Nanomaterials for IoT Sensing Platforms and Point-of-Care Applications in South Korea

Seung-Ho Choi 1, Joon-Seok Lee 1, Won-Jun Choi 1, Jae-Woo Seo 1 and Seon-Jin Choi 1,2,*

1 Division of Materials of Science and Engineering, Hanyang University, 222 Wangsimni-ro, Seongdong-gu, Seoul 04763, Korea; tmdgh1222@hanyang.ac.kr (S.-H.C.); dlwnstjr5375@hanyang.ac.kr (J.-S.L.); dkraakdnanf@hanyang.ac.kr (W.-J.C.); wodn2859@hanyang.ac.kr (J.-W.S.)
2 Institute of Nano Science and Technology, Hanyang University, 222 Wangsimni-ro, Seongdong-gu, Seoul 04763, Korea
* Correspondence: sjchoi27@hanyang.ac.kr

Abstract: Herein, state-of-the-art research advances in South Korea regarding the development of chemical sensing materials and fully integrated Internet of Things (IoT) sensing platforms were comprehensively reviewed for verifying the applicability of such sensing systems in point-of-care testing (POCT). Various organic/inorganic nanomaterials were synthesized and characterized to understand their fundamental chemical sensing mechanisms upon exposure to target analytes. Moreover, the applicability of nanomaterials integrated with IoT-based signal transducers for the real-time and on-site analysis of chemical species was verified. In this review, we focused on the development of noble nanostructures and signal transduction techniques for use in IoT sensing platforms, and based on their applications, such systems were classified into gas sensors, ion sensors, and biosensors. A future perspective for the development of chemical sensors was discussed for application to next-generation POCT systems that facilitate rapid and multiplexed screening of various analytes.

Keywords: nanostructure; IoT; POCT; gas sensor; ion sensor; biosensor

1. Introduction

The development of high-performance chemical sensors has become increasingly important in recent years because of industrialization and the need to prevent widespread viral infections. Additionally, chemical sensors for biomarker detection in the human body are gaining considerable attention for the non-invasive diagnosis of diseases and the monitoring of health conditions in real time [1,2]. Various analytes such as gases, ions, and biocomponents (e.g., glucose, viruses, and bacteria) can be detected using chemical sensors, thereby making such sensors suitable for applications in environmental monitoring and healthcare. To detect trace amounts of analytes, various sensing parameters, particularly high sensitivity and selectivity, must be considered. Moreover, the rapid detection of target analytes is essential for preventing the spread of hazardous chemical species and detecting abnormal health states within a short time. Furthermore, the miniaturization of sensor platforms with low power consumption is necessary for portable on-site detection and point-of-care testing (POCT) [3–5].

To develop next-generation chemical sensors, the development of novel sensing materials and their integration with sensing systems are desired (Figure 1). For the development of chemical sensing layers, several nanomaterials with structural engineering have been proposed to facilitate their large surface area and high porosity considering that the fundamental sensing mechanism is the result of surface chemical reactions [6–9]. For example, multidimensional nanostructures such as zero-dimensional (0D) nanoparticles [10], one-dimensional (1D) nanofibers [11], two-dimensional (2D) nanosheets [12,13], and three-dimensional (3D) nanocubes have been demonstrated to be effective sensing layers with...
In addition, attempts have been devoted toward the tuning of physical properties such as electrical conductivity and optical emission of nanomaterials by compositional and chemical reactivity modulations [16]. These nanomaterials serve as a transducer layer on a sensing substrate to produce distinguishable signal outputs owing to the changes in their electrical and optical properties. To enhance selectivity by inducing specific binding, various selectors (e.g., synthetic molecules [17], antibodies [18], enzymes [19], and DNAs/aptamers [20]) have been functionalized with nanomaterials [21]. Chemical interactions between analytes and selectors can be effectively transduced into electrical or optical signals through the transducer layer.

In sensing systems, sensing data are transmitted to a personal mobile device through wireless communication based on the Internet of Things (IoT) platform. Chemical sensors integrated with portable IoT devices have been employed for the real-time and on-site detection of target analytes in order to enable POCT applications [22,23]. For example, wearable sensor systems were fabricated by combining a transducer layer with a flexible substrate to quantitatively monitor chemical analytes in body fluids, and the measured sensing data were displayed on a smartphone [24–27]. The sensing systems assembled with nanomaterials can be further optimized for integration with IoT sensing platforms, depending on their applications and target analytes.

In this review, we discuss recent achievements in the development of chemical sensors in which novel nanomaterials are integrated with IoT sensor systems for POCT application.
tions in South Korea. The synthesis methods, characterization, and sensing properties of nanomaterials are discussed in detail for their application toward the detection of various analytes such as gases, ions, neutral molecules, and biocomponents. Based on their application, these nanomaterials are classified into gas sensors, ion sensors, and biosensors. This comprehensive review reveals the current research state and provides future directions toward the development of chemical sensors comprising innovative sensing materials and systems for their application in the next-generation POCT platforms.

2. Gas Sensors

Nanomaterials integrated with IoT-based gas-sensing modules are gaining considerable attention for their use in monitoring hazardous environments, food freshness, and disease diagnosis [28,29]. For example, nitrogen dioxide (NO$_2$) is a toxic gas emitted from automobiles and industrial plants that causes respiratory diseases under excess exposure [30]. In addition, highly sensitive gas sensors that detect various volatile organic compounds can be employed in diagnostic POCT applications [31]. For instance, the analysis of acetone concentration in exhaled breath can provide information about the metabolic state, such as body fat burning and diabetic symptoms [32,33].

Among the various types of gas sensors, chemiresistive gas sensors are suitable for integration with IoT sensing platforms because of their simple working principle, ease of fabrication, and low cost [34]. The performance of chemiresistive gas sensors depends on the microstructures of nanomaterials, considering that sensing signals are transduced by surface chemical reactions. To further improve the gas-sensing performance, microstructural and compositional modifications have been attempted using novel synthesis techniques [35]. In this section, we review the recent research progress in South Korea on the development of gas sensors using multidimensional nanocomposites, which can be integrated with IoT sensing platforms, and the use of such sensors in POCT applications.

1D nanostructures have been employed as gas-sensing layers owing to their large surface area and porosity, which allows for a high sensitivity [36–39]. Moreover, 1D nanomaterials with controlled structures and morphologies have been developed as gas-sensing layers, such as nanorods (NRs) [40], nanowires (NWs) [41], nanofibers (NFs) [42], and nanotubes (NTs) [43].

1D graphene fibers have become a research focus considering that fibrous structures with high mechanical strength and tensile modulus can be integrated with wearable chemical sensors for the on-site detection of gas species [44,45]. A sensor using nitrogen-doped reduced graphene oxide (nRGO) fibers functionalized with Pt nanoparticles (NPs) was developed for application in wearable humidity sensors [46]. The nRGO fiber was produced by a wet-spinning process followed by heat-treatment in a reducing ambient. Continuously aligned graphene oxide (GO) fibers were obtained by lyotropic liquid crystals (LCs) property during the wet-spinning process [47]. Specifically, a 1.8 wt% GO solution was coagulated in a CaCl$_2$ solution, and the aligned GO sheets were precipitated into a continuous fiber structure under ejection through a syringe nozzle (Figure 2a). GO fibers with a diameter range of 50–80 µm were obtained after washing and drying. Subsequently, the GO fibers were annealed at 900 °C in a reducing atmosphere (H$_2$/N$_2$, 5%/95%, v/v) to form nRGO fibers, resulting in nitrogen doping and removal of oxygen functional groups [48]. The X-ray photoelectron spectroscopy (XPS) analysis revealed that the RGO fiber was reduced by the formation of C–N bond and removal of oxygen functional groups, which resulted in the improved electrical conductivity of nRGO.

To functionalize Pt NPs on the nRGO fiber, a hollow protein cage (i.e., apoferritin) was used as a template. Apoferritin is composed of peptide subunits with an inner cavity diameter of 8 nm and overall size of 13 nm [49]. The protein cage can encapsulate Pt ions inside the protein cavity, and the subsequent reduction process results in metallic Pt NPs encapsulated by protein cages. Optothermal sintering upon intense pulse light (IPL) irradiation was performed using a xenon flash lamp to remove protein templates and form Pt NPs on the nRGO fiber (Pt-nRGO) (Figure 2b).
A colorless polyimide (cPI) film was prepared as a substrate for the Pt-nRGO humidity sensor. As a precursor solution for cPI film, a polyamic acid (PAA) solution was first prepared by mixing 4,4-(hexafluoroisopropylidene)diphthalic anhydride and 3,3-diaminodiphenyl sulfone in N,N-dimethylacetamide. Next, the PAA solution was coated on a glass substrate by the screen-printing method followed by imidization at 100 °C, 200 °C, and 230 °C for 1 h at each temperature to form a cPI film. After patterning the sensing electrodes on the cPI film, the Pt-nRGO fiber was electrically connected between the two electrodes to measure resistance changes.

Humidity sensing properties were investigated by measuring the resistance transitions of Pt-nRGO fibers on a flexible cPI substrate at different relative humidity (RH) levels. The response of the sensors was calculated as \( \frac{(R_{H} - R_{D})}{R_{D}} \times 100\% \), where \( R_{H} \) and \( R_{D} \) are the resistance upon exposure toward humid air (i.e., 6.1–99.9% RH) and baseline dry air (i.e., 2.6% RH), respectively. The pristine nRGO fiber exhibited responses of 0.27% at 6.1% RH and 3.53% at 66.4% RH. The Pt-nRGO fiber exhibited improved humidity responses of 0.32% at 6.1% RH and 4.51% at 66.4% RH. The improved humidity sensing properties of Pt-nRGO were mainly attributed to the uniform functionalization of Pt with a particle size of ~2 nm through catalytic water dissociation [50]. The Pt-nRGO fiber was integrated with a portable sensing module to demonstrate its applicability for the real-time and on-site detection of humidity changes under direct exposure to human exhaled breath (Figure 2c). Consistent response transitions of 0.86% were observed after repetitive injections of exhaled breath to the sensor for 2 s (Figure 2d). The stable sensing property of Pt-nRGO was mainly attributed to the favorable adsorption of water molecules owing to the presence of numerous defect sites at the domain boundary of nRGO and the catalytic effect of Pt NPs by dissociation of water molecules. Because of its unique fibrous structure and outstanding humidity sensing properties, Pt-nRGO can be applied for the detection of biomarkers in exhaled breath.

Another promising application of 1D graphene fibers is environmental monitoring through the on-site detection of toxic gases such as NO\(_2\). However, graphene-based sensing layers suffer from incomplete recovery and drift in baseline resistance after exposure to NO\(_2\) as a result of the irreversible recovery process. To achieve reversible NO\(_2\) sensing, a flexible heating substrate was prepared by embedding carbon nanotube (CNT) fibers in a cPI film and integrating it with a graphene fiber [51]. Continuous CNT fibers were synthesized by the wet-spinning process, in which purified CNT powder dispersed in chlorosulfonic acid was ejected through a syringe nozzle in a coagulation bath. The CNT fiber exhibited a 1D structure with preferentially aligned CNTs along the axial direction (Figure 2e). A CNT fiber-embedded cPI (CNT fiber-cPI) film was fabricated by dispersing CNT fiber networks in PAA followed by the imidization process. The heating property of a CNT fiber-cPI heater was characterized by applying a voltage of 0–1.2 V to the CNT fiber-cPI film. Voltage-dependent current transitions were observed with an increase in the film temperature. The infrared image clearly shows the heating property of the CNT fiber-cPI heater with an operating temperature of 90.5 °C at an applied voltage of 1.2 V (Figure 2f).

For the sensing layer, RGO fibers were prepared by the wet-spinning process followed by thermal reduction. GO fibers were first produced by the wet-spinning process, similar to the synthesis of CNT fibers. Subsequently, heat-treatment was performed at 900 °C in a reducing atmosphere (\( \text{H}_2/\text{N}_2, 4\%/96\% \)) for 2 h to form RGO fibers. The continuous fibrous structure of RGO was maintained with RGO sheets aligned on the surface (Figure 2g). The RGO fiber was deposited on a CNT fiber-cPI film to produce an all-carbon fiber-based sensor (Figure 2h).

The sensing property of the all-carbon fiber-based sensor was investigated toward NO\(_2\) in the concentration range of 1–20 ppm under different operating temperatures controlled by the CNT fiber-cPI heater (Figure 2i). Although the RGO fibers showed a noticeable response to 20 ppm NO\(_2\) at room temperature, the recovery was negligible, resulting in a severe drift in the sensor signal. In addition, the resistance changes of the RGO fibers were negligible at concentrations below 5 ppm at room temperature. On the other hand,
further improved response and recovery properties were achieved when the operating temperature was increased to 100 °C (1.2 V). The theoretical detection limit was calculated to be 814 ppb at 100 °C, implying that the all-carbon fiber-based sensor can potentially detect NO₂ at sub-ppm levels.

Figure 2. (a) Schematic illustration of the synthesis of a GO fiber via wet spinning. (b) SEM image of Pt-nRGO fiber after optothermal sintering upon IPL irradiation. (c) Exhaled breath injection to the Pt-nRGO fiber sensor integrated with a portable sensing module. (d) Real-time response transitions during breath humidity monitoring by using the sensing module. Reproduced with permission from Ref. [46] Copyright (2018), Wiley-VCH. (e) SEM image of the CNT fiber synthesized via wet spinning. (f) IR image of a CNT fiber-cPI film as a heater under an applied voltage of 1.2 V. (g) SEM image of an RGO fiber synthesized via wet-spinning. (h) Camera image of an all-carbon fiber-based sensor fabricated by the integration of an RGO fiber on a CNT fiber-cPI film with the schematic image of the cross-sectional structure. (i) Resistance transitions of an all-carbon fiber-based sensor at different operating temperatures (applied voltages). Reproduced with permission from Ref. [51] Copyright (2019), Elsevier.

