I. INTRODUCTION

The Nambu–Jona-Lasinio (NJL) model and its relatives, such as the quark-meson (QM) model, play a very prominent role in theoretical physics. Originally, the NJL model has been introduced as an effective theory to describe spontaneous symmetry breaking in particle physics based on an analogy with superconducting materials [1]. Since then, it has frequently been employed to study the phase structure of Quantum Chromodynamics (QCD), i.e. the theory of the strong interaction, see, e.g., Refs. [2–5] for reviews. In particular at low temperature and large quark chemical potential, NJL-type models have become an important tool to analyze the low-energy dynamics of QCD as this regime is at least difficult to access with lattice Monte Carlo techniques.

NJL/QM-type models indeed provide us with an effective description of the chiral low-energy dynamics of QCD, giving us a valuable insight into the dynamics underlying the QCD phase diagram. However, despite the great success of the studies of these models, the phenomenological analysis of the results suffers from generic features of these models as well as from approximations underlying these studies. For example, NJL-type models in four space-time dimensions are defined with an ultraviolet (UV) cutoff $\Lambda$ as they are perturbatively non-renormalizable. In fact, non-perturbative studies even indicate that they are also not non-perturbatively renormalizable (see, e.g., Refs. [6–7]), in contrast to three-dimensional versions of this class of models [8]. In case of four space-time dimensions, the UV cutoff $\Lambda$ should therefore be considered as one of the model parameters and also the regularization scheme belongs to the definition of the model. Moreover, we add that often so-called three-dimensional/spatial regularization schemes are employed which explicitly break Poincaré invariance, potentially leading to spuriously emerging symmetry breaking patterns in these studies.

The four-quark couplings appearing in a specific ansatz of an NJL-type model are usually considered as fundamental parameters and are fixed such that the correct values of a given set of low-energy observables is reproduced at, e.g., vanishing temperature and quark chemical potential. Unfortunately, there may exist different parameter sets which reproduce the correct values of a given set of low-energy observables equally well. Moreover, these model parameters may depend on the external control parameters, such as the temperature and the quark chemical potential [9]. In any case, even in studies of the conventional NJL/QM model defined with only a scalar-pseudoscalar four-quark interaction channel, other four-quark interaction channels (e.g. a vector channel) are in general induced due to quantum fluctuations but have often been ignored in the literature. In particular at finite chemical potential, effective degrees of freedom associated with four-quark interaction channels other than the scalar-pseudoscalar channel are expected to become important or even dominant, see, e.g., Refs. [3–10] for reviews. In this work, we moreover demonstrate that such channels may not only play a prominent role at large chemical potential but also affect the dynamics at small chemical potential. In fact, we observe that the inclusion of four-quark channels other than the scalar-pseudoscalar channel results in a significantly smaller curvature of the finite-temperature phase boundary at small chemical potential. From a field-theoretical point of view, the issue of including more than just the scalar-pseudoscalar channel is already relevant in the vacuum limit and is related to the ambiguities associated with Fierz transformations, i.e. the fact that a given point-like four-quark interaction channel respecting the symmetries of the underlying theory is reducible by means of these transformations. As QCD low-energy model studies in general do not take
In order to relate our present work to conventional QCD low-energy model studies, we start our discussion by considering a so-called classical action $S$ which essentially consists of a kinetic term for the fermions and a scalar-pseudoscalar four-fermion interaction channel in four Euclidean space-time dimensions:

$$S[\bar{\psi}, \psi] = \int_0^\beta d\tau \int d^3x \left\{ \bar{\psi}(i\gamma_0 - i\mu\gamma_0)\psi + \frac{1}{2} \lambda_\sigma [(\bar{\psi}\gamma_5\psi)^2 - (\bar{\psi}\gamma_\sigma\psi)^2] \right\}. \tag{1}$$

Here, $\beta = 1/T$ denotes the inverse temperature $T$ and $\mu$ is the chemical potential. This action is invariant under simple phase transformations,

$$U_V(1) : \bar{\psi} \mapsto \bar{\psi}e^{-i\alpha}, \; \psi \mapsto e^{i\alpha} \psi. \tag{2}$$

As we do not allow for an explicit fermion mass term, the action is also invariant under chiral $U_A(1)$ transformations, i.e. axial phase transformations:

$$U_A(1) : \bar{\psi} \mapsto \bar{\psi}e^{i\gamma_5\alpha}, \; \psi \mapsto e^{i\gamma_5\alpha} \psi, \tag{3}$$

where $\alpha$ is the “rotation” angle in both cases. The chiral symmetry is broken spontaneously if a finite vacuum expectation value $\langle \bar{\psi}\psi \rangle$ is generated by quantum fluctuations. The $U_V(1)$ symmetry is broken spontaneously if, e.g., a diferemion condensate $\langle \bar{\psi}\gamma_5\psi \rangle$ is formed, where $C = \gamma_2\gamma_0$ is the charge conjugation operator.

Because of the presence of a heat bath and a chemical potential, Poincaré invariance is explicitly broken and the Euclidean time direction is distinguished. Note also that a finite chemical potential explicitly breaks the charge conjugation symmetry $C$. However, the rotational invariance among the spatial components as well as the invariance with respect to parity transformations $P$ and time reversal transformations $T$ remain intact.

Let us now consider the quantum effective action $\Gamma$ which is obtained from the path integral by means of a Legendre transformation. The classical action $S$ of the theory entering the path integral can be viewed as the zeroth-order approximation of the quantum effective action $\Gamma$. If we now compute quantum corrections to $\Gamma$, we immediately observe that four-fermion interaction channels other than the scalar-pseudoscalar interaction channel are induced, even though they do not appear in the classical action $S$ in Eq. (1), see, e.g., Ref. [4] for a review. For example, a vector-channel interaction $\sim (\bar{\psi}\gamma_\mu\gamma_5\psi)^2$ may be generated. Once other four-fermion channels are generated, it is reasonable to expect that these channels also alter dynamically the strength of the original scalar-pseudoscalar interaction. In particular at finite temperature and density, the number of possibly induced interaction channels is even increased because of the reduced symmetry of the theory. For our present study of the quantum effective action at leading order (LO) of the derivative expansion, we therefore consider the most general ansatz for the effective average action compatible
with the symmetries of the theory:

\[ \Gamma_{\text{LO}}[\bar{\psi}, \psi] \]
\[ = \int_0^\beta d\tau \int d^3x \left\{ \bar{\psi}(Z^\parallel i\gamma_0 \partial_0 + Z^\perp i\gamma_3 \partial_3 - Z^\mu i\gamma_\mu) \psi + \frac{1}{2} Z^\sigma Z_\sigma (S - P) - \frac{1}{2} Z^\parallel \lambda^\parallel \lambda^\parallel (V^\parallel) - \frac{1}{2} Z^\perp \lambda^\perp \lambda^\perp (V^\perp) \right. 
\[ - \frac{1}{2} Z^\mu \lambda^\mu (A^\mu) - \frac{1}{2} Z^\mu \lambda^\mu (A^\perp) - \frac{1}{2} Z^\mu \lambda^\mu (T^\mu) \right\}, \tag{4} \]

where \( \lambda^\parallel, \lambda^\perp, \lambda^\mu, \lambda^\perp, \lambda^\perp, \lambda^\perp \) denote the bare four-fermion couplings which are accompanied by their vertex renormalizations \( Z^\sigma, Z^\parallel, Z^\perp, Z^\mu, Z^\perp, \) and \( Z^\perp \), respectively. The various four-fermion interaction channels are defined as follows:

\[ (S - P) = (\hat{\psi}\psi)^2 - (\hat{\psi}\gamma_5\psi)^2, \]
\[ (V^\parallel) = (\hat{\psi}\gamma_0\psi)^2, \]
\[ (V^\perp) = (\hat{\psi}\gamma_3\psi)^2, \]
\[ (A^\mu) = (\hat{\psi}\gamma_\mu\psi)^2, \]
\[ (A^\perp) = (\hat{\psi}\gamma_\perp\psi)^2, \]
\[ (T^\mu) = (\hat{\psi}\sigma_{\mu\nu}\psi)^2 - (\hat{\psi}\sigma_{\mu\nu}\psi)^2, \tag{5} \]

where \( \sigma_{\mu\nu} = \frac{i}{2}[\gamma_\mu, \gamma_\nu] \) and summations over \( i = 1, 2, 3 \) are tacitly assumed. The renormalization factors associated with the kinetic term are given by \( Z^\parallel \) and \( Z^\perp \), respectively. Finally, the chemical potential is accompanied by the renormalization factor \( Z^\mu \). At \( T = 0 \), we have \( Z^\mu = Z^\parallel = Z^\perp \) for \( \mu_\star \equiv \mu_\text{Fermi} \). Here, \( m_\text{Fermi} \) is the potentially generated renormalized (pole) mass of the fermions: \( m_\text{Fermi} = m_\text{Fermi}/Z^\parallel \) with \( m_\text{Fermi} \) being the bare fermion mass. The relation between \( Z_\sigma \) and \( Z^\perp \) is a direct consequence of the so-called Silver-Blaze property of quantum field theories [13].

The ansatz (4) is overcomplete. By exploiting the Fierz identities detailed in App. [A] we can reduce the overcomplete set of four-fermion interactions in Eq. (4) to a minimal Fierz-complete set:

\[ \Gamma_{\text{LO}}[\bar{\psi}, \psi] \]
\[ = \int_0^\beta d\tau \int d^3x \left\{ \bar{\psi}(Z^\parallel i\gamma_0 \partial_0 + Z^\perp i\gamma_3 \partial_3 - Z^\mu i\gamma_\mu) \psi + \frac{1}{2} Z^\sigma Z_\sigma (S - P) - \frac{1}{2} Z^\parallel \lambda^\parallel \lambda^\parallel (V^\parallel) - \frac{1}{2} Z^\perp \lambda^\perp \lambda^\perp (V^\perp) \right. 
\[ - \frac{1}{2} Z^\mu \lambda^\mu (A^\mu) - \frac{1}{2} Z^\mu \lambda^\mu (A^\perp) - \frac{1}{2} Z^\mu \lambda^\mu (T^\mu) \right\}, \tag{6} \]

Any other pointlike four-fermion interaction invariant under the symmetries of our model is indeed reducible by means of Fierz transformations. Fermion self-interactions of higher order (e.g., eight fermion interactions) may also be induced due to quantum fluctuations at leading order of the derivative expansion [4] but do not contribute to the RG flow of the four-fermion couplings at this order and are therefore not included in our ansatz (3), see Ref. [6] for a detailed discussion.

In the following we shall study the RG flow of the four-fermion couplings appearing in the effective action (4). This already allows us to gain a valuable insight into the phase structure of our model.

### III. VACUUM FIXED-POINT STRUCTURE AND SPONTANEOUS SYMMETRY BREAKING

Before we actually analyze the fixed-point structure of our model and its phase structure at finite temperature and chemical potential, we briefly discuss how a study of the quantum effective action (4) at leading order of the derivative expansion can give us access to the phase structure of our model at all. A detailed discussion can be found in, e.g., Ref. [6].

The leading order of the derivative expansion implies that we treat the four-fermion interactions in the pointlike limit, i.e.

\[ \bar{\lambda}_j(\hat{\psi}O^j\psi)^2 \]
\[ = \lim_{(p_\text{Fermi} \to 0)} \bar{\psi}_a(p_1)\bar{\psi}_b(p_2)\Gamma_{j,\text{Fermi}}(p_1, p_2, p_3, p_4)\psi_c(p_3)\psi_d(p_4), \]

where \( a, b, c, d \) are spinor indices, \( \bar{\lambda} = \{\bar{\lambda}_\sigma, \bar{\lambda}_\parallel, \bar{\lambda}_\perp, \bar{\lambda}_\perp, \bar{\lambda}_\perp, \bar{\lambda}_\perp \} \), and \( \mathcal{O} = \{S(P), (V^\parallel), (V^\perp)\} \).

Apparently, the leading order of the derivative expansion does not give us access to the mass spectrum of our model which is encoded in the momentum structure of the correlation functions. In particular, the formation of fermion condensates associated with spontaneous symmetry breaking is indicated by singularities in the four-fermion correlation functions. Thus, this order of the derivative expansion does not allow us to study regimes of the theory in which one of its symmetries is broken spontaneously. However, it can be used to study the symmetric phase of our model, e.g., the dynamics at high temperature and/or high density where the symmetries are expected to remain intact. By lowering the temperature at a given value of the chemical potential, we can then determine a critical temperature \( T_{\text{cr}} \) below which the pointlike approximation breaks down and a condensate related to a spontaneous breaking of one of the symmetries may be generated. This line of argument has indeed already been successfully applied to compute the many-flavor phase diagram of gauge theories [13] [19]. We add that the phenomenological meaning of \( T_{\text{cr}}(\mu) \) obtained from such an analysis is difficult to assess. To be more specific, various possible symmetry breaking patterns exist and the breakdown of the pointlike approximation cannot unambiguously be related to the spontaneous breakdown of a specific symmetry, even in our

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1. The leading order of the derivative expansion corresponds to treating the fermion self-interactions in the pointlike limit, see also our discussion below.

2. Note that the anomalous dimensions associated with the wavefunction renormalizations \( Z^\parallel \) and \( Z^\perp \) vanish at leading order of the derivative expansion, see our discussion below and also App. [B] for a discussion of possible issues with the derivative expansion in the presence of a finite chemical potential.
simple model, see Eq. \( \text{(6)} \). For example, the critical temperature may be associated with, e.g., chiral symmetry breaking or with spontaneous symmetry breaking in the vector channel. We shall discuss this issue again below in more detail.

