Design of Full-360° Reflection-Type Phase Shifter Using Trans-Directional Coupler with Multi-Resonance Loads

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Abstract—In this paper, a full-360° reflection-type phase shifter (RTPS) using a trans-directional (TRD) coupler with multi-resonance loads is presented. It features the characteristics of wide bandwidth, small size, wide phase shifts with a compact structure and inherent DC blocking. Influences of the multi-resonance loads on the phase shifts and insertion losses of the RTPS are analyzed, and design procedures are given for guidance. For validation, a prototype is designed at 2 GHz. The overall size is $0.56 \lambda_g \times 0.17 \lambda_g$. Measured results show a bandwidth of 20% under the criterion of more than 10-dB return loss. Meanwhile, a relative phase variation of 425° with a maximum insertion loss of 3.6 dB is achieved when the varactor capacitance is varied among 0.35 pF to 3.2 pF.

1. INTRODUCTION

As an indispensable component in modern wireless communication systems, phase shifters are widely used in phased-array antenna systems [1, 2], phase-modulation communication systems [3], and harmonic distortion cancellation [4]. Among the analog phase shifters, reflection type phase shifter (RTPS), which consists of a 3-dB quadrature coupler with two identical tunable reflector loads, provides a balanced compromise among phase variation range, insertion loss, and compactness compared with loaded transmission line [5] and switched network [6] phase shifters.

In the design of RTPS, a tradeoff among phase variation, bandwidth, and compactness should be considered. However, the conventional structure exhibits a restricted phase shift over a narrow band. Since the superiority of a phase shifter is generally determined by the maximum phase variation range, several approaches have been proposed for this issue. In [7], a low loss RTPS with a relative phase variation of 190° is achieved by using a stub loaded quadrature coupler with reduced varactors. By using an impedance transforming quadrature coupler with equalized series-resonated varactors, a phase shift tuning range of 237° is obtained [8]. Further, a maximal relative phase shift of 407° is realized by replacing the series-resonated varactors [8] with cascaded connections of varactors [9]. A π-type network consisting of three varactors is reported to achieve a phase shift of 385° [10]. In [11], an RTPS composed of two transformer-based quadrature couplers and two transformer-based multi-resonance loads provides a phase shift of 367°. However, since branch lines are used for constructing the coupler, all these reports can only exhibit a bandwidth around 10%. Besides, large size is also the disadvantage. Although a packaged chip coupler is used in [12] for size reduction, the overall size is still large, and the bandwidth is limited (about 10%).

To address the problem of narrow bandwidth, short-ended coupled lines are proposed, and a bandwidth of 36% is achieved [13]. However, the maximum phase variation is limited to 255°. In addition, slotted ground plane with shunt capacitor has to be used for realizing a high value of even-mode impedance and tight coupling. Further bandwidth enhancement (66.7%) can be obtained by using a vertically installed planar (VIP) coupled-line coupler [14]. A phase variation of 350° is realized at the

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center frequency. For single-layer PCB implementation, a coupled line based tight-coupling coupler is applied in [15]. The maximum phase shift of 392° is obtained by using the reflection loads in [10].

Except branch line (BL) and coupled line (CL) couplers, there also exists another type of directional couplers, named as coupled line trans-directional (CL-TRD) coupler. It shows wider bandwidth and smaller size than a BL coupler. Moreover, tight coupling and easy connection with external circuits [16] are the advantages compared with a CL coupler. Besides, between the input and output ports of a CL-TRD coupler, DC blocking is inherent. Recently, several researches have been done on the TRD-based RTPS [17–19]. However, the phase shift ranges of these reports are limited to less than 180°.

In the paper, the CL-TRD coupler previously proposed in [19], which has a balanced output ports power distribution and phase performance, is applied to the construction of an RTPS. To achieve full 360° phase shift, multi-resonance loads are connected. The measurement results show that the proposed RTPS exhibits an excellent tradeoff among phase variation, bandwidth, and compactness.

