Abstract: Micromixing is a key process in microfluidics technology. However, rapid and efficient fluid mixing is difficult to achieve inside the microchannels due to unfavourable laminar flow. Active micromixers employing ultrasound and thermal energy are effective in enhancing the micromixing process; however, integration of these energy sources within the devices is a non-trivial task. In this study, ultrasound and thermal energy have been extraneously applied at the upstream of the micromixer to significantly reduce fabrication complexity. A novel Dean micromixer was laser-fabricated to passively increase mixing performance and compared with T- and Y-micromixers at Reynolds numbers between 5 to 100. The micromixers had a relatively higher mixing index at lower Reynolds number, attributed to higher residence time. Dean micromixer exhibits higher mixing performance (about 27% better) than T- and Y-micromixers for $40 \leq Re \leq 100$. Influence of ultrasound and heat on mixing is more significant at $5 \leq Re \leq 20$ due to the prolonged mechanical effects. It can be observed that mixing index increases by about 6% to 10% once the temperature of the sonicated fluids increases from $30^\circ C$ to $60^\circ C$. The proposed method is potentially useful as direct contact of the inductive energy sources may cause unwanted substrate damage and structural deformation especially for applications in biological analysis and chemical synthesis.

Keywords: microfluidics; micromixer; ultrasound; thermal; dean flow

1. Introduction

Microfluidics is an evolving field, with applications providing significant control and manipulation of fluids within the microenvironment [1,2]. Micromixing is the backbone of microfluidic devices for the applications of reagents and analytes detection, drug screening, diseases diagnosis and various fluidic operations at microscale [3–5]. The micromixing characteristics of microfluidics are contrary to mechanical mixing in which the latter falls in a turbulence regime, whereas the former is associated with laminar regime as a consequence of miniaturized feature of microchannel having hydraulic diameters of less than several hundred microns.

Micromixing can be divided into two distinguishable mixing principles, namely active and passive mixing [2,6]. Of many active mixing mechanisms, ultrasound and thermal energies are the two common modes of inductive external source for creating fluid disturbance in micromixers. Ultrasound has been reported as an effective means to enhance mixing performance in microfluidics [7–9]. This is because the dissipated ultrasound energy induced acoustic streaming from the formation of intensified macroscopic liquid flow [7]. The mechanical effect due to acoustic streaming was shown to be effective in improving mixing at significantly higher flow rates [7]. Yang et al. [9] directly introduced ultrasonic vibration using 60 kHz piezoelectric ceramic to create turbulence during relatively fast micromixing between a uranine solution and water. Similarly, thermal energy was found
effective in enhancing micromixing as the fluid viscosity reduces with the increase of temperature, thereby promoting greater molecular diffusion [10,11].

Passive mixing is the preferred mixing mechanism due to its ease of fabrication and non-reliance on external energy. The absence of turbulent flow in the micromixers poses a challenge to completely mix the fluids as the mixing dominantly depends on molecular diffusion [12–14]. Since turbulent flow is seldom achieved, mass transfer by molecular diffusion can be enhanced by increasing either residence time or contact surface between the mixing fluids. Longer residence time can be achieved by geometrical manipulation [15,16] and reduced fluid flow rate [17,18], while larger mixing interface can be achieved by introducing Dean vortices (secondary flow) inside the microchannel [19,20]. Various designs of passive micromixer have been studied in the past, including chaotic advection-based and lamination-based micromixers [21]. Using chaotic advection-based micromixer, Parsa et al. [19] demonstrated enhanced mixing performance in a sinusoidal convergent–divergent microchannel due to the effect of combined Dean and separation vortices especially at Re > 20. Ansari et al. [20] studied unbalanced split and recombination lamination-based micromixer on the basis of unequal Dean number for varying Reynolds number of 10 ≤ Re ≤ 80, and the outcome of the mixing performance is relatively higher than that of balanced micromixers. The enhanced mixing can be attributed to the unbalanced collision of two fluid streams which causes perturbed and shifted mixing fluid interface inside the mixing junction.

