Research Article

Growth and Performance of Baby Spinach (Spinacia oleracea L.) Grown under Different Organic Fertilizers

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Spinacia oleracea L. (baby spinach) is a relatively new leaf vegetable crop in Zimbabwe, so the agronomic performance is unknown. A 3-year field experiment was done at the Seke Teachers College research farm, Zimbabwe. The research evaluated the response of baby spinach to different types of organic manure sources, days after fertilizer application (DAS), and growing season. A 3 × 2 factorial in a completely randomized block design (CRBD) with three replicates was used. Baby spinach cultivar, Dash, was grown on three organic manures (goat applied at 14.894 t ha⁻¹, cattle at 17.789 t ha⁻¹, and poultry at 13.807 t ha⁻¹) in winter 2018, 2019, and 2020. Compound D (7% N, 14% P, and 7% K) at 300 kg ha⁻¹ was included as a control. Crop growth rate, leaf area index, leaf area ratio, net assimilation rate, total dry matter production, and harvest index were measured on 7-day intervals from 14 to 35 days after transplanting. Analysis of variance (ANOVA) to compare the effects of the treatments on the baby spinach growth parameters was done. Significant (p < 0.05) interactions on the type of organic manure × DAS × growing season were observed on all the measured response variables. There were varied effects of organic manures on growth performance at 14 to 28 DAS where poultry manure had higher growth performance compared to cattle and goat manure. Generally, there was a significant (p < 0.05) gradual increase in growth from 14 to 35 DAS on the organic manures and a decline from day 28 to 35 DAS under compound D. Low quality (large C/N) cattle and goat manure had lower effects than high quality (small C/N) poultry manure at early growth stages of the baby spinach. Unlike compound D, organic manure continuously supplied adequate nutrients throughout the life cycle (35 DAS) of the baby spinach.

1. Introduction

Spinacia oleracea L. (baby spinach) is a relatively new leaf vegetable in Zimbabwe belonging to the Amaranthaceae family. The crop is high in human nutrients and has relatively high levels of bioactive compounds like vitamins A and C and minerals [1]. The baby spinach is a quick maturing, cool season crop that grows well under the temperature of 5°C to 30°C, though growth is accelerated at 15°C to 18°C [2]. The baby spinach is a short season crop that is harvested when still young and has relatively low nutrient uptake. The crop grows slowly in the early stages and accelerates during the final 21 days before harvest [2]. The baby spinach leaves are relatively small (7.5–10 cm) and can be harvested up to 35 days after planting. The nitrogen (N) requirement for the baby spinach varies from 21 to 45 kg ha⁻¹, 63 to 138 kg ha⁻¹ P, and 22 to 45 kg ha⁻¹ K [3]. The crop adapts well to a variety of soils but favours the sandy loam [2]. It requires slightly acid to slightly basic soil (pH 6-7.5) but can tolerate soils with a pH of above 8.0 [4].

Organic fertilizers, such as farmyard manure, poultry and goat manure, and biofertilizers, can be substitutes for the inorganic fertilizers in the production of baby spinach [5]. Organic fertilizers have associated cobenefits such as improving the soil aggregation thereby modifying soil physical properties, e.g., water holding capacity and
aeration. Nevertheless, the effect of organic manure on soil and crop productivity varies with its quality. The quality of organic manure refers to its chemical composition in relation to nutrient content, which was shown to strongly influence the rate of decomposition [6]. The quality of manure influences the rate of mineralisation and hence the availability of N and other nutrients to the plants. Much research on organic matter quality has linked the quality of manure to its mineralisation [6, 7]. Generally, high quality (small C/N) organic manure, e.g., poultry manure, has a higher rate of mineralisation than low quality (large C/N) like cattle manure. It is, therefore, imperative to know the type of organic manure leading to high crop growth and performance for any particular soil type.

