Complex hydrides as thermal energy storage materials: characterisation and thermal decomposition of Na$_2$Mg$_2$NiH$_6$†

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Complex transition metal hydrides have been identified as being materials for multi-functional applications holding potential as thermal energy storage materials, hydrogen storage materials and optical sensors. Na$_2$Mg$_2$NiH$_6$ (2Na$^+$·2Mg$^{2+}$·2H$^-$·[NiH$_4$$^{4-}$]) is one such material. In this study, the decomposition pathway and thermodynamics have been explored for the first time, revealing that at 225 °C, hydrogen desorption commences with two major decomposition steps, with maximum H$_2$ desorption rates at 278 and 350 °C as measured by differential scanning calorimetry. The first step of decomposition results in the formation of Mg$_2$NiH$_x$ (x < 0.3) and NaH, before these compounds decompose into Mg$_2$Ni and Na, respectively. PCI analysis of Na$_2$Mg$_2$NiH$_6$ has determined the thermodynamics of decomposition for the first step to have a $\Delta H$ of 83 kJ mol$^{-1}$ H$_2$ and 140 J K$^{-1}$ mol$^{-1}$ H$_2$, respectively. Hydrogen cycling of the first step has been achieved for 10 cycles without any significant reduction in hydrogen capacity, with complete hydrogen desorption within 20 min at 395 °C. Despite the relatively high cost of Ni, the ability to effectively store hydrogen reversibly at operational temperatures of 318–568 °C should allow this material to be considered as a thermal energy storage material.

One of the first CTMHs to be characterised was Mg$_2$NiH$_4$, in 1968. This material was reported to reversibly absorb and desorb hydrogen into the alloy of Mg$_2$Ni with an enthalpy and entropy of desorption ($\Delta$H$_{des}$) of 64 kJ mol$^{-1}$ H$_2$ and ($\Delta$S$_{des}$) of 122 J K$^{-1}$ mol$^{-1}$ H$_2$ (eqn (1)). In fact, upon decomposition, Mg$_2$NiH$_4$ proceeds through a Mg$_2$NiH$_{0.3}$ + 1.85H$_2$ (3.35 wt% H$_2$) phase as hydrogen is also dissolved in the Mg$_2$Ni lattice.

Mg$_2$NiH$_4$ ⇔ Mg$_2$NiH$_{0.3}$ + 1.85H$_2$ (3.35 wt% H$_2$) (1)

The initial study of Mg$_2$NiH$_4$ has fuelled a prolific interest in CTMHs and has led to the substitution of an array of metal centres for Ni in the complex anion (i.e. [NiH$_4$$^{4-}$]) with many examples found in the literature: [FeH$_4$$^{4-}$], [CoH$_3$$^{4-}$], [RuH$_4$$^{4-}$], [OsH$_4$$^{4-}$], [IrH$_3$$^{4-}$] and [PDH$_4$$^{4-}$]. These materials have been extensively characterised, with several crystal structures determined using both neutron and X-ray diffraction (XRD). In addition, their thermodynamics have been determined by pressure-composition-isotherm (PCI) experiments, differential scanning calorimetry (DSC) and thermogravimetric analysis (TGA); while vibrational and nuclear magnetic resonance (NMR) spectroscopies have also been explored.

In the simplest compositions of these systems, all hydrogen atoms are bonded to the transition metal center T resulting in the chemical formula $M_m^{4+}$[TH$_n$$^{3-}$] (T = 3d, 4d, 5d elements; M = alkali, alkali-earth and rare-earth elements; m, n = 1, 2,
3, ...). The crystal structure of the archetypal compound, Mg$_2$NiH$_4$, consists of a Ni atom, coordinated by a distorted tetrahedron of four hydrogen atoms, forming the [NiH$_4$]$^{4-}$ anion. This anion is thus stabilised within a distorted cubic array of Mg$^{2+}$ cations. The room temperature polymorph of Mg$_2$NiH$_4$ resides in the monoclinic space group C2/c with $a = 14.343(5)$ Å, $b = 6.4038(10)$ Å, $c = 6.4830(13)$ Å and has an average Ni–D bond distance of 1.53(2) Å. A transformation to a high temperature polymorph occurs in the range of 210–245 °C, and has been determined to crystallise in a pseudo-CaF$_2$-type structure with $a = 6.490$ Å. These polymorphs have undergone a plethora of studies to understand their true physical properties, which have recently been detailed in a review article.

To date there are eight known compounds incorporating the [NiH$_4$]$^{4-}$ complex anion including MMgNiH$_4$ (M = Mg, Sr, Eu, Ca, Yb),$^{4,17,20}$ Na$_2$Mg$_2$NiH$_7$, $^{21,22}$ LaMg$_2$NiH$_7$, $^{23,24}$ La$_2$Mg$_3$NiH$_{18}$, $^{23}$ MMgNiH$_4$ (M = Sr, Eu, Ca, Yb) are isostructural, crystallising in the cubic space group Pmna. As observed with Mg$_2$NiH$_4$, the [NiH$_4$]$^{4-}$ is coordinated by a distorted cube of two Mg$^{2+}$ and two Mg$^{2+}$ atoms. LaMg$_2$NiH$_7$ and Na$_2$Mg$_2$NiH$_4$ represent a class of materials in which the [NiH$_4$]$^{4-}$ is coordinated by an array of M (M = La, Na, Mg) cations, but are seen as a link between ‘interstitial’ and ‘complex’ metal hydrides due to the inclusion of quasi-isolated H$^{-}$. $^{14,24}$

