Safety and immunogenicity of an intranasal sendai virus-based vaccine for human parainfluenza virus type I and respiratory syncytial virus (SeVRSV) in adults

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**ABSTRACT**

SeVRSV is a replication-competent Sendai virus (SeV)-based vaccine carrying the respiratory syncytial virus (RSV) fusion protein (F) gene. Unmanipulated, non-recombinant SeV is a murine parainfluenza virus type 1 (hPIV-1) and serves as a Jennerian vaccine for human hPIV-1 (hPIV-1). SeV protects African green monkeys (AGM) from infection after hPIV-1 challenge. The recombinant SeVRSV additionally targets RSV and protects AGM from lower respiratory infections after RSV challenge. The present study is the first to report on the safety, viral genome detection, and immunogenicity following SeVRSV vaccination of healthy adults. Seventeen and four healthy adults received intranasal SeVRSV and PBS, respectively, followed by 6 months of safety monitoring. Virus genome (in nasal wash) and vaccine-specific antibodies (in sera) were monitored for two weeks, respectively, post-vaccination. The vaccine was well-tolerated with only mild to moderate reactions that were also present in the placebo group. No severe reactions occurred. As expected, due to preexisting immunity toward hPIV-1 and RSV in adults, vaccine genome detection was transient. There were minimal antibody responses to SeV and negligible responses to RSV F. Results encourage further studies of SeVRSV with progression toward a clinical trial in seronegative children.

**Abbreviations:** AE-adverse event; SAE-serious adverse event; SeV-Sendai virus; RSV-respiratory syncytial virus; PIV-1-parainfluenza virus-type 1; hPIV-1-human parainfluenza virus-type 1; F-RSV fusion protein; SeVRSV-recombinant SeV carrying the RSV F gene; Ab-antibody; MSW-medically significant wheezing; NOCMC-new onset chronic medical condition; mITT-modified intent to Treat; ALRI-acute lower respiratory tract infection.

Members of the families Paramyxoviridae and Pneumoviridae include a diverse range of viruses such as human parainfluenza virus-type 1 (hPIV-1) and respiratory syncytial virus (RSV) that cause up to 30% of respiratory viral infections in children.¹ RSV is a major cause of acute lower respiratory tract infections (ALRI), including bronchiolitis and pneumonia in children worldwide.²⁻⁵ There are approximately 34 million episodes of RSV-associated ALRI in children <5 years of age annually and up to 199,000 deaths per year due to RSV infections.² hPIV-1 is an important cause of laryngotracheobronchitis (croup) and can be associated with other infections that include upper and lower respiratory tract (URT and LRT) symptoms.⁶ Parainfluenza viruses (types 1–3) account for 6.8% of hospital admissions in children <5 years with respiratory symptoms and up to 8% of influenza-like illnesses seen in the outpatient setting; hPIV-1 accounts for 30% of detected parainfluenza viruses⁷,⁸. Although there have been many previous attempts to develop vaccines against hPIV-1 and RSV, no vaccine against either virus has yet been licensed.⁹,¹⁰ Sendai virus (SeV) is a mouse parainfluenza virus-type 1 (PIV-1) that is being developed both as a vaccine for hPIV-1¹¹⁻¹³ and as a vector for other respiratory viruses like RSV¹⁴⁻¹⁷ and metapneumovirus.¹⁸ Previous studies showed that intranasal vaccination with SeV induced potent immune responses at mucosal and systemic sites and safely protected non-human primates from hPIV-1 challenge.¹⁹,²⁰ Results provided proof-of-concept for this Jennerian approach; immune responses elicited by SeV were cross-reactive with the related hPIV-1 and controlled hPIV-1 infection. Further, when SeV was evaluated in a phase I clinical study in adults¹² and in 3–6-year-old seropositive children,¹³ the vaccine was well-tolerated. Despite being seropositive at study entry, some individuals developed increased SeV and hPIV-1 antibody titers after vaccination with SeV. SeV has also been used as a vector for

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several other vaccines including vaccines for human immunodeficiency virus (HIV).21

Historically, there has been no confirmed case of human disease caused by SeV. However, when SeV was first discovered in the 1950s, it was thought to be the etiologic agent for human respiratory infections. It was later noted that human samples had been passaged through mice before analyses, and it was determined that SeV had been inadvertently derived from mice, not humans.22

