Intracellular Trafficking Considerations in the Development of Natural Ligand-Drug Molecular Conjugates for Cancer

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Abstract—Overexpressed receptors, characteristic of many cancers, have been targeted by various researchers to achieve a more specific treatment for cancer. A common approach is to use the natural ligand for the overexpressed receptor as a cancer-targeting agent which can deliver a chemically or genetically conjugated toxic molecule. However, it has been found that the therapeutic efficacy of such ligand-drug molecular conjugates can be limited, since they naturally follow the intracellular trafficking pathways of the endogenous ligands. Therefore, a thorough understanding of the intracellular trafficking properties of these ligands can lead to new design criteria for engineering ligands to be more effective drug carriers. This review presents a few commonly used ligand/receptor systems where intracellular trafficking considerations can potentially improve the therapeutic efficacy of the ligand-drug molecular conjugates.

Keywords—Transferrin, Epidermal growth factor, Transforming growth factor-α, Folate, Interleukin-13, Targeted delivery.

INTRODUCTION

According to the Centers for Disease Control, cancer is currently second only to heart disease as the leading cause of death in the United States with an estimated 569,490 deaths in 2010.38,76 Unfortunately, current standard-of-care treatments still involve highly invasive surgical tumor resections followed by non-specific radiation and chemotherapy that harm both normal and cancer cells. The issues associated with these treatment modalities have spawned numerous studies, and though a therapy truly specific to cancer has yet to be discovered, much progress has been made to improve the tumor selectivity of treatments in recent years.

Beginning in the early 1980s, researchers began reporting that many receptors were found to have increased expression in cancer cells compared to their normal counterparts. These included growth factor receptors (GFRs), such as epidermal GFR and fibroblast GFR, as well as other receptors such as transferrin, interleukin-13, and folate receptors.53,70,80,87 Overexpressed cell-surface receptors have therefore been exploited for several years as cancer-selective targets for therapeutic purposes. By controlling the dosage of receptor-targeted therapeutics, these agents can specifically target cancer cells while minimally affecting normal cells. Such molecular therapeutic approaches include signal transduction inhibitors, molecules to induce an immune response, antibody-drug conjugates (immunotoxins), and natural ligand-drug conjugates. The focus of this review, however, is on natural ligand-drug conjugates that have been studied for their antitumor effects.

Although these molecular conjugates have sometimes been grouped with immunotoxins, ligand-drug conjugates deserve special consideration since they naturally follow the intracellular trafficking pathways of the endogenous ligands. As such, an understanding of the trafficking pathway of the natural ligand can lead to novel approaches for engineering the ligand to be a more effective drug carrier.59,71,72,127,128 Therefore, the purpose of this review is to summarize some of the more extensively investigated ligand-drug molecular conjugates with particular emphasis given to the intracellular trafficking properties of the ligand. Moreover, although ligands have been conjugated to liposomes and nanoparticles to enhance the targeting of these nanoscale drug delivery vehicles, they are not within the scope of this review, since the intracellular trafficking properties of these nanoscale drug carriers can vary from that of the ligand alone due to the large differences in size. In each of the
following sections, a brief overview of the ligand/receptor system will be provided, followed by a summary of the associated trafficking pathway as well as notable examples of specific ligand-drug conjugates.

**TRANSFERRIN**

Human serum transferrin (Tf) has been widely investigated for its potential as a targeting agent in cancer therapy. This monomeric glycoprotein is approximately 80 kDa in size and serves the physiological role of sequestering and transporting free iron from systemic circulation to the cells of the body. Each molecule of Tf contains two iron-binding lobes, the N-terminal lobe (N-lobe) and the C-terminal lobe (C-lobe), with each lobe capable of binding a ferric (Fe$^{3+}$) ion with an equilibrium dissociation constant ($K_D$) of approximately 10$^{-22}$ M.$^{1,2}$ This iron-bound Tf, or holo-Tf, can then interact with cells through the surface-localized Tf receptor (TfR), allowing holo-Tf to deliver its iron payload to the cell. Once internalized, these iron atoms are stored within ferritin or used in a variety of biological processes, including cellular growth and proliferation.$^{13}$

Since cancer cells are characterized by their uncontrolled growth, research has shown that these cells tend to require more iron, and thus, are likely to overexpress TfR. For example, a study by Tsan and coworkers, involving indirect detection of TfRs through immunofluorescence, demonstrated that neoplastic cell lines such as HEp-2 (larynx) and HeLa (cervix) have more TfRs on their surfaces than normal cells such as WI-38 (embryonic lung) and foreskin fibroblasts.$^{15}$ Moreover, an immunohistochemistry study by Griffin’s group indicated an overexpression of TfRs in malignant brain tissue, including glial tumors and meningiomas, compared to normal brain tissue.$^{87}$ The differences in expression levels of TfRs among cancer and healthy cells have been exploited by researchers to reduce the nonspecific toxicity of current cancer therapies.

**Transferrin Receptor Intracellular Trafficking**

The intracellular trafficking pathway of Tf and its receptor (Fig. 1a) is well-characterized and has been reviewed in several journals.$^{67,68,84}$ As previously mentioned, the pathway begins with the binding of Fe$^{3+}$ ions to Tf at physiological pH.$^{84}$ Holo-Tf then binds to TfR on the surface of cells with nanomolar affinity ($K_D \sim 10^{-10}$ M). The Tf/TfR complex is clustered into a clathrin-coated pit which allows the complex to be internalized into an endocytic vesicle by a temperature- and energy-dependent process. The endosome eventually matures and acidifies to a pH of approximately 5.3 due to an ATP-driven proton pump,$^{17}$ driving the release of iron from both iron-binding lobes of Tf.

