Platinum and Iridium Oxide Co-modified TiO₂ Nanotubes Array Based Photoelectrochemical Sensors for Glutathione

Jing Tian 1, Peng Zhao 1, Shasha Zhang 1, Guona Huo 1, Zhaochen Suo 1, Zhao Yue 2,* , Shoumin Zhang 1, Weiping Huang 1 and Baolin Zhu 1,3,*

1 College of Chemistry, The Key Laboratory of Advanced Energy Materials Chemistry (Ministry of Education), Tianjin Key Lab of Metal and Molecule-based Material Chemistry, Nankai University, Tianjin 300071, China; tianjingnk@nankai.edu.cn (J.T.); zhaopeng@nankai.edu.cn (P.Z.); 2120170933@mail.nankai.edu.cn (S.Z.); 15230153709@163.com (G.H.); zcsuo@mail.nankai.edu.cn (Z.S.); zhangsm@nankai.edu.cn (S.Z.); hwp914@nankai.edu.cn (W.H.)

2 Department of Microelectronics, Nankai University, Tianjin 300350, China

3 National Demonstration Center for Experimental Chemistry Education (Nankai University), Tianjin 300071, China

* Correspondence: yuezhao@nankai.edu.cn (Z.Y.); zhubaolin@nankai.edu.cn (B.Z.)

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Abstract: Oriented TiO₂ nanotubes, which are fabricated by anodic oxidation method, are prospective in photoelectrochemical analysis and sensors. In this work, Pt and IrO₂ co-modified TiO₂ nanotubes array was prepared via a two-step deposition process involving the photoreductive deposition of Pt and chemical deposition of IrO₂ on the oriented TiO₂ nanotubes. Due to the improved separation of photo-generated electrons and holes, Pt-IrO₂ co-modified TiO₂ nanotubes presented significantly higher PEC activity than pure TiO₂ nanotubes or mono-modified TiO₂ nanotubes. The PEC sensitivity of Pt-IrO₂ co-modified TiO₂ nanotubes for glutathione was also monitored and good sensitivity was observed.

Keywords: TiO₂ nanotubes array/Ti electrode; Pt; IrO₂; co-modification; photoelectrochemical sensor; glutathione

1. Introduction

Photoelectrochemical (PEC) detection is a rapidly developing technique, due to its characteristics of high sensitivity, fast response speed, and simple instrumentation [1–6], and attracts a lot of research attention for detection of biomolecules, such as NADH, glucose, and glutathione, which are closely related to many serious diseases [7]. In PEC biosensors, photocurrent is produced by the physical and chemical interactions between biomolecules; photoactive species are identified as detection signal. The relationship between the biomolecule concentrations and photocurrent provides the foundation for PEC sensors. This promising analytical technology relies intensively on photoelectrodes. Hence, the selection of a proper photoelectrode is critical.

Diverse nanomaterials, such as Au [8], ZnO [9,10], CdS [11,12], TiO₂ [13,14], and porphyrin [15,16], have been exploited as electrodes. Among them, TiO₂ nanomaterials have been widely investigated due to their high PEC activity, stable performance, good biological compatibility, and obvious surface effect [17–19]. TiO₂ nanotube arrays can be grown directly on Ti substrates (TiO₂ NTs/Ti) by anodic oxidation, which are good candidates for PEC electrodes. For such electrodes, Ti substrates have superior performance of electronic conduction, stability, and exhibit excellent compatibility, which enable them to be excellent implantable devices [20]. In addition, the unique one-dimensional
nanostructure of TiO$_2$ nanotube arrays accelerates electron transport and shortens the transfer distance of photogenerated carriers [21]. The tubular structure of TiO$_2$NTs can also facilitate the high dispersion of modified components and adsorption of aimed biomolecules. However, the application of TiO$_2$ in PEC detection is limited by its wide band gap and fast recombination of photogenerated charges, which can lower the photoenergy conversion efficiency and sensitivity of PEC sensors. A typical method to solve these problems is modification the TiO$_2$ photoelectrode with noble metals [22–24] or metal oxides [25,26]. The presence of noble metal results in the formation of a Schottky barrier at the metal-semiconductor interface, which can reduce the recombination of photogenerated charges and promote the separation of photogenerated charge carriers [27–29]. For instance, He’s group prepared Pt particles modified TiO$_2$ film, and the photocurrent of 3 wt% Pt modified TiO$_2$ film under UV irradiation was 1.5 times higher than that of bare TiO$_2$ film [30]. In contrast to Pt, IrO$_2$ can intercept photogenerated holes from semiconductors and mediate the hole transfer process [31,32]. The synergistic effect of Pt and IrO$_2$ has been reported by Yuan’s group [33]. Pt functioned as an electron collector while IrO$_2$ functioned as a hole capture, which may have led to significant charge separation and increased photocatalytic activity.

