1. Introduction

Flexible and free-standing electrode materials have attracted extensive attention in the applications of flexible energy storage devices.\(^1\,^2\) The design and synthesis of well-performing electrodes with high mechanical flexibility is a vital technological breakthrough.\(^3\,^4\) Conductive film electrodes are regarded as ideal flexible electrode materials based on the characteristics of being free-standing, binder-free, ultrathin and lightweight. Currently, the most widely used flexible electrode materials are paper-like carbon-based materials and electronically conducting polymers (ECPs).\(^5\,^6\)

ECPs have highly desirable polymeric characteristics such as metal-like conductivity, flexibility and easy processing.\(^10\,^11\) Among them, polypyrrole (PPy), with higher specific capacitance, strong electrical conductivity, ease of synthesis, low cost and good environmental stability, has been considered to be one of the most potential pseudocapacitive electrode materials in flexible electronic devices.\(^12\,^13\) However, direct use of PPy will impede its utilization for poor mechanical flexibility and suffer from a weak cycling stability due to their easily destroyed structure, causing the fading of electrochemical performance during cycling processes.\(^14\,^15\) Recently, several researches have attempted to synthesize high performance composite materials onto the flexible, porous and lightweight substrates by chemical polymerization or electrochemical polymerization method.\(^12\,^16\,^17\) Relatively speaking, electrochemical polymerization method is a simple, convenient and non-polluting without the need of any oxidant or reductant. The obtained composites can be used as electrode material and electrochemically measured directly.\(^18\)

Flexible substrates, such as stainless steel wire meshes,\(^19\,^20\) cotton textile,\(^21\) carbon cloth\(^22\,^23\) and other carbon-based paper, have been widely used to construct flexible electrodes. Activated carbons (ACs), as the earliest and the most widely application of electrode materials, possess the characteristics of porous carbon structure, easy processability, low-price, renewable, environmental friendliness, higher specific surface area and electrochemical stability.\(^26\,^27\) However, powder-like ACs are difficult to directly handle as flexible electrode materials, binders (poly(vinylidene fluoride) (PVDF) or poly(tetrafluoroethylene) (PTFE)) are always needed in composites.\(^28\,^29\) Two-dimension (2D) graphene (GN) sheets have the advantages of high carrier mobility, excellent mechanical flexibility and self-assembly property.\(^30\,^31\) Thus, the 2D GN sheets can serve as an ideal adhesive and supporter for ACs, making ACs apply to flexible electrode materials potentially. The combination of GN sheets and ACs can form a free-standing and flexible substrate without any binder, which is helpful for mechanical properties of flexible electrodes.\(^32\) Meanwhile, the synergistic effects of excellent mechanical flexibility GN sheets, high conductive ACs and pseudocapacitive PPy have contribution to the high electrochemical performance of flexible electrodes.

Herein, flexible GN/AC/PPy electrodes were successfully synthesized by two-step process. The as-constructed GN/AC films were fabricated by vacuum filtration method and used as flexible substrates for PPy electro-deposition. The microscopic morphologies and electrochemical performances of GN/AC/PPy flexible electrodes were designed and evaluated through
regulating different deposition current densities and deposition times via anodic constant current deposition method. The microstructure characterization and chemical compositions of the as-prepared GN/AC/PPy electrode were characterized by scanning electron microscopy (SEM), Brunauer–Emmett–Teller (BET), Fourier transform infrared spectroscopy (FTIR) and Raman spectra. Moreover, the electrochemical properties were studied through cyclic voltammetry (CV), galvanostatic charge–discharge (GCD), and electrochemical impedance spectroscopy (EIS) tests in a three-electrode configuration in 1 M H2SO4 aqueous electrolyte. As expected, the flexible GN/AC/PPy electrode exhibits a high areal specific capacitance of 906 mF cm−2 with PPy loading mass of 2.75 mg cm−2 (mass specific capacitance of 178 F g−1), which is higher than pure GN and GN/AC electrode materials. The high electrochemical properties, excellent mechanical flexibility, free-standing and binder-free GN/AC/PPy electrode is a promising electrode material for flexible supercapacitors.

