Title: Stabilizing biological populations and metapopulations through Adaptive Limiter Control

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Abstract

Despite great interest in techniques for stabilizing the dynamics of biological populations and metapopulations, very few practicable methods have been developed or empirically tested. We propose an easily implementable method, Adaptive Limiter Control (ALC), for reducing the magnitude of fluctuation in population sizes and extinction frequencies and demonstrate its efficacy in stabilizing laboratory populations and metapopulations of *Drosophila melanogaster*. Metapopulation stability was attained through a combination of reduced size fluctuations and synchrony at the subpopulation level. Simulations indicated that ALC was effective over a range of maximal population growth rates, migration rates and population dynamics models. Since simulations using broadly applicable, non-species-specific models of population dynamics were able to capture most features of the experimental data, we expect our results to be applicable to a wide range of species.

Keywords: Metapopulation stability, Synchrony, Ricker model, Extinction, Persistence,
1. Introduction

Stabilizing the dynamics of unstable systems has been a major endeavor spanning different scientific disciplines. Unfortunately, most methods proposed in the literature require extensive \textit{a priori} knowledge of the system and/or real-time access to the system parameters (Schöll and Schuster, 2008). This typically makes such methods unsuitable for controlling biological populations that are often characterized by poor knowledge of the underlying dynamics (however, see Suárez, 1999) and inaccessibility of the system parameters. This problem was partly alleviated with the advent of methods that needed no \textit{a priori} knowledge of the system and perturbed the state variables rather than the system parameters (Corron et al., 2000; Güémez and Matías, 1993; Hilker and Westerhoff, 2007). For example, at least in single-humped one-dimensional maps, constant immigration of sufficient magnitude in every generation can convert chaotic dynamics into limit cycles (McCallum, 1992). Similar phenomena of simpler dynamics replacing more complex behaviour were also observed in models of more complex systems (e.g. Astrom et al., 1996; McCann and Hastings, 1997). However, very few of these theoretical predictions have been empirically verified till date. In one experiment, the dynamics of Tribolium populations were stabilized by low magnitude perturbations (Desharnais et al., 2001). This method required the empirical characterization of the chaotic strange attractor of the dynamics, followed by computation of local Lyapunov exponents over the entire attractor: a somewhat daunting proposition for most application-oriented purposes. Another empirical study on a chemostat-based three-species bacteria-ciliate prey-predator system, implemented theoretically calculated rates of dilution to convert chaotic dynamics into limit cycles (Becks et al., 2005). Again, the calculations leading to the prediction of the dilution rates required fairly
detailed system-specific modeling (see Becks et al. 2005 and references therein) and were
implemented in a system that was spatially-unstructured.

One of the several complications with real populations is that they are very often spatially-
structured (metapopulations), which can lead to complex patterns and dynamics (Cain et al.,
1995; Maron and Harrison, 1997; Perfecto and Vandermeer, 2008; Turchin et al., 1998). Not
surprisingly therefore, the dynamics of metapopulations have received wide attention, in the
context of stabilization (e.g. Doebeli and Ruxton, 1997; Parekh et al., 1998). The rationale
behind such studies was that if the dynamics of a fraction of the subpopulations in a
metapopulation can be controlled in some way, then the stabilized subpopulations can alter the
dynamics of their neighbors and so on. Thus one could expect a cascading effect through the
metapopulation, ultimately leading to the stabilization of the global dynamics. However, the only
study using localized perturbations on real, biological metapopulations failed to find any effect
on global dynamics (Dey and Joshi, 2007). This was attributed to the effects of localized
extinctions in the subpopulations, which were shown to render a previously proposed method
(Parekh et al., 1998) ineffective in terms of stabilizing metapopulations. Thus, there are no
known methods that have been empirically demonstrated to stabilize the dynamics of biological
metapopulations.

One possible reason for this lack of empirical verification of proposed control methods
might be related to the multiplicity of notions related to population stability in ecology. Even 15
years back, a review on the subject had catalogued no less than 163 definitions and 70 concepts
pertaining to stability in the ecological literature (Grimm and Wissel, 1997). Most proposed
control methods (Corron et al., 2000; Güémez and Matías, 1993; McCallum, 1992; Sinha and Parthasarathy, 1995; Solé et al., 1999) pertain to attainment of stability in the form of chaos being replaced by simpler dynamics (stable point or low periodicity limit cycles). While there have been a number of studies demonstrating chaos, or the lack there of, in empirical datasets (Becks and Arndt, 2008; Becks et al., 2005; Dennis et al., 1995; Hassell et al., 1976; Turchin and Taylor, 1992), many of the methods proposed for detecting chaos suffer from their own theoretical limitations (Becks et al., 2005; Turchin and Taylor, 1992). Moreover, the distinction between deterministic chaos and noisy limit cycles often does not lead to meaningful insights in terms of practical applications like resource management or reduction of the extinction probability of a population. Therefore, many experimental studies have concentrated on other attributes of stability that are relatively easier to determine, particularly in noisy systems. Two of the attributes of population stability often investigated in these contexts are the so called constancy (e.g. Mueller et al., 2000) and persistence (e.g. Ellner et al., 2001). A population is said to have greater constancy stability when it has a lower variation in size over time, while greater persistence stability simply refers to a lower probability of extinction within a given time frame (Grimm and Wissel, 1997). In this study, we empirically investigate both these attributes of population stability.