Although passive mixing is preferable due to simple mixing principle, their mixing performance is lower and more difficult to control compared to an active micromixer [2]. In spite of that, active mixing mechanisms also have their own limitations. For instance, magnetic force induced mixing usually requires utilization of ferrofluid [22] to create disturbance inside the fluidsics system, which is undesirable especially for DNA purification process [23,24]. Furthermore, additional actuating mechanisms employing i.e., magnetic beads or magnetic artificial cilia [25] increases system complexity. Active micromixers utilizing ultrasound and thermal energy have been demonstrated effective to enhance micromixing process. Luong et al. [26] fabricated interdigitated electrodes for concentrating the remotely introduced acoustic energy through manipulation of applied voltage and frequency, while Yaralioglu et al. [27] demonstrated acoustic stirring by means of embedded piezoelectric transducers. Nevertheless, integration of these mechanisms within the devices is a non-trivial task [9,11,26,27]. Similarly, Bezagu et al. [28] utilized a remotely focused ultrasound to induce vaporization of perfluorocarbon phase at varying acoustic pressure (in MPa) and intensity of the focused wave (in Watt/cm²). Acoustically driven sidewall-trapped microbubbles [29] also showed encouraging utilization of ultrasound in mixing enhancement. Meng et al. [30] found that the micromixing performance can be enhanced at relatively higher temperatures by increasing the applied AC voltages through four arc-electrodes. In a different study, Huang et al. [31] also demonstrated a higher mixing efficiency utilizing electrothermal heating as compared to passive mixing using diffusive and convective obstacles. However, the direct contact of the energy sources may cause substrate damage and structural deformation [32]. To the best of our knowledge, there is no publishable work combining passive Dean micromixer with extraneously induced ultrasound and thermal energy to enhance mixing performance, which is the primary aim of this study. Here, a Dean micromixer was laser-fabricated, and its mixing performance was compared with well-known T- and Y-micromixers at different Reynolds numbers (5 ≤ Re ≤ 100). The proposed ultrasound and thermal energy were applied extraneously at the upstream of the micromixer to significantly reduce fabrication complexity, and their effects on mixing performance were also investigated. The experiment is described in the following section.

2. Materials and Methods

2.1. Mixing Quantification

Mixing performance is usually determined using homogeneity information of the mixing images [15,17,33–35] at the expense of overestimated or underestimated mixing
index. To overcome this, an optical method based on RGB colour model was employed to compute the mixing index [36]. This method considers each pixel inside the mixing image by decoding their red, green and blue (RGB) values as follows:

\[
\text{Mixing index} = \frac{N_{\text{mixed}}}{N_{\text{mixed}} + N_{\text{unmixed}}} \tag{1}
\]

where \(N_{\text{mixed}}\) and \(N_{\text{unmixed}}\) are the number of pixels for mixed and unmixed solution, respectively, computed using the following equations:

\[
N_{\text{mixed}} = n \left( r_{g,\text{min}} \leq R \leq r_{g,\text{max}} \cap g_{g,\text{min}} \leq G \leq g_{g,\text{max}} \cap b_{g,\text{min}} \leq B \leq b_{g,\text{max}} \right) \tag{2}
\]

and

\[
N_{\text{unmixed}} = n \left( r_{b,\text{min}} \leq R \leq r_{b,\text{max}} \cap g_{b,\text{min}} \leq G \leq g_{b,\text{max}} \cap b_{b,\text{min}} \leq B \leq b_{b,\text{max}} \right)
+ n \left( r_{y,\text{min}} \leq R \leq r_{y,\text{max}} \cap g_{y,\text{min}} \leq G \leq g_{y,\text{max}} \cap b_{y,\text{min}} \leq B \leq b_{y,\text{max}} \right) \tag{3}
\]

where number of detected pixels within the range of RGB values is denoted by \(n\) and \(\cap\) is the AND Boolean operator. The extracted minimum/maximum RGB values are represented by \(r\), \(g\) and \(b\). The representative green, blue and yellow pixels are denoted by subscripts \(g\), \(b\) and \(y\), respectively. A mixing index of 0 or 1 represents unmixed and fully mixed solutions, respectively. It is noted that the reference RGB values in Equations (2) and (3) are discussed in Section 3.1.