To quantitatively analyze the reversible NO₂ reaction and recovery processes, adsorption and desorption kinetics were evaluated by calculating the reaction rate constants, i.e., the desorption rate constant (k_{des}) and adsorption rate constant (k_{ads}), based on the following equations [51–53]:

\[
S(t) = S_0 \exp[-k_{\text{des}} t]
\]

\[
S(t) = S_{\text{max}} \frac{1 + C_a K}{1 + C_a K} \left(1 - \exp \left[ \frac{-1 + C_a K}{K} k_{\text{ads}} t \right] \right)
\]

where \(S_0\) is the response when the analyte gas is removed, \(S_{\text{max}}\) is the maximum response toward the analyte gas, and \(C_a\) is the concentration of the analyte gas. A relatively low adsorption rate constant (\(k_{\text{ads}} = 2.48 \times 10^{-2} \text{ ppm}^{-1} \text{ s}^{-1}\)) was obtained at room temperature. Moreover, the negative desorption rate constant (\(k_{\text{des}} = -1.34 \times 10^{-3} \text{ s}^{-1}\)) indicates negligible recovery upon exposure to air at room temperature. On the other hand, a 2.17-fold increase in response kinetics (\(k_{\text{ads}} = 5.37 \times 10^{-2} \text{ ppm}^{-1} \text{ s}^{-1}\)) was achieved.
by increasing the operating temperature to 100 °C. In particular, substantially improved recovery kinetics were achieved with a 9.22-fold enhancement in the desorption rate constant (k\textsubscript{des} = 8.85 \times 10^{-3} \text{s}^{-1}) at 100 °C. This work paves the way for the development of next-generation chemical sensors using unique carbonaceous fibers as a sensing layer, as well as a heating element for the detection of toxic chemicals with improved reversibility.

The use of multi-compositional 1D structures is an effective way to improve the gas-sensing performance [54]. Incorporating heterogeneous sensing materials that combine metal oxides on a conductive carbon framework can facilitate the development of high-performance gas sensors through the activation of the physical/chemical adsorption properties of gas species [55,56]. Jang et al. fabricated porous RGO fibers functionalized with WO\textsubscript{3} NRs by employing wet-spinning and solution-based self-assembly processes [57]. The formation of abundant pore sites on the GO fiber is advantageous for improving the gas response through the promotion of gas penetration and the acceleration of the surface reaction. Thus, tunicate cellulose nanofibers (TCNFs) were prepared by forming porous GO fibers [58]. During the wet-spinning process, TCNF and GO were wound into a fibrous structure (TCNF-GO) by exploiting the LC properties in an aqueous solution. As a result, a TCNF-GO fiber with a unique wrinkled surface morphology and well-distributed mesopores was obtained (Figure 3a). To form WO\textsubscript{3} NRs on the porous RGO fiber (porous WO\textsubscript{3} NRs-RGO), the solution-based self-assembly process was performed by inducing the adsorption of a tungsten precursor on a hydrophilic TCNF, resulting in the uniform distribution of the tungsten precursor on the TCNF-GO fiber [59]. After heat-treatment in an argon atmosphere at 700 °C, WO\textsubscript{3} NRs were grown on RGO fibers with a mean width of 197 nm (Figure 3b).

Gas-sensing characterization of the WO\textsubscript{3} NRs-RGO fiber was performed at 100 °C toward 5 ppm NO\textsubscript{2}, which revealed a high response (|R\textsubscript{gas}−R\textsubscript{air}|/R\textsubscript{air} × 100 (%)) of 9.67%. In addition, notable selectivity toward NO\textsubscript{2} was confirmed with minor responses (<2.45%) toward other interfering gases such as ethanol (C\textsubscript{2}H\textsubscript{5}OH), acetone (C\textsubscript{3}H\textsubscript{6}O), toluene (C\textsubscript{7}H\textsubscript{8}), hydrogen sulfide (H\textsubscript{2}S), and nitrogen monoxide (NO). The porous WO\textsubscript{3} NRs-RGO fiber was integrated with a wristband-type sensing module to demonstrate its applicability in wearable sensors (Figure 3c). After the injection of 20 ppm NO\textsubscript{2} for 10 cycles, consistent and reversible NO\textsubscript{2} sensing properties were obtained with a response range of 2.25–2.75% at room temperature (Figure 3d). The improved NO\textsubscript{2} sensing performance of the porous WO\textsubscript{3} NRs-RGO fiber was mainly attributed to the heterojunction effect between the WO\textsubscript{3} NRs and RGO fibers facilitating an effective surface reaction and the charge transduction properties [60].

Sacrificial templates can be utilized to form porous nanostructures and to transport catalytic NPs to the sensing layer. In particular, well-dispersed catalytic NPs with multiple compositions can be synthesized by encapsulating them in a sacrificial template. Kim et al. proposed a new approach to synthesize Pt-based bimetallic catalysts (PtM, M = Pd, Ru, and Ni) on mesoporous WO\textsubscript{3} NFs by employing the encapsulating route by using apoferritin protein nanocages [61]. Highly dispersed bimetallic PtM NPs were obtained by the reduction of both Pt and metal (Pd, Ru, and Ni) ions in the apoferritin hollow nanocage (PtM-apo), resulting in average particle size of less than 3 nm. The high-resolution TEM image of PtPd NP showed an interplanar distance of 2.21 Å, implying the formation of an intermetallic PtPd compound (Figure 3e). Elemental distribution of PtM NPs was confirmed by energy-dispersive X-ray spectroscopy (EDS) mapping analysis; overlapping images for both Pt and Pd elements were observed for PtPd-apo (Figure 3f). On the other hand, PtNi-apo showed a scattered elemental distribution as a result of the difference in the reduction rate between Pt and Ni, leading to the increased size of PtNi-apo compared to that of PtPd-apo (Figure 3g).

The electrospinning process was performed to form WO\textsubscript{3} NFs functionalized with PtM NPs (PtM-WO\textsubscript{3} NFs) (Figure 3h). An electrospinning solution was prepared by dissolve tungsten precursor ((NH\textsubscript{4})\textsubscript{6}H\textsubscript{2}W\textsubscript{12}O\textsubscript{40}\cdot xH\textsubscript{2}O) and polyvinylpyrrolidone (PVP) in deionized (DI) water followed by the homogeneous dispersion of PtM-apo NPs to obtain the nanofibrous composite 1D structure of W precursor/PVP/PtM-apo. After heat-treatment
at 600 °C, porous WO₃ NFs functionalized with catalytic PtM NPs were obtained as a result of the decomposition of protein shells and the transfer of PtM NPs onto WO₃ NFs.

Gas-sensing properties of the pristine WO₃ NFs, Pt-WO₃ NFs, and PtPd-WO₃ NFs toward acetone were evaluated in the concentration range of 1–5 ppm at 300 °C. The gas response of PtPd-WO₃ NFs ($R_{\text{air}}/R_{\text{gas}} = 97.5$) was substantially improved as compared to those of the pristine WO₃ NFs ($R_{\text{air}}/R_{\text{gas}} = 4.3$) and Pt-WO₃ NFs ($R_{\text{air}}/R_{\text{gas}} = 24.9$) toward 1 ppm acetone at 300 °C (Figure 3i). In addition, the PtNi-WO₃ NFs exhibited a drastically improved gas response of 340 toward 1 ppm H₂S at 300 °C. The drastic improvement in the H₂S sensing performance was mainly attributed to the dual catalytic effect of PtNi-WO₃ NFs induced by the phase separation between Pt and NiO after the calcination process. The PtPd-WO₃, PtRu-WO₃, and PtNi-WO₃ NFs were combined as a sensor array to analyze cross-selectivity and exhaled breath patterns. Simulated exhaled breath composed of healthy human breath containing 1 ppm of acetone and H₂S was exposed to a sensor array to demonstrate its applicability for the diagnosis of diabetes and halitosis, respectively. As a result, separated patterns depending on the exhaled breath composition were obtained by principal component analysis (PCA), which verified the applicability of PtM-WO₃ NFs for non-invasive diagnosis through the detection of exhaled breath biomarkers (Figure 3j).

Figure 3. SEM images of (a) TCNF-GO and (b) porous WO₃ NRs-RGO fibers. (c) Digital image of a portable sensing module loaded with porous WO₃ NRs-RGO fibers. (d) Real-time NO₂ sensing property using a portable sensing module. Reproduced with permission from Ref. [57] Copyright (2019), American Chemical Society. (e) High-resolution TEM image of PtPd-apo NPs. EDS elemental mapping images of (f) PtPd-apo NPs and (g) PtNi-apo NPs. (h) Schematic illustration of the electrospinning process for the synthesis of mesoporous WO₃ NFs functionalized with PtM NPs by the apoferritin-encapsulating method. (i) Sensing properties of pristine WO₃ NFs, Pt-WO₃ NFs, and PtPd-WO₃ NFs toward acetone in the concentration range of 1–5 ppm at 300 °C. (j) Pattern recognition of exhaled breath using sensor arrays, demonstrating their applicability for non-invasive POCT for diabetes and halitosis diagnosis. Reproduced with permission from Ref. [61] Copyright (2017), Wiley-VCH.
The formation of porous and hollow structures can offer high gas permeability and accelerate the surface reaction [62–64]. A new synthesis strategy was proposed by aligning 1D nanostructures on a flexible substrate [65]. Hollow nanowires (HNWs) of Pd–Ag composite were synthesized by lithographically patterned nanowire electrodeposition (LPNE) and the subsequent galvanic replacement reaction (GRR) on a flexible cPI film for a reversible hydrogen (H₂) reaction. The aligned Ag NWs were formed on the cPI film attached to a glass substrate by using the LPNE method (Figure 4a). Specifically, the Ni film was deposited by thermal evaporation as an etch mask during the patterning process followed by spin-coating of the photoresist to form a line pattern. Next, the sample was immersed in an etchant solution to form a line pattern of Ni by undercut etching below the photoresist while forming trenches. Electrodeposition was performed to form Ag NWs on the surface of Ni using the trenches as a template followed by the removal of the photoresist and Ni. To induce the transformation of Ag NWs to Pd-functionalized Ag HNWs (Pd@Ag HNWs), the GRR was performed by immersing the electrodeposited Ag NWs into the aqueous Pd precursor for a certain duration. SEM analysis revealed the optimum GRR time, wherein well-aligned Pd@Ag HNWs were obtained after 17 h (Figure 4b). A porous structure was formed on the surface of the Pd@Ag HNWs during the GRR (Figure 4c). In addition, the Pd@Ag HNWs with the continuous hemitubular structure were obtained owing to the standard reduction potential difference between Pd and Ag, resulting in the dissolution of Ag NWs and the subsequent growth of metallic Pd (Figure 4d). XPS revealed the formation of the Pd–Ag alloy during the replacement reaction.

To investigate the H₂ sensing property, sensing electrodes comprising Au NWs were electrodedeposited on a cPI film across the Pd@Ag HNWs (Figure 4e). The response ($\Delta R/R_0 \times 100 \%$) of the Pd@Ag HNWs on the cPI film was 0.89 ± 0.01% toward 900 ppm H₂ at room temperature in the flat state. A slightly decreased H₂ response of 0.65 ± 0.03% at 900 ppm was observed when the cPI film was bent at an angle ($\theta_b$) of 30°. Nevertheless, reliable and reversible sensing properties were achieved in both bent and flat states upon
multiple cyclic exposures to 900 ppm H₂ (Figure 4f). The enhanced H₂ sensing properties of the Pd@Ag HNWs were mainly attributed to the catalytic effect of Pd on the surface of the hollow structure induced by the formation of the PdHₓ phase [66]. The Pd@Ag HNWs on the cPI film was formed by the unique fabrication technique combining electrodeposition and the GRR, which can be applied to develop flexible and transparent H₂ sensors (Figure 4g).

For decades, 2D materials have been intensively studied for application in chemical sensors owing to the atomically thin layered geometry, adjustable electrical properties, and presence of abundant active edge sites [13,67,68]. Various 2D materials exhibit intriguing gas-sensing properties because of their large surface area and high surface-to-volume ratio. Moreover, the mechanical flexibility of 2D materials is advantageous for the fabrication of flexible and wearable gas sensors [69]. To date, numerous 2D materials such as graphene, transition metal dichalcogenides (TMDs), metal oxides, and black phosphorus have been developed for application as gas-sensing layers [70–72].

After the invention of isolated graphene sheets by mechanical exfoliation, their derivatives, such as GO and RGO, were investigated for their applicability as efficient sensing materials with enhanced gas-sensing properties [73,74]. Moreover, a wearable chemical sensor was developed for the detection of H₂S by assembling RGO sheets on a cPI film [75]. A flexible cPI film was synthesized by the solution screen-printing method and the subsequent imidization process for use as a flexible substrate. To measure the resistance changes of the sensing layer, interdigitated electrodes with 200 µm spacing between the electrodes were patterned on the cPI film. The dispersed GO in a DI solution (2 mg mL⁻¹) was drop-coated onto the cPI substrate. Subsequently, the GO sheets were reduced upon ultrafast optical irradiation by using IPL to form RGO (IPL-RGO) (Figure 5a). IPL irradiation is a facile method for generating heat in milliseconds without damaging the substrate [76]. After IPL irradiation, the electrical conductivity of the RGO sheets significantly increased as compared to that of the GO sheets. XPS and Raman spectra confirmed the reduction of GO by eliminating the oxygen functional groups on the surface. The morphological transition of the IPL-RGO sheets was investigated through SEM (Figure 5b–c). IPL-RGO exhibited a rough surface morphology and had numerous open pores, which effectively facilitated gas diffusion.

The gas-sensing performance of the IPL-RGO sheet sensor was investigated by injecting H₂S, ethanol, and H₂ in the flat and bent states. The IPL-RGO sensor showed characteristic resistance transitions during cyclic exposure to H₂S, whereas the resistance changes were negligible for the pristine GO sensor. The response ((R_{air}−R_{gas})/R_{air} (%)) of the IPL-RGO sensor was 0.238% and 0.224% toward H₂S at 20 ppm in the flat and bent states, respectively. Furthermore, the IPL-RGO sensor was integrated with a wristband-type sensing module, and the sensing data were transmitted to a smartphone (Figure 5d). The results revealed that consistent and stable resistance transitions were observed after repeated exposure to H₂S (Figure 5e). PCA was performed to visualize the classification of various analyte gases in the concentration range of 5–20 ppm when the IPL-RGO sensor was in the flat and bent states. All regions of the individual analytes were separated, demonstrating the classification of various analyte gases such as H₂S, toluene, H₂, and acetone using the IPL-RGO sensor (Figure 5f).

