Awareness on Early Marriage among Adolescent Girls in Selected Rural Area of Bangladesh

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Abstract

Early marriage is a curse for girls. In addition to this country like Bangladesh has to deal this issue cautiously and immediately. This cross-sectional survey like study was an attempt to assess awareness level of early marriage among adolescent girls in selected rural area of Bangladesh. Non-probability convenient sampling was used to collect sample of 300 girls. For each correct answer the score was one. Then accordingly the respondents were categorized in different groups as below: Good = Score ≥3, Fair = Score 2, Poor = Score 1. Half of the respondents represented from 10-13 years of age. Majority of the girls completed secondary level of education. Average monthly family income was 12,226 BDT. Majority of the respondents (84.61%) had good awareness on age of marriage. About 15.38% of the study population had fair awareness on age to be pregnant whereas majority of the respondents (84.61%) had good awareness.

Keywords: Awareness; Early Marriage; Rural Area

Introduction

Early marriage has association with poor social and physical outcomes not only for young women but also their offspring [1]. Evidence suggests that girls who marry as adolescents attain lower schooling levels, have lower social status in their husbands’ families, report less reproductive control and suffer higher rates of maternal mortality and domestic violence [1]. Early marriages are commonly considered a phenomenon restricted to the developing world but the circumstances under which early marriages occur in developing countries. In developing countries, early marriage is highly prevalent across Sub-Saharan Africa and South Asia [2-4]. In settings such as Bangladesh, traditional customs that sanction adolescent marriage are frequently blamed for low female schooling attainment because they raise the opportunity cost of educating girls. Early marriage is an issue of significant concern to policymakers and human rights advocates. Governments in developing countries face increasing pressure to eradicate the practice with legal sanctions against parents who marry daughters before a standard age of consent. This study was carried out to assess awareness level on early marriage for girls in rural Bangladesh.

Methodology

This was an epidemiological study conducted in cross cut way to assess awareness level on early marriage among conveniently selected 300 adolescent girls in Sirajgonj district. Data were collected through structured questionnaire by face to face interview which was pre-tested earlier in an area similar to study area before finalizing the same. After data collection, it was edited and cleaned, coding, grouping and regrouping and summarized before analysis. The data analysis was processed and analyzed by SPSS version 17.0 including descriptive statistic using mean, standard deviation, percentage, minimum, maximum value to describes a dependent variable and independent variable. Chi-square test, Fisher’s exact test was used to describe the association between independent variable and dependent variable. Average monthly family income was 12,226 BDT. It was found that one third (38.3%) respondent’s monthly family income was 10,001-15,000 BDT followed by 28.7% had 5,001-10,000 BDT, 18.7% had 15,001-20,000 BDT and 10.3% had their income ≤5,000 BDT. Note: For each correct answer the score was one. Then accordingly the respondents were categorized in different groups as below: Good = Score ≥3, Fair = Score 2, Poor = Score 1.

A) Table 1 shows that 15.38% of the study population had fair awareness about age of early marriage whether majority of the respondents (84.61%) had good awareness. Note: For each correct answer the score was one. Then accordingly the
respondents were categorized in different groups as below: Good = Score ≥3, Fair = Score 2, Poor = Score 1

**Table 1:** Awareness level on age of early marriage (n=300).

| Awareness level | Frequency | Percentage |
|-----------------|-----------|------------|
| Good            | 254       | 84.61      |
| Fair            | 46        | 15.38      |
| Total           | 300       | 100.00     |

**Table 2:** Awareness level about age to be pregnant (n=300).

| Awareness level | Frequency | Percentage |
|-----------------|-----------|------------|
| Good            | 254       | 84.61      |
| Fair            | 46        | 15.38      |
| Total           | 300       | 100.00     |

B) Table 2 shows that 15.38% of the study population had fair awareness on age to be pregnant whether majority of the respondents (84.61%) had good awareness.

**Discussion**

The United Nations estimates that in 2011, one in three women aged twenty to twenty-four had married under the age of 18 [5]. An additional 142 million girls are estimated to be married as children if eorts are not put in place to delay early marriage. Early marriage is not only a human rights violation but also acts as a threat to the stability of countries where it is prevalent. The potential adverse consequences of early marriages on girls and women are alarming. Marrying early is associated with early childbirth, which occurs before physical growth and development is complete leading to numerous pregnancy related health concerns for young mother and child. Marriage also deters education where young girls drop out to give birth and devote time to childcare. The husband-wife age gap is of immense importance in determining the relationship between husband and wife where a large gap leaves young girls with less decision-making power. This also results in the increase in probability of violence upon girls within that household. These families are usually poor and tend to remain poor [6]. This study found that majority of the respondents had good awareness on age of marriage. About 15.38% of the study population had fair awareness on age to be pregnant whether majority of the respondents had good awareness (Table 3). Top ranking countries such as Nigeria and Bangladesh have early marriage incidences as high as 76% and 65%, respectively [7]. Pakistan ranks number 6 in the top 10 countries with the highest absolute number of early marriages [5]. Most of the adverse consequences of early marriages are related to girls. Hence, literature at large surrounds itself around this population sub-group. In South Asia, girls’ marriages are decided upon by parents with usually little to none participation of the daughters (Table 4). Tribal influences, culture and religious justifications exist for marrying girls early. Also part of the decision are marital payments that tend to increase as the girls marry later and also induce early marriages. Any policy that attempts to deter girls’ marriage age in South Asia, must target parents’ and society belief structures (Table 5).

**Table 3:** Age group distribution of the respondents (n=300).

| Age group | Frequency | Percentage |
|-----------|-----------|------------|
| 10-13     | 150       | 50.0       |
| 14-16     | 92        | 30.7       |
| 17-19     | 58        | 19.3       |
| Total     | 300       | 100.00     |

**Table 4:** Distribution of the respondent by educational level (n=300).

| Level of Education | Frequency | Percentage |
|--------------------|-----------|------------|
| Illiterate         | 4         | 1.3        |
| Only can sign      | 42        | 14.0       |
| Can write & read   | 15        | 5.0        |
| Primary            | 109       | 36.33      |
| Secondary          | 90        | 30.0       |
| SSC & Higher       | 40        | 13.3       |
| Total              | 300       | 100.00     |

**Table 5:** Monthly family income of the study subjects (n=300).

| Monthly family income in BDT | Frequency | Percentage |
|-----------------------------|-----------|------------|
| ≤5000                        | 31        | 10.3       |
| 5001-10000                   | 86        | 28.7       |
| 10001-15000                  | 115       | 38.3       |
| 15001-20000                  | 56        | 18.7       |
| ≥20001                       | 12        | 4.0        |
| Mean±SD                      | 12226±5787.366 | 4.0        |
| Total                        | 300       | 100.00     |

**Conclusion**

Awareness level on early marriage have to be increased through proper health education programme. Parents have to be engaged in this programme.

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