How chromosome topologies get their shape: views from proximity ligation and microscopy methods

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The 3D organization of our genome is an important determinant for the transcriptional output of a gene in (patho)physiological contexts. The spatial organization of linear chromosomes within nucleus is dominantly inferred using two distinct approaches, chromosome conformation capture (3C) and DNA fluorescent in situ hybridization (DNA–FISH). While 3C and its derivatives score genomic interaction frequencies based on proximity ligation events, DNA–FISH methods measure physical distances between genomic loci. Despite these approaches probe different characteristics of chromosomal topologies, they provide a coherent picture of how chromosomes are organized in higher-order structures encompassing chromosome territories, compartments, and topologically associating domains. Yet, at the finer topological level of promoter–enhancer communication, the imaging-centered and the 3C methods give more divergent and sometimes seemingly paradoxical results. Here, we compare and contrast observations made applying visual DNA–FISH and molecular 3C approaches. We emphasize that the 3C approach, due to its inherently competitive ligation step, measures only ‘relative’ proximities. A 3C interaction enriched between loci, therefore does not necessarily translates into a decrease in absolute spatial distance. Hence, we advocate caution when modeling chromosome conformations.

Keywords: chromosome conformation capture; DNA fluorescent in situ hybridization; live-cell imaging; gene regulation; genome organization; loop extrusion; promoter–enhancer interaction

How the linear chromatin fiber is 3D folded within the nuclear space and how these conformational states are related to gene expression in healthy and pathological conditions have gained major attention over the past decades. DNA–fluorescent in situ hybridization (DNA–FISH) and chromosome conformation capture (3C)-based approaches have been mainstream in pushing forward our knowledge of the functional 3D organization of chromosomal fibers. These two complementary methodologies can capture the distribution of conformational possibilities in a population of cells at a defined time point, when conformational states become cross-linked. Yet, DNA–FISH and 3C methodologies are distinct in their setup, in the experimental biases and in the information that they provide on chromosomal conformations.

DNA–FISH comes in various flavors and, in short, enables the visualization of genomic loci within their nuclear volume by means of fluorescently labeled probes that specifically hybridize with and thereby tag

Abbreviations
3C, chromosome conformation capture; CT, chromosome territory; CTCF, CCCTC-binding factor; DamID, DNA adenine methyltransferase identification; DNA–FISH, DNA–fluorescent in situ hybridization; ESC, embryonic stem cell; LAD, lamina-associated domain; LCR, locus control region; SCR, Sox2 control region; TAD, topologically associating domain.
a given region of interest [1]. Recent innovations such as OligoPaint permit consecutive labeling of large genomic intervals with fluorescent probes, making visualization no longer restricted to only a small number of loci [2]. Besides measuring physical distances between genomic segments, DNA–FISH traces their radial positions within the nuclear volume and the compactness of a given locus in transcriptionally active or inactive states can be measured [3–6].

DNA-FISH is an image-centered approach and greatly differs from 3C-based genomic mapping methodologies, in which cross-linked chromatin fibers are subjected to digestion and subsequent ligation, ultimately to score how often certain genomic fragments are ligated to fragments that are in spatial proximity [7]. Similar to DNA–FISH, 3C-based approaches can be applied to study either a single locus or larger regions, or even the entire genome. As a method that is inherently powerful at cell population level, either by bulk or on cumulative single-cell analysis, 3C-based technologies have made major contributions to the definition of topological metastructures such as A/B compartments, topologically associating domains (TADs), and smaller intra-TAD structures [8–13]. In contrast to DNA–FISH, 3C-based analysis cannot inform on the intranuclear position of a given locus.

In this review, we focus on the topological features and concepts that have emerged from the use of DNA–FISH and 3C technologies. We discuss that there is a strong consensus between DNA–FISH- and 3C-based observations on large-scale genomic conformations. However, concerning the conformations states below the level of TADs, some recent results obtained by the respective approaches intuitively seem to reach divergent conclusions. These contrasting observations touch upon a long-standing question: Is spatial proximity between promoter and enhancer a prerequisite for gene expression?

