We present a detailed study of a Brownian particle driven by Carnot-type refrigerating protocol operating between two thermal baths. Both the underdamped as well as the overdamped limits are investigated. The particle is in a harmonic potential with time-periodic strength that drives the particle cyclically between the baths. Each cycle consists of two isothermal steps at different temperatures and two adiabatic steps connecting them. Besides working as a stochastic refrigerator, it is shown analytically that in the quasistatic regime the system can also act as stochastic heater, depending on the bath temperatures. Interestingly, in non-quasistatic regime, our system can even work as a stochastic heat engine for certain range of cycle time and bath temperatures. We show that the operation of this engine is not reliable. The fluctuations of stochastic efficiency/efficiency of performance (COP) dominate their mean values. Their distributions show power law tails, however the exponents are not universal. Our study reveals that microscopic machines are not the microscopic equivalent of the macroscopic machines that we come across in our daily life. We find that there is no one to one correspondence between the performance of our system under engine protocol and its reverse.

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I. INTRODUCTION

Thermodynamics of micro- and nano-scale systems exhibits distinctly different features from that of large systems due to influence of large thermal fluctuations [1]. Typical energy changes are of the order of thermal energy per degree of freedom and consequently thermodynamics has to be modified at micro-scale. These systems can be theoretically analyzed using stochastic thermodynamics. Exchange of energy between the particle and its surroundings becomes stochastic and yet one can clearly formulate the notion of work, heat and entropy production for a given microscopic trajectory of the particle [2–9]. Recently obtained exact results (fluctuation theorems [10–15]) put constraints on the distributions of the above mentioned stochastic quantities and are valid for systems driven far from equilibrium. These theorems transform thermodynamic inequalities into equalities. This area has become even more interesting with the development of experimental techniques. Using single-colloidal particle experiments several new key concepts have been verified. Information to energy conversion and validation of generalized Jarzynski equality [16], Landauer erasure principle [17], universal features in the energetics of symmetry breaking [18] are to name a few. Micron sized heat engines have been experimentally realized by optically controlled motion of trapped colloidal particle [19, 20].

Heat engines and refrigerators at nano-scale is a subject of current study [21–29]. Detailed theoretical treatment of Carnot-type micro heat engine, involving both quasistatic and non-quasistatic (i.e., finite cycle time) features, have also been documented [30]. These features reveal the fundamental differences between micro and macro heat engines due to thermal fluctuations, reflected in the distributions of various thermodynamic quantities (e.g., work, heat exchange, efficiency etc.). Unlike macro heat engines, it has been shown that the system can work as a heat engine if the ratio of hot and cold bath temperatures is larger than a critical value [30]. Moreover, in non-quasistatic regime, the system works as a heat engine for cycle times larger than a critical value. Both the thresholds depend on the system parameters. Fluctuations in thermodynamic quantities including efficiency of the system calculated over a large number of trajectories are significant not only in non-quasistatic regime but also in quasistatic regime, which is in clear contrast to the macro engines. Several trajectories violate typical expectations from the second law of thermodynamics [31, 32]. The non self-averaging nature of fluctuations in stochastic

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efficiency and other quantities requires detailed understanding of full probability distributions as opposed to the average behavior \([33, 34]\). Large deviation properties of such distributions are recently under theoretical investigations \([35–39]\). Research on fluctuation relations for heat engines \([40–42]\) are being pursued. It may also be noted that, for some of the heat engines studied so far, one may or may not recover Carnot result in the quasistatic regime. However, fluctuation theorems provide a bound on efficiency of an engine valid for any finite time cycle.

There are several extensive studies on single bath nano-machines e.g., information machines (that can produce work using available information) \([43, 44]\) and molecular motors / thermal ratchets \([45, 46]\). Molecular motors are omnipresent in cellular as well as tissue level of many living organisms. They are efficient enough to extract energy from a highly fluctuating environment and to convert it into mechanical work for cellular and / or intra-cellular logistics \([47]\).

In this article we will focus on Carnot-type single-particle refrigerator and its stochastic features. The refrigeration protocol used here is similar to the micro heat engine protocol used in \([30]\) but is running backward in time. We believe that our model system is experimentally realizable using the technique already being used for micro heat engines. We find new insights into far from equilibrium features of the concerned system. For example, a major outcome of the present study is the variety of different modes of operation for such systems under the protocol. In Fig. 1 we describe all the modes of operations which are thermodynamically possible for a system that works cyclically between a hot and a cold heat bath. Other four possibilities for heat exchanges and work are ruled out due to violation of First and Second laws of thermodynamics. Our system, under the refrigeration protocol, exhibits all the modes depending on its cycle time and on the ratio of hot and cold bath temperatures, which can be controlled in experiments \([19, 20]\). Throughout the paper, we consider the heat going from the system to the bath to be positive and that going from the bath to the system to be negative. Similarly, the work done on the system is taken as positive and that done by the system is considered negative. We have also studied fluctuation in stochastic efficiency / coefficient of performance (COP) of engine / refrigerator and have shown that their fluctuations dominate the mean values. Probability distributions have been calculated both in the underdamped and overdamped regimes. These distributions exhibit power law tails with non-universal exponents. Reliability of our system operating as a refrigerator / engine is also reported.

