The smallest unit: effector and memory CD8\(^+\) T cell differentiation on the single cell level

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INTRODUCTION

In tissues with high cellular turnover, as for example in the epithelial layers of gut or skin, cells conveying the tissues major functional properties are constantly produced, mature and die (Creamer et al., 1961; Sun and Green, 1976; Celli et al., 2005). A general biological strategy for maintaining tissues subjected to such constant attrition is that of resupplying rapidly cycling short-lived cells from a source of long-lived, locally residing tissue stem cells (Simons and Clevers, 2011). Aside from their longevity, stem cells are characterized by the capacity to self-renew and in parallel generate a diverse offspring of short-lived cells for restocking the tissue’s functional layers. Relatively short life spans of differentiated cells can also be observed for many branches of the hematopoietic system. Here, renewal processes can generally be tracked back to pluripotent bone marrow stem cells (Spangrude et al., 1988).

Naïve T cells (T\(_n\)) also originate ultimately from hematopoietic stem cells. They are however, over time disconnected from their hematopoietic ancestors by thymic involution, which after puberty hinders further maturation of marrow-borne T cell precursors in the thymus (Steinmann, 1986; Hale et al., 2006). Further on, T cell receptor (TCR) recombination outfits developing T cells with unique epitope-specific receptors. This process of “individualization,” followed by some rounds of division, leaves a diverse TCR repertoire (Arstila et al., 1999; Casrouge et al., 2000). This repertoire is maintained, largely independent of hematopoietic precursors, by slow homeostatic turnover of naïve T cells (Jameson, 2002). While this steady state mode of homeostatic tissue maintenance lacks stem cell-like aspects of cell fate diversification, matters appear very different when naïve T cells are strained by infection or vaccination. Under these conditions, clonal T cell populations that recognize their cognate antigen expand vigorously and differentiate into various phenotypically and functionally distinct subsets (Williams and Bevan, 2007). This process can be described by analogy as the rapid outgrowth of an epitope-specific (mono- or oligoclonal) “tissue,” whose short-lived layers are quickly lost after resolution of infection, while its long-lived ones serve as a source for quicker and stronger responses to re-infection.

In this review we compile our current knowledge concerning the development and relation of acute and memory CD8\(^+\) T cell responses. A special focus is laid on the role of single cell fate mapping for adequately understanding these processes. In the first part we give a short overview on the diverse subsets present in the antigen-experienced T cell compartment and discuss how short-lived effector and long-lived memory T cells could arise from a limited number of epitope-specific naïve precursors. We continue by highlighting the importance of continuous observation and single cell resolution for an unambiguous evaluation of developmental pathways. In the last part we summarize current findings on stem cell-like signaling properties of distinct memory T cells and discuss further experimental routes for the evaluation of stemness in CD8\(^+\) memory T cells.
MEMORY AND EFFECOR SUBSETS

Upon contact with their cognate antigen, naïve epitope-specific CD8+ T cells proliferate vigorously and differentiate to acquire phenotypic and functional properties that are key to resolving acute infection on the one hand and generating long lasting memory on the other hand. Initially it proved difficult to resolve whether these diverse properties are shared by all T cells responding to antigen challenge or are differentially assigned to distinct subsets (Dutton et al., 1998)—possibly even reserved to certain TCR specificities. The development of major histocompatibility complex (MHC) multimer technology (Altman et al., 1996) allowed for the first time to directly visualize endogenous antigen-specific CD8+ T cell responses irrespective of their functional status and revealed that T cell populations harboring TCRs specific to different epitopes of the same pathogen appear to expand, contract and enter the memory phase with similar kinetics (Busch et al., 1998). Recent data show that even very low affinity TCR peptide-MHC complex interactions suffice to generate memory CD8+ T cells, albeit after a weaker initial expansion (Zehn et al., 2009). Thus, largely independent of TCR specificity or affinity CD8+ T cell responses show a conserved pattern of expansion, contraction and memory maintenance.

