Detection and elimination of pulse train instabilities in broadband fibre lasers using dispersion scan

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We use self-calibrating dispersion scan to experimentally detect and quantify the presence of pulse train instabilities in ultrashort laser pulse trains. We numerically test our approach against two different types of pulse instability, namely second-order phase fluctuations and random phase instability, where the introduction of an adequate metric enables univocally quantifying the amount of instability. The approach is experimentally demonstrated with a supercontinuum fibre laser, where we observe and identify pulse train instabilities due to nonlinear propagation effects under anomalous dispersion conditions in the photonic crystal fibre used for spectral broadening. By replacing the latter with an all-normal dispersion fibre, we effectively correct the pulse train instability and increase the bandwidth of the generated coherent spectrum. This is further confirmed by temporal compression and measurement of the output pulses down to 15 fs using dispersion scan.

Fibre lasers are unique light sources that have an increasing number of applications in industry1, nonlinear2 and multiphoton3 microscopy, micro-processing4, generation of optical vortices5, vector beams6, high power laser development7,8, and imaging9, among many others. Important efforts have been devoted to generating ultrashort pulses from these lasers10–16. In particular, a very active research field is supercontinuum generation in fibre lasers17–20.

However, it is also well known that the supercontinuum generation process can be associated to pulse train instabilities21–24, which have been studied theoretically25,26 and experimentally with different approaches, e.g. based on interferometry27 and spectral-temporal analysis23. Regarding the characterization of stable ultrashort pulses, different techniques have been developed28. Over the last few years, the problem of the temporal measurement of unstable pulse trains has relied on using temporal characterization techniques such as autocorrelation, SPIDER (spectral phase interferometry for electric field reconstruction) or FROG (frequency-resolved optical gating)29,30. In autocorrelation, the pulse train instability is reflected in a narrow spike at the centre of the signal, which can mislead to a wrong pulse duration measurement. In interferometric measurements, such as SPIDER, previous works reported that the instability results in a reduction of contrast that cannot be experimentally identified29. In the case of FROG, the 2D trace is sensitive to the pulse train instability, which is associated to a higher error in the convergence29, very recently having been shown a specific analysis to identify the average pulse and coherent artifact contributions30. The effect of spectral amplitude and phase instabilities has been studied theoretically using the MIIPS (multiphoton intrapulse interference phase scan) technique and experimentally applied to a titanium-sapphire oscillator and amplifier31,32.

The dispersion scan (d-scan) technique33 enables simultaneous measurement and compression of ultrashort pulses down to single-cycle (1.04-cycle) durations34 and has recently been used in the theoretical study of instabilities35,36. D-scan is based on measuring the spectrum of a nonlinear signal (such as second-harmonic generation) produced by a pulse as a function of (usually known) dispersion applied to the pulse. The resulting two-dimensional trace (the d-scan trace) enables retrieving the spectral phase of the pulse using a numerical algorithm. Previous works report, as expected, that pulse train instabilities lead to a spreading of the d-scan trace along the dispersion axis31,36. This effect is due to the fact that, in the presence of instabilities, the imparted...
dispersion for which the spectral phase is compensated for the different wavelengths of the input pulse is also inheriting that instability, therefore the nonlinear signal is redistributed along the dispersion axis.

Here we present a d-scan-based method to experimentally assess the presence of pulse train instabilities and apply it to the measurement and optimization of supercontinuum fibre lasers. This method is based on the recently introduced self-calibrating d-scan (SC d-scan)37, which enables measuring a pulse with an arbitrary (i.e., unknown) compressor, since the latter’s nominal dispersion is also retrieved by the d-scan algorithm. The details of the SC d-scan technique are provided in the Methods section. Based on the retrieval of the applied dispersion, we can define a metric that effectively accounts for the instabilities. The resulting temporal characterization is therefore self-diagnosed against the pulse instabilities.

