### Observation and assessment form

**Employee (name and professional title)**

**Workplace/employer**

**Participants in the workplace visit**

| List your usual work tasks | How often the work task (in question) occurs? | How much low back pain (LBP) interferences the job performance? | Order of priority of work-targeted development measures: |
|---------------------------|-----------------------------------------------|---------------------------------------------------------------|----------------------------------------------------------|
|                           | 4 = **continuously** *(e.g. throughout the day, several time an hour)* | 4 = pain prevents working |
|                           | 3 = **often** *(e.g. several times a day)* | 3 = pain complicates work tasks, a lot |
|                           | 2 = **regularly** *(e.g. few times a week, maybe once a day)* | 2 = pain complicates work tasks, somewhat |
|                           | 1 = **occasionally** *(e.g. once a week or month)* | 1 = pain complicates work tasks, a bit |
|                           | 0 = no pain at all | 0 = no pain at all |

The priority of the measures was determined by multiplying the figure that described the frequency of work tasks by the figure that described the effect of LBP on the performance of the specific task.
## Appendix 1. Observation and assessment form

| Issue that causes problems in the work task | Description of the solutions and work development measures | Viability | Person in charge and timetable | Follow-up | Finished |
|--------------------------------------------|----------------------------------------------------------|-----------|-------------------------------|-----------|----------|
| Write here the work tasks that cause problems according to the order of priority; the higher priority number the more important it is to solve that problem. - What is the problem? - What causes problem? | Development measures can be targeted into the following ergonomic items: 1. work environment and workspaces, 2. work arrangements, 3. tools and other technical solutions, 4. worker physical exertion at work (work postures and movements), 5. other solution | Yes or No | Who is responsible for the development measure and what is the timetable | Agree the type of follow-up: phone call or workplace visit | When the development measure is completed |