Radial pulsations and stability of anisotropic stars with a quasi-local equation of state

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Abstract
Quasi-local variables, i.e. quantities whose values can be derived from physics accessible within an arbitrarily small neighborhood of a spacetime point, are used to construct the equation of state (EoS) for the anisotropic fluid in the spherical symmetry. One parameter families of equilibrium solutions are obtained making it possible to assess stability properties by means of the standard $M(R)$ method. Normal modes of radial pulsation are computed as well and are found to confirm the onset of instability as predicted by the $M(R)$ method. As an example, a stable configuration with outwardly increasing energy density in the core is obtained with a simple quasi-local extension of the polytropic EoS. It is also found that the loss of stability occurs at higher surface compactness when the anisotropy of pressures is present.

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1. Introduction

The most general spherically symmetric solution to Einstein equations allows for the anisotropy of principal pressures; the radial pressure may differ from the transverse pressure. While the isotropic fluid with a specified equation of state (EoS) is the most common source for modeling Newtonian or relativistic stars, anisotropy of principal pressures can be found when the source is derived from field theories, e.g. when scalar fields are considered as in boson stars [1], or in configurations involving electrically charged matter. One also finds that anisotropy of pressures is present in the so called exotic solutions to Einstein equations such as wormholes [2, 3] or gravastars [4, 5]. Interesting features of relativistic anisotropic spheres were pointed out as early as 1933 by Lemaître [6, 7], while [8] is widely considered as the beginning of the epoch of more active research, see [9] for a review. Recently, general algorithms for generating static anisotropic solutions to Einstein equations have been formulated (see [10, 11] and references therein). However, whether such solutions are considered more or less...
physically acceptable depends on a number of criteria which include fulfillment of various energy conditions of general relativity, the requirement that the speed of sound in the fluid is subluminal, and perhaps most importantly, stability of the configurations with respect to perturbations.

The most notable technique for the analysis of stability of isotropic relativistic stars with respect to radial perturbations is that of Chandrasekhar [12]. In this procedure the time-dependent Einstein equations are linearized around the equilibrium solution to yield a linear wave equation for radial perturbations, which together with appropriate boundary conditions comprises an eigenvalue problem of the Sturm–Liouville type. Positive eigenvalues are interpreted as (squares of) frequencies of normal modes of radial pulsations, while negative eigenvalues imply exponentially growing perturbations, i.e. instability of the sphere (for in-depth coverage see [13, 14]).

Another field-proven technique, known as the $M(R)$ method, can be applied to locate the onset of instability in one-parameter families of equilibrium solutions to Einstein equations satisfying the same EoS of cold matter [13, 15]. Using the central energy density as the parameter and increasing its value, the first maximum in the $M(R)$ curve indicates the boundary between the stable and unstable configurations. While more limited both in its scope and insights into the dynamics of the system it can provide relative to the full analysis of the normal modes, the $M(R)$ technique is very simple in circumstances where for the given EoS the equilibrium configurations can be generated over a sufficiently wide parameter range.

In the context of anisotropic stars the normal modes technique was applied to study the stability of some specific configurations in [16] and also [17, 18]. However, the $M(R)$ method could not be straightforwardly applied because most of the solution-generating techniques mentioned above could not generate sequences of equilibrium configurations corresponding to one fixed EoS. The only framework outside of isotropic spheres where the $M(R)$ method was successfully applied is that of elastic stars. In the second paper in the series beginning with [19, 20] the $M(R)$ method was shown to predict instability exactly at the configuration that has vanishing frequency of the fundamental normal mode of radial pulsation, i.e. the two methods were shown to give compatible results.

In this paper we will first show how a sequence of anisotropic spheres of different masses and surface radii can be generated from one given EoS. This will enable us to use the $M(R)$ method to study stability, and we will compare the results to those of the analysis of normal modes. The paper begins (section 2) with the discussion of the concept of the quasi-local EoS for the anisotropic fluid in the spherical symmetry. In section 3 we derive the linear wave equation for radial perturbations for a specific quasi-local EoS where the radial pressure is described by the arbitrary barotropic EoS, $p = p(\rho)$, while the anisotropy is taken to be the arbitrary function of the energy density and the compactness, $\mu = 2m/r$, which is a quasi-local variable. In section 4 we apply the above concepts to specific examples; we study the structure and stability of solutions obtained from the quasi-local EoS consisting of the polytropic EoS governing the radial pressure and the anisotropy of pressures taken to be bilinear in the radial pressure and compactness. We close with a brief discussion of the results in section 5.

