Antibacterial, Antibiofilm, and Antioxidant Activity of Polysaccharides Obtained from Fresh Sarcotesta of Ginkgo biloba: Bioactive Polysaccharide that Can Be Exploited as a Novel Biocontrol Agent

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Staphylococcus aureus (S. aureus) biofilm plays an important role in the persistence of chronic infection due to its resistance to antibiotics. Because of their functional diversity, active polysaccharide is increasingly being applied as a biocontrol agent to inhibit the formation of biofilm by pathogens. In this study, a new polysaccharide, GBSPII-1, isolated from the fresh sarcotesta of Ginkgo biloba L. (G. biloba) was characterized and its effect on antibiofilm formation of S. aureus was examined in vitro. High-Performance Liquid Chromatography (HPLC) analysis showed that GBSPII-1 is an acidic heteropolysaccharide composed of mannose, rhamnose, glucose, glucuronic acid, and galacturonic acid. GBSPII-1 demonstrated a molecular weight of 34 kDa and may affect the accumulation of polysaccharide intercellular adhesion (PIA) by inhibiting icaA, icaB, icaC, and icaD gene expression at subinhibitory concentrations. Under 10 g/L, GBSPII-1 showed an antioxidant effect on the inhibition rate of H2O2-induced erythrocyte hemolysis and the scavenging rate of DPPH radicals was 76.5 ± 0.5% and 89.2 ± 0.26%, respectively. The findings obtained in this study indicate that GBSPII-1 has antibacterial effect, is a possible source of natural antioxidants, and may be a potential biocontrol agent for the design of new therapeutic strategies for biofilm-related S. aureus infections.

1. Introduction

Staphylococcus aureus (S. aureus) is the most common pathogen responsible for various suppurative diseases such as bacteremia, endocarditis, food poisoning, pneumonia, sepsis, and cow mastitis [1–3]. S. aureus is also involved in a variety of biofilm-related infections such as those associated with heart implants, bloodstream catheters, superficial skin infections, and otitis media [1, 2]. S. aureus can also act as a primary opportunistic pathogen. S. aureus infections are mostly treated with chemical drugs, but the emergence of methicillin-resistant S. aureus (MRSA) has become a serious global medical problem for the treatment of S. aureus infections because most clinical MRSA strains show high multidrug resistance [4, 5]. The term biofilm refers to a group of organized bacteria that adhere to almost every surface and are surrounded by extracellular bacterial macromolecules [6]. Within biofilms, there is a constant exchange of matter, energy, and information within cells, between cells, and between cells and the external environment, so that the life process can be carried out in a coordinated and orderly manner [7, 8]. The bacteria in the biofilm can be ejected at any time and participate in the formation of another biofilm, or infect the host and cause...
secondary infection and severe drug resistance [9]. The treatment of biofilm infections is extremely difficult as biofilm bacteria are highly resistant to antibiotics and host immune defense mechanisms. The formation of the biofilm multicellular structure is a dynamic process, which includes the initial adhesion of bacteria, biofilm development, and maturation. Biofilm not only exists as a barrier to cell life activities to create a stable internal environment and cell mediated by cell and the connection between the matrix but also allows transmembrane transport, information transfer, and energy conversion [3]. In addition, S. aureus biofilms pose a serious clinical threat as reservoirs for persistent infections. Unlike planktonic bacteria, biofilms associated S. aureus shows strong resistance to fungicides and the host immune defense mechanisms; the bacteria in the biofilm have a unique physiology, metabolism, pathogenicity, and resistance to environmental threats and can lead to recurrent infection and increase fatalities [10, 11]. Thus, it is important to identify new therapeutic strategies that can control biofilm development.

The development of a S. aureus biofilm is mainly facilitated by polysaccharide intercellular adhesion (PIA), a polysaccharide composed of β-1, 6-linked N-acetylglucosamine with partially deacetylated residues; PIA production leads to elaborating multilayered cell clustering. PIA surrounds the bacteria and protects them against both host immune defenses and antibiotic treatment [12]. The icaA, icaB, icaC, and icaD operon encode the proteins necessary for the synthesis of PIA and capsular polysaccharide/adhesion (PS/A) in staphylococcal species [13]. The products of the icaA, icaC, and icaD are located in the membrane fraction, while the product of the icaB gene is mainly found in the culture supernatant and deacetylates PIA when it is localized on the cell surface [14, 15]. Coexpression of icaA and icaD increases N-acetylglucosaminyl transferase activity and slime production [16]. Thus, PIA is an important factor in the S. aureus biofilm formation.

