Surface Activity of Humic Acid and Its Sub-Fractions from Forest Soil

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Abstract: Surface activity of humic acid (HA) and its six sub-fractions isolated from forest soil were characterized by surface tension measurements, dynamic light scattering, and laser doppler electrophoresis. The surface tension of HA and its sub-fractions reduced from 72.4 mN·m⁻¹ to 36.8 mN·m⁻¹ in exponential model with the increasing concentration from 0 to 2000 mg·L⁻¹. The critical micelle concentration (CMC) and Z-average particle size ranged from 216–1024 mg·L⁻¹ and 108.2–186.9 nm for HA and its sub-fractions, respectively. The CMC values were predicted with a multiple linear regression equation of CMC, CMC = 18896 − 6.9 × C-296 × alkyl C-331 × aromatic C-17019 × H/C + 4054 × HB/HI (p < 0.05). The maximum particle size was 5000 nm after filtered by a membrane with pore size of 450 nm, indicating HA and its sub-fractions could progressed self-assembly at pH 6.86. The aggregate sizes of number-base particle size distributions were mainly in six clusters including 2 ± 1 nm, 5 ± 2 nm, 10 ± 3 nm, 21 ± 8 nm, 40 ± 10 nm, and >50 nm analyzed by Gaussian model that maybe due to the inconsistency of the components and structures of the HA sub-fractions, requiring further study. It is significance to explore the surface activity of HA and its sub-fractions, which is helpful to clarify the environmental behavior of HA.

Keywords: humic acid; surface tension; CMC; gaussian model

1. Introduction

Humic acid (HA) is a complex and heterogeneous mixture of aromatic and aliphatic organic compounds with organic supramolecular systems existing in waters, soils, and sediments [1–3]. Similar to synthetic surfactants, HA can form a micelle-like structure at high concentrations because of the amphiphilic properties with hydrocarbon chains as hydrophobic fractions, and carboxylic and nonionic polar portions as hydrophilic fractions [4–8]. Synthetic surfactants have many applications and high consumption rates in different fields including household cleaning detergents, personal care products, textiles and pesticide formulations, etc. [3,9–11]. Previous studies documented that the engineered surfactants were toxic to microorganisms, plants (e.g., Sorghum bicolor, Helianthus annuus, Phaseolus aureus, etc.), and aquatic organisms (e.g., D. magna, p. phosphorem etc.) [12–14]. As a natural surfactant, HA might have possible usage as an environmentally-friendly replacement for synthetic surfactants [15–18].

The concentration at which the micelle formation occurs is defined as the critical micelle concentration (CMC) that is an important parameter to describe a surfactant [5]. HAs showed a large range of CMC from several hundred to thousands. For example, the CMC was 7400 mg·L⁻¹ for commercial Aldrich HA [4], 800–3300 mg·L⁻¹ of soil HA from southern Chile of uncultivated pasture areas of Collipulli, Andisols Ralun, Nueva...
Braunau, Frutillar, Osorno, Vilcun and Temuco [19], 400–4040 mg·L\(^{-1}\) of HA derived from waste compost [5,7] and 289–777 mg·L\(^{-1}\) of soil HA sub-fractions from Nagano and Hyogo Prefecture, Japan [20]. The inconsistent CMC could be attributed to the complicated composition and structure of HAs, such as the hydrophobic group, the hydrophilic group, electrolyte, and temperature, etc. [21]. The separation of HA into sub-fractions was a powerful method to characterize the structure of humic substances, as well as to clarify the potential interaction mechanisms between HA and contaminants [1,2,22–24]. However, the sub-fractions of HA have not been widely used to investigate on surface activity of HA, including CMC and surface tension.

The multiple regression models were powerful method to model on the various research areas [25], including intention to obtain of mammogram [26], heating value of biomass fuels [27], and students’ lessons scores [28], etc. Multiple regression equations were widely applied to investigate influence factors of CMC value, quantitively. For example, Liang, et al. [29] indicated the CMC have a significant linear correlation with alkyl C, and the sum content of N and S base on six samples of HAs derived from lignocelluloses waste, lignocelluloses plus food wastes, and Aldrich HA (Equation (S1)) [17]. The significant linear relationships between CMC with alkyl C percentage and molecule weight (MW) were reported by Adani, et al. [30] with HA isolated from lignocelluloses waste, lignocelluloses plus food wastes, maize plant residue, as well as Aldrich HA (Equation (S2)) [30]. The regression equation was also documented by Salati, et al. [3] according to 13 samples of HA from biomass such as urban green wastes, lignocelluloses waste, and green wastes, etc. (Equation (S3)) [3]. The soil is the greatest source of HA, and the possible regression equations should be modified base on HA from soil because of the lack of data of HAs from the soil.

Dynamic light scattering (DLS) is applied to characterize the aggregation size of HAs base on Brownian motion of particles in an aqueous solution [31–33]. The average sizes of HAs, name as Z-average diameters ranging from 185–280 nm for Aldrich HA [32], from 210 to 280 nm for Elliott Soil HA ranged from International Humic Substances Society (IHSS) [34], and 185 nm for HA derived from Irish moss peat [35] base on DLS analysis. In addition, Z-average diameters are affected by many factors, such as cation concentration, pH, salinity, etc. [36]. However, Z-average diameter could not reflect the truly polymodal character of HA, because its calculations assume the sample is monomodal. Gaussian distribution model is a common quantitative method in complex multicomponent systems, which can distinguish overlapped and hidden peaks in the spectral analysis including XPS, FTIR, \(^{13}\)C-NMR, etc. [37–39]. However, the Gaussian distribution model had not been utilized to analyze particle size distributions (PSD) of HA sub-fractions according to DLS analysis.

