Maternal natural killer cells at the intersection between reproduction and mucosal immunity

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Many maternal immune cells populate the decidua, which is the mucosal lining of the uterus transformed during pregnancy. Here, abundant natural killer (NK) cells and macrophages help the uterine vasculature adapt to fetal demands for gas and nutrients, thereby supporting fetal growth. Fetal trophoblast cells budding off the forming placenta and invading deep into maternal tissues come into contact with these and other immune cells. Besides their homeostatic functions, decidual NK cells can respond to pathogens during infection, but in doing so, they may become conflicted between destroying the invader and sustaining fetoplacental growth. We review how maternal NK cells balance their double duty both in the local microenvironment of the uterus and systemically, during toxoplasmosis, influenza, cytomegalovirus, malaria and other infections that threat pregnancy. We also discuss recent developments in the understanding of NK-cell responses to SARS-Cov-2 infection and the possible dangers of COVID-19 during pregnancy.

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Introduction

The vulnerability of pregnant women to infectious disease has been explained historically by assuming that the immune system weakens during pregnancy so that it can tolerate the fetus. Indeed, the maternal immune system does not reject the fetus or its placenta despite being aware of fetal antigens and responding to them, as illustrated by antibodies to maternal Rhesus or HLA antigens, or by male antigen-specific T cells found in the mothers of sons. Recent research is painting a more detailed picture of the immunological changes that occur during pregnancy, challenging the view of immunosuppression during pregnancy and revealing that, surprisingly, some aspects of immune responses are even stronger in pregnancy. The acronym TORCH refers to a set of pathogens (Toxoplasma, Other agents, Rubella, Cytomegalovirus and Herpes Simplex) that can cause abortion, intrauterine fetal growth restriction (FGR) and congenital infection. HIV, Malaria, and Influenza also cause severe adverse pregnancy outcomes. Complications of pregnancy due to infectious disease can be due to systemic or local factors, or to vertical transmission (Fig. 1). Immune responses to the pathogen may actually cause pregnancy complications. Complications may also occur without the pathogen crossing the placenta, as demonstrated by placental malaria when infected erythrocytes become sequestered in the placenta, triggering a syndrome similar to pre-eclampsia, the hypertensive disorder of pregnancy. With a focus on NK cells, we review the literature on pregnancy complications caused by major infections, including TORCH, malaria, influenza, ZIKA and, possibly, SARS-CoV-2. NK and other immune cells may affect reproduction during implantation, gestation or parturition. We limit our discussion mainly to gestation, as NK cells are not key players during other stages of pregnancy (Fig. 2).

Double-Edged Sword: NK-cell Activation During Infections in Pregnancy

NK cells

Peripheral blood NK (pbNK) cells play a substantial role against viral infections. Viruses have evolved numerous mechanisms to escape NK immunity by targeting their ligand-receptor pairs, signaling pathways, chemokines, and cytokines affecting NK-cell activation and recruitment. In return, NK cells respond by: (1) the recognition of "missing self" that viruses cause by downregulating MHC class I to escape T-cell responses; (2) activating receptors that sense host- and pathogen-derived ligands such as KIRs in humans, Ly49s in mice and, in both species, NKG2C, NCRs, and NKG2D; (3) antibody-dependent recognition via FcγRIII (CD16); (4) responding to IL-12, IL-15, and IL-18 and other cytokines produced by other cells. We review mechanisms of both direct and cytokine-induced NK-cell activation.

Direct NK-cell activation

KIR are a set of variable genes (each individual inherits 4–20 genes from each parent) that code for inhibitory or activating receptors expressed in a variegated manner on subsets of NK cells and some T cells. Inhibitory and some activating KIR bind to HLA class I molecules, while other activating KIR bind to pathogen components within HLA class I molecules. Generally, inhibitory KIR suppress, while activating KIR enhance NK-cell functions such as cytotoxicity and cytokine production. However, inhibitory receptors can also promote NK-cell activation though the process of NK-cell education, which, broadly speaking, is the acquisition of functional competence through the interaction of inhibitory receptors with self MHC molecules. Each KIR gene can have dozens of allelic variants. Certain combinations of KIR and HLA...
genes associate with the outcome of HCV, HIV, and HCMV infections. Trophoblast expresses a unique combination of HLA class I molecules, including non-classical HLA-E, and -G, but does not express class II molecules. While HLA-A and -B are not expressed, the only polymorphic class I on trophoblast is HLA-C. Many studies link increased ability to control infection with either weak inhibitory or activating KIR variants, suggesting that enhanced activation of pbNK cells is beneficial for the host. Similarly, decidual NK (dNK) cells may require sufficient activation. Pre-eclampsia is positively associated with combinations of KIR and HLA that favor inhibition and is negatively associated with combinations that favor dNK-cell activation. Women pregnant with a HLA-C2 fetus have a lower chance of developing pre-eclampsia, presumably because KIR2DS1 dNK cells are activated upon ligating with fetal HLA-C2, and facilitate placental development. KIR and HLA variants may also influence responses to infection in pregnancy, and dNK cells can be induced to destroy pathogen-infected cells. HCMV infection of human decidual stromal cells (DSC) results in significant temporal downregulation of HLA-C expression; however, the expression of HLA-C is restored during the late stage of infection, which enables the activation of NK cells through KIR2DS1. Maternal KIR2DS1+ dNK cells, as well as pbNK cells, exhibit higher cytotoxicity to HCMV-infected DSC, especially to HLA-C2+ cells. Interestingly, dNK, but not pbNK cells, failed to secrete pro-inflammatory cytokines and degranulate in response to HCMV-infected DSC. KIR2DS1-mediated NK-cell activation might require modification of HLA-C by HCMV, so KIR2DS1-mediated dNK-cell degranulation may occur only against HCMV-infected cells. HLA-G engages KIR2DL4 on dNK cells and LILRB1 on myeloid cells and some dNK cells, and may have the tolerogenic function. Soluble HLA-G (sHLA-G) levels in the amniotic fluid of Toxoplasma gondii-infected pregnant women were greater in the group with congenital infection than in the group without vertical transmission. This illustrates the conflict of the maternal immune system between...
sustaining the growth of the fetus and protecting it from pathogens. Higher sHLA-G levels might modulate the immune response and prevent fetal loss but can also lead to congenital infection. HLA-G may suppress NK cells,26,27 although it can induce cytokine and chemokine production through interaction with KIR2DL4–30 or LILRB1.31 HLA-E is expressed by trophoblast, maternal leukocytes, and stromal cells, where it interacts with activating CD94/NKG2C, expressed by a minority of pbNK and dNK cells and, preferentially, with inhibitory CD94/NKG2A, expressed by roughly 50% of pbNK cells and >90% dNK cells. The expression of HLA-E depends on peptides derived from other MHC class I molecules. While it may suppress dNK functions,34 NKG2A may also promote dNK-cell functions by enhancing NK-cell education.35

