Studies on the Influence of Formulation and Processing Factors on the Drug Release from Multiparticulate Systems

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Abstract

Background: Multiparticulate delivery systems are being increasingly recognized as more beneficial over single unit products because of more uniform distribution in gastrointestinal tract, less chance of dose dumping, better control on drug release, and more bioavailability with negligible variation among different individuals. Pellets are one commonly employed multi-particulate dosage form. New polymers need to be explored for their utility in palletization process. Objective: The goal of the investigation is to assess the feasibility of employing inclusion complex of poorly soluble drug furosemide in the design of slow-release pellets and investigate the usefulness of almond gum as a pelletizing agent. Materials and Methods: Inclusion complex of furosemide in sulfobutyl ether7-beta-cyclodextrin is prepared to enhance its dissolution. Pellets of inclusion complex are prepared by extrusion and spheronization employing almond gum as the spherizing agent. The influence of almond gum proportion and speed of spheronization on the characteristics of pellets and drug release is investigated. Results: Inclusion complexation converted crystalline furosemide into an amorphous form, enhancing its dissolution. With changes in the percentage of almond gum and speed of spheronization, the size of the pellets could be varied which ranged from 640 to 1305 µm. Conclusion: Employing the inclusion complex of poorly soluble drugs for preparing SR pellets is a novel approach which ensures prompt, but slow-release spread over 12 h in the gastric fluids.

Key words: Dissolution, drug release, inclusion complex, pellets, spheronization

INTRODUCTION

New technologies and processes are being developed for existing and new drug molecules to prepare sustained-release (SR) and controlled release (CR) dosage forms. SR or CR dosage forms offer advantages over the conventional immediate-release dosage forms. Most approaches in the design of SR dosage forms aim to prepare single unit forms such as matrix tablets. However, the multi-unit forms such as microcapsules, microspheres or pellets offer significant advantages such as better control over drug release, less chances of dose dumping, and a more uniform distribution in the entire gastrointestinal tract after oral administration leading to uniform and rapid onset of absorption process. Among the multi-unit forms, pellets are one of the most popular multi-particulate dosage forms. Palletization is process that transforms fine powders of active drug substances or additives into well-rounded units called pellets that have good flow characteristics. The size of pellets varies from 0.5 mm to 1.5 mm.

Out of the various methods employed to prepare pellets, extrusion and spheronization is a widely employed technique to manufacture pellets. Sandipkumar et al. developed CR domperidone pellets. They employed microcrystalline cellulose (MCC) as the core seed to prepare the modified release pellets. Lipophilic calcium stearate pellets of ibuprofen for CR were developed by Roblegg et al.
In most extrusion and spheronization methods, MCC is widely used as the spheronizing agent. Despite its good attributes to aid in the process of spheronization, other agents are being increasingly investigated for their utility. This is because of reported chemical and physical incompatibilities of drugs with MCC. Several workers reported on the preparation of pellets employing other spheronizing agents such as xanthan gum, chitosan, and polyvinyl alcohol. In this investigation, we explored the usefulness of almond gum in the development of pellets by extrusion and spheronization. Almond gum is exudate obtained from the plant Amygdalus communis. There are some reports on the binding and release retarding properties of almond gum, and it is reported to be useful in the preparation of hydrogel silver nanoparticles.

Pellets prepared by extrusion/spheronization employing almond gum were investigated for SR of furosemide used as a model drug. Furosemide, a poorly soluble drug as per the biopharmaceutical classification system (BCS), is a diuretic agent that is used in the treatment of hypertension and edema associated with heart failure. For the successful development of an SR dosage form, it is essential that the technology developed is suitable for the drug involved. Because the development of SR dosage forms for poorly soluble BCS Class IV drugs is very challenging. BCS Class IV drugs have poor solubility and permeation characteristics.

Developing SR dosage forms for poorly soluble drugs is challenging because drug release promptly from the product depends on the drug dissolution. In this regard, it is anticipated that difficulties may be encountered to design slow-release products for the relative water-insoluble drugs such as furosemide. Since furosemide exhibits low solubility in gastric fluids, to initiate a prompt release from the pellets, a novel approach of incorporating the inclusion complex of furosemide in sulfobutyl ether7-β-cyclodextrin (SBE7-β-CD) in almond gum pellets was explored. SBE7-β-CD is a modified β-cyclodextrin that has better drug entrapment ability, better physical and chemical properties than the parent cyclodextrin. It is reported to be having high solubility (excess 70 g/100 ml) and minimal toxicity. SBE7-β-CD, which is being explored in the development of injectable products and found to be useful to stabilize drugs, is reported to be safe after intensive chronic safety evaluation.

