Lateral Flow Immunoassay for Diagnosis of *Trypanosoma cruzi* Infection with High Correlation to the Radioimmunoprecipitation Assay

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The incidence of blood donors seropositive for *Trypanosoma cruzi* in North America has increased with population migration and more rigorous surveillance. The United States, considered nonendemic for *T. cruzi*, could therefore be at risk to exposure to parasite transmission through blood or organ donations. Current tests show variable reactivity, especially with Central American sera. Here we describe the development of a lateral flow immunoassay for the rapid detection of *T. cruzi* infection that has a strong correlation to the radioimmunoprecipitation assay (RIPA) “gold standard” in the United States. Such a test could have utility in small blood banks for prescreening donors, as well as in cardiac transplantation evaluation. *T. cruzi* consensus and/or RIPA-positive sera from Central and South America were evaluated in enzyme immunoassays (EIAs). These included commercial panels from Boston Biomedica, Inc. (BBI) (*n* = 14), and HemaBio (*n* = 21). Other sources included RIPA-positive sera from the American Red Cross (ARC) (*n* = 42), as well as from Chile. Sera were tested with the multiepitope recombinant TcF. All but one of the BBI samples were positive and 7 of 21 HemaBio samples and 6 of 42 ARC samples were low positive or negative. This observation indicated the need for additional antigens. To complement TcF reactivity, we tested the sera with peptides 30, 36, SAPA, and 1.1, 1.2, and 1.3 His fragments of 85-kDa trans-sialidase. We identified a promising combination of the tested antigens and constructed a single recombinant protein, ITC6, that enhanced the relative sensitivity in U.S. blood donor sera compared to that of TcF. The data on its evaluation using RIPA-confirmed positive sera in EIA and lateral flow immunoassay studies are presented, along with an additional recombinant protein, ITC8.2, with two additional sequences for peptide 1 and Kmp-11. The latter, when evaluated in a dipstick assay with consensus positive sera, had a sensitivity of 99.2% and a specificity of 99.1%.

*Trypanosoma cruzi* infection is endemic in Latin America and is the causative agent of Chagas’ disease. The parasite is transmitted to humans via direct contact with feces from infected the reduvid bug, congenitally or via blood transfusion (24, 31, 32, 39). The latter has become the most prevalent route of infection and in some countries up to 10% of the blood supply is affected. After infection an acute phase of disease occurs for 1 to 2 months, after which the disease frequently resolves, and individuals become asymptomatic for long periods of time (years). During this phase individuals have low levels of detectable parasite and measurable antibody titers. Up to a quarter of this group will progress to chronic disease, resulting frequently in cardiac failure and death. There is growing evidence that with increased migration of populations, people in countries such as the United States, considered nonendemic for *T. cruzi*, could be at risk for exposure to parasite transmission through blood donations (20). Any test developed also needs to be capable of detecting different clones of *T. cruzi* that are evident in Central America as opposed to most of South America (27). It is also evident from other studies with various recombinant proteins and sera from Central and South America that wide geographical differences in reactivity are observed (36, 37).

Several methods for the diagnosis of *T. cruzi* infection are available but not applicable for field testing. These include the enzyme-linked immunosorbent assay (ELISA), the immunofluorescence antibody test (IFAT), or the indirect hemagglutination test (4, 7, 19, 34). Hemoculture and xenodiagnosis are frequently used as reference standards of parasite presence, but they suffer from variability in sensitivity and are not recommended for routine diagnosis (30). Other researchers are evaluating dipstick assays with other sets of antigens than those discussed here, but there are still issues of sensitivity and specificity over a broad geographical area (26, 29). More recently, radioimmunoprecipitation assay (RIPA) has been used in the United States (19) as the “gold standard. Although these tests are sensitive and specific, there is a need for a rapid, sensitive, and specific diagnostic test for screening surveys or use in small rural clinics or in cardiac transplantation situations. Such a test needs to maintain a high level of sensitivity and specificity irrespective of geographical location.