The breakdown of the pointlike approximation can be indeed used to detect the onset of spontaneous symmetry breaking. This can be most easily seen by considering a Hubbard-Stratonovich transformation \( \text{[19]} \). With the aid of this transformation, composites of two fermions can be treated as auxiliary bosonic degrees of freedom, e.g., \( \psi \bar{\psi} \rightarrow \sigma \). On the level of the path integral, the four-fermion interactions of a given theory are then replaced by terms bilinear in the so introduced auxiliary fields and corresponding Yukawa-type interaction terms between the auxiliary fields and the fermions. Formally, we have

\[
\lambda_j (\bar{\psi} O_j \psi)^2 \rightarrow \sum_a \frac{1}{\lambda_j} \phi_a(j) \phi_a(j) + \sum_{a,b,c} \bar{\psi}_b \bar{h}_j \hat{O}^{abc}_j \phi_a(j) \psi_c. \tag{7}
\]

Here, the couplings \( \bar{h}_j \) denote the various Yukawa couplings. The structure of the quantity \( \hat{O}^{abc}_j \) with respect to internal indices may be nontrivial and depends on the corresponding four-fermion interaction channel \( O_j \). The same holds for the exact transformation properties of the possibly multi-component auxiliary field \( \phi_a(j) \).

Once a Hubbard-Stratonovich transformation has been performed, the Ginzburg-Landau-type effective potential for the bosonic fields \( \phi_a(j) \) can be computed conveniently, allowing for a straightforward analysis of the ground-state properties of the theory under consideration. For example, a nontrivial minimum of this potential indicates the spontaneous breakdown of the symmetries associated with those fields which acquire a finite vacuum expectation value.

From Eq. \( \text{(7)} \), we also deduce that the four-fermion couplings are inverse proportional to the mass-like parameters \( m_j^2 \sim 1/\lambda_j \) associated with terms bilinear in the bosonic fields. Recall now that the transition from the symmetric regime to a regime with spontaneous symmetry breaking is indicated by a qualitative change of the shape of the Ginzburg-Landau-type effective potential as some fields acquire a finite vacuum expectation value. In fact, in case of a second-order transition, at least one of the curvatures \( m_j^2 \) of the effective potential at the origin changes its sign at the transition point. This is not the case for a first-order transition. Still, taking into account all quantum fluctuations, the Ginzburg-Landau-type effective potential becomes convex in any case, implying that the curvature tends to zero at both a first-order as well as a second-order phase transition point. Thus, a singularity of a pointlike four-fermion coupling indicates the onset of spontaneous symmetry breaking. However, it does not allow to resolve the nature of the transition.

For our RG analysis, it follows that the observation of a divergence of a four-fermion coupling at an RG scale \( k_{cT} \) only serves as an indicator for the onset of spontaneous symmetry breaking. Below, we shall use this criterion to estimate the phase structure of our model. For a given chemical potential, the above-mentioned critical temperature \( T_{cT} \) is then given by the temperature at which the divergence occurs at \( k_{cT} \rightarrow 0 \). Note that this is not a sufficient criterion for spontaneous symmetry breaking as quantum fluctuations may restore the symmetries of the theory in the deep infrared (IR) limit, see, e.g., Ref. \( \text{[8]} \) for a detailed discussion. If the true phase transition is of first order, this criterion at leading order of the derivative expansion may even only point to the onset of a region of metastability and not to the actual phase transition line. From a QCD standpoint, this implies that the liquid-gas phase transition, which is expected to be of first order, cannot be reliably assessed in the setup underlying our present work but requires to extend the truncation of the effective action. (Color-)Superconducting ground states can in principle be detected within our present setup, if the transition is of second order (following our line of arguments above). Indeed, we show that the scaling behavior of physical observables associated with a superconducting ground state can be recovered correctly from our analysis of the RG flow of four-fermion couplings, see also Sec. \( \text{IV} \). Thus, despite the discussed restrictions of our present analysis, it already provides a valuable insight into the dynamics underlying spontaneous symmetry breaking of a given fermionic theory.

Instead of using the purely fermionic formulation of our model, one may be tempted to consider the partially bosonized formulation of our model right away in order to compute conveniently the Ginzburg-Landau-type effective potential for the various auxiliary fields, as indicated above. However, in contrast to the purely fermionic formulation, in which Fierz completeness at, e.g., leading order of the derivative expansion can be fully preserved by using a suitable basis of four-fermion interaction channels, conventional approximations entering studies of the partially bosonized formulation may easily induce a so-called Fierz ambiguity. Most prominently, mean-field approximations are known to show a basic ambiguity related to the possibility to perform Fierz transformations \( \text{[13]} \). Therefore, results from this approximation potentially depend on an unphysical parameter which is associated with the choice of the mean field and limits the predictive power of this approximation. However, it has been shown \( \text{[13]} \) that the use of so-called dynamical bosonization techniques \( \text{[20]–[27]} \) allows to resolve this issue, see also Ref. \( \text{[28]} \) for an introduction to dynamical bosonization in RG flows. As this is beyond the scope of the present work, we focus exclusively on the purely fermionic formulation of our model.

With these prerequisites, let us now begin with a discussion of the RG flow of our model in the limit \( T \rightarrow 0 \) and \( \mu \rightarrow 0 \). For the computation of the RG flows of the various four-fermion couplings and wavefunction renormalizations at leading order in the derivative expansion, we employ an RG equation for the quantum effective action, the Wetterich equation \( \text{[29]} \). The effective action \( \Gamma \)
then depends on the RG scale \( k \) (IR cutoff scale) which determines the RG “time” \( t = \ln(k/\Lambda) \) with \( \Lambda \) being a UV cutoff scale, see App. [3] and also Ref. [6] for an introduction to the computation of RG flows of fermion self-interactions.

To regularize the loop integrals, we employ a four-dimensional regularization scheme which is parametrized in our RG approach in form of an exponential regulator function, see App. [3] for details. In the limit \( T \to 0 \) and \( \mu \to 0 \), our regularization scheme becomes covariant which is of great importance. To be more specific, so-called spatial regularization schemes, which leave the temporal direction unaffected and are often used in, e.g., model studies, introduce an explicit breaking of Poincaré invariance which is present even in the limit \( T \to 0 \) and \( \mu \to 0 \). This leads to a contamination of the results in this limit. This is particularly serious since this limit is in general also used to fix the model parameters. In principle, one may solve this problem by taking care of the symmetry violating terms with the aid of corresponding “Ward identities” or, equivalently, one can add appropriate counter-terms such that the theory remains Poincaré-invariant in the limit \( T \to 0 \) and \( \mu \to 0 \), see Ref. [30]. However, we have observed that the predictions for the phase structure are significantly spoilt when a spatial regularization scheme is used without properly taking care of the associated symmetry-violating terms in the limit \( T \to 0 \) and \( \mu \to 0 \) (see App. [3] for details). Therefore we have chosen a scheme which respects Poincaré invariance in the limit \( T \to 0 \) and \( \mu \to 0 \).

With respect to RG studies, we add that, apart from the fact that spatial regularization schemes explicitly break Poincaré invariance, they lack locality in the temporal direction, i.e. all time-like momenta are taken into account at any RG scale \( k \) whereas spatial momenta are restricted to small momentum shells around the scale \( k \approx |\vec{p}| \). Loosely speaking, fluctuation effects are therefore washed out by the use of this class of regularization schemes and the construction of meaningful expansion schemes of the effective action is complicated due to this lack of locality.

Let us now analyze the fixed-point structure of our model in leading order of the derivative expansion at zero temperature and chemical potential. In this Poincaré-invariant limit, the couplings \( \lambda_V^0 \) and \( \lambda_\sigma^0 \) can be identified, \( \lambda_V^0 = \lambda_\sigma^0 = \lambda_V \), provided the two couplings assume the same value at the initial RG scale \( k = \Lambda \). The \( \beta \) functions then simplify to\(^3\)

\[
\begin{align*}
\partial_t \lambda_\sigma &= \beta_\lambda \lambda_\sigma = 2\lambda_\sigma - 8v_4 \left( \lambda_\sigma^2 + 4\lambda_\sigma \lambda_V + 3\lambda_V^2 \right), \quad (8) \\
\partial_t \lambda_V &= \beta_\lambda \lambda_V = 2\lambda_V - 4v_4 \left( \lambda_\sigma + \lambda_V \right)^2, \quad (9)
\end{align*}
\]

where \( v_4 = 1/(32\pi^2) \) and the dimensionless renormalized four-fermion couplings are defined as \( \lambda_i = Z_i k^2 \lambda_i/(Z_i^\perp)^2 \) with \( \lambda = \{\lambda_\sigma, \lambda_V^0, \lambda_\perp^0\} \) and \( Z = \{Z_\sigma, Z_V^0, Z_\perp^0\} \). Up to regularization-scheme dependent factors, this set of equations agrees with the one found in previous vacuum studies of this model [6, 13]. The wavefunction renormalizations, which we have set to \( Z_\parallel = Z_\perp = 1 \) at the initial RG scale, remain unchanged in the RG flow at this order of the derivative expansion, i.e. \( \partial_t Z_\parallel = \partial_t Z_\perp = 0 \).

Before we now discuss the dynamics of the Fierz-complete system, it is instructive to consider a one-channel approximation. To this end, we set \( \lambda_\sigma = 0 \) in Eq. (8) and drop the flow equation for the vector-channel coupling \( \lambda_V \). Thus, we are left with the following flow equation for the scalar-pseudoscalar coupling:

\[
\partial_t \lambda_\sigma = \beta_\lambda \lambda_\sigma = 2\lambda_\sigma - 8v_4 \lambda_\sigma^2, \quad (10)
\]

which has a non-Gaussian fixed-point at \( \lambda_\sigma^* = 8\pi^2 \). The solution for \( \lambda_\sigma \) reads

\[
\lambda_\sigma(k) = \frac{\lambda_\sigma^{(UV)}}{(\frac{1}{2})^\Theta (1 - \lambda_\sigma^{(UV)} - 2k^2)} + \frac{\lambda_\sigma^{(UV)}}{\lambda_\sigma^*}, \quad (11)
\]

Here, \( \lambda_\sigma^{(UV)} \) is the initial condition for the coupling \( \lambda_\sigma \) at the UV scale \( \Lambda \) and \( \Theta \) denotes the critical exponent which governs the scaling behavior of physical observables close to the “quantum critical point” \( \lambda_\sigma^* \):

\[
\Theta := \left\langle \frac{\partial \sigma}{\partial \lambda_\sigma} \right\rangle_{\lambda_\sigma^*} = 2. \quad (12)
\]

As \( \Theta > 0 \), the fixed point \( \lambda_\sigma^* \) is IR repulsive. Indeed, we readily observe from the solution (11) that \( \lambda_\sigma \) is repelled by the fixed point. Moreover, \( \lambda_\sigma \) diverges at a finite RG scale \( k_{\text{cr}} \), if \( \lambda_\sigma^{(UV)} \) is chosen to be greater than the fixed-point value \( \lambda_\sigma^* \), \( \lambda_\sigma^{(UV)} > \lambda_\sigma^* \). Thus, by varying the initial condition \( \lambda_\sigma^{(UV)} \), we can induce a “quantum phase transition”, i.e. a phase transition in the vacuum limit, from a symmetric phase to a phase governed by spontaneous symmetry breaking.

Following our discussion above, the appearance of a divergence for \( \lambda_\sigma^{(UV)} > \lambda_\sigma^* \) signals the onset of spontaneous symmetry breaking. The associated critical scale \( k_{\text{cr}} \) is given by

\[
k_{\text{cr}} = \Lambda \left( \frac{\lambda_\sigma^{(UV)} - \lambda_\sigma^*}{\lambda_\sigma^{(UV)} - \lambda_\sigma^*} \right)^{\frac{1}{\Theta}} \theta(\lambda_\sigma^{(UV)} - \lambda_\sigma^*). \quad (13)
\]

We emphasize that this quantity sets the scale for all low-energy quantities \( \mathcal{Q} \) with mass dimension \( d_\mathcal{Q} \) in our model, \( \mathcal{Q} \sim k_{\text{cr}}^{d_\mathcal{Q}} \).

Let us now turn to the discussion of the Fierz-complete system by studying the flow equations [8] and [9]. This set of equations has three different fixed points \( (\lambda_\sigma^*, \lambda_V^*) \).\(^4\)
The Gaussian fixed-point at (0, 0) is IR attractive whereas the two non-Gaussian fixed-points at (3\pi^2, \pi^2) and at (-32\pi^2, 16\pi^2) have both one IR attractive and one IR repulsive direction, see also Fig. 1.

In the following we shall use \( \lambda_V = \frac{\lambda_{V}}{\lambda_{\sigma}} = 0 \) as initial conditions for the couplings associated with the vector channel interaction, independent of our choice for the temperature and the chemical potential. Thus, these couplings are solely induced by quantum fluctuations and do not represent free parameters in our study. In other words, the initial value of the scalar-pseudoscalar interaction channel is the only free parameter in our analysis below. Note that this general setup for the initial conditions of the four-fermion couplings mimics the situation in many QCD low-energy model studies. However, since we do not have access to low-energy observables at this order of the derivative expansion, we shall fix the initial condition of the scalar-pseudoscalar coupling such that a given value of the critical temperature at vanishing chemical potential is reproduced. This determines the scale in our studies of the phase structure below.

For an analysis of the fixed-point structure of our model, the exact value of the initial condition of the scalar-pseudoscalar coupling is not required. Similarly to our discussion of the one-channel approximation, the qualitative features of the ground state of our model are already determined by the choice for the initial values of the various couplings relative to the fixed points. Provided that the initial value of the scalar-pseudoscalar coupling is chosen suitably, i.e. it is chosen greater than a critical value \( \lambda_{\sigma}^{(cr)} \) depending on the initial values of the vector-channel couplings, we observe that the four-fermion couplings start to increase rapidly and even diverge at a finite scale \( k_{cr} \), indicating the onset of spontaneous symmetry breaking.

