Optimization and characterization of trypsin of *Labeo rohita* from its visceral waste

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Abstract

The disposal of fish visceral waste, is currently posing a major threat to fishery industries and environment. 35% of the total global catch and 27% of the landed fish is wasted. The inappropriate disposal of fish waste pollutes ground water and soil (by nitrate leaching), surface water (by eutrophication) and harbors insect/rodent infestations due to release of noxious odor such as indole, sketol, cadavarine, putricine etc. Technical advancement has enabled recovery of value-added products. Present investigation involved isolation of visceral enzyme from widely consumed freshwater fish *Labeo rohita*. The enzyme was purified and characterized as trypsin. Among the different precipitating agents chosen cold acetone was found the best. The amidolytic activity of the enzyme using BAPNA substrate was studied. From the Lineweaver-Burk plot the Km and Vmax were calculated. The molecular weight, optimum pH and temperature were 24 KDa, 8.5 and 40°C, resp. The LCMS studies showed that the enzyme exhibited 19.3% similarity with commercial (bovine) trypsin. It was thus, anticipated to minimize the waste burden in an eco-friendly manner.

Keywords: Fish visceral waste; Protease; Trypsin; SDS-PAGE; LCMS; Enzyme kinetics

1. Introduction

The increased demand for seafood throughout the world has contributed to a rapid growth of aquaculture than any other segment of animal culture industry. Fishes are next only to meat and poultry as a staple food of most of the countries. Aquaculture has thus become an important activity in many countries which contributes to 25% of the total world seafood supply [1]. By the year 2025, generation of solid waste is expected to reach 19 billion tones. The developing countries are bound to use polluted water for irrigation [2]. According to World Bank report, by 2030 the global fish supply is estimated to increase by 5 lac metric tons. Of this, only 4 lac metric tons will be consumed and remaining will be wasted. This waste includes by-catch discards and processing wastes. The by-catch include non-targeted organisms such as juvenile fishes, marine benthic mammals etc. whereas, processing waste includes head, frames, fins, tails, viscera, and skin [3]. The wastes generated through processing of fish, is around 30-60% [4]. The global fish production and consumption in the last six years as given by FAO [5] emphasize over increase in waste production.

The dumping of this waste into sea is very unscientific practice [6, 7]. Waste present in water body undergoes decomposition and generates toxic by-products. This decreases dissolved oxygen and pH and overloads nitrogen, phosphorus and ammonia content *i.e.* leads to eutrophication. This in turn promotes biomass of planktons [8]. Also, improper storage, handling and disposal practices of this waste causes environmental and health problems, insect/rodent infestations and noxious odor such as indole, sketol, cadavarine, putricine etc. The establishment of “zero waste” policy by The European Commission has laid obligations on landings and by-catch [9]. These legislations forbid on discards of landings and by-catch back into the sea [10] and emphasize on utilization of fish waste in an organized manner. The fish waste includes fish head, viscera, skin, scales, air bladder, bones, blood, frame liver, gonads, guts, etc. [11]. Fish waste is rich in proteins, amino acids, bioactive peptides, collagen, gelatin, calcium,
enzymes, valuable oils, minerals, fats, pigments and flavors [3]. Using biotechnological approaches, value added products can be obtained thereby reducing the waste load on environment. Some of these are collagen, gelatin, fish hydrolysate, fish oil, and enzymes, as described by Rebah and Miled, [12]. Of these, enzymes are the most important one. Among industrial enzymes, hydrolytic enzymes account for 75% and among hydrolytic enzymes, proteases contribute 59% of total worldwide sales of enzymes [13].

The fish culture system of India includes Indian major carps (Labeo rohita, Catla catla and Cirrhinus mrigala) and Chinese carps (Silver carp and Grass carp). Of these, Labeo rohita is the fastest growing species so is most preferred species. The percentage of freshly marketed Labeo rohita stock amounts around 30-35% in three-species culture system, while in six-species culture it forms 15-20%. The present investigation focused on isolation and characterization of trypsin from Labeo rohita viscera.

