Antioxidant Activity and Assessment of Total Phenolic and Flavonoid Contents of Caesalpinia pulcherrima leaf Extract and Fractions

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Abstract
Oxidative stress has been shown to play an important role in the development of many diseases. Indeed, the increase in total antioxidant status is imperative in the recuperation from these diseases. The antioxidant activity, total phenolic and flavonoid contents of Caesalpinia pulcherrima leaves were determined in this study. The powdered dried leaves of C. pulcherrima were screened for their effect on 2,2-diphenyl-1-picrylhydrazyl radical (DPPH). Total phenolic and flavonoid contents of the extract and fractions were estimated using established methods. Concentrations of the plant extracts required for 50% inhibition of DPPH radical scavenging effect (IC₅₀) were recorded as 3.20, 48.11, 33.12, 9.15, 27.26, 17.90, 272.18 and 55.51μg/ml for Ascorbic acid, 100% n-hexane, 50% n-hexane: 50% ethyl acetate, 100% ethyl acetate, 50% ethyl acetate:50% methanol, 100% methanol, 90% methanol:10% water fractions and crude extract, respectively. Total phenolic and flavonoid contents were highest for 100% ethyl acetate fraction. The leaf extract and fractions of C. pulcherrima exhibited notable radical scavenging activity and therefore corroborate its use as a natural plant antioxidant by preventing free radical damage.

Keywords: Caesalpinia pulcherrima, total phenolics, total flavonoids, antioxidant activity

INTRODUCTION
Therapeutic plants have been used as long-established treatments for numerous human diseases for many decades [1]. The medicinal attribute of different plants is due to the active phytochemicals present in different parts of the plant [2]. Medicinal plants continue to be an important therapeutic aid for the sicknesses of man. The search for divine health, long-life and for remedies to relieve pain and discomfort drove early man for the exploration of his immediate surroundings and resulted in the use of many plants, animal products, and minerals, etc. and the development of a variety of therapeutic agents. Today, there is a renewed interest in traditional medicine and an increasing demand for more drugs from plant sources. This revival of interest in plant-derived drugs is mainly due to the current widespread belief that “greenmedicine” is safe and more dependable than the costly synthetic drugs, many of which have adverse side effects. Nature has bestowed upon us a very rich botanicals and a large number of diverse types of plants grow wild in different parts of our country.

Free radicals such as reactive oxygen and reactive nitrogen species (ROS and RNS) are usually generated during cellular metabolism and by exogenous means [3]. Apart from their importance in maintaining the redox status, cellular signalling and immune adjustment [4], they are well known for their detrimental effects on cellular biomolecules such as DNA destruction, tissue wound, protein mortification [5,6]. Antioxidants aid in destroying these free radicals as well as the oxidative reactions they initiate thereby preventing cell destruction which may occur because of these oxidative reactions [3]. Plants represent a wealthy basis of natural antioxidant that can be used to avoid these oxidative mutilations [7].

Caesalpinia pulcherrima is a species of flowering plant in the pea family; Fabaceae that is native to the tropics and subtropics of America. There are various medicinal importance of C. pulcherrima based on its different parts such as treatment of fever, jaundice, malaria and gastrointestinal disorders. It has also been found to possess antioxidant, anti-inflammatory and analgesic properties as well as prevention of chronic rheumatic disorder [8,9]. Many compounds have been isolated from different parts of the plant, including pulcherrin A, pulcherrin B, pulcherrimin A, pulcherrimin B, pulcherrimin C and many other cassane–type diterpenoids [10].
MATERIALS AND METHODS
Collection and preparation of plant materials
The fresh leaves of *C. pulcherrima* were collected in University of Benin, Benin City. The plant sample was authenticated at the Forestry Research Institute of Nigeria (FRIN), Ibadan with UCC voucher specimen number FHI 109969

Extraction of Plant Sample
Five Hundred grammes (500 g) of the leaves of *C. pulcherrima* were macerated in 3 litres of methanol for four days. The extract was filtered using Whatman’s (No. 1) filter paper and the filtrate concentrated to dryness in vacuum at 40°C using rotary evaporator. VLC was employed for the fractionation of the extract.