In the left panel of Fig. 1, an example for an RG trajectory (pink line) at zero temperature and chemical potential is shown in the space spanned by the remaining two couplings \( \lambda_{\sigma} \) and \( \lambda_{V} \). In this case the initial condition has been chosen such that the four-fermion couplings diverge at a finite scale \( k_{cr} \). For \( k \rightarrow k_{cr} \), the trajectory approaches a separatrix (red line) in Fig. 1 defining an invariant subspace and indicates a dominance of the scalar-pseudoscalar channel, i.e. \( \lambda_{\sigma}/\lambda_{V} \approx 3 \), see also right panel of Fig. 1 where the RG scale dependence of the two

\[ \lambda = \frac{\lambda_{i}}{1/\lambda_{i}} \]

\[ k/\Lambda \]

\( \text{(S-P)} \)-coupling

\( \text{inverse (S-P)} \)-coupling

\( \text{(V)} \)-coupling

\( \text{inverse (V)} \)-coupling

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5 Fixing the critical temperature \( T_{cr} \) to some value at \( \mu = 0 \) is equivalent to fixing the zero-temperature fermion mass in the IR limit since \( T_{cr}(\mu = 0) \) is directly related to the zero-temperature fermion mass at \( \mu = 0 \), at least in a one-channel approximation.

6 Note that the function \( \lambda_{\sigma}^{(cr)} = \lambda_{V}^{(cr)}(\lambda_{\sigma}, \lambda_{V}) \) defines a two-dimensional manifold, a separatrix in the space spanned by the couplings of our model. In our one-channel approximation, loosely speaking, this separatrix is a point which can be identified with the non-Gaussian fixed-point of the associated coupling.
couplings corresponding to this RG trajectory is shown. This observation appears to be in accordance with the naive expectation that the ground state of our model is governed by spontaneous chiral symmetry breaking as associated with a dominance of the scalar-pseudoscalar interaction channel.

The dominance of the scalar-pseudoscalar channel is also observed when finite initial values of the vector-channel coupling $\lambda_V$ are chosen, provided that we use a sufficiently large initial value of the scalar-pseudoscalar coupling, see left panel of Fig. 1. However, we would like to emphasize again that this dominance should only be considered as an indicator that the ground state in the vacuum limit is governed by chiral symmetry breaking. In particular, our analysis cannot rule out, e.g., a possible formation of a vector condensate. For the moment, we shall also leave aside the issue that the Fierz-complete set of four-fermion interaction channels underlying this analysis can be transformed into an equivalent Fierz-complete set of channels with different transformation properties regarding the fundamental symmetries of our model. This further complicates the phenomenological interpretation, see our discussion of the finite-temperature phase diagram in Sec. IV.

Let us close our discussion of the dynamics of our model in the vacuum limit by commenting on the scaling behavior of the critical scale $k_{cr}$. In the one-channel approximation, we have found that the scaling of $k_{cr}$ is of the power-law type with respect to the distance of the initial value $\lambda^{(UV)}_{\sigma}$ from the fixed-point value $\lambda^*_{\sigma}$, see Eq. (13). In our Fierz-complete setup, this is not necessarily the case. In fact, even if we set the initial value $\lambda^{(UV)}_{\sigma}$ of the scalar-pseudoscalar coupling to zero, the system can still be driven to criticality. This can be achieved by a sufficiently large value of the initial condition of the vector-channel coupling, see left panel of Fig. 1. To be more specific, a variation of the vector-channel coupling $\lambda_V$ in the flow equation (8) of the scalar-pseudoscalar channel allows to shift the fixed points of the latter. In particular, a finite value of $\lambda_V$ turns the Gaussian fixed-point into an interacting fixed point, see Fig. 2. We also deduce from Eq. (8) and Fig. 2 that a critical value $\lambda^{(cr)}_{V}$ for the vector-channel coupling exists at which the two fixed points of the $\lambda_{\sigma}$ coupling merge. For $\lambda_V > \lambda^{(cr)}_{V} > 0$, the fixed points of the $\lambda_{\sigma}$ coupling then annihilate each other and the RG flow is no longer governed by any (finite) real-valued fixed point, resulting in a diverging $\lambda_{\sigma}$ coupling. Assuming that the running of the vector-channel coupling is sufficiently slow, it has been shown [6] that the dependence of $k_{cr}$ on the initial value of the vector coupling obeys a Berezinskii-Kosterlitz-Thouless (BKT) scaling law [32],

$$k_{cr} \sim A \theta(\lambda^{(UV)}_{\sigma} - \lambda^{(cr)}_{V}) \exp \left( -\frac{c_{BKT}}{\sqrt{\lambda^{(UV)}_{\sigma} - \lambda^{(cr)}_{V}}} \right),$$

(14)

rather than a power law. Here, $c_{BKT}$ is a positive constant. This so-called essential scaling plays a crucial role in gauge theories with many flavors where it is known as Miransky scaling and the role of our vector coupling is played by the gauge coupling [33]. Corrections to this type of scaling behavior arising because of the finite running of the gauge coupling have found to be of the power-law type [34] which would translate into corresponding corrections associated with the running of the vector coupling in our present study. We emphasize that the dynamics of our present model close to the critical scale is still dominated by the scalar-pseudoscalar interaction channel in this case, even though the latter has been set to zero initially, as can be seen in the flow diagram in the left panel of Fig. 1.

A detailed study of the scaling behavior and the associated universality class associated with the quantum phase transitions potentially occurring in our model in the vacuum limit is beyond the scope of the present work. From now on, we shall rather set the vector coupling to zero at the initial scale and let it only be generated dynamically, i.e. we only tune the scalar-pseudoscalar coupling to fix the scale in our calculations. Still, it is worth mentioning that the mechanism, namely the annihilation of fixed points, resulting in the exponential scaling behavior of $k_{cr}$ is quite generic. In fact, it also underlies the exponential behavior associated with the scaling of, e.g., a gap as a function of the chemical potential in case of the formation of a Bardeen-Cooper-Schrieffer (BCS) superfluid in relativistic fermion models. We shall discuss the potential occurrence of this type of scaling in more detail in the subsequent section.

IV. PHASE STRUCTURE

To illustrate the scale-fixing procedure and the computation of the phase structure at finite temperature and chemical potential, we consider first the approximation with only a scalar-pseudoscalar interaction channel again. This approximation has also been discussed in Refs. [6, 35]. The results from the Fierz-complete set of
flow equations will be discussed subsequently.

We derive the RG flow equation for the scalar-pseudoscalar coupling \( \lambda_\sigma \) from the full set of flow equations by setting \( \lambda_\sigma^\parallel = \lambda_\sigma^\perp = 0 \) and also dropping the flow equations associated with these two couplings, see App. [3] for details. Moreover, we do not take into account the renormalization of the chemical potential and set \( Z_\mu = 1 \). The RG flow equation for \( \lambda_\sigma \) then reads
\[
\beta_{\lambda_\sigma} = 2\lambda_\sigma - 16\nu_4\lambda_\sigma^2 L(\tau, \bar{\mu}_\tau),
\]
where \( \tau = T/k \) is the dimensionless temperature, \( \bar{\mu}_\tau = \mu/(2\pi T) \) and
\[
L(\tau, \bar{\mu}_\tau) = 3 \begin{pmatrix}
I_{\perp+}^{(F),(4)}(\tau, 0, -i\bar{\mu}_\tau) & I_{\perp+}^{(F),(4)}(\tau, 0, -i\bar{\mu}_\tau) \\
I_{\perp-}^{(F),(4)}(\tau, 0, -i\bar{\mu}_\tau) & I_{\perp-}^{(F),(4)}(\tau, 0, -i\bar{\mu}_\tau)
\end{pmatrix}.
\]

The auxiliary function \( L \) is simply a sum of so-called threshold functions which essentially represent 1PI diagrams describing the decoupling of massive modes and modes in a thermal and/or dense medium. The definition of these functions can be found in App. [3]. Here, we only note that \( L(0, 0) = \frac{1}{2} \). Thus, we recover the flow equation [10] in the limit \( T \to 0 \) and \( \mu \to 0 \).

The flow equation [15] for the scalar-pseudoscalar coupling can be solved analytically again. We find
\[
\lambda_\sigma(T, \mu, k) = \frac{\lambda_\sigma^{(UV)}}{(2 \pi k)^2} \left( 1 + 4 \lambda_\sigma^{(UV)} \mathcal{I}(T, \mu, k) \right),
\]
where
\[
\mathcal{I}(T, \mu, k) = \frac{1}{\Lambda^2} \int_\Lambda^{k} dk' k' \mathcal{L}(\tau', \bar{\mu}_{\tau'})
\]
with \( \tau' = T/k' \) and \( \lambda_\sigma^{(UV)} = 8\pi^2 \) is the non-Gaussian fixed-point value of the scalar-pseudoscalar coupling at zero temperature and chemical potential, see our discussion in Sec. [III]. Using \( L(0, 0) = \frac{1}{2} \) to evaluate the solution [17] at \( T = 0, \mu = 0 \), we recover Eq. [11], as it should be.

The critical temperature \( T_{\text{cr}} = T_{\text{cr}}(\mu) \) for a given chemical potential \( \mu \) is defined as the temperature at which the four-fermion coupling diverges at \( k \to 0 \):
\[
\lim_{k \to 0} \frac{1}{\lambda_\sigma(T_{\text{cr}}, \mu, k)} = 0.
\]

With this definition, we obtain the following implicit equation for the critical temperature \( T_{\text{cr}} \):
\[
0 = \left( \frac{\lambda_\sigma}{\lambda_\sigma^{(UV)}} \right) + 4 \mathcal{I}(T_{\text{cr}}, \mu, 0).
\]

Using Eq. [13], we can rewrite this equation in terms of the critical scale \( k_0 \) at \( T = \mu = 0 \):
\[
k_0 = \Lambda \left( 1 + 4 \mathcal{I}(T_{\text{cr}}, \mu, 0) \right)^{\frac{1}{2}}.
\]

From our discussion of the one-channel approximation in the vacuum limit, it follows immediately that a finite critical temperature is only found if \( \lambda_\sigma^{(UV)} > \lambda_\sigma^{(0)} \). Apparently, the critical temperature depends on our choice for \( k_0 \), i.e. on the initial condition \( \lambda_\sigma^{(UV)} \) of the scalar-pseudoscalar coupling relative to its fixed-point value. For illustration purposes and to make a phenomenological connection to QCD, we shall choose a value for the critical temperature at \( \mu = 0 \) in units of the UV cutoff \( \Lambda \) which is close to the chiral critical temperature at \( \mu = 0 \) found in conventional QCD low-energy model studies [2-5]. To be more specific, we shall fix the scale at zero chemical potential by tuning the initial condition of the scalar-pseudoscalar coupling such that \( T_0/\Lambda = T_{\text{cr}}(\mu = 0)/\Lambda = 0.15 \) and set \( \Lambda = 1 \text{ GeV} \) in the numerical evaluation:
\[
0 = \left( \frac{\lambda_\sigma}{\lambda_\sigma^{(UV)}} \right) + 4 \mathcal{I}(T_0 = 0.15\Lambda, 0, 0).
\]

From here on, we shall keep the initial condition for the four-fermion coupling fixed to the same value for all temperatures and chemical potentials and measure all physical observables in units of \( T_0 \).

To ensure comparability of our studies with different numbers of interaction channels, we employ the same scale-fixing procedure in all cases. As illustrated for the one-channel approximation, we only choose a finite value for the initial condition of the scalar-pseudoscalar coupling and fix it at zero chemical potential such that the critical temperature is given by \( T_0/\Lambda = T_{\text{cr}}(\mu = 0)/\Lambda = 0.15 \) in this limit. The other channels are only generated dynamically. The critical temperature for a given chemical potential is still defined to be the temperature at which the four-fermion couplings diverge at \( k \to 0 \). Note that the structure of the underlying set of flow equations is such that a divergence in one channel implies a divergence in all interaction channels. However, the various couplings may have a different strength relative to each other, see also Fig. [4] and our discussion in Sec. [III].

In the following we consider the one-channel approximation discussed above, a two-channel approximation,
Table I. Curvature $\kappa$ of the finite-temperature phase boundary at $\mu = 0$ as obtained from a study of a one-channel approximation, a two-channel approximation, and the Fierz-complete set of four-fermion channels. Note that the quoted two-channel approximation is Fierz-complete at $T = \mu = 0$.

| channels          | curvature $\kappa$ |
|-------------------|---------------------|
| $(S - P)$         | 0.157               |
| $(S - P)$, $(V_\perp) = (V_\parallel)$ | 0.108               |
| Fierz-complete    | 0.109               |

and the Fierz-complete system. The RG flow equations for the Fierz-complete set of couplings can be found in App. D. Our two-channel approximation is obtained from this Fierz-complete set by setting $\lambda^\parallel = \lambda^\perp$ and dropping the flow equation of the $\lambda^\parallel$-coupling. Note that this two-channel approximation is still Fierz-complete at zero temperature and chemical potential.

In Fig. 3 we show our results for the $(T, \mu)$ phase boundary associated with the spontaneous breakdown of at least one of the fundamental symmetries of our model. We observe right away that the curvature $\kappa$ of the finite-temperature phase boundary,

$$
\kappa = -T_0 \frac{d^2 T_{cr}(\mu)}{d\mu^2} \bigg|_{\mu=0},
$$

is significantly smaller in the Fierz-complete study than in the one-channel approximation. To be specific, the curvature $\kappa$ in the one-channel approximation is found to be about 44% greater than in the Fierz-complete study. Interestingly, the curvature from our two-channel approximation, which is still Fierz-complete at $T = \mu = 0$, agrees almost identically with the curvature from the Fierz-complete study, see also Tab. I.

From a comparison of the results from the one- and two-channel approximation as well as the Fierz-complete study, we also deduce that the phase boundary is pushed to larger values of the chemical potential when the number of interaction channels is increased. In particular, we observe that the critical value $\mu_{cr}$ above which the four-fermion couplings remain finite is pushed to larger values. In fact, $\mu_{cr}$ as obtained from the Fierz-complete calculation is found to be 16% greater than in the two-channel approximation and 20% greater than in the one-channel approximation. Note that $\mu_{cr}$ is an estimate for the value of the chemical potential above which no spontaneous symmetry breaking of any kind occurs.

