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Polyetherketoneketone (PEKK): An emerging biomaterial for oral implants and dental prostheses

Hatim Alqurashi a,b, Zohaib Khurshid c, Azeem Ul Yaqin Syed c, Syed Rashid Habib d, Dinesh Rokaya e, f, Muhammad Sohail Zafar g

a School of Clinical Dentistry, University of Sheffield, United Kingdom
b Department of Preventive Dental Sciences, School of Dentistry, King Faisal University, Al-Ahsa 31982, Saudi Arabia
c Department of Prosthodontics and Dental Implantology, College of Dentistry, King Faisal University, Al-Ahsa 31982, Saudi Arabia
d Department of Prosthetic Dental Sciences, College of Dentistry, King Saud University, Riyadh 11545, Saudi Arabia
e Department of Clinical Dentistry, Walailak University International College of Dentistry, Bangkok 10400, Thailand
f Department of Restorative Dentistry, College of Dentistry, Taibah University, Madinah Al Munawwarah, Saudi Arabia
g Department of Dental Materials, Islamic International Dental College, Riphah International University, Islamabad 44000, Pakistan

ABSTRACT

Polyetherketoneketone (PEKK) is a new evolving polymeric material. The present article comprehensively reviewed an overview of various applications of PEKK in prosthodontics and oral implantology, highlighting its prospects for clinical applications. PEKK biomaterials is an elastic material with good shock absorbance and fracture resistance and present ultra-high performance among all thermoplastic composites for excellent mechanical strength, chemical resistance, and high thermal stability. Available articles on PEKK for dental applications were reviewed from January 1957 to August 2020) using MEDLINE/ PubMed, Web of Science, and ScienceDirect resources. PEKK presents suitable physical, mechanical, and chemical properties for applications in prosthodontics and oral implantology. PEKK has good potential for a wide range of dental applications, including tooth restorations, crowns, bridge, endoposts, denture framework, implant-supported fixed prosthesis, and dental implants. PEKK dental implants have
shown lesser stress shielding compared to titanium for dental implant applications. Further modifications and improving material properties can result in broader applications in the field of dentistry. Long term evaluations are needed as PEKK is recently applied in dentistry, and there are limited studies published on PEKK.

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Introduction

Polymers being one of the essential materials in dentistry, poses excellent physical, mechanical properties and are reported to have excellent biocompatibility. Various removable appliances, restorations, and denture base materials are fabricated from polymers [1,2]. Polyetherketoneketone (PEKK) is a new polymeric material that has attracted the attention of researchers because of its excellent properties that can be used in many applications [3]. The PEKK is a methacrylate-free thermoplastic high-performance material [4]. PEKK was firstly introduced by Bonner in 1962 [5], and since then, it has been used for different industrial and military purposes [6]. Recently, PEKK has increasingly used as a biomaterial with properties suitable for dental and medical applications [7]. The PEKK has a wide range of applications in restorative, prosthetic, and implant dentistry. The PEKK is a promising material in the field of cranial and orthopedic implants. Their wide biomedical applications are because of its higher mechanical strength and the presence of the second ketone group that allows for more surface modification of its surface.

The PEKK and polyetheretherketone (PEEK) are the two most well-known of the polyaryletherketone (PAEK) family. The PAEK family are thermoplastic polymers and have been in the engineering field since the 1980s and shows excellent mechanical properties and chemical resistance [8]. PAEK family show ultra-high performance (superior mechanical performances with chemical resistant) among all thermoplastic composites linked to their processing parameters (Fig. 1A) [4]. The PEEK emerged in the late 1990s as a semi-crystalline material and showed excellent biological, mechanical, and physical properties for biomedical applications [9,10]. Promising applications of PEEK biomaterial are dental implant [3], temporary abutment and fixed prosthesis [11] and removable denture [12], and finger prosthesis [13]. These incredible outcomes of PEEK as dental materials attracted the attention of researchers to study the other members of the PAEK family, PEKK. Available articles on PEKK for dental applications were reviewed from January 1957 to August 2020) were reviewed using MEDLINE/PubMed, Web of Science, and ScienceDirect resources. This article presents an overview of PEKK and its various applications in restorative, prosthetic, and implant dentistry.

