Reheating, thermalization and non-thermal gravitino production in MSSM inflation

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Abstract In the framework of MSSM inflation, matter and gravitino production are here investigated through the decay of the fields which are coupled to the $udd$ inflaton, a gauge-invariant combination of squarks. After the end of inflation, the flat direction oscillates about the minimum of its potential, losing at each oscillation about 56% of its energy into bursts of gauge/gaugino and scalar quanta when crossing the origin. These particles then acquire a large inflaton VEV-induced mass and decay perturbatively into the MSSM quanta and gravitinos, transferring the inflaton energy very efficiently via instant preheating. Regarding thermalization, we show that the MSSM degrees of freedom thermalize very quickly, yet not immediately by virtue of the large vacuum expectation value of the inflaton, which breaks the original $SU(3)_C \times U(1)_Y$ symmetry into a residual $U(1)$. The energy transfer to the MSSM quanta is very efficient, since full thermalization is achieved after only $\mathcal{O}(40)$ complete oscillations. The $udd$ inflaton thus provides an extremely efficient reheating of the Universe, with a temperature $T_{\text{reh}} = \mathcal{O}(10^8 \text{GeV})$, which allows for instance several mechanisms of baryogenesis. We also compute the gravitino number density from the perturbative decay of the flat direction and of the SUSY multiplet. We find that the gravitinos are produced in negligible amount and satisfy cosmological bounds such as the Big Bang nucleosynthesis (BBN) and dark matter (DM) constraints.

1 Introduction

The Minimal Supersymmetric Standard Model (MSSM) [1,2] is believed to be a good candidate for an extension of the extremely successful Standard Model (SM) of particle physics. The MSSM scalar potential has many $D$-flat directions, which are classified by gauge-invariant monomials of the theory. Most of these carry baryon and/or lepton number [3,4], and they are relevant for the early Universe cosmology [5].

Among the number of models of primordial inflation which address the origin and properties of the inflaton field [6,7], MSSM inflation [8,9] assumes this particle to be no longer an unknown Standard Model (SM) gauge singlet, but instead one of these $D$-flat directions (f.d.). In particular, the inflaton can be a combination of either sleptons (the $LLe$ f.d.) or squarks (the $udd$) [3–5].

In this paper we assume that the inflaton field is the $udd$ flat direction, a combination of squarks. After the end of inflation, when its mass $m_\phi \sim H$, with $H$ the Hubble expansion rate, the $udd$ starts oscillating coherently about the minimum of its potential. At each origin crossing, it releases bursts of squarks, gluons and gluinos through a non-perturbative mechanism of preheating [10,11].

The condensate VEV, which we call $\phi$, spontaneously breaks the original $SU(3)_C \times U(1)_Y$ SM gauge symmetry to a $U(1)$, which is a linear combination of $I_3$ and $U(1)_Y$. As we will show, this induces a large mass for the squarks and gluon/gluino fields $m_{\text{eff}} \propto g \phi$ via the Higgs mechanism ($g$ is a coupling). These will then decay perturbatively into the MSSM degrees of freedom: at each oscillation, nearly 56% of the inflaton energy is transferred to the observable sector via instant preheating [12–16].

The thermalization of SM quanta is not instantaneous by virtue of the above gauge symmetry breaking; however, reheating in MSSM inflation is generally very efficient [9,17]. The Universe thermalizes within one Hubble time after the end of inflation, since the frequency of oscillations is $\sim 10^3 H$. Specifically, here we show that the $udd$ inflaton provides full thermalization after only $\mathcal{O}(40)$ oscillations, with a temperature $\mathcal{O}(10^8 \text{GeV})$. This is perhaps the quickest and most efficient way to thermalize the Universe, even within MSSM inflation [17].

We also compute for the first time gravitino production from perturbative decay processes of the $udd$ inflaton and...
of the fields produced during its oscillations, investigating whether there might be a gravitino problem [18–20]. Consistently with the literature, we verify that the number density of gravitinos produced by the inflaton is not problematic [11, 16], since both cosmological constraints on Big Bang nucleosynthesis (BBN) and the observed dark matter (DM) abundance are satisfied.

The same happens for the decay of particles produced by the flat direction at each origin crossing, regardless of their large VEV-induced effective mass (of the order ∼ 10^{15} \text{GeV}) obtained when the inflaton rolls back its potential, away from the minimum. We obtain a yield value that is well below dangerous values for any realistic gravitino mass.

The present article is organized as follows: in Sect. 2 we introduce the udd inflaton and describe its structure, potential, dynamics and energy scales. In Sect. 3 we compute the couplings of the SUSY multiplet to this flat direction and their decay widths into the MSSM degrees of freedom. In Sect. 4 we study the reheating and thermalization process, while in Sect. 5 we investigate the non-thermal gravitino production from the perturbative decay of the flat direction and of the fields to which it is coupled. After Sect. 6, in Appendix A we list all the interactions of the SUSY multiplet with the MSSM.

2 The udd flat direction

The flat direction discussed in this paper is comprised of squarks with a family combination; \( d_2d_3u_1 \). The three superfields are in triplet representations of \( SU(3)_C \), which are generated by \( T^a = (1/2)\lambda^a \), where \( \lambda^a \) are the eight Gell-Mann matrices \( (a = 1, \ldots, 8) \). We identify the corresponding scalars with the right-handed squarks \( \bar{u}_R \) and \( d_R \) of the MSSM, which are \( SU(2)_W \) gauge singlets. The quantum numbers are, respectively, \( C = 1, 1, 1 \) and \( Y = 2/3, 2/3, -4/3 \), the \( U(1)_Y \) hypercharge. The flat direction is then parametrized by the following [8, 9, 16]:

\[
\begin{align*}
\vec{d}_2 &= \frac{\varphi}{\sqrt{3}} \begin{pmatrix} 1 \\ 0 \\ 0 \end{pmatrix}, \\
\vec{d}_3 &= \frac{\varphi}{\sqrt{3}} \begin{pmatrix} 0 \\ 1 \\ 0 \end{pmatrix}, \\
\vec{u}_1 &= \frac{\varphi}{\sqrt{3}} \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix}.
\end{align*}
\]

where \( \vec{d}_2, \vec{d}_3, \vec{u}_1 \) are the scalar components of the corresponding superfields. The inflaton will be the real part of \( \varphi : \bar{\phi} = \varphi_R \). We now summarize for completeness some general features of inflection point inflation [17, 21].

During inflation, the inflaton \( \phi \) acquires a large VEV resulting from the accumulation of quantum fluctuations.\(^1\) This leads to the formation of a condensate along the flat direction [5]. The potential along a complex flat direction \( \phi \) can be written generally as (see e.g. [16])

\[
V(\phi) = m^2|\phi|^2 + \lambda^2\frac{|\phi|^{2(n-1)}}{M^2_{Pl}n(n-1)} + \left(A\lambda - \frac{\phi^n}{M^3_{Pl}}\right) + \text{H.c.},
\]

where \( m, A \sim \mathcal{O} \) (TeV) are, respectively, the soft supersymmetry breaking mass and the A-term. \( M^2_{Pl} = 2.4 \times 10^{18} \text{ GeV} \) is the reduced Planck mass, \( n > 4 \) and usually \( \lambda \sim \mathcal{O}(1) \). More in general, instead of \( M_{Pl} \) any generic cutoff energy scale \( M \) can be used in (2) [22, 23].

If we now assume \( n = 6 \) and a real field, we obtain [8],

\[
V(\phi) = \frac{1}{2}m^2_\phi \phi^2 - A\lambda \frac{\phi^6}{3M^3_{Pl}} + \lambda^2\frac{\phi^{10}}{M^6_{Pl}},
\]

which has an inflection point for \( A \approx \sqrt{40}m_\phi \) at [5]

\[
\phi_0 = \left(\frac{m_\phi M^3_{Pl}}{10\lambda}\right)^{1/4}.
\]

For inflaton field values close to \( \phi_0 \), successful inflation can occur in the interval \(|\phi - \phi_0| \sim (\phi_0/60M^2_{Pl})\).

Weak scale supersymmetry gives to the inflaton a mass \( m_\phi \sim \mathcal{O} \) (TeV), and the field VEV at their onset is \( \phi_0 \sim \mathcal{O}(10^{14} \div 10^{15}) \text{ GeV} \). Within this range of values, the udd inflaton satisfies various cosmological bounds; as it was shown in [24], the corresponding central value of the amplitude of seed perturbations \( P_k \) and the spectral index \( n_s \) are consistent with the Planck observations [25].

After inflation, the condensate VEV slowly rolls down its potential until the time when the Hubble expansion rate \( H(t) \sim m_\phi \), and the condensate VEV is \( \phi_0 \sim (m_\phi M^2_{Pl})^{1/(n-2)} \gg m_\phi [22, 23] \). At this point, it starts to oscillate about \( \phi = 0 \) with a frequency \( m_\phi \).

