Role of c-Fos in orthodontic tooth movement: an in vivo study using transgenic mice

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Abstract

Objectives The transcription factor c-Fos controls the differentiation of osteoclasts and is expressed in periodontal ligament cells after mechanical stimulation in vitro. However, it is unclear how c-Fos regulates orthodontic tooth movement (OTM) in vivo. The aim of this study was therefore to analyse OTM in transgenic mice with overexpression of c-Fos.

Materials and methods We employed c-Fos transgenic mice (c-Fos tg) and wild-type littermates (WT) in a model of OTM induced by Nitinol tension springs that were bonded between the left first maxillary molars and the upper incisors. The unstimulated contralateral side served as an internal control. Mice were analysed by contact radiography, micro-computed tomography, decalcified histology and histochemistry.

Results Our analysis of the unstimulated side revealed that alveolar bone and root morphology were similar between c-Fos tg and control mice. However, we observed more osteoclasts in the alveolar bone of c-Fos tg mice as tartrate-resistant acid phosphatase (TRAP)-positive cells were increased by 40%. After 12 days of OTM, c-Fos tg mice exhibited 62% increased tooth movement as compared with WT mice. Despite the faster tooth movement, c-Fos tg and WT mice displayed the same amount of root resorption. Importantly, we did not observe orthodontically induced tissue necrosis (i.e. hyalinization) in c-Fos tg mice, while this was a common finding in WT mice.

Conclusion Overexpression of c-Fos accelerates tooth movement without causing more root resorption.

Clinical relevance Accelerated tooth movement must not result in more root resorption as higher tissue turnover may decrease the amount of mechanically induced tissue necrosis.

Keywords Orthodontic tooth movement · c-Fos · Mechanical stimulation · Bone remodelling · Root resorption

Introduction

Orthodontic tooth movement (OTM) is a prime example of mechanically induced bone remodelling. The transduction of mechanical stimuli into differentiation and activity of bone-building osteoblasts and bone-degrading osteoclasts is regulated by a variety of genetic and epigenetic factors [1]. This explains why the biological response to mechanical forces can significantly vary from one patient to another [2]. In fact, significant differences have been observed among patients with regard to the velocity of OTM [3, 4] or the occurrence of adverse effects such as root resorption [5]. Since these differences require a patient-specific management in orthodontic care, there is a clear need towards a deeper understanding of the biological principles of tooth movement.

Recently, genetically modified mice were used to study the genetic basis of tooth movement [6–11]. Whereas larger animal models are easier to handle, only mice offer the possibility to analyse the role of single genes during OTM in vivo. Mouse models are therefore a valuable approach to decrease the gap that exists between our knowledge from in vitro studies and the small list of genes that are actually known to regulate OTM in vivo.
Of particular interest in this regard is c-Fos, a member of the AP-1 transcription factor family. C-fos is activated in osteoclast precursors and is required for osteoclast differentiation [12]. Deletion of c-Fos in mice leads to osteopetrosis, a phenotype characterized by abnormally high bone mass due to disturbed bone resorption [13, 14]. Conversely, overexpression of c-Fos in mice leads to the development of chondrogenic tumours [15]. These tumours are also evident in the occipital bones of the skull, which ossify through endochondral ossification. However, it is unclear whether c-Fos overexpression also affects the jaw bones, which ossify through intramembranous ossification.

Interestingly, c-Fos was also identified as a key mechanosensor in early gene transcription after mechanical loading [16]. In fact, numerous in vitro studies have demonstrated that mechanical forces result in an upregulation of c-Fos in various cell types including osteocytes [17, 18], osteoblasts [19, 20], and periodontal cells [21–23]. In particular, compression or extension of periodontal ligament cells leads to an induction of C-FOS on the RNA and protein level [21–23]. Although these studies clearly suggest that c-Fos plays a key role in OTM, it remains to be established whether and how c-Fos controls OTM in vivo.

The aim of this study was therefore to analyse the role of c-Fos in OTM by using mice with overexpression of c-Fos (c-Fos tg) and control littermates in a mouse model of OTM.

