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ABSTRACT

Optical resonator-based frequency stabilization plays a critical role in ultra-low linewidth laser emission and precision sensing, atom clocks, and quantum applications. However, there has been limited success in translating traditional bench-top stabilization cavities to compact on-chip integrated waveguide structures that are compatible with photonic integration. The challenge lies in realizing waveguides that not only deliver low optical loss but also exhibit a low thermo-optic coefficient and frequency noise stability. Given the problematic sources of frequency noise within dielectrics, such as thermorefractive noise, resonators with small thermo-optic response are desirable for on-chip reference cavities. We report the first demonstration of a Ta$_2$O$_5$ (tantala) waveguide core fabricated on a crystal quartz substrate lower cladding with TEOS-PECVD SiO$_2$ upper cladding. This waveguide offers significant advantages over other waveguides in terms of its low thermo-optic coefficient and reduced thermorefractive-related frequency noise. We describe the waveguide structure and key design parameters as well as fabrication considerations for processing tantala on quartz waveguides. We report a waveguide thermo-optic coefficient of $-1.14 \times 10^{-6}$ RIU/K, a value that is over 6 times smaller in magnitude than that of SiO$_2$-substrate tantala waveguides, with a propagation loss of 1.19 dB/cm at 1550 nm and $<1.33$ dB/cm across the 1525 nm–1610 nm wavelength range. Within a 1.6 mm radius ring resonator, we demonstrate a 2.54 $\times$ 10$^5$ intrinsic Q factor. With the potential for very low loss and the ability to control the thermal response, this waveguide platform takes a key step toward creating thermally stable integrated resonators for on-chip laser frequency stabilization and other applications.

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I. INTRODUCTION

Optical reference cavities are used for frequency stabilization and linewidth narrowing in precision high-end applications in physics such as precision spectroscopy, metrology, and atomic clocks. By harnessing ultra-high quality factors (Qs), large mode volumes, and low thermal sensitivity, reference cavities deliver a stable frequency resonance and low close-to-carrier noises, i.e., frequency noise spectral density close to the optical carrier. State-of-the-art table-top reference cavities consist of a Fabry–Perot resonator made of ultra-low-expansion glass (ULE) or a single crystal silicon cavity mounted in an isolated vacuum cryogenic environment. For lower cost and portable applications, it is desirable to miniaturize these cavities using photonic integration waveguide-based designs. However, integrated optical resonators suffer more severely from the thermodynamic fluctuations due to their small mode volumes and nontrivial thermal sensitivities caused by thermorefractive and thermal expansion effects. While thermal expansion can be controlled by attaching resonators to substrates with zero or negative thermal expansion coefficients, thermorefractive...
effects still produce undesired frequency instability within dielectric resonators.

The thermorefractive frequency noise of an integrated reference cavity is directly tied to the waveguide thermo-optic coefficient \( \gamma \) and the optical mode volume. Through proper waveguide material choice and design, the effective thermo-optic coefficient (TOC) can be optimized to reduce the thermorefractive frequency noise components. For this purpose, crystal quartz has attractive optical and thermal properties such as a wide transparency window (0.2 μm–2 μm), optical birefringence, and a negative thermo-optic coefficient, e.g., \(-7.94 \times 10^{-6}\) RIU/K (RIU: refractive index unit) at 1550 nm for ordinary waves. Bulk-optic quartz has been used to fabricate high performance whispering-gallery-mode resonators, but these systems are environmentally sensitive, costly to fabricate and package, and are incompatible with photonic integration. In the past, efforts to realize quartz-based integrated waveguides resulted in propagation loss as high as 10 dB/cm, and they could not support the waveguide bends required for waveguide ring resonators. In addition, the negative TOC property of quartz has not been demonstrated in a composite integrated waveguide. As a result, the realization of low-loss integrated waveguides on quartz substrates will enable novel photonic devices with extraordinary thermo-optic properties, opening new possibilities for photonic integrated reference cavities.