**FIG. 1:** (Color online) Four thermodynamically possible machines that work between a hot (with temperature \(T_h\)) and a cold (with temperature \(T_l\)) thermal baths: **Heat engine:** Takes heat \(Q_1\) from hot bath and converts it partially to the work \(W\) and supplies the rest in the form of heat \(Q_2\) to the cold bath. **A:** Takes heat \(Q_1\) from the hot bath and with the help of work \(W\) on it, supplies heat \(Q_2\) to the cold bath. **B:** Converts work \(W\) on it, to heats \(Q_1\) and \(Q_2\) that enter into the hot and cold baths respectively. **A** and **B** are called heater of type-II (or, heater-II) and heater of type-I (or, heater-I) respectively. **Refrigerator:** Takes heat \(Q_2\) from the cold bath and with the help of work \(W\) on it, supplies heat \(Q_1\) to the hot bath. When work is being done on (by) the system, it is positive (negative). When the system releases heat it is positive and negative otherwise.

We first describe the model and the protocol in the next section. In section **III** we discuss the essentials of stochastic thermodynamics. In section **IV** and **V**, we explain the results for quasistatic and non-quasistatic behaviour of micro-refrigerators in underdamped as well as in overdamped cases in detail. Finally we conclude by focusing on the major differences between micro and macro machines manifested by the model system.
II. THE MODEL

We consider a Brownian particle of mass \( m \), position \( x \) and velocity \( v \) moving in a medium with friction coefficient \( \gamma \). The particle is trapped in a harmonic potential whose stiffness constant \( k(t) \) is periodically changing with time period \( \tau \). The underdamped equation of motion of the particle in contact with a thermal bath of temperature \( T \) is given by [48, 49]

\[
m \dot{v} = -\gamma v - k(t)x + \sqrt{\gamma T} \xi(t),
\]

where fluctuation dissipation relation between noise strength, temperature of the bath and friction coefficient is maintained. Throughout the paper Boltzmann constant \( k_B \) is set to unity. In overdamped limit, the equation of motion reduces to

\[
\gamma \dot{x} = -k(t)x + \sqrt{\gamma T} \xi(t).
\]

The noises from the bath \( \xi \) are Gaussian distributed with zero mean and are delta correlated, i.e., \( \langle \xi(t) \rangle = 0 \) and \( \langle \xi(t_1) \xi(t_2) \rangle = 2\delta(t_1 - t_2) \). The time dependent stiffness of the trap is given by,

\[
k(t) = \begin{cases} 
    a \left( \frac{1}{2} + \frac{t}{\tau} \right) & 0 \leq t < \tau/2 \\
    a/2 & t = \tau/2 \\
    a \left( \frac{3}{4} - \frac{t}{2\tau} \right) & \tau/2 \leq t < \tau \\
    a/2 & t = \tau.
\end{cases}
\]

In the first step, the system undergoes an isothermal compression while in contact with the hot bath of temperature \( T_h \) for \( 0 \leq t < \tau/2 \). During this step, work is done on the system. At \( t = \tau/2 \), the stiffness is instantaneously changed from \( a \) to \( a/2 \) (adiabatic expansion) and simultaneously the system is connected to the cold bath at temperature \( T_l \), disconnecting it from hot bath. In the third step, isothermal expansion is carried out where the stiffness is changed from \( a/2 \) to \( a/4 \) during \( \tau/2 \leq t < \tau \). During this step work is extracted from the system. Finally the stiffness is changed by adiabatic compression from \( a/4 \) to \( a/2 \). In this step the system is detached from the cold bath and coupled with the hot bath again. A schematic diagram of the protocol is shown in Fig. 2A.

In this paper we restrict ourselves to this Carnot-type refrigerator protocol. This is precisely the reverse of the protocol that has been studied extensively in [30] in context of single particle stochastic heat engine. There are other important protocols, for example Stirling-type protocol used in earlier studies [19], where the adiabatic steps are absent. The comparative study between stochastic thermodynamics of micro machines driven by different protocols will be focused elsewhere. Our current work concerns stochastic thermodynamics of time periodic steady state (TPSS) of the system. In TPSS, the joint phase space distribution \( P_{ss}(x,v,t) \) is time periodic, i.e., \( P_{ss}(x,v,t) = P_{ss}(x,v,t+\tau) \).

III. STOCHASTIC THERMODYNAMICS OF LANGEVIN SYSTEMS

Before investigating further, we briefly recapitulate the principle of stochastic thermodynamics. Using Eq. [1] change in internal energy, \( \Delta u \), for an underdamped Langevin system can be written as

\[
\Delta u = \int \left( \frac{1}{2} m v^2 + \frac{1}{2} k(t)x^2 \right) dt - \int (-\gamma v + \sqrt{\gamma T} \xi) dt \\
\equiv w - q
\]

where \( u = \frac{1}{2} m v^2 + \frac{1}{2} k(t)x^2 \), \( w = \int \frac{\partial u}{\partial t} dt \) and \( q = -\int (-\gamma v + \sqrt{\gamma T} \xi) dt \). Along a fluctuating trajectory of the particle, identifying the random variables \( u, w \) and \( q \) respectively as total internal energy of the particle, thermodynamic work done on the particle and heat dissipated to the bath, one obtains first law of stochastic thermodynamics, valid for a single trajectory (Eq. [4]). Note that while \( w \) and \( q \) depend on
the entire trajectory of the particle, $\Delta u$ depends only on its initial and final points. Similarly we can also write the first law in case of overdamped dynamics where $u = \frac{1}{2} k(t) x^2$.

