BCG-induced neutrophil extracellular traps formation and its regulatory mechanism

Erlin Sun (drelsun@163.com)
second Hospital of Tianjin Medical University https://orcid.org/0000-0003-1101-5913

Kangkang Liu
Tianjin Institute of Urology

Mingde Lei
Tianjin Institute of Urology

Lining Wang
Tianjin Institute of Urology

Xuewu Nian
Tianjin nankai hospital

Limin Li
the 4th people's hospital of hengshui

Jingda Gao
children's hospital of hebei province

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Abstract

Background: Intravesical BCG is one of the most effective immunotherapies for bladder cancer. Our previous study showed that BCG induces the formation of neutrophil extracellular traps (NETs), which play an important role in bladder tumor treatment. To identify how BCG induced NETs formation, we examined NETs formation induced by BCG in vitro and in a mouse model, then analyzed the effects of NETs on BCG and the relevant regulatory mechanism.

Results: We observed the NETs at different time points by Confocal Laser Scanning Microscope (CLSM) and Scanning Electron Microscopy (SEM), the results found that BCG induced in vitro NETs formation in a time-dependent fashion, which was inhibited by pretreatment with DNase I and protease. FITC-labeled BCG was used to observe capturing by NETs. Interestingly, BCG was trapped but not killed in vitro by NETs, which was different from the effect on Staphylococcus aureus. Moreover, ROS was required for BCG-induced NETs formation, which was regulated by MEK, p38, PI3K, and PKC pathways. Finally, NETs formation was observed in mouse urine and subcutaneous tumors after BCG perfusion.

Conclusions: By exploring how BCG induced the formation of NETs and the regulatory mechanism, we conclude that a novel immune reaction involving neutrophils exists in the early stages of BCG treatment.

Introduction

Intravesical administration of Bacillus Calmette-Guerin (BCG), a live attenuated Mycobacterium bovis vaccine widely used to prevent tuberculosis, is currently the most common immunotherapy employed for non-muscle invasive bladder urothelial carcinoma (NMIBC). [1] Bladder carcinoma is one of the most widespread cancers, most of which are NMIBC at the time of diagnosis. [2] The precise mechanism underlying BCG immunotherapy has not been established, but Th1-type immunity is considered to have a key role. [3] Neutrophils, as the first line of defense against invading microbes, account for approximately 75% of the immunocytes recruited by BCG; [4, 5] however, the neutrophil count has been previously underestimated in mycobacterial infections. Recent studies reveal that neutrophils are required for the efficacy of BCG immunotherapy. [4-6]

Extracellular traps (NETs), a mixture of cytoplasm and decondensed chromatin, serve as an antimicrobial mechanism used by neutrophils and are expelled through the ruptured cytomembrane upon activation.[7] NETosis are an irreversible cellular process that differ from apoptosis or necrosis. [8] NETs are triggered by a variety of bacteria, eukaryotic parasites, viruses, and pro-inflammatory factors. [9-14] Remarkably, two strains of mycobacteria (H37Rv and M. canetti) with high or low virulence induce NETs formation. [15, 16] M. tuberculosis induces neutrophil and macrophage extracellular traps, depending on ESX-1/RD1. [17, 18] It has been reported that the M. tuberculosis Δ RD1 mutant fail to induce NETs, and the integrity of RD region is critical to the generation of NETs.[18] BCG is an attenuated strain of M. bovis that is characterized by RD deletion, but we have shown that BCG can induce NETs formation. However, how BCG induces NETs formation and the potential regulatory mechanisms are unclear.
NETs are fibers composed of chromatin, in association with granular proteins, such as neutrophil elastase (NE), cathepsin G, myeloperoxidase (MPO), and cytoplasmic proteins. [9, 14] NETs can prevent microbe dissemination, [14, 15] which represents an important strategy to immobilize and kill invading microorganisms; however, some microorganisms possibly evade NETs entrapment and killing by destroying the backbone (DNA and protein) or inducing immunosuppression. [7] Additionally, NETs are implicated in the innate immune response, and excessive release can perpetuate sterile inflammation, [14] autoimmune disease, and pathologies. [19-21]

