The Study of the Guidance and Formation of Chinese Courses for the Ideological and Moral Cultivation of Foreign Students

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Abstract. The guidance and shaping of the ideological and moral cultivation of foreign students is an important part of the education for studying in China. Good ideological and moral cultivation is of great benefit to improving the experience of studying abroad and the overall academic performance of foreign students. The Chinese courses for foreign students contain a large amount of excellent Chinese cultural ideas and content. With the help of this part of the Chinese courses, targeted guidance can effectively shape the good ideological and moral cultivation of foreign students. This article discusses three aspects: research significance, reform content and goals, and the application prospects and effects of research results. The research results have effectively promoted the formation of respect for teachers, respect for the elderly, child care, respect for parents, humility and courtesy, honesty and trustworthiness, unity and friendliness, protection of the environment and other ideological and moral cultivation and the sentiment of foreign students' knowledge, friendship and love of China.

1. Research Significance of This Article

This study intends to explore the ideological and moral elements of Chinese and cultural teaching in Chinese classroom teaching. Based on this, reasonable teaching arrangements and appropriate teaching methods are used to implicitly guide and shape the ideological and moral cultivation of foreign students.

Improve the ideological and moral cultivation and Chinese cultural literacy of foreign students, and enhance the understanding of Chinese culture of foreign students. Ideological and moral cultivation, such as respect for teachers, respect for the elderly, child care, respect for parents, humility and courtesy, honesty and trustworthiness, unity and friendliness, and environmental protection are all very important components. It contains rich elements of ideological and moral cultivation and the etiquette and customs of Chinese culture. Therefore, by improving the understanding of Chinese culture in Chinese classes, the ideological and moral cultivation and Chinese cultural literacy of foreign students can be greatly improved.

Strengthen the social responsibility and intercultural communication ability of foreign students, and help them better adapt to the life of studying in China. The guidance and cultivation of foreign students' ideological and moral cultivation can effectively enhance the international students' sense of social responsibility, and motivate them to actively serve the society and return to the society. At the same time, this behavior further strengthens their sense of social responsibility, and the corresponding improvement of intercultural communication skills, it can help them integrate into the study life in China faster and better.

Cultivate and shape the sentiment of foreign students' knowledge, friendship and love of China. Language is a tool for human communication, and culture is a bridge built by language. Communicating with people from different mother tongue backgrounds to share cultural achievements, the cultivation of ideological and moral cultivation of foreign students is to find common human elements in Chinese culture, and to promote foreign students' understanding of China and from knowing to understanding, to respect for Chinese culture, and then to identify and even love. The cultivation of foreign students' ideological and moral cultivation can enable foreign students to cultivate the affection of loving and even loving China while feeling Chinese culture and loving the Chinese people.
Promote the improvement of Chinese classroom teaching efficiency and the effectiveness of Chinese teaching for foreign students. Language is the key to open the door to culture. Foreign students learn culture through language and the elements of ideological and moral cultivation in culture. They also attach more importance to the Chinese classroom because of their learning and love of culture. It can be said that spreading culture and digging into the elements of ideological and moral cultivation for ideological and political teaching is a kind of feedback to Chinese learning.

Promote the results of ideological and political teaching to serve the society, take root, and increase the breadth and depth of Chinese culture transmission for foreign students in the Chinese classroom. In the past, the teaching of ideological and political content in culture in Chinese classrooms was only a lecture on general theoretical knowledge. Moreover, such lectures lacked or failed to analyze the deep cultural connotation and ideological and political elements. After studying, foreign students still could not experience it for themselves. The disconnection between theory and practice caused the divergence of knowledge and ability. We need to use the methods of classroom lectures, video observations, classroom discussions, extra-curricular practices, and service to the society to allow foreign students to feel and get close to the ideological and moral cultivation in Chinese culture, know it and know why, and truly understand the spiritual core of Chinese culture, to form a good morality.

2. The Specific Reform Contents and Reform Goals Studied in This Article

2.1 Specific Reforms Contents Studied in This Article

Improve the content and teaching proportion of foreign students' ideological and political teaching in Chinese classrooms, and provide a good classroom basis for the cultivation of foreign students' ideological and moral cultivation. Enrich the ideological and political teaching content of Chinese classes for foreign students, start with the Chinese cultural content in the texts and exercises, and explore the elements of ideological and moral cultivation, such as respect for teachers, respect for the elderly, child care, respect for parents, humility and courtesy, honesty and trustworthiness, unity Friendly, environmental protection and other aspects, and consciously and appropriately increase the proportion of ideological and political teaching in Chinese classroom teaching of foreign students.

Improve the teaching methods of foreign students' ideological and political teaching in the Chinese classroom, provide an effective methodological basis for the cultivation of foreign students' ideological and moral cultivation. In terms of teaching methods, we should avoid giving only a single lecture, but integrate classroom lectures, video observations, classroom discussions, extra-curricular practices, and service to the society to form a joint force.

