De Vega tricuspid valve annuloplasty – a rightly neglected surgical technique?

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Abstract

Introduction: There is a lot of discussion about the best surgical technique for tricuspid valve (TV) regurgitation in patients undergoing an operation for primary mitral valve disease.

Aim: To review and compare our results and experiences regarding the two main surgical strategies: tricuspid valve annuloplasty with a prosthetic ring (RING group) and suture annuloplasty (De Vega group).

Material and methods: We reviewed 570 patients who underwent TV surgery between 2000 and 2016 with either ring annuloplasty (RING group: n = 490 (85.9%)) or De Vega suture annuloplasty (De Vega group: n = 69 (12.1%)). The aetiology of TV insufficiency was secondary in 96.3% (538/559) of the patients, but 47.6% of the patients with primary aetiology had endocarditis of the permanent pacemaker stimulating wires.

Results: The age of the two study groups was similar (p = 0.6589), with a mean age of 66.7 years for the ring annuloplasty group and 67.9 years for the De Vega suture technique. The overall 30-day mortality was 10.9% (n = 61) (RING group: n = 58 (11.8%); De Vega group: n = 3 (4.3%)). Ten years after TV surgery with either ring annuloplasty or the De Vega suture technique, 5.8% of patients in both study groups presented with a recurrence of severe tricuspid regurgitation ≥ 3.

Conclusions: Outcomes of tricuspid valve repair did not differ in terms of long-term stability and durability between the two evaluated techniques.

Key words: tricuspid regurgitation, De Vega suture annuloplasty.

Streszczenie

Wstęp: Od wielu lat toczy się dyskusja, która technika chirurgiczna jest najlepsza w leczeniu niedomykalności zastawki trójdzielnej u pacjentów poddawanych zabiegom z powodu pierwotnej choroby zastawki mitralnej.

Cel: Przegląd i porównanie wyników i doświadczeń własnych związanych z dwiema głównymi strategiami chirurgicznymi – annuloplastyką zastawki trójdzielnej z użyciem protezy piersiernika (grupa RING) i annuloplastyką z wykorzystaniem szwu (grupa De Vega).

Materiał i metody: Przeanalizowano dane 570 pacjentów poddanych w latach 2000–2016 annuloplastyce zastawki trójdzielnej z użyciem protezy piersiernika [grupa RING: n = 490 (85,9%)] lub szwu [grupa De Vega: n = 69 (12,1%)]. Etiologia niewydolności zastawki trójdzielnej była wtóra u 96,3% pacjentów (538/559); jednak u 47,6% pacjentów, u których choroba miała charakter pierwotny, wystąpiło zapalenie wsierdzia w obszarze stałych przewodów rozrusznika.

Wyniki: Wiek pacjentów w obu grupach był podobny (p = 0,6589); średni wiek w grupie RING wyniósł 66,7 roku, a w grupie De Vega – 67,9 roku. Śmiertelność całkowita w obserwacji 30-dniowej wyniosła 10,9% (n = 61) [grupa RING: n = 58 (11,8%); gr. De Vega: n = 3 (4,3%)]. Dziesięć lat po annuloplastyce zastawki trójdzielnej z użyciem piersiernika lub techniki szwowej De Vegi nawrót ciężkiej niedomykalności zastawki trójdzielnej ≥ 3 wystąpił u 5,8% pacjentów w obu badanych grupach.

Wnioski: Wyniki naprawy zastawki trójdzielnej nie różniły się pomiędzy analizowanymi technikami pod względem długoterminowej stabilności i trwałości.

Słowa kluczowe: niedomykalność zastawki trójdzielnej, annuloplastyka szwowa De Vegi.

Introduction

Secondary tricuspid regurgitation (TR) is common in patients with left-side valve disease, especially in the setting of severe pulmonary hypertension and atrial fibrillation [1, 2]. Significant TR often does not regress after successful left-side valve surgery and can progress [3].

