Using Oyster Shells for Customized 3-D Structures for Monitoring Ecosystem Shifts on Ascidians Diversity

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Biofouling communities are broadly distributed and there is a growing need to understand, monitor, and prevent their dispersal and colonization. Ascidians are a major group of fouling organisms but have remained poorly studied in this context. Furthermore, the search for improved sustainable practices regarding shipping networks, biofouling management, treatments, and monitorization has made headway rapidly. The present study surveyed and established a baseline for the ascidian biofouling community in a coastal lagoon, by operationalizing the concept of artificial substrate units (ASU) through a customized 3-D unit with the shape of a triangular-based pyramid, a nature-based structure that simulates natural habitats, made with oyster shells sourced from local aquaculture farms. The ASU were grouped into a five-replicate star-shaped, to be collected at each sampling moment. Throughout the 295 days (from May to December of 2020) of the present study covering five different locations of Ria de Aveiro (Portugal) coastal lagoon, a total of 12 species of ascidians were collected. While Ascidia aspersa, Microcosmus sp., and Molgula sp. 1 were registered in all the locations surveyed, the remaining nine ascidian species were dominant only in specific locations of the coastal lagoon. Values of total abundance presented an overall increasing trend in all locations surveyed, with maximum values corresponding to summer periods. Two locations (Oyster Farm and Integrated Multi-Trophic Aquaculture Farm) recorded the highest abundance values. The present findings demonstrated that the ASU employed using oyster shells, a widely available co-product of oyster farming, can be considered an efficient support structure for short- or long-term monitoring of the ascidian community, as well as fouling communities in general. Hydrodynamics, seasonality, and nutrient-enriched waters were the main contributors to the establishment of ascidians. For the first time, Clavelina lepadiformis and A. aspersa were collected and reported in coastal waters of mainland Portugal. While preventing the settlement of fouling communities can be extremely difficult, an improved understanding of existing communities of these organisms can undoubtedly contribute to the development of improved management practices to control them. An updated list of all ascidian species recorded to date from coastal waters of mainland Portugal is also presented.

Keywords: settlement, coastal lagoon, artificial substrate, monitorization, fouling community, tunicates
INTRODUCTION

Ascidians are amongst the most significant groups of fouling organisms worldwide, a feature that has increased the interest of the research community in these organisms (Fitridge et al., 2012; Taylor et al., 2014). They are sessile filter-feeders that display fast growth rates (Millar, 1952) and inhabit a variety of substrates (Millar, 1971; Lambert, 2007). They can also be recognized as a potential co-cultured/extractive species for Integrated Multi-Trophic Aquaculture (IMTA) with potential added value as bioresources (Marques et al., 2022). Ascidians present a short lifespan and their lecithotrophic larval development makes them an important bioindicator of anthropogenic transport (Marins et al., 2010). Their larvae can tolerate long-distance dispersal as a result of human intervention (Marshall et al., 2003) through ballast waters or translocations of cultivated shellfish for aquaculture purposes (Lambert, 2001; Locke et al., 2007). Ascidians can quickly spread and colonize extensive areas and new ecosystems, occupying artificial and natural substrates (Millar, 1971; Lambert, 2007). Fouling ascidians settle on aquaculture gear, piers, floating docks, marinas, and wharf piles from commercial ports causing deleterious impacts on those locations (Dumont et al., 2011; Koplovitz et al., 2016). Furthermore, ascidian fouling on mussel farms can negatively impact the growth of these bivalves (Guenther et al., 2006; Bullard et al., 2013), increase their mortality (Forrest et al., 2007; Bannister et al., 2019), induce shell deformities (Taylor et al., 1997), and by increasing the weight on aquaculture infrastructures (Ramsay et al., 2008a; Rodriguez and Ibarra-Obando, 2008) can cause negative ecological and economic impacts (Carver et al., 2003; Lutz-Collins et al., 2009; Lacoste et al., 2016).

Controlling and mitigating biofouling is a large financial burden to the aquaculture industry. Estimates indicate that 20-30% of additional costs are spent annually on biofouling control, with these figures varying with cultured species and location (Lacoste and Gaertner-Mazouni, 2015). Thus, aquaculture activities demand the development of innovative technological solutions that target fouling organisms, to reduce their impacts and achieve more sustainable farming approaches. However, biofouling control in aquaculture must be assessed with caution, as the removal process can also be stressful and damaging for species being cultured (Lacoste and Gaertner-Mazouni, 2015). Expectations are that these methods will evolve as the aquaculture industry moves forward (Bannister et al., 2019).

Therefore, one of the measures to assist this matter includes the establishment of monitorization programs and carrying out local surveys, as these will allow an early detection and enable a rapid response. Implementation of monitoring programs is normally managed by international organizations, including the Convention for the Protection of the Marine Environment of the North-East Atlantic (OSPAR) (Lehtiniemi et al., 2015). Throughout the years, different monitoring programs for fouling communities have been addressed, such as metabarcoding analysis (Azevedo et al., 2020), the maintenance and surveillance of marine (Gewing and Shenkar, 2017), proteomic profiling (Kuplik et al., 2019), and the use of oyster shells as a habitat collector (Outinen et al., 2019), all of which can significantly serve as an effective support structure for the early-detection of biofouling species. As such, it is essential to understand the biofouling communities, with emphasis on the ascidians community’s composition, abundance, and distribution, and identify the major environmental drivers that shape the settlement dynamics of these communities for further implementing enhanced mitigation actions.

