Influence of TBX21 T-1993C variant on autoimmune hepatitis development by Yin-Yang 1 binding

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ABSTRACT

AIM
To investigated the mechanism of the association between the TBX21 T-1993C promoter polymorphism and autoimmune hepatitis type 1 (AIH-1) development.

METHODS
In vivo, In vivo, and reporter analyses were performed to determine the function of transcription factors binding to the T-1993C element of the TBX21 promoter in human CD4+ T and B cell lines. Flow cytometry and quantitative real-time PCR were used to analyze T-box transcription factor (T-bet) and interferon-γ (IFN-γ) expressions in CD4+ T cells, B cells and monocytes from the peripheral blood of AIH-1 patients including 5-1993TC and 15-1993TT genotype carriers, and healthy controls including 10-1993TC and 25-1993TT genotype carriers. Furthermore, a range of biochemical indices was measured simultaneously in the blood of AIH-1 patients.

RESULTS
TBX21-1993C allele created a strong Yin-Yang 1 (YY1)-binding site and decreased transcriptional activity of TBX21 promoter in human CD4+ T and B cells.
Higher levels of T-bet and IFN-γ were detected in the circulating CD4⁺ T cells and B cells of AIH-1 patients carrying the TBX21-1993 TT genotype compared with the patients carrying the -1993 TC genotype and controls with the -1993 TC genotype. T-bet expression levels of circulating T cells and B cells were positively correlated with AIH-1 disease activity. Knockdown of YY1 with siRNA caused increased expression of T-bet and IFN-γ in peripheral blood mononuclear cells in AIH-1 patients.

**CONCLUSION**

The repression of TBX21 expression by high-affinity binding of YY1 to the -1993C allele may contribute to a decreased development of AIH-1 via suppression of type 1 immunity.

**Key words:** TBX21; Single nucleotide polymorphism; Yin-Yang 1; T helper cells; B cells; Autoimmune hepatitis

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**Core tip:** The -1993C allele in the TBX21 gene (encoding T-bet) promoter has been shown to be associated with protection against autoimmune hepatitis type 1 (AIH-1), but the underlying mechanisms are unknown. We found that the TBX21-1993C allele created a strong Yin-Yang 1 (YY1)-binding site and decreased T-bet expression. Reduced T-bet and IFN-γ expression of circulating CD4⁺ T cells and B cells existed in the individuals carrying the -1993C allele compared with those without the -1993C allele and played a protective role in AIH-1 development. The repression of T-bet expression by high-affinity binding of YY1 to the -1993C allele may contribute to a decreased development of AIH-1 via the suppression of type 1 immunity.

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**INTRODUCTION**

Autoimmune hepatitis (AIH) is a progressive inflammatory liver disorder characterized by hypergammaglobulinemia, circulating autoantibodies, and histological evidence of a florid mononuclear cell infiltration, which is referred to as interface hepatitis[12,13]. AIH type 1 (AIH-1) is distinguished by the presence of circulating antinuclear antibodies (ANAs) and/or smooth muscle antibodies (SMAs), and is the predominant form of AIH in adults. Although genetic factors, such as human leucocyte antigen HLA-DR3 and HLA-DR4, are associated with the development of AIH, Other factors contributing to the aetiology and the pathogenic process of AIH remains unclear. While most patients with AIH respond well to immunosuppressive therapy, about 10%-20% of the cases still progress to cirrhosis and require the liver transplantation[3,4]. Therefore, It is important to understand the pathogenesis of AIH in the management of patients with AIH.