Natural Cytotoxicity Receptors (NCRs) on NK cells interact with host—as well as pathogen-derived ligands such as B7-H6, viral hemagglutinins, hemagglutinin neuraminidases, and other pathogen components.36,37 Among NCRs, Nkp46 activates NK cells, while splicing variants of Nkp44 and Nkp30 mediate either activation or inhibition. While dNK cells predominantly express inhibitory isoforms, pbNK express activating isoforms.38 The switch from activating to inhibitory Nkp44 and Nkp30 is associated with decreased cytotoxicity and is induced by exposing pbNK cells to cytokines present in the decidual microenvironment, such as IL-15, IL-18, and TGF-β.38 Degranulation, target cell lysis or the production of pro-inflammatory cytokines and chemokines by dNK cells can be induced via Nkp46 or Nkp30 stimulation and abrogated by co-engagement of NKG2A.39 The only NCR in mice is Ly49H,39–41 endemic of the outer membrane of Gram-negative bacteria, also leads to fetal resorption and preterm labor. Interestingly, while Ifng in dams are more resistant to LPS-induced resorption,51 Ifng in dams undergo preterm labor with low LPS doses that do not induce preterm labor in WT dams. LPS-induced preterm labor in Ifng in dams is associated with increased cytotoxicity of dNK cells and is prevented by the depletion of NK cells, neutralization of TNF-α, or recombinant mIl-10, which also restores low dNK cytotoxicity.54 Thus, dNK cells and macrophages, TNF-α, IFN-γ, and the NKG2D pathway are potential components of cytokine-induced pathogenesis of pregnancy complications that may be regulated by IL-10. These studies also illustrate how dNK cells, key players in the physiology of pregnancy, can mediate fetal resorption if the decidual milieu is perturbed. Similarly, in a mouse model of fetal/neonatal alloimmune thrombocytopenia, antibody-dependent cellular cytotoxicity (ADCC) toward anti-B3 integrin resulted in decidual infiltration of NK cells and trophoblast apoptosis, leading to miscarriage and intrauterine FGR, which could be prevented by NK-cell depletion or by blocking Nkp46 or FcγRlla receptors.55 While these are clear examples of dNK cells causing pregnancy complications in pathological situations, there is no clear evidence that pbNK and dNK are implicated in recurrent miscarriage or implantation failure in humans.56

Table 1 summarizes the known roles of dNK and pbNK cells in human pregnancy complications and mouse models. In the following sections we review these roles in individual infectious diseases.

**MAJOR INFECTIONS DURING PREGNANCY: TORCH (TOXOPLASMOsis, OTHER AGENTS, RUBELLA, CYtomegalovirus, HERPES SIMpLEX)**

Toxoplasmosis

Vertical transmission occurs in 30–40% of toxoplasmosis during pregnancy, with a 10–80% risk of congenital diseases in early and late gestation, respectively.57,58 Human syncytiotrophoblast is not permissive to infection by *T. gondii*, while cytotrophoblast,
Table 1. Role of decidual or peripheral blood NK cells in human pregnancy complications and mouse models.