The organic manure can also affect the quality of the baby spinach leaves. The quality of baby spinach leaves was noted to be directly influenced by the soil nutrient content [1]. High levels of readily available N were shown to reduce leaf quality of the baby spinach by increasing the leaf nitrate concentrations [8, 9]. However, low available N resulted in stunted leaf leading to poor physiochemical quality of the crop. The application of inorganic fertilizers was positively correlated with high leaf nitrate concentrations in the early growth stages of the baby spinach [9]. This was due to the quick-release effects of the inorganic fertilizers. Leaves with low-moderate nitrate concentrations were recorded under slow-release (organic) fertilizers during spinach growth [5]. Nevertheless, information on the effects of different types of organic manure on the baby spinach leaf quality is unclear.

Besides, the organic manure quality and soil properties, e.g., texture, also influence the rate of mineralisation. However, there is little information on the effects of organic manure type and soil type on the productivity of baby spinach. In Zimbabwe, many of the resource-constrained farmers are located on inherently infertile soils and rely on organic manure for crop production [10]. At least 70% of the soils in Zimbabwe are classified as arenosols (sandy) which are naturally infertile, acidic, poorly aggregated, and highly leached and result in low crop productivity [11]. The effect of applying organic manure on the productivity of arenosols is currently general regardless of the fact that different organic manure types have varying effects on the soil and crop responses. It was, therefore, imperative to evaluate the effects of different types of organic manure on crop growth and performance in arenosols. Therefore, the objective of this study was to determine the growth response of baby spinach to different types of organic manure. We hypothesised that the growth of the baby spinach was influenced by the quality of organic manure at any given growth stage.

2. Materials and Methods

2.1. Study Site. The study was carried out during the winters (June–August) in 2018, 2019, and 2020 at Seke Teachers College (STC) experimental fields, Zimbabwe (18° 01′ 98″ S and 31°06′ 79″ E). The STC is situated about 26 km south of Harare and has the average maximum and minimum temperatures of 25.3°C and 12.2°C, respectively. The STC lies in the natural farming region (NR) IIb of Zimbabwe. The area is characterised by a unimodal wet summer season receiving rainfall of 850 mm yr⁻¹ that falls between October and April. The cold dry winter season is from May to July. The soils at the STC research farm are classified as arenosols according to the IUSS Working Group WRB [12]. The soil nutrient status of the research farm was analysed at the beginning of the experiment (Table 1).

2.2. Experimental Design. A 3 × 2 factorial in a completely randomized block design (CRBD) with three replicates was used in the experiment. The slope was the blocking factor. The plots were 1.2 × 1.0 m with 3 rows in each plot and a 50 cm space between plots. A planting density of 166 667 plants ha⁻¹ was used.

2.3. Crop Establishment and Agronomic Practices. Baby spinach cultivar, Dash, was grown in winter (June to August) in 2018, 2019, and 2020. Goat, poultry, and cattle manure were used in this study. The organic manures were decomposed for 14 weeks before use to achieve partial decomposition. Compound D (7% N, 14% P, 7% K) also used a control fertilizer. Both the compound D and the organic manure were applied at the transplanting stage. The compound D was applied using the blanket recommended rate (300 kg ha⁻¹ i.e., 21 kg N ha⁻¹) in the study area. The organic manure application rates were also applied according to the recommended blanket N. Hence, the quantities of organic manure applied were determined according to the amount of extractable NO₂/NO₃ (mg kg⁻¹) in the manure. Goat manure was applied at 14.894 t ha⁻¹, cattle manure at 17.789 t ha⁻¹, and the poultry manure at 13.807 t ha⁻¹ (Table 2). Soil moisture was uniformly maintained at field capacity in all the plots.

2.4. Soil and Organic Manure Analysis. Five soil samples were taken to a depth of 0–200 mm using a soil auger in June 2018. The sampling was done per plot and then mixed to make a composite soil sample before analyses. The compost, poultry, and cattle manures were sourced from the STC livestock farm section and sun-dried for a week to homogenise the moisture content. After the drying, a 500 g of manure was randomly taken for analysis, and the bulky was stored for use.

Soil pH and electrical conductivities (ECs) were measured in a soil-water suspension (ratio of 1 : 5) using a TPS meter as described by Okalebo et al. [13]. The soils were initially analysed for primary particle size distribution by the hydrometer method as described by Okalebo et al. [13]. Total carbon (C) and nitrogen (N) determination, Olsen extractable P, and exchangeable ammonium and nitrate and nitrite in both the organic manures (poultry, goat, and cattle) and soil were analysed as described by Parwada and Van Tol [14].

