Skewed X-chromosome inactivation in patients with esophageal carcinoma
Gang Li1†, Tianbo Jin2†, Hongjuan Liang1, Yanyang Tu3, Wei Zhang4, Li Gong4, Qin Su4,5* and Guodong Gao1*

Abstract: Skewed X-chromosome inactivation (SXCI) was found in some apparently healthy females mainly from Western countries. It has been linked to development of ovarian, breast and pulmonary carcinomas. The present study aimed to observe the SXCI frequencies in apparently healthy Chinese females and patients with esophageal carcinoma. DNA was extracted from the peripheral blood cells from 401 Chinese females without a detectable tumor and 143 female patients with esophageal carcinoma. Exon 1 of androgen receptor (AR) gene was amplified, and the products of different CAG alleles were resolved on denaturing polyacrylamide gels and visualized after silver staining. The corrected ratios (CR) of the products before and after HpaII digestion were calculated. As to the healthy females, when CR \( \geq 3 \) was used as a criterion, SXCI was found in two (4.3%) of the 46 neonates, 13 (7.8%) of the 166 younger adults (16–50 years) and 37 (25.7%) of the 144 elderly females (51–96 years), with the frequency higher in the elderly subjects than in the two former groups \((P < 0.05)\). When a more stringent criterion (CR \( \geq 10 \)) was used, SXCI was found in one (2.2%), two (1.2%) and 16 (11.1%) of the subjects in the three age groups, respectively, its frequency being higher in the elderly than in the younger age groups \((P < 0.05)\). Occurrence of SXCI was detected in both the patients and controls at similar frequencies. However, the phenomenon, as defined as CR \( \geq 3 \), was more frequent in the patients aging <40 years (35.7%) compared to the corresponding reference group (7.6%, \( P = 0.006 \)). When CR \( \geq 10 \) was adopted, the frequencies were 7.1% and 1.2%, respectively. Their difference did not attain statistical significance \((P = 0.217)\). SXCI also occurs in apparently healthy Chinese females, and is associated with age. It may be considered as a predisposing factor for the early development of esophageal carcinoma.

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Keywords: Skewed X-chromosome inactivation, Androgen receptor gene, Carcinoma, Esophagus, Cancer predisposition

Introduction

In female mammals one of the two X chromosome is inactivated in early embryonic life. Females are therefore mosaics for two cell types, cells with the maternal X chromosome (Xm) as the active one, and cells with the paternal X chromosome (Xp) as the active X one \([1,2]\). Theoretically, the ratio of the inactive paternal X-linked allele to the inactive maternal one should be 1:1, and any significant deviation from the ratio is termed as skewed X-chromosome inactivation (SXCI) \([3,4]\). The Lyonization ratio (inactive Xp/inactive Xm) of a large population of females follows a Gaussian distribution pattern in which SXCI is a statistically rare event \([5]\).

SXCI was incidentally observed when Vogelstein and his colleagues were establishing a clonality assay based on the human androgen receptor (AR) gene polymerase-chain reaction (PCR) \([3]\). The phenomenon has been observed and SXCI frequencies varied from 17% to 65% in apparently healthy females as revealed by several surveys from Western countries \([5-12]\). While its incidence was found to increase with age \([5-12]\), some groups failed to prove the association \([13,14]\). Yet, up to date little is known about whether there is such an association in apparently healthy Chinese females or not.

* Correspondence: suqinpathology@yahoo.com.cn; gguodong@fmmu.edu.cn
† Equal contributors
4 Department of Pathology, Tangdu Hospital, the Fourth Military Medical University, Xi’an 710038, China
1 Department of Neurosurgery, Tangdu hospital, the Fourth Military Medical University, Xi’an 710038, China
Full list of author information is available at the end of the article

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Though SXCI has been associated with development of breast [15-17], ovarian [18] and pulmonary carcinomas [19], however, the clinical significance of SXCI are still to be elucidated. Does the imbalanced inactivation of X chromosomes in female somatic cells, as usually demonstrated using peripheral blood sample, indicate an increased risk of malignant solid tumours development? To our knowledge, esophageal carcinoma (EC) ranks as the tenth most prevalent malignant solid tumours in the world, with marked regional variation and a particularly high incidence in certain regions of China [20-22]. Albeit current evidence suggests that inherited risks play a significant role in esophageal carcinoma susceptibility, and several molecular alterations have been found in esophageal carcinoma [20,22], the underlying pathomechanisms remain elusive. Thus, the present study described the frequency of SXCI in apparently healthy Chinese females and linked the phenomenon to early development of esophageal carcinoma.

