Effect of Relative Air Humidity and High Temperature on the Physiological and Anatomical Responses of Two Rhododendron Cultivars

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Abstract. The effects of different relative air humidity (RH) levels under high temperature and accompanying vapor pressure deficits (VPDs) on the physiology, photosynthesis, and anatomy of Rhododendron need to be better understood to help in reducing damage to leaves caused by high temperature. In this study, two Rhododendron cultivars were exposed at 45%, 55%, 65%, 75%, and 85% RH to a treatment of constant temperature at 38 °C for 14 days, resulting in a VPD of 3.64, 2.98, 2.32, 1.66, and 0.99 kPa, respectively. The results showed the least reduction of the net photosynthetic rate ($P_n$) under 75% RH treatment in R. ‘Fen Zhenzhu’ (decreased by 79.8%), and under the 85% RH treatment in R. ‘Zhuangyuan Hong’ (decreased by 75.4%). The decline in relative water content (RWC) was less under the 75% and 85% RH treatments, and electrolyte leakage showed a slight decrease under the 75% RH treatment in the two Rhododendron cultivars. The appearance of the two cultivars under greater RH showed less damage, probably because plants can avoid damage by increasing total stomatal conductance, decreasing stomatal area, stomatal density, and opened stomata ratio, enhancing enzymatic activity and osmoregulation substances, and improving leaf structure. The findings show that greater RH can alleviate damage caused by heat stress and improve thermostability.

As plants are sessile organisms that cannot avoid heat, they often encounter harsh heat stress (Wang et al., 2018). Heat stress can impose different metabolic and physical challenges on almost all aspects of plant development, growth, reproduction, and yield (Zhang et al., 2016). In ornamental plants, high temperature can have a negative influence on their appearance and their ornamental value (Shen et al., 2017). The ability of plants to respond and successfully adapt to heat stress treatment is referred to as thermotolerance (Ohana et al., 2017). Plants can improve or acquire thermotolerance in several ways. Currently, the known pathways to enhance thermotolerance of plants include breeding of heat-tolerant cultivars (Yan et al., 2010), heat acclimation (Mueller et al., 2015), spraying exogenous substances such as salicylic acid and calcium solution (Shen et al., 2016), inoculation of fungus (Martin and Stutz, 2004), and improving cultivation and management measures, such as light intensity and RH (Lu et al., 2017; Marchin et al., 2016).

RH is the ratio of the amount of water vapor in the air relative to the amount of water vapor that would be present at saturation, which also influences many life processes such as stomatal function, transpiration, and accumulation of phenolics (Fanourakis et al., 2016). High RH not only exists in natural environments such as tropical rain forests (Haupt et al., 2011) and Denmark (New at el., 2002) but also will be increased because of more frequent precipitations in the future in northern latitudes predicted by climate change modeling estimations (Tullus et al., 2012). Under mild temperatures (18 to 22 °C), high RH-grown roses (RH ≥85%) showed severe symptoms of leaf damage (Fanourakis et al., 2015). The effect of both RH and variation in temperature is combined by the VPD, which indicates the condition between the saturated vapor pressure (inside the stomatal cavity) and actual air vapor pressure (surrounding environment) (Fanourakis et al., 2016). Research has shown that VPD not only has a direct effect on stomatal conductance ($g_s$), photosynthesis, and water transport (Sinclair et al., 2007) but also affects plant temperature via transpiration. Greater VPD reduced leaf temperature by stimulating transpiration (Fanourakis et al., 2015). However, there are few studies on the changes in the performance and physiology of plants subjected to various VPD levels with different RH levels under high stress, whereas there are several studies with regard to the optimal growth temperature (Arve et al., 2017; Perdomo et al., 2016). Rhododendron has long been used in urban landscaping, where it is highly valued for its long-lasting, bright, and colorful flowers. However, many Rhododendron cultivars are sensitive to heat because of genetic factors and are more affected in summer (Shen et al., 2017). Thus, it is necessary to explore the possibility of improving the heat tolerance of Rhododendron by modifying RH. In the present study, photosynthesis, cell membrane thermostability, osmoregulation substances, reactive oxygen species (ROS) scavenging ability, and anatomy of leaves were investigated in the two Rhododendron cultivars. The experiments were conducted in an artificial climate chamber, which allowed plants to be subjected to controlled temperature and RH. The effects of different RH levels under high temperature and accompanying VPDs on the physiology, photosynthesis, and anatomy of Rhododendron need to be better understood to help reduce damage to leaves caused by high temperature. The results of these experiments indicate a major response in plants directly associated with different RH levels under heat stress and can contribute to the further cultivation of Rhododendron in summer.

