Analysis of core protein clusters identifies candidate variable sites conferring metronidazole resistance in Helicobacter pylori

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Abstract

Background: Metronidazole is one of the first-line drugs of choice in the standard triple therapy used to eradicate Helicobacter pylori infection. Hence, the global emergence of metronidazole resistance in Hp poses a major challenge to health professionals. Inactivation of RdxA is known to be a major mechanism of conferring metronidazole resistance in H. pylori. However, metronidazole resistance can also arise in H. pylori strains expressing functional RdxA protein, suggesting that there are other mechanisms that may confer resistance to this drug.

Methods: We performed whole-genome sequencing on 121 H. pylori clinical strains, among which 73 were metronidazole-resistant. Sequence-alignment analysis of core protein clusters derived from clinical strains containing full-length RdxA was performed. Variable sites in each alignment were statistically compared between the resistant and susceptible groups to determine candidate genes along with their respective amino-acid changes that may account for the development of metronidazole resistance in H. pylori.

Results: Resistance due to RdxA truncation was identified in 34% of metronidazole-resistant strains. Analysis of core protein clusters derived from the remaining 48 metronidazole-resistant and 48 metronidazole-susceptible identified four variable sites significantly associated with metronidazole resistance. These sites included R16H/C in RdxA, D85N in the inner-membrane protein RclC (HP0565), V265I in a biotin carboxylase protein (HP0370) and A51V/T in a putative threonylcarbamoyl–AMP synthase (HP0918).
Conclusions: Our approach identified new potential mechanisms for metronidazole resistance in H. pylori that merit further investigation.

Key words: *Helicobacter pylori*; metronidazole; antibiotic resistance; whole-genome sequencing; core protein clusters; sequence alignment

Introduction

*Helicobacter pylori* is a Gram-negative microaerophilic bacterium that persistently colonizes the human gastric mucosa. Common clinical manifestations of *H. pylori* chronic infection include dyspepsia, chronic gastritis, gastric atrophy and peptic ulceration. In more severe but less common cases, *H. pylori* infection may cause gastric adenocarcinoma and gastric mucosa-associated lymphoid tissue (MALT) [1, 2]. Consequently, *H. pylori* has been classified as a type 1 carcinogen by the World Health Organization [3].

In the recent Maastricht V consensus report, administration of standard triple therapy remains the first-line treatment for eradication of *H. pylori* infection in areas of low clarithromycin resistance [4]. Standard triple therapy consists of a proton pump inhibitor and two antibiotics (amoxicillin and either clarithromycin or metronidazole). The later antibiotic, metronidazole, is a produg commonly used for the treatment of parasitic infections, including trichomoniasis and giardiasis. It is effective against anaerobic and certain microaerophilic microorganisms, including *H. pylori* [5–7]. However, the widespread use of metronidazole has resulted in the emergence of resistant *H. pylori* strains. In a recent meta-analysis of antibiotic resistance in *H. pylori*, the overall occurrence of metronidazole resistance was found to be as high as 47.22%, substantially undermining the efficacy of *H. pylori* eradication therapy [8].

The current literature indicates that resistance to metronidazole in *H. pylori* primarily involves inactivation of the RdxA gene. This gene encodes for an oxygen-insensitive NADPH nitroreductase that catalyses the reduction of metronidazole by the transfer of four electrons to form hydroxylamine—a potent mutagen that is toxic to *H. pylori* [9]. Apart from nonsense and frameshift mutations, amino-acid substitutions in the RdxA protein including R16H, Y46H, P51L and A67V have been reported as potentially contributing to metronidazole resistance [10–12]. Furthermore, C19Y, T49K and C159A/S mutations have been classified as a type 1 carcinogen by the World Health Organization [3].

In our collection of metronidazole-resistant *H. pylori* clinical strains from Barry Marshall’s *H. pylori* Research Laboratory and University of Malaya Helicobacter Research Laboratory, some were found not to harbour any of the above-mentioned mutational changes. This suggested that there may be additional, as-yet uncharacterized, mechanisms of metronidazole resistance. To uncover these mechanisms, we sequenced and analysed the draft genomes of 73 metronidazole-resistant and 48 metronidazole-susceptible *H. pylori* clinical strains.