2. The equation of state

Energy–momentum tensor of the perfect fluid can be written as $T = \rho \ u \otimes u + p(g + u \otimes u)$, where $\rho$ is the energy density and $p$ is the isotropic pressure of the fluid, $u$ is its four-velocity normalized so that $u \cdot u = -1$ and $g$ is the metric tensor. The combination $g + u \otimes u$ is the projection tensor onto the spatial hypersurface orthogonal to the fluid four-velocity. The
notion of the anisotropic fluid allows the pressures to differ among spatial directions. In particular, in the spherical symmetry, the radial pressure which we denote by \( p \) may differ from the transverse pressure which we denote by \( q \). To write down the energy–momentum tensor of the anisotropic fluid in the spherical symmetry, in addition to the four-velocity \( \mathbf{u} \), one introduces the ‘radial’ spatial unit vector \( \mathbf{k} \) that is orthogonal to the four-velocity and has no angular components, i.e. \( \mathbf{k} \cdot \mathbf{k} = 1, \mathbf{k} \cdot \mathbf{u} = 0 \). The energy–momentum tensor of the anisotropic fluid can now be written as

\[
T = \rho \mathbf{u} \otimes \mathbf{u} + p \mathbf{k} \otimes \mathbf{k} + q (\mathbf{g} + \mathbf{u} \otimes \mathbf{u} - \mathbf{k} \otimes \mathbf{k})
\]

where \( \mathbf{g} + \mathbf{u} \otimes \mathbf{u} - \mathbf{k} \otimes \mathbf{k} \) is the projection tensor onto the two-surface orthogonal to both \( \mathbf{u} \) and \( \mathbf{k} \). Since the vector \( \mathbf{k} \) is not defined at the center of the symmetry the anisotropy of pressures must vanish at this point.

To illustrate the role of the anisotropy of pressures in the dynamics of the fluid it is worthwhile to consider the first law of thermodynamics:

\[
d(\rho V) = -dW + T dS,
\]

where \( V \) is the co-moving 3-volume of the fluid element, \( \rho \) and \( T \) are respectively the energy density and temperature of the fluid, \( S \) is the entropy and \( W \) is the work done by the fluid element. Assuming no energy flow among the neighboring fluid elements we have \( dS = 0 \). In the case of the isotropic pressure the work done by the fluid element due to the change in its volume is \( dW = p \, dV \). Dividing by the element of the proper time along the world line of the fluid element one can write

\[
\frac{dW}{d\tau} = p \frac{dV}{d\tau} = p \, (\nabla \cdot \mathbf{u})
\]

where the relative change of the volume, \((dV/d\tau)/V = \nabla \cdot \mathbf{u}\), can be recognized as the spacetime expansion scalar. Applying the chain rule on the lhs of (2), dividing by \( d\tau \) and using (3), for the isotropic fluid one obtains the well-known relation

\[
\mathbf{u} \cdot \nabla \rho = - (\rho + p) \, (\nabla \cdot \mathbf{u}).
\]

Turning now to the work done by the element of the anisotropic fluid we must, due to the difference among the principal pressures, accordingly distinguish between different directions of expansion. In the spherical symmetry we distinguish between the radial and the transverse expansion:

\[
\nabla \cdot \mathbf{u} = (\nabla \cdot \mathbf{u})_{\text{rad}} + (\nabla \cdot \mathbf{u})_{\text{tr}},
\]

where the radial expansion can be written as \((\nabla \cdot \mathbf{u})_{\text{rad}} = \mathbf{k} \cdot (\mathbf{k} \cdot \nabla \mathbf{u})\). The work due to the expansion of the element of the anisotropic fluid is

\[
dW = p \, dV_{\text{rad}} + q \, dV_{\text{tr}} = (p \, (\nabla \cdot \mathbf{u})_{\text{rad}} + q \, (\nabla \cdot \mathbf{u})_{\text{tr}}) \, d\tau,
\]

and the anisotropic analogue of (4) follows as

\[
\mathbf{u} \cdot \nabla \rho = - \rho \, (\nabla \cdot \mathbf{u})_{\text{rad}} - p \, (\nabla \cdot \mathbf{u})_{\text{tr}} - q \, (\nabla \cdot \mathbf{u})_{\text{tr}} = - (\rho + q) \, (\nabla \cdot \mathbf{u})_{\text{tr}} - (p - q) \, (\mathbf{k} \cdot (\mathbf{k} \cdot \nabla \mathbf{u})).
\]

The last term on the rhs is proportional to the anisotropy of the pressures and vanishes in case of the isotropic fluid, thus reducing (7) to (4). However, (7) can also be obtained from the energy–momentum tensor of the anisotropic fluid (1) by taking the component of the conservation law \( \nabla \mathbf{T} = 0 \) directed along the world line of the fluid element, \( \mathbf{u} \cdot \nabla \mathbf{T} = 0 \), while the projection of \( \nabla \mathbf{T} = 0 \) onto the hypersurface orthogonal to the four-velocity gives the anisotropic version of the Euler equation of relativistic hydrodynamics.
The EoS of the isotropic fluid is usually understood as a relation among the energy density and the pressure of the fluid, and possibly other local fluid variables such as temperature, baryon density, entropy per baryon, etc. These variables are considered local because their values refer to the state of the fluid at the particular spacetime point, rendering the EoS independent of any non-local information. The local EoS describing the isotropic fluid can be cast in the form of a single equation:

\[ f(\rho, p, \ldots) = 0, \quad (8) \]

dots representing additional local variables. The simplest case is the barotropic EoS \( f(\rho, p) = 0 \), or as it often written \( p = p(\rho) \), that can be taken to, e.g., describe the stellar matter at the end of nuclear burning and at zero temperature. It is well known [21] that the barotropic EoS suffices to close the static Einstein equations in spherical symmetry, and as shown in [22], a given barotropic EoS with pressure monotonically increasing in energy density guarantees the existence of a family of solutions with central energy density as the sole parameter.

