Polar metal phase stabilized in strained La-doped BaTiO$_3$ films

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Ferroelectric polarization and metallic conduction are two seemingly irreconcilable properties that cannot normally coexist in a single system, as the latter tends to screen the former. Polar metals, however, defy this rule and have thus attracted considerable attention as a new class of ferroelectrics exhibiting novel properties. Here, we fabricate a new polar metal film based on the typical ferroelectric material BaTiO$_3$ by combining chemical doping and epitaxial strain induced by a substrate. The temperature dependences of the c-axis lattice constant and the second harmonic generation intensity of La-doped BaTiO$_3$ films indicate the existence of polar transitions. In addition, through La doping, films become metallic at the polar phase, and metallicity enhancement at the polar state occurs in low-La-doped films. This intriguing behavior is effectively explained by our first-principles calculations. Our demonstration suggests that the carrier doping to ferroelectric material with epitaxial strain serves as a new way to explore polar metals.
states decreases as La doping increases. The La-BTO film exhibits metallic conduction at an electron density of $10^{20} - 10^{21}$ cm$^{-3}$. Interestingly, the slope of the resistivity curve $\rho(T)$ changes at the transition temperature for low-doped films, implying that metallicity enhances at the polar state rather than at the non-polar state. We found that a characteristic change in the band structure occurs during phase transition under a low doping regime via first-principles calculations, resulting in the enhancement of metallicity.

Results
Crystal structure of La-doped BaTiO$_3$ films. We grew single-crystalline La-BTO films on GdScO$_3$ (GSO) (110) substrates via MOMBE (see Methods). An atomic force microscopy (AFM) image of the film is shown in Fig. 1c, whereby the film exhibits a step-and-terrace structure. The step height is approximately 4 Å, corresponding to the height of a single BTO unit cell. The $a$- and $c$-axes lattice constants of the ferroelectric tetragonal phase BTO at room temperature are 3.992 and 4.036 Å, respectively. The lattice constants of orthorhombic GSO are $a = 5.488$ Å, $b = 5.746$ Å, and $c = 7.934$ Å. The mismatch of the in-plane lattice between the GSO (110) substrate (3.970 Å) and $c$-axis oriented BTO is calculated as +0.55%. Choi et al. reported that the ferroelectric tetragonal phase is stabilized in a compressively strained BTO film on a GSO substrate, resulting in the enhancement of its Curie temperature ($T_C$) from 410 K for bulk to 673 K. Figure 1a shows $2\theta - \theta$ scan around (220) peak of GSO substrates for La-BTO films grown in this manner. The La concentration is defined as $[n]/$Ti or as the ratio of the charge carrier density $[n]$ at 300 K deduced by Hall effect measurements to the titanium atomic density (see Supplementary Note 1). Sharp (002) film peaks and clear Laue's fringes can be seen for all the films,
indicating that the crystalline quality of La-BTO is comparable to that of non-doped BTO. The thicknesses of La-doped layers are deduced as 42–60 nm from the Laue’s fringes. Reciprocal space mapping results of XRD measurements indicate that the in-plane lattice constant is locked to that of the substrate (not shown). Grown on GdScO3 with a smaller in-plane lattice (a = 3.970 Å) than that of bulk BTO, the films are compressively strained and the out-of-plane lattice (c) is elongated. Figure 1b shows the relations of c and a mapped for La-BTO films in this work together with those of bulk single-crystalline BTO 27, 28 and a BTO film on DSO and GSO substrates26. Tetragonality (c/a) is known to be an important parameter of the ferroelectric properties of BTO such as Tc and ferroelectric polarization26. The tetragonality of La-BTO films on GSO falls between those of single crystal (c/a = 1.011) in the ferroelectric tetragonal phase and a BTO film on DSO (in-plane lattice constant: 3.944 Å) (c/a = 1.038).

Figure 2a shows the temperature dependence of the c-axis lattice constant for non-doped BTO and La-BTO films grown on GSO (1 1 0) together with that of lattice constants for the cubic and tetragonal phases of BTO single crystal26, 27. The dotted curve denotes the extrapolated lattice constant of BTO single crystals in the cubic phase. (b) Temperature dependence of the optical SHG intensity of the films. (c) La doping ([La]/[Ti]) dependence of in-plane strain ε. (d) Non-polar to polar transition temperature Tc as a function of the in-plane strain ε of non-doped and La-doped BTO films on GSO, of non-doped BTO films on GSO and of DSO26 with a theoretical line based on the phase-field simulation32.

