Epidemiological Study of Cutaneous Leishmaniasis in Tuz

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A B S T R A C T

A total of 107 Cutaneous leishmaniasis patients studied during the period from October 2012- April 2013 in TUZ General Hospital. They were 57% males, their ages ranged from 1-60 years old. Clinically, 58% of patients had multiple lesions, while 42% had single lesion. It was found that 36.5% of patients had dry type while 63.5% had wet type lesion. The highest rate of lesion was on upper limbs 57% while the lowest rate in the ear 1%. Highest rate of cases were recorded during February 32.1% while lowest rate of cases were recorded in April 3.37%. According to cultures and smears 73% of cases were positive to giemsa stain and 43% were positive in cultures. Secondary bacterial infection occurred in 42% of lesions; Staphylococcus epidermidis 55% was the most common bacteria isolated from lesions, followed by Staphylococcus aureus 33%.

Introduction

Leishmaniasis is endemic in 88 countries throughout Africa, Asia, Europe and North and South America (Dedet et al., 2003). There are an estimated 12 million cases worldwide and there are about 1.5 million new cases of cutaneous leishmaniasis (CL) each year of which over 90% occur in Afghanistan, Algeria, Iran, Iraq, Saudi Arabia, Syria, Brazil and Peru (Ashford et al., 1992). Old World disease primarily is caused by Leishmania tropica in urban areas and Leishmania major in dry desert areas (William, 2004). In Iraq Two species are present in Iraq: L. tropica, agent of anthroponotic CL, L, major, agent of zoonotic CL. Both ACL and ZCL occur in Iraq.ACL is mainly suburban (Communicable Disease Control, 2003). CL burden in Iraq, number of cases reported (incidence rate per 100,000): in 2001: is 625 cases and in 2000 is: 955 cases. While in the following years the (incidence rate per 100,000 increased (Ala, 2004). To determine the prevalence of CL in AL-TUZ General Hospital and to clarify the secondary bacterial infection in CL and its effect on natural history of disease.

Materials and Methods

A total of 107 patients infected with CL were included in this study during the period between October 2012 to April 2013 in the dermatology out–patients clinic of AL-TUZ General Hospital in AL-TUZ district.
Although CL infect all age groups, the patients were divided into two groups according to development of immune system and due to different requirement of Zn diet for maturation and growth for all age groups.

Results and Discussion

From the total of 107 patients with CL were included in the study, 57% of patients were male, while 43% were female (figure 1).

CL patients were included in this study their ages ranging between 1-60 years old, 43% of them their ages ranging between 1-15 years old and 57% were ages above 15 years old (Figure 2).

The male patients above 15 years 25.23% from 107 and their ages ranging between 16-52 years old and female patients above 15 years old 31.7% from 107 patients and their ages ranging between 16-60. Male patients ≤ 15 years old 31.7% from 107 patients which were their ages ranging between 2-15 years and female patients ≤ 15 years old 11.21% from 107 patients which their ages ranging between (1-15) years old (Figure 3).

Regarding to the type lesions and distribution of CL lesions on the skin of patients. It was found that 58% had multiple lesions, while 42% had single lesions (figure 4).

The highest number of skin lesion was 10 lesions. The total number of skin lesion in all CL patients were 187 lesions both nodular (Dry type) 36.50% and ulcerative (wet type) 63.50% (figure 5).

It was found that the most lesion were present on exposed area of the body. The result show that 57% of lesion were on upper limbs, 25% on the face, 15% on the lower limbs, 2% on the scalp and 1% on the ear as shown in Figure (6).

The highest rate of infection was recorded during February 32.1% while the lowest rate was recorded during April (7.49%) as show in Figure (7).

For improvement the diagnosis of aspirated material from CL lesion were stained by using Giemsa stain and cultured on semi-solid media. It was found that 73% of samples were positive for Giemsa stain, while 27% were negative as shown in Figure (8).

The percentage of positive culture of Leishmania on semi-solid media was represented in Figure (9).

It was found that 43% of samples were positive while 57% were negative (no growth). Figure (10) shown types and percentages of secondary bacterial infection that isolate from CL lesions. It found that the most common bacteria was Staphylococcus epidermidis 55% following by staph aureus 33%, Streptococcus pyogenes 7% and Escherichia coli 5%.

AL-TUZ district is regarded as rural area, there are many factors that play important role in presence and distribution of CL in this district area like presence of reservoirs animals like rodents, dogs, etc., presence of Marshes and some of houses are made of clay especially houses which in villages that belong to this district area. Even that AL-TUZ district is regarded as agriculture area that attracts and harboring many kinds of insects therefore people through their working for long time in the farms were more exposed to insects bite.

