Resveratrol decreases high glucose-induced apoptosis in renal tubular cells via suppressing endoplasmic reticulum stress

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Abstract. Diabetic nephropathy (DN) is the second most common complication of diabetes mellitus after cardiovascular complications. Endoplasmic reticulum (ER) stress is known to be associated with DN. Resveratrol (RSV) exhibits anti-oxidative, anti-inflammatory and cytoprotective effects. Therefore, the aims of the present study were to investigate the role of RSV in the inhibition of high concentration glucose (HG)-induced apoptosis in renal tubular cells, as well as to examine the protective effects of RSV against diabetes-mediated renal damage via inhibition of ER stress in DN. RSV was orally administered to diabetic db/db mice once a day for 12 consecutive weeks. Compared with untreated db/db mice, treating db/db mice with RSV significantly decreased urine albumin excretion and the urine albumin to creatinine ratio, and attenuated renal histopathological injury. Furthermore, RSV treatment resulted in decreased expression levels of glucose-regulated protein of 78 kDa and C/EBP-homologous protein (two ER stress markers) and caspase12 in murine kidneys. RSV administration also inhibited the apoptosis of NRK-52E cells and activation of the ER stress signal transduction pathway induced by HG treatment in vitro. Collectively, the present results indicated that RSV protected renal tubular cells against HG-induced apoptosis in DN by suppressing ER stress.

Introduction

In China, >100 million patients have diabetes mellitus (DM) (1). Diabetic nephropathy (DN), a main complication of DM, is a serious threat to the life and health of Chinese patients and significantly increases medical expenditure (2). Pathological characteristics of DN include glomerular hypertrophy, thickening of the glomerular and tubular basement membrane, deposition of extracellular matrix and finally progression to tubulointerstitial fibrosis and glomerulosclerosis (3). Although it is generally considered that the changes associated with glomeruli serve a key role in the pathogenesis of DN, tubulointerstitial injury may also be an important marker of DN; tubular cells are one of the main targets of high concentration glucose (HG)-induced injury (4). Tubulointerstitial injury is more closely associated with the decline of renal function (5) and can more effectively predict DN progression (6) compared with glomerular injury. However, the exact role of renal tubular injury in the pathogenesis of DN remains unknown. Increasing evidence has suggested that apoptosis is involved in renal tubular cell damage-related DN (7-9), and endoplasmic reticulum (ER) stress exerts a major role in cell death-related pathways (10,11).

Resveratrol (RSV) is a natural plant polyphenol with anti-oxidative, anti-inflammatory and cytoprotective properties (12). In addition to its antioxidant effect or ability to activate AMP-activated protein kinase or sirtuin 1 (SIRT1) genes (13), RSV has been reported to alleviate the apoptosis
of hepatocytes (14) and cardiomyocytes (15), as well as neuroinflammation in vasculitic peripheral neuropathy (16) via suppressing ER stress. A previous study also revealed that RSV can attenuate the progression of DN (17). However, to the best of our knowledge, the renoprotective effects of RSV and its association with attenuation of tubular cell injury by inhibiting ER stress-induced apoptosis in DN are yet to be elucidated. The present study performed in vivo and in vitro analyses to determine whether inhibition of ER stress-induced apoptosis by RSV could attenuate tubular cell injury in DN.