It further became clear that already during the expansion phase endogenous (polyclonal) and adoptively transferred (monoclonal) TCR-transgenic T cell populations undergo a process of phenotypic und functional diversification that is indicative of their capability to transit into memory (Williams and Bevan, 2007). In general, memory T cells are characterized by their capacity to receive signals for homeostatic maintenance from the common gamma chain cytokines interleukin 7 (IL7) and IL15 (Schlens and Lefrançois, 2003). Like naïve T cells they express the IL7 receptor alpha chain (CD127) (Huster et al., 2004). They however are less dependent on homeostatic signals received from self-MHC molecules than are naïve CD8+ T cells (Murali-Krishna et al., 1999) but more sensitive to IL15 through their expression of IL15 receptor alpha chain (CD122) (Schlens et al., 2002). While globally receptive to homeostatic cytokines IL7 and IL15, memory T cells can be further subdivided according to their capacity to migrate to secondary lymphoid organs and mount proliferative responses to re-infection (Sallusto et al., 1999). So-called “central memory T cells” (Tcm) express lymph node homing molecules L-Selectin (CD62L) and chemokine receptor CCR7 and mount strong proliferation in response to re-infection. “Effector memory T cells” (Tem) migrate to epithelial barriers and are capable of rapid effector function but only weak proliferation in response to antigen challenge (Masopust et al., 2001). By the time of peak primary expansion (usually around day 7 upon antigen challenge), the subdivision into CD62L+CD127+ Tem precursors, CD62L−CD127+ Tem precursors and CD62L−CD127− effector T cells (Tde) that die during the contraction phase, is already apparent (Kaech et al., 2003; Huster et al., 2004). Even earlier, still during the expansion phase, the surface molecule killer cell lectin-like receptor G1 can be used to distinguish short- and long-lived T cells (Joshi et al., 2007). An important functional characteristic of memory precursor T cells is their capacity to produce interleukin 2 (IL2) (Sarkar et al., 2008). Initially IL2 signals during priming were described as prerequisite for successful CD8+ T cell recall expansion during memory (Williams et al., 2006). It was unclear however, whether the necessary IL2 was provided autocrine by CD8+ T cells themselves or in a paracrine manner by CD4+ helper T cells. Recently, it could be clarified that autocrine IL2 production during priming is a prerequisite for strong recall expansion of CD8+ T cells (Feau et al., 2011). This finding is well in line with the observation that IL2 production during the primary response serves as an indicator of vaccination success or protectivity in CD4+ (Darrah et al., 2007) and CD8+ T cell responses (Harari et al., 2004; Betts et al., 2006). In this context it is important to emphasize that IL2 producing CD8+ T cells are also capable of producing high amounts of effector cytokines like interferon γ (IFNγ) and tumor necrosis factor α (TNFα), creating a “per cell” pattern of cytokine production generally referred to as “multi-functionality” (Seder et al., 2008). While some aspects of the surface phenotype and cytokine receptivity of memory precursor T cells are clearly reminiscent of naïve T cells, transcriptional profiling (Holmes et al., 2005; Sarkar et al., 2008) and functional studies underline their developmental proximity to Tde. A possible aspect resolving this ambivalence was provided by research showing that master transcription factors T box transcription factor expressed in T cells (Tbet) (Szabo et al., 2000) and Eomesodermin (Eomes) (Pearce et al., 2003), which are essential for the induction of the effector cytokine IFNγ also induce expression of CD122, thus conveying IL15-receptivity to cells that have acquired effector properties (Intlekofer et al., 2005). Further research showed that while both transcription factors act redundantly in inducing effector function they appear to show reciprocal effects on the long-term maintenance of memory T cells. While increased expression of Tbet preferentially induces differentiation into short-lived effector T cells (Joshi et al., 2007), the presence of Eomes appears to support homeostatic memory maintenance (Banerjee et al., 2010; Zhou et al., 2010). Interestingly, during chronic infection with Lymphocytic choriomeningitis virus (LCMV), so called exhausted T cells, lacking the capacity for prolonged proliferation in response to antigen, show increased Eomes, and lower Tbet expression than their proliferation competent predecessors (Paley et al., 2012). This might hint to the fact that successful memory generation and maintenance are not exclusively dependent on one of these transcription factors, but rather on a specific balance of the two. Taken together, the data mentioned in this section point toward T cells having to acquire at least some effector characteristics during their ontogeny to achieve “T cell fitness” (Gett et al., 2003)—that is fitness to receive homeostatic maintenance signals and survive the contraction phase (see Figure 1). However, effector differentiation and strong proliferation can also be detrimental for transition to memory (Joshi and Kaech, 2008). Further on, the role of certain transcription factors for memory maintenance appears to differ greatly depending on the specific immunological context of chronic vs. cleared infection (Doering et al., 2012). Overall, the ambivalent positioning of memory CD8+ T cells in between effector and naïve states (Holmes et al., 2005) continues to yield controversy concerning their developmental path. This controversy focuses on two—currently unsolved—key conceptual questions: When during clonal expansion do long-lived memory and short-lived...
**Figure 1** Memory CD8+ T cells share traits of both the naïve and effector compartment. Like Tn, Tcm express lymph node homing molecule L-Selectin (CD62L) and IL7 receptor α chain (CD127) conveying recirculation capacity to secondary lymphoid organs and receptivity to homeostatic cytokine IL7. Like Tef, Tcm express IL15 receptor β-chain (CD122), and effector cytokine IFNγ. Both molecules are induced by transcription factors Tbet and/or Eomes.

