Strain Influence Factor Charts for Settlement Evaluation of Spread Foundations based on the Stress–Strain Method

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Featured Application: This study is a practical tool for Civil Engineers for the settlement evaluation of spread foundations using the stress-strain method.

Abstract: In this paper, the stress–strain method for the elastic settlement analysis of shallow foundations is revisited, offering a great number of strain influence factor charts covering the most common cases met in civil engineering practice. The calculation of settlement based on strain influence factors has the advantage of considering soil elastic moduli values rapidly varying with depth, such as those often obtained in practice using continuous probing tests, e.g., the Cone Penetration Test (CPT) and Standard Penetration Test (SPT). It also offers the advantage of the convenient calculation of the correction factor for future water table rise into the influence depth of footing. As is known, when the water table rises into the influence zone of footing, it reduces the soil stiffness and thus additional settlement is induced. The proposed strain influence factors refer to flexible circular footings (at distances 0, R/3, 2R/3 and R from the center; R is the radius of footing), rigid circular footings, flexible rectangular footings (at the center and corner), triangular embankment loading of width B and length L (L/B = 1, 2, 3, 4, 5 and 10) and trapezoidal embankment loading of infinite length and various widths. The strain influence factor values are given for Poisson’s ratio value of soil, ranging from 0 to 0.5 with 0.1 interval. The compatibility of the so-called “characteristic point” of flexible footings with the stress–strain method is also investigated; the settlement under this point is considered to be the same as the uniform settlement of the respective rigid footing. The analysis showed that, despite the effectiveness of the “characteristic point” concept in homogenous soils, the method in question is not suitable for non-homogenous soils, as it largely overestimates settlement at shallow depths (for z/B < 0.35) and underestimates it at greater depths (for z/B > 0.35; z is the depth below the footing and B is the footing width).

Keywords: strain influence factor; immediate settlement analysis; elastic settlements; Schmertmann’s method; Cone Penetration Test; water table correction factor
various researchers [2–7], who, however, kept the crude bilinear approximation. This semi-empirical approach is suggested by or included in various countries’ design codes and public agencies’ reference manuals, such as AASHTO, EN 1997-2 and Samtani and Nowatzki [8–10]. However, in the forthcoming revision of Eurocode 7 (prEN1997-3:202x), Schmertmann’s stress–strain method has been abandoned; it recommends instead the stress–strain method deriving from pure elasticity. An in-depth review of Schmertmann’s method has recently been offered by the author [11]. Indicatively, it is mentioned that independent studies [2,12–19] comparing the measured settlement of structures or full-size test footings with the respective settlement calculated with Schmertmann’s method indicate great deviation. This deviation can be attributed to the replacement of the actual curved $I_z$–$z/B$ relationship with a simplistic bilinear one, the way the embedment depth is taken into account, the plastic response of the ground and the fact that Schmertmann’s method was developed considering Poisson’s ratio values in the order of 0.4 to 0.5. For the latter, Mayne and Poulos [20] pointed out that accurate measurements using local strain devices mounted midlevel on soil specimens and measured internally to the triaxial cell have shown that the appropriate value of Poisson’s ratio for use in elastic continuum solutions for drained loading is $0.1 < \nu < 0.2$ for all soil types [20–22].

Strain influence factor values derived from the theory of elasticity can be found in various sources [23,24]; however, these are example curves referring to a very limited number of cases. In the present paper, the problem in question is studied on a systematic basis, giving strain influence factors for the most common cases met in practice—i.e., for uniformly loaded flexible and rigid circular footings, uniformly loaded flexible rectangular footings and triangular and trapezoidal embankment loading. The settlement under the so-called “characteristic point” of flexible footings is also investigated; the settlement under this point is considered to be the same as the uniform settlement of the respective rigid footing. The calculation of settlement based on strain influence factors (strain–strain method) offers the advantage of considering non-uniform elastic moduli profiles with depth (e.g., linearly varying modulus with depth or different elastic moduli due to soil stratification), such as those often obtained in practice using continues probing tests—e.g., the Cone Penetration Test (CPT) and Standard Penetration Test (SPT).

