Nitrogen-containing bisphosphonates inhibit RANKL- and M-CSF-induced osteoclast formation through the inhibition of ERK1/2 and Akt activation

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Abstract

Background: Bisphosphonates are an important class of antiresorptive drugs used in the treatment of metabolic bone diseases. Recent studies have shown that nitrogen-containing bisphosphonates induced apoptosis in rabbit osteoclasts and prevented prenylated small GTPase. However, whether bisphosphonates inhibit osteoclast formation has not been determined. In the present study, we investigated the inhibitory effect of minodronate and alendronate on the osteoclast formation and clarified the mechanism involved in a mouse macrophage-like cell lines C7 and RAW264.7.

Results: It was found that minodronate and alendronate inhibited the osteoclast formation of C7 cells induced by receptor activator of NF-κB ligand and macrophage colony stimulating factor, which are inhibited by the suppression of geranylgeranyl pyrophosphate (GGPP) biosynthesis. It was also found that minodronate and alendronate inhibited the osteoclast formation of RAW264.7 cells induced by receptor activator of NF-κB ligand. Furthermore, minodronate and alendronate decreased phosphorylated extracellular signal-regulated kinase 1/2 (ERK1/2) and Akt; similarly, U0126, a mitogen protein kinase kinase 1/2 (MEK1/2) inhibitor, and LY294002, a phosphatidylinositol 3-kinase (PI3K) inhibitor, inhibited osteoclast formation.

Conclusions: This indicates that minodronate and alendronate inhibit GGPP biosynthesis in the mevalonate pathway and then signal transduction in the MEK/ERK and PI3K/Akt pathways, thereby inhibiting osteoclast formation. These results suggest a novel effect of bisphosphonates that could be effective in the treatment of bone metabolic diseases, such as osteoporosis.

Keywords: Nitrogen-containing bisphosphonate, Geranylgeranyl pyrophosphate, MEK1/2, PI3K

Background

Osteoclasts are multinucleated cells responsible for bone resorption. It is therefore critical to understand the regulatory mechanism of osteoclast formation and function to develop an effective treatment for metabolic bone diseases, such as osteoporosis [1]. Multinucleated osteoclasts are generated from hematopoietic precursor cells through the action of macrophage-colony stimulating factor (M-CSF) and receptor activator of NF-κB ligand (RANKL) [2-4]. These cytokines act on osteoclast precursor cells that express their receptors, c-fms and RANK, respectively. These receptors transmit osteoclastogenic signals through transcription-factor-activating intercellular kinase cascades, such as mitogen-activated protein kinases (MAPKs), phosphatidylinositol 3-kinase (PI3K)/Akt, and c-Src; these transcription factors include NF-κB, c-Fos/AP-1, and NFAT [5-7]. Consequently, it has been shown that mice deficient in NF-κB, c-Fos, NFAT, M-CSF, c-fms,
Figure 1 (See legend on next page.)
RANK or RANKL cannot generate osteoclasts and develop osteopetrosis [8-11].

Nitrogen-containing bisphosphonates (N-BPs) are a class of drugs used in the treatment of osteoporosis and diseases associated with high bone turnover [12]. N-BPs have been shown to prevent formation of farnesyl pyrophosphate (FPP) and geranylgeranyl pyrophosphate (GGPP), through inhibition of FPP synthase and GGPP synthase, both enzymes in the mevalonate pathway [13-16]. A major effect of these agents is promotion of apoptosis of mature osteoclasts. Recently, N-BPs have been reported to inhibit osteoclast formation in vitro [17]. The mechanism of suppression of osteoclast formation has also been reported to involve the inhibition of GGPP biosynthesis. In addition, although there is a report that N-BPs also induce the inhibition of small GTPases prenylation [18], several characteristics of osteoclast precursor cells remain unclear. In the present study, we investigated the mechanism by which minodronate and alendronate inhibit osteoclast formation in the macrophage-like cell lines C7 and RAW264.7.

**Methods**

**Materials**

Minodronate was supplied from Astellas Pharmaceutical (Tokyo, Japan). Alendronate was purchased from LKT laboratories Inc. (St. Paul, MN, USA). These reagents were dissolved in phosphate-buffered saline (PBS; 0.05 M, pH7.4), filtered through Syringe Filters (0.45 μm; IWAKI GLASS, Tokyo, Japan), and used for the various assays described below.

