Porosity Tunable Poly(Lactic Acid)-Based Composite Gel Polymer Electrolyte with High Electrolyte Uptake for Quasi-Solid-State Supercapacitors

Chao Yang 1,†, Yuge Bai 1,†, Huan Xu 2,†, Manni Li 1, Zhi Cong 1, Hongjie Li 1, Weimeng Chen 1, Bin Zhao 1, and Xiaogang Han 1,3, *

1 State Key Laboratory of Electrical Insulation and Power Equipment, School of Electrical Engineering, Xi’an Jiaotong University, Xi’an 710049, China; yc2018@stu.xjtu.edu.cn (C.Y.); baiyuge218@stu.xjtu.edu.cn (Y.B.); lmn4118004119@stu.xjtu.edu.cn (M.L.); jycz1997@stu.xjtu.edu.cn (Z.C.); lhj1124@stu.xjtu.edu.cn (H.L.); m6a8x3cw21@stu.xjtu.edu.cn (W.C.); zhaobin87@xjtu.edu.cn (B.Z.)

2 Key Laboratory of Smart Grid of Shaanxi Province, Xi’an 710049, China; hihuan@cumt.edu.cn

3 School of Materials Science and Physics, China University of Mining and Technology, Xuzhou 221116, China

* Correspondence: xiaogang.han@xjtu.edu.cn
† These authors contributed equally.

Abstract: The growing popularity of quasi-solid-state supercapacitors inevitably leads to the unrestricted consumption of commonly used petroleum-derived polymer electrolytes, causing excessive carbon emissions and resulting in global warming. Also, the porosity and liquid electrolyte uptake of existing polymer membranes are insufficient for well-performed supercapacitors under high current and long cycles. To address these issues, poly(lactic acid) (PLA), a widely applied polymers in biodegradable plastics is employed to fabricate a renewable biocomposite membrane with tunable pores with the help of non-solvent phase inversion method, and a small amount of poly (vinylidene fluoride-co-hexafluoropropylene) (PVDF-HFP) is introduced as a modifier to interconnect with PLA skeleton for stabilizing the porous structure and optimizing the aperture of the membrane. Owing to easy film-forming and tunable non-solvent ratio, the porous membrane possesses high porosity (ca. 71%), liquid electrolyte uptake (366%), and preferable flexibility endowing the GPE with satisfactory electrochemical stability in coin and flexible supercapacitors after long cycles. This work effectively relieves the environmental stress resulted from undegradable polymers and reveals the promising potential and prospects of the environmentally friendly membrane in the application of wearable devices.

Keywords: biodegradable matrix; phase inversion; tunable porous structure; composite polymer membrane; flexible gel electrolyte; quasi-solid-state supercapacitors

1. Introduction

Considering the ever-expanding market demand for energy storage devices with high power, safety and long lifespan [1,2]. Researchers have focused on the development of quasi-state or solid-state supercapacitors (SCs) to avoid electrolyte leakage [3–5]. Compared with solid state electrolytes, gel polymer electrolytes (GPEs) applied to quasi-solid-state SCs possess better interfacial contact with electrodes and higher ionic conductivity, which are tailored to solve the safety and interfacial issues of liquid and solid SCs [6–9].

A well-performing GPE is expected to take up enough liquid electrolyte to ensure the electrochemical stability under high current density and long cycles [10,11]. Constructing porous structures for polymer matrix is an effective and prevalent strategy to realize high porosity and liquid electrolyte uptake (LE uptake) of GPEs for SCs [12,13]. Serving as one of the most common polymer matrices for GPEs, poly (vinylidene fluoride-co-hexafluoropropylene) (PVDF-HFP) has attracted much research attention in the preparation of porous membrane owing to its relatively high ionic conductivity, thermal and
electrochemical stabilities, and excellent mechanical properties [14,15]. While these porous membranes are still fall short of expectations to be applied in high power devices due to the comparatively low porosity and LE uptake [16]. Moreover, the production and treatment of this petroleum-based polymer will inevitably cause carbon emissions and increase environmental burden. Thus, renewable resources that serve as alternative raw materials are needed [17–20]. As an excellent commercially available representative, poly(lactic acid) (PLA), a biodegradable polyester derived from renewable biomass, such as fermented maize starch, can be used as a cost-effective substitute which will minimize the use of undegradable plastics and help achieve the goal of carbon neutrality [21–23]. Apart from its environmental friendliness, it is also a competitive candidate polymer electrolyte that can be applied to energy storage devices due to its easy film-forming and comparatively low crystallinity properties [24,25]. While researchers are mainly focusing on the use of aqueous-based electrolytes in PLA membranes for supercapacitors [26], which seriously limit its energy density. In view of the abovementioned issues, constructing a porous PLA-based membrane suitable for commercial organic electrolyte is necessary. Considering the excellent properties of PVDF-HFP, compositing polymers with a low amount of PVDF-HFP is a favorable tactic to improve the electrochemical performance and stability of GPEs without excessively contaminating the environment [27–29]. Among various preparation strategies, nonsolvent-induced phase inversion is a facile method for the rapid and safe fabrication of porous membranes, which could realize the rapid transport of ions between the electrolyte and electrodes [30–33]. By introducing few of PVDF-HFP into composite polymers and employing nonsolvent-induced phase inversion method, it is possible to develop an eco-friendly membrane with high porosity and liquid electrolyte uptake which is applicable in acetonitrile (AN) based commercial electrolyte, and the as-prepared GPE can also display excellent electrochemical stability after long cycles.