| Pathogen                      | Pregnancy complications                                                                 | Resemblance of mouse model to human pathology                                                                                                                                                                                                 | Role of NK cells in infection during pregnancy                                                                                                                                                                                                 | References | Cell  |
|-------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-------|
| *Toxoplasma gondii*           | Miscarriage, stillbirth, vertical transmission, congenital toxoplasmosis (chorioretinitis, hydrocephalus, intracranial calcifications, blindness, deafness, others) | Acute toxoplasmosis in immunocompetent humans is generally asymptomatic while experimental infection in mice may be severe and even fatal. However, pregnant animals can display miscarriage (resorption), vertical transmission and low birth weight upon acute *T. gondii* infection. There are many strains of *T. gondii* with different virulence as well as several route and parasite stage options for infection used for animal experiments, which influence the severity of infection and observed phenotypes. | Apoptosis of trophoblasts                                                                                               | 67, 70, 72, 86 | dNK   |
|                               |                                                                             |                                                                                                                                                                                                                                           | Cytotoxicity toward *T. gondii*-infected cells                                                                                                                                      | 70, 86      | dNK   |
|                               |                                                                             |                                                                                                                                                                                                                                           | IFNγ production in response to *T. gondii* infection                                                                                                                               | 76, 78      | NK*   |
|                               |                                                                             |                                                                                                                                                                                                                                           | INFγ-mediated decrease of parasite load and materno-fetal transmission (comparison between WT, *Ifnγ*−/− and anti-INFγ antibody-treated mice)                                              | 78          | NK*   |
|                               |                                                                             |                                                                                                                                                                                                                                           | INFγ-mediated miscarriage (comparison between WT and *Ifnγ*−/− mice)                                                                                                               | 103, 104    | pbNK  |
|                               |                                                                             |                                                                                                                                                                                                                                           | Increased NK cytotoxicity as well as IFNγ and other cytokine/chemokine production in response to IAV in pregnant individuals then in non-pregnant counterparts | 130, 136    | NK*, pbNK* |
| *Influenza A Virus (IAV)*     | Higher risk of severe influenza infection in pregnant women in comparison with non-pregnant individuals | The severity of IAV infection in mice depends on the dose and the virus strain. Mortality rates in pregnant mice are significantly higher than in non-pregnant animals, which resembles human data. | INFγ-mediated decrease of parasite load (comparison between WT and *Ifnγ*−/− mice; also, results (correlation only) from observational study on humans) | 148         |       |
| *Plasmodium falciparum*       | Higher susceptibility and more severe malaria in pregnant individuals, low birth weight, miscarriage, preterm labor, stillbirth, vertical transmission (rare) and congenital malaria (rare) | Mouse models are far from ideal for studying malaria infection, as rodent-specific parasite species have to be used. However, the accumulation of plasmodium in placenta, placental inflammation and tissue damage, dysregulation of cytokine levels, lower survival rates of dams, resorption, intrauterine growth retardation and stillbirth can be observed in mouse models. Also, humanized mouse models can be applied to study *P. falciparum*; however, it is still unknown how well these models represent *P. falciparum* infection-associated pathophysiology | INFγ-mediated miscarriage (comparison between WT and *Ifnγ*−/− mice)                                                                                                               | 136         | NK*   |
|                               |                                                                             |                                                                                                                                                                                                                                           | Killing of L. monocytogenes by injecting anti-microbial pertide granulysin through nanotubes to infected cells                                                               | 148         | dNK, pbNK |
| *Listeria monocytogenes*      | Higher susceptibility to listeriosis in pregnant individuals, pregnancy loss, preterm birth, stillbirth, vertical transmission and congenital diseases | Listeriosis is a natural infection for rodents; however, susceptibility to *L. monocytogenes* varies a lot between different strains of mice. Spontaneous abortion (resorption), placentitis, placental necrosis, endometritis, stillbirth and vertical transmission are described for listeriosis in mice, but mechanisms of the placental barrier crossing differ between WT mice and humans. | INFγ-mediated miscarriage (comparison between WT and *Ifnγ*−/− mice)                                                                                                               | 168         | dNK   |
| *Hepatitis C Virus (HCV)*    | Vertical transmission                                                        | Mice are not susceptible to HCV. There are xenograft and humanized mouse models, but they are designed to study liver disease and not pregnancy outcomes; therefore, they are not suitable for mother-to-fetus transmission | –                                                                                                                                                                                      | 213         |       |
| *Human Immunodeficiency Virus (HIV)* | Vertical transmission, infants born from HIV-positive women are at higher risk of intrauterine FGR and low birth weight | Mice are not susceptible to HIV. There are several humanized mouse models; however, the relevance of these models for pregnancy complication research is not described | Inhibition of HIV infection                                                                                                 | 213         | dNK   |
| Pathogen                  | Pregnancy complications                                                                 | Resemblance of mouse model to human pathology                                                                 | Role of NK cells in infection during pregnancy                                                                 | Role | References | Cell |
|--------------------------|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------|------------|------|
| Zika Virus (ZIKV)        | Vertical transmission, fetal/infant central nervous system abnormalities such as microcephaly and other neurological disorders | WT mice are resistant to ZIKV; however, mice lacking IFN type I production or the ability to respond to it are susceptible. Placental infection, vertical transmission and fetal pathological changes after ZIKV infection were shown in Ifnar1−/− mice | –                                                                                                           |      |            |      |
| Rubella Virus (RV)       | Among major pregnancy complications are miscarriage, stillbirth, congenital disease, and a wide spectrum of fetal abnormalities such as cataract, hearing loss, cardiovascular and central nervous system defects | There is no suitable mouse model                                                                                           | –                                                                                                           |      |            |      |
| Cytomegalovirus (CMV)    | Vertically transmitted in utero, leading to a variety of disorders including hearing and vision loss, intracranial calcifications, and mental retardation | Mice are not susceptible to HCMV; MCMV infection is used as a model to study cytomegalovirus infection in pregnant mice, where the reductions of placental and fetal brain weights were described. However, MCMV in utero vertical transmission in mice does not occur. A human placental villi xenograft SCID mouse model can be used to study some aspects of HCMV placental infection, but not pregnancy outcomes | Cytotoxicity toward HCMV-infected cells 260 dNK                                                        |      |            |      |
| Herpes Simplex Virus (HSV)| No enough evidence                                                                         | Susceptibility to HSV depends on the virus strain and the mouse background. Medroxyprogesterone-treated WT mice can be infected intravaginally with HSV-2 | –                                                                                                           |      |            |      |
| Other Herpesviruses      | Spontaneous abortion (HHV-6/7), pre-eclampsia (HCMV)                                      | There is no suitable mouse models to study HHV-6/7                                                                 | Cytotoxicity toward HHV-6A infected cells (endometrial NK) 276,277 dNK                                         |      |            |      |
| SARS-CoV-2               | Vertical transmission and other pregnancy complications cannot be excluded and requires further investigation | Several mouse models are proposed to study SARS-CoV-2 infection (hACE2 transgenic mice, adenovirus-associated-hACE2 virus mouse model and the infection of WT mice with mouse-adapted SARS-CoV-2). There is currently no data available on the adverse pregnancy outcomes in SARS-CoV-2-infected mice | –                                                                                                           |      |            |      |

* * No data on role of NK cells in pregnancy for this pathogen.

