ACE/ACE2 Ratio and MMP-9 Activity as Potential Biomarkers in Tuberculous Pleural Effusions

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Abstract

Objective: Pleural effusion is common problem, but the rapid and reliable diagnosis for specific pathogenic effusions are lacking. This study aimed to identify the diagnosis based on clinical variables to differentiate pleural tuberculous exudates from other pleural effusions. We also investigated the role of renin-angiotensin system (RAS) and matrix metalloproteinase (MMPs) in the pathogenesis of pleural exudates.

Experimental design: The major components in RAS and extracellular matrix metabolism, including angiotensin converting enzyme (ACE), ACE2, MMP-2 and MMP-9 activities, were measured and compared in the patients with transudative (n = 45) and exudative (n = 80) effusions. The exudative effusions were come from the patients with tuberculosis (n = 20), pneumonia (n = 32), and adenocarcinoma (n = 28).

Results: Increased ACE and equivalent ACE2 activities, resulting in a significantly increased ACE/ACE2 ratio in exudates, were detected compared to these values in transudates. MMP-9 activity in exudates was significantly higher than that in transudates. The significant correlation between ACE and ACE2 activity that was found in transudates was not found in exudates. Advanced analyses showed significantly increased ACE and MMP-9 activities, and decreased ACE2 activity in tuberculous pleural effusions compared with those in pneumonia and adenocarcinoma effusions. The results indicate that increased ACE and MMP-9 activities found in the exudates were mainly contributed from a higher level of both enzyme activities in the tuberculous pleural effusions.

Conclusion: Interplay between ACE and ACE2, essential functions in the RAS, and abnormal regulation of MMP-9 probably play a pivotal role in the development of exudative effusions. Moreover, the ACE/ACE2 ratio combined with MMP-9 activity in pleural fluid may be potential biomarkers for diagnosing tuberculous pleurisy.

Key words: angiotensin converting enzyme, angiotensin converting enzyme 2, exudative effusion, matrix metalloproteinase-9, tuberculous effusion.
Introduction

Pleural effusion is a common medical problem in the chest and involves accumulation of an abnormal amount of pleural fluid in the pleural space. Several diseases such as congestive heart failure, liver cirrhosis, tuberculosis, adenocarcinoma, and pneumonia are common diseases that cause pleural effusions, but there is no rapid and accurate diagnostic method for pleural effusion. Conventional diagnosis of tuberculous pleurisy is based on pleural fluid cytology, culture of pleural effusions, and pleural biopsy tissue culture, but these methods have very low sensitivity and recognised limitations in clinical use, and they usually require weeks for a positive culture report [1]. Therefore, a reliable clinical marker providing simple, rapid, and accurate diagnosis is required for patients with pleural effusion.

The circulating renin-angiotensin system (RAS) plays a well-described role in maintaining blood pressure homeostasis. Recently, a local tissue-based RAS has also been described and appears to play a key role in injury/repair responses [2, 3]. The expression of RAS components and the elevation of angiotensin converting enzyme (ACE) in a number of lung diseases suggest the existence of a pulmonary RAS and that angiotensin II (Ang II) could mediate, at least in part, the response to lung injury. The central role of ACE is to generate Ang II from Ang I. Ang II is a key effector peptide of RAS that causes vasoconstriction and exerts multiple biological functions. Ang II can also cause the development of interstitial fibrosis via physiological regulation of matrix metalloproteinase (MMP) expression and/or activation [4].

ACE2, a close homologue of ACE, functions as a negative regulator of the angiotensin system and was identified as a key receptor for severe acute respiratory syndrome coronavirus infections [5, 6]. ACE2 reduces the generation of Ang II by catalysing the conversion of Ang I to Ang1-9 and facilitating hydrolysis of Ang II to Ang1-7. Ang1-7 has been recognised as a potential endogenous inhibitor of the classical RAS cascade [7]. Hence, the ACE2–Ang1-7 axis may be an important negative modulator of Ang II bioactivity, counteracting the effects of ACE in determining net tissue Ang II levels. Abnormally elevated ACE combined with decreased ACE2 expression may be involved in fibrotic processes in vitro and in vivo, and the mechanism may involve expression and activation of specific MMPs [8]. Recently, abnormal pleural MMP levels, e.g., MMP-2 and MMP-9, have been reported, and the association between MMPs and development of pleurisy has been investigated [9, 10, 11].