TcF is a multiepitope recombinant protein containing four immunodominant repeating peptide epitopes, and its reactivity and that of related peptides with Chagas’ serum has been described by various groups in the literature (2, 6, 9–13, 28). It is reactive in enzyme immunoassay (EIA) with *T. cruzi*-positive sera with a high level of sensitivity and specificity, particularly with South American sera, e.g., in sera from Brazil, which were...
used in initially identifying many of the epitopes. On closer inspection, TcF was found to vary in sensitivity or intensity of signal when tested against *T. cruzi*-positive sera from the U.S. and Central American blood donors or patients. This might indicate their infection with a different *T. cruzi* clone (27). This prompted the search for additional epitopes that would complement TcF and that subsequently could be incorporated into a next-generation multiepitope recombinant protein. The data presented here describe (i) the selection of antigens complementary to TcF; (ii) the development of a novel multiepitope recombinant protein, ITC6, and, subsequently, ITC8.2, incorporating complementary sequences; and (iii) the development of a prototype lateral flow assay for the detection of *T. cruzi* antibodies in serum.

This novel assay demonstrated increased sensitivity and signal in *T. cruzi*-positive U.S. blood donors and Central American sera than were previously seen with TcF alone.

**MATERIALS AND METHODS**

**TcF or ITC6 or ITC8.2 recombinant EIA.** The TcF, ITC6, and 8.2 and other recombinant protein and peptide ELAs were performed as follows. Microtiter plates (Immulon-2; flat bottom, high binding) were coated with recombinant proteins at 100 ng/well overnight at 4°C in a carbonate/bicarbonate buffer (pH 9.6). After three washes with phosphate-buffered saline containing 0.05% Tween 20 (PBST), the plates were blocked with PBS containing 1% bovine serum albumin and 0.05% Tween 20 for 1 h. Serum samples were then added at a 1:50 dilution and incubated for 30 min at 37°C, followed by six washes with PBST. Goat anti-human immunoglobulin G (IgG)-horseradish peroxidase (1/50,000 dilution and incubated for 30 min at 37°C, followed by six washes with PBST. Goat anti-human immunoglobulin G (IgG)-horseradish peroxidase (1/50,000) was then added to the plate, followed by incubation for 30 min at 37°C. After six washes in PBST, the plate was developed with TMB (3,3'-tetramethylbenzidine) substrate for 15 min at ambient temperature and then stopped with 1 N sulfuric acid. The plates were immediately read at an optical density at 450 nm (OD450).

**ITC lateral flow immunoassay.** A lateral flow assay was performed with the ITC recombinants as the solid-phase antigen in the test line. An affinity-purified goat anti-human IgG antibody was labeled with colloidal gold and used as the mobile phase. The control line comprised recombinant protein A.

ITC recombinant proteins were coated on the membrane at a concentration of 0.35 mg/ml as the test line. Colloidal gold conjugate was prepared by using goat anti-human IgG and adding gold salt. After incubation, bovine serum albumin was added as a blocking reagent. The gold was diluted to the appropriate OD at 520 nm gold suspension buffer at an appropriate concentration. The antigen/gold conjugates, in turn, were sprayed on the membrane. The control line was recombinant protein A sprayed at a concentration of 1 mg/ml. Human sera (25 μl) were applied to the sample pad, followed by 3 drops of chase buffer. The samples from Chile were evaluated by Myriam Lorca, University of Chile, using immunofluorescence titration (i.e., the IFAT) and/or EIA. The IFAT was performed according to the Ca-margo methodology (4), as modified by the Lorca group (24). Epimastigotes of *T. cruzi* from Chile were evaluated by Myriam Lorca, University of Chile, using immunofluorescence titration (i.e., the IFAT) and confirmed by using EIA. The IFAT was performed according to the Ca-margo methodology (4), as modified by the Lorca group (24). Epimastigotes of *T. cruzi* from Diamond cultures were used. After three washes, the cultures were fixed with 2% formalin in PBS. The serum samples were diluted in PBS (pH 7.2; 1/20 or serial dilutions) and incubated with the antigen at 37°C for 45 min. After two washes the slides were incubated with the second antibody (fluorescein isothiocyanate-labeled anti-human IgG) plus Evans blue as a contrast (25). The slides were read in UV microscope (Olympus PS-2D) at a magnification of ×40. The EIA was performed according to the routine methodology (7) using whole extract of epimastigotes of *T. cruzi* (2 μg/ml). Plates were blocked with nonfat dried milk diluted in PBS. Serum dilutions were made in PBS-nonfat dried milk. Serum samples. Several panels were available for testing. Forty-two samples were received from the ARC that had tested RIPA positive. These included several donors of Central American origin. A panel of 15 sera primarily from Venezuela, Nicaragua, Honduras, and Argentina (14 positive and 1 negative) was available from Boston Biomedica, Inc., West Bridgewater, MA. A panel of 21 sera was available from HemaBio (formerly Teragenix), and these included sera from Central and South America. Myriam Lorca also provided us with a panel of 25 positive sera by epimastigote ELISA and IFAT that included known peptide 1, peptide 2, and SAPA (shed acute-phase antigen) reactive sera. She also performed initial evaluations in Chile of an ITC8.2 dipstick with an extensive panel of sera shown to be RIPA-positive by the IFAT and/or EIA. This panel included Chagas’ disease patients (n = 118) that were chronic asymptomatic...
TABLE 1. Results of complementation studies