The present study aims to investigate three research questions: i) can customized 3-D ASU structures made of oyster shells support the monitoring of ecosystem shifts on ascidians diversity; ii) using Ria de Aveiro, coastal lagoon (Portugal) as a case study, can these 3-D ASU be employed to survey and establish a baseline for the ascidian biofouling community; iii) can these 3-D ASU also be used in an aquaculture facility?

The main objective was to monitor and establish a benchmark for the ascidian biofouling community by using an innovative customized 3-D star-shaped structure composed of five replicated ASU using oyster shells as a nature-based substrate.

MATERIAL AND METHODS

Study Area

The study area is located in the shallow coastal lagoon Ria de Aveiro, Portugal (Figure 1), which forms four major channels (Ovar Channel, 29 km to the North; Espinho Channel, a highly modified water body, which corresponds to the Vouga estuary; the Ilhavo Channel, 15 km to the southeast; and the Mira Channel, 20 km to the south characterized by a typical estuarine gradient); and connects to the Atlantic Ocean through a narrow artificial navigation channel (Lopes et al., 2017). Our experimental design consists of five distinct research locations distributed within Mira Channel and the premises of a facility that receives water from the Ilhavo Channel. The first sampling location is located at the Ocean boundary of the Ria de Aveiro, which receives the greatest influence from marine waters and features 1.3 km long, 350 m wide, and 20 m deep. The tidal currents velocities can reach 1 m s⁻¹ and progressively gets weaker in the many innermost canals (Martins et al., 2010). Three sampling locations are allocated in the Mira Channel, characterized by the existence of intertidal zones, namely mudflats and salt marshes, where recreational and aquaculture activities occur, such as extensive natural banks of shellfish; "Fishing Harbour" (FH) (40° 37’ 57.3” N. 8° 43’ 57.8” W), where commercial vessels resort for shelter, landing catches of coastal fisheries and has a maximum capacity of 136 medium size fishery boats; "Marina” (M) (40° 37’ 13.4” N. 8° 44’ 54.2” W), where small recreational boats can dock on floating structures, with the capacity of 130 berths, and "Oyster Farm” (OF) (40° 37’ 06.7” N. 8° 44’ 28.2” W), is established within a rack-and-bag culture oyster farm of Crassostrea gigas. This method is highly dependent on the tidal range. Ilhavo Channel, with a 15 km length, is characterized by partially mixed waters depending on the volume of freshwater inflow from the Boco river. The fifth
sampling location is in this channel “Integrated Multi-Trophic Aquaculture Farm” (IMTA), (40°36'44"N 8°40'3"W). A land-based semi-intensive fish farm that operates under an IMTA framework. At this facility, seabass and seabream are produced in earth ponds, with their nutrient-rich effluents being supplied to farm macroalgae in concrete tanks.

Customized 3-D Artificial Substrate Units
Oyster shell-based units were developed to serve as a nature-based structure for ascidian larvae to settle (Figure 2). Initially, from a net roll with a 0.01 m mesh (Figure 2A), a rectangle with 0.2 m in length and 0.4 m in height was cropped (Figure 2B). Afterward, the rectangle was folded in half and the lateral parts were sewn together with a nylon fishing line (Figure 2C). Next, the superior edge was opened, 30 oyster shells (10 large + 20 small) were placed within each triangular-based pyramid (Figures 2D, E), and the opposite sides were joined and sewn together forming the final triangular-based pyramid (Figure 2F). Oyster shells (from Crassostrea gigas) were sourced from an oyster farm at Ria de Aveiro, where this is an abundant co-product of oyster farming due to mortality during grow-out. To achieve the final star-shaped composed of five replicated ASU, five triangular-based pyramids were connected using a polypropylene nautical cord and a zip tie fastened through the center edges (Figure 2H). Each pyramid was weighed to ensure similar weights amongst replicates. The final weight varied between 270 – 310 g with an average weight of 285 g. Each pyramid measured 0.2 m in length and 0.2 m in height and holds 1 L volume-wise. A total of 175 triangular-based pyramids were created, which were used to assemble 35 star-shaped composed of five replicated ASU.

Sampling and Laboratory Procedures
During February 2020 (late winter), seven star-shaped units, each composed of five replicated ASU, were deployed at each of the five research sites. These were randomly widespread and attached to existing structures, remaining fully or partially submerged during tides. During the experimental period, no intervention whatsoever (including cleaning) was performed on the ASU. The first sampling procedure occurred in May 2020, after 92 days, and it was repeated every five weeks until December 2020 (late autumn), with the final unit being sampled 295 days after being deployed. At each sampling moment, five ASU (corresponding to one star-shaped unit) was retrieved from each location, transported in a cooler with local water, and immediately processed upon arrival at the laboratory. From each star-shaped unit collected, every one of the five triangular-based pyramids was processed individually, thus allowing to retrieve five independent replicates from each location.

