Neurological Consequences of Sphingosine Phosphate Lyase Insufficiency

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In 2017, an inborn error of metabolism caused by recessive mutations in SGPL1 was discovered. The disease features steroid-resistant nephrotic syndrome, adrenal insufficiency, and neurological defects. The latter can include sensorineural hearing loss, cranial nerve defects, peripheral neuropathy, abnormal brain development, seizures and/or neurodegeneration. SGPL1 encodes the pyridoxal-5'-phosphate (PLP) dependent enzyme sphingosine phosphate lyase (SPL), and the condition is now referred to as SPL insufficiency syndrome (SPLIS). SPL catalyzes the final step in the degradative pathway of sphingolipids in which the bioactive sphingolipid sphingosine-1-phosphate (S1P) is irreversibly degraded to a long chain aldehyde and phosphoethanolamine (PE). SPL guards the only exit point for sphingolipid metabolism, and its inactivation leads to accumulation of various types of sphingolipids which have biophysical roles in plasma membrane rafts and myelin, and signaling roles in cell cycle progression, vesicular trafficking, cell migration, and programmed cell death. In addition, the products of the SPL reaction have biological functions including regulation of autophagic flux, which is important in axonal and neuronal integrity. In this review, the neurological manifestations of SPLIS will be described, and insights regarding the neurological consequences of SPL insufficiency from the study of brain-specific SPL knockout mice and Drosophila SPL mutants will be summarized.

Keywords: sphingosine phosphate lyase, sphingosine-1-phosphate, sphingosine phosphate lyase insufficiency syndrome, peripheral neuropathy, brain development, NPHS14, Drosophila, axonopathy

INTRODUCTION

Sphingolipids are a unique family of membrane lipids based on the core molecule, ceramide (Hannun and Obeid, 2018). Ceramide itself is comprised of a long chain base (LCB) anchor (sphingosine) in amide linkage with a fatty acid of variable chain length and saturation. Complex sphingolipids are formed by addition to the free hydroxyl group at the C1 position of ceramide of either phosphocholine by sphingomyelin synthase thereby producing sphingomyelin, or alternatively the addition of sequential sugar residues, giving rise to the diverse family of glycolipids known as glycosphingolipids (Figure 1).
Sphingolipids serve structural roles in plasma membranes by conferring biophysical characteristics and participating along with cholesterol in lipid rafts. In so doing, sphingolipids influence the activity and interactions of membrane proteins (Lingwood and Simons, 2010). Sphingolipids serve as receptors, blood group antigens, and regulators of cell-cell interactions. Sphingolipids also play important structural and signaling roles in the formation of membrane structures including cilia and microvilli (Kaiser et al., 2020). Further, they are enriched in the brain compared to other tissues and are key constituents of the myelin sheath. The metabolic recycling and degradation of complex sphingolipids—which takes place primarily in the lysosome—gives rise to bioactive intermediates such as ceramide, ceramide-1-phosphate and sphingosine-1-phosphate that participate in cell signaling events (Gomez-Larrauri et al., 2020).

The importance of sphingolipids to human neurobiology is illustrated most profoundly by the infantile onset neurodegeneration characteristic of sphingolipidoses, a family of inborn errors of metabolism caused by defects of lysosomal sphingolipid metabolism. Diseases such as Gaucher, Nieman Pick, Tay-Sachs, Sandhoff, Fabry, and GM1 gangliosidosis are...
examples of classic sphingolipidoses that exhibit neurological manifestations (Sandhoff, 2012). In fact, sphingolipidoses are among the earliest known inborn errors of metabolism to be identified, although the affected enzymes were not discovered until the 1960s and beyond. Lysosomal storage of sphingolipids is a pathological hallmark of sphingolipidoses. However, accumulation of sphingolipids in other organelles and cell membranes has been demonstrated in these lysosomal storage disorders, and the widespread dysregulation of membrane sphingolipids is suspected to contribute to the pathogenesis of the classical sphingolipidoses and their neurological complications.

In the last 30 years, yeast genetic strategies combined with elegant biochemical studies have elucidated the biochemical steps and nearly all the corresponding genes encoding the enzymes of sphingolipid metabolism as shown in Figure 1 (Dunn et al., 2019). Next generation sequencing of children with unexplained syndromes and presentations have revealed genetic conditions associated with mutations inactivating several of these recently discovered genes encoding non-lysosomal enzymes of sphingolipid metabolism. Like the classic sphingolipidoses, many of these atypical sphingolipidoses also have prominent neurological features including neurodegeneration and peripheral neuropathy. Sphingosine phosphate lyase insufficiency syndrome is one example of this novel class of “atypical” sphingolipid metabolic disorders.

