LONG-TIME STABILITY OF THE QUANTUM HYDRODYNAMIC SYSTEM ON IRATIONAL TORI

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ABSTRACT. We consider the quantum hydrodynamic system on a \( d \)-dimensional irrational torus with \( d = 2, 3 \). We discuss the behaviour, over a “non-trivial” time interval, of the \( H^s \)-Sobolev norms of solutions. More precisely we prove that, for generic irrational tori, the solutions, evolving form \( \varepsilon \)-small initial conditions, remain bounded in \( H^s \) for a time scale of order \( O(\varepsilon^{-1-1/(d-1)}) \), which is strictly larger with respect to the time-scale provided by local theory. We exploit a Madelung transformation to rewrite the system as a nonlinear Schrödinger equation. We therefore implement a Birkhoff normal form procedure involving small divisors arising from three waves interactions. The main difficulty is to control the loss of derivatives coming from the exchange of energy between high Fourier modes. This is due to the irrationality of the torus which prevent to have “good separation” properties of the eigenvalues of the linearized operator at zero. The main steps of the proof are: (i) to prove precise lower bounds on small divisors; (ii) to construct a modified energy by means of a suitable high/low frequencies analysis, which gives an \emph{a priori} estimate on the solutions.

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1. INTRODUCTION

We consider the quantum hydrodynamic system on an irrational torus of dimension 2 or 3
\[
\begin{align*}
\partial_t \rho &= -m \Delta \phi - \text{div}(\rho \nabla \phi), \\
\partial_t \phi &= -\frac{1}{2} |\nabla \phi|^2 - g(m + \rho) + \frac{\kappa}{m + \rho} \Delta \rho - \frac{\kappa}{2(m + \rho)^2} |\nabla \rho|^2, \\
\end{align*}
\text{(QHD)}
\]
where \( m > 0, \kappa > 0 \), the function \( g \) belongs to \( C^\infty(\mathbb{R}_+; \mathbb{R}) \) and \( g(m) = 0 \). The function \( \rho(t, x) \) is such that \( \rho(t, x) + m > 0 \) and it has zero average in \( x \). The space variable \( x \) belongs to the irrational torus
\[
\mathbb{T}_\nu^d := (\mathbb{R}/2\pi \nu_1 \mathbb{Z}) \times \cdots \times (\mathbb{R}/2\pi \nu_d \mathbb{Z}), \quad d = 2, 3, 
\]
with \( \nu = (\nu_1, \ldots, \nu_d) \in [1, 2]^d \). We assume the \emph{strong} ellipticity condition
\[
g'(m) > 0. \tag{1.2}
\]
We shall consider an initial condition \((\rho_0, \phi_0)\) having small size \( \varepsilon \ll 1 \) in the standard Sobolev space \( H^s(\mathbb{T}_\nu^d) \) with \( s \gg 1 \). Since the equation has a \emph{quadratic nonlinear term}, the local existence

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Theorem 1.1. Let \( d = 2 \) or \( d = 3 \). There exists \( s_0 \equiv s_0(d) \in \mathbb{R} \) such that for almost all \( \nu \in [1, 2]^d \), for any \( s \geq s_0, m > 0, \kappa > 0 \) there exist \( C > 0, \varepsilon_0 > 0 \) such that for any \( 0 < \varepsilon \leq \varepsilon_0 \) we have the following. For any initial data \( (\rho_0, \phi_0) \in H^s(\mathbb{T}_d^d) \times H^s(\mathbb{T}_d^d) \) such that

\[
\|\rho_0\|_{H^s(\mathbb{T}_d^d)} + \|\nabla\phi_0\|_{H^s(\mathbb{T}_d^d)} \leq \varepsilon,
\]

there exists a unique solution of (QHD) with \( (\rho(0), \phi(0)) = (\rho_0, \phi_0) \) such that

\[
\left( \|\rho(t, \cdot)\|_{H^s(\mathbb{T}_d^d)} + \|\nabla \phi(t, \cdot)\|_{H^s(\mathbb{T}_d^d)} \right) \leq C\varepsilon, \quad T_\varepsilon \geq \varepsilon^{-1} \frac{1}{\nu} \log \frac{d+1}{1 + \varepsilon^{\frac{1}{1+\nu}}}. \tag{1.5}
\]

Derivation from Euler-Korteweg system. The (QHD) is derived from the compressible Euler-Korteweg system

\[
\begin{align*}
\partial_t \rho + \text{div}(\rho \bar{u}) &= 0, \\
\partial_t \bar{u} + \bar{u} \cdot \nabla \bar{u} + \nabla g(\rho) &= \nabla \left( K(\rho) \Delta \rho + \frac{1}{2} K'(\rho) |\nabla \rho|^2 \right),
\end{align*}
\]

where the function \( \rho(t, x) > 0 \) is the density of the fluid and \( \bar{u}(t, x) \in \mathbb{R}^d \) is the time dependent velocity field; we assume that \( K(\rho), g(\rho) \in C^\infty(\mathbb{R}_+; \mathbb{R}) \) and that \( K(\rho) > 0 \). In particular, in (QHD), we assumed

\[
K(\rho) = \frac{\kappa}{\rho}, \quad \kappa \in \mathbb{R}_+. \tag{1.6}
\]

We look for solutions \( \bar{u} \) which stay irrotational for all times, i.e.

\[
\bar{u} = \bar{c}(t) + \nabla \phi, \quad \bar{c}(t) \in \mathbb{R}^d, \quad \bar{c}(t) = \frac{1}{(2\pi)^d \nu_1 \cdots \nu_d} \int_{\mathbb{T}_d^d} \bar{u} dx,
\]

where \( \phi : \mathbb{T}_d^d \to \mathbb{R} \) is a scalar potential. By the second equation in (EK) and using that \( \text{rot} \bar{u} = 0 \) we deduce

\[
\partial_t \bar{c}(t) = -\frac{1}{(2\pi)^d \nu_1 \cdots \nu_d} \int_{\mathbb{T}_d^d} \bar{u} \cdot \nabla \bar{u} dx = 0 \quad \Rightarrow \quad \bar{c}(t) = \bar{c}(0).
\]

The system (EK) is Galilean invariant, i.e. if \( (\rho(t, x), \bar{u}(t, x)) \) solves (EK) then also

\[
\rho_\varepsilon(t, x) := \rho(t, x + \bar{c}t), \quad \bar{u}_\varepsilon(t, x) := \bar{u}(t, x + \bar{c}t) - \bar{c},
\]

solves (EK). Then we can always assume that \( \bar{u} = \nabla \phi \) for some scalar potential \( \phi : \mathbb{T}_d^d \to \mathbb{R} \). The system (EK) reads

\[
\begin{align*}
\partial_t \rho + \text{div}(\rho \nabla \phi) &= 0, \\
\partial_t \phi + \frac{1}{2} |\nabla \phi|^2 + g(\rho) &= K(\rho) \Delta \rho + \frac{1}{2} K'(\rho) |\nabla \rho|^2.
\end{align*}
\]

\( \text{QHD} \) implies that the solution of (QHD) remains of size \( \varepsilon \) for times of magnitude \( O(\varepsilon^{-1}) \). The aim of this paper is to prove that, for \textit{generic irrational tori}, the solution remains of size \( \varepsilon \) for longer times.
Notice that the average
\[ (2\pi)^d \nu_1 \cdots \nu_d \int_{\mathbb{T}^d} \rho(x) dx = m \in \mathbb{R}, \] (1.9)
is a constant of motion of (1.8). Notice also that the vector field of (1.8) depends only on \( \Pi_0^+ \phi \) (see (1.3)). In view of (1.9) we rewrite \( \rho \sim m + \rho \) where \( \rho \) is a function with zero average. Then, the system (1.8) (recall also (1.6)) becomes (QHD).

**Phase space and notation.** In the paper we work with functions belonging to the Sobolev space
\[ H^s(\mathbb{T}^d) := \left\{ u(x) = \frac{1}{(2\pi)^{d/2}} \sum_{j \in \mathbb{Z}^d} u_j e^{ij \cdot x} : \|u(\cdot)\|_{H^s(\mathbb{T}^d)}^2 := \sum_{j \in \mathbb{Z}^d} (j)^{2s}\|u_j\|^2 < +\infty \right\}, \] (1.10)where \( \langle j \rangle := \sqrt{1 + |j|^2} \) for \( j \in \mathbb{Z}_0^d \) with \( \mathbb{Z}_0^d := \mathbb{Z}/\nu_1 \times \cdots \times \mathbb{Z}/\nu_d \). The natural phase space for (QHD) is \( H^s_0(\mathbb{T}^d_0) \times \tilde{H}^s(\mathbb{T}^d_0) \) where \( \tilde{H}^s(\mathbb{T}^d_0) := H^s(\mathbb{T}^d_0)/\sim \) is the homogeneous Sobolev space obtained by the equivalence relation \( \psi_1(x) \sim \psi_2(x) \) if and only if \( \psi_1(x) - \psi_2(x) = c \) is a constant; \( H^s_0(\mathbb{T}^d_0) \) is the subspace of \( H^s(\mathbb{T}^d_0) \) of functions with zero average. Despite this fact we prefer to work with a couple of variable \( (\rho, \phi) \in H^s_0(\mathbb{T}^d_0) \times H^s(\mathbb{T}^d_0) \) but at the end we control only the norm \( \|\Pi_0^+ \phi\|_{H^s(\mathbb{T}^d_0)} \) which in fact is the relevant quantity for (QHD). To lighten the notation we shall write \( \|\cdot\|_{H^s_0} \) to denote \( \|\cdot\|_{H^s(\mathbb{T}^d_0)} \).

In the following we will use the notation \( A \lesssim B \) to denote \( A \leq CB \) where \( C \) is a positive constant depending on parameters fixed once for all, for instance \( d \) and \( s \). We will emphasize by writing \( \lesssim_q \) when the constant \( C \) depends on some other parameter \( q \).

