Genetic diversity of *Taenia saginata* (Cestoda: Cyclophyllidea) from Lao People’s Democratic Republic and northeastern Thailand based on mitochondrial DNA

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**Abstract**

**Background:** *Taenia saginata* is a tapeworm found in cattle worldwide. Analysis of genetic diversity in different geographical populations of *T. saginata* not only helps to understand the origin, transmission and spread of this organism, but also to evaluate the selection pressures acting on *T. saginata* and how it is responding to them. However, there are few reports of the genetic variability of *T. saginata* populations in different regions of the world, including Lao PDR and Thailand. We report the genetic diversity of *T. saginata* populations in Lao PDR and northeastern Thailand together with sequences of *T. saginata* from other countries deposited in GenBank.

**Results:** Mitochondrial *cox1* sequence analysis revealed that 15 and 8 haplotypes were identified in 30 and 21 *T. saginata* isolates from Lao PDR and northeastern Thailand, respectively. Fifty-three haplotypes were identified from 98 sequences. Phylogenetic tree and haplotype network analyses revealed that global isolates of *T. saginata* were genetically divided into five groups (A, B, C1, C2 and D). *Taenia saginata* isolates from Lao PDR and northeastern Thailand belonged to either Group A or B. *Taenia saginata* from western Thailand clustered in groups C1, C2 and D, and populations from the northeast and western Thailand were found to be genetically distinct. *Taenia saginata* isolates in Lao PDR and Thailand were also found to be genetically diverse but the degree of genetic differentiation was low.

**Conclusions:** *Taenia saginata* populations from Lao PDR and northeastern Thailand are genetically distinct from the population in western Thailand and it is proposed that *T. saginata* has been dispersed by different transmission routes in Southeast Asia.

**Keywords:** *Taenia saginata*, Beef tapeworm, Genetic diversity, Haplotypes, Distribution, Lao PDR, Thailand

**Background**

Taeniosis is a parasitic zoonosis caused by infection with *Taenia saginata*, *Taenia solium* or *Taenia asiatica* [1, 2]. *Taenia saginata*, known as the beef tapeworm, has a global distribution which includes Thailand [3, 4] and Lao PDR [5, 6]. The intermediate host of the parasite is cattle and larval cysticerci are found in the muscle tissue of the host. Humans can become infected by ingestion of a cysticercus in raw or undercooked beef which then develops into an adult tapeworm in the small intestine. The adult tapeworm sheds gravid proglottids filled with eggs, which pass into the environment in feces and are degraded to release the eggs. Once eggs are ingested by the intermediate cattle host, the larval oncospheres in the eggs hatch in the small intestine and migrate to skeletal muscle where they develop into cysticerci which are infectious to humans. Most patients infected with *T. saginata* have an active discharge of gravid proglottids and occasionally present with epigastric pain, nausea, weight loss and poor appetite [2]. Cattle infected with *T.
Opisthorchis viverrini quantel was increased because taeniosis patients are com-
saturated magnesium sulfate solution. The dose of prazi-
quarted was increased because taeniosis patients are com-
monly co-infected with liver fluke (Opisthorchis viverrini) in Lao PDR [17]. The proglottids obtained by deworming were washed with normal saline solution, fixed in 70% etha-
nol, and stored at -20 °C until use. Taeniid proglottids from Thailand were obtained from patients who lived in northeastern regions of Thailand and had been admitted to Srinagarind Hospital, Faculty of Medicine, Khon Kaen University, Khon Kaen, Thailand (2010–2015) and had been stored in 70% ethanol at -20 °C.

Molecular identification of taeniid parasites
Genomic DNA samples were extracted from individual taeniid proglottids using a DNeasy Blood & Tissue kits (Qiagen, Hilden, Germany) according to the manufacturer’s instructions. The complete cox1 gene (1,620 bp) was ampli-
fied by PCR using the primers Taenia trnW/F (5′-GTT ATG TTA GAC TAG ATG TCA-3′ for the Taenia transfer RNA-Try gene) and Taenia rrnl/R (5′-TCC ACT AAG CAT AAT GCA AAA GGC-3′ for Taenia ribosomal RNA large subunit gene) [18]. Takara Ex Taq (Hot Start version, Takara Bio, Shiga, Japan) was used as a DNA poly-
merase. PCR amplification consisted of an initial denaturation step of 98 °C for 30 s, followed by 35 cycles of 94 °C for 30 s, 58 °C for 30 s, 72 °C for 90 s, with a final cycle of 72 °C for 5 min. Amplicons were cleaned using ExoSAP-IT (Affimetrix/USB, Santa Clara, CA, USA) and used as tem-
plates for direct DNA sequencing. Samples for DNA se-
quencing were prepared using a BigDye Terminator Cycle Sequencing Ready Reaction kit (Life Technologies, Foster City, CA, USA) by primer walking and run on a 3730 × 1 DNA Analyzer (Life Technologies, Carlsbad, CA USA).