Therefore, six sub-fractions of Chinese standard HA from forest soil were applied to explore the relationship between properties of HAs with their surfactant activity. The objectives were (1) to determine the various surface activity for HA sub-fractions; (2) to modify and update the possible multiple linear regression equation of CMC with data of soil HA, and (3) to visit the distribution characterization of hydrodynamic radii of HAs sub-fractions by Gaussian distribution model.

2. Materials and Methods

2.1. Isolation and Purification of HA and Its Sub-Fractions

Chinese standard HA was isolated and purified from the surface soil of Jiufeng Mountain Forest, Beijing, China. The sample soil type is yellow earths. The carbon and nitrogen content of soil was 2.95% and 0.39%, respectively. Briefly, the soil was sieved before through 2 mm mesh. Isolation and purification of HA were performed according to procedures recommended by the IHSS. Detailed information on the method has been previously reported [2]. The HA sub-fractions named as HA1-HA6 were isolated with 0.02 mol·L\(^{-1}\) Na\(_4\)P\(_2\)O\(_7\), 0.05 mol·L\(^{-1}\) Na\(_4\)P\(_2\)O\(_7\), 0.1 mol·L\(^{-1}\) Na\(_4\)P\(_2\)O\(_4\), 0.05 mol·L\(^{-1}\) NaOH, 0.1 mol·L\(^{-1}\) NaOH, and 0.25 mol·L\(^{-1}\) NaOH in sequence with a solid to solution
ratio of 1:10 (w/v) for 24 hrs. The Si and Cl\textsuperscript{-} in the solution of HA sub-fractions were purified with 0.1 mol·L\textsuperscript{-1} HCl and 0.3 mol·L\textsuperscript{-1} HF, as well as dialysis membranes with 1 KD (Spectra/Por6, Standard RC, San Diego, CA, USA). The sub-fractions of HA are contributed to study the surface activity of HA and the size distribution characteristics of HA aggregates. All solutions were prepared in Milli-Q water (Millipore, Burlington, MA, USA), and all chemicals were AR grade unless mentioned otherwise. Detailed information on isolation and fractionation of humic substance are described elsewhere [1].

2.2. Surface Tension Measurements

The surface tension of HA and its sub-fractions were measured with the model Dataphysics DCAT21 (DataPhysics Instruments GmbH, Filderstadt, Germany) with the Wilhelmy method [40]. The Pt plate was cleaned by washing with 0.1 mol·L\textsuperscript{-1} HCl solution and then Milli-Q water in sequence, and finally held in an alcoholic flame for more than 500 °C for 1 min. The stock solution for both HA and its sub-fractions was ca. 5000 mg·L\textsuperscript{-1} at pH 6.86 with 0.1 mol·L\textsuperscript{-1} K\textsubscript{2}HPO\textsubscript{4}/KH\textsubscript{2}PO\textsubscript{4} as a buffer and 0.1 mol·L\textsuperscript{-1} NaCl as background. The solutions for detecting were prepared by mixing the stock solutions with the appropriate volume of solution with both 0.1 mol·L\textsuperscript{-1} K\textsubscript{2}HPO\textsubscript{4}/KH\textsubscript{2}PO\textsubscript{4} and 0.1 mol·L\textsuperscript{-1} NaCl. All solutions were filtered 0.45 µm membrane and regulated at 25 ± 0.5 °C by a thermostat bath equipped with a circulator pump in the surface tension measurement experiment. The exponential model was surface tension vs. the concentration of HA sub-fractions were fitted with an exponential model (Equation (1)):

\[
\frac{\gamma}{\gamma_0} = \frac{\gamma_{\text{plateau}}}{\gamma_0} + \frac{\Delta\gamma}{\gamma_0} \exp^{-Ac}
\]

where \(\gamma_0\) is the surface tension of aqueous solution at \(c = 0\), \(\gamma_{\text{plateau}}\) is the value of the surface tension reduction curve plateaus, \(\Delta\gamma\) is the maximum \(\gamma\) variation that corresponding to the concentration (c), and \(A\) is the reach of \(\gamma_{\text{plateau}}\) rate (\(\gamma\) per milligram).

The critical micellar concentration (CMC) of HA and its sub-fractions were calculated from the surface tension vs. log concentration plot. The CMC was established according to the interaction of the two lines describing premicellar and post-micellar regimes base on the surface tension of HA and its sub-fractions.