Farnesol (FOH) and geranylgeraniol (GGOH) were purchased from Sigma (St Louis, MO, USA). FOH and GGOH were dissolved in dry ethanol. U0126 and LY294002 were purchased from Promega (Southampton, Hants, UK) and dissolved in DMSO. The dissolved reagents were re-suspended in PBS (0.05 M, pH 7.4) and filtered through syringe filters before use.

**Cell culture**

We used C7 cells, which are mouse macrophage-like cells that have the ability to differentiate into osteoclasts [19,20]. The C7 cells were kindly provided by Dr. Shin-ichi Hayashi (Tottori University, Japan) and cultured in α-minimal essential medium (Sigma) supplemented with 10% fetal calf serum (Gibco, Carlsbad, CA), 50 ng/mL human recombinant M-CSF (Leukoprol; Kyowa Hakko, Shizuoka, Japan), 100 U/mL penicillin (Gibco) and 100 μg/mL streptomycin (Gibco), in an atmosphere containing 5% CO₂.

**Tartrate-resistant acid phosphatase (TRAP) staining**

Cells were fixed with 10% formalin in PBS and were rinsed with HEPES-buffered solution (0.9% NaCl, 10 mM HEPES, pH 7.1). Cells were stained with Fast Red Violet LB (Sigma) dissolved in TRAP buffer (50 mM sodium acetate, 30 mM sodium tartrate, 0.1% Triton X-100, 100 μg naphthol AS-MX phosphate, pH 5.0) for 45 min at 37°C. Multinucleated osteoclasts were identified under light microscopy as TRAP-positive cells with three or more nuclei. The total number of TRAP-positive cells and the number of nuclei in each well were determined.

**Cell viability**

Cell viability was assessed by the tetrazolium-dye method using a TetraColor ONE assay kit (WST-8 assay kit; Seikagaku, Tokyo, Japan). C7 cells (5 × 10⁴ cells/mL) were plated in 96-well plates and incubated with various concentrations of minodronate or alendronate for 12 days. Cultures were fed every three days by replacing with 50 μl of fresh medium with or without various concentrations of minodronate and alendronate. RAW264.7 cells (5 × 10⁴ cells/mL) were plated in 96-well plates and incubated with...
various concentrations of minodronate or alendronate for 7 days. Cultures were fed every three days by replacing with 50 μl of fresh medium with or without various concentrations of minodronate and alendronate. After both time points, absorbance was measured at 492 nm with a microplate reader (SK601, Seikagaku). The pro-tein content of this cell lysate was determined using the BCA protein assay kit (Pierce, Rockford, IL, USA). An aliquot of each extract (40 μg of protein) was fractionated by electrophoresis in an SDS-polyacrylamide gel and transferred to a polyvinylidene difluoride membranes (Amersham, Arlington Heights, IL, USA). Membranes were blocked with a solution containing 3% skim milk, and then incubated overnight at 4°C with each of the following antibodies: anti-phospho-extracellular signal-regulated kinase (ERK) 1/2 antibody, anti-phospho-Akt antibody, anti-phospho-p38MAPK antibody, anti-ERK1/2 antibody, anti-Akt antibody, and anti-p38MAPK antibody (Cell Signaling Technology, Beverly, MA, USA). Subsequently, the membranes were incubated for 1 h at room temperature with anti-rabbit IgG sheep antibody or anti-mouse IgG sheep antibody coupled to horseradish peroxidase (Amersham). Reactive proteins were visualized using a chemiluminescence (ECL-plus) kit (Amersham) according to the manufacturer’s instructions.

Statistical analysis
All results are expressed as means and S.D. of several independent experiments. Multiple comparisons of the data were performed by ANOVA with Dunnett’s test. P values were less than 5% were regarded as significant.