| Serum       | TcF | 1.1 His | 1.2 His | 1.3 His | SAPA | Peptide 30 | Peptide 36 |
|-------------|-----|---------|---------|---------|------|------------|------------|
| 349-003A    | 1.891 | 0.221   | 6.562   | 0.358   | 2.719 | 2.116      | 2.682      |
| 351-003A    | 1.160 | 0.628   | 0.396   | 0.402   | 4.393 | 1.541      | 5.364      |
| 360-003A    | 4.288 | 0.256   | 0.184   | 0.225   | 0.315 | 0.315      | 5.795      |
| 375-003A    | 0.282 | 0.339   | 0.332   | 0.338   | 0.230 | 1.103      | 0.477      |
| RR04        | 2.885 | 0.201   | 0.237   | 0.250   | 0.326 | 0.288      | 0.670      |
| RR26        | 0.417 | 0.369   | 0.240   | 0.275   | 0.253 | 12.623     | 0.489      |
| RR34        | 0.962 | 0.410   | 0.989   | 0.480   | 0.309 | 6.110      | 0.852      |
| RR52        | 0.788 | 0.209   | 0.191   | 0.225   | 0.254 | 5.843      | 0.418      | 1.023      |
| RR57        | 0.737 | 2.018   | 6.357   | 0.338   | 0.708 | 0.384      | 4.602      |
| RR71        | 3.295 | 0.201   | 0.587   | 0.270   | 0.562 | 0.452      | 0.818      |
| RR75        | 4.827 | 0.151   | 0.622   | 0.314   | 0.399 | 0.959      | 0.591      |
| RR78        | 2.712 | 0.219   | 0.459   | 0.299   | 0.461 | 0.425      | 0.534      |
| RR85        | 3.846 | 1.053   | 5.664   | 0.995   | 3.112 | 20.870     | 9.727      |
| RR86        | 0.994 | 0.166   | 0.237   | 0.289   | 0.573 | 0.322      | 3.864      |
| RR94        | 0.628 | 0.314   | 0.163   | 0.407   | 0.573 | 1.795      | 3.636      |
| RR99        | 2.705 | 0.183   | 0.350   | 0.279   | 0.428 | 0.295      | 1.205      |
| RR66        | 0.776 | 0.402   | 0.816   | 0.333   | 0.338 | 1.596      | 0.864      |
| RR85        | 2.673 | 0.359   | 0.459   | 0.588   | 0.652 | 0.774      | 1.250      |
| Cutoff      | 0.156 | 0.398   | 0.283   | 0.204   | 0.178 | 0.146      | 0.088      |

* The results demonstrate the complementation of different peptides and recombinant proteins with TcF in EIA from TcF-negative or low-positive sera. Values are expressed as S/CO to facilitate comparison. The cutoff OD for each antigen is shown and represents the mean plus three standard deviations of negatives. Samples are considered positive if the S/CO value is >1. Boldface values indicate positivity with a particular peptide or recombinant protein.

RESULTS

Several recombinant antigens and peptides were evaluated to determine their ability to complement TcF in detecting T. cruzi-positive sera. These included peptides 30, 36, and SAPA (22, 23, 38). Other recombinant antigens included but were not restricted to 1.1, 1.2, and 1.3 His. 1.1 His is a 30-kDa fragment of a family member of the abundant 85-kDa trans-sialidase membrane protein, 1.2 His is a 48-kDa fragment of a second family member, and 1.3 His is a 30-kDa fragment of a third family member (14–16). Table 1 summarizes the example of complementation of the key antigens with TcF low or nonreactive sera that were determined to be RIPA positive. These sera were from U.S. blood donors primarily of Central American origin, as well as four consensus-positive sera from Brazil.