2. Materials and methods

2.1. Sampling
The fish samples were procured from 4 different fish markets of Bhopal (Banjari fish market, Bittan market area, Kotra Sultanabad fish market and Shahpura fish market). The fishes (identified by an online database FishBase) were adult and healthy, weighing 2Kg (±0.5) and were collected during post-monsoon and pre-monsoon seasons. The viscera- liver and intestine were immediately kept in an ice-box and transferred to Molecular Biology Laboratory, Department of Biotechnology, Barkatullah University, Bhopal. 100g liver and 100g intestine (Axis LC/GC weighing balance) of each species was excised, washed with 0.8% saline to remove blood and debris, labeled and stored at – 20°C for further use.

2.2. Preparation of crude enzyme extract
The crude enzyme extract was prepared according to the method of Simpson and Haard [14]. A 10% homogenate of liver and intestine was prepared in extraction buffer (1mM Tris-HCl and 1mM CaCl2; pH 8) using mortar and pestle. The suspension so obtained was agitated at 200 rpm at 4°C for 30 min (ORBITEK Orbital shaker, Scigenics- Biotech) followed by centrifugation (Eppendorf Centrifuge, 5415R) at 11,400g at 4°C for 30 min. The supernatant was collected and stored as Crude Enzyme Extract in deep freezer (Blue star) at -20°C. Protein concentration was determined by Lowry's method [15] using bovine serum albumin (BSA) as standard.

2.3. Clarification of crude extract
The crude enzyme extract was clarified using ice-chilled acetone (1:3), TCA: Acetone (1:3) and ammonium sulfate (30% and 80% saturation). After adding precipitant it was incubated for 15 min at -20°C and centrifuged at 6,000g at 4°C for 30 min. The supernatant was discarded and pellet was retained. The ammonium sulfate soluble fraction was dialyzed overnight using eggshell membrane (SPINOT magnetic stirrer) against the extraction buffer at 4°C to remove excess salt ((NH4)2SO4).

2.4. Purification using gel filtration chromatography
To prepare DEAE-cellulose column (0.5 x 5.5 cm), the gel matrix was swollen completely in extraction buffer. An equal volume of buffer was added to the swollen gel to make slurry. This slurry was poured into the column to completely fill it. The column was then washed 2-3 times bed volumes of buffer to equilibrate the column and sample was applied (0.25 ml min-1) onto the column. Same buffer was used as effluent and all fractions were collected until the effluent had no detectable absorbance at 280 nm. The fraction with highest absorption peak was chosen for further studies.

2.5. Characterization of trypsin
The amidase activity of purified trypsin was determined according to the method of Erlanger et al., [16] using N-α-benzoyl-DL-arginine p-nitroanilide (BAPNA) as substrate. 100 µl of enzyme sample was added to an aliquot of substrate BAPNA in tris buffer (pH 8.2) and the release of p-nitroaniline (resulting in an increase in absorbance) was measured at 410 nm after 10 second intervals for 3 min. (extinction coefficient = 8800 /M/cm) using spectrophotometer. One BAPNA unit of amidase activity is defined as 1 µmol p-nitroaniline product formed per min from BAPNA at 25°C.

\[
U = \frac{\Delta A_{410nm}}{\eta \times l \times v} \times (\text{min}) \times f \times V
\]
Where,

\[ U = \text{amidase activity units} \]
\[ f = \text{conversion factor (10^6)} \]
\[ \eta = \text{extinction coefficient of p-nitroaniline i.e. 8800} \]
\[ \Delta A_{410nm} / (\text{min}) = \text{absorbance change at 410nm per min} \]
\[ V = \text{reaction volume (ml)} \]
\[ l = \text{path length (cm)} \]
\[ v = \text{volume of enzyme (ml)} \]

2.6. Enzyme Kinetics
On varying substrate concentration, velocity was determined and Lineweaver-Burk double reciprocal plot was constructed. From this plot, Km and Vmax were determined. The enzyme turnover number (kcat) was calculated by dividing Vmax by enzyme molar concentration (s⁻¹). Using this value, enzyme efficiency was determined (kcat/Km) (s⁻¹µM⁻¹).