Materials and methods

Mice

C-fos transgenic mice (c-Fos tg) were maintained on a C57BL/6j background and fed a soft rodent diet. The transgenic mice overexpress the c-Fos gene under the control of the glucocorticoid- and heavy metal-inducible human metallothionein promoter, which is ubiquitously expressed [24–27]. Wild-type littermates (WT) served as controls and only females were used. The orthodontic appliance was applied to the mice while they were under anaesthesia and at 10 weeks of age (Fig. 1a). After 12 days of OTM, all mice were euthanized by CO₂ inhalation. Animal treatment procedures were approved by the commission for animal welfare (Behörde für Gesundheit und Verbraucherschutz der Hansestadt Hamburg, Nr. 121/16).

Orthodontic appliance

All mice were anaesthetized by intraperitoneal injection with 10 ml/kg anaesthetic mixture (40 mg/kg bw ketamine-S, xylazine 2% 16 mg/kg bw, heparin 40,000 IE/kg bw in 0.9% NaCl). The mice were carefully fixed on a modified miniature lathe (Unimat 3, Emco, Wiener Neudorf, Austria). The cheeks were gently spread with a specially designed carriage holder and the upper jaw was carefully fixed to the operating table using a loop made of suture material (Vicryl, Ethicon Inc, New Jersey, USA). The incisors of the mandible were then inserted into the eyelet of an orthodontic rubber chain (Elasto-Force, Dentaurum, Ispringen, Germany) and fixed without tension. The tooth surfaces of the first left molar and both maxillary incisors were etched with 37% phosphoric acid gel (HS-etchgel 37%, Henry Schein Dental, Langen, Germany) (Fig. 1a and b). After 30 s, the gel was removed with microbrushes and the tooth surfaces were cleaned and dried successively with ethanol and specially prepared paper tips. Bonding (Scotchbond, 3 m Espe, Neuss, Germany) was applied and polymerized (Fig. 1b). The spring was placed with its distal end on the first molar and fixed with a light-curing composite (Estelite Flow Quick, Tokuyama Dental Corp., Tokyo, Japan). To activate the spring, the operating table was moved parallel to the planned force direction until the desired force of 35 centinewton was reached (tension gauge, Dentaurum, Ispringen, Germany) [9]. The mesial part of the spring was then fixed to both maxillary incisors with a light-curing composite (Estelite Flow Quick, Tokuyama Dental Corp., Tokyo, Japan) (Fig. 1b and c). After surgery, mice were transferred to a heat mat and monitored until they fully recovered from anaesthesia.

Micro-CT and histological analysis

After 12 days of OTM, all mice were euthanized and fixed in 4% PB-buffered formaldehyde for 24 h. The skulls were removed and analysed by contact radiography using a Faxitron X-ray cabinet (Faxitron X-ray Corp., Wheeling, IL, USA). X-ray microtomography (μCT) of the skulls was performed with a μCT 40 scanner (Scanco Medical, Bassersdorf, Switzerland). Images were constructed at a spatial resolution of 15 μm. Exposed surfaces of the roots were highlighted on μCT images using Photoshop (Photoshop Cs 6, Adobe Systems Inc., USA). Orthodontic tooth movement and alveolar bone loss were evaluated on μ-CT images using ImageJ 1.52 (National Institutes of Health, Bethesda, MD, USA). Orthodontic tooth movement was defined as the shortest distance between the crowns of the maxillary first and second molars measured on μ-CT cross-sections. Alveolar bone loss was defined as the area of the exposed root surface measured on μ-CT three-dimensional reconstructions. For histology, skulls were decalcified for 14 days in Usedeacal (MEDITE Medical GmbH, Burgdorf, Germany), dehydrated in ascending alcohol concentrations, and embedded in paraffin. Four-micrometre-thick sections were cut on a microtome (Supercut 2050, Reichert-Jung, Leica Microsystems GmbH, Wetzlar, Germany). Slides were deparaffinized in xylene and stained with toluidine blue (1%, pH 4.5) for 30 min. For TRAP staining, slides were deparaffinized and stained with TRAP for...
120 min at 37 °C (50 ml TRAP solution: 5 mg Naphtol-AS-MX phosphate dissolved in 500 μl dimethyl formamide, 30 mg Fast Red Violet; 40 mM sodium acetate and 10 mM sodium tartrate as buffer). Histomorphometric quantification was performed using the Osteo-Measure histomorphometry system (Osteometrics, Atlanta, GA, USA).

Statistics

The statistical analysis of the data as well as their graphic representation was carried out with the software GraphPad PRISM (GraphPad Software, San Diego, USA). A two-sided t test was used for statistical testing of independent samples. ANOVA with Bonferroni post hoc test was used for multi-group comparisons. P values below 0.05 were considered statistically significant. All graphs show mean values with standard deviations.