The Hubble rate during inflation is [21]

\[
H_{inf} \sim \frac{V_{0}^{1/2}}{\sqrt{3}M_{Pl}}, \quad \frac{m_\phi \phi_0}{\sqrt{3}M_{Pl}} \sim \mathcal{O} \text{ (GeV)},
\]

so the hierarchy \( m_\phi \sim 10^3H_{inf} \) implies that, after inflation, the number of inflaton oscillations within a single Hubble time can be large. As we will show in Sect. 4, this is important for reheating.

3 Couplings of the inflaton and decay widths

In this section we compute the decay widths of the fields which are coupled to the inflaton, namely the scalars, gauge bosons and gauginos, by using the couplings given in Appendix A. This supersymmetric multiplet belongs to representations of the gauge group \( SU(3)_C \times U(1)_Y \), whose symmetry is broken to a residual \( U(1)_Y \) by the inflaton VEV.

\(^1\) In this paper \( \phi \) labels also the VEV, with abuse of notation.
3.1 Scalar interactions and decay widths

Since the Yukawa couplings are subdominant, we focus on the gauge interactions arising from $D$-terms. For $SU(3)_C$ we get [1,2]

$$D^\mu_L = -g_s \left( \bar{u}_1^i T^a \bar{u}_1 + \bar{d}_2^i T^a \bar{d}_2 + \bar{d}_3^i T^a \tilde{d}_3 \right).$$  (6)

On the other hand, for $U(1)_Y$ we obtain

$$D_Y = -\frac{g_Y}{3} \left( -2 |\bar{u}_1|^2 + |\bar{d}_2|^2 + |\tilde{d}_3|^2 \right).$$  (7)

The scalar field content is the following:

$$\tilde{u}_1 = \left( \begin{array}{c} \varphi_1 \\ \varphi_2 \\ \varphi_3 \end{array} \right), \quad \tilde{d}_2 = \left( \begin{array}{c} \varphi_4 \\ \varphi_5 \\ \varphi_6 \end{array} \right), \quad \tilde{d}_3 = \left( \begin{array}{c} \varphi_7 \\ \varphi_8 \\ \varphi_9 \end{array} \right),$$  (8)

where each scalar component $\varphi_i$ is complex. By expanding the $D$-terms, we find the potential

$$V_D \supset \left( \frac{g_s^2}{9} + \frac{g_s^2}{12} \right) \phi^2 \chi_8^2 + \frac{g_s^2 \phi^2}{12} \sum A_a^a,$$  (9)

where the scalar fields $\chi_a$ are given in Eq. (A1), see Appendix A 1. The above potential gives masses proportional to the flat direction VEV, namely

$$M_{\chi_a} = \frac{g_s}{\sqrt{6}} \phi, \quad (a = 1, \ldots, 7)$$  (10)

$$M_{\chi_8} = \frac{\sqrt{3 g_s^2 + 4 g_Y^2}}{3 \sqrt{2}} \phi.$$  (11)

The scalars which are coupled to the inflaton via Eq. (9) interact with the squarks, the Higgs doublets $H_u$ and $H_d$, the slepton doublets $L_i$ and the singlets $\tilde{e}_i$. The interactions reported in Eqs. (A2) and (A3) give the following decay width for $\chi_8$,

$$\Gamma_{\chi_8} = \frac{3}{32 \sqrt{2} \pi} \frac{3 g_s^4 + 8 g_Y^4}{\sqrt{3 g_s^2 + 4 g_Y^2}} \phi,$$  (12)

while for each of the remaining seven scalars we get

$$\Gamma_{\chi_a} = \frac{9 g_s^3 \phi}{32 \sqrt{6} \pi}, \quad (a = 1, \ldots, 7)$$  (13)

following from the $SU(3)$ couplings in Eq. (A3). The decay width (12) reduces to (13) in the limit $g_Y \to 0$ indeed.

3.2 Gauge interactions and decay widths

Let us consider the couplings of the flat direction to the gauge fields, following from the kinetic terms [1,2]

$$\mathcal{L} \supset (D^\mu \tilde{u}_1)^\dagger (D^a_\mu \tilde{u}_1) + (D^\mu \tilde{d}_2)^\dagger (D^a_\mu \tilde{d}_2) + (D^\mu \tilde{d}_3)^\dagger (D^a_\mu \tilde{d}_3).$$  (14)

Defining the covariant derivative as

$$D_\mu \phi = \left( \partial_\mu - i \frac{g_Y}{2} y_b B_\mu - i g_s C_k \sum T^a A^a_\mu \right),$$  (15)

for the $udd$ inflaton this becomes

$$D_\mu \tilde{u}_1 = \left( \partial_\mu + \frac{2}{3} i g_Y B_\mu - i g_s \sum \chi_a A^a_\mu \right) \tilde{u}_1,$$

$$D_\mu \tilde{d}_2 = \left( \partial_\mu - \frac{1}{3} i g_Y B_\mu - i g_s \sum \lambda^a A^a_\mu \right) \tilde{d}_2,$$

$$D_\mu \tilde{d}_3 = \left( \partial_\mu - \frac{1}{3} i g_Y B_\mu - i g_s \sum \lambda^a A^a_\mu \right) \tilde{d}_3.$$  (16)

Here $A^a_\mu$ are the eight gluons, and $B_\mu$ is the gauge field of $U(1)_Y$. These all obtain a mass proportional to the VEV of the inflaton: the flat direction VEV breaks the original $SU(3)_C \times U(1)_Y$ symmetry to a $U(1)$, which is a linear combination of $I_3$ and $U(1)_Y$. By using (15) and (16), one finds indeed

$$\mathcal{L} \supset \left( \frac{g_s^2}{9} + \frac{g_s^2}{12} \right) \phi^2 V_\mu V^\mu + \frac{g_s^2 \phi^2}{12} \sum A^a_\mu A^a_\mu,$$  (17)

where the gauge field $V_\mu$ is defined by the rotation in field space

$$V_\mu = \frac{2 g_Y B_\mu + \sqrt{3} g_s A^8_\mu}{\sqrt{4 g_s^2 + 3 g_Y^2}},$$  (18)

together with the gauge boson

$$A^a_\mu = \frac{2 g_Y A^a_\mu - \sqrt{3} g_s B_\mu}{\sqrt{4 g_s^2 + 3 g_Y^2}},$$  (19)

which stays massless and accounts for the residual $U(1)_Y$ symmetry. It follows that only $V_\mu$ can decay into the observable sector. These VEV-induced masses are exactly the same as for the scalars (and for the fermions), see Eqs. (10) and (11), because they are supersymmetry conserving [26].

The gauge bosons which are coupled to the inflaton via Eq. (17) interact with the right- and left-handed squarks, the Higgs doublets and the sleptons, together with their SUSY partners. The couplings of the gauge fields are given in Eqs. (A4), (A5), (A7)–(A10) (see Appendix A 2). They provide with the decay width

$$\Gamma_V = \frac{3}{32 \sqrt{2} \pi} \frac{3 g_s^4 + 8 g_Y^4}{\sqrt{3 g_s^2 + 4 g_Y^2}} \phi,$$  (20)

for $V_\mu$ and

$$\Gamma_{A^a_\mu} = \frac{9 g_s^3 \phi}{32 \sqrt{6} \pi}, \quad (a = 1, \ldots, 7).$$  (21)
for each of the gluons $A^a_{\mu}$. 

