Conjugation of Urokinase to Water-Soluble Magnetic Nanoparticles for Enhanced Thrombolysis

Qian Li 1, Xiaojun Liu 1, Zhen Lu 2, Wenjun Yang 1, Zili Lei 1 and Ming Chang 3,*

1 The State Key Laboratory of Digital Manufacturing Equipment and Technology, Huazhong University of Science and Technology, Wuhan 430074, China; Qian@hust.edu.cn (Q.L.); mexjl@163.com (X.L.); wss_ywj@163.com (W.Y.); beyondeye@163.com (Z.L.)
2 College of Computer Science and Technology, Shanghai University of Electric Power, Shanghai 200090, China; luzhen89@163.com
3 Department of Mechanical Engineering, Chung Yuan Christian University, Chung Li 32023, Taiwan
* Correspondence: ming@cycu.edu.tw; Tel.: +886-3-2654303

Received: 30 September 2019; Accepted: 8 November 2019; Published: 13 November 2019

Featured Application: Authors are encouraged to provide a concise description of the specific application or a potential application of the work. This section is not mandatory.

Abstract: In this study, covalent conjugation of thrombolytic drug urokinase to water-soluble magnetic nanoparticles (NPs) is proposed to enhance the efficiency of thrombolysis. Hydrophobic NPs of oleic acid (OA)-coated Fe3O4 are first synthesized and then surface-modified with the amphipathic copolymer poly(maleic anhydride-alt-1-octadecylene) (PMAO) to form water-soluble NPs of PMAO-OA-Fe3O4 with monodispersed sizes. PMAO-OA-Fe3O4 NPs display a good water-based stability without aggregation at near neutral pH and show good magnetic separation characteristics. The thrombolytic drug urokinase is then covalently linked with the former product through dehydration condensation reaction between the amino and carboxyl produced by dehydration of the anhydride under N-Ethyl-N′-(3-dimethylaminopropyl) carbodiimide (EDC) and N-hydroxysuccinimide (NHS). Transmission electron microscope (TEM) images and dynamic light scattering (DLS) results show that the urokinase@PMAO-OA-Fe3O4 NPs are uniformly dispersed in water. The in vitro thrombolytic effect based on the manipulation of magnetic coupling, combined with static and alternating current (AC) magnetic fields, in a mimic blood-vascular system was studied. Drug release test shows that AC magnetic field can be used as switch and accelerator for NPs to release drugs. In addition, thrombolytic efficiency is nearly four times that of pure urokinase. This indicates that the coupling magnetic field may be a promising method to improve thrombolytic effect of the prepared magnetic carrier drug conjugates.

Keywords: thrombolysis; urokinase; PMAO-OA-Fe3O4 nanoparticles; coupling magnetic field

1. Introduction

Thrombosis is a serious disease that threatens the lives of people all over the world [1]. Although research on rapid thrombolysis has progressed in recent decades [2,3], the treatment of possible hemorrhage by using large dosage of thrombolytic drugs (e.g., urokinase and streptokinase) continues to greatly restrict the improvement of medical care [4,5]. It remains an urgent task to develop new technologies for the treatment of such a complicated disease and relieve the discomfort of patients [6,7]. Nanomaterials are considered an emerging trend with future prospects in biomedical applications because of their possible enhanced physical, chemical, and biological functionality owing to high surface-to-volume ratios and surface charges [8]. Recently, magnetic nanoparticles (NPs)
have gained significant attentions for their applications in magnetic resonance image (MRI) [9,10], cell separation [11,12], and gene therapy [13]. Magnetic NPs have also been used as drug carriers for targeting therapies, such as cancer [14,15], cardiovascular diseases [16], and infectious diseases [17]. Magnetic carrier drugs can be guided to accumulate at specific sites under the action of external magnetic field to improve the drug concentration at the lesion locations and reduce the adverse side effects on the normal parts. However, two risk factors, hidden within these drug delivery methods for cardiovascular diseases, such as thrombotic diseases [18–20], deter expectation for clinical use. One is the possible toxicity introduced by chemicals that may damage endothelial tissue and cells [21,22]; the other is the micron scale of particles that may form new blockages in certain capillaries [23,24]. In this study, a new synthesis of a nanoscale magnetic drug that has good biocompatibility and low cytotoxicity is proposed for targeted therapy of thrombus. The magnetic carrier drug can be guided by magnetic field for rapid thrombolysis and controlled by oscillating magnetic field for drug release.

