Nonlinear currents in a ring-shaped waveguide with balanced gain and dissipation

Dmitry A. Zezyulin and Vladimir V. Konotop
Centro de Física Teórica e Computacional and Departamento de Física, Faculdade de Ciências, Universidade de Lisboa, Campo Grande 2, Edifício CS, Lisboa 1749-016, Portugal

We describe linear and nonlinear modes in a ring-shaped waveguide with localized gain and dissipation modeled by two Dirac δ functions located symmetrically. The strengths of the gain and dissipation are equal, i.e., the system obeys the parity-time symmetry. This configuration describes atomic Bose-Einstein condensates with local loading and local elimination of atoms, polaritonic condensates, or optical ring resonators with local pump and absorption. We discuss the linear spectrum of such a system and show if the location of the δ functions is slightly asymmetric, then the system can be driven through a series of exceptional points by the change of the gain-and-loss coefficient. In the nonlinear case, the system admits solutions with spatially constant and periodic densities which are presented in the exact analytical form. These solutions are supported by the current directed from the gain potential towards the absorbing potential. The system also admits currentless solutions. Stability and bifurcations of nonlinear solutions are also described.

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I. INTRODUCTION

Strongly localized dissipative or active potentials are known to produce sometimes counter-intuitive effects in nonlinear systems. These include localized states of Bose-Einstein condensates (BECs) in optical lattices due to the dissipative losses at the boundaries \[1\]: excitation and supporting of bright and dark solitons in an array of BECs on a line \[2\] and on a ring \[3\] by localized dissipation; suppression of the decay of BECs \[4\] by local elimination of atoms confirmed experimentally in \[5\]: jamming anomaly when localized dissipation is compensated by localized gain (spatially separated from the dissipation) \[6\], to mention but a few.

On the other hand, in the linear physics localized dissipative or active potentials can admit the so-called spectral singularities which are known as the special points of continuum spectra of non-hermitian potentials, where the bi-orthonormal bases of the respective Hamiltonians lose their completeness \[7\]. In physical terms, the spectral singularities correspond to zero-width resonances \[8\] at which the system can act as a laser. Defining the scattering matrix of such a potential by \(M\) and the wavenumber of the incident radiation by \(q\), the spectral singularity \(q_0\) is defined by the real zero of the matrix element \(M_{22}(q_0)\), i.e., \(M_{22}(q_0) = 0\). In a similar way, a real zero of the element \(M_{11}(q)\) is referred to as a time-reversed spectral singularity. In the latter case, the system acts as a coherent perfect absorber (CPA) \[9\]. For a generic complex potential, the spectral singularities and time-reversed spectral singularities do not occur simultaneously. If however the potential obeys the parity-time (PT) symmetry \[10\] (see also \[11\] for a recent review), then the mentioned singularities can not only exist simultaneously but also coincide. In this case, the spectral singularities are termed self-dual \[12\] and physically correspond to the so-called a CPA-laser \[13\], i.e., the potential acts as a CPA and as a laser at the same wavelength.

The above-mentioned facts about spectral singularities characterize the linear spectrum of a potential and, as such, are pertinent to linear systems. The concept can be generalized to systems where the active guiding medium is characterized by nonlinearity with finite support \[14\] (i.e., sharply localized in space). This is, for example, the case of the stationary light scattering by a slab with the Kerr nonlinearity.

In the present study, we address yet another situation. We consider a pair of absorbing and active linear potentials embedded in a nonlinear defocusing medium. We assume that when the active potential is considered alone (separately from the absorbing one) it is characterized by the spectral singularity \(q_0\): \(M_{22}^+(q_0) = 0\), where \(M^+\) is the scattering matrix of the active potential. Additionally, the absorbing potential, when considered separately from the active one, has the time-reversed spectral singularity at the same wavelength: \(M_{11}^-(q_0) = 0\), where \(M^-\) is the scattering matrix of the absorbing potential. When the acting and absorbing potentials act simultaneously on the infinite line, their combined action on an incident wave is characterized by the transfer matrix \(M = M^+M^-\) (or \(M = M^-M^+\), depending on the location of the potentials with respect to the direction of the incidence). The combined transfer matrix \(M\) does not manifest properties of either laser or a CPA at \(q_0\) because, generically, \(M_{22}(q_0) \neq 0\) and \(M_{11}(q_0) \neq 0\). Additionally, in a finite system, like the ring-shaped cavity we study below, the linear spectrum is discrete. Therefore in our system \(q_0\) is not a (time-reversed) spectral singularity in the strict mathematical sense. However, as we will show, the system admits linear and nonlinear solutions in the form of plane waves which are emitted and absorbed at the wavelength prescribed by the spectral singularities \(q_0\). Bearing these solutions in mind, we say that our system has a pseudo-singularity \(q_0\). The study of solutions supported by such pseudo-singularities is the main goal of this work.

The paper is organized as follows. After formulating the statement of the problem in Sec. I in Sec. III we...
address its linear properties and show that the system can be manipulated to pass through a series of exceptional points. In Sec. IV we show that the system admits a nonlinear constant-amplitude solution emitted and absorbed on the wavelength defined by the values of the spectral singularities of active and absorbing potentials. More general, periodic-density solutions are discussed in Sec. V. Outcomes are briefly discussed in Conclusion.