Thus, we hypothesized that BCG can induce NETs formation that mediate immunoreactions during oncotherapy. In our recently published study, we reported that BCG induces the formation of NETs, which suppresses the development of bladder tumors. [22] In this study, we confirmed the NETs formation following BCG treatment, and for the first time verified the roles of NETs in trapping BCG and delineated the regulatory mechanisms of BCG-induced NETs formation. The results could help us better understand the participation of neutrophils in the early stages of BCG-related antitumor immunity.

Results

**DNA and proteins are required for NETs formation**

The increase in extracellular DNA fibers produced by human neutrophils exposed to BCG was monitored. Under a fluorescence microscope, a modest increase was shown in extracellular DNA staining after exposure of human neutrophils to BCG and PMA (MOI =10), and clusters of neutrophils were visualized that were similar to the typical structure of NETs (Fig 1A). [8-11] Under SEM, BCG-stimulated neutrophils firmly attached to the slide and aggregated with fibrillar material extruded extracellularly. Compared with intact neutrophils (round and regular shape), BCG-treated neutrophils produced an abundance of fibers in varying diameter and length and were decorated with globular granules. Moreover, the fibers clumped and covered nearly the entire surface. In contrast, NETotic cells induced by PMA were scattered with fine fibers connected with each other (Fig 1B). The CLSM demonstrated extracellular co-localization of NE and histone H3 admixed with DNA, confirming the presence of NETs (Fig 1C). Notably, fresh BCG (MOI=10) stimulated more efficiently than senile (More than 2 weeks in the plateau phase of the growth cycle) and dead bacteria (autoclaved), and 100nM PMA. To determine the composition of NETs, Dnase I and proteases were added. Following Dnase I or protease pre-treatment, neutrophils did not produce NETs in response to BCG ($P<0.01$; Fig 1D). Therefore, DNA and protein structures are required for NETs formation. Additionally, the amount of DNA and proteins in BCG-induced NETs were significantly higher than PMA-induced ones ($P<0.001$; Fig 1E).

**BCG induce in vitro NETs in a time-dependent manner**

Indeed, it was observed that NETs began to be released from some neutrophils after BCG-stimulation within a few minutes. The morphologic changes of neutrophils induced by BCG included immediate cell flattening, increased adherence, pseudopod extension, and aggregation compared with resting neutrophils (Fig 2A). Neutrophils attached to the slips and flattened, with decondensed chromatin mixed
with the cytoplasmic content. Progressively, most nuclei lost the round shape and lobules with homogeneous staining. In addition, many neutrophils lost plasma membrane integrity and released cellular constituents. In contrast, the nuclei of the unstimulated controls were still lobulated and NE signal clearly depicted cytosol. (Fig 2B-C). The percentage of NETs increased gradually and reached approximately 65% at 12h (Fig 2D). In addition, the increase in cell-impermeable Sytox orange reflected NETs and the subsequent cell death (Fig 2E-F). Taken together, we concluded that BCG induces NETs formation in a time-dependent manner, which was mainly composed of DNA and proteins expelled by activated neutrophils.

**ROS was required for BCG-induced NETs, which was regulated by the MEK, p38 MEAK, PI3K, and PKC pathways**

After inhibiting neutrophil phagocytosis by pretreatment with Cyt-D, NETs did not decrease, indicating that NETs formation does not depend on phagocytosis of BCG. In the presence of acetylcysteine (a ROS scavenger), NETs formation induced by BCG was not observed. The same effect occurred after exposure to DPI (a NADPH oxidase inhibitor) (Fig 3A). Similar results were demonstrated between NETs and ROS levels after the same treatment. (Fig 3B-C) Therefore, we concluded that ROS production is necessary for BCG-induced NETs formation.

