Spin-excitation anisotropy in the nematic state of detwinned FeSe

Xingye Lu (luxy@bnu.edu.cn)
Beijing Normal University https://orcid.org/0000-0002-0409-1240

Wenliang Zhang
Paul Scherrer Institute

Yi Tseng
Paul Scherrer Institute

Ruixian Liu
Beijing Normal University

Zhen Tao
Beijing Normal University

Eugenio Paris
Paul Scherrer Institute https://orcid.org/0000-0002-3418-8828

Panpan Liu
Beijing Normal University

Tong Chen
Rice University

Yu Song
Zhejiang University

Rong Yu
Renmin University of China https://orcid.org/0000-0001-5936-1159

Qimiao Si
Rice University https://orcid.org/0000-0003-1357-2705

Pengcheng Dai
Rice University

Thorsten Schmitt
Paul Scherrer Institut https://orcid.org/0000-0002-5737-1094

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Spin-excitation anisotropy in the nematic state of detwinned FeSe

Xingye Lu,1,* Wenliang Zhang,2 Yi Tseng,2 Ruixian Liu,1 Zhen Tao,1 Eugenio Paris,2 Panpan Liu,1 Tong Chen,3 Yu Song,4 Rong Yu,5 Qimiao Si,3 Pengcheng Dai,1,† and Thorsten Schmitt2,‡

1Center for Advanced Quantum Studies and Department of Physics, Beijing Normal University, Beijing 100875, China
2Photon Science Division, Swiss Light Source, Paul Scherrer Institut, CH-5232 Villigen PSI, Switzerland
3Department of Physics and Astronomy, Rice Center for Quantum Materials, Rice University, Houston, TX 77005, USA
4Department of Physics, University of California, Berkeley, California 94720, USA
5Department of Physics, Renmin University of China, Beijing 100872, China

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The origin of the electronic nematicity in FeSe, which occurs below a tetragonal-to-orthorhombic structural transition temperature $T_s \approx 90$ K, well above the superconducting transition temperature $T_c = 9$ K, is one of the most important unresolved puzzles in the study of iron-based superconductors. In both spin- and orbital-nematic models, the intrinsic magnetic excitations at $Q_1 = (1,0)$ and $Q_2 = (0,1)$ of twin-free FeSe are expected to behave differently below $T_s$. Although anisotropic spin fluctuations below 10 meV between $Q_1$ and $Q_2$ have been unambiguously observed by inelastic neutron scattering around $T_c (<< T_s)$, it remains unclear whether such an anisotropy also persists at higher energies and associates with the nematic transition $T_s$. Here we use resonant inelastic x-ray scattering (RIXS) to probe the high-energy magnetic excitations of uniaxial-strain detwinned FeSe. A prominent anisotropy between the magnetic excitations along the $H$ and $K$ directions is found to persist to $\sim 200$ meV, which is even more pronounced than the anisotropy of spin waves in BaFe$_2$As$_2$. This anisotropy decreases gradually with increasing temperature and finally vanishes at a temperature around the nematic transition temperature $T_s$. Our results reveal an unprecedented strong spin-excitation anisotropy with a large energy scale well above the $d_{xz}/d_{yz}$ orbital splitting, suggesting that the nematic phase transition is primarily spin-driven. Moreover, the measured high-energy spin excitations are dispersive and underdamped, which can be understood from a local-moment perspective. Our findings provide the much-needed understanding of the mechanism for the nematicity of FeSe and points to a unified description of the correlation physics across seemingly distinct classes of Fe-based superconductors.

Intertwined order and fluctuations in high transition-temperature ($T_c$) superconductors are pivotal for understanding the microscopic origin of superconducting electron pairing [1]. Of particular interest is the electronic nematic state present in both cuprate and iron-based superconductors (FeSCs). Initially discov-
tered through in-plane electronic anisotropy with $C_2$ symmetry in the paramagnetic orthorhombic state of detwinned Ba(Fe$_{1-x}$Co$_x$)$_2$As$_2$ [2–4], the electronic nematic state and its fluctuations have been identified as a ubiquitous feature of FeSC and are believed to be essential to the structural and magnetic transitions in FeSC [5–9], and may enhance the electron pairing for high-$T_c$ superconductivity [10, 11].