Population genetics analysis
The T. saginata cox1 sequences were aligned using Clus-
talW [19] and a phylogenetic tree was constructed using the maximum likelihood algorithm implemented in MEGA 6. Tamura-Nei (TN93 + G + I) was used as the best-fit substitution model [20] and support for group-
ings within the tree was evaluated by bootstrapping with 1,000 replicates [21]. A network analysis was performed using the median-joining method included in the Net-
work software version 5.0.0.0 (Fluxus Technology Ltd., www.fluxus-engineering.com).

The following measures for population genetics based on complete T. saginata cox1 sequences from this study and GenBank were calculated: genetic variability at poly-
morphic sites between populations (θ), haplotype num-
bers (h), haplotype diversity (Hd), nucleotide diversity (π), population mutation rates based on the number of segregation sites (θω) and mean number of pairwise dif-
ferences (θν) [22–25] were calculated using DnaSP ver-
sion 4.0 [26]. Statistical analysis to distinguish between DNA sequences evolving randomly (neutrality) and those evolving under a non-random process was done using Tajima’s D [27] and Fu’s Fs tests [28].

Results
All of the 51 taeniid isolates collected in Lao PDR and northeastern Thailand were identified as T. saginata based on the diagnostic nucleotide (= adenine) at position 723 of cox1 [29], although slight intra-population variation was observed. BLAST searches also revealed that the 51 sequences showed high homology (> 99%) to T. saginata sequences deposited in GenBank. The complete sequence analysis revealed that 15 and 8 hap-
lotypes were detected in 30 and 21 T. saginata isolates from Lao PDR and northeastern Thailand, respectively. Fifty-three haplotypes were identified in 98 sequences, which included 47 sequences from GenBank. The haplo-
types, haplotype frequencies, and accession numbers for the 98 T. saginata cox1 sequences are presented in Table 1.
Phylogenetic tree analysis using the 98 sequences indicated that global isolates of *T. saginata* could be genetically divided into five groups: A, B, D and two subgroups (C1 and C2) (see Additional file 1: Figure S1). Groups B and C1 diverged at the base of the phylogenetic tree. Although Group A branched off from Group B, the bootstrap values were not high. Group D diverged from subgroup C2. Groups A and B were composed of *T. saginata* populations from Lao PDR and northeastern Thailand. Subgroups C1 and C2 consisted of isolates from western Thailand and other geographical locations around the world. Group D was composed of a few *T. saginata* from western Thailand, which included Bangkok. It was unclear whether the patients had acquired the *T. saginata* infection in Bangkok or if they were just living in Bangkok. There was no common haplotype for *T. saginata* populations from western Thailand and other geographically different countries.

In addition to phylogenetic tree analysis, the median-joining network also revealed that *T. saginata* isolates from around the world could be divided into five groups. *Taenia saginata* from Lao PDR and northeastern Thailand were separated in two scattered groups, Groups A and B, which were linked to each other (Fig. 1). Group A was composed

