Seizures after Spontaneous Intracerebral Hemorrhage

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Objective : In patients with spontaneous intracerebral hemorrhage (ICH), the risk factors for seizure and the effect of prophylactic anticonvulsants are not well known. This study aimed to determine the risk factor for seizures and the role for prophylactic anticonvulsants after spontaneous ICH.

Methods : Between 2005 and 2010, 263 consecutive patients with spontaneous ICH were retrospectively assessed with a mean follow-up of 19.5 months using medical records, updated clinical information and, when necessary, direct patient contact. The seizures were classified as early (within 1 week of ICH) or late (more than 1 week after ICH). The outcomes were measured with the Glasgow Outcome Scale at discharge and the modified Rankin Scale (mRS) at both 2 weeks and discharge.

Results : Twenty-two patients (8.4%; 9 patients with early seizures and 13 patients with late seizures) developed seizures after spontaneous ICH. Out of 263 patients, prophylactic anticonvulsants were administered in 216 patients. The prophylactic anticonvulsants were not associated with a reduced risk of early (p=0.094) or late seizures (p=0.326). Instead, the factors associated with early seizure were cortical involvement (p<0.001) and younger age (60 years or less) (p=0.046). The risk of late seizure was increased by cortical involvement (p<0.001) and communicating hydrocephalus (p=0.004). The prophylactic anticonvulsants were associated with a worse mRS at 2 weeks (p=0.024) and at last follow-up (p=0.034).

Conclusion : Cortical involvement may be a factor for provoked seizures. Although the incidence of early seizures tended to decrease in patients prescribed prophylactic anticonvulsants, no statistical difference was found.

Key Words : Risk factors · Seizure · Intracerebral hemorrhage, spontaneous · Anticonvulsants.

INTRODUCTION

The incidence of seizures following spontaneous intracerebral hemorrhage (ICH) reportedly ranges from 2.8-18.7%[2,4,6,11,13,28]. Precise estimates of the risk of developing seizures would be helpful not only to patients but also to those advising the patients on their return to work. Several studies have reported that the factors for provoked seizures following spontaneous ICH are related to ICH volume, frontal location, and cortical involvement[40]. Several studies have reported on risk factors for provoked seizures following spontaneous ICH, but these studies have included relatively few patients[8,14,1,4].

Because not all patients experience seizures after spontaneous ICH, there has been a continuous debate regarding the effects of prophylactic anticonvulsants. Recent studies have reported that the administration of prophylactic anticonvulsants in ICH patients has no significant effect on the risk of early seizures. However, some studies have suggested that the administration of prophylactic anticonvulsants in lobar ICH patients decreases the risk of early seizures[2,12,34].

The present study was conducted to investigate the risk factors for seizures in spontaneous ICH patients and the effects of prophylactic anticonvulsants on seizures and the patient's functional outcome.

MATERIALS AND METHODS

Study population

Patients who were newly diagnosed with a spontaneous ICH at our hospital from the year 2005 to 2010 were included and analyzed retrospectively. The ICH diagnosis was based on computed tomography (CT) scans or magnetic resonance imaging. The patient data were prospectively recorded in the ICH database at our hospital is a prospective enrollment database that contains demographic, clinical, radiographic, and...
treatment data on all patients diagnosed with ICH in our hospital since 2005. All records regarding subsequent hospitalization and death were reviewed, and the relevant events occurring during follow-up visits, including changes in anticonvulsant therapy, were also recorded. Patients with histories of seizure, stroke, infection of the central nervous system, traumatic hemorrhage, metabolic disorders, brain tumor, hemorrhage due to arteriovenous malformation, subarachnoid hemorrhage, cerebellar hemorrhage or brain stem hemorrhage were excluded (history of seizure in 3 patients, history of stroke in 9 patients, metabolic disorders in 2 patients, brain tumor in 5 patients, arteriovenous malformation in 3 patients, traumatic hemorrhage in 9 patients, subarachnoid hemorrhage in 7 patients, and cerebellar hemorrhage or brain stem hemorrhage in 6 patients). A total of 307 patients were enrolled in our ICH database from the year 2005 to 2010. Of these 307 patients, 263 remained eligible for analysis after the exclusion criteria were applied. The baseline characteristics are shown in Table 1.

### Standard protocol approvals, registrations, and patient consents

The Institutional Review Board of our hospital approved all contents of the study. Informed consent was not required from these patients because the study depended only on information obtained as part of their routine clinical care and patient medical records.

