Exploring Dietary Patterns in the Southernmost Limit of Prehispanic Agriculture in America by Using Bayesian Stable Isotope Mixing Models

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The contribution of maize to the diet of prehispanic populations that inhabited Mendoza Province, the southernmost limit of agriculture in America, has been largely debated. Recently, on the basis of the δ13C data, it was suggested that cacti may mimic the pattern of human isotopic values attributed to maize consumption in this region. These studies relied on a univariate qualitative approach not suitable for accurately identifying dietary contribution when multiple potential resources are available. Here, we analyzed published δ13C and δ15N data by using Bayesian mixing models to estimate the proportional contributions of different plants and animals to the protein component and total diet. The effect of different fractionation values on these estimations was also assessed. Our results pointed out the importance of C₃ vegetables in the prehispanic diet of these populations and only a small contribution of maize in the later Late Holocene sample from North Mendoza. Fractionation values had a significant effect on diet estimation. Overall, our study highlights the importance of obtaining fractionation values for local resources and increasing the diversity of isotope analyses for both the consumer and the potential resources to get a better understanding of diet variation in this region.

The center-north of Mendoza Province in Argentina has been proposed as the southernmost limit of prehispanic agriculture in America. Two main lines of evidence have been used to support this hypothesis: the macroremains of maize (Zea mays) found in archaeological sites dated to around 2,000 years ago and the δ13C isotopic values of human remains, which are consistent with the expected values if C₄ plants, such as maize, were incorporated into the diet (Gil, Neme, and Tykot 2011; Gil et al. 2006, 2014; Lagiglia 2001). The inferences made on the basis of isotopic values assume that maize was the most important source of δ13C-enriched carbon in this region. Results from a recent study raised an interesting alternative for explaining the human isotopic values by showing that δ13C values of four species of edible cacti (crassulacean acid metabolism [CAM] plants) overlap the range of C₄ photosynthesizers (Llano and Ugan 2014). On the basis of procurement, processing, and nutritional data for these species, the authors suggest that this source was available for prehistoric populations and might have contributed up to 20% of their diet. Moreover, Llano and Ugan (2014) argue that even lower levels of CAM-plant consumption may mimic the pattern of isotopically mixed diets often attributed to maize use in this region.

The studies performed to date have based the reconstruction of prehispanic diets on univariate qualitative comparisons of the difference between the values of the potential resource and the consumer for each trace element in the isotopic niche space, using a single fractionation or discrimination value for every resource (Gil, Neme, and Tykot 2011; Gil et al. 2014; Llano and Ugan 2014). This procedure has been widely criticized because it cannot accurately identify dietary contributions when more than one potential resource is available and because it does not take into account uncertainty and variation in trophic fractionation and isotopic values, ignoring much of the inherent variability in natural systems (Layman et al. 2012). Therefore, a better estimation of variation in diet composition in the center-north of Mendoza requires the conjoint analysis of different isotopes, from humans and resources, using a multivariate quantitative approach that allows us to model the complexity of the phenomena.

Bayesian models have recently been proposed as a rigorous method for assessing contributions of resource pools with isotope data (Moore and Semmens 2008; Parnell et al. 2013; Semmens et al. 2009). Their main advantages over other methods is that Bayesian mixing models allow us to estimate the proportions of several resources in the diets of consumers, incorporating available prior information and providing posterior probability distributions for each resource, that is, which sources are more or less likely to explain variation in a consumer’s isotope values. In this report, we analyze the proportional contributions of different plant and animal sources to the protein component, as well as the total diet, in the southern frontier of agriculture spread in America by applying Bayesian mixing models, and we evaluate the effect of variation in the fractionation values on the proportions estimated (Bocherens and Drucker 2003; Froehle, Kellner, and Schoeninger 2010; Tykot et al. 2009).

