Distributed-Pair Programming Can Work Well and Is Not Just Distributed Pair-Programming

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ABSTRACT

Background: Distributed Pair Programming can be performed via screensharing or via a distributed IDE. The latter offers the freedom of concurrent editing (which may be helpful or damaging) and has even more awareness deficits than screen sharing. Objective: Characterize how competent distributed pair programmers may handle this additional freedom and these additional awareness deficits and characterize the impacts on the pair programming process. Method: A revelatory case study, based on direct observation of a single, highly competent distributed pair of industrial software developers during a 3-day collaboration. We use recordings of these sessions and conceptualize the phenomena seen. Results: 1. Skilled pairs may bridge the awareness deficits without visible obstruction of the overall process. 2. Skilled pairs may use the additional editing freedom in a useful limited fashion, resulting in potentially better fluency of the process than local pair programming. Conclusion: When applied skillfully in an appropriate context, distributed-pair programming can (not will!) work at least as well as local pair programming.

Categories and Subject Descriptors
D.2.m [Software Engineering]: Miscellaneous

General Terms
Human Factors

Keywords
distributed software development, collaboration, pair programming, distributed pair programming

1. INTRODUCTION

Kent Beck defines pair programming (PP) as follows: “Write all production programs with two people sitting at one ma-

chine. [. . . ] Pair programming is a dialog between two people simultaneously programming (and analyzing and designing and testing) and trying to program better.” [3, p.26].

Pair programming has the obvious disadvantage of blocking two developers rather than just one, but has many potential advantages as well: It can be useful to reduce elapsed time, to reduce defect density, to improve program design, to make sure more than one person is familiar with each part of the code, to increase the amount of knowledge available when solving a task, to increase focus and keep up discipline, to accelerate learning, and to build within-team trust, among other things; see for instance [14, 19, 33]. There is a substantial empirical research literature about pair programming; see Williams’ summary [31] for a good overview. The evidence is mixed, but it appears that in the right circumstances pair programming is a very helpful technique. Unfortunately, research cannot yet characterize well which are these right circumstances.

Kent Beck thinks that one of the factors is pair programming skill: “Pair programming […] is a subtle skill” [2, p.100]. We agree and have set out since 2004 to decipher the actual work process of pair programming in order to characterize this skill. We have just completed the foundation [23] and the first results are now starting to appear [24].

So let us assume there are two skilled pair programmers who have decided the circumstances are such that they should practice pair programming. But what if they are not at the same site? A recent survey of 326 practitioners mostly from North America and Europe [32] had 96% of them answer that their project involved distributed development (40% even trans-continentially) – and these were all practitioners of agile methods!

A possible solution is to mediate the pair programming collaboration by technological means. For synchronous collaboration, as is the case for distributed pair programming, computer-supported cooperative work research (CSCW) considers two approaches of such technological support: sharing a single-user application (screen sharing) or using a dedicated collaboration tool (here: a distributed IDE) [13].

For verbal communication we assume a good hands-free audio connection of the partners, but in either case the awareness of the physical actions and reactions of the partner is far lower than in local pair programming and the tool determines the availability of workspace awareness information as well as the participants’ interaction capabilities; the tool has a major impact on the collaboration process and can get in the way.
Synchronous remote collaboration is known to be difficult in general (“Distance matters”, [20]), but for agile software development with its strong emphasis on intense human interaction it sounds like an almost paradoxical idea not likely to succeed [17].

The research presented here originally set out to characterize the process differences between local pair programming and distributed pair programming, but this has proven too difficult: We study actual problem-solving of industrial software developers and so no two observations are ever exactly comparable. Therefore, it is hard to determine whether and where any particular behavioral difference observed between two sessions comes from characteristics of the pair, from characteristics of the tasks, or from the fact that one pair is working locally and the other distributedly. We will have to set a less ambitious research goal.

1.1 Research Approach and Objective

We will follow a case study approach in the sense of Yin [35], each case being one pair of developers, and ask the following research question:

How do distributed pair programmers cope with those technology-induced influences on their situation that threaten successful collaboration?

We will derive the set of these influences theoretically (there are only two), formulate issues of interest regarding these, use direct observation of distributed pair work (by means of recordings), conceptualize the behaviors seen (by means of Grounded-Theory-style open coding and constant comparison), interpret the behaviors to evaluate the issues, and then draw conclusions.

We originally studied several pairs, but eventually decided to focus on only the most competent and successful one of them and so turn the study from a multiple-case study delivering a complicated, mixed message into a revelatory1, single-case study providing the existence proof for something that has not been described before: Industrial distributed pair programming that appears to be as effective as if it had been local pair programming. Conventional wisdom in the field of CSCW suggests such a thing does not happen [20].

We will now derive the above-mentioned influences in Subsections 1.2 and 1.5 and underway discuss the differences between the three basic types of tool support (RPP, DPP, and eDPP; we will study eDPP only) in Subsections 1.3 and 1.4.