Although the pathogenic initiating events are unknown, AIH-1 is believed to be mediated by CD4 T cells that recognize one or more liver-specific self antigenic peptides, and histological evidences show the presence of interferon-γ (IFN-γ)-producing T helper type 1 (Th1) cells in liver[5,6]. These imply the importance of Th1-like immune response in the pathogenesis of AIH. A recent study suggests that B cells also contribute to the development and progression of AIH[7]. Activated B cells can differentiate into CD38⁺ plasma cells that secrete antibodies, such as ANA and SMA[8,9]. B effector 1 cells (Be1) can function as antigen presenting cells to present antigen determinants to trigger T-cell activation and secrete IFN-γ to regulate autoimmunity[10,11]. The T-box transcription factor, T-bet, is required for IFN-γ production and the generation of type 1 immunity[12]. Initial studies demonstrated that T-bet is expressed in developing the Th1 cells and mediates IFN-γ production, Th1 differentiation, and repression of the alternative Th2 program[13]. Recent studies have highlighted the importance of T-bet in other cellular subtypes implicated in the type 1 immune response, such as dendritic cells, natural killer (NK) cells, natural killer T (NKT) cells, and CD8⁺ T cells. T-bet has also been shown to regulate IFN-γ production by Be1 cells[14,15]. The high level of T-bet production which is associated with increased numbers of IFN-γ-producing B cells have been identified in the blood and lymphoid tissues of mice and humans with autoimmune disorders, such as systemic lupus erythematosus (SLE) and rheumatoid arthritis[10,11]. Furthermore, high T-bet production is associated with the pathogenesis of T-cell-mediated liver injury in conA murine model[16]. It-bet-deficient mice immunized with myelin oligodendrocyte glycoprotein were resistant to the development of experimental autoimmune encephalomyelitis[17]. In a murine lupus model, the absence of T-bet strikingly reduces B cell-dependent manifestations, including autoantibody production, hypergammaglobulinemia, and immune-complex renal disease, and abrogates IFN-γ-mediated IgG2a production[18]. Although the role of T-bet has been studied in a variety of autoimmune diseases in mice, its relative importance in human AIH is not characterized.

Genetic variations in the nucleotide sequences of promoters can contribute to the altered expression of genes in complex inherited diseases[19,20]. In this regard, a genetically induced increase in T-bet production may result in the expansion of either polarized Th1 cells to promote the type 1 immune response or the Be1 cell compartment to gain a greatly enhanced T cell activation capability. Three single nucleotide polymorphisms (SNPs) at -1993(C/T), -1514(C/T), and
-999(G/A) sites of the TBX21 gene (encoding T-bet) promoter have been identified\(^\text{[22]}\). We have previously found that the T-1993C variant, which increased the transcription factor YY1 binding to the TBX21 promoter in Jurkat T cell lines, subsequently caused lower transactivation of the promoter\(^\text{[22]}\). Furthermore, our case-control study (84 cases and 318 control subjects) demonstrated that TBX21 T-1993C SNP was associated with susceptibility to AIH\(^\text{[23]}\). Individuals carrying the -1993C allele had a decreased risk to AIH-1 compared with those without the -1993C allele (OR = 0.22; 95%CI: 0.09-0.56; \(P = 0.0016\)). Recently, the TBX21 T-1993C variant has been shown to be associated with hepatitis viruses HBV and HCV, alcohol intake, coexisting autoimmune diseases, serum levels of alanine transaminase (ALT), aspartate aminotransferase (AST), alkaline phosphatase and bilirubin, and full blood cell counts. Autoantibodies were determined by indirect immunofluorescence on murine tissue sections (Euroimmun Medizinische Labordiagnostika AG, Lübeck, Germany), and a serum titer of 1:100 or greater was considered positive for all antibodies. All patients underwent liver biopsies to evaluate disease activity at the time of entry. The histological diagnosis of cirrhosis required a loss of the normal lobular architecture, reconstruction of hepatic nodules and presence of regenerative nodules.

**MATERIALS AND METHODS**

**Subjects**

A total of 20 patients with new onset were enrolled in this study at Southwest Hospital (Chongqing, China). Of these 20 patients, 5 were carriers of the -1993TC genotype and 15 were carriers of the -1993TT genotype. All the patients fulfilled the criteria for AIH according to the 1999 revised scoring system of the International Autoimmune Hepatitis Group (IAIHG)\(^\text{[25]}\) and were therefore found to be eligible for the study. Only pretreatment scores were analyzed. A definite diagnosis of AIH based on the IAIHG criteria requires a pretreatment score exceeding 15. Patients were excluded from the study if there was histological evidence of cholangitis or non-alcoholic steatohepatitis.