In this work, we report the first demonstration of Ta₂O₅ (tantalum) core strip waveguides on a crystal quartz substrate with SiO₂ upper cladding. We measure a low propagation loss of 1.19 dB/cm at 1550 nm wavelength for a 4 μm-wide 125 nm-thick Ta₂O₅-core waveguide. With this waveguide design, we fabricated a 1.6 mm-radius resonator and measured an intrinsic Q factor of \( 2.54 \times 10^5 \) and a loaded Q factor of \( 1.95 \times 10^5 \). In addition, we show that the waveguide effective thermo-optic coefficient is \(-1.14 \times 10^{-6}\) RIU/K, six times smaller than a comparison waveguide that has thermal oxide as substrate. The small and negative thermo-optic coefficient demonstrates that using crystal quartz as a waveguide substrate can enable the control of the waveguide thermo-optic coefficient with the potential to suppress thermorefractive frequency noise. Combined with other techniques to suppress the thermal expansion, this technology promises a new approach to low thermorefractive noise and low-loss waveguide optical reference cavities for frequency precision applications such as low-energy data center interconnects and ultra-narrow-linewidth on-chip stimulated Brillouin lasers.

II. DEVICE DESIGN AND FABRICATION

The waveguide design and conceptual figure of a spiral waveguide and a ring resonator are depicted in Fig. 1(a). We use a z-cut crystal quartz substrate (with c-axis normal to the surface) to ensure that the refractive index is independent of the waveguide direction. A tantala strip core is deposited and etched on a crystal quartz substrate and cladded with a TEOS-PECVD SiO₂ upper cladding, as described in the Sec. VI. This process is compatible

![Fig. 1](image-url)
with wafer-scale low-temperature fabrication. We employ a high-aspect-ratio weakly guiding waveguide geometry similar to those used in ultra-low loss silicon nitride\(^2\) and tantala on oxide substrate designs,\(^3\) with its fundamental TE mode shown in Fig. 1(b). Material absorption-induced temperature variations [Fig. 1(c)] perturb the optical constants and mechanical expansion, which will translate into frequency noise in resonators when optical power fluctuates. With the objective to suppress the thermorefractive fluctuations, this designed waveguide geometry has a large optical mode overlap with the quartz substrate, yielding a slightly negative but close-to-zero \(\text{TOC}_{\text{eff}}\), which reduces the overall sensitivity of the mode effective index to temperature variations.

The \(\text{Ta}_2\text{O}_5\)-core on crystal quartz waveguides is fabricated in a similar approach as reported in our previous work,\(^2\) except without thermal annealing after \(\text{Ta}_2\text{O}_5\) film deposition and after TEOS-PECVD SiO\(_2\) upper cladding deposition (see Sec. VI for fabrication details). High temperature thermal annealing was not used in the fabrication process for two reasons: (1) to avoid thermal shock and film peeling caused by the large thermal expansion coefficient mismatch between the crystal quartz substrate (13.2 \(\times\) 10\(^{-6}\)/K perpendicular to the optical axis\(^3\)) and the deposited films (3.6 \(\times\) 10\(^{-6}\)/K for \(\text{Ta}_2\text{O}_5\)\(^3\) and 0.56 \(\times\) 10\(^{-6}\)/K for amorphous SiO\(_2\)\(^3\)) and (2) because quartz changes from \(\alpha\)- to \(\beta\)-phase, with positive thermo-optic coefficient, as the temperature increases beyond 573 °C.\(^3\)

