Long-term use of ceftriaxone sodium induced changes in gut microbiota and immune system

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Antibiotic administration, while facilitating clearance of targeted infections, also perturbs commensal microbial communities. Previous studies have all focused on the effects of short term use of antibiotics. Here, we focus on the effects of long term use of antibiotic on gut microbiota and immunity. BALB/c mice received saline or different doses of ceftriaxone sodium (100, 200 and 400 mg/mL) via daily gavage for 150 days. Alterations of fecal microbiota, small intestine histopathology, body weight, spleen index, serum IgG, mucus SIgA, IFN-γ/IL-4 ratio, CD4/CD8 ratio and CD4+CD25+ cells were evaluated. Long term ceftriaxone sodium administration resulted in gut microbiota dysbiosis, intestine histological lesions, growth inhibition, spleen index reducing. The immune defense ability reduced as serum IgG and mucus SIgA decreased significantly. Not only the immune defense, long term ceftriaxone administration also affected immune regulation. The IFN-γ/IL-4 and CD4/CD8 ratios increased, the CD4+CD25+ cells reduced on days 30 and 60 after ceftriaxone administration. However, after 90 days of ceftriaxone administration, the IFN-γ/IL-4, CD4/CD8 ratios and CD4+CD25+ cells restored, which indicated a new balance of immune regulation had been formed. Overall, these findings contribute to our understanding of long term antibiotic administration influencing gut microbiota and immunity.

In modern societies, widespread antibiotic administration is probably a major factor contributing to rapid changes in the gut microbiota. Several lines of evidence confirmed that antibiotic administration can result in gut microbiota dysbiosis. Broad-spectrum antibiotics can influence the abundance of roughly one third of the bacterial taxa in the gut, causing rapid and significant drops in taxonomic richness, diversity and evenness1. Repeated use of broad-spectrum antibiotic in the process of treating infections may cause more serious microbiota dysbiosis. A study of repeated use of antibiotic demonstrated that the distal gut microbiota changed among subjects and between the two courses within subjects after two courses of ciprofloxacin administration within 10 months2. Along similar lines, mouse models also showed that treatment with ampicillin, clindamycin or vancomycin induced microbiota dysbiosis3–5.

The commensal gut microbiota has a profound effect on immune system. The gut microbiota contributes to the development and differentiation of the mammalian immune system6. In fact, both the immune response and immune homeostasis are affected by gut microbiota. Data from germ free animals demonstrated that the serum IgG level was significantly lower than that in conventional mice. The ‘switch’ from IgM to IgG synthesis was suppressed, the IgG response to sheep red cell and dinitrophenylated bovine serum albumin was lower than that in conventional mice, which is a reflection of immaturity or deficiency of T cells7. Most recently, Zeng et al. reported that selective gut symbiotic bacterium were able to disseminate systemically to induce IgG response, which conferred protection against systemic infections8. Besides IgG, SIgA production attenuated markedly in germ-free mice, which can be restored to near normal levels over the course of several weeks after conventionalization with bacterial species that can establish stable residence in the intestine9. The gut microbiota could also operate as an important regulator of Th1/Th2 balance. The im-balanced Th1/Th2 cell ratio in germ free mice can be restored through colonization of Bacteroides fragilis. Moreover, studies have shown that homeostatic T cell proliferation itself is driven by the microbiota or their penetrant molecules10. Colonic T regulatory (Treg) cell populations are shaped by intestinal-derived antigens11.

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Depletion of commensal microbes and changing the microbiota composition by antibiotic administration affects the immune system. Treatment with amoxicillin for 3 weeks decreased lactic acid bacteria but increased fecal Enterobacteria counts in pigs’ jejunum. Amoxicillin-induced microbiota changes reduced the mean total serum IgM concentration. Depletion or deletion of bacterial communities with a cocktail of antibiotics containing ampicillin, gentamicin, neomycin, metronidazole and vancomycin was associated with increased interleukin-4 (IL-4) circulating levels, exaggerated type 2 T helper cell (Th2 cell) responses and elevated serum immune globulin E (IgE) levels. Our previous study showed that short term (for 7 days) use of ceftriaxone-induced microbiota dysbiosis resulted in decreased SIgA secretion and increased inflammatory cytokines levels.

