False Positive Multiparametric Magnetic Resonance Imaging Phenotypes in the Biopsy-naïve Prostate: Are They Distinct from Significant Cancer-associated Lesions? Lessons from PROMIS

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Abstract

**Background:** False positive multiparametric magnetic resonance imaging (mpMRI) phenotypes prompt unnecessary biopsies. The Prostate MRI Imaging Study (PROMIS) provides a unique opportunity to explore such phenotypes in biopsy-naïve men with raised prostate-specific antigen (PSA) and suspected cancer.

**Objective:** To compare mpMRI lesions in men with/without significant cancer on transperineal mapping biopsy (TPM).

**Design, setting, and participants:** PROMIS participants (n = 235) underwent mpMRI followed by a combined biopsy procedure at University College London Hospital, including 5-mm TPM as the reference standard. Patients were divided into four mutually

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1. Introduction

Although missed significant prostate cancer on multiparametric magnetic resonance imaging (mpMRI) has to be mitigated, the opposite problem, that is, the false positive MRI lesion, obscures the diagnostic process and prompts unnecessary biopsies in biopsy-naïve men with raised prostate-specific antigen (PSA). In PRECISION, the proportion of negative MRI-targeted biopsies was inversely associated with lesion conspicuity (67%, 31%, and 6% for Prostate Imaging Reporting and Data System version 2 [PI-RADS v2] scores of 3, 4, and 5, respectively) and was driven mainly by “indeterminate” or “equivocal” phenotypes, a finding corroborated by the literature [1,2]. This is an important issue, considering that three in four men with suspected cancer have abnormal mpMRI findings and that the number of those considered for MRI and biopsy every year is set to increase [2–4].

Unfortunately, although discerning clinically significant prostate cancer (csPCa) from benign processes on mpMRI is crucial, many studies use surgical specimens or inadequately interrogated prostates and are thus limited by selection or biopsy sampling bias [5]. Our aim in this study was to use the unique design of the Prostate MRI Imaging Study (PROMIS) in order to capture the characteristics of false positive MRI lesions and examine how they differ from significant disease-associated phenotypes [6]. This multicentre, paired-cohort, confirmatory study assessed the diagnostic performance of mpMRI against the most stringent reference standard ethically possible. A total of 576 participants underwent mpMRI, followed by combined systematic transrectal ultrasound (TRUS)-guided biopsy and 5 mm transperineal template mapping biopsy (reference test) across the entire prostate, regardless of MRI findings. Owing to the inclusion criteria, blinded design, and use of a stringent reference standard, PROMIS is relatively free of spectrum, verification, and classification biases, despite its limitations.

2. Patients and methods

2.1. Participants

PROMIS was registered on ClinicalTrials.gov (NCT01292291), and its design has been discussed elsewhere [6]. In brief, this was a multicentre study in which biopsy-naïve men with PSA ≤15 ng/mL underwent prebiopsy 1.5 T mpMRI, followed by a combined biopsy procedure under general anaesthetic. The combined procedure consisted of 5 mm transperineal template mapping (TPM) biopsy followed by standard systematic TRUS-guided biopsy. Each test was performed and reported by clinicians blinded to other results. For this work, only men enrolled at University College London Hospital (UCLH) were considered (n = 235).

Ethical approval for PROMIS was granted by the National Research Ethics Service Committee London (Ref: 11/LO/0185).

2.2. Study design

Biopsy and imaging data were collected from clinical research reports, including per-patient overall Gleason score and maximum cancer core length (MCCL) on TPM, presenting PSA, prostate volume, and Likert scores, location, volume, and radiological features of individual MRI lesions. Overall Gleason score was defined as the predominant pattern across the entire prostate and constituted the final
pathological score. In total, 235 participants were stratified into four mutually exclusive cancer definition groups according to their per-patient TPM summaries (previously recorded by an experienced uropathologist): (1) no cancer, (2) insignificant cancer, (3) secondary/definition 2 significant cancer (Gleason ≥ 4 + 3 of any length and/or MCCL ≥ 4 mm of any grade), and (4) primary/definition 1 significant cancer (Gleason score ≥ 4 + 3 of any length and/or MCCL ≥ 6 mm of any grade). Once stratified, men with at least one MRI lesion (Likert score 3–5) were identified for further analyses. For the remainder of this paper, the terms “TPM cancer burden”, “TPM cancer group”, and “TPM group” will be used interchangeably and will refer to TPM grouping according to the four disease definitions described.