2. Derivation of the Strain Influence Factor Charts

Boussinesq [25] solved the problem of stresses produced at any point in a homogenous, elastic and isotropic medium as the result of a point load applied on the surface of an infinitely large semi-space. Following the notation of Figure 1, the increase in normal stresses caused by the point load $P$ is:

$$\Delta \sigma_x = \frac{P}{2\pi} \left( \frac{3x^2z}{L_1^3} - (1-2\nu) \left( \frac{x^2-y^2}{L_1r^2(L_1+z)} + \frac{y^2z}{L_1^3r^2} \right) \right)$$

$$\Delta \sigma_y = \frac{P}{2\pi} \left( \frac{3y^2z}{L_1^3} - (1-2\nu) \left( \frac{y^2-x^2}{L_1r^2(L_1+z)} + \frac{x^2z}{L_1^3r^2} \right) \right)$$

$$\Delta \sigma_z = \frac{3P}{2\pi} \frac{z^3}{(r^2 + z^2)^{3/2}}$$

where, $L_1 = \sqrt{x^2 + y^2 + z^2}$, $r = \sqrt{x^2 + y^2}$ and $\nu$ is the Poisson’s ratio [26].

The increase in the normal stress parallel to the $i$-axis due to loading over a whole surface area can be found by integrating the respective stress increase due to point loading over this area:

$$\Delta \sigma_i, S = \int_{x_1}^{x_2} \int_{y_1}^{y_2} \Delta \sigma_i(x,y,z).$$
Figure 1. Stresses in an elastic medium caused by a point load acting on the surface of a semi-infinite mass.

Note that the differentials of the variables $x$ and $y$ (i.e., $dx$ and $dy$) are included in $\Delta\sigma_i$ as the point force at an arbitrary point $(x,y)$ on the surface of the semi-infinite mass domain is $P=\int q dy dx$ (recall Equations (1)–(3); $q$ is the distributed load over the $dx \times dy$). The unit vertical strain can then be calculated from the constitutive relationship of Hooke’s law:

$$
\varepsilon_z = \frac{1}{E} \left[ \Delta\sigma_{z,S} - \nu \left( \Delta\sigma_{x,S} + \Delta\sigma_{y,S} \right) \right].
$$

(E is the modulus of elasticity of the compressible medium). The latter can be rewritten as:

$$
\varepsilon_z = \frac{ql_z}{E},
$$

where, $l_z$ is the non-dimensional strain influence factor:

$$
l_z = \frac{\Delta\sigma_{z,S} - \nu \left( \Delta\sigma_{x,S} + \Delta\sigma_{y,S} \right)}{q}.
$$

The settlement, $\rho$, at depth $z_i$ corresponding to a layer extending from $z_a$ to a lower depth $z_b$ derives from the integration of Equation (6) between these depths (apparently, at the foundation level, $z_a$ equals zero):

$$
\rho = \int_{z_a}^{z_b} \varepsilon_z dz = q \int_{z_a}^{z_b} \frac{l_z}{E} dz = q \sum_{z_a}^{z_b} \frac{l_z \Delta z}{E}.
$$