Efforts have been made to improve the thrombolytic efficiency by binding thrombolytic drug to the surface of magnetite NPs [18,25–28]. In these studies, only a static magnetic field is introduced to guide and accumulate the urokinase-coated NPs for targeted thrombolysis. In our novel, magnetic carrier drug delivery system, Fe₃O₄ NPs are first prepared with an oleic acid (OA) coating to form a hydrophobic surface. Amphiphatic copolymer poly(maleic anhydride-alt-1-octadecene) (PMAO) is then chemically bonded to OA-Fe₃O₄ NPs to provide carboxyl groups, and the hydrophobic surface of OA-coated NPs is transformed into hydrophilic characterization. Next, urokinase is covalently bound to the magnetic NPs modified by PMAO under the action of N-Ethyl-N′-(3-dimethylaminopropyl) carbodiimide (EDC) and N-hydroxysuccinimide (NHS). In consideration of the therapeutic function of magnetic carriers in treating thrombosis, the presence of PMAO is considered to be an advantage for providing a large number of carboxyl groups for drug loading. In addition, nano-drugs can effectively release urokinase under the action of alternating magnetic field, which is helpful to improve thrombolytic efficiency. The prepared urokinase@PMAO-OA-Fe₃O₄ NPs are very stable in maintaining the protein drug urokinase on carriers. In vitro thrombolysis experiments show that the thrombolysis efficiency of urokinase@PMAO-OA-Fe₃O₄ NPs can be increased to about four times of pure urokinase by using the coupling magnetic field composed of static magnetic field and alternating magnetic field. This indicates that effective thrombolytic effect can be achieved even if the proposed magnetic carrier is used at a lower dose. Therefore, the application of magnetically controlled urokinase@PMAO-OA-Fe₃O₄ NPs is expected to be a solution for the treatment of thrombotic diseases in the future.

2. Materials and Methods

2.1. Chemicals

Ferric acetylacetonate (98%), 1,12-Dodecanediol (98%), oleic acid (AR), oleylamine (80–90%), benzyl ether (97%), and urokinase (12,000 IU/mg) were purchased from Macklin, Shanghai, China. EDC (97%), NHS (97%), and PMAO were provided by J&K Scientific Ltd., Beijing, China.

2.2. Synthesis of Urokinase@PMAO-OA-Fe₃O₄ NPs

The synthesis process of urokinase@PMAO-OA-Fe₃O₄ NPs is shown in Figure 1. Firstly, OA-Fe₃O₄ NPs were synthesized by referring to Sun and Zeng’s method [29]. Quantities of 0.706 g ferric acetylacetonate, 2.023 g of 1,12-Dodecanediol, 1.607 g of oleic acid, 1.696 g of oleylamine, and 20 mL of benzyl ether were mixed in a 50-mL three-necked flask. The mixture was heated to 200 °C with magnetic stirring for 30 min. The heating temperature was then raised to 298 °C for another 30 min. After the reaction, black precipitates could be seen at the bottom of the flask; the precipitates were separated from the brown-yellow reaction liquid by attracting them with an NdFeB permanent magnet. The prepared product was then repeatedly washed with ethanol five to seven times and stored in hexane.
Figure 1. Schematic of synthesis process of urokinase@poly(maleic anhydride-alt-1-octadecylene) (PMAO)-oleic acid (OA)-Fe$_3$O$_4$ Nanoparticles (NPs) conjugate.

Next, 18.7 g of PMAO was weighed and dissolved in hexane. The solutions of previously prepared NPs and PMAO were mixed and stirred with a magnetic stirrer at room temperature for 120 min. After evaporation of the solvent, 1.15 g of bis (6-aminohexyl) amine in hexane were added and sonicated for 30 min. Then, the solvent was evaporated again to obtain a black solid product. Subsequently, the product was put into water and sonicated for another 30 min until the product was completely dissolved. After placing for another 2 h, the supernatant was separated and collected in a container. To obtain dried products, the solution can be evaporated again, from which black PMAO-OA-Fe$_3$O$_4$ NPs can be collected from the bottom of the container.

Finally, urokinase was coated on PMAO-OA-Fe$_3$O$_4$ NPs with slight modification according to the method described by Be et al. [18]. EDC and NHS with a molar ratio of 1.5:1 were first mixed in 0.1 M PBS buffer solution. The pH value of the solution was adjusted to neutral by adding NaOH solution. After the solution was prepared, 1 mg of PMAO-OA-Fe$_3$O$_4$ NPs and 1 mg urokinase were added to react for 24 h until the urokinase coating was formed. The urokinase coated product was rinsed with distilled water to remove the unreacted materials and then dried at room temperature.

