Fall Risk Assessment

The fall risk assessment takes less than a minute and is a quick way to evaluate if the client has an increased fall risk. If this test shows that there is an increased risk of falling, you can perform the fall analysis to be able to give specific advice.

1. Did you fall in the past 12 months?
   - no
   - yes: 1x, more than 1x

2. Do you have trouble moving, walking or keeping balance?
   - no
   - yes

3. No increased fall risk. No action required.
   Increased fall risk. Perform the fall analysis.