Value of DCE-MRI and FDG-PET/CT in the prediction of response to preoperative chemotherapy with bevacizumab for colorectal liver metastases

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BACKGROUND: The purpose of this study was to assess the role of dynamic contrast-enhanced magnetic resonance imaging (DCE-MRI) and 18F-fluorodeoxyglucose positron emission tomography computed tomography (FDG-PET/CT) for evaluation of response to chemotherapy and bevacizumab and for prediction of progression-free survival (PFS) in patients with metastatic colorectal cancer (mCRC) with potentially resectable liver lesions.

METHODS: A total of 19 mCRC patients were treated with FOLFOX/FOLFIRI and bevacizumab followed by surgery. Dynamic contrast-enhanced magnetic resonance imaging and FDG-PET/CT were performed before treatment and after cycle 5. PET results were quantified by calculating maximum standardised uptake value (SUVmax) whereas area under the enhancement curve (AUC), initial AUC (iAUC) and the endothelial transfer constant (Ktrans) were used to quantify DCE-MRI. Pathological analysis of the resection specimen was performed, including measurement of microvessel density (MVD) and proliferation index.

RESULTS: Both AUC and iAUC were significantly decreased following bevacizumab therapy (median change of 22% (P = 0.002) and 40% (P = 0.001) for AUC and iAUC, respectively). Progression-free survival benefit was shown for patients with >40% reduction in Ktrans (P = 0.019). In the group of radiological responders, the median baseline SUVmax was 3.77 (IQR: 2.88–5.60) compared with 7.20 (IQR: 4.67–8.73) in nonresponders (P = 0.021). A higher follow-up SUVmax was correlated with worse PFS (P = 0.012). Median MVD was 10.9. Progression-free survival was significantly shorter in patients with an MVD greater than 10, compared with patients with lower MVD (10 months compared with 16 months, P = 0.016).

CONCLUSION: High relative decrease in Ktrans, low follow-up SUVmax and low MVD are favourable prognostic factors for mCRC patients treated with bevacizumab before surgery.

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Colorectal cancer (CRC) is the second most common cause of cancer in women and the third most common in men, representing the fourth most common cause of cancer death after lung, stomach and liver cancer. It is more common in developed than in developing countries. The liver is the initial distant metastatic site in about 30% of patients (Leporier et al, 2006). Complete surgical resection offers the best chance for cure in patients with liver metastases, with 5-year survival rates ranging from 21 to 33% (Scheele and Altendorf-Hofmann, 1999; Choti et al, 2002; Nordlinger et al, 2008).

Over the last decades, combined chemotherapy regimens including irinotecan and oxaliplatin have markedly improved the response rate and survival. The addition of biological agents (anti-EGFR antibodies and anti-VEGF antibodies for example bevacizumab) to conventional chemotherapy increases overall survival in metastatic colorectal cancer (mCRC). Biological agents also improve response rates and subsequently enlarge the proportion of patients referred to surgery by rendering unresectable liver metastases resectable (Cunningham et al, 2004; Hurwitz et al, 2004; Gruenberger et al, 2008; Saltz et al, 2008; Chaudhury et al, 2010). With the use of perioperative strategies such as two-stage hepatectomy, 5-year survival rates may increase from 31 to 50% (Togo et al, 2005; Chun et al, 2007; Pamecha et al, 2008; Wicherts et al, 2008).

Response to bevacizumab, which exerts an anti-angiogenic action, may be inadequately assessed by traditional size-based radiologic criteria, the Response Evaluation Criteria In Solid Tumours (RECIST) (Therasse et al, 2000; Eisenhauer et al, 2009). They were designed for assessing tumour volume reduction following cytotoxic chemotherapy and only provide information