Materials and methods

Animals. Male db/db (C57BLKS/J-LeprRdb/LepRdb) mice (average age, 6 weeks; weight 20-33 g; n=20) and male db/m (C57BLKS/J-LeprRdb/+; average age, 6 weeks; weight 20-23 g; n=10) were purchased from the National Model Animal Centre of Nanjing University. All mice were kept at a constant room temperature (20±1°C) under a controlled 12-h light/12-h dark cycle in a specific pathogen-free room and allowed to free access to rodent chow and clean water. After adaptive feeding for 2 weeks, all mice were randomly divided into the following groups (n=10/group): db/m group, non-diabetic db/n mice; db/db group, non-treated db/db mice; and db/db + RSV group, db/db mice administered with RSV by gavage. RSV (Sigma-Aldrich; Merck KGaA) was dissolved in carboxymethyl cellulose (0.5%; CMC; Sigma-Aldrich; Merck KGaA) and orally administered via gavage tube at a dose of 40 mg/kg once a day for 12 weeks to mice in the db/db + RSV group. The mice in db/m and db/db groups were administered 100 µl/10 g weight of 0.5% CMC. All animal experimental protocols were ethically approved by the Laboratory Animals Ethical Committee of Wannan Medical College (approval no. LLLSC-2020-057). According to the method reported previously (18), mice were anesthetized (fentanyl/medetomidine/midazolam; 0.05/5/0.5 mg/kg body weight; intraperitoneal) at 20 weeks of age, punctured into the abdominal aorta and exsanguinated.

Physical and biochemical analysis. The body weight (BW) of each mouse was measured and blood glucose (BG) from the tail vein blood (50 µl) was tested with a glucometer (Accu-Check Active; Roche Diagnostics GmbH) at both 8 and 20 weeks of age. The mice were placed in metabolic cages to collect 24-h urine samples at 20 weeks of age. The urinary albumin and urinary creatinine concentrations were determined using a mouse albumin ELISA kit (cat. no. E99-134; Bethyl Laboratories, Inc.) and mouse QuantiChrom™ Creatinine assay kit (cat. no. DIC-T500; BioAssay Systems), respectively, according to the manufacturer's protocol.

Histology evaluation. Renal tissues from the mice were fixed for 24 h at 20°C in 10% neutral formalin, embedded in paraffin, manually sectioned into 4-µm thick tissue sections and stained with hematoxylin and eosin (H&E), periodic acid-Schiff (PAS) and Masson reagent as previously described (19,20).

The paraffin-embedded renal tissue sections were analyzed using immunohistochemistry as described in our previous study (19). Briefly, after dewaxing and hydration, the slides were heated in sodium citrate buffer (10 mM; pH 6) for 10 min at 100°C and incubated with hydrogen peroxide (0.3%) for 10 min at room temperature. After blocking with horse serum (Beyotime Institute of Biotechnology) at 37°C for 30 min, the sections were stained with primary monoclonal antibodies against GRP78 (1:100; Cell Signaling Technology, Inc.; cat. no. 3177) and CHOP (1:50; Cell Signaling Technology, Inc.; cat. no. 2895) overnight at 4°C. After washing with Tris-buffered saline containing 0.1% Tween-20 three times, anti-rabbit and anti-mouse IgG labeled with horseradish peroxidase (Thermo Fisher Scientific, Inc.; cat. nos. 31460 and 31430) were added and the samples were incubated for 45 min at 20°C. Images were captured using a light microscope (Nikon Corporation).

TUNEL staining. TUNEL staining was performed using the DeadEnd™ Colorimetric TUNEL system (Promega Corporation) as described previously (19). Briefly, renal paraffin sections were dewaxed, incubated with proteinase-K (1:500) at 37°C for 10 min and reacted with the TUNEL reaction mixture (balanced solution 98 µl + biotinylated nucleotide mix 1 µl + rTdT 1 µl) for 60 min at 37°C. The apoptotic cells were counted by two independent pathologists under a light microscope in a blinded manner, and the rate of apoptosis (%) was determined.

Cell culture experiments. Normal rat renal proximal tubular epithelial (NRK-52E) cells were obtained from the Cell Resource Center of Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences. NRK-52E cells were maintained in DMEM (Gibco; Thermo Fisher Scientific, Inc.) containing 10% FBS (Gibco; Thermo Fisher Scientific, Inc.) and 1% penicillin-streptomycin, and incubated in a 5% CO2 atmosphere at 37°C.

