Research Article

Investigation of the Allelopathic Effect of *Matricaria chamomilla* L. Parts’ Aqueous Extracts on Germination and Seedling Growth of Two Moroccan Varieties of Durum Wheat

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The phenomenon of allelopathy has been known for more than 2000 years. This phenomenon consists of the chemical interference of plant species (or other organisms), by enhancing, or inhibiting, the germination, seedling growth, or development of other plant species (or other organisms). This paper aimed to investigate the allelopathic potential of the aqueous extract of different parts of *Matricaria chamomilla* L. on germination parameters (radicle, coleoptile length, and dry weight) of two Moroccan varieties of durum wheat. Chamomile extracts from leaves, roots, or flowers at concentrations of 50 and 100 g·L⁻¹ were prepared and applied to wheat durum seeds. The control group was given distilled water. In both studied varieties of durum wheat, only flowers’ aqueous extracts showed a significant positive allelopathic effect by increasing the studied parameters, while leaves and roots from chamomile showed an inhibiting potential on germination and seedling growth in varieties riad and kanakis.

1. Introduction

Durum wheat (*Triticum turgidum* L. subsp. durum (Desf.) Husn.) is an allotetraploid (2n = 4x = 28 chromosomes; genome formula MMUU), resulting from the intergeneric hybridization and polyploidization of two species of the Poaceae family, *Triticum urartu* and *Aegilops speltoides* [1]. Durum wheat is considered as a minor cereal crop, with about 5% of wheat crop production, which, in 2019, has surmounted 760 million tons [2]. In Morocco, late rainfall delayed planting followed by adverse weather conditions, particularly elevated temperatures from January to March, affected crop growth, and reduced production (4.02MT in 2020), and recent data collected from the FAO outline a decline in wheat production (in which durum) of 25.4% compared to 2019 and almost 50% compared to the 5-year average [3]. Weeds are responsible for heavy yield losses in wheat because of their competition for water, nutrients, and light, as well as for their phytochemicals interference with wheat, posing a significant biological constraint to crop productivity [4]. The interactions between plants is called “Allelopathy,” which has been defined as the direct or indirect, detrimental or beneficial effects of one plant on another through the production of chemical compounds that escape into the environment, through leaching, root exudation, volatilization, and decomposition of plant residues [5]; as a result, it plays a significant role in plant dominance, succession, plant populations and climax vegetation development, and crop production [6, 7]. The substances involved in this biological phenomenon are plant
allelochemicals [8]. The stimulating allelopathic effects of any plant on the other plant could be used to produce “green growth promoters” [9], as well as using them for their potential uses in agriculture as weed control agents “bioherbicides” [10].

Allelopathy is indeed a recent branch of plant biology, and there is very little work carried out on the allelopathic potential of Moroccan flora on crops. 

Matricaria chamomilla L., also known as German Camomile, is a flowering plant that belongs to the Asteraceae family, native to Europe and Asia and also found in Australia and North America, North Africa, and New Zealand [11]. In crop rotation, volunteer camomile seeds are a major issue. Following harvest, a lot of grain remains on the field and germinates throughout the subsequent cultivation. Therefore, it is crucial to have a following crop tolerant to allelochemicals produced by camomile. Throughout this short communication, we investigate the allelopathic effect of M. chamomilla aqueous extracts of various parts on seed germination and seedling growth of two Moroccan durum wheat varieties, namely, kanakis and riyad.

2. Materials and Methods

2.1. General Procedure. The experiment was carried out at the Department of Biology, Faculty of Sciences, Mohammed First University of Oujda, from September to November 2020. The two certified durum wheat (Triticum turgidum L. subsp. durum (Desf.) Husn.) varieties used in this study, kanakis and riyad, were given by the ONSSA (Office of Sanitary Safety of Food Products).

2.2. Plant Harvest. Matricaria chamomilla L. plants were collected from fields (34°43′N 1°56′W, 539 m altitude) in Oujda-Angad Province, Oujda City, Morocco, and have been taxonomically identified and registered under the voucher specimen number HUMPOM***.

2.3. Preparation of the Aqueous Extracts. In order to obtain the aqueous extracts of different Chamomile parts, plants were separated into flowers, leaves, and roots and then dried at room temperature for 5 days. The dried parts were grounded, decoc in distilled water, and filtrated, and the filtrates were placed in the oven at 40°C for 24 h to evaporate water and obtain the extracts in a powder form as reported in [12, 13], with slight modifications. Aqueous extracts of different concentrations were prepared as follow: 50 and 100 g of dried powder of each plant were soaked for 24 h in 1 L of sterile distilled water at room temperature. Aqueous extracts were stored at 4°C.

