A Precise Measurement of the Orbital Period Parameters of Cygnus X-3

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Received 2016 September 27; revised 2017 September 19; accepted 2017 September 20; published 2017 November 8

Abstract

We present X-ray light curves of Cygnus X-3 as measured by the recently launched AstroSat satellite. The light curve folded over the binary period of 4.8 hr shows a remarkable stability over the past 45 years and we find that we can use this information to measure the zero point to better than 100 s. We revisit the historical binary phase measurements and examine the stability of the binary period over 45 years. We present a new binary ephemeris with the period and period derivative determined to an accuracy much better than previously reported. We do not find any evidence for a second derivative in the period variation. The precise binary period measurements, however, indicate a hint of short-term episodic variations in periods. Interestingly, these short-term period variations coincide with the period of enhanced jet activity exhibited by the source. We discuss the implications of these observations on the nature of the binary system.

Key words: accretion, accretion disks – binaries: close – stars: individual (Cyg X-3) – X-rays: binaries

1. Introduction

Cygnus X-3 (hereafter Cyg X-3) is an enigmatic X-ray binary. It is bright in almost all parts of the electromagnetic spectrum except the optical band, which likely due to heavy extinction inherent to the source (Milgrom 1976; Bonnet-Bidaud & Chardin 1988; Fender et al. 1999). The binary system consists of a compact object, which accretes matter from the companion star. The nature of the compact object of the source is still uncertain due to the absence of reliable mass function estimates. Zdziarski et al. (2013) have presented arguments based on the radial velocity variation of the compact object from X-ray spectral lines and the mass-loss rate to conclude that the mass of the compact object is $2.4^{+0.1}_{-0.1} M_\odot$, which could either be a neutron star or a black hole. The broadband spectral properties, however, suggest a low-mass black hole (Szostek et al. 2008; Szostek & Zdziarski 2008; Vilhu et al. 2009). The orbital modulation of the X-ray flux has been explained by a low temperature cloud of plasma surrounding the compact object asymmetrically, which Compton scatters the radiation (Zdziarski et al. 2010).

The X-ray light curve of the source has a well documented binary orbital modulation of 4.8 hr. The stability of this strong binary modulation of Cyg X-3 is one of the characteristics that sets this source apart (Ghosh et al. 1981).

Apsidal motion in the source is not detected in the time frame of ~40 years (Singh et al. 2002) thus ruling out any significant eccentricity in the binary orbit (Ghosh et al. 1981). The short binary period of 4.8 hr implies a small binary separation and combined with the fact that the companion is a Wolf–Rayet star it shows that the Roche lobe radius of the secondary is indeed tight. The system has undergone ~87,000 revolutions since the first observation and the only long-term variation in the period is observed to be secular, which indicates that the system is tidally synchronized and phase locked.

Therefore, it is important to confirm the stability of the binary period at longer timescales and, in this paper, we provide an improved binary ephemeris. An examination of the evolution of the arrival time is very crucial as it discerns the short-term change in the $P$, which demands a physical explanation not hitherto attempted for this source.

The evolution of the binary period of Cyg X-3 has been studied by many authors (Leach et al. 1975; Parsignault et al. 1976; Manzo et al. 1978; Lamb et al. 1979; Mason & Sanford 1979; Elsner et al. 1980; van der Klis & Bonnet-Bidaud 1981, 1989; Kitamoto et al. 1987; Singh et al. 2002). Lamb et al. (1979) gave an estimate of the period and its derivative while using the data of Mason et al. (1976). A template for the binary modulation profile was given by van der Klis & Bonnet-Bidaud (1989) which was utilized in the current work.

In this paper, we present the binary folded X-ray light curve of Cyg X-3, using data obtained from two instruments of AstroSat (Singh et al. 2014, 2016) and all available archival data from various instruments. An investigation of the stability of the binary profile for the past 45 years is made, and a precise measurement of the binary ephemeris derived is presented.

