Energy versus information based estimations of dissipation using a pair of magnetic colloidal particles

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Using the framework of stochastic thermodynamics, we present an experimental study of a doublet of magnetic colloidal particles which is manipulated by a time-dependent magnetic field. Due to hydrodynamic interactions, each bead experiences a state-dependent friction, which we characterize using a hydrodynamic model. In this work, we compare two estimates of the dissipation in this system: the first one is energy based since it relies on the measured interaction potential, while the second one is information based since it uses only the information content of the trajectories. While the latter only offers a lower bound of the former, we find it to be simple to implement and of general applicability to more complex systems.

In the last decade, a broad number of works have significantly improved our understanding of the thermodynamics of small systems. A central idea, namely the application of thermodynamics at the level of trajectories, has developed into a field of its own now called stochastic thermodynamics [1,2]. Manipulated colloids are a paradigmatic example of stochastic thermodynamics because of the ease with which colloids can be manipulated and observed.

Many studies of such systems have used a single colloidal particle, in an harmonic [3] or anharmonic potential [4,5], which is described by an overdamped Langevin equation with a constant diffusion coefficient. Recently, Celani et al. have pointed out that the overdamped Langevin description fails to capture some aspects of the thermodynamics of this system in the presence of multiplicative noise due to temperature gradients [6]. In soft matter systems, temperature gradients are difficult to control at the micron scale but multiplicative noise arises frequently due to hydrodynamic friction. In this paper, we study such a case using a pair of magnetic colloids which are manipulated by a time-dependent magnetic field. This system offers a convenient mean to measure forces in various soft matter and biological systems because the colloids can be embedded in complex fluids or molecules of interest can be grafted on them [7].

In this paper, we focus on a pair of bare manipulated colloids in water. In the first part, we evaluate the work distribution in this system within stochastic thermodynamics. In the second part, we evaluate an information theoretic bound for the dissipation in this process using only trajectory information.

The projection of the Brownian motion of both beads is observed in the plane parallel to the bottom wall with video-microscopy. We assume that the fluctuations perpendicular to the wall are negligible since the beads have settled under gravity. Therefore, we focus on the 2D relative displacement vector in polar coordinates \( \mathbf{r} = (r, \theta) \) as shown in figure 1.

The interaction between the beads is modeled using a potential, which is the sum of three contributions: the dipolar interaction of the magnetic beads with each other \( U_{dip} \), the interaction \( U_{mag} \) of the beads with the applied magnetic field \( \mathbf{B} = B \hat{z} \), and a repulsive interaction of electrostatic origin \( U_{el} \):

\[
U(r, \theta, B) = U_{dip}(B, r, \theta) + U_{mag}(B) + U_{el}(r). \tag{1}
\]

This potential has a short range repulsive part due to electrostatics and a long-range attractive part due to dipolar interactions as described in [4] and in Suppl. Mat. First, we prepare the system in an equilibrium state in a constant magnetic field. In this case, the distribution of the relative coordinate should follow a Boltzmann distribution, which we use to test our model. We manage to obtain a very good fit of the data in a rather large range of magnetic field from \( B_1 = 0.15 \text{mT} \) to \( B_2 = 0.45 \text{mT} \) as shown in figure 2. In this range, we can assume that the magnetic dipole moments carried by the beads have a fixed orientation along \( \hat{z} \). We can observe in figure 2 that the potential is anharmonic at low magnetic field but harmonic at high field, where the motion of the beads becomes more confined to the vicinity of the minimum of the potential.

Having well characterized the fluctuations of this system at equilibrium, we now investigate the non-equilibrium fluctuations of the same beads when they are driven by a time-dependent magnetic field. The protocol of magnetic field is a periodic function of period \( \tau + \tau_{eq} \), with \( \tau \) and \( \tau_{eq} \) defined in figure 1. The explicit time dependence of the protocol is \( B(t) = B_2 + (B_1 - B_2) \sin^2(\pi t/\tau) \), for \( 0 \leq t \leq \tau \), and \( B(t) = B_2 \) for \( \tau \leq t \leq \tau + \tau_{eq} \). The time \( \tau_{eq} \) represents the duration of a pause which is needed to prepare the system at equilibrium for the beginning of the next cycle.

