FOUR HIGHLY LUMINOUS MASSIVE STAR-FORMING REGIONS IN THE NORMA SPIRAL ARM. I. MOLECULAR GAS AND DUST OBSERVATIONS

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ABSTRACT

We report molecular line and dust continuum observations, made with the Swedish-ESO Submillimeter Telescope, toward four young high-mass star-forming regions associated with highly luminous ($\mathcal{L} > 6 \times 10^5 \, L_\odot$) Infrared Astronomical Satellite sources (15290–5546, 15502–5302, 15567–5236, and 16060–5146). Molecular emission was mapped in three lines of CS ($J = 2 \rightarrow 1, 3 \rightarrow 2$, and $5 \rightarrow 4$), two lines of SiO ($J = 2 \rightarrow 1$ and $3 \rightarrow 2$), two rotational transitions of CH$_3$OH ($J_k = 3_k \rightarrow 2_k$ and $2_k \rightarrow 1_k$), and in the C$^{34}$S($J = 3 \rightarrow 2$) line. In addition, single spectra at the peak position were taken in the CO($J = 1 \rightarrow 0$), $^{13}$CO($J = 1 \rightarrow 0$), and C$^{18}$O($J = 1 \rightarrow 0$) lines. We find that the luminous star-forming regions are associated with molecular gas and dust structures with radii of typically 0.5 pc, masses of $\sim 5 \times 10^3 \, M_\odot$, column densities of $\sim 5 \times 10^{23}$ cm$^{-2}$, and dust temperatures of $\sim 40$ K. The 1.2 mm dust continuum observations further indicate that the cores are centrally condensed, having radial density profiles with power-law indices in the range 1.9–2.3. We find that under these conditions dynamical friction by the gas plays an important role in the migration of high-mass stars toward the central core region, providing an explanation for the observed stellar mass segregation within the cores. The CS profiles show two distinct emission components: a bright component, with line widths of typically 5 km s$^{-1}$ (FWHM), and a weaker and wider velocity component, which typically extends up to $\pm 13$ km s$^{-1}$ from the ambient cloud velocity. The SiO profiles also show emission from both components, but the intensity of the pedestal feature relative to that of the bright component is stronger than for CS. The narrow SiO component is likely to trace warm ambient gas close to the recently formed massive stars, whereas the high velocity emission indicates mass outflows produced by either the expansion of the H$\text{II}$ regions, stellar winds, and/or collimated outflows. We find that the abundances of CS, CH$_3$OH, and SiO, relative to H$_2$, in the warm ambient gas of the massive cores are typically $4 \times 10^{-8}$, $6 \times 10^{-8}$, and $5 \times 10^{-11}$, respectively.

Key words: ISM: clouds – ISM: molecules – stars: formation

Online-only material: color figures

1. INTRODUCTION

During the last decades, several observational efforts have been carried out to determine the characteristics of the molecular gas and dust associated with massive star-forming regions. Surveys of molecular emission in high density tracers (Plume et al. 1992; Juvela 1996; Plume et al. 1997; Shirley et al. 2003) and of dust continuum emission (Beuther et al. 2002; Mueller et al. 2002; Faúndez et al. 2004; Williams et al. 2004; Garay et al. 2007), made with single dish telescopes, show that the high-mass stars are regions of molecular gas with distinctive physical parameters, with typical radii of 0.4 pc, densities of $5 \times 10^3$ cm$^{-3}$, and masses of $4 \times 10^3 \, M_\odot$. The dust observations also show that these regions have dust temperatures of typically 32 K, indicating that a luminous energy source has been already formed inside them. These structures, also referred as massive and dense cores, have typically column densities of $3 \times 10^{21}$ cm$^{-2}$ (Garay et al. 2007) which make them very dark at optical wavelengths and even dark at infrared wavelengths (Menten et al. 2005; Rathborne et al. 2006). The Infrared Astronomical Satellite (IRAS) luminosity of most regions in these studies are in the range $1 \times 10^4$–$4 \times 10^5 \, L_\odot$.

In order to investigate possible differences, in the physical and chemical characteristics as well as in the stellar population, between massive and dense cores of different luminosities, we have carried out a multi-wavelength study of four highly luminous IRAS sources in the southern hemisphere selected from the list of IRAS point sources with colors of UC H$\text{II}$ regions and detected in CS(2 $\rightarrow$ 1) emission compiled by Bronfman et al. (1996). The observed objects are listed in Table 1. Columns 2, 3, and 4 give, respectively, the name, right ascension, and declination of the associated IRAS source. The kinematic distance to the objects is given in Column 5. The four objects are located in the tangent region of the Norma spiral arm and therefore there is little ambiguity in the kinematic determination of their distances; their $v_{LSR}$’s are nearly the maxima allowed by pure circular motion in their lines of sight. The total far-infrared luminosities, $L_{\text{FIR}}$, are given in Column 6. The objects have $L_{\text{FIR}}$ greater than $6 \times 10^2 \, L_\odot$ and their CS(2 $\rightarrow$ 1) line profiles show broad molecular line wing emission suggesting the presence of powerful molecular outflows.

Here, we report molecular line and dust continuum observations toward these four regions. The aim of these observations is to undertake a detailed study of the molecular gas and dust content of luminous massive and dense cores in order to determine their physical conditions, kinematics, and chemistry. Molecular emission was mapped in a number of species that are commonly used as diagnostics of the conditions of massive and dense cores: carbon monosulfide, silicon monoxide, and methanol (e.g., Zinchenko et al. 1995; Juvela 1996). Thermal emission of SiO is both a good probe of high velocity gas in regions of massive star formation (Downes et al. 1982) and a
tracer of high-temperature chemistry (Ziurys et al. 1989). The methanol abundance is highly enhanced in the hot gas surrounding infrared sources (Menten et al. 1988) as well as in shocked gas (Liechi & Walmsley 1997), thus, thermal methanol emission is an excellent probe of the environments of high-mass young stellar objects (YSOs). The CS and dust continuum observations are intended to determine the density structure of the cores. In a subsequent paper (Chavarría et al. 2010, Paper II), we will present the characteristics of the stellar content within regions of at least 135′′.

2. OBSERVATIONS

The molecular line and dust continuum observations were carried out using the 15 m Swedish-ESO Submillimeter Telescope (SEST) located in La Silla, Chile.

