Thioredoxin-Interacting Protein as a Novel Potential Therapeutic Target in Diabetes Mellitus and Its Underlying Complications

Abstract: Diabetes mellitus (DM) is a common metabolic disorder which is characterized by a persistent increment of blood glucose. Globally, DM affects millions of people and the prevalence is increasing alarmingly. The critical step in the pathophysiology of DM is the loss of β-cells of the pancreas, which are responsible for the secretion of insulin. Thioredoxin-interacting protein (TXNIP) is among the factors that control the production and loss of the pancreatic β-cells. TXNIP is an α-arrestin that can bind and inhibit thioredoxin (the antioxidant protein) which is produced in the pancreatic islet after glucose intake. Numerous studies illustrated that elevated TXNIP levels were found to induce β-cell apoptosis; whereas TXNIP deficiency protects against type I and type II diabetes by promoting β-cell survival. Nowadays, TXNIP depletion is becoming a key factor in pancreatic β-cell survival enhancement. In the present review, targeting TXNIP is found to be relevant as a unique therapeutic opportunity, not only to improve insulin secretion and sensitivity, but also ameliorating the long term microvascular and macrovascular complications of the disease. Thus, TXNIP inhibitors that could reduce the expression and/or activity of TXNIP to non-diabetic levels are promising agents to halt the alarming rate of diabetes and its related complications.

Keywords: diabetes mellitus, thioredoxin, TXNIP, TXNIP modulators, verapamil

Introduction

Diabetes mellitus (DM) is a common metabolic disorder characterized by a persistent increment of blood glucose1 caused due to defects in insulin secretion and/or action.2 DM is a common public health problem that affects millions of people of all ages, gender, race and ethnic groups all over the world.3 The prevalence of DM is increasing rapidly in the world at an alarming rate.4 In the past decades, the epidemicity of the disease is growing and the incidence was increased by 50%.5

According to the International Diabetes Federation (IDF), DM is the third highest risk factor following elevated blood pressure and tobacco use for premature mortality globally. It accounts about 4.0 million (10.7%) of global all-cause mortality among people aged 20–79 years, which is higher than the combined number of death reports in three major infectious diseases (1.1, 1.8 and 0.4 million deaths from human immunodeficiency virus/acquired immunodeficiency syndrome (HIV/AIDS, tuberculosis, and malaria respectively).6

In 2015, IDF estimated that diabetic patients in Africa will be projected to 34.2 million in 2040. Furthermore, it was forecasted that Africa spends 7% of its healthcare budget on diabetes. In Africa, more than 50% of adults with DM were live in most
populous countries such as Nigeria, Democratic Republic of Congo, South Africa, and Ethiopia. Nowadays the rising magnitude of non-communicable diseases was seen in Ethiopia including DM. The nation is among the top four countries with the highest adult diabetic populations in Sub-Saharan Africa. Based on different pathophysiologic processes diabetes mellitus is classified mainly into three categories. Type I diabetes mellitus (TIDM), is the first sub-type of DM which is also called insulin-dependent, which is caused by an autoimmune reaction, in which the immune system invades the insulin-secreting pancreatic β-cells. Type II diabetes (TIIDM) is the second sub-type of DM which is the most dominant, comprising around 85% of diabetes cases, that is denoted by impairment in insulin secretion from pancreatic β-cells and/or insulin sensitivity. Moreover, gestational diabetes mellitus (GDM), is another sub-type DM that appears at the period of pregnancy that can lead to serious health risks both to the mother and her infant and it could also increase the risk of developing TIIDM later in life. Untreated DM is associated with the development of various acute and long-term complications including macrovascular complications which lead to stroke, heart attack and circulation problems in the lower limbs and microvascular complications predisposing to problems in the eyes (retinopathy), kidneys (nephropathy), feet, and nerves damage (neuropathy).

