Critical coronavirus disease 2019 (COVID-19) is associated with high mortality and potential genetic factors have been reported to be involved in the development of critical COVID-19. We performed a genome-wide association study to identify the genetic factors responsible for developing critical COVID-19. 632 critical patients with COVID-19 and 3021 healthy controls from the Chinese population were recruited. First, we identified a genome-wide significant difference of IL-6 rs2069837 ($p = 9.73 \times 10^{-15}$, OR = 0.41) between 437 critical patients with COVID-19 and 2551 normal controls in the discovery cohort. When replicated these findings in a set of 195 patients with COVID-19 and 470 healthy controls, we detected significant association of rs2069837 with COVID-19 ($p = 8.89 \times 10^{-3}$, OR = 0.67). This variant surpassed the formal threshold for genome-wide significance (combined $p = 4.64 \times 10^{-16}$, OR = 0.49). Further analysis revealed that there was a significantly stronger expression of IL-6 in the serum from patients with critical COVID-19 than in that from patients with asymptomatic COVID-19. An in vitro assay showed that the A to G allele changes in rs2069837 within IL-6 obviously decreased the luciferase expression activity. When analyzing the effect of this variant on the IL-6 in the serum based on the rs2069837 genotype, we found that the A to G variation in rs2069837 decreased the expression of IL-6 in critical COVID-19 than in that from patients with asymptomatic COVID-19. An in vitro assay showed that the A to G allele changes in rs2069837 within IL-6 obviously decreased the luciferase expression activity. When analyzing the effect of this variant on the IL-6 in the serum based on the rs2069837 genotype, we found that the A to G variation in rs2069837 decreased the expression of IL-6, especially in the male. Overall, we identified a genetic variant in IL-6 that protects against critical conditions with COVID-19 though decreasing IL-6 expression in the serum.

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INTRODUCTION

In late December 2019, the novel coronavirus (SARS-CoV-2) infection causing coronavirus disease 2019 (COVID-19) was first reported in Wuhan, China, and quickly spread worldwide. As of May 28, 2021, SARS-CoV-2 had infected more than 100 million patients in 100 other countries, with total deaths exceeding 3 million (https://covid19.who.int/). The clinical features of COVID-19 are highly heterogenous, from death to mild symptoms, or even to no symptoms. The symptoms of COVID-19 include fever, myalgia, fatigue, dry cough, shortness of breath, sputum production, headache, hemoptysis, sore throat, and diarrhea. Lymphopenia, prolonged prothrombin time, and elevated lactate dehydrogenase levels have also been observed in patients who have COVID-19. A computed tomography (CT) scan can identify bilateral patchy shadows or ground-glass opacity in the lungs of patients with COVID-19. The mortality rates are driven predominantly by the subgroup of patients who have respiratory failure related to interstitial pneumonia in both lungs and acute respiratory distress syndrome. Severe COVID-19 with respiratory failure requires early and prolonged support by mechanical ventilation. However, the pathogenesis of critical COVID-19 and the associated respiratory failure remains unclear and there is no specific cure for the disease.

Cohort studies have identified older age, male sex, and comorbidities such as hypertension, diabetes, and obesity as risk factors that predispose people to severe COVID-19. In an analysis using rapid whole-exome sequencing of the data from four young male patients with severe COVID-19, rare putative loss-of-function variants of X-chromosomal TLR7 were identified as the most biologically plausible candidates for causing critical COVID-19. The study showed that a genetic predisposition might be associated with primary immune deficiencies among young patients with COVID-19. A genome-wide association study (GWAS) involving 1,980 patients with COVID-19 and severe disease (defined as respiratory failure) at seven hospitals in the Italian and Spanish epicenters of the SARS-CoV-2 pandemic in Europe
was performed to delineate the host genetic factors that contribute to severe COVID-19 accompanied by respiratory failure. The study detected cross-replicating associations with rs11385942 at locus 3p21.31 and with rs657152 at locus 9q34.2 and confirmed the potential involvement of the ABO blood group system, but the frequency of rs11385942 was almost zero in East Asians. Another GWAS on 2244 critically ill COVID-19 patients from 208 intensive care units (ICUs) in the United Kingdom (UK) identified and replicated novel genome-wide significant associations at four loci. Numerous reports over the past year have shown monogenic inborn errors of immunity cause susceptibility to severe COVID-19. Thus far, it is unclear to what extent specific genetic factors may explain the predisposition of individuals to developing critical COVID-19.

