The Bright Side of Coulomb Blockade

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We explore the photonic (bright) side of dynamical Coulomb blockade (DCB) by measuring the radiation emitted by a dc voltage-biased Josephson junction embedded in a microwave resonator. In this regime Cooper pair tunneling is inelastic and associated to the transfer of an energy $2eV$ into the resonator modes. We have measured simultaneously the Cooper pair current and the photon emission rate at the resonance frequency of the resonator. Our results show two regimes, in which each tunneling Cooper pair emits either one or two photons into the resonator. The spectral properties of the emitted radiation are accounted for by an extension to DCB theory.

Dynamical Coulomb blockade (DCB) of tunneling is a quantum phenomenon in which tunneling of charge through a small tunnel junction is modified by its electromagnetic environment [1–4]. This environment is described as an impedance in series with the tunnel element (see Fig. 1a). The sudden charge transfer associated with tunneling can generate photons in the electromagnetic modes of the environment. In a normal metal tunnel junction, biased at voltage $V$, the energy $eV$ of a tunneling electron can be dissipated both into quasiparticle excitations in the electrodes and into photons. At low temperature energy conservation forbids tunneling processes emitting photons with total energy higher than $eV$. This suppression reduces the conductance at low bias voltage [1, 2, 4]. In a Josephson junction, DCB effects are more prominent since at bias voltages smaller than the gap voltage $2\Delta/e$ quasiparticle excitations cannot take away energy. Therefore, as shown in Fig. 1a, the entire energy $2eV$ of tunneling Cooper pairs has to be transformed into photons in the impedance for a dc current to flow through the junction [3, 4]. Experiments have confirmed the predictions of DCB theory for the tunneling current, both in the normal [5–7] and superconducting case [8, 9] but the associated emission of photons into the environment has never been investigated. The aim of this work is precisely to fill this gap by exploring the photonic side of DCB. We do so by embedding a Josephson junction into a well controlled electromagnetic environment provided by a microwave resonator. The resonator in turn leaks photons into an amplifier, allowing to measure the rate and spectrum of photons emitted by the junction.

The experimental setup is represented in Fig. 1b. A small SQUID acts as a tunable Josephson junction with Josephson energy $E_J = E_{J0}|\cos(e\Phi/\hbar)|$ adjustable via the magnetic flux $\Phi$ threading its loop. The microwave resonator is made of two quarter-wave transformers and its fundamental mode has frequency $\nu_0 \simeq 6.0$ GHz and quality factor $Q_0 \simeq 9.4$. Higher modes of the resonator appear at $\nu_n \simeq (2n + 1)\nu_0 (n = 1, 2, \ldots)$ with the same lineshape up to small deviations caused by the junction capacitance (estimated to be 4 fF). The expected total impedance $Z(\nu)$ seen by the Josephson element is plotted in the top panels of Figs. 2 and 3 and reaches $\simeq 1.5$ kΩ for all modes.
The sample is cooled to $T \approx 15$ mK in a dilution refrigerator and connected to a bias tee separating the high-frequency and low-frequency components of the current. The low-frequency port is connected to a voltage bias through a 1 kΩ resistor used to measure the tunneling current $I$. The microwave port is connected to a 4 to 8 GHz cryogenic amplifier with noise temperature $T_N \approx 3.5$ K through three circulators protecting the sample from the amplifier noise and ensuring thermalization of the environment. After further amplification and eventually bandpass filtering at room temperature, the power is detected using a calibrated square-law detector. Its output voltage is proportional to the microwave power, which contains the weak sample contribution $P_{\mu w}$ on top of the large noise floor of the cryogenic amplifier. In order to measure $P_{\mu w}$, we remove the background with a low frequency lock-in technique by applying a 0 to $V$ square-wave bias voltage modulation to the sample.

