Effects of an oil-based substrate (The Water Cleanser™) and bacterial additives on nitrogen and phosphorous dynamics in freshwater crayfish (Cherax cainii, Austin and Ryan 2002) aquaculture

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Received: 1 June 2021 / Accepted: 16 January 2022 / Published online: 29 January 2022 © The Author(s) 2022

Abstract
Two experiments were conducted to evaluate the efficacy of an oil-based substrate, The Water Cleanser™ (TWC). The first experiment studied the effects two substrates of different oil composition (TWC, TWC+), and a commercial bacterial additive (Bio-Aid) on concentrations of nitrogen and phosphorous in indoor aquaria. The second experiment studied the effects of TWC, a bacterial additive, and a combination (TWC+B) on concentrations of nitrogen and phosphorous, phytoplankton abundance and diversity in outdoor freshwater crayfish (Cherax cainii, Austin and Ryan, Invertebr Syst 16:357–367, 2002) tanks. In the first experiment, the concentration of TAN decreased more rapidly with Bio-Aid, whilst the maximum concentrations of NO₂-N and NO₃-N were reduced with the substrates. The concentration of orthophosphate was reduced in aquaria with TWC+. In the second experiment, concentrations of TAN, NO₂-N, NO₃-N and total phosphate were not significantly affected by TWC. After addition of TWC+B, there was a significant decrease in the concentrations of nitrate and total phosphate, and a higher abundance of phytoplankton was maintained than with other treatments. Additionally, a population Bacillus sp. was found on the substrate surface. TWC had no adverse effects on phytoplankton abundance or diversity, or C. cainii physiology, weight gain or survival. TWC and TWC+ were effective bioremediators of eutrophic water, whilst a combination of TWC+B was effective in short term bioremediation and in promoting phytoplankton abundance in C. cainii tank culture.

Keywords  Freshwater crayfish · Cherax cainii · Water quality · Biotechnology · Bacillus · Bioremediation

Handling Editor: Dr. Elena Mente

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Introduction

In Australia, freshwater crayfish (*Cherax cainii*, Austin and Ryan 2002) have been farmed for over 30 years with considerable progress in terms of production technologies and scientific understanding of the animals; however, the industry is still in its developmental stage and annual production remains under 100 t/annum (Wingfield 2008; FAO 2021). If the industry is to expand, intensification may be required, whilst still maintaining good water quality and quality produce. In intensive finfish aquaculture, high stocking results in increases in nutrient loading from uneaten feed and metabolic waste products (David et al. 2015), leading to eutrophic conditions and algal blooms (Seymour 1980), which can also occur in crayfish ponds subjected to high nutrient inputs (Cole et al. 2019). An accumulation of nitrogenous and phosphorous wastes can also have adverse impacts on the ecosystem (Hargreaves 1998; Jørgensen 2008). Concomitantly, an increase in ammonium and nitrite may damage the health of aquatic organisms (Mires 1995). In finfish, nitrite leads to the oxidation of functional haemoglobin to methaemoglobin, which cannot bind oxygen, whilst in crayfish, nitrite competes with chlorine and bromine ions for the same uptake mechanism within the haemolymph (Jensen 2003). Nitrite can also be harmful to crayfish, for example, Jensen (1996) has shown that nitrite levels of 1 mM can interfere with ionic balance in noble crayfish (*Astacus astacus*). Poor water quality and excessive organic matter can also cause epibionts such as *Epistylis* and *Temnocephala* to thrive, which can be problematic for the health and market value of cultured species, including *Cherax cainii* (Austin and Ryan 2002) (Morrissy et al. 1990; Lawrence & Jones 2002).

Microbial bioremediation is one solution to decrease the build-up of nutrients in the aquaculture environment (Martinez-Porchas et al. 2014). Modification of the bacterial composition of water and sediments can improve various water quality parameters, reduce toxins in the water and inhibit growth of pathogenic bacteria (Hong et al. 2005; Perumal et al. 2015). Bacterial additives of heterotrophic and polyphosphate-accumulating bacteria have been used to remove nitrogen and phosphorous, respectively, in aquatic systems (Zokaeifar et al. 2014; Wang et al. 2015; Wang et al. 2015). Microorganisms can influence the development and decline of algal blooms (Subashchandrabose et al. 2011), regulating algal populations in water bodies so as to avoid algal blooms (Zhou et al. 2009), or alternatively can benefit phytoplankton by increasing nutrient availability through remineralization of organic matter (Amin et al. 2012). In turn, an increased abundance of phytoplankton can increase the rate of phytoremediation (Lanagan et al. 2014; Labbé et al. 2017). This may also provide more food sources for freshwater crayfish, which consume phytoplankton, zooplankton and the detritus formed when they decay (Saoud et al. 2012).

