Process tomography of field damping and measurement of Fock state lifetimes by quantum non-demolition photon counting in a cavity

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The relaxation of a quantum field stored in a high-Q superconducting cavity is monitored by non-resonant Rydberg atoms. The field, subjected to repetitive quantum non-demolition (QND) photon counting, undergoes jumps between photon number states. We select ensembles of field realizations evolving from a given Fock state and reconstruct the subsequent evolution of their photon number distributions. We realize in this way a tomography of the photon number relaxation process yielding all the jump rates between Fock states. The damping rates of the n photon states (0 ≤ n ≤ 7) are found to increase linearly with n. The results are in excellent agreement with theory including a small thermal contribution.

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The goal of quantum process tomography is to determine experimentally the matrix elements of the super-operator describing the evolution of a quantum system’s density matrix [1]. This information is acquired by preparing a set of test states and monitoring their subsequent evolution. The method has been applied so far to spins in NMR experiments [2], to solid state qubits [3], to vibrational states of atoms [4] and to quantum gate operations [5, 6]. We describe here process tomography applied to the photon number distribution of a relaxing field stored in a high-Q superconducting cavity, in which Fock states are used as test states.

Cavity field relaxation is described by a rate equation which, restricted to the photon number distribution P(n,t), is [7]

\[
\frac{dP(n,t)}{dt} = \sum_{n'} K_{n,n'} P(n',t).
\]

Quantum electrodynamics predicts K_{n,n} = −κ[(1 + n_b)n + n_b(n + 1)], K_{n,n+1} = κ(1 + n_b)(n + 1), K_{n,n-1} = κn_b n, all the other coefficients being 0. Here, κ is the damping rate of the field energy and n_b the mean number of blackbody photons at temperature T. The time constant −1/K_{n,n} is the lifetime of the n-Fock state. In this Letter, we report a complete experimental determination of the K_{n,n'} coefficients.

Our experiment relies on a QND procedure [8] to count the number n of photons stored in a cavity. It is based on the measurement of cavity-field-induced light-shifts on Rydberg atoms crossing the cavity one by one. It projects the field onto Fock states with high fidelity. By detecting long sequences of QND probe atoms along single field realizations, we follow the field evolution and observe the jumps between Fock states due to cavity damping [9, 10]. By analyzing a large ensemble of field trajectories, we now partially reconstruct the super-operator describing the field relaxation process in the cavity and measure the lifetimes of individual Fock states which scale as 1/n at zero temperature [11]. This study provides insights into the physics of these highly non-classical states whose production by random [8] or deterministic [12] processes has recently been demonstrated.

Our setup [8, 13] is depicted on Fig. 1a. The high-Q...
superconducting cavity $C$, operating at 51 GHz, has a damping time $T_C = 1/\kappa = 0.130$ s [14]. A pulsed microwave source $S$, coupled by diffraction on the mirrors’ edges, can inject into $C$ a coherent field. The cavity field is probed by a pulsed monokinetic stream ($v=250$ m/s) of Rubidium atoms excited in box $B$ to the circular Rydberg state $g$ (principal quantum number 50). Before $C$, the atoms experience in the low-$Q$ cavity $R_1$ a $\pi/2$ pulse resonant on the transition to level $e$ (circular state with principal quantum number 51). The atoms enter $C$ in the superposition $(|e\rangle + |g\rangle)/\sqrt{2}$. They undergo non-resonant phase shifts in $C$, resulting in a phase-shift $\Phi(n)$ of the atomic superposition which is, to first order, linear in $n$. The phase-shift per photon is set to $\Phi_0 \sim \pi/4$.