Thus, the problem is reduced to defining the proper $l_z$ factor reflecting the shape of foundation in plan view. Using the above equations with the integration limits summarized in Table 1, the $l_z$ versus normalized depth charts for circular and rectangular footings as well as for embankment loadings have been drawn (see Figures 2–7). More specifically, charts (a) to (d) of Figure 2 refer to distance equal to zero (i.e. at the center), $R/3$, $2R/3$ and $R$ (i.e. at the perimeter) from the center of flexible circular footings, whilst charts (e) and (f) refer to rigid circular footing on clay and sand, respectively. The case of “clay” is distinguished from the case of “sand” by the contact pressure distribution; these distributions are shown in Figure 8. More specifically, a contact pressure distribution of parabolic form, where the minimum and maximum pressure value is found at the center and edges of footing, respectively, is more suitable for clays. For smooth rigid footings on clean sand, the minimum and maximum contact pressure are observed at the edges and the center of the footing, respectively [2]. Figures 3 and 4 refer to the center and corner of $L/B = 1, 2, 3, 4, 5$ and 10 rectangular footings, respectively, where $B$ and $L$ are the width and length of footing. Figure 5 refers to point “O” of the symmetrical embankment shown in Figure 9. Figures 6 and 7 refer to point “O” and “Q” of the triangular embankment loading of finite length shown in Figure 9.
Figure 2. Cont.
Figure 2. $I_z$ versus normalized depth charts for various $\nu$ values for circular footings; $\nu$ ranges from 0.5 to 0 (left to right) with 0.1 interval.
Figure 3. Cont.
Figure 3. \( I_z \) versus normalized depth charts referring to the center of flexible rectangular footings for various \( \nu \) values; \( \nu \) ranges from 0.5 to 0 (left to right) with 0.1 interval.
Figure 4. Cont.
Figure 4. \( I_z \) versus normalized depth charts referring to the corner of flexible rectangular footings for various \( \nu \) values; \( \nu \) ranges from 0.5 to 0 (left to right) with 0.1 interval.
Figure 5. Cont.
Figure 5. $I_z$ versus normalized depth charts referring to point “O” of the symmetrical embankment loading of Figure 8a for various $\nu$ values; $\nu$ ranges from 0.5 to 0 (left to right) with 0.1 interval.
Figure 6. Cont.
Figure 6. $I_z$ versus normalized depth charts referring to point “O” of the triangular embankment loading of Figure 8b for various $\nu$ values; $\nu$ ranges from 0.5 to 0 (left to right) with 0.1 interval.
Figure 7. Cont.
Figure 7. $I_z$ versus normalized depth charts referring to point “Q” of the triangular embankment loading of Figure 8b for various $\nu$ values; $\nu$ ranges from 0.5 to 0 (left to right) with 0.1 interval.
Table 1. Integration limits for Equation (4).

| Shape of Footing   | Point of Application | Integration Limits                        |
|-------------------|----------------------|------------------------------------------|
| Flexible circular | Center ¹               | \( x_1 = -R \) to \( +R \)             |
| Rigid circular (uniform settlement) | Corner                  | \( x_2 = -R \) to \( +R \)             |
| Flexible rectangular | “O”                    | \( y_1 = -R \) to \( +R \)             |
| Trapezoidal embankment ² | (Figure 9a)            | \( y_2 = -\frac{3}{2} \sqrt{R^2 - x^2} \) |
| Triangular embankment | “O” or “Q”             | \( y_2 = +\infty \)          |

¹ Limits referring to one-quarter of the footing on plan view (double symmetry); ² limits referring to half embankment on plan view (single symmetry); ³ for the sloping part of the embankment; ⁴ for the flat part of the embankment.

\[
\sigma_c = \frac{1}{2} \frac{R}{\sqrt{R^2 - x^2}}
\]

\[
\sigma_c = \frac{3}{2} \frac{\sqrt{R^2 - x^2}}{R}
\]

*note: \( x \) measures from footing center*

Figure 8. Assumed contact pressure distribution for the case of rigid circular footing on (a) clay and (b) sand.

Figure 9. (a) Embankment loading of infinite length on both directions perpendicular to the figure and (b) triangular embankment loading.
For the two embankments of Figure 8, the loading has been expressed with respect to $x$ as follows:

$$q(x) = \begin{cases} 
\gamma H \left( 1 - \frac{x - \frac{b}{a}}{a} \right), & \text{for point "O" of Figure 8a} \\
\gamma H \left( 1 - \frac{x}{a} \right), & \text{for point "O" of Figure 8b} \\
\gamma H \left( \frac{x}{a} \right), & \text{for point "O" of Figure 8b} 
\end{cases}$$

where $\gamma$ and $H$ are the unit weight of the material and the height of the embankment, respectively; $x$ measures from the point where the settlement is calculated. The principle of superposition can be used for the calculation of the settlement at points other than “O” and “Q”. It is also noted that, in the special case of the embankment loadings, the quantity $\gamma H$ has been used in the denominator of Equation (7) instead of $q$ for producing a non-dimensional $I_z$ factor.