1.2 Influence 1: Reduced Awareness

In local pair programming a rich set of cues is available from posture, gesture, touching the partner’s body, handling other objects, gaze direction, facial expression, and all kinds of vocal and sub-vocal noises. These cues provide lots of information relevant to the interaction of the pair members and contribute to the pair members’ awareness of their partner and the joint work. In a distributed setting, the cues are reduced immensely: the vocal noises are transmitted much less finely and the other cues are essentially no longer available at all.2 This reduction of physical awareness is a major reason why synchronous collaboration is considered inferior when it has to be mediated by technological means [12].

Another reduction in awareness concerns the state of and the activity in the joint computerized workspace (workspace awareness). To explain the workspace awareness situation of our study, we need to delve into the differences of tools for RPP-style collaboration (which we do not study) and DPP-style collaboration (which we do study).

1.3 Remote Pair Programming (RPP)

The collaboration mode to which we refer as remote pair programming (RPP) is usually implemented by screen sharing.3 With respect to viewing, one pair member’s desktop (the local side) is transferred to the partner’s computer (the remote side) via software such as VNC, Adobe Connect, Skype, or many others. This provides strict WYSIWIS (What You See Is What I See), meaning every participant sees the same editor contents and editing activities, and perhaps even the other one’s pointer [27]. Therefore the awareness of the technical workspace is good: If the remote screen is at least as large, both partners see the same screen content, just as in local pair programming. Depending on the software used, the mouse cursor may be an exception.

With respect to operating the computer, either all input device streams are merged into a single input stream or, more commonly, strict floor control is used which will allow input only by one participant at any time [27].

RPP involves an asymmetric situation: The remote partner is disadvantaged when operating the computer because she suffers from twice the network latency, possibly from bandwidth limitations, and from having to cope with the partner’s IDE configuration (e.g. colors, layout, key bindings, and so on). The latter is true for local pair programming as well but the former tends to make RPP less than ideal.

1.4 Distributed Pair Programming (DPP and eDPP)

Distributed pair programming (DPP) removes the asymmetry of RPP. DPP uses a dedicated collaboration tool: a distributed IDE. Such a tool replicates the files to both participants and makes all editing operations local, transferring them to the other side to keep the files in sync. The tool will also transfer the cursor position and all text editor view changes (scrolling, jumping, file switching). This approach makes network latency easily bearable, makes bandwidth requirements small, and each participant can use his own IDE settings and configuration.

Some such tools (such as Sangam [15] or XPairtise [26]) enforce a strict pair programming mode: Only one partner is allowed input at any time and the views are kept in sync as far as viewport layout permits, resulting in approx-

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1Yin discusses five situations in which a single-case study will often be sufficient: critical case, extreme case, unique case, revelatory case, and representative case [35, pp.39–42]. Our case can be viewed as critical, extreme, relevatory, or several of these. We will use elements from the extreme and relevatory perspectives but do not discuss the discrimination further.

2At the current state of technology, pairs tend to prefer working without a video connection [13, 28]. This was also true of our participants, who had a video connection available but turned it off. They stated that (1) the value it added was very low and (2) the movement in the video image (on the screen rather than at the edge of one’s field of vision) distracted from the actual work.

3There are also RPP pairs using a shared text terminal, see http://www.pairprogramwith.me. We ignore these here.
imate WYSIWIS. This article’s title calls this work mode distributed pair-programming.

Other tools allow editing freedom, that is, independent and concurrent editing and viewing: There is a “follow mode” (“Shared Browsing” in [26]) in which pair member A’s view follows the activity of the partner B, just like in strict DPP, but A can leave it and become active at any time to view other files, other regions of the same file, or to make changes, even in the exact same spot that B is currently working on. The editing activities of all participants are merged and applied in the correct order to the code base each participant sees. This is realized via an operational transformation algorithm [30] ensuring unique and consistent editing results despite the race conditions. If this modality is used occasionally but the pair can still be said to perform pair programming, then we call the resulting work mode extended distributed pair programming (eDPP) or, as the title calls it, distributed-pair programming.

In terms of workspace awareness, DPP is much more problematic than RPP: (1) The number of lines and characters in the editor window may be different, so that one partner may see more source code content than the other, which may occasionally lead to communication problems. Markup color differences may create similar issues. (2) When using other applications such as a web browser or when testing the application, their views are not transmitted to the partner. Switching to screen sharing is required to bridge these situations where needed. (3) Even within the IDE, not all views may be synchronized, in particular the package explorer view and the various pop-up dialogs; this is tool-dependent.

If the pair makes use of editing freedom in eDPP, the awareness situation becomes worse: After leaving follow mode, the former observer may no longer see all of what the former driver is doing and the former driver may not even become aware of this fact.

1.5 Influence 2: Editing Freedom

An eDPP tool supports the side-by-side programming work mode [6, Section 3.7]: The partners work mostly on separate but related sub-tasks and collaborate synchronously only when and where needed [21]; they may switch between pair programming and solo programming many times.

