Biotechnological and Therapeutic Applications of Natural Nucleic Acid Structural Motifs

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Abstract
Genetic information and the blueprint of life are stored in the form of nucleic acids. The primary sequence of DNA, read from the canonical double helix, provides the code for RNA and protein synthesis. Yet these already-information-rich molecules have higher-order structures which play critical roles in transcription and translation. Uncovering the sequences, parameters, and conditions which govern the formation of these structural motifs has allowed researchers to study them and to utilize them in biotechnological and therapeutic applications in vitro and in vivo. This review covers both DNA and RNA structural motifs found naturally in biological systems including catalytic nucleic acids, non-coding RNA, aptamers, G-quadruplexes, i-motifs, and Holliday junctions. For each category, an overview of the structural characteristics, biological prevalence, and function will be discussed. The biotechnological and therapeutic applications of these structural motifs are highlighted. Future perspectives focus on the addition of proteins and unnatural modifications to enhance structural stability for greater applicability.

Keywords  Nucleic acids · Structural motifs · G-quadruplex · i-Motif · Ribozymes · Holliday junction · Therapeutics · Nanotechnology

This article is part of the Topical Collection “DNA Nanotechnology: From Structure to Functionality”, edited by Chunhai Fan and Yonggang Ke.

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1 Introduction: Hierarchy of Interactions and Major Structural Motifs

The discovery of DNA structure in 1953 [1] has quickly evolved from the simplistic, Watson–Crick base-paired double helix to a more complex view. Soon, unique base–base or base–backbone interactions and higher-order nucleic acid structural states began to be uncovered [2–4]. Though initial structural knowledge provided an understanding of the basics of information storage from nucleic acid biomolecules, scientists soon realized there was much more at play than just sequence. It is now generally known that both sequence and structure of DNA and RNA are implicated in transcription, translation, and nuclear organization. This article highlights predominant nucleic acid structural motifs found in natural systems, their role in cellular function, and how they may be leveraged in therapeutic and biotechnological applications. To understand these higher-order structures, we must first understand the simplest forms of nucleic acids.

Nucleic acid structure can be broken down into three major hierarchical levels: primary, secondary, and tertiary. The primary form of DNA in nature is double stranded, while that of RNA is single stranded. Double stranded DNA (dsDNA) is formed through hybridization of bases, A–T and G–C (Fig. 1a), which promote an antiparallel arrangement of strands. DNA double helices can be found in one of three forms: B-DNA, A-DNA, and Z-DNA; they are structurally unique and their
characteristics are summarized in Table 1. B-DNA, being the predominant form physiologically, is a right-handed double helix with a major groove of 2.2 nm, a minor groove of 1.2 nm, and a helical pitch of 10.5 base pairs (bp) (Fig. 1c) [5]. DNA sequences are read from this structural form in the major groove, where a distinct pattern of hydrogen bonding accessible from the major groove is formed from each base pair. It is therefore this structural form which allows proteins to identify sequences for binding, transcription, and gene regulation. A-DNA is the double-stranded helix which forms under low humidity conditions. Its characteristics include a narrower and deeper major groove, a broader and shallower minor groove, and a helical pitch of 11 bp (Fig. 1d) [5]. This duplex form is still found in natural systems predominantly during DNA–protein complex interactions; it is also the form RNA adopts during hybridization (RNA–RNA). Interestingly, an RNA–DNA hybrid exhibits an intermediate of both B- and A-form helices in solution [6].

Much more distinct from the other two double-stranded forms is the left-handed Z-DNA. The purine and pyrimidine bases are usually in the *anti* position in right-handed DNA, but in left-handed DNA, the purine flips to the *syn* position (Fig. 1b) [5]. This rotation results in a puckering of the ribose sugar and generates a zig-zag pattern along the backbone, the basis for the name “Z-DNA”. Structurally this form of DNA is more elongated, with a helical pitch of 12 bases per turn (Fig. 1e) [7]. Functionally, its exact role has not been unambiguously identified, though it has been implicated in regulating transcription events, following a moving polymerase. It is thought that the high energy conformer is able to form as a result of the negatively superhelical stress produced immediately after transcription and the Z-DNA that trails a polymerase can therefore block other polymerases from transcribing the same region. In other words, the Z-DNA provides control over the kinetics of transcription [5, 8]. Many proteins have been identified to bind Z-DNA with high affinity and specificity, further suggesting that they play important roles in transcriptional regulation, and therefore growth and development. The negatively superhelical stress also relieves topological strain from intertwining during recombination; chromosomai breakpoints in human tumors could arise from potential Z-DNA sequences. The secondary structures of DNA are only observed under specific conditions relevant for controlling biological processes and will be discussed in further detail in proceeding sections.

While DNA forms duplexes in its primary form, it is unusual that RNA forms long stretches of dsRNA. Instead, RNA retains single-stranded nature or folds back on itself for short, local dsRNA regions. When in duplex form, RNA resembles the

| Table 1 Feature comparison of the different forms of biologically relevant duplex DNA |
|----------------|----------------|----------------|
| Duplex form | Handedness | Helical pitch (bp) | Diameter (Å) |
| B-DNA | Right | 10.5 | 20 |
| A-DNA | Right | 11 | 23 |
| Z-DNA | Left | 12 | 18 |
A-DNA helix structural characteristics. The local dsRNA regions are considered secondary structural elements and include structures such as loops, hairpins, bulges, and pseudoknots (Fig. 2). Loops are flexible regions that connect two regions of secondary structure; they provide flexibility of the overall RNA molecule as well as flexibility in local and long-range base pairing \[9\]. Often, these structures confer specialized stability locally and globally. Hairpins are self-complementary sequences, connected by a loop which is usually at least four nucleotides (nt) long. The loop sequence UUCG shows special base-stacking interactions that promote stability of hairpin secondary structures. The hairpin structure has been heavily utilized in the biotechnological space in strand displacement-based methods of detection. Bulges provide local flexibility as well as enthalpic control over base pairing. A bulge in a region of dsRNA promotes melting to a greater extent than a fully duplexed strand; this is advantageous in hairpins and strand displacement events. When free distant ends of RNA fold over one another and hybridize with distant complementary sequences a pseudoknot structure is formed. Finally, pseudoknots result when one strand of RNA containing two stem–loops with one half of one stem intercalated between the two. This secondary structure is highly important for tertiary structure formation in vivo \[10\]. Formation of RNA knots in vivo has recently been accomplished to further understanding of RNA topology and development of RNA-based structural technologies \[11\].

DNA and RNA also form tertiary structures, though the greater flexibility imparted by the ribose sugar of RNA promotes a greater prevalence of non-Watson–Crick interactions which underscore these tertiary structures \[12, 13\].

