Domestic violence in Iranian infertile women

Zohre Sheikhan¹, Giti Ozgoli², Mahyar Azar³, Hamid Alavimajd⁴

Received: 21 May 2013    Accepted: 22 June 2014    Published: 22 December 2014

Abstract
Background: Millions of men and women suffer from infertility worldwide. In many cultures, infertile women are at risk of social and emotional problems. Infertility may affect the public health in many countries. Domestic violence is the intentional use of physical force, power or threat against oneself, another person or another group or community which leads to injury, death, mental harm, lack of development or deprivation. This study aimed to assess the prevalence of domestic violence against infertile women who referred to the infertility centres of Tehran, Iran in 2011.

Methods: This was cross-sectional descriptive study conducted on 400 infertile women who were selected through convenient sampling method. The questionnaire used in this study included two sections: a demographic section with questions about demographic characteristics of the infertile women and their husbands; and the domestic violence questionnaire with questions about physical, emotional and sexual violence.

Results: Four hundred women with the average age of 30.50 ± 6.16 years participated in the study; of whom, 34.7% experienced domestic violence physical violence (5.3%), emotional violence (74.3%) and sexual violence (47.3%). Domestic violence was significantly associated with unwanted marriage, number of IVFs, drug abuse, emotional status of the women, smoking and addiction or drug abuse of the spouse, mental and physical diseases of the husband (p< 0.05).

Conclusion: Many of the current problems in this society, particularly in families are due to the transition of the society from a traditional model to a modern one. The majority of the infertile women experience violence in Iran. Domestic violence against infertile women is a problem that should not be ignored. Clinicians should identify abused women. Providing counseling services to women in infertility treatment centers is suggested to prevent domestic violence against infertile women.

Keywords: Infertile Women, Domestic Violence.

Cite this article as: Sheikhan Z, Ozgoli G, Azar M, Alavimajd H. Domestic violence in Iranian infertile women. Med J Islam Repub Iran 2014 (22 December). Vol. 28:152.

Introduction
Millions of men and women suffer from infertility worldwide; the estimates of its prevalence vary but are around 15% of all married couples. In Iran, the lifetime prevalence of primary infertility was reported to be 24.9% in 2004 (1). Infertility is defined as the failure to conceive after 12 months of unprotected regular sexual intercourse (2).

Experiencing infertility causes aggression, anger, labile economic status, reprimand, divorce, public isolation, losing social status, deprivation, disappointment and violence (3). Furthermore, violence is a global disaster. Usually, women and girls are the prime victims of domestic violence (4). One of the objectives of decreasing violence in the project of “Healthy People

1. (Corresponding author) MSc, The Research Center for Safe Motherhood, Department of Midwifery and Reproductive Health, Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran. zsheikhan@gmail.com
2. PhD, The Research Center for Safe Motherhood, Department of Midwifery and Reproductive Health, Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran. gozgoli@gmail.com
3. Assistant Professor, Department of Psychiatry, Faculty of Medicine, Shahid Beheshti University of Medical Sciences, Tehran, Iran. Mahyar_Azar1955@yahoo.com
4. Associate Professor, Department of Biostatistics, Faculty of Paramedics, Shahid Beheshti University of Medical Sciences, Tehran, Iran. alavimajd@gmail.com
2010” was to reduce physical violence against women by their male partners (5). Violence against women has been expressed as the most serious communal problem beyond cultural social and regional borders in the recent years (6). For more than a decade, violence has been considered an important issue in general health and mostly as an epidemiologic subject (7). Domestic violence is defined as exerting any violent behavior against another person and within family, and includes physical, mental, social, economic or sexual harm (8, 9). From the view point of the health experts, violence against women is a major problem in public health (10; it is even called “latent epidemics” (11). Each year, some 5.3 million cases of domestic violence occur in women older than 18 years of age, which incurs two million injuries and 1400 deaths (12- 14). In most cases, violence related-deaths are not registered accurately such as in suicide and substance abuse due to domestic violence (15). Violence leads to long term unavoidable consequences for the survivors, and continues even after the violent act has finished. Poor health status, low quality of life and less use of healthcare services, physical signs and gynaecological diseases are side effects of violence (16). Domestic violence occurs in every country and in all social, cultural, economic and religious groups (17). The prevalence of domestic violence has a different range, with approximately 15-71% worldwide (18). The prevalence of domestic violence was 36% in the United States (13), 67% in Japan (19) and 75.9% in Bosnia and Herzegovina (20). In Iran, the prevalence of domestic violence was 88.3% (21), 47.3% (22), 67.5% (23) and 79.94% (24). Violence can directly harm or indirectly act as a mediating risk factor and cause distress through increasing stress. Distress, in turn, leads to inadequate access to health care services and high risk behaviours like smoking and alcohol use, which incur huge expenses on healthcare systems. Infertile women may suffer more harm when tolerating symptoms of crisis, depression, bereavement, lack of control, severe anxiety or guilt (16, 25). However, women’s health is directly related to the type, duration and severity of violence (26). The aim of the present study was to estimate the prevalence of domestic violence in infertile women referring to the selected infertility centres of Tehran, Iran in 2011.