Iron selenide (FeSe) is a unique material among FeSC because of its simplest structure (Fig. 1(a)) [12] and unusual electronic properties, such as strong anisotropy of the superconducting order parameter, extended electronic nematic phase, and highly tunable $T_c$ [9]. In particular, different from iron pnictides, which has a collinear antiferromagnetic (AF) ground state below the tetragonal-to-orthorhombic structural (nematic) phase transition $T_s$, FeSe exhibits a similar nematic transition ($T_s \approx 90$ K) [13], but has no static AF order, providing a broad temperature range below $T_s$ as an ideal platform for investigating the electronic nematicity and its interplay with superconductivity.

FeSe consists of stacked charge-neutral FeSe layers (Fig. 1(a)). Upon cooling, it undergoes a nematic transition at $T_s \approx 90$ K, below which twin domains form along two mutually perpendicular directions and exhibit macroscopic four-fold symmetry, impeding the study of the intrinsic electronic properties of the orthorhombic (nematic) state. Through detwinning FeSe using uniaxial strain, resistivity and electronic structure measurements reveal strong electronic anisotropy in the nematic state [14, 15]. At lower temperature, FeSe enters a superconducting ground state with $T_c \approx 9$ K, in which a superconducting energy gap anisotropy has been observed via angle resolved photoemission spectroscopy (ARPES) [16] and scanning tunnelling spectroscopy (STM) [17].

In the presence of orbital splitting (or orbital ordering) between $d_{xz}$ and $d_{yz}$ orbitals [15, 19, 20], and the absence of magnetic order, the electronic nematic phase was suggested to be driven by orbital fluctuations [21–24]. On the other hand, various experimental evidences, in particular the discovery of intense magnetic excitations and their correlation with the nematic transition [25–27], emphasized the importance of the spin degree of freedom in driving the electronic nematic order. In addition, various localized models based on quantum paramagnetism, spin frustration and magnetic quadrupolar order were also proposed to account for the nematic transition, the magnetic excitations, and the absence of AF order [28–31].

It is proposed that resolving the intrinsic magnetic excitations in twin-free FeSe is the key for clarifying the microscopic origin of the unusual electronic anisotropy in both the superconducting and nematic state [5, 6, 39]. Through employing BaFe$_2$As$_2$ as substrate for applying uniaxial strain, some of us have recently measured the low-energy spin fluctuations ($E \lesssim 10$ meV) of detwinned FeSe using inelastic neutron scattering [32]. These results have revealed anisotropic spin fluctuations in the normal state and a spin resonance appearing at only $Q_1 = (1, 0)$ below $T_c$, consistent with the picture of orbital-selective Cooper pairing [17, 18]. However, neutron scattering experiments were unable to determine what happens to the
FIG. 1: Crystal structure, detwinning strategy, scattering geometry and incident energy dependent RIXS. (a) Structure of FeSe layer. FeSe crystal consists of stacked FeSe layers. The yellow filled circles mark Fe$^{2+}$ ions. The filled and open blue circles denote Se$^{2-}$ ions above and below Fe-Fe plane, respectively. The horizontal arrows mark the direction of uniaxial strain. The red dashed diamond and green dashed square denote the tetragonal and orthorhombic unit cell, respectively. (b) Detwinning strategy for FeSe. A thin FeSe crystal is glued onto a pre-cleaved BaFe$_2$As$_2$ single crystal that is pressured in a mechanical detwinning device. Below $T_s \approx 138$ K, the BaFe$_2$As$_2$ crystal is detwinned and can transfer the uniaxial strain to FeSe. (c)-(d) Scattering geometry for RIXS measurements. The sample rotation $\theta$ around the vertical axis controls the in-plane momentum transfer $q_{\parallel}$, and the rotation $\phi$ around $c$-axis can tune the scattering plane (pink area). The gray filled circle marks the momentum area accessible in this study ($q \lesssim 0.5$). The green lines in the gray area show the high-symmetry directions for RIXS measurements. (e) Red curve is total fluorescence yield (TFY) XAS spectrum of FeSe collected near Fe-$L_3$ edge. The green dots give the integrated intensity of the magnetic excitations shown in (f). (f) Incident-energy dependence of the excitations of FeSe at $q_{\parallel} = (0.3, 0.3)$, measured near the Fe-$L_3$ edge with $\pi$ polarization at $T = 20$ K. The magnetic excitations are marked by a curved arrow.

