Bone morphogenetic proteins: multifunctional regulators of vertebrate development

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A recurrent theme in embryonic development and tissue regeneration is that cells communicate with each other using just a handful of conserved families of signaling molecules. One of the largest of these multifunctional families is that of the bone morphogenetic proteins (BMPs), with >20 members identified in organisms ranging from sea urchin to mammals (Fig. 1). The name BMP was first given to three proteins purified from a demineralized bovine bone preparation that induced ectopic cartilage and endochondral bone when implanted in experimental animals (Wozney et al. 1988). One of these proteins (BMP1) was a putative protease of the astacin family, whereas the other two (BMP2 and BMP3) were related to human transforming growth factor β (TGFβ). It is now clear that the name BMP is misleading because there is strong genetic and experimental evidence that these molecules regulate biological processes as diverse as cell proliferation, apoptosis, differentiation, cell-fate determination, and morphogenesis. Moreover, the vertebrate BMPs are involved in the development of nearly all organs and tissues, including the nervous system, somites, lung, kidney, skin, and gonads, as well as in critical steps in the establishment of the basic embryonic body plan.

This review focuses on recent studies related to BMP function in vertebrates, particularly those involving mutations of BMP-encoding genes in mice. Additional information about the larger TGFβ superfamily can be found in other reviews (Kingsley 1994a,b; McPherron and Lee 1996). The complexity of the numerous transmembrane serine–threonine kinases that act as BMP signaling receptors precludes full discussion here, but again, a number of excellent reviews are available, in addition to those cited above (Massague et al. 1994, Massague and Weis-Garcia 1996).

Structure of BMPs

Like all members of the TGFβ superfamily, BMPs are synthesized as large precursors, which are processed and proteolytically cleaved to yield carboxy-terminal mature protein dimers. BMPs are distinguished from other members of the family by having, in general, seven, rather than nine, conserved cysteines in the mature region. The crystal structures of two members of the TGFβ superfamily have now been solved: TGFβ2 (Daopin et al. 1992; Schlunegger and Grutter 1992) and BMP7/Op2 (Griffith et al. 1996). In both, the core of the monomeric structure is a cystine knot (McPherron and Hendrickson 1993) involving intramolecular bonding of six of the seven conserved cysteines, the seventh participates in intermolecular disulfide bonding. Extending from the monomer core in one direction are two finger-like projections made from antiparallel β strands and, on the opposite side, an α-helical loop. The overall monomer structure has thus been likened to an open hand with a pair of extended fingers, in which the cystine knot represents the palm and the helical loop, the heel. The subunits are aligned such that the fingers of one monomer rest in the heel of the other. In the case of BMP7, the dimer may interact with its receptor(s) through a patch of residues contributed by the tips of the fingers of one monomer and part of the heel of the other (Griffith et al. 1996). At least two members of the BMP family, Vgr2/Gdf3 and Gdf9, lack the cysteine involved in intermolecular bonding, suggesting that covalent bonding is not essential for dimer formation.

BMP processing and putative binding proteins

Little is known about intracellular assembly, processing, and secretion of BMP proteins and their extracellular localization. In part, this lack of information has resulted from difficulties in obtaining specific, high-affinity antibodies, although some polyclonal and monoclonal antibodies are available (Wall et al. 1993; Gitelman 1994; Masuhara et al. 1995). All of the evidence suggests that dimerization and proteolytic cleavage between the pro- and mature region precede secretion. Amino-terminal sequencing of secreted protein is consistent with proteolytic cleavage occurring immediately carboxy-terminal to a dibasic RXXR site before the first cysteine of the mature region (see references in Ozkaynak et al. 1992). That dimerization occurs before cleavage is supported by
Three proteins have been identified that are related to Xenopus, by boxes. However, the relationships between other members is clearly belong to subfamilies, and these are enclosed used in this review follows that of M. Davisson (pers. comm.) was modified from one kindly provided by Drs V. Rosen and A. Celeste (Genetics Institute, Cambridge, MA). Nomenclature depending on the algorithm used to calculate relationships. In Xenopus, three proteins have been identified that are related to mouse Nodal (XNr1, XNr2, and XNr3) (Jones et al. 1995; Smith et al. 1995). Also not shown are zebratfish Radar (Rissi et al. 1995 and Xenopus Admp [Moos et al. 1995]. References for all other sequences can be found in Griffith et al. (1996). This figure was modified from one kindly provided by Drs V. Rosen and A. Celeste (Genetics Institute, Cambridge, MA). Nomenclature used in this review follows that of M. Davisson (pers. comm.) for mouse genes. Much information on BMP gene expression in the mouse embryo is contained in the The Jackson Laboratory gene expression data base [http://www.informatics.jax.org/gxd.html].

The finding that mutated polypeptides lacking the RXXR sequence can inhibit secretion of endogenous mature protein and thereby act as dominant-negative inhibitors of BMP function [Hawley et al. 1995]. It is possible that intracellular endoproteases of the furin family, which process other propeptides at dibasic sites, are responsible for the proteolytic cleavage of BMPs, although no direct evidence is currently available [Barr 1991].

Extensive studies of TGFβ1 processing show that the protein is secreted as an inactive molecule in which the pro-region remains covalently complexed with the mature region, and that extracellular proteolytic cleavage is required to release the biologically active mature dimer from the pro-region. This process is complicated further by the fact that latent TGFβ can associate with a large, multidomain latency binding protein (LBP) which binds collagen and fibronectin (Saharinen et al. 1996). LBP may thus provide a mechanism for sequestering inactive TGFβ in the extracellular matrix, so that its release can be precisely controlled. At present there is no direct evidence for latent forms of any BMP, or association with binding proteins homologous to LBP. However, a number of other extracellular proteins probably bind BMPs in vivo and so limit their availability and domain of influence. Candidate binding proteins are Follistatin, known to bind activin and BMP7 (Nakamura et al. 1990; Yamashita et al. 1995), and extracellular matrix proteins with Follistatin-like domains [Timpl and Brown 1996]. Evidence that the proteins Chordin and Noggin bind to or counteract BMPs in vivo will be discussed in detail below.