We focus on the dynamics of the displacement vector \( \mathbf{r} = (r, \theta) \), which we describe with the following overdamped Langevin equations:

\[
\Gamma_r(r) \dot{r} = f_r - \partial_r U(r, \theta, B) + \eta_r \circ \sqrt{2k_B T \Gamma_r(r)}, \tag{2}
\]

\[
\Gamma_\theta(r) \dot{\theta} = f_\theta - \partial_\theta U(r, \theta, B) + \eta_\theta \circ \sqrt{2k_B T \Gamma_\theta(r)},
\]

where \( \circ \) denotes the Stratonovich product, \( \Gamma_r(r) \) and \( \Gamma_\theta(r) \) denote friction coefficients, and \( \eta_i \) is a white noise.
The short time behavior of this function gives the radial time auto-correlation function. In the inset (i), the pdf of the angle \( \theta \) is shown for these two magnetic fields with corresponding symbols and in (ii), the measurements of the radial diffusion coefficient \( D_r(t) \) (symbols) are shown as function of the distance between the beads \( r \) (in unit \( \mu m \)), together with the theoretical prediction using Eq. 3 (solid line).

In order to make sure that the system is well equilibrated, both distributions \( P_\text{eq}(Q) \) and \( P(\Delta U) \) should look identical as they do in fig. 3 of Suppl. Mat.

Using experimental trajectories corresponding to \( \tau = 2s \), we find an average work of \( 3.3 \pm 0.2k_B T \) and a standard deviation of \( 3.6k_B T \). Note that \( \langle W \rangle \geq 0 \), as expected from the second law of thermodynamics which imposes that the dissipated work, \( W_{\text{diss}} = W - \Delta F \) be on average positive. In the present case, \( W_{\text{diss}} = W \) since the free energy difference \( \Delta F = 0 \) for this symmetric protocol. We have also evaluated the distribution of the work \( P(W) \) represented in figure 3 which is non-Gaussian and agrees with the simulations of Eqs. 2. We denote \( \beta = 1/k_B T \). In the inset, we show that \( P(W) \) satisfies the Crooks relation 14

\[
\ln \frac{P(W)}{P(-W)} = \beta W,
\]

both for the experimental data and for the simulations. We observe that the relation holds in a smaller range for

\[\gamma = \frac{a}{4r - 8a}, \quad \Gamma_i^r(r) = \frac{8}{15} \gamma \ln \frac{a}{b}, \quad \Gamma_i^\varphi(r) = \frac{8}{15} \gamma r^2 \ln \frac{a}{b}, \]
and with a constant diffusion coefficient becomes the following inequality

$$3$$

from a determination. On the theoretical side, it has been established of the average dissipation using only trajectory information (single thermostat), what we need in fact is an estimate of the state-dependent diffusion coefficient given by Eq. $3$ and with a constant diffusion coefficient $D = 0.03\, \text{mm}^2\, \text{s}^{-1}$ (blue dashed line). In this experiment, $\tau = 2\, \text{s}$ and $\tau_{\text{eq}} = 4\, \text{s}$ and the sampling frequency is $40\, \text{Hz}$. The inset shows the verification of the Crooks relation, namely the straight solid line, together with the experimental data (squares) and the simulation results (circles).

FIG. 3. Probability distribution of the work $P(W)$, constructed from an experiment using 460 cycles (histogram) and from simulations of Eqs. $23$ with state-dependent diffusion coefficient (red solid line) and with a constant diffusion coefficient $D = 0.03\, \text{mm}^2\, \text{s}^{-1}$ (blue dashed line). In this experiment, $\tau = 2\, \text{s}$, $\tau_{\text{eq}} = 4\, \text{s}$ and the sampling frequency is $40\, \text{Hz}$. The inset shows the verification of the Crooks relation, namely the straight solid line, together with the experimental data (squares) and the simulation results (circles).

the experimental data than for the simulations data due to a lack of statistics in the experiment (460 trajectories in the particular experiment of figure 3).