Substrates can also be used for bioremediation, or for providing a complementary food source as biofilm (Viau et al. 2012). Suitable substrates provide sites for the attachment of biofilms, which has been shown to increase ammonia oxidation rates to nearly 60 times higher than in water particles (Holl et al. 2011). Substrates also harbour beneficial bacteria and periphyton, both of which may improve water quality (Schweitzer et al. 2013). Various studies have investigated the effects of substrates on water quality in shrimp aquaculture (Khattoon et al. 2007; Schweitzer et al. 2013; Thompson et al. 2002; Viau et al. 2013), whilst relatively few studies have applied substrates to *Cherax* crayfish culture (Jones et al. 2002; Viau et al. 2012). Artificial substrates are most commonly made up of plastic, polyethylene mesh, mats, netting and other similar materials. The material used may determine the type of organisms that grow thereon, and the amount of surface area available. Furthermore, artificial substrates may create a habitat for nitrifying bacteria (Otoshi et al. 2006).
Substrates may also enhance the degradation of organic matter, as this can at times be limited by the amount of substrate available, rather than the microbial biomass (Avnimelech et al. 1995).

The Water Cleanser™ (TWC™) is a waxy, oil-based substrate designed primarily for remediation of eutrophic or polluted waters. A key ingredient, crude oil, can be utilised by microbes as a carbon and energy source (Jobson et al. 1972). As well as crude oil, the water cleanser plus (TWC+) contains tea-tree oil. Because of the antibacterial properties of tea-tree oil (Southwell et al. 1993), TWC+ is thought to be more selective in terms of the bacterial species that colonise the substrate than TWC (personal communication with marine easy clean).

Past trials by Marine Easy Clean (2015) and Cole et al. (2019) suggest that TWC provides a substrate for bacteria already present in the surrounding water, whilst also providing a carbon source. A carbon source is essential for heterotrophic bacteria processes including denitrification (Hamlin et al. 2008), the process of reducing nitrate to nitrogen gas. Heterotrophic bacteria, including Bacillus spp., are also known to affect the water quality and microbial ecology of aquatic systems, and health of decapod crustaceans (Nimrat et al. 2012; Ambas et al. 2013; Hai et al. 2009).

Freshwater crayfish aquaculture is dependent on maintaining good water quality, and in promoting the pond ecology to provide natural food sources. C. cainii in particular requires near-pristine waters to thrive (Beatty et al. 2011), depends on natural food sources for their nutrition and may also consume microbes growing on substrates. Oil-based substrates may provide a solution for improving water quality and ecology in C. cainii aquaculture systems. Two experiments were conducted to evaluate the effects of TWC and different bacterial additives on nutrient concentrations, bacterial and phytoplankton abundance and C. cainii growth and health. The first experiment was a preliminary trial to investigate the efficacy of the TWC and TWC+ substrates in bioremediation, without animals. The second experiment investigated the efficacy of TWC, TWC with Bacillus sp. (TWC+B), and a bacterial additive, E-viro 3 on C. cainii growth and physiology, and microalgae abundance and species richness. The effects of oil-based substrates on nitrogen and phosphorous dynamics were studied in two different aquatic environments.

Materials and methods

First experiment

First experiment design

All laboratory work was conducted at the Curtin Aquatic Research Laboratory, Technology Park, Bentley, Western Australia.

Twelve 15 L capacity glass aquaria (36 cm×22 cm×26 cm) were filled with 12 L of sediment filtered freshwater sourced from tap water stored for the purpose of animal husbandry, with aeration and without mechanical filtration. Ammonium chloride (NH₄Cl) and potassium phosphate dibasic (K₂HPO₄) were added to all tanks to attain an initial concentration of 4.11 mg/L TAN (total ammonia nitrogen) and 3.5 mg/L PO₄ (total phosphate).

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1 TWC = The Water Cleanser.
Four treatments were used in triplicate in a completely randomised design: (1) control; (2) the water cleanser (TWC) substrate by Marine Easy Clean Pty Ltd., made with crude oil and waxes, at 22 g/tank, as two spherical balls 28 mm each in diameter, with a dorsal hole to provide more surface area; (3) the water cleanser plus (TWC+) substrate, made with tea tree oils and waxes, at 22 g/tank, as two rectangular blocks (35 mm × 34 mm × 20 mm) with ridges to provide more surface area and (4) a Bio-Aid commercial probiotic (Bio-Aid) by Aquasonic Pty Ltd., at 0.1 mL. This was the recommended initial dosage of Bio-Aid, which contains a mix of 27 different strains of heterotrophic probiotic bacteria. TWC and TWC+ were compared in terms of composition, not surface area to volume ratio. The experiment ran for 13 weeks.