Structure and synthesis of PEKK

The PAEK is a linear aromatic polyether ketone represented by ultrahigh molecular weight polyethylene. The structure of PEEK and PEKK have aromatic rings, which differ in the ratio of ether- and keto- group (Fig. 1B) [11]. There are some differences between PEKK and PEEK. PEKK has a second ketone group, and it increases polarity and backbone rigidity, which results in an increase in glass transition and melting temperature [14]. Moreover, PEKK displays both amorphous and crystalline behavior, and different products can be produced. A PEKK with 60% straight and 40% kinked segments melts at 305 °C but PEEK with 80% straight and 20% kinked melts at 360 °C. In addition, the extra ketone group in PEKK has strong polymer chains and shows better physical and mechanical properties, such as compressive strength [15].

PEKK is a liner thermoplastic polymer and consists of a benzene ring attached consecutively by ether or ketone- groups (Fig. 1B) [10]. PEKK can be produced from diphenyl ether and iso- and

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Fig. 1. Structure and performance of PAEK (PEKK and PEEK), and fabrication of PEKK. (A) Performance of PAEK; (B) Structures of PAEK; (C) Production of PEKK by electrophilic substitution using nitrobenzene and aluminum chloride (AlCl$_3$). PAEK = Polyaryletherketone, PEEK = Polyetheretherketone, PEKK = Polyetheretherketone, PPS = Polyphenylene sulfide, PAI = Polyamideimide, PES = Polyethersulfone, PEI = Polyethylenimine, POM = Polyoxymethylene, PC = Polycarbonates, PA = polyamide, PMMA = Polymethyl methacrylate.
terephthaloyl chlorides with aluminum chloride (AlCl₃) and nitrobenzene (Fig. 1C) [14].

Properties of PEKK

Physical and mechanical properties

PEKK shows excellent physical and mechanical properties, such as melting temperature and compressive strength in comparison to other polymeric materials [15]. In comparison to PEEK (pure and glass-reinforced), PEKK shows better mechanical properties in terms of flexure, tensile, and compressive strength [16]. Pekkton® ivory (Cendres + Métaux, SA, Switzerland), a product of PEKK has 80% higher compressive strength compared to un-reinforced PEEK [17]. The addition of titanium dioxide (TiO₂) in PEKK, increases the hardness and wear resistance [18].

The shock absorbance with suitable strength (65 MPa) and fracture resistance properties of PEKK raises the possibility of using it as restorative material [19,20]. The PEKK has similar compression strength with a lesser modulus of elasticity compared to dentin [20]. Similar to PEEK, the elastic modulus of PEKK is comparable to those of bone. Hence, PEKK can be used as a dental implant biomaterial for excellent mechanical properties and better stress distribution (Tables 1 and 2). Recently, Alsadon et al. evaluated the fatigue behavior of PEKK bilayered crowns in comparison to zirconia and nickel chromium-based crowns [16]. The fatigue limit of PEKK (754 N) was reported remarkably higher compared to zirconia (422 N), and nickel-chromium (586 N). Similarly, the fatigue limit of PEKK composite veneered molar crowns is also comparable with the cobalt-chromium and polymethylmethacrylate (PMMA) (750 N). According to Burke’s classification, the fracture code of PEKK was distributed between code one and two while Zr and NiCr exhibited code one and distribution between code 1 and 4, respectively, when subjected to loading below the group's fatigue limit [16].

Biological properties

PEKK shows excellent biocompatibility and has been introduced as promising alternative material for long-term orthopedic applications over titanium [10,13,27]. It has been approved by the FDA for oro-maxillofacial and spinal surgery [28]. In addition, PEKK is being used extensively in dentistry as a prosthetic and implant biomaterial. It offers metal-free restorations and helpful in patients with allergies [19].