2.4. Bioassays in the Laboratory

2.4.1. Sterilisation of Test Plants (Seeds). Experiments were executed following the internationally accepted guide for seed testing [14]. Four hundred and twenty seeds of each durum wheat cultivar were surface sterilized in 1:20 dilution of commercial hypochlorite bleach for 10 min and rinsed with distilled water several times, and then, the seeds were allowed to soak for 2 h on moistened paper towels.

2.4.2. Seed Germination and Seedling Growth Bioassays. Sterile filter papers (Whatman No. 1) containing seeds (10 per plate) were placed in each sterilized 9 cm Petri plates. 10 mL of each extract solution mentioned above was added. Sterile distilled water was used as a control, and each treatment has been replicated 3 times. Plants were grown at constant temperature (25 ± 1°C) with a 16 h/8 h (light/dark) cycle for 7 days. During these tests, no fungal contaminations have been detected. Towards the end of the testing period, the germination and seedling growth parameters, in particular radicle and coleoptile lengths with ImageJ software and seedling dry weight with a precision balance, were recorded and germination indices were calculated, namely, Mean Germination Time (MGT), T50, seedling vigour index, and the allelopathic index (AI).

2.5. Data Analysis. The following indexes were evaluated:

(i) Percentage of final germination (G%), calculated as in (1), where N is the sum of seeds and Nc is the number of germinated seeds at the end of the experiment duration:

\[
GR(\%) = \frac{N_c}{N} \times 100, \quad (1)
\]

(ii) Mean Germination Time (MGT), calculated using equation (2), as described by [15]:

\[
MGT = \frac{\sum_{i=1}^{k} n_i t_i}{\sum_{i=1}^{k} n_i}, \quad (2)
\]

where \(n_i\) and \(t_i\) are consecutively the numbers of newly germinated seeds in the last time and the time from the beginning of the experiment to the last observation; \(k\) = last time of germination.

(iii) \(T_{50}\) or time required for the germination of 50% of seeds, following the formula in [16] modified in [17], computed as follows:

\[
T_{50} = \left[ \frac{(N/2) - n_i}{(n_i - n_j)} (t_i - t_j) \right], \quad (3)
\]

where \(N\) is the final emergence number and \(n_i\) and \(n_j\) are the sum number of seeds germinated by neighbouring counts at \(t_i\) and \(t_j\) times, respectively, when \(n_i < N/2 < n_j\).

(iv) We defined an allelopathic index (AI) to reflect the intensity of the allelopathic effect. AI was calculated according to the work of Luo et al. [18], as follows:

\[
AI(\%) = \left[ \frac{(G_i - G_c)}{G_c} \right] \times 100, \quad (4)
\]
where $G_i$ is the germination rate in extract concentration $i$ and $G_c$ is the germination rate of the control (given sterile distilled water). An $AI < 0$ reflects a negative allelopathic effect of chamomile extracts on seed germination, and an $AI > 0$ value indicates a promoting effect on the germination, while the absolute value of $AI$ indicated the allelopathic intensity.

2.6. Statistical Analysis. All the experiments were performed in a completely randomized design. The data were subjected to one-way analysis of variance and were presented as mean ± SEM (Standard Error of the Mean) and separated at $p < 0.05$, $p < 0.01$, and $p < 0.001$ applying Dunnett’s test. The statistical analysis was conducted using GraphPad Prism version 5.01 software.

3. Results and Discussion

The aqueous extracts of flowers, leaves, and roots of $M. chamomilla$ have been evaluated at 50 and 100 g·L$^{-1}$, for their allelopathic potential on germination (Table 1) and seedling growth parameters (Table 2) of two varieties of durum wheat in Morocco. The allelopathic effects of $M. chamomilla$ on germination percentage, mean germination time (MGT), time required for the germination of 50% of seeds ($T_{50}$), and seed vigour index (SVI) are shown in Table 1.

For the kanakis variety, germination of the control (0 g·L$^{-1}$) was 95%. Application of flowers’ extracts had a slight stimulatory effect but it did not show any significant difference, while the application of leaves’ aqueous extract at a dose of 100 g·L$^{-1}$ and roots at both doses had an inhibitory effect on germination with 65, 70, and 48.34%, respectively. For the riyad variety, same effects were noticed (except for effect on germination with 65, 70, and 48.34%, respectively. A similar effect was noticed for leaves at 50 g·L$^{-1}$, a significant inhibitory effect was also observed). The effect of chamomile parts’ aqueous extracts on germination was more pronounced in riyad than that seen in the kanakis variety (Table 1). Germination reduction is the most apparent allelopathic action in allelopathy bioassays [19, 20].