2.3. Characterization of Magnetic Nanoparticles (NPs)

The morphology of magnetic NPs was observed by transmission electron microscope (TEM) (JOEL JEM-2010, JOEL, Tokyo, Japan). Figure 2a,b are the TEM micrographs of PMAO-OA-Fe$_3$O$_4$ NPs and urokinase-coated PMAO-OA-Fe$_3$O$_4$ NPs, respectively. Neither micrograph shows much aggregation. The magnetization of the NPs was evaluated by a vibrating sample magnetometer (VSM) (JDM-13, Jilin University, Jilin, China) by changing the applied magnetic field from −150 kA/m to 150 kA/m at room temperature. The magnetization curve shown in Figure 2c indicates that the coercivity and remanence of OA-Fe$_3$O$_4$ NPs, PMAO-OA-Fe$_3$O$_4$ NPs, and urokinase@PMAO-OA-Fe$_3$O$_4$ are all zero. The saturation magnetization of OA-Fe$_3$O$_4$ NPs is 47.6 Am$^2$/kg, and that of PMAO-OA-Fe$_3$O$_4$ NPs and urokinase@PMAO-OA-Fe$_3$O$_4$ NPs are 40 Am$^2$/kg and 34.5 Am$^2$/kg, respectively. The structure of these NPs were studied by X-ray diffraction (XRD) (X’Pert PRO, PANalytical B.V., Almelo, The Netherlands)
at diffraction angles from 20° to 80°. As shown in Figure 2d, the peaks at (220), (311), (400), (422), (511), and (440) with respective crystal planes at 2\(\theta\) = 30.1°, 35.4°, 43.1°, 53.4°, 57°, and 62.6° on Fe\(_3\)O\(_4\) (JCPDS card no. 85–1436) are clearly displayed in the various stages of synthesis process, indicating that Fe\(_3\)O\(_4\) are embedded in these synthesized products. The spectra of urokinase-conjuncted materials and NPs were also recorded with Fourier transform infrared spectroscopy (FTIR) (VERTEX 70, Bruker, Munich, Germany), as shown in Figure 2e. The 1710 cm\(^{-1}\) peak assignable to the C=O vibration in OA is shifted to two new bands at 1540 and 1638 cm\(^{-1}\) in OA-Fe\(_3\)O\(_4\) NPs, which are the asymmetric and symmetric features of OA-Fe\(_3\)O\(_4\) NPs. The 563 cm\(^{-1}\) peak corresponds to the vibration of Fe-O in the crystalline lattice of Fe\(_3\)O\(_4\). The result reveals that the surface of NPs is covered with a shell of OA. After further conjunction, all characteristic vibrations in PMAO can be seen in PMAO-OA-Fe\(_3\)O\(_4\) NPs, and 563 cm\(^{-1}\) peak indicating the Fe-O vibration is also found. The existence of 1710 cm\(^{-1}\) peak both in PMAO and PMAO-OA-Fe\(_3\)O\(_4\) NPs is due to the decomposition of anhydride and the release of the -COOH. These results reflect that the PMAO is immobilized on the outermost layer of OA-Fe\(_3\)O\(_4\) NPs. The 2927 cm\(^{-1}\) and 2854 cm\(^{-1}\) assigned to the asymmetric stretch and symmetric stretch of -CH\(_2\) respectively are found in all materials except pure urokinase. In addition, 563 cm\(^{-1}\) (Fe-O) and 1778 cm\(^{-1}\) (anhydride) in PMAO-OA-Fe\(_3\)O\(_4\) are also observed. In the FTIR spectrum of urokinase@PMAO-OA-Fe\(_3\)O\(_4\), three characteristic peaks of urokinase are present at 1656 cm\(^{-1}\) (C=O), 1542 cm\(^{-1}\) (N-H), and 1450 cm\(^{-1}\) (amide band). They show that urokinase is immobilized on the surface of PMAO-OA-Fe\(_3\)O\(_4\) NPs. To ensure that the protein-coated magnetic NPs have a good response to magnetic field in aqueous phase, the magnetic performance of PMAO-OA-Fe\(_3\)O\(_4\) NPs in physiological saline under external magnetic field was observed by an UV-vis spectrophotometer (Nanodrop 2000, Thermo Fisher, Waltham, MA, USA) at 460 nm wavelength. The magnetic separation property of NPs solution can be confirmed by detecting its transmittance after being subjected to external magnetic field for a certain time. Four groups of solutions were prepared, including PMAO-OA-Fe\(_3\)O\(_4\) NPs in water, PMAO-OA-Fe\(_3\)O\(_4\) NPs in physiological saline, urokinase@PMAO-OA-Fe\(_3\)O\(_4\) NPs in water, and urokinase@PMAO-OA-Fe\(_3\)O\(_4\) NPs in physiological saline, with two bottles of each sample and 5 mL of each bottle. One bottle of each sample was placed under the magnetic field generated by the NdFeB magnet on one side of the bottle while the other bottle was not affected by magnetic field. As shown in Figure 2f, the transmittance of these solutions increases from 0% to more than 80% from 0 to 100 min under the action of magnetic field, but remains below 1% without the action of magnetic field. This shows that the prepared NPs can be easily separated by an external magnetic field.
Figure 2. (a) Transmission Electron Microscope (TEM) image of PMAO-OA-Fe$_3$O$_4$ nanoparticles (NPs); (b) TEM image of urokinase@PMAO-OA-Fe$_3$O$_4$ NPs; (c) Field dependence of magnetization (M versus H) plot of OA-Fe$_3$O$_4$ NPs, PMAO-OA-Fe$_3$O$_4$ NPs, and urokinase@PMAO-OA-Fe$_3$O$_4$ NPs; (d) X-ray diffraction (XRD) patterns of OA-Fe$_3$O$_4$ NPs, PMAO-OA-Fe$_3$O$_4$ NPs, and urokinase@PMAO-OA-Fe$_3$O$_4$ NPs; (e) Fourier transform infrared spectroscopy (FTIR) spectra of OA, OA-Fe$_3$O$_4$ NPs, PMAO, PMAO-OA-Fe$_3$O$_4$ NPs, and urokinase@PMAO-OA-Fe$_3$O$_4$ NPs; (f) Magnetic separation property of PMAO-OA-Fe$_3$O$_4$ NPs and urokinase@PMAO-OA-Fe$_3$O$_4$ NPs in physiological saline and in water with and without an external magnetic field, as shown by the transmittance of solutions over time.