The release of iron by Tf is a complicated process involving many steps, a few of which will be briefly discussed here. An important mechanism of endosomal iron release from the N-lobe of holo-Tf involves two lysine residues known as the “dilysine trigger”.$^{21}$ Though both lysines reside in opposite domains of the N-lobe, they are brought within close proximity in the iron-bound state, where only one of the two lysines is protonated, and therefore positively charged. The iron release “trigger”, which refers to the protonation of the opposite lysine residue upon acidification of the endosome, forces the two domains on each side of Fe$^{3+}$ apart due to electrostatic repulsions. In the C-lobe, iron release is influenced by a trio of residues coined the “pH-sensitive triad”, the exact mechanism of which remains to be characterized.$^{30}$ Moreover, iron release is facilitated by the interaction between Tf and TfR at endosomal pH, which explains decreased iron
release rates observed for in vitro experiments performed in the absence of the receptor. 57

After the release of iron, now in its reduced ferrous (Fe2+) form due to the presence of oxidoreductases in the endosome, Fe2+ enters the cytosol through a divalent cation transporter. Simultaneously, the iron-free Tf/TfR complex is recycled back to the cell surface. Since iron-free Tf (apo-Tf) has a low binding affinity for TfR at the near neutral pH of the cell surface, apo-Tf quickly dissociates from the cell-surface receptor, freeing TfR to bind to new holo-Tf molecules. This entire cycle of the Tf/TfR trafficking pathway typically lasts only 4–5 min. 52

While the rapid recycling of Tf contributes to the efficient transport of iron, it also limits the time frame in which the ligand can deliver a conjugated drug. A clear understanding of the intracellular trafficking pathway of Tf is therefore crucial to improving its efficacy as a drug delivery vehicle. 58 Through in vitro experiments and mathematical modeling, Murphy and coworkers previously demonstrated that the duration of cellular trafficking of monoclonal anti-transferrin receptor antibodies, or its cellular association, is correlated with the effectiveness of the antibody as a drug delivery vehicle. 118,124,125 In other words, an increased duration of the antibody in the cell, i.e., an increased cellular association, would result in greater exposure of the cell to the conjugated drug. Instead of investigating antibodies for TfR, the Kamei laboratory focused on the Tf ligand itself. Specifically, by deriving and analyzing an extensive model for Tf/TfR trafficking, Kamei and coworkers identified a previously unreported design criterion for engineering Tf to enhance its drug delivery efficacy, as discussed in the “Diphtheria Toxin” section.

Transferrin Conjugates

Doxorubicin

Doxorubicin (Adriamycin®) is a widely used anthracycline chemotherapeutic agent in the treatment of leukemia, breast carcinoma, and other solid tumors. 55 Doxorubicin manifests its toxicity by inhibiting topoisomerase II and/or intercalating nuclear DNA, thereby inhibiting DNA replication and halting cell growth. However, use of free doxorubicin in cancer treatment often leads to toxic side effects including nephrotoxicity, extravasation, cumulative cardiotoxicity, and myelosuppression. Furthermore, the clinical application of doxorubicin is also limited by the resistance of certain cancer cells to this drug. In recent years, considerable effort has been made to increase the specificity of this anti-neoplastic agent through targeted delivery. Several groups have investigated the potential of Tf as a carrier for doxorubicin by conjugating the two molecules through the formation of a Schiff base, and have seen a significant difference between the efficacy of free doxorubicin and the Tf-doxorubicin conjugate. 3,107,126 Additionally, Goldenberg and coworkers demonstrated that Tf-doxorubicin is cytotoxic toward KB nasopharyngeal carcinoma cell lines in vitro despite their cellular resistance toward the unconjugated drug. 26 In vivo studies by Micetich and coworkers, in which the drug was delivered to nude mice bearing human mesothelioma tumors, demonstrated a 69% increase in survival for mice treated with Tf-doxorubicin versus 39% for those treated with free doxorubicin, further validating the improved efficacy of the molecular conjugate. 107

Diphtheria Toxin

Diphtheria toxin (DT) is a single-chain protein secreted by Corynebacterium diphtheriae that inhibits protein synthesis by inactivation of elongation factor 2 (EF-2), an enzyme integral to this process. This bacterial toxin contains three functional domains: the catalytic EF-2 inactivating domain, the cytosolic translocation factor precursor, thereby reducing the nonspecific toxicity of Tf-CRM107 (TransMID™). 81 Furthermore, in vitro studies in which Tf-CRM107 toxicity was evaluated using a cellular protein synthesis assay indicated that the Tf-CRM107 conjugate is 1000- to 100,000-fold more toxic than free CRM107, illustrating the significant targeting ability of Tf. 115 In vivo testing of the efficacy of Tf-CRM107, performed by Youle and Oldfield’s group on solid human gliomas in the flanks of nude mice, further confirmed the increased cytotoxicity exerted by the conjugate. In this study, the injection of Tf-CRM107 every 2 days for a total of four doses led to a significant reduction in tumor size. Conversely, treatment with free CRM107 at the same dosing schedule was 10- to 100-fold less effective in its ability to inhibit tumor growth. The success of Tf-CRM107 eventually led to phase III clinical trials.

Unfortunately, phase III trials were canceled in late 2006 following the results of a conditional power analysis suggesting that its efficacy would not significantly improve upon the standard-of-care treatments for high-grade brain tumors. As mentioned previously in the trafficking section, Tf recycles very rapidly, and this short duration inside the cell probably limits the ability of Tf to deliver its cytotoxic payload. Thus, to
identify novel approaches to improving the efficacy of Tf-CRM107, Kamei and coworkers developed a mathematical model of the Tf/TfR trafficking pathway using the principles of mass action kinetics. A sensitivity analysis of the rate constants associated with the various binding events of this model helped determine that, by reducing or inhibiting the iron release rate of Tf within the endosome, its drug delivery efficacy would be significantly improved. Specifically, iron would be retained by Tf upon recycling to the cell surface and the conjugate would be reinternalized to participate in another cycle of trafficking due to the preserved high affinity of holo-Tf for TfR, increasing its cellular association (Fig. 1b). The drug delivery efficacy of Tf can therefore be improved, since multiple rounds of trafficking by a single Tf-drug conjugate would increase the probability of delivering the drug. With this design criterion, Kamei and coworkers subsequently engineered two Tf variants with decreased endosomal iron release rates using site-directed mutagenesis. These Tf mutants were conjugated to DT and were shown to be more effective than wild-type Tf in delivering DT in vitro to U87 and U251 human glioma cell lines. Furthermore, in vivo experiments, in which U87-derived tumors grown on the flanks of mice were treated with the conjugates, validated the improved efficacy of both mutant Tf-DT conjugates compared to their wild-type counterpart. Specifically, mice treated with the mutant Tf-DT conjugates demonstrated near complete tumor regression, while mice treated with the wild-type Tf-DT conjugates only demonstrated a delay in tumor growth under the same experimental conditions (Fig. 2). Ongoing studies of these mutant Tf molecules involve their conjugation to CRM107, with the hope that these mutant Tf-CRM107 conjugates would be more effective than TransMID™ in treating malignant gliomas.