Here we evaluated the association of two key enzymes in RAS, ACE and ACE2, with MMP-2 and MMP-9 in the pleural fluid of patients with pleural effusion. We also detail discussed whether abnormal RAS, accompanied with high levels of ACE/ACE2, might be a cause of elevated MMP-9 activity in tuberculous pleural effusion. Finally, a high ratio of ACE to ACE2 combined with elevated MMP-9 detected in pleural fluid may be a potential indicator for the diagnosis of tuberculous pleurisy.

Materials and Methods

Pleural effusion samples

Pleural effusions from 125 patients were processed in our laboratory from August 2010 to December 2011. All pleural effusions were designated as transudates or exudates according to Light’s criteria [12]. Definitive diagnosis of tuberculous, pneumonia, or adenocarcinoma effusions for the exudate was verified by examining effusion biochemistry, cytology, acid-fast staining, and clinical follow-up. The study was performed with the approval of the Institutional Review Board of Mackay Memorial Hospital. Informed consent was obtained from all patients.

According to Light’s criteria, pleural effusions were divided into 45 transudative pleural effusions and 80 exudative pleural effusions. The exudative pleural effusions were further divided into tuberculous pleural effusions (20 patients), pneumonia pleural effusions (32 patients), and malignant pleural effusions (28 patients). Fresh pleural fluid was collected in sterile tubes without anticoagulant reagents to prevent the release of gelatinases during platelet activation, and the tubes were immediately centrifuged at 3,000 × g for 30 minutes to separate the supernatants and cell pellets. The supernatants were aliquoted and stored with the cell pellets at −80°C until further use.

For each pleural effusion sample, the routine pleural analyses included total protein, lactate dehydrogenase (LDH), glucose, and white blood cell (WBC) count. In addition, the activities of ACE, ACE2, and gelatinases (MMP-2 and MMP-9) in the pleural effusions were measured.

Gelatin zymography

Gelatin zymography for detecting MMP-2 and MMP-9 activity was performed with gelatin-containing gels as our previous report [4]. Briefly, 10 μl pleural fluid for each subject was loaded to a 10% SDS-PAGE containing 0.1 mg ml⁻¹ gelatin (Sigma-Aldrich, St. Louis, MO, USA). The gelatinase activities were identified as clear zones against a blue
background on the SDS-PAGE and quantified using Scion Image software (NIH, Bethesda, MD, USA), which quantifies the extent of lysis in bands containing gelatinase. Enzyme activity was expressed as ng ml⁻¹.

**ACE and ACE2 activity assay**

ACE and ACE2 activities were assayed with the fluorogenic substrates Mca-YVADAPK and Mca-APK-Dnp (AnaSpec, San Jose, CA, USA), respectively, according to Wysocki et al. with slight modifications [13]. The assay was performed in a micro-quartz cuvette with 20 μl pleural fluid, 50 μM fluorogenic substrate and protease inhibitor cocktail (1:200; Sigma-Aldrich) in a final volume of 100 μl in ACE or ACE2 assay buffer. The reaction was followed kinetically for 1 hour using a fluorescence reader at an excitation wavelength of 330 nm and an emission wavelength of 390 nm. Data were fitted and plotted using Grafit v.4.0 (Sigma-Aldrich), and enzyme activity was expressed as RFU h⁻¹ ml⁻¹. Parallel samples were incubated with the above-mentioned reaction mixture in the presence of 1 μM captopril (Sigma-Aldrich), a specific ACE inhibitor for determining specific ACE activity, or 1 μM DX600 (AnaSpec), a specific ACE2 inhibitor for determining specific ACE2 activity.

**Statistics**

The levels of various markers in the pleural effusion samples are expressed as the mean ± standard deviation (SD) or shown as the median (interquartile range). Group comparisons were made using the nonparametric Kruskal-Wallis test. Differences were considered statistically significant when \( p < 0.05 \). Statistical analysis was performed using statistical software (SPSS, Chicago, IL, USA).