3.3 Coupling to fermions and decay widths

The flat direction couplings to the matter fermions $u_1, d_2$ and $d_3$ and to the gauginos, can be computed from the following part of the Lagrangian [2]:

$$\mathcal{L} \supset \sum_{a=1}^{8} \left[ \bar{u}_1^a \gamma^\mu T^a (i\sigma_2 u_1) + \bar{d}_2^a \gamma^\mu T^a (i\sigma_2 d_2) 
+ \bar{d}_3^a \gamma^\mu T^a (i\sigma_2 d_3) \right] - \sqrt{2} \frac{\hat{g}_s}{3} \left[ 2 \hat{u}_1^a \tilde{B}^i (i\sigma_2 u_1) 
- \hat{d}_2^a \tilde{B}^i (i\sigma_2 d_2) - \hat{d}_3^a \tilde{B}^i (i\sigma_2 d_3) \right] + \text{H.c.} \quad (22)$$

In the above equation, $\hat{g}_a$ and $\hat{B}$ are the gauginos of $SU(3)_C$ and $U(1)_Y$, respectively. The field content of the quarks $u_1, d_2$ and $d_3$ is

$$u_1 = \left( \begin{array}{c} \psi_1 \\ \psi_2 \\ \psi_3 \end{array} \right), \quad d_2 = \left( \begin{array}{c} \psi_4 \\ \psi_5 \\ \psi_6 \end{array} \right), \quad d_3 = \left( \begin{array}{c} \psi_7 \\ \psi_8 \end{array} \right). \quad (23)$$

In four components, Eq. (22) can be rewritten as

$$\mathcal{L} \supset \frac{\hat{g}_s \phi}{\sqrt{6}} \sum_{a=1}^{7} \bar{\Psi}_a \Psi_a \sqrt{3 \hat{g}_s^2 + 4 \hat{g}_Y^2} \phi \Psi_V \Psi_V, \quad (24)$$

where the 4-component spinors, $\Psi_1, \ldots, \Psi_V$ are given by Eq. (A13), reported in Appendix A 3. The decay rate of $\Psi_V$ into the squarks and quarks, Higgses and Higgsinos, leptons and sleptons is obtained from Eq. (A16) as

$$\Gamma_{\Psi_V} = \frac{3}{32 \sqrt{2\pi}} \frac{\sqrt{3 \hat{g}_s^2 + 4 \hat{g}_Y^2} \phi}{\sqrt{3 \hat{g}_s^2 + 4 \hat{g}_Y^2}} \phi. \quad (25)$$

The decay width of each of the seven fermions $\Psi_\alpha$, which interact with the right- and left-handed (s)quarks, is instead the following:

$$\Gamma_{\Psi_\alpha} = \frac{9 \hat{g}_s^2 \phi}{32 \sqrt{6\pi}}. \quad (26)$$

The above are consistent with the decay rates of the other fields in the SUSY multiplet that is coupled to the inflaton. As we discuss in the next section, they will be crucial for the study of reheating after MSSM inflation.

4 Reheating and thermalization

Here we discuss the energy transfer from the inflaton to the MSSM matter sector via the decay of the supersymmetric multiplet to which it is coupled, and how the Universe accordingly thermalizes. A few more details concerning reheating in MSSM inflation are given in Ref. [17], where it was shown that tachyonic preheating is irrelevant, since it ends before becoming competitive with instant preheating.

As already discussed, at the end of inflation when $H(t) \sim m_\phi$ the $u_1d_2$ inflaton starts oscillating about the minimum of its potential, and generates bursts of coupled fields that acquire a VEV-dependent mass [10], which is time-dependent due to the inflaton oscillations.

Let us focus on the eight $\chi_\alpha$ scalars, see Eq. (9), since for the gauge bosons $A^a_{\mu}$ and the fermions $\Psi_\alpha$ the results will be qualitatively and quantitatively similar.\footnote{As explained in [27], for any oscillating scalar condensate the transverse and longitudinal modes of the gauge fields coupled to the scalar can be resonantly amplified at similar, but not identical, rates. The effective frequency (27) thus holds for the eight $\chi$ fields and for the transverse gauge modes, while for the longitudinal gauge modes it is slightly different. Nevertheless, the amplification rates of the two types of modes are similar, and do not affect our results qualitatively [27].}

The Fourier eigenmodes of the $\chi_\alpha$ quanta produced at each crossing have the energy

$$\omega_k = \sqrt{k^2 + m_{\chi_\alpha}^2 + \frac{g_s^2 \phi(t)^2}{6}} = \sqrt{k^2 + \frac{m_{\chi_\alpha}^2}{2} + \frac{4 m_{\phi}^2 \tau^2}{q_\alpha}}, \quad (27)$$

where $\phi(t)$ is the instantaneous VEV of the inflaton and $m_{\chi_\alpha}$ the bare (time-independent) mass of the $\chi_\alpha$ field. The broad resonance parameter is written as

$$q_\alpha = \frac{g_s^2 \phi_0^3}{24 m_{\phi}^4} \gg 1, \quad (28)$$

and $\tau = m_{\phi} t$ is the time after the inflaton zero crossing. When the adiabaticity condition is violated, $\dot{\omega}_k \sim \omega_k^2$, the modes with $k \sim k_{\text{max}}$ are excited each time the inflaton crosses the origin, with

$$k_{\text{max}}^2 \sim \frac{1}{6} g_s \phi_0 \approx 2 m_{\phi}^2 \sqrt{q_\alpha}, \quad (29)$$

where $\phi_0$ is the velocity of the inflaton at zero crossing. The growth of the occupation number of mode $k$ for the first zero crossing reads

$$n_{k, \chi_\alpha} = \exp \left[ - \frac{\pi \sqrt{6} (k^2 + \frac{m_{\chi_\alpha}^2}{2})}{g_s \phi_0} \right]$$
$$= \exp \left[ - \frac{\pi (k^2 + \frac{m_{\chi_\alpha}^2}{2})}{2 m_{\phi}^2 \sqrt{q_\alpha}} \right] < 1. \quad (30)$$
This gives the total number density of particles produced immediately after the zero crossing as

\[ n_{\chi_a} = \int_0^{\infty} \frac{d^3k}{(2\pi)^3} \exp \left[ -\frac{\pi (k^2 + m_{\chi_a}^2)}{2m_\phi^2 \sqrt{q_\phi}} \right] \]

\[ = \frac{m_\phi^3}{2\sqrt{2} \pi^3} q_\phi^{3/4} \exp \left( -\frac{\pi m_{\chi_a}^2}{2m_\phi^2 \sqrt{q_\phi}} \right), \]  

(31)

before the \( \chi_a \) particles decay perturbatively into the lighter degrees of freedom.

Immediately after adiabaticity is restored, occurring at

\[ t > t_{a,s} = \sqrt{\frac{6}{g_s\phi_0}} \quad \Rightarrow \quad t_a > t_{a,s} = \frac{1}{\sqrt{2}} q_a^{-1/4}, \]  

(32)

instant preheating [10] occurs: \( \chi_a \) particles will decay into those that have no gauge coupling to the inflaton. In the case of the \( u_1d_2d_3 \) inflaton, these are the quarks \( u_2, u_3, d_1 \), the Higgses, the leptons and the according superpartners.

In the case of the \( \chi_8, V_\mu \) and \( \Psi_V \) particles, since their inflaton-induced mass is

\[ M_{\chi_8} = M_{V_\mu} = M_{\Psi_V} = \frac{\sqrt{4g_\phi^2 + 3g_s^2}}{3\sqrt{2}} \phi, \]  

(33)

the energy of the Fourier eigenmodes is

\[ \omega_k = \sqrt{k^2 + m_{\chi_8}^2 + (4g_\phi^2 + 3g_s^2)\phi(t)^2/18} = \sqrt{k^2 + m_{\chi_8}^2 + 4m_\phi^2 \tau^2 q_8}, \]  

(34)

with the broad resonance parameter

\[ q_8 = \frac{4g_\phi^2 + 3g_s^2}{72m_\phi^2} \phi_0. \]  

(35)

The growth of the occupation number is accordingly

\[ n_{k,\chi_8} = \exp \left[ -\frac{\pi (k^2 + m_{\chi_8}^2)}{2m_\phi^2 \sqrt{q_8}} \right] < 1, \]  

(36)

that returns the total number density

\[ n_{\chi_8} = \frac{m_\phi^3}{2\sqrt{2} \pi^3} q_8^{3/4} \exp \left( -\frac{\pi m_{\chi_8}^2}{2m_\phi^2 \sqrt{q_8}} \right). \]  

(37)

It follows immediately that the multiplet corresponding to the residual \( U(1) \) symmetry is slightly heavier,

\[ M_{\chi_8}/M_{\chi_a} = \sqrt{1 + \frac{4g_\phi^2}{3g_s^2}} \approx 1.36. \]  

(38)

since \( gy \approx 0.6 \) and \( gs \approx 0.75 \) at the energy scale \( O(10^{15} \text{ GeV}) \) consistent with the inflaton oscillations; see also Fig. 2. Accordingly, the decay of the gauge multiplet \((\chi_b, V_\mu, \Psi_V)\) begins a bit earlier,

\[ \frac{\tau_8}{\tau_a} = \left( \frac{q_8}{q_a} \right)^{-1/4} = \left( 1 + \frac{4g_\phi^2}{3g_s^2} \right)^{-1/4} \approx 0.85. \]  

(39)

After crossing the origin and producing bursts of quanta \( \chi_a \) etc., the inflaton rolls back the potential to increase the instantaneous mass induced, together with the decay width \( \Gamma_{\chi_a} \). Assuming \( t_{\text{dec},a} \ll m_\phi^{-1} \) at the time of decay \( \phi(t_{\text{dec},a}) \approx \phi_0 t_{\text{dec},a} \), where \( t_{\text{dec},a} \sim \Gamma_{\chi_a}^{-1} \) is the time between the zero crossing and \( \chi_a \) decay.

