The Increased RNase Activity of IRE1α in PBMCs from Patients with Rheumatoid Arthritis

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Abstract
Purpose: Despite recent advances in the diagnosis and treatment of rheumatoid arthritis (RA), this inflammatory disease remains a challenge to patients and physicians. Recent evidence highlights the contribution of endoplasmic reticulum (ER) stress in the pathogenesis and treatment of RA. Herein, we study the expression of the ER stress sensor inositol-requiring enzyme 1a (IRE1α), as well as XBP1 splicing and the regulated IRE1-dependent decay (RIDD), in peripheral blood mononuclear cells (PBMCs) from patients with RA compared with healthy controls.

Methods: The PBMCs from blood samples of RA patients and healthy volunteers were isolated by a density gradient centrifugation method using Ficoll. The gene expression levels of GRP78/Bip, IRE1, XBP1s, micro-RNAs (miRNAs) were evaluated by real-time PCR.

Results: The expression of GRP78, IRE1, and XBP1s were increased in PBMCs of RA patients compared with healthy controls. We further show that the RIDD targets (miRNA-17, -34a, -96, and -125b) were downregulated in RA samples.

Conclusion: This study can expand our knowledge on the importance of RNase activity of IRE1α in RA and may offer new potentials for developing novel diagnostic and/or therapeutic biomarkers.

Introduction
Rheumatoid arthritis (RA) is a chronic inflammatory disease associated with swelling of synovial joints, systemic pain and progressive disability in movement.1 Although RA has relatively low prevalence in all over the world (eg., 0.37% in Iran),2 it is considered as a major global health concern that needs attention.1 The main aim of the current therapeutic protocols in RA is based on the use of anti-inflammatory drugs in order to prevent the progression of disease in the patients. However, these treatments are often associated with different efficacies and side effects, highlighting the need for new effective diagnostic and therapeutic strategies to control the disease.1,4

The endoplasmic reticulum (ER) is responsible for many essential functions in the eukaryotic cells, including Ca2+ homeostasis and post-translational modification of lipids and secreted proteins.5,6 It has been evidenced that some stressful insults, such as inflammation, hypoxia, and amino acid deficiency, may induce the accumulation of unfolded/misfolded proteins in the ER, leading to the activation of an adaptive response, called unfolded protein response (UPR).5,6 The primary goal of the UPR is to maintain the homeostasis and survival of cells. However, if the cells cannot cope with the stress, the UPR may switch into the programmed cell death.7 The UPR signaling is emanated from three ER transmembrane protein sensor(s), including PKR-like ER kinase (PERK), activated transcription factor 6 alpha (ATF6α) and inositol-requiring enzyme 1 alpha (IRE1α).6,8 In resting cells, the PERK, ATF6, and IRE1α (hereafter called IRE1) are associated with GRP78/Bip protein, while under the ER stress condition, GRP78 is dissociated from these UPR arms, resulting in the activation of UPR signaling.7,9 IRE1 is a unique enzyme with both kinase and RNase activities, which controls survival or cell death during ER stress.10 Under the ER stress condition, IRE1 is oligomerized and
then its kinase domain is activated, leading to the activation of its RNase domain. The ribonuclease activity of IRE1 is responsible for the specific splicing of X-binding protein 1 (XBP1) mRNA and the regulated IRE1-dependent decay (RIDD). The spliced XBP1 (XBP1s) acts as a transcription factor and upregulates the genes related to ER folding capacity, membrane biogenesis, and ER quality control. In parallel, the RIDD targets a subset of mRNAs/miRNAs to decrease protein-folding demand or to induce cell death, depending on the tissue and stress types.