In both kanakis and riyad varieties of durum wheat, a marked effect is, thus, noted regarding the mean germination time and time required for the germination of 50% of seeds, the highest detrimental effect was observed in the 100 g·L$^{-1}$ flowers group with 100%, and the lowest one was recorded in the 100 g·L$^{-1}$ roots group (48.3%).

From these results, it was found that root extracts prolonged the germination time of both varieties.

The data on the allelopathic effect of different parts of $M. chamomilla$ on germination, radicle, and coleoptile length of durum wheat varieties (kanakis and riyad) are expressed in Table 2.

Seed germination has been impaired by the inhibitory influence of extracts from fresh $M. chamomilla$ plant leaves and roots solutions, while flower solutions did not affect wheat germination ($p > 0.05$). The intensity of inhibition improved with the concentration of the extract. Leaf and root extracts (at both concentrations, 50 and 100 g·L$^{-1}$) have substantially decreased germination compared with the control (distilled water) in kanakis and riyad varieties. These results are supported by those of Chung and Miller, 1995 [21].

For the development of coleoptiles, it turned out that all the extracts from leaves, flowers, and roots have a significant effect on the kanakis variety ($p < 0.001$), while for the riyad variety, no significant difference in coleoptile lengths was noticed for flowers treated seeds in both concentrations. Radicle length was affected similarly as coleoptile length, in kanakis variety as well as in riyad variety with a slight improvement in the kanakis variety at the highest concentration (100 g·L$^{-1}$) of flowers. The different parts of $M. chamomilla$ and their extracts had a significant impact on seedling dry weight in the studied durum wheat varieties. The highest seedling dry weights 61.84 mg and 67.35 mg were recorded when using (100 g·L$^{-1}$) of flowers extract, and the lowest 29.18 mg and 28.14 mg were remarked when using the highest concentration of roots (100 g·L$^{-1}$) in the kanakis and riyad variety, respectively.

The allelopathic index was calculated to unveil the unknown allelopathic effects of treatments versus control (treated only with distilled water) [22]. Figure 1 represents the allelopathic index of kanakis (Figure 1(a)) and riyad (Figure 1(b)) varieties.

For kanakis (Figure 1(a)), it was found that flowers’ aqueous extract at 50 and 100 g·L$^{-1}$ have a positive allelopathic index with 17.74 and 22.46%, respectively. A similar effect was noticed for leaves at 50 g·L$^{-1}$, while for the second dose (100 g·L$^{-1}$), no significant change was noted versus control. Roots were the most detrimental at both doses with a negative allelopathic index of $-17.48$ and $-24.92\%$, respectively, with the doses 50 g·L$^{-1}$ and 100 g·L$^{-1}$.

It was noticed that flowers (at the tested doses) did not show any inhibitory or promoting effect on the riyad variety (Figure 1(b)). For leaves and unlike the kanakis variety, they exhibit a negative allelopathic effect for 100 g·L$^{-1}$ while the 50 g·L$^{-1}$ dose did not affect significantly the allelopathic index ($p > 0.05$). Similarly, to kanakis, the effect of roots from $M. chamomilla$ was well pronounced in the riyad variety, with $-31.30\%$ for the dose 50 g·L$^{-1}$ and $-36.00\%$ for 100 g·L$^{-1}$.

These results suggest that the riyad variety is more sensitive to the interaction with $M. chamomilla$ leaves and roots, than the kanakis variety.

Root extract was the most inhibitory at all extracts, while the extract of leaves was the least inhibitory. The results found in this study are inconsistent with those in [20], where it was reported that the most inhibitory effect of allelopathic plants was produced by root extracts. Our findings confirmed chamomile’s allelopathic effect, demonstrating that aqueous extracts from the leaves and roots of $M. chamomilla$ had a significant inhibitory effect on durum wheat germination and seedling growth. A study conducted by Reichling et al. revealed that root oil contains numerous compounds such as linalool, geraniol, β-elemene, (E)-β-farnesene, α-farnesene, spathulenol, γ-cadinol, γ-muurolol, β-carophyllene, and chamomilol [23]. In addition, several phytochemical studies on the aerial parts revealed a huge...
The kanakis variety was more susceptible to autotoxic elongation, protein synthesis, and respiration. The synthesis and/or activities of gibberellic acid are responsible for this negative allelopathic interference. The phytotoxic compounds and the mechanisms possibly contain phytotoxic compounds, and the mechanisms possibly the aerial parts. The probable mechanisms known for their allelopathic effect are the inhibition of the synthesis and/or activities of gibberellic acid and other endogenous hormones, cell division and elongation, protein synthesis, and respiration. The kanakis variety was more susceptible to autotoxic allelochemicals than the riyad variety. Previous research has found that the allelopathic activity is dependent on the concentration of the extract, the target organisms, and the plant tissues from which the chemicals are extracted.