SeVRSV is a replication-competent SeV-based vaccine carrying the RSV F gene. The product is being developed as a two-for-one vaccine to prevent hPIV-1 and RSV in infants. Although the vaccine expresses only one RSV F gene, it elicited cross-reactive neutralizing antibodies toward RSV A and B isolates and protected cotton rats from challenge with RSV A and RSV B.14 It also protected African green monkeys from ALRI following RSV challenge.16 SeVRSV differs from protein-based or inactivated RSV vaccines, because the vector is applied intranasally and induces a long-lasting mucosal and systemic immune response. SeVRSV also differs from live-attenuated RSV vaccines, because it is not derived from a human pathogen and does not carry the concern that it will revert by mutation to its natural pathogenic form. Here we describe a phase I study in human adults to test the safety and immunogenicity of intranasal SeVRSV with the ultimate goal of developing a successful pediatric RSV/hPIV-1 vaccine.

We conducted a randomized, double-blind placebo-controlled single center, phase 1 study of the RSV/hPIV-1 vaccine candidate (SeVRSV). The institutional review board at Cincinnati Children’s Hospital Medical Center, Cincinnati, OH (CCHMC) approved the study protocol and informed consent documents before enrollment (clinicaltrials.gov NCT03473002). The primary objectives of the study were to 1) evaluate the safety and reactogenicity of a single intranasal dose of study vaccine, 2) assess the immunogenicity of SeV and the RSV F protein 28 days post receipt of the study vaccine, and 3) measure vaccine virus RNA from nasal washes up to 14 days after receipt of the study vaccine. Serious adverse events and experiences (SAEs), new onset chronic medical conditions (NOMC), medically significant wheezing, and non-routine medical visits (including lab values that met SAE criteria) were documented from the time of study vaccination through approximately 6 months after study vaccination. The date of first enrollment was June 11, 2018 and the date of last completed was February 14, 2019.

Study participants were healthy adults 18–45 years of age. Participants were excluded for acute illness within 72 hours prior to study vaccination, chronic medical conditions (such as chronic sinus disease, anatomic disorders of the nares, and some respiratory diseases), pregnancy or breastfeeding during the study period, and hypersensitivity to eggs or components of the study vaccine. Participants were also excluded for receipt of immunosuppressive agents, blood, or immunoglobulin products or receipt of a live vaccine within 30 days or an inactivated vaccine within 14 days of the study vaccination. Additionally, participants in contact with children <6 months of age or immunocompromised patients, healthcare workers in contact with children, or daycare providers were not enrolled.

The study vaccine, SeVRSV, was a modified, replication-competent recombinant SeV that was propagated in chick eggs and harvested from the allantoic cavity.12,13 SeVRSV was produced by insertion of the full-length RSV F gene, isolated from RSV-A2, between the F and HN genes of SeV.14,15 The vaccine was formulated in phosphate buffered saline (PBS) with human serum albumin and was stored frozen at −70°C to −90°C. The vaccine was administered on study day 0 using a syringe to apply the virus suspension intranasally. Venous blood was collected immediately prior to vaccination on study day 0 and on study day 28 for evaluations of vaccine-induced IgG antibodies with specificities for SeV or the RSV F protein by ELISA.

Participant health screening included history and physical, ECG, and laboratory assessment of erythrocyte sedimentation rate, human immunodeficiency virus, hepatitis B surface antigen, hepatitis C virus, urine opiates, white blood cell count, absolute neutrophil count, hemoglobin, platelets, total bilirubin, liver enzymes, creatinine, urine protein, and HgbA1c. Safety labs, including white blood cell count, absolute neutrophil count, hemoglobin, platelets, fibrinogen, total bilirubin, liver enzymes, creatinine, c-reactive protein and electrolytes, were repeated on study day 7. Since this was a first-in-human phase 1 study, enrollment of participants began with two sentinel participants who received the SeVRSV vaccine. After safety was established, the remaining participants were randomized in a 4:1 ratio (SeVRSV:placebo) to receive a single intranasal dose of 1 × 10⁷ EID₅₀ (Egg Infectious Dose infecting 50% of eggs) or PBS placebo delivered by syringe in 0.22 ml to each nostril (total 0.44 ml). The randomization scheme was generated by the Statistical and Data Coordinating Center (SDCC) and provided to unblinded study personnel. A designated individual at the site maintained a code list for emergency unblinding purposes.