Figure 2a shows the temperature dependence of the c-axis lattice constant for various La-BTO films and lattice constants for the cubic and tetragonal phases of bulk single crystals26, 27. Clear anomalies observed in all of the La-BTO films are denoted by arrows. The anomalies monotonically shift to lower temperatures with increasing La doping to up to 8.8%. The anomalies observed from 0.64 to 8.8% doped films reflect the ferroelectric transition in non-doped BTO. As noted below in the section on transport properties, the polarization direction of doped films cannot be reversed by an electric field due to screening by doped mobile electrons. Thus, such doped films should not be defined as ferroelectric but as polar materials at low temperature phases. This result therefore highlights the existence of a low temperature ‘polar phase’ in the La-BTO films. To rule out the coexistence of two phases around the anomaly, we show in Supplementary Fig. 2 the temperature dependence of XRD data whereby the film peak has a similar intensity and peak width across the transition. This result is in clear contrast to those of the neutron diffraction data, which indicate phase coexistence18. The temperature dependence of second harmonic generation (SHG) intensity is shown in Fig. 2b (See Methods). For each curve, the intensity is normalized against the maximum value as 1 and curves are vertically offset as denoted by horizontal bars. In all of the curves, transitions to an SHG active state are observed at temperatures denoted by the arrows. Although the appearance of SHG is an insufficient condition for ferroelectricity or polar states, the onset temperatures almost coincide with the Tc values determined by the temperature dependence of the c-axis lattice constant shown in Fig. 2a for all of the films. Such a coincidence implies that the strong SHG signal is attributable to the polar structure. All the films also show an abrupt change in their intensities at approximately 130 K. As this temperature is independent of La doping, the corresponding change must be related to crystal or surface structure transitions of the GSO substrate. Future studies are required to verify the causes of this behaviour.

At the high temperature paraelectric phase, the lattice constant systematically decreases as La doping levels increase, resulting in lower levels of compressive strain on the La-doped films. Note that such a suppression of Tc is much stronger than that caused by disorder effects arising from A-site doping29–31. One can expect the lowering of Tc by La doping results from two effects: a strain effect (the compressive strain decreases with La doping) and...
As shown in Fig. 3a, surprisingly, the very low carrier doped film (0.64%; n/Ti is not the actual La density but is an effective electron carrier density (see Supplementary Note 1)). Therefore, the transition temperature from the non-polar phase to the polar phase determined by XRD and open triangles denote the kink temperature where the slope of resistivity as a function of T changes. (d) Phase diagram of the films. Non-polar to polar transition temperatures determined by XRD shown as closed circles and by SHG shown as open circles are plotted with the counter plot of differentiation of ρ(T), dρ/dT. A phase: paraelectric metal, B phase: polar metal, and C phase: polar insulator are indicated.

Transport properties of La-doped BaTiO₃ films. For transport measurements, the samples were cut into 5 mm × 1 mm pieces and aluminium wire was ultrasonically bonded to ensure ohmic contact. Figure 3 shows the temperature dependence of (a) resistivity, (b) carrier density and (c) mobility for La-BTO films from [n]/Ti = 0.64% to 8.8%. Closed triangles in (a) denote the transition temperature from the non-polar phase to the polar phase determined by XRD and open triangles for La-BTO films from [n]/Ti = 0.64% to 8.8%. Closed triangles in (a) denote the transition temperature from the non-polar phase to the polar phase determined by XRD and open triangles denote the kink temperature where the slope of resistivity as a function of T changes. (d) Phase diagram of the films. Non-polar to polar transition temperatures determined by XRD shown as closed circles and by SHG shown as open circles are plotted with the counter plot of differentiation of ρ(T), dρ/dT. A phase: paraelectric metal, B phase: polar metal, and C phase: polar insulator are indicated.