### Table 1 *Taenia saginata* haplotypes and their frequencies in Lao PDR, Thailand and other countries

| Haplotype | Haplotype frequency | Sample (Country) code/GenBank accession number |
|-----------|---------------------|-----------------------------------------------|
| H1        | 1                   | T2 (THA)/KY290351                             |
| H2        | 1                   | T3 (THA)/KY290352                             |
| H3        | 8                   | T4, T6, T7, T8, T13, T16, T17, T19 (THA)/KY290353 |
| H4        | 1                   | T5 (THA)/KY290354                             |
| H5        | 1                   | T9 (THA)/KY290355                             |
| H6        | 4                   | T10, T20, T21, T22 (THA)/KY290356              |
| H7        | 3                   | T11, T14, T24 (THA)/KY290357                  |
| H8        | 2                   | T12, T23 (THA)/KY290358                       |
| H9        | 1                   | L1.1(LAO)/KY290359                            |
| H10       | 1                   | L1.2 (LAO)/KY290360                           |
| H11       | 13                  | L1.3*, L2.1*, L2.3*, L4, L8, L10, L17, L18, L19, L31, L65.1, L67, L71 (LAO)/KY290361 |
| H12       | 1                   | L2.2* (LAO)/KY290362                          |
| H13       | 1                   | L2.4* (LAO)/KY290363                          |
| H14       | 1                   | L3 (LAO)/KY290364                             |
| H15       | 1                   | L5 (LAO)/KY290365                             |
| H16       | 3                   | L6, L12, L73 (LAO)/KY290366                   |
| H17       | 1                   | L7 (LAO)/KY290367                             |
| H18       | 2                   | L9, L11 (LAO)/KY290368                        |
| H19       | 1                   | L13 (LAO)/KY290369                            |
| H20       | 1                   | L14 (LAO)/KY290370                            |
| H21       | 1                   | L15 (LAO)/KY290371                            |
| H22       | 1                   | L16 (LAO)/KY290372                            |
| H23       | 1                   | L65.2 (LAO)/KY290373                          |
| H24       | 7                   | AB107240 (IDN), AB465245 (ETH), AB465246 (KOR), AB465247 (THA), AB465248 (THA), AB644391 (JPN), AB820291 (DJI) |
| H25       | 1                   | AB984348 (CHN)                                |
| H26       | 1                   | AB282173 (ETH)                                |
| H27       | 1                   | AB465243 (ECU)                                |
| H28       | 1                   | AY684274 (Africa, not specified)               |
| H29       | 10                  | AB107244 (THA), AB275143 (KHM), AB107242 (BEL), AB107247 (CHN), AB465231 (THA), AB465233 (THA), AB465234 (THA), AB465241 (KHM), AB533168 (CHN), AB465232 (THA) |
| H30       | 1                   | AB107239 (CHN)                                |
| H31       | 1                   | AB984351 (CHN)                                |
| H32       | 1                   | AB645845 (THA)                                |
| H33       | 1                   | AB465242 (THA)                                |
| H34       | 1                   | AB465240 (IDN)                                |
| H35       | 1                   | AB271695 (MNG)                                |
| H36       | 1                   | AB107238 (ECU)                                |
| H37       | 2                   | AB107237 (BRA), AB465238 (BRA)                |
| H38       | 1                   | AB533169 (CHN)                                |
| H39       | 1                   | AB533172 (CHN)                                |
| H40       | 1                   | AB107243 (NPL)                                |
| H41       | 1                   | AB107241 (ETH)                                |
| H42       | 1                   | AY195858 (Africa, not specified)               |
| H43       | 1                   | AB533171 (CHN)                                |
| H44       | 1                   | AB465237 (ETH)                                |
| H45       | 1                   | AB066495 (CHN)                                |
| H46       | 1                   | AB984350 (CHN)                                |
| H47       | 1                   | AB984347 (CHN)                                |
| H48       | 1                   | AB465239 (THA)                                |
| H49       | 1                   | AB984346 (CHN)                                |
| H50       | 2                   | AB465235 (THA), AB465236 (THA)                |
| H51       | 1                   | AB533173 (THA)                                |
| H52       | 1                   | AB107246 (BRA)                                |
| H53       | 1                   | AB107245 (THA)                                |

*Three (L1.1-L1.3) and four (L2.1-L2.4) tapeworms were expelled from two patients in Lao PDR. Such a situation is not common, but it is possible to find taeniosis patients with two and more adult tapeworms in endemic areas in Lao PDR and Thailand [34].

**Note:** For GenBank sequences (H24-H53), the numbers in the “Haplotype frequency” column indicate the numbers analyzed, not haplotype frequency.

**Abbreviations:** BEL Belgium, BRA Brazil, CHN China, DJI Djibouti, ECU Ecuador, ETH Ethiopia, IDN Indonesia, JPN Japan, KHM Cambodia, KOR Korea, LAO Lao PDR, MNG Mongolia, NPL Nepal, THA Thailand.