We first characterize the on-chip microwave resonator and determine the gain of the microwave chain by measuring the power emitted by the electronic shot noise of the junction $S_{\text{th}} \approx eI$ at bias voltage $V \approx 2$ mV, well above the gap voltage $2\Delta/e \approx 0.4$ mV. Under these conditions, the spectral density of the emitted power is $2eV \Re Z(\nu) R_N/|R_N + Z(\nu)|^2 \approx 2eV \Re Z(\nu)/R_N$ with $R_N = 19.7$ kΩ $\gg |Z(\nu)|$ the tunnel resistance of the junction in the normal state. This spectral density is extracted using a heterodyne measurement equivalent to a 100 MHz wide bandpass at tunable frequency. More details about this procedure can be found in [10]. The extracted $\Re Z(\nu)$ is shown in the upper panel of Fig. 2 and the right panel of Fig. 3. It shows the expected peak at $\nu_0$ with an additional modulation due to parasitic reflections in the microwave set-up.

Once the system calibrated, we measure the Cooper pair transfer rate across the SQUID $\Gamma_{\text{CP}} = I/2e$ and the photon emission rate into the fundamental mode of the resonator $\Gamma_{\text{ph}}^{0}$ as a function of bias voltage. Rate $\Gamma_{\text{ph}}^{0}$ is extracted from the microwave power $P_{\mu w}$, emitted in a 2 GHz wide band centered at $\nu_0 = 6$ GHz, via $\Gamma_{\text{ph}}^{0} = P_{\mu w}/h\nu_0$. In order to simplify interpretation of our data, we adjust $E_1$ for each experiment to ensure good signal to noise ratio while keeping the maximum $\Gamma_{\text{ph}}^{0}$ smaller than the decay rate of the resonator $2\pi\nu_0/Q_0 \approx 4$ GHz, so that the electromagnetic environment of the junction stays close to thermal equilibrium.

The measured rates $\Gamma_{\text{CP}}$ and $\Gamma_{\text{ph}}^{0}$ are shown in Figs. 2 and 3. In Fig. 2 both rates display a peak at voltage $V_0 = h\nu_0/2e = 12$ $\mu$V, where the energy of a tunneling Cooper pair corresponds to the energy of one photon at frequency $\nu_0$. On resonance $\Gamma_{\text{CP}}$ and $\Gamma_{\text{ph}}^{0}$ agree within 5%. In Fig. 3 additional peaks appear in $\Gamma_{\text{CP}}$ at voltages $V_n = h\nu_n/2e$ ($n = 1, 2, 3$), which do not have counterparts in $\Gamma_{\text{ph}}^{0}$. In both figures $\Gamma_{\text{CP}}$ and $\Gamma_{\text{ph}}^{0}$ show much smaller peaks at $V_0 + V_n$ ($n = 0, 1, 2, 3$).

DCB theory accounts for these results. At low temperature $k_BT \ll 2eV$, when backward tunneling is negligible, the Cooper pair rate is given by [3]:

$$\Gamma_{\text{CP}}^{0} = \frac{\pi}{2h} E_{J}^{2} P(2eV), \quad (1)$$

where $P(E)$ is the probability density for a tunneling charge $2e$ to emit an energy $E$ in form of photons into the impedance. The function $P(E)$ is the Fourier transform of $\exp(J(t))$ with [4]:

$$J(t) = 2 \int_{-\infty}^{\infty} \frac{d\nu}{\nu} \frac{r(\nu)}{\nu} \exp(-i2\pi\nu t) - 1 \frac{1}{1 - \exp(-\nu/k_BT)}, \quad (2)$$

where

$$r(\nu) = \frac{4e^{2}}{h} \Re Z(\nu). \quad (3)$$

At $T = 0$, the expansion of the function $P(E)$ in powers of $r(\nu)$ yields:

