Research Article

The Immunological Enhancement Activity of Propolis Flavonoids Liposome In Vitro and In Vivo

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Received 30 April 2014; Revised 1 July 2014; Accepted 23 September 2014; Published 14 October 2014

Academic Editor: Haruki Yamada

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The aim of this study was to investigate and assess the effects of propolis flavonoids liposome imposed on the immune system by comparing it to propolis flavonoids and blank liposome.

In vitro, the effects of the above drugs on macrophages were assessed by measuring the phagocytic function and cytokine production. In vivo, the immunological adjuvant activity of propolis flavonoids liposome was compared with those of propolis flavonoids and blank liposome. The results showed that in vitro propolis flavonoids liposome can significantly enhance the phagocytic function of macrophages and the release of IL-1β, IL-6, and IFN-γ. In addition, subcutaneous administration of propolis flavonoids liposome with ovalbumin to mice could effectively activate the cellular and humoral immune response, including inducing higher level concentrations of IgG, IL-4, and IFN-γ in serum and the proliferation rates of splenic lymphocytes. These findings provided valuable information regarding the immune modulatory function of propolis flavonoids liposome and indicated the possibility of use of propolis flavonoids liposome as a potential adjuvant.

1. Introduction

Propolis is a complex mixture processed by honeybees from the resins collected from buds, leaves, and exudates of different plants, such as poplar, birch, horse chestnut, alder, beech, and conifer trees. It has attracted researchers’ interest and also extensively appeared in the composition column as an additive in health foods, beverages, and nutritional supplements for improvement of health and prevention of several diseases because of its biological and pharmacological properties, including immunomodulatory, antitumor, anti-inflammatory, antioxidant, and antibacterial [1–6]. Over 150 constitutions were contained in propolis, such as polyphenols (flavonoids, phenolic acids, and their esters), terpenoids, steroid, and acids, but vary in the geographical and botanical origins [7]. Propolis from China contains many flavonoids [1] and flavonoids are thought to account for much of the biological and pharmacological activities. However, it makes propolis flavonoids difficult to be utilized because of the poor solubility in water.

Liposomes are microscopic vesicles composed of membrane-like lipid bilayers surrounding aqueous compartment. The lipid layers are comprised mainly of phospholipids [8]. Propolis flavonoids, mixes of various hydrophobic compounds, can be intercalated into the lipid bilayer and ultimately dissolved in the aqueous solution. Most importantly, liposomes are proved to be safe and well tolerated, as demonstrated through the extensive researches and applications of liposome-based anticancer [9] and anti-infective drugs [10]. In addition, effective active targeting and evidently prolonged resident time in blood can be purposefully achieved after specific modification of liposomes as drug delivery systems [11]. Accidentally, the oxidation process of phospholipids can be delayed due to the antioxidant effect exerted by propolis.

In addition, the research and development of liposomes as adjuvant has greatly intensified in the last 10 years, which exhibits advantages of elicitation of both humoral mediated immunity and cell mediated immunity and others described above [12–14]. Similarly, the vaccine containing propolis demonstrated a faster, more efficient, and more durable
immune response than nonformulated one and furthermore less toxic than white oil [15]. Therefore, if propolis flavonoids are encapsulated with liposome, not only the water solubility of propolis flavonoids will be enhanced, but also they may have synergistic effect.

In this study, in vitro, the effect of the propolis flavonoids liposome on phagocytic activity and cytokine secretion of macrophages was measured. The effect of the propolis flavonoids liposome on the humoral mediated immunity and cell mediated immunity was compared with propolis flavonoids, liposome, and Freund’s Complete Adjuvant (FCA). The aim of this strategy is to investigate whether immunological enhancement activity of propolis flavonoids and liposome formulations can further enhance or modulate the immune response against OVA vaccine compared with the adjuvant alone.

