A Critical Review on the Use of Molecular Imprinting for Trace Heavy Metal and Micropollutant Detection

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Abstract: Molecular recognition has been described as the “ultimate” form of sensing and plays a fundamental role in biological processes. There is a move towards biomimetic recognition elements to overcome inherent problems of natural receptors such as limited stability, high-cost, and variation in response. In recent years, several alternatives have emerged which have found their first commercial applications. In this review, we focus on molecularly imprinted polymers (MIPs) since they present an attractive alternative due to recent breakthroughs in polymer science and nanotechnology. For example, innovative solid-phase synthesis methods can produce MIPs with sometimes greater affinities than natural receptors. Although industry and environmental agencies require sensors for continuous monitoring, the regulatory barrier for employing MIP-based sensors is still low for environmental applications. Despite this, there are currently no sensors in this area, which is likely due to low profitability and the need for new legislation to promote the development of MIP-based sensors for pollutant and heavy metal monitoring. The increased demand for point-of-use devices and home testing kits is driving an exponential growth in biosensor production, leading to an expected market value of over GBP 25 billion by 2023. A key requirement of point-of-use devices is portability, since the test must be conducted at “the time and place” to pinpoint sources of contamination in food and/or water samples. Therefore, this review will focus on MIP-based sensors for monitoring pollutants and heavy metals by critically evaluating relevant literature sources from 1993 to 2022.

Keywords: biomimetics; sensors; molecularly imprinted polymers; environmental monitoring; heavy metals

1. Need for Biomimetics

Biosensors rely on biological elements for detection such as antibodies, enzymes, or cells. However, these natural recognition elements possess inherent drawbacks. For antibodies, these include limited stability, high cost, and considerable batch-to-batch variation. Consequently, this can lead to waste of resources and unreliable data. Of all antibodies on
the market, it has been reported that up to 75% have not been validated, show a low level of validation, or do not perform adequately for the intended application [1]. There are also ethical concerns regarding the use (and subsequent sacrifice) of animals for traditional antibody production. Despite improvements in validation strategy and significant investment from industry, there is still a large dependence on animal-derived antibodies. In fact, the number of animals used for antibody generation in Europe alone is estimated at around one million per year, meaning that there is a strong drive towards finding antibody replacements [2]. A new recommendation was released in 2020 on non-animal-derived antibodies from the European Union (EU) Reference Laboratory, which calls for the replacement of animal-derived antibodies where possible and is expected to have an important impact on the future of antibody production in the EU.

One method to replace natural receptors is by using smaller counterparts that are more stable. These are referred to as “antibody mimics” since they have similar functions to antibodies despite being structurally different. An example of these are affibodies which consist of three α-helices with a molar mass of ~6 kDa, whereas the molar mass of a typical monoclonal antibody is ~150 kDa. This reduction in size leads to affibodies being able to withstand extreme conditions such as high temperatures and wide ranges of pH [3]. Affibodies have received Food and Drug Administration approval for therapeutic applications. However, they are expensive and their market availability is limited, which is likely due to the lack of a platform technology for purification [4].

Another “antibody mimic” example is single-chain variable fragments (scFvs), which are fusion proteins from the variable regions of the heavy and light chains of immunoglobulins connected via a short linker peptide. Therefore, this is the smallest fragment of an antibody that can retain the same antigen-binding specificity [5]. One of the main advantages of scFvs is that they can be produced in large quantities using straightforward and low-cost expression systems such as Escherichia coli. In contrast, monoclonal antibodies require complicated mammalian expression systems and extensive post-translational modification. Antigen-binding fragments (Fabs) are larger than scFvs (molar masses of ~50 and 28 kDa, respectively), and are composed of the whole light chain and the variable region of the heavy chain of an antibody. The discovery of suitable scFvs and Fabs has been augmented due to advances in phage display techniques, which are versatile in vitro technologies for the rapid selection of high affinity antibodies or antibody fragments. The ability for multifaceted selection to build large libraries, in addition to the stimulus of the 2018 Nobel Prize in Chemistry being awarded to phage display is expected to increase the range of commercial products. While the primary focus for these antibody mimics has been for therapeutic applications, there is interest within the biosensing community towards using these materials as recognition elements. The advantage of Fab fragments for this application is their low-cost and easy development (several days), while scFvs offer the advantage of high customizability that will improve sensitivity [6]. However, these fragments can denature upon immobilization to sensor surfaces and in general, synthetic recognition elements demonstrate higher specificity.

Aptamers are single-stranded oligonucleotides or peptide molecules that fold into defined architectures, and therefore can specifically and selectively bind target molecules. The binding affinity of aptamers is comparable, if not better than monoclonal antibodies if sufficient time can be set aside to optimize development [7]. This is also the downfall of the method as there are significant costs associated with the optimization process. However, the method generally utilized to generate aptamers known as systematic evolution of ligands by exponential enrichment (SELEX) has led to advances in efficiency and reliability. There are up to six different SELEX methods available that can be tailored towards different targets. A review by Zhang et al. [8] compares these different methods against each other, highlighting key aspects and (dis)advantages. Considering aptamer synthesis is low-cost and selection strategies have been improved, the technology has experienced a surge in popularity. Aptamers can be chemically modified at the 3’ or 5’ end (commonly with an amine or thiol group) to enable facile surface immobilization. However, care must be
taken that this does not interfere with their analyze-binding ability since binding is based on conformational changes. While DNA aptamers offer enhanced stability compared to antibodies, they are still subject to nuclease degradation [9]. This has led to novel hybrid-systems with enhanced stability, which is achieved by incorporating polymeric elements via either chemical modification of the structure or formation of electropolymerized polymers around the aptamers to lock them in place [10,11].

Since 2010, there has been an exponential increase in the number of publications on aptamers, particularly in the detection of proteins [12]. A similar trend is followed by MIPs, which are polymeric recognition elements. While the structure of MIPs is vastly different to antibodies, the functional groups of some monomers that are used as building blocks do bear similarities to natural amino acids. Therefore, one can think of the binding site of a MIP as having similarities to the active site of an enzyme, where the polymer network serves as the 3D structure to stabilize the active site [13]. It is clear that MIPs can surpass some other synthetic recognition elements in terms of cost and stability; for instance, they are not degraded by nucleases in the body. Due to the generic nature of the technology which allows for detection of virtually any target, MIPs are commercially viable and possess the potential to make a significant contribution to the market [14]. MIP Technologies (AFFINIMIPSPE products), Supelco (Merck), and Acros (SupelMIP) have pioneered MIPs for purification and separation. Aspira Biosystems sell MIPs to selectively capture microorganisms. Companies selling MIPs for the diagnostics market include MIP Discovery and Sixth Wave.

