Pathological investigation of neuroprotective activity of new derivatives of fused pyrazolyl-thienopyridines in Corazol-induced seizures

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Introduction. Seizures provoke several morphological alterations in the brain structures. These alterations are primarily located in the hippocampal CA1 region and the entorhinal cortex. Recurrent seizures are common in patients with epilepsy. Therapeutic options for this disease are very limited and most of them are aimed at relieving symptoms. Nevertheless, one-third of affected individuals have resistance to them. Thus, the study of new effective agents that can prevent epileptogenesis is still an ongoing challenge. In this work, we aimed to study the neuroprotective activity of several new derivatives of tricyclic pyrazolyl substituted thieno[2,3-c]isoquinolins (SHD-89 and SHD-91) and pyrano[4,3-d]thieno[2,3-b]pyridines (SHD-78 and SHD-85) as potential anti-seizure drugs.

Materials and methods. The study was performed on mice (n=60). The action of compounds SHD-78, SHD-85, SHD-89, and SHD-91 was tested in seizures with and without Corazol administration. Histopathological examinations were performed in the hippocampus and the entorhinal cortex in different experimental groups.

Results. The study showed that under the action of SHD-89 and SHD-78, there was a reduction in the number of neurons and activation of glial cells in examined regions of the brain. SHD-91 caused severe neurodegenerative effects with changes in the brain structure. In contrast, under the action of SHD-85, the number of neurons was higher and with lower activation of glial cells.

Conclusion. Studies showed that among the tested compounds SHD-85 possessed moderate neuroprotective activity and reduced gliosis and neuronal loss induced by Corazol.

Keywords: anti-seizure drugs, pyrazolylthienopyridines, hippocampus, entorhinal cortex, histopathological examination

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Introduction

Seizure is a paroxysmal alteration of brain function caused by hypersynchronous discharges of CNS neurons. Seizures are divided into three categories: generalized, focal, and status epilepticus [1]. Epilepsy is one of the most common neurological disorders that includes a number of different syndromes and is characterized by recurrent unprovoked seizures [2].

Studies on different animal models of epilepsy and the human brain with temporal lobe epilepsy (TLE) showed that epileptic seizures induced neuronal loss of pyramidal cells of the hippocampal CA1 region and reorganization of the granular cells of the dentate gyrus that was accompanied by astrocytic hypertrophy and proliferation [3, 4]. Moreover, patients with mesial TLE show histopathological alterations in the entorhinal cortex and amygdala, which accompany extensive gliosis [5, 6].

Therapeutic options for seizure syndrome are very limited and most of them are aimed at relieving its symptoms rather than preventing epileptogenesis [7]. The main treatment for epilepsy is still considered to be anti-seizure drugs (ASDs), yet at least one-third of affected individuals continue to experience spontaneous recurrent seizures.

These patients not only have continuous seizure activity but are also at risk of developing cognitive impairment and comorbid mental health problems [8]. Thus, a new effective agent that can prevent epileptogenesis or cure convulsions during any type of seizures with mild side effects is still an ongoing challenge. For the same reason, it is very important to search for original drugs in new series of chemical compounds, in particular, among the derivatives of new heterocyclic systems.

A number of heterocyclic derivatives containing nitrogen atoms serve as universal structural units for the synthesis of complex heterocyclic systems. Pyridine is the parent ring system of a large number of naturally occurring products and important pharmaceuticals. The derivatives of condensed pyridines are of interest as biologically active substances. Thus, alkaloids of the pyrano[3,4-c]pyridine series extracted from plants exert various effects: hypotensive, anticonvulsant, antipsychotic, anti-inflammatory, and hypothermic [9]. Furthermore, pyrazole derivatives are the starting compounds for the synthesis of indole alkaloids, in particular, camptothecin exhibiting antitumor activity [10, 11]. The pyrazole nucleus attracted great attention due to the use of this ring system as an antitumor activity [10, 11]. The pyrazole nucleus attracted great attention due to the use of this ring system as an
important core structure in many drug substances. A large number of substituted pyrazolopyridine derivatives were found to possess diverse biological properties, such as anti-microbial [12, 13], antiviral [14], antileishmanial [15], and anti-inflammatory [16] non-anionic antiplatelet agents [17], as well as psychotropic effects [18].