II. THE MODEL

In order to make a spectral singularity to work as a laser, i.e., to emit waves without any absorption (or absorb without any emission, in the case of time-reversed singularity), this emission (absorption) should occur from both sides of the respective localized potential \[13\]. This means that two localized potentials, one emitting and another absorbing waves, being placed on the infinite line would require ingoing and outgoing energy flows from the infinites. Similar problems of stabilizing absorption in a nonlinear media by inflows from the infinity have been considered previously \[4\]. Here we are interested in a system which is self-sustained, i.e., does not require application of external currents (notice however that the system remains open since the gain potential usually requires external pumping). This can be achieved by placing lasing and absorbing potentials on a guiding ring as schematically illustrated in Fig. 1. If lasing and absorption occur at the same wavelength, the two (left and right) flows generated by the “laser” (active potential) propagate towards the absorber (dissipative potential) which annihilates the flows.

The described setting can be implemented in several physical systems. This can be a BEC in a toroidal trap \[15\], with atoms loaded at one side by an atomic laser \[16\] and eliminated from the opposite side, say by electronic beams \[5\]. This can be a ring-shaped exciton-polariton condensate \[17\] nonresonantly pumped from the one side and having enhanced losses at the other side (the statement similar to the experiment \[18\]). Yet another system described by our model is a ring-shaped optical waveguide with active and passive elements, similarly to the design of the recent experiments on the microring lasers \[19\].

Considering an atomic BEC in a sufficiently narrow toroidal trap (see \[20\] for the discussion of physical applicability of this approximation), the mathematical formulation of the model is reduced to the Gross-Pitaevskii (GP) equation with complex potentials having the Dirac delta function shapes:

\[
i\Psi_t = -\Psi_{\theta\theta} + |\Psi|^2\Psi + 2iq_0\delta(\theta-\nu)\Psi - 2iq_0\delta(\theta + \pi)\Psi \tag{1}
\]

Here \(\Psi\) is the macroscopic wavefunction, \(\theta \in [-\pi, \pi]\) is the angular coordinate, \(q_0 > 0\) is a constant characterizing (equal) strengths of the gain at \(\theta = \nu \in [0, \pi]\) and loss at \(\theta = \pi\), and the repulsive (defocusing) nonlinearity is scaled out to one. The case \(\nu = 0\) corresponds to the situation when the two \(\delta\) functions are placed diametrically opposite each other (this is the situation illustrated in Fig. 1).

Solutions of the nonlinear problem (1) can be searched in the intervals \(\theta \in [-\pi, \nu)\) and \(\theta \in (\nu, \pi]\) separately: we denote them by \(\Psi_1(\theta, t)\) and \(\Psi_2(\theta, t)\), respectively. These solutions are connected by the matching conditions:

\[
\begin{align*}
\Psi_1(\nu, t) &= \Psi_2(\nu, t), \\
\Psi_2(\nu, t) - \Psi_1(\nu, t) &= 2iq_0\Psi_{1,2}(\nu, t), \\
\Psi_1(-\pi, t) &= \Psi_2(\pi, t), \\
\Psi_1(-\pi, t) - \Psi_2(\pi, t) &= -2iq_0\Psi_{1,2}(\mp \pi, t). 
\end{align*}
\]

A model similar to (1) with a \(\mathcal{PT}\)-symmetric double-well potential mimicked by \(\delta\) functions with complex amplitudes, but considered on the infinite line, was addressed in \[21\], \[22\], from the point of view of the existence of the nonlinear modes, and in \[23\] spectral singularities of such double-delta potentials were computed numerically. Besides the different geometry, the difference between our model (1) in that considered in \[21\], \[22\] is that in our case the amplitudes of \(\delta\) functions are purely imaginary, i.e., our delta functions describe only gain and losses, without any conservative potential wells of barriers.

We recall that purely imaginary \(\delta\) potentials \(2iq_0\delta(\theta-\nu)\) and \(-2iq_0\delta(\theta + \pi)\) considered separately admit spectral singularity and time-reversed spectral singularity, respectively, at the same wavevector \(q_0\). In the model (1), these singularities are responsible for the laser at \(\theta = \nu\) and for CPA at \(\theta = -\pi\). Thus, in our setting \(q_0\) is the pseudo-singularity.

III. LINEAR SPECTRUM AND EXCEPTIONAL POINTS

Before we proceed with the analysis of the nonlinear modes supported by Eq. (1), it is instructive to understand the properties of its linear counterpart. On the one
hand, this appears important since the effect of nonlinearity is expected to vanish for small-amplitude nonlinear modes, and therefore the linear case can give some useful \textit{a priori} information about the small-amplitude limit. On the other hand, the concept of pseudo-singularity originates in the linear theory, so the linear case must be understood before we consider the possible nonlinear generalizations. Additionally, the analysis of the ring geometry with balanced gain and loss was not reported so far, so it appears timely to inspect this problem.

Making the substitution \( \Psi(\theta, t) = \psi(\theta) e^{-iq^2 t} \) and omitting the nonlinear term in (1), we arrive at the linear eigenvalue problem (hereafter tilde indicates the linear eigenvalues):

\[
\tilde{q}^2 \psi = -\psi_{\theta\theta} + 2i\tilde{q}_0 \delta(\theta - \nu) \psi - 2i\tilde{q}_0 \delta(\theta + \pi) \psi. \tag{3}
\]

The linear chemical potential \( \tilde{\mu} \) amounts to \( \tilde{\mu} = \tilde{q}^2 \), and thus real or purely imaginary \( \tilde{q} \) correspond to the stable linear waves. Denoting the linear eigenfunctions \( \psi_j(\theta; \tilde{q}) \) and \( \psi_2(\theta; \tilde{q}) \), in the intervals \( \theta \in (\nu, \pi) \) and \( \theta \in (-\pi, \nu) \), the spectrum of (3) is found by the substitution

\[
\psi_j = c_{j1} e^{iq\theta} + c_{j2} e^{-iq\theta}. \tag{4}
\]