2. Observations and Archival Data

2.1. AstroSat Observations

The Indian multi-wavelength satellite AstroSat was launched on 2015 September 28, and as a part of the Performance Verification phase, Cyg X-3 was monitored, in particular, for a full day on 2015 November 13 and half a day on November 27. AstroSat contains three coaligned X-ray instruments and an all-sky monitor (ASM) (Singh et al. 2014). The data analysis pipeline and the inter-instrumental cross-calibrations are being streamlined, and in this work, we present only the flux measurement of Cyg X-3 using the Soft X-ray Telescope.
2.1.1. AstroSat-SXT Observations

The SXT on board AstroSat is a grazing incidence X-ray telescope with the focal length of 2 m (Singh et al. 2014, 2016). SXT observed Cyg X-3 on 2015 November 13 and 27 in Photon Counting (PC) mode. The detector used in the focal plane of the telescope is a Charged Coupled Device, CCD-22 of e2V Technologies Inc., UK. The effective area of the SXT is \( \approx 128 \text{ cm}^2 \) at 1.5 keV. The energy range of the instrument is 0.3–8 keV, with an energy resolution of 5%–6% at 1.5 keV. The field of view is \( \approx 40' \) dia and the point-spread function can be described by a double King function with FWHM of \( \approx 40'' \) for the inner core (see Singh et al. 2016). AstroSat is in a low earth orbit at an altitude of 650 km with an inclination of 6º and an orbital period of 98 minutes. The Earth occultation, the passages through South Atlantic Anomaly region, and the sensitivity of the detector to the bright limb of the Earth reduces the useful data to \( \approx 2 \text{ ks} \) every orbit. The light curves with a bin size of 100 s and 0.7–7 keV energy range were extracted using a circular extraction region of 15 arcmin radius from observations on November 13 and 27 and are shown in Figures 1(a) and (b) respectively.

The light curves were folded using the ephemeris from Singh et al. (2002). The data were folded into 25 phase bins. The folded data are shown in Figure 2(a) overlaid with the binary template (van der Klis & Bonnet-Bidaud 1989). (b) Cross-correlation function between the template and the folded light curve. A quadratic fit to the cross-correlation function is shown in the inset. The zero phase is measured to be shifted by 0.0029 ± 0.001 (50.7 ± 17.0 s) with respect to the expected zero phase based on the ephemeris.

2.1.2. AstroSat-CZTI Observations

Cyg X-3 shows binary modulation in hard X-rays (above 10 keV), though at a reduced modulation depth (Rajeev et al. 1994). We have analyzed the hard X-ray (above 30 keV) data obtained from the AstroSat CZTI instrument. The CZTI instrument is sensitive in the 20–200 keV range (though, for the observations presented here, a low energy threshold of 30 keV was used) and uses Cadmium Zinc Telluride Detectors and a coded aperture mask (Bhalerao et al. 2017). CZTI is
coaligned with the SXT instrument and observations are made contemporaneous with the SXT observations. We have used a mask weighting method to obtain the hard X-ray flux from Cyg X-3, and the resultant data are shown in Figure 3. The Crab Nebula gives around 0.14 counts cm\(^{-2}\) s\(^{-1}\) in CZTI and we deduce that the average flux of Cyg X-3 during the present observations is about 60 milliCrab. We plot the binary template in Figure 3 scaled to a modulation depth (ratio of peak-to-peak variation to average) of 30% (solid line in the figure), in contrast to the \(\sim\)100% modulation seen in the low energy SXT data (dashed line in the figure). Though the data do not show significant modulation, they are consistent with the low modulation seen at high energies (Zdziarski et al. 2012).

