Continuous “Over and Over” Suture for Tricuspid Ring Annuloplasty

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Background: A ring implantation in the tricuspid annulus requires many interrupted mattress sutures for correction of tricuspid regurgitation (TR). In this study, tricuspid ring annuloplasty was performed by 2-0 polypropylene continuous suture instead of multiple interrupted 2-0 polyester mattress sutures, and the efficacy of the method was evaluated. Materials and Methods: This study included 20 patients who underwent tricuspid ring annuloplasty by continuous suture between May 2009 and July 2010. Four of the patients had an isolated TR, and the rest had a left-sided cardiac lesion. The concomitant tricuspid annuloplasty was performed after the left-sided heart surgery was completed and a Duran flexible ring prosthesis was used. Results: There was no perioperative mortality or conduction problem. More than a moderate degree of TR was improved to less than a mild degree after the procedure. After the ring annuloplasty, the right atrial volume decreased from 123.7±69.2 mL to 74.5±37.4 mL, and the mean right atrial pressure was lowered from 18.7±12.2 mmHg to 8.9±5.5 mmHg. Conclusion: The continuous “over and over” suture may be a useful procedure for fixing the ring to the annulus and making an intentional annular placation in performing tricuspid ring annuloplasty.

Key words: 1. Tricuspid valve 2. Tricuspid valve insufficiency 3. Tricuspid valve repair

INTRODUCTION

Functional tricuspid valve regurgitation (TR) associated with mitral valve disease has not been considered to be serious because it can be improved after the mitral valve lesion is surgically managed. In patients undergoing mitral valve surgery, an isolated tricuspid valve surgery for remnant or aggravated severe TR usually indicates a poor outcome with high perioperative mortality, poor survival, and no significant improvement in functional capacity [1,2].
Table 1. Preoperative characteristics of patients undergoing tricuspid ring annuloplasty (n=20)

| Characteristics                        | Preoperative values |
|----------------------------------------|---------------------|
| Age (yr)                               | 60.2±11.6           |
| Sex (male:female)                      | 8:12                |
| Follow-up interval (mo)                | 8.4±5.4             |
| NYHA III, IV                           | 10 (50)             |
| Tricuspid valve lesion                  |                     |
| Functional:traumatic (chorda rupture)  | 19:1                |
| Mitral valve lesion                     |                     |
| Rheumatic:degenerative:prosthesis dysfunction | 9:3:1             |
| Isolated TR                            | 4 (20)              |
| Previous operations (DVR, ASD closure, MVR, LA myxoma excision) | 4 (20) |
| Atrial fibrillation                     | 13 (65)             |
| Renal failure                          | 3 (15)              |
| Previous CVA                           | 3 (15)              |

Values are presented as mean±standard deviation or number (%).

NYHA=New York Heart Association; TR=tricuspid regurgitation; DVR=double valve replacement; ASD=atrial septal defect; MVR=mitral valve replacement; LA=left atrium; CVA=cerebrovascular accident.

performed a ring annuloplasty using the continuous suture technique and assessed the clinical outcome of the ring annuloplasty for functional TR.

MATERIALS AND METHODS

1) Patients

From May 2009 to July 2010, 20 patients (male/female, 8/12; mean age, 60 years) with functional TR underwent tricuspid ring annuloplasty using a continuous suture technique.

The indications for tricuspid ring annuloplasty were mild to severe TR, marked annular dilatation (tricuspid annulus diameter 4 cm or more by echocardiography) irrespective of any TR grade. Nineteen of them had functional TR without an organic change in the valve leaflet and one patient had TR with chordal rupture secondary to blunt chest trauma. Four patients had isolated TR and 16 had functional TR secondary to left heart valve disease or valve surgery. Ten patients were in more than New York Heart Association (NYHA) Class III (Table 1). Perioperative changes in the degree of TR were evaluated by transthoracic echocardiography. The last postoperative echocardiographic results, which were available in 16 patients, were obtained more than 6 months postoperatively.