**MATERIALS AND METHODS**

Furosemide (gift sample from Julphar Gulf Pharmaceutical Industries UAE), SBE7-β-CD (SBE7-β-CD-Cydex Corp, USA); Almond Gum (Grade I) is procured from Hare Krishna Herbals, Kakinada, India. All other excipients, chemicals, and solvents are of analytical grade and were purchased commercially.

Inclusion complexation of furosemide in SBE7-β-CD

**Phase solubility study**

Phase solubility studies were done to know the molar ratio of complex formation between furosemide and SBE7-β-CD as per the Higuchi and Connors method. Excess amounts of furosemide were added to 15 ml of distilled water containing increasing concentrations of SBE7-β-CD in 25 ml stopped glass bottles. The resulting dispersions were shaken at 37 ± 0.5°C for 3 days in a temperature-controlled shaking water bath (SeichemTech SK 330 Pro). At the end of 3 days, sample dispersion was removed and after filtration through a 0.45 μm membrane, estimated spectrophotometrically at 271 nm (Shimadzu Model UV 1600) for the amount of furosemide soluble.

Phase solubility studies were performed in triplicate. Solubility diagrams were drawn between the molar concentration of furosemide soluble and the molar concentration of SBE7-β-CD. From the resulting plot, the stability constant for the formation of complex between furosemide and SBE7-β-CD was determined by employing the formula:

\[ K_s = \frac{\text{Slope}}{S_0(1-\text{Slope})} \]

The slope is calculated from the plot [Figure 1] and \( S_0 \) is the equilibrium solubility of furosemide.

**Preparation of inclusion complex**

The inclusion complexes of furosemide with SBE7-β-CD were prepared by kneading (KN) and freeze-drying (FD) procedures in a 1:1 M ratio.

**KN method**

The required quantities of furosemide and SBE7-β-CD were accurately weighed, added to a mortar, and kneaded for 45 min. While carrying out the KN, little quantity of methanol:water (20:80 v/v) solution was added to the kneaded mass to ensure sufficient consistency. The mass obtained was

![Figure 1: Phase solubility diagrams of furosemide with sulfobutyl ether7-β-cyclodextrin](image_url)
dried at 40°C for 48 h, powdered, and then passed through a 100-mesh sieve and stored until further use.

**FD method**

Appropriate amounts of furosemide and SBE-β-CD were dissolved in methanol (8 ml) and water (32 ml), respectively. The aqueous and methanolic solutions were then mixed for 24 h at 25°C using a magnetic stirrer. The blended solution was subjected to freezing at −70°C and latter FD for 48 h at −50°C using a FD (SP Scientific, Model PRO 3XL). The FD powder was sifted through a 100-mesh sieve and stored until further use.

**Evaluation of inclusion complexes**

**Dissolution**

The dissolution pure drug furosemide of the complexes was studied using United States Pharmacopoeia (USP) Type II dissolution rate test apparatus (Lab India Model DISSO). Furosemide or its complexes equivalent to 10 mg of furosemide were added to 900 ml of dissolution medium (0.1 N hydrochloric acid). The paddle was operated at 50 rpm and temperature was maintained at 37 ± 1°C. Samples of dissolution medium were removed at various time points, and after filtration, they were assayed for furosemide dissolved by measuring the absorbance at 271 nm employing Shimadzu Model UV 1800 spectrophotometer. The findings of dissolution studies are shown in Figure 2.

**X-ray diffraction**

The powder X-ray diffraction studies of furosemide and complexes were studied employing X-ray powder diffractometer, PANalytical, Model No. × Pert pro employing Cu Kα radiation. The diffractograms were obtained between 2° and 40° at 2°/min in terms of 2θ angle. A generator current of 30 mA at a generator tension (voltage) 40 kV was used. The diffractograms of furosemide and complexes are shown in Figure 3.

**Differential scanning calorimetry (DSC)**

DSC studies were performed to know the physical nature of drugs in the prepared complex and to find out any interaction between furosemide and Captisol. The calorimeter (Shimadzu DSC 60+) was run at a scanning speed of 10°C/min. The temperature range of heating was 25–350°C. After sealing the samples in aluminum pans, heating was carried out in an inert atmosphere which is maintained by circulating nitrogen gas. The results of the DSC studies are shown in Figure 4.