**Fig. 2** Structural motifs of RNA. a Loops and bulges are intermittently observed along an RNA oligonucleotide, with single-stranded and double-stranded regions. b Certain nucleotide sequences in a loop confer special stability, such as the UUCG tetraloop. The c pseudoknot, d junctions, and e loop:loop secondary structures are prominent in tertiary RNA structures.
Interactions such as G–U base pairs, base triples, and base–backbone interactions provide a much more diverse landscape of structural possibilities for RNA over DNA [13]. These tertiary structures are a result of multiple secondary structures which interact to fold the RNA into a highly compact and stable form [12]. Though not often mentioned, RNA can form quaternary structures by the assistance of proteins (e.g., ribosome). With this fundamental knowledge of nucleic acid structure, we are poised to fully understand higher-order natural structural motifs implicated in biological function and disease therapeutics.

2 RNA-Based Structural Technologies

2.1 Therapeutic Noncoding RNAs

RNA is well known for its crucial role in protein translation. But RNA plays equally important roles in many other biological processes. It, commonly called “noncoding RNA”, protects and maintains the genome, processes RNA transcripts, is used as a defense mechanism against foreign DNA, exhibits enzymatic functions, and acts as structural elements which organize nuclear chromatin for gene expression [14, 15]. These diverse roles are linked by the primary, secondary, and tertiary structural elements which underscore proper RNA function. Biotechnological tools have leveraged the knowledge of sequence and structure information to control gene expression. The biochemical and structural background of dominant biotechnological tools is discussed in this section.

The well-characterized role of RNA in protein biosynthesis has been a long-standing target for controlling gene expression. Eukaryotes have a mechanism which allows for degradation of RNA (Fig. 3a). During transcription, a sense messenger RNA (mRNA) and antisense RNA (asRNA) strand are produced [14]. This asRNA hybridizes to the sense mRNA and the resulting dsRNA serves as a nucleation point for RNases, facilitating degradation. Specifically, an RNase called DICER degrades these transcripts into 20–25-nt-long dsRNAs containing a 2–3-base overhang at their 3′ end [16]. These are considered small interfering RNA (siRNA), where they are recognized by an RNAi-induced silencing complex (RISC) [17]. Current asRNA-based therapies rely on primary structure (or ssRNA) for effective control over biological processes. Introducing mRNA-targeted asRNA blocks the translation of the protein of interest, decreasing the diseased state cellular viability. In some cases, this interference does not directly block translation but rather blocks secondary RNA transcripts necessary for protein production. This mechanism is also imperative in the degradation of foreign RNA transcripts, resulting in RNA interference (RNAi) [18].

The use of primary structure is also observed in other RNA species, which have the potential to be targeted in a similar manner as to mRNA. These include small RNAs such as piwi-interacting RNA (piRNA) [19], small nuclear RNA (snRNA) [20], small nucleolar RNA (snoRNA) [21, 22], and micro RNA (miRNA) [23, 24]. For example, the lin-4 RNA from Caenorhabditis elegans forms a dsRNA with multiple bulges; after processing into its mature form, the miRNA sequences exhibit
complementarity to a cell fate determining protein, lin-14, exhibiting the ability to downregulate protein expression through RNAi mechanisms (Fig. 3b) [25]. SnoRNAs contain conserved sequence elements required for the conversion of specific ribosomal RNA (rRNA) uridines into pseudouridine [26]. These conserved sequences are always brought into close proximity to one another through the formation of two stem–loops. The secondary structure of two stem–loops containing bulges is necessary to allow for binding the rRNA substrate, where the modified pseudouridine base resides in the unpaired region of the bulge (Fig. 3c) [26]. These exemplify how an understanding of secondary structural elements in RNAi-related species can lead to the development of targeted nucleic acid therapies. Several RNAi-based therapies are in clinical trials and, most notably, one developed by Alnylam Pharmaceuticals to treat hereditary transthyretin-mediated (hATTR)
amyloidosis in adults was recently approved by the US Food and Drug and Administration (FDA) [27–29]. Furthermore, longer RNAs such as long noncoding RNAs (lncRNA) have just recently been implicated in ability to control gene expression and may represent a novel class of RNA as therapeutic targets [15, 30].

Prokaryotes exhibit similar protective strategies. The CRISPR system recognizes and removes foreign DNA, and since its discovery has burgeoned into a major therapeutic and biotechnology tool [31]. The strategic design of CRISPR RNA (crRNA), guide RNA (gRNA), and the combined single guide RNA (sgRNA) incorporates both primary sequence and secondary structure [32]. Recognition by the CRISPR-associated proteins involves specific secondary structures such as stem–loops, and targeting gene expression requires specific base pairing for each CRISPR system (PAM and NGG). The stem–loop secondary structure of the RNA makes key contacts with the Cas9 protein, allowing for highly efficient cleavage of the target DNA [33, 34]. This has been utilized in various genome editing contexts [35, 36].

2.2 Structural RNA Nanotechnology

Beyond its therapeutic applications of targeting gene expression, RNA has garnered great traction in the biotechnology space as a controllable nanomaterial for probes and tools [37]. Employing the naturally known interactions of RNA bases into higher-order structures, researchers have been able to develop large nanoscale RNA structures to perform specific tasks [11, 38]. This is executed in the same manner as DNA nanostructures (discussed in further detail in Sect. 5), where knowledge of the interactions between RNA sequences allows for the programmable formation of structures [39].

2.3 Catalytic Nucleic Acids: Ribozymes and DNAzymes

While primary structure underscores RNAi methods, RNA tertiary structure is utilized in quite a different mechanism for gene regulation and disease therapy. Certain RNAs in their tertiary form have been shown to catalyze reactions. These RNA-based enzymes, or ribozymes, are the only molecule known to catalyze their own cleavage and have revolutionized the way in which we view the primordial beginnings of the universe [40]. Discovered in the early 1980s, ribozymes have since become a heavily studied area of research, even developing novel ones [41]. Natural ribozymes are found in plants, bacteria, viruses, and lower eukaryotes, and mainly catalyze phosphate backbone cleavage (aside from RNase P which is discussed later). They exhibit the principal features of a protein enzyme, containing an active site, substrate, and cofactor binding site, yet they are $10^3$-fold slower than proteins [42]. The chemical nature of RNA as an enzyme allows for substrate recognition through base pairing, conferring specificity for the ribonucleotide sequence to be removed.

They are categorized into two classes based on size and reaction mechanism. The large ribozymes include RNase P, group I and group II introns, while the small ribozymes include the hammerhead, hairpin, hepatitis delta virus (HDV),
and *Neurospora* Varkud satellite (VS) RNA [43]. Though they differ by reaction mechanism, they all require the presence of the divalent cation magnesium to facilitate tertiary structure formation and catalysis [44]. Group I and II introns catalyze a transesterification reaction to splice out introns from an RNA transcript. Group I introns range from a few hundred nt to around 3000; they have little sequence similarity across organisms, yet their secondary structures are highly conserved in four short regions which comprise a catalytic junction (boxed in Fig. 4a) [43]. In these regions, individual segments partially base pair with one another to confer the necessary structural requirements for strand cleavage. A total of ten paired segments form in these phylogenetically conserved secondary structures and retain catalytic active site function. Beyond secondary sequence, the group I introns contain large open reading frames (ORFs) and an internal guide sequence (IGS) which allows for the positioning of the target transcript and confers control over substrate specificity.