The vaccine or placebo was administered on Study day 0 and adverse events (AEs) including local (nasal/throat) and systemic symptoms as well as temperatures were recorded daily by the participant on a memory log through Day 14. Memory aids were reviewed with the participants by study staff at study visits on days 2, 4, 7, and 14. Solicited and unsolicited AEs were summarized by severity (none, mild, moderate, or severe) for each day after vaccination. Nasal wash samples were collected on days 2, 4, 7, and 14 and used to measure the vaccine virus RNA genome. A portion of the nasal wash was reserved and frozen at −65°C to test for intercurrent respiratory infections if/when any respiratory AEs were reported. Interim medical history was obtained at follow-up visits on days 2, 4, 7, 14, and 28 to assess for new medical conditions. A phone call was placed on days 60 and 180 to evaluate the health of the participant and potential SAEs, NOMC, medically significant wheezing (MSW), and non-routine medical visits. If a participant developed wheezing or respiratory distress (or if there was a new medication prescribed for wheezing or respiratory distress or use of daily
bronchodilator therapy), the participant was to be seen by the study team.

Safety, reactogenicity, and vaccine virus genome detection after vaccination were the primary outcomes measured and data analyses included all participants who received one dose of vaccine (either SeVRSV or placebo). The protocol was designed with a target size of 16 vaccinees (20 total participants), suggested as a convenience sample to detect with a > 80% probability an AE that occurred at a frequency of 10% and with a 97% probability an AE that occurred at a frequency of 20%. Statistical analyses of study results were performed with GraphPad Prism Software and SAS 9.4.

A total of 46 participants were screened for study eligibility and 21 participants were enrolled (13 females, 8 males). Seventeen participants received SeVRSV and four participants received placebo. Of the 21 participants enrolled, 20 completed the study per protocol. One participant from the placebo group completed all visits except for the day 180 visit and one participant in the SeVRSV group was found to be ineligible at baseline after receiving study vaccine because of unreported hyperthyroidism. A modified Intent-to-Treat (mITT) analysis was performed and included all participants (21/21), based on their contribution of a Day 0 and Day 28 venous blood sample.

A per protocol analysis was also completed (excluding the one ineligible participant) and results were found to be similar to the mITT analysis. Thus, only the mITT analysis is reported here. The majority of participants were non-Hispanic (95%) and white (67%) with a mean age of 30.6 years (range 18–41 years) (Table 1).

AEs were common during the study period with 16 of 21 participants (76%) experiencing at least one local solicited AE and 12 of 21 participants (57%) reporting one or more systemic AE (Table 1). No severe solicited or unsolicited reactions occurred. Solicited AEs occurred in 13 of the 17 participants in the SeVRSV group with the most common systemic symptoms of headache (8, 47%) and the most common local symptoms of runny nose (8, 47%) and sore throat (8, 47%). Symptoms were not consistently associated with detection of virus genome (described below) as four of five vaccinees with no detectable virus genome developed respiratory symptoms. Local symptoms were also noted in three (75%) of the placebo recipients. In the SeVRSV group, 10 of 17 participants (59%) reported a treatment-related unsolicited AE with a nasal mucosal disorder and/or pharyngeal erythema being most common. The placebo group reported a treatment-related unsolicited AE in 1 of 4 (25%) participants with nasal inflammation, nasal

| Table 1. Summary of baseline characteristics and solicited local/systemic events. |
| --- |
| **A. Baseline Characteristics by Treatment Group** |
| |  | SeVRSV | Placebo | Combined |
| | Participant number | 17 | 4 | 21 |
| | Variable | Characteristic | n | % | n | % | n | % |
| Sex | Female | 11 | 65 | 2 | 50 | 13 | 62 |
| | Male | 6 | 35 | 2 | 50 | 8 | 38 |
| Ethnicity | Hispanic or Latino | 1 | 6 | 0 | 0 | 1 | 5 |
| | Not Hispanic or Latino | 16 | 94 | 4 | 100 | 20 | 95 |
| Race | Asian | 5 | 29 | 0 | 0 | 5 | 24 |
| | Black or African American | 1 | 6 | 0 | 0 | 1 | 5 |
| | White | 10 | 59 | 4 | 100 | 14 | 67 |
| | Multi-Racial | 1 | 6 | 0 | 0 | 1 | 5 |
| Age (years) | Mean | 30.8 | 29.8 | 30.6 |
| | Minimum | 18 | 21 | 18 |
| | Maximum | 41 | 39 | 41 |