$$\Gamma_{\text{CP}} \approx E_{J}^{2} \frac{2h^{2}}{\nu_{J}} \nu_{J} + \int_{0}^{\nu_{J}} \frac{d\nu}{\nu} \frac{r(\nu)}{\nu} \frac{r(\nu_{J} - \nu)}{\nu_{J} - \nu}. \quad (4)$$
where $E_j^2 = E_j (1 - \int d\nu r(\nu)/\nu)$ and $\nu_1 = 2eV/h$. We neglect here the low-frequency environment and suppose $\int d\nu r(\nu)/\nu \ll 1$. The first term in the parenthesis of Eq. (4) corresponds to the emission of a single photon at frequency $\nu_1$. It accounts for the peaks in $\Gamma_{\text{Cp}}$ observed at bias voltages $V_n$, and for the peak in $\Gamma_{\text{ph}}^0$ at $V_0$. Since we only detect photons emitted in the fundamental mode, $\Gamma_{\text{ph}}^0$ does not show any peak at $V_n$ for $n > 0$. The second term in the parenthesis corresponds to the simultaneous emission of two photons at frequencies $\nu$ and $\nu_1 - \nu$. It accounts for the peaks in $\Gamma_{\text{ph}}^0$ observed at bias voltage $V_n + V_0$, where the energy of a tunneling Cooper pair can be split into one photon at frequency $\nu_0$ and another at frequency $\nu_n$. These second order processes have much lower rates than the first order peaks in $\Gamma_{\text{Cp}}$ because of the low resonator impedance. The same processes also appear in $\Gamma_{\text{ph}}^0$ as small peaks between the main resonances. Note however that first order processes contribute about equally to the peaks in $\Gamma_{\text{Cp}}$ due to small rises in the impedance at $\nu_0 + \nu_n$. Eq. (4) also accounts for the increase in $\Gamma_{\text{Cp}}$ at low voltage in Fig. 2 and the reduction of the height of the resonances at $V_n$, with increasing $n$, which both reflect the $1/\nu$ scaling of the first order term. Note that as far as single photon processes are concerned, the ac Josephson effect predicts the same voltage to frequency conversion and Cooper pair and photon rates. However, DCB assumes that the transferred charge is almost a classical variable and its conjugate variable, the phase across the junction, has large quantum fluctuations, whereas the opposite assumption is made in the ac Josephson effect.

In Fig. 4 we explore the spectral properties of the emitted radiation, using a heterodyne technique with 100 MHz resolution. The first order emission occurs along a narrow line at $2eV = h\nu$ whose amplitude is modulated by $r(\nu)$, in agreement with Eq. (4). This equation, however, makes no prediction about the spectral width of the emitted radiation which is found to be approximately 150 MHz, significantly narrower than the 700 MHz width in $r(\nu)$. The second order peak follows a $2eV = h(\nu + \nu_0)$ line and has a much broader spectral width, comparable to the width of the resonance in $r(\nu)$.

In order to account for these observations we calculate the spectral density of photon emission $\gamma(\nu)$ in the DCB regime, which is related to the emission current noise spectral density $S_{II}$ via $\gamma = 2\Re Z(\nu)S_{II}(\nu)/h\nu$. From the relation between $S_{II}$ and $P(E)$ we obtain

$$\gamma = \frac{2r(\nu)}{\nu} \cdot \frac{\pi}{2h} E_j^2 P(2eV - h\nu).$$

(5)
This expression, valid at low temperature $k_B T \ll h \nu, 2eV$, can be understood within a Caldeira-Leggett decomposition \cite{11} of the impedance $Z(\nu)$ into modes with infinitesimal width \cite{10}. The term $2r(\nu)/\nu$ describes the probability density for each tunneling Cooper pair to emit a photon at frequency $\nu$ into the environment. The remainder of Eq. \cite{5} gives the Cooper pair rate while emitting the remaining energy $2eV - h \nu$ in the form of one or several other photons, as in Eq. \cite{11}.