**Figure 2** Parallel proliferation hinders delineation of quantitative and qualitative changes in subset abundance. Left panel: In the absence of proliferation or cell death, a change in subset phenotype from A to B can be inferred from the observation. Right panel: In the presence of proliferation (and/or cell death) this inference is not valid.

**Figure 3** Single cell resolution required to identify subset segregation. Left panel: Global phenotypic composition changes (from 100% A to 50% A and 50% B) due to emergence of a subset expressing marker B instead of A. Right panel: Global phenotypic composition changes due to global change in expression of A and B.

**The Road to Memory**

In response to recognition of their cognate antigen, naïve CD8+ T cell populations expand and undergo phenotypic and functional diversification. Importantly, both processes occur in parallel, making it a difficult task to distinguish quantitative (cell proliferation or cell death) from qualitative changes (cell differentiation) as driving forces for distinct subset abundance. Thus, the dominance of phenotype A at an earlier time point of the immune response and that of phenotype B at a later one does not necessarily imply that cells of phenotype A have differentiated to B (see Figure 2). In order to elucidate the developmental path of a CD8+ T cell, the ultimate goal would be to monitor all the interaction, division and differentiation events that a single naïve T cell and its ancestors have experienced. While current approaches are still far away from achieving this total documentation of T cell history, some crucial insights have been gained using a variety of innovative technologies (Schumacher et al., 2010). Foremost, in order to discriminate global changes in population phenotype from the phenotypic segregation of subsets, technologies providing single cell resolution are warranted (see Figure 3). Flow cytometry or fluorescence microscopy both fulfill the prerequisite of single cell resolution and can routinely be used to investigate the expression of 10–15 different molecules per cell (Perfetto et al., 2004). The number of different markers that can simultaneously be detected by staining with fluorochrome-labeled antibodies is however, intrinsically limited due to the spectral overlap of excitation and emission spectra. This restriction has recently been considerably alleviated by a novel approach combining metal-labeled probes and mass spectrometry analysis. Here, heavy metal isotopes are used to label monoclonal antibodies and labeled cells are analyzed (with single cell resolution) for expression of 36 (theoretically up to 100) molecules by a combination of flow cytometry and mass spectrometry (Bendall et al., 2011). This so-called cytometry by time-of-flight approach provides a wealth of data that emphasizes the heterogeneous phenotypic and functional composition of epitope-specific T cell populations. While confirming previously defined CD8+ T cell subsets (Tn, Tcm, Tem, and Tef) its major contribution to elucidating CD8+ T cell ontogeny is the definition of transitional states that lie in between major subsets and that connect Tn to Tcm, Tcm to Tem, and Tem to Tef (Newell et al., 2012). While
This observation is congruent with a progressive differentiation from naïve to memory to terminally differentiated T_{eff}, it has to be emphasized that these data were gathered in subjects facing chronic and not acute infection. Thus, drawing conclusions concerning the developmental path from naïve to memory CD8^+ T cells appears difficult. Further on, identifying transitional states as “missing links” situated on proposed developmental trajectories can only be a supplementary strategy to actually monitoring cells during this transition. Genetic approaches to “follow” CD8^+ T cells of a certain phenotype or developmental state throughout their further developmental history, were pioneered by Baltimore and colleagues (Jacob and Baltimore, 1999). Recently, an even more stringently designed transgenic mouse model, linking the transient expression of effector molecule granzyme B (GrzB) to the permanent expression of enhanced yellow fluorescent protein (EYFP), has been developed (Bannard et al., 2009). While GrzB expression was found to be absent from epitope-specific memory CD8^+ T cells at 7 weeks post infection with influenza virus, EYFP was readily detectable in a substantial fraction of the same cells. These memory T cells thus had passed through a state of effector functionality before reaching their GrzB^- memory state. According to these genetic single cell fate mapping data, memory T cells do not bypass effector differentiation completely. This is consistent with observations showing expression of GrzB by nearly all CD8^+ T cells 2.5 days after acute LCMV infection (Sarkar et al., 2008), and with observations mentioned above that show a coupling of IL15 receptivity and effector cytokine IFNγ inducing transcription factors Tbet and Eomes. However, acquisition of effector function cannot be equated with induction of excessive proliferation and loss of longevity. Therefore, a key issue waiting to be resolved is to what end the precursors of memory take part in the massive proliferative expansion characteristic of an acute immune response (see Figure 4).

