ATP-Sensitive K⁺ Channel Mediates the Zinc Switch-Off Signal for Glucagon Response During Glucose Deprivation

Michela Slucca, Jamie S. Harmon, Elizabeth A. Oseid, Joseph Bryan, and R. Paul Robertson

OBJECTIVE—The intraislet insulin hypothesis proposes that glucagon secretion during hypoglycemia is triggered by a decrease in intraislet insulin secretion. A more recent hypothesis based on in vivo data from hypoglycemic rats is that it is the decrease in zinc cosecreted with insulin from β-cells, rather than the decrease in insulin itself, that signals glucagon secretion from α-cells during hypoglycemia. These studies were designed to determine whether closure of the α-cell ATP-sensitive K⁺ channel (K_ATP, channel) is the mechanism through which the zinc switch-off signal triggers glucagon secretion during glucose deprivation.

RESEARCH DESIGN AND METHODS—All studies were performed using perifused isolated islets.

RESULTS—In control experiments, the expected glucagon response to an endogenous insulin switch-off signal during glucose deprivation was observed in wild-type mouse islets. In experiments with streptozotocin-treated wild-type islets, a glucagon response to an exogenous zinc switch-off signal was observed during glucose deprivation. However, this glucagon response to the zinc switch-off signal during glucose deprivation was not seen in the presence of nifedipine, diazoxide, or tolbutamide or if K_ATP channel knockout mouse islets were used. All islets had intact glucagon responses to epinephrine.

CONCLUSIONS—These data demonstrate that closure of K_ATP channels and consequent opening of calcium channels is the mechanism through which the zinc switch-off signal triggers glucagon secretion during glucose deprivation. Diabetes 59: 128–134, 2010

Treatment with exogenous insulin places patients with type 1 or advanced type 2 diabetes at high risk for hypoglycemia. Under normal circumstances, the physiologic response to hypoglycemia involves multiple intrinsic defense mechanisms. These include inputs from the central nervous system and release of glucagon, epinephrine, growth hormone, and cortisol. Chief among these is the increase in glucagon secretion. In diabetic patients, the counterregulatory glucagon response is severely compromised. A leading hypothesis to explain this abnormality is referred to as the “intraislet insulin hypothesis” (1–3). Banarer et al. (1) based this hypothesis on an earlier observation by Samols et al. (4), who identified a unidirectional blood flow within the pancreatic islet whereby arterial blood from the systemic circulation first reaches β-cells in the islet core, then α-cells in the islet periphery, and finally leaves the islet to enter the hepatic portal venous circulation. In this manner, products released from upstream β-cells influence the function of downstream α-cells. Many in vitro and in vivo studies support this hypothesis that proposes that insulin tonically suppresses glucagon secretion in the presence of high or normal glucose levels and that a sudden cessation of insulin secretion caused by hypoglycemia triggers glucagon secretion.

However, it has been pointed out that, together with insulin, β-cells release other mediators that suppress glucagon secretion and thus could provide switch-off signals to the α-cell to enhance glucagon secretion. Among them, attention has been focused on γ-aminobutyric acid (5–7) and zinc (8,9). We concentrated on the role of zinc might play in the intraislet insulin hypothesis. In this scenario, zinc coreleased with insulin from upstream β-cells in the presence of high glucose inhibits glucagon secretion; when blood glucose levels fall, zinc secretion from β-cells decreases and glucagon secretion is triggered. The potential role of zinc as a switch-off signal has been demonstrated by us in an in vivo study in which switching off either an insulin or a zinc infusion into the pancreatic artery of streptozotocin (STZ)-treated rats during hypoglycemia stimulated glucagon secretion. In contrast, switching-off zinc-free insulin failed to elicit glucagon secretion (9).