** Indirect finding/conclusion.
placental fibroblasts, chorion, and amnion are. In a small cohort of pregnant women, vertical transmission was associated with elevated IFN-γ and decreased TGF-β in supernatants from peripheral blood mononuclear cells (PBMC) stimulated with soluble T. gondii antigen.59

In response to T. gondii infection, NK cells help to recruit and differentiate monocytes, macrophages, T lymphocytes, and dendritic cells (DCs) via NKG2D and IFN-γ,52,60,63 a key cytokine during toxoplasmosis.64 Indeed, animal experiments demonstrated that T. gondii infection leads to high expression of genes related to type I and especially type II interferon pathways in blood and lungs.65,66 Activation of dNK cells in response to T. gondii may contribute to tissue pathology during pregnancy: co-infection of T. gondii-infected human dNK cells with trophoblast resulted in increased caspase 3 and 8 mRNA and trophoblasts apoptosis, which were reduced by IFN-γ neutralizing antibodies67 or IL-10, which also upregulated the apoptosis inhibitor c-FLIP in infected primary human trophoblasts.68

Animal experiments and in vitro studies with human dNK cells showed that IL-12 and TNF-α are essential for NK-cell stimulation and defense against T. gondii.69,70 Human and murine DC and DC-derived IL-12 facilitated IFN-γ production by NK cells61,65,71 and decidual DC-derived IL-12 enhanced NKG2D-mediated dNK cytotoxicity toward T. gondii-infected cells.70 Cytotoxicity of human dNK was increased when incubated with T. gondii-infected trophoblast cells.71 T. gondii infection enhanced the expression of NKG2D, KIR2DL4, and LILRB1 mRNA in dNK cells and HLAG in trophoblast cells.72 In vivo experiments on pregnant mice also demonstrated increased expression of NKG2D as well as NKG2A on dNK after T. gondii infection.73

Most information about immunopathogenesis of acute toxoplasmosis during pregnancy comes from mouse models. However, acute toxoplasmosis in immunocompetent humans is generally asymptomatic, while experimental infection in mice may be severe or even fatal.73-75 Generally, T. gondii-infected dams abort72 and most experiments suggest a critical role for NK-cell derived IFN-γ.67,76-78 Indeed, T. gondii infection of Ifn-γ−/− mice or NK-cell-depleted WT mice resulted in increased parasite load.79,80 Type I IFNs also participated in controlling T. gondii infection and, in its absence, blood and liver parasite burden increased,69 while recombinant IFN-β protected animals from lethal infection.80 Also, enhanced NK-cell-mediated and perforin-independent cytotoxicity was demonstrated in response to T. gondii compound 48/80.81,82 Despite higher parasite load in Ifn-γ−/− dams, all mice delivered live pups, whereas only a fraction of infected WT dams gave birth to live pups, varying from 5-10% to 40-60% depending on whether infection occurred during the first or second half of pregnancy, respectively.78 Nonetheless, in comparison with WT dams, Ifn-γ−/− mothers died and when their pups were fed by infected WT foster mothers, Ifn-γ−/− pups had significantly lower body weight and died by the age of 6 weeks.78 Interestingly, after Toxoplasma infection, dNK cells declined in Ifn-γ−/− but not in WT dams.83 These experiments demonstrate that IFN-γ signaling in mice is key to controlling parasite loads in blood and uterus, but not conducive to progression of pregnancy and live birth.84

High fetal loss and the reduction of fetoplacental weight were also found in dams infected with a less lethal strain of T. gondii (mutant Wh3Δop16). The escalation of infection with this mutant strain was associated with the production of pro-inflammatory cytokines such as IL-12, IL-17, IFN-γ and reduced secretion of IL-10, IL-4, and TGF-β in the placenta.85 Treatment of T. gondii-infected dams with TGF-β decreased resorption rates, improved fetal weights and diminished inflammation.86,87 This improved pregnancy outcome was linked to a TGF-β-mediated reduction of dNK-cell cytotoxicity and IFN-γ production.86 Blood and liver NK cells are also the main source of IL-10 in acute toxoplasmosis: IL-10 production is induced by systemic IL-12 during infection dissemination. Animal experiments demonstrated that NK cells participate in a negative feedback loop by IL-10 secretion, which leads to reduced IL-12 production.88 NK cells can restrict pathogen clearance via IL-10 secretion: T. gondii burden was significantly decreased in mice with impaired NK-cell IL-10 production.89

Interestingly, II15−/− mice survive T. gondii infection that is lethal to WT mice. The successful survival of II15−/− mice was not due to better ability to clear the pathogen, but related to less severe intestinal inflammation, which was in turn associated with impairment of Nkp46+ NK1.1+ CD127+ group 1 InN Kocyte (ILC1)-mediated recruitment of inflammatory monocytes via secretion of CCL3 and the inability of inflammatory monocytes to induce damage of the small intestine. In this model, µc and CD8+ T cells did not influence the course of infection.89 In another study, ILC1s were potent IFN-γ and TNF producers and participated in the control of T. gondii infection.90 Mice lacking the ILC1-master transcription factor T-bet or a lymphoid Rag2−/− Il2rg−/− mice had higher T. gondii loads than WT animals and recruited less inflammatory monocytes into the small intestine.91 Adoptive transfer of ILC1s into Rag2−/− Il2rg−/− mice decreased parasite burden and significantly enhanced monocyte infiltration. RNAseq analysis of blood and lungs obtained from mice at 7 days post infection with T. gondii showed signatures of increased NK cells.66 However, other studies demonstrated a decrease of NK cells in spleen of mice after T. gondii infection,63,92 while splenic ILC1s increased due to a conversion of NK cells into ILC1-like cells.63 After T. gondii infection of mice, NK and ILC1-like cells had increased expressions of KLRG1, DNAM-1, Neuropilin-1, CXCR8, and CCR8.55

Taken together, in vitro experiments with human cells and in vivo mouse models suggest that type I INF, IFN-γ and TNF-α are key to controlling T. gondii infection, however, activation of DC, IL-12 and IL-15 may lead dNK cells to damage trophoblast, and this may be counteracted by IL-10 and TGF-β.