The full secondary structural representation of the *Tetrahymena* ribozyme intron is shown in Fig. 4a. Group II introns, ranging only from several hundred to 2500 nt, are generally more elusive than group I introns since they are less widely distributed among organisms, and are rarely self-splicing in vitro because of extreme reaction condition requirements. Their secondary structure, generally across organisms, contains six helical domains (helices I–VI, Fig. 4b) where only helices I and V are indispensable. Specific intron binding sequences (IBS) and exon binding sequences (EBS) align the intron such that the 5′ and 3′ splice sites are in their proper locations.

**Fig. 4** Secondary and tertiary structures of the large class ribozymes: a *Tetrahymena* ribozyme, PDB file: 1GRZ; b Group IIC intron, PDB file: 3EOH; c RNase P, PDB file: 3Q1R
Any modification to these secondary structural motifs leads to diminished activity, revealing a common theme that conserved structural elements are highly important for proper tertiary structure formation, and therefore proper substrate binding and catalytic activity of ribozymes.

RNase P in all organisms processes the 5′ termini of transfer RNA (tRNA) precursors; it is unusual in that it is the only ribozyme that acts in a trans-active manner on multiple substrates, making it the only true naturally occurring RNA enzyme. It is also a unique ribozyme in that it is a ribonucleoprotein complex, where protein subunits are essential for proper formation of the full catalytic center. In eubacteria, the catalytic core is entirely made up of RNA, meanwhile in eukaryotes the protein content is much higher and RNA does not play the catalytic role. The general, common core structure of the catalytic RNase P RNA consists of 18 paired helices (Fig. 4c); different species contain extra stems and stem–loop structures to facilitate stability, and lower ionic strength requirements for catalysis. The 3′ half of the acceptor stem is thought to function as an external guide sequence (EGS) to position the substrate through tertiary structural features.

Small catalytic RNA species also include the hammerhead ribozyme, hairpin ribozyme, and VS ribozyme (Fig. 5). Similar to group I, the smaller ribozymes have conserved secondary structural motifs which enable function. The hammerhead ribozyme recognizes and cleaves an NUH sequence. The catalytic RNA contains three stem regions (Fig. 5a), of which sequences are conserved in stems I and III. Hammerhead ribozymes also contain single-stranded regions with highly conserved nucleotides, as well as three variable helical regions to effect self-cleavage. Mutational studies were performed to determine which nucleotides and structural motifs were requisite for catalysis. The hammerhead ribozyme is well characterized and utilized in many biotechnological applications. One major use is in the production of in vitro transcribed RNAs prepared for NMR studies; self-cleavage by the hammerhead ribozyme releases the desired transcript in high purity. They are also making strides in a therapeutic space, where a trans-cleaving hammerhead has been approved for phase II clinical trials against HIV-1 [45, 46]. The hairpin ribozyme, found in pathogenic plant satellite viruses, also requires conserved secondary structures for proper tertiary folding and catalysis. This ribozyme consists of four stem regions which comprise two major domains. The secondary structures of domain A (stem I–loop A–stem 2) and domain B (stem 3–loop B–stem 4), when lined up, resemble a hairpin (Fig. 5b) [47]. It recognizes the substrate of sequence RYN*CUG, where cleavage occurs at the *. Hairpin ribozymes from the tobacco ringspot virus, the arabis mosaic virus, and the chicory yellow mottle virus exhibit subtle nucleotide differences within helical regions that maintain the overall structure. Nucleotides are primarily conserved in the single-stranded regions, as well as the bulged motif between helices III and IV (Fig. 5b). The hairpin ribozyme has been modified to recognize and cleave mRNA of diseases including HIV-1, hepatitis B, and the Sindbis virus [46, 48]. The VS ribozyme mediates rolling-circle replication of plasmids from the Neurospora mitochondrion through formation of a multimeric, self-cleaving RNA [49]. During transcription of the VS plasmid, a dimeric RNA species is formed with each monomer containing one substrate domain and five catalytic domains (Fig. 5c). The substrate domain (helix 1) exhibits a stem–loop
structure while the catalytic domains (helices 2–6) also exhibit stem–loop structures in addition to multiple tertiary contacts. These include three-way junctions and loop-loop kissing interactions to stabilize the catalytic domain. Globally, the catalytic helices come together in a tertiary structure such that the scissile phosphates are proximal to the catalytic nucleotides on the opposing monomer. The trend of secondary structure conservation for hairpin ribozyme catalysis emphasizes the fact that structural motifs, rather than individual nucleotides, are responsible for the function of catalytic RNAs. These RNA structures with known catalytic functionality can be leveraged to act as antivirals, therapeutics, and biotechnological agents.

Though there are a set number of ribozymes known to nature, researchers have developed methods to generate novel ribozymes to catalyze a variety of different reactions. This relies on the SELEX method [50, 51], where a random oligonucleotide pool is evolved in vitro to perform a specific task such as catalysis or binding (also called aptamers; see next section). Some groups have even developed a

![Fig. 5 Secondary and tertiary structures of the small class ribozymes: a the hammerhead ribozyme, PDB file: 299D; b hairpin ribozyme, PDB file: 1ZFV; and c the VS ribozyme (monomeric secondary and dimeric tertiary structures), PDB file: 4R4P](image-url)
strategy where certain secondary elements are retained, while other regions are evolved through mutagenesis. This has resulted in ribozymes which are able to catalyze reactions which recognize a specific sequence, perform nucleophilic attacks on various chemical centers, add metal ions to complexes, and isomerize ring structures. Catalytic DNA species, or DNAzymes, are not known to be found in natural systems and have been evolved from the SELEX method as well [52, 53]. Initially evolved DNAzymes were developed to recreate their natural RNA counterparts, cleaving and ligating RNA species [52]. Since the initial discovery of the capability of DNA to perform similar reactions, other DNAzymes processing RNA or DNA have been developed including those that catalyze RNA cleavage, DNA cleavage, DNA depurination, RNA ligation, DNA phosphorylation, and thymine dimer cleavage [14]. Scientists have investigated these DNA-based enzymes not only for their greater stability but also in an effort to understand the beginnings and evolution of information storage and catalytic species.