**EPIDERMAL GROWTH FACTOR AND TRANSFORMING GROWTH FACTOR-α**

Cellular growth and proliferation is tightly regulated by a diverse group of polypeptides known as growth factors (GFs). A review by Moses and coworkers suggests that the fine-tuning of relative proliferation rates necessary for the coordinated growth of cells into different tissues is due to the multiplicity, varying cell type specificity, and coordinated actions of GFs. The growth and proliferation of neoplastic cells, on the other hand, are not held to this standard of regulation found in normal cells, since many types of cancers harbor means of escaping cellular growth control by producing autocrine GFs, synthesizing mutant GF receptors, and activating downstream receptor pathways that can altogether bypass the GF requirement. Moreover, studies demonstrate that many tumors overexpress receptors for GFs, favoring the continuous activation of their associated signal transduction pathways leading to enhanced cell motility, proliferation, angiogenesis, and reduced apoptosis. This discovery motivated many groups to target these GF receptors as a means of developing cancer-specific therapeutic agents.

This section will focus primarily on the targeting of the epidermal growth factor receptor (EGFR), a receptor tyrosine kinase found to be overexpressed in a variety of cancers. The EGFR-based ligand/receptor system is one of the best characterized cell-signaling pathways, with its inhibition being one of the first examples of targeted therapy leading to suppression of tumor growth in vivo, as extensively reviewed in other journals. Moreover, the gene encoding EGFR, ERBB1, has been established as a cellular oncogene, since introducing high levels of this receptor into cultured cells confers the malignant phenotype in the presence of EGFR ligands. Though many of the clinically relevant drugs targeting EGFR include monoclonal antibodies and tyrosine kinase inhibitors which effectively downregulate the effects of EGFR signaling, this section will focus on the ability of two commonly used EGFR ligands, epidermal growth factor (EGF) and transforming growth factor-α (TGF-α), to deliver conjugated cytotoxic agents selectively to neoplastic cells.

*Epidermal Growth Factor Receptor Intracellular Trafficking*

Much of what is known regarding the intracellular signaling and trafficking of EGFR ligand/receptor...
complexes has been discovered through experimental observation coupled with mathematical modeling. As reviewed by Wiley, Shvartsman, and Lauffenburger, mathematical modeling helped provide important predictions regarding the complex EGFR system that were later tested and refined by the parallel development of powerful molecular, microscopic-imaging-based and biochemical kinetic assays. The following information provides some of the key findings regarding the EGFR system utilizing these tools.

There are currently seven known ligands for EGFR, two of which are EGF and TGF-α, each eliciting both distinct and redundant biological activities upon EGFR activation. There also exist four receptors in the EGFR family of receptor tyrosine kinases, which include EGFR, erbB-2, erbB-3, and erbB-4. Though some of the other three receptors have the ability to bind their own ligands, their importance is in their interaction with EGFR and each other following ligand activation. Altogether, the various EGFR ligands and receptors can modulate the EGFR signal transduction pathway in different cells to perform a variety of biological functions through their specific pairings.

As outlined in Fig. 3, EGFR undergoes a conformational change which allows it to dimerize with erbB-2, erbB-3, or another EGFR upon ligand binding. This interaction triggers phosphorylation of key tyrosine residues in the cytoplasmic tail of EGFR, providing docking sites for proteins containing Src homology 2 and phosphotyrosine binding domains. These proteins then initiate several signaling pathways including the mitogen-activated protein kinase kinase (MEK) pathway and the phosphatidylinositol 3 (PI3) kinase/Akt pathway, ultimately leading to activation of the various biological functions previously mentioned.

While this signal can be modulated by the specific ligands and receptors involved in the initial binding event, it can further be modulated by differential intracellular trafficking of the ligand/receptor complex following endocytosis, as evident in the comparison of EGF and TGF-α. Work by the Lauffenburger lab demonstrated that, while EGF-bound EGFR complexes are typically sorted to the lysosome for receptor degradation, TGF-α bound EGFR complexes are sorted to intracellular recycling compartments. This differential trafficking behavior may be due to the fact that while EGF maintains its association to EGFR within the endosomal compartment, TGF-α readily dissociates from EGFR. Since the ligand/receptor interaction is important for maintaining signal transduction, the early dissociation of TGF-α may bias its signaling activity to the cell surface. EGF-activated receptors, on the other hand, can continue their

FIGURE 3. Signal transduction of epidermal growth factor receptor upon ligand activation. Copyright © 2005 American Cancer Society, with kind permission from John Wiley and Sons.
signaling far into the intracellular trafficking pathway since the EGF/EGFR complex is maintained intact until just before lysosomal degradation.9

Due to the importance of EGFR overexpression and signaling in the development of the malignant phenotype in many cancers, much of the current generation of cancer-specific therapeutics involve the inhibition of EGFR-associated cell signaling. Currently, the EGFR-specific monoclonal antibody cetuximab (C225, Erbitux™) and the tyrosine kinase inhibitor erlotinib (Tarceva®) are potent inhibitors of EGFR signaling that have obtained Food and Drug Administration (FDA) approval for the treatment of certain cancers.92 However, it has been demonstrated that the benefits from these therapeutic approaches are largely cytostatic rather than cytotoxic, and therefore, researchers are interested in enhancing the antitumor efficacy of these drugs by supplementing them with other therapeutics.60 EGFR ligand-drug conjugates represent one alternative approach that may enhance the efficacy of conventional therapeutics that target EGFR.

