Realizing Hydrogen De/Absorption Under Low Temperature for MgH$_2$ by Doping Mn-Based Catalysts

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Abstract: Magnesium hydride (MgH$_2$) has been considered as a potential material for storing hydrogen, but its practical application is still hindered by the kinetic and thermodynamic obstacles. Herein, Mn-based catalysts (MnCl$_2$ and Mn) are adopted and doped into MgH$_2$ to improve its hydrogen storage performance. The onset dehydrogenation temperatures of MnCl$_2$ and submicron-Mn-doped MgH$_2$ are reduced to 225 °C and 183 °C, while the un-doped MgH$_2$ starts to release hydrogen at 315 °C. Further study reveals that 10 wt% of Mn is the better doping amount and the MgH$_2$ + 10 wt% submicron-Mn composite can quickly release 6.6 wt% hydrogen in 8 min at 300 °C. For hydrogenation, the completely dehydrogenated composite starts to absorb hydrogen even at room temperature and almost 3.0 wt% H$_2$ can be rehydrogenated in 30 min under 3 MPa hydrogen at 100 °C. Additionally, the activation energy of hydrogenation reaction for the modified MgH$_2$ composite significantly decreases to 17.3 ± 0.4 kJ/mol, which is much lower than that of the primitive MgH$_2$. Furthermore, the submicron-Mn-doped sample presents favorable cycling stability in 20 cycles, providing a good reference for designing and constructing efficient solid-state hydrogen storage systems for future application.

Keywords: hydrogen storage; MgH$_2$; Mn-based catalysts; catalytic effect; reversibility

1. Introduction

Clean and sustainable energy is attracting tremendous attention worldwide because of the continuous shortage of fossil fuels and the worsening of environmental pollution. Hydrogen, which occupies higher energy density (142 MJ/kg) [1,2] than traditional fossil fuels and produces only clean and nontoxic water during combustion, is regarded as one of the most promising renewable energy resources [3,4]. Unfortunately, the utilization of hydrogen economy still faces many technical difficulties, especially for hydrogen storage [5–7]. Compared with the liquid and gaseous hydrogen, hydrogen stored in solid-state materials not only has the advantage of high hydrogen storage density, but also keeps safety during application [8–10]. Magnesium hydride (MgH$_2$) with large mass hydrogen storage capacity (7.76 wt%), natural abundance, and excellent reversibility, ignites hope for meeting the demands of practical application of high-capacity hydrogen storage [11–13]. Nevertheless, its high thermodynamic stability and poor kinetic properties still lie in the way of practical application [14–16]. To conquer the above challenges, diverse technics like nanoconfinement [17–22], alloying [23–27], and catalyst doping [28–35] have been conducted over the past decades.

Transition metal halides were easy to be obtained and doped to MgH$_2$ to improve its hydrogen storage properties [36–41]. Jangir et al. [42] observed that the initial desorption temperature of MgH$_2$
was decreased by about 100 °C by doping TiF$_4$ and the activation energy was lower by about 96 kJ/mol. Zhang et al. [43] successfully prepared a MgH$_2$-NiCl$_2$ composite and SEM tests exhibited that the addition of NiCl$_2$ was conductive to decreasing the size of MgH$_2$ grains and particles. Ismail et al. [44] doped FeCl$_3$ into MgH$_2$ to find that the desorption temperature of the MgH$_2$-10 wt% FeCl$_3$ composite was 90 °C lower than that of as-milled MgH$_2$ and the activation energy for hydrogen desorption was also decreased from 166 kJ/mol to 130 kJ/mol. Mao et al. [45] revealed that the MgH$_2$/NiCl$_2$ sample could release 5.17 wt% H$_2$ in 60 s at 300 °C and the dehydrogenation activation energy was decreased to 121.3 kJ/mol and 102.6 kJ/mol for MgH$_2$/CoCl$_2$ and MgH$_2$/NiCl$_2$ sample, respectively.

According to the above references, it can be concluded that doping transition metal halides into MgH$_2$ could greatly enhance the dehydrogenation properties. As far as we know, studies about Mn-based catalysts have rarely been researched, thus, it is urgent and interesting to explore the catalytic effect of MnCl$_2$ for the reversible hydrogen storage performance of MgH$_2$. However, there are still some shortcomings about the doping of transition metal halides. On one hand, the really doping amount of transition metal atoms are restricted because of the heavy halogen atoms. On the other hand, there would be a deadweight that Mg may react with halogen elements to form MgCl$_2$ or MgF$_2$ which could affect hydrogen capacity and absorption/desorption rates [44].