In analogy to the case of the barotropic EoS for the isotropic fluid, one could expect the simplest anisotropic EoS to be of the form \( p = p(\rho) \) for the radial, and \( q = q(\rho) \) for the transverse pressure. However, a simple argument can be given to show that such EoS is overly restrictive to allow for a family of solutions with different central energy densities. We begin by assuming the existence of a static spherically symmetric solution governed by the EoS of the form \( p = p(\rho) \) and \( q = q(\rho) \), with energy–density \( \rho_0 \) at \( r = 0 \) (center of symmetry) and non-vanishing anisotropy of pressures at some \( r = r_1 > 0 \). Since at \( r = 0 \) the anisotropy of pressures must vanish we have \( p(\rho_0) = q(\rho_0) \). At \( r = r_1 \) we have \( p(\rho_1) \neq q(\rho_1) \) by assumption, so it follows that \( \rho_1 \neq \rho_0 \). If we now consider the possibility of constructing the solution with central energy density equal to \( \rho_1 \), we find that the condition of vanishing anisotropy of pressures at \( r = 0 \) cannot be satisfied. The EoS for the anisotropic fluid must, therefore, have more a complex structure than what was just assumed.

The idea behind the quasi-local EoS, which we borrow from [4, 23], is to allow for the dependence on the quantities that can be derived from the geometry at a given point of the spacetime. In principle an arbitrarily small neighborhood of a spacetime point suffices to measure the (orthonormal frame) components of the Riemann tensor. These components, in turn, allow one to construct quantities that can be considered as quasi-local variables. In the spherical symmetry the general quasi-local EoS will have the form of a system:

\[ f_1(\rho, p, q, \ldots; \mu, \ldots) = 0, \quad f_2(\rho, p, q, \ldots; \mu, \ldots) = 0, \quad (9) \]

where \( \rho, p, q, \ldots \) denote the local variables, and \( \mu, \ldots \) denote the quasi-local variables. The quasi-local variables of special interest could be the curvature radius \( r \) or the compactness \( 2m(r)/r \); for orthonormal frame components of the Riemann tensor in spherical symmetry see e.g. [3].

In contrast to the local or quasi-local variables as defined above, non-local variables were defined as arbitrary functionals over the whole, or some finite segment of the \( t = \text{const} \). slice of the spacetime [24, 25]. While in principle arbitrary functionals can appear in the static limit of the EoS, this concept might turn out to be problematic when dynamics is considered. Namely, it is not clear how a perturbation of the fluid in the neighborhood of some spacetime point would affect the value of an arbitrary functional, and consequently the state of the fluid, elsewhere in the spacetime. The ‘immediate effect’ of the perturbation on the functional would violate the principle of causality, while physically acceptable (causal) propagation

would require the input of additional physics, implying that a non-local EoS alone does not fully describe the fluid. However, the ‘average energy density up to $r$’,

$$\bar{\rho}(r) = \frac{1}{\frac{4}{3}r^3\pi} \int_0^r 4r'^2 \pi \rho(r') dr',$$

(10)

which is used as an example of a non-local variable in [24, 25] can, in fact, be understood as a quasi-local variable since

$$\rho = \frac{3}{2}m/r^3\pi = \frac{3}{2}m_0/r^3 \pi,$$

$$\mu = \frac{2m}{r},$$

(13)

3. The wave equation for radial perturbations

Here we derive the linear wave equation for the radial perturbations of the anisotropic fluid governed by the specific form of the quasi-local EoS (9). We assume that in the rest frame of the fluid its energy density $\rho$ and the pressures $p$ and $q$ are related by

$$p = p(\rho), \quad q - p = a(\rho; \mu),$$

(11)

where the quasi-local variable $\mu$ is the compactness,

$$\mu = \frac{2m}{r},$$

(13)

Denoting with $\xi = \xi(t, r)$ the radial displacement of a fluid element from its equilibrium position $r$ at time $t$, the nonzero components of the four-velocity normalized so that $u_{\mu}u^{\mu} = -1$ are

$$u^t = (e^{2\Phi} - e^{2\Lambda} \xi^2)^{-1/2}, \quad u^r = (e^{2\Phi} - e^{2\Lambda} \xi^2)^{-1/2} \xi,$$