**EGFR Ligand Conjugates**

**Ricin**

Ricin belongs to a group of plant-derived toxins known as ribosome-inactivating proteins (RIPs) best known for irreversibly damaging ribosomes through their unique RNA N-glycosidase activity and ultimately arresting cellular protein synthesis.4 Recently, Sperti and coworkers revealed that the N-glycosidase activity of RPs, which is specific to adenine bases, can also damage nuclear DNA. This mode of action, together with protein synthesis inhibition, can induce cellular apoptosis.8 For this reason, RPs are attractive toxins for the development of cancer-directed therapeutic conjugates. However, type II RPs, like ricin, contain their own receptor-recognizing domain, which must be removed prior to conjugation to a targeting ligand to obtain cancer-selectivity. For the case of ricin, this truncated variant is known as ricin toxin A. In 1980, Collier and coworkers reported the development of an EGF-ricin toxin A (EGF-RTA) conjugate which demonstrated cytotoxicity at concentrations similar to those required for the biological activity of EGF (10^{-11}\text{–}\text{10}^{-9} \text{M}) in immortalized 3T3 mouse fibroblast cells.12 This work motivated the Herschman lab to investigate the in vitro therapeutic potential of these conjugates against cancer cell lines such as HeLa and A431 (epidermal) cancer cells.33,106,113 Protein synthesis inhibition assays revealed IC_{50} values (or the concentrations at which 50% inhibition of protein synthesis occurs) of approximately 10^{-11} \text{M} for both cell lines, consistent with the earlier investigation by the Collier lab. But the most interesting aspect of the HeLa cell study is its comparison of the cytotoxic efficacy of EGF-RTA and an anti-EGFR antibody-ricin toxin A (C225-RTA) immunotoxin.113 The study revealed that, although C225-RTA was able to bind more tightly to EGFR than EGF-RTA, EGF-RTA was internalized to a significantly greater degree, reaching 60% internalization within 15 min while C225-RTA internalization never exceeded 30%. Despite these stark differences in EGFR-mediated cellular association, both agents exhibited a similar concentration-dependent potency in HeLa cells. This result may be due to the added benefit of C225-RTA in blocking the EGFR signal transduction pathway, given the clinical success of C225 as an inhibitor of the EGFR signaling pathway. In contrast, EGF-RTA was simply able to deliver more of its conjugated toxin, suggesting the importance of both EGFR signal inhibition and drug internalization in the development of an effective EGFR-targeted therapeutic. Therefore, combining EGFR ligand-drug conjugates such as EGF-RTA with currently available EGFR inhibiting therapies may significantly improve the efficacy of conventional therapeutics.92

**Pseudomonas Exotoxin**

*Pseudomonas* exotoxin (PE) from *Pseudomonas aeruginosa* is a bacterial toxin similar to DT.32 Like DT, this toxin contains three domains with the same general functions. As in the case of ricin conjugates, its receptor-recognition domain must be intact for efficient delivery to the cytosol.110 A truncated variant of PE (PE40) that satisfies both of these conditions is typically used for ligand conjugation. Most interestingly, truncated PE molecules like PE40 have been linked to two different EGFR ligands, EGF and TGF-α (both with M_{W} ~ 6 \text{kDa}), which demonstrate different intracellular trafficking dynamics that potentially affect the delivery of the fused toxin. As investigated by the Pastan lab, a recombinant fusion protein of TGF-α and PE40 demonstrated high levels of protein synthesis inhibition against A431 cells which express 3 × 10^{6} EGF cell\textsuperscript{-1}, moderate levels against KB cells which express 2 × 10^{7} EGF cell\textsuperscript{-1}, and very low levels against HUT 102 T cell leukemia cells which express less than 10^{3} EGF cell\textsuperscript{-1} (Table 1).14,105 A recombinant fusion protein of EGF and a truncated PE (PEΔIa) similar to PE40, developed by Hwang and coworkers, demonstrated a similar trend in potency against A431, KB, and HUT 102 cells, though their potency was significantly weaker (Table 1).65,69 Moreover, the TGF-α-PE40 recombinant fusion protein, also known as TP-38, has been investigated in phase
TABLE 1. Comparison of 24-h protein synthesis inhibition IC₅₀ values of TGF-α-PE40 and EGF-PE(Ala) in a variety of cancer cells with different expression levels of EGFR.

| Cancer cell line | EGFR (number of receptors per cell) | TGF-α-PE40 IC₅₀ (ng mL⁻¹) | EGF-PE(Ala) IC₅₀ (ng mL⁻¹) |
|------------------|-------------------------------------|---------------------------|---------------------------|
| A431 (epidermoid) | 3 × 10⁶                              | 0.1                       | 9                         |
| KB (nasopharyngeal) | 2 × 10⁶                              | 0.2                       | 9                         |
| HUT 102 (leukemia) | < 10⁵                                | > 1000                    | > 200                     |

Data taken from published work by Pastan and coworkers.¹⁰⁵ and Hwang and coworkers.⁶⁵

I/II clinical trials for the treatment of brain and central nervous system tumors with moderate success.⁹⁷,⁹⁸ However, further clinical testing was terminated in late 2009 due to safety concerns.