Na$_2$Mg$_2$NiH$_6$ (2Na$^+$·2Mg$^{2+}$·2H$^-$·[NiH$_4$]$^{4-}$) was first synthesised in 2007, and the structure, elucidated from neutron-diffraction data, exists in the orthorhombic space group Pnma. In 2009, the structure was revised using ab initio structure analysis, along with newly collected diffraction data. Although the space group, Pnma, was originally correct, the lattice parameters were revised to be $a = 11.433(1)$ Å, $b = 8.4433(8)$ Å, $c = 5.4180(7)$ Å, along with an alteration in the description of the overall structure. As such, the [NiH$_4$]$^{4-}$ is surrounded by two Na$^+$ and two Mg$^{2+}$ ions (Fig. 1a), while the quasi-isolated H$^-$ ions are coordinated four-fold by 2Mg$^{2+}$ and 2Na$^+$ ions (Fig. 1b). In the deuterated version of this compound, the average Ni–D distance is 1.61(2) Å, which is significantly longer than that of Mg$_2$NiD$_4$, indicating the mutual contribution of both countercations on the [NiD$_4$]$^{3-}$. $^{25}$ Overall, the structure of Na$_2$Mg$_2$NiH$_6$ can be described as a stacking of (NaMgH$_3$)$^+$ and (NaMgNiH$_4$)$^-$ slabs (Fig. 1c).$^{22}$

The synthesis of Na$_2$Mg$_2$NiH$_6$ was previously achieved by first synthesising Mg$_2$NiH$_4$ from the hydrogenation of Mg$_2$Ni at 200 °C. $^{22}$ The product was then mixed in a 1:2 ratio with NaH and ground to a fine powder in an agate mortar, compacted to pellets, put into a steel crucible, and sintered in an autoclave at 300–315 °C under 50 bar H$_2$ for 24 h.

The decomposition pathway of Na$_2$Mg$_2$NiH$_6$ has not been elucidated and hence neither have the thermodynamics of decomposition. To date, only four [NiD$_4$]$^{3-}$ complexes have been thermodynamically characterised: Mg$_2$NiH$_4$, LaMg$_2$NiH$_7$, YbMgNiH$_4$ and CaMgNiH$_4$, each with a $\Delta H_{\text{des}}$ of 64.4, 94, 111 and 129 kJ mol$^{-1}$ H$_2$, respectively (Table 1).$^{13,19,20,21}$ It was originally understood that these values are not directly related to the electronegativity of the M atom, instead that the thermal stability is governed considerably by the $\Delta H_f$ of the corresponding binary hydride (Table 1). $^{26}$ Overall, the average electronegativity of the cation, $\chi_a$ (Allred–Rochow scale) appears to have a stronger influence on the stability of the complex than the stability of the corresponding binary hydride. $^{27}$ The average $\chi_a$ of Mg$_2$NiH$_4$, LaMg$_2$NiH$_7$, YbMgNiH$_4$ and CaMgNiH$_4$ are 1.23, 1.18, 1.15 and 1.14, which is inversely proportional to the $\Delta H_{\text{des}}$ of the complexes (i.e. Mg$_2$NiH$_4$ < LaMg$_2$NiH$_7$ < YbMgNiH$_4$ < CaMgNiH$_4$).

The decomposition pathway of Na$_2$Mg$_2$NiH$_6$ is studied for the first time in this research. It is anticipated that Na$_2$Mg$_2$NiH$_6$ will decompose in a two-stage process via the formation of a binary hydride (NaH), as observed in other CTMHs (eqn (2) and (3)).$^{4,13,19,20,21}$ The decomposition pathway has been studied in detail using in situ synchrotron powder X-ray diffraction (SR-XRD) and simultaneous DSC-TGA-MS (DSC-TGA-mass spectrometry) and the thermodynamics of the decomposition process have been determined by PCI measurements. The determination of the decomposition pathway and thermodynamic measurements will ultimately identify the feasibility of this material for technological applications. The synthesis method of Na$_2$Mg$_2$NiH$_6$ has also been optimised allowing for facile manufacturing of this powder for future applications.

$$\text{Na}_2\text{Mg}_2\text{NiH}_6 \rightarrow \text{Mg}_2\text{NiH}_4 + 2\text{NaH} + (2 - x)\text{H}_2 (x < 0.3, > 2.15 \text{ wt\% H}_2)$$ (2)
Experimental

All handling of chemicals and sealable milling canisters was undertaken in an argon-atmosphere Mbraun Unilab glovebox in order to minimise oxygen (O₂ < 1 ppm) and water (H₂O < 1 ppm) contamination. To synthesise Na₂Mg₂NiH₆, two methods were employed. The majority of the material used in this study employed the two-step synthesis method which entailed the ball-milling of NaH (95%, Sigma-Aldrich), MgH₂ (hydrogen storage grade, Sigma-Aldrich) and Ni powder (99.8%, Sigma-Aldrich) in a stoichiometric ratio of 2 : 2 : 1. Following milling, the samples were generally annealed under a H₂ pressure of 50 bar at 315 °C for 20 h. Ball milling was conducted inside an Across International Planetary Ball Mill (PQ-N04) employing tempered steel vials and balls in an Ar atmosphere. A ball-to-powder mass ratio of 40 : 1 was employed, with a total milling time of 5 h (15 min milling and 5 min pause) at a speed of 450 rpm.