It is clear that antibiotics-induced microbiota dysbiosis disrupts the immune system. However, till now influences of antibiotics on bacterium and host immune system are all short-term administrations, the influences of long-term use of antibiotics are unclear. Due to medical treatment (repeated use of antibiotics) and utilization in farm animals and crops, the human microbiome is always continuously exposed to antibiotics. Therefore, it is very interesting to explore the influences of long-term administration of antibiotics on bacterium and immune system. In this study, BALB/c mice were treated with ceftriaxone for a long period (5 months), feces microbiota, mucus SIgA, circulating IgG, IFN-γ/IL-4 ratio, CD4+/CD8+ ratio, and CD4+CD25+ cells were examined to illustrate the changes of gut microbiota and immune function. This study helps our understanding of the influences of long-term antibiotic exposure on host gut microbiota and immune system.

**Results**

Dynamic changes of intestinal microbiota in ceftriaxone-treated mice based on DGGE fingerprint. PCR-DGGE fingerprint analysis for predominant bacteria was used to capture the structural response in gut microbiota after ceftriaxone treatment. The bacterial diversity reduced in the ceftriaxone treatment groups compared with the control group. Contrary to the decreasing pattern of overall bacterial population, several bands in the antibiotic-treated samples were more prominent (Fig. 1). These strong bands were selected and cut for sequencing. The results were shown in Table 1. The bands were assigned to bacterial species based on the highest sequence similarity match to GeneBank sequences obtained by BLAST analysis. On day 8, the strong bands in antibiotic-treated samples were identified as Enterococcus genus (bands 1–4) and Clostridium species (band 5). On day 30, the number of bands in ceftriaxone treatment groups was further reduced, leaving only 3 prominent bands. They were identified as Enterococcus genus and Robinsoniella genus (bands 6–8). On day 60, the prominent bands were identified as Anaeroplasma, Enterococcus, Robinsoniella and Escherichia genus (bands 9–13). On day 90, the prominent bands in ceftriaxone treatment groups were identified as Anaeroplasma, Enterococcus and Robinsoniella genus (bands 14–17). On days 120 and 150, the prominent bands in ceftriaxone treatment groups were identified as Anaeroplasma, Enterococcus, Robinsoniella and Escherichia genus (bands 18–22). On the whole, the Enterococcus genus was the dominate bacterium throughout the experiments. The Robinsoniella genus became dominate after 30 days of ceftriaxone treatment. The Anaeroplasma genus became dominate after 90 days of ceftriaxone treatment.

Effects of ceftriaxone treatment on histopathology of the intestinal mucosa. Histological cross-sections of distal small intestine from all mice are shown in Fig. 2. Characteristic features in control mice included well-shaped, elongated villi lined with columnar epithelia having regularly spaced dark-staining nuclei and evenly distributed dark-staining nuclei in lamina propria. Cross-sections of ceftriaxone treated mice revealed loss of regular villi structure, lack of regularly distributed columnar epithelial cell nuclei lining villi, shortened and irregular villi, and concentration of dark-staining nuclei near the villi base. The villi lesion in 400 mg/mL group was more serious than 200 and 100 mg/mL groups (The average length of villi: 100 mg/mL 121 ± 8.9 μm, 200 mg/mL 106 ± 5.5 μm, 400 mg/mL 82 ± 8.3 μm, P = 0.01).

Effects on body weight and spleen index of mice after long-term ceftriaxone treatment. To examine the effect of ceftriaxone treatment on body weight, all mice body weight was weighed at different time points. The results showed that after 150 days of breeding, all mice body weight was increased (Fig. 3a). However, the average body weight of ceftriaxone-treated mice was significantly lower than that of control mice (body weight: control 24.2 ± 0.36 g, 100 mg/mL 22.8 ± 0.2 g, 200 mg/mL 22.6 ± 0.5 g, 400 mg/mL 21.4 ± 1.3 g, P = 0.011). There were no significant changes of body weight among different dosages of ceftriaxone treated groups after 150 days of ceftriaxone treatments (P = 0.414).