The 2014 AHA/ACC Guideline for the Management of Patients with Valvular Heart Disease recommended tricuspid valve surgery for patients with severe TR undergoing left-side valve surgery (I C). Tricuspid valve repair can be beneficial for patients with mild, moderate or greater functional TR at the time of left-side valve surgery with either:

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1) tricuspid annular dilation or 2) prior evidence of right heart failure (IIa B) and may be considered for patients with moderate functional TR and pulmonary artery hypertension at the time of left-sided valve surgery (IIb C). Tricuspid valve surgery can be beneficial for patients with symptoms due to severe primary TR that are unresponsive to medical therapy (IIa C) and may be considered for asymptomatic or minimally symptomatic patients with severe primary TR and progressive degrees of moderate or greater RV dilation and/or systolic dysfunction (IIb C) [4].

Uncorrected, moderate or severe TR is associated with poor long-term survival and progressive heart failure [1]. However, the optimal surgical treatment to eliminate TR is still being debated. Secondary or functional tricuspid valve (TV) insufficiency is primarily treated by valve reconstruction, which carries a lower operative risk than valve replacement [5]. It is still unclear what type of annulus stabilization is more effective, prosthetic ring annuloplasty or suture-based De Vega annuloplasty. McCarthy et al. and several other authors have reported better long-term and event-free survival, freedom from recurrent TV regurgitation and reoperation in patients who underwent ring annuloplasty [1, 5, 6]. Others have reported excellent long-term results using De Vega’s technique [2, 5].

**Aim**

We examined our own experiences with TV repair using either modified De Vega suture or prosthetic ring annuloplasty with Carpentier-Edwards rings, with observations on long-term survival, incidence of TV regurgitation recurrence and frequency of reoperation due to failure of repair.

**Material and methods**

A total of 570 patients underwent TV surgery at the Department of Cardiac Surgery, Hospital of České Budějovice, Czech Republic, between January 2000 and December 2016. The study population consisted of 559 patients who underwent TV annuloplasty with either modified De Vega suture (De Vega group, n = 69 (12.1%)) or prosthetic ring annuloplasty (RING group, n = 490 (85.9%)); 11 (2%) patients who underwent tricuspid valve replacement were excluded from the study (Table I).

The type of tricuspid valve repair was determined by surgeons’ preference. De Vega annuloplasty was performed in patients with minimal annular dilation and lower severity of pulmonary hypertension. In cases of severe tricuspid ring dilatation and more severe pulmonary hypertension, ring annuloplasty was chosen.

The mean age at the time of surgery was 66.9 ±10.3 (range: 15–88 years) and did not differ between the groups (p = 0.6758), and was 67.9 ±8.6 (range: 45–83 years) for the De Vega group and 66.7 ±10.5 (range: 15–88 years) for the RING group. The patients comprised 245 (43.8%) men and 314 (56.2%) women (Table I).

A total of 538 (96.2%) patients presented with functional TV regurgitation secondary to annular dilatation. The rest (n = 21) showed an organic aetiology, and 47.6% of patients with primary aetiology had endocarditis of the permanent pacemaker pacing wires.

Preoperative TR was severe in 136 (24.3%), moderate in 386 (69%) and minimal in 37 (6.7%) patients with significant tricuspid annulus dilatation at the time of left-side valve surgery.

Preoperative pulmonary hypertension (PH) was mild in 190 (32.6%), moderate in 182 (20.8%) and severe in 116 (12.7%) patients, while no PH occurred in 71 (33.9%) patients (Tables II–IV).

Doppler echocardiography is an important tool in our approach to assess and quantify the degree of pulmonary hypertension (Table II). An indirect indicator is the acceleration time of pulmonary artery flow, reflecting the impedance of the pulmonary fluid. Pulmonary pressures can be estimated from velocity measurements and gradient calculations for pulmonary and tricuspid regurgitation. The right atrial pressure is judged by the diameter and respiratory variation of the lower vena cava. Prognostically unfavourable echocardiography signs include dilatation of the right atrium and the presence of pericardial effusion.

The average preoperative New York Heart Association (NYHA) functional class was 2.2 ±0.7079. Twenty-eight (5%)
patients were in class I, 368 (65.8%) in class II, 148 (26.5%) in class III and 15 (2.7%) in class IV (Tables I, V).