**FOLATE**

Folate, or vitamin B₉, is another natural ligand that has demonstrated great potential as a targeting agent for cancer therapeutics. Unlike Tf, which is a protein, folate exists as a small hydrophilic molecule that is necessary for nucleotide synthesis, and thus cellular survival.⁷⁰ The vast majority of folate uptake in nearly all cells is due to either a proton-coupled folate transporter or a reduced folate carrier.⁷³,¹²⁹ The expression of a third carrier, the folate receptor (FR), is typically restricted to normal epithelial tissue but has also been shown to be overexpressed on a large number of epithelial and non-epithelial cancers, with about 1–3 × 10⁶ receptors per cell.¹¹² Furthermore, while folate-conjugated drugs lack affinity for the two former cell-surface proteins, they demonstrate a very high affinity for FR, an important feature when considering folate as a cancer-targeting agent.

Though FR exists in four known isoforms (α, β, γ, and δ), it is primarily found as either FR-α or FR-β. Of these, FR-α is the most common, present on several types of epithelial tissue including tissues of the fallopian tubes, uterus, epididymis, breast, lung, choroid plexus, and kidney.²³ Additionally, cancer cells of the breast, lung, uterus, ovary, kidney, colon, thyroid, and brain have demonstrated overexpression of FR-α compared to their normal counterparts.⁷⁰ Though the presence of FR-α on normal epithelial tissue is potentially problematic, most of these receptors face the organ’s lumen, and are thus isolated from systemically delivered folate-drug conjugates. Kidney epithelia are an exception, since they come into contact with these conjugates from the blood filtrate. However, FR-α on these epithelial cells participates in a mechanism to prevent folate from being cleared by the body, returning filtered folate-drug conjugates from the lumen of the kidney tubules back to systemic circulation via transcytosis rather than simply internalizing the conjugate. This affords some level of protection to the kidneys.¹²¹ Meanwhile, FR-β is only found in activated macrophages and some malignant hematopoietic cell types.¹²¹ Thus, folate-conjugated drugs will localize to the kidneys as well as locations of inflammatory immune response in cancer-free patients but, importantly, will also localize to FR-positive tumors in cancer patients. Although this ligand has been more extensively reviewed elsewhere for both targeted cancer therapy and imaging applications,⁷⁰,⁹⁵,⁹⁶,¹²¹ this section will cover the basic principles of folate trafficking and examples of its use in cancer therapy.

**Folate Receptor Intracellular Trafficking**

The trafficking of the folate-drug conjugate with FR begins with the binding of folate to the receptor. It has been estimated that, at physiological pH, folic acid is able to bind to FR-α with picomolar affinity (KD ~ 10⁻¹² M).⁴³ Additionally, drugs linked to the γ-carboxyl group of folate have been shown to have a much higher affinity for FR-α over α-carboxyl-conjugated folate, but the exact KD values for these interactions have not been determined.¹¹⁴

Both FR-α and FR-β are glycosylphosphatidylinositol (GPI)-anchored proteins, meaning that unlike transmembrane proteins, they only contain an extracellular domain that is attached by a chain of sugars and phosphates to a lipid embedded in the outer leaflet of the plasma membrane. Due to their size and shape, these complexes are believed to preferentially reside in lipid rafts.³⁵ Additionally, upon ligand binding, these GPI-anchored proteins have a different endocytic mechanism than many other types of proteins.³⁴ For instance, while the Tf/TfR complex is internalized via clathrin-coated pits, the GPI-anchored FR is primarily internalized through clathrin-independent carriers (CLICs). These ring-shaped tubules form directly from the plasma membrane and are believed to function as a mechanism for the internalization of GPI-anchored proteins.³⁴

Though the mechanism is unclear, these CLICs show an ability to sort different types of proteins and eventually mature into GPI-rich early endosomal compartments (GEECs) which, as the name suggests, contain high concentrations of GPI-anchored proteins like FR. While it remains unclear as to how these processes occur, the GEECs demonstrate an ability to sort some of their contents into early endosomes, shared with Tf/TfR complexes.³⁴,¹²² These early endosomes are eventually routed to a recycling endosomal compartment (REC) at the perinuclear region, which
recycles FR back to the cell surface, often with folate intact. At this point, the folate/FR complex can again cycle through this trafficking pathway. After achieving steady-state, it is believed that between 50 and 75% of FR remains within the cell at any given time.

In designing folate-based cancer therapeutics, Low and coworkers determined that along with understanding the intracellular trafficking pathway of folate, it is necessary to consider the endosomal conditions that will be encountered by folate-based therapeutics. First, to determine whether or not folate encounters reductive environments in its intracellular trafficking pathway, Low and coworkers investigated the intracellular trafficking conditions of folate using a fluorescence resonance energy transfer (FRET) reporter. In this case, the reporter (which we will refer to as reporter #1) contained a BODIPY fluorescent probe conjugated to a rhodamine fluorescent probe through a reducible disulfide linkage. Reporter #1 was further conjugated to a folate molecule through a non-reducible amide linkage. Excitation at 488 nm would cause BODIPY to emit light at 520 nm (green) when the disulfide bond was cleaved, but when intact, the BODIPY emission would be quenched by the nearby rhodamine and result in a final light emission at 595 nm (red). As demonstrated by the confocal images in Fig. 4, it was discovered that the disulfide bond of reporter #1 was reduced very efficiently throughout the entire folate/FR trafficking process.

To determine the acidity of the environment encountered by folate/FR complexes, the same group used a similar FRET reporter (which we will refer to as reporter #2) with a BODIPY fluorescent probe and a quenching dabcyl molecule on opposite ends of a pH-sensitive acyl hydrazone linkage. Accordingly, acid-induced cleavage of the quenching dabcyl molecule would result in green fluorescence characteristic of BODIPY. As shown in Fig. 5, the acyl hydrazone linkages were cleaved only in the REC after 5.5 h of association with KB cells (Fig. 5c). Through further characterization of this process, Low and coworkers were able to determine that, throughout the folate/FR trafficking pathway, the pH remained above 6.0 with an average pH between 6.6 and 6.8. Because folate conjugates encounter an endosomal environment that is more reducing than acidic, a cleavable disulfide linkage, rather than an acid-cleavable linkage, should be used to guarantee effective intracellular drug release.