(14)

where $\xi = \partial_t \xi = u'/u^t$. The nonzero components of the radial unit vector $k^\mu$ satisfying $k_{\mu}k^{\mu} = 1$ and $k_{\mu}u^{\mu} = 0$ are

$$k^t = e^{-\Phi+\Lambda}(e^{2\Phi} - e^{2\Lambda} \xi^2)^{-1/2} \xi, \quad k^r = e^{-\Phi-\Lambda}(e^{2\Phi} - e^{2\Lambda} \xi^2)^{-1/2}.$$

(15)

According to (1) the energy–momentum tensor is

$$T^{\mu\nu} = (\rho + q)u^\mu u^\nu + q g^{\mu\nu} + (p - q)k^\mu k^\nu,$$

(16)

where $\rho = \rho(t, r)$ is the energy density, $p = p(t, r)$ is the radial pressure and $q = q(t, r)$ is the transverse pressure.

One now assumes the existence of a static or equilibrium (time independent) solution to the Einstein equations and proceeds to study the dynamics of small perturbations. At a fixed point in the coordinate grid a quantity $f = f(t, r)$ is decomposed as

$$f(t, r) = f_0(r) + \delta f(t, r),$$

(17)

where $f_0$ denotes the time-independent equilibrium value of $f$ and $\delta f$ denotes the so called Eulerian perturbation (in equilibrium $\delta f = 0$). In this way we decompose $\Phi, \Lambda, \rho, p$ and $q$. 
and through the rest of this section we omit the explicit notation of the dependence of variables on \( t \) and \( r \); zero-subscripted equilibrium variables are understood to depend only on \( r \), while \( \delta \)-prefixed Eulerian perturbations depend on \( t \) and \( r \).

The Einstein equation, \( G^{\mu\nu} = 8\pi T^{\mu\nu} \), for metric (12) and the energy–momentum tensor (16) can now be expanded in powers of the displacement \( \xi \) and the Eulerian perturbations \( \delta \Phi, \delta \Lambda, \delta \rho, \delta p \) and \( \delta q \). The zero-order terms govern the equilibrium configurations:

\[
\begin{align*}
8\pi \rho_0 &= r^{-2}(-e^{-2\Lambda_0}(1 - 2r\Lambda_0') + 1), \\
8\pi p_0 &= r^{-2}(e^{-2\Lambda_0}(1 + 2r\Phi_0') - 1), \\
8\pi q_0 &= r^{-2}e^{-2\Lambda_0}((r\Phi_0' - r\Lambda_0')(1 + r\Phi_0') + r^2\Phi_0'').
\end{align*}
\]  

(18a)  
(18b)  
(18c)

while the first-order terms involve the fluid displacement and the Eulerian perturbations:

\[
\begin{align*}
8\pi \delta \rho &= 2r^{-2}e^{-2\Lambda_0}((1 - 2r\Lambda_0')\delta \Lambda + r\delta \Lambda'), \\
8\pi \delta p &= 2r^{-2}e^{-2\Lambda_0}(-((1 + 2r\Phi_0')\delta \Lambda + r\delta \Phi')), \\
8\pi \delta q &= -e^{-2\Phi_0}(\delta \Lambda + r^{-2}e^{-2\Lambda_0}((1 + 2r\Phi_0') - r\Lambda_0')r\delta \Phi' + r^2\delta \Phi'' - 2((r\Phi_0' - r\Lambda_0')(1 + r\Phi_0') + r^2\Phi_0'')\delta \Lambda - (1 + r\Phi_0')r\delta \Lambda'), \\
(p_0 + \rho_0)\delta \xi &= -2r^{-2}e^{-2\Lambda_0}r\delta \Lambda
\end{align*}
\]

(19a)  
(19b)  
(19c)  
(19d)

(the overdot denotes \( \dot{\cdot} \), and prime denotes \( \partial_r \)).

From the EoS (11) one may derive the relations among the perturbation of the variables in the rest frame of the fluid. These are called the Lagrangean perturbations and are denoted by the \( \Delta \)-prefix. From (11) we obtain

\[
\Delta \rho = \frac{\partial \rho}{\partial \rho} \Delta \rho, \quad \Delta q - \Delta \rho = \frac{\partial a}{\partial \rho} \Delta \rho + \frac{\partial a}{\partial \mu} \Delta \mu.
\]  

(20)

A fluid rest frame (Lagrangean) perturbation of a quantity \( \Delta f \) is, for small perturbations, related to the perturbation of the same quantity seen in the coordinate frame (Eulerian perturbation) \( \delta f \) with

\[
\Delta f(t, r) = f(t, r + \xi(t, r)) - f_0(r) \simeq \delta f + f_0'(r)\xi(t, r).
\]  

(21)

Applying the above rule we express the perturbations of the fluid variables in terms of Eulerian perturbations, obtaining

\[
\begin{align*}
\delta \rho + \rho_0'\xi &= \left[ \frac{\partial \rho}{\partial \rho} \right]_0 (\delta \rho + \rho_0'\xi), \\
\delta q + q_0'\xi &= \left( \frac{\partial q}{\partial \rho} + \frac{\partial a}{\partial \rho} \right)_0 (\delta \rho + \rho_0'\xi) + 2e^{-2\Lambda_0} \left[ \frac{\partial a}{\partial \mu} \right]_0 (\delta \Lambda + \Lambda_0'\xi).
\end{align*}
\]

(22)  
(23)

The quantities in brackets follow from the assumed EoS and are to be evaluated at the equilibrium, as indicated by the zero subscript.

