Supplementary Tables

**Table 1. Suppression-induced forgetting from Experiment 1 (%)**

|         | Think      | No-think   | No-think | Control |
|---------|------------|------------|----------|---------|
|         | conscious  | unconscious|          |         |
| conscious| 64.79      | 54.79      | 55.83    | 61.67   |
| unconscious| (25.14)   | (26.95)    | (24.33)  | (25.09) |

**Table 2. Shadow-induced forgetting from Experiment 1 (%)**

| Independent Cue | Think      | No-think   | No-think | Control |
|-----------------|------------|------------|----------|---------|
|                 | conscious  | unconscious|          |         |
| Identification  | 60.42      | 56.67      | 54.58    | 65.83   |
|                 | (23.17)    | (20.60)    | (21.35)  | (23.56) |
| Gist            | 82.08      | 72.50      | 74.17    | 79.58   |
|                 | (19.75)    | (24.03)    | (20.31)  | (21.18) |

**Table 3. Suppression-induced forgetting from Experiment 2 (%)**

|         | Think      | No-think   | No-think | Control |
|---------|------------|------------|----------|---------|
|         | novel      | old        |          |         |
|         | conscious  | unconscious|          |         |
| novel   | 69.62      | 55.42      | 56.67    | 61.04   |
|         | (23.97)    | (24.64)    | (24.55)  | (21.88) |

**Table 4. Shadow-induced forgetting from Experiment 2 (%)**

| Independent Cue | Think      | No-think   | Control |
|-----------------|------------|------------|---------|
|                 | conscious  | unconscious|         |
| Identification  | 60.50      | 52.83      | 62.08   |
|                 | (25.55)    | (28.35)    | (19.96) |
| Gist            | 45.22      | 40.10      | 49.44   |
|                 | (24.45)    | (24.42)    | (16.86) |