Highly stretchable, compressible, adhesive hydrogels with double network

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Abstract
In this work, a double network bovine serum albumin-polyacrylamide (BSA-PAM) adhesive hydrogel was fabricated, in which combination of physical interactions including hydrogen bonds and chain entanglements, and chemical covalent photo-crosslinking. The BSA-PAM hydrogel exhibited excellent mechanical and adhesive properties. The composite hydrogel not only demonstrated excellent tensile properties (maximum force elongation 1552%~2037%), but also displayed extremely high fatigue resistance even when subjected to compress strains of up to 85%. More importantly, the BSA-PAM hydrogel showed excellent adhesiveness to various substrates (90 kPa~150 kPa for glass and 9.74 kPa~35.09 kPa for pigskin). This work provided a facile way of fabricating tough, stretchable and adhesive BSA-PAM hydrogels.

Keywords Double network · Physical interactions · Chemical covalent photo-crosslinking · High strength · Protein adhesive

Introduction
Adhesive hydrogels were three-dimensional polymer networks that cross-linked either physically or chemically [1–3], which were used for tissue adhesion [4–8], hemostasis [9–12], and sealing against the leakage of air and body fluids during surgical procedures [13–15]. Various studies have been carried out to develop synthetic (e.g., cyanoacrylates) and protein [e.g., collagen, bovine serum albumin (BSA) and fibrin] adhesive products [16, 17]. However, synthetic and protein adhesives often exhibited limited bonding capacity and weak mechanical properties [18–21]. Therefore, adhesives owning high adhesive strength and mechanical properties were desired.

In the recent reports, Many efforts have been made to improve the adhesive and mechanical properties of hydrogels. Double network (DN) hydrogels have been fabricated [22–25]. The DN hydrogels were composed of a highly cross-linked network that endowed stiffness to the hydrogel, and a second loosely cross-linked one that endowed toughness to it [26]. For example, Huang and coworkers reported a series of tough and conductive DN hydrogels hybridized with 2,2,6,6-tetramethylpiperidine-1-oxyl oxidized cellulose nanofiber (TOCN) and polypyrrole (Py), which exhibited high mechanical properties (the Young’s modulus ~1 MPa) and better tensile strength and strain ($\sigma_{\text{TP}} = 451$ kPa and $\varepsilon_{\text{TP}} = 107\%$) [27]. However, a facile way of preparing multifunctional double network adhesive hydrogels was still lacking.

BSA is a typical natural globular protein with high water solubility, biocompatibility and low production cost, which has been proposed as a biomaterial with a range of biomedical and industrial applications [28, 29]. These properties made BSA a good candidate as a tissue adhesive. Previously, BioGlue was a well-known BSA based tissue adhesive product [30], in which glutaraldehyde was used as a cross-linker for both inter- and intra- protein molecular. Although this adhesive showed good adhesive to tissues, its inconvenience, special tools usage might limit its use in clinic [31].

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Besides, BioGlue had relatively low mechanical properties [30]. There were several hydrogels based on BSA reported for improving its mechanical properties [32–36], for example, Matsudomi, Tang et al. obtained self-supporting BSA based double-network hydrogels with high tensile strength, but it still challenged to obtain for complex process [37].

Acrylamide (AAM) is a cheap, easily available and highly hydrophilic monomer, which exhibited improved hydrolytic stability. Incorporation of AAM into adhesive can improve its mechanical properties. For example, Rodrigues et al. reported an experimental adhesive resin containing hydroxethyl acrylamide used for dental adhesive resin, which showed that the addition of acrylamide not only increased the material’s reactivity, but also improved the mechanical properties of dental adhesive resin [38, 39].

In this study, we have prepared double network adhesive hydrogels based on BSA and AAM by a facile one-pot synthesis method. All the reactants were mixed and stirred at R. T., and then AAM monomer was polymerized through UV curing method. The fabricated BSA-PAM hydrogel exhibited superior tensile properties and excellent adhesive properties. A series of studies were carried out to evaluate the mechanical, adhesive, swelling and rheological properties of BSA-PAM hydrogels.