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on tumour anatomy. Therefore, the introduction of targeted therapies requires new tools for monitoring therapeutic effects focusing more on the physiology of the tumour (Rehman and Jayson, 2005; Shih and Lindley, 2006; de Langen et al, 2011; Mulder et al, 2011). Dynamic contrast-enhanced magnetic resonance imaging (DCE-MRI) is an attractive modality for evaluating anti-angiogenic cancer therapies such as bevacizumab, as the rapid acquisition of images before and after intravenous contrast media administration can be used to assess changes in tumour vascularity. Dynamic contrast-enhanced magnetic resonance imaging thus provides a new dimension in the assessment of tumour physiology. The utility of DCE-MRI has already been explored in animal experiments (Ceelen et al, 2006; Bauerle et al, 2010; Ellingsen et al, 2010; Casneuf et al, 2011) as well as in several clinical trials (Vriens et al, 2009; Hirashima et al, 2011; O’Connor et al, 2011), and it was suggested that DCE-MRI is useful as a pharmacodynamic biomarker (Morgan et al, 2003; Liu et al, 2005; Wedam et al, 2006; Jarnagin et al, 2009).

Molecular imaging with fluorodeoxyglucose positron emission tomography computed tomography (FDG-PET/CT) is useful in the management of CRC. Fluorodeoxyglucose positron emission tomography computed tomography already has a role in staging before surgical resection of locally recurrent cancer and metastases and in the assessment of residual masses after treatment. Nowadays, there is growing interest in the role of FDG-PET/CT for the prediction of tumour response to treatment, as metabolic alterations in tumour cells may occur before alterations in tumour size. Several studies indicated a possible role for FDG-PET/CT in the prediction and evaluation of treatment response (Langenhoff et al, 2002; Donckier et al, 2003; Dimitrakopoulou-Stauss et al, 2004; Guillem et al, 2006; Cascini et al, 2006; de Geus-Oei et al, 2008).

Both these imaging tools may be specifically adequate in the prediction of response to anti-angiogenic therapies such as bevacizumab. Biological agents are expensive and thus tools for early prediction of response, allowing us to stop therapy in nonresponders, are needed. Moreover, there exists a need for tools to predict which patients will benefit from surgery after an initial response to chemotherapy. The goal of this study was to prospectively evaluate the role of DCE-MRI and FDG-PET/CT for evaluation of response and for prediction of long-term outcome in patients with potentially resectable colorectal liver metastases treated with bevacizumab before surgery. In addition, histological parameters were analysed on resection specimens and their value for prediction of prognosis was also prospectively evaluated.

### PATIENTS AND METHODS

**Patients**

All eligible patients with a diagnosis of CRC and potentially resectable liver metastases were treated with FOLFOX6 (oxaliplatin 100 mg m\(^{-2}\) per 2 h, leucovorin 400 mg m\(^{-2}\) per 2 h, 5FU bolus 400 mg m\(^{-2}\) per 10 min and 5FU continuous infusion

2400 mg m\(^{-2}\) per 46 h) or FOLFIRI (irinotecan 180 mg m\(^{-2}\) per 90 min, leucovorin 400 mg m\(^{-2}\) per 2 h, 5FU bolus 400 mg m\(^{-2}\) per 10 min and 5FU continuous infusion 2400 mg m\(^{-2}\) per 46 h) and bevacizumab (Avastin, 5 mg kg\(^{-1}\)) before surgical resection of the liver metastases (Figure 1). In total, 5 cycles (cycle duration, 14 days) were given. The fifth cycle was given without bevacizumab to avoid adverse events of bevacizumab such as surgical wound healing or bleeding complications. Carcinogen embryonic antigen (CEA) level was measured at baseline and at the end of chemotherapy.

Dynamic contrast-enhanced magnetic resonance imaging as well as FDG-PET/CT scans were performed before the start of chemotherapy. Pretreatment DCE-MRI scans were performed 4 (IQR: 3–8) days before start and FDG-PET/CT scans 12 (IQR: 8–20) days before therapy start. Follow-up DCE-MRI and FDG-PET/CT scans were acquired 15 days (IQR: 14–19 days) after the last cycle. In addition, a re-evaluation with DCE-MRI was performed after cycle 1 of chemotherapy (early follow-up). About 20 lesions in total could be used for lesion-by-lesion analysis.

The study was approved by the institutional review board of the Ghent University Hospital and written informed consent was obtained from each patient. About 19 patients were included in this prospective pilot study between September 2006 and April 2010. Patient characteristics are summarised in Table 1.