2.1. Molecular Lines

The molecules, transitions, and frequencies observed and the instrumental parameters are summarized in Table 2.

| Source | IRAS | α(2000) | δ(2000) | D (kpc) | LIRAS |
|--------|------|---------|---------|---------|-------|
| G324.201+0.119 | 15290−5546 | 15832°3537 | −55°56′13″ | 6.0 | 5.9 × 10^5 |
| G328.307+0.423 | 15502−5302 | 15 54.06 | −53 11 38 | 5.6 | 1.1 × 10^6 |
| G329.337+0.147 | 15567−5236 | 16 00.33 | −52 44 45 | 7.0 | 1.2 × 10^6 |
| G330.949−0.174 | 16060−5146 | 16 09.41 | −51 54 45 | 5.4 | 1.0 × 10^6 |

Table 2: Molecular Lines: Observational Parameters

| Molecule | Transition | Frequency (MHz) | Beam Size (FWHM) | η | Δν |
|----------|------------|-----------------|------------------|---|-----|
| CS       | J = 2 → 1  | 97980.968       | 52.0            | 0.73       | 0.132 |
|          | J = 3 → 2  | 146969.049      | 34.0            | 0.66       | 0.085 |
|          | J = 5 → 4  | 224935.606      | 22.0            | 0.45       | 0.053 |
| C^34S    | J = 3 → 2  | 144617.147      | 34.0            | 0.66       | 0.087 |
| SiO      | J = 2 → 1  | 868469.998      | 57.5            | 0.75       | 0.144 |
|          | J = 3 → 2  | 1302687.02     | 40.0            | 0.68       | 0.098 |
| CH$_3$OH | $J_1 = 2_0 → 1_0 A^+$ | 96741.42  | 52.0            | 0.73       | 0.129 |
|          | $J_2 = 3_1 → 2_1 E$ | 145097.470 | 34.0            | 0.66       | 0.086 |
| CO       | J = 1 → 0  | 1152712.04      | 45.0            | 0.70       | 0.111 |
|          | $^{13}$CO  | 1102013.535     | 47.0            | 0.71       | 0.116 |
|          | C$^{18}$O | J = 1 → 0       | 109782.160      | 47.0        | 0.71    |

Table 3: Integration Times and Sensitivities

| Line | G324.201 | G328.307 | G329.337 | G330.949 |
|------|----------|----------|----------|----------|
| $\Sigma_n$ | $p$ | $\Sigma_n$ | $p$ | $\Sigma_n$ | $p$ | $\Sigma_n$ | $p$ |
| CS(2 → 1) | 3 | 0.12 | 3 | 0.14 | 6 | 0.064 | 3 | 0.094 |
| CS(3 → 2) | 4 | 0.065 | 4 | 0.071 | 4 | 0.065 | 4 | 0.057 |
| CS(5 → 4) | 5 | 0.47 | 3 | 0.11 | 6 | 0.41 | 5 | 0.44 |
| $^{13}$CS(3 → 2) | 4 | 0.074 | 4 | 0.068 | 4 | 0.068 | 4 | 0.049 |
| SiO(2 → 1) | 20 | 0.018 | 12 | 0.028 | 12 | 0.027 | 8 | 0.026 |
| SiO(3 → 2) | 12 | 0.033 | 22 | 0.016 | 22 | 0.021 | 4 | 0.035 |
| CH$_3$OH(2$_2 → 1_1$) | 8 | 0.037 | 8 | 0.045 | 8 | 0.044 | 8 | 0.038 |
| CH$_3$OH(3$_2 → 2_1$) | 8 | 0.045 | 8 | 0.044 | 8 | 0.044 | 8 | 0.039 |
| CO(1 → 0) | 1 | 0.276 | 1 | 0.276 | 1 | 0.254 | 1 | 0.254 |
| $^{13}$CO(1 → 0) | 3 | 0.072 | 3 | 0.071 | 3 | 0.068 | 3 | 0.076 |
| C$^{18}$O(1 → 0) | 6 | 0.057 | 6 | 0.055 | 5 | 0.060 | 5 | 0.063 |

Note. Aσ rms noise in antenna temperature.

At least 90′′ × 90′′, with 30′′ spacings. The observations were performed in the dual-beam-switching mode, with a beam separation of 11′′/47′′ in azimuth. The integration times on source per position and the resulting rms noise in antenna temperature are given in Table 3. Within the available bandwidth, three rotational lines of CH$_3$OH could be observed at 2 mm ($J_0 = 2_0 \rightarrow A^+$, $3_1 \rightarrow 2_1 E$, and $3_0 \rightarrow 2_0 E$) and four rotational lines at 3 mm ($2_1 \rightarrow 1_1 E$, $2_0 \rightarrow 1_0 E$, $2_0 \rightarrow 1_0 A^+$, and $2_1 \rightarrow 1_1 E$) lines. During 2001 March, we further observed the SiO(5 → 4) (217104.935 GHz) and CH$_3$OH(5 → 4) (84521.21 GHz) lines toward the center of the G330.949–0.174 core. The receivers and backends were the same as described above. Single-sideband receiver temperatures were 1200 K at 217 GHz and 190 K at 85 GHz.

The CS(5 → 4) observations of G324.201, G329.337, and G330.949 were made between 1991 September and 1992 January. In this epoch, the telescope was equipped with a cooled Schottky mixer and an acousto-optical spectrometer with 2000 × 43 KHz channels; however, a setup of 1000 × 86 KHz resolution elements was used. The typical system temperature above the atmosphere was 1850 K. The CS(5 → 4) line emission was mapped with spacings of 15′′ within regions of at least 60′′ × 45′′. The observations were done in the frequency switch mode with a frequency throw of 15 MHz. The CS(5 → 4) observations of G328.307 were made in 2001 May, with an SIS receiver and the acousto-optical spectrometer with 2000 × 43 KHz channels. Typical system temperature above the atmosphere was of 450 K. Observations were done in the dual beam switching mode, with a beam separation of 11′′/47′′ in azimuth, in a grid of nine positions with spacings of 45′′.

Observations of the CO, $^{13}$CO, and C$^{18}$O emissions in the $J = 1 → 0$ lines were made during 2000 May and 2001 June. Spectra were obtained only toward the peak position of the CS emission in each region. These observations were performed in the position switched mode, with OFF positions taken from Bronfman et al. (1989). The goal of these observations was to obtain the data needed to determine CO column densities, which in turn will permit to derive abundance enhancements relative to CO.

2.2. Dust Continuum

The 1.2 mm continuum observations were made using the 37-channel SEST Imaging Bolometer Array (SIMBA) during 2001 October and 2003 August. The passband of the bolometers has
an equivalent width of 90 GHz and is centered at 250 GHz. The HPBW of a single element is 24″ and the separation between elements on the sky is 44″. We observed in the fast mapping mode, using a scan speed of 80″ s⁻¹. Each observing block consisted of 50 scan lines in azimuth of length 800″ and separated in elevation by 8″, giving a map size of 400″ in elevation. This block required ∼15 minutes of observing time. We observed 2–4 blocks per source, achieving rms noise levels of typically 50 mJy beam⁻¹. The data were reduced according to a standard procedure using the software package MOPSI, which included baseline subtraction and rejection of correlated sky noise. Flux calibration was performed using a sky-opacity correction and a counts-to-flux conversion factor derived from maps of Uranus. Uncertainties in the absolute calibration and pointing accuracy are estimated at 20% and 3″, respectively.

3. RESULTS

3.1. Molecular Emission

Figures 1–4 show spectral maps of the CS(2 → 1), CS (3 → 2), C³⁴S(3 → 2), SiO(2 → 1), SiO(3 → 2), CH₃OH(3k → 2k), and CH₃OH(2k → 1k) line emission observed toward G324.201+0.119, G328.307+0.423, G329.337+0.147, and G330.949−0.174, respectively. The spacing is 30″ for all transitions, except CS(2 → 1) for which the spacing is 45″. Offsets are from the reference position given in Columns 3 and 4 of Table 1. The velocity scale ranges from −120 to −65 km s⁻¹. The antenna temperature scale ranges from −0.5 to 4.0 K for CS(2 → 1), −0.5 to 5.0 K for CS(3 → 2), −0.2 to 0.9 K for C³⁴S(3 → 2), −0.04 to 0.13 K for SiO(2 → 1), and −0.1 to 0.55 K for CH₃OH(3k → 2k).