Nutrient Analysis
Salinity, water temperature (°C), pH, and dissolved oxygen (mg L⁻¹) were measured in situ (Table SI1) during each sampling event. Water samples, collected in triplicates, were transported under refrigerated conditions and immediately filtered with pre-weighed filters (Ahlstrom Munksjö GF/C, Ø47 mm dehydrated at 105°C). Afterward, filters were dried at 60°C for 48 h (suspended particulate matter: SPM) and combusted at 450°C for 5h (ash-free dry weight: AFDW), particulate organic matter (POM) was calculated by subtracting SPM and AFDW, following the EPA Method 160.2. Water aliquots were stored frozen at -20°C until analysis. A Skalar San++ Continuous Flow Analyzer (Skalar Analytical, Breda, The Netherlands) was used to determine dissolved ammonium (NH₄-N, mg L⁻¹), nitrogen oxides (N-NOₓ, mg L⁻¹) and orthophosphate (P-PO₄, mg L⁻¹) concentrations, using Skalar’s standard automated methods for NH₄-N (Modified Berthelot reaction for ammonia determination), N-NOₓ (Total UV digestible nitrogen/nitrate + nitrite/nitrite) and P-PO₄ (Total UV digestible phosphate/orthophosphate).

Ascidian Sampling
Biological samples were transported in a cooler with local water and immediately processed upon arrival at the laboratory.
Ascidians from each replicate were retrieved from the net and the oyster shells, being subsequently counted. Ascidians were carefully removed manually and placed in a Petri dish with seawater. Most ascidians exhibit a tactile response during measuring and may contract; therefore, for a more accurate measurement, ascidians were spread out on a tray and left for 15 minutes before measuring was performed using graph paper. Individual mass (wet weight) was registered for each replicate. Colonial ascidians for which removal from the net and oyster shells was not possible were photographed and coverage area was measured using the software ImageJ. Subsequently, ascidians were stored at -80°C and subsequently freeze-dried to determine their total biomass. Ascidians were identified to the lowest possible taxa, using identification guides and dichotomous keys (Alder and Hancock, 1905; Hayward et al., 1990).

**Diversity Indicators**

A set of five indices was determined (Table SI2): 1) to evaluate the number of species present in each location (species richness); 2) and 3) species richness and evenness were determined using Pielou’s Evenness and Margalef’s Richness Index (Margalef, 1968; Pielou, 1969), as these allow to evaluate the level of homogeneity within the ascidian community at each location; 4) and 5) to characterize species diversity we employed Shannon’s and Simpson’s index, as these account for both abundance and evenness of the species present at each sampling location (Simpson, 1949; Shannon and Weaver, 1963).
**Statistical Analyses**

Data from the total abundance were log(x+1) transformed to reduce the skewness of our original data and a Bray-Curtis similarity matrix (Bray and Curtis, 1957) was assembled. A two-way PERMANOVA design was created with "location" and "sampling period" being used as fixed factors. Whenever significant differences were observed, two pairwise test analyses were performed: the first to infer which sampling locations presented significant differences between the total abundance of ascidians collected; and the second to determine which sampling periods within each location presented significant differences. The statistical significance of variance components was tested using 999 permutations of unrestricted permutations of data, with an a priori chosen significance level of $\alpha=0.05$. The Monte Carlo P value (P(MC)) was used whenever permutations were less than 100.

A multidimensional scaling (MDS) was performed to visualize the overall patterns and relationships between the biological matrices surveyed. Before the statistical analysis of environmental parameters (PO$_4^{3-}$, NH$_4^+$, NO$_3^-$, and POM), a resemblance matrix based on Euclidean distances was calculated and data were log(x+1) transformed, again, to reduce the skewness of our original data. Afterward, all parameters followed normalization. The relationship between all environmental variables (PO$_4^{3-}$, NH$_4^+$, NO$_3^-$, and POM) and the distribution of the ascidian community was explored by carrying out a Distance-Based Linear Model analysis (DistLM) with "Best" as the selection procedure and "BIC" (Bayesian information criterion) as the selection criterion. All multivariate analyses were performed using PRIMER 6 + PERMANOVA© software (software package from Plymouth Marine Laboratory, UK) (Anderson et al., 2008).

**RESULTS**

A total of eight genera and 12 species of ascidians were collected from the ASU during the present study from all five locations (Figure 3). Three colonial ascidians *Botryllus schlosseri* (Pallas, 1766), *Botrylloides violaceus* (Oka, 1927), *Clavelina lepadiformis* (Müller, 1776) and nine solitary ascidian species, *Asciidiella aspersa* (Müller, 1776), *Ciona intestinalis* (Linnaeus, 1767), *Styela picata* (Lesueur, 1823), *Styela* sp. (Fleming, 1822), *Microcosmus* sp. (Heller, 1877), *Molgula* sp. 1 (Forbes, 1848), *Molgula* sp. 2 (Forbes, 1848) were identified (with two solitary ascidians having remained unidentifie, due to their small size or slightly damaged body). The total number of ascidians species retrieved in each sampled location ranged from five to eight species at the end of the trial (Table 1). The ascidian species *A. aspersa*, *Microcosmus* sp., and *Molgula* sp. 1 were recorded in all sampling locations (Table 1). Nonetheless, these species displayed some variations in their abundance and biomass values (Figure 4). *Microcosmus* sp. and *Molgula* sp. 1 recorded the highest values of both abundance and biomass throughout.

