Zero-Cost Agricultural Wastes as Sources for Activated Carbons Synthesis: Lead Ions Removal from Wastewaters †

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† Presented at the 3rd EWaS International Conference on “Insights on the Water-Energy-Food Nexus”, Lefkada Island, Greece, 27–30 June 2018.

Abstract: In the present study, activated carbons (PAC) were hydrothermally prepared with an environmental friendly preparation route after pyrolysis from biomass (specifically from agricultural (potato) peels). The prepared biochars were activated with potassium hydroxide (chemical activities). The preparation route had a strong impact on the pore structure of PAC. In addition, surface chemistry was also affected by the preparation and activation process. The adsorbent materials were also characterized by Scanning Electron Microscopy. The prepared activated carbons were used as adsorbents for the removal of lead ions. Batch experiments were performed to investigate the effect of physico-chemical parameters, such as pH, contact time, initial metal concentration and temperature. Equilibrium data were analyzed using Langmuir and Freundlich isotherm models. The thermodynamic parameters such as the change of enthalpy (ΔH°), entropy (ΔS°) and Gibb’s free energy (ΔG°) of adsorption systems were also determined and evaluated.

Keywords: agricultural wastes; activated carbon; adsorption; lead ions; wastewaters

1. Introduction

Recently, many researchers worldwide turned their interest to the preparation of low-cost adsorbent materials for decontamination/desalination purposes [1–4]. It is fact that these years there is a question about which adsorbent is most efficient. The first theory proposes adsorbent materials of high adsorption capacity (i.e., >200 mg/g) but with demanding synthesis steps and high cost. The other theory suggests adsorbent materials of medium adsorption capacity (50–200 mg/g) but with simple synthesis routes and really low-cost. In the latter theory, those activated carbons can be classified [5,6].

An important (but easy for reply) question is why activated carbons are such useful in adsorption technology. The activated carbons are widely used in adsorption technology due their large surface area and different surface functional groups as carboxylic, carboxylic, phenolic, quinonic, lactonic and/or other groups which are bound to the graphite-like layers [7]. For this reason, activated carbons are extensively used as optimum adsorbent materials. Numerous types of activated carbons (especially derived from fruit peels) are produced in the last years focusing on the improvement of adsorption capacity given that the cost is kept low [8–12].

In the present study, based on our previous experience/knowledge in activated carbons and low-cost adsorbent materials [4,5,13–21], activated carbons were produced from agricultural wastes by hydrothermal treatment of potato peels. All samples were activated using KOH at 400 °C. The
activated carbons produced were denotes hereafter as PAC. The samples were characterized using Scanning electron microscopy (SEM) and BET analysis. The model heavy metal ions pollutant selected for the adsorption tests was lead ions (Pb(II)).

For this purpose, mainly extensive equilibrium analysis was done by fitting the equilibrium data to Langmuir and Freundlich equations. The equilibrium data were repeated similarly at 4 different temperatures (20, 30, 40, 50 °C) in order to result the respective thermodynamic evaluation of this system. Based on the fact that 4 different temperatures was examined in equilibrium, the respective thermodynamic analysis was done in order to export some very important parameters as enthalpy, entropy and free energy for the system.

2. Materials and Methods

2.1. Materials

For the preparation of activated carbons, H₃PO₄ and NiCl₂-6H₂O were obtained from Sigma-Aldrich (St. Louis, MO, USA). The potato peels used were obtained as residues/wastes after domestic (home) use.