In Drosophila, the product of the tolloid gene, which encodes a putative protease of the astacin family, enhances Decapentaplegic (Dpp) function, possibly by cleaving an inactive Dpp protein complex (Shimell et al. 1991; Childs and O’Connor 1994; Finelli et al. 1994). One of the vertebrate proteins most closely related to Tolloid is BMP1, which encodes a protease that cleaves the carboxy-terminal peptide of procollagen and facilitates collagen assembly into fibers (Kessler et al. 1996). At present it is still possible that BMP1 cleaves other extracellular proteins, in addition to procollagen, that might bind and sequester BMPs. Although mice homozygous for a null mutation in Bmp1 have defects in ventral body wall closure and do not survive beyond birth, they have no major skeletal abnormalities, suggesting functional redundancy between Bmp1 and related genes in collagen processing [N. Suzuki and B.L.M. Hogan, unpubl.].

It is still unclear whether the BMP pro-region has a specific intracellular function. This region may affect the rate and efficiency of dimer formation and processing. Some BMPs are readily processed and secreted from embryonic or transfected cells, whereas the secretion of others is very inefficient (Hazama et al. 1995). In addition, fusion of the pro-region of one BMP [e.g., BMP2] with the mature region of a poorly secreted family member [e.g., Vg1] has been shown to enhance production of mature ligand [Dale et al. 1993; Thomsen and Melton 1993].

Homodimers and heterodimers

Given the overlap in expression patterns of several of the genes encoding BMPs, a very important unanswered question is whether BMPs have specific functions as heterodimers in vivo. Heterodimers have been generated in vitro [Hazama et al. 1995] and, in the case of BMP2-BMP7 and BMP4-BMP7, they are much more active than either homodimer [Hazama et al. 1995; Suzuki et al. 1996]. However, although Bmp2, Bmp4, and Bmp7 expression domains overlap in many tissues, homozygous null mutants have very different phenotypes [see below], arguing indirectly against a unique role for heterodimers of these BMPs in vivo. Heterodimers might also act as competitive inhibitors of homodimers at the level of receptor binding, as proposed for the antagonistic effects of activin and inhibin [Xu et al. 1995].

Do BMPs behave as morphogens in vertebrate embryogenesis?

A morphogen is defined as a molecule distributed in a
gradient that alters the developmental fate of target cells in a concentration-dependent manner. In Drosophila, there is substantial evidence that Dpp acts as a morphogen during dorsal-ventral patterning of the blastoderm stage embryo (Ferguson and Anderson 1992; Wharton et al. 1993). The differential response of Xenopus ectoderm cells to different concentrations of activin provides evidence for its action as a morphogen during mesoderm patterning (Green et al. 1992; Gurdon et al. 1995), but whether activin, or any other TGFβ family member, really does so in vivo is still uncertain (Wilson and Melton 1994). Simple models of morphogen action assume that the ligand diffuses freely from a source, and there is evidence that exogenous activin can do this and establish a graded pattern of mesodermal cell types in Xenopus embryonic tissues (Gurdon et al. 1994). However, similar results have not yet been reported for BMPs. An alternative model is that a short-range BMP signal is progressively propagated from one cell to another across a field. In either model, signal reception could be modified locally by cell-cell communication mediated by other factors, or by competition or cooperation between related ligands at the level of receptor binding.

As discussed below, there is evidence that BMPs can either stimulate cell proliferation or promote cell differentiation and exit from the cell cycle, depending on the target cell type. This raises the interesting possibility that the same BMP could affect cells in different ways, depending on the concentration of ligand to which the cells are exposed; for example, low concentrations might stimulate cell proliferation, whereas higher concentrations might promote differentiation.

Upstream regulation of BMPs

In Drosophila, there is considerable understanding of the mechanisms underlying the regulation of dpp expression. In the blastoderm embryo, for example, dpp is repressed by Dorsal, a transcription factor related to NF-kB (Schwytzer et al. 1995). In the midgut, dpp is regulated positively and negatively by the homeo domain proteins, Ultrabithorax (Ubx) and Abdominal-A ( Abd-A), respectively, and DNA sequences required for direct activation by Ubx have been identified (Bienz 1994; Capovilla et al. 1994). In imaginal discs, dpp expression is regulated by the segment polarity gene, hedgehog (hh), which encodes a protein that generates, by autoproteolysis, a soluble 19-kD amino-terminal signaling peptide. Several components of the pathway between Hh and dpp have been identified, although the precise details of how they interact are not yet known. Key genes are patched (ptc, encoding a putative trans-membrane protein), fused (fu, encoding a putative serine-threonine kinase), costal-2 (cos-2, encoding a novel kinesin heavy chain-related protein), and cubitus interruptus (ci, a zinc-finger transcription factor). Another gene involved in regulation of dpp by Hh is pka-C1, which encodes a cAMP-dependent protein kinase catalytic subunit (Lepage et al. 1995; Pan and Rubin 1995; Strutt et al. 1995). pka-C1 appears to repress dpp, but it is unclear whether it does this through ptc-dependent or -independent pathways (for references and review, see Forbes et al. 1993; Bonini and Choi 1995; Ingham 1995; Johnson et al. 1995; Sanchez-Herrero et al. 1996).