2.2. Micromixer Fabrication

Figure 1a shows a schematic diagram of the proposed Dean micromixer design utilizing unbalanced collision of Dean vortices at the inlet channels. The magnitude of the Dean vortices is directly related to the Reynolds number and is described by the following equation:

\[
\text{De} = \text{Re} \left( \frac{D_h}{2R_c} \right)^{1/2} \tag{4}
\]

where \(\text{De}\) is the Dean number, \(D_h\) hydraulic diameter of channel and \(R_c\) is the radius of curvature of the curved path. By referring to Equation (4), a decrease in the radius of curvature will increase the Dean number while the effect of \(R_c\) towards Dean number is twice of that \(D_h\). The optimum ratio of Dean number is 1.414 as reported by Ansari et al. [20]. In this study, a similar concept of unbalanced Dean numbers with the same Dean number ratio was employed for the inlet channels by manipulating the inlets’ radius of curvature. For meaningful comparison and benchmarking purposes, performance of Dean micromixer, in term of the mixing index was evaluated and compared with well-known T- and Y- micromixer designs [7,15,17,37], as shown in Figure 1b,c, respectively. Point A has been selected by taking into consideration the characteristic length, \(L_C\) of the microchannel:

\[
L_C = L/D_h \tag{5}
\]

where \(L\) denotes the distance of the measurement point from the junction of the microchannel. The selected point A (indicated by \(L_A\) in Figure 1a) with \(L_C = 32.5\) is approximately similar to the previously conducted study by You et al. [14] with \(L_C = 33.3\). As shown in Figure 1, point B \((L_C = 97.5)\) was set to be three times \(L_C\) of point A, and used to compute the mixing index downstream of the microchannel [38]. Point B is indicated by \(L_B\) in Figure 1a.

Figure 2 illustrates the procedures to fabricate the micromixers using lamination film (200 µm thickness), double-sided adhesive film [39] (100 µm thickness) and PMMA sheet (3 mm thickness) as the main components. The central part which consists of lamination film, sandwiched in between two adhesive films was laser cut using a CO\(_2\) laser (Model: Fabool, smartDIYs Inc., Tennessee, Japan). Laser micromachining process was selected because it provides great advantages over other method in term of fabrication time and cost, although some complex 3D microchannel designs are difficult to fabricate using this method [40,41].
The laser was set with parameters of 1.2 W power, 150 mm/s speed, 50.8 mm focal distance and three laser passes to construct the microchannels. The measured dimension of the channel is approximately 250 µm. A PMMA sheet was attached on top of the central part to increase the micromixer structural rigidity. To compensate for flatness irregularities, an additional lamination film was glued to the base of the micromixer. It is noted that the same laser was used to produce 5 mm holes for two inlets and one outlet on the PMMA sheet prior to the final assembly, with laser parameters of 40 W power, 500 mm/s speed, 50.8 mm focal distance and single laser pass. These ports were connected to transparent tubes of 3 mm internal diameter using 3D printed connector. UV acrylic resin was used to prevent any leakage at the ports. Figure 3 shows the fabricated T-, Y- and Dean micromixers.

Figure 1. Structure of the designed micromixers and the points of measurements (A and B) (a) Proposed Dean micromixer (b) T-micromixer (c) Y-micromixer.

