Comparison and commutability study between standardized liquid chromatography-mass spectrometry/mass spectrometry (LC-MS/MS) and chemiluminescent enzyme immunoassay for aldosterone measurement in blood

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Abstract. A commutability confirmation test for the blood aldosterone measurement was performed on liquid chromatography-mass spectrometry/mass spectrometry (LC-MS/MS) as a designated comparison method (DCM) and four chemiluminescent enzyme immunoassay (CLEIA) measurement procedures based on metrological traceability. A conventional radioimmunoassay (RIA) and two measurement procedures of CLEIA which obtains RIA equivalent values were also compared. The relationship between the DCM value and the CLEIA value with respect to 120 pg/mL of the RIA value, which is the screening criterion of primary aldosteronism (PA) was clarified. For the correlation test, 75 samples of patient serum and plasma were used. Regression analysis revealed that the standardized LC-MS/MS and four CLEIA measurement procedures were in good agreement. This is the effect of measurement specificity and calibration using by certified reference material (CRM). The median of the LC-MS/MS corresponding to 120 pg/mL of RIA was 48.5 pg/mL. In the mean of standardized four CLEIA values corresponding to the 48.5 pg/mL of LC-MS/MS value was 47.51 pg/mL and the standard deviation (SD) was 2.93 pg/mL. However, the correlation between the RIA value and the RIA equivalent of the two measurement procedures by CLEIA differed depending on the measurement procedure. This is due to the influence of RIA measurement performance. Standardized CLEIA measurements are suitable for routine measurement procedure. When converting the LC-MS/MS equivalent value by the standardized CLEIA to the conventional RIA value, it is necessary to use the conversion formula.

Key words: Standardization, Traceability, Liquid chromatography-mass spectrometry/mass spectrometry, Commutability, Primary aldosteronism

IN THIS STANDARDIZATION of blood aldosterone measurement, the establishment of serum based certified reference material (CRM) to promote the development of new kits by chemiluminescent enzyme immunoassay (CLEIA) and others was mainly concerning because the supply of Spac-S® aldosterone kit using radioimmunoassay (RIA) was scheduled to be stopped supplying [1]. Therefore, “Aldosterone in Huma Serum (NMIJ CRM 6402)” with an isotope dilution-liquid chromatography-mass spectrometry/mass spectrometry (ID-LC-MS/MS)
certified value has been established at the National Metrology Institute of Japan (NMIJ), National Institute of Advanced Industrial Science and Technology (AIST) ahead of the rest of the world [2].

As a result, this CRM can be used as a reference for calibration of non-RIA measurement procedures, which results in SI traceable measurements of the clinical specimen. Particularly, this CRM has been calibrated for liquid chromatography-mass spectrometry/mass spectrometry (LC-MS/MS) as a designated comparison method (DCM), which is a specified and authorized comparative method for blood aldosterone measurement and calibrated for new CLEIA measurement procedures and approved for new kits for in vitro diagnosis.

Subsequently, the Aldosterone Measurement Standardization Investigation Committee of the Japan Endocrine Society presented operational guidelines for the standardization of aldosterone measurement for clinical-Spac-S® Aldosterone kit by conventional RIA (response to discontinuation of the RIA kit, method of application of NMIJ CRM 6402, and application procedure of the conversion formula for Spac-S®) [3, 4]. Furthermore, LC-MS/MS determination is now developing for clinical laboratory examination for much more definite estimation of aldosterone with high reproducibility [5-7].

Finally, following the report that the supply of SPAC-S® Aldosterone kit will be discontinued in March 2021, the Committee between will conduct a confirmation test on the maintenance of the commutability the current kits and prepare a document on future responses [8].

