Direct Comparison of $^{19}$F qNMR and $^1$H qNMR by Characterizing Atorvastatin Calcium Content

Yang Liu, Zhaoxia Liu, Huaxin Yang, and Lan He

National Institutes for Food and Drug Control, Beijing 100050, China

Correspondence should be addressed to Lan He; helan_nifdc@126.com

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Quantitative nuclear magnetic resonance (qNMR) is a powerful tool in measuring drug content because of its high speed, sensitivity, and precision. Most of the reports were based on proton qNMR ($^{1}$H qNMR) and only a few fluorine qNMR ($^{19}$F qNMR) were reported. No research has been conducted to directly compare the advantage and disadvantage between these two methods. In the present study, both $^{19}$F and $^1$H qNMR were performed to characterize the content of atorvastatin calcium with the same internal standard. Linearity, precision, and results from two methods were compared. Results showed that $^{19}$F qNMR has similar precision and sensitivity to $^{1}$H qNMR. Both methods generate similar results compared to mass balance method. Major advantage from $^{19}$F qNMR is that the analyte signal is with less or no interference from impurities. $^{19}$F qNMR is an excellent approach to quantify fluorine-containing analytes.

1. Introduction

Quantitative nuclear magnetic resonance (qNMR) has been widely utilized in pharmaceutical analysis [1–3], natural products characterization [4, 5], and reference substances quality control [6–9]. This technique has several advantages including fast sample preparation, no necessity for reference material, and generating both structure information and quantification result in one experiment. Currently, most of the qNMR reported are proton qNMR ($^{1}$H qNMR). For some analytes, choosing a suitable internal standard (IS) is often challenging since the response signals in $^{1}$H NMR are generally from $\delta$ 0 to 15 and signal overlapping occurs easily. When an analyte is mixed with various excipients in medicines or different metabolites in body fluids, the deployment of $^{1}$H qNMR might be impossible due to severe signals overlapping. Some groups reported the application of heteronuclear 2D qNMR techniques which can avoid the signal overlapping mentioned previously [10, 11]. But these 2D qNMR are time consuming (more than two hours) and the results are easily affected by T2 and coupling constant which are generally not a crucial parameter in 1D qNMR [10].

$^{19}$F NMR has been utilized in characterizing fluorine-containing pharmaceutical and metabolites in complicated matrices [12, 13] since drug excipients or body fluids barely contain fluorine and do not interfere with analytes. One major advantage of $^{19}$F NMR is that signals in $^{19}$F NMR barely overlap due to its broad response range (ca. $\delta$ −200 to 100) which makes the selection of IS in $^{19}$F qNMR much easier than in $^{1}$H qNMR. Several groups have reported the deployment of $^{19}$F qNMR in characterizing pharmaceutical [14, 15], metabolites [16], and biooils [17].

Both $^{1}$H and $^{19}$F qNMR have their advantages and drawbacks. Although $^{1}$H qNMR is potentially applicable to any analyte containing proton, the application of this method is limited when analytes are in complicated matrices. And the selection of IS should be careful to avoid interference with the analyte. On the contrary, interference from matrices or IS seldom happens in $^{19}$F qNMR.

There is no direct comparison of $^{19}$F qNMR and $^{1}$H qNMR such as signal sensitivity, linearity, and RSD. To fully understand the applicable conditions of these two methods, we chose 4,4'-difluorodiphenylmethane which has both hydrogen and fluorine atoms as an IS to analyze the content of
2. Materials and Methods

2.1. Materials and Analyte Preparations. 4,4'-Difluorodiphenylmethanone was purchased from TCI Chemicals (>99.0%, Shanghai, China); atorvastatin calcium was from Ranbaxy Laboratories (94.7%, Gurgaon, India); and DMSO-

2. Instrument Conditions. All of the 19F and 1H experiments were acquired at 298 K using a Bruker Ascend 500 M spectrometer with a BBO probe at 470.61 MHz and 500.15 MHz, respectively. For 19F qNMR, the experiments were under the following parameters: 90° pulse angle, center offset (O1P) = 6.15 ppm, 64K data points, 16 scans, and relaxation time (D1) = 15 s. For 1H-qNMR, the following parameters were applied: 30° pulse angle, O1P = 6.15 ppm, 64 K data points, 16 scans, and relaxation time (D1) = 15 s.

2.3. Processing Parameters. Data was processed on TopSpin 2.1 software with 0.3 Hz exponential apodization applied to FID. Manual phase correction and signal integrations were performed corresponding to the IS signals and analyte signals. 19F NMR shift was adjusted with CF2-COOH (δ = −76.2) and 1H NMR shift was referenced to tetramethylsilane.

2.4. Content Calculation Formula. The content of analyte was calculated by

\[
W_i (%) = \frac{(A_i/n_i) \times M_i \times m_i}{(A_r/n_r) \times M_r \times m_r} \times P \times 100\%.
\]  

where \( A_i \) and \( A_r \) are the signal response of the analyte and IS, \( n_i \) and \( n_r \) are the number of spin atoms (fluorine in 19F and proton in 1H qNMR) in the analyte and IS, \( M_i \) is the molecular weight of analyte (1155.4 g/mol), \( M_r \) is the molecular weight of IS (218.2 g/mol), \( m_i \) and \( m_r \) are the mass of the analyte and IS, and \( P \) is the purity of the IS.