Materials and methods

Bacterial cultures

This study was approved by the Sir Charles Gairdner and Osborne Park Health Care Group Human Research Ethics Committee (HREC No: 2013–007) and the University of Malaya Medical Centre (UMMC) Medical Ethics Committee. Biopsy samples for culturing were obtained with informed and written consent from patients who presented for endoscopy at Sir Charles Gairdner Hospital and UMMC.

*H. pylori* strains were isolated from human gastric biopsy samples on selective and non-selective agar plates. The non-selective plates used were Columbia blood agar plates (CBA) containing 5% horse blood (PathWest Laboratory Medicine WA Media, Australia). The selective plates were CBA plates with Dent supplement (Oxoid, UK). The plates were incubated for 3–4 days at 37°C in a 10% CO₂ environment as previously described [18].

Metronidazole-sensitivity test

A metronidazole-sensitivity test was performed using Etest® strips (BioMérieux, France). Metronidazole resistance was defined with a minimum inhibition concentration (MIC) value of ≥8 mg/L [18].

Illumina library preparation and whole-genome sequencing

Genomic DNA was extracted using a DNaseasy® blood & tissue kit (Qiagen, Germany) according to the manufacturer’s instructions. Preparation of the MiSeq library was performed using an Illumina Nextera XT DNA sample preparation kit (Illumina, USA) with minor modifications. In brief, 1 ng of genomic DNA was fragmented in 5 μL of Amplicon Tagment Mix and 10 μL of Tagment DNA buffer. Tagmentation reaction was performed by incubation at 55°C for 5 minutes followed by neutralization with 5 μL of Neutralise Tagment Buffer for 5 minutes. Tagmented DNA (25 μL) was indexed in a 50-μL limited-cycle PCR (12 cycles) as outlined in the Nextera XT protocol and subsequently purified using 25 μL of AMPure XP beads (Beckman Coulter, Australia). The fragment-size distribution of the purified DNA was analysed by the Australian Genome Research Facility utilizing the PerkinElmer LabChip GXII instrument. DNA libraries were adjusted to 2 nmol/L, pooled in equal volumes and then denatured with 0.2 N NaOH. The libraries were sequenced using the 2 × 250 paired-end protocol (MiSeq Reagent Kit v2 for 500 cycles) on an Illumina MiSeq instrument.

Identification and alignment of core protein clusters

The generated MiSeq reads of each *H. pylori* clinical strain included in this study were assembled using a SPAdes genome
assembler (version 3.10.1) with the careful option [19]. Draft genomes were annotated using Prokka (version 1.12) [20]. Clustering of the orthologues was performed using all predicted coding sequences with ProteinOrtho (version 5.15) with the following parameters: -identity = 50 -cov = 95 [21]. In this study, a protein cluster was considered to be a core cluster when an orthologue was identified in at least 98% of input strains. Alignment of each core protein cluster was performed with MAFFT using the following parameters: --localpair --maxiterate 10000 [22]. Consensus sequences were generated. Variable sites including gaps in each alignment were extracted and subjected to further statistical analysis. Both the Prokka-annotated draft genomes and the alignments are available at the public data repository Figshare (https://figshare.com/), with doi: 10.6084/m9.figshare.5271046. All draft genomes have been deposited at DDBJ/ENA/GenBank and all sequencing data generated in this study have been submitted to Sequence Read Archives (SRA) database. Accession numbers are listed in Supplementary Table 1.

**Protein-structure search and structural alignment**

To better understand the function of hypothetical protein HP0918, a protein-structure search was undertaken using the Phyre2 server [23]. The model for the hit with the highest percentage-identity was then displayed and structurally aligned using the UCSF Chimera package, version 1.11.2 [24].

**Statistical analysis**

In the first stage, the distributions of RdxA inactivation and FrxA inactivation in both metronidazole-resistant and metronidazole-susceptible strains were analysed using the Fisher’s exact test. A P-value of less than 0.05 was considered significant. In the second stage, involving strains with full-length RdxA, for each gene in the core genomes, the association of each variable site in a protein sequence alignment with a metronidazole-resistant phenotype was statistically examined using Fisher’s exact test with a Bonferroni correction. This involved multiplying the acquired P-value by the number of variable sites in the gene being tested. An adjusted P-value of less than 0.05 was regarded as statistically significant.