2. Experimental

2.1. Synthesis GN/AC/PPy electrodes

Ultrathin graphene oxide (GO) was obtained by chemical treatment of exfoliated graphite powders according to the modified Hummers’ method and carefully diluted into 2 mg mL−1 using deionized water. AC materials derived from waste fiberboard (contains 12 wt% urea–formaldehyde resin adhesive) were carbonized and activated in high temperature furnace. Then, AC powders were dispersed in N,N-dimethylformamide (DMF) to produce a homogeneous dispersion of 0.5 mg mL−1. The GN/AC composite films with a mass ratio of 1 : 2 were constructed by vacuum filtration method. Firstly, GO suspension (5 mL) was mixed with AC dispersion (40 mL) and added DMF (5 mL) into Erlenmeyer flask. The mixtures were under ultrasonic vibration for 2 h to form a homogeneous suspension. Secondly, a small quantity of 80% hydrazine hydrate was added in Erlenmeyer flask to reduce GO. After being vigorously shaken, the Erlenmeyer flask was put in a water bath (≈95°C) for 3 h. Then, the mixtures were filtered via vacuum filtration using 0.45 μm organic microporous membrane to form a GN/AC flexible substrate. Finally, three-electrode system was used for polymerization and a GN/AC film of size 1 × 2 cm2 was used as working electrode. An electrolyte solution containing 0.1 M pyrrole and 0.5 M H2SO4 was used for electro-deposition of PPy. Polymerization was carried out at different deposition current densities of 5, 10, 15 and 20 mA cm−2 with a same deposition time of 200 s (namely GN/AC/PPy5-200 s, GN/AC/PPy10-200 s, GN/AC/PPy15-200 s and GN/AC/PPy20-200 s) and different deposition times of 100, 200 and 300 s with a same deposition current density of 15 mA cm−2 (namely GN/AC/PPy15-100 s, GN/AC/PPy15-200 s and GN/AC/PPy15-300 s). The pure GN and GN/AC composite film were used as blank samples and processed in the similar method.

2.2. Characterizations

The microscopic morphologies of the composites were characterized by scanning electron microscope (SEM, JEOL JSM-7001F).

Brunauer–Emmett–Teller (BET) surface area was measured via N2 adsorption/desorption using a Micromeritics ASAP 2010 analyzer. The chemical structures of the composites were analyzed by Fourier transform infrared spectroscopy analyzer (FTIR, PerkinElmer Spectrum 100 Model). Raman spectra were collected by a LabRAM HR Evolution Raman spectroscopy using a 532 nm laser source. All samples were cut into 1 × 1 cm2 slice and all electrochemical performances were investigated using 1 M H2SO4 aqueous solution as electrolyte. Cyclic voltammetry (CV), galvanostatic charge/discharge (GCD) and electrochemical impedance spectroscopy (EIS) curves were tested on a CHI 660D electrochemical workstation in three-electrode system.

3. Results and discussion

3.1. Morphology and structure characterization

The strategy of designing flexible and free-standing GN/AC/PPy electrode is illustrated in Fig. 1. The 2D GN sheets have a good mechanical flexibility, which can be served as ideal binder and supporter. AC particles were bonded together with GN sheets by a facile vacuum filtration process. As shown in Fig. 1, the AC particles sandwiched between GN sheets, expanding the layer spacing of GNs to some extent. The obtained GN/AC flexible films are directly used as the working electrode and pyrrole monomers are electrodeposited on the surface of GN/AC flexible films. The morphology of PPy in the flexible substrate can be controlled by electro-deposition current densities and reaction times. Moreover, the flexible GN/AC/PPy electrodes can be bended arbitrary.

Fig. 2 shows SEM images of all GN/AC/PPy electrode materials. From Fig. 2a, we can obviously see that 2D GN sheets are regarded as adhesive to connected power-like ACs, forming a binder-free and flexible substrate. Under a small deposition current density (5 mA cm−2), pyrrole monomers begin to generate PPy and randomly distribute throughout the surface layer of porous film. Along with the increase of the current density, the grain size of PPy gradually gets bigger and bigger. As shown in Fig. 2b and c, PPy further agglomerates and grows into a coral-like shape, which is formed by the accumulation of microspheres (seen the insert image in Fig. 2c). The coral-like PPy is rougher, thinner and more stretch, providing lager specific surface area and greatly enhancing the transmission capacity of conductive ions. With the further increase of deposition current density (Fig. 2d),

Fig. 1 Schematic illustration of the synthesis process of GN/AC/PPy film electrode.
rod-like PPy film with dense layer is formed at a higher deposition current density of 20 mA cm$^{-2}$, which greatly reduces the specific surface area of the electrode material. Under the optimal deposition current density (15 mA cm$^{-2}$), the different deposition times have been characterized. As shown in Fig. 2e, a rather rough surface with raised microspheres is formed in GN/AC/PPy$_{15}$-100 s electrode material, preparing for the growth of coral-like PPy. As for GN/AC/PPy$_{15}$-300 s, Fig. 2f shows a dense and thick PPy layer has coated on the GN/AC film due to the continued growth and agglomeration of PPy microspheres.
Magnification image can be observed in the insert image in Fig. 2f, the PPy microspheres are stacked together, impeding the transportation of conductive ions.