However, MIPs need to find niche applications compared to natural receptors to stimulate uptake which, in addition to lack of mass-production facilities, is currently limiting their commercial potential. We expect that in the coming years, there will be a surge of biomimetic receptors on the market with aptamers initially beginning to compete with antibodies and enzymes.

2. Introduction to MIPs

MIPs are synthetic materials with a high affinity towards specific molecules. This affinity originates from distinct cavities in their polymeric matrix, which are generated by the inclusion of guest molecules (templates) during the polymerization process. After polymerization, the template molecules are removed and leave behind molecular imprints, which meet the spatial requirements (both in terms of size and arrangement of functional groups) of the template molecules and allow for an effective binding of these molecules with the modified polymer. Removal is commonly performed by solvent extraction, but other options include physically assisted extraction methods or use of subcritical/supercritical solvents [15]. Different binding modes are responsible for an efficient interaction of the cavity and requisite template. The most common method in recent years, the non-covalent approach, uses interactions such as ionic interactions, hydrogen bonds, π–π interactions, van der Waals forces, metal coordination interactions, and hydrophobic interactions. The greater the variety and number of interactions between the imprint species and functional monomer, the better the artificial binding site becomes. This process is described in detail in ref [16]. Generally, the interaction between the polymer and template follows the principle of a “molecular lock and key” as initially postulated by Emil Fischer as early as 1894, and thus strongly correlates with antibody–antigen interactions [17]. In this respect, MIPs represent artificial receptors, mimicking their natural counterparts using semi-covalent interactions to bind targets. However, the binding of MIPs can follow different approaches, including covalent interactions and chelation with metals [18]. The success story of MIPs dates back to the early 1930s when Polyakov first observed distinct differences in silica due to different solvents being present during the drying process [19]. Some years later, another interesting observation was made by Dickey who prepared silica gel in the presence of azo dyes [20]. This report and similar findings initiated some research in the field of MIPs, but the overall number of publications remained quite limited. However, this changed
dramatically in the late 1980s when the research area was revived by the pioneering work of Mosbach and Wulff, among others [21–24].

The preparation of MIPs is schematically outlined in Figure 1. Monomeric building blocks are mixed with template molecules before the polymerization process takes place, giving the molecules chance to assemble around the template [21,22,25]. The orientation of the individual building blocks is then locked in place during the cross-linking of the monomers, generating an imprint with the size, shape, and electrostatic surface profile of the template molecule. To evaluate the specificity of MIPs, the synthesis process is duplicated in the absence of the template, producing a reference non-imprinted polymer (NIP) or alternatively by performing the imprinting process in the presence of a similar template.

![Figure 1. Schematic representation of MIP synthesis.](image)

The polymerization step is crucial for the molecular recognition of the template molecules. Firstly, the choice of the monomer and cross-linker employed in the polymerization has significant impact on the level of molecular recognition between the polymeric matrix and template molecule. The overall polarity must be considered carefully as effective binding between a completely non-polar polymer and a highly oxygenated natural product is unlikely. Furthermore, the reaction of the template molecule with the monomeric building blocks during the polymerization needs to be avoided. Many different monomers are currently commercially available, facilitating a tailor-made solution to individual requirements and templates with various complexities and surface properties. The selection process of the optimal polymer formulation is now often assisted by computational methods, which have gained considerable importance in the design of MIPs [26]. First employed in the late 1990s and early 2000s, in silico aided design of MIPs has significantly advanced over the last few years [27]. Today, quantum mechanical modeling and semi-empirical methods are routinely used to guide the synthesis and application of MIPs [28].

Different polymerization protocols have been employed in the production of MIPs. For example, bulk polymerization is a simple and well-established process that is commonly utilized for MIP preparation. After the polymerization, the obtained polymer material is ground to obtain small particles with well-defined size and large surface area, which is required to enhance binding site accessibility and allow the target to bind to the imprinted cavities. Properties of the MIP significantly depend on the pore size and cross-linking of the polymer. If the functional groups in the matrix are too flexible, the required level of
selectivity towards the template molecule is not reached in the final product. Nanoparticles present an interesting alternative to bulk polymerization as they often exhibit superior performance due to their higher surface-area-to-volume ratios [29]. However, they are more difficult to produce in large quantities, which presents a significant disadvantage. Precipitation polymerization has commonly been employed in the preparation of MIP nanoparticles [30]. Alternatively, emulsion polymerization takes advantage of high-shear homogenization of the monomers in the presence of co-surfactants and often produces nanoparticles in higher yield [31]. Core–shell emulsion polymerization and grafting are well-suited for the preparation of complex nanoparticles with polymer layers deposited on various materials [32,33]. Micro- and nano-gels are cross-linked unimolecular particles, which are mostly soluble and produced via extensive grinding or high-dilution polymerization. They are designed for special applications, such as catalytic processes and biological systems [34,35]. Imprinting of larger biomolecules is more complex and thus more sophisticated protocols, such as the polymerization packed bed method, are often used to obtain hierarchically structured polymers [36]. In recent years, solid-phase methods were also developed for the preparation of molecularly imprinted polymer nanoparticles (nanoMIPs). Covalently immobilized template molecules on the surface of a solid support, such as glass beads, allow the synthesis of template-free nanoMIPs with high affinity for even large biomolecules [13]. However, the process becomes progressively more challenging with the increasing molecular weight of the template molecule, and therefore surface imprinting technologies are preferred for larger biomolecules, viruses, cells, or cell fragments/epitopes (substructure imprinting) [37,38].

