean of E2 concentration 314.39 (293.7-334.6) ng/ml in FF was recorded in the DF, and this level was 865.96 (800.1-919.3) ng/ml in the COF, these finding are in agreement with (23-24-25) who recorded of a high concentrations of E2 in COF and within the (26) who observed that the cows with developed cysts showed prolonged periods of high concentrations of E2 in conjunction with the development of the cysts. On the another hand (27) obvious increased total steroid hormone contenting in DF may be a function of follicular diameter, as granulosa cell number and theca cell mass increase with follicular size. So (34) were presence that the concentrations of E2 in FF (ng/ml) were higher in COF than in DF, but not different from young cysts.

As for the mean of P4 level was 50.25 (32.7-64.2) ng/ml in FF of the DF, and increase to reach 84.8 (73.6-95.6)ng/ml in the cows with COF, these results are in agreement with (28) they suspected the concentrations of P4 in FF were higher on a ng/ follicle basis in COF than in DF, while (8) found that the concentrations of (P4) in FF (ng/ml) were similar in dominant cysts and in DF, also the high E2 and a low of P4 concentration which indicated to the COF (23). While study of (32) were reported that intra follicular concentrations of E2 and P4 may change in cysts over time, and (35-36) were observed that the some COF which contain high concentrations of P4 in the FF, the reason of P4 secreted are not known, yet to differential between steroidal state of the COF were measured of the E2 and P4 concentrations in FF, a ratio (E2/ P4 > 1) in FF of normal follicles, this a result are close to that obtained by (33-34) Similar results were obtained (10) was referred that the COF were oestrogen-active (E2/ P4 > 1 and P4 < 100 ng/ml FF).
The COF which used in this study containing large thickness of granulosa cells layers in mean of (193.18) µm and range around between (175-213) µm. than did granulose cell layer thickness of DF with (57.69) in range (26.25-75)µm., and high concentrations of E2 in their FF, Similar to the results by (29-33) who a say that the synthesis of E2 in bovine follicles cultured in vitro has been correlated with the number of granulose cells ,so (15-16) presence that the granulosa cell layer in normal ovary and COF, but the theca interna was thinner than that in normal ovaries, as to thickened or absent granulosa cell layer In cows with COF, yet the (30-31) exposure that the oestradiol inhibits P4 secretion and increases its production by both theca and granulose cells.

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