This clearly no longer pair programming, so if pair programming was intended, slipping into side-by-side programming may be problematic. Unfortunately, once a pair programming pair makes any use of editing freedom at all, there is no clear line indicating where pair programming ends and side-by-side programming begins, so the editing freedom of eDPP may prove to be a slippery slope and may threaten the original goals (such as broadening the pair’s common ground [20]) of their pair programming session.

1.6 Structure of this Article

We will now sketch the method of our work (Section 2) before we introduce the specifics of our study setup including the case (Section 3.1), the eDPP tool used (Section 3.2), expectations suggested by related work (Section 3.3), and the refined research questions resulting from all this (Section 3.4). We then present the results and discussion (Sections 4 to 6: roles, awareness-related phenomena, editing-related phenomena). After a discussion of the limitations of our work (Section 7), we draw conclusions (Section 8).

2. METHOD

Here we describe how we collected the data of our study (Subsection 2.1), how we analyzed the data (2.2), and in what format we present the analysis results (2.3).

2.1 Data Collection Method

We have been collecting recordings of local pair programming sessions since 2004 and of distributed pair programming sessions (most of them eDPP, but also some RPP) since 2010; some of them come from lab settings with student programmers, but most of them (37 sessions of 25 different pairs involving 38 persons from 8 different companies from various industries) involve professional software developers doing their normal development work. The sessions have a typical length of one to three hours.

For recording an eDPP session, we invite each of the two partners into a separate(!) Adobe Connect web conferencing session with us as the other end, have them each share their screen (including webcam and audio), place the two web browsers showing these web conference sessions on a single large portrait-view monitor and record its screen with Camtasia Studio. The recording contains for each pair member all desktop activity, audio, and a small webcam view as seen from atop that member’s monitor.

Note that the pair itself lacks such comprehensive overview: Each of the two hears the partner’s audio (via Skype, using headsets) but sees only his own desktop and IDE; they chose not to use video because they found it more distracting than useful, which is in line with claims elsewhere [13, 28]. The pair volunteered to be recorded for research purposes after they had received support in setting up Saros and general advice on DPP from us when they had become interested in using Saros.

2.2 Data Analysis Method

Our data analysis primarily uses elements of the Grounded Theory Methodology (GTM, [29]) but does not aim at producing an actual Grounded Theory and does not claim to use GTM in full. We mainly use open coding [29, Section II.5] and constant comparison [29, Section II.1], with the theoretical sensitivity [29, Section I.3] oriented as described in Section 3.4 and an overall workflow as described in Section 1.1.

2.3 Notation

We will report our results narratively and join it with the discussion and interpretation in order to avoid redundancy. Our results are primarily individual concepts arising from open coding and so may become hard to identify within the narrative. Therefore, whenever we report one of the resulting concepts, we typeset its name in small caps to make it visible. Furthermore, the concepts have been elaborated to different levels of precision and accuracy. Since there is not enough space to present the concepts in full detail, we discriminate three rough levels of elaboratedness as follows. “V” (as in SOME CONCEPTV) represents vague, informal concepts that appeal to intuition and for which we have produced hardly
more definition than their name. “S” (Some Concept) marks semi-complete concepts for which a concrete definition is available but we expect that definition to be incomplete and/or unstable (from the point of view of continued research on the topic). “C” (Some Concept) marks completely elaborated concepts that we consider stable.

3. CONTEXT AND REFINED QUESTIONS

This section describes the specific context of our case study: The pair and what they did (Subsection 3.1) and the specific eDPP tool they used (Saros, Subsection 3.2). From these, we then derive finer-grained research questions (Subsection 3.4).

3.1 The Case

Our pair consists of two male German software developers, J1 working at a software development service company’s home site and J2 working at its customer in a different city. J2 is an intermediate-level software developer and has been working on the customer’s information systems and workflow automation software in the radio broadcasting domain for a long time. We will call him “Dev” in this article. J1 is a senior developer and software architect who is now assigned the task to perform an overall review and design optimization of J2’s workflow automation software together with J2. We will call him “Arch” in this article. The two work together on this for several days; they had other stretches of collaboration previously and so are well-familiar with each other. The recordings were made of this and have used for this article cover over three days of this collaboration; there are 7 recordings (JA2 to JA8) between 0:42 hours and 2:04 hours length and one (JA9) of 5:26 hours.

The first sessions focus on transferring domain knowledge from Dev to Arch, performing a joint design review and discussion, and transferring design knowledge from Arch to Dev. They also involve refactorings. Later sessions revolve around the re-design and re-implementation of one complete module and most of the observations conceptualized below stem from these.

3.2 The Tool: Saros

Saros [22] is an open source Eclipse plugin for eDPP that realizes a distributed editor within the Eclipse IDE which supports up to five users. We have been developing Saros since 2006, initially focussing on functionality and recently doing mostly architecture consolidation and usability work. Saros has now reached industrial strength and marks the state of the art in its area, on par with VSanywhere and clearly superior to all other DPP and eDPP tools we are aware of. In particular in terms of the workspace awareness framework of Gutwin and Greenberg [12], Saros provides all workspace awareness information relevant for real-time collaboration.