In this work, the catalytic effect of MnCl$_2$ was investigated and based on the microstructure evidence, submicron-Mn was successfully synthesized via a simple wet chemical method and doped directly to MgH$_2$ to further enhance the hydrogen storage properties of MgH$_2$. Moreover, its catalytic mechanism was explored and discussed in detail.

2. Materials and Methods

2.1. Sample Preparation

Powders of manganese chloride (MnCl$_2$) was purchased from Sinopharm Chemical Reagent and Mn powders was commercially purchased from Aladdin Industrial Corporation. Submicron-Mn particles were prepared by a wet-chemical ball milling method. At first, 4 g Mn powders (99.95%, Aladdin Industrial Corporation, Shanghai, China), 12 mL heptane (98.5%, Sinopharm Chemical Reagent Co., Ltd., Shanghai, China), 0.6 mL oleic acid (90%, Sinopharm Chemical Reagent Co., Ltd., Shanghai, China), 0.2 mL oleylamine (98%, Sinopharm Chemical Reagent Co., Ltd., Shanghai, China), and 240 g balls were mingled in a home-made stainless steel jar under 0.1 MPa of Ar. The mixture was milled at a speed of 400 rpm for 60 h in the planetary ball mill (QM-3SP4, Nanjing, China). The treated slurry mixed with another 15 mL heptane, 1 mL oleic acid, and 1 mL oleyl acid was then placed in a centrifuge tub. In addition, ethanol was used to centrifuge and wash the mixed solution eight times to remove larger particles and residual organic solvent. Finally, Mn submicron particles (submicron-Mn) can be acquired after vacuum-drying at room temperature for 12 h.

The MgH$_2$ used was synthesized in our laboratory. First, Mg powder (99%, 100–200 mesh, Sinopharm Chemical Reagent Co., Ltd., Shanghai, China) was placed at 380 °C under the hydrogen pressure of 6.5 MPa to absorb hydrogen for 2 h. The second step was to ball-mill the processed samples at 450 rpm for 5 h. After repeating the above hydrogenation heat treatment, MgH$_2$ can be finally acquired.

The MgH$_2$ + x wt% submicron-Mn (x = 5, 10 and 15) and MgH$_2$-MnCl$_2$ composites were prepared by mechanical ball milling at 450 rpm for 2 h under 0.1 MPa of Ar (the ball to material ratio is 40:1). In order to avoid oxidation and contamination, all samples were handled and transferred in an Ar-filled glove box (Mikrouna, Shanghai, China) where the oxygen /water concentration was kept less than 0.1 ppm.

2.2. Sample Characterization

X-ray diffraction (XRD) analyses of all samples were performed on an X'Pert Pro X-ray diffractometer (PAN analytical, Royal Dutch Philips Electronics Ltd, Amsterdam, Netherlands) with
XRD analyses of all samples were performed on an X'Pert Pro X-ray diffractometer. Cu K α radiation at 40 KV, 40 mA to detect the phase compositions. To avoid air and water contamination, a special container was adopted for transferring and scanning samples. A scanning electron microscopy (SEM, Hitachi SU-70, Tokyo, Japan) with an energy dispersive spectroscopy (EDS) was performed to further characterize morphologies and element distribution of the samples. The hydrogen absorption and desorption properties were tested in a Sieverts-type apparatus. During testing non-isothermal hydrogen desorption properties, about 75 mg sample was heated to 450 °C at a heating rate of 2 °C min⁻¹ in a sealed stainless steel reactor. For hydrogenation, the samples were gradually heated from room temperature to 400 °C at an average rate of 1 °C min⁻¹ under 3 MPa H₂. For isothermal measurements, the samples were first heated up to the desired temperature and then keeping the temperature constant in the whole test. In order to get the exact values of hydrogenation capacity, the second dehydrogenation measurements were also conducted to verify the accuracy of the values. Moreover, controlling the hydrogen pressure for de/hydrogenation tests well is also important, the isothermal absorption tests were performed at various temperatures under 3 MPa while the isothermal desorption performance was tested at different temperatures under hydrogen pressure below 0.001 MPa.