2. Materials and Methods

2.1. Preparation of Propolis Flavonoids Liposome. Propolis was purchased from Dahua Chinese traditional medicine company in Nanjing, Jiangsu province. Propolis flavonoids were prepared in our laboratory Briefly, propolis was extracted with 95% ethanol for three times and the ethanol solution was retrieved. Then, the precipitation was extracted with ethyl acetate for three times and then the ethyl acetate was retrieved. Finally, the precipitation was dried in vacuum and propolis flavonoids were obtained. Propolis flavonoids are a complex mixture which mostly contains rutin, myricetin, quercetin, kaempferol, apigenin, pinocembrin, chrysin, and galanigin. Propolis flavonoids was purchased from Dahua Chinese traditional Medicine company in Nanjing, Jiangsu province, China. The content of rutin in the propolis flavonoids was measured by UV-spectrophotometric method and the contents of chrysin and galanigin in the propolis flavonoids were measured by HPLC (Waters 2695, Massachusetts, USA) and the contents of chrysin and galanigin in the propolis flavonoids used in our experiments were, respectively, 50.67%, 6.50%, and 22.68%, which was in accord with the standard of Chinese Pharmacopoeia. The propolis flavonoids liposome (the average size of propolis flavonoids liposome at series of concentrations (60 $\mu$g/mL, 30 $\mu$g/mL, and 15 $\mu$g/mL), propolis flavonoids (60 $\mu$g/mL, 30 $\mu$g/mL, and 15 $\mu$g/mL), blank liposomes, LPS (being from *Escherichia coli* 055:B5, 1 $\mu$g/mL, purity > 97%, Sigma, St. Louis, MO, USA), and RPMI-1640 medium for 48 h. Then the supernatants were removed from the 24-well plates carefully and 600 $\mu$L of the prepared fluorescent BioParticle suspensions was added to all the wells. After incubation for 2 hours at 37$^\circ$C in 5% CO$_2$, the BioParticle loading suspensions were removed and 600 $\mu$L of the prepared trypan blue suspensions was added for 1 minute at room temperature. The excess trypan blue suspensions were removed and 0.5 mL 0.25% trypsin was added to each sample for 2 minutes. Finally, the macrophages were washed twice with PBS, fixed with 600 $\mu$L 4% paraformaldehyde, and examined by flow cytometry.

2.2. Assay for Macrophages Activation by Propolis Flavonoids Liposome

2.2.1. Peritoneal Macrophage Preparation. Peritoneal macrophages were isolated with minor modifications, as described in previous report [17]. In brief, peritoneal macrophages were harvested from ICR mice (4 weeks old) 2 days after an intraperitoneal injection of 1 mL 6% starch-broth medium. ICR mice were sacrificed and about 5 mL of PBS was injected into the abdominal, then the abdomen was massaged gently for 3 min, and the PBS was drawn back with peritoneal fluid. After centrifugation at 1500 rpm for 10 min, the macrophages were collected and washed twice with PBS. Peritoneal macrophages were resuspended and diluted to 2.5 x 10^6 $\mu$L$^{-1}$ with RPMI-1640 with fetal bovine serum. The cells were transferred to 24-well plates (Costar, Corning, NY, USA) and incubated to adhere for 4 h in a humid atmosphere (Thermo Scientific, Waltham, MA, USA) with 5% CO$_2$ at 37$^\circ$C. Then remove nonadherent cells and wash gently twice with RPMI 1640 medium.

2.2.2. Phagocytosis Assay. The effects of propolis flavonoids liposome, propolis flavonoids, and blank liposome on phagocytic function of macrophages were assessed by Vybrant Phagocytosis Assay Kit (Molecular Probes, Inc, Eugene, OR, USA) and ultimately the total mean fluorescence intensity (MFI) was determined by flow cytometry (BD FACSVerse, San Jose, CA). Briefly, peritoneal macrophages (2.5 x 10^6/mL in RPMI complete medium, 2 mL per well) were exposed to different concentrations of propolis flavonoids liposome (60 $\mu$g/mL, 30 $\mu$g/mL, and 15 $\mu$g/mL), and liposome formulations can further enhance or modulate the immune response against OVA vaccine compared with the adjuvant alone.