The four-step synthesis method, adapted from previous reports, involved the milling of MgH₂ (hydrogen storage grade, Sigma Aldrich) and Ni powders at a molar ratio of 2 : 1 for 2 h at 400 rpm (ball-to-powder ratio 40 : 1), under argon using a Fritsch Pulverisette 7. The pelleted powder was then annealed at 300 °C for 20 h under 3 bar H₂. The resultant brick-red powder was then ball-milled with NaH (95%, Sigma Aldrich) at a molar ratio of 1 : 2 for 20 h under argon with subsequent heat treatment of the pelleted powder at 300 °C for 20 h under 60 bar H₂. The final product was as an olive-green powder.

Ex situ powder X-ray diffraction (XRD) was performed using a Bruker D8 Advance diffractometer (λ = CuKα radiation) utilising XRD sample holders covered with a poly (methylmethacrylate) (PMMA) airtight dome to prevent oxygen/moisture contamination during data collection. The PMMA airtight dome results in a broad hump in XRD patterns centred at ~20° 2θ. Data was acquired over a 2θ range of 20–80°, with step size of 0.02° and count time of 1 s per step. In situ synchrotron powder X-ray diffraction (SR-XRD) was performed at the Australian Synchrotron in Melbourne, Australia. The annealed powder was loaded in a borosilicate capillary (outer diameter 0.7 mm, wall thickness 0.01 mm) while inside a glove box, and mounted using a graphite ferrule to a sample holder constructed from Swagelok tube fittings. The sample holder was then connected to a H₂ gas filling/vacuum manifold and the capillary heated with a hot air blower with a heating rate of 5 °C min⁻¹ and under a 1 bar H₂ atmosphere. One-dimensional SR-XRD patterns (monochromatic X-rays with λ = 0.15418 nm) were continuously collected using a Mythen microstrip detector with an exposure time of 27 s. The capillary was continuously oscillated through 120° during exposure to improve the powder averaging and ensure even heating. Diffraction patterns were quantitatively analysed with the Rietveld method using TOPAS (Bruker-AXS).

The hydrogen sorption properties were examined by measuring PCTs between 370 and 450 °C with a computer controlled Sieverts/volumetric apparatus previously described. The digital pressure transducer (Rosemount 3051S) has an accuracy of 0.15%, whilst room temperature measurements were recorded using a 4-wire platinum resistance temperature detector (RTD). The sample temperature was monitored using a K-type thermocouple that was calibrated by the manufacturer to be accurate within 0.1 °C at 419 °C. Above ~420 °C, the permeation of hydrogen directly through the walls of the stainless-steel sample cell becomes an issue and the measured hydrogen content at each PCI data point has to be corrected for this loss. A full explanation of the correction method has previously been described in detail. The cycling experiments were carried out using a High Energy PCTpro E&E. The first decomposition was conducted by heating the sample to 315 °C under 60 bar H₂ before reducing the H₂ pressure to 0.2 bar. The temperature was then increased to 395 °C at a rate of 10 °C min⁻¹ to promote desorption. Subsequent absorption and desorption cycles were carried out as follows: after the first dehydrogenation, the H₂ pressure and temperature were reduced to 0.2 bar and 315 °C, respectively. The hydrogen pressure was then increased to 60 bar to initiate hydrogenation. The temperature was then increased to 395 °C at a rate of 10 °C min⁻¹ before reducing the H₂ pressure to 0.2 bar to initiate decomposition. This was repeated to achieve a total of 10 cycles before leaving the sample in the hydrogenated state.

2NaH → 2Na + H₂ (1.27 wt% H₂) (3)
Furthermore, 30 cycles where completed with desorption being carried out under an initial back pressure of 0.7 bar H₂ for 1 h and absorption being conducted under an initial pressure of 40 bar for 2 h at 395 °C.

DSC-TGA-MS were conducted at 10 °C min⁻¹ under an argon flow of 20 mL min⁻¹ using a Mettler Toledo TGA/DSC 1 coupled with an Omnistar MS. Mass to charge ratios (m/e–m) ranging between 2 and 100 were followed up at a temperature of 400 °C. The instrument was operated within an Ar filled glovebox to avoid contamination during sample handling. The temperature accuracy of this instrument is ±0.2 °C, while the balance has an accuracy of ±20 μg.

Results and discussion

Thermal decomposition experiments

SR-XRD (Fig. 2) of the two-step synthesised olive-green powder was analysed by Rietveld refinement and the lattice parameters were determined to be a = 11.4255(4) Å, b = 8.4413(3) Å, and c = 5.4154(2) Å; in excellent agreement with a = 11.4297(3) Å, b = 8.4430(2) Å and c = 5.4197(1) Å previously determined by neutron diffraction (space group Pmm). Further, quantitative analysis determined that the synthesised material consisted of Na₂Mg₂NiH₆ (76.2(3) wt%), MgNi₂ (12.1(2) wt%), NaMgH₃ (7.3(1) wt%) and NaH (4.4(1) wt%). This is also in close agreement with the four-step synthesis strategy imposed previously.

