Nonlinear waves in coupled phase oscillators with inertia

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Like the inertia of a physical body describes its tendency to resist changes of its state of motion, inertia of an oscillator describes its tendency to resist changes of its frequency. Here we show that finite inertia of individual oscillators enables nonlinear phase waves in spatially extended coupled systems. Using a discrete model of coupled phase oscillators with inertia, we investigate these wave phenomena numerically, complemented by a continuum approximation that permits the analytical description of the key features of wave propagation in the long-wavelength limit. The ability to exhibit traveling waves is a generic feature of systems with finite inertia and is independent of the details of the coupling mechanism.

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Coupled oscillators can exhibit a variety of dynamical phenomena, from self-organized synchronization to the formation of complex phase patterns. In particular, coupling can enable traveling waves in spatially extended oscillator systems. Whether phase waves are possible in such a system usually depends on the details of the coupling mechanism. We here show that if the individual oscillators respond slowly to external coupling signals—a property often called 'inertia'—, wave phenomena appear as a generic feature of the system, independent of the details of the coupling mechanism. We investigate these wave phenomena numerically and analytically and show how the properties of the coupling mechanism affect wave propagation in typical scenarios.

I. INTRODUCTION

Coupled oscillators are fascinating entities, not only because of their robust synchronization properties but also as elementary constituents of pattern forming systems. Spatially extended systems of coupled oscillators can exhibit a rich variety of patterns such as waves, solitons, spirals, target patterns, splay states, and other stationary or transient phase distributions. Among these patterns, traveling waves play a prominent role as they encode spatiotemporal information in a particularly simple way. Traveling waves in coupled oscillator systems have been reported, e.g., in continuous reaction–diffusion systems and in discrete systems, either due to specific types of coupling or spatial gradients of the intrinsic frequency of the oscillators. While the crucial properties that enable traveling waves have mostly been sought in the particular way how oscillators interact, the role of slow frequency adaptation of the individual oscillators for wave phenomena has not been systematically addressed so far. This slow frequency adaptation, often termed 'inertia', enters the governing equations of a phase oscillator system as a second time derivative of the phase. Like the inertia of a mass point describes its tendency to resist changes of its velocity, inertia of a phase oscillator describes its tendency to resist changes of its dynamic frequency. These frequency changes may be induced by external coupling signals or a time-dependent intrinsic frequency of the oscillator. The role of inertia for synchronization has been extensively studied in recent years. Inertia introduces qualitatively new effects such as first order phase transitions in the synchronization onset, cluster explosive synchronization, and hysteretic transitions from incoherence to coherence. How inertia (i.e., slow frequency adaptation) affects the ability of a coupled oscillator system to exhibit phase waves has not been addressed so far.

In this paper, we show that finite inertia enables nonlinear damped phase waves in spatially extended oscillator systems. To this end, we study a nearest-neighbor coupled lattice of identical phase oscillators. This is complemented by a spatial continuum approximation for the limit of long wavelengths, which elucidates the mechanism of wave propagation and enables to analytically compute the velocity and decay rate of waves as well as the effects of nonlinear coupling on wave propagation. The results show that in the presence of inertia, the ability of oscillator systems to exhibit waves does not depend on the specific type of coupling but rather is a generic feature of such systems, which enables signal propagation at finite velocities.

II. COUPLED PHASE OSCILLATORS WITH INERTIA

We study a phase oscillator model for a network of coupled identical oscillators with inertia, introduced by Tanaka, Lichtenberg, and Oishi, based on the zero-
\[ \mu \phi_i + \phi_i = \Omega + \frac{\kappa}{n_i} \sum_{j=1}^{N} w_{ij} (\phi_j - \phi_i), \quad (1) \]

where \( \phi_i \) is the phase of oscillator \( i \), \( \mu > 0 \) is the inertia of the oscillators, \( \Omega \) is the intrinsic frequency, \( \kappa \) is the coupling strength, \( \Gamma \) is a \( 2\pi \)-periodic coupling function, \( (w_{ij}) \) is the adjacency matrix, and \( n_i = \sum_j w_{ij} \) is the total weight of links of oscillator \( i \). We here consider the case of nearest-neighbor coupling on a \( d \)-dimensional hypercubic lattice, in which case \( (w_{ij}) \) is diagonalizable and \( n_i = 2d \). Without loss of generality, we consider coupling functions \( \Gamma \) that satisfy \( \Gamma(0) = 0 \) as any finite \( \Gamma(0) \equiv \Gamma_0 \) can be absorbed by the redefinition \( \Omega \rightarrow \Omega + \kappa \Gamma_0 \) and \( \Gamma(\varphi) \rightarrow \Gamma(\varphi) - \Gamma_0 \). The inertia \( \mu \) determines the time scale on which an oscillator adapts its frequency: for an uncoupled oscillator starting with initial phase \( \phi(0) = \Omega t \) and described by \( \mu \dot{\phi} + \dot{\phi} = \Omega \), the time-dependent dynamic frequency is given by \( \dot{\phi}(t) = \Omega + (\Omega_0 - \Omega) e^{-t/\mu} \).

The phase waves described in the following are (possibly large) perturbations of the in-phase synchronized solution

\[ \phi_i(t) = \Omega t, \quad (2) \]

in which all oscillators evolve with their intrinsic frequency \( \Omega \) and have no phase lag relative to each other. Hence, before turning to the description of wave phenomena, a comment on the stability of the solution Eq. (2) is in order. Linear stability analysis yields that this solution is stable if and only if \( \kappa \Gamma''(0) > 0 \), a result coinciding with the one for homogeneous systems without inertia, see Appendix A. We only consider such cases. To simplify the description of waves, we consider the phase dynamics in the rotating frame, \( \phi_i \rightarrow \phi_i + \Omega t \), which amounts to setting \( \Omega = 0 \) in Eq. (1).