Other infectious agents

Influenza. Pregnancy is a risk factor for severe influenza.92-95 Influenza virus does not infect or cross the placenta, however, the elevation of some systemic cytokines, especially type I and II IFNs, TNF-α, IL-1β, IL-6, and IL-15 may cause collateral damage.96-99

There is evidence that either a lack of NK-cell function or NK-cell hyperactivity contribute to influenza immunopathology during pregnancy. Three patients with severe H1N1/09 influenza had low pbNK cell counts, with one lethal case of a pregnant women with IAV viremia, scarce infiltration of lung tissues with immune cells and a total absence of NK cells in lung samples.100 IAV could also directly infect human pbNK cells, induce their apoptosis, and downregulate Nkp46- and Nkp30-mediated cytotoxicity.101,102 Conversely, upon co-incubation of pbNK with H1N1-infected autologous monocytes, pbNK cells isolated from pregnant individuals produced higher levels of IFN-γ and degranulated more than pbNK cells isolated from control women. Moreover, the expression of Nkp46 and CD38 were also increased during pregnancy.103 In addition, pbNK, CD4, and CD8 T cells obtained from pregnant individuals at day 7 post vaccination with the seasonal vaccine had more robust responses to IAV infection than cells from non-pregnant vaccinated women.104

Mouse models support clinical observations and demonstrate more severe influenza infection in pregnant than in non-pregnant animals.105-107 In comparison with non-pregnant infected mice, dams had similar counts of lung-infiltrating NK cells108 but higher IL-1β, IL-6, CCL3, and CXCL2, while IFN-γ was lower in lungs.105 Also, BALs of IAV-infected dams had higher levels of pro-inflammatory cytokines/chemokines and contained greater counts of macrophages and neutrophils.106 LPS causes preterm birth in a dose-dependent manner, and IAV primates dams to preterm birth with lower LPS doses.109 Type I IFN signaling was key for the priming effect of IAV, which was also observed for LCMV and...
listeriosis. WT dams injected with IL-6 neutralizing antibodies or Ifnar$^{−/−}$ dams did not exhibit preterm birth. The “double-hit” hypothesis suggests that viral infections predispose the organism to subsequent bacterial infection, leading to more severe disease. Similar to humans, mouse NK cells may also be protective or contribute to the immunopathology of severe influenza. While NKP46-deficient mice were more susceptible to influenza, IL15$^{−/−}$ mice, as well as NK-cell-depleted WT mice, were resistant to IAV infection in comparison with WT mice. The resistance was not related to viral clearance, as IAV titers in lungs were similar in all groups. Interestingly, leukocyte infiltration and productions of IL-6 and IL-12 were decreased, but IL-10 increased in bronchoalveolar lavage of IL15$^{−/−}$ mice, and in NK-cell-depleted mice. In addition, TNF-α and IL-6 serum levels, as well as lung NK and CD8 T-cell infiltration were decreased in IL15$^{−/−}$ mice. Similar to humans and monkeys, pregnant mice experienced more infection in comparison with WT mice. The resistance was not related to viral clearance, as IAV titers in lungs were similar in all groups. The role of NK cells in preventing transmission of L. monocytogenes infection, IFNγ$^{−/−}$ or WT treated mice with anti-IFNγ blocking antibodies have a greater bacterial burden than control groups. NK cells are the main source of IFNγ during listeriosis. Also, Nkp46$^{−/−}$ RO8Rγ TICls and Nkp46$^{−/−}$ RO8Rγ TICls secreted IFNγ and IL-22, respectively, in the small intestine and mesenteric lymph nodes of orally infected mice. Interestingly, splenic and hepatic bacterial loads were lower in IL15$^{−/−}$ or NK-depleted mice, which also survived at a greater rate than WT or sham-treated mice, and no difference was seen between IL15$^{−/−}$ and WT-infected dams, suggesting that NK cells are not required for protection against L. monocytogenes in either pregnant or non-pregnant mice, and can even be detrimental for pathogen clearance. However, very recently, DNK cells were shown to kill L. monocytogenes from within EVT, by injecting anti-microbial Granulysin through nanotubes.

NK cells may influence the response of myeloid cells to L. monocytogenes by secreting IL-10. Indeed, L. monocytogenes stimulated IL-10 production by mouse splenic, liver, and pbNK cells at 72 and 96 h post infection, but not at 24 h, which coincides with the peak of IFNγ production by NK cells. Bacterial burden was lower in infected IL10$^{−/−}$ and NK-depleted mice; moreover, both IL10$^{−/−}$ and anti-NK1.1 treated animals had increased splenic neutrophil and monocyte numbers at 2–4 days post infection. Similarly, NK-cell IL-10 inhibited host resistance to Leishmania donovani. NK cells were the main IL-10 producer among splenocytes of mice infected with L. donovani; nonetheless, the early NK-cell response to leishmania was IFNγ secretion, and NK cells switched to IL-10 production only at later time points of infection.

Hepatitis C virus (HCV). Acute HCV infection evolves into chronic infection in 75–80% of cases, with 10–20% of HCV-positive individuals resulting in cirrhosis and hepatocellular carcinoma after 20–30 years of virus persistence and the immune responses may both clear the virus and contribute to liver injury. Seventy-one million people globally are estimated to live with chronic hepatitis C. Although the rate of mother-to-fetus transmission is estimated to occur in 5–10% of cases, and the current etiologic treatment is effective, HCV vertical transmission is a serious healthcare problem. Transmission is associated with the use of injection drugs, high viremia, PBMCs infection, HIV co-infection, the rupturing of membranes, and anoenemia.

HCV transmission may occur during delivery, while an estimated one third of infected babies may acquire HCV in utero. Although HCV may significantly impact pregnancy outcomes, the associations between the virus and low-birth weight, intrauterine FGR or preterm birth are still controversial because chronic hepatitis C can be accompanied by extrahepatic HCV-associated disorders, such as autoimmune diseases and low-grade inflammation. The role and activation status of pbNK and hepatic NK cells varies throughout the course of HCV infection and differs during early and later stages of liver fibrosis or cirrhosis, and both defensive and pathogenic roles are considered. As mentioned earlier, certain KIR and HLA-C variants have been associated with the resolution of hepatitis C.