Materials and Methods

Plant materials and treatments. Three-year-old, healthy, and uniformly grown cuttings of two Rhododendron cultivars, Rhododendron ‘Fen Zhenzhu’ and Rhododendron ‘Zhuangyuan Hong’, were used as experimental materials. They were all purchased from Jiashan, Zhejiang Province, in Nov. 2017 and exhibit a certain tolerance to high temperature (Shen et al., 2017). They were grown in double-color plastic pots (brown outside and black inside), which were 12 cm high with a 16-cm diameter at the top and a 10-cm diameter at the bottom containing a mixture of peat and pine needle mulch (υ/υ = 1:2) in a greenhouse located in Yangling, Shaanxi Province. Then, 54 pots of each Rhododendron cultivar were allocated to different BIC-400 artificial climate chambers (Boxun, Shanghai, China) at constant temperature treatments of 22 °C and 85% RH (resulting in a VPD of 0.40 kPa), with a photoperiod of 14 h of day and 10 h of night. The light level was 150 μmol·m⁻²·s⁻¹ for 7 d for acclimation. Thereafter, nine pots of each cultivar were transferred simultaneously to different artificial climate chambers at a constant temperature treatment of 38 °C for 14 d and various RH, 45%, 55%, 65%, 75%, and 85%, resulting in a VPD of 3.64, 2.98, 2.32, 1.66, and 0.99 kPa, respectively. Another nine pots were maintained at 22 °C and 85% RH throughout as the control (CK). To diminish the positional effects, the pots in the chambers were interchanged randomly twice a day. The plants were managed regularly and watered twice a day to avoid drought during the experiment. The plants were sampled after 14 d.

VPD (kPa) was calculated by temperature and RH (Howell and Dusek, 1995): $VPD = (1 - RH) \times 0.611 \times e^{-[17.27 \times (T/237.3)]}$, where T represents temperature.

Measurement of gas exchange characteristics. After the treatments, the gas exchange
parameter was measured on the third fully expanded leaf, which was fully-grown before the onset of the experiment. A portable photosynthesis analysis system Li-6400 XT (LI-COR Biosciences, Lincoln, NE) was used to determine the $P_{n}, g_{s}, \text{transpiration rate (T)}$, and intercellular CO$_2$ concentration (C) between 8:00 AM and 10:00 AM after the treatment period of 14 d. The samples were fixed in 4% glutaraldehyde at 4 °C for 24 h. After fixation, the samples were cleaned four times with 0.1 M phosphate buffer (pH 6.8) for 15 min, then dehydrated consecutively for 15 min with 30%, 50%, 70%, 80%, and 90% (v/v) ethanol and for 30 min with 100% (v/v) ethanol, and finally moved to isoamyl acetate. The samples were then dewatered with a K-850 CO$_2$ critical point dryer (Quorum, Laughton, UK), and mounted on stubs with colloidal silver, sputter-coated with gold using an E-1045 microscope (JEOL, Tokyo, Japan) at 5 kV. Samples of fresh leaves (0.1 g) from the different treatments were cleaned in double-distilled water, transferred to 25 mL of double-distilled water, and pumped in vacuum for 30 min. The electrical conductivity (EC) was measured according to DDSJ-308A conductivity bridge (Leici, Shanghai, China) after 2 h (EC1). Then, the samples were boiled for 20 min and the EC was recorded (EC2) after samples were cooled to 25 °C. The electrolyte leakage was determined as per the protocol of Palta et al. (1977) and calculated according to EC1 / EC2 × 100%.