Here we propose a new method, which we call adaptive limiter control (ALC), for reducing the amplitude of fluctuation in population size over time. Our main motivation in proposing this method is to come up with a scheme that would be easy to implement, and at the same time, would be effective in terms of both constancy and persistence of spatially - unstructured and –structured populations. We first explore the method numerically and study its
long-term behaviour. We then use biologically realistic simulations (incorporating noise, extinction and lattice effect) over a range of biologically meaningful parameter values to demonstrate the efficacy of our method for populations with no migration (henceforth called single populations) as well as spatially-structured populations experiencing migration among the constituent subpopulations, henceforth called metapopulations (Hanski, 1999). We also report two separate experiments using replicate single populations and metapopulations of Drosophila melanogaster that validate our theoretical predictions. We further show that ALC reduces extinction in both single populations and metapopulations, albeit by different mechanisms. Finally, we compare ALC with other control methods in the literature, and point out why we believe ALC to be likely applicable to a wide range of organisms.
2. Adaptive Limiter Control (ALC) model

Mathematically, ALC can be represented as:

\[ N_{t+1} = f(N_t) \quad \text{if} \quad N_t \geq c \times N_{t-1}, \]
\[ N_{t+1} = f(c \times N_{t-1}) \quad \text{if} \quad N_t < c \times N_{t-1} \]

where \( N_t \) represents the population size at generation \( t \), \( f(N_t) \) is a function that predicts \( N_{t+1} \) for a given \( N_t \), and \( c \) is the ALC parameter. In other words, when the population size in the current generation goes below a threshold, defined as a fraction \( c \) of the population size in the previous generation, individuals are added from outside to bring the number up to that threshold. No perturbations are made if the population size is above that threshold. The biological interpretation of this scheme is straightforward: the population size in the current generation (i.e. \( N_t \)) is not allowed to go below a fraction \( c \) of the previous population size (\( N_{t-1} \)). As the magnitude of the control is a function of the population size in the previous generation, the number of individuals added changes constantly. This adaptive nature of the algorithm makes it independent of the range of the size of the populations to be controlled, thus enhancing its applicability. ALC belongs to the so called “limiter control” family of algorithms (Corron et al., 2000; Hilker and Westerhoff, 2006; Zhou, 2006), although to the best of our knowledge, this particular scheme has not been proposed earlier in any context.

We began with an investigation of the effects of ALC on the steady-state behaviour of a simple one-dimensional population dynamics model. As the calculation of the magnitude of ALC involves population size over two generations, the dimensionality of the system is increased, which makes precise analytical results difficult. Therefore, in this study, we limit
ourselves to numerical investigations of the effects of ALC. We used the widely-studied Ricker map (Ricker, 1954) to represent the dynamics of the populations. This model is given as $N_{t+1} = N_t \exp\left( r \left( 1 - \frac{N_t}{K} \right) \right)$ where $N_t$, $r$ and $K$ denote the population size at time $t$, per-capita intrinsic growth rate and the carrying capacity respectively. In the absence of any external perturbation, this two-parameter model follows a period-doubling route to chaos with increase in the intrinsic growth rate, $r$ (Fig 1A; May and Oster, 1976). In Fig 1 and Fig 2A, we studied the steady-state behaviour by iterating the Ricker model in the absence of any noise for 1000 steps (larger number of iterations did not lead to any qualitative changes in the graphs), and plotting the final 100 values. We also computed the fluctuation index (Dey and Joshi, 2006a) of the populations as a measure of the corresponding constancy stability. The fluctuation index (FI) is a dimensionless measure of the average one-step change in population numbers, scaled by the average population size (see section 3.3.1 for details). As expected, when the population settles to a stable point equilibrium, the FI is zero, but as the population enters the two-point limit-cycle zone, the FI increases (Fig 1A). However, when the population becomes chaotic, the trajectory visits a large number of points between the upper and lower bound, which can stabilize, increase or even reduce the FI (Fig 1A). This demonstrates that there need not necessarily be a simple relationship between the complexity of the dynamics and the corresponding constancy, and these two aspects of stability are perhaps better addressed separately.

This point gets highlighted further when we consider the dynamics of the populations under low levels of ALC ($c = 0.1$, Fig 1B) where the chaotic dynamics is replaced by simple limit cycles, although the FI remains considerably high. In other words, at this level of ALC, whether the population has been stabilized or not is a matter of interpretation in terms of the context of
the study. Increasing the magnitude of ALC (Fig 1C and 1D) restores the period doubling route to chaos, although with a much reduced range of variation of population sizes. Comparing Fig 1A (no ALC) with 1B (low ALC), 1C (medium ALC) and 1D (high ALC), highlights that although low ALC is able to ameliorate chaos effectively over a wide parameter range, medium and high ALC are not. However, in terms of inducing constancy stability, medium and high values of ALC are far more effective, even if they can not ameliorate chaos at these values. These observations were substantiated by the bifurcation diagram at $r = 3.1$, and $c$ as the bifurcation parameter (Fig 2A). Similar results were obtained using the logistic (May, 1974; May, 1976) and the Hassell (Hassell et al., 1976) models, both of which have been used extensively in the ecological literature for describing the dynamics of real populations. The results obtained from these latter models are presented in the Supplementary Online Material (Fig A4 and A5).

Small amounts of immigration stabilize the dynamics of most single-humped maps by reducing the slope of the first return map at its point of intersection with the line of slope 1 (i.e. $N_{t+1} = N_t$) (Stone and Hart, 1999). ALC also creates a floor for the values that the population size can take and therefore does not allow the trajectory to visit certain parts of the attractor. However, unlike in constant immigration, this floor is not a constant number, but keeps on changing across generations, depending on the population sizes. As the value of $c$ increases, the population size after perturbation tends towards the population size in the previous generation (i.e. $c \times N_t \to N_{t-1}$). Since ALC is implemented only when there is a population decline (i.e. $N_{t-1} > N_t$), it might seem that for high values of $c$, ALC can possibly lead to over-compensatory dynamics, and hence increase the number and magnitude of population crashes. However,
looking at the bifurcation diagrams 1C and 1D, it is clear that on increasing the value of $c$, the range of values of population sizes is reduced from both sides. This is also observed in Fig 2B, where for $r = 3.1$, $K = 60$ and $c = 0.8$, we plot population sizes before applying ALC (pre-ALC), after applying ALC (post-ALC) and the corresponding control ($c = 0$). Clearly, ALC reduces both the number of crashes and the corresponding magnitude, even when the dynamics are pushed into the over-compensatory zone. This is because, as long as $c < 1$, $N_{c+1} > N_t$ (post-ALC), implying that the magnitude of the crash in next generation ($t+1$) is less than that in the previous generation ($t$). This will automatically lead to reduction in the magnitude of fluctuations as well as enhanced persistence.