The broad emission, which has typically full widths at zero power) in different transitions are given in Table 5. The velocity scale ranges from −0.5 to 3.5 K for CS(2 → 1), −0.25 to 3.6 K for CS(3 → 2), −0.2 to 1.0 K for C³⁴S(3 → 2), −0.03 to 0.12 K for SiO(2 → 1), −0.06 to 0.18 K for SiO(3 → 2), −0.1 to 0.45 K for CH₃OH(2k → 1k), and −0.1 to 0.60 K for CH₃OH(3k → 2k).

The broad emission, which has typically full widths at zero...
power of $\sim 26$ km s$^{-1}$, is mainly detected toward the peak position of the massive cores. Although this emission most likely arises from outflowing gas, the coarse angular resolution ($\sim 30''$) of our observations does not allow us to determine its spatial distribution and degree of collimation. The nature of the high velocity gas giving rise to the pedestal feature is thus difficult to assess. Higher angular resolution observations are needed to investigate whether the high velocity emission arises from a collimated bipolar outflow driven by the recently formed massive stars or from a spherically symmetric structure possibly driven either by stellar winds or by the expansion of the H$\text{ii}$ region onto the ambient medium.

Silicon monoxide was detected toward the four observed high-mass star-forming regions, the strongest emission being observed toward the G330.949–0.174 core. SiO lines are tracers of both the warm ambient gas surrounding young luminous stars and of molecular outflows associated with newly formed massive stars. Harju et al. (1998) have already shown that SiO emission is relatively easy to detect toward regions of high-mass star formation, with the detection rate increasing with the FIR luminosity. The profiles of the SiO emission show a broad component of high velocity gas superposed on a narrower component, whose central velocity is close to the velocity of the ambient gas. The full widths at zero power (emission above a $3\sigma$ level) of the broad component range from 17.4 to 36.6 km s$^{-1}$, with a median of 26 km s$^{-1}$. The relative contribution to the observed intensity is different from source to source. In G324.201, the SiO emission from the broad component dominates the spectrum, whereas in G330.949 the narrower emission is stronger. We suggest that, on the one hand, the narrow SiO emission arises from the warm ambient gas surrounding the recently formed massive stars, and that this component results from the evaporation of silicon compounds from grain mantles produced by the stellar radiation. On the other hand, the broad SiO emission most likely indicates mass outflows from a star or stars embedded within the massive core, and that this component results from grain disruption by shock waves. Hence, the SiO emission traces both high kinetic temperature ambient gas and outflowing shocked gas.

The shape of the profiles is different from molecule to molecule depending on the relative intensities between the narrow and broad components. To illustrate in more detail the differences between the line profiles, Figures 5–8 show the spectra of all molecular lines, except methanol, observed
### Table 4
Molecular Lines: Observed Parameters

| Line                  | Peak^a | Average^b |
|-----------------------|--------|-----------|
|                       | $T_A$  | $V$       | $\Delta v$ |
|                       | (K)    | (km s$^{-1}$) | (km s$^{-1}$) |
| CS(2 → 1)             | 1.79 ± 0.12 | -88.44 ± 0.04 | 4.1 ± 0.3 |
| CS(3 → 2)             | 2.17 ± 0.07 | -88.52 ± 0.01 | 4.1 ± 0.1 |
| CS(5 → 4)             | 2.98 ± 0.47 | -87.87 ± 0.05 | 4.4 ± 0.1 |
| CS$^{34}$S(3 → 2)     | 0.745 ± 0.074 | -88.59 ± 0.05 | 3.6 ± 0.1 |
| SiO(2 → 1)            | 0.052 ± 0.018 | -87.4 ± 0.3 | 6.1 ± 1.1 |
| SiO(3 → 2)            | ... ... ... | ... ... ... | ... ... ... |
| CH$_3$OH(2$_0$ → 1$_0$)A$^*$ | 0.380 ± 0.037 | -88.26 ± 0.05 | 4.6 ± 0.2 |
| CH$_3$OH(3$_0$ → 2$_0$)A$^*$ | 0.510 ± 0.043 | -88.36 ± 0.03 | 5.5 ± 0.1 |
| ... ... ... ... ... ... | ... ... ... ... ... | ... ... ... ... ... | ... ... ... ... ... |
| CS(2 → 1)             | 3.34 ± 0.06 | -107.69 ± 0.02 | 4.3 ± 0.1 |
| CS(3 → 2)             | 4.92 ± 0.07 | -107.71 ± 0.01 | 4.7 ± 0.1 |
| CS(5 → 4)             | 2.23 ± 0.41 | -107.73 ± 0.08 | 4.5 ± 0.3 |
| CS$^{34}$S(3 → 2)     | 1.15 ± 0.07 | -107.72 ± 0.03 | 3.6 ± 0.1 |
| SiO(2 → 1)            | 0.104 ± 0.027 | -107.67 ± 0.10 | 4.2 ± 0.2 |
| SiO(3 → 2)            | 0.125 ± 0.021 | -107.47 ± 0.13 | 4.2 ± 0.3 |
| CH$_3$OH(2$_0$ → 1$_0$)A$^*$ | 0.502 ± 0.054 | -107.51 ± 0.04 | 3.8 ± 0.1 |
| CH$_3$OH(3$_0$ → 2$_0$)A$^*$ | 0.671 ± 0.044 | -107.48 ± 0.02 | 4.8 ± 0.1 |
| ... ... ... ... ... ... | ... ... ... ... ... | ... ... ... ... ... | ... ... ... ... ... |

**Notes.**

^a Fits to the spectra at peak position.

^b Fits to the spatially averaged emission.

^c Non-Gaussian profile.

^d Only broad emission detected in this line.

### Table 5
Wing Emission: Velocity Extent

| Source               | Line      | $V_{\text{min}}$ (km s$^{-1}$) | $V_{\text{max}}$ (km s$^{-1}$) | $\Delta v$ |
|----------------------|-----------|--------------------------------|--------------------------------|-------------|
| G324.201+0.119       | CS(3 → 2) | -101.5                         | -77.0                         | 24.5        |
|                      | SiO(2 → 1) | -101.0                         | -71.6                         | 29.4        |
|                      | SiO(3 → 2) | -101.4                         | -72.0                         | 29.4        |
| G328.307+0.423       | CS(3 → 2) | -101.0                         | -80.6                         | 20.4        |
|                      | SiO(2 → 1) | -100.0                         | -82.6                         | 17.4        |
|                      | SiO(3 → 2) | -102.5                         | -90.9                         | 31.6        |
| G329.337+0.147       | CS(3 → 2) | -102.5                         | -90.9                         | 36.6        |
|                      | SiO(2 → 1) | -114.0                         | -92.2                         | 21.8        |
|                      | SiO(3 → 2) | -115.0                         | -90.3                         | 36.6        |
| G330.949–0.174       | CS(3 → 2) | -106.0                         | -75.7                         | 30.3        |
|                      | SiO(2 → 1) | -107.0                         | -70.4                         | 36.6        |
|                      | SiO(3 → 2) | -103.4                         | -75.2                         | 28.2        |

at the peak position of each region. The CS(5 → 4) spectra corresponds to the average spectra over the 30′ × 30′ mapped region, and therefore it is directly comparable to the peak spectra observed in the other transitions with ~30′ beams.