Overall, the two-step method (eqn (4) and (5)) is highly efficient with regards to synthesis time and product purity compared to the previously reported four-step method (eqn (5) and (6)).

$$\text{2NaH} + \text{2MgH}_2 + \text{Ni} \xrightarrow{(1) \text{BM}, 450 \text{rpm}, 5h} \text{Na}_2\text{Mg}_2\text{NiH}_6 \quad (4)$$

Apart from the report of the original synthesis² of Na₂Mg₂NiH₆ and the subsequent structure determination by powder neutron diffraction,²² no further experimental studies have been published concerning this material. It is particularly interesting that the decomposition pathway of this compound has not been determined considering the attention its analogue, Mg₂NiH₄, has received as a hydrogen storage material.⁴¹–⁴³ In this research, initial studies of the decomposition pathway for Na₂Mg₂NiH₆ were carried out by in situ SR-XRD experiments. These experiments allow for the identification of all crystalline species that are present or evolve during decomposition, while simultaneously determining the temperatures at which these processes occur. Fig. 3 illustrates the in situ heating experiment, performed under 1 bar of H₂ back pressure, in which the composition of all the crystalline phases were determined as a function of temperature. It is evident that Na₂Mg₂NiH₆ undergoes decomposition in a two-step process which begins at ~280 °C. As the intensity of the crystalline Na₂Mg₂NiH₆ phase declines, the quantity of the MgNi₂, NaH and NaMgH₃ phases begin to increase, while Mg₄Ni is observed for the first time at ~320 °C. Above 340 °C, transient NaMgH₃ and MgNi₂ begin to decrease while Na₂Mg₂NiH₆ can no longer be observed. By ~360 °C, NaMgH₃ has been totally consumed, whereas the other species, including NaH remain throughout the experiment (Fig. 3 and S1†). Interestingly, PCI analysis does not show an equilibrium plateau for NaMgH₃, ex situ XRD diffraction does not exhibit Bragg peaks for NaMgH₃, and DSC-TGA-MS only shows a small shoulder (each shown below).

Hence, we postulate that NaMgH₃ is a transient intermediate in the reaction. The in situ XRD experiment was stopped at ~410 °C and so the second stage of decomposition was not observed. It is anticipated that the NaH phase would leave Na metal upon decomposition.

Mg poor MgNi₂ is formed in a large quantity during the in situ SR-XRD experiment. This is in contrast to ex situ XRD results (see below) and it is therefore concluded that MgNi₂ is not normally part of the decomposition process but may merely be a by-product formed due to Mg loss. This may be attributed to the formation of amorphous/nanocrystalline MgO, which would leave Mg₂Ni unable to be formed stoichiometrically.

Upon closer inspection, it is apparent that while the decomposition of Na₂Mg₂NiH₆ follows a two-step decomposition pathway, there are also some underlying processes occurring. At ~100 °C, a distinct expansion of the lattice parameters of NaH are observed from 4.8978 to 4.9094 Å, which is especially apparent for the peak at 2θ = 16.8°. Coincidentally, an exothermic peak at 97 °C is also observed by DSC analysis without a concomitant mass loss detected by TGA (Fig. S2†). This process is associated with the dissolution of NaOH impurities into the NaH lattice. Studies have shown that as little as

$$2\text{NaH} + \text{MgNiH}_2 \xrightarrow{(3) \text{BM}, 400 \text{rpm}, 5h} \text{Na}_2\text{Mg}_2\text{NiH}_6 \quad (6)$$

Fig. 2 Room temperature SR-XRD pattern and Rietveld refinement plot of Na₂Mg₂NiH₆. Experimental data as red circles, calculated diffraction pattern as black line and the difference plot in blue. Tick marks show positions for: Na₂Mg₂NiH₆ (76.2(3) wt%), NaMgH₃ (7.3(1) wt%), MgNi₂ (12.1(2) wt%) and NaH (4.4(1) wt%), top to bottom respectively. λ = 0.824 890(1) Å, T = 27 °C.
10 mol% NaOH (w.r.t. NaH) is capable of causing up to an 11% expansion of the NaH lattice parameters. NaOH is not observed in the Na2Mg2NiH6 sample at room temperature (Fig. 2), but was detected in the NaH starting material (3.2 wt% by quantitative XRD analysis). As 30.1 wt% NaH is used as the starting material then at least 0.96 wt% NaOH would be expected in the sample, although this is close to the detection limit of X-ray diffraction, depending on crystallinity. Additional NaOH impurity may also have been introduced during handling of the sample.