**Results**

**Nonsense and frameshift mutations in RdxA and FrxA from metronidazole-resistant and metronidazole-susceptible strains**

Of the 121 whole-genome sequenced clinical strains, 73 were resistant to metronidazole, with MIC values ranging from 8–256 mg/L (Supplementary Table 1). RdxA truncation is known to play a predominant role in metronidazole resistance. Hence, a BLASTN alignment of HP0954, which encodes for the oxygen-insensitive NAD(P)H nitroreductase RdxA protein in *H. pylori* 26695, was performed against all strains. All RdxA sequences were then examined for any mutations that would result in translational defects. All 48 metronidazole-susceptible strains harbour intact RdxA genes that encode for full-length functional RdxA. However, 25 of the 73 metronidazole-resistant strains had nonsense mutations or frame alterations attributed to nucleotide insertions or deletions in RdxA, resulting in protein truncation or mistranslation and consequently a complete loss of RdxA function (Table 1). The distribution of RdxA inactivation in metronidazole-resistant strains was statistically significant (P < 0.001).

In a transposon mutagenesis study conducted by Moore and Salama [25], one of the metronidazole-resistant mutants was shown to harbour an insertion positioned 25 bp upstream of the RdxA gene, prompting us to investigate the occurrence of this mutation in our strains that carry a full-length RdxA gene. No such mutation was observed. However, there was only one metronidazole-resistant strain in which its Shine-Dalgarno sequence had altered from AGGA to ATGA. Between the AGGA sequence and ATG start codon, nucleotide variations were found in a few metronidazole-resistant and metronidazole-susceptible strains. Nevertheless, we were unable to conclude whether these changes would affect the transcription or translation of RdxA.

To investigate whether FrxA inactivation could be associated with *H. pylori* metronidazole resistance, a BLASTN search of HP0642 was performed. Of the 48 metronidazole-resistant and 48 metronidazole-susceptible strains carrying complete RdxA genes, 31 of the metronidazole-resistant strains and 19 of the metronidazole-susceptible strains harboured a frameshift or a nonsense mutation in FrxA (Table 2). The distribution of FrxA inactivation was significantly greater in the metronidazole-resistant strains (P = 0.008), indicating that FrxA truncation might play a minor role in conferring metronidazole resistance.

**RdxA amino-acid substitutions**

We next examined the 96 full-length RdxA sequences for amino-acid substitutions, following which statistical analysis (Fisher’s exact test) was performed on each site. Among the 72 variable sites identified, 19 were present only in metronidazole-resistant strains, including four occurrences each at Cys-19 and Gly-163, three occurrences each at Ser-44 and Ala-80, two occurrences each at Pro-44, Ala-67, Ser-81, Met-84, Gly-145 and Gly-163, three occurrences each at Ser-43 and Ala-80, two occurrences each at Cys-148, 157D, Lys-190, Glu-194 and Ser-202 (Supplementary Table 2). However, no statistical significance could be established. Conversion of R16H was identified in 13 metronidazole-resistant strains and R16C conversion was identified in five metronidazole-resistant strains. Although these R16 conversions were also identified in four metronidazole-susceptible strains, amino-acid substitution of Arg-16 was shown to be statistically significant (adjusted P = 0.038). In addition to the findings above, 19 substitutions were found exclusively in the metronidazole-susceptible strains (R10K, S30R/N, A37V/S, V57A, D61G, H69R/Y, S70R, E74K, E75D/W, K78E, S92I, K110R, I114L, V123L/M, M154I, P166A, L167V, K168R and A193T/V), suggesting that these amino-acid residue changes do not significantly perturb RdxA function.

**Distribution of variable sites in core protein-cluster alignments**

To identify additional mutations that might play a role in enhancing *H. pylori* resistance against metronidazole in the presence of a full-length functional RdxA protein, we conducted further analysis of the draft genomes of 96 *H. pylori* strains that contained an intact rdxA gene. Clustering of orthologous genes was initially performed on all predicted coding sequences using ProteinOrtho. We specified that a core protein cluster must have an orthologue existing in at least 98% of input strains. Thus, we acquired a total of 1035 core protein clusters for
further protein multiple sequence alignment using MAFFT. In each alignment, the distribution of every variable site in both metronidazole-resistant and metronidazole-susceptible strains was statistically examined.