Intranuclear consensus by DNA–FISH and 3C approaches

The spatial distribution of linear chromatin fibers inside the nuclear volume is not random but is structurally organized at various topological levels. Recognizable chromatin structures include, from the largest to the smallest, chromosome territories (CTs), A/B compartments, TADs, and intra-TAD structures including enhancer–promoter loops and polycomb-repressive bundles contacts [12]. With regard to higher-order levels of organization, that is, the CTs, A/B compartments, and TADs, DNA fluorescent labeling and 3C-based methods concur on both their existence and nature (Fig. 1).

Level 1: Chromosome territories

The largest higher-order conformation, the CT, was initially hinted upon in the late 19th century by light microscopy [14,15]. Almost a century later, different chromosome labeling techniques including DNA–FISH confirmed that individual chromosomes are not intermingled in nuclear space, but are confined to spatial domains thereby highly, but not exclusively, self-interacting [16] (Fig. 1). By the sole use of the molecular 3C approach, the existence of CTs can be reconstituted as well. For instance, the vast majority of interaction partners for a given 4C genomic viewpoint fragment is always mapped to the same chromosome [17]. Experiments from the earliest days of population and single-cell Hi-C demonstrated similar contact distributions within and between chromosomes [8,18]. Preferred chromosome self-interactions translate into the distinct chromosomal interaction blocks that are seen in Hi-C genomic contact matrices, representing the ligation-based equivalents to the CTs that were initially visualized by microscopy in the nuclear volume (Fig. 1). In diploid nuclei, DNA–FISH allows observing the two homologous chromosomes and finds them occupying distinct territories. In line with this notion, Hi-C performed on murine hybrid cells that carry two subspecies-specific alleles reveals that the individual homologs of a chromosome pair form their own interaction blocks [19]: They contact each other as frequently as any of the other chromosomes. Thus, both 3C-based and DNA labeling approaches show that individual chromosomes self-aggregate in CTs that only allow limited interchromosomal intermingling.

Level 2: A/B compartments

One topological step lower, 3C and DNA–FISH findings share further consensus. Locus-specific DNA–FISH demonstrated that transcribed or silent genes colocalize in their respective active and inactive nuclear compartments [20]. This separation of active and inactive loci could be recapitulated by proximity ligation approaches as well. 4C demonstrated that the collection of cis-contacts of the β-globin locus highly differs between transcriptional states [17]. In β-globin-silent tissues, the locus is contacting other regions with non-expressed genes elsewhere on the same chromosome fiber, whereas in fetal liver cells the transcriptionally active locus predominantly interacts with active in cis regions. Generally, inactive and active hubs could
systematically be identified by using the genome-wide Hi-C approach and were referred to as active ‘A’ and inactive ‘B’ compartments [8,21] (Fig. 1). In whole-chromosome Hi-C matrices, compartments become apparent by their typical checkerboard-like distribution of interaction (Fig. 1). DNA–FISH analyses on selected single loci confirmed that sequences in the inactive B compartment are more frequently proximal to linearly distant inactive loci, than to linearly nearby but active loci [8].

Until recently, DNA–FISH could only demonstrate the differential localization for a limited number of selected loci rather than providing an unbiased catalogue of spatial relationships between many individual loci on a chromosomal fiber. With the advent of Oligopaint, which allows walking along a large linear...
chromosomal interval, DNA–FISH demonstrated to be a powerful tool to investigate spatial relationships in a systematic manner [2]. Combining the data on spatial distributions from many cis-alleles, Oligopaint-generated matrices are strikingly reminiscent to the characteristic checkerboard patterns of chromosomal compartmentalization [22,23] (Fig. 1). Compartments become intensely rearranged during cellular differentiation and reprogramming [24–29]. For instance, as demonstrated by Hi-C, along the in vitro differentiation path from human embryonic stem cell (ESC) to cardiomyocyte, nearly one-fifth of the genome switches from the one compartment to the other [24]. Comparison between multiple human ESC-derived lineages shows that, in total, an approximate one-third of the genome can be subjected to A/B compartment switching during cellular differentiation [25]. Spatial compartmentalization thereby seems to be dictated by the trans-acting factors associated with the loci: artificial recruitment of either a pluripotency factor, a Polycomb group protein, or a constitutive heterochromatin factor directs a locus in ESCs to an active compartment with pluripotency genes, to a compartment enriched for Polycomb-controlled genes, or to an inactive compartment, respectively [30]. The switching behavior of genomic sequences from one compartment to another is also reported by imaging-based approaches. For instance, it has been demonstrated that the initial spatial colocalization of inactive loci and regions that become activated during B-cell maturation is no longer maintained upon differentiation. Concomitantly, activated regions move away from the nuclear periphery toward the nuclear interior [31].