Three hundred and ninety (69.8%) patients presented with sinus rhythm, 169 (30.2%) with atrial fibrillation, and no patients had a previously implanted permanent pacemaker (Table I).

Only 6.6% of the patients (n = 37) had undergone isolated surgery on the tricuspid valve, while 93.4% of the patients (n = 522) had undergone concomitant mitral/aortic valve surgery and coronary artery bypass grafting.

**Operative data**

In all, 599 patients underwent TV repair with either modified De Vega suture (De Vega group, n = 69 (12.1%)) or prosthetic ring annuloplasty (RING group, n = 490 (85.9%)). De Vega annuloplasty was performed using a 3.0 polypropylene running suture with multiple Teflon pledgets not only at the anteroseptal and posteroseptal commissures, but with every annular bite of the suture, extended to the right edge of the trigonum fibrosum to a point opposite the coronary sinus. The annuloplasty is completed by reversing the suture and interpositioning new pledgets with those implanted previously (Fig. 1).

Post-operative reduction of the annulus was achieved by suturing the stitch on the Hegar’s dilator of the appropriate diameter of the tricuspid valve orifice. TV repair was performed if the anteroposterior ring size of the preoperative transthoracic echocardiography (TTE)/transesophageal echocardiography (TEE) ≥ 25 mm/m² in order to achieve

| Degree | Mean pulmonary pressure [mm Hg] | Systolic pulmonary pressure [mm Hg] |
|--------|---------------------------------|-----------------------------------|
| Mild   | 26–35                           | 36–45                             |
| Moderate | 36–45                       | 46–60                             |
| Severe | > 45                           | > 60                               |

PH – pulmonary hypertension, TV – tricuspid valve.

**Table II.** The degree of severity of pulmonary hypertension

**Table III.** Preoperative distribution of pulmonary hypertension (PH) of 559 patients who underwent TV repair with either ring annuloplasty (RING group) or De Vega suture annuloplasty (De Vega group)

| PH before TV repair | All (N = 559) | RING group (n = 490) | De Vega group (n = 69) | P-value |
|---------------------|---------------|----------------------|------------------------|---------|
| Mild PH             | n             | %                    | n                      | %       | 16 | 23.2 | 0.0566 |
| Moderate PH         | 182           | 20.8                 | 176                    | 35.9    | 6  | 8.7  | < 0.0001 |
| Severe PH           | 116           | 12.7                 | 105                    | 21.5    | 11 | 15.9 | 0.3434 |
| No PH               | 71            | 33.9                 | 35                     | 7.1     | 36 | 52.2 | < 0.0001 |

PH – pulmonary hypertension, TV – tricuspid valve.

**Table IV.** Preoperative distribution of pulmonary hypertension (PH) and differences between the severities of PH in patients undergoing repair with either ring annuloplasty (RING group) or De Vega suture annuloplasty (De Vega group)

| PH RING vs. De Vega | Relative risk | 95% confidence interval | Odds ratio | P-value |
|---------------------|---------------|-------------------------|------------|---------|
| Mild PH             | 1.531         | 0.9805–2.392            | 1.824      | 0.0566  |
| Moderate PH         | 4.131         | 1.905–8.956             | 5.885      | < 0.0001 |
| Severe PH           | 1.344         | 0.7618–2.372            | 1.438      | 0.3434  |
| No PH               | 0.1369        | 0.09258–0.2024          | 0.07051    | < 0.0001 |

PH – pulmonary hypertension.