In addition, patients who were positive for hepatitis B virus (HBV)-surface antigen (HBsAg) or hepatitis C virus (HCV)-RNA were also excluded. Patients with other causes of liver disease, such as excess alcohol or drug use, or those who had received immunosuppressive therapies or glucocorticoid therapies within the past 6 mo were excluded based on reviews of their appropriate history and investigations. The control population comprised 35 healthy Chinese Han adults, who were volunteer blood donors from Chongqing, China. They were matched with type 1 AIH patients for age, gender, and TBX21 genotyping (10-1993TC and 25-1993TT genotype carriers), and had no history of any chronic inflammatory disease. All subjects provided written consent to participate in the present study. This study was approved by the Ethics Committee of Southwest Hospital, Chongqing. The demographic and clinical characteristics of these subjects are shown in Table 1.

**Clinical examination**

The clinical data of each subject were collected from the hospital records. These data included age, sex and age at diagnosis, time of onset of symptoms or other evidence of liver disease, markers of infection with hepatitis viruses HBV and HCV, alcohol intake, coexisting autoimmune diseases, serum levels of alanine transaminase (ALT), aspartate aminotransferase (AST), alkaline phosphatase and bilirubin, and full blood cell counts. Autoantibodies were determined by indirect immunofluorescence on murine tissue sections (Euroimmun Medizinische Labordiagnostika AG, Lübeck, Germany), and a serum titer of 1:100 or greater was considered positive for all antibodies. All patients underwent liver biopsies to evaluate disease activity at the time of entry. The histological diagnosis of cirrhosis required a loss of the normal lobular architecture, reconstruction of hepatic nodules and presence of regenerative nodules.

**Cell culture and peripheral blood mononuclear cell isolation**

Jurkat cells (CD4+ human T lymphoblasts) and Raji cells (human B lymphocytes) were cultured in RPMI 1640 medium supplemented with 10% fetal calf serum, 2 mmol/L glutamine, 100 U/mL penicillin and 50 mg/mL streptomycin as described previously\(^\text{[23]}\).
Human peripheral blood mononuclear cell (PBMC) were obtained by Ficoll-Paque density centrifugation (Amerham Pharmacia, Uppsala, Sweden) of whole blood from AIH-1 patients.

Electrophoretic mobility shift assay

The electrophoretic mobility shift assay (EMSA) was performed by the method described previously[22]. The synthesized oligonucleotides (5'-TACGGAGAGAG TGG(T)GGTAAAGGTGGTGG-3' corresponding to the -2006/-1980 region of the human TBX21 gene with -1993T and 5'-TACGGAGAGAGGGCCTCCGCTCCCCGGCCATCTTGGCGGCTGGT-3', and the sequences containing --1993T or -1993C. Supershifts were performed with antibodies to YY1, C/EBPβ (N-10) and c-Jun (N) that were purchased from Santa Cruz Biotechnology. PCR was performed using the ChIP Express kit (Active Motif, Carlsbad, CA, United States) as described previously. For the competition assay, non-labeled double stranded DNA (dsDNA) fragments consisting of the following sequences were used: YY1 5'-CGCTCCCCGCTGTCTCCGGTAT-3', and the sequences containing --1993T or -1993C. Supershifts were performed with antibodies to YY1, C/EBPβ (N-10) and c-Jun (N) that were purchased from Santa Cruz Biotechnology. All EMSA experiments were repeated more than three times, and a representative result for each experiment is shown.

Chromatin immunoprecipitation

The chromatin immunoprecipitation (ChIP) assay was performed using the ChIP-IT Express kit (Active Motif, Carlsbad, CA, United States) as described previously[22]. The following antibodies were used: a rabbit anti-YY1 (C-20; Santa Cruz Biotechnology), anti-C-Jun (N; Santa Cruz Biotechnology), ant-C/EBPβ (Santa Cruz Biotechnology) and a nonspecific rabbit IgG (Santa Cruz Biotechnology). Nuclear extracts were prepared from Jurkat and Raji cells as described previously. For the competition assay, non-labeled double stranded DNA (dsDNA) fragments consisting of the following sequences were used: YY1 5'-CGCTCCCCGCTGTCTCCGGTAT-3', and the sequences containing --1993T or -1993C. Supershifts were performed with antibodies to YY1, C/EBPβ (N-10) and c-Jun (N) that were purchased from Santa Cruz Biotechnology. All EMSA experiments were repeated more than three times, and a representative result for each experiment is shown.