**Results**

**General characteristics of pleural effusions**

The pleural fluid characteristics of 125 patients included in the study are presented in Table 1. Generally, total protein, LDH, and the number of WBC in exudative effusions \((n = 80)\) were significantly higher than those in transudative effusions \((n = 45)\) \((p < 0.001)\), whereas a lower glucose level was detected in the pleural fluid of exudates compared with that in transudates \((p < 0.001)\).

**ACE and ACE2 activities in transudates and exudates**

ACE and ACE2 activities in the pleural effusions of all patients were determined. ACE activity in exudative effusions was higher than that in transudative effusions (median, 0.74 (IQR, 0.43–1.47) RFU h⁻¹ ml⁻¹ vs. 0.57 (0.32–0.9) RFU h⁻¹ ml⁻¹, \( p < 0.01 \)) (Figure 1A).

On the contrary, ACE2 activity in exudative effusions was lower than that in transudative effusions (1.58 (1.02–2.54) RFU h⁻¹ ml⁻¹ vs. 1.98 (1.27–3.12) RFU h⁻¹ ml⁻¹) (Figure 1B), but this difference was not statistically significant. The ratio of ACE/ACE2 activity in the pleural effusions was significantly higher in exudative effusions than in transudative effusions \((0.49 (0.27–0.91) vs. 0.27 (0.19–0.43), p < 0.001)\) (Figure 1C). In transudates, a significant positive correlation was found between ACE and ACE2 activities \((r² = 0.456, p < 0.001)\) (Figure 2A). However, the ACE activity was not correlated with the ACE2 activity in exudative effusions \((r² = 0.020, p = 0.214)\) (Figure 2B).

**Table 1. Pleural fluid characteristics of the study population.**

|                   | Transudates \((n = 45)\) | Exudates \((n = 80)\) |
|-------------------|---------------------------|-----------------------|
| **Age (years)**   | 74 ± 12                   | 66 ± 18               |
| **Male/Female**   | 29/16                     | 49/31                 |
| **Pleural fluid** |                           |                       |
| White blood cells (cell mm⁻³) | 305 ± 326 | 927 ± 1090 ***       |
| Glucose (mmol l⁻¹) | 176 ± 77                  | 130 ± 58 ***          |
| Total protein (g l⁻¹) | 2.11 ± 1.02 | 4.01 ± 1.02 ***       |
| Lactate dehydrogenase (U l⁻¹) | 86 ± 32 | 265 ± 222 ***        |

Transudates were from patients with heart failure or liver cirrhosis. Exudates were from patients with tuberculous, pneumonia, or adenocarcinoma effusions.

Data are the means ± SD. *** indicates \( p < 0.001 \) compared with transudates.

**MMP-2 and MMP-9 activities in transudates and exudates**

The MMP-2 and MMP-9 activities in the pleural effusions of all patients were determined with gelatin zymography (Figure 3). The MMP-2 activity in exudative effusions was comparable with that in transudative effusions \((1375 (944–1841) ng ml⁻¹ vs. 1148 (806–1730) ng ml⁻¹)\) (Figure 3A). However, MMP-9 activity in exudative effusions was significantly higher than that in transudative effusions \((30 (19–52) ng ml⁻¹ vs. 11 (8–23) ng ml⁻¹, \( p < 0.001 \)) (Figure 3B).

**WBC and biochemical assay in exudates from patients with different diseases**

WBC number, glucose, total protein and LDH concentration in the exudates from of three types, tuberculous, pneumonia and adenocarcinoma effusions, were determined (Table 2). The data show that all of WBC number, glucose and LDH concentration determinations among the three exudative effusions were insignificantly different.