For the system concerned here, work done on the particle in isothermal steps for a typical cycle in TPSS is given by,

$$w_{\text{isoth}} = \int_0^{\tau/2} dt \frac{\partial u}{\partial t} + \int_{\tau/2}^{\tau} dt \frac{\partial u}{\partial t}$$

$$= \int_0^{\tau/2} dt \frac{1}{2} (\dot{k}x^2)_{T=T_h} + \int_{\tau/2}^{\tau} dt \frac{1}{2} (\dot{k}x^2)_{T=T_l}$$

The first integration in the r.h.s of above expression is defined along the path of isothermal compression and the second one is along isothermal expansion. By definition, in adiabatic steps $q = 0$ and therefore work in adiabatic steps during this cycle in TPSS is

$$w_{\text{ad}} = \Delta u = \left[ u\left(\frac{\tau}{2}\right) - u\left(\frac{\tau}{2}\right) \right] + \left[ u(\tau) - u(\tau) \right]$$

The first term of the above expression is the work done on the system along the path of adiabatic expansion while the second one is that along adiabatic compression. Simulating the dynamics of the particle via Eq. 1, we numerically calculate $w_{\text{isoth}}$ and $w_{\text{ad}}$ to obtain the total work for a cycle as,

$$w = w_{\text{isoth}} + w_{\text{ad}}.$$ 

Running the dynamics for a large number of cycles ($N$) in TPSS, we calculate work, averaged over all cycles,

$$W = \frac{1}{N} \sum_{\text{all cycles}} w$$

Using Eq. 4 we calculate heat transfers in isothermal steps between the particle and the baths ($q$). Heat transfer along isothermal compression is given by

$$q_1 = -\int_0^{\tau/2} dt \frac{1}{2} (\dot{k}x^2)_{T=T_h} + \left[ u\left(\frac{\tau}{2}\right) - u(0) \right]$$

and that along isothermal expansion is given by,

$$q_2 = -\int_{\tau/2}^{\tau} dt \frac{1}{2} (\dot{k}x^2)_{T=T_l} + \left[ u(\tau) - u\left(\frac{\tau}{2}\right) \right].$$
Since the heat transfers in adiabatic steps are zero, the total heat transfer in a cycle is
\[ q = q_1 + q_2. \]  
(11)

As before, running the cycle repeatedly for \( N \) times, we define the average heats,
\[ Q_1 = \frac{1}{N} \sum_{\text{all cycles}} q_1; \quad Q_2 = \frac{1}{N} \sum_{\text{all cycles}} q_2; \quad Q = \frac{1}{N} \sum_{\text{all cycles}} q. \]  
(12)

These non-quasistatic results should asymptotically match with quasistatic results which can be recovered as \( \lim_{\tau \to \infty} Q_j = Q_j \) with \( j = 1, 2 \) and \( \lim_{\tau \to \infty} W = W_{\text{tot}} \). Here \( Q_j \)'s are the heat exchanges and \( W_{\text{tot}} \) is the total work in a cycle in quasistatic limit. Similarly, one can also calculate the change of total energy of the particle in a cycle, \( \Delta u \) and its average over \( N \) cycles followed by its quasistatic counterpart \( U \), taking \( \tau \to \infty \) limit. Therefore, for the system concerned here, all the relevant thermodynamic variables involved in the first law of stochastic thermodynamics and their path-averages, both in non-quasistatic as well as quasistatic regime, can be calculated by simulating the underdamped and overdamped dynamics of the system. Quasistatic behavior of our system serves as an important benchmark for the simulation as it can also be obtained analytically.

For any machine, quantification of its performance (e.g., efficiency) is one of the important issues. In case of microscopic engine [30], it has been shown that, in quasistatic regime average efficiency of the micro heat engine depends only on \( T_h \) and \( T_l \). Similarly, in case of micro refrigerator we will determine average COP in quasistatic regime. We define COP for a cycle as
\[ \epsilon = -\frac{q_2}{w}. \]  
(13)

for a trajectory of the system. It fluctuates randomly from cycle to cycle. For large number of cycles, average stochastic COP is defined as,
\[ \langle \epsilon \rangle = \frac{1}{N} \sum_{\text{all cycles}} \epsilon \]  
(14)

Due to fluctuations of \( q \) and \( w \) in both non-quasistatic and quasistatic regime, \( \langle \epsilon \rangle \neq -\frac{\sum q_2}{\sum w} \equiv \bar{\epsilon} \), where \( \bar{\epsilon} \) is the conventional definition of average COP. For finite time cycle, using fluctuation theorem for heat engine, it can be shown that \( \bar{\epsilon} < \epsilon_c = \frac{\Delta F}{\sum w} \). It may be noted that no such bound exists for \( \langle \epsilon \rangle \).