Using the matching conditions (2), we obtain the following transcendental equation:

\[
\tilde{q}^2 - \tilde{q}^2 \cos(2\pi\tilde{q}) + \tilde{q}^2 \cos(2\pi\tilde{q}) - \tilde{q}_0^2 \cos(2\tilde{q}\nu) = 0. \tag{5}
\]

It follows from (5) that at \( \nu = 0 \) the spectrum is purely real for any \( \tilde{q}_0 \). If \( \tilde{q}_0 \) is not an integer, then the spectrum for \( \nu = 0 \) contains one simple eigenvalue \( \tilde{q}_0 = \tilde{q}_0 \) and a set of double eigenvalues \( \tilde{q}_n = n \), where \( n \) runs through all positive integers. For small \( \nu \ll 1 \) solutions of (5) can be found by the expansion in terms of \( \nu \):

\[
\tilde{q}_0(\nu) = \tilde{q}_0 - \nu^2 \frac{\tilde{q}_0^2}{1 - \cos(2\pi\tilde{q}_0)} + \mathcal{O}(\nu^4), \quad \tilde{q}_0 \notin \mathbb{N}(6)
\]

\[
\tilde{q}_n(\nu) = n \pm \nu^2 \frac{n\tilde{q}_0}{\pi \sqrt{\tilde{q}_0^2 - n^2}} + \mathcal{O}(\nu^2), \quad n \in \mathbb{N}^+ \tag{7}
\]

Thus under small perturbation in a form of a shift of one of the \( \delta \)-potentials (by the angle \( \nu \) in our case), the simple eigenvalue is shifted along the real axis, while each double eigenvalue splits into two simple ones. If \( n < \tilde{q}_0 \), then the split eigenvalues remain real, whereas for \( n > \tilde{q}_0 \) the eigenvalues acquire nonzero imaginary parts. For arbitrary values of \( \nu \), the spectrum of eigenvalues \( \tilde{q} \) can be obtained numerically by solving Eq. (5) directly. Several obtained eigenvalue portraits for the fixed value of the gain-and-loss strength \( \tilde{q}_0 = 5/2 \) are presented in Fig. 2.

As \( \nu \) increases, the eigenvalues undergo various transitions. Some of them collide pairwise at the real axis and acquire nonzero imaginary parts. At the same time, for some values of \( \nu \) some previously complex eigenvalues can become real: for example, for \( \nu = \pi/4 \) one can find real eigenvalues at \( \tilde{q} = 4 \) and \( \tilde{q} = 8 \). However, the spectrum is never entirely real for any nonzero \( \nu \).

Turning to the effect of changing of the of gain-and-loss strength, expansions (6)–(7) suggest an interesting observation: the increase of gain and loss (i.e., of the pseudo-singularity \( q_0 \)) can partially improve stability shifting the unstable modes to higher wavelengths. For general (not necessarily small) value of \( \nu \), one can change (increase or decrease) the pseudo-singularity \( q_0 \) to make two eigenvalues coalesce at the exceptional point and exit to the complex plane giving raise to new unstable modes (or to come from the complex plane to the real axis transforming in this way unstable modes to stable). The location of the colliding eigenvalues \( \tilde{q} \) can be obtained as zeros of the dispersion relation (5) which are simultaneously zeros of the derivative of (5) with respect to \( q \). The compatibility condition for those two equations readily gives the implicit relation between \( \tilde{q} \) and \( \nu \):

\[
\sin(\pi\tilde{q})[\nu q_0 \sin(2\tilde{q}\nu) + \cos(2\tilde{q}\nu) - \cos(2\tilde{q}\pi)] = \nu \tilde{q}_0 \cos(\pi\tilde{q})[1 - \cos(2\tilde{q}\nu)] \tag{8}
\]

whose solutions yield the positions of the colliding eigenvalues \( \tilde{q} = \tilde{q}^{EP} \) for the given shift \( \nu \) (the upper index \( EP \) stands for the exceptional point). The exceptional points correspond to the pseudo-singularities \( q_0 = q_0^{EP} \) given by the relation

\[
q_0^{EP} = \tilde{q}^{EP} \sin(\pi\tilde{q}^{EP}) \{\sin[\tilde{q}^{EP}(\pi + \nu)]\sin[\tilde{q}^{EP}(\pi - \nu)]\}^{1/2}. \tag{9}
\]

In order to find the exceptional points, we solve numerically Eq. (9) for different values of \( \nu \) increasing from \( \nu = 0 \) to \( \nu = \pi \) with step \( \Delta \nu = \pi/200 \) and obtain the location of colliding eigenvalues \( \tilde{q} = \tilde{q}^{EP} \), see the lower panel in Fig. 3 (the computation has been limited by the search of the colliding eigenvalues inside the finite interval \( \tilde{q} \in [0.1, 5] \)). Then we substitute the found values of \( \tilde{q}^{EP} \) into (9) to obtain the corresponding exceptional points responsible for collisions of the eigenvalues (upper panel in Fig. 3).