The current studies were designed to identify the mechanism of action whereby zinc regulates α-cell function during hypoglycemia. We hypothesized that K_ATP channels in α-cells play a central role. We experimented by pharmacologically manipulating the K_ATP channel activity of wild-type mouse islets as well as with a mouse model derived from the wild-type control but in which the SUR1 subunit of the K_ATP channel (SUR1K0) had been knocked out (10). We raised two independent questions. First, can a role for cessation of secretion of insulin (and by implication zinc coreleased with insulin) as a switch-off signal during hypoglycemia be demonstrated in vitro using perfused mouse islets? This initial question was essential to answer because of a report by Ravier and Rutter (11) that zinc does not regulate glucagon secretion in mice. Second, does the mechanism of action for the switch-off signal from zinc specifically rely on functional K_ATP channels? An endogenous insulin switch-off signal was created by stimulating endogenous insulin secretion with glucose perfusion then abruptly decreasing insulin secretion by discontinuing the glucose perfusion. An exogenous zinc...
switch-off signal during glucose deprivation in the absence of insulin secretion was created in STZ-treated wild-type mouse islets by perifusing and then discontinuing the perfusion of zinc chloride and glucose. This zinc switch-off signal during glucose deprivation was further investigated in the presence of diazoxide (to maintain K<sub>ATP</sub> channels open), nifedipine (to close calcium channels), or tolbutamide (to close potassium channels). Finally, the zinc switch-off signal was studied using mouse islets with knocked out K<sub>ATP</sub> channels.

**RESEARCH DESIGN AND METHODS**

Male and female wild-type C57BL6/J mice (8–15 weeks old) were purchased from Jackson Labs (JAX no. 000064). SURI knockout mice (SURIKO) were bred at PNDRI (10). Animals were maintained with a 12-h light-dark cycle and constant temperature and were given free access to food and water. All experiments were approved by the PNDRI Institutional Animal Care and Use Committee.

**Islet isolation.** On the day of pancreas removal, animals were anesthetized with ketamine-xylazine and then killed by removing blood from the heart. Pancreata were cannulated for infusion of collagenase and then removed from the animal for processing. Mice pancreata were processed as described by Tanaka (12), using 0.75 mg/ml collagenase in wild-type mice and 1.5 mg/ml collagenase in SURIKO mice. A higher concentration was used for SURIKO mouse islets since they tend to adhere to ducts when the lower concentration was used. Once processed, islets were hand picked and cultured overnight in RPMI 1640 media with 11.1 mmol/l glucose, 10% FBS, and antibiotic/antimycotic (100 units/ml penicillin G and 0.1 mg/ml streptomycin sulfate and 0.25 µg/ml amphotericin B). The pool of islets for each experiment was derived from at least eight animals. In some experiments STZ was used to render pancreatic islets devoid of β-cells. In these experiments, isolated islets were cultured for 2 h in RPMI media with 11.1 mmol/l glucose, 10% FBS, and antibiotic/antimycotic then for 30 min in RPMI media with STZ (5 mmol/l), 11.1 mmol/l glucose, 0.8% FBS, and antibiotic/antimycotic. Then, STZ was washed out of the islets and they were cultured overnight in RPMI media with 11.1 mmol/l glucose, 10% FBS, and antibiotic/antimycotic.

**Perifusion.** The day after isolation, islets were split into groups of 200 islets. Each group was placed into one of the individual perifusion chambers for simultaneous study. The islets were placed in the chambers on top of mesh filters (60 µm) small enough to prevent islets from escaping into the effluent. Each experiment was proceeded by a 60-min stabilization period using a perfusion of Kreb’s Ringer buffer (KRB) containing 0.1% BSA, 0.238% HEPES, 0.1 mmol/l isobutylmethylxanthine (IBMx), and 2.8 mmol/l glucose. Thereafter, experimental KRB buffers contained 0.1% BSA, 0.238% HEPES, 0.1 mmol/l IBMx, an amino acid mixture (3), and either 16.7 or 0 mmol/l glucose. When STZ-treated islets were used, 30 µmol/l zinc chloride was also included in the buffer. Samples for measurement of insulin and glucagon were collected at -10, -5, -2, -1, and 0 min before and 2, 5, 10, 15, 20, 25, and 30 min after