Figure 9 shows contour maps of the velocity integrated ambient gas emission in the CS(2 → 1) line toward all four regions. The 50% contour level of the emission is marked with dark lines. In all cases, the emission, at the resolution of 52′, arises from a single source exhibiting a simple morphology. The deconvolved major and minor FWHM angular sizes determined by fitting a Gaussian profile to the emission are given in Section 3.3.

### 3.2 Dust Continuum

Figure 10 presents maps of the 1.2 mm continuum emission, within regions of typically 4′ in size, toward the four observed sources. Emission was detected toward all four regions. The extent and morphology of the 1.2 mm dust continuum emission is similar to that of the CS(2 → 1) line emission, indicating...
that these two probes trace the same physical conditions. The observed parameters of the 1.2 mm sources are given in Table 6. Columns 2 and 3 give their peak positions. Columns 4 and 5 give, respectively, the peak flux density and the total flux density, the latter measured directly from the maps using the AIPS tasks IMEAN. Column 6 gives the deconvolved major and minor FWHM angular sizes determined by fitting a single Gaussian profile to the whole spatial distribution, except for G329.337 for which two Gaussian components were fitted.

In three of the four regions, the morphology of the dust emission can be described as arising from a bright compact peak surrounded by an extended envelope of weaker emission, which is characteristic of sources with centrally condensed density profiles. This is illustrated in Figure 11 which shows slices of the observed 1.2 mm intensity across the two sources with nearly circular morphology (G324.201 and G330.949). We find that the observed radial intensity profiles can be well fitted with single power-law intensity profiles of the form $I \propto r^{-\alpha}$, where $r$ is the distance from the center, properly convolved with the beam of 24". We derive $\alpha$ indices of 1.6 and 1.9 for the G324.201 and G330.949 cores, respectively. For the G328.307 core an $\alpha$ index of 1.5 has been already derived by Garay et al. (2007).

### 3.3. Individual Sources

Three of the high-mass star-forming regions investigated here, G324.201, G329.337, and G330.949, are in the list of ~2000 massive YSO (MYSO) candidates compiled by the Red MSX Source survey based on a color selection criterion of Midcourse Space Experiment (MSX) point sources (Hoare et al. 2005). Radio continuum observations have, however, shown that all four Norma cores are associated with compact radio sources, indicating that they are in a more advanced stage of evolution in which an UC H$\alpha$ region has already developed (Walsh et al. 1998; Garay et al. 2006; Urquhart et al. 2007). In all cases the compact radio sources are found projected at the peak position of the 1.2 mm dust continuum emission, suggesting that massive stars are located at the center of the massive and dense cores. In what follows, we discuss the characteristics of the molecular gas and dust emission, as well as of the radio emission, toward each of the IRAS sources, individually.

G324.201+0.119. The G324.201+0.119 massive core is associated with IRAS 15290−5546, which has a total luminosity of $5.9 \times 10^5$ $L_\odot$. The CS profiles across the core show emission from a nearly Gaussian component, with central velocities of $\sim -88.4$ km s$^{-1}$ and FWHM widths of $\sim 4.0$ km s$^{-1}$. The spatial distribution of the emission in the CS(2 $\rightarrow$ 1) line from the ambient gas is slightly elongated, with FWHM deconvolved major and minor axes of 43" and 30", respectively. The morphology of the 1.2 mm dust emission also shows the presence of a single structure with FWHM deconvolved major and minor axes of 35" and 28", respectively. A power-law fit to the 1.2 mm
intensity profile gives an index of 1.6 (see Figure 11). The total flux density of the region at 1.2 mm is 17.3 Jy.

Toward the center of the core the Gaussian component is superposed on a broader and weaker component. In the CS(3 → 2) line, the wing emission extends up to a flow velocity of $-13.1$ km s$^{-1}$ in the blue side and $11.4$ km s$^{-1}$ in the red side. The flow velocity, $v_{\text{flow}}$, is defined as $v_{\text{flow}} = v - v_o$, where $v_o$ is the ambient cloud velocity. The SiO line profiles are, on the other hand, dominated by the emission from the broad component, covering a flow velocity range from $-12.6$ to $16.8$ km s$^{-1}$.

Radio continuum observations toward G324.201+0.119 show the presence of two compact radio sources: a cometary-like component, with an angular diameter of $\sim 4''$, located at the center of the core and an unresolved component located $\sim 6''$ north of the former (Urquhart et al. 2007). If excited by single stars, the rate of UV photons needed to produce the cometary and unresolved regions of ionized gas implies the presence of O7 and O8.5 ZAMS stars, respectively.

G328.307+0.423. The G328.307+0.423 massive core is associated with IRAS 15502−5302, which has a total luminosity of $1.1 \times 10^6 L_\odot$. The spatial distribution of the CS(2 → 1) emission from the ambient gas shows an elongated morphology, with FWHM deconvolved major and minor axes of $43''$ and $26''$, respectively. The elongated morphology is more clearly seen in the observed spatial distribution of the 1.2 mm emission (see Figure 10), which has FWHM deconvolved major and minor axes of $43''$ and $26''$, respectively. The total flux density of the region at 1.2 mm is 24.1 Jy.

The CO(1 → 0) spectra observed at the center of the core show a double-peaked profile, with a strong blueshifted peak at the velocity of $-93.9$ km s$^{-1}$ and a weaker redshifted peak at the velocity of $-88.5$ km s$^{-1}$. On the other hand, the spectra of the optically thin C$^{18}$O(1 → 0) line show a single Gaussian profile with a peak velocity of $-92.6$ km s$^{-1}$. These spectral characteristics indicate the presence of infall motions (Leung & Brown 1977; Walker et al. 1994; Myers et al. 1996). Using Expression (9) of Myers et al. (1996) we derive an infall velocity of $\sim 0.3$ km s$^{-1}$. The profiles of the CS and C$^{18}$S emissions observed across the core are generally asymmetric, showing a peak at velocities of $\sim -92.8$ km s$^{-1}$ and a shoulder toward redshifted velocities. The observed shapes are consistent with the infall motions suggested by the CO(1 → 0) emission but for transitions with smaller optical depths. In addition to infalling gas, outflowing gas is clearly detected toward the central region. In the CS(3 → 2) line, blueshifted and redshifted emissions are detected up to flow velocities of $-8.2$ km s$^{-1}$ and $12.2$ km s$^{-1}$, respectively. The SiO emission, which is detected in the velocity

Figure 7. Spectra observed at the peak position of G329.337+0.147. Transitions are given in the upper right corner. The vertical dotted line indicates the systemic velocity of the ambient gas.

Figure 8. Spectra observed at the peak position of G330.949−0.174. Transitions are given in the upper right corner. The vertical dotted line indicates the systemic velocity of the ambient gas.
Figure 9. Contour maps of the CS(2 → 1) velocity integrated ambient gas emission. Contour levels are drawn in steps of 10% and up to 90% of the peak value. The FWHM beam is shown in the bottom left corner of the lower left panel. Upper left: G324.201+0.119. Peak: 20.8 K km s\(^{-1}\). Upper right: G328.307+0.423. Peak: 25.6 K km s\(^{-1}\). Starting contour level: 20%. Lower left: G329.337+0.147. Peak: 28.0 K km s\(^{-1}\). Starting contour level: 20%. Lower right: G330.949−0.174. Peak: 39.7 K km s\(^{-1}\).