Recalling (13), namely \( \Gamma_{\chi_a} = 9g_3^2/(32\sqrt{6}\pi)\phi \), we find

\[ 1 \gg t_{\text{dec},a} = m_\phi t_{\text{dec},a} = \frac{4\sqrt{\pi}}{3g_s} q_a^{-1/4} \gg t_{a,s}. \]  

(40)

Since the inflaton mass is \( m_\phi \sim 1000 \text{ GeV} \), and recall that its VEV at the beginning of oscillations is \( \phi \sim \phi_0 \simeq 10^{15} \text{ GeV} \), then \( t_{\text{dec},a} \sim 6 \times 10^{-6} m_\phi^{-1} \). This guarantees the prompt decay of the \( \chi_a \)'s after they are produced. The energy density in \( \chi_a \) particles soon after zero crossing is integrated as

\[ \rho_{\chi_a}(\tau) = \int_0^{\infty} \frac{k^2 dk}{2\pi^2 n_k,\chi_a} \omega_k(\tau) = \frac{q_a m_\phi^4}{\pi^4} A_a e^{A_a} K_1(A_a) \exp \left( -\frac{\pi m_{\chi_a}^2}{2m_\phi^2 \sqrt{q_a}} \right), \]  

(41)

where \( K_1(z) \) is the modified Bessel function of the second kind and

\[ A_a(\tau) \equiv \frac{\pi m_{\chi_a}^2}{4\sqrt{q_a} m_\phi^2} + \pi \sqrt{q_a} \tau^2 \simeq \pi \sqrt{q_a} \tau^2. \]  

(42)

Now, \( \rho_{\chi_a} \) decays with the decay rate \( \Gamma_{\chi_a} \),

\[ \rho_{\chi_a}(\tau) = \rho_{\chi_a} \exp \left[ -\int_0^\tau \Gamma_{\chi_a} \, \mathrm{d}t \right] = \frac{q_a m_\phi^4}{\pi^4} A_a e^{A_a} K_1(A_a) e^{-A_a/2A_{\text{dec},a}} \exp \left[ -\frac{\pi m_{\chi_a}^2}{2m_\phi^2 \sqrt{q_a}} \right], \]  

(43)

where \( A_{\text{dec},a} \equiv A_a(\tau_{\text{dec}}) = (16\pi^2/9g_s^2) \simeq 31.19 \). When integrated beyond the time of decay, this gives

\[ \rho_{\chi_a} \simeq 8.26 \times \frac{q_a m_\phi^4}{\pi^4} \exp \left[ -\frac{\pi m_{\chi_a}^2}{2m_\phi^2 \sqrt{q_a}} \right]. \]  

(44)

One can thus compute the energy ratio transferred from the inflaton to \( \chi_a \)'s and then into relativistic squarks at every inflaton zero crossing,

\[ \frac{\rho_{\chi_a}}{\rho_\phi} \simeq 0.0071 g_s^2 \exp \left[ -\frac{\pi m_{\chi_a}^2}{2m_\phi^2 \sqrt{q_a}} \right]. \]  

(45)

since \( \rho_\phi = \phi_0^2/2 \) is the inflaton energy at each zero crossing.

All of the above, including Eqs. (40), (44) and (45) also hold for the \( A_{\mu}^a \) gauge bosons and \( \Psi_\mu \) fermions (\( a = 0, \ldots, 8 \)).
1, . . . , 8), which all have the same mass and decay width as $\chi_d$. Moreover, single-crossing occupation numbers in instant preheating are insensitive to the spin of the field [7].

Regarding the $\chi_8$ scalar, $V_\mu$ gauge field and $\Psi_V$ fermion instead, by using (12) the decay time $\tau_{\text{dec}} \sim \Gamma_{\chi_8}$ gives

$$\tau_{\text{dec,}8} = m_{\phi} \tau_{\text{dec,}8} \sim \frac{4 \sqrt{\pi}}{3} \sqrt{\frac{3 g_s^2 + 4 g_Y^2}{3 g_s^2 + 8 g_Y^2}} q_8^{-1/4} \gg \tau_{s,y},$$

(46)

which corresponds to

$$A_8(\tau_{\text{dec}}, s) = A_{\text{dec,}8} = \frac{16 \pi^2}{9} \frac{3 g_s^2 + 4 g_Y^2}{3 g_s^2 + 8 g_Y^2} \approx 27.42.$$  

(47)

The total energy density accordingly reads

$$\tilde{\rho}_{\chi_8} \simeq 8.91 \times \frac{q_8 m_\phi^4}{\pi^4} \exp\left(\frac{-\pi m_{\chi_8}^2}{2 m_\phi^2 \sqrt{q_8}}\right),$$

(48)

which implies

$$\frac{\tilde{\rho}_{\chi_8}}{\rho_\phi} \sim 0.0025 (4 g_Y^2 + 3 g_s^2) \exp\left(\frac{-\pi m_{\chi_8}^2}{2 m_\phi^2 \sqrt{q_8}}\right).$$

(49)

It is then evident that each of the degrees of freedom of the SUSY multiplet ($\chi_8$, $V_\mu$ and $\Psi_V$) transfers more inflaton energy than in the multiplet ($\chi_d$, $A_\mu$ and $\Psi_d$).

The above results can now be used to give the rate of energy transfer via instant preheating. One must add the contribution of all the degrees of freedom, namely eight from the scalars, 24 from the eight massive gauge bosons$^3$ and 32 from the fermions. Using Eqs. (45) and (49), we can write

$$\frac{\rho_{\text{rel}}}{\rho_\phi} = 56 \frac{\tilde{\rho}_{\chi_8}}{\rho_\phi} + 8 \frac{\tilde{\rho}_{\phi}}{\rho_\phi} \sim 28.3\%,$$

(50)

at each zero crossing, since $g_s \sim 0.75$ and $g_Y \sim 0.6$. The process is therefore extremely efficient in transferring energy from the inflaton to the relativistic species: one can easily show that

$$\rho_{\phi}^{(N)} = (1 - 0.283)^N \rho_0 = (0.727)^N \rho_0,$$

(51)

where $\rho_{\phi}^{(N)}$ is the inflaton energy density after $N$ crossings or $N/2$ oscillations. The above means that only 4% of the energy density at the beginning of oscillations $\rho_0$ remains in the flat direction after $N = O(10)$ origin crossings, or only five oscillations, as pictured in Fig. 1. Notice that, by virtue of the negative exponential in (45) and (49), the amplitude of oscillations is non-influential. Compared to the analogous result for the $LLE$ inflaton [17], i.e. $\rho_{\text{rel}}/\rho_\phi \sim 10.6\%$, we see that the $udd$ loses energy way more efficiently.

$^3$ The field $A_\mu$ defined in (19), which accounts for the residual $U(1)_Y$ symmetry, is massless and stable.

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Regarding the decreasing of the inflaton VEV with the ongoing oscillations, we can make a crude estimate neglecting the redshift effect due to the expansion of the Universe. Using conservation of energy to write the inflaton velocity when crossing the origin as $\dot{\phi}_0 = \sqrt{2 V(\phi)}$, an evolution equation for the inflaton VEV $\phi$ (or the oscillation amplitude) after $N$ crossings can be obtained by using $\rho_\phi = \phi_0/2 \approx \phi^2 m_\phi^2/2$. Substituting into (51) returns indeed a very simple relation,$^4$

$$\phi_N = (0.727)^{N/2} \phi_0,$$

(52)

which is plotted in Fig. 2. In other words, after only five oscillations the inflaton energy density is already reduced by 96%, and its VEV by nearly 81%. Nevertheless, in this case $\phi_{10} = 0.203 \times 10^{15}$ GeV, therefore it is still very large.

4.1 Thermalization

In this section we address briefly the thermalization of the particles that are produced via instant preheating. This is a process that leads to thermal equilibrium of the MSSM degrees of freedom, reaching a uniform reheating temperature of the Universe.

The main question is to determine how long it takes to reach a thermal distribution to the MSSM particle spectrum that is produced during the inflaton oscillations, as described in Sects. 3 and 4.

The number density and energy density of the relativistic (s)leptons that are produced after the first zero crossing of

$^4$ One can show that the term $(1/2)m_\phi^2 \dot{\phi}^2$ is actually dominant in $V(\phi)$ even if $\phi = O(10^{15}$ GeV). Therefore we do not need $\phi$ to decrease after a certain number of oscillations to assume $\rho \approx (1/2)m_\phi^2 \phi^2$ and neglect the higher powers in $\phi$.  