**Folate Conjugates**

**Tubulysin B-H**

Tubulysin B is an extremely potent natural peptide produced by certain myxobacteria that destabilizes microtubules and kills cells with IC$_{50}$ values as low as $8 \times 10^{-10}$ M. Vlahov and coworkers have shown that tubulysin B-H, a tubulysin B molecule that has been functionalized with a hydrazide for conjugation
chemistry, retains much of this potency, with IC₅₀ values as low as 2.5 × 10⁻⁹ M. However, in its free form, tubulysin displays nonspecific toxicity, delaying its further development in cancer treatment. Thus, Vlahov and coworkers have investigated folate conjugates of tubulysin B-H to limit its potency to cancers that overexpress FR. To determine whether the folate-tubulysin B-H conjugate (EC0305) maintained a similar potency as the unconjugated toxin, Vlahov and coworkers performed a series of in vitro studies on KB and RAW 267.4 (macrophage) cells and determined IC₅₀ values to be 1.5 × 10⁻⁹ and 2.6 × 10⁻⁹ M, respectively. Moreover, this conjugate demonstrated an ability to target cancer cells specifically through FR. In vivo studies in mice with established KB dorsal medial tumors intravenously treated with tubulysin B and tubulysin B-H experienced dose-dependent systemic toxicity with no signs of tumor regression when given a maximum of two consecutive doses of 1 μmol drug per kg body weight (μmol kg⁻¹). Conversely, mice treated with EC0305 were found to show partial tumor regression with doses as low as 0.5 μmol kg⁻¹ and complete tumor regression in all tested mice at 1 and 2 μmol kg⁻¹, with no apparent side effects or toxicity. Thus, while native tubulysin B–H was unable to produce an antitumor effect due to its high nonspecific toxicity, EC0305 was able to induce tumor regression with no apparent dose-limiting toxicity. Furthermore, the IC₅₀ values of EC0305 were three-fold lower than other similar folate-targeted chemotherapeutics, such as folate-mitomycin C and folate-camptothecin. Recent studies also demonstrated that EC0305 was more effective against M109 (murine lung) and 4T1-C12 (murine mammary) cancer cells compared to folate-desacetylvinblastine monohydrazide (EC145), a folate-targeted drug that has reached phase II clinical trials.

Haptens

In contrast to using the folate/FR trafficking pathway to release and deliver a cytotoxic agent into a targeted cell, researchers in the Low laboratory have also utilized folate-hapten conjugates to coat the surface of cancer cells with haptens, i.e., small molecules that induce an immune response when attached to a large carrier molecule. Although many attempts have been made to generate an immune response to cancer-specific antigens, these attempts have had varying levels of success. To address this challenge, the Low laboratory exploited the ability of the folate/FR complex to remain intact throughout its trafficking pathway to coat FR expressing cancer cells with folate-conjugated haptens, which are recognized by endogenous antibodies and lead to antibody-dependent immunity.

FIGURE 5. Investigating the acidity of intracellular compartments during folate-FR trafficking using FRET. The folate-FRET reporter #2 emits green fluorescence upon acid-induced cleavage. After a 0.5-h incubation with 100 nM of reporter #2 and a subsequent wash step to remove unbound conjugates, KB cells were imaged with confocal microscopy after (a) 1.5, (b) 5.5, or (c) 18.5 h of further incubation in culture medium by excitation at 488 nm. Copyright © 2007 American Society for Pharmacology and Experimental Therapeutics.
cellular cytotoxicity (ADCC). To accomplish this, the Low laboratory created folate-FITC, which was a conjugate between folate and a functionalized fluorescein molecule linked by a short, non-cleavable spacer. Since FITC does not naturally induce an immune response by itself, mice were first inoculated with FITC-carrier conjugates, such as FITC-bovine serum albumin (FITC-BSA) or FITC-keyhole limpet hemocyanin (FITC-KLH), to stimulate mice to develop antibodies against FITC. Next, the folate-FITC conjugates were added along with low levels of interleukin-2 and interferon-γ, which help induce ADCC.

In vivo data showed that mice with M109 tumors were able to demonstrate complete tumor regression and survive significantly longer with no off-target toxicity. Moreover, when mice that had shown tumor remission were reinoculated with M109 tumor cells, they were able to reject the tumor without treatment. Investigation into the biological processes of this treatment has confirmed an immunological response with recruitment of natural killer cells and macrophages for tumor clearance, and CD4+ and CD8+ T cells for adaptive immunity.

INTERLEUKIN-13

Interleukin-13 (IL-13) is a natural cytokine in the body produced by activated T-helper type 2 and mast cells that inhibits the production of inflammatory cytokines in monocytes and enhances growth and differentiation of B cells, monocytes, and endothelial cells. Due to this important role in the immune system as well as its roles in allergy and cancer, IL-13 and its receptors have been extensively reviewed. Through investigations of the IL-13 receptor (IL-13R) composition on various cell lines, the Puri laboratory characterized its complex structure into three types (Fig. 6). Type I IL-13Rs are made up of IL-13Rx1, IL-13Rx2, and IL-4Rx chains. Type II receptors, on the other hand, only consist of IL-13Rx1 and IL-4Rx chains. Type III receptors are composed of IL-13Rx1, IL-4Rx, and IL-2Rγc chains. Depending on the type of receptor activated by IL-13, the IL-13/IL-13R complex can either initiate cellular signaling through the activation of Janus kinases and the signal transduction activator of transcription (STAT) protein (type II and III) or internalize with an undetermined degree of signal transduction (type I), although the purpose of this latter function has yet to be fully elucidated. Additionally, it was discovered that only the interaction between IL-13 and the type I IL-13R was able to induce internalization due to the presence of the receptor’s unique IL-13Rx2 chain.