Materials

BSA was purchased from Yuanye Bio-Technology Co., Ltd (Shanghai, China). M_w was 68 kD, with a purity of 98%. Acrylamide, N, N’-methylene diacrylamide (BIS) and lithium phenyl-2, 4, 6-trimethylbenzoylphosphinate (LAP) were purchased from Yuanye Biochemical Co., Ltd. (Shanghai, China). All reagents were used as received. Fresh porcine skin was bought from local market. The Gelatin-coated glass slides (25 mm × 75 mm) were purchased from Hito. Bio-Technology Co., Ltd. (Guangzhou, SMAT agent, China).

Synthesis of BSA-PAM hydrogels

BSA (5.0 g, 7.5 × 10^{-5} mol), AAm (2.5 g/1.7 g/1.3 g, 3.5 × 10^{-2} mol/2.4 × 10^{-2} mol/1.8 × 10^{-2} mol), LAP (0.010 g, 3.4 × 10^{-5} mol), BIS (0.0016 g/0.0011 g/0.0008 g, 1.0 × 10^{-5} mol/0.71 × 10^{-5} mol/0.51 × 10^{-5} mol) were dissolved into distilled water (10 mL) in a reactor, and stirred about 30 min at R. T. Then, the above solution was exposed under UV light (365 nm, 30 mW cm^{-2}) for 3 min. BSA-PAM-2, BSA-PAM-3 and BSA-PAM-4 hydrogels were obtained.

ATR-FTIR measurement

All infrared spectra were recorded in the range of 400–3500 cm^{-1} using total reflectance fourier transform infrared (ATR-FTIR) (Nicolet IS10). Each spectrum was acquired by accumulation of 32 scans with a resolution of 4 cm. Background measurements were subtracted from the sample readings.

SEM characterizations

The structures of the BSA-PAM hydrogels were examined using a scanning electron microscope (SEM, TESCAN MIRA4). Before examination, the hydrogels were freeze-dried at -60 °C for 48 h. Then, the hydrogels were fractured by liquid nitrogen to expose their inner structures, and the cross-sections were observed.

Lap shear test

The lap shear strength property of BSA-PAM adhesive hydrogels was tested as previously described [40, 41]. One glass slide (25 mm × 75 mm) and one fresh porcine skin (25 mm × 75 mm) were used to hold each sample. The top portion of the glass slide (20 mm × 25 mm) was coated with gelatin. The pre-polymer solution (20 ml) was added to one of the gelatin-coated regions in glass slide, and then fresh porcine skin was carefully put on the solution. After that, the gel was photo-crosslinked by UV light (365 nm, 30 mW cm^{-2}). The sample was placed into a mechanical tester (KEJIAN, KJ-1065A, China) for shear testing by tensile loading with a strain rate of 1 mm/min. The lap shear strength was determined at the point of detaching.

Tensile stress test

Mechanical tensile stress-strain evaluation was conducted by a testing machine (KEJIAN, KJ-1065A, China) equipped with a 500 N tension sensor at room temperature. All gels (n=4) were cast using polytetrafluoroethylene molds into dumbbell-shaped samples (1.5 mm thickness, 4.0 mm width at center). The tensile strength, elongation at rupture and Young’s modulus were measured with an extension rate of 30 mm s^{-1}. The Young’s modulus was determined from the slope of the linear section stress-strain curve at 5%-10% strain.

Cyclic compress test

Cyclic loading-unloading tests were performed by a testing machine (KEJIAN, KJ-1065A, China). The hydrogels compressed to strains of 85% and then unloaded to zero force. The compress modulus was determined from the slope of the linear section stress-strain curve at 5%-10% strain.
Rheological measurements

Rheological testing was carried out as previously described [42]. The testing was conducted on a Modular Compact Rheometer (Anton paar, MCR 302, Austria) at 25 °C using a 8 mm diameter flat plate with the gap set to 0.5 mm. Excess sample was trimmed off the lower plate. The storage modulus (G') and loss modulus (G'') were measured and recorded by performing a shear frequency-sweep test using a 1% strain and an angular frequency (ω) sweeping from 0.1 to 100 rad s⁻¹.