For the detection of NO₂, RGO is frequently adopted as a sensing layer because of its high binding energy to NO₂ at room temperature [77]. However, the slow recovery process and the low desorption rate of graphene sheets are critical challenges that limit the achievement of reversible NO₂ sensing properties. To address these issues, a reversible gas-sensing system was developed by integrating optically reduced graphene oxide (ORGO) sheets on Ag NW-embedded cPI (Ag NW-cPI) heating film [52]. As a sensing layer, GO sheets were coated on the Ag NW-cPI heating substrate by using the drop-coating method. Subsequently, IPL irradiation was performed to convert GO to ORGO through optothermal energy. After IPL irradiation, multilayered 2D ORGO sheets were maintained with surface
cracks, which was mainly attributed to the desorption of oxygen functional groups in the form of CO$_2$ during the optothermal reduction process (Figure 5g).

To fabricate the Ag NW-cPI film, the Ag NWs were filtrated on a 0.2-µm pore nylon membrane and transferred to a glass substrate using a pressing machine. The PAA solution was coated on the Ag NW-transferred glass substrate, which was then imidized at elevated temperatures. Subsequently, the Ag NW-cPI film was detached from the glass substrate by immersion in DI water. As a result, a highly conductive and flexible heating substrate was

Figure 5. (a) Schematic illustration of IPL irradiation of GO sheets coated on a cPI film. SEM images of IPL-RGO sheets: (b) planar and (c) cross-sectional views. (d) Camera image of a wearable wristband-type sensor module integrated with the IPL-RGO sensor. (e) Dynamic resistance transitions toward 20 ppm H$_2$S at room temperature. (f) PCA using the IPL-RGO sensor for pattern recognition of H$_2$, H$_2$S, ethanol, acetone, toluene, carbon monoxide, and methane at 5–20 ppm. Reproduced with permission from Ref. [75] Copyright (2016), Nature Publishing Group. SEM images of the (g) ORGO sheets on an Ag NW-cPI film and (h) Ag NWs embedded on a cPI film. (i) Current transition property of the Ag NW-cPI film during continuous operation at a constant applied voltage of 2 V with infrared images for temperature measurement. (j) Resistance transition characteristic of the ORGO layers on an Ag NW-cPI film at 25 and 71.7 °C controlled by the applied voltage. Reproduced with permission from Ref. [52] Copyright (2016), Wiley-VCH.
obtained by partially embedding the Ag NW networks in the cPI film (Figure 5h). The long-term stability of the Ag NW-cPI heater was investigated by monitoring the temperature and current changes for 220 h at a constant voltage of 2 V (Figure 5i). The current levels slowly decreased over 120 h as a result of the regional breakdown of the Ag NW networks. After 180 h of operation, the temperature suddenly decreased to 50.3 °C, indicating substantial disconnections in the Ag NW networks.

The reversible NO\textsubscript{2} sensing characteristics of the ORGO sheets were investigated by controlling the operating temperatures of an Ag NW-cPI heater (Figure 5j). There was a significant drift in the baseline resistance owing to the irreversibility of ORGO toward the reaction with NO\textsubscript{2}. Relatively large deviations (1.6–2.5%) from the initial baseline resistance were observed after exposure to 20 ppm NO\textsubscript{2} at room temperature. In contrast, significantly reduced deviations of less than 1.1% were achieved at 71.7 °C when a voltage of 1.8 V was applied to the Ag NW-cPI film. Reaction rate constants were calculated for the ORGO sensor at different operating temperatures, i.e., 25 °C (0 V) and 71.7 °C (1.8 V). When the operating temperature was increased from 25 °C to 71.7 °C, a 1.3-fold increase in the adsorption rate constant ($k_{ads}$) from $4.649 \times 10^{-3}$ ppm$^{-1}$ s$^{-1}$ to $6.201 \times 10^{-3}$ ppm$^{-1}$ s$^{-1}$ was observed. Similarly, a 1.7-fold increase in the desorption rate constant ($k_{des}$) from $4.579 \times 10^{-3}$ s$^{-1}$ at 25 °C to $7.731 \times 10^{-3}$ s$^{-1}$ at 71.7 °C was obtained. This result indicates that both the reaction and recovery processes were accelerated when the flexible Ag NW-cPI heating film was used, thereby demonstrating the applicability of ORGO sheets for reversible NO\textsubscript{2} detection.

To further enhance the gas-sensing performance, a compositional modification was proposed by employing a sacrificial templating route. Sacrificial templates can form a porous nanostructure in the sensing layer, thereby accelerating gas diffusion through the pores [78,79]. Recently, metal-organic framework (MOF)-driven 2D nanostructures have been developed on flexible substrates to form heterogeneous graphene-based sensing layers [80]. Porous reduced GO was functionalized with Pt and ZnO NPs (Pt\_ZnO/PRGO) using MOF templates followed by pyrolysis (Figure 6a). The solution-phase synthesis method was adopted to grow ZIF-8 on GO (ZIF-8/GO) by combining ZIF-8 precursors with GO dispersion. To functionalize the Pt NPs, precursors comprising $\text{H}_2\text{PtCl}_6\cdot x\text{H}_2\text{O}$ and PVP were dissolved in a ZIF-8/GO suspension. Subsequently, an aqueous NaBH\textsubscript{4} solution was added to form Pt NPs via a reduction in the ZIF-8/GO suspension (Pt\_ZIF-8/GO). Finally, calcination was conducted at 650 °C in an N\textsubscript{2} ambient environment for 3 h to obtain Pt\_ZnO/PRGO. The microstructure of Pt\_ZnO/PRGO confirmed the layered structure of PRGO covered by ZnO polyhedrons (Figure 6b). During the calcination process, GO was transformed to PRGO and ZIF-8 was converted to hollow ZnO nanocages (Figure 6c). Well-dispersed Pt NPs (yellow box in Figure 6c) and ZnO NPs (blue box in Figure 6c) were confirmed through high-resolution TEM. The chemical composition of Pt\_ZnO/PRGO was studied by XPS, wherein the characteristic peaks of Zn and Pt revealed the formation of ZnO and metallic Pt NPs, respectively.

The chemical sensing properties of NO\textsubscript{2} at room temperature were determined by calculating the normalized response, i.e., $(R_{\text{air}}-R_{\text{gas}})/R_{\text{air}} \times 100$ (%). The pristine RGO, Pt/RGO, ZnO/PRGO, and Pt\_ZnO/PRGO were exposed to 5 ppm of NO\textsubscript{2} to investigate the effect of heterogeneous sensitization on gas response property. The Pt\_ZnO/PRGO sensor exhibited the highest response (43.28%) than the other samples (Figure 6d). In addition, high NO\textsubscript{2} selectivity was achieved with the Pt\_ZnO/PRGO sensor with minor responses toward interfering gas analytes such as toluene, acetone, ethanol, NO, and ammonia (NH\textsubscript{3}) at 5 ppm (Figure 6e). The sensitive and selective NO\textsubscript{2}-sensing properties of Pt\_ZnO/PRGO were mainly attributed to the dual-sensitization of MOF-templated Pt catalysts and effective charge transfer between ZnO and PRGO. To demonstrate its potential application in wearable sensors, Pt\_ZnO/PRGO was coated on a flexible cPI film, and its sensing properties were determined under mechanical deformation. The Pt\_ZnO/PRGO sensor exhibited reversible and consistent resistance transitions after 450 bending cycles at a bending angle of 90°.
Various 2D layers can be fabricated on flexible substrates, facilitating their potential applications in wearable gas sensors. Further optimization of the gas-sensing properties is possible by tailoring the surface morphology and porosity [81]. For example, atomically thin porous 2D Ru oxide nanosheets (NSs) were developed on a flexible heating substrate and integrated with a wearable patch-type NO$_2$ sensing module [82]. The Ru oxide NSs were synthesized by the liquid-phase exfoliation of layered sodium ruthenate by the intercalation of Na$^+$ with H$^+$ in a hydrochloric acid (HCl) solution and then replaced with tetrabutylammonium ions [12,83].

To control the operating temperature of the sensing layer, an Ag NW-cPI film was prepared as a flexible heating substrate [84]. The electrodes were patterned on an Ag NW-cPI substrate to detect the resistance changes in the sensing layer, followed by the drop-coating of Ru oxide NSs on the substrate. Finally, optical irradiation was performed using IPL to form nanoscale pores on the Ru oxide NSs. A transmission electron microscopy (TEM) confirmed the presence of numerous pores with diameters of less than 5 nm (Figure 6f). Moreover, fast Fourier transform (FFT) diffraction patterns confirmed single and bilayer Ru oxide NSs even after IPL irradiation, which was mainly attributed to the ultrafast IPL irradiation of optothermal energy (inset of Figure 6f). The surface chemical composition of the porous Ru oxide was investigated by XPS, which revealed the formation of fully oxidized and dehydrated RuO$_2$ NSs after IPL irradiation.

To investigate the temperature dependent NO$_2$ sensing characteristics of porous Ru oxide NSs, their resistance transitions were analyzed upon the application of a voltage to the flexible heater in flat and bent states. The responses ($\Delta R/R_0$ (%)) of the porous Ru oxide NSs were 1.124% and 1.116% toward 20 ppm NO$_2$ in the flat and bent states, respectively, at an applied heating voltage of 1.4 V (80.3 °C). The porous Ru oxide NSs were integrated with a patch-type sensing module to demonstrate their applicability in wearable NO$_2$ sensors (Figure 6g). The wireless sensor module was attached to clothing, and a heating voltage of 1.4 V was applied to maintain the operating temperature at ~70 °C (Figure 6h). The resistance transitions of porous Ru oxide NSs were observed at different applied voltages under cyclic exposure to 20 ppm NO$_2$ (Figure 6i). The results revealed that improved adsorption and desorption kinetics were achieved on the porous Ru oxide NSs at elevated temperatures by applying a voltage to the Ag NW-cPI heating film.

Gas sensor systems integrated with IoT-based wireless sensing modules can be employed as portable gas sensors for POCT [85,86]. The sensing data measured through a sensor can be transmitted to a mobile device for the real-time and on-site detection of various gas species [87–89]. Recently, the applicability of a POCT platform for ethanol detection has been demonstrated for adherence to safe driving requirements [90]. A flexible and transparent alcohol gas sensor was fabricated using an In$_2$O$_3$–Pt NP hybrid composite on a polyimide (PI) film (Figure 7a). Sensing electrodes were patterned using Ag NWs on a flexible PI after the deposition of In$_2$O$_3$–Pt NPs to detect ethanol (Figure 7b). The ethanol sensing layer of In$_2$O$_3$ was synthesized by the sol–gel technique to enhance its surface area, and Pt NPs were spray-coated onto the In$_2$O$_3$ sensing layer. The hybrid nanostructure of In$_2$O$_3$–Pt NPs was porous, which accelerated gas diffusion into the sensing layer (Figure 7c).

The ethanol sensing properties of In$_2$O$_3$–Pt NPs were investigated by calculating the response ($I_g/I_a$), where $I_a$ and $I_g$ are the currents of the sensor in baseline dry air and in the presence of ethanol vapor, respectively (Figure 7d). The ethanol responses of In$_2$O$_3$–Pt NPs were 12.2 and 90.8 at concentrations of 95 and 952 ppb, respectively. Additionally, a 90-fold improvement in the response of the In$_2$O$_3$–Pt NP sensor was achieved in relation to that of the pristine In$_2$O$_3$ sensor toward 952 ppb ethanol. The drastic improvement in the response of the In$_2$O$_3$–Pt NP sensor was confirmed by XPS, wherein the intensity of the adsorbed oxygen species increased from 2% to 8% upon the addition of Pt NPs, which induces conductivity changes upon reaction with ethanol. Fast response and recovery times (1 and 2 s, respectively) were achieved with In$_2$O$_3$–Pt NPs at room temperature. In addition, consistent gas responses toward 95 ppb ethanol were achieved during 5000 bending cycles,
thereby confirming reliable ethanol sensing performance of the In$_2$O$_3$–Pt NP sensor upon mechanical deformation.

Figure 6. (a) Schematic illustration of the synthesis of PRGO functionalized with Pt and ZnO NPs (Pt$_x$ZnO/PRGO) driven by MOF templates and subsequent pyrolysis. (b) TEM image and (c) high-resolution TEM image of Pt$_x$ZnO/PRGO with Pt NPs (yellow box) and ZnO NPs (blue box). (d) Dynamic response transitions of pristine RGO, Pt/RGO, ZnO/PRGO, and Pt$_x$ZnO/PRGO toward 5 ppm NO$_2$ at room temperature. (e) Selective NO$_2$ sensing property of Pt$_x$ZnO/PRGO against interfering gases at 5 ppm. Reproduced with permission from Ref. [80] Copyright (2021), Elsevier. (f) TEM image of porous Ru oxide NSs with FFT diffraction patterns in the inset. (g) Camera image of a patch-type sensor module attached to a lab coat with the porous Ru oxide NS assembled on an Ag NW-cPI film. (h) Infrared camera image of the sensor module during operation at an elevated temperature. (i) Resistance transitions of Ru oxide NSs toward 20 ppm of NO$_2$ under different applied voltages to the Ag NW-cPI film. Reproduced with permission from Ref. [82] Copyright (2017), Wiley-VCH.

A wireless ethanol sensing system was developed to transmit sensing results to a smartphone through Bluetooth communication. The flexible alcohol sensor was attached to the steering wheel of an automobile (Figure 7e), and the wireless sensing module detected ethanol vapor and evaluated the concentration of blood alcohol on the basis of ethanol vapor concentration (Figure 7f). Moreover, the In$_2$O$_3$–Pt NP sensor can be incorpored with antenna coils to eliminate the requirement of an external power source. A battery-free wireless ethanol sensing module was developed using an inner coil comprising a spiral pattern of Ag NWs for the antenna and an outer coil comprising the In$_2$O$_3$–Pt NP channel for the sensing layer (Figure 7g). The sensing response was measured by the
reflection coefficient (S11), which indicates the power reflected from the transmitter to the antenna. The measured reflection values at a resonant frequency of 4.1 GHz decreased from −17 to −23 dB with increasing ethanol concentrations from 95 to 952 ppb (Figure 7h). The battery-free wireless sensing module can be attached to a smartwatch to monitor the blood alcohol concentration in real-time.