Results and Discussion
Theoretical study with second-order dispersion and random phase instabilities. We start by validating the method numerically, using two sets of simulations devoted to two important types of instabilities: group delay dispersion (GDD) and random phase (RND). In the theoretical calculations that follow, we always use the measured spectrum (see Fig. 1c) of the fibre laser used in the experiments presented in the next section for a pump current \( I = 5 \) A, which gives a bandwidth of 50 nm centred at 1064 nm and a Fourier-limited duration \( \tau_0 = 32 \) fs FWHM (full-width at half maximum). We simulate a base (initial) pulse with a pure third-order dispersion (TOD) of \(-25,000 \) fs\(^3\) (duration \( \tau_p = 40 \) fs FWHM), to which the pulse train instability is then added. We chose a non-flat spectral phase of the base pulse to study the effect of the pulse train instability on the retrieved pulse duration compared to the base pulse duration. As a GDD in the pulse would simply shift the d-scan trace in the dispersion axis, we introduced a moderate TOD leading to a 25% increase of the pulse duration FWHM. The known dispersion range of the simulated compressor, \( GDD_K \), is 20,000 fs\(^2\). In all the theoretical results, the retrieved pulse is calculated at an imparted GDD = 0 fs\(^2\). In Fig. 1a we show the simulated d-scan trace of the stable pulse train (for comparison purposes), together with the corresponding retrieved SC d-scan trace (Fig. 1b). Notice that the known simulated spectral phase (Fig. 1c) and the temporal intensity and phase (Fig. 1d) are not shown in the figure as they are equal to the retrieved ones.

In a first set of simulations, a GDD instability with magnitude denoted by \( \gamma(\text{fs}^2) \) is added to the base pulse, with values ranging from 0 to 9000 fs\(^2\) (for \( \gamma = 0 \) we recover the base pulse), where the upper GDD value leads to high instabilities in the pulse train. For each value of \( \gamma \), we simulate a train of 101 pulses with added random values of GDD normally distributed between \( \pm \gamma(\text{fs}^2) \). We then calculate and average the corresponding d-scan traces. For increasing values of \( \gamma \), the d-scan trace becomes increasingly stretched over the z-axis, as seen, e.g., in Fig. 2a (Supplementary Video 1). To estimate the mean pulse duration, \( \tau_\gamma \), we calculate it as the temporal duration of the average of the pulse train (i.e., as the average duration of the 101 pulse temporal intensities).

Despite \( GDD_K \) being known, we can apply the SC d-scan algorithm to reconstruct the trace, hence obtaining the SC value for the total dispersion introduced by the compressor, \( GDD_{SC} \). For example, with \( \gamma = 3600 \) fs\(^2\), the retrieved trace (Fig. 2b) is clearly stretched compared to the trace in the absence of instability (Fig. 1a), giving

Figure 1. Results for the base pulse. (a) Simulated and (b) retrieved d-scan traces. (c) Simulated spectrum and retrieved spectral phase, and (d) retrieved temporal amplitude and phase.
GDDSC < GDDK. Notice the different scales in the dispersion axes that reveal this behaviour. This means that the presence of an instability can be directly inferred from the discrepancy between the two GDD values (GDDSC and GDDK). In Fig. 2a,b (Supplementary Video 1), we show the simulated and retrieved traces for different values of γ. The complete analysis of these simulations is given in Fig. 3 (1st column). In the absence of instability, the two GDD values are equal. As the instability increases, the ratio GDDSC/GDDK decreases (Fig. 3(b1)). The retrieved pulse duration, τSC, is always below the base pulse duration τ (Fig. 3(c1)). The merit function provided by the d-scan error ε38, which we will refer to as ε, initially increases with γ, but for high instability this tendency is reversed (Fig. 3(a1)), hindering its applicability to the evaluation of the amount of instability. It should be noticed that, both in the simulations and the experiments, for a trace generated by an instable pulse train, there is no retrieved trace that perfectly matches the structure. The retrieved trace corresponds to the GDDSC accounting for the instability and the described retrieved pulse (shorter than the base pulse).