In this work, we report a novel porous PLA-based biocomposite membrane prepared by using a facile phase inversion method, which shows remarkable electrochemical properties as the GPE in the application of SCs. The blending of two polymer solutions constructs a stable porous structure, in which PLA functions as the main skeleton with excellent degradability and renewability, a few of PVDF-HFP serve as a modifier which interconnect with the loose PLA skeleton, its excellent swelling effect in AN electrolyte prevents PLA from slight solubility and ensures the structural stability of composite porous membrane, optimizing the properties of the membrane applied to the GPE. Also, the amount of PVDF-HFP used is quite small, which will not pose a threat to the environment. Easily prepared PLA-based membranes derived from an optimal amount of non-solvent exhibit high porosity (ca. 71%), a sufficient liquid electrolyte uptake (366 wt%) and an enhanced surface wettability, which possess superior rate and cyclic performance in coin type SCs. Meanwhile, the specific capacitance retention of the flexible supercapacitor (FS) is 83% at 8 mA cm\(^{-2}\), and it can be retained well (70%) under 10,000 consecutive bending cycles, suggesting that the novel biocomposite gel electrolytes is promising for sustainable and high-performance use in the future application of flexible devices.

2. Experimental Section

2.1. Materials

All the chemicals were used in pure forms as purchased. Dichloromethane (DCM) and N,N-dimethylformamide (DMF) were purchased from MacLean Biochemical Technology Co., LTD (Shanghai, China). Poly (vinylidene fluoride-co-hexafluoropropylene) (PVDF-HFP Mw 400,000) were purchased from Sigma-Aldrich. Poly(lactic acid) (PLA Mw 230,000) were obtained from Corbion-Purac company, Amsterdam, The Netherlands.

2.2. Preparation of PLA@PV Porous Biocomposite Gel Electrolyte

According to previous studies, the solution containing 15–20 wt% of PLA exhibits better membrane-forming property owing to its appropriate viscosity [34,35]. Therefore, the content of the polymer in solution is fixed at 20 wt% in this study. An amount of PLA
(M<sub>W</sub> = 230,000, 70–100 wt% of composite polymers) were dissolved in dichloromethane (DCM 30–70 vol.% of the total liquid) and a quantity of PVDF-HFP (30–0 wt%) were added in the other solvent N,N-dimethylformamide (DMF, the proportion of DMF was 30%, 40%, 50%, 60%, and 70%) to stir for 4 h, respectively. Five groups of the samples were obtained and named as 30-PLA@PV, 40-PLA@PV, 50-PLA@PV, 60-PLA@PV, and 70-PLA@PV, respectively. Then, the PVDF-HFP solution was introduced into the other solution. After stirring for 4 h at room temperature, the viscous solution was cast on the polytetrafluoroethylene (PTFE) substrate using a doctor blade with the thickness of 200 µm (Figure S1, see Supplementary Materials). Afterward, DCM was evaporated at room temperature for 2 h and the biocomposite membrane was immediately placed into a vacuum oven at 60 °C for 10 h to evaporate the residual solvent. For comparative studies, PLA and PVDF-HFP membranes were prepared using similar methods. GPEs were used to assemble supercapacitors after the porous membranes were immersed into 1M MeEt<sub>3</sub>NBF<sub>4</sub>/acetonitrile (AN) organic electrolyte.

2.3. Characterization

The microstructure of the membranes was observed by scanning electron microscopy (SEM, Phenom Pro X, Thermo Fisher Scientific, Waltham, MA, USA), and the Energy Dispersive X-ray (EDX) analysis was carried out by this machine. The wettability test was conducted with a contact angle goniometer (DSA100, Krüss GmbH, Hamburg, Germany). Fourier transform infrared (FTIR) spectra of (PVDF-HFP, PLA, and 60-PLA@PV) membranes were recorded using a Nicolet iN10+IZ10 FTIR spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA) in transmission/reflection mode. The thermal stability of the membranes was tested by thermal gravimetric analysis (TGA) at a heating rate of 10 °C min<sup>−1</sup> from 25 to 600 °C under N<sub>2</sub> atmosphere and the mass percentage of each component was recorded under air atmosphere. The dimensional stability was measured by the muffle furnace (SL-1100, Haoyue Furnace, Shanghai, China) under 150 °C for 10 min at ambient condition. The transition temperature of membranes was performed by Differential scanning calorimetry instrument (DSC) (DISCOVER DSC250, TA Instruments, New Castle, DE, USA), and samples were heated from 0 to 200 °C under N<sub>2</sub> atmosphere at the rate of 10 °C·min<sup>−1</sup>. The liquid electrolyte uptake ratio was evaluated according to the Equation (1):

\[
\text{Electrolyte Uptake} \, (\%) = \frac{W - W_0}{W_0} \times 100\%
\]

where \(W_0\) and \(W\) are the weight of polymer membrane before and after soaking in liquid electrolyte, respectively. The porosity of biocomposite membranes was measured by the n-butanol absorbing method and computed by Equation (2)

\[
\text{Porosity} \, (\%) = \frac{W_f - W_i}{\rho V_0} \times 100\%
\]

where \(W_i\) and \(W_f\) are weights of dry and butanol absorbed membrane samples, respectively, the density of butanol is termed as \(\rho\).

The liquid we used for testing contact angle measurements was 1M MeEt<sub>3</sub>NBF<sub>4</sub>/acetonitrile (AN) organic electrolyte.

2.4. Electrochemical Measurement

Electrodes of cell were prepared by mixing YP-50F commercial active carbon (AC) powder (80%) with 10 wt% Super P carbon black and 10 wt% PVDF into amount of N-methyl-2-pyrrolidinone (NMP). The coin cells (CR 2025) were assembled in an argon-filled glovebox with GPE (the diameter of 14 mm) for further testing.

Prior to assemble flexible devices, the square electrodes were prepared according to our previous work using AC [36]. The flexible supercapacitors consisted of two symmetric AC electrodes (20 mm × 20 mm) sandwiching a piece of GPE (25 mm × 25 mm). Electrolyte for
3 V and 3.5 V test is prepared by adding 1.5 M [PY$_{14}$][BF$_4$] into 1 M MeEt$_3$NBF$_4$/acetonitrile (AN) organic electrolyte. To ensure close contact of the interfaces between the electrodes and electrolyte, the assembled flexible SCs were pressed and sealed by thermoplastic films.