| B. Solicited local/systemic events from Days 0–14 in the Modified Intent-to-Treat | SeVRSV N\(^a\) = 17 | Placebo N\(^a\) = 4 |
| --- | --- | --- |
| Symptom | N | % | N | % |
| Any Local Symptom | 13\(^b\) | 76 | 3 \(^c\) | 75 |
| Cough | 4 | 24 | 0 | 0 |
| Nasal Pain/Irritation | 1 | 6 | 0 | 0 |
| Runny Nose | 8 | 47 | 1 | 25 |
| Sneezing | 6 | 35 | 1 | 25 |
| Sore Throat | 8 | 47 | 1 | 25 |
| Stuffy Nose/Stiffness | 7 | 41 | 1 | 25 |
| Wheezing | 0 | 0 | 0 | 0 |
| Any Systemic Symptoms | 10\(^d\) | 59 | 2 | 50 |
| Arthralgia | 0 | 0 | 0 | 0 |
| Fatigue | 6 | 35 | 1 | 25 |
| Headache | 8 | 47 | 0 | 0 |
| Feverishness | 1 | 6 | 0 | 0 |
| Lightheadedness | 0 | 0 | 0 | 0 |
| Malaise | 2 | 12 | 0 | 0 |
| Myalgia | 3 | 18 | 2 | 50 |
| Fever | 1 | 6 | 0 | 0 |

\(^{a}\)N = Number of participants in the modified Intent-to-Treat population. \(^{b}\)Among the 13 events, 11 were mild and 2 were moderate (stuffy nose, sore throat). \(^{c}\)Among the 3 events, all were mild. \(^{d}\)Among the 10 events, 9 were mild and 1 was moderate (One participant experienced 4 symptoms of headache, malaise, myalgia, fever).
mucosal disorder, and pharyngeal erythema. No significant changes in laboratory chemistries or hematology results related to study treatment were detected.

Vaccine virus genome detection was by PCR. Briefly, nasal wash samples were extracted by use of the Qiagen Viral RNA kit (Qiagen, Germantown, MD). For PCR, one set of primers and probe (Biosearch Technologies, Inc., Radnor, PA) targeted the SeV nucleoprotein gene (GenBank accession number M30202). Evaluation of these primers and probe in various software programs determined that they would detect SeV but not hPIV-1 and hPIV-3 based on the sequences of the viruses and primers. Another set of primers and probes were developed to detect the RSV F gene (GenBank accession number K155694.1). An internal control, MS2, was added to the nasal wash samples prior to extraction to control for extraction efficiency and any PCR inhibitors contained in the nasal wash samples.

PCR signals were noted in most study vaccine recipients early after vaccination, but detection decreased rapidly (Figure 1A–C). SeV RNA was detected in 11 of the 17 (65%) vaccine recipients on Day 2, three participants (18%) on Day 4, two participants (12%) on Day 7, and no participants on day 14. RSV F RNA was detected in seven of the 17 (41%) vaccine recipients on day 2, in two participants (12%) on day 4, in two participants (12%) on Day 7, and in no participants on day 14. Altogether, vaccine virus RNA was detected on at least one day in 71% of SeVRSV vaccine recipients by PCR and no vaccine virus RNA was identified in the placebo group (N = 4, data not shown). In previous studies of wildtype SeV in adults or seropositive children aged 3–6 years, an assay that measured replication-competent virus rather than RNA was used. No replication competent virus was detected in any adult or 3–6 year-old-seropositive child after vaccination in these studies.

Antibody titers were determined by ELISAs using plates coated with either RSV F protein (Sino Biological Inc., Wayne PA) or parainfluenza virus type 1 strain Sendai (Meridian Life Sciences, Inc., Cincinnati, OH) overnight. Serum samples were serially diluted and added to the plates along with two reference standards which were assigned values of 8,000 Units/mL or 500 Units/mL respectively. After incubations of sera on ELISA plates (and washed), biotin conjugated anti-human IgG (Jackson ImmunoResearch, West Grove, PA) was added. The PK6100 reagent kit (Vector Laboratories, Inc., Burlingame, CA) was used to form a biotin-avidin-horse radish peroxidase complex. The substrate, O-phenylenediamine (Sigma-Aldrich Corp., St. Louis, MO) was then added and the reaction stopped. Optical densities were read at 492 nm and the quantity of either RSV or SeV-specific IgG was calculated from curves generated by the reference standards.