Simultaneous DSC-TGA-MS measurements were carried out to determine the decomposition temperature for Na2Mg2NiH6 and to characterise the associated hydrogen evolution events, (Fig. 4). Each of the DSC, TGA and MS measurements corroborate the in situ SR-XRD data and indicate that hydrogen release occurs in a two-step process (Fig. 4a) with an initial onset temperature of ~225 °C determined by DSC (Fig. 4b and S3†). DSC measurements indicate that all hydrogen release events are endothermic, with the first exhibiting a maximum hydrogen release rate at 278 °C, with a minor shoulder at 300 °C, followed by a major release at 350 °C. These temperatures are lower than those observed by in situ SR-XRD as DSC-TGA-MS is conducted under a stream of Ar, whereas 1 bar H2 backpressure was placed on the sample during in situ SR-XRD experiments.

TGA measurements (Fig. 4c) determine that, by 400 °C, a total of 3 wt% H2 is released over only two visible mass loss events. This value is 0.8 wt% lower than the theoretical value of 3.8 wt% H2 expected for the total decomposition of Na2Mg2NiH6. As described above, quantitative XRD analysis of the material had determined a 76.2% sample purity and as such only 2.9 wt% H2 is expected to be observed, excluding other hydrogen releasing compounds that may decompose in the same temperature region. The first decomposition step (formation of NaH and 2H2) has an associated mass loss of 1.5 wt% between 250 and 315 °C, which is lower than the 2.5 wt% expected for the decomposition of Na2Mg2NiH6 (1.9 wt% expected accounting for impurities). As seen in Fig. 3b, a small quantity of NaMgH4 is formed during the first stage of decomposition and, as such, would resind some of the H2 that would be expected to desorb if decomposition were to follow a two-step pathway.

The second mass loss event releases 1.4 wt% hydrogen between 315 and 383 °C. This quantity is close to the theoretical hydrogen capacity for this step corresponding to the decomposition of 2 equivalents of NaH, although when the purity of the material is considered, only 1.1 wt% is expected. The increased capacity corresponds with the decomposition of the NaMgH4 formed and any other hydrogen containing impurity phases. In fact, when the in situ SR-XRD data is considered (Fig. 3b), at 315 °C ~10 wt% NaMgH4 was determined to be present. Taking the purity of the starting material into consideration, 1.35 wt% H2 is to be expected to be released. This accounts for the 1.4 wt% mass loss observed during the second mass loss event in the TGA measurement. This notion is corroborated by the fact that there is no definite separation between the end of the first decomposition stage and the beginning of the second mass loss event (~315 °C) by TGA (Fig. 4c), while a small shoulder is also apparent in both the DSC and MS data at 300 °C (Fig. 4 and S3†).

From the experiments carried out so far, it has been determined that the predominant decomposition pathway of Na2Mg2NiH6 is via a two-step process, where Na2Mg2NiH6 forms Na and Mg2Ni with NaMgH4 being formed as an intermediate. Further ex situ XRD data were also collected for Na2Mg2NiH6 material after it was heated to 260 and 330 °C in vacuo. These two temperatures were chosen so as to determine the decomposition products at each of the desorption events observed by TGA. A powder sample heated to 260 °C under vacuum was kept

**Fig. 3** (a) Two-dimensional in situ SR-XRD plot for Na2Mg2NiH6 and (b) phase composition of Na2Mg2NiH6 calculated by Rietveld refinement ($\Delta T/\Delta t = 5$ °C min$^{-1}$; 1 bar $H_2$, $\lambda = 0.824$ 890(1) A).
isothermal for 2 h on reaching temperature and, upon analysis by XRD, exhibited peaks for Na$_2$Mg$_2$NiH$_6$, Mg$_2$NiH$_x$ ($x \leq 0.3$), NaH and a small quantity of MgNi$_2$ (Fig. S4†). No Bragg peaks for NaMgH$_3$ were observed, which may be due to the ex situ XRD experiments being carried out in vacuo, whereas the in situ SXRD experiments being carried out under 1 bar H$_2$. This pressure may have allowed for the formation of NaMgH$_3$ which is stable at 1 bar H$_2$ pressure at 382 °C whereas it will decompose under vacuum conditions. Further heating of the material to 330 °C, under vacuum, followed by a 12 h isothermal stage yielded predominantly Mg$_2$NiH$_x$, NaH and a small quantity of MgNi$_2$. Mg$_2$NiH$_x$ was not modelled during refinement of the in situ SXRD data. This is because Mg$_2$NiH$_x$ and Mg$_2$Ni exist in the same space group (P6$_3$22) and only vary by their lattice parameters.\(^{46}\) Due to the inclusion of H in the lattice, Mg$_2$NiH$_{3.29}$ has a unit cell volume of 321.4 Å$^3$, whereas Mg$_2$Ni has a unit cell volume of 311.0 Å$^3$. The slight difference in lattice parameters ensures that it is difficult to differentiate between these species, especially when indexing diffraction data measured at high temperatures (due to thermal lattice expansion). Nevertheless, when the materials are cooled to room temperature, these compounds can be distinguished. The detection of Mg$_2$NiH$_x$ ($x \leq 0.3$) is not unexpected as it is commonly seen during studies of the related Mg$_2$NiH$_4.\(^{46}\) The Mg$_2$NiH$_x$ phases observed in the materials heated to 260 and 330 °C have room temperature unit cell volumes of 318 Å$^3$, indicating that the stoichiometry of H is closer to 0.3 than 0 and that the vestiges of H are difficult to remove from Mg$_2$Ni. The presence of this phase accounts for the reduced hydrogen capacity of the material observed during TGA measurements for the first decomposition step. Therefore, the decomposition of Na$_2$Mg$_2$NiH$_x$ can be explained as

\[
\text{Na}_2\text{Mg}_2\text{NiH}_x \rightarrow \text{Mg}_2\text{NiH}_x + 2\text{NaH} + (2-x)\text{H}_2 (x < 0.3) \quad (7)
\]

\[
2\text{NaH} \rightarrow 2\text{Na} + \text{H}_2 \quad (8)
\]

