Coccidioidal Endophthalmitis in Immunocompetent Person, California, USA

To the Editor: In the United States, dimorphic fungi of the species *Coccidioides* are endemic to California (particularly the Central Valley), southern Arizona, southern New Mexico, and western Texas. Although there are a relatively large number of coccidioidomycosis cases in the United States (≈150,000/year), intraocular coccidioidomycosis is uncommon (1,2). We report a case of coccidioidal endophthalmitis in an immunocompetent person.

In October 2010, a 55-year-old white man in Santa Clarita, California, had severe pneumonia, drenching sweats, and an associated 25-pound weight loss. Three weeks later, when his symptoms had nearly resolved, the man reported having scratched his left eye with his eyeglasses and subsequent development of increasing redness, pain, and progressive vision loss (from 20/10 to 20/60 without correction).

In November 2010, the man sought the care of an ophthalmologist, who noted panuveitis of the left eye. Laboratory testing was performed: the erythrocyte sedimentation rate was 49 mm/h (reference 0–22 mm/h), and test results were negative for human leukocyte antigen B27, angiotensin-converting enzyme, rapid plasma reagin, and antinuclear antibody.

The patient was started on topical corticosteroids and escalated to high-dose prednisone soon thereafter without improvement. Pain continued to increase in his left eye, and visual acuity declined to hand motion only.

Thus, in February 2011, the patient was referred to our institution, where an ocular ultrasound showed vitreous opacities (Figure). He underwent vitrectomy with intravitreal injection of empiric antimicrobial drugs, including voriconazole. Aqueous fluid obtained intraoperatively grew mold, and the patient was admitted to the hospital for systemic antifungal therapy.

The patient’s history was unremarkable except for avid mountain biking in the Central Valley of California. His physical examination was notable for left visual acuity limited to hand motion only, limited extraocular movement, conjunctival injection, and hypopyon. His HIV test result was negative. Computed tomography (CT) scanning of the chest showed micronodules in the right upper lobe, suggesting previous pulmonary coccidioidal infection. Intravenous voriconazole (4 mg/kg every 12 hours) was administered along with daily intravitreal injections of voriconazole while the patient was hospitalized. Results for coccidioidal antibody testing were positive by enzyme immunoassay and immunodiffusion but negative by serum complement fixation. Nucleic acid hybridization testing of aqueous fluid cultures identified *Coccidioides* spp. Results of a CT brain scan, lumbar puncture, and bone scan were normal.

After 1 week of hospitalization, the patient was discharged on oral voriconazole (4 mg/kg 2×/day). Because of transaminitis, the patient was transitioned to fluconazole (800 mg/day) 4 weeks later. He underwent 13 subsequent intravitreal injections of amphotericin and voriconazole. Eleven months after discharge, the patient’s best-corrected visual acuity was 20/25, and his ocular media were clear and without any lesions.

Coccidioidomycosis often goes undetected because up to 60% of affected patients are asymptomatic (3). When signs and symptoms are present, they vary from subclinical infection to acute pneumonia to disseminated disease (3). The rate of extrapulmonary complications is estimated at 0.5% of infections in white persons, but such complications may occur in...
30%–50% of immunosuppressed patients with coccidioidomycosis (3). Disseminated coccidioidomycosis typically involves the skin, meninges, or bone (3); however, intraocular involvement has also been described (1). A review of the literature shows 25 reported cases of intraocular coccidioidomycosis. When present, intraocular involvement is associated with serious consequences, frequently leading to eye enucleation; 1 case series described eventual enucleation in 50% of reported patients who did not die from disseminated coccidioidal infection (2).

For the patient in our report, in the setting of reported trauma and negative metastatic work-up results, it is unclear whether ocular disease resulted independently as an exogenous infection or from endogenous lymphatic and/or hematogenous spread from the patient’s lung. Diagnosis of coccidioidal endophthalmitis can be difficult, often relying on serum or nonocular tissue evaluation (4). Intraocular coccidioidal involvement usually occurs with widespread infection (5). Thus, even with apparent isolated ocular findings, evaluation for disseminated disease is warranted, including a careful history and physical examination, CT chest scan, bone scan, intracranial imaging, and lumbar puncture. Evaluation for immunosuppression, including HIV status, is warranted.

