Allelopathic potential and cytostatic activity of Antarctic moss *Sanionia georgicouncinata* (Amblystegiaceae)

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From the first half of the XX century, the maritime Antarctic was a region with high regional warming rates. At the beginning of the XXI century, regional warming strongly slowed down, but during the next twenty years the near-surface temperatures and mean annual precipitation at the Antarctic Peninsula will most probably increase. Higher temperatures and precipitation make the conditions in the maritime Antarctic more favourable for plants, including invasive species. Moreover, the increasing number of Antarctic tourists unintentionally transport thousands of seeds to the Antarctic on their clothes and equipment. In such circumstances, it is important to evaluate possible defensive mechanisms of native plant species, including their allelopathic potential. The objective of this study was to evaluate the allelopathic potential and cytostatic activity of *Sanionia georgicouncinata*. This species is widespread in the maritime Antarctic and is one of the most abundant moss species on the Argentinian Islands (Wilhelm Archipelago). Seeds of *Cucumis sativus*, *Raphanus raphanistrum subsp. sativus*, *wheat Triticum vulgare*, and amaranth *Amaranthus paniculatus* were used as bioassay species. Fresh green biomass of *S. georgicouncinata* was used to prepare aqueous extracts with 1 : 10, 1 : 50, and 1 : 100 plant to water ratios. The average root length of wheat sprouts and cucumber sprouts in distilled water did not differ significantly from those in plant extracts. The root length of red clover sprouts in 1 : 50 plant extract was significantly shorter than in distilled water. Meanwhile, in 1 : 50 and 1 : 100 water extracts, roots of amaranth plants were significantly longer than in water. The number of lateral roots of cucumber sprouts in water and studied aqueous extracts varied from 1 to 6 with medians from 3 to 4. The medians of control (distilled water) and sample groups (aqueous extracts) did not differ significantly, but only 38.1 ± 6.1% of cucumber sprouts developed lateral roots in the 1 : 10 aqueous extract of *S. georgicouncinata*, and even less – 28.3 ± 7.5% in the 1 : 50 aqueous extract. The results of this study show that the allelopathic potential of *S. georgicouncinata* is low. However, a significant cytostatic activity of the studied extracts shows that this species may still affect other plants and animals. Further research is needed to evaluate the impact of the studied extracts on root growth and germination of the invasive plants, particularly *Poa annua*.

Keywords: bioassay; allelopathy; maritime Antarctic; Argentinian Islands; test plant; root growth.

Introduction

At the end of the XX century, the Antarctic Peninsula and the surrounding islands were the regions with the highest rates of mean temperature increase on the planet (Vaughan et al., 2003). Although, at the beginning of the XXI century, regional warming strongly slowed down, but during the twenty years the near-surface temperatures and mean annual precipitation at the Antarctic Peninsula will most probably increase. Higher temperatures and precipitation make the conditions in the maritime Antarctic more favourable for plants, including invasive species. Moreover, the increasing number of Antarctic tourists unintentionally transport thousands of seeds to the Antarctic on their clothes and equipment. In such circumstances, it is important to evaluate possible defensive mechanisms of native plant species, including their allelopathic potential. The objective of this study was to evaluate the allelopathic potential and cytostatic activity of *Sanionia georgicouncinata*. This species is widespread in the maritime Antarctic and is one of the most abundant moss species on the Argentinian Islands (Wilhelm Archipelago). Seeds of *Cucumis sativus*, *Raphanus raphanistrum subsp. sativus*, *wheat Triticum vulgare*, and amaranth *Amaranthus paniculatus* were used as bioassay species. Fresh green biomass of *S. georgicouncinata* was used to prepare aqueous extracts with 1 : 10, 1 : 50, and 1 : 100 plant to water ratios. The average root length of wheat sprouts and cucumber sprouts in distilled water did not differ significantly from those in plant extracts. The root length of red clover sprouts in 1 : 50 plant extract was significantly shorter than in distilled water. Meanwhile, in 1 : 50 and 1 : 100 water extracts, roots of amaranth plants were significantly longer than in water. The number of lateral roots of cucumber sprouts in water and studied aqueous extracts varied from 1 to 6 with medians from 3 to 4. The medians of control (distilled water) and sample groups (aqueous extracts) did not differ significantly, but only 38.1 ± 6.1% of cucumber sprouts developed lateral roots in the 1 : 10 aqueous extract of *S. georgicouncinata*, and even less – 28.3 ± 7.5% in the 1 : 50 aqueous extract. The results of this study show that the allelopathic potential of *S. georgicouncinata* is low. However, a significant cytostatic activity of the studied extracts shows that this species may still affect other plants and animals. Further research is needed to evaluate the impact of the studied extracts on root growth and germination of the invasive plants, particularly *Poa annua*.
The objective of this study was to evaluate the allelopathic potential and cytostatic activity of Sanionia georgicouncinata (Müll. Hal.) Ochyra. This species is widespread in the maritime Antarctic and is one of the most abundant moss species on the Argentine Islands (Wilhelm Archipelago). Pamkou et al. (2016) define the moss carpet communities which include Brachytesium astrosalebrosum (Müll. Hal.) Kindt., Sanionia uncinata (Hedw.) Loeske, and S. georgicouncinata as typical for the Argentine Islands. There is information about the possible allelopathic activity of this species regarding its positive impact on the growth of D. antarctica (Casanova-Katny & Cavieras, 2012). Also, Ivanova et al. (2007) isolated two cinnamoyl bibenzyls from S. georgicouncinata, identified as sanionin A and sanionin B with antibacterial activity and weak cytotoxicity. Therefore, we expected this species to have moderate to high allelopathic activity, which may be a defensive mechanism against alien plant species, including possible invaders.