**Table V.** Number and percent of patients in each New York Heart Association (NYHA) functional class at time of follow-up

| NYHA Before TV repair | 1 year after TV repair | 5 years after TV repair | 10 years after TV repair |
|-----------------------|------------------------|-------------------------|--------------------------|
|                       | Ring (n = 490)         | De Vega (n = 69)        | Ring (n = 286)           | De Vega (n = 34) |
|                       | n                      | %                       | n                        | %             |
| I                     | 26                     | 5.3                     | 2                        | 2.9           |
| II                    | 328                    | 66.9                    | 40                       | 58.8          |
| III                   | 125                    | 25.5                    | 23                       | 33.3          |
| IV                    | 11                     | 2.3                     | 4                        | 5.8           |
|                       | n                      | %                       | n                        | %             |
| I                     | 26                     | 5.3                     | 2                        | 2.9           |
| II                    | 328                    | 66.9                    | 40                       | 58.8          |
| III                   | 125                    | 25.5                    | 23                       | 33.3          |
| IV                    | 11                     | 2.3                     | 4                        | 5.8           |

NYHA – New York Heart Association functional class.
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A postoperative reduction of approximately 16–18 mm/m² in the anteroposterior dimension.

A total of 490 patients received a Carpentier-Edwards ring (Edwards Lifesciences, Irvine, CA, USA). The appropriate size of the ring was selected based on the area of the anterior leaflet, and the length of the base of the tricuspid septal leaflet was measured using standard Carpentier-Edwards ring sizers.

All patients were operated on through a full median sternotomy. Intraoperative myocardial protection was provided by antegrade cool blood cardioplegia into the aortic root. The mean cardiopulmonary bypass (CBP) time was 111.1 ±40.05 min and did not differ between the study groups (p = 0.4695). The mean aortic cross clamp time was 79.6 ±34.9 min and also did not differ between the study groups (p = 0.6266). Thirty-seven (6.6%) patients had isolated TV repair, and 522 (93.4%) patients underwent concomitant procedures, such as mitral and aortic valve surgery or coronary artery bypass grafting; 506 (90.5%) patients underwent double valve surgery (tricuspid valve and mitral or aortic valve). Three-valve surgery (tricuspid valve and mitral and aortic valve surgery) was performed on 16 (2.9%) patients (Table VI).

**Statistical analysis**

Simple descriptive statistics were used to summarize the data. Continuous variables are presented as the mean ± standard deviation. Normality of the distributions was assessed using the D’Agostino-Pearson omnibus K2 tests and the Shapiro-Wilk normality test. Categorical variables were described as numbers and percentages (%) and analysed using the χ² test or Fisher’s exact test, as appropriate. A confidence level of 95% was accepted as significant.

A non-parametric Mann-Whitney test was used to compare and study the relationships between the continuous variables. Survival curves for time-to-event variables were constructed on the basis of all available follow-up data using Kaplan-Meier estimates and were compared using the log rank test. A two-sided α level of 0.05 was used for all superiority testing. A p-value < 0.05 was considered to be significant. The statistical analysis was performed using MS Excel 2003 for Windows XP and the GraphPad Prism version 5.01 statistical analysis software (Graph-Pad Software, Inc., San Diego, California, USA).

**Results**

Patients from both study groups were similar in age: 66.7 ±10.5 vs. 67.9 ±8.6 years, p = 0.6758 (RING group vs.

| Variable | All (N = 559) | RING group (n = 490) | De Vega group (n = 69) | P-value |
|----------|--------------|----------------------|------------------------|---------|
| Isolated TV surgery | 37 (6.6%) | 35 (7.1%) | 2 (2.9%) | 0.2969 |
| Concomitant procedure | 522 (93.4%) | 455 (92.8%) | 67 (97.1%) | 0.2969 |
| 2-valve surgery | 506 (90.5%) | 452 (92.2%) | 54 (78.3%) | 0.6288 |
| 3-valve surgery | 16 (2.9%) | 3 (0.6%) | 13 (18.8%) | < 0.0001 |
| CBP time [min] | 111 ±40.05 | 111.5 ±40.4 | 108.8 ±37.8 | 0.4695 |
| Cross-clamp time [min] | 79.6 ±34.9 | 79.2 ±35.6 | 82.2 ±30.8 | 0.6266 |

CBP – cardiopulmonary bypass time, TV – tricuspid valve.