Although some gene regulatory circuits are surprisingly conserved during evolution, the existence of >20 BMPs in vertebrates, compared with 3 in Drosophila (the products of the dpp, screw, and 60A genes) cautions against sweeping generalizations for these signaling systems. Nevertheless, there are indications that parts of the Hh–dpp pathway identified in Drosophila also function in vertebrates. Three mammalian genes related to hh have been identified (sonic hedgehog [Shh], desert hedgehog [Dhh], and Indian hedgehog [Ihh]). As discussed below, transcripts are often found in the embryo in sites adjacent to those expressing BMP genes, and in the chick limb bud and hindgut ectopic Shh locally induces Bmp2 and Bmp4, respectively. Recently, a mouse homolog of ptc was characterized, and its transcripts localized in the embryo to many sites adjacent to those expressing Shh. Moreover, ptc is up-regulated in the neural tube and chick limb bud in response to ectopic Shh (Goodrich et al. 1996; Marigo et al. 1996). Three zinc-finger protein-encoding mouse genes related to ci (Gli, Gli2, and Gli3) have been identified (Hui et al. 1994), and experiments are in progress in a number of laboratories testing for direct or indirect genetic interactions between Gli and Bmp genes.

Downstream of BMPs

BMPs transduce signals through trans-membrane serine-threonine kinase receptors (Massague and Weis-Garcia 1996). These fall into two closely related and conserved groups, known as Type I and Type II, each containing multiple members. The currently favored model for BMP receptor activation differs somewhat from that proposed for TGFβ receptors. In the case of TGFβ it is thought that the ligand first binds to a specific Type II receptor followed by recruitment of a Type I receptor into a heteromeric complex. However, BMP ligands appear to bind cooperatively to both Type I and Type II receptors (Liu et al. 1995) (Fig. 2). Transphosphorylation of the Type I receptor by the Type II kinase at a specific region (the GS box) of the cytoplasmic domain then triggers the downstream signaling cascade. Genetic studies in Drosophila have confirmed a requirement for both a Type I (encoded by the punt gene) and a Type II (products of the thick veins and saxophone genes) Dpp receptor for signal transduction (Ruberte et al. 1995).

In mammalian cells in vitro the same BMP can recognize more than one Type II receptor, and these, in turn, interact with different Type I family members. Conversely, the same Type II receptor may bind different ligands with different affinities. For example, the Type II ActR-II receptor binds activin with high affinity and BMP7 with lower affinity (Yamashita et al. 1995). Which receptor combinations occur in vivo, whether different Type I receptors trigger specific downstream pathways, and whether competitive interaction for receptor bind-
BMPs in embryonic development

In the following sections, evidence for the role of BMPs in embryonic development will be reviewed roughly in chronological order, beginning with gastrulation and concluding with organogenesis.

BMPs and mesoderm formation and patterning in vertebrates

A current model for the role of signaling molecules in mesoderm induction and patterning in the *Xenopus* embryo is summarized in Figure 3 (Slack 1994). Starting at the 32- to 64-cell stage, signals from the vegetal blastomeres influence the overlying blastomeres of the animal hemisphere to change their fate from nonspecific ectoderm to ventral-lateral mesoderm (mesothelium, mesenchyme, and blood). Other specific signals from dorsal vegetal blastomeres (the Nieuwkoop center) induce overlying dorsal animal blastomeres to develop into a signaling region known as the Spemann organizer (future dorsal lip of the gastrula). This region secretes dorsalizing factors that appear to have two roles. First, they overcome the ventralized character of the cells in the marginal zone, so that they now give rise to axial mesoderm (notochord), paraxial mesoderm (somite, muscle), and intermediate mesoderm (kidney). The particular fate a marginal zone cell adopts seems to be determined by the balance between the dorsalizing and ventralizing factors to which it is exposed, with the cells closest to the source of dorsalizing signal developing into axial mesoderm and those farthest away developing into mesothelium and blood. Second, as described in the next section, dorsalizing signals appear to interfere with endogenous BMP-related signals acting within the ectoderm to specify it as epidermis, resulting in a switch to neural fate.

The prime candidate for a factor produced by the Nieuwkoop center that induces the Spemann organizer is the BMP family member, Vgl. However, because Vgl mRNA is distributed evenly throughout the vegetal-most cells, some mechanism must ensure that active mature protein is processed only in the dorsal–vegetal cells [Dale et al. 1993, Thomsen and Melton 1993]. In
Figure 3. Model for the role of signaling molecules in *Xenopus* gastrulation. Shaded areas represent a fate map of the early gastrula embryo, and arrows represent the influence of signaling molecules. [White arrow] Signal, probably Vg1, possibly in combination with a Wnt-like activity, from the Nieuwkoop center in the vegetal hemisphere induces the formation of the Spemann organizer in the overlying dorsal blastomeres. [Red arrows] The organizer secretes dorsalizing factors that counteract the effect of ventralizing factors in determining cell fate within the presumptive mesoderm of the marginal zone. The same dorsalizing factors also counteract the effect of factors in the ectoderm that promote epidermal cell fate (green) and inhibit neural fate (blue). [Yellow arrow] Ventralizing factors, such as BMP4 and possibly BMP7, promote ventral mesodermal cell fate in the marginal zone. The fate of cells in the marginal zone (dorsal [red]–ventral [yellow] gradient) therefore depends on the relative strength of dorsalizing and ventralizing influences to which they are exposed. This is a simplified and highly schematized model and the effect of these dorsalizing and ventralizing factors is very likely modified by members of other signaling families, including FGFs and Wnts.

addition, it is likely that Vg1 activity is influenced by factors belonging to other highly conserved polypeptide signaling families, such as Wnts and fibroblast growth factors (FGFs). To date, no gene closely related to Vg1 has been found in mammalian embryos.

Several lines of evidence suggest that the most potent ventralizing factor is BMP4. This role is consistent with the distribution of *Bmp4* transcripts throughout the early gastrula, except in the dorsal lip (Fainsod et al. 1994; Schmidt et al. 1995). It is also compatible with the effects seen when BMP4 activity is either up-regulated by addition of exogenous protein (Koster et al. 1991) or RNA (Dale et al. 1992; Jones et al. 1992), or down-regulated by injection of antisense *Bmp4* RNA (Steinbeisser et al. 1995), or dominant-negative BMP receptor RNA (Hemmati-Brivanlou and Melton 1992; Graff et al. 1994; Harland 1994b; Maeno et al. 1994; Suzuki et al. 1994; Schmidt et al. 1995). Recent studies in which *Bmp4* expression is driven by a promoter activated during early gastrulation show that production of BMP4 at this stage down-regulates organizer-specific genes such as goosecoid, noggin, and Xnot (Jones et al. 1996). This suggests that during gastrulation, dorsalizing signals have to continually work against ventralizing signals that attenuate their activity. Another recently identified BMP family member, Anti-dorsalizing morphogenetic protein (Admp), has ventralizing activity and perhaps surprisingly is expressed in the dorsal lip itself (Moos et al. 1995). It is possible that Admp acts locally to constrain the action of dorsalizing factors, but its mechanism of action and whether it forms heterodimers with other BMPs is presently unknown.