Subsequently, the colloidal stability of NPs in water and physiological saline without magnetic field was investigated with a dynamic light scattering particle size distribution analyzer (DLS) (Horiba LB-550, Horiba, Kyoto, Japan). Figure 3 displays the DLS results of NPs at the beginning of dilution and 100 min later. As shown in the figure, PMAO-OA-Fe$_3$O$_4$ NPs were dispersed in water or saline with a diameter 6–60 nm range and a mean value of 19.6 nm; urokinase@PMAO-OA-Fe$_3$O$_4$ NPs were dispersed with a diameter 8–70 nm range of and a mean value of 24.5 nm, even after 100 min. The results imply that the prepared NPs are water-soluble and stable in water and physiological saline.
Figure 3. Size distribution of (a) PMAO-OA-Fe$_3$O$_4$ NPs in water at the beginning of dilution and 100 min later; (b) PMAO-OA-Fe$_3$O$_4$ NPs in physiological saline at the beginning of dilution and 100 min later; (c) Urokinase@PMAO-OA-Fe$_3$O$_4$ NPs in water at the beginning of dilution and 100 min later; (d) Urokinase@PMAO-OA-Fe$_3$O$_4$ NPs in physiological saline at the beginning of dilution and 100 min later.

2.4. Evaluation of the Amount of Urokinase Bounding on PMAO-OA-Fe$_3$O$_4$ NPs

The amount of urokinase bound on PMAO-OA-Fe$_3$O$_4$ NPs was determined by using Bicinchoninic Acid (BCA$^\text{TM}$) Protein Assay Reagent Kit (P0009, Beyotime, Shanghai, China) through a multi-mode microplate reader (FlexStation3, Molecular Devices, San Jose, CA, USA). FlexStation3 can measure absorbance, fluorescence intensity, fluorescence polarization, luminescence, and time-resolved fluorescence. In this study, a calibration line was established to correlate absorbance and urokinase concentration in solution. We prepared 10 urokinase solutions, with the concentration increasing from 0.1 mg/mL to 1 mg/mL in sequence. Quantities of 200 µL BCA reagent and 20 µL of each solution were injected into the sample wells of the 96-well plate. Another solution in a well without urokinase was set as the control. The plate was subsequently preserved at room temperature for 2 h. The absorbance
of the solution in each well was detected by FlexStation3 microplate reader at 562 nm. Figure 4a shows that the absorbance OD$_{562}$ varies linearly with urokinase concentration. Because the absorbance of the solution can be detected by FlexStation3, the concentration of urokinase in the reaction solution can be directly read by this line. The amount of urokinase attached to NPs was calculated as $D = W - CV$, where $W$ is the total amount of urokinase added in the reaction, $C$ is the measured concentration of urokinase in the supernatant after centrifugation of the NPs solution after completion of the urokinase reaction, and $V$ is the volume of the supernatant. For simplicity, the test was conducted using 1 mg of PMAO-OA-Fe$_3$O$_4$ NPs. Figure 4b shows that the obtained amount of urokinase bound to magnetic NPs varies with the amount of reactive urokinase. Experiments were repeated five times. The quantity of urokinase immobilized on the 1 mg of magnetic NPs increased from 80 µg to 756 µg with the use of urokinase from 0.1 mg to 0.8 mg; it then appears saturated and does not increase even if more urokinase is used. Therefore, the maximum dose of synthetic product (756 µg of urokinase coated on 1 mg of PMAO-OA-Fe$_3$O$_4$ NPs) was used in subsequent experiments.

![Figure 4](image)

**Figure 4.** (a) Relationship between absorbance measured by FlexStation 3 and urokinase concentration in solution; (b) Relationship between the amount of urokinase bound to 1 mg PMAO-OA-Fe$_3$O$_4$ NPs and the amount of urokinase added to the solution.

2.5. Toxicity Assay of Urokinase@PMAO-OA-Fe$_3$O$_4$ NPs

The toxicity of magnetic NPs was evaluated by Neutral Red Cell Proliferation and Cytotoxicology Assay Kit (C0013, Beyotime, Shanghai, China). Before toxicity assay, 5000 human endothelial cells (C6246, Beyotime, Shanghai, China) were seeded into each well of 96-well plate with 200 µL of cell culture solution for 2 h. Then, the urokinase@PMAO-OA-Fe$_3$O$_4$ NPs solutions with several different concentrations were respectively added into each well of the plate. After 72 h of cultivation, 200 µL of cell culture solution and 20 µL of neutral red dye were sequentially injected into the wells. Next, the plate was placed in a shaking incubator (HZQ-QB, Suzhou Weier Experiment Equipments Co., LTD., Suzhou, China) at room temperature for 2 h. The absorbance of each well was read using the microplate reader FlexStation3 at 690 nm. The culture solution without magnetic NPs was used as the control group. The determination of cell viability under the action of urokinase@PMAO-OA-Fe$_3$O$_4$ NPs can be measured by the absorbance ratio between the test solutions and the control solution. Each experiment was repeated five times. Figure 5 shows the measurement result indicating that, even if the concentration of the urokinase@PMAO-OA-Fe$_3$O$_4$ NP reaches 1.2 mg/mL, the cells still maintain more than 93% viability. This indicates that the prepared drug-loaded magnetic NPs have good biocompatibility, low cytotoxicity, and have good in vivo application prospects. In addition, concentration-dependent cell death was observed in the figure. This may be attributed to the mechanism that the oxidative stress related to the concentration of the iron oxide nanoparticles induces the cell injury and death [31]. However, in consideration of the shortage of the preliminary cell samples, more cell samples and technical evaluation means are needed to eliminate the possibility of misleading the event results.
2.6. In Vitro Thrombolysis Experimental System