As implant material, Yuan et al. [29] investigated osteointegration in PEKK in terms of chemistry and surface microstructure. It was reported that the other ketone group in PEKK increases the ability of surface chemical modification. With more ketone groups, the presence of -SO₂H will be more on PEKK than PEEK. This leads to complex surface topography, greater surface area, and micro rough surface, which will affect the cell behavior and osteointegration on the surface of PEKK [30]. The surface modification by increasing the porosity and incorporation of HA had a positive impact on the osteointegration property [29]. Bioactive PAEK material can be achieved by modifying the surface using various bioactive ceramic such as beta-tricalcium phosphate (β-TCP), hydroxyapatite (HA), and bioactive glasses (BG). Converse et al. [31] used a combination of different methods that include compression molding, particle leaching, and powder processing to develop a HA whisker reinforced porous PEKK. In comparison to uncoated PEEK, Walsh et al. reported that coating PEEK using plasma-sprayed titanium improved the histological and mechanical properties of the bone-implant interface after implantation [32].

Regarding antibacterial activity, according to Wang [7], PEKK shows less bacterial adhesion on its surface compared to the orthopedic industry PEEK. The adherence Staphylococcus epidermidis were 37% less on the surface of PEKK. After five days of culture, they found around 50% decrease in the attachment and growth of Pseudomonas aeruginosa on PEKK compared to PEEK without using antibiotics. Also, Moore et al. [33] found the less inflammatory response from PEKK compared to PMMA in a rat study.

Applications of PEKK in dentistry

The PEKK has been successfully used in dentistry as a prosthetic and implant biomaterial. Recently, PEKK has been applied in various areas of dentistry due to suitable mechanical, fracture resistance, shock-absorbing, and better stress distribution [17,34–37]. The PEKK has excellent biocompatibility as it offers metal-free restorations, and it is considered as an alternative to metal and ceramics [19]. Fig. 2 shows the various applications of PEKK in dentistry.

**PEKK as a prosthetic material**

The PEKK has low density, low elastic modulus, high strength, and acceptable wear resistance. It can be a potential material for application as a restorative material in fixed prosthodontics [34,38]. Computer-aided design (CAD) and computer-aided manufacturing (CAM) technologies have increased accuracy and made it easier for the fabrication of modern restorative and prosthetic materials [39–41]. Individual ceramic produced from CAD/CAM can be incorporated in the complete denture to increase their wear resistance [40–42]. Recently, CAD/CAM technologies are used in the fabrication of PEKK prosthetic restorations [39,43,44]. Pekkton® ivory (PEKK) is used for monolithic and bi-layered material with an indirect composite veneer (Fig. 3A–C) [17].

Bonding of PEKK to restorative materials is essential in restorative and prosthetic dentistry. Various surface treatment methods of PEKK have been formulated for bonding using various adhesives systems [6,45–49]. Lee et al. [45] studied the PEKK’s bond strength (shear) to dental resin composite by using various surface treatment methods for PEKK bonding and found that mechanical surface treatment behaves better than chemical surface treatment (95% sulfuric acid and air abrasion using alumina with 110 µm and 50 µm). Unlike other adhesives, 10-methacryloyloxydecyl dihydrogen phosphate and self-etching universal adhesive containing silane (Single Bond Universal) presented efficient shear

| Table 1 |
|---|
| Comparison of mechanical properties between PEKK and some human structures. |
| Materials | Tensile strength (MPa) | Elastic modulus (GPa) | Flexural strength (MPa) | Reference |
| PEKK | 115 | 5.1 | 140–200 | [15] |
| Cortical bone | 104–121 | 14 | 50–150 | [3,21] |
| Cancellous bone | 10–20 | 1.37 | 10–20 | [3,21] |
| Dentine | 104 | 15 | 212.9 | [3,22] |
| Enamel | 67.5 | 40–83 | NA | [3] |
| Titanium | 954 | 102–110 | 65 | [3,23] |
bond strength in all treatments. Similarly, the non-thermal plasma surface modification with sandblasting increased the shear bond strength between the resin cement and PEKK [50]. Universal adhesive shows similar bonding as visio-link (light-polymerizing PMMA and composite resin primer) for PEKK [47].