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$^3$ The field $A_\mu$ defined in (19), which accounts for the residual $U(1)_Y$ symmetry, is massless and stable.
the flat direction are given, respectively, by
\[ n_{\text{rel}} = 56 n_{x_0} + 8 n_{x_8}, \tag{53} \]
\[ \rho_{\text{rel}} = 56 \bar{\rho}_{x_0} + 8 \bar{\rho}_{x_8}, \tag{54} \]
with \( n_{x_0}, n_{x_8}, \bar{\rho}_{x_0}, \) and \( \bar{\rho}_{x_8} \) given by (31), (37), (44) and (48). This gives
\[ \frac{1}{4} n_{\text{rel}} \approx 1.66 n_{x_0}^{1/3}. \tag{55} \]

When these relativistic (s)leptons reach thermal equilibrium, it can be shown that their number density \( n_{\text{th}} \) and energy density \( \rho_{\text{th}} \) are related by \( \rho_{\text{th}}^{1/4} \approx n_{\text{th}}^{1/3} \). Compared to (55), this means that a thermal distribution can be established only if the comoving number density of (s)leptons increases slightly. Davidson and Sarkar [28] showed that this can be achieved through 2 \( \rightarrow \) 3 scatterings.

Since in this type of models we expect thermal equilibrium to be reached at around \( T \approx (10^8 \cdots 10^9) \text{ GeV} \), much larger than the electroweak (EW) scale, the dominant processes will be weak scatterings with exchange of massless \( W \) and \( Z \) bosons. Scattering of (s)quarks with gluon exchange in the t-channel is indeed initially suppressed by the inflaton VEV, which breaks the \( SU(3)_C \) symmetry and gives mass to the gluons. The according thermalization rate is written as [28]
\[ \Gamma_{\text{th}}^W \sim \frac{\alpha_W}{\sqrt{\rho_{\text{rel}}}} n_{\text{rel}}, \tag{56} \]
with the \( SU(2)_W \) fine structure constant \( \alpha_W = g_W^2/4\pi \). By substituting Eqs. (5) and (50) into the above, we find that \( \Gamma_{\text{th}}^W \gg m_\phi \). Since the inflaton mass \( m_\phi \) corresponds to the frequency of oscillations, the weak particles form a thermal bath much earlier than the next zero crossing.

The temperature of this thermal bath is initially \( T = 0.56 \sqrt{m_\phi/\phi_0} \), and increases at each zero crossing, since 28% of the inflaton energy density is transferred to the (s)leptons via instant preheating. Also the SUSY doublet \( H_u \) and \( \tilde{H}_u \) gets into thermal equilibrium with the (s)leptons because of the large Yukawa coupling of the top quark [17]. In any case, the thermal bath does not contain the (s)quarks as their interactions are suppressed because of the broken \( SU(3)_C \) symmetry, as discussed.

Full thermal equilibrium indeed occurs only when all the gauge interactions have become efficient. For this to happen, the inflaton VEV must decrease enough with the oscillations so that the masses it induces on the decay products of the inflaton, see (10) and (11), are smaller than the average kinetic energy of the particles in thermal equilibrium at all times [29]. In other words,
\[ \frac{g_s}{\sqrt{6}} \hat{\phi} \sqrt{\frac{3g_s^2 + 4g_t^2}{3\sqrt{2}}} \phi \approx 3T, \tag{57} \]
where \( \phi \) is the oscillation amplitude. Using (50), \( \rho_{\phi} \approx m_\phi^2 \hat{\phi}^2/2 \) and \( \rho_{\text{rel}} = \rho_0 = \pi^2/30g_sT^4 \), we find that this happens after about \( O(40) \) oscillations. The Universe thus thermalizes very quickly, even faster for the \( udd \) inflaton compared to other flat directions: for the \( L\bar{L}e \) we found \( O(100) \) oscillations [17].

Now all the MSSM degrees of freedom are kinematically available to the thermal bath, and all the gauge interactions are efficient, including 2 \( \rightarrow \) 2 scatterings of colored particles. These will bring also this sector into thermal equilibrium and destroy rapidly the remaining inflaton condensate [17,28,29]. Accordingly, full thermalization and therefore the end of reheating will be reached after \( O(40) \) oscillations. This happens within a single Hubble time since \( H_{\text{inf}} \sim 10^{-3} m_\phi \): all the MSSM degrees of freedom thermalize with a reheating temperature (the temperature when they first dominate the energy density of the Universe) [28],
\[ T_{\text{reh}} \approx \left( \frac{30}{\pi^2 g_*} \right)^{1/4} \rho_0^{1/4} \approx 2 \times 10^8 \text{ GeV}. \tag{58} \]

This reheating temperature is high enough to allow e.g. several mechanisms of baryogenesis [30–32].

At this point, one might wonder whether the reheating process could be even more complicated, and if there are other competing mechanisms that would affect thermalization. Q-balls [33–36] for example, can be generated via the fragmentation of the inflaton condensate, under some specific conditions occurring after the beginning of oscillations [37–43]. Thus in principle they might decrease the inflaton lifetime, altering the reheating mechanism discussed above.

In our case, however, an eventual Q-ball production will be suppressed by the explosive preheating discussed in this section [16,26,44], as it will happen late, after baryon number creation [5,45,46].

In conclusion, reheating in MSSM inflation with a \( udd \) flat direction inflaton seems to thermalize the Universe very
efficiently, with a cosmologically convenient reheating temperature.

5 Non-thermal gravitino production in MSSM inflation

The gravitino, as the supersymmetric partner of the graviton in supergravity, is a weakly interacting particle which sets important constraints on cosmological parameters. If unstable, it can decay after the beginning of BBN, thus washing out the primordial elements; if R-parity is conserved, it produces a lightest supersymmetric particle (LSP) that can account for dark matter (DM). The gravitino itself, in a variety of supergravity models (e.g. in gauge mediation), can be the LSP and therefore the dark matter particle.

In this section we want therefore to investigate whether the BBN and DM constraints are respected, or if there exists a gravitino problem [18–20] in MSSM inflation.

Gravitinos can be produced at the end of inflation either thermally, through scatterings of the particles produced by decay of the inflaton [47–49], or non-thermally, via the decays of the fields which determine the dynamics after inflation [20,50].

In this paper we study the latter mechanism, namely the decay into gravitinos of the supersymmetric multiplet which is coupled to the inflaton, and of the direct decay of the inflaton as well.

5.1 Perturbative decay into gravitinos

Let us focus first on the SUSY multiplet with large induced masses \( \propto g \phi \). In general, the heavier component \( \tilde{X} \) of a supermultiplet couples to its lighter superpartner \( X \) and a helicity-1/2 gravitino (goldstino) through the following term of the supergravity Lagrangian [19,44,51,52],

\[
\mathcal{L} \supset -\frac{(\Delta M)^2}{\sqrt{3} m_{3/2} M_{\text{Pl}}} \tilde{X}^* \bar{\phi} P_R X + \text{H.c.} \tag{59}
\]

where \( P_R \equiv (1 - \gamma_5)/2 \), \( M_{\text{Pl}} = 2.44 \times 10^{18} \text{ GeV} \) is the reduced Planck mass and \( \Delta M = \sqrt{m_{\tilde{X}}^2 - m_X^2} \gg m_{3/2} \) is the splitting of the supersymmetry breaking masses of \( \tilde{X} \) and \( X \). For TeV scale SUSY, \( \Delta M \approx \mathcal{O}(\text{TeV}) \). \( m_{\tilde{X}} \) and \( m_X \) are indeed hierarchically smaller than the VEV-induced masses \( M_{\tilde{X}}, M_X \propto g \phi \approx 10^{14} \text{ GeV} \), which are supersymmetry conserving but break the SU(3)C symmetry, as discussed in Sect. 3.