Phylogenetic tree analysis using the 98 sequences indicated that global isolates of *T. saginata* could be genetically divided into five groups: A, B, D and two subgroups (C1 and C2) (see Additional file 1: Figure S1). Groups B and C1 diverged at the base of the phylogenetic tree. Although Group A branched off from Group B, the bootstrap values were not high. Group D diverged from subgroup C2. Groups A and B were composed of *T. saginata* populations from Lao PDR and northeastern Thailand. Subgroups C1 and C2 consisted of isolates from western Thailand and other geographical locations around the world. Group D was composed of a few *T. saginata* from western Thailand, which included Bangkok. It was unclear whether the patients had acquired the *T. saginata* infection in Bangkok or if they were just living in Bangkok. There was no common haplotype for *T. saginata* populations from western Thailand and other geographically different countries.

In addition to phylogenetic tree analysis, the median-joining network also revealed that *T. saginata* isolates from around the world could be divided into five groups. *Taenia saginata* from Lao PDR and northeastern Thailand were separated in two scattered groups, Groups A and B, which were linked to each other (Fig. 1). Group A was composed
of seven haplotypes (H9, H14, H16–H19 and H23) from Lao PDR and one haplotype (H7) from northeastern Thailand. Group B formed a firework-shaped structure around the predominant haplotypes (Lao H11 and Thai H3). Although one haplotype (H52) from Brazil was included in Group B, the phylogenetic relationship between T. saginata from these countries is unknown. Subgroup C1 was composed of a dominant haplotype (H24) from western Thailand, Japan, Korea, Indonesia, Djibouti and Ethiopia, as well as other haplotypes from China (H25, H30, H39 and H47), Mongolia (H35), Ecuador (H27), Ethiopia (H26, H41 and H44), and unspecified African countries (H28 and H42). Haplotype H29 was predominant in subgroup C2 and was composed of isolates from western Thailand, Cambodia, China and Belgium, and other haplotypes were from China (H31, H38, H43, H45, H46 and H49), western Thailand (H32 and H33), Indonesia (H34), Nepal (H40), Ecuador (H36) and Brazil (H37). Subgroups C1 and C2 were closely linked and formed firework-type structures around the two predominant haplotypes H24 and H29, respectively. Interestingly, Group D was composed of a few haplotypes (H48, H50, H51 and H53) from Kanchanburi Province, western Thailand and Bangkok, and T. saginata from northeastern and western Thailand were genetically distinct populations.

To estimate the genetic diversity in T. saginata populations from Lao PDR and northeastern Thailand, several population genetics indices based on the complete cox1 sequences are presented in Table 2. The number of T. saginata haplotypes identified from Lao PDR and northeastern Thailand was 15 and 8, respectively, and the number of segregation sites was 20 (1.23%) in Lao PDR and 10 (0.67%) in northeastern Thailand. The overall number of haplotypes was 53 out of 98 sequences and 57 sites (3.79%) were segregated. The haplotype diversity ($H_d$) was as high as 0.926 ± 0.038 and 0.819 ± 0.064 in T. saginata populations from Lao PDR and northeastern Thailand, respectively. The global $H_d$ (0.968 ± 0.020) was also high in T. saginata including the western Thai population (0.868 ± 0.076). In contrast, the nucleotide diversity ($\pi$) was as low as 0.00252 ± 0.0003 and 0.0015 ± 0.00034 in T. saginata from Lao PDR and northeastern Thailand, respectively. Overall the nucleotide diversity of haplotypes of T. saginata worldwide was as low as 0.00381 ± 0.00021, including the western Thai population (0.0236 ± 0.00041). $\theta_\pi$ was less than $\theta_\omega$ in T. saginata populations from Lao PDR and northeastern Thailand. Neutrality in T. saginata populations from Lao PDR and northeastern Thailand was not significant by Tajima’s D test (-0.66964, $P = 0.10$, and -0.66053, $P = 0.10$) and Fu’s Fs test (-1.670, $P = 0.094$). However, a pairwise Fu’s Fs test showed a significant value (-10.078, $P < 0.0001$) in the Lao population. In haplotypes overall, Tajima’s D value (-2.31270, $P = 0.01$) and a Fu’s Fs value (-21.042, $P < 0.0001$) were significant.
Table 2 Genetic diversity of *Taenia saginata* populations from Lao PDR, Thailand and other countries