**Diet Estimation Using Bayesian Mixing Models**

The qualitative approach, as well as the more strict geometric method based on the distances between consumer
and resources in the isotopic niche space, fails to accurately identify dietary contributions when the number of potential resources increases, because multiple combinations (in number and proportion) of resources might result in the observed isotopic value of the consumer (Phillips 2001; Schwarcz 1991). Moreover, it tends to overestimate rare items and underestimate those more commonly consumed (Layman et al. 2012). In order to overcome these limitations, stable-isotope mixture or mixing models were developed for estimating proportional source contributions to the diets of consumers (Phillips and Gregg 2001). For the case of a consumer (c) or mixture with two isotopes (X, Y) and three sources, a mass-balance or linear mixing model is described by the following equations (Phillips 2001; Schwarcz 1991):

\[
\delta X_c = f_1 \delta X_1 + f_2 \delta X_2 + f_3 \delta X_3, \\
\delta Y_c = f_1 \delta Y_1 + f_2 \delta Y_2 + f_3 \delta Y_3, \\
1 = f_1 + f_2 + f_3.
\]

The solution of this system of equations gives three proportions of the contribution of the resources \(f_1, f_2, \) and \(f_3\) for the consumer (c) when the isotopic values X and Y are known for consumers and resources (the latter estimation adjusted to account for isotopic fractionation; Hopkins and Ferguson 2012; Phillips 2001). The relative contribution of food resources can be determined by this linear mixing model only when the number of resources does not exceed the number of isotopes by more than 1. Because most food webs are complex, they usually have more resources than tracer elements, and thus there are multiple likely solutions for combinations of resource contributions. In such cases, deterministic mixing models that generate exact values for proportional contributions of each resource are not suitable, and models that inform the probability of contributions represent a more adequate alternative (Hopkins and Ferguson 2012; Layman et al. 2012; Parnell et al. 2013).

More recently, stable-isotope mixing models were placed into a Bayesian statistical approach, which allows for several useful extensions in a flexible and intuitive estimation framework (Hopkins and Ferguson 2012; Parnell et al. 2013). In particular, Bayesian mixing models improved diet analysis by estimating probability distributions of resource contributions to a consumer or mixture while explicitly accounting for uncertainty associated with multiple sources, fractionation values, and isotope signatures (Hopkins and Ferguson 2012; Moore and Semmens 2008; Parnell et al. 2013). Moreover, these models can also include more sources than \(N + 1\) isotopes, prior information, and a hierarchical structure (Hopkins and Ferguson 2012; Parnell et al. 2013). As outputs, the more recent Bayesian models infer the joint posterior probability of resource proportions used by individual and group of consumers, using a Markov chain Monte Carlo (MCMC) algorithm, as well as an estimation of the joint behavior of the resource proportions that is useful in determining the degree of independence among resources. Despite their advantages, only recently have archaeologists begun to use these sophisticated models for diet estimation (Arcini, Ahström, and Tagesson 2014; Drake et al. 2014).

To evaluate the contribution of food sources to the human diet in populations from Mendoza, considering the uncertainty associated with multiple resources, fractionation values, and isotope signatures, we applied the MixSIAR hierarchical model, which extends the Bayesian models to multivariate data incorporating fixed and random effects associated with the consumers (Parnell et al. 2013; Stock and Semmens 2013). The analyses were carried out in the MixSIAR graphical user interface for R (Stock and Semmens 2013), setting populations and individuals as random effects. We specified the MCMC algorithm, using the default parameters that correspond to the “very long” option. Three parallel chains, with an MCMC for each chain of 1,000,000 generations (attaining 3,000,000 generations), were used. As suggested by Stock and Semmens (2013), the first 700,000 generations were removed as burn-in and the sample frequency was established in 300 generations. After running the analysis, we determined, using the trace plots and the Gelman-Rubin and Geweke diagnostic tests, that the MCMC converged on the posterior distributions for all variables.

The input variables for the models were obtained from large and publicly available data sets with 154 values of \(\delta^{13}C\) and \(\delta^{15}N\) in archaeological and modern plants and animals (resources) from Mendoza Province. The human data (consumers) correspond to isotopic values from collagen (col) and apatite (ap) of 97 adults that were grouped into six samples corresponding to three geographic areas (North, Center, and South Mendoza) and two time periods (>1,500 and 1,500–200 years BP; fig. 1; for a detailed description of the samples, see Gil, Neme, and Tykot 2011; Gil et al. 2014; Salgán et al. 2012). These chronological periods were established on the basis of the most reliable evidence of the presence of cultigens in the region. The food sources included in this study are maize (\textit{Zea mays}), one group of cacti (\textit{Cereus, Maihueniopsis, Opuntia, and Pterocactus}), animals (\textit{Lama guanicoe, Pteronemia pennata}), and the small rodents \textit{Ctenomys, Galea, Cavia, and Microcavia}), and one group of \textit{C} plants (\textit{Lagenaria, Cucurbita, Geoffroea, Prosopis, Phaseolus, Schinus,} and \textit{Cassia}); the isotopic values were taken from Gil, Neme, and Tykot 2011; Gil et al. 2014; Llano and Ugan 2014).