The fit of the dental restoration is another important factor in the prosthetic dentistry. Poor marginal fit results in plaque deposition, recurrent caries with periodontal damage, and failure of the restoration [51–53]. Several researchers have proposed 24–110 μm as the acceptable marginal discrepancy for CAD/CAM fixed restorations [54,55]. Bae et al. [39] studied the three-dimensional marginal fit (internal fit) of PEKK 51.64 ± 1.5 (36.12 ± 1.34) μm and zirconia copings 69.62 ± 1.5 (41.6 ± 1.63) μm and observed that the marginal fit (internal fit) were within the acceptable range. However, the PEKK presented less stress distribution around its loading areas, and better fitness was observed in the PEKK coping compared to zirconia coping [39].

Tooth/enamel wear caused by dental restorations is common and varies with the type of restorative materials. Ideally, the tooth/enamel wear due to dental restorations should not be more than the physiological wear of the teeth. The selection of appropriate restorative materials, aimed at having an almost similar degree of hardness to that of enamel is important for minimizing/retarding the harmful and irreversible consequences of tooth/enamel wear [56,57]. Choi et al. [58] evaluated the effects of polymeric restoration on opposing tooth wear where they examined five materials fabricated from CAD/CAM: Pekkton (PEKK), Yamahachi PMMA (YAP), Mazic Duro (MZD), Vipi Block Monocolor (VBM), and Vita Enamic (ENA). It was seen that PEKK resulted in the most significant material wear but the least antagonist tooth wear. PEKK, YBM, and YAP were easily deformed and displaced by stress due to low elastic modulus. Therefore, appropriate restorative material should be selected for a specific clinical situation. Therefore, crowns fabricated from PEKK material show high wear than zirconia crowns [58,59].

**PEKK as an implant biomaterial, abutments, and prosthesis**

The high-performance with iso-elastic characteristics of PEKK has potential applications in oral implantology [19]. PEKK has the advantage of being enough strength, lightweight, wear resistance, and elastic modulus close to that of dentin [34]. Dental implants fabricated from thermoplastic resins have also shown acceptable results for the percentages of bone contact [60]. In oral implantology, PEKK can be used as implant abutments [27,61], framework material for implant prosthesis [17,62–64], prosthetic crown materials over the implant [17], and implant biomaterial [27]. PEKK is metal-free and presents an alternative material to titanium implant [27]. The advantage of PEKK abutments is adjustable and compatible with various veneering materials [17] and can be used as a framework for an implant-supported prosthesis [65].

| Properties                  | PEKK   | PEKK   | Titanium | PMMA | Reference |
|-----------------------------|--------|--------|----------|------|-----------|
| Tensile strength (MPa)      | 100.69 | 115.0  | 240–890  | 48–62 Mpa | [24]      |
| Elastic modulus (GPa)       | 3.5    | 5.1    | 103–114  | 3.8 x 10^3 | [24]      |
| Flexural strength (MPa)     | 163.88 | 200.0  | 65       | 107–117 | [3,23,24] |
| Compressive strength (MPa)  | 118–169| 246    | 130–170  | 76 Mpa   | [24]      |
| Melting temperature (°C)    | 334–350| 363–386| 1650–1670| 89–95 Mpa | [24,25]   |
| Hardness (VHN)              | 26–29  | 252    | 50 VHN   | 89 Mpa   | [24]      |
| Water absorption (μg/mm^3)  | 0.1–0.5| 8.7    | 0.04     | 0.1–0.3  | [24,26]   |
| Density (g/cm^3)            | 1.3    | 4.4    | 1.16–1.18 g/cc | [24]      |

**Fig. 2.** Current and potential applications of PEKK in dentistry.
ing the PEKK attachment system with titanium can be a potential material to provide long-term retention in implant prosthesis [66].