We consider fields with a negligible probability of having $n > 7$. In the Bloch pseudo-spin representation, the atomic state at the exit of $C$ points along one out of 8 directions equally distributed in the equatorial plane of the Bloch sphere, corresponding to values of $n$ varying from 0 (axis $Ox$) to 7. After leaving $C$, the atoms are submitted to a second $\pi/2$ pulse in $R_2$ with an adjustable phase $\phi$ with respect to that of $R_1$. The atoms are detected by the field ionization counter $D$ discriminating the states $e$ and $g$. Measuring the atomic energy after $R_2$ amounts to detecting the atomic spin at the exit of $C$ in the direction at an angle $\phi$ with $Ox$ in the equatorial plane of the Bloch sphere. On average, we detect one atom every 0.24 ms ($\sim 500$ atoms detected during $T_C$).

Figure 1b shows a 3D histogram of the transverse atomic spin (components $\sigma_x$ and $\sigma_y$) after interaction with a coherent field in $C$. Each point in the Bloch sphere equatorial plane is obtained by measuring the average value of spin projections, on a sample of 110 consecutive atoms crossing $C$ in a 26 ms time interval, much shorter than $T_C$. About 700 atoms are sent across $C$, out of which we extract $\sim 600$ atomic samples of 110 consecutive atoms. The procedure is repeated 2000 times, yielding about $10^8$ spin measurements. The histogram clearly shows that the direction of the atomic spin is quantized.

After a measurement indicating a spin pointing towards a peak of this histogram, the field is projected onto the corresponding Fock state. This is checked by correlating two independent successive samples of 110 atoms along a single field realization. The first pins down $n$ and the second remeasures it. Figure 1c shows the histogram of second measurements after selection of $n = 3$. It exhibits a main $n = 3$ peak with an $n = 2$ satellite due to field relaxation during the 26 ms time delay between the two measurements. This satellite can be suppressed by post-selection. Figure 1d displays the histogram of the intermediate results in sequences of 3 measurements for which the first and the last yield $n = 3$. The single peak reveals that, at the intermediate measurement time, the field contains exactly 3 photons. We use such single photon number peaks to calibrate the phase-shifts $\Phi(n)$.

Although the above method allows us to prepare Fock states and to observe qualitatively their evolution, it lacks the resolution required for a precise time analysis. The interval between two measurements (26 ms) is longer than the lifetime of $n = 7$ (18 ms). We can however analyze the data in a more efficient way, making better use of our atomic detection rate. On a single field realization, each atom detected along direction $\phi$ provides one bit of information $j$ ($j = 0$ for $e$ and $j = 1$ for $g$). After detecting $N$ atoms, our knowledge of the field is described by an inferred photon number probability distribution $p_N^\phi(n)$ linked to the initial distribution $P_0(n)$ by Bayes law: $p_N^\phi(n) = P_0(n)\Pi_N(n)/Z$ where $Z$ is a normalization and $\Pi_N(n)$ is the product of $N$ functions $p(j, \phi|n)$, each describing the information provided by one atomic detection: $p(j, \phi|n) = 1/2[1 + (-1)^j(A + B\cos(\Phi(n) + \phi))]$ [10,13]. For successive atoms, we use four different values of $\phi$ (-1.74, -0.87, 0 and 0.54 rad) chosen so that $p(j, \phi|n)$ is nearly maximal for $n = 6, 7, 0$ or 1, respectively. The values of $A$ and $B$, ideally 0 and 1, become -0.1 and 0.7, respectively, because of experimental imperfections. For $N \sim 100$, $p_N^\phi(n)$ converges to a Dirac peak corresponding to the photon number given by the atomic spin analysis.

Let us call $P_N(n)$ the ensemble average ($p_N^\phi(n)$) over many realizations in which the field is initially described by $P_0(n)$. As the detection process is QND, we have $P_0(n) = P_N(n)$ for any $N$. In other terms, $P_0(n)$ is a fixed point of the transform $P_0(n) \rightarrow (P_0(n)\Pi_N(n)/Z)$. This property allows us to determine $P_0(n)$ by iteration of this transform starting with any initial non-vanishing distribution, for instance the flat one $P_0(n) = 1/8$. This method can be applied for determining $P(n,t)$ at any time $t$ by selecting in each sequence the sample of $N$ detected probe atoms starting at this time.