Methods
This was a cross- sectional descriptive study conducted on 400 infertile women during December 2010 to May 2011. After obtaining permission from the authorities of the Shahid Beheshti University of Medical Sciences and infertility centers, we selected the participants through convenient sampling; and questionnaires were filled out through interviews in Tehran (Iran). The study population included infertile women who were diagnosed by a gynecologist and attended the selected infertility centers for treatment. After explaining the objectives of the study, written informed consent was obtained from the participants; and they participated in the study in a private setting. The participants were assured that all their information would remain confidential, and that they did not need to mention their names on the questionnaires. Their husbands did not have to be present at the time of the interview. This study was approved by Ethics Committee (No:88-01-86-6321-1, Dated 2009/03/08). All Ethical issues — informed consent, conflict of interest, plagiarism, misconduct, data fabrication and/or falsification, double publication and/or submission, redundancy, etc.— have been considered carefully by the authors. The respondents were anonymous and participated willingly and voluntarily in this study. The inclusion criteria were being Iranian and passage of at least one year after their marriage. Demographics of the husbands were given by the participants. The data-collection tool was a researcher-made questionnaire that covered demographics of women and their husbands, and domestic violence. To prepare the domestic violence questionnaire, the domestic
violence questionnaire was revised. Finally, authors made a questionnaire which contained questions about physical violence with 21 items, emotional violence with 53 items and sexual violence with 11 items that happened three months prior to the study. The questionnaire was designed in LIKERT scale (always, often, sometimes, seldom, never), and it was validated through content validity by three psychiatrists, two psychologists and five researchers, who had studied domestic violence. To ensure the internal consistency of the domestic violence questionnaire, Cronbach’s alpha was used (α = 0.89), and its reliability was measured by test re-test with a 10 day interval (r = 0.81).

**Statistical Analysis**

Descriptive statistics, Spearman’s test, t-test, one-way analysis of variance (ANOVA), logistic regression and SPSS16 software were used to analyze the data. The normality of the data was evaluated by the one-sample Kolmogorov-Smirnov test. Tukey test (Post Hoc) was used to analyze the results of ANOVA. Logistic regression was utilized to assess the reciprocal effect between the factors associated with domestic violence. In the logistic regression, independent variables (age, age of marriage, ethnicity, education, job, and…), and all the dependent variables (physical violence, emotional violence and sexual violence) were considered and encoded: always, often, sometimes, seldom = 1 and not domestic violence = 0. Then the variables were recoded. The significance level was set at p< 0.05.