magnetic excitation anisotropy across the nematic transition due to large background scattering on warming to $T_s$. In addition, the energy scale of the magnetic anisotropy is unknown because the background magnetic scattering from the BaFe$_2$As$_2$ substrate overwhelms the magnetic signal from FeSe for energies above 10 meV [32].
An ideal method to probe the intrinsic magnetic excitations of FeSe is to use RIXS at the Fe-L₃ edge in combination with the above described detwinning method (Fig. 1(b)) [33–35, 37, 38]. Since Fe-L₃ X-ray (707eV) penetrates less than 100nm in FeSe, while the typical thickness of a cleaved FeSe single crystal is ∼20µm, RIXS studies of FeSe are free from signal contamination due to BaFe₂As₂ and provide a unique opportunity for measuring high-energy magnetic excitations on detwinned FeSe with high efficiency.

![Graph](attachment:image.png)

**FIG. 2:** Summary of RIXS results on detwinned BaFe₂As₂. (a) Momentum dependent RIXS spectra along H (solid lines) and K (dashed lines) directions, which are identical in a twinned crystal. (b) RIXS spectra measured along [H, H] direction. (c)-(e) Comparison between dispersions of the magnetic excitations measured with RIXS and a simulation with an extended Heisenberg model for BaFe₂As₂ [40]. The red solid circles, white solid squares, and white dashed curves in (c) and (d) are undamped energies (E₀), energies for the intensity maxima (Eₘ), and damping factor (γ/2) fitted from the spectra shown in (a) and (b) with Eq. (1). The open symbols in (e) mark the Eₘ.

In this work, we use RIXS to measure the intrinsic spin excitations of BaFe₂As₂ and FeSe along high symmetry directions H, K and [H, H], denoted by Sₕ(qᵢ), Sₖ(qᵢ) and Sₕₖ(qᵢ), respectively. To facilitate discussions, we define the spin excitations associated with Q₁ = (1, 0) as S₁(q, E) and that associated with Q₂ = (0, 1) as S₂(q, E). The ratio between Sₕ(qᵢ) and Sₖ(qᵢ), ψ(qᵢ) = Sₕ(qᵢ)/Sₖ(qᵢ), directly probes the spin-excitation unbalance between S₁ and S₂, which is commonly termed nematic spin correlations in the nematic ordering and fluctuating region [39–41]. We denote the momentum transfer in reciprocal lattice unit (r.l.u.) (See Experimental Setups in Methods). Our results reveal that the spin-excitation anisotropy
in detwinned FeSe manifests over a large energy range up to 200 meV. It persists up to a temperature slightly above \( T_s \), before fading away at a temperature well above \( T_s \). Its comparison with the intrinsic spin-wave anisotropy of BaFe\(_2\)As\(_2\) establishes strong nematic spin correlations in both energy scale and amplitude in FeSe. This strong spin-excitation anisotropy establishes a direct connection with the nematic phase, suggesting that the nematic order is primarily spin-driven because the energy range of the nematic-phase-induced spin excitation anisotropy is much larger than that of orbital order [20–22]. Furthermore, our results identify dispersive high-energy spin excitations that are underdamped, which is highly peculiar for a paramagnet, but can be understood from a local-moment based model with antiferro-quadrupolar order [29]. As such, our results provide much-needed new insights into the mechanism for the nematicity of FeSe.