The linearized Einstein equations (18a)–(18c) and (19a)–(19d), together with the perturbation of the EoS (22) and (23), constitute a system of equations that yields the linear equation of motion for the fluid. After a lengthy algebraic procedure aimed at eliminating all Eulerian perturbations from the system so that only the fluid displacement \( \xi \) and its derivatives remain, followed by the variable transformation:

\[
\zeta(t, r) = r^2 e^{-\Phi_0(r)}\xi(t, r).
\]  

(24)
we arrive to the linear wave equation for the radial perturbations:
\[ \zeta(t, r) = C_2(r)\zeta''(t, r) + C_1(r)\zeta'(t, r) + C_0(r)\zeta(t, r). \]  
(25)

The coefficients \( C_i(r) \) can be written as
\[
C_2 e^{-2\Phi_0 + 2\Lambda_0} = \left[ \frac{dp}{d\rho} \right]_0,
\]
(26a)
\[
C_1 e^{-2\Phi_0 + 2\Lambda_0} = -\Phi'_0 + \left( 2\Phi'_0 + \Lambda'_0 - \frac{2}{r} \right) \left[ \frac{dp}{d\rho} \right]_0 + \left[ \frac{dp}{d\rho} \right]_0' + \frac{4(q_0 - p_0)}{r(\rho_0 + p_0)} \left( 1 + \left[ \frac{dp}{d\rho} \right]_0 \right) - \frac{2}{r} \left[ \frac{\partial a}{\partial \rho} \right]_0,
\]
(26b)
\[
C_0 e^{-2\Phi_0 + 2\Lambda_0} = \frac{(1 + r\Phi'_0)^2 + e^{2\Lambda_0} - 2}{r^2} + \frac{2(q_0 - p_0)}{r^2(\rho_0 + p_0)} \left( 2\Phi'_0 + (3(r\Phi'_0 - 1) + r\Lambda'_0) \left[ \frac{dp}{d\rho} \right]_0 - 3 + r \left[ \frac{dp}{d\rho} \right]_0' \right) - \frac{2\Phi'_0}{r} \left[ \frac{\partial a}{\partial \rho} \right]_0 + \frac{4e^{-2\Lambda_0}}{r(\rho_0 + p_0)} \left( \Lambda'_0 \left[ \frac{dp}{d\rho} \right]_0 - \Phi'_0 \right) \left[ \frac{\partial a}{\partial \mu} \right]_0.
\]
(26c)

The quantities in brackets must be computed from the EoS and evaluated using the equilibrium configuration variables. Following the standard procedure one assumes \( \xi(t, r) = u(r) \exp(\mathrm{i}\omega t) \) and the wave equation (25) reduces to the ordinary differential equation
\[ -\omega^2 u = C_2 u'' + C_1 u' + C_0 u, \]
(27)
which together with the appropriate boundary conditions imposed on \( u(r) \) (to be discussed below) constitutes the boundary value problem with eigenvalue \( \omega^2 \). (The function \( u(r) \) should not be confused with the four-velocity \( u_{\mu} \).) Solutions with \( \omega^2 > 0 \) are oscillatory in time and therefore represent radial pulsations. Solutions with \( \omega^2 < 0 \) may exponentially grow in time and therefore imply instability of the equilibrium configuration with respect to radial perturbations.

The boundary condition that we impose on \( u(r) \) at \( r = 0 \) follows from the observation that, due to symmetry, the fluid element at \( r = 0 \) cannot move. Therefore, we have \( \xi(t, r = 0) = 0 \) which with (24) gives \( \zeta(t, r = 0) = 0 \), and finally \( u(r = 0) = 0 \). Additionally, the Lagrangean perturbation of the energy density which can be written as
\[ \Delta \rho = -\frac{\Phi_0}{r^2} \left( \frac{2}{r}(q_0 - p_0) + (\rho_0 + p_0) \zeta' \right) \]
(28)
must remain finite at \( r = 0 \) from which it follows that \( u \propto r^3 \) as \( r \to 0 \). The situation is more delicate at the surface of the star which we assume to be at finite radius \( r = R \). There we require that the fluid displacement \( \xi(t, r = R) \) is finite at all times, which implies \( u(r = R) \) finite. Additionally, we must ensure that at \( r = R \) the Lagrangean perturbation of the radial pressure, \( \Delta p = [dp/d\rho]_0 \Delta \rho \), vanishes at all times as required by the junction conditions of the spherically symmetric spacetime with the exterior Schwarzschild spacetime [3]. It is important to note that if \( C_2 \to 0 \) as \( r \to R \) then (27) is singular at \( r = R \). Further analysis of the behavior of \( u \) as \( r \to R \), therefore, depends on the properties of the equilibrium configuration, or more fundamentally, on the properties of the EoS (see e.g. the discussion for the isotropic case in [13]).