Swelling test

For study of the swelling properties of the BSA-PAM hydrogel, the as-prepared cylindrical BSA-PAM hydrogels were dried, and weighed to find the initial dry weight (W₀). The pre-weighed dry BSA-PAM hydrogels were immersed in 10 ml distilled water or urea (5M) in distilled water separately. Samples were taken out from solution at each predetermined time points and weighed again (Wₜ). Swelling ratio of the BSA-PAM hydrogel was determined by equation: Swelling ratio = (Wₜ-W₀)/W₀, where W₀ was the original dry weight and Wₜ was the dry weight after incubation for a certain period.

Statistical analysis

All data were presented as means ± standard deviations. All experiments were carried out with at least 3 parallel samples.

Results and discussion

Preparation and characterization of BSA-PAM adhesive hydrogels

In this work, the BSA-PAM adhesive hydrogel was fabricated by a simple one-pot synthesis method (Scheme 1). Briefly, all reactants of BSA, AAm, UV-initiator (LAP) and cross-linker (BIS) were dissolved into water in a reactor. The precursor solution was stirred at room temperature for 30 min. Then, the double network BSA-PAM adhesive hydrogel was formed after UV irradiation (365 nm, 30 mW cm⁻²). As shown in Fig. 1a, the first network was formed through physical interactions including hydrogen bonds and chain entanglements between BSA chains and AAM molecules. The second network was fabricated through chemical covalent crosslinking of AAM monomers by the cross-linker (BIS) under UV irradiation. The two networks induced a synergetic effect in enhancing the mechanical and adhesive properties of the BSA-PAM hydrogels.
was utilized to analyze the structure and network interactions of the obtained hydrogels. As shown in Fig. S1, compared to pure BSA, there was a new peak of 1114 cm⁻¹ for BSA-PAM-2/BSA-PAM-3/BSA-PAM-4, which was assigned as the characteristic of C-N amide bond [36]. SEM micrographs showed that the pore size of the hydrogels gradually increased with weight ratio of BSA : AAM from 2:1 to 4:1 (Fig. 1).

The BSA-PAM adhesive hydrogel was prepared with different BSA: AAM weight ratios as listed in the supporting information (Fig. S2, Table S1). It was clear that the BSA-PAM hydrogel was well formed with weight ratio of BSA : AAM from 1 : 1 to 6 : 1, and we chose hydrogels formed with weight ratio of BSA : AAM from 2 : 1 to 4 : 1 as typical cases to study. Figure 1b showed proposed molecular structure of the BSA-PAM hydrogel. Due to BSA protein molecules contained numerous functional groups such as –NH₂ group, –COOH group, –OH group, etc., multiple hydrogen bonds were formed between BSA chains and AAM monomer molecules. Besides, chain entanglements were also formed between BSA chains. After UV irradiation, AAM monomers was polymerized to form PAM backbone, which was covalently cross-linked by the cross-linker (BIS). PAM backbone served as the primary network, and BSA chains inter-diffused and got physically entangled within the PAM network [43–45]. The abundant hydrogen bonds between the BSA chains and PAM network equipped the obtained hydrogels with high stretchability. Numerous functional groups such as –NH₂ group, –COOH group and –OH group on BSA-PAM hydrogel equipped the obtained hydrogels with high adhesive ability to different substrates.

To verify the hypothesis that BSA-PAM hydrogels were largely cross-linked by hydrogen bonds between the BSA chains and PAM network, we used urea as hydrogen-bond-breaking agents to break hydrogen bonds existing in the BSA-PAM-2, BSA-PAM-3 and BSA-PAM-4 hydrogel and studied their swelling kinetics. As shown in Fig. 7, all three hydrogels swelled obviously after soaking in water and urea (5 M) for 24 hours, and balanced after 48 hours. It was clear that all three hydrogels displayed much higher swelling ratio in urea than in water, due to the intermolecular hydrogen bonds had been destroyed, indicating that hydrogen bonding was an important driving force for the formation of BSA-PAM hydrogels.