### Seizures

The seizures were classified according to the recommendations of the International League Against Epilepsy, and seizures were classified as simple partial, complex partial, and partial seizures of the International League Against Epilepsy, and seizures obtained as part of their routine clinical care and patient medical records. Informed consent was not required from these patients because the study depended only on information obtained as part of their routine clinical care and patient medical records.

#### Administration of anticonvulsants

The administration of prophylactic anticonvulsants to patients who had not had a seizure was based on the physician’s medical attitude towards seizure prophylaxis. Some physicians discontinued prescription of anticonvulsants after 2-week period of medication while others prescribed anticonvulsants only in patients who presented seizures. The prophylactic anticonvulsants included valproate, levetiracetam, and phenytoin. In general, prophylactic anticonvulsants were administered immediately at the time of ICH diagnosis and discontinued after 2 weeks. When a clinical seizure occurred after the discontinuation of anticonvulsants, the same medications were resumed. In patients who were not initially prescribed with prophylactic anticonvulsants, anticonvulsants were given to patients who presented with acute symptomatic seizures, and were discontinued gradually over 3-month period in patients with no seizure for 1 year.

#### Radiologic assessment

CT scans were performed at admission for all patients. ICH was classified as deep ICH (basal ganglia, internal capsule, and thalamus), deep ICH with intraventricular hemorrhage (IVH), deep ICH with lobar extension, deep ICH with lobar extension and IVH, and lobar ICH (frontal, temporal, parietal, and occipital) (Fig. 1-3). The cortical involvement of ICH was defined as any ICH that extended to the cerebral cortex (Fig. 4). The images were reviewed by a single neuro-radiologist who was blinded to the clinical data and was not involved in patient management. We measured ICH volume using the admission CT scan according to the ABC/2 method.

![Fig. 1. A representative computed tomography scan on admission showing a deep intracerebral hemorrhage without intraventricular hemorrhage. Computed tomography of a 74-year-old male patient shows a 2.5×1.5 cm-sized intracerebral hemorrhage in left basal ganglia.](image-url)
Assessment of functional outcome

The outcomes were measured with the Glasgow Outcome Scale (GOS) at discharge and the modified Rankin Scale (mRS) at both 2 weeks after the onset of ICH and discharge\textsuperscript{3,15}. The mRS was used in the outpatient clinic or during a telephone interview with the physician or caregiver in charge of the patient. We assessed seizure outcome using the Engel seizure frequency scoring system at the last follow-up (Table 2)\textsuperscript{30}).

Statistical analyses

The associations between categorical variables and seizure occurrence during the study period were analyzed using the Pearson $\chi^2$ test, and Fisher’s exact test when the number of patients in a group was 5 or less (i.e., number of the patients with communicating hydrocephalus). Continuous variables were compared using Student’s t-test. The prognostic factors considered for univariate analysis included patient demographics, details of ICH, craniotomy for ICH evacuation, CT scan-confirmed re-bleeding, obstructive hydrocephalus, communicating hydrocephalus, and cerebral edema. Multivariable logistic regression analysis was used to assess the association of variables with seizure occurrence. The differences in functional outcome were compared between groups using Student’s t test and the Mann-Whitney test. The results are presented as the adjusted odds ratio (OR) with a 95% confidence interval (CI). The level of significance was set as $p<0.05$.

RESULTS

The median follow-up period was 19.5 months (range, 0.1-76.3 months). Detailed descriptions of the ICHs in the 263 patients are provided in Table 1. Treatment options for spontaneous ICH included craniotomy for ICH evacuation and external ventricular drainage (EVD)/ventriculoperitoneal shunt (VPS) for hydrocephalus. Sixty-nine patients underwent a craniotomy, an EVD was placed in 32 patients, and 9 patients underwent VPS. Five patients underwent craniotomy and EVD, 3 patients EVD and shunt, and 1 patient craniotomy, EVD and shunt. Of the 100 patients who underwent surgical treatment, 12 experienced postoperative hemorrhages.

Of 263 patients, prophylactic anticonvulsants were administered in 216 patients (82.1%). There were no significant differences between patients who received prophylactic anticonvulsants and those patients who did not (Table 1).