Ribozymes have been heavily utilized in molecular biology, but have seen limited translation to the clinical setting. Most predominantly used is the hammerhead ribozyme since it is small, easy to incorporate, and well characterized. Of notable examples are hammerhead ribozymes which have been developed to inhibit HIV. Ribozymes are often incorporated into RNAi systems, so that the hammerhead will perform catalytic cleavage to release the therapeutic siRNA. Though the discussed RNA systems have great therapeutic potential, they suffer major limitations including efficient and targeted cell delivery, target transcript specificity, and RNA stability [46]. Research directives are focused on overcoming these limitations; some, such as nucleic acid modification, are discussed in Sect. 6.

3 G-Quadruplex

3.1 Sequence, Structure, and Topology

Guanine (G)-rich sequences of DNA and RNA can associate into G-quartets, stabilized by Hoogsteen base pairing; stacks of two or more of these G-quartets lead to a higher-order nucleic acid structural motif called a G-quadruplex (G4) (Fig. 6) [54]. These higher-order structures are highly prevalent in the genomic context and are generally understood to play diverse roles in DNA replication, transcription, and translation, as well as controlling gene expression and genome stability. They are abundant in cancer genomes, making them potential therapeutic targets. Additionally, their stable structure is prevalent in aptamers, making them a major structural force in DNA/RNA-based biotechnological ligands.

The sequence requirement for G4 formation is \( G_3 N_{1-7} G_3 N_{1-7} G_3 N_{1-7} G_3 \), but is driven by environmental factors such as monovalent cations and molecular crowding. Monovalent cations are crucial for this structure to form; preferentially, \( K^+ \) ions occupy the interior of the G-quartet to mitigate ion interactions by the bases. \( Na^+ \) has also been shown to occupy this ion space, but may alter the overall structure. The general trend of cations which promote G4 formation follows \( K^+ > Na^+ > NH_4^+ > Li^+ \). It was also revealed that the loop region length affects G4
stability, and that G4 structures may also deviate from the general sequence requirements through incorporation of bulges. Structurally, the G4 is composed of four strands which can be unimolecular, bimolecular, or tetramolecular, and can have varying topologies governed by the parallel or antiparallel arrangements of the individual strands [54]. The different strand arrangements, schematically illustrated in Fig. 6, generate different topological features. G4 topology can crudely be determined through experimental methods such as monitoring of positive or negative changes in circular dichroism (CD) spectra at specific wavelengths. Complete structure determination is obtained though NMR studies. Many G4 structures have been confirmed in vitro, but fewer have been confirmed in vivo.

3.2 Biological Relevance

G4s are known to form at a variety of different regions in the cellular context including telomeres in eukaryotes, promoter regions, between introns and exons, 5′ untranslated regions (5′-UTR), and at DNA breakpoints. Stable G4 structures impede the progression of DNA polymerase and lead to replication stalling, DNA damage, and genomic instability. Still, the entire picture of G4 biological relevance is not complete. To clarify the elusive relevance of G4s, G-rich regions have been predicted from a number of algorithms, and G4-specific sequencing techniques and
detection probes have been developed to monitor said sequences. Over 300,000 sequences have been identified as potential G-quadruplex forming sequences (pG4s) [55]. And a more recent study identifies over 700,000 pG4s. Their prevalence is certainly great, but the spatiotemporal formation of pG4s and their relevance in vivo is a greater and more complex matter. Therefore, the pG4s must be unambiguously detected in vivo to validate these predictions.

G4 sequencing in vitro utilizes G4-induced DNA polymerase stalling followed by next-generation sequencing [56]. The sequencing is first performed under non-G4-promoting conditions then under G4-promoting conditions (presence of K\(^+\)). This type of sequencing has identified G4s in gene regulatory regions including 5′-UTR and splicing sites, and in cancer-related genes and in regions of somatic copy number alteration (SCNA) in cancer genomes.

Direct detection of G4 structures is mainly executed with small molecules or proteins which specifically bind G4s. G4-interacting molecules including pyridostatin (PDS) and its fluorescent analog PDS-α, as well as telomestatin have been utilized for imaging and therapeutics. Their interaction with G4s also traps the structure in the G4 formation, allowing a snapshot into the G4 but preventing the investigation of dynamics and regulation of G4 formation. A more spatiotemporal method of G4 mapping can be done with proteins which bind to naturally forming G4 as opposed to promoting G4 formation under specific conditions. The first antibody against G4s, a scFv antibody Sty49, was used to show that G4s form at telomeres [55]. Later two structure-specific antibodies were developed, BG4 and 1H6, which allowed for pulldown sequencing and immunofluorescence imaging of G4 location in eukaryotic cells. These proteins are paramount for G4 ChIP sequencing, where the G4-specific antibodies are used as probes. G4 ChIP-seq has identified double-stranded break sites induced by PDS, identification of protein interactions that promote formation of other G4 and other DNA structures, that G4s predominantly lie in regulatory, nucleosome-depleted chromatin regions that are highly transcribed.

Other dye- and protein-based probes have been developed to monitor G4 formation in vitro and in vivo. These include TSQ1, CyT, and anthrathiophenedione dyes, a G4-triggered fluorogenic hybridization probe, the zinc-finger protein GQ1, and ankyrin repeat binding proteins (DARPins) [55]. Helicases which resolve G4s have also been mapped to bind G4s, implicating that their biological functions are linked to G4 structures or genomic regions enriched in G4. One group developed a fluorophore-conjugated RHAU helicase peptide as a probe for G4 formation.

Overall, these methods have confirmed that G4s are prevalent in a genomic context and their formation is dynamic and regulated. This reasons that the expression of G4 structural motifs will vary depending on cell type and cell cycle progression. Yet there is much more work to be done to specifically determine their biological roles in various contexts.

### 3.3 Therapeutic and Biotechnological Applications

The G4 structure, as was just discussed, is heavily implicated in biological processes and predominantly prevalent in cancer genomics and is therefore a prime therapeutic
target. Telomeres are a particularly major target for G4 binding molecules since their abnormal processing in cancers ubiquitously confers cell immortality. Additionally, many oncogenes have pG4s or confirmed G4 structures in their promoter regions. Targeting these G4 structures with small molecules promotes the downregulation of expression of these genes, thereby reducing tumor viability. Since the G4s found in telomeres and oncogene promoter regions are so similar, it is imperative to obtain a selective binding G4 ligand for the particular target. Though small molecules have been developed which target G4s, selectivity of the particular oncogenic G4s still proves a challenging, yet crucial task.

Many ligands have been identified which bind to G4s in a therapeutic context. For telomeric G4s, these are chiefly 2,6-diaminoanthraquinone derivatives and telomestatin. Telomeric G4s may exist as dimers or multimers and some ligands have even been identified to selectively bind to multimeric G4s over monomeric G4s. These include a dinickel salophen dimer, berberine dimer, and telomestatin derivative tetramer which bind to dimeric G4s and m-TMPipEOPP which preferentially binds multimeric G4s. Interestingly, the junctions between the monomers in multimeric G4s have also been specifically recognized by ligands [57].

