Solar-optimum design principles for office buildings

Anatolijs Borodinecs1*, Juris Sorokins1, Yulia Bykova2, and Anna Nefedova2

1 Institute of Heat, Gas and Water Technology, Riga Technical University, Riga, Latvia, Kipsalas street 6A
2 Civil Engineering Institute, Peter the Great Saint-Petersburg Polytechnic University, St. Petersburg, Russian Federation, Polytechnicheskaya, 29

Abstract. New concept of passive cooling of buildings is presented in this article. In order to achieve that, it is planned to define three basic elements of the building concept – shape of building, sun movement and sustainability of the building. These parameters will serve as corner stone’s also further in development of building concept. In addition not only passive cooling elements are considered during concept elaboration process but also passive building basic principles which include building location, window placement on facades, room alignment, building constructions and high comfort level. Dynamic simulation software was used in order to perform calculations, and to make conclusions on most optimal window/wall proportions and passive cooling potential. Paper presents study on multi apartment buildings renovation specifics in Latvia and its influence on total energy consumption. The necessary reconstruction goals are defined to reach European Regional Development Fund project “A New Concept for Sustainable and Nearly Zero-Energy Buildings” Nr. 1.1.1.1/16/A/007 main targets.

1 Introduction

Nowadays passive house concept is implemented in all energy efficient buildings. Passive House Institute designed standard for energy-efficient passive buildings. The buildings following Passive house principles should provide optimal indoor air parameters with very low energy consumption. Also it is very important to ensure visual comfort in buildings especially in office type buildings as the persons usually stay there during the sunny time of the day. In order to prevent room’s visual discomfort level, several qualifying values are introduced. One of such values is daylight glare probability or DGP [1].

In is assumed that optimal IAQ parameters include the following: temperature between +20 and +24 and RH between 40% and 60%, as well as CO2 level below 1000 ppm[2]. The U-value is taken 0.8 for windows and 0.1 for walls and roofs by the passive house concept. The exact U-values of the building envelopes will vary in each case depending on several factors like parameters of outside air during heating season, size and type of building, architecture and availability of energy resources. The optimal insulation thicknesses must

*Corresponding author: Anatolijs.borodinecs@rtu.lv
be calculated for each region to make the building consume very low amount of energy at
the same time ensuring the feasibility. In fact one of the major influences to choose such
low energy consuming buildings over standard ones would come in case if they would not
only be environmentally friendly but also economically beneficial. Such economical
estimation is challenging task but several existing methods have been provided. Such as big
bang-big crunch method which can be successfully used for optimal green building design
which would satisfy both the energy efficiency demands on one side and economy aspects
on the other [3]or simpler life cycle analysis method [4].

Today in passive houses different energy efficient technologies such as sun energy,
energy from internal heat sources, heat regeneration are used to reducing required heating
capacity. To minimize energy consumption by mechanical heating and cooling the optimal
windows size and orientation as well as dynamic shading should be introduced.

Windows in many cases are the most important element of the building envelope
defining the look and characteristic of the building and play a significant role in building
architectural design. From the technical point of view, windows simultaneously should
ensure following functions:

- To minimize building heat losses in winter time;
- To reduce external heat gains in summer time;
- To insure possibilities for passive heating;
- To provide natural daylight;
- In some case (natural ventilation and/or night cooling) to provide air exchange.

As it can be seen from above mentioned description, windows have to provide self-
excluding functions. So, the window and shadings properties should be chosen taking into
account the type of ventilation, requirements to thermal comfort and energy consumption,
orientation of building facades, human behaviors and etc. Such complex simulations must
be done through help of simulation software. The whole building energy simulation
programs must be employed in the first steps of the design process to help architectures and
engineers to take the best decision, and to choose which alternatives design are more energy
efficient and cost effective [5].

In order to reduce overheating, appropriate shading should be used especially on the
non-North facing sides. External shading devices are alternative and more efficient way
compared with indoor shading. Natural shading elements such as trees can also be used
efficiently. The choice of the type and size of shading devices depends on solar geometry.
Main function of external building envelope is to create physical barrier between outer and
inner environment. It serves as external shell that helps to keep necessary indoor air
parameters (together with air conditioning systems) and to promote indoors micro climate
control.

Climate conditions are mostly described by annual air temperature. Data regarding
outside temperature can be obtained from various sources. Depending from desired
precision of calculation, select average data about different time intervals – average hourly,
daily, monthly temperature for all year of the calculations. The influence of outdoor air
parameters on energy consumption by HVAC systems is shown in Fig. 1.
For improvement of energy efficiency and in order to achieve zero net energy building requirements, a strong option would be utilization of solar energy both for generating solar thermal and electrical power. However, the actual obtained energy of solar collectors depends on their orientation, shading from trees as well as efficiency of the system. The data on how the efficiency changes depending on the inclination angle and orientation is shown in Tables 1 and 2 [6].