MDA was measured by the method reported by Zhou and Leul (1998) with slight modifications. The crude extract of leaves (2 mL) stored in liquid nitrogen was ground in 10 mL 10% trichloroacetic acid. The mixture was centrifuged at 4000 rpm for 10 min, and the supernatant was extracted and mixed with 2 mL 0.6% thiobarbituric acid and heated in boiling water for 15 min. After centrifugation at 4000 rpm, the absorbance of the homogenate was recorded at 532 nm, 600 nm, and 450 nm with a spectrophotometer (Yu et al., 2016). The MDA content was calculated using the formula:

$$\text{MDA} \left(\mu\text{mol g}^{-1}\right) = \left[6.45 \times (A_{532} - A_{600}) - 0.56 \times A_{450}\right] \times V/W$$

where $A_{532}, A_{600},$ and $A_{450}$ are the absorbance of the extract solution at 532, 600, and 450 nm, respectively, $V$ represents the supernatant volume, and $W$ represents the weight. The H$_2$O$_2$ content in 0.1 g of the samples was measured according to the hydrogen peroxide assay kit (Jiancheng, Nanjing, China). Absorbance of the homogenate was measured at 405 nm with a spectrophotometer.

Osmoregulation substances analyses. Total soluble sugars were measured according to the method of Iriogoyen et al. (1992) with slight modifications. The extract of 0.1 g of the samples in different treatments in 25 mL of double-distilled water was centrifuged at 3500 rpm for 10 min. Then, 2 mL of supernatant, 0.5 mL of anhydrous reagent, and 5 mL of concentrated sulfuric acid were mixed and boiled for 1 min. After cooling, absorbance of the mixture was measured at 630 nm using a spectrophotometer. The results were calculated using a standard curve of glucose.

The proline was determined by using the acid–ninhydrin method according to Bates et al. (1973). The sample (0.1 g) was soaked in 5 mL of 3% aqueous sulfovanilic acid and the extract was boiled for 10 min. The supernatant (2 mL) was treated with an equal volume of acid–ninyhydrin and glacial acetic acid for 30 min in a 100 °C water bath, and then 5 mL of toluene was added. Absorbance of the toluene layer was measured at 520 nm with a spectrophotometer. Proline content was calculated using a standard curve with known concentrations of proline.

The total soluble protein content in 0.1 g of the samples was measured according to the total soluble protein assay kit (Jiancheng). Absorbance of the extract was measured at 595 nm.

Assay of antioxidant enzyme activities. After grinding with liquid nitrogen, 0.1 g of the sample was suspended into 2 mL of ice-cold PBS buffer (pH 7.8). The mixture was centrifuged at 4 °C and 12,000 rpm for 20 min, and the resulting supernatants were used to determine the activities of superoxide dismutase (SOD), peroxidase (POD), and catalase (CAT) (Zhang et al., 2012).

Activity of POD was measured in accordance with Giannopolit and Ries (1977). The 3 mL reaction solution containing 13 mM methionine, 75 mM ethylenediaminetetraacetic acid, 50 μM NBT, 1.3 μM riboflavin, 50 mM PBS buffer (pH 7.8), and 50 μL of enzyme extract was illuminated under a light of 50 μmol·m$^{-2}$·s$^{-1}$ for 20 min. The absorbance was measured at 560 nm. One unit of SOD activity was defined as the amount of enzyme that can cause a 50% inhibition on the rate of nitroblue tetrazolium reduction (Zhang et al., 2012).

