Insights into Brain Glycogen Metabolism

THE STRUCTURE OF HUMAN BRAIN GLYCOGEN PHOSPHORYLASE

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Brain glycogen metabolism plays a critical role in major brain functions such as learning or memory consolidation. However, alteration of glycogen metabolism and glycogen accumulation in the brain contributes to neurodegeneration as observed in Lafora disease. Glycogen phosphorylase (GP), a key enzyme in glycogen metabolism, catalyzes the rate-limiting step of glycogen mobilization. Moreover, the allosteric regulation of the three GP isozymes (muscle, liver, and brain) by metabolites and phosphorylation, in response to hormonal signaling, fine-tunes glycogenolysis to fulfill energetic and metabolic requirements. Whereas the structures of muscle and liver GPs have been known for decades, the structure of brain GP (bGP) has remained elusive despite its critical role in brain glycogen metabolism. Here, we report the crystal structure of human bGP in complex with PEG 400 (2.5 Å) and in complex with its allosteric activator AMP (3.4 Å). These structures demonstrate that bGP has a closer structural relationship with muscle GP, which is also activated by AMP, contrary to liver GP, which is not. Importantly, despite the structural similarities between human bGP and the two other mammalian isozymes, the bGP structures reveal molecular features unique to the brain isozyme that provide a deeper understanding of the differences in the activation properties of these allosteric enzymes by the allosteric effector AMP. Overall, our study further supports that the distinct structural and regulatory properties of GP isozymes contribute to the different functions of muscle, liver, and brain glycogen.

Glycogen performs various functions depending on its location in the body. In muscle, glycogen provides energy via the glycolysis pathway for skeletal muscle contraction (1, 2). Liver glycogen is metabolized and subsequently released as glucose into systemic circulation during fasting periods (1, 2). Brain glycogen has long been considered to be an emergency glucose store (1, 2). The key roles that brain glycogen and its metabolism play in the mammalian nervous system have only emerged over the last 20 years (3–5). For instance, astrocyte function and neuronal activity are critically dependent on glycogen stores and glycogenolysis, especially during episodes of stress including hypoglycemia and ischemia (6–9). Astrocytic glycogen breakdown and subsequent astrocyte-neuron lactate transport have also been proposed to support high cognitive processes such as learning and memory consolidation (10–16). In addition, glycogen metabolism in neurons participates in neuronal tolerance to hypoxic stress (17). Glycogen itself is also important for brain function. However, alteration of its metabolism and overaccumulation in the brain, such as in Lafora disease, contributes to neurodegeneration (16, 18, 19).

Glycogen phosphorylase (EC 2.4.1.1; GP) is the key enzyme that regulates glycogen mobilization. This complex allosteric enzyme catalyzes the rate-limiting step of glycogenolysis by releasing glucose-1-phosphate (1). In mammals, GP comprises a family of three isozymes named according to the tissue of their highest abundance: muscle isozyme (mGP), liver isozyme (lGP), and brain isozyme (bGP). The three isozymes form homodimers comprised of identical subunits that are encoded by distinct but structurally related genes (20–22). GPs are allosteric enzymes that are regulated by both phosphorylation of Ser14 and binding of allosteric effectors (such as AMP) that control their transition between inactive and active conformations (1). Although GPs display high similarity and catalyze the same reaction, these three isozymes differ in their sensitivity to allosteric activation and phosphorylation (1, 23, 24): lGP is essentially regulated by phosphorylation, mGP responds cooperatively to activation by AMP and to phosphorylation, and

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This article contains supplemental Tables S1 and Figures S1 and S2.

The atomic coordinates and structure factors (codes 5IKO and 5IKP) have been deposited in the Protein Data Bank (http://wwpdb.org/).

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5 The abbreviations used are: GP, glycogen phosphorylase; mGP, muscle GP; lGP, liver GP; bGP, brain GP; PDB, Protein Data Bank.
bGP responds strongly and non-cooperatively to activation by AMP (23, 24). These regulatory differences likely represent distinct functions of glycogen metabolism. Activation by AMP provides a response to intracellular energy demand, whereas the enzymatic cascade leading to phosphorylation of GP is the result of extracellular signals (1). Crystallographic determination of the structures of mGP in 1976 and 1992 and lGP in 2000 led to a better understanding of the structural bases for the regulation of these isoenzymes and the development of drugs (25–32). The structure of a mammalian bGP has not been yet determined even though glycogen and bGP are increasingly recognized to play key roles in brain function. Knowledge of the structure of bGP would allow a better understanding of the molecular basis of brain glycogen metabolism, its regulation, and its role in physiological and pathological brain processes. In addition, the structure of bGP could be helpful to design isozyme-specific drugs.

Here, we report the first structures of human bGP in complex with PEG 400 and in complex with AMP, its allosteric activator. These structures demonstrate that bGP has a closer structural relationship with mGP, which is also activated by AMP, contrary to liver GP, which is not. More importantly, the bGP structures suggest the molecular bases responsible for the distinct responses of mGP and bGP to allosteric activation by AMP. More broadly, our study further supports that the distinct structural and regulatory properties of GP isozymes contribute to the different functions of muscle, liver, and brain glycogen.