Chamomile leaves and roots aqueous extracts adversely affect seed germination and seedling growth of two varieties of durum wheat that are commonly intercropped with chamomile. The phytotoxicity of chamomile, according to this study, may be classified in the following order of decreasing inhibition: roots > leaves > flowers. In conclusion, Matricaria chamomilla L. must be considered as an allelopathic species posing risk in a rotation or intercropping or mixed cropping systems.

### Table 1: Effects of Chamomile aqueous extracts on seedling growth of the durum wheat kanakis and riyad variety.

| Chamomile parts | E.C (g-L⁻¹) | Flowers | Leaves | Roots |
|----------------|------------|---------|--------|-------|
|                |            | 95.00 ± 1.67 | 4.26 ± 0.01 | 3.70 ± 0.20 |
| 50             | 96.67 ± 0.00 | 3.62 ± 0.0** | 3.13 ± 0.0** |
| 100            | 100.00 ± 0.00 | 3.48 ± 0.0** | 3.07 ± 0.14 ns |
| 50             | 81.67 ± 1.66 ns | 3.75 ± 0.03* | 3.13 ± 0.20 ns |
| 100            | 65.00 ± 8.33** | 4.34 ± 0.12 ns | 3.84 ± 0.04 ns |
| 50             | 50.00 ± 3.33** | 5.16 ± 0.01*** | 4.92 ± 0.25 ns |
| 100            | 48.34 ± 1.66*** | 5.68 ± 0.18*** | 5.65 ± 0.55** |

Note: data are expressed as mean ± SEM, n = 30, ns: not significant; *p < 0.05; **p < 0.01; ***p < 0.001. E.C: extract concentration germination time (MGT), T50, and seed vigour index (SVI) of the studied varieties.

### Table 2: Effects of chamomile aqueous extracts on seedling growth of the durum wheat kanakis and riyad variety.

| Camomile parts | E.C (g-L⁻¹) | Coleoptile length (mm) | Radicle length (mm) | Dry weight per seedling (mg) |
|----------------|------------|------------------------|---------------------|-----------------------------|
| Flowers        | 0          | 31.65 ± 0.71           | 31.38 ± 0.65        | 53.94 ± 2.06               |
| 50             | 38.40 ± 0.66*** | 35.89 ± 0.86**        | 52.24 ± 2.12 ns    |
| 100            | 42.45 ± 0.87*** | 41.10 ± 0.98***       | 61.84 ± 1.16**     |
| 50             | 24.30 ± 1.22*** | 27.06 ± 1.29*         | 47.49 ± 2.19 ns    |
| 100            | 22.32 ± 1.33*** | 25.18 ± 1.46***       | 42.74 ± 1.60**     |
| 50             | 20.82 ± 1.10*** | 17.28 ± 1.13***       | 34.25 ± 1.90**     |
| 100            | 14.97 ± 0.94*** | 10.83 ± 0.99***       | 29.18 ± 2.10**     |
| Flowers        | 0          | 37.78 ± 0.71           | 37.63 ± 1.06        | 61.85 ± 0.66               |
| 50             | 37.14 ± 0.29 ns | 37.48 ± 1.12 ns       | 63.71 ± 0.81 ns    |
| 100            | 39.79 ± 0.64 ns | 41.80 ± 0.95*         | 67.35 ± 0.21*      |
| Flowers        | 0          | 27.23 ± 2.71**         | 32.54 ± 0.74**     | 57.34 ± 0.07*              |
| 50             | 20.34 ± 2.17*** | 29.14 ± 0.89***       | 55.59 ± 0.97**     |
| 100            | 19.93 ± 1.05*** | 17.28 ± 1.13***       | 44.11 ± 1.45**     |
| Flowers        | 0          | 12.23 ± 1.33***        | 10.83 ± 0.99***    | 28.14 ± 1.51***            |

Note: data are expressed as mean ± SEM, n = 30, ns: not significant; *p < 0.05; **p < 0.01; ***p < 0.001. E.C: extract concentration.
4. Conclusions

In this investigation, we were able to observe that the behaviour of durum wheat changed according to chamomile’s different parts in a dose-dependent manner. This study investigates for the first time the effect of *M. chamomilla* on germination and seedling growth of durum wheat in Morocco. Further research should be carried out to isolate the allelopathic compounds and to reveal the physiological and biochemical aspects behind this remarked interference.

Data Availability

The data used to support the findings of this study are available from the corresponding author upon request.

Conflicts of Interest

The authors declare no conflicts of interest regarding the publication of this paper.

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