RIXS at transition-metal \( L \) edges has been widely used to study the (para)magnons of cuprate and FeSCs [33–35, 37, 38, 42–45], as well as various elementary excitations including phonon, crystal-field excitations and plasmons [43, 46]. Figure 1(b) shows a FeSe crystal prepared for RIXS measurements, which is glued onto a square-shaped BaFe\(_2\)As\(_2\) sample with the same orientation. Uniaxial pressure is applied on BaFe\(_2\)As\(_2\) along the tetragonal \([110]\) direction (orthorhombic \( b \) axis). Upon cooling, BaFe\(_2\)As\(_2\) will be detwinned below \( T_s \approx 138 \)K and generates an orthorhombic distortion \( \delta = (a-b)/(a+b) = 0.36\% \) that can be transferred to and thereby detwin FeSe below its structural transition at \( T_s \approx 90 \)K. Figs. 1(c) and 1(d) illustrate the scattering geometry, the substantial area of the first Brillouin zone accessible with Fe-\( L_3 \) RIXS, and calculation of the in-plane momenta \( q_{//} \).

We first carried out incident-energy dependent RIXS (energy detuning) measurements for both BaFe\(_2\)As\(_2\) and FeSe around their resonating energies which are determined by x-ray absorption spectra (XAS) (Fig. 1(e)). Figure 1(f) shows a RIXS map for an unstrained FeSe sample measured at \( q_{//} = (0.3, 0.3) \) with \( \pi \) polarisation and \( T = 20 \)K. While fluorescence and particle-hole excitations dominate the scattering signal above \( \sim 0.5 \) eV, a clear intrinsic elementary excitation (Raman mode) is observed at \( \sim 160 \)meV well separated from the fluorescence peak setting on above \( \sim 200 \)meV. The integrated intensity of this Raman mode (green dots in Fig. 1(e)) follows the XAS (red curve in Fig. 1(e)), indicating the cross section is enhanced near the Fe-\( L_3 \) edge. In addition, phonon contribution to this mode can also be excluded because of its much smaller energy scale (\( \sim 40 \) meV) [37]. Taking together the intrinsic spin-wave dispersion of detwinned BaFe\(_2\)As\(_2\) being consistent with that measured by neutron scattering and RIXS (Fig. 2) [33, 33–38, 40, 47], and the dispersive nature of the excitations observed in detwinned FeSe (Fig. 3), we conclude that the dispersive collective excitations present in Figs. 2 and 3 are single spin-flip magnetic excitations in the first Brillouin zone [33, 37, 38].

To determine the spin-excitation anisotropy in FeSe, we take BaFe\(_2\)As\(_2\) as a reference, in which intrinsic spin waves (\( T < T_N \)) and nematic spin correlations are carefully investigated using RIXS here and can
FIG. 3: Schematic of magnetic excitation dispersions for (a) twinned and (b) detwinned FeSe assuming difference between $S_2$ and $S_1$. Correspondingly, the insets in (a) and (b) show schematic RIXS energy spectra for twinned and detwinned FeSe. (c), (d) Momentum-dependent RIXS spectra of (c) detwinned FeSe along $H/K$ and (d) twinned FeSe along $[H, H]$ directions. The colored area mark the difference between $S_h(q_h)$ and $S_k(q_k)$. The colored dots in the insets mark the momenta where spectra were collected. (e) Energy dispersions obtained from the fitting of the RIXS spectra in (c) and (d) with Eq. (1). The solid (open) red circles, green diamonds, orange circles, and blue squares mark the undamped energies $E_0$ (energies for intensity maxima $E_m$) of the dispersions along $H$ (detwinned), $K$ (detwinned), $[H, H]$ (twinned), and $[H, H]$ (detwinned) directions, respectively. The red, green and orange lines mark the momentum-dependent damping factor $\gamma/2$ along high symmetry directions. The black, red, and blue dashed curves are the calculated flavor-wave dispersions in the AFQ phase along $[H, H]$ and $H/K$ directions, respectively. The errorbars mark the damping factor $\gamma/2$ along the corresponding directions.

be compared to previous neutron scattering studies of detwinned samples [40]. Figure 2 summarizes the RIXS results on a 100% detwinned BaFe$_2$As$_2$. Highly dispersive magnetic excitations $S_h$, $S_k$ (Fig. 2(a)), and $S_{hh}$ (Fig. 2(b)) along three high-symmetry directions $H$, $K$ and $[H, H]$ are resolved, respectively. While twinned BaFe$_2$As$_2$ is expected to show four-fold symmetric magnetic excitations [33, 47] ($S_h(q_h) = S_k(q_k)$), detwinned BaFe$_2$As$_2$ exhibits highly anisotropic excitations along $H$ and $K$ due to an inherent difference in the spin-wave branches along these two directions [40]. The ratio between $S_h(q_h)$ and $S_k(q_k)$ — the spin excitation anisotropy, increases with $q_h$ up to 0.409 but decreases at higher $q_h = 0.443$ (Fig. 2(a)), revealing a non-monotonic momentum dependence.

