Manipulation of Light Environment to Produce High-quality Poinsettia Plants

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Abstract. The phytochromes, a family of photoreceptors that maximally absorb red (R) and far-red (FR) light, play an important role in defining the architecture of the plant and consequently its value in the market. In this work, we evaluated the manipulation of light quality as an alternative to the use of plant growth regulators (PGRs) to produce poinsettia plants (Euphorbia pulcherrima Willd. ex Klotzsch) without affecting commercial quality parameters. ‘Freedom Red’ poinsettia plants were cultivated in two light environments characterized by different R/FR ratios in combination with or without one application of PGR. We used a photoselective film that significantly reduced the FR component of the light and a transparent film to obtain high and low R/FR ratios (5.7 and 1.1, respectively). Plants cultivated under a high R/FR ratio were shorter and more compact than those grown under transparent film. Other quality characters like bract and leaf area, dry weight, stem diameter, number of lateral branches, and plant width did not differ significantly between light treatments. Flowering time was slightly delayed in plants grown under a high R/FR ratio compared with those cultivated under the control treatment. Additive effects were detected between light quality and PGR factors indicating that light quality manipulation is an alternative strategy to reduce or to replace the use of PGRs in commercial production systems that usually require several PGR applications.

Poinsettia (Euphorbia pulcherrima) is an important crop in ornamental horticulture, especially demanded at Christmas time (Snipen et al., 1999). In the temperate regions of the southern hemisphere, this date corresponds to the summer season when warm temperatures and high irradiances promote accelerated plant growth. Under these circumstances, the control of plant height is an issue of big concern to produce plants with high commercial quality. Many growers use plant growth regulators (PGRs) to achieve a desired plant height, but the high cost of PGRs, the restrictions to its commercialization, and the increasing pressure of the consumers to avoid the use of contaminant chemicals in horticulture are good reasons to stimulate the exploration of new sustainable alternatives (Berghage and Heins, 1991; Clifford et al., 2004; Li et al., 2000; Runkle and Heins, 2002).

Plant height can be affected by the manipulation of light quality, and many successful experiences have been reported in different ornamental species (Kambalapally and Rajapakse, 1998; Li et al., 2000; Mortensen and Stromme, 1987; Rajapakse and Kelly, 1992; Runkle and Heins, 2001). Plants absorb efficiently photons of the red (R) and far-red (FR) regions of the spectrum by specialized photoreversible receptors called phytochromes. The action of the phytochromes is a function of the relative amounts of the active and the inactive forms (Pfr and Pr, respectively) established in the plant tissues, and it positively correlates with the R/FR ratios in a wide range of light conditions (Smith, 1981). Low R/FR ratios induce several responses in plants known as shade avoidance syndrome that include the promotion of elongation of internodes, petioles, and leaves; the strengthening of apical dominance; the reduction of branching; and the acceleration of flowering (Smith and Whitehan, 1997). In opposition, high R/FR ratios induce physiological responses resulting in compact plant architecture (Mortensen and Stromme, 1987; Rajapakse and Kelly, 1992). These experimental evidences suggest that the increase of the R/FR ratio is beneficial to produce ornamental plants with high commercial value, and additionally, it would be a friendly environmental strategy to avoid or reduce the use of PGRs. This hypothesis should be evaluated under realistic production systems before it can be recommended to growers.

Previous reports demonstrate that poinsettia plants are responsive to the manipulation of the light environment reducing plant height under high R/FR ratios (Clifford et al., 2004; McMahon and Kelly, 1990). Unfortunately, low-quality poinsettias were obtained as a consequence of the low irradiances achieved under the photoselective films used in these experiments (Clifford et al., 2004), and consequently limited practical recommendations could be obtained. In this study, we evaluate different architectural and quality components of ‘Freedom Red’ poinsettia plants cultivated with natural radiation under different R/FR ratios in combination with or without the application of PGR using management practices similar to those used by growers around Buenos Aires during the summer season.