| Populations                  | No. of samples | h     | S (%) | HDd | θω | θπ | Tajima’s D (P-value) | Fu’s Fs (P-value) |
|------------------------------|----------------|-------|-------|-----|----|----|---------------------|------------------|
| Lao PDR                      | 30             | 15    | 20 (1.23) | 0.926 ± 0.038 | 0.00252 ± 0.00030 | 5.048 | 4.078 | -0.66964 (P = 0.10) | -10.078 (P < 0.0001)* |
| Northeastern Thailand        | 21             | 8     | 10 (0.67) | 0.819 ± 0.064 | 0.0015 ± 0.00034 | 2.780 | 2.248 | -0.66053 (P = 0.10) | -1.670 (P = 0.094) |
| Western/Central Thailand     | 14             | 8     | 11 (0.68) | 0.868 ± 0.076 | 0.00236 ± 0.00041 | 3.459 | 3.824 | 0.41614 (P = 0.10) | -1.915 (P = 0.139) |
| Northeastern Thailand and Lao PDR | 51             | 8     | 11 (0.67) | 0.868 ± 0.076 | 0.00236 ± 0.00041 | 3.459 | 3.824 | 0.41614 (P = 0.10) | -1.915 (P = 0.139) |
| World except for Lao PDR and Thailand | 21             | 24    | 21 (1.40) | 0.915 ± 0.025 | 0.00226 ± 0.00023 | 4.667 | 3.402 | -0.86683 (P = 0.10) | -14.288 (P < 0.0001)* |
| All samples                  | 98             | 53    | 57 (3.80) | 0.968 ± 0.020 | 0.00245 ± 0.00037 | 10.841 | 3.962 | -2.31270 (P = 0.01)* | -21.042 (P < 0.0001)* |

Abbreviations: h haplotype numbers, S number of segregation sites, HDd haplotype diversity, π nucleotide diversity, θω Watterson’s theta based on S, θπ theta based on π
*P < 0.05

Discussion

In this study, we present molecular evidence of *T. saginata* infection in people in central Lao PDR and northeastern Thailand. We explored genetic diversity based on the complete *cox1* sequences of *T. saginata* populations from these regions and also included *T. saginata* data available from GenBank. To our knowledge, this is the first molecular identification and genetic diversity analysis of *T. saginata* from Lao PDR.

Phylogenetic tree and haplotype network analysis both revealed that *T. saginata* could be genetically divided into five groups and that *T. saginata* populations from Lao PDR and northeastern Thailand belonged to Group A and Group B. Subgroup C1 included the western Thai population, and Group D was also composed of western Thai isolates, but was differentiated from subgroup C2. *Taenia saginata* populations from northeastern and western Thailand are geographically and genetically isolated and, to date, there is no evidence that they are sympatrically distributed in Thailand. It has been suggested that haplotype H11 may be an ancestral haplotype and that other haplotypes in the Lao population have diverged from it (Fig. 1). Subgroups C1 and C2 are composed of the predominant haplotypes (H24 and H29) and many haplotypes with low substitution rates. The predominant haplotypes were also detected in China, suggesting that either haplotype (H24 or H29) may be an ancestral haplotype in these areas. In contrast, the phylogenetic relationships between Lao (H11) and Brazilian haplotypes (H52), the Thai *T. saginata* (H48) and Ecuadorian haplotypes (H36), and many of the global *T. saginata* isolates are unclear in Subgroups C1 and C2. Further study using other molecular markers is necessary to explain the complex phylogenetic relationships that exist between these *T. saginata* populations.

The *h* and *π* values in *T. saginata* from northeastern Thailand were lower than those from the Lao population. *θπ* was less than *θω* in *T. saginata* populations from Lao PDR and northeastern Thailand. While the results of Tajima’s D test were not significant in the Lao and northeastern Thai populations, Fu’s Fs test showed that the Lao population is genetically differentiated (-10.078, *P* < 0.0001). This discrepancy between the two statistical tests is considered to explain why more haplotypes were detected compared with the number of segregated sites, and indicated that the genetic diversity in the Lao population was high. However, compared with other global *T. saginata* isolates, the degree of genetic differentiation in the Lao and northeastern Thai populations was low. This also supports the finding that Groups A and B are linked to each other, in particular, haplotype H6 in Group B was linked to haplotype H30 from China in Subgroup C1. Group B formed a firework-like structure, which was differentiated by the small base substitution rate around predominant haplotypes H3 and H11. *Taenia saginata* populations are dispersed in different geographic localities where genetic variation is influenced by the genetic bottleneck effect that arises from decreases in the population size. However, because the sample-size that was examined in this study was small, further study using more samples from around the world is necessary to more accurately clarify the effect of such genetic events in geographically different populations.