Using this approach, four protein clusters were found to harbour a variable site in which the distribution of amino-acid variants was significantly greater among the metronidazole-resistant strains than the metronidazole-susceptible strains (Table 3). These substitutions included the R16H/C in RdxA (adjusted \( P = 0.038 \)) described above, D85N in the inner-membrane protein RclC (adjusted \( P = 0.021 \)), V265I in the biotin carboxylase protein (adjusted \( P = 0.047 \)) and A51V/T in HP0918 (adjusted \( P = 0.006 \)). HP0918 is a hypothetical protein that is likely to be involved in N\(^6\)-L-threonylcarbamoyladenosine\(^37\) modified tRNA biosynthesis, specifically catalysing the formation of the L-threonylcarbamoyladyenylate intermediate compound. The putative function of HP0918 is further discussed below.

### Table 1. MIC of metronidazole-resistant strains with RdxA nonsense and frameshift mutations

| Strain   | MIC (mg/L) | Mutation | Change | Codon position |
|----------|------------|----------|--------|----------------|
| HP11054  | 48         | Nonsense | CAG → TAG | 50             |
| HP12064  | 256        | Nonsense | CAG → TAG | 50             |
| HP13024  | 256        | Nonsense | GGA → TGA | 155            |
| HP14016  | 256        | Nonsense | GAA → TAA | 75             |
| HP14052  | 256        | Nonsense | GAG → TAG | 175            |
| HP14056  | 256        | Nonsense | GAG → TAG | 175            |
| HP15012  | 64         | Nonsense | GAG → TAG | 107            |
| HP15015  | 256        | Nonsense | CAA → TAA | 102            |
| HP15026  | 256        | Nonsense | CAA → TAA | 130            |
| HP11043  | 256        | Frameshift | 7A → 8A | 65             |
| HP13012  | 256        | Frameshift | 7A → 8A | 65             |
| HP13013  | 24         | Frameshift | 3A → 5A | 14             |
| HP13028  | 64         | Frameshift | AAG → AATG | 20            |
| HP13061  | 256        | Frameshift | –CAGCGTAA | 81            |
| HP13072  | 256        | Frameshift | AAG → AG | 190            |
| HP15002  | 256        | Frameshift | AAA → AATA | 8             |
| HP15011  | 256        | Frameshift | GAT → GAAGAAATGAT | 77 |
| HP15022  | 256        | Frameshift | AGG → TAGG | 41            |
| HP15031  | 256        | Frameshift | 7A → 8A | 65             |
| HP15032  | 256        | Frameshift | –TCAAAAAGTTGATGGCGATTAC | 202 |
| HP15034  | 256        | Frameshift | 7A → 6A | 64             |
| HP15059  | 256        | Frameshift | 7A → 6A | 64             |
| HP15067  | 64         | Frameshift | GGT → ATGGGT | 189 |
| HP16004  | 256        | Frameshift | 7A → 6A | 64             |
| HP16056  | 256        | Frameshift | AAG → TAAG | 60            |

MR, metronidazole-resistant; MS, metronidazole-susceptible.

### Table 2. FrxA frameshift and nonsense mutations

| Mutation | Change | Affected codon position | No. of strains |
|----------|--------|-------------------------|----------------|
|          |        |                         | MR (n = 48) | MS (n = 48) |
| Frameshift | –GATTGCTGCAAAAAAAATACGATCC | 13 | 0 | 1 |
| Frameshift | 7A → 6A | 18 | 19 | 11 |
| Frameshift | –G | 20 | 0 | 1 |
| Frameshift | 4G → 3G | 38 | 0 | 1 |
| Frameshift | –TT | 52 | 0 | 1 |
| Frameshift | +TG | 60 | 1 | 0 |
| Frameshift | –C | 70 | 2 | 2 |
| Frameshift | 6G → 7G | 70 | 1 | 1 |
| Frameshift | 6G → 5G | 70 | 0 | 1 |
| Frameshift | GAC → TAAT | 92 | 1 | 0 |
| Frameshift | –G | 106 | 1 | 0 |
| Frameshift | +TATC | 145 | 1 | 0 |
| Frameshift | –G | 168 | 0 | 0 |
| Frameshift | +A | 200 | 0 | 1 |
| Nonsense | CGA → TGA | 13 | 0 | 1 |
| Nonsense | CGA → TGA | 86 | 0 | 1 |