To test the effect of RSV on HG-induced ER stress, NRK-52E cells were treated with FBS-free medium for 24 h until the cells reached ~80% confluence. The cells were subsequently treated with or without 20 µM RSV for 6 h at 37°C, before incubation with normal concentration glucose (NG; 5.5 mM D-glucose), HG (30 mM D-glucose) or high concentration mannitol (HM, 5.5 mM D-glucose supplied with 24.5 mM D-mannitol; Sigma-Aldrich; Merck KGaA). All tests were performed in triplicate wells and repeated three times.

RNA extraction and reverse transcription-quantitative (RT-q)PCR. Total RNA was extracted from NRK-52E cells using TRIzol® (Invitrogen; Thermo Fisher Scientific, Inc.), and the purity and concentration of the extracted RNA were assessed with a spectrophotometer (NanoDrop 2000; Thermo Fisher Scientific, Inc.). RNA was reverse-transcribed with SuperScript III reverse transcriptase (Invitrogen; Thermo Fisher Scientific, Inc.) using an oligo dT primer according to the manufacturer's protocol. RT-qPCR was performed in a StepOne Plus™ Real-Time PCR system (Applied Biosystems; Thermo Fisher Scientific, Inc.) using a QuantiNova™ SYBR® Green PCR kit (Qiagen GmbH). The thermocycling conditions consisted of an initial denaturation at 95°C for 10 min followed by 40 cycles of 95°C for 15 sec and 60°C for 60 sec. The following primers were used: i) GRP78-forward, 5'-Gac GTG GTT TTG GTc-3'; ii) cHoP-forward, 5'-cac aaG cac caaG cac-3'; iii) β-actin-forward, 5'-cTc Tca TTc Tcc TGc T-3' and reverse, 5'-cTc Tca TTc Tcc TGc T-3'.
**Western blotting.** Tissues or cells were lysed with RIPA buffer (Beyotime Institute of Biotechnology) containing protease and phosphatase inhibitor cocktail, and the protein concentration was measured using the bicinchoninic acid protein assay kit (Bio-rad laboratories, inc). The protein samples (40 µg per lane for tissue; 30 µg per lane for cells) were separated via SDS-PAGE on 10% gels and transferred to PVDF membranes, as described in our previous study (19). After blocking with PBST containing 3% BSA for 1 h at room temperature, the membranes were incubated with the following primary antibodies overnight at 4°C: i) GRP78 (1:1,000; Cell Signaling Technology, Inc.; cat. no. 3177), CHOP (1:1,000; Cell Signaling Technology, Inc.; cat. no. 2895); ii) cleaved caspase12 (1:1,000; Abclonal Biotech Co., Ltd.; cat. no. A0217); and iii) β-actin (1:1,000; Wuhan Boster Biological Technology, Ltd.; cat. no. BA2305). Following incubation, the PVDF membranes were washed with PBS containing 0.1% Tween-20 and incubated with horseradish peroxidase-conjugated goat anti-rabbit (1:4,000; cat. no. 31460) or goat anti-mouse IgG secondary antibodies (1:4,000; cat. no. 31430) (both Thermo Fisher Scientific, Inc.) at room temperature for 1 h. Protein bands were visualized using electrochemiluminescence western blotting detection reagent (Beyotime Institute of Biotechnology) and scanned using a Bio-Rad Imaging system (version 2.0; Bio-Rad Laboratories, Inc.). ImageJ software (version 1.8.0; National Institutes of Health) was used for analysis.

**Cell apoptosis assay.** FITC Annexin V Apoptosis Detection Kit I (BD Biosciences; cat. no. 556547) was used to quantify the rate of apoptosis (at early phase) according to the manufacturer's protocols. Briefly, the harvested NRK-52E cells were resuspended in 100 µl binding buffer, followed by staining with 5 µl annexin V-FITC and 1 µg/ml PI solutions in the dark at room temperature for 15 min. Data were acquired with a Gallios flow cytometer (Beckman Coulter, Inc.) and analyzed using FlowJo software (version 10; FlowJo LLC).