It is difficult to model chronic HCV disease and the course of pregnancy during HCV infection in small animal models. Therefore, it is unknown how HCV vertical transmission occurs and if immune cells at the fetal-maternal interface participate in the prevention of transmission. A small study with only five cases of...
vertical HCV transmission did not reveal signs of placenta pathology. However, human villous cytotrophoblast express receptors for HCV uptake and therefore, can be infected by HCV, which results in upregulation of type I and III IFNs, CXCL11, and CXCL12, as well as potential dNK activation by HVC-infected trophoblast.

Human immunodeficiency virus (HIV). Around 38 million people worldwide are currently HIV positive. HIV has two major types: HIV-1 and HIV-2, where HIV-1 is the most common type and responsible for the pandemic. HIV infects CD4 T cells, macrophages and DC. Before the era of highly active antiretroviral therapy (HAART), HIV vertical transmission occurred in 15–40% of cases, but HAART has reduced the perinatal transmission rate to <1%.[187,188] The virus can be detected in maternal blood, vaginal fluid, and breast milk.[190,191] Greater risk of mother-to-child transmission is associated with high maternal viral load in blood, low blood CD4 T-cell count, long duration of membrane rupture prior to delivery and breastfeeding.[192–195] How HIV crosses the placenta is unclear. HIV can infect trophoblast cells in vitro, however, cell-associated HIV can also cross the placenta presumably by cell-to-cell contact and transcytosis.[196] Although no specific histopathological abnormalities are demonstrated, there are indications of choriocarcinoma and placental membrane inflammatory lesions in HIV-positive women, though these do not correlate with increased risk of vertical transmission.[190] The above changes may be due to HIV-associated opportunistic infections. Elective cesarean section significantly reduces the risk of perinatal transmission to 2–10% in women without antiretroviral therapy.[192,200,202] suggesting that the majority of HIV perinatal transmission occurs intrapartum through contact with vaginal fluid or maternal blood.[196] Infants born from HIV-positive women are at higher risk of intrauterine FGR and low-birth weight, however, it is difficult to discern the effects directly caused by HIV from those caused by opportunistic infections and antiretroviral therapy.[205–208]

Most research on NK-cell responses to HIV infection is done using human pbNK cells. The role of NK cells in controlling HIV infection and disease has been reviewed, and is related to natural cytotoxicity, ADCC, cytokine/chemokine production, and their influence on adaptive immune responses.[209–211] Low percentage of pbNK cells is associated with increased risk of HIV vertical transmission.[194,195] There is evidence that dNK cells may participate in the protection of the fetus against HIV transmission. Indeed, uterine-derived NK (uNK) cells (but not pbNK cells) activated in vitro with IL-12 and IL-15, inhibited infection of cell lines, PBMCs, and primary human endometrial cells with strains of HIV that use CXCR4 for cell entry.[212] The inhibitory activity was associated with uNK-produced CXCL12, a CXCR4 ligand, and suppressed by CXCL12 neutralising antibodies.[212] Moreover, dNK cells significantly delayed and reduced infection of decidua macrophages with HIV strains that use CCR5 for entry. and they did so via cell-cell contact and IFN-γ release.[213]

Zika virus (ZIKV). The recent epidemic brought ZIKV to attention due to its involvement in the development of fetal/infant central nervous system abnormalities.[214] Although ZIKV infections may result in fetal/infant abnormalities during any stage of pregnancy, the first trimester has the highest risk for adverse outcomes.[215] ZIKV can infect a range of cells in decidua and placenta explants such as decidual fibroblasts and macrophages, trophoblasts, fetal macrophages known as Hofbauer cells, and umbilical cord mesenchymal stem cells.[217–221] While trophoblast at early- and mid-gestation may be more susceptible to ZIKV, trophoblast from full-term placenta is relatively resistant to ZIKV infection, which may be due to its constant IFN-λ production.[223] However, rather than in trophoblast, the virus predominantly replicates in Hofbauer cells.[224–226] which respond by secreting IFN-α, IL-6, and CXCL10.[219]

Chemokines and cytokines increase modestly in the blood of patients with acute ZIKV infection.[227–229] Amniotic fluid from pregnant women with microcephalic babies have significantly increased levels of IL-6, IL-15, IL-17, IFN-γ, and TNF-α, which have the potential to contribute to fetal neurological disorders.[230,231] Ex vivo experiments on ZIKV-infected human decidual tissues have shown upregulation of type I and III IFN signaling pathways.[232]

Studies on the role of dNK cells during ZIKV infection have not yet been conducted. Co-incubation of human pbNK cells with ZIKV-infected cells did not activate NK-cell ligand expression on epithelium cells.[233] In contrast, ZIKV led to IFNβ-mediated upregulation of MHC-I expression, which resulted in the inhibition of NK-cell killing; however, NK cells were still able to produce IFN-γ, but not TNF-α when co-incubated with ZIKV-infected cells.[233] While both myeloid and lymphoid cell populations, including NK cells, were decreased in blood of patients with viremia in comparison with healthy donors and nonviremic patients,[234] the percentages of blood NK and T cells expressing the Ki67 proliferative marker significantly increased in rhesus macaques after ZIKV infection of pregnant and non-pregnant animals.[234] Vertical transmission and fetal pathology also occur in animal models of ZIKV infection.[10,235–237] Increased IFN-ß production and activation of IFN-stimulated genes were found in placentas of pregnant mice after intrauterine ZIKV infection.[238] The importance of type I IFNs for protection against Zika virus was demonstrated in animal models, where Ifnar−/− mice are broadly used to model ZIKV infection.[239] Placentas of mice infected with ZIKV during the first half of pregnancy had signs of trophoblast destruction and vascular damage; also, FISH analysis of placental sections revealed ZIKV RNA in different trophoblast cells.[236]