In addition to these quantitative changes of the phase structure, we observe that the dynamics along the phase boundary changes on a qualitative level. In the one-channel approximation, the dynamics is completely dominated by the scalar-pseudoscalar channel by construction. In the two-channel approximation, we then observe a competition between the scalar-pseudoscalar channel and the vector channel. Indeed, we find that the vector channel dominates close to the phase boundary for temperatures $0.1 \lesssim T/T_0 \lesssim 0.5$, as indicated by the red dashed line in Fig. 3. In case of the Fierz-complete study, we even observe that the scalar-pseudoscalar channel is only dominant close to the phase boundary for $T/T_0 \gtrsim 0.8$. For $T/T_0 \lesssim 0.8$, we find a dominance of the $(V_\parallel)$-channel, apart from a small regime $0.02 \lesssim T/T_0 \lesssim 0.09$ where the $(V_\perp)$-channel dominates, see also Fig. 3 for an illustration how the dominance pattern of the channels along the phase boundary changes. The dominance of the $(V_\parallel)$-channel may not come unexpected as it is related to the density, $n \sim \langle \bar{\psi}i\gamma_0\psi \rangle$, which is controlled by the chemical potential.

We emphasize again that the dominance of a particular interaction channel only states that the modulus of the associated coupling is greater than the ones of the other four-fermion couplings. It does not necessarily imply that a condensate associated with the most dominant interaction channel is formed. It may therefore only be viewed as an indication for the formation of such a condensate. Moreover, it may very well be that condensates of different types coexist.

For example, note that the dominance of the scalar-pseudoscalar channel close to the phase boundary may be associated with the formation of a finite chiral condensate, $\varphi \sim \langle \bar{\psi}\psi \rangle$, which signals the spontaneous breakdown of the chiral $U_A(1)$ symmetry of our model. On the other hand, loosely speaking, a dominance of the $(V_\parallel)$-
channel may be viewed as an indicator for a “spontaneous breakdown” of Lorentz invariance in addition to the inevitable explicit breaking of this invariance introduced by the chemical potential and the temperature. A vector-type condensate \( \langle \bar{\psi} \gamma_5 \psi \rangle \) associated with a dominance of the \((V_L)\)-channel would furthermore indicate a breakdown of the invariance among the spatial coordinates. Note that the condensates \( \langle \bar{\psi} \gamma_0 \psi \rangle \) and \( \langle \bar{\psi} \gamma_5 \psi \rangle \) break neither the \( U_V(1) \) symmetry nor the chiral \( U_A(1) \) symmetry of our model.

The explicit symmetry breaking caused by a finite chemical potential also becomes apparent if we introduce an effective density field \( n \) by means of a Hubbard-Stratonovich transformation. The resulting effective action then depends on the density \( n \) in form of an explicit field. In such a functional, the chemical potential \( \mu \) appears as a term linear in the density field. The ground state can then be found by solving the quantum equation of motion in the presence of a finite source being nothing but the chemical potential, \( \langle \delta \Gamma / \delta n \rangle |_{\mu} = 0 \). A divergence of the four-fermion coupling associated with the \((V_{||})\)-channel is then related to the coefficient of the \( n^2 \)-term becoming zero or even negative. If the appearance of the divergence in the \((V_{||})\)-channel is indeed related to a “spontaneous breakdown” of Lorentz invariance, then corresponding pseudo-Goldstone bosons resembling in some aspects a (massive) photon field in temporal gauge may appear in the spectrum in this regime of the phase diagram.\(^8\) Symmetry breaking scenarios of this kind have indeed been discussed in the literature\([36–40]\). However, their analysis is beyond the scope of the present work. In any case, such a phenomenological interpretation has to be taken with some care as we shall see next.

Our choice for the Fierz-complete ansatz \([6]\) is not unique. In order to gain a deeper understanding of the dynamics of our model and how Fierz-incomplete approximations may affect the predictive power of model calculations in general, we consider a second Fierz-complete parametrization of the four-fermion interaction channels. To this end, we introduce explicit difermion channels in our ansatz for the effective action:

\[
\Gamma^{(D)}_{\text{LO}} = \int_0^\beta d\tau \int d^4 x \left\{ \bar{\psi} (Z^i \gamma_0 \partial_0 + Z^i \gamma_i \partial_i - Z_\mu \mu \gamma_0) \psi + \frac{1}{2} \lambda_{D,\sigma} \left( S - P \right) - \frac{1}{2} \lambda_{\text{DSP}} \left( SC - PC \right) - \frac{1}{2} \lambda_{DO} \left( A_{||} C \right) \right\}, \tag{24}
\]

where

\[
(\text{SC} - \text{PC}) \equiv (\psi C \psi^T) (\psi^T C \psi) - (\bar{\psi} \gamma_5 C \psi^T) (\psi^T \gamma_5 C \bar{\psi}) ,
\]

\[
(A_{||} C) \equiv (\bar{\psi} \gamma_0 \gamma_5 C \psi^T) (\psi^T C \gamma_0 \gamma_5 \psi) . \tag{25}
\]

By means of Fierz transformations (see App.\([A]\)), we can rewrite this ansatz in terms of our original set of interaction channels introduced in Eq. \([6]\):

\[
\Gamma^{(D)}_{\text{LO}} = \int_0^\beta d\tau \int d^4 x \left\{ \bar{\psi} (Z^i \gamma_0 \partial_0 + Z^i \gamma_i \partial_i - Z_\mu \mu \gamma_0) \psi + \frac{1}{2} (\lambda_{D,\sigma} + \lambda_{\text{DSP}} + \frac{1}{2} \lambda_{DO}) \left( S - P \right) - \frac{1}{2} \left( - \lambda_{\text{DSP}} + \frac{3}{2} \lambda_{DO} \right) \left( V_{||} \right) - \frac{1}{2} \left( - \lambda_{\text{DSP}} + \frac{1}{2} \lambda_{DO} \right) \left( V_L \right) \right\} , \tag{26}
\]

This allows us to identify the following relations between the various couplings:

\[
\lambda_{||} = - \lambda_{\text{DSP}} - \frac{3}{2} \lambda_{DO} , \tag{27}
\]

\[
\lambda_{L} = - \lambda_{\text{DSP}} + \frac{1}{2} \lambda_{DO} . \tag{28}
\]

By inverting these relations we eventually obtain the \( \beta \) functions of the couplings in our “difermion parametrization” of the effective action:

\[
\partial_t \lambda_{D,\sigma} = \beta_{\lambda_{D,\sigma}} + \frac{1}{2} \beta_{\lambda_{L}} + \frac{1}{2} \beta_{\lambda_{||}} , \tag{30}
\]

\[
\partial_t \lambda_{\text{DSP}} = - \frac{1}{4} \beta_{\lambda_{L}} - \frac{3}{4} \beta_{\lambda_{||}} , \tag{31}
\]

\[
\partial_t \lambda_{DO} = - \frac{1}{4} \beta_{\lambda_{L}} + \frac{1}{4} \beta_{\lambda_{||}} . \tag{32}
\]

The \( \beta \) functions on the right-hand side depend on the couplings \( \{ \lambda_{||}, \lambda_{L}, \lambda_{D,\sigma}, \lambda_{DO} \} \) and can be expressed in terms of the couplings \( \{ \lambda_{D,\sigma}, \lambda_{\text{DSP}}, \lambda_{DO} \} \) using Eqs. \([27]-[29]\). Note that, at \( T = \mu = 0 \), the flow of the \( \lambda_{\text{DSP}} \) coupling is up to a global minus sign identical to the flow of the vector coupling \( \lambda_{V} \) in the effective action \([6]\).

The \((S - P)\)-channel in our ansatz \([24]\) is again the conventional scalar-pseudoscalar channel. A dominance of this channel indicates the onset of spontaneous chiral \( U_A(1) \) symmetry breaking in our model. A dominance of the difermion channel \((SC - PC)\) is associated with the spontaneous breakdown of both the chiral \( U_A(1) \) symmetry and the \( U_V(1) \) symmetry of our model. Thus, a dominance of the \((SC - PC)\)-channel also suggests chiral symmetry breaking as measured by the conventional \((S - P)\)-channel and, loosely speaking, the information encoded in both channels is therefore not disjunct. In contrast to our previous ansatz \([6]\), however, the parametrization of the four-fermion couplings in the ansatz \([24]\) allows to probe more directly a possible spontaneous breakdown of the \( U_V(1) \) symmetry. Phenomenologically, the latter may naively be associated with the formation of a BCS-type superfluid ground state. In particular, a dominance of this channel may indicate the formation of a finite difermion condensate \( \langle \psi^T C \gamma_5 \psi \rangle \) in the scalar \( J^P = 0^+ \)
We emphasize that these considerations do not imply that the ansatz \( \{24\} \) is more general by any means. In fact, as we have shown, both ansätze are equivalent as they are related by Fierz transformations. Therefore, these considerations only make obvious that the potential formation of a \( U_V(1) \)-breaking ground state may just not be directly visible in a study with the ansatz \( \{6\} \) but may nevertheless be realized by a specific simultaneous formation of two condensates, namely a \( \langle \bar{\psi}\gamma_0\gamma_i\psi \rangle \) condensate and a \( \langle \bar{\psi}\gamma_0\gamma_5\psi \rangle \) condensate, according to Eqs. \( \{27\}-\{32\} \).

We add that a dominance of the (\( A_\lambda C \))-channel may indicate the formation of a condensate \( \langle \bar{\psi}^T C\gamma_0\gamma_5\gamma_i\psi \rangle \) with positive parity which breaks the \( U_V(1) \) symmetry of our model but leaves the chiral \( U_A(1) \) symmetry intact. However, this channel also breaks explicitly Poincaré invariance.

From our comparison of the ansätze \( \{6\} \) and \( \{24\} \), we immediately conclude that a phenomenological interpretation of the symmetry breaking patterns of our model requires great care. This is even more the case when a Fierz-incomplete set of four-fermion interactions is considered which has been extracted from a specific Fierz-complete parametrization of the interaction channels.

In Fig. 5, we show our results for the \( (T,\mu) \) phase boundary associated with the spontaneous breakdown of at least one of the fundamental symmetries of our model which are now encoded in the four-fermion interaction channels as parametrized in our ansatz \( \{24\} \) for the effective action. The one-channel approximation is the same as in the case of our ansatz \( \{6\} \) for the effective action and the results for the phase boundary (solid black line) are only shown to guide the eye. Moreover, the location of the phase boundary from the Fierz-complete study of the effective action \( \{24\} \) agrees identically with the Fierz-complete study of the effective action \( \{24\} \), as it should be. In the present case, we observe again a dominance of the \( (S-P) \)-channel close to the phase boundary for temperatures \( 1 \geq T/T_0 \geq 0.8 \) (solid blue line in Fig. 5). In the light of our results from the parametrization \( \{6\} \) of the effective action, where the \( (S-P) \)-channel has also been found to be dominant close to the phase boundary for \( 1 \geq T/T_0 \geq 0.8 \), we may now cautiously conclude from the combination of the results from the two ansätze that at least the phase boundary in the temperature regime \( 1 \geq T/T_0 \geq 0.8 \) is associated with spontaneous chiral symmetry breaking as the latter is indicated by a dominance of either the \( (S-P) \)-channel or the \( (SC-PC) \)-channel.

In line with our study based on the parametrization \( \{6\} \) of the effective action, we now also observe a dominance of a channel associated with broken Poincaré invariance at \( 0 \leq T/T_0 \leq 0.8 \) in the Fierz-complete study (dashed blue line in Fig. 5), namely a dominance of the (\( A_\lambda C \))-channel. In case of the two-channel approximation, which has been obtained by setting \( \lambda_{00} = 0 \) and dropping the corresponding flow equation, we only observe a dominance of the \( (S-P) \)-channel (solid red line) close to the phase boundary for all temperatures \( 1 \geq T/T_0 \geq 0 \).

From a comparison of the results from the one- and two-channel approximation, we also deduce that the phase boundary is again pushed to larger values of the chemical potential. However, we now observe that the phase boundary is pushed back to smaller values of the chemical potential again at low temperature when we go from the two-channel approximation to the Fierz-complete ansatz. This underscores again that a phenomenological interpretation of the phase structure and symmetry breaking patterns in Fierz-incomplete studies have to be taken with some care.

Whereas the phenomenological interpretation of the dominance of the various interaction channels in different parametrizations of the effective action may be difficult, a qualitative insight into the symmetry breaking mechanisms can be obtained from an analysis of the fixed-point structure of the four-fermion couplings. To this end, we may consider the temperature and the chemical potential as external couplings, governed by a trivial dimensional
RG running \( \partial_t (T/k) = - (T/k) \) and \( \partial_t (\mu/k) = -(\mu/k) \).

Two types of diagrams essentially contribute to the RG flow of the four-fermion couplings at finite chemical potential, see insets of Fig. 6 for diagrammatic representations and App. D for explicit expressions of the flow equations. In a partially bosonized formulation of our model, the interaction between the fermions is mediated by the exchange of bosons with fermion number \( F = 0 \) and zero chemical potential (corresponding to states with zero baryon number in QCD, such as pions) in the diagram in the inset of the left panel of Fig. 6. On the other hand, the fermion interaction is mediated by a bosonic dierfermion state with fermion number \( |F| = 2 \) and an effective chemical potential \( \mu_D = F \mu \) in the diagram in the inset of the right panel of Fig. 6.