**Ideas of the proof.** The general (EK) is a system of quasi-linear equations. The case (QHD), i.e., the system (EK) with the particular choice (1.6), reduces, for small solutions, to a semi-linear equation, more precisely to a nonlinear Schrödinger equation. This is a consequence of the fact that the Madelung transform (introduced for the first time in the seminal work by Madelung [18]) is well defined for small solutions. In other words one can introduce the new variable \( \psi := \sqrt{m + \rho e^{i\phi}/\hbar} \) (see Section 2 for details), where \( \hbar = 2\sqrt{k} \), obtaining the equation
\[ \partial_t \psi = i\left( \frac{\hbar}{2} \Delta \psi - \frac{1}{\hbar}g(|\psi|^2)\psi \right). \]
Since \( g(m) = 0 \), such an equation has an equilibrium point at \( \psi = \sqrt{m} \). The study of the stability of small solutions for (QHD) is equivalent to the study of the stability of the variable \( \psi = \sqrt{m} \). The equation for the variable \( z \) reads
\[ \partial_t z = -i\left( \frac{\hbar |D|_\nu^2}{2} + \frac{mg(m)}{\hbar} \right) z - i\frac{mg'(m)}{\hbar} z + f(z), \]
where \( f \) is a smooth function having a zero of order 2 at \( z = 0 \), i.e., \( |f(z)| \lesssim |z|^2 \), and \( |D|_\nu^2 \) is the Fourier multiplier with symbol
\[ |\xi|_\nu^2 := \sum_{i=1}^d a_i |\xi_i|^2, \quad a_i := \nu_i^2, \quad \forall \xi \in \mathbb{Z}^d. \] (1.11)
The aim is to use a Birkhoff normal form/modified energy technique in order to reduce the size of the nonlinearity \( f(z) \). To do that, it is convenient to perform some preliminary reductions. First of
all we want to eliminate the addendum \(-i \frac{mg'(m)}{\hbar}\). In other words we want to diagonalize the matrix
\[
\mathcal{L} = \begin{pmatrix} \frac{1}{2} D^2_{\nu} + \frac{1}{\hbar} m g'(m) & \frac{1}{\hbar} m g'(m) \\ \frac{1}{\hbar} m g'(m) & \frac{1}{2} D^2_{\nu} + \frac{1}{\hbar} m g'(m) \end{pmatrix}.
\] (1.12)

To achieve the diagonalization of this matrix it is necessary to rewrite the equation in a system of coordinates which does not involve the zero mode. We perform this reduction in Section 2.2 we use the gauge invariance of the equation as well as the $L^2$ norm preservation to eliminate the dynamics of the zero mode. This idea has been introduced for the first time in [11]. After the diagonalization of the matrix in (1.12) we end up with a diagonal, quadratic, semi-linear equation with dispersion law
\[
\omega(j) := \sqrt{\frac{\hbar^2}{4} |j|^2_{\nu} + mg'(m)|j|^2_{\nu}},
\]
where $j$ is a vector in $\mathbb{Z}^d \setminus \{0\}$. At this point we are ready to define a suitable modified energy. Our primary aim is to control the derivative of the $H^s$-norm of the solution
\[
\frac{d}{dt} \|\tilde{z}(t)\|_{H^s},
\]
where $\tilde{z}$ is the variable of the diagonalized system, for the longest time possible. Using the equation, such a quantity may be rewritten as the sum of trilinear expressions in $\tilde{z}$. We perturb the Sobolev energy by expressions homogeneous of degree at least 3 such that their time derivatives cancel out the main contribution (i.e. the one coming from cubic terms) in (1.13), up to remainders of higher order. In trying to do this small dividers appear, i.e. denominators of the form
\[
\pm \omega(j_1) \pm \omega(j_2) \pm \omega(j_3).
\]
It is fundamental that the perturbations we define is bounded by some power of $\|\tilde{z}\|_{H^s}$, with the same $s$ in (1.13), otherwise we obtain an estimate with loss of derivatives. Therefore we need to impose some lower bounds on the small dividers. Here it enters in the game the irrationality of the torus $\nu$. We prove indeed that for almost any $\nu \in [1, 2]^d$, there exists $\gamma > 0$ such that
\[
|\pm \omega(j_1) \pm \omega(j_2) \pm \omega(j_3)| \geq \frac{\gamma}{\mu_1^{d-1} \log^{d+1} \left(1 + \mu_1^2\right) \mu_3^{M(d)}}.
\]
if $\pm j_1 \pm j_2 \pm j_3 = 0$, we denoted by $M(d)$ a positive constant depending on the dimension $d$ and $\mu_i$ the $i$-st largest integer among $|j_1|, |j_2|$ and $|j_3|$. It is nowadays well known, see for instance [8, 5], that the power of $\mu_3$ is not dangerous if we work in $H^s$ with $s$ big enough. Unfortunately we have also a power of the highest frequency $\mu_1$ which represents, in principle, a loss of derivatives. However, this loss of derivatives may be transformed in a loss of length of the lifespan through partition of frequencies, as done for instance in [10, 17, 12, 6].

**Some comments.** As already mentioned, an estimate on small divisors involving only powers of $\mu_3$ is not dangerous. We may obtain such an estimate when the equation is considered on the squared torus $\mathbb{T}^d$, using as a parameter the mass $m$. In this case, indeed, one can obtain better estimates by following the proof in [11]. This is a consequence of the fact that the set of differences of eigenvalues is discrete. This is not the case of irrational tori with fixed mass, where the set of eigenvalues is not discrete. Having estimates involving only $\mu_3$ one could actually prove an almost-global stability. More precisely one can prove, for instance, that there exists a zero Lebesgue measure set $\mathcal{N} \subset [1, +\infty)$, such that if $m$ is in $[1, +\infty) \setminus \mathcal{N}$, then for any $N \geq 1$ if the
initial condition is sufficiently regular (w.r.t. $N$) and of size $\varepsilon$ sufficiently small (w.r.t. $N$) then the solution stays of size $\varepsilon$ for a time of order $\varepsilon^{-N}$. The proof follows the lines of classical papers such as [3, 5, 4] by using the Hamiltonian structure of the equation. More precisely, the system (QHD) can be written in the form

$$\partial_t [\rho, \phi] = X_H(\rho, \phi) = \begin{pmatrix} \partial_\rho H(\rho, \phi) \\ -\partial_\phi H(\rho, \phi) \end{pmatrix}, \quad (1.14)$$

where $\partial$ denotes the $L^2$-gradient and $H(\rho, \phi)$ is the Hamiltonian function.

$$H(\rho, \phi) = \frac{1}{2} \int_{\mathbb{T}^d} (m + \rho)|\nabla \phi|^2 dx + \int_{\mathbb{T}^d} \left( \frac{\kappa}{2} \frac{\rho}{m + \rho} |\nabla \rho|^2 + G(m + \rho) \right) dx \quad (1.15)$$

We do not know if the solution of (QHD) are globally defined. There are positive answers in the case that the equation is posed on the Euclidean space $\mathbb{R}^d$ with $d \geq 3$, see for instance [2]. Here the dispersive character of the equation is taken into account. For recent developments in this direction see [1] and reference therein. It is worth mentioning also the scattering result for the Gross-Pitaevsii equation [16]. Since we are considering the equation on a compact manifold, the dispersive estimates are not available.

It would be interesting to obtain a long time stability result also for solutions of the general system (EK). In this case the equation may be not recasted as a semi-linear Schrödinger equation. Being a quasi-linear system, we expect that a para-differential approach, in the spirit of [17, 12] should be applied. However, in this case, the quasi-linear term is quadratic, hence big. In [17, 12] the quasi-linear term is smaller. Therefore new ideas have to be introduced in order to improve the local existence theorem.

By using para-compositions (in the spirit of [9, 14, 15]), in the case $d = 1$, i.e. on the torus $\mathbb{T}^1$, it is possible to obtain stronger results. This is the argument of a future work of one of us with other collaborators [8].

2. From (QHD) to Nonlinear Schrödinger

2.1. Madelung transform. For $\lambda \in \mathbb{R}_+$, we define the change of variable (Madelung transform)

$$\psi := M_\psi(\rho, \phi) := \sqrt{m + \rho} e^{i\lambda \phi}, \quad \bar{\psi} := M_{\bar{\psi}}(\rho, \phi) := \sqrt{m + \rho} e^{-i\lambda \phi}. \quad (M)$$

Notice that the inverse map has the form

$$m + \rho = M_\rho^{-1}(\psi, \bar{\psi}) := |\psi|^2, \quad \phi = M_\phi^{-1}(\psi, \bar{\psi}) := \frac{1}{\lambda} \arctan \left( \frac{-i(\psi - \bar{\psi})}{\psi + \bar{\psi}} \right). \quad (2.1)$$

In the following lemma we provide a well-posedness result for the Madelung transform.

**Lemma 2.1.** Define

$$\frac{1}{4\lambda^2} = \kappa, \quad \hbar := \frac{1}{\lambda} = 2\sqrt{\kappa}. \quad (2.2)$$

The following holds.