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Table 2. Pleural fluid characteristics of tuberculous, pneumonia and adenocarcinoma effusions.

| Pleural fluid                        | Tuberculosis (n = 20) | Pneumonia (n = 32) | Adenocarcinoma (n = 28) |
|-------------------------------------|-----------------------|--------------------|-------------------------|
| White blood cells (cell·mm$^{-3}$)  | 1,201 ± 1,284         | 825 ± 905          | 848 ± 1,099             |
| Glucose (mmol·l$^{-1}$)             | 126 ± 62              | 135 ± 53           | 126 ± 59                |
| Total protein (g·l$^{-1}$)          | 4.56 ± 1.25           | 3.75 ± 0.86*       | 4.14 ± 0.74             |
| Lactate dehydrogenase (U·l$^{-1}$) | 313 ± 235             | 237 ± 239          | 264 ± 164               |

Data are the means ± SD. * indicates $p < 0.05$.

Figure 1. Enzymatic activity of ACE and ACE2 in pleural transudative and exudative effusions. The specific activities of ACE (A) and ACE2 (B) in pleural transudative (n = 45) and exudative (n = 80) effusions from 125 patients. The ratio of ACE/ACE2 in the pleural effusions (C). Pleural effusion (20 μl) was assayed for the ability to cleave the fluorescent substrate at 37°C for 1 hour with a specific ACE inhibitor or a specific ACE2 inhibitor. Each symbol represents one individual, and horizontal bars represent median values. ** and *** indicate $p < 0.01$ and $p < 0.001$, respectively, compared with transudates.

Figure 2. Correlations between ACE and ACE2 activities in pleural effusions. ACE and ACE2 activities were measured in each sample of pleural transudative effusions (A; n = 45) and exudative effusions (B; n = 80). For correlation analysis, Pearson’s correlation analysis (SPSS statistics package, Chicago, IL) was applied. Statistically significant differences were established at $p < 0.05$. ACE and ACE2 positively correlate with each other in the group of transudative effusions ($F_{(1,43)} = 36.052, r^2 = 0.456, p < 0.001$) (A), but not in the group of exudative effusions ($F_{(1,78)} = 1.567, r^2 = 0.020, p > 0.05$) (B).
Figure 3. MMP-2 and MMP-9 activities in pleural transudative and exudative effusions. The activities of MMP-2 (A) and MMP-9 (B) in pleural transudative and exudative effusions from 125 patients were determined with zymography. The gelatinase activities detected in this study were based on pro-MMP-2 (72 kDa) and pro-MMP-9 (95 kDa). Each symbol represents one individual, and horizontal bars represent median values. *** indicates p < 0.001 compared with transudates.

ACE and ACE2 activities in exudates from patients with different diseases

Elevated ACE activity and an elevated ACE/ACE2 ratio were observed in exudative effusions. We then differentiated both ACE and ACE2 activities in the exudates according to different diseases, including tuberculosis, pneumonia, and adenocarcinoma. The ACE activity in the tuberculosis pleural effusions was significantly higher than in pneumonia and adenocarcinoma effusions, by 2.89 (p < 0.001) and 2.62 (p < 0.001) fold, respectively (Figure 4A). In contrast, ACE2 activity in the tuberculous effusions was significantly lower than in pneumonia and adenocarcinoma effusions, by 0.68 (p < 0.05) and 0.58 (p < 0.05) fold, respectively (Figure 4B). According to the changes we detected in ACE and ACE2, a significantly higher difference in the ACE/ACE2 ratio in tuberculosis effusions (1.72 (1.09-2.52)) compared with ratios in pneumonia (0.32 (0.20-0.50)) and adenocarcinoma (0.43 (0.26-0.67)) effusions was also observed (p < 0.001) (Figure 4C).

The pleural ACE and ACE2 activities among transudates, tuberculosis, pneumonia and adenocarcinoma were compared. The ACE and ACE2 activities in transudates, tuberculosis, pneumonia and adenocarcinoma effusions were 0.67 ± 0.52, 2.16 ± 0.97, 0.74 ± 0.77 and 0.82 ± 0.43 RFU/hour/ml, and 2.19 ± 1.31, 1.38 ± 0.58, 2.05 ± 1.40 and 2.38 ± 1.86 RFU/hour/ml, respectively. It is noted that both of ACE and ACE2 activities in pneumonia and adenocarcinoma effusions were similar to the activities in transudative effusions.