Because of the lack of agreement in the literature about the fractionation values of \(\delta^{13}C\) and \(\delta^{15}N\) for different types of resources (ranging from +1‰ to +5‰), the analyses were repeated, using four configurations of values derived from well-monitored observational and experimental studies (table 1; Bocherens and Drucker 2003; Froehle, Kellner, and Schoeninger 2010; Hare et al. 1991; Jim et al. 2006; Tykot et al. 2009). Two of the four configurations (B and C) correspond to values that are commonly used in paleodiетary analysis in the region of study (e.g., Gil et al. 2014; Tessone et al. 2009). They assume that the fractionation is constant for all resources and are based on values reported by Tykot et al. (2009) and Bocherens and
Figure 1. Map of Mendoza province, showing the three geographic areas studied here. A color version of this figure is available online.
Table 1. Sets of fractionation values used in the mixing models

| Configuration of fractionation, resource | \(\delta^{13}C_{\text{col}}\) (‰) | \(\delta^{15}N\) (‰) | \(\delta^{13}C_{\text{ap}}\) (‰) |
|----------------------------------------|-------------------------------|----------------|-----------------|
| A:\ | Animals            | 1.0 ± 3.0 | 4.0 ± 1.0 | 8.0 ± 3.0 |
|       | C₃ plants          | 3.9 ± 1.4 | 2.2 ± 3.0 | 10.9 ± 1.4 |
|       | Cacti              | 3.7 ± 1.4 | 2.3 ± 3.0 | 10.7 ± 1.4 |
|       | Maize              | 3.7 ± 1.4 | 2.3 ± 3.0 | 10.7 ± 1.4 |
| B:\ | Animals            | 1.0 ± 3.0 | 4.0 ± 1.0 | 8.0 ± 3.0 |
|       | C₃ plants          | 1.0 ± 3.0 | 4.0 ± 1.0 | 8.0 ± 3.0 |
|       | Cacti              | 1.0 ± 3.0 | 4.0 ± 1.0 | 8.0 ± 3.0 |
|       | Maize              | 1.0 ± 3.0 | 4.0 ± 1.0 | 8.0 ± 3.0 |
| C:\ | Animals            | 5.0 ± 1.5 | 4.0 ± 1.0 | 12.0 ± 1.5 |
|       | C₃ plants          | 5.0 ± 1.5 | 4.0 ± 1.0 | 12.0 ± 1.5 |
|       | Cacti              | 5.0 ± 1.5 | 4.0 ± 1.0 | 12.0 ± 1.5 |
|       | Maize              | 5.0 ± 1.5 | 4.0 ± 1.0 | 12.0 ± 1.5 |
| D:\ | Animals            | 1.0 ± 3.0 | 4.0 ± 1.0 | 8.0 ± 3.0 |
|       | C₃ plants          | 3.2 ± 1.4 | 2.2 ± 3.0 | 10.2 ± 3.0 |
|       | Cacti              | 1.4 ± 3.0 | 2.3 ± 3.0 | 8.4 ± 1.4 |
|       | Maize              | 1.4 ± 3.0 | 2.3 ± 3.0 | 8.4 ± 1.4 |

Note. ap = apatite; col = collagen.
* Bocherens and Drucker (2003); Froehle, Kellner, and Schoeninger (2010); Hare et al. (1991); Tykot et al. (2009).
† Bocherens and Drucker (2003); Tykot et al. (2009).
‡ Tykot et al. (2009).
§ Bocherens and Drucker (2003); Hare et al. (1991); Tykot et al. (2009).