Activity of POD was analyzed as reported by Chance and Maehly (1955) with slight modifications, and the absorbance was measured at 470 nm. The assay reaction solution to confirm POD activity contained 50 mM PBS buffer (pH 7.8), 30% (v/v) H$_2$O$_2$, 100% guaiacol solution, and 50 μL of enzyme extract. In addition, a reaction mixture, which contained 22.5 μL of enzyme extract, 100 mM phosphate buffer (pH 7.8), and 10 mM H$_2$O$_2$, was used to assay the activity of CAT at 240 nm via the decompounding of H$_2$O$_2$ (e = 30 M$^{-1}$·cm$^{-1}$) (Pereira et al., 2002; Zhang et al., 2012). One unit of activity for POD and CAT was defined as the amount of enzyme that inhibited 1% of degraded 1 μM guaiacol radical and degraded 1 mmol H$_2$O$_2$ per minute, respectively.

Experimental design and statistical analysis. The experiment was arranged in a completely randomized design with nine plants in each treatment and three replicates. Data were analyzed by SPSS 19.0 (IBM Corp., Armonk, NY), and Duncan’s multiple range test was used to compare treatments when analysis of variance showed obvious changes between means at $P < 0.05$. Pictures were prepared using Photoshop CS4 (Adobe Inc., San Jose, CA) and OriginPro 9.0 (OriginLab Corp, Northampton, MA).

Results Changes in appearance, RWC, and electrolyte of the two Rhododendron...
cultivars under different VPD. After heat stress, both the *Rhododendron* cultivars suffered effects compared with the control plants, such as water loss, crinkling, desiccation, and abscission of leaves (Fig. 1). Plants also showed different appearances under different RH treatments. The least damage on the appearance of *R. ‘Fen Zhenzhu’* was under 75% RH in a VPD of 1.66 kPa, which showed that about one-half of the leaves etiolated and about one-third of the leaves showed water loss. The most serious damage on the appearance of *R. ‘Fen Zhenzhu’* was under 45% RH in a VPD of 3.64 kPa, which showed that about one-half of the leaves etiolated and more than one-half of the leaves dried up. However, *R. ‘Zhuangyuan Hong’* showed better appearance than *R. ‘Fen Zhenzhu’* under all treatments. The least damage on the appearance of *R. ‘Zhuangyuan Hong’* was under 75% RH in a VPD of 1.66 kPa, which showed that about one-half of the leaves desiccation and a few leaves dropping.

Accordingly, RWC decreased at different degrees in the two *Rhododendron* cultivars compared with the control treatment (Fig. 2A). RWC at 45% RH decreased significantly, whereas RWC under other RH treatments had no significant change in *R. ‘Zhuangyuan Hong’*. At the same time, there was a significant decline in RWC under 45%, 55%, and 65% RH treatments in *R. ‘Fen Zhenzhu’*. There were significant differences between the two *Rhododendron* cultivars under 45%, 55%, 65%, and 85% RH. As seen in Fig. 2A, the RWC of *R. ‘Fen Zhenzhu’* declined with the increase in VPD before VPD reached 2.98 kPa, and RWC had a slight rise when VPD reached 3.64 kPa compared with RWC in a VPD of 2.32 kPa. The changes differed in *R. ‘Zhuangyuan Hong’*. RWC had declined before VPD reached 2.32 kPa with the increase in VPD. RWC also had increased slightly when VPD reached 2.98 kPa compared with RWC in a VPD of 1.66 kPa; thereafter, RWC declined in a VPD of 3.64 kPa.

Regarding electrolyte leakage, it matched the appearance of each treatment and showed a slight decrease under 75% RH treatment, while increasing under the other RH treatments in the two *Rhododendron* cultivars compared with CK (Fig. 2B). Significant differences were observed in the electrolyte leakage between *R. ‘Fen Zhenzhu’* and *R. ‘Zhuangyuan Hong’*. The same variation trend, first an increase in electrolyte leakage, then a decrease, followed by an increase again and a minimum of electrolyte leakage at 1.66 kPa VPD, was observed in both *R. ‘Fen Zhenzhu’* and *R. ‘Zhuangyuan Hong’* before VPD reached 2.98 kPa. However, in a VPD of 3.64 kPa, electrolyte leakage reached the maximum in *R. ‘Fen Zhenzhu’* under 45% RH treatment (increased by 46.7%), whereas it declined in *R. ‘Zhuangyuan Hong’*.