2.5. Data Collection. Data was collected at a 7-day interval starting from 7 to 35 days after transplanting. Harvest index (HI), crop growth rate (CGR), total dry matter production
analysed using JMP version 11.0.0 statistical software.

**2.6. Data Analysis.** The observations were independent of each other; data followed a normal distribution and homoscedasticity, and thus, a three-factor analysis of variance (ANOVA) was run to compare growth parameters of the baby spinach under different organic manures, days after fertilizer application and growing seasons. All data were analysed using JMP version 11.0.0 statistical software.

**3. Results**

The soil was high (75%) in sand content and inherently low in nutrient content compared to the organic manures (Table 2). The soil had an acidic pH (4.5) with the lowest cation exchange capacity and values of 71 cmol (+) kg⁻¹ and 3.1 dS m⁻¹, respectively. In addition, the soil had lower total C, N, P, and Ca which were consistent with the lower cation exchange capacity (CEC) compared to the organic manures. Nevertheless, the soil had higher quantities of K and Mg compared to the organic manure sources. Poultry manure had the lowest (3.2) C/N ratio among the types of organic manures. Nevertheless, the soil had higher quantities of K and Mg compared to the organic manure sources. Poultry manure had the lowest (3.2) C/N ratio among the types of organic manures.

**Table 1:** Response variables measured in the experiment.

| Response variables | Acronym used | Equation used |
|--------------------|--------------|---------------|
| Harvest index      | HI           | HI = (Fresh weight of harvestable leaves (t ha⁻¹)/Total biological yield (t ha⁻¹)) × 100 |
| Crop growth rate   | CGR          | CGR = (W₂ - W₁)/ρ(t₂ - t₁) g m⁻² day⁻¹ |
| Total dry matter production | TDMP       | TDMP = TDMW per plot (t)/Area per plot (ha) t⁻¹ |
| Leaf area index    | LAI          | LAI = Total leaf area of plant/Plant area occupied by the plant |
| Leaf area ratio    | LAR          | LAR = Total leaf area of plant/Plant dry weight m⁻² g⁻¹ |
| Net assimilation rate | NAR        | NAR = ((W₂ - W₁)/(t₂ - t₁)) × ((log L₁ - log L₂)/L₂ - L₁) g g⁻¹ day⁻¹ |

W₁ and W₂ were the whole plant dry weights at time t₁ and t₂, respectively, and ρ is the ground area of which W₁ and W₂ were recorded. L₁ and L₂ were leaf weights at t₁ and t₂ times, respectively.

**Table 2:** The initial chemical properties of the soil at the Seke Teachers College (STC), experimental field, and organic manures used in the study.