Rubella virus (RV). Rubella in pregnancy is associated with 85% risk of birth defects, especially if the maternal infection occurs in the first trimester.[239,240] Vaccination has substantially reduced cases, but some are still reported and globally, around 100,000–200,000 babies are born with congenital rubella every year.[241] RV infection is associated with major pregnancy complications including miscarriage, stillbirth, congenital disease, and a wide spectrum of fetal abnormalities such as cataract, hearing loss, cardiovascular and central nervous system defects.[242,243] RV can be found in any fetal/infant organ.[239] RV-infected placenta displays non-specific pathological changes similar to other viral infections, such as necrosis of trophoblast and endothelial cells, focal mononuclear and lymphocyte infiltration, fibrin deposition, interruptions of the syncytiotrophoblast, villous vasculitis.[243,244] Studies on immune responses to RV ex vivo are lacking. RV infection of human fibroblast cell lines in vitro resulted in significant upregulation of interferon-stimulated genes.[245] Treatment of cell cultures with anti-type I IFN serum before RV infection led to increased viral titers and numbers of infected cells.[245]

Cytomegalovirus (CMV) NK cells play a key role in the control of herpesvirus infections. Patients with primary NK-cell deficiencies are susceptible to severe infectious diseases caused by varicella zoster virus, herpes simplex virus, cytomegalovirus, or Epstein-Barr virus.[246,247] Among all herpesviruses, HCMV plays the most prominent role in pregnancy complications, with 30–50% of primary and 0.5–2% recurrent HCMV maternal infections vertically transmissible in utero, leading to a variety of disorders including hearing and vision loss, intracranial calcifications, and intellectual disability.[248–252] Although infection during early pregnancy only rarely leads to congenital infection, it can lead to severe adverse pregnancy outcomes.[253] The cellular tropism of HCMV is very broad, including epithelial and endothelial cells, smooth muscle cells, neurons,
dermal fibroblasts, and myeloid cells. Examination of HCMV-positive placentas as well as ex vivo-infected decidual and villous explants revealed that HCMV is present in DCs, macrophages, endothelial cells, fibroblasts, cytотrophoblast, and rarely in syncytiotrophoblast, where it does not replicate. Immunohistochemical analysis of HCMV-positive placentas showed leukocyte infiltration and the presence of CD8⁺ T and CD56⁺ NK cells. Co-incubation of human dNK cells with HCMV-infected fibroblasts changed dNK receptor repertoire as well as their secretory profile, thus restoring cytotoxicity. Activating NKG2C and CD94/NKG2E receptors, but not Nkp30 or Nkp46, played crucial roles in killing HCMV-infected autologous decidua fibroblasts. HLA-E and MICA/B expressions on HCMV-infected DSC were not impaired, while HLA-C expression was downregulated. Because of this HLA-C downregulation, inhibitory KIRs on NK cells could no longer be engaged, and therefore killing was downregulated. During incubation with HCMV-infected DSC, first trimester dNK cells degranulates similar to pbNK cells, while the degranulation capacity of term pregnancy dNK cells is significantly declined.

Systemic immune responses to cytomegalovirus have also been described, where patients with acute symptomatic HCMV were found to have increased numbers of NK, T, and B cells in their blood. Although the expression of activating NKG2C, NKG2D, and CD38 as well as inhibitory NKG2A receptors were increased on pbNK, degranulation and IFN-γ production by pbNK was similar to control groups. Pregnant women with confirmed HCMV fetal infection had elevated serum CXCL10 and elevated antiimmunocytokine levels of TNF-α, IL-1β, IL-10, IL-12, IL-15, IL-17 and CCL2, CCL4, and CXCL10. HCMV infection increased IFN-γ and CXCL10 mRNA in human decidua tissues and CXCL10 in placental villi. Anti-TNF-α antibodies added to trophoblast cultures at the time of HCMV infection, which might activate NK-cell cytotoxicity, because the inhibitory LILRB1 receptor on NK cells is no longer engaged. However, the downregulation of HLA-G expression by infected DSC were not impaired, while HLA-C expression was cross-reacted with the placenta, as chromosomal integration in the fetus can also occur. Inherited chromosomally integrated (ici) HCMV can indeed reactivate and cause harm to the fetus and newborn. Since HCMV-6/7 shedding was associated with a variety of diseases such as multiple sclerosis, chronic fatigue syndrome, AIDS, organ transplant complications, autoimmunity, diseases, cancer and many other diseases, a substantial challenge is to establish whether HCMV-6/7 is actually an etiological factor for these pathologies and not just a harmless satellite finding of virus replication due to loosened immunosurveillance. Nonetheless, recently published data demonstrate that infection of fetuses with iHHV-6-positive predisposes their mothers to pre-eclampsia independently of the parental origin of iHHV-6. Interestingly, HCMV infection suppressed angiogenesis and lymphangiogenesis in vitro and might affect placenta development. The role of dNK cells in HCMV-6/7 infection during pregnancy is yet to be examined.

EMERGING INFECTIONS
SARS-CoV-2

The COVID-19 pandemic had affected more than 38 million people worldwide by the middle of October 2020. SARS-CoV-2 may affect a variety of physiological and pathological processes, including gestation and pregnancy outcomes. Both SARS-CoV and particularly MERS-CoV, the agents of previous coronavirus pandemics, induce serious pregnancy complications, including intrauterine death, FGR, and maternal death. Although there are some reported cases of SARS-CoV-2 vertical transmission, a thorough investigation is required to confirm this.

Other characteristics of COVID-19 pathology may be relevant to possible unfavorable pregnancy courses/outcomes. For example, COVID-19 associates with hypercoagulability and endotheliopathy, which can potentially impact placental blood flow. Although histopathological changes in the placenta of SARS-CoV-2-infected women have been described, their causal association with SARS-CoV-2 infection is unclear. The cytokine storm characteristic of some cases of COVID-19 might indirectly mediate pregnancy complications and fetal developmental pathology.