We now demonstrate that Eq. (1) can exhibit the propagation of damped waves for \( \mu \neq 0 \). For simplicity, we here consider a one-dimensional ring of oscillators with nearest-neighbor coupling, \( w_{ij} = \delta_{i,j-1} + \delta_{i,j+1} \), and sinusoidal coupling function, \( \Gamma(\phi) = \sin \phi \). To show how waves propagate, we start the system with initial phases given by a sharply localized Gaussian distribution in the oscillator index \( i \), which approximately satisfies periodic boundary conditions, and solve Eq. (1) numerically. Fig. 1A shows the evolution of this initial phase distribution in a system with no inertia \( (\mu = 0) \) and a system with finite inertia \( (\mu \neq 0) \). For the case of no inertia (Fig. 1A), the initial phase distribution decays and broadens in a diffusive manner, while staying centered around its initial position. For the case of finite inertia (Fig. 1B), the initial phase distribution initiates a decaying wave with finite velocity in both directions of the ring. In both cases, the phase differences between oscillators eventually decay and in the limit of large times, the in-phase synchronized state Eq. (2) is reached.

\[ (\partial_t^2 - c^2 \nabla^2) \Phi + 2\gamma \partial_t \Phi - \lambda (\nabla \Phi)^2 = \hat{\Omega}, \quad (3) \]

where \( \hat{\Omega} = \Omega/\mu \) and

\[ c = \sqrt{\frac{\varepsilon^2 \kappa}{2d \mu}}, \quad \gamma = \frac{1}{2\mu}, \quad \lambda = \frac{\varepsilon^2 \kappa}{2d \mu} \Gamma''(0), \quad (4) \]

Eq. (3) reveals that the Laplace operator \( \nabla^2 \) arising from the expansion in the lattice spacing combines with the second time derivative \( \partial_t^2 \) of the inertial term to a d’Alembert wave operator with wave velocity \( c \). Interpreting Eq. (3) as a wave equation, \( \gamma \) represents a damping coefficient and \( \lambda \) describes the strength of the nonlinear term \( (\nabla \Phi)^2 \). For the one-dimensional ring of coupled oscillators with \( \Omega = 0 \) considered in Fig. 1, Eq. (3) re-
duces to
\[(\partial_t^2 - c^2 \partial_x^2)\Phi + 2\gamma \partial_t \Phi - \lambda(\partial_x \Phi)^2 = 0 , \tag{5}\]
with periodic boundary conditions
\[\Phi(0, t) \mod 2\pi = \Phi(\ell, t) \mod 2\pi , \tag{6}\]
\[\partial_x \Phi(0, t) = \partial_x \Phi(\ell, t) , \tag{7}\]
where \(\ell\) is the system length. Without loss of generality, we here set \(\ell = 2\pi\), which implies a lattice spacing \(\varepsilon = 2\pi/N\). We now use Eq. (5) to discuss wave phenomena of the oscillator system in the limit of long wavelengths.

IV. LINEAR APPROXIMATION

In Fig. A, we considered a system without inertia and sinusoidal coupling, implying \(\mu = 0\) and \(\lambda = 0\). Multiplying Eq. (4) by \(\mu\) and subsequently setting \(\mu = 0\), we find that in this case it simplifies to a diffusion equation
\[\partial_t \Phi = D \partial_x^2 \Phi \tag{8}\]
with constant \(D = c^2/2\gamma\), which explains the diffusion-like decay and broadening of the initial phase distribution shown in Fig. A. For finite inertia (\(\mu \neq 0\)) and \(\lambda = 0\), which corresponds to the case shown in Fig. B, Eq. (5) reduces to a telegraph equation,
\[\ell \Phi = (\partial_t^2 - c^2 \partial_x^2 + 2\gamma \partial_t)\Phi = 0 , \tag{9}\]
which describes the propagation of damped waves. The telegraph equation is linear and can be solved analytically for arbitrary initial condition. We here briefly recapitulate the properties of damped wave solutions by considering the dispersion relation of a plane wave \(\Phi(x, t) = e^{i(kx - \omega t)}\), given by \(z_k = \sqrt{k^2c^2 - \gamma^2 + i\gamma}\), where \(\omega_k \equiv \text{Re} z_k\) determines the frequency and \(r_k \equiv \text{Im} z_k\) the decay rate of the wave. The group velocity of a wave packet with wavenumbers sharply centered around the central wavenumber \(k_0 > \gamma/c\) is given by
\[v_g(k_0) = \frac{\partial \omega_k}{\partial k} \bigg|_{k=k_0} = \frac{c^2k_0}{\sqrt{c^2k_0^2 - \gamma^2}} , \tag{10}\]
which has the property \(v(k_0) > c\). Hence, such a wave packet propagates at least with the velocity \(c\) given by Eq. (4). For waves with \(k < \gamma/c\), \(z_k\) is purely imaginary and the wave is purely damped. Fig. B shows that the continuum approximation (solid curves) captures well the propagation and decay of the waves exhibited by the discrete system (dots). Note that Eq. (9) is a linear approximation of the nonlinear Eq. (1). Hence, the superposition principle that holds for the solutions to Eq. (9) only holds approximately for solutions of Eq. (1) with long wavelengths.

The interpretation of Eq. (9) as a wave equation enables to determine the range of the damped waves as the distance travelled within the time until decay as
\[R = \frac{c}{\gamma} \propto \varepsilon \sqrt{\kappa/\mu} . \tag{11}\]
Hence, the range \(R\) increases with increasing coupling \(\kappa\) and inertia \(\mu\), while the velocity \(c \propto \sqrt{\kappa/\mu}\). Eq. (4) increases with \(\kappa\) but decreases with \(\mu\). In the limit \(\kappa \mu \to \infty\) with a fixed ratio \(\kappa/\mu\), we find an infinite range \(R\) at finite velocity \(c\).