We emphasize that for the most exceptional points shown in Fig. 3 the increase of the gain-and-loss coefficient \( q_0 \) for the fixed \( \nu \) leads to that a pair of initially complex eigenvalues collide on the real axis at \( q_0 = q_0^{EP} \) and splits into a pair of real ones as \( q_0 > q_0^{EP} \). This situation is opposite to what takes place in many conventional \( PT \)-symmetric systems where the increase of the gain-and-loss usually destabilizes the system, i.e., leads to the emergence of new complex eigenvalues (see [21, 22] and [11] for examples of this behavior). Only a few exceptional points (labeled with crosses in Fig. 3) lead to the emergence of new complex eigenvalues as \( q_0 \) exceeds the exceptional point \( q_0^{EP} \).

IV. CURRENTS SUPPORTED BY SPECTRAL PSEUDO-SINGULARITIES

Turning now to the nonlinear case we focus on \( \tilde{q}^{EP} \) with \( \nu = 0 \), because otherwise the underlying linear sys-
FIG. 2: (Color online) Several smallest amplitude eigenvalues \( \widetilde{q} \) for fixed value of the gain-and-loss strength \( q_0 = 5/2 \) and four increasing values of the angle \( \nu \). Only eigenvalues with \( \text{Re} \, \widetilde{q} \geq 0 \) are shown.

FIG. 3: (Color online) Pseudo-singularities \( q_0^{EP} \) generating the exceptional points (upper panel) and the double eigenvalues \( \widetilde{q}^{EP} \) corresponding to these exceptional points (lower panel) vs the shift \( \nu \) of the lasing \( \delta \)-potential. The most of the shown double eigenvalues and the exceptional points correspond to the situation for which the colliding eigenvalues are complex for \( q_0 < q_0^{EP} \) but become real for \( q_0 > q_0^{EP} \). Positions of double eigenvalues and exceptional points for which the colliding eigenvalues are real for \( q_0 < q_0^{EP} \) but become complex-conjugates for \( q_0 > q_0^{EP} \) are labeled with the crosses.

ten is in the broken PT-symmetric phase, and its spectrum is partially complex. Furthermore, for the next consideration it is important to notice that there is another essential difference between eigenvalues \( \widetilde{q}_0 \) and \( \tilde{q}_0 \) in [4] and [7], besides the different multiplicity mentioned above. The eigenfunction corresponding to \( \widetilde{q}_0 \) is a plane wave with constant amplitude, generating a constant flow from the lasing potential to absorbing one (schematically shown in Fig. 3), while the eigenfunctions corresponding to \( \tilde{q}_0 \) are modes with \( \theta \)-dependent amplitudes. This, in particular, means that in the nonlinear case, the modes having wavenumbers equal to \( \tilde{q}_0 \) will also have constant amplitudes, i.e., they will represent constant-amplitude nonlinear currents, with modified chemical potential \( \mu \). Indeed, one can easily find an exact stationary (plane wave) solution of the nonlinear equation (1) in the form

\[
\Psi_1^{nw}(\theta, t) = \rho e^{-i\mu \theta - i\mu t}, \quad \Psi_2^{nw}(\theta, t) = \rho e^{i\mu \theta - i\mu t}
\]

where \( \rho \geq 0 \) is the arbitrary uniform amplitude, and the chemical potential is given by “nonlinear dispersion relation”

\[
\mu_0 = \rho^2 + q_0^2.
\]

According to the notations used in Eqs. 2, subscripts 1 and 2 describe the solution in the intervals \([-\pi, 0)\) and \((0, \pi)\), respectively.

Thus, in spite of the dissipative character of the system the amplitude \( \rho \) can be arbitrary. Another feature of the obtained nonlinear currents (10) is that the wavevector is defined by the (direct or time-reversal) pseudo-singularity \( q_0 \), rather than by the quantization condition imposed by the circular geometry (as it happens with all other eigenmodes).

Using the substitution \( \Psi(\theta, t) = \Psi^{nw}(\theta, t) + |u(\theta)e^{\lambda t} + v(\theta)e^{-\lambda t}e^{-i\mu t}|, |u, v| \ll 1 \), we have performed numerically the standard linear stability analysis computing values of \( \lambda \), i.e., the growth rates of the eventual instabilities. The outcomes of this calculation are presented in the stability diagram in Fig. 4. For sufficiently small densities \( \rho \) all the currents are stable, which agrees with the fact that the spectrum of the corresponding linear problem is purely real, and hence all the linear modes (and nonlinear modes of sufficiently small amplitude) are stable (or, speaking more precisely, do not allow for the exponential growth of the perturbation). For nonlinear currents with larger densities, the stability diagram features nontrivial striped structure. We observe remarkable stability of backgrounds of relatively high amplitude \( \rho \) for \( q_0 \) below 0.5, i.e., below the lowest bifurcation point (see Sec. V D). Surprisingly, the stability domain increases with the amplitude background, i.e. the nonlinearity appears to be a stabilizing factor. Moreover, for a given background amplitude the stability and instability domains alternate. The unstable eigenvalues can be either purely real [say, for the solution illustrated in Fig. 3a) unstable eigenvalue is \( \lambda \approx 0.20 \)] or form a complex-conjugate pair [for the solution in Fig. 3b) unstable eigenvalues are \( \lambda \approx 0.20 \pm 1.33i \)].
The dynamics of unstable modes is illustrated in Fig. 3. We observe that at early stages of the instability development the initially uniform density becomes nearly periodic in space (and time). The spatial period is close to $\pi$ and is defined by the location of $\delta$ functions on the circle (separated by $\pi$). The newly obtained results). Thus for stationary modes $\Psi(\theta,t) = \psi(\theta)e^{-it\mu}$ we have

$$-\psi(\theta)\psi + |\psi|^2 \psi + 2i\mu q_0(\delta(\theta+\pi/2) - \delta(\theta-\pi/2)) \psi = \mu \psi. \quad (12)$$