To summarize, the magnitude of ALC to be used for a given population, can be determined by the goal of the control process: lower values of ALC being employed for ameliorating chaos, and medium to higher values for enhancing constancy. Most values of ALC are expected to enhance persistence. Now we turn our attention towards real, biological systems and investigate whether ALC can stabilize the dynamics of noisy, extinction-prone biological populations and metapopulations.
3. Materials and Methods

3.1 Biologically relevant simulations

3.1.1 The population dynamics model

We continue to model the dynamics of single populations / subpopulations using the Ricker (Ricker, 1954) equation. This is because first-principle derivations indicate that populations with uniform random spatial distribution and scramble competition are expected to exhibit Ricker dynamics (Brännström and Sumpter, 2005), and laboratory cultures of Drosophila melanogaster (our model system) exhibit both properties. Moreover, prior empirical studies suggest that the Ricker model is a good descriptor of the dynamics of single populations (Sheeba and Joshi, 1998) as well as metapopulations (Dey and Joshi, 2006a) of Drosophila melanogaster.

3.1.2 Simulations incorporating biological / experimental realities

Noise and lattice effect: Since real organisms always come in integer numbers (lattice effect: Henson et al., 2001), we rounded off the model output at each iteration to the nearest integer. We also incorporated noise in the population growth rates in our simulations, by adding a noise term $\varepsilon$ (-0.2$\leq\varepsilon\leq0.2$ uniform distribution) to $r$ in every generation. Thus, the final equation used in our simulations can be represented as: $N_{t+1} = \text{INT} \left[N_t \times \exp((r+\varepsilon)(1-N_t/K))\right]$; where INT represents the integerization function. Based on estimates obtained by fitting the Ricker model to some of the time series from the CTRL (i.e. $c = 0$) single populations, we fixed the value of $r$ as 3.1 in all the simulations. For the Ricker model, this value leads to chaotic dynamics (May and Oster, 1976). The initial population size ($N_0$) and the carrying capacity ($K$) were fixed at 20 and 60 respectively.
Extinction and resets: The unmodified Ricker model never takes zero-values and therefore is not suitable for modeling extinction-prone populations. On integerization of the population size, the model does allow for extinction, but only at values of \( r \) which are substantially higher than those observed in *Drosophila* cultures in the lab. Extinction is known to play a major role in determining the dynamics of single populations and metapopulations (Dey and Joshi, 2006b; Dey and Joshi, 2007), and hence was explicitly incorporated in our simulations. For this, we stipulated a 50% chance of a population going extinct whenever \( N_t < 4 \) (Dey and Joshi, 2006a). Following the experimental protocol, we reset the extinct CTRL single populations to a value of 8 in the next iteration. The CTRL metapopulations were reset only when both subpopulations went extinct. In such cases, the value of each subpopulation was set to 8 in the next iteration.

Metapopulation simulations: All metapopulations consisted of two subpopulations with symmetric rates of migration between them.

Imposition of ALC: In the metapopulation simulations, ALC was always imposed post migration. Thus the influx due to ALC in a given generation would affect the population size of the neighbor only by migration in the next generation. Following the experimental protocol, only one subpopulation was subjected to ALC and the identity of the perturbed subpopulation was maintained throughout the run.

Effects of noise and effort:
All the simulations pertaining to the real populations (Figs 3-5) incorporated random noise, drawn from a uniform distribution in the range ±0.2, in the intrinsic growth rate. We also
investigated whether changing these ranges can affect the performance of ALC in terms of reducing the FI of single populations (Fig 6A). Furthermore, in a real-life scenario, it might not be possible to apply the control value exactly in all generations. This might be due to inaccuracies in the census, or just non-availability of the required number of organisms to be added. To study the effect of such imprecision in the magnitude of ALC on the constancy stability, we investigated scenarios where the value of $c$ was drawn randomly from uniform distributions of different ranges, centered on a given value (X-axis of Fig 6B).

Whether a control method can be adapted in real life or not, depends to a large extent upon the "effort" needed to apply the method. Following Hilker and Westerhoff (2005), we defined the effort for a given value of ALC as the average number of individuals added to the population per generation

$$Effort = \frac{\sum_{t=0}^{T} \text{abs}(n_{ALC} - n_{ALC}')} / (\bar{n} \times T)$$

where $n_{ALC}$ is the population size after ALC imposition, $n_{ALC}'$ is population size without ALC, $T$ is the length of the time series and $\bar{n}$ is the average population size. In the above equation, whenever no perturbation is imposed, $n_{ALC} = n_{ALC}'$, thus implying no effort for that particular generation. Since the absolute values of the effort are expected to increase with $K$, we have scaled it by the corresponding average population size. Evidently, the lower the values of effort, the lesser number of individuals need to be added to the population on an average, which will presumably be economically favorable.

**Length of simulation runs and replicates:** For all simulations except those on noise and effort (Fig 6), we considered only the first 50 iterations for computing all statistics i.e. we
explicitly focused on the transients rather than the equilibrium behaviour. We consider this to be more ecologically meaningful because while coupled map lattices can sometimes have very long transient dynamics (super-transients) the environmental conditions of real populations are unlikely to stay constant for that long (Hastings, 2004). All simulation runs were replicated 10 times and the corresponding means and standard errors reported.

For the simulations on noise (Fig 6A and B) and effort (Fig 6C), we rejected the first 900 iterations and computed the corresponding indices based on the subsequent 100 iterations. Thus, we explicitly concentrate on the steady-state values for these quantities. The FI in figs 6A and 6B were averaged over 100 replicate runs.

All simulations were performed using MATLAB® R2010a (Mathworks Inc.).