Seizure development after spontaneous ICH ($n=22$)

Seizures occurred in $8.4\%$ (22/263) of patients, including early seizures in 9 patients and late seizures in 13 patients. The interval from the onset of spontaneous ICH to seizure was 0-810 days (mean, 126 days). Of the 9 patients with early seizures, 3 patients presented immediate seizures. Among all patients who experienced seizures, the type of seizures presented were simple partial seizures in 8 patients, complex partial seizures in 3 patients, par-
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The factors associated with seizure

When the two groups with (n=22) and without (n=241) seizures were compared, the patients with seizures were significantly younger age (60 years or less) and were significantly more likely to have postoperative hemorrhage, cortical involvement, and communicating hydrocephalus than patients without a seizure (Table 3). After multivariate analysis, cortical involvement (OR=51.72; 95% CI 13.60-196.65), younger age (60 years or less) (OR=0.08; 95% CI 0.01-0.38), and communicating hydrocephalus (OR=20.70; 95% CI 2.71-158.12) appeared to be independent clinical factors for developing epileptic seizures.

The factors associated with early seizure are presented in Table 4. In a multivariate analysis, the factors independently associated with the occurrence of early seizures were cortical involvement (OR=15.92; 95% CI 3.44-73.58) and younger age (60 years or less) (OR=0.10; 95% CI 0.01-0.96).

The factors associated with late seizure are presented in Table 5. In the multivariate analysis, the factors independently associated with the occurrence of late seizures were cortical involvement (OR=28.63; 95% CI 7.78-120.84) and communicating hydrocephalus (OR=16.08; 95% CI 2.46-104.86).

The influence of seizure on mortality

At day 7 after the ICH, 20 of the 263 patients had died. Nineteen patients died from hemorrhage, and 1 patient died after acute myocardial infarction. At the last follow-up, 34 patients died. A total of 28 patients died from hemorrhage, 2 patients died from renal failure, 2 patients died from acute myocardial infarction, 1 patient died from acute respiratory distress syndrome, and 1 patient died from sepsis. The occurrence of seizure did not influence mortality at 7 days (p=0.564) or at the last follow-up (p=0.732).

The effects of prophylactic anticonvulsant

The administration of prophylactic anticonvulsants had a tendency to decrease the incidence of early seizures (p=0.094) but was not associated with the prevention of provoked seizures (p>0.1 for all) (Table 3, 4, 5). The administration of prophylactic anticonvulsant was associated with a worse mRS at 2 weeks after the onset of ICH (p=0.024) and at the last follow-up (p=0.034) but was not associated with a worse GOS at the last follow-up.

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**Table 1. Characteristics of the patients and details of ICH**

| Characteristics                             | Prophylactic anticonvulsant group (n=216)† | No prophylactic anticonvulsant group (n=47) | Total (n=263) |
|---------------------------------------------|------------------------------------------|---------------------------------------------|---------------|
| Age (year), mean                            | 60.4±13.2                                | 59.5±12.7                                   | 60.3±13.1     |
| Male sex                                    | 132                                      | 24                                          | 156           |
| Diabetes mellitus                           | 26                                       | 6                                           | 32            |
| Hypertension                                | 139                                      | 33                                          | 172           |
| Dyslipidemia                                | 5                                        | 3                                           | 8             |
| Atrial fibrillation                         | 4                                        | 1                                           | 5             |
| Cardiac valve disease                       | 6                                        | 1                                           | 7             |
| GCS, median (IQR)                           | 14 (8-15)                                | 14 (10-15)                                 | 13 (9-15)     |
| Smoking                                     | 45                                       | 9                                           | 54            |
| Alcohol abuse                               | 39                                       | 6                                           | 45            |

*The plus-minus values are the means±SDs, and the data are numbers of patients unless otherwise specified.
†There was no significantly different parameter between the prophylactic anticonvulsant group (n=216) and the no prophylactic anticonvulsant group (n=47). BG : basal ganglia, IC : internal capsule, ICH : intracerebral hemorrhage, GCS : Glasgow Coma Scale, IQR : interquartile range

**Table 2. Engel seizure frequency scoring system**

| Seizure frequency                      | Score |
|----------------------------------------|-------|
| Seizure free, off anti epileptic drug  | 0     |
| Seizure free, need for antiepileptic drug unknown | 1     |
| Seizure free, requires antiepileptic drug to remain so | 2     |
| Nondisabling simple partial seizures  | 3     |
| Nondisabling nocturnal seizures only   | 4     |
| One to three times per year            | 5     |
| Four to 11 times per year              | 6     |
| One to three times per month           | 7     |
| One to six times per week              | 8     |
| One to three times per day             | 9     |
| Four to 10 times per day               | 10    |
| More than 10 times per day but not status epileptic | 11    |
| Presence of status epileptic           | 12    |