As mentioned, the spatial repositioning in the nuclear volume of genomic loci cannot be recorded by the 3C toolbox. However, orthogonal molecular tools including DNA adenine methyltransferase identification (DamID), tyramide signal amplification, followed by sequencing (TSA-seq), and chromatin immunoprecipitation followed by sequencing (ChIP-seq) are able to partially complement 3C. For example, DamID-derived lamina-associated domains (LADs) are highly correlated with B compartments, providing Hi-C data a spatial dimension, albeit indirectly [32]. Combining Hi-C data with the recently developed GPSeq confirmed that A and B compartments are generally located more centrally and toward the nuclear periphery, respectively [33].

Together, the spatial segregation of active and inactive regions as probed by DNA–FISH, and the contact frequency patterns observed by 3C-based methods, concordantly describe the same higher-order rearrangements of structures referred to as A and B compartments.

**Level 3: Topologically associating domains**

Whereas A/B compartments represent large chromosomal fractions that are characterized by their interactional and epigenetic states, TADs form self-interacting domains within compartments, dominantly defined by their boundaries which are enriched of CCCTC-binding factor (CTCF) proteins [10]. TADs are considered as genomic segments in which cis-regulatory landscapes are canalized, as demonstrated by numerous genome-engineering experiments [34–38]. On a population-wide level, a large measure of agreement on the structural features of TADs is reached between 3C and DNA–FISH analysis. At the level of single cells, the two respective methodologies provide complementary insights of TAD organization.

The golden standard to define a TAD is provided by the 3C technology, which also stands at the root of its initial description [9–11]. TADs are visualized by 3C methods as triangular shapes along a chromosomal interval in contact matrices (Fig. 1). They can be detected when Hi-C or 3C is applied to populations of cells, in which case they represent average structures appreciable from superimposing sparse contact data collected from large numbers of individual alleles. Indeed, TADs are difficult to grasp from single-cell Hi-C datasets, but become visible when data of many individual cells are aggregated [18].

Currently, TADs are predominantly considered to arise from the dynamic interplay between the cohesin complex and the boundary protein CTCF. In the widely adopted mechanistic loop-extrusion model [39–41], the ring-shaped cohesin protein complex is loaded on chromosomal positions and generates loops as the chromatin fiber is progressively sliding through its ring. CTCF-bound sequences thereby function as boundary elements inhibiting the progression of cohesin, resulting in a relatively stable loop between convergent oriented CTCF binding sites [42–44]. Important clues in favor of the model originate from cellular depletions of the main components of the loop-extrusion model, that is, CTCF and members of the cohesin complex. Conditional depletion of CTCF followed by bulk Hi-C analysis demonstrated that the shaping of interphase chromosomes into TADs is highly affected. Loops are still being produced by cohesin, but they are no longer halted at the defined boundaries [45]. On cohesin-depleted chromosomes however, loops are no longer being extruded and
distant cis-elements are less likely to interact with their putative targets [46,47].

Additionally, Hi-C matrices from synchronized cell populations give insightful glimpses of the underlying dynamics that contribute to the formation of TADs. In cells that are immediately harvested after mitotic exit, certain individual genomic regions progressively interact with a continuum of genomic regions. This directional progression is captured over different sampled time points and can be reconstructed as a ‘growing’ stripe at CTCF-enriched borders in the Hi-C matrices [48], reminiscent to prediction by the loop-extrusion model.