(A color version of this figure is available in the online journal.)

radio continuum observations toward G328.307+0.423 show the presence of a complex region of ionized gas, consisting of a handful of low brightness, extended components and a bright, compact component located at the center of the core (Garay et al. 2006). The flux density of the later component increases with frequency whereas its angular size decreases with frequency. These characteristics suggest the presence of a steep gradient in the electron density.

G329.337+0.147. The G329.337+0.147 massive core is associated with IRAS 15567−5236, which has a total luminosity of \(1.2 \times 10^6 L_\odot\). The CS profiles across the core show emission from a bright component with a central velocity of \( \sim -107.7 \) km s\(^{-1}\) and a FWHM width of \( \sim 4.5 \) km s\(^{-1}\). Strong high-velocity wing emission is detected toward the central region in all observed species (see Figure 7). The blueshifted and redshifted emissions extend up to flow velocities of \(-27.6\) km s\(^{-1}\) and \(24.2\) km s\(^{-1}\) in the CO(1 → 0) line, \(-14.8\) km s\(^{-1}\) and \(16.8\) km s\(^{-1}\) in the CS(3 → 2) line, and \(-19.2\) km s\(^{-1}\) and \(17.4\) km s\(^{-1}\) in the SiO(3 → 2) line.

The CS(2 → 1) emission from the ambient gas arises from a structure that is slightly elongated in the southeast direction, with deconvolved FWHM major and minor axes of 44″ and 39″, respectively. The peak of the CS emission is coincident with a methanol maser (Walsh et al. 1997). The spatial distribution of the silicon monoxide and methanol emission shows notable differences with respect to that of the emission in carbon monosulfide. The morphology of the SiO and CH\(_3\)OH emission shows a double-peaked structure, with the main peak being displaced from the peak of the CS emission by \(\sim 60″\) toward the southeast (see Figure 12). The secondary SiO peak coincides with the peak of the CS emission. The double-peaked morphology is also clearly seen in the map of the dust continuum emission.

Radio continuum observations toward G329.337+0.147 show the presence of a single source, with an angular diameter of \(6.3 \times 4.8\), exhibiting an irregular multi-peaked morphology (Walsh et al. 1998; Urquhart et al. 2007). If excited by a single star, the rate of UV photons required to ionize this region implies the presence of an O6.5 ZAMS star.

G330.949−0.174. The G330.949−0.174 massive core is associated with IRAS 16060−5146, which has a total luminosity of \(1.0 \times 10^6 L_\odot\). The CS(2 → 1) line exhibits an asymmetric profile, with a peak at the velocity of \(-92.1\) km s\(^{-1}\) and a shoulder toward redshifted velocities. The CS(3 → 2) and CS(5 → 4) profiles are double peaked, with peaks at...
Figure 10. SEST/SIMBA maps of the 1.2 mm dust continuum emission. Contour levels are drawn at 5%, 10%, 20%, 30%, 40%, 50%, 60%, 70%, 80%, and 90% of the peak flux density. The FWHM beam is shown at the bottom left. In all panels, except the upper right, the stars mark the positions of the compact radio continuum sources detected by Urquhart et al. (2007). Upper left: G324.201+0.119. Peak: 5.28 Jy beam$^{-1}$. Upper right: G328.307+0.423. Peak: 6.35 Jy beam$^{-1}$. The star marks the position of the bright compact radio continuum source detected by Garay et al. (2006). Lower left: G329.337+0.147. Peak: 4.35 Jy beam$^{-1}$. Lower right: G330.949−0.174. Peak: 21.8 Jy beam$^{-1}$.

Table 6

| Source          | Right Ascension (J2000) | Declination (J2000) | Peak Position | Flux Density$^a$ | Angular Size$^b$ |
|-----------------|-------------------------|---------------------|---------------|------------------|------------------|
| G324.201+0.119  | 15 32 52.91             | −55 56 10.8         | 5.28          | 17.3             | 35 × 28          |
| G328.307+0.423  | 15 54 06.33             | −53 11 43.1         | 6.35          | 24.1             | 43 × 26          |
| G329.337+0.147A | 16 00 33.10             | −52 44 46.6         | 4.35          | 11.7             | 37 × 27          |
| G329.337+0.147B | 16 00 38.68             | −52 45 31.7         | 1.45          | 4.58             | 53 × 38          |
| G330.949−0.174  | 16 09 52.41             | −51 54 58.5         | 21.75         | 47.2             | 34 × 33          |

Notes.

$^a$ Errors in the flux density are dominated by the uncertainties in the flux calibration, of ~20%.

$^b$ Errors in the angular sizes are typically 10%.

$\sim$−93.0 km s$^{-1}$ and $\sim$−89.1 km s$^{-1}$. The blue peak is stronger than the red peak by a factor of $\sim$1.5. The profiles of the C$^{34}$S and SiO emissions are, on the other hand, more symmetric, with peak velocities lying between the two velocity peaks of the CS emission. This result indicates that the complex CS profiles are produced by optical depth effects rather than being due to two velocity components along the line of sight.

The presence of a high velocity gas toward the central region is clearly indicated by the profiles of the CS and SiO emissions. In CO lines, the outflow emission is blended with emission from less dense molecular clouds in the line of sight. The emission in the CS(3 → 2) line extends up to a velocity of $−75.7$ km s$^{-1}$ in the red side and up to a velocity of $−106.0$ km s$^{-1}$ in the blue side.
The spatial distribution of the CS(2 → 1) emission from the ambient gas is nearly circular, with FWHM deconvolved major and minor axes of 43″. The circular morphology is also seen in the 1.2 mm dust emission, which exhibits a single structure with FWHM deconvolved major and minor axes of 33″. The total flux density of the region at 1.2 mm is 47.2 Jy. A power-law fit to the 1.2 mm intensity profile gives an index of 1.9 ± 0.1 (see Figure 11). The peak of the molecular and dust emissions is displaced about 30″ east of the IRAS position, but is coincident with the position of a methanol maser and a compact radio continuum source (Walsh et al. 1997, 1998). The radio continuum observations of Urquhart et al. (2007) toward G330.949−0.174 show the presence of two compact sources: a bright cometary-like component, with an angular diameter of ∼3″, located near the center of the core and an unresolved, weak component, located ∼12″ northeast of the former. If excited by single stars, the rate of UV photons needed to produce the cometary and unresolved regions of ionized gas implies the presence of O7 and B0 ZAMS stars, respectively.

4. DISCUSSION

4.1. Spectral Energy Distributions

Figure 13 shows, for each of the four sources, the spectral energy distribution (SED) from 12 μm to 1.2 mm. In this wavelength range, the emission is mainly due to thermal dust emission. The flux densities at 12, 25, 60, and 100 μm correspond to IRAS data, and those at 8.3, 12.1, 14.7, and 21.3 μm correspond to MSX data (Price et al. 2001). The IRAS and MSX fluxes were obtained from the IPAC database.