There are different treatment modalities for DM and documented evidence of the critical role of β-cell death in the development of diabetes is available. However, little is known about the prevention and enhancing the life span of endogenous β-cells mass, which have a critical role in diabetes pathogenesis. Therefore, novel approaches that could promote pancreatic β-cell survival and protect against apoptotic β-cell loss to prevent diabetes, are urgently in need.

**Thioredoxin Interacting Protein**  
Thioredoxin-interacting protein (TXNIP), also known as thioredoxin-binding protein 2 (TBP-2)/vitamin D3-up-regulated protein 1 (VDUP1), is an α-arrestin that can bind to and inhibit thioredoxin (the antioxidant protein). It was initially identified as a vitamin D3 target gene in the cancer cell line. The α-arrestins are known as multifunctional scaffolding proteins involved in protein-protein interactions that mediate a wide array of signaling processes. TXNIP is expressed in metabolically important sites like adipose tissue, liver, and skeletal muscles. It is also the main regulator of glucose balance in our system. TXNIP directly binds to two cysteine moieties of the only reduced form of thioredoxin at the active catalytic site of thioredoxin, consequently results blocking its reducing potential. This disulfide exchange reaction between reduced thioredoxin and TXNIP is crucial for the interaction between the two proteins. TXNIP undergoes a structural reorganization upon binding to thioredoxin which involves the formation of a de novo TXNIP cysteine 247-thioredoxin cysteine 32 disulfide bond.

Cellular redox balance (reduction/oxidation) is strongly regulated by the activity of numerous antioxidant systems including thioredoxin, glutathione, and glutaredoxin systems. Oxidative stress can be triggered by an alteration in balance from the normal reduced cellular environment to a state of excessive reactive oxygen species (ROS) generation, which is due to an enhanced ROS generation and/or decrease in the mechanisms that reduce ROS.

The thioredoxin system plays an important role in maintaining a reduced environment in the cell composed of nicotinamide adenine dinucleotide phosphate (NADPH; as the electron donor), thioredoxin reductase (TXNR), and thioredoxin, that defends cells from oxidative stress through its disulfide reductase activity. In mammalian cells, there are two isoforms of thioredoxin called thioredoxin1 (TXN1) and thioredoxin 2 (TXN2). TXN1 is a 12-kilo Dalton ubiquitous protein that has disulfide-reducing activity, mainly located in the cytosol but also translocate to the nucleus and can be secreted from cells under certain circumstances; whereas TXN2 is located only in mitochondria. Oxidized proteins produced by ROS are reduced by the oxidoreductase action of thioredoxin. Oxidized thioredoxin generated in the process is subsequently reduced by NADPH-dependent TXNR. TXNIP binds and negatively modulates the activity of thioredoxin, thereby influencing the cellular redox balance (Figure 1).
by competing with ASK-1 to bind with TXN-2 resulting in the release of ASK-1 from its inhibition by TXN2 and then allowing for phosphorylation and activation of ASK-1 and initiation of the apoptotic signaling cascade in pancreatic β-cells.17

Furthermore, this leads to cytochrome c (Cyt c) release from the mitochondria, cleavage of caspase-3, and apoptosis. TXNIP has also been found to be localized in the nucleus and promotes β-cell apoptosis by increasing the expression of pro-apoptotic micro-ribonucleic acids (miR-204, miR-200). This microRNAs down-regulate the expression of target genes including important β-cell transcription factors such as musculoaponeurotic fibrosarcoma oncogene homolog A (MafA), which results in reduced insulin transcription and impaired β-cell function.22

TXNIP in the Pathogenesis of Diabetes Mellitus

Despite the differential mechanism for the pathogenesis of TIDM and TIIDM, oxidative stress is frequently related to the pathogenesis of the disease.17 This is due to pancreatic β-cells are uniquely susceptible to oxidative stress as a result of their low expression level of antioxidant enzymes.22 It has been known that low levels of cellular ROS are required for cellular signaling while the chronic excessive generation of ROS aggravate insulin sensitivity in skeletal muscle and disrupt β-cell function and survival, suggesting that an optimal balance of cellular redox regulation is critical for the pathogenesis of both TIDM and TIIDM.11

