Spin Maser under Stationary Pumping

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Abstract

Spin dynamics of a polarized spin system is studied when the latter is coupled with a resonant electric circuit and is under the action of an external pumping supporting a stationary nonequilibrium magnetization. A complete classification of possible regimes of spin motion is given. In addition to seven regimes considered earlier, two other transient regimes are found and thoroughly described: One is an oscillatory regime, when spins always move coherently but the degree of coherence fluctuates with time. Another is a pulsing regime, when spins reveal coherent motion during short pulses separated from each other by intervals of incoherent motion. These regimes are, in principle, transient, although may be extremely long lasting; their duration may be several orders longer than the transverse relaxation time and twice longer than the longitudinal relaxation time. Both transient regimes end with a coherent quasistationary regime.
1 Introduction

Nonequilibrium resonance phenomena in spin systems have their counterparts in atomic systems. Recall, for instance, free induction, occurring similarly in both kinds of the systems, or spin echo being a direct analog of photon echo. The feasibility of a self–organized coherent process, called superradiance, has been theoretically predicted almost simultaneously for spin [1] and atomic [2] systems. The difference between these is that for realizing such a coherent process in a spin system, the latter must be coupled with a resonator. Superradiance in atomic and molecular systems has been studied, both theoretically and experimentally, quite in detail, and has been expounded in a number of reviews and books, of which we cite only some recent Refs. [3-6].

In analogy with atomic superradiance, the process of collective coherent relaxation in spin systems has been called spin superradiance. This process was observed for electron [7-9] as well as for nuclear spins [10-12]. Accurate experiments observing purely self–organized superradiance from proton spins have been accomplished [13-16]. The peculiarities of spin superradiance were studied by means of computer simulation [17,18], being based on the microscopic Hamiltonian of a nuclear magnet, commonly accepted in the theory of nuclear magnetic resonance [19]. An analytic theory for this microscopic model was developed in Refs. [20,21], where it was shown that, despite many similarities between spin and optic superradiance, there are also crucial differences between them. For instance, because of the principal role in triggering the radiation process, played by direct dipole interactions, the self–organized coherent relaxation in nuclear magnets is of non–Dicke type [21,22]. The behaviour of resonant spin systems under the action of an injected signal with particularly chosen delay times [23] and under the influence of parametric excitations [24-26] has also been considered. The importance of studying nonequilibrium coherent phenomena in spin systems is caused by the usage of these phenomena for many applications, for example, for spin masers [27-30], for the repolarization of scattering targets [16,31], and for a possible creation of sensitive particle detectors [32].

There is a problem that has not yet been properly studied for nuclear spin systems coupled with a resonator: What would be the behaviour of such a system under the influence of a stationary nonresonant pumping supporting a nonequilibrium magnetization? This kind of pumping could be realized by
means of dynamical nuclear polarization. Note that an equivalent question
was posed for electron spin systems [33] and considered in the framework of
the adiabatic approximation. However, the latter, as is well known [34], is
valid only at the last stage of relaxation, when the system is already close to
its stationary state. The adiabatic approximation cannot describe a transient
process, as has been discussed in detail in Refs. [21,35]. Therefore, the
authors of Ref. [33] considered only the asymptotic stationary regime for
a spin system with a constant nonresonant pumping. Such a problem for
atomic systems has been analysed earlier and it has been shown that in
the presence of a constant external pumping atomic systems may exhibit
only pulsed operation and cannot work in the quasistationary regime (see
discussion in Refs. [36,37]).

In the present paper, we consider a nuclear magnet coupled with a res-
onant electric circuit and subject to the action of a constant nonresonant
pumping supporting a nonequilibrium stationary magnetization. The con-
sideration is based on the standard microscopic Hamiltonian [19] with dipole
interactions between nuclear spins. We do not invoke the adiabatic approx-
imation, but use the scale separation approach [20,21]. Therefore, we may
analyse all possible transient regimes.