Results
Cytotoxicity against C7 and RAW264.7 cells
The cytotoxic effects of minodronate and alendronate on C7 cells were measured by WST-8 assay. The results showed that minodronate did not affect cell viability at a concentration of 0.1 μM to 0.5 μM for 12 days (Figure 1A). We also found that alendronate did not affect cell viability at a concentration of 0.5 μM to 2 μM for 12 days (Figure 1B). On the basis of these results, 0.1 to 0.5 μM were determined to be non-cytotoxic concentrations of minodronate, and 0.5 to 2 μM were determined to be non-cytotoxic concentrations of alendronate.
Next, we examine the cytotoxic effects of minodronate and alendronate on RAW264.7 cells. The results showed that minodronate did not affect cell viability at a concentration of 1 μM to 10 μM for 7 days (Figure 2A). We also found that alendronate did not affect cell viability at a concentration of 5 μM to 30 μM for 7 days (Figure 2B). On the basis of these results, 1 to 10 μM were determined to be non-cytotoxic concentrations of minodronate, and 5 to 30 μM were determined to be non-cytotoxic concentrations of alendronate.

Figure 3 Minodronate and alendronate inhibited osteoclast formation via suppression of GGPP biosynthesis in C7 cells. C7 cells were pretreated with 20 μM FOH or 20 μM GGOH for 4 h and then treated with 0.5 μM minodronate or 2 μM alendronate and 25 ng/mL RANKL plus 50 ng/mL M-CSF for 12 days. Cultures were fed every 3 days by replacing with 500 μL of fresh medium, with or without minodronate, alendronate, RANKL, M-CSF, FOH, and GGOH. (A, B) Inhibitory effect of mevalonate pathway intermediates FOH or GGOH on the inhibition of osteoclast formation by minodronate (A) and alendronate (B). Cultures were fixed and stained for TRAP-positive multinucleated cells, and the number of cells per well was counted. These results are representative of 5 independent experiments. *P < 0.01 compared to 25 ng/mL RANKL plus 50 ng/mL M-CSF administration. (C) CTR and cathepsin K mRNA expression in C7 cells that were treated with minodronate or alendronate along with FOH or GGOH. Total RNA was extracted, and the CTR and cathepsin K mRNA levels were determined by real-time PCR. The results are expressed as the ratio of treated to control samples after normalization to GAPDH mRNA levels. The results are representative of 4 independent experiments. *P < 0.01 compared to 25 ng/mL RANKL plus 50 ng/mL M-CSF administration. (D, E) Cultures were fixed and stained for TRAP-positive cells, and the number of cells per well was counted. These results are representative of 4 independent experiments. *P < 0.01 compared to 25 ng/mL RANKL plus 50 ng/mL M-CSF administration.
Figure 4 (See legend on next page.)
Minodronate and alendronate inhibited osteoclast formation through suppression of GGPP biosynthesis

We investigated the effect of minodronate and alendronate on osteoclast formation in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF, with or without minodronate and alendronate in C7 cells. C7 cells were seeded in 24-well plates (5000 cells/well, 1 mL/well) in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF with or without minodronate and alendronate. The culture medium was replaced every 3 days. Generation of TRAP-positive multinucleated cells increased in C7 cells in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF. On the other hand, minodronate and alendronate inhibited the generation of TRAP-positive multinucleated cells in a concentration-dependent manner (Figure 1C, D). We also investigated the effect of minodronate and alendronate on the osteoclastogenesis process. Minodronate and alendronate inhibited the cell fusion process in a concentration-dependent manner (Figure 1E, F). In addition, minodronate and alendronate inhibited the RANKL- and M-CSF-induced mRNA expression of the osteoclast markers CTR and cathepsin K (Figure 1G, H).

Next, we investigated whether minodronate and alendronate suppress osteoclast formation in RAW264.7 cells. RAW264.7 cells were seeded in 24-well plates (10,000 cells/well, 1 mL/well) in the presence of 50 ng/mL RANKL, with or without minodronate and alendronate. The culture medium was replaced every 2 days. The results showed that minodronate and alendronate inhibited the RANKL-induced TRAP-positive multinucleated cell formation and cell fusion process in a concentration-dependent manner (Figure 2C-F). In addition, minodronate and alendronate inhibited the RANKL-induced mRNA expression of CTR and cathepsin K (Figure 2G, H). These results indicated that N-BPs suppressed osteoclast formation through inhibition of cell fusion in osteoclast precursor cells.