We first reconstruct in this way the evolution of $P(n,t)$ for a coherent field injected by $S$ at $t = 0$ and relaxing in $C$. A measurement sequence, involving about 2750 atoms detected in 650 ms, is repeated 2000 times. We reconstruct $P(n,t)$ with the above procedure using $N = 25$ atoms and 20 iterations. At each time $t$, we start the iteration with $P_0(n)$. The temporal resolution is $\sim 6$ ms, much shorter than $T_C/7$.

Figure 2a presents $P(n, t)$ versus $t$ for $n = 0$ to 7 and Fig. 2b the time evolution of the average photon number $\langle n \rangle = \sum_n nP(n,t)$. According to theory, $\langle n \rangle$ is exponentially damped towards an offset corresponding to the blackbody background. The experimental decay (solid line) is indistinguishable from an exponential fit (red line), which yields $T_C = 132$ ms in agreement with the independently determined value of the cavity damping time. The offset yields $\kappa_0 = 0.06$, close to the theoretical value (0.05) of the blackbody field at the cavity temperature, 0.8 K. The insets in Fig. 2b present snapshots of $P(n,t)$ at three different times with the corresponding Poisson fits. These histograms show, as theoretically predicted [2], that the field remains coherent under the effect of damping (at the limit where blackbody effects are negligible). The dotted line in Fig. 2a presents a numerical solution of the theoretical rate equation using the above determined values for $T_C$, $\kappa_0$ and $\langle n \rangle$ at $t = 0$. It is in excellent agreement with the data (solid lines).
We go now one step further. By monitoring the decay of selected Fock states, we determine the $K_{n,n'}$ coefficients without any a priori assumption about their values. The same experimental data is processed in two steps. First, we analyse separately the 2000 realizations of the experiment in order to optimize the selection of the initial Fock states. For each sequence, we compute, after each atom detection, the new inferred photon number distribution $p'(n,t)$ according to Bayes law \[10\]. We start the analysis of each sequence with the Poisson distribution determined above. Between atoms, we evolve the estimated $p'(n,t)$ according to the theoretical rate equation. This method gives, at each time, the best estimate of the actual photon number distribution in each realization. Except around quantum jumps, $p'(n,t)$ is generally peaked at a single photon number value $n_0$. Whenever $p'(n_0,t) > 0.7$ we assume that, within a good approximation, the $n_0$ Fock state is present in $C$ at this time, which we take as origin $(t = 0)$ for subsequent analysis of this Fock state decay.

In a second step, we gather all atomic data following the selection of a given $n_0$, obtaining thus ensembles of Fock state-selected field realizations. We apply to each ensemble the iterative analysis described above, reconstructing for each value of $n_0$ the subsequent $P_{n_0}(n,t)$ distributions. As in the case of a coherent state, we use $N = 25$ atoms and 20 iterations starting with a flat initial distribution. Let us stress that this reconstruction procedure does not rely on any theoretical assumption about the form of the relaxation process. We made use of our theoretical knowledge of the $K_{n,n'}$ coefficients only in the first step of the data processing, in order to optimize the selection of the initial Fock states.

Figure 3 shows in solid lines the reconstructed $P_{n_0}(n,t)$ distributions versus time for $n_0 = 0 \ldots 7$ (a to h). In each frame, $P_{n_0}(n_0,t)$ is, as expected, maximum at $t = 0$, its value giving the fidelity of the Fock state selection procedure. The other $P_{n_0}(n,0)$ values are small. At long time (400 ms) the most probable photon number is always $n = 0$, reflecting the irreversible evolution of the field toward the thermal background close to vacuum. For $n_0 = 0$ (Fig. 3a) $P_0(0,t)$ decreases slightly below 1, while $P_0(1,t)$ reaches an equilibrium value close to 0.06. This describes the thermalization of the initially empty cavity. For $n_0 = 1$ (Fig. 3b) we observe the exponential decay of $P_1(1,t)$, together with the increase of $P_1(0,t)$, which describes the damping of a single photon into vacuum \[3\]. For $n_0 > 1$ (Fig. 3c to h), $P_{n_0}(n_0,t)$ decreases exponentially at a rate increasing with $n_0$ (damping of the initial Fock state). The $P_{n_0}(n,t)$ functions with $n = n_0 - 1, n_0 - 2, \ldots, 1$ exhibit bell-shaped variations. They peak successively, reflecting the cascade of the photon number from $n_0$ down to vacuum.