For describing Saros, we will make use of the patterns for computer-mediated interaction by Lukosch and Schimier [17, 26] and Capitalize The Respective Terms.

In Saros, one participant sends an Invitation for a Collaborative Session to another participant who will automatically receive a local copy of the files of one or more shared Eclipse projects. Saros lets them concurrently view or edit the same or different files in the Shared Editor. It uses social rather than technical Floor Control (alongside with Operational Transformation to keep all copies in sync) and Conflict Detection to safeguard against external modifications. There is also a simple Shared Graphical Editor for sketching. Activities in other views such as the package explorer or popup dialogs are not transferred to the partner. A combined User List and User Gallery shows all available users with their Availability Status as well as the current session participants, their markup color and the current usage of follow mode. The file annotations and editor annotations shown in Figure 1 provide awareness of the partner’s actions and location in the shared files:

1. The main Saros view shows the users, their colors, and the follow mode indicator (not shown).
2. A session-independent Embedded Chat can be used for coordination before and written communication during the session.
3. A double arrow marks the files shared in a session.
4. A green dot marks files currently being viewed.
5. A yellow dot marks files currently open.
6. A Remote Field of Vision annotation indicates the line range seen by the partner if viewports overlap.
7. A Remote Field of Vision annotation (pseudo-scrollbar) indicates the line range seen by the partner even if viewports do not overlap.
8. A Remote Selection shows the partner’s current selection; the partner’s most recent edits are highlighted in a similar color.
9. A Remote Cursor shows the partner’s cursor position.

3.3 Related Work

There is a wide spectrum of related work that is relevant for our study but little of it is directly connected to our research question. We will cluster the relevant literature and shortly discuss the relevance of each cluster for our research question.

There is substantial empirical literature on pair programming [31], but almost all of it is quantitative and has little to offer in terms of detailed process characterization. Of the few more qualitative works, many use student programmers in lab or homework situations and so not only reflect low skill levels but also contexts not realistic for industrial use.

Regarding global software development (GSD, [1]), most of today’s research concerns the team, project, or organizational level and so far focuses on the problems of GSD [11], rather than on solutions for them. Topics are for instance communication [16, 18], coordination [8], and trust [7, 9, 25]. Little is said about real-time collaboration of individuals and the immediate programming process we are concerned with here.

The substantial literature on distributed work from the fields of organizational psychology and CSCW suggests that the awareness issues in eDPP may be extremely detrimental. For instance, Olson and Olson’s summary article “Distance matters” [20] describes the notions of technology readiness, collaboration readiness, and common ground as important preconditions for successful collaboration. In our setting, only collaboration readiness can (for our particular pair!) be assumed. Whether current eDPP technology can provide sufficient awareness and whether it will allow to create and maintain sufficient common ground (on a task-specific micro-level), in particular during uses of editing freedom, is unclear.
From this point of view, we may expect the collaboration to be hampered by many difficulties and to be much more difficult than in local pair programming.

Finally, there is the notion of a driver role and an observer (or navigator) role in pair programming; they are relevant for the use of editing freedom. These roles are not mentioned by Beck at all; their most popular source appears to be a definition of pair programming by Williams et al. that includes the following: “One partner, the driver, controls the pencil, mouse, or keyboard and writes the code. The other partner continuously and actively observes the driver’s work, watching for defects, thinking of alternatives, looking up resources, and considering strategic implications. The partners deliberately switch roles periodically.” [34] (a different version of this definition is found in [33, p.3]).

Of the very few qualitative studies done so far of pair programming, two conclude that this driver/observer distinction is misleading and inappropriate.

First, Bryant et al., after systematic, quantitative, and very focused verbal protocol analysis of on-site, everyday, industrial pair programming, conclude “in contradiction to what has previously been suggested [...] the pair programmers in the sessions observed did not show a general difference in the level of abstraction of their discussions according to role.” and in particular find that the detection of minor mistakes is done as much by the driver as by the observer [4].

Second, Chong and Hurlbutt [5], after informal data analysis of on-site, everyday, industrial pair programming, formulate even more strongly “Aside from the task of typing, we found no consistent division of labor between the ‘driver’ and the ‘navigator.’.” They also note that “control of the machine input had a consistent, albeit subtle, influence on pair interactions: the programmer that controlled machine input had a distinct advantage with respect to decision-making.”. They assume this to be a disadvantage of local pair programming and recommend the use of dual keyboards and dual mice to make driver changes maximally fluent in the local case. For the distributed case, they advise against tools of the RPP and strict DPP kind that enforce and hence emphasize the driver/non-driver distinction. Their article does not discuss the problems that may result from having and using editing freedom in a reduced-awareness situation, however.

Both of these sources suggest that eDPP may be quite different from standard pair programming and it remains unclear whether this will be an advantage, a disadvantage, or can be both.

