How MHC molecules grab citrullinated peptides to foster rheumatoid arthritis

DOI 10.1074/jbc.H118.001829

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The molecular immunologist’s dream is to elucidate a fundamental biochemical process that explains the basis of an affliction that affects millions of people, and that, precisely understood, might yield a rational approach to diagnosis, prevention, or therapy. In this issue of JBC, Ting et al. report proteomic, biochemical, and structural analyses that better explain how the antigen-presenting HLA-DR4 molecules bind citrullinated peptides to provoke rheumatoid arthritis (RA), a chronic autoimmune disease that affects 0.5–1% of the population.

RA is characterized clinically by inflammation of the synovia, the joint capsule membranes, leading to bone destruction. Risk factors for RA, in addition to genetic markers described below, include sex (women > men), age (usually 40–60), and smoking. Although the molecular basis for the disease is poorly defined, diagnosis is often confirmed by blood tests indicative of inflammation. Historically, the most important diagnostic indicator was rheumatoid factor, a set of antibodies directed against self-immunoglobulin (rheumatoid factor, a set of antibodies directed against self-immunoglobulin). However, this test has given way to detection of antibodies to citrullinated protein antigens (ACPAs) which are observed in about 70% of RA patients, and may be identified even before other symptoms appear. But, what are citrullinated protein antigens, and where do ACPAs come from? Read on...

The most important genetic locus contributing to RA (of dozens that have been identified), is human leukocyte antigen–antigen D-related (HLA-DR) of the HLA-class II region, at chromosome 6p21.3. The locus encodes cell-surface glycoproteins expressed primarily on antigen-presenting cells (APC) that include dendritic cells, B cells, and macrophages. The heterodimers encoded by HLA-DRA and HLA-DRB consist of the essentially invariant α chain (~33–35 kDa, two expressed alleles identified) paired with a highly polymorphic β chain (~26–28 kDa, more than 1500 known expressed alleles). The function of HLA-DR, elucidated by immunological and structural studies over the past several decades, is to bind peptides generated from endocytosed proteins and to redirect them to the APC surface where they are detected by CD4+ T cells. HLA-DR binds peptides of variable length, with a core sequence of nine amino acids, anchored by side chains at positions 1, 4, 6, and 9 that interact with protein pockets correspondingly designated P1, P4, P6, and P9 (4). Polymorphic residues in the HLA-DR β chain contribute to the binding characteristics of particular HLA-DR molecules and thus determine the sequence motif of the peptides bound. Peptide side chains exposed to solvent contribute to a peptide/HLA-DR molecular surface that is recognized by T cells bearing clonally expressed receptors that are activated to produce cytokines and proliferate. T cells strongly reactive to self-peptide/HLA-DR complexes are negatively selected during T cell development in the thymus, a process designated “self-tolerance,” but peptide/HLA-DR complexes bearing peptides from foreign proteins derived from tumors, infectious agents, dysregulated expression, or post-translational modification (PTM) of self-proteins may be recognized by T cells leading to immune activation. The paper by Ting et al. expands our understanding of the link between the antibodies found in the serum of RA patients (ACPAs) and specific HLA-DR-encoded proteins, i.e. HLA-DR4 heterodimers employing related HLA-DR β chains, HLA-DRB1*04:01/*04:04/*04:05, that possess the same “shared epitope,” due to the common protein sequence Q(K/R)RAA at residues 70–74. This paper examines HLA-DRB1*04:05 in new detail and extents our understanding of the relationship of peptide/HLA-DR4 to RA by reporting eight new X-ray structures.

Previous studies had shown that a common feature of HLA-DR4 molecules associated with RA was their ability to bind peptides in which a native arginine residue had been post-translationally modified by deamination to citrulline. Thus, early models, confirmed by HLA-DR4 peptide-binding studies and X-ray structures, were consistent with a view that HLA-DRB1*04:01 and *04:04 bind and present citrullinated peptides (6–8). The activation of T cells with specificity for citrullinated peptide/HLA-DR4 complexes provided “help” to B lymphocytes favoring their production of anti-citrulline antibodies. The pathogenesis proposed was that in the setting of HLA-DR4 expression, systemic inflammatory insults (such as smoking) result in the production of peptidyl-arginine deiminases (PADs) that then catalyze the conversion of arginine to citrulline in various tissue proteins.