2.3. DLS and Zeta Potential Methodology

The DLS measurement, with an operational range of 0.6–6000 nm was performed using the Malvern Zetasizer ZS instrument (Malvern Instruments Ltd., Malvern, UK) equipped with a He-Ne laser of 633 nm. The attenuator was adjusted to automatically respond to produce the optimum laser intensity based on the sample condition of HA sub-fractions. To reduce the possible light scattering, the detector position was set at an angle of 173°. The solutions of HA sub-fractions were poured into a cuvette with a plastic cap to avoid the volatilization at a concentration of 2000 mg·L\textsuperscript{-1} with 0.1 mol·L\textsuperscript{-1} K\textsubscript{2}HPO\textsubscript{4}/KH\textsubscript{2}PO\textsubscript{4} and 0.1 mol·L\textsuperscript{-1} NaCl at pH = 6.86. Equilibrium time was retained inside the instrument for two min to reach a constant temperature of 25 °C before detection. All solutions were filtered 0.45 µm membrane, twelve replicates were determined to reduce the statistic error, and 2 min intervals were recorded for each replicate. The HA aggregation size was collected in PSD of intensity, volume, and number recorder according to the International Standard ISO13321, Methods for Determination of PSD.

The zeta potential of the HA solutions was measured at scattered light detected at an angle of 13°. The zeta potential was estimated from the electrophoretic mobility of particles according to Henry’s equation and Smoluchowski approximation [41]. HA and its sub-fractions were determined at concentration of 2000 mg·L\textsuperscript{-1} with 0.1 mol·L\textsuperscript{-1} K\textsubscript{2}HPO\textsubscript{4}/KH\textsubscript{2}PO\textsubscript{4} and 0.1 mol·L\textsuperscript{-1} NaCl at pH = 6.86.
2.4. Gaussian Distribution Model

Gaussian distribution model was applied to fit the PSD curves of HA sub-fractions with a second-derivative method. The number-based PSD curve was accomplished by use of the residual of the second derivative, and “Peak types” of fitting functions were set as “Gaussian” in GM to analyze the HA sub-fractions. Fitting peaks were optimized by modifying peak height, width, and shape until the correlation coefficient ($R^2$) value between the original spectra and fitted curves was close to 1.0 corresponding to minimal variance Equation (2):

$$y = B + \frac{Ae^{-4\ln(2)(x-\mu)^2}}{w\left(\frac{\pi}{\ln^22}\right)^{1/2}}$$

where $B$ is the baseline, $A$ is the Gaussian peak area, $w$ is Gaussian peak of width at half-height, $x$ is size of HA sub-fractions aggregates, $\mu$ is the location at the center of the peak of number-base PSDs of HA sub-fractions.

3. Results

The HA and its sub-fractions were characterized and reported previously as Chinese standard HA including elemental analysis, $^{13}$C-NMR, etc. The content of carbon (C), hydrogen (H), and nitrogen (N) increased from 540.3–593.8 g·kg$^{-1}$, from 33.8–66.0 g·kg$^{-1}$, from 28.2–39.9 g·kg$^{-1}$, while the content of oxygen (O) decrease from 286.5–372.1 g·kg$^{-1}$ from HA1-HA6. The alkyl C, O-alkyl C, aromatic C and carbonyl C ranged 17.7–30.0%, 16.7–23.94%, 30.4–43.2%, 14.4–23.9%, respectively for HA sub-fractions, where alkyl C increased from HA1-HA6 and aromatic C decrease from HA1-HA6. The O-alkyl C value of HA5 was the maximum of HA sub-fractions, and the O-alkyl C value of HA2 was the minimum of HA-fractions. The carbonyl C value of HA3 was the maximum of HA sub-fractions, and the carbonyl C value of HA5 was the minimum of HA-fractions [42]. According to the $^{13}$C-NMR spectra of HA and its sub-fractions (Table 1).
Table 1. The CMC values, elemental analysis, and $^{13}$C NMR in area of HAs isolations from biomass and soil.