Effects of different VPDs on photosynthesis and chlorophyll content in the two *Rhododendron* cultivars. As shown in Fig. 3A, there were significant reductions of *P*n after different RH treatments under heat stress. The reduction was the least under 75% RH treatment in *R. ‘Fen Zhenzhu’* (decreased by 79.8%) and under 85% RH treatment in *R. ‘Zhuangyuan Hong’* (decreased by 75.4%), which showed that these two treatments had the least effects on photosynthesis. In addition, there were clear differences between the two cultivars under all treatments except in that of the 65% RH treatment. In *R. ‘Fen Zhenzhu’, *P*n first decreased, then increased, decreased, and increased again and the minimum of *P*n was in a VPD of 2.98 kPa (decreased by 94.3%). In *R. ‘Zhuangyuan Hong’, *P*n first decreased and then increased slightly and the minimum of *P*n was also in a VPD of 2.98 kPa, decreasing by 83.1%.

The *g*s and *T*r decreased significantly compared with CK (Fig. 3C and D). The similar variation trends in *g*s and *T*r could be seen in *R. ‘Fen Zhenzhu’, and the reduction was the least in a VPD of 2.32 kPa under 65% RH treatment and the highest in a VPD of 0.99 kPa under 85% RH treatment. However, there was only a minor difference between the variation trends of *g*s and *T*r in *R. ‘Zhuangyuan Hong’. The minimum *g*s was in a VPD of 0.99 kPa under 85% RH treatment, whereas the minimum *T*r was in a VPD of 2.32 kPa under 65% RH treatment in *R. ‘Zhuangyuan Hong’*. In addition, there were no significant differences between the two cultivars among the treatments. However, significant increase could be seen in *C*i after different RH treatments under heat stress compared with CK and the significant differences were between the two *Rhododendron* cultivars and not the CK treatment.
(Fig. 3B). C\textsubscript{i} peaked at a VPD of 1.66 kPa under 75% RH treatment in the two cultivars.

After the treatments, chlorophyll content in the two Rhododendron cultivars decreased by different degrees (Fig. 4). In particular, the variation trends of chlorophyll a, chlorophyll b, and total chlorophyll content were the same in R. ‘Zhuangyuan Hong’, and the reduction was the least in a VPD of 2.32 kPa under 65% RH treatment (declined by 26.6%, 32.4%, and 28.0%, respectively), whereas the minimum chlorophyll levels were in a VPD of 0.99 kPa under 85% RH treatment (declined by 43.2%, 46.5%, and 44.0%, respectively). Regarding chlorophyll a, chlorophyll b, and total chlorophyll content in R. ‘Fen Zhenzhu’, the reduction was the least in a VPD of 0.99 kPa under 85% RH treatment (declined by 15.7%, 15.0%, and 15.6%, respectively), whereas the minimum chlorophyll levels were in a VPD of 2.98 kPa under 55% RH treatment (declined by 27.4%, 28.7%, and 27.7%, respectively). However, there were no significant differences between the two cultivars among the treatments.