Let us now assume that the RG flow of a given four-fermion coupling \( \lambda \) is only governed by diagrams of the type shown in the inset of the left panel of Fig. 6. The RG flow equation is then given by

\[
\partial_t \lambda = 2 \lambda - c_+ t_+^{(F)} \lambda^2,
\]

where, without loss of generality, we assume \( c_+ \) is a positive numerical constant. This flow equation has a Gaussian fixed-point and a non-Gaussian fixed-point \( \lambda^* \). Strictly speaking, the latter becomes a pseudo fixed-point in the presence of an external parameter, such as a finite temperature and/or finite chemical potential. The so-called threshold function \( t_+^{(F)} \) depends on the dimensionless temperature \( T/k \) as well as the dimensionless chemical potential \( \mu/k \) and essentially represents the loop diagram in the inset of the left panel of Fig. 6. For an explicit representation of such a threshold function, we refer the reader to App. C. Note that all threshold functions in this work come in two different variations, e.g. \( t_+^{(F)} \) and \( t_{\pm,\pm}^{(F)} \), which can be traced back to the tensor structure becoming more involved due to the explicit breaking of Poincaré invariance. Although we have taken this into account in our numerical studies, we leave this subtlety aside in our more qualitative discussion at this point.

For increasing dimensionless temperature \( T/k \) at fixed dimensionless chemical potential \( \mu/k \), we have

\[
t_+^{(F)} \to 0 \quad \text{for} \quad \frac{T}{k} \gg 1,
\]

due to the thermal screening of the fermionic modes. Moreover, we also have \( t_+^{(F)} \to 0 \) for sufficiently large values of \( \mu/k \) for a given fixed dimensionless temperature \( T/k \). This implies that the fermions become effectively weakly interacting in the dense limit. Overall, we have \( \lambda^* \to \infty \) for the non-Gaussian fixed-point for \( T/k \to \infty \) and/or \( \mu/k \to \infty \), see left panel of Fig. 6. Let us now assume that we have fixed the initial condition \( \lambda^{(UV)} \) of the four-fermion coupling such that \( \lambda^{(UV)} > \lambda^* \) at \( T = 0 \) and \( \mu = 0 \) and keep it fixed to the same value for all values of \( T \) and \( \mu \). As discussed in detail above, the four-fermion coupling at \( T = 0 \) and \( \mu = 0 \) then increases rapidly towards the IR, indicating the onset of spontaneous symmetry breaking. However, since the value of the non-Gaussian fixed-point increases with increasing \( T/k \) and/or increasing \( \mu/k \), the rapid increase of the four-fermion coupling towards the IR is effectively slowed down and may even change its direction in the space defined by the coupling \( \lambda \), the dimensionless temperature \( T/k \) and the dimensionless chemical potential \( \mu/k \). This behavior of the (pseudo) non-Gaussian fixed-point suggests that, for a fixed initial value \( \lambda^{(UV)} > \lambda^* \), a critical temperature \( T_{\text{cr}} \) as well as a critical chemical potential \( \mu_{\text{cr}} \) exist above which the four-fermion coupling does not diverge but approaches zero in the IR and therefore the symmetry associated with the coupling \( \lambda \) is restored. At least at high temperature, such a behavior is indeed expected since the fermions become effectively “stiff” degrees of freedom due to their thermal Matsubara mass \( \sim T \). This is the type of symmetry restoration mechanism which dominantly determines the phase structure of our model at finite temperature and chemical potential, as indicated in Figs. 3 and 5 by the finite extent of the regime associated with spontaneous symmetry breaking in both \( T \)- and \( \mu \)-direction. We may even cautiously deduce from this observation that the
dynamics close to and below the phase boundary at low temperature is governed by the formation of a condensate with fermion number $F = 0$ as the general structure of the phase diagram appears to be dominated by diagrams of the type shown in the inset of the left panel of Fig. 6.

A dominance of the RG flow by diagrams of the type shown in the inset of the right panel of Fig. 6 would suggest the formation of a condensate with fermion number $|F| = 2$, i.e. a difermion-type condensate. In this case, we would indeed expect a different phase structure, at least at (very) low temperature and large chemical potential. To illustrate this, let us now assume that the RG flow of a given four-fermion coupling $\lambda$ is only governed by diagrams of the form shown in the inset of the right panel of Fig. 6.

$$\partial_\lambda \lambda = 2\lambda - c_\pm l_\pm^{(F)} \lambda^2,$$  \hspace{1cm} (35)

where, again without loss of generality, we assume $c_\pm$ to be positive numerical constant. This flow equation has a Gaußian fixed-point and a non-Gaußian fixed-point $\lambda^*$. The so-called threshold function $l_\pm^{(F)}$ depends on the (dimensionless) temperature $T/k$ and the dimensionless chemical potential $\mu/k$ and represents the associated loop integral. Explicit representations of this type of threshold function can be found in App. C. For increasing $T/k$ at fixed $\mu/k$, we find again

$$l_\pm^{(F)} \to 0 \quad \text{for} \quad \frac{T}{k} \gg 1,$$  \hspace{1cm} (36)

due to the thermal screening of the fermionic modes. However, we have

$$l_\pm^{(F)} \sim \left(\frac{\mu}{k}\right)^2 \quad \text{for} \quad \frac{\mu}{k} \gg 1$$  \hspace{1cm} (37)

at $T = 0$. For finite fixed $T/k$, we then observe that $l_\pm^{(F)}$ increases as a function of $\mu/k$ until it reaches a maximum and then tends to zero for $\mu/k \to \infty$. The position of the maximum is shifted to smaller values of $\mu/k$ for increasing $T/k$.

Let us now focus on the strict zero-temperature limit. In this case, the value of the non-Gaußian fixed-point is decreased for increasing $\mu/k$ and eventually merges with the Gaußian fixed-point. This implies immediately that the four-fermion coupling always increases rapidly towards the IR for $\mu > 0$, indicating the onset of spontaneous symmetry breaking, provided that the initial condition $\lambda^{(UV)}$ has been chosen positive, $\lambda^{(UV)} > 0$.\footnote{For $c_\pm < 0$, $\lambda^{(UV)}$ has to be chosen negative in order to trigger spontaneous symmetry breaking in the long-range limit.} Thus, the actual choice for $\lambda^{(UV)}$ relative to the value of the non-Gaußian fixed-point plays a less prominent role in this case, at least on a qualitative level. In other words, an infinitesimally small positive coupling triggers the formation of a condensate with fermion number $|F| = 2$. This is nothing but the Cooper instability in the presence of an arbitrarily weak attraction\footnotemark[1] which destabilizes the Fermi sphere and results in the formation of a Cooper pair condensate\footnote{Here, we have assumed that the RG flow equation (35) has been initialized in the IR regime at $k = \Lambda_0 < \Lambda$, with an initial value $\lambda_0 > 0$, such that $l_\pm^{(F)}$ can be approximated by $l_\pm^{(F)} = c_\pm (\mu/k)^2$ with $c_\pm > 0$. Moreover, we have introduced the numerical constant $c_{BCS} = 1/(c_+ c_-) > 0$. The value $\lambda_0$ of the four-fermion coupling can be directly related to the UV coupling $\lambda^{(UV)}$. Recall that the dependence of $\lambda_\gamma$ on the chemical potential is then handed down to physical observables in the infrared limit, leading to the typical exponential scaling behavior $[10]$.}

The observed exponential-type scaling behavior of the scale $\kappa_{\gamma\gamma}$ appears to be generic in cases where two fixed points merge, see, e.g., our discussion of essential scaling (BKT-type scaling) in Sec. III which plays a crucial role in gauge theories with many flavors $[33, 34]$. At finite temperature and chemical potential, the shift of the non-Gaußian fixed-point towards the Gaußian fixed-point is slowed down and eventually inverted such that the value of the non-Gaußian fixed-point eventually increases with increasing $T/k$. This suggests again that a critical temperature exists above which the symmetry associated with the coupling $\lambda$ is restored.

If the ground state of our model at large chemical potential was governed by the Cooper instability as associated with the exponential scaling behavior (38) of the scale $\kappa_{\gamma\gamma}$, then the phase boundary would extend to arbitrarily large values of the chemical potential, at least in the strict zero-temperature limit. However, this is not observed in the numerical solution of the full set of RG flow equations, see Figs. 3 and 5. Of course, this does not imply that difermion-type phases are not favored at all in this model (e.g. a phase with a chirally invariant $U(1)$-breaking $(\psi^T C\gamma_0\gamma_5\psi)$-condensate) since the phase structure also depends on our choice for the initial conditions of the four-fermion couplings. The formation of such phases may therefore be realized by a suitable tuning of the initial conditions. Still, the vacuum phase structure of our model suggests that the general features of the phase diagrams presented in Figs. 3 and 5 persist over

$$k_{\gamma\gamma} = \Lambda_0 \theta(\lambda_0) \exp\left(-\frac{c_{BCS}}{\mu^2 \lambda_0}\right).$$  \hspace{1cm} (38)
a significant range of initial values for the couplings \( \lambda_\tau \) and \( \lambda_V \), see Fig. 1.

V. CONCLUSIONS

In this work we have analyzed the phase structure of a one-flavor NJL model at finite temperature and chemical potential. With the aid of RG flow equations, we aimed at an understanding on how Fierz-incomplete approximations affect the predictive power of general NJL-type models, which are also frequently employed to study the phase structure of QCD. To this end, we have considered the RG flow of four-fermion couplings at leading order of the derivative expansion. This approximation already includes corrections beyond the mean-field approximation which is inevitable to preserve the invariance of the results under Fierz transformations.

We have found that Fierz-incompleteness affects strongly key quantities, such as the curvature of the phase boundary at small chemical potential. Indeed, the curvature obtained in a calculation including only the conventional scalar-pseudoscalar channel has been found to be about 44% greater than in the Fierz-complete study. With respect to the critical value \( \mu_{cr} \) of the chemical potential above which no spontaneous symmetry breaking occurs, we have found that \( \mu_{cr} \) in the Fierz-complete study is about 20% greater than in the conventional one-channel approximation. Moreover, we have observed that the position of the phase boundary depends strongly on the number of four-fermion channels included in Fierz-incomplete studies. In general, Fierz-incomplete calculations may either overestimate or underestimate the size of the regime governed by spontaneous symmetry breaking in the \((T, \mu)\) plane. The actual approach to the result from the Fierz-complete study depends strongly on the type of the channels included in such studies. In fact, our analysis suggests that the use of Fierz-incomplete approximations may even lead to the prediction of spurious phases, in particular at large chemical potential.

With respect to a determination of the properties of the actual ground state in the phase governed by spontaneous symmetry breaking, our present study based on the analysis of RG flow equations at leading order of the derivative expansion is limited. In order to gain at least some insight into this question, we have analyzed which four-fermion channel dominates the dynamics of the system close to the phase boundary. A dominance of a given channel may then indicate the formation of a corresponding condensate. As we have discussed, however, this criterion has to be taken with some care, in particular when only one specific parametrization of the four-fermion channels is considered. This also holds for Fierz-complete studies. In this work, we have used two different Fierz-complete parametrizations and found that, over a wide range of the chemical potential, the dynamics close to the phase boundary is dominated by the conventional scalar-pseudoscalar channel associated with chiral symmetry breaking. At large chemical potential, the dynamics close to the phase boundary then appears in both cases to be dominated by channels which break explicitly Poincaré invariance.

As a second criterion for the determination of at least some properties of the ground state of the regime governed by spontaneous symmetry breaking, we have analyzed on general grounds the scaling behavior of the loop diagrams contributing to the RG flow of the four-fermion couplings. The scaling of these diagrams as a function of the dimensionless temperature and chemical potential determines the fixed-point structure of the theory at finite temperature and chemical potential. Our fixed-point analysis suggests that the dynamics close to and below the phase boundary is governed by the formation of a condensate with fermion number \( F = 0 \). In contrast to QCD (see, e.g., Refs. [3, 10–12] for reviews), the formation of difermion-type condensates with fermion number \(|F| = 2\) does not appear to be favored, at least at large chemical potential for the initial conditions of the RG flow equations employed in our present study.

Of course, at the present order of the derivative expansion, the employed criteria can only serve as indicators for the actual properties of the ground state in regimes governed by spontaneous symmetry breaking. In order to determine the ground-state properties of a system unambiguously, a calculation of the full order-parameter potential is eventually required. Still, we expect that our present analysis may already turn out to be useful to guide future NJL-type model studies.

Acknowledgments.—The authors would like to thank H. Gies, J. M. Pawlowski, and D. Roscher for useful discussions and comments on the manuscript. In addition, the authors are grateful to M. Q. Huber and F. Karbstein for correspondence and, as members of the fQCD collaboration [44], the authors also would like to thank the other members of this collaboration for discussions. J.B. acknowledges support by HIC for FAIR within the LOEWE program of the State of Hesse. This work is supported by the DFG through grant SFB 1245.

Appendix A: Fierz Identities

We have used the following Fierz identities to derive Eq. 6 from Eq. 4:

\[
(A_\parallel) = \frac{1}{2} (S - P) - \frac{1}{2} (V_\parallel) + \frac{1}{2} (V_\perp), \quad (A1)
\]

\[
(A_\perp) = \frac{3}{2} (S - P) + \frac{3}{2} (V_\parallel) + \frac{1}{2} (V_\perp), \quad (A2)
\]

\[
(T_\parallel) = 3 (V_\parallel) - (V_\perp). \quad (A3)
\]
The Fierz transformations from the fermion-antifermion channels to the dierham-type channels are given by

\[
(SC - PC) = -(S - P) - (V_\|) - (V_{\perp}) , \tag{A4}
\]

\[
(A_\parallel C) = -\frac{1}{2} (S - P) - \frac{3}{2} (V_\|) + \frac{1}{2} (V_{\perp}) , \tag{A5}
\]

\[
(A_\perp C) = -\frac{3}{2} (S - P) + \frac{3}{2} (V_\|) - \frac{1}{2} (V_{\perp}) , \tag{A6}
\]

where

\[
(SC - PC) = (\bar{\psi}C\psi^T)(\psi^T C\psi) - (\bar{\psi}\gamma_5 C\psi^T)(\psi^T C\gamma_5 \psi) , \tag{A7}
\]

\[
(A_\parallel C) = (\bar{\psi}\gamma_0 \gamma_5 C\psi^T)(\psi^T C\gamma_0 \gamma_5 \psi) , \tag{A8}
\]

\[
(A_\perp C) = (\bar{\psi}\gamma_0 \gamma_5 C\psi^T)(\psi^T C\gamma_0 \gamma_5 \psi) , \tag{A9}
\]

with \(C = i\gamma_2\gamma_0\) being the charge conjugation operator.