In this study, blood aldosterone measurement comparison and commutability confirmation test performed using clinical specimens are used to clarify the commutability of the RIA equivalent values, commutability of the LC-MS/MS value and LC-MS/MS equivalent value, and commutability of the RIA equivalent value for a total of seven kits consisting of one RIA kit and six CLEIA kits. Furthermore, the relationship between the DCM value and the CLEIA value with respect to 120 pg/mL of the RIA value, which is the screening criterion of primary aldosteronism (PA) was clarified.

Materials and Methods

Working flowchart for comparison and commutability study of aldosterone measurement

Working flowchart for comparison and commutability study of aldosterone measurement is shown in Fig. 1. In this study, a total of seven kits were used, including LC-MS/MS and former RIA. That is, the kit for the routine measurement procedure of blood aldosterone concentration is provided for clinical tests by two measurement procedures, one kit of RIA as a conventional measurement procedure and two kits of CLEIA with an equivalent value to this RIA value. And as a metrological traceability system, calibrated using NMIJ CRM 6402 whose certified value was determined by SI traceable ID-LC-MS/MS, and two kits by CLEIA equivalent to LC-MS/MS calibrated by NMIJ CRM 6402 for patient specimens. In addition, four kits by CLEIA, which are equivalent to the LC-MS/MS calibrated by NMIJ CTM 6402, are now available.

Participated procedures

Participated procedures of the comparison and commutability confirmation test are shown in Table 1. The participating measurement procedures were a DCM and seven kits for one kit by RIA and six kits by CLEIA.

Clinical specimens

As clinical specimens, a total of 75 stocked specimens approved by the Institutional Review Board of the institution were used for serum or plasma samples from the three clinical committee hospitals, including Yokohama Rosai Hospital, Tohoku University Hospital and Fukuoka University Hospital. Fifty serum and 205 plasma samples from patients with primary aldosteronism in Yokohama Rosai Hospital and Tohoku University Hospital were partly mixed for making enough amounts of 23 and 41 pooled samples, respectively. Sixteen serum samples from 13 cases with primary aldosteronism and 3 diabetic patients in Fukuoka University Hospital were partly mixed for making enough amounts of 12 pooled samples. Of the 76 test samples, one was below the lower measurement limit. Then we omitted this sample for further analysis. AVS samples also included among them.

We partly used the same samples which were pooled and stored for the present examination as used previously for the study on the calibration and evaluation of routine methods by serum certified reference material [4]. Newly collected samples, which were prepared at Fukuoka University Hospital, were also used. Sample collection was implemented after obtaining informed consent from the patient and with the approval of the ethical review boards in the applicable facility. The concentration range of patient specimens by LC-MS/MS are shown in Table 2.

Measurements

In LC-MS/MS measurement, 75 clinical specimens were divided into two groups, and each group was measured for two days. The quality control material was measured simultaneously. Measurements using seven kits (RIA-S, CLEIA-D1, CLEIA-D2, CLEIA-A1, CLEIA-A2, CLEIA-L1 and CLEIA-L2) were performed.
according to the standard operating procedure of each kit. For the measured values of the four standardized kits (CLEIA-D2, CLEIA-A2, CLEIA-L1 and CLEIA-L2), the RIA equivalent values (the value that approximates \( y = x \) (RIA-S) in the regression equation) was calculated using the conversion formula specified in each kit. Aldosterone values estimated by RIA-S, CLEIA-A1, and CLEIA-D1 were used as “RIA value”. Each value determined by CLEIA-A2, CLEIA-D2, CLEIA-L1, and CLEIA-L2 were used as LC-MS/MS equivalent value.
For the reported values used in the analysis, the measured values obtained with the kit were used as the RIA values for RIA-S, CLEIA-A1 and CLEIA-D1, and for CLEIA-A2, CLEIA-D2, CLEIA-L1 and CLEIA-L2, the measured values obtained by the kit were used as LC-MS/MS equivalent values. Furthermore, for CLEIA-A2, CLEIA-D2, CLEIA-L1, and CLEIA-L2, it was the reported value of the RIA conversion value. It is an RIA conversion value obtained by using a conversion formula by the manufacturer of the kit for the measured value obtained by the kit. These were used as RIA equivalent values. The conversion formula applied in the reported values in this study was not published at the time of the study.

