Are novel non-invasive imaging techniques needed in patients with suspected prosthetic heart valve endocarditis? A systematic review and meta-analysis

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Abstract
Objectives Multimodal non-invasive imaging plays a key role in establishing a diagnosis of PHV endocarditis. The objective of this study was to provide a systematic review of the literature and meta-analysis of the diagnostic accuracy of TTE, TEE, and MDCT in patients with (suspected) PHV endocarditis.

Methods Studies published between 1985 and 2013 were identified via search and cross-reference of PubMed/Embase databases. Studies were included if (1) they reported on the non-invasive index tests TTE, TEE, or MDCT; (2) data was provided on PHV endocarditis as the condition of interest; and (3) imaging results were verified against either surgical inspection/autopsy or clinical follow-up reference standards, thereby enabling the extraction of 2-by-2 tables.

Results Twenty articles (including 496 patients) met the inclusion criteria for PHV endocarditis. TTE, TEE, and MDCT+TEE had a pooled sensitivity/specificity for vegetations of 29/100 %; 82/95 %, and 88/94 %, respectively. The pooled sensitivity/specificity of TTE, TEE, and MDCT+TEE for periannular complications was 36/93 %, 86/98 %, and 100/94 %, respectively.

Conclusions TEE showed good sensitivity and specificity for establishing a diagnosis of PHV endocarditis. Although MDCT data are limited, this review showed that MDCT in addition to TEE may improve sensitivity in detecting life-threatening periannular complications.

Key Points
- Multimodal imaging is an important ingredient of diagnostic workup for PHV endocarditis.
- Transthoracic and transesophageal echography may miss life-threatening periannular complications.
- MDCT can improve sensitivity for the detection of life-threatening periannular complications.

Keywords Echocardiography · Computed tomography · Endocarditis · Prosthetic heart valve · Systematic review

Introduction

Left-sided native heart valve disease often requires prosthetic heart valve (PHV) implantation, especially in the aortic position. In 2003, approximately 290,000 patients worldwide...
underwent heart valve replacement, and this figure is expected to rise, largely as a result of the ageing population, reaching an annual incidence of 850,000 by 2050 [1]. Although PHV implantation is a lifesaving surgical procedure, its major drawback is the risk of complications such as PHV obstruction or PHV endocarditis. PHV endocarditis is a life-threatening disease, with an incidence of 0.3–1.2 % per patient-year, and is associated with high rates of mortality and comorbidity as well as substantial health care costs [2].

In clinical practice, PHV endocarditis presents with a heterogeneous spectrum of clinical manifestations such as fever, heart failure symptoms, or systematic embolization. According to the modified Duke criteria, echocardiography plays a pivotal role in establishing a diagnosis of PHV endocarditis [3]. TTE is the first-line clinical screening tool for the detection of PHV endocarditis, but often fails to detect positive signs of the disease such as vegetations and perianular complications (abscesses/mycotic aneurysms). TEE can add incremental value to TTE, but may still fail to detect life-threatening signs of PHV endocarditis. Multidetector-row computed tomography (MDCT) has recently emerged as a promising novel imaging technique for evaluating PHVs, and may provide complementary diagnostic information to echocardiography in patients with suspected PHV endocarditis [4].

The purpose of this systematic review was to compare the diagnostic accuracy of transthoracic echocardiography (TTE), transesophageal echocardiography (TEE), and multidetector-row computed tomography (MDCT) plus TEE in patients with (suspected) PHV endocarditis.

Material and methods

Literature search

A systematic electronic search was performed in the PubMed and Embase databases for original works published through July 23, 2013. Articles were restricted to English language publications, and studies published before 1985 were excluded. Key search terms included the non-invasive imaging modalities TTE, TEE, and MDCT, and prosthetic heart valves and corresponding synonyms (Appendix 1). Cross-referencing was performed for all full-text papers included.

Selection of publications

After duplicates were removed, the titles and abstracts were independently screened by two reviewers (JH and WT). Articles were included if they met three inclusion criteria. 1) The studies reported on one of the following non-invasive index tests: transthoracic echocardiogram (TTE), transesophageal echocardiogram (TEE), or retrospectively ECG-gated or prospectively ECG-triggered multidetector-row computed tomography (MDCT). 2) They provided data on PHV endocarditis as the condition of interest. 3) Imaging results were verified against the reference standard of surgical inspection/autopsy or clinical follow-up, thereby enabling the extraction of 2-by-2 tables. Full-text publications of the included articles were obtained and were assessed independently by the two reviewers, and publications and data extraction were then extensively discussed in a consensus meeting.