By multiplying (27) with the weight function
\[ W(r) = \exp \int_R^r \frac{C_1(\hat{F}) - C_1'(\hat{F})}{C_2(\hat{F})} d\hat{r}, \]
(29)
it assumes the Sturm–Liouville form:

$$-\omega^2 W u = (P u')' + Qu, \quad (30)$$

where $P = WC_2$ and $Q = WC_0$. If $W > 0$ over $[0, R]$ and $P$, $P'$, $Q$ and $W$ are continuous we have a regular Sturm–Liouville problem granting access to the main results of the Sturm–Liouville theory: if the eigenvalues are ordered so that $\omega_0^2 < \omega_1^2 < \ldots < \omega_i^2 < \ldots < \infty$, then $\omega_i^2$ corresponds to the eigenfunction with $i$ nodes in $(0, R)$. This implies that in order to test the stability of the configuration with respect to radial perturbations it is sufficient to compute the eigenvalue $\omega_0^2$ corresponding to the solution without nodes. If $\omega_0^2 > 0$ then all solutions are oscillatory and the whole equilibrium configuration is considered stable, while if $\omega_0^2 < 0$ it is considered unstable. (Solutions to the Sturm–Liouville eigenvalue problem are usually referred to as 'normal modes' due to the orthogonality of the eigenfunctions corresponding to different eigenvalues with respect to the weight function $W(r)$.)

We end this section by noting that if one takes $a(\rho; \mu) = 0$ all the relations derived above reduce to the well-known relations for the isotropic case (see e.g. [13] or [14], ch. 26.) We also note that instead of introducing the adiabatic constant $\Gamma_1$ of the fluid as is done in the standard procedure in the isotropic case where $\Gamma_1 = (\rho + p)p^{-1}dp/d\rho$ we have, for clarity, preferred to work with the generic expressions throughout the procedure.

4. Example: anisotropic polytropes

To give an example where the concepts discussed so far are put to work in this section we study the properties of spherically symmetric solutions supported by the anisotropic fluid described with the quasi-local EoS:

$$p = p(\rho) = k\rho^{1+1/n}, \quad q - p = a(\rho; \mu) = \alpha p(\rho)\mu. \quad (31)$$

The first relation is the polytropic EoS that is assumed to relate the radial pressure to the energy density. The parameter $n > 0$ is known as the polytropic index. We have chosen this EoS because the solutions where the polytropic EoS governs the isotropic fluid, known as polytropes, are probably the most thoroughly studied self-gravitating objects in the literature, both in Newtonian and in the relativistic regime [26, 27]. The second relation in (31) is the ansatz for the anisotropy of pressures which we assume to be proportional to the radial pressure and to the compactness. The parameter $\alpha$ has the role of the anisotropy strength parameter. An ansatz similar to this one has been used to generate the gravastar solutions in [5]. An important feature of this ansatz is that the compactness which goes as $r^2$ when $r \to 0$ ensures the required vanishing of the anisotropy of pressures at the center of symmetry.

Further motivation for this ansatz was drawn from astrophysical considerations that in the non-relativistic regime where the compactness is much smaller than unity the anisotropy of pressure is not expected to play an important role. Also, when combined with the polytropic EoS assumed for the radial pressure, this anisotropy ansatz ensures vanishing of the tangential pressure at low energy densities, e.g. at or near the surface of the star.

The first part of our procedure is concerned with the equilibrium configurations. We begin by fixing the EoS by choosing a triple of parameters $k$, $n$ and $\alpha$ in (31), and proceed to compute a sequence of static (equilibrium) solutions to Einstein equations (18a)–(18c) corresponding to a sequence of central energy densities $\rho_0(0)$ from a certain range. The equations to be solved for each $\rho_0(0)$ can be compactly arranged as the system of two coupled equations:

$$m'_0 = 4\pi r^2 \rho_0, \quad (32)$$

$$p'_0 = \frac{2}{r}(q_0 - p_0) - \frac{(\rho_0 + p_0)(m_0 + 4\pi r^3 p_0)}{r^2(1 - 2m_0/r)}, \quad (33)$$