MMP-2 and MMP-9 activities in exudates from patients with different diseases

The MMP-2 and MMP-9 activities in exudative effusions from the patients with different diseases were assayed by gelatin zymography (Figure 5). In tuberculous pleural effusions, MMP-2 activity was 1.48 (p < 0.01) and 1.36 fold (p < 0.05) higher than MMP-2 activity in pneumonia and adenocarcinoma effusions, respectively (Figure 5A). Similar to MMP-2, MMP-9 activity in tuberculous effusions was significantly higher than MMP-9 activity in pneumonia and adenocarcinoma effusions by 1.62 (p < 0.01) and 1.77 fold (p < 0.01), respectively (Figure 5B).
Discussion

In the present study, major components of RAS and extracellular matrix (ECM) metabolism, pleural ACE, ACE2, MMP-2, and MMP-9, were measured in patients with pleural effusions. Our main findings are: (1) significantly higher the ACE, MMP-9 activity and ACE/ACE2 ratio in exudative effusions; (2) increased MMP-9 and ACE activities combined with decreased ACE2 activity in tuberculous effusion compared to
pneumonia and adenocarcinoma effusions. The increased MMP-9 activity found in tuberculous effusion is in agreement with previous reports [9, 14, 15]. Herein, we first report that the changes of ACE and ACE2 activity are associated with tuberculous pleurisy.

Only a few reports have been published on the importance of ACE in pleural fluid. ACE could be detected in pleural fluid, but the ACE level cannot be used to discriminate cancer from non-cancer patients [16, 17]. Söderblom et al. [18] had also measured ACE in pleural effusions and sera of 364 patients and showed that tuberculous effusions contain higher ACE concentrations than any other type of non-rheumatoid effusions. These results indicate that ACE determinations may aid in differentiating rheumatoid and tuberculous pleurisy from other types of pleural disease.

In the present study, we reported the change in ACE2 activity in pleural effusions. Some of the physiological functions of ACE2 are opposite to those of ACE. The significant positive correlation between ACE and ACE2 activities in the transudates suggests that ACE and ACE2 maintain a normal physiological balance. This loss of balance in exudates was detected because of increased ACE. Although the importance of the dysregulation in ACE in exudative effusions has not been explored, a significant role for RAS in the pathophysiological process of exudate development is possible.

ACE activity was increased ($p < 0.001$) and ACE2 was decreased ($p < 0.05$) in tuberculosis specifically, but the ACE and ACE2 activities were no difference between transudate, pneumonia and adenocarcinoma effusions. These results indicated that ACE and ACE2 maybe a biomarker for tuberculosis diagnosis in pleural effusion and it could be emphasized that the increased ACE activity and ratio of ACE/ACE2 in the exudates are mainly contributed from a higher ACE level and lower ACE2 enzyme activities in the tuberculous pleural effusion. In an advanced assay, our data show that the ACE activity of 85% (17/20), 19% (6/32), 18% (5/28) and 18% (8/45) pleural fluids isolated tuberculosis, pneumonia, adenocarcinoma and transudates was > 1 RFU/hour/ml, respectively. It is also indicated that the increased ACE activity found in the exudates are mainly contributed from a higher ACE activity in the tuberculous pleural effusion.

The ACE2 activity in tuberculous, pneumonia and adenocarcinoma effusions were 1.38 ± 0.58, 2.05 ± 1.40 and 2.38 ± 1.86 RFU/hour/ml (mean ± SD), respectively. Although a larger SD was determined in the pneumonia and adenocarcinoma groups, the ACE2 activity in both groups were significantly larger than that in the tuberculosis group ($p < 0.05$). In advanced assay, the data indicate that there were 75% tuberculosis (15/20), 56% pneumonia (18/32) and 50% adenocarcinoma (14/28) patients showed the ACE2 activity ≤ 1.80 RFU/hour/ml (75% of interquartile range in tuberculous effusions; IQR, 0.97-1.80). The data also support that the trend of decreased ACE2 activity in the pleural effusions with tuberculosis compared to those with pneumonia or adenocarcinoma. However, more patients should be further included in order to examine the proposition.

It is interesting that significantly increased ACE activity combined with markedly decreased ACE2 activity was measured in tuberculous effusions. This result confirms that abnormal RAS metabolism in pleural spaces may be related to tuberculous pleurisy.