We fitted the SED with modified blackbody functions of the form $B_\nu(T_d)\left[1-\exp(-\tau_\nu)\right]\Omega_s$, where $\tau_\nu$ is the dust optical depth, $B_\nu(T_d)$ is the Planck function at the dust temperature $T_d$, and $\Omega_s$ is the solid angle subtended by the dust emitting region. The opacity was assumed to vary with frequency as $\nu^\beta$, i.e., $\tau_\nu = (\nu/\nu_o)^\beta$, where $\nu_o$ is the frequency at which the optical depth is unity. A single temperature model produced poor fits, underestimating the emission observed at wavelengths smaller than 25 μm, and therefore we used a model with two temperature components. Since the regions are likely to present temperature gradients, this is indeed a coarse simplification. However, this model allows us to determine the average dust temperatures representative of each wavelength range. The parameters derived from the fits, namely dust temperature, opacity power-law index, wavelength at which the opacity is unity, and angular size (assuming a Gaussian flux distribution), for the colder dust component are given in Figure 13.

4.2. Parameters Derived from Dust Observations

The parameters derived from the 1.2 mm observations are summarized in Table 7. The dust temperatures given in Column 2
the radio source detected by Walsh et al. (1997). Upper: CS(2–1). (A color version of this figure is available in the online journal.)

Correspond to the colder temperature determined from fits to the SED. The radius given in Column 3 was computed from the geometric mean of the deconvolved major and minor angular sizes obtained from single Gaussian fits to the observed spatial structure. The masses of the cores, given in Column 4, were derived using the expression (e.g., Chini et al. 1987)

\[ M_\text{g} = \frac{S_{1.2\text{mm}} D^2}{R_{\text{dg}} k_{1.2\text{mm}} B_{1.2\text{mm}}(T_d)}, \]

where \( S_{1.2\text{mm}} \) is the observed flux density at 1.2 mm, \( k_{1.2\text{mm}} \) is the mass absorption coefficient of dust with a value of 1 cm\(^2\) g\(^{-1}\) (Ossenkopf & Henning 1994), \( R_{\text{dg}} \) is the dust-to-gas mass ratio (assuming 10% He) with a value of 0.01, and \( B(T_d) \) is the Planck function at the dust temperature \( T_d \). This expression implicitly assumes that the observed emission at 1.2 mm corresponds to optically thin thermal dust emission and that the source is isothermal. The masses derived in this way range from \( 5 \times 10^3 \) to \( 1 \times 10^6 \) \( M_\odot \). Columns 5 and 6 give, respectively, the average molecular densities and average column densities derived from the masses and radius assuming that the cores have uniform densities. Clearly, this is a rough simplification, since as discussed in Section 3.2 the massive and dense cores are likely to have steep density gradients. Finally, the continuum optical depth at 1.2 mm is given in Column 7.

4.3. Parameters Derived from Line Observations

4.3.1. Optical Depths and Column Densities of CS and CO

The optical depth in the CS(3 → 2) line, \( \tau_{32}^{\text{CS}} \), can be derived from the ratio of observed main beam brightness temperatures in the CS(3 → 2) and \(^{34}\)S(3 → 2) lines using the expression,

\[ \frac{1 - \exp \left(-\frac{\tau_{32}^{\text{CS}}}{r} \right)}{1 - \exp \left(-\frac{\tau_{32}^{\text{C34S}}}{r} \right)} = \frac{\left[J_{32}^{\text{CS}}(T_{\text{ex}}) - J_{32}^{\text{CS}}(T_{bg})\right]}{\left[J_{32}^{\text{C34S}}(T_{\text{ex}}) - J_{32}^{\text{C34S}}(T_{bg})\right]} \frac{T_{\text{mb}}(\text{C34S})}{T_{\text{mb}}(\text{CS})}, \]

where the subscript 32 refers to the 3 → 2 transition, \( T_{\text{ex}} \) is the excitation temperature of the transition, \( T_{bg} \) is the background temperature,

\[ J_\nu(T) = \frac{h \nu}{k} \exp(h\nu/kT) - 1, \]

and \( r \) is the \( \tau_{32}^{\text{CS}}/\tau_{32}^{\text{C34S}} \) optical depth ratio, given by

\[ r = a \frac{\mu_{\text{CS}}^2}{\mu_{\text{C34S}}^2} \exp(-12hB_{\text{CS}}/kT_{\text{ex}}) \exp(-12hB_{\text{C34S}}/kT_{\text{ex}}) \times \left(\frac{\exp(h\nu_{32}^{\text{CS}}/kT_{\text{ex}}) - 1}{\exp(h\nu_{32}^{\text{C34S}}/kT_{\text{ex}}) - 1}\right) \left(\frac{kT_{\text{ex}}/hB_{\text{CS}} + 1/3}{kT_{\text{ex}}/hB_{\text{C34S}} + 1/3}\right), \]

where \( a \) is the \([C32S/C34S]\) isotopic abundance ratio, and \( \mu \) and \( B \) are the permanent dipole moment and the rotational constant of the molecule, respectively. If the excitation temperature is known, the above expressions allow the optical depth to be determined. We avoid the usual approximation that \( T_{\text{ex}} \gg 1 \), and solve Equation (2) using an interpolation procedure, assuming a \([C32S/C34S]\) abundance ratio of 22.5 (Blake et al. 1994).

The optical depth in the CO(1 → 0) line, \( \tau_{10}^{\text{CO}} \), can be derived from the ratio of observed main beam brightness temperatures in the CO(1 → 0) and \(^{13}\)CO(1 → 0) lines in a similar manner as described above (see Bourke et al. 1997, for the appropriate expressions). We assumed a \([\text{CO}]^{13}\text{CO} \) abundance ratio of 55, corresponding to the average value across the Galactic disk (Wannier et al. 1982). Further, the observations of the \( J = 1 \rightarrow 0 \) line emission in the three isotopic species of carbon monoxide (CO, \(^{13}\)CO, and \(^{18}\)CO) allow us to determine the \([^{13}\text{CO}]/{[\text{CO}]^{13}\text{CO}}\) isotopic abundance ratio. Using a \([\text{CO}]^{13}\text{CO} \) abundance ratio of 55, we derive \([^{13}\text{CO}]/{[\text{CO}]^{18}\text{CO}}\) abundance ratios in the range 8–10.

The peak optical depths at the peak position of the massive cores in the CS(3 → 2), \(^{34}\)S(3 → 2), CO(1 → 0), and \(^{13}\)CO(1 → 0) lines, are given in Columns 2–5 of Table 8. They were computed assuming \( T_{\text{ex}} = 40 \) K. We find that the emission is optically thick in the CS lines and optically thin in the \(^{34}\)S line for all cores. We note that the dependence of the optical depth with excitation temperature is weak. For instance, assuming \( T_{\text{ex}} = 100 \) K the derived optical depths are only 0.4% larger.