The work described by Ting et al. advances our understanding of the contribution of citrullination to binding and presentation of peptides by extensive comparison of HLA-DRB1*04:01, *04:04, and *04:05. (These three differ from each other at only three residues—position 86 in P1, 71 in P4, and 57...
in P9.) Earlier studies showed that the citrulline side-chain was accommodated by the basic P4 pocket of HLA-DRB1*04:01 and *04:04, but that HLA-DRB1*04:02 could also accommodate arginine at P4 (6). Here, these findings are extended in several ways. First, by mass spectrometry the authors identified some 2935 peptides that copurified with HLA-DRB1*04:05 and compared their nonamer core sequences with those previously described for HLA-DRB1*04:01 and *04:04. As expected, arginine is disfavored at peptide position 4. Strong preferences for peptide position 1 of tyrosine, phenylalanine, and isoleucine were noted; at position 6 of aspartic acid, asparagine, and threonine; and at position 9 of the acidic residues, aspartic acid and glutamic acid. Further comparisons with earlier work on HLA-DRB1*04:01 and *04:04 indicated that *04:05 was similar in the selection of peptides with position 1 to HLA-DRB1*04:01 corresponding to similarity of the P1 pocket. The selected peptides differed at position 9 consistent with P9 difference. When compared with DRB1*04:04, *04:05 selected peptides that differed at both 1 and 9.

An extensive series of quantitative binding experiments using some 34 native and citrullinated peptides to interrogate the affinity of the three allomorphs was then undertaken. Citrullinated peptides with the citrulline at position 4 consistently bound better than the homologous peptide with arginine at that position, and citrullination at other positions (2 and 3) had little effect. Differences in affinity of peptides for HLA-DRB1*04:01, *04:04, and *04:05 could be accounted for largely by differences in amino acid preferences of the different allomorphs for peptide positions 1 and 9, generally consistent with differences in the P1 and P9 pockets.

To clarify that the peptide binding preferences of the three DR4 allomorphs were due to differences in the specificities imposed by the pockets that interact with amino acids 1 and 9, eight new HLA-DRB1*04 structures, including five of DRB1*04:01 with different citrullinated peptides, two of DRB1*04:04 with two different citrullinated peptides, and one with DRB1*04:05 and a citrullinated peptide were determined crystallographically, revealing that position 4 citrulline is bound canonically by residues of the corresponding P4 pocket in each of the three allomorphs. The key role played by the P4 pocket of HLA-DRB1*04:05 in binding a citrullinated vimentin-derived peptide is illustrated in Fig. 1.

Although many more details of the effects of citrulline in non-anchor positions, or of particular amino acids throughout the peptide, may be gleaned from these extensive studies, the main points are clear—PTM by deimination of arginine, if this is in a position that can be accommodated in the P4 binding pocket (characterized by β71-lysin e and -arginine and β13-histidine), will lead to binding by HLA-DRB1*04:01, *04:04, or *04:05. Differences in the affinity of binding and thus the specificity of the different allomorphs can be attributed to polymorphic residues at P1 and/or P9 pockets that exert differential specificity.

Although HLA-DRB1*04:01, *04:04, or *04:05 clearly has a propensity to bind and present citrullinated peptides due to the charge and size of the P4 pocket, absolute prediction of the affinity of peptide binding and the frame of the peptide presentation remains an imprecise venture. Understanding the rank order of peptide binding to particular HLA-DRB1 allomorphs, and thus, extracting rational and possibly antigen-specific approaches to RA therapy, demands further experimentation. Perhaps reagents that could selectively interact with P4 or modify its binding specificity would change the propensity for interaction with citrullinated peptides—thus shifting the inflammatory balance in RA.

Acknowledgments—I thank Ds. P. Cohen, K. Nataraajan, M. Greene, and D. L. Vogel for their thoughts and discussion.

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