### 3.4 Refined Research Questions

Based on the general discussion of the influences in Subsections 1.2 to 1.5, the more specific description of our particular research setup in Subsections 3.1 and 3.2, and the expectations that can be derived from related work as discussed just above, we now formulate several finer-grained research questions in order to focus our attention during the data analysis. Two of these concern the effects of the awareness issues, the other four concern the use and effects of editing freedom:

**APhys** (which mnemonically stands for “awareness physical”): When and how does the reduced physical awareness influence eDPP?

**AWorksp** (“awareness workspace”): When and how do the limitations of Saros’ workspace awareness influence eDPP?

**FView** (“freedom viewing”): When and how does the pair make use of concurrent independent viewing?
**FEdit** ("freedom editing"): When and how does the pair make use of concurrent independent editing?

**FPos** ("freedom positive effects"): When and how does making use of editing freedom appear to help the process?

**FNeg** ("freedom negative effects"): When and how does making use of editing freedom appear to hurt the process?

## 4. RESULTS: ROLES

To provide a context for what we have observed concerning roles in DPP we first introduce the role definitions in PP.

For PP in general, we fully agree with the results of Chong and Hurlburt and of Bryant et al. that the driver/observer roles contribute little to understanding PP properly; we have in fact started work to generate a more meaningful set of roles [24]. For understanding the differences between PP and DPP, however, driver and observer are helpful notions.

In first approximation, we define **Driver** to mean a person operating the computer to solve the overall task and **Observer** to mean a person in a supporting role influencing the driver in doing this. Even this supposedly trivial definition can be surprisingly ambiguous due to keyboard/mouse splits, enforced typing, or in dual-keyboard/dual-mouse settings. In an eDPP setting, this gets worse: There is not just a second keyboard, but also a second cursor and screen.

What we have observed is that the **Observer** in eDPP gradually gets active and performs activities that he could not carry out in local PP, so we introduce the additional role of **Active Observer** for someone who mainly “observes” but also occasionally operates the computer to provide support.

If the pair symmetrically pursues two subtasks in parallel, both participants are **Driver**. In a discussion-only phase where computer operation is neither required nor imminent, both participants become **Discussants** and there is neither a **Driver** nor an **Observer**.

We shortly come back to **Discussants** in Section 5 on awareness; **Active Observer** is the main topic in Section 6 on concurrent editing.

## 5. RESULTS: AWARENESS

We cover the awareness issues by working through a number of contexts in which they are dominated by different needs and constraints.

### 5.1 Awareness in Interactive Testing

In local PP and RPP, the awareness difference between editing text files on the one hand and running programs for testing on the other hand is minor.

For DPP, Lukosch and Schümer [17] suggest the Distributed Commands pattern as a technical solution to support the testing activity in DPP, meaning that if one partner runs a test command this is executed on the other’s side, too. However, Saros provides no support for this, resulting in a **Blind Period** for the partner. Interestingly, our pair indeed emulated the Distributed Commands functionality manually: They performed **Parallel Testing**, where each of the two started the test locally and they used **Verbalization** to perform identical input actions.

This behavior pertains to AWorksp. It appears cumbersome but we saw no indications that it (or the nature of the resulting testing process, which for our pair used to be straightforward) inhibited the process beyond the few seconds of additional time required.

### 5.2 Awareness of Eclipse Dialog Windows

When the **Driver** opens an IDE dialog (such as a wizard, search dialog, or refactoring dialog) and the partner is in follow mode, from the awareness point of view an ideal eDPP tool would automatically transmit all relevant information to the remote side (e.g., via a small window-screen sharing view). Saros does not do that yet and we expected this would be a substantial disadvantage.

It turned out, however, that it is actually almost no problem at all. Again, the pair used two different strategies:

1. **Awareness Bridging**: While operating the dialog the Driver does think aloud concerning relevant dialog options and his inputs. Note this is more than mere **Verbalization** of actions. It occurred for simple dialogs such as the "rename" refactoring dialog as well as for more complex ones, e.g., the create class wizard or the search dialog.

2. **Technology-Triggered Solo**: For complex dialogs we often observed that the unilateral operation of a dialog was preceded by an explicit negotiation and agreement regarding the intended work step. The Driver would then accomplish this step alone while the partner simply waits for the result, for example the new class, to appear. We have never seen **Screen Sharing** for dialog windows.

**Example for Technology-Triggered Solo** combined with **Awareness Bridging** using the “new package” dialog:

Dev [selects method ‘getLatestRemoteRawFile’]: “OK, now we should write a test case.”

Arch: “Yes.”

Dev: “That tests just this function” Arch: “Yes.”

Dev: “You are with me, right?” Arch: “Yes.”

Dev: “Then we create a test.” [goes to package explorer]

“Ok, that’s missing.” [opens “New Source Folder” dialog and mumbles:] “source folder” [types: “test” in input field for folder name and mumbles:] “test” [hits enter to create the folder, then opens new package dialog and mumbles:]

“package” [mumbles as he types into the “Name” input field;]

“Translator was how we wanted to call it or how did we want to call it? So I create the test package right.”