Previous studies have demonstrated that minodronate and alendronate are capable of interfering with the mevalonate pathway in many cell types, including osteoclastic cells. Minodronate inhibits the synthesis of FPP or GGPP, two mevalonate pathway intermediates, and as a consequence, decreases prenylation of small GTPases such as Ras and Rho [21-25]. Therefore, we next investigated the possibility that minodronate and alendronate inhibit osteoclast formation through suppression of FPP or GGPP biosynthesis in C7 and RAW264.7 cells. Minodronate and alendronate inhibited osteoclast formation, whereas in combination with GGPP, generation of TRAP-positive multinucleated cells, mRNA expression of CTR and cathepsin K, and osteoclast nuclei numbers were restored to the levels observed in the presence of RANKL and M-CSF in C7 cells (Figure 3). By contrast, co-treatment with FOH did not significantly reverse the effects of minodronate and alendronate on osteoclast formation. In addition, similar to osteoclast formation in RAW264.7 cells, following the combination of GGPP with minodronate or alendronate, generation of TRAP-positive multinucleated cells, mRNA expression of CTR and cathepsin K, and osteoclast nuclei numbers were restored to the levels observed in the presence of RANKL (Figure 4). This suggests that the inhibition of osteoclast formation in C7 and RAW264.7 cells receiving N-BPs was due to inhibition of GGPP biosynthesis.

Minodronate and alendronate inhibited RANKL- and M-CSF-induced ERK1/2 and Akt activation in C7 cells

To investigate the molecular mechanisms of minodronate and alendronate in C7 cells, we examined phosphorylated ERK1/2, Akt, and p38MAPK by Western blot analysis. An increase in phosphorylation of ERK1/2, Akt, and p38MAPK were observed 15–60 min after RANKL plus M-CSF treatments (Figure 5A, G). We also observed that an increase in phosphorylation of ERK1/2 was observed 1 day after RANKL plus M-CSF treatments. In the phosphorylation of Akt, a consecutive increase was observed 1–10 days after RANKL plus M-CSF treatment, compared to the vehicle (PBS-treated). A substantial change in phosphorylated p38MAPK was not observed after RANKL plus M-CSF treatments (Figure 5B, H).

The administration of minodronate and alendronate did not lead to any increase in the phosphorylation of ERK1/2 after RANKL plus M-CSF treatments. On the contrary, this protein showed a decrease in
Figure 5 (See legend on next page.)
Due to the inhibition of GGPP biosynthesis.

These observations suggested that the inhibition of ERK1/2 and Akt activation in C7 cells treated with minodronate and alendronate was due to the inhibition of GGPP biosynthesis.

Effects of U0126 and LY294002 administration on osteoclast formation of C7 cells

It is suggested that osteoclast formation is inhibited in C7 cells by prevention of GGPP biosynthesis in the mevalonate pathway, thereby blocking the signaling pathway through the MEK/ERK and PI3K/Akt pathways. Therefore, an attempt was made to confirm whether osteoclast formation was inhibited by inhibiting production of ERK1/2 and Akt. U0126, a MEK1/2 inhibitor, and LY294002, a PI3K inhibitor, were administered to C7 cells, and their effect on osteoclast formation was examined. U0126 and LY294002 inhibited osteoclast formation in a concentration-dependent manner (Figure 6A, B). Administration of U0126 showed a decrease in phosphorylated ERK1/2 15–60 min and 1–10 days after RANKL plus M-CSF treatments in a concentration-dependent manner. U0126 (1 μM) or LY294002 (1 μM) appeared to decrease production of phosphorylated ERK1/2 or Akt to the same level as minodronate and alendronate (Figure 5C-F, Figure 5I-L, Figure 6C-F). These results suggested that 1 μM U0126 or 1 μM LY294002 inhibited the phosphorylation of ERK1/2 or Akt to the same degree as minodronate.

We next investigated whether a combination of 1 μM U0126 and 1 μM LY294002 inhibited osteoclast formation in C7 cells to the same level as minodronate. The combination of U0126 and LY294002 inhibited osteoclast formation and number of TRAP-positive fused cells compared with that of administration of U0126 or LY294002 alone. Moreover, the combinatorial effect of 1 μM U0126 and 1 μM LY294002 on osteoclast formation and number of TRAP-positive fused cells declined to the same level as minodronate and alendronate (Figure 7). These results suggested that minodronate and alendronate inhibited osteoclast formation through the suppression of ERK1/2 and Akt activation.