**Water quality**

Dissolved oxygen (DO), temperature, pH and conductivity were monitored biweekly using an Oxyguard Handy Polaris DO metre and an Ecoscan pH 5 m, respectively, for both experiments. TAN, NO₂⁻N, NO₃⁻N and total phosphate (PO₄) were measured weekly using chemical test kits (Aquarium Pharmaceuticals™, McLean, VA, USA). These readings (except for PO₄) were standardised every 20 days using permachem reagents from HACH® and a skalar colorimeter auto analyser (Downs et al. 2008), and orthophosphate was measured every 20 days. Permachem tests were conducted according to the methods described in the Standard Methods for the Examination of Water and Wastewater (APHA 1998). Readings from the Aquarium Pharmaceuticals™ test kits were compared to readings from the permachem method to achieve water quality readings within detection limits of 0.25 mg/L for TAN, 0.1 mg/L for NO₂⁻N, 0.25 for PO₄ and 2.5 mg/L for NO₃⁻N. Results by colour from the chemical test kits were matched with the associated permachem readings regularly to maintain accuracy. Where the colour readings were indeterminate, samples were further diluted with distilled water to attain an accurate reading.

**Bacteria abundance and diversity**

Heterotrophic plate counts (HPC) in colony-forming units (CFU) per mL were determined after 11 weeks, with a dilution of 10⁻¹₃. From each tank, a water sample was taken and a 50 µL subsample was transferred onto an agar plate using aseptic techniques. Samples were spread using a hoop, which was flamed between samples. Samples were cultured on standard plate count agar (Tryptone glucose yeast agar) at 30 °C for 48 h. Viable colonies were counted and identified according to colony morphology and colour to estimate diversity.

**Second experiment**

**Second experiment design**

For the second experiment, the standard, crude oil-based TWC was selected over the TWC+ due to its greater commercial availability. The experiment was conducted outdoors, subject to natural sunlight, with a photoperiod close to 12:12 and fluctuations in temperature, rainfall and evaporation. The trial period was 18 weeks from the 26th of May (late autumn) until the 25th of September (early spring), 2016, with average maximum and minimum temperatures and rainfall of 18.6 °C, 8.9 °C and 109.4 mm in June; 17.7 °C, 7.5 °C and 139.6 mm in July; 17.7 °C, 7.9 °C and 123.2 mm in August and 18.5 °C, 7.6 °C and...
68.8 mm in September, respectively (BOM 2021). Twelve white plastic cylindrical tanks (46 cm h × 58 cm d) were filled to 85 ± 5L with sediment filtered freshwater sourced from tap water stored for the purpose of animal husbandry, and aerated. Tanks were half covered with mesh shade around the aeration line to prevent escapees. Four treatments were used in triplicate in a randomised block design: (1) a control with no additions; (2) TWC at 200 g rectangular floating blocks (155 × 107 × 20 mm), with ridges to provide more surface area; (3) the water cleanser with Bacillus sp. in inactive form (TWC + B) at 200 g rectangular blocks and (4) E-viro 3 commercial probiotic (E-viro 3) by Envirolplus Pty Ltd (containing a range of bacteria for improving water quality) at 40 mL per tank initially. Initially, 1.85 g of Aquasol fertiliser by Selleys Yates Pty Ltd (containing NPK 23:3.95:14, and trace elements S, Mg, Mn, Cu, Fe, Zn and B) was added per tank to increase nutrient availability.

**Water quality**

Dissolved oxygen, temperature, pH and conductivity were measured twice a week, diurnally. Concentrations of TAN, NO$_3$-N and NO$_2$-N were measured every 20 days, and orthophosphate every 30 days, using the permachem method in experiment 1. Concentrations of TAN, NO$_3$-N, NO$_2$-N and total PO$_4$ were monitored twice a week during the first month with API test kits, and standardised. Samples were kept refrigerated and analysed within 7 days according to standard procedures (AS/NZS 5667.1, 1998).

**Phytoplankton**

Phytoplankton species were procured from commercial *C. cainii* ponds in Manjimup, WA and cultured outdoors in an aerated stock tank. Initially, approximately 10 L of stock water was added to each experimental tank in order to cultivate a population of phytoplankton. Phytoplankton abundance and species composition were measured every 2 weeks. Water samples were taken directly from the water surface into 100 mL plastic containers. Lugol’s iodine was added at 3% concentration for staining and preservation, and samples were counted within 3 h. Phytoplankton were counted using a haemocytometer with a heavy cover slip, and viewed using a Motic compound microscope at 400× magnification. Phytoplankton abundance (cells/L) was calculated by using equations from Tulsankar et al. (2020).

\[
\text{Plankton abundance} = \frac{\left( \frac{\text{No.} \times 1000}{\text{Volume of grid} (0.1\text{mm}^3)} \right) \times \left( \frac{\text{Conc. Vol.}}{\text{Sub. Vol.}} \right)}{(\text{Total Vol.} \times \text{Number of squares counted})}
\]

where Total Vol. = total volume of water (L) collected from the pond, Conc. Vol. = volume of water (mL) containing concentrated plankton after sieving, Sub. Vol. = sub-sample of water (mL) from concentrated volume in which plankton is counted and No. = mean number of cells or individuals counted.