**FIG. 1.** A. Endogenous insulin switch-off signal to α-cells in WT islets. Isolated islets were exposed to 16.7 mmol/l glucose (16.7G) for 30 min (from -30 to 0 min). At min 0 the perfusion was either changed to 0 glucose or not changed for the ensuing 30 min. The closed circles at times -10 to 0 min represent the average of experimental and control values when islets were exposed to 16.7 mmol/l glucose. Insulin secretion declined when glucose infusion was changed to 0 mmol/l at time 0 min, generating an endogenous insulin switch-off signal from β-cells to neighboring α-cells (closed boxes). Insulin levels did not decrease significantly when the glucose perfusion was not changed (closed diamonds). Results are expressed as mean ± SE of eight replicate perifusions in experimental studies (closed boxes) and seven replicate perifusions in control studies (closed diamonds). See text for statistical information. A and B: Glucagon responses to an endogenous insulin switch-off signal during perfusion of wild-type mouse islets. Glucagon levels increased significantly only when endogenous insulin secretion (A) was switched-off in response to glucose deprivation at time 0 min (●, n = 8). No glucagon response was observed if the endogenous insulin switch-off signal was absent (●, n = 7). A at times -10 to 0 min represent the average of experimental and control values. See text for statistical information.

**FIG. 2.** Glucagon response in the presence and absence of an exogenous zinc switch-off signal during perfusion of STZ-induced diabetic wild-type mouse islets. Islets were pretreated with STZ to kill β-cells, thereby preventing endogenous insulin and zinc secretion. After an initial 30-min perfusion with 16.7 mmol/l glucose and zinc (Zn), at time 0 min the perfusate was changed. Glucagon levels increased significantly only when a perifusate containing no glucose and no zinc, which generated an exogenous zinc switch-off signal to α-cells during glucose deprivation, was begun at 0 min (●, n = 5). Glucagon secretion did not increase if at time 0 min only glucose, but not zinc, was switched off (●, n = 4) or if only zinc but not glucose was switched off (●, n = 4). If at time 0 min nifedipine (NIF) was added to the perifusate, glucagon secretion not only failed to rise but was suppressed despite the presence of the zinc switch-off signal during glucose deprivation (●, n = 3). A at times -10 to 0 min represent the average of experimental values and control values.
into the periportal circulation that travels to α-cells. This design assumes that zinc dissociates from insulin when exposed to the higher pH of blood (13) and acts to open α-cell KATP channels, which causes tonic suppression of glucagon secretion. It also assumes that zinc is normally bound to protein in blood, as it dissociates from insulin in the periportal circulation and circulates to the α-cell, and that zinc concentration during glucose stimulation of insulin release is fourfold greater (9) than the 10 mmol/l concentration found in systemically circulating blood. This fourfold higher concentration of zinc is assumed to drop to the same levels found in systemically circulating blood during glucose deprivation and cessation of insulin secretion.

**Drugs:** nifedipine, diazoxide, tolbuteramide, epinephrine. Nifedipine: a 1 mmol/l perfusion solution was prepared from a 1 mmol/l stock solution in 100% ethanol. Diazoxide: a 50 μmol/l perfusion solution was prepared from a 50 mmol/l stock solution in 0.1 mol/l NaOH. Tolbutamide: a 50 mmol/l perfusion solution was prepared from a 50 mmol/l stock solution in 100% ethanol. Epinephrine: a 1 mmol/l perfusion solution was prepared from a 1 mmol/l stock solution in 1 mol/l HCl. Epinephrine was infused in the absence of glucose and the amino acid mixture for 5–7 min at the end of each experiment as alternative stimulus for glucagon secretion to ensure that α-cells were still functional after STZ treatment. Nifedipine, diazoxide, tolbuteramide, and epinephrine were purchased from Sigma.

**Assays.** Perfusion samples were collected into tubes containing 500 units of aprotinin to prevent degradation of glucagon. Insulin was measured by radioimmunoassay according to the method of Morgan and Lazarow (14). Glucagon was measured using a glucagon radioimmunoassay kit (Millipore, St. Charles, MO).

**Statistical analysis.** Results for each perfusion experiment were calculated as means ± SE. Measurements of at least three lanes were considered as n = 1. Comparisons were made by paired Student’s t test, unpaired Student’s t test with or without Welch correction, Wilcoxon matched-pairs signed-ranks test, and ANOVA, where appropriate. P values <0.05 were considered significant.