Total 31 19

MR, metronidazole-resistant; MS, metronidazole-susceptible.
HP0918

A structure-based search using Phyre2 yielded a number of hits to structures related to the protein YrdC, with the highest percentage-identity hit being 1HRU, threonylcarbamoyl–AMP synthase (TsaC) from *Escherichia coli*. A structural alignment of the model produced by Phyre2 for HP0918 versus the structure used to create that model, 1HRU, revealed that all of the amino acids identified by Teplova et al. [26] being conserved in this class of proteins are also conserved in HP0918 (shown as red stars in Figure 1). On the other hand, HP0918 lacks the Pfam domain that is associated with YrdC (PF01300). However, a final observation is that, when HP0918 was viewed in the BioCyc database, in all *H. pylori* strains, HP0918 is found within a predicted operon next to carbamoyl-phosphate synthase [27].

Discussion

Many studies have demonstrated that the development of metronidazole resistance in *H. pylori* is essentially due to loss-of-function mutations in the RdxA gene, which encodes an oxygen-insensitive nitroreductase exhibiting metronidazole reduction activity under micro-aerobic conditions [9, 11, 28]. Consistently with previous reports, sequence analysis of our collection of clinical strains identified a strong correlation between RdxA-inactivating mutations and metronidazole resistance. Numerous missense mutations were also identified in RdxA sequences from both our metronidazole-resistant and metronidazole-susceptible strains. The crystal structure of RdxA from *H. pylori* strain 26695 has recently been solved [14]. Based on that study, 5 (C19Y/F, S43L, G145E, G163D and S202L) of the 19 substitutions found only in the metronidazole-resistant strains were proposed to impair RdxA function through destabilization of the RdxA dimer formation or by decreasing the binding affinity of RdxA for the flavin mononucleotide (FMN) cofactor [14]. Conversely, none of the amino-acid residue changes identified only in the metronidazole-susceptible strains was predicted to cause any functional effects on the RdxA protein.

Notably, a significant number of our metronidazole-resistant strains contained a mutation of the Arg-16 residue of RdxA. This is one of several amino-acid residues responsible for binding between the FMN phosphoryl group and RdxA, and thus mutation of Arg-16 may dampen RdxA–FMN interaction and consequently impair the reduction–activation activity involving metronidazole [14]. However, this substitution was also identified in several metronidazole-susceptible strains, suggesting that Arg-16 mutation alone may not be sufficient to confer a metronidazole-resistant phenotype.

Table 3. List of amino-acid substitutions that are significantly associated with metronidazole-resistant *H. pylori* clinical strains

| Clustera | Consensus AA residue and position | No. of strains with consensus AA | No. of strains with variant AA | Total variable sites including gaps | Adjusted P-value | Protein description |
|----------|----------------------------------|----------------------------------|---------------------------------|-----------------------------------|-----------------|---------------------|
|          |                                  | MR | MS | MR | MS |                                           |                  |                      |
| 522      | R16                              | 30 | 44 | 13 (H), 5 (C) | 4 (H) | 72 | 0.038 | Oxygen-insensitive NAD(P)H nitroreductase RdxA (HP0954) |
| 902      | D85                              | 38 | 47 | 10 (N) | 0 | 33 | 0.021 | Inner-membrane protein RclC (HP0565) |
| 978      | V265                             | 35 | 47 | 12 (I) | 1 (I) | 66 | 0.047 | Biotin carboxylase (HP0370) |
| 993      | A51                              | 33 | 47 | 9 (V), 5 (T) | 1 (V) | 41 | 0.006 | Putative threonylcarbamoyl–AMP synthase (HP0918) |

AA, amino acid; MR, metronidazole-resistant; MS, metronidazole-susceptible.

aAlignment of each protein cluster is available at the public data repository Figshare (https://figshare.com/), with doi 10.6084/m9.figshare.5271046.