V. NONLINEAR APPROXIMATION: SPLAY STATES

We now turn to the full nonlinear approximation Eq. (5) with \(\lambda \neq 0\). The only non-damped traveling wave solutions to Eq. (5) of the type
\[\Phi(x, t) = \Psi(x - vt) \tag{12}\]
that satisfy the boundary conditions Eqs. (6) and (7) are splay states, which describes the propagation of damped waves. The group velocity of a wave packet with wavenumbers sharply centered around the central wavenumber \(k_0 > \gamma/c\) is given by
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VI. NONLINEAR APPROXIMATION: DAMPED WAVES

We now investigate how the effects of the nonlinearity in Eq. (5) modify the propagation of damped waves. We here consider cases where the nonlinearity yields a small perturbation to the solution of the linear telegraph equation (9) and use a perturbative expansion in \( \lambda \). Using the ansatz

\[
\Phi = \Phi_0 + \lambda \Phi_1
\]

in Eq. (5), we obtain, to zeroth and first order in \( \lambda \), the two linear equations

\[
\mathcal{L} \Phi_0 = 0, \quad \mathcal{L} \Phi_1 = (\partial_x \Phi_0)^2, \tag{18, 19}
\]

where the linear operator \( \mathcal{L} \) of the telegraph equation was defined in Eq. (9). In the following, we use Eqs. (17,19) to study two generic cases for wave propagation: delocalized waves extending throughout the system and a single localized wave.

A. Delocalized waves

As a first generic scenario we consider the behavior of delocalized waves that extend throughout the system. As a starting point for the perturbative treatment, we consider the following exact solution to Eq. (18) with boundary conditions (6) and (7),

\[
\Phi_0(x,t) = \tilde{\phi} \sin(\omega_k x - \omega_k t) e^{-\gamma t}, \tag{20}
\]

where \( k \in \mathbb{Z} \), \( \omega_k = \sqrt{k^2 c^2 - \gamma^2} \), and \( \tilde{\phi} \) is the amplitude of the wave. Eq. (20) describes a damped plane wave with wavenumber \( k \), phase velocity \( v_k = \omega_k/k \) and decay rate \( \gamma \). We only consider cases in which \( \omega_k \) is real, that is, \( kc > \gamma \). Eq. (19) can be solved analytically using Fourier transformation, see Appendix C,

\[
\lambda \Phi_1(x,t) = \left[ 1 - (1 + 2\gamma t)e^{-2\gamma t} + \rho(x,t)e^{-\gamma t} \right] \Delta, \tag{21}
\]

where

\[
\Delta = \frac{\lambda \tilde{\phi}^2 k^2}{8\gamma^2}. \tag{22}
\]

The term \( \rho(x,t) \) contains higher harmonics in the wavenumber \( k \) but remains bounded as

\[
|\rho(x,t)| \leq \frac{2}{\sqrt{3}} + \sqrt{2} e^{-\gamma t} \tag{23}
\]

for all cases in which the frequency \( \omega_k \) is real, see Appendix C. Since Eq. (21) implies \( \Phi_1 \rightarrow \Delta \) as \( t \rightarrow \infty \), the asymptotic effect of the nonlinearity is a global phase offset of magnitude \( \Delta \). Hence, for delocalized waves, the nonlinearity effectively acts as a global source (or sink, depending on the sign of \( \lambda \)) that transiently contributes to the global frequency.

To demonstrate that our analytical results present an effective description of the discrete system Eq. (1) in the limit of long wavelengths, we compare them to numerical solutions of Eq. (1) for different wavenumbers \( k \) and different strengths \( \lambda \) of the nonlinearity. For the discrete model, we choose different coupling functions from the family

\[
\Gamma_\lambda(\varphi) = \sin \varphi - \frac{\lambda}{c^2} (\cos \varphi - 1), \tag{24}
\]

where we have identified the parameter \( \lambda \) of the continuum approximation according to Eqs. (1), see Fig. 2A. Fig. 2B shows a comparison of solutions to the discrete system Eq. (1) (upper row) and the analytical approximation, Eqs. (17, 20) and (21) (lower row), for different values of \( \lambda \). Compared to the analytical approximation, the discrete model shows undulations in the width of wave peaks which are the result of higher order nonlinearities of the coupling function (first three panels in Fig. 2B). For weak nonlinearity (small \( \lambda \)), the analytical approximation captures the time evolution of the system very well (first three panels in Fig. 2B), while for stronger nonlinearity (large \( \lambda \), the approximation breaks down (rightmost panel in Fig. 2B) as the discrete system exhibits more complex phase patterns. Fig. 2C shows the same comparison for fixed \( \lambda \) but different wavenumbers \( k \). For longer initial wavelengths (small \( k \)), the results of discrete model and continuum approximation agree better and better (first three panels in Fig. 2C). For small wavelengths (large \( k \)), the long-wavelength continuum approximation breaks down (rightmost panel in Fig. 2C). In all cases considered here, the system eventually reaches the in-phase synchronized state Eq. (2).