Plasmid constructs

A reporter plasmid carrying luciferase gene under the control of a 2.2-kb TBX21 promoter fragment carrying the -1993T or -1993C allele was used as described previously[22]. The pCMV6-Y1 vector expressing full-size YY1 and its control pCMV6-XL5 were obtained from OriGene.

Cell transfection and luciferase assay

Harvested cells were suspended in each culture medium supplemented with additional 10% fetal calf serum (FCS). Jurkat cells and Raji cells (2 x 10^5 cells in 0.5 mL) were cotransfected with 5 μg of the test construct and 25 ng of the pRL-TK Renilla reporter plasmid (Promega) using Nucleofector Kit V(LONZA) according to the manufacturer's protocol. The coexpression analysis, 3 μg of pCMV-Y1 or control pCMV6-XL5 was added into the cell suspension. The luciferase activity was measured, as described previously[22].

siRNA-mediated suppression of YY1 expression in the PBMCs of AIH-1 patients

The isolated PBMCs were plated at a density of 10^6 cells/ml as described above. siRNA targeted against YY1 (sc-36864) and siRNA consisting of a scrambled sequence that would not lead to specific degradation of any cellular message (control) were purchased from Santa Cruz Biotechnology. The cells in 1 mL of medium were incubated in 5 mmol/L YY1-siRNA in the Nucleofector transfection reagent at room temperature with gentle agitation. Two hours after transfection, fresh medium was added to provide the cells with sufficient nutrients, and the transfected cells were harvested after 48 h for RNA extraction.

RNA isolation and real-time PCR analysis of the mRNA expression levels of YY1, T-bet and IFN-γ

The Trizol-purified (Sigma, St. Louis, United States) total RNA (2 μg) from PBMCs was used for cDNA synthesis with the RevertAidTM First Strand cDNA Synthesis Kit (Fermentas, Canada) following the manufacturer's instructions. The mRNA expression levels of IFN-γ and of nuclear factors such as YY1 and T-bet were quantified by real-time PCR, and the level of β-actin mRNA was also detected as an internal control for each sample.

The relative mRNA expression levels of genes were determined using the comparative (2-ΔΔCt) method. The following primer sequences were used for this analysis: IFN-γ 5'-TCAGATGTAGCGGATAATGGAAC-3' and 5'-TTCCCTTGATGTTGCTCCACACTC-3'; T-bet 5'-CCCACTTTGAAACATGACCA-3' and 5'-CAGCACACTCTTTTGAGGAGGAG-3'; 5'-YY1 GCCATACTGGGC CATGAGAA-3' and 5'-ATAAGGCTGGCTTCGATT-3'.

T-bet and IFNγ expression by flow cytometry

The experiments were performed on whole blood using the BD FastImmune CD4 Intracellular Cytokine Detection Kit (cat# 340970, BDIS, San Jose, CA, United States) according to the manufacturer's instructions. In order to identify Th1 and B effector cells, 0.5 mL heparinized whole blood was stimulated with 2.5 μg/mL PMA and either the anti-CD28/anti-CD49d co-stimulatory monoclonal antibodies (final concentration of 1 μg/mL) or IFN-α2b (2000 U/mL, Schering-Plough, United States) and anti-IFNγ-Cy5.5/anti-CD27-PE/anti-CD20-APC (eBioscience). Isotype-matched control antibodies were included to detect non-specific binding to the cells. Each analysis was...
performed using at least 50 000 cells that were gated in the region of the lymphocyte population, as determined by light-scatter properties (forwardscatter versus side-scatter). To analyze the expression of IFN-γ and T-bet in lymphocytes (CD4⁺ T cells and CD20⁺ B cells), cells were gated in both the lymphocyte and CD4⁺/CD20⁺ regions. The dot plots display the events as cytokine⁺ versus CD69⁺ T or CD27⁺ B cells. The specific responses of the lymphocytes to stimuli were obtained by subtracting the percentage of positive events in the unstimulated sample from that in the activated samples. The isotype-corrected responses of the unstimulated samples were subtracted from those of the activated samples.