The closed triangles presented in Fig. 2a show each polar transition temperature determined by the XRD measurement. Interestingly, for low-doped films (0.64, 1.0, and 1.9%), each polar transition temperature almost coincides with the kink temperature (denoted by open triangles), which corresponds to the temperature at which the slope of resistivity as a function of T changes. Such a change indicates that metallicity is enhanced at a polar state rather than at a non-polar state, as is discussed below in detail. The temperature dependence shown in Fig. 3a indicates that our doped BTO samples are not behaving like a conventional metal. In low temperature regime
up to 150 K, the resistivity tends to decrease by increasing the temperature. This is a typical behavior expected in doped semiconductors due to the thermal excitation of trapped carriers. Such an increase of mobility due to the thermal activation of carriers has been discussed in the context of small polaron theories and is ascribed to the strong coupling of charge carriers with high energy longitudinal optical phonons. Such excitations appear to reach a saturating point at 150 K. Accordingly at higher temperatures, our BTO samples behave differently, manifested by a monotonic increase of resistivity. As such, we don’t regard the low temperature phase as a polar metal phase but rather a polar insulator phase as shown in Fig. 3d. Further investigation to model the conduction mechanism is needed.

Figure 3d presents a phase diagram of films determined by XRD and SHG experiments as a function of \( n/Ti \). In addition, we superimpose the \( d\rho/dT \) data to clearly understand the relationship between transport properties and crystal phase transition. \( T_c \) determined by the slope change of the c-axis lattice constant presented in Fig. 2a is plotted as a closed circle and that determined by the onset temperature of SHG intensity presented in Fig. 2b is shown as an open circle. The ferroelectric transition temperature of bulk BTO is also plotted as a closed square for comparisons at \( n/Ti = 0 \). The non-polar paraelectric region is denoted as ‘A’ whereas the polar metal phase is denoted as ‘B’ whereas the polar insulator phase is denoted as ‘C’. Interestingly, one can find a broad polar metal phase region in the phase diagram of La-doped BTO film. Although the non-polar to polar transition temperature dramatically decreases with La doping, a broad polar metal phase remains due to an enhancement of the transition temperature induced by compressive strain.

Electronic structures of La-doped BaTiO₃. To develop an in-depth understanding of the origins of such an intriguing polar metal phase in the epitaxially strained BTO film, we performed a set of relativistic density functional theory calculations for bulk La-doped BTO using the full-potential augmented plane-wave method and the Perdew-Burke-Ernzerhof exchange-correlation function modified by the Becke-Johnson potential via the WIEN2K program. The effect of La doping is treated through a virtual crystal approximation. At each La concentration \( x \), corresponding experimental values of lattice parameters \( c \) and \( a \) are taken, whereas ionic positions are allowed to be fully optimized until the magnitude of force on each ion becomes less than 0.5 mRy/Bohr. The Brillouin zone is sampled using a \( 10 \times 10 \times 10 \) \( k \)-mesh.
Figure 4 shows the calculated band structures of the polar La-doped BTO at various La concentrations. It is evident that as a result of tetragonal crystal field splitting (CFS), the Ti-\(t_{2g}\) bands are split into two branches: one composed of \(d_{xy}\) orbital and the other composed of \(d_{xz, yz}\) orbitals (the energy separation between these branches is denoted by \(\Delta_{\text{CFS}}\)). The latter branch is split further into two sub-branches due to spin-orbit interactions (indicated by \(\Delta_{\text{SO}}\)). In the polar structures, the CFS acts such that light mass \(d_{xy}\) bands always fall energetically below heavy mass \(d_{xz, yz}\) bands. The opposite situation is found for the non-polar state; light \(d_{xy}\) bands lie above heavy bands. As a result, at low La concentrations, light (heavy) bands predominantly occupy the polar (non-polar) phase. As is shown in Fig. 4, by increasing \(x\), the tetragonal \(\Delta_{\text{CFS}}\) of the polar phase dramatically decreases from 220 meV at \(x = 1\%\) to 35 meV at \(x = 8.8\%\). This result accordingly leads to a destabilization of the ferroelectric phase and thus to a reduction of \(T_{c}\), as observed experimentally. More importantly, due to the decrease in \(\Delta_{\text{CFS}}\) and increase in \(x\), conducting electrons occupy both light \(d_{xy}\) and heavy \(d_{xz, yz}\) bands. In a thin film, the presence of heavy \(d_{xz, yz}\) electrons can un favourably affect electric transport and can result in a relative suppression of metallicity. This reasoning confirms our experimental finding that in La-doped BTO films, metallic behaviour is enhanced in the polar state rather than in the non-polar state. It is worth mentioning that by increasing \(x\), the band structures of polar and non-polar phases become similar. For example, if we compare the band structure of polar La-doped BTO at \(x = 8.8\%\) with the corresponding non-polar band structure, it is clear that in both cases, the Fermi level is almost at the same energy level and heavy bands accommodate most of the conducting electrons (see Fig. 4). Such a drastic change in the orbital character of conducting electrons in the polar phase is thus expected to be the main cause of abrupt \(\rho(T)\) slope changes around the transitional temperature at a low \(x\) (represented by the kink structure of the corresponding \(\rho(T)\) curves in Fig. 3a), whereas it shows almost no change with a sufficiently high \(x\).