Arch: “Eeeer, we wrote it up somewhere.”

Dev: “Oh yes, got it, the TODO down here: newtranscoding”

Dev [verbalizes typing]: “news-trans-co-ding”

These behaviors pertain to AWorksp and the finding is again pleasant: The pair appeared to be sufficiently familiar with all dialogs it used that it was never a problem for the remote partner to not be able to see the actual dialog. Even better, we observed that Technology-Triggered Solo will be problematic, but we never found this to be the case for our pair: After the Technology-Triggered Solo, the relevant result is visible.
ible and the Observer selects it. For example, we saw the Observer instantly recognize a misspelled class name when the class newly created by the partner appeared.

5.3 Awareness During General Editing

When editing and viewing files in normal pair programming manner, our pair regularly enabled Saros’ follow mode. Combined with the Remote Field of Vision annotation (marked 6 in Figure 1), this apparently served its purpose well: We did not notice any detours or misunderstandings that appeared to arise due to a lack of workspace awareness; another pleasant AWorksp result.

As for APhys, the same holds for the lack of cues from facial expression, gesture (nodding, shake of the head) and posture: The pair used Verbalization with no apparent effort, and used Remote Selection or the Remote Cursor as an extended index finger. This worked well: the pair routinely used deictic references (such as pronouns) in their verbal communication and we observed no misunderstandings or non-understandings that appeared to be technically induced. For instance in the previous example, Dev talks about “this method” while the referred-to method is selected.

5.4 Awareness During Pure Discussion

When the pair needs to decide on a design approach or a work strategy, there are often periods during which the computer is not operated at all, not even viewed; the pair performs dialog only and both are in the Discussant role. This pertains to APhys.

One might expect that physical awareness would play a pronounced role during such times. For the pair we observed, however, this does not appear to be the case. Dev and Arch both appear to be happy with reclining in their chair, staring into nothingness (the ceiling, out the window, etc.) and focussing on their sense of hearing only. We conjecture that at least for pairs such as ours, who are well familiar with each other, proximity and visual contact play only a minor role, if any, for discussion phases.

6. RESULTS: CONCURRENT AND INTERLEAVED EDITING

The phenomena around the fact that cDPP provides editing freedom, that is, capabilities for concurrent-independent viewing and editing appear to be governed by two main factors: (1) The Activity Level of each participant and (2) the Mental Coupling between the participants.

Activity Level means physical activity insofar as it contributes to the PP process (speaking, pointing, typing, etc.). Mental Coupling means the degree to which the participants follow only one single, joint 'Train of Thought' as opposed to two separate strands. It is difficult to observe, but conceptually clear enough for our purposes.

The classical driver/observer role description implies that the observer’s Activity Level is usually low.

In that view, concurrent editing is an additional mode the Observer can use to increase his Activity Level, becoming either an Active Observer (with high Mental Coupling) or a second Driver (with low Mental Coupling). A second Driver means the work mode is side-by-side programming, no longer pair programming, although there is obviously a gray area in between. Our pair has not used two Driver’s; we hence only describe the Active Observer case.

All concurrent and interleaved activities run the risk of reduced Mental Coupling as well as a Loss of Review Effect and Loss of Knowledge Transfer. Depending on the session’s goal, these risks may be more or less problematic.

6.1 Dimensions of Concurrent Editing Activity

Besides Activity Level and Mental Coupling, we will use five more dimensions for discussing concurrent editing phenomena:

- Announcement Style describes whether the Active Observer explicitly announces his subsequent activity (explicit), e.g. “Oh, wait, may I just...”), makes some utterance that hints at the activity (implicit), e.g. “Parentheses are missing”, or simply starts acting rightaway (silent). The latter avoids interrupting the Driver’s thinking, but could also make the actual activity even more disturbing due to a higher subjective loss of control for the Driver.

- Visual Coupling describes whether all of the Active Observer’s editing happens on the Same Line, in the Same Block (or same small method), in the Same Viewport, in a Different Viewport, or in a Different Artifact. It determines the likely amount of the Driver’s awareness.

- Effect on What describes whether the Driver appears to change his plans due to the intervention (Change Triggered) or not (Stable).

- Effect on When: Whether the Driver slows down (or stops completely) during the Active Observer’s activity (Temporalizing) or not (Unperturbed). Slowing is common and fully or partially turns concurrent activity into merely interleaved activity.

- TypeAOA (type of the Active Observer’s activity): One of Direct Fix, Contribution, Addition, Local Solution. We will structure the remaining discussion along this dimension and handle each type in a separate subsection.

6.2 Type “Direct Fix”

We observed the Active Observer to make small improvements in the code just on his own instead of asking the Driver to do it: A Direct Fix. When the Observer noticed a small issue in the code, he often decided to simply fix the problem himself (his Activity Level goes up) without saying anything (Announcement Style Silent) or with just saying or mumbling something about the issue (Announcement Style Implicit) but never explicitly announcing the correction action.