Materials and Methods

Plant material and cultivation. Rooted cuttings of ‘Freedom Red’ poinsettias provided by a commercial grower were transplanted to 13-cm pots containing a substrate media, similar to those used by local growers, composed of pine bark, river waste, and soil (2:1:1 v/v), and vapor-disinfected. Two weeks later, plants were pinched to six nodes and placed inside experimental chambers at a density of 30 plants/m². Plants were cultivated under long-day conditions (14-h light + 10-h darkness) to promote vegetative growth. At the fifth week, plants were transplanted to 15-cm pots containing the same substrate media and spaced at 10 plants/m². At that time, the photoperiod was reduced to short-day conditions (10-h light + 14-h darkness) using black curtains to induce flowering. All plants were irrigated daily using a solution composed of 150 mg L⁻¹ nitrogen (N) from an 18N–18P–18K fertilizer plus 50 mg L⁻¹ N from calcium nitrate.

Light conditions and experimental design. Growth chamber frames (3 × 0.9 × 0.9 m) were covered with a neutral transparent plastic film (Treatment T) or with a photoselective film (Treatment S; Solatrol; BPI Agri, Stockton-on-Tees, U.K.) that established low and high R/FR ratios, respectively, inside the chambers. To achieve similar photosynthetically active radiation (PAR) levels between treatments, neutral shade covers were placed on the top of the transparent film. R, FR, blue (B) radiation, and PAR were measured at noon on a clear day using a four-channel sensor SKR 1850A (Skye Instruments Ltd., Powys, U.K.) attached to a data logger LI-1400 (LI-COR Inc., Lincoln, NE). Ambient temperature was hourly registered using miniature data loggers (Maxim Integrated Products Inc., Sunnyvale, CA).
Two experiments were conducted during the summer season in 2 consecutive years: 2007 (Expt. 1) and 2008 (Expt. 2). The experimental design of Expt. 1 was a one-way randomized block (T and S treatments). In Expt. 2, we used a split-plot design with light as the main factor and PGR the second factor. Three replicate chambers randomly placed inside a greenhouse were arranged in each experiment. In Expt. 2, four treatments were established: T (transparent film without PGR), T + PGR (transparent film with PGR), S (photoselective film without PGR), and S + PGR (photoselective film with PGR). The PGR treatment consisted of one application of 1500 ppm daminozide (B-9) + 1000 ppm chloromequat (Cycocel, BASF Argentina S.A.), two inhibitors of gibberellin (GA) biosynthesis. PGR was applied when the growth curve of control plants (T treatment) exceeded the maximum target curve defined by UNH FloraTrack for Poinsettia software (Fisher, 2005). A water foliar spray application was performed as a control in Treatments T and S.

Data collection and statistical analysis. Plant height and number of nodes with fully expanded leaves were weekly recorded since the start of the experiments. Average height of plants cultivated under each condition was plotted and contrasted to a target growth curve range (Fisher, 2005). In this model, a maximum value of 25 cm was set as the target for final plant height (from substrate media level) calculated as 2.5 times the pot diameter and then subtracting pot height. Average length of the internodes was calculated dividing the stem length by the number of nodes. Days to flowering were registered at first cyathia open. Leaf and bract area and plant dry weight (stems + leaves + bracts) were evaluated from plants harvested at the end of the experiments. Plant compactness was calculated as the increase in area and/or in dry weight per unit plant height (van Iersel and Nemali, 2004).

Data were analyzed using analysis of variance and differences among treatment means were tested by Tukey’s test (P ≤ 0.05). Because results were similar and comparable between experiments, only data from Expt. 2 are presented unless otherwise stated in the text.

End-of-day experiment. In a parallel experiment, two groups of plants were irradiated at the end of the photoperiod with a 1-h pulse of R or FR light [R-EOD or FR-EOD, respectively (EOD = end of day)], and a third group of plants was kept as control without an additional pulse of light at the end of the day. All plants received natural radiation during the photoperiod. The R pulse was achieved with fluorescent lamps placed behind the photoselective film that established an R/FR ratio of 4.88. The FR pulse was done with incandescent lamps behind a water filter and red and blue acetate plaques that absorbed almost all R and B light and established a R/FR ratio of 0.03. The light sources were placed at the southern face of the plants. The treatments were arranged in a completely randomized design with three replicates.

### Table 1. Average daily temperature, photosynthetically active radiation (PAR; 400–700 nm), blue (430–470 nm), red (R; 645–675 nm), and far-red (FR; 715–745 nm) radiation, and R/FR ratio measured inside chambers with a transparent (T) or a photoselective (S) film.

| Film                 | Avg daily temp (°C) | PAR° | Blue° | Red° | FR° | R/FR |
|----------------------|---------------------|------|-------|------|-----|------|
| Transparent (T)      | 26.0                | 414.4| 44.6  | 41.7 | 38.4| 1.1  |
| Photoselective (S)   | 26.3                | 393.4| 40.7  | 38.0 | 38.4| 1.1  |

*P* value = 0.264 0.365 0.129 0.068 0.004 0.004

*P* value corresponds to a two-sample *t* test between T and S at *P* ≤ 0.05.