3. Suitability of the “Characteristic Point” Concept in a Stress–Strain Analysis Framework

The charts of Figure 3 could be used for the calculation of the settlement of flexible rectangular footings at the so-called “characteristic point”, $\rho_{\text{Char}}$ [27,28]. The settlement at the characteristic point of a flexible footing is considered to be the same as the uniform settlement of the respective rigid footing, $\rho_R$. According to Grasshoff [27], the characteristic point of circular footings lies at distance 0.845$R$ from the center, whilst it lies approximately at distance 0.74$B$/2 and 0.74$L$/2 from the center of the $B \times L$ rectangular footings; $B$ and $L$ are the width and length of the footing, respectively, whilst $R$ is the radius of the circular footing. As shown in Figure 10a, the settlement at the characteristic point of flexible footings effectively approximates the settlement of the respective rigid footings, but only for Poisson’s ratio values of soil smaller than 0.45. As $\nu$ approaches 0.5, an abrupt reduction in the $\rho E/qB$ value is observed (see Figure 10b). Such behavior is not observed for the respective $\rho E/qB$ values of the flexible footing. The settlement of rigid rectangular footings was calculated using the three-dimensional finite element program rsetl3d developed by Professors D.V. Griffiths and G. Fenton (the program in question is freely available at http://random.engmath.dal.ca/RFEM/) [29]. In this parametric analysis, various cases were considered, i.e. rigid rectangular footings with $L/B = 1, 1.8, 3.2, 5.6$ and 10 over homogenous elastic medium with $\nu = 0, 0.1, 0.2, 0.3, 0.4, 0.45$ and 0.499, and normalized thickness ($H/B$) of the medium ranging from 1 to $z/B$ with 0.5 interval (plus the case of $2z/B$); $H$ is the thickness of the compressible medium. The footing width, $B$, was kept constant and equal to 1 m for all 210 cases analyzed. Eight-noded cubic elements of edge 0.1 m were used. The settlement at the characteristic point was calculated based on the theory of elasticity [30] using Wolfram Mathematica.

As shown in the $I_z$ vs. normalized depth charts of Figures 11 and 12 for circular and strip footings, respectively, the case of rigid footings deviates greatly from the respective one referring to flexible footings at the characteristic point and despite the fact that the areas bounded by the two curves in each chart are (approximately) equal. This means that the “characteristic point” concept, although suitable for homogenous soils (at least for $\nu$ values smaller than 0.45), is not suitable for non-homogenous soils, as it largely overestimates the settlement near the footing (for $z/B < 0.35$) and underestimates it at greater depths (for $z/B > 0.35$); $B$ is the footing width. The contact pressure distribution used for the case of rigid circular footings is given in Figure 8a, whilst the contact pressure distribution for the case of rigid strips is given below [31]:

$$\sigma_c = \frac{2}{\pi} \frac{b}{\sqrt{b^2 - x^2}},$$

where $b$ is the half width of the strip while $x$ measures from the centerline of the stip.
with the probing test data (e.g., CPT, SPT). However, if for any reason the water table were to rise into
the multiplication of
Adopting either Equation (11) or Equation (12), the strain influence factor charts presented herein
can be used for determining the areas \( A_w \) and \( A_l \). The updated settlement value derives, finally, from
the soil stiffness, and thus additional settlement is induced. Several researchers attempted to quantify
this phenomenon, suggesting a suitable water table correction factor, \( C_w \) [2,32–38]; in these studies,
\( C_w \) is related to the depth of the water table measured from the foundation level (this depth defines
the unsaturated zone), the embedment depth of footing and the footing width. A critical review of these
approaches is out of the scope of the present paper; besides, this has already been done by
Shahriar et al. [39]. Very recently, based on laboratory model tests in sands and numerical modeling,
the same authors [40,41] concluded to the following expression for \( C_w \):

\[
C_w = 1 + (C_{w,max} - 1)(A_w / A_l)^n,
\]

(11)

where \( n \) and \( C_{w,max} \) are site-specific parameters depending on the relative density of sand and the shape
of footing, whilst \( A_w \) and \( A_l \) are areas on the influence factor diagram corresponding to the “submerged”
and total area, respectively (apparently up to the influence depth of footing). Shahriar et al. [40] suggested that \( C_{w,max} \) be determined by model tests, measuring the additional settlement induced after inundating the entire sand; generally, the \( C_{w,max} \) is greater in loose sands. \( n \), also according to Shahriar et al. [40], can be assumed as unity for all practical purposes, especially as a first estimate. Das [42] suggests that Equation (11) be simplified as follows:

\[
C_w = 1 + A_w / A_l.
\]

(12)

Adopting either Equation (11) or Equation (12), the strain influence factor charts presented herein
can be used for determining the areas \( A_w \) and \( A_l \). The updated settlement value derives, finally, from
the multiplication of \( \rho \) given by Equation (8) with \( C_w \).