III. WAVEGUIDE PROPAGATION LOSS AND RESONATOR Q FACTORS

The waveguide propagation loss is characterized by using both Q factor measurements in a ring-bus resonator and the optical frequency domain reflectometry (OFDR) method in a waveguide spiral structure. All-pass ring resonators are designed with a radius of 1.6 mm and a 0.5 \(\mu\)m ring-bus waveguide coupling gap. The loaded Q factors of the resonances are measured and verified using two different experiment setups, a RF calibrated Mach–Zehnder interferometer (MZI) setup and a direct laser tuning transmission setup (see Sec. VI for more details). In the former approach, the full width at half maximum (FWHM) of the resonance is \(\Delta\nu = 991.43\) MHz obtained through Lorentzian curve fitting [Fig. 2(b)], giving a loaded Q factor \(Q_{\text{load}} = \nu_{\text{res}}/\Delta\nu = 1.95 \times 10^5\) at 1550 nm, where \(\nu_{\text{res}}\) is the resonant frequency. The power coupling coefficient is measured to

![Fig. 2](image_url)
be 8% between the ring and the bus waveguides by using the ring-
bus coupling test structures on the same die. Correspondingly, the
propagation loss of the waveguide is derived to be 1.18 dB/cm and the
intrinsinc Q factor is estimated to be 2.54 \times 10^5 (see Sec. VI
for propagation loss and intrinsic Q factor calculation details). In the
second Q factor measurement approach, the input wavelength is
precisely controlled by a tunable laser source, and the transmitted
power is recorded by a photodetector. Figure 2(a) shows the trans-
mittance spectrum of the fundamental TE mode by varying the laser
wavelength. The measured free spectral range (FSR) of the resonator
is 0.1393 nm, corresponding to 17.37 GHz at 1550 nm. The slight
fluctuations of the transmission spectrum are due to the weakly res-
onant higher order transverse electric mode. The high order TE
mode has distinct resonant line shapes (broad resonance and small
extinction ratio) from the fundamental TE mode. It has negligi-
ble impact on the Lorentzian fitting on the fundamental TE mode
resonance and, thus, does not affect the characterization of the fun-
damental TE mode. The FWHM of one resonance is found to be \( \Delta \lambda = 6.76 \text{ pm} \) (equivalent to 842.6 MHz) through Lorentzian curve fit-
ing [Fig. 2(c)], and the loaded Q factor is \( Q_{\text{load}} = \lambda_{\text{res}} / \Delta \lambda = 2.29 \times 10^5 \).
Thus, the propagation loss and the intrinsic Q factor are derived to
be 0.96 dB/cm and \( Q_{\text{inc}} = 3.15 \times 10^5 \), respectively.

The waveguide propagation loss is also measured by using optical
frequency domain reflectometry (OFDR). The tested waveguide is a
4 \( \mu \text{m} \)-wide and 0.2 m-long spiral delay line, as shown in Fig. 3(b). The spiral delay line has a minimum bend radius of 800 \( \mu \text{m} \), well above the critical bend radius of 320 \( \mu \text{m} \) at which the bending loss is simulated to be 1 dB/m. The measured propagation loss from the OFDR experiment is 1.19 dB/cm at 1550 nm and is lower than 1.33 dB/cm across the 1525 nm–1610 nm spectrum range shown in Fig. 3(a). Waveguide propagation losses measured using OFDR and derived from the MZI-based Q factor measurements agree well with less than 0.9% difference. The experiment details can be found in Sec. VI.

**IV. EFFECTIVE THERMO-OPTIC COEFFICIENT**

The crystal quartz substrate enables the adjustment of the TOC of the optical mode. To obtain the thermo-optic coefficient of the waveguide, we measured the transmission spectrum of the resonator and tracked its resonance at different temperatures

\[
2\pi Rn_{\text{eff}} = m\lambda_{\text{res}},
\]

where \( m \) is the resonance order. The TOC\(_\text{eff} \) can be derived as

\[
\frac{dn_{\text{eff}}}{dT} = \frac{n_{\text{eff}} \lambda_{\text{res}}}{\lambda_{\text{res}} + \frac{n_{\text{eff}}}{R}} \frac{dR}{dT}.
\]