2.2. Preparation of Activated Carbons by Hydrothermal Treatment

Potato peels after being washed with distilled water to remove dust and other inorganic impurities, were dried overnight at 100 °C to reduce the moisture content. The dry material was grounded and sieved to be of uniform particle size (+0.45–0.15 mm). The final material was designated as “PP”. For the hydrothermally prepared activated carbon, hydrochars were firstly prepared by hydrothermal treatment. A weighted amount of the dry potato peels precursor (20 g) was dispersed in 100 mL of water. The hydrocarbonization process (HTC) of the precursor material was carried out in a 1-L Parr stirred pressure reactor (Parr Instrument Company, Moline, IL, USA). The mixture was sealed into a Teflon vessel inserted in the autoclave, which was subjected to 200 °C at a heating rate of 4 °C min (pressure at 200 °C of around 580 psi) with an agitation speed of 150 rpm. It was maintained at this temperature for 4 h and after this period of time the autoclave was cooled down to room temperature. The reaction mixture, was consisting of a liquid solution and a solid phase (hydrochar); the hydrochar was collected in a glass beaker for separation, was washed thoroughly with hot distilled water followed by ethanol washing and was dried at 100 °C overnight. The solid yield was determined by weight. Chemical activation of the hydrochar was performed using KOH. The impregnation ratio was calculated as the ratio of the weight of KOH in solution to the weight of the used hydrochars (the weight ratio of KOH/precursor is 1:0.9). The appropriate volume of KOH were dissolved in 250 mL of distilled water and then 20 g of the hydrochar were mixed with the KOH solution and stirred overnight in order a complete reaction between hydrochar and H₃PO₄ to be achieved. The mixture was filtered and the remaining solid was dried at 100 °C for about 24 h. It was placed then in a furnace and heated to 400 °C for 2 h at a heating rate of 25 °C/min under nitrogen flow (500 mL/min). The activated carbons formed were then treated with Soxhlet washing, freeze-drying, grounding and sieving. The yield of activated carbons was defined as the ratio of the sample weight after carbonization to the weight of the initial hydrochar.

2.3. Characterization Techniques

The surface area was determined by the the BET analysis software. Surface morphologies were studied by scanning electron microscopy (SEM), performed using JEOL-JSM-6060LV Scanning Electron Microscope.

2.4. Adsorption Experiments

All adsorption experiments were carried out in 3 repetitions and the average of the values was presented as experimental point in charts. At first, the effect of the pH was determined in batch mode using fixed conditions. 0.02 g of materials (m) were added to 20 mL of adsorbate solution (V)
consisted of 100 mg/L initial ion concentrations (C₀). The pH of the solution was fixed to 2, 3, 4, 5, and 6 for each flask by micro-additions of HNO₃ (0.01 mol/L) or NaOH (0.01 mol/L). The agitation rate (N) was 150 rpm using thermostatted shaking water bath (model Julabo SW-21C, Seelbach, Germany) under controlled temperature (T = 20 °C). The agitation was lasted 24 h (t). pH-effect experiments were not carried out at pH > 6, in order to avoid precipitation phenomena of Pb(II). In this pH-zone, the metal ions get out of the solution due to formation of colloidal precipitate of Ni(OH)₂ and not due to the adsorption of free Pb(II) ions [22]. In general the uptake of those metals at pH > 6 is attributed to the formation of metal hydroxide species such as soluble Pb(OH)⁺ and/or insoluble precipitate of Pb(OH)₂. Then, after finding the optimum pH (6), the effect of the initial ion concentration was also investigated (m = 0.02 g, V = 20 mL, T = 20 °C, N = 150 rpm, pH = 6, t = 24 h). The initial ion concentration was ranged from 10 to 1000 mg/L. The effect of temperature in equilibrium was investigated by carrying out the same equilibrium experiments (as those of the previous paragraph), not only at 20 °C but also at 30, 40, and 50 °C (m = 0.02 g, V = 20 mL, T = 20–50 °C, N = 150 rpm, pH = 6, t = 24 h min, C₀ = 10–1000 mg/L). After adsorption, the Pb(II) ions were quantitatively analyzed by atomic absorption spectrometer (model Perkin-Elmer Analyst 400, Dresden, Germany) composed of FIAS 100 Flow Injection System. The removal percentage of ions after adsorption was calculated as:

\[
R(\%) = \left(\frac{C₀ - C_e}{C₀}\right) \cdot 100\%
\]  

The equilibrium amount in the solid phase (Qₑ, mg/g) was calculated according to the following equation:

\[
Q_e = (C₀ - C_e) \cdot \left(\frac{V}{m}\right)
\]  

Equations (Isotherm, Kinetic, Thermodynamic)

The experimental equilibrium data were fitted to the Langmuir (Equation (3)) [23], Freundlich (Equation (4)) [24], and Langmuir-Freundlich (L-F) (Equation (5)) [24] isotherm equations expressed by the following equations:

\[
Q_e = Q_{max} \cdot \frac{K_L C_e}{1 + K_L C_e}
\]  