2.3. Analysis

We summarised baseline characteristics (including presenting PSA, prostate volume, PSA density [PSAD], and MRI lesion counts) using simple statistics such as medians, interquartile ranges (IQRs), and proportions. PSAD was calculated by dividing PSA by the MRI-derived prostate volume (ellipsoid method). We hypothesised that MRI lesions in men with significant disease (definitions 1 and 2) differ from lesions seen in men without significant cancer (no cancer/insignificant cancer) in terms of their prevalence, count, location (peripheral zone [PZ], transition zone, or both), laterality (right, left, or bilateral), focality (focal or diffuse), overall Likert scores, per-sequence Likert scores (T2-weighted imaging [T2WI], diffusion-weighted imaging [DWI], and dynamic contrast-enhanced [DCE] sequences), volume, and apparent diffusion coefficients (ADCs; non-standardised mean ADCs derived from axial images demonstrating the highest restriction within each lesion). Nonparametric tests (Wilcoxon rank sum and Kruskal-Wallis analysis of variance [ANOVA]) were used to test differences between groups. In men with Likert 3 index lesions, we hypothesised that PSAD and index lesion ADC

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Fig. 1 – UCLH PROMIS cohort (n = 235). Men were classified according to mpMRI findings (Likert scores) and TPM biopsy results to four categories, as shown in the organogram: (1) no cancer, (2) insignificant cancer, (3) definition 1 cancer, and (4) definition 2 cancer. There was a significant difference in presenting PSA between the four TPM groups (p < 0.001, Kruskal-Wallis ANOVA). In total, 178 out of 235 men (76%) had at least one lesion in their prostate and were the focus of subsequent analyses. ANOVA = analysis of variance; Ca = cancer; mpMRI = multiparametric magnetic resonance imaging; PROMIS = Prostate MRI Imaging Study; PSA = prostate-specific antigen density; TPM = transperineal mapping biopsy; UCLH = University College London Hospital.

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are predictors of significant disease (definition 1 or 2) in a multivariable binary logistic regression model.

In order to visualise the false positive mpMRI phenotype and further understand its morphology, the prostate borders, transition zone outlines, and any lesions with overall Likert ≥3 in the TPM-negative group were manually contoured in all axial slices of positive mpMRI sequences (ie, individual sequence Likert score ≥3) using the OsiriX platform (Pixmeo SARL, Geneva, Switzerland) and the PROMIS pictorial report as a reference. The surfaces of the manually segmented prostate capsule and the transition zones were aligned in a common space using a feature-based, group-wise registration algorithm that iteratively produced a “mean prostate shape” on which lesions can be superimposed, in line with previous work [7]. This algorithm iteratively updates a mean point cloud based on pairwise alignment between each case and the mean shape until convergence (with apex and base landmarks guiding nonrigid registration). The R statistical software (R Foundation for Statistical Computing, Vienna, Austria; http://www.R-project.org/) was used for all exploratory and statistical analyses, whereas Matlab (MathWorks Inc, Natick, MA, USA) was used for producing lesion density maps. All p values were considered significant at the 0.05 level.

3. Results

3.1. Baseline characteristics

The median prostate volume for the entire UCLH cohort (n = 235) was 45 ml (IQR: 34–58 ml), and the median presenting PSA value was 6.1 ng/mL (IQR: 4.6–8.5 ng/mL; Supplementary Fig. 1A). The median PSAD (in ng/mL²) was significantly different between the four TPM groups (no cancer: 0.10 [IQR: 0.07–0.12], insignificant cancer: 0.10 [IQR: 0.07–0.13], definition 2 cancer: 0.14 [IQR: 0.11–0.20], definition 1 cancer: 0.22 [IQR: 0.15–0.27]; Kruskal-Wallis ANOVA, p < 0.001; Fig. 1).

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**Fig. 2** – MRI lesion count, conspicuity, distribution, and focality in the UCLH PROMIS cohort. More men with any significant cancer had more than one lesion (77/115 or 67%) than those without significant disease (23/63 or 37%, p < 0.001; see the table). (A) The proportion of index lesions with high conspicuity (Likert score 4–5) increased with significant cancer burden and was significantly higher in men with significant cancer (91/115, 79%) than in those without significant disease (14/63, 22%; p < 0.001). (B) Index lesions were predominantly distributed in the PZ across all groups. (C) MRI lesions characterised by the uroradiologist as “diffuse” were more common in the TPM-negative/insignificant disease groups collectively than in men with significant disease, although this difference was not statistically significant. Ca = cancer; MRI = magnetic resonance imaging; PROMIS = Prostate MRI Imaging Study; PZ = peripheral zone; TPM = transperineal mapping biopsy; TZ = transition zone.
3.2. **Conspicuity, distribution, and focality of mpMRI lesions (Likert ≥3)**