![FIGURE 6. Signal transduction of the three types of interleukin-13 receptors upon ligand activation.](image)

In a study by Puri and coworkers, the type I receptors were found to be overexpressed on a variety of cancers including renal cell carcinoma, glioma, and ovarian adenocarcinomas. In another study, Puri’s group investigated type I IL-13R expression in 25 brain tumor explants, as well as normal human astrocyte cultures and normal brain tissue. RT-PCR analysis showed expression of IL-13Rx2 in 72% of all brain tumor samples and 82% of glioblastoma multiforme cases; moreover, it was shown that the IL-13Rx2 chain was expressed almost exclusively among brain tumor explants rather than normal cells and tissue. Due to its overexpression in cancer cells and ability to internalize, the type I IL-13R has been exploited as a target to deliver therapeutics specifically to cancers without the risk of toxicity to normal tissue. However, the reason for its overexpression in cancer is unknown.

Interleukin-4 (IL-4) is a cytokine that shares common receptor subunits with IL-13, and thus common signaling pathways. Like IL-13, IL-4 is also commonly overexpressed in many types of cancers and has been used as a targeting agent for cancer treatment. Though this section will focus on IL-13 and its receptors, more information on IL-4 and its role in cancer drug delivery can be found in reviews published by the Puri laboratory.
Once IL-13 has been bound to both receptor chains, its affinity greatly increases ($K_D \sim 3-4 \times 10^{-11} \text{ M}$), indicating cooperative binding.\textsuperscript{54,75}

This type of binding initiates cell signaling for the activation of transcription factors. The cytoplasmic regions of both IL-13R$\alpha_1$ and IL-4R$\alpha$ chains found in type II receptors interact with various tyrosine kinases, ultimately interacting with PI3 kinase (involved in cellular proliferation) and STAT6 (involved in altering gene expression).\textsuperscript{49} In cells that express type III IL-13R, signaling similar to type II receptors is believed to take place; however, kinetic studies have shown reduced specificity and a decrease in the rate of IL-13 binding to IL-13R$\alpha_1$ in the presence of the IL-2R$\gamma_c$ chain in type III IL-13R.\textsuperscript{57} Endocytosis, however, is only induced by the additional binding of IL-13 to the IL-13R$\alpha_2$ chain, found only in type I IL-13R. This endocytic behavior of type I IL-13R was determined by studies demonstrating large concentrations of IL-13R$\alpha_2$ found within intracellular vesicles. Moreover, IL-13 has a much higher affinity for IL-13R$\alpha_2$ than IL-13R$\alpha_1$, effectively inhibiting cell signaling in exchange for endocytosis of IL-13 in cells that express IL-13R$\alpha_2$.\textsuperscript{22}

Closer examination of the IL-13R$\alpha_2$ chain has revealed that it exists in three compartments: intracellular vesicles, the plasma membrane, and extracellularly in a soluble form (Fig. 7).\textsuperscript{18} In most cells, IL-13R$\alpha_2$ is predominantly located in intracellular vesicles; however, the IL-13R$\alpha_2$ chain can quickly be mobilized to the cell surface upon inflammation, accounting for the higher expression of IL-13R in many inflammatory states associated with allergy and parasitic infection. Due to its short cytoplasmic tail which lacks signaling motifs, membrane-bound IL-13R$\alpha_2$ has been hypothesized to act primarily as decoy receptors that inhibit IL-13 signaling by competitive binding particularly due to its higher affinity for IL-13 over IL-13R$\alpha_1$. Its soluble form, a product of either alternative splicing of the IL-13R$\alpha_2$ mRNA or cleavage of the membrane-bound IL-13R$\alpha_2$,\textsuperscript{109} can sequester IL-13 before it has a chance to bind type II IL-13R and also inhibit signal transduction. Coupled with its propensity to induce internalization of IL-13/ type I IL-13R complexes, IL-13R$\alpha_2$ plays an important role in IL-13 signal regulation that involves an unidentified intracellular trafficking process. As demonstrated by the previously discussed ligand/receptor systems, an understanding of this process can help to improve the therapeutic efficacy of current generation IL-13-conjugated cancer therapeutics, some of which are discussed in the next section.

**Interleukin-13 Conjugates**

**Diphtheria Toxin**

DT has been fused to IL-13 as a vehicle for targeted delivery to cancer cells. For example, the Vallera laboratory developed a recombinant fusion protein made up of IL-13 and a truncated variant of DT (DAB$_{389}$), lacking its receptor-recognition domain, called DTIL13.\textsuperscript{66} In vitro studies of DTIL13 on glial cell lines have demonstrated that its cytotoxicity increases with an increase in the density of IL-13R expressed on the cell. In vivo testing by Vallera’s group, however, showed mixed results. In the first set of trials, testing in a U373 xenograft mouse tumor model resulted in tumor regression of all mice treated intratumorally with doses of 1 and 10 $\mu$g. In the second trial, five more mice were given 10 $\mu$g doses. While reduction of tumor size was initially observed in all mice, two became completely cured while others relapsed. This suggests a possible mechanism of resistance to the drug for yet an unknown reason. Further testing was carried out in intracranial brain tumor models in mice.\textsuperscript{93} Intratumoral administration of DTIL13 indicated that no toxic side effects occurred for 1 $\mu$g injections of the drug, whereas loss of body weight was observed at higher doses. Overall, survivability was increased by 35% in mice treated with the 1 $\mu$g dose. Furthermore, Vallera and coworkers developed a new drug called DTAT13, which combines the components of DTIL13 with an N-terminal fragment of the urokinase-type plasminogen activator (uPa), allowing it to target cancer cells overexpressing the uPa receptor as well.\textsuperscript{94}
This formulation has shown greater efficacy than both DTIL13 and DTAT, which is DTAT13 without IL-13. Pharmacokinetic studies demonstrated that the presence of both ligands does not impede the binding of the other and allowed faster internalization and killing of cancer cells than DTIL13 or DTAT. DTAT13 was also observed to have a longer in vivo half-life, giving it more time to associate with tumors. Furthermore, the Vallera laboratory studied a similar bispecific recombinant fusion protein which targeted both IL-13R and EGFR with similar results.