Estimation of antioxidant activity
The scavenging effect of the crude methanol extract of *C. pulcherrima* leaf on DPPH radical was determined using the method described by Kim et al. [11]. A solution of 0.1 mM DPPH in methanol was prepared, and 1.0 ml of this solution was mixed with 3.0 ml of extract in methanol containing 0.001-0.1 mg/ml of the extract. The reaction mixture was vortexed thoroughly and left in the dark at room temperature for 30 minutes. The absorbance of the mixture was measured at 517 nm using a visible spectrophotometer (spectrum lab 23A, china). Ascorbic acid was used as a reference standard. The ability to scavenge DPPH radical was calculated by the following equation:

\[
\text{DPPH radical scavenging activity (\%)} = \left( \frac{A_0 - A_1}{A_0} \right) \times 100
\]

Where:

- \(A_0\) is the absorbance of DPPH radical in methanol
- \(A_1\) is the absorbance of DPPH radical + sample extract/standard in methanol.

The 50% inhibitory concentration value (IC\(_{50}\)) was determined by an exponential equation to match data into the concentration-response.

Determination of total phenolic content
The total phenolic content of the extract and fractions were determined according to the method described by Ebrahimzadeh et al. [12]. The extract solution (0.5 ml) of concentration 1 mg/ml was mixed with 1.5 ml of methanol, 0.1 ml of 10% aluminium chloride, 0.1 ml of 1 M potassium acetate and 2.8 ml of distilled water. The mixture was left to stand at room temperature for 30 minutes. The absorbance was thereafter measured at 750 nm using a spectrophotometer. The standard curve was prepared using gallic acid at concentrations of 12.5, 25, 50, 75, 100, and 150 μg ml\(^{-1}\). The total phenolic content was expressed as milligrams of gallic acid equivalents (GAE) per gram of extract (mg GAE/g extract).

Determination of total flavonoid content
The total flavonoid contents of extracts and fractions were determined according to the method described by Siddique et al. [13]. The extract solution (0.5 ml) of concentration 1 mg/ml was mixed with 1.5 ml of methanol, 0.1 ml of 10% aluminium chloride, 0.1 ml of 1 M potassium acetate and 2.8 ml of distilled water. The mixture was left to stand at room temperature for 30 minutes. The absorbance was thereafter measured at 415 nm using a spectrometer. The standard curve was prepared using quercetin at concentrations of 12.5, 25, 50, 75, 100 μg ml\(^{-1}\). The total flavonoid content was expressed as milligrams quercetin equivalents (QE) per gram of extract (mg QE/g extract).

Statistical analysis
The statistical significance between antioxidant activity values of the extracts was evaluated by analysis of variance (ANOVA) followed by Dunnett's test. P values less than 0.05 were considered to be statistically significant [14]. The experiments were carried out in triplicates unless otherwise specified. The test was carried out for statistical analysis and results are presented as mean ± standard error of the mean (Mean ± SEM).

RESULTS AND DISCUSSION
The results of the vacuum liquid chromatography revealed that 50% ethyl acetate: 50% methanol had the highest percentage yield of 51.25 which indicates that the bulk of the phytochemicals present in the extract are moderately polar. The result is given in Table 1.
Table 1. Percentage yield of crude extract and fractions of *C. pulcherrima* leaf

| Samples                                         | Percentage yield (%) |
|------------------------------------------------|----------------------|
| Crude                                          | 20.77                |
| 100% n-hexane                                  | 0.90                 |
| 50%n-hexane:50% ethyl acetate                  | 9.33                 |
| 100% ethyl acetate                            | 5.57                 |
| 50% ethyl acetate: 50% methanol                | 51.25                |
| 100% methanol                                 | 5.80                 |
| 90% methanol:10% water                        | 7.27                 |