In addition to their application of a wireless gas-sensing platform in POCT, such sensors are employed in IoT-based sensor systems for monitoring food quality in the agricultural industry [91–93]. For example, SnO2 hollow spheres were synthesized with a nanoscale Cr2O3 catalytic overlayer for improved selectivity toward ethylene, which is an important plant hormone used to determine the development and growth of climacteric fruits [92]. The overall fabrication process for the Cr2O3–SnO2 sensor is illustrated in Figure 7i. SnO2 hollow spheres were synthesized via one-pot ultrasonic spray pyrolysis. The precursors of tin (II) chloride dihydrate, citric acid monohydrate, and dilute hydrochloric acid solution (35.0–37.0%, HCl:DI water = 1:99 by vol%) were dissolved in DI water to obtain a spray solution. The Sn-containing precursor powder generated by the ultrasonic transducers was collected and converted to SnO2 hollow spheres by heat-treatment at 600 °C for 2 h. The SnO2 sensing layer was coated by the screen-printing method on an alumina substrate, and Cr2O3 catalytic overlayers were deposited on the sensing film through e-beam evaporation. The microstructure and surface morphology of the bilayered Cr2O3–SnO2 sensor were investigated by cross-sectional SEM, which indicated that the SnO2 hollow sphere was covered by Cr2O3 NPs with a thickness of 0.3 µm (Figure 7j).

The gas-sensing performance of the bilayered Cr2O3–SnO2 sensor was evaluated toward ethylene in the concentration range of 0.1–2.5 ppm at 375 °C (Figure 7k). The Cr2O3–SnO2 bilayer sensor exhibited a significantly high response ($R_{\text{air}}/R_{\text{gas}} - 1 = 12.1$) toward 2.5 ppm ethylene. The detection limit was 0.1 ppm with a corresponding response of 1.2. The Cr2O3–SnO2 bilayer sensor exhibited significantly improved selectivity toward ethylene against other interfering gases (e.g., trimethylamine, dimethylamine, ammonia, ethanol, formaldehyde, and carbon monoxide). The improved selectivity was mainly attributed to the decrease in response to interfering gases, which were converted to less-reactive species (e.g., CO2 and H2O) by the Cr2O3 catalytic layer.

The practical applicability of the Cr2O3–SnO2 sensor for monitoring fruit freshness to reflect the real-life storage of foods was demonstrated. An IoT-based wireless sensing module was developed with the Cr2O3–SnO2 sensor to monitor the freshness of bananas via ethylene detection (Figure 7l). The measured ethylene sensing data were transmitted to a smartphone in real-time (Figure 7m). The Cr2O3–SnO2 sensor distinguished the freshness of three bananas (under-ripened, ripened, and over-ripened) on the basis of resistance transitions resulting from an increase in ethylene concentrations as the bananas ripened (Figure 7n).

Based on recent developments in nanomaterials and IoT-based sensing systems, various emerging applications will be further explored, revealing the major advantages of nanostructured gas sensor systems in processes such as real-time analysis, rapid screening of multiple analytes, and wireless data transmission to mobile devices with improved sensitivity and selectivity, as summarized in Table 1.
### Table 1. Recent development of gas sensors using multidimensional nanocomposites for IoT gas sensor and POCT applications.

| Material                                      | Response Definition | Response   | Detection Limit | Testing Ambient | Target Gas | Response/Recovery Time | Applications         | Ref.  |
|-----------------------------------------------|---------------------|------------|-----------------|-----------------|------------|------------------------|-----------------------|-------|
| PdO@Co$_3$O$_4$–SWCNT                        | ($R_{\text{air}}$–$R_{\text{gas}}$)/$R_{\text{air}}$ (%) | 44.11% @ 20 ppm | 1 ppm           | Air             | NO$_2$     | -                      | Wearable sensor       | [15]  |
| Pt-nRGO fiber                                 | ($R_{\text{gas}}$–$R_{\text{air}}$)/$R_{\text{air}}$ (%) | 3.53% @ 66.4% RH | -               | Air             | H$_2$O     | -                      | POCT                  | [46]  |
| RGO fiber                                     | ($R_{\text{gas}}$–$R_{\text{air}}$)/$R_{\text{air}}$ (%) | 0.39% @ 20 ppm | 0.814 ppm       | Dry air         | NO$_2$     | 108 s/72 s              | Wearable sensor       | [51]  |
| ORGO                                          | ($R_0$–$R$)/$R_0 \times 100\%$ | 2.69% @ 20 ppm | -               | Ambient air     | NO$_2$     | -                      | Wearable sensor, POCT | [52]  |
| WO$_3$ NRs–RGO composite fiber                | ($R_{\text{gas}}$–$R_{\text{air}}$)/$R_{\text{air}}$ (%) | 9.67% @ 5 ppm  | -               | Dry air         | NO$_2$     | 180 s/432 s             | Wearable sensor       | [57]  |
| PtPd–WO$_3$                                  | $R_{\text{air}}$/$R_{\text{gas}}$ | 97.5 @ 1 ppm | 1.07 ppb        | Humid air       | Acetone    | 4.2 s/204 s/5.7 min/20 s | POCT                  | [61]  |
| WS$_2$@MTCNFs                                 | ($R_{\text{gas}}$–$R_{\text{air}}$)/$R_{\text{air}}$ (%) | 15% @ 1 ppm   | 10 ppb          | Dry air         | NO$_2$     | 3.7 min/120 s/102 s     | IoT gas sensor        | [63]  |
| Pd@Ag HNWs                                   | $\Delta R/R_0$ (%) | 0.89% @ 900 ppm | 100 ppm        | Dry air         | H$_2$      | -                      | Wearable sensor       | [65]  |
| Pt, ZnO/PRGO                                 | ($R_{\text{air}}$–$R_{\text{gas}}$)/$R_{\text{air}}$ (%) | 0.238% @ 20 ppm | 1 ppm          | Dry air         | H$_2$S     | -                      | POCT                  | [78]  |
| Optically punched RuO$_2$                    | ($R_{\text{gas}}$–$R_{\text{air}}$)/$R_{\text{air}}$ (%) | 1.124% @ 20 ppm | -              | Dry air         | NO$_2$     | 8.8 min/11.7 min        | Wearable sensor       | [80]  |
| In$_2$O$_3$/Pt                                | $I_g/I_a$           | 90.8 @ 952 ppb| 5.14 ppb       | Dry air         | Ethanol    | 1 s/1 s/10 s/70 s       | Wearable sensor, POCT | [82]  |
| Cr$_2$O$_3$–SnO$_2$                          | ($R_{\text{air}}$–$R_{\text{gas}}$)/$R_{\text{air}}$ | 12.1 @ 2.5 ppm | 24 ppb         | Dry air         | Ethylene  | -                      | IoT gas sensor        | [90]  |
| Fluorinated graphene oxide (CFGO)             | $\Delta R/R_0$ (%) | 121% @ 500 ppm | 6 ppb          | Dry air         | NH$_3$     | -                      | IoT gas sensor        | [92]  |
| Al-Doped ZnO Nanofiber                       | $R_{\text{gas}}$/$R_{\text{air}}$ | 11 @ 0.5 ppm | 0.2 ppm        | Dry air         | NO$_2$     | 23 s/40 s              | IoT gas sensor        | [95]  |
3. Ion Sensors

The development of innovative ion sensor systems, including sensing materials, sensor substrates, and signal transduction techniques, enables real-time analysis through the rapid detection of analyte species, minimization of sensing platforms, and quantitative analysis of ion concentrations [96]. Advanced ion sensors can be integrated with IoT devices for developing portable and wearable sensing platforms [97]. Particularly, wearable sensing platforms have been developed for the analysis of biofluids, including sweat, considering their major advantages such as high efficiency for non-invasive healthcare monitoring and POCT [98,99].

Anion detection is gaining considerable attention in various fields, including healthcare, environmental monitoring, and biotechnology. For example, acetate (AcO⁻) is a metabolic switch that controls the rate of bacterial cell growth. In an abundant nutrient environment, bacterial cells such as *Escherichia coli* (*E. coli*) grow rapidly and excrete...
AcO$^-$ [100–102]. The bacterial cells switch to a slower growth rate when their nutrients are depleted in the environment to enhance survival. The accumulation of AcO$^-$ can inhibit cell growth and lower the productivity of recombinant proteins (e.g., synthetic insulin). Moreover, chloride (Cl$^-$) in sweat is an important biomarker for the diagnosis of cystic fibrosis [103]. Increased Cl$^-$ concentration in the range of 60–150 mM in sweat is generally observed in cystic fibrosis patients, whereas the normal Cl$^-$ concentration range of a healthy individual is 10–40 mM [104].

Various receptors have been synthesized to detect anions, and their binding affinities toward specific anions have been evaluated. There has been particular interest in the design of receptor structures using dual-hydrogen bond donors such as urea, thiourea, deltamide, squaramide, and croconamide, considering their geometrical uniqueness for the binding of halides and Y-shaped oxoanions forming stable six- and eight-membered chelated structures, respectively [105,106]. Improvement in the anion-binding affinities of dual-hydrogen bond donors has been achieved by modulating N,N-substitutional functional groups. The anion-binding behavior of receptors comprising dual-hydrogen bond donors was characterized either by hydrogen bond interactions or deprotonation upon the injection of anions, depending on the acidity of the receptors.

Various signal transduction techniques have been employed to understand the anion-binding behavior, such as those utilizing optical, magnetic, and electrochemical signals. Among the electrochemical signal transduction techniques, chemiresistive-type anion sensors have attracted considerable attention because of their ability for the real-time detection of anions with rapid screening and potential for integration with wireless sensing modules (Table 2).

Recently, multiplexed chemiresistive anion sensors have been developed for the detection of AcO$^-$ facilitating deprotonation of dual-hydrogen bond donors and electrical transduction using single-walled carbon nanotubes (SWCNTs) [107]. To fabricate the anion sensor, poly(4-vinylpyridine) (P4VP)-wrapped SWCNTs (P4VP-SWCNT) were patterned by spray-coating method, followed by the non-covalent functionalization of selectors composed of squaramide-based dual-hydrogen bond donors (Figure 8a). Specifically, a homogeneous dispersion of SWCNTs was prepared in N,N-Dimethylformamide (DMF) by dissolving P4VP and wrapping the SWCNTs. To prepare the sensing substrate, parallel Au electrodes were patterned on a glass substrate by depositing Au/Cr layers using a thermal evaporator. Subsequently, the glass substrate was treated with 3-bromopropyltrichlorosilane to form bromo alkyl chains on the surface. The mechanically stable P4VP-SWCNT composite was anchored on a surface-treated glass substrate by a quaternization reaction, wherein SWCNT-wrapped P4VP was covalently linked to the surface by the reaction between the pyridyl groups of P4VP and the bromo alkyl chains on the glass substrate. To induce selective anion-binding interactions, squaramide-based selectors were functionalized on the P4VP-SWCNT with different electron-withdrawing 3,5-bis(trifluoromethyl)benzyl (1) and 3,5-bis(trifluoromethyl)phenyl (2) groups (Figure 8a). The model structures of (1) and (2) were synthesized by N,N-substitution of squaramide with cationic moieties (e.g., pyridinium) and electron-withdrawing groups to systemically investigate the binding affinities toward various anions such as AcO$^-$, Cl$^-$, bromide (Br$^-$), and nitrate (NO$_3^-$).

The anion-binding properties of (1) and (2) were evaluated by UV-vis titrations upon the addition of AcO$^-$ in dimethyl sulfoxide (Figure 8b–c). For the model selector (1), minor shifts in the absorption band at 292 nm were observed upon the addition of AcO$^-$ up to 1 equivalent. A binding stoichiometry of 1:1 was confirmed by the Job curve, implying a hydrogen bond interaction between AcO$^-$ and (1). For (2), an increased absorption band at 386 nm and decreased absorption bands at 280, 325, and 343 nm were observed upon the addition of up to 1 equivalent AcO$^-$.

The characteristic absorption spectra of (2) indicate the occurrence of hydrogen bond interactions between AcO$^-$ and (2) with 1:1 binding stoichiometry at a low concentration (<1 equivalent) followed by the deprotonation of (2), resulting in the formation of a hydrogen-bond self-complex ((H(AcO)$_2$)$_2^-$) with 1:2 binding
stoichiometry. The UV-vis titrations of (1) and (2) exhibited minor changes toward Cl\(^-\), Br\(^-\), and NO\(_3\)\(^-\), which confirmed the occurrence of weak hydrogen bond interactions.

The anion-sensing properties of functional P4VP-SWCNTs with different electron-withdrawing groups, i.e., P4VP-(1)-SWCNT and P4VP-(2)-SWCNT, were evaluated for various anions such as AcO\(^-\), Cl\(^-\), Br\(^-\), and NO\(_3\)\(^-\). A baseline solution of 10 \(\mu\)L acetonitrile was injected to establish the baseline resistance before the addition of the analyte solution. After stabilizing the sensor resistance, a 2 \(\mu\)L solution containing the target anion was injected to measure the resistance transitions. The sensor response was defined as the normalized resistance, i.e., \((R - R_0)/R_0\) (%), where R and R\(_0\) are the resistances upon the addition of the analyte solution and baseline solvent, respectively. The results revealed that P4VP-(1)-SWCNT exhibited a response of 7.34% toward AcO\(^-\) at 16.7 mM, followed by Cl\(^-\) > Br\(^-\) > NO\(_3\)\(^-\). An approximately 16-fold higher response was achieved using P4VP-(2)-SWCNT with a response of 120.27% upon the addition of 16.7 mM AcO\(^-\). In terms of the selectivity of P4VP-(2)-SWCNT, the highest response was obtained with AcO\(^-\) followed by Br\(^-\) > Cl\(^-\) > NO\(_3\)\(^-\).

Real-time wireless anion sensing was demonstrated using P4VP-(2)-SWCNT by integrating an anion sensor with a wireless sensor module (Figure 8d). The resistance changes were measured using the sensing module, and the sensing data were transmitted to a smartphone through near-field communication (NFC). Increasing response transitions were observed by increasing the AcO\(^-\) concentrations in the range of 0.17–83.33 mM (Figure 8e). The detection limit was 0.17 mM with a response of 12.39%. The resistance transitions upon the addition of AcO\(^-\) were mainly attributed to the internal charge transfer of (2) induced by the deprotonation of the squaramide. Increasing resistance transitions resulted from the negatively charged selector (2) after deprotonation, which traps hole carriers in the SWCNTs. The chemiresistive-sensing platform enables the real-time wireless anion detection of AcO\(^-\) by integration with an IoT sensing module.