Before MIPs can be employed in sensor technology, the template and any unreacted monomer must be removed. The efficiency of standard extraction protocols, such as Soxhlet extraction or incubation of the MIP in a solvent that induces swelling, can further be improved upon by physically assisted extraction protocols [25,39]. Ultrasound, microwave irradiation, or mechanical stirring are suited to increase efficiency while decreasing the extraction time [40–42]. Alternatively, extraction with subcritical water or supercritical carbon dioxide has been described [15,43]. Further details on MIP preparation can be found in refs [16,44,45]. MIPs have been developed with high selectivity towards ions and molecules, in addition to larger units such as viruses, cell fragments, or cells. The selectivity of MIPs is comparable, sometimes even superior, to traditional analytical protocols and these compounds constitute a cost-effective alternative, which often allows for the quantitative on-site determination of analytes. The following sections summarize applications of MIP-based sensors in the determination of heavy metals and other problematic pollutants using electrochemical and optical detection methods.

3. MIP-Based Sensing of Heavy Metals

Electrochemical detection is focused on measuring changes in the electrical signal, which occur when chemicals interact with a sensing surface. There are three main electrochemical approaches used in MIP-based sensors (Figure 2). First, there is a direct determination of the redox-active analyte where the recorded faradaic current comes from direct electron transfer between the target and electrode surface. Secondly, an indirect quantification can be used via the generation of a redox-active product, which subsequently reacts at the electrode surface. Thirdly, another indirect quantification method is using a redox marker such as ferri/ferrocyanide. In this case, the diffusional permeability of the redox marker through the electrode surface is monitored. Electrochemical detection is an especially attractive technique because of its high specificity, experimental simplicity, low cost, and easy integration into portable devices. Consequently, it is unsurprising that the technique is commonly utilized within commercial sensors. In the next section, we discuss the detection of heavy metals and touch on relevant screen-printing technology, which has attracted considerable commercial interest due its low-cost and compatibility with mass-manufacturing.
3.1. Determination of Heavy Metals

The term heavy metal describes a group of metals and metalloids with high atomic weight and density. Heavy metals are an extremely problematic class of contaminants, which can cause considerable damage to human health and the environment [47]. Mercury, cadmium, copper, and lead are heavy metals commonly found in domestic and wastewater [48]. In the literature, it is well demonstrated that once inside an organism, these metals can bind to proteins, displace inherent metal proteins, and bioaccumulate, which can cause various diseases and disorders [48]. To address the negative environmental and health impacts of heavy metal contamination, safe limits must be outlined by governmental organizations such as the EU and World Health Organization (WHO) [49]. For instance, the EU reviewed the heavy metal limits in drinking water (Table 1) through the “Right2Water” campaign in 2020 [50]. To meet these thresholds, scientists must develop methods to remove and control the level of contaminants in the environment.

Table 1. EU drinking water guidelines as of 2020 [50].

| Metal    | Previous EU Limit (µg L⁻¹) | New EU Limit (µg L⁻¹) |
|----------|-----------------------------|------------------------|
| Antimony | 5                           | 5                      |
| Arsenic  | 10                          | 10                     |
| Cadmium  | 5                           | 5                      |
| Chromium | 50                          | 25                     |
| Copper   | 2000                        | 2000                   |
| Lead     | 10                          | 5                      |
| Mercury  | 1                           | 1                      |
| Nickel   | 20                          | 20                     |
| Selenium | 40                          | 10                     |
| Uranium  | 30                          | 30                     |

Atomic absorption spectrometry [51], mass spectrometry [52], induced coupled plasma mass spectrometry [53], X-ray fluorescence [54], and various optical methods [55,56] are well established techniques for accurate determination of heavy metals in the environment and food. However, whilst these techniques can detect heavy metals at the concentration range set by policies, they have several distinct disadvantages such as laborious sample preparation, high equipment costs, steep learning curves of users, and lack of portability. Therefore, the determination of heavy metals using electrochemical techniques...
can be considered as more advantageous since the core equipment used (a potentiostat) is cheap and analysis can be performed on-site and in real time [49]. Ion imprinted polymers (IIPs) are MIPs that specifically use ions as the template. They were first introduced by Nishide et al. [57] in 1976 where poly(4-vinylpyridine) was cross-linked with 1,4-dibromobutane in the presence of metal ions (Cu$^{2+}$, Fe$^{3+}$, Co$^{2+}$, Zn$^{2+}$, Ni$^{2+}$, and Hg$^{2+}$), which acted as a template. The general procedure for IIP synthesis involves the preparation of a ligand–metal complex and its subsequent copolymerization with a cross-linker in order to create three-dimensional recognition cavities inside the polymer network (Figure 3) [58].

Figure 3. Schematic representation of IIP synthesis. Figure reproduced from [58] with permission from copyright Elsevier 2013.

To improve the sensitivity and selectivity of electrodes for electroanalysis, IIPs are frequently fabricated to target specific heavy metals. The role of IIPs is similar to solid-phase extraction in that they are utilized to preconcentrate the given heavy metal ion onto the electrode, thus enhancing the stripping signals. A brief scheme of the mechanism of detection in an IIP-based electrochemical sensor is shown in Figure 4. In the following sections, we will review recent developments in IIP-based electrochemical sensors for the detection of three of the most hazardous heavy metals: mercury(II), cadmium(II), and lead(II).

Figure 4. Schematic representation of the detection mechanism of electrochemical IIP-based sensors.

3.1.1. Detection of Lead(II)

Plumbing systems are the primary source of lead contamination in drinking water. As a highly hazardous heavy metal, lead can accumulate in living organisms and cause severe poisoning [59]. Intensive exposure to lead is particularly harmful for the cognitive development of young children [60]. In order to lower the incidence of lead poisoning, the WHO has systematically reduced the legal threshold of lead in drinking water (100 to 50 to 10 µg·L$^{-1}$) over the last two decades [61]. Within the literature, there are relatively few investigations from only a small number of research groups that focus on developing electrochemical sensors using IIPs for heavy metal detection in the environment (Table 2 summarizes those focused on lead(II) detection).
Table 2. Summary of studies which have utilized IIPs for the electrochemical detection of lead(II).