It has been evidenced that dysregulation of the UPR pathways is associated with the pathogenesis and progression of RA. Most pathological hallmarks of RA, including hypoxia, low glucose, and excessive activation of immune responses, can exert a burden on the ER that may induce ER stress. This chronic ER stress can increase the rate of proliferation of synoviocytes, and the production of pro-inflammatory cytokines and autoantibodies in RA. The up-regulation of ER stress markers, including GRP78, IRE1, XBP1s, ATF6, and eIF2α-P, have been reported in macrophages and fibroblast-like synoviocytes (FLS) of RA patients. However, the functional importance of ER stress in RA needs more investigations.

Here, we report the increased RNase activity of the IRE1 in PBMCs from RA patients compared with healthy individuals. We further show that transcriptional changes at the downstream targets of IRE1 (especially miR-96 and XBP1s) may offer a new opportunity to improve the current diagnostic markers and therapeutic options in RA.

Material and Methods
Study design and patient’s selection
The case-control study involved 52 Iranian subjects, who were divided into two groups including patients and healthy controls (n=26). Patients with RA, defined by ACR/EULAR criteria, were selected during five months from March to July 2017 who referred to Imam Hossein hospital (Tehran, Iran) and diagnosed with active RA. A questionnaire was filled out by the volunteers to gather the demographic and other information related to this study. Healthy volunteers whose age and sex were matched with the patients group and had no previous report on cancer or any other chronic inflammatory disease were included. The clinical data of RA patients and healthy controls were summarized in Table 1.

PBMC isolation and real-time PCR
A volume of 5 ml blood from all patients and controls was collected into EDTA tubes under aseptic condition. Blood samples were immediately transferred to the laboratory and PBMCs were isolated by a density gradient centrifugation method using Ficoll-Hypaque (Inno-train, Germany) according to the manufacturer’s protocol. Total RNA was extracted by RNA X plus (Sina Clone Co., Tehran, Iran) and the poly (A)-based mRNA/miRNA cDNA synthesis kit (Bon Yakhhteh, Tehran, Iran) was used for cDNA synthesis. The expression of mRNA/miRNAs was measured by real-time PCR system (Illumina) using SYBR Premix, BON qPCR master mix and individual-specific primers that obtained from Bon Yakhhteh Company (Tehran, Iran). Real-time PCR was performed according to the following thermal conditions: 95°C for 2 minutes, 40 cycles of 95°C for 5 seconds and 60°C for 30 seconds. The relative expression of transcript levels of each individual was calculated according to 2^(-ΔΔCt) and analyzed by Rest 2009 software. The expression levels of mRNAs and miRNAs were normalized to β-actin and snord, respectively.

Reverse transcriptase (RT)-PCR
The specific primers to amplify the spliced and unspliced form of XBP1 mRNA were: forward 5’-AGCAAGGGGAATGAATGAG-3’ and reverse 5’-TGGGGGAAAGGCCATTTGAAGAAGC-3’. The PCR condition was one cycle of denaturation (95°C for 5 minutes), 38 cycles of amplification (95°C for 25 seconds, 65°C for 30 seconds, and 72°C for 30 seconds) and a final cycle of extension (72°C for 5 minutes). PCR products were electrophoresed on 2.5% agarose gel.

Assessment of diagnostic value of ER stress
Receiver-operating characteristic (ROC) curve analysis was performed to evaluate the diagnostic value for IRE1 and miR-17,-34a,-96 and -125b. The 95% confidence interval (95% IC) of the area under the curve (AUC) were calculated according to the following formula: AUC = (true positive rate + true negative rate)/2. The Student’s t test was used to compare gene expressions between RA patients and healthy controls. The correlation coefficient was determined by the Spearman’s/Pearson’s correlation statics using GenEx software version 6.

Statistical analysis
All results were represented as mean ± SD from three independent experiments that performed in duplicates or triplicates. Normal distribution of data was determined by the Kolmogorov-Smirnov test using SPSS (Statistical Program for Social Science) software version 19. The Student’s t test was used to compare gene expressions between RA patients and healthy controls. The correlation coefficient was determined by the Spearman’s/Pearson’s correlation statics using GenEx software.