Quality assessment

Information was collected on patient populations, study enrolment, non-invasive imaging modalities, and reference standard. Studies were systematically assessed for quality based on the validated Quality Assessment of Diagnostic Accuracy Studies (QUADAS)-2 checklist [5], which assesses the risk of bias and clinical applicability of studies based on four key domains: patient selection, index test, reference standard, and flow and timing.

Data analysis

The diagnostic accuracy of the different imaging modalities was assessed for the detection of the following signs of PHV endocarditis: vegetations, perianular complications (abscesses, mycotic aneurysms/pseudoaneurysms), PHV dehiscence, and PHV endocarditis in general. These signs of interest were defined according to echocardiographic criteria as follows: 1) vegetations, defined as irregularly shaped oscillating masses adherent to and distinct from the myocardium; 2) abscesses, defined as irregularly shaped inhomogeneous paravalvular enclosed masses within the perianular region, myocardium, or pericardium; 3) mycotic aneurysms/pseudoaneurysms, defined as echo-free perivalvular cavities with flow communicating with the cardiovascular lumen; and 4) PHV dehiscence, defined as a rocking motion of a PHV [2, 6]. PHV endocarditis in general included one or more of the above-mentioned signs of PHV endocarditis.

Forest plots of sensitivity and specificity were generated, along with their corresponding 95 % confidence intervals (CI), and were stratified by target conditions and data within each forest plot grouped by index test (TTE, TEE, or MDCT+TEE). The bivariate random effects model was used to compare summary estimates of sensitivity and specificity for each of the index tests. The bivariate approach simultaneously models pairs of (logit-transformed) sensitivity and specificity from studies, thereby incorporating any correlation that might exist between sensitivity and specificity. The model uses a random effects approach for both sensitivity and specificity, allowing for heterogeneity beyond chance due to clinical and methodological differences among studies. In the event that the results displayed no variation beyond that expected by
chance, models were simplified to fixed-effects pooling of sensitivity, specificity, or both. To compare index tests, we extended the bivariate model with a covariate indicating the type of index test. Such a model calculates different summary estimates for sensitivity and specificity for each index test and also provides a formal test to determine whether differences are statistically different. The non-linear mixed models procedure (PROC NLMIXED) in SAS 9.2 (SAS Institute, Cary, NC, USA) was used to estimate the parameters of the bivariate models. $P$ values less than 0.05 were considered statistically significant.

### Results

#### Search results

The systematic electronic search yielded a total of 89 publications after screening of titles and abstracts. Sixty full-text versions of the studies were obtained, and 45 studies were excluded for various reasons (Fig. 1). Cross-referencing of all included full-text articles resulted in six additional articles, and our recently accepted paper was added for completeness [7]. The final selection of articles included 22 studies for systematic review. Two studies reporting on PHV endocarditis were excluded because no diagnostic accuracy data were available [8, 9]; therefore, 20 studies were ultimately included in the meta-analysis.

#### PHV endocarditis

Twenty-two studies reporting on the echocardiographic (TTE/TEE) detection of signs of endocarditis using were included in the systematic review (Table 1) [7–27]. Three studies reported on retrospectively ECG-gated MDCT findings [7, 10, 28]. Data were prospectively (dedicated data collection; $n=11$; 50 %) and retrospectively (routine care data; $n=11$; 50 %) collected (Table 1). In 15 (68 %) studies, the inclusion period occurred completely or partially in 1990 or earlier. The reference standard was exclusively surgical inspection or autopsy.

Fig. 1 Systematic literature search
| Authors            | Journal / Year | Number of Source | PHV endocarditis study characteristics | Index test | TEE probe | Reference standard | Assessment of reference standard | Interval between reference standard and index test | Assessment of interval between reference standard and index test | Population data analysis |
|--------------------|----------------|------------------|----------------------------------------|------------|-----------|-------------------|---------------------------------|-----------------------------------------------|-----------------------------------------------|-------------------------|
| Mehta et al.       | JACC 1989      | 20 (20)          | Dedicated data collection              | TTE/TTE   | NR        | Surgery anomaly    | Yes                             | 17±2 days (mean±SD)               | Yes                              | Yes                      |
| Tamura et al.      | Br Heart J 1990| 12 (12)          | Dedicated data collection              | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Daniel et al.      | NEDM 1991      | 34 (34)          | Dedicated data collection              | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Kira et al.        | Circulation 1991| 6 (6)            | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | ≤1 days                            | No                              | Yes                      |
| Samuel et al.      | Chest 1990     | 10 (10)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Siwek et al.       | JACC 1991      | 11 (11)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Birmingham et al.  | JACC 1991      | 12 (12)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Hernandez et al.   | Chest 1991     | 11 (11)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 1992| 13 (13)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Daniel et al.      | Circulation 1993| 13 (13)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Daniel et al.      | JACC 1991      | 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Chest 1991     | 11 (11)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Am J Cardiol 1992| 9 (9)           | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Krasilnikov et al. | Circulation 1992| 13 (13)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 1993| 13 (13)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Am J Cardiol 1993| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 1994| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 1995| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 1996| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 1997| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 1998| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 1999| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2000| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2001| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2002| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2003| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2004| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2005| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2006| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2007| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2008| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2009| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2010| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2011| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2012| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |
| Vohra et al.       | Circulation 2013| 35 (35)          | Collection                             | TTE/TTE   | NR        | Surgery/anomaly    | Yes                             | 1–7 days                           | No                              | Yes                      |