The data, expressed as signal/cutoff (S/CO) ratios to enable comparison of the reactivities, indicate that peptides 30, 36, and SAPA all contributed to complementing the reactivity of TcF. For example, in Table 1 the TcF-negative sera RR26 and RR34 were complemented with peptide 30, and RR57 and RR66 were complemented with peptide 36. SAPA also further enhanced activity, as seen in sera, e.g., RR52. The His proteins showed some reactivity with the sera but were always positive by SAPA, peptide 30, or peptide 36 and did not appear to improve overall reactivity. Based on these complementation studies and other similar evaluations, a new multiepitope antigen ITC6 was constructed and expressed as a recombinant protein in an E. coli expression system as described in Materials and Methods. This protein included peptide 30, peptide 36, and SAPA in conjunction with the four epitopes of TcF (11–13). The comparison of ITC6 reactivity versus TcF on RIPA-positive donor samples from the ARC, as well as the BBI panel which was confirmed positive with RIPA, are illustrated in Table 2. Significant improvements in reactivity were

TABLE 2. Reactivity of TcF and ITC6 recombinant proteins in EIA with RIPA-confirmed positive sera

| Serum panel | No. of sera | TcF EIA | ITC6 EIA |
|-------------|-------------|---------|----------|
|             | No. positive | Mean S/CO | SD  | 99th percentile | No. positive | Mean S/CO | SD  | 99th percentile |
| ARC         | 42          | 36       | 3.575   | 3.2   | 0.306–11.171    | 42          | 7.545   | 4.877 | 1.387–16.077   |
| BBI         | 14          | 13       | 5.485   | 3.084 | 0.368–10.490   | 14          | 10.164  | 3.651 | 4.654–16.402  |
| Controls    | 4           | 0        | 0.429   | 0.19  | 0.224–0.644    | 0           | 0.694   | 0.102 | 0.551–0.776    |

* Data for both antigens are expressed as the mean S/CO and include the 99th percentiles to facilitate comparison of the data. RIPA-confirmed positive sera from the ARC (n = 42) and BBI panel sera confirmed positive by RIPA (n = 14), and normal human serum-negative controls (n = 4) are included. The data indicate improved S/CO and assay sensitivity due to the incorporation of peptides 30, 36, and SAPA.
His6-tagged ITC8.2 is shown in Fig. 1B. As is evident from the dipsticks showed improved sensitivity compared to RIPA than the TcF EIA. The sequence of the recombinant ITC8.2 was initially made with a His6 tag but was chemically immobilized on a 96-well plate (33, 35). By including peptide 1 and ITC8.2 but not with ITC6, which lacks the epitopes, inaccessibility of epitopes in the recombinant protein could indicate the absence of antibodies to the ITC8.2 peptide 1-positive sera in EIAs, although to date no serum reactive with only peptide 1 or Kmp-11 has been identified. To confirm the reactivity of a peptide 1-reactive serum with ITC8.2, a peptide 1-reactive serum was affinity purified on a peptide 1 affinity column. This serum was then shown to react in an EIA with peptide 1 and ITC8.2 but not with ITC6, which lacks the peptide 1 sequence. ITC8.2 dipsticks were prepared and compared to the reactivity of TcF and ITC6 EIA, RIPA, and ITC6 dipsticks with the serum panels. Table 3 shows the ITC8.2 dipstick reactivity, along with the ITC6 dipstick reactivity, compared to RIPA. In both cases 101 of 102 sera were positive, and both showed improved reactivity over TcF. In addition, Fig. 2 shows a comparison of the intensities of dipstick reactivity for ITC6 and ITC8.2 and indicates that, in general, increased intensity is seen in ITC8.2 dipsticks versus ITC6 dipsticks without affecting the background. Whether this is due to the Kmp-11 or peptide 1 reactivity inclusion is uncertain at this time due to the lack of a Kmp-11- or peptide 1-only reactive serum. ITC8.2 was then chosen for further studies, and a more extensive evaluation of the ITC8.2 dipstick was performed in Chile. Table 4 shows the reactivity of the ITC8.2 dipstick test with serum samples from 118 IFAT-positive Chagas's sera, as well as 106 control sera that include sera with rheumatoid factor, toxoplasmosis, syphilis, nonparasitic diseases, and cancers. The ITC8.2 dipstick was positive in 116 of the IFAT-positive sera. Of the two sera that were discrepant, one was negative by EIA (epimastigote) and the other was positive. The single false-positive result in the dipstick assay was confirmed to be ELISA negative. The initial positive concordance was 98.3%, and the negative concordance was 99.1%, with a total concordance of 98.7%. If IFAT and EIA (epimastigotes) are used in combination (consensus positive), the positive concordance was 99.2%, and the negative concordance was 99.1%. The total concordance increased to 99.1%. The discrepant samples could indicate the absence of antibodies to the ITC8.2 epitopes, inaccessibility of epitopes in the recombinant protein to serum antibodies, or an extremely low antibody titer.