B. Localized waves

As a second generic case we consider the propagation of a single localized wave on an infinite spatial domain. Hence, we drop the boundary conditions Eqs. (6) and (7). As starting point for the perturbative treatment Eqs. (17,19), we use a traveling Gaussian wave packet that decays,

\[
\Phi_0(x,t) = \tilde{\phi} e^{-(x-ct)^2/2\sigma^2} e^{-\gamma t}, \tag{25}
\]

initially centered around \( x = 0 \) with width \( \sigma \), height \( \tilde{\phi} \), velocity \( c \), and decay rate \( \gamma \), see Fig. 3A (red curves). Eq. (25) is an approximate solution to Eq. (18) for weak damping, \( \mathcal{L} \Phi_0 = \mathcal{O}(\gamma^2) \). Using a Fourier transformation in the spatial domain, an exact solution to Eq. (19) can be obtained for \( \Phi_1(k,t) = \int \Phi_1(x,t) e^{-ikx} dx \). However, the corresponding backtransform to real space cannot be represented in terms of elementary functions. Hence, we approximate the exact solution for \( \Phi_1(k,t) \) in terms of
where the functions $\Pi$, $\Psi$, and $\Upsilon$ are given by

$$
\Pi(x, t) = \Phi(x, t) - \Psi(x, t) = \Phi(x, t) - \Psi(x, t) e^{-\gamma t},
$$

with

$$
\theta(x) = \int_0^x e^{-y^2} \, dy \tag{30}
$$

being an error function and

$$
\beta(t) = \frac{1}{\sqrt{1 + 2 c^2 t / \gamma \sigma^2}} \tag{31}
$$

being a time-dependent scaling factor. Eq. (26) reveals that the effect of the nonlinearity can be understood by three contributions: since $\theta$ essentially is a smoothed step function, the contribution $\Pi(x - ct)$ represents a front with step width $\sigma$ that propagates with the center of the wave. The prefactor $1 - e^{-\gamma t}$ describes a gradual buildup of this front. The behavior of the contributions $\Psi$ and $\Upsilon$ is more complicated but effectively deforms the front into a tail that the traveling wave leaves behind; this behavior of $\Phi_1$ and the full perturbative approximation Eq. (17) is displayed in Fig. 3A (green and blue...
Figure 3. Time evolution of a localized wave on an infinite domain. (A) Localized decaying wave $\Phi_0$ (red), Eq. (25), the perturbative contribution $\lambda \Phi_1$ (green), Eq. (26), and the sum (blue), Eq. (17). Brighter curves correspond to later times ($t = 0, ..., 60$). Parameters as in the center panel of B. (B) Numerical solutions of the discrete model Eq. (1) (upper row) and the approximate continuum solution (lower row), Eqs. (17), (25) and (26), for different $\lambda$ but same width $\sigma$ of the wave. (C) The same as in B but for fixed $\lambda$ and different widths $\sigma$ of the wave. The other parameters are $\mu = 10$, $\kappa = 50$, $\Omega = 0$ for Eq. (1), implying $c \simeq 0.2$ and $\gamma = 0.05$ for Eq. (5). Initial conditions analogous to Fig. 2B,C but with $\Phi_0$ given by Eq. (25) with $\phi = 3\pi/4$.

curves). Figs. 3B,C compare numerical simulations of the discrete model Eq. (1) to this analytical approximation for different $\lambda$ and different widths $\sigma$ of the traveling wave. Again, for weak nonlinearity (small $\lambda$) and long wavelengths (large $\sigma$), the analytical result (26) approximates the discrete model very well (first three panels in Figs. 3B,C). For strong nonlinearity (large $\lambda$) and short wavelengths (small $\sigma$), the continuum approximation breaks down and the higher order nonlinearities in the coupling cause the tail of the wave to evolve into complex phase patterns (rightmost panels in Figs. 3B,C).

VII. DISCUSSION

In this work, we have shown that the interplay of inertia and coupling enables traveling waves in spatially extended oscillator systems, independent of the details of the coupling mechanism. A spatial continuum approximation for long wavelengths has been derived that elucidates the mechanism of wave propagation and permits the analytical computation of key observables such as the wave speed and damping rate. We found that the range and velocity of these waves is governed by the magnitude of inertia and coupling strength. For the case of purely sinusoidal coupling, wave propagation can be described by a linear telegraph equation to a very good approximation. For general coupling functions, the continuum approximation is nonlinear, which enables splay states and modifies the behavior of damped waves. For delocalized waves, we found that the nonlinearity transiently modifies the global frequency of the system; for localized waves, the nonlinearity leads to a tail that the traveling wave packet transiently leaves behind.

The continuum approximation Eq. (3) is a generalization of many well-known equations. It generalizes the telegraph equation (9) describing damped linear waves to include nonlinear effects. It is a generalization of the Kardar–Parisi–Zhang (KPZ) equation without noise to
include a second time derivative. Differentiating Eq. \[5\] with respect to \(x\) and defining \(u = \partial_x \Phi\) yields a generalized Burgers’ equation \(\partial_t^2 u + 2\gamma \partial_x u + \varepsilon^2 \partial_x^2 u + \lambda u \partial_x^2 u\), which contains an inertial term. For \(\lambda \neq 0\) and appropriate boundary conditions, this generalized Burgers’ equation is known to exhibit non-decaying traveling wave solutions.\[32\]

The results presented here show that the interplay of coupling and inertia (i.e., slow frequency adaptation) enables signal transmission and the distribution of spatial information through phase waves. These findings may enable oscillator systems with slow frequency adaptation in information transmission and the distribution of spatial coupling and inertia (i.e., slow frequency adaption) enabling collective phenomena that appear in coupled systems. While we here investigated phase waves with long wavelengths, more general phase dynamics will unfold if the long-wavelength criterion is abandoned. This remains a rich subject for future research.