It is noted that this correction is not necessary if the soils’ elastic modulus is taken from relations
with the probing test data (e.g., CPT, SPT). However, if for any reason the water table were to rise into
or above the zone of influence \( z_l \) after the penetration tests were conducted, this correction is necessary
for the soil layers, being between the initial and new water table level (see also [2,43,44]).

At this point, the author would like to mention that various researchers express the opinion that
the degree of saturation has only a minor effect on the \( q_c \) value of the CPT test [45–49] and in turn, on
the elastic modulus of soil and the settlement of footing. Other researchers (e.g., [50]) observed that \( q_c \)
is influenced to a great extent by the water table depth (due to suction), so that \( q_c \) increases.
Figure 11. $I_z$ versus normalized depth charts for various $\nu$ values of soil ((a–f) for $\nu = 0$ to 0.5 with 0.1 interval), comparing the case of rigid circular footing with the respective flexible footing at the characteristic point.
Figure 12. $I_z$ versus normalized depth charts for various $\nu$ values of soil ((a–f) for $\nu = 0$ to 0.5 with 0.1 interval), comparing the case of rigid strip footing with the respective flexible strip footing at the characteristic point.
5. Discussion

The discussion herein is facilitated through an application example. Let there be a flexible rectangular footing with $B = 2.6$ m and $L/B = 2$. The footing is founded on the surface of a soil medium for which the tip resistance ($q_c$) of the CPT apparatus is known; see the $q_c$–$z/B$ chart in Figure 13a. The $q_c$ value is available every 0.05 m (that is, $\Delta z = 0.05$ m). Poisson’s ratio of soil is $\nu = 0.3$ (assumed to be the same throughout the soil mass). The $I_z$–$z/B$ curve for the Poisson’s value in question has also been drawn on the same chart (curve also appearing in Figure 3b). This curve is effectively represented ($R^2 = 0.9999$) by the following polynomial (MS Office Excel was used):

$$ I_z(\nu = 0.3; L/B = 2) = -0.0294\left(\frac{z}{B}\right)^6 + 0.3303\left(\frac{z}{B}\right)^5 - 1.4858\left(\frac{z}{B}\right)^4 + 3.37\left(\frac{z}{B}\right)^3 - 3.8694\left(\frac{z}{B}\right)^2 + 1.6464\left(\frac{z}{B}\right) + 0.5036. $$  

(13)

The $I_z$–$z/B$ curve for any $\nu$ value can easily be reproduced using an adequate number of points in a spreadsheet. Additionally, if the soil mass consists of successive layers with different $\nu$ values, the $I_z$–$z/B$ curve corresponding to the correct $\nu$ value should be used for each layer.

The elastic modulus of soil is often obtained from soil probing tests (e.g., CPT or SPT) relying on an empirical relationship. Indeed, tens of such relationships correlating probe test parameters with $E$ exist in literature (e.g., [4,24,51–56]). The most common forms of these relationships referring to the CPT and SPT tests are summarized below:

$$ E = \begin{cases} 
    a_E q_c \\ 
    a_E q_c + b_E \\ 
    a_E (q_t - \sigma_{vo}) \\ 
    a_E N + b_E \text{ or } a_E (N + b_E) \\ 
    a_E N_{pc} (b_E = 0.5 \text{ or } 1) \\ 
    a_E \ln N
\end{cases} \quad \text{for the CPT test} $$

(14)

$$ E = \begin{cases} 
    a_E q_t \\ 
    a_E q_t + b_E \\ 
    a_E (q_t - \sigma_{vo}) \\ 
    a_E N + b_E \text{ or } a_E (N + b_E) \\ 
    a_E N_{pc} (b_E = 0.5 \text{ or } 1) \\ 
    a_E \ln N
\end{cases} \quad \text{for the SPT test} $$

where $a_E$ and $b_E$ are empirical coefficients, $N$ is the number of blows required for 12 inches penetration resistance of the soil, $\sigma_{vo}$ is the vertical geostatic stress and $q_t$ is the corrected cone resistance. The coefficients $a_E$ and $b_E$ are site-specific and depend on the type and relative density of the soil and whether the soil is normally consolidated or overconsolidated, as well as whether it is saturated or not. In the present example, an empirical correlation of the form $E = a_E q_c$, has been used. Therefore, for the example examined herein, Equation (8) can be rewritten as follows:

$$ \frac{a_E p}{q} = \frac{2.6B}{L} \sum_{i=0}^{L} I_z \Delta z/q_i. $$

(15)