**Subjects and methods**

**Subjects and DNA extraction**

Peripheral blood was taken from 143 female patients with esophageal carcinoma and 401 apparently healthy females. The patients were admitted in Tangdu hospital, Fourth Medical Military University in Xi’an, China during the period from April 2003 to October 2010, with all of the cases diagnosed as a primary esophageal carcinoma through endoscopy and/or surgical resection of the tumour, and pathological examination. The patients were 35 to 83 (median, 61) years old at diagnosis, without a record of smoking or a family history of esophageal carcinoma. Among them, 141 patients had squamous cell carcinoma, and 2 had adenosquamous carcinoma. Clinical stages were evaluated according to the AJCC staging system [23], with 92, 13, 10, 16, 12 cases determined as stages I, IIA, IIB, III and IV, respectively. A total of 401 apparently healthy females were recruited from April 2003 to September 2010. They were from 2 days to 96 (median, 62) years of age, without a smoking history or any personal or family record of a genetic or a neoplastic disease. Among them, 69 were staff members of Tangdu Hospital who received regular check-ups, 52 were healthy neonates (below 4 weeks of age) born in the Department of Obstetrics, Tangdu Hospital, and the remaining 280 were female patients admitted to the Department of General Surgery of Tangdu Hospital for surgical reasons other than a tumor or genetic diseases. It was stated that 289 females of the 401 healthy ones, were previously assessed and reported on [19]. A written informed consent was obtained from all the subjects or their custodians, and we collected all the blood samples from the patients before chemotherapy or radiotherapy. The protocol was approved by the Medical Ethics Committee of the Fourth Military Medical University.

Peripheral blood was taken from the elbow vein or the head superficial vein, and treated immediately with an anticoagulant containing sodium citrate (22 g/L) and sodium chloride (8.5 g/L). The samples were then stored at −70°C before use. Genomic DNA was isolated from the samples by using an extraction kit (Qiagen, Hilden, Germany). DNA concentration and purity were determined by an ultraviolet spectrophotometer (Eppendorf, Hamburg, Germany).

**Principles of X-chromosome inactivation analysis**

The analysis is based on differential inactivation of X chromosomes of female somatic tissues and the CAG short-tandem repeat (STR) polymorphism at the AR gene exon I [24]. There are two HhaI and two HpaII restriction sites at the locus 100 bp upstream to the CAG STR with a heterozygosity frequency of around 90% [24,25]. X-chromosome inactivation is associated with the methylation of these restriction sites. When these sites are methylated, as on the inactive X chromosome, the gene can not be transcribed, whereas when unmethylated, as on the active X chromosome in females or on the male X chromosome, the gene can be transcribed [18]. The digestion with methylation-sensitive endonucleases, followed by PCR with primers flanking these restriction sites and the highly polymorphic STR, can be used to distinguish between the transcriptionally active and inactive X chromosome in heterozygous female subjects.

In females with random X-chromosome inactivation, the amplification products from both alleles should be equal, with a ratio of approximately 1:1. In the neoplastic tissues most of which originate from single cell clones [19], the ratio changes markedly compared with the surrounding normal tissues. The nonrandom X-chromosome inactivation has been used in the description of clonality status of lesions with undetermined nature [26,27]. Meanwhile, a remarkable deviation of the ratio has been observed in apparently non-neoplastic cell populations, such as peripheral blood cells of some females, which is defined as SXCI [3,4].

**Analysis of skewed X chromosome inactivation (SXCI)**

DNA was digested by mixing 10 μL (1 μg) of sample DNA with 0.5 μL of HpaII (10 U/μL; Promega, Madison, WI, USA), 2 μL of 10 mol/L reaction buffer, 0.2 μL of 10 g/L bovine serum albumin and 7.3 μL of deionized water. The mixture was then incubated at 37°C for 4 h and the reaction was terminated by incubation at room temperature for 30 min as suggested by the manufacturer. Nested PCR was conducted as described previously [19]. A negative, water-blank control was always
included in each batch of PCR. If the negative control was shown to be positive, the reaction was repeated for the whole batch. The reaction fidelity of HpaII digestion was guaranteed by parallel negative controls with the enzyme omitted from the reaction mixture. In addition, the whole assay was carried out twice in independent series.

