Creep Experimental Study of Rocks Containing Weak Interlayer Under Multilevel Loading and Unloading Cycles

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Using the cyclic loading and unloading method, rheological tests of intact sandstones and composite sandstones containing a weak interlayer (WI) with inclination angles 15°, 30°, 45°, and 60° under different axial loading were carried out. The decay creep time, steady-state creep strain rate, instantaneous strain, viscoelastic strain, viscoplastic strain, and failure modes of sandstones and composite sandstones were studied. The influence law of stress level and WI inclination angle on the rheological properties of the rock was studied. Results indicated the following. 1) The rheological failure strength of sandstone is 72–96% of uniaxial compressive strength. 2) Whether it is intact sandstone or composite sandstone, the decay creep time at the first stress level is longer than that of other stress levels. The steady-state creep strain rate of specimens is gradually increasing from the first stress level to the last stress level. 3) At the first stress level, the proportion of creep strain to total strain is 25.3–60.5%. Moreover, under the same axial stress level, the instantaneous strain and total strain of the rock containing WI are larger than those of intact rock. 4) With the increase of stress, the viscoplastic strain of the intact specimen decreases at low stress levels and increases at high stress levels. In addition, with the increase of the WI inclination angle, the instantaneous elastic strain and instantaneous plastic strain will increase. 5) The rheological failure mode of specimens changes from split tensile failure to shear failure along the interface of WI; the larger the WI inclination angle, the more obvious the shear failure.

Keywords: weak interlayer, uniaxial compression creep test, sandstone, rock mechanics, grading loading and unloading

INTRODUCTION

The rheological mechanical properties of rocks have always been an important topic in rock mechanics, and it is closely related to the long-term stability of underground engineering. The deformation of rock mass after rock excavation, found by engineers, was not instantaneous but time-dependent. The experimental study of rheological mechanics of rock can be traced back to the 1930s; Griggs (1939) studied limestone, shale, and sandstone in 1939 and found that rheologic deformation occurs when the load reaches 12.5–80% of the failure load. When the rock mass was temporarily in a stable state, deformation and failure could still occur under the long-term load. It is found that during the process of rock mass deformation, the deformation of rock mass either tended to be stable or...
accelerated until failure (Griggs, 1939; Zhou et al., 2017a; Wang et al., 2020). The phenomenon that the rock mass deformation changes with time is called rheological deformation. In recent years, many scholars have studied the rheological mechanical properties of rocks (Maranini and Brignoli, 1999; Li and Xia, 2000; Słizowski and Lankof, 2003; Zhou, 2005; Fabre and Pellet, 2006; Yang and Jiang, 2010; Zhao et al., 2016; Zhao et al., 2018; Lin et al., 2019; Wu et al., 2019a; Zhao et al., 2019c).

A weak interlayer (WI) refers to a rock’s relatively thin layer in which the lithology is weaker than that of the adjacent rock formation. The characteristics of strength, deformation, and failure of rock masses with weak interlayer often have significant time dependence directly influencing engineering design, construction, operation, stability, and reinforcement. It is of great theoretical significance and engineering value to study the influence of WI on the rheological characteristics of rock. To date, many researchers (Li et al., 2007; Jiang et al., 2009; Xu et al., 2009; Xiong and Yang 2010; Li A. et al., 2014; Li Y. et al., 2014; Triantafyllidis and Gerolymatou, 2014; Yang et al., 2014; Zhao et al., 2017a; Zhao et al., 2017b; Zhou et al., 2017; Ma et al., 2018; Zhou and Bi, 2018; Wang Y. X. et al., 2018; Wang C. et al., 2019; Hu et al., 2019; Wu et al., 2019b; Wang et al., 2020) have studied the mechanical properties of weak intercalated rock mass under uniaxial compression. Xu et al. (2009) studied the effects of simulated WI on the mechanical properties of layered rock salt in the laboratory and obtained the correlation between the mechanical properties of layered salt rock mass and the characteristics of the WI. Ma et al. (2018) conducted uniaxial and triaxial compression tests on mudstone specimens of layered features produced indoors, and the strength and deformation characteristics of the specimens were analyzed. Jiang et al. (2009) and Xiong and Yang (2010) established the viscoelastic-plastic rheological constitutive model and the viscoelastic rheological constitutive model for interbedded rock masses based on FLAC3D numerical simulation software, respectively. The results showed that the factors such as interlayer length, interlayer spacing, and interlayer thickness have great influence on the elastoplastic deformation and rheological deformation of rock. Li A. et al. (2014) used the FLAC3D numerical simulation software to analyze the fracture process of soft and hard interlayer composite rock mass under uniaxial compression stress as a function of the inclination angle of the layer. For layered rock masses, many uniaxial compression tests and analyses have been done (Xu et al., 2009; Triantafyllidis and Gerolymatou, 2014; Zhou and Yang, 2017; Zhou et al., 2017; Ma et al., 2018). However, fewer studies on rheological mechanical properties have been done (Li et al., 2007; Zhou et al., 2008; Yang et al., 2014; Zhao et al., 2017b; Hu et al., 2019; Zhao et al., 2020), and the creep characteristics of rock containing WI under multilevel loading and unloading cycles have barely been studied.