2 Nuclear Magnet

The standard Hamiltonian modelling a solid sample consisting of \( N \) nuclear
spins can be written [19] in the form

\[
\hat{H} = \frac{1}{2} \sum_{i\neq j}^N H_{ij} - \mu \sum_{i=1}^N \vec{B} \cdot \vec{S}_i,
\]

in which

\[
H_{ij} = \frac{\mu^2}{r_{ij}^3} \left[ \vec{S}_i \cdot \vec{S}_j - 3 \left( \vec{S}_i \cdot \vec{n}_{ij} \right) \left( \vec{S}_j \cdot \vec{n}_{ij} \right) \right]
\]

is the dipole interaction energy; \( \mu \), a nuclear magneton; \( \vec{S}_i = \{ S^x_i, S^y_i, S^z_i \} \), a
spin operator; and

\[
r_{ij} \equiv | \vec{r}_{ij} |, \quad \vec{n}_{ij} \equiv \frac{\vec{r}_{ij}}{r_{ij}}, \quad \vec{r}_{ij} \equiv \vec{r}_i - \vec{r}_j.
\]
The total magnetic field
\[ \vec{B} = \vec{H}_0 + \vec{H}, \quad \vec{H}_0 = H_0 \hat{e}_z, \quad \vec{H} = H \hat{e}_x, \] (2)
consists of an external magnetic field \( \vec{H}_0 \) directed along the \( z \) axis and of a feedback field \( \vec{H} \) of the coil of a resonator electric circuit with the coil axis being directed along the axis \( x \). The resonator magnetic field \( H \) is formed by an electric current satisfying the Kirchhoff equation.

Let us define the Larmor frequency \( \omega_0 \) and the resonator frequency \( \omega \), being, respectively,
\[ \omega_0 \equiv \frac{\mu H_0}{\hbar}, \quad \omega \equiv \frac{1}{\sqrt{LC}}, \] (3)
where \( H_0 \) is assumed to be positive, \( L \) is the coil inductance, and \( C \) is the circuit capacity. Introduce also the resonator ringing damping.
\[ \gamma_3 \equiv \frac{\omega}{2Q}, \quad Q \equiv \frac{\omega L}{R} \] (4)
in which \( Q \) is the quality factor of a circuit and \( R \), its resistance. Then the Kirchhoff equation can be written in the form
\[ \frac{dH}{dt} + 2\gamma_3 H + \omega^2 \int_0^t H(t')dt' = -4\pi \eta \rho \frac{dM_x}{dt}, \] (5)
where \( \eta \) is the coil filling factor; \( \rho \), the density of spins; and
\[ M_x = \frac{\mu}{N} \sum_{i=1}^{N} \langle S^x_i \rangle \]
is the \( x \) component of the reduced magnetization.

There are the following characteristic times: the spin–lattice relaxation time \( T_1 \); the spin–spin dephasing time \( T_2 \); the inhomogeneous broadening time \( T_2^* \), due to local random fluctuations; and the resonator ringing time \( T_3 \). The width corresponding to these times are
\[ \gamma_1 \equiv \frac{1}{T_1}, \quad \gamma_2 \equiv \frac{1}{T_2}, \quad \gamma_2^* \equiv \frac{1}{T_2^*}, \quad \gamma_3 \equiv \frac{1}{T_3}. \]
In the presence of pumping with the pumping velocity \( \gamma_p \), the effective longitudinal relaxation becomes
\[ \gamma_1^* \equiv \gamma_1 + \gamma_p. \] (6)
All these widths are usually small, as compared to the frequencies in (3), defining the set of small parameters
\[
\frac{\gamma_1^*}{\omega_0} \ll 1, \quad \frac{\gamma_2}{\omega_0} \ll 1, \quad \frac{\gamma_2^*}{\omega_0} \ll 1, \quad \frac{\gamma_3}{\omega} \ll 1. \tag{7}
\]
The resonator natural frequency is tuned to be close to the Larmor frequency, so that the detuning from the resonance is small,
\[
\left| \frac{\Delta}{\omega_0} \right| \ll 1, \quad \Delta \equiv \omega - \omega_0. \tag{8}
\]
The existence of small parameters in (7) and (8) justifies the use of the scale separation approach, whose all details have been thoroughly expounded in Ref. [21]. Employing this approach, we may derive the evolution equations for the transverse magnetization
\[
u \equiv \frac{1}{N} \sum_{j=1}^{N} \langle S_x^j - i S_y^j \rangle \tag{9}
\]
and the longitudinal magnetization
\[
z \equiv \frac{1}{N} \sum_{j=1}^{N} \langle S_z^j \rangle. \tag{10}
\]
The coupling between the spin sample and the resonant electric circuit is described [20,21] by the effective coupling parameter
\[
g \equiv \pi^2 \eta \left( \frac{\rho \mu^2}{\hbar \gamma_2} \right). \tag{11}
\]
It is convenient to introduce the function
\[
w \equiv v^2 - 2 \left( \frac{\gamma_2^*}{\omega_0} \right)^2 z^2, \quad v \equiv |u|. \tag{12}
\]
After averaging over the time \(2\pi/\omega_0\) of fast oscillations and over random local fields, we obtain [21] the system of equations for function (12),
\[
\frac{dw}{dt} = -2\gamma_2 \left(1 + gz\right) w, \tag{13}
\]
5
and for the longitudinal magnetization (10),