In order to obtain the dynamic structure factor for the magnetic excitations, we use a general damped
harmonic oscillator model [33–35, 37]

\[ S(q, E) = A \frac{E_0}{1 - e^{-\beta E}} \frac{2 \gamma E}{(E^2 - E_0^2)^2 + (E \gamma)^2}, \]

(1)

to fit the magnetic excitations, in which \( E_0 \) is the undamped energy and \( \gamma \) the damping factor. The elastic peak can be fitted with a Gaussian function, and the fluorescence contributions below \( \sim 1 \text{ eV} \) can be described with a quadratic polynomial [48]. The fitting results, the undamped energy dispersion \( (E_0(q), \text{red solid circles}) \), the energies for the intensity maxima \( (E_m(q), \text{white solid squares}) \), and the damping factor \((\gamma/2, \text{white dashed curves})\) are over-plotted onto the simulation of the spin waves based on an anisotropic Heisenberg \( J_{1a} - J_{1b} - J_{2} - J_{c} \) model described in ref. [47] (Fig. 2(c)), in which we set \( L = 0 \) because the spin waves of BaFe\(_2\)As\(_2\) are two dimensional, especially at the high-energies probed in our RIXS measurements. We find \( E_0 > \gamma/2 \) at all the momenta measured, which indicates that the spin waves are underdamped and far from being critically damped. Note the damping rates \( \gamma(q) \) are highly anisotropic in \([H, K]\) space. The damping along \( K \) direction is apparently larger than that along \( H \) and \([H, H]\) directions. The intrinsic spin waves of the clearly resolved two different branches \( S_h(q) \) and \( S_k(q) \) around \( \Gamma \) is consistent with the anisotropic Heisenberg model, in which dispersive spin waves can only arise from the \( \text{AF wave vector } Q_1 (S_1). \) The minor deviation of the branch \( S_k(q) \) from the anisotropic Heisenberg model can be attributed to the failure of the anisotropic Heisenberg model in describing the small anisotropy of magnetic excitations at high energy, due to the emergence of the spin excitations around \( Q_2 = (0, 1) (S_2) \) at \( E > 100 \text{ meV} \) observed by neutron scattering [40, 41].

Having reproduced the intrinsic spin waves of detwinned BaFe\(_2\)As\(_2\), we move to the RIXS study of detwinned FeSe. The schematics in Figs. 3(a) and 3(b) illustrate the principle for resolving nematic spin correlations in the first Brillouin zone [48]. In a twinned sample with anisotropic excitations, RIXS measurements generate \( S_h = S_k \) (black curve in the inset of Fig. 3(a)). Both \( S_h \) and \( S_k \) consist of two spin-excitation branches from \( S_1 \) and \( S_2 \) in twin domains, where we assume \( S_1 \) and \( S_2 \) have the same energy dispersion for simplicity. For a detwinned sample, \( S_1 \) and \( S_2 \) will also be present along both \( H \) and \( K \) directions (Fig. 3(b)) with different spectral weight, for which the ratio between \( S_h \) and \( S_k \) reflects the nematic spin correlations [48].

Momentum-dependent RIXS of FeSe collected at \( T = 20 \text{ K} < T_s \) are summarized in Figs. 3(c) and 3(d). Figure 3(c) displays magnetic excitations along \( H \) (\( S_h \), solid curves) and \( K \) (\( S_k \), dashed curves) directions, and Fig. 3(d) along \([H, H]\) (\( S_{hh} \)) directions. While all the spin excitations show considerable damping, the peaks along \([H, H]\) are more pronounced than for \( H \) and \( K \), indicating less damping along \([H, H]\). Figure 3(c) reveals significant difference between \( S_h(q_s) \) and \( S_k(q_s) \) at all \( q_s \) (colored area in Fig. 3(c)), and therefore demonstrates the existence of high energy spin-excitation anisotropy (nematic spin correlations)
in the nematic state of detwinned FeSe. Compared with BaFe$_2$As$_2$ where the difference between $S_h$ and $S_k$ drops at high $q_h = 0.443$ (Fig. 2(a)), the difference in FeSe (colored area in Fig. 3(c)) retains a large amplitude at an even higher $q_h = 0.482$.