Chemiresistive ion sensors using SWCNTs with different functional components can be employed for the detection of different ionic species such as proton (H\(^+\)). The development of pH sensors by monitoring H\(^+\) concentrations is important for applications in healthcare systems and for water quality monitoring. For example, the normal pH of the sweat of a healthy person is 4.0–6.8, whereas an increased pH level of >9 is observed in patients with cystic fibrosis [108,109]. Additionally, pH values can indicate exercise intensity and dehydration levels [110]. In this regard, the pH level of individuals is closely related to their health conditions. In terms of monitoring pH in the environment, lowering the pH levels in seawater results in ocean acidification, threatening marine organisms that use calcium carbonate for their structural components [111]. Therefore, simple and portable pH measurement systems with wireless data transmission modules must be developed for the continuous monitoring of health and environmental conditions.

A wireless pH sensing system was demonstrated by facilitating a screen-printed SWCNT-Nafion nanocomposite on a flexible PI film [112]. The SWCNT was mixed with Nafion-117 at a concentration of 5%, which is the optimal condition for the screen-printing process. Nafion is composed of a hydrophobic backbone and hydrophilic side chains with sulfonic acid moieties, resulting in high proton conductivity (Figure 8f) [113,114]. The SWCNT-Nafion nanocomposite with a thickness of 40 \(\mu\)m was screen-printed on the PI substrate followed by heat-treatment at 100 °C for 10 min in the air (Figure 8g). A polydimethylsiloxane (PDMS) layer was attached to the top of the SWCNT-Nafion nanocomposite to protect the electrical contacts from pH buffer solutions.

The material properties and wireless pH sensing performance of the SWCNT-Nafion nanocomposite films were investigated. From the XPS spectra, two major peaks at 283.9 and 290.9 eV were assigned to the carbon–carbon interactions from C–C sp\(^2\) and the carbon–fluorine interactions from CF\(_2\), respectively (Figure 8h). These peaks are attributed to the binding of the Nafion chains with the SWCNTs. The surface morphology of the SWCNT-Nafion nanocomposite film was investigated by SEM (Figure 8i). Dense SWCNT networks were formed after coating by the screen-printing method with multiple electrical conducting
paths. Real-time wireless pH sensing in a river was demonstrated by integrating the SWCNT-Nafion sensor with a drone (Figure 8). The resistance transition was measured by immersing the SWCNT-Nafion sensor in a river and indicated a pH value of 7.5 (Figure 8k). The measured data were transmitted to a smartphone via wireless communication, enabling water quality monitoring from remote locations. The sensing mechanism revealed that the formation of negatively charged OH\(^-\) interacts with C–H bonds from the SWCNT-Nafion nanocomposite, wherein the majority of hole carriers in the SWCNTs are immobilized in a basic environment, leading to an increase in resistivity. On the other hand, H\(^+\) produced in an acidic environment binds to C–O bonds in the SWCNT-Nafion composite, which results in decreased resistivity because hole carriers are donated back to the SWCNTs.

Figure 8. (a) Schematic illustration of an anion sensor with surface-anchored P4VP-SWCNT composite and anion selectors (1) and (2). UV-vis titrations of selector (b) (1) \([([1]) = 4.4 \times 10^{-5}\) M\) and (c) (2) \([([2]) = 4.5 \times 10^{-5}\) M\) upon the addition of up to 1 equivalent AcO\(^-\). (d) IoT-based anion-sensing platform composed of a sensor array and a wireless sensing module. (e) Real-time wireless detection of AcO\(^-\) in the concentration range of 0.17–83.33 mM. Reprinted with permission from Ref. [107] Copyright (2019), Wiley-VCH. (f) Chemical structure of a Nafion. (g) Camera image of screen-printed SWCNT-Nafion composite on a PI substrate. (h) XPS spectra and (i) SEM image of the SWCNT-Nafion composite film. (j) Real-time wireless pH sensing system by integrating the SWCNT-Nafion film sensor with a drone and transmitting the sensing data to a smartphone. (k) Real-time wireless pH monitoring of a river. Reproduced with permission from Ref. [112] Copyright (2019), Elsevier.
As a different type of electrochemical ion sensor, potentiometric sensors that facilitate potential differences across selective ion-sensing membranes have been developed for the detection of cationic species integrated with a wireless sensing module for POCT applications. Potentiometric sensors are advantageous because of the simplicity of operation, low power consumption, and their potential for miniaturization [117–119]. Recently, wearable-type potentiometric ion sensors (WPISs) integrated with IoT sensing modules have gained significant attention for their applicability toward the real-time monitoring of ion concentration changes in body fluids for healthcare management, sports performance monitoring, and physiological analysis [120,121]. Additionally, they can be employed for the diagnosis of critical nervous disorders and heart failure by monitoring metabolic indicators such as Na⁺, K⁺, and pH [122,123]. The recent development of WPISs in South Korea is summarized in Table 3 for the detection of Na⁺, K⁺, and H⁺.

The development of a mechanically robust potentiometric wearable sensing platform is important, considering that the sensor is subjected to constant mechanical stress during human natural activities such as walking, running, and stretching [124–127]. To address this issue, fibrous wearable sensors with self-healing polymers (SHPs) have been proposed for the autonomous repair of damage [128–132]. Yoon et al. developed a wearable sweat sensor for the detection of Na⁺/K⁺ using SHPs, i.e., poly (1,4-cyclohexanediol succinate-co-citrate) (PCSC)-coated carbon fiber thread (CFT) electrodes [133]. The self-healing polymer can be restored with >97.0% healing efficiency within 30 s at room temperature (Figure 9a).

Figure 9. (a) Schematic illustrations and photographic images of the self-healing process of PCSC-coated CFT electrodes. (b) Schematic illustration of the PCSC-coated K⁺ ISE, reference electrode, and Na⁺ ISE. (c) Application of the self-healing ISE to the flexible ion-sensing platform, communicating with a wireless sensing device. Data acquisition from a headband-shaped sensor. (d) Simultaneous data acquisition of Na⁺ and K⁺ from sweat using the sensor platform during exercise. Cutting and healing processes occurred during signal collection. Reproduced with permission from Ref. [133] Copyright (2019), American Chemical Society.
To fabricate a wearable sweat monitoring sensor, a self-healable PCSC polymer was first synthesized by the addition of citric acid (CA; 9.51 g, 49.5 mmol), succinic acid (SA; 6.82 g, 57.8 mmol), and 1,4-cyclohexanediolmethanol with 74 mol% trans-isomer (19.0 g, 132 mmol) by the esterification process. The mixture in the reactant-containing dry vessel was stirred for 105 min under a nitrogen atmosphere at 160 °C and then poured onto a Teflon sheet. The mechanical properties of the PCSC were as follows: Young’s modulus, E = 340 MPa; ultimate tensile strength, σ = 2.8 MPa; elongation at break, ε = 350%; and toughness, U = 7.7 MJ m⁻³. The self-healing property of the PCSC was nearly instantaneous as the toughness was recovered by 85% after 30 s and 92% after 60 s of cutting the PCSC film. The self-healing property of the PCSC is attributed to moderately cross-linked oligomers containing terminal carboxylic acid and alcohol groups as self-healing motifs by forming a reversible pseudo-network via an intermolecular hydrogen bonding [134,135].

To prepare the Na⁺/K⁺ ion-selective electrode (ISE), the CFT surface was electrochemically deposited with poly(3,4-ethylenedioxythiophene) polystyrene sulfonate, which acts as a solid contact transducer (Figure 9b). Ion-selective membranes (ISMs) were prepared by dipping the CFT in a cocktail solution for membrane coating. The cocktail solution was prepared by mixing 1.2 w/w of poly(vinyl chloride) (PVC) and a dioctyl sebacate (DOS) polymer matrix, lipophilic ionophores (i.e., Na ionophore X and valinomycin for Na⁺ and K⁺ sensing, respectively), and ion exchangers (e.g., sodium tetrakis[3,5-bis(trifluoromethyl)phenyl]borate (Na-TFPB) for Na⁺ and potassium tetrakis(4-chlorophenyl)borate for K⁺) in 1 mL of tetrahydrofuran (THF). The Ag/AgCl reference electrode was formed by coating the CFT with an Ag/AgCl ink. To prevent unwanted potential drift during potentiometric sensing, the as-obtained Ag/AgCl-coated CFT was immersed in a MeOH solution containing 50 mg of NaCl and 78 mg of BUTVAR B-98 (PVB) followed by drying at room temperature. The high concentration of NaCl in the PVB polymer electrolyte helps the Ag/AgCl half-cell to maintain the reference potential by providing Cl⁻ [136]. Finally, the ISEs and reference electrodes were coated with PCSC (10 vol%) dissolved in a mixture of chloroform (10 mL) and dimethylacetamide (10 mL).

The sensing properties of the PCSC–CFT-based ISE were evaluated for Na⁺ and K⁺ in the concentration range of 0.1–100 mM under various physical conditions such as normal, bent, and crumpled states. Under the normal condition, the PCSC–CFT Na⁺/K⁺ ISE showed linear Nernstian slopes of 60.7 ± 1.5 mV log[Na⁺]⁻¹ (i.e., mV per decade) (R² = 0.99) and 54.8 ± 0.6 mV log[K⁺]⁻¹ (R² = 0.99) (n = 5). Rapid electromotive force (EMF) signal detection was achieved over 10–20 s with high stability at 16–60 °C. In addition, the sensors exhibited stable signal detection even under severe mechanical bending and crumpling conditions. Moreover, the K⁺ sensor exhibited similar responses of 55.0 and 54.9 mV log[K⁺]⁻¹ for the bent and crumpled states, respectively. For the detection of Na⁺, minor differences in the response values were obtained for the bent (59.4 mV log[Na⁺]⁻¹) and crumpled states (59.3 mV log[Na⁺]⁻¹).

The PCSC–CFT-based ISE was integrated with a wireless flexible printed circuit board (FPCB) for real-time sweat monitoring. The FPCB is composed of a PCSC–CFT-based sensor, a temperature sensor, interface circuits, a microcontroller, a Bluetooth low energy system, and a Li-ion battery (3.7 V). For sweat monitoring, the on-body sensing test was performed using a headband sweat sensor fabricated by knitting PCSC–CFT on a fabric. Healthy volunteers exercised on a stationary bike for 50 min at room temperature while wearing the headband PCSC–CFT-based sweat sensor (Figure 9c). The signal profiles of the on-body sweat electrolytes revealed that Na⁺ and K⁺ concentrations increased rapidly and then stabilized with a small decrease. (Figure 9d) [26,122,137]. To evaluate the sensor performance, an on-body test using a commercial electrochemical analyzer was conducted. The obtained K⁺ and Na⁺ signals from the FPCB-integrated PCSC–CFT sensor during exercise were consistent with the sensing results of the electrochemical analyzer. The self-healing performance of the PCSC-coated CFT electrodes was demonstrated by cutting and reattaching them during stationary exercise. When the sensors were cut into two pieces during stationary exercise, the signal fluctuation was observed as a result of the
disconnection of the electrochemical cell. After 20 s of healing time, the sensing signal was restored to the original state. This work demonstrated the applicability of the headband-type sweat monitoring sensor for the detection of Na\(^+\) and K\(^+\) with mechanical robustness, biocompatibility, and low energy consumption.

The mechanically robust self-healable polymer can be further utilized for the detection of different ionic species such as H\(^+\) for monitoring body pH levels. Wearable body fluid pH sensors were developed using PCSC–CFT electrodes incorporated with pH-sensitive polyaniline (PANI) to facilitate redox equilibrium between H\(_2\)O\(^+\) and PANI phase transitions \cite{138,139}. The PANI pH sensing layer was prepared by the electrochemical deposition of aniline monomers onto the CFT surface \((-1 \times 10 \text{ mm}^2\) by cyclic voltammetry (CV). The deposition proceeded with CV for 30 cycles over a potential range of \(-0.1\) to \(+0.8\) V at 0.5 M H\(_2\)SO\(_4\) containing 0.25 M aniline monomer. The reference electrode was prepared by coating the carbon fiber surface with an Ag/AgCl ink. The Ag/AgCl-coated CFT was protected by PVB containing NaCl and dried at room temperature. The obtained PANI-coated CFT working electrode and Ag/AgCl-coated reference electrode was fabricated by weaving PCSC-coated electrodes (Figure 10a–c). The cross-sectional SEM image revealed that each electrode was composed of carbon fibers with a diameter of \(~10\ \mu\text{m}\). The overall diameter of the cable-type pH sensor was less than 3 mm.

The sensing performance of the flexible pH sensor cables was evaluated by immersing them in a buffer solution with a pH of 3.89–10.09. The flexible pH sensor cable exhibited a linear Nernstian slope of 58.28 mV/pH in the range of 3.89–10.09 (0.86\% relative standard deviation (RSD), \(R^2 = 0.9979, n = 5\)), 58.9 mV/pH (RSD 0.84\% and \(R^2 = 0.9981\)) at pH 4.0–7.0, 57.5 mV/pH (RSD 0.85\% and \(R^2 = 0.9931\)) at pH 6.0–8.0, and 58.9 mV/pH (RSD 0.86\% and \(R^2 = 0.9964\)) at pH 4.0–8.0. The response time of the pH sensor was 5 s when the pH level increased from 4.73 to 8.02. Highly selective pH sensing properties were obtained with minor potential changes against other interfering cations such as Na\(^+\), K\(^+\), NH\(_4^+\), Ca\(^{2+}\), and Mg\(^{2+}\) with selectivity coefficients of \(<1\), calculated by the separate solution method \cite{140}. The self-healing property of the sensor demonstrated that the damaged sensor was healed within 5.4 s and its sensing signal was completely restored (healing efficiency > 97.8\%) after it was cut into two pieces at room temperature.

A flexible pH sensor cable was integrated with an FPCB wireless module to measure the pH levels in body fluids. The on-body test demonstrated the practical application of the wearable pH sensor. A headband-type wearable pH sensor was prepared by knitting the FPCB-integrated pH cable with a fabric (Figure 10d). The pH levels measured by monitoring the EMF changes were collected using a wearable pH sensor during stationary exercise. Consistent EMF changes were confirmed by measuring the pH levels using both a wearable sensor and a reference electrochemical analyzer, which ensured reliability in sensing measurements. Additionally, the change in the calibration curves was negligible before and after the on-body test (Figure 10e). These results indicate the stability of pH sensor cables for wearable applications. During the exercise, a sufficient volume of sweat was collected after 5 min, and a pH value of 7.34 was measured from the body fluids using the wearable pH sensor (Figure 10f).