The thrombolysis experiment in vitro was launched in a mimic blood vascular vessel, as shown in Figure 6a. In this system, a plastic tube with an inner diameter of 2 mm is regarded as the mimic blood vessel. The blood sample is collected from a healthy white mouse provided by Tongji Hospital, Wuhan, China. The blood was collected and conserved in a plastic test tube at room temperature for 2 h, which naturally forms thrombus at the bottom of the tube. The thrombus was placed in close proximity to a semi-circular plastic fixture block glued on the vessel wall to eliminate the possibility of being flushed away by the flowing fluid. The semi-circular segmented block has the same diameter as the vessel and a thickness of 5 mm. The thrombus was surrounded by a three-axis magnetic control system. During thrombolysis experiment, the prepared magnetic NPs solution in a 50 mL syringe was gradually injected into the vessel by using a micro-injection pump with an injection rate of 250 µL/min. The final reaction solution was collected in a 500 mL retrieval beaker. Figure 6b shows a detailed magnetic control system composed of three pairs of magnetic coils for generating a coupled magnetic field. Magnetic coils are all manually wound with the same 400 turns. The coils have an iron core on the y-axis, which is affected by direct current (DC) and generates a static magnetic field that magnetizes and accumulates magnetic NPs in the thrombus region. Coils on the x-axis and z-axis are input into alternating current (AC) with a phase difference of 90 degrees to generate a rotating magnetic field (0.05 T), forcing the NPs to rotate. The rotation would lead to rapid release of urokinase from NPs, which would further improve the thrombolysis efficiency.

2.7. Statistical Analysis

Each experiment in this study was repeated five times. The data were presented as mean ± standard deviation (n = 5). All experimental results obtained from different treatments were analyzed by the ANOVA with the significant p-value (<0.05) using Excel software.
3. Results and Discussions of Thrombolysis Experiment In Vitro

3.1. Drug Release Experiment

A triggerable drug delivery system has been developed to control the release of urokinase as required, which can enhance therapeutic effect. According to the same approach as Section 2.4, the microplate reader FlexStation3 was used to evaluate the effect of alternating magnetic fields on urokinase release from the drug-loaded NPs. The regent kit containing the solution of urokinase@PMAO-OA-Fe₃O₄ NPs (756 µg urokinase coated on 1 mg PMAO-OA-Fe₃O₄ NPs) was placed in the working area of the magnetic control system, and the alternating magnetic fields of different frequencies generated by the cores on the x-axis and z-axis were applied to the regent kit for several minutes. The drug concentration released in the solution can be determined according to the calibration line shown in Figure 4a and the absorbance of the solution measured by FlexStation3. The release amount of urokinase can be obtained by CV, where C is the measured concentration of urokinase in the supernatant after centrifugation of the NPs solution and V is the volume of the supernatant.

The experiment was performed with 1 mg PMAO-OA-Fe₃O₄ NPs. Figure 7 shows the drug release of urokinase@PMAO-OA-Fe₃O₄ NPs over time under the action of AC magnetic field with frequencies of 50 Hz and 100 Hz and in the absence of AC magnetic field. As shown in the figure, in the absence of AC magnetic field, the release of urokinase is only about 56 µg after 60 min. After this time, 92.6% of the initial amount of urokinase remained bound to NPs. This indicates that the prepared urokinase coated magnetic NPs are very stable and are expected to reduce the influence on non-targeted areas in long-distance transmission. While under 50 Hz and 100 Hz AC magnetic fields, the total release of urokinase includes magnetic triggering and non-magnetic triggering, which increase with time and reach 310 µg and 391 µg, respectively, within 60 min. Therefore, urokinase released in the presence of an alternating magnetic field is much larger than urokinase released in the absence of an alternating magnetic field. This indicates that the AC magnetic field can not only trigger and accelerate drug release, but also act as a switch for the release of the protein drug. The tentative explanation for the mechanism of drug magnetic release may be that the oscillation of magnetic NPs under alternating magnetic field would induce the breakage of the amide bond which acts as a linkage of urokinase and NPs [32].

![Figure 7](image)

Figure 7. Effect of alternating magnetic field on triggering urokinase release.

3.2. Thrombolysis Experiment In Vitro

Before the mimic blood vascular vessel experiment, thrombolysis induced by the prepared urokinase@PMAO-OA-Fe₃O₄ NPs outside the magnetic control system was first observed. Four test tubes were prepared and each tube was inserted with 3 mL of saline and 3 mg of thrombus. Then, three of the tubes were respectively added into pure PMAO-OA-Fe₃O₄ magnetic NPs, pure urokinase and urokinase coated magnetic NPs, at 3 mg each. A NdFeB magnet was placed under the tubes to attract the magnetic NPs to the surface of the thrombus at the bottom. Within 90 min, the color state
of the solution was recorded with a camera (EOS 80D, Canon, Tokyo, Japan); the image was then converted to gray scale. The more thrombus dissolved in the solution, the darker the color and the lower the gray scale. Because the maximum gray level in the image channel is 255, the normalized gray level of the solution over time can be obtained by dividing the gray scale by 255, as shown in Figure 8. The red color in the test tubes gradually changed from light to deep within 90 min; accordingly, the gray level also changed from high to low. The results display that the thrombus in tube containing pure physiological saline or pure PMAO-OA-Fe$_3$O$_4$ NPs solution did not change much, the thrombus in pure urokinase solution decreased partially, and the thrombus in the tube of urokinase@PMAO-OA-Fe$_3$O$_4$ NPs solution almost completely dissolved. Therefore, the thrombolysis speed in urokinase@PMAO-OA-Fe$_3$O NPs solution is obviously the fastest. This may be because the static magnetic field helps to increase the concentration of urokinase on the thrombus surface and improve thrombolytic efficiency. The prepared urokinase@PMAO-OA-Fe$_3$O$_4$ NPs can directly dissolve thrombus regardless of whether urokinase is released from the NPs.