| Target/Synthesis | Electrode a | Detection Method b | Dynamic Concentration Range (nM) | LoD c (nM) | Samples | Ref. |
|------------------|-------------|--------------------|----------------------------------|-------------|---------|------|
| -Pb(CO$_3$)$_2$ | CPE         | DPSV               | 1–810                            | 0.6         | -Tap/river/waste H$_2$O -Edible Salt | [62] |
| -Copolymerization |             |                    |                                  |             |         |      |
| -Pb(NO$_3$)$_2$ | CPE         | DPSV               | 1–10                             | 0.03        | -Distilled/tap/sea/waste H$_2$O | [63] |
| -Precipitation polymerization |             |                    | 10–10,000                        |             |         |      |
| -Pb(CH$_3$COO)$_2$ | CPE       | DPV                | 0.3–1                            | 0.1         | -Tap H$_2$O -Lipstick | [64] |
| -Thermal precipitation polymerization |             |                    | 10–1000                          |             |         |      |
| -Pb(NO$_3$)$_2$ | GCE         | DPV                | 50–60,000                        | 10          | -Waste/pool H$_2$O -Rice | [65] |
| -Free radical polymerization |             |                    | 0–1000                           |             |         |      |
| -Pb(ClO$_4$)$_2$ | GCE/MWCNTs| SWV                | 0.01–0.5                         | 0.0038      | -Sea/river H$_2$O | [66] |
| -Copolymerization |             |                    | 1–80                             |             |         |      |
| -Pb(CO)$_3$ | CPE         | DPV                | 1–750                            | 0.013       | -Tap/river H$_2$O -Flour -Rice | [67] |
| -Precipitation polymerization |             |                    |                                  |             |         |      |
| -Pb(NO$_3$)$_2$ | GCE         | DPASV              | 2.4–60                           | 0.77        | -Tap/mineral H$_2$O -Physiological serum -Synthetic urine | [68] |
| -Precipitation polymerization |             |                    | 70–100                           |             |         |      |
| -Pb(NO$_3$)$_2$ | Platinum    | DPV                | 4800–24,100                      | 20          | -Lake H$_2$O -Mining effluent -Food -Cosmetics | [69] |
| -Free radical polymerization |             |                    |                                  |             |         |      |
| -Pb(CH$_3$COO)$_2$ | CPE       | DPASV              | 0.4–10                           | 0.11        | -Tap/well H$_2$O -Seronorm™ urine | [70] |
| -Thermal precipitation polymerization |             |                    | 10–1000                          |             |         |      |
| -Pb(NO$_3$)$_2$ | GCE         | DPV                | 0.48–24.1                        | 0.24        | -Tap/rain/river H$_2$O -Fruit juice | [71] |
| -Precipitation polymerization |             |                    | 24.1–390                         |             |         |      |
| -Pb(CH$_3$COO)$_2$ | Graphite electrode | Potentiometry | 0.53–1 × 10$^8$                     | 0.34         | -Tap/well/river/mineral H$_2$O | [72] |
| -Thermal precipitation copolymerization |             |                    |                                  |             |         |      |

a Carbon paste electrode (CPE); glassy carbon electrode (GCE); multiwalled carbon nanotubes (MWCNTs).
b Differential pulse stripping voltammetry (DPSV); differential pulse voltammetry (DPV); square wave voltammetry (SWV); differential pulse anodic stripping voltammetry (DPASV). c Limit of detection (LoD).

Alizadeh et al. [62] synthesized a novel nano-structured IIP of methacrylic acid–Pb$^{2+}$ complex and ethylene glycol dimethacrylate (EGDMA) using precipitation polymerization. The obtained IIPs were used to modify CPEs for the detection of lead(II), with a LoD of 0.6 nM (signal to noise (S/N) = 3). The sensor was successfully applied for the detection of trace lead(II) in various water samples and edible salts. Bojdi et al. [63] reported on the synthesis of lead(II) IIPs by precipitation polymerization of 4- vinylpyridine (functional monomer), EGDMA (cross-linker), 2,2′-azobisisobutyronitrile (AIBN, initiator), 4-(2-pyridylazo)resorcinol (lead-binding ligand), and lead(II) (template) in acetonitrile solution. The sensor showed high selectivity for lead(II) in the presence of common metal ion interferents. The LoD of the sensor was 30 pM (S/N = 3) and the sensor was effectively utilized for trace detection of lead(II) in spiked environmental water samples. Hu et al. [65] synthesized an IIP for lead(II) using methyl methacrylate as the functional monomer. Distinct interference on lead(II) detection was observed when the ratio of various contaminants to lead(II) was greater than 60. The sensor also exhibited consistently favorable performance (relative standard deviation of 3.8%) with two dynamic concentration ranges from 0.05 to 60 µM and 0.0 to 1 µM, and a LoD of 0.01 µM. The sensor was successfully used for lead(II) determination in waste pool water and rice.
To improve sensor performance in the detection of lead(II), some researchers have introduced materials to increase the surface area of the reaction and/or transfer of electrons. For instance, an itaconic acid-Pb$^{2+}$ complex and EGDMA were copolymerized to obtain an IIP material. The IIP was then impregnated with a small amount of MWCNTs (6% w/w) to modify a CPE for the detection of lead(II) in aqueous solutions [71]. The sensor exhibited a LoD of 3.8 pM (S/N = 3) and two linear concentration ranges from 10 pM to 0.5 nM and 1 to 80 nM. However, a 50-fold excess of Fe$^{2+}$ and Zn$^{2+}$, as well as a 40-fold excess of Cu$^{2+}$ had a detrimental effect on the sensor response [66]. Similarly, Dahaghin et al. [71] grafted IIP onto Fe$_3$O$_4$@SiO$_2$ nanomaterials. This synthesis used 2-(2-aminophenyl)-1H-benzimidazole and 4-vinylpyridine as a ligand and functional monomer, respectively. The obtained polymer was utilized in the modification of GCEs for the detection of lead(II), with the sensor exhibiting a LoD of 0.24 nM (S/N = 3). This modified GCE was subsequently used for determining lead(II) in water and fruit juice.

3.1.2. Detection of Mercury(II)

Mercury exposure constitutes a significant health and environmental hazard. It tends to bioaccumulate in the environment and can cause serious damage to the central nervous and reproductive systems [73,74]. In 2007, the WHO set the mercury threshold concentration at 6 µg·L$^{-1}$ (30 nM) in drinking water [61]. A comprehensive screening of the literature reveals that only a small number of papers have reported on the detection of mercury(II) using IIP-based electrochemical sensors (Table 3).