Being equipped with stochastic thermodynamics of our system, in the following sections, we explore quasistatic as well as non-quasistatic behavior of our system.

IV. UNDERDAMPED DYNAMICS

A. Quasistatic Limit

Now we calculate thermodynamic quantities like, average work, heat exchanges and internal energy changes for different sub steps of a cycle in quasistatic limit. In this limit, the duration of the protocol is longer than all other time scales. During isothermal processes, though the protocol is being changed, the system instantaneously adjusts itself to the equilibrium corresponding to the value of the protocol at that instant. Hence the work done along any isothermal process is the free energy difference between the final and initial state. In the first step, i.e., in isothermal compression, the work done on the system connected to the hot bath will be
\[ W_1 = \frac{T_h}{2} \ln \frac{k(t \to (\tau/2)^-)}{k(t = 0)} = \frac{T_h}{2} \ln 2. \]  
(15)

At \( t = (\tau/2)^- \), the system is in equilibrium with hot bath and the corresponding distribution is given by
\[ P_\tau(x,v) = N_1 \exp \left[ -\left( \frac{ax^2}{2} + \frac{mv^2}{2} \right)/T_h \right]. \]  
(16)
Here, $N_1 = \sqrt{\frac{\pi m}{2kT_h}}$ is the normalization constant. The second step being instantaneous, there will be no heat dissipation and the work done on the particle is the instantaneous change of its internal energy, given by

$$W_2 = \int \frac{1}{2} \left(\frac{a}{2} - a\right) x^2 P_2(x,v)dx dv = -\frac{T_h}{4}.$$  \hfill (17)

Similar to the first step, the work done on the particle in the third step is,

$$W_3 = \frac{T_l}{2} \ln \frac{k(t = \tau^-)}{k(t = \tau/2)} = -\frac{T_l}{2} \ln 2.$$  \hfill (18)

At $t = \tau^-$, the system will be in equilibrium with the cold bath. Hence, the corresponding distribution will be

$$P_\tau(x,v) = N_2 \exp \left[ - \left( \frac{ax^2}{8} + \frac{mv^2}{2} \right) / T_l \right],$$  \hfill (19)

with $N_2 = \sqrt{\frac{\pi m}{4kT_l}}$. Therefore, in the last step, i.e., in adiabatic compression process the average work done on the particle is

$$W_4 = \int \frac{1}{2} \left(\frac{a}{2} - \frac{a}{4}\right) x^2 P_\tau(x,v)dx dv = \frac{T_l}{2}.$$  \hfill (20)

The average work done during the full cycle in the quasistatic process is

$$W_{tot} = W_1 + W_2 + W_3 + W_4$$
$$= -\frac{T_h}{4} + \frac{T_l}{2} + \frac{1}{2}(T_h - T_l) \ln 2.$$  \hfill (21)

As $T_h > T_l > 0$, we find that $W_{tot}$ is always positive for any temperature difference. This implies that, in the quasistatic limit, on an average, work is always done on the system.

To obtain heat absorption from the cold bath $(Q_2)$ first we have to calculate internal energy change along the third step. The average internal energy at $t = \frac{\tau}{2}^+$ is $U(\frac{\tau}{2}^+) = \int \left( \frac{ax^2}{4} + \frac{mv^2}{2} \right) P_2(x,v)dx dv = \frac{3T_h}{2}$. Since the system is in equilibrium with the cold bath at $t = \tau^-$, the average internal energy will be $T_l$. This leads to the change in internal energy in the third step, $(T_l - \frac{3T_h}{2})$. Using first law (Eq. 4) we obtain average heat dissipated to the cold bath,

$$Q_2 = -\frac{T_l}{2} \ln 2 - T_l + \frac{3T_h}{4}.$$  \hfill (22)

Similarly we can obtain the average heat, transferred to hot bath,

$$Q_1 = \frac{T_h}{2} \ln 2 - T_h + \frac{3T_l}{2}.$$  \hfill (23)

Though $W_{tot}$ is always positive, $Q_1$ and $Q_2$ can take negative as well as positive values depending on the ratio between hot and cold bath temperatures. When $\frac{T_h}{T_l} < 1.80$, $Q_2$ is negative and is positive elsewhere. When $\frac{T_h}{T_l} < 2.29$, $Q_1$ is positive and otherwise negative. The system will act as a refrigerator only when $Q_2 < 0$ and $Q_1 > 0$ i.e., $\frac{T_h}{T_l} < 1.80$ in the quasistatic limit. For $1.80 < \frac{T_h}{T_l} < 2.29$ system will act as a stochastic heater I (Fig. 1) where both $Q_1$ and $Q_2$ are positive. When $\frac{T_h}{T_l} > 2.29$ heat flows from hot bath to the system $(Q_1 < 0)$, but the system releases heat to the cold bath thereby acting as a stochastic heater of type II. It is evident that even after using a Carnot-type refrigerating protocol one can obtain single particle refrigerator as well as heaters depending on $T_h$ and $T_l$ in quasistatic limit. Finally the COP of the system as a refrigerator in quasistatic limit is,

$$\epsilon_q = -\frac{Q_2}{W_{tot}} = \frac{T_l \ln 2 + 2T_l - \frac{3T_h}{2}}{\frac{T_h}{2} + T_l + (T_h - T_l) \ln 2}.$$  \hfill (24)

It should be noted here that even in the quasistatic limit, COP in our system is much smaller than the Carnot limit ($\epsilon_c = \frac{T_h}{T_h - T_l}$) as shown in Fig. 3. We now turn our attention to the results obtained by simulation in non-quasistatic regime.
FIG. 3: Comparison between quasistatic COP for our model in underdamped limit ($\epsilon_q$, in green broken line) and the corresponding Carnot bound ($\epsilon_c$, in red solid line) as a function of $\frac{T_h}{T_l}$.