In the present study, we performed a GWAS involving 632 patients with critical COVID-19 to identify the potential genetic variants associated with the critical disease condition. We found that the genetic variant rs2069837 in IL-6 was protective against critical COVID-19 (combined \( p = 4.64 \times 10^{-16}, OR = 0.49 \)). IL-6 expression significantly increased in patients with critical COVID-19, and the protective GG genotype of IL-6 rs2069837 decreased the expression of IL-6 in the serum compared to its expression using the AA genotype. This finding provides a potential therapeutic target for COVID-19 based on anti-IL-6 biologics.

**RESULTS**

**Clinical features of the study subjects**

In total, 632 patients with critical COVID-19 and 3021 healthy controls were included in this study. The patients with critical COVID-19 ranged in age from 20 to 75 years, and the mean age was 53.77 years. The normal healthy controls ranged in age from 40 to 72 years, with a mean age of 54.82 years (Table 1).

Significant association of genetic variants in the IL-6 gene with COVID-19 in the Chinese population

We first tested the association of 761,993 successfully genotyped single nucleotide polymorphisms (SNPs) from 437 patients and 2551 controls. The principal component analysis (PCA, Fig. 1a) and the genomic inflation estimate (λGC) was 1.07. This indicated minimal inflation due to the population stratification of the GWAS results. We carried out a logistic test to assess the genotype-phenotype association. We compared the distribution of the observed \( P \) values to the distribution expected under the null hypothesis. The quantile—quantile (Q-Q) plots of the logarithms of the \( P \) values showed a deviation from the expected distribution, suggesting the presence of significant genetic effects (Fig. 1b).

A total of 10 SNPs in ten loci surpassed genome-wide significance \( (p < 5 \times 10^{-8}) \) in the discovery cohort, which comprised 437 patients with critical COVID-19 and 2,551 healthy controls (Fig. 1c and Table 2). To further validate these SNPs, we performed an LD imputation analysis and selected 19 SNPs from the same LD as that of the 10 SNPs that had reached genome-wide association significance (Table 2). Totally, nine SNPs at nine loci reached genome-wide significance \( (p < 5 \times 10^{-8}) \) using a combined discovery and replication analysis (Fig. 1c and Table 2).

In the tested SNPs, no significant difference was detected between the 437 critical and the 33 asymptomatic cases. This may have been due to the small sample size in the asymptomatic cohort (Table 1 and Fig. 2a). We thus did not analyze the association between critical and asymptomatic cases further.

In the initial study, we found that rs2069837 in the intronic of IL-6 was strongly associated with COVID-19 \( (p = 9.73 \times 10^{-10}, Table 2) \). The frequency of the protective allele G was 0.09 in the patients and 0.20 in the controls. The protective allele of this SNP conferred a 0.49-fold decreased likelihood (95% confidence interval CI: 0.32–0.51) of COVID-19 (Table 2). This result was further confirmed by the replication study, in which the frequency of the protective allele G in the replication cohort (composed of 194 patients with critical COVID-19 and 471 healthy controls) differed significantly between the patients and the controls (0.1769 vs 0.2426, \( p = 8.89 \times 10^{-4}, OR = 0.67, 95\% CI: 0.49–0.91; Table 2 \)). In addition, a significant association between COVID-19 and rs2069837 was found when the data from the combined cohort of 632 cases and 3021 controls was analyzed \( (p = 4.64 \times 10^{-10}, OR = 0.49) \). However, we did not identify a very strong linkage association in this region (Fig. 2b) because of the weak physical linkage disequilibrium between rs2069837 and other SNPs in this region in our imputed GWAS data, as well as the fact that the allele frequencies are almost the same in the public 1000 genomes Southern Han Chinese (CHS) data (Fig. 2c, d).