**RESULTS**

**Endogenous insulin switch-off signal in wild-type mouse islets.** Wild-type mouse islets were perfused with 16.7 mmol/l glucose for 30 min to stimulate endogenous insulin secretion. At time 0, the perfusate was switched to a 0 mmol/l glucose buffer for 30 min so that endogenous insulin secretion would decrease. In control experiments, at time 0, 16.7 mmol/l glucose was continued rather than discontinued. Insulin levels in the effluent decreased when the 16.7 mmol/l glucose perfusion was discontinued (0 min = 108 ± 7 μU/ml, 30 min = 5 ± 1 μU/ml, n = 8; P < 0.001) (Fig. 1A). When the 16.7 mmol/l glucose perfusion was not discontinued, insulin levels did not change significantly (0 min = 107 ± 10 μU/ml, 30 min = 90 ± 8 μU/ml, n = 7; P = NS) (Fig. 1A). Glucagon levels increased significantly only when 16.7 mmol/l glucose buffer was discontinued (0 min = 61 ± 8 pg/ml vs. 30 min = 133 ± 26 pg/ml, n = 8; P < 0.01) (Fig. 1B) and not when the glucose perfusate was continued for the duration of the experiment (0 min = 54 ± 9 pg/ml vs. 30 min = 71 ± 14 pg/ml, n = 7; P = NS) (Fig. 1B).

**Exogenous zinc switch-off signal in STZ-induced diabetic wild-type mouse islets.** STZ-induced diabetic wild-type islets were perfused with 16.7 mmol/l glucose and zinc (30 μmol/l) for 30 min. Then, at time 0, both glucose and zinc perfusates were discontinued. In controls, either glucose or zinc alone was discontinued. In other experiments, at time 0 nifedipine was added to the perfusate when zinc was switched off during glucose deprivation (Fig. 2). Glucagon levels increased only when zinc perfusion was switched off during glucose deprivation (0 min = 28 ± 6 pg/ml vs. 30 min = 50 ± 4 pg/ml, n = 5; P < 0.02) (Fig. 2). If the zinc perfusion was continued during glucose deprivation, glucagon levels did not rise significantly (0 min = 15 ± 2 pg/ml vs. 30 min = 23 ± 3 pg/ml, n = 4; P = NS) (Fig. 2). Similarly, if perfusion containing glucose was continued after the zinc perfusion was switched off, the...
glucagon levels did not rise (0 min = 18 ± 4 pg/ml vs. 30 min = 25 ± 7 pg/ml, n = 4; P = NS) (Fig. 2). In the presence of nifedipine, glucagon levels after the zinc switch-off signal during glucose deprivation did not increase but significantly decreased (0 min = 36 ± 5 pg/ml vs. 30 min = 11 ± 1 pg/ml, n = 3; P < 0.05) (Fig. 2). Insulin levels were undetectable throughout.

**Exogenous zinc switch-off signal during diazoxide infusion in STZ-induced diabetic wild-type mouse islets.** STZ-induced diabetic wild-type mouse islets were perfused with 16.7 mmol/l glucose and diazoxide (50 μmol/l) for 30 min (−60 to −30 min), followed by a perfusate containing 16.7 mmol/l glucose, diazoxide, and zinc (30 μmol/l) for another 30 min (−30 to 0 min). At 0 min, both glucose and zinc were discontinued and diazoxide infusion only was continued for 30 more minutes (Fig. 3). Glucagon secretion remained suppressed despite the absence of glucose and zinc in the perfusate (0 min = 10 ± 0 pg/ml vs. 30 min = 14 ± 2 pg/ml, n = 3; P = NS) (Fig. 3). Insulin levels were undetectable throughout.

**Exogenous zinc switch-off signal during tolbutamide infusion in STZ-induced diabetic wild-type mouse islets.** STZ-induced diabetic wild-type mouse islets were perfused with 16.7 mmol/l glucose and tolbutamide (50 μmol/l) for 30 min (−60 to −30 min), followed by a perfusate containing 16.7 mmol/l glucose, tolbutamide, and zinc (30 μmol/l) for another 30 min (−30 to 0 min). At 0 min, both glucose and zinc were discontinued and tolbutamide infusion only was continued for 30 more minutes (Fig. 4). Glucagon secretion reached a higher baseline than in the previous STZ-induced diabetic islet experiments and it did not rise significantly when zinc was switched off during glucose deprivation (0 min = 53 ± 5 pg/ml vs. 30 min = 67 ± 3 pg/ml, n = 3; P = NS) (Fig. 4). Insulin levels were undetectable throughout.