Using the above coupling (59) and taking into account the multiplicities, the fields that are coupled to the inflaton decay with the rate

\[
\Gamma_{\text{SUSY}} \approx \frac{1}{2\pi} \frac{M_{\tilde{X}} (\Delta M)^4}{M_{\text{Pl}}^2 m_{3/2}^3} \approx 10^{-26} \frac{\phi}{m_{3/2}^3} \quad [\text{GeV}]. \tag{60}
\]

The inflaton field decays perturbatively into a gravitino and an inflatino. Since it is composed of three scalar fields, from (59) we obtain the well known result [19,51]

\[
\Gamma_{\text{add}} = \frac{m_\phi}{16\pi M_{\text{Pl}}^2 m_{3/2}^2} \left( 1 - \frac{m_{2/3}^2}{m_\phi^2} \right)^2 \approx \frac{m_\phi}{16\pi M_{\text{Pl}}^2 m_{3/2}^2}, \tag{61}
\]

where the estimate holds for light gravitinos, when the goldstino modes are dominant, as discussed above. For \( m_\phi \sim \mathcal{O}(\text{TeV}) \) this can be rewritten as

\[
\Gamma_{\text{add}} \approx \frac{10^{-23}}{m_{3/2}^2} \quad [\text{GeV}]. \tag{62}
\]

On the other hand Eq. (60) gives

\[
\Gamma_{\text{SUSY}} \approx \frac{10^{-11}}{m_{3/2}^2} \quad [\text{GeV}], \tag{63}
\]

where we set \( \phi \sim \mathcal{O}(10^{15} \text{ GeV}) \). Inflaton decay is therefore subdominant for most of the oscillations (see Fig. 2). Since we are investigating an eventual overproduction, we can then consider only the SUSY multiplet decay. We rewrite Eq. (60) as follows:

\[
\Gamma_{3/2} \approx 10^{-17} \left( \frac{m_{3/2}}{1 \text{ TeV}} \right)^{-2} \left( \frac{\phi}{10^{15} \text{ GeV}} \right) \quad [\text{GeV}]. \tag{64}
\]

5.2 Cosmological bounds

We now check explicitly that there is no gravitino problem by using the gravitino decay rate computed in the previous section. The value of the gravitino yield \( Y \) can be written as [53,54]

\[
Y \equiv \frac{n_{3/2}}{s} = \frac{\Gamma_{3/2}}{\Gamma_{\text{tot}}} \frac{3 T_R}{4 m_A}, \tag{65}
\]

using again \( m_V \approx m_A \). Since the energy contained in the inflaton is transferred to the supermultiplet at each oscillation by virtue of the mechanism described in Sect. 4, one needs to use the decay rates of the A- and V-type fields with the right multiplicities. In other words,

\[
\Gamma_{\text{tot}} = 21 \Gamma_A + 3 \Gamma_V = 0.0739 \phi, \tag{66}
\]

where we took into account three type-V particles with decay width (20) and 21 type-A quanta (21).

Gravitino cosmology is then determined by \( \phi \), the inflaton VEV, which enters the decay width via the masses (10) and (11). By substituting Eqs. (64) and (66) into (65), we obtain

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\[5\] Or produced by the decay of its decay products, like in this paper.
the yield value of the gravitino (or gravitino-to-entropy ratio) as

\[ Y = \frac{n^{3/2}}{s} \approx 2 \times 10^{-38} \left( \frac{m^{3/2}_{3/2}}{1 \, \text{TeV}} \right)^{-2} \left( \frac{\phi}{10^{15} \, \text{GeV}} \right)^{-1}. \]  

(67)

To maintain the success of the BBN, the following must hold [50,55,56]:

\[ m_{3/2} Y_{3/2} \lesssim \mathcal{O}(10^{-14} \div 10^{-11}) \, \text{GeV}. \]  

(68)

On the other hand, if R-parity is conserved, an LSP gravitino is a good dark matter candidate if its yield value is smaller than the DM abundance, namely [57]

\[ Y_{3/2} \lesssim 3 \times 10^{-10} \left( \frac{1 \, \text{GeV}}{m_{3/2}} \right). \]  

(69)

By substituting (67) into (68) and (69), we obtain

\[ m_{3/2} \gtrsim \left( \frac{\phi}{10^{15} \, \text{GeV}} \right)^{-1} \mathcal{O}(10^{-21} \div 10^{-18}) \, \text{GeV}, \]  

(70)

for the BBN constraint and

\[ m_{3/2} \gtrsim \left( \frac{\phi}{10^{15} \, \text{GeV}} \right)^{-1} \mathcal{O}(10^{-22}) \, \text{GeV}, \]  

(71)

for the DM bound. At the beginning of oscillations \( \phi \sim \mathcal{O}(10^{15} \, \text{GeV}) \), thus both these cosmological constraints are easily satisfied, leading to successful BBN and to a dark matter abundance not exceeding observed values.

Since we found in Sect. 5.1 that the supermultiplet decay is strongly dominant, the above implies that also inflation decay is non-problematic, consistently with the literature [11,16]. As noted in [11], at early stages of inflation oscillations only the non-thermal production of helicity \( \pm 3/2 \) gravitinos might be problematic to nucleosynthesis.\(^6\)

We remark that the above estimates hold for a goldstino, namely for a helicity-1/2 gravitino, corresponding to \( m_{3/2} \ll \Delta M \). If we assume instead \( m_{3/2} \approx \Delta M \approx 1 \, \text{TeV} \), the decay rates of each sparticle with mass \( M_{\tilde{X}} \) to both helicity-1/2 and helicity-3/2 gravitinos are comparable [19], as in our general expression for the inflaton decay rate (61). In the case of a sparticle \( \tilde{X} \) we get

\[ \Gamma_{3/2} \propto M_{\tilde{X}} \left( \frac{m_{3/2}}{M_{\text{Pl}}} \right)^2 \approx 10^{-15} \, \text{GeV}, \]  

(72)

for a TeV-order gravitino mass and \( M_{\tilde{X}} \sim \mathcal{O}(10^{15} \, \text{GeV}) \). It can easily be checked that (72) still satisfies the cosmological constraints.

Finally, we briefly comment on thermal gravitino production. This consists of 10 different types of scattering processes with gravitinos in the final state, which occur in the thermal bath formed according to Sect. 4 at the reheating temperature \( T_R \approx 2 \times 10^8 \, \text{GeV} \), Eq. (58). This mechanism becomes efficient after \( \mathcal{O}(40) \) oscillations and the vanishing of the inflaton VEV, and can be studied via a standard treatment that was developed in [47,48,58].\(^7\)

In principle, also the heavy gauge and gaugino quanta might participate to the scatterings described above, and this would be dangerous because they are very massive. However, it was shown in [16,29] that since these particles decay almost immediately after being produced, they will be absent from the final thermal bath. In other words, in MSSM inflation we do not expect the gravitino problem to emerge from thermal production either.

Certainly, the 10 scatterings in the thermal bath will still occur, but here \( T_R \) is low enough to avoid overproduction. Yet, they might give a non-negligible gravitino abundance, depending on its mass and those of the MSSM. The precise calculation, however, goes beyond the scope of this paper, since here we are only concerned about possible overproduction problems.

Lastly, gravitino production via any eventual Q-ball decay will be subdominant in this case, as the reheating temperature (58) is larger than \( 10^7 \) GeV [59].

6 Conclusions

In this work we have investigated particle production and thermalization in the case of a flat direction inflaton of the \( ud\overline{d} \) type, thus contributing to the phenomenology of MSSM inflation for the most compelling inflaton candidates. We computed the decay rate into the MSSM spectrum of the supersymmetric multiplet that is coupled to the flat direction, and investigated the thermalization process. We also discussed the according gravitino cosmology, which was still absent to this level of detail in previous work.

Our calculations show that the \( ud\overline{d} \) inflaton determines by far the most efficient energy transfer mechanism and reheating process with the observed degrees of freedom. About 28% of the inflaton energy is drained at each origin crossing, reducing to only 4% after five oscillations. The Universe will then thermalize very quickly, after only \( \mathcal{O}(40) \) oscillations and within one Hubble time, with reheating temperature \( T_{\text{reh}} = \mathcal{O}(10^8 \, \text{GeV}) \).

We also investigated in detail the non-thermal gravitino production from the perturbative decay of both the inflaton and the fields to which it is coupled. We found that the resulting gravitino abundance is very small and satisfies both the BBN and the DM constraints. Since it is well known that thermal scatterings in MSSM inflation do not induce any

\(^7\) These considered, respectively: QCD, the full Standard Model group, additional decays and the effect of the top Yukawa coupling.
gravitino overproduction [16,29], we conclude that MSSM inflation is free from any gravitino problem.

Our results are therefore encouraging, and MSSM inflation with either the LLe or udd inflaton seems to provide a phenomenologically interesting framework in agreement with the most recent observations.