Discussion

In this study, we demonstrated that minodronate and alendronate inhibit osteoclast formation through the suppression of cell fusion induced by RANKL plus M-CSF or RANKL in cultures of osteoclast precursor cells.
Figure 6 (See legend on next page.)
Figure 6 U0126 (MEK1/2 inhibitor) or LY294002 (PI3K inhibitor) inhibited osteoclast formation. (A, B) C7 cells were treated with 0.25, 0.5, 1, or 2.5 μM U0126 (A) or 0.5, 1, 2.5, or 5 μM LY294002 (B). Cells receiving U0126 or LY294002 were cultured in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF. Cultures were fed every 3 days by replacing with 500 μL of fresh medium, with or without U0126, LY294002, RANKL, and M-CSF. Cultures were fixed and stained for TRAP-positive multinucleated cells per well was counted. These results are representative of 5 independent experiments. *P < 0.01 compared to 25 ng/mL RANKL plus 50 ng/mL M-CSF administration. (C, D) C7 cells were treated with 0.5, 1, or 2.5 μM U0126 or 1 or 5 μM LY294002 (D) for 24 h. Cells were cultured in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF for 15, 30, and 60 min. (C) C7 cells were treated with 0.5 μM minodronate for 24 h. Cells were cultured in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF for 15, 30, and 60 min. (E, F) Quantification of the amount of phospho-ERK1/2 or phospho-Akt normalized to the amount of total ERK1/2 or Akt, respectively. The results are representative of 5 independent experiments. *P < 0.01 compared to controls. (G, H) C7 cells were treated with 0.5, 1, or 2.5 μM U0126 or 1 or 5 μM LY294002 (D) for 24 h. Cells were cultured in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF for 1, 3, and 10 days. (I, J) Quantification of the amount of phospho-ERK1/2 or phospho-Akt normalized to the amount of total ERK1/2 or Akt, respectively. The results are representative of 5 independent experiments. *P < 0.01 compared to controls.

Figure 7 Combined effect of U0126 and LY294002 inhibited the osteoclast formation. (A) C7 cells were treated with 1 μM U0126 and 1 μM LY294002 for 24 h. Cells receiving U0126 or LY294002 were cultured in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF. Cultures were fed every 3 days by replacing with 500 μL of fresh medium with or without minodronate, alendronate, U0126, LY294002, RANKL, and M-CSF. Cultures were fixed and stained for TRAP-positive multinucleated cells, and the number of cells per well was counted. *P < 0.01 compared to 25 ng/mL RANKL plus 50 ng/mL M-CSF administration. (B) C7 cells were treated with 0.5, 1, or 2.5 μM U0126 for 24 h. Cells were cultured in the presence of 25 ng/mL RANKL plus 50 ng/mL M-CSF for 15, 30, and 60 min. *P < 0.01 compared to controls.

indicating that the mechanism of action is due to the inhibition of GGPP biosynthesis. Coxon et al. reported that a geranylgeranyl transferase inhibitor, but not a farnesyl transferase inhibitor, inhibits the differentiation, function, and survival of multinucleated osteoclasts in bone marrow cultures [26]. These findings suggest that the geranylgeranyl small GTPs are important for the osteoclast formation.

We observed that ERK1/2 and Akt were activated by the treatment of RANKL plus M-CSF, whereas the activation was inhibited by the administration of minodronate and alendronate. We also observed that U0126, a MEK1/2 inhibitor, and LY294002, a PI3K inhibitor, inhibited osteoclast formation in a concentration-dependent manner. Furthermore, combined administration of 1 μM U0126 and 1 μM LY294002 inhibited osteoclast formation in C7 cells, as observed with minodronate and alendronate. These results suggested that the MEK/ERK and PI3K/Akt pathways are required for osteoclast formation, which is also supported by the above-mentioned RANKL plus M-CSF actions. These findings demonstrated that minodronate and alendronate could inhibit osteoclast formation.