Results

We first examined the teeth and alveolar bone of c-Fos tg and WT mice without orthodontic tooth movement (OTM−) using μ-CT imaging (Fig. 2). We observed that tooth morphology, alveolar bone, and palatal bone of c-Fos tg were similar to those of controls (Fig. 2a). In fact, quantification of alveolar bone loss (ABL) and palatal thickness revealed no differences between c-Fos tg and WT mice (Fig. 2b and c). We next determined the effect of orthodontic tooth movement (OTM+) in c-Fos and control mice (Fig. 2d, lower panels). We observed that OTM resulted in a separation of the 1st and 2nd molar crowns, which was significantly wider in c-Fos tg mice as compared with those of controls. In fact, quantification of the shortest distance between the 1st and 2nd molars revealed 62% increased tooth movement in c-Fos tg mice (Fig. 2e). Taken together, these first analyses suggest that c-Fos overexpression increases OTM and that this acceleration cannot be explained by differences in alveolar bone architecture between c-Fos tg and WT mice.

We therefore next performed a detailed histological analysis of OTM in c-Fos tg and WT mice (Fig. 3). In this regard, it is important to consider that OTM causes zones of compression and tension in the periodontal ligament, which have to be analysed separately (Fig. 3a). Before we looked in more detail in the histological appearance caused by OTM, we analysed toluidine-blue stained histological sections of teeth without OTM from c-Fos tg and WT mice (Fig. 3b). The morphology and structure of bone and teeth appeared histologically normal in c-Fos tg mice. We again observed that OTM caused a larger intercoronal gap in c-Fos tg mice as compared with controls (Fig. 3c). This was associated with food impaction causing an inflammatory epithelial thickening of the gingival papilla (Suppl. Fig. 1). We next focused on the distal root of the 1st molar, where the periodontal ligament (PDL) on the distal side is subjected to tension, whereas the PDL on the mesial side is subjected to compression (Fig. 3d). Without OTM, we found only some active bone cells in the PDL of c-Fos tg and control mice (Fig. 3e). The bone surface was mainly covered by non-active bone-lining cells. In contrast, after OTM numerous bone-forming osteoblasts were evident in the tensile zone of both c-Fos tg and control mice (Fig. 3f, upper panels). The cubic shape and arrangement of the osteoblasts clearly

Fig. 1 Overexpression of c-Fos accelerates orthodontic tooth movement in mice. a Schematic drawing of the OTM model. The Nitinol spring (blue) was bonded to the incisors and to the left first molar (M1) with a light-curing composite (red circles). b Photographs of the bonding procedure. The first molar (red arrow) was dried (upper left panel) and etched (upper right panel) before the mesial end of the spring was bonded (lower left panel). After activation of the spring with a force of 35 centinewton, the distal end of the spring was bonded to the incisors (lower right panel). c Contact radiography showing the activated nitinol spring.
suggested synthesizing activity. Bone-resorbing osteoclasts were also evident on the pressure side in both c-Fos tg and control mice (Fig. 3f, lower panels). We further analysed the number and distribution of these osteoclasts by tartrate-resistant acid phosphatase (TRAP) staining (Fig. 4). Without OTM, we observed more TRAP-positive cells in the PDL of c-Fos tg as compared with WT (Fig. 4b). These TRAP-positive cells were distributed around the whole root. In contrast, OTM clearly changed the number and distribution of TRAP-positive cells both in c-Fos tg and WT mice as these cells were mainly found in areas of the PDL that were subjected to pressure (Fig. 4c and d). We finally quantified the number of TRAP-positive cells in the PDL of c-Fos tg as compared with WT (Fig. 4e). We observed that without OTM, c-Fos tg mice exhibited 40% more TRAP-positive cells in the PDL as compared with WT. OTM led to a significant increase of TRAP-positive cells in both c-Fos tg and WT mice. However, this mechanically induced increase was less pronounced in the teeth of c-Fos tg mice and the number of TRAP-positive cells was therefore significantly lower after OTM in c-Fos tg mice as compared with that of WT mice. Taken together, our histological analysis suggests that the acceleration of tooth movement in c-Fos tg mice is not mediated by differences in mechanotransduction, but due to a basal increase of bone resorption.