Results and Discussion
To investigate the involvement of ER stress in RA, we initially evaluated the transcriptional activation of two
Upregulation of IRE1 in RA patients

Recently, Kabala et al showed that it has been reported that the expression of other ER stress genes, including SYN V1, GRP 78 and IRE1, were downregulated in PBMCs of active RA patients compared with healthy groups.25 Yoo et al showed the high expression levels of the UPR mediators CHOP, GRP78, IRE1, and ATPF in the lining layer and/or sublining leukocytes of RA synovium.16 The cause of these discrepancies may be explained by difference in the types of samples and treatment protocols, as well as the context-dependency nature of this disease.

To further investigate the role of IRE1 in RA, we also studied the IRE1/RIDD pathway. The role of RIDD activity of the UPR is mostly unknown in RA.14,26 It has been reported that the RNase activity of IRE1 (both the XBP1 slicing and RIDD) may cause the release of pro-inflammatory cytokines, thereby exacerbate the pathogenesis of RA.23 Recent findings suggest that miRNAs are tightly regulated at multiple levels, ranging from their transcription to their decay by RNase enzymes.24,25,27,28 In this line, Upton et al reported that miR-17, miR-34a, miR-96 and miR-125b are degraded by RIDD activity of IRE1, leading to apoptosis induction via the upregulation of caspase-2 mRNA levels.27 Therefore, we studied the expression patterns of above-mentioned RIDD targets in RA patients. Our results showed that in contrast with IRE1 overexpression, the levels of miR-17, miR-34a, miR-96 and miR-125b were significantly decreased in PBMCs of RA patients compared with healthy controls (Figure 2A). The expression level of let-7 miRNA was not significantly changed in this condition (Figure 2A). Quantitatively speaking, the average relative expression levels of miR-17, -34a, -96 and -125b decreased up to 0.34-, 0.07-, 0.11-, and 0.15-fold, respectively (Figure 2A). The Pearson/Spearman correlation test revealed a negative correlation between IRE1 and its target miRNAs (Figure 2B-E), confirming the upstream activation of RIDD as an ER stress hallmark in PBMCs of RA patients. Very recently, Kabala et al showed that RIDD activity of IRE1 may modulate inflammatory responses via degrading anti-cytokine miRNAs in RA.22 Our results uncover that a wider range of miRNAs, such as anti-caspase-2 miRNAs, can be also regulated by IRE1/RIDD pathway in RA. The possible role of these miRNAs in the pathogenesis of RA needs more investigations. Regardless of the mechanism of action, the RNase activity of IRE1 may be a therapeutic target in RA.4 Recent findings highlight the potential of miRNAs as a diagnostic biomarker in RA.18-20 Thus, we performed a ROC curve analysis to find if IRE1 and its downstream miRNAs have biomarker values in RA (Figure 3). The results (Figure 3) demonstrated that IRE1 and miR-96 may have moderate diagnostic values for the diagnosis of RA. However, larger sample sizes and more experiments are required to support these findings. In conclusion, the RNase activity of IRE1 may offer a new opportunity to improve the current therapeutic and/or diagnostic markers in RA patients.

**Figure 1.** The expression of ER stress genes in RA patients in comparison to healthy ones. The gene expression levels GRP 78 (A), IRE1 (B) and XBP1s (C) were evaluated by real-time PCR. The results are presented as mean ± SD.**

**P** < 0.05, **P** < 0.01 and ***P** < 0.001. D) The RT-PCR results of unspliced and spliced XBP1 (XBP1s) in PBMCs from two RA patients and healthy controls (HC). The gel electrophoresis image represents RT-PCR results obtained from isolated RNAs of each sample.
Ethical Issues
This study was carried out according to Declaration of Helsinki and under Tehran University of Medical Sciences research ethics (code: IR.TUMS.REC.1395.2320).

Conflict of Interest
Authors declare no conflict of interest in this study.

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