Several secreted proteins produced in the organizer are candidates for dorsalizing factors in vivo. Of these, Xnr1, Xnr2, and Xnr3 are related to mouse Nodal (Jones et al. 1995; Smith et al. 1995) which, as we shall see, has been shown genetically to be required for axial mesoderm formation during gastrulation. Another dorsalizing candidate is Noggin, a secreted protein with no similarity to TGFβ, which is expressed, among other places, in the dorsal lip, notochord, and prechordal plate (Smith and Harland 1992; Smith et al. 1993; Harland 1994b). In a variety of experimental tests in *Xenopus* embryos, Noggin counteracts the effect of BMP4; it is likely that Noggin binds to BMP4 protein directly, blocks its biological activity, and restricts the region over which it can act in vivo (Harland 1994b; Re'em-Kalma et al. 1995). Another dorsalizing protein expressed in the dorsal lip and axial mesoderm is the large, multidomain protein Chordin (Sasai et al. 1994). Biological assays involving injection of mRNAs into *Xenopus* embryos showed that this protein can also counteract the ventralizing effect of BMP4 (Holley et al. 1995). Interestingly, Chordin is related to Sog, the product of a *Drosophila* gene, short gastrulation, which has been shown genetically to counteract the dorsalizing action of Dpp (Francois and Bier 1995). Interspecific hybridization experiments have demonstrated that Chordin counteracts the dorsalizing action of Dpp, and Sog the ventralizing action of BMP4, in *Drosophila* and *Xenopus* embryos, respectively. However, it is currently not known whether this antagonism involves direct protein–protein interaction prior to receptor binding or whether the proteins act through independent receptors.

The conclusion that the counteracting activities of Dpp/BMP4 and Sog/Chordin are apparently conserved between insects and vertebrates has generated substantial interest. It supports the hypothesis that a mechanism for establishing the dorsal–ventral body axis of the embryo evolved in a primitive common ancestor of arthropods and chordates, and that this mechanism was conserved even though the body axes of the two lineages subsequently became inverted relative to each other (for review, see Hogan 1995; De Robertis and Sasai 1996). This raises the interesting possibility that BMP-like proteins were among the first extracellular molecules to be
used for intercellular signaling and organization in multicellular organisms.

In the mouse, genetic analysis has shown that at least two BMP family members are required for gastrulation—**Nodal** and **Bmp4**. **Nodal** is required for node and axial mesoderm formation (Conlon et al. 1991, 1994; Zhou et al. 1993). The gene is initially expressed at low levels throughout the embryonic ectoderm but becomes restricted to the primitive streak at gastrulation. Following formation of the node, expression is localized to ventral cells in a horseshoe around the node and asymmetrically in the lateral plate mesoderm. As will be discussed, there is now evidence that **Nodal** in vertebrates is involved not only in generating axial mesoderm in the anterior-posterior axis, but also in establishing the left-right axis. Indeed, it is likely that the mechanisms for establishing all three axes are tightly interdependent.

**Bmp4** is expressed at low levels in the egg cylinder stage embryo prior to gastrulation and then at higher levels in the posterior primitive streak, amnion, and extraembryonic mesoderm, in the mesoderm around the fore and hindgut, and in the heart (Winnier et al. 1995). The majority of homozygous null **Bmp4** embryos die at or around the time of gastrulation without making embryonic mesoderm, but some do develop up to the early neurula and forelimb bud stage (Winnier et al. 1995). This variability may result from partial rescue by related embryonic or maternal BMPs, an idea supported by the finding that all embryos homozygous for a null mutation in **Bmpr**, which encodes Bmpr-IA, a Type I BMP receptor, die prior to gastrulation (Mishina et al. 1995). The **Bmp4** and **Bmpr** mutant phenotypes suggest very strongly that **Bmp4** is required for the proliferation and/or survival of embryonic ectoderm prior to the onset of gastrulation. This conclusion highlights the link between rapid cell proliferation and the processes of gastrulation and mesoderm formation in the mouse (MacAuley et al. 1993). The phenotype of those **Bmp4** homozygous mutants that survive beyond gastrulation supports the idea that **Bmp4** is needed for the proliferation and/or differentiation of extraembryonic mesoderm, including blood islands in the yolk sac, and posterior mesoderm, including that around the hind gut. The extraembryonic mesoderm deficiency in homozygous mutants is compatible with studies on the effect of **Bmp4** on the differentiation of embryonic stem cells into hematopoietic precursors in vitro (Johansson and Wiles 1995).

Loss-of-function mutations in **Bmp2** have also been generated, and homozygous mutants die around 9.5 days, with defects in the development of the amnion and heart, two tissues in which the gene is expressed at high levels (H.-B. Zhang and A. Bradley, pers. comm.).

**Nodal** and left–right asymmetry

One of the most exciting recent findings concerning **Bmp** family members is that **Nodal** is expressed asymmetrically in the vertebrate embryo, throwing new light on an important but poorly understood phenomenon, the establishment of the left–right axis. The initial observation was made in chick embryos with the nodal-related gene **cNrl** (Levin et al. 1995), which is first expressed symmetrically in the primitive streak and then in two distinct domains, a smaller one on the left of the notochord just anterior of the node, and a much larger one in the anterior lateral mesoderm, also on the left side (see Fig. 5C, below). The smaller domain overlaps with asymmetric expression of **Shh**, and misexpression of **Shh** on the right side of the embryo leads to ectopic **cNrl** expression, suggesting that **Shh** is normally upstream of **cNrl** in the node.