| Source                                      | C (g·kg$^{-1}$) | H (g·kg$^{-1}$) | N (g·kg$^{-1}$) | O (g·kg$^{-1}$) | Alkyl C (%) | O-Alkyl C (%) | Aromatic C (%) | Carbonyl C (%) | HB/HI | CMC$^b$ (mg·L$^{-1}$) | CMC$^c$ (mg·L$^{-1}$) | References            |
|---------------------------------------------|-----------------|-----------------|-----------------|-----------------|-------------|--------------|---------------|---------------|-------|----------------------|----------------------|-----------------------|
| Food wastes + green wastes (1/v/v) (15 d composted) | 599             | 66.6            | 59.9            | 270.0           | 45.2        | 21.1         | 21.6          | 12.1          | 2.01  | 403                  | 497                  | Quagliotto, et al. [7] |
| Urban green wastes no composted             | 579             | 60.7            | 45.5            | 231.3           | 49.5        | 21.6         | 14.2          | 14.6          | 1.76  | 970                  | 906                  | Montoneri, et al. [43] |
| Green wastes (start of aerobic digestion)   | 650             | 58.5            | 45.5            | 247.0           | 48.9        | 25.1         | 16.1          | 9.9           | 1.86  | 770                  | 625                  | Savarino, et al. [44]  |
| Green wastes (60 d digested)                | 604             | 50.8            | 42.3            | 302.0           | 43.5        | 26.6         | 19.3          | 10.5          | 1.69  | 730                  | 892                  | Savarino, et al. [44]  |
| Food + green wastes (1/1-w/w) start of aerobic digestion | 645             | 54.3            | 51.6            | 245.0           | 55.1        | 23.2         | 11            | 10.4          | 1.97  | 999                  | 1057                 | Savarino, et al. [44]  |
| Food + green wastes (1/1-w/w) 7 d digested  | 627             | 62.7            | 53.3            | 257.0           | 53.8        | 24.4         | 12            | 8.8           | 1.98  | 1010                 | 1005                 | Savarino, et al. [44]  |
| Food + green wastes (1/1-w/w) 60 d digested | 617             | 55.5            | 49.4            | 277.6           | 48.8        | 22.2         | 16.5          | 12.5          | 1.88  | 980                  | 831                  | Savarino, et al. [44]  |
| Maize plant residues                        | 548             | 64              | 41              | 342.0           | 26.8        | 42.3         | 21.1          | 9.9           | 0.92  | 1986                 | 1950                 | Adani, et al. [30]    |
| HA-1 a                                      | 540.3           | 35.8            | 28.2            | 372.1           | 17.7        | 19.1         | 41.3          | 22.0          | 1.44  | 1016                 | 977                  | a                     |
| HA-2 a                                      | 542.5           | 33.8            | 28.5            | 368.8           | 16.8        | 16.7         | 43.2          | 23.2          | 1.50  | 1024                 | 910                  | a                     |
| HA-3 a                                      | 541.6           | 39.2            | 36.2            | 362.3           | 19.9        | 17.1         | 39.1          | 23.9          | 1.44  | 833                  | 941                  | a                     |
| HA-4 a                                      | 567.2           | 52.9            | 42.7            | 307.3           | 25.6        | 22.1         | 31.9          | 20.4          | 1.35  | 779                  | 741                  | a                     |
| HA-5 a                                      | 579.8           | 60.7            | 38.4            | 299.0           | 29.9        | 25.3         | 30.4          | 14.4          | 1.52  | 343                  | 372                  | a                     |
| HA-6 a                                      | 593.8           | 66.0            | 39.9            | 286.5           | 30.0        | 23.9         | 30.4          | 15.7          | 1.52  | 216                  | 136                  | a                     |
| HA-2 a                                      | 570.1           | 52.1            | 36.4            | 303.6           | 23.39       | 21.5         | 34.0          | 21.2          | 1.34  | 551                  | 671                  | a                     |

$^a$ data from this work; $^b$ CMC value experimentally determined; $^c$ Calculated by using the multiple regression model: 
\[
\text{CMC} = 18896 - 6.9 \times C - 396 \times \text{alkyl C} - 17019 \times \text{aromatic C} - 17019 \times \text{H/C} + 4054 \times \text{HB/HI.}
\]
in which CMC is given in mg·L$^{-1}$, C is given in g·kg$^{-1}$, alkyl C and aromatic C in% of the total $^{13}$C-NMR area, HB/HI: ratio between hydrophobic vs. hydrophilic C, in which, HI = percentage of hydrophilic carbon calculated as the sum of the $^{13}$C CP MAS NMR area of (45–110) + (160–220) ppm and HB = percentage of hydrophobic carbon calculated as the sum of the $^{13}$C CP MAS NMR area of (0–45) + (110–160) ppm.
3.1. Surfactant Properties of Humic Acid and Its Sub-Fractions

The surface tension decreased with the increase of the concentrations of HA sub-fractions from 0–2000 mg·L\(^{-1}\) at pH 6.86 with 0.1 mol·L\(^{-1}\) phosphate and NaCl as background (Figure 1). Two stages were clearly observed for both HA and its sub-fractions with surface tension from 45.6–72.4 (Figure 1). The surface tensions decreased rapidly from 72.4 to 36.8 mN·m\(^{-1}\) with the concentrations of HA sub-fractions from 0 to 2000 mg·L\(^{-1}\). After 200 mg·L\(^{-1}\) HA sub-fractions were added, the surface tensions decreased gradually to 45.6–65.6 mN·m\(^{-1}\) (Figure 1). The reducing surface tension of the aqueous solution increases the concentrations of HA sub-fractions. The same experimental phenomena have been reported before that samples were Aldrich HA, Suwannee River HA from IHSS, organic compost, and soil, etc. [4,5,19,30,44,45]. For example, the surface tension of HA sub-fractions at about 2000 mg/L was comparable with Aldrich HA (~50 mN·m\(^{-1}\)) [4], Elliott soil HA (46 mN·m\(^{-1}\)) [29], as well as HAs from surface soil of southern Chile (~45 mN·m\(^{-1}\)) [19]. This phenomenon could be attributed to the self-assembly into an aggregation of HA as a natural surfactant, and the variation of HA aggregation size was also discussed in Section 3.3 (Figure 1).

![Figure 1](image-url)

**Figure 1.** The reduction rate of surface tension with the concentration of HA1, HA6, and HA (■ HA1, ▲ HA, ▪ HA6. The solid lines were fitted with exponential function).