### Table 3. Summary of studies which have utilized IIPs for the electrochemical detection of mercury(II).

| Target/Synthesis | Electrode | Detection Method | Dynamic Concentration Range (nM) | LoD (nM) | Samples | Ref. |
|------------------|-----------|------------------|----------------------------------|----------|---------|------|
| -Hg(NO$_3$)$_2$  | CPE       | DPV              | 2.5–5000                         | 0.52     | -Tap/river/waste H$_2$O | [75] |
| -HgCl$_2$        | GCE       | DPASV            | 10–70,000                        | 5        | -Waste/ground H$_2$O  | [76] |
| -HgCl$_2$        | CPE       | Potentiometry    | 4–130,000                        | 1.95     | -Tuna fish            | [77] |
| -Hg(NO$_3$)$_2$  | CILE      | DPASV            | 0.5–10                           | 60–2000  | -Municipal/industrial/petrochemical waste H$_2$O | [78] |
| -Hg(NO$_3$)$_2$  | GCE       | SWASV            | 0.35–400                         | 0.1      | -Tap/aqueduct/waste/river H$_2$O | [79] |
| -Hg$^{2+}$       | CPE       | SWV              | 1–17.5                           | 3–8000   | -River/water H$_2$O  | [80] |
| -HgCl$_2$        | CPE/MWCNT | SWV              | 0.1–20                           | 0.029    | -River/sea H$_2$O     | [81] |
| -HgCl$_2$        | GCE       | SWASV            | 0.1–4000                         | 0.5      | -Tap/ground/waste H$_2$O | [82] |
| -HgCl$_2$        | CPE       | SWASV            | 0.06–25                          | 0.018    | -Tap/sea H$_2$O       | [83] |
Table 3. Cont.

| Target/Synthesis                  | Electrode  | Detection Method | Dynamic Concentration Range (nM) | LoD (nM) | Samples                  | Ref.  |
|----------------------------------|------------|------------------|----------------------------------|---------|--------------------------|-------|
| -HgCl₂ -Precipitation polymerization | CPE        | Potentiometry    | 1–1000                           | 0.43    | -Tap/sea H₂O             | [84]  |
| -HgCl₂ -Electropolymerization    | Gold       | SWV              | 0.001–1000                       | 0.001   | -Tap/ground/waste H₂O    | [85]  |

a Carbon ionic liquid paste electrode (CILE). b Square wave anodic stripping voltammetry (SWASV).

Alizadeh et al. [75] described a simple and selective IIP-based electrode for the detection of mercury(II) in real samples. Vinyl pyridine, acting as both the functional monomer and complexing agent, interacted with mercury(II) in the presence of the initiator. The CPE modified with the prepared polymer was utilized to detect mercury(II) in tap, river, and lake water. The group enhanced selectivity of the mercury(II) sensor by including another functional monomer (itaconic acid) and a different synthesis method involving precipitation polymerization [81]. Bahrami et al. [78] prepared a voltammetric sensor for sensitive and selective mercury(II) detection using a CILE impregnated with Hg²⁺-IIP nanobeads. Additionally, the non-conductive organic binder usually added to form the carbon paste was replaced by a carbon ionic liquid, which assisted in increasing electrode conductivity. This sensor could detect low mercury(II) levels in complex mixtures and exhibited a wide concentration range (1–2000 nM). Ait-Touchente et al. [85] developed an IIP electrochemical sensor based on surface modification of gold electrodes with diazonium salt and the growth of ZnO nanorods. This was followed by electropolymerization of the pyrrole in the presence of mercury(II) (template) and L-cysteine (cross-linker). A LoD of 1 pM was obtained, making it the most sensitive mercury(II) detection method to date.

3.1.3. Detection of Cadmium(II)

Cadmium is toxic and has a propensity to bioaccumulate; prolonged cadmium exposure is linked to severe health implications, particularly damage to the bones, lungs, and kidneys [86]. The WHO has set the threshold cadmium(II) concentration in drinking water at 3 µg L⁻¹ (26.7 nM) [61]. Similarly to lead(II) and mercury(II), there is relatively sparse literature on electrochemical detection of cadmium(II) using IIP-based sensors and it is generally produced by a small number of research groups (Table 4). For example, the group of Alizadeh et al. [87] has also been active in cadmium(II) detection, modifying CPEs with IIPs to obtain sensors with a LoD of 0.52 nM (S/N = 3). The sensor had high selectivity as a 500-fold molar excess of different alkaline and earth alkaline cations did not significantly influence the detection of 50 nM of cadmium(II), and detection in real water samples was possible. Dahaghin et al. [88] prepared a cadmium(II) IIP by co-polymerization using a range of monomers in acetonitrile, which were subsequently applied to GCEs. Cations such as Zn²⁺, Cr³⁺, Pb²⁺, Ni²⁺, Ag⁺, Hg²⁺, and K⁺ at 100-fold molar excess of 0.03 µM cadmium(II) did not meaningfully influence cadmium(II) detection. The LoD was 0.1 nM and the electrode was successfully utilized for cadmium(II) detection in waste, river, and tap water. Recently, the natural polymer chitosan was used by Wu et al. [89] as a base substrate for the synthesis of cadmium(II) IIPs. The results demonstrate that the voltammetry response of cadmium(II) at 0.09 µM was slightly perturbed in the presence of 20-fold other cations. The electrode exhibited a good linear response towards cadmium(II) in the range of 0.1 to 0.9 µM with a LoD of 0.17 nM.
This literature review reveals that there are relatively few papers from only a small number of research groups that discuss the performance of IIP-based electrochemical sensors for heavy metal detection. One reason for the lack of research in this area may be the limited possibilities to innovate the synthesis protocol of IIPs. However, from these papers, it is clear that IIP-based sensor performance is consistently improved by increasing surface area and/or electron transfer by embedding conductive materials, (e.g., SiO$_2$ and Fe$_2$O$_3$ nanoparticles, graphene, MWCNTs) into the electrode surface [99]. Precipitation polymerization is most commonly used for IIP synthesis, which is likely because nanosized particles are produced with a high number of adsorption sites per particle. Stripping voltammetry is typically utilized as an electrochemical detection method with DPV generally being favored over SWV. It is clear that potentiometric methods of detection offer a very large domain of linearity compared to amperometric methods. Furthermore, this review highlights that casting the prepared IIP material on a solid electrode and blending the IIP with graphite are the two main approaches used for the integration of IIPs with transducers. In the former case, GCEs are most commonly used, whereas in the latter, CPEs are generally favored. The reason for this may be that the imprinted material has poor adherence to the GCE, which would make sample preparation more difficult. An interesting avenue for future
research is developing IIP sensor arrays, which can simultaneously detect multiple heavy metals. This is particularly relevant as numerous heavy metals are generally present in real samples. Roy et al. [100] performed a unique study that assessed the simultaneous detection of cadmium(II), lead(II), and copper(II) using a multi-template imprinting technique (Figure 5). For this, an imprinted nanowire was synthesized using MWCNTs as a core on which a layer of conducting polyarginine was cast using an electropolymerization technique. The reduction peak potentials of the cadmium(II), lead(II), and copper(II) on the pencil graphite electrode modified with the imprinted nanowire were separated completely into three well-defined peaks at 0.00, −0.20, and −0.56 V vs. Ag/AgCl, respectively.