2.7. Effect of pH and temperature
To determine optimum pH, buffers of varying pH were prepared: 0.1 M citrate-NaOH (pH 4.0), 0.1 M citrate-NaOH (pH 6.0), 0.1 M Tris-HCl (pH 7.0), 0.1 M Tris-HCl (pH 8.0), 0.1 M Tris-HCl (pH 8.5), and 0.1 M glycine-NaOH (pH 10). To 900 µl buffer solution, 50 µl enzyme sample and 50 µl substrate were incubated for 5 min. at 37 °C. After this, 1ml 0.1M KOH was added to stop the reaction and yellow color produced was measured at 405nm. The activity was plotted in function of pH [17].

To determine temperature dependency of sample, 2.8 mL of the substrate was equilibrated at temperatures of 20°C to 70°C in a spectrophotometer for approximately 45 min. with 0.2 mL of the enzyme sample. The rate of hydrolysis was then measured as change in absorbance at 480nm min⁻¹[17].

2.8. Molecular weight determination
SDS polyacrylamide gel electrophoresis (Bio-Rad) was carried out to determine the molecular weight of isolated trypsin [18].

2.9. Orbitrap High Resolution Liquid Chromatography Mass Spectrometry (O-HRLCMS)
The enzyme sample was incubated with 50mM ammonium bicarbonate buffer at 37 °C for 12hr to undergo self-cleavage. The solution was desalted using Zip-Tip C18 (Millipore Co., Billerica, MA, USA) and spotted with α-cyano-4-hydroxy-cinnamic acid for peptide finger printing and mass spectrometry.

2.10. Statistical analysis
All the values are presented as mean ± standard deviations carried out in triplicates. The data was analyzed using analysis of variance (ANOVA) and values significant above confidence level 95% (p<0.05) were accepted.

3. Results and discussion

3.1. Determination of Protein Content in Crude Enzyme Extract
A comparative study of protein content among the crude extracts was conducted during different seasons. Among all the fish waste extracted, the protein content was consistently higher in hepatic extracts which may probably due to orientation of liver towards metabolic potential [19]. Generally, protein content of fish tends to be constant with season, but varies due to physiological factors such as starvation, maturation, feeding and spawning [20]. Similar observations were reported by Pilla et al., [21] while determining protein in liver and muscles of Lutjans johni. Prasad et al., [22] have also observed seasonal variations in composition of biochemical constituents in case of marine fishes Gazza achatamys and Ariomma indica. They stated that hormones exert biochemical fluctuations in fish tissues by stimulating protein synthesis.

3.2. Clarification of crude extract
All the precipitating agents were found resourceful as a significant amount of pellet was obtained in each case. Although, ammonium sulfate precipitation method resulted into highest pellet weight (591.01 mg) among all, yet it was found with lower protein content (111.39 mg ml\(^{-1}\) as highest value) than cold acetone precipitation method (133.25 mg ml\(^{-1}\) as lowest value). This may be because of presence of salt particles molecules along with pellet by forming hydrogen bond with precipitated protein molecules as emphasized by Purwanto [23]. Lamas et al. [24] have also reported cold acetone precipitation method effective at initial stage of purification of trypsin from *Merluccius hubbsi* visceral waste.

### 3.3. Purification of Trypsin by Gel Filtration Chromatography

On performing Gel Filtration Chromatography, all the five fractions gave comparatively narrower peaks which confirm purification of trypsin. However, all the fractions were found to contain trypsin. Appearance of peak around 280 nm in the crude extract indicates presence of trypsin although along with other proteins, as the peaks were broader as compared to standard (Fig. 1).

![Absorption spectra of crude extract, Standard= commercial trypsin, and Fraction1= chromatographic fraction 1](image1)

**Figure 1** Absorption spectra of crude extract, Standard= commercial trypsin, and Fraction1= chromatographic fraction 1

So in order to obtain more yields either all the fractions need to be pooled out together or some other purification technique should be accompanied with the technique performed. The implementation of Sephadex G-100 gel filtration chromatography along with DEAE-Cellulose column chromatography by Geethanjali and Subash [25], for purifying Labeo rohita visceral protease resulted into 13.40 fold purity.