(i) Let $s > 1$ and

$$\delta := \frac{1}{m} \|\rho\|_{H^s} + \frac{1}{\sqrt{\kappa}} \|\Pi_0^\perp \phi\|_{H^s}, \quad \sigma := \Pi_0 \phi.$$
There is $C = C(s) > 1$ such that, if $C(s)\delta \leq 1$, then the function $\psi$ in (M) satisfies
\[ \|\psi - \sqrt{m}e^{i\sigma}\|_{H^s} \leq 2\sqrt{m}\delta. \] (2.3)

(ii) Define
\[ \delta' := \inf_{\sigma \in \mathbb{T}} \|\psi - \sqrt{m}e^{i\sigma}\|_{H^s}. \]
There is $C' = C'(s) > 1$ such that, if $C'(s)\delta'\sqrt{m}^{-1} \leq 1$, then the functions $\rho$,
\[ \frac{1}{m}\|\rho\|_{H^s} + \frac{1}{\sqrt{K}}\|\Pi^\perp_0 \phi\|_{H^s} \leq 8\frac{1}{\sqrt{m}}\delta'. \] (2.4)

Proof. The bound (2.3) follows by (M) and classical estimates on composition operators on Sobolev spaces (see for instance [19]). Let us check the (2.4). By the first of (2.1), for any $\sigma \in \mathbb{T}$, we have
\[ \|\rho\|_{H^s} \leq \|\sqrt{m}(\psi e^{-i\sigma} - \sqrt{m})\|_{H^s} + \|\sqrt{m}(\psi e^{i\sigma} - \sqrt{m})\|_{H^s} + \|\sqrt{m}(\psi e^{i\sigma} - \sqrt{m})(\psi e^{i\sigma} - \sqrt{m})\|_{H^s} \leq \sqrt{m}(\|\psi - \sqrt{m}\rho\|_{H^s} + \|\sqrt{m}(\psi e^{i\sigma} - \sqrt{m})\|^2). \] (2.5)

Therefore, by the arbitrariness of $\sigma$ and using that $(\sqrt{m})^{-1}\delta' \ll 1$, one deduces
\[ \frac{1}{m}\|\rho\|_{H^s} \leq 3\frac{1}{\sqrt{m}}\delta'. \]
Moreover we note that
\[ \|\psi - \overline{\psi}\|_{H^s} \leq 2\frac{1}{\sqrt{m}}\|\psi - \sqrt{m}\|_{H^s}. \]
Then by the second in (2.1), (2.2), composition estimates on Sobolev spaces and the smallness condition $(\sqrt{m})^{-1}\delta' \ll 1$, one deduces, for any $\sigma \in \mathbb{T}$ such that $(\sqrt{m})^{-1}\|\psi - \sqrt{m}\rho\|_{H^s} \ll 1$, that
\[ \frac{1}{\sqrt{K}}\|\Pi^\perp_0 \phi\|_{H^s} + 2\|\Pi^\perp_0 \arctan \left( \frac{-i(\psi - \overline{\psi})}{\psi + \overline{\psi}} \right)\|_{H^s} = 2\|\Pi^\perp_0 \arctan \left( \frac{-i(\psi e^{-i\sigma} - \overline{\psi} e^{i\sigma})}{\psi e^{-i\sigma} + \overline{\psi} e^{i\sigma}} \right)\|_{H^s} \leq \frac{5}{\sqrt{m}}\|\psi - \sqrt{m}\rho\|_{H^s}. \]
Therefore the (2.4) follows. \[ \square \]

We now rewrite equation (QHD) in the variable $(\psi, \overline{\psi})$.

Lemma 2.2. Let $(\rho, \phi) \in H^s_0(\mathbb{T}_\rho^d) \times H^s(\mathbb{T}_\phi^d)$ be a solution of (QHD) defined over a time interval $[0, T]$, $T > 0$, such that
\[ \sup_{t \in [0, T]} \left( \frac{1}{m}\|\rho(t, \cdot)\|_{H^s} + \frac{1}{\sqrt{K}}\|\Pi^\perp_0 \phi(t, \cdot)\|_{H^s} \right) \leq \varepsilon \] (2.7)
for some $\varepsilon > 0$ small enough. Then the function $\psi$ defined in (M) solves
\[ \begin{cases} 
\partial_t \psi = -i\left( -\frac{\hbar}{2}\Delta\psi + \frac{1}{\hbar}g(|\psi|^2)\psi \right) \\
\psi(0) = \sqrt{m} + \rho(0)e^{i\sigma(0)}. 
\end{cases} \] (2.8)
Remark 2.3. We remark that the assumption of Lemma 2.2 can be verified in the same spirit of the local well-posedness results in [13] and [7].

Proof of Lemma 2.2. The smallness condition (2.7) implies that the function $\psi$ is well-defined and satisfies a bound like (2.3). We first note
\[
\nabla \psi = \left( \frac{1}{2\sqrt{m + \rho}} \nabla \rho + i\lambda \sqrt{m + \rho} \nabla \phi \right) e^{i\lambda \phi},
\] (2.9)
\[
\frac{1}{2k^2} |\nabla \psi|^2 = \frac{1}{2} \left( \frac{1}{2\sqrt{m + \rho}} \nabla \rho + \frac{1}{2}(m + \rho) |\nabla \phi|^2 \right).
\] (2.10)
Moreover, using (QHD), (2.2), (4M) and that $\text{div}(\rho \nabla \phi) = \nabla \rho \cdot \nabla \phi + \rho \Delta \phi$, we get
\[
\frac{1}{2k^2} |\nabla \psi|^2 = \frac{1}{2} \left( \frac{1}{2\sqrt{m + \rho}} \nabla \rho + \frac{1}{2}(m + \rho) |\nabla \phi|^2 \right).
\] (2.11)
On the other hand, by (2.9), we have
\[
i\Delta \psi = i e^{i\lambda \phi} \left( \frac{\Delta \rho}{2\sqrt{m + \rho}} - \frac{|\nabla \rho|^2}{8\lambda(m + \rho)^{\frac{3}{2}}} + i\lambda \sqrt{m + \rho} \Delta \phi - \frac{\lambda^2}{2\sqrt{m + \rho} |\nabla \phi|^2} + \frac{i\lambda \nabla \rho \cdot \nabla \phi}{\sqrt{m + \rho}} \right).
\] (2.12)
Therefore, by (2.11), (2.12), we deduce
\[
\partial_t \psi = \frac{i}{2\lambda} \Delta \psi - i\lambda g(|\psi|^2)\psi, \quad \text{where} \quad \frac{1}{\lambda} = \hbar,
\] (2.13)
which is the (2.8). \qed

Notice that the (2.8) is an Hamiltonian equation of the form
\[
\partial_t \psi = -i\partial_\psi \mathcal{H}(\psi, \overline{\psi}), \quad \mathcal{H}(\psi, \overline{\psi}) = \int_{T^d} \left( \frac{\hbar}{2} |\nabla \psi|^2 + \frac{1}{\hbar} G(|\psi|^2) \right) dx,
\] (2.14)
where $\partial_\psi = (\partial_{\Re \psi} + i \partial_{\Im \psi})/2$. The Poisson bracket is
\[
\{\mathcal{H}, G\} := -i \int_{T^d} \partial_\psi \partial_{\overline{\psi}} G - \partial_{\overline{\psi}} \partial_\psi G dx.
\] (2.15)

2.2. Elimination of the zero mode. In the following it would be convenient to rescale the space variables $x \in T^d \ni \nu \cdot x$ with $x \in \mathbb{T}^d$ and work with functions belonging to the Sobolev space $H^s(\mathbb{T}^d) := H^s(\mathbb{S}^d)$, i.e. the Sobolev space in (1.10) with $\nu = (1, \ldots, 1)$. By using the notation $\psi = (2\pi)^{-\frac{d}{2}} \sum_{j \in \mathbb{Z}^d} \psi_j e^{ij \cdot x}$, we introduce the set of variables
\[
\begin{cases}
\psi_0 = \alpha e^{-i\theta}, \quad \alpha \in [0, +\infty), \ \theta \in \mathbb{T} \\
\psi_j = z_j e^{-i\theta}, \quad j \neq 0,
\end{cases}
\] (2.16)
which are the polar coordinates for $j = 0$ and a phase translation for $j \neq 0$. Rewriting (2.14) in Fourier coordinates one has
\[
i\partial_t \psi_j = \partial_{\psi_j} \mathcal{H}(\psi, \overline{\psi}), \quad j \in \mathbb{Z}^d,
\] (2.17)
where $\mathcal{H}$ is defined in (2.14). We define also the zero mean variable

$$z := (2\pi)^{-d} \sum_{j \in \mathbb{Z}^d \setminus \{0\}} z_j e^{ij \cdot x}.$$  \hfill (2.18)

By (2.16) and (2.18) one has

$$\psi = (\alpha + z)e^{i\theta},$$  \hfill (2.19)

and it is easy to prove that the quantity

$$m := \sum_{j \in \mathbb{Z}^d} |\psi_j|^2 = \alpha^2 + \sum_{j \neq 0} |z_j|^2$$

is a constant of motion for (2.8). Using (2.16), one can completely recover the real variable $\alpha$ in terms of $\{z_j\}_{j \in \mathbb{Z}^d \setminus \{0\}}$ as

$$\alpha = \sqrt{m - \sum_{j \neq 0} |z_j|^2}.$$  \hfill (2.20)

Note also that the $(\rho, \phi)$ variables in (2.1) do not depend on the angular variable $\theta$ defined above. This implies that system (QHD) is completely described by the complex variable $z$. On the other hand, using

$$\partial_{\overline{\psi_j}} \mathcal{H}(\psi e^{i\theta}, \overline{\psi} e^{i\theta}) = \partial_{\overline{\psi_j}} \mathcal{H}(\psi, \overline{\psi}) e^{i\theta},$$

one obtains

$$\begin{cases}
i \partial_t \alpha + \partial_t \alpha \partial_\theta = \Pi_0 \left( g(|\alpha + z|^2)(\alpha + z) \right) \\
i \partial_t z_j + \partial_t \theta z_j = \partial_{\overline{\psi_j}} \mathcal{H}(\alpha + z, \alpha + z) .
\end{cases}$$  \hfill (2.21)

Taking the real part of the first equation in (2.21) we obtain

$$\partial_\theta = \frac{1}{\alpha} \Pi_0 \left( \frac{1}{\hbar} g(|\alpha + z|^2) \text{Re} (\alpha + z) \right) = \frac{1}{2\alpha} \partial_{\overline{\psi_j}} \mathcal{H}(\alpha, z, \overline{z}),$$  \hfill (2.22)

where (recall (1.11))

$$\mathcal{H}(\alpha, z, \overline{z}) := \frac{\hbar}{2} \int_{\mathbb{T}^d} |D|^2 z \cdot \overline{z} \, dx + \frac{1}{\hbar} \int_{\mathbb{T}^d} G(|\alpha + z|^2) \, dx .$$  \hfill (2.23)

By (2.22), (2.21) and using that

$$\partial_{\overline{\psi_j}} \mathcal{H}(\alpha + z, \alpha + \overline{z}) = \partial_{\overline{\psi_j}} \mathcal{H}(\alpha, z, \overline{z}),$$

one obtains

$$i \partial_t z_j = \partial_{\overline{\psi_j}} \mathcal{H}(\alpha, z, \overline{z}) - \frac{z_j}{2\alpha} \partial_\alpha \mathcal{H}(\alpha, z, \overline{z}) = \partial_{\overline{\psi_j}} K_m(z, \overline{z}), \quad j \neq 0 ,$$  \hfill (2.24)

where

$$K_m(z, \overline{z}) := \mathcal{H}(\alpha, z, \overline{z})|_{\alpha = \sqrt{m - \sum_{j \neq 0} |z_j|^2}} .$$

We resume the above discussion in the following lemma.