2) Surgical procedures

After a median sternotomy, cardiopulmonary bypass was initiated with a standard aortic cannula and two vena cava cannulas. The tricuspid valve repair was performed after the left cardiac procedures were completed. The ring annuloplasty was performed on an arrested heart in 17 patients and on a beating heart in three. For the ring annuloplasty, a Duran ring was used in all patients. Two septal sutures at the anterosetal and posteroseptal commissures with 2-0 polypropylene were placed and then the suture was passed through the two markers of the ring. The ring was lowered down to the annulus and one arm of each suture was passed along the septal annulus in an over-and-over fashion and they were tied when they met. The other arm of each suture was passed along the anterior and posterior annulus and then tied. In this way, the annulus size was reduced equidistantly (Fig. 1).

3) Statistical analysis

Continuous values are expressed as the mean±standard deviation and were compared by paired and unpaired t-tests.
**Table 2. Patient surgical characteristics**

| Variables                          | Values          |
|------------------------------------|-----------------|
| CPB time (min)                     | 118±36          |
| ACC time (min)                     | 93±38           |
| Sizes of rings used (mm)           |                 |
| 27                                 | 1 (5)           |
| 29                                 | 10 (50)         |
| 31                                 | 8 (40)          |
| 33                                 | 1 (5)           |
| Left-sided prostheses (mm)        |                 |
| Mitral prostheses                 |                 |
| Carbomedic valve                   | 6 (30)          |
| Hancock II valve                   | 2 (10)          |
| Aortic prostheses                 |                 |
| Hancock II valve                   | 3 (15)          |
| Aortic prostheses                 |                 |
| 21                                 | 2 (10)          |
| 23                                 | 1 (5)           |
| Additional Kay procedure           | 4 (21)          |
| Maze                               | 12 (63)         |
| Concomitant procedures            |                 |
| MVR                                | 7               |
| MVR + AVR                          | 3               |
| MVP                                | 2               |
| MVR + ASD closure                  | 1               |
| ASD closure                        | 2               |
| VSD closure + PDA ligation         | 1               |

Values are presented as mean±standard deviation or number (%).

CPB=cardiopulmonary bypass; ACC=aortic cross clamp; MVR=mitral valve replacement; AVR=aortic valve replacement; MVP=mitral valvuloplasty; ASD=atrial septal defect; VSD=ventricular septal defect; PDA=patent ductus arteriosus.

Categorical variables were analyzed by Fisher’s exact test using cross tabulation, and categorical ordinal variables were compared by the Wilcoxon signed rank test. The changes and differences of values were considered statistically significant at a p<0.05.

**RESULTS**

The surgical data are described in Table 2. There was no perioperative mortality or any conduction problems. One patient required placement of a permanent pacemaker due to sinus dysfunction. The NYHA class of the patients improved and the grade of TR was reduced to less than mild after the operation. After the ring annuloplasty using the continuous suture technique, perioperative echocardiographic values were significantly improved (Table 3). At the mean follow-up duration, none has aggravation of the degree of TR or the annular dimension (Table 4).

**DISCUSSION**

In an early study, Braunwald et al. [6] suggested that secondary TR resolves after mitral valve replacement (MVR) and a concomitant tricuspid procedure is not needed. However, nowadays, it is accepted that TR might not improve after mitral valve surgery and even regurgitation might aggravate as much as 20 years later [7-10]. Although there is no complete consensus on the guidelines for tricuspid valve (TV) repair, TV repair is usually indicated for severe TR in patients undergoing mitral valve surgery, concomitant TV repair with a TA diameter >40 mm or moderate TR, symptomatic functional TR despite medical management, or symptomatic isolated TR late after left-sided valve surgery. However, the American College of Cardiology/American Heart Association guidelines do not clearly recommend TV repair when TR is less than severe in patients undergoing mitral valve surgery [11-13]. In general, a more aggressive concomitant tricuspid annuloplasty is recommended at the initial major procedure because the delayed secondary TR and reoperation for residual TR show a poor outcome [14-17].