Figure 8. Comparison of thrombolysis in physiological saline, pure PMAO-OA-Fe$_3$O$_4$ NPs solution, pure urokinase solution, and urokinase@PMAO-OA-Fe$_3$O$_4$ NPs solution under static magnetic field generated by a NdFeB magnet for 90 min.

Subsequently, thrombolysis in vitro was performed in the mimic blood-vascular system shown in Figure 6. In each experiment, 30 mg of thrombus was placed in the working area of the magnetic control system inside the plastic tube. Then, the solutions including physiological saline, 1 mg/mL pure urokinase, 0.7 mg/mL urokinase@PMAO-OA-Fe$_3$O$_4$ NPs, and 1 mg/mL urokinase@PMAO-OA-Fe$_3$O$_4$ NPs were inserted into the tube respectively through the micro-injection pump. Saline experiment without urokinase or magnetic NPs was conducted as control. During the experiment, by inputting 2 ampere DC into the y-axis electromagnetic coil, a static magnetic field was introduced to accumulate the flowing nano-drug into the thrombus region. Meanwhile, a rotating magnetic field was applied by activating the coils of the x-axis and z-axis at an amplitude of 2 ampere and a frequency of 50 Hz, which helps trigger the release of urokinase. Thrombolysis experiments in all solutions were conducted with and without the rotating magnetic field. Each experiment was repeated five times, each time lasting 90 min. Thrombus was removed from the tube every 30 min, and the wet weight of the thrombus was weighed by a precision micro-balance (FA1104J, Shanghai Sunny Henping Scientific Instrument Co., Shanghai, China). Figure 9 shows the variation of thrombus wet weight with time in different solutions. As shown, almost no mass change of saline treated thrombus was observed. This illustrates that, even if the flowing fluid exerts impact force, the thrombus cannot break down automatically. When thrombus was exposed in pure urokinase, the mass loss was 7 mg ± 0.3 mg after 90 min. However, when 0.7 mg/mL urokinase@PMAO-OA-Fe$_3$O$_4$ NPs and 1 mg/mL urokinase@PMAO-OA-Fe$_3$O$_4$ NPs were injected, the thrombolysis amount was increased to 13 mg ± 0.4 mg and 20 mg ± 0.4 mg, respectively, after the same treatment time even without the action of AC magnetic field. This shows that the thrombolysis rate of nano-drugs is at least twice that of pure urokinase. This may be due to the accumulation of the prepared drug-loaded magnetic NPs.
at the thrombus under the guidance of the external magnetic field, resulting in an increase in drug concentration on the surface of the thrombus. When AC magnetic field is applied, the amount of thrombolysis further increases to $21 \pm 0.4$ mg and $26 \pm 0.5$ mg, corresponding to $0.7$ mg/mL and $1$ mg/mL urokinase@PMAO-OA-Fe$_3$O$_4$ NPs, respectively. Accordingly, the thrombolysis efficiency is increased by approximately four times that of pure urokinase. In comparison with the results using only static magnetic field, the further increase in thrombolysis can be attributed to the rapid release of urokinase from nanoparticles on the thrombus region triggered by alternating magnetic field. As a result, the contact area between urokinase molecules and thrombus becomes larger, which helps dissolve more thrombus in the same time range.

![Figure 9. Comparison of wet weight of thrombus with time in solutions of saline, 1 mg/mL pure urokinase, 0.7 mg/mL urokinase@PMAO-OA-Fe$_3$O$_4$ NPs, and 1 mg/mL urokinase@PMAO-OA-Fe$_3$O$_4$ NPs inside the mimic blood vascular system, wherein the nanoparticles are operated under the action of AC magnetic field with a frequency of 50 Hz and without AC magnetic field.](image)

4. Conclusions

The synthesis and characterization of magnetic carrier drug by conjugating urokinase onto PMAO-OA-Fe$_3$O$_4$ NPs are discussed in detail. The drug carrier of water-soluble PMAO-OA-Fe$_3$O$_4$ particle was first prepared into nano-scale monodisperse, and then successfully covalently bound with urokinase for thrombolysis. In vitro experiments show that alternating magnetic field can trigger urokinase@PMAO-OA-Fe$_3$O$_4$ NPs to release drugs. Under the action of static magnetic field, the thrombolytic efficiency of nano-drugs can be improved by a factor of two. When a coupling magnetic field combined with static and alternating current magnetic fields is applied, the efficiency is increased by a factor of four. This indicates that, in addition to the traditional static magnetic field used for targeted thrombolysis, the use of coupled magnetic fields may be a new option to enhance thrombolysis with magnetic carrier drug NPs. In addition, toxicity assay shows that the urokinase@PMAO-OA-Fe$_3$O$_4$ NPs have good biocompatibility and low cytotoxicity. This implies that the prepared magnetic carrier NPs may be used in vivo experiments in the future. However, further studies have to be done to transition these NPs in vivo test before the clinical use for thrombolysis events.