In this figure, we also compare simulations of the work distributions with the state-dependent diffusion coefficient given by Eq. $3$ and with a constant diffusion coefficient $D = 0.03\, \text{mm}^2\, \text{s}^{-1}$, corresponding to a typical distance between the beads. This comparison shows that the distribution of work is only weakly sensitive to the space-dependence of the diffusion coefficient. We attribute this to the small excursion experienced by the particles in the cycle. In principle, if this excursion could be made larger while still maintaining a sufficient confinement for a cyclic operation to be possible, one may observe a stronger impact of the space-dependence of the friction coefficient on thermodynamic quantities. In any case, the present study of stochastic thermodynamics in the presence of a space-dependent friction represents our first result.

Until now, $\langle W \rangle$ could only be evaluated from the interaction potential, and such a determination had to be very accurate because a relatively small change of the control parameter can produce large variations of this potential. In view of this limitation, it would be interesting to develop alternative methods to estimate the average work, which would ideally bypass the need of a precise calibration of the potential. Since $\langle W \rangle$ is simply related to the average dissipation (the system is in contact with a single thermostat), what we need in fact is an estimate of the average dissipation using only trajectory information. On the theoretical side, it has been established that $\langle W_{\text{diss}} \rangle$ is related to the determination of an arrow of time, by C. Jarzynski $15$ and by R. Kawai et al. $16$ for Hamiltonian systems, and by G. Crooks $14$ and P. Gaspard $17$ for systems in contact with a reservoir. In this latter case and for a reservoir of temperature $T$, one has the following equality,

$$\beta \langle W_{\text{diss}} \rangle = D(P_F[c^F]|P_R[c^R]),$$

where $D(P_F||P_R)$ represents the Kullback-Leibler (KL) divergence between the forward path probability $P_F$ evaluated on the forward trajectory $[c^F]$ and the corresponding probability distribution $P_R$ evaluated on the backward trajectory $[c^R]$.

In contrast to early studies on fluctuations theorem, which “verified” a relation like Eq. $3$ from a determination of $P(W)$ as done in Fig. 3 the above result suggests to do just the opposite: namely enforce the fluctuation relation as a constraint and estimate from it the dissipation using trajectories information. This is indeed possible as shown in $18$ via a careful analysis of the continuous times series of non-equilibrium stationary fluctuations. For discrete time series, a similar idea was put forward in $19$ and recently used by two of us for estimating in a non-invasive way the dissipation present in chemical reactions $20$. So far, these ideas have not been exploited experimentally for driven non-stationary systems or for colloids in non-harmonic potentials.

In order to do so, we now project the path probabilities $P_F[c^F]$ onto the probability distribution evaluated at a single point at time $t$ in the trajectory, namely $p_F(t)$. Similarly, $P_R[c^R]$ is projected onto the distribution evaluated at the time-symmetric point $p_R(t - \tau)$. As a result of these projections, Eq. $3$ becomes the following inequality $21$, which holds for any times $t$ and $\tau$:

$$\beta \langle W_{\text{diss}}(\tau) \rangle \geq D(p_F(t)||p_R(\tau - t)),$$

Now, taking advantage of the symmetry of the protocol, we can evaluate $p_R$ from the forward protocol. In other words, we record the trajectory at only two points in the cycle: the first one at a time $t$ after the beginning of the cycle and the second one at a time $\tau - t$ as shown in fig. 4. We use only the information contained in the relative distance between the beads $r$ instead of $(r, \theta)$ since our numerical simulations indicate that reliable estimates of the work can already be obtained in this way. The probability distribution is determined from the experimental data after binning the trajectories, and from these the KL bound is evaluated as shown in fig. 4. Note that by construction the bound is zero at $t = 1\, \text{s}$ where both measurement points merge into a single point. More interestingly, there is a maximum in this bound which occurs roughly halfway through the second half of the protocol at a time $t = 1.6\, \text{s}$, and at this point a value of about $1.5\, k_B T$ is obtained. The precise value of the average dissipation depends on how the KL divergence is evaluated. While all the estimators agree with each other when $t \leq 1\, \text{s}$, a notable difference between them is
present near the maximum at $t \approx 1.6s$, where a log divergence occurs in the data due to lack of statistics. The simplest strategy, namely to discard the points where a log-divergence occurs, gives the lowest estimate of the KL divergence. Alternatively, one can either bin the data in such a way that these divergences do not occur, or introduce a small constant bias in the probabilities equal to $1/460$ in order to remove the divergences. Both methods lead consistently to a higher value, in the range of 1 to $1.5k_BT$ near this maximum. It is also important to appreciate that for all times $t$ considered, the KL bound is always smaller than the value obtained from the “energetic” estimate using the potential, which gives the constant $3.3 \pm 0.2k_BT$, independent of $t$. This is expected since most of the information contained in the trajectories has been discarded in the projection step to obtain Eq. 7 and only the values at two symmetric points were kept. This loss of information represents a form of coarse-graining which is known to lead to an underestimation of the dissipation such as the equilibrium distribution at the same time $t$, which is compared with the non-equilibrium distribution at the same time $t$ according to Eq. 8:

