Littoral cell angioma of spleen: A seldom-vascular tumour and a rare cause of long-standing anaemia with thrombocytopenia

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Abstract
Littoral cell angioma is a seldom recently described primary vascular neoplasm of the spleen. It is usually benign but may also have malignant potential. The tumor arises from the littoral cells in the splenic red pulp sinuses. However, the radiologic features of littoral cell angioma are rarely diagnostic; histopathology association would be helpful.

Introduction
Littoral cell angioma is a seldom recently described primary vascular neoplasm of the spleen. It is usually benign but may also have malignant potential. The tumour arises from the littoral cells in the splenic red pulp sinuses. Usually, patients with littoral cell angioma have anaemia or thrombocytopenia. Most of the cases of littoral cell angioma have been reported as multiple nodules of varying sizes in the spleen; only a few have been described with of focal angioma.

Case presentation
A 49-year-old woman presented with abdominal pain, weakness, breathlessness and fatigue in our hospital. She had intermittent episodes of left upper quadrant pain. There was no history of nausea or vomiting. She had a 6-year history of iron deficiency anemia and recent history of thrombocytopenia. All vitals were stable on admission. On physical examination, she was found to have splenomegaly. Blood examination showed moderate anemia; liver and renal function tests were normal.

On ultrasonography examination, there was gross splenomegaly with diffusely scattered multiple hypo echoic nodular lesions and multiple small cysts in spleen were noted. Contrast enhanced abdominal computed tomography scan revealed gross splenomegaly (measuring about 19.3 centimeters in size) with multiple, diffusely, scattered, varying size non enhancing hypo dense nodular lesions and multiple small cysts in spleen (Figure 1). Splenic vein was mildly dilated and measures about 13 mm in diameter (Figure 2). Our provisional diagnosis was lymphoma or haemangioma. After patient underwent splenectomy, the gross cut surface of the spleen showed multiple nodules with blood (Figure 3A) and immunohistochemical report showed a hybrid endothelial–histiocytic phenotype confirmed the diagnosis of littoral-cell angioma (Figure 3B).

Discussion
Littoral cell angioma of the spleen is a seldom-vascular tumor that was first described by Falk et al. The tumour arises from the littoral cells in the splenic red pulp sinuses [1].

The incidence of littoral cell angioma is yet to be determinate but the incidence of splenic haemangioma varies from 0.03% to 14% by Wilcox et al [2]. There is no specific age or sex predilection with littoral cell angioma.

The pathogenesis of littoral cell angioma is not very clear; however there can be associations with other diseases like Crohn’s disease or Gaucher’s disease and malignancies like pancreatic or colorectal carcinomas [3].

It is usually benign but it may have malignant potential [4, 5]. However, there are two subtypes with malignant potential that have been described as “littoral cell angiosarcoma” [6,7] and “littoral cell haemangioendothelioma” [8].

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The definite diagnosis of littoral cell angioma can only be made at pathology after splenectomy. The gross cut surface of the spleen shows multiple nodules with blood or blood products with a variable color from dark red or brown to black, depending on the chronicity of the blood in the lesion.

Radiologically, it is difficult to give littoral cell angioma as the primary diagnosis as it is quite uncommon and its imaging features overlap with other commoner diseases. Ultrasonography, computed tomography scans and magnetic resonance imaging are modalities that can be used in its diagnosis. On ultrasonography, the findings can be splenomegaly with multiple nodules, which are either hypoechoic or hyperechoic. On computed tomography scan, these nodules appear hypodense with low enhancement in few of the nodules [9]. Radiologically, differential diagnosis of littoral cell angioma includes lymphoma, metastases, infectious disease and haemangioma [10]. Nuclear medicine studies with Tc-99m labelled RBC scintigraphy can be useful to differentiate splenic lesions from splenic haemangiomas.

Medical treatment with glucocorticoids and angioembolization of splenic haemangiomas may be useful [11]. However, splenectomy is considered the gold standard for treatment.

Conclusion

Littoral cell angioma is a rare usually benign, primary vascular tumor of the spleen. However, the radiologic features of littoral cell angioma are rarely diagnostic, histopathology association would be helpful. Splenectomy is considered the gold standard for treatment.

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