In the combined analysis, we found that LINC01799 rs57598285, LINC01799 rs10519086, LRTTM4 rs72809129, SCN7A rs7422259, and SEMA4A rs17158686 were also statistically associated with critical COVID-19 \( (p = 1.69 \times 10^{-10}, OR = 0.65 \) for rs57598285; \( p = 6.82 \times 10^{-11}, OR = 0.42 \) for rs10519086; \( p = 1.42 \times 10^{-10}, OR = 0.67 \) for rs72809129; \( p = 3.60 \times 10^{-10}, OR = 0.49 \) for rs7422259; \( p = 9.93 \times 10^{-8}, OR = 0.61 \) for rs17158686, respectively). For the reported SNP associations with COVID-19 in previous studies, we found only weak associations with COVID-19 in our cohort (Supplementary Table 1).

Lower IL-6 expression in serum in rs2069837 GG genotype compared to AA genotype and its sex-specific response

In the next stage of the study, we measured the IL-6 serum of the patients with critical COVID-19 and compared it to that of asymptomatic patients. The value for IL-6 was significantly higher for the critical patients than that for the asymptomatic group (Fig. 3a), suggesting that an excessive level of IL-6 causes disease severity. Rs2069837 is located in the first intron of IL-6, where has promoter activity by prediction in PBMC. We found that the A to G change clearly decreased the luciferase activity (Fig. 3b), which implied that the rs2069837 variant (G) could down-regulate IL-6 transcriptional activity. To further investigate the effect of rs2069837 on IL-6 secretion in the normal population, we evaluated the level of IL-6 in the serum of healthy subjects based on the IL-6 genotype (rs2069837). There were 508 individuals recruited and genotyped (480 AA types and 28 GG types of IL-6 rs2069837), and we found that the A to G variation decreased the expression of IL-6 (Fig. 3c).

The baseline of IL-6 in the male and female are the same (Fig. 3d), indicating that the sex did not affect the effects of rs2069837 on IL-6 expression.

## Table 1. Characteristics of the genotyped samples used for analysis

| Cohort, group | Number of subjects | Age, mean (range) Years | Sex   |
|---------------|-------------------|------------------------|-------|
| Total (Combined) | 3653 | 1778 | 1875 | Male | Female |
| Discovery     | 2988 | 1396 | 1592 |
| Cases         | 437  | 225  | 212  | 58.4(6–93) |
| Controls      | 2551 | 1171 | 1380 | 60.7(45–89) |
| Replication   | 665  | 382  | 283  |
| Cases         | 195  | 112  | 83   | 61.7(22–87) |
| Controls      | 470  | 270  | 200  | 50.6(20–89) |

The age when the cases and controls were recruited.
We observed a genome-wide significant association of *IL-6* rs2069837 ($p = 9.73 \times 10^{-15}, OR = 0.41$) with critical COVID-19 in the discovery cohort, which included 437 patients and 2,551 normal controls. When we replicated these findings in a set of 195 patients with critical COVID-19 and 470 control subjects, we detected a significant association of *IL-6* rs2069837 with COVID-19 ($p = 8.89 \times 10^{-3}, OR = 0.67$). When we analyzed the effect of rs2069837 on IL-6 protein expression in the serum of normal individuals based on rs2069837 genotypes, we found that the A to G change in rs2069837 decreased the expression of the IL-6 protein in the serum, particularly in the GG genotype. These results were consistent with those from a large cohort study in Wuhan that showed excessive IL-6 levels were correlated with the mortality of patients with COVID-19\(^9\), revealing that IL-6 may exacerbate the disease and suggesting a potential therapeutic target based on anti-IL-6 biologics.

Our GWAS also found that *LINC01247* rs7598285, *LINC01799* rs10519086, *LRRTM4* rs72809129, *SCN7A* rs7422259 and *SEMA3A* rs17158686 were significantly associated with critical COVID-19 ($p = 1.69 \times 10^{-10}, OR = 0.65$ for rs7598285; $p = 6.82 \times 10^{-11}, OR = 0.65$ for rs10519086; $p = 1.42 \times 10^{-9}, OR = 0.67$ for rs72809129; $p = 3.60 \times 10^{-10}, OR = 0.49$ for rs7422259; $p = 4.99 \times 10^{-8}, OR = 0.61$ for rs17158686, respectively). Of these genes, only the *SCN7A* gene was reported to be related to poliovirus infection\(^9\). We found that the frequency of protective allele G in *IL-6* rs2069837 was 0.09 in patients with critical COVID-19 and 0.20 in the controls in our cohort. In contrast, the frequency of allele G of this variant was 0.08 in the American and 0.09 in the European populations, according to the 1000 genomes database, which may explain why our finding for the mutation frequency in our population is different from those of several European groups for their populations. These different frequencies also provide a novel interpretation for the lower rate of criticality in the Chinese population, 13.8%, compared to 24% in the American population during the early outbreak period\(^10,11\). In addition, we found people carrying the GG genotype had lower IL-6 levels in our study, suggesting that those people may not easily become critical due to lower IL-6 expression.