The textural parameters of three different electrode materials were measured by Brunauer–Emmett–Teller (BET) surface area. The typical N2 adsorption/desorption isotherm at 77.35 K is shown in Fig. 3a, we can see that a typical sharp increase is appeared at a $P/P_0$ of 0.1, which is the characteristic of micropores of carbon-based material. In particular, the composites of GN/AC and GN/AC/PPy15-200 s have a significant increase of the adsorbed volume. The adsorption capacity significantly improves with the increase of the incorporation of AC and PPy. These results suggest that the composites promote the development of micro porosity and increase the specific surface area. The pore size distributions of all samples are shown in Fig. 3b. All electrode materials are dominated by the micro size with radius around 0.7 to 1.5 nm, which contribute to the improvement of specific capacitance. These results could be explained by synergistic effects of excellent mechanical flexibility GN sheets, high conductive ACs and pseudocapacitive PPy. Such a 3D GN/AC/PPy15-200 s film electrode without any binders has a larger specific surface area, which can be used as flexible electrode directly.

For the structure measurement, the FTIR and Raman spectra of the GN, GN/AC and GN/AC/PPy15-200 s electrode materials are shown in Fig. 3c and d, respectively. As shown in Fig. 3c, the spectrum of the pure GN film has a slight fluctuation with a few minor peaks, indicating that graphene oxide is almost completely chemically reduced. The broad peaks observed at 1531 cm$^{-1}$ and 1201 cm$^{-1}$ represent the C–C backbone stretching and C–OH stretching vibration, respectively. The characteristic peaks appear in the spectra of GN/AC composite film at 1589 cm$^{-1}$ and 1243 cm$^{-1}$ are attributed to C=C and C–O– stretching vibration, respectively. As respected, in the spectra of GN/AC/PPy15-200 s, the peaks at 1724, 1589, 1433, 1356, 1201 and 991 cm$^{-1}$ are associated with the C=O, C=C, C–N stretching vibration, C–N in-plane deformation, and C–H deformation vibration in the pyrrole ring, respectively, which indicated that the PPy successfully deposited onto the surface of GN/AC film via electrochemical polymerization method. Fig. 3d shows two prominent peaks located at ~1343 and ~1575 cm$^{-1}$, corresponding to the D and G bands of graphite, respectively.

Fig. 4 (a) GCD curves of all samples at the current density of 1 mA cm$^{-2}$; (b) CV curves of samples at the scan rate of 10 mV s$^{-1}$; (c) areal specific capacitances of all samples at different current densities; (d) Nyquist plot of all samples.
The Raman spectra of GN/AC/PPy\textsubscript{15-200 s} exhibit two characteristic bands at 1355 and 1567 cm\textsuperscript{-1} due to the ring-stretching mode and the stretching of the π conjugated structure of PPy, respectively. Moreover, the slightly peak at 931 cm\textsuperscript{-1} corresponds the out-of-plane C–H deformation.\textsuperscript{39,40} The D/G band intensity ratio (I\textsubscript{D}/I\textsubscript{G}) expresses the atomic ratio of sp\textsuperscript{3}/sp\textsuperscript{2}–hybridized carbons, which reflects the extent of disordered graphite.\textsuperscript{41,42} Compared with those intensity ratios (I\textsubscript{D}/I\textsubscript{G}) of GN (1.23) and GN/AC (1.21), the decreased ratio of I\textsubscript{D}/I\textsubscript{G} (0.93) in the Raman spectrum of GN/AC/PPy\textsubscript{15-200 s} suggests the presence of strong interactions among GN, AC and PPy in this ternary composite, which makes the film electrodes achieve a good combination and excellent mechanical flexibility.