This study continues our research on the synthesis and evaluation of the neurotropic activity of fused heterocyclic systems containing nitrogen atoms [19, 20]. New derivatives of tricyclic pyrazoyl substituted thieno[2,3-c]isoquinolins (SHD-89 and SHD-91) and pyrano[4,3-d]thieno[2,3-b]pyridines (SHD-78 and SHD-85) were synthesized in the Laboratory of the synthesis of psychotropic compounds. In this work, we aimed to study their neuroprotective activity in Corazol-induced animal models as potential ASDs.

Materials and methods

Chemical compounds. We studied anticonvulsant and neuroprotective properties of the following compounds:

- SHD-89: thieno[2,3-c]isoquinolin-1-amine-N-phenyl
- SHD-78: pyrano[4,3-d]thieno[2,3-b]pyridin-1-amine-N-phenethyl
- SHD-91: thieno[2,3-c]isoquinolin-1-amine-N-(2,4-dimethoxyphenyl)
- SHD-85: pyrano[4,3-d]thieno[2,3-b]pyridin-1-amine-N-(3,4-dichlorophenyl)

Design of a Corazol-induced animal model. For histopathological evaluation of the brain tissue, we conducted experiments on 60 male and female mice weighing 18–24 g. All novel compounds were administered via intraperitoneal injection at a 50-mg/kg dose for 3 successive days. To model the seizures, 1 hour after the injections, all animals from the control group and experimental groups 1, 3, 5, and 7 received the same dose of Corazol via subcutaneous injection.

The animals were divided into 10 groups (n=6 in each group):

A. Intact group: normal animals
B. Control group: Corazol-treated group
C. Experimental group 1: treated with Corazol and compound SHD-89
D. Experimental group 2: treated with compound SHD-89
E. Experimental group 3: treated with Corazol and compound SHD-78
F. Experimental group 4: treated with compound SHD-78
G. Experimental group 5: treated with Corazol and compound SHD-91
H. Experimental group 6: treated with compound SHD-91
I. Experimental group 7: treated with Corazol and compound SHD-85
J. Experimental group 8: treated with compound SHD-85

All experiments were performed according to the Directive 2010/63/EU of the European Parliament. The animals were kept in a room at 21±2°C and a 12-hour light/dark cycle and given ad libitum access to food and water.

Histopathological examination. After day 3 of the experiment, the mice were sacrificed under anesthesia (40 mg/kg Nembutal Sodium via intraperitoneal injection). Brain tissue was collected and stored in a 10% neutral buffered formalin. The samples were dehydrated and embedded in paraffin; 3–5-μm microtome sections were prepared. Brain tissues were cut in coronal sections and stained with Nissl stain.

For morphometric analysis, ten samples of the hippocampal CA1 region and entorhinal cortex were photographed at 400× magnification using AmScope MU500 5MP USB2.0 Microscope Digital Camera & Software (USA). In the CA1 region, we counted normal neurons with a light nucleus. In the entorhinal cortex, we counted neurons of layers II and III, microglial cells, and astrocytes. All cells were counted with ImageJ 1.x software using Cell Counter Plugin. All data were expressed as means ± SD. Statistical data analysis was performed using IBM SPSS Statistics 22.0.0 software with one-way ANOVA, followed by Bonferroni post hoc test.

Results and discussion

Although the source of convulsions is located in other brain areas, the literature review showed that in various animal models of epilepsy, such as TLE and Pilocarpine and Kainate treated models, the main pathological changes (e.g., neurolysis and gliosis) were observed in the hippocampus, entorhinal cortex, amygdala, and thalamus [5, 7, 21–24]. Our observations showed that the main regions which had undergone pathological alterations after Corazol treatment were the hippocampus and entorhinal cortex. Consequently, we made a pathological evaluation of these regions after Corazol-induced seizures and treated them with different newly synthesized compounds to investigate their neuroprotective effects. Corazol had convulsant effects in animal models due to the inhibition of chloride channels in the GABAA-receptor complex and the impairment of the GABAergic inhibitory mechanisms [25].