*FIGURE 3* | Taxonomic tree of the ten identified species retrieved from the Ria de Aveiro. Superscript numbers indicate reference: 1– Canning-Clode et al. (2013); 2 – Chainho et al. (2015); 3 – Ramalhosa et al. (2021).
TABLE 1 | Presence/absence table of the collected ascidians throughout the duration of the experiment and their respective location within Ria de Aveiro.

| Ascidians                                      | TG  | FH  | M   | OF  | IMTA |
|------------------------------------------------|-----|-----|-----|-----|------|
| Ascidiella aspersa                             | ●   | ●   | ●   | ●   | ●    |
| Botryllus schlosseri                           | ●●  | ●   | ●   | ●   | ●    |
| Botryloides violaceus                          | ●●● | ●   | ●   | ●   | ●    |
| Clavelina lepadiformis                         | ●●  | ●   | ●   | ●   | ●    |
| Ciona intestinalis                             | ●   | ●   | ●   | ●   | ●    |
| Microcosmus sp. 1                              | ●   | ●   | ●   | ●   | ●    |
| Molgula sp. 1                                  | ●   | ●   | ●   | ●   | ●    |
| Molgula sp. 2                                  | ●   | ●   | ●   | ●   | ●    |
| Styela plicata                                 | ●   | ●   | ●   | ●   | ●    |
| Styela sp. unknown 1                           | ●   | ●   | ●   | ●   | ●    |
| Styela sp. unknown 2                           | ●   | ●   | ●   | ●   | ●    |
| Total                                          | 6   | 8   | 5   | 7   | 7    |

TG, Tide Gauge; FH, Fishing Harbour; M, Marina; OF, Oyster Farm; IMTA, Integrated Multi-Trophic Aquaculture.

The study period, in all sampling locations, with a particular highlight in Mira Channel locations (FH, M, and OF) (Table 2). Despite Ciona intestinalis being collected from four out of the five studied locations, this species registered abundance and biomass values at the inner Ilhavo Channel IMTA farm (Figure 4E), of 50.4% and 84.5% total respectively (Table 2).

At the ocean boundary TG location, Clavelina lepadiformis was dominant with 43% of the total abundance while Microcosmus sp. and Molgula sp. 1 dominated the biomass values with a combining percentage of 85% (Table 2). Styela plicata was solely retrieved from both farm locations at Mira and Ilhavo Channels (OF and IMTA), while Styela sp. was retrieved from the port locations at Mira Channel (FH and M) (Table 1).

A particular trend towards an increase in total abundance over time, followed by a subsequent decrease was observed, with maximum values being recorded during sampling days 155 to 226 (from July to October) (Figure 4). However, this trend is not so evident concerning biomass values. In Mira Channel locations (FH, M, and OF), the species that presented the highest abundance also presented higher biomass values (Table 2).

Interestingly, in all studied locations, the same combination of two species consistently dominated total abundance and total biomass, except for TG location: C. lepadiformis and Molgula sp. 2 represented 76.7% of the total abundance while Microcosmus sp. and Molgula sp. 1 represented 85% of the total biomass. In the remaining locations: at FH Molgula sp. 1 and Molgula sp. 2 represented 81.7% of the total abundance and 83.4% of the total biomass; at M and OF locations, Microcosmus sp. and Molgula sp. 1 dominated 94.6% and 90.8%, respectively of the total abundance and 97.2% and 90.2%, respectively of the total biomass; at IMTA site, C. intestinalis and Molgula sp. 1 represented 84% of the total abundance and 92.9% of the total biomass. Ascidian Botryllus schlosseri was only collected at IMTA, registering a maximum area of 0.014 m² at sampling day 127. Similar values of the coverage area of Botrylloides violaceus were recorded at locations FH and OF, however, these were recorded at different sampling periods (0.0033 m² at sampling day 295 (December) and 0.0033 m² at sampling day 226 (October), respectively). Overall, significant differences were detected in the total abundance of the ascidian community between each sampling site and sampling period (Table 3).

Furthermore, pairwise test analysis (Table S13) revealed that abundance values of C. intestinalis were significantly different between IMTA and the remaining locations, (IMTA/TG p=0.001; IMTA/FH p=0.001; IMTA/M p=0.001; IMTA/OF p=0.001), as was C. lepadiformis between the ocean boundary TG and other locations (TG/FH p=0.04; TG/M p=0.012; TG/OF p=0.015; TG/IMTA p=0.013). Likewise, the two species within the genus Molgula presented abundance values with significant differences amongst all locations.

The MDS ordination analysis showed a clear separation of the total abundance of the ascidian community between all five locations (Figure 5). Furthermore, a separation between the farm sites (OF and IMTA) with the remaining sampling locations is quite evident. The size and direction of species vectors indicate that C. intestinalis and A. aspersa are the main contributors to the IMTA site, whereas Clavelina lepadiformis is responsible for the separation of the ocean boundary TG, but with lesser influence. Molgula sp. 2 is the main contributor to the FH location, Microcosmus sp. and Molgula sp. 1 are equally dominant at M and OF and are represented in the MDS ordination plot as such.

The analysis of nutrient concentrations provided from the water samples retrieved from each sampling period demonstrated that PO4⁻³ and NH4⁺ displayed a similar pattern. The OF and IMTA sites presented the highest mean values, both with statistically significant differences (1.68µmol/L and 1.69µmol/L for PO4⁻³; 17.35 µmol/L and 21.86 µmol/L for NH4⁺ respectively) (Figure 6). Furthermore, DistLM analysis unveiled that NH4⁺ best explained the variations in ascidians’ total abundance amongst the farm locations (OF and IMTA) while NO3⁻ best explained for the remaining locations.