Drucker (2003). Alternatively, the other two sets (A and D) are more realistic because they assign specific fractionation values to different resources. Configurations A and D differ in the fractionation values of \(\delta^{13}C_{\text{col}}\) for plant resources, according to the estimations made by Froehle, Kellner, and Schoeninger (2010) and Hare et al. (1991), respectively. Fractionation values for diet–bone apatite are less well known, but available evidence suggests a range from +8‰ to +14‰ (Tykot et al. 2009). On the basis of the reported collagen-apatite spacing of +7‰, fractionation values for \(\delta^{13}C_{\text{ap}}\) were calculated by adding the spacing to the value of \(\delta^{13}C_{\text{col}}\) of each source; this generates values concordant with those informed by previous works (Howland et al. 2003; Tykot et al. 2009). Samples of modern resources were also corrected for the Suess effect by adding +1‰ to the \(\delta^{13}C_{\text{col}}\) values (Katzenberg et al. 2012).

Dietary Patterns across Time and Geographic Areas

Figure 2 displays an isospace plot of \(\delta^{13}C_{\text{col}}\) and \(\delta^{15}N\) for the full data, using the fractionation values suggested by Bocherens and Drucker (2003) for animals and those suggested by Froehle, Kellner, and Schoeninger (2010) for plants (fractionation A). The isospace plot shows some differences in the isotopic values of human samples, corresponding to different areas and chronological periods. The most notable difference is observed between the later Late Holocene sample from North Mendoza and the later samples from the other two areas (South and Center Mendoza). Isotopic values of individuals from the northern sample are closer to values for maize and cacti, while the South and Center samples are closer to the values for animals and C₃ plants. The remaining samples are in an intermediate position and have overlapping distributions. It is noteworthy to mention that most samples display high intragroup dispersion.

Figure 3 shows density plots of the dietary proportions for each human sample based on bone collagen. Most of the samples present a high contribution of animals to the diet (with a proportion around 0.5), followed by C₃ plants, while CAM and C₄ plants have a very low contribution. A different pattern is observed in the later sample from North Mendoza, which has a higher proportion of maize than of C₃ plants. It is also noteworthy that in Center and South Mendoza, the contribution of C₃ plants is closer to the values obtained for animals. The correlation between the different sources was further explored to determine the extent to which it is possible to ascertain which food sources were being consumed together. A strong negative correlation in the posterior probabilities of diet proportions indicates that the food sources are indistinguishable when the available isotopic variables are used (Parnell...
Figure 3. Density plots of dietary proportion for human samples by geographic area and time period estimated on the basis of $\delta^{13}C_{\text{col}}$ (where “col” denotes collagen) and $\delta^{15}N$ from figure 2. CMza = Center Mendoza; SMza = South Mendoza; NMza = North Mendoza; see figure 1. For each of these, 1 = early Late Holocene (ca. 4,000–1,500 years BP), and 2 = later Late Holocene (1,500–200 years BP). A color version of this figure is available online.
et al. 2013). In our case, the highest negative value was found between animals and C₃ plants (r = −0.88), indicating that the exact contribution of these resources to the protein portion of human diets might be hard to distinguish by using these two isotopes only.

The isospace plot for diet–bone apatite (fig. 4) shows that for most human samples, isotope values fall within the range of animals and C₃ plants, with the exception of a few individuals of North Mendoza, whose results are closer to the Cₛ and CAM values. Accordingly, the posterior probabilities indicate that the contribution of animals and C₃ plants to overall diet was very high in most samples, with the exception of the late North Mendoza sample (NMza2 in the figures), where the proportion of maize was higher than that of C₃ plants, with a value of 0.20 (fig. 5). A strong negative correlation was also found between animals and C₃ plants (r = −0.83).

When a fractionation value of 1‰ ± 0.3‰ was used for the δ¹³Cᵥ of all sources (fractionation B), as suggested by Bocherens and Drucker (2003), the samples showed an overall displacement toward the values of maize and cacti (fig. A1; figs. A1, A2 available online). The estimated proportions are similar to those previously obtained with different fractionation values (fig. A1). The main difference is the increase in the proportion of maize, reaching values around 0.25 in most of the samples analyzed. The highest contribution of this resource to the diet is observed in the late sample from North Mendoza. Fractionation values of 5‰ ± 1.3‰ for δ¹³Cᵥ (fractionation C; Jim et al. 2006; Tykot et al. 2009) yielded a displacement of human samples in the isospace toward the Cₛ plants (fig. A1). Accordingly, the posterior densities indicate that, in most human samples, Cₛ plants account for more than 60% of consumed resources, except in the later sample of North Mendoza, in which animals are the most important resource in the diet (fig. A1). Maize has a significant contribution only in the later sample from North Mendoza. Finally, the analyses made with different fractionation values of bone collagen for each source, using the fractionation D setting, produced results similar to those obtained with the fractionation A values (fig. A1).