Author Contributions: Q.L. conceived the experiments and wrote the paper; X.L. and W.Y. contributed materials preparation and analysis tools; M.C. contributed the idea and revised the manuscript; Z.L. (Zhen Lu) and Z.L. (Zili Lei) analyzed the data.

Funding: This research was funded by the State Key Laboratory of Digital Manufacturing Equipment and Technology, Huazhong University of Science and Technology.
Acknowledgments: The authors gratefully acknowledge the support of the State Key Laboratory of Digital Manufacturing Equipment and Technology, Huazhong University of Science and Technology, China.

Conflicts of Interest: The authors declare no conflict of interest.

References
1. Wolach, O.; Sellar, R.S.; Martinod, K.; Cherpokova, D.; McConkey, M.; Chappell, R.J.; Silver, A.J.; Adams, D.; Castellano, C.A.; Schneider, R.K. Increased neutrophil extracellular trap formation promotes thrombosis in myeloproliferative neoplasms. *Sci. Transl. Med.* 2018, 10, eaan8292. [CrossRef] [PubMed]
2. Watson, L.; Broderick, C.; Armon, M.P. Thrombolysis for acute deep vein thrombosis. *Cochrane Db. Syst. Rev.* 2016, 11, CD002783. [CrossRef] [PubMed]
3. Engelberger, R.P.; Spirk, D.; Willenberg, T.; Alatri, A.; Do, D.; Baumgartner, I.; Kucher, N. Ultrasound-assisted versus conventional catheter-directed thrombolysis for acute iliofemoral deep vein thrombosis. *Circ Cardiovasc. Inte.* 2015, 8, e002027.
4. Ebben, H.P.; Nederhoed, J.H.; Lely, R.J.; Meijerink, M.R.; Meijs, B.B.V.D.; Wisselink, W.; Yeung, K.K.; Hoksbergen, A.W.J. Low-dose Thrombolysis for Thromboembolic Lower Extremity Arterial Occlusions is Effective Without Major Hemorrhagic Complications. *Eur. J. Vasc. Endovasc.* 2014, 48, 551–558. [CrossRef] [PubMed]
5. Kikkert, W.J.; van Geloven, N.; van der Laan, M.H.; Vis, M.M.; Baan, J.; Koch, K.T.; Peters, R.J.; de Winter, R.J.; Piek, J.J.; Tijssen, J.G. The prognostic value of bleeding academic research consortium (BARC)-defined bleeding complications in ST-segment elevation myocardial infarction: A comparison with the TIMI (Thrombolysis In Myocardial Infarction), GUSTO (Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries), and ISTH (International Society on Thrombosis and Haemostasis) bleeding classifications. *J. Am. Coll. Cardiol.* 2014, 63, 1866–1875. [PubMed]
6. Yang, F.Y.; Fang, S.F. Behavioural Assessment of Blood-Brain Barrier Opening Induced by Various Ultrasound Parameters. *Proc. Eng. Technol. Innov.* 2016, 3, 13–15.
7. Yang, F.Y.; Chang, W.Y.; Li, J.J.; Wang, H.E.; Chen, J.C.; Chang, C.W. Pharmacokinetic analysis and uptake of 18F-FBPA-Fr after ultrasound-induced blood-brain barrier disruption for potential enhancement of boron delivery for neutron capture therapy. *J. Nucl. Med.* 2014, 55, 616–621. [CrossRef]
8. Chimene, D.; Alge, D.L.; Gaharwar, A.K. Two-dimensional nanomaterials for biomedical applications: emerging trends and future prospects. *Adv. Mater.* 2015, 27, 7261–7284. [CrossRef]
9. Estelrich, J.; Sánchez-Martin, M.J.; Busquets, M.A. Nanoparticles in magnetic resonance imaging: From simple to dual contrast agents. *Int. J. Nanomed.* 2015, 10, 1727–1741.
10. Miller, M.A.; Gadde, S.; Pfirschke, C.; Engblom, C.; Sprachman, M.M.; Kohler, R.H.; Yang, K.S.; Laughney, A.M.; Wojtkiewicz, G.; Kamaly, N. Predicting therapeutic nanomedicine efficacy using a companion magnetic resonance imaging nanoparticle. *Sci. Transl. Med.* 2015, 7, 314ra183. [CrossRef]
11. Hejazian, M.; Li, W.; Nguyen, N. Lab on a chip for continuous-flow magnetic cell separation. *Lab Chip* 2015, 15, 959–970. [CrossRef] [PubMed]
12. Li, X.; Wei, J.; Aifantis, K.E.; Fan, Y.; Feng, Q.; Cui, F.Z.; Watari, F. Current investigations into magnetic nanoparticles for biomedical applications: emerging trends and future prospects. *Adv. Mater.* 2015, 27, 1285–1296. [CrossRef] [PubMed]