The first order peak occurs at $2eV \simeq h \nu$, so that $P(E)$ has to be evaluated around $E \simeq 0$ where the perturbative expression \cite{4} is not valid. Therefore we calculate $P(E)$ at all orders in $r$ at finite temperature, following the method described in Ref. \cite{12}. $P(E \simeq 0)$ is approximately a Lorentzian \cite{11} of width $2D \simeq 4\pi kT \nu(0)$ \cite{12}. This expression gives the spectral width of the first order peak. Its height along the line $2eV = h \nu$ follows the variations of $r(\nu)$ due to the first term in Eq. \cite{5}.

In order to find a quantitative agreement with the data we use an effective temperature $T = 60$ mK, in good agreement with the 60 mK $\pm$ 10 mK electronic temperature deduced from shot noise measurements performed at $\nu_0$ on the same junction, driven to the normal state by applying a 0.1 T magnetic field \cite{13}. We attribute the difference between the effective temperature of the environment and the fridge temperature of 15 mK mainly to low frequency noise radiated by the amplifier used for the current measurement.

For the second order peak $P(E)$ has to be evaluated around $E \simeq h \nu_0$, where it reproduces the variations of $r(E/h)$. The radiation of the second order peak is therefore emitted in a band around $2eV = h(\nu_0 + \nu)$ with a spectral width given by the width of the resonance in $r(\nu)$. As for the first-order peak, the amplitude along this line is then modulated by $r(\nu)$ due to the first term in Eq. \cite{5}.

With the spectral distribution $\gamma$ at hand we now come back to the data presented in Figs. 2 and 3 for a more quantitative description. The solid yellow lines in both figures show expression \cite{11}, integrated from 5 to 7 GHz, and the solid cyan lines expression \cite{11} \cite{14}. The theory accurately matches the measurement with a single fitting parameter, the Josephson energy $E_1$, and accounts for the relative weight of the first and second order peaks in Fig. 2. Discrepancies only show up at the larger bias voltages in Fig. 3 corresponding to frequencies above 18 GHz where we do not accurately control the electromagnetic environment. For the sake of consistency with Fig. 4 we have used the non perturbative $P(E)$, although the zero temperature perturbative expression \cite{4} would already have given a satisfactory agreement with the data.

In conclusion, our results clearly validate the understanding of DCB based on photon emission into the electromagnetic environment. We have measured the spectral density of the emitted radiation, which we quantitatively account for by an extension to DCB theory. A natural continuation of this work is the investigation of tunneling current and emitted radiation at higher Josephson energy, where the emission rate can be strong enough to overcome cavity loss and cause stimulated emission. A larger Josephson energy will also make simultaneous tunneling of multiple Cooper pairs relevant. These are the two ingredients for the transition from the DCB regime to the regime of the ac Josephson effect. Furthermore, our results demonstrate that under appropriate biasing, the tunneling of a Cooper pair is associated with the simultaneous emission of multiple photons. This opens the way to new schemes for the emerging field of microwave quantum optics using inelastic tunneling of Cooper pairs for the generation of non classical photon states.

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\bibitem{14} The theory line corresponds in fact to $\frac{2}{\pi} E_0^3 (P(2eV) - P(-2eV))$, but the additional backward tunneling term is only important below approximately 1 $\mu$V.
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**SUPPLEMENTARY MATERIAL**

**Details on setup and calibration**

We describe the calibration of the low frequency circuitry for voltage bias and current measurement and the microwave components used to define the environment of the junction and to measure the emitted radiation.

*Low frequency circuit*

In addition to the components depicted in Fig. 1 in the paper, the low frequency circuit includes multipole RC low pass filters in the bias line (cutoff at 8 kHz) and the current measurement lines (cutoff at \( \simeq 100 \text{ kHz} \)), several capacitors to ground and a copper powder filter between readout resistor and bias T (see Fig. 5).