Results

Biochemical Characterization of bGP—Human bGP was overexpressed in Escherichia coli expressing the chaperonin complex GroEL-GroES. The co-expression of the GroEL-GroES complex and human bGP substantially increased the production and purification yield of the functional recombinant enzyme by improving the correct folding of human bGP. The enzyme was expressed as an N-terminal polyhistidine-tagged fusion protein and purified using Ni$^{2+}$-affinity chromatography. The polyhistidine tag was removed by thrombin digestion to ensure structural integrity and full biological activity of the protein. We assessed the protein for purity, enzymatic activity, and full-length sequence (Fig. 1, a–c, and supplemental Fig. S1).

GP s are allosteric enzymes activated by both phosphorylation of Ser$^{14}$ by phosphorylase kinase and binding of allosteric effectors, such as AMP. We carried out biochemical and enzymatic characterization of the recombinant bGP to ensure that the purified enzyme was functional. The glycogen saturation curve (Fig. 1d) and the activation of the enzyme by AMP, as well as following phosphorylation by phosphorylase kinase (Fig. 1e), confirmed the functionality of the protein. We assessed the phosphorylation state of the enzyme by Western blotting, using an antibody raised against phosphorylated serine (Fig. 1f) and native mass spectrometry analysis and confirmed the presence of two phosphate groups per dimer (supplemental Fig. S1). Phosphorylation of bGP promoted the activation of the enzyme
Structure of Human Brain Glycogen Phosphorylase

The Overall Structure of bGP—We performed several trials to obtain the human bGP structure in its active and inactive conformations. We first attempted to crystallize the enzyme alone and complexed with allosteric effectors such as AMP, ATP, caffeine, glucose, or ammonium sulfate. We obtained bGP crystals in 0.2 M calcium chloride dihydrate, 0.1 M NaHepes, pH 7.5, using 28% (v/v) PEG 400 as precipitant. We did not obtain bGP co-crystals with ligands, despite the high number of crystallization conditions tested. We thus performed soaking experiments of the bGP crystals with several allosteric effectors. Finally, we collected diffraction data sets from bGP crystals, at 2.5 Å resolution and from bGP in complex with AMP at 3.4 Å resolution. The three-dimensional structures were determined by molecular replacement, using a homology model based on human muscle glycogen phosphorylase (PDB code 128D) as a search model (Table 1). bGP shares a high percentage of amino acid sequence identity with the muscle (83%) and liver (80%) isoforms. Accordingly, bGP displays a global structure similar to the other isoforms with monomer and dimer RMSD in alpha carbon positions of <1 Å (Table 2). In both crystals, we have one molecule by asymmetric unit, but a bGP tetramer is formed by crystallographic symmetry (Figs. 2a and 3a). The tetrameric arrangement of GPs has only been observed for the activated (or R state) of mGP (in the presence of AMP and/or when phosphorylated). In the absence of AMP or phosphorylation, mGP crystallizes as a dimer in the asymmetric unit (PDB code 2GBP). It was thus surprising to observe that in absence of AMP, bGP also formed a tetramer. We attribute this quaternary arrangement to the presence of a PEG 400 molecule, used as precipitant, in the AMP binding site (supplemental Fig. S2) (see “Results” and “Discussion”). Each tetramer is composed by the association of two functional dimers that interact through the catalytic face located at the tetramer interface (29). The regulatory face on the other side is exposed to the solvent (Fig. 2, b and c). The monomer is composed of two domains: the N-terminal domain from residues 22 to 484 and the C-terminal domain from residues 485 to 822 (Fig. 2a and Fig. 3) and interacts with residues involved in the catalytic site with AMP in complex with AMP (values in Å).

### Table 1

| Data collection and refinement statistics | PEG-bound bGP | AMP-bound bGP |
|-----------------------------------------|--------------|--------------|
| PDB code                                | 5IKO         | 5IKP         |
| Data collection                         | 3/12/2015    | 5/16/2015    |
| Beamline                                | Proxima1     | ID23-2       |
| Wavelength (Å)                          | 0.98011      | 0.8729       |
| Space group                             | P622         | P622         |
| Unit cell dimensions                    |              |              |
| a, b, c (Å)                             | 171.66, 171.66, 122.82 | 172.0, 172.0, 123.6 |
| α, β, γ (°)                             | 90.0, 90.0, 120.00 | 90.0, 90.0, 90.00 |
| Resolution (Å)                          | 47.37–2.5 (2.6–2.5) | 47.56–3.4 (3.6–3.4) |
| Completeness (%)                        | 99.2 (98.2)  | 99.7 (98.8)  |
| Multiplicity                            | 26.4 (26.2)  | 19.4 (20.3)  |
| <r> (Å)                                 | 20.3 (1.14)  | 27.6 (3.17)  |
| Rmerge (°)                              | 99.9 (86.4)  | 100 (89.2)   |
| Rmerge (°)                              | 0.12 (0.12)  | 0.11 (0.93)  |
| Number of reflections                   | 984,486 (152,687) | 297,688 (48,355) |
| Number of unique reflections            | 37,317 (5835) | 15,352 (2385) |
| Wilson B factor (Å²)                    | 64.2         | 112.6        |

### Table 2

RMS deviation of GP dimers and monomers in complex with AMP (values in Å).