**Pseudomonas Exotoxin**

Similar to EGF and TGF-α, IL-13 has also been conjugated to PE. For example, the Puri group developed a mutant form of PE (PE38QQR) similar to the PE40 variant used in the TGF-α conjugates. The fusion of this mutant to IL-13 led to the development of IL13-PE38QQR, also known as cintredekin besudotox, which was used to target cells overexpressing type I IL-13R. Though this molecule has demonstrated an ability to inhibit protein synthesis, it has also shown the capability of inducing caspase-mediated apoptosis by damaging mitochondria. Through in vitro studies of multiple glioblastoma cell lines expressing IL-13R at different densities, Puri and coworkers were able to achieve IC\(_{50}\) values that were less than \(2 \times 10^{-11}\) M, which were still high enough doses to completely kill cells in some cases, indicating high sensitivity to the recombinant fusion protein.

Subsequently, in vivo testing performed in mice with established subcutaneous U251 xenografts showed that increasing the dosage of the drug impeded tumor growth while imparting minimal effect on noncancerous cells when administered intravenously, intraperitoneally, and intratumorally, with intratumoral administration yielding the best results. However, due to the drug’s short in vivo half-life, frequent administration was necessary to enhance its efficacy and achieve complete regression. This led to the implementation of a convection-enhanced delivery system, as used in the delivery of other therapeutics such as Tf-CRM107, in which a catheter placed into the tumor employs a pressure gradient to deliver the drug.

Because large biomolecules such as proteins have low diffusion coefficients, convection-enhanced delivery has been effective in increasing the drug’s entry into the tissue by supplementing diffusion with convection. This has allowed for the drug to be administered to a larger volume of the tumor compared to the volume achieved by a simple intratumoral injection.

Although early clinical testing was successful and cintredekin besudotox showed promise, progress stalled during phase III clinical trials due to adverse events in patients, including aphasia and hemiparesis, as well as other nervous system, vascular, and psychiatric disorders, indicating that specificity for target cells was not as strong as initially believed. As a solution, Lowenstein and Castro’s group developed an inducible adenoviral vector encoding both (i) a mutated form of human IL-13, which binds more tightly to the IL-13Rz2 chain of type I IL-13R, fused to PE (mhIL-13-PE) and (ii) a mutant form of human IL-4 (mhIL-4), which inhibits potential binding of mhIL-13-PE to normal brain cells by binding directly to the physiological IL-4R and IL-13R (without interacting with the IL-13Rz2 chain). In addition, because this adenoviral vector is regulated by a tetracycline-responsive promoter, mhIL-13-PE can be continuously expressed in the presence of tetracycline, significantly increasing its in vivo half-life. Implementation of the vector in vitro showed loss of cell function in over 70% of IN859 and U251 glioma cell lines, while showing no toxicity against control COS-7 monkey kidney cells which do not express IL-13Rz2. Furthermore, in vivo testing in an intracranial U251 xenograft mouse tumor model resulted in 70% long-term survival with no effects on brain structure and function or overt toxic effects.

**CONCLUDING REMARKS**

Natural ligand-drug molecular conjugates for cancer have been extensively studied over the past several years. Though these conjugates have demonstrated some preclinical and clinical successes, not many have obtained FDA approval for the treatment of cancer. The general lack of FDA-approved ligand-drug conjugates may be attributed to the natural properties of the targeting ligand, which may limit its efficacy as a drug delivery vehicle. Although natural ligands can effectively target cancer cells via their cell-surface receptors, once bound, ligand-drug conjugates are at the mercy of the ligand’s physiological trafficking pathway. For instance, the rapid recycling rate of Tf, though highly efficient for the delivery of iron, often restricts its ability to deliver a conjugated drug to a single 4–5 min intracellular pass. In the case of EGF-drug conjugates, the much slower lysosomal degradation pathway helps to increase the association of the conjugates with cancer cells. However, the continued propagation of the EGF signal transduction pathway due to the increased cellular association may counteract the therapeutic efficacy of the drug. Lyosomal degradation may also negatively affect protein toxins used in EGF-drug conjugates, such as ricin and PE, which would be subjected to the proteolytic enzymes found in lysosomes.
Through experimentation and mathematical modeling, a more thorough understanding of the intracellular trafficking properties of various ligands has been achieved. Some research groups have capitalized on this understanding to find innovative approaches to manipulating these trafficking properties for the advancement of ligand-based cancer therapeutics. To address the issue of the short residence time of Tf inside cells, i.e., its limited cellular association, and therefore its drug delivery efficacy, can greatly be enhanced by manipulation of its binding interaction with iron.\textsuperscript{59,127} In another study, Low and coworkers developed folate-hapten conjugates for cell-surface decoration to elicit an immune attack against cancer, since it had been shown that folate/FR complexes remain intact throughout their trafficking pathway.\textsuperscript{71,72} These examples demonstrate that consideration of intracellular trafficking properties, and not merely cell-surface binding events, can result in the engineering of effective targeting agents to cancers.

Consideration of cell-level kinetics has the potential for improving success rates in clinical trials, much like compartment models of the body that have been developed and studied for several years to aid in the design of drugs and their dosing. Although a qualitative mechanistic understanding of cell-level kinetics can help in engineering drugs, mathematical modeling of these phenomena can lead to more specific design criteria as noted by Rao, Lauffenburger, and Wittrup.\textsuperscript{86} These cell-level kinetic models have also been seamlessly integrated with compartment models, since the cells of interest can be used to represent one of the compartments. Sarkar and Lauffenburger derived such a model for the cytokine granulocyte colony-stimulating factor,\textsuperscript{99} and in an earlier study, also performed molecular modeling to identify mutations in granulocyte colony-stimulating factor that would satisfy cell-level predictions that could lead to enhanced potency.\textsuperscript{100} This approach of quantitatively bridging molecular, cellular and whole body length scales can be extended to natural ligand-drug molecular conjugates for cancer, and we are excited about this evolving multi-scale approach to rational drug conjugate design.

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