where the second term on the right-hand side of Eq. (2), \((1/R)(dR/dT)\), is the effective linear thermal expansion coefficient. To quantify the impact of the thermal expansion and the thermorefractive effects within the waveguide, we use finite-element-method (FEM) models (COMSOL Multiphysics) based on the mechanical, optical, and thermal parameters taken from our measurements as well as values reported in the literature (see the supplementary material for simulation model details). Figure 4(b) shows the simulated resonant wavelengths of a 4 \( \mu \text{m} \)-wide resonator caused by the thermal expansion (TE) effect, the thermorefractive (TR) effect, and a combination of both (TE+TR). The measured resonant wavelengths in Fig. 4(a) are also added for comparison, demonstrating a good correlation between the simulation and the experimental results. By comparing the slope of the curve, one can find that thermal expansion is the dominant effect in the total temperature dependent wavelength shift. The thermorefractive curve exhibits a negative slope of \(-1.139 \text{ pm/K} \) from which the TOC\(_\text{eff} \) of the 4 \( \mu \text{m} \)-wide waveguide is calculated to be \(-1.14 \times 10^{-8} \text{ RIU/K} \). To illustrate the validity of the models, we also measure and extract the effective thermo-optic coefficient of a \( \text{Ta}_2\text{O}_5 \)-core thermal oxide-substrate waveguide. The oxide-substrate waveguide has the same waveguide design and fabrication process, except that its substrate is thermal oxide that has a positive thermo-optic coefficient (\(-9.8 \times 10^{-8} \text{ RIU/K}^{-1} \)). The waveguide loss is measured to be 0.276 dB/cm, and its loaded Q factor is 0.945 \times 10^5 (see the supplementary material). The temperature-dependent transmission spectrum of a 4 \( \mu \text{m} \)-wide, 1.6 mm-radius ring resonator is shown in Fig. 4(c). Owing to a larger core/substrate refractive index contrast (\(~2.45 \) for thermal oxide-substrate waveguides vs \(~2/1.53 \) for crystal quartz-substrate waveguides), a higher order optical mode was observed during the

**FIG. 3.** (a) The waveguide propagation loss spectrum obtained by linear curve fitting from the black region in the inset. The inset shows the overlaid reflected signal amplitudes at different wavelengths as functions of the relative position in a 4 \( \mu \text{m} \)-wide optical delay line. The position of the waveguide input facet is set at the origin. The wave propagating direction is set to be positive. The black region indicates where linear curve fitting is performed. The green curve shows the linear fitting curve. (b) The microscope image of a 0.2 m-long spiral delay line with a minimum bend radius of 800 \( \mu \text{m} \).
FIG. 4. (a) The temperature-dependent transmission spectrum of a 4 μm-wide Ta$_2$O$_5$-core crystal quartz-substrate ring resonator. (b) The simulated and measured resonant wavelengths as a function of temperature. The resonance shifts due to the thermorefractive and the thermal expansion effects are denoted as TR and TE, respectively. (c) The temperature-dependent transmission spectrum of a 4 μm-wide Ta$_2$O$_5$-core thermal oxide-substrate ring resonator. The fundamental modes are in the green highlighted region, while higher order modes are in the gray highlighted region. The temperature sensitivity is extracted from the fundamental modes. (d) The simulated and measured resonant wavelengths of the oxide-substrate resonator are plotted as a function of temperature.

measurement with the appearance of second resonance in the transmission spectrum shown in the gray highlighted region in Fig. 4 (c). We measured the resonance shift of the fundamental mode that has a larger extinction ratio in the green highlighted region in Fig. 4(c). The measured resonant wavelengths are plotted as the scatter points in Fig. 4(d). The TDWS is linearly fitted to be $10.96$ pm/K, among which the thermorefractive contribution is $7.42$ pm/K. The TOC$_{eff}$ of the oxide-substrate waveguide is derived to be $7.28 \times 10^{-6}$ RIU/K, over 6 times larger than that of the quartz-substrate waveguide in magnitude. The negative and small TOC$_{eff}$ of the quartz-substrate waveguide illustrates that crystal quartz can be used to adjust the waveguide thermo-optic coefficient, which may enable thermorefractive noise engineering. Through proper design of the waveguide geometry, the mode overlap with the quartz substrate can be manipulated, and thus, the TOC$_{eff}$ of the optical modes can be adjusted to be close-to-zero and, in turn, the thermorefractive noise of the optical modes will be suppressed as it scales with the square of the TOC$_{eff}$.