\[ \frac{dz}{dt} = g\gamma_2 w - \gamma_1^* (z - \zeta). \]  \hspace{1cm} (14)

The derivation of eqs. (13) and (14) has been carefully explained in Ref. [21]. The only difference, in the case we consider now, is that the spin–lattice relaxation constant \( \gamma_1 \) is replaced by the effective longitudinal width \( \gamma_1^* = \gamma_1 + \gamma_p \), including the pumping velocity \( \gamma_p \), and that the stationary magnetization parameter \( \zeta \), in the presence of pumping, becomes negative, \( \zeta < 0 \). The evolution equations are complemented by the initial conditions

\[ w(0) = w_0, \quad z(0) = z_0. \]  \hspace{1cm} (15)

In what follows we assume that the coupling parameter (11) is nonzero, since the case \( g \to 0 \) would result in the trivial exponential relaxation of solutions to Eqs. (13) and (14).

The spin–lattice relaxation parameter \( \gamma_1 \) is usually much less than the dephasing width \( \gamma_2 \), although for some materials they can be rather close to each other. For instance, in the case of \(^3\)He at low temperature \( T \sim 1K \), for the characteristic times one has [38] the values \( T_1 = 100 - 300s \) and \( T_2 = 30 - 100s \), so that \( \gamma_1/\gamma_2 \sim 1/3 \). And as far as the effective relaxation parameter in the presence of pumping is the sum \( \gamma_1^* = \gamma_1 + \gamma_p \), hence \( \gamma_1^* > \gamma_1 \), as a result of which \( \gamma_1^* \) can become comparable with \( \gamma_2 \) even if \( \gamma_1 \ll \gamma_2 \).

What is more significant is that, even, when \( \gamma_1^* \) is negligibly small as compared to \( \gamma_2 \), the term in (14) containing \( \gamma_1^* \), as will be shown in what follows, cannot be omitted if \( \zeta < 0 \), that is, if a pumping is present. This situation is drastically different from the case when pumping is absent [20-22]. In the latter case, if \( \gamma_1^* \ll \gamma_2 \), then in the time interval \( 0 \leq t \leq (\gamma_1^*)^{-1} \) one can omit the last term in (13). This omission allows to solve the system of Eqs. (13) and (14) exactly, yielding

\[ w = \left( \frac{\gamma_0}{g\gamma_2} \right)^2 \text{sech}^2 \left( \frac{t - t_0}{\tau_0} \right) \]  \hspace{1cm} (16)

and

\[ z = \frac{\gamma_0}{g\gamma_2} \tanh \left( \frac{t - t_0}{\tau_0} \right) - \frac{1}{g}, \]  \hspace{1cm} (17)
where the radiation width is
\[ \gamma_0 = \gamma_2 \sqrt{(1 + gz_0)^2 + g^2w_0}, \]  
(18)
the radiation time is \( \tau_0 = \gamma_0^{-1} \), and the delay time is
\[ t_0 = \frac{\tau_0}{2} \ln \left| \frac{\gamma_0 - \gamma_2(1 + gz_0)}{\gamma_0 + \gamma_2(1 + gz_0)} \right|. \]  
(19)
Solutions (16) and (17), depending on initial conditions and the coupling parameter (11), describe seven qualitatively different regimes of spin relaxations: free induction, collective induction, free relaxation, collective relaxation, weak superradiance, pure superradiance, and triggered superradiance. This classification is valid when the pumping is absent, for which case all these regimes have been analyzed earlier [20-22].