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**Appendix A: Linear stability analysis of the in-phase synchronized state**

To assess under which circumstances the in-phase synchronized state Eq. \[2\] is stable, we use the ansatz \(\phi_i(t) = \Omega t + \eta \zeta_i(t)\) in Eq. \[1\], where \(\zeta_i\) is a perturbation of order unity and \(\eta\) is a small expansion parameter. Linearizing the resulting dynamics in \(\eta\) yields the governing equations for the perturbations as

\[
\mu \ddot{\xi}_i + \dot{\xi}_i = \kappa \Gamma'(0) \sum_{j=1}^N \tilde{w}_{ij}(\zeta_j - \zeta_i),
\]

where \(\tilde{w}_{ij} = w_{ij}/n_i\) is the normalized adjacency matrix.

To decouple this set of equations, we define the collective modes \(\tilde{\vartheta}_i = \sum_j (m^{-1})_{ij}\zeta_j\), where \((m_{ij})\) is the matrix that diagonalizes \((\tilde{w}_{ij})\) according to \(\sum_{k,l} (m^{-1})_{ik} \tilde{w}_{kl} m_{kj} = \text{diag}(e_1, ..., e_N)\) and \(e_i\) are the eigenvalues of \(\tilde{w}\). This yields the decoupled set of equations \(\mu \ddot{\vartheta}_i + \dot{\vartheta}_i + g_i \vartheta_i = 0\), where \(g_i = \kappa \Gamma'(0)(1-e_i)\). The exponential ansatz \(\vartheta_i(t) = e^{\varepsilon t}\) yields the characteristic equation \(\mu z_i^2 + z_i + g_i = 0\) with solutions

\[
z_{i,\pm} = -1 \pm \sqrt{1-4\mu g_i}/2\mu.
\]

The in-phase synchronized state is linearly stable if and only if \(Re z_{i,\pm} < 0\) for all \(i\). Gershgorin’s circle theorem implies that the eigenvalues \(e_i\) of the normalized adjacency matrix \(\tilde{w}_{ij}\) satisfy \(|e_i| \leq 1\), which implies \(\text{sign} g_i = \text{sign} \kappa \Gamma'(0)\). Consequently, \(Re z_{i,\pm} < 0\) for all modes \(i\) if and only if \(\kappa \Gamma'(0) > 0\), in which case the synchronized state is linearly stable. This is the same criterion as for systems without inertia.\[32\]

**Appendix B: Derivation of the spatial continuum approximation Eq. \[3\]**

In this section, we derive the spatial continuum approximation Eq. \[3\] from the discrete model Eq. \[1\] with nearest-neighbor coupling. We proceed along the lines of Refs.\[10,27\]. First, we show the derivation for \(d = 1\) dimension and then extend the result to arbitrary dimensionality \(d\). The one-dimensional nearest-neighbor adjacency matrix is given by \(w_{ij} = \delta_{i,j-1} + \delta_{i,j+1}\). We replace \(\varphi_i(t)\) by \(\Phi(x,t)\) and \(\varphi_{i+\sigma}(t)\) by \(\Phi(x \pm \sigma \varepsilon, t)\) with \(\sigma \in \{-1, 1\}\) in Eq. \[1\], where \(\varepsilon\) is the lattice spacing.

\[
\mu \ddot{\Phi} + \partial_x \Phi = \Omega + \frac{\kappa}{2} \sum_{\sigma = \pm 1} \Gamma(\Phi(x+\sigma \varepsilon, t) - \Phi(x, t)),
\]

and expand the coupling function in the lattice spacing \(\varepsilon\),

\[
\Gamma(\Phi(x+\sigma \varepsilon, t) - \Phi(x, t)) = \sigma \varepsilon \Gamma'(0) \partial_x \Phi(x, t) + \frac{\varepsilon^2}{2} \Gamma''(0) (\partial_x^2 \Phi(x, t))^2 + \mathcal{O}(\varepsilon^3),
\]

where we have used \(\sigma^2 = 1\). Using the expansion Eq. \[B2\] in Eq. \[B1\], we find that terms of linear order in \(\varepsilon\) cancel as the \(\sigma\)-sum runs over the values 1 and −1. Dividing Eq. \[B1\] by \(\mu\) and dropping terms of order \(\varepsilon^3\), we obtain

\[
\ddot{\Phi} + 2\gamma \partial_t \Phi + \varepsilon^2 \partial_x^2 \Phi + \lambda (\partial_x \Phi)^2 = 0.
\]
where $\tilde{\Omega} = \Omega/\mu$, and $\gamma$, $c$, and $\lambda$ have been defined in Eqs. (4). The analogue of Eq. (B1) for arbitrary dimension $d$ is

$$\mu \partial_t^2 \Phi + \partial_t \Phi = \tilde{\Omega} + \frac{\kappa}{2d} \sum_{n=1}^{d} \sum_{\sigma = \pm 1} \Gamma(\Phi(x + \sigma \varepsilon e_n, t) - \Phi(x, t)) ,$$

(B4)

where $e_n$ is the unit vector in $n$-direction. The corresponding expansion of the coupling function is given by

$$\Gamma(\Phi(x + \sigma \varepsilon e_n, t) - \Phi(x, t)) = \sigma \varepsilon \Gamma'(0) \partial \Phi \partial x_n(x, t) + \frac{\varepsilon^2}{2} \Gamma''(0) \partial^2 \Phi \partial x_n^2(x, t) + \frac{\varepsilon^2}{2} \Gamma'''(0) \left(\partial \Phi \partial x_n(x, t)\right)^2 + O(\varepsilon^3).$$

(B5)

Dividing Eq. (B4) by $\mu$ and using the expansion Eq. (B5) yields

$$\partial_t^2 \Phi + 2\gamma \partial_t \Phi = \tilde{\Omega} + \sum_{n=1}^{d} \left[ c^2 \partial^2 \Phi \partial x_n^2 + \lambda \left(\partial \Phi \partial x_n\right)^2 \right],$$

(C1)

This completes the derivation of Eq. (3).