(3)

\[
Q_e = K_F C_e^{1/n}
\]  

(4)

\[
Q_e = Q_{max} \cdot \frac{K_{LF} C_e^{1/b}}{1 + K_{LF} C_e^{1/b}}
\]  

(5)

where Q_{max} (mg/g) is the maximum amount of adsorption; Kₗ (L/mg) is the Langmuir adsorption equilibrium constant; Kₖ (mg⁻¹/n L¹/n g⁻¹) is the Freundlich constant representing the adsorption capacity; n (dimensionless) is the constant depicting the adsorption intensity; K_{LF} (L/mg)¹/b is the L-F constant; b (dimensionless) is the L-F heterogeneity constant.

For the thermodynamic evaluation, three main parameters have been calculated (the change of Gibbs free energy (ΔG⁰, kJ/mol), enthalpy (ΔH⁰, kJ/mol) and entropy (ΔS⁰, kJ/mol K⁻¹)) based on the isotherms resulted at 20, 30, 40, and 50 °C. The system of equations below can be used for the calculation of the aforementioned thermodynamic parameters (where Cₑ (mg/L) is the amount adsorbed on a solid at equilibrium and R (8.314 J mol⁻¹ K⁻¹) is the universal gas constant) [25]:

\[
K_c = \frac{C_e}{T}
\]  

(6)
\[
\Delta G^0 = -RT \ln(K_c) \tag{7}
\]
\[
\Delta G^0 = \Delta H^0 - T \Delta S^0 \tag{8}
\]
\[
\ln(K_c) = \left(-\frac{\Delta H^0}{R}\right) \frac{1}{T} + \frac{\Delta S^0}{R} \tag{9}
\]

\(\Delta G^0\) was given from Equation (7), while \(\Delta H^0\) and \(\Delta S^0\) were given from the slope and intercept of the chart between \(\ln(K_c)\) versus \(1/T\) (Equation (9)).

3. Results and Discussion

In this section, the brief characterization was discussed as well as the adsorption evaluation of the Pb(II) removal. Extensive analysis is done about the equilibrium fitting. Also, the thermodynamic evaluation gives important data about the entropy and enthalpy of the system (based on isotherms of 4 different temperatures).

3.1. Characterizations

The morphology of the prepared materials was examined by observing the respective SEM images of them (Figure 1). Many microparticles can be seen on carbons prepared. Some samples have clear holes on the surface or some of them have smooth surface. The latter can be probably due to the synthesis procedure followed [20].

![SEM images of the activated carbon samples prepared by hydrothermal treatment.](image)

Figure 1. SEM images of the activated carbon samples prepared by hydrothermal treatment. (a) one particle; (b) second particle.

The activated carbons were also measured regarding their Specific Surface. The value found was 625 m²/g which can be considered as satisfactory surface area given the zero-cost first source (potato peels) and the relatively mild activation procedure.

3.2. Adsorption Evaluation

3.2.1. Effect of pH

One of the most important factors which can influence the whole adsorption behavior of materials is the pH of the solution (adsorbate). So, the first factor studied in this work was the effect of pH on Pb(II) removal. Figure 2 presents the adsorption behavior of the material in 5 experimental pH values (2–6).
At acidic conditions the removal of ions is lower than going to higher pH values. In particular, at pH = 2, the adsorption of Pb(II) seems very low (15%). With the increase of pH values to 3, the adsorption/removal showed gradual/mild improvement (25%). The most interesting is the sharp increase at pH > 3. So, at pH = 4 the removal was further improved presenting the pH-curves big slopes (55%). Similar behaviour at pH = 5 slopes (80%). At the final studied pH-value (6), the trend of increase was milder (84%). In general similar pH-behavior was found in other published work regarding some heavy metals removal [20,26,27], meaning low uptake at acidic and higher at neutral-alkaline conditions. As it was mentioned previously, the effect of pH was studied until pH = 6, due to some possible precipitation phenomena which may be governed the whole removal process at pH > 7.