For bone apatite, the isoplot obtained with a discrimination value of 8‰ ± 0.3‰ (fractionation B) produced a slight displacement of human samples in the isoplot toward the values of Cₛ and CAM plants (fig. A2). Posterior densities show a pattern similar to the proportions obtained with fractionation A values (fig. A2). Cₛ plants have a significant contribution to the diet only in the later sample from North Mendoza and the early sample from Center Mendoza (25% and 15%, respectively). With discrimination values of 12‰ ± 1.5‰ for bone apatite (fractionation C), the majority of human samples in the isoplot fall within the range of Cₛ plants (fig. A2). In most of the samples, Cₛ plants represent a proportion equal to or higher than 0.65 of overall diet (fig. A2). The only exception is the later sample from North Mendoza. Finally, the δ¹³Cᵥ results using the range of values from fractionation D are similar to those obtained with a value of 8‰ ± 0.3‰ (fig. A2).

**Discussion and Conclusion**

The Bayesian mixing model applied here provided a probabilistic assessment for relative source contributions in diet across the geographic areas and time periods analyzed. Our results showed that animals and Cₛ plants were the most commonly consumed resources in the three geographic areas during the Late Holocene. This is in agreement with a recent study that determined that remains of economically important wild Cₛ plants (such as *Prosopis* sp., *Schinus polypogamus*, and *Geoffroea decorticans*) are frequently encountered in Late Holocene archaeological sites from Center and South Mendoza (Llano 2015). According to estimations based on collected and processed extant plants, these resources have a high nutritional content and high return, and thus they could have been important sources of energy in prehispanic societies (Llano 2015). For the Center and South Mendoza samples, our estimations suggest that animal resources contributed to the diet in proportions similar to those of Cₛ plants (figs. 3, 5). The only samples for which animals account for most of the resources consumed are the samples from North Mendoza. Overall, the results of this study differ from those
Figure 5. Density plots of dietary proportion for human samples by geographic area and time period estimated on the basis of $\delta^{13}$C$_{ap}$ (where "ap" denotes apatite) and $\delta^{15}$N from figure 4. CMza = Center Mendoza; SMza = South Mendoza; NMza = North Mendoza; see figure 1. For each of these, 1 = early Late Holocene (ca. 4,000–1,500 years BP), and 2 = later Late Holocene (1,500–200 years BP). A color version of this figure is available online.
of previous works that have emphasized the role of terrestrial herbivores in the diet of these populations. Particularly, the guanaco (*Lama guanicoe*), a camelid whose remains are frequently found in the archaeological record, was thought of as having a significant contribution (Gil et al. 2014), although no attempt has been made to estimate its exact proportion in the diet. Moreover, those studies that analyze isotope values are mostly based on collagen and apatite $\delta^{13}C$, making the contribution of animals hard to set apart from that of C$_3$ plants. As we showed here, these resources can be discriminated in the bivariate isospace to a greater or lesser extent, depending on the fractionation value used. However, because there is a negative correlation between the posterior probabilities of diet proportions of C$_3$ plants and terrestrial herbivores, the balance between them is difficult to determine exactly. Although for these populations it is usually assumed that the protein component of the diet derives from animal resources, the C$_3$ plants that most probably were consumed present variable percentages of proteins, ranging, for example, from 6% to 21% in *Prosopis flexuosa* and *G. decorticans*, where carbohydrates represent 69% and 12%, respectively (Llano 2015). Therefore, these resources could have contributed to the protein component of human diets at a high proportion. Such discordance between zooarchaeological and isotopic evidence is probably due to the fact that the better preservation of large-animal bones can lead to overestimation of the importance of these resources, to the detriment of others that are relatively poorly preserved and/or more difficult to recover (such as macro- and microremains of plants; Hather and Mason 2002).