Ginkgo biloba L. (G. biloba) is an endemic species of China that has important pharmacological activities, including immunity-enhancing activity, antianaphylaxis effect, antibacterial effect, and antiaging activity [17], and is well known as a “living plant fossil.” However, the sarcotesta of G. biloba was previously regarded as a waste material. Phenolic acid, found in the discarded sarcotesta of G. biloba, can change soil composition and water quality, not only contaminating soil but also poisoning fish and shrimp [17]. The sarcotesta of G. biloba also has a pungent odor, which causes air pollution. The polysaccharide composition is 10% in the sarcotesta of G. biloba [18]. Crude polysaccharide is the yellow-brown colored powder, odorless, and slightly sweet and has no toxic side effects on the human and animal body. Particularly, polysaccharide extracted from the dry sarcotesta of G. biloba (GBSP) is an active polysaccharide that shows immunity-enhancing activity, antitumor effect, and antioxidant activity [19–21].

In order to seek more effective and environmentally friendly bioactive molecules, GBSP was extracted from the fresh sarcotesta of G. biloba, and the antibacterial, anti-infective, and antioxidant activity test was conducted in vitro. Further, we also studied the expression levels of PIA, recognized as one of the determining factors in S. aureus biofilm formation. The expression of icaA, icaB, icaC, and icaD genes was also studied.

2. Materials and Methods

2.1. Bacterial Strains, Growth Conditions, and Materials. The fresh sarcotestas of G. Biloba were obtained from a G. Biloba tree in the garden of the Jinzhou Medical University (Jinzhou, China) from September to October 2016. GBSP-1 was then extracted and isolated from the fresh sarcotesta of G. Biloba in the animal pharmaceutical laboratory of Jinzhou Medical University (Jinzhou, China). S. aureus (CVCC1882) was provided by the Chinese veterinary drug supervision (Beijing China). The strains were subcultured in brain heart infusion (BHI) solution (Oxoid, Basingstoke, UK) that contained 3% NaCl and 0.5% glucose and were incubated for 12 h at 37°C. S. aureus CVCC1882 was grown in enriched tryptic soy broth supplemented with 1% glucose (TSBg; Merck, Darmstadt, Germany Baker, UK) and for all experiments, bacterial cultures were grown aerobically in 6-well plates (Costar3595; Corning Life Sciences) at 37°C. Sytox green, fluorescein isothiocyanate (FITC), Syto 63, Congo red, and crystal violet were obtained from Tianjin Heowns Biochemical Technology Co., Ltd. (Tianjin China).

2.2. Monosaccharide Composition Analysis of GBSP-1 by HPLC. Monosaccharide composition analysis of GBSP-1 was assessed by HPLC precolumn derivatization as previously described [22]. Briefly, reference monosaccharides, including Ara, Glu, glucuronic acid, Gal, Rha, Man, and galacturonic acid, or the samples were hydrolyzed with trifluoroacetic acid (TFA, 2 M) in a 110°C drying box. The hydrolyzed GBSP-1 or reference monosaccharide solution was derivatized with PMP (0.5 M) in methanol and 0.3 M NaOH solution in a 75°C water bath. These derivatives were analyzed by HPLC (Hitachi Ltd., Japan).

2.3. Determination of the Molecular Weight of GBSP-1. The molecular weight of GBSP-1 was determined according to a previously reported method [23]. Briefly, six molecular weight reference glucans (T-10, T-20, T-40, T-70, T-110, and T-500) (Sigma, MO, USA) and the GBSP-1 test sample were loaded onto TSK-Gel G2000PW columns (TOSOH Company, Japan) and run on a Hitachi HPLC pump system (HITACHI, Japan) equipped with a refractive index detector (Shodex RI SE-51, Japan). The distribution coefficient (Kav) and logarithmic molecular weight of six reference glucans (logM) allowed the generation of a standard curve. The molecular weight of GBSP-1 was then calculated based on the standard curve.