In total, 178 out of 235 (76%) men had at least one lesion in their prostate (Fig. 1). The proportion of men with at least one lesion was higher in those with definition 1/2 csPCa (115/126, 91%) compared with those without/insignificant cancer (63/109, 58%; \( p < 0.001 \), chi-square test for proportions). More men with csPCa had two or more lesions (77/115, 67%) than those without/insignificant cancer (23/63, 37%), and the percentage difference was statistically significant (\( p < 0.001 \)). Furthermore, lesion conspicuity was associated with disease significance (Fig. 2A): in men with csPCa (both definitions), 91/115 (79%) index lesions were scored as Likert 4–5 versus 14/63 (22%) in men without/insignificant cancer (\( p < 0.001 \)). Similar trends were observed for secondary and tertiary lesions (Fig. 2A).

Index lesions were predominantly located in the PZ in 93%, 91%, 80%, and 85% of men without cancer, with insignificant disease, with definition 2 disease, and with definition 1 disease, respectively, and the differences were not significant (Fig. 2B). In total, 14% of index lesions were reported as “diffuse” in men without csPCa versus 8% in those with significant cancer (\( p = 0.2 \)), and the largest difference in the proportion of diffuse lesions was between the TPM-negative and definition 1 disease groups (17% vs 7%, \( p = 0.08 \); Fig. 2C).

3.3. **Radiological characteristics of mpMRI lesions (Likert ≥3)**

More lesions were positive in all three mpMRI sequences in men with significant disease than in those without (97/115 [84%] vs 30/63 [48%], \( p < 0.001 \)). Per-sequence Likert scores of index lesions were overall higher in men with significant disease, but concurrently, there was a gradual change from a T2W+DWI+DCE+ to a T2W+DWI+DCE phenotype with increasing cancer burden (Fig. 3A). The proportion of T2WI-positive lesions was higher in men with significant disease than in those without (107/115 [93%] vs 48/63 [76%], \( p = \) .

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**Fig. 3** – Basic radiomic characteristics of mpMRI lesions across TPM groups in the UCLH PROMIS cohort. (A) As the burden of significant disease on TPM increased, so did Likert scores for all mpMRI sequences; however, there was also a gradual shift from predominantly T2W+ DWI–DCE+ MRI phenotypes in men without significant cancer to T2W+DWI+DCE+ lesions in those with significant disease. (B and C) Lesion ADC values decreased with increasing disease burden (ADC distributions shown; two outliers removed for visualisation purposes), but this reduction was particularly marked for index lesions. (D and E) Lesion volumes were greater and more skewed in men with definition 1 disease (volume distributions shown; seven outliers removed for visualisation purposes), particularly in the case of index lesions. (F) There was a positive relationship between lesion volume and PSAD, especially in men with significant cancer (regression lines shown for men with/without significant disease). ADC = apparent diffusion coefficient; Ca = cancer; DCE = dynamic contrast enhanced; DWI = diffusion-weighted imaging; mpMRI = multiparametric MRI; MRI = magnetic resonance imaging; PROMIS = Prostate MRI Imaging Study; PSAD = prostate-specific antigen density; TPM = transperineal mapping biopsy; T2W = T2 weighted.
0.002), as was the proportion of DWI-positive lesions (105/115 [91%] vs 36/63 [57%], p < 0.001). This was not true for the proportion of DCE-positive lesions (112/115 [97%] vs 61/63 [97%]), although the degree of DCE positivity increased in csPCa groups (Fig. 3A). The DWI Likert score inversion in prostates with significant cancer was corroborated by the ADC distributions (Fig. 3B), confirming significant index lesion ADC differences between men with and those without csPCa (p < 0.001, Wilcoxon test; Fig. 3C). A similar ADC trend was observed for secondary and tertiary MRI lesions, although less marked (Fig. 3B).