Reform the evaluation methods for foreign students' ideological and political teaching in Chinese classes, and improve the relevance of process assessment and result assessment. In teaching evaluation, one-sided evaluation should be avoided, but a three-in-one evaluation system consisting of teachers, students, and peer teachers should be formed, and experiences and lessons should be summarized through oral communication and discussion or written evaluations, then to share experiences.

Reform the extra-curricular practice methods of ideological and political teaching for foreign students, serve the society with the results of ideological and moral cultivation education, and promote the rooting of teaching results. Only when teaching results are applied to practice can they be truly implemented. Promoting ideological and moral teaching results to serve the society can not only sublimate the teaching results of ideology and politics, but also test the results in practice for continuous improvement.

2.2 Specific Reform Goals Studied in This Article

Promote teachers to attach importance to the guidance and cultivation of ideological and moral cultivation of foreign students in the Chinese classroom. Avoid focusing solely on the study of language knowledge and skills, but in the process to raise the teacher's emphasis on the
cultivation of ideological and moral cultivation of foreign students, and achieve a double harvest of language and ideology.

**Enrich ideological and political teaching methods and improve the efficiency and effectiveness of foreign students' ideological and political teaching in Chinese classrooms.** Good methods shape good results, and change the situation that the past Chinese classroom's teaching of ideological and political content in culture is only the teaching of general theoretical knowledge, but through classroom teaching, video observation, classroom discussion, extra-curricular practice, and serving the society. Try to help foreign students closely feel the ideological and moral cultivation in Chinese culture.

**Realize the diversity and operability of ideological and political teaching evaluation methods.** Teaching evaluation is a very important part of the teaching process. In the past, the method and subject of teaching evaluation were too singular and did not pay enough attention to teaching evaluation. Changing this situation is one of our reform goals.

**Effectively raise the level of ideological and moral cultivation of foreign students, so that they are deeply rooted in thought and implemented in action.** "It's easy to understand on paper, and never know what to do". Applying the ideological and moral cultivation learned in class to practice and promoting the materialized transformation of theoretical results is also one of the important goals of our reform.

3. Application Prospects and Effects of This Study

3.1 Application Prospects of This Study

3.1.1 Apply to Chinese Classes for Foreign Students in Colleges and Universities

Language is the carrier of culture, and culture carries ideological and moral elements. In Chinese classes, culture is taught by teaching language, and the goal of ideological and moral education is also achieved. We combine this concept with the corresponding teaching design and teaching methods and apply it to the Chinese class of foreign students in colleges and universities, which can effectively improve the respect for teachers, respect for the old and love for the young, respect for parents, respect and courtesy, honesty and trust, unity and friendliness, protection for the environment, humanistic feelings and other ideological and ethical goals.

The ideological and moral cultivation of foreign students is an important part of the education of foreign students in China. The university is an important carrier for teaching and educating people. Teachers complete the tasks of preaching, teaching, and deconfusion. Foreign students are in an important transition period from school to society. It is also a crucial period for forming a world view, life view, and values. It is necessary to guide and shape the ideological and moral cultivation of foreign students in Chinese classes for university students.

3.1.2 Promote to Other Foreign Students' Classrooms

In addition to Chinese courses, foreign students also major or supplement other courses. The guidance and shaping of foreign students' ideological and moral cultivation can also be carried out in the teaching process of other courses. For example, in the physical education class, we can exercise foreign students to form a strong will and solidarity. Through the understanding and learning of celebrity growth stories in professional classes, help foreign students experience the hard working spirit and love and dedication required by experts and seniors to achieve brilliant careers.

3.2 Application Effects of This Study

Foreign students' ideological and moral cultivation and Chinese cultural literacy have been improved, and their understanding of Chinese culture has been improved. Such as respect for teachers, respect for the elderly, child care, respect for parents, humility and courtesy, honesty and trustworthiness, unity and friendliness, environmental protection and other ideological and moral cultivation elements.

The foreign students' sense of social responsibility and intercultural communication ability
have been enhanced, and they can better adapt to the life of studying in China. Such as they can better communicate with people, understand how to live a life of gratitude, and give back to the society, you can actively participate in social practice activities and play a positive role in them.

**Cultivate and shape the sentiment of foreign students' knowledge, friendship and love of China.** Language is a tool, and culture is a bridge. Through the guidance and shaping of ideological and moral cultivation, foreign students can change from perceiving Chinese culture to loving Chinese people, and then loving our country.

**The efficiency of Chinese teaching for foreign students has been improved and the teaching effect of Chinese has been improved.** Foreign students study and love Chinese culture through Chinese language study, love of culture, then love Chinese lessons more because of the love of Chinese culture, thus promoting the improvement of the efficiency and effectiveness of Chinese teaching.

**The results of ideological and political teaching serve the society and take root, and the breadth and depth of Chinese culture dissemination in the Chinese class for foreign students has been improved.** Culture is taken from the people and used by the people. The same as the teaching results of ideological and moral cultivation, which serve the society and take root.

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