Nitrogen fertilization of self-seeding Italian ryegrass: effects on plant structure, forage and seed yield

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ABSTRACT: This study aimed to evaluate the effect of different levels of self-seeding Italian ryegrass (Lolium multiflorum Lam.) and nitrogen rates - applied additionally after two defoliations - on plant structure, in forage and seed yield. Levels of self-seeding were classified as very high (777 kg ha−1), high (736 kg ha−1), intermediate (624 kg ha−1), and low (234 kg ha−1). Populations were fertilized with zero, 20.25, 40.50, and 60.75 kg ha−1 of supplemental nitrogen applied after two defoliations; respectively, in very high, high, intermediate, and low levels. Higher levels of self-seeding promoted greater forage yield and uniformity of vegetation structure. Number of fertile tillers and number of seeds per plant have benefited by the combination of high self-seeding and supplemental nitrogen fertilization. Despite influencing the uniformity and amount of forage obtained in two defoliations, the very high and low self-seeding levels did not differ in Italian ryegrass seed production. However, linear addition for this same variable was obtained with the inclusion of supplemental nitrogen fertilization. In pastures from low and intermediate self-seeding levels, total dry mass increases linearly with the levels of nitrogen fertilization assessed in this research.

Key words: (Lolium multiflorum Lam.), natural reseeding, nitrogen rates, seed yield components.

INTRODUCTION

Italian ryegrass (Lolium multiflorum Lam.) is used as a cover crop in winter. In addition to being used for fodder and seeds, its high biomass protects the soil by supplying straw for soil cover, favoring the adoption of a subtropical crop-livestock system (MORAES et al., 2014; PETERSON et al., 2019).

Italian ryegrass established naturally by self-seeding, which is traditionally, the method of choice in integrated no-tillage systems, has important outcomes such as reduced production cost being...
among the most notorious. However, the success of the activity depends on practices that involve the management of defoliation, which is necessary to guarantee sufficient seed yield as to not compromise the establishment of the subsequent pasture (EVERS & NELSON, 2000; BARTH NETO et al., 2014).

Generally, defoliation is employed during the vegetative stage in order to minimize impacts on seed yield and maintain straw production (CUNHA et al., 2016). However, if the reproductive tillers are exposed to decapitation, which is a condition frequently observed in southern Brazilian fields, significantly reduces pasture establishment in the following year (BARTHOLOMEW & WILLIAMS, 2009). Moderate defoliation not only guarantees sufficient seed yield for the proper establishment of the pasture, but also reduces soil compaction problems when compared to intense grazing and is shown to be beneficial for the development of summer crops (AMBUS et al., 2018).

Seed densities much higher than those recommended for the establishment of pastures, along with the absence of defoliation, may lead to intense competition among plants with a reduced number of tillers, which consequently leads to persistence and efficiency in the use of available resources (SIMIĆ et al., 2009; TERNUS et al., 2018).

In a stand with a low rate of self-seeding, the application of nitrogen may compensate for the presence of an inadequate establishment. Nitrogen (N) is a determining factor in seed yield in grasses and frequently used in trials that evaluate ryegrass seed yield (SIMIĆ et al., 2012). Accruals in the number of fertile tillers and seed yield are often observed in the presence of nitrogen fertilization (KOERITZ et al., 2015).

Thus, the present study aimed to verify the effects of the combination of self-seeding levels (provided by defoliation levels carried out in the previous year) with additional nitrogen rates on plant structure, biomass and seed production of Italian ryegrass cultivar BRS Ponteio.