Effects of different VPD on anatomy in two Rhododendron cultivars. The treatments of different RH levels under heat stress significantly affected stomatal density, which reached a maximum at 0.99 kPa VPD under 85% RH treatment in R. ‘Fen Zhenzhu’, and the reduction was the least at 1.66 kPa VPD under 75% RH treatment in R. ‘Zhuangyuan Hong’ (Figs. 5 and 6A). The least reduction of opened stomata ratio and highest increase of stomatal area were at 3.64 kPa in both of two Rhododendron cultivars (Fig. 6B and C), and the minimum was at 0.99 kPa VPD under 85% RH treatment in R. ‘Fen Zhenzhu’. In addition, the minimum of opened stomata ratio was at 2.98 kPa VPD under 55% RH treatment and the minimum of stomatal area was at 0.4 kPa VPD in R. ‘Zhuangyuan Hong’. Thickness of leaves, cuticle, palisade tissue, and midrib were measured and calculated from 15 observations (Fig. 7). The trends in variation of cuticle thickness/leaf thickness were the same between the two Rhododendron cultivars, whereas VPD was over 0.99 kPa, and in a VPD of 3.64 kPa under 45% RH treatment the ratio of cuticle and leaf thickness reached the highest (Fig. 8A). There were no obvious differences of cell tense ratio and spongy ratio among treatments in R. ‘Zhuangyuan Hong’ (Fig. 8B and C). However, in R. ‘Fen Zhenzhu’, the minimum cell tense ratio was in a VPD of 0.99 kPa under the 85% RH treatment, whereas the minimum spongy ratio was in a VPD of 3.64 kPa under the 45% RH treatment. The ratio of palisade and spongy tissue was the lowest value after 85% RH treatment in the two Rhododendron cultivars, and the maximum ratios of palisade and spongy tissue were observed under 45% and 55% RH in R. ‘Fen Zhenzhu’ and R. ‘Zhuangyuan Hong’, respectively (Fig. 8D).

Effects of different VPD on osmoregulation substances in the two Rhododendron cultivars. Content of osmoregulation substances, such as proline, soluble protein, and soluble sugars, increased under RH treatments in the two Rhododendron cultivars compared with CK.
Soluble sugars content fluctuated in R. ‘Fen Zhenzhu’ and the maximum was at a VPD of 3.64 kPa under 45% RH treatment in R. ‘Fen Zhenzhu’ (increased by 4.5 times), whereas it was the maximum at a VPD of 1.66 kPa under 75% RH treatment in R. ‘Zhuangyuan Hong’ (increased by 81.0%). Significant differences in soluble sugars content were observed under 45%, 55%, and 65% RH treatments between the two cultivars. With the increase in VPD, soluble protein content in R. ‘Zhuangyuan Hong’ increased. In R. ‘Fen Zhenzhu’ the maximum increase (4.8 times) was observed at a VPD of 1.66 kPa under 75% RH treatment and the minimum (3.3 times) was at a VPD of 2.32 kPa under 65% RH treatment. The maximum increase of proline content was observed at a VPD of 3.64 kPa under 45% RH treatment in R. ‘Fen Zhenzhu’ and R. ‘Zhuangyuan Hong’ (increased by 3.0 and 1.4 times, respectively), whereas the minimum was at a VPD of 1.66 kPa under 75% RH treatment (increased by 88.0% and 47.7%, respectively).

Effects of different VPDs on ROS and ROS scavenging system in the two Rhododendron cultivars. The two indices that reveal the oxidative stress that tissues undergo are H$_2$O$_2$ and MDA. With the increase in VPD, H$_2$O$_2$ content accumulated and achieved the maximum at 0.99 kPa VPD under 85% RH treatment in R. ‘Fen Zhenzhu’, and the increase was the least at 2.32 kPa VPD under 65% RH treatment in R. ‘Zhuangyuan Hong’. H$_2$O$_2$ content declined at 0.99 kPa, 2.98 kPa, and 3.64 kPa VPD and achieved the minimum at 3.64 kPa VPD.
under 45% RH treatment (Fig. 10A). MDA content was increased under all treatments in the two *Rhododendron* cultivars. There were only minor differences among treatments in *R. Zhuangyuan Hong*. The maximum was observed at 3.64 kPa VPD and under 45% RH treatment in *R. Fen Zhenzhu* (Fig. 10B).