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Appendix A: Essential expressions for the udd inflaton

1. Scalar interactions

The scalar fields of SU(3)C which are coupled to the inflaton are defined as follows:

\[ \chi_1 = \frac{\phi_5, R + \phi_7, R}{\sqrt{2}} , \quad \chi_2 = \frac{\phi_5, L - \phi_7, L}{\sqrt{2}} , \]
\[ \chi_3 = \frac{\phi_4, R - \phi_8, R}{\sqrt{2}} , \quad \chi_4 = \frac{\phi_1, R + \phi_6, R}{\sqrt{2}} , \]
\[ \chi_5 = \frac{\phi_1, L - \phi_6, L}{\sqrt{2}} , \quad \chi_6 = \frac{\phi_2, R + \phi_9, R}{\sqrt{2}} , \]
\[ \chi_7 = \frac{\phi_2, L - \phi_9, L}{\sqrt{2}} , \quad \chi_8 = \sqrt{\frac{2}{3}} \left( \phi_3, R - \frac{1}{2} \phi_4, R - \frac{1}{2} \phi_8, R \right) . \]  

The scalar \( \chi_8 \) decays into the right-handed squarks which are not coupled to the inflaton, to the left-handed squarks and to the Higgs doublets and sleptons via the \( SU(3)_C \) and \( U(1)_Y \) D-terms, namely through the potential

\[ V_D = \frac{1}{2} g_{5, L}^2 D_C^2 D_C^8 + \frac{1}{2} g_{5, Y}^2 D_Y^2 D_Y \]

\[ \gtrsim \frac{g^2 \phi}{2 \sqrt{6}} \chi \left[ (\bar{u}_L^*)^2 \phi \bar{u}_L^2 + \bar{u}_L^* \phi \bar{u}_L \phi + \bar{d}_L^* \phi \bar{d}_L \phi \right] \]
\[ + \sum_{i=1}^{3} (\bar{u}_{i, L}^* \phi \bar{u}_{i, L} + \bar{d}_{i, L}^* \phi \bar{d}_{i, L}) \]
\[ + \frac{g^2 \phi}{3 \sqrt{6}} \chi \left[ \frac{1}{3} (-4|\bar{u}_2|^2 - 4|\bar{u}_3|^2 + 2|\bar{d}_1|^2) \right] \]
\[ + \frac{1}{2} \sum_{i=1}^{3} (|\bar{u}_{i, L}|^2 + |\bar{d}_{i, L}|^2) \]
\[ + |H_u|^2 - |H_d|^2 - 3 \left| \bar{L}_i \right|^2 + 2 \left| \bar{e}_i \right|^2 \right] . \]  

The other seven scalars \( \chi^a \) defined in (A1), are coupled instead to the right-handed and left-handed squarks via only the \( SU(3)_C \) D-terms,

\[ V_D \gtrsim \frac{g^2 \phi}{2 \sqrt{6}} \chi^a (\bar{u}_L^* \phi \bar{u}_L + \bar{u}_L^* \phi \bar{u}_L + \bar{d}_L^* \phi \bar{d}_L + \bar{d}_L^* \phi \bar{d}_L) , \]

where \( i = 1, 2, 3 \). An interaction term in the form \( \sigma \chi \psi^* \phi \) between \( \chi \) and a massless scalar \( \phi \) results in a decay rate \( \sigma^2 / 16 \pi M \), where \( \sigma \) is a coupling of dimension mass and \( M \) is the mass of \( \chi \).

2. Gauge interactions

The gauge bosons \( A^a_\mu \) (\( a = 1, \ldots, 7 \)) and \( V_\mu \) which are coupled to the inflaton interact with the matter sector through the covariant derivatives (15).

The \( SU(3) \) fields \( A^a_\mu \) decay into the right- and left-handed squarks, namely

\[ \mathcal{L} \gtrsim \frac{i g^2}{2} \sum_{a=1}^{7} \left[ A^a_\mu \right] (\bar{u}_L^* \phi \bar{u}_L + \bar{u}_L^* \phi \bar{u}_L + \bar{d}_L^* \phi \bar{d}_L) + H.C. \]
\[ \gtrsim \frac{i g^2}{2} \left[ A^1_\mu (\bar{u}_L^* \phi \bar{u}_L + \bar{d}_L^* \phi \bar{d}_L) + \bar{e}_L^* \phi \bar{e}_L \right] + H.C. \]
\[ \gtrsim \frac{i g^2}{2} \left[ A^1_\mu (\bar{u}_L^* \phi \bar{u}_L + \bar{d}_L^* \phi \bar{d}_L) + \bar{e}_L^* \phi \bar{e}_L \right] + H.C. \]
\[ \gtrsim \frac{i g^2}{2} \left[ A^1_\mu (\bar{u}_L^* \phi \bar{u}_L + \bar{d}_L^* \phi \bar{d}_L) + \bar{e}_L^* \phi \bar{e}_L \right] + H.C. \]
For a massless scalar $\phi$, the decay rates of $SU(3)_C$ gauge fields into a $\phi^*\phi$ pair are $g^2_{\phi}/M^{96/\pi}$, with $M$ the mass of the gauge field.

Decay into the corresponding fermions occurs via the following interaction terms:

$$\mathcal{L} \supset -\frac{ig_8^2}{2} \sum_{a=1}^7 A_{a\mu} \left[ (\tilde{\Psi}_{1a\mu} \gamma^\mu \gamma^5 \Psi_{1a} + \tilde{\Psi}_{1a,\mu} \gamma^\mu \gamma^5 \Psi_{1a}) + \tilde{\Psi}_{1a} \gamma^\mu \gamma^5 \Psi_{1a} \right]$$

For $\phi^*\phi$ fields into a $\tilde{\Psi}_{1a}\gamma^\mu \gamma^5 \Psi_{1a}$, with $a = 1, \ldots, 7$. The gauge bosons $V_{\mu}$ (massive) and $A_{\mu}$ (massless) have both $SU(3)_C$ and $U(1)_Y$ interactions with scalars and fermions.

By using the inverse of the transformation formulas (19) and (19), the following holds for right- and left-handed squarks:

$$\mathcal{L} \supset i \sqrt{3} g_2^2 + 4g_5^2 V_{\mu} \left[ -\frac{1}{2} (\tilde{u}^3 \sigma_i \partial_\mu \tilde{u}^3 + \tilde{u}^3 \sigma_i \partial_\mu \tilde{u}^3) + \frac{i}{6} (\tilde{d}^1 \sigma_i \partial_\mu \tilde{d}^1 + \tilde{d}^2 \sigma_i \partial_\mu \tilde{d}^1) \right]$$

$$\mathcal{L} \supset i \sqrt{3} g_2^2 + 4g_5^2 V_{\mu} \left[ -\frac{1}{2} (\tilde{u}^3 \sigma_i \partial_\mu \tilde{u}^3 + \tilde{u}^3 \sigma_i \partial_\mu \tilde{u}^3) + \frac{i}{6} (\tilde{d}^1 \sigma_i \partial_\mu \tilde{d}^1 + \tilde{d}^2 \sigma_i \partial_\mu \tilde{d}^1) \right]$$

while for the Higgs doublets and the sleptons we obtain:

$$\mathcal{L} \supset i \frac{2g_5^2 V_{\mu}}{\sqrt{3} g_2^2 + 4g_5^2} \left[ (\tilde{h}_d^0 \partial_\mu \tilde{H}_d) - (\tilde{h}_u^0 \partial_\mu \tilde{H}_u) - \tilde{L}_i^0 \partial_\mu \tilde{L}_i + 2\tilde{e}_i^0 \partial_\mu \tilde{e}_i + \tilde{\Psi}_{1a,\mu} \gamma^\mu \gamma^5 \Psi_{1a} \right]$$

(A8)
On the other hand, the couplings to the fermions are

\[
\mathcal{L} \supset -i\frac{g}{\sqrt{2}} g_\mu \overline{\Psi}_1 \gamma^\mu V_\mu \\
\times \left[ -\frac{1}{3} (\overline{\Psi}_{1,2} \gamma_\mu P_R \Psi_{1,2} + \overline{\Psi}_{1,3} \gamma_\mu P_R \Psi_{1,3}) \\
+ \frac{1}{6} (\overline{\Psi}_{d,1} \gamma_\mu P_R \Psi_{d,1} + \overline{\Psi}_{u,1} \gamma_\mu P_R \Psi_{u,1}) \\
+ \frac{i}{6\sqrt{3} g_\mu^2 + 4 g_\mu^2} [V_\mu (8 g_\mu^2 - 3 g_\mu^2) - 6\sqrt{3} g_y g_\mu^2 A_\mu] \\
\times (\overline{\Psi}_{d,2} \gamma_\mu P_R \Psi_{d,2} + \overline{\Psi}_{u,2} \gamma_\mu P_R \Psi_{u,2}) \\
+ \overline{\Psi}_{d,3} \gamma_\mu P_R \Psi_{d,3} + \overline{\Psi}_{u,3} \gamma_\mu P_R \Psi_{u,3}) \\
- \frac{i}{3\sqrt{3} g_\mu^2 + 4 g_\mu^2} [V_\mu (2 g_\mu^2 - 3 g_\mu^2) - 3\sqrt{3} g_y g_\mu^2 A_\mu] \\
\times \overline{\Psi}_{d,1} \gamma_\mu P_R \Psi_{d,1} \\
- \frac{i}{2\sqrt{3} g_\mu^2 + 4 g_\mu^2} \left\{ \left( \frac{2}{3} g_\mu^2 + g_\mu^2 \right) V_\mu + g_\mu g_y A_\mu \right\} \\
\times (\overline{\Psi}_{d,1} \gamma_\mu P_R \Psi_{d,1} + \overline{\Psi}_{u,1} \gamma_\mu P_R \Psi_{u,1} + (u \leftrightarrow d)) \\
+ \left[ \left( \frac{2}{3} g_\mu^2 - 2 g_\mu^2 \right) V_\mu - 5 g_\mu g_y A_\mu \right] \\
\times (\overline{\Psi}_{d,1} \gamma_\mu P_R \Psi_{d,1} + (u \leftrightarrow d)) \right] + \text{H.c.} \quad (A9)
\]