3.2 Experiments

3.2.1 Fly stocks used: We used four large, out bred populations (DB1-4) of the fruit fly *D. melanogaster* derived from four long-standing laboratory populations called JB1-4, whose detailed maintenance regime has been documented elsewhere (Sheeba et al., 1998).

3.2.2 Single population experiment: We created six single-vial cultures from each DB population, by placing precisely 20 eggs in 1.2 ml of banana-jaggery medium per 37 ml. vial. Thus, each single population was represented by a vial culture in this experiment. Two single populations derived from each DB population were randomly assigned to three treatments namely CTRL ($c = 0$), and two levels of ALC: LALC ($c = 0.25$) and HALC ($c = 0.4$). The values of $c$ were chosen based on the predictions derived from the simulations (see Fig 3A). We also
created twenty additional back-up populations, five each from DB1-4, for generating the flies
needed for the ALC and CTRL resets (see below).

The CTRL populations were maintained on a 21-day discrete generation cycle, following an
earlier protocol (Dey and Joshi, 2006a), for 15 generations (45 weeks). The larvae were raised on
1.2 ml of standard banana-jaggery medium while the adults received excess live yeast paste in
addition to the food medium. Theoretical and empirical studies have shown that this combination
of larval and adult nutrition induces high-amplitude periodic oscillations in *D. melanogaster*
(Dey and Joshi, 2006a; Dey and Joshi, 2007; Mueller and Huynh, 1994; Sheeba and Joshi, 1998)
and, consequently, such populations often go extinct (i.e. no individuals in the population during
the census) (Dey and Joshi, 2006a). Whenever such extinctions happened, the CTRL populations
were reset by allowing 4 males and 4 females, randomly picked from the backup vials, to
oviposit for 24 hours. Strict ancestral correspondence was maintained while resetting the
populations.

LALC and HALC single populations were maintained similar to the CTRL populations,
except the application of the appropriate ALC treatment immediately after census. To calculate
the magnitude of ALC to be applied in the *t*th generation, the population size of previous
generation (i.e. *N*<sub>t-1</sub>) was multiplied by the limiter fraction, *c* (= 0.25 or 0.4) and this product,
rounded off both ways to the nearest integer, formed the lower threshold for *N*<sub>t</sub>. If *N*<sub>t</sub> was below
this threshold, the required number of impregnated female flies were added from the back-up
vials to bring make *N*<sub>t</sub> = *c*. *N*<sub>t-1</sub>. We used female flies for ALC since the dynamics of any sexual
species is chiefly determined by the number of females in the population (Dey and Joshi, 2006a;
Dey and Joshi, 2007). Since flies were being added each time the population size was low, the ALC algorithm ensured that all extinct populations were automatically reset. However, unlike the CTRL populations where the reset values are a constant (4 males + 4 females), in the ALC populations, the resets happened with different numbers of individuals in each generation, depending on the population size in the generation preceding the extinction.

3.2.3 Metapopulation experiment: For the metapopulation experiment, we initiated twelve replicate metapopulations of *D. melanogaster*, from each of the ancestral DB1-4. Each metapopulation consisted of two subpopulations, each started by placing 20 eggs in 1.2 ml of banana-jaggery medium. Thus, there were a total of forty-eight metapopulations comprised of 96 subpopulations, whose dynamics were monitored over 17 generations (51 weeks). The dynamics of such two-patch metapopulations have been extensively investigated in the theoretical literature (Gyllenberg et al., 1993; Hastings, 1993).

Sixteen of these metapopulations (four derived from each DB population) were randomly assigned to the three treatments, namely CTRL \((c = 0)\), and two levels of ALC: LALC \((c = 0.25)\) and HALC \((c = 0.4)\). For each level of ALC, eight metapopulations (two from each DB) experienced 10% migration between the subpopulations, while the remaining were subjected to a migration rate of 30%. These rates of migration were chosen based on a previous study (Dey and Joshi, 2006a) that had demonstrated that 10% migration induces metapopulation stability via asynchrony, while 30% migration has the opposite effect. Each subpopulation was treated exactly similar to the CTRL-single populations mentioned above till the point of census.
After census at each generation, migration was imposed by manually transferring the required number of female flies between the subpopulations (Dey and Joshi, 2006a; Dey and Joshi, 2007; Mueller and Joshi, 2000). To calculate the number of females to be migrated, the census number was multiplied by the migration value (0.1 for 10% migration and 0.3 for 30% migration) and then halved (assuming sex ratio to be 1:1) and rounded off both ways to the nearest integer. ALC was imposed after census. Calculation of ALC followed the method described in the single population section above, with the post-ALC population size of the previous generation as the reference point. In case of the metapopulation with two subpopulations, only one subpopulation was controlled throughout the duration of the experiment.

A metapopulation was scored as extinct when there were no flies in either of the subpopulations. Owing to the nature of the method, none of the ALC metapopulations needed to be reset upon extinction. If any of the CTRL metapopulations went extinct, both subpopulations were reset by adding 4 males and 4 females to 1.2 ml of media. A strict ancestral correspondence was maintained during addition of adults for reset.

3.3 Indices of stability and synchrony

3.3.1 Constancy: Grimm and Wissel (Grimm and Wissel, 1997) proposed ‘constancy’ to refer to the aspect of stability pertaining to amplitude of fluctuations in population size. We measured constancy of metapopulations and single populations using the Fluctuation Index (FI) which is the average one-step change in population size over generations (Dey and Joshi, 2006a):
\[ FI = \frac{1}{T \bar{N}} \sum_{t=0}^{T-1} \text{abs}(N_{t+1} - N_t) \]

Here \( \bar{N} \) is the mean population size over \( T \) generations and \( N_{t+1} \) and \( N_t \) are the population size at generation \( t+1 \) and \( t \) respectively. Being a dimensionless quantity, the FI of any two populations can be compared directly and higher values of FI indicate lower constancy stability and vice-versa.