Elegant experiments with a **lacZ** reporter gene inserted into the mouse **Nodal** locus have revealed a transient asymmetry of expression around the node and a second expression domain confined to a subset of lateral plate mesoderm on the left side embryo (Collignon et al. 1996). The **Nodal**–**lacZ** mouse will be a powerful tool for analysis of the genetic interactions with other molecular components specifying body situs in vertebrates.

**BMPs and neural patterning**

BMPs have been implicated in multiple events during the formation of the central and peripheral nervous system, including primary neural induction, dorsal–ventral patterning of the neural tube, regionalization of the brain, eye development, apoptosis, and lineage determination in the peripheral nervous system.

Primarily from work with amphibians, neural induction has long been thought to result from positive signals from the organizer and axial mesoderm that induce ectoderm to adopt a neural fate. However, more recent experiments suggest that competitive interactions between epidermalizing and neuralizing factors govern this process (for review, see Harland 1994a). The prime candidate for the epidermalizing factor is **Bmp4**, possibly working together with **Bmp7**. During neurulation, BMP gene transcripts are lost from the presumptive neural tissue and remain expressed only in the epidermis and in dispersed animal cap cultures, BMP4 induces the formation of epidermal cells at the expense of neural cells (Wilson and Hemmati-Brivanlou 1995). Moreover, dominant-negative forms of BMP4, which cannot be cleaved to give mature protein, as well as dominant-negative BMP receptors, induce neural tissue in *Xenopus* ectoderm (Hawley et al. 1995; Wilson and Hemmati-Brivanlou 1995). Furthermore, Noggin, Chordin, and Follistatin are all thought to induce neural tissue by inhibiting BMP4 activity, either by binding directly to the protein or by competing at the level of receptors (Lamb et al. 1993; Hemmati-Brivanlou et al. 1994; Sasai et al. 1994, 1995). Thus, BMP4 promotes the formation of epidermis, and when signaling is disrupted, ectoderm forms neural tissue. It is still unclear whether limiting BMP activity is sufficient for the formation of neural tissue in vivo, or if positive neuralizing factors, for example, nodal-related proteins, are still necessary. Interestingly, however, these data suggest that the same system of counteracting molecules is used to pattern both the mesoderm and the ectoderm (De Robertis and Sasai 1996). Studies mainly with chick embryos have implicated BMPs in dorsal–ventral patterning of the neural tube.
the chick, both Bmp4 and Bmp7 are expressed in the non-neural ectoderm bordering the neural plate. As the plate rolls up into a tube, transcript levels of both genes decline in the epidermis, except for Bmp7 in the forebrain region. However, high levels of Bmp4 expression are seen in the dorsal neural folds and midline of the neural tube as it closes (Liem et al. 1995). Later, Dorsalin 1 (Dsl1) is expressed along the dorsal midline. A somewhat different pattern is seen in the mouse, in which Bmp2 rather than Bmp4 is initially expressed in the neural folds, at least in the anterior regions (Winnier et al. 1995). After neural tube closure, Bmp4 is expressed in the dorsal midline anteriorly, and Bmp6 along the whole axis [Jones et al. 1991; Y. Furuta and B.L.M. Hogan, unpubl.]. Experiments initially performed with chick spinal cord explants and Dsl1 indicated that the protein could both induce the formation of dorsal cell types, as well as antagonize ventralizing signals from the notochord/floor plate [Basler et al. 1993]. However, more recent experiments have shown that earlier signals from the non-neural ectoderm are important for establishing dorsal identity within the neural tube. These signals induce the formation of neural crest cells, as well as dorsal spinal cord markers such as Wnt1/3a, Pax3, and Msx1/2. The inductive effect of non-neural ectoderm can apparently be mimicked by BMP4 and BMP7, which, at least in the chick, are both expressed at the right time and place to be dorsalizing signals [Dickinson et al. 1995; Liem et al. 1995; for review, see Lumsden and Graham 1995].

It has been suggested that in vivo, BMPs act to inhibit the spread of ventralizing signal[s] from the floorplate throughout the neural tube [Liem et al. 1995]. A variety of experimental observations show that Shh, produced by the notochord and floorplate, is a long-range ventralizing signal for the spinal cord [Roelink et al. 1994, 1995], possibly acting by a ptc-dependent pathway [Goodrich et al. 1996]. In vitro data from chick spinal cord explant cultures suggest that BMP4 and Shh/notochord have mutually antagonistic effects on neural tube patterning [Liem et al. 1995], but it is not yet known whether these results reveal the real roles of the two proteins in normal development. In vivo, for example, the non-neural ectoderm and floorplate are separated by a significant distance. Nevertheless, it is interesting to note that the effect of Shh in the spinal cord is to antagonize the effect of Bmp4, whereas in other tissues Shh has been reported to induce expression of BMPs in neighboring cells.

In addition to an effect on dorsal–ventral patterning of the neural tube, BMP-encoding genes may be involved in regional neural development. Several BMP-encoding genes are expressed in localized regions of the fore and midbrain in the mouse embryo, including Bmp4, Bmp5, Bmp6, and Bmp7 [Jones et al. 1991; King et al. 1994, Dudley et al. 1995, Luo et al. 1995]. However, the domains of expression have not been mapped precisely and, with the exception of Bmp7, neurogenic roles for the genes have not yet been defined. Bmp7 null embryos have severe defects in eye development [Dudley et al. 1995; Luo et al. 1995]. The initial outgrowth of the optic vesicle, formation of the optic cup, and lens induction, all appear to be normal up to around 11.0 dpc but these structures subsequently degenerate, indicating that BMP7 acts to maintain their survival.