### 3.4. Kinetic characteristics of Trypsin in Chromatographic Fraction of RL-IV

The successful application of an enzyme depends upon its properties such as activity, specific activity, optimum pH and temperature, efficiency, turnover number and other kinetic parameters. In the present study, enzyme activity for BAPNA (N-\(\alpha\)-benzoyl-DL-arginine p-nitroanilide) hydrolysis was studied as 19.56 U ml\(^{-1}\) specific activity as 179.44 Umg\(^{-1}\). The Km, Vmax and kcat values were 2.47 mM; 3.5 s\(^{-1}\) and 0.40 µm\(^{-1}\) min\(^{-1}\) as calculated from Lineweaver-Burke plot (Fig. 2) using Graph Pad Prism software version 8. The enzyme efficiency was found 8.34 s\(^{-1}\) mM\(^{-1}\).

![Lineweaver-Burk Plots of fraction RL-IV](image2)

**Figure 2** Lineweaver-Burk Plots of fraction RL-IV
The enzyme activity may be attributed by the herbivore habit of *Labeo rohita* as emphasized by German *et al.* [26]. They have also suggested that a higher metabolic rate of herbivore fish is responsible for higher trypsin activity. The results of Duarte *et al.* [27] were however, found contradictory as they observed more hepatic trypsin activity in omnivore than in herbivore. The herbivore feed, being rich in indigestible fibrous cell wall, observes an increased exposure time of the ingest within the digestive tract and thereby contributes to enzyme activity and efficiency.

### 3.5. Determination of Optimum pH and temperature

The effect of pH on activity of trypsin was studied at a pH range of 4-10 (Fig.3a). Although the activity of trypsin in RL-IV at optimum pH (8.5) was 18.49 U ml\(^{-1}\), yet it retained only 49.2% activity (9.08 U ml\(^{-1}\)) at pH 10. Our result was higher than reported Geethanjali and Subash [2]. The genetic features and anatomical locations govern the variation in optimum pH for different fish species [28]. Presence of enzyme activity at alkaline pH makes the viscera a potential source of enzyme in certain industries (detergent, leather) which employ higher working pH.

The enzyme activity within temperature range 20°C - 70°C (Fig.3b) was studied and maximum activity was found at 40°C which was consistent with the results of Geethanjali and Subash [2]. The enzyme retained 91.1% activity at 50 °C and 56.6% activity at 60 °C but only 9.8% activity at 70 °C. The presence of residual activity at higher temperature (70°C) indicates the thermostable nature of the enzyme which is due to strengthening of hydrophobic interactions and disulfide bonds within the protein molecule [29]. The hydrophobic residues in the enzyme exhibit a tendency to shield themselves from aqueous environment which is thought to impart thermostable nature to the enzyme. The proteases work well as meat tenderizing agent within a temperature range 50°C-70°C for the digestion of hard-to-degrade animal proteins. Detergent solution undergoes higher temperature exposure (around 50°C) for longer durations. The protease to be applied as detergent should be compatible with it and tolerate such temperature [30]. Similarly, Aissaoui *et al.*, [31] found the optimum temperature of visceral trypsin of *Scopaeoa notatum* as 40°C. The presence of Ca\(^{2+}\) in the extraction buffer employed in this study is thought to have contributed towards thermostability of the enzyme as Ca\(^{2+}\) is a known classical trypsin activator [32]. The enzyme retained 91.1% activity at 50 °C and 56.6% activity at 60 °C but only 9.8% activity at 70 °C.