To quantify the GDD instability in the simulations, we define a quantity Γ = (Γα/Γ) + , which increases with γ. We now define the following general metric, which can be obtained from the SC d-scan retrieval provided the introduced dispersion is also known

\[ ΓSC = 1 - \frac{GDDSC}{GDDK}. \]  

In Fig. 3(d1), we show the evolution of ΓSC and Γ, where both metrics provide similar quantifications of the instability. Also, the new metric ΓSC is a monotonically increasing function of γ (contrarily to the merit function ε) further validating the use of ΓSC as a measurement of the instability.

To cross check these conclusions, we performed a second set of simulations with a different type of instability. To the same base pulse, we now added a normally distributed random phase \( \phi_R(\omega) = \alpha \cdot \text{rand}(-\pi, +\pi), \forall \omega \), graded by the random instability parameter, \( \alpha \), from 0 to 0.85 (\( \alpha = 0 \) recovers the base pulse). Here, we also simulated the average d-scan trace of a train with 101 pulses, as shown in Fig. 2c (Supplementary Video 2) for \( \alpha = 0.6 \), and used the average temporal intensity to calculate the mean duration \( \tau_\alpha \).

Like in the GDD instability case, the retrieved d-scan trace is stretched for increasing instability and the corresponding retrieval (Fig. 2d) yields GDDSC < GDDK. In Fig. 2c,d (Supplementary Video 2), we show the simulated and retrieved traces for different values of α. The complete simulation results of the SC retrievals are given in Fig. 3 (2nd column). In this case, the merit function is also increasing with the instability degree α (Fig. 3(a2)), but for high values of α it decreases, similarly to Fig. 3(a1). Regarding the retrieved pulse duration, \( \tau_\alpha \), it decreases from the base pulse duration \( \tau \) to the Fourier-limit \( \tau_{\inf} \) except for high amounts of instability (Fig. 3(c2)). We again find that the retrieved dispersion, GDDSC, decreases with α (Fig. 3(b2)), confirming that it is a good indicator of the degree of instability. In this example, we evaluate the degree of instability as \( \Gamma_\alpha = (1 - I/I_{\inf})^2 \), with \( I \), the peak intensity of the average pulse. Therefore \( \Gamma_\alpha \) is expected to increase from 0 to 1 as \( \alpha \) increases. Here, the behaviour of the general metric, ΓSC, is also monotonically increasing and matches the tendency of our definition of degree of instability, \( \Gamma_\alpha \), as shown in (Fig. 3(d2)).
Using the framework established above, we applied SC d-scan to study experimentally the pulse train instability in two different configurations of a broadband mode-locked oscillator-amplifier fibre laser system (Fig. 4). The oscillator is a laser diode-pumped mode-locked fibre laser with a pulse repetition rate of 75 MHz, central wavelength of 1060 nm and spectral bandwidth of 13.6 nm (FWHM). At the output fibre from the oscillator the peak power is $P_p = 86$ W and the temporal width is 3.1 ps (FWHM). In order to avoid nonlinear effects in the subsequent pulse amplification process, the pulses are temporally stretched by means of an optical fibre with normal group delay dispersion (GDD > 0) before the amplifier. The amplifier is an Yb-doped fibre amplifier (YDFA) also with positive GDD, in a fibre-based CPA (chirped pulsed amplification) architecture. After the amplifier the pulses are compressed using a hollow-core supercontinuum generator.

**Experimental application to unstable fibre laser pulse trains.** Using the framework established above, we applied SC d-scan to study experimentally the pulse train instability in two different configurations of a broadband mode-locked oscillator-amplifier fibre laser system (Fig. 4). The oscillator is a laser diode-pumped mode-locked fibre laser with a pulse repetition rate of 75 MHz, central wavelength of 1060 nm and spectral bandwidth of 13.6 nm (FWHM). At the output fibre from the oscillator the peak power is $P_p = 86$ W and the temporal width is 3.1 ps (FWHM). In order to avoid nonlinear effects in the subsequent pulse amplification process, the pulses are temporally stretched by means of an optical fibre with normal group delay dispersion (GDD > 0) before the amplifier. The amplifier is an Yb-doped fibre amplifier (YDFA) also with positive GDD, in a fibre-based CPA (chirped pulsed amplification) architecture. After the amplifier the pulses are compressed using a hollow-core supercontinuum generator.
photonic bandgap microstructured fibre with anomalous group delay dispersion (GDD < 0), which compensates for the dispersion introduced at the stretching and amplifying stages. The optical properties of the pulsed signal at the end of the compressing stage fiber are the following: spectral bandwidth of 14.5 nm (FWHM), temporal pulse duration of 200 fs (FWHM), average power of 0.3 W, and peak power of 20 kW. For additional spectral broadening, these pulses are free space coupled into a photonic crystal fibre (PCF) at a peak intensity of 45 GW/cm². The shape and coherence properties of the resulting supercontinuum spectrum show a very strong dependence on the dispersion and nonlinearity characteristics of the PCF, as shown further below.