**Results**

Demographic characteristics of the infertile women and their spouses are demonstrated in Tables 1 and 2. Most participants did not have a history of physical (90.7%) or known mental diseases (96%). We asked them about physical, mental and general health; and their health status was as follows: good physical health (65.7%), average mental health (55%) and good general

| Independent variables | Distribution of infertile women N(%) | Mean±SD |
|-----------------------|--------------------------------------|---------|
| Age(years)            | <20                                  | 4(1)    |
|                       | 20-30                                | 229(57.3)| 30.50±6.16 |
|                       | >30                                  | 167(41.7)|         |
| Age marriage(years)   | <20                                  | 115(28.8)|         |
|                       | 20-30                                | 233(58.3)| 23.28±5.98|
|                       | >30                                  | 52(12.9)|         |
| Ethnicity             | Persian                              | 232(58)|         |
|                       | Others                               | 168(42) |         |
| Education             | Illiterate                           | 4(1)    |
|                       | Primary school                       | 11(2.7) |
|                       | Secondary school                     | 44(11)  |
|                       | High school                          | 152(38.1)|         |
|                       | Above                                | 189(47.2)|         |
| Job                   | Housewife                            | 335(83.7)|         |
|                       | Employee                             | 49(12.3)|         |
|                       | Self employed                        | 6(1.6)  |
|                       | Other                                | 10(2.4) |
| First marriage        | Yes                                  | 381(95.3)|         |
|                       | No                                   | 19(4.7) |
| Wanted marriage       | Yes                                  | 383(95.7)|         |
|                       | No                                   | 17(4.3) |
health (51%). The prevalence of domestic violence, physical, emotional and sexual violence were 34.7%, 5.3%, 74.3% and 47.3%, respectively. Domestic violence was committed by the spouses. The relationship between domestic violence and demographics was assessed. The results of ANOVA revealed that domestic violence was significantly associated with self-reports of women about their mental state (P<0.01). Tukey test (posttest) showed higher mean scores of domestic violence in women who had weak mental status than those women who had moderate and good mental conditions (p<0.01) (Table 3).

The results of the logistic regression revealed that those participants who married younger compared to those married at an older age (ORp= 1.325, p= 0.013, CI:95%, 1.001-1.624) were more exposed to domestic violence; in addition, the followings were also found by the regression analysis: those with a shorter marriage duration as compared to those with longer marriage duration (ORp= 1.083, p= 0.028, CI:95%, 1.009-1.164), those dissatisfied with their marriage compared to those satisfied with it (OR=1.625, p= 0.012, CI:95%, 1.354-1.813), those who had microinjections compared to those who did not have any microinjections (OR= 1.392, p= 0.030, CI= 95%, 1.032-1.877) those women who self-reported a weak mental state compared to those who self-reported good and moderate mental state (OR=1.563, p= 0.005, CI= 95%, 1.213-1.834), women whose husbands were employed and had a high income compared to those whose husbands were unemployed (OR=1.928, p= 0.019 ,CI= 95%, 1.112-3.344), women whose husbands had other ethnic backgrounds (Turks, Lors, Kurds,…), compared to those women whose husbands were born in Tehran (OR= 1.837, p= 0.001, CI= 95%, 1.271-2.655), husbands’ addiction to medication and opium compared to those who were not addicted (OR=1.783, p= 0.050, CI= 95%, 0.995-3.197), husbands’ behavioral disorders compared to those who did not suffer from such disorders (OR= 1.825, p= 0.008, CI= 95%, 1.132-2.032) were more exposed to domestic violence.