2.2.3. Measurement of Cytokine Production. After peritoneal macrophage was prepared as Section 2.2.1, propolis flavonoids liposome at series of concentrations (60 $\mu$g/mL, 30 $\mu$g/mL, and 15 $\mu$g/mL), propolis flavonoids (60 $\mu$g/mL, 30 $\mu$g/mL, and 15 $\mu$g/mL), blank liposomes, LPS (being from *Escherichia coli* 055:B5, 1 $\mu$g/mL, purity > 97%, Sigma, St. Louis, MO, USA), and RPMI-1640 medium for 48 h. The supernatants were removed from the 24-well plates carefully and 600 $\mu$L of the prepared fluorescent BioParticle suspensions was added to all the wells. After incubation for 2 hours at 37$^\circ$C in 5% CO$_2$, the BioParticle loading suspensions were removed and 600 $\mu$L of the prepared trypan blue suspensions was added for 1 minute at room temperature. The excess trypan blue suspensions were removed and 0.5 mL 0.25% trypsin was added to each sample for 2 minutes. Finally, the macrophages were washed twice with PBS, fixed with 600 $\mu$L 4% paraformaldehyde, and examined by flow cytometry.

2.3. Adjuvant Activity In Vivo

2.3.1. Animal Treatment Protocol. The same quantity of female and male ICR mice (4 weeks old) were purchased from Comparative Medicine Centre of Yangzhou University
and acclimatized for 7 days prior to use. The mice were maintained under controlled conditions at temperature of 24 ± 1°C, humidity of 50 ± 10%, and a 12/12-h light–dark cycle with free access to food and water. Each mouse was used once and treated in accordance with the National Institutes of Health guide lines for the care and use of laboratory animals.

2.3.2. Immunization. Mice were injected subcutaneously in the dorsal skinfold on days 0 and day 14 with 0.5 mL propolis flavonoids liposome (0.5 mg/mL), propolis flavonoids (0.5 mg/mL), FCA adjuvant, and blank liposome, each formulation containing OVA (200 μg). On weeks 1, 2, 3, 4, 5, and 6 after the first vaccination, mice were euthanized and the peripheral blood samples and the splenic lymphocyte were collected to determine the concentrations of OVA-specific IgG, IL-4, IFN-γ, and spleen lymphocyte proliferation.

2.3.3. Measurements of Serum IL-4 and IFN-γ. Collected peripheral blood samples were placed in incubator (37°C) for 2-3 h and then were centrifuged at 10,000 rpm at 4°C for 10 min to collect the serum. The concentrations of IL-4 and IFN-γ in the serum were determined with ELISA kit (BD Biosciences, Franklin Lakes, New Jersey, USA) in accordance with manufacturer’s instructions.

2.3.4. Measurements of OVA-Specific IgG. OVA-specific IgG in serum was detected by an indirect ELISA [18–20]. In brief, microtiter plate wells were coated with 100μL OVA solution (coating buffer-PBS containing 0.4μg OVA) and incubated for 12 h at 4°C. The wells were washed three times with washing buffer containing 0.12% (w/w) Tris and 0.85% (w/v) NaCl in deionized water and blocked with 1% (v/v) gelatin/PBS at 37°C for 1 h. After three times of washing, 100μL of a series of diluted serum samples was added into triplicate wells. The plates were incubated for 2 h at 37°C, followed by three times’ washing. At this point, 100μL of peroxidase (HRP)-conjugated AffiniPure goat anti-mouse IgG (H + L) diluted to 1:5000 with PBS containing 0.05% (v/v) Tween 20 (PBST) was dispensed into each well and incubated at 37°C for 1 h. After three times of washing, 100μL of 3′,3′,5′,5′-tetramethyl benzidine (TMB, Tiangen Biotech Co., Ltd) was added to each well. The plates were in the dark at 37°C for 15 min. The reaction was terminated by the addition of 100μL of stopping buffer (2 mol/L H₂SO₄ solution). The absorbance was measured at 450 nm. The standard curve of IgG, on which the concentrations of the standard IgG were as abscissa and the relative A₄₅₀ as ordinate, was established. The concentration of IgG of each sample serum was calculated according to the standard curve.