3.2.2. Effect of Initial Pb(II) Concentration and Temperature

In order to investigate the effect of initial lead ions concentration, isotherm curves was presented. According to Figure 3, the increase of initial concentration of metal caused the increase of the adsorbed amount onto solid adsorbent. The range used for the initial Pb(II) concentration was 10–1000 mg/L. For low C0 almost the whole amount was adsorbed onto material. But, using higher concentrations (C0 > 300 mg/L), the non-adsorbed amount of ions increased. This is normal due to the material’s saturation. Table 1 shows all equilibrium data.

| Table 1. Equilibrium parameters for the adsorption of Pb(II) onto PAC. |
|----------------|------------------|----------------|------------------|------------------|
| Sample | T (°C) | Qmax (mg/g) | Kf (L/g) | R2 (-) | Kf (mgL−1/2 L1/n g−1) | n (-) | R2 (-) |
| PAC | 20 | 217 | 0.01782 | 0.994 | 26.27 | 3.09 | 0.951 |
| | 30 | 235 | 0.01778 | 0.992 | 28.28 | 3.07 | 0.952 |
| | 40 | 236 | 0.01965 | 0.991 | 30.53 | 3.17 | 0.954 |
| | 50 | 262 | 0.01819 | 0.991 | 31.45 | 3.06 | 0.964 |

To find the maximum theoretical adsorption capacity (Qmax), the equilibrium data were fitted to three isotherm models; Lanmguir and Freundlich. Table 1 presents the equilibrium fitting results after running the aforesmenioned models. In general, the best fitting was achieved using Langmuir-equation (R2 = 0.991–0.994), while Freundlich did not present good fitting results (R2 = 0.951–0.964). The latter can be even visually checked by observing the curves in Figure 3.
A very interesting finding of the equilibrium data was the behavior of the hydrothermal and carbons regarding the increase of temperature (Figure 3). The increase of temperature drastically improved (21%) the $Q_{\text{max}}$ from 217 (20 °C) to 262 (50 °C). It is also noteworthy that the middle temperatures (30 and 40 °C) did not present significant changes (235 ad 236 mg/g).

![Figure 3. Effect of initial Pb(II) concentration for PAC.](image)

In adsorption technology, it is widely known that it cannot be compared two adsorbent materials (even for the same pollutant) without keeping the same experimental conditions. Some of the basic parameters which strongly influence the whole procedure are (i) the pH solution; (ii) contact time; (iii) initial pollutant’s concentration; (iv) temperature; (v) agitation speed; (vi) volume of adsorbate, (vii) ionic strength of solution, (ix) adsorbent’s dosage, etc. It is clear that if any of the aforementioned conditions varies, the experiment will not be the same and consequently none comparison will be correct. Having the above in the mind, the only comparison can be realized for adsorbent/adsorbate systems of the same study.

3.2.3. Thermodynamics

One useful tool to evaluate thermodynamically the adsorbate-adsorbent system is to calculate the change of Gibbs free energy ($\Delta G^\circ$, kJ/mol), change of enthalpy ($\Delta H^\circ$, kJ/mol) and entropy change ($\Delta S^\circ$, kJ/mol K). Those thermodynamic parameters at the optimum pH found (6), at fixed initial Pb(II) concentrations (10, 100, 300, 700 mg/L) and all temperatures (20, 30, 40, 50 °C) were presented in Table 2.

$\Delta G^\circ$ values were negative (for $C_0 = 10, 100, 300$ mg/L) suggesting the spontaneous adsorption of ions onto carbons. At this point, we have to take into account, that being in nature, the target is to keep or obtain the lowest energy state. So, to occur adsorption process and majorly spontaneous, the energy must be less than the initial state at the end of the process. This is the explanation why the $\Delta G^\circ$ values were found to be negative. Another interesting finding is that the negatives values of $\Delta G^\circ$ decreased with an increase of temperatures (from 20 to 30, and then to 40 and 50 °C). The latter may indicate the favorability of the adsorption at higher temperatures.
In the case of enthalpy, the positive values of $\Delta H^0$ suggest the endothermicity of the process. These values were drastically diminished with the increase of $C_0$ (Table 2). The adsorbate ion species had to displace more than one water molecule for their adsorption and this resulted in the endothermicity of the adsorption process. So, the change of enthalpy must be positive. Another possible indication (not so crucial) about the adsorption type is the magnitude of $\Delta H^0$.