Figure 5. (A) Schematic representation showing the production of an imprinted nanowire modified pencil graphite electrode (PGE). (B) Differential pulse stripping voltammograms for the simultaneous detection of cadmium(II), lead(II), and copper(II) at different concentrations. Figure reproduced and modified from [100] with permission from copyright The Royal Society of Chemistry 2014.

3.2. Electrochemical Sensors Produced via Screen-Printing

The development and optimization of screen-printed electrodes (SPEs) as the transducer within electroanalytical platforms has further enhanced their intrigue for in-the-field sensing applications due to their high reproducibility, sensitivity, cost effectiveness, and suitability for mass production [101]. Screen-printing as an electrode production method involves the application of a thixotropic fluid through a mesh, which defines the desired size and shape of the electrode. As such, the mesh screens used for the process can be manipulated and designed to form an almost limitless variety of electrode shapes and sizes on various substrates, making them suitable for any application or device [102,103]. It is noted that if a shorter connection length of SPE is used, an improved electrochemical response is obtained [104]. In addition to versatility in the shape and size of the electrode dimensions, there are a wide range of possibilities in manipulation of the ink composition. For example, they can be designed to include a variety of substances including graphene, graphite, and carbon black alongside the binder and solvents [105]. Due to this versatility, there are many examples in the literature of their use as transducers for the monitoring of environmental pollution with a particular focus on the detection of heavy metal ions [49,106–108].

The favorable properties of MIPs, including their chemical/thermal stability, versatility, and suitability for mass production mean they synergize well as recognition elements in conjunction with SPEs. This has been shown for a wide range of analytical systems for the detection of antibiotics [109], neurotransmitters [110], proteins [111], and even microbiological cells [112]. The chemical and thermal stability of MIPs mean that they can be incorporated into SPE platforms in a variety of ways such as non-covalent immobilization [113], covalent attachment [114,115], direct incorporation into the conductive ink [116], or via the formation of the MIP directly onto the surface through electropolymerization [117]. The plethora of MIP synthesis methodologies and incorporation techniques onto SPEs show their suitability for environmental monitoring. Therefore, we expect that the first commercial MIP-based sensors will have SPEs as base electrodes.
4. MIP-Based Optical Assays

One of the most unambiguous approaches in MIP-based sensing is the ability to translate a binding event at the MIP’s surface into an optical output. This output can be the result of various molecular mechanisms, (e.g., fluorescence quenching/enhancement, dye displacement, conformation changes, redox reactions) that offer a clear confirmation of a target’s presence either by spectroscopic methods or visual observation (Table 5) [14,118–121].

| Target/Synthesis a | Sensor Material b | Detection Method c | Dynamic Concentration Range | LoD | Samples | Ref. |
|-------------------|------------------|--------------------|-----------------------------|-----|---------|------|
| -Cd(II) -RAFT polymerization | MIP-paper composite | Colorimetric | 1–100 ng·mL⁻¹ | 0.4 ng·mL⁻¹ | -Lake/river/tap H₂O | [122] |
| -Various psychoactive substances -Bulk polymerization | Dye loaded MIPs | Colorimetric | 0.01–0.1 mM | 50 µM | -Distilled H₂O | [123] |
| -Cartap -Free radical polymerization | Silver nanoparticle sensor with magnetic MIPs | UV-Vis | 0.01–30 mg·mL⁻¹ | 10 µg·mL⁻¹ | -Tea | [124] |
| -Atrazine -Bulk polymerization | MIP/gold nanoparticle assay | SERS | 0.005–1 mg·L⁻¹ | 0.0012 mg·L⁻¹ | -Apple juice | [125] |
| -BPA -Bulk polymerization | Paper-based assay with magnetic MIPs | Colorimetric | 10–1000 nM | 6.18 nM | -Buffered solutions | [126] |
| -Goesmin -Bulk polymerization | Fluorescent tagged MIPs | Fluorescence | - | 80 µg·L⁻¹ | -Field H₂O | [127] |
| -2,4-D -RAFT polymerization | Fluorescent tagged MIPs | Fluorescence | 20 nM–5 µM | 28 nM | -Field H₂O from various locations | [128] |
| -λ-cyhalothrin -Free radical polymerization | MIPs with core–shell QDs | Fluorescence | 1–350 µg·g⁻¹ | 0.246 µg·g⁻¹ | -Various food samples | [129] |
| -Dichlorophenoxyacetic acid -Bulk polymerization | Paper chip with MIPs and QDs. | Fluorescence | 0.51–80 µMol·L⁻¹ | 0.17 µMol·L⁻¹ | -Cucumber samples | [130] |
| -Triazophos -Bulk polymerization | MIP-based LFA | Fluorescence | 20–500 µg·L⁻¹ | 20 µg·L⁻¹ | -Tap H₂O | [131] |

a Reversible addition–fragmentation chain transfer (RAFT); bisphenol A (BPA); dichlorophenoxyacetic acid (2,4-D).
b Quantum dots (QDs); lateral flow assay (LFA). c Surface-enhanced Raman spectroscopy (SERS).