*Calibration* of the division factor of the voltage divider used for biasing the sample is performed in situ by reading out the applied bias voltage through one of the lines used for current measurements (see Fig. 1). We use a lock-in technique for this measurement and minimize the critical current of the junction so that the current through the sample is negligible.

The 1 k\( \Omega \) NiCr resistor used for current measurement cannot be calibrated in situ due to large lead resistances, but we have verified that a resistor from the same batch does not deviate from its nominal value by more than 1\% at the operating temperature of our refrigerator.

In the presented measurements we have corrected the applied bias voltage for the voltage drop over the 1 k\( \Omega \) resistor.

The good agreement between theory and data in Fig. 4 supports the accuracy of this DC calibration.

*Microwave circuit*

The microwave chain (see Fig. 5) consists of the junction, a bias T, a 6 dB attenuator, a triplexer with crossover frequencies 4 and 8 GHz, two 4 to 8 GHz isolators at base temperature, an isolator at 700 mK, a cryogenic amplifier at 4 K with 3.5 K noise temperature, a 3 dB attenuator at 4 K followed by a room temperature amplification and measurement chain. The isolators protect the sample from the amplifier noise in their working range from 4 to 8 GHz. The triplexer, working from DC to 18 GHz, connects the sample to the microwave chain only in the 4 to 8 GHz range. Outside this range the sample is connected to cold 50 Ω loads so that the sample “sees” a cold 50 Ω load throughout the 18 GHz frequency range of the triplexer. Reflections due to the insertion loss of the triplexer are suppressed by the 6 dB attenuator.

In addition to the components depicted in Fig. 5 in the paper, the microwave circuitry includes multipole RC low pass filters in the bias line (cutoff at 8 kHz) and the current measurement lines (cutoff at \( \simeq 100 \text{ kHz} \)), several capacitors to ground and a copper powder filter between readout resistor and bias T (see Fig. 5).

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In the presented measurements we have corrected the applied bias voltage for the voltage drop over the 1 k\( \Omega \) resistor.

The good agreement between theory and data in Fig. 4 supports the accuracy of this DC calibration.

*Calibration* of the resonator impedance \( Z(\nu) \) and the gain of the microwave chain from the sample to the top of the refrigerator is performed in situ because the superconducting resonator must be cooled below its critical temperature and the amplifier gain and cable attenuation depend on temperature. We perform both calibrations using quasiparticle shot noise as white current noise reference. We bias the junction at 2 mV, far above the gap voltage 0.4 mV of our junction, where the current noise is in good approximation \( S_{II} = eI \) at frequencies \( |\nu| \ll eV/h \simeq 0.5 \text{ THz} \). In order to separate this noise from the noise floor of the cryogenic amplifier, we then apply small variations of the bias voltage and measure the corresponding changes in the measured microwave power with a lock-in amplifier.

The conversion of \( S_{II} \) into emitted microwave power depends on the environment impedance \( Z(\nu) \) seen by the junction and its tunneling resistance \( R_N \). First, only a fraction \( R_N^2/|R_N + Z(\nu)|^2 \) of the current noise is absorbed by the environment, but this factor is close to 1 (\( > 0.85 \)) as \( R_N = 17.9 \text{ k}\( \Omega \) is much larger than the environment impedance. The current noise in the environment has then to be multiplied by 2 Re \( Z(\nu) \) to obtain the microwave power emitted by quasiparticle shot noise:

\[
S_P(\nu) = 2eV \frac{\text{Re } Z(\nu)R_N}{|Z(\nu) + R_N|^2}.
\]

The emitted power depends on \( Z(\nu) \), therefore \( Z(\nu) \) and the gain of the microwave chain cannot be calibrated independently. We solve this problem by making the fol-
lowing assumptions:

1. The gain of the microwave chain is frequency independent in the 5 to 7 GHz range.

2. The integral over the peak in $\Re Z(\nu)$ from 5 to 7 GHz corresponds to calculations based on the resonator geometry.