In the presence of pumping, we may expect that solutions (16) and (17) correctly describe the beginning of the relaxation process for time \( t \ll (\gamma_1^*)^{-1} \). These solutions, when \( 0 \leq \gamma_1^*t_0 \leq 1 \), depict the first superradiant burst occurring at the time \( t = t_0 \), where
\[ w(t_0) = z^2(t_0) = w_0 + \left( z_0 + \frac{1}{g} \right)^2. \]  
(20)
However, these solutions do not give the overall picture for all times, even when \( \gamma_1^* \ll \gamma_2 \). As the analysis of the following sections shows, the whole behavior of solutions to Eqs. (12) and (13), in the presence of pumping, is essentially more complicated.

3 Stability Analysis

In order to understand, from the mathematical point of view, why the solutions to Eqs. (13) and (14), if one puts \( \gamma_1^* = 0 \), can be drastically different from those when \( \gamma_1^* \neq 0 \), even if \( \gamma_1^* \) is negligibly small as compared to \( \gamma_2 \), one has to accomplish the stability analysis. For this purpose, we write Eqs. (13) and (14) in the form
\[ \frac{dw}{dt} = V_1, \quad \frac{dz}{dt} = V_2, \]  
(21)
in which  
\[ V_1 = -2\gamma_2(1+gz)w, \quad V_2 = g\gamma_2 w - \gamma_1^*(z - \zeta). \]

The equations \( V_1 = V_2 = 0 \) define stationary, or fixed, points. We have two such points, one is

\[ z_1^* = \zeta, \quad w_1^* = 0 \]  \hspace{1cm} (22)

and another is

\[ z_2^* = -\frac{1}{g}, \quad w_2^* = -\frac{\gamma_1^*}{g\gamma_2} (1 + g\zeta). \]  \hspace{1cm} (23)

The Jacobian matrix

\[ \hat{J} = \begin{bmatrix}
\frac{\partial V_1}{\partial w} & \frac{\partial V_1}{\partial z} \\
\frac{\partial V_2}{\partial w} & \frac{\partial V_2}{\partial z}
\end{bmatrix}, \]  \hspace{1cm} (24)

corresponding to (21), takes the form

\[ \hat{J} = \begin{bmatrix}
-2\gamma_2(1+gz) & -2\gamma_2 gw \\
g\gamma_2 & -\gamma_1^*
\end{bmatrix}. \]  \hspace{1cm} (25)

The eigenvalues of matrix (25) are

\[ \lambda^\pm = -\frac{1}{2} \left\{ \gamma_1^* + 2\gamma_2(1+gz) \pm \left[ (\gamma_1^*)^2 - 2\gamma_2(1+gz))^2 - 8g^2\gamma_2^2 w \right]^{1/2} \right\}. \]  \hspace{1cm} (26)

The values of (26) evaluated at the fixed points define the Lyapunov exponents. At the first fixed point, given by (22), we have

\[ \lambda_1^+ = -\gamma_1^*, \quad \lambda_1^- = -2\gamma_2(1 + g\zeta). \]  \hspace{1cm} (27)

And at the second fixed point, given by (23), we find

\[ \lambda_2^\pm = -\frac{1}{2} \left\{ \gamma_1^* \pm \sqrt{(\gamma_1^*)^2 + 8\gamma_1^*\gamma_2(1 + g\zeta)} \right\}. \]  \hspace{1cm} (28)

The stability of the fixed points and, consequently, the stability of motion is characterized by the signs of the Lyapunov exponents [39]. Varying the
value of the pumping parameter $\zeta$, we may get qualitatively different regimes of motion. These regimes are separated by the pumping thresholds

$$\zeta_1 \equiv -\frac{1}{g}, \quad \zeta_2 \equiv -\frac{1}{g} \left(1 + \frac{\gamma_1^*}{8\gamma_2}\right).$$

When the pumping parameter satisfies the inequality

$$\zeta > \zeta_1,$$  \hspace{1cm} (30)

then

$$\lambda_1^+ < 0, \quad \lambda_2^+ < 0, \quad \lambda_2^- > 0.$$  

Hence, the fixed point (22) is a stable node, while that (23) is a saddle point.