**THE LONE TRAVELLER**

In order to adhere to the stem cell analogy introduced in the first paragraph of this review, naïve CD8^+ T cells are not only required to generate diverse functional subsets and self-renew, but these capabilities should in principal converge within an individual precursor cell capable of generating a complete “epitope specific tissue.” For the hematopoietic system this capacity for tissue regeneration was shown in a pioneering study, in which the transfer of a single hematopoietic stem cell sufficed to repopulate diverse hematopoietic lineages after myeloablative treatment (Osawa et al., 1996). In order to investigate the developmental path of an individual T cell and its progeny under physiological conditions in immunocompetent hosts, two general approaches can be envisioned (see Figure 5): First, continuous observation and second, individualization by heritable markers (Stemberger et al., 2009; Buchholz et al., 2012). The obvious choice for continuously observing interaction, differentiation and proliferation of single cells and their daughters is intravital microscopy. Two-photon live imaging increased our knowledge concerning the initial events of single T cell development considerably (Henrickson and von Andrian, 2007). However, not every organ can be visualized equally well. Therefore, most insights gained by in vivo

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**FIGURE 4 | Alternative proliferative histories of memory T cells.**

**Left panel:** Overall primary expansion, contraction and memory maintenance of an epitope-specific T cell population. **Upper right panel:** The precursors of short-lived and long-lived subsets both contribute equally to primary expansion (“shared proliferative history”). **Lower right panel:** The precursors of long-lived subsets do not substantially contribute to primary expansion (“distinct proliferative history”).
microscopy are currently based on studying immune reactions in lymph nodes draining the site of infection (Stoll et al., 2002). Here, quite representative tissue volumes can be analyzed. Three phases of T cell activation could be defined by this technique. “Phase 1” is characterized by transient contacts of antigen-specific T cells with their cognate peptide presented on MHC-complexes of dendritic cells (DCs). During this phase activation markers like CD44 and CD69 are already up-regulated by responding T cells. “Phase 2” is then marked by stable interactions in between T cells and DCs and coincides with the first production of cytokines. During “phase 3” transient contacts prevail again and T cells begin to divide (Mempel et al., 2004). It could be shown that increased peptide MHC complex density on DCs as well as increased numbers of peptide loaded DCs and higher peptide-TCR affinity shorten “phase 1” considerably and lead to a more rapid establishment of stable contacts (Henrickson et al., 2008). These data together with recent imaging studies implicate that after accumulating a certain amount of signal strength T cells are programmed for a defined developmental fate and then undergo proliferation (Beuneu et al., 2010; Moreau et al., 2012). This mode of signal integration (before proliferation) suggests a homogeneous response of the progeny of a single T cell. A study applying multiple waves of antigen-presenting DCs could however show that further signal integration during the process of clonal expansion is possible (Celli et al., 2005). Another stem cell related mechanism of T cell diversification was first described by Reiner and colleagues. Here, the first cell division of in vivo activated T cells was imaged (Chang et al., 2007). Strikingly, it became apparent that T cell contacts with antigen presenting cells can lead to an asymmetric distribution of key components of the immunological synapse. After division this uneven distribution is thought to yield two daughter T cells that carry unequal amounts of defined signaling molecules and are fated to generate either short-lived effector (proximal daughter) or long-lived memory T cell progeny (distal daughter). This process has recently also been suggested to occur in memory T cells re-exposed to their cognate antigen (Ciocca et al., 2012) and is thought to be based at least in part on the asymmetric degradation of transcription factors due to the uneven concentration of the protein degradation machinery in one of the daughter cells (Chang et al., 2011). Moreover, asymmetric division was suggested to occur especially in the case of high affinity peptide TCR interaction, while low affinity interactions were biased for symmetric generation of “distal” memory fated daughters (King et al., 2012). These data implicate that a single T cell should be able to generate both effector and memory progeny and that the relative distribution of offspring onto these subsets is determined by the modes of division. However, formal proof for the importance of this partitioning mechanism for subset diversification and stem cell-like capacity of naive and memory T cells is still lacking. It would require selective means of hindering asymmetric division while leaving other components of the immune response (e.g., peptide density, DC-T cell ratio, or peptide-TCR affinity) unchanged. A possible option to achieve this might be through interference with the orientation and positioning of the division plane as recently explored for the earliest divisions in embryonic development of Caenorhabditis elegans (Galli et al., 2011). Following the dynamic differentiation and proliferation process of single T cells via intravital microscopy is intrinsically limited by the volume of tissue monitored and the limited duration of observation. However, comprehensive single cell fate mapping beyond the earliest events of the immune response is possible by individualization. Two pioneering approaches have shed light on the diversification process of progeny originating from individual T cells during the expansion phase. The first approach truly visualizing the diversification potential that is inherent to a single naïve T cell used adoptive transfer of single naïve T cells outfitted with a heritable congenic marker to allow in vivo analysis of the
the Tcm compartment is equipped with truly stem cell-like characteristics. However, recent data suggest that only a small subset within the Tcm compartment is equipped with truly stem cell-like characteristics. The overexpression of multidrug efflux proteins of the ATP-binding cassette (ABC) superfamily in hematopoietic stem cells is—besides cell quiescence—one of the mechanisms mediating their resistance to cytotoxic drugs (Chaudhary and Roninson, 1991; Mizutani et al., 2008). An ABCB1-overexpressing CD161+ IL18Rα+ cKit+ putative memory T cell subset was described in humans. This subset selectively survived chemotherapy and showed enhanced proliferative activity in a lymphopenic environment (Turtle et al., 2009). However, broader phenotypic characterization identified predominantly Va7.2+ IL17-secreting mucosa-associated invariant T cells among the ABCB1 expressing T cells, arguing against the idea of CD161+ IL18Rα+ cKit+ T cells being a less differentiated, stem cell-like reservoir of adaptive memory T cells (Dusseaux et al., 2011; Turtle et al., 2011; Havenith et al., 2012). Nonetheless, IL17-secreting subsets of CD4+ and CD8+ T cells appear to share some signaling pathways with stem cells: Signal transducer and activator of transcription 3 (STAT3) together with SMAD (human homolog of MAD “moth- ers against decapentaplegic” and SMA “small body size” protein) signaling mediates the polarization of CD4+ and CD8+ T cells toward IL17-secreting subsets and is also known to be active in stem cells. Interestingly, activation of STAT3 via IL21 suppresses terminal differentiation and exhaustion of T cells, highlighting its importance for sustained immune competence in the face of chronic infections (Leonard and Spolski, 2005; Li et al., 2005; Zeng et al., 2005; Fröhlich et al., 2009; Yi et al., 2009).

