Appendix Table 1. Number of participants displaying indicators of cachexia

All values are reported as count (n) or percentage (%). Statistical significance (p < 0.05) was determined by comparing the not cachectic and cachectic groups using Chi-Square Test. *Decreased muscle strength = those with an average (from 3 values) right-handed grip strength < the minimum of value of healthy individuals at the same age. **Fatigue = those with a FACIT-Fatigue score < 20. ***Reduced/issues appetite = those with an anorexia and cachexia subscale score < 30. ****Those individuals in the 5th and 10th percentiles for mid-upper arm circumference. *****Abnormal biochemistry = those with elevated (> 10 mg/L) CRP or reduced (< 35 g/L) albumin level or reduced haemoglobin (< 12 g/Dl).

| Indicator of cachexia | All (n = 200) | Not cachectic (n = 170) | Cachectic (n=30) | Significance |
|-----------------------|--------------|-------------------------|-----------------|--------------|
|                       | Sample size (n) | n (%) | Sample size (n) | n (%) | Sample size (n) | n (%) |
| Decreased muscle strength* | 196 | 117 (59.7) | 166 | 93 (56.0) | 30 | 24 (80.0) | 0.01 |
| Fatigue**             | 200 | 95 (47.5) | 170 | 76 (44.7) | 30 | 19 (63.3) | NS (0.06) |
| Reduced/issues appetite*** | 197 | 51 (25.9) | 168 | 32 (19.0) | 29 | 19 (65.5) | < 0.01 |
| Low fat-free mass index**** | 200 | 66 (33.0) | 170 | 43 (25.3) | 30 | 23 (76.7) | < 0.01 |
| Abnormal biochemistry ***** | 178 | 108 (60.7) | 150 | 85 (56.7) | 28 | 23 (82.1) | < 0.01 |