13. Yin, P.T.; Shah, S.; Pasquale, N.J.; Garbuzenko, O.B.; Minko, T.; Lee, K. Stem cell-based gene therapy activated using magnetic hyperthermia to enhance the treatment of cancer. *Biomaterials* 2015, 81, 46–57. [CrossRef] [PubMed]
14. Zhou, Z.; Sun, Y.; Shen, J.; Wei, J.; Yu, C.; Kong, B.; Liu, W.; Yang, H.; Yang, S.; Wang, W. Iron/iron oxide core/shell nanoparticles for magnetic targeting MRI and near-infrared photothermal therapy. *Biomaterials* 2014, 35, 7470–7478. [CrossRef] [PubMed]
15. Huang, J.; Li, Y.; Orza, A.; Lu, Q.; Guo, P.; Wang, L.; Yang, L.; Mao, H. Magnetic nanoparticle facilitated drug delivery for cancer therapy with targeted and image-guided approaches. *Adv. Funct. Mater.* 2016, 26, 3818–3836. [CrossRef]
16. Ragelle, H.; Danhier, F.; Préat, V.; Langer, R.; Anderson, D.G. Nanoparticle-based drug delivery systems: A commercial and regulatory outlook as the field matures. *Expert Opin. Drug Del.* 2017, 14, 851–864. [CrossRef]
17. Torchilin, V.P. Multifunctional, stimuli-sensitive nanoparticulate systems for drug delivery. *Nat. Rev. Drug Discov.* 2014, 13, 813–827. [CrossRef]
18. Bi, F.; Zhang, J.; Su, Y.; Tang, Y.; Liu, J. Chemical conjugation of urokinase to magnetic nanoparticles for targeted thrombolysis. Biomaterials. 2009, 30, 5125–5130. [CrossRef]
19. Drozdov, A.S.; Vinogradov, V.V.; Dudanov, I.P.; Vinogradov, V.V. Leach-proof magnetic thrombolytic nanoparticles and coatings of enhanced activity. Sci. Rep. UK 2016, 6, 28119. [CrossRef]
20. Chang, M.; Lin, Y.H.; Gabayno, J.L.; Li, Q.; Liu, X. Thrombolysis based on magnetically-controlled surface-functionalized Fe₃O₄ nanoparticle. Bioengineered 2017, 8, 29–35. [CrossRef]
21. Sanz, B.; Calatayud, M.P.; Torres, T.E.; Fanarraga, M.L.; Ibarra, M.R.; Goya, G.F. Magnetic hyperthermia enhances cell toxicity with respect to exogenous heating. Biomaterials 2017, 114, 62–70. [CrossRef] [PubMed]
22. Arami, H.; Khandhar, A.; Liggitt, D.; Krishnan, K.M. In vivo delivery, pharmacokinetics, biodistribution and toxicity of iron oxide nanoparticles. Chem. Soc. Rev. 2015, 44, 8576–8607. [CrossRef] [PubMed]
23. Sanz, B.; Calatayud, M.P.; Torres, T.E.; Fanarraga, M.L.; Ibarra, M.R.; Goya, G.F. Magnetic hyperthermia enhances cell toxicity with respect to exogenous heating. Biomaterials 2017, 114, 62–70. [CrossRef] [PubMed]
24. Gabayno, J.L.F.; Liu, D.W.; Chang, M.; Lin, Y.H. Controlled manipulation of Fe₃O₄ nanoparticles in an oscillating magnetic field for fast ablation of microchannel occlusion. Nanoscale 2015, 7, 3947–3953. [CrossRef] [PubMed]
25. Prilepskii, A.Y.; Fakhardo, A.F.; Drozdov, A.S.; Vinogradov, V.V.; Dudanov, I.P.; Shtil, A.A.; Bel’Tyukov, P.P.; Shibeko, A.M.; Koltsova, E.M.; Nechipurenko, D.Y. Urokinase-conjugated magnetite nanoparticles as a promising drug delivery system for targeted thrombolysis: synthesis and preclinical evaluation. ACS Appl. Mater. Inter. 2018, 10, 36764–36775. [CrossRef] [PubMed]
26. Inada, Y.; Ohwada, K.; Yoshimoto, T.; Kojima, S.; Takahashi, K.; Kodera, Y.; Matsushima, A.; Saito, Y. Fibrinolysis by urokinase endowed with magnetic property. Biochem. Bioph. Res. Co. 1987, 148, 392–396. [CrossRef]
27. Ren, L.; Wang, X.; Wu, H.; Shang, B.; Wang, J. Conjugation of nattokinase and lumbrukinase with magnetic nanoparticles for the assay of their thrombolytic activities. J. Mol. Catal. B-Enzym. 2010, 62, 190–196. [CrossRef]
28. Yang, H.W.; Hua, M.Y.; Lin, K.J.; Wey, S.P.; Tsai, R.Y.; Wu, S.Y.; Lu, Y.C.; Liu, H.L.; Wu, T.; Ma, Y.H. Bioconjugation of recombinant tissue plasminogen activator to magnetic nanocarriers for targeted thrombolysis. Int. J. Nanomed. 2012, 7, 5159–5173.
29. Sun, S.; Zeng, H. Size-controlled synthesis of magnetite nanoparticles. J. Am. Chem. Soc. 2002, 124, 8204–8205. [CrossRef]
30. Hsieh, S.; Huang, B.Y.; Hsiao, C.; Chen, Y.; Liu, D.; Chen, S. Multifunctional magnetically removable nanogated lids of Fe₃O₄–capped mesoporous silica nanoparticles for intracellular controlled release and MR imaging. J. Mater. Chem. 2011, 21, 2535–2543. [CrossRef]