| GP in complex with AMP | mGP (1PYG) | IGP (1FA9) | bGP (5IKP) |
|------------------------|------------|------------|------------|
| GP dimers              |            |            |            |
| mGP (PDB code 1PYG)    | 0.71       | 0.71       | 0.7        |
| IGP (PDB code 1FA9)    |            |            |            |
| bGP (PDB code 5IKP)    |            |            |            |
| GP monomers            |            |            |            |
| mGP (PDB code 1PYG)    | 0.63       | 0.69       | 0.7        |
| IGP (PDB code 1FA9)    |            |            |            |
| bGP (PDB code 5IKP)    |            |            |            |

The structure of the bGP complexed with AMP was obtained by long time soaking of protein crystals with AMP (supplemental Fig. S2). We suppose that the protein conformation

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a Statistics for highest resolution shell are shown in parentheses.

b $R_{merge} = \sqrt{\sum_i \sum_i n_{hk}-<I_h>/\sum_i \sum_i n_{hk}}$, where $I_h$ is the ith observation of the reflection $h$, whereas $<I_h>$ is the mean intensity of reflection $h$.

c Estimated overall coordinate error based on $R_{merge}$ value.
observed in PEG-bound bGP crystals is sufficiently close to the active state to allow all the structural changes induced by the addition of AMP without altering the crystal integrity. Indeed, soaking experiments with allosteric inhibitors, such as ATP or caffeine, altered the crystal integrity within seconds (visible cracks and poor diffraction). By contrast, several diffraction data sets were collected from crystals of AMP-complexed bGP obtained by soaking, and the solved structures were similar (monomer RMSD of 0.34 Å and dimer RMSD of 0.35 Å). Changes induced by the addition of AMP were conserved in all the AMP-bound bGP structures. Additionally, the correct and reproducible coordination of AMP in the AMP-binding site and the slight structural changes accompanying PEG 400 replacement by AMP (Fig. 4c) suggest that the AMP-bound bGP structure corresponds to the active conformation of the enzyme.

FIGURE 2. Overview of the structure of AMP-bound brain glycogen phosphorylase. Shown are schematic and ribbon representations of the Cα trace of the tetramer and functional dimer of bGP. Key secondary structures described in this study are indicated. The catalytic site and the AMP-binding site are marked by the co-factor pyridoxal phosphate and allosteric effector AMP (surface representation), respectively. a, the tetrameric organization of bGP. Two bGP monomers associate by the horizontal axis to form the functional dimer (monomers 1 and 2). The tetramer is composed of two functional dimers that interact through their catalytic faces, by the vertical axis. The association of two monomers through the catalytic site forms the packing dimer (monomers 1 and 3). A schematic representation of the tetramer is shown (right panel). The functional dimer corresponds to the association of monomers 1 and 2 (gray and blue) and monomers 3 and 4 (turquoise and purple). The packing dimer corresponds to the association of monomers 1 and 3 (gray and turquoise) and monomers 2 and 4 (blue and purple). b, the catalytic face of bGP. The residues implied in the activation of GP and the subunit interfaces are indicated. The gate loop (residues 279–289) is not stabilized allowing the glycogen to access the catalytic site. The tower helix interacts with its counterparts from the other subunits. The crossover angle of the tower helices in the functional dimer avoids the stabilization of the gate, promoting the opening of the catalytic site. c, the regulatory face of bGP contains key regions involved in the control of allosteric transition of the enzyme and is exposed to solvent in both the tetramer and the dimer. PLP, pyridoxal phosphate.
The Subunit Interfaces—GPs are generally found in two major oligomeric states: dimer and tetramer. In the absence of AMP or phosphorylation, the dimer remains in an inactive conformation. The subunit interfaces of the dimer are remodeled upon activation, allowing the transition from the inactive (T state) to the active (R state) conformations. The remodeling of the mGP interfaces allows this isozyme to form tetramers in which the catalytic sites are occluded (27, 33). The active form of IGP remains as a dimer because of its more rigid structure (29). To confirm the oligomeric state of inactive and active bGP in solution, we performed DLS experiments. We observed that bGP is found as an equilibrium between a monomeric and dimeric form, which is shift toward the dimeric state upon activation (supplemental Table S1). In crystals, bGP forms a tetramer displaying three distinct interfaces, similar to the muscle isozyme. Each monomer displays a series of contacts allowing it to interact with the three other monomers of the tetramer. We designate the three interfaces as: 1) the functional dimer, which corresponds to the active dimer (horizontal axis composed of monomers 1 and 2, as well as monomers 3 and 4); 2) the packing dimer, located at the interface between two dimers from the tetramer (vertical axis, composed of monomers 1 and 3, as well as monomers 2 and 4); and 3) the core of the tower helices (Fig. 2a).

The Functional Dimer Interface of bGP—We found that the association of two GP monomers into the functional dimer involves helix 2 (residues 49–77), the β4/β5 loop (residues 180–198), the cap’ loop (residues 41–48), and the tower helices (residues 259–278), as observed for mGP and IGP (Fig. 5, a and b). The helix 2-β4/β5 loop-cap’ loop interface includes the AMP-binding site (Fig. 5a). As stated previously, the AMP-binding site in the PEG-bound bGP structure is occupied by a PEG 400 molecule (supplemental Fig. S2 and Fig. 4). The PEG 400 molecule was found to interact with several amino acids involved in the binding of AMP (see below). PEG 400 also interacted with amino acids involved in the functional dimer interface (Fig. 4a). The presence of AMP in the AMP-bound bGP structure promoted the formation of specific contacts by concerted movements of amino acid side chains and slight packing of the AMP-binding site around AMP relative to PEG-bound bGP (Fig. 4, b and c). These movements facilitate interactions between the two subunits by bringing the cap’ loop closer to helix 2 and the β4/β5 loop and stabilize the enzyme in the active conformation (Fig. 5a).