We will look for $\mathcal{PT}$-symmetric solutions, i.e., $\psi(\theta) = \psi^*(\theta)$, and use the Madelung representation $\psi = \rho(\theta)e^{i\phi(\theta)}$. Here $\rho(\theta)$ is the amplitude of the solution; in the case $\rho(\theta) = \text{const}$, we recover the constant-amplitude solutions described in Sec. IV. Defining also the current density $j = \phi_\theta \rho^2$, the equation for the amplitude of the field can be integrated, which gives

$$\rho^2 + \mu \rho^2 - \frac{1}{2} \rho A + \frac{1}{2} \rho^2 = \frac{E}{2}. \quad (13)$$

where $E$ is an integration constant, and the current is piecewise-constant:

$$j(\theta) = \begin{cases} j_0 & \text{for } \theta \in (-\pi/2, \pi/2) \\ -j_0 & \text{for } \theta \in (-\pi, -\pi/2) \cup (\pi/2, \pi) \end{cases} \quad (14)$$

Further analysis is performed using the fact that the $\rho(\theta)$ is an even function, $\rho(\theta) = \rho(-\theta)$, and can be searched in a form of squared Jacobi elliptic functions. Specifically, we explore two substitutions as follows

$$\rho_\theta^2 = \mu - C + B - 2B\text{dn}^2(\sqrt{B}\theta, k), \quad (15a)$$

$$\rho_\phi^2 = \mu - C + B - 2B\text{dn}^2(K - \sqrt{B}\theta, k), \quad (15b)$$

where $K = K(k)$ is the complete elliptic integral of the first kind, and $k$ stands for the elliptic modulus; $B$ and
\(C\) are positive parameters which have to satisfy the relations
\[
k^2 = \frac{(B + 3C - \mu)}{2B}, \quad j_0^2 = C(\mu - C - B)(\mu - C + B). \tag{16, 17}
\]
The integration constant is computed as
\[
E = -B^2 - 3C^2 + 2C\mu + \mu^2. \tag{18}
\]
The main difference between solutions \(\rho^2\) and \(\rho^2_+\) is readily seen: one of them \(\rho^2\) corresponds to solutions with a local density minimum at the origin \(\theta = 0\), whereas solutions of another type \(\rho^2_+\) has a local density maximum at the \(\theta = 0\).

Even though the problem is considered on the circle \([0,2\pi]\), we require the density \(\rho(\theta)\) to be \(2\pi\)-periodic (not just \(2\pi\)-periodic):
\[
\rho^2(\theta) = \rho^2(\theta + \pi), \tag{19}
\]
where \(\rho\) stays for \(\rho_-\) or \(\rho_+\), depending on the particular choice of the solution in \([15]\). On the one hand, \(\pi\)-periodic density means that the half-rings \(\theta \in [-\pi/2,\pi/2]\) and \(\theta \in (-\pi,-\pi/2) \cup (\pi/2,\pi)\) have equal density distributions; on the other hand, this guarantees automatically that the full complex-valued solution \(\psi(\theta)\) is \(2\pi\)-periodic, provided that the current \(j(\theta)\) satisfies \([12]\) (see Sec. V D below for a comment on the existence of solutions with \(2\pi\)-periodic, but not \(\pi\)-periodic densities).

From the periodicity constraint \([19]\) we have the quantization condition \(B = B_m\) where
\[
B_m = K^2m^2/\pi^2, \quad m = 2, 4, 6 \ldots \tag{20}
\]
Then \(m\) counts the number of periods of density distribution.

Finally, in order for the solutions \([15]\) to respect the matching conditions at \(\theta = \pm \pi/2\), the following relation between the current and field densities must hold:
\[
 j_0 = q_0\rho^2(\pi/2). \tag{21}
\]

B. Non-zero current solutions

Let us now consider several particular cases for which auxiliary relations from the previous subsection provide physically meaningful periodic solutions.

1. Solutions with local maxima at the spots with the gain and losses

In this subsection, we consider the case when the density \(\rho^2(\theta)\) is given by the expression for \(\rho^2_+\) in \([15b]\) for \(m = 2, 6, 10, \ldots\) or by the expression for \(\rho^2_\pm\) in \([15a] \) for \(m = 4, 8, 12, \ldots\) In order to use \([21]\), we evaluate the densities at \(\theta = \pi/2\) and observe that for the chosen values of \(m\) the density is given for the same expression either for \(\rho^2_+\) or for \(\rho^2_-\): \(\rho^2(\pi/2) = \mu - C - B - 2B(1-k^2)\). Then the combination of \([19, 17]\), and \([21]\) gives
\[
(\mu - C - B)(\mu - C + B) = 4q_0^2C. \tag{22}
\]

Next, one can use equations \([16, 17]\) and \([20]\) to express \(B\) and \(C\) trough \(k\), \(K(k)\), and \(\mu\), and transform \([22]\) into a quadratic equation with respect to \(\mu\), resulting in two branches of \(\mu(k)\) parametrized by the elliptic modulus \(k \in [0, 1]\). Physically relevant solutions belong to one branch given as
\[
\mu(k; m) = \frac{K^2m^2(2k^2 - 1)}{2\pi^2} + \frac{3q_0^2}{2} + \frac{3q_0^2}{2} \left(1 - \frac{K^2m^2}{\pi^2q_0^2}\right)^2 + \frac{4k^2K^2m^2}{\pi^2q_0^2}. \tag{23}
\]

The second branch of solutions, with \(\sim\) sign in front of the radical in \([23]\), corresponds to non-physical solutions with negative amplitudes.