Assumption 1 is justified by a previous calibration of the gain of the amplifiers, found to be constant in the 5 to 7 GHz range within 0.5 dB, and by observing that the noise floor of the amplifier in this experiment in the same 5 to 7 GHz range deviates by less than 0.5 dB from its mean value, meaning that the gain and attenuation after the input of the cold amplifier are almost frequency independent. However, frequency dependent attenuation between the sample and the cryogenic amplifier is not detected this way and can be source of slight inconsistencies.

Assumption 2 relates to the fact that the integral over $\Re Z(\nu)$, proportional to the characteristic impedance of the resonance, mainly depends on the transmission line impedance of the quarterwave segment closest to the junction, less on the second segment, and only very weakly on the load impedance beyond the resonator. For example, the characteristic impedance of the resonance changes by less than 20% when the load impedance is changed from 50Ω to any value between 20Ω and infinity. Therefore we can get an accurate estimate of this integral from the impedance of the resonator segments, even in the presence of imperfections in the line impedance seen from the resonator. We calculate the characteristic impedance of our quarterwave segments from the designed resonator geometry, checked with an electron microscope and the well known stackup of our sample. We obtain characteristic impedances 139Ω and 25.5Ω, resulting in a characteristic impedance of the resonance mode of 150Ω. The fact that $P(E)$ theory using this resonator impedance accurately fits the relative heights of first and second order peaks in Fig. 2 indicates that this estimation of the resonator impedance is correct.

With these two assumptions we can use Eq. (4) to separately calibrate the power gain and $Z(\nu)$. To calibrate the power gain in Figs. 2 and 3 we compare the measured shot noise signal to Eq. (6) integrated over the bandwidth of our measurement ranging from 5 to 7 GHz.

In order to determine the spectral dependence of $Z(\nu)$ we use a narrow band pass filter (as in the data in Fig. 4) to measure a signal proportional to $S_P$. To extract $\Re Z(\nu)$ from the emitted power using Eq. (4), one would need to know $\Im Z(\nu)$, which is not measured independently. To circumvent this difficulty, we use Eq. (6) iteratively to calculate $Z(\nu)$: we start with the calculated impedance $\Re Z_0(\nu)$ in the denominator and in each step calculate a new $\Re Z_0(\nu)$, normalize it using assumption 2, and then calculate $\Im Z_n(\nu)$ using the Kramers-Kronig relations with $\Re Z_n(\nu)$ in the 5 to 7 GHz range where $S_P$ was measured and $\Re Z_n(\nu)$ outside this range. This procedure converges quickly and yields a precise determination of $\Re Z(\nu)$ because $\Im Z(\nu) \ll R_N$ and therefore only has a small influence on the extracted $\Re Z(\nu)$.

Noise emitted by a Josephson junction in the DCB regime

We give here two derivations of expression (5) in the paper. The first one follows the derivation of Coulomb blockade in [4] and treats photon emission as fluctuations in the Cooper pair tunneling rate. The second derivation explicitly evaluates photon emission and absorption rates in a mode of the electromagnetic environment.

Derivation 1

The Josephson element is described by the Hamiltonian $\hat{H}_J = -E_J \cos \delta$ and the current operator through the element is

$$\hat{I} = -\frac{2e}{\hbar} \frac{\partial \hat{H}_J}{\partial \delta} = \frac{e}{\hbar} E_J \left( e^{i\delta} - e^{-i\delta} \right)$$

The current-current correlator function is then

$$S_{II}(t) = \left\langle \hat{I}(t) \hat{I}(0) \right\rangle$$

$$= \frac{e^2 E^2_J}{h^2} \left( \left\langle e^{i\delta(t)} e^{-i\delta(0)} \right\rangle + \left\langle e^{-i\delta(t)} e^{i\delta(0)} \right\rangle \right).$$

(7)