The tower helices consist of the anti-parallel association of helix 7 with its symmetric equivalent. The helices are connected to the gate loop (residues 279–289). The gate loop adopts either an open or a closed configuration depending the activation state of the enzyme (27–29) (active or inactive). We found that the helices present a crossover angle of 85° in both the free and AMP-complexed forms (Fig. 5b), promoting the open conformation of the gate loop in a manner similar to that previously observed for the muscle isofrom (74°) but not the liver isofrom (45°) (27–29) (Fig. 5, c and d). The tower helices in all three isozymes are stabilized by non-polar interactions between Val266, Leu267, and Asn270 and their counterparts from the other subunit (Fig. 5, b–d). However, in contrast to mGP and IGP, the two tower helices from bGP also interact through two additional hydrogen bonds: one between the lateral side chains of Tyr262 and Asn270 at one end of the helical interface and the other between Asn270 and Tyr262 at the other end (Fig. 5b). Moreover, whereas mGP has a rigid structure (27, 29) and little remodeling occurs during the activation process, mGP displays a flexible functional dimer interface, which is remodeled upon activation. In both bGP structures, the functional dimer interface has a buried surface of 1400 Å2, whereas the buried surface of the functional dimer interface of mGP is of 2240 Å2. This is consistent with a flexible functional dimer interface and the similar regulatory features shared between muscle and brain GP.

The Packing Dimer Interface and the Tetramer Interface of bGP—Interaction between the two functional bGP dimers relies on contacts involving the tower helices, the glycogen storage site (residues 426–434), and the bundle of helices α26 to 29 (residues 721–769), as previously described for the muscle isozyme (33). No tetrameric structure has been observed for IGP, and thus, such an interface does not exist (29) (Fig. 6a). The tower helices in bGP constitute a substantial part of the interactions established at the packing dimer interface, further stabilizing this interaction, contrary to the muscle isozyme (33). Indeed, the N-terminal extremity of the tower helices in bGP allow the formation of hydrophobic contacts between Val259, Tyr262, Ile263, and their relative symmetric equivalents. The gate loop is stabilized in the open conformation through hydrophobic contacts between Phe286 and Asn281, and their symmetric equivalents (Fig. 6b). Nevertheless, the number of contacts slightly decreases in the presence of the allosteric effector, affecting mostly in the glycogen storage site. Indeed, in this site, half of the contacts are lost (data not shown).

The Core of Tower Helices—The tower helices of bGP constitute the core of the tetramer interface as they do in mGP (33). The tower helices of AMP-bound bGP are longer by two turns than in AMP-bound mGP (28), allowing each tower helix to interact with the helices from the three other subunits.
Opposite subunits from the tetramer (for example monomers 1 and 4) are thus able to interact through the tower helices via the establishment of non-polar interactions between Leu\(^{271}\) and Gly\(^{269}\), as well as Leu\(^{268}\) and Ile\(^{263}\), on one side, and their relative counterparts Leu\(^{271}\), Gly\(^{269}\), Leu\(^{267}\), and Ile\(^{263}\) on the other (Fig. 6c). Although the tower helices contribute to less than 10% of the total interactions in the active muscle tetramer, they contribute to a fourth of the total contacts found in the whole tetramer in the PEG-bound bGP structure. In AMP-bound bGP, more than half of these contacts are lost. This leads to a reduction of the packing of the core formed by the tower helices, helix 8, and the gate, thus relaxing the tetramer interface (data not shown).

The AMP-binding Site—The AMP-binding site of bGP is delimited by the cap’ loop from one subunit and helix 2, helix 8, and the \(\beta_4/\beta_5\) loop from the other subunit, because they are in the muscle and liver isoforms (27-29). Helix 2 extends across the width of the protein and ensures the connection between the two AMP-binding sites of the functional dimer (Figs. 2c and 7a). Side chains of the residues involved in the binding of AMP move to improve their contacts with AMP in the AMP-bound bGP structure (Fig. 4c). The AMP-binding site can be divided into three subsites: one each for the phosphate, sugar, and base moiety of AMP (1, 27, 28). The phosphate group of AMP interacts solely through hydrophobic contacts involving Val\(^{266}\), Leu\(^{267}\), and Asn\(^{270}\) and their equivalents on the other subunit, similar to lGP. These interactions stabilize the tower helices in the active conformation, displaying a crossover angle of 74°. The interactions at the interface promote the arrangement of the tower helices by a crossover angle of 85°, similar to lGP. One side of the tower helices of bGP from one monomer interact with their counterparts Leu\(^{271}\), Gly\(^{260}\), Leu\(^{268}\), and Ile\(^{263}\) on the other subunit. These interactions are indicated, and the residues making contacts at the interface are represented and labeled. A schematic representation of the tetramer is shown (left panel), highlighting the interface we describe below. a, the functional dimer interface of bGP involves the helix 2-cap’ loop-\(\beta_4/\beta_5\) loop region, comprising the AMP-binding site, and the tower helices. b, second panel, interactions at the interface promote the arrangement of the tower helices by a crossover angle of 85°. c, the crystal structure of the tower helices interface of IGP (1 FA9; dark and light pink) and bGP (blue and gray). Active conformation (R state) of IGP is characterized by a 45° crossover angle of the tower helices and hydrophobic contacts between Val\(^{266}\), Leu\(^{267}\), and Asn\(^{270}\) and their equivalents on the other subunit. d, overlay of the crystal structures of the tower helices interface of the active R state of mGP (1 PYG; green and beige) and bGP (blue and gray). The mGP tower helices interact solely through hydrophobic contacts involving Val\(^{266}\), Leu\(^{267}\), and Asn\(^{270}\) and their equivalents on the other subunit, similar to IGP. These interactions stabilize the tower helices in the active conformation, displaying a crossover angle of 74°.
Structure of Human Brain Glycogen Phosphorylase