Ecological diversity indices Shannon and Simpson revealed an equal pattern throughout the five locations, in which TG presented the highest values of biodiversity, followed by FH, IMTA, OF, and finally M with the lowest index values. Margalef’s index indicated that the FH is the location with the highest species richness. Pielou’s index demonstrated that TG and IMTA represent the two locations in which the ascidian communities are the most homogeneous (Table S14). Lastly, species richness indicated that...
the highest number of ascidian species recorded was eight within the FH location, while the lowest was five, within the M location. A detailed list of ascidians reported from coastal waters from mainland Portugal with an indication of their specific location and where were they collected is provided (Table 4). A more detailed list of all ascidian species reported to date in Portuguese waters (mainland Portugal along with Madeira and Azores archipelagos) is also presented (Table S15). A total of
75 ascidian species were recorded in mainland Portuguese waters to date, being distributed over 40 different genera, 55% of which belong to order Stolidobranchia, 22.5% to order Aploidobranchia, and the remaining 22.5% to order Phlebobranchia. Moreover, 68% of all recorded species are solitary ascidians, with the other 32% being colonial organisms.

### DISCUSSION

The presence of *A. aspersa*, *Microcosmus* sp., and *Molgula* sp. 1 in all five locations demonstrates that, despite some variations in the abundance and biomass values throughout samplings, these ascidians are highly tolerant to the environmental fluctuations present in coastal ecosystems, such as Ria de Aveiro, a mesotidal coastal lagoon. Furthermore, *A. aspersa* and species belonging to the genus *Microcosmus* (*M. squamiger*, *M. plana*) are considered to be non-indigenous (NIS) species in Portugal (*Figure 3*), with invasive behavior (Chainho et al., 2015; Ramalhosa et al., 2021) and exhibit a wide distribution (Lambert et al., 2010). The sampling locations at Mira Channel (FH, M, and OF), registered the highest abundance of these three ascidians species, indicating the presence of favorable conditions for their settlement and growth.

However, species-specific traits must be taken into consideration. Abdul Jaffar et al. (2016) described that ascidians’ distribution may not be influenced by hydrodynamic factors but rather by the type and availability of substrates. However, considering the distribution of the species recorded in our study, the hydrodynamic factors present in Ria de Aveiro (Lopes et al., 2017) may well be an explanation for such distribution. The highest total number of ascidians were collected at the OF and IMTA location (intertidal areas with poor or low water flow, (Dias et al., 2000), while the lowest number of ascidians were recorded at the TG, FH, and M locations (subtidal areas that exhibit a higher water flow). Therefore, these findings point out a strong relationship between water circulation and larval establishment in the existing infrastructures.

In coastal ecosystems, namely hosting boating and shipping activities, boats and ship’s hulls and ship ballast water are commonly recognized for their potential as vectors of the introduction of biofouling organisms consequently making places such as marinas, ports, and wharves extremely susceptible to the fouling activities (Davidson et al., 2010; Hoxha et al., 2018). Furthermore, inshore aquaculture infrastructures can be targeted as well due to the loading of nutrients and the availability of artificial substrates favorable for biofoulers organisms (Lambert, 2007; Atalah et al., 2014; Atalah et al., 2020; Loureiro et al., 2021). In the Ria de Aveiro, colonial ascidian *B. violaceus* was registered only at the FH and OF sites, in line with what previous authors have reported regarding the pathways of introduction (Carver et al., 2006; Bock et al., 2011; Palanisamy et al., 2018). Interestingly, *B. schlosseri* was only registered at the IMTA site. These two species have been recognized as NIS in Portugal (*Figure 3*) (Canning-Clode et al., 2013; Chainho et al., 2015; Ramalhosa et al., 2021).

*Ciona intestinalis* total abundance dominated at the IMTA location, representing 50% of the total ascidian community collected throughout the present study, whereas at the remaining locations (FH, M, and OF) it presented extremely low abundance values (0.5%, 0.7%, 0.3%, respectively). Additionally, this location recorded the highest concentrations of dissolved inorganic nutrients. This evidence suggests that the nutrient-enriched waters produced by the fish cultivation system are favoring the growth and biomass accumulation of this species (Chatzoglou et al., 2020). On the other hand, the OF location overall registered high abundances, but on what concerns POM values, this location recorded the lowest values. A possible explanation for such finding is the existing oyster production at this location that may contribute to a reduction of the POM from the water and consequently increase the ammonia signal (Dame et al., 1984).

The general trend of the increase in abundance values was observed in all the studied locations during sampling days 155 to 226 (July to October), which in turn corresponds to the period of ascidians settlement (Coma et al., 2000; Lambert, 2007). Several studies have verified that seasonality is a key element in the
development of marine fouling communities (Lindeyer and Gittenberger, 2011; Sievers et al., 2013; Lezzi and Giangrande, 2018; Fortić et al., 2021) and that larval availability also varies with the season (Shenkar et al., 2008).