Further parallels in between memory T cells and tissue-specific stem cells were identified by a deeper investigation into shared transcriptional programs (Luckey et al., 2006; Fleming et al., 2008; Staal et al., 2008). In this context it was found that several molecular pathways found in stem cells, like Wnt/β-catenin, SMAD, STAT3, and forkhead box O (FOXO) signaling, are also active in T cells. These pathways appear to guide the generation of memory T cells through conserving their longevity, quiescence and self-renewal capacity (Betz and Müller, 1998; Castellino and Germain, 2007; Hand et al., 2010; Rao et al., 2010, 2012; Cui et al., 2011; Ji et al., 2011; Siegel et al., 2011; Yang et al., 2011; Kim et al., 2012; Thaventhiran et al., 2012).

The transcription factors lymphoid enhancer-binding factor 1 (LEF-1) and T cell factor-1 (TCF-1) are downstream targets of the Wnt pathway and are essential for a normal thymic maturation of naïve T cells (Verbeek et al., 1995; Staal et al., 2008). The influence of active Wnt signaling on mature T cell differentiation came into focus as LEF-1 and TCF-1 are down-regulated upon T cell activation and are expressed in decreasing order in Tn → Tcm → Tm subsets (Willinger et al., 2006; Gattinoni et al., 2009). Taken together proliferative activity, long-term survival and recall potential are affected by downstream targets of the Wnt/β-catenin axis (Jeannet et al., 2010; Zhao et al., 2010; Zhou et al., 2010; Muralidharan et al., 2011; Xue and Zhao, 2012).

The enforced generation of less differentiated memory subset by the induction of Wnt signaling during priming and differentiation of naïve T cells (Zhang et al., 2005; Gattinoni et al., 2009) fueled further research into identifying such a stem cell-like undifferentiated subset under physiological conditions in vivo. Antigen-experienced cells with a surface phenotype characteristic for the naïve T cell compartment (CD45RA+ CD62L+ CCR7+ CD27+ CD28+ IL7Ra+) that in parallel express molecules associated with effector/memory T cell differentiation (IL2Rb, CXCR3, and CD95) were recently identified in human subjects (Gattinoni et al., 2011). Phenotypic and functional studies suggest enhanced self-renewal capacity and repopulation potential of these so called...
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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.