DNA-FISH derivative Oligopaint is uniquely qualified to analyze the detailed topology of individual alleles. By the consecutive hybridization steps along a genomic interval, it allows visualization and measurement of spatial distances between all labeled regions from the single linear molecule. Consequently, the reconstruction of the spatial morphology of an individual chromatin fiber is possible, for instance, for an interval that would encompass a TAD. In agreement with Hi-C findings, the Oligopaint strategy is able to recapitulate TADs when collapsing the observed structures of many individual alleles [22]. The profiles that arise from this spatial distribution mimic the proximity ligation-based triangular TAD structures as observed in Hi-C matrices (Fig. 1).

Single-cell analyses from the two respective approaches both demonstrate a high cell-to-cell heterogeneity in genome conformation. Single-cell Hi-C applied to numerous individual cells shows a rich collection in interaction partners for a given genomic fragment [18,49–51], whereas Oligopaint demonstrates a high heterogeneity in individual chromosomal conformations [23,52]. The spatial structures of linear fibers, visualized by Oligopaint and referred to as ‘TAD-like structures’, possess boundaries which positions vary from cell-to-cell, although they preferentially reside at CTCF-enriched positions [23]. From a single-cell perspective, TAD borders are thus rather flexible instead of physically absolute [23,53]. It is important to emphasize that TADs — originally identified and defined by 3C on population level — and TAD-like structures — based on single-cell Oligopaint reconstructions — are far from interchangeable definitions: they represent very different entities based on their respective statistical and physical nature [54].

In summary, concerning the cell population-based definition of TADs, findings by DNA-FISH and 3C-based results are highly compatible (Fig. 1). However, from a single-allele perspective, self-interacting domains can be interpreted differently from imaging and ligation-based approaches. For instance, the TAD-like entities as defined by Oligopaint are not detectable by 3C methodology in a same individual cell.

**Intra-TAD paradox between labeling and proximity ligation assays**

Whereas the independent findings of 3C and DNA-FISH methodologies on large-scale chromosomal organizations share many agreements, the two respective techniques may present different and seemingly paradoxical configurations at the level that immediately concerns gene regulation by cis-regulatory elements. In particular, recent imaging-based studies challenge the prevalent notion that enhancers and promoters require to get in close spatial proximity for transcriptional activation, while 3C-based experiments appear to support the concept of communication through proximity.

**Probing proximity**

One of the, if not the most, rudimentary observations uncovered by 3C approaches is the profound difference in enhancer–promoter contacts between transcriptional states of a locus (Fig. 2). For instance, the aforementioned murine β-globin locus adopts distinctive conformations in expressing and nonexpressing cells. Whereas in expressing blood cells, the active Hbb-b1 gene gains more proximity ligation-based contacts with the Locus Control Region (LCR), the...
supern enhancer essential for high expression level of all b-globin genes, the locus remains essentially unstructured in nonexpressing brain cells [55,56]. This phenomenon of elevated interactions between transcriptionally active promoters and their linearly distant enhancers has been described at a plethora of loci, across many different tissues and many species, and with different 3C-derivative methods [7]. In agreement, many DNA-FISH experiments report a decrease in spatial distances between promoter and their enhancers in active tissues, for instance at the HoxD cluster and its remote digit-specific developmental enhancers [37].

Several lines of evidence have contributed to the view that proximity not only coincidences with enhanced transcription, but it is also an essential determinant of gene expression. It was observed that engineered forced looping between enhancer and promoter coincides with increased contact frequency and leads to induced gene expression [57–61]. Forced juxtaposition between a developmentally silenced embryonic b-globin gene and the LCR led to its reactivation in

![Diagram of genome folding](image)