Glutathione (γ-glutamyl-cysteinyl-glycine, GSH), an important tripeptide, plays a major role in many biological functions such as gene expression regulation, cell protection, immune regulation, enzyme activity, and metabolic regulation, etc. [34,35]. Cellular concentration of GSH is related to a variety of human diseases [34,36], and the detection of GSH is urgent because of its importance in physiological circumstances. In this paper, Pt and IrO$_2$ nanoparticles were loaded on TiO$_2$NTs/Ti electrodes to form a Pt-IrO$_2$/TiO$_2$NTs/Ti electrode as shown in Scheme 1, leading to a novel PEC biosensing platform, which was then applied for the biodetection of GSH. This biosensor showed good sensing performance of GSH with a rapid response. The functions of Pt and IrO$_2$ in this system were also explored.

2. Experimental Section

2.1. Reagent and Apparatus

All chemical reagents were analytical grade and used without further purification. Reduced glutathione (GSH), PBS (0.1 M phosphate buffer, pH = 7.4 at 25 °C), H$_2$IrCl$_6·$xH$_2$O and Ti foil were purchased from Sigma (Merck Life Science (Shanghai) Co., Ltd. Shanghai, China). H$_2$PtCl$_6·$xH$_2$O (Keruisi Chemical Reagent Co., Ltd. Tianjin, China) was used as platinum precursor. All aqueous solutions were prepared with 18 MΩ ultra purified water.

The chemical state of the elements on the photoelectrode was determined by Axis Ultra DLD multi-technique X-ray photoelectron spectrometer (Kratos Analytical Ltd., Manchester, UK). The phase structure of the catalysts was characterized by Rigaku D/Max-2500 X-ray diffractometer with Cu Kα radiation (Rigaku, Tokyo, Japan). Transmission electron microscopy (TEM) was performed using a Talos F200X G2 transmission electron microscope (FEI, Waltham, MA, USA). Scanning electron microscopy (SEM) was performed using a JSM-7500F scanning electron microscope (JEOL, Tokyo, Japan).

2.2. Preparation of TiO$_2$NTs/Ti

According to the reported anodic oxidation method [37,38], TiO$_2$ nanotubes arrays were prepared on Ti foil (30 mm × 10 mm × 0.127 mm). First, Ti foils were cleaned by sonicating in acetone, alcohol, alcohol, and deionized water for 15 min, respectively. Then they were etched in mixture liquor HF: ultra purified water.
and deionized water for 15 min, respectively. Then they were etched in mixture liquor HF: HNO₃: H₂O = 1:4:5 for 30 s to remove the oxide layer. The prepared Ti foils were anodized by anodic inoxidation at 30 V for 6 h in an electrolytic solution (0.3 wt% NH₄F +2 vol% H₂O in ethylene glycol) under magnetic stirring at room temperature. The samples were sonicated for 15 min in ethanol and then dried in air. Finally, the as-prepared samples were calcinated at 400 °C for 2 h in a muffle furnace to obtain TiO₂NTs/Ti.