The electrochemical performance of the as-fabricated SCs were determined in a two-electrode system using electrochemical impedance spectroscopy (EIS), cyclic voltammetry (CV) and linear sweep voltammetry (LSV) experiments performed with SS/GPE/Ag cell (SS: Stainless Steel) (10 mV s$^{-1}$) on an electrochemical workstation (BioLogic VMP3, Seyssinet-Pariset, France). The EIS measurements were tested by applying an AC voltage with 10 mV amplitude at frequencies ranging from 100 kHz to 100 mHz for coin cell, 1 MHz to 100 mHz for flexible device. Galvanostatic charge/discharge (GCD) cycling, rate and cycling performance were performed by an Arbin MSTAT4 electrochemical station (College Station, TX, USA) at room temperature.

3. Results and Discussion
3.1. Synthesis of Porous Gel Polymer Electrolyte

Figure 1a provides the schematic illustration of preparing the composite of PLA and PVDF-HFP (PLA@PV) porous biocomposite gel. PLA is regarded as the main component of the membrane to build polymer matrix attributed to its excellent degradation behavior and great film-forming property [37,38]. PVDF-HFP functions as a modifier in the biocomposite membrane [29]. A common and facile method of nonsolvent-induced phase inversion is employed to produce pores which can facilitate the ion transportation of the GPE. In particular, N,N-dimethylformamide (DMF) is selected as the non-solvent, because it solves the insolubility issue of PVDF-HFP in dichloromethane (DCM) and induces phase inversion during the preparation of the composite membrane by adjusting the ratio between the solvent and nonsolvent in the formation of desired porous samples [34,35]. Two steps are involved in this process. First, PLA constitutes the main skeleton accompanied by the rapid volatilization of DCM. Then, the PVDF-HFP solution is evenly dispersed to embellish the interior of the PLA skeleton for stabilizing the structure. The porous membrane arises from the slow volatilization of DMF droplets under high temperature. All in all, the synergistic effect of two solutes (PLA and PVDF-HFP) and two solvents (DCM and DMF) forms a functional membrane. Figure 1b$_1$–b$_4$ provides the digital graphs of different porous membranes with various ratios of PLA and PVDF-HFP. As shown in Figure 1b$_1$, the porous pure PLA membrane becomes brittle after being immersed into AN-based electrolyte, and its surface becomes rough, similar to the dense PLA membrane in Figure S2 (see Supplementary Materials). This result is attributed to the slight solubility of PLA in AN. By introducing PVDF-HFP into the membrane and adjusting the ratio of PVDF-HFP and PLA from 1:9 to 3:7, the membrane gradually becomes stable and maintains its integrity (Figure 1b$_2$–b$_4$). Based on the carbon neutralization goal, the GPE is stable enough for application when the ratio of the two polymers is 2:8.
3.2. Morphology and Structure Characterization, Porosity, Liquid Uptake, and Affinity

Based on the ratio of PVDF-HFP and PLA is fixed at 2:8, the as-prepared GPEs determined by different proportions of nonsolvent are displayed by digital images. According to Figure S1 (see Supplementary Materials), excessive or deficient nonsolvent can lead to the precipitation of polymers in the slurry. Samples with proportions of 30%, 40%, 50%, 60%, and 70% DMF were marked as 30-PLA@PV, 40-PLA@PV, 50-PLA@PV, 60-PLA@PV, and 70-PLA@PV, respectively. As shown in Figure 2a, compared to other intact samples with grainy surfaces, the surface of 60-PLA@PV membrane is the smoothest, which resulted from the solubility difference of PLA in the mixed solvent. To further observe the effect of ratio between nonsolvent and solvent on the porous membrane morphology, micrographs of membranes are characterized by SEM in Figure 2b1–e. The membrane with boundaries and bulk particles observed on the surface gradually transform into a mesh structure with increasing proportion of DMF from 30% to 70%. Notably, the 60-PLA@PV sample shows a relatively flat surface with macropores of about 0.5−1.5 µm (Figure 2d), and its cross section shows a multi-level porous morphology that contribute to the improvement of ionic transport. According to the EDX mapping images of 30-PLA@PV (Figure S6, see Supplementary Materials), PVDF-HFP tends to appear at the boundary of bulk PLA, which is formed during the blending of two mutually insoluble polymer solutions. And PVDF-HFP functions as a modifier that interconnects with PLA to strengthen the skeleton. Increasing the amount of DMF promotes the wide and uniform distribution of PVDF-HFP solution in the PLA skeleton, thereby enabling PVDF-HFP to evenly modify the porous structure with a flat surface and a suitable aperture. By contrast, the porous PLA membrane without PVDF-HFP exhibits a discontinu-
uous flocculent structure (Figure S7, see Supplementary Materials), this further validates the modifying effect of PVDF-HFP on the construction of porous composite membranes. The 70-PLA@PV sample with uneven macro pores on the surface and loose structure caused by excessive nonsolvent (Figure 2e) may result in weak mechanical strength and serious LE leakage under deformation. Porosity is a pivotal parameter in evaluating the porous structure of membranes. Figure 2f demonstrates that increasing the proportion of DMF in the slurry can contribute to the higher porosity of the membranes, and all of the prepared porous membranes possess much higher porosity than the pure PVDF-HFP membrane (ca. 11%).

![Figure 2](image_url)

Figure 2. (a1–a5) Digital images of five membranes prepared with various ratios of DMF and DCM. (b1–e) SEM images: surface (b1–b5,d,e) and cross-section (c1–c5) images of five membranes. (f) Porosity of four membranes.

The porosity of the membrane is further assessed by the LE uptake when the membrane is saturated in the electrolyte as shown in Figure 3a. The LE uptake of 50-PLA@PV, 60-PLA@PV and 70-PLA@PV samples can reach to 255, 366 and 420 wt%, respectively. For comparison, the LE uptake of the PVDF-HFP counterpart is only 132%, which indirectly explains its inferiority in cycling tests. By combining Figures 2f and 3a, it becomes
evident that porosity is positively correlated with LE uptake (Figure 3b). Considering the key role of porous structure in improving the wetting speed and compatibility between membranes and LE in the performance of SCs, the LE contact angles on membranes displayed in Figure 3c shows that samples with higher porosity presents better wetting ability. Moreover, the contact angles of 60-PLA@PV and 70-PLA@PV samples drop to lower than 15° after 10 s, which are much smaller than that of PVDF-HFP (28.8°), indicating the faster solvent infiltration ability of the as-prepared porous membranes compared with the dense counterparts.

