MR Imaging of Non-Traumatic Intrinsic Brachial Plexus Neuropathy: Spectrum of Findings

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Abstract

Objective: Non-traumatic intrinsic neuropathy of the brachial plexus (BP) could be because of focal or diffuse involvement. The purpose of this article is to focus on MR imaging spectrum and illustrate key features of a variety of pathologic entities based on review of 21 imaging studies. This paper highlights the detailed MR anatomy, the imaging techniques and the spectrum of MR imaging appearances of focal and diffuse form of non-traumatic intrinsic brachial neuropathy.

Materials and methods: We retrospectively reviewed 140 consecutive BP MR examinations performed at our institution over a period of four years from August 2006 to August 2010. We excluded cases of diverse clinical data including both traumatic and non-traumatic extrinsic compressive brachial neuropathies occurring along the course of the BP. Of 140 MR imaging studies of the BP, 75 were excluded and remaining 65 imaging studies were included for review. BP was assessed for the calibre, continuity, presence and distribution of signal changes (focal or diffuse) and focal masses.

Results: 21 of the 65 included imaging studies showed features of non-traumatic intrinsic BP neuropathy. The diagnosis was made on the basis of MR findings, electromyographic (EMG), clinical patient information and histopathological findings. The diagnosis included spectrum of neoplastic and non-neoplastic conditions like perineurioma, radiation plexitis, chronic inflammatory demyelinating polyneuropathy (CIDP) and hereditary motor sensory neuropathy (HMSN).

Keywords: Non-traumatic; Brachial plexus neuropathy; MRI

Introduction

Diagnosis of BP neuropathies is challenging as it is difficult to localize the lesion along the course of the plexus both clinically and on electrophysiological studies [1,2]. Advances in MRI techniques help in the precise localization and delineation of the perineural lesions from surrounding tissues with better contrast. Multiplanar capability and ability to differentiate nerves from vessels and surrounding soft tissues have made MRI the investigation of choice for evaluating BP pathologies [3].

MR Imaging Protocol

MR imaging was performed with a 1.5-Tesla MRI system (Magnetom Avanto, Siemens, Erlangen, Germany). Both cervical and body coils were used for all patients; surface coil was used to image the spinal cord and exiting nerve roots, while the body coil was used to image the plexus in the interscalene triangle and below it. All patients underwent T2-weighted sagittal (TR/TE msec of 6200/118 with a FOV of 25 × 25 cm) and axial (1200/27,16 × 23) (from C4-T3) imaging of cervical spine (Figure 1A and 1B), followed by coronal T1 (600/11, 25 × 35) and fat-suppressed T2-weighted imaging (7800/63,25 × 35) of BP (covered from C1 to T4 vertebrae in the craniocaudal plane and till the lateral margin of humeral head in the mediolateral plane), acquired in a plane parallel to the long axis of lower cervical vertebrae (Figure 1C). This was followed by oblique sagittal fat-suppressed T2 (4410/63, 25 × 35) and T1-weighted (600/11, 25 × 35) (covered medially from the spinal cord to the medial border of the humerus laterally) and axial fat-suppressed T2 (4390/62, 32 × 32) and T1-weighted (450/12, 32 × 32) imaging (from C4-T3). The oblique sagittal images are exactly perpendicular to the long axis of nerve plexus (Figure 2A) while axial images are perpendicular to the long axis of cervical vertebrae in the coronal plane (Figure 3A). Initially, both T1 and fat-suppressed T2-weighted oblique sagittal imaging was done of the symptomatic side. Subsequently only fat-suppressed T2-weighted oblique sagittal imaging was done and T1 oblique sagittal imaging was reserved for clinically suspected cases of thoracic outlet syndrome, neoplastic conditions and non-neoplastic conditions like infections or radiation injury. In these conditions, both pre and post contrast fat-suppressed T1-weighted sequences were obtained. A slice thickness of 3 mm with 0.3 mm interslice gap was used. A 320 × 256 matrix was used for the T1-weighted images, and a 512 × 256 matrix for T2-weighted images.