3. Results and Discussion

To investigate the catalytic effect of MnCl₂ on the hydrogen storage properties of MgH₂, 5 wt% MnCl₂ was ball milled with MgH₂ to prepare the MgH₂ + 5wt% MnCl₂ composite, and temperature-programmed desorption (TPD) tests were conducted from room temperature to 450 °C, the results are shown in Figure 1a. The un-doped MgH₂ began to release hydrogen from 315 °C and about 7.45 wt% hydrogen could be desorbed after the non-isothermal test. It is clear that the dehydrogenation temperature shifts to lower temperature after doping MnCl₂ powders, which started to release hydrogen at 230 °C and about 6.8 wt% hydrogen could be attained when heating up to 350 °C. XRD measurements were also used to shed light on the microstructure evolution in the desorption process. Figure 1b shows that MgH₂ still dominates the diffraction peaks for MgH₂-MnCl₂ sample and no apparent new phases appeared during the ball-milling process, indicating that it was only a physical mixture after the ball milling process. After dehydrogenation, it is interesting that the signal of Mn phase emerged at 43° besides Mg phase. It is much likely that MnCl₂ reacted with MgH₂ during the dehydrogenation process, just as reported in other transition metal halides-modified MgH₂ systems [42,44]. Therefore, Mn may be the key to enhance the dehydrogenation performance of MgH₂. In order to confirm this conjecture, submicron-Mn particles were further synthesized and a series of tests were performed.

![Figure 1](image-url)

Figure 1. Volumetric release curves (a) MgH₂, MgH₂ + 5 wt% MnCl₂ samples and XRD patterns of MgH₂-MnCl₂ composite in in ball-milling state and dehydrogenated state (b).
When the temperature rose to 350 °C, the onset desorption temperatures further decreased to 175 °C for MgH2 + 15 wt% submicron-Mn composites, the onset desorption temperatures further decreased to 175 °C and 90 °C, respectively. When the temperature rose to 350 °C, about 6.8 wt%, 6.5 wt%, and 6.1 wt% H2 could be obtained for the MgH2 + 5 wt% submicron-Mn, MgH2 + 10 wt% submicron-Mn, and MgH2 + 10 wt% MnCl2 composite, respectively. Moreover, the non-isothermal dehydrogenation curves in Figure 3a depicted that the onset temperatures of MgH2 + 5 wt% submicron-Mn composite was 225 °C, 5 °C, and 90 °C lower than that of MgH2 + 5 wt% MnCl2 composite and additive-free MgH2, respectively. Just as expected, after submicron-Mn was doped to MgH2, MgH2 + 5 wt% submicron-Mn composite began to release hydrogen at 183 °C, superior to purchased Mn and MnCl2. In order to figure out the best doping amount, different amounts of submicron-Mn were ball-milled with MgH2 and further isothermal and non-isothermal measurements were conducted on the MgH2 + submicron-Mn composites. It could be clearly seen from Figure 3b that the volumetric release curves of submicron-Mn modified samples shifted toward lower temperatures with the increasing doping amount. The MgH2 + 5 wt% submicron-Mn composite possessed onset dehydrogenation temperatures of 183 °C, about 132 °C lower than that of prepared MgH2. As for the MgH2 + 10 wt% submicron-Mn and MgH2 + 15 wt% submicron-Mn composites, the onset desorption temperatures further decreased to 175 °C and 165 °C, respectively. When the temperature rose to 350 °C, about 6.8 wt%, 6.5 wt%, and 6.1 wt% H2 could be obtained for the

Figure 2. XRD patterns (a) and SEM images of purchased Mn (b) and as-prepared Mn particles (c,d).
MgH$_2$ + 5 wt% submicron-Mn, MgH$_2$ + 10 wt% submicron-Mn, and MgH$_2$ + 15 wt% submicron-Mn samples, respectively. Further isothermal dehydrogenation measurements of the above three samples are performed at 275 °C. Figure 3c shows that only 4.7 wt% of H$_2$ was desorbed in the first 10 min for the MgH$_2$ + 5 wt% submicron-Mn composite. For the MgH$_2$ + 10 wt% submicron-Mn and the MgH$_2$ + 15 wt% submicron-Mn samples, the values increased to 6.1 wt% and 6.0 wt%. On the contrary, the pristine MgH$_2$ sample could hardly release hydrogen under the same condition.