### 3.3.2 Persistence

We also investigated the persistence attribute of stability, which is the opposite of the extinction propensity of a population. We quantified persistence in terms of extinction frequency, measured as the number of times a metapopulation or population recorded a population size of zero over the duration of the experiment. Thus, if a metapopulation in the LALC treatment went extinct 4 times during the course of the experiment, the extinction frequency was scored as \( 4 / 17 = 0.24 \) and so on.

### 3.3.3 Synchrony

Synchrony was calculated as the cross-correlation coefficient at lag zero of the first differenced log transformed values of the two subpopulations sizes (Bjørnstad et al., 1999).

### 3.4 Statistical analyses

For the single populations, the data were subjected to two-factor mixed-model ANOVA with ALC (fixed factor, 3 levels: CTRL, LALC and HALC) crossed with ancestry (random factor, 4 levels). The metapopulation data were analyzed in a three-way ANOVA framework.
with ALC (3 levels: CTRL, LALC and HALC) crossed with migration (2 levels: low and high) and ancestry (DB_{1-4}). Data analyses indicated no significant effects of ancestry (DB_{1-4}) or the interaction of ancestry with any of the other factors. None of our statistical conclusions showed a change when ancestry was included / excluded as a factor. We have chosen to retain the blocked design here as that reduces the degrees of freedom of the denominator term in the F-ratio, making our results more conservative. In all cases, Tukey’s HSD was used for post-hoc tests of significance for pair-wise differences among means. The extinction frequency data were arcsin-square root transformed prior to analysis (Zar, 1999). All analyses were performed using STATISTICA ® v 9.1 (Statsoft Inc.).
4. Results

4.1 Effect of ALC on single populations

The Ricker-based simulations predicted a general reduction in population FI (and hence enhanced constancy) on increasing the strength of ALC for a single population (Fig 3A). The 15-generation experiment on the effects of ALC on constancy of single populations corroborated the simulations, and we found a significant effect of the control magnitude $c$ ($F_{2,6} = 25.231$, $P < 0.001$; LALC<CTRL, $P < 0.007$; HALC<LALC, $P < 0.004$), with the LALC ($c = 0.25$) and the HALC ($c = 0.4$) populations experiencing a mean reduction of 19.03% and 39.89% in the FI (Fig 3B). This reduction can also be visualized in the time series of the control and treatment populations (see Appendix Fig A1). ALC also reduced the extinction frequency of single populations, though the effect was not statistically significant at $\alpha = 0.05$ ($F_{2,6} = 2.6426$, $P < 0.15$; Fig 3C).

4.2 Effect of ALC on metapopulations

4.2.1 Simulations: We next investigated the effect of ALC in metapopulations with two subpopulations, where the dynamics of each subpopulation was governed by a stochastic Ricker equation. We tested the stability of the system both at the global (metapopulation FI) and local (subpopulation FI) level. The simulations indicated that when migration rate is high (30%), there is a monotonic reduction in metapopulation FI with increase in $c$, although the rate of decrease reduces after $c \sim 0.2$ (Fig 4A). On the other hand, for a low rate of migration (i.e. 10%), ALC initially reduces the metapopulation FI, which stays more or less the same up to $c = 0.2$. After this point, at low migration rates, the metapopulation FI increases slowly, although it never makes the population more destabilized than the controls. This somewhat anomalous behaviour
at 10% migration level can be explained in terms of the synchrony between the subpopulations. Low and high migration are known to induce negative and positive correlation respectively between the subpopulations (Dey and Joshi, 2006a). At larger values of $c$, ALC reduces the magnitude of correlation between the subpopulations (Fig 5A). This is expected since medium to large values of $c$ do not ameliorate chaos, whereas smaller values of $c$ lead to limit cycles (Fig 2A). In terms of synchrony, chaotic behaviour is predicted to reduce the magnitude of the correlation coefficient between the subpopulations, while limit cycles is likely to enhance it. Thus, for both migration rates, the magnitude of the correlation coefficient tends towards zero (i.e. no correlation) with increase in $c$. However, this is expected to have contrasting effects on the metapopulation FI. This is because while reducing the positive synchrony among subpopulations reduces metapopulation FI, a decrease in negative synchrony among the subpopulations has the opposite effect (Dey and Joshi, 2006a; Hastings, 1993). This explains why, with increasing $c$, the metapopulation FI reduces for high migration rates, but tends to increase for low migration rates. However, crucially, even under low migration rate, the metapopulation FI never goes beyond the control, suggesting that there is no net destabilization due to ALC. At the subpopulation (or local) level, ALC populations showed reduced FI compared to the controls across both low and high migration rates (Fig 4C). The reduction in subpopulation FI was constant and independent of the ALC magnitude $c$, indicating that the differential impact of ALC on metapopulation constancy is expected to be modulated through its ability to alter the synchrony between the subpopulations.

**4.2.2 Experiment: Metapopulation constancy:** In the experiment, there was a significant main effect of ALC on the metapopulation FI ($F_{2,6} = 6.0265, P<0.037$; LALC<CTRL,
with the LALC and the HALC experiencing a 15.52 % and 19.54 % reduction compared to the controls, but no significant difference ($P<0.69$) between the two ALC treatments (Fig 4B). This shows that while ALC reduces metapopulation FI, increasing the magnitude of $c$ does not lead to greater stability. High rate of migration is known to be a destabilizing factor (Dey and Joshi, 2006a), and as expected, we found an almost significant ($F_{1,3} = 7.5886, P<0.07$) effect of migration on metapopulation FI (Fig 4B). However, there was no significant interaction between the migration rate and ALC ($F_{2,6}=0.7582, P<0.51$), suggesting that the application of this method may not require a priori estimations of the migration rate.

4.2.3 Experiment: Subpopulation constancy: Locally, there was a significant main effect of ALC ($F_{2,6} = 21.026, P<0.002$; LALC<CTRL, $P<0.0002$; HALC<CTRL $P<0.0001$) and migration ($F_{1,3}= 11.274, P<0.0438$) on subpopulation FI (Fig 4D), but no ALC × migration interaction ($F_{2,6}=0.23, P<0.80$). Thus, as predicted (Fig 4C), ALC stabilizes subpopulations, but does not lead to greater stability ($P<0.29$) on increasing the value of $c$ (Fig 4D).