Cells were identified to genus level, with reference to Ingram et al. (1997), and the number of genera per sample counted. The species diversity was further calculated using the Shannon diversity index with the following formula: \( H = - \left[ \sum P_i \times \ln(P_i) \right] \), where \( H = \) diversity index, \( P_i = \) the number each species in the sample/total number of samples and \( \ln(P_i) = \) the natural logarithm of this proportion.
Bacteria abundance and diversity

Bacterial abundance in the water column was measured by diluting water samples by $10^{-2}$, by mixing 1 mL samples in 100 mL of sterile 0.85% saline solution. A total of 100 µL of diluted sample was then transferred onto agar plates using aseptic techniques. Samples were cultured and counted as per experiment 1. Heterotrophic Plate Count (HPC), Bacillus sp. count and estimated diversity were determined on TWC surface by taking a swab of 1 cm$^2$ from the submerged surface, transferring to agar plates and culturing as per the water sampling techniques.

Animals

Freshwater crayfish (C. cainii) were procured from Blue Ridge Marron, Manjimup, and acclimatised in stock tanks for 7 days before trial, with aeration and regular water exchange. Thirty-six animals (51.3 ± 1.3 g; 56.5 ± 0.5 mm OCL) were stocked at 3 animals per tank to simulate an aquaculture environment, with regular nutrient inputs of feed and waste. PVC pipes were provided as shelters. Feed was provided at a rate of 0.5% of wet body weight, 3 times per week. Individual C. cainii weight was measured monthly. Tanks were checked daily for mortalities.

Haemocyte count

Haemolymph samples were taken after 20 days, 55 and 80 days to conduct total haemocyte count (THC) and differential haemocyte count (DHC) as per established procedure (Sang et al. 2009). A 0.3 mL aliquot of haemolymph was withdrawn into a 1 mL syringe containing 0.3 mL of trisodium citrate anticoagulant. THC was counted within 8 h of sampling, using a haemocytometer (Neubauer, Wertheim, Germany) and a compound microscope (Motic, Xiamen, China) at 400× magnification. For DHC, samples were stained with Giemsa and May-Grunwald and granular, semi-granular and hyaline cells were counted.

Statistical Analysis

All data obtained were expressed as mean ± standard error. All statistical analysis was done using SPSS version 23.0. Data were analysed using a one-way ANOVA and least significant difference (LSD) post-hoc test to determine significant differences between treatments. A Kruskal–Wallis test was used where data lacked normality and/or homogeneity of variance. A Spearman’s rank test was used to correlate parameters. Differences were considered significant at $\alpha = 0.05$.

Results

First experiment

Water quality

The physico-chemical parameters pH (mean = 7.91 ± 0.02, min = 7.01, max = 8.45) ($F (3272) = 0.139$, $p = 0.937$), temperature (mean = 18.45 ± 0.11, min = 15.10 °C,
max = 23.10 °C) \( (F \ (3296) = 0.156, \ p = 0.926) \), DO (mean = 8.80 ± 0.04, min = 7.40 mg/L, max = 10.60 mg/L) \( (F \ (3296) = 0.186, \ p = 0.906) \) and conductivity (mean = −26.30 ± 1.35, min = −72.0, max = 46.0) \( (F \ (3272) = 0.053, \ p = 0.984) \) were not significantly affected by treatment. The substrates, TWC and TWC+, changed the dynamics of nutrient concentration remediation in the aquaria. Whilst in the control and Bio-Aid treatments, the TAN was broken down more quickly; the nitrites and nitrates rose to significantly higher levels. TAN decreased steadily in all treatments, but was lower in aquaria with Bio-Aid than with substrates after 7, 8, 9 and 11 weeks \( (p < 0.05) \), and lower in control than with substrates after 9 and 11 weeks \( (p < 0.05) \) (Fig. 1). TAN fell to <0.02 mg/L by week 13.

Over time, the concentrations of NO\textsubscript{2}-N and NO\textsubscript{3}-N were often lower \( (p < 0.05) \) and more stable in TWC and TWC+ aquaria than in the control and Bio-Aid aquaria, which showed large fluctuations, peaks and high standard errors in both NO\textsubscript{2}-N and NO\textsubscript{3}-N (Fig. 2).

The concentration of orthophosphate was significantly lower with TWC+ than with Bio-Aid or control in week 4 \( (0.85 ± 0.02, \ 1.01 ± 0.03 \text{ mg/L and } 0.96 ± 0.04, \text{ respectively}) \) \( (F \ (3, 8) = 4.325, \ p = 0.043) \), and lower than with Bio-Aid in week 7 \( (0.96 ± 0.01, \ 1.15 ± 0.04 \text{ mg/L, respectively}) \) \( (F \ (3, 8) = 5.220, \ p = 0.027) \). Concentrations of total phosphate \( (F \ (3, 8) = 6.524, \ p = 0.015) \) and NO\textsubscript{3}-N \( (F \ (3, 8) = 6.308, \ p = 0.017) \) were lower with TWC+ than with Bio-Aid or control at the end of trial (Fig. 3).