2.2. Archival Data

Singh et al. (2002) have presented the binary ephemeris of Cyg X-3 based on IAXE-PPC data obtained in 1999, RXTE-ASM data up to 2001, and other archival pointed observations in the 1994–1998 period along with the binary arrival times reported in the literature. To connect to the recent AstroSat data, we have analyzed the complete archival data from the RXTE-ASM (until 2012). To perform a uniform analysis, we have also reanalyzed the archival data from the Einstein observatory (Elsner et al. 1980), the EXOSAT (van der Klis & Bonnet-Bidaud 1989), and the Ginga-LAC (Turner et al. 1989), obtained from HEASARC archives. The Einstein Observatory had seven pointed observations, and data from the Monitor Proportional Counter (MPC; 1–20 keV) were taken. Due to the short duration of individual files, the files were combined into two sets, corresponding to different years of observation. Data from EXOSAT’s Medium Energy (ME) instrument (1–50 keV) were used for obtaining the arrival points. EXOSAT had five data segments, which were greater than the modulation period and were folded individually. The rest of the data were combined and folded to generate another data segment. Light curves from Large Area Proportional Counters (LAC) on board Ginga (1.5–37 keV) were used to get the arrival points during that period. The data from LAC were merged to generate folded light curves, as individual files had low counts. Table 1 lists the times and durations of the observations and the data points extracted from these missions.

The ASM on board the RXTE satellite (Levine et al. 1996) had continuous monitoring of the source in the energy range of 1.3–12 keV, which helps in tracking the number of orbits of the source. ASM observed a large field of view (3 Scanning Shadow Cameras; 6° by 90° for each camera) for 90 s and then rotated to cover 80% of the sky in 90 minutes. Due to the sparse nature of the data, larger segments of the data from ASM were taken. Monitor of All-sky X-ray Image (MAXI) on board the International Space Station also monitors the source but its data was not included in the current work. The available data from the satellite is averaged over the satellite orbit, which has larger inherent error bars.

3. Data Analysis and Results

3.1. Binary Phase Analysis

Light curves from the ASM data were folded at a nearby epoch. Since the period of the source is not constant (Kitamoto et al. 1995; Singh et al. 2002), the length of the folded data was kept as small as possible. Singh et al. (2002) had folded the ASM light curves using a constant period and calculated the epoch point using parameters from van der Klis & Bonnet-Bidaud (1989). In the current analysis, however, the number of elapsed binary periods, \(n\), has been calculated using parameters from Singh et al. (2002) and the folding period, \(P_0\) was computed as

\[
P_n = P_0 + \hat{P}P_0\left(n + \frac{1}{2}\right),
\]

where \(P_0\) and \(\hat{P}\) are the period and period derivative as given of Singh et al. (2002). To maintain consistency, the epoch and folding period were determined in a similar fashion for all data sets. For the ASM, the length segment of the data sets was selected based on the count rate. For the high count rate period, the length segment consisted of 50 days whereas for the low count rate period it was of 100 days. Near the end of the mission, the ASM had even sparser monitoring, and thus the length segment of the data sets was taken to be of 200 days. Longer data sets contained more orbits of the source, and to keep the epoch points sufficiently apart; the epoch was taken as the start of the orbit containing the midpoint of the file. The epoch \(T_n\) is calculated using the orbit number \(n\) which contains the midpoint of the data segment as

\[
T_n = T_0 + P_0n + \frac{1}{2}\hat{P}P_0n^2,
\]

where \(T_0\) is the epoch as given of Singh et al. (2002).

3.2. Cross-correlation and Fitting

Folding of the light curves clearly depicts the binary modulation of the source. The modulation can be seen in

| Satellite | Detector | Start MID | Stop MID | Data Points |
|-----------|----------|-----------|----------|-------------|
| Einstein  | MPC      | 43844.430 | 44004.596| 2           |
| EXOSAT    | ME       | 45518.891 | 46364.799| 6           |
| Ginga     | LAC      | 47034.661 | 48125.788| 2           |
| RXTE      | ASM      | 50087.323 | 55915.926| 77          |

Figure 3. Hard X-ray (>30 keV) observations of Cyg X-3 using AstroSat CZTI, folded onto the binary period. The background subtraction for the instrument was done by using the mask weighting technique (Bhalerao et al. 2017). The counts were thus computed using an average bin size of 1000 s. The binary template of Cyg X-3, scaled to a modulation depth of 30%, is shown as a continuous line. The template with 100% modulation depth is also shown, for comparison, as a dashed line.
time and orbit number were fitted with a linear and a quadratic function. Two methods of fitting were undertaken. In the first method, the archival data from Singh et al. (2002) and the arrival points from ASM and SXT computed using the method described of Singh et al. (2002) were fitted. Residuals thus obtained are shown in Figure 5. In the second method, the data described in Section 2 were fitted. The error bars were assigned by computing the error in peak determination and no further systematic errors were added. The residuals from the second method are shown in Figure 5. Data fitted using the first method have larger residuals as compared to the ones obtained from the second method. The results obtained from fitting using both the methods are tabulated in Table 2.