FIG. 2: Relaxation of a coherent state. (a) Evolution of the photon number probabilities $P(n,t) \ (n = 0 \ldots 7$ according to the colour code defined in the inset). Black dotted lines are theoretical. (b) Average photon number versus $t$ (solid black line) and exponential fit (thin red line). Insets show the photon number distributions (red histogram) and their Poisson fit (blue lines) at the three times shown by arrows.

FIG. 3: Relaxation of Fock states. (a) to (h) Evolution of the photon number distributions $P_{n_0}(n,t)$ starting from the Fock states with $n_0 = 0 \ldots 7$ respectively. Same color code as in Fig. 2a. Dotted black lines are theoretical.
In order to extract the damping coefficients, we fit the first 20 ms of these curves to a solution of Eq. (1), leaving as free parameters the $K_{n,n'}$ and the initial $P_{n_0}(n,0)$ values. The procedure is iterative. We get a first approximation of $K_{n,n'}$ with $n$ and $n' \leq 1$ using the data of Fig. 3a and b. We then determine the $K_{n,n'}$ with increasing indices by including progressively in the fits the data of Fig. 3c to h, optimizing at each step the previously determined parameters.

The obtained $-K_{n,n}$ values, which represent the decay rates of the $n$-Fock states, are shown versus $n$ in Fig. 4a (in units of $\kappa$). As expected, they vary linearly with $n$. The solid straight line corresponds to the theory for $n_b = 0.06$, while the dotted line shows the expected variation of $K_{n,n}$ at $T = 0$ K. This constitutes the first measurement of Fock states lifetime for $n > 1$, exhibiting clearly the expected $1/n$ variation [10]. Moreover, the departure of the experimental points from the dotted line shows that our procedure is precise enough to be sensitive to the small effect of the residual $n_b = 0.06$ photon blackbody field on the lifetime of Fock states. The non-diagonal $K_{n,n'}$ coefficients are shown (Fig. 4b) in a 3D plot, in logarithmic scale. The big and small bars near the diagonal correspond to the $K_{n,n+1}$ and $K_{n,n-1}$ coefficients, respectively. The latter, which represent the thermal rates of photon upward jumps, are predicted to vanish for $n_b = 0$. The logarithmic scale is convenient to display together the $K_{n,n+1}$ and $K_{n,n-1}$ coefficients which differ by about one order of magnitude for $n_b = 0.06$. All other non-diagonal coefficients are 0 within noise. Figure 4c shows for comparison the corresponding theoretical coefficients for $n_b = 0.06$.

The dotted lines in Fig. 3 are the result of a numerical integration of Eq. (1) using the values of $K_{n,n'}$ and $P_{n_0}(n_0,0)$ determined by our fit. The excellent agreement with the experiment over the full 400 ms time interval shows the accuracy of our method.

This study demonstrates the power of QND photon number measurements to investigate the quantum behavior of a field stored in a cavity. It directly probes our theoretical understanding of field relaxation and clearly illustrates the high sensitivity of large photon number states to decoherence, their lifetime being (at $T = 0$ K) inversely proportional to their energy. The method is limited here to probing the rate equation for the photon number probability distribution. In order to determine the full super-operator of decoherence, we plan to monitor the evolution of the non-diagonal elements of the field density operator in the Fock state basis, using a time resolved quantum state reconstruction procedure demonstrated in Ref. [17].

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