Normal Anatomy and MR Appearance of the Brachial Plexus

The BP is formed by the ventral rami of C5-T1 nerve roots with or without minor contributions from C4 and T2 nerve roots. It is divided into 5 major components including roots, trunks, divisions, cords and terminal branches [4-6]. MRI is currently the imaging modality of choice for evaluation of BP [2]. Knowledge of normal MR appearance of BP is critical for identifying radiological abnormalities. Both T1 and fat-suppressed T2-weighted sequences optimally demonstrate the MR anatomy. Fat-suppressed T2-weighted sequence has the advantage of...
Figure 1: Normal MR imaging planes and appearance of BP. A-F, Acquisition of the coronal plane with fat-suppressed T2-weighted anterior (D), mid (E), and posterior (F) coronal sections. First a coronal cervical spine scout is obtained (A), based on this a sagittal T2-weighted spin-echo sequence of the cervical spine is acquired (B). Now based on this sagittal image, coronal fat-suppressed T2-weighted and T1-weighted sequences are obtained in a plane parallel to the long axis of the lower cervical vertebrae (C) because the BP is oriented in an oblique coronal plane. On coronal fat-suppressed T2-weighted sequence, long axis of the nerve plexus is seen as elongated, uniform calibre, mildly hyperintense fascicular structure. On the anterior coronal image, normal C5, C6, C7 nerve roots (open arrows) are seen on the right side; on the left, the upper (UT), middle (MT) and lower trunks (LT) (solid arrows) are seen (D). At the level of middle scalene muscle (star), on the mid-section, C8 ventral ramus (open arrows) is seen bilaterally (E), while the T1 nerve root (open arrows) is visualized completely on the posterior section (F).

Figure 2A-2C: Normal MR imaging planes and appearance of BP. A-C, Acquisition of the oblique sagittal plane with fat-suppressed T2-weighted and T1-weighted images from medial to lateral show the normal segmental anatomy of BP. The coronal plane is used to plan oblique sagittal images, the oblique sagittal images are acquired perpendicular to the long axis of the plexus from spinal cord to the medial border of head of the humerus (A) depicting the cross-section of the plexus more accurately than true sagittal imaging. The nerve plexus is seen as uniform calibre of small, slightly hyperintense on fat-suppressed T2-weighted and isointense rounded structure on T1-weighted images. At the level of interscalene triangle, oblique sagittal fat-suppressed T2-weighted (B) image shows the ventral rami (white arrows) from C5 to T1 in between the anterior scalene muscle (star) anteriorly and middle scalene muscle (open arrow) posteriorly, on T1-weighted (C) image, these nerve roots (arrow), are seen in the interscalene triangle (as shown) in between the anterior (ASM) and middle (MSM) scalene muscles and superior to subclavian artery (SA).
detecting subtle changes in the calibre and signal intensity of nerves thereby precisely detecting intra and perineural pathology [1]. As the course of BP is oriented in the coronal plane, coronal and sagittal plane imaging are ideal to demonstrate MR anatomy [7]. The coronal plane is reliable for visualizing BP along its long axis (Figure 1D-1F). The oblique sagittal plane is perpendicular to the long axis of the plexus, hence demonstrating the course of the plexus in cross-section. It is the most reliable imaging plane for the visualization of the roots, trunks, divisions, cords, and branches of the BP (Figures 2B-2I). A normal nerve is round or ovoid in shape on cross section with linear, uniform, distinctive internal fascicular architecture on both the coronal and transverse imaging. On fat-suppressed T2-weighted sequence, the nerve plexus appears as uniform, mildly hyperintense fascicles interspersed with hypointense, fibrofatty connective tissue. Iso to hypointense fascicles within the hyperintense fibrofatty connective tissue may be seen on T1-weighted images [1]. Axial sequence has advantage of depicting the both pre and postganglionic portion of nerve roots as they are exiting from neural foraminae (Figure 3B).