Many inhibitors were used to identify the potential pathways that play essential roles in NETs formation. Compared with the results of no inhibitor, BCG-induced NETs formation was lower after pre-treatment with U0126 (a MEK inhibitor), SB203580 (a P38 inhibitor), wortmannin (a PI3K inhibitor), and sotrastaurin (a PKC inhibitor) (Fig 3D). Consistent with these results, ROS production was reduced after pre-treatment with these inhibitors (Fig 3E). Moreover, NETs did not change and ROS was slightly decreased after the addition of SB600125 (a JNK inhibitor). In summary, these results suggested that the MEK, p38, PI3K and PKC pathways, but not the JNK pathway, are required for BCG-induced NETs formation.

**NETs capture but do not kill BCG**

After neutrophils were stimulated with FITC-labeled BCG, green signals together with DAPI signals were found. NETs were released from activated neutrophils and became abundant gradually with time. In addition, more BCG was trapped in the fluorescent extracellular DNA (Fig 4A). A longer incubation time led to more NETs, and therefore more BCG captured by the DAPI+ structures (Fig 4B). SEM showed that BCG was trapped in NETs (Fig 4C). Fewer bacteria were trapped when coverslips were treated with DNase I. Notably, after inhibiting phagocytosis, BCG was not confined intracellularly, and an abundance of aggregated or individual BCG was free (Fig 4D). An in-vitro killing assay was used to determine whether NETs induced by BCG or PMA are associated with bacterial killing. It was shown that BCG- and PMA-induced NETs eliminated > 60% of *S. aureus* independent of phagocytosis at 24h of incubation, but almost no BCG (*P*<0.05; Fig 4E) Our results suggested that NETs formed after stimulation captured, but did not kill BCG, which was different from our general understanding of NETs.

**NETs formation in mouse urine and tumor after BCG treatment**
In the absence of infectious or inflammatory stimuli, there were relatively few neutrophil and NETs in tumors and no NETs in urine. After intravesical perfusion, the BCG count in mouse urine and bladder walls peaked at 3h (Fig 5A). Notably, the maximal recruitment of neutrophils and a significant increase of NETs in urine appeared at 12h and 24h respectively. The amount of BCG in urine was minimal, although BCG in the bladder wall was still abundant (Fig 5B). At 3h after BCG perfusion, some neutrophils with nuclei de-lobulated and co-localization of extracellular chromatin occurred with NE (Fig 5C). After BCG-treatment, a substantial increase in fluorescence was observed in tumors, and the shapes of NETs were more compact than those formed in vitro, with a higher packing density of the globular domains and co-localization of DNA, as reported. [26] The observable intra-tumor NETs showed that the peak occurred at 12-24h after injection of BCG (Fig 5D-E). The kinetics of NETs in tumors was similar to urine.

Discussion

Neutrophils constituting 60% of circulating leukocytes are the first immune cells recruited to inflamed tissue as the first line of defense against microbes and direct the activation of adaptive immune cells. [27] Mature neutrophils are terminally differentiated and short-lived, with enzymes and proteins stored in granules. [28] **In-vitro** NETs are neutrophil-derived web-like structures made of chromatin decorated with antimicrobial proteins that are released extracellularly in response to bacteria, fungi, viruses, and some inflammatory cues. [29] NETs **in vivo** have been found in a variety of infectious, inflammatory and autoimmune diseases. [9] The co-localization of granular proteins/histones, with the DNA is critical in discriminating DNA released during cell necrosis from that specific to NETs formation. This study demonstrated the BCG-induced web-like structure decorated with globules, of which the components were verified by co-localization of DNA, histones, and NE, and further by quantification of dsDNA and proteins. Importantly, DNA strands rather than proteins constituted the backbone of NETs. Moreover, BCG induced subcellular changes leading to NETs formation in a time-dependent fashion, as reported. [30] The viable BCG induced more than the senile and dead bacteria.