![Figure 3](image)

**Figure 3.** Properties of the membranes: (a) Liquid electrolyte uptake of five polymer membranes. (b) Liquid electrolyte uptake of membranes with different porosities. (c) Images of LE contact angles on PVDF-HFP, and 50-PLA@PV, 60-PLA@PV, and 70-PLA@PV at different times.

3.3. Physical and Chemical Properties

The component of the as-prepared biocomposite membrane was confirmed by comparing the FT-IR spectra of PVDF-HFP, PLA, and 60-PLA@PV samples (Figure S8, see Supplementary Materials). The retention of the FT-IR characteristic peaks of PLA and PVDF-HFP manifests the absence of any form of chemical reaction between the two poly-
mers. Besides, TGA results (Figure S9, see Supplementary Materials) can also prove the composition of the porous membrane. As the thermal decomposition is tested from 25 °C to 600 °C, the pure PLA and pure PVDF-HFP start to degrade at 317.5 °C and 425.0 °C, respectively, the porous membrane has the above two steps under N2 flow. Subsequently, The PVDF-HFP content in 60-PLA@PV is 20 wt% verified by TGA under air atmosphere. It is worth stressing that thermal stability is significant for the evaluation of polymer electrolytes in SCs. In the application of electrochemical device, the accidental over-charge/discharge, internal or external heavy circuit, will bring serious safety hazards caused by thermal failure of over-heated commercial separators [39,40]. So the comparatively high decomposition temperature (over 300 °C) of biocomposite membrane guarantees the high safety of devices. Digital images and SEM morphologies of three membranes after being heated at 150 °C for 1 h are compared as shown in Figure 4a. The surface of PVDF-HFP and PLA membranes become uneven after heating, and PLA membrane turns to corrugated and brittle, which brings a huge risk in thermal runaway of flexible supercapacitors. On the contrary, the morphology of 60-PLA@PV sample is well maintained, which can effectively prevent the occurrence of thermal runaway. The enhanced stability of 60-PLA@PV is likely originated from the special porous structure which provides enough space to avoid the thermal deformation [41]. As the ions of LEs migrate through the disordered amorphous phase of polymers [42,43], the crystalline entities should have influence on the ionic conductivity. Upon incorporation of PVDF-HFP [14], the melting peaks of 60-PLA@PV slightly shift to the left from pure PLA melting temperature to 150 °C (Figure 4b), indicating that the molten state of 60-PLA@PV membrane contributes to the maintenance of its morphology under 150 °C, and the crack of pure PLA membrane is owing to its higher melting temperature and lower fracture toughness [44]. Also, the membrane with lower melting temperature has more active segment movement which can facilitate the ionic transport. Furthermore, the ionic conductivity of different samples is compared in Figure 4c, composite samples display much higher values compared to PVDF-HFP counterpart, and, as the porosity of the sample rises, the ionic conductivity gets higher.

![Digital images and SEM morphologies of three membranes after thermal treatment](image1)

![DSC thermograms of PLA, PVDF-HFP and the porous 60-PLA@PV](image2)

![Ionic conductivities of different GPEs](image3)

**Figure 4.** Characterization of physical and chemical properties of composite membranes: (a) Digital images and SEM morphologies of the three membranes after thermal treatment. (b) DSC thermograms of PLA, PVDF-HFP and the porous 60-PLA@PV. (c) Ionic conductivities of different GPEs.
3.4. Electrochemical Performances of Coin Type SCs

Coin type SCs were assembled with commercial active carbon and the as-prepared GPEs to evaluate the electrochemical performance of SCs (Figures 5 and S11, see Supplementary Materials). EIS was performed to investigate the intrinsic internal resistance and charge transfer properties of the devices [45,46]. Porous samples possess low intrinsic internal resistance and charge transfer resistance, which indicates that the porous GPEs have tight interfacial contact with electrodes and rapid charge transfer and ionic transport, as displayed in Figure S11a (see Supplementary Materials). Moreover, the rectangular CV curves of 60-PLA@PV sample with varied scan rates and its wider electrochemical window (~4.5 V) compared to PVDF-HFP sample (~3.7 V) represents the characteristics of an ideal EDLC (Figures S11b,c and S12, see Supplementary Materials) [47]. The capacitive performance is investigated with GCD cycling experiments at various current densities of 1, 10, and 20 A g\(^{-1}\). The symmetric triangle feature of GCD curves (Figure 5a) indicates excellent electrochemical reversibility and capacitive behavior. The 60-PLA@PV exhibits smaller IR drop (0.29 V) and much higher specific capacitance (83 F g\(^{-1}\)) compared with the other two samples (0.50 V for 50-PLA@PV and 0.73 V for 70-PLA@PV) under the current density of 20 A g\(^{-1}\). The gravimetric capacitance difference of three GPE-based SCs (Figure 5b) increases rapidly with gradual increase in the current density, indicating the lower charge transfer resistance of 60-PLA@PV, as shown in Figure S11a (see Supplementary Materials). Usually, the porous samples with high LE uptake can provide more ions to ensure long cycles, thereby demonstrating excellent cycling stability. While the 70-PLA@PV sample with lower capacitance retention may be attributed to the uneven macropores on the surfaces, which increases the IR drop. On the contrary, the 60-PLA@PV sample with much smaller pores on the surface shows excellent performance by maintaining over 90% capacitance at 2.5 V with the current density of 1 A g\(^{-1}\) after continuous 10,000 cycles. The Ragone plot shown in Figure S13 (see Supplementary Materials) compares the energy density and power density of different samples, it demonstrates that 60-PLA@PV sample possesses high power with higher energy density maintained, while the power density and energy density cannot be balanced in other samples. Figure 5d exhibits the integrity of the 60-PLA@PV GPE at both macro and micro levels after charging/discharging for 10,000 cycles. The nearly unchanged morphology of the GPE proves its electrochemical stability.