**PCI analysis**

Following the determination of the decomposition temperature of Na$_2$Mg$_2$NiH$_6$, PCI measurements were undertaken at five temperatures between 370 and 451 °C to determine the thermodynamics of the H$_2$ desorption process (Fig. 5). Only the first step of this process (eqn (7)) was measured as to inhibit the decomposition of NaH, which inevitably leads to the distillation of Na metal to cooler parts of the instrument.\(^{47-49}\) In regards to technological application, the formation of Na metal is undesirable and the thermodynamics of that process are understood.\(^{50}\) The pressure of the equilibrium plateau were measured at 0.6 wt%, which allowed for a van’t Hoff plot with a corresponding K$^2$ factor of 0.999. As a result, $\Delta H_{\text{des}}$ and $\Delta S_{\text{des}}$ were determined to be 83 ± 3 kJ mol$^{-1}$ H$_2$ and 140 ± 4 J K$^{-1}$ mol$^{-1}$ H$_2$, respectively. Assuming that Mg$_2$Ni has no thermodynamic or kinetic effect on the decomposition of NaH, then the second stage of decomposition (eqn (8)) will have a $\Delta H_{\text{des}}$ and $\Delta S_{\text{des}}$ of 117 ± 2 kJ mol$^{-1}$ H$_2$ and 167 J K$^{-1}$ mol$^{-1}$ H$_2$, respectively, based on literature data.\(^{48}\) This gives a total $\Delta H_{\text{des}}$ and $\Delta S_{\text{des}}$ of 283 ± 6 kJ mol$^{-1}$ (94.33 ± 3 kJ mol$^{-1}$ H$_2$) and 447 ± 8 J K$^{-1}$ mol$^{-1}$ (149 ± 4 J K$^{-1}$ mol$^{-1}$ H$_2$), respectively.

In regards to the analogous compound MgNiH$_4$, Na$_2$Mg$_2$NiH$_6$ is considerably more stable in terms of both enthalpy and entropy. MgNiH$_4$ decomposes to Mg$_2$Ni (eqn (1)) with a $\Delta H_{\text{des}}$ of 63 kJ mol$^{-1}$ H$_2$, while $\Delta S$ is 120 J K$^{-1}$ mol$^{-1}$ H$_2.\(^{50,51}\) The $\Delta H_{\text{des}}$ of Na$_2$Mg$_2$NiH$_6$ to Mg$_2$Ni and NaH (eqn (7) & (8)) is 31.33 kJ mol$^{-1}$ larger due to the additional stability achieved by the incorporation of Na$^+$ and H$^-$ into the compound.\(^{51,52}\) This effect has been observed previously in analogous compounds of Na$_2$Mg$_2$FeH$_6$ and Mg$_2$FeH$_6$, which have a total $\Delta H_{\text{des}}$ of 378 and 261 kJ mol$^{-1}$, respectively, or 94.5 and 87 kJ mol$^{-1}$ H$_2$, respectively.\(^{52}\) In Na$_2$Mg$_2$FeH$_6$, the decomposition to 2NaH, 2Mg and

![Fig. 4](a) MS, (b) DSC and (c) TGA analysis of Na$_2$Mg$_2$NiH$_6$. $\Delta T/\Delta t = 10$ °C min$^{-1}$.
Fe has a $\Delta H_{\text{des}}$ of 89 kJ mol$^{-1}$ H$_2$, while $\Delta H_{\text{des}}$ of Mg$_2$FeH$_6$ to 2Mg and Fe is 87 J K$^{-1}$ mol$^{-1}$ H$_2$. This particular process seems energetically very similar, but the decomposition of Na$_2$Mg$_2$FeH$_8$ to 2NaH, 2Mg and Fe actually proceeds in two steps, via NaMgH$_3$, with the first step having an equilibrium plateau of 100 bar at 380 °C ($\Delta H_{\text{des}} = 93$ kJ mol$^{-1}$ H$_2$).

**Rehydrogenation and cycling experiments**

Rehydrogenation experiments were conducted on material that had been decomposed at 415 °C with pressure being kept between 1 and 2 bar H$_2$. This was to ensure total decomposition of all NaMgH$_3$ that may be contained in the sample without decomposing NaH. Samples were then subjected to identical conditions as used for initial synthesis but without formation of pellets (60 bar H$_2$, 315 °C, 20 h). Quantitative Rietveld refinement of the rehydrized products confirmed a composition of 85.3(6) wt% Na$_2$Mg$_2$NiH$_6$, 6.9(4) wt% MgNi$_2$, 2.8(3) wt% NaH, 1.9(2) wt% Ni and only 3.1(3) wt% NaMgH$_3$ showing that rehydrogenation is achievable.