NETs formation has been demonstrated in skin, gingival tissues, fasciitis, pneumonia, appendicitis, and breast tumors in mice and humans. [7, 20, 31, 32] Our results showed that the nuclei was decondensed and de-lobulated, and the fluorescence profile revealed co-localization of DNA and granular proteins in mouse urine and tumors, suggesting that BCG promoted NETs formation in vivo. NETs detected in urine formed with rapid kinetics (within 3 h of intravesical BCG perfusion), following BCG adhesion to and neutrophil infiltration in the bladder wall. In contrast to **in vitro** human NETs appearing as outspread web-like structures, **in vivo** NETs had a more compact structure with higher packing density of the globular domains as reported, [26] which is likely due to the physical constraints of surrounding tissue [33] or the absence of long strands of chromatin. [34]

Previous reports have shown that neutrophils combat microbes intracellularly by phagocytosis or extracellularly by NETs. [28, 29] NETs are web-like structures composed of chromatin in complex with > 30 proteins, which play important roles in host defense via the physical capture [14, 33, 35] or killing of microbes. [31, 36] In this study, confocal and scanning electron microscopy demonstrated clusters of
BCG embedded within DNA webs, indicating that NETs bound and ensnared BCG. The covalently linked structures in the mycobacterial cell wall might be involved in NETs attachment. [15, 37] Nevertheless, NETs could not kill BCG in vitro as efficiently as other bacteria, as reported for M. tuberculosis. [15] In addition, NETs induced in vivo were unable to kill M. tuberculosis. [38] It appears that the high lipid composition and structural features of the mycobacterial envelope [7] or nuclease [39] confer effective protection.

NETs are thought to prevent bacterial dissemination and uncontrolled infections. [26, 40] Impaired NETs formation results in high susceptibility to infection. [31] Thus, we postulate that NETs formation limits the serious side effects caused by mycobacterial dissemination and provides high concentrations of local mycobacteria as spatially restricted repositories so that abnormal NETs induction might influence local retention of BCG and antitumor efficiency. Our recent study confirmed that BCG-induced NETs inhibited the vitality of bladder tumor cells and suppressed tumor growth in mice.[22]

With respect to the underlying mechanism, most studies have demonstrated that NETs occur depending on NADPH oxidase-mediated ROS generation. A ROS-independent mechanism has also been reported, i.e., stimulation with Staphylococcus aureus. [41] Another example is cold shock/rewarming-induced NETs, in which neither ROS nor NETs generation is significantly affected by DPI. DPI can completely inhibit the formation of canonical NETs, including PMA-stimulated NETs. [33] Ramos-Kichik et al reported that the release of NETs is preceded by the production of ROS during mycobacterial infections. [15] Therefore, the requirement for NETs formation varies depending on the stimulus, [42] and the molecular mechanisms by which ROS drives this process are poorly understood. In the current study, generation of ROS was necessary for neutrophils to form NETs when stimulated with BCG. This process was dependent on the activity of NADPH oxidase, as evidenced by inhibition of NADPH oxidase reducing ROS and NETs formation.

In the process of infection with pathogens, a series of signaling pathways involved in cell life activities, such as PI3K Akt, PKC, Ras/MAPK (ERK, JNK/C - Jun, P38 and ERK5), are regulated. For example, activation of the Raf-MEK-ERK and p38 MAPK pathways mediate PMA-induced NETs release from human neutrophils. [43, 44] In our study, pharmacologic inhibition of MEK and p38 MAPK activity blocked BCG-induced NETs formation to different extents, and ROS production was lower than the control. Reportedly, several enzymes that regulate Nox2 activity, such as protein kinase C (PKC) isoforms and MAPK kinases, have been implicated in the PMA-induced NETs process. [43, 45] Remijsen et al reported [8] that blockade of PI3K with wortmannin inhibited autophagy, and pretreatment of PMA-stimulated neutrophils with wortmannin prevented chromatin de-condensation. Similarly, the evidence from our study suggested that PKC and PI3K were also involved in BCG-induced NETs formation; however, the formation of NETs was non-significantly influenced by inhibition of JNK.