Measured at 1200 µmol m⁻² s⁻¹.

### Results and Discussion

The average daily temperatures inside the chambers did not show significant differences between treatments (Table 1). During the cultivation period, the minimum and maximum temperatures registered were 18.3 and 30.8 °C, respectively. The photoselective film decreased more than sixfold the flux density of FR photons compared with the neutral transparent film; meanwhile, the R, B, and PGR measures were similar between treatments (Table 1). The R/FR ratio under the photoselective film was higher compared with those reported by other investigators using similar materials (Fletcher et al., 2005; Li et al., 2000; Mortensen and Stromme, 1987).

Plant height at the end of the experiments was reduced between 13% and 17% for plants cultivated under the photoselective film with respect to control plants in Expts. 1 and 2, respectively (Fig. 1). Similar differences were found by other authors using different ornamental crops (Cerny et al., 2003; Li et al., 2000; Runkle and Heins, 2001, 2002; Wilson and Rajapakse, 2001a, 2001b). Clifford et al. (2004) found that stem extension of 'Freedom Red' poinsettia plants cultivated under a photoselective film was reduced by 20% compared with the control. However, these results are not strictly comparable with our data because Clifford et al. (2004) manipulated the light environment combining natural radiation with a supplementary lighting system of high-pressure sodium lamps increasing the R/FR ratio between 1.7 and 5.73 when *PAR* dropped below 200 µmol m⁻² s⁻¹ during the photoperiod. Statistically significant differences in plant height between R/FR environments were detected since the seventh day after the start of the experiments (Fig. 2; *P* < 0.0001).

Although the plants grew until the 85th day, the magnitude of the differences between plants growing under low or high R/FR ratios increased during the first 30 d (Fig. 2). One application of PGR on the 43rd day reduced the stem extension of the plants up to 15% (Fig. 2). The PGR effects on stem growth were detected 7 d after its application reaching the maximum differences between treated and untreated plants 3 weeks later (Fig. 2).

Light and PGR effects were additive and no significant interaction between factors were found (*P* = 0.585). At the end of the experiments, the height of plants cultivated under the photoselective film was similar to those grown under a neutral transparent film with addition of PGR (Fig. 2). These results indicate that the PGR can be replaced by an environmentally friendly alternative like the manipulation of the R/FR ratio using photoselective films in poinsettia crops.

### Fig. 1. Plant height relative to transparent control treatment for poinsettia plants cultivated under photoselective film that established a red/far-red ratio of 5.7. Data shown correspond to experiments conducted in 2007 (Expt. 1) and 2008 (Expt. 2). Double asterisks (**) indicate significant differences between treatments at *P* < 0.01.

**Fig. 2.** Time course of plant height relative to transparent control treatment (T) for poinsettia plants cultivated under transparent film plus PGR (T + PGR), photoselective film (S), and photoselective film plus PGR (S + PGR). Vertical dotted line indicates the date of PGR application. PGR = plant growth regulator.
demonstrates that a pulse of FR light at the EOD (FR-EOD treatment) is enough to mimic the light environment detected under dense canopies inducing shade-avoidance responses (Smith and Whitleam, 1997). We reasoned that a R light pulse provided at the end of the photoperiod (R-EOD) would mimic the light conditions of plants growing under the photosensitive film without affecting the PAR perceived by the plants during the majority of the photoperiod. In our experiments, we did not observe significant differences in the final height of plants grown with or without R-EOD, although the plants irradiated with FR-EOD were 18% higher than controls as expected (Fig. 3). Our data demonstrate that the R-EOD treatment does not mimic the light environment obtained under the photosensitive film, at least for the variety used in our experiment.