Data analysis
MedCalc Software bvba (MedCalc Software, Belgium) was used to analyze the measurement values. Statistical analysis was performed for conducting Passing-Bablok regression.

Results

Measurement results of LC-MS/MS
The intermediate precision of the quality control material including the measurement periods was \( N = 5 \); the average value was 501.3 pg/mL, the standard deviation (SD) was 20.2 pg/mL, and the coefficient of variation (CV) was 4.0%.

Regression analysis with LC-MS/MS
The results of the Passing-Bablok regression analysis with LC-MS/MS are shown in Fig. 2. The regression analysis results shown include the number of samples (\( n \)), the correlation coefficient (\( r \)) and the 95% confidence interval (95% CI), the intercept of the regression equation and the 95% confidence interval (95% CI), the slope of the regression equation and the 95% confidence interval (95% CI), respectively.

As a result, the regression analysis of the RIA values for LC-MS/MS in all measurements showed correlation coefficients of 0.988–0.995, intercepts from –10.5 to 61.0 pg/mL, and slopes of 1.217–1.364.

Regression analysis with RIA
The results of the Passing-Bablok regression analysis with RIA-S (Spac-S®) are shown in Fig. 3. The regression analysis results shown include the number of samples (\( n \)), the correlation coefficient (\( r \)) and the 95% confidence interval (95% CI), the intercept of the regression equation and the 95% confidence interval (95% CI), the slope of the regression equation and the 95% confidence interval (95% CI), respectively.

The regression analysis of the RIA values for RIA (Spac-S®) in all measurements showed correlation coefficients of 0.984–0.989, intercepts of –83.9 pg/mL to –34.5 pg/mL, and slope values of 1.120–1.134.

Comparison of values corresponding to the screening criterion of PAC 120 pg/mL by using RIA
The results of the comparison of LC-MS/MS value, LC-MS/MS equivalent values and RIA equivalent values of the screening criterion of PAC 120 pg/mL by RIA are shown in Table 3.

In comparison of LC-MS/MS value and LC-MS/MS equivalent values of CLEIA-D2, CLEIA-A2, CLEIA-L1 and CLEIA-L2, the median value of the LC-MS/MS value was 48.5 pg/mL, and LC-MS/MS equivalent values for each measurement procedure corresponding to 48.5 pg/mL of LC-MS/MS value was 43.5 pg/mL, 49.3 pg/mL, 50.0 pg/mL and 47.4 pg/mL, respectively. The mean value and standard deviation (mean ± SD) was 47.51 ± 2.93 pg/mL. The lower and upper limits of the 95% confidence interval in the kit ranged from 35.8 to 53.9 pg/mL.

In comparison of RIA equivalent values of CLEIA-D1 and CLEIA-A1, the median value of the RIA equivalent values were 52.2 pg/mL and 99.9 pg/mL, respectively.

In comparison of RIA equivalent values of CLEIA-D2, CLEIA-A2, CLEIA-L1 and CLEIA-L2, the median value of the LC-MS/MS equivalent values (the value that approximates \( y = x \) (RIA-S) in the regression equation) for each measurement procedures were 106.9 pg/mL, 106.9 pg/mL, 99.9 pg/mL and 93.9 pg/mL, respectively. The mean value and standard deviation (mean ± SD) was 101.68 ± 5.42 pg/mL. The lower and upper limits of the 95% confidence interval in the kit ranged from 81.7 to 122.9 pg/mL.