Synthesis and release of adequate amounts of insulin by pancreatic β-cells are required for keeping the normal glucose level in the body. Indeed, β-cell malfunction and reduced insulin production are key factors in the pathogenesis of diabetes, despite the growing worldwide diabetes epidemic, the molecular mechanisms involved in this disease process have only begun to be discovered.23

Recently, TXNIP has been identified as a vital factor in β-cell biology. In particular, it was shown that β-cell TXNIP was up-regulated in diabetes; whereas TXNIP deficiency protected against TIDM and TIIDM by preventing β-cell apoptosis and increasing the whole-pancreas β-cell mass.23

TXNIP in the Pathogenesis of Diabetes Mellitus Complications

Oxidative stress is considered as a vital triggering factor in the progression of diabetic complications. It is not only the generation of ROS increased in diabetes, but also the activity of the antioxidant system fails. Several studies on diabetes and the thioredoxin system revealed that levels of TXNIP, as an endogenous inhibitor of thioredoxin, are increased in hyperglycemia. These increased TXNIP levels then inhibit the function of thioredoxin, inducing increased levels of freely diffusible molecular hydrogen peroxide which contributes to oxidative stress.24–26

Diabetic Vascular Dysfunction

Endothelial dysfunction is considered as the primary sign of cardiovascular disease, which is one of the major complications of DM.27 Vascular complications are a major cause of diabetes-related morbidity and mortality. TXNIP is over-expressed in the glucose inducible gene of both humans and diabetic animals, which is due to the carbohydrate response.
More recently, the role of TXNIP in diabetes, has become a major health burden. Based on several reports, verapamil, a non-dihydropyridine calcium channel blocker, is used in the management of hypertension, angina, and tachyarrhythmia, particularly atrial fibrillation. However, recent preclinical and clinical data have suggested that the drug has a role in preventing pancreatic β-cell loss in diabetics by inhibiting TXNIP expression. Based on several reports, verapamil effectively lowers β-cell TXNIP expression in rodent models and in diabetic patients.

Diabetic Retinopathy

Diabetic retinopathy (DR) arises as a consequence of an increasing incidence of DM, which is the most common cause of blindness (attributed to 2.6% of global blindness) among the adult-age population in the developed and developing countries. This complication is expected to increase in the coming decades because of its limited treatment options, complex pathogenesis and lack of safe delivery systems to target the retina.

DR is a common microvascular dysfunction which is characterized by cellular capillary formation, inner blood-retinal-barrier breakdown, endothelial dysfunction, pericyte loss, thickening of the capillary basement membrane and microaneurysms (non-proliferative diabetic retinopathy). Finally, it will lead to the formation of leaky blood vessels and new fragile and end up with proliferative diabetic retinopathy and blindness.

TXNIP is pro-inflammatory, pro-oxidative stress and pro-apoptotic protein which is strongly induced due to a higher level of glucose in retinal cells (retina endothelial cells, Mueller cells, and pericyte cells, and mediate). The retina is a unique organ with its high concentrations of polyunsaturated fatty acids and high oxygen demand. Therefore, retina and its vasculature are more vulnerable to oxidative stress and several lines of evidence supported that increased oxidative stress as the main reason for retinal inflammation in diabetic patients.

TXNIP causes DR via initiation of retinal inflammation both at posttranscriptional and transcriptional levels. At post-transcriptional levels, it acts as a direct activator of nod-like receptor protein 3-inflammasome, which is a component of the innate immune system responsible for initiating the inflammatory response. At transcriptional levels, TXNIP results in activation of the nuclear factor κB (NFκB) pathway, which leads to pro-inflammatory cytokine expression.

Diabetic Nephropathy

Diabetic nephropathy (DN), is also one of the microvascular complications of DM. It is the most frequent cause of renal disease in developed countries. DN accounts for almost one-third of all cases that lead to renal disease and, with the global “epidemic” of diabetes, has become a major health burden. In DN, hyperglycemia contributes to the morphologic alterations of the glomerular filtration barrier and loss of podocytes, ultimately leading to impairment of renal filtration. Although chronic hyperglycemia is the major cause, the clear molecular pathogenesis of DN remains unclear.