The most common finding of functional TR is an annular dilatation, which subsequently disturbs coaptation of tricuspid leaflets, secondary to the right ventricular dilatation. Several methods such as suture annuloplasty, ring annuloplasty, annuloplasty using tissue materials, and even tricuspid valve replacement have been used for elimination of functional regurgitation. Recent studies have demonstrated that ring annuloplasty is the most effective of the techniques, but 14% of patients with ring annuloplasty had remnant or recurrent TR of 3 to 4+ [18]. We believe that the early residual regurgitation was related to the suture technique for ring implantation. The usual suture technique for ring implantation is interrupted mattress sutures that are placed along the tricuspid annulus and enable gathering up the annulus, resulting in
### Table 3. Preoperative and postoperative echocardiographic findings

| Variables                          | Preoperative value | Postoperative value | p-value |
|-----------------------------------|--------------------|---------------------|---------|
| NYHA class                        | 2.7±0.8            | 1.2±0.4             | 0.00    |
| Tricuspid annulus size (mm)       | 31.7±6.3           | 19.8±6.2            | 0.00    |
| Pulmonary arterial pressure (mmHg)| 67.6±22.9          | 48.1±15.3           | 0.006   |
| Right ventricular function        | 1.1±0.9            | 0.6±0.9             | 0.013   |
| Size grade of right ventricle     | 1.3±1.2            | 0.2±0.6             | 0.002   |
| Right atrial pressure (mmHg)      | 17.9±10.9          | 8.1±3.9             | 0.002   |
| Right atrial volume (mL)          | 120.2±68.1         | 69.7±30.9           | 0.001   |
| Inferior vena cava diameter       | 2.35±0.44          | 2.07±0.39           | 0.024   |
| Interventricular septal shifting to left ventricle (no.) | 7                  | 4                   | 0.026   |
| Tricuspid regurgitation grade     | 2.47±0.49          | 0.82±0.51           | 0.00    |

Values are presented as mean±standard deviation. Ordinal values are expressed as follows: normal=0, mild=1, moderate=2, severe=3.

NYHA=New York Heart Association.

### Table 4. Echocardiographic findings at more than 6 months after operation (n=16)

| Variables                                      | Postoperative values |
|-----------------------------------------------|----------------------|
| Mean follow-up interval (mo)                  | 12.4±6.6             |
| Tricuspid annular dimension (mm)              | 19.0±1.6             |
| Pulmonary arterial pressure (mmHg)            | 35.9±14.4            |
| Right ventricular function                    | 0.35±0.49            |
| Right ventricular size                        | 0.29±0.47            |
| Right atrial pressure (mmHg)                  | 7.2±3.8              |
| Right atrial volume (mL)                      | 70.2±33.0            |
| Inferior vena cava diameter                   | 1.9±0.4              |
| Interventricular septal shifting to left ventricle | 0                   |
| Tricuspid regurgitation grade                 | 0.79±0.25            |

Values are presented as mean±standard deviation. Ordinal values are expressed as follows: normal=0, trace=0.5, mild=1, moderate=2, severe=3.

a reduction in annular size [19,20]. The interrupted sutures cannot always make intentional even plication of the tricuspid annulus. However, when the annular plication is not made with the continuous suture technique, the suture can be released before tying and the annular plication length be redistributed. We concluded that interrupted sutures make it difficult to adjust the annulus size by the areas of the anterior and posterior leaflets but a continuous suture can be easily performed to allow the adjustment of the size to fit the leaflet area. For these reasons, we changed the suture technique.

TR is strongly related to the annulus dimension: TR was seen when the dimension was larger than 34 mm [21]. In our study, the preoperative mean annulus dimension measured by echocardiography was 31.7 mm and even a tricuspid annulus measured 22 mm in diameter showed moderate regurgitation. Postoperatively, the mean annular dimension was 19.8 mm and all the patients revealed less than mild regurgitation, which even 6 months later was still not aggravated in any of the patients. In addition, the ring annuloplasty improved the postoperative hemodynamic values and did not result in perioperative mortality or conduction problems. These results suggest that the continuous suture technique for tricuspid ring implantation is safe and effective.

This study is limited by the small number of patients and short study duration; a report on longer-term surgical outcomes is needed.

### CONCLUSION

Various methods of tricuspid annuloplasty have been used to manage TR. To obtain better outcomes, a ring prosthesis should be used when tricuspid annuloplasty is performed.

Instead of the interrupted mattress suture technique using many sutures, a continuous suture technique for the ring implantation in tricuspid annulus is associated with reasonable postoperative clinical outcomes. Therefore, this method is thought to be a useful way of performing tricuspid ring annuloplasty.
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