### Appendix C: Derivation of Eqs. (21) and (23)

In this section, we derive Eq. (21), that is, we solve Eq. (19) with $\Phi_0$ given by Eq. (20). For convenience, we here set the amplitude $\phi = 1$ and restore it later. The rhs of Eq. (19), given by $(\partial_t \Phi_0)^2 = k^2 \cos(kx - \omega t)^2 e^{-2\gamma t}$ with $\omega_k = \sqrt{k^2 c^2 - \gamma^2}$, can be rewritten using standard trigonometric relations,

$$(\partial_t \Phi_0)^2 = \frac{k^2}{2} \left[1 + \cos(2kx) \cos(2\omega_k t) - \sin(2kx) \sin(2\omega_k t)\right] e^{-2\gamma t}.$$  

(C2)

Solving Eqs. (C2) with the initial conditions $\varphi_0(0) = \varphi_1(0) = \varphi_2(0) = 0$ leads to Eq. (21), where $\rho(x, t)$ is given by

$$\frac{1}{\Lambda_k} \rho(x, t) = \left(\frac{\omega_k}{\omega_{2k}} \sin(\omega_{2k} t) + \frac{\omega_k}{\gamma} \cos(\omega_{2k} t)\right) \sin(2kx) - \left(\frac{2k^2 c^2 - \gamma^2}{\gamma \omega_{2k}} \sin(\omega_{2k} t) - \cos(\omega_{2k} t)\right) \cos(2kx) - \left(\frac{\omega_k}{\gamma} \sin(2\omega_k t) - \cos(2\omega_k t)\right) \sin(2kx) e^{-\gamma t}.$$  

(C3)

with $\Lambda_k = \gamma/kc$. We now prove the bound (23). Using the triangle inequality $|a + b| \leq |a| + |b|$ and the trigonometric inequality $|a \cos x + b \sin x| \leq \sqrt{a^2 + b^2}$, we successively obtain the bounds...


\[
\frac{1}{\Lambda^2} \rho(x, t) \leq \left| \left( \frac{\omega_k}{\omega_{2k}} \sin(\omega_{2k}t) + \frac{\omega_k}{\gamma} \cos(\omega_{2k}t) \right) \sin(2kx) - \left( \frac{2k^2c^2 - \gamma^2}{\gamma\omega_{2k}} \sin(\omega_{2k}t) - \cos(\omega_{2k}t) \right) \cos(2kx) \right| \\
+ \left| \left( \sin(2\omega_{2k}t) + \frac{\omega_k}{\gamma} \cos(2\omega_{2k}t) \right) \sin(2kx) - \frac{\omega_k}{\gamma} \sin(2\omega_{2k}t) - \cos(2\omega_{2k}t) \cos(2kx) \right| e^{-\gamma t} \\
\leq \left[ \left( \frac{\omega_k}{\omega_{2k}} \sin(\omega_{2k}t) + \frac{\omega_k}{\gamma} \cos(\omega_{2k}t) \right)^2 + \left( \frac{2k^2c^2 - \gamma^2}{\gamma\omega_{2k}} \sin(2\omega_{2k}t) - \cos(2\omega_{2k}t) \right)^2 \right]^{1/2} \\
+ \left[ \left( \sin(2\omega_{2k}t) + \frac{\omega_k}{\gamma} \cos(2\omega_{2k}t) \right)^2 + \left( \frac{\omega_k}{\gamma} \sin(2\omega_{2k}t) - \cos(2\omega_{2k}t) \right)^2 \right]^{1/2} e^{-\gamma t} \\
\leq \left[ \left( \frac{\omega_k}{\omega_{2k}} \right)^2 + \left( \frac{\omega_k}{\gamma} \right)^2 + \left( \frac{2k^2c^2 - \gamma^2}{\gamma\omega_{2k}} \right)^2 \right]^{1/2} + \left[ 2 + 2 \left( \frac{\omega_k}{\gamma} \right)^2 \right]^{1/2} e^{-\gamma t} \\
= \sqrt{2} \left| \frac{1 - \Lambda^2/2}{1 - \Lambda^2/4} + e^{-\gamma t} \right| .
\]

Hence, \(|\rho(x, t)| \leq \sqrt{2} b(\Lambda_k) + \sqrt{2} |\Lambda_k| e^{-\gamma t}\), where

\[
b(\Lambda) = |\Lambda| \sqrt{\frac{1 - \Lambda^2/2}{1 - \Lambda^2/4}} .
\]

We only consider cases in which the wave is not purely damped, which corresponds to \(\omega_k = \sqrt{k^2c^2 - \gamma^2}\) being real. This implies \(|\omega_k| \geq |\gamma|\) or, equivalently, \(|\Lambda_k| \leq 1\). The bound (23) then follows from the observation that 0 < \(b(\Lambda) \leq \sqrt{2/3}\) for \(|\Lambda| \leq 1\).