**Exogenous zinc switch-off signal in STZ-induced diabetic SUR1KO mouse islets.** An exogenous zinc switch-off signal during glucose deprivation was provided to STZ-induced diabetic SUR1KO mouse islets by infusing 16.7 mmol/l glucose and zinc (30 μmol/l) for 30 min and then switching to a perfusate without glucose and zinc at time 0 (Fig. 5). No significant glucagon increase was observed despite the provision of a zinc switch-off signal during glucose deprivation (0 min = 55 ± 17 pg/ml vs. 30 min = 61 ± 20 pg/ml, n = 4, P = NS). Insulin levels were undetectable throughout.

**Summary of glucagon responses with and without interfering with the K<sub>ATP</sub> channel activity.** Glucagon levels before and after infusion of drugs that interfere with K<sub>ATP</sub> channel activity in wild-type or SUR1KO islets are shown in Fig. 6A. Compared with wild-type values, depolarizing conditions (tolbutamide, knockout) were associated with higher glucagon levels (P < 0.05), and the polarized condition (diazoxide) was associated with lower glucagon levels (P < 0.05) at baseline (time 0). Glucagon responses to changes in the perfusate in STZ-induced diabetic mouse islets are compared as area under the curve in Fig. 6B. Glucagon response was statistically significant (P < 0.001–0.001) only when a zinc switch-off signal during glucose deprivation was provided to wild-type islets pretreated with STZ. No statistically significant glucagon responses were observed if zinc or glucose perfusions alone were discontinued or a zinc switch-off signal during glucose deprivation was provided in the presence of nifedipine, diazoxide, tolbutamide, or to SUR1KO islets.

**FIG. 5.** Glucagon responses in the presence of an exogenous zinc switch-off signal during perifusion of STZ-induced diabetic SUR1KO mouse islets. STZ-induced diabetic SUR1KO mouse islets were perfused with 16.7 mmol/l glucose and zinc for 30 min. Then, at time 0 min, both glucose and zinc were discontinued. Glucagon secretion from SUR1KO mouse islets failed to increase despite the presence of a zinc switch-off signal during glucose deprivation (●, n = 4). For the purpose of comparison, ■ are the same data reported in Fig. 2 and represent the glucagon rise in response to a zinc switch-off signal during glucose deprivation in STZ-induced diabetic wild-type mouse islets. The glucagon response is expressed as a percentage of baseline because of the higher glucagon baseline in SUR1KO mouse due to the absence of K<sub>ATP</sub> channels. See text for statistical information.

**Responses to epinephrine.** α-Cell function was tested at the end of most experiments using a 5- to 7-min infusion of epinephrine as alternative stimulus. Glucagon responses were intact in all the conditions involving wild-type and knockout islets (Fig. 7).

**DISCUSSION**

These experiments were designed to identify the mechanism through which zinc provides a switch-off signal for glucagon release during glucose deprivation. We previously reported that switching off zinc and insulin, but not zinc-free insulin, triggered glucagon secretion during hypoglycemia in vivo in rats (9). The results from the first part of the current study are consistent with a role for cessation of zinc corelease with insulin as a switch-off signal to trigger glucagon secretion during glucose deprivation. Since our experiments used mouse islets, our data argue against the contention of Ravier and Rutter (11) that zinc does not regulate α-cells in mice and support the more recent findings by Gyulkhandanyan et al. (15).

The second part of our study was designed to identify the mechanism of action for zinc regulation of the α-cell. To achieve this goal, we used two approaches. The first approach was to pharmacologically manipulate the K<sub>ATP</sub> channel with drugs prior to providing STZ-induced diabetic wild-type mouse islets with a zinc switch-off signal during glucose deprivation. The first drug was diazoxide that keeps the K<sub>ATP</sub> channels open. The rationale was that if the zinc switch-off signal is mediated by a change in the K<sub>ATP</sub> channel activity, then using diazoxide to prevent any further change in the K<sub>ATP</sub> channel activity should blind the K<sub>ATP</sub> channel to the zinc switch-off signal. Zinc removal from the perfusate during glucose deprivation induced no
changes in glucagon secretion from diazoxide-treated islets. This suggests that by maintaining the $K_{\text{ATP}}$ channels open, the drug masked and overrode the signal given by zinc removal. In other mechanistic studies, we interfered with the $K_{\text{ATP}}$ channel activity using tolbutamide. This drug, which keeps $K_{\text{ATP}}$ channels closed, led to the same result. Because of the tolbutamide-mediated prestimulation of $K_{\text{ATP}}$ channel activity, the already closed $K_{\text{ATP}}$ channels failed to respond to the signal provided by the switch-off of zinc during glucose deprivation. We also examined whether the post-$K_{\text{ATP}}$ channel signal transduction pathway involved calcium channels. Nifedipine was used to prevent the calcium channels from opening. Since zinc does not act on calcium channels, no preinfusion (as with the diazoxide and tolbutamide experiments) with nifedipine was deemed necessary. In the presence of nifedipine, glucagon secretion failed to respond to the zinc switch-off signal during glucose deprivation. These results suggest that the pathway through which the zinc switch-off signal triggers glucagon secretion during glucose deprivation involves both $K_{\text{ATP}}$ and calcium channels (Fig. 8). Our findings also demonstrate that the $\alpha$-cell is responsive to the zinc switch-off signal only in the circumstance of glucose deprivation, consistent with the fact that glucose is widely recognized as a suppressant of glucagon secretion (16,17).