Amplification efficacy was demonstrated through electrophoresis on 2% agarose gels. The amplification products with 4 μL for each were mixed with the same volume of loading buffer (1 g/L xylene cyanole, 1 g/L bromophenol blue, in formamide), loaded onto the 10% polyacrylamide gel containing 8 mol/L urea, resolved through electrophoresis with the Mini-VE system (Amersham Biosciences Corp., San Francisco, CA) at a voltage of 80 v for 8 h, and then visualized after silver staining as described previously [25]. In the samples whose allelic differences at the CAG STR were small (one or two repeats), a longer gel (26-cm long and 0.75-mm thick) was used for the resolution with the SE660 system (Amersham). The results were recorded, and the intensities of the products from both alleles were analyzed by using an image-analyzing system (LabWorks 3.0, UVP, Cambridge, UK).

In order to avoid the interference of possible preferential amplification of one of the alleles, we used the corrected ratio (CR) to evaluate the X-chromosome inactivation pattern by comparing the allelic difference of a sample before and after HpaII digestion. CR was derived by dividing the ratio of the upper-band intensity to the lower-band intensity of the sample after digestion by that of the same sample before digestion. If CR was <1, the reciprocal value was considered. In the present study, CR ≥3, which indicated the expression of the same allele in above 75% of the cells examined, was used to define SXCI. In addition, we also used CR ≥10 as a more stringent criterion for defining SXCI.

**Statistical analysis**

Statistical analysis was performed using an SPSS package (Version 13.0; SPSS Inc., Chicago, Illinois) for Windows. The likelihood ratio test was performed to determine the difference SXCI frequency among various age groups. The χ² test was also used for comparison of categorical variables. A P value of <0.05 (two-tailed) was considered statistically significant.

**Results**

Amplification for AR gene exon 1 was successful in all samples from the subjects. Among the 401 healthy females, 356 (88.8%) were shown to be polymorphic at the CAG STR (Figure 1), and hence informative for X-chromosome inactivation analysis. The ages of the informative cases ranged from 2 days to 96 years, with a median age of 63 years.

Both CR ≥3 and CR ≥10 were used as criteria for SXCI to describe the X-chromosomal inactivation skewing in the subjects (Figure 2). Among them, 52 (14.6%) were found to have a CR value more than or equal to 3 and 19 (5.3%) had a CR value more than or equal to 10. Frequencies of SXCI (CR ≥3) in various age groups were determined, being 4.3% (2/46), 4.9% (3/61), 9.5% (10/105), 10.8% (7/65) and 38.0% (30/79), respectively, in the neonates and those who aged 16 to 30, 31 to 50, 51 to 70 and 71 to 96 years. For age-matched comparison to the patient groups as described below, the 356 informative healthy subjects were further divided into three age groups including neonates (2 to 28 days of age; median, 19 days; n = 46), younger adults (16 to 50 years of age; median, 41 years; n = 166) and the elderly subjects (51–96 years of age; median, 73 years; n = 144). When CR ≥3 was taken as the criterion, SXCI frequencies were 4.3% (2/46), 7.8% (13/166) and 25.7% (37/144), respectively, in the neonate, younger adult and
elderly groups. When CR $\geq 10$ was used as the criterion, SXCI was found in only one neonate (2.2%), two (1.2%) younger adults and 16 (11.1%) elderly females. SXCI frequency was significantly associated with age ($P < 0.001$), and the frequency in the elderly was higher than that in younger adults ($P < 0.05$) or in the neonates ($P < 0.05$) whether CR $\geq 3$ or CR $\geq 10$ was used as a criterion. SXCI appeared to be more frequent in the adults than in neonates, when CR $\geq 3$ was used as the criterion (4.3% and 10.4%, $P = 0.041$) (Figure 3), while the difference between neonates and the younger adults without a detectable cancer did not attain statistic significance, whether using CR $\geq 3$ or CR $\geq 10$ as the criterion.