3.5. Electrochemical Performances of Flexible Supercapacitors

Considering the good deformability of 60-PLA@PV membrane, the well-behaved 60-PLA@PV GPE was assembled in the flexible SC (Figure 6a) and designated as FS60-PLA@PV to assess its electrochemical performance. For comparison, a supercapacitor with the same electrodes and PVDF-HFP as the electrolyte was also assembled (i.e., FS-PVDF-HFP). Figure S14 (see Supplementary Materials) shows the CV curves of FS60-PLA@PV at different scan rates (5–100 mV s\(^{-1}\)) with a potential window of 0–3 V owing to its superior electrochemical stability. The FS60-PLA@PV shows an almost rectangular shape, even at a high scan rate (500 mV s\(^{-1}\)) under bending state with radius of 12.5 mm (Figure 6b). In addition, the FS60-PLA@PV displays a standard triangular shape according to the GCD profiles in Figure 6c, thereby revealing the ideal EDLC behavior [48]. Capacitance retention under high current is a primary indicator that verifies the rate performance of a porous electrolyte. As shown in Figure 6d, the capacitance is 77.6 mF cm\(^{-2}\) at 0.5 mA cm\(^{-2}\), and 64.6 mF cm\(^{-2}\) remains even at a current density of 8 mA cm\(^{-2}\). Moreover, the lower charge transfer resistance (R\(_{ct}\)) of FS60-PLA@PV (0.2 Ω) (Figure S15, see Supplementary Materials) compared with FS-PVDF-HFP (0.5 Ω) under deformation shows that the as-prepared GPE allows rapid ion transportation during the charge–discharge process [49]. The cycling stability was evaluated under bending status between 0 and 3 V at a current density of 0.5 mA cm\(^{-2}\). The preferable capacitance retention of the FS60-PLA@PV (70% after 10,000 cycles) compared to FS-PVDF-HFP (capacitance retention of 10%) in Figure 6e exhibiting the excellent electrochemical reversibility of the as-prepared sample. To demonstrate the applicability
of the full configuration, the photographs of an illuminated LED are presented when the flexible SC is bended before cycling and unfolded after long cycles, as shown in the inset of Figure 6e. Furthermore, regarding the relatively high voltage window of the biocomposite electrolyte, the operating potential of flexible devices is extended to 3.5 V. The resulting CV curves demonstrate the high-voltage and high flexibility of the resultant SC with this GPE (Figure S16, see Supplementary Materials). Overall, the biocomposite gel electrolyte, which was placed in cell and flexible SCs, exhibited superior electrochemical and flexible performance even under high voltage potential, thereby offering a promising prospect for replacing the traditional non-degradable plastic electrolyte.

Figure 5. Electrochemical performance of coin type SCs under 2.5 V: (a) Galvanostatic charge/discharge profile. (b) Specific capacitance plots at various current densities. (c) Cycling performance at 1 A g\(^{-1}\) for 10,000 cycles. (d) Digital and SEM graphs (surface and cross section) of the GPE after 10,000 cycles.
4. Conclusions

A porous PLA-based biocomposite gel polymer electrolyte in the application of supercapacitors (SCs) is successfully prepared by using a phase inversion strategy, thereby effectively ameliorating the ungreen property of pure PVDF-HFP membrane and strengthening the stability of PLA membrane employed in organic electrolyte. By introducing few of PVDF-HFP into the PLA skeleton to modify the membrane with interconnected porous structure and preferable aperture, the GPE overcomes the slight solubility in acetonitrile (AN) based solution and entitled to stable structure, favorable porosity, and high liquid electrolyte uptake. Owing to this unique porous structure, the GPE of 60-PLA@PV displays superb rate stability with 100% capacitance retention at the current density of 20 A g$^{-1}$ and 90% capacitance retention at 1 A g$^{-1}$ after 10,000 cycles in coin type SCs. Moreover,
comparing to PVDF-HFP counterpart, the outstanding flexibility of 60-PLA@PV GPE enables the flexible device with AC electrodes to exhibit superior capacitance retention (a superior rate of 83% capacitance retention even at 8 mA cm⁻² under 3 V), remarkable cycling stability (70% capacitance retention after 10,000 cycles) and high voltage window under deformation. The well-behaved GPE prepared in this work provides new insights into the development of biodegradable polymer electrolyte for practical applications to wearable devices and push the replacement of petrochemical-based polymer electrolytes with renewable polymers as a decisive step forward.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/polym14091881/s1, Figure S1: Experimental process and selection of solvent ratio; Figure S2: Morphologies of pure PLA samples; Figure S3: Micro morphologies of pure PVDF-HFP and pure PLA; Figure S4: Optical and micro morphologies of optimized sample at the condition of just immersed; Figure S5: The digital images of PLA@PV based porous gel electrolyte; Figure S6: EDX mapping of 30-PLA@PV and 60-PLA@PV; Figure S7: Optical and micro morphologies of pure porous PLA membrane; Figure S8: FT-IR spectra of three membranes; Figure S9: TGA curves of the prepared membranes in N2 and the atmosphere of air; Figure S10: Optical morphologies of two GPE samples after immersion, and interfacial contact between GPEs and electrodes; Figure S11: Electrochemical performance of PLA based sample in coin cells: (a) Nyquist plots. (b) and (c) CV curves; Figure S12: The LSV of SS/GPE/Ag cell (SS: Stainless Steel) (10 mV s⁻¹); Figure S13: Flexible supercapacitor: CV curves at various scan rates; Figure S14: Nyquist plots of FS-PVDF-HFP and FS60-PLA samples under flat and bending states under 3V; Figure S15: Electrochemical performance of two samples in flexible supercapacitors, (a–f) CV curves of two samples at various scan rates under 3.5 V at flat and bending states, (g) Nyquist plots of FS-PVDF-HFP and FS60-PLA samples under flat and bending states, (h) rate performance of two samples at flat state. Figure S16. Electrochemical performance of two samples in flexible supercapacitors, (a–f) CV curves of two samples at various scan rates under 3.5 V at flat and bending states, (g) Nyquist plots of FS-PVDF-HFP and FS60-PLA samples under flat and bending states, (h) rate performance of two samples at flat state. References [39,50–53] are cited in the Supplementary Materials.