Figure 2. Steps in fabricating micromixers.
2.3. Experimental Setup

Figure 4 shows a schematic diagram of an experimental setup, which includes a micromixer, digital video microscope, fluid driving mechanism and ultrasonic tank with temperature control. 3D printer was used to fabricate a dual syringe pump to drive two streams of coloured solutions into the separate inlet arms of T-, Y- and Dean micromixers with an equal flow rate. Food grade dyes were diluted with deionized water with ratio of 1:25 to produce these yellow and blue coloured solutions. The viscosity and density of the coloured solutions are assumed similar to deionized water. The coloured solutions inside both syringes were driven by a NEMA 17 stepper motor, connected with a lead screw and guided with two steel rods. A4988 motor driver was used to drive the stepper motor, and Arduino UNO as the controller. The A4988 motor driver was used to increase the resolution step from 200 to 3200 for a single rotation. Additionally, the dual syringe pump system was connected with a DC power supply (GPS-3030D, Good Will Instrument Co., Ltd., New Taipei City, Taiwan). Image acquisition was performed at 4× magnification using a digital video microscope (MD500, AmScope, Irvine, CA, USA). The captured mixing images were post-processed using MATLAB software to compute their respective mixing indices using Equation (1). The schematic diagram for the experimental setup is shown in Figure 5.

![Figure 3. Fabricated T-, Y- and Dean micromixers.](image1)

![Figure 4. Schematic diagram of the micromixing experiment.](image2)
processed using MATLAB software to compute their respective mixing indices using Equation (1). The schematic diagram for the experimental setup is shown in Figure 5.

**Figure 5.** Experimental setup of the micromixing experiment.

Firstly, the effect of extraneously induced excitation due to ultrasound towards mixing index was carried out by immersing 40 cm length PVC tube inside the ultrasonic tank (Model: SHE-UT8031-EUK, RS Components Ltd., Kwai Chung, Hongkong). Secondly, the heating element inside the same ultrasonic tank was regulated to investigate the effect of both ultrasound and thermal energy on mixing performance. In all of the studies conducted, the mixing indices were measured at the Reynolds numbers ranging from 5 to 100. For comparison purposes, the mixing indices were measured at two measurement points as shown in Figure 1.

### 3. Results and Discussion

A novel passive Dean micromixer based on the concept of unbalanced Dean vortices was proposed and fabricated by means of laser micromachining process. Experimental analysis was performed to investigate the mixing index at different flow rates, varied between $5 \leq \text{Re} \leq 100$. Initially, mixing indices of the fabricated Dean micromixer was benchmarked against T- and Y-micromixers. Then, the effects of extraneously ultrasound-induced excitation (sonication) and thermal energy on mixing index were evaluated.

#### 3.1. Preliminary Experiment

As described in Equations (2) and (3), maximum and minimum RGB values were determined prior to computing the mixing index in Equation (1). These values were experimentally obtained by decoding captured images of the solutions inside the microchannel to their respective RGB pixel intensities, as listed in Table 1.

### Table 1. Specified RGB values for unmixed and mixed solutions.

|Solution Type                              | Red (R)         | Green (G)       | Blue (B)       |
|-------------------------------------------|-----------------|-----------------|----------------|
|Unmixed Blue Coloured Solution             | $R \geq 0$ and $R \leq 19$ | $G \geq 42$ and $G \leq 100$ | $B \geq 50$ and $B \leq 156$ |
|Unmixed Yellow Coloured Solution           | $R \geq 59$ and $R \leq 136$ | $G \geq 50$ and $G \leq 131$ | $B \geq 0$ and $B \leq 8$ |
|Mixed Green Coloured Solution              | $R \geq 20$ and $R \leq 96$ | $G \geq 80$ and $G \leq 129$ | $B \geq 23$ and $B \leq 116$ |
3.2. Comparison of Mixing Index between T-, Y- and Dean Micromixers

Qualitative experimental mixing images for T-, Y- and Dean micromixers along the straight microchannels are presented in Figures 6–8, respectively. Initially, the two dissimilar fluids underwent mixing at the junction before flowing into the straight mixing channel. A distinctive narrow region of mixed solution (green coloured) can be observed along the straight microchannel. Mixing index at position B is higher in comparison to position A due to enhancement of mixing behaviour as the fluids flow downstream [35,42]. It can be observed that the mixing occurred the most at the centre of the microchannel due to symmetrical nature of the channel contributed by diffusive mixing mechanism [43].