In this study, according to the literature (Fan and Gao 2005; Tsai et al., 2008; Zhao et al., 2017c; Wang C. L. et al., 2018; Wang R. H. et al., 2018; Zheng et al., 2018; Zhao et al., 2019a; Zhao et al., 2019b; Zhou et al., 2019; Zhou et al., 2020), using the cyclic loading and unloading method, the uniaxial compression rheological test under cyclic loading and unloading conditions was carried out on the intact rock and rock containing WI. The influence law of stress level and WI inclination angle on the rheological characteristics of the rock was studied. In addition, the failure modes of sandstones and composite sandstones were studied.

**EXPERIMENTS**

**Specimen Preparation**

The experimental rock blocks (sandstone) were taken from an underground roadway construction site at the Meitanba Coal Mining Area located in southern China. The test rock sample is cyan sandstone, mainly composed of quartz and calcite, with relatively stable properties, uniform lithology, fine-grained structure, and no macroscopic visible joints and cracks. The AiniMR-60 nuclear magnetic resonance analyzer was used to test the porosity of the cyan sandstone specimens, and the average porosity of the cyan sandstone specimens was 4.26%. According to the method introduced in Kohlhauser and Hellmich (2013) and Karte et al. (2015), the primary velocity of the sample measured by the wave velocity tester is 2,551 m·s⁻¹, and the secondary velocity is 1,453 m·s⁻¹. The rock blocks were cut into 50 × 100 mm cylinder standard specimens in the laboratory (based on the recommendations of the International Society of Rock Mechanics on the dimensions of the test specimens (ASTM D2938, 2002)).

Twenty-eight specimens in total have been used in this study. Eight intact sandstone specimens No. 1–No. 8 were used for the conventional triaxial compression test with confining pressures of 6, 12, 18, and 24 MPa, respectively. Ten specimens (two intact sandstone specimens numbered S0-1 and S0-2, respectively, and eight composite sandstone specimens numbered S1-1, S1-2, S2-1, S2-2, S3-1, S3-2, S4-1, and S4-2, respectively) were used for the conventional uniaxial compression test. Ten specimens (two intact sandstone specimens numbered S0-3 and S0-4, respectively, and eight composite sandstone specimens numbered S1-3, S1-4, S2-3, S2-4, S3-3, S3-4, S4-3, and S4-4, respectively) were prepared to perform the uniaxial compression creep test. The composite sandstone specimens, containing WI with inclination angles 15°, 30°, 45°, and 60°, respectively, were prepared as follows:

(i) Rock blocks cutting: eight intact sandstone specimens were cut into two rock blocks with the cutting inclination angles 15°, 30°, 45°, and 60°, respectively (two intact sandstone specimens were cut for each inclination angle, respectively). The cutting position is shown in Figure 1. The surface of the cutting surface was smoothed by a polishing machine to ensure that the composite sandstone specimen with its WI had the same length as the intact sandstone specimen.

(ii) Cement mortar making: the WIs were prepared using cement mortar composed of C42.5 ordinary Portland cement, sand, and water at a mass ratio of 1:2:0.8.

(iii) Molding and shaping: the rock blocks were placed into PVC pipe mold. Then, using reference lines, the two rock blocks...
were moved to ensure that the gap had a 4 mm thickness (see Figure 2).

(iv) WI making: to prevent the rock blocks from moving in the mold, the two ends of the mold were fastened with transparent tape; the cement mortar was poured into the 4 mm gap between the two rock blocks in the mold, and the cement mortar was compacted by a wire to keep the surface of the composite sandstones containing a WI smooth. The WI thickness was 4 mm.

(v) Demoulding and maintenance: the sample was removed from the mold after 24 h of curing. The specimens were then held for 28 days in a curing room (at 20°C, 95% relative humidity, and an atmospheric pressure). Examples of prepared specimens are shown in Figure 3.