To evaluate the changes of immune organ after long-term ceftriaxone treatment, the spleen index was calculated. The results indicated that the spleen index fluctuated within a certain range during the experiment (Fig. 3b). The spleen index in control group, 100 mg/mL, 200 mg/mL and 400 mg/mL ceftriaxone treatment group fluctuated from 3.69 to 4.2, 2.74 to 3.63, 2.7 to 3.68 and 2.48 to 2.9, respectively. The spleen index was lower in 400 mg/mL ceftriaxone treatment group at all time points when compared with control mice (main effect of ceftriaxone dosage P < 0.001).

The concentrations of immune globulin and cytokines after long term ceftriaxone treatment. The serum concentration in IgG was analyzed at all time points (Fig. 4a). The results showed that there were no significant variations among groups before day 90. However, significant decreasing of IgG concentrations were observed in a dose dependent manner in ceftriaxone treated groups on days 120 and 150 when compared with the control group (time x dosage interaction P = 0.0003).

As for intestinal mucus SIgA concentrations, the concentrations of intestinal mucus SIgA were significantly decreased in a dose dependent manner in ceftriaxone treated groups when compared with the control group (main effect of ceftriaxone dosage P < 0.0001) (Fig. 4b).
IFN-γ and IL-4 are considered to be the characteristic cytokines produced by Th1 and Th2 cells, respectively. IFN-γ/IL-4 cytokine ratio was used by researchers to estimate Th1/Th2 balance\(^{15,16}\). The IFN-γ/IL-4 ratio showed no statistically significant difference between 100 mg/mL ceftriaxone treatment group and control group throughout the experiment. In 200 mg/mL ceftriaxone treatment group, the IFN-γ/IL-4 ratio was significantly higher than that in control group on day 8 (\(P = 0.006\)). In 400 mg/mL ceftriaxone treatment group, the IFN-γ/IL-4 ratios were significantly higher than those in control group on days 8 and 30 (\(P = 0.0006\) and 0.001, respectively); On day 60, the IFN-γ/IL-4 ratios was still higher than that in control group, but not significantly; On day 90, the IFN-γ/IL-4 ratio was slight lower than that in control group; On days 120 and 150, there were no significant statistical differences among groups (Fig. 4c).

**Effects of long term ceftriaxone administration on peripheral blood CD4/CD8 ratio and CD4+CD25+ cells.** CD4/CD8 ratio is a sensitive indicator of clinical diagnosis to determine immune dysfunction. The increase of this ratio indicates cellular immune function in a “hyperactive” state. In this study, the CD4/CD8 ratio in peripheral blood was higher in 400 mg/mL ceftriaxone treatment group on days 30 and 60 when compared with the control group (\(P = 0.002\) and 0.03, respectively). On days 90 and 120, there were no significant statistical differences of CD4/CD8 ratio between control group and 400 mg/mL ceftriaxone treatment group (Fig. 4d).

CD4+CD25+ cells are important immunological modulatory cells that display a crucial role in the immunological tolerance. The number of CD4+CD25+ cells were significant lower on days 30 and 60 in 400 mg/mL ceftriaxone treatment group when compared with the control group (\(P = 0.042\) and 0.038, respectively). On days 90 and 120, there were no significant statistical difference of CD4+CD25+ cells number between control group and 400 mg/mL ceftriaxone treatment group (Fig. 4e).
Anaeroplasma gut. During the long-term treatment, ceftriaxone could induce Enterococcal expansion in the mouse intestine. Enterococcus resistant, and became dominant genus. Enterococcus days 8 and 30, and diversity and its consequences on the immune system. Further studies are needed to illustrate the relationship between microbiota and immunity. In this study, the decreasing of gut microbiota diversity after ceftriaxone administration may be one of the reasons for the changes of immunity. The extent of antibiotic impact on the microbiota depends on the spectrum of antibiotic, the dose and duration of treatment, and the route of administration. In this study, BALB/c mice were administered a gavage of the broad-spectrum antibiotic ceftriaxone sodium for 150 days. The bacterial diversity alterations in the gut after using ceftriaxone were proved by PCR-DGGE. The fecal bacterial diversity reduced significantly in ceftriaxone treatment groups especially in 400 mg/mL group when compared with the control group throughout the experiment. The reduction in gut microbiota diversity is associated with disease as loss of microbiota diversity was observed in digestive diseases such as Crohn's disease, irritable bowel syndrome, colorectal cancer and non-digestive diseases such as autism. It has been proposed that this microbial functional diversity would have been beneficial for the host since it might have shaped the adaptive immune system. From this point of view, in this study, the decreasing of gut microbiota diversity after ceftriaxone administration may be one of the reasons for the changes of immunity. Further studies are needed to illustrate the relationship between microbiota diversity and its consequences on the immune system.