Discussion
Currently, there are a total of five kits for measuring blood aldosterone used in clinical laboratory tests from
Fig. 2  Passing-Bablok regression analysis and Pearson correlation coefficient for aldosterone in bloods between designated comparison method (LC-MS/MS) and routine measurement procedure. Aldosterone concentration as measured by each of the routine measurement procedures (RIA-S, CLEIA-D1, D2, A1, A2, L1, L2) are plotted against aldosterone concentrations by the designated comparison method (LC-MS/MS). Solid line, regression line. Dashed line, 95% CI. Dotted line, line of equality.
three companies. Of these, the non-standardized kits are one RIA kit and two CLEIA kits, and the standardized kits are four CLEIA kits. Therefore, we have set up a measurement system with the aim of shifting from RIA to nonRIA [3, 4]. As a result, SI traceable CRM has been established and standardized LC-MS/MS as a DCM and CLEIA kits have been generalized (Fig. 1).

![Fig. 3](image)

Passing-Bablok regression analysis and Pearson correlation coefficient for aldosterone in bloods between RIA-S and CLEIA (D1, A1) of RIA equivalent values, and CLEIA (D2, A2, L1, L2) of RIA conversion value reported by Manufacturer. Aldosterone concentration as measured by each of the routine measurement procedures (CLEIA-D1, D2, A1, A2, L1, L2) are plotted against aldosterone concentrations by the RIA-S. Solid line, regression line. Dashed line, 95% CI. Dotted line, line of equality.

| Measurement procedure | Slope (95% CI) | Intercept (95% CI) | r (95% CI) | n |
|-----------------------|----------------|--------------------|------------|---|
| CLEIA-D1(RIA)         | 1.34 (1.297-1.386) | -83.9 (-93.9-155.4) | 0.899 (0.891-0.903) | 24 |
| CLEIA-D2(RIA)         | 1.278 (1.237-1.312) | -66.5 (-76.6-37.2) | 0.898 (0.893-0.903) | 24 |
| CLEIA-A1(RIA)         | 1.120 (1.036-1.806) | -34.5 (-42.7-15.0) | 0.894 (0.875-0.900) | 25 |
| CLEIA-A2(RIA)         | 1.18 (1.068-1.309) | -27.3 (-38.0-17.4) | 0.988 (0.982-0.993) | 24 |
| CLEIA-L1(RIA)         | 1.009 (0.977-1.045) | -81.1 (-104.4-38.4) | 0.990 (0.984-0.994) | 24 |
| CLEIA-L2(RIA)         | 1.016 (0.967-1.045) | -28.0 (-34.3-17.7) | 0.990 (0.984-0.994) | 24 |

*value converted from MS equivalent value to RIA equivalent value
Table 3 Comparison of value corresponding to the screening criterion value of PAC

1) Comparison of RIA-S, CLEIA-D1, CLEIA-D2, CLEIA-A1, CLEIA-A2, CLEIA-L1 and CLEIA-L2

| Method                  | Lower limit (pg/mL) | Median (pg/mL) | Upper limit (pg/mL) |
|-------------------------|---------------------|----------------|--------------------|
| RIA-S                   | 120                 |                |                    |
| CLEIA-D1 (CRM-uncalibrated) RIA equivalent | 37.7 | 52.2 | 64.5 |
| CLEIA-D2 (CRM-calibrated) RIA equivalent | 90.8 | 106.9 | 120.2 |
| CLEIA-A1 (CRM-uncalibrated) RIA equivalent | 77.1 | 99.9 | 127.3 |
| CLEIA-A2 (CRM-calibrated) RIA equivalent | 89.8 | 106.9 | 122.9 |
| CLEIA-L1 (CRM-calibrated) RIA equivalent | 86.8 | 99.0 | 111.0 |
| CLEIA-L2 (CRM-calibrated) RIA equivalent | 81.7 | 93.9 | 107.7 |

2) Comparison of RIA-S and LC-MS/MS

| Method                  | Lower limit (pg/mL) | Median (pg/mL) | Upper limit (pg/mL) |
|-------------------------|---------------------|----------------|--------------------|
| RIA-S                   | 120                 |                |                    |
| LC-MS/MS (CRM-calibrated) | 41.8 | 48.5 | 55.4 |