* Not included in meta-analysis because of no available prosthetic heart valve endocarditis data. ** Episodes of heart valve endocarditis. --- Not reported, MOC multidetector-row CT, PHV prosthetic heart valve, TEE transesophageal echocardiography, TTE transthoracic echocardiography.
in 14 (64%) studies. In eight studies (36%), clinical criteria and/or follow-up were mentioned as the reference standard. Less than half of the studies \( (n=8, 36\%) \) included multplanar TEE assessment. The majority of studies \( (n=14, 64\%) \) did not report on the interval between the index and reference tests. Two studies had a long time interval \( (>2 \text{ weeks}) \) between index test and reference standard \([14, 22]\). The other six studies \( (27\%) \) had an acceptable time interval \( (\leq 2 \text{ weeks}) \) \([7, 10, 13, 16, 21, 27]\). Assessment of the index test was blinded (without knowledge of the reference standard) in 15 (68%) studies. In six of the 22 studies \( (27\%) \), it was unclear whether assessment was blinded, and one study included no blinding \([19]\). The same reference standard was used for all patients in 17 (77%) studies. In 12 (54%) studies, all patients were included in the data analyses. In the previously mentioned signs of PHV endocarditis were analysed. Diagnostic accuracy measures for the detection of signs of PHV endocarditis were able to be extracted in 20 studies \( (n=473 \text{ patients}) \) (Table 1).

Vegetations

Figures 2 and 3 present the sensitivity and specificity of TTE \( (n=63) \), TEE \( (n=113) \), and MDCT+TEE \( (n=50) \) for the detection of vegetations. The pooled TTE sensitivity and specificity for the detection of vegetations were 29% \([95\% \text{ CI: } 9–62\%]\) and 100% \([95\% \text{ CI: } 86–100\%]\), respectively. TEE \( (82\% \quad [95\% \text{ CI: } 69–90\%]) \) and MDCT+TEE \( (88\% \quad [95\% \text{ CI: } 61–97\%]) \) were more sensitive than TTE \( (p<0.01) \). No significant difference was found between TTE and TEE+MDCT \( (p=0.60) \), and there were no significant differences in specificity between TTE and TEE/MDCT+TEE \( (96\% \quad [95\% \text{ CI: } 81–99\%]) \) and 94% \([95\% \text{ CI: } 81–98\%]\), respectively; \( p=0.12 \).

Periannular complications

The sensitivity and specificity of TTE \( (n=172) \), TEE \( (n=412) \), and MDCT+TEE \( (n=58) \) for the detection of periannular complications are presented in Figs. 2 and 3. The pooled TTE sensitivity and specificity for the detection of periannular complications were 36% \([95\% \text{ CI: } 27–46\%]\) and 93% \([95\% \text{ CI: } 84–97\%]\), respectively. One study reported three false-positive \( (43\%) \) TTE examinations \([10]\). TEE \( (86\% \quad [95\% \text{ CI: } 81–90\%]) \) and MDCT+TEE \( (100\% \quad [95\% \text{ CI: } 51–100\%]) \) were more sensitive than TTE \( (p<0.03) \). In one study, TEE failed to detect 5 of 14 \( (36\%) \) periannular complications in patients with aortic PHV endocarditis \([14]\). No significant difference was found between TEE and TEE+MDCT \( (p=0.18) \). There were no significant differences in specificity between TTE and TEE \( (98\% \quad [95\% \text{ CI: } 95–99\%]) \); \( p=0.07 \) (Fig. 3).