ACE inhibition, captopril, was administrated to isoprenaline-induced left ventricular fibrosis rats and showed that captopril significantly enhanced the isoprenaline-induced myocardial fibrosis and augmented the isoprenaline-induced MMP-9 expression [22]. In addition, ACE2 and Ang-1-7, the regulators in RAS opposite Ang II effect, could affect MMP-9 expression. Overexpression of ACE2 reduces the invasive ability in vitro according to the down-regulation of MMP-2 and MMP-9 [23]. Ang-1-7 revealed the anti-migration and anti-invasion effect mediated through inactivation of the PI3K/Akt, P38 and JNK signal pathways to reduce the expression and activity of MMP-2 and MMP-9 [24]. According to our results, we conclude that reduction in ACE2 along with induction of MMP-9 activity occurred. Our observations of decreased ACE2 and increased MMP-9 activity in tuberculous effusions confirm this conclusion.

A number of studies have indicated that the ACE-Ang II axis and ACE2-Ang1-7 axis not only regulate the metabolism of ECM proteins, but also modulate MMP expression and activity levels [8]. MMPs have been implicated in the pathogenesis of various lung diseases, including pleural effusions [25, 26]. The activity of MMPs within the pleural space may play a role in the formation of pleural effusions by altering the integrity of the mesothelial and endothelial cell layers and by increasing vascular permeability [10, 27]. Proteolysis by MMPs may be involved in the formation of pleural effusions by increasing vascular permeability, and thus by facilitating fluid influx into
the pleural space [28]. Therefore, the presence and enzymatic activities of MMPs have been identified in pleural effusions [15, 25, 29]. Previous studies have shown that the expression of MMPs in the pleural space is altered in a variety of inflammatory and malignant diseases, suggesting that certain members of the MMP family may participate in the formation of pleural effusions [10, 15, 29]. Tissue damage is a characteristic manifestation of Mycobacterium tuberculosis infection. Proteolysis by macrophage-secreted proteases has been implicated in such destructive processes. In this regard, the proteolytic action of MMPs may be involved in the pathogenesis of tuberculosis, like many other diseases associated with tissue destruction. Several studies have reported that macrophages and monocytes release MMP-9 in response to tuberculosis or its cellular components [30, 31]. Studies have evaluated MMPs in tuberculous pleural effusions and found that the MMP activity in pleural fluid are higher in patients with tuberculosis compared with patients with transudative effusions [10, 32]. Our results are in agreement with the above findings, as the MMP-9 activity was highest in tuberculous effusions among the exudates we examined.

The present study is the first report about the ACE/ACE2 ratio in tuberculosis diagnosis. Although increased ACE and MMP-9 could be specifically determined in the tuberculous effusion. There are still few concerns should be addressed using ACE and MMP-9 as biomarker for tuberculosis diagnosis, because (1) elevated ACE levels may also be seen in several other cardiovascular disorders, and (2) MMP-9 is an inflammation-induced target in several cases [33]. In the RAS, ACE2/Ang-(1-7) axis has been recently highlighted as the counter balancing arm of the RAS to the ACE/Ang II axis. The regulatory mechanisms focused on the alternating ACE and ACE2 regulation are still lack; therefore, the mechanism of reduced ACE2 found in the pleural effusion of patients with tuberculosis remains to be further explored.

Conclusion

Our data suggest that the interplay between ACE and ACE2, an essential function in RAS, and the change in gelatinase activity may be involved in the development of pleural effusions. Our findings suggest that increased ACE and MMP-9 activities and decreased ACE2 activity in pleural fluid are features of pleural space infection in patients with pleural tuberculosis. Such measurements may be helpful for diagnosing tuberculous pleurisy. However, the findings of the present study require further validation in a large prospective study examining the treatment and outcome of unselected patients with tuberculosis before the above indicators can become part of a clinically meaningful practice.

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We confirm and declare that all authors fulfilled the condition for authorship. There was no commercial support in the process of performing this study and submitting this manuscript.

Competing Interests

The authors have declared that no competing interest exists.

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