Finally, BMP4 has been implicated in regional apoptosis in the nervous system. In the chick embryo, Bmp4 is expressed at high levels in the dorsal region of rhombomeres 3 and 5. These rhombomeres are distinguished by the fact that the cells that normally differentiate into neural crest cells undergo apoptosis. Addition of BMP4 to rhombomere cultures induces Msx2 expression and apoptosis [Graham et al. 1993]. Apoptosis plays a key role in the morphogenesis of other regions of the brain, but it is not yet known whether this apoptosis is mediated by BMP4.

**BMPs and somite patterning**

The paired somites on either side of the neural tube give rise to a variety of differentiated derivatives, the ventral region dispersing to generate the sclerotome, which gives rise to the vertebrae, while the dorsal region produces the dermomyotome, the precursor of both dermis and muscle. There is also mediolateral patterning of the somite, with medial myotome giving rise to axial muscles and lateral myotome producing muscles in the body wall and limbs. Sclerotome cells are induced by notochord- and floorplate-derived signals, such as Shh, whereas more dorsal cells are induced by an as-yet-undefined signal from the overlying non-neural ectoderm [Fan and Tessier-Lavigne 1994; Johnson et al. 1994a; Fan et al. 1995]. Medial patterning, as judged by expression of the myogenic marker, MyoD, is promoted by a signal from the dorsal neural tube, possibly a Wnt family member [Munsterberg et al. 1995], while lateral patterning, inducing expression of the marker Sim1, is effected by a signal from the lateral plate mesoderm, a tissue that expresses high levels of Bmp4 [Cossu et al. 1996; Pourquie et al. 1996, Spence and Erickson 1996]. Recent experiments show that the lateral signal can be mimicked by implanting Bmp4-expressing cells into the embryo between the neural tube and the somite [Pourquie et al. 1996]. The apparent discrepancy in the findings that BMP4 is expressed in the dorsal ectoderm and neural tube (see previous section) but apparently functions as a lateralizing factor for the somite may be explained by differences in the timing at which dorsal–ventral and mediolateral patterning occur.

**BMPs in skeletal development**

Several BMP-encoding genes were first identified on the basis of their ability to induce ectopic endochondral bone. However, surprisingly little is known about the cellular and molecular mechanisms involved either in ectopic or normal bone development. Several mechanisms have been proposed. One is that BMPs act on uncommitted multipotent stem cells to promote their entry into the chondrogenic or osteogenic, rather than myogenic or adipogenic pathways [Yamaguchi et al. 1991; Gimble et al. 1995]. Alternatively, BMPs may stimulate cells committed to the chondrogenic and os-
teogenetic lineages, and promote programmed cell death or transdifferentiation of cells committed to other lineages (Katagiri et al. 1994; Duprez et al. 1996).

Studies on chondroblast or osteoblast cell lines or primary cultures show that BMPs stimulate the expression of markers of the differentiated phenotype (alkaline phosphatase, osteocalcin synthesis, cAMP response to parathyroid hormone, collagen synthesis, formation of cartilage nodules) possibly via induction of Msx genes (for review, see Davidson 1995) but have only modest stimulatory effects on cell proliferation (Vukicevic et al. 1989; Sampath et al. 1992; Thies et al. 1992; Asahina et al. 1993; Harris et al. 1995).

One problem in understanding the role of BMPs in skeletal development is that relatively little information is available on the comparative expression patterns of ligands, receptors, and potential binding proteins in the many different populations of cells involved. As shown in Figure 4 and elsewhere (Yamaji et al. 1994; Luo et al. 1995; Lyons et al. 1995), the temporal and spatial patterns of expression in embryonic mouse forelimbs of Bmp2, Bmp4, and Bmp7 are complex and involve different cell populations at different developmental stages. Insight is likely to come from the generation and cross-breeding of mutant mice with defects in skeletogenesis. For example, analysis of mice with loss-of-function mutations in Bmp5 [short ear (se)] (Kingsley et al. 1992; King et al. 1994) and Gdf5 [brachypodium] (Storm et al. 1994) show that specific subsets of skeletal elements require different BMP family members for normal development.

Limb patterning

The patterning of the limb bud is one of the most intensively studied examples of morphogenesis in vertebrates (Duboule 1994; Johnson et al. 1994b; Tickle 1995). Patterning is generated through a network of reciprocal interactions between four signaling tissues: (1) the dorsal and ventral ectoderm, which largely controls dorsal-ventral patterning; (2) the apical ectodermal ridge (AER), a specialized region of the distal ectoderm that maintains proximal-distal outgrowth of the limb and expresses high levels of FGF4 and FGF8; (3) the progress zone, a region of mesenchyme subjacent to the AER, in which cells proliferate and maintain an undifferentiated state, expressing high levels of Msx1 and Wnt5a; and (4) the zone of polarizing activity (ZPA) in the posterior mesenchyme, which produces Shh as a soluble signal regulating anterior-posterior polarity within the limb bud. Bmp2, Bmp4, and Bmp7 are all expressed in the AER, where they may function in controlling cell proliferation and/or in signaling to the progress zone. In the mesenchyme of the limb, however, these three genes have significantly different patterns of expression, as shown for the mouse embryo in Figure 4. High levels of Bmp4 RNA are seen in the posterior and anterior mesenchyme, and in the progress zone underneath the AER, where expression persists until beyond 13.5 dpc. Later, expression is also seen in the developing joints and the ventral footpads. Bmp2 is first expressed in regions of the posterior mesenchyme, and by 12.5 dpc, high levels of transcripts are seen around the digit rudiments and, later, in the joints and footpads. Bmp7 RNA is first seen diffusely throughout the limb bud mesenchyme and then at high levels around the digit rudiments and in the interdigital mesenchyme, where there is normally a high rate of programmed cell death (Luo et al. 1995; Lyons et al. 1995; Mori et al. 1995). Similar but not identical patterns have been reported for the early chick wing and hind limb (Francis et al. 1994; Laufer et al. 1994; Zou and Niswander 1996).