Potentiometric pH sensors can be applied in environmental monitoring, such as ocean acidity, to measure the pH levels of seawater \cite{141}. For the pH sensing layer, a 1D fiber composite was prepared by mixing WO\(_3\) NFs and a binding polymer. WO\(_3\) exhibits high pH selectivity upon reaction with H\(^+\) by forming hydrogenated tungsten bronzes (H\(_x\)WO\(_3\)), as described below \cite{142,143}:

\[
\text{WO}_3 + x\text{H}^+ + xe^- \leftrightarrow \text{H}_x\text{WO}_3 \quad (0 < x < 1)
\] (3)

For the improved pH-sensitive layer with a large surface area and high porosity, 1D WO\(_3\) NFs were synthesized by electrospinning process followed by high-temperature calcination. Specifically, an aqueous composite solution was prepared by dissolving PVP
and the W precursor [(NH₄)₆H₂W₁₂O₴₀·xH₂O] in DI water. Electrospinning was performed by ejecting the solution into a collector under a high voltage applied to the solution. As-spun PVP/W fibers with a diameter < 5 µm were calcinated at 800 °C to remove the polymeric components and oxidize the W precursor. As a result, continuous inorganic WO₃ NFs were obtained with a reduced diameter of approximately 500 nm and multiple mesoscale (2–50 µm) pores on the surface (Figure 10g). Subsequently, chloromethylated triptycene poly(ether sulfone) (CI-TPES) as a permeable binder was homogeneously mixed with WO₃ NFs (WO₃ NFs/Cl-TPES) to improve the mechanical stability.

Moreover, the potentiometric pH sensing properties of WO₃ NFs/CI-TPES were investigated by measuring the EMF signals with respect to an Ag/AgCl reference electrode. WO₃ NFs/Cl-TPES exhibited a Nernstian slope of -38.9 mV/pH (R = 0.9274, pH range of 6.45–8.75), which is 50.3% higher than that of pristine WO₃ NFs (-25.6 mV/pH, R = 0.9833, pH range of 6.45–8.61). To overcome the Nernstian limit, i.e., (59.16/z) mV/log a, signal amplification was proposed by integrating a metal-oxide field-effect transistor (MOSFET) as a differential amplifier (Figure 10h). A dramatically improved pH response was achieved with the differential amplifier, as a greater voltage output was produced with a linear Nernstian slope of -377.5 mV/pH (R = 0.9847) in the pH range of 6.90–8.94. The Nernstian slope after the integration of the differential amplifier exhibited an improvement of an order of magnitude compared to the pH sensor without a differential amplifier and 6.4-fold higher than the Nernstian limit (Figure 10i). For potential applications in monitoring ocean acidity, pH sensing characterization was performed using artificial seawater containing...
interfering ions such as Na\(^{+}\), Mg\(^{2+}\), Ca\(^{2+}\), Cl\(^{-}\), and SO\(_{4}\)\(^{2-}\). The pH level was adjusted by adding NaHCO\(_{3}\) as a source of HCO\(_{3}\)\(^{-}\) to mimic ocean acidification. During pH titrations from 8.08 (current pH level of the ocean) to 7.9, the WO\(_{3}\) NFs/CI-TPES sensor showed small EMF changes less than 3 mV without the differential amplifier. In contrast, the amplifier-enhanced pH sensor produced a significantly high output of up to 175 mV with an improved signal-to-noise ratio. Further integration of an IoT sensing module with a WO\(_{3}\) NFs/CI-TPES-based potentiometric sensor and a differential amplifier can allow high-resolution pH monitoring for the simultaneous analysis of ocean acidification at multiple locations.

In terms of sensing materials for the development of wearable sensors, mechanical flexibility with high electrical conductivity is important. Low-dimensional nanomaterials such as 1D CNTs, 2D graphene, and 2D MXenes are gaining much attention owing to their high conductivity, large surface area, flexibility, and durability [144–146]. Recently, a screen-printed wearable Na\(^{+}\) sensor based on a conductive graphene ink transducer with high electrical conductivity was integrated with a wristwatch-type device [147]. To prepare graphene ink, exfoliated graphene (ex-Gr) was synthesized by the fluid dynamics-induced exfoliation and mixing process, resulting in a defect-free ex-Gr with high yield (Figure 11a). A 9:1 \(w/w\) mixture of graphite and ethylene carbonate (EC) dispersed in terpineol/ethanol (5:5 \(v/v\)) was loaded in a fluidic reactor and processed at 2000 rpm for 2 h. Graphene was exfoliated from the graphite using the shear field of the Taylor vortex, and EC was used to suspend the exfoliated graphene flakes in an organic solvent and to enhance the adhesion between the ex-Gr and printing substrates. An ex-Gr ink was obtained after centrifugation followed by drying at 225 °C for 24 h under vacuum to remove terpineol and ethyl cellulose. TEM and SEM analysis revealed that thin-layered ex-Gr flakes were synthesized with an average lateral size of 1.10 \(\pm\) 0.84 \(\mu\)m (Figure 11b–c). The thickness of ex-Gr was 1.2 \(\pm\) 0.8 nm as confirmed by atomic force microscopy indicating multilayered ex-Gr nanosheets.

A flexible Na\(^{+}\)-selective electrode sensor was fabricated using screen-printed ex-Gr as the transducer layer (Figure 11d). Electrical circuit electrodes were patterned on a flexible polyethylene terephthalate (PET) film using a commercial screen printer and a stainless-steel mask. The cross-sectional SEM image showed good adhesion at the interface of the printed ex-Gr and PET substrate (Figure 11e). Conductive inks composed of ex-Gr and Ag/AgCl were used to form working and reference electrodes, respectively, followed by an annealing process at 200 °C for 120 min to improve the conductivity (\(\sigma = 1.49 \times 10^4\) S m\(^{-1}\)). A Na\(^{+}\)-selective electrode sensor was fabricated by coating the printed ex-Gr with a Na\(^{+}\) ISM cocktail. The membrane cocktail was prepared by dissolving PVC (31.5 wt%), DOS (67 wt%), Na ionophore X (1 wt%), and Na-TFPB (0.5 wt%) in THF. The printed Ag/AgCl reference electrode was coated with a mixture of 50 mg NaCl and 78 mg PVB for signal stabilization.

The potentiometric Na\(^{+}\) sensing performance was evaluated by measuring the EMF between the Na\(^{+}\)-ISM and Ag/AgCl reference electrodes in the concentration range of 10\(^{-1}\)–10\(^{-4}\) using NaCl solution as a Na\(^{+}\) source. The ex-Gr-based sensor exhibited a Nernstian slope of 54.0 \(\pm\) 0.65 mV log[Na\(^{+}\)]\(^{-1}\) (\(n = 5\)). Moreover, the response time was 3.6 s, which was measured by successively increasing the Na\(^{+}\) concentration from 1 to 100 mM. The detection limit of the sensor was calculated as 14.8 \(\mu\)M. The Na\(^{+}\) sensing performance was mainly attributed to the large surface area and the formation of the electrical double-layer capacitance of the ex-Gr transducer. The mechanical and electrical stabilities of the printed ex-Gr-based Na\(^{+}\) sensor were investigated under 1400 cycles of bending and fatigue tests (Figure 11f). Negligible differences in sensitivity were observed between the normal (54.0 \(\pm\) 0.65 mV log[Na\(^{+}\)]\(^{-1}\)) and bent states (53.1 mV log[Na\(^{+}\)]\(^{-1}\)). In addition, the sensor showed minor changes in response (52.3 mV log[Na\(^{+}\)]\(^{-1}\)) after the fatigue test, demonstrating the stable sensing performance of ex-Gr-based Na\(^{+}\)-ISE under mechanical stresses.
Figure 11. (a) Schematic illustration of ex-Gr ink preparation through fluid dynamics-induced exfoliation process. (b) TEM and (c) SEM images of the ex-Gr sheets with the histogram for the lateral size distribution in the inset. (d) Photographic image and schematic structure of a screen-printed Na\(^+\) sensor. (e) Cross-sectional SEM image of the printed ex-Gr conductor with the high-resolution SEM image at the interface between printed ex-Gr and PET substrate in the inset. (f) Potentiometric EMF transitions of the sensor in the Na\(^+\) concentration range of 10\(^{-1}\)–10\(^{-4}\) M under mechanically normal, bent, and fatigue states. (g) Camera images of wristwatch-type wearable Na\(^+\) sensors and real-time wireless data acquisition with a smartphone during stationary exercise. (h) Simultaneous data acquisition of a subject’s heart rate, sensor responses, and converted Na\(^+\) concentration during exercise. Reproduced with permission from Ref. [147] Copyright (2021), Springer Nature.

A wristwatch-type wearable Na\(^+\) sensor was fabricated by integrating a potentiometric Na\(^+\)-selective sensor and a PCB with a wireless module for application in an on-body test (Figure 11g). Before data acquisition, the Na\(^+\) sensor was calibrated using a commercial electrochemical analyzer. An on-body test was conducted during stationary biking at room temperature. After a sufficient amount of sweat collection (~370 s), the potentiometric signal was stabilized confirming that the Na\(^+\) concentration at 24 mM was measured via a smartphone, which is the normal physiological Na\(^+\) concentration (Figure 11h).

A wearable perspiration sensor for K\(^+\) detection was developed using a hybrid multidimensional carbon-based material combined with 2D MXene [148]. MXene–Ti\(_3\)C\(_2\)T\(_x\) 2D nanosheets are promising materials owing to their outstanding electrical conductivity and large surface area. However, their discrete distribution and agglomeration pose challenges in their application in functional sensing materials [149–152]. To address these issues, the hybrid sensing materials of 2D MXene–Ti\(_3\)C\(_2\)T\(_x\) and 1D multi-walled carbon...
nanotube (MWCNT) networks have been proposed as electrical transducers. Figure 12a shows a conceptual illustration of the MWCNT/MXene–Ti3C2Tx-based K⁺ flexible sensors with an NFC wireless sensing module. MXene–Ti3C2Tx 2D nanosheets were prepared by etching and exfoliating the MAX-phase Ti3C2Tx using minimally intensive layer delamination synthesis method with 9 M HCl/12 M LiF etchant [153]. Ti3C2Tx powder was added to the etchant and stirred for 24 h at room temperature. MXene–Ti3C2Tx nanosheets were obtained after several centrifuging, washing, sonication, and drying processes. In parallel, an MWCNT suspension was prepared by dispersing 24 mg of MWCNTs in 12 mL of DMF for sensor fabrication.

Flexible K⁺ sensor electrodes were fabricated on a PET substrate using a screen-printing technique (Figure 12b). Carbon paste was drop-casted on a PET with a masking layer, followed by a layer-by-layer modification of the electrode using 5 µL of MWCNT suspension and 5 µL of MXene-Ti3C2Tx suspension. Finally, a K⁺-selective PVC–DOS
membrane containing valinomycin was drop-casted. A reference electrode was fabricated by drop-casting Ag/AgCl paste onto the carbon electrode. Screen-printed flexible reference and working electrodes were integrated with a radio frequency electromagnetic energy harvester for an NFC wireless patch with a battery-free operation. Figure 12c shows schematic images of the integrated sensor electrodes, NFC electronics, and microfluidic system. An ultra-thin (thickness = 32 µm) flexible circuit was patterned on the PI substrate, and the circuit pattern was fabricated by photolithography and wet etching of a copper foil-coated PI film on a silicon wafer. A microfluidic system based on 3D printed PDMS mold was adopted to collect sweat and mitigate surface contamination. A light and small patch sensor system (diameter = 3.3) was prepared to transmit data in real-time to a smartphone with wireless communication.

By the layer-by-layer coating, 1D MWCNTs were intercalated to 2D MXene–Ti3C2Tx nanosheets to provide a “bridging effect” as shown in the SEM image (Figure 12d) [154]. As a result, the hybrid structure of MWCNT/MXene–Ti3C2Tx exhibited excellent electrical conductivity and a large surface area. Compared to pristine MWCNTs and MXene–Ti3C2Tx, hybrid MWCNTs/MXene–Ti3C2Tx showed a larger CV area, indicating improved double-layer capacitance and electrocatalytic activity (5 mM Fe(CN)63–/4–, 0.1 M KCl, 50 mV s−1 scan rate). Electrochemical impedance spectroscopy (EIS) analysis revealed that the hybrid MWCNTs/MXene had a lower Rct (~203 Ω) compared to bare carbon (~3.8 kΩ), carbon/MWCNT (~3.4 kΩ), and carbon/MXene (~611 Ω), confirming the high electrical conductivity of the hybrid structure.

Potentiometric K+ sensing performance was evaluated with data acquisition using a smartphone upon the addition of K+ ions at concentrations of 1–32 mM. Step-like increases in the potential values were obtained by increasing the K+ concentration with a fast response time of 2 s. The Nernstian slope was 62.95 mV/dec (R = 0.9929), which is close to the theoretical value of 59.16 mV/dec (Figure 12e). Excellent K+ selectivity was achieved with no sensing signals for other body fluid ions such as Ca2+, Na+, and Zn2+. Moreover, real-time on-body monitoring of K+ concentration was demonstrated by integrating K+ ISE with an NFC patch-type sensor (Figure 12f). The sensor detected K+ concentration after a certain amount of sweat collection in the microfluidic channel. The battery-free patch-type wearable sensor based on the hybrid MWCNTs/MXene–Ti3C2Tx material exhibited selective K+ sensing capability, demonstrating its potential application in human perspiration analysis for healthcare and physiological studies.