In the first configuration of the laser system, the spectral broadening stage used a negative dispersion PCF. We measured d-scan traces for different pump laser currents, from I = 2 to 6 A (Fig. 5, rows). The pulses were sent to a grating compressor composed of a 600 lines/mm grating in a four-pass configuration. The inter-grating distance, z, was varied over a total range of 170 mm, which provided the amount of dispersion required by the d-scan measurements (Fig. 5, column a). The experimental nominal dispersion (known) introduced by the compressor is \( \frac{GDD}{L} = \frac{1550 fs^2/mm}{K} \), calculated from the geometry of the compressor and the grating groove density.\(^{39}\) We found that the trace was stretched along the z-axis (Fig. 5, column a) when compared to the trace of a stable Fourier-limited pulse train (Fig. 5, column c), which is a clear indication of pulse train instability. When using SC d-scan to retrieve the trace (Fig. 5, column b), we obtained compressor dispersions \( \frac{GDD}{L} \) monotonically varying from 315 to 14 fs²/mm as the pump current increases (see the values in Table 1), as expected for increasing pulse train instability.

Despite the similarities (especially for higher pump currents and stronger nonlinear spectral broadening) between measured and SC d-scan retrieved traces (although the algorithm convergence is worse than for traces of stable pulse trains), the dispersion retrieved by the SC d-scan algorithm, \( \frac{GDD}{L} \), was much smaller (from 5 × to 111 × less)
than the known dispersion introduced by the actual compressor (Table 1). The large difference in stretching in the dispersion axis scale of the simulated stable Fourier-limit pulse (Fig. 5, column c) compared to the experimental traces (Fig. 5, column a) – e.g., \( > 100 \times \) stretching for \( I = 6 \, \text{A} \) – is indicative of a high instability of the laser source and provides important quantitative information for its design and optimization. Following our general metric of Eq. (1), we find values of \( \Gamma_{\text{SC}} \) from 0.797 to 0.991, hence confirming the high instability of the pulse train.

These experimental results are complemented by the data given in Table 1. As we increased the pump current, the laser spectrum experienced spectral broadening, \( \Delta \lambda \), from 15 nm to 100 nm (FWHM), as shown in Fig. 5 (column d). Therefore, as the Fourier-limit of the pulse, \( \tau_{\text{FTL}} \), decreases from 83 fs to 25 fs, the corresponding trace should be narrower in the z-axis, contrarily to what actually occurs due to the increasing instability. The Fourier-limited pulse and the SC d-scan retrieved pulse are shown in Fig. 5 (column e). The SC d-scan retrieved pulse duration of the unstable pulse train, \( \tau_{\text{SC}} \), is closer to the Fourier limit as the instability increases (see Table 1), being consistent with the numerical simulations. It is remarkable that despite having a varying pulse spectrum (common in nonlinear instabilities), the metric \( \Gamma_{\text{SC}} \) stands correctly for the instability, reinforcing it as a good parameter to evaluate the pulse train instability.