Author Contributions: Conceptualization, Y.B. and C.Y.; methodology, C.Y. and Y.B.; software, C.Y.; validation, Y.B.; formal analysis, C.Y. and Y.B.; investigation, X.H. and B.Z.; resources, H.X.; data curation, C.Y. and Y.B.; writing—original draft preparation, C.Y.; writing—review and editing, Y.B. and H.X.; visualization, W.C., H.L., Z.C., M.L. and B.Z.; supervision, B.Z. and X.H.; project administration, X.H.; funding acquisition, X.H. All authors have read and agreed to the published version of the manuscript.

Funding: We appreciate the funding supports from National Natural Science Foundation of China (Grant No.51772241), Natural Science Basis Research Plan in Shaanxi Province of China (Grant No.2019JLZ-10), and Independent Research Project of National Key Laboratory of Electrical Insulation and Power Equipment (Grant No.EIPE19111).

Data Availability Statement: All the data required are reported in this manuscript and Supplementary Materials.

Acknowledgments: The authors are grateful to the Analytical and Testing Center and the Department of Energy and Power Engineering of XJTU for technical assistance.

Conflicts of Interest: The authors declare no competing financial interest.

Associated Content: Synthesis and characterization of the prepared porous membrane, FTIR, TGA results, and additional digital and SEM images of samples, and electrochemical performance of the GPEs.

References

1. Lv, T.; Liu, M.; Zhu, D.; Gan, L.; Chen, T. Nanocarbon-Based Materials for Flexible All-Solid-State Supercapacitors. Adv. Mater. 2018, 30, e1705489. [CrossRef] [PubMed]

2. Dubal, D.P.; Chodankar, N.R.; Kim, D.-H.; Gomez-Romero, P. Towards Flexible Solid-State Supercapacitors for Smart and Wearable Electronics. Chem. Soc. Rev. 2018, 47, 2065–2129. [CrossRef] [PubMed]
3. Gao, Y.; Wan, Y.; Wei, B.; Xia, Z. Capacitive Enhancement Mechanisms and High-Performance Graphene Oxide-Based All-Solid-State Supercapacitors. *Adv. Funct. Mater.* 2018, 28, 1706721. [CrossRef]

4. Zhao, Y.; Alsaid, Y.; Yao, B.; Zhang, Y.; Zhang, B.; Bluskute, N.; Wu, S.; He, X. Wood-Inspired Morphologically Tunable Aligned Hydrogel for High-Performance Flexible All-Solid-State Supercapacitors. *Adv. Funct. Mater.* 2020, 30, 1909133. [CrossRef]

5. Lu, X.; Yu, M.; Zhai, T.; Wang, G.; Xie, S.; Liu, T.; Liang, C.; Tong, Y.; Li, Y. Correction to High Energy Density Asymmetric Quasi-Solid-State Supercapacitor Based on Porous Vanadium Nitride Nanowire Anode. *Nano Lett.* 2020, 20, 6932. [CrossRef]

6. Li, X.; Shao, J.; Kim, S.-K.; Yao, C.; Wang, J.; Miao, Y.-R.; Zheng, Q.; Sun, P.; Zhang, R.; Braun, F.V. High Energy Flexible Supercapacitors Formed via Bottom-Up Infilling of Gel Electrolytes into Thick Porous Electrodes. *Nat. Commun.* 2018, 9, 2578. [CrossRef]

7. Zhao, W.; Jiang, M.; Wang, W.; Liu, S.; Huang, W.; Zhao, Q. Flexible Transparent Supercapacitors: Materials and Devices. *Adv. Funct. Mater.* 2020, 31, 2009136. [CrossRef]

8. Li, W.; Gao, F.; Wang, X.; Zhang, N.; Ma, M. Strong and Robust Polyaniline-Based Supramolecular Hydrogels for Flexible Supercapacitors. *Angew. Chem. Int. Ed.* 2016, 55, 9196–9201. [CrossRef]

9. Xiong, C.; Li, M.; Han, Q.; Zhao, W.; Dai, L.; Ni, Y. Screen Printing Fabricating Patterned and Customized Full Paper-Based Energy Storage Devices with Excellent Photothermal, Self-Healing, High Energy Density and Good Electromagnetic Shielding Performances. *J. Mater. Sci. Technol.* 2021, 97, 2020. [CrossRef]

10. Qiu, F.; Huang, Y.; Hu, X.; Li, B.; Zhang, X.; Luo, C.; Li, X.; Wang, M.; Wu, Y.; Cao, H. An Eco-friendly Gel Polymer Electrolyte Based on Natural Lignocellulose with Ultrahigh Electrolyte Uptake and Excellent Ionic Conductivity for Alkaline Supercapacitors. *ACS Appl. Energy Mater.* 2019, 2, 6031–6042. [CrossRef]

11. Han, J.H.; Lee, J.Y.; Suh, D.H.; Hong, Y.T.; Kim, T-H. Electrode-Impregnable and Cross-Linkable Poly(ethylene oxide)–Poly(propylene oxide)–Poly(ethylene oxide) Triblock Polymer Electrolytes with High Ionic Conductivity and a Large Voltage Window for Flexible All-Solid-State Supercapacitors. *ACS Appl. Mater. Interfaces* 2017, 9, 33913–33924. [CrossRef] [PubMed]

12. Le Mong, A.; Yang, S.; Kim, D. Pore-Filling Polymer Electrolyte Membrane Based on Poly(acrylne ether ketone) for Enhanced Dimensional Stability and Reduced Methanol Permeability. *J. Membr. Sci.* 2017, 543, 133–142. [CrossRef]

13. Handayani, P.L.; Nulandaya, L.; Cheon, J.Y.; Kim, T.; Yoo, S.I.; Choi, U.H. Self-Assembled Block Copolymer Electrolyte Membranes with Silica Network-Derived Nanochannels for All-Solid-State Supercapacitors. *Chem. Eng. J.* 2021, 429, 132273. [CrossRef]