**Dynamic contrast-enhanced magnetic resonance imaging**

Dynamic contrast-enhanced magnetic resonance imaging scans were performed using a 1.5-T superconducting magnet (Magnetom Avanto, Siemens, Erlangen, Germany) with a phased-array body coil (for imaging acquisition and reconstructions; see Supplementary Materials).

The obtained data were imported into a dedicated commercially available software package (MiStar, Apollo Medical Imaging, Melbourne, Victoria, Australia) for further processing. To provide an arterial input function (AIF), a region-of-interest (ROI) was drawn in the middle of the aorta to minimise partial volume effect. For each visible lesion, ROIs were drawn manually to cover the entire perimeter of the metastases. The following parameters were calculated: area under the enhancement curve (AUC; using all 500 dynamic images), initial AUC (iAUC; AUC using the first 60 dynamic images) and K\(_{trans}\). To obtain the parametric maps of K\(_{trans}\), the signal intensity curves from both AIF and ROI were imported and fitted to the Tofts two-compartment model (Tofts et al, 1999) (Figure 2). Only the pixels with a goodness of fit (GOF) higher than 0.5 for this pharmacokinetic model were taken into account. Quantitative values for all pixels were exported to SPSS (SPSS Inc., Chicago, IL, USA) for further statistical analysis.

**Fluorodeoxyglucose positron emission tomography computed tomography**

All examinations were performed according to the standard FDG-PET/CT protocol at the Department of Nuclear Medicine at the Ghent University Hospital. All image analyses were performed by an experienced nuclear medicine physician using the PMOD software (version 3.1, PMOD Technologies Ltd, Zürich, Switzerland).
Clinical Studies

Increase in SUV max or the appearance of a new lesion. Metabolic response (PR) was defined as there was complete resolution of the two target lesions. Partial response consisted of CR and PR. Responders consisted of CR and PR.

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Pathologic examination

To assess the tumouricidal effect of chemotherapy, routine haematoxylin–eosin-stained sections were reviewed by a blinded pathologist. The extent of residual carcinoma was scored semiquantitatively by estimating the proportion of residual cancer cells in relation to the total tumour area as previously described (Blazer et al., 2008). Microvessel density (MVD), an index of angiogenesis, was determined by immunohistochemical expression of CD31. Proliferation activity of cells was evaluated by the Ki-67 index. Immunohistochemical staining was performed on formalin-fixed, paraffin-embedded material of the resection specimen (for details see Supplementary Material available online).

Patient follow-up

Chemotherapy (without bevacizumab) was continued postoperatively as an adjuvant therapy (normally 7 cycles). The date of progression was defined as the earliest date of either progressive or recurrent disease, or death of any cause. Progression-free survival (PFS) was measured from the start date of chemotherapy until the initial date of progression. One patient did not develop progression while on study and the PFS was censored at the date of his last visit. The close-out date of the study was set at 31 July 2011.

Statistical analysis

Differences were assessed for significance by the Mann–Whitney U test and by the Wilcoxon signed rank test for paired data. Correlations were determined by the nonparametric Spearman test. Cancer-related PFS was calculated using Kaplan–Meier estimates and were analysed by log-rank test. Univariate analyses were performed by the Cox proportional hazards model. All hypothesis tests were performed at the 5% significance level, and were two-sided. Statistical analysis was done with SPSS (version 18, SPSS Inc.).

RESULTS

Treatment response and survival

One patient appeared to have no liver metastases and was therefore excluded for all further data analysis. According to RECIST, eight patients had a PR (44.4%), nine patients had stable disease (50%) and only one patient showed PD (5.6%). Two patients did not proceed to surgery owing to evolution of the disease and were therefore excluded from progression-free survival analysis. Median PFS was 10 months and was identical for patients with and without biological resection in case of recurrence of mCRC. The resection was considered as R0 if the resection margins of the liver metastases were free of tumour cells. Two patients did not proceed to surgery owing to evolution of the disease and were therefore excluded from progression-free survival analysis.

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The time between end of chemotherapy and surgery had a significant effect on PFS with an interval time ≤7 weeks being favourable for PFS (14 months compared with 9 months, P=0.013). None of the other patient or treatment characteristics had a significant effect on PFS (Table 2).