**SPHINGOSINE PHOSPHATE LYASE INSUFFICIENCY SYNDROME**

Sphingosine phosphate lyase insufficiency syndrome (SPLIS), also known as NPHS14, is a recessive genetic disorder of sphingolipid metabolism that was discovered in 2017 (Lovric et al., 2017; Prasad et al., 2017). SPLIS is characterized by three main features: steroid-resistant nephrotic syndrome progressing rapidly to end stage renal disease, primary adrenal insufficiency manifesting mainly as glucocorticoid deficiency, and neurological defects involving the central and peripheral nervous systems (CNS, PNS; Weaver et al., 2020). Lymphopenia with varying degrees of immunodeficiency is a near universal feature of the condition, and ichthyosis or acanthosis of the skin, hypothyroidism, and retinal changes may be present. The condition may take a severe infantile form presenting as early as prenatally or in the first months of life with fetal hydrops, failure to thrive, seizures and rapid demise. In contrast, a milder form may present after infancy or beyond, manifesting initially as an axonal mononeuropathy that progresses slowly to involve other nerve groups, with the patient gradually acquiring other typical SPLIS features (Atkinson et al., 2017; Janecke et al., 2017; Settas et al., 2019). Less than 70 confirmed cases of SPLIS have been reported worldwide at this time. However, its true prevalence remains unknown. Many families of children diagnosed with SPLIS report the loss of other siblings due to fetal or perinatal demise, often in association with nonimmune hydrops or renal failure. In addition, older children affected by SPLIS often describe a prolonged diagnostic odyssey prior to finally receiving a genetic diagnosis, due to the current lack of familiarity of the condition by health care providers. Further, the incorporation of SGPL1 into next generation sequencing diagnostic gene panels has been slow. Thus, many SPLIS cases on both the mild and severe ends of the clinical spectrum likely remain undiagnosed and unreported.

**BIOCHEMISTRY AND GENETICS OF SPLIS**

SPLIS is caused by inheritance of bi-allelic pathogenic variants of SGPL1, the gene encoding sphingosine phosphate lyase (SPL). SPL is a pyridoxal-5'-phosphate dependent aldolase that catalyzes the ultimate step in the degradative pathway of sphingolipids (Kumar and Saba, 2009). In the reaction, the bioactive sphingolipid sphingosine-1-phosphate (SIP) is irreversibly degraded by a cleavage reaction at carbon C2–3, yielding a long chain aldehyde and phosphoethanolamine (PE). SPL guards the only exit point for sphingolipid metabolism, and its inactivation leads to accumulation of SIP and other LCB phosphates, as well as other sphingolipids which have structural roles in plasma membrane rafts, myelin, and signaling roles in cell cycle progression, vesicular trafficking, cell migration, and programmed cell death. In addition, the products of the SPL reaction have biological functions including the regulation of autophagic flux. Over 30 different mutations spanning the SGPL1 coding and splice site regions have been observed in association with SPLIS, including missense mutations, nonsense mutations, splice site mutations, and one substitution at the conserved cofactor-binding domain (Zhao et al., 2020). When the cofactor-binding domain is affected in both alleles, the risk of early death is higher than otherwise. These findings, together with in vivo gene rescue experiments described in the sections below, strongly suggest that the cause of the disease is SPL insufficiency.

**NEUROLOGICAL MANIFESTATIONS OF SPLIS**

A comprehensive SPLIS natural history study has not yet been conducted, and detailed, systematically collected information regarding neurological involvement in SPLIS cases is lacking. Based on a study in 2020, we found the neurological features described in SPLIS patients and their prevalence included unspecified cranial nerve deficits, developmental delay, sensorineural hearing loss, strabismus, regression/progressive neurological deterioration, peripheral motor and sensory neuropathy, ptosis, microcephaly, and 1–2 descriptions of infantile hypotonia or spasticity (Table 1; Weaver et al., 2020).
Retinal lesions have been documented rarely in SPLIS patients (Zhao et al., 2020). While seizures may be a part of the initial disease presentation, they often (although not always) appear to be related to adrenal insufficiency and resolve with hormone replacement therapy.