2.4. Antibacterial Activity Assays. The minimum inhibitory concentration (MIC) of GBSP-1 was determined by a
microtiter broth dilution plate method, followed the CLSI guidelines but with some modifications for natural products [23–25]. In brief, the BHI broth was used to serial dilute GBSPII-1 two-fold, and S. aureus CVCC1882 was added at a concentration of 1 × 10^5 CFU/mL to 96-well plates (Costar 3595; Corning Life Sciences). After the plates were incubated at 37°C for 24 h, the culture in each well was applied to the AGAR plate and incubated at 37°C for 12 h again. And the Escherichia coli (ATCC 25922) was used as a quality control organism.

2.5. Crystal Violet Screening Assay for Biofilm Formation Time. Overnight S. aureus cultures were diluted 1:100 with fresh BHI containing 3% NaCl and 0.5% glucose. Then, 200 μL cultures were transferred into 96-well plates and incubated at 37°C for 2, 4, 8, 12, 16, 24, and 48 h, respectively. The cultures were removed and every well was washed twice with sterile phosphate-buffered saline (PBS) solution at pH 7.4 to remove nonadherent cells and dried in an inverted position. The adhesive bacteria were fixed with methanol and stained with 1% crystal violet (Tianjin Hews Biochemical Technology Co. Ltd., China) for 5 min. The excess stain was poured out and the wells were washed three times with sterile distilled water. The water was then removed and the microplates were air-dried. To every well, 200 μL ethanol was added to dissolve dyed adherent bacteria and 10-fold dilutions of the dissolved liquid in ethanol. The optical density (OD) of each well was measured at 570 nm (OD_{570}) using an ultraviolet spectrophotometer (Shanghai Meipuda Instrument Co. Ltd., China). The OD value reflects bacterial adhesion to the contact surface and biofilm formation [26].

2.6. Biofilm Eradication Assay. S. aureus was grown in 5 mL TSB containing 0.25% glucose (TSBg) at 37°C for 24 h. A total of 10 mL (10^4 CFU) S. aureus was equally distributed into each well of the 96-well plates containing TSBg. The wells containing only TSBg were used as blank controls. Then, plates were incubated at 37°C for an appropriate time to allow biofilm development. Each experiment was tested in triplicate. After incubation, the culture medium was discarded from each well and wells were washed three times with sterile PBS solution. The different concentrations of the tested GBSPII-1 (100, 50, and 25 g/L) were then added to each well. In order to evaluate the biomass of the biofilm, the plates were further incubated for 24 h, and then a crystal violet assay was used to determine the effect of GBSPII-1 on biofilm formation according to a previously described method [27, 28].

2.7. Confocal Microscopy Assay. As described above, the biofilm was formed on glass [29]. The formation of S. aureus biofilm was evaluated by confocal laser-scanning microscopy (CLSM) (Olympus, Shanghai, China). S. aureus was incubated in 96-well plates at 37°C for 12 or 24 h. After culturing, the wells were washed twice with 2 mL of PBS. PBST (PBS contains 0.5% Triton x-100) containing Syto green (0.5 aerobic) was added to the 96-well plates and shaken for 30 min. Then, PBS containing FITC (0.001%) and Syto 63 (100 μM) was added to the plates, which could not be shaken. The supernatants of the wells were removed and were washed three times with PBS. Confocal microscope images were analyzed using Fluoview version 1.7.3.0 software in SP5II CLSM.

2.8. RNA Isolation from Biofilms. One milliliter of logarithmic phase S. aureus and S. aureus treated with the different GBSPII-1 concentrations (1/2 MIC, 1/4 MIC, 1/8 MIC) was taken and RNA was isolated from S. aureus using the total RNA rapid extraction kit (Shanghai Shengong Biological Engineering Co. Ltd., China), according to the manufacturer’s instructions and a previously described method [30]. In brief, after the culture medium was completely removed, 100 μL 3 mg/mL lysozyme was added for enzymolysis for 5–10 min at room temperature. The enzymolysis products were washed once with cold sterile DEPC-treated ddH_{2}O. The supernatant was discarded and products centrifuged at 10,000 rpm for 1 min. Rlysis-B buffer was immediately added to the precipitates and the mixture oscillated for 3 min at room temperature. Then, the RNA was extracted from the mixture by the addition of chloroform and ethanol. The RNA quality and quantity were determined by agarose gel electrophoresis. Residual DNA present in the RNA preparation was removed using RNase-free DNase I and gDNA wipeout buffer (Shengong). Further, total RNA samples were analyzed for the presence of DNA contamination by PCR targeting the 16S rRNA gene without the reverse transcriptase step (no cDNA) [31], using the same conditions as for qPCR. Purified RNA was immediately converted to cDNA to avoid RNA degradation using RevertAid™ First Strand cDNA Synthesis Kit (Hangzhou Bori Technology Co. Ltd., China) with random hexamer primers according to the manufacturer’s instructions (Table 1).