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Seizure outcomes

Of the 22 patients who developed seizures, 1 patient with a late seizure died from sepsis 13 days after the onset of ICH. At the last follow-up evaluation of the remaining 21 patients, 90.5% (19/21) of patients were seizure-free. Of the 9 patients with early seizures, 7 achieved the Engel seizure frequency score of 0, and 2 achieved a score of 2. Of the patients with late seizure, 10 patients were medication-free (score 0), and 2 patients had a score of 3.

Seizures were not associated with functional outcomes (p>0.1 for all) (Table 6). However, the mRS at 2 weeks after the onset of ICH and the GOS at the last follow-up in patients with early seizures were worse than patients without early seizure (p<0.05 for all), but the difference of mRS at the last follow-up between the 2 groups failed to reach significance (p=0.078). When comparing the outcomes between patients with and without a late seizure, a significant difference was not found in mRS at 2 weeks after the onset of ICH (p=0.106) or in GOS at the last follow-up (p=0.081), but was found in mRS at the last follow-up (p=0.026).

Among the 182 patients prescribed with valproic acid, serum ammonia level was evaluated in 20 patients who presented deterioration of consciousness without specific causes, and hyperammonemia (ammonia >80 µg/dL) was identified in 8 patients. Of the 30 patients prescribed with levetiracetam, thrombocytopenia (platelet <140×10^3/µL) was revealed in 4 patients among whom 1 patient underwent craniotomy due to increased amount of intracerebral hemorrhage. From the 4 patients prescribed with phenytoin, 1 patient presented fever with no definite infection focus. However, no statistical significance was identified concerning correlation of mRS and GOS at last follow-up examination between patients with and without complications among the group in which prophylactic anticonvulsants were prescribed.

DISCUSSION

We found that, although 8.4% (22/263) of patients with spontaneous ICH experienced seizures during the follow-up period, epilepsy was a sequela in only 0.8%, except for one patient who died. Early seizures occurred in 3.4% of patients, and late seizures occurred in 5.0% of patients. Previous studies have reported the incidence rate of seizures occurring after spontaneous ICH to be 2.8-18.7% [4,14,16,19,28]. When comparing the incidence of seizures reported in previous literatures, our study revealed consistent results.

Several previous studies examined early seizures and late seizures occurring after stroke [2,26,31]. In this current study, younger age and cortical involvement were independent factors for early seizures. Post-hemorrhagic communicating hydrocephalus and cortical involvement were independent factors for late seizures. Previous studies have reported that the cortical involvement of

| Table 3. The factors associated with seizure after spontaneous ICH | Univariate analysis | OR | 95% CI | Multivariate analysis | OR | 95% CI |
|---------------------------------------------------------------|------------------|-----|--------|-----------------------|-----|--------|
| Younger age (age ≤60)                                         | 0.009            | 0.08| 0.01-0.38 | 0.001                |     |        |
| GCS                                                           | 0.718            |     |         |                       |     |        |
| Smoking                                                       | 0.414            |     |         |                       |     |        |
| Alcohol abuse                                                 | 0.889            |     |         |                       |     |        |
| Craniotomy                                                    | 0.102            |     |         |                       |     |        |
| Communicating HCP                                            | 0.008            | 20.70| 2.71-158.12 | 0.003              |     |        |
| Obstructive HCP                                              | 0.113            |     |         |                       |     |        |
| Postoperative hemorrhage                                      | 0.033            | 0.08| 0.04-3.25 | 0.381                |     |        |
| Rebleeding of ICH                                            | 0.288            |     |         |                       |     |        |
| ICH volume                                                    | 0.584            |     |         |                       |     |        |
| Cortical involvement                                         | <0.001           | 51.72| 13.60-196.65 | <0.001           |     |        |
| Presence of IVH                                               | 0.837            |     |         |                       |     |        |
| Lobar hemorrhage                                              | 0.169            |     |         |                       |     |        |
| Prophylactic anticonvulsant                                   | 0.535            |     |         |                       |     |        |