**Statistical analysis.** Statistical analyses were performed using SPSS 17.0 (SPSS, inc.). Data are presented as the mean ± SEM. Multiple groups was compared using one-way ANOVA followed by Tukey's post hoc test. P<0.05 was considered to indicate a statistically significant difference.

**Results**

**RSV attenuates renal injury and improves renal morphology in diabetic db/db mice.** The present study determined BG, BW, urine albumin to creatinine ratio (UACR) and urine albumin excretion (UAE) of the mice in each group at 8 and 20 weeks (Fig. 1). Compared with db/m mice, db/db mice had significant increases in BW, BG, UACR and UAE at 8 and 20 weeks. However, after treatment with RSV, BW, UACR and UAE were significantly decreased at 20 weeks. Although BG improved after RSV treatment, the change was not significantly different.

The characteristic renal histopathological changes were observed via H&E, PAS and Masson staining in diabetic db/db mice at 20 weeks. Compared with the healthy kidney structure in the db/m group, mesangial cell proliferation, accumulation and expansion of focal mesangial matrix and tubulointerstitial fibrosis were observed in the db/db group. These changes...
were notably attenuated in the RSV-treated group compared with those in non-treated db/db mice (Fig. 2). These results indicated that RSV has beneficial effects in delaying the development of DN.

**RSV inhibits ER stress in the kidneys of diabetic db/db mice.** ER stress has been reported to be involved in the pathogenesis of DN (22). Therefore, the expression levels of GRP78, CHOP and cleaved caspase 12 were measured in the kidneys of db/db mice. The expression levels of GRP78, CHOP and cleaved caspase 12 in the renal cortex of db/db mice were significantly higher than those in non-diabetic db/m mice. Treatment of db/db mice with RSV significantly downregulated the expression levels of GRP78, CHOP and cleaved caspase 12 (Fig. 3). The expression levels of GRP78 and CHOP in the renal tubules of diabetic db/db mice were significantly higher, compared with those in non-diabetic db/m mice. Downregulation of GRP78 and CHOP in the renal tubule of diabetic db/db mice after RSV treatment was also demonstrated via immunohistochemistry (Fig. 4). Thus, the results suggested that ER stress was induced in the kidneys of diabetic db/db mice, particularly in the tubules, and was significantly inhibited by RSV treatment.

**RSV inhibits ER stress-induced apoptosis in the kidneys of db/db mice.** ER stress-induced apoptosis serves an important role in cell death (23). The results of TUNEL assay identified that the number of apoptotic renal cells in db/db mice was higher compared with those in db/m mice, which was significantly decreased by RSV treatment (Fig. 5). Furthermore, western blotting was performed to confirm whether apoptosis
Figure 4. RSV inhibits GRP78 and CHOP expression levels in the kidneys of db/db mice. (A) GRP78 and CHOP expression levels were determined via immunohistochemical staining in the renal tissues of mice in each group. Scale bar, 20 µm. Semi-quantitative bar graphs of renal (B) GRP78 and (C) CHOP in different groups. Data are presented as the mean ± SEM. *P<0.05 vs. db/m group; #P<0.05 vs. db/db group. RSV, resveratrol; GRP78, glucose-regulated protein of 78 kDa; CHOP, C/EBP-homologous protein.

Figure 5. RSV decreases the apoptotic rate in renal cells of db/db mice. (A) Representative images of apoptotic renal cells in mice of each group determined using TUNEL assay. (B) Semi-quantitative bar graphs of TUNEL-positive stained tubular cells in different groups. Scale bar, 20 µm. Data are presented as the mean ± SEM. *P<0.05 vs. db/m group; #P<0.05 vs. db/db group. RSV, resveratrol.