The densities of the found solutions can be computed as follows. For \(m = 2, 6, \ldots\) the field intensity reads
\[
\rho^2_- = \frac{2\mu}{3} + \frac{2K^2m^2}{3\pi^2} \left[3k^2\sin^2\left(\frac{Km}{\pi}\theta, k\right) - k^2 - 1\right]. \tag{24}
\]
while for \(m = 4, 8, \ldots\) the density is
\[
\rho^2_+ = \frac{2\mu}{3} + \frac{2K^2m^2}{3\pi^2} \left[3k^2\sin^2\left(\frac{Km}{\pi}\theta, k\right) - k^2 - 1\right]. \tag{25}
\]

For solutions of either type, the current density reads
\[
 j_0 = \frac{2q_0}{3} \left[\mu + \frac{K^2m^2}{\pi^2}(2k^2 - 1)\right]. \tag{26}
\]

The obtained solutions are illustrated in Fig. \([6]\). All solutions of this type are characterized by local maxima of the density at \(\theta = \pm \pi/2\), i.e., at the points where the gain and the dissipation are placed. At \(\theta = 0\) the behavior is different: for the given \(m\) the distribution \(\rho^2_\pm(\rho^2_\pm)\) corresponds to solution with a local density minimum (maximum) at \(\theta = 0\).

For each \(m\), the solutions exist for any \(q_0 \geq 0\) and \(k \in [0, 1]\). As \(k\) approaches 1, the chemical potential \(\mu\) and the current density \(j_0\) diverge, see Fig. \([6\ a,b]\). In the opposite limit, \(k = 0\), the solution can feature different behavior: in some cases [see the curves with \(m = 2\) in Fig. \([6\ a,b]\)] the density and the current vanish at \(k = 0\). However, it can also happen that the current is finite and nonzero at \(k = 0\) [see curves with \(m = 4\) in Fig. \([6]\). The detailed understanding of the case \(k = 0\) is presented below, in Sec. \([V\ D]\).

We have systematically scanned the domain \((q_0, k) \in [0, 5] \times [0, 1]\) with \(m = 2\) and \(m = 4\) and observed that all the tested solutions are stable.
The densities $\rho^2_\pm(\theta)$ for $m = 4, 8, 12, \ldots$ and $\rho^2_\pm$ for $m = 2, 6, 10, \ldots$ can be again found from (24) and (25), respectively.

The solutions obtained in this way are characterized by the local density minima at the points of the gain and dissipation $\theta = \pm \pi/2$. As follows from (28), for each $m$ there exist two families of such solutions with different chemical potentials. The densities of the two families with the chemical potential (28) are simply shifted on a certain constant with respect to each other. Hence the respective solutions can be conveniently termed large-density modes ($\mu_+$) and small-density modes ($\mu_-$). It is remarkable that for such solutions to exist, the gain-and-loss strength $q_0$ must be sufficiently large, namely,

$$q_0 \geq q_{th} = \frac{Km}{\pi}(k + 1).$$

At $q_0 = q_{th}$ the square root in (28) vanishes, at this instant $\mu_+ = \mu_-$, and the two families merge.

The currents are given by

$$j^\pm_0 = \frac{2q_0}{3} \left[ \mu_\pm(k; m) - \frac{K^2m^2}{\pi^2}(k^2 + 1) \right].$$

Solutions with local minima at the points of gain and losses are illustrated in Fig. 7. We have checked solutions with $m = 2$ and $m = 4$ and observed that all solutions of this type are stable in the whole domain of their existence.

C. Zero-current solutions

Taking into account that the system at hand has localized gain and dissipation spatially separated from each other, the existence of the modes carrying currents between the potentials appears to be natural. It turns out to be much less intuitive that the system may have zero-current solutions. Nevertheless, such solutions can be found: assuming $\mu = C + B$ in (27) and performing simple transformations, we eventually obtain the expressions for real-valued wavefunctions in the following form:

$$\psi_-(\theta) = \sqrt{2Kmk} \frac{\pi}{\mu'} \text{sn} \left( \frac{Km\theta}{\pi}, k \right), \quad m = 4, 8, \ldots$$

$$\psi_+(\theta) = \sqrt{2Kmk} \frac{\pi}{\mu'} \text{sn} \left( K - \frac{Km\theta}{\pi}, k \right), \quad m = 2, 6, \ldots$$

Both types of the solutions in (31) correspond to the chemical potential

$$\mu = \frac{K^2m^2}{\pi^2}(1 + k^2).$$

Physically, understanding of the existence of the currentless solutions stems from the fact that their density is

FIG. 6: (Color online) Chemical potential (a) $\mu(k)$ from (29) and current density (b) $j_0(k)$ from (29) for two families of solutions with maxima at the lossy and active spots corresponding to $m = 2$ and $q_0 = 0.9$ and $m = 4$ and $q_0 = 2.1$. Lower panels show examples of solutions: (c) corresponds to $m = 2$ and $k = 0.1$, and (d) corresponds to $m = 4$ and $k = 0.9$. Densities $\rho^2(\theta)$ and currents $j(\theta)$ are shown with solid and (horizontal) dashed lines, respectively. Upward (downward) pointing arrows show the position of the active (absorbing) potentials.