The number of nodes in plants grown under low and high R/FR ratios did not show significant differences. The reduction of plant height was achieved by the inhibition of the extension of the internodes with the correlated increase in the stem diameter (Table 2). This could be beneficial for improving shoot breakage performance, which is an issue of concern in poinsettia pinched plants reaching maturity (Faust and Heins, 1996; Kuehny and Branch, 2000; McDaniel et al., 1990). The number of lateral branches did not differ among treatments and was enough to reach market specifications for the finished product that require at least five laterals for pinched plants (Faust and Heins, 1996). However, other authors found an increase in the number of lateral branches in pinched plants cultivated under high R/FR ratio (Clifford et al., 2004), and a similar tendency was observed in other ornamental species (Kasperbauer, 2000; Runkle and Heins, 2001). We did not detect differences between treatments in the coloration of the bracts (data not shown). The dry weight and area of all aerial parts were similar between treatments with the exception of plants cultivated under the photosensitive film with a PGR application (S + PGR treatment; Table 3). The quality of poinsettia plants grown under S + PGR was reduced with respect to other treatments as a consequence of the reduction in the plant diameter and a decrease in the total area (Tables 2 and 3). In addition, dry weight of bracts was reduced under S + PGR (Table 3). Several works reported that the irradiance and the light quality may affect plant parameters like dry weight. For example, no significant differences in dry weight were reported in poinsettia (Clifford et al., 2004) and lisianthus (Wilson and Rajapakse, 2001a), but reductions in plant dry weight were reported for chrysanthemum, zinnia, cosmos, antirrhinum, and petunia under high R/FR ratios (Cerny et al., 2003; Li et al., 2000).

The flowering time was slightly delayed in plants cultivated under a high R/FR ratio with respect to control plants, and a similar behavior was observed for plants cultivated under transparent film with a PGR application (Fig. 4). A delay in flowering time has also been reported for many crops cultivated under a high R/FR ratio compared with those grown under a low R/FR ratio, but the magnitude of this effect depends on the species and/or cultivar (Cerny et al., 2003; Clifford et al., 2004; Rajapakse and Kelly, 1995; Runkle and Heins, 2002). Multiple inputs like photoperiod, light quality, and GA converge to regulate flowering (Mouradov et al., 2002; Simpson and Dean, 2002). Flowering is promoted by the application of GA and mutations that cause constitutive active GA signaling (Jacobsen and Olszewski, 1993); meanwhile, flowering is inhibited in mutants that block GA signaling or GA biosynthesis (Wilson et al., 1992). FR (730 nm) and B (440 nm) promote flowering through phytochrome A and cryptochromes 1 and 2. R (660 nm) inhibits flowering through phytochromes B, D, and E (Aukerman et al., 1997; Childs et al., 1997; Deviën et al., 1998; Weller et al., 2001). In addition, cryptochrome 2 and phytochrome A are involved in the photoperiodic pathway of flowering acting in the stability of the CONSTANS protein that promotes flowering in a long-day plant such as Arabidopsis (Valverde et al., 2004) and inhibiting flowering in a short-day plant such as rice (Izawa et al., 2002).

Many growers use graphical tracking to monitor the growth of their poinsettia crops with the objective of defining the date of PGR application to control the plant height. The graphical tracking is based on whether the average crop height is above, below, or within a target range defined by an upper and a lower growth line. We used a target growth curve range generated by graphical tracking software (Fisher, 2005) to evaluate the growth curve adjustment of plants cultivated in different R/FR and PGR environments. The growth curve of control plants (T treatment) was slightly above the range of the target curve from the start of the experiment and exceeded the plant height goal by 23% at the end of it (Fig. 5). When PGR was applied to plants cultivated under transparent film (i.e., T + PGR), the growth curve is included in the target range, but close to the end of the experiment, it slightly exceeded the upper limit (Fig. 5). The growth curve for plants cultivated under photosensitive film was in the target curve limits and the application of PGR did not show any additional benefit (Fig. 5). These results show that the manipulation of light quality is a complementary strategy to control the height of ‘Freedom Red’ poinsettia plants under commercial production conditions.