**Fig. 1** Summary of GWAS results. **a** Principal component analysis (PCA). **b** The quantile-quantile (Q-Q) plots of the GWAS results. **c** Nine loci surpassed genome-wide significance ($P < 5 \times 10^{-8}$) in the combined of discovery and replication results.
Table 2. Association results for selected SNPs in the discovery cohort and replication cohort in all cases and controls combined

| SNP     | Chr (bp (hg19)) | A1 F_A | A2 F_U | A1 F_A | F_U P-Discovery OR-Discovery | P-meta | OR-Meta |
|---------|-----------------|--------|--------|--------|-----------------------------|--------|---------|
| rs12953589 | 2 6459953 | G 0.40 | A 0.40 | 0.40   | 0.40                        | 0.91   | 0.91    |
| rs3870757  | 2 64924261 | A 0.21 | A 0.21 | 0.21   | 0.21                        | 0.91   | 0.91    |
| rs14570866 | 2 65075566 | G 0.24 | G 0.24 | 0.24   | 0.24                        | 0.91   | 0.91    |
| rs22807929 | 2 67720363 | A 0.24 | A 0.24 | 0.24   | 0.24                        | 0.91   | 0.91    |
| rs22220594 | 2 16737995 | C 0.23 | G 0.23 | 0.23   | 0.23                        | 0.91   | 0.91    |
| rs35165833 | 6 30094788 | G 0.24 | A 0.24 | 0.24   | 0.24                        | 0.91   | 0.91    |
| rs35165946 | 6 30110683 | T 0.25 | C 0.25 | 0.25   | 0.25                        | 0.91   | 0.91    |
| rs35165966 | 6 30111610 | T 0.25 | C 0.25 | 0.25   | 0.25                        | 0.91   | 0.91    |
| rs35166021 | 6 30111773 | T 0.22 | G 0.22 | 0.22   | 0.22                        | 0.91   | 0.91    |
| rs22015837 | 7 837794756 | G 0.11 | A 0.11 | 0.11   | 0.11                        | 0.91   | 0.91    |

A genetic variant in IL-6 lowering its expression is protective for COVID-19 patients with respiratory failure and we showed that patients with the rs2069837 GG genotype had a lower level of IL-6 in their serum compared with its level for those with AA genotype.

In conclusion, unlike inborn error of immunity cause susceptibility to severe COVID-19, we identified IL-6 rs2069837 as a protective genetic variant in COVID-19 patients with respiratory failure and we showed that patients with the rs2069837 GG genotype had a lower level of IL-6 in their serum compared with its level for those with AA genotype.

MATERIALS AND METHODS

Subjects
We recruited 632 patients diagnosed with critical COVID-19, 33 patients with asymptomatic COVID-19, and 3,021 normal controls in this study. Among them, 158 patients critical COVID-19, all the patients with asymptomatic COVID-19 and the controls were collected from the Sichuan Provincial People’s Hospital, and 474 patients were selected from the Zhongnan Hospital of Wuhan University and the Wuhan Leishenshan Hospital. All study procedures conformed with the Declaration of Helsinki. The protocols were accepted by the Institutional Review Board and the Ethics Committee of the Sichuan Provincial People’s Hospital. We
reviewed all patients’ clinical features, including signs and symptoms, the computed tomography (CT) scans of the chest, and the clinical laboratory results.