2. Solutions with local minima at the spots with the gain and losses

Now we choose the opposite combination of $m$ and $\rho_\pm$: we assume that the density $\rho^2(\theta)$ is given by the expression for $\rho^2_\pm$ in (10m) for $m = 4, 8, 12, \ldots$ or by the expression for $\rho^2_\pm$ in (10p) for $m = 2, 6, 10, \ldots$. Then the density at $\pi/2$ can be evaluated as $\rho^2(\pi/2) = \mu - C - B$, and the combination of (10), (17), and (21) yields the relation

$$C(\mu - C - B)(\mu - C + B) = q_0^2(\mu - C - B)^2. \quad (27)$$

The particular case $\mu - C - B = 0$ corresponds to the solutions with zero currents which are considered below in Sec. V.C. For $\mu - C - B \neq 0$, Eq. (27) again transforms into a quadratic equation for $\mu$ which gives two physically relevant branches of solutions:

$$\mu_\pm(k; m) = \frac{-K^2m^2(1 + k^2)}{2\pi^2} + \frac{3q_0^2}{2} \pm \frac{3q_0^2}{2} \sqrt{ \left(1 - \frac{K^2m^2(k^2 + 1)}{\pi^2q_0^2} \right)^2 - 4\frac{K^4k^2m^4}{\pi^2q_0^2}}. \quad (28)$$
FIG. 7: (Color online) Solutions with local minima at
the spots with the gain and losses. Panels (a)–(c)
illustrate the case \( m = 2 \): domain of existence
shaded (a), dependencies \( j_0(k) \) for \( q_0 = 2.3 \)
(b), profile of the small-density solution with
\( k = 0.5 \). Panels (d)–(f) illustrate the case \( m = 4 \)
and are organized in the same way, but now the
dependencies in panel (e) correspond to \( q_0 = 3 \),
and in (f) the large-density solution with \( k = 0.4 \)
is shown. Labels “+” and “−” in (b) and (e) mark families of large-density (“+”) and small-density
(“−”) solutions. Upward (downward) pointing arrows show
the position of the active (absorbing) potentials.

Exactly zero at \( \theta = \pm \pi/2 \), and therefore either gain or loss
potentials, and hence the value of \( q_0 \), do not affect these
solutions (this is a situation similar to one known for the
dark solitons [2] in dissipative waveguides). Obviously,
the current carried by such modes is identically zero ir-
respectively of the gain-and-loss strength \( q_0 \). However,
the value of \( q_0 \) affects the stability of solutions. This is
illustrated by stability diagrams in Fig. 8. The solutions
are generically stable for small elliptic moduli \( k \) (i.e., for
small-amplitude densities) but can lose stability as \( k \)
increases (i.e., the amplitude of \(|\psi|^2\) grows). For \( q_0 = m/2 \)
these solutions are unstable for any \( k \).

The existence of stable solutions with zero current can
look surprising, because such solutions require the nodes
of the wavefunction to coincide exactly with the points
where the gain and dissipation are situated. However,
the remarkable robustness of such solutions has been also
confirmed by simulations of their evolution. We prepare
the initial condition in the form of a stationary mode
\( \psi(\theta) \) slightly shifted in \( \theta \) [such that its nodes no longer
coincide exactly with \( \pm \pi/2 \)] and run the evolution. The
stable mode perturbed in this way “breathes” slightly,
but preserves its distinctive shape for indefinitely long
evolution, see Fig. 8(c). Reducing \( q_0 \) from 5 to 3, we
make the same mode unstable [see the stability diagram
in Fig. 8(c)]; in this case the mode destroys rapidly: first,
the instability manifests itself in the growth of the intensity
in the region adjacent to the active spot, that is

around \( \theta = -\pi/2 \). Eventually the amplitude becomes
large and highly irregular.

FIG. 8: (Color online) Solutions with zero current. Panels
(a) and (b) correspond to \( \psi_+ \)-solutions (31b) with
\( m = 2 \): pseudo-color plot of the instability increment \( \max \{ \Re \lambda \} \) (stable
solutions correspond to the white domain), and example
of a solution with \( k = 0.1 \) (note that the shape of solutions
does not depend on \( q_0 \)). Panels (c) and (d) correspond to
\( \psi_- \)-solutions (31a) with \( m = 4 \). The solution shown in (d)
has \( k = 0.8 \). Notice that the solutions are exactly zero at
\( \theta = \pm \pi/2 \). Panels (e) and (f) show stable (e, \( q_0 = 5 \)) and
unstable (f, \( q_0 = 3 \)) evolution of the mode from (d). Upward
(downward) pointing arrows show the position of the active
(absorbing) potentials.
D. Bifurcations from the plane waves

All the solutions with periodic density described above can be considered in the limit of small elliptic modulus, \( k \to 0 \). In this limit, the solution densities become spatially uniform (i.e., \( \theta \)-independent). Analysis of this limit allows for clarification of the mutual relations among all the solutions. To consider the mentioned relations, let us start with solutions (23) having local maxima at the spots with dissipation and gain. Substituting \( k = 0 \) in the respective equations, we see that if \( q_0 \leq m/2 \), then the chemical potential (23) in the limit \( k = 0 \) amounts to \( \mu(0; m) = m^2/4 \), and the amplitude of the solution vanishes \( \rho(\theta) \equiv 0 \). In other words, the solution becomes a plane wave of infinitesimal amplitude \( \rho = 0 \). For \( q_0 \geq m/2 \), the chemical potential becomes

\[
\mu(0; m) = 3q_0^2 - \frac{m^2}{2}, \quad (33)
\]

and the uniform density \( \rho \) is nonzero at \( k = 0 \). Using the expression (11) for the chemical potential of modes with constant densities, we find a set of “quantized” amplitudes \( \rho_m \):

\[
\rho_m^2 = 2q_0^2 - \frac{m^2}{2}. \quad (34)
\]

In other words, expression (34) describes the solutions with constant densities, from which solutions with periodic and nonzero amplitude bifurcate.