$$\beta\langle W_{\text{diss}}(t) \rangle \geq D(p_{\text{neq}}(t)||p_{\text{eq}}(t)),$$  

where $\langle W_{\text{diss}}(t) \rangle$ is the average dissipative work evaluated up to time $t$. Note that for our specific experimental conditions, Eq. 8 is only a particular case of Eq. 7 when the time $t = \tau$. In Fig. 4a, both sides of the inequality of Eq. 8 are evaluated for the same experimental data used in figure 4a as explained in more details in Suppl. Mat. At large time $t$, $\langle W_{\text{diss}}(t) \rangle$ tends towards the average work determined before. At short time $t$, both $\langle W_{\text{diss}}(t) \rangle$ and $D(p_{\text{neq}}(t)||p_{\text{eq}}(t))$ should tend to zero, but a small non-zero value is found in the latter quantity. We attribute this discrepancy to a small error in the determination of the interaction potential which enters in $p_{\text{eq}}$. More importantly, the KL bound reaches a maximum of the order of $1k_BT$ at a time $t \approx 1.8s$, so somewhere within the second half of the cycle. Therefore, the amplitude of the estimated dissipation and its location in time are both consistent with the determination based on Eq. 7.

To summarize, we have performed a test of stochastic thermodynamics in a system with a space-dependent friction, a friction which we have measured experimentally and characterized with an hydrodynamic model. In a first step, we have followed an energetic approach based on the determination of an interaction potential. In many complex systems, this energy-based approach is not practical, because the precise determination of the potential is too cumbersome or simply because there are too many variables involved. To address this fundamental issue, we have investigated in a second step, information-theoretic estimations of the average dissipation. Of particular interest is the general formulation based on Eq. 8 which has the advantage of not requiring any knowledge of the energetics of the system or of its equilibrium behavior. Both estimates are lower than the expected level of dissipation, and to improve upon this, extensions of this method are needed to take advantage of the complete information contained in the trajectories as opposed to only the information in a few points as done here. Despite this limitation, information-theoretic estimates are attractive since they are simple to implement and do not require any knowledge of the dynamics of the system, a definitive advantage for many experimental applications. In particular, we envision that this method could be useful for the monitoring of small chemical or biochemical reactors or for microrheology studies of biological systems.

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I. INTERACTION POTENTIAL BETWEEN THE BEADS

We use the 2D relative displacement vector in polar coordinates \( \mathbf{r} = (r, \theta) \) as shown in (fig1). The interaction between the beads is modeled using a potential, which is the sum of three contributions: the dipolar interaction of the magnetic beads with each other \( U_{\text{dip}} \), the interaction \( U_{\text{mag}} \) of the beads with the applied magnetic field \( \mathbf{B} = Bz \), and a repulsive interaction of electrostatic origin \( U_{\text{el}} \):

\[
U(r, \theta, B) = U_{\text{dip}}(B, r, \theta) + U_{\text{mag}}(B) + U_{\text{el}}(r).
\]

This potential has a short range repulsive part due to the electrostatics and a long-range attractive part due to the dipolar interaction as described in [3]. It is expressed in units of \( k_B T \). We provide below the values of the experimental parameters entering in this potential corresponding to the \( \tau = 2s \) experiment described in the main text.