In the case when

$$\zeta = \zeta_1,$$  \hspace{1cm} (31)

we have

$$\lambda_1^+ = \lambda_2^+ < 0, \quad \lambda_1^- = \lambda_2^- = 0.$$  

Both fixed points (22) and (23) merge together becoming neutrally stable. The pumping threshold $\zeta_1$ corresponds to a bifurcation point.

When the pumping parameter is in the region

$$\zeta_2 \leq \zeta < \zeta_1,$$  \hspace{1cm} (32)

then

$$\lambda_1^+ < 0, \quad \lambda_1^- > 0, \quad \lambda_2^+ < 0,$$

which means that the fixed points interchange their properties: now (22) is a saddle point and (23) becomes a stable node.

For sufficiently strong pumping, when

$$\zeta < \zeta_2,$$  \hspace{1cm} (33)

the fixed point (22), as earlier, continues to be a saddle point, since $\lambda_1^+ < 0$ and $\lambda_1^- > 0$. But for the fixed point (23) we get

$$\lambda_2^\pm = -\frac{1}{2}\gamma_1^* \pm i\Omega,$$  \hspace{1cm} (34)
with
\[ \Omega = \frac{1}{2} \sqrt{\frac{1}{(\gamma_1^*)^2} + 8 \gamma_1^* \gamma_2 (1 + g \zeta)}. \] (35)

This shows that (23) transforms to a stable focus.

Let us notice that under all conditions, if one puts \( \gamma_1^* \to 0 \), then (27) and (28) yield \( \lambda_1^+ = 0 \) and \( \lambda_2^\pm = 0 \). This tells us that both fixed points correspond to a structurally unstable system [39]. Structural instability means that the temporal behaviour of the system can be essentially disturbed under an arbitrary small change of the evolution equations. This is why the term of Eq. (14) containing \( \gamma_1^* \), in general, must not be omitted even if \( \gamma_1^* \) is many orders smaller than \( \gamma_2 \). It may happen that for time \( t \ll (\gamma_1^*)^{-1} \), one can omit this term in some particular cases. For instance, this is the case of a spin maser without pumping [20,21], that is, with \( \zeta \geq 0 \). However, for a spin maser in the presence of pumping, when \( \zeta < 0 \), the situation can be drastically different. In the latter case, to describe the temporal behaviour of the system, one has to keep the term with \( \gamma_1^* \).

### 4 Numerical Solution

To analyse the behaviour of solutions to the system of equations (13) and (14), we solved this system numerically. The spin–resonator coupling parameter (11) is taken to be \( g = 10 \). For a weak pumping, when \( \zeta \geq \zeta_1 = -0.1 \), as well as for an intermediate pumping, when \( \zeta \) satisfies (32), the behaviour of solutions is similar to that studied in Refs. [20–22,28–30], which is caused by the fact that the stationary point in all these cases is a stable node. The most interesting here is the case when the fixed point is a stable focus. Then qualitatively new types of solutions appear. Therefore, in what follows we concentrate our attention on the case of strong pumping corresponding to inequality (33). To this end, we take the pumping parameter \( \zeta = -0.5 \). A few typical phase portraits for a system with a fixed point being a stable focus are presented in Fig.1. For convenience, we introduce a notation

\[ \gamma \equiv \frac{\gamma_1^*}{\gamma_2}. \]

Increasing the pumping velocity leads to the increase of \( \gamma \), as a result of which the stationary value of \( w_2^* \) also increases. Note that the initial value
of \( z_0 = z(0) \) does not influence much the whole picture. The phase portraits for \( z_0 = -0.5 \) and \( z_0 = +0.5 \) are very similar to each other.