According to Terzaghi et al. [2], the influence depth of footing is approximately equal to $z_f = 2B(1 + \log L/B)$; in this respect, 2.6B. The $I_z \Delta z/q_i$–$z/B$ chart is given in Figure 13b for $z/B$ up to 3B, giving, in essence, the contribution of each soil substratum of thickness $\Delta z$ to the settlement of footing. The cumulative $I_z \Delta z/q_i$ values with respect to $z/B$ are given in Figure 13c. $z/B$ is the depth in normalized form.

The footing shape is also known to affect the modulus of elasticity of soil and, in turn, the elastic settlement of footing. For considering the effect of the footing shape on the elastic settlement, Schmertmann et al. [24] and later Terzaghi et al. [2] adopted Lee’s [57] $E_{pl}/E_t = 1.4$ relationship between the axisymmetric and the plane strain loading case ($E_p$ and $E_t$ are the triaxial and plane strain moduli, respectively; the validity of Lee’s relationship is discussed by the author in in [11]). In this respect, Terzaghi et al. suggested the following interpolation function:

$$ E_{BsL} = E_{BsB}(1 + 0.41 \log L/B). $$

(16)
However, the author [58,59] has shown that the correct relationship is:

$$E_{BxL} = E_{BxB}(1 + \log L/B).$$  \hspace{1em} (17)

Apparently this value is smaller than the constrained modulus of soil [60], also known as the oedometer modulus.

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**Figure 13.** Charts referring to the application example: (a) $I_z - z/B$ and $q_c - z/B$ curves, (b) $I_z \Delta z/q_c - z/B$ and $I_z - z/B$ curves and (c) cumulative $I_z \Delta z/q_c - z/B$ curve.
This produces the very interesting observation that the empirical correction for the modulus of elasticity of soil of Equation (17) seems to cancel out the adverse effect of the second (long) dimension of footing on the elastic settlement [58]. This is due to the extra confinement offered by the longer footing. The confinement, as can be observed on the surface of saturated beach sand, is indicated in Figure 14. It is mentioned that the general mechanism of the embedment depth is very similar, which however acts around the perimeter of footing whilst its effect depends on the weight of the surrounding soil mass, \( \gamma D_f \) (embedment correction factors have been suggested by [1,2,20,43,61–64]). Thus, for the example examined here, Equation (15) becomes:

\[
\frac{aE\rho}{q} = \frac{2.6B}{q_c(1 + \log L/B)} = \frac{2.6B}{1.3q_c}. \tag{18}
\]

Figure 14. Dilation of sand around the footing. Pictures showing the case of foot on saturated beach sand. A longer footing of the same width increases the confinement of sand and, in turn, its modulus. The favorable effect of the second dimension of footing weakens as \( L \) increases.

Ignoring the empirical correction of Equation (17), the problem is reduced to finding the settlement of the respective \( B \times B \) footing, or better, the settlement of a circular footing having an equivalent diameter equal to \( 2B/\sqrt{\pi} \) [58]. However, because the influence depth of the circular footing is smaller, the analysis should be based on a homogenous soil medium having equivalent elastic constants; such an equivalent medium effectively reflects the influence of all soil strata up to the influence depth of the original \( B \times L \) footing [65]. According to the author [65], this can be found by equating the derived settlement (without the footing shape correction mentioned above) with the settlement derived from elastic theory (Steinbrenner’s [30] or Harr’s [66] solutions can be used). In this respect, Steinbrenner’s [30] solution will be used. For the center of the footing, this has the form:

\[
\rho_{\text{Steinbrenner}} = 4B \left( \frac{B}{2} \right) \frac{1 - \nu^2}{E} l_s, \tag{19}
\]

where \( l_s \) is a dimensionless factor taking into account the shape of footing and the thickness and Poisson’s ratio of the compressible stratum, i.e., \( l_s = F_0(\nu L/H, H/B) \). \( H \) is the thickness of the compressible stratum or the influence depth of footing (whichever of the two is smaller). More specifically,

\[
l_s = F_1 + \frac{1 - 2\nu}{1 - \nu} F_2, \tag{20}
\]
with

\[
F_1 = \frac{1}{\pi} (A_0 + A_1),
\]

\[
F_2 = \frac{n}{2\pi} \tan^{-1}\left(\frac{m}{m \sqrt{m^2 + n^2} + 1}\right),
\]

\[
A_0 = m \ln \left(\frac{1 + \sqrt{m^2 + 1}}{\sqrt{m^2 + n^2}}\right),
\]

\[
A_1 = \ln \left(\frac{m + \sqrt{m^2 + 1}}{m + \sqrt{m^2 + n^2}}\right).
\]