MR Imaging of non-traumatic intrinsic brachial plexus neuropathy

This may be caused by a focal or a more diffuse pathology. Focal form of brachial neuropathy can be neoplastic or non-neoplastic in etiology

Evaluation of patients with suspected focal involvement of the BP should include both oblique sagittal and coronal imaging with or without fat-suppressed post contrast T1-weighted sequence to delineate the exact site and extent of involvement (Table 1).

Primary Neoplasm of BP

Primary neoplasm of the BP are uncommon include neurogenic tumours, such as neurofibroma, schwannoma, malignant myxoid sarcoma and rarely intraneural synovial sarcoma. Non-neural sheath tumours include lipomas, ganglioneuromas, lymphangiomas and desmoids tumours [7-9].

Figure 2D and 2E: Normal MR imaging planes and appearance of BP. D-E, At the level of lateral margin of MSM (star), oblique sagittal fat-suppressed T2-weighted (D) and T1-weighted (E) image show the formation of three trunks (UT-upper trunk, MT-middle trunk and LT-lower trunk) (white arrows on right, and circles on left), superior to subclavian vessels (open arrow, SA) and at lateral margin of MSM (yellow line), where most of the portion of anterior scalene muscle has already ended.

Figure 2F and 2G: Normal MR imaging planes and appearance of BP. F-G, At the level of crossing of clavicle (star, CL) in the costoclavicular space (yellow line in between the CL and first rib), oblique sagittal fat-suppressed T2-weighted (F) and T1-weighted (G) image show the multiple nerve plexus as divisions (white arrows), superior to subclavian vessels (open arrow, SA-subclavian artery and SV-subclavian vein), CL- clavicle, SCL- subclavius muscle.
MRI can differentiate neurofibroma from schwannoma, a distinction crucial for surgical planning [1]. On MRI, neurofibroma is fusiform in shape and is present within the nerve substance in a longitudinal orientation without a definite capsule. Hence it is difficult to resect these lesions without damaging the nerve [9-11]. On the other hand, schwannomas arise from schwann cells and tend to grow eccentrically, with displacement of nerve fibres around the lesion, making it easier to remove the tumour without sacrificing the nerve [9-12]. The "target sign" with peripheral high signal and central low signal intensity on T2-weighted images is more commonly seen in neurofibroma, though it may also be seen in schwannoma (Figure 4). The "fascicular sign" (salt and pepper appearance on T2-weighted images) is common in schwannoma [9-13].

The malignant myxoid sarcoma of the peripheral nerve is also known as malignant peripheral nerve sheath tumour (MPNST) [9,13]. They can occur either spontaneously or in association with neurofibromatosis-I (NF1) [14]. On MR, it is often seen as a fusiform lesion, located centrally within the nerve in a longitudinal orientation like a benign neurogenic tumour (Figure 5A). However, large size (>5 cm), invasion of fat planes, heterogeneity due to areas of hemorrhage and necrosis, ill-defined margins without capsule and edema surrounding the lesion favor a diagnosis of malignant sarcoma (Figure 5B) [13].

A synovial sarcoma arising within a spinal nerve root or a peripheral nerve is very unusual [15-17]. On MR, intraneural synovial sarcoma is often misdiagnosed as schwannoma or MPNST [18]. This is because a fluid-fluid level (Figure 6) within the lesion can be seen in intraneural synovial sarcoma like in the case of schwannoma. It is difficult to characterize this lesion on imaging hence histopathology and cytogenetic testing is required for definitive diagnosis [15-17].

Secondary Tumours Involving the BP

Secondary malignant tumours affecting the BP tend to present as diffuse involvement of the entire plexus though occasionally a more focal lesion may be seen. They usually originate from the breast or lung cancers [1].
Figure 4: A 75-year-old male with schwannoma. Coronal fat-suppressed T2-weighted MR image shows a rounded mass with central low signal and peripheral high signal intensity (target sign) (solid arrow) along the C5 postganglionic spinal nerve root with a well defined hypointense capsule. Note the nerve (open arrow) is eccentric in relation to the mass.