**Fourier-transform infrared (FTIR) spectroscopy**

The infrared spectroscopic analysis of furosemide and the complexes was performed by attenuated total reflectance sampling interface technique using Agilent Model Cary 630. Different spectra obtained are shown in Figure 5.
of pellets were sieved employing a set of standard sieves. The sieve set was then mechanically shaken for 10 min. The net weight of pellets that is retained on each sieve was determined and these values were used for calculation of the average particle size.

**Friability, Carr’s index, and angle of repose**

**Friability**

The friability of the pellets was determined with a Roche friabilator operated for 10 min at 25 rpm. For each study, 25 g of pellets were mixed with 20 glass beads.

After passing the load through a sieve of mesh size 20, the weight of pellets left on the sieve was determined and the friability was calculated.

**Carr’s index**

Hundred grams of pellets were added to a graduated cylinder and density apparatus (VTAP MATIC II). The bulk and tapped densities were determined. From the obtained values, the Carr’s index and Hausner ratio were calculated.

### Table 1: Details of different pellet formulations prepared

| Formulation | Percentage of almond gum (%) | Speed of spheronization (rpm) | Size (µ)     |
|-------------|------------------------------|-------------------------------|--------------|
| F1          | 4                            | 750                           | 640±2.44     |
| F2          | 8                            | 750                           | 812±3.12     |
| F3          | 16                           | 750                           | 1007±2.89    |
| F4          | 4                            | 1200                          | 872±3.67     |
| F5          | 8                            | 1200                          | 1122±2.97    |
| F6          | 16                           | 1200                          | 1305±3.08    |
Angle of repose
The angle of repose was measured according to the fixed funnel method.

Surface characterization of pellets
The morphological observation was done by optical microscopic image analysis and scanning electron microscopy (SEM).

Optical microscopy
The pellets were observed employing an Olympus microscope (Model BX 53) attached with DP 74 digital camera. The images were processed using cell sense software, as shown in Figure 6.

SEM
The surface appearance and external features of the pellets were studied by employing SEM (Hitachi, Model SU 1510). After mounting the pellets onto a sample holder, they are observed under low pressure at an acceleration voltage of 15 kV. The SEM pictures of the pellets are shown in Figure 7.

Drug release study
Release of furosemide from different pellets was studied by employing USP dissolution rate test apparatus Type I. 0.1 N hydrochloric acid for first 2 h and phosphate buffer of pH 7.4 for the remaining 10 h were used as medium for release study. Pellets containing 40 mg of furosemide are added to the drug release medium. The various removed samples of medium at different time points were assayed for furosemide released by determining the absorbance at 271 nm. The results are given in Table 2 and Figure 8.

RESULTS AND DISCUSSION

Phase solubility study
The phase solubility diagram of furosemide as a function of the concentration of SBE$_7$-β-CD is shown in Figure 1. The amount of furosemide soluble increased linearly with the amount of SBE$_7$-β-CD. The slope of the line was <1 which indicated that the complex formed is in 1:1 molar ratio. The stability constant of the complex calculated was 1057 M$^{-1}$ which suggests that the complex will have good stability and dissolution required for high bioavailability. Complexes

| Formulation | Correlation coefficient ($r^2$) | $K_1$ | $K_H$ | Korsmeyer–Peppas “n” value |
|-------------|-------------------------------|--------|--------|----------------------------|
| First-order | Higuchi                       | Korsmeyer |
| F1          | 0.9717                        | 0.9856  | 0.9335 | 0.4085                     | 20.58 | 0.512 |
| F2          | 0.9747                        | 0.9842  | 0.9786 | 0.2881                     | 18.93 | 0.579 |
| F3          | 0.9629                        | 0.9651  | 0.9917 | 0.1929                     | 14.53 | 0.677 |
| F4          | 0.9687                        | 0.9881  | 0.9514 | 0.3208                     | 18.89 | 0.538 |
| F5          | 0.9824                        | 0.9578  | 0.9871 | 0.2101                     | 15.38 | 0.762 |
| F6          | 0.9845                        | 0.9708  | 0.9973 | 0.1683                     | 14.21 | 0.806 |
with very low or high stability constants are not useful for increasing absorption because they are too weak and very strong, respectively.

Characterization of furosemide and SBE_7-β-CD inclusion complexes

Dissolution studies

The results of the dissolution studies of pure drug furosemide and the inclusion complexes are shown in Figure 2. It is observed that the complexes exhibited a rapid dissolution compared to the pure drug furosemide. In between the kneaded and FD complexes, the FD complex showed higher dissolution rate. At the end of 30 min, the pure drug showed <5% dissolution, the kneaded and FD complexes exhibited 39% and 62% dissolution, respectively. To assess the increase in dissolution, Khan has suggested the term dissolution efficiency (DE).