**Fig. 2.** Topological observations: spatial distance by DNA-FISH versus relative proximity ligation by 3C. Left: A hypothetical locus containing a gene promoter (green) and its enhancer (red) in an inactive, compacted state, and how this conformation is observed by 4C-seq seen from the promoter (viewpoint, yellow arrow), and by DNA–FISH. Right: The same locus, now active and decompacted, and how 4C-seq and DNA–FISH detect this conformation. Typically, upon transcriptional activation a gain of specific interaction between enhancer and promoter is observed by 4C-seq (enriched interaction with the enhancer, in red). This does not translate into a decrease in spatial distance between the activated enhancer and promoter, but rather leads to an increased distance as seen by DNA–FISH. Due to decompaction, the competition with other potential ligation partners in the 3C assay is reduced resulting in a relative gain of promoter–enhancer interaction as scored in the active conformation. Arrows indicate physical distances between enhancer and promoter. See text for further details.
adult murine erythroblasts [37]. More recently, a novel light-activated dynamic looping (LADL) system that can rapidly induce distal chromatin contacts stimulated ectopic interaction between an active Klf4 enhancer and the silent Zfp462 gene in mouse ESCs. The novel enhancer–promoter pairing, as evidenced by 5C, coincides with an increased, modest, Zfp462 upregulation [61].

Simultaneous live imaging of spatial and transcriptional dynamics at the eve locus in Drosophila embryo provided microscopy-based support for the importance of spatial proximity in transcriptional regulation over a large genomic distance [62]. In this experimental system, a fluorescently labeled reporter gene, which additionally allows the instantaneous measurement of transcriptional activity, was integrated 142 kb upstream of the fluorescently marked endogenous eve enhancer. An insulator element homie [63,64] was placed proximal to the reporter, self-pairing with the endogenous homie downstream of the enhancer, and thereby facilitating enhancer–reporter contact. Only at alleles that display high physical proximity between transgene and enhancer, a fluorescent spot of nascent transcripts was observed. When followed over time, the spatial distance between the enhancer and transgene continued to converge until a sharp increase in transcriptional activity is reached. Markedly, in the absence of the proximal homie and, by extension, the forced enhancer–reporter contact, the reporter gene remained nearly inactive [62]. In line with a large body of 3C-based and forced-looping studies, these findings strongly argue for the pivotal role of a spatial rendezvous of enhancer and promoter to communicate and achieve transcriptional activity.

**Making space for transcription**

In contrast to the aforementioned observations of increased enhancer–promoter proximity during transcription, a number of recent DNA–FISH-based and live-cell imaging studies point toward an opposite spatial behavior of cis-regulatory domains. Utilizing DNA–FISH, it was observed that the neural SBE6 enhancer, at 100 kb upstream of its target gene Shh, spatially evades from its native promoter upon the cellular differentiation from pluripotent to neural progenitor state [65]. This increased spatial distance between enhancer and promoter is concomitant with an increase in Shh expression. A level of locus decompaction is also apparent upon synthetic activation of either the Shh promoter or the enhancer, respectively. Consistent with these findings, the dual visualization strategy Hi-M which permits simultaneous detection of chromatin organization and nascent transcription detects a similar decondensation of local chromatin upon transcriptional activation at the Drosophila snail locus [4]. ORCA, an approach that is comparable to Hi-M, although detecting a weak correlation between physical distances and nascent transcripts of selected enhancer–promoter pairs, demonstrates that a number of active promoters display spatial separation from their cis-regulatory elements. In fact, many inactive promoters spatially reside in closer vicinity with their putative enhancers [5].

The conundrum as to whether enhancer proximity is a prerequisite for gene expression was recently addressed by another live-cell imaging study, which probes the topological behavior and transcriptional dynamics of the mammalian Sox2 locus [66]. In mouse ESCs, the expression of the Sox2 is fully dependent on the distal enhancer Sox2 Control Region (SCR). The SCR is located at ~100 kb downstream of the gene promoter [67,68] and, as indicated by 3C-based methods, displays highly enriched contacts with the promoter region in Sox2-expressing cells [28,42]. Live-cell imaging revealed that the physical distance between the Sox2 promoter and the SCR varies considerably among individual cells, consistent with the cell-to-cell variations observed by the previously discussed static Oligopaint approach [5,22,23,52]. However, no association between proximity to the SCR and transcriptional bursting of the Sox2 was uncovered. Interestingly, upon differentiation toward a Sox2-negative lineage, the locus became more spatially compacted [66]. Consistent with the above-mentioned static DNA–FISH studies, these findings argue that enhancer-mediated transcription may not be driven by an increased physical proximity between the enhancer–promoter pair. Possibly, cis-communication between endogenous enhancers and promoters may take place in a decompacted and accessible domain in which a further increase in proximity is not a prerequisite of transcriptional activation.