Histological and pathological observations showed that the hippocampi of the intact animals had a normal morphological appearance, i.e., they showed no signs of sclerosis, chromatolysis, or shrinkage of neurons. Pyramidal cells in the CA1 region were neatly arranged with clear nuclei and visible nucleoli, and the cytoplasm had a normal distribution of Nissl bodies (Fig. 1A). The average neuron count in the CA1 region was 101.3±8.96 cells in the microscopic field (Fig. 2).

Patients with TLE are known to have cornu ammonis (CA) sclerosis as the most common pathological lesion. The lesion is characterized by severe loss of pyramidal neurons and gliosis in the CA1 region, prosubiculum, and CA3 region [26], with both being less severe in the CA3 region. Compared to the hippocampi of the animals in the intact group, the hippocampi of the animals treated with Corazol had prominent chromatolysis of neurons. Neurons were absent in all regions of the hippocampi, and the CA1 region showed sclerosis (Fig. 1B). The count of pyramidal cells drastically decreased compared to that in the intact animals and was 44.7±2.87 cells in the microscopic field...
There was also a prominent activation of astrocytes and microglial cells. In the CA3 region, there was gliosis along with many dark neurons with indistinct nuclei. The vessels near the CA3 region and in the dorsal part of the third ventricle were congested, and the ventricles were collapsed.

In comparison with the hippocampi of the animals in the intact group, those in experimental group 1 showed increased neurodegenerative signs. The number of neurons decreased significantly, especially in the CA1 region (Fig. 1C). Neuron count was 46.6±4.81 cells in the microscopic field, which was not statistically different from that of the control group (Fig. 2).

In the hippocampus, there was noticeable activation of microglia. Due to hemodynamic disbalance, delicate vessels of the choroid plexus were disrupted, resulting in the formation of hematoma in the dorsal part of the third ventricle. In addition, there was congestion of the vessels near the CA3 region. High doses of antiepileptic drugs were shown to cause a high risk of stroke [27]. In experimental models of epilepsy, there were various lesions and changes in the permeability of the blood-brain barrier that is characterized by the leakage of various blood components into the brain [28]. Consequently, in our experiments, intracranial hemorrhages can be due to the high dosage of SHD-89 in a combination with Corazol that leads to changes in the permeability of blood vessels.

In experimental group 2, no noticeable morphological alterations in the hippocampal region were detected. There was a slight activation of astrocytes and hyperchromasia.

(Fig. 2).
of the neurons of the CA3 and CA1 regions. In a higher magnification, the neurons showed darker staining compared to those of the intact animals, but their nuclei were clear with visible nucleoli (Fig. 1D). The pyramidal cell count was 73.9±5.55, which is statistically higher compared to that in the control animals [p<0.05] (Fig. 2). These data indicate that compound SHD-89 has a synergic effect on the chemoculvulsant agent.

We observed very similar changes in the hippocampi of animals from experimental group 3. There were hyperchromatic dark neurons and activation of astrocytes. In the CA1 region, the neurons were hyperchromatic and there was chromatolysis of Nissl bodies and microgliosis (Fig. 1E). The neuronal cell count also decreased (48.8±5.63) and was not statistically different from that in the control animals (Fig. 2).

The blood vessels close to the dentate gyrus were congested. There was noticeable congestion of vessels in the choroid plexus and hemorrhage to the dorsal part of the third ventricle. Along with the above-mentioned morphological changes, there was also atrophy of the medial habenula. Multiple studies have shown that chronic stress induces bilateral atrophy of the medial habenula and the lateral habenula [29]. Thus, the combination of the chemoculvulsant agent and compound SHD-78 result in severe stress response in mice, which leads to the atrophy of this region.

Experimental group 4 showed similar morphological changes: astrogliosis, microgliosis, hyperchromasia of the neurons, and congested blood vessels. In the CA1 region, the number of neurons was reduced and the preserved neurons were mostly chromatolytic. Besides, we observed there few dark pyknotic neurons (Fig. 1F). The neuron count was 50.1±3.35 cells in the microscopic field, which was not statistically different from that in the control group (Fig. 2). The congestions in different regions of the brain indicate that compound SHD-78 results in a change in permeability of the blood-brain barrier.