3. Result and Discussion

3.1. Optimization of Experiment Parameters. Relaxation time (D1) is an essential parameter in qNMR experiments. D1 should be more than 5 times of longitudinal relaxation \( T1 \) to make sure more than 99% of nuclei return to their equilibrium status [18]. \( T1 \) in 19F and 1H qNMR experiments were determined by an inversion recovery method. \( T1 \) of the analyte signals in 19F and 1H experiments were found to be 0.86 s and 2.18 s, respectively. \( T1 \) of the IS in 19F and 1H experiments were 1.80 s and 2.97 s. So D1 in both 19F and 1H qNMR experiments were set as 15 s to make sure the full relaxation is achieved before next repulsion.

Transmitter offset (O1P) and spectral width (SW) are another two important parameters in qNMR experiments. In 1H qNMR experiments, default O1P (6.175 ppm) and SW (20 ppm) settings worked well. On the contrary, O1P and SW in 19F qNMR experiments must be manually modified. When default O1P (−100 ppm) and SW (241 ppm) were used, the spectrum is difficult to perform phase and baseline correction. In this study, the signals of analyte and IS appeared at δ = −113.9 and −104.4, respectively. So O1P was set at the center of two signals δ = −108. Meanwhile, it is reported that response signals should not locate at the edge of a spectrum to avoid distortion [19]. Here, SW was set at 60 ppm to fulfill the requirement.

3.2. Selection of Analyte Signals and IS Signals. In 1H qNMR experiments, the multiple signals of the analyte are distributed from around δ 1.0 to 8.0. Signals at δ 7.5 and 7.4 from the analyte and IS, respectively (Figure 2), were chosen for content calculation. Meanwhile, wide response range in a 19F qNMR spectrum makes the selection of IS easy and straightforward. Signals overlapping in a 19F qNMR
experiment rarely occur. Generally, any fluorine-containing compound with high purity which does not react with the analyte is eligible as an IS in $^{19}$F qNMR experiment. Here, 4,4'-difluorodiphenylmethanonewas utilized (Figure 3).

3.3. Method Validation

3.3.1. Linearity and Range. $^{19}$F and $^1$H qNMR methods were validated (Table 1). The linearity of both methods was measured by using the solutions prepared by dissolving desired amount of analyte and IS in one tube. The ratio of calculated analyte mass to added analyte mass was fitted to a linear curve. The correction coefficient showed that both $^{19}$F and $^1$H methods had good linearity within 3.21–20.34 mg/mL concentration ranges with $R^2 > 0.99$.

| Table 1: Method validation of $^{19}$F and $^1$H qNMR measurements. |
|---------------------------------------------------------------|
| **Linearity, $r$**                                           | $^{19}$F qNMR | $^1$H qNMR |
| Precision ($n=6$)                                             | 0.9999        | 0.9999      |
| RSD (%)                                                      | 0.49          | 0.82        |
| Repeatability ($n=6$)                                         | 0.73          | 0.62        |
| RSD (%)                                                      | 1.34          | 1.02        |
| LOQ (mg/mL)                                                  |               |             |

3.3.2. Precision, Repeatability, and Stability. Precision tests were carried out by testing the same solution six times. The repeatability experiments were achieved by characterizing six independent solutions containing both analyte and IS. The RSD of precision and repeatability indicates the good accuracy of the both methods. The stability of solutions was assessed by analyzing one analyte at 1, 2, 4, 6, and 8 hours intervals. The results indicated that both atorvastatin calcium and IS are stable after 8 hours in solution.

3.3.3. Limit Of Quantification (LOQ). LOQ are calculated as $10 \sigma / S$ where $\sigma$ is the standard deviation (SD) of the Y intercepts and $S$ means the slope of linearity curve [20]. It was found that the LOQ in $^{19}$F qNMR is similar to that from $^1$H qNMR.

3.4. Comparison Results from $^1$H and $^{19}$F qNMR (Table 2). Mean of six results from independent solutions was calculated. The content of atorvastatin calcium is 93.1% from $^{19}$F qNMR and 95.3% from $^1$H qNMR. Both results are
consistent with that from mass balance method (94.7%). The major reason that lowers the purity values is water content in analytes. Both $^{19}$F and $^1$H qNMR can generate accurate results in determining the content of atorvastatin calcium.

4. Conclusions

For the first time, $^{19}$F and $^1$H qNMR were performed and directly compared with the same analyte and IS. Method validation data showed that $^{19}$F qNMR has similar accuracy, sensitivity, and reproducibility to $^1$H qNMR. The quantitative results from the two methods are comparable to that from mass balance measurement. $^{19}$F qNMR is valuable in quantitatively analyzing fluorine-containing analytes which are co-dissolved with excipients, body fluids, or various metabolites. $^{19}$F qNMR can be widely applied in early drug research and development as well as clinical trials.

Competing Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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