**Appendix D: Derivation of Eq. (26)**

In this section, we derive the approximate solution Eq. (26). We start from Eq. (19) with \(\Phi_0\) given by Eq. (25). As in Appendix C, we set the amplitude \(\Phi = 1\) for convenience and restore it later. Expressing \(\Phi_1\) by its spatial Fourier transform as \(\Phi_1(x, t) = (2\pi)^{-1} \int e^{ikx} \Phi_1(k, t) dk\), Eq. (19) can be written as

\[
\partial_t^2 \Phi_1 + k^2c^2 \Phi_1 + 2\gamma \partial_t \Phi_1 = \int dx e^{-ikx} (\partial_x^2 \Phi_0)^2 \\
= \frac{\sqrt{\pi}}{\sigma} \left( \frac{1}{2} - \frac{k^2c^2}{4} \right) e^{-k^2c^2/4} e^{-(2\gamma + ikc)t} .
\]

(Eq. [D1]) is a linear ordinary differential equation in \(t\) whose exact solution is given by

\[
\Phi_1(k, t) = \frac{\sqrt{\pi}}{2\gamma^2 \sigma} \left( (y_k - i)U_{\gamma t}(y_k) \gamma t + iV_{\gamma t}(y_k) \\
- i e^{-(iy_k + 1)\gamma t} \right) \frac{W_{\gamma c/2 \sigma}(y_k)}{y_k} e^{-\gamma t} ,
\]

(D2)

where \(y_k = kc/\gamma\) and the functions \(W_\alpha, U_\alpha,\) and \(V_\alpha\) are given by

\[
W_\alpha(y) = \left( \frac{1}{2} - \alpha^2y^2 \right) e^{-\alpha^2y^2} \quad (D3)
\]

and

\[
U_\alpha(y) = \frac{e^\alpha \sqrt{1-y^2} - e^{-\alpha} \sqrt{1-y^2}}{2 \alpha \sqrt{1-y^2}} , \quad (D4)
\]

\[
V_\alpha(y) = \frac{e^\alpha \sqrt{1-y^2} + e^{-\alpha} \sqrt{1-y^2}}{2} . \quad (D5)
\]

a. Approximation of \(W_\alpha\) The function \(W_\alpha\), Eq. (D3), can be approximated by \(W_\alpha \approx W_\alpha^*\), where

\[
W_\alpha(y) = \frac{1}{2} e^{-\alpha^2y^2} , \quad (D6)
\]

since the term \(-\alpha^2y^2\) becomes of the same magnitude as the term \(1/2\) at \(y = 1/\sqrt{2}\alpha\); this is of the same order as the decay length \(1/\alpha\) of the Gaussian term \(e^{-\alpha^2y^2}\), which thus suppresses this contribution. The maximum distance between \(W_\alpha\) and \(W_\alpha^*\) is given by \(D_W = \sup_y |W_\alpha(y) - W_\alpha^*(y)| = \alpha e^{-1/\sqrt{2}}\), which decreases with decreasing \(\alpha\). Since \(\alpha \propto \sigma\) in Eq. (D2), the approximation becomes more accurate for sharper localized phase perturbations.

b. Approximation of \(U_\alpha\) and \(V_\alpha\) Due to the expression \(\sqrt{1-y^2}\) in the exponentials, the functions \(U_\alpha\) and \(V_\alpha\) do not possess a Fourier transform in terms of elementary functions. Hence, we approximate \(U_\alpha\) and \(V_\alpha\) by Gaussian and trigonometric functions, which permit a backtransform of \(\Phi_1\) to real space. We construct approximating functions in the following way. First, note that, while \(\sqrt{1-y^2}\) may become imaginary for \(|y| > 1\), both \(U_\alpha\) and \(V_\alpha\) are real. For \(|y| \leq 1\), this is obvious,
while for $|y| > 1$, we can rewrite $U_\alpha$ and $V_\alpha$ as

$$
U_\alpha(y) \big|_{|y| > 1} = \frac{e^{i\alpha \sqrt{y^2-1}} - e^{-i\alpha \sqrt{y^2-1}}}{2i\alpha \sqrt{y^2-1}} = \frac{\sin(\alpha \sqrt{y^2-1})}{\alpha \sqrt{y^2-1}},
$$

$$
V_\alpha(y) \big|_{|y| > 1} = \frac{e^{i\alpha \sqrt{y^2-1}} + e^{-i\alpha \sqrt{y^2-1}}}{2} = \cos(\alpha \sqrt{y^2-1}).
$$

(D7)

For large $|y|$, we approximate $\sqrt{y^2-1} \simeq |y|$ and thus obtain the asymptotic behavior

$$
U_\alpha(y) \big|_{|y| > 1} \simeq \frac{\sin \alpha |y|}{\alpha |y|} = \frac{\sin \alpha y}{\alpha y},
$$

$$
V_\alpha(y) \big|_{|y| > 1} \simeq \cos(\alpha y).
$$

(D8)

Both $U_\alpha$ and $V_\alpha$ exhibit a global maximum at $y = 0$, see Fig. 4A, B. For small $|y|$, we approximate this feature of $U_\alpha$ and $V_\alpha$ by Gaussian functions. To obtain approximations consistent with the asymptotic behavior given by Eqs. (D8), we make the ansatz

$$
U_\alpha(y) = e^{u_\alpha(y)} + \frac{\sin \alpha y}{\alpha y},
$$

$$
V_\alpha(y) = e^{v_\alpha(y)} + \cos \alpha y,
$$

(D9)

where the functions $u_\alpha$ and $v_\alpha$ are to be determined in such a way that they capture the behavior of $U_\alpha$ and $V_\alpha$ for small $|y|$. To this end, we solve Eqs. (D9) for $u_\alpha$ and $v_\alpha$ and, using (D4) and (D5), expand the resulting expressions in $y$,

$$
u_\alpha(y) = \log \left( \frac{U_\alpha(y) - \sin \alpha y}{\alpha y} \right),
$$

$$
u_\alpha(y) = \log \left( \frac{\sin \alpha y}{\alpha y} - 1 \right) - \frac{p_\alpha}{2} y^2 + \mathcal{O}(y^3),
$$

(D10)

$$
u_\alpha(y) = \log \left( V_\alpha(y) - \cos \alpha y \right),
$$

$$
u_\alpha(y) = \log(\cosh \alpha - 1) - \frac{q_\alpha}{2} y^2 + \mathcal{O}(y^3),
$$