Most index lesions were smaller than 1 ml, but men with significant disease had skewed volume distributions (Fig. 3D) and higher index lesion volumes compared with those without csPCa (p < 0.001, Wilcoxon test; Fig. 3E). Similarly, the median PSAD was higher in men with “true positive” lesions than in those with “false positives” (0.19 vs 0.07, p < 0.001, Wilcoxon test), and there was a positive relationship between lesion volume and PSAD, particularly in the csPCa group (Fig. 3F). A summary of all the clinical-radiological differences between “false” and “true positives” (which could be useful for their discrimination) is given in Fig. 4. More refined ADC and volume comparisons between all four TPM groups are presented in Supplementary Fig. 2.

3.4. PSAD and ADC as predictors of significant cancer in men with Likert 3 index lesions

Since indeterminate phenotypes are the main drivers of MRI-positive/biopsy-negative discrepancies in men with suspected cancer, we tested the ability of PSAD and ADC to predict significant cancer in men with Likert 3 index lesions (n = 73). Of these men, 49 (67%) had no/insignificant cancer, whereas the remaining 24 (33%) had significant cancer of any definition. There were statistically significant PSAD and index lesion ADC differences between men with csPCa and those without (p < 0.001, Wilcoxon test; Fig. 5A and 5B). More refined PSAD and ADC comparisons between all four TPM groups in men with Likert 3 lesions are presented in Supplementary Fig. 3.

The ability of PSAD and index lesion ADC to predict significant disease was evaluated through binary logistic regression, where the positive outcome was definition 1/2 cancer on TPM and the negative outcome was no/insignifi-

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**Table 1**

|                      | No/Insignificant Ca (n = 63) | Significant Ca (n = 115) | p value |
|----------------------|-----------------------------|--------------------------|---------|
| PSAD (ng/ml³), median (IQR) | 0.07 (0.10–0.13) | 0.19 (0.13–0.25) | <0.001 |
| Number with multiple (>1) lesions, n (%) | 23 (37) | 77 (67) | <0.001 |
| Index lesions, n (%) |                      |                          |         |
| Likert 4–5 +ve in all MRI sequences | 14 (22) | 91 (79) | <0.001 |
| T2WI +ve | 30 (47) | 97 (84) | <0.001 |
| DWI +ve | 48 (76) | 107 (93) | 0.002 |
| DCE +ve | 36 (57) | 105 (91) | <0.001 |
| ADC, median (IQR) | 61 (97) | 112 (97) | 0.8 |
| Volume (ml), median (IQR) | 1.00 (0.86–1.10) | 0.73 (0.60–0.86) | <0.001 |

Fig. 4 – Summary of the main clinical-radiological differences between men with and without significant cancer. False and true positives differ in terms of their overall PSAD level, presence or absence of additional MRI lesions, and features of index lesions (such as overall conspicuity, diffusion restriction, and volume). ADC = apparent diffusion coefficient; Ca = cancer; DCE = dynamic contrast enhanced; DWI = diffusion-weighted imaging; IQR = interquartile range; MRI = magnetic resonance imaging; PSAD = prostate-specific antigen density; T2WI = T2-weighted imaging.
significant. The area under the receiver operating characteristic curve (AUC) for either log$_2$PSAD or ADC alone was 0.75 (95% confidence interval [CI]: 0.63–0.87) and 0.72 (95% CI: 0.59–0.85), respectively, whereas, in a combined multivariable model, both log$_2$PSAD ($p = 0.003$) and index lesion ADC ($p = 0.005$) were significant predictors of significant cancer (mean 10-fold cross-validated AUC: 0.77 [95% CI: 0.67–0.87]; refer to the table in Fig. 5). The full model’s net benefit was overall higher than that of a “biopsy all men” approach: decision curve analysis showed that at a 10% risk threshold (ie, assuming that nine unnecessary biopsies per detected significant cancer is a reasonable cost:benefit ratio), 325 men could be spared from biopsy for every 1000 significant cancers detected (Supplementary Fig. 4).

3.5. Multiparametric MRI lesions in TPM-negative men

T2, ADC, and DCE prostate and lesion density maps were constructed for 77 TPM-negative men, as described in the Methods. Forty-one men had at least one MRI lesion and 12 had two (index and one secondary). The maps confirmed that lesions were predominantly distributed in the PZ and had a T2W + DWI–DCE + phenotype (Fig. 6A). Morphologically, MRI index lesions in this subgroup could broadly be divided into different types: 34 focal (83%) and seven diffuse (17%), with four diffuse homogeneous and three diffuse but heterogeneous (Fig. 6B). The vast majority of index lesions were scored as Likert 3 (including all diffuse ones), with only six focal lesions scored as Likert 4 or 5 (Fig. 2C). All 12 secondary lesions were focal with a score of Likert 3, apart from one scored as Likert 4 in a man with a Likert 5 index lesion.