| Parameter | Soil          | Goat | Cattle | Poultry |
|-----------|---------------|------|--------|---------|
| Sand (%)  | 75 ± 5.1      |      |        |         |
| Silt (%)  | 20 ± 5.1      |      |        |         |
| Clay (%)  | 5 ± 5.1       |      |        |         |
| pH (H₂O)  | 4.5 ± 0.1     | 6.8 ± 0.5 | 7.15 ± 0.3 | 6.6 ± 0.3 |
| EC (dS m⁻¹) | 3.1 ± 0.02  | 5.6 ± 0.2 | 5.85 ± 0.1  | 5.7 ± 2.1 |
| CEC (cmol (+) kg⁻¹) | 71.0 ± 0.1 | 312.0 ± 0.6 | 216.2 ± 0.7 | 329.0 ± 1.3 |
| Total C (%) | 0.8 ± 0.03   | 22.0 ± 0.7 | 29.7 ± 0.2  | 20.1 ± 1.4 |
| Total N (%) | 0.9 ± 0.04   | 5.10 ± 0.11 | 3.10 ± 0.1  | 6.3 ± 1.1 |
| C:N ratio | 0.5 ± 0.01    | 4.2 ± 1.2  | 9.6 ± 0.5   | 3.2 ± 0.8 |
| Olsen extractable P (mg kg⁻¹) | 401.0 ± 2.11 | 1300.0 ± 5.3 | 1210.6 ± 6.5 | 1320.0 ± 4.1 |
| Extractable NO₃/NO₂ (mg kg⁻¹) | 33.2 ± 1.03 | 1410.0 ± 7.4 | 1180.5 ± 6.7 | 1521.5 ± 5.1 |
| Extractable NH₄ (mg kg⁻¹) | 1114.0 ± 9.9 | 4211.1 ± 3.7 | 3916.1 ± 1.6 | 4102.2 ± 2.1 |
| Ca (mg kg⁻¹) | 0.2 ± 0.02   | 24.2 ± 3.2  | 25.3 ± 2.2  | 30.1 ± 3.1 |
| K (mg kg⁻¹) | 7.3 ± 0.8     | 3.1 ± 0.6   | 2.8 ± 0.4   | 3.5 ± 0.8 |
| Mg (mg kg⁻¹) | 30.6 ± 1.4    | 14.7 ± 2.2  | 12.2 ± 1.5  | 13.1 ± 0.7 |
| Na (mg kg⁻¹) | 0.54 ± 0.06  | 1.4 ± 0.3   | 1.7 ± 0.1   | 1.1 ± 0.6 |
| Cu (mg kg⁻¹) | 241.2 ± 40.1 | 344.1 ± 36.2 | 342.2 ± 46.5 | 333.1 ± 36.2 |
| Zn (mg kg⁻¹) | 100.5 ± 8.7   | 566.3 ± 11.5 | 537.3 ± 0.4 | 589.2 ± 0.6 |

(1) EC, electrical conductivity; CEC, cation exchange capacity. (2) Data are means ± standard error of the means for three replicates.
poultry and cattle manure at days 35 and 14 after application, respectively. The leaf area index was the highest (12.1) on poultry manure at day 35 and the lowest (4.41) on cattle manure at day 14 of application (Table 4). The LAR and NAR were also the highest (4.31 cm\(^{-1}\) g\(^{-1}\) and 0.9 g g\(^{-1}\) day\(^{-1}\), respectively) on poultry manure at day 35 after application. The lowest (0.81 cm\(^{-1}\) g\(^{-1}\)) LAR and (0.04 g g\(^{-1}\) day\(^{-1}\)) NAR were observed at day 14 after application on cattle manure (Table 4). The CGR was the highest (181.4 g m\(^{-2}\) day\(^{-1}\)) on poultry manure at day 35 and the lowest (140.1 g m\(^{-2}\) day\(^{-1}\)) on cattle manure at day 14 of application (Table 4).

The effects of the added fertilizers on baby spinach growth parameters were the highest at 14 and 21 days after application. For example, changes in the HI were the highest (+311.1%) and lowest (+147.6%) on goat and compound D, respectively (Table 4). The compound D had negative changes while poultry manure had the smallest positive changes in the LAI, CGR, LAR, NAR, TDMP, and HI among the organic manures starting from 28 to 35 days of application (Table 4).

### 4. Discussion

The effects of type of organic manure on the baby spinach growth parameters varied with time after application. The compound D resulted in the highest growth of baby spinach at days 14 and 21 after application and, thereafter, gradually declined. The organic manure (cattle and goat) had a steady increasing effect on the growth of the baby spinach from day 14 up to day 35 of application (Table 4). The poultry manure effect on the growth parameters was significantly (p < 0.05) the same as compound D from day 14 to day 28 after application. The variations in growth parameters noted among the types of organic manure could be explained by variations in the quality of the organic manure. The poultry manure was shown to have qualities that enhanced baby spinach growth more than the cattle and goat manure (Table 4).