1,1-diphenyl-2-picrylhydrazyl (DPPH) is a nitrogen centred stable free radical having a maximum absorption at 517 nm in alcoholic solution [15]. It becomes a stable diamagnetic molecule on accepting an electron or hydrogen atom. In the presence of an extract capable of donating a hydrogen atom, the free radical nature of the DPPH is lost and the purple colour changes to yellow [16, 17]. The bleaching of DPPH radical is one of the most widely used strategies to evaluate the antioxidant activity of herbal extracts. This method is simple, rapid and measures the capacity of herbal extract to bleach the DPPH radical. The method is sensitive and requires a small number of samples [17]. DPPH free radical scavenging activity of *C. pulcherrima* leaf extract and fractions showed an appreciable and dose-dependent increase in scavenging effect from 25µg/ml to 100µg/ml for the standard (ascorbic acid), crude and some of the fractions (Table 2). At the highest concentration (200 µg/ml), the percentage inhibition of the crude extract and fractions ranged from 35.67±9.77% to 98.77±0.09%, whereas, the reference standard had a percentage inhibition of 99.14±0.28% (Table 2). The IC$_{50}$ value is the concentration that will inhibit 50% of the initial DPPH radical [17]. Examination of the crude extract along with fractions as shown in Table 3 demonstrated that the ethyl acetate fraction exhibited the highest antioxidant activity, with IC$_{50}$ of 9.15 µg/ml. These results supported the findings of Junaid et al [15]. The IC$_{50}$ of the ethyl acetate fraction was relatively low when compared to others; however, it was significantly different (p<0.01) from that of the reference standard (3.20 µg/ml).

![Scheme 1](image-url): The reaction of DPPH with antioxidant compound ROH
Table 2: DPPH-scavenging activity of crude extract and fractions of C. pulcherrima

| Conc (µg/ml) | Ascorbic acid (%) | Crude (%) | 100% n-hexane (%) | 50% n-hexane: 50% ethyl acetate (%) | 100% ethyl acetate (%) | 50% ethyl acetate (%) | 100% methanol (%) | 10% water (%) |
|--------------|-------------------|-----------|-------------------|-------------------------------------|------------------------|----------------------|------------------|---------------|
| 1            | 32.99±5.88        | 9.43±3.99 | 26.63±6.39        | 38.02±4.11                          | 25.46±4.11             | 23.61±1.02          | 52.09±1.04       | 5.69±1.03     |
| 2            | 39.63±9.77        | 16.20±3.67| 34.17±3.82        | 41.53±3.63                          | 16.24±2.85             | 23.62±1.71          | 27.47±3.30       | 5.02±3.38     |
| 5            | 90.57±3.22        | 16.87±3.04| 62.46±3.10        | 36.85±6.36                          | 54.27±4.50             | 35.34±1.08          | 40.03±7.74       | 11.39±2.26    |
| 10           | 95.63±0.33        | 25.22±3.54| 23.61±6.96        | 33.66±7.22                          | 98.80±0.28             | 61.80±4.80          | 53.76±3.70       | 5.52±2.33     |
| 25           | 98.58±0.79        | 46.56±2.01| 21.44±1.14        | 48.74±3.67                          | 94.97±0.67             | 96.98±2.22          | 89.60±4.28       | 4.18±1.09     |
| 50           | 98.99±0.25        | 73.86±1.42| 38.19±3.34        | 72.52±8.53                          | 97.98±0.50             | 94.97±1.84          | 69.17±5.78       | 18.25±1.34    |
| 100          | 99.53±1.02        | 93.29±1.46| 58.96±7.75        | 97.15±0.58                          | 98.47±0.42             | 94.97±0.50          | 95.30±1.69       | 6.34±1.31     |
| 200          | 99.14±0.28        | 89.94±1.97| 59.96±6.34        | 90.28±0.67                          | 98.77±0.09             | 97.82±0.53          | 97.98±1.40       | 35.67±9.77    |

Data represent mean± Standard error of the mean of triplicate analysis.