In the ROS scavenging system, the response of the activities of the three antioxidant enzymes to the stress was different from each other (Fig. 11). The activity of SOD exhibited no significant changes and a slight reduction in each treatment in *R. Fen Zhenzhu*, and significant changes occurred under heat stress in *R. Zhuangyuan Hong* compared with the control. With the increase in VPD, SOD activity in *R. Zhuangyuan Hong* reduced to the lowest level at 1.66 kPa VPD under 75% RH treatment, and then increased. Furthermore, there were significant differences between the two cultivars. Regarding POD activity in *R. Fen Zhenzhu*, it reached the maximum at 1.66 kPa VPD under 75% RH treatment and reduced to the lowest level at 2.98 kPa VPD under 55% RH treatment. At the same time, the variation trend of CAT activity, the maximum was at 2.98 kPa VPD under 55% RH treatment and the least increase was at 1.66 kPa VPD under 75% RH treatment in *R. Fen Zhenzhu*; however, while the maximum was in the same treatment as in *R. Fen Zhenzhu*, the least increase was observed at 0.99 kPa VPD under 85% RH treatment in *R. Zhuangyuan Hong*. There were significant differences between the two cultivars.

**Discussion**

Effects of RH and high temperature on the anatomical structure of two *Rhododendron* cultivars. Mortensen and Gislerød (2005) found that when the RH levels were high under the mild temperature, the responsiveness of stoma decreased. In current study, high RH under high temperature also impaired the responsiveness of stoma. The *g*, and *T* in the two *Rhododendron* cultivars at 85% RH under 38 °C in a VPD of 0.99 kPa decreased significantly compared with CK, which was treated at 85% RH under 22 °C in a VPD of 0.4 kPa (Fig. 3C and D). Similarly, Zhu and Zhang (2017) pointed that the *g*, and *T* of leaves decreased when the temperature and humidity exceeded the critical value. Furthermore, Yang et al. (2011) believed that with the increase of stress degree, the leaf activity would be inhibited, which was consistent with our research results: the RWC, total chlorophyll, and opened stomata ratio declined in the two *Rhododendron* cultivars at greater temperature (38 °C) under the same RH (85%) (Figs. 2A, 4C, and 6B). However, changing RH under heat stress could alleviate damage of *Rhododendron* plants caused by high temperature (38 °C). In current study,
the minimum $T_R$ was in a VPD of 0.99 kPa under 85% RH in the two *Rhododendron* cultivars (Fig. 3D). Similarly, Giday et al. (2013) found that high RH resulted in a significantly decline of $T_R$. It may be that the high RH (85%) resulted in reduced stomatal area (Fanourakis et al., 2013) and stomatal responsiveness to closing signals increased stomatal density (Torre et al., 2003). Similarly, stomatal area decline was increased stomatal density (Torre et al., 2003). Similarly, Giday et al. (2015) found that high RH resulted in a significant difference at $P \leq 0.05$.

**Effects of RH and high temperature on the morphology characteristics of two *Rhododendron* cultivars.** It is well known that the growth performance of leaves could be directly damaged by heat stress, which show wilting, curling, chlorosis, and desiccation even abortion (Sehgal et al., 2017).

Damage also was seen in the present study, and plants exhibited different damage under different VPD levels, caused by the change in RH under high temperature (Fig. 1). Compared with *R. Zhuangyuan Hong*, *R. Fen Zhenzhu* was clearly vulnerable to heat stress. Under 45% and 55% RH treatments (resulting in a VPD of 3.64 kPa and 2.98 kPa, respectively), RWC declined more and most of the leaves exhibited wilting, chlorosis, and desiccation in *R. Fen Zhenzhu*, whereas leaves of *R. Zhuangyuan Hong* had greater RWC and showed only wilting, which indirectly indicated that *R. Zhuangyuan Hong* had the better ability of conserving water at high RH under heat stress. Mittler et al. (2012) suggested that plants could activate a process named "programmed cell death" that could cause exfoliation of leaves, sterility of flowers, abortion of fruit formation, or even death of the whole plant, to prevent heat stress damage. To some extent, the performance of the plants was related to water loss, and greater RH could lower water loss and improve RWC (Carvalho et al., 2016). RWC declined less and accordingly, the leaves of *Rhododendron* suffered less damage at greater RH (85%, resulting in a VPD of 0.99 kPa) in the two *Rhododendron* cultivars, which was in accordance with Jeon et al. (2006). Furthermore, Giday et al. (2015) found that leaves of plants grown at high RH (85%) were cooler (by 2.2 to 6.9 °C) than air temperature. The low leaf temperature might help plants reduce the damage of heat stress. The combined results of growth performance and RWC indicated that greater RH under high temperature had less damage to plants.