4.2.4 Experiment: Synchrony: There was a significant main effect ($F_{1,3}=17.59, P<0.02$) of migration, but not ALC ($F_{2,6}=2.17, P<0.19$), on the synchrony between the subpopulations (Fig 5B). Although there was a substantially greater reduction in synchrony of ALC populations under high migration compared to low migration (Fig 5B), the ALC × migration interaction was found to be non-significant ($F_{2,6}=0.84, P<0.47$). Reduced synchrony among subpopulations is known to decrease metapopulation fluctuations (Dey and Joshi, 2006a; Gyllenberg et al., 1993; Hastings, 1993). Thus, our findings on synchrony are consistent with the results on
metapopulation stability (Fig 4B), where there was a greater reduction in metapopulation FI under high migration compared to the low migration.

4.2.5 Experiment: Extinctions: Reduction in synchrony among the subpopulations has been predicted to enhance metapopulation persistence (Ben-Zion et al., 2011; Heino et al., 1997). We found an almost significant main effect of ALC on the extinction probability of the metapopulations ($F_{2,6}=4.93$, $P<0.054$; Fig 5C), but neither a significant effect of migration ($F_{1,3}=5.2374$, $P<0.11$) nor a migration × ALC interaction ($F_{2,6}=0.67$, $P<0.94$). Thus, ALC was seen to enhance both constancy and persistence of single and metapopulations.

4.3 Effects of noise and effort

Although we have demonstrated the efficacy of ALC in laboratory populations and metapopulations, the effectiveness of the method under natural settings will depend upon, inter alia, its robustness to noise. ALC was found to be robust to moderate to high levels of noise in the intrinsic growth rate (cf Fig 6A and Fig 2A). More importantly, even when there were noise in $c$, ALC was able to increase the constancy stability of the populations (Fig 6B). Together, these indicate that ALC is likely to stabilize populations even when there is considerable noise in the system (which would ultimately reflect as noise in the growth rate), or the control is not imposed with high degree of accuracy. The latter criterion is particularly important from an applicability point of view, since ALC depends upon introduction of individuals from external sources or populations, which, in practice, can sometimes be unreliable!

The effort needed to implement ALC was maximal at intermediate values of $c$, a phenomenon that deserves future theoretical exploration. However, more important from the perspective of
this study, we find that even the maximum effort was less than 30% of the average population size (Fig 6C), indicating that the number of organisms needed to stabilize the populations would not be prohibitively large. Unfortunately, previous studies that have reported the efforts (Dattani et al., 2011; Hilker and Westerhoff, 2005), use slightly different versions of the Ricker model, and corresponding parameter values, rendering direct comparisons across studies difficult.

5. Discussion

5.1 Effect of ALC on single populations

In order to be applicable to a real population, the method needed to be robust to biologically realistic scenarios. Since ALC was found to be effective in simulations incorporating extinctions, noise and integerization of the state variable (Fig 3A), it was a likely candidate for controlling real populations that typically exhibit these features. As predicted by the simulations, we found a significant effect of ALC, on constancy (FI) in our single populations experiment (Fig 3B). Interestingly, we also found a slight increase in the average population size of the ALC treatments (HALC: 32.96±1.25; LALC: 32.10±1.69; CTRL: 29.91±1.25), an effect that has been previously predicted for the so called “limiter from below” method (Hilker and Westerhoff, 2005). This large reduction in FI in LALC and HALC, coupled with greater average population size in LALC and HALC than the CTRL, suggested that ALC might also reduce the probability of extinction. This is because populations experiencing lower FI and greater average size are expected to hit lower population values less frequently over time, and hence are expected to be less prone to extinction due to demographic stochasticity (Dey et al., 2008). This prediction was verified qualitatively when we observed that ALC reduced the extinction frequency of single populations (Fig 3C). Taken together, these observations
suggested that ALC might be a candidate method for stabilizing real metapopulations via
localized perturbations, both in terms of constancy and persistence.

5.2 Effect of ALC on metapopulations

5.2.1 Constancy: In principle, the dynamics of a metapopulation can be stabilized by
applying an appropriate perturbation to each subpopulation (Parekh and Sinha, 2003). However,
such a scheme is difficult to implement, and therefore most studies focus on stabilizing
metapopulations through localized perturbations to a subset of the subpopulations (Doebeli and
Ruxton, 1997; Parekh and Sinha, 2003; Solé et al., 1999). Moreover, migration is also known to
play a significant role in determining metapopulation stability (Ben-Zion et al., 2011; Dey and
Joshi, 2006a; Hastings, 1993) and perturbation and migration can interact in complex ways to
determine the dynamics of spatially-explicit systems (Singh et al., 2011; Steiner et al., 2011).
Therefore, in this study, we explicitly looked at the interaction of migration rates and ALC on the
dynamics of metapopulations. The significant effect of migration on FI (Fig 4B) was expected as
it is known that low (10%) migration reduces metapopulation FI (Dey and Joshi, 2006a).
However, the crucial observation here is the lack of interaction between migration and ALC,
which indicates that precise information about the migration rate may not be necessary before
applying ALC.

Although ALC reduced subpopulation FI at both levels of migration (Fig 4D), there was
a larger net reduction in metapopulation FI under the high migration rate (Fig 4B). This is
intuitive, since prior theoretical (Gyllenberg et al., 1993; Hastings, 1993) and empirical (Dey and
Joshi, 2006a) studies indicate that lower rates of migration stabilize metapopulations to a great
extent. Therefore, the stability induced by ALC is likely to be more prominent only when the metapopulations are relatively unstable to begin with, which in this case was due to high rates of migration. Importantly, since ALC did not destabilize the stable metapopulations (i.e. the 10% migration treatment), it follows that the method can be applied even in the absence of precise estimates of the migration rates without risk of destabilization.