Due to early reports, all hydrogenation experiments up to this point were carried out at H$_2$ pressures exceeding 30 bar. After the determination of the thermodynamics of decomposition of the first step of Na$_2$Mg$_2$NiH$_6$ (eqn (7)), it was deduced that the equilibrium pressure of sorption should be 0.92 bar H$_2$ at 315 °C. An isothermal PCI absorption experiment was conducted at 315 °C (Fig. S5†) resulting in a capacity of 1.2 wt% H$_2$ at an equilibrium pressure of 2.1 bar. XRD analysis of the hydrogenation product indicated that it was predominantly NaMgH$_3$, along with some MgNi$_2$ and NaH (Fig. S6†). Given the desorption pathway and PCI measurements, Na$_2$Mg$_2$NiH$_6$ should have formed under the temperature and pressure applied. Since NaMgH$_3$ is formed instead, which is reported to be less thermodynamically favourable, this suggests fast kinetics for the formation of NaMgH$_3$ from the decomposition products and slow kinetics for the formation of Na$_2$Mg$_2$NiH$_6$.

Increasing the applied H$_2$ pressure to the decomposition products at 315 °C (in this case to 60 bar) increases the Na$_2$Mg$_2$NiH$_6$ formation kinetics enough to allow it to form. However, further investigations would be required to confirm this. In fact, NaMgH$_3$ appears to be a kinetic sink with the necessity for bonding in two moles of NaMgH$_3$ to be broken in order to form 1 mole of Na$_2$Mg$_2$NiH$_6$. Therefore, in order for Na$_2$Mg$_2$NiH$_6$ to be preferentially formed over NaMgH$_3$, a significant hydrogen overpressure of >50 bar is required to be applied during synthesis.

Hydrogen cycling of Na$_2$Mg$_2$NiH$_6$ was conducted 10 times utilising only the first decomposition step (eqn (7), Fig. 6). The first desorption (starting from the pristine state) was carried out by ramping the sample from 315 °C to 395 °C under an initial pressure of 0.2 bar H$_2$. These temperatures and pressures were, used to avoid formation of NaMgH$_3$ during absorption. Within 60 min desorption is almost complete, with 1.36 wt% H$_2$ being desorbed. A further nine cycles were conducted with isothermal hydrogenation at 315 °C and dehydrogenation at 395 °C, respectively. Analysis of the Sieverts data indicates that desorption occurs rapidly and is complete within 30 min with the hydrogen capacity staying consistent within experimental error. Analysis of the material after a final absorption by XRD

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**Fig. 5** (a) PCI analysis of Na$_2$Mg$_2$NiH$_6$ at selected temperatures and (b) van’t Hoff plot of respective H$_2$ desorption equilibrium pressures.

**Fig. 6** Hydrogen capacity of Na$_2$Mg$_2$NiH$_6$ after ten sorption cycles measured inside a Sieverts apparatus. $T_{\text{des}} = 395$ °C and 0.2 bar H$_2$; $T_{\text{abs}} = 315$ °C and 60 bar H$_2$. 

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indicates that the material was cycling through Na₂Mg₂NiH₆, with the final composition being Na₂Mg₂NiH₆ (71.8(5) wt%), NaMgH₄ (10.9(2) wt%), NaH (5.3(2) wt%) and MgNi₂ (6.6(3)), Mg₂FeH₆ (5.5(5) wt%) (Fig. S7†). Overall, the rate of desorption and the hydrogen capacity is favourable and shows good viability for application.

Further hydrogen cycling of Na₂Mg₂NiH₆ was conducted with desorption measured at 400 °C and 0.7 bar H₂ initial pressure and absorption at 400 °C and 40 bar H₂ pressure (starting from the pristine state). Analysis of the Sieverts data indicates that absorption occurs rapidly and is complete within 3 min for the first 5 cycles (Fig. S8a†). The rate of absorption slowly diminishes over the 30 cycles although hydrogenation is still complete within 6 min after the 30th cycle. The hydrogen capacity of the material also diminishes after the first cycle and over the next nine cycles but appears to stabilise thereafter (Fig. S8b†). The initial capacity is 1.36 wt% H₂ on the first absorption but is 1.21 wt% by cycle 30. XRD analysis of the material after the last absorption showed an identical pattern as observed after carrying out the absorption PCT at 315 °C at low pressures (Fig. S5†). This again indicates that NaMgH₃ is acting as a kinetic sink and inhibiting formation of Na₂Mg₂NiH₆.