14. Yang, X.; Zhang, F.; Zhang, L.; Zhang, T.; Huang, Y.; Chen, Y. A High-Performance Graphene Oxide-Doped Ion Gel as Gel Polymer Electrolyte for All-Solid-State Supercapacitor Applications. *Adv. Funct. Mater.* 2013, 23, 3353–3360. [CrossRef]

15. Wang, T.; Zhao, X.; Liu, F.; Fan, L.-Z. Porous Polymer Electrolytes for Long-Cycle Stable Quasi-Solid-State Magnesium Batteries. *J. Energy Chem.* 2020, 59, 608–614. [CrossRef]

16. Yang, C.; Sun, M.; Wang, X.; Wang, G. A Novel Flexible Supercapacitor Based on Cross-Linked PVDF–HFP Porous Organogel Electrolyte and Carbon Nanotube Paper@π-Conjugated Polymer Film Electrodes. *ACS Sustain. Chem. Eng.* 2015, 3, 2067–2076. [CrossRef]

17. Foruzanmehr, M.; Vuillaume, P.; Elkoun, S.; Robert, M. Physical and Mechanical Properties of PLA Composites Reinforced by TiO₂ Grafted Flax Fibers. *Mater. Des.* 2016, 106, 295–304. [CrossRef]

18. Ferreira, F.; Mariano, M.; Rabelo, S.; Gouveia, R.; Lona, L. Isolation and Surface Modification of Cellulose Nanocrystals from Sugarcane Bagasse Waste: From a Micro- to a Nano-Scale View. *Ind. Crop. Prod.* 2018, 2389–2398. [CrossRef]

19. Xiong, C.; Zheng, C.; Li, B.; Ni, Y. Wood-Based Micro-Spring Composite Elastic Material with Excellent Electrochemical Performance, High Elasticity and Elastic Recovery Rate Applied in Supercapacitors and Sensors. *Ind. Crop. Prod.* 2022, 178, 114565. [CrossRef]

20. Xiong, C.; Wang, T.; Zhang, Y.; Li, B.; Han, Q.; Li, D.; Ni, Y. Li–Na Metal Compounds Inserted into Porous Natural Wood as a Bifunctional Hybrid Applied in Supercapacitors and Electrocatelysis. *Int. J. Hydrogen Energy* 2021, 47, 2389–2398. [CrossRef]

21. Fortunati, E.; Luzzi, F.; Puglia, D.; Petrucci, R.; Kenny, J.; Torre, L. Processing of PLA Nanocomposites with Cellulose Nanocrystals Extracted from Posidonia Oceanica Waste: Innovative Reuse of Coastal Plant. *Ind. Crop. Prod.* 2015, 67, 439–447. [CrossRef]

22. Jin, F.-L.; Pang, Q.-Q.; Zhang, T.-Y.; Park, S.-J. Synergistic Reinforcing of Poly(lactic acid)-Based Systems by Polybutylene Succinate and Nano-Calcium Carbonate. *J. Ind. Eng. Chem.* 2015, 32, 77–84. [CrossRef]

23. Aulin, C.; Karabulut, E.; Tran, A.; Wågberg, L.; Lindström, T. Transparent Nanocellulosic Multilayer Thin Films on Poly(1actic Acid with Tunable Gas Barrier Properties. *ACS Appl. Mater. Interfaces* 2013, 5, 7352–7359. [CrossRef] [PubMed]

24. Bergström, J.S.; Hayman, D. An Overview of Mechanical Properties and Material Modeling of Polylactide (PLA) for Medical Applications. *Ann. Biomed. Eng.* 2016, 44, 330–340. [CrossRef]

25. Huang, J.; Lisowski, M.S.; Runt, J.; Hall, E.S.; Kean, R.T.; Buehler, N.; Lin, J.S. Crystallization and Microstructure of Poly(l-lactide-co-meso-lactide) Copolymers. *Macromolecules* 1998, 31, 2593–2599. [CrossRef]

26. Vargun, E.; Ozaltin, K.; Fei, H.; Harea, E.; Vilčáková, J.; Kazantseva, N.; Saha, P. Biodegradable Porous Poly(lactic Acid Film as a separator for Supercapacitors. *J. Appl. Polym. Sci.* 2020, 137, 49270. [CrossRef]

27. Pandey, G.P.; Liu, T.; Hancock, C.; Li, Y.; Sun, X.S.; Li, J. Thermostable Gel Polymer Electrolyte Based on Succinonitrile and Ionic Liquid for High-Performance Solid-State Supercapacitors. *J. Power Sources* 2016, 328, 510–519. [CrossRef]

28. Liu, J.; Khanam, Z.; Ahmed, S.; Wang, H.; Wang, T.; Song, S. A Study of Low-Temperature Solid-State Supercapacitors Based on Al-Ion Conducting Polymer Electrolyte and Graphene Electrodes. *J. Power Sources* 2021, 488, 229461. [CrossRef]
29. Chen, G.; Zhang, F.; Zhou, Z.; Li, J.; Tang, Y. A Flexible Dual-Ion Battery Based on PVDF-HFP-Modified Gel Polymer Electrolyte with Excellent Cycling Performance and Superior Rate Capability. *Adv. Energy Mater.* 2018, 8, 1801219. [CrossRef]

30. Liu, H.-C.; Lee, I.-C.; Wang, J.H.; Yang, S.-H.; Young, T.-H. Preparation of PLLA Membranes with Different Morphologies for Culture of MG-63 Cells. *Biomaterials* 2004, 25, 4047–4056. [CrossRef]

31. Guillen, G.R.; Ramon, O.Z.; Kavehpour, H.P.; Kaner, R.B.; Hoek, E.M. Direct Microscopic Observation of Membrane Formation by Nonsolvent Induced Phase Separation. *J. Membr. Sci.* 2013, 431, 212–220. [CrossRef]