| Table 4. The factors associated with an early seizure after spontaneous ICH | p value | OR | 95% CI | Multivariate analysis | p value |
|----------------------------------------------------------------------------|---------|-----|--------|-----------------------|---------|
| Younger age (age ≤60)                                                      | 0.019   | 0.10| 0.01-0.96 | 0.046                |     |
| GCS                                                                         | 0.002   | 1.19| 0.88-1.61 | 0.253                |     |
| Smoking                                                                     | 0.333   |     |         |                       |     |
| Alcohol abuse                                                               | 0.679   |     |         |                       |     |
| Craniotomy                                                                  | 0.294   |     |         |                       |     |
| Communicating HCP                                                           | 0.566   |     |         |                       |     |
| Obstructive HCP                                                             | 0.256   |     |         |                       |     |
| Postoperative hemorrhage                                                    | 0.504   |     |         |                       |     |
| Rebleeding of ICH                                                           | 0.504   |     |         |                       |     |
| ICH volume                                                                  | 0.424   |     |         |                       |     |
| Cortical involvement                                                       | <0.001  | 15.92| 3.44-73.58 | <0.001           |     |
| Presence of IVH                                                             | 0.310   |     |         |                       |     |
| Lobar hemorrhage                                                            | 0.239   |     |         |                       |     |
| Prophylactic anticonvulsant                                                 | 0.034   | 0.27| 0.05-1.36 | 0.094                |     |

OR : odds ratio, CI : confidence interval, GCS : Glasgow Coma Scale, HCP : hydrocephalus, ICH : intracerebral hemorrhage, IVH : intraventricular hemorrhage

(p=0.071) (Table 6).
ICH affects the incidence of seizures.\cite{5,7,11,31,33} The pathogenesis of seizures in cortical involvement may involve the location of the lesion in the gray-white matter interface, creating a condition similar to the surgical isolation of cortex, which results in its sustained paroxysmal activity,\cite{9} and direct irritation of the cortex is one possible mechanism through which post-ICH seizures are provoked.\cite{32}

In the present study, young age (60 years or less) and communicating hydrocephalus were risk factors for seizures after spontaneous ICH. But the exact cause was unclear. Some authors suggested younger age is one of the risk factors for seizures in ICH, however, the pathogenesis was not noted in the literature.\cite{33} Communicating hydrocephalus was also suggested as one of the risk factors for seizures in ICH.\cite{16,24} In common with age, the exact cause was also still unclear.

The effect of ICH volume on the occurrence of seizures after spontaneous ICH remains controversial. In a previous study, Yang et al.\cite{33} stated that large ICH volumes were significantly correlated with the occurrence of early seizures. In a prospective study by De Herdt et al.,\cite{7} ICH volume was unrelated to the occurrence of seizures. Several pathophysiological mechanisms, although requiring further elucidation, have been implicated in the occurrence of seizures after spontaneous ICH, including a combination of the sudden development of a space-occupying lesion with mass effect, focal ischemia, and blood products, which could explain the occurrence of seizures in the early phase of hemorrhagic stroke.\cite{5}. However, in this study, large ICH volume was not associated with the occurrence of seizures.

The effect of seizures on the outcomes of patients with spontaneous ICH is controversial. Arboix et al.\cite{1} reported poor outcomes in cases of seizures following stroke. In other studies, no significant influences on outcomes were evident.\cite{32} In this study, patients with early seizures had worse functional outcomes at both 2 weeks after the onset of ICH and the last follow-up than those patients without seizures. Regarding late seizures, there was no difference between the 2 groups at 2 weeks after the onset of ICH, but on last follow-up, poor outcomes were apparent in patients with late seizures. Although seizures did not influence the mortality, it could lead to poor functional outcome.

Passero et al.\cite{23} reported that the administration of prophylactic anticonvulsants decreases the risk of acute seizures, but Reddig et al.\cite{26} stated that prophylactic anticonvulsants have no significant benefits. In this study, the incidence of early seizures tended to decrease in patients prescribed prophylactic anticonvulsants. However, the administration of prophylactic anticonvulsants did not prevent the occurrence of seizures, and the outcomes were rather poor in patients prescribed prophylactic anticonvulsants.

The reasons or risk factors for poor functional outcomes in patients prescribed with prophylactic anticonvulsants were not identified in this study. However, adverse factors including hyponatremia and thrombocytopenia were present in patients prescribed with prophylactic anticonvulsants.