2. THEORETICAL ANALYSIS

Figure 1 shows the schematic of the proposed RTPS, which consists of a 3-dB CL-TRD coupler [20] loaded by two identical reflection loads. Each reflection load is composed of two inductors named $L_1$ and $L_2$ and two identical varactor diodes named $D_1$. One varactor is connected in parallel to inductor $L_1$, forming a parallel-resonated circuit. The addition of inductor $L_2$ in series with the varactor will increase the equivalent capacitance of the varactor, which results in wide phase shift. Moreover, an additional varactor is paralleled for extending the phase shift range without causing extra insertion loss.

In the analysis, varactor diode $D_1$ is modeled as a parasitic resistor $R_s$ in series with the tunable capacitor $C_v$ for simplifying the calculation, as shown in Fig. 1. Thus, the load impedance $Z_L$ can be expressed as

$$Z_L = \frac{1}{\frac{1}{Z_L} + \frac{1}{Z_0}}$$

Then, the reflection coefficient can be obtained as

$$\Gamma = \frac{Z_L - Z_0}{Z_L + Z_0}$$

$$= \sqrt{\left[\left(T_1 - T_3\right)\left(T_1 + T_3\right) + \left(T_2 - T_4\right)\left(T_2 + T_4\right)\right]^2 + \left[\left(T_1 + T_3\right)\left(T_2 - T_4\right) - \left(T_1 - T_3\right)\left(T_2 + T_4\right)\right]^2}$$

$$e^{j\arctan\left(\frac{T_1 + T_3}{T_2 - T_4} - \frac{T_1 - T_3}{T_2 + T_4}\right)}$$

where

$$T_1 = -\omega^4 L_1 L_2 R_S C_v^2 + 2\omega^2 L_1 R_S C_v$$

$$T_2 = \omega^3 L_1 R_S^2 C_v^2 + \omega^3 L_1 L_2 C_v - \omega L_1$$

$$T_3 = Z_0 \left[\omega^2 C_v \left(2L_1 + L_2\right) + \omega^2 C_v^2 R_S^2 - \omega^4 L_1 L_2 C_v^2 - 1\right]$$

$$T_4 = Z_0 \left[\omega^3 R_S C_v^2 \left(2L_1 + L_2\right) - 2\omega C_v R_S\right]$$

Figure 1. Schematic of the proposed RTPS.
Here, $Z_0$ is equal to 50 Ω. According to Eq. (2), the maximum shift $\Delta \varphi$ and the insertion loss (IL) are obtained, as listed in Eq. (4).

$$\Delta \varphi = |\varphi_{\text{max}} - \varphi_{\text{min}}|$$

$$\text{IL} = |\Gamma|^2 = \frac{[(T_1 - T_3) (T_1 + T_3) + (T_2 - T_4) (T_2 + T_4)]^2 + [(T_1 + T_3) (T_2 - T_4) - (T_1 - T_3) (T_2 + T_4)]^2}{[(T_1 + T_3)^2 + (T_2 + T_4)^2]^2}$$

In Eq. (4a), $\varphi_{\text{max}}$ and $\varphi_{\text{min}}$ are the phase shifts at the maximum and minimum capacitance value, respectively. It can be found that $\Delta \varphi$ and IL are mainly affected by the capacitance $C_v$.