32. Thakur, V.K.; Ding, G.Q.; Ma, J.; Lee, P.S.; Lu, X.H. Hybrid Materials and Polymer Electrolytes for Electrochromic Device Applications—A Comprehensive Review. *Adv. Drug Deliv. Rev.* 2016, 107, 367–392. [CrossRef] [PubMed]

33. Taberna, P.L.; Simon, P.; Fauvarque, J.-F. Electrochemical Characteristics and Impedance Spectroscopy Studies of Carbon-Carbon Derived by Electrospinning with Enhanced Li-Ion Conductivities for Rechargeable Lithium–Sulfur Batteries. *ACS Appl. Energy Mater.* 2019, 3, 504–516. [CrossRef] [PubMed]

34. Farah, S.; Anderson, D.G.; Langer, R. Physical and Mechanical Properties of PLA, and Their Functions in Widespread Applications—A Review. *Biosurfaces.* 2015, 321, 50–51. [CrossRef] [PubMed]

35. Le Phuong, H.A.; Ayob, N.A.I.; Blanford, C.F.; Rawi, N.F.M.; Szekely, G. Nonwoven Membrane Supports from Renewable Resources: Bamboo Fiber Reinforced Poly(lactic acid) Composites. *ACS Sustain. Chem. Eng.* 2019, 7, 11885–11893. [CrossRef]

36. Le Mong, A.; Kim, D. Tailor-Made Pore Controlled Poly(arylene ether ketone) Membranes as a Lithium-Ion Battery Separator. *J. Power Sources* 2016, 304, 301–310. [CrossRef] [PubMed]

37. Wang, H.; Hao, X.; Hengjing, Z.; Xia, X.; Tu, J. 3D Ultraviolet Polymerized Electrolyte Based on PEO Modified PVDF-HFP Electrospun Membrane for High-Performance Lithium-Sulfur Batteries. *Electrochimica Acta* 2019, 329, 135108. [CrossRef]

38. Li, D.; Shi, D.; Xia, Y.; Qiao, L.; Li, X.; Zhang, H. Superior Thermally Stable and Nonflammable Porous Polybenzimidazole Membrane with High Wettability for High-Power Lithium-Ion Batteries. *ACS Appl. Mater. Interfaces* 2017, 9, 8742–8750. [CrossRef] [PubMed]

39. Thakur, V.K.; Ding, G.Q.; Ma, J.; Lee, P.S.; Lu, X.H. Hybrid Materials and Polymer Electrolytes for Electrochromic Device Applications. *Adv. Mater.* 2012, 24, 4071–4096. [CrossRef] [PubMed]

40. Lodge, T.P. A Unique Platform for Materials Design. *Science* 2008, 321, 50–51. [CrossRef] [PubMed]

41. Balani, K.; Verma, V.; Agarwal, A.; Narayan, R. Physical, Thermal, and Mechanical Properties of Polymers. *Biosurfaces.* 2015, 321, 50–51. [CrossRef] [PubMed]

42. Taberna, P.L.; Simon, P.; Fauvarque, J.-F. Electrochemical Characteristics and Impedance Spectroscopy Studies of Carbon-Carbon Super capacitors. *J. Electrochem. Soc.* 2003, 150, A292–A300. [CrossRef]

43. Choi, B.G.; Yang, M.; Hong, W.H.; Choi, J.W.; Huh, Y.S. 3D Macroporous Graphene Frameworks for Super capacitors with High Energy and Power Densities. *ACS Nano* 2012, 6, 4020–4028. [CrossRef] [PubMed]

44. Choi, B.G.; Yang, M.; Hong, W.H.; Choi, J.W.; Huh, Y.S. 3D Macroporous Graphene Frameworks for Super capacitors with High Energy and Power Densities. *ACS Nano* 2012, 6, 4020–4028. [CrossRef] [PubMed]

45. Frackowiak, E.; Beguin, F. Carbon Materials for the Electrochemical Storage of Energy in Capacitors. *Carbon* 2001, 39, 937–950. [CrossRef]

46. Cao, L.; Yang, M.; Wu, D.; Lyu, F.; Sun, Z.; Zhong, X.; Pan, H.; Liu, H.; Lu, Z. Biopolymer-Chitosan Based Supramolecular Hydrogels as Solid State Electrolytes for Electrochemical Energy Storage. *Chem. Commun.* 2017, 53, 1615–1618. [CrossRef]

47. Liu, W.; Wang, K.; Li, C.; Zhang, X.; Sun, X.; Han, J.; Wu, X.-L.; Li, F.; Ma, Y. Boosting Solid-State Flexible Super capacitors by Employing Tailored Hierarchical Carbon Electrodes and a High-Voltage Organic Gel Electrolyte. *J. Mater. Chem. A* 2018, 6, 24979–24987. [CrossRef]

48. Laput, O.; Vasenina, I.; Salvadori, M.C.; Savkin, K.; Zuza, D.; Kurzina, I. Low-Temperature Plasma Treatment of Poly(lactic acid) and PLA/HA Composite Material. *J. Mater. Sci.* 2019, 54, 11726–11738. [CrossRef]

49. Shanthi, P.M.; Hanumantha, P.J.; Albuquerque, T.; Gattu, B.; Kumta, P.N. Novel Composite Polymer Electrolytes of PVdF-HFP Derived by Electrospinning with Enhanced Li-Ion Conductivities for Rechargeable Lithium–Sulfur Batteries. *ACS Appl. Energy Mater.* 2018, 1, 483–494. [CrossRef]

50. Shalu; Singh, P.N.; Singh, R.K. Development of Ion Conducting Polymer Gel Electrolyte Membranes Based on Polymer PVdF-HFP, BMIMTFSI Ionic Liquid and the Li-Salt with Improved Electrical, Thermal and Structural Properties. *J. Mater. Chem. C* 2015, 3, 7305–7318. [CrossRef]

51. Ahmad, A.L.; Farooqui, U.R.; Hamid, N.A. Effect of Graphene Oxide (GO) on Poly(vinylidene fluoride-hexafluoropropylene) (PVDF- HFP) Polymer Electrolyte Membrane. *Polymer* 2018, 142, 330–336. [CrossRef]