B. Numerical Results And Discussions

We evolve the system using discretised Langevin dynamics with time step $dt = 0.0002$ in the underdamped as well as overdamped limit [Eq. 1 and Eq. 2]. The system is driven by time periodic protocol [Eq. 3]. We follow Heun’s method [50]. We have set $\gamma = 1$ and $m = 1$. All the physical quantities are in dimensionless form. Throughout the paper we have fixed $a = 5$ and $T_l = 0.1$. We make sure that, after the initial transient regime, the system settles to a TPSS. We use the same discretisation to numerically calculate the thermodynamic variables along a trajectory. We consider at least $10^5$ cycles of operations and thermodynamical quantities are averaged over all these cycles.

Phase diagram: For each $(\tau, T_h)$ pair, we calculate $W$, $Q_1$, and $Q_2$ with $N \sim 10^5$ and a phase diagram [Fig. 4] for the operational modes of the system is obtained. From the phase diagram it is evident that when $\tau \lesssim 2$, for any $T_h$, $Q_1 < 0$, $Q_2 > 0$ and $W > 0$. In this mode, on an average the system heats up the cold bath. Therefore it is a stochastic heater of type II. For large $\tau$ ($\sim 100$) and high $T_h$, $Q_1$ and $W$ goes into the system whereas $Q_2$ comes out of the system to heat up the cold bath, providing us again heater-II. At large $\tau$, but with intermediate $T_h$, we obtain heater-I where $Q_1$ flips its direction of flow to heat up the hot bath keeping everything else the same as before. If we reduce $T_h$ further, we obtain stochastic refrigerator where, even $Q_2$ flips its direction and flows from cold bath to the system while others remain same as heater-I. Interestingly for $T_h \gtrsim 0.35$ and $2 \lesssim \tau \lesssim 10$, we observe that on an average, the system can do work, taking heat from the hot bath and releasing it partially to the cold bath. It implies that even if we use a Carnot-type refrigerating protocol, deep in non-quasistatic regime,
for a particular range of $\tau$ and $T_h$, our system can behave as a stochastic heat engine. Therefore, if we consider both non-quasistatic and quasistatic regimes, the system can act in all thermodynamically possible modes, depending on the values of $(\tau, T_h)$. It should be mentioned here that for large $\tau$, phase boundaries are correctly predicted by the quasistatic limits calculated analytically. The details of the phases and phase boundaries are depicted in Fig. 4. Note that, in the phase diagram crossing any phase boundary, implies flipping the direction of any one of the $Q_1$, $Q_2$ and $W$.

One can further explore different modes of operations in Fig. 5 where we have plotted $W$, $Q_1$ and $Q_2$ with respect to cycle time $\tau$, for different $T_h$. If temperature difference between two reservoirs is small, $W$ is always positive and $Q_1$ is negative for small $\tau$ but positive for large $\tau$. The behavior of $Q_2$ with $\tau$ is opposite to that of $Q_1$. Thus for small temperature differences, if we vary $\tau$ from small to large values, we obtain heater-II first and then heater-I and finally a refrigerator. For higher temperature differences, with increasing $\tau$, $Q_1$ becomes negative and $Q_2$ becomes positive. $W$ shows a remarkable non-monotonic (convex) behavior within a range of $\tau$ where it shows a dip that can even be below zero for higher temperature differences. Therefore, in this regime of temperatures, though we obtain heaters with very small and large $\tau$, our system acts as a stochastic heat engine within a particular range of intermediate $\tau$. $W$, $Q_1$ and $Q_2$ ultimately saturates with $\tau$ to values as found in quasistatic calculation. We note from Fig. 5A that $W$ becomes independent of $T_h$ for a given $T_l$ at two different $\tau$ within which $W$ is non monotonic.

Refrigerator mode: In the refrigerator regime of the phase diagram, most of the trajectories followed by the system maintains the refrigerating condition: $q_1 > 0$, $q_2 < 0$ and $w > 0$. However, there are considerable number of trajectories where the system does not follow this condition. This number reduces with increasing $\tau$ but still remains finite even in quasistatic regime. Due to fluctuations, the difference between $\langle \epsilon \rangle$ and $\bar{\epsilon}$ (Fig. 6) is prominent even at large $\tau$. The saturation values of $\langle \epsilon \rangle$ and $\bar{\epsilon}$ (as given in TABLE I) are far below than the Carnot limit ($\epsilon_c = 5$ in our case). It should be noted that the saturation value of $\bar{\epsilon}$ matches with our quasistatic result.