The second approach used a model derived from the mouse line C57BL/6J, whose SUR1 subunit of the $K_{\text{ATP}}$ channel is knocked out (10). Islet $K_{\text{ATP}}$ channels consist of two subunits: the $K^+$ inward rectifier, Kir6.2, and the high-affinity sulfonylurea receptor, SUR1, combined in 4:4 stoichiometry to form the hetero-octomeric channel. The Kir6.2 subunit forms the conducting pore for $K^+$ ions, while the SUR1 subunit acts as a regulatory subunit conferring sensitivity to openers and blockers (18–20). A tight interaction between the two subunits is required for appropriate channel function. In our experiments, although SUR1KO mouse islets were exposed to an exogenous zinc switch-off signal during glucose deprivation, glucagon secretion failed to respond. Importantly, SUR1KO mouse islets, as well as wild-type islets, responded to the alternative stimulus epinephrine, a known stimulator of glucagon secretion (21). Glucagon responses to this stimulus indicate that $\alpha$-cell glucagon synthesis and exocytotic mechanisms are intact.

Our data reinforce the hypothesis that an intercellular dialogue is critical within the pancreatic islet for optimal glycemic control (4) and that zinc participates in this dialogue and therefore to the regulation of glucagon secretion by acting through the SUR1 subunit (21). Glucagon secretion involves both $K_{\text{ATP}}$ and calcium channels (Fig. 8). Our findings also demonstrate that $\alpha$-cell is responsive to the zinc switch-off signal only in the circumstance of glucose deprivation, consistent with the fact that glucose is widely recognized as a suppressant of glucagon secretion (16,17).

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hypoglycemia, β-cells virtually cease releasing zinc-insulin. This results in cessation of zinc effects on α-cell KATP channels and closure of the channels, which in turn causes depolarization, voltage-dependent calcium channel opening, calcium entry, and glucagon exocytosis (Fig. 8).

In support of this mechanism is the observation that the glucagon values reached during the α-cell response to the zinc switch-off signal during glucose deprivation in wild-type mouse islets were very similar to the values of the glucagon baselines in wild-type mouse islets perfused with tolbutamide and in knockout mouse islets (Fig. 6A). Thus, switching off zinc, closing the KATP channels by means of tolbutamide, and absent KATP channels (as occurs in the KO mice) depolarize the α-cell, causing Ca2+ channels to open and increase glucagon secretion. On the other hand, adding diazoxide to the perfusate keeps KATP channels open, supporting K+ efflux, which keeps the cell polarized and thus prevents Ca2+ channels from opening, resulting in less glucagon secretion. Different from previous studies by others, our observations were obtained from intact and STZ-induced diabetic mouse islets, using a dynamic system that specifically studied glucagon secretion during glucose deprivation. This technique more closely approximates the important clinical setting in which regulation of glucagon secretion is most critical (i.e., hypoglycemia). Moreover, our results support the hypothesis that the association of high basal glucagon in type 1 diabetes could at least in part be attributed to lack of insulin-bound zinc tonically suppressing α-cell function.

In conclusion, our results strongly implicate the α-cell KATP channel and calcium channel as obligate parts of the mechanism whereby zinc suppresses glucagon secretion from the α-cell and whereby a sudden absence of zinc secretion from the β-cell during glucose deprivation triggers glucagon secretion.

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