# Narrative Review Checklist

| Section/Topic | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|----------------------------------------------------------------------|------------------------------------|-----------------------------|
| **TITLE**     |         |                                                                      |                                    |                             |
| Title         | 1       | Identify the report as a Narrative Review of …                      | 1 / 1,2                            | Title / 1                   |
| **ABSTRACT**  |         |                                                                      |                                    |                             |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 1 / 6-23                          | Abstract / 1                |
| **INTRODUCTION** |         |                                                                      |                                    |                             |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | 2 / 30-62                          | Introduction / 2,3           |
| Objectives    | 4       | Specify the key question(s) identified for the review topic.        | 3 / 63-70                          | Introduction / 4             |
| **METHODS**   |         |                                                                      |                                    |                             |
| Research selection | 5 | Specify the process for identifying the literature search (e.g., years considered, language, publication status, study design, and databases of coverage). | 3 / 73-78                          | Methods / 5                 |
| **DISCUSSION/SUMMARY** | |                                                                      |                                    |                             |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 3-12 / 82-374                      | Discussion / 6-32            |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 12,13 / 377-388                    | Summary / 33                |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*

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