$P(\epsilon)$, the distribution of stochastic COP, is shown in Fig. 7 for two different cycle times, $\tau = 10$ and $\tau = 100$ (both for $T_h = 0.12$). $\epsilon$ can take values from $-\infty$ to $\infty$. There are considerable number of realizations where $\epsilon$ can be negative or can occur beyond $\epsilon_c$. Moreover, we have noticed (see inset of
Fig. 7) that the tail of \( P(\epsilon) \) decays as a power law (\( \epsilon^\alpha \)) for several decades. The exponent \( \alpha \) depends on the system and protocol parameters (e.g., \( \tau \)) and are given in figure captions. So far to our knowledge, no study exist for the probability distribution and its power law tails for stochastic COP. It is not clear whether this power extends indefinitely for large values of \( \epsilon \). However, given our numerical data we can calculate variance which is finite.

For both of the distributions, variance \( \sigma_\epsilon > \langle \epsilon \rangle \) (see TABLE I for more details). Thus \( \langle \epsilon \rangle \) ceases to be a good physical variable and one has to resort to the study of full probability distribution. From Fig. 7 it is also apparent that, \( P(\epsilon) \) becomes sharper with increasing \( \tau \). From the phase diagram we know that, with \( \tau \sim 10^2 \), our system is closer to the quasistatic limit. Therefore, even in quasistatic regime, fluctuations in \( \epsilon \) are significant.

In Fig. 8A and Fig. 8B we have plotted \( P(\omega, q_2) \), the joint probability distributions of \( \omega \) and \( q_2 \) over \( 10^5 \) trajectories, at \( T_h = 0.12 \) for two different cycle times \( \tau = 10 \) and 100. For a particular cycle, \( \epsilon \) can be positive when \( q_2 \) and \( \omega \) has opposite signs, but only fourth quadrant of these joint probability distribution represent a refrigerator operation. In Fig. 8A, only 46.2\% trajectories follow the refrigerating condition whereas in Fig. 8B, it is enhanced to 52.1\%. Therefore, the system will behave more reliably as a refrigerator if we run it close to quasistatic limit. TABLE I summarizes important results.

![Fig. 7: Probability distribution of \( \epsilon \) at \( \tau = 10.0 \) (red, continuous) and \( \tau = 100.0 \) (black, broken) at \( T_h = 0.12 \). Inset shows positive tails of the distributions plotted in log scale. They behave as \( \epsilon^\alpha \). For \( \tau = 10.0 \) \( \alpha = -1.897 \pm 0.004 \) (slope of the red, continuous line) and for \( \tau = 100.0 \) \( \alpha = -1.875 \pm 0.004 \) (slope of the black, broken line).](image)

![Fig. 8: Joint distributions: A: Distribution of \( \omega \) and \( q_2 \) at \( \tau = 10.0, T_h = 0.12 \), B: Distribution of \( \omega \) and \( q_2 \) at \( \tau = 100.0, T_h = 0.12 \).](image)

**TABLE I:**

| \( \tau \) | \( W \) | \( Q_1 \) | \( Q_1 \) | \( \epsilon \) | \( \langle \epsilon \rangle \) | \( \sigma_\epsilon \) | acts as a refrigerator |
|---|---|---|---|---|---|---|---|
| 10.0 | 0.0277 | 0.0527 | -0.0250 | 0.903 | 0.458 | 10.3 | 46.2 % |
| 100.0 | 0.0271 | 0.0696 | -0.0423 | 1.561 | 0.929 | 11.7 | 52.1 % |

Engine mode: From the phase diagram, it is apparent that the system acts as an engine only in the non-quasistatic regime where fluctuations are dominant. The joint distribution \( P(\omega, q_1) \) at (\( \tau = 5.0, T_h = \))
1.0), a typical point within engine region of the phase diagram, shows that for only 47.3% of $\sim 10^5$ trajectories, the condition for engine, i.e. $q_1 < 0$, $q_2 > 0$ and $w < 0$, is followed (Fig. 9). The effect of fluctuation is also reflected in the distribution of stochastic efficiency $\eta$ (Fig. 10). Thus this engine is unreliable. We notice that the efficiency distribution is bi-modal. Both the peaks as well as $\langle \eta \rangle$ are well below the Carnot bound $\eta_c = 0.9$. Due to strong effect of fluctuations, the standard deviation of efficiency $\sigma_\eta$, is much larger than its average $\langle \eta \rangle$. The tail of $P(\eta)$ decays as a power law ($\eta^\beta$) for several decades with $\beta = -2.143 \pm 0.010$. The exponent is different from that we have obtained in case of $P(\epsilon)$. It suggests that altering $\tau$ and $T_h$ not only implies the change of the thermodynamic mode of operation in $\tau - T_h$ space but it also implies significant difference in the behaviour of probability distributions of their performance index (efficiency / COP).

FIG. 9: Joint distribution of $w$ and $q_1$ at $\tau = 5.0, T_h = 1.0$.

FIG. 10: Probability distribution of $\eta$ at $\tau = 5.0$ at $T_h = 1$. Here $\langle \eta \rangle = 0.24$ and $\sigma_\eta = 3.83$. Inset: positive tail of the distribution, plotted in logarithmic scale, shows a power law decay with exponent -2.143 $\pm$ 0.010 (slope of the straight line).

