### Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|-------------------------------------|-----------------------------|
| TITLE         | 1       | Identify the report as a Narrative Review of … | 1/1                         | NA                          |
| ABSTRACT      | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 2/ 32-47                    | Abstract                    |
| INTRODUCTION  | 3       | Describe the rationale for the review in the context of what is already known. | 3/ 56-58                    | Introduction/ 1              |
|               | 4       | Specify the key question(s) identified for the review topic. | 3/ 58-62                    | Introduction/ 1              |
| METHODS       | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | 3/ 63-67                    | Methods/ 2                   |
| DISCUSSION/SUMMARY | 6  | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 5-13/ 106-270               | Discussion / 7-25            |
|               | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 12-13/ 272-283              | Conclusion / 26              |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*