| Re  | Position A         | Position B         |
|-----|--------------------|--------------------|
| 5   | Mixing Index = 0.179 | Mixing Index = 0.350 |
| 40  | Mixing Index = 0.084 | Mixing Index = 0.127 |
| 100 | Mixing Index = 0.072 | Mixing Index = 0.106 |

Figure 6. Captured mixing images and mixing index of T-micromixer for Re = 5, 40 and 100 (Image Size: 250 × 174 µm²).

Figure 9 compares quantitative mixing indices of T-, Y- and Dean micromixers at position B for 5 ≤ Re ≤ 100 in the absence of ultrasonic excitation and thermal energy. Three mixing indices of T-micromixer for Re = 5 at room temperature have been computed (MI = 0.3501, 0.3505 and 0.3492). The average value and standard deviation for the sample are 0.3499 and 0.00067, respectively. Because the standard deviation is insignificant, only one measurement was taken for each Reynolds number at different operating conditions [36]. A clearly similar mixing trend can be observed irrespective of the inlet geometrical designs, as the mixing enhances with a decreasing Reynolds number. All three micromixers have a relatively higher mixing index at a lower Reynolds number attributed to increased molecular diffusion due to higher residence time [44]. This corroborates well with the findings reported in [45,46] for Re < 150.
It is noted that the T-micromixer demonstrates marginally higher mixing performance as compared to Y- and Dean micromixers for $5 \leq \text{Re} \leq 20$. This is because the effect of molecular diffusion is more pronounced than the effect of Dean flows. In the curved microchannel (see Figure 1a), higher velocity magnitude at the channel centre has the tendency to move outward of curvature, creating a radial pressure gradient. Because of this centrifugal pressure gradient, the more stagnant fluid at near-wall region would recirculate inward, forming two counter-rotating vortices called Dean vortices with different magnitude depending on the microchannel radius of the curvature [47]. Hence, fluids originating from two dissimilar geometrical inlets having different Dean numbers causes an unbalanced collision of the secondary flow (Dean vortices), and the Dean effect on mixing index becomes more significant at $\text{Re} > 20$ [20,47]. This agrees well with the earlier study by Shah et al. [17] who found that the effects of Dean number on mixing is more apparent at higher Reynolds number since Dean number is proportional to Reynolds number (see Equation (4)). For this reason, the Dean micromixer exhibits higher mixing performance (about 27% better) than the T- and Y- micromixers for $40 \leq \text{Re} \leq 100$. 

| Re  | Position A       | Position B       |
|-----|------------------|------------------|
| 5   | Mixing Index = 0.157 | Mixing Index = 0.278 |
| 40  | Mixing Index = 0.081 | Mixing Index = 0.112 |
| 100 | Mixing Index = 0.070 | Mixing Index = 0.098 |

Figure 7. Captured mixing images and mixing index of Y-micromixer for Re = 5, 40 and 100 (Image Size: 250 $\times$ 174 $\mu$m$^2$).
Figure 8. Captured mixing images and mixing index of Dean micromixer for Re = 5, 40 and 100 (Image Size: 250 × 174 µm²).

Figure 9. Mixing index of T-, Y- and Dean micromixer for 5 ≤ Re ≤ 100 at position B.