Anantaphruti et al. [4] identified 14 haplotypes in 73 *T. saginata* isolates from northern and northeastern Thailand based on partial *cox1* sequences (924 bp). In their study, haplotypes A and B were predominant, and haplotype A was found in ten countries, including Thailand. These authors proposed that haplotype A shared the same ancestor as *T. saginata* populations from around the world. However, the findings of our network analysis differ from those in their report because the complete *cox1* sequence of their haplotype B is not available, and the haplotype in our study corresponding to their haplotype B has not been identified. Nonetheless, their haplotype A is identical to haplotype H29 in our study, but it was only found in Thailand, Belgium, China and Cambodia as shown in Fig. 1. This discrepancy can probably be attributed to the different
lengths of \( \text{cox1} \) sequences because we analyzed the complete sequence (1,620 bp), whereas only 924 bp was analyzed previously [4].

The fact that genetically different \( T. \) \textit{saginata} populations are distributed in Lao PDR and Thailand is probably closely associated with the artificial movement of cattle as an intermediate host. The artificial movement of cattle may have played an important role in the dispersal of liver fluke \( \text{Fasciola} \) \textit{species} in Asia [30, 31]. To explain the geographically distinct nature of the \( T. \) \textit{saginata} populations in Lao PDR and Thailand, the following scenario is possible: \( T. \) \textit{saginata} originating in southern provinces of China might have been transmitted, via northwestern Thailand and Myanmar, to the western regions of Thailand (western route), and via northern Lao PDR and Vietnam to northeastern regions of Thailand (eastern route). Network analysis using more \( T. \) \textit{saginata} specimens from different Asian countries, including China, is necessary to verify this scenario and to provide a more detailed estimate of the genetic diversity of \( T. \) \textit{saginata}. The sample size in population genetics analysis can modulate the neutrality [32] and the size of the target gene can also interfere with population genetic indices as discussed above.

While taeniosis has a low impact on human health, it is an important zoonosis that can cause serious economic losses in cattle [7–11]. Consequently, understanding the population genetics of the parasite will help to elucidate transmission patterns and to develop control measures [33].

Conclusions

\( T. \) \textit{saginata} from Lao PDR and northeastern Thailand showed high haplotype diversity, but the degree of genetic differentiation was low. Lao and northeastern Thai populations were also found to be genetically distinct form the \( T. \) \textit{saginata} population in western Thailand, suggesting that \( T. \) \textit{saginata} is spread by different transmission routes in Southeast Asia.

Additional file

**Additional file 1: Figure S1.** The maximum likelihood tree constructed from \( \text{cox1} \) sequences of \( T. \) \textit{saginata}. Bootstrap scores (percentages of 1,000 replications) are presented at each node. Samples used to obtain the nucleotide sequences in this study are represented with sample codes in bold (KY290351–KY290373, see Table 1). Sequence data from GenBank are shown with accession numbers, country codes and haplotype names. Scale-bar indicates the number of nucleotide substitutions/site. (TIF 5144 kb)

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Availability of data and materials

All nucleotide sequences reported in this study have been deposited in the GenBank under accession numbers KY290351–KY290373.

Authors’ contributions

OS, RR, PMI, LS, TT, SL, WM and HY conceived this study and planned the design of the protocols. OS, RR, LS, TT, SL, WM and HY performed sample collection and experiments. OS, RR and TT analyzed molecular data and prepared figures and tables. OS, WM and HY prepared the manuscript and reviewed the draft for important intellectual content, in particular the Discussion. All authors have read and approved the final manuscript.

Competing interests

The authors declare that they have no competing interests.

Consent for publication

Not applicable.

Ethics approval and consent to participate

The study protocol was approved by the Lao National Ethics Committee for Health Research, Ministry of Health, Lao PDR (No. 056/2015) and by the Khon Kaen University Ethics Committee for Human Research (HE581292). Each participant was informed of the study methods and the risks and benefits associated with treatment. Written consent was obtained from all adult participants and from parents or legal guardians of minors prior to enrolment in the study.

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