Oncogenic G4s are similarly targeted for therapeutic applications. Generally, rational and high-throughput screens have been employed to develop various molecular ligands to oncogenic-specific G4 structures. To enhance specificity for a particular oncogene, pyrrole-imidazole polyamide (PIP) molecules bind in a sequence-selective manner to duplex DNA and can be hybridized to G4-targeting ligands to enhance the overall selectivity. This was shown in the development of cyclic imidazole/lysine polyamide conjugated PIP (cIKP-PIP) [58]. Some specific oncogenes of interest include the promoter region G4 of c-Myc, which is specifically targeted by GQC-05 [59], crescent-shaped thiazole peptide (TH3) [60], four-leaf-clover-like molecule (IZCZ-3) [61], and others identified by a microarray screen of 20,000 small molecule binders. VEGF G4s are targeted by perylene monoimide derivative (PM2) [62], and a quinoline derivative (SYUIQ-FM05) [63]; these have encouraged studies of small molecule VEGF-G4-preferred ligands obtained through a low-volume screening approach [57]. BCL2 G4 structures are preferentially targeted through fur[2,3-d]pyridazin-4(5H)-one derivatives [64], as well as the fluorescent dye carbazole TO [65]. G4s in the promoter region of c-Kit oncogene (also known as mast/stem cell growth factor receptor Kit) are targeted by derivatives of isoalloxazine (N,N-dimethyl amine and N,N-dimethyl amine/2-fluorine substitutions) [66], naphthalene diimide [67], benzo[a]phenoxazine (BPO) [68], and carbazole derivatives [69]. Human telomerase reverse transcriptase (hTERT) is overexpressed in cancers and contains G4 tracts in the promoter region which form higher-order G4 structures; a dual-motif targeting small molecule, GTC365, binds to the G4 and mismatched duplex stem–loop structures [70]. KRAS G4 structures have recently been selectively targeted with triple-cation derivatives of indolo[3,2-c]quinolines (IQc) [71]. The KRAS oncogene is also downregulated through a unique decoy system where pyrene-modified oligonucleotides which form a more stable G4 attract essential transcription factors, preventing transcription from actually happening [72]. Topotecan was developed to selectively target c-myb G4 structures [73]. Beyond these recent examples, many other oncogenes have been identified to contain G-rich
promoter regions, suggesting that there may be selective small molecule inhibitors to genes such as \textit{PDGFRB}, \textit{PDGFA}, \textit{STAT3}, and \textit{FGFR2}.

In addition to being a therapeutic target, G4s are also highly prevalent in biotechnological applications such as biosensors and diagnostics. Aptamers, predominant therapeutic and diagnostic agents to a variety of substrates, exhibit G4s as a crucial structural feature [55]. G4 structures in an aptamer are highly advantageous as they provide thermodynamic and chemical stability, resist serum nucleases, reduce immunogenicity, and increase cellular uptake. Aptamers evolved to target a variety of different ligands using the SELEX method form G4s previous to or upon ligand binding. Some notable examples of G4-containing aptamers include the well-characterized thrombin-binding aptamer (TBA) which forms G4 upon interaction with thrombin [74]. Another catalytic aptamer that forms G4 upon ligand binding is PS2.M, which binds heme to form a G-quadruplex–hemin complex [75]. This unique aptamer requires G4 sequence for function and can be used to mimic the activity of horseradish peroxidase, providing a visual output for detection of various molecules. The spinach aptamer, which recognizes 3,5-difluoro-4-hydroxybenzylidene imidazolinone, contains a G4 motif [76]; since development of the spinach aptamer, derivatives which act as fluorescent binders to other molecules also contain G4 motifs. This provides insight into the structural requirements for fluorescent aptamer ligands.

One unique application of G4s involves the modulation of G4 formation to detect lead ions (Pb$^{2+}$) in solution [77]. A G4 tethered to a carbon nanotube electrode is linear in its native form. In the presence Pb$^{2+}$ ions, a G4 structure is induced, resulting in a greater emission by intercalating agent ethyl green. Another creative diagnostic application includes G4 motifs that were utilized to detect low-abundance nucleic acid molecules such as pathogenic DNA [78, 79]. This employs a technique called quadruplex priming amplification (QPA) where the dissociation of dsDNA and formation of G4 occurs upon primer extension [79]. The G4 structure that forms during QPA is detected by incorporation of 2-aminopurine (2-AP) bases; 2-AP is quenched by neighboring bases in the linear form, but regains emissive properties in the G4 form. It is clear from the current research landscape that G4 structures are (1) highly abundant in the human genome, suggesting their role in biology and therapeutics; (2) predominant in various aptamer structures, suggesting that they play vital stabilizing roles; and (3) emerging in biosensor and diagnostic applications, signifying their potential in other disciplines.

4 \textbf{i-Motif}

4.1 \textbf{Sequence, Structure, and Topology}

The cytosine (C) complement to G-quadruplexes also forms unique higher-order structures. Initially discovered by Gehring et al. [80], C-rich oligonucleotides form an intercalated quadruple-helical tetramolecular structure, called intercalated or i-motifs. Similar to G-quadruplexes, the C-rich region preferentially forms under acidic conditions, but recently it has been shown that these sequences can form
i-motifs at neutral pH depending on the sequence and environmental conditions [81, 82]. The i-motif structure consists of two parallel-stranded duplexes intercalated in an antiparallel orientation (Fig. 7), generally composed of cytosine–cytosine base pair regions and loop regions [83]. The interacting C bases allow for the intercalated structure through a hemi-protonated C:C⁺ base pair with three hydrogen bonds which confers significant stability [82]. The fundamental factor contributing to i-motif stability is the number of C:C⁺ base pairs. A central positive charge and some π stacking further stabilize the interaction of the bases. Loop regions also add a special stability, such as the case of the G:T:G:T tetrad loop [82]. The loop regions define the two classes of i-motifs, where class I and II are characteristic of shorter and longer loops, respectively [84]. Longer loops, contrary to G4 motifs, are more stable than the shorter loops.

i-Motif structures also have topological features associated with their unique secondary structure. As a result of the spatial arrangement of the C:C⁺ base pair, two

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**Fig. 7** i-Motif structure. a Side and b top view of the d(TC₅) intermolecular i-motif. PDB file: 225D. c Chemical and d ball-and-stick representation of the C:C⁺ base pair. i-Motifs exhibit either 3’ (e) or 5’ (f) topology depending on where the outmost C:C⁺ base pair resides.
topologies arise, 3E′ and 5E′ [83]. 3E′ forms when the outmost C:C+ base pair is at the 3′ end of the base, and 5E′ forms when the terminal C:C+ base pair is at the 5′ end. As a result of extended sugar–sugar contacts along the narrow grooves, the 3E′ topology imparts greater stability to the structure [82, 85].