Despite the close Visual Coupling (usually Same Block), sometimes even Same Line, the Driver sometimes continues his work (Effect on When is Unperturbed). He almost never changes his plans due to the intervention (Effect on What is usually Stable).

Example: The Driver writes return x+y*z<t. Without saying anything (Announcement Style Silent), the Observer selects the y*z in this line (Visual Coupling is Same Line) and uses the “Extract Local Variable” dialog to refactor the multiplication into a local variable, naming
it according to its semantics. The Driver\(^6\) recognizes this, just lets it happen (Temporizing\(^5\)), and then continues with his work (Stable\(^8\)).

Direct Fix\(^6\) is an FEdit phenomenon with pleasant properties (FPos). Its main feature is that it does not disturb the Driver\(^6\)'s Train of Thought\(^5\). It also saves (a minor amount of) time. The activity is short, so the reduction in Mental Coupling\(^3\) appeared to be unproblematic in our pair. It requires trust. If Temporizing\(^5\) occurred, it appeared to provide recreation and to not interrupt the Train of Thought\(^5\). Overall, Direct Fix\(^6\) appeared to lead to higher process Fluency\(^5\).

6.3 Type “Contribution”

The Observer\(^8\) will sometimes think of an action that is not (or not yet) strictly required to proceed but may be helpful when further pursuing the current Train of Thought\(^5\).

He will often decide to act alone (with or without announcement) and similar behavior applies as for Direct Fix\(^6\).

For example, we have seen the Active Observer\(^8\) visit a requirements document and copy a few pertinent lines from it into the source code, thus greatly enhancing the ease of the next few work steps for the Driver\(^6\).

Another example is a Contribution\(^5\) by looking something up and telling the Driver\(^6\) about it: The Observer\(^8\) realized that the Driver\(^6\) was not sure about the methods he needed to implement for an interface of the Observer design pattern [10]. While the Driver\(^6\) stayed in the artifact, the Active Observer\(^8\) visited Wikipedia\(^9\) and initiated a short dialog during which the Driver\(^6\) integrated the information provided by the Active Observer\(^8\) into the artifact.

This is a behavior that can be of FView or of FEdit type. A local pair could emulate it with a quick succession of two driver changes. Obviously, however, executing such episodes is cumbersome unless there are two keyboards and two mice. We have not observed any negative effects, so we count Contribution\(^5\) under FPoss.

6.4 Type “Addition”

Alternatively, the Observer\(^8\) will sometimes think of an action that is still related to but beyond the current Train of Thought\(^5\). We call such an action an Addition\(^5\). For instance, the Driver\(^6\) just wrote a call to a not-yet-existing method and then created the method by calling the respective IDE function. The Observer\(^8\) recognizes a property this method will need to have, tells the Driver\(^6\) he would like to make a note about something, and then promptly proceeds to make his Addition\(^5\) by adding an appropriate comment to the method.

Like Direct Fix\(^6\), Addition\(^5\), if done well, appears to lead to higher process Fluency\(^5\) by avoiding the negotiation required for a driver change. If done in an inappropriate manner, it could interrupt the Driver\(^6\)'s Train of Thought\(^5\), but we have not seen indications this ever happened in our pair, so this is another FEdit behavior to be counted as FPoss.

6.5 Type “Local Solution”

Sometimes the next step in a solution process is a moderately-sized, somewhat self-contained piece of work for which the motivation or expertise of the Observer\(^8\) is better than the Driver\(^6\)'s. In local PP and DPP alike, the Driver\(^6\) will then often hand off this piece of work to the partner. This behavior, which we call Local Solution\(^5\) is a form of Delegation\(^6\). It works much like a subroutine call: Once the piece of work is finished, the previous work continues where it left off and typically with the previous Driver\(^6\). For instance our pair was at a point where they needed so sort a list of files, so they needed a file comparator object. Without any discussion, the former Observer\(^8\) took the Driver\(^6\)'s role and searched the web for an example implementation of a file comparator, pasted it into the source code, adapted it for the current needs, and gave back the control to the previous Driver\(^6\) who continues his work.

The crucial point about this FEdit (or possibly sometimes FView?) behavior appears to be not so much the execution of the driver change – the episode is long enough to amortize its effort. The point appears to be that the motivated Observer\(^8\) can jump right into action, without any need to negotiate about it. A Local Solution\(^5\) episode allows the original Driver\(^6\) to Implicitly Step Back\(^6\) from his role after the partner has taken it (and is apparently doing something sensible) rather than making an explicit decision to do so.

Conflicts about Local Solution\(^5\) behavior or negative consequences resulting from it are easily conceivable, but we found none for our pair, so this is another behavior pattern that can be FPoss without carrying FNeg along and again higher process Fluency\(^5\) is the right way to describe the result.