Conventional complete denture (CCD) opposed by an implant-supported fixed complete dental prosthesis (ICFDP) presents the problem of replacement of the posterior teeth due to wear of acrylic teeth in a few years following insertion. This problem is seen more in complete denture (47.7%) followed by ICFDP (19.6%) [67-69]. To overcome these problems, CAD/CAM zirconia teeth can be incorporated in a complete denture or another implant prosthesis to increase their wear resistance [40-42,70,71]. Dawson et al. [62] described the application of PEKK as a framework for ICFDP with single lithium disilicate glass-ceramic crowns and a CCD (Fig. 3D-K). The prosthesis provides a non-CAD-CAM option for the fabrication of ICFDPs and CCD with single ceramic crowns. PEKK can also be used in maxillofacial rehabilitation. Oh et al. [63] described the rehabilitation of a mandibulectomy patient with fibula free flap and implant-supported prosthesis using PEKK framework material (Fig. 4).

The PEKK framework shows less stress to the implant and tissue under compressive stress compared to tensile stress [37]. Therefore, the PEKK framework should be limited in some areas are they are resilient framework. The rigid framework prosthesis shows favorable stress distribution. Although there is a wide application of PEKK in oral implantology, they should be applied for a suitable purpose, and further studies are necessary for studying the chemical modulation of PEKK to increase the implant-contact.

**PEKK for fabricating removable partial frameworks and attachments**

Metal clasps in removable prosthesis carry disadvantages of being unaesthetic and may cause oral galvanism and allergic reactions in some patients [72]. Thermoplastic materials have solved such problems to some extent [73,74]. Recently, PEKK is used in removable partial denture (RPD) as dental clasps and frameworks using digital technology. Sun et al. [38] presented a digital workflow for applying PEKK in removal speech bulb prosthesis. The process consisted of intraoral scanning, 3D printing, designing, manufacture (digital milling of PEKK framework), and delivery (Fig. 5).

Retention is important in RPD prosthesis, Tannous et al. [75] studied the retentive force of CoCr alloy and three thermoplastics; PEKK, PEEK, and polyoxymethylene (POM). They fabricated 1.0 mm thick CoCr clasps in 0.25 mm undercuts and 1.0 or 1.5 mm thick thermoplastic resins in 0.5 mm undercuts, respectively. They found that all clasps showed high retentive force in the first period of cycling with a decrease till the end of the cycling. The resin clasps showed significantly lower retentive force than the CoCr clasps. Thermoplastic resin clasps-maintained longer retention with less retention than CoCr clasp. PEKK clasps can be used to provide retention for a longer duration. PEKK can also be used as inserts in the removable partial denture. Choi et al. [76] studied the attachment systems with a PEKK insert and found that PEKK insert showed less retention change and abrasion compared to the nylon inserts.

A finite element study by Kelig et al. revealed that there was a great influence of stress evenly distributed in the framework material of small bridges (three and four units). Furthermore, the surrounding tissues were not influenced by strain around them due to the choice of the material. This confirmed that the polymer PEKK could be an alternative to metal framework [77].