The total column density \( N \) of a linear, rigid rotor, molecule can be derived from the optical depth and excitation temperature of a rotational transition at frequency \( \nu \), using the expression (e.g., Garden et al. 1991)

\[ N = \frac{3h}{8\pi^3\mu^2} \frac{k(T_{\text{ex}} + h\nu/3k)}{(J + 1)hB} \left(1 - \exp(-h\nu/kT_{\text{ex}})\right) \int \tau dv, \]

where \( J \) is the rotational quantum number of the lower state. This expression assumes that all energy levels are populated.
According to local thermodynamic equilibrium (LTE) at the temperature $T_{\text{ex}}$, in particular, the total column density of the CS molecule is given, in terms of the opacity and excitation temperature of the $3 \rightarrow 2$ transition, by

$$N(\text{CS}) = 5.93 \times 10^{11} (T_{\text{ex}} + 0.39) \frac{\exp(7.05/T_{\text{ex}})}{1 - \exp(-7.05/T_{\text{ex}})} \int \tau_{32} dv,$$

where $v$ is measured in km s$^{-1}$. Column 2 of Table 9 gives the derived CS column density through the center of the cores. The CO column density through the center of the cores is given in Column 3 of Table 9. They were determined in the same way as the CS column densities using the [CO, $^{13}$CO] pair of observations.

From the column density in CS, $N(\text{CS})$, we can estimate the mass of the cores using the expression,

$$M = N(\text{CS}) \frac{H_2}{\mu_m m_H \pi R^2},$$

according to local thermodynamic equilibrium (LTE) at the temperature $T_{\text{ex}}$. In particular, the total column density of the CS molecule is given, in terms of the opacity and excitation temperature of the $3 \rightarrow 2$ transition, by

$$N(\text{CS}) = 5.93 \times 10^{11} (T_{\text{ex}} + 0.39) \frac{\exp(7.05/T_{\text{ex}})}{1 - \exp(-7.05/T_{\text{ex}})} \int \tau_{32} dv,$$

where $v$ is measured in km s$^{-1}$. Column 2 of Table 9 gives the derived CS column density through the center of the cores. The CO column density through the center of the cores is given in Column 3 of Table 9. They were determined in the same way as the CS column densities using the [CO, $^{13}$CO] pair of observations.
where \([\frac{N_{\text{H}_2}}{N_X}]\) is the \(H_2\) to \(X\) abundance ratio, \(\mu_m\) is the mean molecular weight, and \(R\) is the core radius. The radii, given in Column 2 of Table 10, were computed from the geometric mean of the deconvolved \(CS(2 \rightarrow 1)\) angular sizes using the distances given in Table 1. The core masses computed from Expression (6), using \([\frac{N_{\text{H}_2}}{N_{\text{H}_2}}]\) = 3 × 10\(^7\) (see Section 4.3), are given in Column 3 of Table 10. They range from 4.3 × 10\(^3\) to 1.0 × 10\(^4\) \(M_{\odot}\). These masses are in good agreement with those derived from the dust continuum observations.

### 4.3.2. Rotational Temperatures and Column Densities of Methanol and Silicon Monoxide

The rotational temperature, \(T_{\text{rot}}\), and the total column density, \(N_T\), of methanol and silicon monoxide can be computed using a rotational diagram analysis (see, e.g., Linke et al. 1978; Blake et al. 1987), with the assumptions of optically thin conditions and local thermodynamical equilibrium (LTE), which relates the integrated line intensity, rotational temperature, and column density via

\[
\frac{3k}{8\pi^3\mu^2vS} \int T_{\text{mb}}dv = \frac{N_u}{g_u} = \frac{N_T}{Q(T_{\text{rot}})} \exp \left( -\frac{E_u}{kT_{\text{rot}}} \right), \tag{7}
\]

where \(\mu\), \(v\), and \(S\) are the transition dipole moment, frequency, and line strength of the transition, respectively, \(\int T_{\text{mb}}dv\) is the velocity integrated main beam brightness, obtained directly from the observations, \(E_u\) is the upper state energy, and \(Q(T_{\text{rot}})\) is the rotational partition function.

Figure 14 shows rotational diagrams for the \(CH_3OH\) emission observed at the peak position of the massive cores. The column densities and rotational temperatures of both the ambient gas, given in Columns 5 and 7 of Table 9, and flowing molecular gas, given in Columns 8 and 9. The rotational temperatures of the flowing gas are typically 2 times larger than those of the ambient gas. This is illustrated in Figure 15, which presents a rotational diagram for the SiO emission observed at the peak position of the G330.949 massive core. In this case, the gas giving rise to the narrow emission has a rotational temperature of 11.2 ± 0.6 K and a column density of 4.1 × 10\(^{13}\) cm\(^{-2}\) whereas the outflowing gas producing the broad emission has a rotational temperature of 24.9 ± 2.4 K and a column density of 2.6 × 10\(^{13}\) cm\(^{-2}\).

### 4.3.3. Molecular Abundances

The chemical composition of a gas cloud is usually characterized by the fractional abundance of molecules relative to molecular hydrogen, the main constituent of the interstellar gas. The abundance of \(H_2\) is however not directly measured. Our observations allow us, however, to directly determine abundances relative to CO. We compute the abundance of species \(X\) relative to CO, \([X/CO]\) (where \(X = \text{CS}, \text{SiO}, \text{or CH}_3\text{OH}\)) as the ratio of the column density of species \(X\) and the CO column density in the same velocity range. For SiO and CH\(_3\)OH, we use the column densities derived from rotational analysis (see...
Section 4.3.2), whereas for CS and CO we use the column densities derived from the observations of their main and isotopic species (see Section 4.3.1). Table 11 summarizes the abundances derived from the observations of their main and isotopic species (see Section 4.3.1). Table 11 summarizes the abundances derived from the observations of their main and isotopic species (see Section 4.3.1). Table 11 summarizes the abundances derived from the observations of their main and isotopic species (see Section 4.3.1). Table 11 summarizes the abundances derived from the observations of their main and isotopic species (see Section 4.3.1).

**Methanol.** We find that the [CH$_3$OH/CO] abundance ratio in the ambient gas is similar for all observed cores, having a mean value of $6 \times 10^{-5}$. Assuming an [H$_2$/CO] of $10^4$, it implies that the [CH$_3$OH/H$_2$] abundance ratio in the ambient gas is typically $6 \times 10^{-9}$. At temperatures smaller than 100 K, chemistry models predict that the production of CH$_3$OH in the gas phase yields abundances of only $10^{-11}$ relative to H$_2$ (Lee et al. 1996). The high abundance of methanol in the cores suggests that the radiation from their embedded luminous stars is producing a substantial evaporation of icy grain mantles. Van der Tak et al. (2000a) found a [CH$_3$OH/H$_2$] ratio of a few $10^{-8}$ for hot cores and $\sim 10^{-9}$ for the cores with the lower temperatures. The values obtained for the cores investigated here are in between the values found for dark clouds and hot cores and may correspond to an average of the values appropriate for the cold envelope mass and hot core mass.

**Carbon monosulphide.** We find that the [CS/CO] abundance ratio in the ambient gas is similar for all observed cores, having a mean value of $4 \times 10^{-4}$. Assuming an [H$_2$/CO] of $10^4$, it implies that the [H$_2$/CS] abundance ratio in the ambient gas is typically $3 \times 10^7$. This value is typical of molecular cores associated with UCH$_\alpha$ regions and hot cores (van der Tak et al. 2000b).

### Structure of the Cores

In the previous analysis, we have implicitly assumed that the density and temperature are uniform within the massive cores. This is obviously a simplification, since the physical conditions are likely to vary with distance from the center of the core. In fact, the intensity profiles of the dust continuum emission indicate that the cores are highly centrally condensed.