**Discussion**

The prevalence of domestic violence, physical, emotional and sexual violence was 34.7%, 5.3%, 74.3% and 47.3%, respectively in this study. Yildizhan et al. (2009) found the prevalence of domestic violence against infertile women to be
Comparable to our results, Ardabily et al. (2011) found the prevalence of domestic violence to be 61.8%, psychological violence 33.8%, physical violence 14% and sexual violence 8% in infertile women (28), which was higher than our study. Perhaps one reason for the difference between our study finding and that of Ardabily et al. (2011) is that their study was conducted in one center, but our research was conducted in three centers. We found that age at marriage was associated to domestic violence. Alazmy et al. (2011) observed that age correlated with domestic violence (29). Also, Qasemet al. (2013) found that age correlated with domestic violence (30). We studied infertile women who were referred for infertility treatment. Naturally, they took steps to preserve and complete their family unit. The present study also revealed that unwanted marriage was associated with domestic violence. Yildizhan et al. (2009) indicated that abused infertile women were mostly unsatisfied with their sexual lives (27). One of the factors in the incidence of domestic violence and risk of marital breakdown is men and women’s lack of knowledge of their real roles in the family and the society. Based on the findings of this study, the number of microinjections were associated with domestic violence. Undoubtedly, the clinical efforts and technology have improved outcomes in infertile couples. Rangi et al. (2005) suggested that different treatment modalities might result in different quality of life outcomes. In the case of IVF treatment, failure of IVF might have a negative impact on patients’ quality of life (31). In our study, general health assessment was significantly associated with domestic violence ($p<0.01$). Several researchers have reported that in confrontation with life stresses, women use concentrated confrontation on excitement more than men (32). Usta et al. (2007) indicated that women’s health status predicted domestic violence (33). Infertility as a major stressor happens unexpectedly (34). The infertile couples suffer from chronic stress

### Table 3. Correlation of domestic violence with demographic characteristics.

| Independent variables                        | N(%)       | Mean(SD)   | Test     | p      |
|----------------------------------------------|------------|------------|----------|--------|
| Unwanted marriage                           |            |            |          |        |
| yes                                         | 17(4.3)    | 4.82(5.57) | T Test   | <0.01  |
| No                                          | 383(95.7)  | 2.24(3.43) | T Test   | <0.01  |
| Number of IVF attempts                       |            |            |          |        |
| No                                          | 273(65.8)  |            | Spearman | <0.05  |
| Once                                        | 87(21.7)   |            |          |        |
| Twice                                       | 27(6.7)    |            |          |        |
| +Twice                                      | 13(3.3)    |            |          |        |
| Mean                                        | 0.66       |            |          |        |
| SD                                          | 2.94       |            |          |        |
| Women being addicted to drugs               |            |            |          |        |
| No                                          | 392(98.1)  | 2.50(1.33) | T Test   | <0.05  |
| Yes                                         | 8(1.9)     | 3.29(3.55) | T Test   | <0.05  |
| Smoking spouse                              |            |            |          |        |
| Yes                                         | 245(61.3)  | 3.11(3.27) | T Test   | <0.05  |
| No                                          | 155(38.7)  | 2.61(2.11) | T Test   | <0.05  |
| Spouse being addicted to drugs              |            |            |          |        |
| No                                          | 376(94)    | 2.21(3.37) | T Test   | <0.01  |
| Yes                                         | 24(6)      | 4.68(6.72) | T Test   | <0.01  |
| Physical sickness of spouse                 |            |            |          |        |
| No                                          | 365(91.3)  | 2.09(2.97) | T Test   | <0.01  |
| Yes                                         | 35(8.7)    | 8.12(9.73) | T Test   | <0.01  |
| Mental sickness of spouse                   |            |            |          |        |
| No                                          | 387(96.7)  | 2.09(3.09) | T Test   | <0.01  |
| Yes                                         | 13(3.3)    | 3.68(5.66) | T Test   | <0.01  |
| Self-report women from her mental situation |            |            |          |        |
| Good                                        | 133(33.2)  |            | ANOVA    | <0.01  |
| Moderate                                    | 220(55)    |            |          |        |
| Weak                                        | 47(11.8)   |            |          |        |