4.1. Colorimetric MIP-Based Sensing

The most straightforward approach in MIP-based colorimetric sensing consists of loading an extracted MIP with a visually observable competitor molecule. This can be either the dye-conjugated template or a structurally similar molecule. When the dye-loaded MIP particles are exposed to a solution containing the target molecule, it will bind to the MIP and displace the dye into the surrounding medium. This leads to an observable color reaction confirming the presence of the target. McNiven et al. [132] introduced the first colorimetric MIP displacement assay in 1998, utilizing a dye-conjugated chloramphenicol analog for the detection of the parent chloramphenicol compound. The developed assay demonstrated the selective nature of MIPs, overcoming common interferences whilst also exhibiting a good linear range (within, above, and below the physiological range).
Following this proof-of-principle by McNiven et al. [132], the concept was extended towards the detection of a wide range of compounds, including chlorophenolic contaminants [133], L-phenylalaninamide [134], various amines [135], and drug molecules [123,136]. These studies verified that the methodology could be successfully tailored toward a multitude of targets. In terms of monitoring environmental pollution, a study by Silverio et al. [137] in 2017 demonstrated that it is possible to detect pesticides using MIPs that were pre-loaded with a commercial pH indicator (bromocresol green). The combination of a widely available dye and low-cost MIP system makes this approach commercially very interesting. However, drawbacks are that the study makes use of a UV–Vis spectrophotometer and incubates the samples for over an hour in acetonitrile. A paper by Lowdon et al. [123] demonstrated that it is possible to use a similar system in an aqueous environment and achieve a visible confirmation regarding the target’s presence in minutes by immobilizing the dye-loaded MIPs into a syringe filter. This indicates that displacement assays have significant potential for environmental screening as combining such an assay with a low-cost handheld absorption meter would allow an end-user to rapidly detect the presence of various targets, (e.g., pesticides) in liquid environmental samples.

In addition to displacement assays, other MIP-based colorimetric assays have been developed for the detection of environmental pollutants. Huang et al. [122] created polymer-paper composite chips for the colorimetric detection of cadmium ions, for instance. Other assays make use of nanoparticles to catalyze a color reaction in the presence of the target. Typically, MIPs are used to extract compounds from an aqueous solution and are then transferred to a solution containing gold nanoparticles. Elution of the target compound from the MIP's leads to a color change of the solution by interaction of the compound with the nanoparticles. This mechanism was used for the detection of the insecticide cartap [124] and the herbicide atrazine [125]. The drawback of this procedure is that it typically requires a multi-step approach with several reagents employed, making it less suitable for handheld, routine environmental screening. However, Kong et al. [126] used this approach to create a paper-based handheld test strip for the endocrine disruptor BPA. They used cellulose paper on which they created a wax-like scaffold for immobilizing an acrylamide (AA)-based MIP membrane impregnated with silver nanoparticles using EDGMA and benzoin ethyl ether (BEE) as cross-linker and initiator, respectively (Figure 6). A second cellulose paper containing tetramethylbenzidine (TMB) was attached to the first paper. Solutions containing different amounts of BPA were mixed with peroxide and the paper was dipped into this mixture. Without the target molecule present, the interaction of peroxide and nanoparticles led to a blue coloring of the paper. The presence of BPA in the solution prevented this interaction from occurring, leaving the paper indicator uncolored. The color reaction was studied by taking pictures of the paper strip with a simple smartphone camera and analyzing the color intensity using Photoshop. These results illustrate how close this technology is to actual implementation in the field using handheld integrated sensor devices and paper-based dipsticks.

4.2. MIP-Based Fluorescent Detection Assays

Colorimetric detection platforms are interesting from an application point-of-view due to their simple nature and the minimal post-processing of the detection signal. However, the sensitivity of the resulting platforms is usually limited in comparison to similar platforms employing fluorescent dyes. Subsequently, multiple displacement protocols have been developed over the years for the detection of various environmentally significant compounds, such as herbicides [138] and algal metabolites [127]. In addition, it is also possible to fluorescently modify the monomers themselves and incorporate fluorescence into the MIPs directly. Modification of the MIP itself holds some value over the modification of binding molecules as the primary optical transducer is situated in the polymeric network of the receptor. This has the distinct advantage of allowing the MIP to retain the optical property that has been introduced, as well as adding to the reusability of the polymer compared to chromophore/fluorophore-target-conjugates that are lost after bind-
ing. Varying approaches have shown differing success at integrating fluorophores into the structures of MIPs with traditional approaches focusing on the installation of fluorescent functional monomers, cross-linkers, and initiator molecules [139–142]. A urea-expressing fluorescent probe cross-linker that was incorporated into submicron-sized silica particles by Wagner et al. [128] is a prime example of fluorophores in MIP-based systems. The fluorescent MIP shell of the silica was proven to “light up” upon the binding of the carboxylate group present in the herbicide 2,4-D (Figure 7), shifting the observable color of the sensor from yellow to red. The developed assays showed good sensitivity (order of nM), reporting the concentrations of 2,4-D in contaminated water samples and meeting WHO requirements for the analysis of drinking water with a linear range between 20 nM and 5 µM [61].

![Figure 6](image-url)  
**Figure 6.** Construction of a paper-based MIP assay for the detection of BPA in liquid. Figure reproduced from [126] with permission from copyright Elsevier 2017.