Figure 5: A 30-year-old male with malignant myxoid sarcoma of the median nerve. A, Coronal T1-weighted MR image shows a large elongated mass located centrally (white arrows) along the median nerve (open arrow) and infiltrates the nerve. B, Coronal fat-suppressed T2-weighted MR image shows a large heterogeneous mass with ill-defined margins (white arrows), cystic changes (black arrow) and edema surrounding it (open arrows).

Figure 6: A 68-year-old male with intraneural synovial sarcoma of BP. Axial T2-weighted MR image shows a mass arising from the left C7 nerve root (open arrow) with central fluid-fluid level (solid arrow). Note the normal right C7 spinal root (black arrow) in between the anterior and middle scalene muscles.

Isolated Intraneural Metastasis

Focal intra or perineural metastasis are uncommon and can mimic the primary BP neoplasm, history of known malignancy aids the diagnosis. They tend to cause focal enlargement of the nerve plexus (Figure 7A and 7B) [18]. The criteria for diagnosing a true isolated metastatic deposit in peripheral nerve is absence of tumour in the soft tissues in the close vicinity of the involved nerve trunk, absence of regional lymphadenopathy, and no previous surgical manipulation of the involved area [18]. Focal involvement of BP can occur secondary to intra or perineural myelomatous deposit (Figure 8A and 8B) without contiguous involvement of vertebrae or paravertebral component. It is important to diagnose this isolated peripheral nerve metastasis as recent advances in imaging technology allow for chemotherapeutic agents to be placed within the subepineurium of peripheral nerve for targeted neuroablation of the nerves [19].

Localized Infiltration of BP by Contiguous Spread

BP is commonly involved by contiguous spread from primary malignancy like breast and lung cancers [20]. These deposits are generally unilateral and can give rise to focal enlargement of the plexus element owing to infiltration. In breast malignancy, soft tissue in the postoperative bed or superior sulcus, axillary node or adjacent bony metastasis can cause contiguous infiltration of the BP [20]. Nodal metastasis can give rise to extracapsular spread with infiltration of adjacent pectoralis muscles and cords of the plexus (Figure 9). Likewise, Pancoast or superior sulcus tumour can invade the adjoining soft tissue and cause focal infiltration of lower roots of the BP (Figure 10) [21,22]. These patients usually present with severe, unrelenting shoulder and arm pain along the distribution of the C8 and T1 nerve trunks together with Horner’s syndrome [21]. Identification of focal involvement in MR imaging is helpful for selecting patients suitable for local surgical resection [22].
Figure 7: A 57-year-old female, known case of postoperative and post radiotherapy carcinoma right breast with isolated intraneural metastasis. A, Axial fat-suppressed T2-weighted MR image shows isolated thickening and abnormal high signal of cords of the BP (white arrow) on right side. Note the normal left cords of plexus (open arrow). No residual or recurrent soft tissue in the post-operative bed (star). B, oblique sagittal fat-suppressed T2-weighted MR image better demonstrates the exact thickening and abnormal high signal of the cords of the brachial plexus (white arrows) in close proximity to the axillary vessels (open arrow).

Figure 8: A 67-year-old male, known case of multiple myeloma with isolated intraneural myelomatous deposits. A, Coronal and B, Axial fat-suppressed T2-weighted MR images show isolated marked thickening and abnormal high signal of the lower BP (white arrow) on left side. Note the uninvolved normal right and left upper BP (open arrows). No abnormal signal intensity in the visualized vertebra.

Figure 9: A 54-year-old female on follow up for carcinoma right breast with focal infiltration of BP by contiguous spread from metastatic axillary adenopathy. Oblique sagittal fat-suppressed post contrast T1-weighted contiguous MR images show multiple enhancing axillary nodal metastasis (yellow arrow) with extracapsular spread and infiltration of pectoralis minor muscle (black arrow). There is also encasement of axillary vessels (open arrow) and infiltration of the cords of the BP (white arrow).
Non-neoplastic Focal Intrinsic Involvement of BP

Perineurioma and focal form of CIDP are uncommon causes of localized hypertrophy of BP or peripheral nerve. Intraneural perineurioma is also known as localized hypertrophic neuropathy, a rare clinical entity found in children [23]. MR imaging helps in the identification and accurate localization of the lesion. Specific characterization may not be possible as the lesion demonstrates hypertrophy and non-specific T2-weighted hyperintensity which may be seen in any focal benign tumour [23]. Diagnosis is based mainly on histologic findings of replacement of normal architecture of the nerve by concentric whorls of perineurial cells and aided by immunohistochemical profile [24].