**Bacteria abundance and observations**

No significant differences were found amongst heterotrophic plate count (HPC) after 10 weeks \( (F \ (3, 8) = 1.44, \ p = 0.302) \). Mean HPC was 51.6 ± 35.2, 55.7 ± 11.1, 25.0 ± 7.94 and 7.87 ± 0.29 (CFU/mL x 10\textsuperscript{2}) in control, TWC, TWC+ and Bio-Aid tanks, respectively.

Biofilm grew at the bottom of aquaria in all tanks. A thick layer of biofilm developed on TWC and TWC+ after 4 weeks, varied in colour and texture. Both cocci and rod-shaped bacteria were found within the biofilm, as determined by microscopy. The surface of the substrates also contained a varied community of larger microbes, protozoans and nematodes.
Second experiment

Water quality

The physico-chemical parameters pH ($p = 0.067$), temperature ($p = 0.894$), DO ($p = 0.707$) and conductivity ($p = 0.481$) were not significantly affected by treatment. Diurnal water temperature ranged from 10.3 to 19.2 °C, with an overall mean of $14.8 \pm 0.1$ °C. Temperatures remained low throughout the experiment, relative to *C. cainii* optimal
temperature (Morrissy 1990). The pH ranged from 7.78 to 10.22 with an overall mean of $7.91 \pm 0.02$. Higher phytoplankton abundance was correlated with higher pH levels ($R = 0.629, p = 0.028$). Dissolved oxygen remained high in all tanks, with an overall mean of $10.98 \pm 0.11$. A thin layer of biofilm was visible growing on the surface of TWC after 79 days.

After 5 days, NO$_3$-N ($F (3, 8) = 9.94, p = 0.004$) and total phosphate ($F (3, 8) = 9.03, p = 0.006$) were significantly lower in TWC+B treatment than all other treatments (Fig. 4). The concentration of orthophosphate was also significantly lower in TWC+B tanks ($0.100 \pm 0.100$) than control ($0.953 \pm 0.119$), TWC ($0.973 \pm 0.079$) and E-viro3 ($1.083 \pm 0.108$) tanks in the first week ($F (3, 8) = 19.76, p < 0.001$). There were no other significant differences in terms of total phosphate ($p = 0.962$) (Fig. 4) or orthophosphate ($p = 0.599$). The concentrations of orthophosphate were not significantly different between control, TWC, TWC+B and E-viro3 tanks after 5 weeks ($1.04 \pm 0.136, 0.856 \pm 0.069, 0.627 \pm 0.077$ and $1.35 \pm 0.260$, respectively) and decreased in all treatments after 10 weeks ($0.097 \pm 0.024, 0.027 \pm 0.027, 0.007 \pm 0.003$ and $0.110 \pm 0.038$, respectively). Mean TAN, NO$_2$-N, NO$_3$-N and PO$_4$ remained below $0.10 \text{ mg/L}$, $0.01 \text{ mg/L}$, $3.00 \text{ mg/L}$ and $0.11 \text{ mg/L}$, respectively after week 3 (Fig. 4).

NO$_2$-N rose in week 3 in control tanks only, though the difference was not significant ($F (3, 20) = 1.00, p = 0.413$). NO$_3$-N was negatively correlated with phytoplankton abundance ($R = -0.740, p < 0.001$), as was TAN ($R = -0.675, p < 0.001$).

**Phytoplankton**

The phytoplankton abundance was highest in TWC+B tanks in week 5 ($F (3, 8) = 10.18, p = 0.004$) and week 7 ($F (3, 8) = 10.94, p = 0.003$), and showed weekly fluctuations (Fig. 5). Phytoplankton abundance grew exponentially and peaked after 3 weeks, and then fell again after 5 weeks. The diversity of genera ($F (3, 80) = 0.201, p = 0.895$) and the Shannon–Wiener Diversity Index ($F (3, 80) = 1.607, p = 0.194$) were not significantly different between treatments. Within TWC tanks, the Shannon–Wiener Index was significantly higher in week 5 than in weeks 3, 11 and 18, at $1.21 \pm 0.04, 0.98 \pm 0.03, 0.93 \pm 0.08$ and $0.90 \pm 0.10$, respectively ($F (6, 14) = 5.57, p = 0.004$). In all tanks, the number of genera increased from the start to end of experiment, from $3.08 \pm 0.23$ to $6.33 \pm 0.41$ ($F (6, 77), p < 0.001$). The stock water was dominated by Scenedesmus sp., Chlorella sp. and Chlamydomonas sp., whilst Scenedesmus sp., Chlorella sp., Chlamydomonas sp., Euglena sp., Monoraphidium sp. and Tetraedron sp. were found throughout the experiment.