2.3. Preparation of Pt-IrO₂/TiO₂NTs/Ti

Pt-IrO₂/TiO₂NTs/Ti was prepared via a two-step deposition process involving the photoreductive deposition of Pt and chemical deposition of IrO₂ on TiO₂NTs/Ti. First, TiO₂NTs/Ti was dipped into a 0.05 mM H₂PtCl₆ solution (ethanol and deionized water with volume ratio 1:1) under the irradiation of 300 W UV light for 3 h to get the Pt modified TiO₂ nanotube array electrode (Pt/TiO₂NTs/Ti). Then, the Pt/TiO₂NTs/Ti was dipped into a 0.5 mM H₂IrCl₆ aqueous solution for 10 min, and dried in the oven at 150 °C for 10 min. After repeating the immersion process 5 times under the same conditions, the as-obtained sample was further annealed at 400 °C for 2 h to obtain Pt-IrO₂/TiO₂NTs/Ti. For comparison, IrO₂ modified TiO₂NTs (IrO₂/TiO₂NTs/Ti) were prepared by using TiO₂NTs/Ti as support.

2.4. Photoelectrochemical Measurement System

The photoelectrochemical experiments were performed with a CHI 604D electrochemical analyzer (CH Instruments, USA) using a three-electrode system. In the system, Ag/AgCl in 3 M KCl, platinum wire, and prepared electrodes were used as the reference electrode, counter electrode, and working electrode, respectively. An LED light source (M365L2: 365 nm, 90 mW) was fixed 30 cm above the working electrode and modulated by Transistor-Transistor Logic (TTL) out from a SR830 lock-in amplifier. PEC detection was carried out in PBS (pH = 7.4) containing different concentrations of GSH at room temperature. The switching on and off of the light source was controlled manually.

3. Results and Discussions

3.1. Microstructure Analysis

The XRD patterns of Ti foil, bare TiO₂NTs, and the modified TiO₂NTs/Ti are shown in Figure 1. The characteristic peaks of Ti (JCPDS# 44-1294) emerged in all patterns, because Ti foils were substrates. The peaks appearing at 25.28°, 37.80°, 48.05°, 53.89°, 55.06°, 62.69° observed in Figure 1b–e correspond to the diffraction of (101), (004), (200), (105), (211), (204) crystal planes of anatase TiO₂ (JCPDS# 21-1272), respectively. However, diffraction peaks of Pt or IrO₂ were not observed in the modified electrodes, which should be attributed to their high dispersion and low content.

![Figure 1](image_url). XRD patterns of (a) Ti foil; (b) TiO₂NTs/Ti; (c) Pt/TiO₂NTs/Ti; (d) IrO₂/TiO₂NTs/Ti; (e) Pt-IrO₂/TiO₂NTs/Ti.
The morphology and microstructure of the as-prepared TiO$_2$NTs/Ti was characterized by SEM and the Pt-IrO$_2$/TiO$_2$NTs/Ti was characterized by TEM. The top view SEM image (Figure 2a) shows that the bare TiO$_2$ nanotubes were highly ordered, with an average diameter of 80 nm and wall thickness of 18 nm. It is also clearly observed that the tubes were open on the top.

![Figure 2](image_url)

**Figure 2.** (a) Top-view SEM of TiO$_2$NTs; (b) The TEM image of Pt-IrO$_2$/TiO$_2$NTs/Ti; (c) The EDS of Pt-IrO$_2$/TiO$_2$NTs/Ti; (d–g) The EDS mappings of Pt-IrO$_2$/TiO$_2$NTs/Ti.

Figure 2b shows the microstructure of TiO$_2$NTs modified with Pt and IrO$_2$. To confirm the presence of Pt and IrO$_2$ on the TiO$_2$NTs, EDS and elemental mapping were carried out. The EDS (Figure 2c) showed that atomic percentages of Pt and Ir in Pt-IrO$_2$/TiO$_2$NTs/Ti were 0.70% and 0.41%, respectively. The elemental mappings present the existence of Pt and IrO$_2$ visually, as shown in Figure 2d–g. It can observe that the distributed Pt and Ir elements were homogeneous.