2.9. Primers Specificities for qPCR and Quantitative Real-Time PCR. As described in the previous literature, the ica series target gene and reference gene primers were synthesized by Bioengineering (Shanghai) Biology Company (Table 1) [31]. After transcriptional cDNA, the specificity of 16S rRNA, icaA, icaB, icaC, and icaD gene primers was verified by standard PCR. The identities of all PCR products were confirmed by sequencing and the amplification efficiency for each primer set was determined by a RT-qPCR assay. The reaction was carried out in ABI 7500 Fast Real-Time PCR Instrument (ABI, USA). Reactions were performed in triplicate using 96-well plates and the reaction volume was set at 20 μL per sample. All reactions contained 1 μL of cDNA, 10 μL of 2 × SuperReal PreMix Plus, 0.6 μL of each primer, 0.5 μL of 50 × ROX Reference Dye, and 7.3 μL of sterile double RNase treated water. The reaction was started with an initial denaturation at 95°C for 15 min and 40 amplification cycles of 95°C for 10 s and 60°C for 30 s.
2.10. Antioxidant Activity

2.10.1. DPPH Radical Scavenging Assay. The DPPH free radical scavenging activity of GBSPII-1 was evaluated as previously described [19]. Briefly, GBSPII-1 was dissolved and diluted to five concentrations of 0.1–20 g/L in water. Vitamin C (VC) was used as a positive control and diluted to a concentration of 1.0 g/L using ethanol. DPPH was reacted with the GBSPII-1 sample solutions and the positive controls in ethanol. After 30 min, the absorbance values were measured at 517 nm using a UV-757CRT spectrophotometer (Shanghai Precision Instrument Co., Ltd., in China) and the DPPH free radical scavenging rate was calculated using the formula.

2.10.2. Oxidative Hemolytic Inhibitory Activity. The inhibitory activity of H2O2-induced hemolysis of red blood cells was determined as previously described, with some modification [19]. Briefly, red blood cells of mice and H2O2 were mixed with 0.4 mL of GBSPII-1 (0.1–20 g/L) and VC (1.0 g/L) for 1 h at 37°C. Then, the resulting samples were diluted 6-fold with normal saline (NS), centrifuged for 10 min at 2000 rpm and the absorbance value of the supernatant was measured at 415 nm against a blank. The scavenging ability of the hydroxyl radical was calculated using the formula.

2.11. Statistical Analysis. Student’s t-test was performed with version 19.0 of IBM SPSS software to assess biofilm-forming capacity, relative gene expression, and antioxidant activity. The data were expressed as the mean ± standard deviation. Results with values of $p < 0.05$ and $p < 0.01$ were considered statistically significant.

3. Results

3.1. Monosaccharide Composition of GBSPII-1. According to the results (Figure 1(a) and Figure 1(b)), GBSPII-1 is composed of Man, Rha, Glu, glucuronic acid, galacturonic acid, and two unknown sugars. The composition of GBSPII-1 was composed of Man, Rha, glucuronic acid, glucuronic acid, and Glu in a molar ratio of 0.15:0.11:0.13:0.82:4.94.

3.2. Molecular Weight of GBSPII-1. Our results showed that the average retention time of blue glucan-2000 (Vo) was 22.02 ± 0.32 min ($n = 3$) and that the average retention time of glucose (Vt) was 42.36 ± 0.24 min ($n = 3$). A standard curve (Figure 2) was generated using Microsoft Excel 2016 to analyze the data acquired. The linear regression equation $Kav = 1.274 – 0.173 \log M, R^2 = 0.9989$, was also obtained. For the GBSPII-1 samples, the average retention time was 32.00 ± 0.09 min; using the two known equations, the molecular weight was thus calculated to be 33,688 Da (approximately equal to 34 kDa).