**Statistical analysis**

Data are expressed as mean ± SD. All statistical analyses were performed in SPSS 19.0 software. The difference between the groups was analyzed by parametric Student's t-test or nonparametric Mann-Whitney U test. Correlations were examined by Pearson correlation. P values < 0.05 were considered significant.

**RESULTS**

**General information**

To determine the potential role of CD4⁺ T and B cells in the pathogenesis of AIH, 20 patients with active AIH and 35 gender- and age-matched healthy controls were recruited. There was no significant difference in the distribution of age and gender between the patients and healthy controls (Table 1). As expected, the concentrations of serum ALT and AST and total bilirubin in the patients were significantly higher than that in the healthy controls. Furthermore, 15 of 20 patients with active AIH were positive for anti-ANA antibodies, three were positive for anti-SMA.
antibodies, and two were positive for both. In addition, abnormally higher levels of serum IgG were detected in the patients, demonstrating the liver damage and hypergammaglobulinaemia in the AIH-1 patients.

**Binding profile of transcription factor to the T-1993C polymorphism site in CD4 T and B cells**

The results of EMSA showed the formation of two specific DNA-protein complexes (1 and 2) for both -1993T and -1993C allelic probes (Figure 1A and B). The addition of antibody against YY1 led to abrogation of only complex 2 in both the -1993T and -1993C probes (Figure 1A, lanes 3 and 4; Figure 1B, lanes 9 and 10), suggesting that YY1 participates in complex 2 formation. AP1, HSF1 and C/EBPβ did not seem to be involved in the formation of complexes 1 and 2 (Figure 1A, lanes 5-10; Figure 1B, lanes 3-8). A competition assay was performed to confirm whether the -1993C probe interacted more efficiently with the YY1 protein compared with the -1993T. It was found that the complexes formed with the -1993C probe were consistently more intense than these with -1993T (Figure 1C), which was consistent with the results of our study using Jurkat T cells[22]. In comparison with complex 1, we also observed that complex 2 required higher concentrations of competitors to diminish its band intensity. These data indicate that the complexes contain sequence-specific DNA-binding proteins and that the T-1993C SNP resides in a functionally important nucleotide, and is perhaps more relevant for complex 2.

ChIP assay was performed to further determine if YY1 binds to the T-1993C element of the TBX21 promoter in vivo. PCR amplification with the primers specific to the TBX21 promoter region, wherein the YY1-binding sites exist at the T-1993C locus, demonstrated a 137-bp product in both Jurkat and Raji chromatin after immunoprecipitation with the anti-YY1 antibody, but not with the anti-C/EBPβ and anti-C-Jun antibodies, or rabbit IgG (Figure 1D). These results demonstrate the direct interaction of YY1 with the TBX21 promoter in a non-cell-specific manner.

**Transcriptional effect of YY1 at the T-1993C polymorphism site on the TBX21 promoter in CD4 T and B cells**

Luciferase reporter assay was performed to study transcriptional regulation of the TBX21 promoter constructs carrying either the -1993T or -1993C allele in the Jurkat T cell and Raji B cell lines. The luciferase activity derived from the -1993T promoter was significantly higher than that from the -1993C promoter in both cell lines (P < 0.01) (Figure 2). These data indicate that TBX21-1993C is significantly less active than the -1993T allele in a non-cell-specific manner. We further examined whether the transfection of a YY1 expression vector induced changes in the promoter activity of the -1993T and -1993C constructs in both Jurkat T cells and Raji B cells. We found that the luciferase activity derived from the -1993T promoter was 4-fold lower in the presence of overproduced YY1, and that from the -1993C promoter decreased only by approximately 2-fold (P < 0.01) (Figure 2). These results demonstrated that the YY1 motif upstream of the T-1993C polymorphism plays a strong negative regulatory role in the activity of the TBX21 promoter, and the -1993C promoter responds to YY1 better than the -1993T promoter.