Materials and methods

Soil samples with native plant species were taken in 2016 in the vicinity of Akademik Vernadsky Station (Fig. 1) on Galindez Island and Skua Island (Argentine Islands, Wilhelm Archipelago). Sampling locations had different vegetation, but at many of them S. georgicouncinata was either one of the dominant species or a part of moss carpets that consisted of several moss species and sometimes included D. antarctica (Fig. 2a). For this study, the samples of plants with soil were placed in plastic containers, sealed, and transported to the laboratory in Ukraine. During transportation, the sealed containers were opened once every two days and sprayed with distilled water if necessary. All the samples were stabilized at 5 °C for three days and then used for further research.

![Map of the Antarctic Peninsula with the Argentine Islands (inset) indicating sampling locations](image)

**Fig. 1.** Map of the Antarctic Peninsula with the Argentine Islands (inset) indicating sampling locations

After the plants had arrived, we sampled fresh green biomass to evaluate the content of pigments before putting the plants into the growing chamber. The spectral determination of chlorophylls a and b, and total carotenoids in DMISO was performed according to the recommendations of Wellburn (1994). Content of pigments may affect the allelopathic activity of the plant extracts. Therefore, it should be as close as possible to in situ conditions. Unfortunately, it was impossible to evaluate the content of the pigments in the Antarctic at the station immediately after sampling. Therefore, we had no other option but to determine chlorophylls and carotenoids right after the plants had arrived and then once again after 10 days. Such a period was chosen because it took approximately 10 days from sampling the plants with soil in the Antarctic till the samples arrived in the laboratory.

Allelopathic activity of plant extracts was studied following the recommendations of Grodzinsky (1987). Briefly, for each test 500 mg of fresh green biomass of S. georgicouncinata (Fig. 2) were rinsed in distilled water for one minute and placed into a 100 mL conical flask. 5, 25, and 50 mL of distilled water were added to the flasks to obtain extracts with 1:10, 1:50, and 1:100 plant biomass to water ratios. The flasks were shaken 30 minutes on the orbital shaker and then placed into a thermostat at 4 °C for 12 hours. The electrical conductivity and pH of the extracts were determined with S47 SevenMulti (Mettler Toledo, USA). Seeds of cucumber Cucumis sativus, radish Raphanus raphanistrum subsp. sativus (L.)omin, wheat Triticum vulgare L., and amaranth Amaranthus paniculatus L. were used as bioassay species. Previously we noticed that rates of germination and root elongation for cucumber sprouts strongly depend on the cultivar and age of the seed. In this study seeds of the Konkurent cultivar were used. Seeds of all bioassay species were soaked overnight in distilled water and then placed on filter paper soaked in distilled water. In approximately 12 hours, when the first roots appeared, seeds with roots of similar length were used in the following stages of the study. For each bioassay, five separate Petri dishes were used. 10 seeds of each bioassay species were placed in a Petri dish on a dry filter paper. 5 mL of distilled water were added to the flasks to obtain extracts with 1:10, 1:10, 1:50, and 1:100 plant extracts were added to separate Petri dishes. Petri dishes were covered to reduce evaporation and placed into the thermostat at 27 °C. After 24 hours, we removed the sprouts, covered the roots with a cover glass, and took photos of the sprouts. Sprout length was measured in Imagej2 (Rueden et al., 2017). The cytostatic activity of the studied extracts was determined following the recommendation of Ivanov (2011). Briefly, two-day-old cucumber sprouts were placed in Petri dishes on filter paper, that was moistened either with distilled water (control) or plant extracts. The next day, the number of lateral roots was counted. The cytostatics are known to stop the emergence of lateral roots by slowing plant growth. After the plants had arrived, we sampled fresh green biomass to evaluate the content of pigments before putting the plants into the growing chamber. The spectral determination of chlorophylls a and b, and total carotenoids in DMISO was performed according to the recommendations of Wellburn (1994). Content of pigments may affect the allelopathic activity of the plant extracts. Therefore, it should be as close as possible to in situ conditions. Unfortunately, it was impossible to evaluate the content of the pigments in the Antarctic at the station immediately after sampling. Therefore, we had no other option but to determine chlorophylls and carotenoids right after the plants had arrived and then once again after 10 days. Such a period was chosen because it took approximately 10 days from sampling the plants with soil in the Antarctic till the samples arrived in the laboratory.

