Myelin water imaging of moderate to severe diffuse traumatic brain injury

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Abstract

Traumatic axonal injury (TAI), a signature injury of traumatic brain injury (TBI), is increasingly known to involve myelin damage. The objective of this study was to demonstrate the clinical relevance of myelin water imaging (MWI) by first quantifying changes in myelin water after TAI and then correlating those changes with measures of injury severity and neurocognitive performance. Scanning was performed at 3 months post-injury in 22 adults with moderate to severe diffuse TBI and 30 demographically matched healthy controls using direct visualization of short transverse component (ViSTA) MWI. Fractional anisotropy (FA) and radial diffusivity (RD) were also obtained using diffusion tensor imaging. Duration of post-traumatic amnesia (PTA) and cognitive processing speed measured by the Processing Speed Index (PSI) from Wechsler Adult Intelligence Scale-IV, were assessed. A between-group comparison using Tract-Based Spatial Statistics revealed that there was a widespread reduction of apparent myelin water fraction (aMWF) in TBI, consistent with neuropathology involving TAI. The group difference map of aMWF yielded topography that was different from FA and RD. Importantly, aMWF demonstrated significant associations with PTA \( r = -0.564, p = .006 \) and PSI \( r = 0.452, p = .035 \). In conclusion, reduced myelin water, quantified by ViSTA MWI, is prevalent in moderate-to-severe diffuse TBI and could serve as a potential biomarker for injury severity and prediction of clinical outcomes.

1. Introduction

Traumatic brain injury (TBI) is one of the leading causes of mortality and morbidity worldwide (Maas et al., 2008). Traumatic axonal injury (DAI), or diffuse axonal injury (DAI), is a hallmark of TBI and is more predictive of behavioral outcome than focal injury in case of moderate to severe TBI (Katz and Alexander, 1994; Ross et al., 1994). Because accurate assessment of the extent of TAI is not currently feasible using conventional T1- and T2-weighted images, diffusion tensor imaging (DTI) has been widely used to evaluate white matter (WM) damage after TBI (Kraus et al., 2007; Newcombe et al., 2007). This has represented an important advance in characterizing WM changes associated with TBI. However, DTI is inherently limited in distinguishing among white matter pathologies such as damage to axonal membranes, myelin sheath, or other components of the microstructure (Jurick et al., 2016; Liu et al., 2011; Shenton et al., 2012).

Myelin has increasingly been considered an important component in the pathophysiology of TBI. Histological studies have demonstrated...
that TBI induces widespread myelin loss in the rodent and the ex-vivo human brain. Experimentally injured mice have shown significant myelin loss from 3 days to 6 weeks post-TBI compared to mice that have undergone sham surgery using electron microscopy (Mierzwka et al., 2015). Additionally, chronic myelin loss is also observed in the rodents with experimental TBI (Bramlett and Dietrich, 2002). Histological analysis of DAI in post-mortem human brains has also revealed acute myelin loss in WM (Ng et al., 1994). Accumulating evidence suggests that the myelin loss in TBI may affect neuronal signaling and cognitive function (Kinnunen et al., 2011; Sharp et al., 2011). Thus, myelin may be an important target for TBI diagnosis, prognosis, and intervention. 

In this study, we investigated changes in myelin water in moderate to severe TBI using a new myelin water imaging (MWI) method, direct visualization of short transverse relaxation time component (ViSTa). The ViSTa sequence utilizes double inversion preparation pulses to suppress long T1 components. The remaining signal is a short T2* signal from myelin water (Oh et al., 2013). The ViSTa signal has been validated as a measure of myelin water by T2* characteristics (Oh et al., 2013), phase evolution (Kim et al., 2015), and magnetization transfer effects (Lee et al., 2014). ViSTa has improved image quality and reproducibility compared to the conventional MWI used in prior works (Oh et al., 2013; Oh et al., 2014). For the quantitative analysis, ViSTa myelin water fraction (MWF) was calculated by dividing ViSTa data by proton density (PD) weighted gradient echo (GE) data and multiplying it by a scaling factor (Oh et al., 2013). The resulting ViSTa MWF was referred to as the apparent MWF (aMWF), which was roughly one third of conventional MWF due to the incomplete scaling factor (Choi et al., 2018). In clinical application, ViSTa MWI has been used for evaluation of demyelination in multiple sclerosis (Choi et al., 2016) and neuromyelitis optica disorder syndrome (Jeong et al., 2017).