![Figure 3](image_url)

**Figure 3** (a) showing optimum pH for RL-IV, (b) showing optimum temperature for RL-IV

### 3.6. Determination of Molecular weight

From the Electrophoretogram (Fig.4), the molecular weight of enzyme was found 24 KDa, in accordance with the findings of Aissaoui *et al.* [31] who also found similar results while isolating protease from visceral waste of Scorpion fish- *Scorpaena notata*. Instead of a fixed value the molecular weight falls within a range because of genetic variations among species of different habitat and geographical locations [33].
3.7. Analysis of Peptides by Orbitrap High Resolution Liquid Chromatography Mass Spectrometry (O-HRLCMS)

From the Total Ion Current Chromatogram of RL-IV (Fig.5), the peptides showing resemblance with commercial trypsin were analyzed by spectrophotometer in terms of their m/z value. Their sequences are shown in table 1.

Table 1 Determination of Peaks Obtained from Digest of RL-IV Fraction

| S. No. | Retention time (min) | Sequence                  |
|--------|----------------------|---------------------------|
| 1.     | 13.93                | VRLGEHNIVVNEGTEQFINSAKVIRHPSYD |
| 2.     | 14.01                | AAGTKCSVTGWGNTMSPTADSDK     |
| 3.     | 14.07                | CAGYLEG                   |
| 4.     | 24.93                | VTGWGNTMSPTA              |
| 5.     | 25.47                | CSNSYPG                   |
| 6.     | 27.85                | PILSD                     |
| 7.     | 41.63                | NSAKVIRH                  |
The sequences when analyzed using BLAST in protein database (PDB) were found to exhibit 100% similarity with trypsin from other fishes. Table 2 depicts maximum score with these species (with their accession numbers) upon 100% query coverage.

**Table 2** The comparison of maximum score of the sequence of peptides with other fishes resulted from BLAST

| S. No. | Sequence fragment | Fish Species |
|--------|-------------------|--------------|
| 1.     | EGTEQFI (Max. score 26.1) | *Lutjanus purpureus* (AMW07444.1)  
              *Papio anubis* (XP017811734.1)  
              *Anabas testudineus* (XP026226638.1)  
              *Scleropages formosus* (XP018587676.1) |
| 2.     | YPGMIT FCAGY (Max. score 52.8) | *Cyprinus carpio* (BAL04386.1)  
              *Labeo rohita* (AHY00277.1)  
              *Carrasius auratus* (XP026104836.1)  
              *Danio rerio* (NP955899.2) |
| 3.     | MFCAGY LE (Max. score 31.6) | *Amphiprion ocellaris* (XP023119402.1)  
              *Salmo salar* (XP014057038.1) |

The amino acid sequence coverage percentage is a measure for both completeness of proteolysis and analysis efficiency of the peptides. It was analyzed each digest by LCMS to obtain their respective TIC which when subjected to interrogation by MASCOT search engine exhibited 19.3% resemblance with commercial bovine trypsin (Fig.6).

**Figure 6** Sequence Coverage Map of digest of RL-IV fraction

Using Bioinformatics tool, BLAST, the enzyme trypsin obtained was found similar to other fish trypsin. The family serine protease is the best characterized enzyme family and thought to have evolved from a common ancestor. Within this family of hydrolases, the enzyme trypsin (3.4.21.4) seems to have been preserved during evolution. Recently, LCMS has been a proven effective analytical technique for detecting common peptides from a protein digest in polychromic fish samples [34]. They identified the peptides generated by digestion of vitellogenin protein isolated from three different fishes -*Pimephales promelas*, *Micropterus salmoides*, and *Fundulus heteroclitus*.

4. **Conclusion**

The visceral trypsin studied showed similar kinetic properties and structural resemblance with other fish trypsin and commercial (bovine) trypsin. This emphasizes over inflation in requirement of thermostable enzyme. Recombinant trypsin has also been produced, but it is quite expensive. On the other hand, the processing of viscera into trypsin could be a practical alternative of waste management. Moreover, the thermostable nature of trypsin can be applied and derivation into hydrolysate can be studied to further valorize the fish visceral waste. Therefore, this study is anticipated
to solve two purposes firstly, production of industrially important enzymes, secondly, minimization of fish waste in eco-friendly way. On the basis of these findings it can be recommended to fish processing industries to set up a unit in the vicinity of fish catch and landings meant to quickly collect the waste generated.

Compliance with ethical standards

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Disclosure of conflict of interest

No conflicts of interest.

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