To further investigate the composition and elemental valences of the modified electrode, XPS analysis was performed. Figure 3 shows the XPS spectrum of Pt-IrO$_2$/TiO$_2$NTs/Ti, and corresponding high-resolution spectra of Ti2p, O1s, Pt4f, and Ir4f (Figure 3b–e). Figure 3a shows that the sample contained Ti, O, Pt and Ir, indicating successful deposition of Pt and IrO$_2$ on the TiO$_2$NTs, consistent with the EDS results. In Figure 3b, two peaks at BE of 464.0 eV and 458.5 eV in Pt-IrO$_2$/TiO$_2$NTs/Ti were assigned to Ti2p$_{3/2}$ and Ti2p$_{1/2}$ respectively, indicating the existence of Ti$^{4+}$ in TiO$_2$ [14,39,40]. In Figure 3c, the peak at BE of 529.5 eV was assigned to Ti-O [41].
As displayed in Figure 3d, the satellite peaks at 75.0 eV and 71.6 eV are strong evidence for Pt\(4f_{5/2}\) and Pt\(4f_{7/2}\), which confirms the formation of metallic Pt after the photoreduction deposition process [42,43]. After deconvolution, the high-resolution Ir\(4f\) (Figure 3d) showed the peak at 64.9 eV for Ir\(4f_{5/2}\) and 62.0 eV for Ir\(4f_{7/2}\), which is the characteristic of Ir\(^{4+}\) in IrO\(_2\) [41,44,45]. Consequently, Pt and IrO\(_2\) were successfully deposited on the TiO\(_2\)NTs/Ti electrode, and Pt-IrO\(_2\) co-modified electrode was fabricated.

### 3.2. Photoelectrochemical Performance

A photocurrent-time curve can be used to characterize the separation effect of photogenerated carriers, and the increase of photocurrent indicates the low recombination probability of photogenerated electron-holes. Figure 4 shows the photocurrent-time curves of different electrodes in 0.1 M PBS solution under 365 nm LED UV light irradiation. From Figure 4a, it can be seen that the photocurrent curve of the bare TiO\(_2\)NTs electrode had an anodic photocurrent spike at the initial time of irradiation, and then continuously decreased until a constant current was reached. However, the decorated TiO\(_2\)NTs electrodes could generate stable photocurrent more rapidly under the same condition, as shown in Figure 4b–d.
Under illumination, TiO$_2$ could absorb UV light and generate electron-hole pairs, and electrons from the TiO$_2$ electrode could transfer to Pt. So the surface of Pt nanoparticles appeared negatively charged and TiO$_2$ appeared positively charged. The Schottky barrier prevents electrons from recombining with holes, and promotes the migration of charges, thus improves the stability of the photocurrent (Figure 4b). For IrO$_2$/TiO$_2$NTs/Ti, the photoinduced holes were taken by IrO$_2$, effectively preventing the combination of electron-hole. So the photocurrent of IrO$_2$/TiO$_2$NTs/Ti electrode also could quickly stabilize, as shown in Figure 4c. In the Pt-IrO$_2$ modified TiO$_2$ system, due to the synergistic effect of Pt and IrO$_2$, the recombination of photogenerated electrons and holes could be effectively blocked. The Pt-IrO$_2$/TiO$_2$NTs/Ti electrode in Figure 4d exhibited an apparent and stable photocurrent signal compared with the TiO$_2$NTs/Ti.

However, the mono Pt- or IrO$_2$ modified TiO$_2$NTs/Ti exhibited lower photocurrent responses than bare TiO$_2$NTs/Ti. The reason may be that Pt- and IrO$_2$ loading on TiO$_2$NTs shelter the TiO$_2$NTs from the light illumination, which could reduce the efficiency of photogenerated carriers. Another reason may be that when Pt or IrO$_2$ nanoparticles appeared alone on the TiO$_2$, both photogenerated electrons and holes may transfer to Pt or IrO$_2$ nanoparticles, making them act as recombination centers [46,47]. However, if Pt and IrO$_2$ nanoparticles co-exist, electrons would move to Pt, while holes move to IrO$_2$. The electron-hole recombination would be suppressed, leading to a higher photocurrent.