Abnormal results of brain imaging have been reported in a handful of patients with SPLIS. A systematic review of brain imaging results from 15 SPLIS cases was performed including 10 cases reported in the literature and five cases (four new and one previously reported) wherein detailed magnetic resonance imaging (MRI) results had been obtained (Martin et al., 2020). Recurring features in SPLIS evident on brain MRI included isolated callosal agenesis or dysgenesis and involvement of the deep gray nuclei including globus pallidus, thalamus, caudate, putamen, brainstem, cerebellum and dentate nucleus. Atrophy, when present, was often progressive, and brain lesions also worsened over time. In one older patient, multiple focal lesions in the cerebral and cerebellar cortex and subcortical white matter developed over time. The findings could be consistent with a variety of pathogenic mechanisms of toxic, metabolic, mitochondrial, infectious, and postinfectious origin.

In several SPLIS patients diagnosed in infancy, the dopaminergic pathways appear to be injured, based on progressive lesions observed especially on T2 weighted images of the globus pallidus, dentate nucleus, red nucleus and substantia nigra on successive brain MRI images (Martin et al., 2020). These pathways are known to exhibit high metabolic rates as well as high levels of mineral transport (Nguyen et al., 2019). Sphingolipid accumulation could lead to changes in mitochondrial function, energy production, myelin composition, blood supply and vesicular trafficking—all of which could be particularly injurious to the neurons of dopaminergic pathways, which have selective vulnerabilities to these types of stress (Nguyen et al., 2019). In fact, both ceramide and S1P have been shown to cause neurotoxicity in cultured neurons (Milstien et al., 2007; Hagen et al., 2009). Additional clues suggest that the lesions reflect changes in calcium or iron deposition, as they appear similar to the neurodegeneration and iron deposition lesions observed in patients with pantothenate kinase-associated neurodegeneration, although these have not been confirmed (Klopstock et al., 2019).

### Neurological Consequences of SPLIS Insufficiency in Mouse Models

Global Sgpl1 knockout (KO) mice are born at normal frequency but only survive for a few weeks (Schmahl et al., 2007). Despite a lack of obvious neurological phenotypes or brain pathology in the KO mice, careful analysis of their early neurological development revealed reduced grip strength and delayed achievement of milestones including eye opening, hearing, and adult pattern walking in comparison to wild type littermates (Figure 2; Zhao et al., 2021). Adeno-associated virus 9-mediated Sgpl1 gene rescue administered to Sgpl1 KO pups in their first days of life prevented their neurodevelopmental delay (Zhao et al., 2021).

Van Echten-Deckert and colleagues had shown previously that S1P is toxic to neurons, disrupts calcium homeostasis, and promotes endoplasmic reticulum stress (Hagen et al., 2011; Karaca et al., 2014). To explore the neurological consequences of SPL insufficiency in vivo, they generated a brain-specific SPL knockout mouse (SPL BrainKO) that lives to adulthood by inducing Sgpl1 disruption in brain via expression of a Cre transgene under the control of the nestin promoter in a Sgpl1 floxed background (Mitroi et al., 2016). SPL was markedly reduced and tissue S1P levels were high in the brain of the SPL BrainKO mice. SPL BrainKO mice exhibited abnormalities of motor and behavioral function including memory, spatial learning and motor coordination (Figure 2). SPL BrainKO mice brain histology revealed a subtle reduction in thickness of the dentate gyrus, and ultrastructural analysis of hippocampal excitatory neurons coupled with electrophysiology measurements revealed changes in pre-synaptic morphology accompanied by a reduction in short term plasticity. The investigators found that several pre-synaptic proteins were markedly reduced in SPL BrainKO compared to WT brains and cultured neurons. The observed changes were attributed to upregulation of protein ubiquitination and proteasomal activity in the KO brains. Normal synaptic physiology and the levels of presynaptic protein markers were restored by inhibition of the proteasome (Mitroi et al., 2016). Additional findings revealed by the SPL BrainKO model suggest that SPL and S1P are regulators of the unfolded protein response that may be triggered in neurons by changes in calcium and can lead to disruption of normal presynaptic architecture and physiology with consequences in motor and behavioral

| Neurological deficit                  | Percentage of SPLIS patients affected |
|--------------------------------------|--------------------------------------|
| Cranial nerve deficits               | 24                                   |
| Developmental delay                  | 20                                   |
| Sensorineural hearing loss            | 18                                   |
| Seizures                             | 15                                   |
| Strabismus                           | 13                                   |
| Regression/progressive neurological deterioration | 13                                   |
| Peripheral motor and sensory neuropathy | 11                                   |
| Microcephaly                         | 10                                   |
| Infante hypoatonia or spasticity     | 8                                    |
| Ptosis                               | 4                                    |
| Retinopathy                          | several cases                        |
| Major brain developmental abnormality| a single case                         |

*From Weaver et al. (2020).
function. Interestingly, when the authors of the study generated a second mouse model in which SPL deficiency occurs postnatally and in a forebrain-restricted pattern, they observed no accumulation of S1P in the KO brain, and no manifestation of the phenotypes found in the SPL\textsubscript{BrainKO}. This may be explained by residual SPL activity in the brain tissue sufficient to maintain S1P metabolism, in contrast to the SPL\textsubscript{BrainKO}, in which Sgpl1 disruption occurs in neuronal progenitor cells before birth and affects all regions of the brain.