Testing Equipment
The conventional triaxial compression tests were performed using a servo-hydraulic Rock Mechanics Testing System (MTS 815) with axial loading in the range of 0–4,600 kN and confining pressure in the range of 0–200 MPa. The triaxial testing system (see Figure 4A) consists of four main units: triaxial cell, loading unit, deformation and pressure monitoring unit, and computerized data acquisition unit. The axial deformation of the specimen was measured with a pair of linear variable displacement transducers (LVDTs), and the circumferential deformation was measured with a circumferential extensometer connected to a roller chain assembly wrapped around the jacketed specimen. The conventional uniaxial compression tests and creep tests were performed using the MTS 815 uniaxial testing system. The uniaxial testing system (see Figure 4B) is mainly composed of an axial loading system, a compression loading frame, and a data acquisition system.

Experiment Method
Before the multilevel cyclic loading and unloading tests, the conventional uniaxial compression tests are first performed to obtain mechanical parameters of the specimens. The average uniaxial compression strengths of these specimens are listed in Table 1, which provides the references for subsequent cyclic tests.

According to the average uniaxial compression strengths of these specimens, nine axial stress levels were used in the multilevel cyclic loading and unloading tests, with the first about the average uniaxial compressive strength of the specimens containing WI inclination angle of 60° and the last about 90% of the average uniaxial compressive strength of the intact specimens. The specific nine axial stress levels were 8, 11, 14, 20, 30, 45, 57, 64, and 72 MPa. Also, the rheological stress levels of the specimen are shown in Table 2.

The duration for each stress level (or each stage) was 36 h for the loading period and about 12 h for the unloading period,
except for the ninth level which had no unloading period. During the loading period, the axial load increased monotonically at a rate of 0.05 MPa/s to achieve the targeted axial stress level and then remained constant. During the unloading period, the axial load decreases at a rate of 0.05 MPa/s to zero MPa and then remained 12 h. After the unloading period was completed, the next stage was started following the same sequence. The stress loading and unloading diagram is shown in Figure 5.

**Viscoelastic-Plastic Strain Separation Method**

In order to gain insight into the creep properties of rocks containing WI, a new creep data processing algorithm is proposed according to the literature (Mishra and Verma, 2015; Irfan-ul-Hassan, et al., 2016; Königsberger, et al., 2016; Irfan-ul-Hassan, et al., 2017; Zhao et al., 2017d; Göbel, et al., 2018; Wang Y. X. et al., 2019). Specifically, the total strain is divided into instantaneous elastic strain, instantaneous plastic strain, viscoelastic strain, and viscoplastic strains. Figure 6 shows a representative strain–time curve under a loading and unloading cycle (say cycle i). The total strain consists of the instantaneous strain $\varepsilon_i^{(0)}$ and the creep strain $\varepsilon_c^{(0)}$.

$$\varepsilon^{(0)} = \varepsilon_i^{(0)} + \varepsilon_c^{(0)}.$$  \hspace{1cm} (1)

The instantaneous strain $\varepsilon_i^{(0)}$ is the measured strain when the axial load reaches the targeted stress level, and the creep strain $\varepsilon_c^{(0)}$ is the measured increase in strain with time during the stage when the load is maintained constant. The instantaneous strain $\varepsilon_i^{(0)}$ is
TABLE 1 | Rock mechanics parameters of specimens under uniaxial compression test.

| Specimen | Weak interlayer inclination angle (°) | Uniaxial compressive strength (MPa) | Poisson’s ratio | Young’s Modulus (GPa) | Average compressive strength (MPa) | Average Poisson’s ratio | Average Young’s Modulus (GPa) |
|----------|--------------------------------------|-------------------------------------|----------------|------------------------|-----------------------------------|------------------------|----------------------------|
| S0-1     | —                                    | 84.11                               | 0.37           | 6.93                   | 82.55                             | 0.35                   | 6.90                       |
| S0-2     | —                                    | 80.99                               | 0.33           | 6.86                   | 60.89                             | 0.26                   | 5.84                       |
| S1-1     | 15                                   | 63.22                               | 0.24           | 5.77                   | 59.00                             | 0.28                   | 5.90                       |
| S1-2     | 15                                   | 58.56                               | 0.29           | 5.90                   | 53.20                             | 0.26                   | 4.06                       |
| S2-1     | 30                                   | 57.18                               | 0.27           | 4.01                   | 27.67                             | 0.21                   | 2.92                       |
| S2-2     | 30                                   | 49.22                               | 0.25           | 4.11                   |                                   |                        |                            |
| S3-1     | 45                                   | 29.37                               | 0.17           | 3.10                   |                                   |                        |                            |
| S3-2     | 45                                   | 25.97                               | 0.25           | 2.74                   |                                   |                        |                            |
| S4-1     | 60                                   | 8.85                                | 0.14           | 2.69                   | 8.37                              | 0.15                   | 2.51                       |
| S4-2     | 60                                   | 7.89                                | 0.16           | 2.34                   |                                   |                        |                            |