A recent meta-analysis and a systematic review suggests good outcomes and no immediate concern for SARS-CoV-2 infections in pregnancy, although a high degree of statistical heterogeneity of the data makes it difficult to draw definitive conclusions and cases with pregnancy complications are likely underreported. Studies on large cohorts of SARS-CoV-2 positive pregnant women with long-term follow-up of the babies are required.

While dNK cells during SARS-CoV-2 infection have not been investigated yet, numbers of pbNK cells dropped significantly in SARS-CoV-2-infected patients and this correlated with disease severity. Within patients pbNK cells, the proportion of NKG2A⁺ NK cells increased, and expression of intracellular CD107a and IFN-γ in total pbNK cells were lower.

CONCLUDING REMARKS AND FUTURE DIRECTIONS

There are still gaps in our knowledge of both systemic and local immune responses to pathogens during pregnancies. For example, while the changes in symptoms of rheumatoid arthritis higher titers of anti-HHV-6 IgG and IgM in comparison with control pregnant women. A higher percentage of miscarriages and premature deliveries were observed in pregnant patients with pteryiasis rosea, which may be related to the reactivation of endogenous HHV-6 or HHV-7. HHV-6/7 DNA was detected in plasma, placenta and/or fetal tissues of 36% of patients with adverse pregnancy outcomes. Shedding of HHV-6 /7 during pregnancy and vertical transmission of HHV-6 have also been reported. However, it is not clear whether HHV-6 actually crosses the placenta, as chromosomal integration in the fetus can also occur. Inherited chromosomally integrated (ici) HHV-6 can indeed reactivate and cause harm to the fetus and newborn. Since HHV-6/7 shedding was associated with a variety of diseases such as multiple sclerosis, chronic fatigue syndrome, AIDS, organ transplant complications, autoimmune diseases, cancer and many others, a substantial challenge is to establish whether HHV-6/7 is actually an etiological factor for these pathologies and not just a harmless satellite finding of virus replication due to loosened immunosurveillance. Nonetheless, recently published data demonstrate that infection of fetuses with iHHV-6-positive predisposes their mothers to pre-eclampsia independently of the parental origin of iHHV-6. Interestingly, HCMV infection suppressed angiogenesis and lymphangiogenesis in vitro and might affect placenta development. The role of dNK cells in HCMV-6/7 infection during pregnancy is yet to be examined.

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and multiple sclerosis during pregnancy clearly illustrate the immunological alterations occurring during gestation, how exactly these changes affect the outcome of pregnancy during infections is unknown. However, new technologies such as mass cytometry and single-cell RNA sequencing, allow the generation of algorithms that register the chronology of immunological changes during pregnancy. Deviations from the norm can then be measured during infections or other pregnancy complications to capture the pathogenesis of certain infectious diseases in pregnancy. Physiological changes during gestation may affect the course of an infectious disease even if the immune response is not altered. For example, respiratory viruses may cause more harm in pregnant women due to changes in pulmonary functions in gestation. Placental malaria discussed above is also a case in point. Mass cytometry and single-cell RNA sequencing should help to generate a map of the complexity of dNK-cell heterogeneity at the maternal-fetal interface. The challenge is to determine the role of each cellular subset. In mice, for example, it appears that tissue-resident NK cells may be responsible for fetal growth, while blood-like conventional NK cells may regulate vascular changes by producing IFN-γ. In humans, dNK1 may engage with trophoblast through KIR. A subset of NKGC2+ dNK1 may provide benefits in secondary pregnancy through immunological training, while dNK2 and dNK3 cells may engage with other cell types in the decidua through the production of other factors such as XCL-1, which can attract both DCs and trophoblast. As inflammation and infections are associated with abnormal placental vascular development, dNK1 and dNK2 cells play a significant role in placental vascularization, one of the remaining important research questions is how placental and systemic infection can influence the vascular remodeling function of dNK cells.

The relative roles of NK and CD8+ T cells are also difficult to discern, as these cell types share many features. However, temporal changes in the frequencies of the two types of cells in the decidua suggest that tissue-resident T cells may be more important in late gestation, while NK cells may specialize in certain defense mechanisms, like the recently reported nanotube-mediated transfer of granulysin into Listeria-infected trophoblast. Decidual CD8+ T cells are able to degranulate and produce pro-inflammatory cytokines in response to stimulation and are therefore competent in their response to pathogen invasion. How decidual NK and T cells operate during infections and which cells they interact with can be inferred by looking at the sets of MHC class I molecules expressed on cells in the decidua. Stromal cells express HLA-A, -B, -C and -E, and so are capable of both presenting antigens to CD8+ T cells and engaging with certain receptors on NK cells, like KIRs, NKG2A, or NKG2C. Trophoblast instead expresses only selected MHC molecules, if any. So, while most trophoblast express no HLA molecules at all, invasive trophoblast cells express HLA-C, a known ligand for KIRs that can also present antigens to CD8+ T cells. Invasive trophoblast cells also express HLA-E and HLA-G, which respectively engage NK receptors NKG2A and NKG2C or LILRB1 and KIR2DL4.

Another open question is the presence of a microbiome in the placenta. This is a controversial area and, while the placenta is indeed sterile, colonization of the fetal intestine by microbial products may be a physiological process that could be affected by pathogens during pregnancy. Finally, another fascinating question is how endogenous retroviruses, with many of their genes expressed in the placenta and some having impacted its evolution, may engage with immune cells in the decidua and thereby influence immune responses to pathogens during pregnancy.

In this review, we have discussed the ambivalent role of NK-cell immunity to different pathogens in pregnancy outcomes. A comprehensive investigation and understanding of which immune responses are detrimental or, conversely, beneficial for mother and offspring health are critical for further therapeutic development and the improvement of clinical management of pregnant women with infectious diseases.

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