### Appendix B: RG Formalism

For our computation of the RG flow equations of the various couplings and renormalization factors, we have employed the Wetterich equation \cite{29} which is an RG equation for the (scale-dependent) quantum effective action \(\Gamma_k\):

\[
\partial_t \Gamma_k[\Phi] = -\frac{1}{2} \text{Tr} \left\{ [\Gamma_k^{(1,1)}[\Phi] + R_k^\psi]^{-1} \cdot (\partial_t R_k^\psi) \right\} . \tag{B1}
\]

Here, \(\Gamma_k^{(1,1)}\) denotes the second functional derivative of the (scale-dependent) quantum effective action \(\Gamma_k\) with respect to the fermion fields summarized in the “super” vector \(\Phi^T(q) = (\psi^T(q), \psi(-q))\).

1. Regulator Function and Fermi Surface

The explicit calculation of RG flow equations requires the specification of the regulator function \(R_k^\psi\) which encodes the regularization scheme. In this work, we have employed a four-dimensional Fermi-surface-adapted regulator, specifically tailored for a study of four-fermion interactions. For our construction of this regulator taking into account the presence of the Fermi surface, we start with an analysis of the spectrum of the fermionic kinetic term in the action (including the chemical potential \(\mu\)):

\[
\hat{T} = -(\hat{p} + i\gamma_0 \mu) . \tag{B2}
\]

This operator has four eigenvalues. The eigenvalues are partially degenerate. In fact, there are only two distinct pairs of eigenvalues:

\[
\epsilon_{1,2} = \pm \sqrt{(p_0 + i\mu)^2 + \vec{p}^2} . \tag{B3}
\]

For \(p_0 = 0\), we note that the eigenvalues assume the following form:

\[
\epsilon_{1,2}|_{p_0=0} = \pm \sqrt{\vec{p}^2 - \mu^2} . \tag{B4}
\]

Thus, for \(p_0 = 0\), the eigenvalues tend to zero for momenta close to the Fermi momentum \(\mu\). Moreover, we note that the eigenvalues are in general complex-valued quantities at finite \(\mu\).

We now construct a regulator function which also takes into account the presence of a potential zero mode at the Fermi surface (i.e. \(p_0 = 0\)), see Eq. [24]. To this end, we first note that the fermion propagator appearing in the loop integrals can be written in terms of the eigenvalues \(\epsilon_{1,2}\):

\[
\frac{1}{\hat{p} + i\gamma_0 \mu} = \frac{\hat{p} + i\gamma_0 \mu}{\epsilon_{1,2}^2} = \frac{(\hat{p} + i\gamma_0 \mu)((p_0 - i\mu)^2 + \vec{p}^2)}{\omega_{1,2}^2} , \tag{B5}
\]

where

\[
\omega_{1,2}^2 \equiv \omega_{1,2}(p_0, \vec{p}) = p_0^2 + (|\vec{p}| \pm \mu)^2 . \tag{B6}
\]

Here, \(\omega_{1,2}\) is related to the quasiparticle dispersion relation associated with ungapped massless fermions. For example, \(\omega_{1,2}(0, \vec{p})\) may be viewed as the energy required to create a particle with momentum \(\vec{p}\) above the Fermi surface. Correspondingly, \(\omega_{1,2}(0, \vec{p})\) is associated with the energy to create an antiparticle. Note that, for \(\mu = 0\), \(\omega_{1,2}^2\) reduces to

\[
\omega_{1,2}^2|_{\mu=0} = p_0^2 + \vec{p}^2 . \tag{B7}
\]

For \(p_0 \to 0\), we have

\[
\frac{1}{\epsilon_{1,2}^2} \bigg|_{p_0 \to 0} \sim \frac{1}{\vec{p}^2 - \mu^2} . \tag{B8}
\]

For our evaluation of the path integral with the aid of the Wetterich equation, we now construct a regularized kinetic term:

\[
\hat{T}_{\text{kin}} = -\hat{p} + i\gamma_0 \mu (1 + r_\psi) . \tag{B9}
\]

Here, \(r_\psi\) is a so-called regulator shape function and

\[
R_k^\psi = -(\hat{p} + i\gamma_0 \mu) r_\psi \tag{B10}
\]

is the associated regulator function.

The regulator function is to a large extent at our disposal and only requires to fulfill a few constraints \cite{29}, see also below. Assuming that \(r_\psi\) is a real-valued dimensionless function depending on \(p_0, \vec{p}, \mu\), and the RG scale \(k\), the regularized eigenvalues are given by

\[
\epsilon_{1,2}^\text{reg} = \pm \sqrt{(p_0 + i\mu)^2 + \vec{p}^2} (1 + r_\psi) . \tag{B11}
\]

To regularize the finite-\(\mu\) zero modes appearing at any finite \(k\), see Eq. [34], we require that

\[
r_\psi \bigg|_{p_0 = 0, |\vec{p}| \ll |\mu|} \sim \frac{1}{\sqrt{|\vec{p}^2 - \mu^2|}} . \tag{B12}
\]

Moreover, we require that

\[
r_\psi \bigg|_{\mu = 0, |\vec{p}| \to 0} \sim \frac{1}{\sqrt{p_0^2 + \vec{p}^2}} . \tag{B13}
\]
which ensures that the regulator function reduces to the conventionally employed covariant chirally symmetric regulator functions in the limit $\mu \to 0$. A specific choice for the shape function, which fulfills these conditions and has been employed in the present work, is given by

$$r_\psi = \frac{1}{\sqrt{1 - e^{-\omega/k^2}}} - 1, \quad (B14)$$

where $\omega_\pm = \omega \pm k^2$. We add that other shape functions, such as so-called Litim-type regulator functions [45–47], can in principle be adapted accordingly by replacing $p^2$ with $\omega_+ \omega_-$. In any case, with a regulator function fulfilling the constraints (B12) and (B13), the eigenvalues of the kinetic term are finite at any finite value of $k$.

Phenomenologically speaking, the so-defined class of shape functions also ensures that the momentum modes are integrated out around the Fermi surface, similarly to regulator functions employed in RG studies of ultracold Fermi gases [48] with spin- and mass-imbalance [49, 50]. This implies that modes with momenta $|\vec{p}| \approx \mu$ are only taken into account in the limit $k \to 0$ where the regulator vanishes, $R_\psi^0 \to 0$. Thus, our regulator function screens modes with momenta close to the Fermi surface $\mu$ but leaves modes with (spatial) momenta farther away from the Fermi surface unchanged. We note that this class of shape functions also fulfills the standard requirements [29]:

(i) It remains finite in the limit of vanishing four-momenta.

(ii) It diverges suitably for $k \to \infty$ to ensure that the quantum effective action approaches the classical action.

(iii) It vanishes in the limit $k \to 0$.

In addition, our Fermi-surface-adapted class of regulator functions fulfills a set of “weak”/“convenience” requirements:

(iv) It does not violate the chiral symmetry of the kinetic term in the fermionic action.

(v) It does not introduce an artificial breaking of Poincaré invariance and, in particular, it preserves Poincaré invariance in the limit $T \to 0$ and $\mu \to 0$.

(vi) It respects the invariance of relativistic theories under the transformation $\mu \to -\mu$.

(vii) It ensures that the regularization of the loop diagrams is local in terms of temporal and spatial momenta at any finite value of the RG scale $k$.

The requirement (vii) essentially corresponds to the fact that the regulator function defines the details of the Wilsonian momentum-shell integrations. Alternatively, one may have considered to use regulator functions which only act on the spatial momenta of the fermions [51, 54]. However, this class of regulator functions introduces an artificial explicit breaking of Poincaré invariance in the RG flow even at zero temperature and chemical potential, i.e. in the Poincaré-invariant limit, and therefore violates the requirement (v) above. The artificial explicit breaking of Poincaré invariance appears to be particularly severe as we shall discuss in Sec. 3.3 below. Moreover, this class of regulator functions lacks locality in the direction of temporal momenta and therefore violates the requirement (vii), i.e. all temporal momenta are taken into account at any RG scale $\mu$ whereas spatial momenta are restricted to (small) momentum shells around the scale $k \approx |\vec{p}|$. Fluctuation effects are therefore washed out and the construction of meaningful expansion schemes of the effective action is complicated within such a regularization scheme.

2. Silver-Blaze Property and Derivative Expansion

At finite chemical potential, regularization prescriptions face an additional complication, namely the so-called Silver-Blaze “problem” [14]. This refers to the fact that the free energy of, e.g., a fermionic system does not exhibit a dependence on the chemical potential at zero temperature, i.e. it remains as that of the vacuum, provided that the chemical potential is less than some critical value. The latter is determined by the (pole) mass of the lightest particle carrying a finite charge associated with the chemical potential. This also so-called Silver-Blaze property of the free energy carries over to the correlation functions (see, e.g., Ref. 55) and should in principle also be preserved by the regulator functions employed in RG studies [56, 57]. Phenomenologically speaking, this property simply states that the fermion density (corresponding to the difference in the numbers of fermions and antifermions) remains zero at zero temperature while the chemical potential is less than the fermion (pole) mass. Mathematically speaking, the Silver-Blaze property is a consequence of the fact that fermionic theories are invariant under the following transformation:

$$\psi \mapsto \psi e^{-i\alpha \tau}, \quad \bar{\psi} \mapsto \bar{\psi} e^{i\alpha \tau}, \quad \mu \mapsto \mu + i\alpha, \quad (B15)$$

where $\alpha$ parametrizes the transformation and $\tau$ is the imaginary time. Setting $\alpha = q_0$, Eq. (B15) immediately implies the following invariance of the partition sum $Z$:

$$Z|_{\mu \to \mu + iq_0} = Z. \quad (B16)$$

---

12 In case of scale-dependent renormalization factors $Z_{\parallel}$, $Z_{\perp}$, and $Z_\rho$, the following replacements in the definition of the regulator function $R_\psi^0$ (including the shape function $r_\psi$) may be required: $p_0 \to Z_{\parallel} p_0$, $p_i \to Z_{\perp} p_i$, and $\mu \to Z_\rho \mu$.

13 Here, we effectively treat the chemical potential as an external constant background field.
Thus, the partition sum is invariant under a shift of the chemical potential $\mu$ along the imaginary axis. Assuming that $Z$ is analytic, it follows that $Z$ does not depend on $\mu$ at all. In particular, we deduce from an analytic continuation of Eq. \[B16\] from $q_0$ to $i q_0$ that $Z$ does not depend on the actual value of the real-valued chemical potential $\mu$.

For the effective action $\Gamma$, it follows in the same way from Eq. \[B15\] that

$$
\Gamma[\bar{\psi} e^{-i p_0 \tau}, \psi e^{i p_0 \tau}]_{\mu \rightarrow \mu + i q_0} = \Gamma[\bar{\psi}, \psi], \quad \text{(B17)}
$$

and similarly for higher $n$-point functions as the latter are obtained from $\Gamma$ by taking functional derivatives with respect to the fields and setting them to zero subsequently.

On the level of correlation functions, we recall that, for example, the two-point function has a pole at $p_0^2 = -m_i^2$ at $\vec{p} = 0$, where $m_i$ is the (pole) mass of the fermion. Thus, an analytic continuation of the two-point function in the complex $p_0$-plane is restricted to the domain $|p_0| \leq m_i$, as the pole mass is the singularity closest to the origin of the complex $p_0$-plane. From Eq. \[B17\], on the other hand, we find the following relation for the two-point function:

$$
\Gamma^{(1,1)}(p_0 - q_0, \vec{p}; p_0' - q_0, \vec{p}') \bigg|_{\mu \rightarrow \mu + i q_0} = \Gamma^{(1,1)}(p_0, \vec{p}; p_0', \vec{p}'), \quad \text{(B18)}
$$

where the four-momenta $(p_0^{(i)}, \vec{p}^{(i)})$ are associated with the ingoing and outgoing fermion lines, respectively. Note that $\Gamma^{(1,1)}$ is diagonal in momentum space, i.e.

$$
\Gamma^{(1,1)}(p_0, \vec{p}; p_0', \vec{p}') = \hat{\Gamma}^{(1,1)}(p_0, \vec{p}) (2\pi) \delta(p_0 - p_0') (2\pi)^3 \delta^3(\vec{p} - \vec{p}'), \quad \text{(B19)}
$$

For $q_0 = i \mu$, Eq. \[B18\] implies

$$
\left( \lim_{\mu \rightarrow 0} \Gamma^{(1,1)}(p_0, \vec{p}; p_0', \vec{p}'), \bigg|_{p_0^{(i)} \rightarrow (p_0^{(i)} - i \mu)} \right) = \Gamma^{(1,1)}(p_0, \vec{p}; p_0', \vec{p}'), \quad \text{(B20)}
$$

for $\mu < m_i$. The latter constraint follows from the definition of the pole mass: $\Gamma^{(1,1)} = 0$ for $(p_0 - i \mu)^2 = -m_i^2$, i.e. $p_0 = i (\mu \pm m_i)$, and $\vec{p} = 0$. Note that $m_i$ refers to the pole mass at $\mu = 0$. This line of argument can be generalized straightforwardly to higher $n$-point functions.