The endotherms of furosemide and the inclusion complexes are shown in Figure 4. The endotherm of furosemide showed two characteristic peaks. Initially, an exothermic peak at 217°C which is followed by an endothermic peak at 271°C. At 217°C probably furosemide underwent an exothermic process to set into a more stable equilibrium crystalline state which melted at 271°C. This polymorphic transition occurring in furosemide is reported by Patrycja and Marek.

In case of the inclusion complexes, the two peaks disappeared indicating that furosemide is no more in crystalline state but existed in amorphous solid solution state in the complex. This transformation into amorphous form and entrapment of the drug in the SBE_7-β-CD cavity of the complex explains why in the case of complexes the dissolution of furosemide is higher than that of the pure drug. In case of inclusion complex made by KN method broad endothermic peak can be seen at 105°C, which is probably because of the loss of residual moisture from the kneaded complex during the heating process.

FTIR spectroscopy

FTIR spectroscopy was carried out to detect any chemical interaction between furosemide and SBE_7-β-CD. Figure 5 illustrates the FTIR spectra of furosemide, SBE_7-β-CD, and inclusion complexes. Characteristic bands for furosemide are observed at 3395 cm⁻¹ (N-H stretching vibration of Ar-NHCH_2 secondary amine), 3278 cm⁻¹ (N-H stretching), 1666 cm⁻¹ (C = O carboxylic acid stretching vibration of Ar-COOH), 1557 cm⁻¹ (-NH_2 bending vibration), and 1136 cm⁻¹ (symmetric SO_2).

All these characteristic bands are found to be retained in the two complexes. Thus, the IR spectra suggested that no chemical changes have taken place in furosemide during complexation.

Preparation and characterization of pellets

Pellets containing the inclusion complex were developed. In the present investigation, pellets were prepared by extrusion
and spheroidization without the conventional and widely used spheroidizing agent MCC. Almond gum is investigated as the spheroidizing agent and also its usefulness to act as release retardant is studied. The influence of changing almond gum proportion and speed of spheroidization on the properties of pellets formed and drug release is investigated.

The pellets are found to be spherical and free-flowing and exhibited satisfactory flow characteristics. The size of pellets ranged from 640 to 1305 µ. The details of different pellet formulations prepared are shown in Table 1 and their characteristics in Table 3. With changes in the percentage of almond gum and speed of spheroidization, the size of the pellets could be varied. An increase in pellet size was observed with increase in the percentage of almond gum employed in the dry powder blend that was spheronized. For proper spheroidization, the extruded mass must be sufficiently plastic and cohesive to result in uniform sized pellets. At the higher percentage of almond gum in the formulation, the extruded mass probably has more plasticity forming extruded strands of higher mechanical strength which after spheroidization formed larger sized pellets with narrow size distribution. Furthermore, it is observed that a percentage of almond gum is increased, the pellets are found to be more spherical. As the spheroidization speed is raised, the size of the pellets is found to be increased. This is in agreement with other reported works. At lower speed of rotation of spherizer sufficient frictional and rotational forces are not developed to convert the extrudates into well rounded off pellets. Hence, at lower speed probably, the pellets were being broken down before they were completely pelletized. The force and energy experienced by the pellets are determined probably by the speed employed in spheroidization. This can influence the shape and size of pellets, as reported by Sin et al.[29]

Whereas less almond gum made the extruded massless cohesive and more susceptible to be blown up into smaller pellets. In the case of formulation F1, where the percentage of almond gum is 4% and prepared at a spheroidization speed of 750 rpm, the pellet size was 640 µ but in formulation F3 where the percentage was 16% operated at same speed the pellet size increased to 1007 µ. Whereas in case of formulation F4 in which case also the formulation contained same 4% almond gum but prepared at higher speed of spheroidization, it resulted in pellet size of 872 µ. Hence, the percentage of almond gum and speed of spheroidization influenced the size of pellets.

The surface features of pellets were investigated by optical microscopy and SEM. The pellets were found to have smooth surface and well-rounded appearance [Figures 6 and 7]. However, it can be clearly noticed that pellets obtained at lower speed had irregular surface and are smaller in size. At higher spheroidization rates, led to the formation of more regularly shaped larger sized pellets. The SEM photographs are shown in Figure 7. It can be seen that the pellets (F1) prepared employing lower percentage of almond gum and prepared at smaller speed of spheroidization exhibited more irregularity and had surface features with cracks whereas pellets, F3 and F6, which are prepared with higher almond gum percentage and at higher speed of spheroidization showed a smooth and regular surface features.