6.6 Type “Co-Driving”

When both partners intensely and equally contribute to the solution process, the difference between Driver\(^6\) and Active Observer\(^8\) disappears; the two are Co-Driving\(^3\), thus introducing another variant of the classical driver/observer roles. Such collaboration can be described as a having maximum Mental Coupling\(^3\). Both partners have an identical and very good grasp of what needs to be achieved and work together intensely and closely on finding out how and doing it. Their actions are interleaved on a fine grain and there is no discrimination of the Activity Level\(^3\) or the types of the actions any more between the two.

We observed Co-Driving\(^3\) for instance during the difficult creation of a complex boolean expression and when coding the production of an expressive error message involving multiple method calls.

Co-Driving\(^3\) is an FEdit behavior for which eDPP really excels and obviously beats even double-keyboard local PP; it is again about Fluency\(^5\) and clearly belongs to FPoss.

6.7 Type “Parallelization”

The pair explictely splits off to work in parallel on different aspects of the same Train of Thought\(^5\) in the Same Viewport\(^3\). This can be considered a two-sided Local Solution\(^5\): Each partner delegates something to the other and both work concurrently.

As in 5.2, the split-off in our pair was preceded by an explicit agreement regarding the concrete sub-task each one has to do, e.g.:

Dev: “Could you just adapt the thing above, the regex?”
Arch: “Sure.”
Dev: “And meanwhile I’ll write the calendar here.”
Arch: “Yeah, do that.”
This strong FEdit behavior can be seen as switching to side-
by-side programming, but on a very fine-grained level that
allows both partners to stick with the same overall TRAIN
of THOUGHT\textsuperscript{V}. The partners split off with well-defined and
hardly demanding sub-tasks. This mode might allow to
escape the possible inefficiency of PP for some combinations
of simple sub-tasks and would then belong into FPos, but it
obviously also runs the risk of inadvertently leaving pair
programming so may also count as FNeg. We have not seen
enough cases of PARALLELIZATION\textsuperscript{8} to judge the pros and cons even for our one pair.

7. LIMITATIONS AND THREATS TO VA-
LIDITY

The pair we observed were strong software developers
with good communication skills and were very familiar with
each other. We conjecture these are necessary conditions
for the degree of eDPP success described above. We do not
know what might be sufficient conditions nor do we now how
common the above conditions are, so we can say very little
about the generalizability of our results. (This is not a big
problem, because the existence proof is interesting enough.)

The amount of material (in terms of the number of hours
as well as variety of pairs) we have studied is still small, so
the list of phenomena we report is likely incomplete.

The conceptualization is so far fairly local; the episodes
described are short and do not yet represent substantial
solution processes completely. This means the overall role
that the phenomena described play in the pair process as a
whole is hardly understood so far.

At least for editing, our report emphasizes phenomena
that together cover only a small fraction of the time of the
overall pair programming session; one should not overrate
their overall importance. (This is also not a big problem,
because the absence of problems is benefit enough.)

It is conceivable that differences exist between local PP and
eDPP outside the realms of awareness and editing freedom.
Our study was not designed to detect such differences.

Note that the limitations of the Saros tool do not add to
the limitations of the study, because if an imperfect tool can
still produce eDPP success, that is all the better.

8. CONCLUSIONS

8.1 Regarding Awareness

Conventional wisdom suggests the reduced physical aware-
ness and limited workspace awareness of a Saros-based eDPP
situation will be a big obstacle against successful collabora-
tion, so we expected to find many resulting problems, but
we have in fact seen almost none.

We conjecture that somehow program code is a great
basis for focused and successful communication and skilled
programmers (at least if they are familiar with each other)
have much lower needs for physical awareness than previously
assumed. As a result, eDPP can work well.

8.2 Regarding Editing Freedom

Our pair had the strong and clear intention of performing
pair programming, because besides the practical work results
knowledge transfer was an important goal.

Nevertheless, and although the resulting work process
clearly was pair programming overall in terms of the closeness
of collaboration, the pair did make use of the concurrent
editing capabilities of eDPP.

We conclude that eDPP (or, as the title calls it “distributed-
pair programming”) should not be confused with simply
distributed PP (or, as the title calls it, “distributed pair-
programming”).

Furthermore, and most importantly, we found that our
pair used concurrent editing wisely, in a very limited fash-
ion, resulting in several interesting behaviors we call Direct
Fix, Contribution, Addition, Local Solution, Co-Driving, and
Parallelization. These behaviors created no observable dis-
advantage but a number of small advantages that can be
summarized as leading to a (slightly) improved fluency of
the work process.

We conjecture that the previous joint work experience and
resulting familiarity and trust of our pair as well as good
communication skills are important preconditions for such
eDPP success. Given the preconditions (whatever they really
are), Saros appears to be a strong-enough tool to support
industrial eDPP successfully.

Acknowledgments

This work was partially supported by a DFG grant. We
thank J1 and J2 for allowing us to record and scrutinize their
sessions.

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