Assuming that cores have density and temperature radial distributions following power laws, then for optically thin dust emission the intensity index $\alpha$ is related to the density index $p$ (n $n^{-p}$) and the temperature index $q$ (T $T^{-q}$), by the expression $\alpha = p + Q q - 1 + \epsilon_f$ (Adams 1991; Motte & André 2001), where $Q$ is a temperature and frequency correction factor with a value of $\sim 1.2$ at 1.2 mm and 30 K (Beuther et al. 2002) and $\epsilon_f$ is a correction factor to take into account the finite size of the cores. The massive and dense cores investigated here are heated by a cluster of luminous sources located at their central position (Chavarría et al. 2010, Paper II). For this type of objects, van der Tak et al. (2000b) found that the temperature decreases with distance following a power law with an index of 0.4. Adopting this value for $q$ and a value of 0.1 for $\epsilon_f$, we then infer, using the above expression, that massive and dense cores have density distributions with power-law indices in the range 1.9–2.3. Several dust continuum studies have already shown the presence of density gradients within massive and dense cores (e.g., van der Tak et al. 2000b; Mueller et al. 2002; Beuther et al. 2002; Williams et al. 2005). In particular, Beuther et al. (2002) observed a large sample of high-mass protostellar candidates and found that the steeper indices are associated with the more luminous and more massive objects. The steep indices derived for the Norma cores are characteristics of the subgroup of strong molecular sources within Beuther’s sample, which have a mean density index of 1.9. The steep profiles are thought to indicate objects in the collapse and accretion phase.

### Segregation Within the Massive and Dense Cores

Given the large mass of the massive and dense cores investigated here, of typically $5 \times 10^3 M_\odot$, their overall collapse process is likely to produce a protostar cluster. The questions of how an individual massive star forms and how the cluster forms
are therefore closely related. The derived properties of massive and dense cores are then important boundary conditions to be taken into account for models and simulations.

For dynamical considerations, the relevant mass of the cores is their total mass, including gas and stars. We have already shown that the mass of gas in the cores determined from two independent methods, one based on dust observations and the other on molecular line observations, are in very good agreement. The determination of the total mass of the cores is not straightforward and is usually estimated assuming that the cores are in virial equilibrium. Masses computed under this assumption, using the observed velocity dispersion and size of the CS(2 → 1) emission, are given in Column 4 of Table 10. The virial masses are similar, within the errors, to the gas masses, implying that the bulk of the core mass is in the form of molecular gas. We note that the virial masses are in average a factor of 1.5 smaller than the dust or molecular masses which might also indicate that the cores do not have enough support and may be contracting.

In Paper II, we show that the massive cores investigated here are associated with clusters of embedded stars which exhibit clear mass segregation. The high-mass stars are found concentrated near the center of the core, while intermediate mass stars are spread over much larger distances from the core center. Garay et al. (2006) have already reported that massive stars are typically located near the center of the massive and dense cores. The question arises as to whether the massive stars are formed in situ or if their spatial location is a result of dynamical effects.

The characteristics of the cores derived here, namely their high densities, steep density profiles and sizes, together with the relatively low fraction of the total mass in the form of stars, suggest that dynamical friction (also called gravitational drag) produced by the gaseous background onto the stars may play an important role in the orbital evolution of stars (Ostriker 1999; Sánchez-Salcedo & Brandenburg 2001; Kim & Kim 2007). The role of gravitational drag on a gaseous background in the evolution and migration of stars within dense gaseous star-forming clouds has been investigated using numerical smooth particle hydrodynamics simulations (Escala et al. 2003, 2004). Simulations have been carried out with initial conditions similar to those of the dense cores investigated here, namely steep cloud density profile ($n(r) \propto r^{-1.8}$) and perturber having masses of 1% of the total gas mass ($M_{gas} \sim 20 M_\odot$). For a typical cloud mass of $4 \times 10^3 M_\odot$ and initial distance of the stars to the center of the cloud of 0.4 pc, the migration timescale for high-mass stars is $4.5 \times 10^5$ yr. This value is smaller than the estimated ages of the young clusters within the cores of $\sim 1$ Myr (see Paper II). Since the migration timescales for dynamical friction are proportional to the inverse of the perturber’s mass (Binney & Tremaine 1987), intermediate mass stars have migration timescales typically a factor of $\sim 10$ longer than those of high mass stars and greater than the estimated age of the clusters. Therefore, gravitational drag is considerably less effective for intermediate mass stars than for high mass stars. This suggest that in the young embedded stellar clusters only the massive stars have been able to efficiently migrate toward the center due to gravitational drag. We conclude that dynamical interactions of cluster members with the gaseous component of massive and dense cores can explain the observed mass segregation, indicating that the gas plays an important role in the dynamic of young cluster members and originating the observed mass segregation.

We cannot rule out, however, the hypothesis that the cradles of massive stars are formed by direct accretion at the center of centrally condensed massive and dense cores (Mckee & Tan 2003). In their turbulent and pressurized dense core accretion model, the collapse of a massive and dense core is likely to produce the birth of a stellar cluster, with most of the mass going into relatively low-mass stars. The high-mass stars are formed preferentially at the center of the core, where the pressure is the highest, and in short timescales of $\sim 10^5$ yr (Osorio et al. 1999; Mckee & Tan 2002).

5. SUMMARY

We undertook molecular line observations in several species and transitions and dust continuum observations, both made using SEST, toward four young high-mass star-forming regions associated with highly luminous IRAS point sources with colors of UC H II regions and CS(2 → 1) emission. These are thought to be massive star-forming regions in early stages of evolution. The objectives were to determine the characteristics and physical properties of the dust clouds in which high-mass stars form. Our main results and conclusions are summarized as follows.

We find that the luminous star-forming regions in Norma are associated with molecular gas and dust cores with radii of typically 0.5 pc, masses of $\sim 5 \times 10^4 M_\odot$, molecular hydrogen densities of typically $\sim 2 \times 10^5$ cm$^{-3}$, column densities of $\sim 5 \times 10^{23}$ cm$^{-2}$, and dust temperatures of $\sim 40$ K. All the derived physical parameters of the Norma cores, except the last, are similar to those of cores harboring UC H II regions (Hunter et al. 2000; Fanúñez et al. 2004). For a sample of about 150 IRAS point sources with colors of UC H II regions and average luminosity of $2.3 \times 10^5 L_\odot$, Fanúñez et al. (2004) derived an average mass of $5 \times 10^3 M_\odot$, an average size of 0.4 pc, and an average density of $2 \times 10^5$ cm$^{-3}$. The dust temperature of the Norma cores is however larger than of the Fanúñez et al. cores, for which they find an average temperature of 32 K. The larger values derived for the Norma cores are consistent with them being centrally heated by more luminous objects (average luminosity of $9.7 \times 10^5 L_\odot$).

We find that the observed radial intensity profiles of the dust continuum emission from the Norma cores are well fitted with single power-law profiles, with intensity indices in the range 1.5–1.9. This in turn indicates that the cores are highly centrally condensed, having radial density profiles with power-law density indices in the range 1.9–2.3. These steep profiles are thought to indicate objects in the collapse and accretion phase of evolution.

We find that under the physical conditions of the Norma cores, high-mass stars can migrate toward the central region due to gravitational drag in timescales of $5 \times 10^5$ yr, smaller than the estimated ages of the clusters, providing an explanation for the observed stellar mass segregation within the cores (Paper II).

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