Table 3. Recent developments of potentiometric ion sensors for IoT applications.

| Material                  | Response (mV) | Dynamic Range | Testing Ambient | Target Ions | Response/Recovery Time | Applications                                      | Ref. |
|---------------------------|---------------|---------------|-----------------|-------------|------------------------|---------------------------------------------------|------|
| PCSC-coated CFT           | 60.7 ± 1.5     | 10−3–10−4 M   | Body fluid (sweat) | Na+, K+     | 10–20 s                | IoT wearable sensor                               | [133]|
| PCSC-coated CFT           | 54.8 ± 0.6     | pH 3.89–10.09 | Body fluid (sweat) | H+         | 5 s                    | IoT wearable sensor                               | [138]|
| WO3 NFs/CI-TPES           | 58.28 mV/pH   | pH 6.90–8.94  | Artificial seawater | H+         | -                      | Ocean acidification monitoring                     | [141]|
| Defect-free exfoliated MXene (Ti3C2Tx) | 54.0 mV log [Na+]−1 | 10−3–10−4 M | Body fluid (sweat) | Na+        | 3.6 s                  | IoT wearable sensor                               | [147]|
| MWCNTs–MXene (Ti3C2Tx)    | 63 mV log [K+]−1 | 1–32 mM      | Body fluid (sweat) | K+         | 2 s                    | IoT wearable sensor                               | [148]|

4. Biosensors

Innovations in the development of biosensors integrated with biological elements and signal transducers enable the development of a new generation of sensor systems for POCT with rapid and precise detection of biological signals. Flexible and wearable sensor systems integrated with IoT sensing platforms have been developed to detect various biomolecules in the human body, such as glucose, lactate, uric acid, and bacteria (e.g., pathogenic Escherichia coli) [155–157]. In particular, novel glucose sensors are gaining considerable attention worldwide because of their applicability in the non-invasive diagnosis of diabetes.
mellitus through continuous glucose monitoring (CGM) [158–160]. Early diagnosis of diabetes by monitoring glucose levels is of significant importance, considering that the total global diabetes population is expected to increase by over 50% in 2045 compared to the estimated number of diabetes patients worldwide in 2017 [161]. Patients with diabetes experience uncontrolled blood glucose levels as a result of chronic hyperglycemia, causing various diabetic complications such as blindness, nerve damage, cardiovascular disease, and kidney failure [162]. Therefore, adequate medical treatment and prevention of diabetes should be achieved by continuous real-time monitoring of blood glucose levels.

Electrochemical glucose sensors have been widely utilized by facilitating enzymatic reactions for CGM [159]. In particular, the glucose oxidase (GOx) enzyme has been commonly employed owing to several advantages such as high specificity toward glucose, stability over various pH levels, and temperature changes [163]. The basic principle of glucose sensors using GOx is based on the oxidation of glucose via an enzymatic reaction that produces gluconic acid and hydrogen peroxide (H₂O₂) in the presence of oxygen, as shown in the following reaction [156]:

\[
\text{Glucose} + \text{H}_2\text{O} + \text{O}_2 \xrightarrow{\text{GOx}} \text{Gluconic acid} + \text{H}_2\text{O}_2
\] (4)

Toward the development of enzymatic glucose sensors using GOx, three generations have been established depending on the mechanism of charge transfer to the sensing electrode [156,158]. The first generation of glucose sensors indicates the amount of glucose oxidation as a result of an enzymatic reaction, which is monitored by measuring either oxygen consumption or H₂O₂ production. The first-generation glucose sensors exhibit major advantages such as simplicity and potential for miniaturization; thus, they can be applied for in vitro and in vivo clinical trials [164]. However, a high overpotential for the detection of H₂O₂ causes side reactions of electroactive species, resulting in low selectivity toward the target analyte. The second generation of glucose sensors involves the use of redox mediators with GOx, wherein the mediators interact directly with enzymes and an electrical current signal is generated upon the addition of glucose as a result of the redox reaction of the mediator. For the third generation of GOx-based glucose sensors, electron transfer occurs by direct interaction between the enzyme and the electrode without incorporating mediators. Generally, engineered enzymes are utilized to combine the electrode and GOx through structural modification, resulting in direct electron exchange. For example, GOx enzymes are coupled with porous polymeric membrane electrodes or nanostructured carbon nanotube electrodes to facilitate electron transfer [165–168].

Kang et al. demonstrated a wearable glucose-sensing system using GOx-Nafion-composite-functionalized SWCNTs, which can be categorized as a third-generation GOx-based glucose sensor [169]. The multilayered structure of GOx-Nafion-composite-functionalized SWCNTs on a flexible substrate was achieved by an all-solution process (Figure 13a). Specifically, a thin layer of PI with a thickness of 30 µm was coated on a Si wafer as a substrate, followed by the deposition of 1 µm of poly(methyl methacrylate) (PMMA) by spin-coating. Subsequently, the substrate was immersed in a 3-(aminopropyl)triethoxysilane (APTES) solution to form amine groups on the surface. A dispersion of SWCNTs (length ranging from 100 nm to 4 µm; diameter of 1.2–1.7 nm) in 1,2-dichlorobenzene (1 mg/100 mL) was deposited through spray-coating onto the APTES-modified PMMA/PI/Si substrate having a thickness of 3–7 nm followed by annealing at 150 °C for 30 min. Thus, dense SWCNT networks were formed as a result of Coulombic interactions between the SWCNTs and the amine groups from the APTES layer. Finally, a composite solution of GOx and Nafion-117 was covered on the SWCNT networks through spin-coating. The composite layers were detached from the Si substrate resulting in a flexible and wearable glucose sensor, which can be directly attached to the human skin to monitor glucose concentration using a smartphone in real-time (Figure 13a,b). A wearable glucose sensor system was established by integrating a small glucose sensor (1 cm × 1 cm in dimension) and an armband-type sensing module to transmit the sensing signal to a smartphone (Figure 13c,d).
Material characterization and glucose-sensing performance of the fabricated sensor were investigated (Figure 13e–g). The XPS survey analysis confirmed the surface functionalization of the SWCNT networks with the GO$_x$-Nafion composites, wherein peaks related to fluoride, oxygen, and sulfur were observed as a result of surface functionalization (Figure 13e). On the other hand, the XPS survey spectrum of pristine SWCNTs exhibited no relevant peaks of GO$_x$-nafion composites. Real-time wireless glucose-sensing properties of the wearable SWCNT-based glucose sensor systems were evaluated by monitoring the response transitions defined by $A/A_0$, where $A_0$ and $A$ are the initial current before exposure to glucose and measured current after the injection of glucose, respectively. The results revealed that there is a sudden increase in the current of the SWCNTs functionalized with GO$_x$-Nafion composites upon exposure to 50 µM glucose, whereas there were no changes in the current signal from the pristine SWCNTs (Figure 13f). The current response transitions upon successive injection of glucose were investigated in the range of 50 µM–1 mM (Figure 13g). Increasing current responses for the SWCNT-based glucose sensor functionalized with the GO$_x$-Nafion composite were observed with continuously increasing glucose concentrations. The glucose-sensing mechanism is based on the conductance of SWCNT networks affected by the enzymatic oxidation of glucose by GO$_x$. The fundamental principle of glucose oxidation can be explained by the formation of oxidized flavin adenine dinucleotide (FAD) as a sub-unit of the GO$_x$ enzyme from the reduced form of FAD (i.e., FADH$_2$), while catalytically oxidizing glucose [170]. The increasing current upon the injection of glucose is mainly attributed to the direct electron transfer to the SWCNT networks during the oxidation of FAD [171].

Various flexible biosensor platforms for the detection of biological analytes have been developed on flexible substrates and applied for the point-of-care (POC) diagnosis [172,173]. For example, a flexible biosensor composed of a multilayered GO$_x$/gold/MoS$_2$/gold nanofilm on a PI substrate was demonstrated to be applicable for glucose detection [173]. The multilayer structure was fabricated by sputtering gold on the PI film and subsequently depositing MoS$_2$ NPs through the spin-coating method. The gold sputtering process was performed again to form a gold/MoS$_2$/gold nanofilm on a PI substrate with the dimension of 2.5 x 20 mm. To induce glucose-sensing properties, GO$_x$ was immobilized on a gold surface assisted by a chemical linker. The amperometric glucose-sensing result of the GO$_x$/gold/MoS$_2$/gold nanofilm revealed that a rapid increase in the current signal was obtained upon the addition of glucose with a limit of detection of 10 nM. The improved glucose-sensing response was mainly attributed to efficient electron transfer by the MoS$_2$ NPs during catalytic glucose oxidation.

The development of a biosensing platform composed of a paper substrate is advantageous considering its major advantages such as simplicity of fabrication, low cost, and large-scale production of sensor devices [174]. Flexible biosensors with scalable and cost-effective strategies have been demonstrated using a disposable paper substrate. For example, a waste newspaper was employed as a sensor substrate for the detection of pathogenic Escherichia coli O157:H7 (E. coli O157:H7) using an electrochemical measurement technique [172]. The disposable paper was coated with parylene C (P-paper) to enhance its mechanical properties and increase its hydrophobicity while maintaining its porous nature [175]. After patterning the sensing electrodes on the P-paper, a self-assembled capture probe monolayer, i.e., single-strand probe DNA (ssDNA), was immobilized on a sensing electrode, followed by the formation of a 6-mercapto-1-hexanol (MCH) monolayer to block nonspecific binding to the bare gold electrode. Subsequently, a hybridization reaction was conducted by injecting synthetic cDNA or denatured amplicons of E. coli O157:H7 as a model foodborne pathogen (Figure 13h). CV and EIS were performed to investigate the step-by-step assembly process and the target cDNA detection capability. The CV characteristics of the aqueous 5 mM Fe(CN)$_6^{3-}/4-$ electrolyte solution revealed that the peak current was significantly decreased with an increase in peak-to-peak separation ($\Delta E_p$) from 110 mV for the bare Au electrode to 310 mV after the immobilization of the ssDNA probe and blocking with the MCH monolayer (Figure 13i). Further decreased peak
current and increased $\Delta E_P$ (330 mV) were achieved after hybridization with the target cDNA. EIS further confirmed the cDNA detection capability at different concentrations using P-paper-based sensors in the presence of $\text{Fe(CN)}_6^{3-}/4^-$ as an indicator (Figure 13j). Nyquist plots revealed gradually increased charge transfer resistance ($R_{ct}$) upon increasing the target cDNA concentration. This result indicates binding between the ssDNA probe and cDNA, which results in a negatively charged surface leading to the attenuation of electron transfer.

![Figure 13](image)

**Figure 13.** (a) Schematic illustration of a wearable SWCNT-based glucose sensor fabricated by an all-solution process. Camera images of (b) a wearable SWCNT-based glucose sensor on a finger and (c) integrated with a wearable sensing module. (d) Wearable glucose sensor system integrated with an IoT-based sensing module to transmit glucose-sensing data to a mobile device. (e) XPS spectra analysis to confirm the functionalization of the GOx-Nafion composite on an SWCNT film. (f) Real-time glucose-sensing property of pristine SWCNT and GOx-Nafion-composite-functionalized SWCNT upon exposure to 50 µM of glucose. (g) Real-time response changes of GOx-Nafion-composite-functionalized SWCNT upon successive addition of glucose ranging from 50 µM to 1 mM. Reprinted with permission from Ref. [169] Copyright (2019), Elsevier. (h) Disposable-paper-based electrochemical sensors after coating parylene C (P-paper) and electrodes for the detection of foodborne pathogens (i.e., cDNA of *E. coli* O157:H7). (i) CV curve to investigate the step-by-step assembly process of ssDNA probe immobilization, MCH blocking monolayer formation, and cDNA hybridization. (j) Nyquist plots of the paper-based sensor upon exposure to different concentrations of target cDNA. Reprinted with permission from Ref. [172] Copyright (2016), American Chemical Society.

As a different type of transduction mechanism, colorimetric sensing mechanism has been utilized to detect biomolecules and viruses because of their simple visual readout
and their capability to rapidly screen multiple analytes with high portability \[176–181\]. Several studies have been conducted to fabricate colorimetric biosensors using a paper substrate paired with a smartphone-based reader for application in POCT \[182–186\]. A paper/soluble polymer hybrid-based biosensing platform was developed for the diagnosis of myocardial infarction by detecting human cardiac troponin I (cTnI) as a standard biomarker \[182\]. Among the various biosensing platforms for POCT applications, lateral flow assays (LFAs) are the most widely used because of their major advantages such as affordability, simplified device architecture, user-friendliness, ability for rapid detection, robustness, and long shelf life (~2 years) under ambient conditions \[186–189\]. However, because of the relatively low sensitivity of conventional LFAs, they cannot be effectively applied for biomarker detection in the concentration as low as sub-ng/mL. To overcome this limitation, a paper-based LFA with signal amplification (i.e., signal-amplification-based LFA) was proposed to facilitate biochemical reactions to further enhance sensitivity and promote quantitative analysis \[190,191\]. To this end, low-cost and mass-produced batch-type test strips were prepared to analyze cTnI, incorporated with a smartphone-based reader for high-performance POCT. The paper/polyvinyl alcohol (PVA) hybrid was patterned by dispensing the PVA solution on nitrocellulose (NC) membrane, which plays a key role in programmable fluid control and automated fluid switching (Figure 14a). The test proceeds with an assay followed by a signal readout using a smartphone. The assay was performed by the injection of a sample solution containing a cTnI biomarker to induce immunoreaction and a reagent solution to activate the amplification reaction within 20 min (Figure 14b). The mixture fluid injected through a reagent pad gradually dissolved the patterned PVA barrier, resulting in fluid switching from the sample fluid to the amplification fluid (Figure 14c). As a result, the test platform realized automated signal amplification reactions at the test and control lines. Various amplification techniques have been demonstrated such as Au-ion amplification, wherein gold ions (Au\(^{3+}\)) were reduced to Au NPs in the presence of a reducing agent (H\(_3\)NO), thereby generating Amplified colorimetric signal changes. The enhanced colorimetric signal was proportional to the amount of reduced Au NPs, which were formed after the immunocomplex reaction. The intensity of color changes was measured using a smartphone reader after 20 min of the assay (Figure 14d). The result revealed excellent analytical sensitivity with a detection limit of 0.92 pg/mL cTnI and a coefficient of variation of <10% in serum or plasma samples comparable to those of commercially available standard analyzers, thereby demonstrating its potential application in POCT systems.