We report the first crystal structure of human bGP. We found the overall crystal structure of bGP is similar to IGP and mGP, consistent with the sequence conservation of GP isozymes (83 and 80% sequence identity of bGP with the muscle and liver GP, respectively). GP isozymes differ in their responses to allosteric activation, in particular to AMP, despite their structural similarity. The liver isozyme is mostly controlled by phosphorylation, whereas the muscle and brain isozymes are strongly activated by AMP activation (1, 23, 24).

These observations are consistent with our findings; the structure of the AMP-bound bGP (active form) is more closely related to active mGP than active IGP, especially concerning the tetramer interface and the overall relationship between the two monomers of the functional dimers. These features suggest that the activation process of bGP relies on the remodeling of the functional dimer interface, as for mGP (27, 28). In contrast, IGP has a more rigid structure, and no such remodeling occurs upon activation (29). This is further supported by the buried surface of the functional dimer interface of IGP (3350 Å²) relative to the two other GP isozymes (2240 Å² for mGP and 1400 Å² for bGP). However, bGP and mGP also demonstrate distinct regulatory features (23, 24).

Although the phosphorylation peptide (1–21) is stabilized and seen in structures of AMP-bound mGP, no electron density was obtained for this region in AMP-bound bGP (Fig. 7a). It is possible that differences in flexibility/dynamics of this region (which is not fully conserved between the three isozymes) may explain the lower sensitivity of bGP to activation by phosphorylation (23).

Whereas mGP responds cooperatively to activation by AMP, bGP is activated noncooperatively by AMP (23). The AMP-bound bGP structure shows that AMP forms several hydrogen bonds within the AMP binding site (Figs. 7 and 8) as observed for AMP-bound mGP but not AMP-bound IGP. However, as observed for IGP, we found that helix 2 of bGP interacts poorly with AMP (no hydrogen bond) and that Tyr75 adopts a conformation that may preclude the stabilization of the adenine loop (which is not observed in our structure because of a lack of electron density) (Fig. 7). These features have also been put

Discussion

Brain glycogen provides fuel for neuronal and astrocyte functions. It is critical for high cognitive processes including learning and memory consolidation (10–17). In humans, glycogen phosphorylase, the key enzyme for glycogen mobilization, consists of three isozymes, including one specific for brain. Whereas the structures of mGP and IGP have been known for decades, the structure of bGP is still lacking despite its critical role in brain glycogen metabolism (25, 26, 29).

chains of Arg309 and Arg310 from helix 8 and the side chain of Tyr196 from the β4/β5 loop (Figs. 7a and 8a). The ribose of AMP interacts with the cap’ loop, forming a hydrogen bond with Asp42 and van der Waals contacts with Asn44 and Val45. The nucleotide moiety of AMP interacts weakly with helix 2, forming van der Waals interactions with the side chains of Gln71 and Gln72, and co-planar stacking with the side chain of Tyr75 (Figs. 7b and 8a). All these interactions may contribute to a 24° rotation of the nucleotide moiety of AMP relative to AMP-bound mGP (Fig. 7b). The activation of mGP by AMP and its cooperative binding are partly attributed to the formation of several hydrogen bonds with the AMP-binding site and its further stabilization in the AMP-binding site by the adenine loop (residues 312–325) (27–29) (Fig. 7b and 8a). In contrast, the liver isofrom interacts poorly with AMP, consistent with its weak activation by AMP (29) (Fig. 8a). Surprisingly, we did not observe electron density for the adenine loop in both structures (the PEG-bound and AMP-bound bGP structures) (Fig. 8b), despite the high sensitivity of bGP to AMP-dependent activation and the sequence conservation between the muscle and brain isoforms. The side chain of Tyr75 adopts a conformation that precludes the interaction of the adenine loop (312–325) with AMP, as for IGP (29) (Fig. 7b). The conformation of Tyr75 in bGP is stabilized by the formation of a hydrogen bond between the phosphate group of AMP and Tyr196, a residue only found in the brain isozyme (corresponding to Phe196 in muscle and liver GP). This unique interaction thus contributes to the geometry of AMP in bGP and by favoring the co-planar stacking between Tyr75 and the nucleotide part of AMP (Fig. 7c).