4.2 Biological Relevance

It has been established that i-motifs can form in vivo; furthermore, that they are dependent on the cell cycle and the pH [81, 82, 86]. The environmental conditions which allow for this at physiological pH include salt concentration, negative superhelicty, and molecular crowding. Increasing NaCl concentration to 100 mM destabilizes the i-motif, but further increasing to 300 mM has no more destabilizing effect [85]. Negative superhelicty arises during unwinding of dsDNA during transcription events, and this also promotes i-motif formation. Finally, molecular crowding promotes i-motif formation by preventing Watson–Crick duplex formation and is likely the major factor which allows i-motifs to form in vivo. Uracil bases (U) from spontaneous deamination of cytosine significantly reduce the thermal stability of i-motifs; however, ribonucleic acid i-motif structures, with and without U, have been identified in vitro [87].

Understanding the conditions which promote formation at physiological conditions gives insight into the biological role i-motifs may play. Since G canonically base pairs with C, it is presumed that i-motifs form at the same genomic loci as G4s and therefore that they perform opposite gene regulatory functions. Also like G-rich regions, C-rich regions are found enriched at promoter regions, telomeres, and centromeres. However, not all C-rich regions form i-motifs as formation is dependent on the environmental conditions discussed. Promoter regions shown to form i-motifs include c-Myc, BCL2, and human acetyl-CoA carboxylase (ACC1). Whether or not the c-Myc expression is turned on is dependent on the extent of transcriptionally induced negative superhelicty which promotes i-motif formation. Regulation of Bcl2 by stabilizing molecules identified in a screen shows that presence of the i-motif structure upregulates Bcl2 expression while a hairpin structure represses transcription [85, 88]. AAC1 i-motif formation under molecular crowding conditions upregulates expression. i-Motif foci are more prominent during the G1/S phase, further supporting the notion that i-motif structures play an opposing role to G4 structures in cell biology; G4 suppresses transcription while i-motif activates transcription [82].

Uncovering other i-motif-forming genomic loci requires specific ligands which can recognize these structural motifs. Unlike G4s, there are much fewer i-motif-specific peptide and small molecule ligands ideal for studying i-motifs. This makes it more difficult to identify the spatiotemporal expression of these C-rich higher-order structures in a cellular context. Though some notable ligands have been developed to further this understanding, they each have their disadvantages. A porphyrin ligand, TMPyP4, initially utilized to study G4 interactions showed independent binding to i-motif structures to induce an inhibitory effect on the NM23-H2 involved in transcriptional activation of the c-Myc gene [82, 89]. Molecules such as crystal
violet, bisacridine (BisA), and phenanthroline derivatives have exhibited binding to i-motifs; some were stabilizing probes, but were not selective [88, 90]. Metal-centered ligands such as the ruthenium complex \([\text{Ru(bpy)}_2(\text{dppx})]^2+\) and the terbium aminoacid complex \([\text{Tb}_2(\text{DLHVal})_4(\text{H}_2\text{O})_8]\text{Cl}_6\) bind i-motifs and cause slight structural perturbations. Nanomaterials like carboxyl-modified single-walled carbon nanotubes (C-SWNTs) and graphene quantum dots (GQDs) have shown stabilization of i-motifs through respectively binding the end of the major groove and the internal TAA loop [91, 92]. Two small molecule ligands, IMC-48 and IMC-76, were identified to bind to the i-motif and hairpin conformation of C-rich regions, respectively. These two ligands were utilized to shift the equilibrium of the structures and as a result control expression of \(BCL2\) mRNA. Many proteins have been identified as poly C binding proteins (PCBP) and include heterogeneous nuclear riboprotein K (hnRNPK), a 39-kDa polypeptide from \(Trypanosoma brucei\), and the BmlLF protein of \(Bombyx mori\). Finally, one antibody exists against the i-motif, \(\text{iMab}\). This antibody binds to C-rich, i-motif-forming DNA sequences over other DNA species (dsDNA, hairpins, and G4s) [86].

4.3 Therapeutic and Biotechnological Applications

In stark contrast to G4s as therapeutic targets, i-motifs are significantly lacking. Not many i-motifs have emerged as promising candidates for therapeutics since there are limited selective i-motif ligands, yet creative approaches are being pursued to incorporate i-motifs in therapeutics. The small molecule IMC-76 in concert with ellipticine (GQC-05) simultaneously targets the \(BCL2\) and \(c-Myc\) oncogene promoters. GQC-05 stabilizes the \(c-Myc\) G4 structure and turns off gene expression, while IMC-76 stabilizes the hairpin structure of \(BCL2\) and decreases mRNA levels [93]. The combinatorial approach to nucleic acid structure-targeted therapeutics resulted in high sensitivity of lymphoma cells to the chemotherapeutic drug cyclophosphamide. Further development and refinement of i-motif-specific ligands is paramount to their efficacy as cancer therapeutics.

The i-motif sees a much greater role in the biotechnology space; it is central in the design of nanotechnological systems for analytical and biomedical purposes, relying on the structural transition of i-motif sequences as a result of pH changes. The ease of changing structure is leveraged to provide desired outputs. Some notable examples of the i-motif switch (I-switch) in nanotechnology include monitoring pH, controlling DNA nanostructure assemblies, drug release platforms, and biosensors [83]. The first I-switch, developed by the Krishnan group, was designed to sense and report pH changes along endosomal maturation in living cells in culture and in vivo [94]. The addition of gold nanoparticles (AuNPs) to these switches enhances their ability to detect pH changes by a visible readout of aggregated AuNPs (Fig. 8a) [95]. Leveraging i-motif structural changes, their incorporation into DNA-based assemblies can provide sensitive readouts and key functionalities for various biotechnological applications [96]. Aside from detecting pH, i-switches can act as a controllable release mechanism, e.g., capping mesoporous silica nanoparticles that can open and close their pores to release cargo by changing pH [97]. Anchoring a
dense monolayer of i-motifs with polyA connectors to a flat gold surface also generates a nanocarrier; the i-motifs effectively cap the interior polyA, creating a lid over encapsulated ions or small molecules. i-Motifs have also been utilized in the controlled formation of DNA-based nanomaterials [96]. A 1D “wire” of i-motif-containing oligonucleotides was initially developed by Ghodke et al., where the designed DNA strands were annealed at low pH to allow for growth to persist in one direction (Fig. 8b) [98]. In a similar design, i-motifs were central to the formation of DNA pillars [99]. Allowing i-motif oligos to propagate in three dimensions generates a pH-responsive DNA hydrogel [100].