The optimal systemic antifungal therapy for intraocular coccidioidal infection is unclear, although fluconazole is the drug of choice for extrapulmonary coccidioidomycosis, including meningitis (3). Fluconazole has good ocular penetration; however, voriconazole also achieves excellent intraocular levels (6) at lower 90% minimum inhibitory concentration levels (7). Furthermore, Gabrielian and Hariprasad (8) described an immunocompetent patient with treated and stable nonocular disseminated coccidioidomycosis who showed development of new vitritis and choroiditis 8 weeks into high-dose fluconazole therapy; his intraocular disease resolved within 2–4 weeks of transition to voriconazole.

The patient in our report received systemic voriconazole for 4 weeks plus repeated intravitreal voriconazole injections on follow-up. It is possible that this initial therapy had an effect on his positive outcome and the avoidance of eye enucleation. The optimal length of therapy is unclear; however, this patient will receive prolonged treatment (≥1 year) with high-dose fluconazole, followed by a slow taper guided by serologic testing and regular ophthalmologic examination. Future research should evaluate which antifungal therapy is superior and the appropriate duration of treatment.

Michael L Cheng, Matthew Leibowitz, and Edward Ha
Author affiliation: University of California, Los Angeles, California, USA
DOI: http://dx.doi.org/10.3201/eid1806.111765

References
1. Cutler JE, Binder PS, Paul TO, Beamis JF. Metastatic coccidioidal endophthalmitis. Arch Ophthalmol. 1978;96:689–91. http://dx.doi.org/10.1001/archophthalm.1978.03910050379016
2. Rodenbiker HT, Ganley JP. Ocular coccidioidomycosis. Surv Ophthal. 1980;24:263–90. http://dx.doi.org/10.1016/0039-6257(80)90056-9
3. Galgiani JN, Ampel NM, Blair JE, Catanzaro A, Johnson RH, Stevens DA, et al. Infectious Diseases Society of America. Coccidioidomycosis. Clin Infect Dis. 2005;41:1217–23. http://dx.doi.org/10.1086/496991
4. Cunninghamham ET, Seiff SR, Berger TG, Lizotte PE, Howes EL, Horton JC. Intraocular coccidioidomycosis diagnosed by skin biopsy. Arch Ophthalmol. 1998;116:674–7.
5. Moothy RS, Rao NA, Sidikaro Y, Foos RY. Coccidioidomycosis iridocyclitis. Ophthalmology. 1994;101:1923–8.
6. Riddell J IV, Comer GM, Kauffman CA. Treatment of endogenous fungal endophthalmitis: focus on new antifungal agents. Clin Infect Dis. 2011;52:648–53. http://dx.doi.org/10.1093/cid/ciq204
7. Blumenkranz MS, Stevens DA. Therapy of endogenous fungal endophthalmitis: miconazole or amphotericin B for coccidioidal and candidal infection. Arch Ophthalmol. 1980;98:1216–20. http://dx.doi.org/10.1001/archophthalm.1980.01020040068006
8. Gabrielian A, Hariprasad SM. New onset of bilateral multifocal coccidioidomycosai choroiditis in a patient on oral fluconazole. Can J Ophthalmol. 2010;45:419–20. http://dx.doi.org/10.3129/109-270

Address for correspondence: Edward Ha, 757 Westwood Plaza, Suite 7501, Los Angeles, CA 90095, USA; email: eha@mednet.ucla.edu

Human MRSA Isolates with Novel Genetic Homolog, Germany

To the Editor: Methicillin-resistant Staphylococcus aureus (MRSA) represents a major cause of hospital-, community- and livestock-acquired infections that are increasingly difficult to manage (1–3). Detection and identification of MRSA by culture and nucleic acid–based methods is challenged by heterogeneous penicillin-binding protein 2a (PBP2a) expression and variability of the staphylococcal cassette chromosome (SCCmec) elements. Recently, a new SCCmec element (XI) carried in bovine and human isolates was described (4,5). This SCCmec element contains a novel mecA homolog, designated mecA_{LEA251} that is not detectable by usual mecA-specific PCR approaches and PBP2a agglutination tests. García-Álvarez et al. reported this novel mecA homolog exhibited 70%