To determine the potential cross-reactivity with VL sera,

| Serum panel | No. of sera | No. of positive samples |
|-------------|-------------|------------------------|
| HemaBio     | 21          | 21 19 20 20 20         |
| ARC         | 42          | 42 36 42 42 42         |
| BBI         | 14          | 14 13 14 14 14         |
| Chile       | 25          | 25 25 25 25 25         |
| Total       | 102         | 102 93 101 101 101     |

*a The serum panels that were confirmed positive by RIPA were tested in TcF EIA, ITC6 EIA, and ITC6 and ITC8.2 dipsticks. Both the ITC6 and the ITC8.2 dipsticks showed improved sensitivity compared to RIPA than the TcF EIA.

![Graph showing reactivity of ITC8.2 dipsticks with RIPA-confirmed positive sera from several sources. The vertical axis represents the mean dipstick intensity compared to a reference chart showing intensity scale from 0 to 14 (see Materials and Methods). In both cases, the antigen was sprayed on the dipstick at the desired concentration.](http://cvi.asm.org/)
from 20 individuals with rK39-positive sera were tested in the ITC8.2 Chagas dipstick along with 10 Chagas positive sera and 10 control sera. The data shown in Table 5 indicate no cross-reactivity with VL-positive sera. This finding is in contrast to some commercial ELISAs that show high cross-reactivity with VL-positive sera (10).

**DISCUSSION**

EIA was used to identify additional epitopes that complemented the multiepitope recombinant protein TcF and improved detection of *T. cruzi*-positive sera from Central America. From these studies peptides 1, 30, 36, and SAPA, and ITC8.2 further included peptides 1 and Kmp-11. Peptide 1 has been described as being reactive with a large percentage of symptomatic and asymptomatic patients with Chagas' disease (22, 23). Kmp-11 is a cytokinetic associated protein that is a major component of the cell membrane, and a C terminus peptide has been shown to be reactive with >50% of chagasic sera (33, 35). These newly developed recombinant proteins, in particular ITC8.2, have been used in the development of a prototype lateral flow assay for the detection of *T. cruzi* antibodies in serum. The ITC8.2 assay was shown to have a high correlation with the confirmatory RIPA used in the United States and demonstrates improved reactivity with *T. cruzi*-positive sera from Central American and U.S. blood donors compared to TcF. The dipstick test had a specificity of 99.1% and a sensitivity of 98.3% compared to IFAT, and 99.1% and 99.2%, respectively, compared to IFA T and IFAT in combination with EIA (epimastigotes) (Table 4). In the studies described here, the ITC8.2 dipstick also showed good correlation with RIPA. It was positive with 25 of 25 RIPA-positive sera from Chile, 14 of 14 BBI sera, and 20 of 21 sera from the HemaBio panel (Table 3). Serum 63225 in the latter panel was equivocal by RIPA and was borderline positive by the Hemagen EIA as provided in the HemaBio specifications. The EIA data indicate that both ITC6 and ITC8.2 have improved reactivity over TcF and that ITC8.2 is the antigen of choice in developing the dipstick assay. These assays could become the first choice for screening purposes in disease surveillance or intervention programs and could have utility in cardiac and other organ transplantsations (1, 21). The assay is designed for point of care, epidemiological settings, and remote diagnostic laboratories and for testing on an individual basis. Although it could potentially be used for pretesting blood donors, removing an individual testing positive from a blood donor pool should first be considered for retesting with a commercially available ELISA.

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