5 Nucleic Acid Junctions and Nanostructures

5.1 Biological Relevance and Structure

Helical junctions, or points where two nucleic acid helices cross over one another, are important in biological processes. For RNA, as discussed in Sect. 1, three-way junctions mainly serve an architectural and stabilizing role. Meanwhile for DNA, four-way junctions are key intermediates of homologous recombination events during meiosis; they are observed in various DNA repair events to maintain genomic integrity. The biological relevance of this junction was initially proposed by Robin Holliday in 1964 to describe the mechanism of DNA strand
exchange which results in genetic diversity. As such, these DNA-based four-way helical junctions are also known as Holliday junctions (HJ). In biology, HJs exhibit the ability to migrate along the DNA axis based on homologous sequence and are resolved by the action of enzymes which recognize the specific topological features of the crossover. Though most prominently studied in DNA, crossover events have also been observed in RNA of the Brome mosaic virus (BMV) [101]. Since HJ structures exhibit homology, they are mobile along the DNA strand, a phenomenon called branch migration (Fig. 9a). This initially rendered it difficult to characterize them in vitro, but the generation of “immobilized” junctions [102, 103] allowed for the characterization of the DNA crossover structures [104–106].

The two DNA helices can align parallel or antiparallel to one another, resulting in two different mechanisms of strand exchange: crossed and un-crossed (or “square”) (Fig. 9b). But how these strands exchange in three-dimensional space was first determined through biochemical assays performed by Lilley [107]; the crossovers adopt a global X shape, where the two helical arms stack over one another. Lilley also showed that these crossovers require divalent cations such as Mg$^{2+}$ to remain stable. In 1994, the first crystal structure of a Holliday junction complexed with a resolving enzyme was obtained [108]. We now have many

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**Fig. 9** Structure of a 4-way DNA junction (Holliday junction). a Homologous sequences of DNA can come together via reciprocal strand exchange to generate a 4-way junction. The junction is mobile along the DNA allowing for branch migration. b Strand exchange can occur from different helical alignments (parallel and antiparallel) as well as different strand arrangements (crossed or square). c Crystal structure of a Holliday junction [109] (PDB 2CRX) revealing an X-type tertiary structure.
crystal structures of HJ-resolvases, providing a clear picture of these crossovers (Fig. 9c).

5.2 Therapeutic and Biotechnological Applications

The most prominent use of DNA junctions in biotechnology and therapeutics has been in the construction of DNA nanostructures. This significant discipline of the structural DNA nanotechnology field emerged from the ability to generate immobile (those which do not undergo branch migration) four-way helical junctions [102, 110]. Ned Seeman utilized these immobile junctions in the construction of repeating and periodic DNA branched junctions, resulting in DNA lattices and other higher-order DNA structures [102]. Some systems rely on structural motifs such as branched junctions [111] and stem–loops [112] to generate DNA-based hydrogels. The judicious incorporation of these elements and the base-pairing design allows for hybridization chain reactions to propagate and generate a long, complex, and entangled mesh of DNA, or hydrogel. Such hydrogels have broad biomedical applications for controlling cell growth or development as well as controllable drug release [113, 114].

In another design approach, the alignment of multiple, parallel HJ motifs along two DNA duplexes generates paranemic crossover (PX) structures [115]; these have been used in nanostructure formation, computation, and nanomachines [116]. The expansion of HJ motifs into an in vitro assembly of multiple repeating units pioneered the DNA nanostructure field and gave rise to the use of DNA as a spatially addressable material [102]. Later, others began developing different types of DNA nanostructures based on the same concept. Paul Rothemund utilized multiple branched junctions as structural motifs to fold single-stranded bacteriophage DNA, M13mp18, creating the DNA origami technique (Fig. 10a) [117, 118]. Peng Yin developed the self-assembly of DNA tiles and bricks to further expand the rapidly growing number of structures that can be made using short DNA oligonucleotides (Fig. 10b, c) [119–121].

Strategic base pairing and formation of crossover junctions underscores the DNA nanotechnology field, allowing researchers to develop specific and precise shapes on the nanometer scale. The ever-growing chemical modifications available to DNA and the inherent specificity of DNA allows for the precise placement of various ligands [121]. Incorporation of stimuli-responsive species imparts control to DNA nanostructures, promoting mechanical motions, specific outputs, or timed-release. These exquisite properties and characteristics make DNA nanostructures advantageous tools for a variety of biotechnological and therapeutic applications, the major categories being molecular tools, biosensors, and cell delivery agents [127].

The precise placement of ligands has enabled development of “molecular pegboards” as tools to study individual molecular interactions, distance requirements, and enzymatic cascades. Recent efforts have utilized DNA origami and other DNA-based structures to understand physical determinants for energy transfer [128–130]. Investigation and utilization of enzymatic cascades have also benefited greatly from the properties of templated DNA nanostructures (Fig. 10d) [122, 131, 132]. One
Fig. 10 DNA and RNA nanostructures and their applications. 

(a) The DNA origami technique judiciously places crossover junctions to fold ssDNA into nanoscale objects. Adapted with permission from Ref. [118]. Copyright 2017, The Japan Society of Applied Physics. 

(b) Single-stranded oligonucleotides containing four variable domains repeatedly assemble by crossovers, leading to the design of DNA tiles which generate various shapes and patterns. Adapted with permission from Ref. [120]. Copyright 2012, Springer Nature. 

c) DNA bricks form a “LEGO-like” interaction of two DNA strands with complementary head/tail regions. The perpendicular arrangement of complementary DNA strands generates three parallel helices for each pair of bricks, allowing the structure to be built into controlled, three-dimensional shapes. Adapted with permission from Ref. [119]. Copyright 2012, American Association for the Advancement of Science. 

d) Enzymatic reactions are studied using DNA origami. A DNA origami unit containing NeutrAvidin (NTV) sites was designed to encapsulate biotinylated glucose oxidase (GOX) or horseradish peroxidase (HRP) enzymes. The nanoreactors dimerize through base pair interactions and their close proximity allows for the enzymatic cascade to ensue, producing TMB*. Adapted with permission from Ref. [122]. Copyright 2015, Royal Society of Chemistry. 

e) DNA origami enables single-molecule analysis. A single-stranded probe placed on the origami surface is indistinguishable by atomic force microscopy (AFM). Upon hybridization with a single target RNA strand, a V-shaped junction is formed and is easily visible by AFM. Adapted with permission from Ref. [123]. Copyright 2012, Wiley-VCH Verlag GmbH and Co. f) DNA nanostructures act as drug delivery systems. Drug-loaded DNA nanostructures can be appended with cell-targeting ligands. The nanostructures enter the cells via receptor-mediated endocytosis where they are then degraded to release the drug cargo. Adapted with permission from Ref. [124]. Copyright 2018, American Chemical Society. 