**Discussion**

DNA–FISH and 3C-based approaches largely agree on the existence and nature of CTs, A/B compartments, and TADs. However, they deviate in describing the finer-scale topological level, where folding is believed to directly influence long-range gene regulation. 3C-based experiments generally score enriched contacts between enhancers and promoters, in support of the concept that in order to transfer regulatory information, active enhancers must reside in close spatial proximity with their target gene. Some of the novel
microscopy measurements support this concept, but a large number appears to challenge this notion. In these studies, it is often measured that a cis-regulatory domain becomes rather decompacted upon activation, with physical distances between enhancer–promoter pairs increasing instead of decreasing. Strikingly, as most evident from live imaging of the Sox2 locus, microscopy even measures increased physical distances between enhancer–promoter pairs that in 3C methods show elevated contact frequencies [66]. How is this possible?

It is essential to consider the limitations of each methodology when interpreting results produced by any assays. Proximity ligation relies on cross-linking, DNA fragmentation, and ligation, followed by NGS-based sequencing and quantification of ligation products. Reassuringly, the DNA-contact profiles produced by 3C methods are recapitulated when omitting the cross-linking step in 4C and Hi-C [69] and when interrogating the topology by ligation-free nuclear proximity assays such as split-pool recognition of interactions by tag extension [70]. Also, and importantly, DNA contacts uncovered by 4C are similarly appreciable when using an entirely independent method that relies on targeted recruitment of a DNA methyltransferase, for in vivo methylation measurements of chromatin interactions [71].

However, proximity ligation-dependent assays introduce biases that may hamper particularly the study of individual cells or alleles. A major limitation originates from the inherently competitive nature of proximity ligation. As a given end of a digested DNA fragment can only be ligated to one other DNA fragment, DNA fragments that share a common nuclear space and that are consequently cross-linked together compete for ligation with a given fragment’s free end. In this competition, the spatially closer fragments have an advantage to fuse [7,72]. Once a given fragment ligates, it leaves the other cross-linked fragments undetected as proximal partners. Inevitably, no matter the folding of a locus, linear neighbor DNA fragments will most often be cross-linked to each other and therefore participate in competition for ligation. For single-cell or single-allele analyses, this has major implications: if a given genomic site (e.g., a promoter) through folding is brought proximal to a distant partner site (e.g., an enhancer) but ligates to its own ‘boring’ (noninformative) linearly proximal DNA fragment, the enhancer remains undetected as looped on this allele. 3C-based approaches are therefore most accurately referred to as ‘relative proximity ligation’ assays, and they rely on quantitative rather than qualitative measurement of proximal ligation events across cell populations.

Being relative, proximity ligation assays have another underappreciated consequence. As demonstrated in Fig. 2, two genomic segments (a hypothetical promoter and enhancer) in a condensed inactive chromatin fiber may be in absolute distance closer together than when looped and held together through associated large activating protein complexes in a decondensed active chromatin environment. Yet, despite being closer in space in the inactive configuration, the two may less frequently form a ligation product as intervening sequences are even closer in space, and they thus more effectively compete for ligation in the compacted fiber. Upon transcriptional activation of the locus, the decompacted surrounding chromatin may expand in space, intervening sequences become less competitive for ligation events, and hence, the looped enhancer gets relatively more proximal to the promoter, resulting in increased 3C ligation products that suggest increased contact frequencies (Fig. 2).

Providing that proximity ligation assays offer a proxy for relative contact frequencies instead of absolute or average spatial separation between genomic sites, caution should therefore be employed when modeling chromosome conformation data and when comparing them to or validating them by DNA–FISH methods. Even two decades after the first development of 3C and with upcoming approaches of ligation-free and other proximity ligation-based techniques and more advanced imaging, it remains essential to (re)-consider carefully the respective methodological limitations, to eventually understand the true meaning of a ‘genomic interaction’.

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Conflict of interest
YH and RN declare no conflict of interest. WdL is founder and shareholder of Cergentis BV.

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