Interestingly, the simulations also suggest that the degree to which metapopulation/subpopulation FI decreases due to ALC is not grossly affected by the magnitude of $c$ (Fig 4A, 4C). This indicates that although moderate levels of $c$ are expected to be effective in reducing metapopulation/subpopulation fluctuations, increasing the magnitude of the control may not affect constancy any further, an observation corroborated in the metapopulation experiment (Fig 4B, 4D). The non-significant difference between metapopulation FI of LALC and HALC populations suggest that while LALC was enough to stabilize the metapopulations, no significant gains were obtained by increasing the magnitude of the control.

5.2.2. Synchrony: Although there was a substantial reduction in the synchrony of ALC populations under high rates of migration (Fig 5B), the ANOVA showed no significant effect of ALC on synchrony. This might be due to the relatively large variation around the mean of the CTRL populations undergoing low migration, in turn attributable most probably to experimental noise. In fact, analyzing the synchrony data separately for the two migration rates show a significant effect of ALC under high ($F_{2,6}=7.0615, P<0.027$) but not low migration ($F_{2,6} =0.126, P<0.88$), suggesting that ALC might cause a greater reduction in synchrony under high
migration. This is once again intuitive since low migration alone can significantly reduce the subpopulation synchrony (Dey and Joshi, 2006a; Gyllenberg et al., 1993; Hastings, 1993).

5.2.3 Persistence: Reduction in subpopulation synchrony is also expected to enhance metapopulation persistence (Ben-Zion et al., 2011; Heino et al., 1997). This is because subpopulations that are out of sync with each other have a greater chance of a locally extinct population to be recolonized by immigrants from a neighboring population. Based on the empirical observations on synchrony alone, one would expect a slightly larger reduction in the extinction frequency of the ALC metapopulations (relative to the CTRL) under the high, but not the low migration regime. However, we found that ALC reduced the extinction frequency under both migration rates to a similar degree (Fig 5B). This somewhat anomalous reduction of extinction frequency of the ALC treatments under low migration was possibly due to the decrease in subpopulation FI (Fig 4D), which is also known to reduce the extinction probability of metapopulations (Griffen and Drake, 2009). Expectedly, across all three treatments, the lower extinction frequency in the metapopulations undergoing low rates of migration was accompanied by corresponding lower levels of synchrony, compared to the high migration treatments (Ben-Zion et al., 2010; Ben-Zion et al., 2011).

5.3 Comparison with other methods:

ALC has several advantages compared to some of the other methods investigated in the control literature. Unlike the OGY method (Ott et al., 1990) and its variants (reviewed in Andrievskii and Fradkov, 2004; Kapitaniak, 1996; Schöll and Schuster, 2008), computation of the perturbation value does not require precise knowledge of either the dynamics and / or real-
time estimation of the parameters thereof. This makes ALC more suitable for application for biological populations, where the underlying models are typically not known reliably and the parameters (like intrinsic growth rate or carrying capacity) are often derived *a posteriori* through model-fitting, and thus are not accessible in real time. ALC belongs to the class of methods in which the state variables are directly perturbed to attain the desired level of control. Such methods typically advocate the setting of a threshold below / above which the population is not allowed to venture (Hilker and Westerhoff, 2005; Hilker and Westerhoff, 2006; McCallum, 1992; Sinha and Parthasarathy, 1995; Solé et al., 1999). These methods work by not allowing the population numbers to attain extreme values that can lead to large increase or decrease (boom or bust) in the next generation (Stone, 1993; Stone and Hart, 1999). Another variant of these methods require the identification of the pre-images of the crashes in the time series, and perturb the populations each time they enter into such “alert zones” (Desharnais et al., 2001; Hilker and Westerhoff, 2007). However, such methods are invariably saddled with the problem of a priori decision in terms of the thresholds or alert zones below / beyond / at which the perturbations need to be made. This is a major issue with natural populations wherein the carrying capacity of the environment and the intrinsic growth rates of the same species are liable to vary between populations, which implies that the value of the control threshold has to be determined on a case-by-case basis, through prior knowledge of the dynamics of the given population. Moreover, natural populations might exhibit increasing / decreasing trends in size (Turchin, 2003) due to extrinsic factors, which would make determination of the threshold even more problematic. This problem is partially alleviated by another class of methods in which the perturbations are not hard numbers, but proportionate to some quantity, usually the present population size (Doebeli and Ruxton, 1997; Güémez and Matías, 1993; Solé et al., 1999) or the difference between the
present population size and some pre-determined threshold (Dattani et al., 2011). This makes the magnitude of the perturbation “adaptive” to the present population size, and therefore likely to be more useful for real populations. ALC belongs to the class of proportionate feedback methods, and like other members of the class, requires the \textit{a priori} estimation of the proportion to be perturbed. However, as we have already shown, the performance of ALC does not change much over a relatively large range of values of \(c\), which reduces the need for precise guesses about the values of \(c\) to be used for real populations.

6. Concluding Remarks

Since we demonstrate the efficacy of ALC using \textit{Drosophila} populations, it is natural to ask whether this method will be applicable to other species as well. As simulations using the non-species-specific Ricker model were able to capture most of the qualitative features of the dynamics, we believe that our results do not depend upon any idiosyncratic feature of \textit{Drosophila} laboratory ecology. Moreover, the Ricker map has been applied to model the dynamics of organisms as diverse as bacteria (Ponciano et al., 2005), fungi (Ives et al., 2004), ciliates (Fryxell et al., 2005) crustaceans (Drake and Griffen, 2009), fruit flies (Cheke and Holt, 1993; Sheeba and Joshi, 1998), fishes (Ricker, 1954) etc. This is probably because first-principle derivations indicate that populations with uniform random spatial distribution and scramble competition are expected to exhibit Ricker dynamics (Brännström and Sumpter, 2005), and natural / laboratory populations of several organisms typically satisfy these two conditions. Thus, predictions arising out of this generic and widely-applicable model are likely to be relevant across several taxa. Our results on the Ricker map were found to be valid for two other commonly used models of population dynamics, namely the Logistic (May, 1974) and Hassell
(Hassell et al., 1976) equations (See Supplementary Online Material Fig A4 and A5). Thus, ALC is likely to be effective across a wide range of systems.