In this study, ceftriaxone treatment reduced the microbial diversity but increased single bacterial species. On days 8 and 30, Enterococcus and Robinsoniella genus became dominant microflora in the gut. After 60 days of ceftriaxone treatment, Anaeroplasma became dominant microflora in the gut. During the long-term treatment, Anaeroplasma, Robinsoniella and Escherichia genus gradually became ceftriaxone resistant, and became dominant genus. Enterococcus genus was the dominant microflora during the experiment because ceftriaxone could induce Enterococcus expansion in the mouse intestine. E. faecium is a highly recombining, multi-resistant organism, which appears both to have initially adapted to the hospital environment and to have repeatedly evolved new clones that have competed with each other, while frequently gaining and losing vancomycin resistance. Enterococcus faecium is a major cause of hospital-acquired infections, especially in severely immunocompromised patients. The increased dominance of E. faecium within the gut microbiota subsequently results in enhanced cross-transmission via surfaces and inter-personal contacts and invasive disease in a subset of colonized patients. Another bacterial species becomes dominate after ceftriaxone treatment in this study is Robinsoniella peoriensis. Robinsoniella peoriensis is a recently described anaerobic, spore-forming, gram positive bacillus originally recovered from swine-manure and clinical human samples. Antibiotic resistance was observed for cefotaxime, clindamycin and moxifloxacin. In this study, the expansion of Enterococcus and Robinsoniella genus indicated that they were resistant to ceftriaxone and may be the reason for hospital-acquired infections. Clinicians should take into account the emergence of Enterococcus and Robinsoniella resistant strains in patients with repeated ceftriaxone sodium application.

Table 1. Sequence identities of PCR amplicons derived from DGGE gels.
Long-term antibiotic administration inducing growth inhibition and spleen index decreasing were observed in this study. Spleen index can directly reflect the level of immune functions in the body. Effects of drugs on the spleen index can be used as the preliminary indicator for the study on immunopharmacological mechanisms in animals. Here, the results showed that the spleen indexes were decreased markedly in the antibiotic groups in a dose dependent manner, which suggested that ceftriaxone can damage the spleen to a certain extent, thereby weakening the immune function.

In order to investigate the effects of long term antibiotic treatment on immunity, the concentration of innate immunity factor IgG in serum was explored. Before day 90, the concentrations of IgG did not vary significantly between control mice and antibiotic treated mice. Nevertheless, mean IgG concentrations were higher in
antibiotic treated mice than those in control mice. The higher IgG concentrations could be a result of leaky guts, increased bacterial translocation, and at the same time might serve as a compensatory protective mechanism. On days 120 and 150, serum IgG concentrations decreased significantly in antibiotic treated mice. Long-term gut microbiota dysbiosis might be an important mechanism to induce the decrease of serum IgG concentration, which has been supported by recent study stating that IgG was induced by symbiotic bacteria. SlgA is the most abundant immunoglobulin found in intestinal mucus. Our results showed that SlgA secretion in ceftriaxone treated mice decreased significantly in a dose dependent manner when compared with control mice throughout the experiment, which suggested a significant reduction in the protective ability of the intestinal mucosa against exogenous bacterial infections.