Paper-based colorimetric biosensors facilitating smartphone-assisted analysis have been used for the detection of other biological samples. For example, urea is a biomolecule that is one of the products of the metabolism in the human kidneys and liver, providing pathophysiological information on renal and hepatic disorders. To develop a POC bioassay for urea detection, a colorimetric biosensor was proposed to facilitate the hydrolysis of urea, and a sensing solution composed of tannic acid and AgNO\(_3\) was subsequently added, which resulted in the reduction of Ag ions to form Ag NPs (Figure 14e) \[183\]. A circular pattern of a hydrophilic sampling zone was laser-printed on a paper sheet, wherein a sampling solution containing urea and urease as well as a sensing solution were deposited (Figure 14f). Urea was first hydrolyzed by urease, inducing an enzymatic reaction while forming NH\(_3\) and CO\(_2\) as products. The production of NH\(_3\) changed the solution pH, inducing the reduction of Ag\(^+\) ions into Ag NPs by tannic acid and generating a yellow color. The smartphone RGB software was used to analyze color changes upon the production of Ag NPs at different urea concentrations (Figure 14g). The smartphone-assisted POC colorimetric sensing was demonstrated by RGB ratio calculation based on the intensity variations with respect to urea concentrations (Figure 14h). The detection of urea in human urine samples was conducted without dilution, and a linear correlation was achieved with respect to the urea concentration \(R^2 = 0.993\) with a detection limit of 0.58 mM in the detection range of 0–500 mM. The results demonstrated that the smartphone-assisted colorimetric biosensors can be used in POCT for the detection of urea and monitoring of renal or hepatic disorders.
was detected using the sensor (Figure 15a). POC diagnosis was demonstrated for the real-time detection of IgG by using a smartphone (Figure 15b). The immunoglobulin G (IgG) was detected using the sensor (Figure 15a). POC diagnosis was demonstrated for the real-time detection of IgG by using a smartphone (Figure 15b). The immunoglobulin G (IgG) was detected using the sensor (Figure 15a). POC diagnosis was demonstrated for the real-time detection of IgG by using a smartphone (Figure 15b).

Recently, IoT-based biosensor platforms have gained considerable attention for the continuous monitoring of human health and the early diagnosis of certain diseases. One characteristic feature of the platform is the interconnection between a biosensor and a mobile device assisted by a sensing module through the internet, enabling wireless data transmission to a mobile device and data accumulation in the cloud system [192]. For the IoT-based biosensor platform, a biological interaction in a biosensor produces an electrical signal upon the injection of an analyte, and this signal can be displayed on a smartphone screen. Thus, such sensors can be employed in POC diagnosis. To this end, novel biosensors must be developed for promoting research of innovative materials and strategies for device fabrication.

Immunosensors with compact analytical devices have been developed for the quantitative detection of multiple bioreagents facilitated by antibody–antigen complex formation [193]. Immunosensors can transduce immunologic reactions between an antigen and an antibody into an electrical signal as measured by EIS. Various 2D nanosheets including TMDs are emerging electrochemical sensing layers because of their scalable bandgaps, which can customize their physical properties and optimize their electrical signal transduction properties [194,195]. Hence, highly porous 2D MoS\textsubscript{2} sheets have been employed as active sensing layers on a glass substrate patterned with electrodes. Multilayered MoS\textsubscript{2} was prepared by the mechanical exfoliation technique, wherein probe sonication was performed to exfoliate bulk MoS\textsubscript{2} powder dispersed in N-methyl-2-pyrroldione. Subsequently, the unexfoliated bulk MoS\textsubscript{2} flakes were separated by centrifugation resulting in a clear MoS\textsubscript{2} solution. To induce immunoreaction, multiple antibodies were physically immobilized on the MoS\textsubscript{2} active layers, and a specific antigen such as mouse immunoglobulin G (IgG) was detected using the sensor (Figure 15a). POC diagnosis was demonstrated for the
real-time detection of IgG by using a smartphone (Figure 15b). The sensing system was calibrated with standard solutions containing IgG at known concentrations. Subsequently, quantitative detection was performed with an unknown solution to evaluate sensitivity (%) and IgG antigen concentration, which were displayed on the smartphone screen. The electrochemical impedance measurement revealed the detection limit at 1 ng/mL IgG in the detection range of 1 ng/mL–9 µg/mL (Figure 15c). In addition, reproducible POC diagnosis was confirmed by measuring stable IgG sensing responses with an average error of ±5.8% in the IgG concentration range of 0–600 ng/mL. The use of a specific antibody as a bioreceptor can provide high specificity and reliable responses to immunosensors. However, the use of antibodies as bioreceptors exhibits several disadvantages such as time consumption in the development of specific antibodies, high cost of production, and short shelf life requiring continuous storage at low temperature [196].

Unlike antibodies serving as bioreceptors, aptamers are synthetic receptors possessing inherent advantages over antibodies, including relatively fast development time, low manufacturing cost, large-scale synthesis process, long shelf life, and selectivity toward target molecules [197,198]. Therefore, aptamer-based immunosensors have been integrated with IoT sensing platforms for the diagnosis of diseases [199]. A POC platform was developed by incorporating a conductive polymer with an aptamer for the early-stage diagnosis of Parkinson’s disease (PD) [199]. The platform composed of an electrochemical biosensor can measure electrical impedance signals in the presence of varied biomarker concentrations, and the analysis result can be monitored using a smartphone (Figure 15d).

In terms of biomarkers for the early detection of PD, a lipophilic phosphoprotein α-synuclein (α-Syn) was found in the cerebrospinal fluid (CSF), which was considered a distinguished biomarker for PD [200]. The ability to detect α-Syn oligomers (α-SOs) can be exploited to evaluate future cognitive decline because picomolar concentrations of α-SOs correspond to the range of α-SO levels found in the CSF of PD patients [201]. An electrochemical biosensor was fabricated for the detection of α-SOs by employing a conductive polymer, i.e., pyrrole-2-carboxylic acid (PPy-COOH), which was deposited onto a screen-printed electrode by the electropolymerization process (Figure 15e). Subsequently, aptamers containing –NH₂ groups were covalently immobilized in PPy-COOH through amide bond formation in order to allow the direct detection of α-SOs. The polymerization and immobilization steps were confirmed by EIS, wherein Nyquist plots revealed increased charge transfer resistances, i.e., semicircles, after each step (Figure 15f). EIS was conducted using a smartphone integrated with a portable potentiostat, and the measurement results were displayed on a smartphone screen. The results revealed that charge transfer resistance (Rct) increased with increasing α-SO concentration, which is mainly attributed to the binding of α-SOs with the aptamer, preventing charge transfer between Fe(CN)₆³⁻/⁴⁻ ions and the electrochemical probe. The calibration curve showed a linear relationship between the transitions in Rct (i.e., ∆Rct) and the logarithmic concentration of α-SOs (i.e., −log Cα-SO) with high reproducibility (n = 5) and linearity (R² = 0.993). The EIS results confirmed the detection limit of 1 × 10⁻³ fM, which is suitable for the detection of α-SOs in saliva. The study demonstrated the applicability of a portable POCT platform for the early diagnosis of PD using a conductive polymer as a charge transducer immobilized with an aptamer by the detection of α-SOs at sub-femtomolar concentrations.

Recently, the rapid on-site detection of viruses has gained considerable attention owing to the COVID-19 pandemic [202–204]. COVID-19 is a respiratory infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) with high infection and mortality rates [205,206]. Currently, the real-time reverse transcription-polymerase chain reaction (RT-PCR) is conducted in clinical laboratories for the detection of SARS-CoV-2 and is found to have high precision. However, a relatively long analysis time of at least 3 h and the need for professional experts with sophisticated analysis procedures limit the rapid screening of samples in large quantities [207]. Hence, the development of a new type of biosensor with a POCT platform is imperative for the detection of viral species to prevent the spread of SARS-CoV-2 by isolating patients [208–212].
Figure 15. (a) Antibody–antigen complex formation on the MoS$_2$ active layer. (b) Real-time monitoring of electrical response from the sensor for the detection of human PSA. (c) Step-like response transitions upon the increasing concentration of IgG with the limit of detection of 1 ng/mL in the inset. Reprinted with permission from Ref. [193] Copyright (2017), Nature Publishing Group. (d) Schematic illustration of the POC monitoring of PD using a smartphone. (e) Fabrication of an electrochemical biosensor for the detection of α-SOs by using a conductive polymer immobilized with an aptamer. (f) Nyquist plots of the biosensor in the presence of α-SOs in the concentration range of $10^{-9}$–1 nM. Reprinted with permission from Ref. [199] Copyright (2020), American Chemical Society.

Moreover, electrochemical biosensors have been developed for the rapid detection of COVID-19 causative virus (i.e., SARS-CoV-2) in human nasopharyngeal swab specimens, revealing their effective real-time and selective detection capabilities (Figure 16a) [211]. In that study, a field-effect transistor (FET)-based COVID-19 sensor was fabricated using graphene as a signal transduction layer functionalized with a SARS-CoV-2 spike antibody. Graphene layers synthesized on a copper foil were transferred onto a SiO$_2$/Si substrate by the wet-transfer method to fabricate FET-based COVID-19 sensors. The dimension of the graphene-loaded FET sensor was 100 × 100 μm$^2$ (L × W). To induce the selective detection of SARS-CoV-2, the SARS-CoV-2 spike antibody was immobilized on a graphene layer assisted by a coupling agent (e.g., 1-pyrenebutyric acid N-hydroxysuccinimide ester). The sensing characterization was performed by measuring the current between the source and drain upon the injection of the virus sample, respectively. The real-time sensing characterization using the graphene-based FET after antibody immobilization exhibited distinctive signal changes with a detection limit of 1 fg/mL in phosphate-buffered saline (PBS; pH 7.4) (Figure 16b). In contrast, pristine-graphene-based FET devices without antibody immobilization showed negligible response changes upon the injection of the SARS-CoV-2 spike protein. The specific binding property of the COVID-19 FET sensor was confirmed by the selective detection of the SARS-CoV-2 spike protein, whereas there was no response signal toward middle east respiratory syndrome coronavirus (MERS-CoV) spike proteins. To demonstrate the clinical applicability of the COVID-19 FET sensor, SARS-CoV-2 from nasopharyngeal
swabs dispersed in a universal transport medium was utilized. The results revealed clear discrimination in the sensing responses between the samples from healthy subjects and those from COVID-19 patients. Thus, the COVID-19 FET sensors are applicable for POCT.

Figure 16. (a) Schematic illustration of the operating procedure of the FET sensor for the detection of SARS-CoV-2 in human nasopharyngeal swab specimens. (b) Real-time response of the COVID-19 FET sensor upon the injection of SARS-CoV-2 antigen protein in PBS. Reprinted with permission from Ref. [211] Copyright (2020), American Chemical Society. (c) Schematic illustrations of the probe DNA immobilization process using a surface modifier (APTES) and (d) hybridization reaction of analyte DNA with probe DNA for SARS-CoV-2 cDNA detection as confirmed by a fluorescent signal. (e) Capacitive response transitions (ΔC) of biosensors toward SARS-CoV and SARS-CoV-2 at concentration ranging from 10 nM to 5 μM. Reprinted with permission from Ref. [212] Copyright (2021), Elsevier.

Biosensors that promote cost-effective and real-time detection of SARS-CoV-2 have also been developed by facilitating capacitance signal changes upon the hybridization of analyte DNA with probe DNA [212]. The operational mechanism involves the immobilization of probe DNA using specific mRNA sequences in the SARS-CoV-2 gene on a glass substrate patterned with interdigitated sensing electrodes (Pt/Ti) (Figure 16c). To immobilize probe DNA on a glass substrate, surface modification using APTES was performed to form amine groups as linker molecules. Subsequently, probe DNA was covalently immobilized by reactions between the amine groups on the surface of the glass substrate and the phosphate group from probe DNA. The surface modification and immobilization steps were confirmed by measuring the capacitance-frequency properties. Increasing capacitance was observed in the low-frequency range (≤10 Hz) as a result of increased dielectric constants after functionalization with APTES (ε = 3.57) and the immobilization of probe DNA (ε = ~8) [213,214]. Probe DNA can induce hybridization with complementary SARS-CoV-2 cDNA, wherein double-stranded DNA (dsDNA) is formed through hydrogen bonds (Figure 16d). The formation of dsDNA was confirmed by a fluorescent signal, which revealed a strong, green-colored image after hybridization. The capacitance transitions were measured upon the hybridization induced by the injection of complementary SARS-CoV-2 target DNA at various concentrations in the range of 10 nM–5 μM (Figure 16e). The capacitive response was 0.843 nF/nM (red curve) after the hybridization of SARS-CoV-2
cDNA with a detection limit of 10 nM, whereas there was an invariant response toward non-complementary SARS-CoV cDNA. The proposed biosensors exhibited high sensitivity ($\Delta C = \sim 2 \text{ nF}$) and selectivity toward SARS-CoV-2 cDNA, which can be applied in the POCT platform for the rapid and cost-effective diagnosis of COVID-19.

5. Conclusions and Future Perspectives

The recent research progress in the development of chemical sensors in South Korea was comprehensively reviewed. Particularly, the development of nanomaterials and IoT sensor platforms are highlighted for applications in POCT and diagnosis. We classified three different types of chemical sensors based on the target chemical species: (i) gas sensors, (ii) ion sensors, and (iii) biosensors. For the development of gas sensors, multidimensional nanostructures, such as 1D fibers and 2D nanosheets, were developed on a flexible substrate. The flexible gas sensors were integrated with an IoT-based wireless sensing module to transmit the data to a smartphone, which allows the real-time and on-site detection of various environmental gases such as NO$_2$ and H$_2$S. For the development of ion sensors, chemiresistive, and potentiometric sensors were introduced for the detection of anions and cations. A multiplexed chemiresistive sensor array was developed by patterning SWCNTs with synthetic selectors, which was integrated with an NFC sensing module for the wireless detection of AcO$^\text{-}$. Furthermore, various wearable potentiometric sensor systems such as patches and headbands have been developed with ISMs containing ionophores for the detection of Na$^+$ and K$^+$. Wearable potentiometric sensors were demonstrated for the analysis of body fluids during exercise for healthcare applications. Finally, novel biosensors have been demonstrated for the rapid screening of biomolecules and virus species. Electrochemical and colorimetric sensors were discussed for the detection of analytes facilitating enzymatic reactions and immunoassays. Moreover, mobile devices such as smartphones have been used to analyze color changes or electrical signal transitions of sensors upon interaction with biomolecules.

There are remaining challenges and issues in nanomaterial-based sensing platforms, such as stability of nanomaterials, rapid on-site detection of analytes, sensor reliability, low power consumption, portability, and usability of sensing platforms. Therefore, further development of novel nanomaterials with improved sensing properties toward target analytes is desirable. In addition, user-friendly mobile sensing platforms can be further integrated with chemical sensors for continuous monitoring of personal health conditions and remote diagnosis. The demand for novel and effective IoT-based chemical sensors for POCT will continuously increase, considering the importance of personal healthcare and environmental monitoring.

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