2.3.5. Splenic Lymphocyte Proliferation Assay. Splenic lymphocyte proliferation was measured as described [21, 22]. The spleen cells were seeded into 96-well culture plates and phytohemagglutinin (PHA, purity > 97%, Sigma, 10 μg/mL) or lipopolysaccharide (LPS, being from Escherichia coli 055:B5, 1μg/mL, purity > 97%, Sigma, St. Louis, MO, USA) was added to stimulate T or B lymphocyte proliferation. Then 20μL of RPMI-1640 medium was added into the left wells as the control. After 44 h incubation at 37°C, 30μL of MTT solution (5 mg/mL) was added to each well and incubated for an additional 4 h. The supernatant was removed, and then the formed formazan salts were dissolved by 100μL of DMSO in shaking plates for 10 min. Absorbance was measured at 570 nm using an ELISA reader (Multiskan FC Microplate photometer, Thermo scientific, USA). The proliferation rate (%) was calculated according to the following equation:

\[
\text{Proliferation rate} = \frac{A_{\text{drug group}} - A_{\text{control group}}}{A_{\text{control group}}} \times 100\%.
\]

2.4. Statistical Analysis. Data are expressed as mean ± standard errors (S.E.). Duncan and LSD’s multiple range test were used to determine the difference among groups. P values of less than 0.05 were considered to be statistically significant.

3. Results

3.1. Propolis Flavonoids Liposome Increased the Phagocytosis Function of Macrophages. The process of phagocytic is essential for macrophage as important antigen present cells and the first line of defense. The effects of the propolis flavonoids liposome, propolis flavonoids, blank liposome, and LPS on macrophages were assessed. As shown in Figure 1, phagocytic function of macrophages after adding propolis flavonoids liposome was significantly enhanced and tended to be dose-dependent. The results showed that not only propolis flavonoids liposome but also propolis flavonoids, blank liposome, and LPS enhanced the phagocytic function of macrophages.

3.2. Propolis Flavonoids Liposome Stimulated Cytokines Production of Murine Peritoneal Macrophages. The murine peritoneal macrophages were stimulated with propolis flavonoids liposome for 24 h and the cytokines contents in the culture supernatant were measured by ELISA. As a result, propolis flavonoids liposome (60 μg/mL, 30 μg/mL, and 15 μg/mL) could significantly increase the production of the IFN-γ, which was a significant difference between with propolis flavonoids and blank liposome (Figure 2(a)). The production of the IL-1β of propolis flavonoids liposome (60 μg/mL, 30 μg/mL, and 15 μg/mL) groups was significantly higher than those of propolis flavonoids and blank liposome (Figure 2(b)). The IL-6 concentrations of propolis flavonoids liposome groups in 30 μg/mL and 60 μg/mL were significantly higher than those in other groups (P < 0.05) (Figure 2(c)). However, they failed to reproduce the similar trends above in terms of IL-12 and TNF-α (Figures 2(d) and 2(e)).

3.3. Propolis Flavonoids Liposome Increased the Splenic Lymphocyte Proliferation. To compare the ability of propolis flavonoids liposome, propolis flavonoids, liposomes, and FCA to induce cellular immune response, the splenic lymphocyte proliferation of vaccinated mice was quantified after weeks 1, 2, 3, 4, 5, and 6 of immunization. The result as seen in Figures 3(a) and 3(b) as follows: significantly higher magnitude of splenic proliferation with PHA was obtained
Propolis flavonoids LPS

IFN-$\gamma$ helper cells were essential in the process of specific immunity. IL-4 production.

On weeks 3 to 6 after first vaccination ($P < 0.05$) resulted in a significantly higher amount of IL-4 than others in blood, especially IgG, the major constitution. As antigens can be evaluated by determining the immunoglobulin IgG.