The curves of surface tension vs. concentration of HA sub-fractions were well fitted by the least squares method using an exponential model with R\(^2\) from 0.945 to 0.996 (Equation (1)). The \(\Delta \gamma\) ranged from 22.9–35.7 mN·m\(^{-1}\) in order to HA6 > HA3 > HA2 > HA5 > HA4 > HA1 (Table 2). Previous researchers reported that the \(\Delta \gamma\) of surfactant was related to due to carbon atoms in a straight-chain hydrophobic group [21]. Therefore, the difference \(\Delta \gamma\) of HA sub-fractions may be due to it’s the content of carbon atoms in a straight-chain hydrophobic group. The \(A\) ranged from 0.0018 to 0.0075 for HA1-HA6, among HA5-HA6 > HA1–4 that suggest the later isolated HAs had more efficiency reach \(\gamma_{plateau}\) (Table 1).

3.2. The CMC of HA and Its Sub-Fractions

The CMC is an important index to measure the surface activity of HA. The CMC of HA sub-fractions ranged from 216–1024 mg·L\(^{-1}\) according to surface tension detected by Wilhelmy method, in order of HA1 = HA2 > HA3 > HA4 > HA5 > HA6 (Figure 2). This result consistent with previous research reports, HA derived from urban green wastes (970 mg·L\(^{-1}\)) [43], green waste (730–770 mg·L\(^{-1}\)) [44], green and food waste (403–1010 mg·L\(^{-1}\)) [44], southern Chile soil of uncultivated pasture areas (800–3300 mg·L\(^{-1}\)) [19], Nagano and Hyogo Prefecture soil of Japan (289–777 mg·L\(^{-1}\)) [20].
The result consistent with previous research reports, HA derived from urban green wastes (970 mg·L\(^{-1}\)) [43], green waste (730–770 mg·L\(^{-1}\)) [44], green and food waste (403–1010 mg·L\(^{-1}\)) [44], southern Chile soil of uncultivated pasture areas (800–3300 mg·L\(^{-1}\)) [19], Nagano and Hyogo Prefecture soil of Japan (289–777 mg·L\(^{-1}\)) [20].

Figure 2. Surface tension versus HA and its sub-fractions concentrations (mg·L\(^{-1}\)). CMC was calculated from the intersection of the premicellar and postmicellar straight lines ((a) HA1; (b) HA2; (c) HA3; (d) HA4; (e) HA5; (f) HA6; (g) HA - - premicellar; —postmicellar).
Table 2. Fitting exponential function surface tension values of HA and its sub-fractions.

|       | γ      | Δγ     | A (%) | R²   |
|-------|--------|--------|-------|------|
| HA-1  | 49.6(65.6) a | 23.45  | 0.0019 | 0.995 |
| HA-2  | 40.0(63.4) a | 33.16  | 0.0018 | 0.995 |
| HA-3  | 39.1(55.7) a | 34.07  | 0.0035 | 0.998 |
| HA-4  | 46.2(56.7) a | 25.86  | 0.0040 | 0.992 |
| HA-5  | 43.2(49.5) a | 28.77  | 0.0075 | 0.980 |
| HA-6  | 36.8(45.6) a | 33.95  | 0.0057 | 0.973 |
| HA    | 45.8(55.9) a | 25.80  | 0.0047 | 0.998 |

a Surface tension at a concentration of 200 mg L⁻¹ of HA sub-fractions; γ₀ is the value where the decrease curve plateaus; γ₁ is the total solution surface tension decrease value; A is the efficiency in surface tension reduction (γ per milligrams).

To compare the performance of HA in reducing surface tension, it is necessary to distinguish between the A and Δγ of an aqueous solution. No correlation was obtained between CMC and Δγ for HA sub-fractions. The concentration-forming micelles (CMC) have no relationship with Δγ for HA and its sub-fractions. The insignificant correlation might be attributed to the different structures or composition of HAs regulating micelle formation and maximum reduction in tension, which should be further investigated [21].

There was significant relationship for CMC with alkyl C with R² 0.872 (p < 0.05), O-alkyl C with R² 0.748 (p < 0.05), aromatic C with R² 0.781 (p < 0.05), and carbonyl C with R² 0.764 (p < 0.05), respectively, in Figure S1. The results also consistent with previous researchers, Quadri, et al. [5] discovered the value of CMC related to the content of alkyl C for the HA isolated from organic compost. The significant correlation should be attributed to the increase of the free energy of the water/surfactant-like system and the reduction of anticipating the process of micellization by a greater content of alkyl chains and aromatic HA molecule [5].

The CMC obtained was significantly relationship for N with R² 0.538 (p < 0.5). This result was also reported by Quadri, et al. [5], who focused on lignocelluloses waste compost. The researcher considers that maybe amide molecules mutual repulsion polar groups, thereby reducing the work required for micellization [46]. The CMC also correlation relationship for C (R² = 0.900, p < 0.5, n = 7) and H (R² = 0.912, p < 0.5, n = 7) those represents the degree of condensation between HA molecules [47]. The result suggests CMC of HA maybe not only with the hydrophobic group but also with the condensation degree of molecules.