The electrostatic part of the potential is obtained from Debye-Hückel theory adapted to the case of two spheres using the Derjaguin approximation. In the present case, where the particle diameter \( d \) is much larger than the Debye length \( \lambda_{DB} \), the expression is

\[
U_{\text{el}}(r) = U_0 \ln \left( 1 + e^{-(r-d)/\lambda_{DB}} \right),
\]

where \( U_0 \) is the strength of the interaction, which depends on the particle electrostatic potential (zeta potential), the dielectric constant of the bead and the particle diameter. In the present experiment, we obtain from the fit of the probability distribution of the relative displacement between the beads: \( U_0 \approx 1800 \) in units of \( k_B T \), \( d = 2.805 \mu m \), and \( \lambda_{DB} = 44.2nm \).

The magnetic dipolar part of the potential has the form

\[
U_{\text{dip}}(B, r, \theta) = \left( \frac{B}{B_0} \right)^2 \left( \frac{d}{r} \right)^3 (1 - 3 \cos^2 \theta),
\]

where \( B \) is the applied magnetic field and \( B_0 = 0.09008mT \). In this model, \( U_{\text{dip}} \) describes the interaction between the two magnetic dipoles \( \mathbf{m}_1 \) and \( \mathbf{m}_2 \) carried by the beads. As mentioned in the main text, since the value of the applied field is rather large (the corresponding energy is large with respect to \( k_B T \)), we can consider that the orientation of these dipoles is frozen along the applied magnetic field. Furthermore, we assume that these dipoles are independent of the bead distance and that the two beads are identical (in particular that they have the same radius) which implies that \( \mathbf{m}_1 = \mathbf{m}_2 = m\hat{z} \). In the end, the constant \( (B/B_0)^2 \) represents in fact \( m^2/4\pi\mu_0 \), given the linear relation between the magnetic dipoles and the applied magnetic field.

The direct interaction of the magnetic dipoles \( \mathbf{m}_1 \) and \( \mathbf{m}_2 \) carried by both beads with the magnetic field is

\[
U_{\text{mag}}(B) = -\mathbf{m}_1 \cdot \mathbf{B} - \mathbf{m}_2 \cdot \mathbf{B},
\]

Given our assumption that \( \mathbf{m}_1 = \mathbf{m}_2 \) independent of \( r \), this term represents a contribution which is quadratic in the field but constant in terms of the \( r \) dependence.

II. HYDRODYNAMIC MODEL OF THE FRICTION BETWEEN THE BEADS

Dissipation in this system is mainly of hydrodynamic origin. In view of the proximity of the two beads with respect to each other and to the wall, one can rely on the lubrication approximation to describe the hydrodynamic friction coefficients. These coefficients are the sum of the friction due to the sphere-sphere interaction \( \Gamma_i^s \) and the friction between the sphere and the bottom wall \( \Gamma_i^w \), because the corresponding forces are parallel to each other. More explicitly \( \Gamma_i(r) = \Gamma_i^s + \Gamma_i^w \) for \( i \equiv \{r, \theta\} \). We thank H. Stone for insightful discussions concerning the proper modeling of these friction coefficients.

Let us first discuss the friction between the spheres and the wall, and to obtain that we first need to know the interaction of a single sphere with a wall. This hydrodynamic interaction can be calculated within the lubrication approximation. We are mainly interested in the case of the translation of the sphere in a tangent plane parallel to the wall (assuming no rotation of the bead). In this case, the friction is increased by a factor \( 16\pi \ln(a/b)/15 \), where \( a \) is the bead radius and \( b \) the gap between the sphere and the wall, with respect to the Stokes-Einstein friction of the same sphere in a bulk fluid [2]. It follows from this that the friction coefficient between the two
beads and the wall along the $e_r$ and $e_θ$ directions take the following form
\begin{align}
\Gamma^w_r(r) &= \frac{8}{15} \gamma \ln \frac{a}{b}, \\
\Gamma^w_θ(r) &= \frac{8}{15} r^2 \ln \frac{a}{b},
\end{align}
where $γ$ represents the bare friction coefficient of a single bead far from the wall.