Of the 17 participants in the SeVRSV study vaccine group, only three (18%) exhibited a four-fold increase in SeV (PIV-1) antibody titers after vaccination and none exhibited a four-fold rise in RSV antibody titers (Table 2). The geometric mean fold rise (GMFR) for SeV-specific antibody was 2.0 and for RSV F-specific antibody was 1.1 in the vaccine group (Table 2). No recipients in the placebo group (N = 4) had evidence of antibody rise to either SeV or RSV. Of note, SeVRSV vaccine recipients with the greatest change in immune responses were

![Figure 1](image-url). Detection of SeV or RSV F protein sequence by PCR. PCR was used to detect vaccine nucleic acids. The percentages of participants with positive scores in the modified intent-to-treat analysis are shown for SeV (A), RSV F (B) and either (C).

| Antibody Specificity | Statistic | SeVRSV Group (N = 17) | Placebo Group (N = 4) |
|----------------------|-----------|-----------------------|-----------------------|
| SeV                  | GMT<sup>a</sup> | 2.04                  | 0.96                  |
|                      | 95% CI     | 1.52, 2.75             | 0.83, 1.11            |
|                      | % with 4-Fold Rise<sup>b</sup> | 18                  | 0                    |
| RSV F                | GMT<sup>a</sup> | 1.08                  | 0.97                  |
|                      | 95% CI     | 1.04, 1.11             | 0.79, 1.20            |
|                      | % with 4-Fold Rise<sup>b</sup> | 0                  | 0                    |
| SeV Day 0 (Pre-Vaccination) | GMT<sup>a</sup> | 0.18                  | 0.49                  |
|                      | 95% CI     | 0.08, 0.30             | 0.04, 0.82            |
| SeV Day 28 Post-Vaccination | GMT<sup>a</sup> | 317, 741              | 49, 836               |
|                      | 95% CI     | 298, 336              | 45, 600               |
| RSV F Day 0 (Pre-Vaccination) | GMT<sup>a</sup> | 736,1329             | 42, 895               |
|                      | 95% CI     | 713, 1357             | 40, 885               |
| RSV F Day 28 Post-Vaccination | GMT<sup>a</sup> | 4230, 7852           | 907, 26416            |
|                      | 95% CI     | 4194, 7800            | 897, 23154            |

The geometric mean fold rise (GMFR)<sup>a</sup>, the percentage of participants achieving a four-fold rise in antibodies between baseline sampling and day 28<sup>b</sup>, and the geometric mean titer (GMT)<sup>a</sup> were calculated.
young (≤20-years-old) with low baseline SeV antibody titers prior to study vaccine receipt (Figure 2A,B; see Supplementary Figure 1 for graphs of longitudinal antibody titers for each study participant). When all study vaccine recipients were evaluated, baseline SeV antibody titers correlated inversely and significantly with changes in antibody titers between days 0 and 28 (Figure 2C).

This study is the first to report on the safety, immunogenicity, and viral genome detection of SeVRSV in healthy adults. Since virtually all adults have previously been infected with hPIV-1 and RSV and all participants had detectable antibody prior to vaccination, we expected little to no SeV replication and a minimal immune response to vaccination. The four-fold increases in antibody responses to SeV (PIV-1) in three vaccinees may have been induced by the SeV particles administered as study vaccine and may not have indicated vaccine virus replication. This is further supported by the lack of an RSV F-specific antibody response. An RSV F-specific antibody response would require RSV F protein expression by infected cells, because the protein is not part of the SeVRSV particle. Previous clinical trials with unmanipulated, non-recombinant SeV showed similar results in adults.13 There were higher antibody response rates toward non-recombinant SeV in children13 compared to adults, although the number of participants immunized in those studies was small.

While the testing of a first-in-human vaccine must be initiated in adults for safety purposes, the information obtained from SeVRSV testing in adults is limited. This is because the preexisting immune responses in adults toward hPIV-1 cross-react with SeV and inhibit vaccine replication.12 A thorough safety study of SeVRSV will require tests in sero-negative children. Similarly, because the SeVRSV vaccine does not ‘take’ in adults, a thorough test of SeVRSV immunogenicity must await analyses in sero-negative children, wherein robust immune responses toward hPIV-1 and RSV are expected.

In conclusion, the study showed that the vaccine was well-tolerated, with only mild to moderate reactions that were also present in the placebo vaccine group. No clear relationship between vaccine virus detection and symptoms were noted. As expected, due to preexisting immunity in the study population, the vaccine genome detection was transient. There was a minimal antibody response to SeV and a negligible response to the RSV F protein in these seropositive adults. Previous clinical evaluations and the findings presented here suggest that further SeVRSV vaccine studies with progression toward the vaccine’s target population of seronegative children are appropriate.

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