Our results are compatible with those found by other authors, who have demonstrated that ascidians can present different interspecific recruitment periods year-round. More specifically, Valentine et al. (2016) verified that recruits of colonial B. violaceus can be observed from September to October. Solitary C. intestinalis reaches a recruitment peak in August and can continue until late November (Ramsay et al., 2008b; Ramsay et al., 2009; Valentine et al., 2016). Lindeyer and Gittenberger (2011) documented the succession of native versus non-native fouling communities and verified that Molgula socialis, Styela clava, and B. violaceus settled mostly from June to December, while C. intestinalis, A. aspersa, and B. schlosseri settled from March to December. Therefore, in locations where predictable seasonal fouling patterns are present, the moment of retrieval of the substrate used to collect marine fouling communities is paramount.

Some biofouling populations can proliferate very rapidly and then gradually retreat. This is especially true for C. intestinalis and S. clava. (Watts et al., 2015). However, environmental factors such as temperature and salinity (Vercaemer et al., 2011; Valentine et al., 2016), light (Gulliksen, 2011; Al-Sofyani and Satheesh, 2019), rainfall (Gama et al., 2006), substrate availability (Osman and Whitlatch, 1995) among others, may also play a significant role in the recruitment process. For example, according to Valentine et al. (2016), ascidians C. intestinalis and A. aspersa have a negative response to temperatures above 21 °C, but other ascidians such as S. clava are less sensitive to temperature fluctuations. Ascidian colonization has been positively correlated with warmer water temperatures (Rodriguez and Ibarra-Obando, 2008), and at the five locations selected for this experiment, temperatures varied on average from 15.4°C-18.1°C, indicating that ascidian colonization is benefiting from these temperatures.

Ecological indicators are mainly used as supporting information regarding a targeted ecosystem and to evaluate possible impacts on those ecosystems. These indexes provide data about an ecosystem, namely the biodiversity status (Karydis and Tsirtsis, 1996). The Simpson index considered a dominance indicator, revealed that three locations (TG, FH, and IMTA) presented dominant species, C. lepadiformis, Molgula sp., and C. intestinalis, respectively. Despite the Shannon-Weiner index accounting for both species richness and its evenness, analogous results to the Simpson index were obtained. Moreover, the Pielou index displayed the locations TG and IMTA with the most uniformed ascidian community, possibly because of the abundancies registered at these locations of C. lepadiformis and C. intestinalis, respectively. Although the differences in species richness between each location were minor and Gamito (2010) revealed that this index is strongly affected by sampling effort and caution must be taken into consideration, the FH location was indicated as the location with the highest number of species. This evidence shows that it cannot be ruled out that this port, located in a loading dock and

| TABLE 3 | Results of the two-factor permutational multivariate analysis of variance (PERMANOVA) of the Log(x+1) transformed data for the ascidian species collected throughout the present study in the Ria de Aveiro. |
|----------|----------------------------------------------------------------------------------|
| A. aspersa | C. intestinalis | C. lepadiformis | Microcosmus sp. | Molgula sp. 1 | Molgula sp. 2 | Styela sp. | S. plicata | unknown 1 | unknown 2 |
| Pseudo F | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 |
| P(perm) | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 | 0.001 |

The bold numbers represent significant differences (p>0.05).
most probably other ports belonging to the Ria de Aveiro, are more susceptible to biofouling activities and constitute pathways for fouling introductions.

Notwithstanding, ascidian biofouling in marinas and ports should be greater when compared to natural locations as described by (Marins et al., 2010; McNaught and Norden, 2011). In our study, such observations were not entirely met. A possible explanation for such findings is that, in some way, the presence of our star-shaped ASU mimics the artificial infrastructures that are normally present in marinas and ports, and therefore artificializing natural locations. Furthermore, at OF and IMTA locations the presence of aquaculture activities may have also contributed to higher abundance values. Also, possibly a longer experimental trial would be needed to detect a higher biofouling presence under these artificial conditions.
**TABLE 4** | List of recorded ascidian species from the coastal waters of mainland Portugal.