Table 1: Rock mechanics parameters of specimens under uniaxial compression test. The table includes the weak interlayer inclination angle, uniaxial compressive strength, Poisson’s ratio, Young’s Modulus, average compressive strength, average Poisson’s ratio, and average Young’s Modulus for different specimens.

The instantaneous strain εᵢ is the strain due to the loading, namely, segment GH in Figure 6. The instantaneous elastic strain εᵢₑ is the recovery of strain due to unloading, namely, segment IL in Figure 6. The instantaneous strain εᵢᵢ is induced by the loading and is not completely recovered during the unloading, which means that segment IL is smaller than segment GH in Figure 6. Actually, the difference between segments GH and IL is the instantaneous plastic strain εᵢₚ.

Similarly, the creep strain εᵢ is also composed of the recoverable viscoelastic strain εᵢₑ and the unrecoverable viscoplastic strain εᵢₚ:

εᵢ = εᵢₑ + εᵢₚ. (2)

After the unloading, a part of the creep strain εᵢₑ recovers with time as represented by segment LM in Figure 6. The delayed recovery strain εᵢₑ(0) (segment LM in Figure 6) is the recoverable component of the creep strain εᵢ (called the viscoelastic strain εᵢₑ). After a long enough time, only the unrecoverable strain εᵢₚ (segment MN in Figure 6) remains, which consists of the unrecoverable instantaneous plastic strain εᵢₚ and the recoverable viscoplastic strain εᵢₚ:

εᵢ = εᵢₑ + εᵢₚ. (3)

However, the viscoelastic and viscoplastic strains cannot be separated due to the accelerating creep to failure. In this study, the viscoelastic strain εᵢₑ and the viscoplastic strain εᵢₚ were only considered before the failure of the specimen.

According to the viscoelastic-plastic strain separation method described above and the reversibility of viscoelastic deformation, the data of axial elastic strain and plastic strain of specimens under different stress levels can be obtained.

RESULTS AND DISCUSSION

Conventional Uniaxial and Triaxial Compression Tests

From Table 1, one can see that the uniaxial compression strength, Poisson’s ratio, and elastic modulus of the intact rock are higher than those of the sandstones containing WI. Meanwhile, the uniaxial compression strength, Poisson’s ratio, and elastic modulus of the sandstones containing WI will decrease with the increase of inclination angle of WI. The average compressive strengths of intact sandstones and sandstones containing WI with inclination angles 15°, 30°, 45°, and 60° are 82.55, 60.89, 53.20, 27.67, and 8.37 MPa, respectively. Especially for sandstone containing WI with inclination angle 60°, the strength is weakened a lot, only 10.14% of intact rock. Poisson’s ratio of sandstone

TABLE 2 | Rheological loading stress level statistics of specimens.

| Specimen | 1st (MPa) | 2nd (MPa) | 3rd (MPa) | 4th (MPa) | 5th (MPa) | 6th (MPa) | 7th (MPa) | 8th (MPa) | 9th (MPa) |
|----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| S0-4     | 8         | 11        | 14        | 20        | 30        | 45        | 57        | 64        | 72        |
| S1-3     | 8         | 11        | 14        | 20        | 30        | 45        | 57        | 64        | —         |
| S2-3     | 8         | 11        | 14        | 20        | 30        | 45        | —         | —         | —         |
| S3-4     | 8         | 11        | 14        | 20        | —         | —         | —         | —         | —         |
| S4-3     | 4         | 6         | 8         | —         | —         | —         | —         | —         | —         |

Table 2: Rheological loading stress level statistics of specimens. The table includes the loading stress level statistics for different specimens under uniaxial compression test.
containing WI is much lower than that of intact sandstone, and Poisson’s ratio of sandstone containing WI with an inclination angle of 15° (S1-1) is 43.64% of intact sandstone. It is indicated that with the increase of inclination angle from 15° to 60° of WI, rocks are more prone to instability and damage. The conventional triaxial compression test results are used to calculate the internal friction angle and will not be analyzed in detail here.