**PEKK for endodontic posts-core and endocrowns**

The PEKK biomaterial has been attracted in the post-core systems because of its acceptable processing (milling and pressing), suitable mechanical strength, and shock-absorbing ability [78,79]. PEKK presents superior biomechanical behavior compared to metal and fiberglass post-core systems. The PEKK showed superior fracture resistance compared to metal and fiberglass post-core systems due to lower elastic modulus and flexural strength. Lee et al. [78] studied long term safety and biomechanical behavior of PEKK as intraradicular post and core material. Their study concluded PEKK as a dental post-core system has potentially high fracture resistance, although PEKK has a significantly lower elastic modulus and flexural strength than metal (gold) and fiberglass.
Thus, the PEKK post-core exhibited a favorable stress distribution at the intraradicular surface, indicating a less chance of root fracture than for conventional post-core materials. In addition, PEKK transferred higher stresses to the interface materials. Therefore, the probability of crown and cement debonding failure would be at interface level than that of rigid post-core systems where
fracture of root might be anticipated [78]. PEKK post-core presents favorable stress distribution, reducing the possibility of root fracture. Nevertheless, debonding and crown failure may be higher in PEKK post-core due to its flexibility. PEKK material act as a stress breaker and reduces the forces transferred to the restoration and tooth-root [15]. Hence, PEKK can be used as endocrowns for endodontically treated teeth. This is important, especially in extensively damaged teeth.

In addition, PEKK posts are suitable for posts fabrication. Güven et al. [79] studied on the bonding of prefabricated PEKK posts, and custom made PEKK posts and conventional fiber posts. They found that the custom fabricated PEKK posts showed higher bond strength than prefabricated PEKK posts. The custom made PEKK post showed the maximum bond-strength (17.34 MPa) in the cervical region as confirmed from the scanning electron image. The conventional fiber posts showed the highest bond-strength values in the middle (11.53 MPa) and apical sections (6.86 MPa).

The conditioning of a material influences the bonding of PEKK. Fuhrmann et al. [15] evaluated the bond strength of adhesive systems to amorphous and crystalline PEKK and fiber-reinforced PEKK using five types of surface conditioning techniques. They found that the fiber-reinforced PEKK showed more considerable bond strengths and at all three storage times (5, 30, 150 days) than crystalline and amorphous PEKK. Silica coating conditioning and priming showed the highest tensile bond strength. Finally, although there is a wide application of PEKK in prosthodontics and oral implantology, long-term observation is needed as long-term data for the PEKK framework are yet not available.

Conclusions

The PEKK materials present suitable physical, mechanical, and chemical properties and can be used for various applications such as restorative material, crown and bridge work, endo crowns, framework material for an implant-supported fixed prosthesis, and as dental biomaterial implants. Further, modifications and improving material properties can result in wider applications in clinical dentistry. Long term evaluations are needed as PEKK is recently applied in dentistry, and there are limited studies available.

Compliance with Ethics Requirements

This article does not contain any studies with human or animal subjects.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Hatim Alqurashi received Bachelor of Dental Surgery (BDS) from Dammam University in 2014. In 2018, he received MSc in Dental Materials from University of Sheffield, UK. Currently, he is a lecturer at Department of preventive sciences, College of Dentistry, King Faisal University. Also, he is doing his PhD in oral tissue engineering at School of Clinical Dentistry, University of Sheffield, UK. His research areas include Orthodontic, Extracellular vesicles, biomaterial, Tissue engineering and regenerative medicine.

Dr Zohaib Khurshid working as lecturer and course coordinator in the Prosthodontics and Dental Implantology Department, School of Dentistry, King Faisal University, Saudi Arabia. His research interest is dental biomaterials, oral antimicrobial peptides synthesis, salivary diagnostics, gingival crevicular fluids (GCFs) proteome, platelet-rich proteins (PRPs) proteome, and dental biomaterials proteomic analysis. He authored more than 100 publications including review papers, research papers, systematic reviews & metaanalysis, books chapters, editorials, news magazines report, and scoping study. He is running a human saliva research group in Pakistan helping MSc, MDS, MPhil and PhD student for thesis projects and individual faculty projects as well. His editorial activity is with European Journal of Dentistry (EJD), Journal of Oral Research (JOralRes), Dentistry Journal, Materials, Polymer, International Journal of Molecular Sciences (IJMS), and European Journal of Dental Research and Biomaterials. He is the editor of the three books with Elsevier Publisher on “Advanced Dental Biomaterials”, “Dental implants: materials, coatings, surface modifications and interfaces with oral tissues” and “Biomaterials in Endodontics” with Elsevier Publisher. Scopus profile: https://www.scopus.com/authid/detail.uri?https://www.scopus.com/authid/detail.uri?authorId=56530616000. Publons: https://publons.com/researcher/576438/zohaib-khurshid/.