FIGURE 6. The tetramer interfaces. Ribbon representations of the regions involved in the tetramer interfaces in AMP-bound bGP are shown. The described regions are indicated, and the residues involved in the interactions are represented and labeled. a, the packing dimers interact through contacts involving the bundle of loops and helices 26–29, as well as the glycogen storage site. b, the tower helices interactions at the packing dimer interface. Tower helices interact through Val259, Tyr262, and Ile263 and stabilize the gate loop in the open configuration. c, interactions between the tower helices from two opposite subunits from the bGP tetramer interact through hydrophobic contacts.

Brain glycogen provides fuel for neuronal and astrocyte functions. It is critical for high cognitive processes including learning and memory consolidation (10–17). In humans, glycogen phosphorylase, the key enzyme for glycogen mobilization, consists of three isozymes, including one specific for brain. Whereas the structures of mGP and IGP have been known for decades, the structure of bGP is still lacking despite its critical role in brain glycogen metabolism (25, 26, 29).
forward to explain the absence of cooperative binding of AMP to IGP (29). We also found that Tyr196 in bGP, located at the functional dimer interface (equivalent to Phe196 in mGP and IGP), makes a hydrogen bond with AMP that is specific for bGP (Figs. 7 and 8). Interestingly, this bGP specific substitution (F196Y) has been suggested to alter AMP cooperativity (23).

The conformation of the adenine loop is known to play a role in AMP binding and activation. The adenine loop is well defined in the AMP-bound mGP structures, whereas it is poorly ordered in AMP-bound IGP and not observed in AMP-bound bGP (no electron density) (28, 29). Altogether, these observations may explain the non-cooperative binding of AMP to bGP upon AMP activation.

bGP is critical for the support of brain processes because it allows the mobilization of the brain glycogen store (10–17). The importance of bGP is further supported by the fact that no mutations for this isozone have been reported. Indeed, whereas deleterious mutations of the liver and muscle isoforms lead to the development of glycogen storage diseases (Hers disease and McArdle disease, respectively), no deleterious mutations are known for bGP (1). This is likely because bGP is the only GP isozone expressed during fetal development and is later replaced by mGP and IGP in their respective organs. It is likely that altered bGP activity is lethal during early embryonic development (1). The co-expression of the brain and muscle isoforms in astrocytes further underlines the functional importance of the brain isozone for neuronal processes (34). Indeed it has been shown that whereas mGP rapidly responds to extracellular signals in brain such as noradrenaline, bGP is critical for local energy metabolism via changes in AMP concentration (23, 24). The distinct regulatory features of brain and muscle GP, in particular the cooperative and non-cooperative binding of AMP, allow astrocytes to tightly adapt their responses to their energy needs. Moreover, it is now accepted that the accumulation of glycogen in neurons leads to their rapid degeneration and is implicated in aging, as well as promoting several pathological conditions of the brain such as Lafora disease. The activity of bGP is critical for the controlled degradation of glycogen in neurons because they only express the brain isoform of GP (17). A reduction of bGP activity would lead to the uncontrolled accumulation of glycogen in neurons and contribute to the pathogenesis of several brain diseases (18, 35, 36).

In conclusion, the crystal structures of human bGP reported in this study contribute to a better understanding of this specific isozone and a deeper knowledge of the differences in the activation properties of this important family of allosteric enzymes. Additionally, these new structural insights may enable isozone-specific rational drug design for therapeutic development (37–39).

**Experimental Procedures**

**Materials**—Antibodies raised against brain glycogen phosphorylase were obtained from Santa Cruz (SC-81751). Anti-phosphoserine and anti-histidine tag antibodies, l-arabinose,
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Figure 8. Residues involved in the binding of AMP. α, sequence alignment of the regions involved in the binding of AMP in GPs. Residues involved in the binding of AMP are in bold. Residues involved in hydrogen bonds with AMP are shown in red, and residues establishing van der Waals interactions with AMP are shown in black. Sequences are highly conserved between the different isoforms, except for the liver isoform adenine loop. b, interaction plot diagram of AMP with the AMP-binding site residues from brain, muscle, and liver GP. Hydrogen bonds are shown as dashed lines. Additional van der Waals contacts are represented as black curved lines. Whereas Tyr75 and residues of the adenine loop forms hydrogen bonds with AMP in mGP, no such interactions are observed for IGP and bGP.

Protease inhibitor mixture, nickel-nitritolriacetic acid Superflow resin, bovine serum albumin, imidazole, streptavidin-agarose resin, phosphoglucomutase, EDTA, glucose-1,6-diphosphate, AMP, ATP, phosphorylase kinase from rabbit muscle, BSA, and glycogen were purchased from Sigma-Aldrich. Glutamate, AMP, ATP, phosphorylase kinase from rabbit muscle, rose resin, phosphoglucomutase, EDTA, glucose-1,6-diphosphate, bovine serum albumin, imidazole, streptavidin-agarose resin, and BSA, and glycogen were purchased from Sigma-Aldrich.