Among the 143 patients with esophageal carcinoma, 134 were shown to be polymorphic at the CAG STR, and thereby informative for X-chromosomal inactivation analysis. Their ages at diagnosis ranged from 35 to 83 years, with their median being 63 years. No significant difference was found between the polymorphism frequencies for the cancer patient and control groups (93.7% vs 88.8%, $P > 0.05$). With these data combined, the frequency of CAG STR polymorphism was 90.1% (490/544), being similar to that from other authors [5,7,12,13,15,18,19,28-32].

SXCI frequency was evaluated for patients with esophageal carcinoma, and compared to that of the referenc group (Table 1). When CR $\geq 3$ was adopted to determine SXCI, the frequencies were 9.7% and 8.8%, respectively. When CR $\geq 10$ was adopted, the frequencies were 5.2% and 2.8%, respectively. The differences were not significant ($P > 0.05$). However, the frequency in the patients aging $\leq 40$ years (35.7%) was found to be higher than that in the corresponding references without a detectable cancer (7.6%) as SXCI defined as CR $\geq 3$ ($P = 0.006$). When CR $\geq 10$ adopted, the frequencies were 7.1% and 1.2%, respectively, and their difference did not attain statistical significance ($P = 0.217$). In the patients and references beyond 40 years, the excessive skewing, as defined by CR $\geq 3$ and CR $\geq 10$, were observed in 6.7%, 10.4% and 5.0%, 5.2% of the subjects, respectively. No significant difference was found between these two groups ($P > 0.05$).

The average ages of the subjects with and without SXCI were determined for both groups (Figure 4). Whether CR $\geq 3$ or CR $\geq 10$ was taken as the criterion, average age of the apparently healthy female subjects with SXCI was more than 10 years older than that of those without SXCI ($P < 0.05$). In contrast, average age of the cancer patients with SXCI was more than 16 years younger than that of those without SXCI ($P < 0.01$; Figure 4).

The relationship between SXCI and clinical stages of the cancer was assessed. With the criterion of CR $\geq 3$ adopted, the frequencies for the cases of stages I, IIA, IIB, III and IV were 8.0% (7/88), 20.0% (2/10), 10.0% (1/10), 13.3% (2/15), and 9.1% (1/11), respectively. There was no significant difference among them ($P > 0.05$).

**Discussion**

SXCI was described in 1987 during a clonality assay based on AR gene polymorphism using tissue samples [3]. After then, the phenomenon was also observed in

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### Table 1 Skewed X-chromosomal inactivation frequencies in esophageal carcinoma patients of various age ranges and the corresponding controls

| Groups | Age (years) | Numbers examined | Numbers with CR $\geq 3$(%) | P-value | Numbers with CR $\geq 10$(%) | P-value |
|--------|-------------|------------------|-----------------------------|---------|-----------------------------|--------|
| Patients | $\leq 40$     | 14               | 5 (35.7)                     | 0.006   | 1 (7.1)                     | 0.217  |
| Controls |               | 170              | 13 (7.6)                     |         | 2 (1.2)                     |        |
| Patients | $>40$        | 120              | 8 (6.7)                      | 0.301   | 6 (5.0)                     | 0.940  |
| Controls |               | 115              | 12 (10.4)                    |         | 6 (5.2)                     |        |
| Patients | 35-83        | 134              | 13 (9.7)                     | 0.757   | 7 (5.2)                     | 0.214  |
| Controls |               | 115              | 12 (10.4)                    |         | 6 (5.2)                     |        |
| Patients | 16-83        | 285              | 25 (8.8)                     |         | 8 (2.8)                     |        |

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**Figure 3** Incidence of SXCI (CR $\geq 3$) in normal females from three age groups.

**Figure 4** Average ages of the esophageal carcinoma patients and references with SXCI defined by CR $\geq 3$ (filled bar) and without SXCI (empty bar). Their standard deviations denoted on each bars. The differences in both the control and patient groups are statistically significant, with their $P$ values below 0.05 and 0.005, respectively.
peripheral blood cells in the surveys of X chromosomal inactivation patterns in apparently healthy American females by Gale et al. [4] and Busque et al. [5]. Its occurrence was associated with age, with SXCI (CR ≥ 3) frequencies being estimated to be 8.6%, 16.4% and 38.0%, respectively, in neonates, young (28 to 32 years) and elderly (≥60 years) female adults [5]. Data from several other groups confirmed the SXCI association with age [5-12,32], while some authors failed to approve it [13,14]. In the present study, SXCI was also observed in peripheral blood cells from apparently healthy Chinese females without a detectable tumor. The SXCI (defined by CR ≥ 3) frequencies were estimated to be 4.3%, 7.8% and 25.7%, respectively, in the neonates, younger adults (16 to 50 years) and the elderly (beyond 50 years) (Table 2). The present study shows that SXCI also occurs in neonates, albeit infrequently, and provide further evidence for the link of SXCI to ageing.