for the quarks and

\[
\mathcal{L} \supset -i 2 g_\mu^2 V_\mu - \sqrt{3} g_y g_\mu A_\mu \\
\times (\overline{\Psi}_{H_\mu} \gamma^\mu P_L \Psi_{H_\mu} + \overline{\Psi}_{\bar{H}_\mu} \gamma^\mu P_L \Psi_{\bar{H}_\mu} \\
- \overline{\Psi}_{L_\mu} \gamma^\mu P_L \Psi_{L_\mu} - \overline{\Psi}_{\bar{L}_\mu} \gamma^\mu P_L \Psi_{\bar{L}_\mu} \\
- \overline{\Psi}_{t_\mu} \gamma^\mu F_L \Psi_{t_\mu} - \overline{\Psi}_{\bar{t}_\mu} \gamma^\mu F_L \Psi_{\bar{t}_\mu} \\
- \overline{\Psi}_{H_\mu} \gamma^\mu P_L \Psi_{H_\mu} + \overline{\Psi}_{\bar{H}_\mu} \gamma^\mu P_L \Psi_{\bar{H}_\mu} \\
+ \overline{\Psi}_{t_\mu} \gamma^\mu F_L \Psi_{t_\mu} - \overline{\Psi}_{\bar{t}_\mu} \gamma^\mu F_L \Psi_{\bar{t}_\mu} \right) + \text{H.c.} \quad (A10)
\]

for Higgsinos and leptons. \(\Psi_1^i\) and \(\Psi_2^i\) are Dirac spinors representing, respectively, the neutrinos and charged leptons (the superscript on \(L_i\) refers to the weak isospin component):

\[
\Psi_{1,i} = \begin{pmatrix} L_1^i \\ 0 \end{pmatrix}, \quad \Psi_{2,i} = \begin{pmatrix} L_2^i \\ -i\sigma_2 e^i_1 \end{pmatrix}. \quad (A11)
\]

The Higgsinos are instead represented by the spinors

\[
\Psi_{H_\mu} = \begin{pmatrix} H_\mu^i \\ 0 \end{pmatrix}, \quad \Psi_{\bar{H}_\mu} = \begin{pmatrix} \bar{H}_\mu^i \\ 0 \end{pmatrix}. \quad (A12)
\]

For a massless fermion \(\psi\), the rates for the decay of SU(3)_C gauge fields to \(\psi\psi\) pair are \(g^2/3M/48\pi\).

3. Fermion interactions

The four-component Majorana spinors \(\Psi_a\) of SU(3)_C are defined as

\[
\Psi_1 = \begin{pmatrix} \psi_1 \\ -i\sigma_2 (\tilde{\psi}_1 + \tilde{\psi}_2) \end{pmatrix}, \quad \Psi_2 = \begin{pmatrix} \psi_2 \\ -i\sigma_2 (\tilde{\psi}_1 - \tilde{\psi}_2) \end{pmatrix}, \quad \Psi_3 = \begin{pmatrix} \psi_3 \\ -i\sigma_2 (\tilde{\psi}_1 + \tilde{\psi}_2) \end{pmatrix}, \quad \Psi_4 = \begin{pmatrix} \psi_4 \\ -i\sigma_2 (\tilde{\psi}_1 - \tilde{\psi}_2) \end{pmatrix}, \quad \Psi_5 = \begin{pmatrix} \psi_5 \\ -i\sigma_2 (\tilde{\psi}_1 + \tilde{\psi}_2) \end{pmatrix}, \quad \Psi_6 = \begin{pmatrix} \psi_6 \\ -i\sigma_2 (\tilde{\psi}_1 - \tilde{\psi}_2) \end{pmatrix}, \quad \Psi_7 = \begin{pmatrix} \psi_7 \\ -i\sigma_2 (\tilde{\psi}_1 + \tilde{\psi}_2) \end{pmatrix}, \quad (A13)
\]

and

\[
\Psi_Y = \begin{pmatrix} \tilde{\psi}_1 \Psi_3 - \frac{1}{2} \Psi_4 - \frac{1}{2} \Psi_5 \end{pmatrix}. \quad (A14)
\]

The fermion \(\tilde{\psi}\) is a linear combination of the SU(3)_C and \(U(1)_Y\) gauginos,

\[
\tilde{\psi} = \frac{1}{\sqrt{2}} \frac{2g_Y B + \sqrt{3} g_s g_\mu}{\sqrt{3} g_\mu^2 + 4 g_\mu^2} \Psi_V, \quad (A15)
\]

in analogy with the gauge field \(V_\mu\), Eq. (19).

The couplings to scalars and fermions are the following: the spinors \(\psi_1, \ldots, \psi_7\) interact with the left- and right-handed squarks and quarks via the Lagrangian

\[
\mathcal{L} \supset g_s \left[ \overline{Q}_{a,1} \Psi_1 P_L \Psi_{1,a}^1 + \overline{Q}_{a,2} \Psi_2 P_L \Psi_{2,a}^2 + \overline{Q}_{a,3} \Psi_3 P_L \Psi_{3,a}^3 \\
+ \overline{Q}_{a,4} \Psi_4 P_L \Psi_{4,a}^4 + \overline{Q}_{a,5} \Psi_5 P_L \Psi_{5,a}^5 + \overline{Q}_{a,6} \Psi_6 P_L \Psi_{6,a}^6 + \overline{Q}_{a,7} \Psi_7 P_L \Psi_{7,a}^7 \\
+ \overline{Q}_{a,8} \Psi_8 P_L \Psi_{8,a}^8 \right] + \overline{\Psi}_1 \Psi_1 P_R \Psi_{1,a}^1 + \overline{\Psi}_2 \Psi_2 P_R \Psi_{2,a}^2 + \overline{\Psi}_3 \Psi_3 P_R \Psi_{3,a}^3 \\
+ \overline{\Psi}_4 \Psi_4 P_R \Psi_{4,a}^4 + \overline{\Psi}_5 \Psi_5 P_R \Psi_{5,a}^5 + \overline{\Psi}_6 \Psi_6 P_R \Psi_{6,a}^6 + \overline{\Psi}_7 \Psi_7 P_R \Psi_{7,a}^7 \\
+ \overline{H}_{a,1} \Psi_1 P_R \Psi_{H,a}^1 + \overline{H}_{a,2} \Psi_2 P_R \Psi_{H,a}^2 + \overline{H}_{a,3} \Psi_3 P_R \Psi_{H,a}^3 + \overline{H}_{a,4} \Psi_4 P_R \Psi_{H,a}^4 \\
+ \overline{H}_{a,5} \Psi_5 P_R \Psi_{H,a}^5 + \overline{H}_{a,6} \Psi_6 P_R \Psi_{H,a}^6 + \overline{H}_{a,7} \Psi_7 P_R \Psi_{H,a}^7 \right] + \text{H.c.} \quad (A16)
\]
The fermion $\Psi_V$ interacts also with the Higgs bosons, Higgsinos, leptons and sleptons. This results in the interaction Lagrangian

$$\mathcal{L} \supset \frac{1}{\sqrt{2}} \frac{g_2^2}{\sqrt{3}g_s^2 + 4g_f^2} \times \left( \bar{Q}_{u,d}^i \Psi_V P_L \psi_{u,d}^i + \bar{Q}_{u,d}^i \Psi_V P_L \psi_{u,d}^2 - 2\bar{Q}_{u,d}^i \Psi_V P_L \psi_{u,d}^3 \right)$$

$$+ \bar{u}_1^i \Psi_V P_R \psi_{u,2}^i + \bar{u}_2^i \Psi_V P_R \psi_{u,2}^2 - 2\bar{u}_3^i \Psi_V P_R \psi_{u,2}^3$$

$$+ \bar{d}_1^i \Psi_V P_R \psi_{d,1}^i + \bar{d}_2^i \Psi_V P_R \psi_{d,1}^2 - 2\bar{d}_3^i \Psi_V P_R \psi_{d,1}^3$$

$$+ \frac{\sqrt{2g_2^2}}{\sqrt{3}g_s^2 + 4g_f^2} \times$$

$$\left( H_u^{1+} \Psi_V P_L \psi_{u,1}^i + H_u^{2+} \Psi_V P_L \psi_{u,2}^i \right)$$

The above interaction terms give a decay rate in the form $g^2 m_\psi / 32\pi \tau$. 

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