3.4. Propolis Flavonoids Liposome Enhanced the Production of IL-4.

LPS was obtained in propolis flavonoids liposome group from week 2 to week 6 after first vaccination compared with propolis flavonoids, blank liposome, FCA, and blank control groups ($P < 0.05$). In addition, from week 2 to week 6 after first vaccination, significantly higher magnitude of splenic proliferation with LPS was obtained in propolis flavonoids liposome group compared with propolis flavonoids, blank liposome, FCA, and blank control groups ($P < 0.05$).

3.5. Propolis Flavonoids Liposome Promoted the IFN-$\gamma$ and IL-4 Productions.

The massive secretion of cytokines by T-helper cells was essential in the process of specific immunity. IFN-$\gamma$ and IL-4, as Th1 cytokine and Th2 cytokine, were assessed. The concentrations of IFN-$\gamma$ in mouse vaccinated with propolis flavonoids liposome were significantly higher than mouse vaccinated with propolis flavonoids, liposome, and FCA on weeks 5 and 6 after primary vaccination ($P < 0.05$) (Figure 5(a)). Similarly, propolis flavonoids liposome resulted in a significantly higher amount of IL-4 than others on weeks 3 to 6 after first vaccination ($P < 0.05$) (Figure 5(b)).

4. Discussion

An ideal vaccine adjuvant is a component that not only can improve the effectiveness of vaccines by inducing robust immune responses [23] but also should be safe enough during vaccination. Therefore, the success of vaccines may lie in their association with selected adjuvants, especially to the innovative vaccines with poor immunogenicity. As various vaccines are developed, many types of adjuvants are also sought out and undergo evaluation in terms of security and availability. For example, although alum is widely used as a vaccine adjuvant, its role in nephrotoxicity, Alzheimer’s disease, subcutaneous reaction, epitope modification, its inability to induce cellular response, and its limited effect on polysaccharide antigens highlighted the need for new adjuvants. In addition, despite the fact that Freund’s Complete Adjuvant can lead to immune responses characterized by a mixed Th1/Th2 response and is useful for inducing cell-mediated response, its high toxicity, potential adverse reaction, and high cost make it unfit to be used as a vaccine adjuvant for humans [24–27].

In view of shortages of synthetic compounds, some natural products become fertile sources for new medicines [28]. The in vivo preclinical investigations highly recommend further applications [15]. The immunomodulatory effects of natural substances, such as propolis, ginsenoside, and QS21, have been considered as alternative adjuvant therapies in the treatment of various diseases [29, 30]. When used as a vaccine adjuvant, propolis has been shown to increase the safety of the associated vaccine, in addition to increasing its protective index, eliciting a higher antibody titer, eliciting high and persistent mucosal immunity, enhancing the cellular response, offering a higher phagocytic activity, increasing leukocytic reaction, promoting peripheral lymphocytes proliferation, extending vaccine protection, inducing early protection, reducing the optimum dose concentration, and enhancing nonspecific immunity regardless of the types of vaccine preparation [31, 32]. Moreover, these effects were usually correlated to the flavonoids content [33, 34]. However, propolis flavonoids difficultly dissolve into water. Liposomes, biodegradable and essentially nontoxic vehicles, can encapsulate both hydrophilic and hydrophobic materials [35]. In addition, liposomes are themselves the immunological adjuvant and have been confirmed and extended to include a wide range of antigens from bacteria, protozoa, viruses, tumors, and spermatozoa [36, 37]. Therefore, if propolis flavonoids are encapsulated with liposome, not only solubility of propolis flavonoids will be increasingly promoted, but also the immunological adjuvant will be synergistic. In this study, the propolis flavonoids were encapsulated with liposome and we compared the immunological enhancement activity with propolis flavonoids in vitro and in vivo.