**MATERIALS AND METHODS**

The study was carried out in an experimental area located in the town of Capão do Leão, Rio Grande do Sul State, Brazil (31° 80'S and 52° 40'W, altitude 13 m). The soil, according to STRECK et al. (2008), is a Solodic Eutrophic Haplic Planosol. The experimental area, previously used for livestock activity, presented the predominance of native grasses. The soil was plowed once and harrowed twice. During this stage, the soil acidity was corrected, according to the interpretation of the chemical characteristics verified in the soil analysis, obtained using the “Manual de Adubação e Calagem para os Estados do Rio Grande do Sul e Santa Catarina”, a manual developed by TEDESCO et al. (2004) for fertilization and liming. To eliminate spontaneous vegetation after soil preparation, two applications of a total action herbicide (glyphosate) were made, one before and the other after Italian ryegrass sowing.

Sowing was performed at a density of 25 kg ha⁻¹ of viable Italian ryegrass seeds, cultivar BRS Ponteio, procedure carried out in the second half of April, using a direct sowing machine (Semina 3 Model), spaced 20 cm. The meteorological variables of the experimental period are presented in figure 1. In the first year, conducted and reported by CUNHA et al. (2016), the self-seeding levels were obtained by the different numbers of defoliations, which were composed respectively by the absence of defoliation; one defoliation: plant height from 15 to 7 cm; two defoliations: plant height from 20 cm to 10 cm; three defoliations: plant height from 30 to 15 cm. The defoliations were carried out with the aid of a reaper binder machine, and the forage obtained in this process was removed manually. In this first year, the experimental area of 1.536 m² was composed of 16 experimental units, with 88 m² each, resulting from the presence of four treatments (defoliation levels). In this first stage, the experiment consisted of a randomized complete block design with four experimental units.

Basal and cover fertilization were equal in all defoliation levels. At the end of the productive cycle of the plants, the self-seeding was estimated from the seed harvest, stage that occurred when the seeds presented approximately 35% moisture. Given the desired moisture of the seeds, the harvest was carried out from eight samples per plot (50 x 50 cm), close to the soil. After this stage, the samples were dried in oven with forced circulation until the seeds reached water contents between 10% and 13%, as proposed by MAIA (1995).

Seed yield in the first year (Figure 2) reveals that the treatment without defoliation produced 777 kg ha⁻¹ seeds (very high). Yield with one defoliation was 736 kg ha⁻¹ seeds (high), two defoliations 624 kg ha⁻¹ (intermediate), and three defoliations 234 kg seeds ha⁻¹ (low self-seeding), values that constituted the levels of the self-seeding factor. Defoliation levels did not affect the physiological quality of the seeds since the percentage of germination was 89% for all treatments. Similar condition occurred in 1000-seed weight,
where the mean value of 2.13 g was verified. After the self-seeding, soybean was introduced by sowing. At the end of the soybean cycle, ryegrass seedlings emerged by self-seeding, which was stimulated by an application of 120 kg ha\(^{-1}\) of urea (54 kg N ha\(^{-1}\)).

Two defoliations were conducted for each level of self-seeding. The first, still in the vegetative stage, took place in early August, while the second was carried out at the end of September in the pre-flowering stage. Residues of up to six inches after the defoliation were maintained. Four 20 x 50 cm plot forage samples were collected. The structural characteristics (plant height, length of completely expanded leaves, number of senesced leaves, number of tillers per plant and length of tillers) were assessed in eight plants per experimental unit, under pre and post-defoliation conditions, totaling four evaluations. These evaluations were performed according to the “marked tillers” technique detailed by CARRÈRE et al. (1997), in which the completely expanded leaves were measured from its ligule, while the growing leaves were measured from the last visible ligule, according to DAVIES (1993). The height of the last exposed ligula was measured from the soil level and the number of tillers per plant was counted weekly.

The introduction of the second factor under study (nitrogen fertilization) occurred soon after the second defoliation, in addition to the 54 kg N ha\(^{-1}\) initially applied. The 16 original plots, consisting of 88 m\(^2\), were composed only of plants originating from self-seeding and subdivided into four equal parts (16 m\(^2\)), which allowed the random distribution of different additional fertilization levels: 0, 20.25, 40.50 and 60.75 kg N ha\(^{-1}\).