33.6% (27) which was near to our finding.
if fertilization does not occur (35). Research shows that domestic violence against women is mostly affected by psychosocial factors. According to the theory of human needs, the grounds for violence, hypersensitivity, individual’s reaction to external stimuli like expecting every married woman to be fertile lead to inability (36). Many studies have revealed that infertile women, compared to the fertile, have lower quality of life and are more prone to anxiety and depression (27, 37). The biological process of fertility can be affected by stress and complicate the infertility problem. Anxiety reduces adjustment, and accordingly affects implantation (38). Based on the findings of this study, husbands’ employment predisposed domestic violence (OR = 1.928). Naved & Persson (2008) reported a positive relationship between low-income and domestic violence (39). In contrast, Maleki & Nezhadabzey (2010) found no significant associations between domestic violence and income of the husband (40). However, we found a positive relationship between low-income and domestic violence. Emphasis on the direct relationship between poverty and violence in the society and family has been expressed as important underlying factor of domestic violence against women. We found significant associations between domestic violence and husbands’ ethnicity. Nohjah et al. (2011) reported a positive relationship between ethnicity and domestic violence (22). This issue can lead to violence because in some cultures men are the symbol of power, this sometimes is manifested by violence. All countries and societies have norms embedded in the culture that may exacerbate gender-based violence (41). The authors indicated that domestic violence was associated with husbands’ addiction. Aklimunnessa et al. (2007) found a significantly higher prevalence and higher odds ratio of domestic violence among those husbands who did smoke, chewed tobacco and used drugs (42). Taherkhani et al. (2009) obtained that domestic violence was associated with husbands’ smoking (21). In many men, their high-risk behaviors predisposed them to domestic violence (43). In our study, husbands’ behavioral disorders were associated with domestic violence. Taherkhani et al. (2009) indicated that domestic violence was associated with mental diseases of women and their spouses (21). Abedinia et al. (2009) found that the prevalence of depression among infertile couples was higher in Iran than some other countries (44). Autonomy and decision-making power of women in the society, social and cultural differences of families, lack of education and awareness, collective and moral corruption, high prevalence of addiction, alcohol abuse, family up-bringing, growth of patriarchal attitudes, poor emotional relationship between men and women, couples’ lack of communication skills, inability to resolve differences through intellectual engagements, solving marital problems and ignorance of spousal rights are factors causing violence. Most infertile women are afraid of divorce and have no social support, no sufficient income or a job (45). Lack of awareness and providing no trainings for the doctors and staff of the healthcare sector of the country to deal with women victims of violence is a major weakness of our health system.

**Conclusion**

Many of the current problems in this society, particularly in families are due to the transition of the society from a traditional model to a modern one. Increasing educational level, employment and financial independence of women and change in the social structure of the family have led to a change in women’s role within the family and society. On the other hand, incompatibility of men and women with these changes, and the new lifestyles lead to complications and increased level of stress in the society and in the families. In the mist of all this, increased qualitative and quantitative contact with the outside world through the media and travels and learning about cultures of different communities intensifies
the impact of this problem. Domestic violence in infertile women had a prevalence of 34.7%. Reasons for the violence were primarily domestic issues that may have been related to the infertility of women. We still know too little about the cultural context of violence against women. Our findings highlight the need for urgent measures to educate men on reproductive health issues. Health care providers and counselors should support these women and assess infertility stress and try to make the necessary measures to reduce this stress. We recommend increasing the couples' awareness about infertility, their efficient and intimate relationship, recognizing the factors inspiring domestic violence, and empowering women in economic and public aspects. The limitations of this study were addiction of infertile women or their spouses to alcohol, cigarette and drugs that may have not been expressed due to cultural or social issues; and this may have exposed them to violence, but they kept it as a secret for different cultural and social reasons like shame and embarrassment.

Acknowledgements

We would like to thank the Research Council of Shahid Beheshti University of Medical Sciences, Tehran, Iran and we also would like to express our gratitude to the authorities of the infertility centers of Kosar, Sarem and Fertility and Infertility Research Center of Shahid Beheshti University of Medical Sciences and all the women who took part in this research.