The following figures show the temporal behaviour of the functions \( w(t) \) and \( z(t) \) for various initial conditions and pumping velocities. When there are no external pumping fields, except that realizing a stationary dynamical polarization \( \zeta \), then we should put \( z(0) = \zeta \). However, the initial polarization \( z_0 = z(0) \) can be made different from \( \zeta \) by using additional short external pulses. Keeping this possibility in mind, we consider the cases with \( z(0) \) not always coinciding with \( \zeta \).

In Figs. 2 to 6, we see the oscillatory regime of motion. Everywhere, if it is not stated otherwise, we take \( g = 10 \) and \( \zeta = -0.5 \). It is only in Fig. 7 where the pumping parameter is varied. Fig. 8 demonstrates how an oscillatory regime of motion changes to a pulsing one with changing initial conditions. The pulsing regime of motion is presented in Figs. 9 to 12.

5 Discussion

We have considered the dynamics of spin maser under a stationary pumping supporting a constant nonequilibrium magnetization in a system of nuclear spins. Such a pumping can be accomplished by means of stationary dynamical polarization of nuclei. The regimes of oscillatory and pulsing motion are found. The distinction between these two regimes is, of course, somewhat conditional, depending on the level of coherence existing during the time intervals separating the neighbouring coherent bursts. These bursts can be directly observed by measuring the current power \( P \) that is proportional to \( v^2 \). As far as \( \gamma_2^* \ll \omega_0 \), we have \( v^2 \sim w \). Whence, \( P \sim w \). In this way, the function \( w(t) \) is proportional to the current power and, thus, is an observable quantity. This function is also connected with the intensity of magneto-dipole radiation, \( I(t) \), and the coherence coefficient \( C_{coh}(t) \), as is discussed in Refs. [17,18]. Therefore, the coherent bursts occurring in the system of nuclear spins can be named superradiant.

Superradiant regimes appearing in a spin maser under the action of the nonresonant pumping, supporting a stationary level of a nonequilibrium magnetization \( \zeta \), are quite different from the regimes developing under the influence of a resonant pumping realized by means of an alternating external fields. For comparison, we adduce in Figs. 13 to 15 the behaviour of the coherence
coefficient $C_{coh}$, radiation intensity $I$, and of the polarization $p_z \equiv -z(t)$ for a nuclear magnet pumped with a resonant alternating field \cite{17,18} oscillating as $h_0 \cos \omega t$.

Dynamics of a spin maser in the presence of a nonresonant pumping supporting a pumping polarization $\zeta < \zeta_2$ resembles that of pulsing lasers \cite{36,37}. The difference is that pulsing lasers cannot operate in a stationary regime, while a pumped spin maser, after its oscillatory or pulsing stage, tends to a stationary regime with a current power proportional to $w_2^*$ in (23). The level of coherence in this stationary regime, as compared to that of the first superradiant burst, defined in (20), is described by the ratio

$$\frac{w_2^*}{w(t_0)} = \frac{\gamma_1^*|1 + g\zeta|}{\gamma_2(1 + gz_0)^2 + g^2w_0}.$$ 

The latter, for $w_0 = 0$, $z_0 \sim \zeta \sim 1$, and $g \gg 1$, gives

$$\frac{w_2^*}{w(t_0)} \sim \frac{\gamma_1^*}{\gamma_2g}.$$ 

Therefore, to reach the intensity of the first superradiant burst, the pumping velocity is to be very high, so that $\gamma_1^* \sim \gamma_2g$ which looks as practically unattainable.

It is worth paying some attention to terminology. The temporal behaviour of solutions, as is seen from above figures, is not periodic, since the time intervals between pulses as well as their amplitudes change with time. This time dependence cannot be called quasiperiodic (in mathematical sense). It is not chaotic too, although for some parameters and in a limited time interval it may look as pseudochaotic, slightly reminding quantum pseudochaos \cite{40}. Therefore, the most appropriate adjectives characterizing the type of solutions we found could be, probably, oscillating and pulsing. Or we could describe all of them by one word, e.g., pulsing, implying that this encapsulates all admissible variants of solutions consisting of a number of pulses. Such a pulsing operation can be employed in spin masers.

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Figure Captions

**Fig.1.** The phase portraits for $g = 10$, $\zeta = -0.5$, $w_0 = 0.001$, and for the time interval $0 \leq t \leq 100\gamma^{-1}$ for different pumping velocities and initial polarizations: (a) $\gamma = 0.1$, $z_0 = 0.5$; (b) $\gamma = 1$, $z_0 = -0.5$; (c) $\gamma = 1$, $z_0 = 0.5$.