Among many pathogenic factors, excessive production of ROS is thought to be a major contributor. The presence of excess ROS leads to the oxidation of proteins, deoxyribonucleic acid, and lipids, consequently deranging their configuration and function. More recently, the role of TXNIP in the pathogenesis of DN has been examined and TXNIP induces oxidative stress and increases extracellular matrix production leading to the progression of DN. Thus, inhibition of TXNIP may be beneficial in the management of diabetic nephropathy.

TXNIP Modulators as Novel Drug Therapy for Diabetes Mellitus

TXNIP has attracted great consideration due to its various functions impacting several features of energy metabolism. Many studies proposed that interventions intended to modulate the activity of TXNIP might be beneficial in the prevention/management/decreasing the progression of DM. Pancreatic β-cell loss through apoptosis is the main factor in the pathogenesis of both TIDM and TIIDM. As a result, targeting TXNIP as a novel therapeutic target and use of TXNIP inhibitors have the potential to become powerful therapeutic agents for the management of DM.
β-cells and islets as well as in human islets. This effect is due to a decrease in intracellular free calcium by blocking the L-type calcium channels and leading to inhibition of TXNIP transcription. Tissues with high expression of L-type calcium channels, such as β-cells, are therefore most likely to benefit from the resulting TXNIP inhibition.45

In a study done on a wild-type male C57BL/6 mice rendered diabetic by streptozotocin to test if verapamil could reduce TXNIP levels, the results demonstrated that about 80% reduction in TXNIP levels in isolated islets of verapamil-treated animals compared with control mice.46 In addition, several human studies reveal that verapamil can decrease TXNIP expression in diabetic patients as shown in Table 1 below.

### Other TXNIP Modulators for Diabetes Mellitus

There are experimental studies regarding the therapeutic role of different TXNIP modulators in diabetes mellitus which are presented in Table 2.

### TXNIP Modulators for Diabetes Mellitus Complications

There are various TXNIP modulators which are potential therapeutic agents for some complications of diabetes mellitus as summarized in Table 3.

### Conclusion and Future Prospects

In the present review, targeting TXNIP is found to be relevant which offers a unique therapeutic opportunity in the management of diabetes mellitus as well as in the prevention of its long term complications by enhancing the secretion and sensitivity of insulin. Thus, TXNIP inhibitors that could reduce the expression and/or activity of TXNIP to non-diabetic levels are promising agents to stop the alarming rate of diabetes prevalence and its underlying complications. Further preclinical and clinical studies are indispensable to confirm the detailed relevance of TXNIP, and thereby discovering and developing promising agents that could counter the current worldwide diabetic induced public health crisis.

### Abbreviations

ASK-1, Apoptosis signal regulating kinase 1; ChREBP, Carbohydrate response element binding protein; DR, Diabetic retinopathy; DN, Diabetic nephropathy; IDF, International diabetes federation; NLRP3, Nucleotide binding and oligomerization domain-like receptor family pyrin domain-containing 3; ROS, Reactive oxygen species; TIDM, Type I diabetes mellitus; TIIDM, Type II diabetes mellitus; TXN1, Thioredoxin 1; TXN2, Thioredoxin 2; TXNR, Thioredoxin reductase; TXNIP, Thioredoxin interacting protein; VEGF, Vascular endothelial growth factor.