**Bacteria abundance**

The Heterotrophic Plate Count (HPC) was not significantly different between treatments at any time ($F (3, 20) = 0.789, p = 0.514$) (Table 1). Mean bacterial abundance was comparably higher in experiment 2 than experiment 1, probably due to the increase in nutrient inputs from feed. During experiment 2, where Bacillus sp. was added (TWC+B), they remained present in the water of all 3 tanks after 7 weeks and of 2 tanks after 10 weeks. Bacillus sp. was also present in one of the E-viro 3 tanks after 7 weeks. On TWC surface, Bacillus sp. was found in TWC+B tanks but not in TWC tanks. HPC on TWC surface was not significantly different between TWC and TWC+B, at $859 \pm 133$ and $392 \pm 189 \text{ CFU/cm}^3$ respectively ($t (4) = 2.01, p = 0.395$).
Fig. 4 Concentrations of TAN (a), \( \text{NO}_2\)-N (b), \( \text{NO}_3\)-N (c) and total phosphate (PO\(_4\)) (d) over time, experiment 2. Values are the mean ± standard error (n = 3). Like letters (a, b) indicate that means are statistically similar (\( \alpha < 0.05 \)).
Growth, survival and haemocyte count

Survival \( F (3, 8) = 0.89, p = 0.487 \) and SGR \( F (3, 19) = 0.44, p = 0.728 \) of \emph{C. cainii} were not significantly affected by treatment. One mortality was found each in the control and TWC + B treatments, and 2 in TWC treatment. Cannibalism was the most frequent cause of mortality, often occurring post-moult.

The THC \( F (3, 32) = 0.46, p = 0.711 \) and DHC \( F (3, 8) = 0.17, p = 0.916 \) were not significantly different between treatments at any time. Within control tanks, THC was significantly higher after 12 weeks, at \( 4.96 \pm 0.97 \times 10^6 \) haemocytes/mL, than after 3 weeks and 8 weeks, at \( 1.13 \pm 0.17 \times 10^6 \) and \( 1.69 \pm 0.43 \times 10^6 \) haemocytes/mL, respectively \( F (2, 6) = 11.11, p = 0.01 \). THC was negatively correlated with TAN \( p = 0.017, R = -0.670 \). After 12 weeks, the proportion of granulocytes ranged from 12.0 \( \pm \) 0.7 to 14.3 \( \pm \) 3.6%.

Discussion

The Water Cleanser\textsuperscript{TM} developed a biofilm in both experiments, and had a greater effect on water quality in the more eutrophic environment of the first experiment. In experiment one, the peak concentrations of nitrite and nitrate were significantly reduced with TWC and TWC + . Both substrates were similarly effective as bioremediators, accelerating the nitrification of nitrite, and denitrification of nitrate. Addition of an artificial substrate, with attached biofilm, has been shown to maintain lower levels of ammonium and nitrite in \emph{Cherax quadricarinatus} culture (Viau et al. 2012). Substrates can have varied effects; however, for example, in one study, addition of a substrate with attached biofilm resulted in a reduction of ammonium, but not of nitrite and nitrate (Thompson et al. 2002). In comparison to previously studied substrates, it is possible that TWC may function differently as a
bioremediator, though this still requires validation from a comparative study. TWC and TWC+ may also help with the start-up of new aquarium or aquaculture systems by exposing animals to lower levels of nitrites and nitrates. Jones et al. (2002) reported a maximum mean nitrite concentration of 1.3 mg/L in a study using a different substrate (Aquamat™). In our study, the nitrite concentrations remained lower, with a maximum mean value of 0.58 mg/L in tanks with TWC in experiment 1. Meanwhile, the acclimation of a conventional biological filter using chemical addition can take up to 36 days before nitrite concentrations are reduced to levels below 1 mg/L, exposing animals to acute toxicity during this time (Manthe & Malone 1987). The use of oil-based substrates may help to reduce exposure of aquatic animals to high levels of nitrite during the acclimation phase of a new system.

Whilst aquaria with TWC and TWC+ exhibited greater reduction of nitrite, nitrate and phosphate concentrations, there was a slower rate of ammonia oxidation. The Bio-Aid probiotic effectively oxidised ammonia, but was only added initially, which may explain why the nitrates and phosphates were not removed quickly, and increased over time. The addition of probiotics has previously given mixed results. Some studies have reported only limited effects of probiotics on water quality (Boyd & Gross 1998; Chiayvareesajja & Boyd 1993), whilst others have reported significant reductions in ammonia levels with probiotic treatments (Nimrat et al. 2012). The difference that we observed between the substrates and the probiotic can be partly explained by variation in the numbers of nitrifying and heterotrophic bacteria, which in aquarium and aquaculture systems are often associated with changes in filter conditions (Itoi et al. 2006). In aquaria with TWC and TWC+, increased ammonia could have been sourced from mineralisation of organic matter by bacteria attached to the substrates (Prabu & Santhiya 2016). Also present on TWC surface were protozoans, which can also work as mineralizers by excreting ammonium and returning nitrogen incorporated by the bacteria to the water (Caron 1994). The degree of grazing by ciliates and other protozoans on TWC surface was not studied, though this predation pressure likely affected the bacterial abundance (Thompson et al. 2002). The composition of attached biofilm and periphyton, and effects on water quality, may vary between substrates composed of different materials.