\( m = L / B (=2) \) and \( n = 2H / B (=2.26 = 5.2) \).

From Equations (15) and (17) and for an influence depth of footing equal to \( 2.6B \) (i.e., \( 6.76 \) m):

\[
\sum_{0}^{2.6B} \frac{I_a \Delta z}{a E q_c} = 4q \left(\frac{B}{2}\right) \left(1 - \nu_{eq}^2\right) I_a (\nu_{eq}, L / B, H / B).
\]

The latter is solved as for \( E_{eq} \):

\[
E_{eq} = 2B \left(1 - \nu_{eq}^2\right) I_a (\nu_{eq}, L / B, H / B) / \sum_{0}^{2.6B} \frac{I_a \Delta z}{a E q_c},
\]

where \( \nu_{eq} \) is also unknown. According to Pantelidis [65], however, any equivalent elastic constant pair of values satisfying Equation (26) not only returns the same maximum settlement value (as expected) but also produces the same settlement profile. Adopting Schmertmann’s [24] \( a_E = 2 \) value for illustrating purposes, the denominator in Equation (26) equals 0.182 m/MPa (recall Figure 13c). Assume, now, that \( \nu_{eq} = 0, I_s = 0.591 \) and thus \( E_{eq} = 16.89 \) MPa. If \( \nu_{eq} = 0.3, I_s = 0.567 \) and, thus, \( E_{eq} = 14.74 \) MPa. Both solutions (i.e., \( [16.89, 0], [14.74, 0.3] \)) are correct as, as mentioned, they produce the same settlement profile. More specifically, from Figure 13c the settlement per unit loading (\( \rho / \eta \)) if \( a_E = 2 \) is 0.182 m/MPa. Using Steinbrenner’s formula with the equivalent elastic parameters, the \( \rho / \eta \) ratio is also equal to 0.182 for both \( E_{eq} = 16.89 \) MPa, \( \nu_{eq} = 0 \) and \( E_{eq} = 14.74 \) MPa, \( \nu_{eq} = 0.3 \) pair of values.

Applying the correction for the footing shape of Equation (17), the \( \rho / \eta \) ratio becomes equal to 0.182/1.3 = 0.140 m/MPa. For the respective square footing with an edge \( B = 2.6 \) m and influence depth equal to \( 2B \), the \( \rho / \eta \) ratio using Steinbrenner’s formula is 0.138 m/MPa (no correction is needed). Thus, the same settlement is obtained.

Since the settlement of a square footing is approximately equal to the respective circular footing having the same area on plan view (that is, having a diameter \( 2B / \sqrt{\pi} \)), the settlement of the \( B \times L \) rectangular footing could be calculated based on the respective circular footing with the use of the equivalent elastic constants of soil and ignoring the correction for footing shape. The following analytical expressions could be used for rigid circular footings on clay and sand:

\[
\rho_{\text{Rigid, clay}} = \frac{3\pi}{4} \left(\frac{2R}{E}\right) (1 - \nu^2) \left[\frac{2}{\pi} \arctan \left(\frac{H}{R}\right) - \frac{1}{\pi (1 - \nu)} \left(\frac{H}{R} + \frac{R}{H}\right)^{-1}\right],
\]

\[
\rho_{\text{Rigid, sand}} = \frac{3\pi}{8} \left(\frac{2R}{E}\right) (1 - \nu^2) \left[\frac{\nu}{\pi (1 - \nu)} \frac{H}{R} \left(\frac{H}{R} - 2\right) + \frac{2}{\pi} \left(1 - \frac{\nu}{1 - \nu} \left(\frac{H}{R}\right)^2\right) \arctan \left(\frac{H}{R}\right)\right]^{-1},
\]
For completeness, the settlement at the center of flexible circular footing, which rather corresponds to footing on clay soil, is:

\[
\rho_{\text{Flex, center}} = \frac{(2R)q}{E} \left( 1 - \nu^2 \right) \left[ 1 - \frac{1}{\sqrt{1 + \left( \frac{H}{R} \right)^2}} + \frac{1 - 2\nu}{2(1 - \nu)} \frac{H}{R} \left( 1 - \frac{1}{\sqrt{1 + \left( \frac{H}{R} \right)^2}} \right) \right].
\] (29)