Purification of Recombinant bGP from E. coli—Extraction and purification were repeatedly performed to obtain 20 mg of protein. The bacteria were resuspended in 35 ml of lysis buffer (PBS, pH 8, 300 mM NaCl, 0.5% Triton X-100, 1 mg/ml lysozyme, protease inhibitor mixture (Sigma-Aldrich)) and incubated for 1 h at 4 °C. The lysate was sonicated on ice (8-s pulses for up to 7 min) and centrifuged (17,000 × g, 30 min, 4 °C). The supernatant was collected and incubated with 1 ml of nitritolriacetic acid Superflow resin (Sigma-Aldrich) in the presence of 10 mM imidazole (final concentration) for a minimum of 2 h at 4 °C. The resin was then poured into a column and washed successively with washing buffer containing 0.5 M imidazole (final concentration) was achieved. His-tagged proteins were eluted with washing buffer containing 300 mM imidazole. Purified proteins were then incubated with 1 ml of 0.1 M nickel-nitritolriacetic acid Superflow resin (Sigma-Aldrich) in the presence of 10 mM imidazole (final concentration) for a concentration of 20 mM imidazole (final concentration) was achieved. His-tagged proteins were eluted with washing buffer containing 300 mM imidazole. Purified proteins were then incubated with 10 mM DTT and protease inhibitor mixture. The purified protein was then exchanged against PBS, pH 7.1, using a PD10 (GE Healthcare) desalting column. The protein concentration was measured using the standard Bradford assay with BSA as standard and by absorbance measurement at 280 nm using a theoretical ε_{280}: 115170 M^{-1} cm^{-1}. The purity of the protein was assessed by SDS-PAGE analysis.

His6 Tag Cleavage by Thrombin Digestion—The His6 tag was removed by thrombin digestion. Briefly, 20 mg of 6xHis-bGP were incubated with 50 μg of thrombin for 1 h at 4 °C. The reaction was stopped by adding 20 mM EDTA and 0.5 M imidazole.

Cloning of bGP and Expression of Recombinant bGP—The human bGP CDNA (provided by OriGene Technologies, Inc.) was subcloned into the pET28a vector for further expression of His6-tagged fusion recombinant proteins (6xHis-bGP). E. coli C41(DE3)/pGro7 (encoding the GroEL-GroES chaperonin protein complex) strains were transformed with plasmid pET28a carrying 6xHis-bGP and used to express and purify the recombinant protein. Expression of the GroEL-GroES chaperonin protein complex was first induced by the addition of 1 mM L-arabinose to cultures at an optical density (OD) value of 0.2–0.3. Expression of recombinant bGP was then induced by the addition of 500 μM of isopropyl-1-thio-β-D-galactopyranoside to cultures at an OD600 value of 0.2–0.3. Expression of recombinant bGP was then induced by the addition of 500 μM of isopropyl-1-thio-β-D-galactopyranoside to cultures at an OD600 value of 0.6–0.8. The bacteria were further cultured at 16 °C overnight. The bacteria were pelleted by centrifugation (4,000 × g, 10 min), washed with cold PBS, and harvested by centrifugation (4,000 × g, 10 min). The pellets were stored at −80 °C until required.
was incubated with biotinylated-thrombin (0.5 units thrombin/mg protein, purchased from Merck-Millipore) for 3 h on ice. Biotinylated thrombin was removed from the mixture by the addition of streptavidin-agarose resin (16 μl/unit thrombin, Sigma-Aldrich) for 30 min at 4°C with agitation. The resin was collected by centrifugation (10 min at 1,000 × g). The supernatant was collected and centrifuged on a Vivaspin 12 MWO (GE Healthcare) to remove the His tag fragment and to concentrate the bGP. The proteins were then subjected to buffer exchange against 20 mM Tris-HCl, pH 6.9, using a PD10 buffer exchange column (GE Healthcare) and concentrated to a concentration of 7 mg/ml.

**Enzyme Assay**—bGP activity was measured in the direction of glycogenolysis as described elsewhere (40). Briefly, the formation of glucose-1-phosphate was determined using a coupled assay system containing phosphoglucomutase, glucose-6-phosphate dehydrogenase, and NADP, by following NADPH formation at 340 nm. The phosphorylase activity assay was carried out at 37°C in PBS, pH 6.9. The mixture consisted of bGP (final concentration, 0.1 μM) with or without 1 mM AMP, 0.25% glycogen, 2 mM EDTA, 0.8 mM NADP, 10 mM magnesium acetate, 5 μM glucose-1,6-diphosphate, 5 units of glucose-6-phosphate dehydrogenase, and 5 units phosphoglucomutase, in a final volume of 250 μl. Each measurement was performed in triplicate.

**Biochemical Analysis of Recombinant bGP**—The saturation curve by glycogen was obtained by measuring the bGP activity with various concentrations of glycogen (0–0.35%) in the presence of a saturating concentration of AMP (1 mM). The level of activation of bGP by the allosteric activator AMP was obtained by measuring bGP activity in the presence of a saturating concentration of glycogen (0.025%) and various concentrations of AMP (0–3 mM). Initial velocities were determined, and cooperativity of AMP binding was assessed by fitting the data to the Hill equation,

\[
\log(Y/(1-Y)) = n \log([AMP]) - \log(K_A) \quad \text{(Eq. 1)}
\]

where \(Y\) is the ratio \(V/V_{max}\), \(n\) is the Hill coefficient, [AMP] is the corresponding concentration of AMP, and \(K_A\) is the affinity constant.