### Table 1 TXNIP Mediated the Effect of Verapamil in Clinical Studies

| Study Design | Method and Intervention | Treatment Outcome | References |
|--------------|--------------------------|-------------------|------------|
| Population-based cohort study | Two groups (individuals taking oral verapamil and other oral calcium channel blockers were compared). In each group, 4930 patients were evaluated. | A decreased incidence of TIIDM was reported in patients taking verapamil. This effect of verapamil may derive from its ability to inhibit the expression of TXNIP. | 47 |
| Randomized, placebo-controlled, double-blind study (phase II clinical trial) | 13-26 subjects with TIDM meeting the inclusion criteria were randomly assigned to receive daily oral verapamil or oral placebo for 12 months in experimental and control groups respectively. | The finding demonstrated that greater improvement in insulin production (as an indirect measure of beta-cell mass) in subjects receiving verapamil as compared to those receiving placebo would provide an indication of the efficacy of this intervention. | 48 |
| Randomized double-blind placebo-controlled trial (phase II clinical trial) | Oral verapamil or placebo was given for 24 newly diagnosed TIDM patients with insulin and endogenous beta-cell function was assessed at baseline, 3 months and 12 months. The total daily dose of insulin (TDDI) required to maintain glycemic control was also analyzed. | There was no significant difference at the baseline, and the stimulated C-peptide AUC was significantly larger in the verapamil group (at both 3 months and 12 months). At baseline, the insulin requirements were similar in both groups. However, by 12 months, the TDDI increased 70% in the placebo group whereas the increase was only 27% in the verapamil group. | 45 |

**Abbreviations:** AUC, Area under the curve; MMTT, Mixed-meal tolerance test; TIDM, Type I diabetes mellitus; TIIDM, Type II diabetes mellitus; TDDI, Total daily dose of insulin.
| Drug/Compound | Experimental Model | Method and Intervention | Findings | References |
|---------------|-------------------|------------------------|----------|------------|
| W2476 [9-((1-(4-acetyl-phenyloxy)-ethyl)-2-) adenine] | Streptozotocin-induced diabetic in C57BL/6 mice | The cells were treated with 5 mmol/L or 25 mmol/L glucose for 6, 12, 24, and 48 hrs in the presence or absence of W2476 (10 μmol/L). Mice were intraperitoneally (IP) injected with STZ (40 mg/kg/day) for 5 days (day 4 to 8). To further investigate whether W2476 could reverse overtly STZ-induced diabetes, mice were given daily STZ (40 mg/kg/day) IP injection for 5 days and rested for 10 days. Starting from day 15, mice divided into two groups were treated with W2476 (200 mg/kg/day), or vehicle (0.5% MC) for the next 10 days. | W2476 10 μmol/L inhibited TXNIP expression from 6 h to 48 hrs induced by 25 mmol/L glucose. W2476 at 1, 5, and 15 μmol/L suppressed TXNIP expression by 25.31%, 40.09%, and 63.54% respectively. Six-hour fasting blood glucose in the control group reached 10.64 ±0.88 mmol/L (diabetic state) on day 17 but that of W2476 treated mice remained normal (7.78±0.38 mmol/L). Fasting blood glucose levels in W2476-treated groups were reduced by 27.7% on day 25. | 49 |
| Betaine | Liver of diabetic mice | 50 mg/kg/day betaine was administered to diabetic mice via oral gavage for 3 weeks then sacrificed. Gene expression in diabetic mouse liver was determined. | Inhibits the FOXO1 binding to TXNIP, leading to the suppression of ROS-induced NLRP3 inflammasome activation in a diabetic liver. | 50 |
| Geniposide | Rat pancreatic β-cell INS-1 cells | INS-1 cells were placed into 6-well plates. After overnight incubation, the cells were washed two times with KRBB and starved for 2 hrs in fresh KRBB in the presence or absence of 10 μM geniposide. Rat pancreatic INS-1 cells were addressed with indicated time points in the presence of a high concentration of glucose (25 mM). | The rapid increase of TXNIP protein was recorded in a time-dependent manner. Geniposide significantly decreases the TXNIP level of about 70% in the presence of 25 mM glucose. | 9 |
| Icarin | Skeletal muscle C2C12 cells of mice | C2C12 myotubes were starved serum for 4 hrs and then incubated with 0.5 mmol/L of PA for another 18 hrs to induce insulin resistance. Serum-starved C2C12 myotubes were incubated with 0.5 mmol/L of PA in the presence or absence of 25, 50, or 100 mmol/L icariin for 18 hrs. | PA exposure significantly increased the abundance of TXNIP protein. Icarin treatment significantly reduced TXNIP protein levels; whereas TXNIP mRNA levels remained unchanged. Cells treated with a combination of 0.5 mmol/L PA and icariin displayed increased GLUT4 expressions on the plasma membrane and enhanced glucose uptake under stimulation with insulin when compared with PA treatment alone. | 51 |