The contribution of domesticated plants—especially maize—to the diet of prehispanic populations that inhabited the area under study has been debated for decades (Canals Frau 1956; Gil et al. 2006, 2014; Lagiglia 2001). Because Mendoza Province is located between two geographic regions that by the later Late Holocene were inhabited by populations with markedly different subsistence strategies, hunter-gatherers in the south and farmers in the north, it is regarded as the southern limit of agriculture in America. Our results indicate that maize had a very low contribution to the diet of these populations (less than 15% in Center and less than 5% in South Mendoza). The only exception is the later sample from North Mendoza, which has an average proportion of 25% of maize, although there is large variation within the sample and some individuals have isotope values compatible with a higher proportion of C$_3$ than of C$_4$ plants. These results are far from the dietary importance attributed to maize between 1,200 and 600 years BP, when this resource was suggested to have contributed as much as 50% of the overall diet (Gil, Neme, and Tykot 2011; Gil et al. 2014). As Llano and Ugan (2014) pointed out, such estimations might be biased because the archaeological research has systematically neglected the role of CAM plants, whose $\delta^{13}C$ values overlap the range of C$_4$ plants. According to these authors, the human-collagen $\delta^{13}C$ values could have been obtained if cacti contributed as little as 5%–20% of dietary carbon. The Bayesian methods allowed us to evaluate the proportion of resources by analyzing $\delta^{13}C$ and $\delta^{15}N$ simultaneously, which is relevant for distinguishing between maize and cacti with nonoverlapping $\delta^{15}N$ signatures (moreover, the correlation between posterior probabilities for these two resources is very low). Our results show that the contribution of cacti is negligible in the samples analyzed.

The importance of C$_3$ plants in all Mendoza regions and the contribution of maize in North Mendoza are observed with $\delta^{13}C$ values of both bone collagen and apatite, indicating that the two measures are reflecting the same dietary trend. This result also suggests that, in the region under study, there was a similar isotopic contribution from protein and nonprotein dietary sources (Tykot et al. 2009). The most highlighted difference between the $\delta^{13}C$ values of bone collagen and apatite is the higher proportion of C$_3$ vegetables derived from the latter. Because $\delta^{13}C_{\text{apatite}}$ is a better reflection of the whole diet (Tykot et al. 2009), this result indicates that C$_3$ plants might have had a greater importance for Late Holocene populations from Mendoza than previously suggested (Gil et al. 2006, 2014).

One important finding of this study is the dependence of the estimated diet composition on the fractionation values incorporated into the models. Variation in fractionation values is a function of several causal factors that include local environment, trophic level, taxon, and sampled tissue, among others (Phillips et al. 2014). Determining the amount of change in isotope ratios as they are incorporated from resources into the consumers’ tissue is widely acknowledged as a central issue for attaining accurate diet reconstructions in ecology (Bond and Diamond 2011; Caut, Angulo, and Courchamp 2009), although their variation is not usually taken into account in paleodietary reconstructions in archaeology. In particular, studies that analyze human isotope values in southern South America have used a single fractionation value for all resources, +3%o for N and ranging from +1%o to +5%o for C (Gil et al. 2006, 2014; Llano and Ugan 2014; Tessone et al. 2009). This is likely due to limitations of the qualitative methods that cannot easily incorporate multiple values for different resources.

Here, different values derived from controlled experimental and observational studies were used in order to incorporate variability in fractionation factors into the mixing models. Our results show that estimated proportions of each diet component were significantly influenced by the isotope fractionation values of $\delta^{13}C$ and $\delta^{15}N$. Particularly affected was the estimation of the relative proportions of maize and C$_3$ plants.

Overall, our study highlights two main aspects that could be addressed in order to attain more confident and precise assessments of the diet composition of prehispanic populations from Mendoza. First, no information on fractionation values for local resources is available; obtaining such data is a requisite for estimating more precisely the proportion at
which each resource was incorporated into the diets. Second, increasing the number of different isotopes analyzed beyond C and N for both the consumer and the potential resources is a necessary step for determining diet composition in terms of actual animal and plant species rather than broad categories of sources, such as those used here and in previous studies. Other commonly used isotopes, such as δ15N (sulfur), δ18O (oxygen, which is available for human samples from Mendoza but not for the resources; Ugan et al. 2012), and δD (deuterium), which vary geographically and can be differentially absorbed for plants and animals occupying different ecological niches (Hobson 1999), could contribute to better discrimination between different resources with different isotopic signals.

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