Multiple regression models were applied to calculate the CMC according to the parameters of HAs including, C, alkyl C, aromatic C, H/C, and HB/HI, the HI was the percentage of hydrophilic carbon calculated as the sum of (45–110 ppm) and (160–220 ppm), and HB was the percentage of hydrophobic carbon calculated as the sum of (0–45 ppm) and (110–160 ppm) in 13 C-NMR. Sixteen samples were used to update the CMC prediction equation, including HA derived from soil, green waste, and maize plant residues [29,30,43,44]. For the 16 samples, the contents of C, alkyl C, aromatic C, H/C, and HB/HI ranged from 540–650 g·kg⁻¹, 16.8–55.1%, 16.7–42.3%, 0.06–0.12, 0.92–2.01, respectively. Equation gave CMC = 18896 – 6.9 × C-296 × alkyl C-331 × aromatic C-17019 × H/C + 4054 × HB/HI. The H/C can indicate the degree of intermolecular condensation of HA [48]. Therefore, the equation suggests that the value of CMC was not only related to the hydrophobic fractions of HA but also related to the degree of intermolecular condensation.

The obtained model was quite qualified for the prediction of the CMC of HAs samples in biomasses and soil. Compared to previous reports, the model added a new sample source, soil HA. The R² (0.909) and n (16) of model were greater than previous reports, and estimation errors between predicted and measured was 102. This regression equation needs more experimental data to be further improved. For example, HAs derived from lignocelluloses waste, lignocelluloses plus food wastes, and Aldrich HA (Equation (S1), n = 6, R² = 0.77) [5], lignocelluloses waste, lignocelluloses plus food wastes, maize plant
residue, as well as Aldrich HA (Equation (S2), n = 7, R² = 0.90) [30], urban green wastes, lignocelluloses waste, and green wastes, etc. (Equation (S3), n = 13, R² = 0.878) [3] (Table S1). The average absolute error (AAE) of CMC was 12.95%, indicating the predicted results were close to the measured results, and the average biased error (ABE) of CMC was 0.47%, showing the accuracy of model prediction [49]. The predicted CMCs were within the 95% prediction intervals of HAs samples (Figure 3) that suggests predicted results were credible. The model proposed indicates that the hydrophobicity/hydrophilicity group and degree condensation of the HA molecule was the principal responsible for the CMC.

![Figure 3](image)

**Figure 3.** Predicted CMC of HA sub-fractions versus their observed CMC of HAs isolated from biomass and soil with a 95% confidence interval.

### 3.3. HA Sub-Fractions Zeta Potential and Size Characteristic

The value of the zeta potential (ζ) became more negative from −4.2 to −46.7 mV as the concentration of HA increased from 10 to 2000 mg·L⁻¹ at pH = 6.86 (Figure S2). The negative relationship between ζ and the concentration of HAs was also observed for Aldrich HA detected by Esfahani, et al. [32]. Previous studies documented that the colloidal phase was stable when ζ were less than −30 mV in an aqueous solution. The ζ of less than −30 indicated the stable colloidal at a concentration of 2000 mg·L⁻¹ for HA sub-fraction at pH = 6.86. Therefore, the concentration of 2000 mg·L⁻¹ was used to investigate the possible effects of pH and variation of PSDs for both HA and its sub-fractions. The ζ of HA and its sub-fractions ranged from −44.2 to −50.2 mV at pH 6.86 with concentration at 2000 mg·L⁻¹, in order of HA1 > HA3 > HA2 > HA5 > HA6 > HA4. The ζ were significantly related to the content of carboxylic groups in HA and its sub-fractions (p < 0.20). The relationship between ζ and the content of the carboxylic group was observed for HA derived from Rendzic Leptosol and Suwannee River HA from IHSS, indicating the carboxylic group was the main factor that controlled the surface charge of HA [50].

The particle size of HA aggregation previously reported as Z-average diameter ranged from 108 to 187 nm for HA and its sub-fractions according to intensity-based PSDs. The range of Z-average sizes of HA sub-fractions was comparable to 185–280 nm of HA derived from peat [35], Aldrich HA [32], and Suwannee River HA from IHSS [34]. Intensity-, volume-, and number-based PSDs were obtained for both HA and its subfractions by DLS. Three peaks were observed in intensity-based PSDs of HA and its sub-fractions, about 10 nm, 280 nm, and 5000 nm (Figure S3). The largest size of HA sub-fractions (~5000 nm) was due to the abiotic self-assembled of HA molecules after filtered with 0.45 µm (equal to 450 nm) membrane (Figure S3 and Figure S4). The larger aggregation for HA (more than 1000 nm) was also reported by Esfahani, et al. [32], who observed the aggregation of Suwannee River HA from IHSS and Aldrich HA in intensity-based PSDs. In addition, the
intensity based on Z-average diameter was comparable to other reports in the literature, while Z-average was based on a monomodal hypothesis that cannot fully reflect the truly polymodal character of HA [32,36,51].