3) Comparison of LC-MS/MS, CLEIA-D1 and CLEIA-A1

| Method                  | Lower limit (pg/mL) | Median (pg/mL) | Upper limit (pg/mL) |
|-------------------------|---------------------|----------------|--------------------|
| LC-MS/MS (CRM-calibrated) | 48.5 |
| CLEIA-D1 (CRM-uncalibrated) RIA equivalent | 45.6 | 55.7 | 63.6 |
| CLEIA-A1 (CRM-uncalibrated) RIA equivalent | 93.9 | 106.0 | 117.3 |

4) Comparison of LC-MS/MS, CLEIA-D2, CLEIA-A2, CLEIA-L1 and CLEIA-L2

| Method                  | Lower limit (pg/mL) | Median (pg/mL) | Upper limit (pg/mL) |
|-------------------------|---------------------|----------------|--------------------|
| LC-MS/MS (CRM-calibrated) | 48.5 |
| CLEIA-D2 (CRM-calibrated) MS equivalent | 35.8 | 43.5 | 49.7 |
| CLEIA-D2 (CRM-calibrated) RIA equivalent* | | | |
| CLEIA-A2 (CRM-calibrated) MS equivalent | 45.7 | 49.3 | 53.0 |
| CLEIA-A2 (CRM-calibrated) RIA equivalent* | | | |
| CLEIA-L1 (CRM-calibrated) MS equivalent | 46.1 | 50.0 | 53.9 |
| CLEIA-L1 (CRM-calibrated) RIA equivalent* | | | |
| CLEIA-L2 (CRM-calibrated) MS equivalent | 43.1 | 47.4 | 49.9 |
| CLEIA-L2 (CRM-calibrated) RIA equivalent* | | | |

* value converted from MS equivalent value to RIA equivalent value

We also did CRM calibration as reported previously.4)
Therefore, since the supply of the RIA kit was stopped in March 2021, it was decided to confirm the commutability between the measurement procedures. Furthermore, for plasma aldosterone concentration (PAC) 120 pg/mL used for PA screening [9], it was decided to examine new correspondence values in nonRIA equivalent to RIA and standardized DCM and CLEIA.

In the results of the regression analysis with LC-MS/MS (Fig. 2), the LC-MS/MS equivalent values for LC-MS/MS were approximated by correlation coefficients of 0.995–0.998 for all measured values, the intercept was −8.2 pg/mL to −1.1 pg/mL, and the slope was 1.045–1.065. This showed that the difference between the measurement methods was small. This is confirmed to be the result of the calibration curve being CRM calibrated and the high reaction specificity of the measurement procedure. This is due to the high specificity of measurement and small variation in measurement, including the performance of the antibody used in CLEIA.

On the contrary, the regression analysis of the RIA values for LC-MS/MS in all measurements showed correlation coefficients of 0.988–0.995, intercepts of −10.5 to 61.0 pg/mL, and slopes of 1.217–1.364 pg/mL. This is due to the low specificity of the antibody used for RIA and the large variation in measurement.

However, the RIA equivalent value for LC-MS/MS included correlation coefficients of 0.995–0.998, intercept of 36.2–42.1 pg/mL, and slope of 1.237–1.536, and the difference between measurement procedures was small, although not shown in Fig. 2. This is because these CLEIA itself have high measurement specificity including antibody performance and small measurement variability. Furthermore, it is because it is a conversion value to the RIA value using the obtained LC-MS/MS equivalent value (Table 3).

In the results of the regression analysis with RIA (Fig. 3), the RIA values for RIA (Spac-S®) included correlation coefficients of 0.984–0.989 for all measured values, the intercept was −83.9 pg/mL to −34.5 pg/mL, and the slope was 1.120–1.134. The results were similar even with the measurement values that excluded the dilution measurement values. This showed that the difference between the measurement procedures was significant.