The mechanism of SXCI is largely unknown. It is believed that a large proportion of SXCI cases result from the selection for, or against, alleles on the active X chromosome. Such selection may depend on the expression of the gene as well as its interactions with other genes [33]. SXCI may also occur when the size of the pool of the embryonic precursor cells undergoing X-chromosome inactivation is too small to avoid stochastic variation [33]. This can explain, at least partly, the existence of SXCI in some neonates. In addition, SXCI may be attributable to relatively small selective advantages such as X-chromosome rearrangements and mutations in X-linked genes [34,35].

When considering its pathogenic pathways, the skewing that is putatively associated with the unbalanced X-chromosome inactivation of precursor cells in early embryogenesis, is considered to be inborn SXCI whereas the skewing that occurs during adulthood and is prevalent with age, is designated as acquired SXCI [5]. The former occurs at a low frequency (<5%) in normal females and is responsible for the neonate SXCI cases, although its significance is unknown. The latter, we believe, occurs due to the selection or structural alterations in X chromosomes.

Our data also suggests that SXCI occurs less frequently in the apparently healthy females in China (15%, with CR ≥ 3 as the moderate criteria) than in those in Western countries, as listed in Table 2. The reason for this difference is unknown. Ethnic genetic variation may be one explanation. Minor differences in some genomic structures including STR and single-nucleotide polymorphism (SNP) sites among different ethnic groups have been reported [36,37], which may modulate the process of SXCI occurrence in females. In the present study, 356 informative cases were examined, and the results showed that their ages, ranging from 2 days to 96 years, followed a Gaussian distribution. The SXCI frequency, as provided herein, can reflect the overall status in healthy Chinese females.

While SXCI occurrence was associated with the autoimmune diseases including autoimmune thyroid diseases [38-40], and systemic sclerosis [41], this phenomenon has been linked to development of a few of malignant solid tumours [33] in females. In 1999, Buller et al. reported that patients with invasive ovarian cancer had an increased frequency of SXCI compared to those without a detectable fully malignant ovarian tumor [18]. In a

Table 2 SXCI (CR ≥ 3) incidences in healthy females of various age ranges and ethnic groups

| Authors          | Subjects                  | Numbers examined | Age range (years) | Overall Incidences (%) | SXCI (CR ≥ 3) incidences of healthy females of various age ranges (%) | P-value |
|------------------|---------------------------|------------------|-------------------|------------------------|--------------------------------------------------------------------|---------|
| Lau et al. [8]   | Canadian                  | 27               | 35-50             | 33                     | 0 25-32 16-50 35-50 51-70 ≥60 ≥75 71-96 |        |
| Busque et al. [5] | American                  | 295              | 0-96              | 17                     | 9 16 38 6 <0.0001        | <0.02  |
| Gale et al. [6]  | English                   | 174              | 17-96             | 38                     | * * * 6 * <0.0001        |         |
| Tonon et al. [7] | Italian                   | 68               | 25-32 ≥75         | 23                     | * 17 45 * <0.02         |         |
| Knudsen et al. [11] | Norwegian               | 80               | 19-90             | 65                     | * * * * * 0.034         |         |
| Mossner et al. [12] | German with Caucasian background | 139         | 0-40 41-64, 65-97 | 34%                    | * * * * * 0.0008        |         |
| Racchi et al. [13] | Italian                  | 166              | 8-94              | 30                     | * 23 26 37 40 >0.05     |         |
| Gentilini et al. [28] | Italian                 | 148              | 31-100            | 38.5                   | * * * * 0.0001         |         |
| Amos-Landgraf et al. [32] | Finnish American Jewish | 1 005            | 0, >13            | 25%                    | * * * 0.008         |         |
| Present study    | Chinese                   | 356              | 0-96              | 15                     | 4.3 6.1 7.8 9.4 10.8 27.6 40.6 38.0 0**  |         |

*Not mentioned in the study; ** The likelihood ratio test; * skewed to the extent of >70:30 or <30:70; ” F test.