4. Discussion

We investigated MRI lesions in biopsy-naïve prostates thoroughly interrogated regardless of prior imaging findings. We focused on false positive MRI phenotypes, which are often attributed to insignificant cancer and conditions such as benign hyperplasia and inflammation [8]. Although per-prostate Likert scores were available, we classified MRI-positive men based on their index or additional lesions (designated as such by the reporting uroradiologist), allowing a more refined analysis of the MRI phenotypes seen in the biopsy-naïve prostate. We found that both “false positive” and significant cancer-associated lesions were located predominantly in the PZ, with corroborating studies suggesting that a false positive reading cannot be reliably associated with zonal location [9]. However, men with significant disease had multiple, larger, and more conspicuous lesions, with a concomitant shift to more diffusion-restricted phenotypes,

| Predictor | OR   | 95% CI    | p-value |
|-----------|------|-----------|---------|
| log$_2$PSAD | 5.18 | 2.00-17.6 | 0.003   |
| ADC       | 0.57 | 0.38-0.82 | 0.005   |

OR = Odds Ratio

Fig. 5 – Detection of significant cancer in men with Likert 3 index lesions. There was a significant difference in (A) PSAD and (B) index lesion ADC values between men with significant cancer and those without (PSAD threshold of 0.015 shown in grey). Both log2PSAD and index lesion ADC were significant predictors of definition 1 or 2 cancer in a binary logistic regression model (refer to the table; odds ratios shown for every PSAD doubling and for every 0.1 [ie, 100 $\times 10^{-6}$ mm$^2$/s] increase in ADC). The 10-fold cross-validated mean AUC for the model was 0.77 (95% CI: 0.67–0.87). ADC = apparent diffusion coefficient; AUC = area under the receiver-operator characteristic curve; CI = confidence interval; OR = odds ratio; PSAD = prostate-specific antigen density.
as evidenced by their disproportionately higher DWI Likert scores and lower ADC distribution ranges.

We produced preliminary evidence that simple, readily available MRI-derived metrics such as PSAD and ADC can predict csPCa in biopsy-naive men with indeterminate (Likert 3) index lesions and TPM as a reference. We did not externally validate our model and the size of our sample was relatively small, but internal cross-validation resulted in consistently high performance. Although we would anticipate some loss of performance in real-life MRI-targeted settings, the potential of PSAD to predict significant disease has been demonstrated in men with a prior biopsy, and studies correlating imaging with prostatectomy specimens or TRUS biopsy tissue confirm that radiomic features (including ADC) can differentiate tumours from benign processes, particularly in the PZ [10–15]. Of note, standardisation of ADC values against normal prostate or urine on diffusion imaging by an experienced uroradiologist did not significantly change either the main results or model performance (Supplementary Fig. 5). Finally, we visualised the spatial distribution of MRI lesions in men without any cancer using group-wise registration across all three mpMRI sequences, which is a useful and novel addition to the literature.

Our analyses are post hoc and based on data from a single institution, thus limiting the immediate clinical application of our findings. In addition, we relied on a single overall TPM pathological score based on Gleason/MCCL instead of a refined zonal assessment of significant disease, as the clinicians performing TPM were blinded to MRI results and individual lesions were not targeted. Nonetheless, overall TPM pathological scores were assigned by an experienced...
uropathologist, and per-patient analysis mirrors real-life diagnostic settings. Furthermore, computer simulations and studies correlating 5-mm mapping with surgical specimens have shown that TPM, which is the most stringent reference standard that can be applied in a biopsy-naïve population, reflects the true disease state within a given prostate [16–18]. Although many centres use a version of the PI-RADS system for assessing MRI lesions, Likert score was used in the PROMIS study, the design of which predated existing PI-RADS versions [19,20]. Likert is currently recommended by the UK National Institute for Health and Care Excellence, and the diagnostic agreement between the two systems has been demonstrated previously [10,21–24].

5. Conclusions

Although most MRI lesions in biopsy-naïve men with suspected cancer are located in the PZ, phenotypes associated with clinically significant disease tend to be more conspicuous and diffusion-restricted. Metrics such as MRI-calculated PSAD and ADC could be clinically useful predictors of significant disease in men with indeterminate phenotypes. Further research will focus on the independent validation of these findings.

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Study concept and design: Stavrinides, Ahmed, Emberton.

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Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:https://doi.org/10.1016/j.eururo.2020.09.043.

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