V. OVERDAMPED DYNAMICS

The difference between the overdamped and underdamped dynamics is the absence of inertia. The relevant equation of motion for overdamped dynamics of the particle Eq. 2 has no acceleration term. This approximation is valid when the time steps of the observation are much larger than $m/\gamma$. We now discuss the performance of our system following overdamped dynamics.

A. Quasistatic Limit

In the quasistatic limit the calculation of thermodynamic quantities are similar to that of the underdamped case. The main difference is that, in absence of inertia, only potential energy contributes to the internal energy. The work done along adiabatic steps will be same as given by Eq. 17 and Eq. 20.
except for the fact that the probability distribution will now depend only on position of the particle not the velocity. The work done in the isothermal process will be exactly same as in Eq. [15] and Eq. [18].

The expression for total work done on the system in this process will be the same as that we obtained in the underdamped case (Eq. [21]).

At \( t = \frac{\tau}{2} \), average internal energy is \( U(\frac{\tau}{2}) = \frac{T_{l}}{4} \). At \( t = \tau^- \) system is in equilibrium with the cold bath and corresponding average internal energy is \( U(\tau^-) = \frac{T_{l}}{2} \). The average internal energy change in isothermal expansion process is \((\frac{T_{l}}{2} - \frac{T_{h}}{4})\). Hence, the average heat that goes to the cold bath in quasistatic limit is given by

\[
Q_2 = -\frac{T_{l}}{2} \ln 2 - \frac{T_{l}}{2} + \frac{T_{h}}{4}.
\]

The expression for \( Q_1 \), the average heat that is exchanged between hot bath and the system, is

\[
Q_1 = \frac{T_{h}}{2} \ln 2 - \frac{T_{h}}{2} + T_{l}.
\]

For overdamped case, the system will act as a refrigerator when \( \frac{T_{h}}{T_{l}} < 3.39 \). For \( 3.39 < \frac{T_{h}}{T_{l}} < 6.51 \), the system will act as stochastic heater-I. Beyond this limit we get stochastic heater-II. The coefficient of performance for stochastic refrigerator is given by

\[
\epsilon_q = \frac{-Q_2}{W_{tot}} = \frac{T_{l} \ln 2 + T_{l} - \frac{T_{h}}{2}}{-\frac{T_{l}}{2} + T_{l} + (T_{h} - T_{l}) \ln 2},
\]

which is again below the Carnot bound as shown in Fig. 11. We now consider the results in non-quasistatic regime obtained in our simulations.

**B. Numerical Results and Discussions**

We have scanned the parameter space \((\tau - T_h)\), keeping \(T_l\) fixed at 0.1, to obtain the phase diagram in overdamped regime (Fig. 12). It clearly depicts four different modes of operation of the system, as described in Fig. 1. In contrast to the underdamped case, no critical cycle time is required for the operation in refrigerator mode. The system acts as a refrigerator for higher temperature differences compared to the earlier case. Therefore, total phase space area of the refrigerator mode has increased in this limit. The phase boundaries in quasistatic limit are consistent with our analytical results. The engine region is clearly visible for \(0.02 \lesssim \tau \lesssim 1.0\) and \(T_h \gtrsim 0.3\).

To explore further, in Fig. 13 we have plotted \(W\), \(Q_1\) and \(Q_2\) as a function of \(\tau\) for different \(T_h\). Similar to the inertial case, \(W\) is positive for all \(\tau\) at low \(T_h\). However at higher values of \(T_h(=0.5, 1.0)\), non-monotonicity of \(W\) with respect to \(\tau\) becomes apparent. For smaller \(\tau\) it was negative, showing a dip around \(\tau \sim 0.8\). After the dip, \(W\) increases and eventually saturates for large \(\tau\) at a positive
value, predicted by quasistatic result. Interestingly, in high friction limit, the range of \( \tau \) where \( W \) is non-monotonic, starts from \( \tau \approx 0 \) whereas in the underdamped case, the range was bounded between two nonzero cycle times. From Fig. 13 it is apparent that behavior of \( W, Q_1 \) and \( Q_2 \) with \( \tau \), are all consistent with the phase diagram for different modes of our system in the high friction limit.

FIG. 12: Phase diagram for overdamped motion: Different modes of operation of our system following overdamped Langevin dynamics with Carnot refrigerating protocol. Open boxes(pink): refrigerator, asterisk(blue): heater-I, cross(green): heater-II, plus(red): engine.

FIG. 13: In high friction limit, A: \( W \) versus \( \tau \) for different \( T_h \), B: \( Q_1 \) versus \( \tau \), C: \( Q_2 \) versus \( \tau \). Red: \( T_h = 0.12 \), Green: \( T_h = 0.2 \), Blue: \( T_h = 0.5 \), Cyan: \( T_h = 1.0 \). \( W \) becomes independent of \( T_h \) at the crossing points of all curves in A, as shown within broken black circle.