3.3. GBSPII-1 Antibiofilm Formation with Affecting Planktonic S. aureus CVCC1882 Growth. The MIC of GBSPII-1 was 1.563 g/L against planktonic S. aureus CVCC1882 Growth. Minimum biofilm inhibitory concentration (MBIC) and minimum biofilm bactericidal concentration (MBBC) of GBSPII-1 were both 100 g/L. We conducted a screening of phytochemicals with antibiofilm activity against S. aureus in 96-well polystyrene plates. After incubation for 12 h, S. aureus adheres to solid surfaces to form biofilms (Figure 3(a)). Different concentrations of GBSPII-1 inhibited S. aureus biofilm formation at 12 and 24 h (Figure 3(b)). The results showed that 100 g/L GBSPII-1 markedly inhibited S. aureus biofilm formation at 12 h (Figure 3(b)), but it could not inhibit S. aureus biofilm formation at 24 h (Figure 3(b)). Therefore, we studied the action mode and matrix composition of GBSPII-1 at the stage of biofilm development. We found that GBSPII-1 terminated the growth process of biofilms when added in the initial adhesion and proliferation stage.

CLSM was used to analyze changes in biofilm formation as shown in Figure 4. The fluorescent images indicated that, in the control group, the biofilms are gradually increased at 12 h and 24 h and GBSPII-1 dose-dependently inhibited S. aureus CVCC1882 biofilm formation. The biofilm formed significant clumps at 24 h. GBSPII-1 could inhibit the formation of early biofilm. With the increase of GBSPII-1 concentration, the green fluorescence intensity also decreased, and the number of living bacteria decreased in 12 h. GBSPII-1 had a lesser inhibitory effect at 24 h. The results indicated that GBSPII-1 had a greater inhibitory effect on early biofilm than mature stage biofilm.
3.4. Expression Levels of PIA Regulatory Gene Quantified by qPCR. The expression levels of 4 genes involved in biofilm formation, icaA, icaB, icaC, and icaD, were compared using Ct values, which showed significant differences at different concentrations of GBSPII-1 (mean Ct values ranging from 26.42 to 36.74). The concentrations of GBSPII-1 ranging from 1/8MIC to 1/2MIC can inhibit the expression of 4 selected genes (Figure 5). The comparative relative expression of 4 selected genes at each different concentration of biofilm formation for S. aureus CVCC1882 isolates was calculated relative to the reference gene in Table 2. When the concentration of GBSPII-1 is 1/2 MIC (0.78 g/L), GBSPII-1 significantly inhibits the expression of icaA, icaB, and icaD genes \((p < 0.05)\). The relative expressions of icaABD gene are reduced by 90%, while the expression of icaC gene is reduced by 55%. With the concentration of the GBSPII-1 for 1/4 MIC (0.395 g/L), downregulated icaB gene expression is not a significant difference compared with 1/2 MIC GBSPII-1 group \((p > 0.05)\) and downregulated icaC gene expression is not a significant difference compared with 1/8 MIC GBSPII-1 group \((p > 0.05)\). When GBSPII-1 concentration was 1/8 MIC, icaD gene expression was reduced by 60%.
REF indicates reference gene; TRG indicates target gene, icaA, icaB, icaC, and icaD, to intercellular adhesion biofilm required genes. Black downward arrows indicate being significantly decreased if $p$ value is $<0.05$ (target sample is different from control).

3.5. Antioxidant Activity In Vitro. As shown in Figure 6(a), GBSPII-1 has a concentration dependence on DPPH free radical scavenging rate. Therefore, GBSPII-1 showed a promising antioxidant potential. At a concentration of 1.0 g/L, the scavenging rates were 87.65% and 95.87% for GBSPII-1 and the VC (1.0 g/L) positive control group, respectively. The DPPH scavenging rates of 20 mg/mL GBSPII-1 were significantly higher than those of VC ($p < 0.01$). Otherwise, GBSPII-1 showed a concentration-dependent inhibition of $H_2O_2$-induced hemolysis in mice red blood cells (Figure 6(b)). As the concentration of GBSPII-1 increased from 0.5 g/L to 20 g/L, the inhibition rate increased from 20.72% to 81.72%. Therefore, the inhibition rate of hemolysis significantly increased with increasing GBSPII-1 concentrations ($p < 0.05$ or $p < 0.01$). Compared with the VC positive control group, there was no significant difference in inhibition rate of hemolysis between 20 g/L GBSPII-1 and the control group ($p > 0.05$).