Overall, it follows that, at zero temperature and $\mu < m_i$, the free energy of the system does not exhibit a dependence on $\mu$, as stated above. The $\mu$-dependence of the correlation functions is trivially obtained by replacing the zeroth components of the four-momenta in the vacuum correlation functions with suitably $\mu$-shifted zeroth components, see, e.g., Eq. \[B20\]. This then implies that these functions also do not exhibit a dependence on $\mu$ due to the analytic properties of these functions for $\mu < m_i$. An immediate consequence is that the renormalization of the fermion mass and the chemical potential are directly related at $T = 0$ and $\mu < m_i$, see our discussion in Sec. \[T]\.

In any case, these statements cannot be generalized to the finite-temperature case as the zeroth component of the Euclidean four-momentum becomes discrete due to the compactification of the Euclidean time direction and the analytic continuation entering the above line of arguments cannot be defined uniquely.

In this work, we use an RG approach to compute correlation functions. The details of the Wilsonian momentum-shell integrations are determined by our choice for the infrared regulator $R^\omega_\tau$, see Eq. \[E1\]. The regulator induces a gap $\sim k$ for the two-point function and renders the correlation functions $k$-dependent. Provided that $\mu < m_{\text{gap}}(k)$, the $\mu$-dependence of the correlation functions at $T = 0$ is now trivially obtained by replacing $p_0$ with $(p_0 - i \mu)$ in the vacuum correlation functions. Here, $m_{\text{gap}}$ denotes the $k$-dependent gap determined by the distance of the singularity closest to the origin in the complex $p_0$-plane at $T = 0$. For example, we have $m_{\text{gap}} \sim k$ for massless fermions. For fermions with (pole) mass $m_i$, on the other hand, we have $m_{\text{gap}} \rightarrow m_i$ for $k \rightarrow 0$ and $m_{\text{gap}} \sim k$ for $k \gg m_i$. It follows that the RG flows of correlation functions for a given $\mu < m_{\text{gap}}(k)$ at $T = 0$ are identical to their vacuum flows.

Our conclusions following from the invariance of the theory under the transformation \[B15\] are exact statements, provided this invariance is not violated by the regularization scheme and the expansion/approximation scheme.

With respect to, e.g., the derivative expansion of the effective action, an expansion of the correlation functions about the point $(p_0 - i \mu, \vec{p}) = (0, 0)$ rather than $(p_0, \vec{p}) = (0, 0)$ is required to preserve exactly the Silver Blaze property \[50\]. This follows immediately from the fact that the correlation functions do not have an explicit $\mu$-dependence but depend only on the chemical potential via a $\mu$-shift of the zeroth component of the four momenta, see, e.g., Eq. \[B20\]. If the derivative expansion is nevertheless anchored at the point $(p_0, \vec{p}) = (0, 0)$, an explicit breaking of the invariance under the transformation \[B15\] is introduced which, however, has been found to be mild in RG studies of QCD low-energy models with conventional spatial regulator functions \[56\]. Note that the choice of the expansion point may be more delicate when conventional spatial regulator functions without an adaption due to the presence of a Fermi surface are employed, see, e.g., Refs. \[51\] for a definition of this class of regularization schemes. This class of regulators lacks locality in the direction of the zeroth component of the four-momentum, i.e. the corresponding regulator functions are “flat” in this direction and therefore all time-like momentum modes effectively contribute to the RG flow at any value of $k$. In fact, in our present analysis, we even observe that the choice of the expansion point $(p_0, \vec{p}) = (0, 0)$ leads to ill-defined RG flows because of the analytic properties of the threshold functions $\sigma_{\parallel \pm}^{(F)}$ and $l_{\perp \pm}^{(F)}$ at $T = 0$ and $\mu > 0$, see App. \[C2\] and the right panel of Fig. \[G\] for the Feynman diagram associated with these functions. The use of a suitably chosen
expansion point, i.e., a point respecting the Silver-Blaze property, cures this problem [59].

Although a suitably chosen expansion point respecting the Silver-Blaze property may cure such pathologies in cases of spatial regulator functions, we should keep in mind a subtlety coming along with the choice of a particular expansion point. Usually, we are interested in choosing a point for the expansion which is suitable to study a particular physical effect. This point may indeed be in conflict with the above considerations regarding the Silver-Blaze property. To be specific, we may only be interested in an evaluation of the fully momentum-dependent correlation functions for a specific configuration of the external momenta. For an estimate of the phase structure of a given theory, for example, the limit of vanishing external momenta may be considered for the two-point function in order to project on screening masses. This evaluation point may then serve as the anchor point for a derivative expansion but violates the Silver-Blaze property as discussed above. On the other hand, the choice of an expansion point respecting the Silver-Blaze property may require to include high orders in the derivative expansion in order to be able to reach reliably the actual point of physical interest, which, as an expansion point, may violate the Silver-Blaze property. This is indeed the situation in many studies and it is also the case in our present work as we are interested in the evaluation of the four-fermion correlation functions in a specific limit in order to estimate the phase structure. To be concise, we choose the limit of vanishing external momenta as the expansion point. If we had chosen an expansion point respecting the Silver-Blaze property, then we would have not been able to reach reliably our actual point of interest at leading order of the derivative expansion. A detailed discussion of this issue is deferred to future work [59].

In cases where the full momentum dependence of the correlation functions is resolved, the only source of an explicit breaking of the Silver-Blaze property is the regularization scheme. With respect to the regularization scheme in RG studies, in addition to the requirements (i)-(vii) listed above, the eigenvalues of the (matrix-valued) regulator function $R_k^z$ are required to be only functions of the spatial momenta $\vec{p}$ and the complex variable $z = p_0 - i\mu$. $R_k^z = R_k^z(z, \vec{p})$ in order to preserve the invariance of the theory under the transformation (B14). This requirement is fulfilled by spatial regularization schemes (such as the class of regulator functions defined in Refs. [51–54]) as these schemes simply do not depend on $z$ at all. However, our present class of four-dimensional/covariant Fermi-surface-adapted regulator functions fulfilling the requirements (i)-(vii) listed in Sec. B2 breaks explicitly the symmetry associated with the transformation (B15) as it depends on $\omega_+ = (p_0 - i\mu)^2 + \vec{p}^2$.

Our discussion with respect to the derivative expansion and the regularization schemes calls for an analysis of the strength of the explicit breaking of the Silver-Blaze property in our present study. To this end, we consider the RG flow of the scalar-pseudoscalar coupling $\lambda_\sigma$ in a simple one-channel approximation and compute the dependence of the scale $k_{cr}$ on the chemical potential $\mu$ using the covariant regulator function defined by Eq. (B14) and the spatial regularization scheme defined in Refs. [51–54]. Recall that the scale $k_{cr}$ is defined as the scale at which the four-fermion coupling $\lambda_\sigma$ diverges. The scale dependence of the $\lambda_\sigma$-coupling is governed by the following flow equation:

$$
\partial_t \lambda_\sigma = 2\lambda_\sigma - 48v_4(l_{||}^{(F)}(\tau, 0, -i\mu_\tau) + l_{\perp \pm}^{(F)}(\tau, 0, -i\mu_\tau)\lambda_\sigma^2),
$$

where $\tau = T/k_0$ and $\mu_\tau = \mu/(2\pi T)$. The definition of the threshold functions $l_{||}^{(F)}$ and $l_{\perp \pm}^{(F)}$ for the two regularization schemes can be found in App. C. Compared to the flow equation (15), we do not include the threshold functions $l_{||}^{(F)}$ and $l_{\perp \pm}^{(F)}$ associated with the loop diagram depicted in the inset of the right panel of Fig. 6 in this analysis since, for the spatial regularization scheme, these threshold functions lead to "spurious" divergences in the integration of the RG flow equations at $T = 0$ due to a second-order pole at $k = \mu$. We refer to App. C for explicit representations of these functions. This behavior is associated with the presence of a zero mode in the two-point function at $k = \mu$, see Eq. (B4). Note that, for any even infinitesimally small finite temperature, these functions are well-behaved, i.e., no "spurious" divergences in the integration of the RG flow equations appear. Still, the contributions from these threshold functions become arbitrarily large at $\mu > 0$ for decreasing temperature and therefore dominate artificially the RG flow of the couplings at finite chemical potential and low temperature. Note that this is not the case for our covariant regulator function, which is well-defined for $T = 0$ and $T > 0$, as it is constructed such that the zero mode at $k = \mu$ is regularized.
Since \( k_{cr}(\mu) \) sets the scale for all low-energy observables including the fermion mass \( m_\ell \sim k_{cr} \) (see our discussion in Sec. [11]), \( k_{cr}(\mu) \) should be independent of \( \mu \) for \( \mu < m_\ell \) at zero temperature because of the Silver-Blaze property. Unfortunately, we do not have direct access to the fermion mass \( m_\ell \) in our present study. However, at least at zero temperature and chemical potential, the RG flow equation \((B21)\) for the \( \lambda_\sigma \) in the one-channel approximation can be mapped onto a corresponding mean-field equation for the fermion mass, see, e.g., Ref. [6]. This provides us at least with an estimate for the vacuum fermion mass \( m_\ell \) in our studies. Specifically, we find \( m_\ell/k_0 \approx 0.53 \) for the covariant regulator function and \( m_\ell/k_0 \approx 0.44 \) for the spatial regulator. Note that \( k_0 \) has been fixed to the same value in both calculations. In Fig. [7] we show \( k_{cr} \) as a function of \( \mu \) at zero temperature for the covariant regulator function defined in Eq. \((B1)\) and the spatial regularization scheme defined in Refs. [51–54]. In order to ensure comparability, we have fixed the initial condition of the flow equation \((B21)\) such that the symmetry breaking scale \( k_0 = k_{cr}(\mu = 0) \) assumes the same value in both cases. In accordance with our discussion, we observe that \( k_{cr} \) does not depend on \( \mu \) for \( \mu < k_0 \), where \( k_0 \) plays the role of the zero-temperature fermion mass. Thus, this class of spatial regularization schemes in general respects the symmetry \((B13)\) at zero temperature, as already mentioned above. For our covariant regulator function, we observe that \( k_{cr} \) exhibits a weak dependence on \( \mu \) for \( \mu < m_\ell \). This dependence becomes stronger for increasing \( \mu \). For \( \mu/k_0 \rightarrow 1 \), \( k_{cr} \) then does not terminate but tends to zero continuously at \( \mu/k_0 \approx 1.1 \). In any case, we find in both cases that the critical scale \( k_{cr} \) is only finite for chemical potentials below some critical value \( \mu_{cr}/k_0 \sim O(1) \).

We emphasize that the artificial regulator-induced dependence on the chemical potential illustrated in Fig. [7] is an immediate consequence of the fact that our covariant regulator function violates the Silver-Blaze property. This violation becomes evident by the fact that the four-fermion couplings depend on the chemical potential \( \mu \) at \( T = 0 \) for any value of \( k \). For \( k > \mu \), for example, we indeed deduce from Eq. \((B21)\) that

\[
\lambda_\sigma \simeq \lambda_\sigma^* \left(1 + c_0 \left(\frac{\mu}{k}\right)^2 \ln \left(\frac{k}{\Lambda}\right) - \left(\frac{\Lambda}{k}\right)^2 \left(\frac{\lambda_\sigma}{\lambda_\sigma^*} - 1 \right) + \ldots\right),
\]

where \( c_0 < 0 \) is a numerical constant.

In a calculation of the pressure at zero temperature, the violation of the Silver-Blaze property can also be observed. From a direct integration of the flow equation \((B1)\) for the free gas, for example, we obtain the correct result for the pressure \( p_{free} \).

\[
p_{free} = \frac{7\pi^2}{290} T^4 + \frac{1}{6} \mu^2 T^2 + \frac{1}{12\pi^2} \mu^4,
\]

\((B23)\)

![Figure 8. Phase boundary associated with the spontaneous breakdown of at least one of the fundamental symmetries of our model as obtained from the Fierz-complete ansatz \((\text{Fierz})\) using two different regulator functions, see Sec. [33] for a discussion of the origin of the differences between the two phase boundaries. The gray line corresponds to the blue line in Fig. [8] and is only included to guide the eye.

3. Covariant Regulators versus Spatial Regulators

Our four-dimensional Fermi-surface-adapted regulator function defined by Eq. \((B1)\) violates the Silver-Blaze property. Nevertheless, we have restricted ourselves to the use of this regulator in our studies of the phase structure in Secs. [11] and [14] since spatial regularization schemes violate the requirements (v) and (vii) listed in Sec. [B3] i.e. they introduce an explicit breaking of Poincaré invariance and they lack locality in the direction of time-like momenta. Our four-dimensional Fermi-surface-adapted regulator fulfills both requirements.

In our Fierz-complete studies, we have indeed found that the artificial breaking of Poincaré invariance and the lack of locality affects the dynamics of the system already at zero chemical potential. Even more, also at \( T = \mu = 0 \), the \( \lambda_\|^\perp \) and \( \lambda_\|^\parallel \)-coupling differ due to the explicit breaking of Poincaré invariance. This eventually results in a dominance of the \( \lambda_\|^\perp \)-channel at finite temperature and zero chemical potential, see Fig. [8]. In our study with the covariant regulator function, on the other hand, we find a clear dominance of the \( (S - P) \)-channel along the
temperature axis at \( \mu = 0 \). This aspect is of relevance as such spatial regularization schemes may spoil the phenomenological interpretation of the results. In fact, at low temperature and large chemical potential, a study with the spatial regulator function even suggests that the dynamics of the system is strongly dominated by the \((V_\perp)-\)channel such that the ground state appears to be governed by spontaneous symmetry breaking for all values of the chemical potential considered in this work \((\mu/T_0 \lesssim 2)\), see Fig. [8]. Using a different basis of four-fermion channels, e.g. including diferemion-type channels, one may even be tempted to associate the appearance of spontaneous symmetry breaking at (arbitrarily) large chemical potential with the formation of a diferemion condensate in our model as it is the case in QCD (see, e.g., Refs. [3] [10] [12] for reviews). In our present model, however, the appearance of a regime governed by spontaneous symmetry breaking at large chemical potential is only observed when the spatial regulator function is used but not when our covariant Fermi-surface adapted regulator is applied. In fact, we consider the very appearance of spontaneous symmetry breaking at large chemical potential in our present model as an artefact of the use of the spatial regulator function, at least at the order of the derivative expansion considered in this work. Recall that the threshold functions \(l^{(F)}\) and \(l^{(F)}_{\perp}\) associated with the involved loop integrals are not well behaved at \( T = 0 \) and \( \mu > 0 \) in case of the spatial regulator, i.e. these threshold functions lead to "spurious" divergences in the integration of the RG flow equations, see our discussion below Eq. (B21). The definitions of the threshold functions in case of the spatial regulator are given in Sec. [C.2]. From a phenomenological point of view, we note that, in contrast to QCD, the formation of a Poincaré-invariant diferemion condensate with \(U_V(1)\) symmetry breaking also entails chiral symmetry breaking in our present model, see Sec. [IV].