In the case of entropy, all values of $\Delta S^0$ were positive. This is corresponded to the adsorbent’s affinity with the adsorbate ion species. Also, when $\Delta S^0 > 0$ an increased randomness happened at the solid/solution interface. It is necessary to keep in mind that the water molecules, which were diffused into the porous network of the carbons (those which were displaced by the adsorbate lead ions), obtained big quantites of transitional entropy and in this way they allow the randomness in the system. The last point for $\Delta S^0 > 0$ is the increase in freedom degree of the bound/adsorbed ions [28].

At this point it is mandatory to say some few words about the reuse potential of activated carbons. In general, the exothermic nature of the adsorption is used in the heat treatment process and leads to desorption, partial cracking and polymerization of the organics adsorbed. The removal of charred organic residue formed in the porous structures is conducted in the final stage. The porous carbon structure regenerating its original surface characteristics will be revealed in this manner. The adsorption columns can be reused after treatment. Generally, the adsorptive capacity is reduced after the burning of the pre-adsorption thermal regeneration cycle between 5–15 wt% of the carbon bed [29]. High temperatures are required in the process of thermal regeneration, which means that the energies involved in this process are high. This process is hence energetically and commercially expensive [30]. Before it is feasible to have regeneration facilities on site, a certain size has to be attained for the plants based on thermal regeneration of activated carbon. Smaller waste treatment sites normally transport their activated carbon cores to specialized facilities for regeneration. This increases the footprint of the carbon [31].

### 3.3. Cost-Effectiveness of Agricultural-Based Activated Carbons

To better understand the value of the activated carbon from agricultural wastes (not especially from potato), a scenario with many hypotheses is set-up. The basic parameters hypothetically are the same apart from the maximum theoretical adsorption capacity ($Q_{max}$) and the estimated cost for the adsorbent production. In that case, 5, and 3.3 kg of AC and ACM required for decontamination. If the cost production for an agricultural waste is zero, then the production of AC is expected to be at
least 4 times larger (electricity for pyrolysis etc.), while the respective for ACM 6 times larger (pyrolysis, chemical modification etc.). It is clear that the order of profitability using the above adsorbents will be AC > ACM.

In order to make a more realistic scenario, for an average industry which treats and discharges 1 MGD (megagallons per day) as effluents (containing either dyes or metals), the approximate quantity of adsorbents can be calculated. In the case of textile industries, dye concentrations of 0.01–0.25 g/dm³ (=10–250 g of dye per m³ of effluent) have been cited as being present in dyehouse effluents, depending on the dyes and processes used [32]. Therefore, 37.85–946.25 kg of dye (containing into the dyeing effluent) per day must be removed/adsorbed. Having as basis the example of Table 7, 189–4731 kg of AC and 126–3154 kg of ACM are needed for the efficient treatment of effluent. The same example for an average metal plating (chromium) with 2 MGD as effluent rate can be calculated mentioning that chromium concentrations of 0.5–270,000 g per m³ of effluent have been cited [33].

4. Conclusions

This paper investigates the synthesis of activated carbons with hydrothermal treatment using potato peels as source. The activation was done with KOH at 400 °C. The pH-effect experiments confirmed lower ion removal at acidic conditions, while going to higher pH values the removal increased (pH optimum was 6). The increase of temperature drastically improved (21%) the Qmax of PAC from 217 (20 °C) to 262 (50 °C). From SEM images, many microparticles can be seen and some of them have clear holes on the surface.

Author Contributions: A.C. Mitropoulos contributed to the writing of the paper; G.Z. Kyzas conceived, designed the adsorption experiments and contributed to the writing of the paper having also the super-vision of the whole paper.

Funding: Grant No. GRA-14199.

Acknowledgments: The project “Multifunctional super-adsorbent materials for efficient decontamination of oil spills and heavy metal effluents” supported by Stavros Niarchos Foundation is acknowledged for the funding of this work.

Conflicts of Interest: The authors declare no conflict of interest.

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