Conclusions
In this study, we corroborated BCG-induced NETs formation both in vitro and in a mouse model. Moreover, our results verified their roles in trapping or killing BCG, and proposed that NETs act as physical barriers to localize BCG, thus preventing spread. Our study confirmed that, generation of ROS was necessary for neutrophils to form NETs when stimulated with BCG, and this process was dependent on the activity of NADPH oxidase. The current evidence in our study suggests that the MEK, p38, PI3K, and PKC pathways play important roles in this process, which are located upstream of the regulation of ROS generation. So, it is speculated that NETs, as a novel neutrophil-dependent mechanism, participate in BCG immunity. Further experiments will be necessary to clarify the underlying mechanisms and examine the roles in oncotherapy or pathologic responses.

Methods

**BCG strain and culturing**

BCG Connaught substrain (ATCC35733) was from the American Type Culture Collection (Manassas, VA). BCG suspension was prepared in Middlebrook 7H9 broth (BD 271310) media and colonies cultured on 7H10 solid media (BD 262710, Difco Laboratories, USA). The mycobacteria medium composition consisted of solution A (90ml): Middlebrook 7H9 broth (0.47g), glycerin (0.2ml), tween80 (0.2ml), and solution B (10ml): bovine serum albumin (BSA) (0.5g), glucose (0.2g), NaCl (0.08g). Solution A+B was mixed into 100ml deionized water and was used to culture BCG. Viable BCG from the logarithmic growth phase was used for our experiments. The number of colony-forming units (CFU) was routinely determined by plating and incubation at 37˚C for 4 weeks on solid medium.

**Human neutrophil isolation**

All researches involving human samples were approved by the Ethics Committee of the second Hospital of Tianjin Medical University. Neutrophils were isolated using Ficoll-Dextran method from healthy donors' blood. [23] Purity was greater than 98% as confirmed by flow cytometry using CD11b (561015) and CD66b antibodies (561927, BD Biosciences). Trypan blue exclusion showed the viability to be >95% for all preparations. Cell morphology was inspected microscopically to rule out cell preparations that were activated during isolation.

**Experimental protocol**

The main objective of this study was to investigate the ability of BCG-stimulated neutrophils to produce NETs. Briefly, cell samples in these experiments were divided into three groups: unstimulated group, BCG-stimulation group, and PMA-stimulation group. The formation of NETs at different time points (0, 30, 180 and 360 min) was observed by optical microscope, Confocal Laser Scanning Microscope (CLSM) and Scanning Electron Microscopy (SEM), and the composition of NETs was analyzed. Then NETs and ROS were quantified by extracellular DNA and the cell permeable fluorescence respectively. The levels of NETs and ROS were detected after combined BCG stimulated neutrophils with different pathway inhibitors. FITC-labeled BCG was used to observe the capturing by NETs. Finally, two studies were conducted to
detect NETs formation in mice. It was observed in mouse urine and subcutaneous tumor after BCG perfusion respectively. In order to observed NETs in mouse urine, perfusion of BCG into bladder was performed. The formation of NETs in subcutaneous tumor was observed after injection of BCG into tumor.

**Stimulation of neutrophils by BCG/PMA**

$5 \times 10^5$-$10^6$ cell/mL freshly isolated neutrophils were seeded gently into culture plates on anti-peeling coverslips (S1815-1PAK, Sigma-Aldrich), and allowed to settle in complete RPMI supplemented with 2% FCS (16140071, Gibco BRL) for 2 h, at 37°C, 5% CO$_2$. Neutrophils were respectively stimulated with 50 nM phorbol 12-myristate 13-acetate (PMA) (79346-1MG, Sigma-Aldrich), BCG (MOI=10) or left unstimulated, for indicated time. The total amount of DNA/protein extruded by a given number of cells stimulated by BCG/PMA are used for comparison. As a positive control, the potent inducer PMA at this concentration induces typical NETs.