References

1. Vahidi S, Ardalan A, Mohammad K. Prevalence of primary infertility in the Islamic Republic of Iran in 2004–2005. Asia-Pac J Public Health 2009; 21: 287–93.
2. Berek JS. Berek & Novak’s Gynecology. 15th Edi, Lippincott Williams & Wilkins. California Companies, 2012.
3. World Health Organization & Pan American Health Organization. Understanding and addressing violence against women: overview. Http://www.Who.int/iris/handle/10665/77433, 2009.
4. McCloskey LA, Williams C, Larsen U. Gender inequality and intimate partner violence among women in Moshi, Tanzania. InterFamPlannPers 2005; 31:124-30.
5. Cunningham FG, Leveno KJ, Bloom SL, Hauth JC, Rouse DJ, Spong CY. Williams obstetrics. 23th Edi, MC Graw – Hill Companies, 2012.
6. Wahed T, Bhuia A. Battered bodies & shattered minds: violence against women in Bangladesh. Ind J Med Res 2007;126: 341-354.
7. Espinosa LE, Felipe AM, Jiménez-Juárez RN, Rodríguez-Suárez RS, & Gómez-Barreto GB. Domestic violence surveillance system: a model. Saludpública de méxico 2010;50: 12.
8. Johnson RJ, Humera A, Kukreja S, Found M, Lindow SW. The prevalence of emotional abuse in gynecology patients and its association with gynecological symptoms. Euro JObstGyne Rep Bio 2007, 133: 95-99.
9. Meuleners LB, Lee AH, Janssen PA, Fraser ML. Maternal and neonatal outcomes among pregnant women hospitalized due to interpersonal violence: A population based study in Western Australia, 2002-2008. BMC Pregn Child 2011;11 :70.
10. Lynn S, Adenan NAM. Domestic violence management in Malaysia: A survey on the primary health care providers. Asia Pac Fam Med 2008; 7: 2.
11. Roelens K, Verstraelen H, Egmond KV, Temmerman M. A knowledge, attitudes, and practice survey among obstetrician-gynaecologists on intimate partner violence in Flanders, Belgium. BMC Pub-Hea 2006; 6: 238.
12. Sato-DiLorenzo A, Sharps PW. Dangerous intimate partner relationships and women's mental health and health behaviors. Men HeaNur 2007; 28: 837-848.
13. Houry D, Kemball R, Rhodes KV, Kaslow NJ. Intimate partner violence and mental health symptoms in African American female ED patients. Am JEme Med 2006; 24: 444-450.
14. Wilson J, Websdale N. Domestic violence fatality review teams: An interprofessional model to reduce deaths. J Int Car 2006; 20: 535-544.

15. Chambless LR. Intimate partner violence and its implication for pregnancy. Clin Obst Gyn 2008;51: 385.

16. Campbell JC. Health Consequences of intimate partner violence. Lancet 2002; 359: 1331-1336.

17. Hammoury N, Khawaja M, Mahfoud Z, Afifi RA, Madi H. Domestic violence against women during pregnancy: The case of Palestinian refugees attending an antenatal clinic in Lebanon. J Wom Heal 2009; 18:337-45.

18. Koski AD, Stephenson R, Koenig MR. Physical violence by partner during pregnancy and use of prenatal care in rural India. J Hea Popul Nutr 2011;29: 245-54.

19. Weigourt R, Maruyama T, Sawada I, Yoshino J. Domestic violence and women’s mental health in Japan. Inter Nurs Rev 2001; 48:102-8.

20. Avdibegovic E, Sinanovic D. Consequences of domestic violence on women’s mental health in Bosnia and Herzegovina. Croat Med J 2006;47:730-410.

21. Taherkhani S, MirmohammadAli M, Kazemnezhad A, Arbabi M, Amelvalizadeh M. Investigation of domestic violence against women and its relationship with the couple’s profile. J ForMed 2009;15:123-129.

22. Nohjah S, Latifi SM, Haghighi M, Eatesam H, Fathollahifar A, Zaman N, et al. The prevalence of domestic violence against women and its related factors in Khouzestan province, in 2007-2008. Behbood, Res J MedSci, Kermanshah 2011; 15:278-286.

23. Salehi Sh, Mehalian HA. The prevalence and types of domestic violence against pregnant women referred to maternity clinics in Shahrekord 2003. Shahrekord Univ of Med Sci J 2006;8:72-77.

24. Hassan M, Kashanian M, Roohi M, Vizheh M, Hassan M. Domestic violence against pregnant women: prevalence and associated factors Journal of Research -

Women and Society. 2010;1:77-96.