Furthermore, RIA equivalent value for RIA (Spac-S®) showed that for all measurements, the correlation coefficient was 0.984–0.990, the intercept was −46.5 to −22.1 pg/mL, and the slope was 1.009–1.278. This showed that the difference between the measurement procedures was small. This is presumed to be due to the phenomenon as well as the behavior of the RIA value and the RIA equivalent value for LC-MS/MS. It is estimated that the large intercept of the regression equation is also affected by the characteristics of the calibration curve in RIA.

It is supposed that the results of the above correlation depend not only on the measurement performance of RIA and CLEIA, but also on the properties of the patient sample used in the correlation test. However, the correlation between the RIA value and the RIA equivalent value by the two kits of CLEIA was similar to the result described in the insert document for in vitro diagnostic medical device of the CLEIA kit [10, 11]. This almost met the requirements of IVD Criteria Class II (Fig. 1). On the other hand, it was confirmed that in the CLEIA kits having reaction specificity, the consistency with the LC-MS/MS values was in agreement with the results described in the insert document for in vitro diagnostic medical device package of those kits [12, 13].

A summary of the comparison of the screening criterion between the measurement procedures is shown in Fig. 4. The RIA value of 120 pg/mL in the upper part of the figure is the current screening criterion [9]. This screening criterion is a comparison of the corresponding values of other measurement procedures, assuming that the performance of Spac-S® of RIA is maintained. The results calculated using the regression equation obtained from the correlation test showed that CLEIA-D1 and CLEIA-A1 were 52.2 pg/mL and 99.9 pg/mL, respectively (Table 3). There was a double difference. As for these measurement procedures, the results of previous studies showed that they were 73.9 pg/mL and 140.1 pg/mL, respectively, and there was a double difference (3, 4). The ratio of these two was reproduced, but the corresponding value itself was different because the non-specific reactivity of the measurement method by RIA itself depends on the characteristics of the patient sample used and the difference between lots of the kit. As a result, the RIA value itself is estimated to vary by about 20% as a relative value from the correlation analysis results.

The inside of the frame shown by the broken line in the middle of the figure is the corresponding value in the measurement method by CRM calibration. As a result, the corresponding values of LC-MS/MS, CLEIA-D2, CLEIA-A2, CLEIA-L1 and CLEIA-L2 were 48.5 pg/mL, 43.4 pg/mL, 49.3 pg/mL, and 50.0 pg/mL, respectively. It was 47.4 pg/mL. These LC-MSMS values and LC-MS/MS equivalent values were in good agreement (Table 3).

The lower part of the figure is the result of the middle part of the figure converted to the RIA equivalent value. As a result, the corresponding values of CLEIA-D2, CLEIA-A2, CLEIA-L1 and CLEIA-L2 were 106.9 pg/mL, 106.9 pg/mL, 99.0 pg/mL and 93.9 pg/mL, respectively. These LC-MS/MS equivalents were in good agreement (Table 3). These results reflect the
LC-MS/MS values and LC-MS/MS equivalent values in the middle of the figure. Of these, the results of CLEIA-D1 and CLEIA-D2 are in agreement with the reported values because they are traceable to LC-MS/MS by calibration with CRM 6402 [14].

Based on these results, it became clear that CLEIA, a routine measurement procedure that replaces RIA, maintains commutability between kits by CRM calibration. It is assumed that the screening criterion in the measured values using these kits are new values as LC-MS/MS values and LC-MS/MS equivalent values, or a conversion formula may have been used.

The RIA value showed a significant difference between kits. The replacement CLEIA kit was shown to maintain commutability between kits by performing CRM calibration. It is suggested that the screening criterion in the measured values using these kits are new values as LC-MS/MS value and LC-MS/MS equivalent value, or a conversion formula may have been used for correspondence.

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Disclosure Statement
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Author Contributions
FS, YT, TY, HI, IK, HS, YO, MN and HS conducted the research, TN and KK edited the manuscript, TN and KK reviewed the manuscript.
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