### Optimization of the fibre laser source.

The pulse train instabilities measured with SC d-scan were identified as originating from nonlinear dynamics within the anomalous dispersion PCF, whereas the generation of stable pulses in fibres is usually achieved in all-normal dispersion (ANDi) schemes. The overall dispersion curve of an ANDi PCF is negative but relatively close to zero over the whole bandwidth (Fig. 6a, red). The dominant nonlinear effect generated under these circumstances is self-phase modulation (SPM), and the spectrum can be broadened without incurring into pulse train instabilities (Fig. 6b, red). On the other hand, when using a PCF with anomalous dispersion (Fig. 6a, black), spectral broadening results from a mix of nonlinear effects, including SPM, stimulated Raman scattering, nth-order soliton breaking, and dispersive wave generation. In these circumstances, the pulsed emission loses its temporal coherence and presents a noisy spectrum (Fig. 6b, black). We should point out that slight differences in geometry of the PCF (Fig. 6c), namely in hole diameter and pitch, translate into marked differences in the spectral broadening behaviour. The required control of the PCF geometry when working close to zero dispersion is indeed at the frontier of current fibre manufacturing technology, which reinforces the need of techniques for determining the level of coherence of the pulses after nonlinear propagation in the PCF.

Based on the above information and measurements, we opted for the ANDi PCF as the best choice for an optimized system. In this second configuration, the ANDi regime resulted in broadband spectra with a Fourier-limit of 14.3 fs FWHM (note that the spectral bandwidth is considerably larger than in the unstable cases previously presented). Since the previously used grating compressor would introduce a huge dispersion for these stable pulses, we needed to use a different compressor consisting of a pair of glass wedges and chirped mirrors to perform the d-scan. In Fig. 7 we show the corresponding d-scan results, where the pulse is shown to be well...
compressed, presenting a relatively small remaining TOD and fourth-order dispersion, as shown by the tilt and the curvature in the trace, respectively. At the optimum compression insertion (5.6 mm), the retrieved pulse has a duration of 14.7 fs (FWHM). Also, the compressor dispersion retrieved with SC d-scan was $GDD_{SC} = 160 \text{ fs}^2/\text{mm}$, which is close to the nominal value of $140 \text{ fs}^2/\text{mm}$ estimated from the material and geometry of the wedges, thus confirming the stability of the fibre laser source. As the PCF is seeded with pulses with a Fourier-limit duration of $\sim 90 \text{ fs}$ (FWHM), our results show a compression factor of 6. Compared to previous works using PCFs, Hooper et al. measured 26 fs with autocorrelation (14 fs Fourier-limit), or Heidt et al. measured 5 fs with SPIDER (note that pulse train instabilities cannot be discarded in these cases). Other authors did not measure the temporal evolution of the supercontinuum generation.

Conclusions
In conclusion, we have experimentally shown the capability of self-calibrating (SC) d-scan to evaluate the presence and degree of pulse train instabilities in post-compressed ultrafast fibre lasers. We have identified the origin of the instabilities to be the nonlinear dynamics associated to the anomalous dispersion regime in the PCF used for spectral broadening. Such instabilities can be assessed with a general metric, $\Gamma_{SC}$, which is a function of the ratio between the actual introduced dispersion and the SC d-scan retrieved dispersion, and even a simple visual inspection of the measured trace can already reveal the presence of instabilities. This method has enabled us to detect and solve instability issues in a broadband fibre laser by using all-normal dispersion fibres, where we obtained a properly compressed 15 fs stable pulse train. The use of SC d-scan enables integrating the instability detection within the temporal diagnostic, which is very helpful, e.g., for the design and optimization of broadband mode-locked fibre lasers and can also be applied to other laser sources.

The d-scan traces have been shown to be sensitive to different sources of amplitude and phase instabilities both theoretically and experimentally in the present and in previous works. Therefore, one would expect that other sources of instabilities can also be quantified with SC d-scan, for example in solitonic mode-locked fibre lasers or saturable absorber based fibre mode-locked lasers.