In order to model the hydrodynamic interaction between the beads, we have built our model on the work of Jeffrey and Onishi \[3\]. The first step is to reduce the motion of the two beads to the motion of one fictive particle in the frame of the center of mass. We denote by $\dot{r}_i^σ$ the velocity vector of the magnetic bead $σ$ and $\dot{r}_i^σ$ its coordinate $i$. The force applied on the bead is $F^σ = -\nabla^σV(r^σ - r^ω) = \nabla^σV(r^σ - r^ω) = -F^ω$ and its coordinates are $F^σ_i$. The symbol $\nabla^σ$ is for the gradient calculated with the coordinates of the bead $ω$. In the following we neglect the rotation of the beads and the hydrodynamics torque. The force and the velocity are given by
\begin{equation}
\dot{r}_i^σ = M_{ij}^σ F^ω_j,
\end{equation}
thanks to the linearity of the Stokes equation at low Reynolds number \[2\]. By convention, all repeated indices are summed over. The spheres being symmetric, the mobility tensor $M$ is symmetric in the exchange of the two beads, i.e. $M_{ij}^ω = M_{ij}^σ$. The relative velocity of the two beads is given by the vector $\dot{r} = \dot{r}^1 - \dot{r}^2$ and the coordinates of that vector verify
\begin{align}
\dot{r}_i &= M_{ij}^{11} F^1_j + M_{ij}^{12} F^2_j - M_{ij}^{21} F^1_j - M_{ij}^{22} F^2_j \\
&= 2 \left(M_{ij}^{11} - M_{ij}^{12}\right) F^ω_j.
\end{align}
Using the unit vector $e_r = r/r$ of coordinates $e_1 = 1$ and $e_2 = 0$ in the polar basis $(e_r, e_θ)$, the mobility tensor takes the following form
\begin{equation}
M_{ij}^{σω} = x^{σω} e_i e_j + y^{σω}(δ_{ij} - e_i e_j)
\end{equation}
where the coefficients $x^{σω}$ and $y^{σω}$ are dependent of the distance $r$ between the two beads. The coordinates of the relative velocity become then
\begin{align}
\dot{r}_i &= 2(x^{11} - x^{12}) e_i e_j F^1_j + 2(y^{11} - y^{12})(δ_{ij} - e_i e_j) F^1_j, \\
or more explicitly because $\dot{r}_1 = \dot{r}$ and $\dot{r}_2 = r \dot{θ}$ in polar coordinates (we have for the relative velocity in the polar basis $\dot{r} = \dot{r} e_r + r \dot{θ} e_θ$).
\begin{align}
\dot{r} &= 2(x^{11} - x^{12}) e_i e_j F^1_j = -2(x^{11} - x^{12})∂_r V(r, θ), \\
r \dot{θ} &= 2(y^{11} - y^{12}) F^2_j = -\frac{2(y^{11} - y^{12})}{r} ∂_θ V(r, θ).
\end{align}
We have used the coefficients $x^{σω}$ and $y^{σω}$ introduced by D.J. Jeffrey and Y. Onishi \[3\] in the nearly touching sphere limit \[4\]. In this limit, we have
\begin{align}
x^{11} - x^{12} &= \frac{4}{γ}(\frac{r}{d} - 1), \\
y^{11} - y^{12} &= \frac{0.402(2ξ/\xi - 1)^2 + 2.96(ξ/\xi - 1)^2 + 5.09}{γ(2ξ/\xi - 1)^2 + 0.04 ln ξ/\xi - 6.33}.
\end{align}
where $ξ = 2(r - d)/d = (r - 2a)/a$ and $γ = 6πηd/2$ the friction coefficient of one particle alone in the fluid of viscosity $η$. In order to obtain a compact notation, we introduce the notation $k(r) = γ(y^{11} - y^{12})$, with the $y^{11} - y^{12}$ given in the equation above. It follows that the friction coefficients for the sphere-sphere interaction take the form
\begin{align}
\Gamma^σ_r(r) &= \frac{γa}{4r - 8a}, \\
\Gamma^σ_θ(r) &= \frac{γr^2}{2k(r)}.
\end{align}
When these friction coefficients are combined with the friction coefficients for the sphere-wall interaction given in Eq. \[5\] the full friction tensor and the Langevin equations given in the main text are obtained.