CIDP is a generalized neuropathy which rarely presents in an asymmetric or focal form [25,26]. Focal thickening, abnormal signal intensity and enhancement observed on imaging which need to be correlated with clinical, electrophysiological findings and markedly elevated cerebrospinal fluid protein (CSF). Dramatic response to steroid and immunosuppressant drugs supports this diagnosis [27].

Diffuse form of Non-traumatic Intrinsic Brachial Plexus Neuropathy

Diffuse involvement can be neoplastic or non-neoplastic in origin. Non-neoplastic conditions include a wide range of inherited and acquired disorders like the various subtypes of HMSN, CIDP and radiation induced plexopathy. Neoplastic disorders comprise of diffuse neurofibromatosis, leukemic, lymphomatous (perineural lymphomatosis), myelomatous and melanomatous infiltration of the BP. It also includes the diffuse metastatic plexus infiltration commonly from breast and lung malignancy.

HMSN

A group of inherited slowly progressive disorders affecting motor and sensory peripheral nerves, characterized by diffuse peripheral nerve enlargement with limb atrophy [28]. Most patients present in their first or second decade. On MR, variable fusiform enlargement of nerve roots or nerves with disruption of the internal fascicular architecture and homogeneous enhancement may be seen (Figure 11A) [29]. Affected muscles show acute or chronic denervation (fatty atrophy) changes (Figure 11B). On imaging, this condition may often mimic CIDP and plexiform neurofibromatosis. Absence of inflammatory infiltrates and presence of "onion bulb" histology at sural nerve biopsy, molecular genetic testing along with positive family history, clinical-laboratory data, and nerve conduction studies distinguish HMSN from CIDP [29].

CIDP

It is an acquired, immune-mediated peripheral neuropathy, presents with relapsing and remitting motor and sensory loss in multiple limbs [30]. Most frequently, it is idiopathic but can be associated with several conditions like HIV, diabetes, inflammatory bowel disease, Sjogren's syndrome, lymphoma, IgM, IgG or IgA monoclonal gammopathy [30]. On MR, marked symmetrical enlargement and enhancement of the nerve roots and multiple cranial nerves may help to differentiate this entity from HMSN when the disease presents in early childhood (Figure 12A-12C) [30-32]. In addition to imaging, negative family history, are flexia on clinical examination, significant motor nerve conduction block on electrophysiological study, and persistently raised CSF protein can support the possibility of this acquired and potentially treatable disorder over the inherited HMSN.

Radiation plexitis

Incidence of radiation-induced BP injury has increased because of increasing trend towards conservative surgery and radiation therapy in the treatment of early-stage breast cancer. Likelihood of radiation plexopathy is closely related to dose of radiation received and concomitant use of chemotherapy. Radiation plexitis is a kind of subacute to chronic plexopathy with a delayed onset, 6 months to over 20 years post-radiation, with a peak onset at 10-20 months [1,20,33]. Radiation-induced plexopathy presents early as compared to metastatic plexus lesions, and this may help to differentiate between the two [34,35]. Most patients present with sensory symptoms and weakness though intractable shoulder and arm pain as seen in metastatic plexopathy is usually not present [34]. On imaging, mild smooth diffuse thickening, T2 hyperintensity (Figure 13) and linear enhancement of upper BP without a focal mass favour radiation injury over metastatic malignancy. The upper BP (C5–7) is more commonly involved than the lower BP (C8, T1) [20,33,35]. Delayed radiation fibrosis can be differentiated from tumour infiltration by T2 fat-suppressed sequence, in which radiation fibrosis demonstrates low signal intensity on both T1 and T2 weighted images, whereas tumour shows high signal on T2 and low signal intensity on T1-weighted images [20].
Diffuse neurofibromatosis

It may or may not be associated with NF-1. The tumours are usually multiple and vary in size. The lesions in diffuse neurofibromatosis are multifocal with smooth rounded contour, and seen along the course of peripheral nerves [36]. Rarely diffuse fusiform enlargement of nerves (Figure 14) may be seen.