FIG. 14: Probability distribution of \( \epsilon \) at \( \tau = 10.0 \) (red, continuous), \( \tau = 50.0 \) (blue, broken) and \( \tau = 100.0 \) (green, broken) at \( T_h = 0.12 \). Inset: positive tails of the distributions plotted in log scale. Slopes of the straight lines indicate the exponents. For \( \tau = 10.0, 50.0 \) and 100.0, \( \alpha = -2.255 \pm 0.010 \) (red, continuous line), -2.275 \( \pm 0.010, -2.288 \pm 0.008 \) (green, broken line) respectively.

In Fig. 14 we have plotted the distribution of \( \epsilon, P(\epsilon) \), for \( \tau = 10, 50 \) and 100. Close to quasistatic limit
(τ = 100) we observe a dip in $P(\epsilon)$ at $\epsilon = 1$ and the distribution becomes bi-modal. The fluctuations prevail even at large $\tau$, thereby making $\epsilon$ a non-self-averaging quantity. Mean and standard deviations of different stochastic thermodynamical variables for two different values of $\tau$ at $T_h = 0.12$ are given in TABLE II.

| $\tau$ | $W$ | $Q_1$ | $Q_2$ | $\langle \epsilon \rangle$ | $\sigma_\epsilon$ | acts as a Refrigerator |
|--------|-----|-------|-------|----------------|------------------|----------------------|
| 10.0   | 0.0272 | 0.0766 | -0.0494 | 1.830       | 0.916            | 65.6 %               |
| 100.0  | 0.0270 | 0.0812 | -0.0541 | 2.004       | 1.348            | 67.1 %               |

We have plotted the distribution of stochastic efficiency in Fig. 15 at $\tau = 0.5$ and $T_h = 1.0$, a typical point of the phase diagram where our system works as stochastic heat engine. We found that only for 40.3% cycles, the system works as a heat engine. Thus, even in overdamped regime, the engine operation is unreliable. Both $P(\epsilon)$ and $P(\eta)$ show power-law decays in their tails for several decades. The exponent values are given in the figure captions. The exponent of $P(\epsilon)$ is different from that we have obtained in case of underdamped dynamics.

![FIG. 15: Probability distribution of $\eta$ at $\tau = 0.5$ at $T_h = 1$. Here $\langle \eta \rangle = 0.54$ and $\sigma_\eta = 3.56$. Inset: the positive tail of the distribution behaves as a power law with exponent $-2.155 \pm 0.014$ (slope of the straight line).](image)

VI. CONCLUSION

We will conclude by focusing on the main results to point out the crucial differences between macro and micro refrigerators. In the macro-world, idealized refrigerator is like an engine running backward in time, i.e., using the work to extract heat from the cold bath and dumping the heat at hot bath. We have shown that such a simple picture is not valid for single particle heat engine at nano-scale. The engine running in a reverse order may produce refrigerator, stochastic heater of type I and II as well as unreliable heat engine. For our model of study, fluctuations in stochastic COP and efficiency dominate their mean values even in the quasistatic case. This implies that in such a situation mean is not a good physical variable and one must study the behaviour of full probability distributions which in all our cases contain power law behaviour in their tails with varied exponents. Stochastic COP and efficiency may exceed Carnot bound. However, averaged COP and efficiency, as defined here, are bounded by the Carnot value. This can readily be shown by fluctuation theorem of heat engines [41].

In every cycle, a macro thermal machine under refrigerating protocol acts as a refrigerator. This is not true for micro refrigerators. We know that the trajectory dependent work, heat and COP are randomly distributed variables over the cycles of a micro refrigerator. The cycle time can be large or small, but there will always be a considerable number of cycles where the system will not run as a refrigerator due to fluctuations of these thermodynamic variables. This makes the micro refrigerator unreliable in comparison to macro refrigerators. This reliability, quantified as a fraction of cycles running as a refrigerator, increases as we increase the cycle time $\tau$. The obtained heat engine is most unreliable.

The phase diagram and thermodynamic quantities describing the micro refrigerators as well as the micro heat engines are crucially protocol dependent. We have noticed in our other studies (will be published elsewhere), that the micro refrigerators / heat engines, running under Stirling protocol (which
is very similar to Carnot protocol but devoid of the adiabatic jumps), though produce qualitatively similar phase diagrams as Carnot-protocol, are less fluctuating in large cycle time limit. Moreover, only in the underdamped case in a small parameter space heat engine operation is possible. The adiabatic jumps are key players behind the unreliability of micro heat engines in [30] or refrigerators described in earlier sections. We expect further studies in large deviation function for stochastic COP which may lead to new insights in micro refrigerator. Power output is found to be an useful optimization criterion for finite time heat engines. On the other hand, many optimization criteria were proposed in case of refrigerator. Widely used target function was introduced in [51–55] by giving equal footing for COP and cooling rate, known as $\chi$-criterion [53, 54]. In view of new findings in Brownian refrigerators, it will be of immense interest to study these quantities in our system. It may be noted that our studied engine or refrigerator do not reach Carnot limit in the efficiency / COP in the quasistatic regime. There are other engines which reproduces Carnot limit for efficiency in the quasistatic regime [20]. Studies on differences in these two types of engines will be useful. Work along this direction is in progress.

VII. ACKNOWLEDGMENTS

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