| Personality Trait (Adjective) Questionnaire |  |
|--------------------------------------------|---|
| despondent |  |
| negative |  |
| pessimist |  |
| wretched |  |
| cheerless |  |
| downbeat |  |
| sad |  |
| joyless |  |
| unfriendly |  |
| uncooperative |  |
| solitary |  |
| untrusting |  |
| disagreeable |  |
| intolerant |  |
| ungrateful |  |
| unreliable |  |
| insensitive |  |
| tough |  |
| uncaring |  |
| unkind |  |
| afraid |  |
| cowardly |  |
| indirect |  |
| unadventurous |  |
| agitated |  |
| discontent |  |
| doubtful |  |
| indecisive |  |
| inattentive |  |
| unrealistic |  |
| untalkative |  |
| inconsiderate |  |
| irresponsible |  |
| dishonest |  |
| inflexible |  |
| unhelpful |  |
| arrogant |  |
| demanding |  |
| judgemental |  |
| selfish |  |
| unambitious |  |
| unassertive |  |
| unenergetic |  |
| unmotivated |  |
| idle |  |
| inactive |  |
| purposeless |  |
| unproductive |  |

| |  |
|------------|---|
| hopeful |  |
| positive |  |
| optimist |  |
| excellent |  |
| cheerful |  |
| upbeat |  |
| happy |  |
| joyful |  |
| friendly |  |
| cooperative |  |
| sociable |  |
| trusting |  |
| agreeable |  |
| tolerant |  |
| grateful |  |
| reliable |  |
| sensitive |  |
| tender |  |
| caring |  |
| kind |  |
| unafraid |  |
| courageous |  |
| direct |  |
| adventurous |  |
| calm |  |
| content |  |
| confident |  |
| decisive |  |
| attentive |  |
| realistic |  |
| talkative |  |
| considerate |  |
| responsible |  |
| honest |  |
| flexible |  |
| helpful |  |
| humble |  |
| undemanding |  |
| non-judgemental |  |
| unselfish |  |
| ambitious |  |
| assertive |  |
| energetic |  |
| motivated |  |
| busy |  |
| active |  |
| purposeful |  |
| productive |  |

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## Emotion (Abstract Noun) Questionnaire

| Emotion          | Neither | Neither | Neither | Neither | Neither | Neither |
|------------------|---------|---------|---------|---------|---------|---------|
| despair          |         |         |         |         |         | hope    |
| despondency      |         |         |         |         |         | jubilation |
| gloom            |         |         |         |         |         | exuberance |
| pessimism        |         |         |         |         |         | optimism |
| cheerlessness    |         |         |         |         |         | cheerfulness |
| misery           |         |         |         |         |         | bliss |
| sorrow           |         |         |         |         |         | joy |
| unhappiness      |         |         |         |         |         | happiness |
| disconnection    |         |         |         |         |         | connection |
| disharmony       |         |         |         |         |         | harmony |
| disorder         |         |         |         |         |         | order |
| unfairness       |         |         |         |         |         | fairness |
| disagreeableness |         |         |         |         |         | agreeableness |
| disloyalty       |         |         |         |         |         | loyalty |
| intolerance      |         |         |         |         |         | tolerance |
| ungratefulness   |         |         |         |         |         | gratefulness |
| callousness      |         |         |         |         |         | tenderness |
| cruelty          |         |         |         |         |         | compassion |
| hate             |         |         |         |         |         | love |
| unkindness       |         |         |         |         |         | kindness |
| cowardice        |         |         |         |         |         | bravery |
| fearfulness      |         |         |         |         |         | fearlessness |
| timidity         |         |         |         |         |         | boldness |
| weakness         |         |         |         |         |         | strength |
| discomfort       |         |         |         |         |         | comfort |
| dissatisfaction   |         |         |         |         |         | satisfaction |
| uncertainty      |         |         |         |         |         | assurance |
| unease           |         |         |         |         |         | ease |
| inequality       |         |         |         |         |         | equality |
| instability       |         |         |         |         |         | stability |
| unfamiliarity    |         |         |         |         |         | familiarity |
| unreasonableness |         |         |         |         |         | reasonableness |
| disapproval      |         |         |         |         |         | approval |
| displeasure      |         |         |         |         |         | pleasure |
| impatience       |         |         |         |         |         | patience |
| inflexibility    |         |         |         |         |         | flexibility |
| disobedience     |         |         |         |         |         | obedience |
| conceit          |         |         |         |         |         | modesty |
| pride            |         |         |         |         |         | humility |
| selfishness      |         |         |         |         |         | unselfishness |
| apathy           |         |         |         |         |         | enthusiasm |
| inertia          |         |         |         |         |         | drive |
| lethargy         |         |         |         |         |         | energy |
| vulnerability    |         |         |         |         |         | invulnerability |
| disinterest      |         |         |         |         |         | interest |
| incompetence     |         |         |         |         |         | competence |
| purposelessness  |         |         |         |         |         | purposefulness |
| unproductiveness |         |         |         |         |         | productiveness |