We finally determined whether this increase of bone resorption is also associated with more root resorption in c-Fos tg mice. We again focused here on areas in the PDL that were subjected to orthodontic pressure (Fig. 5a). In comparison with non-stimulated teeth (OTM−), we could clearly detect root resorption in both c-Fos tg mice and WT mice (Fig. 5b and c). Interestingly, the shape of these resorptions differed between the two root surfaces. Whereas long, extensive resorptions were noticed at the distal root (Fig. 5c, upper panels), isolated drop-like resorption pits were noticed at the mesial root (Fig. 5c, lower panels). Quantification of root resorptions revealed no significant differences between c-Fos tg mice and WT mice (Fig. 5d–f). Root resorptions are usually associated with mechanically induced tissue necrosis. These cell-free, necrotic areas have a glass-like appearance on histological sections and are therefore termed areas of hyalinization [28]. Interestingly, these hyalinizations were evident to a different degree in all WT mice, but in none of the c-Fos tg mice (Fig. 5c and g). Taken together, our analysis suggests that the acceleration of OTM in c-Fos tg is not associated with more root resorption. This may be explained...
by the fact that OTM causes less or even no hyalinization in c-Fos tg mice.

**Discussion**

This study shows that c-Fos plays an important role in the genetic control of tooth movement in vivo. We demonstrate that overexpression of c-Fos accelerates OTM in mice without producing more side effects such as root resorption. Since c-Fos overexpression did not affect alveolar bone morphology, we believe that the acceleration of OTM in c-Fos tg mice can be best explained by a basal increase in bone resorption and the absence of sterile necrosis (i.e. hyalinization).

In fact, the appearance of hyalinization is considered to be an important process in OTM. Based on histological studies, it is assumed that hyalinization is caused by a local disturbance of blood flow in compressed PDL areas. As osteoclast differentiation is impeded in these areas, hyalinization can therefore slow down OTM. This is clearly in line with our findings in c-Fos tg mice, where we observed 62% faster OTM and no histological evidence of hyalinization. It remains to be established whether c-Fos overexpression inhibits the development of hyalinization, or whether it leads to an earlier removal of hyalinization. In this regard, it is also important to mention that c-Fos induces angiogenesis. But regardless of this question, we believe that the absence of hyalinization is one major reason for accelerated OTM in c-Fos tg mice. This conclusion is further supported by experimental studies showing that surgical interventions to accelerate OTM result in less hyalinization and faster removal of hyalinized tissue.

Another reason for faster OTM in c-Fos tg mice could be a basal increase in bone resorption. In fact, our histological analysis of the teeth that were not subjected to tooth movement revealed 40% more TRAP-positive cells in the PDL of c-Fos tg mice as compared with controls. Interestingly, the increase of osteoclastogenesis following OTM was less pronounced in c-Fos tg mice as compared with that in controls. One explanation for this could be that c-Fos transgenic cells are less sensitive to mechanical strain. Another possible
explanation is that c-Fos can inhibit itself by negative feedback via INF-β [32]. It remains to be established whether this mechanism also takes place in PDL cells during OTM. In this regard, it is also important to mention that the load-induced expression of c-Fos, as an early response gene, is both rapid and short lived. Given the time frame of our experiments, it is clear that our results cannot directly be correlated to previous in vitro studies analysing the short-term response of c-Fos to mechanical stress [17–23]. Future studies should address this question by performing a short-term OTM in c-Fos tg mice following an immunohistological analysis of target genes.

One important histological observation was the occurrence of lateral root resorptions, which is a common side effect of orthodontic therapy [33]. Quantification of this root resorption in c-Fos tg and control mice using histomorphometry revealed no significant differences. This is an important finding as it demonstrates that the acceleration of OTM in c-Fos tg mice does not cause more root resorption. It was interesting to observe that the shape of lateral root resorption differed with regard to its location. Whereas root resorptions extended along almost the entire surface of the distal root, only isolated drop-like resorption pits were observed at the mesial root. A possible explanation for this could be that the tissue pressure induced by OTM differs between the mesial and the distal root. In fact, the distal surface of the distal root has a concave shape and the surrounding bone follows the root curvature. Therefore, OTM presumably creates a homogenous tissue pressure along the entire root surface. In contrast, the mesial surface of the mesial root has a convex shape and the surrounding bone does not follow entirely the root curvature, which means that the PDL is thinner at the root cervix as compared with the apical part of the root. Therefore, OTM presumably creates exceeding tissue pressure only in this cervical part. This is line with our findings as we observed only in this area root resorption and hyalinization. We believe that the correlation between root resorption and PDL morphology warrants further studies.