**Association of IFN-γ and T-bet expression of circulating CD4 T cells and B cells with AIH-1 activity**

Flow cytometric analysis revealed that the T-bet expression of circulating CD4+ T cells and CD20+ B cells in active AIH-1 patients was significantly greater than that in controls (Z = -3.92, P < 0.01, Z = 2.43, P < 0.05,) (Figure 3A and C). The levels of IFN-γ production in circulating CD4+ T cells and CD20+ B cells from active AIH-1 patients were significantly higher than that from controls (Z = -4.89, P < 0.01; Z = 2206, P < 0.05) (Figure 3B and D). These data indicate an involvement of Th1 inflammation in Chinese patients with active AIH-1. The disease activity, represented by the IAIHG score, was positively correlated with T-bet expression in CD4+ T cells and...
A-D: Flow cytometry showing the percentage of cells positive for T-bet and IFN-γ. No significant difference in IFN-γ production was observed between in the -1993TC patients and 5A-D). No significant difference in IFN-γ production and B cells from AIH-1 patients carrying -1993TC and -1993TT genotypes (Figure 4). The T-bet -1993TT genotypes, and from healthy controls carrying expression and IFN-γ production in circulating T cells.

Flow cytometry was performed to analyze T-bet expression and IFN-γ production in circulating CD4+ T cells and CD20+ B cells from the peripheral bloods of 20 active AIH-1 patients and 35 healthy subjects; E-F: The correlation between the percentage of T-bet-expressing B cells or T cells and the IAIHG score in active AIH-1 patients. IAIHG, the International Autoimmune Hepatitis Group. *P < 0.05, **P < 0.01 vs controls.

CD20+ B cells from active AIH-1 patients (Figure 3E and F). Together, these results suggest an association between AIH-1 development and T-bet expression of circulating T cells or B cells.

**T-bet and IFN-γ expression of circulating CD4+ T and B cells in -1993TT homozygous and -1993TC heterozygous patients with active AIH-1**

Flow cytometry was performed to analyze T-bet expression and IFN-γ production in circulating T cells and B cells from AIH-1 patients carrying -1993TC and -1993TT genotypes, and from healthy controls carrying -1993TC and -1993TT genotypes (Figure 4). The T-bet expression in CD4+ T cells and CD20+ B cells was significantly higher in the -1993TT patients than in the -1993TC patients and the -1993TT controls (Z = -2.75, P < 0.01; Z = -4.33, P < 0.01; Z = -4.21, P < 0.01; Z = -2.75, P < 0.05 respectively) (Figure 5A-D). No significant difference in T-bet expression was observed between the -1993TC patients and -1993TT controls. The results demonstrated that increased IFN-γ and T-bet expression in circulating T and B cells from AIH-1 patients might result primarily from the -1993TT homozygous patients with AIH-1.

**Effect of YY1 knockdown on T-bet and IFN-γ expression in the peripheral blood of AIH-1 patients**

Knockdown of YY1 with siRNA was performed to analyze whether YY1 affects T-bet and IFN-γ expression of circulating CD4+ T and B cells in AIH-1 patients. Real-time PCR assay showed that YY1 siRNA significantly lowered the YY1 mRNA level in PBMCs from AIH patients (t = 13.83, P < 0.01) (Figure 6). The levels of T-bet and IFN-γ mRNA were up-regulated in the YY1-siRNA PBMCs compared with that in the control-siRNA PBMCs (t = -7.61; t = 12.11, P < 0.01 respectively) (Figure 6). These results suggested that YY1 affects type 1 immunity of AIH-1 patients by T-bet-mediated regulation.

**DISCUSSION**

Alterations in T-cell function and cytokines have been demonstrated to play a central role in AIH[2,27]. In human, liver tissue injury in AIH is also mediated by CD4+ and CD8+ T cells[28]. T-bet plays a critical role in both the development and maintenance of Th1 cells, and has been proved to be a positive transcriptional...
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regulator of IFN-γ production in CD4+ T cells, CD8+ T cells, and B effector cells[15]. Prominent T-bet-positive lymphocytes have been found in both the lobular and portal infiltrate of human AIH[20]. T-bet together with IFN-γ were highly expressed in the inflamed liver tissue of a mouse model of fatal AIH[20]. To date there are no data concerning the expression of T-bet in circulating lymphomononuclear cells from AIH patients. Previous studies have indicated that the Th1/Th2 balance in peripheral blood of AIH patients is shifted towards Th1 cytokines and circulating cytochrome P4502D6-specific CD4+ T cells producing IFN-γ are present in AIH patients[21].