| Species                  | Location | Reference                             |
|--------------------------|----------|---------------------------------------|
| Abyssascidia millari    | Portugal | (Ramos Espí, 1988)                    |
| Aplidium abicans         | Portugal | (Ramos Espí, 1988)                    |
| Aplidium densum          | Portugal | (Ramos Espí, 1988)                    |
| Aplidium elegans         | Portugal | (Ramos Espí, 1988)                    |
| Aplidium enigmaticum     | Portugal | (Ramos Espí, 1988)                    |
| Aplidium nordmanni       | Portugal | (Ramos Espí, 1988)                    |
| Aplidium pallidum        | Portugal | (Ramos Espí, 1988)                    |
| Aplidium proliferum      | Portugal | (Ramos Espí, 1988)                    |
| Aplidium punctum         | Portugal | (Ramos Espí, 1988)                    |
| Aplidium sagresensis     | Sagres   | (Ramos-Espí et al., 1993)             |
| Aplidium sp.             | Ria Formosa | (Peck et al., 2015)                  |
| Araneum sigma            | Portugal | (Ramos Espí, 1988)                    |
| Asajirus indicus         | Portugal | (Ramos Espí, 1988)                    |
| Bathypyura celata        | Portugal | (Ramos Espí, 1988)                    |
| Bathystyeloides dubius   | Portugal | (Ramos Espí, 1988)                    |
| Bathystyeloides enderbyanus | Portugal | (Ramos Espí, 1988)                  |
| Botryllus violaceus      | Nazaré   | (Nagar et al., 2010)                  |
| Botryllus schlosseri     | Lisboa   | (Saldanha, 1974)                      |
|                          | Porto    | (Azevedo et al., 2020)                |
|                          | Faro     | (Ben-Shlomo et al., 2006)             |
|                          | Sesimbra |                                       |
|                          | Setúbal  |                                       |
|                          | Portugal | (Ramos Espí, 1988)                    |
|                          | Porto    | (Azevedo et al., 2020)                |
|                          | Faro     | (Afrilato et al., 2015)               |
| Cnemidocarpa bythia      | Portugal | (Ramos Espí, 1988)                    |
| Cnemidocarpa devia       | Portugal | (Ramos Espí, 1988)                    |
| Cnemidocarpa digonias    | Portugal | (Ramos Espí, 1988)                    |
| Cnemidocarpa platybranchia | Portugal | (Ramos Espí, 1988)                  |
| Corella eumyota          | Algarve  | (Ruiz, 2015)                          |
|                          | Vila Praia de Ancora |                    |
|                          | Porto    | (Nagar et al., 2010)                  |
|                          | Faro     | (Afrilato et al., 2015)               |
|                          | Peniche  |                                       |
|                          | Oeiras    |                                       |
|                          | Nazaré    |                                       |
|                          | Peniche   |                                       |
|                          | Oeiras    |                                       |
| Cystnascidia translucida | Portugal | (Ramos Espí, 1988)                    |
| Culeolus suhmi           | Portugal | (Ramos Espí, 1988)                    |
| Dendrodoa grossularia    | Porto     | (Ramos Espí, 1988)                    |
| Diazona violacea         | Portugal | (Ramos Espí, 1988)                    |
| Dicarpa pacifica         | Portugal | (Ramos Espí, 1988)                    |
| Dicarpa simplex          | Portugal | (Ramos Espí, 1988)                    |
| Didemnum coriaceum       | Portugal | (Ramos Espí, 1988)                    |
| Didemnum maculosum       | Portugal | (Ramos Espí, 1988)                    |
| Didemnum vesillum        | Porto     | (Azevedo et al., 2020)                |
| Diplosoma listeriunum    | Portugal | (Ramos Espí, 1988)                    |
| Distaplia rosea          | Portugal | (Ramos Espí, 1988)                    |
| Distomus variolosus      | Portugal | (Ramos Espí, 1988)                    |
| Halocynthia papillosa    | Portugal | (Ramos Espí, 1988)                    |
| Hemistyela pilosa        | Portugal | (Ramos Espí, 1988)                    |
| Heterostigma sepia       | Portugal | (Ramos Espí, 1988)                    |
| Lissoclinum perforatum   | Portugal | (Ramos Espí, 1988)                    |
| Microcosmus nudistigma   | Portugal | (Ramos Espí, 1988)                    |
| Microcosmus polymorphus  | Portugal | (Ramos Espí, 1988)                    |
| Microcosmus sabatieri    | Portugal | (Ramos Espí, 1988)                    |
| Microcosmus squamiger    | Algarve   | (Ruiz, 2015)                          |
| Minipera pedunculata     | Portugal | (Turon et al., 2007)                  |
| Molgula manhattensis     | Portugal | (Ramos Espí, 1988)                    |
| Molgula occidentalis     | Algarve   | (Ruiz, 2015)                          |
| Molgula sp.              | Ria Formosa | (Peck et al., 2015)                  |
| Molguloides crenatum     | Portugal | (Ramos Espí, 1988)                    |
| Octacnemus ingolfi       | Portugal | (Ramos Espí, 1988)                    |

(Continued)
Further, the availability of non-colonized substrates and/or new artificial substrates can influence the recruitment and settlement of ascidian larvae (Osman and Whitlatch, 1995). In the present study, the substrate used (non-colonized oyster shells within a star-shaped unit) was the same in all locations. Therefore the element of preference for one type of substrate over another was eliminated, as other authors have previously described (Stoner, 1994; Chase et al., 2016). Future research involving the investigation of ecological ascidian succession from each location and the effectiveness of this ASU would imply a different experimental approach, such as longer experimental sampling periods, identification of the surrounding fauna and respective specie status, more frequent records of environmental variations, and ultimately standardization and method validation.

Previous review studies on antifouling techniques (Fitridge et al., 2012; Sievers et al., 2017; Bannister et al., 2019) revealed that the great majority of the methods that are employed are based on reactive treatments rather than proactive prevention of the fouling organisms. The most popular methods are water pressure, air exposure, coating technology, physical removal, biological control using grazers, heat, and acetic acid. Consequently, many farmers are having reservations concerning these methods due to the negative outcomes, such as efficiency, stock fitness, costs and profits, and environmental impact. However, few antifouling preventive methods are being discussed. Strategies such as the use of metals (copper, nickel, and tin) may promote negative impacts (Fitridge et al., 2012); despite investigations indicating that little environmental impact is caused by the use of natural compounds that inhibit larval metamorphosis, no commercial-scale trials to test the effectiveness have been achieved (Bannister et al., 2019); encapsulation technique is mostly applied to boat hulls, pontoons, and piles, and as the selective breeding of fouling resistant stock may be a prosperous option (Sievers et al., 2017), nevertheless, these methods can be time-consuming.