**CLSM and SEM visualization of NETs**

As film adherent on slips, NETs specimens were gently fixed with 4% paraformaldehyde (P8430, Solarbio), and the percentage of NETs-forming neutrophil was determined by staining DNA with DAPI (D9542-1MG, Sigma). 10 different fields were observed in each triplicate. To evaluate NETs composition, immuno-fluorescence assays were made with antibodies for citrullinated Histone H3 (cit-H3) (ab219407), primary antibodies against NE (ab14188) or isotype IgG (ab27478) respectively. Then observed under FV1000 confocal microscope (Olympus, Tokyo, Japan), and calculated using IPP software, as described. [9, 24] NETs formed in the coculture were observed after treatment with 50 U/mL DNase I (M6101, Promega) or 50 μg/mL proteinase K (P5568-1ML, Sigma) for 30 min.

The samples were fixed in 2.5% glutaraldehyde and then post-fixed with 1% osmium tetroxide/1% tannic acid. After dehydration with series of ethanol and critical-point drying, the specimens were coated with platinum and analyzed by S2460 N SEM (Hitachi, San Jose, CA).

**NETs quantitation**

At the indicated time, NETs scaffold in coculture was dismantled by digestion with 250 mU/mL micrococcal nuclease (LS004797, Worthington Biochemical Corp.), which can cleave naked DNA and not act upon histone-attached DNA, ensuring NETs isolation with minimal degradation. The supernatant of stimulated cells was collected and extracellular DNA was then stained with 2.5 μM Sytox Orange (S34861, Molecular Probes) for 10 min at room temperature. The cell-impermeable compound Sytox orange becomes fluorescent only when interacting directly with DNA. Quantification was done using a fluorometer (Synergy H1 Hybrid Reader, BioTek) every min for up to 300 min. Another way was to calculate percentage of NETotic cells per 100 cells.

**Preparation of cell-free NETs and quantification of DNA**
The methods of quantification of DNA and protein were described previously. Briefly, Neutrophils (1 × 10^5/mL) were stimulated with BCG (MOI=10) for 4 h, the medium was removed and cells were gently washed. After addition of 1 mL RPMI to the adherent film and vigorous agitation followed by centrifugation, the supernatant was collected. DNA and protein were quantified using Picogreen dsDNA kit (P11495, Invitrogen), according to the manufacturer’s instructions.

**Quantification of intracellular ROS**

Intracellular ROS production was monitored using the cell permeable fluorescent dye, DCFH-DA (Invitrogen). Intracellular ROS can oxidize non-fluorescent DCFH to generate fluorescent DCF. Neutrophils at 5 × 10^6/mL were incubated with 5 mM DCFH-DA for 30 min and then harvested. The fluorescence intensity was measured using a reader (488/525 nm, BD Biosciences), every 3 min, for 40 min. At minute 20, neutrophils were infected with non-opsonized BCG at MOI of 10:1, or neutrophils alone as control. Activation with 20 nM PMA was used as an activation control.

**Inhibition of ROS, NADPH oxidase and the pathways possibly involved in NETs formation**

When indicated, PMNs were pretreated for 30 min and cultured in the presence of 10 mM Acetylcysteine (ROS scavenger, Selleck), 20 μM diphenyleneiodonium (DPI, NADPH oxidase inhibitor; Sigma-Aldrich), 10 mM SB600125 (JNK inhibitor, Cayman), 100 nM Wortmannin (PI3K inhibitor, Cayman), 100 nM Sotrastaurin (PKC inhibitor, Selleck), 10 nM U0126 (MEK inhibitor, Cayman), 10 mM SB203580 (p38 inhibitor, Selleck) for the duration of the experiment.