Recently, the first human in vivo study using T2-relaxation based MWI demonstrated a reduction in MWF at 2 weeks post-injury in mild TBI patients (Wright et al., 2016). However, to be established as a clinically relevant biomarker of myelin damage, reduction in myelin water should be related to injury severity and neurocognitive performance. The main purpose of the present study was to examine the clinical relevance of aMWF by assessing its relationship to measures of overall severity of TAI and post-traumatic impairment in cognitive processing speed in patients who sustained moderate to severe diffuse TBI. In this study, post-traumatic amnesia (PTA) duration was selected as the severity measure rather than Glasgow Coma Scale because PTA is a more sensitive measure of TBI severity compared to the Glasgow Coma Scale score (< 13 in Emergency Department (not due to sedation, paralysis or intoxication); 2) loss of consciousness ≥ 12 h; 3) prospectively documented PTA ≥ 24 h. To ensure that the TBI was predominantly diffuse, participants were required to have experienced a high-velocity, high-impact injury mechanism resulting in immediate loss of consciousness.

Participants were excluded for: 1) history of prior TBI, CNS disease, seizure disorder, schizophrenia, or bipolar disorder, 2) history of serious alcohol or psychostimulant (e.g., cocaine) abuse because it could have had deleterious neurologic effects, 3) pregnancy, 4) inability to undergo MRI scanning due to ferromagnetic implants, claustrophobia, or restless, 5) non-fluency in English, 6) level of impairment precluding the subject's ability to complete testing and scanning at 3-months prior to TBI, or 7) large focal intraparenchymal lesions on acute CT or MRI (approximately > 5 cm³ for subcortical lesions and 50 cm³ for cortical lesions estimated by visual inspection).

Thirty-five healthy controls (HC) comparable to TBI subjects in age, gender, and years of education were recruited. Exclusion criteria for HC were the same as above, with the addition of exclusion for any history of TBI resulting in alteration or loss of consciousness. The study was approved by the Institutional Review Board of the home institution and all participants provided written informed consent prior to the participation. Five control and nine patient participants were excluded after data quality assurance procedures, due to low MR image quality from excessive motion and/or restlessness, 5) non-fluen

Table 1

| Demographic and clinical characteristics of the study cohort. | TBI (N = 22) | HC (N = 30) | Effect Size | p value |
|---|---|---|---|---|
| **Age (y)** | 31.5 ± 13.4 | 36.5 ± 10.0 | 0.490 | 0.135 |
| **Gender (male: female)** | 16: 6 | 23: 7 | – | 0.746 |
| **Education (y)** | 14.0 ± 2.3 | 13.1 ± 2.2 | 0.409 | 0.170 |
| **Days post-injury** | 105.7 ± 21.0 | – | – | – |
| **Focal lesion volume (cm³)** | 7.7 ± 10.1 | – | – | – |
| **Post-traumatic amnesia (day)** | 26.0 (1–76) | – | – | – |
| **Processing speed index** | 90.8 (53-132) | – | – | – |
| **Mechanism of injury** | Vehicular 82% | – | – | – |
| | Falls 18% | – | – | – |

2 cases were discharged from rehabilitation while still in post-traumatic amnesia. The values for age, education, days post-injury, and focal lesion volume indicate mean ± standard deviation. Effect sizes are Cohen's d.

† p values from Student t-tests.

‡ p values from Chi-square test.

§ Mean value (range), N = 20.
values = 0 s/mm² (n = 5) and 1000 s/mm²; TR = 6500 ms; TE = 84 ms; flip angle = 90°; matrix size = 112 × 112; in plane resolution = 2.2 × 2.2 × 2.2 mm³; number of slices = 57; GRAPPA acceleration factor = 3; bandwidth = 1860 Hz/px; scan time = 4 min). To improve signal to noise ratio, DTI was acquired two times and averaged. In addition to MWI and DTI sequences, a routine structural whole brain 3D T₁-weighted magnetization-prepared rapid gradient echo (MPRAGE) was acquired.

2.3. Data processing

For the quantitative analysis, the ViSTA aMWF was calculated by dividing the acquired ViSTA data by the PD weighted GE data with 28' flip angle and multiplying by a scaling factor. This was employed to compensate for TR and flip angle differences between GE and ViSTA and for $T_2^*$ decays in GE and ViSTA using nominal values ($T_1$ of GE signal = 800 ms, $T_2^*$ of GRE signal = 40 ms, $T_2^*$ of ViSTA signal = 10 ms), as suggested in the literature (Oh et al., 2013). From the DTI data, fractional anisotropy (FA) and radial diffusivity (RD) were computed using DTIFIT in FSL.