III. DISTRIBUTIONS OF HEAT AND INTERNAL ENERGY

We show in figures\[1\] and \[2\] the probability distributions of heat and internal energy constructed from the experimental data used also for figure 3 of the main text. These histograms represent experimental data points which are compared with simulations of the Langevin equations.

With the definitions of work and heat of Eq. 4 of the main text, one can write the first law in the form of $ΔU = W + Q$, where $ΔU$ denotes the difference of internal energy between the initial and final point of the cycle namely, $U(r(τ + τ_{eq}), B(τ + τ_{eq})) = U(r(0), B(0))$. Now, by definition of a cyclic protocol, the initial and final value of the control parameter are the same. Since $r(0)$ and $r(τ + τ_{eq})$ are distributed according to the same canonical distribution (if the equilibration is done properly), then it follows that $\langle ΔU \rangle = \langle W \rangle + \langle Q \rangle = 0$. This is indeed well verified by the experimental average work and heat, since we have obtained $\langle W \rangle = 3.3 ± 0.2 k_B T$ and $\langle Q \rangle = -3.4 ± 0.2 k_B T$. Naturally, higher moments of the distribution of the random variable $ΔU$ may not vanish. In fact, as mentioned in the main text, a strategy to test that the system is well equilibrated with a sufficient duration of the pauses consists precisely in studying this distribution of internal energy and in comparing it with the heat fluctuations measured at equilibrium. Indeed, for a constant value of the magnetic field, we measure the equilibrium distribution of heat, denoted $P_{eq}(Q)$. Since there is no work in this case, this distribution $P_{eq}(Q)$ should match $P(ΔU)$ in the non-equilibrium experiment provided the initial and end point in the cycle in the
Non-equilibrium experiment are well equilibrated and if the control parameter at these points has the same value as the one used in the equilibrium experiment. Therefore, as mentioned in the text, a comparison between these two distributions offers a simple way to test equilibration in this system. As shown in Fig. 3 this test is well satisfied in the conditions of our experiment.

We have also studied the approach to the quasi-static limit using simulations. Using simulations, we have evaluated \( \langle W \rangle \) for different durations \( \tau \) of the protocol. As expected \( \langle W \rangle \rightarrow 0 \) in the quasi-static limit \( \tau \rightarrow \infty \) and in the limit \( \tau \rightarrow 0 \) by definition. As a result, we find that \( \langle W \rangle \) has a maximum at some \( \tau \) which depends on equilibration time \( \tau_{eq} \) and on the relaxation time \( \tau_{rel} \) characteristic of the fluctuations around the minimum of the potential. Since the potential is very anharmonic, \( \tau_{eq} \gg \tau_{rel} \). We have also observed that the maximum of \( \langle W \rangle \) occurs at a time which is too short to be accessible with our experiment.

A few words on how the experimental histograms have been constructed: The histograms have been obtained by counting the number of events \( n_i \) with a work, heat or energy change in the range of the \( i \)th bar of the histogram, i.e., \( p_i = n_i/N \) with \( N \) the total number of events. The error bars are estimated using the variance of the binomial law for the random variable \( n_i \) leading to the following approximation for \( p_i \), namely \( n_i/N \pm (p_i(1-p_i)/N)^{1/2} \).

FIG. 1. Probability distribution of the heat \( P(Q) \), constructed from an experiment using 460 cycles (histogram) and from a simulation of Eq. 2 of the main text (solid line), in the same conditions as in Fig 3 of the main text. The average heat in this experiment is \(-3.4 \pm 0.2 k_B T\).

FIG. 2. Probability distribution of the internal energy change \( P(\Delta U) \), constructed from an experiment using 460 cycles (histogram) and from a simulation of Eq. 2 of the main text (solid line), in the same conditions as in Fig 1 of the main text. The average internal energy in this experiment is close to zero.

FIG. 3. Probability distribution of the internal energy change \( P(\Delta U) \), constructed from non equilibrium experiments using 460 cycles (histogram) and probability distribution of heat exchange from equilibrium experiments (continuous line with data points).