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**Table 5.** The factors associated with a late seizure after spontaneous ICH

| Risk Factor                  | p value | OR (95% CI) | p value |
|------------------------------|---------|-------------|---------|
| Younger age (age ≤ 60)       | 0.168   |             |         |
| GCS                          | 0.422   |             |         |
| Smoking                      | 0.816   |             |         |
| Alcohol abuse                | 0.865   |             |         |
| Craniotomy                   | 0.294   |             |         |
| Communicating HCP            | <0.001  | 16.08       | 0.004   |
| Postoperative hemorrhage     | 0.001   | 1.91        | 0.557   |
| Rebleeding of ICH            | 0.055   | 3.32        | 0.311   |
| ICH volume                   | 0.170   |             |         |
| Cortical involvement         | <0.001  | 28.63       | <0.001  |
| Presence of IVH              | 0.556   |             |         |
| Prophylactic anticonvulsant  | 0.326   |             |         |

**Table 6.** A comparison of functional outcomes

|                     | Median mRS at 2 weeks (IQR) | Median mRS at end follow-up (IQR) | Median GOS at end follow-up (IQR) |
|---------------------|-----------------------------|-----------------------------------|----------------------------------|
| **Prophylactic anticonvulsants** | Prophylactic anticonvulsants (+) | 4 (1-4) | 4 (3-4) | 3 (1-4) |
|                     | Prophylactic anticonvulsants (-) | 4 (2-5) | 4 (3-4) | 3 (1-5) |
| p value             | 0.024 | 0.034       | 0.071   |
| **Seizures**        | Seizures (+) | 4 (1-5) | 4 (1-5) | 3 (3-5) |
|                     | Seizures (-) | 4 (2-5) | 3 (1-4) | 4 (3-4) |
| p value             | 0.895 | 0.611       | 0.842   |
| **Early seizures**  | Early seizures (+) | 4 (2-5) | 1 (0.5-3.5) | 4 (3.5-4.5) |
|                     | Early seizures (-) | 1 (1-3.5) | 3 (1-5) | 4 (3-4) |
| p value             | 0.048 | 0.026       | 0.078   |
| **Late seizures**   | Late seizures (+) | 4 (3.5-5) | 4 (4-5) | 3 (3-3) |
|                     | Late seizures (-) | 4 (1-5) | 3 (1-4) | 4 (3-4) |
| p value             | 0.106 | 0.026       | 0.081   |

IQR: interquartile range, mRS: modified Rankin Scale, GOS: Glasgow Outcome Scale
previous studies, complications including hyperammonemia and thrombocytopenia could be caused by valproate or levetiracetam. One study demonstrated an association between phenytoin prophylaxis and more fever, worse clinical examination, and a worse functional outcome at follow-up. Based on our findings and the findings of others, the benefit of prophylactic anticonvulsant therapy would further be limited because of the relatively easy control of seizures if they did occur and the adverse effects of anticonvulsant therapy. Therefore, to balance the limited benefit and the potential serious adverse effects of antiepileptic drugs, prophylactic anticonvulsant must be used with caution only when necessary; future research may clarify protocols for the effective use of anticonvulsants and target specific populations at high risk for seizures after ICH (e.g., ICH with cortical involvement and depressed mental status).

Our study has some limitations that should be considered. First, we performed a retrospective observational study. Second, because the follow-up period was short, there may be differences in the incidence rate of late seizures. Third, although there was no significant difference between the patients receiving prophylactic anticonvulsants and those patients without medication, the surgeon's decision regarding the prescription of prophylactic anticonvulsants may have acted as a selection bias. Fourth, in this study, valproate, levetiracetam, and phenytoin were administered by selection according to the preference of the surgeon, and phenytoin prophylaxis and more fever, worse clinical examination, and a worse functional outcome at follow-up. Based on our findings and the findings of others, the benefit of prophylactic anticonvulsant therapy would further be limited because of the relatively easy control of seizures if they did occur and the adverse effects of anticonvulsant therapy. Therefore, to balance the limited benefit and the potential serious adverse effects of antiepileptic drugs, prophylactic anticonvulsant must be used with caution only when necessary; future research may clarify protocols for the effective use of anticonvulsants and target specific populations at high risk for seizures after ICH (e.g., ICH with cortical involvement and depressed mental status).

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CONCLUSION

Cortical involvement may be a risk factor for seizure onset. The incidence of early seizures tended to decrease in patients prescribed prophylactic anticonvulsants. Further prospective, randomized, double-blinded trials are necessary. Moreover, additional studies on the effects of prophylactic anticonvulsants according to different types of medications should be conducted.

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