Form the total of 107 patients with CL were included in the study, 57% of patients were male, while 43% were female. This result was in agreement with that found by AL-Obaidi who carried on his study in Tikrit, Sarhan ER. Who carried on his study in Baghdad and
Sharifi et al., who carried on his study in Iarn in contrast AL-Zaidawi who carried on his study in Tikrit he was found that the rate of infection in female was higher than in male. these differences may be explained due to difference in the number of population included in these groups of studies.

The incidence rate of infection by CL in patient were their ages above 15 years old was 57% while it was 43% in patients which were their ages ≤ 15 years old. Male CL patients were their ages above 15 years old were represented in this study were 25.23% from 107 patients. Female CL patients were their ages above 15 years old 31.7% from 107 patients. this difference between these two groups of patients might be explained that female in this group of ages more exposed to insects bite than male patients in the same ages group and due to that most of worker in the farms were females and through our data we found that male CL patients were their ages ≤ 15 years old they were (31.7%) from all patients.

Female CL patients were their ages ≤ 15 years old they were (11.21%) from 107 CL patients, so incidence rate of infection in the male patients in this ages group is higher than in female in same ages group, the difference between these two groups might be related to habit of male patients in this ages group in playing without clothes even that swimming in the Marshes. This finding was in agreement with that found by AL-Obaidi in Tikrit and Hussein in Baghdad and EL-Gorban in Door town (AL-Obaidi, 2000).

Through our clinical study we observed that the proportion of CL patients which have ulcerative wet type lesions (ZCL) (63.5%), higher than in the patients which have nodule dry lesions (ACL) (36.5%) (Figure 5).this result may be explained due to the presence of reservoirs animals in large numbers in this area especially rodents and higher than in patients which have single lesion (42%). This result could be explained that people more exposed to plebotomine sand flies and high rate of presence sand flies in this area.

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**Figure 1. Distribution of CL According**

|        | Male | Female |
|--------|------|--------|
| %43    | %57  |        |

**Figure 2. Percentage of CL patients ≤15 and above 15 years old**

|        | 15≥ | 15<  |
|--------|-----|------|
| %57    | %43 |      |
Figure 3. Distribution of CL Patients According to age and sex groups

Figure 4. Distribution of CL patients According to Number of lesions

Figure 5. Distribution of CL Patients According to Type of Lesions

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480
Figure 6. Distribution of skin lesions on different parts of the body of 107 patients infected with CL.

Figure 7. The monthly distribution of CL patients in 107 patients attended AL-TUZ General Hospital from Oct 2012 to Apr 2013.

Figure 8. The percentage of positive & negative CL cases in smears.

Figure 9. The percentage of positive & negative CL cases in cultures.
Regarding to distribution of CL lesions in this study we found that the higher proportion of the lesions were located on the upper limbs (57%), face (47%) and lower limbs (15%) and less frequent on the scalp (2%) and ear (1%).

In comparison to the AL-Obaidi (Dedet et al., 2003) study he was found that the incidence rates of CL lesions were on upper limbs, lower limbs and less frequent in on the face and much less on the trunk respectively. In contrast to AL-Zaidaw, who reported that the face was more affected. These differences may be explained due to the habitant and habits of people concerned. Some of people prefer to sleep outdoors, the upper and lower limbs as well as the face being exposed to sand fly bites at night when the insects become more active. In general presence and distribution of lesion depend on exposed parts of body of susceptible host.

Regarding to the monthly distribution of CL patients, new cases tended to increase in October and reach to maximum in January and February. The incidence rate of infection started to decline from March and reaches its lowest point in April. It was observed that the majority of CL patients were attended to AL-TUZ between the months of October and March. This result was in agreement with that found by AL-Obiadi. The differences in monthly distribution of CL patients might be related to activity of the sand flies, development of female insects and requirement of blood during their life cycle for maturation and development of eggs to complete their life cycle especially in spring season. The gaps between the bite and appearance of skin lesions might be related to long incubation period of Leishmaniasis (2-4 months).

To confirm the diagnosis of CL smears and cultures were used in this study, 73% of samples were positive while 27% were negative stained. The negative results might be due to long duration of lesions. Regarding to cultivation it was found that 43% of samples were positive, while 57% were negative (no growth). The negative results may be due to long duration of lesions, contamination by fungus, bacteria and even that the Leishmania spp regarded as fastidious microorganisms.

Secondary bacterial infection occurred in 42% of CL lesions. Most of bacteria were regarded as opportunistic microorganisms. Different kinds of bacteria that associated with CL lesions occurred with different proportions: Staphylococcus epidermidis 55%, Staphylococcus aureus 33%, Streptococcus pyogen 7% and Escherichia coli 5%.
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