**Lemma 2.4.** The following holds.

(i) Let $s > \frac{d}{2}$ and

$$\delta := \frac{1}{m} \|\rho\|_{H^s} + \frac{1}{\sqrt{\kappa}} \|\Pi_0^+ \phi\|_{H^s}, \quad \theta := \Pi_0 \phi .$$

There is $C = C(s) > 1$ such that, if $C(s) \delta \leq 1$, then the function $z$ in (2.18) satisfies

$$\|z\|_{H^s} \leq 2\sqrt{m} \delta .$$  \hfill (2.25)
(ii) Define

\[ \delta' := \|z\|_{H^s}. \]

There is \(C''(s) > 1\) such that, if \(C''(s)\delta'(\sqrt{m})^{-1} \leq 1\), then the functions \(\rho,\phi\),

\[ \frac{1}{m} \|\rho\|_{H^s} + \frac{1}{\sqrt{m}} \|\Pi_0^1 \phi\|_{H^s} \leq 16 \frac{1}{\sqrt{m}} \delta'. \quad (2.26) \]

(iii) Let \((\rho, \phi) \in H^s_0(\mathbb{T}^d) \times H^s(\mathbb{T}^d)\) be a solution of (QHD) defined over a time interval \([0, T]\), \(T > 0\), such that

\[ \sup_{t \in [0, T]} \left( \frac{1}{m} \|\rho(\cdot, t)\|_{H^s} + \frac{1}{\sqrt{m}} \|\Pi_0^1 \phi(\cdot, t)\|_{H^s} \right) \leq \varepsilon \]

for some \(\varepsilon > 0\) small enough. Then the function \(z \in H^s_0(\mathbb{T}^d)\) defined in (2.18) solves (2.24).

**Proof.** We note that

\[ \|z\|_{H^s} = \|\Pi_0^1 \psi\|_{H^s} \leq \|\psi - \sqrt{m} e^{i\theta}\|_{H^s} \]

which proves (2.25). In order to prove (2.26) we note that

\[ \inf_{\sigma \in \mathbb{T}} \|\psi - \sqrt{m} e^{i\theta}\|_{H^s} = \|\sigma - \sqrt{m} + z\|_{H^s} \]

\[ \leq \sqrt{m} - \|z\|_{H^s}^2 - \sqrt{m} + \|z\|_{H^s} \leq 2\delta', \]

so that the (2.26) follows by (2.4). The point (iii) follows by (2.21) and (2.22). \(\square\)

**Remark 2.5.** Using (2.1) and (2.19) one can study the system (QHD) near the equilibrium point \((\rho, \phi) = (0, 0)\) by studying the complex Hamiltonian system

\[ i\partial_t z = \partial_{\overline{z}} K_n(z, \overline{z}) \]

(2.28) near the equilibrium \(z = 0\). Note also that the natural phase-space for (2.28) is the complex Sobolev space \(H^s_0(\mathbb{T}^d; \mathbb{C})\), \(s \in \mathbb{R}\), of complex Sobolev functions with zero mean.

2.3. **Taylor expansion of the Hamiltonian.** In order to study the stability of \(z = 0\) for (2.28) it is useful to expand \(K_n\) at \(z = 0\). We have

\[ K_n(z, \overline{z}) = \frac{\hbar}{2} \int_{\mathbb{T}^d} |D_{\nu}^2 z \cdot \overline{z} + \frac{1}{\hbar} \int_{\mathbb{T}^d} G\left( \sqrt{m - \sum_{j \neq 0} |z_j|^2 + \overline{z}_j^2} \right) \right) \right) dx \]

\[ = (2\pi)^d \frac{G(m)}{\hbar} + K^{(2)}_n(z, \overline{z}) + \sum_{r=3}^{N-1} K^{(r)}_n(z, \overline{z}) + R^{(N)}(z, \overline{z}), \]

(2.29)

where

\[ K^{(2)}_n(z, \overline{z}) = \frac{1}{2} \int_{\mathbb{T}^d} \frac{\hbar}{2} |D_{\nu}^2 z \cdot \overline{z} \right) + \frac{g'(m)\hbar}{\hbar} \int_{\mathbb{T}^d} \frac{1}{2} (z + \overline{z})^2 \right) \right) \right) dx, \]

(2.30)

for any \(r = 3, \cdots, N - 1\), \(K^{(r)}_n(z, \overline{z})\) is an homogeneous multilinear Hamiltonian function of degree \(r\) of the form

\[ K^{(r)}_n(z, \overline{z}) = \sum_{\sigma \in \{-1, 1\}^r, j \in \mathbb{Z}^d \setminus \{0\}} (K^{(r)}_n)^{\sigma_j_1 \cdot \cdot \cdot z^{\sigma_j}} \right) \right) \right) + |(K^{(r)}_n)^{\sigma_j}| \lesssim r, \]

\[ \sum_{\sigma \in \{-1, 1\}^r, j \in \mathbb{Z}^d \setminus \{0\}} \]
Consider the change of variables
\[ \| X_{R(N)}(z) \|_{H^s} \lesssim_s \| z \|_{H^s}^{r-1}, \quad \forall z \in B_1(H_0^s(\mathbb{T}^d; \mathbb{C})) \] (2.31)
The vector field of the Hamiltonian in (2.29) has the form (recall (1.14))
\[
\partial_t \begin{bmatrix} z \\ \bar{z} \end{bmatrix} = \begin{bmatrix} -i\partial_2 K_m \\ i\partial_1 K_m \end{bmatrix} = -i \left( \frac{b|D|^2}{2} + \frac{mg'(m)}{\hbar} \right) \begin{bmatrix} z \\ \bar{z} \end{bmatrix} + \sum_{r=3}^{N-1} \begin{bmatrix} -i\partial_2 K_m^{(r)} \\ i\partial_1 K_m^{(r)} \end{bmatrix} \begin{bmatrix} z \\ \bar{z} \end{bmatrix} + \begin{bmatrix} -i\partial_2 R^{(N)} \\ i\partial_1 R^{(N)} \end{bmatrix} \] (2.32)
Let us now introduce the $2 \times 2$ matrix of operators
\[ C := \frac{1}{\sqrt{2\omega(D)A(D, m)}} \begin{pmatrix} A(D, m) & -\frac{1}{2}mg'(m) \\ -\frac{1}{2}mg'(m) & A(D, m) \end{pmatrix}, \]
with
\[ A(D, m) := \omega(D) + \frac{b}{2} |D|^2 + \frac{1}{2}mg'(m), \]
and where $\omega(D)$ is the Fourier multiplier with symbol
\[ \omega(j) := \sqrt{\frac{\hbar^2}{4} |j|^2 + mg'(m)|j|^2}. \] (2.33)
Notice that, by using (1.2), the matrix $C$ is bounded, invertible and symplectic, with estimates
\[ \| C^{\pm 1} \|_{L(H_0^s \times H_0^s, H_0^s \times H_0^s)} \leq 1 + \sqrt{k}\beta, \quad \beta := \frac{mg'(m)}{k}. \] (2.34)
Consider the change of variables
\[ \begin{bmatrix} w \\ \bar{w} \end{bmatrix} := C^{-1} \begin{bmatrix} z \\ \bar{z} \end{bmatrix}. \] (2.35)
then the Hamiltonian (2.29) reads
\[
\begin{aligned}
\tilde{K}_m(w, \bar{w}) &:= \tilde{K}_m^{(2)}(w, \bar{w}) + \tilde{K}_m^{(3)}(w, \bar{w}) + \tilde{K}_m^{(4)}(w, \bar{w}), \\
\tilde{K}_m^{(2)}(w, \bar{w}) &:= K_m^{(2)}(C \begin{bmatrix} w \\ \bar{w} \end{bmatrix}) := \frac{1}{2} \int_{\mathbb{T}^d} \omega(D) z \cdot \bar{z} dx, \\
\tilde{K}_m^{(3)}(w, \bar{w}) &:= K_m^{(3)}(C \begin{bmatrix} w \\ \bar{w} \end{bmatrix}), \\
\tilde{K}_m^{(4)}(w, \bar{w}) &:= \sum_{r=4}^{N-1} K_m^{(r)}(C \begin{bmatrix} w \\ \bar{w} \end{bmatrix}) + R^{(N)}(C \begin{bmatrix} w \\ \bar{w} \end{bmatrix}).
\end{aligned} \] (2.36)
Therefore system (2.32) becomes
\[
\partial_t w = -i\omega(D)w - i\partial_\bar{w} \tilde{K}_m^{(3)}(w, \bar{w}) - i\partial_\bar{w} \tilde{K}_m^{(4)}(w, \bar{w}). \] (2.37)

3. SMALL DIVISORS

As explained in the introduction we shall study the long time behaviour of solutions of (2.37) by means of Birkhoff normal form approach. Therefore we have to provide suitable non resonance conditions among linear frequencies of oscillations $\omega(j)$ in (2.33). This is actually the aim of this section.
We define \( P \) will be chosen in function of \( \gamma \) assumption we have

We shall apply this general proposition only in the case

The proof of this proposition is divided in several steps and it is postponed to the end of the section. The main ingredient is the following standard proposition which follows the lines of \( \mathcal{N}_6 \). Here we give weak lower bounds of the small divisors, these estimates will be improved later.