The \( \chi^2 \) maps for the \( P \) and \( \dot{P} \) derived based on the two methods are plotted in Figure 6. The results reported by Singh et al. (2002) are shown in the same figure as a plus sign (in green) in the middle of the figure. The contour levels depicted correspond to nominal 90% and 95% confidence (\( \Delta \chi^2 \) of 2.71 and 4 respectively) for both the cases. The contour levels, shown in blue in the top left, correspond to the method by Singh et al. (2002), and the red contour levels correspond to the method described in Sections 3.1 and 3.2. Including a cubic term to fit the residuals (so that the effects of a second derivative to the period are included) resulted in a reduction of \( \chi^2 \) of 41.2 and 2.94 for Singh et al. (2002) and the current method, respectively, while including a sinusoidal term reduced the \( \chi^2 \) by 16.7 and 2.78 respectively.

Zdziarski et al. (2012) smoothens the folded light curves from ASM by computing the running average of the light curves. The authors renormalized the light curves using the average value to remove the long-term aperiodic variability. The procedure helps the authors in determining the shape of the modulation with improved precision. The method was attempted for the current analysis and the improvement in the shape was seen without a significant shift in the position of the minima. Therefore the treatment followed by Zdziarski et al. (2012) is not followed here.

It is interesting to note that the inclusion of data points beyond those used by Singh et al. (2002), RXTE-ASM data after 2001 and SXT data, indicates a slowing down of the system (lower period) beyond 2001. Method 1 gives smaller errors for the derived parameters of \( P \) and \( \dot{P} \) due to the longer time base of measurement but gives lower values of the period and higher period derivatives.

The residuals, however, indicate that in recent times there is an indication of a lower period, which is in contradiction with the early longer periods and cannot be compensated with a single period derivative. Our analysis (Method 2) that treats all available data uniformly shows that all data beyond orbit 12,000 can be fit with a quadratic function, without requiring any systematic errors. The errors in individual data are much better and, most interestingly, the data do not need any third derivative or periodic components (\( \Delta \chi^2 \) of 2.94 and 2.78, respectively). Hence, we can conclude that beyond orbit number 12,000 the Cyg X-3 is showing only a secular variation (with higher period and lower period derivative than reported earlier). It is possible that the data points before orbit number 12,000 have higher systematic errors or the source showed a short-term episodic variation.

The residuals from the ASM data show a broad hump, which indicates a possible change in parameters over large orbit numbers. To examine these changes and to investigate their
Figure 5. Residuals from a quadratic fit to the arrival time of Cyg X-3. In the panels on the left, the arrival points used for computing the residuals have been evaluated using the parameters and method used by Singh et al. (2002). Data beyond orbit 55848 are computed in the present work. Top left and bottom left panels show the residuals of best-fit linear and quadratic models respectively. In the right panels, the arrival points are computed using a method involving period and period derivative for folding and using a quadratic fit to the cross-correlation function (see the text). As compared to left panels, the inclusion of a period derivative term in the determination of epoch and fitting the cross-correlation function by a quadratic component leads to a noticeable reduction in the residuals. The red point corresponds to the arrival time measured by AstroSat-SXT.

Table 2

| Method          | Present Work | Singh et al. (2002) |
|-----------------|--------------|---------------------|
| $\chi^2$        | $\chi^2 = 182.9$ for 175 dof | $\chi^2 = 77.6$ for 86 dof |
| $T_0$           | $T_0 = 949.399 \pm 0.001$ | $T_0 = 949.384 \pm 0.001$ |
| $P_0$           | $P_0 = 0.19968401 \pm 0.000000002$ | $P_0 = 0.19968476 \pm 0.00000003$ |
| $c$             | $(6.38 \pm 0.04) \times 10^{-11}$ | $(5.41 \pm 0.02) \times 10^{-11}$ |
| $P$             | $(6.38 \pm 0.05) \times 10^{-10}$ | $(5.42 \pm 0.02) \times 10^{-10}$ |