**Drug release**

The drug release is found to be sustained and spread over a period of 12 h. The pellets with the inclusion complex of furosemide resulted in prompt release in the simulated gastric fluids which was not observed from pellets of pure drug furosemide (<10% in first 2 h). In case of formulations F1 and F2, the drug release is found to be more than the pure drug pellets but slow and sustained; however, in both the cases, the drug release is found to be complete by 7th h itself. This could be because of relatively smaller size of the pellets of F1 and F2 compared to F3. Hence, the higher surface area available from these pellets enabled drug to be released faster. Whereas in the case of formulation F3 with highest proportion of almond gum 16% and whose particle size is also high, the release is found to be much slower spread over complete 12 h. Thus, it can be seen that the drug could be varied with size of pellets and percentage of almond gum employed. A similar observation was made with respect to formulations F4, F5, and F6, which was prepared at higher spheroidization speed and as such resulted in larger size pellets. In case of F6, it exhibited slowest release of all formulations (around 80%) at the end of 12 h.

To know the drug release mechanism – the data are analyzed as per first-order, Higuchi,[30] and Korsmeyer et al.[31] models. The model that best fits the release data was evaluated by correlation coefficient ($r^2$). The $r^2$ values in various models are given in Table 2.

### Table 3: Characteristics of different pellet formulations

| Formulation (µ) | Average size ratio | Hausner | Carr index repose | Angle of (%) | Friability |
|-----------------|--------------------|---------|-------------------|--------------|------------|
| F1              | 640±2.44           | 1.15±0.05 | 14.41±1.15       | 25.21±0.87   | 0.84±0.09  |
| F2              | 812±3.12           | 1.23±0.11 | 13.27±0.92       | 27.18±1.05   | 0.71±0.11  |
| F3              | 1007±2.89          | 1.19±0.21 | 16.34±1.23       | 23.29±0.93   | 0.57±0.05  |
| F4              | 872±3.67           | 1.22±0.17 | 15.89±1.31       | 22.65±1.17   | 0.77±0.12  |
| F5              | 1122±2.97          | 1.09±0.56 | 14.32±0.87       | 26.67±0.47   | 0.62±0.08  |
| F6              | 1305±3.08          | 1.15±0.21 | 15.51±0.95       | 23.85±1.29   | 0.52±0.06  |
When the amount released was plotted against the square root of time, it gave straight lines with high $r^2$ values indicating that the drug release is by diffusion. The release followed first-order kinetics because the correlation coefficient values are higher than for the zero-order. The $n$ values of Peppas plot ranged between 0.512 and 0.806 suggesting the release is non-Fickian anomalous diffusion. Accordingly, the drug release from these pellets involves penetration by dissolution fluid, dissolution of the drug in dissolution fluid, and diffusion of the dissolved drug.

**Statistical analysis of drug release profiles**

A statistical analysis is performed to compare the drug release profiles of various pellet formulations. Analysis of variance (ANOVA) was performed using two factors completely randomized design by employing MSTATC statistical analysis software. The results of ANOVA analysis for products are shown in Table 4.

According to the results of ANOVA, the percent released was found to be significantly different at each time level ($P<0.001$) and among the drug products ($P<0.001$), implying time with drug product interaction was highly significant (at $P<0.001$), i.e., that the release profiles were not parallel. This interaction indicated that the mean difference of percent released among different drug products was not constant at any two points of time considered. The calculated $F$ value of treatment groups is greater than tabulated $F$ value (at 0.01 level of probability). The results of ANOVA also showed that the drug products were significantly different in terms of percent released at each time point.

**CONCLUSION**

The present study was taken up to determine the influence of formulation and processing factors on the drug release of furosemide pellets prepared by extrusion and spheronization. Drug release from pellets containing only the poorly soluble furosemide resulted in a poor release. Inclusion complexation of furosemide with sulfobutyl ether-7-beta-cyclodextrin resulted in increased dissolution. FD method gave a complex with higher dissolution than the KN method. The pellets of furosemide complex could be prepared employing almond gum without the need for the conventional spheronizing agent MCC. With changes in the percentage of almond gum and speed of spheronization, the size of the pellets could be varied. As percentage of almond gum and speed of spheronization increased, the pellet size increased. With changes in almond gum percentage and size of pellets, extent of drug release also changed ($F_1 > F_4 > F_2 > F_5 > F_3 > F_6$). Employing the inclusion complex of poorly soluble drugs for preparing SR pellets is a novel approach which ensures prompt but slow release in the gastric fluids.

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