It was reported that RANK signaling activated transcriptional factors through several signal transduction pathways [27]. Among these factors, the activation of those closely linked to osteoclast formation is regulated by the MEK/ERK pathway. Downstream targets of ERK1/2 induce and activate c-Fos, a transcription factor for AP-1, which is essential for osteoclastogenesis [27]. Previous studies indicated that M-CSF stimulated ERK1/2 activation in osteoclast precursor cells [28]. These reported findings raise the possibility that ERK1/2 activation is necessary for osteoclast formation. Moreover, we demonstrated that minodronate and alendronate inhibit osteoclast formation through suppression of ERK1/2 activation. These results suggest that minodronate and alendronate are not only potentially useful as an anti-resorptive agent for inhibiting osteoclast formation, but also for inducing apoptosis in osteoclasts.

In the present study, we found that minodronate and alendronate at lower concentrations of 0.25 and 1 μM or
1 and 5 μM inhibited osteoclast formation via suppression of cell fusion in C7 or RAW264.7 cells for 12 days or 7 days, respectively. It has been reported that zolendronate at a concentration of 30 μM for 3 days inhibited the differentiation of osteoclast and osteoclast precursor cell migration in RAW264.7 cells and in mouse bone marrow cells [29]. In addition, various N-BPs were shown to inhibit osteoclast differentiation at a lower concentration of 0.1 μM in RAW264.7 cells for 6 days [30]. The inhibitory effect of N-BPs on osteoclast formation at different concentrations may be due to treatment for different amounts of time in osteoclast precursor cells. Collectively, these findings suggest that N-BPs suppress osteoclast formation via inhibition of cell fusion and migration.

Myeloma, breast, and lung cancer show osteolytic changes in bone [31,32]. Osteolysis is an essential component of the progression of primary or metastatic tumor in bone [31]. BPs have been reported to have direct antitumor effects [14,18,22,23,25]. The antitumor activities of BPs include induction of tumor apoptosis, inhibition of tumor cell proliferation, decreased tumor cell adhesion, and invasion into bone [33,34]. Minodronate has reported to inhibit tumor cell metastasis in bone and to suppress the metastasis-related bone destruction and osteoclast activity [35–38]. In addition, alendronate reduced ongoing and movement-evoked bone cancer pain, bone destruction, and the destruction of sensory nerve fibers that innervate the bone [39]. Moreover, alendronate reduced the formation of bone metastasis, and in addition to paclitaxel, prevented the formation of bone metastasis, non-osseous metastasis, and increased survival in prostate cancer murine models [40]. These findings suggest that minodronate and alendronate may suppress cancer-related bone destruction via inhibition of osteoclast formation, osteoclast activity, and tumor cell metastasis.

Conclusion
In conclusion, we observed the inhibitory action of minodronate and alendronate on osteoclast formation through suppression of ERK1/2 and Akt activations in a macrophage-like cell line of C7 cells. This finding may indicate the potential efficacy of minodronate and alendronate in the therapy of metabolic bone diseases.

Abbreviations
GGPP: Geranylgeranyl pyrophosphate; ERK: Extracellular signal-regulated kinase; MEK: Mitogen protein kinase; PI3K: Phosphatidylinositol 3-kinase; M-CSF: Macrophage-colony stimulating factor; RANKL: Receptor activator of NF-κB ligand; MAPK: Mitogen-activated protein kinase; N-BPs: Nitrogen-containing bisphosphonate; PBS: Phosphate-buffered saline; FFP: Farnesyl pyrophosphate; FOH: Farnesol; GGGH: Geranylgeranil; TRAP: Tartrate-resistant acid phosphatase.

Competing interests
The authors declare that they have no competing interests.

Authors’ contributions
MT carried out analysis of TRAP staining, cell viability assay, western blotting analysis, statistical analysis, and drafted the manuscript. MK carried out analysis of cell viability assay and western blotting analysis. TI, TS, MI, KS, and HS carried out western blotting analysis. TT, NO, KM, and DF carried out analysis of TRAP staining. JM, KS, and TS contributed to statistical analyses. SN designed the experiments and revised the manuscript. All authors read and approved the final manuscript.

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