Fig. 1. The modified technique of DeVega annuloplasty

Table VI. Operative data of 559 patients who underwent TV repair with either ring annuloplasty (RING group) or De Vega suture annuloplasty (De Vega group)
De Vega group). No significant differences were found between the 2 patient groups regarding gender distribution (female gender 55.3% vs. 62.3%, \( p = 0.6758 \), RING group vs. De Vega group) or preoperative atrial fibrillation occurrence (29.2% vs. 37.7%, \( p = 0.1624 \), RING group vs. De Vega group). Patients in the RING group showed better preoperative left ventricular function (60% vs. 55%, \( p = 0.0094 \)). Preoperative pulmonary hypertension (PH) in the RING group was mild in 174 (35.5%) patients, moderate in 176 (35.9%) and severe in 105 (21.5%) patients, and no PH occurred in 35 (7.1%) patients. Preoperative distribution of PH in the De Vega group was mild in 16 (23.2%) patients, moderate in 6 (8.7%) and severe in 11 (15.9%), and 36 (52.2%) patients had no PH (Tables III, IV). The occurrence of moderate PH was significantly higher in the RING group than in the De Vega group (35.9% vs. 8.7%, \( p < 0.0001 \)) (Tables I, III, IV).

Twenty-one (3.8%) patients presented with primary etiology of tricuspid valve regurgitation (17 vs. 4 patients, \( p = 0.3131 \), RING group vs. De Vega group), including traumatic rupture, myxoma and infective endocarditis of permanent pacemaker pacing wires in 10 (47.6%) patients. Concomitant procedures were performed with a similar frequency in both groups (92.8% vs. 97.1%, \( p = 0.2969 \), RING group vs. De Vega group).

Determination of NYHA functional class showed an improvement compared with preoperative functional status between the patient groups during the follow-up (Table V). The prevalence of NYHA \( \geq III \) at 1, 5 and 10 years after TV repair was 11.2%, 16.2% and 19.6% for the RING group and 8.8%, 33.4% and 12.5% for the De Vega group, respectively (Table VII). The difference in incidence of NYHA \( \geq III \) between the study groups was significant 5 years after TV surgery (\( p = 0.0261 \)) (Table VI).

During the follow-up we also assessed the change in tricuspid regurgitation (TR) over time. The prevalence of 3+ or 4+ tricuspid regurgitation at 1, 3, 5 and 10 years was 0.76%, 3.36%, 3.8% and 5.8% for the RING group and 0%, 0%, 6.8% and 5.8% for De Vega group, respectively. The difference in the trend of TR recurrence between the groups was not significant (\( p = 1.0000 \)) (Fig. 2). The majority of the patients with severe TR did not undergo reoperation because of poor clinical status, as reoperation was considered to be of extremely high risk. More aggressive diuretic therapy was required.

### Table VII. Trend of postoperative New York Heart Association (NYHA) functional class \( \geq III \) according to repair technique

| NYHA \( \geq III \) | Relative risk | 95% confidence interval | Odds ratio | \( P \)-value |
|-------------------|--------------|------------------------|------------|-------------|
| Before RING vs. De Vega | 0.7093 | 0.5114–0.9839 | 0.5976 | 0.0652 |
| 1 year after RING vs. De Vega | 1.268 | 0.4100–3.922 | 1.302 | 1.0000 |
| 5 years RING vs. De Vega | 0.3865 | 0.1925–0.7760 | 0.2743 | 0.0261 |
| 10 years RING vs. De Vega | 1.569 | 0.2308–10.66 | 1.707 | 1.0000 |

NYHA – New York Heart Association functional class.

Tricuspid valve reoperations were performed in only 3 patients, and the initial tricuspid valve repair was ring annuloplasty in 2 patients and the De Vega suture method in 1 patient. In the 2 patients who underwent initial ring annuloplasty, the reason for the reoperation was suture dehiscence; 1 patient had TV replacement 2 years after the first operation, and the other patient received ring re-fixation 2 months postoperatively. One patient with previous De Vega suture repair had a tricuspid valve repair with a ring 22 years after the primary operation.