Past studies have found mixed results based on the effects of artificial substrates on water quality, depending largely on substrate type. Substrates made from mineral media have been used to culture microbial mats, which can then be used to remediate nutrient-enriched aquaculture effluent (Bender & Phillips 2004), or used directly as filter media in aquaculture systems (Bender et al. 2004). Culturing biofilm on TWC prior to application could similarly improve the rate of bioremediation, as biofilm can take several weeks to develop on TWC surface. In contrast, a polyethylene mesh substrate was not effective in reducing concentrations of ammonia, nitrite, nitrate and orthophosphate in one study (Schweitzer et al. 2013). Our second experiment also showed no significant effects of the water cleanser on water quality. Schweitzer et al. (2013) attributed the limited effects to a low amount of biological growth on the substrate surface. Biofilm was present on TWC in experiment 2; however, the nutrient concentrations were likely to have been reduced mainly by phytoremediation from microalgae, as similar effects were observed with TWC and without substrate. Whilst microalgae such as diatoms and cyanobacteria can be grown on substrates to reduce nutrient concentrations in culture systems (Khatoon et al. 2007; Thompson et al. 2002), our observations suggest that TWC encourages the growth of a diverse consortium of heterotrophic rather than autotrophic microbes for bioremediation. Substrates are rarely used in combination with probiotics to promote microbial growth. The combination of TWC and Bacillus sp. significantly reduced concentrations of nutrients
in the first week of experiment 2. This is mainly attributed to the probiotic, as biofilm on TWC takes several weeks to become established. The commercial probiotic, E-viro 3, did not reduce the concentrations of nitrogen and phosphate, although previous studies have been found to decrease inorganic nitrogen and phosphate concentration in aquaculture water (Wang et al. 2005). TWC may help to maintain the effectiveness of probiotics for a longer time by providing habitat and a carbon source for the bacteria to thrive. In experiment 2, TWC+B maintained a population of *Bacillus* sp. on TWC surface.

The surface of TWC became abundant in heterotrophic bacteria after several weeks in the aquatic environment. TWC provides a habitat, and contains hydrocarbons, which is likely to provide an accessible carbon source for *Bacillus* sp. (Hu et al. 2017). *Bacillus* sp. is commonly used to improve water quality and in nitrate and phosphate removal (Hong et al. 2005; Boyd & Gross 1998; Hu et al. 2017). The first experiment did not determine whether *Bacillus* sp. was present, though in experiment 2, *Bacillus* sp. was found on TWC surface where the bacteria were added initially. This suggests that addition of probiotics into a system containing TWC can result in a continued population living on TWC surface. Observations showed that TWC surface also contained microalgae, but was dominated by heterotrophic bacteria and microbes.

There was a high abundance of phytoplankton and epiphytic microalgae present in the tanks during experiment 2, influencing the tank environment. Nitrate and phosphate levels remain low when microalgae biomass is high (Lananan et al. 2014). Nutrient levels are also a limiting factor on microalgae abundance (Zhihong et al. 2010). Nitrate and ammonia both had an inverse relationship with phytoplankton abundance, which can be partly explained by the uptake of nutrients as phytoplankton biomass increases, and the steady release of nutrients from dead algae cells (Seymour 1980). Meanwhile, TWC+B had a positive impact on phytoplankton abundance, which may be attributed to the addition of heterotrophic bacteria, important for nutrient mineralisation in many planktonic ecosystems (Caron 1994). Addition of *Bacillus* sp. and *Lactobacillus* sp. has likewise been found to increase Chlorophyta abundance in shrimp recirculating systems (*Litopenaeus vannamei*) (De Paiva-Maia et al. 2013). Microbial communities play a major role in recycling the autochthonous nutrients accumulating within the system (Avnimelech et al. 1995). In the current study, microalgae including *Scenedesmus* sp. and *Chlorella* sp. were abundant, and it has previously been demonstrated that both are useful in the reduction of nutrients (Lananan et al. 2014; Uma Devi et al. 2014). Lananan et al. (2014) found that a combination of *Chlorella* and a microorganism was more effective in decreasing orthophosphate than either organism alone. A combination of microalgae and the *Bacillus* sp. added to TWC+B tanks reduced concentrations of orthophosphate effectively for the first 2 weeks.