### Table I

**Patient characteristics**

| Variable                              | N = 19 (%) |
|---------------------------------------|------------|
| Gender                                |            |
| Male                                  | 12 (63)    |
| Female                                | 7 (37)     |
| Age                                   | 61         |
| Primary tumour location               |            |
| Colon                                 | 16 (84)    |
| Rectum                                | 3 (16)     |
| Synchronicity of liver metastases     |            |
| Synchronous metastases               | 7 (37)     |
| Metachronous metastases              | 11 (58)    |
| No liver metastasis*                  | 1 (5)      |
| Previous chemotherapy for metastatic disease |          |
| Folfiri                               | 1 (5)      |
| Folflox                               | 3 (16)     |
| Xeloda                                | 1 (5)      |
| Folfiri + panitumumab                 | 1 (5)      |
| None                                  | 13 (68)    |
| CEA (ng ml⁻¹)                         |            |
| ≤5                                    | 5 (26)     |
| >5                                    | 13 (68)    |
| Chemotherapy before liver resection   |            |
| Folfiri + bevacizumab                 | 12 (63)    |
| Folfiri + bevacizumab                 | 6 (32)     |
| Postoperative chemotherapy for liver metastases |          |
| Folfloxx                              | 7 (37)     |
| Folfiri                               | 4 (21)     |
| None                                  | 5 (26)     |
| No liver resection                    | 3 (16)     |
| Number of liver metastases           |            |
| ≤3                                    | 9 (47)     |
| >3                                    | 9 (47)     |
| Diameter of the largest lesion        |            |
| ≤5 cm                                 | 12 (63)    |
| >5 cm                                 | 6 (32)     |

Abbreviation: CEA = carcinoembryonic antigen. *Screening failure: this patient received the described chemotherapy regimen for treatment of extrahepatic metastases and was excluded for analysis of the results.

For imaging acquisition and reconstructions and details on image analysis: see Supplementary Materials. The metabolic response was defined by changes in FDG uptake in two liver target lesions, if available, as expressed by the maximum standardised uptake value (SUV max) and was evaluated using the criteria of the European Organisation for Research and Treatment of Cancer (EORTC). Complete metabolic response (metabolic CR) was defined when there was complete resolution of the two target lesions. Partial metabolic response (PR) was defined as >25% decrease in SUV max, progressive disease (PD) was characterised by >25% increase in SUV max or the appearance of a new lesion. Metabolic responders consisted of CR and PR.

Hepatectomy

Liver resection was done at a median of 48 days (IQR: 38–55) after the last administration of preoperative chemotherapy in patients with adequate liver function. Indication for surgery was always discussed with a multidisciplinary team. Type and extent of liver surgery with curative intent were finally decided by the liver surgeon. An oncological but parenchyma sparing resection strategy was considered in all cases with the aim to allow a further...
Dynamic contrast-enhanced magnetic resonance imaging

Changes in DCE-MRI parameters upon treatment with bevacizumab

At baseline, there was a strong correlation between AUC and iAUC (r = 0.841, P < 0.001), a less pronounced correlation between K<sub>trans</sub> and AUC (r = 0.549, P = 0.01) and no correlation between K<sub>trans</sub> and iAUC.

Both AUC and iAUC were significantly decreased after the first cycle of chemotherapy (Figure 3). For AUC, the decrease continued at the follow-up scan. For both measured parameters, a greater change was observed from baseline to the early follow-up scan (median decrease 18% (P = 0.003) and 40% (P = 0.002) for AUC and iAUC, respectively) than from early follow-up to follow-up (median change 9% (P > 0.05) and 0% (P > 0.05) for AUC and iAUC, respectively). The median K<sub>trans</sub> on the other hand increased upon treatment with bevacizumab (median K<sub>trans</sub> of 34, 49 and 65.5 min<sup>-1</sup> per 1000 at baseline, after cycle 1 and at the end of chemotherapy, respectively) but this effect was not significant (Figure 3C).

The pre- and post-treatment AUC, iAUC and K<sub>trans</sub> did not differ significantly between the patients with and those without anatomical response neither between metabolic responders and nonresponders.