**Fig.2.** The temporal behaviour of solutions for $\gamma = 0.001$, with initial conditions $w_0 = 10^{-6}$ and $z_0 = -0.1$: (a) $w(t)$; (b) $z(t)$.

**Fig.3.** Solutions to evolution equations for $\gamma = 0.001$, with initial conditions $w_0 = 10^{-6}$ and $z_0 = -0.1$: (a) $w(t)$; (b) $z(t)$.

**Fig.4.** Solutions of equations as functions of time for $\gamma = 1$ and initial conditions $w_0 = 0.001$ and $z_0 = -0.5$: (a) $w(t)$; (b) $z(t)$.

**Fig.5.** Spin dynamics for initial conditions $w_0 = 0.1$ and $z_0 = -0.25$, with different parameters $\gamma$, where the solid line is for $\gamma = 1$ while the dashed line is for $\gamma = 0.5$: (a) $w(t)$; (b) $z(t)$.

**Fig.6.** Spin dynamics with initial conditions $w_0 = 0.5$, $z_0 = 0.5$ for $\gamma = 1$ (solid line) and $\gamma = 0.5$ (dashed line): (a) $w(t)$; (b) $z(t)$.

**Fig.7.** Spin dynamics for $\gamma = 1$ with initial conditions $w_0 = 0.5$, $z_0 = 0.5$ and a varying pumping parameter $\zeta = -0.5$ (solid line), $\zeta = -0.3$ (dashed line): (a) $w(t)$; (b) $z(t)$.

**Fig.8.** Transformation of an oscillatory regime of motion for $w(t)$ to a pulsing one, under $\gamma = 0.01$, when changing initial conditions: (a) $w_0 = 0.001$, $z_0 = -0.1$; (b) $w_0 = 0.01$, $z_0 = -0.1$.

**Fig.9.** Pulsing regime of motion for $\gamma = 0.1$, with initial conditions $w_0 = 0.01$ and $z_0 = -0.5$: (a) $w(t)$; (b) $z(t)$.

**Fig.10.** Pulsing regime of motion for $\gamma = 0.01$, with initial conditions $w_0 = 0.01$ and $z_0 = 0.5$: (a) $w(t)$; (b) $z(t)$.
**Fig. 11.** Change in the behaviour of the function $w(t)$, with the same initial conditions $w_0 = 0.001$, $z_0 = -0.5$, under the variation of the effective longitudinal relaxation: (a) $\gamma = 0.1$; (b) $\gamma = 0.001$.

**Fig. 12.** Dynamics of the function $w(t)$ in the pulsing regime with different parameters: (a) $\gamma = 0.1$, $w_0 = 10^{-6}$, $z_0 = -0.5$; (b) $\gamma = 0.01$, $w_0 = 0.1$, $z_0 = -0.1$.

**Fig. 13.** The coherence coefficient $C_{coh}$, intensity of radiation $I$ in arbitrary units, and polarization $p_z = -z$ versus time for $g = 0$, $\omega_0 = 200\gamma_2$, and $\omega = 200\gamma_2$. The influence of different intial conditions is analyzed: $z_0 = 0.475$ (solid line); $z_0 = -0.375$ (dashed line); $z_0 = -0.475$ (solid line with crosses).

**Fig. 14.** The same functions as in Fig. 13 for a spin system with switched off dipole interactions in the case of $g = 0$, $\omega_0 = 200\gamma_2$, and $z_0 = -0.475$. The external alternating field is not in an exact resonance, with the frequencies $\omega = 100\gamma_2$ (solid line) and $\omega = 195\gamma_2$ (dashed line).

**Fig. 15.** The coherence coefficient $C_{coh}$ and radiation intensity $I$ versus time for $g = 0$, $\omega_0 = 200\gamma_2$, $\omega = 205\gamma_2$, and $z_0 = -0.475$. Different number of spins is considered: $N = 343$ (solid line), $N = 125$ (dashed line), and $N = 27$ (solid line with squares).