**Proposition 3.2.** Consider \( I \) and \( J \) two bounded intervals of \( \mathbb{R}^+ \setminus \{0\} \); \( r \geq 2 \) and \( j_1, \ldots, j_r \in \mathbb{Z}^d \) such that \( j_i \neq \pm j_k \) if \( i \neq k \), \( n_1, \ldots, n_r \in \mathbb{Z} \setminus \{0\} \) and \( h : J^{d-1} \to \mathbb{R} \) measurable. Then for any \( \gamma > 0 \) we have

\[
\mathcal{A} \left( (p, b) \in I \times J^{d-1} : |h(b) + \sum_{k=1}^r n_k \sqrt{|h_k|_{(1,b)}^4 + p|j_k|_{(1,b)}^2} \leq \gamma \right) \leq I, J, d, \gamma \frac{1}{\gamma} \left( \langle j_1 \rangle \cdots \langle j_r \rangle \right)^{\frac{1}{2}},
\]

with \((1, b) = (1, b_1, \ldots, b_{d-1}) \in \mathbb{R}^d\).

**Remark 3.3.** We shall apply this general proposition only in the case \( r = 3 \), however we preferred to write it in general for possible future applications.

**Proof of Prop. 3.2.** For simplicity in the proof we assume \( |j_1|_{(1,b)} > \ldots > |j_r|_{(1,b)} \). Since by assumption we have \( j_i \neq j_k \) for any \( i \neq k \) then one could easily prove that for any \( \eta > 0 \) (later it will be chosen in function of \( \gamma \)) we have

\[
\mathcal{A} (P_{\eta}^{i,k}) < \eta \mathcal{A} (J^{d-2}), \quad P_{\eta}^{i,k} := \{ b \in J^{d-1} : |j_i|_{(1,b)}^2 - |j_k|_{(1,b)}^2 < \eta \}.
\]

We define \( P_\eta = \bigcup_{i \neq k} P_{\eta}^{i,k} \), and

\[
B_\gamma := \left\{ (p, b) \in I \times J^{d-1} : |h(b) + \sum_{k=1}^r n_k \sqrt{|h_k|_{(1,b)}^4 + p|j_k|_{(1,b)}^2} \leq \gamma \right\},
\]
then we have
\[
\mu(B_\gamma) \leq \mu(B_\gamma \cap P_\eta) + \mu(B_\gamma \cap (P_\eta)^c)
\]
\[
\leq \mu(I)\mu(P_\eta) + \mu(J^{d-1}) \sup_{i \neq k, b \notin P_\eta} \mu\left( \{ p \in I : |h(b) + \sum_{k=1}^r n_k \sqrt{|j_k|^4_{(1,b)} + p|j_k|^2_{(1,b)}} | \leq \gamma \} \right)
\]
\[
\lesssim \mu(I)\mu(J^{d-2}) \eta + \mu(J^{d-1}) \sup_{i \neq k, b \notin P_\eta} \mu\left( \{ p \in I : |h(b) + \sum_{k=1}^r n_k \sqrt{|j_k|^4_{(1,b)} + p|j_k|^2_{(1,b)}} | \leq \gamma \} \right).
\]

We have to estimate from above the measure of the last set. We define the function
\[
g(p) := h(b) + \sum_{k=1}^r n_k \sqrt{|j_k|^4_{(1,b)} + p|j_k|^2_{(1,b)}}.
\]

For any \( \ell \geq 1 \) we have
\[
ds^\ell \frac{d^\ell}{dp^\ell} g(p) = c_\ell \sum_{k=1}^r n_k |j_k|_{(1,b)} (p + |j_k|^2_{(1,b)})^{\frac{1}{2} - \ell}, \quad c_\ell := \prod_{i=1}^\ell (\frac{1}{2} - i).
\]

Therefore we can write the system of equations
\[
\left( c_1^{-1} \partial_p^1 g(p) \right) = \left( \begin{array}{ccc} (p + |j_1|^2_{(1,b)}) & \cdots & (p + |j_r|^2_{(1,b)}) \\ \vdots & \ddots & \vdots \\ (p + |j_1|^2_{(1,b)})^{1-r} & \cdots & (p + |j_r|^2_{(1,b)})^{1-r} \end{array} \right) \left( \begin{array}{c} n_1 |j_1|_{(1,b)} (p + |j_1|^2_{(1,b)})^{-1/2} \\ \vdots \\ n_r |j_r|_{(1,b)} (p + |j_r|^2_{(1,b)})^{-1/2} \end{array} \right).
\]

We denote by \( V \) the Vandermonde matrix above. We have that \( V \) is invertible since
\[
|\det(V)| \geq \prod_{1 \leq i < k \leq r} \frac{|j_i|^2_{(1,b)} - |j_k|^2_{(1,b)}}{(p + |j_i|^2_{(1,b)})(p + |j_k|^2_{(1,b)})} \geq \prod_{1 \leq i < k \leq r} \frac{|j_i|^2_{(1,b)} - |j_k|^2_{(1,b)}}{\eta^r |(j_i)^2 \cdots (j_r)^2|} \geq \eta^r |(j_i)^2 \cdots (j_r)^2|,
\]

where in the penultimate passage we have used that \( b \notin P_\eta \) and \( |j_i|_{(1,b)} \leq |j_k|_{(1,b)} \) if \( i > k \).

Therefore we have
\[
\max_{\ell=1}^r |c_\ell \partial_p^\ell g(p)| \gtrsim \eta^r |\det(V)| \max_{\ell=1}^r n_\ell |j_\ell|_{(1,b)} (p + |j_\ell|^2_{(1,b)})^{-1/2} \gtrsim \eta^r |(j_1)^2 \cdots (j_r)^2|.
\]

At this point we are ready to use Lemma 7 in appendix A of the paper [20], we obtain
\[
\mu\left( \{ p \in I : |h(b) + \sum_{k=1}^r \sqrt{|j_k|^4_{(1,b)} + p|j_k|^2_{(1,b)}} | \leq \gamma \} \right) \leq \left( \frac{\gamma |(j_1)^2 \cdots (j_r)^2|}{\eta^r} \right)^{\frac{1}{2}}.
\]

Summarizing we obtained
\[
\mu(B_\gamma) \lesssim I_{I,d,r,n} \eta + \eta^{-1} \gamma^{\frac{1}{2}} |(j_1)^2 \cdots (j_r)^2|^{\frac{1}{2}} + \eta^{-1} \gamma^{\frac{1}{2}} |(j_1)^2 \cdots (j_r)^2|^{\frac{1}{2}},
\]

we may optimize by choosing \( \eta = \gamma^{\frac{1}{2}} |(j_1)^2 \cdots (j_r)^2|^{\frac{1}{2}} \) and we obtain the thesis. \( \square \)
As a consequence of the preceding proposition we have the following.

**Corollary 3.4.** Let \( r \geq 1 \), consider \( j_1, \ldots, j_r \in \mathbb{Z}^d \) such that \( j_k \neq j_i \) if \( i \neq k \) and \( n_1, \ldots, n_k \in \mathbb{Z} \setminus \{0\} \). For any \( \gamma > 0 \) we have

\[
\mathcal{O} \left( \frac{\gamma^4}{\sqrt{k}} \right) \left( \frac{\gamma}{\sqrt{k}} \right)^{3d} \leq \gamma \}
\right) \leq \mathcal{O} \left( \frac{\gamma^4}{\sqrt{k}} \right) \left( \frac{\gamma}{\sqrt{k}} \right)^{3d}.
\]

**Proof.** We write

\[
\sum_{i=1}^{r} n_i \sqrt{k|j_i|^4_a + mg'(m)|j_i|^2_a} = k a_1 \sum_{i=1}^{r} n_i \sqrt{|j_i|^4_a + \beta \frac{a_i}{a_1}|j_i|^2_a},
\]

where we have set

\[
\beta := \frac{mg'(m)}{k}, \quad b := \left( \frac{a_2}{a_1}, \ldots, \frac{a_d}{a_1} \right).
\]

The map \((a_1, \ldots, a_d) \mapsto (\frac{1}{a_1}, b)\) is invertible onto its image, which is contained in \((\frac{1}{a_1}, 1) \times (\frac{1}{a_1}, 4)^{d-1}\). The determinant of its inverse is bounded by a constant depending only on \(d\). Therefore the result follows by applying Prop. 3.2 and the change of coordinates \((a_1, \ldots, a_d) \mapsto (\frac{1}{a_1}, b)\). \(\square\)

Owing to the corollary above we may reduce in the following to the study of the small dividers when we have 2 frequencies much larger then the other.

**Lemma 3.5.** Consider \( \tilde{\Lambda} := \sqrt{k}|j_1|^2_a - \sqrt{k}|j_2|^2_a - \omega_3 \) and \( \beta \) defined in (3.4). If there exists \( i \in \{1, \ldots, d\} \) such that

\[
|\tilde{j}_{3,i}| \sqrt{1 + \frac{\beta}{|\tilde{j}_{3,i}|^2}} \leq \frac{1}{2} |j_{1,i} + j_{2,i}|,
\]

then for any \( \tilde{\gamma} > 0 \) we have

\[
\mu \left( \{ a \in (1, 4)^d : |\tilde{\Lambda}| \leq \tilde{\gamma} \} \right) \leq \frac{2\tilde{\gamma}}{\sqrt{k}|j_{1,i} + j_{2,i}|}.
\]

**Proof.** We give a lower bound for the derivative of the function \( \tilde{\Lambda} \) with respect to the parameter \( a_i \).

\[
|\partial_{a_i} \tilde{\Lambda}| \geq \sqrt{k} \left[ |\tilde{j}_{3,i}(j_{1,i} + j_{2,i})| - j_{3,i} \sqrt{1 + \frac{\beta}{|\tilde{j}_{3,i}|^2}} \right] \geq \sqrt{k} \frac{1}{2} |\tilde{j}_{3,i}| |j_{1,i} + j_{2,i}| \geq \sqrt{k} \frac{1}{2} |j_{1,i} + j_{2,i}|.
\]

Therefore \( a_i \mapsto \tilde{\Lambda} \) is a diffeomorphism and applying this change of variable we get the thesis. \(\square\)