Figure 6. $\chi^2$ map giving the estimated values of the parameters along with the confidence ranges on the estimates corresponding to $\Delta \chi^2$ of 2.71 and 4 (nominal 90% and 95%, respectively) are shown. The parameter values reported by Singh et al. (2002) are shown in green at the center. The blue point (left top) corresponds to the parameter obtained by using the method given by Singh et al. (2002; Method 1). The red point (bottom right) similarly corresponds to the method described in the present work (Method 2).

4. Discussion

Cyg X-3 is a remarkable X-ray binary showing emission from radio to high-energy gamma-rays, but it defies a consistent explanation based on our current understanding of black hole binaries. Though it shows spectral and mult wavelength variability behavior similar to those seen in other black hole binaries like Cyg X-1 and GRS 1915+105 (Choudhury et al. 2002, 2003; Choudhury & Rao 2004) each
Figure 7. X-ray light curve of Cyg X-3, binned at 10 days and smoothened by taking a running average for 100 days. Light curves are plotted for the mission duration of ASM (1.3–12 keV; blue circle), Swift-BAT (15–150 keV; red diamond), and MAXI (2–20 keV; green triangle). Black dots correspond to the residuals of the fitting function in Table 2. Magenta bars correspond to γ-ray emission from the source, while yellow bars correspond to Radio flares detected by Ryle/AMI in 15 GHz, which are greater than 100 mJy in flux, as given by Zdziarski et al. (2016). The light curve has been normalized to Crab counts. Binary modulation cannot be seen, as it is lost in the binning of the data. The residuals show a broad feature indicating a change in the period from MJD 51000 to 55000. Straight line fits to the rise and fall part of this feature are shown as continuous lines in the panel (see the text for details).

harring a black hole of mass $\sim 14 M_\odot$, the available data on Cyg X-3 is consistent with a low-mass black hole (Zdziarski et al. 2013). Compared to Cyg X-1 and GRS 1915+105, Cyg X-3 has a much lower binary period. By making a systematic analysis of the secular variation of the binary period, we have demonstrated here that the data are consistent with a simple secular variation of the period, without the requirement of any second derivative or periodic variations. There are, however, indications of small local period variations (e.g., MJD 50000–58000) possibly associated with the jet emission properties.

Strong winds from the companion Wolf–Rayet star are the obvious reason for the secular evolution of the periodicity of this source. At a coarser level, the total mass loss in a binary system may be related to the secular increase of periodicity by the relation $M_{\text{tot}} = -M_{\text{tot}} \dot{P}/2P$, where $M_{\text{tot}}$ is the total mass of the binary stars (see, e.g., Kitamoto et al. 1995). Given the ambiguity of the nature of the Wolf–Rayet companion and the structure of the wind from the same (van Kerkwijk 1993; van Kerkwijk et al. 1996), obtaining the actual mass of the stellar systems is not yet feasible for this source.

Nevertheless, it is quite likely that the physical mechanism of mass loss in the system is the cause of the fluctuation of the period change, resulting in the residual change in $P$ over and above the secular evolution. The angular momentum can be closely dependent on the mass loss in the system, therefore the amount of mass ejected from the companion, the fraction of mass accumulated by the accreting compact object and the mass thrown out in the form of jets can all have strong bearings on the angular momentum and result in the fluctuations in the binary modulation of the system. Following the recipe of Tout & Hall (1991), the period evolution may be given by

$$\frac{\dot{P}}{P} = -\frac{2(m_1 + m_2)}{(m_1 + m_2)} - \frac{3m_1(m_2 - m_1)}{m_1 m_2} + \text{constant},$$

where $m_1$ is the mass of the compact object, $m_2$ is the mass of the companion Wolf–Rayet star, $n_2$ is the rate of mass change in the Wolf–Rayet star ($n_2 < 0$: mass is lost via wind), and $n_1$ is the rate of mass change of the compact object ($n_1 > 0$: fraction of the wind from companion is accreted, which is perhaps related to soft X-ray emission, i.e., higher soft X-ray emission implies a higher value of $n_1$, because increased accreted mass will cause corresponding incremental change in the angular momentum).