4. Discussion

The polysaccharides have many bioactive functions, including antibacterial activity. In this study, GBSPII-1 is composed of Man, Rha, Glu, glucuronic acid, galacturonic acid, and two unknown sugars. This polysaccharide is different from previous reports [19], indicating that GBSPII-1 is a new polysaccharide isolated from the fresh sarcotesta of Ginkgo biloba. Further studies on the elucidation of the biological functions of the novel polysaccharide are...
metabolism and inhibit the growth in all stages of bacterial metabolism such as protein receptors contained by polysaccharides, which can some structures that recognize certain bacterial binding contained by polysaccharides such as aldehyde acid and bacterial growth [33, 34]. In vitro, the direct inhibition and the immune defense function of the body to inhibit the T lymphocytes and macrophages in vivo and then enhance the formation of biofilm [38, 39]. So, it is very important to control biofilm formation. In this study, the growth state of S. aureus biofilm at different times was detected, which can effectively judge the time point of biofilm formation of S. aureus in early and mature stages. At present, after the biofilm formation, most plant extracts have no obvious inhibitory effect on it. Because they encapsulate bacteria at the maturity stage and have strong drug resistance. The inhibitory effect of the GBSPII-1 on the S. aureus biofilm in the early and mature stages was detected, obtaining the GBSPII-1 concentration of the biofilm in different periods. But some bacteria will break away from the biofilm after the biofilm formation, which can prevent further infection of S. aureus. Therefore, this study provided a theoretical basis for the development of inhibitors of S. aureus biofilm and the prevention of further infection of the S. aureus biofilm.

The mechanism of biofilm is complex, but the key pathway is PIA secretion in the early stages. PIA is the product of icaA, icaD, icaB, and icaC genes expression regulated by ica operons [31]. The protein expressed by the genes of icaA, icaD, and icaC is located in the membrane. And icaB gene encodes an extracellular protein, while icaC encodes a membrane protein that is currently thought to have a receptor for the polysaccharide [31]. At present, the inhibition effects of the drug on the expression of genes related to S. aureus biofilm are mainly studied on the transcription level of icaA gene. Studies have shown that the tea tree oil with a concentration of 0.5 mg/mL can inhibit the expression of 90% of icaA gene and can effectively inhibit the formation of biofilm [37]. However, this does not fully explain the mechanism of drug inhibition on PIA, nor does it explain the mechanism of inhibition on the biofilm formation. In this study, the effects of GBSPII-1 on the expression of icaA, icaD, icaB, and icaC genes were studied, and it was found that the GBSPII-1 with different subinhibitory concentrations had a certain inhibitory effect on these genes and was dose-dependent. Among them, GBSPII-1 with half MIC (0.78 mg/mL) concentrations inhibited the icaA gene expression by 97%, which was better than that of tea tree oil. The GBSPII-1 has a good inhibitory effect on the

underway. So, we evaluated the inhibitory effect of GBSPII-1 on S. aureus with a MIC value of 1.563 mg/mL, which is superior to most plant polysaccharides. This may be related to the fact that our polysaccharides are extracted from fresh sarcotesta of G. biloba. The antibacterial mechanism of plant polysaccharides is complex and needs to be further clarified [32–35]. However, some studies have shown that polysaccharides can improve the number and function of T lymphocytes and macrophages in vivo and then enhance the immune defense function of the body to inhibit the bacterial growth [33, 34]. In vitro, the direct inhibition and detoxification effect of polysaccharides on bacteria and their toxic products may be due to the antimicrobial substances contained by polysaccharides such as aldehyde acid and some structures that recognize certain bacterial binding protein receptors contained by polysaccharides, which can inhibit all stages of bacterial metabolism such as protein metabolism and glucose metabolism and inhibit the growth of bacteria by destroying the morphology of bacterial cells [36]. In this study, GBSPII-1 has strong antibacterial activity, indicating that GBSPII-1 with antibacterial biological activity could be developed as biological control agents.