For optical reference cavities, it is desirable to have high Q factors and small thermal noise. In the absence of the cavity’s own noise sources, the rms frequency difference of a locked laser relative to the cavity resonance is inversely proportional to its optical Q factors. Thus, high Q cavities enable tight frequency locking and stabilization. The resonator’s loaded Q factor is bounded by its intrinsic Q factor, and the intrinsic Q factor is determined by the waveguide propagation loss $\alpha_w$, which includes waveguide surface roughness scattering loss, material bulk absorption loss, and waveguide surface absorption loss. Given a high enough Q factor, the stability of the laser frequency is determined by the thermodynamic fluctuations of the cavity resonance that come from thermorefractive and thermal expansion effects. The thermorefractive-related frequency noises are proportional to $\alpha_n^2$, where $\alpha_n = (1/n)(dn/dT)$ is the thermorefractive coefficient. Since this study focuses on lowering the thermo-optic coefficient, we define a figure of merit (FOM) to compare the performance of our Ta$_2$O$_5$ on a quartz resonator with other on-chip cavities in different platforms. For fair comparison, we define the FOM given as

$$FOM = \alpha_n^2 \alpha_w,$$
where \( \alpha_o \) is the waveguide propagation loss. This FOM does not take the resonator design into consideration but only compares waveguide propagation loss and thermo-optic properties among different waveguide platforms. A lower FOM is preferred, meaning tighter noise when locked. Table I summarizes a few representative designs with respect to this FOM. Our Ta metal waveguide can achieve billion Q factors. While the losses in these quartz-substrate waveguides are 1.19 dB/cm at 1550 nm and lower than 1.33 dB/cm across the 1525 nm–1610 nm range using the OFDR method, agreeing well with the loss derived from the Q measurement. The loaded Q factors measured from two different setups correlate reasonably well with slight differences that may come from measurement variations. The thermo-optic coefficient of the waveguide is \(-1.14 \times 10^{-6}\) RIU/K. The platform can be useful to frequency precision applications such as integrated optical frequency combs where the reference cavities and optical frequency combs where the thermally induced frequency noise in these cavities. While the losses in these quartz-substrate waveguides are slightly better than previously reported Ta2O5 waveguides, it may be possible to further reduce propagation loss if material absorption can be mitigated. The main contribution of the propagation loss comes from the material absorption in the core and upper cladding region. The bottom substrate quartz has low material absorption at 1550 nm since quartz-based whispering-gallery-mode resonators can achieve billion Q factors. The Rayleigh scattering loss is expected to be small and should not be the dominant factor because the measured sidewall roughness, 2.76 nm rms (see the supplementary material), is close to the previously demonstrated ultra-low-loss Ta2O5 waveguides, which achieved 3 dB/m performance. Thermal annealing was not applied on the quartz-substrate devices, thus significant absorption loss can happen due to the presence of SiO–H bonds in SiO2 cladding and oxygen deficiency in the as-grown Ta2O5 films. In fact, the Ta2O5 on the thermal oxide resonator, whose transmission spectrum is shown in Fig. 4(c), was annealed after SiO2 cladding deposition following the same procedure in Ref. 27, and it has a loaded Q factor as high as 9.845 \( \times 10^6\) and an intrinsic Q of 1.07 \( \times 10^9\). The propagation loss of the oxide-substrate waveguide is 0.276 dB/cm (see the supplementary material), 4.34 times smaller than that of the quartz-substrate waveguide, indicating the significant impact from the annealing process. The material absorption loss from the top cladding can also be possibly mitigated by using deuterated SiO2 in a low-temperature deposition method.