Long term antibiotic administration affected both the immune defense and the immune regulation. From an evolutionary point of view, antibiotic application at the beginning posed a great blow to the immune system, which dramatically reduced the immunity. However, following long-term antibiotic administrating the body adjusted the immune system, improved the body's immune function, which made the immune system obtain a new immune balance. In this study, the ratio of IFN-γ to IL-4, Th1, and Th2 cytokines, respectively, were higher in 400 mg/mL ceftriaxone treated mice than in the control mice before day 60. On day 90, the IFN-γ/IL-4 ratio was lower than that in control mice. On days 120 and 150, there were no significant statistical difference between groups. These findings indicated that the early stage of ceftriaxone administration probably shifted the Th1/Th2 balance toward Th1, then, triggered a short shift to Th2. Long term ceftriaxone administration resulting in a new balance of Th1 and Th2.

The CD4/CD8 ratio is considered a marker for both immune senescence and immune activation. The increase of this ratio indicated cellular immune function in a “hyperactive” state, such as organ transplant rejection, rheumatoid arthritis, and so on. In this study, the CD4/CD8 ratio increased on days 30 and 60 then decreased to normal on days 90 and 120 in 400 mg/mL ceftriaxone treatment group. The inflammation state after ceftriaxone administration may be one of the reasons to explain the increase of CD4/CD8 ratio, as circulating proinflammatory cytokines were elevated after ceftriaxone administration. Inflammation has been gradually considered as a mechanism of immune defense and repair. Long term ceftriaxone administration induced a new balance of the immunity as the CD4/CD8 ratio restoration was observed in mice after 90 days of ceftriaxone administration.

Regulatory T lymphocytes (Tregs) can regulate or suppress the function of other immune cells. CD4+CD25+ cells, a type of Tregs, have been identified in mice as a distinct population of CD4+ T cells that constitutively express the interleukin (IL)-2 receptor α-chain (CD25). In this study, during the long term of ceftriaxone administration the CD4+CD25+ cells reduced significantly before day 60, then from day 90 to day 120, the CD4+CD25+ cells restored though still lower than those in control group, but the differences were not significant. These data suggested that long term ceftriaxone administration broke the immune balance at the beginning, however after adjustment, the immunity balance restored.

We do not know the exact mechanism underlying this change of immunity, but the antibiotic induced gut microbiota changes may be one of the reasons. Experiments in mice have revealed oral treatment with enrofloxacin early in life promotes Th2-mediated immune response. Microbiota intervention through probiotic (Lactobacillus casei variety rhamnosus) restored the Th1/Th2 balance in trimellitic anhydride-induced atopic dermatitis mice, implying microbiota changes impact the immunity from another angle. Moreover, different specific bacteria and bacterial products are capable of Treg cell induction. Clostridia and Bacteroides fragilis could be the most powerful inducers of Treg cells. In this study, the gut microbiota diversity decreasing and the host immune system adjust to the long term symbiotic bacterium decreasing may be one of the reasons for the changes of immunity.

**Figure 3. Effects of long term ceftriaxone administration on body weight and spleen index.** (a) mice body weight at different time points, (b) mice spleen index at different time points (each group n=6), *p < 0.05 compared to all other groups.
In conclusion, our data suggested that ceftriaxone administration induced histological lesions of small intestine, growth inhibition and decrease of spleen index. Long term ceftriaxone administration induced a reduction in commensal bacterium and overgrowth of antibiotic resistant bacterium, which had a great impact on both local immune response and systemic immune response. The concentrations of circulating IgG and intestinal mucus SIgA were decreased after long term ceftriaxone administration. Except for immune response, long term ceftriaxone administration also affected immune regulation. At the beginning of ceftriaxone administration (before day 60), the Th1/Th2 balance shifted toward Th1, CD4/CD8 ratio increased, CD4⁺CD25⁺ cells reduced. However, after day 90, the Th1/Th2 balance, CD4/CD8 ratio and CD4⁺CD25⁺ cells restored. These data indicated that long term ceftriaxone administration destroyed the original immune homeostasis and formed a new immune balance. Further studies are needed to investigate the influences of long term ceftriaxone administration on immune system.