To arrive at the last line we have noted that at non-zero dc bias voltage $V$ terms $e^{+i\delta(t)} e^{+i\delta(0)}$ with the same sign in the exponential average to zero. We decompose the phase difference across the tunnel element $\delta(t) = \delta_0(t) + \delta(t)$ into the deterministic part $\delta_0(t) = 2eVt/h$ and a fluctuating random phase $\delta(t)$ caused by the fluctuations in the electromagnetic environment. We use the gaussian character of the noise of the linear environment to rewrite [4]:

$$\left\langle e^{\pm i\delta(t)} e^{\mp i\delta(0)} \right\rangle = e^{\pm 2eVt/h} \left\langle e^{\pm i\delta(t)} e^{\mp i\delta(0)} \right\rangle = e^{\pm 2eVt/h} e^{J(t)}$$

where $J(t) = \left\langle \left( \delta(t) - \delta_0(t) \right) \delta(0) \right\rangle$ is the (superconducting) phase-phase correlation function across the impedance, so that (7) becomes

$$S_{II}(t) = \frac{e^2 E^2_J}{h^2} \cos \frac{2eVt}{h} e^{J(t)}.$$

The (non-symmetrized) current noise density $S_{II}(\nu)$ is directly the Fourier transform of the current–current correlator $S_{II}(t)$

$$S_{II}(\nu) = \int_{-\infty}^{\infty} S_{II}(t) e^{-i2\pi\nu t} dt$$
(Wiener Khinchin theorem) which yields immediately
\[ S_{1f}(\nu, V) = \frac{2\pi e^2 E_\nu^2}{\hbar} \left( P(2eV - \hbar\nu) + P(2eV - \hbar\nu) \right) \]
with \[ P(E) = \frac{1}{2\pi} \int_{-\infty}^{\infty} e^{i(Et + E/h)\delta t} \text{ the Fourier transform of } \exp(Jt). \]
Assuming that the mode of the environment at frequency \( \nu \) is in the ground state, i.e. \( kT \ll \hbar \nu \),
the current noise gives rise to a photon emission rate density
\[ \gamma = \frac{2\text{Re} Z(\nu)}{\hbar \nu} S_{1f} \]
\[ = \frac{2r(\nu) \pi}{\nu} \frac{E_\nu^2}{2\hbar} \left( P(2eV - \hbar\nu) + P(2eV - \hbar\nu) \right). \]

In expression (5) in the paper we have neglected the second term corresponding to photon emission during backward tunneling which is negligible for \( kT \ll 2eV + \hbar \nu \) as in our experiment.

\textbf{Derivation 2}

The Hamiltonian of the total system is
\[ \hat{H} = \hat{H}_{\text{em}} + \hat{H}_1 \]
with
\[ \hat{H}_{\text{em}} = \sum_l \left( \frac{k^2}{2m} \hat{\phi}_l^2 \right) + \hat{Q}_l^2 \]
\[ \hat{H}_1 = -E \cos \hat{\phi} \]
\[ \delta = \frac{2eVt}{\hbar} + \sum_l \hat{\phi}_l. \]

Here \( \hat{H}_{\text{em}} \) is the Hamiltonian describing the environment of impedance \( Z(\omega) \). \( C_l \) and \( L_l \) describe the mode at frequency \( \nu_l = 1/2\pi \sqrt{C_l/L_l} \). A second constraint on \( C_l \) and \( L_l \) imposed by the requirement that the sum of the resonator impedances approaches \( Z(\nu) \), giving
\[ Z_l = \sqrt{\frac{L_l}{C_l}} = \frac{2}{\pi} Z(\nu) \frac{\Delta \nu}{\nu}, \]
where \( \Delta \nu \) is the spacing between adjacent modes, supposed to be constant. The Cooper pair tunneling rate can now be calculated using Fermi’s golden rule:
\[ \Gamma_{\rightarrow} = \frac{\pi}{2\hbar} E_\nu^2 \prod_{n_i \geq 0, m_i \geq 0} p_{n_i, m_i} | \langle n_l + m_l | e^{i\hat{\phi}_l} | n_l \rangle |^2 \]
\[ \delta \left( \sum_l m_l \nu_l - 2eV \right) \]
\[ =: \frac{\pi}{2\hbar} E_\nu^2 P(2eV), \]
where \( p_{n_i, m_i} \) is the probability for mode \( l \) to be in state \( | n \rangle \) before the tunneling event. We assume that the tunneling rate is low so that the environment can reach thermal equilibrium before each tunneling event and the \( p_{n_i, m_i} \) describe thermal equilibrium states. This equation can be seen as the definition of \( P(E) \), the probability density for the environment to absorb energy \( E \) when a Cooper pair tunnels. Calculating \( P(E) \) by evaluating this sum is possible but cumbersome, so usually the approach from Ref. [1] is taken.