In this study, we first showed that active AIH-1 patients exhibited higher T-bet and IFN-γ expression in peripheral blood CD4+ T cells than healthy controls. The increased expression of T-bet was associated with an increased production of IFN-γ by peripheral blood
CD4⁺ T cells, thus supporting the involvement of Th1 polarization in the pathogenesis of AIH-1. We found that the T-bet expression and IFN-γ production of circulating CD20⁺ B cells in AIH-1 patients increased significantly compared with that in the controls, which was consistent with other studies that demonstrated an elevation of T-bet and IFN-γ expression in circulating B cells from patients with other autoimmune diseases, such as coeliac disease and SLE[32,33]. Moreover, T-bet expression levels in peripheral blood T and B cells were directly correlated with the IAIHG score, suggesting an association between circulating T-bet-expressing T cells or B cells and disease activity. T-bet is expressed at low levels in naive B cells, but B cells in the presence of polarized Th1 cells and antigens were able to develop into high-IFN-γ-producing B cells that also express high levels of T-bet and are capable of promoting the differentiation of naive T cells into Th1 effectors[41]. The cognate interactions that occur between T-bet-expressing and IFN-γ-producing T cells and B cells may result in the amplification of type 1 immune responses. Whether this mechanism contributes to AIH development requires further investigations.

Recent studies have shown that TBX21 T-1993C polymorphism is associated with susceptibility to autoimmune diseases including AIH[32,34]. To eliminate the possible effect of the T-1993C polymorphism on the regulation of the extensive activation of immune responses in AIH-1, we determined the expression of T-bet and production of IFN-γ in peripheral blood CD4⁺ T cells and CD20⁺ B cells from the peripheral bloods of active AIH-1 patients including 5-1993TC and 15-1993TT genotype carriers, and healthy subjects including 10-1993TC and 25-1993TT genotype carriers. P < 0.05, P < 0.01, vs controls; P < 0.01, TT vs TC.

**Figure 5** Expression of T-bet and IFN-γ in the peripheral blood of AIH-1 patients carrying -1993TC and -1993TT genotypes. A-D: Flow cytometry showing the percentage of cells positive for T-bet and IFN-γ expression among the stimulated CD4⁺ T cells and CD20⁺ B cells from the peripheral bloods of active AIH-1 patients including 5-1993TC and 15-1993TT genotype carriers, and healthy subjects including 10-1993TC and 25-1993TT genotype carriers. P < 0.05, P < 0.01, vs controls; P < 0.01, TT vs TC.
PBMCs were isolated from 20 AIH-1 patients. PBMCs were transfected with YY1-siRNA or control-siRNA. Forty-eight hours after transfection, the mRNA expression levels of YY1, T-bet and IFN-γ were measured by real-time PCR. \( P < 0.01 \) vs control. PBMCs: Peripheral blood mononuclear cell.

Figure 6  Effects of YY1 knockdown on T-bet and interferon-γ expression in peripheral blood mononuclear cells from autoimmune hepatitis type patients. PBMCs were isolated from 20 AIH-1 patients. PBMCs were transfected with YY1-siRNA or control-siRNA. Forty-eight hours after transfection, the mRNA expression levels of YY1, T-bet and IFN-γ were measured by real-time PCR. \( P < 0.01 \) vs control. PBMCs: Peripheral blood mononuclear cell.

**ARTICLE HIGHLIGHTS**

**Background background**

Autoimmune hepatitis (AIH) is an autoimmune disease that involves aberrant B and T lymphocyte responses. T-box transcription factor (T-bet) is a key regulator for the lineage commitment in CD4+ T-helper 1 and B effector 1 cells by activating the hallmark production of interferon-γ (IFN-γ). Although the role of T-bet has been studied in a variety of autoimmune diseases in mice, its relative importance in human AIH is not characterized. Detailed knowledge about T-bet-mediated immune responses will therefore enhance our understanding of the pathogenesis of AIH and might support the development of new immunomodulatory treatment approaches.