Daily monitoring was carried out for the harvesting of seeds using the oven method at 105 °C (BRASIL, 2009). Given the desired moisture of the seeds (35%), four samples per subplot (50 x 50 cm) were collected. After the harvest, the seeds were taken to the oven and dried at 32 °C. All drying processes were carried out with the seeds still in the spikelets. Seed yield components (number and length of tillers, number of fertile tillers, and number of seeds per plant) were assessed by randomly selecting eight plants from each subplot.

The experimental design was a randomized complete block design. The subdivided plot design was used for the variables analyzed after the application of nitrogen levels, condition that generated a total of 16 treatments. Levels of self-seeding (as a result of defoliation levels, a fixed effect factor) were main

Figure 1 - Monthly rainfall and mean temperatures observed at the experimental site in year 1 and year 2 vs. long-term precipitation and temperature means.
plots and additional N treatments were sub-plots, with four replicates of each treatment combination. Values were submitted to analysis of variance (ANOVA). In case of significance, the data were submitted to Tukey test (P<0.05). Linear and polynomial regressions were used in the presence of significance for the nitrogen fertilization factor. All analyses were performed with the statistical software WinStat version 1.0 (MACHADO & CONCEIÇÃO, 2003).

RESULTS AND DISCUSSION

Highest self-seeding levels (very high and high) determined better establishment of the Italian ryegrass (Figure 3), which was verified by taller plants and higher forage mass at the first defoliation (P<0.05). These larger masses and heights were also observed on the second defoliation (Figure 3e and 3f). Higher values of 447 and 561 kg ha⁻¹ of dry mass were verified at very high in comparison with low self-seeding, in the first and second defoliation, respectively. Intensity and time of the defoliation of Italian ryegrass seem to be determining factors for the establishment of this species via self-seeding. BARTHOLOMEW and WILLIAMS (2009) reported that late cuts reduced seed production, seed deposition, 1000-seed weight and eventual re-establishment of Italian ryegrass seedlings.

Results verified in this study indicated that establishment from self-seeding seems to depend on obtaining an adequate number of seeds per m². From the 1000-seeds weight (2.13 g), the levels of defoliation 0, 1, 2 and 3 led to the deposition of 30.967, 30.753, 26.073 and 9.777 viable seeds m² (Figure 2). BARTHOLOMEW and WILLIAMS (2009) reported that numbers of seed heads and seed required to achieve a self-seeded target population of 500 established seedlings m² ranged from 885 to 5.650 seed heads m² and 3.360 to 5.850 deposited viable seeds m², values much lower than those verified even with the use of three defoliations. On the effect of the amount of seed, VENUTO et al. (2004) observed positive effects in increased annual ryegrass sowing rates (400, 800, 1.200, and 1.600 viable seeds per square meter) on forage yield. The authors reported a 2.58-fold increase in forage yield when the highest density was compared to the lowest, whereas here this same (very high and low) comparison resulted in a 1.54-fold difference.

Prior to the first defoliation, low self-seeding plants presented a number of tillers 14% higher, despite

Figure 2 - Conceptual demographic model of Italian ryegrass management (Lolium multiflorum Lam.) Cv. BRS Ponteio used for the two-year period of the experiment.
being 28% shorter in length (P<0.05) when compared to plants classified as very high (Figure 3a). Plants derived from low self-seeding also presented leaf senescence 14% lower (Figure 4). Conversely, plants from the higher self-seeding levels had superior values in length of completely expanded leaves (Figure 3d).