According to the results of TPD curves, it could be concluded that the addition of submicron-Mn could remarkably improve the hydrogen desorption kinetics of MgH$_2$. Moreover, the initial dehydrogenation temperature did not decrease obviously after increasing the doping amount of catalyst. From a comprehensive perspective of the dehydrogenation temperature and capacity, the MgH$_2$ + 10 wt% submicron-Mn was chosen for further study. Figure 3d presented the isothermal dehydrogenation curves of MgH$_2$, MgH$_2$ + Mn, and MgH$_2$ + submicron-Mn samples. Additionally, MgH$_2$ + 10 wt% submicron-Mn at relatively low temperature were also performed, shown in Figure 4c. Even at a low temperature of 50 °C, the dehydrogenated MgH$_2$ + 10 wt% submicron-Mn sample still absorbed 1.8 wt% hydrogen within 40 min. When the temperature went up to 75 °C, the MgH$_2$ + 10 wt% submicron-Mn sample could quickly release 6.6 wt% hydrogen in 8 min at 300 °C (almost 96.5% of theoretical hydrogen storage capacity). At 275 °C, this sample could desorb the same amount hydrogen with 20 min. Furthermore, about 6.0 wt% H$_2$ could be acquired at 250 °C.

Besides the significantly improved dehydrogenation properties, hydrogen absorption kinetics of MgH$_2$ + submicron-Mn composites were also investigated. As shown in Figure 4, the isothermal and non-isothermal hydrogenation tests were performed. From Figure 4a, it can be seen that the dehydrogenated MgH$_2$ + 10 wt% submicron-Mn sample could absorb H$_2$ even at room temperature and about 5.5 wt% hydrogen could be re-absorbed when heating up to 250 °C. However, the dehydrogenated MgH$_2$ sample sluggishly took up hydrogen from 186 °C. The hydrogen absorption curves of MgH$_2$ + 10 wt% submicron-Mn at relatively low temperature were also performed, shown in Figure 4d. Although the hydrogen desorption rate of MgH$_2$ + 10 wt% submicron-Mn at 300 °C was higher than the hydrogen absorption rate at 250 °C (almost 96.5% of theoretical hydrogen storage capacity), the MgH$_2$ + 10 wt% submicron-Mn sample could still absorb about 6.0 wt% H$_2$ at 250 °C. The hydrogen absorption behavior of MgH$_2$ + 10 wt% submicron-Mn was also investigated at 275 °C, shown in Figure 4e. The hydrogen absorption rate of MgH$_2$ + 10 wt% submicron-Mn at 275 °C was almost the same as that at 250 °C (about 6.0 wt%).
in Figure 4b. Even at a low temperature of 50 °C, the dehydrogenated MgH$_2$ + 10 wt% submicron-Mn sample still absorbed 1.8 wt% hydrogen within 40 min. When the temperature went up to 75 °C, the hydrogen uptake of the submicron-Mn-doped sample amounted to 2.3 wt% under the same condition. After hydrogenation at 100 °C for 40 min, the fully dehydrogenated composite could absorb 3.2 wt% hydrogen. As a comparison, non-isothermal hydrogenation measurement of MgH$_2$ sample were also conducted (Figure 4c). For the dehydrogenated MgH$_2$ sample, only 2.6 wt% H$_2$ was absorbed even at 210 °C within 30 min.

In addition, the Ea values of the hydrogenation reaction were calculated to further explore the improved kinetics of hydrogenation for MgH$_2$ + 10 wt% submicron-Mn sample. Some kinetic models such as Johnson-Mehl-Avrami-Kolmogorov (JMAK) model for the gas-solid reaction were adopted to simulate the evolution of kinetics [46,47]. Figure 4d depicts the JMAK model through fitting the absorption curves and the Ea values for the hydrogenation reactions were finally calculated according to Arrhenius equation [48].

\[
\ln[-\ln(1 - \alpha)] = n\ln k + n\ln t
\]

\[
k = A\exp\left(-\frac{E_a}{RT}\right)
\]

where $\alpha$ is the fraction of Mg converted to MgH$_2$ with time, $k$ is an effective kinetic parameter, and $n$ is the Avrami exponent. The numerical values of $n$ and $n\ln k$ carried out by fitting the JMAK plots are shown in Figure S1.

In accordance with the curves shown in Figure 4d, the calculated Ea value of the hydrogenation process for the dehydrogenated MgH$_2$ was calculated to be 72.5 ± 2.7 kJ/mol, while the value was reduced to 17.3 ± 0.4 kJ/mol for the dehydrogenated MgH$_2$ + 10 wt% submicron-Mn sample.
The greatly reduced activation energy also indicates that the energy barrier for hydrogenation was distinctly decreased after the addition of submicron-Mn, which well explains the evidently improved hydrogenation kinetics of the MgH$_2$ + 10 wt% submicron-Mn sample.