**Mechanical properties of the BSA-PAM hydrogels**

The BSA-PAM hydrogels exhibited super stretchability and high toughness due to abundant physical interactions including hydrogen bonding and chain entanglements between BSA chains and PAM network. As shown in Fig. 2a, the BSA-PAM hydrogel could be easily stretched to 19 times and even twisted stretched (Fig. S3). To further quantitatively evaluate the mechanical behaviors of the prepared hydrogel, tensile tests were conducted. Figure 2b, c and d illustrate the typical tensile stress-strain curves of BSA-PAM hydrogels, corresponding maximum force elongation and Young’s modulus.

It was obvious that the maximum force elongation could be stretched 1923.05 ± 50.00%, 2037.85 ± 54.00% and 1552.25 ± 66.75% beyond its initial length for BSA-PAM-2, BSA-PAM-3 and BSA-PAM-4 respectively (Fig. 2c, Table 1). Increasing weight ratio of BSA : AAM would decrease the Young’s modulus from 2.56 ± 0.12 kPa, 2.24 ± 0.36 kPa to 1.20 ± 0.24 kPa for BSA-PAM-2, BSA-PAM-3 and BSA-PAM-4 respectively, due to the low cross-linking degree of the BSA-PAM hydrogel network (Fig. 2d).
The compress tests showed that the BSA-PAM hydrogel automatically recovered its original shape after releasing the compression load (Fig. 3a), and the hysteresis loops of first cycle and second cycle almost coincided even when subjected to compress strains of up to 85%, indicating the BSA-PAM hydrogel had excellent fatigue resistance caused by the dynamic nature of the hydrogen bonds between the BSA chains and PAM network (Fig. 3b). In contrast, the pure PAM hydrogel ruptured, rather than recovered, during the second tensile test [46].

With increase weight ratio of BSA : AAM, the compress modulus was gradually decreased from \(216.95 \pm 6.67\) kPa, \(68.40 \pm 5.56\) kPa to \(18.56 \pm 4.24\) kPa for BSA-PAM-2 hydrogel, BSA-PAM-3 hydrogel and BSA-PAM-4 hydrogel respectively (Table 2, Fig. 3c, d).

The super mechanical property of the BSA-PAM hydrogels can be owed to automatic breaking and recombining of hydrogen bonds between BSA chains and PAM network. In addition, the reversible association/dissociation of dynamic hydrogen bonds promoted energy dissipation when the hydrogel network was under strain testing [47].

Rheology tests were used to evaluate mechanical properties of the BSA-PAM-2 hydrogel, BSA-PAM-3 hydrogel, and BSA-PAM-4 hydrogel. As shown in Fig. 4, the storage modulus \(G'\) was obviously higher than the loss modulus \(G''\) with prolonged time, indicating that elastic component of the BSA-PAM hydrogels dominated the viscous component. In addition, \(G'\) of BSA-PAM-2 was obviously higher than that of the BSA-PAM-3 hydrogel or BSA-PAM-4 hydrogel, which was measured by performing a shear frequency-sweep test using a 1% strain and an angular frequency \(\omega\) sweeping from 0.1 to 100 rad s\(^{-1}\) (Fig. 4a). Strain sweep test \((\gamma = 0.1-100\% \text{ at } \omega = 10 \text{ rad s}^{-1})\) for three hydrogels was also investigated (Fig. 4b). In the linear viscoelastic region, all hydrogels displayed typically solid-like behavior with \(G' > G''\). As strain increased, \(G'\) and \(G''\) intersected, indicating that the physical crosslinking interactions in the hydrogel networks were broken. The \(\gamma\) value of the intersected points of the BSA-PAM-2 hydrogel was 100% strain, which was significantly higher than BSA-PAM-3 or BSA-PAM-4 hydrogels (8% strain and 6% strain), which further demonstrated that the BSA-PAM-2 hydrogel had a more stable network.