Our research supports the repurposing of oyster shells that otherwise would end up in a land-fill or inadequate disposal (Ramakrishna et al., 2018; Chilakala et al., 2019). It is an environmentally friendly practice and reduces the costs for farmers. For instance, in the UK, the disposal of oyster shell waste can cost £80 per ton (Morris et al., 2019). Repurposing oyster shell waste has been an increasingly studied topic with innumerous applications, such as biological filtration in marine

**TABLE 4 | Continued**

| Species                      | Location          | Reference               |
|------------------------------|-------------------|-------------------------|
| Oligotrema lyra              | Portugal          | (Ramos Espšà, 1988)    |
| Oligotrema unigonas          | Portugal          | (Ramos Espšà, 1988)    |
| Phaulusia mammillata         | Algarve           | (Oliveira and Almeida, 2009) |
| Polycarpa comata             | Portugal          | (Ramos Espšà, 1988)    |
| Polycarpa errans             | Portugal          | (Ramos Espšà, 1988)    |
| Polycarpa ibrosa             | Portugal          | (Ramos Espšà, 1988)    |
| Polycarpa gracilis           | Portugal          | (Ramos Espšà, 1988)    |
| Polycarpa pseudoalbatrossii  | Portugal          | (Ramos Espšà, 1988)    |
| Polycarpa violacea           | Portugal          | (Ramos Espšà, 1988)    |
| Polysyncrathon lacazei       | Portugal          | (Ramos Espšà, 1988)    |
| Proaegnesia depressa         | Portugal          | (Ramos Espšà, 1988)    |
| Protohypogena bythia         | Portugal          | (Ramos Espšà, 1988)    |
| Pseudodiazona abyssae        | Portugal          | (Ramos Espšà, 1988)    |
| Pyura tessellata             | Portugal          | (Ramos Espšà, 1988)    |
| Situla lanosa                | Portugal          | (Ramos Espšà, 1988)    |
| Styela caropis               | Algarve           | (Ruiz, 2015)           |
| Styela charcoti              | Portugal          | (Ramos Espšà, 1988)    |
| Styela clava                 | Cascais           | (Davis and Davis, 2005) |
|                             | Lisboa            |                         |
|                             | Porto             |                         |
|                             | Sines             | (Nagar et al., 2010)    |
| Styela cincta                | Portugal          | (Ramos Espšà, 1988)    |
| Styela loculosa              | Portugal          | (Ramos Espšà, 1988)    |
| Styela plicata               | Algarve           | (Ruiz, 2015)           |
|                             | Albufeira         |                         |
|                             | Peniche           | (Nagar et al., 2010)    |
| Styela rustica               | Portugal          | (Ramos Espšà, 1988)    |
| Styela similis               | Portugal          | (Ramos Espšà, 1988)    |
| Synoicum duboscqui           | Portugal          | (Ramos Espšà, 1988)    |
| Synoicum pulmonaria          | Portugal          | (Ramos Espšà, 1988)    |

Previous ascidian species name is no longer accepted: Aplidium elegans; Asajirus indicus; Hemistyela pilosa; Oligotrema lyra; Oligotrema unigonas; Styela rustica. Previous ascidian species name was misspelled: Aplidium nordmanni; Bathypyura celata; Cnemidocarpa bythia; Cnemidocarpa devia; Cnemidocarpa digonas; Cnemidocarpa platybranchia; Distomus variolosus; Halocynthia papillosa.
Conclusions

The present study revealed that the customized 3-D star-shaped ASU applied is effective for the monitoring of ecosystem shifts in the ascidian community and can be used for baseline surveys and to establish a baseline for ascidian biofouling communities. In addition, this structure can be applied in aquaculture facilities as well, allowing for the monitoring of ascidians fouling behavior. This study represents the first attempt to survey the coastal lagoon of Ria de Aveiro addressing the ascidian biofouling community, its distribution, and composition, resorting to oyster shells, an abundant co-product of oyster farming.

Evidence suggests that the geographic distribution of the ascidian community is conditioned by hydrodynamic variations, seasonality, and by nutrient availability. Furthermore, ascidians settled most in aquaculture environment locations, such as oyster production and at the IMTA farm facility.

Therefore, two species (C. lepadiformis and A. aspersa) were, for the first time, collected and reported for mainland Portugal.

Using oyster shells as a substrate makes this unit low-cost, non-toxic, easy-to-handle, reusable, non-species-specific and a more sustainable product. The ASU can be considered an efficient support structure for the short- or long-term monitoring of the ascidian community, as well as fouling communities in general. While preventing biofouling is quite a complicated and complex endeavor, knowledge of existing communities in a given location can undoubtedly contribute towards improved management of this issue.

Data Availability Statement

The original contributions presented in the study are included in the article/Supplementary Material. Further inquiries can be directed to the corresponding author.

Author Contributions

LM contributed to the development of the original design, participated in all field campaigns, sample collection, and processing, contributed to writing the original draft, reviewing, and editing the final version. GT participated in field campaigns, sample collection, and processing, data analysis, contributed to editing the final version. RC provided supervision of the writing, reviewing, editing and validation. AL contributed to the development of the original design, supervision of the writing, reviewing, and editing process, validation and funding acquisition. All authors contributed to the article and approved the submitted version.

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Supplementary Material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmars.2022.921094/full#supplementary-material

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