Although doping submicron-Mn into MgH$_2$ has shown great improvement in the reversible hydrogen storage properties, the catalytic mechanism of submicron-Mn in modifying MgH$_2$ remained unknown. To further elucidate the hydrogen de/absorption mechanism, XRD tests of the MgH$_2$ + 10 wt% submicron-Mn sample in ball-milled, dehydrogenated, and rehydrogenated state were performed. In the ball-milled state (Figure 5a), MgH$_2$ phases still dominated the XRD pattern while the diffraction peaks of doped submicron-Mn were also found at around 43°. Interestingly, the XRD results demonstrated that the submicron-Mn was stable and persistently acted as an active substance during the process of de/hydrogenation. After dehydrogenation (Figure 5b) and 20th rehydrogenation (Figure 5c), the primary phase transformation during cycling is the transformation between Mg and MgH$_2$. However, the diffraction peak of Mn which could be found at 43° was stable after 20 cycles and no other phases of Mn-related composites occurred, illuminating that Mn was the active catalyst to enhance the hydrogen storage properties.

![XRD patterns of MgH$_2$ + 10 wt% submicron-Mn samples in three different states, ball-milled state (a), dehydrogenated state (b), and hydrogenated state (c).](image)

**Figure 5.** XRD patterns of MgH$_2$ + 10 wt% submicron-Mn samples in three different states, ball-milled state (a), dehydrogenated state (b), and hydrogenated state (c).

In order to realize the practical application of hydrogen energy, preserving long-term kinetics is considered as one of the important indexes to evaluate the practicability for hydrogen storage materials. In this case, as shown in Figure 6, cycling tests of the MgH$_2$ + 10 wt% submicron-Mn composite were further operated under the conditions of isothermal dehydrogenation and hydrogenation at 275 °C. As revealed in this pattern, the MgH$_2$ + 10 wt% submicron-Mn sample could acquire a hydrogen capacity of 6.46 wt% in the first desorption. When exposed to hydrogen atmosphere of 3 MPa, the dehydrogenated sample quickly absorbed 5.94 wt% hydrogen. After 20 cycles, this composite could also release 5.72 wt% H$_2$ (almost 89% of the original capacity). Compared with our previous study [29], the cycling property was better than that of MgH$_2$ + nano-Fe samples, which had an evident decrease in the first 20 cycles. In general, the degenerating cycling properties caused by that MgH$_2$ particles tend to grow and aggregate during the process of thermolysis [9,49]. Thus, although the addition of
Submicron-Mn can significantly enhance the de/hydrogenation performance of MgH₂; other technics should still be explored to improve the cycling properties.

![Graph](image-url)

**Figure 6.** Isothermal dehydrogenation/hydrogenation cyclic kinetics curves of the MgH₂ + 10 wt% submicron-Mn sample.

**4. Conclusions**

In summary, MnCl₂ and Mn particles were doped as catalysts into MgH₂ to improve its hydrogen storage properties and the submicron-Mn particles exhibited superior catalytic effect. The MgH₂ + 10 wt% submicron-Mn composite started to release hydrogen at 175 °C and about 6.6 wt% hydrogen could be obtained within 8 min at 300 °C. For absorption performance, the dehydrogenated MgH₂ + 10 wt% submicron-Mn sample began to absorb H₂ at room temperature the completely dehydrogenated sample could assimilate 3.0 wt% H₂ within 30 min under 100 °C while the dehydrogenated MgH₂ needed a high temperature of 210 °C to absorb the same amount of H₂. Besides, the Ea of hydrogen absorption of MgH₂ was reduced to 17.3 ± 0.4 kJ/mol because of the addition of submicron-Mn. Moreover, the MgH₂ + 10 wt% nano-Mn composite exhibited good cycling performance that 89% of initial hydrogen could still be maintained after 20 cycles.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/xxx/s1, Figure S1: JMAK plots of MgH₂ + 10 wt% submicron-Mn (a) composite and MgH₂ (b).

**Author Contributions:** L.Z. and S.S. designed experiments; Z.S. carried out experiments; N.Y., T.B., and J.Z. analyzed experimental results; Z.S., Z.Y., and L.Z. wrote the manuscript. All authors have read and agreed to the published version of the manuscript.

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