**Adhesive property of the BSA-PAM hydrogels**

The adhesive property of BSA-PAM hydrogels was evaluated, as shown in Fig. 5. The obtained BSA-PAM hydrogel showed remarkable adhesive properties to various substrates. Taken BSA-PAM-2 hydrogel as an example.
BSA-PAM-2 hydrogel could directly adhere to various substrates including steel, ceramic, iron, glass, rubber and skin et al. Besides, the BSA-PAM hydrogel can firmly adhere a 200 g weight of steel. For quantitatively evaluating the adhesive strength, we used lap shear tests to systemically assess the adhesive strength of BSA-PAM-2 hydrogel, BSA-PAM-3 hydrogel and BSA-PAM-4 hydrogel to different substrates. Paper, glass, glass with gelatin and pigskin were selected as representative substrates and the results were displayed in Fig. 5b. The adhesion strength between the hydrogel and paper substrate was the highest, which was ~250 kPa, 150 kPa and 120 kPa for BSA-PAM-2, BSA-PAM-3 and BSA-PAM-4 respectively due to the synergetic interactions of vander Waals interaction, hydrogen bonds et al. Figure 5 showed that the content could significantly affect the adhesion strength of the BSA-PAM hydrogel. Taking glass as an example, increasing the weight ratio of BSA : AAM from 2:1 to 4:1 would decrease the adhesion strength from ~170 kPa to ~ 90 kPa. The decreased adhesion was likely caused by the low cross-linking degree the hydrogel network.

The adhesive mechanism of BSA-PAM hydrogel may be owed to two factors: First, the interactions between BSA-PAM hydrogels and substrates contributed to formation of interfacial adhesion forces including vander Waals interaction, hydrogen bonding et al. The combination effect of physical interactions such as hydrogen bonds and covalent crosslinking created a dominant role for improving cohesion, which significantly regulating the adhesive property of the BSA-PAM hydrogels.

### Swelling behavior

Swelling refers to an increase in the volume of a hydrogel after absorption of a liquid. Figure 7 demonstrated the result of the three BSA-PAM hydrogels at R. T. in water and urea. As shown, after 24 h of incubation, the BSA-PAM hydrogels...
exhibited varying degrees of swelling in water and urea. After 48 h incubation, swelling of the BSA-PAM hydrogels achieved equilibrium. It was clear that the swelling ratio of the BSA-PAM hydrogels in urea was obviously higher than those in water, due to the intermolecular hydrogen bonds had been destroyed, indicating that the hydrogen bonds were an important driving force for formation of BSA-PAM hydrogel (Fig. 7a–c).

**Fig. 4** Rheology results of BSA-PAM-2 hydrogel, BSA-PAM-3 hydrogel, BSA-PAM-4 hydrogel at (a) frequency sweep and (b) strain sweep

**Fig. 5** (a) Adhesive performance of the BSA-PAM hydrogel. The hydrogel can adhere on surfaces of tissue (e.g. skin) (i) steel, (ii) ceramic, (iii) iron, (iv) glass, (v) rubber, (vi) steel weight of 200 g. (b) Shear strength of BSA-PAM-2, BSA-PAM-3 and BSA-PAM-4 on different substrates

**Fig. 6** (a) The modified standard test method for shear test. (b) Representative strain-stress curves for lap shear tests. (c) The bar chart of shear strength of BSA-PAM-2, BSA-PAM-3 and BSA-PAM-4

**Table 3** Average shear strength data of different samples

| Samples          | Shear strength (kPa) |
|------------------|----------------------|
| BSA-AAM-2        | 35.09 ± 4.0          |
| BSA-AAM-3        | 33.32 ± 5.0          |
| BSA-AAM-4        | 9.74 ± 4.2           |
| BioGlue [48]     | 20.0-30.0            |
| Fibrin glue [49, 50] | 0.7-27.0           |
Conclusions

This study presented BSA-PAM hydrogels which were constructed through combination of physical interactions including hydrogen bonding and chain entanglements, and chemical covalent photo-crosslinking. The BSA chains interdiffused and got physically entangled within the PAM network. Results showed that BSA-PAM hydrogels displayed excellent mechanical and adhesive properties, and maximum force elongation reached 1552%–2037%, and the adhesiveness was 90 kPa–150 kPa for glass and 9.74 kPa–35.09 kPa for pigskin respectively. This work provided a facile way of fabricating high mechanical and adhesive hydrogels.

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