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![Sampling plot on Skua Island](image)

**Fig. 2.** Sampling plot on Skua Island: moss carpet with Sanionia georgicouncinata and Deschampsia antarctica (a), and S. georgicouncinata in the growing chamber before sampling green biomass (b)
Ministat 19 (Ministat LLC, USA) was used to build the boxplots and to evaluate the difference between the medians of the control samples (water) and test samples (1 : 10, 1 : 50, and 1 : 100 extracts). The Mann-Whitney test was used to determine whether the difference in medians of control and study groups is statistically significant (P < 0.05). Data is presented as an arithmetic mean with standard deviation (x ± SD).

**Results**

Content of chlorophyll a, chlorophyll b, and total carotenoids in fresh green biomass of *Sanionia georgicouncinata* was determined in the plants immediately after they arrived in the lab and then ten days later, after the incubation in the growing chamber at 5°C (Table 1). No significant differences in the content of chlorophylls and carotenoids were found before and after incubation.

Table 1

| Treatments | Chlorophyll a, mg/g dry weight | Chlorophyll b, mg/g dry weight | Total chlorophyll, mg/g dry weight | Total carotenoids, mg/g dry weight |
|------------|-------------------------------|-------------------------------|-----------------------------------|----------------------------------|
| Before incubation | 1.30 ± 0.38                  | 2.37 ± 0.68              | 3.67 ± 0.93                      | 6.62 ± 0.17                      |
| After incubation  | 1.13 ± 0.24                   | 2.54 ± 0.42              | 3.21 ± 0.54                      | 5.51 ± 0.11                      |

Note: no significant differences were found according to the Mann-Whitney statistics.

The first extracts were prepared with fresh samples of plant biomass that were not rinsed in the distilled water. The electrical conductivity of the distilled water was 5.03 ± 0.14 µScm (n = 5). The electrical conductivity of the plant extracts was 71.85, 118.25, and 480.5 µScm for 1 : 100, 1 : 50, and 1 : 10 extracts respectively (n = 1). During the transportation from the Antarctic, the plants were watered with distilled water, dispersed from a water sprayer. We considered it enough to wash the possible residues that could accumulate on the plants with aerosols from the seawater. Unfortunately, high values of electrical conductivity of the obtained extracts showed that most probably some of the salts were left on the plants and biased the results. For all the further experiments, the plants were rinsed in distilled water for one minute. Electrical conductivity of the newly prepared extracts (Table 2) was much lower: 23.50, 42.05, and 172.8 µScm in 1 : 100, 1 : 50, and 1 : 10 extracts respectively (n = 5). The pH of the distilled water was 5.92. The acidity of the plant extracts was considerably higher: pH values varied from 4.08 to 4.21 in the most diluted 1 : 100 extract and from 3.75 to 3.91 in the most concentrated one (1 : 10). Interestingly, while the electrical conductivity of the extracts strongly decreased with dilution, the pH values of all the extracts were comparable and varied in a quite narrow range from 3.75 to 4.21.