§allelic ratios: ≥ 41% or 80% predominant expression of one allele.

☆☆ The χ² test; "☆☆☆ age constitution: neonates (n = 162); younger adults (25-32 y) (n = 67); older adults up to 60 y (n = 66).
survey by Kristiansen et al., SXCI (CR ≥ 10) frequency was shown to be markedly increased in young patients (≤45 years) with breast cancer (13%) compared to that of the control group (1%) [16]. The similar phenomenon was also observed in familial breast cancer patients without a detectable BRCA-1 or BRCA-2 mutation [17].

Additionally, it is well known that esophageal carcinoma (EC) is one of the most prevalent cancers in the world with characteristic regional variation. In the past 4 years, several genome-wide association studies (GWAS) in Chinese populations [42-44] and Japanese individuals [45] revealed a few of functional SNPs, which encode metabolic enzymes for carcinogens associated with enhanced EC risk. Recently, another GWAS and genome-wide gene-environment interaction analysis of EC was also carried out in 2,031 affected individuals (cases) and 2,044 controls with independent validation in 8,092 cases and 8,620 controls in the Chinese population [20]. Similar to the previous studies [42-45], the GWAS confirmed a few of new EC susceptibility loci and the genetic contribution to EC through interaction with environment [20]. However, all the authors were obliged to convey that EC was such a complex disease, and the direct genetic contribution to EC risk factors and its relation to other factors should be discussed more deeply [42], and more studies are needed to explore the underlying mechanisms.

In the present study, SXCI (CR ≥ 3) frequency was determined to be as high as 35.7% in young patients (≤ 40 years) with esophageal cancer, being significantly higher than that in the corresponding control group (7.6%), though the size of subjects detected was relatively small. Moreover, the average age at diagnosis in the cancer patients with SXCI was 16 years younger than that in the patients without SXCI. In the previous study of our group, SXCI was also observed more frequently in the female patients with lung cancer below 50 years (CR ≥ 3, 35.7%; CR ≥ 10, 7.9%) compared to that in the reference group (CR ≥ 10, 7.6%; CR ≥ 10, 1.2%). The cancer patients with SXCI, whether defined as CR ≥ 3 or CR ≥ 10, were 10 years younger on average than those without SXCI. Based on the data, SXCI was considered to be a predisposing factor for the early onset of lung cancer [19]. For this reason, follow-up was conducted after the survey for all of the 265 apparently healthy women recruited into the reference group in March 2005. Among the 27 subjects whose CR values were determined to be ≥3, a 34-year-old female (CR = 9.0) was diagnosed as pulmonary squamous cell carcinoma in April 2006 and died in July 2006, with the histological type being squamous cell carcinoma and the clinical stage being stage IV, while no malignancy was detected for the others (unpublished data).

**Conclusion**

In conclusion, our data prove that SXCI is a predisposing factor also for the early development of esophageal carcinoma. We consider that SXCI may be used as a useful parameter to assess susceptibility of females to several solid tumours, including the early development of esophageal carcinoma.

**Competing interests**

The authors declare that they have no competing interests.

**Authors’ contributions**

QS and GG designed the study. GL and TJ participated in the design and coordination, performed the molecular genetic evaluation, and drafted the manuscript. WZ and LG performed the statistical analysis, and joined into drafting the manuscript. All the patients were followed up by YT and HL. GL, QS and GG all contributed to improving the draft of the manuscript. All authors have read and approved the final manuscript.

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**Author details**

1Department of Neurosurgery, Tangdu hospital, the Fourth Military Medical University, Xi’an 710038, China. 2National Engineering Research Center for Miniaturized Detection Systems, School of Life Sciences, Northwest University, Xi’an 710069, China. 3Department of Clinical Experimental Surgery, Tangdu hospital, the Fourth Military Medical University, Xi’an 710038, China. 4Department of Pathology, Tangdu Hospital, the Fourth Military Medical University, Xi’an 710038, China. 5Department of Pathology, Cancer Hospital, Chinese Academy of Medical Sciences and Peking Union Medical College, Beijing 100021, China.

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