S. aureus is of great concern because of its widespread spread and high drug resistance. It has been reported that super drug-resistant bacteria, methicillin-resistant S. aureus and vancomycin-resistant S. aureus, appeared clinically probably due to their ability to form biofilms in medical devices [4, 31, 37–39]. Bacteria living in a biofilm tend to be resistant to antibiotics and thus require higher doses. The results of this study showed that the MIC value of GBSPII-1 on S. aureus was 1.563 mg/mL, while the MBIC and MBBC of GBSPII-1 on S. aureus biofilm were 100 mg/mL. And the concentration of the polysaccharide was increased significantly nearly 60 times, verifying that S. aureus greatly improved bacterial resistance due to the protection of biofilm. The biofilm infection problems are complex and common, especially medical devices infection causing clinical failure and impaired functionality, as well as reducing the lifetime of medical devices [38, 39]. So, it is very important to control biofilm formation. In this study, the growth state of S. aureus biofilm at different times was detected, which can effectively judge the time point of biofilm formation of S. aureus in early and mature stages. At present, after the biofilm formation, most plant extracts have no obvious inhibitory effect on it. Because they encapsulate bacteria at the maturity stage and have strong drug resistance. The inhibitory effect of the GBSPII-1 on the S. aureus biofilm in the early and mature stages was detected, obtaining the GBSPII-1 concentration of the biofilm in different periods. But some bacteria will break away from the biofilm after the biofilm formation, which can prevent further infection of S. aureus. Therefore, this study provided a theoretical basis for the development of inhibitors of S. aureus biofilm and the prevention of further infection of the S. aureus biofilm.

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expression of the four genes, so the bacteriostatic mechanism, where GBSPII-1 inhibits the expression of related genes, thus inhibiting the formation of proteins or destroying protein structures, reducing the secretion of PIA, and then inhibiting the formation of biofilm and the growth of bacteria, can be speculated [39]. However, the formation process of the biofilm is complex and is regulated by a variety of genes. GBSPII-1 may inhibit the formation of the biofilm of *S. aureus* through other pathways, and further in-depth research is needed.

The free radical attack can cause oxidative damage to biological macromolecules, such as nucleic acid (DNA, RNA), enzyme, protein, and sugar and affect the morphological function of the organ and immune system [40]. Research showed that hydroxyl radicals can react with DNA bases, causing DNA chain breakage and base damage [41]. Scavenging hydroxyl radicals are of great significance to the protection of DNA. When oxygen free radicals increase, red blood cells will undergo hemolysis, which will lead to the transformation of oxygen-carrying hemoglobin into methemoglobin and, in severe cases, will lead to coma or even death [42]. GBSPII-1 can effectively scavenge free radicals and avoid oxidative hemolysis of red blood cells, thus protecting the normal physiological function of the body. Therefore, in this experiment, DPPH free radical, hydroxyl radical scavenging, and erythrocyte oxidative hemolysis inhibition were used to evaluate their antioxidant ability in vitro. It was found that, in the DPPH free radical scavenging experiment, the antioxidant ability of 1 mg/mL polysaccharide solution was the same as that of vitamin C of the same mass concentration, and it was better than that of the dryers [19]. The evaluation model is comprehensive and direct, which can correctly evaluate the antioxidant ability of polysaccharides in vitro and provide a reference for the development of polysaccharides into natural antioxidants.

5. Conclusion

In summary, GBSPII-1, which was derived from the fresh sarcotesta of *Ginkgo biloba L.*, is composed of Man, Rha, Glu, glucuronic acid, and galacturonic acid, and its molecular mass is approximately 34 kDa. We believe that one of the mechanisms of GBSPII-1 in controlling biofilm formation is by reduced PIA secretion by inhibiting the expression of the icaA, icaB, icaC, and icaD genes, which leads to the failure of *S. aureus* to form a biofilm at a 100 g/L dose of GBSPII-1. In
addition, GBSPII-1 showed an antioxidant effect on the inhibition rate of H$_2$O$_2$-induced erythrocyte hemolysis and the scavenging rate of DPPH. The findings obtained in this study indicate that GBSPII-1 has an antibacterial effect, is a possible source of natural antioxidants, and may be a potential biocontrol agent for the design of new therapeutic strategies for biofilm-related S. aureus infections.

Data Availability

The data used to support the findings of this study are available from the corresponding author upon request.

Conflicts of Interest

The authors declare no conflicts of interest.

Authors’ Contributions

Hong Jiang, Zuixiang Luan, Zhaobing Fan, and Xiniang Wu contributed equally to this work.

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