Survival

Pretreatment AUC, iAUC and K<sub>trans</sub> were not predictive for survival. Regarding changes from pretreatment to follow-up scans, K<sub>trans</sub> revealed a survival correlation. If ΔK<sub>trans</sub> was dichotomised around the median, a trend towards survival benefit was seen for a higher reduction in K<sub>trans</sub> at both the early (P = 0.086) and the late follow-up scan (P = 0.091). Further exploration of the data showed that patients with an increase > 40% at their early follow-up scan showed a significantly worse survival (9 months vs 14 months) than patients with an increase ≤ 40% in K<sub>trans</sub> (P = 0.026) (Figure 4A). Moreover, compared with baseline, a decrease of K<sub>trans</sub> < 40% on the follow-up scan was
The relationship between radiological and metabolic response is presented in Table 3. In total, six of eight patients with radiological response had metabolic response (sensitivity 75%). About 5 of 10 patients with radiological nonresponse had no metabolic response (specificity 50%).

**Survival**  Patients with a metabolic CR had a significantly longer PFS (14 months) than those without (9 months, \( P = 0.003 \)) (Figure 4C). For patients with metabolic response (CR or PR), median PFS was 12 months, whereas PFS was 10 months for patients without metabolic response \( (P = 0.202) \). The 1-year PFS rates for PET responders and PET nonresponders were 55 and 20%, respectively. Within the PET responders, the 1-year PFS was the highest for the anatomical responders (66% compared with 50%).

Using univariate analysis, the follow-up SUV\(_{\text{max}}\) showed a trend for a worse survival with higher SUV\(_{\text{max}}\) \( (HR 1.196, 95\% \text{ CI } 0.926–1.543, P = 0.170) \). The Kaplan–Meier survival analysis indicated the value of the follow-up SUV\(_{\text{max}}\) to predict survival. If the follow-up SUV\(_{\text{max}}\) was dichotomised at the median value \( (2.85 \text{ g ml}^{-1}) \), higher SUV\(_{\text{max}}\) was correlated with worse PFS \( (10 \text{ months compared with } 14 \text{ months, } P = 0.012) \). The 1-year PFS for a SUV\(_{\text{max}}\) ≥ 2.85 g ml\(^{-1}\) and a SUV\(_{\text{max}}\) higher than 2.85 g ml\(^{-1}\) were 87.5% and 12.5%, respectively.

**Carcinogen embryonic antigen**

Median CEA after chemotherapy \( (8.18 \text{ ng ml}^{-1}) \) was significantly lower compared with CEA at baseline \( (20.95 \text{ ng ml}^{-1}) \) \( (P = 0.008) \). A decrease in CEA was seen in 12 patients while an increase was observed in 4 patients. Of those four patients, three showed PD either metabolically (according to EORTC criteria) or anatomically (according to RECIST).

**Hepatectomy and immunohistochemistry** In one patient, bleeding during surgery occurred. No other adverse event such as difficult resection or bowel perforation, was seen during surgery. Complete pathological response was not observed. Major and minor pathological responses were seen in eight patients.

In two patients, the formalin-fixed, paraffin-embedded tumour material was unsuitable for analysis. Median MVD was 10.9. Progression-free survival was significantly shorter in patients with an MVD greater than 10, compared with patients with lower MVD \( (10 \text{ months compared with } 16 \text{ months, } P = 0.016) \) (Figure 4D).

Proliferation activity of cancer wells was evaluated by the Ki-67 index. Ki-67 values of 50% or more and 80% or more were detected in 13/14 \( (93\%) \) and 4/14 \( (29\%) \) tumours, respectively. No survival benefit could be detected for tumours with lower Ki-67.

**DISCUSSION**

Angiogenesis inhibition remains a promising approach for the development of anticancer therapies. Bevacizumab has already shown to be effective and generally well tolerated in mCRC \( (Hurwitz et al. 2004) \). As bevacizumab treatment results are not predominantly cytoreductive, RECIST is less adequate to predict treatment efficacy. Therefore, we assessed the role of DCE-MRI and FDG-PET/CT for prediction of prognosis in mCRC patients treated with bevacizumab followed by surgery, next to some classical parameters.