To investigate statistical group differences between TBI and HC, we generated separate skeletons of aMWF and FA. Because aMWF and FA linearly to the Johns Hopkins White Matter Atlas FA map (1mm³ iso-computed using DTIFIT in FSL. the DTI data, fractional anisotropy (FA) and radial di

2.4. Clinical measures

Duration of PTA and cognitive processing speed were evaluated as measures of clinical outcomes. PTA duration, a sensitive index of the severity of neurologic injury, was calculated as the number of days between the TBI and the first of two occasions within 72 h that the participant was fully oriented. Full orientation was defined as a score above 25 on the Orientation Log (Jackson et al., 1998) or documentation of consistent orientation for 72 h in the acute medical record (i.e., prior to rehabilitation admission).

Participants were evaluated at the time of scanning with a neuropsychological battery including measures of attention, verbal learning, executive functioning, and cognitive processing speed. Processing speed was selected for this study a priori because prior work has demonstrated that processing speed measures are sensitive to TBI in general (Mathias and Wheaton, 2007) and TBI-related WM changes in particular (Felmingham et al., 2004). For the purpose of the present study, we examined the Processing Speed Index (PSI) from the Wechsler Adult Intelligence Scale IV (Wechsler and Coalcon, 2008), which was

3 A common method of prospective measurement of PTA duration is to administer a standardized measure of orientation to time, place, and circumstances approximately every 3 days (72 h). Once the person has achieved correct responses twice in a row, defined by an empirically determined cutoff score on the measure of choice, the first date is used as the day emerged from PTA, while the second date establishes reliability of the measurement (since orientation can fluctuate up and down as the person is emerging).
FA maps reveal subtle differences between the two maps. The yellow arrows in Fig. 4 point to the ‘black holes’ in conventional DTI images due to crossing fibers (Landman et al., 2010). However, aMWF shows a much smaller degree of attenuation in those areas, demonstrating MWI’s insensitivity to crossing fiber confounds. It is also interesting to note that the posterior limb of the internal capsule on the ViSTa aMWF maps looks particularly brighter, potentially delineating the corticospinal tracts (compare with FA maps).

3.3. Correlation with clinical outcomes

Regarding the relationship between mean global aMWF, FA, and RD values and clinical outcomes in TBI (Table 3), all three global MRI

Table 2
Mean global values of imaging metrics in the study cohort.

| TBI (N = 22) | HC (N = 30) | Effect size | p value |
|--------------|-------------|-------------|---------|
| aMWF (%)§    | 3.2 ± 0.4   | 3.4 ± 0.3   | 0.769   | 0.049   |
| FA            | 0.47 ± 0.03 | 0.51 ± 0.02 | 1.727   | < 0.001** |
| RD            | 0.0577 ± 0.0044 | 0.0532 ± 0.0025 | 1.761 | < 0.001** |

aMWF: apparent myelin water fraction, FA: fractional anisotropy, and RD: radial diffusivity. The values are mean ± standard deviation of all voxels on each global white matter skeleton. Effect sizes are Cohen’s d.

§ p values from Mann-Whitney U test.
* p < .05.
** p < .01.
metrics were significantly correlated with PTA (aMWF; \( r = -0.564 \) and \( p = .006 \), FA; \( r = -0.647 \) and \( p = .001 \), and RD; \( r = 0.675 \) and \( p = .001 \)). With regard to PSI, only the correlation with aMWF reached statistical significance (\( r = 0.452 \) and \( p = .035 \)). However, given our small sample size, it should be noted that there was also a clear trend toward significant association with DTI metrics (FA; \( r = 0.405 \) and \( p = .062 \) and RD; \( r = -0.367 \) and \( p = .092 \)). Fig. 5 shows the scatter plots between mean global aMWF, FA, and RD values and clinical outcomes (PTA and PSI).

4. Discussion

In the present study, we observed widespread changes in myelin water measured by ViSTa MWI in persons with moderate to severe TBI at 3 months post-injury. In a previous MWI study of concussed college hockey players, MWF values were found to recover to a normal level by 2 months post-injury (Wright et al., 2016). In our cohort, however, the more severe injury appeared to lead to a more persistent reduction in myelin water. Our findings are in line with previous studies that
speculated the injury to central myelin may contribute to axonal degeneration following TBI over a period of months to several years (Maxwell, 2013).

We also found that reduced aMWF was proportional to the severity of TAI as estimated by the duration of PTA. This finding supports the notion that MWI may serve as a biomarker to assess the extent of axonal and myelin damage in patients with TAI. We also found that aMWF was significantly correlated with PSI, which suggests that myelin injury may be particularly relevant to processing speed deficits after TBI. PSI is known as a sensitive behavioral index of the overall extent of diffuse brain injury and is a clinically important phenomenon related to attention, memory, and communication abilities (Kennedy et al., 2003). Recent studies have demonstrated that myelinated fibers play a central role in brain messaging and supports processing speed (Chevalier et al., 2015). Additionally, studies have reported that myelin thickness is also positively related to signal conduction velocity in the brain (Waxman, 1980). Taken together with previous findings, this study strongly suggests that impairment in neural signaling due to moderate to severe brain injury is significantly related to decreases in myelin water.

