Case report: paravalvular leak as a complication of percutaneous catheter ablation for atrial fibrillation

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Abstract
An increasing number of reports reveal the safety and efficacy of catheter ablation for atrial fibrillation therapy even in patients with a history of prosthetic heart valve. This case report presents a 60 year old female patient who had a prosthetic mitral paravalvular leak as a complication of radiofrequency ablation. Surgery revealed a 15 mm hole and three broken knots in the posterolateral mitral annulus. This report demonstrates radiofrequency ablation for atrial fibrillation in patients with prosthetic mitral valve may cause a paravalvular leak likely as a result of thermal injury. Moreover, patient can be asymptomatic at first. The clinician should keep in mind such complication and the patient should be evaluated in terms of paravalvular leakage.

Keywords: Paravalvular leak, Percutaneous catheter ablation, Prosthetic heart valve

Background
Since its first description in 1982 [1], radio frequency catheter ablation (RFA) has evolved to its present role as first-line therapy for most supraventricular arrhythmias [2-6]. The growing acceptance of this procedure has been brought about by an increasing number of reports revealing the safety and efficacy of catheter ablation for atrial fibrillation (AF) therapy. Reported complications of RFA include stroke, pericardial tamponade, valvular injury, pulmonary embolism, atrio-esophageal fistula and significant pulmonary vein (PV) stenosis [4-6]. We report the case of a patient with a history of mechanical mitral valve replacement (MVR) who had a paravalvular leak as a complication of RFA for AF therapy. This case is presented in order to draw attention to this rare presentation which has never been previously reported in the medical literature.

Case presentation
A sixty-year-old woman with the posterolateral prosthetic paravalvular leak (PVL) was referred to our clinic for surgical repair. She had a history of closed mitral commissurotomy 47 years ago, a prosthetic mitral valve replacement (MVR) in 1975 and a redo MVR in 2005 due valve dysfunction by pannus formation. Moreover, 1 years ago, she had undergone a pulmonary vein isolation (PVI), left atrium and mitral isthmus roof lines ablation for symptomatic persistent AF in another hospital, using CARTO mapping system (Biosense, Diamond Bar, CA, USA) and an irrigation ablation catheter (Biosense, ThermoCool SF Catheter, USA). Furthermore, RFA was delivered at pulmonary veins for up to 30 W and at both lines up to 35 W with a temperature limitation of 50°C. Despite successful conversion to sinus rhythm she developed progressive cardiac failure in months. Third month later, after the percutaneous ablation, she was classified as decompensating heart failure in New York Heart Association (NYHA) stage four. Transthoracic echocardiography revealed a moderate PVL with an ejection fraction of 60%. Transesophageal echocardiography (TEE) demonstrated moderate to severe posterolateral prosthetic PVL (Figure 1). She was referred for surgery as she refused percutaneous closure of PVL. This patient was under echocardiography follow-up every three months, which were not revealed any PVL or pulmonary hypertension before the procedure, but three months after the RFA. After hospitalization, she underwent a coronary angiography, which revealed no obstructive lesions in coronary arteries.
Following a full-resternotomy, pericardial adhesions were separated by sharp dissection, then cardiopulmonary bypass was initiated by aortic and bicaval venous cannulation. Systemic temperature was actively cooled down to 32°C. Following aortic cross-clamping, myocardial protection was achieved with antegrade and retrograde cold blood cardioplegia. The left atrium was reached by trans-septal approach. A 15 mm defect was detected between mechanical valve and posterolateral mitral annulus where knot of 3 sutures was found to be broken (Figure 2). The defect was successfully repaired using separated 2-0 pledgeted sutures (Figure 3). Immediately before declamping hot shot solution was administered. After declamping the heart was in nodal rhythm, therefore 5 mcg/kg/min dopamine infusion and VVI pacing via 2 epicardial pacing leads was initiated. Cardiopulmonary bypass ended 50 minutes after its initiation. Intraoperative control TEE did not reveal any PVL and patient was transferred to the intensive care unit (ICU). She was extubated within 12 hours and dopamine infusion was stopped. On the second postoperative day, normal sinus rhythm returned and she was transferred out of the ICU. On the fourth postoperative day atrial fibrillation occurred which was converted into sinus rhythm by amiodarone. The patient was successfully
discharged on the 7th day postoperatively in sinus rhythm and completed the 1-year follow-up without complications.

Discussion
Atrial fibrillation is the most common cardiac rhythm disturbance, with a prevalence estimated at 0.5% of the population [7]. It frequently arises from an abnormal focus near the junction of the pulmonary veins and the left atrium. RFA is a widely used technique as a first-line therapy for a variety of supraventricular arrhythmias with a low incidence of complication. Studies generally report short-term recurrence rates up to 30%, requiring repeat ablations. Moreover, if early recurrence does not occur longer-term recurrence rates are reported lower, in the range of 1-2% per year [8,9]. American Heart Association (AHA) suggests catheter ablation in patient with symptomatic paroxysmal AF or selected patients with symptomatic persistent AF [10].

Serious complications, including cardiac tamponade, pulmonary embolism, inferior myocardial infarction, significant PV stenosis or PV thrombosis, valvular injury, atrio-esophageal fistula and stroke are likely in the 1%–5% range.

Our report reveals PVL as a complication of this procedure in a patient with recent prosthetic mitral valve replacement. PVL is a well-known complication of prosthetic valve implantation, with an estimated incidence of 3% to 6% [11]. PVL can be asymptomatic or can have significant clinical consequence, such as congestive heart failure, hemolytic anemia, and infective endocarditis. Clinical success rates of percutaneous PVL repair approach 80% to 90% in selected patients [11].

Recent reports revealed favorable outcomes of RFA for atrial fibrillation therapy in patients with previous MVR. Moreover, PVL has never been previously reported after RFA [12,13].

Our report shows that during the RFA of left atrium, suture knots can be damaged by catheter induced thermal injury and PVL might develop. Interestingly, this complication has not been noticed immediately after treatment, but just after the development of heart failure.

Conclusion
Radiofrequency ablation for atrial fibrillation in patients with prosthetic mitral heart valve may cause a paravalvular leak which can be asymptomatic at first. The clinician should keep in mind such complication and the patient should be evaluated in terms of paravalvular leakage.

Consent
Written informed consent was obtained from the patients for publication of this case report and all accompanying images.

Abbreviations
AF: Atrial fibrillation; AHA: American heart association; ICU: Intensive care unit; MVR: Mitral valve replacement; NYHA: New York heart association; PVL: Paravalvular leak; PV: Pulmonary vein; RFA: Radio frequency catheter ablation; TEE: Transesophageal echocardiography.

Competing interests
The authors declare that they have no competing interests.

Authors contributions
All authors participated in the design of the case report and coordination and helped to draft the manuscript. All authors read and approved the final manuscript.

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