Technological application

If this material were to be technologically viable for high temperature thermal energy storage (TES) applications, a few criteria must be met. Firstly, a relatively high theoretical thermal storage capacity should be upheld. Unfortunately, due to the high molecular weight of 159 amu, Na₂Mg₂NiH₆ – 1st step has a low thermal storage capacity of 1042 kJ kg⁻¹ (Table 2). This is much lower than compounds such as NaBH₄ (5709 kJ kg⁻¹) and MgH₂ (2811 kJ kg⁻¹) and as such if it were to be implemented, a greater quantity of powder would be required to achieve a similar thermal efficiency. In a similar vein, the theoretical hydrogen capacity of 2.53 wt% is also comparably lower than the wt% H₂ of NaBH₄ (10.67) and MgH₂ (7.66), respectively. This would inhibit its use as a hydrogen storage material. On the other hand, if this material was to be paired with a low temperature metal hydride (LTMH) when implemented as a TES (to store the hydrogen during desorption of H₂ during the day), less LTMH would be required as less H₂ needs to be stored.⁵⁴,⁵⁵

With a ΔHₙ₀ of 83 kJ mol⁻¹, Na₂Mg₂NiH₆ would have an operating temperature of 318–568 °C within a pressure range of 1 and 150 bar. This is in the operating temperature similar to Mg₂FeH₆, which has already been investigated as a thermal energy storage material on a scale of 211 g and has been shown to cycle at least 23 times.⁶ The present study has shown that Na₂Mg₂NiH₆ is capable of cycling at least 10 times with full formation of Na₂Mg₂NiH₆ at 315 °C (1.35 wt% H₂). Although the pressure and temperature must be controlled during absorption to prevent formation of NaMgH₃, the use of a gas booster to store the desorbed hydrogen to maximise volumetric storage will enable full desorption and provide higher gas pressures for absorption. At higher temperatures the material can be cycled at least 30 times through formation of NaMgH₃ with a hydrogen capacity of 1.2 wt% H₂, although despite the fast kinetics and cyclability this material would contain too much dead weight.

Despite its promise, Na₂Mg₂NiH₆ is unlikely to find technological application due to its material cost. Ni metal is ~$11 per kg,⁶ leading to Na₂Mg₂NiH₆ costing ~$21 per kg, which equates to 72 US$/kWh. However, there may be alternative mirrors. For instance, the parent compound, Mg₂NiH₄ has been shown to form an electrochromic mirror electrode, or switchable mirror, when formed as a thin film.⁴ This is one aspect of Na₂Mg₂NiH₆ that can be further explored. In addition, Mg₂NiH₄ has also been shown to be an efficient material to form Ni nanoparticles when hydrolysed.⁵⁷

### Conclusions

The synthesis, thermodynamics and reversible hydrogenation of Na₂Mg₂NiH₆ has been studied in detail to determine its feasibility for technological application as a high temperature hydrogen storage material or as a thermal energy storage material. The incorporation of quasi-isolated H⁻ into this class of complex transition metal hydrides has allowed for increased variety of coordination by cations and increased thermal stability. The original synthesis procedure of Na₂Mg₂NiH₆ involved a four-step method with the requirement of two mixing stages and two annealing stages. This study reports that only
one mixing and one annealing stage is required, which results in a reduction of synthesis time by half.

The decomposition pathway of Na$_2$Mg$_2$NiH$_6$ has been studied for the first time by in situ SR-XRD and DSC-TGA-MS. Na$_2$Mg$_2$NiH$_6$ is observed to commence hydrogen desorption at 225 °C with two decomposition steps, with maximum H$_2$ desorption rates at 278 °C and 350 °C. The total hydrogen capacity was determined to be 2.9 wt% when heated up to 400 °C if all hydrogen is desorbed (theoretical 3.8 wt% H$_2$). The first step of decomposition is the formation of Mg$_2$NiH$_4$ (x < 0.3), and NaH. The second step is the decomposition of NaH. The theoretical hydrogen capacity of 3.8 wt% is not achieved during desorption due to the formation of unreactive MgNi$_2$ during synthesis. PCI analysis of Na$_2$Mg$_2$NiH$_6$ has determined the thermodynamics of decomposition for the first step to have a $\Delta H_{des}$ and $\Delta S_{des}$ of 83 ± 3 kJ mol$^{-1}$ H$_2$ and 140 ± 4 J K$^{-1}$ mol$^{-1}$ H$_2$ respectively. Thermodynamics for the complete decomposition are found to be $\Delta H_{des}$ and $\Delta S_{des}$ of 283 ± 6 kJ mol$^{-1}$ (94 ± 3 kJ mol$^{-1}$ H$_2$) and 447 ± 8 J K$^{-1}$ mol$^{-1}$ (149 ± 4 J K$^{-1}$ mol$^{-1}$ H$_2$), respectively.

Hydrogen cycling of the first step of decomposition has been demonstrated over 10 cycles with no significant reduction in hydrogen capacity. Each cycle desorbed ~1.35 wt% H$_2$ in under 20 min. It was imperative to apply moderately high pressure to achieve hydrogenation of Na$_2$Mg$_2$NiH$_6$ and to avoid formation of NaMgH$_4$.

Technological implementation of Na$_2$Mg$_2$NiH$_6$ as a high temperature hydride or thermal energy storage material may be hindered by the relatively high cost of the material of $21 per kg, which equates to 72 US$/kWh$_h$. This expense is attributed to the high cost of Ni. Nevertheless, this material would have an operating temperature of 318–568 °C between a pressure range of 1 and 150 bar H$_2$ with impressive cyclability.

With regards to the use of CTMHs as TES materials, it has been shown that the inclusion of sodium, or other metals with high vapour pressures, will inhibit the operating temperatures of the system in order to avoid evaporation and capacity loss. Despite this, a variety of CTMHs have been identified as possible TES materials, although, to date, their thermal properties have not been fully explored.

**Conflicts of interest**

There are no conflicts to declare.

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