**Phosphorylation of Ser14 and Activation by Phosphorylation**—bGP was phosphorylated using phosphorylase kinase from rabbit muscle (Sigma-Aldrich) (1 unit/mg bGP) activated by preincubation for 1 h in phosphorylation buffer containing 20 mM Tris-ClCl2 buffer, pH 7.7, 0.22 mM ATP, 3.3 mM MgCl2, 0.5 mM CaCl2, 0.5 mM NaF for activation. Phosphorylation was performed by the addition of activated phosphorylase kinase to the bGP solution and in phosphorylation buffer and incubation for 2 h at room temperature. The resulting activity was assessed with or without AMP. Phosphorylation of rabbit mGP (Sigma-Aldrich) was used as a control. Phosphorylated bGP was then subjected to buffer exchange against PBS buffer, pH 6.9, using a PD Minihiftrapp G25 (GE Healthcare) desalting column.

**SDS-PAGE Electrophoresis and Western Blotting**—Proteins were loaded onto 7.5% polyacrylamide gels and electrophoretic protein separation carried out at 110 V (constant voltage). For SDS-PAGE, the presence of proteins was revealed using R-250 Coomassie Blue. After migration by SDS-PAGE, the proteins were transferred onto a nitrocellulose membrane at a constant current of 200 mA at 4°C for 1 h. Membranes were incubated at 4°C overnight with appropriately diluted primary antibody. After washing, the membranes were incubated for 2 h at room temperature with peroxidase-coupled secondary antibody. The proteins were visualized by chemiluminescence detection using ECL substrate (GE Healthcare) and LAS 4000 (Fujifilm).

**Native Mass Spectrometry**—bGP was purified, and the His tag was removed as described above. Native MS was performed on samples containing bGP (1 mg/ml) and phosphorylated bGP (1 mg/ml) using an Exactive Plus EMR mass spectrometer (Thermo Fisher Scientific), which allows analysis of proteins and complexes in native-like states (41). The proteins were desalted by buffer exchange prior to mass spectrometry analysis.

**Dynamic Light Scattering Measurements**—Dynamic light scattering measurements were performed with a DynaPro MS800 molecular sizing instrument (Protein Solutions, Lakewood, NJ). Protein samples at 3.2 mg/ml in 20 mM Tris-ClCl2, pH 7.0, in the presence or in the absence of 5 mM AMP were loaded into a 45-μl quartz cuvette. The hydrodynamic radius and molecular mass were determined from 50 measurements at 18°C. The data were analyzed using Dynamics 6.9.2.11 software.

**Cryocrystallization of bGP and Soaking with AMP**—Initial screening of crystallization conditions was carried out by the vapor diffusion method using a Mosquito™ nanoliter-dispensing system (TTP Labtech) at 4°C. Sitting drops were set up using 400 nl of a 1:1 mixture of recombinant human bGP at 7 mg/ml and crystallization solutions (672 different commercially available conditions) equilibrated against a 150-μl reservoir in multiwell plates (Greiner Bio-One). The crystallization plates were stored at 4°C in a Rocklmerger1000™ (Formulatrix) automated imaging system to monitor crystal growth. Hits were improved by making handmade hanging drops in 24-well plates at 18°C. The best crystals were obtained using a solution of 28% (v/v) PEG 400, 0.2 mM calcium chloride, and 0.1 mM Heps, pH 7.5. Crystals with dimensions of up to 0.05 × 0.05 × 0.1 mm appeared within 2 weeks. The crystal of protein complexed with AMP (AMP-bound bGP) was obtained by soaking the apo-form crystal for 3 h in 50 mM AMP dissolved in the crystallization solution. For data collection, the crystals were flash-cooled in liquid nitrogen using the mother crystallization solution as cryoprotectant. All x-ray diffraction data were collected on the PROXIMA-1 Beamline at the Soleil Synchrotron (St. Aubin, France) and the ID23-2 at European Synchrotron Radiation Facility (Grenoble, France). Diffraction images were integrated using the XDS program (42).

**Structure Determination, Refinement, and Analysis**—For the resolution of the structure, molecular replacement phases were obtained using Phaser (43) implemented in the CCP4 program suite (Collaborative Computational Project, Number 4 (44)). The model for molecular replacement was built by homology modeling using SWISS-MODEL (45) based on the template structure of human muscle glycogen phosphorylase (PDB code 1ZBD). The initial models were completed and adjusted using the COOT program (46). Refinement was performed using REFMAC as implemented in CCP4 (47). The crystal structure of the PEG-
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bound GPb at 2.5 Å resolution was refined to \( R \) and \( R_{\text{free}} \) crystallographic factors of 18 and 24%, respectively (see statistics in Table 1). The crystal structure of the AMP-bound bGP at 3.4 Å resolution was refined to \( R \) and \( R_{\text{free}} \) crystallographic factors of 21 and 29%, respectively (see statistics in Table 1). Atomic coordinates and structure factors were deposited in the Protein Data Bank under accession codes 5IKO and 5IKP for the PEG-bound GPb and the AMP-bound bGP, respectively.

Molecular Graphics and Analyses—Molecular graphics and analyses were performed using the UCSF Chimera package (1.10.2). Chimera was developed by the Resource for Biocomputing, Visualization, and Informatics at the University of California, San Francisco (UCSF Chimera—a visualization system for exploratory research and analysis (48)).

Author Contributions—C.-M. and F. R.-L. designed experiments, managed the project, and wrote the manuscript. C. M., I. L. S.-G., R. D., X. X., A. C., T. L., G. W., J.-M. C., C. E., A. H., J.-M. D., and F. R.-L. performed experiments and/or analyzed the data. All authors discussed the results and commented on the manuscript.

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