In order to calculate the rate for emitting photons at frequency \( \nu \) we treat mode \( k \) at \( \nu_k = \nu \) separately and keep track of the photon number difference \( m_k \). We absorb all other modes into a function \( P'(E) \) describing a modified environment where mode \( k \) has been removed.
\[ \Gamma_m^\rightarrow = \sum_{n=\text{max}\{0, -m\}}^{\infty} \frac{2\pi}{2\hbar} E_\nu^2 P'(2eV - \hbar\nu_k). \]

In this expression the phase operator \( \hat{\phi}_k \) across the resonator \( k \) can be expressed in terms of the rising and lowering operators \( a_k^\dagger \) and \( a_k \):
\[ \hat{\phi}_k = \sqrt{\rho}(a_k^\dagger + a_k) \]
with
\[ \rho = \frac{4e^2}{\hbar} Z_k = \frac{2\pi}{\hbar} \text{Re} Z(\nu) \frac{\Delta \nu}{\nu} = 2r(\nu) \frac{\Delta \nu}{\nu} \]
The spectral density of photon emission/absorption is calculated in the limit \( \Delta \nu \rightarrow 0 \) where \( e^{i\hat{\phi}_k} \rightarrow 1 + i\sqrt{\rho} (a_k^\dagger + a_k) \) and \( P'(E) \rightarrow P(E) \). In this limit \( \Gamma_m^\rightarrow \) is nonzero only for \( m = 0, \pm 1 \). The rate without photon emission or absorption \( \Gamma_0^\rightarrow \) simply tends to the bare Cooper pair tunneling rate, i.e. \( \Gamma_0^\rightarrow \rightarrow \Gamma^\rightarrow \). For \( m = \pm 1 \) we calculate the density of photon absorption/emission
\[ \gamma_{\pm}^\rightarrow(\nu) = \lim_{\Delta \nu \rightarrow 0} \frac{\Gamma_{\pm}^\rightarrow}{\Delta \nu} \]
\[ = 2\pi r(\nu) \sum_{n=1}^{\infty} n p_{n+1, n} \frac{\pi}{2\hbar} E_\nu^2 P(2eV \mp \hbar\nu). \]

The backward tunneling processes \( \Gamma^\rightarrow \) and \( \gamma_{\pm}^\rightarrow \) have the same expressions as the corresponding forward processes but with \( V \) replaced by \( -V \).

At low temperature \( kT \ll \hbar \nu \) the mode at \( \nu \) is in the thermal ground state, i.e. \( p_{\nu}(\nu) \simeq \delta_{\nu, 0} \) and \( P(-2eV - \hbar\nu) \simeq 0 \), so that \( \gamma_{\pm}^\rightarrow = \gamma_{\pm}^\rightarrow = 0 \). We then find expression (5) in the paper:
\[ \gamma(\nu) = \gamma_{\pm}^\rightarrow(\nu) = \frac{2r(\nu)}{\nu} \pi \frac{E_\nu^2}{2\hbar} P(2eV - \hbar\nu) \].