In the brain tissue of animals from experimental group 5, there was a prominent activation and proliferation of astroglia, which resulted in the structural change of the hippocampus, especially in the CA3 region. The number of pyramidal cells of the CA1 region significantly reduced (Fig. 1G). The neuron count was 23±3.06 cells, which was statistically lower compared to that in the control animals (Fig. 2). As a result of structural changes in the hippocampus, the dorsal part of the third ventricle had shrinkage, and delicate vessels of the choroid plexus were disrupted.

Morphological changes in experimental group 6 were almost the same as those in experimental group 5. There was prominent astrogliosis and hyperchromatic dark neurons in the dentate gyrus and CA3 regions. In the CA1 region, there was a reduction in the number of cells and pyknosis (Fig. 1H). The count of pyramidal cells was 30.2±3.68, which was also significantly lower compared to that in the control animals (Fig. 2).

The hippocampi of animals from experimental group 6 resembled those of the intact animals. There was mild gliosis, and only a few cells underwent pyknosis and chromatolysis. The number of pyramidal cells of the CA1 region was not visibly reduced, although there was evidence of chromatolysis of Nissl bodies in some nerve cells (Fig. 11). The count of neurons was 72.3±3.89 cells, which was statistically higher compared to that in the control animals but lower than that in the intact animals (Fig. 2).

The animals from experimental group 8 had minor changes in the hippocampal region of the brain as well. The neurons of the CA1 region were mostly neatly arranged with clear nuclei and visible nucleoli, and only few of them had chromatolysis of Nissl bodies (Fig. 1J). There was mild gliosis and a slight reduction in the number of neurons (86.7±4.74) that was significantly higher than that in the control group but slightly lower than that in the intact group (Fig. 2).

Overall, the animals from experimental group 8 did not show significant pathological changes in the hippocampal region with and without the chemoculvulsant agent.

Another brain region of particular interest involved in epileptic seizures is the entorhinal cortex because it is a part of the hippocampal memory system and constitutes the major gateway between hippocampal formation and the neocortex [30, 31]. Numerous studies have demonstrated that in patients with TLE, there is atrophy not only of the hippocampus but also of the entorhinal cortex. Additionally, in these patients, quantified significant interactions between the hippocampus and entorhinal cortex were proven to prevent seizure onset [32].

The entorhinal cortex of the normal brain consists of six layers with different types of neurons. Histological observation of the intact brain showed that in layer I of the entorhinal cortex there were few cells, while layer II consisted of islets of round neurons, which were hyperchromatic and had prominent nucleoli (Fig. 3A). The morphometric analysis showed the number of neurons in this layer to be 72.5±6.22 cells in the microscopic field (Fig. 4). The cells of this layer project primarily to the dentate gyrus [33].

In layer III, there were medium size pyramidal cells with clear oval nuclei (Fig. 3A). The cells of this layer project predominantly to CA1 and CA3 regions [34]. The number of these cells was 32.6±4.03 (Fig. 4). Other three layers consist of large pyramidal cells and neurons of different sizes and shapes. In all layers, there was a normal number of glial cells. The morphometric analysis showed the number of microglial cells of the entorhinal cortex to be 9.6±1.58 in the microscopic field and that of astrocytes to be 9.6±1.27 (Fig. 5).

Astrocytes regulate brain function and are characterized by tight interaction with neurons. In physiological conditions, they play an important role in neuronal metabolism and the synthesis of neurotransmitters. On the other hand, activated reactive astrocytes are characteristic of neurodegenerative diseases. In pathological conditions, astrocytes release several pro-inflammatory mediators,
reactive oxygen species, and neurotrophic factors that subsequently lead to neuronal damage and death [35, 36]. Microglial cells, as well as astrocyte activation, are known to play an important role in epileptogenesis: experimental studies showed that after acute seizures or SE induced by convulsive drugs or electrostimulation, microglia were rapidly activated in various brain regions [37]. Activated microglia and astrocytes in seizures cause inflammation in brain tissue by releasing a number of proinflammatory mediators. Proinflammatory molecules can change neuronal
excitability and affect the physiological functions of glia by paracrine or autocrine actions, thus perturbing the communication between glial cells and neurons [22, 38].