All these histological observations clearly demonstrate the relevance of genetically modified mice for orthodontic research. Our experimental protocol for the OTM model was based on previous studies by Taddei et al., Braga et al. and Andrade et al. [8, 9, 34–36]. According to this protocol, we bonded the Nitinol spring to the teeth using a light-curing composite. In contrast, other authors fixed the Nitinol spring with a wire ligature around the first molar [6, 7, 37, 38]. Although this might be easier to perform, we believe that wire ligatures have several disadvantages. Firstly, wire ligatures produce metal artefacts in the micro-CT scanning and these artefacts are in the interproximal area of interest. Although metal artefacts were also evident in our micro-CT scans, these were on the occlusal surface of the first molar and did not affect our quantification of the micro-CT scans. Secondly,
wire ligatures can create debris niche and cause periodontal destruction during OTM. Indeed, ligatures around molars are an established model to induce periodontitis in mice [39]. Unfortunately, this ligature-induced periodontitis can also affect OTM [40]. We also noted gingival inflammation, but this inflammation was limited to the intercoronal gap and caused by the OTM and not by the appliance itself. Finally, we believe that bonding of the wire is less invasive than wire ligatures, which can cause mucous tissue injury due to the interdental threading of the wire. Accordingly, our daily weight control showed that the animals were not exposed to any serious stress. In this regard, it is also important to mention that our split-mouth designs using the contralateral side as internal controls significantly reduced the number of experimental animals as compared with other studies [41, 42].

Nevertheless, our study has certain limitations. One limitation is that our study only addresses how overexpression of c-Fos affects OTM. Of course, it would also be interesting to analyse whether decreased expression of c-Fos has an effect on OTM. However, the deletion of c-Fos in mice blocks osteoclastic differentiation and the dental phenotype of c-Fos-deficient mice is therefore characterized by a lack of tooth eruption and a lack of root formation [12, 43]. It is therefore not possible to perform OTM in these mice. Another limitation of our study is that c-Fos tg mice are characterized by the development of chondrogenic bone tumours, which may have a general effect on bone metabolism [15]. These benign tumours initially occur mainly in the tubular bones of the extremities, but with increasing age, they can also be found in the vertebral bodies and ribs [25, 27, 44–48]. It was therefore important to analyse the alveolar bone of c-Fos tg mice without OTM. We did not observe any of these tumours in the jaws of c-Fos tg mice. This finding can be explained by the fact that jaws are formed through intramembranous ossification. Furthermore, our quantification of alveolar bone loss and palatal thickness using µ-CT imaging revealed no significant differences between WT and c-Fos tg mice. n = 4

**Conclusion**

Our study demonstrates that c-Fos overexpression in mice accelerates tooth movement due to a basal increase in bone resorption and the inhibition of mechanically induced tissue

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**Fig. 5** Histological analysis of OTM-induced root resorption and hyalinization in c-Fos tg and WT mice. a Schematic drawing of the maxillary first molar. The red boxes indicate areas of OTM-induced pressure at the distal (upper panel) and mesial (lower panel) root. b, c Toluidine-blue stained histological sections of teeth without OTM (b) and with OTM (c) of 12-week-old WT and c-Fos tg mice. Scale bars = 100 μm. Whereas lateral resorption at the distal root extends along almost the entire root surface (white dotted line), lateral resorption at the mesial root has a drop-like appearance (white arrow). Areas of hyalinization (black asterisk) were only evident in WT mice. Scale bars = 100 μm. d Schematic drawing of the maxillary first molar. E–G Quantification of the resorbed root surface per root surface (RRS/RS), resorbed area and hyalinized area in the PDL of 12-week-old WT and c-Fos tg mice. n = 4.
necrosis. Importantly, the faster OTM in c-Fos tg mice was not associated with more root resorption. We believe that this finding is also relevant with regard to surgically accelerated OTM as it demonstrates that these procedures must not result in more adverse effects such as root resorption. Future studies should use genetically modified mice to further analyse the genetic regulation of OTM.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

Research involving animals Animal procedures were performed in accordance with the commission for animal welfare (Behörde für Gesundheit und Verbraucherschutz der Hansestadt Hamburg, Nr. 121/16).

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