![Diagram](image)

**FIG. 4:** Anisotropic magnetic excitations in detwinned BaFe$_2$As$_2$ and FeSe. (a), (b) Momentum-dependent energy-integrated intensity of magnetic excitations for BaFe$_2$As$_2$ and FeSe. The inset shows the momentum-integrated intensity of $S_{h/k/kh}$ for BaFe$_2$As$_2$ (green squares) and FeSe (red circles) in the range of $q_h = [0.2, 0.44]$. (c) Spin excitation anisotropy between $S_h$ and $S_k$, defined as the ratio between the integrated intensity for $(q, 0)$ and $(0, q)$ as shown in (a) and (b). (d) Temperature dependence of the spin-excitation difference between $S_h(q_h)$ and $S_k(q_k)$, in which the data points are integrated intensity of $S_h(q_h) - S_k(q_k)$ in the energy range of $[0.08, 0.4]$ eV as shown in (e) and (f). The dashed lines in (c) and (d) are guides to the eye. The pink dashed curve shows the lattice distortion $\delta = (a - b)/(a + b)$ of BaFe$_2$As$_2$ under a uniaxial pressure of $\sim 20$ MPa, which reaches 0.36% below $\sim 100$ K. The vertical black dashed line marks the $T_s = 90$ K for FeSe. (e), (f) Temperature-dependent RIXS spectra for FeSe and BaFe$_2$As$_2$ measured at $q_h = 0.425$ and $0.372$, respectively. The colored areas in (e) and (f) mark the intensity difference between $S_h(q_h)$ and $S_k(q_k)$.

In order to achieve a quantitative characterization of the nematic spin correlations in FeSe, we use the same fitting model as for BaFe$_2$As$_2$ to extract the energy dispersion and the integrated intensity of the magnetic excitations $S_h$, $S_k$ and $S_{hkh}$. Figure 3(e) shows the energy dispersions obtained from the fitting of the magnetic excitations shown in Figs. 3(c) and 3(d). The solid symbols mark the bare energy dispersions ($E_0$) without damping effect, and the open symbols represent the energy dispersions for the intensity maxima $E_m$. The momentum-dependent damping factors $\gamma/2$ are overall larger than that for BaFe$_2$As$_2$ but still in the underdamped regime for most of the excitations. Moreover, the damping factor
for $S_{hh}$ (along $[H, H]$ direction) is smaller than for $S_{h/k}$ in both BaFe$_2$As$_2$ and FeSe, suggesting a common anisotropic damping effect in FeSC. The (anisotropic) unerdamped nature of the magnetic excitations, not inferable in previous neutron scattering and RIXS studies on twinned samples [26, 37], which favors a local moment picture with strong electron correlation, can now be conclusively revealed and discussed.

Since the largest momentum (0.482, 0) along $H$ is close to the zone boundary (0.5, 0), the excitation energy scale of FeSe ($E_0 \sim 200$ meV and $E_m \sim 160$ meV) at (0.482, 0) and (0, 0.482) (consistent with that in ref. [37]) reveals a much higher band top in the first BZ than that ($\sim 120 - 150$ meV) observed by neutron scattering in the BZ around (1, 0) [26]. This is in stark contrast to the case of BaFe$_2$As$_2$ where the dispersions measured by RIXS and neutron scattering can be consistently described with one model (Fig. 2) [33, 40]. We attribute this difference to the absence of stripe AF order in FeSe. Because of the translational symmetry of the stripe AF order ($k = (1, 0)$) in BaFe$_2$As$_2$, the magnetic excitations in the first BZ can be deemed as a replica of that in the BZ centering at $Q = (1, 0)$. However, long range AF order is not established in spite of the strong in-plane magnetic correlations in FeSe. Thus the dispersions around $\Gamma$ and (1, 0) do not have to be identical. However, how to quantitatively reconcile the neutron scattering and RIXS results is still an open question.