It is worth noting that the TDWS of the quartz-substrate resonator is larger than that of the oxide-substrate device since crystal quartz has a large thermal expansion coefficient (\( \alpha_o = 13.2 \times 10^{-6}/\text{K} \)). With thermorefractive effect suppressed in the quartz-substrate resonator, thermal expansion becomes the dominant effect, as indicated in Fig. 4(b). To create temperature insensitive optical cavities, both the thermal expansion and thermorefractive effects must be controlled. To mitigate the thermal expansion effect, a thinner Ta2O5-core waveguide can be designed in favor of a larger mode overlap with the quartz substrate, yielding a more negative \( \Delta \text{TOC}_{\text{eff}}\) to compensate the positive thermal expansion coefficient. The demonstrated device has 500 \( \mu \text{m}\)-thick quartz bottom cladding and 6 \( \mu \text{m}\)-thick SiO2 upper cladding. Considering that the majority mass of the waveguide is from quartz, it is not surprising that the thermal expansion effect is dominated by the substrate. To further suppress the thermal expansion effect, the quartz layer can be thinned and bonded to an ultra-low-expansion substrate, which will be the subject of future study.

V. DISCUSSION AND CONCLUSION

In conclusion, we report fabrication and characterization of the first demonstrated Ta2O5-core/crystal quartz-substrate waveguides. Low waveguide propagation losses are measured to be 1.19 dB/cm at 1550 nm and lower than 1.33 dB/cm across the 1525 nm–1610 nm range using the OFDR method, agreeing well with the loss derived from the Q measurement. The loaded Q factors measured from two different setups correlate reasonably well with slight differences that may come from measurement variations. The thermo-optic coefficient of the waveguide is \(-1.14 \times 10^{-6}\) RIU/K. The platform can be useful to frequency precision applications such as integrated optical reference cavities and optical frequency combs where the close-to-zero waveguide thermorefractive coefficient can help mitigate the thermally induced frequency noise in these cavities. While the losses in these quartz-substrate waveguides are slightly better than previously reported Ta2O5 waveguides, it may be possible to further reduce propagation loss if material absorption can be mitigated. The main contribution of the propagation loss comes from the material absorption in the core and upper cladding region. The bottom substrate quartz has low material absorption at 1550 nm since quartz-based whispering-gallery-mode resonators can achieve billion Q factors. The Rayleigh scattering loss is expected to be small and should not be the dominant factor because the measured sidewall roughness, 2.76 nm rms (see the supplementary material), is close to the previously demonstrated ultra-low-loss Ta2O5 waveguides, which achieved 3 dB/m performance. Thermal annealing was not applied on the quartz-substrate devices, thus significant absorption loss can happen due to the presence of SiO–H bonds in SiO2 cladding and oxygen deficiency in the as-grown Ta2O5 films. In fact, the Ta2O5 on the thermal oxide resonator, whose transmission spectrum is shown in Fig. 4(c), was annealed after SiO2 cladding deposition following the same procedure in Ref. 27, and it has a loaded Q factor as high as 9.845 \( \times 10^6\) and an intrinsic Q of 1.07 \( \times 10^9\). The propagation loss of the oxide-substrate waveguide is 0.276 dB/cm (see the supplementary material), 4.34 times smaller than that of the quartz-substrate waveguide, indicating the significant impact from the annealing process. The material absorption loss from the top cladding can also be possibly mitigated by using deuterated SiO2 in a low-temperature deposition method.