Perineural lymphomatosis

It is also known as peripheral neurolymphomatosis (NL). These patients generally present with non-specific sensorimotor weakness [37,38]. Commonly, BP involvement occurs as a result of extrinsic compression by enlarged lymph nodes however direct infiltration of plexus by lymphoma is rarely seen [39]. It may occur in isolation or may be associated with systemic or primary CNS lymphoma [1]. Early diagnosis and treatment of NL may prevent considerable morbidity and mortality. Nerve plexus thickening, abnormal signal intensity and variable post gadolinium enhancement with associated soft tissue involvement on MR are commonly seen but not specific for NL (Figure 15A and 15B). Possibility of this condition should be considered if a diffusely infiltrating plexus or peripheral nerve lesion is seen in a patient with lymphoma. Definitive diagnosis usually requires nerve biopsy [40].

Perineural leukemic infiltration of BP

Involvement of peripheral nervous system is rare and can be secondary to chemotherapy or leukemic infiltration. Chemotherapeutic drugs like Vincristine used for treatment of acute lymphocytic leukemia can cause neuropathy of a single peripheral nerve or the whole plexus [41]. This is often temporary and patients recover quickly after cessation of the causative drug. On imaging, denervation changes are usually noted in the muscles supplied by the involved nerves. Patients with leukemic infiltration to BP present with non-specific arm pain, weakness and numbness. On MR, perineural enhancing tissue along the plexus with loss of normal internal fascicular architecture suggest leukemic deposits.
Figure 16: A 12-year-old female, known case of acute lymphocytic leukemia (ALL) with perineural leukemic infiltration of BP. A, Coronal fat-suppressed T2-weighted MR image shows thickening and clumping of the infraclavicular portion of the right BP leading to loss of normal internal fascicular architecture (arrows). B, Coronal fat-suppressed post contrast T1-weighted MR image shows perineural enhancing tissue along the retro and infraclavicular portion of the right BP (arrow) suggesting leukemic deposits.

Figure 17: A 65-year-old female with left superior sulcus metastatic breast carcinoma with diffuse BP involvement. Coronal post contrast T1-weighted MR image shows infiltrative enhancing soft tissue along the BP (solid arrows) bilaterally, left > right. On the left side, this enhancing soft tissue extending from left lung apex (open arrows) to BP.

Figure 18: A 62-year-old male with Pancoast tumour causing diffuse involvement of BP. Coronal fat-suppressed T2-weighted MR image shows iso to hyperintense mass in the right lung apex (open arrow) with diffuse infiltration of right BP (solid arrows).

Diffuse metastatic plexopathy

Patients with metastatic plexopathy present with either isolated lower trunk or diffuse involvement of the BP. Usually malignant infiltration of the plexus results from contiguous structures such as axillary or supraclavicular nodes or by apical tumours of the lung (Figure 17). In metastatic plexopathy pain is usually the first symptom and often precedes neurologic deficits. Pancoast tumour generally involves the lower BP (C7, C8, T1) but can also involve the upper plexus (C5, C6) as a part of panplexopathy seen in extensively infiltrating tumours (Figure 18) [21]. On imaging enhancing infiltrative multifocal soft tissue masses along the BP can be seen [22].

Conclusion

MRI is an excellent imaging tool for the evaluation of BP pathology. Awareness of the broad spectrum of pathologies and their clinical presentation along with accurate localization and identification of specific imaging features on MR helps in the diagnosis of various conditions affecting the BP.

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