![Figure 7](image-url)  
**Figure 7.** (A) Molecular architectures of the phenoxazinone monomer (1) and crosslinker (2). (B) Structures of 2,4-D and closely related compounds 2,4-DP and 2,4-DB. (C) Preparation of the core–shell microparticles from amine-modified silica microparticles with imprinting of the template into the MIP shell, followed by extraction (rebinding = analytical reaction). (D) Absorption and emission of (1) (left) and (2) (right) upon addition of 2,4-D/tertiary butyl alcohol (TBA) in CHCl₃ ([1]= [2] = 5 µM, [2,4-D/TBA] = 0–250 µM). (E) Photographs of (2) in CHCl₃ in the absence (left) and presence (right) of 2,4-D/TBA in daylight and under UV lamp (365 nm) illumination. Figure reproduced from [128] with permission from copyright Elsevier 2018.
An alternative approach to achieving fluorescent characteristics in MIPs has been the introduction of nanoparticles, in particular QDs. Installation of core–shell QDs that are synthesized from various metals/carbon (typically Mn, Cu, Zn, or C) allow emitted wavelengths to be tailored towards a desired application [143–145]. The surrounding MIP layer remains thin, which enables the emission of wavelengths when no target is bound to the cavities. However, once target molecules are bound to the cavities, the emission is blocked. Wei et al. [129] exemplified this technology by introducing a core–shell QD MIP-based fluorescent sensor engineered towards the detection of λ-cyhalothrin (a common pesticide). The sensory device showed a linear decrease in fluorescence in the presence of λ-cyhalothrin with a linear range and LoD of 1–350 and 0.246 µg g⁻¹, respectively. Combining this MIP-based QD technology with microfluidics and biodegradable substrates enables the prospect for rapid handheld analysis of samples. Hao et al. [130] explored this concept by generating an imprinted paper chip-based fluorescent assay for the detection of 2,4-D (Figure 8). Cadmium telluride QDs were utilized in conjunction with rhodamine B (RhB) for the dual emission detection of the herbicide. These QDs were installed into the porous paper matrix, while retaining the ability to emit stimulated fluorescence. The use of the paper substrate allows the developed device to remain cheap and offers the potential for reusability as the paper-based substrate is easily exchanged. Although these innovations are promising, the LoD and linear range of the device suffers with a µM range only being explored in the research.

Figure 8. (a) Assembly of imprinted paper chip. (b) Synthesis diagram of detection platform where A is the DL42 substrate, B–F is the preparation process of the imprinted paper chip, and G is the prepared product installed on the substrate. The chemical structures of 3-aminopropyltriethoxysilane (APTES), tetraethyl orthosilicate (TEOS), RhB, and 2,4-D are also included. Figure reproduced from [130] with permission from copyright Elsevier 2020.
Finally, MIPs can also be used as antibody analogs in ELISA-like pseudo-immunoassays. These assays benefit from the rapid technological progression in the field of ELISA assays. He et al. [131] demonstrated how MIPs can be used to replace the capture antibody in a LFA. Cellulose acetate layers were immobilized on the test line of a typical dipstick and were imprinted with the pesticide triazophos. Samples under study were introduced on a sample pad from which they were transported by capillary forces to the absorbent pad of the stick via the MIP layer. Tap water samples were mixed with a solution containing triazophos-IgG-conjugates. At the test line, these fluorescent conjugates will bind to the MIPs but since the MIPs have a higher affinity for the free version of the pesticide, any trace amount of triazophos will result in less conjugate binding and a more intense color signal in the read-out pad of the stick. The combination of MIP-based LFAs and handheld absorption meters may potentially result in the development of handheld pesticide detection kits for environmental monitoring in the coming years.

4.3. Other Optical MIP-Based Sensors

Many sensor platforms, especially those developed for the specific detection of ions and heavy metals, are based on more complex optical detection platforms such as surface plasmon resonance, photonic crystals, or flame atomic absorption spectroscopy [146–148]. Last year, Meza Lopéz et al. [149] introduced a highly applied sensor platform for the detection of lead ions in real water samples. They coated optical fibers with 2-acrylamido-2-methylpropane sulfonic acid-based surface imprinted polymers. The resulting optical fiber was coupled to a spectrophotometer for the optical detection of lead ions at ultra-low concentrations (LoD of 85 ng L$^{-1}$) with selectivity factors for other metal ions ranging from 10 to 40. A promising optical method for micropollutant detection is graphene-mediated surface-enhanced Raman scattering (GERS). For example, Carboni et al. [150] utilized molecularly imprinted GERS materials for the detection of the organophosphate paraoxon. The results demonstrated a sensitive and highly specific detection of the toxic organic pollutant.

5. Future MIP-Based Sensors

A recent breakthrough in nanotechnology relating to MIPs is the development of MIP-aptamer hybrid systems, which are likely to improve overall MIP performance and therefore facilitate commercial adoption. These composites have shown enhanced stability, and in some cases, also affinity [10]. “AptaMIPs” are typically made by first producing a polymerizable version of an aptamer and then incorporating the polymerizable aptamer into the typical monomeric mixture employed in the imprinting process. Based on this concept, Turner et al. [151] developed a hybrid affinity reagent for the recognition of the antibiotic moxifloxacin, achieving a 10-fold superior binding performance over conventional nanoMIPs, with the lowest $K_D$ values reported at 3.65 nM. However, given the very recent nature of this novel hybrid technology, its optimization phase is still in progress. For example, the identity and length of the linker used in generating the polymerizable aptamer, as well as its position within the aptamer are yet to be investigated. A comprehensive review article has recently been published and summarizes the main production techniques of such AptaMIPs together with their application for the detection of environmental pollutants, proteins, metals, explosives, viruses, and pharmaceuticals [152].

6. Outlook

MIPs are cost-effective, highly selective, and robust affinity ligands which makes them excellent candidates for the determination and quantification of heavy metals and pollutants in diagnostically challenging (extreme of pH and temperature) environments. In this review, we have focused on MIPs using electrochemical and optical transduction for determination of heavy metals and pollutants since these methods have the highest promise for integration into portable devices. Although there is an exponential increase in the number of publications related to electrochemical and optical MIP-based sensors for
various targets, their development for future commercial applications must be improved. Particularly, their affinity to the target upon exposure to real or complex matrices and the development of array formats. It is clear that nanomaterials significantly improve the analytical performance of MIP-based sensors, although their synthesis protocol should be kept simple and compatible with mass production. After a comprehensive literature review of MIP-based sensors, it appears that their implementation using electrochemical detection is the most promising for commercial applications due to its high specificity, inherent simplicity, and low-cost components. Screen-printing is a preferential approach due to its cost-effectiveness in terms of large-scale sensor production. In applications where high sensitivity is not required, colorimetric detection might be preferred due to the easy interpretation and limited post-processing required. These platforms are particularly suitable for in-field testing in areas with limited resources or where high-throughput of samples is required. In the coming years, breakthroughs in nanotechnology and integration of MIPs into mass-producible sensors, such as via screen-printing technology, will pave the way for the commercial applications of MIP-based sensors.

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