In this study, we applied the same quantities of N (21 kg N ha\(^{-1}\)) from both the compound D (inorganic) and organic manure, suggesting that the growth response of the baby spinach was due to differences in the rates of mineralisation. Leaf area index increased significantly (p < 0.05) in all types of organic manure at later stages of the baby spinach growth (days 28 and 35) (Table 4). The results were similar also to those reported by Ogunlela et al. [15] who noted an increase in LAI value on okra under different chemical fertilizer application rates. The LAI value may be attributed towards the stimulating effect of rate of nutrient release of a fertilizer which improved the availability of nutrients and their uptake by crop plants [16] along with a greater amount of light interception by the crop plants which have contributed towards the observed variations on baby spinach growth rate under the different organic fertilizers [3].

The LAI value showed a decreasing trend in all the treatments at the initial stage (day 14) of development but gradually increased at the time of crop maturity except a decrease noted under compound D at 28 and 35 days after application (Table 4). Therefore, the LAI was increasing with an increase of time after transplanting due to newly emerged leaves. This could be due to stimulating the slow-release effect of the organic manure unlike in compound D where nutrients were quickly released in the initial growth stages. With time, the N quantities in compound D were declining and resulted in a decrease in the baby spinach growth rate. Nevertheless, all the organic nutrient sources were shown to enhance the baby spinach growth rate at later stages (from day 21 up to day 35 after application); this could be due to the slow-release effects of nutrients which gradually improved the nutrient availability and their uptake with time. These results are consistent with observations by Ogunlela et al. [15] who noted a significant influence of organic fertilizers with time on the LAI value of sunflower plants.

The LAR shows how a system is efficient in growth by reflecting the ratio of photosynthesizing to respiring material within a plant. In this study, there were significant variations on the LAR under different organic sources at 14 and 21 days after application; this reflected significant variations in the nutrient release by the fertilizers. The different rates at which nutrients were mineralised from the different types of organic manure affected the amount of available plant nutrients in the soil. The poultry manure was highly mineralised at the 14 and 21 days after application enhancing anabolism of sugars resulting in an increase in dry matter production within the baby spinach tissues. During the same
growth phase, catabolism of the sugars could have been
increased in order to compensate for the energy consumed
during the active pumping of nutrients into the plant system.

The crop growth rate is a simple and important index
due to varying rates of nutrient release by the fertilizers
variations in the HI value among the fertilizers. Zhe could be
biological yield of a crop. Our results showed considerable
Year 1 = 2018, Year 2 = 2019, Year 3 = 2020. M = organic manure, D = days after organic application, S = growing season, and Comp. D = compound D. HI, CGR, TDMP, LAI, LAR, and NAR are the harvest index, crop growth rate, total dry matter production, leaf area index, leaf area ratio, and net assimilation rate, respectively.

The net assimilation rate (NAR) was significantly
(p < 0.05) affected by the source of fertilizer (Table 4). Net
assimilation rate is related to photosynthetic activities of
the leaf, i.e., rate of increase in dry weight of the whole
plant per unit leaf area. The results showed significant
variations of NAR due to types of organic manure at
days 14, 21, and 28 of application. The NAR on compound D
was significantly lower than in all the organic manures at
the later growth stages of baby spinach, and this could
have been caused by the accumulation of siliquae that
cause differential rate in supplying photosynthesite to-
wards the vegetative growth of the baby spinach. For
high quality, baby spinach leaves are harvested while
they are still tender and usually the maturity stage
wards the vegetative growth of the baby spinach. For
5. Conclusion and Recommendations

The application of different organic manures had varied effects on LAI, CGR, LAR, NAR, TDMP, and HI of the baby spinach at 14 to 28 days of application. Poultry manure had significantly the highest influence on baby spinach growth in the early developmental stages (14 and 21 days after application). Relatively high (C/N) organic manure (cattle and goat manure) had lower effects than low (C/N) manure (poultry manure) at the early growth stages of baby spinach. Cattle and goat manure had a gradually increasing effect on the growth of the baby spinach from 14 to 35 days after application. The rate of mineralisation of different types of organic manure in the arenosols was reflected by crop growth rate and net assimilation rate which were in fact the gain in dry biomass of the plants. Results also showed a steadily increasing rate of mineralisation in cattle and goat manure which enhanced the LAI, CGR, LAR, NAR, TDMP, and HI of baby spinach leading to higher productivity.

Data Availability

The raw data used to support the findings of this study are available from the corresponding author upon request.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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