**Proposition 3.6.** There exists a set of full Lebesgue measure \( \mathcal{A}_3 \subset (1, 4)^d \) such that for any \( a \in \mathcal{A}_3 \) there exists \( \gamma > 0 \) such that

\[
|\sigma \omega_3 + \omega_2 - \omega_1| \geq \frac{\sqrt{k} \gamma}{|j_1|^d_1 \log^{d+1}(1 + |j_1|^2) |j_3|^d},
\]

for any \( \sigma \in \pm 1 \), for any \( j_1, j_2, j_3 \) in \( \mathbb{Z}^d \) satisfying \( |j_1|^a > |j_2|^a \geq |j_3|^a \), the momentum condition \( \sigma j_3 + j_2 - j_1 = 0 \) and

\[
\tilde{\gamma}(j_1, \beta) = \min \left\{ \frac{\sqrt{|j_1|^2 - 4d^2 \beta}}{2d}, \min \left\{ \left( \frac{\gamma}{4\beta^2} \right)^{\frac{1}{d+2}}, \left( \frac{\gamma}{2\beta^2} \right)^{\frac{1}{d+2}} \right\}, \left( \frac{|j_1|^{d-4} \beta}{\log(1 + |j_1|)^{d+1}} \right)^{\frac{1}{d+2}} \right\} > |j_3|,
\]

where \( \beta \) is defined in (3.4).
Proof. We suppose $\sigma = 1$, we set $\Lambda := \omega_1 - \omega_2 - \omega_3$ and

$$L(\gamma) := \frac{\sqrt{k}\gamma}{(|j_3|^{d+1} |j_1|^d (1 + |j_1|))}.$$  

From the first condition in (3.6) we deduce that $\beta / |j_1|^2 < 1$, therefore, by Taylor expanding the (3.2), we obtain

$$\Lambda = \sqrt{k}(|j_1|^2_\sigma - |j_2|^2_\sigma + \frac{\beta^2}{8} |j_1|^2_\sigma - |j_2|^2_\sigma + R) - \omega_3,$$  

(3.7)

where $|R| \leq \frac{1}{8} |j_2|^2_\sigma$. We define $\tilde{\Lambda} := \sqrt{k} |j_1|^2_\sigma - \sqrt{k} |j_2|^2_\sigma - \omega_3$ and the following good sets

$$G_\gamma := \{a \in (1, 4)^d : |\Lambda| > L(\gamma), \forall j_1, j_3 \in \mathbb{Z}^d\},$$

$$\tilde{G}_\gamma := \{a \in (1, 4)^d : |\tilde{\Lambda}| > 3L(\gamma), \forall j_1, j_3 \in \mathbb{Z}^d\}.$$  

We claim that, thanks to (3.6), we have the inclusion $\tilde{G}_\gamma \subset G_\gamma$. First of all we have

$$|\Lambda| \geq |\omega_3 + \sqrt{k} |j_2|^2_\sigma - \sqrt{k} |j_1|^2_\sigma - \sqrt{k} \frac{\beta^2}{8} |j_1|^2_\sigma - |j_2|^2_\sigma - \sqrt{k} |R|.$$  

(3.8)

From the momentum condition $j_1 - j_2 = j_3$ and the ordering $|j_1|^2_a \geq |j_2|^2_a$, we have that $|j_1|^2_a \leq 2 |j_2|^2_a$, which implies

$$\frac{|j_1|^2_a - |j_2|^2_a}{|j_1|^2_a |j_2|^2_a} = \sum_{k=1}^d \frac{a_k}{|j_1|^2_a} \frac{j_3,k (j_1,k + j_2,k)}{|j_1|^2_a |j_2|^2_a} \leq 2 \frac{|j_3|^2_a}{|j_1|^2_a |j_2|^2_a} \leq 2 \frac{|j_3|^2_a}{|j_1|^2_a |j_2|^2_a} \leq 2 \frac{|j_3|^2_a}{|j_1|^2_a |j_2|^2_a} \leq 32 \frac{|j_3|^2_a}{|j_1|^2_a |j_2|^2_a},$$  

(3.9)

where we used $|\cdot| < |\cdot|_a < 4 |\cdot|$. Therefore from (3.6), more precisely from

$$\left(\frac{\gamma}{4\beta^2}\right)^{\frac{1}{d+2}} \left(\frac{|j_1|^{4-d}}{\log(1 + |j_1|^{d+1})}\right)^{\frac{1}{d+2}} > |j_3|,$$

we deduce that

$$\sqrt{k} \frac{\beta^2}{8} |j_1|^2_\sigma - |j_2|^2_\sigma < L.$$  

Analogously one proves that $\sqrt{k} |R| < L$. We have eventually proved that $\tilde{G}_\gamma \subset G_\gamma$ using (3.8).

We define the bad sets $\tilde{B}_\gamma := ((1, 4)^d \setminus \tilde{G}_\gamma) \supset B_\gamma := ((1, 4)^d \setminus G_\gamma)$ and we prove that the Lebesgue measure of $\cap_i \tilde{B}_\gamma$ equals to zero, this implies the thesis.

We want to apply Lemma 3.5 with $\gamma \ll L$. We know that there exists $i \in \{1, \ldots, d\}$ such that $d |j_1,i| \geq |j_1|$. We claim that, thanks to (3.6), we satisfy condition (3.5) for the same index $i$. Let us suppose by contradiction that

$$|j_3,i| \sqrt{1 + \frac{\beta}{|j_3|^2_a}} > \frac{1}{2} |j_1,i + j_2,i| = \frac{1}{2} |j_1,i - j_3,i| \geq |j_1,i| - \frac{1}{2} |j_3,i| > \frac{|j_1|}{d} - \frac{1}{2} |j_3,i|,$$

from which we obtain $|j_1| \leq 2d |j_3| \sqrt{1 + \beta / |j_3|^2_a}$. Taking the squares we get

$$|j_1|^2 \leq 4d^2 |j_3|^2 + 4d^2 \beta |j_3|^2 |j_3|^2_a,$$

which, recalling that $|\cdot| < |\cdot|_a < 4 |\cdot|$, contradicts (3.6).
Therefore, by using Lemma 3.5 we have
\[
\mu(B_\gamma) = \mu(\{ a \in (1, 4)^d \mid \exists j_1, j_3 \in \mathbb{Z}^d : |\tilde{A}| \leq \sqrt{k} \gamma |j_3|^{-d-1} |j_1|^{-d} \log(|j_1|)^{-d-1} \})
\leq \sum_{j_1 \in \mathbb{Z}^d} \frac{1}{|j_3|^{d+1}} \sum_{j_1 \in \mathbb{Z}^d} \frac{\gamma}{|j_3|^{-d-1} |j_{1,i}| \log(|j_1|)^{d+1}} \lesssim_d \gamma.
\]
This implies that \( \text{meas}(\cap_{\gamma} B_\gamma) = 0 \), hence we can set \( \mathcal{A}_3 = \cup_{\gamma} \mathcal{G}_\gamma. \)

We are now in position to prove Prop. 3.1.

**Proof of Prop. 3.1.** The case \( \sigma_1 \sigma_2 = 1 \) is trivial, we give the proof if \( \sigma_1 \sigma_2 = -1 \). From Prop. 3.6 we know that there exists a full Lebesgue measure set \( \mathcal{A}_3 \) and \( \gamma > 0 \) such that the statement is proven if \( |j_3| \leq \tilde{\mathcal{J}}(j_1, \gamma) \). Let us now assume \( |j_3| > \tilde{\mathcal{J}}(j_1, \gamma) \). Let us define
\[
B_\gamma := \bigcup_{j_1, j_3 \in \mathbb{Z}^d} \{ a \in (1, 4)^d : |\sigma_3 \omega_3 + \omega_2 - \omega_1| \leq \sqrt{k} \frac{\gamma}{|j_3|^{d+1}} \},
\]
where \( \tilde{\gamma} \) will be chosen in function of \( \gamma \) and \( M(d) \) big enough w.r.t. \( d \).

Let us set \( p := (\frac{M(d)}{6} - d - 1) \frac{1}{d+2} \) suppose for the moment \( (\gamma/4 \beta^2)^\frac{1}{\pi} \leq (\gamma/2 \beta^3)^\frac{1}{\pi} \). From \( |j_3| > \tilde{\mathcal{J}}(j_1, \beta) \) (see (3.6)) and Corollary 3.4 with \( r = 3 \), we have
\[
\mu(B_\gamma) \lesssim_d (\sqrt{k})^{-\frac{1}{p}} \sum_{j_1, j_3 \in \mathbb{Z}^d} \frac{\tilde{\gamma}^\frac{1}{p}}{|j_3|^{M(d)/6} |j_1|} \lesssim_d (\sqrt{k})^{-\frac{1}{p}} \tilde{\gamma}^{1/6} \gamma^{-p} (4 \beta^2)^p \sum_{j_1 \in \mathbb{Z}^d} \frac{\log^{p(d+1)}(1 + |j_1|)}{|j_1|^{(4-d)p-1}} \sum_{j_3} |j_3|^{-d-1}.
\]

If the exponent \( M(d) \) (and hence \( p \)) is chosen large enough we get the summability in the r.h.s. of the inequality above. We now choose \( \tilde{\gamma}^{1/6} \gamma^{-p} = \gamma^m \), we eventually obtain \( \mu(B_\gamma) \lesssim \gamma^m \). If \( (\gamma/4 \beta^2)^\frac{1}{\pi} > (\gamma/2 \beta^3)^\frac{1}{\pi} \) one can reason similarly. The wanted set of full Lebesgue measure is therefore obtained by choosing \( \mathcal{A} := \mathcal{A}_3 \cap (\cup_{\gamma > 0} B_\gamma) \). \( \square \)

4. Energy estimates

In this section we construct a modified energy for the Hamiltonian \( \tilde{K}_m \) in (2.36). We first need some convenient notation.

**Definition 4.1.** If \( j \in (\mathbb{Z}^d)^r \) for some \( r \geq k \) then \( \mu_k(j) \) denotes the \( k \)th largest number among \( |j_1|, \ldots, |j_r| \) (multiplicities being taken into account).