Table 2

| Treatments | EC, µScm | pH  | minimum | maximum |
|------------|---------|-----|---------|---------|
| water      | 5.03 ± 0.14 | 5.92 | 6.05     | 5.91     |
| 1 : 100    | 23.50 ± 13.24 | 4.11 | 4.21     | 4.08     |
| 1 : 50     | 42.05 ± 11.07 | 4.07 | 4.07     | 4.02     |
| 1 : 10     | 172.8 ± 24.11 | 3.89 | 3.91     | 3.75     |

Note: electrical conductivity and pH of all the studied extracts differed significantly (P < 0.01) from the control (distilled water) according to the Mann-Whitney statistics.

The results of our preliminary study show that the allelopathic activity of *S. georgicouncinata* is low (Fig. 3). The average root length of wheat sprouts in distilled water was 20.81 ± 6.88 mm. Root length in the studied 1 : 10, 1 : 50, and 1 : 100 extracts was 21.55 ± 1.70, 24.84 ± 4.32, and 22.75 ± 4.68 mm. Root length in none of the studied extracts differed significantly from those in distilled water. The lowest p-value (W = 232, P = 0.006) was found for the pair distilled water – 1 : 50 plant extract, although the observed difference still was not significant.

![Fig. 3. Root length of wheat sprouts (a), cucumber sprouts (b), radish sprouts (c), and amaranth sprouts (d) in distilled water and aqueous extracts of *Sanionia georgicouncinata*: the median is represented by the line with a rhombus in the interquartile range box; the whiskers show the ranges for the bottom 25% and the top 25% of the data values, excluding the outliers; asterisks identify the extracts, where root length significantly (P < 0.05) differed from the control (distilled water) according to the Mann-Whitney statistics (n = 20).](image)

The length of the main roots of cucumber sprouts in distilled water was 27.5 ± 4.73 mm. In 1 : 10, 1 : 50, and 1 : 100 aqueous plant extracts it was 28.95 ± 5.80, 29.16 ± 4.17, and 26.65 ± 6.53 mm. Root length in distilled water did not differ significantly (P > 0.05) from those in plant extracts and the P-value varied from 0.37 to 0.81.

We have found that the root length of radish sprouts in distilled water and 1 : 10, as well as 1 : 100 plant extracts, differed insignificantly. However, root length in 1 : 50 plant extract was significantly (P = 0.036, W = 388) shorter than in the distilled water (Fig. 3c). The last species that we used in this study was amaranth. Root length of amaranth sprouts in dis-
tilled water and 1 : 10 plant extract differed insignificantly (P = 0.102, W = 349). However, in 1 : 50 (P = 0.002, W = 316.5) and 1 : 100 (P = 0.019, W = 322.5) water extracts, roots of amaranth plants were significantly longer than in the distilled water (Fig. 3d).

Although the phytotoxicity of the studied extracts was relatively low, noticeable cytostatic activity was found in 1 : 10 and 1 : 50 extracts (Fig. 4). Only 38.1 ± 6.1% of cucumber sprouts developed lateral roots in the 1 : 10 aqueous extract of S. georgicouncinata, and even less – 28.3 ± 7.5% in the 1 : 50 aqueous extract.

The number of lateral roots in water and studied aqueous extracts varied from 1 to 6 with medians from 3 to 4. The medians of control (distilled water) and sample groups (aqueous extracts) did not differ significantly (P > 0.05) according to the Mann-Whitney statistics. Moreover, the emergence of lateral roots did not approach the root tip as it should be if root elongation was slowed down. The shorter lateral roots numbered 3, 4, and 5 appeared about ten hours after the longer roots numbered 1 and 2 (Fig. 5). The distance between these older and newly emerged roots was short, just several millimeters. We observed such a trend for distilled water and all the studied plant extracts.

Discussion

The content of pigments in the studied plants of S. georgicouncinata before and after ten-day incubation did not change significantly. Although we tried to create the temperature and light conditions as close as possible to those in situ, there definitely was a difference. The fact that the content of chlorophylls and carotenoids did not change significantly (P > 0.05) according to the Mann-Whitney statistics. Moreover, the emergence of lateral roots did not approach the root tip as it should be if root elongation was slowed down. The shorter lateral roots numbered 3, 4, and 5 appeared about ten hours after the longer roots numbered 1 and 2 (Fig. 5). The distance between these older and newly emerged roots was short, just several millimeters. We observed such a trend for distilled water and all the studied plant extracts.