3.3. Comparison of Mixing Index between T-, Y- and Dean Micromixers

In the previous experiment, the working fluid temperature was maintained at 25 °C. However, ultrasonic wave propagation resulted in a temperature increase in the fluid [48], and therefore the fluid temperature was maintained at 30 °C for determining the sole
effect of ultrasound toward mixing index. The combined ultrasound and thermal effects were subsequently studied at a temperature of 60 °C. It is assumed negligible losses of ultrasound energy and heat energy as the fluid moving from the source to the interrogation point. Qualitative images of the experimental results for Dean micromixers subjected to 40 kHz ultrasound at 30 °C and 60 °C are presented in Figures 10 and 11, respectively.

| Re   | Position A                          | Position B                         |
|------|-------------------------------------|-------------------------------------|
| 5    | ![Image](mixing_index_5.png)        | ![Image](mixing_index_5.png)        |
|      | Mixing Index = 0.207                | Mixing Index = 0.453                |
| 40   | ![Image](mixing_index_40.png)       | ![Image](mixing_index_40.png)       |
|      | Mixing Index = 0.095                | Mixing Index = 0.173                |
| 100  | ![Image](mixing_index_100.png)      | ![Image](mixing_index_100.png)      |
|      | Mixing Index = 0.078                | Mixing Index = 0.145                |

**Figure 10.** Captured mixing images and mixing index of Dean micromixer using 40 kHz ultrasound and 30 °C for Re = 5, 40 and 100 (Image Size: 250 × 174 µm²).

The experimental results for mixing indices at different operating conditions for the Dean micromixer are shown in Figure 12. It can be observed that the mixing index increases with the decrease of Re. The highest mixing index for varying Reynolds number (5 ≤ Re ≤ 100) can be attained under the influence of both ultrasound and thermal energies, followed by ultrasound energy only. This can be attributed to the formation of strong microjets and micro-streams caused by the collapse of microbubbles due to cavitation developed from the ultrasonic wave propagation (sonication) [32]. Furthermore, a phenomenon known as acoustic streaming, which is a convective and macroscopic flow was generated by energy gradient from absorption of acoustic energy during the passage of acoustic wave [7,49]. Acoustic streaming is favourable as it enhances micromixing by providing micro agitation inside the liquid phase [32,50]. Additionally, temperature rise reduces fluids viscosity allowing the Dean vortices to retain their hydrodynamic identity longer for enhanced molecular diffusion [32].

It can be observed that the ultrasound and thermal effects on mixing performance is more significant at 5 ≤ Re ≤ 20 because of increased residence time [7,11]. Due to increased residence time, the external energies transmitted responsible for the mechanical effects within the system are prolonged, increasing mass transfer between these mixing fluids [50]. It has also been found that the mixing index increased by about 6% to 10% at various Reynolds numbers once the sonicated mixing fluids were heated from 30 °C to 60 °C.
4. Conclusions

Micromixer is a fundamental aspect of fluid manipulation in microfluidic systems. Various active and passive micromixing principles have been proposed to increase the mixing performance of the system. In this paper, a laser-fabricated Dean micromixer was presented, and its mixing performance was compared with well-known Y- and T-micromixers at different Reynolds number from Re = 5 to Re = 100. In addition, ultrasound and thermal energy were applied extraneously and their effect toward mixing performance were also investigated. All three micromixers show relatively higher mixing indexes at lower Reynolds numbers, which is attributed to increased molecular diffusion due to higher residence time. T-micromixer demonstrates marginally higher mixing performance as compared to Y- and Dean micromixers for 5 ≤ Re ≤ 20. The Dean micromixer exhibits higher mixing performance (about 27% better) as compared to T- and Y- micromixers for...
40 ≤ Re ≤ 100. The highest mixing index for varying Reynolds number (5 ≤ Re ≤ 100) can be attained under the influence of both ultrasound and thermal energies. This may be attributed to the formation of strong micro-jets and micro-streams caused by the collapse of microbubbles due to cavitation developed from the ultrasonic wave propagation (sonication). It can be observed that the ultrasound and thermal effects toward mixing performance is more significant at 5 ≤ Re ≤ 20 because of prolonged mechanical effect within the system. It is also found that the mixing index increases of about 6% to 10% at various Reynolds numbers once the sonicated mixing fluids were heated from 30 °C to 60 °C. The temperature increases reduce fluids viscosity, thereby allowing the Dean vortices to retain their hydrodynamic identity longer for enhanced molecular diffusion.

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