$$p'_0 = \frac{2}{r}(q_0 - p_0) - \frac{(\rho_0 + p_0)(m_0 + 4\pi r^3 p_0)}{r^2(1 - 2m_0/r)}, \quad (33)$$
where (32) involves the mass function $m_0$ which is related to the metric function $\Lambda_0$ and compactness $\mu_0$ by (13), and (33) is the anisotropic variant of the well–known Tolman–Oppenheimer–Volkov (TOV) equation (the zero-subscript indicates that the variables correspond to the equilibrium configuration and prime denotes \( \partial_\alpha \)). By using the EoS to express $p_0$ in terms of $\rho_0$, and by writing $p_0' = [dp/d\rho]_0\rho_0'$, TOV is converted into the differential equation for equilibrium energy density $\rho_0(r)$. The solution to (32) and (33) for the chosen EoS and central energy density $\rho_0(0)$ provides us with the surface radius $R$ and the total mass $M = m(R)$ of the equilibrium configuration. Also, the $r$-dependence of $m_0$ and $\rho_0$ is known, from which $p_0$, $q_0$, $\mu_0$ or $\Lambda_0$ can be readily obtained. Finally, the metric function $\Phi_0$ is obtained by integrating

$$\Phi_0' = \frac{m_0 + 4\pi r^3 p_0}{r^2(1 - 2m_0/r)},$$

which completes the calculation of the equilibrium solution.

A sequence of equilibrium solutions corresponding to a given EoS, i.e. fixed triple $n$, $k$, $\alpha$ in (31), can be generated by varying the central energy density $\rho_0(0)$ as the only parameter. Within the sequence the relation between the total mass $M$ and the surface radius $R$ can be studied. It can be represented as a curve in the $M$ versus $R$ plane parametrized by the central energy density. According to the $M(R)$ method [13, 15], starting from the $\rho_0(0) \to 0$ limit, all solutions with central energy density smaller than the one corresponding to the first maximum of the $M(R)$ curve are stable with respect to radial perturbations. In general, each extremum of the $M(R)$ curve represents a critical configuration in which some mode of radial pulsation changes its stability properties. Following the curve in the direction of increasing central energy density, at a critical point (extremum) through which the curve is making an anticlockwise turn a mode loses the stability; in a clockwise turn through a critical point a previously unstable mode becomes stable.

Our first example uses the EoS fixed by the triples $n = 1$, $k = 100\text{ km}^2$, $\alpha = 0, \pm 1, \pm 2$. This particular set of parameters is chosen so that for the isotropic case ($\alpha = 0$) the $M(R)$ curve reproduces the reference configuration of a relativistic polytrope presented in the table A.18 of Kokkotas and Ruoff [28]. The $M(R)$ curve corresponding to $\alpha = 0$ is shown with the thick line in the upper plot of figure 1. The $M(R)$ curves corresponding to positive and negative values of $\alpha$ show similar behavior, i.e. they have a maximum which we expect to indicate the boundary between the stable and the unstable configurations. The second example shown in the lower plot of figure 1 uses $n = 2$, $k = 5\text{ km}$ and $\alpha = 0, \pm 1, \pm 2$. In both examples the maxima of the $M(R)$ curves occur, as compared to the isotropic configuration, at higher surface compactness for $\alpha > 0$. This hints that anisotropy of pressures with transverse pressure exceeding the radial pressure (our $\alpha > 0$) may be more efficient in supporting highly compact bodies against gravitational collapse than in the opposite case (our $\alpha < 0$). We can also observe that in our first example ($n = 1$) the maxima of the $M(R)$ curves occur at lower central energy densities (as compared to the isotropic configurations) for positive $\alpha$, while in the second example ($n = 2$) this trend is reversed.

We now proceed to study the normal modes of radial pulsations of the equilibrium configurations. To this end we explicitly compute the solutions to the boundary value problem consisting of (27) with the boundary conditions $\mu(0) = 0$ and $\mu(R) = \text{const}$. This task is technically nontrivial because with the EoS (31) the point $r = R$ is a regular singular point of (27), as can be shown by the following consideration. The power expansion of the anisotropic TOV (33) reveals that as $r \to R$,

$$\rho_0 \to \left( \frac{\mu_s}{2k(n+1)(1-\mu_s)} \right)^n \left( 1 - \frac{r}{R} \right)^n,$$

(35)
Figure 1. Mass–radius curves for anisotropic stars with (radial) polytropic index $n = 1$ and $k = 100 \text{ km}^2$ (upper plot), and $n = 2$, $k = 5 \text{ km}$ (lower plot): the $M(R)$ curve for the $\alpha = 0$ (isotropic) configuration is shown with a thick line, for $\alpha = 1, 2$ with long-dashed lines, and for $\alpha = -1, -2$ with short-dashed lines. Solid curves connect the configurations sharing the same central energy density and are drawn with step corresponding to factor 2 (central energy increases as one moves from right to left.) Circles indicate the maxima of the $M(R)$ curves which coincide with $\omega_{0}^2 = 0$ as obtained through the analysis of the normal modes. Straight thin lines originating from $M = 0 = R$ indicate the locus of points corresponding to surface compactness $\mu_s = 2M/R = 1, 2/3, 1/2, 2/5$.