PHV dehiscence

The pooled sensitivity and specificity of TTE \( (n=18) \) for the detection of PHV dehiscence were 11% \([95\% \text{ CI: } 1–73\%]\) and 100% \([95\% \text{ CI: } 72–100\%]\), respectively. No significant difference in sensitivity or specificity was found between TTE and TEE \( (n=60) \) \( (94\% \quad [95\% \text{ CI: } 37–100\%]) \) and specificity of 97% \([95\% \text{ CI: } 84–99\%]) \( (p=0.05) \). One study reported on the detection of PHV dehiscence with MDCT \( (n=16) \) \([28]\). Fagman et al. \([28]\) reported that seven cases of PHV dehiscence were detected by both TEE and MDCT, although TEE detected three additional cases.

General signs of PHV endocarditis

The pooled sensitivity and specificity of TTE \( (n=55) \) for the detection of general signs of PHV endocarditis were 33% \([95\% \text{ CI: } 24–42\%]\) and 100% \([95\% \text{ CI: } 76–100\%]\), respectively. TEE \( (n=114) \) was more sensitive \( (86\% \quad [95\% \text{ CI: } 77–92\%]) \) than TTE \( (p<0.001) \). No significant differences in specificity were found between TTE and TEE \( (95\% \quad [95\% \text{ CI: } 82–99\%]) \) \( (p=0.29) \). Only one study \( (n=28) \) reported on the detection of general signs of endocarditis by MDCT \([7]\). In this study, the sensitivity of MDCT+TEE \( (100\%) \) was higher than that of TEE \( (95\%) \) alone.

Discussion

We systematically reviewed the literature regarding the use of TTE, TEE, and MDCT for the detection of signs of PHV endocarditis. Notwithstanding the limited number of studies reporting on the diagnostic accuracy of these imaging modalities, non-invasive imaging plays a key role in establishing a diagnosis of PHV endocarditis and has important clinical implications for patient management and outcome. A primary finding in our analysis was that TEE was more sensitive than TTE for the detection of both vegetations and periannular complications, although TEE still failed to detect life-threatening periannular extensions and vegetations, chiefly in patients with mechanical aortic PHVs (Fig. 4). The addition of retrospectively ECG-gated MDCT to TEE can improve the detection of these periannular extensions and vegetations, primarily in patients with mechanical aortic PHVs. However, limited data are available at the moment, resulting in broad confidence intervals.

According to the QUADAS-2 assessment, several studies were identified as having a risk of bias and/or clinical applicability concerns. This included patient selection (only patients who underwent reoperation), older studies (including monoplanar TEE assessment), unreported blinding for the reference standard, and interval between index test and reference standard (Table 1).
In clinical practice, PHV endocarditis remains a difficult diagnosis to establish, and is based on the modified Duke criteria [3]. For the fulfilment of these criteria, one of the two important major criteria is a positive echocardiogram, defined as the presence of a vegetation, abscess, PHV dehiscence, or new (para)valvular regurgitation. PHV endocarditis differs from native valve endocarditis in that it presents more often with periannular extension [29] (53–55% of cases). In contrast to native valve endocarditis, blood cultures in PHV endocarditis are often negative (23–37%), likely due to earlier administration of antibiotics, and imaging by echocardiography is hampered by acoustic shadowing of the PHV [11, 13, 25]. Furthermore, the rate of 6-month mortality for patients with PHV endocarditis is higher in those with a periannular extension than in those without periannular complications (30% vs. 8%, respectively) [16]. With Staphylococcus aureus as the causative microorganism, the mortality rate may further increase to 54% [16]. Other relevant independent predictors of early mortality are patient age, renal failure, and the presence of an atrioventricular block [11, 13, 16, 25, 30].

The detection of life-threatening abscess formation and mycotic aneurysms with non-invasive imaging is crucial for timely surgical intervention, which can improve the clinical outcome [31]. In this meta-analysis, TEE showed good sensitivity (86%), and because of its better spatial resolution and the close relationship between the TEE probe and the heart, it was proven to be superior to TTE (36%) for the detection of abscesses and mycotic aneurysms. Despite this higher level of performance, however, TEE still failed to detect approximately 15% of the life-threatening abscesses and mycotic aneurysms that were present. These missed periannular extensions were primarily located at the anterior side of the aortic root, which is obscured by acoustic shadowing [13, 16, 21, 27]. In some cases, TTE can offer additional diagnostic value for the detection of anteriorly located abscesses, as assessment of this region is not hampered by acoustic shadowing [27]. In clinical
practice, failure to detect periannular complications of PHV endocarditis is unacceptable, and in this context, complementary non-invasive imaging is required. Additional non-invasive imaging may also be valuable for reducing the number of false-positives (2–7 %) with echocardiography as a means to reduce the risk of unwarranted exposure to a repeat surgery.