Syed Azeem Ul Yaqin received BDS degrees from Karachi University, Pakistan in 2008 and Master of Science degree in Dental Materials from Faculty of Dentistry, University of Sheffield, United Kingdom, in 2013, and Doctorate in Clinical Dentistry in Prosthodontics from Faculty of Dentistry, University of Sheffield, United Kingdom in 2016. He has recently been working as Assistant Professor department of Prosthodontics, College of Dentistry, King Faisal University, Saudi Arabia. He is also Member of the Faculty of General Dentist Practitioners (MFGDP), United Kingdom since 2018. He is involved in both clinical and research activities in prosthetic dentistry, has few book chapters to his name in Advanced Dental Biomaterials and currently working on research related to strength of different polymeric crowns.

Syed Rashid Habib received BDS degree from de’ Montmorency College of Dentistry/University of Punjab, Lahore, Pakistan in 1999 and Fellowship from College of Physicians and Surgeons, Pakistan in the specialty of Prosthodontics in 2007. Dr. Habib has served as Clinical Assistant Director with Invisalign®, Pakistan; Assistant Professor at Islamic International Dental College, Islamabad, Pakistan and Assistant Professor at National University of Sciences and Technology, Islamabad, Pakistan. He joined Department of Prosthetic Dental Sciences, College of Dentistry, King Saud University, Riyadh, Saudi Arabia as a faculty in 2009 and is currently working as Associate Professor in the department. Besides full time involvement in teaching and clinical activities, Dr. Habib is actively involved in research. His research interests revolves around dental materials, dental education and contemporary topics of interest in the specialty of Prosthodontics.

Dinesh Rokaya received BDS degrees from Tribhuvan University, Nepal in 2009 and Master of Science degree in Dentistry from Faculty of Dentistry, Mahidol University, Thailand in 2015, and PhD in Dental Biomaterials Science from Faculty of Dentistry, Chulalongkorn University, Thailand in 2019. He is currently a Lecturer at Walaia University International College of Dentistry, Thailand. He has recently received Diploma of Membership of Faculty of Dental Surgery (MFDS) from Royal College of Physicians and Surgeons of Glasgow. He is involved in both clinical and research activities in prosthetic dentistry. His research includes various polymeric materials for dental applications.

Dr. Muhammad Sohail Zafar completed his PhD at Nottingham Trent University (2011) after obtaining master’s degree in Dental Materials from Queen Mary University of London, UK (Distinction level research project, 2007). Currently, he is acting as an associate professor of dental biomaterials at College of Dentistry, Taibah University, Saudi Arabia, where he had been a faculty member since 2012. Before that (2011–2012), he worked as an associate researcher at Nottingham Trent University, UK. He holds fellowship of International College of Dentists, USA (FICD) and Academy of Dentistry international, USA (FADI). Being a research led academician, Dr. Zafar has a considerable exposure of teaching, research and clinics management and the successful implementation of operating procedures in academic and clinic activities. I have contributed substantially (more than 150 peer reviewed publications since 2013) in the field of dental materials, tissue engineering and clinical dentistry. (Scopus: https://www.scopus.com/authid/detail.uri?authorId=56147787800 h-index of 23; google scholar: https://scholar.google.co.uk/citations?user=N4581hAAAbIh-en h-index of 34; i10-index of 78). Dr. Zafar is an editorial board member for journals “Fluoride” (Official publication of fluoride: https://www.fluorideresearch.org/494Pf1/files/F2016_v49_n4Pf1_p001-00_sfs.pdf) (International Society for Fluoride Research, New Zealand) and https://www.thieme.com/edboards/EJD_EDITORIAL_BOARD pdf European Journal of Dentistry. His research interests include advances biomaterials, tissue regeneration, nanomaterials and polymeric biomaterials for dental applications.