In the present study, the phytoplankton grew exponentially at the start of experiment, as nutrients were available, until the phytoplankton community crashed to a much lower biomass following the depletion of nutrients, reflecting patterns of an algal bloom. However, in the TWC+B tanks, the phytoplankton density did not collapse to such low levels. If applied to natural systems, this may help to prevent the depletion of oxygen associated with the collapse of algal blooms. The collapse of dense algal blooms often causes mortality due to depletion of oxygen by algal decomposition (Seymour 1980). The use of aerators prevented any depletion of oxygen in the present study. Here, as in natural systems, the ‘bloom’ of excess algae resulted in accumulation of dead algae (Pace & Lovett 2013). Following the initial drop in phytoplankton abundance, the steady release of nutrients from animal waste, excess feed and organic matter decomposition allowed the algae population to recover.
The slow growth of *C. cainii* was mainly attributed to the low temperatures, as temperatures below 11–13 °C can be limiting to growth (Morrissy 1990). It is unclear whether the senescent microalgae on the bottom provided any significant nutrition to the animals. There was biofilm present on TWC; however, it was physically inaccessible to the benthic *C. cainii*, providing no complementary food source. Accessible bottom substrates are very important in growth performance of crayfish (Karadal & Türkmen 2017). Substrates increase growth rates in shrimp and crayfish, by promoting the growth of periphyton for use as a complementary food source, or by providing habitat (Jones et al. 2002; Schweitzer et al. 2013). For example, Schweitzer et al. (2013) found an increase in growth and survival of *L. vannamei* attributed to a substrate providing increased surface area for habitat and food sources as periphyton. Meanwhile, Viau et al. (2012) have attributed improved growth and survival of *C. quadricarinatus* to maintenance of good water quality using biofilm.

The relationship that was found between TAN and THC is common in aquaculture environments. Exposure to high levels of ammonia can reduce the THCs of *C. cainii* (Sang et al. 2009). In the current study, no treatment was able to improve the THCs compared to the control, although TAN remained below 1.20 mg/L. In another study, the addition of *Bacillus* sp. improved the granular cell count in shrimp (*Penaeus brasiliensis*) (De Souza et al. 2012); however, in our study, no improvement was found. Moreover, E-viro 3 has been shown to improve health and survival of animals in *L. vannamei* ponds treated with commercial probiotics (Wang et al. 2005), though no difference was found, likely due to the good condition of *C. cainii* throughout the experiment.

In the current study, substrates were added to aquaria and *C. cainii* culture tanks, at a rate of approximately 0.18 and 0.24% mass to volume, respectively. This rate is applicable to aquaria and small aquaculture systems, though would not be applicable to large systems, including commercial aquaculture ponds, due to the high volume of product needed. In a separate study on *C. cainii* aquaculture ponds, a rate of 10 kg to 1,987,500 L or approximately 0.0005% mass to volume was sufficient to improve water quality of ponds and juvenile *C. cainii* production (Cole et al. 2019).

**Conclusions**

The substrates used in this study provided a habitat for heterotrophic bacteria, and significantly reduced nutrient concentrations in experiment 1, although were less effective in bioremediation in experiment 2. TWC and TWC+ were more effective in decreasing concentrations of nitrates and orthophosphates, and maintaining a lower level of nitrite and nitrate, than adding probiotics initially or without treatment. In experiment 2, the outdoor conditions may have reduced the effect of TWC. The combination with *Bacillus* sp. was effective in bioremediation of nitrogenous metabolites and phosphates initially, whilst also maintaining the phytoplankton community, and a population of *Bacillus* sp. in the water column and substrate surface. The oil-based substrates (TWC, TWC+) may provide an alternative to conventional substrates used in aquaculture. TWC provides a habitat and carbon source for heterotrophic bacteria which can maintain lower concentrations of nitrates and nitrates in aquaria and provide habitat for *Bacillus* sp. with no ill effects for phytoplankton or *C. cainii*.

**Acknowledgements** The described work was part of a Masters course of the first author, with no conflicts of interest related to this article.
Author contribution The first (A.C.) and final (R.F.) authors contributed to the study conception and design. The first (A.C.) and second (S.T.) author contributed to the data collection, analysis, writing and revising of the manuscript. The third (B.S.) and fourth (R.F.) authors assisted in writing and revising the work. The first draft was written by the first author (A.C.) and reviewed by all authors. The final manuscript was read and approved by all authors for publishing.

Funding Open Access funding enabled and organized by CAUL and its Member Institutions. This work was supported by Marine Easy Clean Pty Ltd through an industry scholarship.

Data Availability Raw data is available upon request.

Code availability Not applicable.

Declarations

Ethics approval Animal ethics approval was not required for working with freshwater crayfish, as they are crustaceans.

Consent to participate Not applicable.

Consent for publication Not applicable.

Conflict of interest The authors declare that the research was conducted in the presence of a financial scholarship which could be construed as a potential conflict of interest. However, it should be noted that the funders had no role in the design of the study, the collection, analyses or interpretation of data, in the writing of the manuscript or in the decision to publish the results in a peer reviewed journal.

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