Figure 6. RSV inhibits high concentration glucose-induced apoptosis in NRK-52E cells. NRK-52E cells were pretreated with 20 µM RSV for 6 h, followed by incubation with NG (5.5 mM), HM or HG (30 mM) for another 24 h. (A) Representative images of apoptotic NRK-52E cells determined via flow cytometry. (B) Quantification of apoptotic NRK-52E cells. Data are presented as the mean ± SEM. *P<0.05 vs. NG group #P<0.05 vs. HG group. RSV, resveratrol; NG, normal glucose; HG, high glucose; HM, high concentration mannitol.
was induced by ER stress. The expression of cleaved caspase 12 was significantly increased in the kidney tissues of db/db mice compared with db/m mice, which was significantly decreased after RSV treatment (Fig. 3D). Therefore, RSV treatment may alleviate ER stress-induced cell apoptosis.

**RSV inhibits HG-induced apoptosis in NRK-52E cells.** The effects of RSV in vitro were validated using rat renal cells treated with HG. The results demonstrated that HG-induced apoptosis of NRK-52E cells was significantly inhibited by RSV treatment (Fig. 6). These data suggested that HG could induce apoptosis of NRK-52E cells compared with normal concentration glucose, and that RSV could alleviate apoptosis of NRK-52E cells induced by HG.

**RSV attenuates HG-induced ER stress in NRK-52E cells.** The role of ER stress in inducing apoptosis of NRK-52E cells treated with HG was subsequently investigated. Compared with NG, HG upregulated the expression of ER stress-related proteins GRP78 and CHOP, while HM did not effectively activate ER stress (Fig. 7A). Furthermore, pretreating NRK-52E cells with RSV at 20 µM for 6 h significantly inhibited the upregulation of GRP78 and CHOP expression levels in NRK-52E cells exposed to HG. Consistent with the western blotting results, the gene expression levels of GRP78 and CHOP in NRK-52E cells cultured with HG were upregulated, which was inhibited by RSV (Fig. 7B). Collectively, it was indicated that ER stress was induced in HG-stimulated NRK-52E cells and RSV effectively suppressed ER stress.

**Discussion**

The present results demonstrated that RSV administration can delay the development of DN, as indicated by decreases in UACR and UAE, improvements in the renal histopathology of db/db mice and inhibition of ER stress-induced apoptosis. Moreover, RSV inhibited HG-induced ER stress and reduced the rate of apoptosis in tubular cells in vitro. Thus, the present results suggested that RSV reduced HG-induced apoptosis in renal tubular cells by suppressing ER stress.

Renal tubular cells are direct targets of enhanced glucose levels in patients with diabetes, and renal tubular injury can
precede microalbuminuria (24). HG stimulates renal proximal tubular cells and promotes the production of various cytokines, growth factors, reactive oxygen species (ROS) and matrix proteins (24), which in turn results in tubular hypertrophy and tubular basement membrane thickening (25). Furthermore, HG-induced ROS production results in apoptosis of pancreatic β-cells by targeting SIRT1 (26), an enzyme that regulates antioxidant-related genes. RSV has been revealed to attenuate several types of renal injury, including DN, drug-induced renal damage, obstructive nephropathy, ischemia-reperfusion and sepsis-induced renal damage, in animal models via its antioxidant effect or SIRT1 activation (13). A previous study reported the effect of antioxidants on ER stress (27), which prompted the present study to evaluate the inhibitory role of RSV on ER stress in HG-induced tubular cell injury in DN.