### 3.2. Exploration of different deposition current densities

Electrochemical performances of GN/AC/PPy as electrode materials were estimated under different disposition current densities. Fig. 4a shows GCD curves of all samples with a work voltage of 0–0.8 V at the current density of 1 mA cm\textsuperscript{-2}. It can be clearly seen that GN/AC/PPy\textsubscript{15-200 s} electrode exhibits the largest charging/discharging time span, suggesting large specific capacitance. Also can be seen in Fig. 4b, CV curves of all samples with a potential of 0–1.0 V at the same scan rate of 10 mV cm\textsuperscript{-2} show an early rectangular in shape, and GN/AC/PPy\textsubscript{15-200 s} electrode has the largest enclosed area. Furthermore, the areal specific capacitances (C\textsubscript{s}) were calculated from GCD measurements using C\textsubscript{s} = |Δt|/(ΔV|S|) in Fig. 4c. It can be found that the areal specific capacitances of GN/AC/PPy\textsubscript{15-200 s} electrode are 906, 836, 754, 560 and 458 mF cm\textsuperscript{-2} at current densities of 0.5, 1, 2, 3 and 5 mA cm\textsuperscript{-2}, respectively. These excellent electrochemical performances can be likely attributed to both 3D porous GN/AC flexible substrate and electrodeposition of coral-like PPy. The coral-like PPy can enlarge specific surface area and improve electronic conductivity. Fig. 4d depicts the Nyquist plot starts from the Z'–axis and progresses almost vertically to the Z"–axis at the low frequency, indicating that the ideal capacitive characteristics of all electrodes.\textsuperscript{43} Moreover, GN/AC/PPy\textsubscript{15-200 s} is the closest to the Z"–axis, further demonstrating that GN/AC/PPy\textsubscript{15-200 s} has the best capacitive property. The measured impedance spectra are analyzed according to the semicircle intercepts of Z'–axis (the inset of Fig. 4d). The resistances of the GN/AC/PPy\textsubscript{5-200 s}, GN/AC/PPy\textsubscript{10-200 s}, GN/AC/PPy\textsubscript{15-200 s} and GN/AC/PPy\textsubscript{20-200 s}
electrode materials are 7.74, 4.44, 5.67 and 26.86 Ω, respectively.
The GN/AC/PPy20 -200 s electrode material has a large resistance,
which mainly due to that high deposition current density is not
conducive to longitudinal growth of PPy and easy to case
a dense layer on GN/AC film. Therefore the selected deposition
current density hereafter is 15 mA cm$^{-2}$.

3.3. Exploration of different deposition times
In order to explore the best electro-deposition conditions, the
different deposition times were further evaluated at the depo-
sition current density of 15 mA cm$^{-2}$. As demonstrated in
Fig. 5a, GN/AC/PPy15-200 s has the longest time span. It also can
be seen in Fig. 5b, influence of the deposition amount of PPy on CV curves, the GN/AC/PPy15-200 s electrode material is greater than GN/AC/PPy15-100 s and GN/AC/PPy15-300 s, respectively. It confirms that the different deposition times affect the morphology of electrode materials and further influence their electrochemical performance. The detailed values of areal specific capacitances $C_s$ were calculated from GCD curves. As shown in Fig. 5c, the $C_s$ values of GN/AC/PPy15-100 s, GN/AC/PPy15-200 s and GN/AC/PPy15-300 s were 741, 906 and 888 mF cm$^{-2}$ at a current density of 0.5 mA cm$^{-2}$, respectively. Additionally, upon increasing the current density to 5 mA cm$^{-2}$, the specific capacitance of GN/AC/PPy15-200 s retained about 56% of its original value, indicating a good rate capability. However, for GN/AC/PPy15-300 s, only 52% of the capacitance retained when the current density up to 5 mA cm$^{-2}$. The electrochemical impedance spectroscopy (EIS) analysis were shown in Fig. 5d, the nearly vertical lines of all samples indicate a pure capacitive behavior and low diffusion resistance of ions in the structure of the electrode materials at low frequencies.$^{44,45}$ The resistance values of GN/AC/PPy15-100 s, GN/AC/PPy15-200 s and GN/AC/PPy15-300 s were estimated to be 7.76, 5.67 and 33.93 Ω, respectively. GN/AC/PPy15-300 s electrodes present a higher resistance than others due to long deposition time caused the agglomeration of PPy microspheres. These results obtained by electrochemical impedance spectroscopy are in consistted with the above analysis. So the optimal deposition time is 200 s.