In the entorhinal cortex of control animals, there were prominent gliosis and neurolysis. In all layers, there were dark pyknotic neurons, as well as vacuolation and chromatolysis (Fig. 3B). In layer III, the number of pyramidal neurons drastically decreased and reached 9±2.36 cells in the microscopic field. In layer II, the reduction was more prominent and the neuron count was 12.4±3.978 cells (Fig. 4). Experimental studies on epilepsy, as well as those of the patients with TLE, demonstrated that there was a selective loss of neurons within layer III of the entorhinal cortex [39, 40], and this correlates with our findings. There was also hyperplasia of both microglial cells and astrocytes, the number of which was 33.7±3.23 and 40.7±4, respectively (Fig. 5).

In experimental group 1, there were prominent neurodegenerative processes in the entorhinal cortex. The number of neurons in layers II and III reduced and the count of neurons was 22.7±3.4 and 15±3.09, respectively. Although this number was significantly higher compared to that in the control animals (p<0.05), it was significantly lower compared to that in the intact animals (Fig. 4). There were many dark pyknotic neurons along with chromatolytic neurons and active gliosis (Fig. 3C). The number of microglial cells was not significantly different from that of the control group (30.8±2.15 cells), while the number of astrocytes was significantly lower compared to that of the control group [24.2±1.398] (Fig. 5).

In experimental group 2, the results were similar. The number of neurons declined particularly in layer II. In layers II and III, the neurons were dark pyknotic (Fig. 3D), and their count was 20.9±3.24 and 15.3±3.3 cells, respectively (Fig. 4). In this group, there was also prominent microgliosis: the number of microglial cells was significantly higher compared to that of the control group (41.7±2.71 cells in the microscopic field). On the other hand, there were significantly fewer astrocytes than in the control animals [24±4.06 cells in the microscopic field] (Fig. 5).

Interestingly, under the effect of SHD-89, layer II of the cortex was more affected and showed pronounced microgliosis. We observed prominent epidural hematomas in the brains of animals treated with SHD-89 and Corazol. Simultaneously, in the brains of animals treated only with SHD-89, there was congestion of the vessels near the amygdala and pronounced gliosis of amygdala. This suggests that due to hemodynamic disbalance, neurons of layer II undergo hypoxic stress and ischemic necrosis as the dark cells; in this case, there was a pathological feature in these groups (Fig. 3C, D). Various experimental studies on traumatic brain injury demonstrated vascular disruption in acute stages of trauma to lead to the exhibition of abnormal dark neurons in the cortex and hippocampus [41].

In experimental group 3, layer II was characterized by a substantial decrease in the number of neurons that reached 18.5±3.47 cells; the neurons were dark pyknotic (Fig. 3E). In layer III, the reduction in the number of neurons was substantial as well [10±2.36 cells] (Fig. 4). Moreover, there was a prominent activation of the microglia. Compared to the number of microglial cells and astrocytes in the control group, here, that of the former was significantly higher (44.3±3.06 cells) and that of the latter was significantly lower [23.7±1.95 cells] (Fig. 5).

In the cortexes of animals from experimental group 4, we observed very similar morphological changes. There was a reduction in the number of neurons in layer III; layer II seemed to have pyknosis and pronounced gliosis (Fig. 3F). The number of neurons in layers II and III was 19.4±1.51 and 10.8±1.93, respectively (Fig. 4). Gliosis was also pronounced: the number of microglial cells was 36.4±3.44 and that of astrocytes (35±2 cells) was higher in this group compared to experimental groups 1, 2, and 3 (Fig. 5). The presence of dark pyknotic neurons in experimental groups 3 and 4 treated with compound SHD-78 can also be a result of hemodynamic changes and congestion.