A major finding of the present study was the delineation of a potentially important role of DCE-MRI in predicting outcome, both early during treatment and after treatment. An increase in K\(^{\text{trans}}\) of at least 40% after cycle 1 directly correlated with worse PFS. A decrease of more than 40% at the follow-up scan was associated with a better PFS. These findings are in agreement with...
the results of certain trials (Flaherty et al, 2008; Hirashima et al, 2011). Hirashima also demonstrated a relationship between PFS and \( \Delta K^{\text{trans}} \), on the basis of DCE-MRI scans scheduled at other time points in the treatment than in our trial. Other studies did not establish a relationship between \( \Delta K^{\text{trans}} \) and survival (Vriens et al, 2009; de Langen et al, 2011; Li et al, 2011). In contrast with \( K^{\text{trans}} \), iAUC had no correlation with PFS. It is known, however, that compared with parameters calculated using compartmental models, heuristic (semiquantitative) parameters suffer from several limitations (Leach et al, 2005). These limitations include the fact that semiquantitative parameters do not accurately reflect contrast agent concentrations in the tissue of interest, do not have any physiological significance and are influenced by a variety of factors including the injection procedure, scanner model and settings (pulse sequence, gain and scaling factors), and target position in the image.

In a retrospective study, O'Connor et al (2011), using kinetic modelling of DCE-MRI data, showed that tumour shrinkage following treatment with FolFox and bevacizumab could be predicted on the basis of a combination of three variables (median extravascular extracellular volume, tumour enhancing fraction and microvascular uniformity) measured at baseline. It is very well possible that parameters at baseline DCE-MRI are better predictors for survival than parameters measured at scans during follow-up.

Baseline FDG-PET predicted the probability of an objective response, but not the probability of a metabolic response. This was also noted by Bystrom et al (2009). Complete metabolic responders had a significantly better PFS. In addition, we demonstrated that higher FDG uptake at follow-up scan correlated with worse PFS, in accordance to the study of Riedl et al (2007). Hence, our data indicate that after neoadjuvant chemotherapy, high glucose metabolism in liver metastases of CRC is a negative prognostic marker.

In our study, we did not find a correlation between DCE-MRI parameters and the standardised FDG uptake value, which is in agreement with several other studies (Vriens et al, 2009; Bisdas et al, 2010). The lack of correlation between DCE-MRI parameters, anatomical tumour response and SUV\(_{\text{max}}\) suggests that tumour blood flow, tumour shrinkage and tumour glucose metabolism are potentially independent predictors of outcome and that both imaging techniques may provide complementary information.

The time between end of chemotherapy and surgery had a significant effect on PFS. When this time difference was entered as a categorical covariate in survival analysis of the imaging
parameters, both $\Delta K^{\text{trans}}$ and $SUV_{\text{max}}$ remained significantly predictive for PFS.

Association between CEA level and response was evaluated. There was a statistically significant reduction in CEA level in both metabolic and anatomical responders, and a slight but nonsignificant decrease in CEA level in both nonresponder groups (data not shown). As demonstrated by previous studies, tumour angiogenesis, measured by MVD, had a marked impact on prognosis in patients with radical hepatectomy; high MVD was significantly associated with shorter PFS in metastatic liver lesions (Nanashima et al, 1998; Nanashima et al, 2001; Miyagawa et al, 2002; Nanashima et al, 2009). In accordance, we demonstrated that low MVD of the liver metastases is a favourable prognostic factor.

In summary, high relative decrease in $K^{\text{trans}}$, low follow-up $SUV_{\text{max}}$, complete metabolic response and low MVD are favourable prognostic factors for mCRC patients who underwent liver surgery with curative intent after neoadjuvant chemotherapy with bevacizumab.

Some limitations of this study should be considered. The included population was small and heterogeneous. Furthermore, patients were allowed to breathe normally during imaging acquisition, introducing movement artifacts. As a consequence, modelling failures can arise, for example, the Tofts model is not adequate in necrotic areas. To minimise this burden, only $K^{\text{trans}}$ values with GOF > 0.5 are taken into account. It is also important to emphasise that the liver has two blood supplies while the Tofts model only takes into account the AIF, the predominant blood supply of liver metastases.

Further studies should assess the impact of liver resection on PFS in patients with a high relative decrease in $K^{\text{trans}}$ or no complete metabolic response in order to determine if these patients should proceed to surgery.

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