g) RNA structural motifs are utilized to controlably build polygons. The top row shows the 3D structures of representative structural motifs, PDB codes from left to right: 180° KL (1JJM), RA (1JJ2), tRNA (4TNA), and 3WJ (4V4Q). The bottom row shows various polygonal shapes made with the representative structural motifs. The colors in the polygons correspond to the regions colored in the top row. Adapted with permission from Ref. [125]. Copyright, 2018 Elsevier. 

h) RNA origami can be folded co-transcriptionally to produce RNA tiles. As the RNA is transcribed from the DNA template, the programmed 180° and 120° KL motifs form to produce 11 helical subdomains. Adapted with permission from Ref. [126]. Copyright 2014, American Association for the Advancement of Science.
particular system incorporates a four-way junction and two crossover motifs to strategically place glucose oxidase (GOx) and horseradish peroxidase (HRP) enzymes which are controlled by a strand displacement mechanism [133]. Origami surfaces are also an advantageous platform for single-molecule analysis (Fig. 10e) [123], and the development of a DNA origami “frame” allowed for the investigation of various nucleic acid interactions [127]. At the same time, origami structures can be designed to mimic more intractable biological structures, such as transmembrane pores, to understand the key determinants for molecular transport [134, 135]. In a unique approach, a DNA-based copy-print system confers two-dimensional information from a DNA origami sheet to the surface of AuNPs [136]. DNA origami-based nanoimprinting lithography (DONIL) [136] shows great promise for self-assembly of nanostructures to be applied in biomedical applications for precisely tailored optical and electronic properties. Together, the variety of applications of DNA origami as molecular tools provides a wealth of opportunities for the translation of these structures in diverse disciplines related to biomedical research.

Aside from providing a platform for fundamental understanding of biological phenomena as just described, these controllable origami structures are incredibly advantageous for therapeutic applications such as biosensing and drug delivery. The addition of i-motifs, fluorophores, AuNPs, and other responsive modules and outputs are all major players in the development of DNA origami biosensors [137, 138]. Recently, we have constructed a star-shaped DNA architecture, called “DNA star” that contains five 4-arm junctions at each of the inner pentagon vertices. At these junctions, 10 dengue envelope protein domain III (ED3)-binding aptamers are placed in a precise 2D pattern which mirror the spatial arrangement of ED3 clusters on the dengue viral surface. The resulting polyvalent, spatial pattern-matching interactions provide high dengue-binding avidity, which leads to potent viral inhibition. Hybridization of fluorescent output pairs renders the DNA star into a sensitive dengue biosensor [139]. In another recent work, a supramolecular DNA origami precisely immobilized AuNPs to localize single dye molecules for the generation of surface-enhanced Raman scattering (SERS) [140]. This provides a new approach to single-molecule studies using the well-characterized DNA origami as a platform, showing the breadth of disciplines where DNA origami-based advances are still being uncovered. Finally, DNA-based materials have been intercalated with anticancer drugs such as doxorubicin, and directly conjugated with disease-targeting ligands for specific, efficient, and controllable drug delivery (Fig. 10f) [124].

As a more conformationally dynamic and complex nucleic acid species, RNA has also been employed for the generation of nanostructures [125]. The rise of RNA as a nanostructure scaffold has emerged from the assembly of packaging RNA (pRNA) into dimers, trimers, and hexamers, and the observation that kissing loops promote RNA structural formation [141]. Since these formative discoveries, great efforts were made to generate more complex and chemically defined RNA nanostructures. Precise programming of secondary and tertiary interactions including kissing loops, hand-in-hand, foot-to-foot, crossovers, and junctions leads to the engineering of higher-order RNA structures such as nanoparticles, tiles, lattices, polyhedra, and origami [141, 142]. Specific structural motifs have been utilized to build various polygonal nanostructures (Fig. 10g), and are fully summarized with in a recent review by
Ohno et al. [125]. Exemplar advancements in RNA as structural tools involve the design of single-stranded RNA to fold back over on itself without the formation of knots [143], and the unique design of an RNA which concomitant with transcription folds back on itself to form structural elements requisite for tile formation (Fig. 10h) [126]. RNA nanoparticles are utilized to contain other therapeutically active RNA species such as siRNA, ribozymes, and aptamers [37]; meanwhile, other structural RNAs are utilized as molecular scaffolds to enhance bacterial metabolic activity, control mammalian cell surface interactions, and cell fate signals through localization and aggregation of distinct molecular targets [125].

6 Conclusions and Future Outlooks

6.1 Proteins Join the Game

Proteins existing naturally in biological systems specifically bind DNA on the basis of sequence. These include transcription activator-like (TAL) effector proteins and the CRISPR-associated proteins. TAL proteins produced by plant pathogenic bacteria recognize sequence-specific promoter regions of host cells; meanwhile, the protein recognition region allows for protein engineering to develop those which bind user-defined sequences. These proteins have been cleverly applied to fold DNA species into DNA–protein hybrid shapes, similar to the DNA origami method [144]. Bringing proteins into the fold of megadalton, multilayer DNA structures promotes structural rigidity for more robust applications. This natural, sequence-specific DNA–protein interaction can also be leveraged by the CRISPR-associated proteins and can lead to greater nucleic acid-based tools for biotechnological applications.

RNA nanostructures have also been constructed through a combination of RNA–protein (RNP) interactions. Various proteins are known to interact with specific RNA structural motifs, e.g., the L7 protein binds a specific target called “box C/D”. Tailoring the RNA sequence and judicious choice of RNA-binding protein result in formation of complex which can generate triangular and square RNP structures [125].

6.2 Unnatural Modifications for Stability and Applicability

Extensive reports of unnatural modifications in the nucleic acid structural motifs discussed above have revealed our ability to chemically manipulate these naturally found structures for prolonged stability or to promote a particular equilibrium/structure formation in vivo. G4 and i-motif both have the ability to incorporate nucleic acid modifications to increase stability. While most sugar modifications destabilize i-motifs, modification of the phosphates promotes i-motif formation [82]. Phosphorothioate allows formation at neutral pH and Rp-chirality exhibits greater stabilization of the i-motif [82]. Peptide nucleic acids (PNA) and locked nucleic acids (LNA) have been investigated to form these higher-order structures [54]. While they have been shown to form G4 and i-motifs, PNA tends to do so at narrower pH ranges.
Though RNA has greater conformational flexibility which confers a greater molecular design space, it is also more susceptible to degradation, a tremendous disadvantage for applicability. Yet the increasing number and incorporation of nucleic acid modifications have enabled the use of RNA as a molecular scaffold amenable to applications in vivo [141].

Funding Xing Wang was funded by HT Materials Corporation. Jinwei Duan was funded by Natural Science Foundation of Shaanxi Province (Nos. 2017JQ2035, 2018JQ2023) and Fundamental Research Funds for the Central Universities (No. 300102129101).

Compliance with Ethical Standards

Conflict of interest On behalf of all authors, the corresponding authors state that there is no conflict of interest.

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