The present findings are in line with those of a recent report by Yuan et al (28), who found that RSV treatment improved diabetes-induced renal damage and decreased ER stress-related markers in streptozotocin-induced diabetic rats. The current study identified that the expression levels of GRP78, CHOP and caspase12 were downregulated in the kidney cortex of diabetic db/db mice administered RSV. Under physiological conditions, GRP78, an important ER chaperone, forms a complex with three transmembrane proteins to maintain the inactive state of ER (29). GRP78 is also a key regulatory factor in unfolded protein response (29). CHOP, a transcription factor, is involved in ER stress-induced cell apoptosis; therefore, it is considered a proapoptotic protein (30). CHOP has been reported to be upregulated during ER stress and is closely associated with the onset of ER stress-induced apoptosis (31). Moreover, CHOP deletion protects cells against ER stress-induced injury (30). The present results demonstrated a downregulation of CHOP in RSV-treated mice, which was accompanied by decreased apoptosis of renal cells, particularly tubular cells. Caspase12 has been shown to be specifically localized on the ER (32,33) in rodents and is considered a specific sign of ER stress-induced apoptosis (33,34). During the ER stress-induced apoptosis cascade, caspase12 is cleaved and subsequently activated to induce cell death (35). The present results indicated that RSV treatment can alleviate ER stress-induced renal cell apoptosis by modulating GRP78, CHOP and caspase12 gene expression levels.

The effect of RSV on lowering blood glucose levels in db/db mice remains controversial. Previous studies have shown that RSV administration decreases blood glucose levels in db/db mice (36,37), whereas recent reports demonstrated no such effect (38,39). The present study found that RSV lowered blood glucose levels in db/db mice compared with those in non-treated db/db mice; however, the difference was not significant. Therefore, lowering of blood glucose levels may not account for the renoprotective effects of RSV in diabetic mice. Furthermore, in vitro experimental results demonstrated that RSV effectively protected NRK-52E cells against HG-induced apoptosis, suggesting that the renoprotective effects of RSV do not occur via lowering of blood sugar.

Different mechanisms, such as the RAGE/p22phox/NF-xB pathway (40), oxidative stress/TRAFF3 interacting protein 2/NF-xB pathway (41) and TGF-β1/Smad2/3 signaling pathway (42), have been reported to be associated with HG-induced tubular damage. The involvement of ER stress in tubular injury was found to be mainly due to acute kidney injury (43,44). However, in our previous study, it was demonstrated that tauroursodeoxycholic acid, an effective inhibitor of ER stress, attenuated renal tubular injury in a mouse model of type 2 diabetes by suppressing the ER stress signaling pathway (19). In agreement with these previous findings, the present results indicated that tubular cell injury in DN was associated with ER stress. Thus, suppressing HG-induced ER stress and associated apoptosis using RSV treatment may reduce the death of tubular cells.

The present study demonstrated that RSV can inhibit diabetes-induced ER stress in vitro, which was consistent with the finding of a previous study in which RSV treatment inhibited tunicamycin-induced ER stress in vitro (45), indicating a direct inhibitory effect of RSV. HG activates NADPH oxidase, resulting in the production of ROS, which in turn induces ER stress (46). In such cases, suppression of ER stress via RSV may be attributed to its indirect inhibitory effects on oxidative stress. Future studies will further examine the relevant mechanisms in the role of RSV in DN via experiments, such as animal models with gene knockouts, as well as cell models and rescue experiments.

In conclusion, the present study indicated that RSV exerted renoprotective effects in vitro, reduced HG-induced tubular cell apoptosis in vitro and suppressed ER stress. Furthermore, the current study provides evidence for the clinical application of RSV in preventing the development of DN.

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Availability of data and materials

The datasets used and/or analyzed during the present study are available from the corresponding author upon reasonable request.

Authors’ contributions

JZ, GFX and GdW designed the study. JZ, XJd, MRD and CYY performed the experiments. YW and MjYW helped to feed and prepare animals, and also performed some of the biochemical kit measurements. JZ, XL and GFX analyzed the data. JZ, XJD, GFX and GdW wrote and edited the manuscript. All authors read and approved the manuscript and agree to be accountable for all aspects of the research.
Ethics approval and consent to participate

All animal experimental protocols were approved by the Laboratory Animals Ethical Committee of Wannan Medical College (approval no. LSCLC-2020-057).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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