The self-seeding rate affected the length of the tiller (Figure 3c). SIMIĆ et al. (2009) evaluated the effect of spatial arrangement in Italian ryegrass plants and verified that tiller length, which is similar to the ones observed here, was also affected by sowing rates. Knowingly, DEREGIBUS et al. (1983) observed that tillering in ryegrass is highly influenced by the quality of light since plants develop a higher number of tillers when lit by higher red/red proportions. CASAL et al. (1985) reported that canopy density increases the lower light interception per tiller and the photomorphogenic effect of the low red/red ratio may reduce the production capacity of new tillers. In a review of the physiological processes underlying defoliation, GASTAL & LEMAIRE (2015) reported that the tiller density and size of the leaves are

**Figure 3** - Number of live leaves per plant (A), number of tillers per plant (B), length of tillers (C), length of fully expanded leaves (D), plant height (E), and harvesting forage mass (F) of Italian ryegrass plants (*Lolium multiflorum* Lam.) Cv. BRS Ponteio derived from the combination of the populations from self-seeding (very high, high, intermediate and low) prior to applying the nitrogen fertilizer. *significant at P = 0.05; **significant at P = 0.01; NS = Nonsignificant. Means followed by the same capital letter within the same evaluation and lower case among the evaluations do not differ by the Tukey test at 5% significance. Bars represent standard deviation.
negatively correlated and that there is an inverse relationship between the tiller density and size.

Because of the adaptive strategies of these plants against defoliation, after the second defoliation, a standardization was observed in the number and length of leaves and tillers (Figure 3a and 3d). This resulted in a certain balance of the structural characteristics, regardless of the seed rate deposited in the soil the previous year. In the standardization of the components, GASTAL & LEMAIRE (2015) reported that the use of defoliation constitutes an important component to aid in the compensation of tiller size and density. The way defoliation is conducted is a key factor in maintaining an integrated crop-livestock system. In this respect, SCHUSTER et al. (2018) reported that high forage allowance during winter-grazed cover crop caused lower emerged weed flora in subsequent crops.

After the second defoliation, additional levels of nitrogen fertilization were tested and, for the yield components (Table 1), interaction between the factors (self-seeding and nitrogen) was observed in determining the total number of tillers. For this variable, there a significant model (P<0.01) for each self-seeding level. Linear responses from the N application were checked at low, intermediate and very high levels, while a quadratic response occurred at the high level. Higher values of fertile tillers were observed for higher levels of self-seeding (Table 1). Significant models (P<0.01) with maximum points of 7.1 tillers, with 36 and 36.45 kg N ha⁻¹, were obtained at very high and high self-seeding levels, respectively. Benefits of lower grazing intensities were also verified by BARTH NETO et al. (2014). According to these authors, lower intensity provided higher density of tillers, a condition probably reflected in a higher number of reproductive tillers. A linear response (P<0.01) with increased nitrogen fertilization was verified at low self-seeding level, in which the addition of 50 kg N ha⁻¹ increased approximately two tillers per plant.

As for tiller length (Table 1), there was an interaction between the factors (P<0.01). At the highest seeding rates, the tillers reached higher lengths with intermediate fertilization. Similar adjustments were reported among the models. The intercepts were 31.2 and 31.8 cm, and the maximum points 35.7 and 36.3 cm with 38.7 and 33.75 kg N ha⁻¹ for the very high and high self-seeding levels, respectively. At the two lower self-seeding levels, linear responses were observed as a function of the increased nitrogen dosage. Intercepts of 29.7 and 28.2 cm and slope coefficients between 0.1025 and 0.096 were reported for very high and high self-seeding levels, respectively.

Seed yield per plant, important yield component, presented superior result in high self-seeding level (P<0.01) for intermediate levels of nitrogen fertilization (Table 1). Intercept of 675.9 seeds per plant and maximum point of 1068.16 seeds per plant were obtained with 33.75 kg of nitrogen for high self-seeding levels. Linear responses (P<0.01) in the nitrogen levels were verified for the lower self-seeding levels (intermediate and low). Intercepts of 620 and 449 seeds per plant and slope coefficients of 4.52 and 6.05 were observed, in order that the application of 50 kg of nitrogen determined yields of 567 and 302 seeds per plant for the intermediate and low self-seeding rates, respectively (Table 1). Part of the findings from this study for performance components were also reported by SIMIĆ et al. (2009), who, when studying the effects of sowing rates and spacing factors on ryegrass *italicum*, concluded that a high sowing rate is preferable in order to maximize seed yield in the first year of production.