(D11)

where

$$
p_\alpha = \frac{\alpha + \alpha^3/3 - \alpha \cosh \alpha}{\alpha - \sinh \alpha} - 1,
$$

$$
q_\alpha = \frac{1}{2} \frac{\alpha \sinh \alpha - \alpha^2}{\sinh(\alpha/2)^2}.
$$

(D12)

Hence, we obtain the approximations $U_\alpha \simeq U_\alpha^*$ and $V_\alpha \simeq V_\alpha^*$, where

$$
U_\alpha^*(y) = \left( \frac{\sin \alpha}{\alpha} - 1 \right) e^{-p_\alpha y^2/2} + \frac{\sin \alpha y}{\alpha y},
$$

$$
V_\alpha^*(y) = (\cosh \alpha - 1)e^{-q_\alpha y^2/2} + \cos \alpha y.
$$

(D13)

Note that $p_\alpha$ and $q_\alpha$ are complicated functions of $\alpha$ which lead to a complicated time dependence of the approximation for Eq. (D12), where $\alpha = \gamma t$. We can considerably simplify the approximations for $U_\alpha$ and $V_\alpha$ by further approximating $U_\alpha^* \simeq U_\alpha$ and $V_\alpha^* \simeq V_\alpha$, where

$$
\tilde{U}_\alpha(y) = \left( \frac{\sin \alpha}{\alpha} - 1 \right) e^{-q_\alpha y^2/2} + \frac{\sin \alpha y}{\alpha y},
$$

$$
\tilde{V}_\alpha(y) = (\cosh \alpha - 1)e^{-q_\alpha y^2/2} + \cos \alpha y.
$$

(D14)

Justifying the approximations (D14) is not straightforward as they do not solely rely on an approximation of $p_\alpha$ and $q_\alpha$. Hence, we first give some intuitive reasoning and afterwards show that the approximations are valid by numerically computing the relative distance between the approximations (D14) and the exact functions (D4) and (D5). The approximations (D14) are based on two observations: (i) for $\alpha \to \infty$, $p_\alpha$ and $q_\alpha$ asymptotically behave as $p_\alpha \sim \alpha - 1$ and $q_\alpha \sim \alpha$, which is straightforward to show, and (ii) the prefactors $(\alpha - 1) \sinh \alpha - 1 = \alpha^2/6 + \mathcal{O}(\alpha^4)$ and $(\cosh \alpha - 1) = \alpha^2/2 + \mathcal{O}(\alpha^4)$ in Eqs. (D14) suppress the effects of the Gaussian terms for small $\alpha$ and eventually vanish for $\alpha \to 0$. Hence, our approximation strategy is to replace $p_\alpha$ and $q_\alpha$ by their asymptotic behavior at large $\alpha$. The effects of the large error for small $\alpha$ that is thus introduced is then suppressed by the prefactors. While the replacement of $q_\alpha$ by $\alpha$ leads to no difficulties at this stage, the replacement of $p_\alpha$ by $\alpha - 1$ would lead to positive exponents in the Gaussian $e^{-(\alpha - 1)y^2}$ for $\alpha < 1$, which would consequently lead to an unbounded growth as $|y| \to \infty$. Hence, we approximate $\alpha - 1 \simeq \alpha$, which is a reasonable approximation for $\alpha \gg 1$, while still leading to a bounded behavior of $\tilde{U}_\alpha$ for $\alpha < 1$. Again, the effects of the large error introduced for small $\alpha$ remains suppressed by the prefactor. Note that the thus introduced deviations from the exact values $p_\alpha$ and $q_\alpha$ only alter the width of Gaussians and not their height; for instance, the exact identities $\tilde{U}_\alpha(0) = U_\alpha(0)$ and $\tilde{V}_\alpha(0) = V_\alpha(0)$ are preserved by this approximation. Fig. 4A, B show comparisons of the exact function $U_\alpha$ and $V_\alpha$, Eqs. (D4) and (D5), with the approximations $\tilde{U}_\alpha$ and $\tilde{V}_\alpha$, Eqs. (D14), for different values of $\alpha$. To show that these approximations (D14) provide reasonable approximations, we numerically compute the relative distances

$$
D_U(\alpha) = \frac{\|U_\alpha - \tilde{U}_\alpha\|_\infty}{\|U_\alpha\|_\infty},
$$

$$
D_V(\alpha) = \frac{\|V_\alpha - \tilde{V}_\alpha\|_\infty}{\|V_\alpha\|_\infty},
$$

(D15)

where $\|f\|_\infty = \sup_y |f(y)|$ is the uniform norm. The result is shown in Fig. 4C highlighting that the approximations (D14) work especially well for very small and very large $\alpha$, while satisfying $D_U < 15\%$ and $D_V < 15\%$ for all $\alpha$ in the computed range. In summary, the ap-
proximation of $\hat{\Phi}_1$ is given by
\[
\hat{\Phi}_1(k, t) \simeq \frac{\sqrt{\pi}}{2\gamma^2\sigma} \left( (y_k - i)\tilde{U}_\gamma(y_k)\gamma t + i\tilde{V}_\gamma(y_k) \right) - ie^{-(iy_k+1)\gamma t} \tilde{W}_{\gamma\sigma/2e}(y_k) e^{-\gamma t},
\]
where $\tilde{W}_\alpha$, $\tilde{U}_\alpha$, and $\tilde{V}_\alpha$ are given by Eqs. [D6] and [D14]. The corresponding Fourier transform to real space, $\Phi_1(x, t) = (2\pi)^{-1} \int e^{ikx} \hat{\Phi}_1(k, t)\,dk$, is given by Eq. [26].

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