Experimental embryological studies on the chick wing bud have shown that ectopic ZPA grafts or Shh in the anterior mesenchyme will induce Bmp2 expression in adjacent cells. This response requires FGF produced by the AER. BMP2 may then act as a secondary signaling molecule, playing a role in inducing nested expression of Hoxd11–Hoxd13 in mesenchyme cells (Francis et al. 1994; Laufer et al. 1994). Indeed, recent experiments have shown that ectopic expression of Bmp2 in the anterior mesenchyme induces fgf4 transcripts in the AER and Hoxd13 in the mesenchyme (Duprez et al. 1996). These investigators propose a model for the role of multiple signaling molecules in mediating the interactions between the AER and mesenchyme during limb patterning.

Loss-of-function Bmp2 mutant mice die around 9.5 dpc so that they do not help decipher the role of this factor in mouse limb patterning. In contrast, Bmp7-null mutant mice survive to birth and show unilateral or bi-

![Figure 4](image-url)
lateral hindlimb polydactyly involving the presence of a single extra preaxial (anterior) digit [Dudley et al. 1995; Luo et al. 1995]. The absence of webbing indicates that interdigital cell death occurs normally in the mutant while the polydactyly suggests that Bmp7 normally restricts cell proliferation in the developing limb; in the absence of ligand excessive mesenchyme cells may accumulate, allowing the formation of an extra digit. This hypothesis is supported by the finding that in the chick wing bud, Bmp2 inhibits cell growth in the absence of an AER and counteracts the effect of FGF [Niswander and Martin 1993]. However, it does not adequately explain why polydactyly is only preaxial. An alternative hypothesis is that Bmp7 affects the expression of Hox genes, which are thought to control both cell proliferation and tissue patterning within the limb [Duboule 1994]. Preliminary evidence shows that the expression pattern of Hoxd13 is altered in Bmp7-null mutants [Luo et al. 1995].

Recent experiments in which dominant-negative BMP2/BMP4/BMP7 Type I receptors are expressed in the developing chick hind limb with retroviral vectors support a role for Bmps in regulating the apoptosis that normally occurs between the digits [Zou and Niswander 1996]. The results also suggest that BMPs regulate the differentiation of the surface ectoderm into feathers or scales.

Although we have some clues about BMP function in the vertebrate limb, there is obviously a long way to go before the final story can be told. For example, it seems likely that BMP function is modified by other signaling molecules such as WntZa, which is expressed in the dorsal ectoderm and required for dorsal-ventral limb patterning [Parr and McMahon 1995, Riddle et al. 1995, Yang and Niswander 1995], Wnt5a, which is expressed in the distal mesenchyme and ventral ectoderm (Parr et al. 1993), and FGFs, which are expressed in the early mesenchyme and in the AER. It is interesting to note that in the development of both insect and vertebrate legs many of the signaling molecules used, such as Hh/Shh, Dpp/ Bmp2 and Bmp4, Wg/Wnts, and Engrailed [En/Enl], are closely related. Moreover, in both cases, distal outgrowth is organized from boundary regions where dpp/ Bmp- and wg/Wnt-expressing domains interface (Held 1995). However, although tempting to do so, it is probably too early to draw detailed analogies between the patterning of vertebrate and insect legs.

### BMPs and organogenesis

There is now considerable evidence that BMPs are required for the development of many organs, including the kidney, lung, heart, teeth, gut, and skin. In particular, BMPs may help mediate the inductive interactions between mesenchymal and epithelial cells in these tissues, as well as controlling cell proliferation and apoptosis. Furthermore, in some organs that undergo branching or complex morphogenesis, BMPs are expressed by relatively small groups of cells that may behave as organizing centers.

### Tooth development

During tooth formation, an epithelial placode penetrates into the underlying mesenchyme, which condenses around the plug. The ectodermal bud first forms a cap and then a bell-shaped structure. Subsequently, the mesenchymal papilla differentiates into an epithelial layer (the future odontoblasts) in apposition with the overlying ectoderm (the future ameloblasts). Gene expression patterns [Vainio et al. 1993, Bitgood and McMahon 1995, Vaahokari et al. 1996a] and the effect of purified protein in vitro [Vainio et al. 1993] have implicated BMPs at several different stages in tooth development, in cell proliferation, apoptosis, epithelial–mesenchymal interactions, and differentiation. At the bud and cap stages, cells which express Shh, Bmp2, Bmp4, Bmp7, and FGF4 are tightly localized in nested domains in a central region of the ectodermal epithelium known as the enamel knot [Vaahokari et al. 1996a] [Fig. 5B]. Moreover, the cells in the knot have a significantly slower rate of proliferation than the surrounding epithelium. It has been suggested that the enamel knot is an organizing center for the tooth and plays a crucial role in the morphogenesis from the cap to the bell stage by locally controlling cell proliferation. The precise role of BMPs in the enamel knot

### Kidney development

Many BMPs are expressed in the embryonic kidney and urinary system (Bmp3, Bmp4, Bmp5, Bmp6, Bmp7, and gdf11) [King et al. 1994, Bitgood and McMahon 1995, Dudley et al. 1995; Luo et al. 1995]. Genetic evidence demonstrates a role for Bmp5 in ureter development [King et al. 1994] and Bmp7 in nephrogenesis [Dudley et al. 1995; Luo et al. 1995]. Development of the metanephric kidney is initiated by the growth of the ureteric bud into the metanephric mesenchyme. Reciprocal interactions between the two tissues result in the branching of the ureteric bud and the formation of distal condensations of mesenchymal cells that then differentiate into epithelial structures. Bmp7 is first expressed in the metanephric duct and later in the nephrogenic mesenchyme, the condensing aggregates, the epithelial tubules, and the podocytes of the glomeruli [Fig. 5A]. Mice homozygous for a null mutation in Bmp7 die soon after birth because of renal failure. Kidney development is essentially normal until around 14.5 dpc, but then branching of the ureteric epithelium, formation of mesenchymal condensations, and differentiation of epithelial structures, all tissues in which Bmp7 is expressed, all cease. The mutant kidneys suffer massive apoptosis of the disorganized, uninduced mesenchymal cells [Luo et al. 1995] showing that Bmp7 is necessary for their continued proliferation, differentiation, and survival. However, the precise reason for this death, and why inductive interactions can proceed for a while before ceasing, are still unclear. It is possible that other BMPs expressed in the developing kidney compensate for the absence of Bmp7 early in development but cannot suffice as the number of end buds increases.
BMPs in embryonic development