**Definition 4.2.** (Formal Hamiltonians). We denote by \( \mathcal{L}_3 \) the set of Hamiltonian having homogeneity 3 and such that they may be written in the form
\[
G_3(w) = \sum_{\sigma \in \{-1, 1\}, \, j \in \mathbb{Z}^d \setminus \{0\}, \, \sigma_1 j_1 + \sigma_2 j_2 + \sigma_3 j_3 = 0} (G_3)_{\sigma,j} w_{j_1}^{\sigma_1} w_{j_2}^{\sigma_2} w_{j_3}^{\sigma_3}, \quad (G_3)_{\sigma,j} \in \mathbb{C}, \quad \sigma := (\sigma_1, \sigma_2, \sigma_3) \quad j := (j_1, j_2, j_3)
\]
with symmetric coefficients \( (G_3)_{\sigma,j} \) (i.e. for any \( \rho \in \mathbb{S}_3 \) one has \( (G_3)_{\sigma,j} = (G_3)_{\sigma \rho,j \rho} \)) and where we denoted
\[
w_j^\sigma := w_j, \quad \text{if} \quad \sigma = +, \quad w_j^\sigma := \overline{w_j}, \quad \text{if} \quad \sigma = -.
\]
The Hamiltonian in (2.36) has the form (see (2.33))
\[
\tilde{K}_n := \tilde{K}_n^{(2)} + \tilde{K}_n^{(3)} + \tilde{K}_n^{(4)} \quad \text{with} \quad \tilde{K}_n^{(2)} = \sum_{j \in \mathbb{Z}^d \setminus \{0\}} \omega(j) w_j \overline{w}_j ,
\]
(4.2)
where \(\tilde{K}_n^{(3)}\) is a trilinear Hamiltonian in \(L_3\) with coefficients satisfying
\[
|(\tilde{K}_n^{(3)})_{\sigma,j}| \lesssim 1, \quad \forall \sigma \in \{-1, +1\}^3, \ j \in (\mathbb{Z}^d)^3 \setminus \{0\},
\]
and where \(\tilde{K}_n^{(4)}\) satisfies for any \(s > d/2\)
\[
\|X_{\tilde{K}_n^{(4)}}(w)\|_{H^s} \lesssim \|w\|_{H^s}^3 , \quad \text{if} \ \|w\|_{H^s} < 1 .
\]
(4.4)

The main result of this section is the following.

**Proposition 4.3.** Let \(A\) and \(M\) given by Proposition 3.1 Consider \(a \in A\). For any \(N > 1\) and any \(s \geq \tilde{s}_0\), for some \(\tilde{s}_0 = \tilde{s}_0(M) > 0\), there exist \(\varepsilon_0 \lesssim s, \delta \log^{-d-1}(1 + N)\) and a trilinear function \(E_3\) in the class \(L_3\) such that the following holds:

- the coefficients \((E_3)_{\sigma,j}\) satisfies
  \[
  |(E_3)_{\sigma,j}| \lesssim s \ N^{d-2} \log^{d+1}(1 + N) \mu_3(j)^{M+1} \mu_1(j)^{2s} ,
  \]
  for \(\sigma \in \{-1, +1\}^3, \ j \in (\mathbb{Z}^d)^3 \setminus \{0\}\);
- for any \(w\) in the ball of radius \(\varepsilon_0\) of \(H^s_0(\mathbb{T}^d; \mathbb{C})\) one has
  \[
  |\{N_s + E_3, \tilde{K}_m\}| \lesssim s \ N^{d-2} \log^{d+1}(1 + N) \|w\|_{H^s}^4 + N^{-1} \|w\|_{H^s}^3 .
  \]
where \(N_s\) is defined as
\[
N_s(w) := \|w\|_{H^s}^2 = \sum_{j \in \mathbb{Z}^d} \langle j \rangle^{2s} |w_j|^2 ,
\]
and \(\tilde{K}_m\) in (4.2).

In subsection 4.1 we study some properties of the Hamiltonians in \(L_3\) of Def. 4.2 Then in subsection 4.2 we give the proof of Proposition 4.3 Finally, in subsection 4.3 we conclude the proof of the main theorem.

### 4.1. Trilinear Hamiltonians

We now recall some properties of trilinear Hamiltonians introduced in Definition 4.2 We first give some further definitions.

**Definition 4.4.** Let \(N \in \mathbb{R}\) with \(N \geq 1\).

(i) If \(G_3 \in L_3\) then \(G_3^{\geq N}\) denotes the element of \(L_3\) defined by
\[
(G_3^{\geq N})_{\sigma,j} := \begin{cases} 
(G_3)_{\sigma,j}, & \text{if } \mu_2(j) > N, \\
0, & \text{else} .
\end{cases}
\]
(4.8)
We set \(G_3^{\leq N} := G_3 - G_3^{\geq N}\).

(ii) We define \(G_3^{(+1)} \in L_3\) by
\[
(G_3^{(+1)})_{\sigma,j} := (G_3)_{\sigma,j}, \quad \text{when } \exists i, p = 1, 2, 3, \ \text{s.t.} \\
\mu_1(j) = |j_i|, \ \mu_2(j) = |j_p| \ and \ \sigma_i \sigma_p = +1 .
\]
We define \(G_3^{(-1)} := G_3 - G_3^{(+1)}\).
Consider the quadratic Hamiltonian $\tilde{K}_2^{(2)}(z)$ in (4.2). Given a trilinear Hamiltonian $G_3$ in $L_3$ we define the adjoint action

$$\text{ad}_{\tilde{K}_2^{(2)}} G_3 := \{\tilde{K}_2^{(2)}, G_3\}$$

(see (2.15)) as the Hamiltonian in $L_3$ with coefficients

$$\bullet \text{ (adjoint action) } (\text{ad}_{\tilde{K}_2^{(2)}} G_3)_{\sigma,j} := \left(\frac{3}{1} \sum_{i=1}^{3} \sigma_i \omega(j_i)\right)(G_3)_{\sigma,j}.$$  

(4.9)

The following lemma is the counterpart of Lemma 3.5 in [6]. We omit its proof.

**Lemma 4.5.** Let $N \geq 1$, $q_i \in \mathbb{R}$, consider $G^i_3(u)$ in $L_3$. Assume that the coefficients $(G^i_3)_{\sigma,j}$ satisfy (recall Def. 4.1)

$$|(G^i_3)_{\sigma,j}| \leq C_i \mu_3(j)^{\beta_i} \mu_1(j)^{-q_i}, \quad \forall \sigma \in \{-1, +1\}^3, \ j \in \mathbb{Z}^d \ \backslash \ \{0\},$$

for some $\beta_i > 0$ and $C_i > 0$, $i = 1, 2$.

(i) **Estimates on Sobolev spaces.** Set $\delta = \delta_i$, $q = q_i$, $\beta = \beta_i$, $C = C_i$ and $G^i_3 = G_3$ for $i = 1, 2$. There is $s_0 = s_0(\beta, d)$ such that for $s \geq s_0$, $G_3$ defines naturally a smooth function from $H^s_0(\mathbb{T}^d; \mathbb{C})$ to $\mathbb{R}$. In particular one has the following estimates:

$$|G_3(w)| \lesssim_s C \|w\|^2_{H^s},$$

$$\|X_{G_3}(w)\|_{H^{s+\epsilon}} \lesssim_s C \|w\|^2_{H^s},$$

$$\|X_{G^3_{-N}}(w)\|_{H^s} \lesssim_s C N^{-q} \|w\|^2_{H^s},$$

for any $w \in H^s_0(\mathbb{T}^d; \mathbb{C})$.

(ii) **Poisson bracket.** The Poisson bracket between $G^1_3$ and $G^2_3$ satisfies the estimate

$$|\{G^1_3, G^2_3\}| \lesssim_s C_1 C_2 \|w\|^4_{H^s}.$$

Let $F : H^s_0(\mathbb{T}^d; \mathbb{C}) \to \mathbb{R}$ a $C^1$ Hamiltonian function such that

$$\|X_F(w)\|_{H^s} \lesssim_s C_3 \|w\|^3_{H^s},$$

for some $C_3 > 0$. Then one has

$$|\{G^1_3, F\}| \lesssim_s C_1 C_3 \|w\|^5_{H^s}.$$

We have the following result.

**Lemma 4.6. (Energy estimate).** Consider the Hamiltonians $N_s$ in (4.7), $G_3 \in L_3$ and write $G_3 = G_3^{(+1)} + G_3^{(-1)}$ (recall Definition 4.2). Assume also that the coefficients of $G_3$ satisfy

$$|(G_3^{(n)})_{\sigma,j}| \leq C \mu_3(j)^{\beta} \mu_1(j)^{-q}, \quad \forall \sigma \in \{-1, +1\}^3, \ j \in \mathbb{Z}^d \ \backslash \ \{0\},$$

for some $\beta > 0$, $C > 0$ and $q \geq 0$. We have that the Hamiltonian $Q_3^{(n)} := \{N_s, G_3^{(n)}\}, n \in \{-1, 1\}$, belongs to the class $L_3$ and has coefficients satisfying

$$|(Q_3^{(n)})_{\sigma,j}| \lesssim_s C \mu_3(j)^{\beta+1} \mu_1(j)^{2s} \mu_1(j)^{-q-\alpha},$$

$$\alpha := \begin{cases} 1, & \text{if } \eta = -1 \\ 0, & \text{if } \eta = +1. \end{cases}$$

*Proof.* One can reason as in the proof of Lemma 4.2 in [6].
Remark 4.7. As a consequence of Lemma 4.6 we have the following. The action of the operator \( \{N_s, \cdot \} \) on multilinear Hamiltonian functions as in (4.1) where the two highest indexes have opposite sign (i.e. \( G_3^{(-1)} \)), provides a decay property of the coefficients w.r.t. the highest index. This implies (by Lemma 4.5 (ii)) a smoothing property of the Hamiltonian \( \{N_s, G_3^{(-1)} \} \).