In order to express the variations more clearly, the curves of $\Delta \varphi$ and IL versus $C_v$ and $L_1$ with different values of $L_2$ are plotted, as shown in Figs. 2 and 3. Here, the values of $L_1$ and $C_v$ are gradually increased in the range of 3 nH $\sim$ 20 nH and 0 $\sim$ 10 pF, respectively. While the value of $L_2$ starts from 2 nH to 14 nH with an interval of 4 nH. It is observed from the four groups of curves that the ILs are decreased when the value of $L_2$ is increased. While the IL is slightly increased along with the increase of $L_1$. However, the values of $L_2$ cannot be infinitely large due to practical considerations. Besides, the phase shift will be damaged with large inductances. It is seen from Fig. 2 that the phase shift becomes more steep with the increase of $L_2$. Besides, smaller values of $C_v$ are needed for full 360° phase shift. For example, when the value of $L_2$ is equal to 14 nH, a full 360° phase shift can be realized with $C_v$ in the range of 0.1 pF $\sim$ 1.3 pF. Nearly no phase shifting is observed for $C_v$ larger than 2 pF. However, the selection of varactors with capacitance variations of 0.1 pF $\sim$ 1.3 pF is difficult. Thus, the range of $L_2$ is selected within 6 nH $\sim$ 10 nH.

When the value of $L_2$ is fixed, the selection of $L_1$ should be in consideration of the IL. It is observed from Fig. 3 that the IL is increased with the decrease of $L_1$. In detail, when $L_2$ is in the range of 6 nH $\sim$ 10 nH, the IL of less than 3.5 dB can be obtained for $L_1$ greater than 6 nH. Besides the IL, the value of $L_1$ also affects the phase shift range although slightly. It is found from Fig. 2 that the phase shift range is decreased by 40° when $L_1$ increases from 6 nH to 20 nH, while the IL is changed within 0.4 dB. Thus, a smaller value of $L_1$ is preferred for obtaining large phase shift. In consideration of the

Figure 2. The curves of $\Delta \varphi$ versus $C_v$ and $L_1$ ($f = 2$ GHz). (a) $L_2 = 2$ nH. (b) $L_2 = 6$ nH. (c) $L_2 = 10$ nH. (d) $L_2 = 14$ nH.
Figure 3. The curves of IL versus $C_v$ and $L_1$ ($f = 2$ GHz). (a) $L_2 = 2$ nH. (b) $L_2 = 6$ nH. (c) $L_2 = 10$ nH. (d) $L_2 = 14$ nH.

3. IMPLEMENTATION AND RESULTS

For validation, a prototype operating at 2 GHz is designed and fabricated on an F4B substrate with a dielectric constant of 3.5, loss tangent of 0.003, and thickness of 1.5 mm. Fig. 4 shows the layout and photograph of the fabricated prototype. The overall size of the circuit is 50.7 mm $\times$ 15.2 mm
Table 1. Final dimensions of the prototype (unit: mm).

| \( w_1 \) | \( w_2 \) | \( w_3 \) | \( w_4 \) | \( w_5 \) | \( w_v \) |
|------|------|------|------|------|------|
| 0.6  | 3.38 | 1    | 1    | 1    | 1.5  |
| \( l_1 \) | \( l_2 \) | \( l_3 \) | \( l_5 \) | \( l_v \) | \( s_1 \) |
| 30.4 | 8    | 1.5  | 2    | 3    | 1.1  |
| \( C_1 \) | \( C_2 \) | \( L_1 \) | \( L_2 \) | \( R_1 \) |
| 0.7 pF | 1.2 pF | 8.2 nH | 7.5 nH | 10 kΩ |

Figure 5. (a) Measured and (b) simulated phase shift of the prototype.

Figure 6. (a) Measured and (b) simulated \(|S_{11}|\) of the prototype.

(0.56\( \lambda_g \times 0.17\lambda_g \)). Table 1 illustrates the optimized final dimensions of the prototype. After optimizing by ADS, the final values of \( L_1 \) and \( L_2 \) are selected as 8.2 nH and 7.5 nH, respectively. The varactor is replaced by SMV2020-079LF (\( C_{\min} = 0.35 \text{ pF}, C_{\max} = 3.2 \text{ pF} \)) with the parasitic resistance \( R_s \) of 2.5 \( \Omega \) and bias voltage range of 0 \( \sim \) 20 V. The capacitors \( C_1 \) and \( C_2 \) are replaced by commercial Murata GRM1855 series, while the inductors \( L_1 \) and \( L_2 \) are replaced by Murata LQG15 series.