IV. INFORMATION BASED ESTIMATION OF THE AVERAGE DISSIPATION

The first method discussed in the main text, to estimate the dissipation from the information content of the trajectories, relies on an estimate of the KL divergence of two probability distributions \( p_F(t) \) and \( p_R(\tau - t) \), evaluated at two points which are time-reversal symmetric in the protocol of applied magnetic field. We recall the inequality which is used:

\[
\beta \langle W_{diss}(\tau) \rangle \geq D(p_F(t)||p_R(\tau - t)).
\]
In order to test this idea, we have evaluated the left and the right hand side of this equation at different time $t$, which corresponds to the time of a specific point within the protocol of duration $\tau$ as defined in figure 1. Due to the symmetry of the protocol, the average dissipated work $\langle W_{\text{diss}}(\tau) \rangle$ is equal to the average work $\langle W(\tau) \rangle$ measured in the first part of the paper. For completeness, we include here two snapshots of the probabilities used to determine the KL estimate, at two specific times, namely at $t = 1.5s$ and $t = 2s$. On one hand, at the time $t = 1.5s$, the KL divergence is close to its maximum as shown in Fig. 4 of the main text, and we can see in figure 3 that indeed two distributions differ significantly from each other at this time. On the other hand, at the time $t = 2s$, the two distributions are closer to each other as seen in figure 4, and as a result the KL estimate is lower. It is interesting to note that in Fig. 4, the highest value of the KL divergence occurs in the second half of the protocol, only after the protocol has changed sign. This shows that the irreversibility of the evolution of the system is easier to determine from the information of the trajectories only after the system has reacted to a variation of the protocol in time.

The second method to estimate dissipation from the information of the trajectories discussed in the main text relies instead on an estimate of the KL divergence between an equilibrium $p_{eq}(t)$ and a non-equilibrium probability distribution $p_{\text{neq}}(t)$. In such a formulation, both distributions need to be evaluated at the current value of the control parameter at time $t$ which is the final time for the evaluation of the dissipated work $W_{\text{diss}}(t)$:

$$\beta\langle W_{\text{diss}}(t) \rangle \geq D(p_{\text{neq}}(t)||p_{eq}(t)).$$

In order to test this relation, we have again varied the time $t$ as before. In such a case, since the protocol is no longer symmetric, i.e. it does not take the same value at the initial and final time used in the evaluation of $\langle W_{\text{diss}}(t) \rangle$, one needs to take into account the contribution from the free energy. Thus, we evaluate $\langle W_{\text{diss}}(t) \rangle$ from $(\langle W(t) \rangle - \Delta F(t))$, where $\Delta F(t) = F(B(t)) - F(B(0))$ is the equilibrium free energy difference evaluated with a protocol taken at time $t$ and at the initial time $0$. In order to evaluate this free energy, we have calculated it numerically from the partition function as the following 2D integral $F(B) = -kBT \log Z(B)$, where

$$Z(B) = \int dr \exp(-\beta U(r, \theta, B)),$$

where the integrand contains the 2D interaction potential introduced in the first section of these notes. At low field, the potential is not sufficiently confining and the integral over the distance between the beads $\tau$ needs to be regularized. In order to do this, we have introduced a cutoff which corresponds to the maximum distance observed in the experiment between the beads, namely a few microns. To summarize, the evaluation of $\langle W_{\text{diss}}(t) \rangle$ requires the experimentally determined values of the work on the 460 cycles used before, together with the above free energy difference evaluated with the corresponding value of the protocol of magnetic field at the time $t$. As expected from Eq. 16, the curve corresponding to $\langle W_{\text{diss}}(t) \rangle$ lies above the one corresponding to the KL bound at all times except in a small region at very early time. In this region, both $\langle W_{\text{diss}}(t) \rangle$ and its KL estimate are small and their precise evaluation is more difficult than at later times. We attribute the discrepancy seen at very early time to the fact that the equilibration at the initial time may not be perfect and the experimental probability distribution may differ slightly from $p_{eq}(\tau)$ which is evaluated using the theoretical model for the interaction potential.
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[4] Note1, we keep the same notation as Jeffrey and Onishi but in the following of the paper, the letter $x$ and $y$ will refer to the cartesian coordinates of the fictive particle.