As mononuclear phagocytic cells derive from peripheral blood monocytes and are resident in most tissues, macrophages function as professional antigen presenting cells (APCs) and as effector cells in humoral and cellular immunity. They act as the bridge between the innate immune system and the adapt immune system by differentiating into cells to exert diverse functions after being activated by...
different stimuli or combination of stimuli [38, 39]. Consequently, propolis flavonoids liposome, as stimuli, was incubated with peritoneal macrophage. The phagocytic capability of macrophages was significantly enhanced when exposed to propolis flavonoids liposome as shown in Figure 1. The process of phagocytosis is essential for macrophage to clear invades and present antigens to effective T cells. In addition, significantly greater concentrations of IL-1β, IL-6, and IFN-γ with adding PFL were found as compared to adding PF or liposome. However, the effects of propolis flavonoids liposome are not always dose-dependent. The effect of propolis flavonoids liposome on IL-6 (Figure 2(c)) appeared to be dose-dependent, whereas the releases of IL-1β and IFN-γ (Figures 2(b) and 2(a)) were more obvious on the middle concentration of propolis flavonoids liposome. In addition, propolis flavonoids liposome could not obviously promote the secretion of IL-12 and TNF-α. That also indicated that the propolis flavonoids liposome only affected secretion of partial cytokine. IL-1β, IL-6, and IFN-γ can promote the immune responses, including strikingly enhancing antigen-driven responses of CD4 and CD8 T cells [40], determining the path of T cell differentiation, inducing B cells to differentiate...

Figure 2: The cytokines production of the peritoneal macrophages on each group (pg/mL). The effects of propolis flavonoids liposome, propolis flavonoids, and blank liposome on peritoneal macrophages were assayed. (a) TNF-α, (b) IL-1β, (c) IL-6, (d) IL-12, and (e) IFN-γ. Values are mean ± SEM, n = 6. a–d The superscripts without the same letters above the columns differ significantly (P < 0.05) from each other in the same concentration group.
into plasma cells, and driving the production of Th1 cells. It demonstrated that the propolis flavonoids liposome, similar to PAMP, could be recognized by innate immune system through interacting with the macrophages and the results might be explained to be related to the activation of TLRs signal paths [41, 42].

In vivo, results showed that a substantial effect of PFL on the IgG concentration was seen. At later period of immunization (from 4 to 5 weeks), the effect of propolis flavonoids liposome was significantly superior to PF and liposomes, which indicated that the PF with encapsulated liposomes was controlled release. Moreover, significant difference was seen between propolis flavonoids liposome and FCA. From week 2 to week 4, the spleen lymphocyte proliferation rates of propolis flavonoids liposome group were significantly higher than those of other groups. It indicated that cellular immunity response could be boosted when propolis flavonoids liposome served as adjuvant and high levels of IFN-γ in propolis flavonoids liposome group were also improved. High levels of IL-4 and IgG in propolis flavonoids liposome group showed that propolis flavonoids liposome could efficiently induce the humoral immunity responses.

In a word, propolis flavonoids liposome not only could promote the phagocytic capability and the cytokine production of murine peritoneal macrophages in vitro, but also could enhance the humoral immunity response and cellular immunity response. Moreover, in contrast to FCA and alum, propolis flavonoids liposome was nontoxic and had few adverse reactions and superior effect, which is fitter to be used as vaccine adjuvant.

**Abbreviations**

OVA: Ovalbumin  
DMSO: Dimethyl sulfoxide  
PHA: Phytohemagglutinin  
FCA: Freund’s Complete Adjuvant  
LPS: Lipopolysaccharide  
MTT: 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide  
PBS: Phosphate buffered saline  
ELISA: Enzymelinkedimmunosorbentassay  
IgG: Immunoglobulin G  
IFN-γ: Interferon-γ  
IL-12: Interleukin-12  
IL-6: Interleukin-6  
IL-1β: Interleukin-1β  
IL-4: Interleukin-4  
TNF-α: Tumor necrosis factor-α.
Conflict of Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

Authors’ Contribution

Yang Tao and Deqing Wang contributed equally to this work.

Acknowledgments

The project was supported by National Natural Science Foundation of China (Grant no. 31372472), Special Fund for Agro-Scientific Research in the Public Interest (Grant nos. 201303046 and 201403051), and a Project Funded by the Priority Academic Program Development of Jiangsu Higher Education Institutions (PAPD). The authors are grateful to all the other staff in the Institute of Traditional Chinese Veterinary Medicine of Nanjing Agricultural University for their assistance in the experiments.

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