This meta-analysis demonstrated that MDCT can provide additional relevant diagnostic information in this high-risk patient group, and should be considered as a complementary imaging technique in routine clinical workup (TTE/TEE), especially in patients with suspected aortic PHV endocarditis. In addition to MDCT, other imaging tools (3D TEE and FDG-PET/CT) may also improve the detection of perianular extension. To date, no prospective studies have been published on the diagnostic value of 3D TEE for detection of perianular complications in patients with PHV endocarditis. This technique could be especially valuable in patients with contraindications for MDCT evaluation because of renal impairment. Saby et al. [32] recently prospectively studied the diagnostic accuracy of FDG-PET/CT in PHV endocarditis and assessed the complementary value of PET/CT as a major criterion of the modified Duke criteria in a study of 72 patients with suspected PHV endocarditis. The reference standard was defined as 3 months of clinical follow-up (82 % of cases) and/or pathological modified Duke criteria (18 % of cases). The sensitivity and specificity of FDG-PET for PHV endocarditis was 73 % and 80 %, respectively. When FDG-PET was added as a new major criterion to the modified Duke criteria, the sensitivity rose from 70 % to 97 %. This add-on value of FDG-PET is more or less comparable to the complementary value of MDCT to echocardiography found in our meta-analysis. Moreover, the results of the study by Saby et al. [32] demonstrated that PET/CT missed vegetations in 9/20 (45 %) cases where there were no other signs of PHV endocarditis. The authors mentioned in the discussion that the spatial resolution of FDG-PET/CT was inferior in comparison to TEE. The present meta-analysis shows that the addition of MDCT to TEE may improve sensitivity not only for the detection of perianular extensions, but for vegetations as well. Despite its inferior spatial resolution compared to TEE and MDCT, FDG-PET/CT provides additional metabolic information that can be of value in discerning the presence of active inflammation. However, no reference values exist for FDG uptake.
around PHVs, and therefore specificity is a concern [33]. In addition to signs of PHV endocarditis, FDG-PET-CT can also detect extracardiac infectious foci that may be relevant for patient management (e.g., splenic abscess). Thus, combined contrast-enhanced MDCT and FDG-PET has also been suggested for determining treatment strategy [34]. More prospective studies are needed in order to determine the exact value and position in the diagnostic algorithm of the above-mentioned additional diagnostic modalities. PET-CT was not added as imaging modality to our meta-analysis because only one prospective paper [32] was available at the time of the structured search.

Limitations

This systematic review and meta-analysis had certain limitations. Firstly, in the majority of studies, a selected population was examined—namely, a surgically explored group—and therefore the data provided in this meta-analysis cannot simply be extrapolated to individual patients with suspicion of PHV endocarditis. Furthermore, patients with negative imaging findings will often not undergo reoperation; consequently, this specific patient category was not included in the data analysis in many studies. This paper advocates for more prospective diagnostic cross-sectional studies to determine the exact value of novel non-invasive imaging modalities (3D TEE, MDCT, and FDG-PET/CT) in patients with suspected PHV endocarditis. Secondly, the exact location of missed periannular complications and the sort of TEE probe used (mono/bi/multiplane) was not provided in many of the studies, and so meta-regression could not be performed for these covariates. Thirdly, in a considerable number of the studies, the interval of time between index test and reference standard was either not reported or was too long. This time interval is a critical factor in determining the reliability of diagnostic accuracy measures. In addition, limited MDCT data were available (n=50), resulting in large confidence intervals for the pooled estimates of MDCT+TEE. Prospective MDCT studies are needed to confirm the promising findings of this meta-analysis.

Fourth, in clinical practice, MDCT studies have demonstrated that MDCT can have additional diagnostic value, chiefly in patients with mechanical aortic PHVs. We were not able to perform meta-regression analysis on valve position (aortic vs. mitral position), as this data could not be extracted from the majority of studies and because of the small patient numbers in the limited MDCT data that was available.

Conclusions

TEE demonstrates good sensitivity and specificity for establishing a diagnosis of PHV endocarditis and for detecting complications associated with high mortality, yet it still misses a substantial number of signs of PHV endocarditis. MDCT in addition to echocardiography may improve diagnostic accuracy in patients with suspected PHV endocarditis, especially in cases of life-threatening periannular extensions requiring urgent reoperation. Further prospective studies are needed to determine the diagnostic value and position in the diagnostic algorithm of additional novel 3D TEE, MDCT, and FDG-PET/CT imaging modalities.

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