Figure 1. Structural alignment comparing the model of HP0918 computed by Phyre2 based on 1HRU and 1HRU itself. Highlighted with red stars are the conserved amino acids of the TsaC protein family, identified by Teplova et al. [26], which are identical in HP0918. Highlighted in blue are amino acids that are found in the YrdC subgroup, which are also found in HP0918 or for which there are conservative substitutions.
resistant phenotype in H. pylori and could therefore involve additional mutations apart from the rdxA gene. Alternatively, the metronidazole-resistant phenotype attributed to Arg-16 substitution could be counteracted by high-level expression of a second nitroreductase, FrxA, as it has been previously demonstrated that high expression of FrxA renders H. pylori susceptible to metronidazole, regardless of RdxA status [29].

Although our statistical analysis showed that FrxA truncation is associated with metronidazole resistance, 19 of the 48 metronidazole-susceptible strains were also found to contain a truncated FrxA. This observation indicates that FrxA inactivation does not play a dominant role in imparting metronidazole resistance. Rather, FrxA inactivation may work in tandem with other mutations to enhance resistance, consistently with a previous study showing that the inactivation of FrxA gene had resulted in a higher level of metronidazole resistance in RdxA-deficient H. pylori cells, but no significant changes in the metronidazole susceptibility of cells containing an intact rdxA gene [29]. On the other hand, of the 48 H. pylori metronidazole-resistant clinical strains carrying full-length functional RdxA, 14 did not have any inactivating mutations in their FrxA gene (Supplementary Table 3). This finding suggests that there could be other genetic determinants involved in conferring metronidazole resistance.

To explore further for genes that are possibly responsible for metronidazole resistance, multiple sequence alignment followed by statistical comparison of the distribution of amino-acid variants at each variable site in both metronidazole-resistant and metronidazole-susceptible groups was performed on orthologous protein clusters. Four variable sites were found to be significantly associated with metronidazole resistance, including D85N in the RclC inner-membrane protein, V265I in a biotin carboxylase protein, A51V/T in a putative threonylcarbamoyl-AMP synthase and R16H/C in RdxA. The successful identification of the frequently reported Arg-16 mutational transition in RdxA is an important validation of our analytical method, providing further support that the novel mutations associated with metronidazole-resistant phenotype identified in this study are highly reliable.

The RclC inner-membrane protein is referred to as HP0565 in H. pylori 26695. It shares 53.3% amino-acid sequence similarity with the RclC protein in E. coli K-12 substrain MG1655, which plays an essential role in reactive chlorine resistance [30]. In H. pylori, besides the formation of hydroxylamine via the transfer of four electrons to metronidazole by RdxA, metronidazole can also be reduced by single electron transfer [9]. Under such a situation, the molecular oxygen present in the micro-aerobic intracellular compartment would compete with metronidazole radicals for electrons. This allows re-oxidation and restoration of metronidazole to its inactive state, and yet produces DNA-damaging superoxide anion radicals [31]. This process is termed futile recycling. It would therefore be of interest to determine whether HP0565 could play a role in H. pylori resistance against these free radicals besides providing protection against reactive chlorine species. And, if so, does the D85N substitution further enhance such a capacity to facilitate development of metronidazole resistance?

The biotin carboxylase subunit of acetyl coenzyme A (acetyl-CoA), which is designated as HP0370 in 26695, catalyses the ATP-dependent carboxylation of biotin and generates hydrogen ions as one of the end products [32, 33]. We propose that the hydrogen ions could be utilized by the H. pylori superoxide dismutase enzyme (HP0389) to convert superoxide radicals into hydrogen peroxide, which can be further inactivated by AhpC.

**Conclusion**

In this study, metronidazole resistance associated with RdxA inactivation was identified only in approximately 34% of H. pylori clinical strains. Our results also provide additional evidence that FrxA inactivation alone does not result in metronidazole resistance. By conducting whole-genome sequencing followed by core proteome analysis of the metronidazole-resistant and the metronidazole-susceptible H. pylori clinical strains, further genetic elements that are likely to be involved in mediating metronidazole resistance were identified. The results help to explain the varying levels of metronidazole resistance observed in different H. pylori strains. They may also help in the design of PCR-based assay tests for metronidazole resistance. Such tests would remove the need for time-consuming culture and sensitivity testing by clinical microbiologists and allow clinicians to make accurate decisions in tailoring H. pylori eradication treatments for individual patients.

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Supplementary data
Supplementary data is available at Gastroenterology Report online.

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