**Effects of RH and high temperature on the physiology response of two *Rhododendron* cultivars.** Under adverse environments, plants suffer cellular hyperosmolarity and ion disequilibrium. To combat these negative effects, a key regulatory mechanism in many plants is the accumulation of certain organic compounds, generally defined as compatible osmolytes (Yuan et al., 2011). In this experiment, soluble sugar, soluble protein, and proline all increased but in different degrees in each treatment. Their accumulation was beneficial in addressing the reduced water potential and oxidative damage caused by heat stress (Zou et al., 2016). Plants under greater RH (75% and 85%, resulting in a VPD of 2.98 kPa and 3.64 kPa, respectively) treatments and even lower RH treatments relied on the common accumulation of soluble sugar, soluble protein, and proline to regulate osmosis and resist heat stress in *R. Fen Zhenzhu*. The accumulation of proline contributed to the maintenance of leaf water content; in addition, soluble sugar has been considered to maintain leaf turgor and participate in the scavenging of oxidative...
damage, partly due to the activation of specific ROS scavenging systems (Zou et al., 2016). However, the accumulation of soluble sugar and proline were the main osmoregulation substances at 75% RH, whereas proline mainly regulated osmosis at 85% RH in *R. ‘Zhuangyuan Hong’*. These results also revealed that there were different responding mechanisms under various RH treatments in two cultivars.

Electrolyte leakage has been widely defined as a key indicator to assess cell membrane stability (Wang et al., 2017), which results in protein denaturation, enzyme inactivation, and can also impair carbohydrate and protein synthesis and degradation (Patriyawaty et al., 2018; Shen et al., 2017). The electrolyte leakage in response to 75% RH treatment was not significantly different to CK in two cultivars, which showed that 75% RH had less effects on cellular membranes under heat stress. MDA, an index of the level of lipid peroxidation, can damage membrane integrity and increase membrane permeability (Li et al., 2017). The results also showed that 75% and 85% RH can reduce damage of the cellular membrane by decreasing the content of MDA in *R. ‘Fen Zhenzhu’*. Nevertheless, there were no obvious differences in the content of MDA among all treatments in *R. ‘Zhuangyuan Hong’*, and it could be because the level of decomposi-
tion of polysaturated and lipid peroxidation was not high. Furthermore, H$_2$O$_2$ accumulation has been reported to disrupt metabolic function and cellular integrity, cause oxidative damage and weakening cell membrane stability (Imahori et al., 2016). The enzymatic antioxidant system can scavenge H$_2$O$_2$ and other ROS and thus decrease damage to the cell. In this study, the lowest level of the content of H$_2$O$_2$ in *R. ‘Zhuangyuan Hong’* was under 45% RH, probably because under this treatment H$_2$O$_2$ specific scavenging enzymes had a greater activity level, like POD. The lowest level of the content of H$_2$O$_2$ in *R. ‘Fen Zhenzhu’* was seen under 85% RH at the same time, the activity of POD reduced to the lowest level under 65% RH. Similarly, Shen et al. (2017) believed that SOD converts superoxide into H$_2$O$_2$ to defend against ROS, and then H$_2$O$_2$ must be further scavenged by POD and CAT.

High temperature disturbs the subtle balance between photosynthesis and respiration; photosynthesis is viewed as a heat-sensitive cell function and process (Yamori et al., 2016). The structure and function of the chloroplasts are disturbed, photosynthetic pigments are degraded, and the photosystem II and the activation state of rubisco are disturbed (Barrs, H.D. and P.E. Weatherley. 1962). A re-
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