The Effect of Weak Interlayer on Creep Curve

In this study, specimens numbered S0-4, S1-3, S2-3, S3-4, and S4-3 were selected for analysis. The maximum rheological load stress level of S0-4, S1-3, S2-3, S3-4, and S4-3 was 72, 64, 45, 20, and 8 MPa, respectively.

Because the strength of the specimen containing WI with inclination angle 60° is too low, the load of each stage was changed to 4, 6, and 8 MPa, respectively.

Figure 7 shows strain–time curves of specimens under the same stress level (A) and axial strain increment of specimens containing WI relative to intact specimen (B). For instance, under the 8 MPa stress level (see Figure 7A), the axial strain of the specimens containing WI is larger than the strain of the intact specimens, and the strain increases with the increase of the WI inclination angle.

One can see that the axial strain increment of specimens containing WI relative to intact specimen is more than 50% (see Figure 7B).

Figure 8 shows strain–time curves of specimens from the first to the last stress levels under multilevel loading and unloading cycles. Figure 9 shows decay creep time–stress curves of specimens from the first to last stress levels. All of the specimens have an obvious decay creep stage at the first stress level. Specimens S0-4, S1-3, and S2-3 pass the deceleration phase and directly enter the accelerated rheological phase until failure; specimens S3-4 and S4-3 pass a period of stable rheological phase after the deceleration rheological phase and then enter the acceleration phase until failure. At the moment of stress unloading, the axial strain of rock was restored immediately,
Strain–time curves of specimens under the same stress level and axial strain increment of specimens containing WI relative to intact specimens.

**FIGURE 7** (A, C, E, G, I, K) Strain–time curves of specimens under the same stress level and (B, D, F, H, J, L) axial strain increment of specimens containing WI relative to intact specimens.
FIGURE 7. (Continued).
and when the stress is unloaded to zero, the rock strain gradually decreases with time and viscoelastic recovery occurs. However, the rock has viscoplastic deformation, and as the stress increases, the viscoplastic deformation gradually increases.

The steady-state creep strain rate can reflect the rheological properties well. Figure 10 shows the steady-state creep strain rate of specimens from the first to last stress levels. The steady-state creep strain rate of all the specimens are the lowest under the first stress level. No rheological acceleration stage occurs in intact specimens before failure; however, the specimens containing WI have an obvious rheological acceleration stage. When the rock is subjected to low loads, the strain rate is quickly attenuated to zero and shows only deceleration rheology.

**The Effect of Weak Interlayer on Instantaneous Strain**

The data of axial viscoelastic-plastic strain of intact and WI-containing specimens at different stress levels can be obtained by the viscoelastic-plastic strain separation method. Figure 11 shows...
FIGURE 11 | (A) Instantaneous strain, (B) instantaneous elastic strain, and (C) instantaneous plastic strain from the first to the last stress levels.

FIGURE 12 | (A) Creep strain, (B) viscoelastic strain, and (C) viscoplastic strain curves of specimens from the first to the last stress levels.
instantaneous elastic strain, instantaneous plastic strain, and instantaneous strain curves of specimens from the first to last stress levels. Obviously, with the increase of the WI inclination angle, the instantaneous elastic strain and instantaneous plastic strain will increase. It indicates that the presence of a WI is more likely to cause rheological deformation; the bigger the WI inclination angle, the greater the rheological deformation. One can see that the curve of the stress-instantaneous strain is nearly linear, and the instantaneous elastic modulus (which can be defined as the ratio of the instantaneous stress increment to the instantaneous strain increment under each level of load) of the specimen in the stepped loading creep test showed an overall trend of increasing with the increase of stress, which shows that during the staged loading test, the ability of specimen to resist instantaneous deformation gradually increases with the increase of load, showing obvious hardening characteristics.