The relevance of covariant regularization schemes has also been discussed in the context of real-time RG studies [60] [62]. Along the lines of the construction of corresponding regulator functions [61], it should in principle be possible to construct a four-dimensional regulator which fully respects the symmetry (B15) at zero temperature by introducing a suitable deformation of the IR cutoff scale \( k \). However, this is beyond the scope of the present work and deferred to future work [59]. Finally, we add that the complications associated with the regularization of a theory in the presence of a finite chemical potential as well as the issues arising because of the use of spatial regularization schemes are not bound to our functional RG approach but are in principle present in any approach.

Appendix C: Threshold Functions

In this section we define the threshold functions which appear in the RG flow equations in this work. The threshold functions essentially represent 1PI diagrams and depend on the employed regularization scheme. In order to define these functions, we make use of various auxiliary dimensionless quantities, namely the dimensionless temperature \( \tau = T/k \), the dimensionless (renormalized) chemical potential \( \bar{\mu}_r = Z_\mu \mu/(2\pi T) \), and the dimensionless fermionic Matsubara frequencies \( \bar{\nu}_n = (2n+1)\pi \tau \).

1. Covariant Regulator

It is convenient to define the dimensionless (regularized) propagator for the fermions:

\[
G_{\psi}(y_0,y,\omega) = \frac{1}{(y_0+y)(1+r_\psi)^2+\omega}. \tag{C1}
\]

In the present work, the following purely fermionic threshold functions appear in the RG flow equations:

\[
\begin{align}
\check{l}_+^{(F)}(\tau,\omega,\bar{\mu}_r) &= -\frac{\tau}{2} \sum_{n=-\infty}^{+\infty} \int_0^\infty dy \, y^2 \check{\partial}_t \left[ (\check{\nu}_n + 2\pi \tau \bar{\mu}_r)^2 (1+r_\psi)^2 \left( \check{G}_{\psi}(\check{\nu}_n + 2\pi \tau \bar{\mu}_r, y, \omega) \right)^2 \right], \tag{C2}
\check{l}_-^{(F)}(\tau,\omega,\bar{\mu}_r) &= -\frac{\tau}{2} \sum_{n=-\infty}^{+\infty} \int_0^\infty dy \, y^2 \check{\partial}_t \left[ (y(1+r_\psi)^2+\omega) \left( \check{G}_{\psi}(\check{\nu}_n + 2\pi \tau \bar{\mu}_r, y, \omega) \right)^2 \right], \tag{C3}
\check{l}_{||}^{(F)}(\tau,\omega,\bar{\mu}_r) &= -\frac{\tau}{2} \sum_{n=-\infty}^{+\infty} \int_0^\infty dy \, y^2 \check{\partial}_t \left[ (\check{\nu}_n + 2\pi \tau \bar{\mu}_r)(\check{\nu}_n - 2\pi \tau \bar{\mu}_r)(1+r_\psi)^2 \right.
\times \check{G}_{\psi}(\check{\nu}_n + 2\pi \tau \bar{\mu}_r, y, \omega) \check{G}_{\psi}(\check{\nu}_n - 2\pi \tau \bar{\mu}_r, y, \omega), \tag{C4}
\check{l}_{\perp}^{(F)}(\tau,\omega,\bar{\mu}_r) &= -\frac{\tau}{2} \sum_{n=-\infty}^{+\infty} \int_0^\infty dy \, y^2 \check{\partial}_t \left[ (y(1+r_\psi)^2+\omega) \check{G}_{\psi}(\check{\nu}_n + 2\pi \tau \bar{\mu}_r, y, \omega) \check{G}_{\psi}(\check{\nu}_n - 2\pi \tau \bar{\mu}_r, y, \omega) \right]. \tag{C5}
\end{align}
\]
where \( y = \bar{p}^2/k^2 \) and the formal derivative \( \tilde{\partial}_t \) is defined as \( \tilde{\partial}_t = (\partial_t r_\psi) \frac{\partial}{\partial r_\psi} \). Here, we have already used that \( \partial_t Z^\parallel = \partial_t Z^\perp = \partial_t Z_\mu = 0 \) in our present study. For the regulator function \( \text{B14} \), the latter assumes the following form:

\[
\tilde{\partial}_t = \frac{y_0 + y}{(1 - e^{-(y_0 + y)})^2} \frac{\partial}{\partial r_\psi}. \tag{C6}
\]

In the limit \( \bar{\mu}_\tau = 0 \), the above set of four distinct threshold functions collapses to a set of merely two threshold functions:

\[
l^\parallel (\tau, \omega, 0) = l^\parallel (\tau, \omega, 0) = l^\parallel (\tau, \omega, 0) = l^\parallel (\tau, \omega, 0).
\]

Furthermore, we find

\[
l^\parallel (\tau, \omega, 0) = \int_0^\infty \frac{d y_0}{y_0} \frac{d y}{y} \left( \frac{\partial}{\partial r_\psi} \right) \left( \frac{-y_0 + y}{y_0 + y} \right) \tag{C7}
\]

For the regulator function \( \text{B14} \) and \( T = \mu = \omega = 0 \), we then obtain \( l_{\parallel}^\parallel (0, 0, 0) + l_{\perp}^\parallel (0, 0, 0) = \frac{1}{2} \). In the limit \( T = \mu = \omega = 0 \), the threshold functions indeed only enter the RG flow equations in this particular combination.

### 2. Spatial Regulator

Also in case of spatial regulator functions \( \text{B11} \),

\[
R^\psi_k(p) = -\bar{p} r_\psi \left( \frac{\bar{p}^2}{k^2} \right) \tag{C8}
\]

with

\[
r_\psi = \left( \sqrt{\frac{k^2}{\bar{p}^2} - 1} \right) \theta(k^2 - \bar{p}^2), \tag{C9}
\]

it is convenient to define a dimensionless propagator:

\[
G^\text{spatial}_\psi(y_0, y, \omega) = \frac{1}{y_0 + y(1 + r_\psi)^2 + \omega}. \tag{C10}
\]

The threshold functions then read

\[
l^\parallel (\tau, \omega, 0) = \int_0^\infty \frac{d y_0}{y_0} \frac{d y}{y} \left( \frac{\partial}{\partial r_\psi} \right) \left( \frac{-y_0 + y}{y_0 + y} \right) \tag{C7}
\]

where \( y = \bar{p}^2/k^2 \) and

\[
\tilde{\partial}_t = \frac{1}{y^2} \theta(1 - y) \frac{\partial}{\partial r_\psi}. \tag{C15}
\]

For the regulator function \( \text{B14} \), the threshold functions can be computed analytically. For example, we find

\[
l_{\parallel, \text{spatial}}^\parallel (\tau, \omega, -i\bar{\mu}_\tau) = \int_0^\infty \frac{d y_0}{y_0} \frac{d y}{y} \left( \frac{\partial}{\partial r_\psi} \right) \left( \frac{-y_0 + y}{y_0 + y} \right) \tag{C16}
\]

for \( \partial_t Z^\parallel = \partial_t Z^\perp = \partial_t Z_\mu = 0 \). For the shape function \( \text{C9} \), the threshold functions can be computed analytically. For example, we find

\[
l_{\parallel, \text{spatial}}^\parallel (\tau, \omega, -i\bar{\mu}_\tau) + l_{\perp, \text{spatial}}^\parallel (\tau, \omega, -i\bar{\mu}_\tau)
\]

\[
= \frac{1}{6} \frac{\partial}{\partial \omega} \left\{ \frac{1}{\sqrt{1 + \omega}} \left[ \tanh \left( \frac{2\pi \bar{\mu}_\tau - \sqrt{1 + \omega}}{2\tau} \right) \right] \right\} - \frac{1}{6} \frac{\partial}{\partial \omega} \left\{ \frac{1}{\sqrt{1 + \omega}} \left[ \tanh \left( \frac{2\pi \bar{\mu}_\tau + \sqrt{1 + \omega}}{2\tau} \right) \right] \right\} \tag{C17}
\]
\[ i_{\parallel, \text{spatial}}(\tau, \omega, -i\mu_\tau) + i_{\perp, \text{spatial}}(\tau, \omega, -i\mu_\tau) = \frac{1}{6} \frac{\partial}{\partial \omega} \left\{ \frac{1}{\sqrt{1+\omega^2 - 2\pi \tau \mu_\tau}} \tanh \left( \frac{\sqrt{1+\omega^2 - 2\pi \tau \mu_\tau}}{2\tau} \right) \right\} + \frac{1}{\sqrt{1+\omega^2 + 2\pi \tau \mu_\tau}} \tanh \left( \frac{\sqrt{1+\omega^2 + 2\pi \tau \mu_\tau}}{2\tau} \right) \]. \tag{C17}

Note that not only the sum of the two threshold functions in Eq. \eqref{C17} has a second-order pole at \( \sqrt{k^2 + \omega} = \mu \) at \( T = 0 \) but also the individual functions. Moreover, in the limit \( \tau \to 0, \omega \to 0, \) and \( \mu_\tau \to 0, \) we find

\[ i_{\parallel, \text{spatial}}(0, 0, 0) = i_{\perp, \text{spatial}}(0, 0, 0) = 0 \quad \text{(C18)} \]

Appendix D: RG Flow Equations

For the derivation of the RG flow equations of our model, we have made use of existing software packages \cite{63, 64}. For the covariant regulator function, we then find the following set of flow equations for the dimensionless four-fermion couplings \( \lambda_\sigma, \lambda_\parallel, \) and \( \lambda_\perp:\)

\[ \partial_t \lambda_\sigma \equiv \beta_{\lambda_\sigma} = 2\lambda_\sigma - 16v_4 \left( -\lambda_\sigma^2 + 2\lambda_\parallel \lambda_\parallel + (\lambda_\perp)^2 - 2\lambda_\sigma \lambda_\perp \right) \tag{D1} \]

\[ \partial_t \lambda_\parallel \equiv \beta_{\lambda_\parallel} = 2\lambda_\parallel + 16v_4 \left( -\lambda_\sigma^2 + 2\lambda_\parallel \lambda_\sigma + 4\lambda_\parallel \lambda_\perp - (\lambda_\perp)^2 - 4\lambda_\sigma \lambda_\perp \right) \tag{D2} \]

\[ \partial_t \lambda_\perp \equiv \beta_{\lambda_\perp} = 2\lambda_\perp - \frac{16}{3} v_4 \left( -\lambda_\sigma^2 - (\lambda_\perp)^2 - 2\lambda_\sigma (\lambda_\perp^2 - \lambda_\sigma) - 10(\lambda_\perp^2)^2 - 4\lambda_\sigma \lambda_\perp \right) \tag{D3} \]

In the limit of vanishing temperature and chemical potential, these RG flow equations simplify to

\[ \beta_{\lambda_\sigma} = 2\lambda_\sigma - 4v_4 \left( 2\lambda_\sigma^2 + 2\lambda_\parallel \lambda_\parallel + 3\lambda_\perp \right) \tag{D4} \]

\[ \beta_{\lambda_\parallel} = 2\lambda_\parallel - 4v_4 \left( \lambda_\sigma^2 + (\lambda_\perp)^2 + 3\lambda_\parallel \lambda_\perp \right) \tag{D5} \]

Choosing Poincaré-invariant initial conditions, i.e. choosing \( \lambda_\parallel = \lambda_\perp = \lambda_\sigma \) at the initial RG scale, we deduce from Eqs. \eqref{D1}, \eqref{D2}, \eqref{D3} that Poincaré invariance remains intact in the RG flow:

\[ \beta_{\lambda_\sigma} = \beta_{\lambda_\parallel} \bigg|_{\lambda_\parallel=\lambda_\perp=\lambda_\sigma} = \beta_{\lambda_\perp} \bigg|_{\lambda_\parallel=\lambda_\perp=\lambda_\sigma} = \beta_{\lambda_\parallel} \bigg|_{\lambda_\parallel=\lambda_\perp=\lambda_\sigma} = 2\lambda_\parallel - 4v_4 (\lambda_\sigma + \lambda_\perp)^2 \tag{D7} \]

with

\[ \beta_{\lambda_\sigma} = 2\lambda_\sigma - 4v_4 (\lambda_\sigma + \lambda_\perp)^2 \tag{D8} \]
The flow equations in case of the spatial regulator function $C_8$ are obtained from the flow equations $D_1$–$D_3$ by simply replacing the threshold functions with their counterparts for the spatial regulator defined in Sec. C.2. However, note that Eqs. $D_4$–$D_8$ are altered for the spatial regulator as the actual values of the threshold functions for a given set of values of $\tau$, $\omega$, and $\mu_\tau$ depend in general on the details of the regularization scheme. For example, we find that the values of the threshold functions associated with the two specific regulators used in this work differ in the limit $\tau \to 0$, $\omega \to 0$, and $\mu_\tau \to 0$. In any case, we stress that Eq. $D_7$ no longer holds for the spatial regulator function as the latter breaks explicitly Poincaré invariance, even at $T = \mu = 0$.
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