The lung develops from a bud of foregut endoderm surrounded by splanchnic mesoderm, and tissue reconstitution experiments have demonstrated critical interactions between these two cell layers for normal branching morphogenesis. Transcripts for Bmp4, Bmp5, and Bmp7 have been detected in specific patterns in the embryonic lung (King et al. 1994; Bitgood and McMahon 1995; Bellusci et al. 1996). Interestingly, Bmp4 RNA is restricted to the tips of the distal buds and the adjacent mesenchyme (Fig. 5). If Bmp4 is ectopically expressed throughout the distal epithelium of the lung buds in transgenic embryos, branching morphogenesis is severely disrupted, resulting in the formation of large, dilated sacs (Bellusci et al. 1996). Proliferation of the endoderm is also inhibited, whereas that of the mesenchyme is stimulated. These observations support a model for normal development in which Bmp4 expression at the tips of the lung buds locally inhibits endoderm proliferation and forces outgrowth of lateral branches. This model is similar to that proposed for the role of BMPs in the enamel knot of the tooth bud. The relationship between BMP4 in the lung and other signaling molecules, in particular Shh, which is also expressed at high levels in the distal epithelium, remains to be seen.

Gut development

The gut develops ventrally from an endodermal tube surrounded by splanchnic mesoderm, and tissue reconstitution experiments have provided extensive evidence for reciprocal inductive interactions between these two layers. In both early chick and mouse embryos Shh is expressed at high levels in the endoderm of the fore- and hindgut and Bmp4 is expressed at high levels in the surrounding mesoderm (Jones et al. 1991; Echelard et al. 1993; Roberts et al. 1995; Winnier et al. 1995). Later in development, localized expression of Shh and Ihh and Bmp4 (Bitgood and McMahon 1995) is seen in regions of the gut such as the stomach. Studies with the chick embryo have shown that ectopic expression of Shh in the endoderm (and mesoderm) anterior of the hindgut, induces Bmp4 transcripts in the surrounding splanchnic mesoderm. Ectopic Shh also induces Hoxd13 expression in the adjacent mesoderm, although it is not known whether Bmp4 acts as a secondary signal in this induction. If this proves to be the case, it would support an interesting analogy that has been made (Roberts et al. 1995) between hindgut patterning in vertebrates and midgut patterning in Drosophila, where Dpp mediates inductive interactions between mesoderm and endoderm, resulting in the activation of the homeo box gene labial.

Other organs and tissues

BMPs are expressed in many organs and tissues besides those discussed above, including skin and hair, and the
germ cells of the ovary and testis. Overexpression of Bmp4 in the outer root sheath of the hair in transgenic mice results in inhibition of proliferation in the hair sheath and hair loss (Blessing et al. 1993) and a block in papilloma formation in response to chemical carcinogen treatment and promotion (Blessing et al. 1995). The relationship between BMP and Shh expression in the hair is not yet clear (Bitgood and McMahon 1995). Growth and Differentiation Factor 9 (Gdf9) is expressed specifically in oocytes in the ovary (McGrath et al. 1995), and Bmp8a and Bmp8b are expressed in the germ cells of the testis (Zhao and Hogan 1996). Inactivation of the Bmp8b gene leads to defects in spermatogenesis and to male infertility (Zhao et al., this issue).

Future direction for BMP research

Because members of the BMP superfamily are required for the development of a wide range of organs and tissues, there is enormous incentive to understanding precisely how they function. Within a few years loss-of-function mutations in all of the genes encoding ligands, receptors, and presumptive binding proteins should be generated in mice, and their individual phenotypes should provide a wealth of information. In particular, the generation of compound mutants, or the replacement of one gene by another through knock-in techniques (Hanks et al. 1995), should throw light on interactions between different factors and the extent to which one BMP functionally replaces another. Expression of ligands and dominant-negative receptors in specific tissues in transgenic mice will also be an important tool. It is also vital to learn more about the role of extracellular binding proteins and matrix components in controlling the availability of BMPs, and whether heterodimers have significantly different activities from homodimers in vivo.

Some of the biggest gaps in our present knowledge relate to the mechanisms regulating the expression of Bmp genes in vivo and the downstream signal transduction pathways leading from the BMP receptors at the cell surface to the activation of specific genetic programs in the nucleus. In addition, it will be interesting to see how combinations of different cytokines, for example members of the TGFβ, Wnt, FGF, and Hh superfamilies, can affect the fate of individual cells. But perhaps the greatest need is for more information about how combinations of these signaling molecules are used to organize patterns in embryonic tissues. Extensive studies in Drosophila have shown that boundaries between cellular domains expressing different signaling molecules play key roles in establishing and refining patterns of differential cell fate in the embryo. It will be exciting to see whether similar boundaries are important as organizing centers in vertebrate morphogenesis.

Acknowledgments

I thank members of my laboratory and Drs. Christopher Wright, Elizabeth Robertson, Mary Dickinson, and Karen Lyons for constructive and critical comments, and stimulating discussions. Many colleagues helpfully provided reprints, and preprints of their work. Thanks also go to Drs. Vicki Rosen and Anthony Celeste, Genetics Institute, for help with Figure 1, to Glenn Winner, Andrew Dudley, Elizabeth Robertson, and Cliff Tabin for figures, and to Julie Kopioe and Paul Matrisian for help with preparing the manuscript. B.L.M.H. is an Investigator of the Howard Hughes Medical Institute.

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*Genes Dev.* 1996, 10:
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