The Effect of Weak Interlayer on Viscoelastic Strain and Viscoplastic Strain

Similarly, creep strain, viscoelastic strain, and viscoplastic strain curves of specimens from the first to last stress levels are shown in Figure 12. As the stress increases, the viscoelastic strain, the viscoplastic strain, and the creep strain of the specimens increase. With the increase of stress, the viscoplastic strain of the intact specimen decreases at low stress levels and increases at high stress levels. However, the viscoplastic strain of specimens with WI always increases with the increase of stress. Also, the larger the WI inclination angle is, the more obvious the plastic deformation will be. With the

![Total strain curves of specimens from the first to the last stress levels.](image.png)

![Failure mode of specimens.](image.png)
increase of stress, the viscoelastic strain increases slowly for the intact specimen and decreases for the specimen containing WI. This means that the WI may promote the viscoplastic rheology of the rock mass. We can find that at the same axial stress the instantaneous strain, creep strain and total strain of the specimen containing WI are larger than those of the intact specimen, and the instantaneous strain, creep strain, and total strain increase with the increase of the WI inclination angle. Moreover, the WI inclination angle has a positive correlation with the viscoelastic strain and viscoplastic strain. It indicates that the presence of a WI is more likely to cause rheological deformation; the bigger the WI inclination angle, the greater the rheological deformation.

The proportion of creep strain to total strain is 25.3–60.5%. The minimum proportion of creep strain to total strain is specimen S1-3 at 8 MPa, and the maximum case is specimen S3-4 at 20 MPa; as the stress increases, the proportion of creep strain to total strain increases. The proportion of creep strain to the total strain is more than 10% for all the specimens. Even considering the special case of specimen failure, the proportion of creep strain to total strain is up to 34% (specimen S3-4 at 14 MPa). Similarly, the relation of stress and total strain is shown in Figure 13. Obviously, as the stress increases, the total strain of the specimen increases.

The Effect of Weak Interlayer on the Rheological Failure Modes of Rocks

The rheological failure strengths of the rocks numbered S0-4, S1-3, S2-3, S3-4, and S4-3 are 72, 64, 45, 20, and 8 MPa, respectively. The rheological failure strengths of the specimens are about 72–96% of uniaxial compression strengths. Moreover, the WI promotes the rheological failure of the rock; the greater the WI inclination angle, the lower the rheological failure strength.

Figure 14 shows the failure modes of intact rock and rock containing WI. The intact specimens are mainly splitting and tensile failure. For the specimens containing WI, with the increase of the inclination angle, the specimen gradually transitions from the splitting failure to the shear failure. The specimens, containing small inclination angles (15° and 30°) WI, are mainly splitting failure, and the rheological failure mode is utter shear failure (see Figures 14D,E) when the inclination angle of WI becomes bigger. From triaxial compression tests, the internal friction angle of intact sandstone is 34.06°, the rock fracture angle is 62.03°. The rheological failure mode of the rock containing WI inclination angle 60° is an utter shear failure, which can be understood as that when the WI inclination angle of the rock is close to the rock fracture angle, the rock will fail along the inclination angle of the WI.

CONCLUSION

(1) The rheological failure strength of sandstone containing WI decreases with the increase of WI inclination angle changing from 15° to 60°, and the decline is 86%. The failure strength, Poisson’s ratio, and elastic modulus of the intact rock are higher than those of the sandstones containing WI. Meanwhile, the uniaxial compressive strength, Poisson’s ratio, and Young’s modulus of the sandstones containing WI will decrease with the increase of inclination angle of WI. It is indicated that the rheological failure of rocks containing WI is faster and more severe than that of intact rocks.

(2) The steady-state creep strain rates of all the specimens are the lowest under the first stress level. When the rock is subjected to low loads, the strain rate is quickly attenuated to zero and shows only deceleration rheology. Whether it is intact sandstone or composite sandstone, the decay creep time at the first stress level is longer than that of other stress levels.

(3) At lower stress levels, the plastic strain of the intact specimen decreases with the increase of stress, and the plastic strain of the intact specimen increases with the increase of stress under high stress level. The plastic strain of the specimen containing WI always increases with the increase of the stress level. With the increase of stress level, the viscoelastic strain increases slowly for the intact specimen and decreases for the specimen containing WI; the larger the WI inclination angle is, the faster the viscoelastic strain decreases.

(4) The failure mode of intact specimen is splitting tensile failure, and the failure mode of rock containing WI is changed from splitting tensile failure to shear failure along the interface of WI. The larger the WI inclination angle, the more obvious the shear failure. Under the same axial stress level, the larger the WI inclination angle, the greater the rheological deformation, and the influence of rheological deformation on the stability of rock mass increases with the increase of WI inclination angle.

DATA AVAILABILITY STATEMENT

All datasets generated for this study are included in the manuscript.

AUTHOR CONTRIBUTIONS

LT conceived the conceptual framework and wrote the manuscript. YZ provided guidance for the strain analysis. JL and QL were responsible for data processing and figure plotting.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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