### 3.4. Comparison of electrode materials

To further evaluate the electrochemical performance, three different electrode materials were compared. Fig. 6a illustrates the GCD curves of GN, GN/AC and GN/AC/PPy15-200 s electrode materials collected at 1 mA cm$^{-2}$. The GCD curves of GN/AC/PPy15-200 s also show the longest discharge time span, reflecting an improvement of the areal specific capacitance that the amount of mass loading has a great positive influence on the electrochemical performance. Fig. 6b further compares the CV curves at the scan rate of 10 mV s$^{-1}$. The smallest area of the CV curves of pure GN electrode materials indicates its inferior capacitive performance. Compared with the pure GN, GN/AC/PPy15-200 s presents an enlarged area and a nearly rectangular shape, implying a large capacitance during charge–discharge process. Variations of different electrode materials are revealed at different current densities in Fig. 6c. The plots of areal specific capacitances ship upward with the increasing of the composites. ACs have broaden the interlayer spacing of GNs, forming a large surface area and high conductive film. The deposition of PPy with a mass-loading of 2.75 mg cm$^{-2}$ further increases the conductivity of the electrode material. The highest $C_s$ reaches 906 mF cm$^{-2}$ with the corresponding mass specific capacitance of 178 F g$^{-1}$. Evidently, the specific capacitance are much higher than other composites, such as CQDs/PPy (315 mF cm$^{-2}$),$^{19}$ PPy/GO (152 mF cm$^{-2}$),$^{38}$ PPy/bacterial cellulose (153 F cm$^{-2}$).
Supercapacitor was assembled by the GN/AC/PPy15-200 s electrode to those estimated in a two-electrode cell configuration, indicating a nearly ideal capacitive behavior. Thus, the ternary composites can achieve a synergistic effect and obtain the optimal electrochemical performance.

Furthermore, GCD curves of GN/AC/PPy15-200 s at different current densities are shown in Fig. 6e. The GCD curves display an almost symmetric triangular shape with a small voltage drop, demonstrating a good capacitive property. Besides, Fig. 6f shows the CV curves collected at different scan rates in the voltage window of 1.0 V, which exhibit a quasi-rectangular shape corresponding to a good electrochemical reversibility.

3.5. Assembly of flexible supercapacitor

Although the electrochemical performances measured in a three-electrode system are generally convenient and superior to those estimated in a two-electrode cell configurations, the two-electrode system is believed to approach more closely to the real applications of supercapacitors. Thus, a flexible symmetric supercapacitor was assembled by the GN/AC/PPy15-200 s electrode materials. A two-electrode cell configuration was used to evaluate the capacitance performances. As can be seen from Fig. 7a and b, GCD curves and CV curves only change slightly when the bending angles of the flexible device varied from 0° to 180°, demonstrating the electrodes have negligible influence on folding or bending. Moreover, the calculated volumetric specific capacitance of the symmetric supercapacitor changes from 1.86 F cm\(^{-3}\) to 1.35 F cm\(^{-3}\) at a current density of 3 mA cm\(^{-2}\). There is about 27% fading for the specific capacitance when bented to 180°. For practical application, the cycling stability and mechanical flexibility are conducted. The cycle life test over 5000 cycles for GN/AC/PPy15-200 s electrode is conducted by repeating GCD tests at the current density of 3 mA cm\(^{-2}\). As shown in Fig. 7c, the GN/AC/PPy15-200 s electrode displays a good cyclic stability with 64.4% capacitance retention of the initial capacitance after 5000 cycles. To better clarify the mechanical flexibility of the flexible electrode, the relative capacitance of the GN/AC/PPy15-200 s electrode after 500 bending cycles is shown in Fig. 7d. Fatigue test reveals that the specific capacitance of the flexible electrode maintained at 83.6% of the original value after 500 stretching–bending cycles.

4. Conclusions

In this study, furnace waste fiberboards were used to produce ACs, the 2D GN sheets were used as an ideal adhesive and supporter for ACs, forming a flexible and free-standing GN/AC composite film. The GN/AC film was adopted as a flexible substrate to support PPy nanoparticles, the GN/AC/PPy composites were synthesized via anodic constant current deposition method and designed by different deposition current densities and deposition times. The coral-like PPy tightly adhere to the surface of GN/AC composite film. The as-fabricated GN/AC/PPy15-200 s composite electrode exhibits a maximum areal specific capacitance of 906 mF cm\(^{-2}\) with PPy loading mass of 2.75 mg cm\(^{-2}\) (specific capacitance of 178 F g\(^{-1}\)) at a current density of 0.5 mA cm\(^{-2}\), which is around 8.7 times that of pure GN (104 mF cm\(^{-2}\)). Furthermore, a flexible supercapacitor was assembled and tested under different bending angles, indicating the device could accommodate the mechanical bending. The capacitance retention of electrode materials still remained at 64.4% after 5000 cycles at a higher current density of 3 mA cm\(^{-2}\). Moreover, 83.6% of the capacitance was retained after 500 stretching–bending cycles. Overall, these results well demonstrated that our flexible, free-standing and binder-free GN/AC/PPy15-200 s electrode is a promising candidate in wearable and portable electronic applications.

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