**Research motivation**

TBX21, which encodes T-bet, harbors many common polymorphisms at a strong linkage disequilibrium, and distinct TBX21 haplotypes are associated with autoimmune diseases in ethnically distinct populations. Our case-control study (84 cases and 318 control subjects) demonstrated a common single nucleotide polymorphism (SNP) at the -1993 site of the TBX21 gene promoter that was associated with susceptibility to type 1 AIH (AIH-1) in a Chinese population. Individuals carrying the -1993C allele had a decreased risk to AIH-1 compared with those without the -1993C allele \((OR = 0.22; 95%CI: 0.09-0.56; P = 0.0016)\). Functional studies are necessary to dissect the mechanisms underlying the contribution of natural genetic variations to TBX21 dysregulation and the susceptibility to AIH-1 development.

**Research objectives**

In this study, the authors determined the characterization of transcription factor binding to the T-1993C SNP site of the TBX21 promoter in CD4+ T and B cell lines, and measured the expression of T-bet and IFN-γ in peripheral blood CD4+ T cells and B cells from active AIH-1 patients carrying -1993CT and -1993TT genotypes, compared with healthy controls carrying -1993TT and -1993CT genotypes, in an attempt to provide functional evidence for the association of the TBX21 T-1993C promoter polymorphism and AIH-1 development.

**Research methods**

*In vivo, in vitro, and reporter analyses were performed to determine the function of transcription factor Yin-Yang 1 (YY1) binding to the T-1993C element of the TBX21 promoter in human CD4+ T and B cell lines. Flow cytometry and quantitative real-time PCR were used to analyze T-bet and IFN-γ expressions in CD4+ T cells, B cells and monocytes from the peripheral blood of AIH-1 patients including 5-1993TCT and 15-1993TCT genotype carriers, and healthy controls including 10-1993TC and 25-1993TCT genotype carriers. Furthermore, knockdown of YY1 with siRNA was performed to investigate T-bet-mediated
regulation of immune response in peripheral blood of AIH-1 patients. The difference between the groups was analyzed by parametric Student’s t-test or nonparametric Mann-Whitney U test. Correlation of T-bet expression in CD4+ T cells and B cells from active AIH-1 patients with AIH disease activity, represented by the International Autoimmune Hepatitis Group score, were examined by Pearson correlation.

**Research results**

TBX21-1993C allele created a strong Yin-Yang 1 (YY1)-binding site and decreased TBX21 promoter activity in human CD4+ T cells. Higher levels of T-bet and IFN-γ were detected in the circulating CD4+ T cells and B cells of AIH-1 patients carrying the TBX21-1993 TT genotype compared with the patients carrying the -1993 TC genotype and controls with the -1993 TC genotype. T-bet expression levels of circulating T cells and B cells were also positively correlated with AIH-1 disease activity. Knockdown of YY1 with siRNA caused increased expression of T-bet and IFN-γ in peripheral blood mononuclear cells in AIH-1 patients. This study has limitations, such as a relative small sample size and the lack of functional study of T-bet-expressing T and B cells in the pathogenic process of AIH, as well as no information about T-bet-expressing T and B cells infiltrates in the liver.

**Research conclusions**

Reduced T-bet and IFN-γ expression of circulating CD4+ T cells and B cells existed in the individuals carrying the -1993C allele compared with those without the -1993C allele, and played a protective role in AIH-1 development. Moreover, the authors propose a schematic model showing high-affinity binding of YY1 to the -1993C allele site leading to down-regulation of the TBX21 promoter activity, a mechanism for a promoter polymorphism affecting T-bet expression in AIH.

**Research perspectives**

Further studies are necessary to identify polymorphisms in other loci of the genome and to analyze their association with the T-1993C polymorphism for further elucidation of the genomic background of AIH. Furthermore, further longitudinal studies are necessary to analyze the numbers and function of T-bet-expressing T and B cells in the pathogenic process of AIH-1 with a bigger population.

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