Assuming the mass gained by the compact object to be a small fraction of the mass lost by the WR star, one may write $n_1 = -x n_2$, where $x$ denotes the fraction of mass deposited on $m_1$, then the value of $x$ can be found from the following relation

$$x = \frac{2m_2}{m_1 + m_2} = \frac{1}{3(n_2 - n_1)} \left(\frac{\dot{P}}{P} - \frac{2n_2}{m_1 + m_2}\right).$$

Following Zdziarski et al. (2013), one may assume, as a first approximation, the range of the masses to be $m_1 \approx 1.4–3.8 M_\odot$ and $m_2 \approx 8.4–11.8 M_\odot$. Similarly the lowest limit of mass loss may be assumed to be $n_2 \approx 4 \times 10^{-5} M_\odot$ yr$^{-1}$ (van Kerkwijk 1993; van Kerkwijk et al. 1996). Using these values, one may obtain the upper limit of mass deposited on $m_1$ to be $x = 0.23$ and the lower limit to be $x = 0.09$ by taking the secular orbital evolution into account. This shows that despite the large amount of the mass that is expected to be lost due to the strong wind, the compact object accretes a significant fraction of the
mass despite the presence of the steady jet, which throws an unknown fraction of the accreted mass out of the system. A more precise calculation would require a more accurate estimate of the radiative efficiency of the accretion and ejection process. This, in turn, would yield a method of obtaining the mass of the compact object from the X-ray binary modulation, provided the total mass lost from the companion WR star is accurately estimated from the infrared observations and the total mass lost, via the jets, is obtained from the radio emission.

The physical origin of short period changes has not been explored for this source. The variation of the $P$ with the long-term average of soft X-ray flux (Figure 7) provides a tantalizing opportunity to study the effect of accretion and ejection on the total angular momentum of the system.

There is a possibility that the residual period change may arise due to a mild apsidal motion not discovered before. In general, a proper conclusion regarding the apsidal motion can be reached by simultaneously analyzing the arrival time of both primary minima/eclipse (reported above) as well as the secondary minima/eclipse, as the apsidal motion will cause a change in the arrival time of the two minima/eclipses to be exactly out of phase. The binary modulation template of Cyg X-3 has a smooth maxima without any secondary minima, because although the different light curves do show a two-peaked maxima with a secondary minima in between, the nature of the peaks of the maxima are too varied and diverse to be incorporated in the template, while the monitoring data of the ASM, MAXI, and BAT are too sparse to detect it significantly. Hence, the analysis of the secondary minima, which may be accomplished by analyzing many pointed observations on a semi-continuous basis, might require some future dedicated observations.

The broad hump in the residuals (see Figure 7, MJD 52000–55000) may be explained by the factor $m_1$ in Equation (3). When the soft X-ray emission is dominant and high, with a perhaps higher accretion of mass (effectively angular momentum) from the companion Wolf–Rayet star to the compact object, the $m_1$ is high and hence the total $P$ decreases. When the soft X-ray emission is low, it indicates lower mass accreted from the companion Wolf–Rayet star to the compact object. This causes the $m_1$ value to fall lower resulting in overall $P$ to rise above the secular value. Thus, for MJD 52000–53500, the $P$ rises with fall in soft X-ray emission and hence the drop in the values of $m_1$. Around MJD 53500 the state changes to very high values of soft X-rays, increasing the value of $m_1$ resulting in the lowering of $P$ toward the secular value. The mass lost due to outflows and jets also will have an impact on the total angular momentum and hence the overall $P$.

This publication uses the data from the AstroSat mission of the Indian Space Research Organisation (ISRO), archived at the Indian Space Science Data Centre (ISSDC). The contributions of the technical teams of CZTI and SXT have been vital to the research and thus are gratefully acknowledged. This research also has made use of data obtained through the High Energy Astrophysics Science Archive Research Center Online Service, provided by the NASA/Goddard Space Flight Center.

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