Overall, the 30-, 60- and 90-day mortality rates were 10.9 (61/559), 13.1 (73/559) and 14.5% (81/559), respectively. Thirty-day mortality rates in the RING group and the De Vega group were 11.8% (58/490) and 4.3% (3/69), respectively.

Ten-year survival after TV repair with either ring annuloplasty (RING group) or De Vega suture annuloplasty (De Vega group) during the follow-up.
with recurrent severe tricuspid regurgitation undergo aggres- sive treatment with diuretics and medication and are referred to surgery only when they develop severe disabling symptoms, including hepatic and renal dysfunction [6].

Recent long-term studies suggest that ring annuloplasty is more durable than suture annuloplasty. Data from the surgical literature suggest that more than 85% of patients having a ring annuloplasty will be free from 2+ or greater TR 10 years after surgery. A number of studies have reported high recurrence of TR after the De Vega technique, particularly in patients with severe tricuspid annular dilation or pulmonary hypertension [1].

McCarthy et al. from the Cleveland Clinic recommend- ed abandoning the De Vega suture technique due to the common recurrence of TR on the basis of analysis of 790 patients who underwent TV annuloplasty for functional regurgitation between 1990 and 1999 [6]. Navia et al. [1] studied more than 2000 patients in the period from 1990 to 2008 with functional TR and reported a high recurrence rate of TR after TV repair. Within 3 months after surgery, 34% of the patients had moderate or severe regurgitation. The authors concluded that a rigid prosthetic ring provides early and sustained reduction of TR secondary to left-side valve disease without the need for an additional leaflet procedure [1].

Parolari et al. performed a meta-analysis of early and long-term outcomes after tricuspid repair to compare the results of suture-based versus prosthetic ring annuloplasty. There was an advantage in early but not in long-term sur- vival when using the ring. Freedom from moderate TR was significantly better in patients with ring annuloplasty (78.9 ±5.0% at 15 years vs. 60.0 ±4.2%, log-rank p = 0.0107). Ring annuloplasty is thus associated with better outcomes, being a protective factor for early mortality and long-term re- currence of TR after surgery [3].

Guenther et al. reviewed 717 patients who underwent TV repair with either ring annuloplasty or De Vega suture annuloplasty between 1975 and 2009. The 10-year survival rates after TV repair with either ring annuloplasty or De Vega annuloplasty were 46 ±7%, and 39 ±3% (p = 0.01), respectively, and freedom from reoperation after TV repair with the De Vega suture technique was 88% compared with 98% after ring annuloplasty (p = 0.034). The authors concluded that TV repair with ring annuloplasty is associ- ated with improved survival and a lower reoperation rate compared to suture annuloplasty [5].

Shinn et al. from the Mayo Clinic reported similar out- comes of concomitant TV repair during mitral valve surgery with De Vega suture annuloplasty and flexible ring annuloplas- ty [2].

Long-term mortality and recurrence of TR in patients who underwent suture and ring annuloplasty were simi- lar in our study population. De Vega suture annuloplasty provides good and stable results. Ten years after surgery, 94.2% of patients, either in the RING group or the De Vega suture group, will be free from TR ≥ 3. Only 5.8% of patients in both groups show recurrence of TR ≥ 3.
In a selected group of patients with a lower degree of annular dilatation and less severe pulmonary hypertension, in intravenous drug abusers, De Vega suture annuloplasty can be a good alternative to ring annuloplasty. Last but not least, the cost-effectiveness of suture-based De Vega annuloplasty may be an important factor, playing a role in comparing the methods. In our country the cost of Prolene suture is approximately 5 euro in comparison with 900 euro for a commercially available prosthetic tricuspid ring.

**Conclusions**

It is well accepted that for TV repair, prosthetic ring annuloplasty has better results than suture-based annuloplasty. In our experience with patients undergoing TV repair of functional TR, both annuloplasty techniques have good and stable results over time. De Vega suture annuloplasty can be performed simply and rapidly and at a low cost compared with commercially available rings. De Vega suture technique appears to be an effective and durable repair. This technique is simple, reproducible, less costly and could be considered in a selected group of patients.

**Disclosure**

Authors report no conflict of interest.

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