**Capturing and killing by NETs**

BCG was FITC–labeled as described previously. Neutrophils were seeded and incubated with BCG at MOI of 10:1, for dedicated time. After fixation with 4% paraformaldehyde, DNA fibers were stained with DAPI. CLSM and SEM were performed to observe them. Using the reported protocols, we examined BCG-killing activity by NETs. Neutrophils were pre-incubated with BCG or PMA for 4 h to induce NETs. The medium was carefully replaced with 10 mg/mL cytochalasin D (Cyt-D), the actin inhibitor (Sigma-Aldrich). Then, BCG (MOI=1) was added to incubate for 6 and 24 h, with *S. aureus* (ATCC25923) as the positive control. After CFU counting, survival was determined as percentage of bacteria with NETs to the ones without NETs.

**NETs formation in mouse urine and tumor after BCG treatment**

6-7-week-old C57BL/6 mice were from HFK Bioscience Co. Ltd., Beijing, China. All animal experiments complied with the ARRIVE guidelines and were carried out in accordance with the U.K. Animals (Scientific Procedures) Act, 1986. The murine bladder tumor cell line MB49 is a kind gift from M.A. O’Donnell (University of Iowa, Iowa City, IA). The mice receiving subcutaneous inoculation of 10^6 murine syngeneic MB49 cells after 10 days were used to evaluate the formation of BCG-induced NETs in vivo. Briefly, for intravesical BCG, the bladder-emptied model mouse was anesthetized and fixed by an animal
The BCG suspension was aspirated with a syringe, and slowly inserted into the urethra of the model mouse with a perfusion needle. Single BCG treatment was performed by perfusion of $10^5$ CFU into bladder, or injection of $10^4$ CFU into tumor, then urine and tumors were continuously collected for evaluation of NETs formation. Some of the mice were sacrificed to track BCG in bladder wall by auramine ‘O’ staining. Three mice were used per test.

Mouse urine was collected with a catheter. In freshly collected urine, NETs concentration was determined by fluorescence imaging, after centrifugation and fixation with 2% PFA, staining with DAPI, anti-cit-H3 Ab (ab219407), and anti-NE primary Ab (ab205670). 5 μm tissue sections were used for routine treatment and blockage with 0.2% horse serum, then incubated with primary antibodies against MPO (ab9535) and NE (ab205670, Abcam), followed by respective Alexa Fluor®488 and Alexa Fluor®555 labeled secondary Ab (A-11008, A-21434, Invitrogen). Lastly, DNA was stained using DAPI, for observation under CLSM.

**Statistical analysis**

Unless otherwise stated, all data are presented as mean ± SD of at least three independent experiments. Where appropriate, either two-tailed Student’s t-test or one-way ANOVA followed by Tukey’s multiple comparison test were used. $P < 0.05$ was considered of statistical significance. SPSS 20.0 software was used for statistical analysis.

**Abbreviations**

BCG, Bacillus Calmette-Guerin; PMN, polymorphonuclear neutrophil; NETs, neutrophil extracellular traps; BC, bladder cancer; NMIBC, non-muscle invasive bladder cancer; PMA, phorbol 12-myristate 13-acetate; cit-H3, Citrullinated-Histone H3; NE, neutrophil elastase; MPO, myeloperoxidase, SEM, scanning electron microscopy; CLSM, Confocal Laser Scanning Microscope; FCM, Flow Cytometry; ELISA, Enzyme-linked immunosorbent assay

**Declarations**

**Ethics approval and consent to participate**

All researches involving human samples were in accordance with the Helsinki Declaration of 1975, and have been approved by the Ethics Committee of the second Hospital of Tianjin Medical University (KY2016K010) and written informed consents were obtained from all participants.

**Consent for publication**

Not applicable

**Availability of data and materials**

All data used during the current study available from the corresponding author on reasonable request.
Competing interests

Not applicable

Funding

Not applicable.