In experimental group 5, there were severe pathological changes in the entorhinal cortex: pronounced chromatolysis and pyknosis of neurons, as well as multiple foci of microgliosis (Fig. 3G). In layer II, the reduction in the number of neurons was significant and amounted to 13.3±4.47 cells in the microscopic field, whereas in layer III, the number of pyramidal cells was 10.6±2.593 (Fig. 4). Because of gliosis and brain swelling the neurons of layer II traveled to layer I. The numbers of microglial cells and astrocytes were elevated compared to that in other groups [40±2.83 and 41±2.26, respectively] (Fig. 5).

Without Corazol, SHD-91 produces mild pathological changes in the entorhinal cortex of mice. There was a reduction in the number of neurons in layers II and III [18.2±3.99 and 10.6±1.713 cells, respectively] (Fig. 4). We observed substantial neuronal necrosis and pyknosis, as well as microgliosis in all layers (Fig. 3H). Glial cell count showed that in this group, the numbers of microglial cells and astrocytes increased to 36.1±2.38 and 40.2±2.86, respectively. The number of glial cells was not significantly different from that in the control group (Fig. 5).

In experimental groups 5 and 6, the neurodegenerative processes in the brain tissue were more pronounced than in other groups. Pathological changes of the brain tissue were particularly noticeable in group 5: there were structural changes in the hippocampus and entorhinal cortex. This suggests that SHD-91 has a synergic effect on Corazol that, in turn, leads to the activation of astrocytes and changes the structure of the brain in mice. Numerous experimental studies on epilepsy demonstrate that prior to seizures there are morphological changes in both astrocytes and neurons in the brain. Palisading astrocytes immediately surround the injury site, and their processes form a halo around the lesion with striking radial orientation [42]. This phenomenon was observed in experimental groups 5 and 6 where there was pronounced astrogliosis in the hippocampal region and entorhinal cortex.

In experimental group 7, the morphological picture of the cortex was almost the same as in the intact animals.
Although in layer II, the number of neuronal cells reduced (29.6±4.65 cells), it was significantly higher compared to that in the control and experimental groups 1–6. In layer III, the number of pyramidal cells was the highest of all experimental groups [17.9±3.381 cells in the microscopic field] (Fig. 4). There was a lower activation of microglia than in other groups. The count of microglial cells was 19.8±2.94, which is significantly lower compared to that in the control animals. Although the number of astrocytes was slightly higher (32.8±2.78 cells), it was significantly lower than in the control group (Fig. 5). Overall, pathological processes were moderate in comparison with other experimental groups.

In experimental group 8, however, we observed a reduction in the number of nerve cells in the entorhinal cortex to be more considerable, especially in layer III (10.3±2.06 cells). In layer II, on the other hand, the neurons were more preserved (Fig. 3J), and their number was the highest in this group compared to that in other experimental groups [37±5.099 cells] (Fig. 4). Gliosis was moderate as well: the number of microglial cells was much lower compared to that in the control and other experimental groups (19.1±2.51 cells). Astrocytes count was significantly lower compared to that in the control animals [26.7±3.56 cells] (Fig. 5).

The reduction in the number of neurons in layer III suggests that although SHD-85 has almost no pathological effect on the hippocampus, it affects the entorhinal cortex leading to neuronal loss in this region. This phenomenon should be studied further with different doses of SHD-85.

Conclusion

Histological and pathological studies of brain tissue under the effects of new derivatives of pyrazolyl-thienopyridines with and without chemoconvulsant agent Corazol show that among all the studied compounds SHD-78 and SHD-89 cause moderate morphological changes to the hippocampus and entorhinal cortex, whereas compound SHD-91 produces severe neurodegenerative effects on brain tissue. Moreover, SHD-85 shows neuroprotective activity with reducing gliosis and neuronal loss induced by Corazol.

Author contributions

Conceived the study and designed the experiment – H.V. Gasparyan, R.G. Paronikyan, I.M. Nazaryan.

Synthesis of chemical compounds – Sh.Sh. Dashyan, E.G. Paronikyan. Collected the data and performed the analysis – H.V. Gasparyan, S.A. Buloyan, A.E. Pogosyan, L.M. Arshakyan, L.S. Harutyunyan. Wrote the paper – S.A. Buloyan. Edited the manuscript – H.V. Gasparyan, S.A. Buloyan.
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