The evaluation of Italian ryegrass seed yield (Table 2) shows isolated effect of the factors studied (P<0.01). In the self-seeding factor, higher
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Table 1 - Total number of tillers, number of fertile tillers, length of tillers and number of seeds per plant determined at the end of the Italian ryegrass (Lolium multiflorum Lam.) cv. BRS Ponteio cycle, result of the combination of factors self-seeding (low, intermediate, high and very high) and N fertilization (0, 20.25, 40.5, and 60.75 kg N ha\(^{-1}\)). *** significant at \(P = 0.05\); ** significant at \(P = 0.01\); NS = Nonsignificant. ns represents absence of significance.

| Kg N ha\(^{-1}\) | Low | Intermediate | High | Very high |
|-------------------|-----|--------------|------|-----------|
| 0                 | 5.62 ± 0.74 | 6.78 ± 0.4 | 7.44 ± 0.72 | 6.48 ± 0.94 |
| 20.25             | 4.53 ± 0.67 | 7.62 ± 0.56 | 8 ± 0.62 | 6.12 ± 0.96 |
| 40.5              | 7.09 ± 0.42 | 8.84 ± 0.58 | 10.90 ± 0.7 | 9.15 ± 0.54 |
| 60.75             | 7.12 ± 0.46 | 9.34 ± 0.86 | 8.43 ± 0.75 | 7.81 ± 0.93 |

Equation: \(y=0.034x+5.036\)  
\(y=0.044x+6.812\)  
\(y=-0.001x^2+0.14x+7.05\)  
\(y=0.034x+6.331\)

R\(^2\): 43.04***  
75.74***  
47.45***  
31.15***

CV: 4.59%

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The application of 1 kg N ha\(^{-1}\) promoted increases of 11.6 and 26.3 kg of dry mass ha\(^{-1}\), respectively. Quadratic response occurred with the nitrogen fertilization at high level, while absence of adjustment was observed at the highest level of self-seeding (very high). The linear increases in total dry mass observed with nitrogen fertilization at lower self-seeding levels indicate that this element can be beneficial when a greater number of defoliations are made in the previous year. Linear response to N, as seen in lower self-seeding levels, is constantly checked in grasses. In a recent study with cold season species that have potential for cover crop, BALKCOM et al. (2019) observed that levels of up to 90 lb N ac\(^{-1}\), which represents approximately 101 kg N ha\(^{-1}\), provided a linear gain of biomass.

**CONCLUSION**

Higher self-seeding (both without defoliation and with a single defoliation) promote better pasture establishment and performance when implemented after soybean crop. However, even the lowest self-seeding rate (after three defoliations - 234 kg of seeds ha\(^{-1}\)) enables, in the following year, seed production similar to the obtained in the area of maximum self-seeding. Nitrogen stands out as the most important factor to determine the seed yield in the post self-seeding phase (ratio of 3.74 kg of seeds per kg ha\(^{-1}\) of supplemental nitrogen applied after defoliation). In Italian ryegrass pasture from lower self-seeding levels, the total dry mass is improved linearly with the advance of nitrogen fertilization.

**ACKNOWLEDGMENTS**

This study was financed by the Coordenação de Aperfeiçoamento de Pessoal de Nível Superior - Brasil (CAPES) - Finance Code 001.

**DECLARATION OF CONFLICT OF INTERESTS**

The authors declare no conflict of interest. The founding sponsors had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, and in the decision to publish the results.

**AUTHORS’ CONTRIBUTIONS**

AB, CESP and AM contribute to conception and design of the experiment. AB, BBR, CIS-C and ASS worked in acquisition of data, or analysis and interpretation of data. CESP and GSB worked on interpretation of data and review of the manuscript.
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