Discussion
In conclusion, we fabricated La-doped BTO films on GdScO\(_3\) substrates via MOMBE. The temperature dependences of the \(c\)-axis lattice constant and of SHG intensity indicate that the polar transition temperature of La-BTO decreases as La doping levels increase. With low doping at 0.64\% (\(x = 1.0 \times 10^{-4}\) cm\(^{-2}\)), the film exhibits metallic behaviour down to 100 K. The behaviour by which such metallicity is enhanced at the polar phase for low-doped films appears to be explained by our first-principle calculations, which reveal a characteristic change in the band structure across the phase transition of a low doping regime. We also presented a phase diagram of polar/non-polar and metal/insulator states. Although the destabilization of the polar phase by electron doping and stabilization by compressive strain compete against each other, we found that for a wide range of La concentrations, this strain effect wins and thus causes the system to remain in the polar metal phase. It is interesting that the unique polar metal phase is discovered via chemical carrier doping in BTO films, because such chemical doping is a typical method used to induce an insulator-metal transition in transition metal oxides, and various ferroelectric transition metal oxides can be fabricated by a superstructure\(^8\) and via epitaxial strain\(^9\). This result suggests that carrier doping into a ferroelectric film stabilized by epitaxial strain can be used as an effective means to design and explore new polar metals.

Methods
The La-BTO films were fabricated by MOMBE at a substrate temperature of 870°C. The GSO substrates were annealed in air at 1,000°C for 6 hours before the growth to form an atomically flat surface. Ba and La were generated from conventional effusion cells of each pure (Ba: 99.999% and La: 99.9%) metal source. Ba flux was maintained at a beam equivalent pressure (BEP) of \(8 \times 10^{-6}\) Torr. Titanium tetra-isopropoxide (TTIP) (99.9999%) as a Ti source was supplied via thermal evaporation (~100°C) from a MO container bottle without any carrier gas. Distilled pure ozone gas was used as an oxidizing agent. We found that the direct growth of La-BTO films on GSO resulted in inferior crystalline quality but that the insertion of a 5 nm-thick BTO buffer layer dramatically improved crystalline quality. Therefore, all La-BTO films are composed of 5-nm-thick BTO buffer layer and of a 42–60-nm-thick La-doped BTO layer.

The films were characterized by optical second harmonic generation (SHG) with 1.55 eV fundamental photons (150 fs duration at a 1 kHz repetition rate) in the reflection geometry at a 45-degree incidence. Both incident and SH photons were \(p\)-polarized with the incident plane parallel to the (001)–plane of the GSO substrate. The signal was directed to colour filters and to a monochromator and was detected using a photomultiplier tube.

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Author Contributions
K.S.T. and Y.M. grew and characterized the films. M.S.B. performed the electronic structure calculations. N.O. measured and analysed the SHG data. D.H. performed the XRD measurements at low temperatures. K.S.T. and Y.M. performed the structural and transport properties of Ba$_{1-x}$Sr$_x$TiO$_3$ films. N.O. performed the X-ray scattering and Rietveld analysis. K.S.T. and Y.M. grew and characterized the films. M.S.B. performed the electronic structure calculations. N.O. measured and analysed the SHG data. D.H. performed the XRD measurements at low temperatures. K.S.T. and Y.M. analysed the data. Y.T. and M.K. contributed to discussions of the results and guided the project. K.S.T. and Y.M. wrote the manuscript with the help of the other authors.

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