| Inclination angle to the horizontal | 0° | 15° | 30° | 45° | 60° | 75° | 90° |
|-----------------------------------|----|-----|-----|-----|-----|-----|-----|
| Heating efficiency                | 0,71 | 0,85 | 0,94 | 1,00 | 1,00 | 0,98 | 0,88 |
| Heating and DHW efficiency        | 0,59 | 0,74 | 0,89 | 1,00 | 1,06 | 1,06 | 0,97 |

| Deviation from the south           | 0° | 15° | 30° | 45° | 60° | 75° | 90° |
|-----------------------------------|----|-----|-----|-----|-----|-----|-----|
| Heating efficiency                | 1,00 | 0,99 | 0,97 | 0,93 | 0,88 | 0,81 | 0,73 |
| Heating and DHW efficiency        | 1,00 | 0,98 | 0,95 | 0,89 | 0,81 | 0,73 | 0,64 |

2 Impact of solar radiation

When solar radiation interacts with some surface (for example, glass, shading fabric or metal), it divides into three parts: [7]

1) translucency $\tau$, that indicate part of translucent flow from total falling light flow;
2) reflection $\rho$, that indicate part of reflected flow from the total falling light flow;
3) absorbing capacity $\alpha$.

The sum of all these factors always equals 100%, or $\tau + \rho + \alpha = 100\%$

Specific radiation falling to the surface $E$, transluded radiation equals with $\tau \cdot E$, absorbed radiation equals with $\alpha \cdot E$ and reflected radiation equals with $\rho \cdot E$.

Translucency, reflection and absorbing are characteristic values which are characteristic to specific material depending from their physical properties. Also these characteristic values depend from the wave length of solar radiation. It is possible to measure these properties at specific wave length and obtained values are called material spectral data.

### 3 Office building concept

The aim of the research is to develop building concept for three story office building using architectural elements of passive cooling. In order to achieve that it is planned to define three basic elements of the building concept – shape of building, sun movement and sustainability of the building. These parameters will serve as corner stones also further in development of building concept. In addition not only passive cooling elements are considered during concept elaboration process but also passive building basic principles which include building location, window placement on facades, room alignment, building constructions and high comfort level [8-15].

Dynamic simulation software IESVE is used in order to perform required calculations, and after analyzing obtained results to make conclusions and relevant improvements, in that way providing most beneficial result. In specific the designed atrium is used to provide natural ventilation thus reducing energy consumption of the building that would be used for ventilation facilities and running of cold air pre-heater. Operation principle of natural ventilation is shown in Fig.2.

![Fig.2. Chimney effect in designed buildings atrium](image)

In summer chimney effect in atrium facilitate discharge of excess hot air from the building. In winter sun in the atrium pre-heats the cold outside air and provides additional insulation. Ellipse-type shape of the building (Figure 3) is adapted to replicate movement of the sun, therefore using the most of sunlight and energy, at the same time building fits well with all types of landscape. In order to provide comfortable working conditions to office employees, taking into account sun movement path in the sky during daylight, main office rooms are located along the north facade of the window, that way avoiding direct solar rays and risk of glare.
In developed concept of office building, in accordance to performed computer simulations on IESVE software, for office space areas the average weighted daylight factor is optimal – in the range between 2 and 5 (%) as it is seen in Fig.5.
ES-SO and REHVA manual [5] compiles scientific research summary which shows impact of daylight use to the factors related to productivity of staff and students:

- Carnegie-Mellon University discovered that by increasing use of daylight that does not cause glare and by providing daylight lighting control, on average 3.75% of productivity increase was obtained [5];
- On average complains about serious illnesses decrease by 20% and 25% to residents that are located close to outer window in comparison to those who work deep indoors without access to daylight [5];
- Access to window and daylight reduced not showing up at work by 15% [8];
- Direct sun access to the classrooms, especially through non shadowed East or South windows is linked to negative performance of the students [5].

Direct radiation distribution on the facades of concept building during the year (in hours) is shown in Fig.6.
4 Conclusions

Ellipse-type shape of the building is adapted to replicate movement of the sun, therefore using the most of sunlight and energy, at the same time building fits well with all types of landscape. Big, wide windows on the south facade of the building make the building light and lightweight. At the same time in order to prevent direct solar radiation and reduce overheating in the summer, an overhang is applied. Whereas on north facade of the building narrow and long windows are used, to satisfy the need for natural daylight indoors at working places at the same time to keep the energy consumption of the building as low as possible. The main office rooms are located along the north façade, that way avoiding direct solar rays and risk of glare, in order to provide comfortable working conditions for office employees. Transparent wall separating office spaces from atrium provides possibility to use diffused sunlight, as well as makes interior of the office building modern. Use of such transparent wall provides optimal office room weighted daylight factor – in boundaries between 2 and 5 (%).

Ellipse-type shape of the building provides not only maximum sunlight and energy use also provides optimal ratio between building’s bordering structure surface area and volume of the building. It is understandable that - the smaller the area of outer walls, the smaller heat loses and construction and operation costs if calculated according to 1 m² of usable area. Use of atrium facilitates building’s sustainability that provides natural ventilation. In summer due to chimney effect influence, atrium promotes discharge of heated air but in winter sun pre-heats cold outside air and provides additional insulation. At the same time simple shape of the building provide reduced thermal bridge number and consequently smaller heat loses.

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