The obtained results are illustrated in Fig. 9, where blue triangles show the locus of the points in the diagram \((\rho, q_0)\) where bifurcations of periodic solutions (with \( m = 2 \)) from the plane waves take place: one segment of this curve has \( \rho = 0 \) \((q_0 \leq m/2)\), and another segment has \( \rho > 0 \) \((q_0 > m/2)\).

For solutions with minima at the points of dissipation the situation is different. As follows from (23), in the limit \( k = 0 \) such solutions exist only if \( q_0 \geq m/2 \). Substituting \( k = 0 \) in Eq. (28), we observe that the large-density solutions \[ \text{["+" sign in (28)] bifurcate from nonzero plane waves at the points given by (34): hence yellow circles in Fig. 4 overlap with blue triangles. The small-density solutions with small densities \[ \text{["-" sign in (28)] bifurcate from the infinitesimal-amplitude plane waves (magenta squares in Fig. 9).}

Finally, the zero-current solutions (31) in the limit \( k = 0 \) transform into the plane waves of infinitesimal amplitude for any \( m \) and \( q_0 \).

It is interesting that in the diagram in Fig. 4 the domains of instability of the plane waves are “separated” by bifurcation condition (34). Note that in Fig. 4 apart from the curves (31) with even \( m \) (solid lines), we have also plotted curves (31) with odd \( m \) (dashed lines). While the exact solutions presented above correspond only to even \( m \), the system might, hypothetically speaking, admit solutions with odd \( m \) as well. Such solutions, should they exist, would be essentially different from the solutions with even \( m \): for odd \( m \) the density distribution at half ring \( \theta \in (-\pi/2, \pi/2) \) is not identical to that on another half-ring. In other words, the density \( \rho^2(\theta) \) of such solutions would be \( 2\pi/m \)-periodic, but not \( \pi \)-periodic. As a result, for solutions with odd \( m \) to be \( 2\pi \)-periodic, an additional condition appears which requires the argument of the complex-valued function \( \psi(\theta) \) to match periodically at \( \theta = -\pi \) and \( \theta = \pi \). This condition (which can be expressed analytically in terms of the elliptic integral of the third kind) is satisfied automatically for solutions with even \( m \), but, generically speaking, is not satisfied for odd \( m \). This additional condition makes solutions with odd \( m \) “difficult to find”: so far we have not been able to find any solution with odd \( m \) (in a sense this situation reminds of the issue of the existence of asymmetric localized modes in \( \mathcal{PT} \)-symmetric systems which are known to exist only under a very particular choice of the \( \mathcal{PT} \)-symmetric potential (11)).

VI. CONCLUSION

To conclude, we described in details a ring-shaped waveguide with spatially localized gain and losses. The localized complex potentials were modeled by the Dirac \( \delta \) functions with imaginary amplitudes. An imaginary \( \delta \) function considered on the infinite line has a spectral singularity in its continuum spectrum. A configuration of two delta functions on the ring does not have a spectral singularity in its strict mathematical sense (at least be-
cause the spectrum of the system on the ring is entirely discrete. However, bearing in mind the analogy between the properties of the spectral singularities and the “lasing” and “absorption” in our system, we say that our configuration has a pseudo-(spectral)-singularity characterized by the imaginary amplitude of the δ functions.

We have started our analysis from the linear case computing the spectrum of the linear waves. If the δ functions are places symmetrically on the ring, then the linear spectrum is always real. However, the deviation of the symmetric placement of the gain and loss enables the possibility of the existence of the exceptional points. Extending the consideration onto the nonlinear setup, we have found a variety of nonlinear modes many of which are dynamically stable. A particularly interesting class of solutions corresponds to the plane (constant-amplitude) waves which feature several relevant properties. First, their wavevectors correspond to the wavelength of the spectral singularities of the δ function potentials. Second, the stability diagram of these plane waves features the stripe-patterned structure with alternating domains of stable and unstable solutions. Third, the plane waves can originate solutions with spatially periodic densities. The latter have been found in the explicit analytical form and classified depending on their shapes. Another interesting peculiarity of our configuration is the existence of the periodic currentless solutions whose density vanishes at the spots with gain and dissipation. These solutions can be stable or unstable, depending on the value of the gain-and-loss strength.

Finally, we make a remark on the role of PT symmetry in the reported system. For the existence of the stationary constant-amplitude patterns it was of crucial importance that laser and absorber operated at the same wavelength. This was easily achieved using two delta function potentials which differ by the sign of their imaginary part. In the meantime, one may find other shapes of the lasing and absorbing potentials, having distinct landscapes of the complex parts but respective spectral singularity and time reversed spectral singularity, at the same wavelength. Yet another possibility is to consider laser and absorber at different wavelengths, but embedded in a ring-shaped waveguide with varying dielectric constant. Clearly, both mentioned geometries do not obey PT symmetry and at the same time ensure emission and complete absorption of the radiation at different spatial locations. However, some of the properties of such a non-PT-symmetric system can be sufficiently different (and worthy of a separate study) from those of our PT-symmetric configuration. One of important differences can be related to the absence of the continuous families of solutions in the non-PT-symmetric case. The stability of the existing solutions will be also strongly affected by the asymmetric gain-and-loss case. One should expect that stable modes will eventually become isolated attractors, which is not the case of our system.

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