Authors’ contributions

ELS designed the experiments. ELS, KKL, and MDL analyzed the data and wrote the manuscript. LNW and KKL performed the experiments in vitro. MDL and JDG were major contributors in mouse experiment. XWN and LML prepared reagents and materials. All authors read and approved the final manuscript.

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Figures
Figure 1

Fluorescent and scanning electron micrograph showed NETs formation induced by BCG. A) The extracellular DNA staining after exposure of human neutrophils to BCG and PMA was visualized by fluorescence microscope (×200, Scale bar=50μm). B) SEM showed the structures of BCG-treated neutrophils (×5000, Scale bar=20μm). C) CLSM demonstrated the structures of extracellular co-localization of NE (red) and cit-H3 (green) with DNA fibers (blue) of PMN alone, BCG stimulation, and DNase I treatment (Scale bar = 10μm). D) Measurement of extracellular fluorescence, expressed using arbitrary fluorescence units (AU). E) The quantification of DNA and proteins in NETs produced from neutrophils (1 × 105 cell/mL) exposure to BCG, PMA and US (unstimulated neutrophils), when incubated for 3h. The time was adopted because NETs induced by BCG for longer time were too thick to fall off.
Figure 2

Time-course of morphology change of BCG-activated neutrophils. A) Isolated neutrophils (1×105 cell/mL) monitored by live cell imaging using differential interface contrast (×200, Scale bar =20μm). B&C) CLSM (Scale bar = 5 μm) and SEM (Scale bar = 20 and 50 μm) showed the structures of NETs after BCG stimulation for different times. As the NETs increase over time, the structure becomes more chaotic. D) The percentage of NETs in the co-culture with BCG changed with time, and the kinetic analysis showed rapid increase at about 3h. E) Fluorescence microscopy of Sytox orange-stained neutrophil showed extracellular DNA, NETotic and dead cells (Scale bar =10μm). F) Sytox orange-fluorescence staining from 3 independent experiments demonstrated DNA release with time, from neutrophils stimulated with BCG, 1% Triton X-100 (lysed cells as positive control) or PBS (negative control).
Figure 3

ROS and the pathways involved in the regulation of BCG-induced NETs. A) CLSM showed that the formation of NETs was inhibited after pretreatment by DPI (NADPH oxidase inhibitor) and Acetylcysteine (ROS scavenger) (Scale bar = 10μm). B&C) DPI and Acetylcysteine inhibited BCG-induced NETs and ROS production (P<0.001). D&E) After pretreatment by U0126, SB203580, Wortmannin, and Sotrastaurin, NETs were reduced significantly (P<0.001), but didn't obviously change after addition of SB600125.
**Figure 4**

BCG-induced NETs could trap but not kill BCG in vitro. A) After incubation and DAPI-staining DNA (blue), CLSM showed the neutrophils and BCG (green) (Scale bar = 10μm). B) The result of bacterial count showed that BCG bacteria captured in NETs increased with time, during 6 hours. C) SEM analysis revealed, the NETs formed when incubating with BCG, trapped and localized the latters. D) After inhibiting phagocytosis (right), the green staining was not confined intracellular. E) The survivals of BCG and S. aureus after be treated by BCG- and PMA-induced NETs.
Figure 5

Kinetics of NETs formation in urine and tumor tissue of BCG-treated mouse models. A) After 12 h of BCG intravesical perfusion, the mycobacteria in bladder wall and urine appeared green or yellow green, when stained with auramine ‘O’. B) The NETs formation and neutrophils in urine were observed in the summit at 12h and 24h after perfusion. C) Immunofluorescence stained neutrophils in the urine of mice at 3h and 24h (Scale bar = 10μm). D) Representative confocal images demonstrated the co-localization of MPO (green) with NE (red) and DAPI (blue) in BCG-treated subcutaneous tumor, where the formation of NETs (yellow arrow) and NETs (inset 1, 2) was evident. (Scale bar = 20 μm). E) NETs formation in tumor with different time.