where $\mu_s = 2M/R$ is the surface compactness. With the above result the asymptotic behavior of the coefficients of (26a)–(26c) as $r \to R$ follows as

$$C_2 \to \frac{(1 - \mu_s)\mu_s}{2n} \left(1 - \frac{r}{R}\right), \quad C_1 \to -\left(1 + \frac{1}{n}\right) \frac{(1 - \mu_s)\mu_s}{2R}, \quad C_0 \to \frac{(8 - 7\mu_s)\mu_s}{4R^2}. \quad (36)$$

Due to the vanishing of $C_2$, the point $r = R$ is a regular singular point of (27), which allows for unbounded solutions. However, regularity of the solutions can be enforced by integrating (27) as an initial value problem starting from $r = R$ with the initial condition $u(R) = \text{const.}$ and

$$u'(R) = -\frac{C_0 + \omega^2}{C_1} u(R) = \frac{8 - 7\mu_s + (2R\omega)^2/\mu_s}{2R(1 + 1/n)(1 - \mu_s)} u(R). \quad (37)$$
Critical (marginally un/stable) configuration with parameters 
\( k = 100 \text{ km}^2, n = 1, \alpha = 4, \rho_0(0) = \rho_c \simeq 1.87 \times 10^{15} \text{ g cm}^{-3}, \)
\( M \simeq 2.14M_\odot, R \simeq 9.14 \text{ km}, 2M/R \simeq 0.69. \) Energy
density (thick), radial (long-dashed) and transverse pressures (short-dashed), and the first three
eigenfunctions (thin lines), eigenfrequencies corresponding to the first three eigenfunctions are
\( \nu_0 \simeq 0, \nu_1 \simeq 4.75 \text{ kHz}, \nu_2 \simeq 6.89 \text{ kHz}, \) respectively.

(We note that due to simplicity of the EoS (31) the above boundary condition coincides with
equation (7c) of [13] that was derived assuming an asymptotically polytropic EoS describing
the fluid with isotropic pressures.) Due to the robustness of the numerical method [29], finding
the eigenvalue \( \omega_i^2 \) and the eigenfunction \( u_i(r) \) satisfying the above boundary condition and
also \( u(0) = 0 \) with \( i = 0, 1, \ldots \) nodes in \( (0, R) \) for any equilibrium configuration is now a
simple task. We are mostly interested in \( i = 0 \) since, as discussed in the preceding section,
if \( \omega_0^2 > 0 \) the equilibrium configuration is considered stable, while if \( \omega_0^2 < 0 \) it is considered
unstable.

For all solutions shown in figure 1 we computed the eigenvalue \( \omega_0^2 \) and observed that
as the central energy density increases \( (n, k \text{ and } \alpha \text{ fixed}) \) it changes the sign from positive
to negative exactly where, within the remarkable numerical precision of the procedures, the
\( M(R) \) curves exhibit their maxima. In other words, the two methods we have applied to assess
the stability properties of the equilibrium configurations obtained from the quasi-local EoS
gave compatible results.

In figure 2 we show a highly compact configuration obtained with \( n = 1, k = 100 \text{ km}^2 \)
and \( \alpha = 4, \) and central energy density for which \( \omega_0^2 = 0 \) (more details can be found in the
figure caption.) This configuration is therefore considered marginally stable. An interesting
feature that we can observe is the energy density which is not maximal in the center of the
configuration, but is outwardly increasing over the central region.

5. Summary and outlook

We have shown that with the quasi-local variables one can construct equations of state (EoS)
to describe the anisotropic fluid in the spherical symmetry. The quasi-local EoS may be used
to generate static anisotropic spheres over a wide range of radii and masses, by varying the
central energy density as the parameter. We have also studied the stability of the configurations
with respect to radial perturbations. The analysis of normal modes of radial pulsations and
the \( M(R) \) method gave identical results. The numerical analysis of several examples revealed
that when the transverse pressure is greater than the radial pressure, the maximal surface compactness \((2M/R)\) of the spheres that can be obtained before the onset of instability is higher than that of isotropic spheres. Another interesting feature is the outwardly increasing energy density in the cores of some stable configurations, despite of the fact that the radial pressure and the energy density are related by the polytropic EoS (figure 2). (Some may recall Weinberg’s remark on isotropic spheres that ‘it is difficult to imagine that a fluid sphere with a larger density near the surface then near the center would be stable’ [30]; we saw here that a similar structure can be supported by anisotropic pressures, whatsmore, it can be stable.) Therefore, the concept of the quasi-local EoS has been shown to be useful in constructing interesting models of astrophysically plausible objects such as highly compact stars, especially since the \(M(R)\) method can be used to assess their stability properties.

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