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Table 3
Spearman’s correlation coefficient between MR metrics (aMWF, FA, and RD) and clinical outcomes (PSI and PTA) in TBI.

|          | aMWF     | FA        | RD        |
|----------|----------|-----------|-----------|
| PSI      | 0.452 (0.035) | 0.405 (0.062) | −0.367 (0.092) |
| PTA      | −0.564 (0.006) | −0.647 (0.001)** | 0.675 (0.001)** |

The numbers in the parentheses are p values. aMWF: apparent myelin water fraction, FA: fractional anisotropy, RD: radial diffusivity, PSI: processing speed index, and PTA: post traumatic amnesia.

⁎ p < .05.
** p < .01.

Fig. 5. Scatter plots between days of post-traumatic brain injury (PTA) and aMWF (A), FA (B), and RD (C), and between processing speed index (PSI) scores and aMWF (D), FA (E), and RD (F).
The relationship among different MRI metrics revealed an interesting pattern. Many researchers have hypothesized that RD indirectly represents the amount of demyelination. In line with this notion are our findings that RD showed higher correlations with aMWF than FA. However, we also found that the correlation between RD and aMWF was only moderate. The fact that aMWF and DTI metrics are only moderately correlated to each other suggests that aMWF may potentially provide complementary information to conventional DTI. As mentioned in the introduction, DTI parameters are affected by various components such as the neurofibris, axonal membrane, myelin sheet, and intra- and extra-cellular structure in WM (Beaulieu, 2002). Since TBI causes increased inter-axonal water where axons and myelin are lost (Wozniak et al., 2007), FA and RD may reflect mixed and accumulated signal changes. Recent evidence suggests that DTI metrics may not be specific to myelin integrity (Chiang et al., 2014; Wang et al., 2014). The present study employed ViSta MWI, which is a method that indirectly detects the extent of myelin damage in TBI with high image quality. Although the acquisition method between ViSta MWI and conventional MWI is different, many studies have supported that ViSta aMWF originates from myelin water (Kim et al., 2015; Lee et al., 2014; Oh et al., 2013; Oh et al., 2014). Therefore, it is reasonable to conclude that reductions in ViSta aMWF in our participants with TBI reflect myelin damage due to brain injury.

This study has several limitations that bear noting. First, direct voxel-based comparison of aMWF and DTI metrics could not be done in this study due to the challenge of registering two modalities into a common space. A future study that acquires aMWF and DTI metrics with the same resolution would allow voxel-based comparison between different modalities with minimum registration error. Second, the correlational analysis was based on data from 22 TBI patients. In this small sample, null findings (i.e. lack of significant correlation between PSI and DTI measures) may be due to inadequate power, and hence, should be interpreted with caution. Third, the meaning of moderate correlation between aMWF and DTI metrics needs to be carefully interpreted. It may reflect either the fact that the metrics measure complementary phenomena or that there is measurement error due to low reproducibility. Despite that our previous preliminary work has shown that aMWF has very high voxel-wise reproducibility (r = 0.97) (Oh et al., 2014), any biophysical interpretation requires caution. Fourth, the global values were mainly used in this study. To address this concern, we further analyzed group difference between HC and TBI using aMWF in the corpus callosum, as shown in supplementary Fig. 2. The statistical significance was comparable with that based on the global aMWF values. We suspect that small regions of interest might be more vulnerable to random noise. Fifth, related to previous point, histological studies would eventually be needed to clearly elucidate the pathophysiology contributing to aMWF, FA, and RD. Finally, we examined persons with TBI at 3 months following injury. It would be of interest to study the clinical correlates, if any, of the imaging measures used in this study at a later point in the recovery process.

5. Conclusions

For the first time, this study compared aMWF in moderate to severe TBI patients at 3 months post-injury to that in HC. Current results demonstrated reduced aMWF is prevalent in moderate to severe diffuse TBI patients. This implies that TBI causes demyelination of the white matter. Additionally, aMWF was significantly correlated with measures of injury severity and neurocognitive performance. We believe that aMWF could serve as a potential biomarker for injury severity of myelin and prediction of clinical outcomes.

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Conflict of interest

No conflict of interest or industry support.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.nicl.2019.101785.

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