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VI. METHODS

Fabrication methods. Fabrication of the waveguide starts with sputtering the amorphous Ta2O5 film on 0.5 mm-thick, 100 mm-diameter single-side polished z-cut optical-grade crystal quartz wafers. The film thickness is measured to be \(~125\) nm after deposition. The waveguide structures are patterned using a photore sist mask by a 248 nm ASML stepper lithography tool followed by inductively coupled plasma etching. The etching recipe uses CHF3/CF4/O2 gas flow of 25/5/10 SCCM, accompanied by a
pressure of 0.5 Pa, with a RF source power of 500 W and a RF bias power of 50 W. The photoresist is stripped by O₃ ashing followed by the n-methyl-2-pyrrolidone solvent soaking in an ultrasonic heat bath and piranha cleaning. A layer of 6 μm TEOS-PDMS SiO₂ is deposited as the upper cladding on the etched wafer. The wafer then undergoes dicing into several dies for experimental characterization.

**Q factor measurement using a RF calibrated MZI setup.** An unbalanced fiber-based MZI was used as a reference frequency spectrum to accurately measure the resonator Q. The free spectral range of the MZI is pre-calibrated to be 5.87 MHz. A tunable laser is connected to both the MZI and the device under test (DUT). The laser frequency was swept in time using a microwave synthesizer and the interferometer FSR was measured by monitoring the transmitted power on a synchronized oscilloscope. By simultaneously scanning the laser frequency through both the MZI and the DUT, the MZI fringe spacing provides a radiofrequency calibrated frequency reference for the accurate evaluation of resonator Q factors. The FWHM of the resonator is estimated by fitting the resonator transmission spectrum to a Lorentzian curve. A more detailed discussion and a setup figure can be found in the supplementary material.

**Q factor measurement using a direct laser tuning transmission setup.** A tunable laser (HP81640A) with a built-in wavelength sweeping functionality is connected to the device under test, and the transmitted power is measured by the power meter (HP81532A). An automation program written in Python controls the laser wavelength with 0.1 pm resolution and synchronizes the power injection and collection process.

**Waveguide loss extraction and intrinsic Q factor calculation.** The waveguide propagation loss is calculated based on the following equation:

\[
Q_{\text{load}} = \frac{\pi n_g L \sqrt{ra}}{\lambda_{\text{res}} (1 - ra)},
\]

where \( n_g \) is the group index of the waveguide and is derived to be 1.7168 from the measured FSR of the resonator shown in Fig. 2(a), \( L = 2\pi R \) is the perimeter of the ring resonator and \( R = 1.6 \text{ mm} \) is the radius of the ring, \( \lambda_{\text{res}} \) is the resonant wavelength, \( r = \sqrt{1 - k^2} \) is the self-coupling coefficient, where \( k^2 = 0.08 \) is the measured power coupling coefficient, and \( a \) is the single-pass amplitude transmission and is related to the power attenuation coefficient \( \alpha \) [1/m] as \( a^2 = \exp(-\alpha L) \). With the derived propagation loss, the intrinsic Q of the resonator is estimated by the following equation:

\[
Q_{\text{int}} = \frac{2\pi n_g}{a \lambda_{\text{res}}},
\]

**Waveguide loss measurement using OFDR methods.** An optical backscatter reflectometer (Luna OBR 4400) injects a pulse that contains a wide spectral range (1525 nm–1610 nm) into the waveguide under test. The reflected signal is collected to map the discontinuities with micrometer-level spatial resolution along the optical path, as shown in the inset of Fig. 3(a). The propagation loss spectrum is obtained by analyzing the backscattered signal in the black region through linear curve fitting at each wavelength, which gives the propagation loss spectrum regardless of the fiber-to-chip coupling loss.

**SUPPLEMENTARY MATERIAL**

Details of the waveguide sidewall roughness, simulation models and material properties, Ta₂O₅ on oxide substrate waveguide loss and resonator Q factors, and the RF calibrated MZI setup to measure Q factors can be found in the supplementary material.

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The authors declare no conflicts of interest.

**DATA AVAILABILITY**

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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