Further study of the SPL\textsubscript{BrainKO} mice brain and hippocampal neurons grown in culture revealed a block in neuronal autophagic flux in the SPL-deficient state (Figure 2; Mitroi et al., 2017). This was attributed at least in part to a reduction in the SPL product PE, whose incorporation into the phospholipid phosphatidylethanolamine (PtdE) is needed for lipidation of the protein LC3, which itself contributes to maturation of the autophagosome (Rickenfeller et al., 2015; Tommasino et al., 2015). Defective autophagy in the SPL\textsubscript{BrainKO} hippocampal neurons was associated with abnormally high levels of aggregation-prone proteins including synuclein and amyloid precursor protein (APP) in KO brain tissues (Mitroi et al., 2017).

The features of the SPL\textsubscript{BrainKO} brain, including defective autophagy, enhanced proteasomal activity, and accumulation of aggregation-prone proteins such as APP and alpha-synuclein are important in the pathophysiology of neurodegenerative diseases such as Parkinson’s Disease and Alzheimer’s Disease (Suh and Checler, 2002). With the recognition that some children affected by SPLIS exhibited developmental regression accompanied by signs of brain atrophy and lesions of the basal ganglia detected on brain magnetic resonance images, the group of van Echten-Deckert undertook a more detailed investigation of the SPL\textsubscript{BrainKO} model to look for signs of pathology associated with neurodegenerative diseases. They found the hippocampus and cortex of the KO mouse brain exhibited increased phosphorylation of tau, a microtubule-associated protein that contributes to intraneuronal neurofibrillary tangles in Alzheimer disease (Alam et al., 2020). They also found the KO brain tissues to be higher in acetylated forms of histone 3 and 4, consistent with the deregulation of histone acetylation observed in Alzheimer Disease and implicated in memory loss. Both of the observed changes appeared to be mediated by disruption of calcium homeostasis, as they could be reversed by calcium chelation (Alam et al., 2020). Thus, the generation and detailed characterization of the SPL\textsubscript{BrainKO} mouse model has provided substantial insight into the molecular mechanism of neuropathology in SPLIS.

**NEUROLOGICAL DEFECTS IN A Drosophila MODEL OF SPLIS**

The fruitfly *Drosophila melanogaster* has served as a very useful model of lysosomal storage disorders, including sphingolipidoses (Rigon et al., 2021). The high degree of conservation seen across animal taxa in genes that regulate lysosome biogenesis and function, allows *Drosophila* mutants to phenocopy many of the features seen in human patients with sphingolipidoses. The strength of the fly model of SPLIS lies in the unparalleled ease with which genetic analyses can be conducted. Further, clonal analyses or tissue-specific and temporally regulated changes in gene expression can help unravel the cell autonomous vs. non-cell autonomous contribution of S1P lyase deficiency.

In *Drosophila*, the gene that codes for S1P lyase, *sply*, has one reported loss of function allele, *sply*\textsubscript{05991}, produced by the insertion of a transposable element within the locus. Northern analysis and *in-situ* hybridization suggest that this is a null allele, thought this has not yet been confirmed by protein analysis. Mutant flies have increased levels of LCBs and LCB phosphates, and improperly developed flight muscles (Figure 2; Herr et al., 2003). The adults rapidly become sterile due to induction of apoptosis in the ovaries and testes (Phan et al., 2007). Crucially, there are many non-neuronal defects in *sply* mutants that mimic features of SPLIS, the most striking of which is the failure to hatch.
which is disruption of podocyte function. Both mouse and Drosophila podocytes that are deficient in S1P lyase display defective foot-processes, and the fly podocytes also shows reduced uptake of albumin, indicative of disrupted function (Lovric et al., 2017). Thus, it is appropriate to try to explore the sply mutant to investigate the neurological manifestations of SPLIS.