The fabricated prototype is measured using Agilent N5230A. Figs. 5–7 show the simulated and measured results in the frequency range of 1.7 GHz \( \sim \) 2.3 GHz. It is observed that when the reverse voltage is tuned from 0 V to 20 V, the total phase shift of 478° is achieved in simulation, while a measurement phase shift of 425° is obtained. During the tuning, the simulated and measured bandwidths
for $|S_{11}| < -10$ dB are $1.83$ GHz $\sim 2.23$ GHz (20%) and $1.71$ GHz $\sim 2.14$ GHz (21.5%), respectively. At the center frequency, the measured $|S_{11}|$ are all less than $-14$ dB, while the simulated value is $-15$ dB. From Fig. 7, it is seen that at the center frequency, the simulated and measured maximum ILs are $2.9$ dB and $3.6$ dB, respectively. In the operation band, the values are less than $4.3$ dB and $4.95$ dB.

Table 2 shows the comparisons among the proposed and reported RTPSs. Compared with the branch-line (BL) coupler based RTPSs in [9] and [10], the proposed RTPS exhibits doubled bandwidth, smaller size, and wider phase shifts. Although the packaged chip is used in [12] for realizing the 3-dB coupler, the overall size is still large. Besides, the bandwidth and IL are needed to be improved. In comparison with the coupled-line (CL) coupler based RTPSs in [14] and [15], smaller size and wider phase shifts are also the advantages of the designed work. In [14], a VIP structure has to be applied for tight coupling. Besides, since the input/output ports of the proposed RTPS are on the same side, one power supply is enough. While two power supplies are needed for the CL coupler based RTPS. The proposed RTPS also inherits the DC blocking characteristic of the TRD coupler, with no need for the DC block capacitors. In summary, the proposed full-360° RTPS shows wide bandwidth, small size, wide phase shifts with a compact structure and inherent DC blocking, which can be a good candidate for modern wireless communication applications.

Table 2. Comparisons among the proposed and reported RTPSs.

| Ref.  | [9] | [10] | [12] | [14] | [15] | [19] | This work |
|-------|-----|------|------|------|------|------|-----------|
| Freq. (GHz) | 2   | 2    | 5.85 | 1.5  | 10   | 2.15 | 2         |
| IL$^a$ (dB)  | 4.6 | 1.56 | > 4.3 | 2.6  | 3.4  | 0.72 | 3.6       |
| RL$^a$ (dB)  | 19  | 13.4 | 16   | 15   | > 10 | 19   | 14        |
| Max. $\Delta \varphi$ (°) | 407 | 385  | 360  | 350  | 392  | 121  | 425       |
| FBW (%)      | 10  | 11   | 10.3 | 66.7 | 20   | 32   | 20        |
| FoM$^c$ (°/dB) | 88  | 246  | < 84 | 135  | 115  | 169  | 118       |
| Size$^d$ (λ$^2_0$) | 0.19 | 0.11 | 0.09 | 0.10 | 0.25 | 0.03 | 0.05      |
| Coupler type | BL  | BL   | Packaged chip | CL | CL | TRD | TRD |

$^a$ Values at the center frequency. $^b$ $|S_{11}| < -10$ dB. $^c$ FoM = $\Delta \varphi / |S_{21}|_{\text{max}}$. $^d$ Dimensions without the input/output 50 Ω transmission lines.
4. CONCLUSION

In this paper, a full-360° reflection-type phase shifter (RTPS) with the features of wide bandwidth, small size, wide phase shifts, compact structure, and inherent DC blocking is presented. By using the CL-TRD coupler, the difficulty in physical realization can be reduced without narrow coupling gap nor non-planar circuit structure. Wide phase shifts are obtained with multi-resonance loads. For validation, a prototype operating at 2 GHz is designed. The measurement results and comparisons indicate that the proposed RTPS can be a good candidate for modern wireless communication applications.

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