**FIG. 5:** Calculated spin excitation spectra of the AFQ phase and their comparison with the fitting curve of the $S(q_\parallel)$. (a), (c) Calculated spectra along (a) the $H/K$ directions, and (c) the $[H, H]$ direction. (b), (d) Fitting curves of the $S(q_\parallel)$ along (b) the $H/K$ directions and (d) $[H, H]$ direction.

Figures 4(a) and 4(b) shows the momentum-dependent energy-integrated intensity of the spin excitations $S_h$, $S_k$ and $S_{hh}$ for BaFe$_2$As$_2$ and FeSe, respectively. With increasing $q_\parallel$, the integrated intensities along all the three high symmetry directions increase monotonically. It is also found that the spin-excitation intensity of FeSe is slightly higher than BaFe$_2$As$_2$, qualitatively consistent with previous neutron scattering results [26]. Note the momentum-direction dependence of the amplitude for $S_{h/k/hh}$ is modulated by the anisotropic damping factor inherent to $S_{1,2}$, which require $S_{1,2} = 0$ at $\Gamma$ [47]. To quantify the
spin-excitation anisotropy, we plot the ratio $I(q,0)/I(0,q) = S_h/S_k$ for FeSe and BaFe$_2$As$_2$ in the same panel (Fig. 4(c)). It is surprising that the spin-excitation anisotropy of FeSe (reflecting the nematic spin correlation) is rather similar to the spin-wave anisotropy of BaFe$_2$As$_2$ in both amplitude and energy scale. Furthermore, at high-energy/momentum region, the anisotropy of FeSe is even larger than for BaFe$_2$As$_2$. This prominent spin-excitation anisotropy signifies strong electronic nematicity with large energy scale ($\sim 200$ meV) and magnitude in FeSe. Moreover, the temperature dependence of the difference between $S_h$ and $S_k$ for FeSe at selected $q_i = 0.425$ decreases with increasing temperature, persists to a temperature (104 K) 20% higher than $T_s$ and finally drastically reduces at a temperature (135 K) well above $T_s$, indicating a gradual suppression of nematic spin correlations above $T_s$ (Figs. 4(d) and 4(e)). Since FeSe is under uniaxial strain applied from the BaFe$_2$As$_2$ substrate (pink dashed curve in Fig. 4(d)), $T_s$ is no longer well defined. For this reason, it is not surprising that spin-excitation anisotropy disappears at a temperature above the zero pressure $T_s$. This temperature dependence is similar to that for BaFe$_2$As$_2$ as shown in Figs. 4(d) and 4(f), in which the anisotropy at $q_i = 0.372$ persists at a temperature slightly higher than $T_N$ but vanishes at $T = 165$ K.

Previous measurements of the spin dynamics in the detwinned FeSe were constrained to low energies ($\lesssim 10$ meV) [32], and were unable to discriminate between the different scenarios for the nematicity in FeSe. Our measurements here over a large energy window enables the discovery that the detwinned FeSe harbors high-energy (up to 200 meV) anisotropic spin excitations that are dispersive and underdamped. This surprising finding is at a striking variance with the itinerant mechanism for the nematicity in FeSe, in which even the spin excitations at such high energies are highly overdamped [51]. Instead, the dispersive and underdamped nature of the spin excitations point to a local-moment starting point to describe the nematicity. This has led us to consider a generalized bilinear-biquadratic model on a square lattice with local moments. We have calculated the spin dynamics in the proposed picture for the nematicity based on a $(1, 0)$ antiferroquadrupolar state [29]; the details are given in the Supplementary Information. In Fig. 5, we show that the calculated spin dynamics provide a good understanding of the experimental data. Thus, our results provide evidence for a local-moment-based picture for the nematicity of FeSe.