Usually plant height is considered a synonym of plant compactness, but many times both parameters do not represent the same (van Iersel and Nemali, 2004). In this work, we defined a compactness index as an increase in the total area (leaf + bract) or in the total dry mass per unit of plant height (van Iersel and Nemali, 2004). Plants cultivated under a high R/FR ratio had a higher compactness index than control plants, and it was similar to the index of the plants grown under transparent film, which is usually plant height is considered a synonym of plant compactness, but many times both parameters do not represent the same (van Iersel and Nemali, 2004). In this work, we defined a compactness index as an increase in the total area (leaf + bract) or in the total dry mass per unit of plant height (van Iersel and Nemali, 2004). Plants cultivated under a high R/FR ratio had a higher compactness index than control plants, and it was similar to the index of the plants grown under transparent film, which is usually

### Table 2. Number of nodes, average internode length, stem diameter, number of lateral shoots, and plant width for poinsettia plants cultivated under transparent film (T), transparent film plus PGR (T + PGR), photosensitive film (S), and photosensitive film plus PGR (S + PGR).

| Number of nodes | Internode length (cm) | Stem diam (cm) | Lateral shoots | Plant width (cm) |
|-----------------|-----------------------|----------------|----------------|-----------------|
| T               | 14.6 a                | 1.7 a          | 4.3 a          | 5.3 a           | 30.6 a          |
| T + PGR         | 15.8 a                | 1.4 b          | 4.7 b          | 4.9 a           | 29.0 a          |
| S               | 15.0 a                | 1.4 b          | 4.6 b          | 5.6 a           | 29.2 a          |
| S + PGR         | 14.4 a                | 1.2 b          | 4.6 b          | 5.3 a           | 24.6 b          |

*Different letters within columns indicate significant differences by Tukey’s test at $P \leq 0.05$. PGR = plant growth regulator.

### Table 3. Dry weight of stem, leaves, and bracts and area of leaves and bracts in poinsettia plants cultivated under transparent film (T), transparent film plus PGR (T + PGR), photosensitive film (S), and photosensitive film plus PGR (S + PGR).

| Stem | Leaves | Bracts | Total | Leaves | Bracts | Total |
|------|--------|--------|-------|--------|--------|-------|
| T    | 2.33 a | 2.35 a | 1.42 a| 6.10 a | 1,032.4 a | 911.0 a |
| T + PGR | 2.33 a | 2.56 a | 1.27 a| 6.16 a | 1,004.2 a | 842.9 a |
| S    | 2.23 a | 2.31 a | 1.41 a| 5.95 a | 915.2 a (Fisher, 2004) | 891.4 a |
| S + PGR | 2.28 a | 2.15 a | 1.06 b| 5.49 a | 942.6 a | 831.8 a |

*Different letters within columns indicate significant differences by Tukey’s test at $P \leq 0.05$. PGR = plant growth regulator.
T + PGR (Fig. 6). No significant differences were detected between plants cultivated under photoselective film with or without PGR (Fig. 6).

In summary, our results show that light manipulation is an effective alternative to the application of PGR to control plant architecture in ‘Freedom Red’ poinsettias without affecting plant quality components under high natural radiation conditions of temperate regions. Figures 1, 2, and 6 and Tables 2 and 3 all indicate that the use of photoselective filters, that increase the R/FR ratio in the cultivation environment, reduces plant height and conserves the plant quality parameters. Figure 3 shows that high R/FR ratios are required during the photoperiod to improve the plant quality because a short pulse of R at the end of the photoperiod (i.e., R-EOD) is not enough to obtain beneficial effects on plant architecture. Data of Figures 2, 5, and 6 demonstrate that a high R/FR ratio and PGR have additive effects on the inhibition of the stem growth. Recent exquisite experiments show that light and GA signaling pathways converge regulating the abundance of a nuclear protein, DELLA, an integrator that controls the hypocotyl growth in Arabidopsis thaliana seedlings (De Lucas et al., 2008; Feng et al., 2008). Both, DELLA and the Pfr (the active form of the phytochromes) destabilize phytochrome interacting factors (PIFs), which promote cell elongation (Huq, 2006). In opposition, GA triggers the degradation of DELLA and low R/FR ratios increase the relative amount of Pr (the inactive form of the phytochromes), and both GA and Pr contribute to the stability of PIF that promotes cell elongation of the vegetative structures (Lorrain et al., 2008).

High R/FR ratios and the use of GA inhibitors together might produce shorter and more compact plants (Fig. 6) with negative effects on the total area of leaves and bracts. Experiments designed to evaluate the PGR dose required to produce poinsettia plants under a photoselective film without affecting quality parameters as bract formation will be useful before recommending combined management practices of PGR and light. In addition, different cultivars of poinsettia will be tested to evaluate the generality of the conclusions of the present study. The economic benefits of reducing the use of PGR in poinsettia production systems.

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