Analysis of the giant fiber neuromuscular pathway in the sply/599 mutant flies showed no electrophysiological defects (Herr et al., 2003), but elsewhere, induction of RNAi against sply in neurons resulted in morphological defects in the larval neuromuscular junction, and fragmentation of sensory neuronal axons in wing margins (Figure 2; Atkinson et al., 2017). These differences might be explained by the fact that synaptic homeostatic mechanisms can maintain synaptic function, even while changes occur in neuronal and synaptic morphology (Goel and Dickman, 2021).

Interestingly, the two molecules whose levels are most strongly impacted by S1P lyase activity, S1P and PE, have been implicated in neuronal or synaptic function in Drosophila. Overexpression of SK2 in Drosophila photoreceptors, which leads to an increase in levels of S1P and dihydro-S1P (and presumably also increases production of the S1P lyase products), causes degeneration of photoreceptor neurons by promoting rapid endocytosis of rhodopsin and the TRPC cation channel (Yonamine et al., 2011). Similarly, in a fruitfly model of fragile X-associated tremor/ataxia syndrome, wherein overexpression of a CGG repeat leads to degeneration of the eyes, reducing the expression of SK2 exacerbates the phenotype (Kong et al., 2019). PE produced as a result of S1P lyase activity has been implicated in the production of PtdE to regulate autophagy in neurons (Mitroiu et al., 2017). Given that axons and dendrites are particularly vulnerable to defects in autophagy (Yang et al., 2013), further experiments in Drosophila sply mutants could reveal neuronal dysfunction as seen in SPLIS patients. However, PtdE itself has other roles in neurons. In a screen for defects in Drosophila photoreceptors, mutations in components of the PtdE synthesis pathway lead to loss of synaptic vesicles and degeneration of photoreceptor neurons (Tsai et al., 2019). This was attributed to an increase in the activity of the transcription factor SREBP, which is regulated by PtdE in contrast to the cholesterol-dependent regulation of SREBP in humans (Dobrosotskaya et al., 2002). The same mechanism is also required for the regulation of dendritic arborization in Drosophila sensory neurons (Meltzer et al., 2017). Given these neuronal roles for S1P and PE, it is quite probable that S1P lyase activity is required for the regulation of synaptic activity and neuronal morphology.

**SUMMARY**

In summary, SPLIS is an atypical sphingolipidosis that can manifest as a peripheral neuropathy involving axonal degeneration and/or a progressive neurodegenerative condition, with no evidence of demyelination in either CNS or PNS involvement. Vertebrate and invertebrate models of SPL insufficiency have revealed disturbances of key cellular functions critical for neuronal health, including autophagic flux, proteasome activity and removal of aggregation-prone proteins, calcium homeostasis, unfolded protein response, and vesicular trafficking. These findings are reminiscent of changes associated with the classical sphingolipidoses (Eckhardt, 2010). Thus, the study of SPLIS and other atypical sphingolipidoses is beginning to reveal common molecular and cellular features that underlie associated neuropathology and may help to elucidate the fundamental role sphingolipids play in neuronal development and function.

**CONTRIBUTION TO THE FIELD**

Sphingolipids are a unique family of lipids that confer biophysical characteristics to plasma membranes, contribute to the composition and stability of myelin, and can be degraded to bioactive intermediates with cell signaling functions. The classical sphingolipidoses are storage diseases caused by inactivation of lysosomal enzymes required for degrading glycosphingolipids and sphingomyelin (Schuette et al., 1999). Many sphingolipidoses present with early onset neurodegeneration caused by demyelination and/or dysregulated autophagy (Arenz, 2017). Some gene variants of sphingolipid degrading enzymes are linked to sporadic Parkinson’s Disease. SPLIS is a newly recognized disorder of sphingolipid metabolism that can involve defects of the central and peripheral nervous system. SPLIS represents an emerging class of atypical sphingolipidoses that do not involve lysosomal enzymes of sphingolipid metabolism. Despite this distinction, atypical sphingolipid disorders are often manifest with neurological impairment as a key clinical feature. Further, evidence from murine knockout models of SPLIS suggest that common mechanisms of disease pathogenesis involving autophagy and vesicular trafficking defects may explain the neurological involvement characteristic of both classical and atypical sphingolipid metabolic disorders. Thus, although SPLIS is a rare condition, study of vertebrate and invertebrate models of SPL insufficiency may provide insights into the fundamental role sphingolipids play in neuronal development and function.

**AUTHOR CONTRIBUTIONS**

JS and KA wrote, edited, and approved the manuscript in final form. All authors contributed to the article and approved the submitted version.

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