4.2. Proof of Proposition 4.3. Recalling Definitions 4.2, 4.4 and considering the Hamiltonian \( \tilde{K}_m^{(3)} \) in (4.2), (2.36), we write \( \tilde{K}_m^{(3)} = \tilde{K}_m^{(3,1)} + \tilde{K}_m^{(3,1)} \). We define (see (4.9))

\[
E_3^{(1)} := (\text{ad}_{K_m^{(2)}})^{-1}\{N_s, \tilde{K}_m^{(3,1)}\}, \quad E_3^{(-1)} := (\text{ad}_{K_m^{(2)}})^{-1}\{N_s, (\tilde{K}_m^{(3,1)})^{(\leq N)}\},
\]

and we set \( E_3 := E_3^{(1)} + E_3^{(-1)} \). It is easy to note that \( E_3 \in L_3 \). Moreover, using that \( |(\tilde{K}_m^{(3)})_{\sigma,j}| \lesssim 1 \) (see (4.3)), Lemma 4.6 and Proposition 3.1 one can check that the coefficients \( (E_3)_{\sigma,j} \) satisfy the (4.5). Using (4.10) we notice that

\[
\{N_s, \tilde{K}_m^{(3)}\} + \{E_3, \tilde{K}_m^{(2)}\} = \{N_s, (\tilde{K}_m^{(3,1)})^{(\geq N)}\}.
\]

Combining Lemmata 4.5 and 4.6 we deduce

\[
|\{N_s, (\tilde{K}_m^{(3,1)})^{(\geq N)}\}(w)| \lesssim s N^{-1}\|w\|_{H^s}^3,
\]

for \( s \) large enough with respect to \( M \). We now prove the estimate (4.6). We have

\[
\{N_s + E_3, \tilde{K}_m\} = \{N_s + E_3, \tilde{K}_m^{(2)} + \tilde{K}_m^{(3)} + \tilde{K}_m^{(4)}\}
\]

\[
= \{N_s, \tilde{K}_m^{(2)}\}
\]

\[
+ \{N_s, \tilde{K}_m^{(3)}\} + \{E_3, \tilde{K}_m^{(2)}\}
\]

\[
+ \{E_3, \tilde{K}_m^{(3)} + \tilde{K}_m^{(4)}\} + \{N_s, \tilde{K}_m^{(4)}\}.
\]

We study each summand separately. First of all note that (recall (4.7), (4.2)) the term \( (4.14) \) vanishes. By (4.4), (4.5) and Lemma 4.5 (ii) we obtain

\[
|\{4.16| \lesssim s N^{d-2} \log^{d+1}(1 + N)\|w\|_{H^s}^4.
\]

Moreover, by (4.11), (4.12), we deduce

\[
|\{4.15| \lesssim s N^{-1}\|w\|_{H^s}^3.
\]

The discussion above implies the bound (4.6).

4.3. Proof of the main result. Consider the Hamiltonian \( \tilde{K}_m(w, \bar{w}) \) in (4.2) and the associated Cauchy problem

\[
\begin{align*}
&i\partial_t w = \partial_{\bar{w}} \tilde{K}_m(w, \bar{w}) \\
&w(0) = w_0 \in H_0^s(T^d; \mathbb{C}),
\end{align*}
\]

for some \( s > 0 \) large. We shall prove the following.

Lemma 4.8. (Main bootstrap) Let \( s_0 = s_0(d) \) given by Proposition 4.3. For any \( s \geq s_0 \), there exists \( \varepsilon_0 = \varepsilon_0(s) \) such that the following holds. Let \( w(t, x) \) be a solution of (4.17) with \( t \in [0, T], T > 0 \) and initial condition \( w(0, x) = w_0(x) \in H_0^s(T^d; \mathbb{C}) \). For any \( \varepsilon \in (0, \varepsilon_0) \) if

\[
\|w_0\|_{H^s} \leq \varepsilon, \quad \sup_{t \in [0, T]} \|w(t)\|_{H^s} \leq 2\varepsilon, \quad T \leq \varepsilon^{-1-\frac{1}{d+1}} \log^{-\frac{d+1}{d+1}} \left(1 + \varepsilon^{\frac{1}{d+1}}\right),
\]

then we have the improved bound \( \sup_{t \in [0, T]} \|w(t)\|_{H^s} \leq 3/2\varepsilon \).
First of all we show that the energy $N_s + E_3$ constructed by Proposition 4.3 provides an equivalent Sobolev norm.

**Lemma 4.9. (Equivalence of the energy norm).** Let $N \geq 1$. Let $w(t, x)$ as in (4.18) with $s \gg 1$ large enough. Then, for any $0 < c_0 < 1$, there exists $C = C(s, d, c_0) > 0$ such that, if we have the smallness condition

$$\varepsilon CN^{d-2} \log^{(d+1)}(1 + N) \leq 1,$$  

(4.19)

the following holds true. Define

$$E_s(w) := (N_s + E_3)(w)$$  

(4.20)

with $N_s$ as in (4.7), $E_3$ is given by Proposition 4.3. We have

$$1/(1 + c_0)E_s(w) \leq \|w\|_{H^s}^2 \leq (1 + c_0)E_s(w), \quad \forall t \in [0, T].$$  

(4.21)

**Proof.** Fix $c_0 > 0$. By (4.5) and Lemma 4.5, we deduce

$$|E_3(w)| \leq \tilde{C}\|w\|_{H^s}^3 N^{d-2} \log^{(d+1)}(1 + N),$$  

(4.22)

for some $\tilde{C} > 0$ depending on $s$. Then, recalling (4.20), we get

$$|E_s(w)| \leq \|w\|_{H^s}^2 (1 + \tilde{C}\|w\|_{H^s} N^{d-2} \log^{(d+1)}(1 + N)) \leq \|w\|_{H^s}^2 (1 + c_0),$$  

where we have chosen $C$ in (4.19) large enough. This implies the first inequality in (4.21). On the other hand, using (4.22) and (4.18), we have

$$\|w\|_{H^s} \leq E_s(w) + \tilde{C} N^{d-2} \log^{(d+1)}(1 + N)\varepsilon \|w\|_{H^s}^2.$$  

Then, taking $C$ in (4.19) large enough, we obtain the second inequality in (4.21). $\square$

**Proof of Lemma 4.8.** We study how the equivalent energy norm $E_s(w)$ defined in (4.20) evolves along the flow of (4.17). Notice that

$$\partial_t E_s(w) = -\{E_s, \mathcal{H}\}(w).$$

Therefore, for any $t \in [0, T]$, we have that

$$\left| \int_0^T \partial_t E_s(w) \, dt \right| \lesssim_{s} T N^{d-2} \log^{(d+1)}(1 + N)\varepsilon^4 + N^{-1}\varepsilon^3.$$  

(4.23)

Let $0 < \alpha$ and set $N := \varepsilon^{-\alpha}$. Hence we have

$$\left| \int_0^T \partial_t E_s(w) \, dt \right| \lesssim_{s} \varepsilon^2 T(\varepsilon^{2-\alpha(d-2)} \log^{(d+1)}(1 + \varepsilon^{-\alpha}) + \varepsilon^{1+\alpha}).$$  

(4.24)

We choose $\alpha > 0$ such that

$$2 - \alpha(d - 2) = 1 + \alpha, \quad \text{i.e.} \quad \alpha := \frac{1}{d - 1}.$$  

Therefore estimate (4.23) becomes

$$\left| \int_0^T \partial_t E_s(w) \, dt \right| \lesssim_{s} \varepsilon^2 T \varepsilon^{\frac{d}{d-1}} \log^{d+1}(1 + \varepsilon^{-\alpha}).$$

Since $\varepsilon$ can be chosen small with respect to $s$, with this choices we get

$$\left| \int_0^T \partial_t E_s(w) \, dt \right| \leq \varepsilon^2/4.$$
as long as

$$T \leq \varepsilon^{-d/(d-1)} \log \frac{4d}{1 + \varepsilon^{1/d}}.$$  \hfill (4.25)

Then, using the equivalence of norms (4.21) and choosing $c_0 > 0$ small enough, we have

$$\|w(t)\|_{H^s}^2 \leq (1 + c_0)\mathcal{E}_0(w(t)) \leq (1 + c_0)\left[\mathcal{E}_s(w(0)) + \left| \int_0^T \partial_t \mathcal{E}_s(w) \, dt \right| \right]$$

$$\leq (1 + c_0)^2 \varepsilon^2 + (1 + c_0)\varepsilon^2/4 \leq \varepsilon^2 3/2,$$

for times $T$ as in (4.25). This implies the thesis. □

**Proof of Theorem 1.1.** In the same spirit of [13], [7] we have that for any initial condition $(\rho_0, \phi_0)$ as in (1.4) there exists a solution of (QHD) satisfying

$$\sup_{t \in [0,T]} \left( \frac{1}{m} \|\rho(t, \cdot)\|_{H^s} + \frac{1}{\sqrt{k}} \|\Pi^\perp_0 \phi(t, \cdot)\|_{H^s} \right) \leq 2\varepsilon$$

for some $T > 0$ possibly small. The result follows by Lemma 4.8. By Lemma 2.4 and estimates (2.34) we deduce that the function $w$ solving the equation (2.37) is defined over the time interval $[0, T]$ and satisfies

$$\sup_{t \in [0,T]} \|w(t)\|_{H^s} \leq 4\sqrt{m}(1 + \sqrt{k\beta})\varepsilon.$$

As long as $\nu \in [1, 2]^d$ (defined as at the beginning of section 3) belongs to the full Lebesgue measure set given by Proposition 3.1, we can apply Proposition 4.3 if $\varepsilon$ is small enough. Then by Lemma 4.8 and by a standard bootstrap argument we deduce that the solution $w(t)$ is defined for $t \in [0, T_\varepsilon]$, $T_\varepsilon$ as in (1.5), and

$$\sup_{t \in [0,T_\varepsilon]} \|w(t)\|_{H^s} \leq 8\sqrt{m}(1 + \sqrt{k\beta})\varepsilon.$$

Using again Lemma 2.4 and (2.34) one can deduce the bound (1.5). Hence the thesis follows. □

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