Methods
Self-calibrating d-scan technique. The d-scan technique can simultaneously compress and characterize ultrashort laser pulses. The electric field of the input pulse to be measured can be written as $E(\omega) = A(\omega) \exp[i\phi(\omega)]$, where its amplitude can be obtained from the measured spectrum, $S(\omega)$, as $A(\omega) = \sqrt{S(\omega)}$, and the spectral phase $\phi(\omega)$ is retrieved from the measurement. In d-scan, a range of dispersions is applied to the input pulse while measuring the spectrum of the second-harmonic generation (or other nonlinear signal) from the resulting pulse (Fig. 8). The dispersion is typically imparted by a pulse compressor, for example a combination of chirped mirrors and glass-wedges, grating compressors, or prism compressors.

The measured nonlinear signal is a two-dimensional trace, the d-scan trace, being a function of the second-harmonic wavelength (or equivalently the frequency $\omega$) and the imparted dispersion. The scanned dispersion ranges from negative to positive and, for an arbitrary spectral phase of the pulse, leads to compression of different parts of the spectrum at different added dispersions. Around optimum pulse compression, the nonlinear
signal is higher, while that signal decreases for higher imparted dispersions. The particular structure of the d-scan trace encodes the spectral phase $\phi(\omega)$ of the pulse. The d-scan trace is given by the expression

$$S_{\text{d-scan}}(\omega, z) = |\mathcal{F}[\mathcal{F}^{-1}[A(\omega)\exp[i\psi(\omega)]\exp[i\phi(\omega) \cdot z]]]|^2,$$

where $\psi(\omega) \cdot z$ represents the imparted dispersion and is parametrized by $z$. Depending on the type of dispersion control, the variable $z$ can account for the amount of glass wedge insertion in a wedge compressor, or the variation in distance between dispersive elements in a prism or grating compressor, among others. In SC d-scan, both the pulse phase and the compressor nominal dispersion are simultaneously retrieved. The compressor dispersion per unit length can be expanded in a Taylor series

$$\psi(\omega) = \psi_0 + \psi_1 (\omega - \omega_0) + \frac{\text{GDD}_{\text{tot}}(\omega - \omega_0)^2}{2L} + \frac{TOD_{\text{tot}}(\omega - \omega_0)^3}{6L} + \ldots,$$

where $L$ is the total scan range in the variable $z$, with GDD$_{\text{tot}}$ and TOD$_{\text{tot}}$ denoting, respectively, the total GDD and TOD introduced during a whole scan by varying the parameter $z$ over an amount $L$. The $\psi_0$, $\psi_1$ terms, corresponding to the carrier envelope phase and to a net group delay (i.e., a pulse arrival time), respectively, can be ignored as the trace is not sensitive to them. In most cases it is enough to use the GDD and TOD parameters in the expansion given in Eq. (3)\textsuperscript{37}. For the SC d-scan retrievals we use the multi-variable optimization Levenberg-Marquardt algorithm (as previously used for SC d-scan retrievals\textsuperscript{34,37,47}). We parametrize the unknown phase function, $\phi(\omega)$, in 32 discrete points (interpolated over the complete frequency grid for the calculations), while we model the compressor with pure GDD (a single parameter).

**Data availability**

The datasets generated and/or analysed during the current study are available from the corresponding author on reasonable request.

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Competing interests

B.A. declares co-authorship of a patent and past employment with SPH. R.R. declares personal financial interest and employment with SPH. P.T.G. declares employment with SPH. H.C. declares co-authorship of a patent and personal financial interest (as co-founder and shareholder) with SPH. S.T., A.A.R., H.M.M. and P.P.M. declare employment with FYLA. P.P.M. declares personal financial interest (as shareholder) with FYLA. Patent 1: Universidade do Porto; M. Miranda, H. Crespo, T. Fordell, C. Arnold, A. L'Huillier; WO2013054292A1; US9,397,463 B2, 19 July 2016; Granted in the USA; involving the dispersion scan technique. Patent 2: SPH and Universidad de Salamanca; B. Alonso, I. J. Sola, H. Crespo; WO2019003102A1; Published; involving the self-calibrating dispersion scan technique. SPH: Sphere Ultrafast Photonics, S.A. is a company that sells devices for the temporal measurement and compression of ultrashort laser pulses. FYLA: FYLA LASER SL is a company that sells fibre laser systems.

Additional information

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