Our work brings about a remarkable degree of universality across the Fe-based superconductors. For BaFe$_2$As$_2$ with collinear AF order, the anisotropy can be readily interpreted in the picture of intrinsic spin waves [40, 41]. FeSe, by contrast, lacks long-range magnetic order even though it is nematic. The local-moment-based understanding, as dictated by the qualitative similarities in the high energy spin excitations between FeSe and BaFe$_2$As$_2$, suggest that the largest spin spectral weight is associated with the incoherent electronic excitations induced by the underlying electron correlations. As such, our work not only allows
for discriminating the proposed mechanisms for the nematicity of FeSe but also points to a unified under-
standing of the correlation physics [36] across the seemingly distinct classes of Fe-based superconductors.

* Electronic address: luxy@bnu.edu.cn
† Electronic address: pdai@rice.edu
‡ Electronic address: thorsten.schmitt@psi.ch

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Methods

Sample preparation The high-quality BaFe$_2$As$_2$ and FeSe single crystals used in the present study were grown using self-flux and chemical vapor transport method, respectively. The BaFe$_2$As$_2$ single crystals were oriented using a Laue camera and cut along tetragonal [110] and [1-10] directions using a high-precision wire saw (WS-25). The direction of the self-cleaved edges of FeSe single crystals were also determined using a Laue camera. The well-cut BaFe$_2$As$_2$ crystals, with typical size $5\text{mm} \times 4.3\text{mm} \times 0.5\text{mm}$, were pre-cleaved before the final preparation. For RIXS measurements of BaFe$_2$As$_2$, we put a ceramic top-post onto the upper surface of BaFe$_2$As$_2$ for in-situ cleaving. For RIXS measurements of FeSe, we glue thin FeSe crystals onto the upper surface of BaFe$_2$As$_2$ along the same direction using epoxy Stycast 1266 and a small ceramic top-post onto the surface of FeSe. The prepared crystals with the posts were inserted into the slot of the uniaxial-pressure devices, which were mounted on a modified copper sample holder of the RIXS spectrometer (See Fig. 1(b)).

Experimental setups The RIXS and XAS measurements were performed with the RIXS spectrometer at ADRESS beamline of Swiss Light Source at the Paul Scherer Institut [52, 53]. The beam size at the sample position is $4 \times 55\mu\text{m}^2$. All the measurements shown in the main text were collected using linear horizontal (LH) polarization (electric field vector of the incident photons lying within the horizontal scattering plane), denoted as $\pi$ polarization. The RIXS spectra were collected with a grazing-incidence configuration, as shown in Fig. 1(d). The scattering angle was set to $2\theta_s = 130^\circ$, by which a substantial area of the first Brillouin zone is accessible [gray circle in Fig. 1(d)]. The measurements were performed along high-symmetry directions $H/K$ and $[H, H]$ in orthorhombic notation. The total energy resolution for the RIXS measurements was set to 80 meV. The in-plane momentum $q_\parallel$ can be tuned continuously by rotating the sample and thereby changing the angle ($\delta$). Before measurements, the sample holder was inserted into the manipulator head and the top-post was removed by cleaving at low temperature ($\sim 20$K) and ultra-high vacuum.
(<10^{-10} \text{ mbar}). Through the experiments, we define reciprocal lattice unit as \( (q_x a_o/2\pi, q_y b_o/2\pi, q_z c/2\pi) \) with \( a_o \approx 5.334 \text{Å}, b_o \approx 5.308 \text{Å} \) and \( c \approx 5.486 \text{Å} \). The FeSe tri-layer height is \( d \approx 5.5 \text{Å} \). The orthorhombic lattice distortion of FeSe is \( \delta = (a_o - b_o)/(a_o + b_o) \approx 0.27\% \) at a temperature well below \( T_s \).

**Author contributions**

X.L. conceived this project and developed the detwinning strategy. X.L. and T.S. wrote the beamtime proposals and coordinated together the experiments as well as all other project phases. X.L., W.Z., Y.T., E.P., R.L., Z.T., and T.S. carried out the RIXS experiments. P.L., R.L., and Z.T. prepared the BaFe_2As_2 single crystals. T.C. and P.D. provided the FeSe single crystals. R.Y. and Q.S. carried out theoretical and computational analyses. X.L., P.D., and T.S. wrote the manuscript with inputs from R.Y. and Q.S. All authors made comments.
Supplementary Files

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