**Abbreviations:** FOXO1, Forkhead box O1; GLUT4, Glucose transporter type 4; INS-1, Insulin-1; KRBB, Krebs-ringer bicarbonate buffer; NLRP3, Nucleotide-binding and oligomerization domain-like receptor family pyrin domain-containing 3; PA, Palmitic acid; STZ, Streptozotocin.
| Drug/ Compound | Experimental Model | Method and Intervention | Treatment Outcome | References |
|---------------|-------------------|------------------------|-------------------|------------|
| Dexmedetomidine | Streptozotocin-induced diabetic rats | Twenty-four rats were randomly assigned into four groups of six rats per group: group I (non-diabetic rats, group II (diabetic rats); group III (diabetic rats were subjected to I/R); and group IV (diabetic rats subjected to I/R and received 50 μg/kg of DEX administered intraperitoneally 30 mins prior to I/R). The levels of TNF-α, IL-1β, oxidative stress in diabetic kidneys were determined, and the expression of TXNIP was also assessed. | The levels of TNF-α, IL-1β, and oxidative stress were found significantly higher in group III when compared with group IV. The protein expressions of TXNIP were significantly increased in the third group. | 52 |
| Tranilast | Streptozotocin-induced diabetic rats | Rats were rendered diabetic with streptozotocin and after 6 weeks of diabetes, diabetic rats were divided into two groups: group I treated with tranilast at 200 mg/kg/day and group II with the vehicle. | Diabetic rats had a significant increase in albuminuria, tubulointerstitial fibrosis, peritubular collagen IV accumulation, ROS and macrophage infiltration (increase in TXNIP). Treatment with tranilast for 4 weeks significantly attenuated TXNIP up-regulation in diabetic rats. | 37 |
| Verapamil | High-fat diet (HFD) induced diabetic mice and palmitate-treated neurons | Mice were randomly assigned to four groups as follows: normal control mice (control) with a placebo, HFD mice with a placebo, HFD mice treated with verapamil (HFD + verapamil), and control mice treated with verapamil. | The results revealed that TXNIP up-regulation is associated with pre-diabetic neuropathy in HFD-fed mice. TXNIP knockdown improved DN in HFD-induced pre-diabetic mice. Based on this finding, verapamil showed to attenuate pre-diabetic neuropathy in HFD mice through inhibiting TXNIP expression. | 53 |
| Fenofibrate | Streptozotocin-induced diabetic rats | Two groups of rats were used. Group I was administered a 60 mg/kg dose of streptozotocin through IP; group II was administered citrate buffer. Two weeks after inducing diabetes, the rats were randomly divided into two subgroups diabetic rats. Then they were given 100 mg/kg/day FA for 24 weeks. At the end of the 24-weeks treatment, retinal capillary basement membrane thickness was examined, retinal vascular permeability was quantified, retinal ROS level was quantified, and levels of TXNIP were measured. | In the FA-treated group, a significant reduction (~40%) in retinal capillary BMT was observed in the retinas of diabetic rats compared to those of diabetic rats (129.3 ± 9.4 nm vs 212.4 ± 18.1 nm). Retinal vascular permeability and ROS levels were significantly decreased in the FA treated diabetic rats associated with decreased TXNIP expression. | 54 |

**Abbreviations:** DEX, Dexmedetomidine; DN, Diabetic neuropathy; FA, Fenofibrate; HFD, High-fat diet; IL-1β, Interleukin one beta; I/R, Ischemia/reperfusion; ROS, Reactive oxygen species; TNFα, Tumor necrosis factor.
Author Contributions
All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

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