The DNA and serum extraction
Peripheral blood was collected into 2 mL sterile EDTA tubes and stored at −80°C in a biosafety level 2 laboratory (P2 Laboratory). Genomic DNA samples were extracted from the peripheral blood using a Qiagen FlexiGene DNA kit (Qiagen, Duesseldorf, Germany). A standard serum separation protocol was followed to collect the serum from the blood samples. Specifically, the venous blood samples in the blood collection tubes without anticoagulation were allowed to clot at room temperature for 30 min (min). The serum was then obtained by centrifuge at 2000 × g for 10 min at 4°C. Serum samples were flash-frozen and stored at −80 °C for further analysis. The whole separation process was completed in a P2 Laboratory.

Genotyping and the quality control of the retained samples
The discovery cohort DNA samples were genotyped by Jinneng Biotech (Shanghai, China) using HumanOmniZhongHua-8 Bead Chips (Illumina) according to the manufacturer’s protocol, with a starting number of 900,015 SNPs. Any SNPs with a call rate of less than 90% was eliminated from further analysis. After quality filtering and cleaning, 761,993 SNPs remained for the association analysis. The SNPs that were selected for the replications were genotyped using the Sequenom Mass ARRAY system. The association analysis of the replication genotype data was conducted using PLINK 1.9, adjusted for sex.

The association analysis
After chip genotyping, a principal component analysis (PCA) was performed separately for the disease cases and the controls to eliminate samples with outlying values from further analysis using the R statistical software package. We examined the potential genetic relatedness based on pairwise identity-by-state for all successfully genotyped samples using PLINK 1.9 software. The genomic inflation estimate (λGC) was calculated for the variants with MAF > 1% using only directly genotyped SNPs by PLINK 1.9. Single-marker association analyses were performed using PLINK 1.9 (adjusted for sex) with SNPs showing missing values <10%, MAF > 1%, and HWE P > 10−6. We used the METAL21 software package to perform the combined meta-analysis of the discovery and replication datasets.

Imputation and linkage disequilibrium analysis
We performed an imputation for the 10 COVID-19-associated regions 500 kb upstream and downstream of the associated loci. The focused regional imputation was used to infer the genotypes for the SNPs that had not been directly genotyped using IMPUTE software version 222 on data from the 1000 genomes database, released in June 2010. SNPs that had a quality score (Rsq) of <0.5 were discarded before the analysis. The resulting genotypes were analyzed using PLINK 1.9, as well as the same covariates for each dataset as used in the non-imputed analyses22. A linkage disequilibrium (LD) analysis was conducted using Haploview version 4.0 and GWAS data from the discovery cohort from the dbSNP database.

Luciferase reporter assay and the detection of the level of IL-6
The promoter of TOPFlash (Promega, pGL4.3) was replaced with 1058 bp of IL-6 rs2069837 (in the second intron of IL-6). All plasmids were transferred into 293 T cells. After 48 h, the cells were collected and the luciferase activity was determined using the TransDetect double-luciferase reporter assay kit (TransGen, FR201-01). Blood samples were collected using coagulation-promoting tubes. The samples were centrifuged at 1500 × g for 15 min at room temperature, and the serum was aliquoted and stored at −70°C. The level of IL-6 was measured using a commercial ELISA kit (mibio, ml058097) according to the manufacturer’s protocol.

**DATA AVAILABILITY**
The datasets used and/or analyzed during the current study are available from the corresponding authors on reasonable request.
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AUTHOR CONTRIBUTIONS

All authors have read and approved the article. Z.Y. conceived this study. B.G., L.H., Y.H., F.Z., and Z.Y. designed the experiments. B.G., L.H., Y.H., Y.Y., Y.S., J.X., H.L., L.Z., H.L., Y.Z., Z.J., F.H., Y.Z., L.J., X.Y., and L.T. performed the experiment. W.X., X.S., P.S., Y.L. and Y.K. collected patients information and samples. G.B. and Y.H. prepared the manuscript. Z.Y. revised the manuscript.

ADDITIONAL INFORMATION

Supplementary information The online version contains supplementary material available at https://doi.org/10.1038/s41392-022-00923-1.

Competing interests: The authors declare no competing interests.

ETHICS STATEMENT This study was performed following the principles of the Helsinki Declaration of the World Medical Association. The protocol was approved by the Institutional Ethics Committee of Sichuan Provincial People’s Hospital and Zhongnan Hospital of Wuhan University.

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