Stabilizing the dynamics of populations in terms of constancy and/or persistence is a major concern for conservation biologists and ALC seems to be effective on both counts. This is notable from a possible application point of view, as constancy and persistence do not necessarily correlate (Dey et al., 2008). Furthermore, ALC ensures a constant genetic influx, which is an important component of maintaining genetic variation in a population (Biebach and Keller, 2012), although see (Heath et al., 2003). However, before applying ALC to other systems, one should be aware of some of the caveats of the present study. Our experiments and simulations pertain to organisms with high population growth rates and exhibiting Ricker / Logistic / Hassell type of discrete dynamics, whereas many organisms of concern to conservation biologists (e.g. mammals and birds) often have much lower growth rates, and qualitatively different life-history and dynamics from the kind that we have considered here (Fronhofer et al., 2012). Moreover, metapopulation dynamics are known to depend upon migration schemes (Earn et al., 2000) and the precise nature of density-dependence (Ims and Andreassen, 2005), two factors that we have not considered in our study. Thus, any extrapolation of ALC to a different biological population should be tempered with caution and relevant system-specific information.
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Figure Legends

Figure 1. Effect of ALC on the dynamics of an uncoupled Ricker map. Simulations with $N_0 = 20$ and $K = 60$. (A) An unperturbed ($c = 0$) isolated single population shows classic period-doubling route to chaos. FI increases rapidly from zero as the Ricker map undergoes period-doubling bifurcations to chaos. FI shows an irregular but a gradual increase at high values of $r (>3.0)$ (B) At $c = 0.1$ the bifurcation map is largely reduced to a two point cycle, thus converting the complex dynamics of the system to simple two-point limit cycle. (C) $c = 0.4$ and (D) $c = 0.75$ further reduce the amplitude of population size fluctuations in the bifurcation map as well as reduce the maximum FI reached by the population. Note that the decrease in the amplitude and reduction in FI is proportional to the increasing value of $c$.

Figure 2. Effect of magnitude of ALC value in an uncoupled Ricker map (A) Simulations over 1000 iterations, taking Ricker growth rate parameter, $r = 3.1$ and $K = 60$. Increasing the value of $c$ decreases the amplitude of population size fluctuation for a single population. FI decreases monotonically with $c$ except for very small values ($c = 0.05$) where there is a slight increase. Although ALC does not lead to limit cycles beyond $c = 0.3$, it does cause a reduction in FI, thus enhancing constancy. This highlights that constancy and simpler dynamics do not necessarily correlate, and the values of ALC to be used should depend on the kind of stability desired in the system. (B) Simulated time series showing pre-ALC and post-ALC values. Here we visualize the effect of ALC on the same time series, before and after the application of the perturbation. Clearly, ALC reduces the magnitude of fluctuation even in the pre-ALC time series. The completely unperturbed series is represented by $c = 0$. 
**Figure 3. Effects of ALC on a single populations.** Simulations averaged over 50 iterations and 10 replicates, taking Ricker growth rate parameter, $r = 3.1$. Each experimental data-point is the mean of 8 replicate single populations. Error bars denote ± SEM. (A) Simulations showed that population FI decreases with increase in the magnitude of the ALC parameter, $c$. (B) Experiments showed that mean population FI decreases with increasing values of $c$. Note that the scale on Y-axis is different from 3A. (C) ALC reduces extinction frequency in experimental populations. Comparing the simulations and the experimental results in A and B indicate a good correspondence between the two.

**Figure 4: Effects of ALC on metapopulation and subpopulation constancy.** (A) Simulations: Metapopulation FI decreases with increasing $c$ at high migration. At low migration, metapopulation FI is lowest at intermediate values of $c$. (B) Experiment: Although metapopulation FI decreases significantly at high migration, there was no significant effect of ALC under low migration. (C) Simulations: Compared to an unperturbed ($c=0$) system, ALC reduces the subpopulation FI at both migration rates. (D) Experiments: Under low migration, there was a significant reduction in subpopulation FI, which might have contributed to the enhanced persistence. Along with reduced synchrony (Fig 5B), the significant reduction in subpopulation FI under high migration might also have contributed to the greater persistence of these metapopulations. Error bars denote ± SEM.

**Figure 5: Effects of ALC on metapopulation synchrony and persistence.** (A) Simulations: Increasing ALC reduces the magnitude of the cross-correlation coefficient between the subpopulations under both rates of migration. (B) In the experiments, ALC significantly reduces
the synchrony among the subpopulations under high level of migration. However, under low
migration, there was no significant effect of ALC on synchrony (see section 5.2.2 for
discussion). This leads to the prediction that there would be difference in terms of persistence
under the high, but not the low migration treatments. (C) ALC was found to be effective in
reducing the extinction frequency under both high and low migration (see section 5.2.3 for a
possible explanation).

Figure 6: Simulations on effects of noise on ALC and the effort. (A) Adding various levels of
noise to the value of intrinsic growth rate parameter $r$ does not affect the performance of ALC in
terms of enhancing constancy stability (B) Noise in ALC magnitude $c$ does not affect its ability
to reduce the FI of the system. These simulations indicate that ALC is a robust method for
attaining population stability. Each point in these two figures represent FI computed over 100
iterations (after rejecting 900 transients) and are averaged over 100 replicates, (C) The
maximum scaled average effort (see section 3.1.2 for explanation) of implementing ALC does
not exceed the value of 0.3. This implies that not too many individuals need to be added to
implement ALC.

Highlights

- Novel method for controlling the dynamics of populations/metapopulations.
- First control method empirically shown to work for a biological metapopulation.
- The method reduces both population fluctuations as well as extinction probability.
- Biologically realistic simulations indicate the results to be widely applicable.
- We provide empirical validation for various extant theoretical studies in this area.
Figure 4.