25. Schuiling KD, Likis FE. Women, s gynecology health. Sudbery: Joes and Bartlett publishers, 2006.

26. Bonomi AE, Thompson RS, Anderson M, Reid RJ, Carrell D, Dimer JA. Intimate partner violence and women physical, mental and social functioning. Am Jpre 2006; 30: 458-466.

27. Yildizhan R, Adali E, Kolusari A, Kurdoglu M, Yildizhan B, Sahin G. Domestic violence against infertile women in a Turkish setting. IntJGynObs 2009; 104: 110-112.

28. Ardably HE, Moghadam ZB, Salsali M, Ramezanzadeh F, Nedjat S. Prevalence and risk factors for domestic violence against infertile women in an Iranian setting. Inte JGynObs 2011; 112:15-17.

29. Alazmy SF, Alotaibi DM, Atwan AA, Kamel MI, El-Shazly MK. Gender difference of knowledge and attitude of primary health care staff towards domestic violence. Alex Journal Med 2011; 47:337-341.

30. Qasem HD, Hamadah FA, Qasem KD, Kamel IM, El-Shazly MK. Knowledge and attitude of primary health care staff screening and not screening for domestic violence against. AlexJ Med 2013;49:181-187.

31. Ragni G, Mosom P, Baldini MP, Somighiana E, Vegetti W, Caliari H, et al. Health related quality of life and need for IVF in 1000 Italian infertile couples. Hum-Repr 2005;20 :126-1291.

32. Lancastle D, Boivin J. Dispositional optimism, trait anxiety, and coping: unique or shared effects on biological response to fertility treatment? Health Psychol 2005; 24:171-8.

33. Usta J, Jo Ann M. Farver, Nora Pashayan. Domestic violence: The Lebano experience. PubHea 2007; 121: 208-219.

34. Peterson U, Bergstrom G, Samuelsson M, Asberg M, Nygren A. Reflecting peer-support groups in the prevention of stress and burnout: randomized controlled trial. J AdvNurs2008;63:506-16.

35. Sreshthaputra O, Sreshthaputra R.A,
Vutyavanich T. Gender differences in infertility-related stress and the relationship between stress and social support in Thai infertile couples. J Med Assoc Thai 2008; 91: 1769-73.
36. Domar AD, Clapp D, Slawsby EA, Dusek J, Kesse IB, Freizinger M. Impact of group psychological interventions on pregnancy rates in infertile women. FerSte 2000; 73:805-11.
37. Ameh N, Kene TS, Oluw SO, Okohue JE, Umeora OU, Anozie OB. Burden of domestic violence amongst infertile women attending infertility clinics in Nigeria. Nig Med J 2007; 16:375-7.
38. Zafari Zangeneh F, Sarmast Shoostart F. Chronic stress and limbic-hypothalamopituitary-adrenal-axis (LHPA) response in female reproductive system. J Fam and Rep Hea 2009;3:101-108.
39. Naved T, Persson A. Factors associated with physical spousal abused of women during pregnancy in Bangladesh. InterFam Plan Pres2008 :34:71-78.
40. Maleki A, Nezhadshabzy P. Family social capital components associated with domestic violence against women in the city of Khorraramabad. Iran J Soc 2010; 1:1-24.
41. Affifi ZE, Al_Muhaidib NS, Hadish NF, Ismail FI, Al-Qeamy FM. Domestic violence and its impact on married women health in Eastern Saudi Arabia. Saudi Med J 2011, 32:612-20.
42. Aklimunnessa K, Khan M, Kabir M, Mori M. Prevalence and correlates of domestic violence by husbands against wives in Bangladesh: evidence from a national survey. J Men's Hea Gen 2007; 4: 52-63.
43. Ombelet W, Cooke I, Dyer S, Serour G, Devroey P. Infertility and the provision of infertility medical services in developing countries. Hum Rep2008;14:605-627.
44. Abedinia V, Ramezanadheh F, Noorbala A. Effects of a psychological intervention on quality of life in infertile couples. J FamRepHea 2009;3:87-93.
45. Babu BV, Kar SK. Domestic violence in Eastern India: factors associated with victimization and perpetration. Pub Hea 2010; 124:136-148.