Table 3. IC₅₀ values of extract and fractions of C. pulcherrima leaf and the reference standard (ascorbic acid)

| Sample                          | IC₅₀ (µg/ml) |
|---------------------------------|-------------|
| Ascorbic acid                   | 3.20±        |
| 100 % n-hexane                  | 48.11±       |
| 50 n-hexane/50% ethyl acetate   | 33.12±       |
| 100% ethyl acetate              | 9.15±        |
| 50% ethylacetate /50% methanol  | 27.26±       |
| 100% methanol                   | 17.90±       |
| 90%methanol/10% water           | 272.18±      |
| Crude                           | 55.51±       |

Values with different superscripts are significantly different (p<0.05).

Table 4 shows the total phenol and total flavonoid contents of C. pulcherrima leaf extracts and fractions. The total phenol content were reported as mg gallic acid equivalent/g of extract, by reference to a standard curve (y =0.002x +0.051; R² = 0.956). The total flavonoid content was reported as mg quercetin equivalent/g of extract by reference to a standard curve (y=0.002x+0.194, R² = 0.989). Fractionation of the leaf extract shows that the total phenolic and flavonoid contents were significantly (p < 0.05) higher in the ethyl acetate fraction than other fractions (Table 4). The results clearly show that solvent extraction influences the extractability of the phenolic and flavonoid compounds in plants. The result of the total phenolic and total flavonoid contents indicated that the 100% methanol fraction contained a significantly (p < 0.05) lesser amount of phenol (5.50±0.01) and a moderate amount of flavonoids (77.0±0.02). Hence the antioxidant activity reported in this study may also be due to the phenolic and flavonoid content of the plant, this is because the presence of hydroxyl (OH) groups in the phenolic and flavonoid compounds may directly contribute to their radical scavenging ability. However, the antioxidant activities are more likely to be influenced by the flavonoids compared to the phenolics (Table 4). On the other hand, the total phenolic and flavonoid contents reported in this work are significantly higher than the results obtained by Junaid et al [15]. This, therefore, indicates that C. pulcherrima could be a very promising source of phenolic and flavonoid compounds.
Table 4. Total phenol and total flavonoid contents of extract and fractions of *C. pulcherrima* leaves.

| Fractions of the extract | Total phenol (mg GAE/g extract) | Total flavonoid (mg QE/g extract) |
|--------------------------|---------------------------------|----------------------------------|
| n-hexane;100%            | 10.50±0.01<sup>a</sup>          | 93.00±0.00<sup>a</sup>           |
| n-hexane;50%.ethyl acetate;50% | 64.50±0.02<sup>d</sup>       | 393.00±0.02<sup>b</sup>         |
| ethyl acetate;100%       | 149.50±0.01<sup>b</sup>        | 658.00±0.02<sup>c</sup>         |
| ethyl acetate;50%.methanol;50% | 118.00±0.04<sup>c</sup>      | 23.00±0.02<sup>d</sup>          |
| methanol;100%            | 5.50±0.01<sup>e</sup>          | 77.00±0.02<sup>c</sup>          |
| methanol;90%.water;10%   | 15.50±0.00<sup>f</sup>         | 92.00±0.00<sup>a</sup>          |
| Crude                    | 4.50±0.00<sup>gf</sup>         | 93.00±0.00<sup>c</sup>          |

Values are represented as Mean±SEM for three determinations.
Means with different superscripts are significantly different (p<0.05).

**CONCLUSION**

The result of the present study revealed that the leaf extract and fractions of *C. pulcherrima* have an appropriate amount of flavonoid and phenolic compounds which may be the key determinant of their antioxidant activity. These findings demonstrate that *C. pulcherrima* leaf may be a good candidate from which specific bioactive products could be developed.

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