3.3. PEC biosensing Application for GSH

On the basis of photoelectrochemical performance, the application of the fabricated Pt-IrO$_2$/TiO$_2$NTs/Ti for detection of GSH was investigated. The electrode was kept in PBS at +0.3 V bias voltage under UV illumination for 5 min as pretreatment, and then the positive photocurrent was detected in the presence of GSH in PBS. As shown in Figure 5, the photocurrent increased with the addition of GSH under illumination, fitted with the Langmuir curve. The inset presented in Figure 5 shows that the photocurrent response of the Pt-IrO$_2$/TiO$_2$NTs/Ti biosensor was proportional to GSH concentration in the range of 1-10 $\mu$M with the regression equation of $I-I_0(\mu A) = 2.505 + 54.171C_{GSH}(\mu M)$ ($R^2 = 0.9932$) (I represents the photocurrent obtained in the presence of GSH, and $I_0$ is the blank photocurrent). The detection limit (LOD) of the sensor can be obtained from the formula LOD = 3 $S_b/S$ ($S_b =$ standard deviation of blank signal, $S =$ sensitivity), and the calculated value was 0.8 $\mu$M.
**Figure 5.** The curve of Pt-IrO$_2$/TiO$_2$NTs/Ti for the detection of different concentrations for GSH.

Scheme 2 illustrates the PEC process for GSH detection by Pt-IrO$_2$/TiO$_2$NTs/Ti biosensor. Under the illumination of UV light, electron-hole pairs were generated in TiO$_2$. Due to the Schottky barrier at the Pt/TiO$_2$ interface, electrons moved from TiO$_2$ electrode to Pt. Simultaneously, the photoinduced holes were taken by IrO$_2$, and then oxidized GSH to GSSG.

**Scheme 2.** Schematic illustration of the PEC process for GSH detection by Pt-IrO$_2$/TiO$_2$NTs/Ti biosensor.

Table 1 summarizes the comparison of analytical performance of various GSH biosensors. The Pt-IrO$_2$/TiO$_2$NTs/Ti biosensor had a relatively reasonable linear range in 1-10 µM. Compared with other non-enzymatic sensors, Pt-IrO$_2$/TiO$_2$NTs/Ti was sensitive and could be used at relatively low GSH concentrations. Though enzymatic sensors offer high sensitivity, non-enzymatic sensors are widely recognized for their good advantages of simple operation, lack of need for expensive equipment, and high stability. The stability of the Pt-IrO$_2$/TiO$_2$NTs biosensor was tested by measuring photocurrent response after 30 days (see Supplementary Figure S1). The photocurrent did not decrease significantly, indicating that the electrode’s good stability for GSH detection. This should contribute to the good stability of Pt and IrO$_2$ on TiO$_2$NTs/Ti electrodes.

**Table 1.** Comparison of various GSH sensors.

| GSH Biosensor                      | Linear Range (µM) | Detection Limit (µM) | Ref.     |
|-----------------------------------|-------------------|----------------------|---------|
| Non-enzymatic sensor              |                   |                      |         |
| Pt-IrO$_2$/TiO$_2$NTs/Ti          | 1–10              | 0.8                  | This work |
| Cu$_2$O/ZnO                       | 1–10 and 20–100   | 0.8                  | [48]    |
| GR-CdS/ITO                        | 10–1500           | 3                    | [49]    |
| rGO/ZnO                           | 10–200            | 2.17                 | [50]    |
| Porphyrin-Functionalized TiO$_2$-ITO | 50–2400          | 30                   | [16]    |
| Enzymatic sensor                  |                   |                      |         |
| IrO$_2$-Hemin-TiO$_2$ nanowire arrays | 0.01–10         | 0.01                 | [17]    |
In summary, a PEC sensor for GSH was designed using Pt-IrO$_2$/TiO$_2$NTs/Ti as an electrode. Pt and IrO$_2$ were evenly distributed on TiO$_2$NTs/Ti. Due to the synergistic effects of Pt and IrO$_2$, the Pt-IrO$_2$/TiO$_2$NTs/Ti electrode exhibited an apparent and stable photocurrent signal compared with the TiO$_2$NTs/Ti or the mono-modified ones. The photocurrent signals of the Pt-IrO$_2$/TiO$_2$NT/Ti biosensor was linear to GSH concentration in the range of 1–10 μM. Other kinds of modified TiO$_2$NTs/Ti electrodes which may exhibit high PEC sensitivity under visible light are anticipated.

Supplementary Materials: The following are available online at http://www.mdpi.com/2079-4991/10/3/522/s1, Figure S1: The curve of Pt-IrO$_2$/TiO$_2$NTs/Ti (after 30 days) for the detection of different concentrations for GSH.

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