As \( H \to \infty \), the term in the square brackets in Equations (27) to (29) tends to unity, thus:

\[
\rho_{\text{Rigid, clay}} = \frac{\pi}{4} \frac{(2R)q}{E} \left( 1 - \nu^2 \right),
\] (30)

\[
\rho_{\text{Rigid, sand}} = \frac{3\pi}{8} \frac{(2R)q}{E} \left( 1 - \nu^2 \right),
\] (31)

\[
\rho_{\text{Flex, center}} = \frac{(2R)q}{E} \left( 1 - \nu^2 \right).
\] (32)

Thus, from Equation (29) using \( R = B/\sqrt{\pi} = 1.47 \text{ m}, H = 4R = 5.87 \text{ m} \) and the equivalent elastic constants, the \( \rho/q \) ratio is 0.142 m/MPa, that is, approximately equal to the 0.138 m/MPa value obtained previously. If the \( B \times L \) footing considered in this example was rigid and on the surface of clay or sand, the \( \rho/q \) ratio would be 0.105 and 0.173 m/MPa using Equations (27) and (28) respectively. It is reminded that, for comparison purposes, the two materials share the same elastic modulus value.

Finally, it is mentioned that the \( E_{eq} = 16.89 \text{ MPa} \), which stands for \( \nu_{eq} = 0 \), is the proper value for use in a Winkler spring type of analysis, as a Poisson’s ratio value equal to zero better represents the deformation pattern of springs.

6. Summary and Conclusions

In this paper, the problem of calculating the elastic settlement of footings relying on the stress–strain method has been revisited, offering a great number of strain influence factor charts covering the most common cases met in civil engineering practice. The calculation of settlement based on strain influence factors has the advantage of considering elastic moduli values rapidly varying with depth and also the convenient calculation of the correction factor for future water table rise into the influence depth of footing. As known, when the water table rises into the influence zone of footing, it reduces the soil stiffness, and thus additional settlement is induced. The proposed factors refer to flexible circular footings (at distances 0, \( R/3 \), 2\( R/3 \) and \( R \) from the center; \( R \) is the radius of footing), rigid circular footings, flexible rectangular footings (at the center and at the corner), triangular embankment loading of width \( B \) and length \( L \) (\( L/B = 1, 2, 3, 4, 5 \) and 10) and trapezoidal embankment loading of infinite length and various widths. The strain influence factor values are given for a Poisson’s ratio value ranging from 0 to 0.5 with 0.1 interval.

The compatibility of the so-called “characteristic point” of flexible footings with the stress–strain method has also been investigated. The study of settlement values from 210 different cases of rigid footings on homogenous medium (values derived from 3D finite element analysis) showed that the characteristic point concept is highly reliable but only for an analysis under drained conditions. Despite of the effectiveness of the “characteristic point” concept in homogenous soils, the method in question is not suitable for non-homogenous soils, as it largely overestimates settlement near the footing (for \( z/B < 0.35 \)) and underestimates it at greater depths (for \( z/B > 0.35 \); \( z \) is the depth and \( B \) is the footing width).

The proposed charts can also be used for replacing the original non-homogeneous medium with a homogenous one having equivalent elastic constant values. The equivalent homogenous medium gives the same settlement profile as the original one. This is an intermediate step for calculating the settlement of rigid rectangular footings on sands or clays based on the settlement of the respective circular footing. The reduction of the problem of a \( B \times L \) footing to the problem of the respective
circular one is possible due to the effect of the shape of footing on the elastic modulus of soil. Finally, the equivalent elastic modulus corresponding to a Poisson’s ratio value equal to zero can also be obtained. This value is of particular importance, as this is the proper value for use in a Winkler spring type of analysis as a Poisson’s ratio value equal to zero better represents the deformation pattern of springs.

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