The number-base PSDs can reflect the aggregation distribution characteristics of HA sub-fractions. The size distributions of HA1–6 were 0.6–15.7 nm, 3.6–122 nm, 3.1–24.4 nm, 1.5–13.5 nm, 3.1–68.1 nm, 1.3–18.2 nm, respectively, according to number-based PSDs (Figure 4). The size distributions of HA2 and HA5 were 3–5 times wider than that of other sub-fractions. The larger distributions were like to the complexity of HA structure of HA2 and HA5, which should be further studied in the future. Three peaks and a clear shoulder were observed in number-based PSDs of HA1 including the maximum peak (~2.0 nm) with shoulder (~1 nm), the second maximum peak (~3.6 nm), and the third maximum peak (~10.1 nm). Two peaks, the maximum peak (~5.6 nm) and the second maximum peak (~43.8 nm) were observed in number-based PSDs of HA2. Two primary peaks, the maximum peak (~5.6 nm) and the second maximum peak (11.7 nm) were observed in number-based PSDs of HA3. One primary peak (~5.6 nm) with shoulder (~2.0 nm) was observed in number-based PSDs of HA4. Two primary peaks including the maximum peak (~32.7 nm), the second maximum peak (~6.5 nm) were observed in number-based PSDs of HA5; One primary peak, maximum peak (~4.85 nm) that have a clear shoulder (~1.5 nm) were observed in number-based PSDs of HA6 (Table 3). Those shoulders were likely due to overlapping aggregation for HA1, HA4, and HA6 (Figure 4).

### Table 3. Assignments and relative area of Gaussian fitting peaks from number-based PSDs of HA and its sub-fractions.

| Peak 1 (nm) | W (nm) | Percent (%) | Peak 2 (nm) | W (nm) | Percent (%) | Peak 3 (nm) | W (nm) | Percent (%) | Peak 4 (nm) | W (nm) | Percent (%) |
|------------|--------|-------------|------------|--------|-------------|------------|--------|-------------|------------|--------|-------------|
| HA1        | 1.0    | 0.44        | 3.30       | 1.9    | 12.65       | 3.8        | 2.75   | 44.69       | 10.2       | 7.44   | 35.16       |
| HA2        | 5.3    | 1.97        | 2.46       | 8.2    | 4.58        | 2.85       | 45.9   | 36.16       | 67.73      | 78.1   | 26.96       |
| HA3        | 5.6    | 2.91        | 18.60      | 10.6   | 6.08        | 40.37      | 14.6   | 7.93        | 30.29      | 21.1   | 11.00       |
| HA4        | 2.1    | 0.80        | 3.51       | 4.5    | 18.91       | 24.08      | 6.3    | 3.67        | 50.87      | 9.0    | 21.55       |
| HA5        | 5.0    | 2.58        | 4.90       | 7.3    | 4.20        | 10.36      | 28.7   | 16.18       | 41.18      | 41.8   | 24.77       |
| HA6        | 2.1    | 1.15        | 3.43       | 4.8    | 2.58        | 20.22      | 6.8    | 4.21        | 37.82      | 11.0   | 38.54       |
| HA         | 3.8    | 2.3         | 2.4        | 10.4   | 3.9         | 7.1        | 21.6   | 15.9        | 35.6       | 36.9   | 28.6        |

W—The peak width at half-height; Peak—Peak center location.

Gaussian peak fitting was applied to identify the possible information of overlapping PSDs for both HA and its sub-fractions. The contributions of individual four peaks were identified in number-based PSD of HA sub-fractions using Gaussian peak fitting with $R^2$ ranged from 0.990 to 0.999. According to Gaussian peak fitting of number-based PSDs, six clusters of peaks center location were obtained for 2 ± 1 nm, 5 ± 2 nm, 10 ± 3 nm, 21 ± 8 nm, 40 ± 10 nm, and >50 nm (name as C1–6) for both HA and its sub-fractions. Four Gaussian peaks located in C1 including peak 1 of HA1 with a number percentage of 3.3%, peak 2 of HA1 with number percentage of 16.85%, peak 1 of HA4 with number percentage of 3.51%, peak 1 of HA6 with number percentage of 3.43%. Eight Gaussian peaks located in C2 including peak 1 of HA1 with number percentage of 44.69%, peak 1 of HA2 with number percentage of 2.46%, peak 1 of HA3 with number percentage of 18.6%, peak 2 of HA4 with number percentage of 24.08%, peak 3 of HA4 with number percentage of 50.87%, peak 1 of HA5 with number percentage of 4.90%, peak 2 of HA6 with number percentage of 20.22%, peak 3 of HA6 with number percentage of 67.82%. Six Gaussian peaks located in C3 including peak 4 of HA1 with number percentage of 35.16%, peak 2 of HA2 with number percentage of 2.85%, peak 2 of HA3 with number percentage of 40.37%, peak 4 of HA4 with number percentage of 21.55%, peak 2 of HA5 with number percentage of 10.36%, peak 4 of HA6 with number percentage of 38.54%. Three Gaussian peaks located in C4 including peak 3 of HA3 with a number percentage of 11.00%, peak 4 of HA3 with number percentage of 30.29%, peak 3 of HA5 with a number percentage of 41.18%. Two Gaussian peaks located in C5 including peak 3 of HA2 with a number percentage of 67.73%, peak 4 of HA5 with number percentage of 43.56%. One
Gaussian peak located in C6 including peak 4 of HA2 with a number percentage of 26.96% (Figure 4). The C2 (~5 nm) has the maximum number percentage for Gaussian peak 33.92%, while C6 (~78 nm) has the minimum number percentage of 4.49%. According to previous studies, the average size of HA is affected by cation concentration and type, pH, salinity, and residence time [36]. The HA sub-fractions represent different fractions of soil humic substances those have different structures. Therefore, the difference in the structure of HA sub-fractions may be the cause of difference on the Gaussian peaks of number-base PSDs, which need further study.