Figure 4. Effects of long term ceftriaxone administration on immunity. (a) Serum IgG concentration, (b) mucus SIgA concentration, (c) serum IFN-γ/IL-4 ratio, (d) serum CD4/CD8 ratio, (e) CD4⁺CD25⁺ cells in the blood, (each group n = 6), *p < 0.05 compared to all other groups. #p < 0.05 when compared with control group.
Materials and Methods

Animals. Specific-pathogen free (SPF) level inbred female BALB/c mice (aged 6–8 weeks, weighing 18 ± 22 g) were provided by the Experimental Animal House of Dalian Medical University. The study protocol was approved by the Animal Care Committee of Dalian Medical University, China (CXK-2013-0006) and conformed to the Guide for the Care and Use of Laboratory Animals. All animals were fed with commercial diet and tap water ad libitum. In this experiment, 144 female BALB/c rats were randomly assigned into 4 groups of 36 mice each, including a control group that received a gavage of normal saline, and three antibiotic groups that treated with 0.2 mL different doses of ceftriaxone sodium (100, 200 and 400 mg/mL) intragastrically twice a day with an interval of 6 h. For each time points (on days 8, 30, 60, 90, 120 and 150), 6 mice each group were sacrificed by cervical dislocation after inhalational anesthesia.

DGGE analysis and sequence analysis. The DGGE analysis was performed according to descriptions of Joossens et al.34. To identify specific bands, bands were excised from the gel and sequenced (Takara, Japan). The sequences were compared directly with those in GeneBank by Blast search (NCBI, http://www.ncbi.nlm.nih.gov/).

Morphological examination and histological analysis. The distal small intestine tissue sample was cut into ultra-thin cross sections, fixed in 10% neutral buffered formalin, embedded in paraffin and sectioned. Every 10th section (n = 6) was mounted on a glass slide, stained with hematoxylin/eosin and analyzed using an Olympus DP73 microscope (Olympus, Tokyo, Japan) by two persons blinded to the origin of sections.

Collection of biological samples and detection of SIgA, IgG, IFN-γ and IL-4. After mice were sacrificed, the small intestine was removed from mice. Intestinal mucus sample for SIgA analysis was collected according to our previous work [10]. Blood samples were obtained and sera were kept at −80 °C for subsequent experiments. The concentrations of SIgA, IgG, IFN-γ and IL-4 were determined using enzyme-linked immunosorbent assay (ELISA) kit (Uscn life Science, Wuhan, China). Sensitivities of assays were 0.069 ng/mL, 0.52 µg/mL, 2.9 pg/mL and 2.6 pg/mL for SIgA, IgG, IFN-γ and IL-4, respectively. For each immunity index, intra and inter assay coefficients of variation were <10% and <12%, respectively.

Flow cytometric analysis of blood samples. Antibodies against the markers anti-mouse CD8a-PECy7, anti-mouse CD4-FITC and anti-mouse CD25-PE with corresponding isotype-matched controls were purchased from eBioscience (San Diego, CA, USA). For CD4+ T cells and CD8+ T cells, red blood cells were eliminated by incubation for 10 min with lysing buffer and then were centrifuged at 250 g for 5 min. In each flow cytometry tube, 200 μL blood was incubated with 10 μL CD4-FITC and 10 μL CD8a-PE-Cy7 for 20 min at 4 °C in the dark. Cell pellet were resuspended and washed with 2 mL phosphate buffer saline (PBS) by 250g for 5 min. Washed cell pellets were then resuspended in 200 μL flow cytometry staining buffer for analysis. For CD4+CD25+ cells, 200 μL blood was incubated with 0.5 μL CD4-FITC and 0.6 μL CD25-PE for 20 min at 4 °C in the dark. After that, the samples were fixed and analyzed by flow cytometry.

Statistical analyses. Statistical analyses were performed using SPSS 15.0 software. Data were expressed as mean ± SEM. One-way ANOVA followed by the correction of p values with Dunnett's post hoc test was used to determine the significance of data. Longitudinal data were assessed using two-way ANOVA, where the between subjects factor was different doses of ceftriaxone and the within subjects factor was time point. P values < 0.05 was considered to be statistically significant.

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Author Contributions

Yanjie Guo contributed to the study design, performed experiments, and wrote the manuscript. Xuefei Yang, Yane Qi Shaoying Tang and Rongsheng Huang performed some experiments. Yinhui Liu and Shu Wen contributed to the data analyses and wrote the manuscript. Li Tang contributed to the study design and data analyses.

Additional Information

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