Wheat sprouts usually are relatively tolerant to allelochemicals (Grodzinsky, 1987; Moroz, 1990) and were used in this study, because we expected the allelopathic activity of S. georgicouncinata to be much higher than it was observed. Cucumber sprouts usually are a more sensitive bioassay compared to wheat and are sometimes used after the wheat to evaluate the allelopathic activity of plants with low to moderate allelopathic potential (Munzurglu & Geckil, 2002). Also, cucumber is widely used in some seed germination and root elongation tests (Wang, 1991; Wang et al., 2001). The fact that we did not observe statistically significant differences for wheat and cucumber sprouts suggests that the allelopathic activity of the studied plant extracts is low. At least it was low enough not to inhibit the growth of the primary root. The third bioassay we used in this study was radish sprouts. According to Aliotta et al. (1993), radish germination and root growth are strongly inhibited by a number of allelochemicals, including coumarin and phenylpropanoids. If so, the strongest inhibition should be observed in 1 : 10 and 1 : 50 plant extracts, but it was found for 1 : 50 plant extract only. Although, it remains unclear why the 1 : 50 plant extract was phytotoxic and the extract 1 : 10 was not, one of the reasonable explanations may be the low solubility of certain allelochemicals in aqueous extracts. Whitehead et al. (2018) suggested that water might not be an adequate extractant for allelochemicals from the mosses, because most of such substances are lipophilic. Due to very low solubility in water, it may happen that 1 : 10 aqueous plant extracts did not contain enough molecules of those substances that cause phytotoxic effect. However, future studies are needed to verify this hypothesis.

In our study, the amaranth sprouts reacted differently in comparison to the previously mentioned bioassays. Although amaranth plants are known for high allelopathic activity (Pimlslo & Du Plooy, 2018), they are also used as a quite sensitive bioassay species to evaluate the allelopathic activity of other plants. For example, Sangetha & Baskar (2015) reported that Helianthus annuus L., Ageratum conyzoides L., and Fagopyrum esculentum Moench strongly inhibited the growth of amaranth plants. However, in our study, we observed the opposite – aqueous extracts of S. georgicouncinata stimulated root growth of amaranth sprouts. We tend to explain the observed reaction by the hormesis phenomenon. As it was previously showed by Hadacek et al. (2011), a high concentration of allelochemicals may be phytotoxic, while a low concentration of the same substances – stimulating.

Finally, the significant cytostatic activity of the aqueous extracts of S. georgicouncinata was observed in this study. Ivanov (2011, p. 1087) pointed out that “Cytostatics stop the emergence of lateral roots, whereas highly toxic substances strongly inhibit the growth of the primary root but do not stop the emergence of lateral roots”. When phytotoxic and cytostatic activities are observed simultaneously, most of the lateral roots are located close to the root tip. In our study, the length of the main root was not affected by the plant extracts. Therefore, they showed insignificant phytotoxic activity, but noticeable cytostatic activity. In theory, significant

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cytostatic activity may affect the root development of other plants, includ-
ing invasive species. Moreover, cytostatic substances may affect not only plants but animals as well. In this context, the microarthropod community of moss-turf habitats, which is well studied on the Argentine Islands (Ca-
ruso et al., 2013) may be a suitable object for future research.

Further research should study whether or not those extracts that had cytostatic activity affect root development of certain invasive plant species, particularly Poa annua. Kovar et al. (2013) reported that certain turfgrass species affect germination, initial growth, and root development of P. annua. There is no information about the impact of bryophytes on this invasive species. This data is important, especially for the Antarctic, to develop adequate management plans for the territories affected or poten-
tially affected by invasive plant species. Although none of the invasive plant species has been found on Argentine Islands yet, there is a decent possibility of such invasions in the nearest future. Fowbert & Lewis Smith (1994) reported rapid population increases in native vascular plants in the Antarctic Islands between 1964 and 1990, which means that conditions for higher plants there became more favourable.

Conclusions

During this research, we used four bioassays and three different concent-
trations of plant extracts for each of them. Among these twelve groups,
only one – 1 : 50 extract of fresh biomass of Sanionia georgicauncinata inhibited root growth of radish and two extracts (1 : 50 and 1 : 100) stimu-
lated the root growth of amaranth sprouts. These results show that the
allelopathic potential of S. georgicauncinata is low. However, a significant cytostatic activity of the studied extracts may still affect other plant and animal species, including invasive. Further research is needed to evaluate the impact of the studied aqueous extracts on root growth and germination of the invasive plants, particularly P. annua.

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