Figure 4. Gaussian fitting peaks of number PSDs of HA and its sub-fractions at concentrations of 2000 mg L\(^{-1}\) (a) HA1; (b) HA2; (c) HA3; (d) HA4; (e) HA5; (f) HA6; (g) HA - - - measurement curve. ~ peak1; ~ peak2; ~ peak3; ~ peak4).

The Gaussian peak with the maximum size appeared for 45.9 nm, and the minimum size appeared for 5.3 nm in number-based PSDs. The maximum value of peak width at half-height of Gaussian peak was observed from HA 2 with the width of 55.46 nm, and the
The highest Gaussian peak was observed for HA 2 with a number percentage of 67.73% (Figure S5). A previous study reported that the hydrodynamic radii were related to molecular mass according to the analysis of Aldrich HA and two other HSs derived from peat and compost with ultrafiltration combined with DLS [52]. The various distribution of Gaussian peaks should be attributed to the complex structure and complicated conformation of HA molecules.

The maximum values of peak width at half-height were 7.44 nm (HA1), 55.46 nm (HA2), 12.36 nm (HA3), 18.91 nm (HA4), 26.47 nm (HA5), 8.25 nm (HA6), respectively. The full width at half maxima of HA2 and HA5 was greater than that of other HA sub-fractions (Figure 4), it suggests the aggregate size distribution of HA2 and HA5 is more extensive wider than other HA sub-fractions. This may be due to the inconsistency of the components and structures of the HA sub-fractions, requiring further study.

4. Conclusions

The surface tension of HA and its sub-fractions reduced from 72.4 mN·m\(^{-1}\) to 36.8 mN·m\(^{-1}\) with the increasing concentration from 0 to 2000 mg·L\(^{-1}\) with exponential model. The difference maximum surface tensions of HA sub-fractions may be due to its content of carbon atoms in a straight-chain hydrophobic group. The CMC of HA sub-fractions ranged from 216–1024 mg·L\(^{-1}\), fitting the new multiple linear regression equation to predicted and analyzed CMC of HA. The updated multiple linear regression equation, \(C_{\text{MC}} = 18896 - 6.9 \times C_{296} \times \text{alkyl C} - 3.31 \times \text{aromatic C} - 17019 \times \text{H/C} + 4056 \times \text{HB/HI}\) was documented to predicted CMC of HAs reported by previous researchers and HA subfractions. This model suggests that besides the hydrophilic/hydrophobic groups of HA, the degree of intermolecular condensation also has an important effect on the CMC of HA. The maximum particle size was 5000 nm after filtered by a membrane with pore size of 450 nm, indicating HA and its sub-fractions could progressed self-assembly at pH 6.86. The main PSDs of soil HA aggregates was distributed in the region within 100 nm. The aggregate sizes of number-base PSDs were mainly in six clusters including 2 ± 1 nm, 5 ± 2 nm, 10 ± 3 nm, 21 ± 8 nm, 40 ± 10 nm, and >50 nm analyzed by Gaussian model. However, the micellar structure of HA sub-fractions aggregates is still not clearly understood, and further studies are required by experiment condition, such as temperature, pH etc. The possible CMC prediction and aggregate size could be helpful to understand hyperfine structure of HAs and the predict the environmental behaviors of HA in aquatic systems.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/su13158122/s1, Figure S1: Relationships between CMC and percentage of alkyl C, O-alkyl C, aromatic C and carbonyl C base on 13C NMR of HA and its sub-fractions: CMC vs. alkyl C ( - - - ), CMC vs. O-alkyl C ( - - - ), CMC vs. aromatic C ( - - - ), CMC vs. carbonyl C ( - - - ); Figure S2: Effect of concentration on Zeta potential for HA; Figure S3: Intensity-base PSDs of HA and its sub-fractions (a. HA1; b. HA2; c. HA3; d. HA4; e. HA5; f. HA6; g. HA); Figure S4: Volume-base PSDs of HA and its sub-fractions (a. HA1; b. HA2; c. HA3; d. HA4; e. HA5; f. HA6; g. HA); Figure S5: Gaussian peak distribution of Number PSDs for six HA sub-fractions at concentrations of 2000 mg·L\(^{-1}\), pH = 6.86 (■ HA1; ■ HA2; ■ HA3; ■ HA4; ■ HA5; ■ HA6), Table S1: Multiple linear equations obtained by previous researchers.

Author Contributions: Conceptualization, S.T.; Methodology, S.T.; Validation, S.T.; Data Curation, S.T., X.W., T.L., F.S. and N.H.; Writing—Original Draft Preparation, S.T.; Writing—Review & Editing, S.T., Y.B. and W.T. All authors have read and agreed to the published version of the manuscript.

Funding: This work was financially supported by the National Natural Science Foundation of China (Nos. 41703123), and the Fundamental Research Funds for the Central Public-interest Scientific Institution (No. 2019YSKY-006).

Institutional Review Board Statement: Informed consent was obtained from all subjects involved in the study.

Informed Consent Statement: Not applicable.
Data Availability Statement: The data presented in this study are available upon request from the corresponding author.

Conflicts of Interest: The authors declare no conflict of interest.

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The authors declare no conflict of interest. The data presented in this study are available upon request from the corresponding author.
